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SEAWAY NEWS

January 14, 2000 VOLUME 14, ISSUE 2 SERVING CORNWALL AND AREA

A New Location



The Woodhouse Museum is in its permanent site in Lamoureux Park where it will house the collections of objects of artistic, historic, and scientific interest for the Cornwall community, conserved and displayed for the edification and enjoyment of the public and the tourist alike. The definitions of the nature and purposes of this museum have been propounded by a select group of individuals who's legacy to future generations will lie within the framework and walls of the renovated site on Water Street. Museum is a Latin word, derived from the Greek mouseion, originally meaning a temple dedicated to the nine Muses. Not until the Renaissance was the term applied to a collection of objects of beauty and worth. The Woodhouse Museum, under the direct care of concerned curators and historians, will continue to collect, preserve, study and interpret various objects, with well-defined purposes and standards of quality, relating to the varied importance of the Seaway Valley, her citizens and her history. Pictured during the move on January 8 are dedicated members of the S.D.& G. Historical Society, with town crier Wes Libbey, who have spent more than twenty years working collectively on the relocation of the museum.

Story & photo by Aubrey Johnson

BINGO BINGO BINGO
EVERY TUESDAY
6:30 PM COGECO CH. 11
$1,000.00 FULL GAME CARD
$250 T-Game ~ $150 X-Game ~ $100 Small Box Game
FIRST TUESDAY OF THE MONTH
$2,000 FULL CARD
"Serving Cornwall's Greatest Needs"
CARDS AVAILABLE AT CORNER STORES
KINSMEN KINETTE
BINGO BINGO BINGO

Honda Civic Special Edition
~ STANDARD FEATURES ~
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Taste & Tenderness You Can Trust Every Time

FAMILY PAK ONLY Lean Ground Beef	$1.49 lb.
FRESH Picnic Pork Shoulder Roast	99¢ lb.
FRESH Chicken Thigh	99¢ lb.
NORTHRIDGE FARMS AAA CANADA BEEF Eye of Round Roast	$3.99 lb.
FRESH GRADE A Jumbo Roasting Chicken	$1.69 lb.
FRESH DRESSED Whole Rainbow Trout	$3.99 lb.

Deli Meats & Cheeses From Around The World

MAPLE LEAF Mock Chicken	21¢ /100 g.
Old Fashion Ham	99¢ /100 g.
MONTREAL STYLE Smoked Meat	88¢ /100 g.
Monterey Jack Cheese	$4.59 lb.
Mozzarella Cheese whole or half	$3.99 lb.
pieces	$4.49 lb.
Tre Stelle Provolone	$5.99 ea.

More Goodies

PRIMO Tomato Soup, 540 ml	99¢ ea.
CHRISTIE Premium Plus Crackers, 450 g.	$1.99 ea.
Sultana Raisins	$1.49 lb.
Navy Beans	69¢ lb.
Neilson Trutaste 5% Light Cream and 10% Cream, 1L	$1.99 ea.
ASSORTED Astro Yogurt, 12x125 g.	$3.99

Freshly Picked Produce

PRODUCT OF U.S.A. Strawberries	99¢ pint
PRODUCT OF U.S.A. Seedless Oranges	12/99¢
PRODUCT OF U.S.A. Romaine Lettuce	69¢ ea.
PRODUCT OF CHILE Nectarines	$1.69 lb.
PRODUCT OF BRAZIL Mangoes	79¢ ea.
PRODUCT OF U.S.A. Green Beans	99¢ lb.
PRODUCT OF CANADA Onions, 2 lb. bag	39¢ ea.
PRODUCT OF U.S.A. Golden Delicious Apples	88¢ lb.
PRODUCT OF U.S.A. Bartlett Pears	79¢ lb.
PRODUCT OF GUATEMALA Snow Peas	$2.49 lb.
PRODUCT OF MEXICO Roma Tomatoes	89¢ lb.
PRODUCT OF MEXICO Red Peppers	99¢ lb.

Oven Fresh, Baked Every Day All Day

French Crusty Bread	$1.39 ea.
Cinnamon Clusters, 4/pkg.	$2.49 pkg.
Raspberry or Apple Fruit Sticks, 6/pkg.	$2.49 pkg.

Best Wishes to Farm Boy on Your 18th Anniversary

(Cornwall)

We are proud to be associated with such a high quality retailer like Farm Boy to reflect our commitment to high quality products. -Schneiders

Congratulations on your 17th Anniversary and wishing you many, many more. -Aliments Causmex

We are always impressed with Farm Boy's commitment to quality and it is a real pleasure to deal with a company of such assurance. -Treasure Mills

We go to great lengths to provide the highest in quality Italian cheeses and we are happy to work with a retailer with the same commitment as our company. -St. Albert's Cheese

We are consider it a privilege to be in the Farm Boy Deli because of their commitment to excellence. Keep up the great work. -Tour Eiffel

Congratulations and wishing you many more years of continued success -Summersweet

Wishing all the Farm Boy Family continued success -Perrier Water

We have seen very few European Deli to equal Farm Boy. We are proud to be associated with such a high quality operation. -Delstar

It's a pleasure working with you and we look forward to a continued successful working relationship. -Debs Valley Foods

Congratulations and all success in 2000. -Danone

Keep up the good work! Wishing you many more years of success. -Unico

Celebrating 18 YEARS of Freshness

FARM BOY

Our relationship with Farm Boy goes back a long way and we will work together to ensure that it continues to grow. -Atlas Foods

Attention to detail is your quality assurance. We are proud to be associated with Farm Boy. -Maple Lodge

It's always a pleasure to deal with a retailer committed to quality and freshness like Farm Boy. -Saputo

Olymel is proud to be associated with Farm Boy. Wishing you many more years of success. -Olymel & Co.

Congratulations on the last 18 years and looking forard to working with you for the next 18 years or more. -Western Bakery

Happy Anniversary and all the best. It is a pleasure working with you. -Saputo

Maple Leaf has a long standing tradition of quality and is proud to work with Farm Boy and their commitment to the same. -Maple Leaf Pork

We are proud to work together with Farm Boy and wish them all success. -Windsor Marketing

www.farmboy.ca

Specials in effect from January 15 to January 21

"EASY AS 1, 2, 3...729, 730, 731"



ONE DOWN....- ... and one to go. The Wood House is on Second Street West, its brick annex seems to be waiting for a break in traffic. Cornwall Electric's boom trucks are busily disconnecting encroaching overhead wires to provide the necessary clearance.

(Photo by Nick Wolochatiuk)



Nick
WOLOCHATIUK

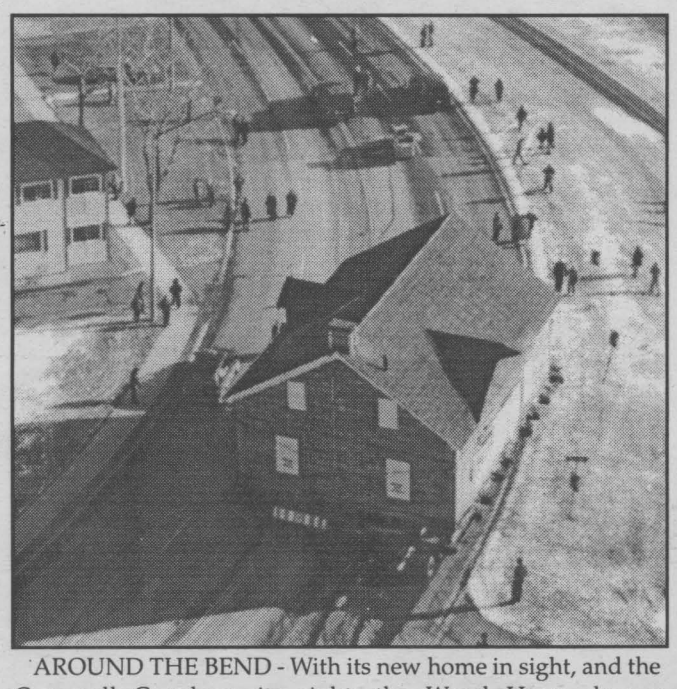
What happened on Saturday January 8, 2000 proved how 'easy' it is to move tons of stone, brick, wood and steel - easy if you have the assistance of Cornwall Electric, the Cornwall Police Services, the Cornwall City Works Department, the specialized equipment of CDS Building Movers and their virtual army of well-trained workers, with John Sweetnam at the helm.

When I interviewed Sweetnam a couple of weeks ago, he felt confident the move would go well because he knew he had a good crew and the best of equipment. I too was confident that the move would go well because of Sweetnam's enthusiasm for his work. His credo could well be, "Nothing great was achieved without enthusiasm", one which would serve to guide us all, whether we be parents, teachers, students, writers, photographers, computer programmers or widget designers.

Sweetnam's supervisory style is a cross between the concern that a mother hen for her chicks, the vigilance of a border collie and the work ethic of a horse. When heavy timbers had to be hurried into place during today's move, Sweetnam was there, shoulder to shoulder with his experts and his navvies.

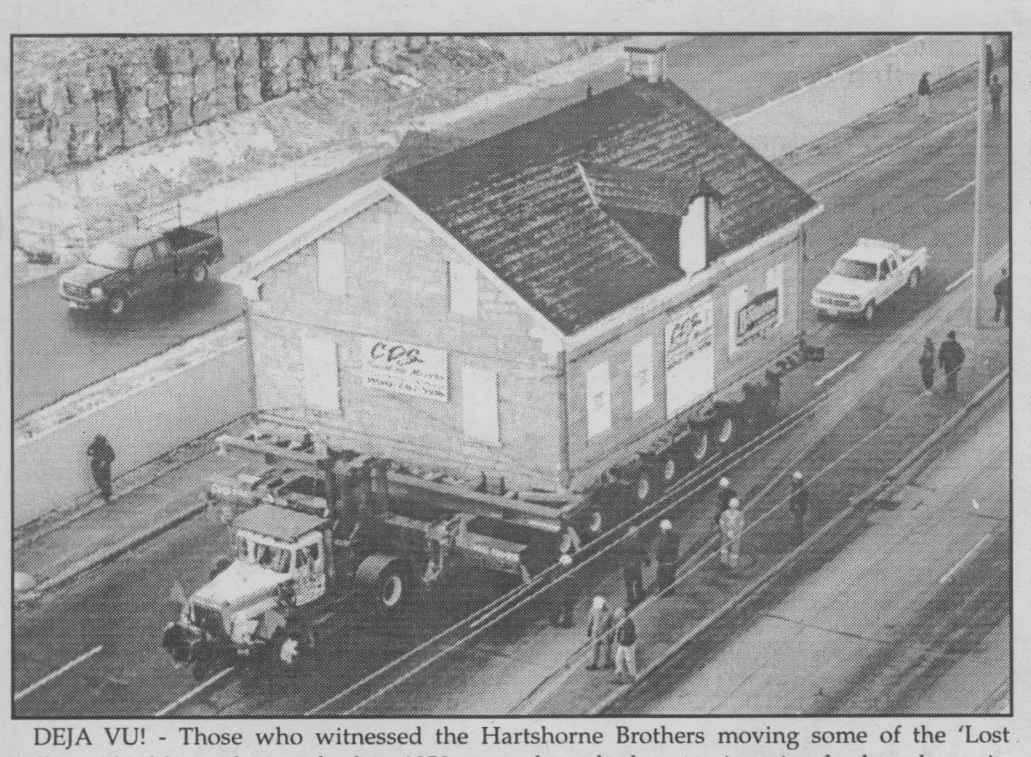
In a constant state of awe were the many who gathered to watch the spectacle of the two components of the Wood House United Counties Museum making their way along Second Street West, Brookdale Avenue and Water Street. A few of the bystanders had been on the scene in the late 1950s when the Hartshorne Brothers Movers were saving some of the Lost Villages from the Seaway inundation. Their grandchildren who were fortunate enough to be on hand today will have stories to tell their children.

The ultimate local trivia question for the year 2000 will certainly be, "How many trailer tires were used in the relocation of the Wood House on Saturday January eighth?" I wonder if any young bright light used that question as part of last Monday's show-and-tell time.



AROUND THE BEND - With its new home in sight, and the Cornwall Canal on its right, the Wood House leaves Brookdale Avenue behind and proceeds along Water Street.

(Photo by Nick Wolochatiuk)



DEJA VU! - Those who witnessed the Hartshorne Brothers moving some of the 'Lost Villages' buildings during the late 1950s must have had memories stirred when they witnessed this scene on Saturday January 8, 2000.

(Photo by Nick Wolochatiuk)



PHOTO OPPORTUNITY - CDS Building Movers and some of the many others who were involved in the big move (including 'Keesha', the photographer's little white dog) pose in front of the two structures that momentarily parked side-by-side on Water Street.

(Photo by Nick Wolochatiuk)

Cornwall City Works Department erected road barriers to keep traffic away from what could be called 'the parade route'. Cornwall Electric's 'boom men' disconnected power lines that would have interfered with the progress to Lamoureux Park. (Let's call them 'boomers', but certainly not 'baby-boomers', for it takes courage and confidence in your training and equipment to even think of working with utility lines.)

Mr. Eastman, Mr. Land and Mr. Toshiba must have been delighted to see the large number of still, Polaroid and movie cameras at work. Fortunately, the workers and their appreciative audience were blessed with brisk but bearable temperatures by Mr. Weatherman. Everyone and their dogs were in a festive mood.

One of the best vantage points from which to photograph 'the parade' was the Cornwall span of the Seaway Bridge. It was much less expensive than chartering a helicopter for four hours.

The Cornwall Police Services did not issue any tickets for the buildings going south on the northbound lanes of Brookdale Avenue, nor for the brick annex passing the stone building as they rounded the curve, nor for double-parking on Water Street. No speeding tickets were issued either.

By early afternoon traffic was once again flowing normally, unimpeded by migrating buildings. Jobs 1, 2, 3...and 789, 790, 791 have been done. However, the job isn't quite finished, for number '731' is still on the front of the Wood House. Now that it's been moved from 731 Second Street West to Water Street West, I wonder what its new number will be.

News
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Annual Polar Bear Dip

Mr. Ray Lalonde, President of the United Way of Cornwall and District is pleased to announce Mr. Andre Rivette as Chair for the Fourth Annual Polar Bear Dip. Mr. Rivette is the Vice-President of the Cornwall & District United Way, a Councillor of the City of Cornwall and employed by the Raisin Region Conservation Authority as a Project Coordinator.


RIVETTE

This is the fourth consecutive year that Mr. Rivette has chaired this major special event and this function has continued to grow each year.

It is anticipated that this Polar Dip will realize more than twelve thousand dollars ($12,000) to start the "2000" annual fundraising campaign for this United Way.

The date is February 5th, 2000 at 12:00 (Noon) and the location is in the mighty St. Lawrence River behind the Royal Canadian Air Force Association building. A major prize will be available for the individual obtaining the greatest sponsorship.



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To help avoid class cancellations due to insufficient enrolment, please register at least one week prior to course start date.

Most classes start the week of January 17.

Winter 2000

Questions? Call the Part-time Studies Office at 933-6080, ext.2521

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KALEIDOSCOPE 2000

So Others May Live

H.B. KANTERS

Who could have predicted the old year would close with such unexpected and truly dramatic events, things that had nothing to do with computer melt-down? The sudden resignation of the Russian President did not affect Canadians directly, but the hijacking of an Indian Airlines jet-liner with one of our own on board, instantly became a significant, national news event. We are a loyal bunch and that Canadian passport carried by an unknown Winnipeg woman became a bridge of recognition: it could be me or someone I love on that plane. Fortunately the incident was resolved with minimum loss of life, and now, through Shirley Macklin's ordeal, all Canadians know that a single citizen's welfare really does matter.

During that week of turmoil, I called an old friend in the Niagara Peninsula. Angela and her husband came to Canada in the early '60, they were the first Hindu-turned-Christian couple I knew. Angela taught me to cook curried goat-meat and make an Indian flat-bread called roti. She put one of her beautiful, pure silk saris on me and tried to teach me the subtle art of belly-dancing. I learned about Indian history and culture by osmosis as the years went by, but more specifically, I became a student of Gandhi's philosophy because of my friendship with Angela's family.

Gandhi is known in the history books as the father of Indian independence. He was a London-trained lawyer who developed a system of passive resistance and dealt with his repeated arrests by British authorities by going on hunger strikes. He became a gurulike figure who lived a life of poverty and abstinence. Gandhi was convinced that Indian independence could only be achieved by recognizing the Indian Muslim population as a separate country, now called Pakistan. His political campaigns of civil disobedience were accompanied by terrorist outrage, by street riots and brutal behaviour amongst neighbours of differing religious beliefs. This led to his assassination in 1948 by a young Hindu fanatic who objected to Gandhi's tolerance for the Muslims.

Gandhi lived, thought and acted according to the belief that humanity is evolving towards a world of peace and harmony. He was acutely aware of existing injustices and asked his followers to "live simply so others may simply live". He saw non-violence as mankind's greatest force and during history's most violent century, he prevailed without gun or sword. Although the recent hi-jacking proved that Gandhi's battle is not over yet, there are signs that we are slowly learning some of the principles he lived by more than fifty years ago.

Gandhi was on his way to a prayer meeting in New Delhi on January 30, 1948 when he was shot and died within minutes. Great leaders, however, leave behind them not only the truth they stand for, but legends that live forever. Consider the following story about India's great spiritual master:

When the Mahatma (Great Soul) lay dying, he was attended by several young Hindu men, one of whom had lost his wife and two children in a street riot only the week before. He was grief-stricken and angry, for he knew a Muslim group had done this terrible thing and in his heart he wanted revenge. Adding to his despair now, the Master was also leaving him, and so the young man silently prepared to follow. But Gandhi read his intentions and reminded him that life was precious and he could not do this. The young man then cried out: "But I have nothing to live for. What can I do to make life worthwhile after you leave me?" And in his last moments on earth, Gandhi told this young Hindu disciple to go into the streets of Delhi, find some of his enemies' fatherless children and raise them in his own house. "If you can do this after all the hurt inflicted on you," said the Master, "then you will begin to understand love." Then he added: "Teach them and raise them as Muslims ---" and then India's great spiritual leader slipped into eternity.

Shirley Macklin's dignified deportment on that hi-jacked airplane during Christmas week is an inspiration. It quietly demonstrates Canada's multicultural values to a world audience. That's a good way to start the Year 2000. Now all we have to do is work on being a bit more tolerant when it comes to official languages right here in the home arena. Humanity around the globe is watching us, they really are.

Cornwall Fine Wines

Congratulations to the Winners of the Two Free Batches of Wine
Rudolph Peters and J. McDonnell

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Sauv Blanc (white)
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Four Ontario Seniors Honoured With IYOP Legacy Awards

The Hon. Hilary M. Weston, Lieutenant Governor of Ontario, and the Hon. Helen Johns, Minister responsible for Seniors, today recognized the lifetime achievements of four Ontario seniors with the International Year of Older Persons (IYOP) Legacy Award. The four were chosen from more than 250 candidates who were nominated from communities across the province for their contributions to community, province and country and for their promotion of healthy and active lifestyles.



At the International Year of Older Persons Legacy Award ceremony, the Hon. Hilary M. Weston, Lieutenant Governor of Ontario, congratulates recipient Jean-Paul Gélinas, of Cornwall. The presentation of the Inukshuk awards to four Ontario seniors was made Monday, December 6th, 1999, at the Ontario Heritage Centre, in Toronto. Inukshuk is an Inuit word meaning "in the likeness of man" and was a lifelike rock figure, whose outstretched arms or legs served as a guide to those journeying across the treeless tundra of the Canadian Arctic.

"Each one of these recipients has made a unique contribution to the life of this province," said Weston. "They have all shown us, in their own way, that it is possible to make the world a better place."

Recipients and family members gathered for the ceremony to celebrate the International Year of Older Persons in Ontario at the Ontario Heritage Centre.

"These seniors are an inspiration to us all and role models for current and future generations of Ontarians," said Johns. "Their contributions and accomplishments will live on and show others what active and productive seniors can accomplish when they strive to get the most out of life."

The IYOP Legacy Award was presented to **Jean-Paul Gélinas** who has devoted his life to education, francophone issues and community service. A teacher for 33 years, his work extended beyond the walls of his classrooms. Among other accomplishments, he received Canada's Military Service medal for work in the cadet corps, introduced the scout movement in Williamstown, was president of the St-Joseph of Lancaster school board and president of the semaine francaise. Since retiring in 1984, he has been editor-in-chief of two newspapers for seniors, spent three years as Grand Knight of the Knights of Columbus Council, two years as president of Home Care Services for the Elderly, one year as director of the local Retired Teachers' Association and one year as vice-president of the board for the Estrie Community Health Centre.

10 Million Aging Baby Boomers Heading Straight Into Alzheimer Years

One night, my mother wandered. I had no idea. I was sound asleep. When I woke up and found her, she was fully dressed. Her shoes were soaking wet. It had rained the day before, so I realized she had been out. That was the turning point. That's when I knew I could no longer care for my mother at home. It was beyond my control.

Helen Henderson's experience with her mother, Lillian, is familiar to hundreds of thousands of Alzheimer caregivers across Canada. It could become even more widespread, over the next 30 years, as Canada's 10 million baby boomers turn 65 and head straight into the age of highest risk for Alzheimer Disease.

Today, 300,000 Canadians, or one in 13 people over 65, have Alzheimer Disease and related dementias. More than double that number, or three-quarters of a million Canadians, will be affected by 2031.

"Canada could be facing an Alzheimer Disease crisis in this millennium," says Steve Rudin, Executive Director of the Alzheimer Society of Canada, "and we have to act now to prevent it."

"Home care is a major issue," says Barbara Mulrooney, a Halifax caregiver who has cared for her husband, Edward, 61, at home, for almost nine years while working.

Caregivers like Mulrooney are eager for any help they can get – day programs, respite, overnight and weekend care. They are also seeking home care hours that mesh with their work schedules and increase with the disease's severity – and workers trained to care for people with dementia.

The Alzheimer society's Rudin says, "A national home care system with national standards for home care set by the federal government could effectively address many of these caregiver concerns and help to reduce caregiver stress."

Research, too, needs a boost. "With vast numbers of people likely to get this disease, it's even more urgent for us to find a cause and cure for Alzheimer Disease and develop better methods for diagnosis, care-giving, and providing the needed services specific to people with this disease."

A leading funder of Alzheimer research in Canada, the Society commits over $1 million yearly. Still, "more research dollars are needed," says Rudin, "to fight this disease that's costing Canadians over $3.9 billion a year."

The Alzheimer Society welcomes research donations from caring Canadians and encourages the federal government to make Alzheimer research a higher priority.

The Society also provides support groups, counselling, information, services and programs such as the national Alzheimer Wandering Registry that helps people return home after wandering. These Alzheimer Society programs and services are also funded by donations from Canadians.

Of course, the national statistics will be reflected locally. The Alzheimer Society of Cornwall and District currently assists over 1,100 individuals with Alzheimer Disease. Over the next 30 years, this number is expected to surge to over 4,000 individuals.

The local office plans to be ready, and the first step has been in the hiring of a full-time Education Coordinator, Craig Smith.

"Education is one of the keys to dealing with Alzheimer Disease," says Smith. "My mandate will be to work with the public to ensure that anybody who works with and councils those with the disease and their family, be it a nurse in a long-term care facility, or even a local clergy person, has the necessary knowledge and resources to help in our fight for more education."





IN & AROUND CORNWALL

New Workshop Series For College Part-Timers

Registration for part-time studies at St. Lawrence College is on-going with seats still available in a wide variety of courses and workshops. Deborah MacKay, Continuing Education Officer for the Cornwall Campus, is pleased with the community's response to a number of workshops including the new professional development series. "This series of 6-hour seminars focuses on everything from stress management, assertiveness training, and dealing with difficult people to team-building and other strategies that lessen the strain of today's fast-paced life." Facilitated by Dianne Kuipers, a local human resource consultant, these sessions are scheduled for Friday mornings with the stress management offering also available in a two-evening format. "The Friday morning format is ideal for employers and their employees who understand the value of this type of professional development opportunity. It's a win-win situation for everyone involved." The first in the series, "Type E Woman - How to overcome Being Everything to Everybody" begins on January 21st, 2000.

MacKay encourages everyone to try something different this new millennium. "Whether it's participating in an introductory conversational French or Spanish class, trying your hand at tole painting, photography, woodcarving or water colours, or investigating the wide range of complementary therapies such as yoga, visualization, and therapeutic touch, we have a course, workshop, or seminar that's right for you." Interior decorating, gardening, bridge, wine tasting, and working with stained glass remain very popular as well.

The Cornwall Campus also has a full range of business certificate programs and a number of computer courses that includes introductory training and applications courses for the novice user to Internet, computer-aided design, networking and programming courses for individuals who already have some background. "We are also offering to service sector workers credit courses in developmental psychology, addictions, conflict resolution, assertiveness training, and working with autistic children"

Most courses begin the week of January 17th, with a number of workshops and seminars scheduled to begin throughout the semester.

Suffer the Little Children



Why would an adult intentionally use physical force or intentional omission of care to cause a child to be hurt, maimed, or killed? In Canada, the exact incidences of child abuse and neglect is unknown, but it has come to be recognized as a major social problem, affecting every community. Child abuse covers a wide range of parental actions that result in harm being inflicted on children of all ages. Infants and preschool children are most likely to suffer deliberately inflicted fractures, burns, and bruises. This is known as the battered-child syndrome, first identified during the 60's. Historically, reported cases of sexual abuse, ranging from molestation to incest, primarily involve male perpetrators and school-aged or adolescent female victims. More recently, however, a growing number of pre-school victims and male victims have been identified. Perhaps the most prevalent type of abuse is neglect that is, physical or emotional harm resulting from a parent's failure to provide a child with adequate food, clothing, shelter, medical care, education, and moral training. The Children's Treatment Centre's mandate is to help those who cannot help themselves....those unfortunate ones who think they have done something wrong. The Centre relies on the generosity of corporate and individual donors to continue its mandate of bringing relief to the abused children in the Tri-County area. Simon & Sherrol Chretien of Simon & Sherrol's No Frills in Cornwall Square held a two week "roundup" fund raising promotion and are seen in the photo presenting a cheque in the amount of $1750, to Children's Treatment Centre representative, Todd Lalonde.

Story & photo by Aubrey Johnson

Alzheimer Disease – Costs

- Over $3.9 billion a year is spent on persons with Alzheimer Disease and related dementias in Canada (estimated costs as of 1991).
- The annual societal cost of care per individual with Alzheimer Disease was estimated to be:
  - $36,794 for severe disease
  - $25,724 for moderate disease
  - $16,054 for mild to moderate disease
  - $9,451 for mild disease
- (Costs were based on use of nursing home care, use of medications, use of community support services by caregivers and unpaid caregiver time.)

Carn*val 2000 a Go!!

All Systems are GO for Carn*val 2000. That's the word from the Organizing Committee. The entertainment is booked, the venues are reserved and everyone is on a countdown to February 1st, when the week of fun and festivities begin. The Committee is working on the final details and enthusiasm is running high.

"We're excited and we're ready to go", reports Organizing Committee Chair Cindy Rowe. "The City is starting at midnight January 12th to make snow. The weather is turning colder which is a big help and, it's only a matter of time till the City gets hit with the real stuff. Not only that, we've added more events to the week to make it an even greater event."

Rowe is referring, among other things, to a senior's tour and tea set for the Saturday afternoon. Courtesy of Cornwall Transit, a bus will travel to the various senior's homes, pick up people and transport them through the downtown. Seniors will get a bird's eye view of the dozens of glittering ice sculptures on their way to Lamoureux Park, Carn*val 2000's principal venue. Once there, they can take in the entertainment, enjoy children playing on the snow fort and VIA train, and savour a bracing mug of hot tea in the Civic Complex.

Another addition the entertainment will be the popular Junkyard Symphony with music and zany antics for all to enjoy. The Symphony will join with the many other events and activities scheduled for the week. And, of course, the Carn*val 2000 Princesses will be visiting Cornwall's shopping malls this coming weekend and will have buttons and raffle tickets available for sale.

A complete schedule of activities for Carn*val 2000 is available on Cogeco Community 11.

Organizers are inviting all Carn*val volunteers to a reception at the Civic Complex on Tuesday January 18th. Everyone will enjoy refreshments and be given both identification badges and assignments. There are still openings for additional volunteers and those interested are urged to come to the reception and join in the fun.

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Business Excellence Awards Banquet



There's a unique experience in store for members of the Cornwall Chamber of Commerce. February 5, 2000 marks the first ever Business Excellence Awards Banquet in the new Millennium. The unique part will be its theme. Guests will journey back 100 years to what will be the business event of the year.

We invite you and your professional colleagues to a sparkling affair that will whisk you back to the 1890's. The affair will recognize Cornwall's best from its business sector and it will celebrate an organization beginning its third century of continuous service to the community.

Let your imaginations journey back with us. As you enter the Best Western Parkway Inn and Conference Centre on February 5, the 21st century will vanish only to be replaced by another era. Pioneer artisans will ply their trade before your very eyes. Buskers will regale you with mirth and merryment.

Period dress will be the order of the day. We encourage you to seek out and make your personal 1890's fashion statement. And, take note: there's a special reward for the best of the lot.

Then comes the sumptuous meal. From the hearty and steaming bowls of leek & potato soup to the mouth-watering Cornish Game Hen accompanied by wines from fine Upper Canada cellars. Enjoy hot Bumbleberry pie as a tempting climax to the meal as you experience the ambience of simpler times in one of Ontario's oldest cities.

It will be a time to recognize those among you who have gone a step further in business leadership. It will be a time when you can put forth the name of one of those leaders. The nomination form gives all the details. Ponder it carefully, choose your candidate sagely, and envoy your choice to the Chamber office. Rest assured the selection committee will peruse it carefully and choose wisely.

Tickets are $50.00 and seating for this historic affair are limited. We encourage early reservations. It all begins at 6:00 p.m.

An important date!

February 1st is the new application deadline (replacing March 1) for which equal consideration for over-subscribed full-time programs is given to all students.
All applicants will need to confirm acceptance of offers of admission through the Ontario Colleges Application Service (OCAS) by June 1st.

February 1

Questions?
Call the Recruitment Office at the campus nearest you @ ext. 1555.
Brockville: 345-0660
Cornwall: 933-6080
Kingston: 544-5400

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97 CARGO VAN
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67,000 km



97 S-10 PICK UP
(stk. P9130) red, 4 cyl., 5 spd., cap
56,365 km



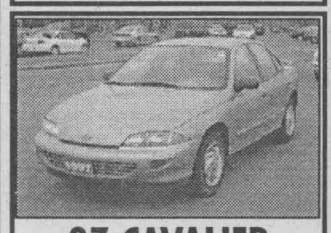
97 S-10 EXT. CAB
(stk. P9133) 4x4, red, V6, auto, cass.,
71,612 km



96 RANGER P/U
(stk. 9608A) black, 4 cyl., 5 spd., cap,
67,000 km



97 SKYLARK
(stk.061A) 4 dr., blue, 4 cyl., air, cass., tilt, cruise, locks
66,702 km



97 CAVALIER
(stk. 050A) 4 dr., tan, auto., air, cass,
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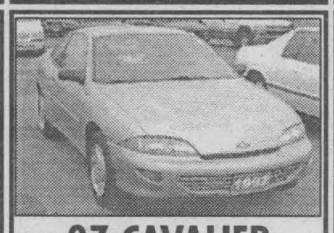
97 BONNEVILLE SE
(stk.P9100) 4 dr., gold, loaded,
74,844 km



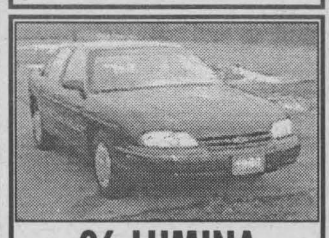
97 LESABRE
(stk. P9116) 4 dr., white, loaded,
42,800 km



97 CAVALIER
(stk.P9131) 2 dr., brown, auto., air, lease
48,500 km



97 VENTURE VAN
(stk. P9132) teal, loaded
64,776 km



96 LUMINA
(stk. 129A) 4 dr, red, loaded
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(stk.P9096) 4 dr., green, V6, loaded,
42,703 km



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EDITORIAL OPINION

PERSPECTIVE

Should Parents Be Banned From Spanking Their Children?



Bob **ROTH**

The debate over whether parents should be able to spank their children has erupted again.

One group in the country wants the law changed to forbid any use of corporal punishment by parents. Currently, the law allows corporal punishment if it is delivered in a restrained and judicious manner (i.e. the child is not hurt).

However, there are those who argue that spanking under any circumstances should be forbidden by law due to the "psychological" damage it creates and the values it instills.

Several arguments and theories have been advanced to support a ban. They include:

1) Parents usually spank because they have lost control of their own tempers and, therefore, can create physical harm, even though it is unintentional.

2) Spanking teaches children that violence is an answer to problems (not a value we want to imbue).

3) Parents don't need to use physical restraint; they can reason with their children and, if that fails, employ non-violent punishments such as "time-outs," "groundings," etc.

Certainly these arguments have merit, but I remain unconvinced that the state should make it a crime for parents to judiciously exercise corporal punishment.

First of all, the law protects children from real abuse. Any parent injuring a child is already subject to sanctions under the law. Therefore, what the ban proponents are really suggesting is that we take away parents' ability to use physical restraint or even the threat of physical restraint.

In other words, the crucial issue here is not so much whether parents should use corporal punishment; it is whether they should lose the "authority" to use it.

In my view, duly constituted "authority" plays a major role in keeping societies, and families, from states of anarchy (as police strikes and other breakdowns of social order have demonstrated)

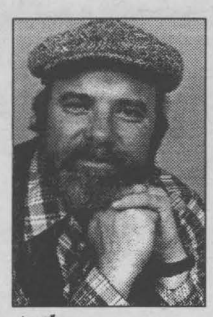
The notion of "reasoning" with children presumes a level of maturity and intellectual equality within the family that simply does not exist. Sometimes father (or mother) really does know best. The removal of adult "authority" in the family would put the immature and inexperienced views, emotions and drives of child on an equal footing to that of their parents.. Frankly, I find that approach irresponsible.

That is not to say that parents should use corporal punishment as a first resort, nor is it even to suggest that corporal punishment is necessarily an effective technique (the verdict is still out on that).

But I question whether the state should take away the "authority" to use physical discipline. Giving children the right to take their parents to court for giving them a cuff on the rear-end could also have its "psychological" consequences — not the least of which might be to destabilize the family unit itself as an orderly institution for discipline and growth.

BASIC BLACK

Computers and Poetry? Why Not?



Arthur **BLACK**

There's a guy in my town named Herc. He is shortish but extremely muscular - think human fire hydrant. The word on Herc is: don't mess with him. Oh, he's friendly and gregarious enough, most times -- but he's also as tough as a platoon of Ninjas, and if you incur his wrath, your allotted span on this planet can be measured in nanoseconds. Which is why it was unusual to see Herc lined up at the local Libation Emporium one day, grinning like a man who'd won the Lotto 649. "You're looking mighty chipper today Herc" said the checkout clerk. "What's up?" Herc smiled a smile as wide as the federal deficit and said: "Just walked down to the end of the bleepin' dock" (Herc swears a mite) "with my bleepin' computer - an' I hove that bleeper as far as I could inta the harbour".

"And it felt so bleepin'good that I went back home, got my printer and I hove that motherbleeper in after it!"

I know exactly how Herc feels. I love my computer when it's doing what I want it to do. Which would be about 1.3% of the time. The rest of the time I hate my computer. I hate it more than Eatons hated Simpsons. More than Alberta hated Trudeau. More than Tyson hated Holyfield. If I could find an ear on my computer I would gnaw it off. But I can't. I can't find much of anything on my computer - that's the point. I could probably live with my handicap if only my computer wasn't so bleeping smug. I'll be working away on it when suddenly my monitor screen will go into a kind of graphic stomach cramp and a message will flare across the screen.

THIS PROGRAM HAS PERFORMED AN ILLEGAL FUNCTION AND WILL BE SHUT DOWN. What???? What illegal function? I paid for this computer! I'm over 21! Another favourite computer moment occurs when I painstakingly type in some incredibly stupid Internet address --

(htttp://LiZard~xanadu/medusa/@#&phrymzik.com) - the computer clicks and whirrs - and this message pops up on my screen: COULD NOT CONNECT TO "[1.135.245.49]".

CAUSE: CONNECTION TIMED OUT (10060)

Gee, thanks, Bill Gates - I can sure work with clear and concise info like that.

No point in appealing to your friendly neighbourhood computer geek - they understand this gobbledygook! It makes sense to them! Nope, folks - we're on our own.

Well-maybe not quite.

I hear that the honchos at Sony Vaio Programming in Tokyo have replaced the stupid and meaningless Microsoft error messages with - haiku poetry. Which my dictionary defines as: a very short Japanese style of poetry, consisting of three lines.

And how does that apply to computer error messages? Try these:

A file that big?
It might be very useful
But now it is gone.
. . .
First snow, then silence.
This thousand dollar screen
Dies so beautifully.
. . .
A crash reduces
Your expensive computer
To a simple stone.
. . .
And my personal favourite:
Windows NT crashed.
I am the blue screen of death.
No one hears your screams.
. . . .

Computer programming with a sense of literature AND a sense of humour? What next?

Mackintosh?

NOTES FROM PARLIAMENT HILL



Art **BABYCH**

Regional rump roast

It wasn't an election promise but the Reform Party may be giving Canadians what they really need right now -- a cure for the January blues. Leader Preston Manning's vow to resign if the party rejects his United Alternative strategy triggered some of the best slapstick political comedy since Reform MPs came to the Hill disguised as a Mexican mariachi band. First, there was decidedly uncharismatic former Reform MP, Jake Hoeppner of Manitoba -- being investigated for allegedly assaulting a fellow Reformer -- announcing he'll try to unseat Manning for leadership of the party. Then B.C. Reform MP Dick Harris entered the non-existent leadership race. That was followed by party chairman Gee Tsang's angry resignation and claim that pro-UA members on the executive council had undermined his authority. With the UA convention to be held in Ottawa at the end of the month, Manning may do well to dust off the flak jacket he wore at the last annual press gallery dinner to protect himself from his own caucus.

Smoking hazardous to financial health

The feds are reportedly poised to force tobacco companies to use graphic photos on cigarette packages as health warnings. The idea is to shock smokers into quitting the nasty habit by showing photos of cancerous lungs and mouths. Health Minister Allan Rock is expected to announce the new measure shortly as part of the government's latest, politically correct, get-tough strategy against the evil tobacco empire. But if the graphic photos of rotting human flesh don't do the job, a listing of how much Ottawa collects in tobacco taxes might shock enough smokers to give up the weed. But that would be playing dirty.

Out to lunch

We expect a huge crowd on hand for Newfoundland Premier Brian Tobin speech to the Canadian Club luncheon in Ottawa later this month. It's not that the former Turbot-propped Captain Canada is an especially dynamic speaker but his topic sounds intriguing. The newspaper ads for the Tobinator's talk promote him as the guest speaker at the noon-hour din-din in the humble Chateau Laurier ballroom. But just below his name - printed in an even larger font and in eye-catching black-bordered lettering - is what appears to be the title of his speech: "How to get luncheon tickets." Sure beats another pitch for national unity.

A Thorne at her side

Seems there was entertainment on New Year's Eve, after all, despite appearances on Parliament Hill. But it was happening on board that Air Transat plane in Gander, Nfld., carrying Heritage Minister Sheila Copps' and hubby Austin Thorne. Copps denied the pair refused to give up her seat to its rightful holder, who happened to be a disabled person. Former press gallery president Jacques Lefebvre, Copps' press aide, shifted pressure off the Heritage minister by telling reporters "Austin is on the one who dealt with this." While most of the media reported on the kerfuffle that night, there was apparently no mention of it on the CBC's The National. Not even a half-hour later in Newfoundland. Another entry for Ripley's Believe it or Not.

Doing a diss-Service

A birthday tribute to poet Robert Service, the bored, uh, the bard of the Yukon, was held in the National Press Club complete with entertainers. It was also the setting for the unveiling of a compact disk that puts 10 of the poet's best works to music. It was the brainchild of Les McLaughlin, a former producer with the Mother Corpse's Northern Service. Alas, our re-jigging of Service's poem, "It's Later than you Think," never made the cut:

Lone amid the Press Club's cheer
Sad of heart am I tonight;
Dolefully, I drink my beer
But no single line I write.

There's the wretched rent to pay,
Yet I glower at pen and ink:
Oh, inspire me, Muse, I pray,
It is later than you think!

MEANWHILE

CBS vs CRTC Who's To Blame?



Fred **SAGEL**

I had just barely returned to the telecommunications law class I teach when I was bombarded with questions about the current battle between the CBC and the federal broadcast regulator, the CRTC.

"Who's to blame for this?" asked one student with lots of enthusiasm.

And, in typical Socratic style, I answered: "Who do you think?"

"It's got to be the CRTC. I know how hard you've been on the federal regulator and how you say it's always cramming those Canadian content rules down the throats of broadcasters. Isn't this just the same thing?"

"Well, is the federal regulator telling the CBC that it should live up to its mandate under the Broadcasting Act which says that the public broadcaster is there to televise shows that are reflective of our society?"

"Yes."

"And doesn't that mean it should broadcast a lot more local programming that informs people about what is happening in the society directly surrounding them?"

"Yes."

"And isn't that a whole lot better than buying up expensive Hollywood blockbuster movies that the CBC can show during prime time?"

"Sure, but the movies bring in the money. They need the money at the CBC to survive."

And therein lies the rub: they need the money at the CBC to survive.

Four years ago, I completed a 210 page thesis in law which argued that the Canadian content regulations set by the CRTC be dropped for all private broadcasters, allowing them to show whatever they wanted, whenever they wanted. If it provided for a healthy profit, so be it. And that would be because it catered to public taste.

Why should the CBC, financed through public funds, be just another broadcaster in it only for the money? Shouldn't it occupy a special place in the spectrum?

My reasoning was based on a thorough study of the CBC in Canada's history. Originally designed to be a private broadcaster carrying Canadian programs, it has had to survive for years on flimsy budgets set by the federal government. Its big mandate was not achievable on the funds it received.

And, like an old uncle who needed a bit to extra money to survive, the CBC resorted to other means in order to raise money, mostly ads. It put on lucrative sports and entertainment programs and it bought big blockbuster movies to make some money. But did that add to the Canadian content? No.

In the 500 channel universe, where consumers will be able to view virtually any television show on earth, there is no point in setting stringent Canadian content rules for the private broadcasters such as CTV, Global and City TV. It will put them at a disadvantage in competing with other stations. Viewers will be the judge of that.

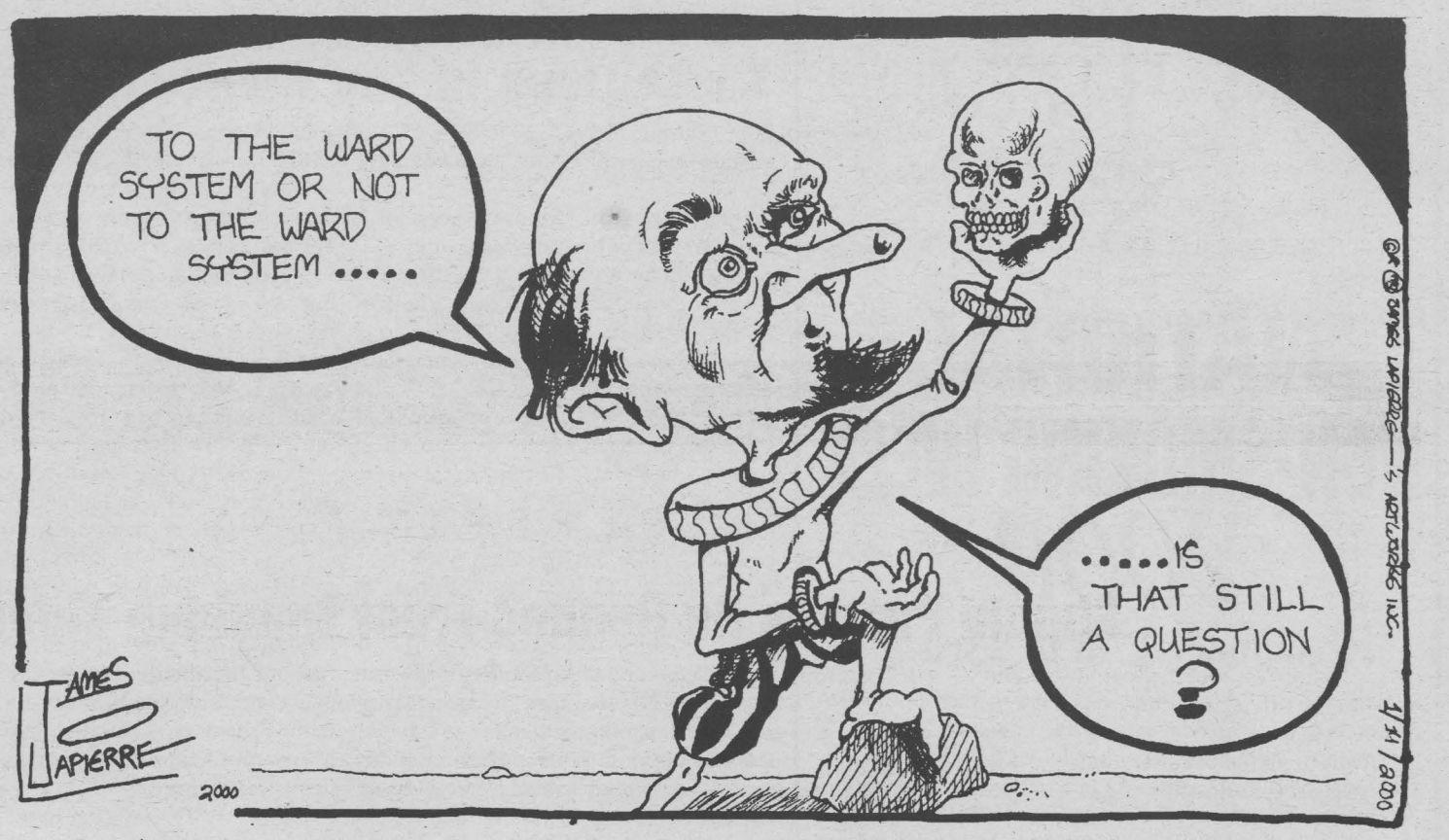
But the role of the CBC, I argued, was ve. different. It was designed to be a distinctive Canadian voice for distinctively Canadian concerns. Any viewer who wished to see something Canadian would instantly think of the CBC and would turn to it in a moment's notice.

In order for that to happen, the CBC could not compete with the commercialized American networks. It needed protection in an American ocean that could readily capsize it. That protection needed to come from the federal government in the form of long-term stable financing.

That has not happened. Both the Mulroney government and the Chretien gang have stripped the CBC of many of its funds, leaving it in a position where it finds it difficult to do all of the things it is supposed to, mainly because viewers want to watch something else.

So, here is my advice to the government when it finally catches the hot political football that will soon be thrown at it: Support the federal regulator. Make the CBC a thoroughly Canadian entity that is a distinctive voice for this country. Stop making the private networks pay by forcing Canadian content rules down their throats. Tell the CBC to smarten up, get its act together and put together some good Canadian shows. And, for God's sakes, put the CBC on a decent long-term budget so that it doesn't have to beg for money all the time.

Will it work? You betcha it will.



LETTERS TO THE EDITOR

South Stormont News

Dear Editor:

I received a telephone call after my December column appeared. The caller seemed upset, but I would hear this person's gripe. The caller claims that I don't know the half of the Lost Village's Museum situation and I thought that they may be right so I asked some questions. The caller was right is stating that the Museum does do something for economic development and the general economy, however so do our other businesses. You see your business people do have tax roll numbers with an assessment with a property tax applied. We Own Ault Park. Which also has a tax roll number along with an assessment, but is tax exempt. Would anyone wish to guess how The Lost Village Museum ended up in this location? Yes you are right this private organization is indeed using township property totally tax free. They believe that the people of South Stormont should also now include a (Ritz) washroom at a cost of $38,000. The caller also said the bicycle path needed one. Well sir you look about one and a quarter mile to the east and you will find one in Guindon Park, so using this figure it would mean that we will have to build one or maybe two more to get to the Long Sault Parkway. The President of The Lost Village's Museum stated in the newspaper that he could not understand why the taxpayer would be upset because they never had their hands in the taxpayers pockets before. Well then let's see ah, ah, a private organization setting on public land tax free and I wonder who is paying the hydro bill.

Is there only one engineering firm in the local area?? Yes or no. If the answer is NO than here are some questions looking for answers.

Why does council keep hiring the same firm regardless of the tendered amount??

or

Does Council have this Firm on a retainer??

or

Does Council have an interest in this firm??

or

Does Council have internal ties with this firm??

Robert Wereley
Lunenburg

Thanks For The Help

Dear Editor:

The Committee representing the Sewer Lateral Association of Cornwall would like to thank the following person's who assisted us in our cause. To the Seaway News who published the many letters, to the ratepayers who attended the meeting of October 25th, 1999 at Nativity Hall to form our Association, to Marjory Brunette for the countless hours she spent on the phone enlisting support for this cause, to our spokesperson, Franco Giovanniello, for the convening and effective argument he made on our behalf, to the numerous ratepayers who attended the City Council meeting of November 22nd and finally to the Mayor and City Council for their decision to reverse the existing by-law regarding the sewer lateral, resulting in fair resolution of this matter for taxpayers of Cornwall.

Yours truly,
Gail McNally
on behalf of the Committee

more LETTERS TO THE EDITOR on page 10

Seaway News welcomes letter to the editor. Letters should be no longer than 400 words, are subject to editing and must bear the writer's name, address and phone number for verification.

The views expressed by columnists, guest editorialists and/or letters to the editor are not necessarily the views of this newspaper or its publisher.

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Lung cancer is the leading cancer diagnosis and cause of cancer deaths in Ontario, being responsible for almost 30 percent of the province's overall cancer burden. We know that 85 percent of most lung cancers are caused by tobacco smoke. In addition to lung cancer, tobacco use and second-hand smoke cause other lung diseases such as asthma and emphysema, as well as heart disease and stroke.

Some Facts About Tobacco ...

IT'S USE:

- nicotine makes tobacco **addictive**
- in 1997, **18.6 billion** cigarettes were sold in Ontario
- in 1997, **26%** of young males and **29%** of young females smoked cigarettes
- **90%** of adult smokers became addicted as teenagers
- **30%** of all children under 11 in Ontario are exposed to tobacco smoke at home
- smoking rates have **risen** in Ontario since the early 1990's after declining for 25 years, as a result of a drop in cigarette prices and more aggressive marketing

THE HEALTH HAZARDS

- there are more than **4,000** chemicals in cigarette smoke (50 are known to cause cancer)
- **2/3** of the smoke from a burning cigarette enters the air as toxic second-hand smoke
- more than **55%** of non-smokers regularly inhale second-hand smoke in the workplace or the home
- non-smoking spouses living with smokers face a **20-30%** increase in the risk of dying from heart disease or heart attack
- tobacco and second-hand smoke **cause cancer**, heart disease, stroke, respiratory diseases and adverse effects in pregnancy, in smokers and non-smokers

LUNG CANCER

- **80-85%** of lung cancer cases are caused from tobacco use
- it is the **leading** cancer diagnosis and cause of cancer death for adults in Canada
- an estimated **1 in 11** men and **1 in 21** women will develop lung cancer in their lifetime
- in Ontario in 1999, an estimated **7,100** people were diagnosed with lung cancer
- only **1 in 10** people with lung cancer can be cured. The others will die from the disease usually within 2 years of diagnosis

DEATH

- an estimated **1 in 12** men and **1 in 22** women will die from lung cancer
- in 1993, for the first time, **more** women in Canada died from lung cancer than from breast cancer
- **1 in 5** Canadian adults, aged 35 and older, die each year from smoking related diseases
- in Ontario in 1992, **11,600** people died from smoking, including over **4000** people who died from lung cancer
- more than **50%** of all deaths from smoking occur in people aged 35 - 69, each losing an average of 22 years of life
- **3 times** more Canadians die from smoking-related diseases than they do from alcohol, AIDS, illicit drugs, car accidents, suicide and murder, combined

THE ECONOMIC IMPACT

- Ontario taxpayers spend almost **$4 billion** every year in health care costs and lost economic output due to smoking
- a smoker can spend **$1,000** a year to support a pack a day habit
- in May 1999, Ontario had the lowest prices for cigarettes than anywhere else in Canada or the American states surrounding the Great Lakes
- **39%** of adults in Ontario believe that taxes on cigarettes should be increased
- in 1998, **38%** of Ontario retailers would knowingly sell cigarettes to minors
- **over 1/3** of Ontario adults avoid certain bars and restaurants because they are too smoky

QUITTING

- quitting smoking is the single most effective thing that smokers can do to **enhance** the **quality** and **length** of their lives
- within the first year of quitting, a person can cut their risk of dying from a heart attack by **50%**
- 10 years after quitting, former smokers have **30 - 50%** the risk of dying from lung cancer than those who continue to smoke

For more information about the effects of tobacco use and how to quit smoking, call the Canadian Cancer Society's Cancer Information Service toll-free at 1-888-939-3333

LETTERS TO THE EDITOR

Santa Lives In The Hearts Of The People Of Cornwall

Dear Editor,

Santa lives in the hearts of the people of Cornwall.

There was a time when I thought that Santa was a fictitious character that only children believed in, but this year I discovered that he truly does exist. He lives in the heart of the people who look beyond their own needs and extend generosity to others.

I would like to take this opportunity to thank all the Santas that have helped to make someone's Christmas a little brighter.

The Children's Christmas Fund has played a major role once again this year in providing the funds and support to offer Christmas baskets and toys to approximately 700 needy families. A very special thank you to Peter Morgan and Gerry Grant. These two gentlemen have been working with local food banks since last spring to bring to fruition one central data bank and a coordinated application process that would ensure fair distribution of Christmas baskets to those in need. It is a major undertaking to organize the distribution of so many baskets but the Children's Christmas Fund with it's many dedicated service clubs made the job easy. Thank you to all service club members who took the time out of their busy schedules to help in the set up of the distribution center, fill baskets, provided transportation to recipients, and then helped with the clean up after the event. We could not have done it without you!

To all the volunteers who tirelessly worked at the distribution center, thank you so much. You are too numerous to mention, but you know who you are. You are the person who like everyone else had too much to do at this time of year, but you put all that aside to help someone else. A very special thank you to Lise and Bob Charboneau. This couple sorted each and every toy and ensured that each child would have something beautiful under the tree. They also coordinated the volunteers to help give out the gifts. Thank you to all who helped.

Our suppliers were instrumental in ensuring that the Christmas baskets were full of good things for families and individuals. I would like to recognize them for going the extra mile to deliver the food to the distribution center and for being available to us when we needed them. Thank you to R&L Distributors, Maynard's, Your Independent Grocer, No Frills, A&P Brookdale Mall, Farm Boy, Super C, Betty Bread, Monkland Egg Grading and Walmart.

Morbern Industry has once again assisted the Agapè Center by providing Christmas baskets to 21 of our larger families in need. There is no doubt that these families had an extra good Christmas this year because of your generosity. Many thanks to Blair Fitzpatrick and to the management and staff.

Canada Trust has come through for another year to help needy children wake up to something magical under the tree on Christmas morning. Each year this dedicated group provides two hundred gifts for kids through the angel tree. Thank you to all the management and staff of Canada Trust for giving of their time and energy to this project. And to all those who bought gifts for the angel tree, thank you for being a Christmas angel for a little child.

La Citadelle High School also participated in an angel tree project and collected 80 gifts for the children. Thank you to organizer Marie-Claude Robert and to the students for the beautiful gifts and for the help that you provided at the distribution center.

To the very many schools who collected non-perishable items for our food bank, and to students of St. Joe's, La Citadelle and Char Lan High Schools who helped at the distribution center, thank you for helping us to meet the needs of the less fortunate.

To all the countless businesses who have given cash and or food donations, this is very much appreciated and will support many families in the coming months.

And finally to all those individuals who donated turkeys, non-perishable food items, toys for children and money, thank you so much.

You are all the real Santas of this community and you are truly appreciated!

Sue MacDonald,
Administrator,
Agapè Center
Cornwall, Ont.

Diversion Is His Game

Dear Editor,

Diversion is his game, Jean Chretien has done it again.

When news creates a little political heat, he pulls the French/English thing out of the bag again. This time the headlines scream Canada's breakup rules. He keeps this emotionally charged argument going in spite of Quebecers clearly on the side of no referendum, no breakup.

This is a coverup for an over-rated economy and the knowledge that a reckoning is around the corner, including an election. The reckoning also includes Canadians paying for the cheap dollar, one of the costs of Free Trade. It includes facing the reality that the Chretien/Mulroney Free Trade Sellout is costing Canada not only its savings and assets, but its very own sovereignty. Levi's and Bata plant closures are real examples. Over five thousand applicants for three hundred $10. per hour jobs at Walmart tells it like it is.

Chretien's propaganda campaigns turn my stomach. He takes his direction from the WTO and the Multi-National princes and sheiks. And he gets his support from a press in both Canada and the U.S.A. that won't even interview or listen to Seattle protesters.

Chretien and the press pretend to present a balanced two-sided argument on the Free Trade issues but are clearly presenting only the power hungry establishment side.

The Chretien government, the bureaucracies, the establishment together are killing Canada, democracy and all Canadians right to fairly share our resources.

Protectionism is not a dirty word. It worked for years and will work again. What's wrong with looking after your own family first, then your immediate community, then your province and finally your country?

So let's grow what we eat, let's build what we use, let's compete within Canada. Let's not let Chretien force us to compete with Chinese ten cent per hour labour!

Canada will still export wheat, high technology and gas. Let's stop believing myths like "big is better".

We're allowing Chretien and what he represents to make our bed and if we don't stop it, we'll have to lie in it.

Come on Canadians, we have choices. Let's not fall for diversions. Let's work for what is right.

Stan Body
Cornwall, Ont.

Missing Pet

Dear Editor,

On January 4th, 2000, we lost our family pet Tanner. He is a three-year old yellow lab mix with a white stripe down his nose. He is wearing a nametag with our phone number, 933-6169.

Not only did he leave the family behind, he also left his brother Tex. They have never been separated until now.

We are worried that if Tanner doesn't return soon, Tex will have a health problem, due to his loss of appetite. He goes around whimpering most of the day.

By chance, if someone has picked Tanner up, please return him – no questions asked. We miss him terribly!

Valerie & George Gordon
Cornwall, Ont.

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Cornwall and Area LAW and ORDER

Crime Stoppers

Each week Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on all crimes not just the crime of the week.

This week Crime Stoppers is asking for your help in identifying the person(s) responsible for a purse snatching at the Food Basics store on Pitt St. in Cornwall.

The incident occurred on Friday the 10th of December, 1999, at approximately 4:45 p.m. The victim was exiting the store with her shopping cart and had her purse placed in the child seat compartment of the cart. An unknown male rode up on his bicycle and grabbed her purse and rode off in a westward direction. The suspect is in his mid-thirties, curly brown shoulder length hair, possibly in a ponytail, light build, approx. 5 feet 6 inches tall, 150 pounds. He was wearing beige pants, a black ball cap, possibly a Harley Davidson cap.

If you have any information on this or any other crime, please call Crime Stoppers at 937-8477 or for long distance callers 1-800-265-8477.

Cornwall Police Service

A 42-year old Walton St. male has been arrested and charged with assault following a domestic dispute on the 6th of January, 2000. It is alleged that the male grabbed his 46-year old common-law spouse by the hair during an argument. The female was able to break free, run out of the Walton St. residence and flag down an officer on general patrol in the area. The male was released to appear in court on the 7th of January, 2000. The name of the male was not released as it may identify the victim in the incident.

A 31-year old Cornwall Island male has been arrested and charged with assault on the 6th of January, 2000. The arrest follows a domestic dispute at a Lynn St. residence with his 27-year old common-law spouse. It is alleged that the female was grabbed, thrown to the floor and punched several times to the head during a heated argument. The victim contacted police and the male was arrested. He was later released to appear in court on the 14th of February, 2000. The name of the male was not released as it may identify the victim in the incident.

On the 6th of January, 2000, police arrested and charged two males after an incident at a Hamilton Crescent residence. Police were called to investigate a break and enter that occurred between 10:30 a.m. and noon on the 6th of January, 2000. The property taken was being stored at the residence for another male. The owner of the stolen items attended the residence and a verbal confrontation occurred, it is then alleged that he threatened the resident with bodily harm as a result of the break-in. The resident then allegedly pointed a large sword at the owner of the stolen property and told him to leave. As a result of the incident Joel Lavigne, 21, of Prince Arthur St. has been charged with uttering a death threat to cause bodily harm and Robert Benedict, 19, of Hamilton Crescent has been charged with assault with a weapon. Both males were held in custody for a bail hearing on the 7th of January, 2000.

Three male youths were arrested and charged with mischief under $5,000 on the 6th of January, 2000. It is alleged that the youths threw objects at passing vehicles in the area of Pitt St. and Balmoral Ave. during the noon hour on the 6th of January. Two vehicles were struck by the thrown objects, one vehicle's windshield was smashed and a second vehicle was dented when the object struck the side of the vehicle. No one was injured, however the drivers and passengers of the vehicles were startled by the incident. The two 12-year old's and a 13-year old youth were later released to appear in court on the 7th of February, 2000.

Ontario Provincial Police

On January 6th, 2000, at 10:30 p.m. officers of the SD&G O.P.P. were advised of strange activity in the parking lot of a business establishment in Green Valley. Upon arrival, officers found three vehicles and five subjects. One male subject took flight on foot as police approached the cars.

Police found approximately two kilograms of marijuana in a Chevrolet Taho truck, valued at approx. $1,500, along with a small quantity of cocaine.

Arrested and in custody is Gregory Andrews, D.O.B. 26 July 1964, of Fenelon Falls, Ont. Andrews is charged with the criminal offence of possession of marijuana, possession for the purpose of trafficking, and possession of cocaine. Andrews was to appear for a bail hearing in Cornwall court at 2:00 p.m. on the 7th of January, 2000.

During the evening of January 7th, 2000, culprit(s) stole, in separate locations, two 4-wheelers from secure sheds in the Glen Robertson area.

A 1996 Honda ATV 4X4 valued at $6,500. was taken and as an O.P.P. officer began his investigation a nearby neighbour found the ATV left abandoned in a field some distance from the scene.

From the second location culprit(s) stole a 1999 Honda TRX4 yellow in colour valued at $8,000. along with a 5 HP air compressor mounted on wheels, valued at $450.

On the 7th of January, 2000, SD&G O.P.P. began to investigate an accident which occurred on Highway 138 in South Stormont. Elizabeth MacLennan, age 49, and Brenda Beriault, age 39, were both northbound on the same road when MacLennan rear-ended Beriault's vehicle. No one was injured. The weather is to blame for this accident.

STATS

MOTOR VEHICLE ACCIDENT

- Jan. 6, 2000 - Hwy. 138, North Stormont. Christine Wereley, 44, northbound when she struck a deer. Driver not injured.

STOLEN VEHICLE

- Jan. 5, 2000, Pitt Street, 8:50 am - 1993 Oldsmobile station wagon, grey in colour.
- Jan. 5, 2000, Brookdale Ave., between 8:20 and 8:25 am - 1990 Chevrolet van, white in colour. Vehicle contained several tools as well as a power generator.
- Jan. 5, Brookdale Ave. 1100 block, 1991 GMC van, white in color, recovered in Ottawa.
- Jan. 5, Pitt St. 200 block, 1993 Oldsmobile Cutlas wagon, grey in color taken.

BREAK-INS RESIDENTIAL

- Jan. 2, Bedford St. 400 block, Sony stereo, 10 cd,s, 10 Disney movies & tv converter taken.
- Jan. 6, Lynwood Dr. 500 block,
- Jan. 7, Second St. East 300 block, bank book and two Guaranteed Income Certificates taken.

BREAK-INS COMMERCIAL

- Jan. 3, Loyalist St. 2900 block, complete computer system, 15" monitor, HP laser printer, Fax machine, phone and a 24 drawer tool chest containing a variety of tools taken.
- January 4, Twelfth St. East 700 block,

BREAK-INS SHED OR GARAGE

- Jan. 7,Lauber Ave. 0 to 100 block, Dewalt drill, Dewalt 12" miter saw, 21 router bits, 16" Poulan chain saw, Wizard tool and various hand tools taken.

THEFT FROM MOTOR VEHICLES

- Jan. 3, Belmont St. 500 block, Duffle bag, Koss disc man, cd,s, speakers, clothing and tools taken.
- Jan. 3, Sixth St. East 400 block, Dewalt 12" miter saw serial #2410, Makita drill serial # 78772G, Dewalt jig saw serial #129338, Stanley nailer serial #1ML6346027, Makita reciprocating saw serial #1103850E, 7 1/4" Makita skill saw serial #267040, Craftsman cordless drill serial #315224140 and other various tools taken.
- Jan. 3, Fifth St. East. 300 block, Craftsman compressor, Mastercraft socket set, air chipper and various other tools taken.
- Jan. 4, Gloucester St. 600 block, Dewalt 7 1/4" skill saw serial #130278, Dewalt drill serial #80223, Dewalt sawsall serial #S89977, B&D jig saw, Campbell stapler & nailer, Makita hammer drill and Dewalt drywall gun taken.
- Jan. 5, First St. East 600 block, Makita 2 speed drill taken.
- Jan. 7, Eva Ave. 0 to 100 block, 2 hub caps, 2 trailer balls and commercial fan taken.
- Jan. 7, Adolphus St. 500 block, planer & Skil skill saw taken.

Tip of the week
Identify your property

Record all serial numbers from your electronic equipment and power tools for easy identification should they be lost or stolen. If there is no serial number, engrave your driver,s licence number on the item, any police officer can instantly access your name and address so that the property may be returned to its owner.

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PUBLIC NOTICE

The Cornwall and area hospitals have been working diligently with the support of the City of Cornwall to recruit a variety of medical specialists to our community.

The current physician shortage is not unique to Cornwall. Ontario currently is in need of approximately 1000 more family practitioners and physician specialists. We are fortunate to have a caring and dedicated community of doctors. However, some specialities are experiencing difficulty in providing coverage twenty-four (24) hours per day. Regretfully, this may lead to times when the required specialist is not available. During these periods, patients considered to be urgent or emergencies may have to be referred to another centre.

We remind the public that Hospital Emergency Rooms should not be used for minor health complaints. Hospital Emergency Rooms must be reserved for cases endangering life only. Cooperation from the public is most important. You are urged to contact your family doctor before visiting the hospital. For minor complaints, the **HEALTH LINE SERVICE** offered by public health may help: call toll free **1-800-267-0852.** By taking these actions, waiting time can be reduced and patient access can be improved for those who need it most.

Remember, the screening system in the Emergency Room will determine the priority of cases according to the possibility of a permanent disability or where there is a life-threatening situation. Minor causes or problems causing minimal discomfort will receive lower priority.

We believe that you will understand the need to treat the most "at risk" patients first and will cooperate with our staffs and physicians to ensure that everyone receives the best care possible.

Cornwall General Hospital **Glengarry Memorial Hospital** **Hotel Dieu Hospital**

Take Part in the Fun

Big Brothers/Big Sisters of Cornwall & District Inc., is an organization dedicated to helping children who are growing up in single parent families. Volunteer caring adults are recruited, screened and matched with children who have been approved and accepted into the program. A magical transformation takes place as the volunteers share their time & interests with their Little Brothers and Sisters. For the past twenty one years, Big Brothers/Big Sisters of Cornwall & District has held a "Bowl for Millions" Bowlathon, which has become their major annual fundraising activity, raising a large percentage of the agency's operating costs. Each year many league bowlers, municipal leaders, members from service clubs, business, industry and the private sector have given their time, energy and dollars to help raise funds. The 2000 Big Brothers/Big Sisters Bowl for Millions will take place on Saturday, February 12, at Olympia Lanes, Nativity lanes and the Bowling Palace of Cornwall. Bowlers, in teams of 5 or 6 players, will vie for the grand prize of $500, which has been generously donated by the Rotary Club of Cornwall. If you are approached to make a pledge for a Big Brothers/Big Sisters bowler, please give generously. Your contribution will be directly applied to the delivery of services for the children within your community. Donations will be gratefully accepted in lieu of participation. If you want to take part in the fun, contact Big Brothers/Big Sisters at 933-8035 to find out how you can become a Celebrity Bowler!



Pictured on the lanes are Big Brothers/Big Sisters President Sue MacDonald with Chairman Tony Repa and Honorary Chair, Walter MacLean.

Story & photo by Aubrey Johnson

The day I was no longer her child



Growing up, she did her best to care for me. Today, our roles have reversed. I do my best to care for her, though she can no longer even enjoy the simple pleasures of living. She was taken from me by an unforgiving disease.

Alzheimer Disease attacks more than just memory. In time, it deteriorates personality and motor functions until the body simple shuts down. Today, 1 in 13 Canadians over 65 is affected by Alzheimer Disease and related dementias.*

As a major source of research funding and support, the Alzheimer Society needs your gift to continue to provide help and hope to those affected by Alzheimer Disease and their families.

Alzheimer Society
Help for Today. Hope for Tomorrow.

For more information contact your local Alzheimer Society at 932-4914

or visit our website at www.alzheimer.ca

*Canadian Study of Health and Aging

Homeopathy, helping humanity.

In 1994, the New England Journal of Medicine, the premier Allopathic medical journal, estimated that some 40% of Americans now get some or all of their primary medical care from practitioners who utilize Homeopathy, Acupuncture, Herbs and Manipulation and spend some $19 billion dollars for such care annually. Homeopathy and Homeo-therapeutics are a large and growing part of health care in the United States. They are commonly used to treat the sick in England, France, Germany, Switzerland and most of Latin America, as well as India, where there are more Homeopathic Physicians than any other kind. Dr. Samuel Hahneman, medical doctor and scientist, developed Homeopathic Medicine two hundred years ago. Since then millions of people who suffer from acute and chronic diseases have benefited from Homeopathy. There are over 175 Homeopathic practitioners in Ontario.

Arthritis, rheumatism, premenstrual syndrome, menopause problems, allergies, anxiety, depression, migraines, herpes and colitis are among many health problems treatable with Homeopathic Medicine.

Dr. Daniel Faierstein Godin, Doctor of Homeopathic Medicine is now consulting at the Natural Health and Nutrition Center located at 407 Pitt St., Cornwall
For appointments please call (613) 936-1940

Country Kicks Off Millennium

The Arthritis Society Books Top Stars

Canadian country music's fastest-rising performers, Paul Brandt and The Wilkinsons, will star in The Arthritis Society "Country Kicks" Charity Gala, the first big country music show of the new millennium on Saturday, February 19th, 2000, at the Ottawa Civic Centre.

Paul Brandt was voted Male Artist of the Year and The Wilkinsons Group of the Year at the 1999 Canadian Country Music Awards. The Wilkinsons won five awards in all, including Top Single and Album of the Year.



Paul Brandt

The Rt. Hon. Ray Hnatyshyn, former Governor General, is Patron of the Charity Gala. He says, "Arthritis has been called 'the sleeping giant of health care.' For over 50 years, The Arthritis Society has been the only non-profit organization in Canada dedicated solely to improving the lives of individuals living with arthritis – raising awareness, providing information, treatment and support, and, of course, spearheading the search for a cure."

Juvenile Arthritis Month

Organized as a major fundraiser by The Arthritis Society, with Ottawa-area corporate and community support, the "Country Kicks" Charity Gala will also launch Juvenile Arthritis Month.

Well-known Ottawa broadcaster and community leader Max Keeping is Honourary Chairman of the Charity Gala's Youth Committee. Juvenile arthritis affects one in a thousand children under 16, a higher incidence than any other serious chronic childhood disorder. Severe juvenile arthritis can occur as early as age two. Many youngsters have difficulty attending school, and some of the pain-alleviation medications can create serious, even fatal complications.



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ASK YOUR PHARMACIST

Your pharmacist is your medication expert and can provide advice and information on a wide range of health issues



Paul Trottier
Pharmacist

Choosing Nonprescription Medication

Are you unsure about all the different products on your pharmacy's shelf? Choosing the right one can be difficult - your pharmacist can help you.

Nonprescription or over-the-counter (OTC) medications are used to treat minor illnesses and symptoms. Even though you don't need a prescription from your doctor, these medications can harm you if taken the wrong way. They may not be the right medication for you.

Your Pharmacist Can

- help you decide if it's safe to treat your symptoms by yourself or if you should see your doctor.
- help you choose a medication that's best for you.
- explain how to take the medicine, for how long and tell you about common side effects.
- talk to you about other ways to help you feel better and stay healthy.

Choosing Nonprescription Medications

Before recommending a product, your pharmacist will consider:

- your symptoms and how long you've had them.
- what you have already tried to treat the problem.
- if anything makes your symptoms better or worse.
- allergies or other health problems you have.
- other medicines you take - to make sure they don't interact with each other.

Using Nonprescription Medications Safely

- Ask your pharmacist about the bet relief for: coughs and colds, fever, allergies, pain, infections, stomach problems and others.
- Tell you pharmacist and doctor about all the medicines you use - prescription, nonprescription and herbal products.
- If you have asthma, high blood pressure, heart disease, diabetes or are pregnant or breastfeeding, talk to your pharmacist or doctor before using any nonprescription product.
- Use nonprescription medications only for minor health problems. Don't use them for longer than recommended - you may have a more serious health problem that needs other treatment.
- Read the label carefully and follow the directions - the label tells you what you ned to know to use the medication so it works and is safe. Ask if you're unsure.
- Many products are not for children - check the label or talk to your pharmacist.
- Know if you should avoid any foods, alcoholic drinks or other medicines when taking a nonprescription product.

Ask your pharmacist for help in choosing a nonprescription medicine that is best for you.

JEAN COUTU
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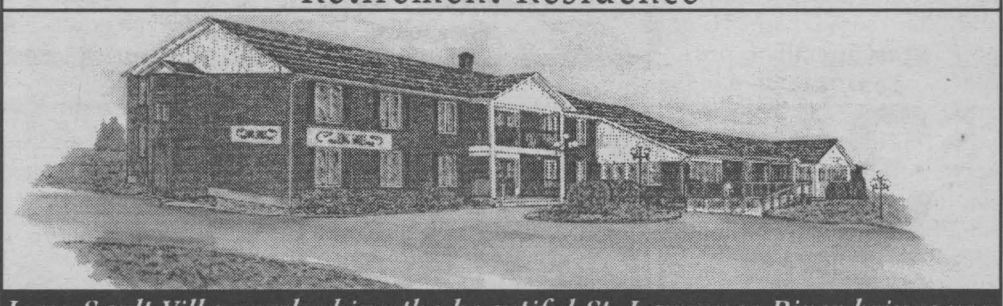

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AIDS FORUM



Pat **O'CONNOR**

Hello everyone. I hope you all had a happy New Year. I wish us all health in the coming year, as health will bring us all the happiness we all deserve. I never would have thought I'd be writing in the year 2000.

It's Monday after midnight and it's very windy outside tonight. I love the sound of the wind as the stronger it blows, the stronger it gets. I really love standing in a strong wind, it seems to give me strength. I need it.

I'm writing so late, as I probably would not be sleeping anyway. My sleep has been interrupted by the drug Sustiva again, and some old patterns are quickly re-appearing. The dreaming or hallucinating has begun again when I sleep and this is again starting to take its toll on me. I feel tired, look tired and dread going to sleep at night. I get very nervous and it seems a hundred thoughts will run through my mind. I have tried some relaxing techniques which seem to help some nights, but others I am awake 'til 3 or 4 am. It's no fun.

Tonight I will be very anxious as tomorrow I am going to the clinic in Kingston. It will be exhausting (for me). The drive, the doctors, the blood taking, and probably another cat-scan, just to make sure. My headaches are much better, but can still come anytime or anywhere and are very painful. Between pill taking and the headaches, it's very hard to plan anything in my life. I just wake up everyday and hope I feel just okay. I'm getting used to the headaches and they have become part of my day. I either stay in and feel not so good, or go about my business out of the home and feel not so good. We were joking the other day that I am somewhat like a vampire, can't stand the lights and real bad blood! (Had to be there).

There is some good news in the fight against AIDS, and also some bad. HIV now infects 50 million people worldwide and kills more people and orphans more children than war. Maria Minna, our Minister for International Co-operation has dedicated $50 million in new funding to fight HIV/AIDS worldwide.

The group of eight industrial countries could do more than spend the $350 million (US) a year. The plague is spreading three times faster than the funding. The United Nations Security Council will put more attention on the need for more cash, more safe sex education, disease stopping contraceptions and for meds that ease sufferers pain and fight infections. Education is the fastest and cheapest way to stop new infections. Changing attitudes about "casual sex" is essential.

Also G-8 countries must find a way to get drugs available to the countries that need them most and can afford them. Desperate countries such as Sub-Sahara Africa should be licensed to manufacture the drugs and help contain the pandemic.

The security council should not only focus on Africa, the Caribbean and other foreign countries with high incidents of HIV infection, but also help those of us here at home who are fighting for our lives. But we cannot afford to ignore the Africa crisis, it affects us all.

After 9 years of writing and educating, I am sometimes a little tired. I am now reading a book called "Don't Sweat the Small Stuff ... and it's all small stuff" by Richard Carlson, Ph.D. I read at night to help me relax and go to sleep with good thoughts and intentions for the coming day. It's a very interesting view of life with small chapters such as "Surrender the Fact That Life Isn't Fair", "Repeat to Yourself That Life Is Not An Emergency", "Seek First To Understand" and "Spend a Moment, Everyday, Thinking of Someone to Love".

Chapter 25 titled "Smile at Strangers, Look Into Their Eyes and Say Hello" I have been practicing. The results make my day a little less stressful and fulfilling. It has 100 small chapters and I highly recommend it and thank the thoughtful person who gave it to me.

I want to thank again Rick Shaver and the staff at Seaway News for their patience and co-operation in printing my columns. Lots of people like them and I guess some don't. You know what they say "If you don't like em... don't read em!"

And a dearest thank you to Pat from Alexandria for your card and Novena. The "Old Grandmother" writes "I know you will feel better and have lots of faith in prayer. Get busy young man at your column." I feel better already Pat and want to tell you something. There are no "old grandmothers" that I know of, only sweet lovely ladies, who are great cooks and smarter than I'll ever be. Thank you so much again and a healthy New Year to Hilda, another great grandmother I know.

Thank you for reading, to Andrea who cuts my hair and remember "life is a test, only a test!" Be well everyone, and please be safe!

Pat is a local resident living with HIV. You may send in questions to Aids Forum here at the Seaway News address. Pat also does public speaking at no charge to any interested groups and can be reached through this newspaper or at his home.

"Seaway News... Helping to Educate Our Community."

CORNER POST

Elbert **van DONKERSGOED**

OMAFRA, the Ontario Ministry of Agriculture, Food and Rural Affairs has circulated a discussion paper on "Intensive Agricultural Operations in Rural Ontario." It includes some challenging questions.

For example, "Should all types of agricultural operations e.g. livestock, cash crop, greenhouses, mushroom growing, composting facilities, etc. be regulated?"

Of course all types of agricultural operations should, especially, when they are large or intensive. The growing public concern is not just about large amounts of livestock manure. It is about the intensive management of nutrients.

Consider what intensive means. The adoption of technology in farming has allowed grain corn production, for example, to increase on average at least one bushel per year per acre for half a century. For every increase we figured out how to make available yet more nutrients for the plants to grow in our fields. We have a parallel success with getting livestock to consume nutrients faster: our pigs go to market in fewer days; our chickens are shipped in a matter of weeks.

We have demonstrated repeatedly that we know how to increase production and boost efficiency. The OMAFRA consultation is about the farm community's need to publicly demonstrate:

a) That we know what we are doing when we introduce higher and higher levels of nutrients to our lands and livestock; and

b) That intensification can continue in a context of environmental stewardship and the cultural diversity of Ontario's countryside?

Some farmer voices argue that commercial fertilizer is so expensive that no farmer in his right mind would over apply it. That's not the issue. Some European countries limit commercial fertilizer application to 90% of optimum crop yield because they have concluded that a farmer applying all the fertilizer that makes economic sense poses unacceptable risks to their environment. The kernel question before this OMAFRA consultation is: Has agricultural intensification, driven primarily by productivity increases and economic efficiencies, come so far, so fast, that it cannot continue without creating unacceptable consequences for our environment and rural communities?

That question involves all of intensive agriculture. There can be no exclusions, particularly not commercial fertilizers. Even livestock producers, who have lots of manure, use it for that extra little push, that extra 10 or 15 bushels per acre. It is precisely that extra little push that raises the environmental and community concern.

OMAFRA's consultation challenges us. Does agriculture have to moderate its drive for production increases and cost efficiencies in order to demonstrate that the new levels of intensification are environmentally sound and community compatible?

Homeopathy During Pregnancy



Paulette Poirier ***Homeopath***

Since Mrs. Mc. was in her 6th month of pregnancy taking antibiotics for her sinus infection was not recommended, discharge was thick. Loss of smell, with lots of sneezing. Headache over the eyebrows was so bad that there was nausea. The homeopathic remedy Kalium Bichromicum gave her tremendous relief within a few days; without the worry of taking medication during the pregnancy.

Keep in mind that Homeopathy treats the person and not the disease, so two people with the same problem may require different remedies.

QUESTIONS?

Paulette is available every Tuesday for more information between 2 pm - 5 pm

at ***Jean Coutu, Cornwall***
5 Ninth Street East (at Pitt)
938-7339

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Unit 3 ~ 812 Pitt Street, City Centre
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9:30 am - 5:30 pm
Fri. 9:30 am - 9:00 pm
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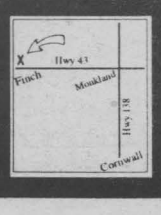



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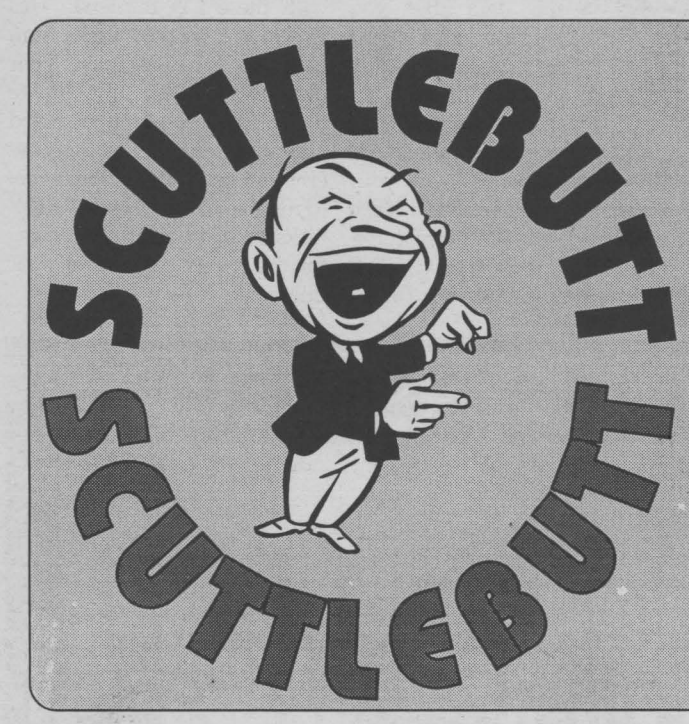


HELLO ... IS THERE ANYONE OUT THERE?
We want to remind everyone out there that THIS IS YOUR PUBLIC FORUM ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to:
329 2nd St. W., Cornwall, Ont, K6J 1G8
or by Fax 933-0024
or E-mail your little ditty to us at snews@seawaynews.on.ca

Safe glassware storage: After the holidays, if you're putting fragile stemware in storage until next year, ensure that it won't break by wrapping individual pieces in wet sheets of newspaper (Seaway News of course). As it dries, the paper will form lightweight, protective 'casts'.

Buy With Certainty ...
Sell With Confidence ...

HOME INSPECTION

Michael A. Furniss
T. 613-938-9387

All the work involved in taking all the Christmas decorations down ... *only to put them back up in eleven months.*

Don't want it but don't know what to do with it? **Please don't throw it out,** instead, keep your eyes open for the Ontario SPCA spring yard sale. Follow-up information will be available regarding dates, times and location. Any item can make a BIG difference. It's all for the animals.

Thought for the week ... the amount of sleep desired by the average person is just five minutes more!

FREE SEMINAR
TOPICS
- Do you know your rights before signing a lease agreement?
- Ever needed to go to Small Claims Court?
- Buying or selling a home?
- Having problem collecting a debt owed to you?
- Do you have an updated will at your current address?
- & Much More

Join us Wed. Jan. 19th 7:15pm
Ramada Inn, Cornwall
For Info. Call
525-1808 525-5137

A big thank you to Tim Hortons for sponsoring public skating during the holiday season. With the kids out of school and no snow for outdoor activities it was nice for families to have the opportunity to take advantage of the ice time.

Judging by the crowds of people every day there are many people in Cornwall who feel the same way. My only comment is that the overcrowding on the ice leads to potential injuries, especially with the varied age groups present. *Perhaps we can get other corporate citizens in Cornwall to sponsor skating* time during holiday periods to cut down on crowding and allow more people to enjoy the exercise. **3 Cheers for Tim Hortons!**

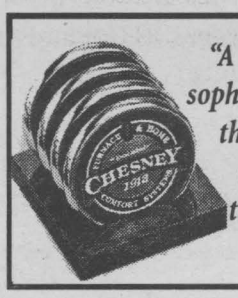
Re: Senior Citizen's fall on 1st & Pitt Street parking lot on Boxing Day ... my gratitude to the couple who lifted and carried me to a bench **and to the two young** ladies who called 911 and stayed with me and my friend until the ambulance arrived. I shall always remember your concern and help - only sorry I didn't get your names. You lived up to Cornwall's motto - 'the friendly Seaway City'. I thank you all most sincerely for your kindness in putting my needs before yours and thanks to the ambulance and the excellent staff at the General Hospital emergency. Thank you.

Stay close to loved ones ... thanks to the internet, keeping in touch with family and friends is easier, and faster than ever. Here are two great sites for fining out-of-touch friends: www.yellow-pages.com and www.411.com ...both have extensive e-mail and phone directories.

Words of advice: "It is easy when we are in prosperity to give advice to the afflicted.

Aeschylus.

Paw Protection: In the winter, a dog's paws might get bruised and then become irritated by rock salt on the ground. To help protect your pet's tootsies, apply a coating of petroleum jelly before you take him outside for his daily stroll.



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www.advantagesadvertising.com
55 Water St. W. Suite 240
Cornwall, ON 938-8591

Caller hopes that the 12 and 13 year old kids that were caught throwing rocks at cars on Pitt Street last week will not only be punished by the law **but also by the parents.**

Skaters
by
Chantal Poulin



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GET AWAY FROM HIGH PRICES
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DEMPSTER'S Frameworks

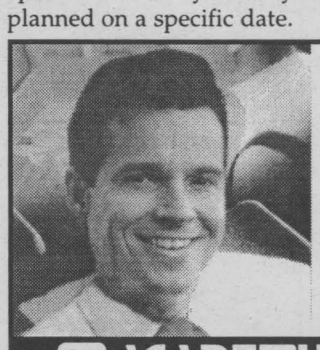
The Most Obvious: Cruise ship life is a mystery to many people judging from the questions asked of travel agents by those considering taking a vacation at sea. The following queries are listed in the order of most frequently asked.

- Does the crew go home at night?
- Can I fish off the boat?
- If I don't like it, can I get off?
- Can I take my dog?
- If I get seasick, will I get a refund?
- Is it true that the Captain of the ship can marry us?

Isn't it amazing that so soon after Christmas and all the presents, kids can be bored!!

Quick eraser reviver ... to restore a pencil eraser that's too dirty or smooth to work with, roughen it with an emery board.

Perfect birthday gift: Wondering what to buy the person who has everything? Here's an idea: buy a datebook and have loved ones enter their names along with a special activity they've planned on a specific date.



MCSE Microsoft Certified Systems Engineer
www.solutions.on.ca
936-8973 ex. 40
ACADEMY OF LEARNING
Computer & Business Career College

It is now time, with all this mild weather, to put away all the outdoor Christmas decorations.

Reading is believing: The most enduring newspaper hoax in the world is the story of the discovery of life on the moon, written beginning in August 25th, 1835 in "The New York Sun". The story talked of furry, winged men resembling bats and a temple built from sapphires and gold. It became a media feeding frenzy that finally ended September 16th, when the hoax was revealed.

You know you're getting old when you stoop to tie your shoes and wonder what else you can do while you're down there.

Did you know: The RCAF-designed AVRO CF-100 jet fighter flew for the first time in 1950. The long-range, radar equipped jet was replaced by the AVRO CF-105 in 1958.

Steer clear: The most dangerous birds in the world are considered to be ostriches, mute swans and the three cassowary species. It is recommended that people avoid them if spotted in the wild.

During the winter months, if your pet stays outside, please make sure they have proper shelter, food and water. **If you are cold, so are they.** If you need any information, please call the O.S.P.C.A. at 936-0072. They will be happy to answer any questions you may have.

Congratulations and best of luck to **Troy Hickman** ... starting a new sales career at Massey Place Auto Sales.

A big thank you to everyone who helped me last week, January 5th, 2000, after my accident on Second Street. Your help was greatly appreciated.

Thank you, Shirley Amell.

Take Extra Care ... of the more than 120,000 cases of dog poisoning reported in the U.S. each year, at least 14% are caused by analgesics (painkillers such as acetaminophen or anti-inflammatory drugs). Great care must be taken in administering painkillers to animals, since their tolerance levels differ greatly from ours.

Snow has fallen in every month of the 20th century in every province in Canada with one exception: Prince Edward Island, the lone holdout, has never seen snow in July (so far).

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.htm
Your own submissions are always welcome! Send them to smile@nivek.ca.

Y2K Sale

- 200 canned hams
- 100lbs. dried beans
- 2000 gal. fresh water (including underground tank)
- 5000 watt propane generator
- 75 MRE'S
- 800 assorted canned vegetables
- 8 cases sterno (24 per case)
- 18 boxes matches
- 2000 rounds of 45 caliber bullets
- 10 cases 12 ga. shotgun shells
- 50 "D" cell batts.
- 75 "AA" batts.
- 47 "AAA" batts.
- 1 solar powered radio
- 4 cases powdered protein
- 1 milk cow
- 1 bull
- 7 laying hens
- 1 rooster
- 40x60 underground shelter (with separate livestock quarters)
- 1 wood burning stove
- 8 cords wood
- 43 assorted magazines (12 adult related)
- 12 flashlights
- 8 kerosene lamps
- 16 military blankets
- many other misc. survival items.

All items sold together or separately. Bids will be accepted starting 1/2/00. Serious inquiries only.

COMMUNITY DIGEST

*A.N.A.F. every Wednesday 4:30p.m. to 9:00p.m. Family Night: live music; dancing. Chicken Wings & Fries. Everyone welcome. Info: 938-5020.

*AIR FORCE REUNION - for St. Hubert ex- service personnel to be held in Trenton on June 15th-16th-17th, 2000, all trades invited. For more info, please call 932-9433 or 938-0713.

*AL-ANON-ALATEEN. Has your life been affected by someone's else's drinking and behaviour? If you want help and support call the Al-Anon Line at 937-4880.

*BALL OF YARN LEFTOVERS: Centre Charles Emile Claude is collecting yarn leftovers from projects. If you have some that you will not use, call 932-1035.

*BIRTHRIGHT. Pregnant? Need help? Free pregnancy tests. Confidential. Counselling. Info: 938-2028.

*CENTRAL PUBLIC SCHOOL Council is holding their next meeting on Monday January 17th, 7:15p.m. in the school library. Info: 933-2429.

*CENTRE CHARLES-EMILE CLAUDE present "Causerie-Santé" sur l'ostéoporose jeudi 20 janvier à 1h30. Tous sont bienvenus. Info: 932-1035.

*CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Thursday, 6:30p.m. at 533 Pitt St. Info: 1-877-874-4424.

*CORNWALL QUILTER'S GUILD will meet on Monday January 17th, 7:00p.m. at the Cornwall Seaway Lions Club, 123 Fortier St. Anyone interested in quilts or quilting is welcome. Info: Cathy at 931-1598.

*DO YOU KNOW SOMEONE WHO HAS.. Speech, Reading or Learning Disabilities, Cerebral Palsy, Fetal Alcohol Syndrome, Acquired Brain Injury? If so, the Association for the Neurologically Disabled can help with a stimulation & rehabilitation program. For information call 1-800-561-1497.

*HOPE IN LOVE/REFLET-LUMIERE, a non-profit organization in support of couples who wish to nurture their relationship, have weekly meetings Wednesday evenings, 8:00 pm, Centre j'aime apprendre, 305 Baldwin Street, Info: 937-0829 or 938-6364.

*NICOTINE ANONYMOUS for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

*OVER 60 CLUB is holding an Open Euchre on Thursday January 20th, 1:30p.m., Royal Canadian Legion Auditorium. Everyone welcome. Info: 933-2748.

*PARKINSON'S SELF HELP GROUP of Cornwall meet at the RCAF Assoc. Bldg. (Wing 424) on Water St. W. on Tuesday January 18th, 1:15 pm. Anyone interested in Parkinsons is welcome to attend. Info: 932-2107 or 933-2193.

*VON BREAST CANCER SUPPORT GROUP will be holding their next meeting on Thursday January 20th, VON Office, 7:00p.m., 205 Amelia Street, Everyone welcome. Info: Sheila Airey 932-3451.

COMPUTER CORNER

Back Up Your Data



John **LESTER**

Most computer users have at one time lost some critical information on their computer. This data loss always happens at the most inopportune moment . Everyone knows that they have to back-up their data but very few of you actually do back-ups. Why is that?

Years ago the only way for the home computer user to back-up was with floppy disks and the process was slow, cumbersome and could take dozens of diskettes. Most offices used tape drives for back-up but this technology didn't seem to filter down to the home user very often and at the time the cost was relatively high and the reliability was fairly low.

CD Burners

With the introduction of CD-R and CD-RW drives we how have an inexpensive and practical way to back-up your important data without spending hours doing it. Better still, the data that you back-up can be used on any other computer that has a CD-ROM drive.

CD-R drives, also called "CD Burners", look just like your standard CD-ROM drive but it is able to write or "burn" information on to a special CD-R disk. These CD-R disks can be written on only once. This is a great way to save files permanently and still have easy access to them if you need them.

CD-RW drives can write to CD-R disks and can also write and re-write to special CD-RW disks. The cost of the CD-RW disk is slightly higher but can be re-used up to a thousand times. Both CD-R and CD-RW disk can hold 650 MEG of data.

Music CD's

You can also make music CD's with these CD Burners. This allows you to take tracks from various CD's and make your own CD with only your favorite tunes. Because of the increased piracy of music CD's the government has added a special tax to the sale of CD-R and CD-RW disks to compensate musicians for the illegal copying of their music.

Transit Communications Ltd.



DICK AUBRY

Transit Communications Ltd. is a Cornwall Company that has the franchise to sell advertising in and on Cornwall Transit buses.

For More Information Call:
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933-3561

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★★LET'S★★ CELEBRATE

Bonus Every Let's Celebrate Ad will be entered in a draw and a weekly winner will win a

Gedoro's
Fine Dining in Casual Comfort
Cornwall Place for

DINNER CLUB CARD
PLUS ... A GEDORO'S MUG!

This Week's Winner: Rachelle & Michael

TO PLACE YOUR AD
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Over 24 words, 25¢ per additional word, per week
DEADLINE: 5 PM TUESDAY

Mr. & Mrs. Glen Hazen of Toronto are pleased to announce the engagement of their daughter

Amanda Susanne

to

Stefan Dwight St. Louis

son of Mr. & Mrs. Dwight St. Louis of Cornwall

The marriage will take place on Saturday, February 12th, 2000 at 6 p.m.

Happy Birthday to our friend

Yvette Leroux

who celebrated another birthday on January 12th
from all your friends at St. John Bosco Church

Congratulations to

Rachelle & Michael

who celebrated their 25th Wedding Anniversary on January 10th

All the best from your friends & family



Happy Birthday

Christine Shaver



celebrating on January 20th
Love Mom, Dad, Kelli, Max & Tigger



Welcome to the Teenage Years!!

Happy 13th Birthday
ANDREW PONCIA

celebrating on January 20th
...have fun! Love Grandpa

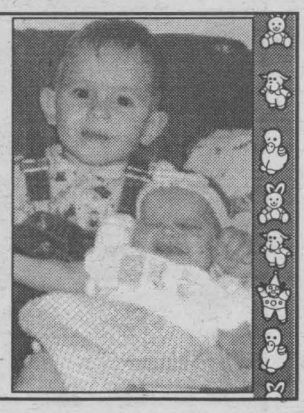
It's a Girl!!

Drake is a big brother

Brooke Antoine

born in Winchester
Friday, November 19th, 1999
6 lbs., 12 ozs.

Twice blessed are
Lori Prieur & Jeff Antoine
"A journey we won't forget"



GRANT DODGE CHRYSLER JEEP

Write Your Own Deal Event

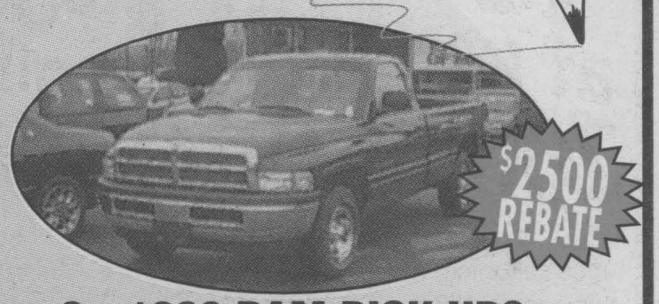
on all remaining 1999's in stock



3 - 1999 DURANGO



1- 1999 CONCORD



2 - 1999 RAM PICK UPS



2 - 1999 INTREPIDS

CHANGE OF A LIFETIME

* ALL OFFERS MUST BE PRESENTED FOR IMMEDIATE APPROVAL
* ALL CREDIT APPLICATIONS WILL BE ACCEPTED

**limited time offer*



2 - 1999 LHS



DEMO 1 - 1999 300M



1 - 1998 SEBRING COUPE



1 - 1998 SEBRING CONV.

LOCAL PEOPLE SERVING OUR LOCAL AREA

some pictures not exactly as illustrated

2205 Vincent Massey Dr. 938-0934

HOURS: Mon. to Thurs. 9 - 8; Sat. 9 - 3

MILLENIUM MADNESS



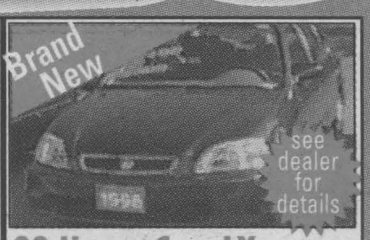
95 CHRYSLER CIRRUS LX, 4 dr.
stk #3457A,
now includes 2 yr. 40,000 km P/T warranty
was $12,995 now $11,988



97 HONDA ACCORD LX,
stk #H4539A
still plenty of factory warranty
was $16,495 now $15,988



98 ACCORD, 2 dr.
stk #H4259A
only 23,000 kms, still plenty of factory warranty
was $24,595 now $23,988



98 HONDA CIVIC LX,
4 dr., 5 spd., A/C,
AM/FM cass
lease to own $199/mth

Come In For A Test Drive



94 PONT. SUNBIRD
stk #3468B
now with 1 yr. P/T warranty
was $7,995 now $7,988



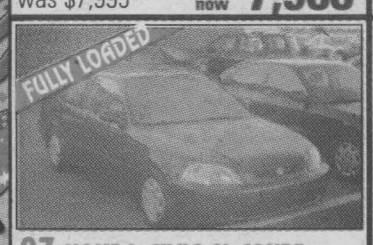
94 BUICK REGAL, 4 dr.
stk #3430A
was $13,995 now $13,188



95 CORSICA, 4 dr.
stk #H4346A
now with 2 yr. 40,000 km P/T warranty
was $10,995 now $9,988



98 WINDSTAR GL,
stk #H4358A
was $21,995 now $20,988



97 HONDA CIVIC SI COUPE,
power sunroof &
RR, spoiler
only $16,288



94 TOWN & COUNTRY,
stk #h4524A
was $12,995 now $11,988



98 SUBARU FORESTER, AWD
stk #3475A
still has P/T warranty
was $22,995 now $22,588



97 HONDA CIVIC EX, 4 dr.
stk #PUH407A
still balance of factory warranty
was $16,495 only $15,588

We're Smashing Prices On These Dynamite Vehicles

ALL USED VEHICLES SOLD WITH MINIMUM 6 MONTH 10,000 KM WARRANTY

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Rodger Grant TOYOTA

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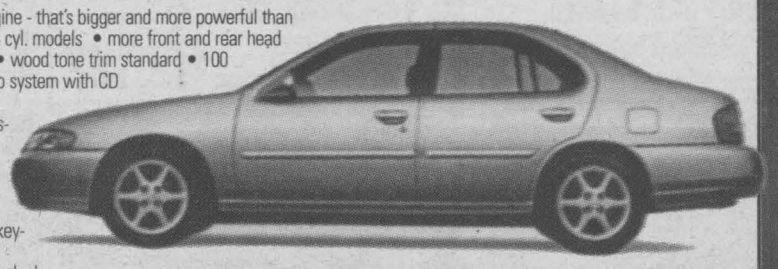

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or finance rates starting at 2.8%

purchase price $23,798

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700 Rosemount Ave. 933-7555

SEAWAY SPORTS

INSIDE THE CORNWALL COLTS



David **MURPHY**

Well the C-J-H-L trading deadlines has come and gone and there are no new additions to the Colts roster. Is this a good thing? The pro side would say if it ain't broke, don't fix it (I think I've heard that before). The con side would maybe they could've picked up that final little piece of the puzzle. The one that would make them even heavier favourites to win the C-J-H-L title come April. The con side could use the argument that last year's playoff upset to Nepean proved that no matter how favoured you are, there's no such thing as a sure thing. Upsets happen. You do realize that even though a trade wasn't made, that doesn't mean that Colts General Manager and Coach Al Wagar wasn't trying to swing a deal. Maybe other teams wanted something for nothing. That's usually the way it goes when the OP team tries to deal with other teams in the league (no matter who the top club is). Now, we'll just have to sit back and watch the rest of the season unfold. Sometimes, the best trade is the one you don't make.

See you at the rink.

Colts notes: No less than 12 Colts will be playing in either the C-J-H-L all star or rookie showcase game...Nick Bruner, Jeff Legue, Lindsay Campbell, Jean Desrochers, Kacey MacDonel, Chris Mann, Derek Wagar and Maxime Gauvin all in the all star game. Yann Danis, Matt Verdone, Tim Vokey and Francis Cloutier have been named to play in the rookie game. The Robinson and Yzerman Divisions will square off at the Corel Centre Saturday, January 22nd at 2PM. The rookie game is later that afternoon at the Jack Charron Arena in Kanata (home of the Lasers). Head coach has said there are other Colts deserving of appearing in either showcase game but each team has to be represented fairly.

Here are the upcoming games for your Cornwall Colts.

Sun. 16th vs Kanata 2PM.

Thurs. 20th vs Brockville 7:30PM.

Fri. 21st at Smiths Falls, 7PM. (on 101.9 the Blaze at 6:55PM.)

Sat. 22nd All Star Game 2PM. at Corel Centre in Ottawa

Sun. 23rd at Pembroke 7PM. (on 101.9 the Blaze at 6:55PM.)

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Club 55 Plus

Maid Marian (Alice Amelotte) and her jolly men, Raymond Menard, Len Marleau, Rheal Beaulieu, Roger Fauteaux and Wil Riley failed to get any points when they bowled the Tigers in Club 55 Plus action at Olympia Bowl.

George Belmore kegling for the Tigers singled 251 and tripled 611 for the 3-0 win.

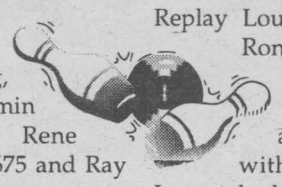
Highs Rolled: Bill Wilson 219, 205, Gerry Ouimet 205, 205, Ron Currie 229, Harold Millward 227, Seymour Boileau 225, Vern Etherington 221, Clarence Stang 220, Bill Thompson 218, Loretta Markell 212, Cliff Merpaw 210, Dawn Racine 209, Simone Kearns 203, and Rene Laurin 200.

Bowler of the Month for December: Dawn Racine and Lionel Boileau.

Attendance Winners: Simone Kearns, Therese Beaudette and Mae McMillan.

Men's City League At Olympia Bowl

Emard's took a 2 to 1 point win over One More Jug. Claude Michaud rolled a 781, Dick Legault with 722 and Doug Anderson with 698. For One More Jug, Yves Beauchemin rolled 696, Rene Desrosiers with 675 and Ray Seguin with 653.



Summer Heights blanked Ralph's Fine Woodworking 3 to 0 with Mike Brunet rolling a huge 915, Ron Leroux with 760 and Leo Marion with 741 for Summer Heights. Paul Flaro rolled a fine 889, Rolly Lemire with 673, and Warren Waugh with 628 for Ralph's.

Cornwall Electric edged Replay Loungs 2 to 1 with Ron Snider bowling an 805, Mort Belmore with 674 and Rick Tessier with 626. Replay Loungs had scores of 849 from Dave Lauzon, Kevin Bray with 744, and Marc Vivarais with 732.

Devil's Revenge won 2 to 1 over Riley's team with Angus Hope rolling a 715, Greg Marsolais with 703 and Ian Robertson with 691. For Riley's, Moe Massia had a 731, Earl Jodoin with 667 and Jason Riley with 665.

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Mr. Rodger Grant is pleased to announce Kelly Sinnott as his General Manager for Cornwall Honda and Grant Nissan.



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Guindon Esso Atom B Royals

Guindon Esso Royals took on N.G.S. in Maxville on Thursday, January 6th, and finished the match losing 5-2, where Christian McCartney faced 22 shots while the Royals got off 9 in the match. Goals were scored by Cory Soares, assisted by Spencer Barry and Justin Ladouceur, second goal scored by Chad Lapensee from Mat Ladouceur and Nathan Guindon. The parents' cheers and support were heard by all that evening.

On Saturday, January 8th, Potsdam visited Cornwall at the Si Miller Arena where the Guindon Esso Royals scored 4 goals to finish the game 4-1. Winning goalie Joel Mainville faced 12 shots, while Potsdam goalie saw 22 shots in the match. Goals were scored by Mat Ladouceur, Mat Chaussé and two from Chad Lapensee to help bring the Atom B Royals to 6-8-1 this season.

Tyrell Leads Selects

Liam Tyrell led the offensive barrage, as the South Stormont Peewee Selects downed the host Morrisburg Lions 6-2 in league play. Tyrell scored his team's first two goals, then completed his hat-trick late in the game. Despite outshooting the Lions 27-10, the game was close until the Selects broke it open with two powerplay goals in the third period by Cam McPherson and Brad Crepeau to open up a 5-2 lead. Colin Mackler had scored earlier to give the Selects a 3-2 edge.

Tyler Lafortune scored both Lions goals.

Bill's Sports Bar

The Bills Sports Bar Royals travelled to Athens to attend the area Kingston area Pee Wee "B" tournament and came away with the B Championship. In the first game they were downed by Kingston 8-1 with the only goal scored by Christian Champagne. They then regrouped and came back hard downing NGS 5-0 with goals from Chad St. Louis (2), Christian Champagne (2) Kyle Piche. In the final game against the home team the Royals down Athens 2-1 with goals from Tyler Kyte and Janik Lalonde.

SEAWAY Scoreboard

United Counties Ladies Basketball

JANUARY 6, 2000

Game #1			
Grower Direct	45	Rat's Nest	31
Top Scorers: Debbie Handy, Nancee Cruickshank		*Top Scorers:* Cheryl Proctor, Karen Houle	
Game #2			
Cornwall Gravel Pits	50	Laframboise	40
Top Scorers: Carole Blais, Sandy MacDonald		*Top Scorers:* Vicki Lalonde, Joanne Brault	
Game #3			
Team USA	51	St. Lawrence College	44
Top Scorers: Paulette Poirier, Chrissy Poupore		*Top Scorers:* Tina Bond, Maureen Benton	
Game #4			
Ray Co Sports	25	Star Gazers	23
Top Scorers: Norma Lefebvre, Merle Wheeler		*Top Scorers:* Shannon Hall, Melissa Oakes	

Eastern Ontario Junior C Hockey League

Team	GP	Won	Lost	OTL	G.F.	G.A.	Pts
Casselman	21	21	0	0	147	49	42
Vankleek Hill	21	17	4	0	169	80	34
Embrun-Russell	21	14	7	0	102	75	28
Rockland	22	10	12	0	84	109	20
Maxville	21	8	11	2	83	121	18
Long Sault	22	2	20	0	70	168	4

Industrial Curling League

DIVISION 1

Name	WIN	TIE	LOSS	PTS
Kiyo Oka	1	0	0	2
Dan Mano	1	0	0	2
John Dilabio	0	0	1	0
Bernie Levere	0	1	0	1
Randy Cameron	0	1	0	1
Don Kennedy	1	0	0	2
Mark Hyatt	0	0	1	0
Lyn Perkins	0	0	1	0

DIVISION 2

Name	WIN	TIE	LOSS	PTS
Jack Henderson	1	0	0	2
Steve Burns	1	0	0	2
Claude Morin	1	0	0	2
John Baird	1	0	0	2
Richard Bingley	0	0	1	0
Gary Bingley	0	0	1	0
Kirke Dupuis	0	0	1	0
Rick Jodoin	0	0	1	0

Bridge Results

Martintown Duplicate Bridge Club
Jan. 4, 2000

N/S
1. Marg & Sam Wolynec.
2. Audrey Blair & Dorothy Fawthrop

E/W
1. Allan McLeod & Henryk Rzepczyh
2. Norah Ruth & Marion Thompson

Cornwall & District Bridge Club
Jan 3, 2000

N/S
1. Kay Colbran - Jocelyn Campbell
2. Barbara Taylor - Voyteck Pomykalski
3. Margaret Campbell - Carol Reus

Bert's Bridge Club - Dec. 29/99

N/S
1. Jean & Jim Campbell
2. Kay & Mel Colbran
3. Theresa Cariere - Edna Sullivan
4. Grace & Ken McDonell

E/W
1. Jessie Boyd - Diana Macaulay
2. Ruth Edgerton - Roy Parmelee
3. Margaret Campbell - Carol Reus
4. Blanche & Rolland Fobert

Jan. 5, 2000

N/S
1. Margaret & Sam Wolynec
2. Jerune Plouffe - Andre Bergevin
3. Yolande Boutin - Rolland Fobert

E/W
1. Allen McLeod - Henry Rzepczyk
2. Lucy Bray - Edna Sullivan
3. Elenora Churchill - Pat Cunningham

Ingleside Bowling Lanes

High Singles (Flat):
Matthew Bourque , 298; Randy Leclair, 291; Martin Timmers, 291
High Triples (Flat):
Randy Leclair, 773; Matthew Bourque, 717; Paul Macissac, 711
STANDINGS:

Causeway Auto Pro	298.50	Heagle Plumbing	232.50
Ingleside Food Town	251.00	Computer Sense	234.00
Craigs Electronic	241.00	Ingleside Lanes	227.50
All State	242.50	Bruce Anderson Const.	217.00

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Team Ontario Off To National Games

On Tuesday, January 25th, 2000, 176 athletes, 52 coaches and 11 mission staff from across Ontario will converge on the national's capital of Ottawa for the 2000 Canadian Special Olympics Winter Games being held January 25th to 30th. Ontario Special Olympics athletes will be competing in seven sport disciples: Floor Hockey, Alpine Skiing, Nordic Skiing, Figure Skating, Speed Skating, Snowshoeing and the demonstration sport of Curling. "The athletes and coaches of Ontario Special Olympics are looking forward to being the host chapter for the first major sports event of the millennium. What better place for it to take place than in Ottawa. The excitement is building, the athletes are peaking in their training and the coaches are refining their game plans. This is the biggest team Ontario has ever taken to National Winter Games. I am sure they will make Ontario proud," states Marian Coulson, Chef De Mission for Team Ontario. Athletes attending the Games have advanced to the National Competition after having first qualified at community and regional competitions, and most recently at Provincial Games held in Timmins, Ontario. National Winter Games occur every four years, and is the qualifying competition for the 2001 World Winter Games to be held in Anchorage, Alaska.

SHANNON BILLINGS
Home Town: Cornwall
National Sport: Snowshoeing
Years with Ontario Special Olympics: 8
Events: 110m, 200m, 400m
Goals for the National Games: To do my best.
Other Sports: Track & field, swimming, floor hockey, & softball.
Other Interests: Listening, computer
School/Career: Student at J.S. MacDonald/Kinsmen.

ROBERT DARLING
Home Town: Cornwall
National Sport: Nordic Skiing
Years with Ontario Special Olympics: 2
Events: 100m, 500m, 1K
Goals for National Games: To do my best.
Other Sports: Swimming, floor hockey, soccer, track & field.
Other Interests: Sports
School/Career: Student at J.S. MacDonald/Kinsmen School.

STEVE MARTIN
Home Town: Cornwall
National Sport: Nordic Skiing
Years with Ontario Special Olympics: 6
Events: 100m, 500m, 1K
Goals for National Games: To do my best.
Other Sports: Swimming, track & field.
Other Interests: Computers, baseball & sports.
School/Career: Student at J.S. MacDonald/Kinsmen.

ADEN BUCKLAND
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 16
Goal for National Games: To absolutely do my best.
Other Interests: Cutting firewood, helping my parents around the house, spending time with my dog.
School/Career: Graduate of CCVS.

JAMIE FRANCIS
Home Town: Cornwall
National Sport: Floor Hockey
Goal for National Games: Have fun, meet new people and hope to win.
Other Sports: Softball & bowling.

JEFF HUTT
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 12
Goal for National Games: Do the best I can and hopefully take home a medal, and make new friends.
Other Sports: Softball & bowling.
Other Interests: Collecting old money, spending time with my family, especially my daughter Carol.
School/Career: Graduate of CCVS.

JESSE LESSARD
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 5
Other Interests: Collect hockey cards, play street hockey, golf & making car models.
School/Career: Student at CCVS.

Randy McNulty
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 3
Goal for National Games: To have fun and try to win.
Other Interests: Volleyball, baseball & hockey.
School/Career: Would like to work with computer.

Chris Menard
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 4
Goal for National Games: Hopefully to win, to become a better player and just be a good sport person.
Other Interests: Tae Kwon Do, weight lifting, running & reading
School/Career: Graduate of St. Lawrence High School.

Sean Murray
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 7
Goal for National Games: To have a good time, meet new friends and work and do my best.
Other Sports: Softball & bowling.
Other Interests: Ice hockey
School/Career: Graduate of CCVS.

EDDIE PAPINEAU
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 11
Goal for National Games: Hope to do well and do my best to win and be a good team member.
Other Interests: Weight lifting
School/Career: Graduate of CCVS.

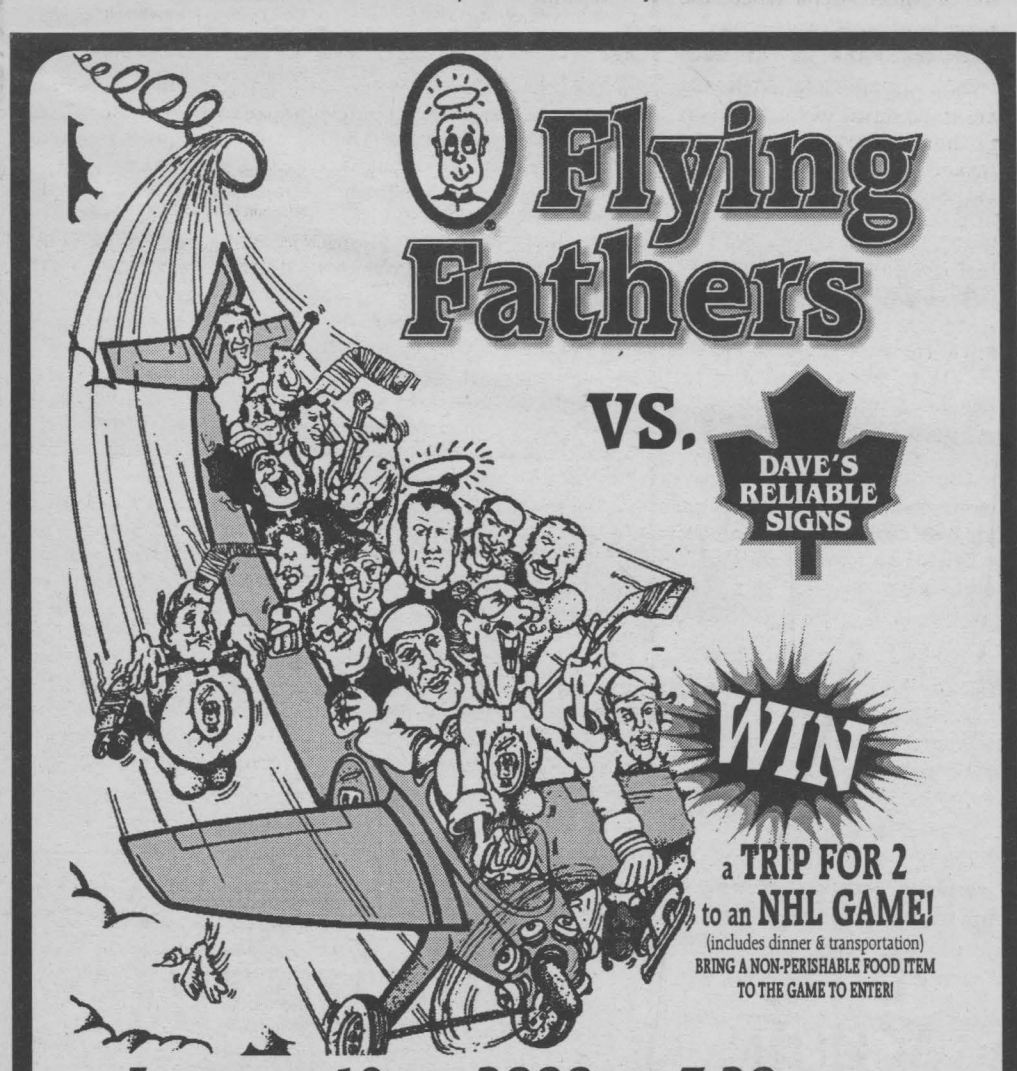
PAUL POIRIER
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 9
Goal for National Games: Do my best and be a good sportsman. Would like to win but just being a part of the Nationals is a great privilege.
Other Interests: Camping, youth group & ice hockey
School/Career: Graduate of CCVS and Custodian at Brookdale.

WAYNE RICHER
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 5
Other Interests: Collecting Harley Davidson cards, models, books, watching movies, youth group & camping.
School/Career: Graduate of CCVS.

Karen Whitford
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 6
Goal for National Games: It would be nice to win but I really want to do the best that I can.
Other Interests: Youth group, shopping, spending time with my daughter Kassandra and my nephew and niece.
School/Career: Graduate of CCVS.

VALERIE WOODS
Home Town: Cornwall
National Sport: Floor Hockey
Years with Ontario Special Olympics: 8
Goal for National Games: Would like to win, if not, that's ok. I want to play well.
Other Sports: Bowling & softball
Other Interests: Camping, puzzle books, jigsaw puzzles and knitting
School/Career: Graduated from high school.







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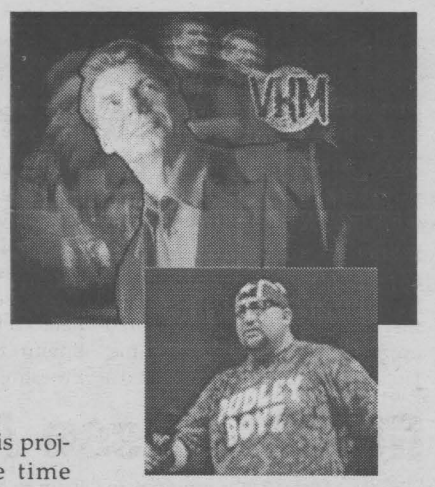



Stone Cold Steve Austin's spinal surgery will now take place on Jan. 17 in San Antonio. Dr. Lloyd Youngblood and Dr. Richard Neuman will perform the surgery that will, hopefully, put the Texas Rattlesnake back in the ring some time this year. Austin is in excellent spirits and is going to the gym and training almost every day in preparation for this surgery. There are absolutely no guarantees Stone Cold will return to mat wars, but I would not want to bet against him. It's too bad more people don't have Austin's character and work ethic. If they did, this business would be a helluva lot better off.

Monday's RAW in St. Louis looks to be another sellout as only about 1,500 tickets remain as I am writing this. Tuesday's SmackDown! in Chicago has been sold out for several weeks. Both crowds should really be hot.

The Royal Rumble at Madison Square Garden sold out in less than a day and has a $1.1M gate! The Rumble will be on Sunday, Jan. 23, on Pay-Per-View.

No definitive word on when or how Tazz will make his WWF debut. The former ECW cornerstone is in great physical condition and seems to be anxious to get going. My opinion is that he will be a fan favorite. Tazz in the Royal Rumble is no lock.

Got some great Mickey Mantle and John Wayne memorabilia for X-Mas!

Even though producers at "Nash Bridges" are highly interested in Steve Austin continuing to appear on the CBS series, Austin's surgery and rehab will put this project on hold for the time being.

Out of respect for Terry Funk, who is still under contract to the WWF, no litigation is expected at this time regarding Terry's recent TV appearance on another network.

Just my opinion, but if people think the WWF is going to be out-performed at house shows (arena events), think again. Why?

Because top WWF stars work these shows with enthusiasm and professionalism. They actually look forward to coming to work and performing for the folks that pay the bills, the fans.

Look for Tiger Ali Singh to be headed to Louisville and Ohio Valley Wrestling in the next few weeks to gain more experience. Curtis Hughes will be assigned to Memphis soon, also.

D'Lo Brown suffered a severe bruise near his shoulder blade, not a fractured collarbone as was reported elsewhere. D'Lo will be back in action Monday. Mark Henry will be out of action for a month with a ligament tear in his elbow that will not require surgery at this time.

Several blue chip prospects will be in Stamford, Conn., next week for a few days of training, evaluation and interviews. Again, expect some positive changes in the talent development program within the next couple of months.

Matt Hardy does not have any broken fingers and will return to action this Saturday in Minneapolis.

No plans at this time for LOD to return to the WWF prior to their contracts expiring in the next few weeks. LOD did not meet recently with WWF officials, contrary to reports on the Net.

Just my opinion, but I would like to see one IC champion in the near future.

HHH should be commended for all his efforts in becoming a first-class class ass_ _ _! The WWF champion has grown in numerous ways over the past few months. Players play when given the opportunity and HHH is a player, like him or not.

Kurt Angle is competing with 12 stitches in his arm due to an out-of-ring accident. He missed no events.

The British Bulldog should return to work within the next few weeks after injuring his back changing a tire. The Bulldog probably will return by the Royal Rumble. Davey's return is up to his doctors in Calgary.

At this time, Mosh and Thrasher would be better off, in my view, trying not to be fan favorites.

Rikishi is rapidly becoming a huge (no pun intended) fan favorite. Who would have thunk it?

Viscera has a separated right shoulder but should be back by the Rumble.

Even though Ken Shamrock has been cleared to return to work, no decision has been finalized as to his return to the WWF. Shamrock is weighing the opportunity to compete in a mixed martial arts fight or two in 2000 before returning full time with the WWF. Ken has the full support of the WWF no matter his decision.

The Big Show got engaged over the Holidays. Congratulations!

Val Venis recently bought a house and 25 acres outside Toronto.

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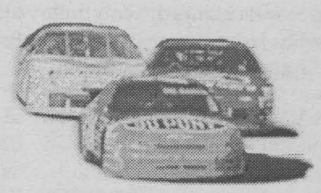
NASCAR Winston Cup Series



JKR Motorsports Teams With Green for Bud Shootout

David Green, who won his first career NASCAR Winston Cup Series Bud Pole Award in the penultimate 1999 series event, will drive a Chevrolet Monte Carlo for Joyner Kersee Roehrig Motorsports in the Bud Shootout special event on Feb. 13 at Daytona International Speedway, the team announced recently.

Team principal Kurt Roehrig said JKR Motorsports would run Pontiac Grand Prixes at non-restrictor plate races in the NASCAR 2000 season. He said the team hoped to unveil its car number and sponsor for the race for 1999's Bud Pole Award winners by next week.

Green, 41, qualified for the prestigious Bud Shootout by winning the Bud Pole Award for the Pennzoil 400 presented by Kmart at Homestead-Miami Speedway. The 1994 NASCAR Busch Series Grand National Division champion finished 13th in his only other appearance in the Bud Shootout, in 1996 when he competed in the race as the NASCAR Busch Series' pole champion from the previous season.

Roehrig said he has initiated discussions, along with co-owners Bob Kersee and Jackie Joyner-Kersee, with Green to run additional events for JKR Motorsports in 2000.

The team owners are excited about the inaugural effort with Green, who will drive full-time in the NASCAR Busch Series in the NASCAR 2000 season for Cicci-Welliver Racing in the No. 34 AFG Chevrolets.

"Racing at Daytona is the realization of a lifelong dream and while it's not the Daytona 500 yet, it's a great start that we can build upon with David as a key part of the team," said Bob Kersee, a noted athletic trainer and coach. "We look forward to his being a part of JKR's success for a long time to come."

"We have discussed doing some additional events with David," Roehrig said. "We hope to have some sponsorship announcements next week but our concept is to run 10-12 races this year and a full effort in 2001.

Heading into Speedweeks 2000, Green shares JKR's enthusiasm.

"I couldn't be happier about competing in the Bud Shootout with JKR," the Owensboro, Ky., native said. "It's a great opportunity for me to grow with a team that has great ownership and potential for success with Kurt being a race engineer who has done well in the Craftsman Truck Series and limited Winston Cup events, Bob Kersee a proven coach and Jackie Joyner-Kersee a winner in every sense of the word.

JKR Motorsports continues its sponsorship efforts seeking support for 10-12 NASCAR Winston Cup races in NASCAR 2000 in preparation for a full season of competition in 2001.

NASCAR 2000 takes wild ride into future

Grounded solidly in a colorful history of innovation and excitement, NASCAR is strapping itself in for a blast into the next century with the launch of NASCAR 2000 -- a year-long trip into the sport's future through the eyes of stock car racing's pioneers, drivers, engineers, artists and fans.

The media-driven elements of NASCAR 2000 will tap some of the most forward-thinking minds in racing and explore the boundaries of technology development, future facility designs, stock car evolution and fan interaction.

NASCAR tracks focus on fans of the future

Going to the races means being a part of the action, and as NASCAR 2000 explores the future, a peek at new-millennium race tracks reveals a special experience for the NASCAR fan. Facilities will offer all of the conveniences of a small city and an even deeper look into the locker room of the sport they love -- stock car racing.

"I see a future where seats have small televisions that give fans their choice of views from in-car cameras, sounds from the radios and the ability to switch back and forth," said Greg Penske, International Speedway Corporation Senior VP Western Operations. "Instead of thinking of things that will never happen, you have to think like they will. We have to continue to grow the sport, offering more to the people who come to the track for a race."

Bristol Motor Speedway General Manager Jeff Byrd agrees.

"Now that we have achieved parity with the other major sports, we have to find ways to give fans the complete experience at the tracks," Byrd said. "The competition for spectator dollars is fierce and facilities that find ways to best entertain the fans will be the ones that succeed."

Penske sees NASCAR facilities operating more like stadiums, offering in-seat service and developing brand-name food courts and sports bars. The big opportunities for growth, however, might come in the infield.

"Each motorhome spot could have a pedestal with a television hook-up, Internet access and the ability to order food or merchandise delivered right to your door," Penske said. "You could tap into concerts or drive-in movies right at your site.

"One of the great things about NASCAR is that we have our fans at the event for three or four days. I see infields turning into small cities, where people don't need to leave the track for any reason."

Penske also sees new opportunities for other companies to share in the benefits of infield access.

"What a great place for companies to test new products," Penske said. "What better place for feedback on everything from roller blades to bicycles. I can see movie companies testing the early director's cut or premiering a film for 20,000 people at the track, and the fans getting merchandise from the film. It's that kind of out-of-the-box thinking that we need to be doing."

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MINOR SPORTS

Grant Dodge Bantam "B" Royals

The Grant Dodge Bantam "B" Royals recorded two wins last weekend.

The Royals blanked Kemptville 4-0 with Jason Leger scoring a pair of goals, and Pat Sauve and Andrew Gibson also getting goals in the win. Billy Cooper, Brendon Mason, Steph Quenneville, Brad O'Connor, Pat Sauve and Kevin Castor earned the assists. Cornwall outshot Kemptville 33 to 19 with goaltender Ryan Prevost recording the shut-out.

The Royals played hosts to Char-Lan and defeated the visiting team 3-2. Luc Langlois, Brendon Mason and Billy Cooper scored the goals. Jay Caron, Steph Quenneville, Luc Langlois and Kyle Pierce assisted on the goals. The Royals outshot their opponents 29-16.

The Grant Dodge Bantam "B" Royals are now tied for first place in their division.

Cornwall Radiator Seaway Valley Major Pee Wee AA

Back to a full weekend of games for the Cornwall Radiator Major Pee Wee Squad.

On Saturday they were up against Gloucester. The team was not playing well and lost by a score of 3-1. Brock McBride from Liscomb and Lariviere assisting on the play. This brought them within one goal but a minute later Gloucester went ahead again by two at the end of the second. Seaway failed to muster much of an offense for the third period.

On Sunday with much of the lineup rearranged for a game against a very strong Ottawa Valley team, the Seaway boys came out fast and hard to score two early goals in the first. Goals by McBride and Liscomb with helpers from Lemay, Boots and Perry provided all the scoring they would need on this day. The rest was left up to the defense and one of the best games that Chris Gadbois ever played in nets. With this kind of effort from the players we will see more wins than losses in the future.

Computer Sense South Stormont Selects

The Computer Sense South Stormont Selects hosted an eight team tournament on January 6th, 2000. The Selects won their own tournament with an exciting 6-4 victory over the Kemptville Panthers. An end-to-end game with great defence, offence and goaltending, Selects had a 3-0 lead after one period and 4-2 lead after two. Kemptville tied it up at four in the third but 30 seconds later Selects scored then added an insurance marker to win the game. Kale Perry and Sean Rudy each had hat tricks, Matt O'Neill played strong in nets making some key saves. Kale Perry won "hustler" of the game.

Their first game of the tournament finished with the Selects beating North Dundas 3-1. Scott Simpson, Patrick Crepeau, and Sean Rudy scored. Patrick Crepeau received "hustler" of the game. Game number 2 was a 7-0 victory over South Grenville. Sean Rudy had two goals and four assists, Kale Perry had two, Daniel Viau, Chris Rutley and Scott Simpson had singles. Travis Coughlin earned the shut-out for this game.

The B final had North Dundas defeating Gloucester 6-2.

The next day, Selects faced Maxville in league play, beating them 3-0. Travis Coughlin again took the shut-out against the hardworking Maxville team. Kale Perry, Scott Simpson and Patrick Crepeau scored.

Shalteck Seaway Valley Minor Pee Wee Rapids

The Shalteck Seaway Valley Minor Pee Wee Rapids started off the new year on the right foot yesterday, with a 3-3 tie against the Gloucester Rangers. The Rapids jumped out to a quick 1-0 lead in the first period with Glenn Belmore scoring with assists going to Corey Tinkess and Troy Cryderman. They increased the lead to 2-0 before the end of the first with Corey Bough scoring, assisted by Glenn Belmore and Cory Gove.

The Rapids found the back of the net one more time in the third with Corey Tinkess scoring from Cody Legue and Troy Cryderman. Despite a strong game by goaltender Josh Ingram, the Rangers were able to tie the game late in the third period. The Rapids fought to the very end, with Tyler Maxwell winning five consecutive face-offs in the Gloucester end.

The Rapids are in action next Sunday at 5:00 p.m. at the Civic Complex versus the Ottawa Valley Titans.

Cornwall Atom "A" Royals

Over the holidays, the Royals took part in the Valleyfield Provincial Atom Tournament. In their first game, they were facing off against Deux Rives, by the third period, Cornwall was leading 3-1. With 1:49 left in the third, Deux Rives scored two last minute goals tying it up 3-3. Goal scorers were Jesse Piteau, Jesse Corriveau (1 assist) and Jarrett Jacobs. Other helpers were by Philip Theriault and Steven Herrington.

In their second game, the Royals weren't so lucky, losing to St. Albans 3-1. The lone goal was scored by Philip Theriault, assisted by Jesse Piteau.

The Royals skated to a 2-2 tie against Verdun in their third and final game of the tournament. Steve Herrington scored early in the first putting Cornwall in the lead. Verdun scored and tied 1-1 in the third period, after a scoreless second. Minutes later Danik Poirier answered right back, getting by their netminder with a top shelf goal. The Royals had a victory in their sights for this game until Verdun put on an extra attacker in the last minute of play and scored with 9.7 seconds left in the game, tying it 2-2. Assists were supplied by Philip Theriault and Alain Parthenais. For this tourney Pat Quenneville was in nets and was outstanding for each and every game.

The Royals' next league game was played away against the Canterbury Crusaders. Philip Theriault started them off with a goal, assisted by Steven Herrington and Shayne Lucyshyn. In the second period, Canterbury took the lead 2-1 and held it until the end of the third period. With only :54 seconds left, Jesse Piteau scored and tied the game 2-2.

Cornwall will be playing host to the Cumberland Barons this Sunday at the Civic Complex.

BDO Dunwoody Minor Atom AA Rapids

The Rapids played in the Bell Tournament on the weekend in Kanata and skated away with two wins. They defeated the Markham Waxers 3-1, and the Willowdale Blackhawks 4-1. They suffered their only loss 2-0 to the eventual tournament champion Cumberland Barons.

They just failed to advance by the slimmest of margins. Tournament organizers had to go to the fourth tie-breaker, penalty minutes, to determine who would advance. Unfortunately the Rapids had six more penalty minutes than the Ottawa Sting and were not able to advance to a semi-final game. Shawn Ladouceur scored two goals and singles went to Nicholas Gaudet, Nathen Mondoux, Shawn Fontaine, Nicolas Spagnolo, and Brandon McPhail. Assists were recorded by Scott Gallant 2, Devin Brunet 2, Gaudet 2, Lucas Cryderman 1, Jarrett Racine 1, and Mondoux.

Both Philip Perkins and Olivier Surprenant played solid in nets. They had a lot of help from the defense tandems of Cory Piché and Shawn Fontaine and Jymie Jasper and Lucas Cryderman .

Tourney MVPs were awarded to goalie Philip Perkins, Nicholas Gaudet and Cory Piché.

The Rapids are looking forward to their next tournament next month in Quebec City. Their next league game is in Ottawa Friday night when they face the Ottawa Storm at the Yzerman Arena.

Innovative Converting Midget "B" Royals

The Innovative Converting Midget "B" Royals travelled to Charlan for a tournament this past week. With most of their players out of bed the Royals played the home town Rebels in the opener. The Royals scored once in the third to tie the game. Unfortunately the Rebels scored a controversial goal seconds later to take the game 2-1. Their next game was against the North Leeds Midget squad. The Royals fought tooth and nail to earn a well deserved 2-1 victory. With 2 new well rested players in the lineup the Royals played the Ernestown Jets in the "B" final. The Royals came out on the short end of a 7-1 loss. Scoring for the Royals this past week were Ryan Mac Dermid 2-2, Ryan Sage and Trevor Legue 1-0, while Steven Coleman and Jason Gales each collected 1 assist.

Guindon Esso Atom B Royals

In the Atom B Tournament in Vankleek Hill on January 9th, the Guindon Esso Royals faced off against Russell who scored first. In the third, Justin Ladouceur scored from Spencer Barry to bring the game to overtime, 3 minutes 4 on 4. Still 1-1, a shut-out had to be determined who would advance to the A Pool. Christian McCartney who played solid between the pipes allowed only one goal out of five shooters. Russell's goalie stopped all five shots from Cornwall, moving them to the B Pool.

In the second game, Cornwall faced off with the hosting team who lost to Char Lan in their opener. The Guindon Esso Squad beat the Cougars 4-1 with Joel Mainville in nets facing 11 shots where the Royals got off 18, with goals from Matt Chaussé and a hat trick from Chad Lapensee, with assist going to 3-Matt Chaussé, 2-Nathan Guindon and Matt McLeod.

In the B division final the Dollard Pirates advanced to take on Guindon Esso Royals. Cornwall's Squad won the Championship game 3-2 with the first goal scored by Chad Lapensee, second by Justin Ladouceur, third by Serge Lafontaine from Mat Ladouceur. Christian McCartney faced 17 shots for the win. Royals pumped 13 shots on goal.

Congratulations on their champion Division win. The kids received the tournament trophy and individual trophies.

Kinsmen Zellers Selects Win Tourney

The Kinsmen Minor Soccer Association Zellers Girls 11 and Under Selects started the new year the same way that they ended the old year, by winning the under 13 division of an indoor soccer tournament at Soccer Magic in Kingston.

The Selects started the qualifying round of the January 8th tournament with a 2-1 win over the Osgoode-Rideau Rapids. Jaymie Baldree scored both goals. In the second game the Selects beat the Gloucester Hornets 2-1. Ania Kowalski scored her first Selects goal and Jessika Thompson added a single. In the final qualifying game the Selects defeated Kingston 2-1. Leah Lamesse and Christina Julien scored.

In the semi-final the Selects found their scoring touch and this time beat Kingston 6-1. Christina Julien scored twice and Jaymie Baldree, Ania Kowalski, Jessika Thompson and Trista Lefave each scored once.

In the championship game the entire Selects team were at their best and dominated the first division Gloucester team, leading 4-0 before coasting to a 6-2 victory. The forward duo of Christina Julien and Jaymie Baldree were unstoppable, with Christina Julien scoring four times and Jaymie Baldree twice to lead the Selects to the Millennium Madness Tournament championship.

The tournament chose Christina Julien as MVP in the championship game and Amy Larkin also provided strong goaltending in all five games.

South Stormont Peewee Selects

The South Stormont Peewee Selects made some giant strides toward a playoff spot this week, picking up a win and a tie in two league games.

The Selects outshot Cornwall 33-9 in posting a 4-1 win. Liam Tyrell led the attack with two goals and an assist, with Adam Kirkey and Cam McPherson adding singles. Kyle Pichie replied for Cornwall.

In Winchester, the Selects gained a valuable point by playing first place North Dundas to a 1-1 draw. Max Millar was outstanding in goal, losing his shutout on a disputed third-period goal by the Devils. Matt Tessier supplied the scoring for the Selects.

Char-Lan Atom "B" Rebels

Char-Lan Atom "B" Rebels were winners of the "B" Championship at Casselman tournament played on Tuesday, January 4th, 2000.

They lost the first game to South Stormont by a score of 2 to 1 with Tyler MacDougall scoring the lone marker for the Rebels, thereby placing them in the "B" pool.

They won their second game against Ottawa West by a score of 8-0, a shut-out for the goaltending team of André Gaucher and Justin Scheffer. Scoring for the rebels were Adam Barton (3), Tyler MacDougall (2), Ryan Werely (1), Kelly Leblanc (1), and Dylan Munro (1).

They won their third game against Gloucester, again by a score of 8-0. Scoring for the Rebels were Michael Robertson (2), Adam Barton (2), Thomas Arstad (1), Kelsey Thomson (1), Jordan Sanchez (1), and Noah Desjardins (1).

The game played on January 5th, 2000 in Williamstown ended in another win for the Rebels beating Potsdam 5-2.

Scoring for the Rebels were Jordan Sanchez (1) assisted by Adam Barton, Tyler MacDougall (1) assisted by Andrew McKay, Andrew McKay (1) assisted by Andrew Laplante, Andrew Cattanach (1) assisted by Thomas Arstad, and Noah Desjardins (1) assisted by Dylan Munro.

Potsdam had strong goaltending against the stronger Potsdam team, goals scored by André Gaucher and Justin Scheffer.





Women IN BUSINESS

A Monthly Review of Entrepreneurial Women in Cornwall and Area

Roy Hearing Instrument Centre

For most people, hearing loss is so gradual that it is hardly noticed - and is usually detected first by family, friends, or as a result of a hearing test.

Before purchasing a hearing aid, check to see if you have done the following: consulted with your physician or had your hearing problem evaluated by a medical doctor and a qualified licensed hearing aid specialist.

Use a professional service as you make decisions about your hearing instrument, such as Emilienne Roy, Hearing Instrument Specialist at Roy Hearing Instrument Centre, situated at 1335 Pitt Street.

Emilienne's professional training and expertise provides individualized assistance and personal counselling for you and your family as you embark on this new world of sound.

In fact, only qualified professionals, approved for membership in the Association of Hearing Instrument Practitioners of Ontario, are allowed to use the registered title Hearing Instrument Specialist.

Emilienne, born in Quebec and raised in the Cornwall area, received her Level 1 certification in 1988, followed by her Level 2 certification in 1991. Married to husband Maurice for 28 years, and with two children who assist in various duties at the centre, Emilienne brings a sense of family and understanding, in both official languages, to her clientele.

The ability to hear is essential for both the fulfilment of individual potential and the enjoyment of life. As those who benefit from the use of a hearing instrument can testify, you will enjoy a "new life" with your new hearing instrument.



Emilienne Roy

Having a complete understanding of how your hearing works, and then knowing your options for hearing instrumentation, will help you utilize your hearing instruments to the fullest potential. If you suspect a hearing loss, your first step should be a hearing evaluation. This test can be performed by Emilienne Roy, Hearing Instrument Specialist, who has been practising her craft for 16 years and is specially trained to help you identify the nature of your hearing loss. Emilienne and her staff will also select and fit the proper hearing instrument for you, and will provide support, encouragement, counselling and instruction as you learn to use the hearing instrument to your best advantage. Hearing instruments come in many types, designs, and styles.

Some provide a variety of special features such as programmability, telephone pickups, adjustable tone controls, and microprocessors for noise filtration. The objective is to select hearing instruments that will meet your needs by providing the most effective assistance for your hearing impairment.

Extensive laboratory and field research, provided by the staff at Roy Hearing Instrument Centre, has scientifically proven that people benefit most from wearing a hearing instrument in each ear. This is commonly referred to as a binaural fitting. Benefits of binaural hearing include an improved overall sound quality, clearer speech perception in normal listening environments, increased understanding in groups and noisy background situations, more relaxed hearing, no longer straining to use the best ear, and a feeling of more balanced hearing.

Emilienne Roy has the proper business experience and the expertise needed to assist you in selecting the hearing instrument that will provide optimal amplification for your individual hearing loss. Emilienne's expert, personal assistance will be used in the evaluation of your hearing, the selection and fitting of the hearing instrument and the follow-up services needed for the successful use of your hearing system.

Offering repairs to all makes of hearing aids, the Roy Hearing Instrument Centre, open Monday to Friday from 9-5, also offers consultations, house calls and in-house clinics to nursing homes, social groups and health care servers.

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How a Turbocharger makes an Engine More Powerful

Some GM cars are equipped with turbochargers to increase engine performance. Knowing how they work can help you advise your customers about proper maintenance and help you deal with any turbocharger problems that may arise.

The story of turbocharging begins on the racetrack. Since the power of an engine is limited to the amount of air fuel mixture drawn into the cylinders, traditional "hot-rodding" techniques focused on making this passage of air fuel more efficient. Their efforts led to the "supercharger". This belt-driving pump, mounted between the carburetor and the intake manifold, forces air and fuel into the cylinder. The turbocharger is simply an exhaust driving supercharger.

In the mid-seventies, car manufacturers started using smaller engines on larger cars to lighten weight and conserve fuel. The turbocharger was one way to provide extra acceleration and passing capability. It had the added advantage of making only a minor difference in fuel economy because the system provided extra power only on demand.

Here's how the turbocharger works. A small turbine wheel is mounted in the exhaust system, where the flow of exhaust causes it to spin rapidly. This **exhaust turbine** drives a shaft that is connected to another wheel in the intake manifold called a **compressor.** The compressor forces the air fuel mixture into the cylinders. The faster the engine runs, the greater the flow of exhaust, and the faster the turbines spins-which in turn causes the engine to run faster still. To prevent this chain reaction from getting out of hand, a safety valve called a **waste gate** diverts exhaust gases around the turbine when the pressure in the intake manifold exceeds a certain level. The turbocharger is one of the most energy efficient parts of a car engine because it requires no power from the crankshaft. Driven by exhaust heat and pressure which normally go to waste, the engine is made more powerful through recycling.

Turbochargers have special needs. Since they spin at speeds of up to 140,000rpm. They need a steady supply of clean oil to lubricate the shaft bearings. For this reason, engines with turbochargers must have frequent oil and filter changes. If the car is driven hard on a regular basis, they should be changed even more often.

Engine oil also cools the turbocharger. For this reason, if a car is run hard, it must be allowed to idle at least one minute before turning off the engine. This will allow the engine oil to cool the turbocharger and give the rotating parts time to slow down. If this is not done, the high temperatures inside the turbocharger can literally "cook" the oil, turning it into a thick, black goo and damage can result. This process is called "coking".

Turbochargers can increase an engine's horsepower by up to 50% using recycled exhaust. No wonder they've become so popular. There are just two basic things to remember. One, turbocharged engines need more frequent oil and filter changes. Two, they should be allowed to idle for at least one minute after hard driving. With your help, GM turbochargers will give your customers years of trouble free service.

EnerGuide Label Eliminates Guesswork

(NC)-When buying or leasing a new vehicle, it's important to consider more than the showroom price tag and monthly payments. Operating costs can vary significantly from model to model, and fuel consumption is a big part of the equation.

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The EnerGuide label provides important information on how much fuel a vehicle will consume under certain operating conditions. It also shows the estimated annual fuel cost and use based on an annual distance traveled of 20 000 km (55 percent city, 45 percent highway) and the national average price of fuel. Because all vehicles are tested according to government-approved criteria and methods, the EnerGuide label is a reliable tool for comparing the fuel efficiency of different vehicles.

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95 PONTIAC FIREFLY, auto, 67,000 km, air — $6,600
95 CHEVY CAVALIER, 4 dr., red, auto., mint — $6,950
95 CHEVY LUMINA LS, full load, 96,000 kms, — $8,650
95 DODGE NEON, new tires, nice. — $5,700
94 OLDS ACHIEVA, 4 dr — $6,750
94 TEMPO GL, 101,000 km, 6 cyl., very nice — $5,700
93 T-BIRD SUPER COUPE, leat SOLD M — $7,000
92 GRAND AM SE COUPE, 6 cyl., low km's — $5,400
91 DODGE SPIRIT, 6 cyl., like ne SOLD — $3,450
90 NISSAN SENTRA, auto, 4 dr., air, mint — $3,950
87 CADILLAC DEVILLE, 162,000km — OFFERS
89 NEW YORKER, — $4,500
89 CHEV. CELEBRITY, — $1,000
89 BUICK CENTURY, SOLD — $1,950
89 NEW YORKER LANDAU, top of the line — $4,250
83 MERCEDES, imported from France — $8,700

ALL VEHICLES CERTIFIED. 1 YEAR WARRANTY INCLUDED

TRUCKS & VANS

98 WINDSTAR GL, 67,000km — $18,900
98 WINDSTAR GL, dual air, quads, fact. warr. — $15,900
98 WINSTAR GL, mint, 84,000 km. — $14,600
97 PONTIAC TRANSPORT, like new — $13,800
96 RANGER XL, auto, beat this — $7,700
96 CHEV LUMINA APV, — $9,600
96 GMC SONOMA SL, 78,000 km, with cap — $8,950
95 FORD RANGER XL, 101,000 km, 5 spd. — $6,850
95 FORD AEROSTAR AWD, pretty as a picture, — $8,500
95 CHEV 1/2 TON, 6 cyl., auto,. — $9,500
95 PLYMOUTH VOYAGEUR, clean as a pin — $8,250
93 GMC SAFARI, — $6,850
93 FORD EXPLORER 4x4, 2 dr., SOLD — $7,700
92 LUMINA APV, 3.8 litre, fully lo SOLD — $5,950
91 DODGE CARAVAN LE, must be seen — $5,500
91 PONTIAC TRANSPORT AP SOLD — $5,500
90 F150 XLT LARIAT, extended cab — $6,500
88 FORD CLUB VAN, mint — $5,500
87 RANGER, customized — $1,000
87 DODGE CARAVAN, 6 cyl. — $1,500
87 PLYMOUTH VOYAGEUR LE, low km's — $2,290
85 PLYMOUTH VOYAGEUR, nice shape — $1,250
85 S10, auto. SOLD — $1,150

ALL OFFERS SERIOUSLY CONSIDERED

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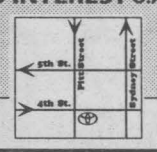
12 EQUAL PAYMENTS NO INTEREST O.A.C.



MasterCard VISA AMERICAN EXPRESS

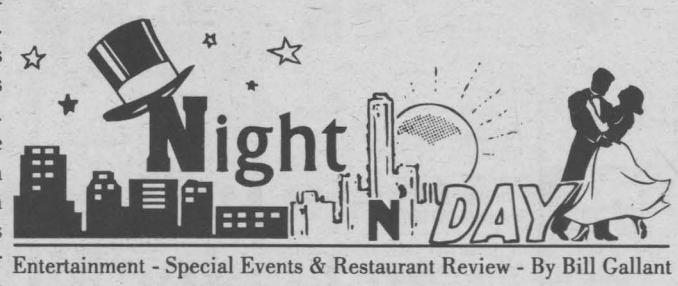
Rodger Grant TOYOTA
353 PITT STREET, CORNWALL
932-1106

ENTERTAINMENT



LOGGERS
Mountain Grill
Daily Lunch & Dinner Specials
Stop By ~ We're Open Daily! Lots of Parking at Rear

SUNDAY BRUNCH 11-2 pm
featuring Hip Of Beef
Adults: $8.95; Children 12 & Under $5.95;
Children Under 5 - FREE
1140 A Brookdale Ave.
933-3838



Entertainment - Special Events & Restaurant Review - By Bill Gallant

Clearly the most talked about subject these days is the weather. Surely we will soon get some colder temps and lots of that white stuff,but it sure is nice to walk around with jackets instead of overcoats and to see all this green grass and even flowers poking through. Come to think of it Spring is just a few days more than 60 days away.Let's hope that for the sake of *"CARNIVAL 2000"* and some of the other wintertime events that our typical winter will show it's face and stay around awhile.

They're dancing the nights away these days at *ROSIE MAGOO'S* at 18 Third Street East. JUST PUT TOGETHER is the group playing this weekend Jan.14 & 15th. The beat will continue with a salute to Alan Jackson on Jan.27 when Gone Country moves in.You can get tickets for that event now at Magoo's. They also feature spaghetti and wing nights on Wed.& Thurs.

One winter event that is still rolling along despite the warmer trend these days.That is hockey and in particular the *CORNWALL COLTS*. They will be playing their third straight at the Si Miller Arena when they host Kanata this Sunday (Jan.16) and then Brockville will be in on Thursday,Jan.20th. The Sunday game begins at 2pm and at 7:30pm on Thursday.

Meanwhile in the pro ranks the Toronto Leafs have re-signed Wendell Clark, provided he can whip himself back into game shape. Leafs are one of the highest scoring teams in the NHL this year and are enjoying a good season.Clark's return can only enhance that scene with some needed "punch".I expect he will be thinking this may be his final move and it would be appropriate if he ended his career with the team where he once shined as both a goal scorer and rugged forward. I suspect you already guessed that I am a long time Leaf fan and have always enjoyed Cark's play.Now if we can only get the Ottawa Senators to stop blacking out the TV coverage of Leaf Games in this area.

Roger continues his stint in the dining room at *LOGGER'S* this week. He offers his package of songs every Mon.Tues.& Wed. between 6pm-pm.Then joins the "Going Concern" for the entertainment in the Lounge at Loggers on Fri.& Sat.between 9pm-1am. Roger Terriah has always been popular on the entertainment scene in this area and with the group you are always presented with a mixture of rock and old & new country.By the way while you're at Loggers ask Rog to do Long Tall Texan!!

FAME is coming to the stage at CCVS. The hit play is a *DREAM MAKER PRODUCTION* and will open on February 3rd. The full dates are Feb.3, 4, 5, 10, 11 & 12th.

Big movies in town these days. Stuart Little, Bicentennial Man, and Toy Story at the Brookdale Cinemas. At the Port on Montreal Road in it's third week is Man On The Moon.

Members and guests'of Wing 424 RCAF are getting ready to start off year 2000 with another round of member Birthday Parties. The date for the first in the new series is Sunday, January 16th. There will be the usual music for listening and dancing and some free snacks. The fun begins at 2pm.

The folks at the Masonic Hall are also busy making plans for the upcoming St.Valentine's Day event. There will be plenty of musical valentines,good food and everyone is promised an enjoyable and romantic setting for the special occasion.

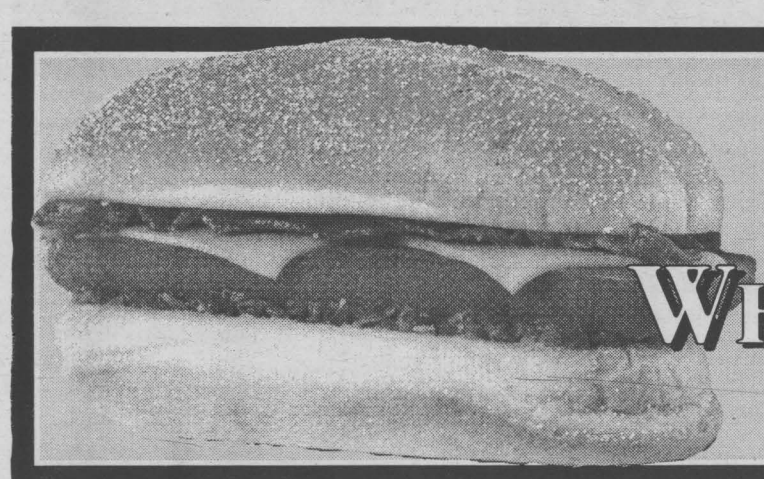
Good Luck to the soon-to-be-opened Chicken & Ribbies Restaurant. They are due to open in early February at the former Canadian Bagel location at the corner of Ninth Street and Cumberland. Their name alone makes you hungry !!

Movie videos still a popular form of entertainment these days and two good selections on the shelf are the re-make of the Thomas Crown Affair,the old Steve McQueen flick,and a well done "jaws-like"movie called Deep Blue Sea. Folks who own the new DVD's (that's digital video discs) are enjoying that extra touch of enhanced sound and scenery. It's to be the new electronic method for home viewing they say,and it will probably soon replace the cassettes. Prices for the DVD unit and discs are still quite expensive but you can expect to see a price drop in the offing. You can now also rent the discs'at the video stores.

Blue Rodeo making a Cornwall stop for a concert. They will be appearing on the stage at the Civic Complex on January 20th.Tickets available at the Civic Complex Box Office.

Until next week,G'Day and G'Night !!

Ye Old English Fish 'n Chip Shop
"Authentic English Fish & Chips"
Sunday, Jan. 16 - starting at 2pm
Chicken Breast in Peach 'n Cream Sauce w/ Scalloped Potatoes
or
1/2 Roast Chicken chips & peas
$6.95 Your Choice
Eat In - Take Out
Free Delivery
($10.00 min. order)
Owned & Operated by Ray & Clara Henstock
Featuring A Line of Products from Britain Irn-Bru, Tizer & More
HOURS:
Mon.-Fri. 11-8
Saturday: noon -8
Sunday: noon -7
9, 1st St. E. (near Pitt & 1st St.) 933-6411



A&W
Since 1956
WHISTLE DOG
$1.99 plus tax
At only $1.99 for a limited time, A&W's tasty Whistle Dog just might become your best friend. A plump, juicy hot dog topped with bacon and processed cheddar on a a toasted bun. So, come on in to A&W for the awesome taste of all your favourites including our original Whistle Dog
Offer Valid Jan. 17th - 30th, 2000
1718 Vincent Massey
2000 A&W Food Services of Canada Inc.

Carnival 2000
feature event ...
Diamonds on Ice
FASHION SHOW
sponsored by STRADWICK'S CARPET ONE
Wednesday, February 2nd, 2000
Best Western Parkway Inn ~ 1515 Vincent Massey Drive, Cornwall
Cocktails: 5:00 p.m. followed by Dinner & Fashion Show
~ EARLY BIRD DOOR PRIZE ~
Millennium 2000 Gold & Silver Bracelet from Pommier Jewellers
Fashions from ❦ Lindor Ladies Fashions ❦ Tip-Top ❦ Jay-Gee Shoes & Clothing; ❦ La Senza ❦ Honeymoon Suite
Make-Up & Hair by: Making Waves Hair Design ~ Music by Johnny B. Good
Door Prizes ~ $25. per person
Tickets can be purchased at the Chamber of Commerce and at Sponsors
BUTTONS now available $2.00 each
GALA ON ICE Opening Ceremony
Tuesday, Feb. 1, 2000
Civic Complex
Ice Skating Show/Crowning of Queen
ANOTHER COMMUNITY PROJECT SEAWAY NEWS

ROSIE MAGOO'S BAR & GRILL
LIVE COUNTRY BANDS
Thursday, Friday & Saturday
"GONE COUNTRY" - A TRIBUTE TO ALAN JACKSON
KARAOKE WED.
THURSDAY, JANUARY 27TH
18 Third Street East 937-1787
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Enjoy Our First
Smoke Free Bingo
Nativity Hall
Wednesday, January 19th 7:00 pm
Join us on Woodless Wednesday
Prizes up to $4,000
License#M146684
For more info. contact Pauline Martin at 933-0590

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DEADLINE: WEDNESDAY 5 pm

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Classified Advertising (G.S.T. included)

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- $8.50/week 24 words or less, (25¢ each additional word per week).
- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

SWM, 27, 5'10", N/S, good sense of humour, nice personality, many interests. Seeking SWF, N/S, no children, with good moral & family values. Serious inquiries. Short resume & photo. CC1977.

LESBIAN, MIDDLE-AGE, happy, N/S, non-drinker. A sincere person. Seeking feminine female for companionship plus enjoyable outings. Must be unattached. Let's talk over coffee. CC1978.

2 APTS/CONDOS FOR RENT

AVAILABLE NOW, 435 Water St. East. 3 bdrm apt, carpeted livingroom & diningroom, washer/dryer hook-ups in basement. Close to all amenities. $450/mth, plus utilities. Also, bachelor apt, avail. Feb. 1st. Call 933-3402.

WATER ST. near Gloucester. Small downstairs 2 bdrm apt. No furniture or appliances supplied. No washer/dryer hook-ups. $400/mth, everything paid. Call 933-7516.

LARGE 2 BDRM apt on Sunnyside Ave. Washer/dryer hook-ups, large balcony. $500/mth, plus utilities. Call 932-5783.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • MUCH MORE
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd.,Massena
South 2 miles to Don's Orange Mini Mart
315-764-7145

AVAILABLE IMMEDIATELY - 1 & 2 bdrm apts, 737-743 First St. East. $400 to $450/mth, utilities, fridge, stove & parking included. Rent for 1-year, 12th month is free. References req'd. For appointment, call after 7pm, 931-2594.

LANCASTER - CLEAN, large 2 bdrm upstairs or downstairs on quiet Queen St. Available immediately. With or without utilities. Call for info, 525-4321 days or 525-0226 evenings.

ONE & TWO BDRM APTS. 231A & 227 Prince Albert. Near St. Lawrence College. Newly renovated. With or without utilities. Starting at $335/mth. 933-0560, leave name & number.

LONG SAULT VILLAGE. Available [illegible] apt fac[illegible] Fridge, stove, utilities included. $340/mth. Call for appointment, 534-8332.

RENTED

45 GULF ST. - Available Feb. 1st. Newly renovated 3 bdrm apt, 4-pce bath, fridge, stove included, new gas furnace, fenced-in backyard, ample parking, $495/mth, plus utilities. 933-3913.

326 MARLBOROUGH - Upstairs 2 bdrm apt. 4-pce bath, washer/dryer hook-ups. No parking. Available now. $365/mth. Call 534-2374.

2-BDRM APT, 110 Walton. Available immediately. Call 930-1332 or 347-2863.

AVAILABLE MARCH 1ST - main floor 2 bdrm apt, Caswell Cres. Yard, parking, verticals, washer/dryer hook-ups, storage shed. $640/mth, utilities included. Elderly couple or person preferred. Call 933-6635 or leave message 933-2917.

CONVENIENT WALKING to downtown & bus stop. 1 & 2 bdrm apts available in clean quiet bldg. Fridge, stove, heat, hot water included, hardwood floors throughout. First & last required. (613)543-2401.

APARTMENTS FOR RENT
bachelor, 1&2 bdrm.
security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30

AVAILABLE FEBRUARY or March 1st, 2 bdrm apt. Anthony St. Laundry hook-ups, parking & storage. $550/mth, heat included. Call 931-2806.

INGLESIDE VILLAGE. 1 & 2 bdrm apts. Fridge, stove, carpeted, laundry room, security bldg, plug-in parking. References. Call 933-8404.

I ♥ THE CLASSIFIEDS

ACE PROPERTY MANAGEMENT 936-1533
"Let us find you a place at no charge!"

APARTMENTS

*Marlb. St., Bach newly renovated bsmt, apli & utilities, $300. incl.
*Race St., 1 bdrm., main fl., garage, yard, $450 incl.
*521 Carleton St., 1 bdrm. bsmt., large, appli., $375. incl.
*Carleton, 1 bdrm., kit, din. room, liv. room, porch, gas $350 incl.
*29-C 4th St. E., 1 bdrm., main floor, apli., parking $450 incl.
*North End, lrg. 1 bdrm. bsmt 4 appli. centra air, new kit $525 incl.
*116 Sydney, 1 bdrm., upst., apli., parking $380 incl., avail. April
*521 Carleton St., 1 bdrm, bsmt, appli, hardwood flr, $375 incl.
*West-end, 2 bdrm units, $525-550 incl. Free Laundry
*205-A Easton, 2 bdrm., upst., apli., parking $500. incl.
*453-1/2 2nd St., 2 bdrm, hook ups, apli, gas $400 incl.
*316 Belmont, 2 bdrm, basmt, $425 incl.
*208 14th St., W., 3 bdrm. upst., prkg, hook-ups, balcony $495+

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RIVERVIEW COURTS
Large 2 bdrm., dining, storage, balcony, appli., parking,
COIN OPERATED LAUNDRY - $525 - $600.

325 Gleeson Ave. (SECURITY)
Large 2 bdrm, dining rm, laundry, apli, balc., parking BBE, $625.+

805 MARLBOROUGH ST. N. (SECURITY)
Large 1, 2 & studio units $360.00 to $575.00
Utilities, appliances, parking included

HOUSES, TOWNHOUSES, SEMI'S
210 Louisa, 2 bdrm. house, apli., parking, basmt., $530. incl.
23-7th St. E. 3 bdrm., semi, 1200 sq ft., parking, $800 incl.

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"Advertise Across Ontario or Across the Country"

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Business For Sale: Tire Retread Shop in Cottage Country. Good staff/Customer base. $750K sales. Well established. Owners wish to retire. Phone 705-286-3615 evenings.

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ARNOLD BROS. TRANSPORT LTD. Presents Great Opportunities in the year 2000 for Company Drivers, single & team (team schedules available). Owner Operators, single & team (check out our great fuel prices). Dry Van-Open Deck-Reefer 1 year min. OTR exp. - good abstract - U.S. ability. Join our team! 1-800-567-3656.

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CANADA'S #1 PSYCHICS ...know your future in 2000. Love, health, career and money. Accurate and Affordable readings. CALL NOW 1-900-451-7070 $2.89/minute 18+.

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NEW STEEL BUILDINGS....Go Direct and Save. 4:12 roof pitch. 25 x 30 $3,900.00. 25 x 40 $4,900.00. 30 x 40 $6,500.00. 35 x 50 $7,600.00. 40 x 60 $10,800.00. 45 x 80 $18,400.00. Others. Pioneer....1-800-668-5422.

FUTURE STEEL BUILDINGS. Durable, Dependable, Pre-Engineered. All-Steel Structures. Custom-made to suit your needs and requirements. Factory-Direct, affordable prices. Call 1-800-668-5111, ext. 536 for free brochure.

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• It's Affordable • It's Fast • It's Easy • One Bill Does It All
• Northern Ontario $79 • Eastern Ontario $140
• Western Ontario $130 • Central Ontario $136 • All Ontario $395
• National Packages Available • Call this paper for details!

FITZGERALD MOTORS LTD.

PAUL'S PICK OF THE WEEK

94 HONDA ACCORD EXR
4 dr., auto, loaded
1110,000 km
$10,995



not exactly as illustrated

QUALITY PRE-OWNED VEHICLES

99 DODGE RAM QUAD CAB 4X4	SOLD	
Sport, short box P/U		$32,995
98 VOLKSWAGEN BEETLE		
auto., fully loaded, 18,000 kms		$20,500
98 CHEV. LUMINA	SOLD	
4 dr., 6 cyl., auto., loaded, 65,000 kms		$13,995
97 GMC JIMMY		
4 dr., loaded, SLE mode, red, 4X4		$18,995
97 LINCOLN CONTINENTAL		
4 dr., loaded, 8 cyl., white, 33,000 kms		$24,995
97 BUICK SKYLARK		
4 dr., loaded, only 68,000 kms		$12,500
97 PONTIAC SUNFIRE		
2 dr., auto., red, 42,000 kms		$9,995
96 GMC YUKON		
4 dr., 4X4, fully loaded, leather, blue		$24,995
96 FORD CONTOUR		
auto., loaded, 55,000 kms		$9,995
96 FORD EXT CAB 4X4 EDDIE BAUER P/U		
short box, 305 motor, loaded		$17,995
96 GMC JIMMY	SOLD	
4 dr., auto, 4X4, air, only 110,000km		$15,500
95 CHEV S10 REG CAB		
4 cyl., standard, clean truck		$6,995
94 CHEV CHEYENNE EXT. CAB		
short box, 4X4, 305 motor		$16,995
94 CHRYSLER CONCORDE	SOLD	
4 dr., green, loaded, 6cyl.		$8,995
94 FORD EXPLORER XLT		
4x4, 4 dr., loaded, 6 cyl., 117,000km		$14,995
94 OLDSMOBILE CUTLASS SUPREME		
4 dr., 6 cyl., loaded,	SAFETIED	$6,995
94 DODGE RAM 1500 4X4	SOLD	
auto., red, 5.9L motor		$14,995
92 NISSAN SENTRA		
4 dr., auto., silver, only 120,000 kms, clean		$4,950
92 VOLKSWAGEN GOLF	SOLD	
2 dr., 5 spd., red, very clean car		$5,995
91 CHEVY SUBURBAN	SOLD	
4 dr.., loaded, third seat, 4X4, 350 motor		$11,995

FITZGERALD MOTORS LTD.



PAUL

125 Cornwall Centre Rd.
Cornwall
932-4514
~~~~~~~~~~~~~~~~~~~~~~~~~

02 - APARTMENTS FOR RENT

3 BDRM APT, immediate or Feb. 1st. 210-14th St. West, large, 6-plex, carpeted, laundry hook-ups, yard, balcony, parking. Nearby schools, bank, bus, medical clinic. $495/mth, plus utilities. Call Ace Property Management, 936-1533 or leave message.

34 MCDONALD - 2 bdrm, upstairs apt. Washer/dryer hook-ups, parking, front & back balcony. $400/mth, plus utilities. Avail. Mar. 1st. No pets. Quiet tenants only. Call 932-1930.

1-BDRM APT - Available Feb. 1st. Newly renovated, freshly painted. Centrally located. 720 Pitt St. Fridge, stove & heat included. $350/mth. Plenty of parking. Call 933-1000, ask for Tom.

FOR RENT/SALE - 213 Brookdale. 3 bdrm semi. Large kitchen, 4-pce bath. Heated by F.A.O. Parking in rear, washer/dryer hook-ups. $530/mth, pay own utilities. Price: $43,000. 938-1931.

AVAILABLE FEB. 1ST - Small upstairs apt. 2 bdrms, 4-pce. bath, laundry hook-ups, heat, lights, parking, back yard. Require mature individual or couple. $500/mth. 539B Amelia. 932-2844.

CLEAN, LARGE, freshly painted 2 bdrm apt. New carpeting, washer/dryer hook-ups, parking. $550/mth, utilities included. Sorry, no dogs. 938-3936.

TWO BDRM APT on Walton. $375/mth, plus utilities. Fridge & stove. Also, one bdrm apt, $350/mth. No dogs. Use of backyard. Call 936-6961.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

2 BDRM APT - North end. 112 Emma St. $525/mth, heat & lights included. Call 936-0903.

2 BDRM APT, Jobin, $585/mth, includes utilities & basic cable. 1 & 2 bdrm apts, Ingleside, $415/mth & $515/mth, includes utilities & basic cable. 1 & 2 bdrm apts, Riverside Heights near Morrisburg, $445/mth & $460/mth, includes utilities. Call 543-3604 home or 932-0717 work.

INGLESIDE, 2 BDRM APT, $400/mth, utilities included. Large 3 bdrm upstairs apt, 2 full baths, laundry hook-ups & parking, $475/mth, plus utilities, avail. immed. Large 2 bdrm apt, laundry facilities available, $350/mth, plus utilities, parking, avail. Mar. 1st. Call 534-2875.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

AVAILABLE IMMEDIATELY - beautiful large 2 bdrm apt in Lunenburg with stove & propane. Recently renovated. Yard, garden & parking avail. $475/mth, plus utilities. Call 534-2093 or 534-8818.

5 ARTICLES FOR SALE

I HAVE 23 ORIGINAL hard-cover novels by Ralph Connor, all in excellent condition. Asking $8. each. Phone 932-4781.

LUMINATED STORE FRONT sign, 15'x3', aluminum frame, worth $2,500. Will accept best offer. Chip stand equipment. Call 937-3345.

PITCHER & BOWL, two sets. One afghan. Four 14" dolls. Two 13" dolls. Three 11" dolls. Also, many misc. craft articles. Call 931-1160.

2 WHITE ELECTRIC stoves, GE & Westinghouse. Excellent condition. Call 931-2806.

BLUE SUEDE & LEATHER ladies coat with silver fox collar; size 10, like new, $200. Decorative rectangular bevelled mirror, size 20"x40", $60. Call 534-2680.

1869 DOCUMENT FOR SALE - Chancery sale of land, 4th concession, Township of Roxboro, County of Stormont. Notable names mentioned: Andrew Hodge, Macdonald & MacLennan, P. McGregor, signed Master at Arms J.P. Bergin. Excellent condition. 18-1/2 by 14-1/2. Serious inquiries only. $4,000. Call 933-4659.

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We need good quality used furniture, fridges & stoves.
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MOLDED SHOWER, $250. or best offer. G.E. fridge. Bradford elec. stove. Simplicity Super Twin spinner washing machine. 25 cu.ft. chest freezer. Call 931-1281.

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6 ARTICLES WANTED

5-PCE ENTERTAINMENT CENTER, preferrably oak. Also, oak bedroom set plus additional queen size headboard. Large oak Deacon's bench w/back. Call 938-8839.

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9 FARMERS MARKETS

DRY FIREWOOD. Pine & cedar lumber. Cedar rails & posts. Hardwood Flooring. Robertson's Sawmill, Martintown. Call 528-4262.

CEDAR KINDLING - Fine split. Large bag-2 cu.ft. + $10/bag + PST. Call 874-2347 for delivery. Toll free to most area numbers. Moose Creek Cedar.

DRY HARDWOOD for sale. 90% Ash, 10% Oak. Call 933-0515. If no answer, leave message.

13 AUTOS FOR SALE

1981 OLDS DELTA 88 Brougham, good condition, new tires, muffler, brakes. Priced to sell $1,650. Call Roger, 937-1730 evenings.

1990 CAVALIER RS, $2,695. with safety. 1989 Ford Tempest, $1,295. with safety. 1989 Chev S10 4X4, auto. 1988 Chrysler Daytona, Sports model, $1,395. w/safety. Gravel Motors, 1404 Pitt St. Call 932-4850 or 932-4211.

1988 PONTIAC TEMPEST, auto, 4-cyl, AM/FM cassette. $1,250. safetied. Call 933-6459.

CREDIT PROBLEM & tired of being offered second rate vehicles. Call Car-o-line Auto's, 613-448-2488.

1991 CHEV CAVALIER, 4-dr, auto, 117,000 kms, very good cond. $3,500. safetied. 1991 Chev Cavalier, 2-dr, auto, very good cond. $2,800. safetied. 1989 Honda Civic, 4-dr, 5-spd, very good cond. $2,900. safetied. 1988 Chev Sprint, 2-dr, 5-spd, 134,000 kms, very good condition $1,200. safetied. Gerard Poirier Auto Sales, 2 km east of Alexandria on Lochiel Road towards Glen Robertson. 525-1656 or after hours 874-2440.

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Assoc. Broker

COMMERCIAL



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0026 - Building on Pitt Street suitable for retail or office use. Gas heat. $77,500 See Judi for details

COMMERCIAL



0037 - Excellent 5000 square foot building on 3 acres. 135' storage building and lots of parking. See Judi for details

BUSINESS OPPORTUNITIES
0022- **Pet Lover?** Walk into this ready-made pet shop. Everything provided including training
0033- **Where's the Beef?** This long standing butcher shop has a good client base. All equipment included. Owner is willing to stay on for a period Call Judi for details



Henrietta Duvall
Sales Rep.



Centretown
0042 - Ample parking and fenced rear yard. Quaint starter home for $48,500 Call Henrietta



Split with Personality
0041 - This 3 bdrm. features a main level family rm with fireplace and backs onto park. $124,900 Call Henrietta



Upstairs Downstairs
0039 - Inside-outside, everything you see will please you in this 4 bdrm with main level family room Call Henrietta



Ginette Campbell
Sales Rep.



330 Alice
0043 - This 2 story home is spotless clean, features: private parking fenced yard, oil heating, 2 bdrms. Why pay rent when you can own for less. Call Ginette Campbell today 937-4445 -



3419 Tolmies Rd., Monkland $79,900
0044 - 4 yr. old bung., 1150 sq. ft., features: 3 bdrms, oak cpbds, partly fin. bsmt, beautiful lot, close to Cornwall & Ottawa Call Ginette Campbell today 937-4445

Bruce Street
Excellent building lot, featuring gas and municipal water, size 70x180, close [illegible] SOLD
Ready to build [illegible]!
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Lana Barnes
Sales Rep.



0028 - Enjoy the hassle-free living of condominium life. Say goodbye to your snowblower. Call Maggie



Marguerite Tessier
Broker/Owner

Watch for it on Friday, January 21st
Ask About the EXIT ADVANTAGE

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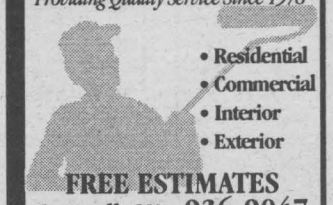

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18 BUSINESS OPPOR.

GOLD RUSH of new Millennium. Deregulation. Serious money that fits time schedule. Electricity. Call 525-0753.

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SOMEONE TO RENT 3 chair hairstyling shop with many extras. Great potential. Call 534-2646. If no answer, leave message.

OWN YOUR OWN BUSINESS for the millennium. Massage therapist, esthetician, foot care, reflexologist, dietitian/nutritionist, physiotherapist. Exciting new health centre opening Cornwall. 1-888-235-0033, www.careerexchange.com

GROWING COMPANY looking for a business oriented partner who enjoys outdoors. Very lucrative business with franchise potential. Min. investment of $25,000. Serious inquiries only. Call 938-9804 after 6pm.

21 - HELP WANTED

Park Lane is the solution.
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Free starter kit.
For info call Div. Mgr.
Mrs. MacDonald 932-4741

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Cornwall Honda/Grant Nissan have an immediate opening for a

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If you are ambitious, like cars and enjoy meeting people, we can take care of the rest.

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Kelly Sinnott, General Manager

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1200 Brookdale Ave. 933-7558

21 HELP WANTED

SERVICE PERSON REQUIRED
in Window & Door Repair
Must be willing to travel within the province of Ontario. Experience an asset.
Contact Gaetan 613-525-0008

EARN $200.,$300.,$500. or more per week, assembling product in the comfort of your own home. Send self-addressed stamped enveloppe to: O.P.H., 6-2400 Dundas St. West, Suite 541, Ref. 671, Mississauga, Ont. L5K 2R8.

23 HOME SERVICES

J.R. RESTORATION, Doors, windows, siding, brickwork, bathrooms, family rooms, painting, ceramic tiling. For all your renovation needs, inside or out. Call J.R. 613-938-7742.

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HANDYMAN - Interior painting. Snow removal. Lawn cutting. Garden tilling. Hedge trimming. Tree trimming. Odd jobs. Call-Kirby, 938-5444.

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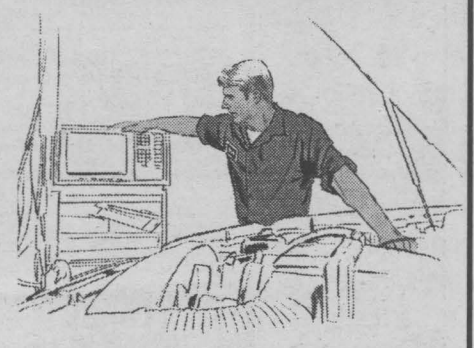

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Ginette Campbell

Maggie Tessier and The Team at **Exit Realty Seaway** would like to take this opportunity to welcome **Ginette Campbell** to their sales force.

Ginette invites her family, friends and past clients to contact her at **Exit Realty Seaway**.

Honest, reliable service and 13 years of experience make **Ginette** an excellent addition to our office.

For any Real Estate questions you might have, feel free to call her anytime at 937-4445 or 932-1609

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GOOD STARTER OR RETIREMENT HOME
(A-MLS 1030) Great family location. Well-decorated, recent renovations. Quick possession. BLS
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Sales Rep. 937-0891



MIKE DeBOER
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NEW LISTING

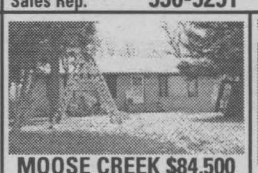


318-A PRINCE ARTHUR $41,500
(A-MLS 1067) Maintenance-free! Vinyl sided duplex, large 2 bdrm units. Gas heat. Call to View!
MONIQUE WILLIAMS 932-7196

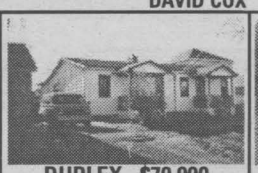
NEW LISTING



112 EMMA $279,000
(A-MLS 1061) Invest and save! Reap the benefits by owning this 8 unit brick bldg. Good location. Close to all amenities
MONIQUE WILLIAMS 932-7196



MOOSE CREEK $84,500
(L-MLS 1048) 3 bdrm bung. with large garage/workshop backing onto creek on nice private street
MIKE VANDERMEER 938-2121



DUPLEX $79,900
(A-MLS 1031) Side by side bung. style, great investment or owner-occupied property
MIKE VANDERMEER 938-2121



COUNTRY $94,900
(M-MLS 0940) 3 bdrm. split on well landscaped lot, att. garage, C/A, pool & more
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LUNENBURG $66,500
(M-MLS 0941) 3 bdrm home with att. garage, large living rm with wdstve, large renov kit, pool, deck & more
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RESTAURANT PIZZERIA $28,900
(A-MLS 1032) Ongoing eat-in/delivery restaurant located on busy intersection. Be you own boss. Call for details
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COLLEGE AREA
(A-MLS 0922) 2 bdrm, 2-storey home, verandah across front of home. Great beginnings for only $39,900
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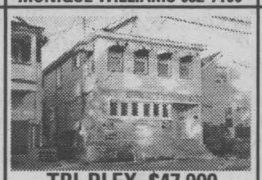

TRI-PLEX $47,900
(A-MLS 0928) Positive cash flow generated from this partially renovated triplex
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LOTS & LAND

Cty Rd 18: 48 acres on paved road, **$48,000**
Farran's Pt. Rd: 1.88 acre bldg lot, west of Ingleside, **$9,500**
Long Sault Area: 148x167 lot, water, gas & cable, **$16,900**
Chapel Rd: 4 acre cedar bush lot, **$17,900**
Building Lot: 1.84 acres, good paved road, **$8,900**
Cty Rd 18: 1.9 acre treed lot, **$11,000**
Cty Rd 18: 13 acres, 7 acres bush & balance clear, **$21,000**

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INGLESIDE $81,000
(O-MLS 1054) Fully renovated 2 bdrm bung with det garage, gas heat, C/A, hdwd flrs & more
MIKE VANDERMEER 938-2121



REDUCED TO $1,500/MTH FOR LEASE 621 PITT ST.
(A-MLS 1038) 2800 sq. ft., commercial property.
TODD THOMPSON 937-0292



WELL ESTABLISHED TOWING COMPANY REDUCED...$175,000
(A-MLS 0978) Includes land, building, trucks & more
TODD THOMPSON 937-0292

NEW LISTING



FOR LEASE $600/mth.
(A-MLS 1062) Professional office on busy corner
TODD THOMPSON 937-0292



COMMERCIAL PROPERTY $110,000
(J-MLS 0637) Great location on Hwy 2, E. of Glen Walter, lot 300x636. 2 separate entrances, 2 buildings
ERIC PEDERSEN 938-9690



600 WALTON $69,500
(A-MLS 1047) 1-3 & 1-2 bdrm. Good condition. Tenants pay own utilities. Mthly payments $466
ERIC PEDERSEN 938-9690

OPEN HOUSE SUNDAY
1:30 pm - 3:00 pm



415 1st ST. W. $42,900
(A-MLS 1041) Well maintained 3 bdrm. home on quiet street. Raised wood deck off kit., part fin bsmt. Lots of potential
MOE LEMIEUX 932-9386



WELL-MAINTAINED
(J-MLS 0905) Bung. with 1200 sq. ft. spacious kit., dining rm, living rm, huge family rm overlooking patio deck & above ground pool in nicely landscaped backyard.
MOE LEMIEUX 932-9386



HANDYMAN SPECIAL BONVILLE NEW PRICE ... $47,900
(A-MLS 0931) 4 bdrm. home w/over 1400 sq. ft, recent windows in bdrms & kit., det. garage, pool
MOE LEMIEUX 932-9386



58 LEONIA NEW PRICE ... $79,500
(A-MLS 0932) 1000 sq. ft. bung., hdwd. flrs., recent FAG furnace, wdstve, det. garage, fenced yard,
MOE LEMIEUX 932-9386



600 & 602 SURGENOR ST. $118,900
(A-MLS 0917) A move in the right direction! Live in one side & tenant on the other
SHERRY McCULLOUGH 937-0891



$129,900
(A-MLS 0959) A lot of livin' to do & lots of room for it in this 4-level split, features gas frpl & screened-in sunroom
SHERRY McCULLOUGH 937-0891



440 GLOUCESTER ST. N. $59,900
(A-MLS 0926) Zero-in on this 3 bdrm 2-storey, FAG heat. Close to all amenities
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13 BERGIN $55,900
(A-MLS 1037) Bring the back the Sparkle! 3 bdrm, 2-story, FAG heat, early possession could be arranged
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7 UNITS - ONLY $75,000
(A-MLS 1006) 5+1bdrms, 2-2 bdrms, central location, little work - could be a money maker!!
MICHAEL DeBOER 938-7802



COUNTRY COMFORT $101,900
(M-MLS 0838) St. Andrew's West. This 3 bdrm bung is only 7 yrs. old. Features fin rec rm, spare bdrm, some hdwd, large deck, dbl car garage, heated & insulated
MIKE DeBOER 938-7802



LONG SAULT $62,900
(M-MLS 0952) 1400 sq. ft. of family living space, main flr family rm, 3 bdrms, gas heated, nice lot 60x125, great starter
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INGLESIDE! BRAND NEW $119,900
(O-MLS 1010) 1280 sq. ft, features 3 bdrms, oak kit, 1-1/2 baths, main flr laundry, whirlpool, bath, gas heat & C/A, 7-yr warranty
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INGLESIDE $139,900
(O-MLS 1058) Breathtaking split-level, 1900 sq. ft. of living space, some gleaming hdwd., 2 baths, 3+1 bdrms, att. garage & more
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SNOWBLOWING SERVICES - Driveways, walkways, verandas, roof-snow removed. Salting also available. 24-hour service. Free estimate. Call Bob, 938-1614. Pager#930-8892, Cell #360-2614.

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge trimming, fencing, roofing, painting, snow blowing, yards, basements, lawn cutting, tree cutting. 938-1684.

24 BABYSITTING

WILL BABYSIT in my home, all ages. Eleventh St. East area. Caring for children for 10-years. References. Call Céline at 933-3566.

AUTOS FOR SALE

SPECIAL OF THE WEEK

1996 PONT. BONNEVILLE SE

V6, full load, auto, air, remote start, 96,000 km

$13,666



not exactly as illustrated

1999 CHRYSLER INTREPID
6 cyl, air, cruise, tilt, p-wind, p-locks, p-seat, 12,000 km, remote start

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4 cyl, 4 dr, loaded, 39,000 km

1998 CHEV MALIBU
4 dr., V6, auto., loaded, 44,000 km

1997 CHEV LUMINA LS
4-dr., V6, loaded, 54,000 km.

1997 PLYMOUTH BREEZE
4 cyl, auto, loaded, CD player, 61,000 km

1996 CHRYSLER CIRRUS LX
loaded V6, CD, 82,000 km.

1996 PLYMOUTH NEON
4 dr., 4 cyl., auto, air, power locks, 57,000 km

1995 CHEV CAVALIER
2 dr., 4 cyl., auto, cassette, 87,000 km, local owner

1994 FORD TAURUS
4 dr., loaded, 125,000 km

1994 MERCURY TOPAZ
4 dr., 4 cyl., AT, air, 117,000 km

1994 OLDS. DELTA 88
4-dr., loaded, remote entry, 90,000 km.

1994 PONT. SUNBIRD
4-dr., 4-cyl., auto, air, p-locks

VANS

1997 PLYMOUTH VOYAGEUR RALLYE
dual sliders, 3.3 litre, 6 cyl, loaded, 62,000 km

1994 FORD AEROSTAR SPORT
V6, auto, full load, 108,000 km

4x4 SPORT UTILITY

1996 CHEV BLAZER LT
V6, auto, fully loaded, p. seat, leather, 83,000 km

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First time offered for sale.
only $50,000
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RIVERDALE - AVAIL. MAR. 1ST. 3 bdrm bungalow, natural gas heat. $600/mth, plus utilities. No pets. First & last. Call 933-0774.

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5 + 2 BEDROOMS, 2 baths. Potential income from basement. Close to all amenities. 102 Fennell Cres. Priced under $90,000. Reason for selling - illness. Call 932-1302.

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REAL ESTATE AUCTIONS

REAL ESTATE AUCTION
Saturday, January 29th 11a.m. SHARP!
Licensed restaurant, business and equipment on approx. 4 acres, known as "Country Lane Diner" 13425 Hwy. 2, R.R. #1 Morrisburg, ON

TO BE SOLD ON SITE: Modern, well-equipped, 'going concern' restaurant. Licenced for 150, room for expansion. The building and equipment are basically new or reconditioned in the last 3 years, very clean and efficient. Excellent location on the corner of Hwy. 2 and Upper Canada Rd., close to Upper Canada Village, Golf Course, Marina, Campgrounds, etc.
This property **WILL BE SOLD** subject **ONLY** to a minimum bid of $140,000.
TERMS: $5,000 deposit. Balance due on closing Feb. 29th

OPEN HOUSE:
SATURDAY, JAN. 22nd - 1 - 3 PM

DIRECTIONS: 7 km east of Morrisburg on Hwy. 2 or take Hwy. 401 to Exit 758, go south 1 km.

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Carson Chisholm Auction Services
St. Andrews West 937-0201

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Sat., Jan. 22 10 a.m.
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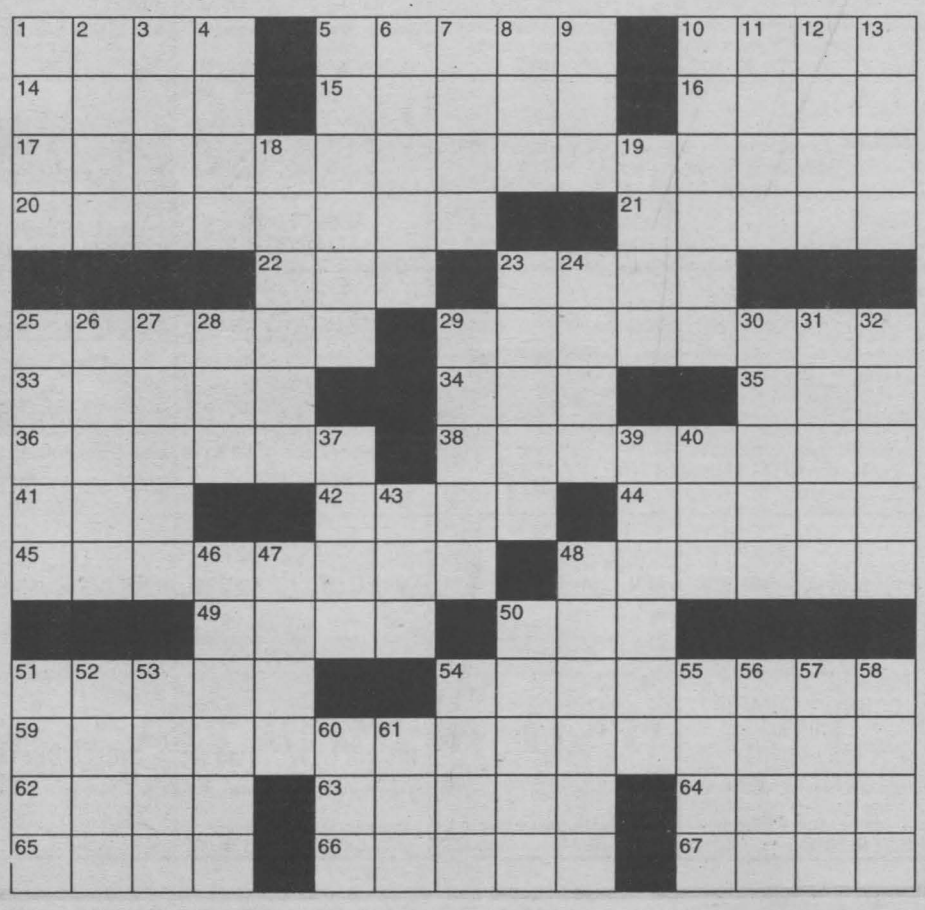
CROSSWORD



Clues ACROSS
1. Wet nurse
5. Vocal musics
10. Carangid
14. El ____, Texas town
15. Misconception
16. Enclosure
17. Tevye's fantasy
20. Mental health
21. Lift
22. Hymenopteran
23. Gusto (Italian)
25. Write
29. Maintain
33. Island consisting of a circular coral reef surrounding a lagoon
34. Cereal grain
35. Compass point that is midway between north and northeast
36. Girls
38. Cyclical
41. Small integer
42. Primates
44. Clan chief
45. Man
48. ____ fatal, French fatal women
49. Away from wind
50. Ganoid
51. Capital of Guam
54. Aviator
59. Sondheim hit song
62. ____ Capshaw, actress
63. Spite
64. Queen of Sparta
65. Tube
66. Minors
67. Sense experience

Clues down
1. Arthropod genus
2. Matakam
3. Month
4. ____ Mandel, TV comedian
5. Calm
6. Be situated
7. Bird genus
8. Hill (Celtic)
9. California think tank
10. Make better
11. Women's undergarment
12. Turkish leader title
13. Harm
18. Change
19. A la mode
23. Hillsides
24. Island north of Guam
25. Getas
26. Organ
27. Social classes
28. Bad
29. Assistant
30. Asian nation
31. Devoid of ideas or intelligence
32. Mammal genus
37. Ingest
39. Anagram of rsleot
40. Resistance unit
43. Edgar Allan ____, poet
46. Cycle
47. Jai ____, sport
48. Dressings
50. Long necked birds
51. Transmits thoughts
52. Ancient German
53. Wager
54. Whale ship captain
55. ____ contendere, plead no contest
56. Frightened
57. Ruin
58. Tyrant
60. Take hold of
61. Don't know when yet

Solutions on Page 29

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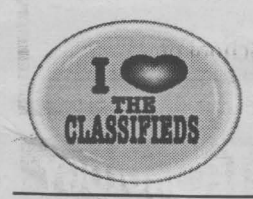

85 PERSONALS

NO TROUBLE GETTING dates - just not meeting the type of people you want to spend the rest of your life with? Misty River Introductions can change all that. Ontario's traditional matchmaker. 613-257-3531.

92 NOVENAS

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THANK YOU ST. JUDE & the Sacred Heart of Jesus for prayers answered. George Dempster.

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Level 1 starts: Mar. 7 - Level 2 starts: April 4

MS Word 97 - Levels 1 & 2 (15 hrs. each)
Level 1 starts: Feb. 23 - Level 2 starts: Mar. 20

Desktop Publishing (15 hrs.)
Mon. & Wed. - Apr. 10 to 26

MS Excel 97 - Levels 1 & 2 (15 hrs. each)
Level 1 starts: Feb. 2 - Level 2 starts: Feb. 23

Intro. to the Internet & E-Mail (9 hrs.)
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Creating Web Pages (15 hrs.)
Tues. & Thurs - Mar. 7 to 28

MS PowerPoint 97 (9 hrs.)
Mon. & Wed. - Apr. 10, 12, and 17

MS Outlook 97 (9 hrs.)
Tues. & Thurs. - May 2, 4 and 9

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CROSSWORD SOLUTIONS

SOLUTIONS ACROSS

1. Amah
5. Scats
10. Scad
14. Paso
15. Error
16. Cage
17. "If I Were a Rich Man"
20. Saneness
21. Hoist
22. Ant
23. Brio
25. Scribe
29. Proclaim
33. Atoll
34. Oat
35. NNE
36. Belles
38. Seasonal
41. One
42. Apes
44. Thane
45. Testator
48. Femmes
49. Afee
50. Gar
51. Agana
54. Aeronaut
59. "Send in the Clowns"
62. Kate
63. Abase
64. Leda
65. Stem
66. Babes
67. Odor

SOLUTIONS DOWN

1. Apis
2. Mafa
3. Asin
4. Howe
5. Serene
6. Crest
7. Aras
8. Tor
9. SRI
10. School
11. Cami
12. Agas
13. Dent
18. Enable
19. Chic
23. Braes
24. Rota
25. Sabot
26. Ctene
27. Roles
28. III
29. Poser
30. Annam
31. Inane
32. Meles
37. Sate
39. Sterol
40. Ohm
43. Poe
46. Tandem
47. Alai
48. Farces
50. Geese
51. Asks
52. Geat
53. Ante
54. Ahab
55. Nolo
56. Awed
57. Undo
58. Tsar
60. Nab
61. TBA



OBITUARIES

BENOIT
- Raymond Anselme

Passed away at Parisien Manor, Cornwall, Ontario on Wednesday, December 8th, 1999.

Mr. Raymond Anselme Benoit, age 87 years, born in Carson, Ontario, formerly of 540 Adolphus Street and 442 Ninth Street East, Cornwall, Ontario.

Dear son of the late Anselme Benoit and the late Angele Richer.

Beloved husband of Josephine Benoit (Cardinal).

Loving father of Maurice Benoit of Vancouver, British Columbia; Eric Benoit of Cornwall, Ontario; Denise Lauranger of Vancouver, British Columbia and Diane (Mrs. Yvon Sauve) of Sault Ste. Marie.

Loving grandfather of many grandchildren.

Dear brother of Mrs. Alice Legault of Cornwall.

Predeceased by eight brothers, Rene, Leo, Edward, Henry, John, Eugene, Lawrence and Leonard Benoit and by two sisters, Mrs. Blanche Coupal and Mrs. Alice Legault.

The funeral took place on Saturday, December 11th, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to St. Columban's Parish Church. Interment at Nativity Parish Cemetery. Reverend Louis Groetelaars of St. Columban's Parish Church officiated.

The pallbearers were The Nativity Guards.

LAVICTOIRE - Joseph Aime

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Thursday, December 9th, 1999.

Mr. Joseph Aime Lavictoire, age 85 years, born in Marionville, Ontario, of 218 Lawrence Avenue, Cornwall, Ontario.

Dear son of the late Gabriel Lavictoire and the late Heloise Cousineau.

Beloved husband of Blanche Lavictoire (Roy).

Loving father of Ronald Lavictoire (Linda) of Cornwall; Robert Lavictoire (Debbie) of Welland; Andre Lavictoire (Louise) of Lancaster; Pierre Lavictoire (Lyne) of Orleans; Lorraine (Mrs. Albert Cohen) of Willowdale; Denise (Mrs. Richard Marion) of Montreal, Quebec; Juliette (Mrs. Harry McMartin) of Cornwall; Michelle Lavictoire (Jeffrey Marchant) of Orleans. Loving step-father of Donald Forget (Denise) of Nepean; Roger Forget (husband of the late Sandra MacDonald) of Kingston; Marcel Forget (Susan) of Kanata and Rejeanne (Mrs. James Liabotis) of London, Ontario.

Dear brother of Mrs. Alda Levac of Cornwall and Mrs. Juliette Breault of New Haven, Connecticut.

Also survived by many grandchildren and great grandchildren.

Predeceased by his former wife, Hilda St. Pierre; one son, Gerard Lavictoire (husband of Collette Bissonnette); one step-son, Richard Forget (husband of Monique St. Pierre) of Chateauguay, Quebec; two brothers, Aldema Lavictoire and Napoleon Lavictoire (husband of Yvonne Amyotte) of Orleans.

The funeral took place on Saturday, December 11th, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to Nativity Co-Cathedral. Interment at Notre Dame Cemetery. Monsignor Rejean Lebrun of Nativity Co-Cathedral officiated.

The pallbearers were Jeffrey Lavictoire, Craig McMartin, Eric Lavictoire, Daniel Marion, Alexandre Maheu and Marc Forget.

The honourary bearers were Simon Lavictoire, Alain Forget, Todd Lavictoire, Dominique Marion, Melanie Maheu, Chassandre Lavictoire, Natalie Lavictoire, Stephanie McMartin, Julie Manella and Emily Forget.

Mr. Lavictoire was formerly employed by Eastside Dairies.

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Today more and more people are making funeral arrangements in advance. Pre-arranging funeral is especially important to any considering - Senior Citizen Housing, Rest Home Lodging, Nursing Home Care. In addition to a set amount of cash assets, the Province of Ontario allows residents to pre-arrange their funerals. We are always available to answer your questions at our offices or in the privacy of your home - without cost or obligation.



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Today's Listings Seaway SINGLES

FEMALES SEEKING MALES

MAGIC IN THE AIR
Open, romantic and outgoing, SWF, 18, 5'10", with blonde hair, blue eyes, enjoys moonlit walks, sports, hanging with friends. I'm looking for a sweet, employed, SM, 18-25, to get to know. Ad#: 2250

DREAMS DO COME TRUE
Brown hair, hazel eyed, single white female, 34, fit, easygoing, hobbies are reading, long walks and trying new things. I would like to meet a soft spoken, confident, single male, 27-42, who likes travel and children. Ad#: 3548

SERIOUS REPLIES ONLY
I'm a blonde, SWF, 42, who's outgoing and easy to get along with. I enjoy going to bingo, movies and spending quiet times at home. I'm seeking an honest, good looking, SWM, 30-47, who likes children and would like a long-term relationship. Ad#: 2428

SHARE HER DREAMS
I'm an outgoing and strong, SWF, 18, 5'4", with red hair, blue eyes, who is seeking a compatible, SWM, 20-26, who's willing to be an equal partner in the relationship. My hobbies are walking, drawing and horseback riding. Ad#: 6005

LET'S GET TOGETHER!
This very outgoing, hardworking, SWF, 23, 5'5", with blond hair and brown eyes, slim, who enjoys movies, bingo and more. I'm searching for an honest, outgoing, faithful, SWM, 23-32, who will not play head games and likes children. Ad#: 7066

TRUE...AND ALL FOR YOU
Others find me a quite friendly, outgoing, bubbly, SWF, 60, 5'1", slim, with auburn hair and brown eyes. Retired, I'm hoping to find a N/S, SWM, 45-65, who loves the outdoors, dancing and theatre. Ad#: 9702

THIS IS IT
SWF, 21, 5'3", with long brown hair, blue eyes, my hobbies are going to the bar and karaoke. I'm seeking a caring, fun-loving, SWM, over 30. Ad#: 2579

HELLO, IT'S ME
Intelligent, single white female, 18, like walking on the beach, talking on the phone and cooking. I would like to meet a tall, muscular, blue eyed, single white male, 18-20, who is very caring. Ad#: 6220

ATTENTION GENTLEMEN...
My interests include ski-dooing, listening to music, tattoos, and I'm a skeptic, loving, SWF, 18, 5'5", with short auburn hair, green eyes. I'm seeking a good looking, nice, SWM, 18-20. Ad#: 6488

SERIOUS REPLIES ONLY
I am a serious, honest, SWF, 41, 5'5", with brown hair/eyes, who enjoys long walks, reading and going to movies. I'm seeking an easygoing, SWM, 38-49, with similar interests. Ad#: 1036

SUNNY DAYS
I am a compassionate, blonde, SWF, 33, 5'3", 115lbs., who enjoys going to antique auctions, photography and cooking. I'm seeking a compassionate, non-smoking, SWM, 35-50, who would like to start a family. Ad#: 4171

FRIEND FIRST
I'm an easygoing, fun, SWF, 22, 5'5", 123lbs., with dark hair, blue eyes, who hobbies are dancing, reading and watching movies. I'm looking for an honest, loyal and truthful, SM, 25-30. Ad#: 6927

ADVENTUROUS
I'm a short, SWF, 19, with brown hair and hazel eyes, who enjoy dancing, walking and socializing. I'm looking for an honest, uderstanding, SM, 19-24, with a nice smile. Ad#: 5386

EVERYDAY GETS BETTER
Don't pass me by..."I'm about a 5'3", hazel eyed, SWF, 30, with a medium build, just a vision of loveliness I tell you. I'm very outgoing, humorous and you should be an easygoing, SWM, 27-35, who enjoys sports. Ad#: 1252

READ THIS AD!!
Green eyed, 5'7", single white female, 39, enjoys gardening, animals and music, seeks an easygoing, single white male, 37-41, who enjoys the country and children. Ad#: 5747

MAKE IT POSSIBLE
Fun, practical, caring, SWF, 19, 5'6", 135lbs., with changing eyes, hobbies are rollerblading and the outdoors, will bring humor to the relationship. Seeking a spontaneous, adventurous and honest, SWM, 20-32. Ad#: 2937

MELODY OF LOVE
Quiet, funny and silly, SWF, 20, 5'4", 100lbs., with brown hair, likes writing, dancing and trying new things, is seeking a fun, secure, stable, SNCM, 19-35. Ad#: 8163

ONE YELLOW ROSE
Outgoing, SWF, 20, with brown hair/eyes, who likes doing exciting things, hobbies are movies, swimming, dancing and country music, is seeking an honest, sincere, SWM, 20-30, who likes children. Ad#: 9914

NICE CHANGE
She's a SWF, 22, 5'4", who enjoys music and helping others in time of need. She's interested in meeting a life-loving, SWM, 21-25, for a possible long-term relationship. Ad#: 5709

END THE SINGLE LIFE
I'm an emotional, average-looking, SWF, 31, 5'2", who's seeking a SWM, 29-40, for a possible committed relationship. My hobbies include a variety of crafts, reading, the outdoors, computers and gaining new knowledge. Ad#: 7527

PERFECT MATCH
The following lines may change your life...I'm a SWF, 33, 5'7", blonde, blue eyed, has a great smile, who's fun and enjoys life. My hobbies are movies, music and dancing. I'm hoping to meet a tall, sensitive, N/S, SM, 29-43, enjoys animal/children. Ad#: 2142

ONE SWEET DAY
Meet this personable, SWF, 31, 6', with brown hair, blue eyes, who enjoys crafts, walks and dining out. She seeking an accepting, non-judgmental, SWM, 19-40, for a possible relationship. Ad#: 4268

HONEST TO A FAULT
Full-figured, attractive, SWF, 34, with a honest, spontaneous, outgoing personality. Enjoys spending time with family, golfing and playing pool. In search of you...a honest, employed, SWM, 32-40, for friendship and chemistry. Ad#: 1554

ALLURING PERSONALITY
Call this 5'2", blonde haired, blue eyed, attractive, SWF, 56, whose personality is easygoing. Her interests a knitting, watching hockey and staying in shape. Seeks a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

FRIENDSHIP AND...MORE
Blonde, blue eyed, SWF, 5'4", 150lbs., 56, considered to be attractive, outgoing, bubbly, enjoys swimming, traveling, flowers/romance, and more. Would like a N/S, SWM, over 40, with similar qualities and interests. Ad#: 8408

MAKE THE CONNECTION
I'm a 150lb., SWF, 18, 5'8", who enjoys laughing, cycling, reading, sports and the outdoors. I'm seeking a life-loving, SWM, 18-22, for a possible long-term, committed relationship. Ad#: 5992

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

REACH FOR THE STARS
Would you believe that this blue-eyed blonde SWF, 18, 150lbs., is single? She's interested in meeting a SWM, 18-23, for a possible long-term relationship. Her hobbies include shooting pool, socializing and meeting new and exciting people. Ad#: 7025

CHASING A DREAM
Set the mood for this caring and loving, SWF, 21, 5'3", 140lbs., who enjoys sports, spending quality time with family and friends, by giving her a call. She's looking to meet a caring and loving, SWM, 20-30, for a possible relationship. Ad#: 1722

STRAIGHTFORWARD
Honest, caring, SWF, 20, 5'2", 115lbs., with green eyes, enjoys camping, swimming and going for walks, is seeking a trustworthy, SM, 22-26, to get to know. Ad#: 2109

LET'S CUDDLE
Bubbly, SNCF, 44, 5', 135lbs., with brown hair/eyes, hobbies are walking, movies and crossword puzzles, is looking for an honest, SWM, 44-50, who can make her laugh. Ad#: 1786

COMMUNICATOR
She's a very easygoing, quiet, employed SWF, 55, 4'9", 100lbs., with short auburn hair and green eyes, N/S, non-drinker, who enjoys golf, biking, skiing, is searching for just the right honest, open-minded, affectionate, gentle SM, 52-65. Ad#: 2304

JUST TO BE CLOSE TO YOU...
I'm a personable, SWF, 56, 5'6", who's seeking an honest and caring, SWM, 48-50, for a possible relationship. I enjoy dining out, dancing, the outdoors and living life to the fullest. Ad#: 4544

LET'S MINGLE
Fun-loving, caring, outgoing, SWF, 23, likes going out and having fun. Would like to meet a SWM, 26-30, who enjoys having a good time and loves children. Ad#: 4873

THE SWEET MELODY OF LOVE
Fun-loving, affectionate and loyal, SWF, 49, 5'5", 120lbs., with blue eyes, brown hair, hobbies are working out, walking, traveling. Seeking a kind, caring and sincere, SWM, 45-55, who will not play head games. Ad#: 4934

THE SEARCH IS OVER
Slim, SWF, 42, 5'5", 138lbs., with brown hair/eyes, outgoing, fun, honest, hobbies are sports and the outdoors, is seeking an honest, sincere, secure, SWM, 38-45, who loves children. Ad#: 9860

TO THE POINT
Honest, good humored, SWF, 50, 5', with hazel eyes and red hair, she enjoys all types of sports, seeks a honest, trustworthy, SWM, 50-65, who's family-oriented. Ad#: 1295

VIVACIOUS
Active, outgoing, SWF, 39, 5'4", 130lbs., with brown hair, dark blue eyes, enjoys dog-sledding, dancing and the outdoors. Hoping to find a caring, sincere, SWM, 36-49, with a good sense of humor. Ad#: 8605

READY TO SETTLE DOWN
Full-figured, SWF, 30, 5'4", has a caring personality, likes having fun, hobbies are baseball, walking and volleyball, is seeking a compassionate, accepting, SWM, 29-40. Ad#: 8907

ROMANTIC MOMENTS IN TIME
Medium built, SWF, 33, 5'5", with blond hair, brown eyes, warm, compassionate and fun-loving, enjoys crafts, horseback riding, the outdoors, is seeking a SM, 28-45, with similar qualities. Ad#: 3341

HOLD ON TO YOUR HEART
I'm a hazel-eyed, sweet and romantic, SWF, 18, 5'7", who's seeking a life-loving, SWM, over 30, to possibly share the joys of life with. My hobbies include going to the beach, socializing and occassionally dining out. Ad#: 2301

FIND OUT TODAY
Funny, outgoing and very honest, SWF, 22, likes sports, good conversation and candlelight dinners. Is looking for a SM, 22-28, who likes children and can make her laugh. Ad#: 6084

CLASSY LADY
SWF, 40, 5'4", with blonde hair, freckles kind, caring and generous, interests are gardening, long walks, movies, music. Searching for a SM, 35-45, who is honest and compassionate. Ad#: 9155

CUDDLY & LOVEABLE
Blonde, blue eyed, SWF, 44, 5'3", with a medium build, has a great sense of humor, enjoys the outdoors, cooking and baking, is seeking an easygoing, hardworking, SWM, 30-45. Ad#: 5865

MATTERS OF THE HEART
Medium built, SWF, 38, 5'9", with brown hair, hazel eyes, outgoing, understanding, compassionate, enjoys meeting new people and making new friends. Seeking an honest, SM, 28-45, who is full of life. Ad#: 6721

TYPE "A" PERSONALITY
I'm a somewhat-shy, outgoing and reliable, SWF, 24, 5'9", who's seeking a kind and considerate, SM, 24-32, for a possible relationship. I enjoy long-walks, the outdoors and sharing special times with family and friends. Ad#: 1560

NO GAMES!
Outgoing, SW mom, 26, 5'6", 140lbs., with long brown hair and blue eyes, likes to enjoy things as they come, hobbies includes anything outdoors, is seeking a "real", SWM, 27-38. Ad#: 6623

MAKE THE CONNECTION
I'm a blue-eyed, vivacious, SWF, 48, 5'3", who's interested in meeting a kind and caring, SWM, 48-60, for a possible relationship. I enjoy life, the outdoors, in-depth conversation and playing cards. Ad#: 6849

VIBRANT
Find the time to call this SWF, 22, who has blue eyes and is outspoken, fun-loving and she enjoys camping, swimming, and reading. Seeking an exciting, humorous, SM, 20-35. Ad#: 5980

FRIENDSHIP FIRST
SW mom, 23, 5'3", 175lbs., with a medium build, fun to be with, outgoing and funny, enjoys camping, walking, movies, is seeking a SWM, 26-30, who loves kids and has similar interests. Ad#: 6453

READY TO SETTLE DOWN
Call this fun, humorous, single white female, 44, describes herself as 5'4", brown hair, green eyes, enjoys reading, gardening, and the outdoors. Seeking a single white male, 39-49, who has similar characteristics. Ad#: 4488

HILARIOUS
Medium built, SW mom, 23, 5'3", 170lbs., with brown-red hair, easy/outgoing, fun to be with, likes walk, movies and dining out, is seeking an outgoing, fun, SWM, 26-30, who can take a joke. Ad#: 3963

SOLID VALUES
I'm a brown-eyed, SWF, 25, 5'1", who's fun-loving, kind and caring. I'm interested in meeting a life-loving, SWM, 24-29, to share the joys of life with. I enjoy romantic dinners. Ad#: 2126

SERIOUS INQUIRIES ONLY
Find out more about this fun-loving, single white female, 19, 5'7", 150lbs, seeking an easy going single white male, 18-24, to share a lifelong relationship with. Ad#: 8757

DETERMINED
Ambitious, outgoing and hardworking, SWF, 34, 5'7", with brown hair, green eyes, enjoys long walks, movies and skiing, is seeking a hardworking, SWM, 32-42, who loves family and country life. Ad#: 8201

HAPPY-GO-LUCKY
Honest, outspoken and caring, SW mom, 36, 5'2", 155lbs., with blonde hair, green eyes, likes camping, walks and baseball, is hoping to meet an honest, giving, SWM, 36-45. Ad#: 9142

SO HOW ARE YOU?
Slim, SWF, 33, 5', with green eyes, described as being shy, can be very outgoing, caring, loving, hobbies are horseback riding, drawing and country music, is seeking a shy, trusting, caring, SWM, 29-42, who is fun to be with. Ad#: 5321

GENTLEMEN...
Be part of my tomorrow. I'm a 5'1", 110lb., WWF, 59, who's seeking a kind and caring, SWM, 55-63, for a possible relationship. My hobbies include living life, the outdoors, woodwork, sewing and going to the movies. Ad#: 8895

NO HEAD GAMES!
SWF, 21, 5'5", 190lbs., with brown hair, green eyes, fun, easygoing, honest and caring, is in seaarch of a caring, sincere, SWM, 21-38. She enjoys long walks, romantic dinners and music. Ad#: 3808

LET'S MINGLE
Do you enjoy life and good conversation? If so, then you could be the perfect match for this somewhat-shy, SWF, 33, 5'7", who's looking to meet an honest and sincere, SWM, 28-40, for a possible relationship. Ad#: 5844

VERY INDEPENDENT
Medium built, SWF, 23, 5'7", with brown hair/eyes, reliable, honest, doesn't play head games, enjoys long walks, conversations and movies, is seeking a mature, honest, SWM, 23-30, who is employed, for friendship first. Ad#: 3751

ELEGANCE BEYOND A DOUBT
Share the joys of life with me. I'm a SWF, 19, 5'6", who's seeking an outgoing, SWM, 18-23. I enjoy socializing, dancing, reading and occassionally going to a party. Ad#: 5320

HEART OF GOLD
I'm considered to be a patient, fun-loving and caring, SW mom, 26, who enjoys meeting new people and living life to the fullest. I would like to meet a SBM, 26-35, who enjoys children and knows how to treat a lady right. Ad#: 6793

TOP OF THE LINE
SWF, 37, 5'7", 140lbs., with brown hair, hazel eyes, has a great smile and personality, hobbies are walking, music, romance, is seeking a personable, SWM, 35-47, who enjoys life. Ad#: 3472

HERE SHE IS...
Good looking, SW mom, 32, 5'4", with hazel eyes, has an outgoing personality, likes joking around, enjoys working out, walks, movies and playing cards. Hoping to meet a SWM, 28-37, for friendship first. Ad#: 7905

GENTLEMEN...
If your a SWM, 21-32, then set up a time and day, and we'll discuss a possible long-term relationship. I'm a SWF, 26, 5'7", 135lbs., who enjoys long-walks, going to the movies and meeting new and exciting people. Ad#: 8211

LOVELY
Average built, 5', SWF, 22, with blonde hair, blue eyes, shy, honest, can be outgoing, enjoys sports, biking and walking, is seeking an honest, SWM, 20-30, N/S, who can communicate. Ad#: 7126

A LITTLE SHY
Friendly, SWF, 38, 5'2", with hazel eyes, hobbies are gardening, cooking and grooming animals, feels she will bring honesty to the relationship. Looking for an honest, true, SWM, 32-42, to get to know. Ad#: 1834



Today's Listings Seaway SINGLES

MALES SEEKING FEMALES

GEMINI
Active, 49, 5'8", 155lbs, acts like 35, who likes fishing, camping, nature and music. Seeking very fit, active, caring, open minded person for serious relationship, SWF, under 45, children okay. Ad#: 2866

PLEASE CALL
Fun to be around, SWM, 26, 6'4", with brown hair, blue eyes, who likes skiing, cycling, and much more, is in search of a SWF, 19-30, to share interests. Ad#: 7288

PRINCE CHARMING
I'm a blue-eyed, shy and reserved, honest and caring, SWM, 19, who's seeking a SWF, 18-22, for a possible relationship. My hobbies include in-depth conversation, meeting new people and trying new things. Ad#: 8665

VERY SINCERE
5'7", 130lbs., blond hair, blue eyed, I am a shy and quiet, SWM, 47, who enjoys country music, camping and bowling. I am seeking a SF, under 50, to spend quality time with. Ad#: 8047

SHARE MY LIFE
I am a very romantic, creative, SWM, 35, who enjoys writing, reading, music and much more. I will bring stability into a relationship. Looking for a SWF, 19-30, who is old fashioned and knows what they want in life. Ad#: 4846

SOMETHING DIFFERENT
I am a N/S, SWM, 39, 5'9", 175lbs., athletic, with brown hair and eyes, reserved, yet personable, is searching for a SF, 26-38, who enjoys the outdoors, sports, woodworking and spending time together. Ad#: 8816

VERY LOYAL
SWM, 51, 5'10", muscular and my personality is easygoing, and humorous. I would like to meet an attractive, SWF, 35-51. My interests are long walks, swimming, dining in or out and spending time with someone special. Ad#: 9147

VERY SINCERE
I am a 6'2", SWM, 39, who is funny and very outgoing. I like astrology, movies, nature and walks. Looking for an honest, SF, over 19, who has great eyes and honest. Ad#: 9744

HAS EVERYTHING BUT YOU
I'm an outgoing, SWM, 42, tall, with brown hair/eyes, who enjoys listening to music, comedy and playing dungeon & dragons. I'm in search of an honest, caring and giving, SF, over 19. Ad#: 2744



LADIES... ITS FREE

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ALL YOU SINGLE GUYS...
Are you classified as a liar and a cheater? If so, then this may not be the ad for you, because this SWF, 38, 5'7", 118lbs., would like to meet an honest, kind and considerate, SWM, 35-40, for a possible relationship. Ad#: 6557

MEANINGFUL
Finally..a SWF, 35, with brown hair and brown eyes who is professional who enjoys camping, swimming and soccer. Looking for an open-minded, SWM, over 33, who enjoys life and children. Ad#: 3622

SHY NATURED
Quiet friendly, easygoing, SW mom, 22, 5'8", 130lbs., with hazel eyes, enjoys walks, bowling and dancing, is seeking a fun loving, SWM, 20-30, to get to know. Ad#: 4300

SEARCHING
SWF, 50, is 5'7", who has a good sense of humor. Would like to spend quality time with that special someone who's a SWM, 45-55. Ad#: 2976

WHAT MORE DO YOU NEED?
Outgoing, friendly, SWF, 19, 5'6", 125lbs., with brown hair/eyes, loves singing, dancing, acting and cooking, will bring humor to the relationship. Seeking a fit, self-sufficient, SM, 20-26, who has it together. Ad#: 7137

TIRED OF BEING ALONE...
Then contact this hardworking, SWF, 25, who's interested in meeting a SM, 18-26, for a possible relationship. She enjoys honesty, the outdoors, socializing and sharing those special times with someone. Ad#: 2430

SEEKING FRIENDSHIP
I'm a 59, retired DWF, 5', 105lbs, dark brown hair and eyes, I enjoy new places, drives, dancing, live theatre, movies, nature, and more. Prefer to meet someone 50-63, easy to get along with, intelligent, well groomed and not too heavy set nonsmoker. Ad#: 4054

HONEST & TRUSTWORTHY
Fun-loving, SWF, 29, 5'8", 145lbs., with hazel-green eyes, can be serious at times, enjoys running, nature, animals, traveling and photography, is seeking an interesting, fit, SWM, 27-37, who has respect. Ad#: 6056

NONE BETTER
5'6", SWF, 35, who is a warm and caring person, who enjoys rock concerts, camping and cuddling. Wants to meet a SWM, 35-40, who is honest and loving. Ad#: 4517

LOVE AT FIRST SIGHT
Open your heart to this down-to-earth, fun loving, SW mom, 23, 5'9", with brown hair and blue eyes, a N/S, non-drinker, who enjoys laughing and good conversation. She's interested in meeting an open minded, SWM, 25-32, for a possible relationship. Ad#: 7831

HEAR ME OUT
Humorous, employed, WWW mom of one, 35, 5'4", non-drinker, who likes movies, dancing, outdoors, hopes to meet an honest, reliable, SM, 30-45, who is a non-drinker. Ad#: 1483

DON'T MISS OUT
Fun, easygoing, single white male, 38, 5'10", brown hair and eyes, like golf, horseback riding and long walks. I am hoping to meet a single female, 28-40, who enjoys the same things that I do. Ad#: 8648

END THE SINGLE LIFE
Handsome, SWM, 39, 5'10", 225lbs., with green eyes, hobbies are bingo, biking and horseshoes. I'm looking for an honest, shy, SWF, 19-39, a capricorn, for friendship and possible relationship. Ad#: 3657

FRIENDLY & HONEST
I'm a quiet, shy, SWM, 32, 6', with brown hair, blue eyes, who is seeking an intelligent, SWF, 19-35, who is a good conversationalist. I enjoy reading and movies. Ad#: 6315

NONE BETTER
Contact me..I'm a fun-loving, romantic, cuddly, SWM, 20, who enjoys biking, fishing, children and moonlight walks. I'm seeking a personable, affectionate, SF, 19-30. Ad#: 8276

SINCERELY YOURS
I am a N/S, single white male, 40, 5'10", brown hair and eyes, easy to get a long with, hobbies sports, reading, movies and dancing. I am seeking a honest, single black female, 20-36, for friendship and a possible relationship. Ad#: 3105

WORTH A TRY
5'9", SWM, 35, and I am a very honest, compassionate and caring. My hobby is working out and I am seeking a SWF, 27-39, for a long-term relationship. Ad#: 1934

SEEKING LOVE, HERE'S YOUR MAN
I'm a brown-eyed, well-mannered, SWM, 44, 6', 240lbs., who's seeking a life-loving, SWF, 29-39, for a possible relationship. My hobbies include in-depth conversation, the outdoors, coffee-clutching and meeting new people. Ad#: 6744

BUILD A FOUNDATION
I'm a clean-shaven, kind and caring, SWM, 29, 6'1", who's interested in meeting a personable, SF, 19-45, for a possible relationship. I enjoy cycling, long-walks, computers and the great-outdoors, Ad#: 9510

HEAVEN IF YOU HEAR ME...
I consider myself to be an easygoing, SWM, 52, 5'7", 170lbs., semi-retired, my hobbies include fishing, golfing and romantic moments at home. I'm seeking a SF, 50-60, with similar interests. Ad#: 2476

FILL MY EMPTY HEART
I am a funny, trustworthy, single white male, 25, looking for a single white female, 20-28, who's not into head games. I enjoy going to movies and spending time with that someone special. Ad#: 7129

MEANT TO BE
If you are looking for a very honest SWM, call me..I'm tall, attractive and 39 years old. My interests are the outdoors, boating and dining out. You are a SWF, over 30, who loves to laugh and cuddle. Ad#: 3596

FOLLOW YOUR HEART
I'm a kind-hearted, SWM, 33, who's confined in a wheel-chair. I would like to spend quality time with a caring and understanding, SWF, 29-33, for a possible relationship. I enjoy a wide variety of interests and wish to share them with you. Ad#: 1256

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ARE YOU THE LOVING TYPE?
Honesty tops my list. I'm a personable, SWM, 44, who enjoys camping, long walks, going to the movies and spending quality time with that special someone. I'm interested in meeting a SF, 34-42, for a possible long-term relationship. Ad#: 1067

VOYAGE TO ETERNAL LOVE
Jolly, likeable, SWM, 50, 5'10", 200lbs., with brown hair/eyes, is easy to get along with, hobbies are hunting, fishing and watching movies, is seeking an easygoing, happy, SWF, 45-52, who likes to laugh. Ad#: 7652

WHAT A GUY!
I'm an easygoing, outdoorsy, SWM, 20, who enjoys watching the sunset over the lake, in-depth conversation and spending quality time with that special someone. I'm seeking a SWF, 18-28, who's interested in a long-lasting relationship. Ad#: 3894

IF ONLY YOU KNEW
Caring, active, SWM, 42, 5'9", 190lbs., with blue eyes, who enjoys sports, feels he will bring honesty to the relationship. Hoping to meet an attractive, SWF, 33-38, N/S, for quiet evenings together. Ad#: 3641

STILL LOOKING
Shy, hardworking, fit, SWM, 37, 6', 205lbs., with brown hair and hazel eyes, feels he will bring honesty to the relationship, is seeking a hardworking, SF, 30-40, who enjoys working out, the outdoors and quiet romantic evenings. Ad#: 2196

DON'T PASS ME BY
6' tall, SWM, 42, is attractive, warm, spontaneous, sensitive and loves children, animals and is fun to be with. Seeking SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

FIND OUT TODAY
Funny, easygoing, SWM, 34, 5'9", with brown hair, blue eyes, likes having a good time, hobbies are movies, snowmobiling and sports, feels he will bring good times to the relationship. Seeking a SWF, 23-35, to spend time with. Ad#: 1673

NO HEAD GAMES!
Easygoing, somewhat shy, SWM, 21, 5'7", 110lbs., with brown eyes, enjoys clubbing, working around the house and spending time with family, is seeking a nice, sincere, SF, 19-24, to get to know. Ad#: 5767

DESERVING
I am a good looking, SWM, 38, 5'11", with brown hair/eyes, good-hearted, very good- natured, enjoys music and outdoor activities. I'm hoping to meet an attractive, athletic, SWF, 26-42, who is caring and honest. Ad#: 6450

NEVER A DULL MOMENT
Single white male, 20, 5'6", 150lbs., brown hair, green eyes, with a carefree attitude, likes biking, seeking a compassionate, single white female, 18-21. Ad#: 8672

MATTERS OF THE HEART
SWM, 38, 5'11", 180lbs., with dark hair/eyes, kind, caring, considerate and honest, is seeking a compatible, SWF, 19-38. He enjoys working out, golfing and more. Ad#: 4013

PLEASANT
Outgoing, honest, SWM, 33, 5'8", 150lbs., with black hair, green-brown eyes, enjoys the outdoors, hockey and downhill skiing, feels he will bring understanding to the relationship. Seeking a compatible, intelligent, SWF, 22-35, with similar interests. Ad#: 8167

POSITIVE ATTITUDE
SWM, 49, 5'8", 150lbs., blue eyes, sandy hair, enjoys people. Hobbies include working out, long walks, all sports, anything revolving around the beach and live theatre. Looking for an honest, caring, special person, to build a strong relationship with. Ad#: 8472

ONE STEP AT A TIME
Shy, quiet, humorous, tall, employed, SWM, 28, 6', 160lbs, enjoys watching sports, fishing, going on tours, and much more. He seeks an honest, caring, SWF, 19-28. Ad#: 2856

LIFE, LOVE & LAUGHTER
I'm a SWM, 42, 5'6", 215lbs., who's looking to meet a SWF, 30-42, for a possible relationship. My hobbies include the outdoors, meeting new people, camping, movies and the arts. Ad#: 3181

MOONLIGHT
SWM, 35, 6'2, with blond hair and blue eyes, is loving and romantic. Enjoys movies, going to the park and would like to meet a SWF, over 18, who's totally honest and caring. Ad#: 3304

HERE HE IS..
Make a fresh start with easygoing, loving, friendly, SWM, 33, who has blondish-brown hair. He likes long walks, camping, and watching movies. You should be a very kind, SWF, 30-35. Ad#: 8116

LOVES ON THE WAY
I'm a caring, loving and compassionate, SWM, 37, 5'7", 170lbs., who's looking to meet a SWF, 28-38, for a possible relationship. I enjoy dining out, the outdoors and socializing. Ad#: 9349

HERE'S YOUR CHANCE TO MEET A..
Single white male, 26, 5'8", with brown hair and blue eyes, would like to meet a single female, under 40, with similar interests. His hobbies are working out, various sports and more! Ad#: 1912

LOVE AWAITS
SWM, 41, 5'2", 180lbs., with brown hair/eyes, outgoing, straightforward, likes fishing, playing cards and long walks, is seeking a truthful, caring, SWF, 30-40, with similar likes. Ad#: 2392

COMMUNICATION
Brown hair and eyes, 5'7", fit, good looking, easygoing, SWM, 41, likes dining out, spending time with family and skiing. Seeking a special SF, 19-43, if you think you're compatible...leave me a message! Ad#: 2671

SEARCHING
Athletic, SWM, 22, 6', 175lbs., with brown hair, blue eyes, caring, funny, hobbies are sports and cute girls, is seeking a pretty, SF, 18-25, who likes having fun. Ad#: 9736

THE SEAL OF EXCELLENCE
I'm a healthy, easygoing, SWM, 59, 150lbs., who's looking to meet a considerate, SWF, 50-60, for a possible relationshiop. My hobbies include golfing, long-walks, meeting new people and life in general. Ad#: 9318

WHY NOT ME?
Large built, SWM, 38, 6'2", funny, caring, intelligent and compassionate, likes reading, writing, the internet. Disabled, is seeking an honest, SWF, 30-44, who has a great sense of humor. Ad#: 9344

UPLIFTING
Blond hair, blue eyed, SWM, 20, is easygoing, outgoing and fun. Playing basketball, biking, camping and walking are what he like, is looking for a family-oriented, SWF, 18-23. Ad#: 1801

NEVER A BORING MOMENT
Blond, blue eyed, SWM, 20, 170lbs., with a medium build, friendly, well-spoken, outrageous, likes long drives, snowboarding and more. Seeking an honest, secure, SWF, 18-20, who is willing to try different things. Ad#: 6520

SHY BY NATURE
5'5", 150lbs., SWM, 42, has blue eyes and is quiet, funny and enjoys fishing, walks and more. Seeking a SWF, 28-43, who is outgoing and fun-loving. Ad#: 5893

THE PERSONALITY COUNTS
Hello it's me. I'm a fun-loving, SWM, 24, 6'4", 170lbs., who's interested in meeting an honest and caring, SWF, 23-29, for a possible relationship. I enjoy socializing, meeting new people and living each day to the fullest. Ad#: 7414

THE TIME IS RIGHT
Witty, kind-hearted, SWM, 27, 5'10", 155lbs., with blue eyes, dark hair, who loves to laugh, enjoys acting, playing drums and movies, is seeking an honest, funny, caring, SWF, 21-30, to get to know. Ad#: 5512

SIMPLY ALLURING
Shy, SWM, 25, enjoys being active, sports, socializing and will bring friendship into a relationship. He is hoping to meet an outgoing, SWF, 19-32, to spend quality time with. Ad#: 8100

MULTI-FACETED
I'm an honest, blue-eyed, SWM, 35, 5'10", 190lbs., who's looking to meet a kind and caring, SF, 19-40, for a possible relationship. I enjoy working on cars, dining out, going to diner and of course dancing. Ad#: 2833

LADIES...
Games are for kids, not me. I'm a hardworking, kind and caring, SWM, 51, who's seeking a life-loving, SWF, 35-55, for a possible relationship. I enjoy the outdoors, animals, in-depth conversation and spending quality time, with the one I love. Ad#: 2724

HERE'S TO NEW BEGINNINGS
I'm a fun-loving, SWM, 22, 5'2", 140lbs., who's seeking a life-loving, SF, 19-27, to share the joys of life with. I enjoy the outdoors, in-depth conversation and sharing those speciai times with family and friends. Ad#: 1935

LOVES GOTCHA!
I'm a fun-loving, honest and trustworthy, SWM, 28, 6', 170lbs., who's looking to meet a hardworking, kind and caring, SWF, 21-30, for a possible relationship. I enjoy golfing, the outdoors, reading and spending quality time with that someone special. Ad#: 7956

FINALLY..
SWM, 45, is 5'7", with brown hair and hazel eyes. Very honest, sincere and romantic. Likes quiet times, movies, dancing, boating, the outdoors and golf. Hoping to find a SWF, 31-46. Ad#: 3196

GET BACK TO ME
Intelligent, concerned, SWM, 40, 5'9", 170lbs., blue eyes, brown hair, enjoys the great outdoors and living life to the fullest. Seeking an open-minded, communicative, intelligent, SWF, under 50, for a possible relationship. Ad#: 7555

Females Seeking Females

TO THE POINT
Caring, honest, loyal, single white female, 22, looking to meet a single Asian female, 18-35, who enjoys reading, music and hanging out with friends. Ad#: 7562

HOOKED ON LOVE
Caring, sensitive, SWF, 29, 5'2", with brown hair/eyes, has a great sense of humor, hobbies are sports, reading and quiet dinners. Looking for an honest, caring, SF, 19-45, who doesn't mind listening. Ad#: 5007

MINUTES AWAY
N/S, non-drinking, SBF, 20, 6'1", is sweet, romantic and enjoys classical music and the violin. Looking for a SM, who is charming and sharing. Ad#: 1520

ONE STEP AT A TIME!
Are you classified as a liar and a cheater? If so, then this may not be the right ad for you, because this SWF, 34, wishes to meet an honest and faithful, SWF, 19-38, for a possible life-long relationship. Ad#: 2620

STILL LOOKING
This SW mom, 22, with brown hair and brown eyes, is outgoing and easy to talk to. She would like to meet a SWF, over 19, to be there for her. Ad#: 5972

FIND OUT TODAY
SWF, 26, wuth brown hair and brown eyes, is very easygoing and enjoys walking and socializing. Would like to meet a trustworthy, loving, SF, 19-45, to spend time with. Ad#: 8876

NONE BETTER
Outgoing, clean, full-figured, fun-loving, honest, employed, SWF, 23, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 25. Ad#: 1835

I SHOULD HAVE TOLD YOU
Nice looking, full-figured, SWF, 23, is out-going, very easy to get along with, likes cooking, long walks, swimming and talking for hours, is seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

YOU CAN COUNT ON ME
Fun-loving, easygoing, SWF, 21, smoker, 5'10", with dark hair, enjoys reading, watching movies, and going out. She is in search of a sincere, honest, easygoing, SF, 19-30. Ad#: 5790

PASSION FOR JOYS OF LIFE
Call this easygoing, humorous, SWF, 28, 5'5", 167lbs., with brown hair and hazel eyes, smoker, social drinker, who likes to read, draw, and sports. She is searching for an easygoing SWF, 29-42, who is great with kids. Ad#: 6882

PATIENTLY WAITING
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DANCES WITH WORDS

Much Ado About Names - Again

The December third column "A Walk Down the Streets of Cornwall" prompted several people to contact me about my reflections on the many streets that bear the first names of people. I will be sharing some of their information with you in a later article. In the meantime, here's some of my thoughts and observations about the names of a few of the streets and roads of rural Stormont, Dundas and Glengarry.



Nick **WOLOCHATIUK**

The prize for the most unimaginative certainly must go to 'Street Road' of what was Charlottenburgh Township. Williamstown's 'St. Mary St.' sign offers an interesting double-entendre. There are no banks on Newington's 'Saving Street'.'Bog Road', southeast of Newington, must be a real estate agent's nightmare. I wonder if 'Randy Street' is named after a person or a state of arousal. Are there any sightless people living along 'Blind Road'? There are several 'Bridge' streets in the towns and villages of SD&G. However, I doubt if there are any dental fixture establishments along those streets .

Near Kirkhill is 'Crooked Road', a name which could have been equally suitable for Loyalist Road, Munroes Mills Road and Lakeshore Road (east of Loch Garry) and Heron Road (formerly known as 'South River Road', but many confused it with the 'South Branch Road'), .

Search as one might, there's no evidence of a chapel on 'Chapel Hill Road'. (That road is a northward extension of the Summerstown Road (SD&G 27).

I'm waiting for the day when some North Glengarry Township place name committee will mandate the renaming of Loch Garry. To be politically correct, but linguistically wrong, they might sign it 'Lac Loch Garry Lake', just to please the local French, Scots and English. However, the local Italian-speaking population might insist upon 'Lac Loch Lago Garry Lake'. With a tag like that, they'd have to make the lake bigger, which would remedy Alexandria's chronic water shortage problem.

However let me get back to the topic, street and road names of our rural areas, despite the fascinating names our local bodies of water have. I may return to that topic some other day.

Linking the South Branch Road (SD&G 19) with the Kings Road (SD&G 18) and Martintown is 'Nine Mile Road'. If that name were to be 'metricated', it would become "Fourteen Point Five Nine Three Five Kilometer Road'. However, before anyone considers doing that, we should try to discover the original significance of the name 'Nine Mile Road'.

Measure as I might, I haven't discovered whatever its original significance might be for 'Nine Mile Road' is less than two miles long. As the crow flies, its north end is less than seven miles from the St. Lawrence River, its south end even less. Its north end is about nine miles north of Akwesasne's Snye, Quebec, more than nine west of Highway 34 ('Military Road'), about nine east of Harrisons Corners. A bit more than nine miles north is Dornie.

However, if the crow is looking for an extra copy of the Seaway News, a nine mile drive along the Kings Road will take the crow to The Brown House Corner corner store. Copies are available there. Could that be how 'Nine Mile Road' got its name!

It is so good that we have a road named after one of our most beloved poets, Robert William Service (1874-1958), author of "The Cremation of Sam McGee" and many other delightful ballads. 'Service Road' is on the north side of Highway 401, connecting McConnell Road to Boundary Road. Did Service ever live there, write there, or even sleep on our 'Service Road'?

Is the 'First Line' of Lancaster Township (now 'South Glengarry') named after the first line, "There are strange things done in the midnight sun"?

I hope you've enjoyed this week's literary ramble along our rural streets and roads. If you wish to contact me with any story ideas (homes, pets, people, places...), corrections, additions, or comments, call (613) 347-3160. Leave a brief message on our answering machine, but be sure to include your name and telephone number. If you like to lick stamps, address your letter: "Nut Hill", RR #2 Williamstown, K0C 2J0". If E-mail is your thing, send something to 'nuthill@glennet.ca".

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This article was prepared by AGF Investments for James R. Magie, Vice President, Investments, who is an Investment Professional with Hunt Financial Services Inc.

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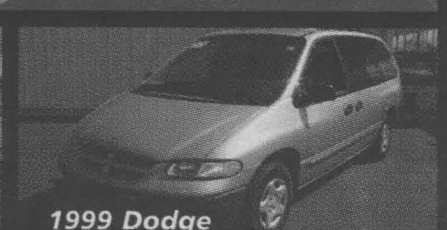

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HOROSCOPES

January 16-22

Aries – March 21/April 20

Speak your mind when it comes to a business matter that really upsets you. Let your associates know what you think. You'll be surprised at how many agree with you. A good friend asks you a personal question. Don't answer it if you don't want to. He or she won't be offended.

Taurus – April 21/May 21

Don't keep your emotions bottled up early in the week, Taurus. Let that special someone know what you're thinking. He or she certainly wants to help you feel better. All you have to do is let him or her. A loved one drops by unexpectedly late in the week. Listen to what this person has to say. He or she just needs someone to talk to.

Gemini – May 22/June 21

You feel like you're on an emotional roller coaster this week, Gemini. Talk to someone close to you. He or she can help you sort out your feelings and get back on track emotionally. Don't be afraid to ask this person for help. A business associate reveals his or her true feelings for you. Let this person down gently.

Cancer – June 22/July 22

Don't get stressed about an impending deadline. You are sure to meet it if you just calm down and get organized. You can do it. Work diligently, and don't let those around you distract you from your work. Don't worry. Things will be finished by the end of the week, and you'll have plenty of time to relax.

Leo – July 23/August 23

You become the center of attention at work this week, Leo. Don't be embarrassed; you deserve the praise and acknowledgments. Your hard work finally pays off. A close friend introduces you to an intriguing person. Get to know him or her better, because this could be the one.

Virgo – Aug 24/Sept 22

Don't be too critical of yourself when you make a mistake this week. It's nothing serious, and you remedy the situation almost immediately. No one else is worried about it; why should you be? Let it go. A loved one needs your advice on a financial matter. Be honest with him or her.

Libra – Sept 23/Oct 23

Even though you want to, don't get involved when two friends have a disagreement. This is something that they need to work out themselves. Your input only will make matters worse. Sagittarius plays an important role on Friday.

Scorpio – Oct 24/Nov 22

Your ego could get you into trouble with business associates this week, Scorpio. So, don't be too cocky when meeting with the higher-ups. They know what you're capable of; they also know what your co-workers can do. So, don't put others down to try and get ahead. It won't work.

Sagittarius – Nov 23/Dec 21

Don't let a minor disagreement with a loved one spoil your good mood this week. This person doesn't mean to hurt your feelings. So, don't take it to heart. Just let it go. A good friend invites you out on Saturday. Say yes, because it's sure to be a good time. Taurus plays a key role.

Capricorn – Dec 22/Jan 20

Don't get upset when a co-worker takes control of a business situation. You know that he or she is the best-qualified person to handle the problem. Just do what you're told, and try to learn a few things. That special someone has a surprise for you. Enjoy yourself!

Aquarius – Jan 21/Feb 18

Don't be too critical of an acquaintance who makes a mistake early in the week, Aquarius. He or she is wrong and readily admits that. Help him or her remedy the situation. Your assistance definitely will be appreciated. The person whom you've been seeing wants to intensify the relationship. Say yes.

Pisces – Feb 19/March 20

Go after something that you really want this week. Don't let this opportunity pass you by. If you work hard and stay focused, you're sure to get exactly what you want. A loved one offers to help you with a romantic problem. Don't be too proud to say yes.

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