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SEAWAY NEWS

March 16, 2001 VOLUME 15, ISSUE 11 SERVING CORNWALL AND AREA

Ice Show & Spaghetti Feed at Viscount Alexander School



Viscount Alexander held a Stars on Ice Show and Spaghetti Supper on March 8th. The event was organized by the parent council to help raise money for school playground equipment. Twenty-five children from kindergarten to grade 8 entertained with an ice show that lasted over twenty minutes. After the show, over 150 patrons enjoyed a spaghetti supper in the gymnasium.

Enjoying the spaghetti feed are (l-r), William Lecky (age 6), Michael McCoubrey (age 9), Joshua O'Reilly (age 8), Megan Boland (age 8), Emmett Raymond (age 9), Kenneth McCoubrey (age 7) and Dominic Marceau (age 7).

Story & photo by Chris McPhee

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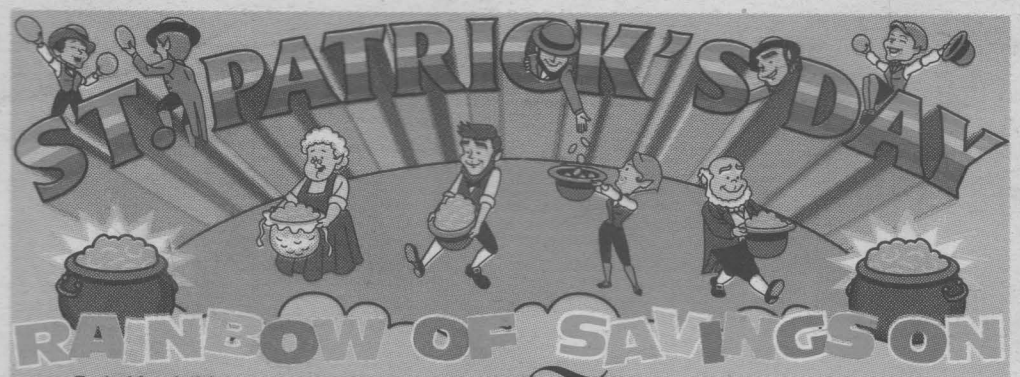

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Secrets Underneath The Snow

Kaleidoscope

H.B.
KANTERS

The other day, I found out that under all that snow the ground is frozen only two inches deep. I didn't know that. All my life, I thought the ground freezes two feet and stays that way until March or April. Now Robert tells me how wrong I've been.

Robert is the man who's been clearing my driveway since I moved to Eastern Ontario fourteen years ago, on March 19th, to be exact. He runs a small beef farm but also has all sorts of interesting machines. With them he digs ponds, puts up fences, hauls gravel and top-soil and pulls cars out of the ditch when necessary. Besides that, he works for the hydro companies when they need his expertise. During the ice-storm of '98, Robert's back-hoe brought in more money than a life-time of plowing the neighbours' driveways would, but he continues to do so anyway. He's come to my place nine times this season, from December 11th to the last time on February 15th. I never have to call him, sometimes I don't even notice he's out there, because he clears my huge driveway in less than ten minutes. He told me working for the hydro company has taught him the efficient use of expensive machinery and never to waste fuel – the man turns off the motor when he chats with me and that tells me a lot.

The grasses and wildflowers in my back field are still completely covered with this season's heavy snowfall and I know the seed-eating songbirds have really suffered. I also know the field-mice are having a great time beneath that three-months-long blanket of snow. What I didn't know is that a continuous, heavy snow cover completely changes the dormant plant life, below which in turn changes what happens when spring arrives.

This makes a lot of sense, of course, since snow is the best mulch any gardener could wish for. A winter-long snow cover acts like an insulating blanket, it prevents temperature fluctuations in the soil beneath. Besides that, it isn't dark under this blanket. The snow settles and becomes denser but it still transmits a fair amount of both air and light to the vegetation underneath. This allows many plants to keep their roots active, and to carry on low levels of life-saving photosynthesis. That explains why crocuses and snowdrops can send their flowers peeking through the snow long before the tulips and daffodils finally come up.

Robert says we're going to have an early spring, but I think we can't be certain of anything. This snow could be gone a week from now, and we could have the gardeners out wielding the tools of their beloved trade – or we could have another three-day blizzard bringing our way of life to a sudden halt. Nature is still the force to which mankind must yield.

Several of my friends have already started their vegetable seeds indoors and every year it gives me great pleasure to cheer them on. It's like a private insurance policy that guarantees me the overflow of their harvest later on in summer.

This reminds me of a poem, written for young children, but close to the heart of all who are anxious for spring to arrive. It goes like this:

"In the heart of a seed lying deep so deep
A dear little plant lay fast asleep
Wake said the sunshine and creep to the light
Wake said the voice of the raindrops bright
The little plant heard and it rose to see
What the wonderful outside world would be."

And it is a wonderful world out there.

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LOCAL

——GUEST COLUMNIST——

"There, But For The Grace Of God, Go I"



Health Care

Murray **Halkett**

We've often heard the above expression, or used it to describe a situation that could have involved us. This expression applies to the position of a hospital Food Services Manager, one of the most difficult jobs in a hospital. Let me explain.

We are all experts when it comes to food. We consume it daily and it is usually prepared to our wishes in sufficient quantity. However, when you come to a hospital, everything changes. What are some of the differences and situations that make meals a challenge for the Manager?

First, at least half of all patients are on a special diet. This diet often has no salt or spices and tastes bland.

Another problem is the short length of stay for many patients. Initially, their diet may be only fluids and soft foods and by the time they are ready for a solid meal, they go home.

Timing is also a big part of producing satisfied customers. The food can leave the main kitchen in excellent condition and by the time it gets to the patient and the lid is lifted, it may no longer be palatable. If the patients are too weak to serve themselves they will need help from a nurse. If the nurse can't feed a patient when the tray arrives, condensation will build up and the quality of the meal drops.

It is interesting to note that the Ministry of Health measures hospitals by the cost of their meals, not on the level of satisfaction. Accordingly, hospitals are under pressure to constantly find economies in the purchase, production and delivery of food. Inevitably, this means less selection, something that a long-term patient will notice in particular.

In Ontario, when asked the question, "What is your overall opinion of the food served during your stay?," 21 per cent said the food was excellent, 41 per cent good, 26 per cent fair, eight per cent poor and five per cent very poor. These ratings are satisfactory but a long way from the positive score of 89 per cent when asked, "Would you return to this hospital for your medical care?"

The challenge of providing quality hospital food is not limited to Canada. The British Association for Experts in Hospital Nutrition claims many patients, already malnourished, deteriorate when they come into hospital. Some suggest more than half the food served is thrown away at huge costs as patients find it unpalatable. One example was given of a 90-year-old woman at Guy's Hospital in London who was forced to eat poached eggs on whole wheat toast when she wanted fried eggs on white bread. Apparently, this lady had eaten white bread and "fry ups" all her life.

However, on the other side of the Atlantic, the cuisine of the Massachusetts General Hospital permitted their Food Manager to be selected as the best restaurateur of the year. Apparently, hospital patients can look over a menu and choose from eight varieties of soup and 14 entrées complete with dessert specials. Nothing is canned, nothing is pre-packaged, just fresh food cooked until it is 70 per cent done, then "blast chilled" until it is time to quickly finish cooking and deliver it.

In competitive markets such as Boston and other American cities, hospitals compete because they have the potential to increase revenue by increasing patient numbers. The opposite occurs in Canadian hospitals. Our budgets are primarily set by the money received from the Ministry of Health. Further, our hospitals are so full there is no reason to attract new patients. Canadian hospital managers control expenses as there is little opportunity to increase revenue.

Most hospitals in Canada today, including the Cornwall General, obtain most of their food from off-site manufacturers. The food is delivered frozen to the hospital in bulk. As needed, it is thawed, portioned and placed on patient trays and through the use of special reheating carts, the hot portions of the meal are heated to the proper temperature. This method can produce high quality meals, but it is not home cooking. Accordingly, when the experts (us) are on the receiving end, some will find the food not to their liking. It appears to be a norm that hospital Food Services Managers must fight an uphill battle to produce satisfied customers. At the Cornwall General, our Manager and his team have just introduced a new menu. This menu allows more choices and bigger portions. Early indications (very little food is coming back on patient trays) are that the changes are working well.

Maybe in the coming months these changes will elevate our ratings above the provincial norm and no one will think, "There, but for the Grace...".

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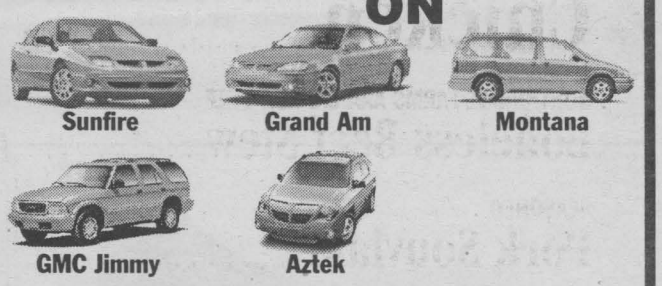

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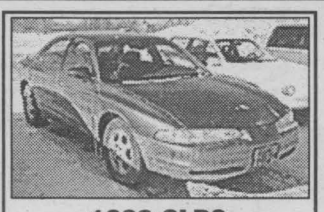

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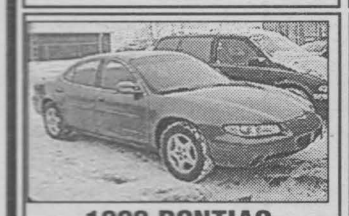

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The Campeau family is sending out a big bouquet of flowers to the nurses in ICU for taking such good care of our Dad. Also, nurse Margaret on 5th floor for her compassion, nurse & friend Donna Rice and the two congregations for the gifts of food at the restaurant. Your thoughtfulness will never be forgotten.

Ray & Monique Campeau/D'Alessio.

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DEMPSTER'S Frameworks

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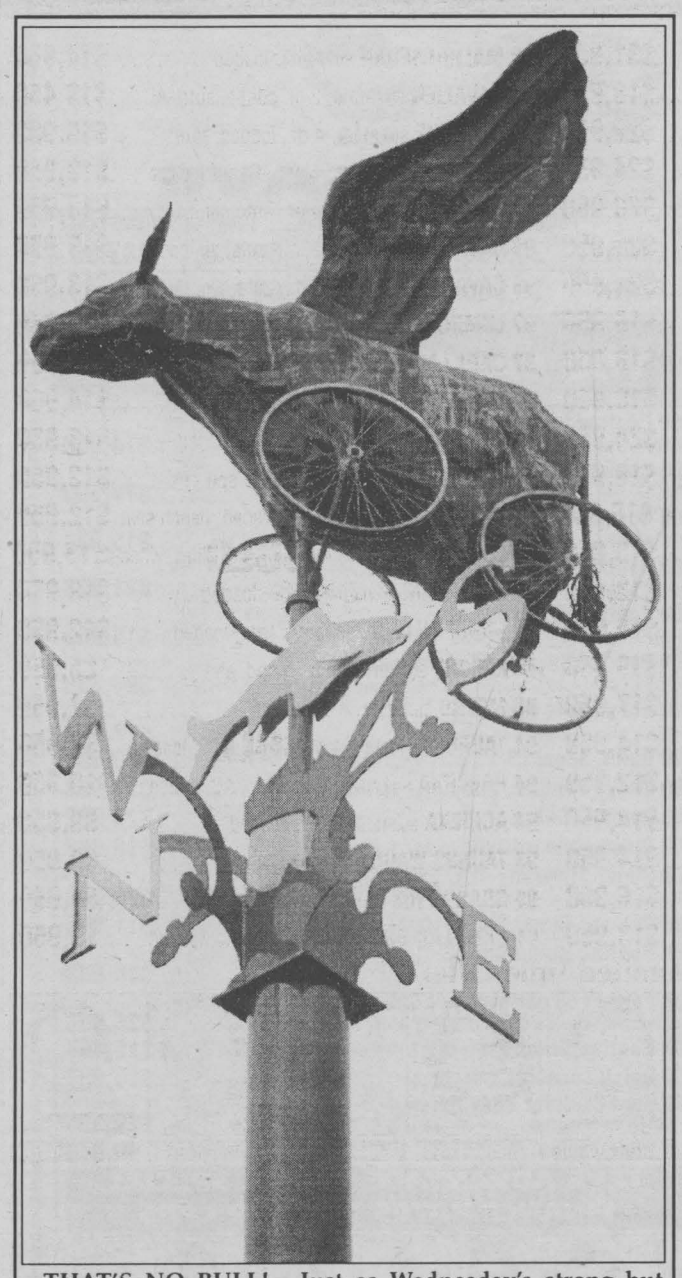
The 17th of March is ... that's right, St. Patrick's Day. See if you have the luck of the Irish with words.

•Blarney:
a) boastfulness b) nonsense c) material d) public house
•Dulse:
a) candy b) mist c) edible seaweed d) ointment
• Verdant:
a) sharp b) harmonious c) green in colour d) optimistic
• Poteen: a) short poem b) stew c) chieftain
d) illegally distilled whiskey

Tim Hortons at the new Brookdale Centre looks great!!
A regular

It's time for City Council to grow up and begin acting professionally. If more votes were recorded, none of this "he said," "she said," "I don't know," would be stated at each council meeting.



THAT'S NO BULL! - Just as Wednesday's strong but shifting winds caused the bronze bovine weather vane to shift, Canada's farmers are demanding a strong shift in government farming policy. For related story, see page 7.
(Photo by Nick Wolochatiuk)

Don't miss this one ... your help is needed. **A blood donor clinic will be held on Tuesday, March 20th at the Hotel Dieu Hospital.** Call 1-800-264-0680 for an appointment.

Stupid Quote of the Week: "Be sure and put some of those neutrons on it."
Mike Smith, Baseball Pitcher, ordering a salad at a restaurant.

Stand your ground Korey!



Scuttlebutt

Hello ... Is There Anyone Out There?
We want to remind everyone out there that this is **your public forum** ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8
by Fax 933-0024
or E-mail your little ditty to us at scuttlebutt@cornwallseawaynews.com

Caller disappointed that there was no student rate for the recent Garden Bros. Circus. Perhaps if this was considered, more students would have attended during the March Break.

Pet Tip of the Week
Q: Should my female dog be allowed to have one litter?
A: There's no reason for a female dog to have even one litter. It won't make her a better companion, and it will increase the likelihood that she will develop mammary cancer. Spaying a dog before she goes into heat even once greatly reduces the risk of her developing mammary cancer. *Be smart - have your pets spayed or neutered.*

Congratulations to the Councillors for deciding that traffic lights at Vincent Massey and Power Dam are a "go". This decision placed safety first.

Home Decorating Sale



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Seaway News wishes a very "Happy St. Patrick's Day" to everyone on March 17th!!

Cheer up Parents ... March Break is almost over ... just think, summer vacation is just around the corner!

Ways and Means: A friend of mine told me she knows someone who, when company is coming and the house is a mess, takes out her old get-well cards and places them on the mantel.

A responsible pet owner is one who keeps their pets on their own property.

Bumper Sticker of the Week: "Be nice to your kids. They'll chose your nursing home."

Words to Ponder ... "You know, I really don't think I need buns of steel. I'd be happy with buns of cinnamon."
Ellen DeGeneres

Does a certain gentleman from Long Sault have a chair fetish??? There is no need for alarm folks, because he has emphatically announced he will not perform in public again! Is this decision due to all the ribbing and teasing? His friends will greatly miss his stamina and loud vocal performance on stage.

Reader comments on the Max Haines column ... nice addition!

Answers to Irish Words:
• Blarney: b) nonsense; as he gave her blarney about why he was late. From Blarney Stone, a stone in Blarney Castle, near Cork, reputed to give skill in flattery to those who kiss it.
• Dulse: c) edible species of seaweed; as, when the tide is low, the dulse gatherers go to work.
• Verdant: c) green in colour: as, the verdant hills of Ireland.
• Poteen: d) Irish Whiskey, illegally distilled, as, "One man told me of the poteen drinking that takes place at some funerals."

Is it true that Roger needs a vacation after his exhausting performance on stage recently? Why does his left hand automatically extend forward when people want to shake his hand? Does a left-handed shake feel better than a right-handed one??? Thanks for chasing away the winter blues, providing us with lots of wonderful memories and tons of laughs.
Love, from your dancing buddies.

Yahoo ... the first day of Spring is just around the corner.

The South Stormont Minor Hockey Association would like to thank Tim Horton's on Brookdale Avenue for donating the Timbits to the Initiation Programs Fun Day on Monday. ***The kids really appreciate the support from Tim Horton's.*** Congratulations to the kids themselves for selling 50/50 tickets and pucks for the "Puck Throw". These energetic kids raised quite a bit of money for the hockey teams.

A sure sign of Spring ... is the opening of sugar camps ... mmm good!!

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.advantagesadvertising.com
Your own submissions are always welcome!
Send them to
smile@advantagesadvertising.com

Oh Grandma

The little boy greeted his grandmother with a hug and said, "I'm so happy to see you grandma. Now maybe daddy will do the trick he has been promising us."

The grandmother was curious.

"What trick is that my dear," she asked.

The little boy replied, "I heard daddy tell mommy that he would climb the walls if you came to visit us again."

Thanks to the staff at Cuts 'N More who were working on Sunday afternoon. My sister really does like her haircut and I will definitely bring her back for a trim ...

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Regarding an article in the daily newspaper, March 3rd, "Dog Struck by Snowmobile." *An official from a snowmobile club stated that the owner of the dog is not a member and should not have been on the property.* Really!

It's amazing how snowmobiles cross front yards of homes, cut through school and church yards, playgrounds, public parks, bicycle paths and use sidewalks in villages. As one person said it, they can be like bandits. They can go anywhere there's snow. *You can't tell who they are and you can't see their licence plates because of dirty snow. The police can't catch them without access to a snowmobile themselves.* They are so fast that it's a wonder more people and animals aren't injured or killed.

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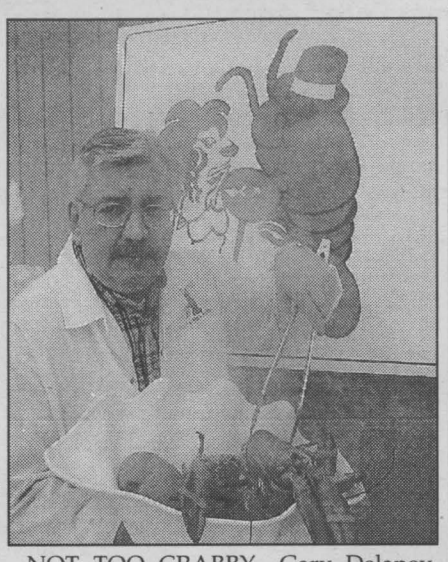
LOCAL

Claws For Celebration

The Alzheimer Society of Cornwall and District is certainly not "crabby" about ticket sales on their Lobster Blast promotion. Sales never "crawled along," and the Society is proud to say that the raffle is nearly sold out! The grand prize will be a catered backyard lobster feast, with 100 pounds of fresh-cooked lobster courtesy of Delaney's Fine Fish and Seafood. "To complete the party, Joey's Only Seafood Restaurant has come forward and offered to supply all the side fixings, including coleslaw, buns, rice, and hot butter!," offered Craig Smith, Education Coordinator for the Alzheimer Society.

"The promotion just kept growing from there, capped off with a generous offer by well-known local singer Barry Williams to supply a rollicking round of East coast tunes to set the mood for a lobster party!" Public opinion of the promotion has been very positive. "We've had people buying over $100 worth of tickets at a time, and entire workplaces buying up bunches of tickets in hopes of winning the party for their office," offered Smith. "People have told us it's the most original promotion they've ever heard of, and it's all thanks to Gary Delaney's generosity." Tickets are going fast, but are still available from the Society's booth in the Cornwall Square, at the foot of the escalator, from Monday to Friday from 9 a.m. to 3 p.m. as well as from the Alzheimer Society, Delaney's Fine Fish and Seafood, and Joey's Only Seafood Restaurant.



NOT TOO CRABBY—Gary Delaney, owner of Delaney's Fine Fish and Seafood, is very pleased with the success enjoyed by his promotion with the Alzheimer Society of Cornwall and District. Tickets are going fast, but are still available by calling Delaney's.

Photo by Craig Smith

Provincial Liberals Elect New Executive

The Stormont-Dundas-Charlotten-burgh Provincial Liberal Association elected its new executive at its annual meeting on March 8th, 2001 at the Long Sault Arena in Long Sault.

Elected as President was Brian Lynch. Morris Shaver was elected as Vice-President. Other officers elected were Treasurer, Ann Germain-MacMillan; General Secretary, Larry Berry; and Membership Secretary, Ruby Antle. Lyle Van Allen is the immediate Past President.



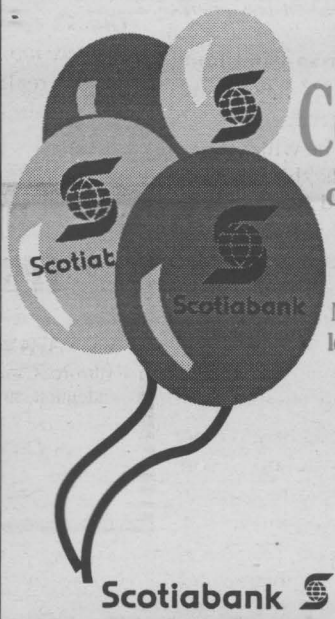
LYNCH

The following were elected as Directors of the Association: North Dundas: Karen Switzer-Howse; South Dundas: Susan Adams and Leona McIntosh; North Stormont: John Van Turnhout and Eric Meth; South Stormont: Sharon Duprau and Ann Bruining; Charlottenburgh: Gilles Bourgon and Ryan MacKay; Cornwall: Ariane Carriere, Charles Eadie, Syd Gardiner, Norm Lalonde, Bill LaSalle, Robert Lauzon, Anthony Oliver, Dianne Poirier, Don White and George Assaly.

Elected as Directors-at-large were Darylene McCormick and Helmut Kolbinger.

Lynch stated, "The Ontario Liberal Party of Dalton McGuinty and John Cleary will put an end to Tory arrogance and incompetence, stop the confrontation and division, and bring us together in a brighter future."

Lynch said that the provincial Liberal Party was working on a platform to restore public health care and public education, to help farmers and to tackle the province's environmental problems.



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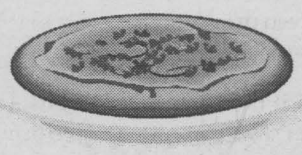

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Crime Flashback

Max **HAINES**

Nola Jean and Larry Weaver lived in the tiny community of Long Grove, Illinois, located about 60 km northwest of Chicago. The Weavers, both well-educated, had it made in the shade. Larry was the district superintendent of schools, while Nola Jean was a physical education teacher at a nearby high school.

Larry's father had given him enough money so Larry could afford his sprawling ranch style home. By 1977, the Weavers, in their mid thirties, together with their eight-year-old daughter Tiffany, were living the American dream. House, cars, careers; the world was their oyster.

On December 5th, 1977, at the ungodly hour of 1 a.m., Nola Jean, dressed only in her nightgown, showed up on the doorstep of her immediate neighbours, the Goodfellows. She was carrying Tiffany in her arms. Almost incoherent, she blurted out that there had been a shooting and that their house was on fire.

Goodfellow called the police and the volunteer fire department.

As it turned out, the fire was confined to the master bedroom. When the door was opened, firemen quickly extinguished the blaze, which seemed to be concentrated on the king size bed. On the left hand side of the bed was the horribly burned body of Larry Weaver.

Distraught Nola Jean was questioned at her neighbours' home. According to her, the family's two dogs woke them up at a few minutes to one. Larry got out of bed to investigate and returned a short while later. He whispered to her that there were two men in the house.

Larry told her to fetch his .22 calibre rifle and get out of there fast. She had just made it out of the bedroom when she was accosted by the men, who wrestled the rifle from her grasp. They shouted to Larry to put up his hands, which he did. The intruders then insisted that he turn over $750,000 to them.



Illustration: drawing by Pam Davies

From their conversation, Nola Jean believed the men had mistaken their home for that of a wealthy doctor. Larry pleaded that he didn't have that kind of money, but could lay his hands on some cash for them. The men agreed. One stayed with Nola Jean, while the other drove off with Larry, who was still clad in his pyjamas. Fifteen minutes later her husband and his captor returned empty-handed.

Larry was ushered into the bedroom. Nola Jean heard shots, then the two men fled. She fetched Tiffany and ran to the Goodfellows'. She gave police a detailed description of the two white men who had killed her husband.

An autopsy revealed that Larry had been shot twice in the head before he was doused with a flammable liquid and set ablaze. There was no forced entry to the Weavers' home. Nothing was disturbed. The portion of the bed that was under the body was not burned. From the condition of the bed, detectives deduced that Larry had been under the bed covers when he was shot and incinerated.

Initially, police thought they were dealing with a case of home invasion, but the facts and Nola Jean's account of events led them to believe it was a case of mistaken identity. Nola Jean was given a lie detector test, which proved to be inconclusive. That was understandable. The poor woman had gone through a terrible ordeal. Meanwhile, police searched in vain for Larry's .22 calibre rifle.

Life went on. Nola Jean accompanied her husband's body to Arkansas, where his parents lived. Tiffany and her mother cried while Larry was lowered to his final resting place.

Nola Jean returned home and threw herself into her physical education classes. The attractive teacher was totally surprised when two detectives showed up at her school and advised her, in that official tone used by men of the law, "You are under arrest for the murder of your husband, Larry Weaver."

Detectives had suspected Nola Jean from the time they heard her story and found it incompatible with the physical evidence at the crime scene, which indicated that Larry was under the covers when he was shot and set on fire. It was difficult to believe that the intruders would have forced their victim to get back into bed and pull the covers over himself before shooting him.

Police had checked the two cars in the Weavers' driveway shortly after the killing. Nola Jean's was warm. Larry's was cold, indicating that the alleged drive by one of the intruders and Larry had taken place in Nola Jean's car. She had described the intruder as being well over six feet tall. Larry was an even six feet. The seats in the vehicle were set at maximum forward. Either of the two men would have had difficulty operating the car seated in that position. Police theorized that Nola Jean took off in the car to get rid of the rifle used to kill her husband. The rifle has never been found.

There was one problem and that was motive. Why would anyone want to kill likable Larry Weaver? Wouldn't you just know it – Nola Jean was having an affair with not one, but two, lovers. One was her boss, Robert Tipsword, and the other was her own brother-in-law. For shame. Tipsword had flown down to Arkansas with the grieving widow when she buried her hubby.

Then there was brother-in-law Dennis Johnson, the husband of Nola Jean's sister, Judy. At the time of Nola Jean's alleged romp in the hay with Dennis, he and Judy were living with the Weavers. Dennis, a divinity student, should have known better. Larry had ordered the Johnsons out of his home when he learned of the alleged affair.

Life in the Weaver home was never the same after that. Larry was furious at his wife. He told a friend that he had beaten her. Once, they had gotten into such a heated argument that his .22 calibre rifle went off in the course of a struggle. So, all things considered, Nola Jean had reason to want her husband out of the way. In addition, detectives discovered that Larry's life was well insured personally and through his employers.

On October 18th, 1978, Nola Jean went on trial for her husband's murder. All the evidence against her was circumstantial. She, of course, maintained her innocence throughout. The juicy details of Nola Jean's affairs were brought out, to the delight of all concerned, except the principals. Tipsword's affair with the accused had lasted seven years, while divinity student Dennis Johnson denied being intimate with the accused.

After deliberating for 10 hours, an Illinois jury found Nola Jean guilty of the murder of her husband. She was sentenced to 40 to 60 years in prison at Dwight, Illinois. Tiffany was shipped off to Arkansas to live with her paternal grandparents.

Using the best legal minds money could buy, Nola Jean was successful in having her conviction overturned. A new trial was ordered. It had taken three years. Nola Jean walked out of prison a free woman while awaiting trial. She was scheduled to stand trial a second time in June 1983, but surprised one and all by pleading guilty. Under the terms of a plea bargain agreement, she was sentenced to 14 years and one day in prison. After serving four years and nine months, Nola Jean was released and placed on parole for a further period of three years. She was 44 years old.

You can't keep a good murderer down. Nola Jean developed a deep friendship with one Dorothy Evans, who adopted her. Dorothy died a short time later.

Nola Jean inherited her soybean farm in Missouri. She remarried in 1989.

Larry and Nola Jean Weaver Appeared To Be Living The American Dream

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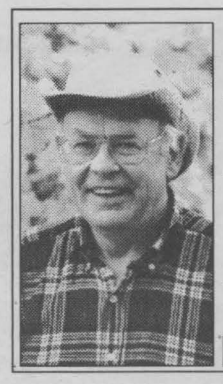


Dances With Words

Nick **WOLOCHATIUK**

My father was born on a wheat farm near the village of Ethelbert, Manitoba. At that time I'd never visited The Ukraine, but thanks to that 1951 visit, I feel as if I have been there. It was as if the paintings of Ukranian-Canadian William Kurelek had come to life before my culture-shocked Torontonian eyes. In retrospect, what I experienced also reminds me of the historical setting of the movie, "Fiddler on the Roof."

I felt as if I had been subjected to a time warp experience. It was 'geography warp,' too. I felt as if I had been flung back a century and taken to a rural Ukraine thousands of miles away. (Please excuse my use of 'miles,' but the use of Imperial measures in the 1950s was de rigeur).

Every household in the village and of the outlying wheat farms had a flock of chickens and ducks that provided eggs and meat, pigs that would be fed the table scraps, and a large vegetable garden that provided greens for the summer dinner table and potatoes and turnips for the root cellar. The milk cows had never heard the sound of a mechanical milker. The combine was still regarded as a revolutionary innovation, as wheat was still being bound into sheaves and pitch-forked into stooks.



BANK STREET PROTEST PARADE - Thanks to pilot Marc 'Flying Farmer' Bordeau of Maxville, you get this overview of The National Day of Protest "Agricultural Mobilization" demonstration. When the tractors, manure spreaders, trailers and tanker trucks were parked tightly together, there was a 'train' of farm vehicles that extended from Ottawa's Queensway to the Lansdowne Park Civic Centre.

(Photo by Nick Wolochatiuk)

I learned to hand turn the cream separator and then lower the pail to the bottom of the deep well to keep it cool. I would then feed the skim milk to the pigs and use the pail to bring in the day's clutch of eggs from the protesting hens. Ethelbert was a bilingual village: Ukranian and English. Towering grain elevators dominated one side of the main street. The farm wedding we attended lasted for days. There were commemorative 'rushnyky' decorating the tables, borsch in the soup bowls, braided loaves of kolach and all sorts of delicious homemade foods were brought to the hall from everyone's 'khatchynas' (kitchens). Instead of Tim Hortons donuts for dessert there were plates heaped with 'pampushky.' While we ate and danced, the bandura, accordion and fiddles played. (If you're unfamiliar with these Ukranian terms, just ask Bill Yakomovitch of Ingleside or Ann Vincelli of Cornwall.)

When we drove down the rutted dead end road to pick up the cases of home-distilled refreshments for the festivities, my Dad's 1951 Chevrolet almost got stuck in the gumbo.

Everything was just as Kurelek (1927-1977) had captured in his paintings! This was The Ukraine of the turn of the last century, plunked into the vast prairies of northern Manitoba. (Note: today, it's "Ukraine," no longer referred to as "The Ukraine," thanks to having regained its independence from Russia in 1991).

Forty years later: I wonder if the railway spur line and the grain elevators are still there. I wonder if it has a McDonald's, and if there is one, do they serve perogies instead of Big Macs?

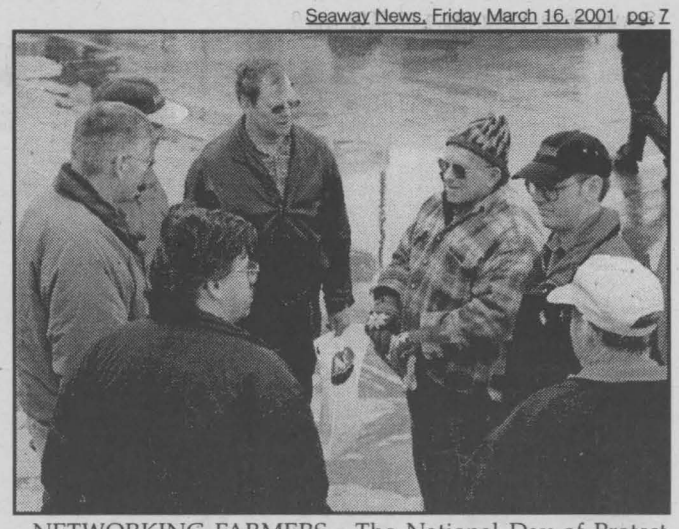
Fast forward to the present: I'm not a farmer, never was one, never wanted to be one, and never will be one – unless a lot of changes take place in our rural, national and world economies.

Farming has changed, drastically. To quote some recent Ontario Federation of Agriculture statements, "...some of our farmers can't afford to plant a crop this spring, their creditors aren't being paid, and lending institutions are demanding repayment or threatening foreclosure action." Another explains, "Farmers in the United States and the European Union have been provided with levels of support by their governments several times greater than what Canadian farmers get from our government." A third states, "The $500 million recently announced by the federal government is $400 million short of what was needed on a national basis." The economics of farming are going to have to drastically change in the immediate future.

We see protest cavalcades of tractors and giant combines lumbering along Highways 138 and 43, and even the streets of Cornwall. Farmers are no longer just guys groveling in the dirt, mucking out the barn and complaining about the weather.

Today's farmers have to be well-educated, well-informed, shrewd businessmen. They don't gaze at the western horizon to forecast tomorrow's weather. They don't rely upon some weekly newspaper to get the commodity prices. They surf! The 'www' provides them with weather reports and short and long term weather analysis for not only the 'back forty,' but also the growing and market conditions in The Midwest, Brazil and China. Today's farmer no longer relies upon the rural party line to get together with his fellow food providers.

These photos are of the Wednesday, March 14th 'Day of Action,' organized by the OFA. Thanks to a farmer friend redirecting OFA e-mails to me, I already know what the banners and placards in Guelph, Ajax and on Parliament Hill will say. Their messages will be on the theme of "SOLIDARITY," and will include slogans such as "No Farmers, No Food, No Future!," "Farming is everyone's bread and butter!," and "No $$ + no seed = no farmers + no food." That's modern math that makes sense.

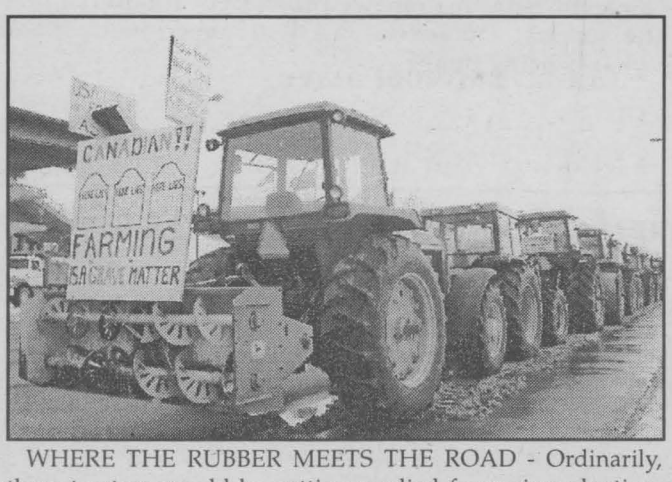


NETWORKING FARMERS - The National Day of Protest and the Ottawa Valley Farm Show provided area farmers with opportunities to discuss the pressing need for government support, in order that Canadians will continue to have the cheapest 'food basket' in the world.

(Photo by Nick Wolochatiuk)

I didn't major in economics, but if it's true that for every dollar in government support Canadian farmers receive, U.S. farmers receive $2.15 and European Union farmers receive $2.06, then I can't see how our Canadian agricultural industry can hope to survive in such an un-level growing field.

I'm not a farmer, never was one, never wanted to be one, and will never will be one – unless Canadian farmers fail to get some immediate relief. If they don't, you and I may have to start grovelling in the dirt of our back yard, mucking out the barn and complaining about the weather as we ourselves try to grow our own food for our tables. I may have to leave my Twenty-First Century Glengarry and go back to Ethelbert of the 1950s - or The Ukraine of the beginning of the Twentieth Century.



WHERE THE RUBBER MEETS THE ROAD - Ordinarily, these tractors would be getting readied for spring planting, but on Wednesday they were brought to Ottawa as a sign of farmers' solidarity in their plea for government support.

(Photo by Nick Wolochatiuk)

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EDITORIAL

OPINION

So How Do You Fix Those Atrocious Public Schools?

What is the solution to the educational mess in our mediocre public schools?

As much as I've written about all the problems rampant in the system and as much as I've quoted authorities on the subject, including most prominent Canadian think tanks, and as much as I've related the results—witness the poor showing by Grade 3 and 6 students on the last provincial tests—people still keep asking me the same question.



Meanwhile

Fred
SAGEL

Here is the answer.

First, you have to understand that Ontario isn't the only province that deprives its children of intellectual capital. Almost every province systematically tests, but then blatantly ignores the results. None, not even the leaders in Ontario and Alberta, have done what's necessary to remedy the problem. Why? It requires political capital and courage. And it takes a massive fight against the entrenched interests of the teachers' unions, who hate change.

All the testing in the world won't be effective until some of these reforms start to take place. They include all of the sacred cows that the teachers' unions hold so dear to their hearts: teaching training, quality instruction and school choice. With them, things will improve; unless they are tackled, things will only get worse.

Start with teacher training. Instead of holding kids hostage to a system where teachers are trained in teachers' college, why not allow teachers to take master's degrees in subjects they love to teach? Then give them a two-year apprenticeship in the classroom where they earn a certificate only when they're actually certified to teach. They must prove their results in the classroom, an arena where many aren't all that effective.

Then drastically overhaul the curriculum, where many substandard textbooks are used. Even the best teachers can't do much until they are brought around.

If you look a the testing results in Ontario and Alberta, it is clear that bad programs are being allowed to generate bad results year after year. Administrators, above all, need to be held accountable for the results, which isn't happening now. In what other profession is there such laxity?

The real problem is child-centred learning, a twisted concept that made its way into our schools about a generation ago and that continues to be an inspiration for the educrats who think it's more important to figure out how to learn than to learn great ideas that might actually help a child solve problems.

As educational expert Andrew Nikiforuk has said: "A child's general learning is more important for learning than parents, peers and neighborhood combined. Countries and school systems that offer their children a richly organized diet of content actually narrow achievement gaps between rich and poor while enriching all citizens with common intellectual property.

"Nations that don't, such as Canada and the United States, create growing inequalities and gaps."

Well said.

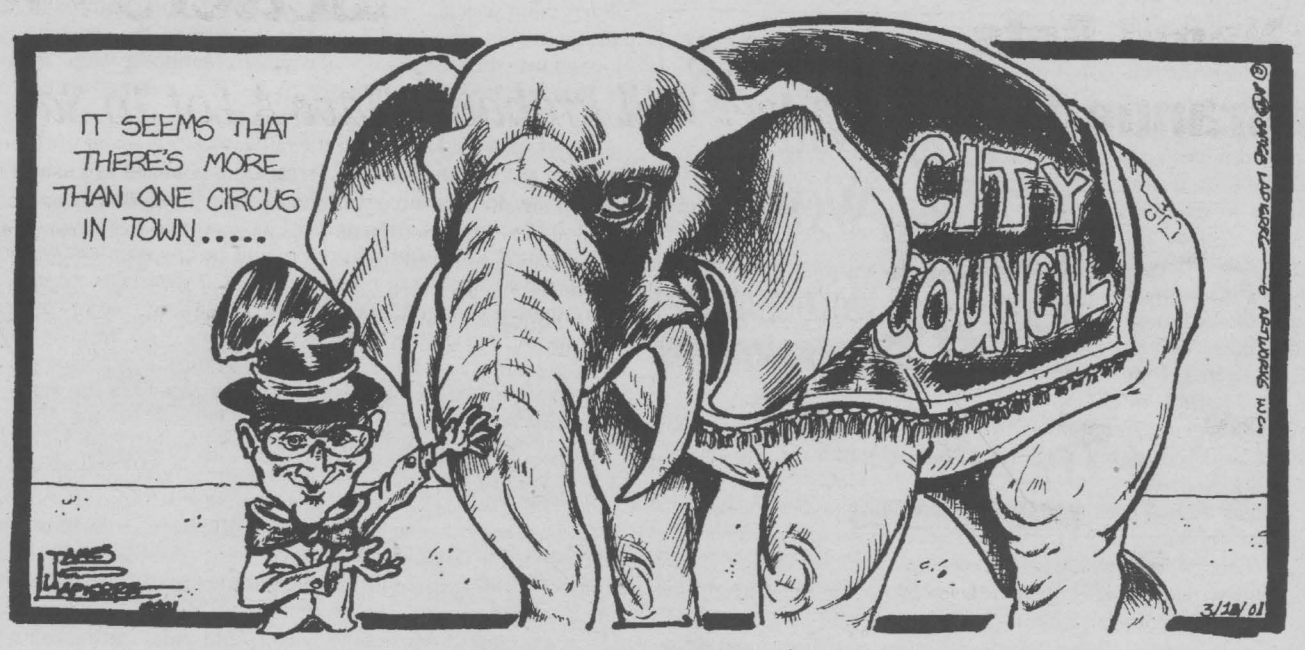
Next comes the whole issue of school choice. Whoever said that a monopolistic public school system can work? A one-fits-all approach? Hardly.

The research that has been done shows that when parents are allowed to pick the schools for their kids, those kids benefit. And why not? It works well in the private school system, where exactly that approach is used. School choice will make each school more competitive rather than the current system where kids are forced to attend a certain school whether their parents like it or not.

Cities that let parents choose have been shown to produce far better results, far better parent input and far better academic scores, lower school costs and smaller class sizes.

This is just a start. But a good one. The current system is not working, will never work and needs immediate improvement.

Is the Harris government willing to do something? They've started, but they haven't gone nearly far enough. Massive change in education should be their No. 1 priority.



Fixing The 'Big Problem' In Ottawa

Hear ye! Another Ottawa "reorganization." Lucienne Robillard, head of the Treasury Board, has announced a "comprehensive restructuring" of the "entire framework of the federal public service." It is to be done within 18 months.

The urgency suggests crisis. Is it a crisp reaction to the inefficiencies in the public service which the auditor general has detailed? Not so, says Robillard.

Crisis or not, improving the public service kindles little fire on Parliament Hill. This may owe something to ballyhooed launches of public service reform by both the Mulroney and Chretien governments, each of which faded away. The reaction of MPs and political reporters this week has been to stick with vital matters like Joe Clark's resurrection, Paul Martin's age and Stockwell Day's vapidity.

"Reorgs" in Ottawa are roughly of two sorts: structural or of personnel.

The first kind split or merge departments, and are explained usually as gearing for new challenges. Such reorgs may boost more top people into a salary range from $110,000 to $200,000 a year but are far more institutional switches than of employees' situations.

Robillard's "reorg" is the second sort and it should affect several hundred thousand employees below the mandarins. It aims to meet or circumvent problems like a preponderance of older employees, the recruiting and retaining of skilled persons and, in a jargon phrase, matching the demands of the new economy.

A fair appraisal of our public service's inadequacies must recall that since the advent of official bilingualism in the mid-1960s, forced changes have shaken and often demoralized many civil servants, through the application of bilingualism, gender equality, and mandatory hiring of visible minorities, aboriginals, and the physically handicapped. Add to that all the staff downsizing as Paul Martin drove to end deficits.

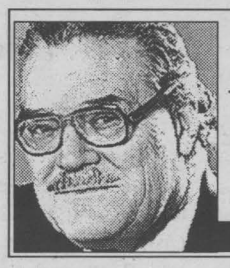
Robillard has not attributed this fresh, urgent move on personnel to the grim farewell messages to Parliament from Denis Desautels, its retiring auditor general. But his "reflections" on the malaise of Parliament and public distrust of politicians and officials ought to energize thousands to seek and get genuine "reorgs."

After a decade of accounting for federal spending programs and evaluating the worth of services provided, this AG has found much in both poor performance and lack of value from money spent. He hones in on why the federal system works so unevenly, why reformation is so hit and miss and, in particular, why secrecy, cover-up and evasion are pervasive.

I have chosen these quotes from Desautels about what he calls the "big problem." It is "... the lack of true accountability for the management of government programs."

The AG noted that despite good intentions, "We have not really moved very far ahead...Part of the problem is the nature of Canadian politics."

"There is a reluctance to let Parliament and the public know how government programs are working, because if things are going badly you may be giving opponents the stick to beat you with. And even when a minister is not personally concerned about this, senior public officials assume this fear on the minister's behalf. The people who write government performance reports seem to try to say as little as possible that would expose their departments to criticism."



Doug
FISHER

Desautels turned to the particular Canadian dilemma that warps understanding and suborns fair criticism of the federal government, its services, and employees. These next sentences express the nub of what is wrong with Ottawa.

"While auditors are not experts in constitutional law, it seems to me that the problem goes deeper than individuals and appears to be cemented in the Canadian version of the doctrine of ministerial accountability."

"In every Westminster-style government, ministers are responsible to Parliament for the state of their departments. Unlike other countries, however, Canada has never modernized its doctrine to distinguish between the minister's area of public responsibility and that of his senior public servants. To me, there is a certain lack of realism in holding ministers ultimately accountable for everything. Overall, our system makes it difficult to be candid and therefore Parliament has a hard time in discussing certain issues with officials."

"I think that if ministers and senior public servants reflected more deeply on this problem, they would see their true interest lies in greater openness and clearer assignment of accountability.

"The problem of failing to disclose bad news is being compounded by the poor quality of records kept in departments. Part of this can be attributed to a certain paranoia over Access to Information rules and the traditional reluctance of senior public servants to keep records of directions from ministers or discussion why decisions were made."

This critique suggests the PM initiate an immediate regime of candour, honesty and full disclosure to dovetail with this renewed rush to overhaul the public service. Otherwise, we will never really know what is being done.

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A Division of J.G.F. Holdings Co.

Published in Cornwall, Ontario
34,257 Newspapers
Circulated by Ad-Bag Cornwall throughout the City of Cornwall and surrounding area.

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Seaway News publishes every Friday at 329 Second Street West, Cornwall, Ontario K6J 1G8
(613) 933-0014 Fax (613) 933-0024 email: info@cornwallseawaynews.com

Seaway News is a member of the Canadian Community Newspapers Association and the Ontario Community Newspaper Association

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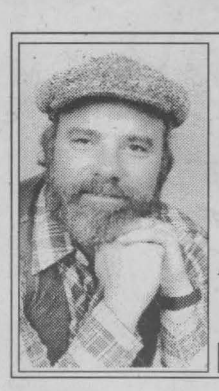
When A Brand Name Gets Branded



Basic Black

Arthur BLACK

A few years back, a graphic design student woke up with an idea for a brand logo. "Kind of a fat, floating, checkmark," she called it. She sketched it on a notepad and eventually sold it to a sports entrepreneur for 50 bucks.

It was the Nike 'swoosh' - possibly the most famous brand logo in Big Business. And Nike is nothing if not big – currently worth nearly $5 billion U.S. So big that it can afford to pay ex-basketball star Michael Jordan $20 million a year for endorsements.

Unfortunately, Nike largesse isn't a worldwide phenomenon. While Jordan hauls down 20 mill annually, the 25,000 Indonesian factory hands who put in 11-hour days assembling Nike shoes make $2.23 U.S. each. Per. Day.

Put at its crudest, Michael Jordan makes more in a year from Nike than 25,000 factory workers combined.

And the markup Nike hauls in on its product is of street drug proportions.

Last year, a kid in Chicago was murdered for the $225 Nike-Air Jordans he had on his feet.

When the shoes left Indonesia they were worth less than ten bucks. Not surprisingly, Nike has become a little 'sensitive' about the company's image - which helps to explain the exchange of correspondence between Nike and one Jonah Peretti. Mister Peretti was trying to get in on a Nike promotion that lets customers choose a word or phrase which Nike then stitches on your shoes right under the trademark swoosh.

"Alright?" thought Mister Peretti. He sent in his order asking that the word 'sweatshop' be stitched on his shoes. He got this reply: "Your Nike ID order was cancelled for one or more of the following reasons: (1) It contains another party's trademark or other intellectual property. (2) It contains the name of an athlete or team we do not have the legal right to use. (3) It was left blank. (4) It contains profanity or inappropriate slang. Thank you, Nike ID."

Mister Peretti wrote back, pointing out that 'sweatshop' was not another party's trademark, the name of an athlete, a blank or a profanity. "I chose this ID because I wanted to remember the toil and labour of the children who made my shoes. Could you please ship them to me immediately."

Nike wrote back insisting that 'sweatshop' was 'inappropriate slang.' Peretti responded that it was a legitimate word found in Webster's Dictionary since 1892.

"Your website advertises that Nike ID program is "about freedom to choose and freedom to express who you are; I hope you will value my freedom of expression and reconsider your decision to reject my order."

Nike once again turned him down, this time for unspecified reasons and added:

"If you wish to reorder your Nike ID product with a new personalization, please visit us again at www.nike.com."

And Jonah Peretti replied: "Thank you for the time and energy you have spent on my request. I have decided to order the shoes with a different ID, but I would like to make one small request. Could you send me a colour snapshot of the ten-year-old Vietnamese girl who made my shoes?"

No response from Nike, as we went to press.

Letters to the Editor

Sagel Will Probably Have A Lot To Say

Dear Editor,

Well, now let me guess! I am not a gambler but if I was, I would put a great deal of money on the fact that Fred Sagel is probably going to have a lot to say about the results of the province-wide literacy test. I would be willing to put even more money on the fact that he is probably going to blame the results on the "lazy," "selfish" and "greedy" teachers. (Did I miss any juicy quotes? I probably have.)

Let me say up front that I feel these results are skewed right from the beginning for the following reasons:

1. The most obvious reason is the fact that students knew that this test counted for nothing. How many Grade 10 students do you know would willingly put any effort into something that really does not affect them at all? This fact alone corrupts the results of the test because some students told me that all they did was write their name and then sat there for the remainder of the test. I am glad, therefore, that it was only one out of three that failed because it could have been a lot worse. Next year when students are told that they MUST pass this test to graduate then we will see some improved scores. Surely I can't be the only one who can see that?

2. I spoke to one of the few teachers who went to correct these tests and was appalled to discover that many of the people who corrected the tests were not even English teachers and in many cases had no educational background at all! Many were hired out from "temp" agencies and had minimal requirements. I was even further appalled when I discovered that some of the people correcting this "English" literacy test did not even have English as their first language. (And please don't misquote me and suggest I am prejudiced against people who speak other languages. I am, however, suggesting that someone who has not studied in the English language should not be correcting a test of this type.) This then further corrupts the results since we can't even be sure if these students were marked according to curriculum guidelines since it was not experienced people who were grading them.

3. The boards and teachers were supposed to get these results before the press. Why then did I wake up to read the headlines in all the major papers that plainly told me otherwise? Because it is another rant against our education system that the Tories are trying so hard to clear up using the teachers as their main target! The Tories wanted to release this information to the public as soon as possible so that they could make any claims that they wanted. The Harris government wanted teachers to fail this test. (Did I just write teachers? I thought this was testing the students you say? WRONG!) This is exactly the type of propaganda and manipulation of information that the Harris government has been using against education all along!

The Tories have an agenda and it is not to "improve" the state of our education it is to make it more cost efficient. Who then is really failing our students?

So this letter is written in response to the same type of propaganda that Sagel is no doubt going to use in one of his future columns. It is just the right amount of "mean" to put in "Meanwhile" to blame teachers for this fiasco. (And really, why not? So many other people are going to as well.) I am sure that he is going to have so many other "facts" for why teachers are failing the kids and will probably even have a few "experts" in the field of education who will collaborate his worthless tripe. (Notice that none of these experts will ever be named and no real proof of his claims will ever be presented.)

If one of his upcoming columns is on this topic then perhaps you could print up my reply and make note of the post date so that people could see that I anti-cipated his garbage before it even made it to your paper. All I know is that it won't make any difference to me since I won't be reading it. Your paper is still going right into the trash where it belongs as long as you continue to publish a liar and a criminal writing his dirty and worthless opinions.

Neil Carriere

Carn*val 2001 Says Thanks Cornwall!

Dear Editor,

Carn*val 2001 is now a warm memory. The weather notwithstanding, the week long festival was a success and the hard work of everyone involved paid off. Now that its Organizing Committee has had time to catch its breath and to reflect on the event, it would like to pass on sincere thanks to a number of groups within the community.

First of all, it sends a huge thank you to the many sponsors who financially supported Carn*val 2001. Many people may not realize the enormous expense of presenting such an event and without the backing of a number of local businesses, the festival could not have occurred.

There is another important group of people, the volunteers. Working hour after hour in sometimes bitterly cold weather, these stalwart folk kept an eye on things in Lamoureux Park and offered assistance to anyone who needed it. Their efforts were invaluable and played a key role throughout the week.

The Organizing Committee. These were the people who worked hand in hand with the Chamber of Commerce and the City of Cornwall staff to plan the many activities and to make sure they all were presented glitch free. The hours they each put in numbered in the hundreds and it's because of their team effort, Carn*val 2001 happened.

Finally, we'd like to thank those citizens of Cornwall and surrounding area who came out and enjoyed the activities, the snowy dinosaurs, the glittering ice sculptures, and the fun. It's your festival and you're the reason why all of these groups worked so hard to make it happen. Thanks for supporting us and...we hope to see you next year at Carn*val 2002.

Rick Shaver, Chair
Carn*val 2001 Organizing Committee

Paul Connolly, President
Cornwall Chamber of Commerce

Anniversary Reunion

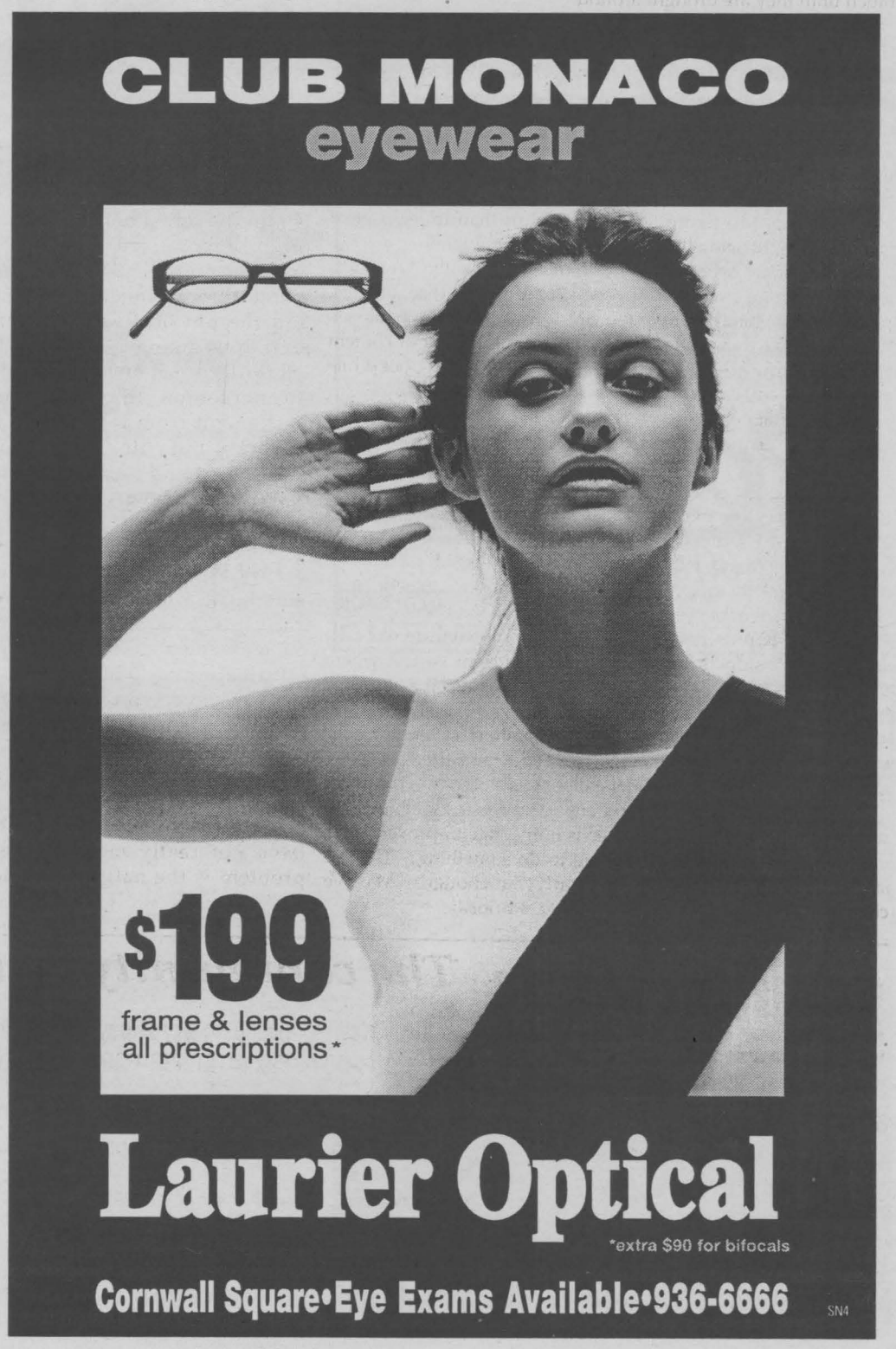
Dear Editor,

We are celebrating the 40th Anniversary of NOIT (Northern Ontario Institute of Technology) and the 35th Anniversary of Northern College in the summer of 2002. We are inviting all past and present Kirkland Lake students, staff and friends to a reunion to be held on July 4th to 7th, 2002.

If you know anyone who would be interested in getting our newsletter, and/or attending the reunion, please send their name and address to the Reunion 2002 committee, by mail c/o Northern College, 140 Government Road East, Kirkland Lake, Ontario, P2N 3L8, by phone: (705) 567-9291, extension 605, by fax: (705) 568-8186 and by e-mail: KL2002@northernc.on.ca

Frank Wright, Chair
Reunion 2002 Committee

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words. All letters are subject to editing and must bear the writer's name, address and phone number for verification. The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.



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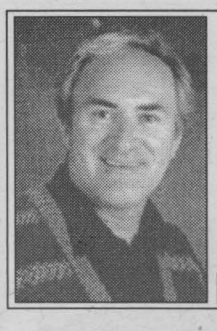

Music Update

Yvan **BRUNET**

Pam Tillis "Thunder Roses" - Arista/BMG.
Country singer Pam Tillis has been growing in strides with each album. Witness this new offering, her most cohesive record to date. The lead-off track "Jagged Hearts" is a flat-out hit and there's a bundle of follow-ups, including "Waiting On The Wind," a duet with daddy Mel.

Itzhak Perlman "Greatest Hits Volume 2" - EMI Classics.
A second greatest hits package from violinist extraordinaire Itzhak Perlman who was discovered by Ed Sullivan back in 1958. His clear, clean tone, as smooth and bright as mercury does well here by works of Tchaikovsky, Stravinsky, Dvorak and the like. Highly recommended!

A Teens "Teen Spirit" Universal.
The Swedish ABBA-sounding A Teens are back with a new batch of hip-shaking, candy-coated, good-time pop songs for those so inclined. Check out the first single "Bouncing Off The Ceiling (Upside Down)."

The Holmes Brothers "Speaking In Tongues" - Stony Plain.
Unique roots record from the always musically amazing Holmes Brothers. Highlights include a fiery rendition of Bob Dylan's "Man Of Peace" and Ben Harper's "I Want To Be Ready."

The Waterboys "A Rock In The Weary Land" - BMG.
Mike Scott and the lads have just released another little gem. They've punched up the rhythm tracks and pushed the guitar artillery to the front of the band to give their rock more roll. Check out "Let It Happen" (about the real world) and also the title track, a Pink Floyd-sounding affair.

Freda Payne "Come See About Me" - Volt/Fantasy.
Freda Payne who scored on the charts in 1970 with the hit song "Band Of Gold" is back with a new pop-jazz album. Her voice has weakened somewhat but there is still lots to enjoy here: "Let's Make Beautiful Music," "You Complete Me," "Nice To Be With You"...

Flybanger "Headtrip To Nowhere" - Columbia.
Screaming out of Western Canada, Flybanger is the best thing to happen to hard rock in a long time. Despite its sheer sonic heft, the album's dozen tracks are hooky enough to feel familiar after a listen or three. And the beat goes on!

Owner Stan MacIsaac says Join Us for our 1st Anniversary Sale
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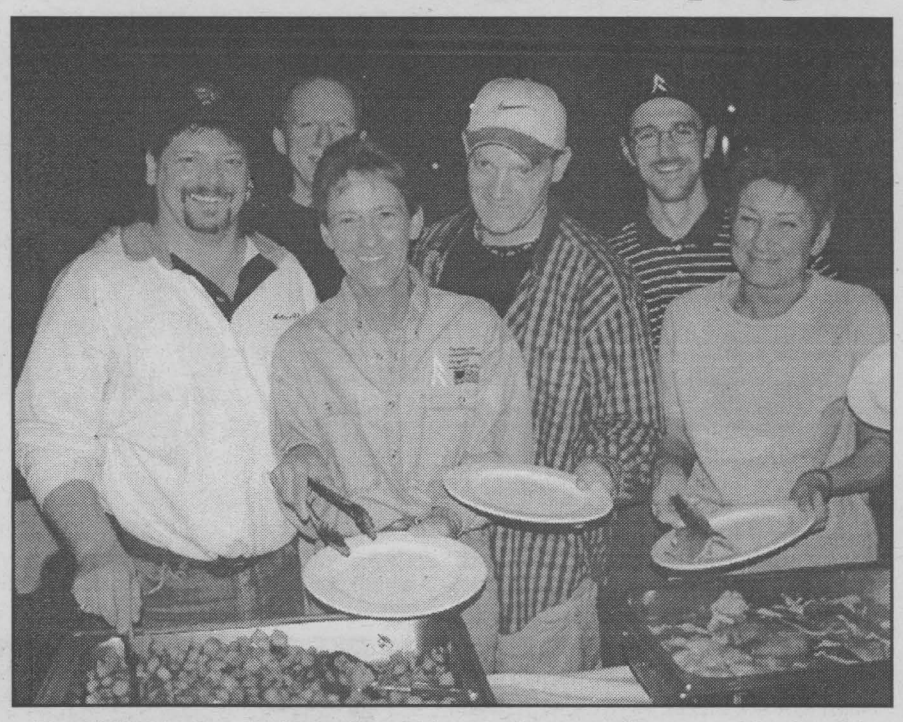
Kickoff Breakfast For Lip Sync



The CNIB Lip Sync kicked off its 15th annual contest this year with a breakfast and silent auction held at Jazz Magnolia's on Vincent Massey Drive. A total of $908 was raised at the event and will be added to the Lip Sync totals which will be held on April 7th, 2001 at 7 p.m. in the Nativity Hall.

Also enjoying the cuisine at the event were some of the volunteers for the CNIB's big event. In the front (from left to right) are: Mike Proulx, Marilyn Ladouceur (coordinator), Ed Lefebvre (coordinator) and Rita Pellatt. In the back are Chuck McKinnon (left) and Allan Heyman.

Photo by Chris McPhee



Amazing Grace

Pastor Bob **BURGESS**

The Bible, in Isaiah 55:8, says that "God's ways are higher than our ways." Quite often, things which appear as a calamity on the surface can really turn out to be a blessing. A good example is a young lady by the name of Joni Errickson who, at age 17, suffered a major swimming accident which left her paralysed from the neck down. Through this tragedy, she cried out to God and was born again and now spends her time helping others who have had similar seemingly tragedies.

The secret in all of this is God and His ways. I sometimes say in my preaching that "only God can take lemons and make them into lemonade." Again, it's only God and His ways and His power that can take such seemingly negative things and make them have merit.

The Bible says, in Romans 8:28, that "all things work together for good to them that love God and are called according to His purposes." One could preach several messages on this one passage only, but I want to only make a few comments and that is that "all things work together." We tend to look at things in isolation and to focus all our attention on that "one thing," and yes, that thing may be negative, but that with something else in a "together mentality" can and will work for good when God is in the picture.

Remember, God's ways are higher than yours and mine, and may I suggest you invite God into your situation and allow Him to make "lemonade out of your lemons."

As always, remember God loves you! He really, really does!

Second Thoughts:

1. One of the best things about the future is that it comes one day at a time!
2. God's law shows us a need that only God's grace can supply!
3. Focusing on what we have can bring closure to what we've lost!

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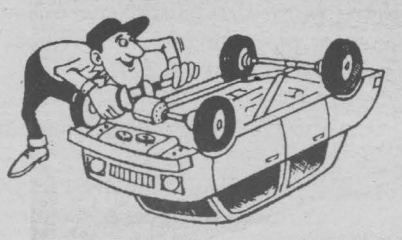

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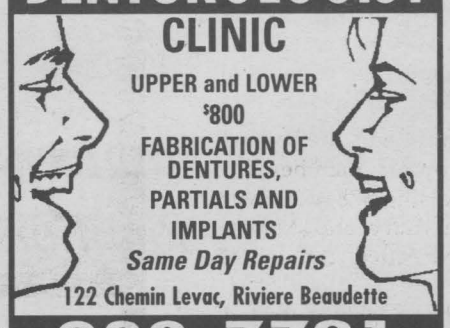

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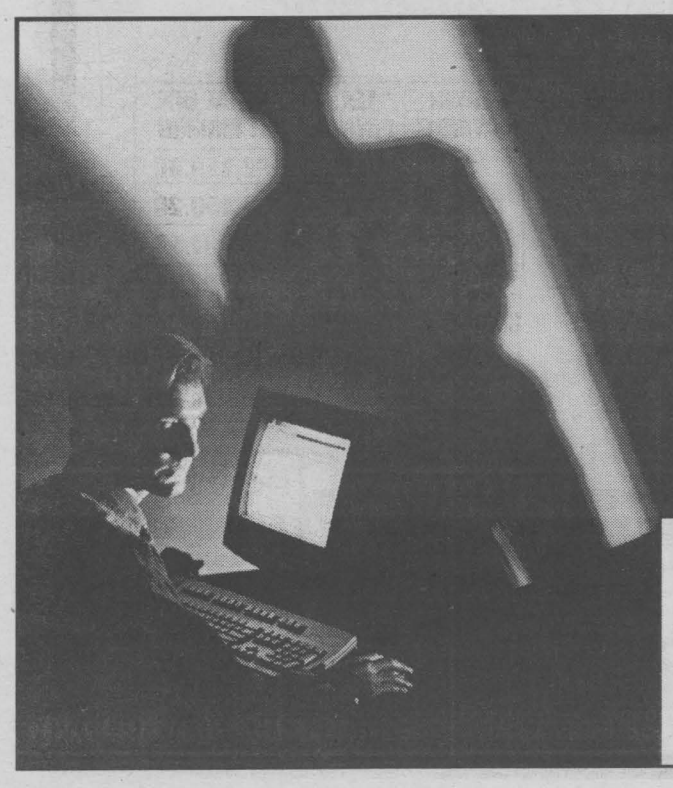

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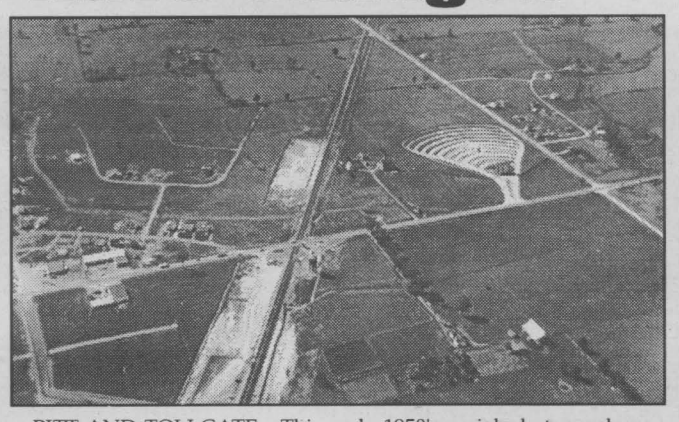
How Things Have Changed



PITT AND TOLLGATE - This early 1950's aerial photograph was taken by the Brookdale Theatre's projectionist, Bob "R.G." Hollister. With one hand on the stick of his light aircraft, he worked the camera with the other. In the middle of this west-facing photo is the current CN line. To the right is the seashell-like shaped parking area of the long-gone Cornwall Drive-in.

Photo by Bob "R.G." Hollister

According to the accompanying early 1950's aerial photograph, the area around the intersection of Pitt and Tollgate had a very definite rural look to it.

The southwest corner's Cornwall Drive-in has been replaced by a strip plaza, the town houses of Heritage Place, the inter-city bus station and the Laidlaw school bus depot.

The unbroken expanse of agricultural land to the southeast is now occupied by the 32-lane 10-pin Bowling Palace and a growing residential area.

Relatively little has changed in the George Fortier Street cluster of houses on the north side of Tollgate. The South Branch of the Raisin River still parallels Tollgate Road. The modest stream's source near Long Sault far out of sight to the west. Its mouth at the Raisin River, near Williamstown's Kraft Foods cheese factory, is equally distant and out of sight to the east.

What tolls were ever exacted on Tollgate Road?

There doesn't seem to be much at the site of the present-day VIA Rail station in the foreground of the photograph. The Pitt Street level crossing has been replaced by an overpass. To this day, Tollgate Road still has a level crossing. There's no evidence of Station Street, which now goes north from Balmoral Avenue.

The Mustang Drive-in near Glen Walter has met the same fate as the Cornwall Drive-in. So has the Border Drive-in on the north side of the 401, east of Bainsville. The Colonial Drive-in, east of Ingleside, still recreates the spirit of the song, "Wake Up Little Susie!"

The Cornwall area saw a lot of changes during the Twentieth Century. Hopefully, it will see even more in the twenty-first. Only time will tell if they are to be for the better or for the worse.

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TVOntario Announces Record Breaking Results

TVOntario completed one of its most successful on-air membership campaigns ever, raising $784,520 over four weeks in February and March. The results far exceeded the target goal of $575,000.

"Our viewers have demonstrated that they truly believe in TVOntario and the high quality educational programming we provide," said Managing Director of Revenue and Development, Robert Baker. "Their tremendous support, which went over target by almost $210,000 will ensure the continued broadcast of top-rated shows, presented by their favourite TVO hosts, along with access to popular websites like TVO Kids."

This season's "Membership Matters" campaign was deemed a particular success as this exceptional goal was achieved in a shorter campaign. In fact, in just 18 days, TVO surpassed last year's result of $521,000 in a 27-day campaign. This affirmation from over 5,400 citizens of Ontario comes in the midst of a ratings boom for TVO, which has seen all programming areas showing a significant increase in viewers. As well as holding the number one spot for children's programming, TVO's prime time viewership has increased a remarkable 63 per cent over last fall, from a share of 1.9 per cent to 3.1 per cent.

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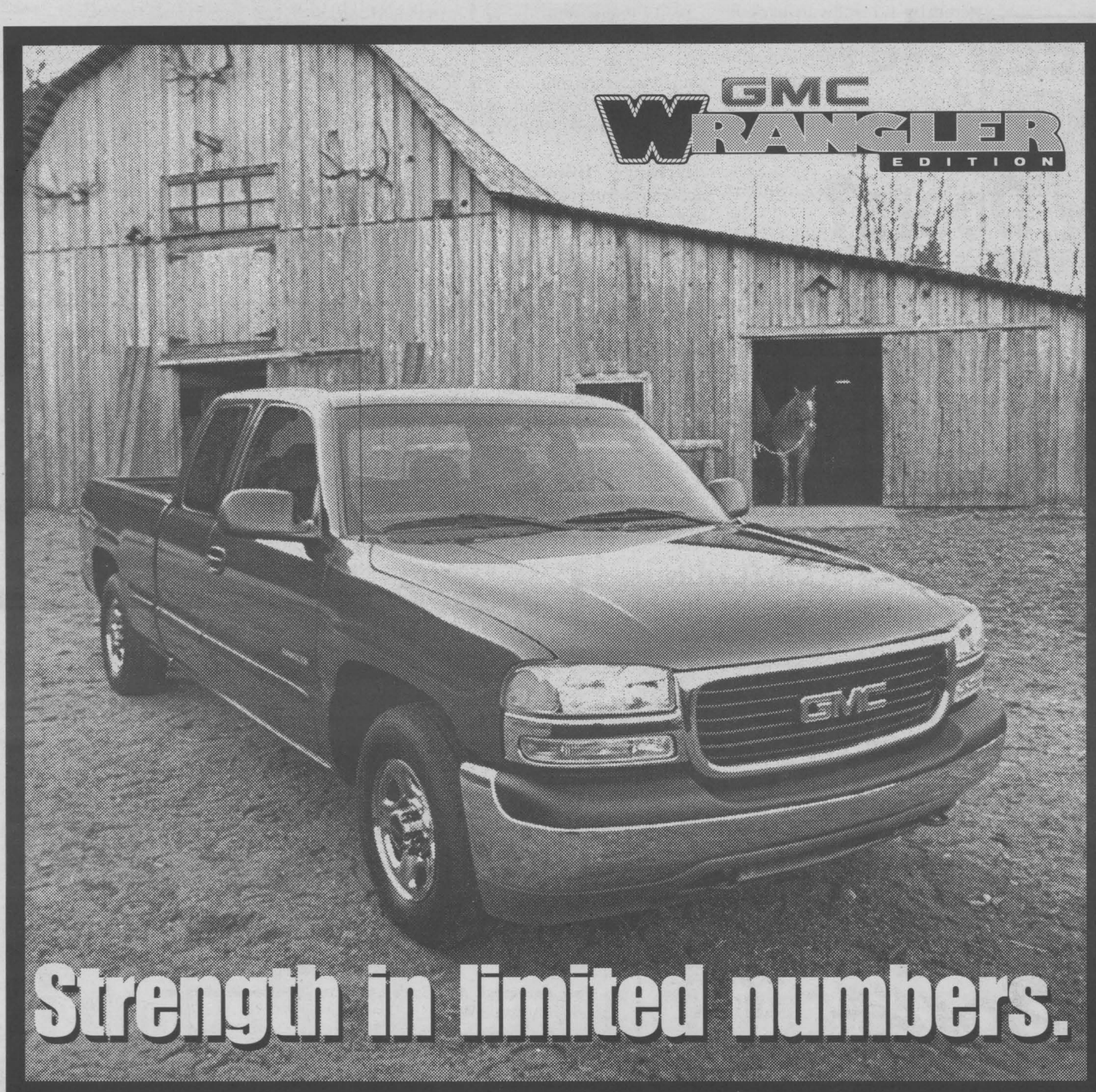

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HOME IMPROVEMENT

Post Renovation Service

A renovation job does not end when the last nail is hammered in or the last coat of paint applied. Every renovator has a different type of after sales service but the common element is customer satisfaction.

One of the first things you should do before all the workers have gone is to schedule a "walk through" of the project with your renovator. Keep a list of small items that have yet to be finished, like sections of baseboard missing, face plates for switches, last minute wiring, etc. Catching these small items that can easily be forgotten is important while the workers are still in your home. A reasonable time frame should be given to complete these items.

When everyone is gone and you and your family are settling back to your normal lifestyle, you may find problems that either weren't there before or you didn't catch on your walk through. With any renovation project, little things can be expected. The best thing you can do is divide your problems into two categories; MINOR and MAJOR problems.

A MINOR problem would be one that is not urgent and causes you some inconvenience or doesn't look complete (for example, a broken tile or a piece of missing trim). These are all things that you can live with until a worker can come back to your house. The easiest way to handle MINOR problems is to make a list of them as you notice them.

When you have accumulated several on your list, call your renovator and let him or her know what you've found. You can then arrange a time for a worker to come and fix them all at once.

A MAJOR problem is one which requires immediate attention (within 24 hours), and if left undone or unfinished would make the problem get worse, or make your house unlivable or unsafe. For example, no heat, a leaky pipe or fitting, a drywall crack that seems to grow every day, uncovered electrical wires or unusual sounds when you turn on a new light or motor.

It's a good idea to ask your renovator to explain how to operate new controls and devices and also find out what you should be doing for proper care and maintenance of new products.

Additional Assistance

Most problems can be solved with a simple telephone call. The Ontario Renovators' Council and the Ontario Home Builders' Association are here to help. However, if you are unable to resolve a problem, third party assistance may be required. Offices like the Better Business Bureau and the Ministry of Consumer and Commercial Relations (MCCR) are in place to help you after all other avenues have failed. You can contact MCCR at 1-800-268-1142.

Spread The Word

Many renovators depend on "word-of-mouth" and references. If you are dissatisfied, tell your renovator. But if you are satisfied, don't let it stop at that, tell him or her and let others know how pleased you are.

Often, your renovator may ask if you will provide a reference for a possible customer. If he or she has provided you with excellent service and value then please tell any potential customers as well as family and friends.

Supplied by the Ontario Home Builders' Association.

Energy Efficiency Tips For Householders

Do high bills and low temperatures have you wearing earmuffs around the house to stay warm and save energy? Does your home have its own system of cold and warm fronts? Natural Resources Canada provides home energy efficiency tips and practical ideas that help you protect the environment, and save money and energy too.

Is cold winter air finding its way into your house?

If you've felt air seeping in around your windows, give cold drafts the cold shoulder. Try using caulking and weather stripping around windows, doors, baseboards and the attic hatch. Install storm windows for extra protection against winter winds. Drafts can account for up to 20 percent of heat loss.

Turn up the heat - I'm freezing!

If your home never seems to be warm enough, your furnace may not be working properly. Have your heating system serviced annually. A well-maintained furnace wastes less fuel and provides a cleaner environment by releasing fewer gases like carbon dioxide. Also, remember to turn down the thermostat before you go to bed and when you leave the house. Or install a programmable thermostat that will do the job for you.

Are winter laundry hang-ups getting you down?

Hanging the laundry outside to dry in the middle of a Canadian winter is a risky proposition at best. And with ski jackets, snow pants, blankets, sweaters and extra socks to wash, the laundry seems to pile up faster in the winter. That extra clothing means your washer and dryer are busier and using more energy. Washing your laundry in cold water will reduce your energy bills, as will buying and using energy-efficient appliances. Cleaning the filter in the clothes dryer and the dryer duct often will increase airflow and save energy. Make sure your dryer is vented outdoors and that it is not blocked by snow.

How energy efficient is your home?

To find out, you can take advantage of the Government of Canada's EnerGuide for Houses evaluation. This is an on-site, computerized energy analysis by an expert from EnerGuide for Houses. You receive a report on your home's energy consumption and a personalized plan to improve its energy efficiency.

What's cooking?

Nothing's better than the smell of baking bread on a chilly winter day. To save energy when using your oven, close the door tightly and use the oven light to check on food rather than opening the door. Cook at lower temperatures and make sure your pots and pans are the right size and that the lids fit snugly. A six-inch pan on an eight-inch element, for example, wastes 40 percent of the element's heat output.

The last word

Last but not least, keep in mind that when you take a bite out of your energy costs you are contributing to a better environment for you and your children.

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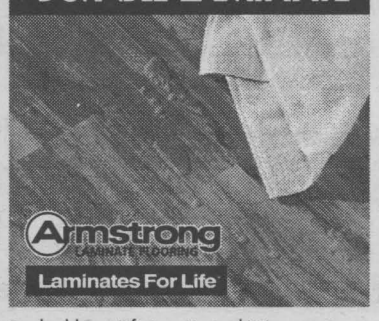

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LOCAL

Sealed With Love



A MOMENT IN TIME—Pictured above with the International Year of the Volunteer time capsule are community leaders Mayor Brian Sylvester, Celebrations Committee member Marjorie McCoy, Ontario Works representative Earl Ezard, and Shirley LeBlanc of Friends Place at the Cornwall Public Library.

Story & photo by Craig Smith

In 2001, 77 nations around the world will celebrate the contributions volunteers make to our society every day. International Year of the Volunteer 2001, as proclaimed by the United Nations, will recognize and honour these volunteers, and you can be part of it.

As part of the celebrations, items are being collected for a 'Volunteer Spirit' time capsule, which will be buried in Lamoureux Park on July 1st, 2001. Agencies and individuals in Stormont, Dundas, and Glengarry counties are invited to contribute items for the time capsule. You can include photographs, stories, poems, letters, cards, crests, certificates or any item that might signify a milestone. Submissions are not restricted to agencies. The volunteer could be the youngster up the street who shovels your driveway with no thoughts of compensation. The capsule will be displayed at the Cornwall Public Library throughout the month of March and the public is encouraged to drop by and view the items which have been donated. Also, you may drop your piece of memorabilia off at the Library. The capsule will be transferred to Lamoureux Park and will be buried there as part of the Canada Day celebrations. It will have a stone marker and plaque similar to those in the Walk of Fame.

Volunteers come in all shapes and sizes. There is no age barrier. They are students, workers and retirees. They are found in every community throughout Canada. They are people helping their fellow citizens to enjoy a better quality of life. They are ready to tackle a cause, work an event, or help a neighbour. Each volunteer makes a difference and their combined efforts are a force for change – the value of one – the power of many.

Other events planned by the Celebration Committee of the International Year of the Volunteer Steering Committee include Volunteer Rose Days, which will run until June 2001; a Youth Volunteer Summit in May; a Volunteer Fair in September; and an Education Summit in October. Take time to recognize and show your appreciation for the invaluable contributions our volunteers make to our society every day. Visit the display at the Library and add your special message of thanks to the time capsule.

Volunteer Canada, working in partnership with Canadian Heritage and Human Resources Development Canada, is providing the national leadership for International Year of the Volunteer 2001 in Canada.

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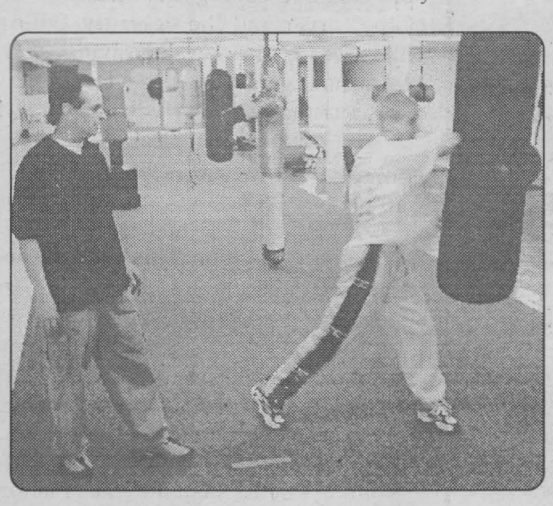
IN TRAINING: WHAT A DIFFERENCE!

Nick WOLOCHATIUK

"Wow! Hey! This is different!" That's what a first-time visitor exclaimed the instant he entered.

As soon as you enter In Training you notice that it's completely different from other gyms: the typical machine sounds of an ordinary work-out centre, fitness centre - or whatever you wish to call them, are missing. There's no video tapes running to maintain interest in the mind-numbing repetitive activities.

All of those differences are not by chance or for reasons of economy. They're the product of the fitness philosophy of Steve Kingsbury, the personal trainer who runs the program at In Training, located at 150 Pitt Street.



IN TRAINING - It's a place with a difference, where you have personal trainer Steve Kingsbury's approach to fitness to help get you beyond where you are now.

(Photo by Nick Wolochatiuk)

What strikes your eye is the brilliant colors: a yellow oval perimeter track, blue mats, red training apparatus and black logos on the white walls. There's virtually no 'hamster in a cage' kind of machinery. Kingsbury's focus is on free weights rather than the more common elaborate machines found in other facilities.The equipment and methods that Kingsbury has designed requires his clients to interact with it, providing a workout for the soul and the mind as well as for the body. It's a training centre.

As Shawn Carriere put it while he took a break from his workout, "When I leave here after a session, I never have a dry T-shirt. It's not like working on any kinds of machines. I have to stay focused on what I'm doing."

Kingsbury has hockey, lacrosse and basketball teams come to him to develop their cardio fitness, agility and endurance. An Olympic sprinter also uses Kingsbury's equipment and services as a personal trainer.

"I have all kinds of people coming here, ranging from seniors to teens" he explained. Classes are available for children, adults and seniors - whether they be athletes or non-athletes. "I've also had trainers from Ottawa, Hull and Toronto coming to check me out, so I must be doing something right" he continued.

"I think I inherited some of the philosophy of my 77 year old former lumberjack Uncle Arthur who now lives in Hull. He is just a bit over five-foot tall, but strong as an ox and oh so fit. Keeping active is his secret to keeping fit."

Back to Carriere: "Don't forget to mention the friendly atmosphere and the fact that you're really treated with respect here, and remember what I said about the T-shirt. "

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FINANCE

Self-Employed Should Consider RRSPs

Self-employed Canadians are less likely than other people to have Registered Retirement Savings Plans (RRSPs), according to Statistics Canada.

"Many self-employed people say they are too busy building their businesses to put money into RRSPs or plan for retirement," says Chartered Accountant John Wonfor of BDO Dunwoody LLP in Toronto. "But if self-employed individuals want to maintain a certain income level after retirement, they need to develop a financial plan."

Besides providing post-retirement income, regular contributions to an RRSP can also help self-employed individuals reduce their taxes, adds Wonfor. Ask a Chartered Accountant for details.

Brought to you by the Institute of Chartered Accountants of Ontario.

Timing Is Everything With RRSP Withdrawals

If you expect to have little or no income in 2001, after a high-income year in 2000, a well-timed withdrawal from your Registered Retirement Savings Plan (RRSP) can save taxes.

"For example, if you are going back to school or starting your own business in 2001, you could contribute $10,000 to your RRSP by March 1st, 2001, deduct it on your 2000 tax return, and receive a sizeable refund," says Chartered Accountant John Wonfor of BDO Dunwoody LLP in Toronto. "You could then immediately withdraw the $10,000 from your RRSP, include it in your 2001 income, and pay taxes at a much lower rate. "

"The 2001 withdrawal will attract withholding tax at the time of withdrawal and a final payment of tax in April 2002," says Wonfor. As well, the amount you withdraw cannot be re-contributed to your RRSP.

Brought to you by the Institute of Chartered Accountants of Ontario.

The Top Ten List For RRSP Season

It's that time of year again – the RRSP deadline is just around the corner and time is running out to make this year's contribution. While the best possible approach is to make contributions throughout the year, there is still time left to make your RRSP contribution for 2000. Time to hunker down at the kitchen table with a calculator and figure out how to maximize this tax break opportunity.

Don't worry – you're not alone. Not only is this an annual ritual in kitchens across Canada, but you can get great professional free help in determining how to create the best retirement plan – with the maximum tax break.

The people at Scotiabank have some simple advice:

1. Map out a long-term plan. Financial security comes from a) having a long-term investment plan with realistic goals and b) reviewing your progress on a regular basis - the more you have, the more often, but not less than once a year. Check out the ican Financial plan online at www.scotiabank.com or at your branch to help you develop a plan.

2. Diversify to reduce risk. Determining the right asset mix of cash, income and growth investments is key to successful investing. Use the Scotia Investment Selector® to help select the right mix for you. The idea is to try to spread your risk over many different countries, industries, and mix of assets.

3. Max out your RRSP contributions. Every time you make an RRSP contribution, you reduce your taxable income and free up more money to invest. And as long as your money stays in the RRSP, it accumulates tax-free until you cash it in, a number of years from now. So, the longer you leave your money in, the greater your overall results should be. Know your limit. Call the TIPS Line (1-800-267-6999) to find out your deduction limit for free from the government.

4.Contribute monthly. It's best to contribute to your RRSP as early as possible in each tax year to take advantage of compounding. But it's not always easy to come up with a hefty lump sum and it can be tough to break the habit of always contributing at the last minute. Regular monthly contributions are a simple solution made even easier with the Scotia® Hands Off™ Account.

5. Invest in the world. Did you know that Canada accounts for about three per cent of the world's equity markets? Investing your full allowable 30 per cent RRSP foreign content limit in the world's best performing economies can add significant returns to your portfolio.

6. Reduce taxes with a spousal RRSP. Contribute to a spousal RRSP if your tax rate is higher than your spouse's. That way, you claim the deduction against your higher earnings and your spouse is taxed in retirement at a presumably lower rate. If your spouse is younger and you are earning income, continue to contribute to your spouse's RRSP even if you are past age 69.

7. Start early – Just do it. The power of time in making your money grow cannot be underestimated. Children with earned income should be filing income tax returns so that they begin to accumulate contribution room. When 18, open an RRSP and contribute, either claiming the deduction or leaving it to grow tax sheltered until you reach your higher income earning years.

8. Don't carry forward. Make your contribution and if you want to claim it later, you can do it when your income is higher and you'll have a greater tax refund. And if you can't make your contribution, then you can try to catch up as soon as possible with a catch up loan or line of credit.

9. Save outside your RRSP. Maximum contribution amounts are not being raised as fast as earnings increase and, for many, their RRSP savings alone will not be enough to maintain the lifestyle into which they have grown. Remember to hold your tax-preferred investments outside your RRSP.

10. Start thinking about the 2001 tax year now. When you contribute now instead of at the end of the year, your savings will grow by more.

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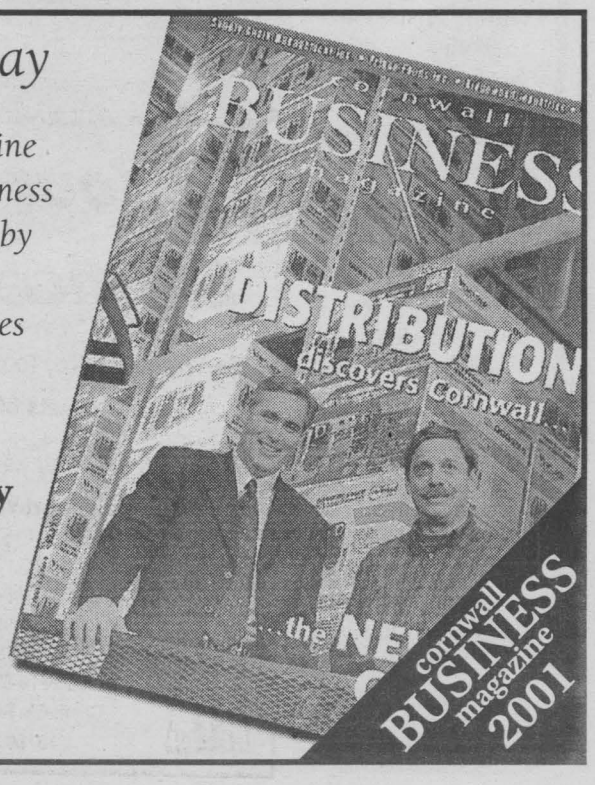

LOCAL

T.R. Leger Begins A New Trimester

Twelve full-service campuses of the T.R. Leger School begin a new trimester at the end of March. Historically, this has been a busy time for the school as new and returning students tackle three more courses between March 27th and June 21st. The school serves adult and alternative learners from age 16 and up across the Upper Canada District School Board. The T.R. Leger School is committed to preparing students for college and the workplace.

A full range of high school credit courses are offered including Math, English, Self and Society, Career Planning, Entrepreneurship, Science, Geography, History and more. Other courses include an introduction to computers and Windows 98, and the use of applications such as Microsoft Office and Corel Suites. The T.R. Leger School specializes in computer training since today's workplace usually requires a degree of computer literacy.

Additionally, the T.R. Leger School has many LBS (Literacy and Basic Skills) programs within the UCDSB. In Brockville and Cornwall, students learning the language have access to English as a Second Language (ESL) programs.

Timetables are flexible according to student needs, whether they be morning or afternoon classes scheduled on an individual basis. All courses are tuition free at the school which means students need not apply for loans. Only a student fee (partly refundable) is required.

Students may register now for the new trimester. Please call your local campus for an appointment or call 1-877-875-3437 for further information.

Provincial Liberals To Hold Annual Trillium Dinner

Brian Lynch, President of the Stormont-Dundas-Charlottenburgh Provincial Liberal Association has announced that the Annual Trillium Dinner of the local provincial Liberal riding association will be held on Thursday, April 5th, 2001 at the Porto Bello restaurant, 1710 Vincent Massey Drive, Cornwall. Cocktails begin at 6 p.m. with the dinner at 7 p.m.

Lynch stated, "We are very pleased that Lyn McLeod, Liberal MPP for Thunder Bay-Atikokan and health co-critic for the official opposition at Queen's Park will be the guest speaker at the Trillium Dinner."

Lynch further explained, "This will be an excellent opportunity for local residents to hear first-hand the views of the Ontario Liberal Party on health care and other issues of concern."

Lynch said that the speaker will be introduced by Stormont-Dundas-Charlottenburgh MPP John Cleary. Tickets for the dinner are available by calling 933-8104.

For further information regarding the Trillium Dinner, please contact Brian Lynch at 933-8353.

Cornwall Resident Studies Online, Completes Management Diploma

Candace Blayney of Cornwall was among 113 online Athabasca University students to successfully complete the challenging Advanced Graduate Diploma in Management program last month.

A program that instills effective analytical skills and raises awareness of the critical nature of a manager's role in an organization, the Advanced Graduate Diploma in Management represents the first phase of a three-phase online Master of Business Administration (MBA) degree.

Athabasca University's MBA program currently has over 1,000 students who interact with instructors and other students over the Internet, making it the largest executive MBA program in Canada.

Overall, the University has 25,000 students completing courses and credentials, all studying at a distance.

The University offers a general MBA, an MBA in IT management, and an MBA in agriculture (a joint degree with the University of Guelph) through its Centre for Innovative Management. Students complete assignments using textbooks, reference materials, computers and the Internet. The flexibility of online learning allows students to complete courses and programs while remaining employed.

Grand Opening of Country Living Farm Store



The Country Living Farm Store held its grand opening on March 8th, 2001. The store, at 3045 Pitt Street, which was previously the Co-op, is under the ownership of Elizabeth and Robert Beauchemin.

"We took over in October and have been getting supplies in since then," said Robert Beauchemin. "We are independently owned, but we still carry the Co-op feed from St. Isidore because we find the quality is very good. We carry all the farm and gardening supplies you'll ever need."

"And what we don't have, we can get," added Elizabeth Beauchemin.

Assisting MPP John Cleary (centre) with the official ribbon cutting were (from the left): Elizabeth Beauchemin (owner), Elizabeth Cleary, Robert Beauchemin (owner) and Shawn Maloney (employee).

Photo by Chris McPhee

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SN4

LOCAL

5 Things You Can Do Right Now To Lose Weight

(NC)—Spring clothes a little snug? Want to get ready for swimsuit season? Shedding those extra pounds isn't easy but a healthy, balanced lifestyle is within reach. Toronto-based naturopath Penny Kendall-Reed suggests these five daily tips to help you attain your ideal healthy weight.

Try something new: Motivation and enjoyment are essential to getting and staying fit. Find an activity that is fun for you whether it's brisk walking, salsa classes or kickboxing. As little as three, 30-minute workouts a week will help you shed those extra pounds and keep your spirits high.

Refresh yourself: Six to eight glasses of water a day will keep your body and skin healthy. Juice and soda often contain high levels of calories or artificial sweeteners, both of which should be avoided. Water will keep you refreshed, and will assist in controlling your appetite.

Get creative: Bookstores and libraries are overflowing with cookbooks and cooking magazines. These are excellent resources for learning how to incorporate more fruits, vegetables, whole grains and beans into your diet. Using natural ingredients versus high-fat, processed foods in your diet can help you when battling your weight.

Find natural ways to keep fit: Consider



using natural supplements to help reach your ideal weight. Supplementing your healthy diet and exercise regime with the herbs garcinia cambogia (Citrimax™), bitter orange (Advantra-Z™) and chitosan can help you lose weight safely and feel healthy. A new weight-loss kit from Jamieson Laboratories, called Ultra Slim Down, combines all three of these ingredients.

Quality not quantity: Learn to eat in proportion to your hunger. Decreasing portion sizes and eating "mindfully" will help you to attain a healthy weight and avoid the guilt of overeating."

Friendly Seaway faces



Joanne Labelle

from *Shopper's Drug Mart*

This week's friendly Seaway face will be celebrating 20 years of being a Pharmacist on May 11th.

Joanne Labelle has worked at Shopper's Drug Mart, in the Cornwall Square since she came out of school.

The now Pharmacy Manager is married to Robert and is the proud mother of two boys, age 14 and 8.

So when you see Joanne's smiling face, wish her a big Happy Anniversary for doing a great job.

Story and photo by Chris McPhee

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'98 CHEV CAVALIER
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* Price exclude Taxes admin. fee & licences payments O.A.C. Include taxes. Vehicle may not be exactly as illustrated

sn2

Every Child, Every Grade, Every Subject. We Are Committed To Working On Literacy Skills

In October 2000, all Grade 10 students in the Province of Ontario wrote the Ontario Secondary School Literacy Test. The Upper Canada District School Board's results are on par with the provincial results. Of the students who actually took the test, 76 per cent passed the reading component, and 70 per cent passed the writing component. Sixty-four per cent of students passed both reading and writing. Individual school results will not be released until April 9th, 2001.

UCDSB Director of Education, Gino Giannandrea, who is a strong supporter of higher standards, says, "Our chief goal as a School Board is to improve literacy skills of all students across all subjects in all grades. Achieving this goal will result in greater numbers of students passing the Grade 10 test."

The government used the October 2000 test as a trial to give students, parents and staff a better understanding of the standard for a pass or a fail. However, if we are to have the greatest success in preparing our students for next year, when success on the test becomes a graduation requirement, the secrecy surrounding the test must be removed and EQAO must work cooperatively with Boards and teachers.

The Upper Canada District School Board is committed to improving student achievement of every child, in every grade, in every subject according to Board Chair, Joan Hodge. Ms. Hodge says that this year alone, the Board allocated over one million dollars to fund school-based literacy projects in primary grades. Ms. Hodge is proud of the students who passed the test and committed to helping the students who did not meet the government standards. She added, however, that she will never be totally satisfied as she believes there is always room for improvement!

Literacy has always been and will continue to be at the forefront of all UCDSB programs. Last year's focus was on developing reading and writing skills in the primary division. Current research about brain development confirms that specific kinds of learning in early childhood are critical to the development of literacy skills. UCDSB will continue to focus on early literacy skills in 2001, and literacy programs geared to senior students, who are challenged by the new curriculum, will be enhanced.

Board Chair, Ms. Hodge, says that if parents are looking to improve their child's reading and writing skills, then, the first step is to promote literacy in the home. She added that, as difficult as it may be in this age of computers, videos and multiple TV channels, the development of skills in reading and writing must be a priority at home as well as at school. She encourages everyone to turn off the electronics and turn on to books.

ASK YOUR PHARMACIST

Your pharmacist is your medication expert and can provide advice and information on a wide range of health issues



Paul Trottier
Pharmacist

Your Medicine Cabinet

Here are some tips that will help ensure the safety of you and your family.

Storing Your Medicines Safely

- Keep all medicines away from children (out of sight and reach).
- The cabinet in your bathroom is the worst place to keep your medicine - it gets too warm and damp.
- Keep your medicines in a cool place and away from heat and light (e.g. a box that can be locked or high on a shelf).
- Refrigerate medication only if it says to on the label.
- Do not store medicine with food or household products.

Your Medicine Chest

Basic items you should have at home include:

- prescription medications you are taking
- pain and fever relief (acetaminophen if you have children - do not give ASA or aspirin to children unless prescribed by your doctor).
- common nonprescription medications you use
- thermometer
- medicine spoon or oral liquid syringe (household spoons are not accurate enough).
- first aid supplies (e.g. bandages, antiseptic for cleaning cuts and scrapes).
- ipecac syrup for poisoning: causes vomiting but should not be used in all cases of poisoning - call your local poison control centre before using
- sunscreen (15 SPF or higher).

Medicine Cabinet Cleanup

Every spring, clean out your medicine cabinet!

Don't take old medicines - they may not work.

They may also harm you.

Go through all the medicines you have at home and remove the following:

- prescription medications that are old or that you no longer take.
- old or expired non-prescription medications, including cough, cold, pain, first aid, vitamin and herbal products.
- medicines no longer in their original containers or with labels that you can't read.
- medicines that have changed colour, smell or taste.

Getting Rid of Your Medications Safely

- Take all the medicines you have cleaned out back to your pharmacy for safe disposal
- if you don't know if a medicine is still good, ask your pharmacist
- don't throw medicine in the garbage - children or animals may get into it
- don't flush medicine dow the toilet - it's not good for the environment.

For more information

Ask your pharmacist

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Homepathy and How It Can Help Your Digestive Problems



Paulette Poirier
Homeopath

Mr. R., a fiftyish engineer had a digestive problem for 1-1/2 years. There was discomfort, bloating, gas, feeling of constant fermentation in the stomach. He decided to consult in Homeopathy after the third specialist said all the tests showed there was nothing wrong with him physically, so the problem must be all in his head.

I saw Mr. R. twice, at a one month interval; by then his problem was solved. He couldn't believe how homeopathy helped him - without side effects.

Keep in mind that Homeopathy treats the person and not the disease, so two people with the same problem may require different remedies.

QUESTIONS?

Paulette is available every Tuesday for more information between 2 pm - 5 pm

at Jean Coutu, Cornwall
5 Ninth Street East (at Pitt)
938-7339

sn4

JEAN COUTU
5 9th Street East
938-7339
sn4

HAPPY ST. PATRICK'S Day

'Tis A Fine Celebration With Cornwall Businesses!

Stories & photos by Chris McPhee and Nick Wolochatiuk

In Celebration Of All Who Are Irish On St. Patrick's Day

If you're one of those people who's ever bought a new Studebaker or Hudson, or drove a station wagon that had real wood paneling, or stayed away from eating meat every Friday, or had glass-bottled milk delivered to your door, then you were around before white sliced bread came on the market. That puts you in the age category to remember when Lahaie & Sullivan Cornwall Funeral Homes Limited was established back in 1964. In honour of this being the Eve of St. Patrick's Day edition of the Seaway News, we are putting the print spotlight on Raymond (Ray) Sullivan, Cornwall's only Irish Owner/Funeral Director of Lahaie & Sullivan.

It would be difficult to question the authenticity of Ray Sullivan's Irish roots. Who else in Cornwall can claim that he was born to a farming family in the community of Irish Lake? Ray is married to Pauline Chisholm and has three children, Laurie of Cornwall, Sean of Calgary and Lynn of Dallas, Texas, and two brothers, Patrick of Ottawa and Wayne of Toronto. No, Irish Lake is not in County Galway, Limerick or Donegal. However, if you search a detailed Ontario map, you'll find Irish Lake between Flesherton and Markdale in Southern Ontario.

There's only one Lahaie & Sullivan Cornwall Funeral Homes, but they do have two (and only two) funeral parlours. One is conveniently located on the west side of Cornwall's only Volkswagen dealer, Jack MacDonell Motor Sales, at Pitt and Seventh Street West. The other Lahaie & Sullivan Funeral Home is on First Street East.

Ray Sullivan's time as a funeral director is divided between the West Branch at 20 Seventh Street West and the East Branch at 614 First Street East. Both sites offer a full range of services, designed to meet the needs, wishes, tastes and budgets of all bereaved families who come to them. The staff, which includes J.P. (John) Lahaie (Owner and Founder), Claudette R. Lahaie (Owner and Funeral Director), is able to serve clients in both official languages. However, they're still working on their Gaelic.

No, neither of the two Lahaie & Sullivan funeral homes is offering a St. Patrick's Day special, for that would be in poor taste. However, in honour of St. Patrick's Day, Ray salutes his Irish ancestry by wishing all the best this March 17th weekend – and always offer their best of service during times of bereavement. To all who celebrate this Saint's day, whether their name be O'Lahaie, O'Sullivan, O'Gauthier or O'Aube, Lahaie & Sullivan wishes you a Happy St. Patrick's Day!



May The Road Rise To Meet You!

St. Patrick's Day was originally the feast day that celebrated the Christian missionary to Ireland during the fifth century. Now, during this festive time of green beer and Irish salutations, many celebrate their Celtic background more for individual reasons.

Tracy O'Flaherty is a Canadian who loves St. Patrick's Day. Being the Dean of Unity College has her working constantly, but come March 17th, Tracy looks to enjoy family and friends.

"I like celebrating my Irish ancestry with good music and good friends. I especially make sure to spend time with my father."

Tracy is 100 per cent Irish. "My mother's ancestors, the Ryans, came over in 1817. My father's parents came over before World War I. I have a lot of pride in where I came from. Many of the immigrants who came over changed the spelling of their names, feeling they would fit in better. I love my 'O'."

So, like Tracy, wear that shamrock proudly, and surround yourself with friends and family. We all are Irish in our hearts one day a year, at least.

Erin Go Bragh!

Happy St. Patrick's Day! This time of year, everyone feels a bit of the Emerald Isle in their hearts. People with a Celtic heritage are especially proud. Steve Summers, the owner of Melody Music on Pitt Street, is one such person. Every year, he and his family don the green and enjoy a heartfelt salute to his Irish ancestry.

"My ancestors came to Canada from Dublin in the 1800's," said Summers. "I haven't been to Ireland myself, but my wife Hélène enjoyed her time there. As a child growing up, we kept our celebrations quiet."

"For the last 30 years, I have celebrated our heritage with friends and family by going out to a nice restaurant or pub. I always wear green and celebrate the day with a special sale at the store. We even bring in special Irish songbooks for St. Patrick's Day."

Even though he claims to be only 50 per cent Irish, Steve Summers holds a special place in his heart for this time of year and the land of the leprechaun.

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SEAWAY SPORTS

Viau Mechanical Atom "B" Selects

The Selects kept busy this week to stay in good form for the last two tournaments of the season in Kanata, March 16th to 18th and Kemptville on March 24th. They had an exhibition game against a fast and very challenging Massena team to a 6-2 loss. They had strong offence doing great plays to beat our goalies Travis Coughlin and Colin McKay with many shots. They even pulled the goalkeeper out to go with six attackers a few times in the game. It was a good way to practice on checking for everybody. DJ Cutler had a good game scoring both goals with Scott Simpson and Nicholas Lefebvre assisting.

They then played Winchester (who are also out of the playoffs) for a fun game that ended in a 2-1 loss. It was a good game that could have been playoff hockey with many chances to score but very hot goaltending on both teams kept the scores low. Lefebvre pulled in the loner unassisted.

We would like to take this time to wish "congratulations" to the Novice 'B' and 'C' Selects for great playoffs and winning their series and championship titles. It was great to watch the kids playing hard and celebrating like it was their NHL cup, and parents cheering so much. Good luck Selects in the tournaments, and play hard like you always do. Your parents are behind you guys 100 per cent. Your writer will get all the information in two weeks when he gets back from his holidays in sunny Cuba. We will be thinking of all of you - sorry.

Thanks again to our major sponsor of Viau Mechanical, Marc and Tammy, for helping make this season a success.

Bridge Tournament & Luncheon

Martintown Goodtimers Duplicate Bridge Club will be holding their 6th annual Charity Bridge Tournament and Luncheon on Saturday, April 28th at 11:30 a.m. at the Martintown Community Centre. This year any profits from the Tournament will go to the Agapé Centre, (food bank and soup kitchen), Cornwall. Everyone is welcome to attend.

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Inside The Cornwall Colts

David **MURPHY**

The fire's been lit. As the Colts didn't have enough motivation to win the CJHL championship, the league just about shut them out of the annual awards banquet. It's the second year in a row. The Colts run away with the regular season championship and several individual statistical categories and get punked.

Jeff Legue won the league's MVP and scoring trophy and was named first team all-star centre. I've heard it said around the Si Miller Arena that it's a good thing the general managers, managers and/or coaches cast ballots don't vote on the scoring title or somebody else might have won it.

Francis Cloutier, the league's only other 50 goal scorer, was named to the second all-star team at left wing. Al Wagar picked up first team general manager. That's it. That's all. Of the 50-some awards and honours that were handed out, the Colts came away with less than what would, should and could be expected from a team that dominated the regular season from the opening face off until the last goal was scored.

Like I mentioned off the top, the fire under the Colts has been lit. Head coach Al Wagar and all the players, from MVP Legue on, are dead set on winning the CJHL title to prove that they are, indeed, the best.

The Colts were basically shout out of last year's awards also. Maybe history will repeat itself.

See you at the rink.

Midway Motors Novice "B" Royals



The Midway Motors Novice "B" Royals clinched second place in the UCMHL East Division regular season qualifying them for the upcoming Tournament of Champions. The Royals bonded together from the beginning and enjoyed a fantastic year.

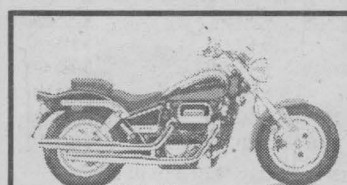
First row (l-r): Joey Porporo, Taylor Filion, Goalies Sheldon Primeau and Ryan Bissonnette, Jérémie Spagnolo and Assistant Captain Tyler Legue.

Middle row: Mathieu Rochon, Tyler Prieur, Tyler Barnhart, Colin Poirier, Mathieu Denis, Eric Chaussé, Dominick Coyle and Patrick Lemire.

Back row: Coach Paul Rochon, Manager Louis Denis and Assistant Coach Brent Prieur.

Missing are Brock O'Connor and Trainers Blaine Filion and Frank Spagnolo.

SUZUKI
Ride the winds of change



Hot Rod

Cruising in a different style-flat bars, stylish seat, tear-drop fuel tank, contoured rear fender. The Suzuki Marauder 800 is a hot rod designed for the sheer enjoyment of the ride. Turn an ordinary road into an extraordinary ride on the Suzuki marauder 800.

• 45-degree V-twin engine is liquid cooled and produces strong torque across the powerband.
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accompanied by an adult
Play Off Home Games (If necessary)
Game 5- Sunday Mar. 18th @ 7:00 p.m.
Game 6 - Thursday Mar. 22nd @ 7:30 p.m.
VS Gloucester
COGECO COMMUNITY TELEVISION SEAWAY NEWS BLAZE 101.9 The Valley's Pickup Country sn4

Novice 'C' Eastern Division Champions

The South Stormont Novice C Selects captured the Upper Canada Eastern Division Championship in four action packed games that filled the arenas with excitement. The series against the North Dundas Demons was close, hard fought and could have went either way.

The Selects took the first game 2-1 with Dylan Fleury and Brandon Brisbois scoring the goals and Devin Coughlin, Ty Kinstler, Zachary Brandt and Kyle Maloney with the assists.

The second game went to the Demons as they out-scored the Selects 4-2. Goals for the Selects came from Ryan Fontaine and Fleury, assisted by Cole Tate.

With both teams tied at two points a piece, the excitement of game three raised the roof of the Long Sault Arena. Both teams played their hearts out, ending in a 3-3 tie. Goals came from Ryan Winkenweder, Fontaine, and Brisbois, assisted by Kinstler and Troy Gove.

With the Championship on the line, game four didn't disappoint. Both teams wanted and deserved the win but it was South Stormont who came out with the victory, winning the game 3-2. Finding the mark for the Selects was Maloney, Tate and Brisbois. The assists came from Fleury, Winkenweder, Gove and Maloney. Hard work was also provided by Meagan Sommers and Austin Markell. Outstanding in goal for the entire series was Drew Smith.

The parents are very proud of all your hard work and determination, and thanks also goes out for a job well done to coaches Dave Brandt and Eddie Gove.

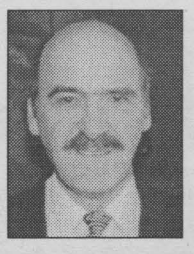
SEAWAY SPORTS



Cornwall Community Sports Club, circa 1949.



Cornwall Royals mini-reunion, circa 1981.



Sports Chips
Bill **Gallant**

I'm now discovering that Sports Chips readers are enjoying our weekly photos and they tell me it's fun trying to identify the sports personalities. Such is the case this week with the hockey picture that was taken in 1949. The team is the Cornwall Community Sports Club. You can stop reading here and see how many you can identify.

Front row, left to right: B. Villeneuve, George Marlin, ? Touchette, S. Bertrand, Bud Grant, John Marlin, Gaetan Dumond, Ken Baker and Si Miller. In the back row, left to right is coach Ray Miron, M. Pitre, L. St. Onge, P. Rousseau, Bruno Bourgon, A. Mondeaux, Aime Leblanc, Moe Savard, Dan Laperle (manager) and Paul Guindon.

Our second photo was taken during a Cornwall Royals mini-reunion in 1981. It shows four former Royals players who unfortunately never got the chance to share the excitement of winning the Memorial Cup. On the left, holding the memorial Cup, is Mike Conway who was a solid defenseman who started with the team just after they won the 1972 trophy. Next is Rick Patterson who starred with the Royals from 1973-1978, and later went on to play with the Chicago Black Hawks. Goaltender Tim Bernhardt, who took the Jacques Plante Trophy as the top goaltender in the Quebec Major Junior Hockey League while with the Royals, but sadly he, too, never got to play in the Memorial Cup. On the right is another tough forward who played three seasons during the Royals time in the CJHL, 1965-68, Bill Snelgrove. Bill was with that strong Royals squad that went to the Eastern Canada Memorial Cup championships of 1966.

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www.themensproject.ca
sn1

Cornwall Kinsmen Minor Lacrosse Association Looking For More Players

The first registration numbers were lower than expected. A total of 90 kids signed up, but on the bright side, 38 of those were new. As a result, we will be holding a second registration on March 17th at the Bob Turner Memorial Centre from 11 a.m. till 3 p.m.

Inquiries from people in South Stormont (Long Sault) and South Glengarry (Char-Lan) show interest in starting up lacrosse in their area. This may have had some bearing on the lower than expected registration. Also, some interest in the Morrisburg area was shown. We received a lot of phone calls from parents who had not heard about our first registration, therefore we are holding a second.

During the month of April, lacrosse will be played at the Bob Turner Memorial Centre with skills and development training beginning April 9th and a coaching clinic scheduled for Saturday, April 14th.

In May, the Association moves to the Civic Complex. That's right, the Si Miller is scheduled for some renovations so we play out of the Civic. Then in June, we move back to the Si Miller Arena.

Biggest Lacrosse myth: Lacrosse is a violent sport. I don't want my child to get hurt!

Well folks, guess what? In a report released in 1998 by the Canadian Hospitals Injury Reporting and Prevention Program (CHIRPP) Health Canada, lacrosse ranks 31st, tied with bowling, on a list of 35. So, there are 30 other sports and activities that parents let their kids participate in which they are more likely to suffer an injury than from playing lacrosse.

Note: If anyone has lacrosse equipment they wish to sell, please contact Roy at 937-3727.

Cornwall Bantam 'A' Girls Typhoons

The Cornwall Bantam 'A' Girls Typhoons brought home the title from the Kanata tournament. Cornwall opened with a 1-0 win against Ottawa. Kim Fougere scored and Vanessa Carter recorded the shutout. Ann Marie Wheeler was awarded player of the game.

Cornwall then beat Nepean 3-0 with goals coming from Krista Atchison, Krystal Van Leishout and Chantal Lortie. Vanessa Carter recorded the shutout, and Krista Atchison took player of the game.

In the Typhoons' third game on Saturday, they fell to a 1-0 loss to home team Kanata. Cornwall then met Ottawa in the semi-finals and won 2-1. Krystal Van Leishout supplied the two goals and was awarded player of the game, along with Heather Saaltink.

In the finals against Kanata, they were behind 1-0 when Mallory Wereley tied the contest and put the game into overtime. Krystal Van Leishout scored with 2:18 in overtime. Krystal Van Leishout and Chantal Allaire shared player of the game.

CORNWALL MINOR BASEBALL
ROYAL CANADIAN LEGION 297
REGISTRATION
Girls and Boys

Divisions	Ages	2000 Season Cost	2001 Season Cost
T-Ball	5-6	$45.00	$40.00
Pitching Machine	7-8	$55.00	$40.00
Minors	9-10	$65.00	$50.00
Majors	11-12	$70.00	$60.00
Juniors	13 - 16	$80.00	$60.00

Tuesday, May 1st 'til Saturday May 5th will be
SPRING TRAINING WEEK with the Black Sox Travelling Team
The Regular Season schedule to be determined at a later date.
(20 games or more) All players will receive a participating medal.
(All teams make play-offs)
REGISTRATION WILL BE HELD AT THE
Legion Ball Park Bergeron Drive Tel: (613) 936-8827
Clubhouse and Canteen area (at the end of Marlborough Street South)
Friday, March 16 & 23/01 .....6 p.m. - 8 p.m.
Saturday, March 17, & 24/01 .....10 a.m. - 5 p.m.
Sunday, March 18 & 25/01 .....12 noon - 4 p.m.
First-time players need birth certificate
The New Executives are looking forward to working with you and your children to making Cornwall Legion Minor Baseball the best it can be.
sn2

Kinsmen Minor Soccer
REGISTRATION
Fri. Mar. 16 - 6:00 pm - 9:00 pm
Sat. Mar. 17 - 9:00 am - 12:30 pm
Fri. Mar. 23 - 6:00 pm - 9:00 pm
Sat. Mar.24 - 9:00 am - 12:30 pm
St. Peter's School - Gym Entrance
coaches needed
$55 - 5-7 yr. olds (co-ed only)
$60 - 8-18 yr. olds
(all boy or all girls teams)
Registration Limited - *proof of age required*
*late fees will be applied to late registrations
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red, **only 30,000 km**

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fully loaded, spoiler, black
only 40,000 km

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light tan, fully loaded
only 51,000 km

1998 FORD CONTOUR SPORT
light tan, fully loaded
Priced to sell $13,995

1998 MERCURY MYSTIQUE SPORT
light green, loaded
Priced to sell $13,995

1997 CROWN VICTORIA
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Priced to sell $15,695

1994 SABLE GL WAGON
gold, only 92,000 km
Priced to sell $6,995

3 FORD ESCORTS TO CHOOSE FROM
1-4 dr. SEDAN, 4 cyl, auto, sport, black
1-ST. WAGON, 4 cyl, auto, gold
1- ZX2 2 dr. coupe, 5 spd, loaded, red

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1999 F-150 LARIAT S/C
maroon & beige, off road package
extra clean, only 42,000 km

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3 TO CHOOSE FROM
66,000 to 99,000 km
OPEN TO OFFERS

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extra clean, blue
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1997 F-150 SUPER CAB
black - maroon, extra clean
A Must See!

1998 NAVIGATOR
red, extra clean, all the goods
only 89,000 km

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2 tone, V6, auto, air, mint
only 68,000 km

1997 RANGER PICK UP
4 cyl., 5 spd., blue
only 62,000 km

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drk green, leather, extra clean
A Must See!

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sn2

Club 55+ Action

Four teams (two mens, two ladies) from Cornwall's Club 55+ Seniors league competed in a zone roll-off at Olympia Bowl. They are to be congratulated for their strong showing, competitive spirit and sportsmanship.

Roy Julien, Leo Goulet and Rene Lauren, Cornwall's number one team, were winners in the mens division. They will now advance to the provincial finals in their quest for a national title.

February awards were presented to those who bowled 100+ over their average. Recipients were: Alex Robinson 103, Ron Currie 112, Cliff Merpaw 126, Ovila Samson 143, and John Peters 169.

February bowler of the month: Theresa Dubeau and John Peters.

Highs rolled: Len Marleau 223, Tom Fagan 222, Raymond DeRepentigny 217, Lawrence Markell 216, George Belmore 215, Ovila Samson 211, Bill Wilson, Fred Kennedy and Clarence Stang 210 each.

Attendance winners: Harold Lauzon, Shirley Eastman and Lionel Boileau.

South Stormont Bantam "C" Selects

Before starting their league playoffs, the South Stormont Bantam C Selects travelled to Massena for an exhibition game where they outshot their hosts 44-18 en route to a 6-2 win. Greg Markell and Marc Geneau led the attack, each scoring a pair, with Ian Hickman and Shea Alguire adding singles.

In a tight playoff series, the Selects the tied Alexandria Glens 3-3 and 2-2 before falling 4-1 in the deciding game in Alexandria. Markell, Geneau and Hickman supplied the offence in game one, with Matt Tessier and Doug Alguire scoring in game two. In the final game, Markell was the lone Selects marksman.

SEAWAY Scoreboard

Bridge Results

Williamstown Bridge Club - Mar. 7th, 2001
1. Elizabeth Marjerrison - Jim Campbell
2. Evelyn McPhail - Grace Leroux
3. Francine Lang - Homer Grant

Cornwall & District Bridge Club, Mar. 8th, 2001 (Overall)
1. Barbara Taylor - Jeannine Alain
2. Brian McCartney - Steven Lassner
3. Margaret Campbell - Maureen Walker

Independent Bridge Club - Mar. 7th, 2001
N/S
1. Mona MacPhee - Marian Lloyd
2. Margaret Evans - Terry Forsyth
3. Joyce Harrison - Jean Forbes

E/W
1. Lydia Legault - Charles Payne
2. Estelle Loney - Yolande Robinson
3. Jody Campbell - Rhea Petry

Kinsmen Centre Social Duplicate Bridge Club, Mar. 8th, 2001
N/S
1. Marie Savoie - Marilyn Barry
2. Nicole Smith - Val Shannon
3. Doug Hill - Tom Swift

E/W
1. Jody & Reid Campbell
2. Myrna Carpenter - Heather Leger
3. Gabrielle Raymond - Elaine McDonald

Cornwall Seniors Duplicate Bridge Club, Mar. 9th, 2001
Section A
N/S
1. Carol Reus - Jody Campbell
2. Ben Bouvier - Madan Seth
3. Gaby Bouchard - Jessie Boyd

E/W
1. Gail Dugas - Claudette Ladouceur
2. Muriel Smith - Joyce Haines
3. Norma & Fern Blain

Section B
N/S
1. Jean Stokes - Jean Boileau
2. Rita O'Brien - Bert Chaussé
3. Peggy Seymour - Louis Rioux

E/W
1. Joyce Egan - Ruth Orkin
2. Gloria Blanchard - Marian Lloyd
3. Lyette Ladouceur - Hermine Ladouceur

Terri's Bridge Club, Mar. 12th, 2001
N/S
1. Yvonne Bergeron - Jean Boileau
2. Georgette Lauzon - Gerry Johnston
3. Lucille Sabourin - Janice Keen } tie
3. Kay Barlow - Bert Chaussé }

E/W
1. Fleurette Brunet - Fernande Cardinal
2. Rita Struthers - Brunelle MacDonald
3. Marian Lloyd- Ben Bouvier

Martintown Goodtimers Bridge Club, Mar. 13th, 2001
1. Allan McLeod - Henryk Rzepczyk
2. Dot Burnett - Barbara Ross
3. Jean & Jim Campbell
4. Joan Owen - Albert Leonard

United Counties Ladies Basketball

Mar. 8th, 2001 - St. Lawrence High School

Game #1

St. Lawrence College	**57**	**Rayco Sports**	**27**
Top Scorers:			
Erin Nixon	17	Angela Martell	8
Tina Bond	15	Merle Wheeler	7
Maureen Laframboise	9	Faye Brunet	4

Game 2

Laframboise	**52**	**Rat's Nest**	**29**
Vicki Lalonde	18	Genevieve Tibi	11
Chantal Mageau-Pinar	16	Susan Shannon	5
Christine Campeau	8	Tara Thompson	5

Game 3

Star Gazers	**43**	**Grower Direct**	**37**
Geraldine Jacobs	16	Theresa Gibson	10
Karen Francis	9	Leslie Ouderkirk	8
Arlene Thompson	8	Nancee Cruickshank	7

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e-mail address: mike.renaud3@sympatico.ca

The Cornwall General Hospital Foundation
held its annual Snow White Golf Tournament
as part of Carn*val 2001.
$3,000 was raised and will be used to purchase medical equipment.

We wish to express our appreciation to:
OUR CORPORATE SPONSORS
Royal Bank, BDO Dunwoody, Beauty Rock Inc., the Cooperators-Christine McKinnon Agency, Scotia McLeod, National Car Rental. Hunt Financial Group, Upper Canada Mortgage & Nahsila Freight Services
PRIZE SPONSORS
Knights of Columbus 755, Paradise Fitness Center, Cornwall Golf & Country Club
THANK YOU to supporters, participating teams, organizing committee & Gerry Lalonde from Gedoro's
sn1

LET'S CELEBRATE

Bonus

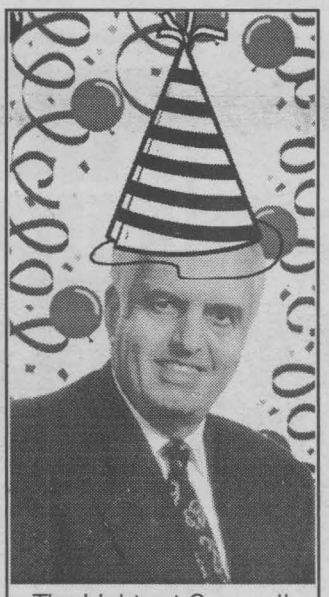
Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News

Gedoro's
Fine Dining in Casual Comfort
Join us for Big Thursdays
158 Pitt Street 938-2791

Celebrate your birthday and/or anniversary with us. Bring your family and friends and you will receive: free cake; free photo & card; free $15.00 discount coupon for your next visit. Please call 24 hours ahead for your cake

This week's winner DEBBIE pick up your prize at Gedoro's!

TO PLACE YOUR AD
Phone or Write Your Ad of 24 words or less and enclose $9.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week
DEADLINE: 5 PM TUESDAY

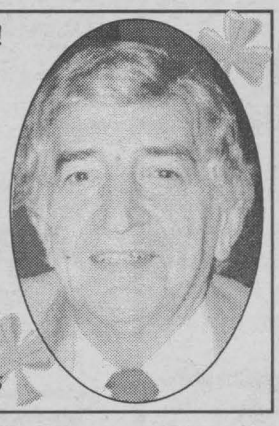


The Lights at Cornwall Electric were 60 watts brighter on March 14th!
Happy Birthday
RON EAMER

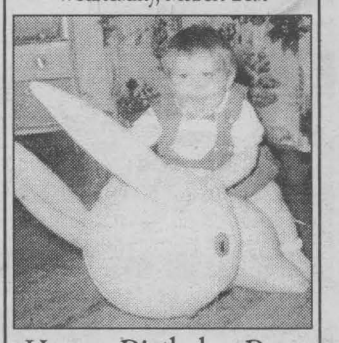


Lordy Lordy
The Leprechaun
is turning 40!
Debbie
celebrating on March 17th
from Dan & Junior

Looking Good! Looking Good!
Happy 75th Birthday Grandpa!
JOSEPH ROLLAND
celebrating on St. Patrick's Day
Lots of love, Charlene, Devon & Cody - hugs & kisses



Lordy Lordy
Look Who's 40
Wednesday, March 21st



Happy Birthday Bow
(Brian Beaudette)
Enjoy the ride
...life begins at Forty
Love Mom, families & friends

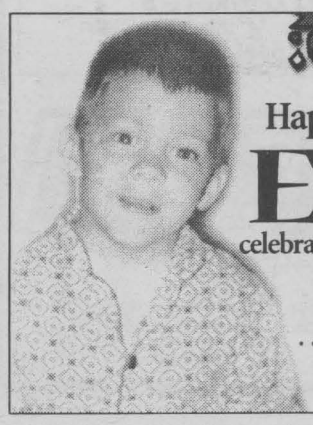
Happy 60th Birthday
to a wonderful mother who's looking as young as ever!
Alice Thibert
celebrating on March 15th
From your kids, grandchildren, family & friends



Happy 35th Birthday
Shelly
celebrating on March 22nd



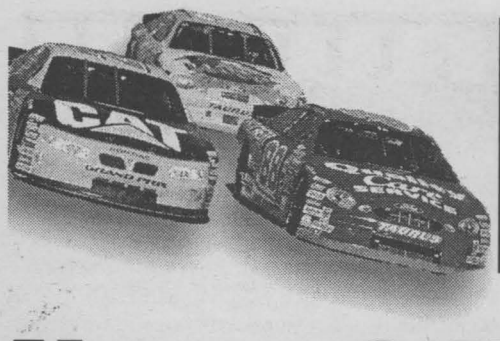
HAPPY Birthday!
Kelly Doyle
who celebrated on March 15th
love your family & friends



Happy Birthday
ERIC
celebrating on March 18th
You made it to 30
...hope your'e Satisfied!
Love Maureen & Dara



HAPPY 30TH BIRTHDAY
Jo Anne Rowe
celebrating on March 19th
Love, from family & friends



NASCAR

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SINCE 1984
158 Pitt St. 938-2791

Join Us For BIG THURSDAYS
St. Patrick's Day, March 17/01
Sat. Matinee 2 pm- 6 pm
Brigadoons
featuring Denis Carr & Robert Taylor

News & Updates

NASCAR GOES GLOBAL

NASCAR officials have announced plans for international television distribution reaching four continents. Soon Jeff Gordon, Bobby Labonte and all the rest will be seen by fans in countries such as Albania and Wales.

Tony Stewart's Darlington dilemma

In four career NASCAR Winston Cup Series starts at Darlington Raceway, Tony Stewart has three top ten finishes. Despite the success, he's still looking to improve in one essential category – laps led.

Buckshot Jones notes, quotes: Carolina Dodge Dealers 400

This weekend, Buckshot Jones and the #44 Georgia-Pacific Dodge will make their first visit of the year to the historic town of Darlington, South Carolina, for Sunday's Carolina Dodge Dealers 400.

Stricklin impressed with Donlavey Racing efforts

Hills Bros. Coffee Racing driver Hut Stricklin mustered a quality finish, driving an ill-handling car, as his Donlavey Racing team continued to show improvement.

Kenseth overheats in Aaron's 312

The Visine Racing Team loaded the No. 17 car onto the transporter to go home sooner than they expected Saturday afternoon.

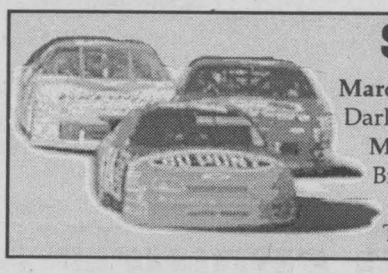
Waltrip hires Robinson for three Busch races

Michael Waltrip will step back and let someone else drive his Busch Series car for three races. Waltrip announced that Shawna Robinson will drive his Chevrolet at Texas, Nashville and Talladega.

RACE RESULTS

Cracker Barrel Old Country Store 500
Atlanta Motor Speedway — Race 4 of 36

		Driver	Make	Pts.	Bonus
1	#29	Kevin Harvick *	Chev.	180	5
2	#24	Jeff Gordon	Chev.	180	10
3	#25	Jerry Nadeau	Chev.	170	5
4	#88	Dale Jarrett	Ford	165	5
5	#5	Terry Labonte	Chev	155	0
6	#28	Ricky Rudd	Ford	150	0
7	#10	Johnny Benson	Pont.	146	0
8	#36	Ken Schrader	Pont.	147	5
9	#31	Mike Skinner	Chev.	138	0
10	#97	Kurt Busch *	Ford	134	0
11	#22	Ward Burton	Dodge	130	0
12	#2	Rusty Wallace	Ford	127	0
13	#32	Ricky Craven	Ford	124	0



SCHEDULE OF EVENTS

March 18th Carolina Dodge Dealers 400
Darlington Raceway - FOX - 1:00 p.m.
March 25th Food City 500
Bristol Motor Speedway - FOX -1:00 p.m.
April 1st Harrah's 500
Texas Motor Speedway - FOX - 1:00 p.m.

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CR-V LX $26,300 MSRP*
PERFORMANCE: Real Time™ 4-Wheel Drive • 4-Wheel Double-Wishbone Suspension • Fuel Injection • 2.0 Litre, 146-hp, DOHC Engine • 15" Wheels • 5-Speed Manual Transmission • All Season Radial Tires • & more...
SAFETY: Dual Front Airbags • ABS Brakes • Child Proof Rear Door Locks • Child Safety Seat Tether Anchors • 3 Point Seat Belts • & more...
COMFORT: CFC-Free Air Conditioning • Micron Air Filtration • AM/FM Stereo Cassette with 4 Speakers • Dual Manual Driver's Seat Height Adjustment • Heat Rejecting Windows • Cruise Control • Adjustable Steering Column • Front Stabilizer Bar • & more...
CONVENIENCE: Power Windows, Door Locks & Mirrors • Fold-Down 50/50 Split Rear Seatback • Removable Folding Picnic Table • Rear Washer/Wiper • Remote Rear Hatch Release • Body Side Mouldings • Vanity Mirrors • & more...
OR LEASE IT FOR $338✓ per month for 48 months, WITH ONLY $3,660 DOWN FREIGHT & P.D.E. INCLUDED

CR-V EX $28,300 MSRP*
WITH ALL THE FEATURES OF THE CR-V LX PLUS: 4-Speed Automatic Transmission • AM/FM Stereo CD Player with Anti-Theft (no cassette) • Keyless Remote Entry with Hatch Release • Body-Coloured Door Handles & Power Door Mirrors • Alloy Wheels • Rear Seat Tilt-Up Feature • Floor Mats & More...
OR LEASE IT FOR $348✓ per month for 48 months, WITH ONLY $3,890 DOWN FREIGHT & P.D.E. INCLUDED

CR-V LE $29,800 MSRP*
WITH ALL THE FEATURES OF THE CR-V EX PLUS: Leather Seats • Leather Wrapped Steering Wheel • Addition of a Cassette Player • Body-Coloured Bumpers, Side Mouldings & Hard Spare Tire Cover • Chrome Front Grille • Side Privacy Glass
OR LEASE IT FOR $368✓ per month for 48 months, WITH ONLY $3,989 DOWN FREIGHT & P.D.E. INCLUDED

6.8%† Lease Rate on All New 2001 CR-Vs

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HONDA BUILT WITHOUT COMPROMISE

HCFI HONDA CANADA FINANCE INC
Lease offers are available, on approved credit, only through Honda Canada Finance Inc., until March 31, 2001. Lease payments shown are for 48 months and include $850 for freight and P.D.E. with 96,000 km allowance (10¢/km exceeding 96,000 km applies). ✓Based on a new 2001 CR-V LX, 5-Speed/CR-V EX, Automatic/CR-V LE, Automatic (model RD1741E/RD1851E/RD1871EN) $338/$348/$368 per month for 48 months. †A.L.R. 6.8% (total lease obligation of $16,224/$16,704/$17,664). Down payment or equivalent trade of $3,660/$3,890/$3,989 required, (**zero down payment plans available**), plus first monthly payment and security deposit ($400/$400/$425). Option to purchase at lease end for $12,098/$13,867/$14,602 plus taxes. *M.S.R.P. does not include freight and P.D.E. ($850). ✓*Taxes, licence, insurance, administration and maintenance fees are additional. Dealer may lease/sell for less. **See your neighbourhood Ontario Honda Dealer for details.**

FOR A HONDA DEALER NEAR YOU, CALL 1-888-9-HONDA-9 OR VISIT OUR WEBSITE AT www.honda.ca

ENTERTAINMENT

Had a nice visit to **Joey's Only** last week for another helping of their very tasty fish and chips. Next time you get the munchies and you want to try something special, drop by Joey's and take some time to read their menu. You will be pleasantly surprised at the variety offered. I must admit, I'm somewhat partial to the red snapper!

If we get a break someday soon from the weatherman we can take in some of the events planned in the next while. This Saturday is St. Patrick's Day so wear something green and enjoy the day. I'll be busy between 8 a.m. and 2 p.m. this

Morrisburg & District Arts & Crafts Assoc.

Spring Show & Sale

Morrisburg Legion

Friday, Mar. 30th 12 noon to 7 pm
Saturday, Mar 31st 10am to 5pm

Free Admission

Door prizes ~ Lunch available

sn2

ROSIE MAGOO'S BAR & GRILL

LIVE BANDS
Thursday, Friday & Saturday

Sunday - (3pm - 9pm) - Karaoke Twins
Wed - (9pm - 1pm) - Karaoke

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J.P. CORMIER

Mary Jane LAMOND

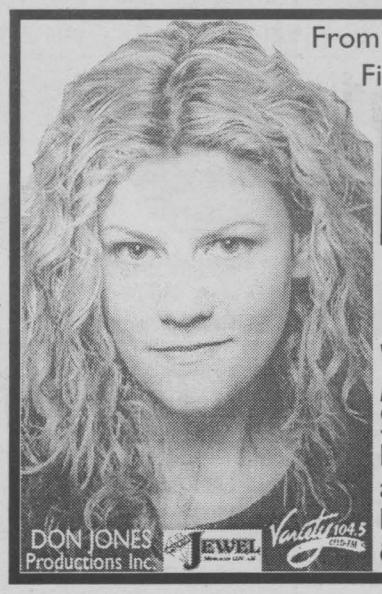
Howie MacDONALD
& friends

THIS FRIDAY!

"...a dazzling synthesis of music, song, dance & comedy steeped in Maritime tradition."

Celtic Ceilidh

CORNWALL
AULTSVILLE THEATRE
Friday, March 23rd - 8:00 pm
Reserved Seating: $21.50
(GST incl. plus $1 S/C)
Civic Complex Box Office:
938-9400 (9-4 M-F) SN4



From Cape Breton Island, Fiddling Sensation

NATALIE MacMaster
& Her Band In Concert
Wed., March 28 at 8 pm
Aultsville Theatre,
St. Lawrence College
Reserved Tickets $28.50
at the Cornwall Civic Complex
Box Office (613) 938-9400
& 1-800-361-4595

DON JONES Productions Inc. JEWEL Variety 104.5

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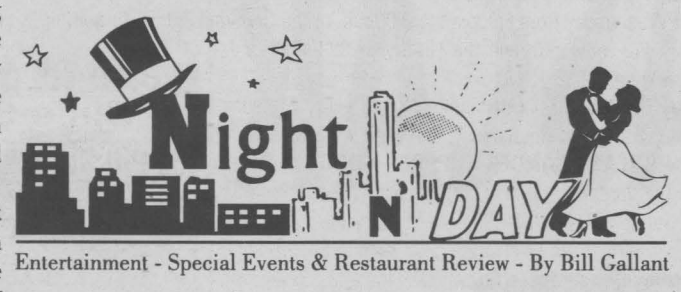

Entertainment - Special Events & Restaurant Review - By Bill Gallant

Saturday playing some of that happy Irish music on the Jewel at 12-20 on the AM dial. Tune us in if you get a chance. Then join us for a continuing **Irish party** at the RCAF starting at 3 p.m. with Irish Stew and music.

Then on Sunday, March 18th it's the fifth annual **Dave Ezard Memorial Walk.** Join the folks at the Civic Complex and participate in the walk. Also on Sunday is a **brunch at the RCAFA,** Wing 424 on Water Street. It will be on between 10:30 a.m. and 1 p.m. and the public is invited to drop by.

On March 25th the public, especially anyone who is a member of the "Turtle Club," is invited to the very first ever **"Turtle Party"** at the Wing. There will be free munchies and music starting at 3 p.m.

Still some tickets remaining for the **Celtic Ceilidh** coming to the Aultsville Theatre stage on Friday, March 23rd. There will be plenty of singing, dancing and comedy featuring J.P. Cormier, Mary Jane Lamond and Howie MacDonald. Tickets available at the Civic Complex Box Office.

One thing about the trades happening in the National Hockey League these days, it sure generates plenty of interest in the remaining games in the regular season. Fans are eager to catch specific games on TV in the hopes of watching, for example, how strong St. Louis will be from their big trades on Tuesday, and the reaction to Big Eric sitting out this season.

Please weatherman....NO MORE SNOW, SLEET OR SURPRISES! Can't we just let the season take its normal transition? After all, it is mid-March and we've had enough of your freezing, sloshing, shoveling, slipping and sliding weather. One thing is certain and that is the "splashing season" that will soon be upon us. Please Mr. Motorist, once all our snow starts to melt it will cause many nasty puddles on our streets, so be courteous and look out for the walking traffic. Pedestrians have just as much right-of-way as motorists. Slow down when you drive through puddles!

Dave Broadfoot is getting ready to begin his **First Farewell Tour!** Yes this zany Royal Canadian Air Farce alumni and Juno award winner will be heading out on his comedy tour starting next month. Unfortunately, Cornwall is not included in his schedule of stops. But if you would like to catch Dave Broadfoot, alias Sergeant-Major Renfrew, alias the Member from Kicking Horse Pass or Big Bobby Clobber, he will start the tour with a performance in Morrisburg on April 19th, or you can catch him in Ottawa on Friday, April 27th.

Until next week, G'day and G'night.

And The Winner Is...



Claude Chabot form Cornwall Hyundai presenting a cheque to Tom Wickwire for $500 worth of groceries.

Tom Wickwire from Morrisburg bought a truck at Cornwall Hyundai last month and was automatically entered into their draw for $500 worth of free groceries. New truck, free groceries - sounds like a good deal! Congratulations Tom!



Calling all DIRECTORS / PRODUCERS

If you've ever had a dream to direct or produce an amateur based theatre production, here's your opportunity.

Productions is actively seeking all interested parties.

We are a volunteer community theatre that delivers quality family entertainment. Inspired individuals are being sought to fill our upcoming and future play bills. **For complete proposal details contact Kevin Eves at 932-4735 or 937-4536 before April 1st, 2001**

Come join a growing team of enthusiasts

sn4

Cornwall & Areas Authentic
Ye Old English Fish 'n Chip Shop

Friday - Saturday - Sunday
March 16th, 17th, & 18th

CORNED BEEF 'N' CABBAGE w/ mash Includes Homemade Soup $7.99

SOUP & CORNED BEEF ON RYE BREAD $4.99

Eat In - Take Out
Free Delivery
($10.00 min. order)

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Featuring A Line of Products from Britain Irn-Bru, Tizer & More

HOURS:
Mon.-Fri. 11-8
Saturday: noon-8
Sunday: noon -7

9, 1st St. E. (near Pitt & 1st St.) sn4 933-6411

28th Annual Raisin River Canoe Race - April 8th, 2001

The 28th annual Raisin River Canoe Race is set for Sunday, April 8th, 2001 as confirmed by Garry Atchison, President of the Raisin River Canoe Club.

More than 200 canoeists are expected to take part in the 35 km course which runs from St. Andrews West to Martintown and then proceeds to the finish line in Williamstown says local expert canoeists and previous race winner, Joey Van Loon.

Bruno Major, canoe race organizing committee member, indicated that he expects canoeists from Montreal, Cornwall, Ottawa, Hawkesbury, Brockville, Prescott, upper New York State and North Bay.

This year classes include the Pro, 17-foot Open, Women's Recreational, Men's Recreational, Mixed Recreational, Adult/Youth Recreational and three new student classes: Male, Female and Mixed.

The Registration Office is located at St. Andrews Separate School. Office opens at 9:30 a.m. and closes at 11:30 a.m. on the day of the event only. The race will begin at 11:30 a.m. and finish at 4:30 p.m. The cost of registration is $25 for all classes.

The race continues to offer various vantage points along the route for spectators to gather and enjoy the competition. The popular locations are the Chute at the first bridge west of St. Andrews, the Dam in Martintown, MacIntyre's Rapids about one kilometre east of Summerstown Road. The rapids in Williamstown just before the finish line where family and friends cheer on the brave, wet and exhausted canoeists is also a great viewing location.

The annual pre-race breakfast is once again being held at St. Andrews Parish Hall, hosted by the St. Andrews Knights of Columbus from 8 a.m. to 12 p.m. The cost will be $12 per family, $3.50 per person and children six and under are admitted free. Proceeds will go to charities and education bursaries. Official starting ceremonies begin at 11:15 a.m. The St. Mary's Parish Centre will once again be hosting the finishers banquet and awards ceremony at St. Mary's Hall in Williamstown.

Members and staff of the Raisin Region Conservation Authority point out that the race would not be possible without local support. Volunteers and community service groups such as the volunteer fire department, St. Andrews Parish Hall, St. Mary's Hall, and St. John's Ambulance have come forward to provide much needed assistance. For more information, please contact the RRCA at (613) 938-3611.

Local Martial Arts Legend Comes To Cornwall

On Friday, March 23rd, 2001 at 6 p.m., join Fang Shen Do Kung-Fu school owner Joel Richer as he welcomes Grandmaster Sijo Patenaude to Cornwall. Sijo Patenaude will be holding a free seminar for current students and guests. The seminar will blend ancient martial arts techniques with modern realistic applications. It will highlight the fundamentals of self-defense and present methods for self-development.

The seminar will be highlighted by a segment in which Sijo Patenaude will place the tip of an arrow against his throat and snap it against the wall. This is an example of each individual's ability to unleash the power they hold within.

Tracing his roots back to the teachings of Bruce Lee, Sijo Patenaude has been teaching the martial arts for over 32 years. His dedication to the martial arts has given him unique understanding of what really works in a self-defense situation. He has recently published the first book in his "Unleashing the Power Within" series titled "One and Three Inch Power Punch."

COMMUNITY DIGEST

***ADOPTEES-BIRTH MOTHERS, BIRTH FATHERS.** Do you need help or support in your search? Call Parent Finders at 933-9186-Carol or 932-3984-Donna or visit their website at http://www.reuniting-in-cornwall.com

***AL-ANON-ALATEEN.** Has your life been affected by someone's else's drinking and behaviour? If you want help and support call the Al-Anon Line at 937-4880.

***ALCOHOLISM IS A DISEASE.** Help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 938-1984.

***BEREAVED FAMILIES OF ONTARIO** Support and Share nights are held every second Thursday of every month. Anyone who is grieving the loss of a loved one is welcomed to attend. Info: 936-1455.

***BIRTHRIGHT.** Pregnant? Need help? Free pregnancy tests. Confidential. Counselling. Info: 938-2028.

***CANADIAN CANCER SOCIETY** will be hosting their "Seventh Annual Howard Cunningham Daffodil Luncheon Card Party", on Wednesday, March 28th, at 12:00noon at the Royal Canadian Legion. Reservation only: Evelyn 938-1310 or Joyce 932-0896 .

***CANADIAN LIVER FOUNDATION** Cornwall Chapter holds support group meetings the 2nd Monday of every month (3rd Monday if 2nd Monday is a holiday). Meetings held at 216 Montreal Road, 7:30p.m. Info: 937-1781.

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Thursday, 6:30p.m. at 533 Pitt St. Info: 1-877-874-4424.

***CORNWALL SENIORS SHUFFLEBOARD CLUB** 2000 "Floor" 3520 Hwy. 138 Eamers Corners, open Monday to Friday 1:00p.m. to 4:00p.m. & 7:00p.m. to 9:00p.m.; Saturday: 1:00p.m. to 4:00p.m. Open to all Seniors. Info: Rudy 937-3569.

***GIANT USED BOOK SALE.** Pope John XXIII School, 165 Knoxdale Road, Nepean, Ontario (near Hunt Club Rd.) Friday, March 30th, 3:00p.m. to 9:00p.m., and Saturday, March 31st, 9:00a.m. to 1:00p.m.

***GLEN WALTER FIRE DEPARTMENT** Annual Pancake Breakfast is being held on Sunday, March 25th, 8:00a.m. to 12:00noon at Glen Walter Knights of Columbus. Everyone welcome. Info: 933-5465.

***HOPE IN LOVE/REFLET-LUMIERE,** a non-profit organization in support of couples who wish to nurture their relationship, have weekly meetings Wednesday evenings, 8:00 pm, Centre j'aime apprendre, 305 Baldwin Street, Info: 937-0829 or 938-6364.

***IRISH STEW SUPPER** is being held on Saturday, March 17th, 5:30p.m., St. Francis de Sales Parish Hall. Info: 932-0756. Sponsored by Knights of Columbus St. Frances de Sales Council 11531.

***NEARLY NEW SHOPPE** regular hours: Tuesday's and Thursday's 2p.m. to 4p.m. and 7p.m. to 9p.m. at Trinity Church.

***SEAWAY SENIORS** "Birthday/Anniversary Party" is being held on Monday, March 26th, 2:00p.m. Everyone welcome. Info: 932-4969.

***ST. PATRICK'S DAY LUNCHEON** for Seniors sponsored by the Glengarry Outreach Services is being held at the Martintown Community Centre on Wednesday, March 21st, 12noon. Reservations by March 19th. Info: Lan-Char Seniors Support Centre at 347-1175.

***SUPPORT GROUP FOR CELIAC DISEASE.** Are you affected by Celiac Disease or Dermatitis Herpetiformis? We meet 4 times a year. For further information call Debbie at 936-2557 or 1-800-363-7296.

***TOPS DIET CLUB** meet every Wednesday evening at Chateau Cornwall, 41 Amelia St. Call Joyce 933-3389. Everyone welcome.

***TRI-COUNTY CHESS CLUB** in partnership with the Cornwall Public Library invites all adults to play Chess every Wednesday from 6:30p.m. to 8:30p.m. at the Cornwall Public Library. For more info call the Library at 932-4796 or M. Aquan-Yuen at 936-1343.

***TRINITY BRIDGE CLUB** holds Bridge every Thursday at 1:00p.m., Trinity Church Hall. Everyone welcome.

***VON BREAST CANCER SUPPORT GROUP** can help ease the burden of dealing with Breast Cancer through a new Support Group. Meetings held every third Thursday of the month at the VON Office, 205 Amelia St., 7:00p.m. For more info call Sheila Airey, VON Office at 932-3451.

***THE CORNWALL QUILTERS GUILD** will meet on Monday, March 19th, 2001 at 7:00pm at the Cornwall Seaway Lions Club, 123 Fortier Street. Anyone interested in quilts or quilting is welcome. For info. call Cathy at 931-1598.

Blood Donor Clinic

On Tuesday, March 20th, 2001 Canadian Blood Services is hosting a blood donor community clinic in Cornwall. We wish to thank the Knights of Columbus, Council 755 for sponsoring this community clinic. We also would like to thank potential donors in advance for participating in this important clinic.

Blood. It's in you to give.

Blood Donor clinic in Cornwall
Tuesday, March 20th, 2001
Hotel Dieu
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190 donors needed

For further information, donors can call 236-0199, toll-free 1-800-264-0680.

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everyone welcome - open to public
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4:00 pm
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Newfoundland Outport Supper
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Door Prize & Spot Dances
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and other Carryin' Ons
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• Pork Hocks
• Molasses Baked Beans
• Crusty Bread
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everyone welcome - open to public
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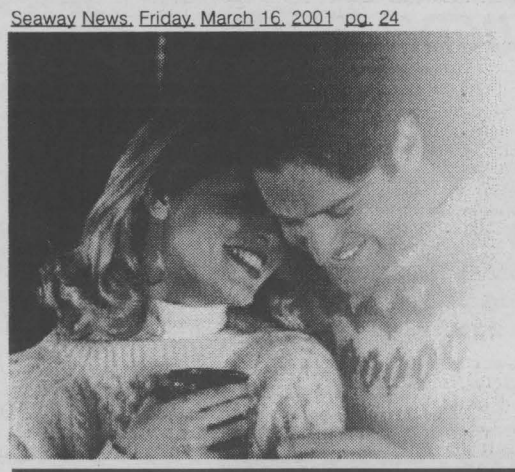

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I'M YOUR LADY
SWF, 37, 5'6", medium built, with light brown hair, blue eyes, no dependents, described as being quiet and caring. Hobbies are biking, photography, concerts, and I'm seeking a tall, strong, SWM, 37-42, caring, honest, goal-oriented. Ad#: 4957

IT'S NOT TOO LATE...
Shy, funny, friendly and happy, SWF, 42, 5'3", 135lbs., with blonde hair, blue eyes, seeking a humorous, warm, SWM, 32-48. I enjoy reading, volleyball and bowling. Ad#: 7113

CARING, LOYAL & SENSITIVE
SWF, 18, 5'6", with long blonde hair, blue eyes, described as being humble, shy, yet funny. Hobbies are swimming, rollerblading, movies, and I'm seeking an honest, communicative, SM, 18-30, who knows how to talk to a girl. Ad#: 1223

YOUNG AT HEART
I am a friendly, sensitive and trustworthy, SWF, 33, 5'7", with red hair, brown eyes, a student, who enjoy dancing, walks, movies. I'm hoping to meet a mature, honest and responsible, SWM, 28-40, who wants to spend time together. Ad#: 6375

IRRESISTIBLE
5'7", brown haired, SWF, 34, who is shy, considerate and honest. Her interests are karaoke, reading, hiking, camping, etc. Searching for an honest, spontaneous, SWM, 25-39, who can make me laugh. Ad#: 2857

WAITING ON YOU!
SWF, 32, 5'2", blue eyes, brown hair, shy, fun-loving and old-fashion. I enjoy bowling, camping, sports, and my children. I'm seeking a SWM, 30-37, who is caring, honest, straightforward, has a great sense of humor and is not into head games. Ad#: 9890

GENUINE LADY
SWF, 40, I am attractive, petite, fit, kind, caring an compassionate. I'm interested in skiing, golf, dancing, reading, etc. I would like to meet an intelligent, educated, trustworthy, SWM, 32-45. Ad#: 1462

A LITTLE BIT SHY
I am an honest, caring and loyal, SWF, 23, 4'9", with brown hair, hazel eyes, who enjoys biking, walking and movies. I'm seeking a SWM, 23-33, with the same characteristics. Ad#: 5234

SHY BY NATURE
SWF, 39, 5'4", with short blonde hair and my personality is shy, quiet and respectful. I would like to meet a tall, ambitious, SWM, 37-42. I enjoy sports, staying active, cross-country skiing, and much more. Ad#: 3859

LOVE IS FOREVER
I'm an easygoing, happy-go-lucky, SWF, 42, 5'. Hobbies are dancing, movies, having fun and more. Seeking an honest and trustworthy, SWM, 40-50. Ad#: 6444

FABULOUS
Hello, I am a SWF, 39, with blonde hair, shy, easygoing and honest, I sometimes enjoy reading, movies, going for long walks and dining out. I'm interested in meeting a SM, under 48. Ad#: 3077

VERY OPEN-MINDED
I'm a funny and outgoing, SWF, 19, 5'4", who would love to meet a funny, outgoing and caring, SM, 18-25. My interests include rollerblading, swimming and taking care of my child. Ad#: 7781

OLD-FASHIONED VALUES
SWF, 43, 5'5", whose personality straightforward, with a positive attitude. I like music, dancing and spending time with a mature, educated, SWM, 43-54. Ad#: 9445

FASCINATING LADY
5'4", SWF, 50, blonde, with green eyes, is caring and loves socializing. Some of her interests are reading, live theatre and animals. She is seeking a SM, 45-65. Ad#: 9560

FOREVER
Others say that I am a SWF, 40, 5'3", who enjoys smowmobiling, biking and swimming. I'm seeking an honest and sincere, SWM, 39-55. Ad#: 5385

KIND & HONEST
SWF, 28, 5'3" and friends say she is fun and adventurous. Some hobbies include walks, rollerblading, dancing, etc. Seeking a SWM, 28-30, to be friends first. Ad#: 1573

HOPELESS ROMANTIC
SWF, 33, 5'3", 135lbs., with hazel eyes, funny, hobbies are watching movies, reading and listening to music. I'm hoping to find a romantic, SWM, 29-37, who enjoys cuddling, candlelit dinners and much more. Ad#: 8818

HEAR MY WORDS
SWF, 50, 5'5", with dark brown eyes, has an pleasant personality, easygoing and intelligent, enjoys biking, crafts, horseback riding. I'm seeking an honest, adventurous, SWM, over 45, for a possible monogamous relationship. Ad#: 5636

SENSITIVE & CARING
Outgoing, spontaneous, SWF, 55, who enjoys life to the fullest. I am searching for a SWM, under 65, who is also spontaneous and creative. Ad#: 4182

HAPPY IN LOVE
SWF, mother, 23, 5'4", funny, outgoing, caring and fun to be with. I'm hoping to meet a caring, outgoing, open and romantic, SM, 25-35, who is good with children, a good listener and is easy too talk to. Ad#: 7173

ALLURING PERSONALITY
Call this petite, 5'3", blonde, blue eyed, attractive, SWF, 56, whose personality is easygoing, bubbly, interests are dancing, walking and knitting. I'm seeking a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

CRY FOR LOVE
I'm a SWF, 42, 5', hardworking, humorous and outgoing. I enjoy time at home, dining out, kids and more. I'm seeking a SWM, under 55, who is honest, understanding, affectionate and spontaneous. Ad#: 9507

SOMEONE LIKE ME
I'm a SWF, 31, 5'6", slim, fun-loving, humorous and loves to laugh. I enjoy photography, camping, reading, movies, time with my kids, and quiettimes. I'm seeking a SWM, 32-40, who is romantic, sincere, respectful, honest, and affectionate. Ad#: 3079

TOUCH OF CLASS
I'm a SWF, 20, 110lbs, brown hair, blue eye, outgoinig, fun and energetic. I enjoy clubs, time with friends, camping and more. I'm seeking a SM, 20-28, who is outgoing, kind, friendly and talkative. Ad#: 3320

HONEST & FAITHFULL
I'm a SWF, 44, 5'4", light brown hair, hazel eyes, shy, easygoing and friendly. I enjoy dancing, camping, having fun and quiet evening at home. I'm seeking an honest, faithfull and fun SWM, 38-46, for a loving relationship. Ad#: 7321

NATIVE BEAUTY
SNCF, 47, honest, reliable, caring and trustworthy. I'm in search of an easygoing, calm, trustworthy, pleasent and easy to get along with, SNCM, 40-49, who is family-oriented. Ad#: 9358

PEOPLE PERSON
N/S, SWF, 44, 5'6", 140lbs., with blonde hair, blue eyes, outgoing, social and easygoing, seeking an honest, attractive, intelligent, N/S, SWM, 41-55. I love dancing, outdoor activities and reading. Ad#: 5269

IMPECCABLE!
5'8", SWF, 23, with brown hair/eyes, attractive, enjoys computers, rollerblading, movies and much more. In search of a SWM, 23-28, who is honest and good-looking. Ad#: 5913

FAMILY LIFE COUNTS
I'm a shy, yet friendly and caring, SWF, 40, who would like to meet a caring, trustworthy, SWM, 38-48. My interests are the outdoors, movies, walking and my children. Ad#: 1804

YOUNG AT HEART
I'm a caring, generous and friendly, SWF, 70, 5'4", who enjoys gardening, traveling and the simple things in life. I'm seeking a caring and affectionate, SWM, over 63. Ad#: 4384

ONCE IN A LIFETIME...
I'm an outgoing, loyal, friendly and generous, SWF, 18, who enjoys water-sports, the outdoors and music. I'd like to meet a fun-loving and honest, SWM, 18-25. Ad#: 6267

FAMILY-ORIENTED
I'm a SWF, 21, who is told to be loving, caring and easygoing. In my spare time I enjoy swimming, reading, dancing and spending time with loved ones. In search of a loving, caring, SM, 20-25, who is a great listener. Ad#: 7519

LET'S CUDDLE
Bubbly, SNCF, 45, 5', 135lbs., with brown hair/eyes, hobbies are walking, movies and crossword puzzles, I'm looking for an honest, SWM, 44-50, who can make me laugh. Ad#: 1786

WHAT DO YOU WANT IN LIFE?
I'm a SBF, 21, 5'4", brown curly hair and green eyes, funny, adventurous and witty. I enjoy camping, sports, dancing, reading, time with my son and more. I'm seeking a well-educated, SWM, 23-30, who is responsible, mature and enjoys similar interests. Ad#: 1250

SOFT-SPOKEN
I'm a funny, outgoing and adventurous, SWF, 21, who would like to meet an honest, even-tempered, SWM, 20-25. My hobbies are working out, biking, occasionally drinking and romantic walks under the moonlight. Ad#: 4756

FEEL AT EASE
Fun-loving, caring and giving, SWF, 41, with auburn hair, hazel eyes, seeking a trusting, honest, good looking, SWM, 35-47. I enjoy dancing, singing and homecrafts. Ad#: 8980

A SWEET MELODY OF LOVE
SWF, 18, 5'6", 160lbs., brown hair/eyes, fun-loving, open-minded personality, with a great sense of humor, she enjoys bars, music and spending time with someone, is seeking a smart, honest, SM, 18-28. Ad#: 1899

CANDLELIGHT DINNERS
Funny, SWF, 28, 5'5", with red hair brown eyes, hobbies are swimming, biking and horseback riding. I'm seeking an honest and trustworthy, SWM, over 25, who loves kids. Ad#: 1168

ENTIRELY YOURS
I'm a SWF, 40, 5'2", who would like to meet an honest, SWM, 40-50. I enjoy dining, dancing, walks and movies. Ad#: 8303

SEE THE WORLD WITH ME!
I'm a SWF, 46, 5'3", brown hair, green eyes, loyal, fun-loving, and unique. I enjoy trying new things, live theater, reading, the outdoors, music, and poetry. I'm looking for a SWM, 46-60, who is honest, enjoys life to the fullest. Ad#: 9872

FULL OF ENERGY
I am a fun, intelligent and communicative, SWF, 41, 5'4", 120lbs., with blonde hair, blue eyes, who is desperately seeking a sincere, personable and affectionate, professional, SWM, 35-55. is it you? Ad#: 4093

RADIANT PERSONALITY
I'm a SWF, 33, who is told to be bubbly, ambitious and adventurous. I like traveling, watersports and movies. I'm seeking a spontaneous, fun and dynamic, SWM, 30-38. Ad#: 1562

FRIENDSHIP FIRST
5' tall, SWF, 55, who is petite, very outgoing, friendly and caring. I would like to meet a SWM, over 55. Some of my interests are knitting, walks, the sunshine and country music. Ad#: 4617

NOW MEET THE BEST
I'm an easygoing, outgoing and fun-loving, SWF, 20, 5'2", who enjoys working, long walks, quiet times and spending time with my children. I'm seeking a hardworking, responcible, SM, 22-26, who enjoys children. Ad#: 6690

VERY LOVING
Short, SWF, 19, who is nice, funny and very outgoing. Some of my hobbies include swimming, sports and much more. Seeking an honest, romantic, SM, over 20. Ad#: 5887

DREAM DATE
5'5", SWF, 18, with short blonde hair who is very sweet, shy and quiet. I like music, long walks, drawing and painting. Looking fo a loving, caring, SWM, 18-23, for a possible relationship. Ad#: 1571

NIGHT LIFE
I'm a SWF, 20, outgoing, down to earth, and humorous. I enjoy singing, dancing, art, music, and more. I'm looking for an outgoing, SM, 19-25, who is honest, attractive, and enjoys going out for a good time. Ad#: 9757

CINDERELLA'S BALL
I'm a SWF, 29, 5'6", blue eyes and red hair, who friends say is kind, caring, compassionate and humorous. In search of a tall, SWM, 30-45, who enjoys animals, children and the country. Ad#: 5836

LOVE'S MAGIC
Quiet at first, SWF, 19, 5'2", with blue eyes, brownish-red hair, likes rollerblading, horseback riding and clubbing. I'm seeking a SWM, 22-29, to get to know. Ad#: 8385

WONDERFUL
I'm an attractive SWF, 57, humorous, and a great personality. I enjoy swimming, camping, crafts, dancing, the beach, romance, and spending time with loved ones. I'm looking for a SWM, under 65, who is caring, understanding, N/S, affectionate, romantic. Ad#: 1429

SHARE MY DREAMS
SWF, 33, 5'5", 150lbs., with long brown hair/eyes, has an easygoing personality, likes having fun, hobbies are dancing, movies and long walks. I'm seeking an honest and caring, SM, 19-40, who loves children. Ad#: 9019

LET'S MEET
SWF, 31, 5'4", who is described as very responsible, dedicated and a hardworker, enjoys sketching, walks, reading and visiting. Seeking a SM, 30-40, for companionship and friendship. Ad#: 9855

UNFORGETTABLE
Outgoing, friendly, open-minded, SWF, 37, 5'7", slender, with light brown hair and hazel eyes. I'm hoping to meet an honest, caring and trustworthy, SWM, 34-45, preferably over 6', who enjoys children. Ad#: 7864

MAKE A FRESH START
I am a N/S, SWF, 33, 5'2", who is shy, happy and honest. Some of my hobbies include playing darts, bowling, movies and going for walks. I would like to meet a SWM, 39-45. Ad#: 9144

VERY GENUINE
N/S, SWF, 60, 110lbs., 5'1", with long brunette hair. I love dancing, cooking, barbeques, movies and entertaining. Hoping to meet a SWM, 55-65, who is honest and likes dancing. Ad#: 7155

GOOD LISTENER
SWF, 49, brunette and friends say I am bubbly, fun to be with and compassionate. I enjoy dancing, canoeing, bowling, working out, etc. Searching for a SWM, 47-55. Ad#: 6134

INCREDIBLY CUTE
I'm an understanding and outgoing, SWF, 21, with brown hair/eyes, 5'9". I enjoy working out, walking, quiet times and more. I'm seeking a SWM, 19-25, with a great personality. Ad#: 6182

FALL IN LOVE
Fun, humorous, SWF, 49, 5'1", with short black hair, brown eyes, hobbies are camping, dancing, crafts and crocheting. I'm in search of an honest and trustworthy, SWM, 45-55, who likes having fun. Ad#: 6610

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, who is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

LOTS OF LOVE
SWM, 25, 5'7", with long blonde hair and brown eyes, considered romantic, spontaneous and open-minded. I'm interested in meeting a SM, 25-40, who is friendly, outgoing and full of surprises! Ad#: 4927

YOUNG AT HEART
Outgoing, honest and caring, retired, SWF, 65, 5'2", medium built, blonde, blue eyes. My hobbies are the arts, crafts, gardening, traveling and much more. I'm looking for a loving and caring, SWM, 59-69. Ad#: 2324

LOVES LIFE
SWF, 51, 5'6", blonde hair, hazel eyes, outgoing, has a zest for life. Some of my interests are dancing, long walks, traveling and sports. Seeking a SWM, 42-50. Ad#: 7120

SHARE MY WORLD
SWF, 34, 5'3", 130lbs., with blonde hair, green eyes, easygoing, intelligent and personable, seeking an honest, fun-loving, SWM, 34-48. My interests include camping, reading and the great outdoors. Ad#: 7059

ONE ON ONE
I'm a tall, honest and humorous, SWF, 18, looking for an honest, cheerful and caring, SWM, 18-23. My hobbies are bowling, walking, rollerblading and more. Ad#: 6848

SIMPLY ALLURING
I am an outgoing, friendly, sensitive, SWF, 45, tall, with brown hair and blue eyes, who enjoys others. I'm hoping to find a tall, communicative, SWM, 40-60, who enjoys traveling and quiet times. Ad#: 7795

NO HEAD GAMES!
Honest, fun to be with, SWF, 44, 5'6", with blonde hair, enjoys walking, movies and my dog. I'm hoping to meet a SWM, 40-65, for friendship first. Ad#: 2186

LET'S CUDDLE
SWF, 43, I am 5'1", with brown hair/eyes. My personality is very pleasant and fun-loving. I like bingo, camping, swimming, long walks and more. I am hoping to find a SWM, 40-48. Ad#: 3349

SOCIABLE LADY
5', SWF, 39, who is bubbly and loves having fun, hobbies are playing darts, gardening, boating, camping, dancing and much more. Very sincere, I'm looking for a SWM, 40-50, who is fun-loving and honest. Ad#: 2933



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VERY LOVING
SWF, 35, 5'2", with brown hair and blue eyes, has a very nice personality. Some of my hobbies are biking, country music, slow dancing and playing cards. Very honest, I'm seeking a SWM, 29-37. Ad#: 3432

AGE IS JUST A NUMBER
Hoping to meet an honest, thoughtful, SWM, 75-80. I am a kind, friendly, compassionate, WWWF, 75, retired, with white hair and blue-green eyes. Hobbies are card games, sports, traveling and computers. Ad#: 1697

COMPASSIONATE
5'3", SWF, 50, blonde hair, my personality is fun, bubbly and very easygoing. I like golfing, nature, traveling and socializing. Seeking a slim, honest, SWM, 45-55, for a possible relationship. Ad#: 7845

SIMPLY ALLURING
I am a tall, SWF, 34, brunette, with brown eyes, who is confident, outgoing and easygoing. Hobbies are reading, walking, karaoke, and I'm seeking a friendly, SWM, 25-35. Ad#: 8502

BE PART OF MY TOMORROW
I'm a fun-loving, SWF, 35, who's interested in meeting an honest, SWM, 34-40, for a possible relationship. My favorite activities include dancing, long walks, movies and country music. Ad#: 1015

HONESTY TOP MY LIST
I am a funny, crazy, SWF, 40, 5'3", 110lbs., with blue eyes, who enjoys reading, walking, dancing and knitting. I'm hoping to meet an honest, SWM, 41-42, with similar interests, for companionship. Ad#: 2444

COUNTRY AFFAIR
I have a bubbly personality, and I am a SWF, 50, 5'3", full-figured, with blonde hair, brown eyes. Hoping to meet a sensitive, funny and honest, SWM, 40-60, who loves country music. Ad#: 4646

RADIANT
Active, sociable, retired, SWF, 56, 5'2", attractive, with brown hair, hobbies are biking, walking and going to the gym. Sincere and honest, I'm seeking an attractive, true, outgoing, SWM, 48-60, who can express himself well. Ad#: 2103

QUITE THE ROMANTIC
SWF, 38, 5'3", with blonde hair, brown eyes, kind, caring and compassionate. I'm in search of a SWM, 34-44, who has a beautiful soul. Ad#: 5685

TO THE POINT
Honest, good humored, SWF, 50, 5', with hazel eyes and red hair, she enjoys all types of sports, seeks an honest, trustworthy, SWM, under 60, who's family-oriented. Ad#: 1295

MEANINGFUL
SWF, 38, 5'7", with brown hair, my personality is fun to be with, caring and respectful. I am looking for a SWM, over 35, for a possible relationship. Ad#: 7869

SERIOUS REPLIES ONLY
I'm a brown haired, SWF, 42, 5'1", who's outgoing and easy to get along with. I enjoy going to bingo, long walks, dining out, the outdoors, movies and stock-car racing. I'm seeking an honest, good looking, SWM, 36-48, who loves children. Ad#: 2428

THIS IS THE ONE!
SWM, 37, with brown hair, hazel eyes, kind, generous and very courtious. Self-employed and he enjoys dining out, movies, music and long walks. In search of a generous and affectionate, SWF, 32-40. Ad#: 5643

FASCINATING
SWM, 18, medium build, with red hair and brown eyes. His friends say he is smart, easygoing and social. Enjoys sports, skateboarding, the beach and socializing. Seeking a SWF, 18-35. Ad#: 5874

NONE BETTER
HI, I'm a tall, SWM, 21, who has a great personality! Some of my interests include biking, rollerblading, playing guitar, etc. I would like to meet a sweet, cuddly, SWF, 19-25. Ad#: 6455

UNTIL WE MEET
5'11", SWM, 29, is honest and very quiet. A single Dad who enjoys walks and camping. Lookig for a long-term relatiosnhip, with a SF, 29-40, who loves children. Ad#: 8717

ONE OF THE BEST
5'11", SWM, 26, who is outgoing and very helpful. He enjoys golf, dining out, reading and loving life. Hoping to meet a SWF, 20-30, understanding and determined. Ad#: 5457

PEOPLE PERSON
Outgoing, honest and attentive, SWM, 33, 5'10", 175lbs., with blond hair, blue eyes, small goatee, enjoys playing sports, reading and walks in nature. I'm in search of an outspoken, SWF, 18-45, to get to know. Ad#: 7231

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Males Seeking Females

ALWAYS ROMANTIC
I'm a good-looking, funny, sensitive, 5'9", SWM, 25, interested in meeting a SWF, 19-30, who enjoys racing cars, movies, long walks and much more. Ad#: 2074

TRUE BLUE
Outgoing, SWM, 40, 6'1", 230lbs., with blond hair, blue eyes, loves to laugh and is fun to be with, enjoys the outdoors. Seeking an honest, trustworthy, SF, over 19, for a possible long-term relationship. Ad#: 2858

CONTACT ME
SWM, 18, 5'7", with red hair, fun to be with and very caring. I enjoy skateboardng, movies, long walks and drawing. Looking for a SF, 18-27. Ad#: 2117

HONEST & RESPECTFUL
SWM, 27, 5'9", clean-cut, very nice and sometimes I have a crazy personality! I enjoy rollerblading, working out, movies, dancing, etc. I would like to find a fit, active and humorous, SWF, 28-34. Ad#: 3991

A GOOD COMPANION
SWM, 29, 6' tall, whose personality is quiet at times, sometime outgoing and social. I enjoy biking, movies, dining out and exercising. I would like to meet a SF, 21-32. Ad#: 2047

HELLO GIRLS...
SWM, 21, tall, with brown hair/eyes, personable, fun and outgoing, seeking a sensitive, honest, loyal, SWF, 19-23. I enjoy dancing, playing guitar and hanging out. Ad#: 2560

NOT TO LATE
I am a SWM, 18, tall, blond with blue eyes. Loving, caring, responsible and intelligent. Hoping to meet a SF, over 18. I like romantic dinners, walks on the beach and more. Ad#: 3129

THE PERSONALITY COUNTS
Hello it's me. I'm a fun-loving, SWM, 27, 6'4", 170lbs., who's interested in meeting an honest and caring, SWF, 23-29, for a possible relationship. I enjoy socializing, meeting new people and living each day to the fullest. Ad#: 7414

HONEST & TRUSTING
Hello ladies! I'm a funny, honest, dependable and determinded, SWM, 26, who would love to meet a funny, honest, trustworthy, romantic, SBF, under 30. Ad#: 5084

100% TRUSTWORTHY
SWM, 49, 5'8", 220lbs., with brown hair/eyes, described as being loving and caring, I enjoy going for walks, camping, hiking. Seeking a fun-loving, personable, SWF, 40-49, with a good sense of humor. Ad#: 7387

TIME IS ON MY SIDE
I'm a humorous and outgoing, SWM, 23, 5'8", who enjoys motorcycles, rollerblading and long walks. I'd love to meet an outgoing, funny and genrous, SF, 19-28. Ad#: 2893

DON'T PASS ME BY
6' tall, SWM, 45, attractive, warm, spontaneous, sensitive and fun to be with. I love children and animals. I'm seeking a SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

ALLURING
I'm an energetic, outgoing, SWM, 30, 6'3". In my spare time I enjoy walking, reading and spending time with my daughter. In search of an open, outgoing, adventurous, SF, 25-35. Ad#: 7180

QUALITY
This NS, SWM, 40, with brown hair, hazel eyes, 5'10", 192lbs., with a strong build. Who enjoys anything outdoors and motorcycles. Is seeking an honest, sincere, SWF, 33-43, to spend quality time with. Ad#: 7958

A ROMANTIC AT HEART
Widower, 69, secure, active and healthy, enjoys homelife, biking, traveling and good conversation. I'm interested in meeting an affectionate, caring lady, over 55 years, for friendship and possible relationship. Ad#: 1174

QUITE ATTRACTIVE
SWM, 42, 5'9", quiet, easygoing and laid-back. I enjoy trying new and exciting things. I'm hoping to meet a SWF, 25-50, who is intelligent, bubbly, fun-loving and sharing. Ad#: 4065

WORK OF ART
SWM, 37, honest, thoughtful and giving. He enjoys walks, biking, hiking and romantic evenings. Seeking a SF, 18-35, who is honest, attractve and petite. Ad#: 4417

GOOD-HEARTED
N/S, SWM, 42, 5'9", funny, enjoys softball, flea markets and much more. Looking for a SWF, 28-42, who is funny with a great smile. Ad#: 3857

DIAMOND IN THE ROCK
I'm a hardworking, loyal and honest, SWM, 37, 5'5", who enjoys the farm life, woodworking and quiet times. I'm seeking an easygoing, SWF, 32-40, who enjoys the outdoors. Ad#: 6999

MAKE A FRESH START
SWM, 30, I am tall with brown hair/eyes, with a great personality. His hobbies include playing pool, movies and relaxing at home. Searching for a SF, over 18, who is honest and humorous. Ad#: 4670

AMAZING
SWM, 43, whose personality is very friendly and outgoing. Some of his hobbies include sports, reading and working out. In search of a fit, caring, SWF, 33-40. Ad#: 4082

VERY STABLE
5'9", SWM, 27, with long brown hair, easygoing, I have a variety of interests and hobbies to share with a SWF, 24-32. Ad#: 6390

SHY AT FIRST
Outgoing, funny, SWM, 38, 5'11", with brown hair, blue eyes, hobbies are movies, long walks and hockey. Offers honesty to a relationship, I'm seeking a romantic and affectionate, SWF, 33-43, who likes to communicate. Ad#: 4397

VERY FAITHFUL
My personality is kind, considerate, outgoing, humorous, fun-loving, and I am a SWM, 29, who enjoys the outdoors, weights and walking. I'm hoping to find a faithful, N/S, SWF, 23-30, who can communicate. Ad#: 5279

FOCUSED
I'm an easygoing, SWM, 23, who woould love to meet a loving, caring, compassionate and really nice, SWF, 18-25. My interests are sports, music, signing and playing the guitar. Ad#: 2743

FOR KEEPS
I'm a fun-loving, SWM, 39, 5'10", who would love to meet a loyal, caring and trustworthy, SWF, 30-42. In my spare time, I enjoy movies, good conversations and long walks. Ad#: 4137

ALL THE GOOD THINGS
Funny and crazy, SWM, 40, 6'2", who enjoys the outdoors, reading, fine dining and more. I'm in search of a SWF, 25-45, who has beautiful eyes. Ad#: 1796

THIS IS LOVE
SWM, 42, 5'6", very honest, sincere and affectionate. I'd love to meet a SF, 32-45, who loves to laugh, be outdoors and take walks. Ad#: 5893

UNCONDITIONAL LOVE
SWM, 37, 5'7", 145lbs., with blond hair, blue eyes, open, honest and caring, seeking a loving, understanding, SBF, 18-36. I enjoy shooting pool, walks and going out for coffee. Ad#: 1681

WHY NOT ME?
SWM, 42, 6'2", 240lbs., with long brown hair, beard, mustache, glasses, trustworthy, easygoing, sincere and relaxed. I'm in search of an affectionate and romantic, SWF, 25-40, to do different things with. Ad#: 1293

ONE-WOMAN-MAN
Hello, I am a 5'8", SWM, 24, who enjoys music, long walks, long bike rides and air-brushing. I am looking for an honest, loyal, SF, under 30, for a monogamous relationship. Ad#: 3693

A REAL GENTLEMAN
SWM, 44, 5'10", easygoing, kind-hearted and loveable. I'm in search of a loveable and honest, SF, 29-44, who has a great personality. Ad#: 9056

UNDERSTANDING GUY
43 year old, SWM, 6' tall, his personality is shy, quiet and conservative. Hobbies include going to the gym, sports, socializing and more. He would like to meet a SWF, 40-45, who is honest and sincere. Ad#: 6544

SICK OF BEING SINGLE?
Honest, straightforward and dedicated, SWM, 45, 6', 230lbs., with brown hair, hazel eyes, enjoys renovations, writing short stories and cooking. Open-minded, I'm seeking a mature, outgoing, SF, 35-50, who is willing to share herself and her opinions. Ad#: 2360

Females Seeking Females

THE LOVE
I'm a funny, intelligent, SWF, 28, 5'10", who enjoys working out, volleyball and baseball. I'd like to meet a fun-loving, SWF, 29-35. Ad#: 9892

SIMPLY ALLURING
SWF, mother of 2, 22, 5'4", medium built, honest, caring and very fun to be with. I'm hoping to meet a soft, gentle, honest and caring, SWF, 22-26, who is willing to try new things. Ad#: 9511

CHOOSE ME
5'2", SWF, 18, is outgoing, friendly and very kind. I enjoy skiing and music. I would like to meet a SWF, 18-25, kind, honest and will always be there! Ad#: 7497

AFFECTIONATE
My personality is described as being happy, light-hearted, loving, and I am a SWF, 50, 5'7", 150lbs., with blue eyes, blonde hair. Seeking a mature, responsible, SWF, 49-58, who is financially secure. Ad#: 5741

GIVE ME A CALL!
SWF, 23, 5'7", with blonde hair, blue eyes, outgoing, fun to be with and honest, seeking a caring, compassionate, truthful, SWF, 20-30. I enjoy soccer, playing darts, music and dancing. Ad#: 1726

GENUINE
5'7", blonde haired, blue eyed, SWF, 31, who is kind and honest. Long walks, movies and friends are a few of my interests. Searching for a kind-hearted, SWF, 25-31. Ad#: 5000

PERSONABLE
Call me..I'm a SWF, 25, 5'5", with blue yes, sandy brown hair and I have a great personality. I am looking for a SWF, 27-30. I like dancing, walking, biking, romance, movies and more. Ad#: 9219

HUGS & KISSES
I'm a SWF 34, I enjoy sports, singing, dancing, movies, and long walks. I'm seeking a SWF 19-30, who shows there feelings, and shares the same interests as I do, and likes children. Ad#: 5169

I SHOULD HAVE TOLD YOU
I'm a nice looking, full-figured, SWF, 23, outgoing, very easy to get along with, likes cooking, long walks, swimming and talking for hours. I'm seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

NONE BETTER
Outgoing, clean, humorous, full-figured, fun-loving, honest, SWF, 25, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 19. Ad#: 1835

LOOKING FOR A FRIEND?
Easygoing, humorous, SWF, 29, 5'6", with brown hair and hazel eyes, enjoy music, sports and dancing. I am seeking a SWF, over 19, for a friendship first. Ad#: 5784

Males Seeking Males

PHONE ME SOON
35 year old, SWM, I am 5'10", with brown hair/eyes. I enjoy television and quiet evenings. Hoping to meet a gentle, SM, over 25. Ad#: 3504

AT HEAVEN'S DOOR
SM, 20, passionate, funny and outgoing. I'm in search of a fun to be with and humorous, SM, 18-27, who is compatable. Ad#: 6904

ALL FOR YOU
I'm an honest, compassionate and affectionate, SWM, 35, 120lbs., who enjoys sports, walking, movies, music and spending time with my loved one. I'm looking for an honest, compatible, SM, under 35, who also enjoys spending time with the person they love. Ad#: 1602

A WONDERFUL LIFE AWAITS
I'm a fun-loving, honest and clean, SWM, 35, 5'11", who is seeking an honest and caring, SWM, 32-45. My hobbies are collecting antiques, dining out and movies. Ad#: 8440

COMMUNICATION
Outgoing, caring and romantic, SWM, 46, 5'6", 138lbs., with brown hair, blue eyes, honest and sincere, enjoys movies, walks, romantic nights. I'm seeking an understanding, SWM, 25-40, who can talk his problems out. Ad#: 9206

HOPES & DREAMS
Be true to me, I'm an honest and sincere, SWM, 22, 5'10", 150lbs., who enjoys a wide variety of interests. I'm interested in meeting an attentive, SWM, 18-30, for a possible relationship. Ad#: 3307

TO THE POINT
Easygoing, SWM, 42, 5'7", with reddish hair, brown eyes, seeking an honest, fun, SM, over 19. My hobbies are raising horses, reading and watching movies. Ad#: 4365

HAPPY
Well-adjusted, single white male, 34, tall, with brown hair, enjoy skiing, biking and jogging. I am seeking an honest, single white male, over 24, with a good sense of humor. Ad#: 9519

ONE STEP AT A TIME
SWM, 20, 6'1", 140lbs., with brown hair, green eyes, describe as being passionate and funny, likes military, soccer and more. I would be interested in meeting a SM, 19-28, who is fun to be with. Ad#: 3419

HERE'S THE OPPORTUNITY
The future looks bright if you leave a message with this SWM, 23, 5'10", 145lbs., who's a hardworker, honest and extremely sincere. He's interested in sharing the joys of life with a SM, over 19, who's interested in a committed relationship. Ad#: 1817

OPENNESS & HONESTY
Well-organized, SWM, 24, 6'1", 170lbs., with brown hair/eyes, has a good sense of humor, who likes movies, walks, baseball and hockey, is seeking an outgoing, SWM, 18-30, who is fun to be with. Ad#: 5939

OUTGOING
This outgoing, humourous SWM, 24, 5'11", 150lbs, likes hockey, movies and much more. Seeking someone who is compassionate, outgoing, 18-22, who has similar interests. Ad#: 4343

SEAWAY BARGAINMART

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COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

Mail pick up, no charge.

Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

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The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

STABLE SWM, early 40's, non-smoker, looking for female, 32-42 for possible relationship. No head games. I have many interests. Send reply to CC2042.

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AVAILABLE APR. 1ST - Upstairs 3 bdrm apt. Freshly painted, perfect for quiet, mature couple. Close to all amenities. Parking. $550/mth, plus utilities. Call 932-2861.

SPACIOUS 2 BDRM apt, 2nd floor. Quiet location near water & park, 19A Louisa. Laundry hook-ups. No pets. $490/mth, with utilities. Call 931-1041.

APARTMENTS FOR RENT

bachelor, 1&2 bdrm. security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30 sn3

2 BDRM APT. Available Apr. 1st. $330/mth, plus utilities. Includes fridge, stove, washer/dryer hook-ups. Main floor of duplex. Parking, gas heated. No pets. Located at 230 Carleton. Local call 361-0248.

1 & 2 BDRM APTS, $450/mth, heat & lights paid, located at 217 Alice St. 3 bdrm apt, $650/mth, heat & lights paid, located at 6269-94th Ave. Bainsville. Call 347-1760 or 932-5689.

LARGE & CLEAN - 2 bdrm apt. Avail. Apr. 1st. Fridge & stove, coin-operated washer/dryer. Ample parking. Call 938-7286.

AVAIL. APRIL OR MAY 1ST - 2 bdrm upstairs apt on St. Felix St. Close to College & mall. Fridge & stove included. $300/mth, plus utilities. Call 932-4642.

AVAILABLE APRIL 1ST - 2 bdrm upstairs apt. Clean & quiet location. Central F/A heating, fridge & stove optional, washer/dryer hook-ups, 4-pce bath, storage & parking. Close to malls & churches. $380/mth, plus utilities. Call 932-2858 or leave message @ 932-7423.

AVAILABLE NOW - 3 bdrm apt. Washer/dryer hook-ups, private parking, front verandah. No pets. First & last. References req'd. Call 930-9278.

SUMMERSTOWN - 3 BDRM apt in 4-plex. Satellite TV, ample parking, $425/mth, plus utilities. Available immediately. Call 931-1173 or 347-7375.

AVAILABLE MAY 1ST - Large upstairs 2 bdrm apt. Long Sault. Heat, lights, fridge & stove incl. $600/mth. Call 932-1129.

AVAIL. APR. 1ST, large downstairs 1 bdrm apt, newly renovated. Electric heat, stove, fridge. One block from College. No pets. 227 Prince Albert St. $290/mth, plus utilities. Call 933-0560.



1206 WALTON - Available now. Upstairs 2 bdrm apt. Laundry room, 4-pce bath, parking. $475/mth, pay own utilities. Call 528-1148 or 936-7088.

TWO BDRM DOWNSTAIRS apt on quiet street, east end. Parking, laundry hook-ups w/basement. $375/mth, plus utilities. Available April 1st. Call 938-0580.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

2 & 3 BDRM APTS, $495/mth, heat paid. Available April 1st. Washer/dryer hook-ups, large yard. Call 938-7681.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

1 & 2 BDRM APTS on Walton. $350. & $375/mth, plus utilities. Fridge & stove. Backyard. No dogs. Call 936-6961.

2 BDRM APT, ground floor, fridge, stove, $575/mth utilities included. Sorry no dogs. Call 938-3936.

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218 McConnell St. appli., avail., Immed $400 Inc.
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235 A Carleton,upst, appli. Porch $360 incl. April
521 Carleton N. bsmt. appli, hrwd flrs, $375 incl.
116 Sydney St, upst, appli, hrwd flrs $380 incl. April
303 Carleton St, upst., appli, $350 incl. immed.
THREE BEDROOM
2153 pitt St. Main flr. diningroom, BBE, appli, $650+

SECURITY BUILDINGS
805 MARLBOROUGH ST. N. (security)
1 & 2 bedroom units, $475 to $575 /month
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425 11th STREET WEST (security)
2 bdrm, bsmt. dining room, appli, parking $525 incl. May
HOUSES, TOWNHOUSES, SEMI'S
Williamstown 2 bdrm single home rec room $650+
2 storey, 2 bdrm. approx. 800 sq.ft, appli hkups, $400+
COMMERCIAL
Sydney St, Downtown, Office Space 1000 sq. ft., $650 +

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5 HOUSES FOR SALE

1132 CARLETON ST. 4 bdrms, new garage w/recroom, skylight, 200-amp, re-insulated, central air, pool, new roof, cupboards galore. Quiet neighbourhood. 6.25% mortgage. $79,900. Call 932-3819.

2 BDRM MOBILE HOME at Woodland Mobile Court, 2155 Tollgate Road West. Newly renovated. $16,000. Low down payment, easy term. Call 932-3530.

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ROOMS FOR RENT
Furnished, Private Bath
331 2nd St. W.
Call 938-6131
Ask for Peter

HOUSES WANTED TO BUY

WANTED TO PURCHASE - 3 bdrm house in Rosedale Terrace or Bayview Estates area. No agents please. Call 936-1109.

Find A Honey of a Deal in the CLASSIFIEDS

7 HOUSES WANTED TO RENT

WANTED: HOUSE, rent-to-own, single dwelling or semi, Cornwall area. Call 933-5843, after 6pm.

13 OFFICES/ STORES/BLDGS

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PAUL'S PICK OF THE WEEK
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$8,995

00 GMC JIMMY SLE, 4dr., loaded, 19,000 km $27,995
00 BUICK CENTURY CUSTOM, 4dr., loaded $17,995
99 FORD WINDSTAR, 4dr., quad seats, loaded, 30,000 ... SOLD $19,995
99 DODGE CAB & CHASSIS, dual wheels, V10, loaded $21,995
99 CHEV S10, ext cab, 6cyl, auto ..... SOLD $14,995
99 CHEV MALIBU, 4dr., auot, air, ... $13,995
99 CHEV BLAZER LS, 4dr., white, loaded $18,995
98 CADILLAC DELEGANCE SUVER 4dr, loaded ..... SOLD $24,995
98 CHEV Z71, ext cab, 4x4, diesel, loaded, 80,000km, ... $25,995
98 PLYMOUTH GRAND VOYAGEUR white, loaded ..... SOLD $15,495
98 CHRYSLER INTREPID, 4dr., loaded, sport wing $15,495
98 CHEV VENTURE, van, loaded, 6cyl $13,995
98 PONTIAC GRAND AM SE, 4dr., red, loaded, 6cyl. $10,995
98 FORD TAURUS SE, 4dr., loaded, green $10,995
97 FORD RANGER SPORT, 6cyl, red, ... $10,995
97 DODGE CARAVAN, red, auto., air, 95,000 kms, ... $11,995
97 DODGE RAM, . short box, red, auto, 6cyl ..... SOLD $13,995
97 OLDS CUTLASS SUPREME, 4 dr., loaded, ... $11,995
97 FORD TAURUS WAGON GL , loaded, ... $10,995
97 PONTIAC SUNFIRE, 2dr., black, auto, air ..... SOLD $8,995
96 DODGE NEON, 4dr., blue, auto, air, grey, low k's SOLD $7,995
95 GMC 4X4, short box, P/U, 6cyl, auto $12,995
95 FORD WINDSTAR, van loaded, red, low k's $8,995
91 GMC 4X4, 3/4, ton, P/U, white, auto, 350 motor $6,995

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932-4514

HOROSCOPES

March 18 - 24

Aries – March 21/April 20
An important family situation early in the week calls for tact, Aries. So, don't crack a joke just to get a laugh. Your humor won't be appreciated. Instead, do what you can to help rectify this problem. An acquaintance reveals his or her true feelings for you this weekend. Let this person down gently. Leo plays a key role.

Taurus – April 21/May 21
Keep your temper in check when you have a run-in with a stranger early in the week, Taurus. This situation is unimportant, and you'll never see this person again. So, don't let it get to you. Just move on to more important things. That special someone has a surprise for you this weekend. Enjoy, because you deserve it.

Gemini – May 22/June 21
Patience is key this week, Gemini. You have to wait for a business associate to make an important decision. Don't pressure this person, because that will upset him or her. You just have to bide your time. Don't worry too much; you're sure to get the answer that you're hoping for.

Cancer – June 22/July 22
Don't let your conscience get the best of you when you ignore an acquaintance during the middle of the week. This person doesn't take it personally. So, don't beat yourself up about it. A loved one needs your help with a family matter. While you don't want to get involved, you must. So, do everything that you can.

Leo – July 23/August 23
Keep your ego in check when an acquaintance pays you a compliment early in the week. You deserve the praise, but that's no reason to get cocky. Just accept these kind words graciously, and continue to work diligently. The person whom you've been seeing wants to intensify your relationship. Say yes!

Virgo – Aug 24/Sept 22
You're full of energy this week, Virgo. Don't let it go to waste. There are several projects that you've been meaning to start, but have never gotten around to. Now is the time. Take the initiative, and work diligently. You'll be surprised at how much you can accomplish. Leo plays a key role.

Libra – Sept 23/Oct 23
A close friend turns to you in a time of need. Be there for him or her. Even if you don't know what to say, just listen. This person really wants someone to talk to. Be that someone. Your efforts will be appreciated.

Scorpio – Oct 24/Nov 22
Don't let a run-in with a co-worker during the middle of the week upset you, Scorpio. Just stay calm, and act professionally. The higher-ups know that you're not the person at fault here. They are on your side. A loved one asks for your help on Saturday. Do what you can for him or her.

Sagittarius – Nov 23/Dec 21
An acquaintance turns to you for financial advice on Tuesday, Sagittarius. Don't get in over your head. You know that this person will do whatever you say. However, you also know that you're not qualified to make any recommendations in this situation. So, tell this person just that. Your honesty will be appreciated.

Capricorn – Dec 22/Jan 20
Don't take a bad day out on those closest to you this week, Capricorn. It's not their fault that everything isn't going exactly as you planned. Just take things as they come, and try to relax. Leave your professional problems at work, and enjoy the time you spend with your friends and loved ones.

Aquarius – Jan 21/Feb 18
An acquaintance offers you some constructive criticism early in the week. Listen to what this person has to say, because it really could motivate you to make some needed changes in your life. This different perspective can help you see things more clearly. Cancer plays a key role.

Pisces – Feb 19/March 20
Don't turn your back on a loved one in need this week, Pisces. You really are the only person who can help ease this situation. So, do what you can. Your efforts definitely will be appreciated. That special someone has a surprise for you on Thursday. Enjoy!

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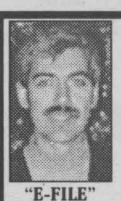
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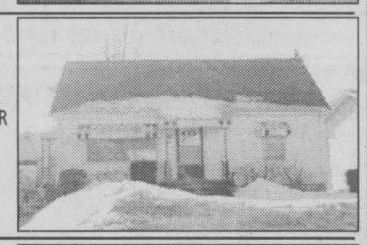

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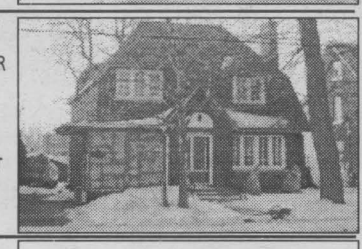

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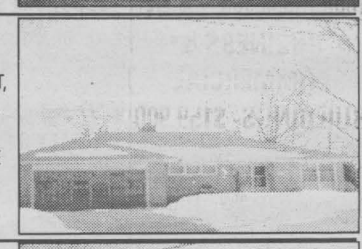

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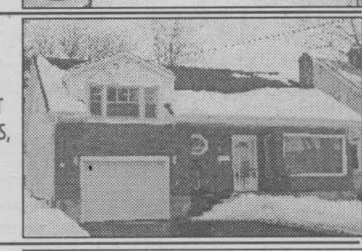

331 JARVIS ST
BRICK SPLIT LEVEL FEATURES HARDWOOD FLOORS, FIREPLACE, MAIN FLOOR FAMILY ROOM, FA OIL, C/A, ATTACHED GARAGE
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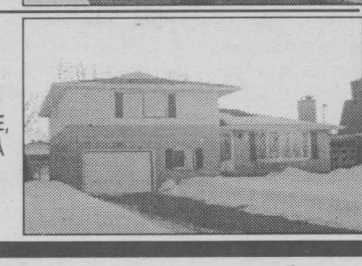

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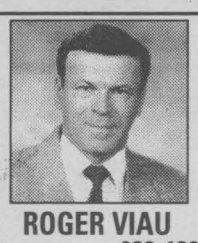

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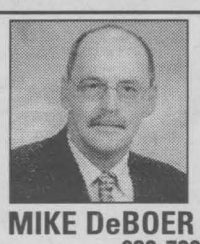

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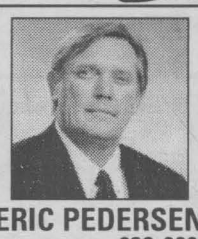

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19167 GORE RD. $116,900
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204 6th ST. W. $48,500
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400 1st ST. W. $58,900
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802 YORK - $87,500
(A-MLS 0221) maint. free, 2+1 raised bung.

708 GLENGARRY BLVD $56,900
(A-MLS 0222) 3 bdrm. townhouse

1555 AUBIN - $85,500
(A-MLS 0193) north end, 3 bdrm. bung.

142 CARLETON - $54,500
(A-MLS 0239) 2 storey brick home, hdwd floors

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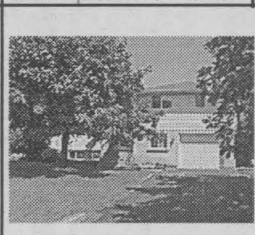

3469 THOMAS ST. ROSEDALE TERRACE NEW PRICE $149,900
(M-MLS 0277) 3+1 bdrm./office, 4 level home with carpet over hardwood sloor, L-sape rec rm with gas fireplace & many updates. Sunroom overlooks inground pool & rock garden along high fence.
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3512 HWY. 138 $155,000
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$95,900
(A-MLS 0274) 3+1 bdrm brick bung with finished basement. Move-in condition
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504 GUY ST. $99,900
(A-MLS 0284) Beautifully maintained 3 bdrm home with loads of character. Extra income from bsmt apt. A must to view.
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(M-MLS 0171) St. Andrews Confectionary Store with living quarters, post office & pizzeria. Great potential.
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EXCELLENT BUSINESS OPPORTUNITY
(J-MLS 0260) Established General Store with Post Office in Tyotown. Great potential for ambitious person
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SUNSET PARK
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(A-MLS 0059) Affordable mobile home with large kitchen, 2 bdrms, patio deck, 2-car driveway
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804 CARLETON ST. $107,000
(A-MLS 0213) Central location, large 3+1 bdrm, rec rm, 2 baths, central air, hardwood floors
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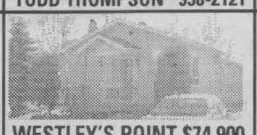
COMMERCIAL PROPERTY HWY 2 EAST OF GLEN WALTER
(J-MLS 0224) Great location for business. Lot 300x636 with 2 entrances & 2 buildings.
ERIC PEDERSEN 938-9690

BUSINESS & COMMERCIAL BUILDINGS- $159,900
(P-MLS 0183) Great potential, 2 Quanset buidlings 3200 sq.ft. each & 1 of 7200 sq.ft., situated on approx. 20 acres, near Morrisburg. Business has been operating for many years.
MIKE DeBOER 938-7802



WESTLEY'S POINT $74,900
(J-MLS 0178) Many updates on this 3 bdrm. bung, modern kit. with lazy susan, 2 decks, 14x30 insul. garage with wdstve. Extra lot with boathouse across road incl.
MIKE DeBOER 938-7802



LONG SAULT $84,900
(M-MLS 0162) 3 bdrm. bung. features garage, rec rm, close to beaches and park.
MIKE DeBOER 938-7802



HWY 43, $104,500
(L-MLS 0278) 2 km east of Monkland, 1385 sq. ft. bung., garage, lot 220x192,
ERIC PEDERSEN 938-9690



LONG SAULT $154,900
(M-MLS 0287) Beautiful 2+2 bung., professionally finished family rm, modern kit.
ERIC PEDERSEN 938-9690



25 ST. LAURENT, LONG SAULT $125,900
(M -MLS 0264) Beautiful finished sidesplit, new remodelled kit, rec rm, gas frpl, hdwd flrs
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238 MEADOWVALE CR. $76,500
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COUNTRY $129,900
(O-MLS 0253) Rustic 3 bdrm home with att & det garages, fireplace, rec rm with wood stove & more
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NORTH END $129,900
(A-MLS 0248) Spacious side split with det. garage 24x24, featuring gas frpl in family rm & more
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MIKE VANDERMEER 938-2121

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1990 PONTIAC SUNBIRD LE, 83,000 km, 4-cyl. auto, certified. 1990 Chev Lumina, 6-cyl. auto, 4-dr, certified. 1989 Cadillac Sedan Deville, auto, certified. 1986 Ford Step-in Van, 6-cyl auto. Gravel Motors, 1404 Pitt St. Call 932-4850 or 932-4211.

1988 FIREBIRD, red, standard. Asking $2,000. as is. Back set of winter tires included. Call 932-7942.

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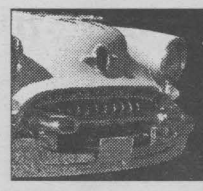

YOUR AUTO CORNER

Plus One Or Plus Two? That Is The Question!

(NC)—For most people, the best way to improve a vehicle's handling is to fit better-quality tires so that its braking, tracking and road-holding capacity is greatly improved. But for some, this approach is not enough. They want a more dramatic improvement. In the tire industry and in tune-up shops, the next step is a 'Plus 1' or 'Plus 2' fitment. This allows you to use tires that have lower and more rigid sidewalls and a wider tread. But, there is a catch. You cannot use the same rims because you will not be able to retain the same overall diameter. If you do not keep to this measurement, the transmission ratios will be affected. Also, the odometer and speedometer will lose accuracy.

Actually, the solution is fairly simple: you buy new rims that are one inch bigger than the originals. This is what we mean by a 'Plus 1' fitment. If you want tires with an even wider tread and a lower profile, you can use a wheel which is two inches bigger that still retains the overall diameter. If your car was originally equipped with P185/70R13 tires, you can replace them with BFGoodrich Touring T/A P195/60R14s on 14-inch wheels to get a 'Plus 1' fitment.

For an even more dramatic modification, you buy 15-inch wheels that are 205 mm wide and install BFGoodrich Euro T/A P205/50R15. This is a 'Plus 2' tire system. The overall dimensions are the same, but the contact patch with the road is wider by 2 cm, while the lower profile improves cornering, braking and road-holding. Since you have to buy new wheels, you can choose a more modern design and a better quality product. This will also help reduce unsprung weight and improve brake cooling.

And even if these modifications do not contribute to safety or performance, the low-profile tires and wide rims help improve the appearance of the car. It is a well-known trick of stylists to use bigger tires to enhance a vehicle's appearance. But the main reasons for a 'Plus 1' or 'Plus 2' fitment should be safety and improvement of the car's handling characteristics.

As always, it is highly recommended that you get the help of a professional to obtain the best selection of wheels and tires for your car and driving style.

2001 Nissan Sentra

The all-new 2001 Sentra boasts sophisticated styling, a roomier interior and refined ride and handling. It is available with a choice of a new, clean-burning 126-horsepower DOHC 1.8-litre or a potent 145-horsepower DOHC 2.0-litre 4-cylinder engine.

The 2001 Sentra will be offered in three versions - the well-equipped XE and GXE models, and the sporty Sentra SE. Sentra highlights include:

Body

- All-new styling with fresh, distinctive design and 30-per cent increase in torsional rigidity
- Coefficient of drag 0.33
- Five new exterior colours (eight colours total)

Engine and Driveline

- All-new base engine, a 16-valve DOHC 1.8-litre 4-cylinder engine, rated at 126-horsepower and producing 126 ft-lbs of torque
- SE model features refined 145-horsepower 16-valve DOHC 2.0-litre all-aluminum 4-cylinder engine, producing 136 ft-lbs of torque
- Choice of 5-speed manual or 4-speed electronically controlled automatic transmissions
- Front engine/front-wheel drive



2001 Nissan Sentra GXE

Suspension, Steering and Braking

- Independent MacPherson strut front suspension; front and rear stabilizer bars, new front subframe
- Rear Multi-Link Beam suspension
- Power-assisted rack-and-pinion steering
- Power-assisted front disc/rear drum brakes (4-wheel disc on SE); ABS optional on XE, SE

Interior Features

- All-new interior with more front and rear headroom, added storage compartments Standard power windows with driver-side one-touch auto-down feature, power door locks on GXE and SE. Choice of three interior colours: Sand (beige), Stone (grey) and Midnight (blue/black)

Safety and Security

- Supplemental front air bags
- Front seat belts with adjustable shoulder belt anchors and pretensioners with load limiters
- Child safety rear door locks
- Front and rear crumple zones, pipe-style steel side-door guard beams (all doors)

Models and Manufacturing

- Offered in three well-equipped models: XE, GXE, SE
- Assembled by Nissan Mexicana (NISMEX), Aguascalientes, Mexico.

The Laws Of Physics Always Apply

(NC)—The ever-growing popularity of all-wheel drive vehicles, combined with the enormous progress made by tire manufacturers, have given drivers a sense of invincibility. The stability of these vehicles is reassuring, while the traction is impressive. This leads to higher speed on icy roads and through congested highways. Drivers should always remember that the laws of physics still apply and that the stopping distance is always proportionate to the speed and weight of an object. A smart driver will always adapt his speed to road conditions and traffic density.

Clean Up That Interior

Winter is now over and looking at the interior of your car, you know it really needs a deep cleaning. Dirty boots dropped all that dirt and salt on the carpets and the dampness (and in many cases cigarette smoke) has left a sticky film on the inside windows.

For people whose time is precious and can afford it, there are specialty shops (mostly known as Detailing shops) where employees can clean up the interior with minute detail...but at a price. And there are people who can take advantage of the very first beautiful spring Saturday to do the job.

In that case, a quick visit to a local automotive shop, be it big or small, will help the car owner find the right products to do such a cleaning job. It is best not to use any household products to clean upholstery or carpets since some of those products might be too strong. Most automotive department stores will have shelves of cleaning products, each one with a specific application. The most important part to clean is the carpets, where salt deposits are the hardest to remove. To obtain the best results, ask the clerk at the counter for the right product to remove those salt deposits.

Windows should be well cleaned, too. Once again, the right product should be used to clean away all the dirt and the smears in the windshield, backlite and side windows to avoid sun glare in summer. Finally, spend a few minutes to clean up the trunk. All those loose things in the trunk not only rob you of precious space but also add weight that contributes to fuel consumption.

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91 EAGLE PREMIER, V6, loaded, black,	$3,795*
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90 CHEV LUMINA V6, very clean, no rust, white,	$3,595*
90 CHEV CAVALIER, 4dr., blue, 147 kil, auto	$2,795*
90 TOYOTA TERCEL, hatchback, blue, auto.,	$2,695*
89 CADILLAC FLEETWOOD BROUGHAM, loaded, blue	$3,995*
89 OLDS 88 DELTA BROUGHAM, 3.8, V6, blue, 178,000 kms,	SOLD $2,995*
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88 BUICK PARK AVE., 3.8 V6, loaded, maroon,	$3,395*
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88 CHRYSLER 5th AVE, V8, air,	$1,395*
88 DODGE SHADOW, 2dr., red, needs engine	$395*
87 FORD T-BIRD, 2dr.,V6,new tires	AS IS SPECIAL $1,295*
86 CHRYSLER 5th AVE, 4 dr, V8, grey	AS IS $595*
1989 16 FOOT FISHING BOAT, trailer & 25 HP Mercury, Fish Finder & Accessories	$2,995*

*not including taxes
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99 FORD TAURUS SE, 4 dr., auto., loaded,	$12,950
98 SATURN SLI, 4dr., auto, A/C	$10,500
98 PONTIAC SUNFIRE,	SOLD $9,995
98 CHEV CAVALIER, 4dr., auto, air	$8,995
98 FORD CONTOUR LX, 4 dr., auto., A/C,	$9,950
98 DODGE NEON, 4dr., auto, A/C	$8,900
97 SATURN WAGON WAG, loaded, auto	$9,500
97 CADILLAC CONCOURS, full load	$21,900
97 CADILLAC SEDAN DEVILLE, loaded.,	$21,900
97 PONTIAC SUNFIRE GTX, 2 dr.,	$7,950
97 MERCURY SABLE, 4 dr., V6, loaded,	$8,950
96 PONT GRAND AM, 4dr., loaded,	$8,495
95 PONTIAC GRAND PRIX S.E., Full load	$6,995
95 BUICK REGAL CUSTOM., 4dr., loaded	$6,500
95 OLDS 98 REGENCY, 4 dr., 3.8L, loaded,	$8,995
94 CHRYSLER LHS, 4 dr., loaded, mint,	$10,900
94 BUICK REGAL CUST	SOLD $4,995
94 BUICK LESABRE, 4 dr., loaded, mint	$10,450
94 CHEV. CAVALIER, 2 dr., auto.,	$5,995
94 CADILLAC SEDAN DEVILLE, 4 dr., auto., loaded,	$9,950
94 PLYMOUTH ACCLAIM, 4 dr, auto, low kms,	$5,650
93 OLDS. CIERRA, 4 dr., auto., low kms,	$5,950
92 FORD CROWN VIC LX	SOLD $5,350
92 TOYOTA TERCEL, 4 dr	SOLD $3,995

TRUCKS & VANS

99 DODGE CARAVAN, dual sliders, loaded,	$14,950
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98 G.M.C. SIERRA, 1500,	SOLD $11,500
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97 DODGE RAM, Reg Cab, auto., great shape,	$9,950
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95 LUMINA APV, 3 dr, auto, great shape	$7,450
95 CHEV ASTRO VAN., Full load, nice	$8,495
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93 DODGE CARAVAN, 3 dr., auto., A/C	$6,450
92 FORD F150 XL, reg cab, V8, 2wd,	$6,950
91 MAZDA PICK UP, ext. cab, auto	AS IS $1,500
89 FORD CONV. VAN, V8, loaded,	$7,950

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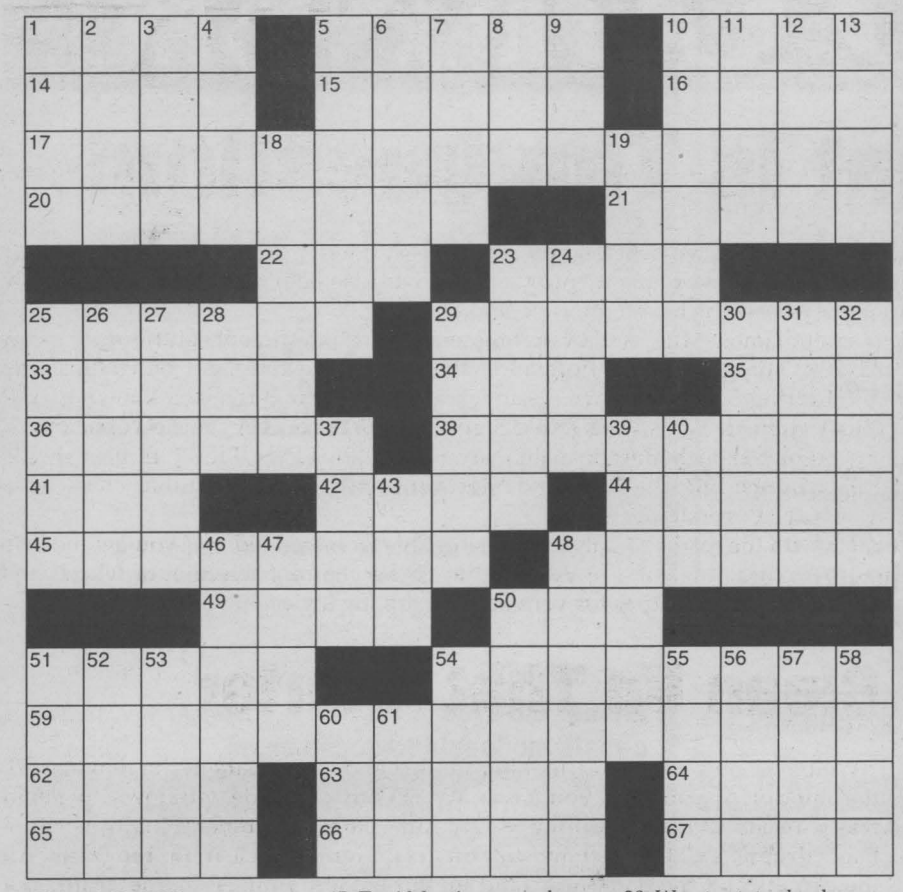

Clues ACROSS

1. Excluded from use or mention
5. Athabaskan
10. Shop
14. Central American association
15. Joints
16. Stew with chickpeas
17. Jay and the Americans' hit
20. Exuded, in a way
21. Goddess of the hunt
22. Cablegram (abbr.)
23. Weather report
25. Plates
29. "Masked" mammals
33. One who hauls
34. ___ Tan
35. Worthless message
36. With many branches
38. Plastic
41. 7th letter of the Greek alphabet
42. Round, red root vegetable
44. Punitive
45. Sleeveless, apronlike dress
48. Most broken
49. Used up or exhausted
50. Way to create from raw stuff
51. Mexican Indian
54. Can be cleaned
59. Beatles' hit
62. Goods carried by a large vehicle
63. Rajah's wife
64. "___ and the King of Siam"
65. Toni Morrison novel
66. Cutting or thrusting weapon with a long blade
67. Radioactivity units

Clues down

1. Toddlers
2. Feel pain
3. Spoken in the Dali region of Yunnan
4. Cold War enemy
5. Sports equipment
6. Highest waterfall
7. George ____, Australian prime minister
8. Monitor of financial markets (abbr.)
9. Doctrine
10. Game piece
11. Ancient Greek city
12. Waterfall (Scottish)
13. Scarcely detectable amount
18. Rhythmic patterns
19. Of an ode
23. Plant of a clone
24. Acid radical
25. Throat illness
26. Raccoonlike animal
27. Soul in Hinduism
28. Fifth sign of the zodiac
29. Ouida
30. Way to state clearly
31. Grandmothers
32. Hardy wheat grown in Europe
37. Black
39. Indifference
40. 13th letter of the Hebrew alphabet
43. Before
46. Program
47. Concentrations
48. Tried
50. One who enacts tribute
51. Tools
52. Chinese dynasty
53. Short-necked river duck
54. Drunk (slang)
55. From a distance
56. ____ fide (Latin)
57. Scandinavian city
58. Geological times
60. Wife
61. Cutting tool with a toothed blade

SOLUTIONS ON PG 30

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Gibbard dining room set "Chantilly" including dining table, 6 chairs, glass front china cabinet; antique 2 drawer flatware chest;Lovely antique regency period scroll end sofa; 4 cane bottom chairs; parlour chair; oval end table; Sklar Peppler love seat; brass & glass top tables; 1920 dining table & 6 chairs; dishes; wicker table; cedar chest; Treadle sewing machine; dishes; Medalta mixing bowl; platters; footed compote; hooked rug; Reliable doll; doll's crib; milk bottles & holder; knee hole desk; 6 man hot tub "Soft Tub"; Kenmore vacuum; 3 Dr. filing cabinet; Patio furniture; Garden tools; assort. of windows; computers; boys clothing; other misc. articles.

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4 dr., V6, loaded, p.seat, CD, 74,000 kms
$13,333 + tax & lic.

CARS

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4dr., V6, auto, loaded, CD, P-seat 43,000 km's

1998 CHEV CAVALIER Z22
2dr., 4cyl, auto, air, cassette, 63,000 km's

1998 OLDS INTRIGUE
4dr., V6, auto, loaded, P-seat, CD, 74,000 km's

1998 CHEV CAVALIER
4 dr., 4 cyl., auto., air, cruise, tilt, p.locks, 63,000 kms

1998 CHEV MALIBU LS
V6, auto., loaded, 74,000 kms, GM warranty

1998 PLYMOUTH BREEZE
4 dr., 4 cyl. auto, air, cruise, tilt

1997 BUICK LESABRE
custom, 4dr., V6, full load, 69,000 km's,

1997 CHRYSLER INTREPID
4dr., V6, auto, loaded, 89,000 km's

1997 PONTIAC SUNFIRE
4dr., auto, air, cruise tilt, p-locks, remote start, 1 owner, 68,000 kms

1996 CHEV MONTE CARLO LS
2 dr., V6, auto., loaded, 97,000 kms, 1 local owner

1996 PONTIAC SUNFIRE
2dr., auto, air, cass., local car

1996 FORD T-BIRD
2dr., auto, full load, 1 local owner, p-seat, 90,000 km's

1996 FORD TAURUS WAGON
V6, loaded, auto, 180,000 km

1996 TOYOTA CAMRY
4 cyl., 4 dr , auto, full load, 94,000 kms

1996 DODGE NEON
4dr., 4 cyl, auto, air, cass, 73,000 km's, 1 owner

1994 OLDS CIERRA S
4 dr., V6, loaded, 128,000 kms, 1 local owner

1993 TOYOTA TERCEL
4 dr., 4 cyl., auto., am/fm cass.

1993 MERCURY TOPAZ GL
4 dr., 4 cyl., auto., special edition, air, nice car!

1988 HONDA PRELUDE
2 dr., auto., air, cruise, tilt, p.win, p.locks, CD, local car

VANS

2001 GR. CARAVAN
V6, dual sliders, 1 power, power lift gate, 500 km

1997 PONTIAC TRANSPORT
ext., full load, power slider, modular seating, p-seat, 2-tone, 78,000 km, dual sliders

TRUCKS

1995 GMC SLE EXT. CAB
PK/UP, 4X4, 5.7L, fully loaded, p.seat, running boards, 110,000kms

1992 DODGE DAKOTA
V6, auto., am/fm cass., leer fibreglass cap, oiled yearly, nice truck

7 mon/7,000 kms powertrain warranty with seals & gaskets

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Quality New & Used Cars
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TYPE	#IN STOCK	REG PRICE	CLEARANCE PRICE
P235/7OR16	4	$117.45	SOLD $86.00
P185/65R14	4	$87.00	$68.00
P225/70R14	4	$94.25	$70.00
P155/80R13	4	$29.95	$27.95
P185/75R14	2	$45.50	$37.51
P205/75R14	6	$50.63	$39.92
P205/75R15	4	$53.50	SOLD $41.76
P215/75R15	2	$55.29	$53.13
P225/75R15	4	$58.30	SOLD $45.21
P235/75R15	8	$59.73	$46.19
195/7OR14	3	$57.70	$44.79
P265/75R15	4	$91.64	SOLD $68.20
LT225/75R16	5	$107.23	$78.95
LT265/7516	4	$116.00	SOLD $85.00
LT215/85R16	3	$102.40	$75.62
LT235/85R16	4	$118.44	$86.68

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'97 CHEV Z-71
4x4, full load, 130,km safetied,
$22,995

'95 CHEVY CORSICA
V6, 183,km, very clean safetied
$5,495

'93 DODGE DAKOTA
ext. cab,4x4, std, 5spd, 216,km, safetied,
$5,995

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'86 CAVALIER
2.0 LT.

'87 PONTIAC 6000
2.5LT, new brake, new gas tank

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2001 SENTRA

- 126-HP 1.8-litre engine
- Air conditioning
- 4-speaker AM/FM with CD audio system
- Colour-keyed body side mouldings
- 60/40 split folding bench seat
- Centre console armrest
- Vanity mirrors • And more...



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For only $22/mo. more, get the new Sentra Touring Edition™ | INCLUDES: 6-disc CD autochanger, 14" alloy wheels, rear spoiler and stainless steel exhaust finisher.

2001 ALTIMA

Special cash purchase price of **$21,498**



- 155-HP 2.4-litre DOHC engine
- AM/FM with CD audio system
- 4-speed automatic transmission • Air conditioning
- Remote keyless entry system with panic alarm
- Dual airbags
- Power mirrors and door locks
- Keyless remote entry system
- And more...

2001 MAXIMA

- 222-HP 3.0-litre V6 engine
- Automatic transmission
- 6-speaker 120-watt AM/FM/cassette with CD audio system
- Automatic climate-control air conditioning
- Anti-theft system
- Heated power driver's seat
- Remote entry system
- And more...



Lease Maxima GXE with Convenience Package For only $368/mo. for 48 months only $4,650 down.

OR Special cash purchase price of $30,960

2001 PATHFINDER

Lease Pathfinder XE For only $398/mo. for 48 months only $5,450 down.

OR Special cash purchase price of $34,310



- 240-HP 3.5-litre DOHC engine
- 265 ft-lb torque
- 4-speed automatic with overdrive • 16" alloy wheels
- Air conditioning
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*Smart people always read the fine print. And they always wear their seat belts. Limited-time offers on 2001 Sentra XE 5-speed manual with Value Option Package (C4LG51 BK00); 2001 Altima GXE automatic (T4RG71 AE00); 2001 Maxima GXE automatic with Convenience Package (U4RG71 CK00); 2001 Pathfinder XE automatic (5CLG71 AE00). *48-month lease on Sentra/Maxima/Pathfinder: 6.8%/7.8%/7.8% ALR, down payment or equivalent trade of $775/$4,650/$5,450. Leases based on a maximum of 78,000/96,000/96,000 km with excess km charged at $0.10/$0.08/$0.08/km. †Financing examples: $30,000 at 2.8% per annum equals $869.79 per month for 36 months. COB is $1,312.44 for an obligation total of $31,312.44. $30,000 at 7.3% per annum equals $930.43 per month for 36 months. COB is $3,495.48 for an obligation total of $33,495.48. $20,000 at 2.8% per annum equals $579.86 per month for 36 months. COB is $874.96 for an obligation total of $20,874.96. $20,000 at 7.3% per annum equals $620.29 per month for 36 months. COB is $2,330.44 for an obligation total of $22,330.44. 2.8% finance rate for 36 months available on new 2001 Sentra, Altima, Maxima and Pathfinder. All offers are O.A.C., and exclude destination and delivery (Sentra $857/Altima $915/Maxima $966/Pathfinder $972), licence, insurance and taxes. Security deposit will be made under the lease promotion for the customer. See your Nissan Dealership for details. Offers may change without notice, and cannot be combined with any other offers. Not all vehicles are available at all Dealerships. Vehicles not exactly as shown. Sentra Touring Edition available at participating Dealerships. DRIVEN and the Nissan logo are Nissan trademarks. Visit www.enjoythesavings.com.*

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76 PETS/ LIVESTOCK

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85 PERSONALS

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SN1

NOTICES

The Children's Aid Society
La Société de l'aide à l'enfance
of the United Counties of / des Comtés Unis de Stormont, Dundas & Glengarry

Have you considered becoming a foster parent?
If so and you would like more information please attend an evening session at the
Children's Aid Society, 27 York Street, on March 28, at 7:00 p.m.
For more information and attendance planning please call
1-800-267-2451 or 613-933-2292 ext. 248
sn3

CORNWALL KINSMEN GIRLS HOCKEY
BONNIE TOWERS
Winner of the Cornwall Kinsmen Girls Hockey Association $1000 Draw on Fri., Dec. 23, 2001.
Lic# M179047
sn1

92 NOVENAS

O HOLY SAINT JUDE Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, the faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg you, to whom God has given such great power, to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause your name to be invoked. (Say 3 Our Fathers, 3 Hail Mary's, 3 Glory Be's for 9 consecutive days). Publication must be promised. This Novena has never been known to fail. D.G.

PRIERE A SAINT-ANTOINE. J'ai perdu la joie de vivre. J'ai perdu l'amour des autres. J'ai perdu la tendresse du jour de mon mariage. J'ai perdu le respect de la vie. J'ai perdu la pureté de mon regard. J'ai perdu le goût de prier: Oui, je suis perdu ... Saint-Antoine, aide-moi à retrouver le chemin de Dieu! A.P.

NOTICES

PUBLIC NOTICE

UPPER CANADA District School Board

TOWN HALL MEETING
on
Cornwall School Study

Grades 7- 10 Middle School??

Learning Together

If you are unable to attend this important meeting, please let your opinion be heard - whatever your opinion, by fax, phone or e-mail me at:

Fax: 932-8523
Phone: 936-2788 *David McDonald*
e-mail: mcdonaldd@ucdsb.on.ca *Trustee*

Monday March 19, 2001 sn2
commencing at 7:00 p.m. (cafetorium)
Cornwall Collegiate Vocational School

EDUCATION/ COURSES

UPPER CANADA District School Board

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ANNOUNCEMENTS

EVERYTHING YOU WANT TO KNOW about Ontario communities is now at your fingertips! Check out the Web's pre-eminent, unique guide: InfoOntario - Your information gateway to community information, news, events, festivals, attractions and local business. www.InfoOntario.com

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BC BEST WESTERN Mountain resort now hiring for summer employment. Positions include housekeepers, serving staff, cooks, dishwashers, cashiers, sales clerks, gas station attendants. For an application form send self-addressed stamped envelope to John Galt, Glacier Park Lodge, Rogers Pass, BC, V0E 2S0 or print application form from our website www.glacierparklodge.ca

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56. Bona
57. Lund
58. Eras
60. Mrs.
61. Saw

The Countdown To The Oscars Is On!

Food and the Oscars go hand in hand. On March 25th, 2001, millions of movie lovers will be munching on their favourite foods and watching the 73rd Academy Awards, while Hollywood celebrities enjoy lavish feasts at famous eateries and private parties.

For those who watch the awards at home, dietitians at Dairy Farmers of Ontario have great tips to make their favourite Oscar Night foods both nutritious and delicious.

These Oscar Night nutrition tips are as easy as boosting their calcium intake by having potato chips with a yogurt-based dip, or as exotic as increasing servings of fruit by dipping strawberries or other seasonal berries into chocolate fondue. Registered Dietitians believe all foods, including favourites like nachos, pizza and chicken wings can be part of a healthy diet.

OBITUARIES

SULLIVAN
- Genevieve (Geneva) Lucy

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Monday, December 11th, 2000. Miss Genevieve (Geneva) Lucy Sullivan, in her 88th year, born in Cornwall, Ontario and formerly of Cornwall. Dear daughter of the late Sam Sullivan and the late Carmella Conti. Cherished sister of James (Jimmy) Sullivan (Theresa) of Cornwall, Ontario. Survived by several nieces and nephews. Predeceased by her brothers, John Sullivan (late Emma), Joseph (Joe) Sullivan (Donalda), Dan Sullivan (Mary), and sisters, Theresa DiCola (late Peter), Florence Colucci (late James), Margaret (Lina) McAteer (late Hugh) and Mary Sullivan. The funeral was held from the M. John Sullivan Funeral Home, 341 Pitt Street to St. Columban's Catholic Church for funeral mass on Thursday, December 14th, 2000. Rev. Louis Groetelaars, Associate Pastor of St. Columban's Parish, celebrated. Spring Interment to take place in St. Columban's Parish Cemetery. The pallbearers were Aurele Houle, Dan Sullivan Jr., James (Jay) Sullivan Jr., Vincent (Chico) DiCola, Gerry (Squint) DiCola and Gordon Mann. Miss Sullivan was a life-long resident of Cornwall and a retired seamstress formerly employed by Prince Clothing (The Pants Factory).

TREMBLAY
- Marie Jeannette

Passed away at the Massena Memorial Hospital, Massena, New York on Monday, December 11th, 2000. Miss Marie Jeannette Tremblay, in her 83rd year, born in Franklin Centre, Quebec and formerly of Rooseveltown, New York. Dear daughter of the late Julien Tremblay and the late Elizabeth Poirier. Loving mother of Craig Tremblay of Lighthouse Point, Florida and Anne (Mrs. Thomas Sylvester) of Cornwall Island, Ontario. Cherished grandmother of Sonja, T.J. and Shawna, and great-grandmother of Tyler, Dennis and Hayden. Sadly missed by many brothers, sisters, nieces and nephews. The funeral took place on Thursday, December 14th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Memorial Chapel with burial at St. Joseph's Cemetery.

BEAUDETTE - Kenneth (Ken) Wallace

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, December 12th, 2000. Mr. Kenneth (Ken) Wallace Beaudette, in his 58th year, born in Cornwall, Ontario and formerly of Bainsville, Ontario. Dear son of the late David Arthur Beaudette and the late Maude Anne Marti. Beloved companion of Jeanne Gareau. Loving father of Sheila Vaughn (Allan) of Dacre, Ontario, Rhoda Larabie (Richard) of Orleans, Ontario, Laura Lanois (Claude) of Limoges, Ontario, Rhonda Beaudette, Kenneth Beaudette and Terrence Beaudette all of Ottawa, Ontario, James Beaudette of Calgary, Alberta and Gerry Gareau of Alexandria, Ontario. Dear brother of Wilfred Beaudette (Eileen), Martin Beaudette (Kathleen), Grace Amelotte (Omer), Eileen Gilmore (late Gervais), Maureen Decaire (Harvey) all of Cornwall, Ontario, Stanley Beaudette (Joan) of Oakville, Ontario and Wayne Beaudette (Gaetane) of Martintown, Ontario. Survived by 11 grandchildren and 1 great-grandchild. Predeceaced by brothers, Bernard Beaudette and Elwean Beaudette. The funeral service was held from the chapel of the M. John Sullivan Funeral Home, 341 Pitt Street, Cornwall on Saturday, December 16th, 2000 followed by cremation. Rite of Committal at a later date in St. Andrews Parish Cemetery, St. Andrews West, Ontario. The pallbearers were the M. John Sullivan Staff Bearers. Mr. Beaudette was an employee of Consoltex Inc. in Alexandria, Ontario.

DAVIDSON - Raymond

Passed away at the Ottawa Civic Hospital, Ottawa, Ontario on Tuesday, December 12th, 2000. Mr. Raymond Davidson, in his 67th year, born in Cornwall, Ontario and formerly of Cornwall. Dear son of the late Rhéal Davidson and Azora St. Louis. Beloved companion of Angèle Piché. Loving brother of René Davidson (Jackie) of Cornwall, Ontario and Gérald Davidson (Jacqueline) of St-Eustache, Quebec. Also survived by many nieces and nephews. Predeceased by his wife, the former Jeanne D'Arc Davidson. The funeral took place on Thursday, December 14th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch with cremation at South Branch Crematorium. A Memorial Mass was celebrated on Friday, December 15th, 2000 in Nativity Co-Cathedral. Msgr. Rejean Lebrun officiated. Mr. Davidson was an Honourary Member of the Knights of Columbus, Ontario Council #755 and a former employee of Iroquois Chemicals.

FREUND
- Mary Jane Rita

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, December 12th, 2000. Mrs. Mary Jane Rita Freund, in her 82nd year, born in Glen Robertson, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late John Larocque and the late Elizabeth Poirier. Beloved wife of the late Joseph Anton Freund. Loving mother of Johanna (Mrs. Joseph Balligand) and John A. Freund (Susanne Merchant) both of Candiac, Quebec, Francine (Mrs. Alan MacLure) of Toronto, Ontario, Rosemarie (Mrs. Malcolm Green) of Oakville, Ontario, Sydney Freund (Sharon) of Pincourt, Quebec, Kathy (Mrs. Gino Lanni) and Stephanie Freund (Sylvain Marcil) both of St-Bruno, Quebec. Dear sister of Jean Larocque (Berthe) of Glen Robertson, Ontario, Achille Larocque (Antoinette) of Bainsville, Ontario, Emmanuel Larocque (Reina) of Cornwall, Ontario, Bruno Larocque (Louise) of Granby, Quebec, Dorina (Mrs. Lucien Theoret), Mrs. Florence Dumouchel and Mrs. Emelda Reid all of Alexandria, Ontario, Laurande (Mrs. Ian Sim) of Ottawa, Ontario and Gisele (Mrs. Maurice Welch) of Cornwall, Ontario. Sadly missed by 12 grandchildren. Also survived by sister-in-law, Mrs. Eva Larocque of Alexandria, Ontario. Predeceased by her brothers, Real and Euclide Larocque. The funeral took place on Saturday, December 16th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Peter's Church with cremation at South Branch Crematorium. Rev. George Maloney of St. Peter's Church officiated. The pallbearers were Jason Freund, Ron Legault, Patrick Balligand, Aaron Lanni, Taylor Freund and Melanie Green.

RUSSELL
- Shirley Theresa

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Wednesday, December 13th, 2000. Mrs. Shirley Theresa Russell, in her 69th year, born in Cornwall, Ontario and formerly of Cornwall. Dear daughter of the late Hugh Primeau and the late Emma Bergeron. Beloved wife of the late Clifford Russell. Loving mother of Robert Russell (Rita), Anne Primeau (Wayne) and Barbara Lascelle (Ray) all of Cornwall, Ontario. Dear sister of Mrs. Laurette Stang of Cornwall, Ontario. Sadly missed by 8 grandchildren and 10 great-grandchildren. Predeceased by her brothers, Gordon, Bernie, Lloyd, Austin and Clarence and sisters, Rosemary, Beatrice, Cecile and Evelyn. The funeral was held from the M. John Sullivan Funeral Home, 341 Pitt Street, Cornwall to Blessed Sacrament Catholic Church for funeral mass on Saturday, December 16th, 2000. Rev. Allan MacDonald, Pastor, celebrated. Spring Interment to take place in Notre Dame Cemetery. The pallbearers were Jason Russell, Tony and Rodney Beauclair, Allan and Stephen Primeau and Mike Johnston. Mrs. Russell was a lifelong resident of Cornwall and a retired housewife.

BIGELOW
- Eva Callahan

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Thursday, December 14th, 2000. Mrs. Eva Callahan Bigelow, in her 70th year, born in Carlingford, New Brunswick and formerly of Cornwall, Ontario. Dear daughter of the late Harry Edmondson and the late Mae Rosborough. Beloved wife of Lyall Bigelow. Loving mother of David Bigelow (Nicole) of Cornwall, Ontario and Wayne Bigelow (Julie) of Vancouver, British Columbia. Dear sister of Marion (Mrs. Gordon Merrithew) and Doris (Mrs. Roy Brunett) both of Fredericton, New Brunswick, Mrs. Kathleen (Kay) Johnson of St. Stephen, New Brunswick, Harold Edmondson (Kay) and Hattie (Mrs. George Black) both of Fredericton, New Brunswick, Mrs. Ella Mae Crawford of Hampton, New Brunswick, Ronald Edmondson (Emma) and Ross Edmondson (Shirley) both of Fredericton, New Brunswick. Cherished grandmother of Dwayne, Lindsay, Kyle, Lance and Christopher. Predeceased by her brother, Ernest Edmondson and sister, Hazel Edmondson. The funeral took place on Monday, December 18th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Memorial Chapel with burial at St. Lawrence Valley Union Cemetery. Pastor Earle Smith officiated, assisted by Pastor Thomas Newton of Calvary Baptist Church.

ELDERBROOM
- Peter Hugh Elderbroom Jr.

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Saturday, December 16th, 2000. Mr. Peter Hugh Elderbroom Jr., in his 76th year, born in Cornwall, Ontario and formerly of Cornwall. Dear son of the late Peter Elderbroom Sr. and the late Anne McPhee. Beloved husband of Irene Elderbroom (nee Watts). Loving father of Hughie, Douglas (Gaby), Larry (Sally), John (Elaine), Wayne (Michelle), Joan (Mrs. Mike Menard) and Betty Elderbroom (Bernie) all of Cornwall, Ontario. Cherished brother of Mrs. Ida Cadieux of Cornwall, Ontario. Sadly missed by 13 grandchildren and 3 great-grandchildren. Predeceased by his daughter, Mrs. Carol Tessier, and sisters, Mrs. Mary Laframboise, Mrs. May Ingram, Mrs. Addie Laundry and Mrs. Julia Whittaker. The funeral took place on Wednesday, December 20th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Memorial Chapel with cremation at South Branch Crematorium. Rev. Fred Rennie of St. John's Presbyterian Church officiated.

STAPLEY
- Shannon Muriel

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Saturday, December 16th, 2000. Shannon Muriel Stapley, in her 56th year, born in Cornwall, Ontario and formerly of Glen Walter, Ontario. Dear daughter of the late Thomas Stapley and Lorna Hart. Loving mother of Edward Sabourin (Joanne) of Kanata, Ontario, Francis Sabourin and Lisa Leger both of Cornwall, Ontario. Dear sister of James Stapley of Cornwall, Ontario, Patricia (Mrs. Grant MacMillan) of Lunenburg, Ontario, Mrs. Kathleen Brady of Cornwall, Ontario and Mary (Mrs. Edward Herrington) of Burlington, Ontario. Cherished grandmother of Kurt and Ashley Simser, Bryan, Derek and Trevor Sabourin and Tabatha and Samantha Leger. Predeceased by her brother, Michael Stapley and sisters, Mrs. Margaret White, Elizabeth Stapley, Bridgete Stapley and Catherine Stapley. The funeral took place on Friday, December 22nd, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch with cremation at South Branch Crematorium. A Memorial Mass was held on Friday, December 22nd, 2000 in St. Columban's Church.

HEBERT - Roland L.

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Sunday, December 17th, 2000. Mr. Roland L. Hebert, in his 79th year, born in South Lancaster, Ontario and formerly of Cornwall, Ontario. Dear son of the late Albra Hebert and the late Sarianna Viau. Beloved husband of Suzanne Hebert (nee Leduc). Loving father of Michelle of Bolton, Ontario, Denise (Mrs. Earl Grafton) of Pointe Claire, Quebec, Janette (Mrs. Alan Blackstock) of Bethel, Connecticut, Philip Hebert (Carrie) of Bolton, Ontario and Marc Hebert (Chantal) of Kirkland, Quebec. Dear brother of Lucien Hebert (Yvonne) of Calgary, Alberta, Gerard Hebert of Creg Quay, Ontario, Marcel Hebert (Paulette) of Lancaster, Ontario, Mrs. Juliette Shanks of Belleville, Ontario, Mrs. Rolande Shaefer of Cornwall, Ontario and Mrs. Lucille Roach of Ottawa, Ontario. Sadly missed by 10 grandchildren. Predeceased by his sisters, Alvena, Berthe, Rita, Ernestine and Rosa Hebert. The funeral took place on Wednesday, December 20th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to St. Joseph's Church with burial at St. Joseph's Parish Cemetery. Rev. Rudy Villeneuve of St. Joseph's Church officiated. The pallbearers were Philip Hebert, Marc Hebert, Earl Grafton, Alan Blackstock, Marc Shaefer and Daniel Schaefer.

BERGERON
- Elsie Martha

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, December 19th, 2000. Mrs. Elsie Martha Bergeron, in her 80th year, born in Lancaster, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Joseph Fortier and the late Caroline Beaudoin. Beloved wife of Allan Bergeron Sr. Loving mother of Norma (Mrs. Brian Lucas), Allan Bergeron Jr. (Elaine) and Kenneth Bergeron (Diane) all of Cornwall, Ontario, Brian Bergeron (Sue) of Dartmouth, Nova Scotia, Judy (Mrs. Larry McDonald), Bonnie (Mrs. Hank Biles) and Steven Bergeron all of Cornwall, Ontario. Dear sister of Ovilda (O.J.) Fortier (Beatrice) of Cornwall, Ontario. Sadly missed by 14 grandchildren and 19 great-grandchildren. Predeceased by her brother, Anthony Fortier, sisters, Mrs. Albina Jesmer and Mrs. Luva Thibeault and three step-sisters, Mrs. Jeannette Dufresne, Mrs. Yvonne Pregent and Emilienne Beaudoin. The funeral took place on Friday, December 22nd, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Memorial Chapel with burial at Woodlawn Cemetery. Rev. Christine Piper of Trinity Anglican Church officiated.

DUBE - Denise

Passed away at the Fletcher-Allen Health Care Centre, Burlington, Vermont on Tuesday, December 19th, 2000. Mrs. Denise Dube, in her 59th year, born in Cornwall, Ontario, formerly of Massena, New York and formerly of Rochester, New York. Dear daughter of the late Gerard Bazinet and the late Lucienne Godard. Beloved wife of Renald Godard. Loving mother of Pierre Dube, Pat Dube (Shelly) and Carole Cummings all of Rochester, New York. Dear sister of Georgette Mercier (J.P. Proulx) and Madeleine Burson (Reg Dalby) of Woodstock, Ontario, Therese St. Denis (Rhéal), Carmelle Verville (Hervé), Gisele Bray (Laurent) and Gilles Bazinet (Colette Fournier) all of Cornwall, Ontario, Robert Bazinet (Sue) of R.R. #1, Cornwall, Ontario, Micheline Lariviere (Royal) and Suzanne Lalonde (Raymond) both of Cornwall, Ontario, Reina Dube (Daniel) of Nepean, Ontario, Liette Newman of Ottawa Ontario, Normand Bazinet of Lancaster, Ontario and Francine St. Germain (Robert Brunet) of Cornwall, Ontario. Cherished grandmother of Ian Cummings, Neil, Karissa and Kristina Dube. Also survived by several nieces, nephews, great nieces and great nephews. Predeceased by her brother, Raymond Bazinet (Marlene). Visitation was held at the M. John Sullivan Funeral Home, 341 Pitt Street, Cornwall on Thursday, December 21st, 2000 and at the Paul Harris Funeral Home, Kings Road S., Rochester, New York on Friday, December 22nd, 2000. Funeral Mass was celebrated in St. Margaret Mary Catholic Church, Rochester, New York on Saturday, December 23rd, 2000 followed by interment in Irondequoit Cemetery, Rochester, New York. Mrs. Dube was a former employee of North Park Lanes, Rochester, New York.

NESBITT
- Shirley Margaret

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Tuesday, December 19th, 2000. Mrs. Shirley Margaret Nesbitt, in her 65th year, born in Newington, Vermont and formerly of Cornwall, Ontario. Dear daughter of the late Annus Rutley and the late Sadie Ellen Armstrong. Beloved wife of Donald Stewart Nesbitt. Loving mother of Arthur Nesbitt (Marie) of Russell, Ontario, Dale Lauzon (Robert), Winnifred Wilson (Larry), Ronald Nesbitt, William Bill Nesbitt (Shelly), Dorothy Cuielleriere (Robert) all of Cornwall, Ontario and Donald Nesbitt Jr. of Ottawa, Ontario. Cherished sister of Betty Walker (late Kenneth) of Berwick, Ontario, Marion Montroy (late Edward) of Cornwall, Ontario and Phyllis Eamon of Martintown, Ontario. Sadly missed by 12 grandchildren and six great-grandchildren. Predeceased by her daughter, Diane Nesbitt. The funeral service was held from the M. John Sullivan Funeral Home, 341 Pitt Street, Cornwall to Trinity Anglican Church on Saturday, December 23rd, 2000. Rev. Christine Piper officiated. Rite of Committal will take place in the spring at Woodlawn Cemetery, Cornwall. The pallbearers were Dave and Robert Lauzon, Serge, Michael and Kevin Nesbitt and Norman Montroy.

BRAY - Alenima (Desneiges)

Passed away at the Janet MacDonell Pavilion, Cornwall, Ontario on Wednesday, December 20th, 2000. Mrs. Alenima (Desneiges) Bray, in her 84th year, born in Bourget, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Josephat Houle and the late Angele Brunet. Beloved wife of the late Alcide (Jim) Bray. Loving mother of Laurier Bray (Darleen Disotell), Jean-Claude Bray and Lucille (Mrs. Rejean Beriault) all of Cornwall, Ontario. Cherished sister of Noel Houle, Mrs. Armandine Bazinet, Maria (Mrs. Laurent St. Pierre), Mrs. Lina Lortie all of Ottawa, Ontario and Mrs. Blanche Brabant of Casselman, Ontario. Loving grandmother of four grandchildren and four great-grandchildren. Predeceased by her brother, Herve Houle and sisters, Mrs. Valeda Lagroix, Mrs. Aldena Longtin and Mrs. Leonie Boudreau. The funeral took place on Saturday, December 23rd, 2000 from Boulerice Funeral Home Ltd., 218 Montreal Road, Cornwall to St. Felix de Valois Church, Cornwall. Spring interment in Notre Dame Cemetery. Rev. Roger Desrosiers, Pastor of St. Felix de Valois Church, officiated. The pallbearers were Richard Merizzi, Robert Charbonneau, Normand Leblanc, Jacques Chartrand, Michel L'Ecuyer and Lucien Desrosiers.

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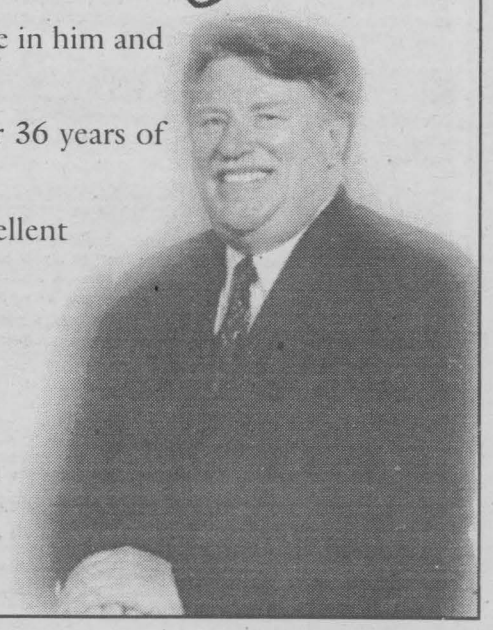



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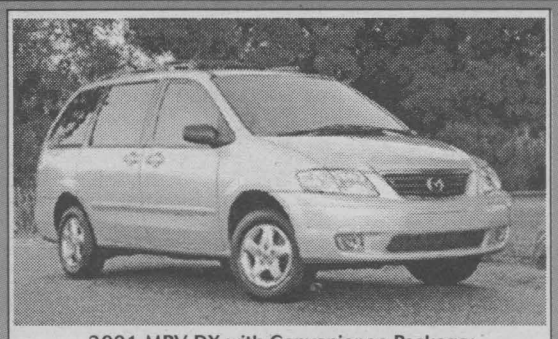

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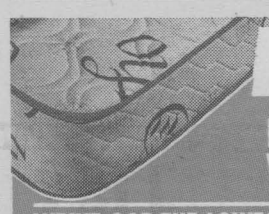

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