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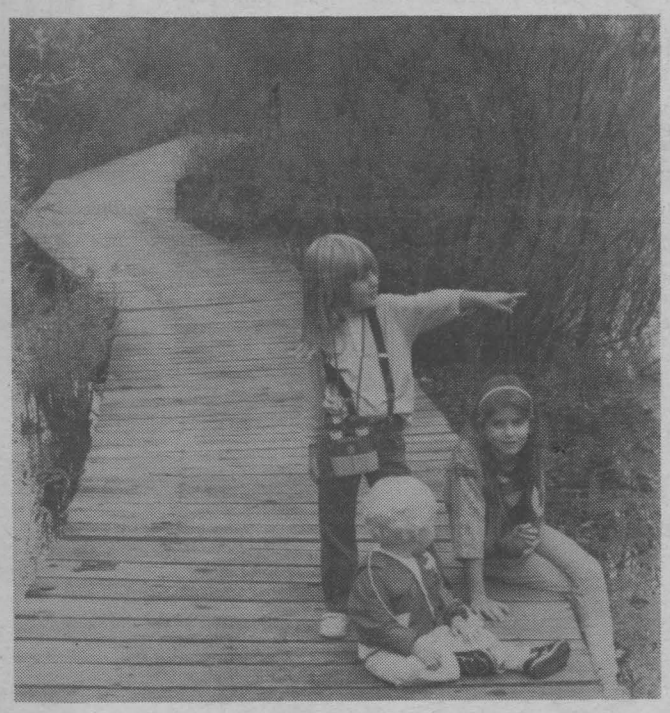

EXPLORING NATURE

Just one of the many beautiful nature trails in our area is the Blue Heron Trail at the Upper Canada Migratory Bird Sanctuary near Morrisburg. Taking a break along a wetland walkway are Carly and Michelle Hughes and their cousin Devon Nicholson. For more photos see page 6.

(photo by Tara)

Realty World Bourgon & Cornett Officially Opened

REALTY WORLD™



Harold L. Waddell, President Realty World, was on hand last week to officially open the Cornwall office of Realty World — Bourgon & Cornett. Pictured above is Jim Cornett, Broker; Ron Martelle, President Cornwall Chamber of Commerce; Harold L. Waddell; Angelo Lebano, Ald. City of Cornwall and Rheal Bourgon, Broker.

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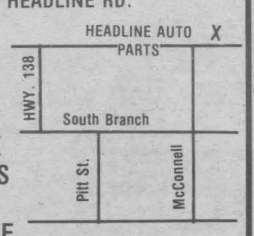

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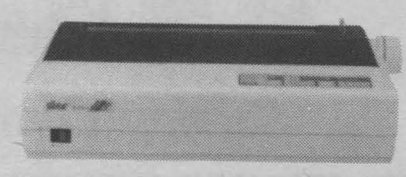

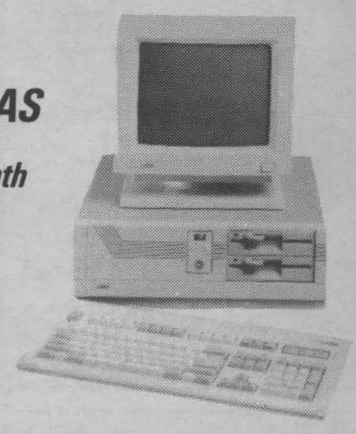

John Cleary
M.P.P. Reports



Property Tax Grant Applications

On August 21, 1989, the Ministry of Revenue started to mail the 1989 Property Tax Grant applications to approximately 725,000 eligible seniors in Ontario. A Property Tax Grant of up to $600 per household is provided to seniors to offset municipal and school taxes paid directly or through rent.

Applications are mailed to those who became Old Age Security (OAS) recipients before July 1989, and to others who have established eligibility. The second instalment of the 1989 grant, issued at the end of October 1989, is paid when the application form is received and approved by the Ministry. Seniors who turn 65 and qualify for OAS during the latter half of 1989 will receive their applications no later than January 1990.

If you require help to complete the application, stop by my office. Lorraine and Diane will be pleased to help you.

Ontario Hydro Gets Go Ahead For Scrubbers

Ontario Hydro's plan to reduce its acid rain pollution by installing scrubbers on coal-fired generating stations has been approved, Environment Minister Jim Bradley announced recently. According to Hydro's Flue Gas Desulphurization (FGD) Program, the Crown corporation intends to bring eight scrubbers into operation at its Lambton and Nanticoke generating stations between 1994-1998. Ontario Hydro plans to use scrubbers to reduce its sulphur dioxide emissions as required by the Ministry's Countdown Acid Rain program.

The principal scrubbing methods approved involve spraying limestone or a similar material across the flue gases in the smoke stack. Limestone reacts with and captures sulphur dioxide. The most common scrubbing process uses a wet limestone mixture - a slurry - which produces a gypsum waste. This method reduces sulphur dioxide emissions by 90-95 percent.

Under the conditions of approval, if Hydro chooses a limestone slurry or another wet mixture, then the public utility must use a process which minimizes, recycles, reuses or eliminates any waste water discharge.

The scrubbing process must be designed and operated to produce commercial quality byproducts, such as cement or wallboard gypsum, instead of a waste which will have to be dumped into a landfill site.

In total, 12 conditions were placed on the use of the scrubbers. My government has again kept its promise to keep Ontario environmentally safe.

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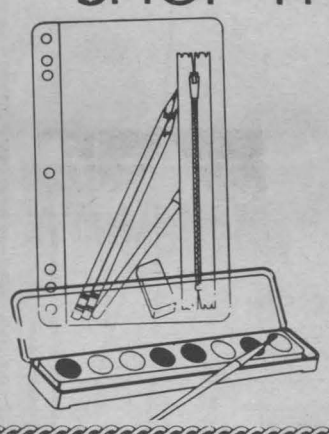

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Opening Of New Aardvark Cafe

Doing the honours at the official ribbon cutting of the new Aardvark Cafe was Ald. Denis Carr. Helping out (left to right) were Mike Gagnon, Miss Cornwall Laura Barkley, Venetia Zanella and Brian Edwardson. See next week's paper for some candid shots at the "Black and White" Opening Party. (photo by Tara)

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★ Features Of The Month

Upcoming Bestsellers
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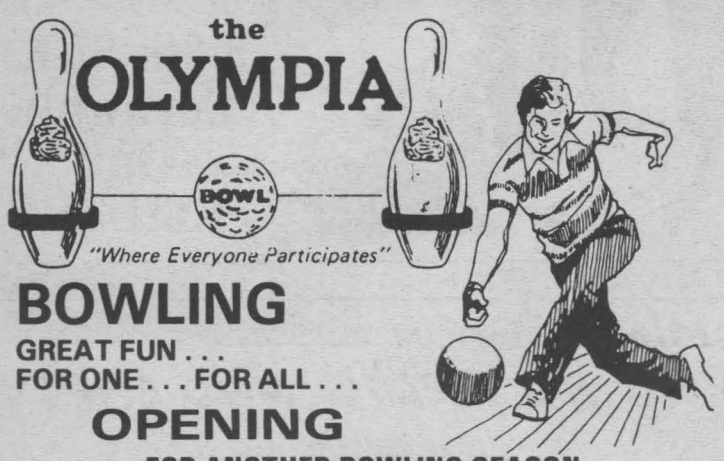

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EDITORIAL

Into The Home Stretch

As we go into the final month of the baseball season both of our Canadian teams, the Montreal Expos and the Toronto Blue Jays are in the thick of pennant races.

The Expos, after one of the worst losing streaks in their history in early August, seem to be out of their batting slump. Gallaraga and even Hubie Brooks are swinging and hitting well. Tom Foley is off the D.L. and rounding back into shape. Langston and Gross had recent shaky outings so hopefully that's out of their systems. Middle relief is still their short suit with both Hesketh and McGaffigan on the injured list. Even when both are healthy that's their main problem area. John Cadaleria, recently arrived from the Yankees, should help out here. The recent acquisition of Jim Dwyer from Minnesota should give the Expos some added bench strength. The N.L. East should go down to the last week to decide a winner.

Meanwhile in Hogtown, the Blue Jays seem to be coming together. Under Cito Gaston and the acquisition of Wilson and Mazilli from the Mets the Blue Jays have been winning like no other team.

The much maligned George Bell, while he isn't hitting the homers has hit safely in the last 19 or 20 games. He's vastly improved in the field too. Fred McGriff and Kelley Gruber have provided real punch with the bats. Junior Felix and Tony Fernandes have been tentative with the bats while playing solid defense. With Jimmy Key back on track the starting pitching looks very good. Dave Stieb has been superb. The closers Henke and Wells have returned to form and give the Jays a pair of closers as good as any other team.

It would be great if both the Jays and the Expos could win their respective pennants ... it would be even greater if one or both appeared in the World Series.

I Don't Have an Alcohol Problem...



I always stop drinking at a certain point.

Lots of people who wouldn't think of lying to others, tell themselves some pretty big lies. Especially about alcohol.

That's unfortunate, because the only way to deal with problem drinking is to be honest with yourself and seek help.

Keep up the lies or face the truth. If you have a problem with alcohol, it's the most important choice you'll ever make.

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PERSPECTIVE By Bob Roth

Another Tax: Just What We Need

If the proposed nine percent federal sales tax has managed to do nothing else, it has struck a resounding blow for national unity.

Everybody is united against it.

How many government policies have managed to unite such diverse groups as all 10 of Canada's provincial premiers, the Canadian Federation of Independent Business and the Canadian Labour Council?

Who says Mulroney isn't a nation builder?

Virtually every segment of the Canadian social spectrum thinks the tax is a bad idea.

Last month I attended the annual convention of the Association of Municipalities of Ontario and heard a packed convention hall of about 500 local councillors boo one of the chief apologists for the nine percent tax. Guest speaker Donald Blenkarn, Conservative MP for Mississauga South (Toronto) and Chairman of the House of Commons Standing Committee on Finance made a futile attempt to defend the tax.

After his speech, Blenkarn was peppered with hostile questions and statements. He lost his temper at one point when a municipal councillor suggested the government should cut spending rather than raise taxes.

If the knee-jerk were an Olympic event, Blenkarn would be a gold medal contender. He angrily shot back at the questioner by suggesting that perhaps grants going to municipalities should be cut as a cost-saving measure.

I understand he managed to get out of the building alive.

Indeed, Blenkarn was lucky to escape with boos and groans from the municipal leaders, already hard hit by provincial funding cuts. I'm not sure to what Blenkarn was referring since little federal money goes directly to municipalities. Nevertheless, the incident serves to demonstrate just how sensitive the government's spokespersons are becoming as they face mounting hostility.

This new tax deserves criticism for a number of reasons. First of all, it represents a major government intervention in the marketplace, coming from a political party that claims to be so much against "government involvement". This tax alone is expected to increase inflation 2.25 percent. That's the government's own figure. If you add to that the current inflation rate of about 5 percent, that means a total inflation rate of more than seven percent.

Now try to rationalize that policy with the policy of the Bank of Canada which is keeping interest rates high in order to keep inflation down.

The Mulroney government also claims that the nine percent tax will help domestic manufacturers because it will lower the existing 13.5 percent tax on manufactured goods, thus making our exports cheaper and more competitive on the international market. But those same exporters will now have to pay a full nine percent on such items as transportation and accounting services which were not taxed before. Also, the high interest rate policy has driven up the value of the Canadian dollar which, in turn, has made our exports more expensive on international markets.

If ever we had a case of the left hand not knowing what the right hand is doing (or not caring), this is it.

Just as significant is the government's general lack of credibility. Mulroney and Wilson say we need to cut the deficit, but there is little indication that they are willing to increase government efficiency. Remember the prison built in Mulroney's riding against the financial advice of his own civil servants? Remember the money pumped into Quebec to win votes? Remember the long list of Conservative MPs who have had to resign over fraud, breach of trust and conflict of interest charges?

What is needed in this country is not another inflationary tax; nor do we need cutbacks in legitimate government services. What we need is improved efficiency in the delivery of those services.

Mr. Blenkarn asked what we would like to see cut. A good place to start might be to cut the costly corruption, patronage and vote buying for which his government has become so renowned.

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LETTERS TO THE EDITOR

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The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcome. They may be reprinted with changes in spelling or grammatical construction.

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★**THE PARKINSON'S SELF HELP GROUP** of Cornwall will hold their first meeting on Tuesday, September 5, 1989, in the craft room, St. Joseph's Villa, 14 York Street. Dr. R. J. Riopelle, Associate of the Kingston General Hospital, who is involved in research for Parkinson's will be guest speaker. Everyone is welcome. For further information call 933-9794 or 931-1903.

★**THE CORNWALL REGIONAL ART GALLERY** is pleased to announce its upcoming exhibition "A Canadian In The Promised Land", an exhibitions of paintings and drawings of recent experiences in Israel by Susan Woolfender Hamilton. This exhibit runs from Aug. 29 to Sept. 23/89 at the Gallery. 164 Pitt St. Mall, 938-7387.

★**SEPTEMBER IS BIG BROTHERS**/Big Sister month across Canada. The Big Brother and Big Sisters of Cornwall and District is in need of more Big Brother and Big Sister volunteers to match the 32 children on the waiting list. The agency is looking for caring, responsible adults 19 years of age and older who will volunteer 3-4 hours each week as a friend to a child in need. For more information, please call the Big Brothers and Big Sisters of Cornwall and District. 933-8035.

★**THE LUNG ASSOCIATION** fall programs: Sept. 11, Asthma air force program begins; Sept. 12, board meeting; Sept. 14, senior's moonlight stroll; Sept. 19, storp smoking program begins; Sept. 20, Asthma support group begins; Sept. 20, "Lungs are for Life" school program beings; Sept. 27, gym and swim program begins. The asthma air force program runs four consecutive Mondays, two hours each night. Monthly board meetings are held the second Tuesday each month. For more information call 932-4999 or write 101 Sydney St., Cornwall, Ont. K6H 3H1.

★**GLEN STOR DUN LODGE** — Pastoral care volunteer needed to take our residents to and from our weekly church services held in the chapel. Time commitment: Thursdays, 10-11:30 a.m. GLEN STOR DUN LODGE — Friendly visitors needed to visit with our residents on a weekly basis. Interested please call Linda Geisel at 933-3384, (8 a.m.-4 p.m.)

★**SPOKES & MAGS** 2nd Annual Children's Wish Foundation "Poker Run". Sat., Sept. 9th. Starting time: 8:30 a.m. to 10:30 a.m. at Fifth Wheel parking lot. Registration fee: $20.00 per ride; $15.00/passenger.

★**CHURCH OF GOOD SHEPHERD** 1989 — Marlborough and First St. are having a lawn sale on Sept. 16/89 from 10 a.m.-3 p.m.

★ **THE TERRY FOX RUN,** on Sunday Sept. 17, 1989. Canadians across the country will join together to run, walk, jog, bike, wheel or ride the Terry Fox Run. You can participate at the Civic Complex Run which is open from 8pm - 2pm. Make this year's run twice the success, bring a friend and double the victory. For more information contact Bob Nicholls 537-8419.

★**COMMITTEE CONTACTS** are currently looking for people who are interested in providing activities, leisure time & friendly visits, to individuals residing at Woodland Villa, Long Sault, Ont. If interested in becoming a volunteer, please contact, Christine...534-2533.

★**THE BROWNHOUSE CIRCLE** will hold its monthly meeting on Wed. Sept. 6 at 12:30. Lunch will be served. Remember to bring your newspapers for recycling. Everyone welcome. Cards will be played after the meeting.

★ **THE CENTENNIAL CHOIR** is looking forward to an enthusiastic season because of a bright, new conductor, Mr. Peter Willsher. Mr. Willsher is a freelance composer, conductor and musician recently immigrated from England.
The Centennial Choir is very pleased to welcome Mr. Willsher to Cornwall

★ **THE SEAWAY SENIOR CITIZENS CLUB 1201** presents a turkey supper with free dance, Wed. Sept. 6, 1989 at 205 Amelia St., Knights of Columbus. Supper 5:30pm - 7:00pm. Dance 8:00pm -11:00pm. Music by Stan Dionne Quintet. Tickets $5.00 advance, $5.50 at door. Everybody welcome. Tickets limited. For more information call 932-3936.

★ **CORNWALL ARTS DEVELOPMENT COMMITTEE:** first meeting of the season of the Cornwall Arts Development Committee Board of Directors will be held at 7:30 pm at the Cornwall Public Libary on Monday September 11, 1989. This is an important meeting and it is requested that all board members attend.

★ **THE SEAWAY VALLEY DOLLCRAFT GUILD** ... 10th Annual Doll Show and Sale ... United Counties Museum "The Wood House" at 731 Second St. W., Cornwall. Hand - created and collectable dolls. Thursday September 21st until Sunday September 24th from 10 am until 4:30 pm daily.

★**FATHER DENIS VAILLANCOURT** and the Parishioners of Precious Blood Parish, Glen Walter, invite you to their Annual Harvest Supper on Sunday, September 17 from 3:30 to 7:30 p.m. EVERYONE IS WELCOME!

★ **FOR THE MONTH OF SEPTEMBER** 12 prints of Pablo Picasso's will be on display at Inverarden Regency Cottage Museum daily. The series titled 'Faunes et FLore d'Antibes' capture Picasso's sense of relief of renewal after World War II. On loan from the Art Gallery of Ontario, admission to the exhibit is free. For information call 938-9585.

★ **17th CORNWALL BOY SCOUTS.** Registration of Beavers, Cubs and Scouts for 1989/90 season will take place on Tuesday September 5th, 1989 at Blessed Sacrament Church on Tollgate Road from 6:30 pm until 8:30 pm.

★ **EUCHRE SPONSORED BY EASTERN STAR REBEKAH LODGE** No. 48. Tuesday September 5th at 7:30 pm. I.O.O.F. Hall, 15 First St. W. Cash prizes, good lunch, everyone welcome.

★ **GOLDEN AGE BOWLING.** The Tuesday afternoon Olympia Golden Age Bowling League will commence Tuesday September 19, 1989 at 1:30 pm. Registration for the new season will be held on Tuesday, September 5th and 12th at Olympia Bowl, Ninth Street West. For information please call 932-1794 or 938-0268.

★ **THE OPTIMIST CLUB OF CORNWALL** is sponsoring the LOEB stores barbecue on the 2nd of September, 1989 with proceeds going to juvenile diabetes. Come out for this worthwhile cause between 11:00 am and 6:00 pm on Saturday.

★ **MEMORIAL SERVICE.** 1989 is the 100th anniversary of Woodlawn Cemetary. A Memorial Service will be held at the cemetary on Cumberland Street, September 10, 1989 at 2:30 pm. People attending the service are asked to bring their own chairs. In case of rain the service will be held at the First Baptist Church at the corner of Third and York.

★ **SEPT. 16th & 17th, UPPER CANADA VILLAGE.** Agricultural Exhibition (fall fair). A recreation of a local 1860's fall agricultural fair.

★ **WOMEN'S BOWLING.** Wed. afternoon, Sept. 6 at 1:30 pm, St. Columban's Women's Bowling League starts. If you are interested, even if you have never bowled before, give us a try. Call Mona Cameron at 933-0270 or Betty Gordon at 931-2025 for any more information.

★ **UPPER CANADA VILLAGE,** Sept. 9th & 10th. The Harvest Story - Wheat to Flour. A weekend devoted to the processing of wheat to fresh baked bread.

★ **WEEKEND FOR SEPARATED and DIVORCED PEOPLE** - conducted in English, organized by Joie De Vivre - a Catholic organization at Maison Shalom House, St. Raphaels, Ontario on October 13, 14, & 15/89. For registration forms or further information call: Carol Ann Simpson at 933-7371; Rjeanne Daigle at 933-1567 or Rev. Romeo Major at 933-5402.

★**A.B.L.E. VOLUNTEERS NEEDED.** A.B.L.E. . . . "A buddy is a learning experience", is a program offered to help fulfill the needs, for friendships and feeling a part of one's community. If you are over the age of 16 and would like to become a buddy, please contact the A.B.L.E. office for further information at 938-1702. Open from 8:00 a.m.-4:30 p.m. Hoping to hear from you soon!

★**CORNWALL FIGURE SKATING** will be holding registration on Wednesday, Sept. 6/89 at the Bob Turner 7:00 p.m.-9:00 p.m. Would all new members bring their birth certificates.

★**SEAWAY SENIOR CITIZENS** club 1201 Knights of Columbus building 205 Amelia St. every Monday bingo at 1:30 p.m. Every Tuesday Euchre 1:30 p.m. Everyone welcome.

★**FOR MEN AND WOMEN** Cornwall over 50 fitness. There will be registration at St. John's Church, 28 Second St. E. Sept. 7 & 12/89 from 2- 3 p.m. Jo Anne Iverson is the qualified instructor.

★**PARENTS PRE-SCHOOL CO-OPERATIVE** Association starts fall session Tuesday, Sept. 12/89. We are a non-profit cooperative group of parents formed to provide a play group for children under school age. Daily routine: painting, crafts, music and free play plus occassional field trips. We hold our playgroup Tuesday and Thursday mornings from 9-11 a.m. at St. John's Church Hall. 28-2nd St. All parents, mom's and dad's are welcome. If interested, please call Sylvia at 932-5872.

★**LE PERE DENIS VAILLANCOURT** et les paroissiens de la Paroisse du Precieux-Sang a Glen Walter, vous invitent a leur souper paroissial dimanche le 17 septembre de 15:30 a 19:30. Bievnenue a tous!

★**OCTOPEDES SQUARE DANCE CLUB,** Ingleside, Ont. Fun night -all welcome. Learn to dance. Monday Sept. 11/89. At Rothwell Public School. From 7:45 p.m.-10:45 p.m. It's free.

★**THE CORNWALL MAJORETTE SCHOOL** is presently holding fall registration. The school is under the direction of Wendy Woods. Students accepted from 4 years of age. For more information call 938-7947 or 933-6571.

★**SEASON-BOWLING '89-'90.** Club mix needs bowlers. If interested come to St. Columbans for 1:15 p.m. Monday or Tuesday. Tuesday Sept. 5/89 & Monday Sept. 11/89. Everyone welcome.

★**LA COOPERATIVE DES PETITS** de Cornwall invite parents et enfants d'age prescolaire a creer de nouvelles amities. Chaque semaine nous vous offrons: -matinee -recontre -salle de jeux equipee -animation pour enfants -service d'entraide -cafe -jus. Pour information, contactez le 938-0836.

★**TOPS CLUB...**Take off pounds sensibly. Membership now open. Meeting Wed. nights. Bob Turner Memorial Centre from 6 p.m. - 7 p.m. For information call 933-2070.

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BACK TO NATURE

Pick a trail, any trail, and you're off on an invigorating adventure in the woods & wetlands at the Upper Canada Migratory Bird Sanctuary. The trails and walkways are well groomed and you'll find plaques here and there to inform and educate about the eco-system. Dalton and Lois Brocksteader of Chesterville enjoyed the picturesque wetlands (left). Robbie Murphy was well prepared for bird & nature watching with his binoculars on his outing with mom & dad, Francine & Lorenzo (above centre). Caught snacking on a pine nut was this perky chipmunk (upper right). With walking sticks for everyone, the Green family, Nancy, Carlye, Jessye and Mathew took in the Song Bird Trail (bottom).

(photos by Tara)

United Way of Cornwall & District

Mr. Denis Empringham, the campaign Chairman for the 1989 campaign is pleased to announce the appointment of Lee Cassidy as Chairman of the Tourism Division for the forthcoming campaign.



This division includes the following: restaurants, hotels, motels, attractions, camping grounds.

This is Lee's first year with the campaign team. She was born and raised in Cornwall and has dedicated much of her time to the benefit of her community. Most recently, she has worked for the Seaway Valley Tourist Council as Manager of the Job Development Programs. In this capacity, Ms. Cassidy has represented our community at various Tourism Marketplace events and has shown her enthusiasm for promoting our region of Eastern Ontario. In addition to working in tourism, Ms. Cassidy worked for ten years for a financial institution as Assistant Manager of Credit and Operations.

In her leisure, Ms. Cassidy sits on the Board of Directors of the Cornwall Curling Club; canvasses for the Canadian Cancer Society; Ontario Heart Foundation; and represents the Seaway Valley Tourist Council on the St. Lawrence Remedial Action Plan Public Advisory Committee. Lee enjoys meeting people and participating in local events as well as quiet times spent reading and gardening.



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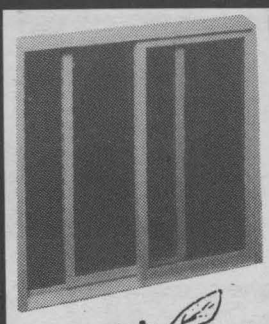

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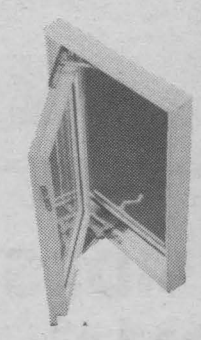

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Fall Car Care

Get a jump on winter automotive care with a complete tune-up and oil change

Now is the time to get a jump on winter by restoring life to your car's engine after the wear and tear of summer driving. A tune-up and oil change are recommended for the cold winter days ahead.

Start with motor oil, the lifeblood of your car. Oil acts as a lubricant to minimize friction between moving parts, and wear caused by oxidation, carbon formation, corrosion and foaming. It also absorbs and cushions engine parts and acts as a cooling and cleaning agent.

Kendall Superb 100 10W-30, 10W-40, or 5W-30 Gasoline Saving Motor Oil in handy FUN-L-FIL resealable one-quart plastic containers is ideal for quicker starts in colder temperatures.

Advance planning

You may want to keep a supply of oil, such as Kendall's one-gallon Dispose-A-Jug, in the trunk of your car so you can add oil when needed.

Be sure to clean the oil pan, oil screen and oil pump when changing oil. Oil filters should be replaced every other motor oil change, to allow oil to circulate easily through the engine for protection against dirt, debris and other foreign matter.

It is important that your car's coolant be strong enough to withstand cold temperatures. If your coolant appears rusty, drain and flush the cooling system, and periodically add water to maintain a proper coolant and water mix.

Inspect the radiator and radiator hose for leaks and cracks and replace the pressure cap if the rubber gasket is torn or missing. (Always make sure the engine is cool before changing oil or removing the radiator cap.)

The radiator accommodates a large volume of coolant, enabling heat to transfer from the coolant to the air.

It helps to maintain an accurate and organized car care record with an auto log that keeps track of gasoline usage and essential car parts that require regular check-ups.



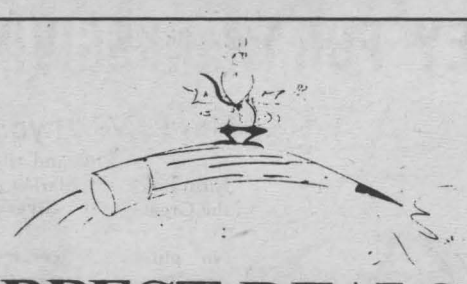
Getting set for better driving efficiency

When the going gets cold this winter, make sure your car keeps going. Get it ready now for better driving efficiency and improved economy. Start with this easy-to-follow checklist.

- *Coolant:* Be certain it is strong enough for cold temperatures. Drain and flush cooling system if coolant appears rusty. Periodically add water to maintain proper coolant and water mix.
- *Engine oil:* Truly the lifeblood of your car. Check for proper oil level by reading oil dip stick found near oil fill cap. Keeping oil level full helps your car run more efficiently. This can now be easily and cleanly done by using Kendall Superb 100 10W-30 or 10W-40 Gasoline Saving Motor Oil in handy FUN-L-FIL resealable one-quart plastic containers.

A consistently 'full' oil level adds to overall engine performance. For diesel car owners, Kendall Super DSL, the motor oil engineered for automobile diesel engines, offers complete diesel engine protection.

- *Oil change:* It should be near oil change time especially at summer's end. Changing oil regularly at every 3,500 miles helps engines run better because 90 percent of driving is stop-and-go variety, creating higher running temperatures and increased wear on the engine as well as the oil.
- *Carburetor and choke:* Clean the carburetor and reset the choke to avoid overfueling and a loss of fuel economy. A malfunctioning choke will cause difficult start-up in cold weather.
- *Battery:* Maintain proper water levels. Use a wire brush to free terminals of any acidic buildup. Carefully tighten cables to terminals.
- *Transmission and axle fluids:* Hardly ever checked. Both are crucial to vehicle life. Check levels and change at manufacturer recommended intervals.
- *Grease:* Clean wheel bearings of grease and repack with fresh, high quality wheel bearing grease to defend against water and road salt.



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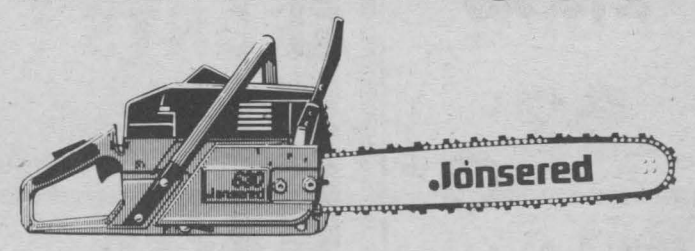

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SMALL BUSINESS HEALTH PROMOTION

THE HEALTHLINE: A STEP IN THE RIGHT DIRECTION

What is the HEALTHLINE you may ask? It is a new health information phone line for Cornwall and area employers and employees. It has been created to meet the expressed needs of the small business community. It is a free and confidential service which will enable you to learn about lifestyle issues affecting your health.

Quite often, we are not aware of the resources in the community, where to get help or who to ask. Several health concerns have been reported by small business people: poor nutrition, lack of exercise, addictions, and stress, caused by various factors in their lives, ranging from family issues to money management. The HEALTHLINE will act as a link between employees or employers and the many trained professionals in our community who are ready and available to help them. By calling the HEALTHLINE at 932-6666, you will be referred to a competent person or agency that deals with your question or problem.

Health promotion has been a long time forthcoming to small business: the HEALTHLINE is one method that the Eastern Ontario Health Unit, in cooperation with Health and Welfare Canada, will use in an attempt to reach the small business community. Many agencies in Cornwall are willing to provide the services, that you as a small business person may need, to improve upon your lifestyle and adopt new, healthy habits.

The HEALTHLINE is now operating between 8:30 a.m. and 4:30 p.m. on weekdays. Call 932-6666 if you have any health concerns. If you would like to see the HEALTHLINE established in your workplace, call and ask for Raymond Langlois. We would enjoy meeting with you.

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Include tire rotation in car care

"Let it snow," say the owners of front wheel drive cars who can enjoy plowing through winter with ease. The concentration of the engine and transmission's weight over the driving wheels greatly improves traction.

However, this feature does put a disproportionate load on the car's front tires, which not only steer and drive the car but also carry extra braking burden plus most of the weight.

Front tires may wear twice as fast as those in the rear, which is why most manufacturers emphasize the importance of periodic tire rotation (criss-crossing of tires) on front drive vehicles.

For optimum wear, says Car Care Council, tires should be rotated about every 6,000 to 8,000 miles.

Look for unusual tread wear patterns, says the Council, sometimes signalled by a thumping sound or excessive tire noise on smooth roads. Such conditions may have been caused by incorrect wheel alignment, worn suspension parts or incorrect inflation.

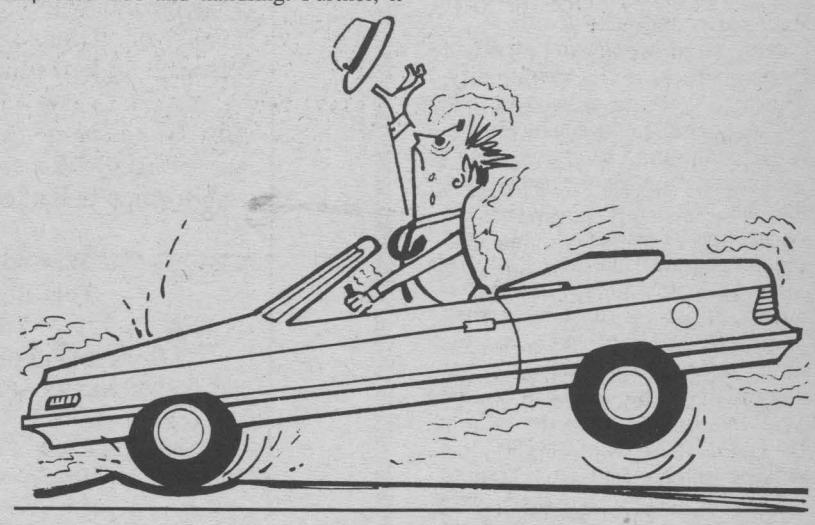
Rotating tires will help, but may camouflage the real trouble, which should be corrected in the interests not only of longer tire wear but of safe steering control.

Recommended rotation pattern on front wheel drive vehicles is to move the two front tires to the rear, same side, then the rear tires to the opposite sides on the front. The spare can be included in th rotation on cars with conventional spar tires.

If tires are wearing evenly, why not leave them be until the front (or driving) tires are worn out? There are two good reasons, says Car Care Council. First, a car handles better when tire tread patterns are evenly worn.

Also, if the tires are allowed to wear out at the same rate, the new set of tires at replacement time may be of upgraded technology, giving the car the benefit of improved ride and handling. Further, it may be possible to buy a set of four more economically than two pairs at different times.

When rotating tires, be sure to check and adjust inflation. On some cars there will be a difference between recommended inflation of front vs. rear. Also, if alignment and/or balancing has not been done in a year or so, this might be the most convenient time to do so.



Slow Warm-Up Can Harm Engine

If your car has been slow to warm up during these cold mornings, your engine may need a new thermostat. This is a temperature-actuated valve that controls the flow of cool water from the radiator to the engine. Its main function: To hold the engine temperature within specified limits, not only for maximum efficiency but also for passenger comfort.

Replacing this part is a relatively minor expense that could pay for itself in short order, says Car Care Council. A thermostat that's stuck in the open position will allow the engine to run too cold, accelerating wear on critical parts, Cold operation can create condensation water in the crankcase, causing the oil to form sludge, too.

Further a cold engine may burn 10 to 20 percent more gas than it should. A thermostat that sticks in the closed position, on the other hand, will restrict coolant flow, causing overheating and possible damage to the engine.

Another valve in the cooling system is the radiator pressure cap. This keeps the cooling system under pressure, thereby increasing the boiling point of the coolant.

When the pressure cap fails the car may overheat and coolant will be lost to the overflow tank or, on cars without the tank, to the ground.

A visual check of the pressure cap may disclose a faulty gasket or a weak spring. The best way to check this cap is with a pressure tester, designed for this purpose.



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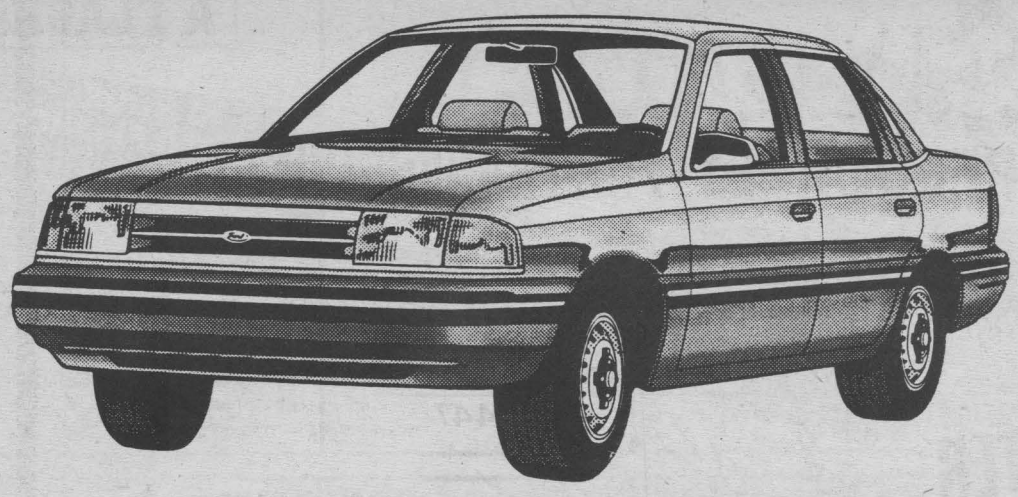

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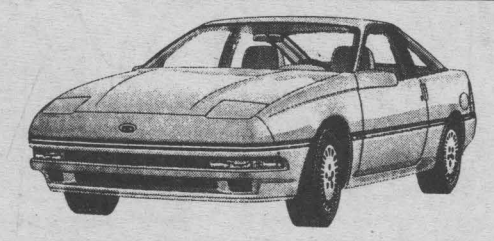

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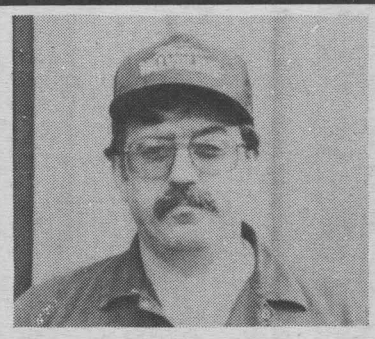

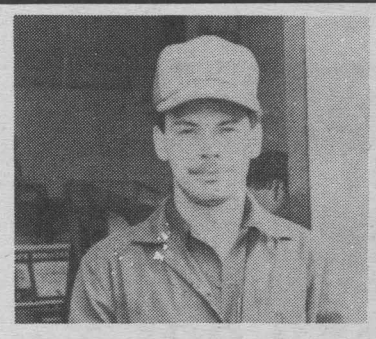

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SUCCESSFUL INDOOR GARDENING

Measuring Light Intensity

In indoor landscaping, light intensity is measured with a light meter calibrated in lumens or foot-candles (abbreviated FC). In its original meaning, a foot-candle was the amount of light that struck a surface of 1 square foot when a candle was placed 1 foot away. The following provides a few typical measurements that give some practical significance to a foot-candle to those unfamiliar with its meaning.

Full sun at noon on a clear summer day ... 10,000 FC. Full sun at noon on a cloudy summer day ... 3,000 FC. An east window on a clear summer day at 8 am ... 400 FC. A south window on a cloudy summer day at 11 am ... 900 FC. A dimly lit table in a restaurant ... 20 FC. A bright office setting ... 115 FC. A bright kitchen ... 75 FC. Light to read by ... 50 FC.

Although professional indoor landscapers use precise light intensity readings to match plant species to location, amateur horticulturists usually classify plants according to their approximate light requirement i.e. low, medium, high and very-high. The ranges given in the following table are the minimum values required to maintain plants of each category in good health for 5 years or longer when they are exposed to 12 hours a day, 7 days a week.

Low: 75 to 150 FC.
Medium: 200 FC or more.
High: 500 FC or more.
Very-high: 1000 FC or more.

In Cornwall, these values correspond rather well with average light meter readings that can be taken approximaely 1 foot (30 cm) from clean, unobstructed windows facing north (low), east (medium), west (high) and south (very-high).

Lists of plants that belong in each light requirement cateogry can be found in good houseplant books or your local plant shop. Note that plants placed in one category usually do well or better in the next highest light requirement class. The opposite is not true.

Your questions, comments or suggestions for topics to be discussed are always appreciated (English or French); send them to Renald Ayotte, Successful Indoor Gardening, Box 16, Seaway Shopping News, 8 Sixth Street East, Cornwall, Ontario K6H 2N4.

Feature Supplied by: Renald Ayotte, Ph.D. Owner, Real Plants/Les Vraies Plantes



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PLC's Winning Ways Continue

A delighted and environmentally friendly Fimke Bols of Iroquois was the winner of the home composter raffled by the Public Liaison Committee of the Stormont-Glengarry Waste Management Master Plan at the Williamstown Fair.

Mrs. Bols admits to being a dedicated compost enthusiast but says her last composter gave up the ghost this past spring. "This is the best prize of all to win," says Mrs. Bols.

Committee member Pat Ager of Bainsville, who represents Lancaster Twp. on the PLC, says the waste management booth manned by committee volunteers at the Fair was a great hit.

"It was a wonderful Fair and attendance was great. We gave out lots of information on composting and on hazardous waste in the home. And about 160 visitors to our booth filled out our questionnaires, which is a great help to the PLC."

Lancaster Township's second PLC representative Raylene Goulder of Bainsville seconds Mrs. Ager's comments. "It was a great turnout and the Fair was excellent. We met lots of interesting people at our booth who shared their experience and their concerns with us."

The PLC waste management booth makes its next appearance at the Newington Fair on Labour Day weekend. Another composter will be raffled and all are encouraged to visit the booth and pick up free information on composting, recycling, household hazardous waste and other environmental concerns. Entry in the raffle is free.

For more information contact Anne MacGillivray (613) 235-6193

How to protect plants from the big chill

Last November's sudden chill really damaged many tender and early-flowering plants.

But a few, such as roses, some perennials, a few bulbs and container plants, will need winter protection should the weather get cold all of a sudden. So, here are a few hints from the Garden Council.

Roses—Most winters, roses survive very well in many areas. One of the best ways to winterize roses is to pull peat moss, bark, sawdust or similar mulching materials up around the lower rose canes. Protect the canes to a height of approximately six to eight inches. Then, next spring, about the time you prune the roses, the mulching material can be raked away.

Surviving the cold

This material is used to protect roses—even in Spokane and throughout eastern Washington—where temperatures can get really cold during winter.

Perennials—Many common varieties of perennials are very hardy and will survive practically any typical cold winter weather west of the Cascades. However, you can provide additional protection for more tender varieties simply by covering the plants with evergreen boughs, straw, peat moss or other mulching materials. As soon as the weather moderates, the coverings can be removed.

Bulbs—Once planted in the ground, the spring-flowering bulbs will not need winter protection. However, some of the summer-flowering bulbs that have been left in the ground, such as dahlias, glads or calla lilies, might need additional winterizing during really cold weather. Mulch the planting areas with bark, sawdust, peat moss, straw or other such material.

All these bulbs need to be planted in soil that's well-drained, because the combination of wet soil and cold weather is really detrimental to them, especially over winter.

Tender plants—Any of the early-flowering or tender plants, such as rhododendrons, camellias and azaleas, may need special protection. Sometimes it's best to cover them with some type of cloth material.



Begin by placing three or four foot stakes around the plant. Next, drape burlap, old blankets or similar materials over the stakes so that the covering does not come in contact with the plant's foliage. This provides a blanket, but still allows air to circulate through and around the plants.

This fall it's very important that you check the watering needs of plants under the eaves of the house and under tall evergreens. The very dry weather in August and October has left many of these plants bone dry.

Fatal combination

The combination of dry soil and cold weather can be fatal to plants. So it may be necessary for you to water the plants in locations where they have not received adequate rainfall this summer and fall.

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Literacy Council Holds Open House On World Literacy Day

The Tri-County Literacy Council will hold an open house at their Cornwall office to mark World Literacy Day, Friday, September 8, from 10 a.m. to 8 p.m. The public is invited to attend.

The council's office is located at the corner of Pitt and Second Streets in Cornwall , above Fullerton's Drug Store.

The open house is an opportunity for prospective tutors and people seeking tutors to become familiar with the work of the council. Refreshments will be served.

Last year, the council matched about 100 people with reading difficulties throughout Stormont, Dundas and Glengarry with tutors. All tutoring is free and confidential and done on a one-on-one basis. The council conducts training sessions for new tutors every fall.

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ALLERGY SUFFERER'S GUIDE TO THE GREAT OUTDOORS

Do you suffer from sneezing, a runny nose and itchy, watery eyes when you venture into "the great outdoors?"

Chances are that you are one of 40 million people who suffer from allergies. Don't despair — being an allergy-sufferer doesn't mean that you can't spend comfortable, enjoyable time outside. With a little knowledge and planning, the great outdoors can be yours to explore and enjoy.

Myths and facts about allergies

Here are some common myths about allergies . . . and hard facts from Nasalcrom® and Opticrom® Allergy Information Center:

Myth: Pollen from brightly-coloured flowers is as allergy-aggravating as pollen from ordinary plants.

Fact: Allergies are caused mostly by light, wind-born pollen from trees, grasses and weeds. Don't worry about the colourful, scented flowers like goldenrod, whose pollen is too heavy and sticky to be carried by the wind.

Myth: Pollen from grasses is the highest cause of allergies.

Fact: Ragweed pollen causes the most allergies, followed by various grass and tree pollens. As a general rule, trees pollinate in the spring, grasses in the summer and ragweed from August to October.

Myth: Pollen counts are highest after rainfall.

Fact: Pollen counts are highest on warm, sunny days and lowest on cool, cloudy days or after a rainfall. Most radio stations warn of high pollen count days.

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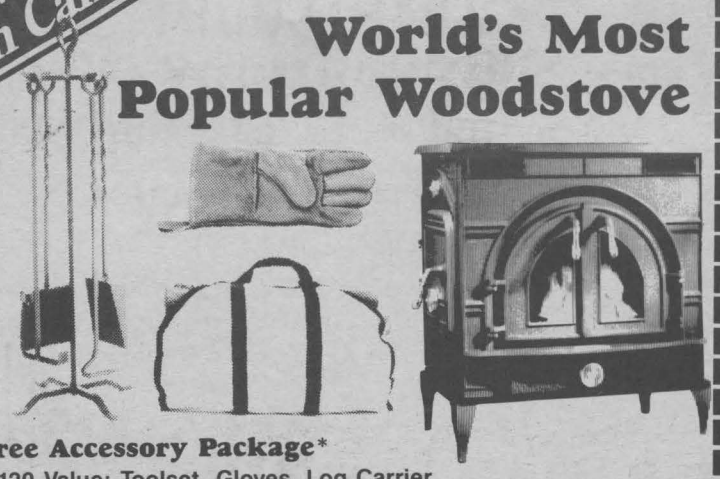

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Series "H"
Friday Aug. 18
G.L. Photo 2 Last Resort 6
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Last Resort 6 G.L. Photo 5
Wednesday Aug. 23
G.L. Photo 10 Last Resort 5
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Last Resort 16 G.L. Photo 3
Last Resort wins Series "H" 3 to 1

Series "I"
Friday Aug. 18
Cameron's 9 Skidders 4
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ASK DR. RUTH

BY DR. RUTH WESTHEIMER

Mr. Bigheart Loves Them Both

Q. A guy I used to go with wants me to continue having sex with him, alternating with his new girlfriend. He claims he loves both of us and wants to have sex with us both. He also thinks that someday we will seriously be together. Should I have sex with him or force him to decide — her or me?

A. OK, readers of over 100 newspapers in the U.S., Canada and around the world, what is Dr. Ruth going to say to this reader? I ask this so that thousands of you can feel smart that you passed this hard test.

Big surprise, the answer is don't have sex with him at all, especially if you believe he is having it with this other woman. If you do believe he is having sex with her, you still don't know who else is having it with him, or who else she is having it with, and you are very, very possibly in touch with a lot of people who are at risk of having every sexually transmitted disease you ever heard of. Not just AIDS but herpes and all the rest.

Now, about love. Maybe he does love both of you, but what good is that for you? What kind of a wiseguy thinks a woman is so humble and hopelessly enslaved by him that she will buy his loving both her and the other woman? I know you don't buy it, or you wouldn't be asking me about it. So what should you do? I say don't have sex with this guy at all, even if he agrees to have it only with you, which coming from him would no doubt be a lie. Tell him, "This other woman, poor thing, she loves you, she is dying to have you to herself — have sex with her. And if you can't forget me, pretend it's me when you do have sex."

Then head out and find a whole guy all for yourself.

Q. What should I do to make my man love to have sex with me and no one else? I don't know anything much about sex. I think I have done something wrong, because sometimes my man is not interested in having sex with me.

A. I have no cupboard full of of love potions. It might be fun to put things in a guy's hot chocolate to make a love slave of him, but so far as I know there is no reliable substance to use in this way.

I think you have to become more informed about sex — how to make it more pleasurable for both of you, not just for him — and also more about how individuals, both men and women, feel about having sex. Most people do want sex, do enjoy having sex, but do not always want to have it just when their partners think it would be a good idea. You ask too much of him, asking him to want it every time you do.

I think you are right to want to make your man's sex life with you good so that he enjoys it and wants to go on having it with you. But to make him want to have it only with you, like a child who wants candy but only if Mommy gives it to him, is an unrealistic dream.

If you want a real man who actually has sex only with you, look for one who can control himself, who believes in being faithful to his one woman. It is his responsibility to be faithful. No one can trick him into it. You can make his faithfulness as rewarding as possible but you can't make a faithful man with brains and principles, or at least a good sense of self-protectiveness, out of a philandering nitwit.

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SCUTTLEBUT



Question to the Cornwall Police Dept. When was the last time a ticket for illegal parking **was given to a courier vehicle?"**

Congrat's go out to Blair Bingley and continued good luck in the Gazette Baseball Draft Sweepstake. Blair was 99th on Friday out of 000's and only 109 points out of 1st place. We couldn't find D. Johnson or W. Helps on the list, so Blair's carrying Cornwall's baseball flag 'til season end.

Subway Subs to be congradulated on supplying all the food to all the police runners last week during the Ottawa to Toronto run for Special Olympics.

A special golf award should be presented to Jim Daye, Ron Johnson and George Martin for golfing at more than 30 golf courses already this summer.

A tip of the bus hat to Mike Masterman from all the folks who travelled last week to Toronto to the ball game.

Wayne Sorbee has reached 1/2 a century.

Cornwall Decor now moved over to 1 South Branch Road. Stop in and say hello.

Helmut Kolbinger now celebrating 25 years in the computer industry.

Bill Snelgrove walking around with a sore arm. Too much ball or too much elbow bending?

Happy Birthday to Lee Nicholls.

What a series Huron Hockey School and R.L. Distributors are putting on for the Seaway Slo-Pitch "A" Championship. If you are looking for an hour's entertainment then 6:15 Wednesday evening at the Optimist Park is the place to be. Ray-Co Team Sports are leading their series 2-0 against Johnny Mac's and are now on a 13 game winning streak. Good luck to all the teams.

The little girl played at her first piano recital. She performed so well the audience called for an encore. When she returned home, her father asked, "How did you do at the recital?" "Oh," she said, "I thought I did all right, but the audience made me play it over."

Bravo & many thanks to Blair Munro on a job very well done co-ordinating the Cornwall Township minor softball league through a great season. All your work much appreciated Blair, by all participants & parents.

Wedding bells for Deborah Heagle & Mark Villeneuve on Sept. 2nd...much happiness!!

Happy 30th Birthday to Nancy Hallberg from Bainsville. Nancy would like a "Chuckie" Doll for her birthday.

Happy Wedding Anniversay to Mary-Jane & Bob Proulx.



If you're a pedestrian on Anderson Drive . . . BE AWARE particularly of garbage trucks on the sidewalk.

DROP IN AND SEE

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We hear Lt. Claude Dupuis of the Fire Dept. is moving on to bigger & better things at Gravenhurst Fire College. Good luck "Red".



"Dodgers" are the Cornwall Township minor softball playoff intermediate champs by going undefeated in playoff rounds. The players names are from bottom row - left to right -Patrice Barque, Roger Valliant, Stephen Dixon, Kevin Amelotte, Elise Desrosiers, Carolyn Valade. Back row - left to right - coach Lynn Barr, Daniel Legros, Yvan Desrosiers, Pascal Constantineau, Shawn Van Diepan, Ronnie Forgues, Shawn King, Candace Morrissette, Ass't Coach Chuck Morrissette.

Cake, jokes, balloons, and those pink birds, called "Flamingoes", was the entertainment Thursday evening at the Travelodge. Frank Edwards did so well with his joke routine, that everyone invited him back. And of course, the cake was served by the hostess with the mostest Heather. The Birthday Girl was of course "Marie Putz". Happy Birthday from all the gang.

Petrocan announces it's going to eliminate 1000-1200 positions or some 16% of its labour force . . . mostly head office admin. types. Does that give you an uneasy feeling about their efficiency over the past few years? Rumour has it they're cleaning house making ready to sell it back to us.

Raymond Langlois is in charge a new program at the Eastern Ontario Health Unit called Small Business Health Promotion. Good luck Raymond.

Hey! Students your night is Wednesday, 'cause at Mexicali **Rosa's you'll get 10% off your** food bill — just show your student card..

Our crystal ball tells all! . . . This year's Psychic Fair will be more entertaining then ever . . . Don't miss it. Sept. 8-9-10 at the Civic Complex.

September 7 brings up a few birthdays so far as we know . . . Richard Gervais, David Roy, Roseanne Milad, Dave Ross. Just to name a few.

Edgewater Restaurant opening soon under new management and new decor. We understand they are offering Mexican specialties.

Malcolm McD, you "Sweetie Pie" when was the last time you heard yourself referred to as a "beautiful piece of meat?"

Quote of the week by Arnold Steinberg "One of the reasons this company did badly was nepotism . . . there was too much reliance on family rather than competence."

Talking about lawyers . . . did you see both Peter McDerby and Bill Duncan in the Cornwall Dining Guide. Talk about male models. Also in same place, looks like Marc Boileau sitting in a dark corner.

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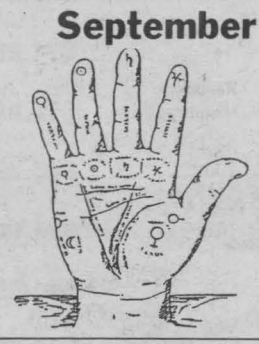
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CANADIAN BUSINESS

By Jack McArthur

There really is a major difference between a bear market and crash

What's a crash? What's a bear market?

How badly do stock markets have to perform to deserve those fearsome labels?

We'd better get the rough definitions straight in our minds. Some gloomy analysts now mention either or both of these market tragedies as possibilities for the near future. They assume markets will rise to excessive highs within the next few months, then suffer the slump that naturally follows.

Optimist view

The optimists say that sell-off will only be a normal correction. No problem, unless we panic.

At this presumably late stage of a market up-cycle, the danger is that misguided definitions of a crash or a bear will lead to misguided reactions to a weakening market.

They might be panicky when panic isn't justified. That could deepen stock losses and spread damage to the economy, jobs and incomes.

The first thing to know is that a crash and a bear market don't necessarily go together. We've had a good many crashes that didn't signal the longer-term weakness of the bear.

For example: Both the horror of October, '87, and the March Massacre of '80. At their worst, each ripped more than 20 per cent from Canadian stock market values.

Neither proved to be part of a bear market. In fact, for all of '80 the Toronto market won a powerful 25 per cent. It was one of the 10 best calendar years since World War II.

But it was quickly followed by one of the worst bears in recent times, the year-long 44 per cent collapse of 1981-82. The worst month in that period had a loss of 13 per cent.

A bear generally has to be at least six months long, with a loss of more than 20 or 25 per cent, to merit the name.

A crash might be something worse than 10 per cent in a relatively few days.

Such instant losses-on-paper can provoke runaway, sell-em-all dismay, even among supposedly sophisticated investors.

The resulting waves of knee-jerk selling can turn what should otherwise be a normal, semi-moderate slump in share prices into something much worse; something not justified by any sensible analysis.

That was the case in the crash of '87. In retrospect, that was financial stupidity of the highest order. In a few hours of bedlam, it took down the Toronto, Montreal and New York markets by around one-fifth.

That's a lesson to be learned: A big, fast drop, no matter how awful, can prove to be a mere hiccup. The good times often roll again almost immediately.

They did after the '87 crash because of a combination of things: Good luck, good national policies, a feeling of widespread general affluence even after the market bust, and one more thing: Unbelievably strong nerves in a population which, after the initial chaos, ignored the warnings of bad things sure to come.

Looking at changes for a full month, that October had a loss of more than 22 per cent in the Toronto market.

It may be the second-worst for Canada, ranking behind a bad month shortly after the beginning of Word War II. It compares with a loss of 18 per cent in the March Massacre calendar month in '80.

The uptrend since '87 has been fairly steady, bringing Toronto's main index of prices within spitting distance of the record high reached two months before the crash.

As for bear markets, they hurt a lot because they're longer by definition and associated with bad times generally. They help cause distress in the broader economy but, more importantly, are a result of that distress. It's a chicken-and-egg relationship.

Foretold recession

The truly ferocious bear of '81-82 at first foretold and then reflected an economic recession which was the worst in half a century.

Improbably, however, all the Canadian market's loss — of almost half its value — was recovered in less than a year. And that foretold and then reflected the beginning of a long, strong economic expansion now losing steam.

Yes, yes. The all-time record bear born with the crash of 1929 stuck around for three years and riddled major Canadian and U.S. stock price indexes by more than 80 per cent.

It was accompanied by a shrinking shambles of an economy, of which it was only one of the destroyers.

The minority of analysts now predicting a bear market (possibly beginning with a crash) also expects economies that will be drearily recession-prone for some years.

But a bear market is not forecast by many who nevertheless think a crash is possible. They suggest that any crash will be a one-shot thing not followed by lengthy market weakness, and not accompanied by any economic sickness worse than a mild recession.

Footnote: Amid the terrors of the '87 crash, U.S. President Ronald Reagan referred complacently to the monster as a "correction." And smiled.

This business-as-usual label for the worst day in U.S. market history drew sneers all 'round. It was seen as the ultimate example of the president's undoubtedly great depths of ignorance about business and economics.

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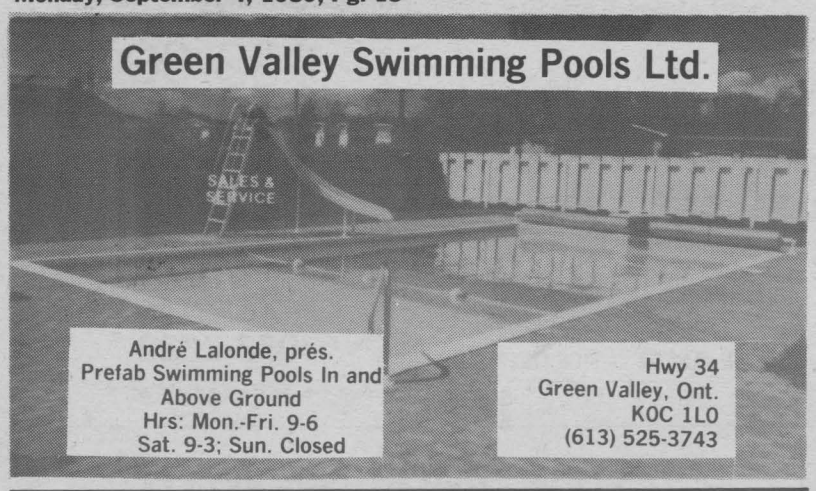

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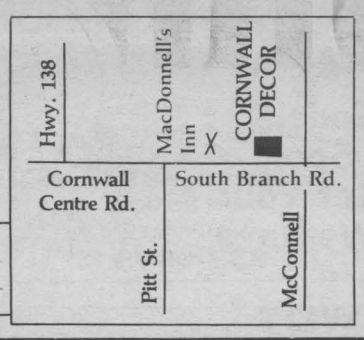

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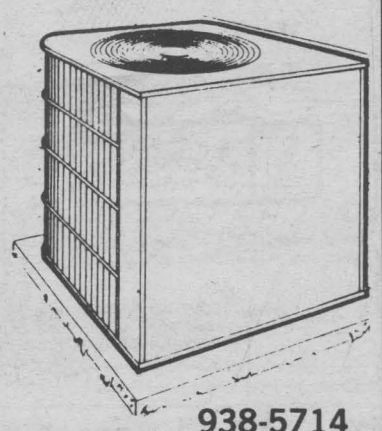

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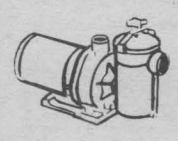

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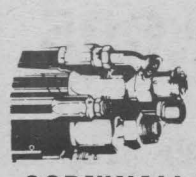

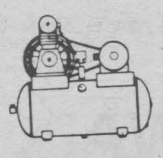

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HOME WORKSHOP

By Larry Eisinger



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If you are building a deck — and millions of homeowners are — when bolting a floor joist or beam to the vertical 4x4 post you have two challenges that can at times be trying, especially if you do not have a helper. As an example, when positioning a joist or beam on a post before it is drilled for a bolt (never use nails for this assembly) you must slide the beam up or down until it is level before clamping it in place and drilling through the beam and post to accommodate a carriage bolt. The strap-on level illustrated (Figure 1) eliminates a helper — merely wrap the level around the beam and, once the bubble indicates the beam is level (or vertical as the case may be), secure the C-clamp and proceed to drill the hole for a bolt. To hold the level on the beam, two separate 18-inch strips of Velcro are provided; set the level in place, wrap the Velcro around the lumber and anchor the loose ends into the Velcro pads built into the base of the level. Another plus this level has built in is the color — a brilliant orange so it is easy to spot. From Halskist and available at many leading home centers for about $6. Or write them direct at 4 Liberty St., Poughkeepsie, N.Y. 12601.

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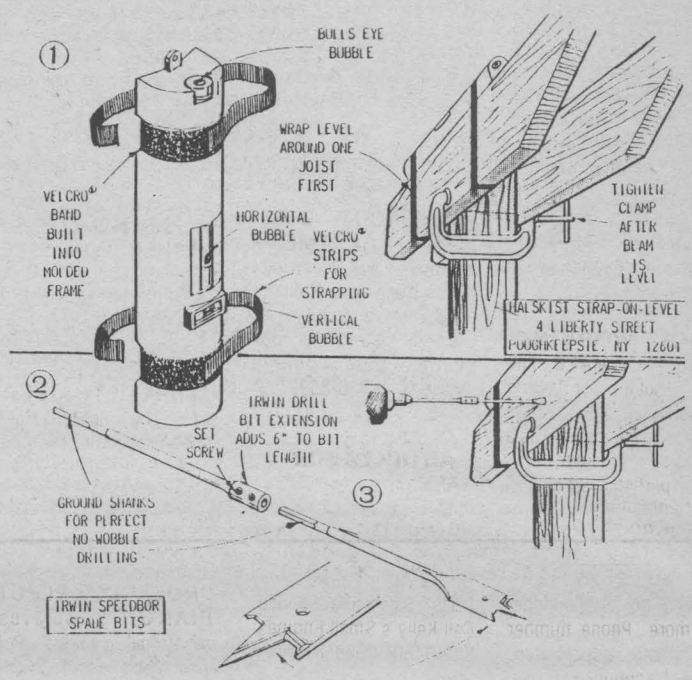

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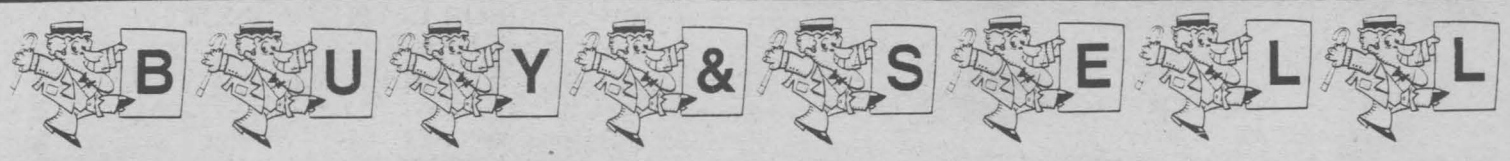

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8/28/05

2-DRESSERS, metal & brass tea cart, T.V.-VCR cabinet, small organ, radio w/cass. player. Apply anytime, 751 Montcalm Crt.

MOVING ... solid maple dining set, 6 chairs, hutch. Elite window blinds ... 1-85"x90", 4-49"x60", almost new. G.E. dual wave 1.5 microwave. Custom made dble. bed spread w/shams & curtains. Antique dresser & wicker hall table. Other items. Call 933-1513.
9/11/5

HAMMOND ORGAN w/Leslie speaker. Can be seen by appointment. Call 932-2309.
9/11/05

CHROME CHANDELIER, 4 bulb, $30 or B.O. 933-4586.
9/4/05

1975 KAWASAKI 500 motorcycle, $750. Flat bed for 1/2 ton truck, $450. Sectional sofa w/matching rocker, $350. Wringer washer, $75. Dble. laundry tub, new $45. Call 931-2003.
9/4/05

GERARD'S USED FURNITURE and Appliances. We buy, sell & trade. Pick up/no charge. 28 Bedford St., Mon.-Fri., 9-5; Sat. 9-12. 938-1020.
9/04x/05

USED LAWN-BOY with new engine. 2-yrs. warranty. Buy now, warranty to start in May/90. Financing available. Apply Kelly's Small Engine. Open 7 days. 932-9450.
9/4/05

5-ARTICLES FOR SALE

SCRATCHES, DENTS on desk tops, tables? Protect with clear or bronze Plexiglass. Cut any shape. Plastics of Ottawa, 216 Pretoria, 235-1465.
9/4/05

60 GAL. ELECT. hot water tank. Like new, $135. Call 933-5994.
9/4/5

KENMORE DISHWASHER for sale. Reasonable price. 933-3080.
9/4/5

AKAR'S USED APPLIANCE. Guaranteed used appliances & furniture. Pick up at no charge. 938-1355, St. Andrews.
8/14/05

WESTINGHOUSE WASHER FOR SALE. In good condition asking $75.00. Call before 1:30 p.m. 933-5338.
9/4/05

UTILITY TRAILER, wired with lights, 7/8" ball...$350. In excellent condition. Apply Kelly's Small Engine. Open 7 days. 932-9450.
9/4/05

"ROLAND" ELECT. PIANO, 5 octaves, w/internal speakers. Portable micro cass. recorder. Answering machine. Dehumidifier. Manual typewriter. (613)525-2656
9/4/5

FOR SALE DENON DCD-1500 MK1 reference class compact disc player with rosewood panels. Mint condition, paid $1,100. Will sacrifice for $699. Firm. Call 933-3111 ask for Louis
9/4/5

LANCASTER FLEA MARKET. Hwy. 2, 1 mile west of South Lancaster. Open Sundays, rain or shine. New & used furniture, camping equipment, tools etc. Dealers welcome. Have your garage sale with us. 347-3468.
5/1/05

PORTABLE AUTOMATIC G.E. washer for sale. $200. or B.O. Call 931-1173.
9/4/05

YAMAHA PSR 32 KEYBOARD. 2 yrs. old. Stand. Excellent condition. Asking $450. Phone 938-3394.
9/4/05

FRIDGE, STOVE, ladder, shingles, doors, etc. at give-away prices. Good condition. 932-2135.
9/4/05

CLOTHES CLOSET, vinyl. Bathroom sink (pink) w/tap & pipe. Apply 516 St. Felix.
9/4/05

KITCHEN STOVE, table w/4 chairs, sewing machine, rocker, man's bike. Also cash register, show cases, counters, steel shelves. 938-3458 (Bus.), 534-8340 (Res.)
9/4/05

5-ARTICLES FOR SALE

KELLY'S SMALL ENGINES. Open 7 days a week. Guaranteed work. Fair prices. 932-9450.
6/5/05

I BUY, SELL & TRADE hockey cards and hockey collectibles from 1910-1970. I pay top price. Call 938-1144.
9/14/05

CHESTERFIELD, $25.00, rocking chair, $25.00. 19" Black and white T.V. in good condition. $25.00. 14" T.V. as new $20.00. 12 bags of Portland cement, $4.00 each. Call 534-2573.
9/4/05

WESTERN SADDLE, complete 3-pc. set. Asking $350. Call 534-8811.
9/4/05

LADIES' GREY Persian lamb coat and hat size 14, $150. Queen size blue brocade bedspread & drapes, $125. 54" Gold bedspread & short drapes, $65.00. White bathroom sink $20.00. Bike (for 8-yr. old), $20.00. Call 932-3936.
9/4/05

FOR SALE - BOUDOIR PIANO, asking $500. Large desk w/arborite top $75 or b.o. Call 932-6111 after 5 p.m.
ssnmjx

CINNAMON BROWN SOFA BED and one dark brown sofa and matching chair, both velvet, very good condition. One roll-away folding bed. Please call 932-6147 for details.
9/11/05

THE PERFECT WEDDING & SHOWER GIFTS. Hand-embroidered, white cotton, pillow cases at $9.95/pr. White cotton guest towels at $4.00 ea. A fine selection of lace placemats & tablecloths. Also, we are the Exclusive Agent for "Folkart" by R. Goyer. Jenny William, 14 Main St., Alexandria, Ont. (613)525-4226.
5/8x/05

STATUES. St. Theresa & Sacred Heart, $20.00 each. Girl Guide uniform size 9-10, $20.00. 3-prs. drapes, 72" long, green, beige, gold, $20.00 a pr. Long white net curtains, $20.00. 2 dressers, 1 with mirror, $50.00 ea. 54" steel bed, $50.00. 54" Green chenille bed spread, $20.00. Call 932-3936.
9/4/05

COLOUR TV's $99. & up, big or small — we guarantee them all! Also reconditioned appliances. Akar's Used Appliance & Furniture, St. Andrew's. 938-1355.
9/18/05

RESTAURANT EQUIPMENT. Garland natural gas industrial stove (6 burners, hot plate & two ovens.) Silesia miracle plate (mini hot plate). TWS automatic sandwich wrapper. Vegetable wrapper w/sealing plate. Stainless steel double basin sink. Overhead fan & hood unit. Call 932-2047 for more information, Marc.
9/4/05

5-ARTICLES FOR SALE

LANOUE'S USED FURNITURE. Visit us at our new location. 3469 St. Andrews Rd. We buy & sell. Call 938-9794.

BERGERON FURNITURE. 39" box & mattress set, reg. $259 for $169/set. 54" box & mattress, reg $289, for $179/set. 1005 First St. East. 932-2214.
6/5x/05

ATTENTION BODY SHOPS. Used body panels 1980 Malibu l.f. fender $65.00. 1986 Ford Box damage r. rear $350, 1986 Aerostar hood $160, 1986 Mazda truck l. door $100, 1982 Omega l.f. fender $65.00, 1984 Cutlass r.f. fender $80.00, 1983 J6000 complete chassis & exterior panels, 1982 Celica r. & l. fender $50.00. Call Mike's Automobile 534-2920 or 938-1458 after 7 pm.
5/1x/05

REFRIGERATOR, STOVE & FREEZER. Many ~~SOLD~~ miscellaneous articles for sale. Call 933-0120.

5-ARTICLES FOR SALE

FRESH MEAT SHOWCASES. One 12 ft., one 8 ft., 4-deck frozen food showcase. 347-2288 or 347-3866 after 6 pm.
8/28x/05

11/38 "LAWNFLITE" riding lawn mower. Fair condition, $950. Apply KELLY'S SMALL ENGINES. Headline Road, West. Open 9a.m. to 9p.m. 932-9450
8/ 7/ 05

WEDDING DRESS. Headpiece & crinoline for sale. If interested call 938-4776 or 932-5364.
7/10x/05

USED BUT NOT ABUSED! Audio equipment, tape decks, receivers, tuners etc. J & B DISC BREAK. 937-DISC.
5/22x/05

SLIPPERS FOR SALE ... Ladies ... $3.50 ... Men ... $3.75. Apply 836 York St. (upstairs) front door or call after 6 pm ... 932-9438.

5-ARTICLES FOR SALE

ELECTRONIC CASH REGISTER, 20 depts, expandable. Berkel 15, kilo electronic scale w/pre-set price. Taylor soft ice-cream machine. Call Reina at 938-8100.

6-ARTICLES WANTED

WANTED-WILL PAY UP TO $25 for used Nintendo cartridges (Paperboy, Super Mario 2, etc). 938-1377 or 938-7267.
9/11/06

WANTED - USED TIG WELDING machine wired for 220 volts also acces., torch, foot control etc. 931-2645.
9/4/06

6-ARTICLES WANTED

WANTED: WWI & WWII GERMAN MEDALS, badges, daggers, swords, etc. 932-5185.
5/15x/06

9-AUTOS FOR SALE

1978 T-BIRD, 351 mot. 1975 Ford van, 351 mot. 1969 Sprint, 350 Ford mot. 1974 4x4 GMC, 350 mot. 1979 Pontiac Phoenix.1979 Mercury Marquis. All reasonably priced. 933-4013 for more information.
8/14/09

1987 FORD RANGER, stnd., red, 30,000 kms. Asking $7,000 or b.o. Call 936-0260 between 5-7 p.m.
8/14x/09

—WANTED—
Lead Soldiers
Britains Ltd. (Preferred)
Phone 933-4835
11 a.m. to 9 p.m.

HURRY UP!

The 1990 Models Are Coming Soon. Come And Get Your 89's While We Have Some. We Are Offering:

***FREE* Air Conditioning**
Pop Up Sun Roof
AM/FM Stereo Cassette

SEE DEALER FOR DETAILS



USED CAR SPECIALS



1987 Honda Civic 4WD Wagon
17,000 Km, Demonstrator, Full 5 Year 80,000 Km Warranty Available
$4,000 DISCOUNT



1987 Mazda 626 4 dr. Sedan, 5 spd. ONLY $10,995

1987 Mazda 626 4 dr. Sedan, auto, air. ONLY $11,995

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933-7558

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Give Me A Call



MICHAEL J. STILES
Sales Consultant For All Your Transportation Needs
CORNWALL MOTOR SALES
Brookdale & 401
933-0671

9-AUTOS FOR SALE

1980 FORD MERC. Zephyr station wagon. 6-cyl., ps/pb, auto. transm. No. rust. Good running condition. $1150. certified. 527-2886.
9/4/09

1970 MUSTANG "Fastback". $20,000. invested. Many extras. Boss 302 parts, transmissions & differentials. Asking $10,000. or B.O. 933-3883.
9/4/09

1980 CHRYSLER SEDAN, radio, tape deck, 318 motor. Drive it away, as is, $795. Sterling Myers, Avonmore, 346-5523.
9/4/09

1979 LTD. WAGON. Running order. As is. $500. firm. Call 537-2933.
9/4/09

1979 BUICK LE SABRE LTD. One owner. Excellent condition. Michelin tires, a/c, trailer hitch & wiring, tinted windows. Cream colour. 933-1568.

9-AUTOS FOR SALE

1987 PONTIAC GRAND AM, 2-dr., coupe, manual 5 spd., 4 cyl., 2.0 litre engine. Excellent condition. Extended warranty. 61,000 kms. Asking $9,900. Call Paul 932-4390.
9/4/09

1984 MAZDA PICK-UP automatic, w/Mazda cap. Certified. Asking $5,600. For more information call L.F. Auto Sales 933-1315.
8/28/09

1975 INTERNATIONAL 1/2 to p/u w/truck cap. Good condition. Also geese decoys. Apply 911 Guy St. 932-6010
9/4/9

1968 CHEVELLE convertible, for restoration, with all parts. 1978 Camero, for parts. Price negotiable. Call 537-2548.
9/4/09

1980 FORD CARPI 6 cyl., 4 spd., P/S, P/B, $1,200. Apply to 421 Danis St., or call 933-2709.
9/4/09

1979 PONTIAC ACADIAN. For sale in fairly good shape. Asking $550 "firm". Call mornings 933-2542.
9/4/09

1985 MUSTANG LX, red, 5.0 L EFI. 4-spd., auto., factory sunroof, am/fm cass., tinted windows. 76,000 km. Asking $8,000 or b.o. Safetied. After 6 p.m. 347-3816.
9/4/09

1976 PONTIAC LEMANS ... new tires, no rust, safetied $700. 1983 Chev. Cavalier $2,800. Must be seen. 511 Amelia St.
9/4/09

9-AUTOS FOR SALE

1983 HONDA ACCORD LX. Excellent condition. Call 932-2949.
9/4/09

HALF TON TRUCK for sale. 932-3780.
9/4x/09

1984 PONY HYUNDAI... excellent condition. New paint & undercoating. Safetied. $2,300. Call 932-6540.
9/4/09

GRAVEL MOTORS, 407 Guy St. 1986 GMC p/u, S-15, 4 cyl., 5 spd.; 1980 Monte Carlo; 1984 Z-28; 1982 Honda Civic, 4 dr., auto. Call 932-4211 or 932-4850 (after 5 pm, or "Come on down for a look" at 407 Guy St. Prices negotiable.
9/4/09

1983 CAVALIER. 3 dr., auto., new exhaust & shocks, sunroof, am/fm cass. Must be seen. After 4 pm, 937-0734.
9/11/09

1976 CHEV. NOVA for sale. In fair running condition. $300 as is. (Needs brakes). Phone after 7 pm, 984-2274.
9/11/9

REBUILT 151 GM ENGINE. Also, wanted, all new parts needed to rebuild one. Also wanted, 1980 Mustang parts. 938-1377 or 938-7267.
9/11/09

16-ANTIQUES

ANTIQUES!
Buying or Selling
JOHNSON'S ANTIQUES
Between Cornwall & St. Andrews on Hwy. 138
932-0766

R. McLAUGHLIN ANTIQUES, hwy. 34, 1/2 mile north of Lancaster village. Reasonably priced antiques. Reproduction furniture, used home furnishings & appliances. Open Mon.-Sat. 9 am - 6 pm. We also buy. 347-3468.
9/11/16

17-HOME SERVICES

M & M SMALL APPLIANCE REPAIR. On all small appliances ...razors, blenders, toasters. 137 Pitt St. Mall. Call 932-3662 or 931-1055.

MAN WITH TRUCK FOR HIRE. Reasonable rates. Expedient service. Call 933-0026.
8/28/49

POST-HOLE DIGGING. B.I.T. Ent. 932-1774.
5/8x/17

"THE PAINT CAN" Experienced painters doing quality work. Guaranteed. 938-9625.

WALLPAPER & TILE specialist. Interior painting and repairs. Decorator bathrooms at a reasonable price with Paul. 933-2542 mornings.
9/18/17

GERALD MENARD RENOVATIONS. Interior & exterior painting. Roofing. Fencing. Patio decks. Doors & windows. Flooring. Interior finishing work, etc. Free estimates. 933-7028.
9/25/17

FOOT CARE - (by a R.N.)-Callus -Corns -Nails. By appt. 932-8450.

18-EMPLOYMENT WANTED

MOM WILL BABYSIT children in her home. 1 yr. & up. Weekdays. North East of Martintown, just off Chapel Rd. $70.00 per week, meals included. Please call 528-4234.
9/4/17

LOVING MOTHER OF ONE wishes to give the same love & care to your children. Safe, country atmosphere with organized activities. Between Apple Hill and Monkland. Call Cathy, 527-3379.
9/4/17

20-FARMERS MARKETS

DRY HARDWOOD for sale. Also cedar posts. Call 932-7630.
9/25/20

TWO UTILITY TRAILERS, one 5x8 & one 6x12. Two Ford 8N tractors. Very good condition. After 5 pm, 932-1876.
9/11/20

CEDAR FENCE POSTS. Goat kids, fire wood, cedar kindlin for sale. Call after 7 pm, 538-2307.
9/25/20

STRAW FOR SALE. Phone 534-2664.
9/4/20

GOOD QUALITY HAY FOR SALE. Call 932-7630.
ssnmj

27-GARAGES

WANTED: HEATED GARAGE for 1 car for winter storage. Reasonable rate .... Call 932-0037.
9/4/27

29-GARDENS & NURSERIES

CEDAR FENCE POSTS. Clothesline poles, rails (2x6x8 and 4x4x8). Cedar D-4S also fireplace wood (hardwood) Call 938-6025.
9/25/29

30-GUNS

L & M GUNS REG'D. Firearms bought, sold, traded & repaired. Top quality outdoor cold weather clothing & footwear. Your Browning Dealer for the United Counties. RR 1, Cornwall. Tyotown Rd. between Boundary & Purcell Rds. 931-2010.
8/24x/30

31-HELP WANTED

PART TIME - FULL TIME waitress wanted. Also part time short order cook. Call Guy Ruest at 938-2824.
9/11/31

ELDERLY GENTLEMAN (66) looking for an elderly lady to do meals/housework in exchange for free room & board. Ask for Pat at 932-5703.
9/11/31

WAITRESS WANTED -Also part-time kitchen help. Apply "No Regrets", 152 Main St., Lancaster. 8 am to 5 pm. 347-2920.
9/11/31

BABYSITTER NEEDED - days and possible evenings. East end, Walton Court. 938-0964.
9/11/31

CONVENIENCE STORE requires part-time help. Evenings weekends & some days. Mature, honest, reliable. Experience preferred. Call 938-6707.

31-HELP WANTED

POSITIONS AVAILABLE

SERVICE ADVISOR

QUALIFICATIONS:
- Mechanical knowledge
- Communication skills
- Bilingualism preferred

RESPONSIBILITIES:
- Deal with public
- Schedule and distribute work orders
- Training provided
- Salary to be discussed

SALESPERSON

- Automotive experience desirable but not required
- Potential for above average earnings
- Steady employment
- Professional training

Apply in Person or Send Resume to:
PING TAN
704 Pitt St. Cornwall
K6J 3R9
Jeep Eagle

HELP WANTED
SERVICE STATION ATTENDANT. Male or Female. Call 347-3568 for appt.

32-HOUSES FOR RENT

COMPLETELY FURNISHED house on waterfront. Six miles east of Cornwall. Available Approx. for 6 months. Starting Nov. 1/89. Call after 5 p.m. 931-2324.
9/4/32

33-HOUSES FOR SALE

3-BDRM. BUNGALOW FOR SALE... North end of town. 1 1/2 yr. old. Central vacuum. Storage shed. Must be seen to be appreciated. Call after 4 p.m. 938-1328. No agents.
9/11/33

35-HOUSES WANTED TO RENT

A QUIET, RELIABLE TENNANT is seeking a 3 bdrm. house or apt. or 2 bdrms., with studio/work area. Call 933-2312 or leave message at 938-6707.
7/31x/35

40-LOTS FOR SALE

CON. 1, PT LOT 24. 198.94' frontage, 200' depth. Off Hwy. 2 on Service Rd. near Pioneer Corners. Call 933-4013 for more info.

43-MARINE EQUIPMENT

TAKE THE WORK OUT of cleaning your boat. Boaters Algae Remover works in minutes. $14.95. Plastics of Ottawa, 216 Pretoria, 235-1465.
9/4/43

47-MOTORCYCLES

1983 VIRAGO 500. 22,000 kms. New tires in spring. Runs good & mechanically sound. Never dropped. Asking $1,000. Call 937-0863.
9/11/47

1982 YAMAHA EXCITER ... like new. Low r... ...ing $800 or B.O. Call 933-6334. SOLD

48-MOVERS, STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room and handling your own goods. A division of St. John's Transfer, 150 Edward Street. Phone 933-1492.

MOVING Boxes for sale. St. John's Transfer, 150 Edward St., Cornwall. Telephone 933-1492.
x

49-NOTICES

PIANO TUNING, repairs, rebuilding. 21 yrs. professional experience. Highest quality work. Excellent references. Peter Kilpatrick 527-3366.
10/30/49

51-PERSONALS

COLLECTOR WILL BUY old soft drink bottles, old prints, advertising items, odd nik naks, old space toys & robots. 938-6707.
6/5x/51

CHALET/COTTAGE? Would you like to own a chalet/cottage in the Laurentians or /Gatineau for $35,000-$40,000?? So would I!! Unfortunately a good 3-bdrm./winterized cottage (on a lake) w/well & septic runs $75,000-$80,000. The answer is two people ...time-sharing, joint-ownership. If this idea appeals to you, write me indicating your situation & what you might be interested in. Please include phone number. Reply to Box 3561 c/o Seaway Shopping News Ltd., 8-6th St., East, Cornwall, K6H 2N4.
9/4x/51

WE CAN HELP! Uncontested Divorce, Small Claims Court, Landlord & Tenant matters, Incorporations, Change-of-Name, Pardons, Workers' Compensation. Professional Paralegal Services at affordable prices. 936-2161.



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Place Your Wishes With Us For Only $10.00
You Can Share Your Joy!



RICHARD
To The Best Birthday Ever
Love Danielle



SHORTY, SHORTY
Look Who's "40"
Luv to Trudy

HAPPY BIRTHDAY
to David Roy
from all the Roy Family



Happy Birthday's, mother and daughter, Marg and Shelly.

52-PETS, LIVESTOCK

BEAUTIFUL PUPPIES, Poodles, Toy Pomeranians, Lhasa Apsos, German Shepherds, Great Danes, English Setters, others. Bridalwood Kennels. Hwy. 43, second farm east of Highland Road. Call 1-527-2074.
8/23x/52

MANX KITTENS (tailless breed) for sale. Female. Beautiful stumpy. Beige/grey/white. 10 wks. old. Ready for loving new home. $30. Phone 933-2312.

SYLVIE'S DOG SALON. Professional clipping. Grooming of all breeds. By app't only. 3481 Bruce St. 937-0995.

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Store Sliced Cooked Ham	$2.29 lb.
Lean Beef Stew	$1.99 lb.
Lean Ground Beef	$1.99 lb.
Boneless Short Rib Roast	$2.09 lb.
Neilson's HOMOGENIZED MILK	$3.69 4 L
Neilson's 2% MILK	$2.99 4L
Pan Dandy BREAD 24 oz.	69¢ loaf
Local Green Peppers	49¢ lb.
Local Celery	49¢ ea.
Local Large CABBAGE	79¢ head

53-REAL ESTATE

2 ROOM STORE FOR SALE ON PITT ST w/bachelor apt. upstairs, separate entrance. Vendor will take back 1st mortgage. Low down payment, low interest. Call 932-2135.

9/11/53

LAND - 9 acres (4 acres clear), 330 ft. frontage, surveyed, paved road, lake, trees. Near Lunenburg. 15 min. from Brookdale Mall. $29,900. Call 534-2606.

55-ROOMS FOR RENT

FURNISHED ROOM FOR RENT with T.V., cable & electric heat. $46 weekly. Apply to 511 Amelia St.

9/4/55

65-TRAILERS, CAMPING EQUIP.

1973 24' UNIK TRAILER w/rollamatic awning, microwave. Can be seen at Lancaster Park or call after 6:00 p.m. 347-3915, 347-7373.

9/11/65

FLORIDA 33x19 Suncoast mobile home. 1 bedroom, bath, carpeted, new roof & hot water tank, completely furnished. Tented in 1986. 3 wheel bikes, photos. $10,000 Canadian. Call 933-4637.

9/4/65

MUST BE SOLD! 1973 "Starcraft" tent trailer. Sleeps 8. Fridge, stove and lots of cupboards. $675. 936-2087 anytime (leave message).

9/4/65

65-TRAILERS, CAMPING EQUIP.

27' CORSAIR, sleeps 8. Rear bedroom, stove, freezer, fridge, furnace, awning. Excellent condition. $10,000. Serious enquiries only. 938-7456.

HARD TOP STAR-CRAFT trailer for sale. Sleeps 8. Stove, ice-box, brakes. Call 932-0085.

9/11/65

1-NOVENAS

THANKS HOLY SPIRIT, St. Jude our Lady Green Scaphlers, Virgin Mary, St. Joseph, for favours received. C.C. R.C.

9/4/1

PRAYER TO THE HOLY SPIRIT, Holy Spirit You who make me see everything and who shows me the way to reach my ideals. You who give me the divine gift to forgive and forget all that is done to me and You who are in all the instances of my life and with me. I want to thank You for everything and confirm once more that I never want to be separated from You no matter how great the material desires may be. I want to be with You and my loved ones in Your perpetual glory. A person may pray this prayer three consecutive days without asking for their wish. After the third day their wish will be granted no matter how difficult it may be. Promise to publish this dialogue as soon as your favour has been granted. - J.G.

9/4/1

1-NOVENAS

O HOLY SAINT JUDE, Apostle and Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, the faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg you to who God has given such great power to come to my assistance. Help me in my present and urgent petition. In return I propose to make your name known and cause your name to be invoked. Three Our Fathers, Three Hail Mary's, Three Glorias. St. Jude pray for us and all who invoke your aid. Publication must be promised this Novena has never known to fail. Publication promised. L.D.

9/4/01

MAY THE SACRED HEART OF JESUS, be adored, glorified, loved and preserved throughout the world now and forever. Oh! Sacred Heart of Jesus. Pray for us. St. Jude. Worker of Miracles pray for us. St. Jude help of the hopeless, pray for us. Say 9 times a day for 9 days. Promise publication. Thanks. L.L.

9/4/01

THANKS TO THE SACRED HEART OF JESUS for favours received. D.D.

9/4/1

5 LITE KITCHEN FIXTURE ~~SOLD~~ table, single ... mattress. Call 933-0188

2-APARTMENTS FOR RENT

APTS. TO RENT — Upstairs, large 2-bdrm. One east end & one centre town. Both walking distance to everything. All facilities. Very clean. $325./mos. plus utilities. Call before 6:00 p.m. 932-1765.

9/11/02

5-ARTICLES FOR SALE

SEGA GAME CARTRIDGES for sale. One used few times. With instructions. 407 Water St., E. Cornwall.

9/11/05

GAS STOVE (Enterprise) 30" wide, beige. Good condition. $400. Phone 937-0660.

TWO FRIDGES, one 1-door apt.-size & one 2-door (freezer at bottom). Must sell. Reasonable. 932-2214 or 938-8126.

9-AUTOS FOR SALE

1978 MERCURY MARQUIS ... 106,000 km. New paint job. Good shape. $1,100. or b.o. As is. Call 933-5956.

9/4/09

17-HOME SERVICES

FREE PICK-UP. Fridges, stoves, washers, dryers, TV's, etc. Working or not. Same day service. 936-2214.

936-2214

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NEW 3 BEDROOM SEMI DETACHED HOMES with paved drive
from $75,990.00

Branch Drive in Hill Island Subdivision, immediate occupancy
from $79,450.00

Wellington St. East in Northwoods Glen Subdivision, November occupancy
from $75,990.00

M. JEAN CAMERON REAL ESTATE LIMITED
21 WATER STREET WEST
CORNWALL ONTARIO K6J 1A1

NEW LISTING!
HEADLINE RD.
Lovely 4 bedroom home on a 2 acre lot. Above ground pool, main floor family room, dining room, new roof, new siding, fascia, soffits. **Priced right to sell!**

43 MAXWELL ST., INGLESIDE
Great lot in a beautiful village with a 2 bedroom maintenance-free home. Owner wants to sell!!

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Sales Representative
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Oak & Melamine Kitchen Cabinets & Vanities
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21 WATER STREET WEST
CORNWALL ONTARIO K6J 1A1

REAL ESTATE BLUES?
Does the sale or purchase of a home confuse you? Well, banish your worries and bring me your real estate blues -together we can make it work! 100% financing also available.
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Sales Representative
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M. JEAN CAMERON REAL ESTATE LIMITED
21 WATER STREET WEST
CORNWALL ONTARIO K6J 1A1

DO YOU WANT TO BUY YOUR FIRST HOME?
CAN YOU SAVE $1,000
If the answer is yes, READ ON. The Ontario Government has a plan to help first time home buyers. I also have some information re: 100% financing. For more details call:
FRANKIE KOVACH,
Sales Representative
938-3860

M. JEAN
CAMERON
REAL ESTATE LIMITED
21 Water St. W.
Cornwall, Ont. K6J 1A1

YOUR OWN BOSS — 432-434 WATER ST.
Thinking of being your own boss or a future entrepreneur? Well, this listing has 500 sq.ft. of store frontage to meet any enthusiastic challenge and also enjoy the luxury of three apartment units generating a gross annual income of $11,160.00. This would enable you to operate virtually rent free, or purchase the building as an investment and generate a possible income of $17,160.00 per year. **All this flexibility for $105,000.00 (C-1299)**

CASH FLOW — 410 WATER ST.
Wanting a rental investment with a good positive cash flow? Wait no longer. I have it here, today. This fine investment property has 4 units generating a gross cash flow of $14,244.00 with the tenants paying their own utilities. It must be noted the exterior is totally maintenance-free but some of the units need a little updating, but with this kind of positive cash flow it takes no mathematician to figure that these repairs can be done quickly without dipping into your own pocket. Good income, low price. **$79,000.00 (C-1297)**

LOCATION! LOCATION! - 425-427 ADOLPHUS
This is what we have here in this large duplex. Are you a handy man looking for a large lot 65'x190' in a good central location? Well this is the one for you. Work already done to the unit in the last couple of years are as follows: new wiring, some new plumbing, updated furnace, new hot water tank and vinyl siding. At the moment this 2+3 bedroom unit is generating a yearly gross income of $10,200.00 with tenants paying their own utilities. **All this for $79,900.00 (C-1296)**

NEW LISTING — 330-330A MUNRO ST.
Duplex - Clean & Maintenance Free
Not only is the exterior maintenance-free but inside of this duplex there is a clean and very well maintained two-two bedroom unit with a good income of $8,100.00 per year. It is nice to know that an income property can be purchased without the headache of major repairs and aggravations. (C-1291)

3317 ROSS ST.
It is a one of a kind opportunity, not only is it on a large lot of 106'x147' to give you an urban feeling of peace and spaciousness in the city, but it also has a large one bedroom ensuite for an additional feeling of comfort and security. The main section of this home has two bedrooms, large eat-in kitchen, 1-4 pc. washroom, living room and dining room combined with an airtight stove. Also enjoy the fragrance and surrounding of this large lot by sitting on one of the two decks or sun room (C-1286).

3012 DUVAL ST.
This home cannot be overlooked if you are a serious buyer. It's totally renovated, it's in a prime location near parks, schools, and churchs and has a building location survey. This 3 bedroom bungalow with a finished basement is value for the price of $76,500.00 (C-1169).

For more information on the above listings and a quick response to all your needs call:
RAY SEGUIN
Sales Representative
938-3860



LOOKING



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For Great Entertainment?
For Great Accommodations?

LOOKING

For a Super Weekend
of Fun with People who know how to make you Happy?

You're Looking At The
CROSSROADS
Moira, N.Y.

Come On Over
See And Hear
Cahlua & Cream

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Rogers Cable TV

CABLE NOTES

As you have read in the past columns, Cable 11 is in the business of producing community television. Subscribers in our licensed area volunteer their time to produce programs which they feel will be of interest to the rest of the community. Now we have a system in place to find out what the rest of the community feels about these programs. It's called the Rogers Response Line. Now after you have watched a certain program you can call 932-1433 and leave us your comments whether they be positive or negative. This vehicle is a great way to help us plan and improve your community channel. The Response Line is open 24 hours a day for your convenience and remember your input is important to us. So call the Response Line today.

The fall season usually means a rejuvenated schedule and The Jerry Lewis Telethon is the kick-off to a new season. Local coverage begins Sunday night at 9:00 pm and continues through to Monday at 6:30 pm on Cable 7 and Cable 12. September is Big Brothers Month and this week we feature an information program on Tuesday at 6:30 pm. This week we have 2 live phone-in programs. Wednesday evening at 7:00 pm, it's Financial Freedom with Larry Radmore and Alexander The Physic will be a guest on Physic Connections Thursday evening at 8:00 pm. The Dubin Inquiry is into the stretch drive and should be wrapping up September 21st and each evening this week we'll have a highlights package at 5:00 pm. For more information on your community channel call 932-1632.

	Sunday September 3
9:00 pm	The Jerry Lewis Telethon for Muscular Dystrophy Live Local Breaks on Cable 7 and Cable 12
	Monday September 4
8:00 am	The Jerry Lewis Telethon for Muscular Dystrophy Live Local Breaks on Cable 7 and Cable 12
	Tuesday September 5
5:00	The Dubin Inquiry Highlights
6:00	Il Vit
6:30	September is Big Brother's Month
7:00	In Conversation with Miss Cornwall
7:30	S.D. & G. County Board of Education French Language Matters Meeting-Live
	Wednesday September 6
5:00	The Dubin Inquiry Highlights
6:00	Breaking Silence
6:30	War Amps Of Canada Presents "No Man's Land"
7:00	Financial Freedom - Live Call In Show
8:00	Christian Impact
	Thursday September 7
5:00	The Dubin Inquiry Highlights
6:00	Tobacco Canada Presents "Times and Seasons"
6:30	Watt's Up
7:00	Tell Me A Story
7:30	In Conversation With Miss Cornwall
8:00	Physic Connection - Special Live Call In Program With Alexander
	Friday September 8
5:00	The Dubin Inquiry Highlights
6:00	Christian Impact
6:30	Cornwall Rugby Club vs Ottawa Scottish



DISC NEWS

By Chris Wilson

Earlier in the summer PolyGram and WEA recording distribution companies announced that they were going to do away with the blister pack.

A blister pack is that heavy-duty protective film which safely seals and sanitises the compact discs in the store. It is an expensive piece of material, adding close to a dollar to the cost of a compact disc without adding a cent to its value.

The perceived value is to the store retailers and to the manufacturers. In the store, it is more difficult to secrete a six by twelve inch package into your trenchcoat than a six by six, so shoplifting losses may be cut. For the manufacturer the blister pack gives visibility to the product in the store, and this was a real issue four year ago. The public did not know what a compact disc looked like. They could then see through the packaging.

Now we are told the packaging is unfriendly to the environment; not bio-degradable and certainly not tinted green. We are told there are other ways a store may protect their inventory: scanning machines, generic long boxes, cameras and so on.

The truth of the matter is that the Government of Canada finally increased the mechanical royalty payments to artists from the sale of recordings. No credit to the present government. The process has been under way for the past dozen years. The recording industry did not feel that it could pass the levy onto the consumer through increased prices, but cutting profit margins is something no one in business likes to do. Hence the compromise: cut the blister pack, use the money saved to compensate for the money to be paid to artists.

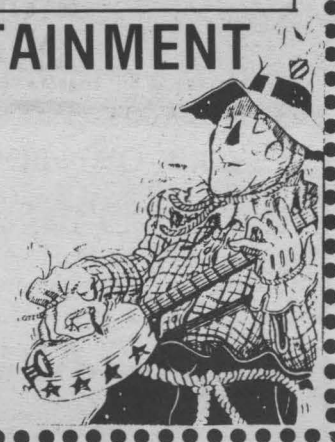
There is a peasant revolt in the wings and security conscious retailers are protesting. Also protesting are the music marketers who in future will have only 150 square centimetres as opposed to 360 to decorate with artwork and disfigure with BUY ME stickers.

Rejoicing are the small independent record stores which have the "Lift System" in place. This already allows you to inspect the packaging and audition the disc because they are kept behind the counter. There will be a move in this direction in some area record stores in the near future. And watch. One of your national franchises may soon be selling classical compact discs without blister packs. But then, who would want to steal them?

Jardin
Restaurant
at T & I Campground

Sept. 9th Special
English Style Fish & Chips
Served With Coffee Or Tea
and Dessert
$7.25

LIVE ENTERTAINMENT
Saturday, Sept. 9th
Starting at 9:00 p.m.
featuring
ANTRIM
Everyone Welcome



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on Hwy. 2
931-1273

pizza pizza®

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Delivery In 30 Minutes Or FREE

"Welcome All Pizza Lovers"

1360 2nd St. E.

Beside Tim Horton's
Eastcourt Mall

PRIEST'S MILL
Restaurant and Waterfall Pub-Terrace



An Important Message to our Customers:

We would like to introduce our new Banquet Menu. After lengthy planning and deliberation, it has been prepared with the customer in mind. Much care has been given to decisions on price, food preparation, service perfection and total satisfaction.

Our banquet facility has undergone a face-life operation with further efforts underway to bring it to the level that we have envisioned.

The total presentation of food and ambiance will be acceptable to the most discriminating connoisseur.

We are hosting special events such as the very successful comedy show called "Yuk Yuk's". Other special events of bigger and better proportions are planned for the near future. Anyone booking banquets sufficiently in advance need not worry about securing a particular date. These shows and concerts will be held on nights not already booked.

Should you like to have a party catered in your own environment, home or office, we are now ready to do outside catering no matter how large or small.

For information and arrangements regarding your special event, please contact me, Mr. Jan A. Diamant, General Manager or in my absence, Mrs. Agnes McDonald. We can give you all the information regarding the new Banquet & Catering Menu on the telephone. The final arrangements will have to be done in person.

Hoping to hear from you soon, I remain,

Jan A. Diamant

Next "Yuk Yuk" Oct. 4
A Famous Hollywood Comic

Jan A. Diamant
General Manager

Alexandria Mill Square & Main Street 525-4131

Lancaster Inn
Fine Food & Spirits
(Overlooking the St. Lawrence River)

★★ ANNOUNCEMENT ★★
We are now Open 7 Days a Week
Starting Monday Sept. 4 (Labour Day)
From 4 p.m. until 1 a.m.

"SUNDAY BRUNCH"
Starting at 10:00 a.m. on Sundays

We are introducing many new additions to our menu beginning in September
eg.: Steak Diane
Seafood Linguine
Garlic Shrimp

We will continue to have "Daily Specials"
Our Gift Certificates are Now Available

Reservations Recommended
(613) 347-3084
Your Hosts:
Tom &
Rose Good
Lancaster Exit
(South to Hwy. 2)



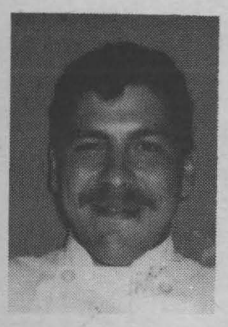
BROOKDALE CINEMAS
938 8414
Sept. 1 - 7th

1 7:00 & 9:00 p.m.
TURNER & HOOCH
PG MAT. SAT. & SUN. 1:30 p.m.

2 7:00 & 9:10 pm
HELD OVER
Parenthood
AA
Mat. Sat. & Sun 1:30 pm

3 7:00 & 9:00 p.m.
UNCLE BUCK
PG
John Candy
Mat: Sat. & Sun. 1:30 p.m.

Tues. $3.50



in the kitchen with russel h. raven chef

Lancaster Inn

DUCK FILLETS with red butter sauce

Red Butter Sauce
8 shallots
1 1/2 cups red wine
1 cup cream
1 1/4 cups butter in pieces
freshly ground pepper

Duck Breasts
8 duck breasts (skin on)
1/2 cup red wine
salt & pepper
1 tbsp. brandy

— Reduce in saucepan shallots & red wine.
— Add cream and reduce again until syrupy.
— Remove from heat and add butter in pieces, beating well with each piece.

— Brown fillets in heavy saucepan.
— Remove fillets.
— Remove excess fat.

— Deglaze pan with red wine and brandy.
— Whisk juices from pan into red butter sauce.
— Spoon sauce on breast and serve remaining sauce in sauce boat.
— And enjoy.

CAPTAIN'S COVE RESTAURANT
At Treasure Island Ingleside
TRY OUR SUNDAY BUFFET
Soup or Salad, Turkey & Trimming, Leg of Ham, Dessert, Tea or Coffee
ONLY $9.95
Chef Len Godard 537-8303

Paquin PARK MOTEL & RESTAURANT
Hwy. 2 at Upper Canada Rd.
EVERY SUNDAY
BRUNCH 10am - 2pm
adults $5.95
children under 10 $3.00
BUFFET serving 5pm - 8pm
All You Can Eat $9.95
under 10 $5.00
Regular Menu As Well
FOR RESERVATIONS CALL 543-2026


NEW FIESTA ROOM OPENING SOON
For Large Parties of 10 to 40 People
Now Taking Reservations
Wednesday Is STUDENT NIGHT at Mexi's
Present your student card & receive 10% off your food bill
Mexicali Rosa's
58 Pitt St. Cornwall 937-3000

GEDORO'S
THE PLACE FOR STEAK
Restaurant/Lounge
Papa's Party Parlour
158 Pitt St. Mall Cornwall 938-2791
LUNCH ... THE UNITED WAY
Gedoro's Restaurant will donate 50¢ per lunch on Thursday, Friday, Saturday Sept. 7, 8 & 9 to The United Way Campaign
You receive a fine lunch; we receive a good feeling
The United Way receive 50¢ per lunch

TOWN and COUNTRY bingo
Cornwall Township Lions Club
LION'S HALL BONVILLE
(Turn East at Yellow Flashing Caution Light on Hwy. 138)
PACKAGE DEAL $9.00
9 REGULAR GAMES....$35.00 5 SPECIALS...$50.00
1 EXTRA SPECIAL ... $1375
If Won in 6 numbers (Over 6 Numbers-10 of Extra Special)
1 JACKPOT $250.00 1 BONANZA 2 SHARE THE WEALTH
We Use Bingo Sheets with dabber system
EVERY THURSDAY
Early Bird 7 p.m.
Regular Bingo 8 p.m.

TOP HAT DANCE STUDIO
All Forms of Dancing & Gymnastic Classes
For All Ages
Register Now For Fall Classes
(6 p.m. to 8 p.m.)
335 7th St. East 932-0867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Sandwiches and Salads
Subway's Got Summer to Go!
PARTY PLATTERS!
If you're having a party, we have the platters.
Call Cathy for Details
1007 Montreal Rd. 938-6882

WHAT'S HAPPENING AT BACKSTREETS & THE AARDVARK CAFE


LADIES NIGHT
EVERY WEDNESDAY.
For the ladies
½ price on all food items on menu
2~9 pm
AARDVARK CAFE
33 1st E. 932—9207

FOOD FIGHT & LADIES NIGHT

WHATS BACK?

NONE OF THESE!
BUT
BACKSTREETS IS BACK!
WITH THE INCREDIBLE "EDIBLE" SALAD BAR
And To Celebrate We Are Offering These Tasty Specials For You, For Only ... $12.95
—MEDALLION OF PORK TENDERLOIN WITH ORANGE GRAPE-SAUCE
—CHICKEN CORDON BLEU
—ENTRECOTE WESTMORLAND
—CLAMS A LA BACKSTREETS
—PRIME RIB WITH YORKSHIRE PUDDING
With Our Incredible "Edible" Salad Bar Just $2.95 More
LUNCH: MONDAY TO SATURDAY 11:00 A.M. -5:00 P.M.
DINNER: DAILY FROM 5:00 P.M.
Backstreets!
33 1st EAST

BACKSTREETS IS BACK!

FOOD Fight II
THE SEQUEL
FIGHT CARD
① N.Y. STYLE WINGS ..... 10¢ EA.
② FRENCH FRIES ..... 49¢
③ A PIECE OF PEDRO'S OWN DEEP DISH PIZZA ..... 99¢
④ AARDVARK BURGER ..... 99¢
⑤ CHEESE & BACON TUBE STEAKS 1.99
⑥ NACHOS 1.99
⑦ DEEP FRIED ZUCCHINI 1.99
⑧ DEEP FRIED MUSHROOMS ..... 1.99 PER DOZ.
⑨ PEEL & EAT SHRIMP ..... 2.99 PER DOZ.
⑩ BEER STEAMED CLAMS

THE AARDVARK CAFE
Monday to Saturday 2 ~ 9 PM

33 FIRST ST. EAST 932-9207

DART'S SLEEP WORLD

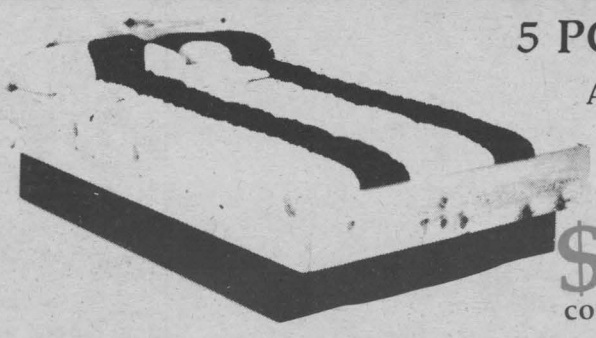
DELORME INC.

38 Second St. W.
938-7342

MasterCard VISA

HOURS
Mon-Tues-Wed
9:30-6
Thur-Fri.
9:30-9
Sat. 9:30-5

BACK TO SCHOOL



5 PC. UNFINISHED
Any size except king
REG.
~~$199.00~~
$149.00
complete with free-flow mattress kit

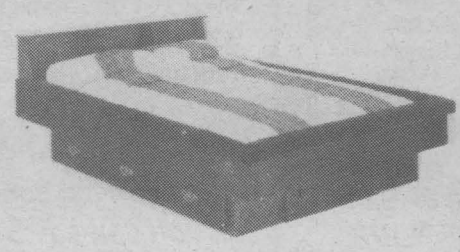
YORKSHIRE
Available in Queen Only.
Walnut Only.



SKIPPER
Available in SS or Q.
Honey or Walnut
REG.
~~$595.00~~
$295.00
complete with free-flow mattress kit.

VICEROY
Available in Queen Only
Walnut Only.

CHEROKEE BOOKCASE
Available in single, super single or queen. Honey or walnut.



REG.
~~$395.00~~
$275.00
complete with free-flow mattress kit.

OPTIONAL FOR ALL BEDS: 6 drawer pedestals, 2 & 3 pc. caps and mattresses other than free-flow.

REALTY WORLD™ Bourgon & Cornett
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TELEPHONE: (613) 936-0909
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ROGER DELORME
Sales Representative
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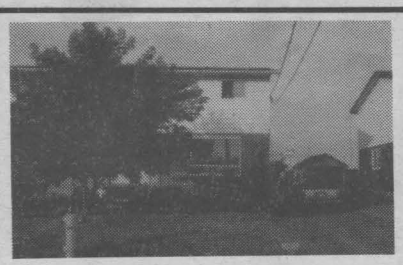
1205 FIRST ST. E.
3 bedrooms, super clean
$69,999



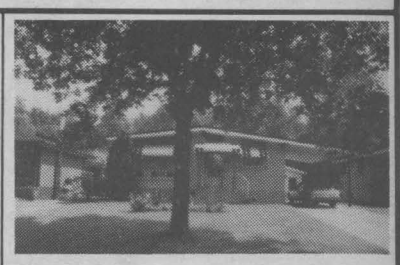
1649 BIRMINGHAM ST.
3 bdrm., semi, rec room, large deck
$74,900



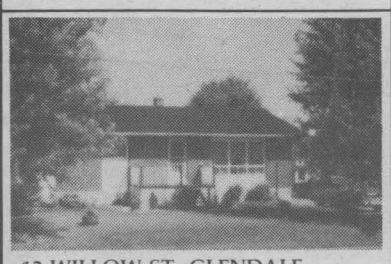
1651 BIRMINGHAM ST.
3 bdrm. semi, above ground pool, large deck
$75,600



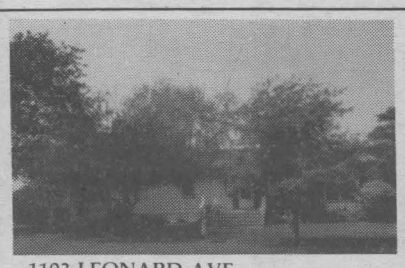
194 FIFTEENTH ST. W.
3 bdrm., detached garage
$85,800



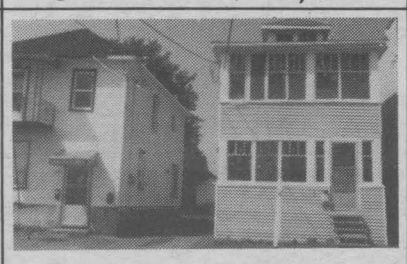
628 FRASER AVE.
3 bdrm., 1155 sq. ft. home, garage
$105,500



12 WILLOW ST, GLENDALE
1344 sq.ft., lot 121'x125'. Gorgeous!
$109,500



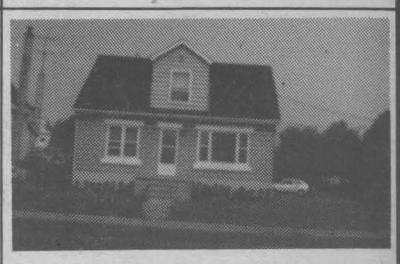
1103 LEONARD AVE.
3 bdrm., 2 fireplaces, attached garage
$109,500



214 BELMONT
duplex, new siding 2-1 bdrms.
SPECIAL
$50,000



309 ALICE
duplex, 2-2 bdrms.
$69,500



249 NINTH ST. E.
& 961 LAFLAMME (2 houses)
$92,400



217, 219, 219A LOUISA
triplex, 3-2 bdrms.
$109,500



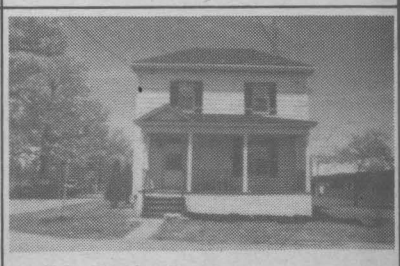
340 A,B,C,; 342-342A CARLETON
6 units
SPECIAL
$99,500



320 A,B,C, LOUISA ST.
3-2 bdrms., 1-3 bdrms.
$118,500



313 LOUISA ST.
4-3 bdrm units
$118,500



1420 10th ST. E.
1.5 acres. House, 11 rooms & MFG bldg.
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Each office independently owned and operated

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