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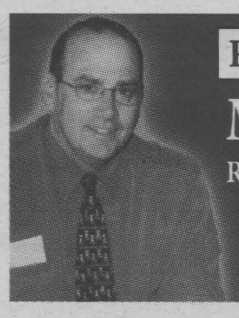

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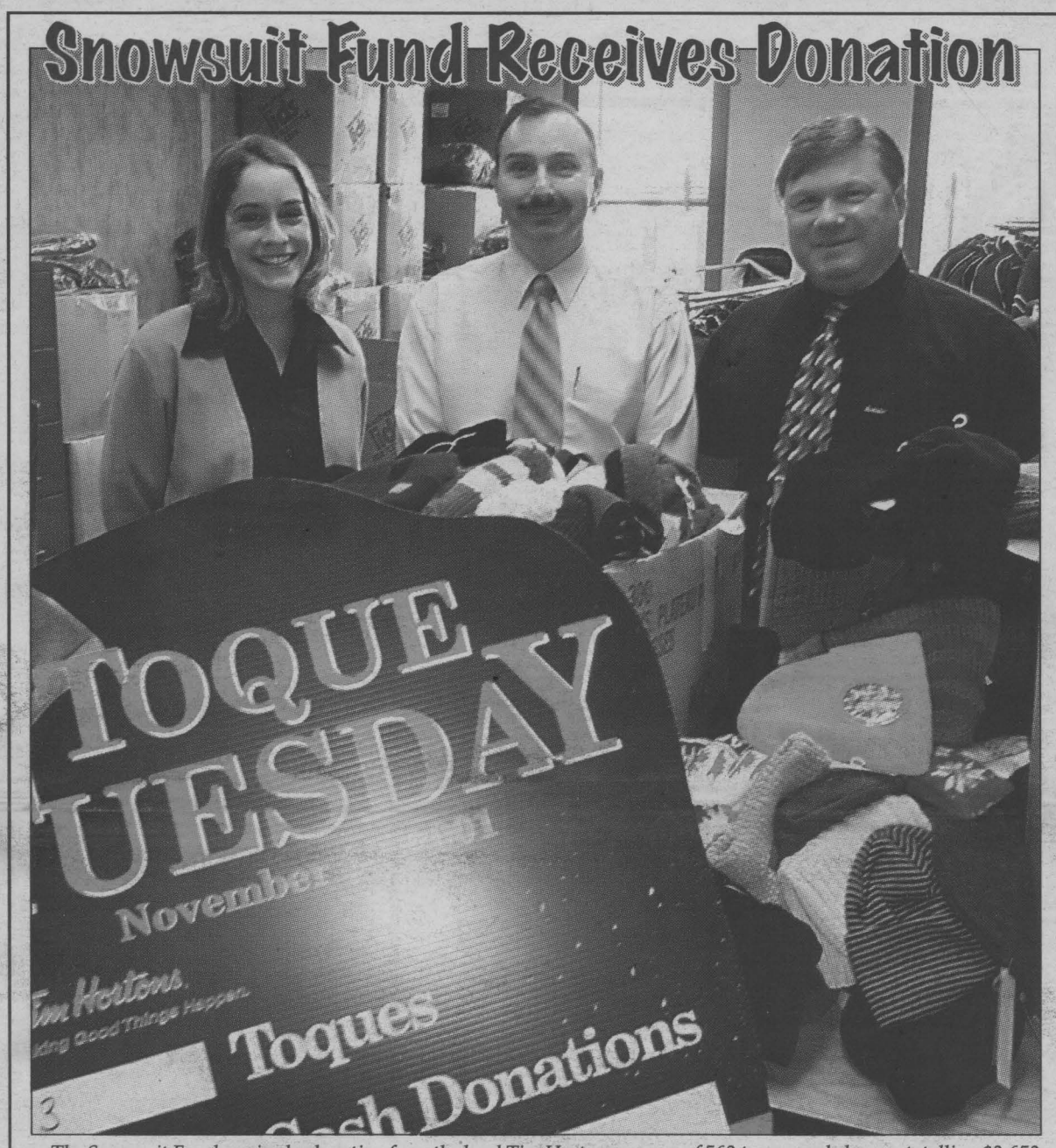
SEAWAY NEWS

January 11, 2002 | Volume 16, Issue 2 | Serving Cornwall and Area | www.cornwallseawaynews.com

Snowsuit Fund Receives Donation



The Snowsuit Fund received a donation from the local Tim Hortons owners of 563 toques and cheques totalling $3,653 on January 7th, 2002. The proceeds were gathered on November 20th, 2001 during Tim Hortons' Toque Tuesday. Annise Hill (left) and Mike Moyer (right), owners of local Tim Hortons, present the donation to Stuart Gordon, the Campaign Chair of the Snowsuit Fund. Photo by Chris McPhee

United Way Set To Close Campaign

The Campaign Chair for the 2001 Campaign, Mr. Glen Grant, wishes to announce that the closing date for his campaign has been extended until January 31st, 2002. At the release of this announcement the campaign had raised $444,834 or 83.2 percent of the goal of $535,000.

Mr. Grant is very confident the campaign objective will be successfully reached by the new deadline. He states that the money is there and his canvassers will be able to collect these funds by the end of January.

There are no major obstacles facing this campaign and it simply requires the volunteer canvassers to complete their assigned calls and report these results to the main headquarters. We fully realize that many of our volunteer canvassers have busy commitments in their personal lives and we compete for a period of this time to complete their committed fundraising task.

During this campaign we are blessed with an excellent core of dedicated canvassers and we know that they will come through with the required results within the extended time.

We urge the citizens of our friendly community and surrounding area to respond to our canvassers when requested to financially support this major fundraising task.

We have successfully completed the last six consecutive campaigns and are very determined to make this current campaign number seven.

We ask our donors to respond favourable when the canvassers call.

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LOCAL

You Could Make Money With Part-Time Studies At St. Lawrence College

There's still lots of time to make that New Year's resolution, if you're thinking of doing something to develop your intellectual strength this year. With St. Lawrence College's winter part-time studies program just a few weeks away, now is the time to consider signing up for some mental stimulation to go along with that diet or exercise routine that you have committed to.

In fact, you could even augment your income as a result of a little part-time study.

One of the interesting, new courses offered this winter is Buying and Selling on eBay. You can learn the techniques of successful bidding and selling online in this series of three workshops. Topics covered could take you as far as earning a second income by buying and selling online.

Debbie MacKay, continuing education coordinator at the college, cautioned that buying and selling on eBay is not a way of cleaning out your basement. Instructor Josée Sauvé has developed the course in response to many requests. She will show students how to be successful selling online. They will learn how to determine what sells and what doesn't.

Another new series of workshops will set you on the road to being published and will even show you how to start your own publishing house.

For the artistically inclined, new courses include watercolour vignettes, cake decorating, and creative photo albums.

In the business department, small business bookkeeping is being offered for the first time. A new course entitled Personal Success will show participants techniques for career advancement, including speaking and listening skills, negotiation skills and managing office politics.

New human studies offerings include a personal growth workshop on the challenge of anger, which will look at strategies to change patterns of anger in important relationships.

In technology, MacKay is excited about a new series of courses in Cisco networking. She is expecting heavy enrollment in the series, which leads to an outside designation in networking that is recognized as an industry standard, she said. Registration is limited to 20.

Along with these new courses, the college is offering its usual mix of business, computer, health and technology courses for part-time students.

MacKay is expecting between 800 and 1,000 registrations for winter part-time studies.

Courses start the week of January 21st, 2002, and registration is on now.

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Still Time For Business Excellence Nominations



Lezlie Strasser

Nominations for the Chamber's Business Excellence Awards and Citizen of the Year are being submitted but there is still time for more.

"We always have a number of outstanding nominations submitted for the various awards and this year is no exception," reports Chamber Executive Manager Lezlie Strasser. "However, we want to remind the community that there is still time to submit. With so many of Cornwall's businesses and industries in high gear, there are no doubt a number of them eligible for one of the awards."

The Chamber's annual Business Excellence Awards and Citizen of the Year is always a glittering affair. This year's theme, Cornwall@itsbest, reflects the excellence the area business and industrial sectors present locally, nationally and around the world.

The Business Excellence awards consist of six categories, each one with a corporate sponsor.

- Salesperson, sponsored by Merrill Lynch;
- Entrepreneur, sponsored by Chambers of Commerce Group Insurance;
- Small Business, sponsored by TD Bank;
- Business, sponsored by Hunt Insurance Brokers;
- Industry, sponsored by Cornwall Economic Development;
- Lifetime Business Achievement, sponsored by RBC Dominion Securities;
- Employee First, sponsored by Eastern Ontario Training Board;
- Breakthrough, sponsored by Cornwall and Area Chamber of Commerce.

Along with the Business Excellence awards will be the naming of the 30th Citizen of the Year. The award is bestowed upon a citizen of Cornwall and area who has made an outstanding contribution to the community.

Nomination forms are available from the Chamber office. To acquire one, contact the Chamber at 933-4004 or, drop in to the 55 Water Street W. offices. Nominations may also be submitted, online at www.chamber.cornwall.on.ca.



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SEAWAY NEWS

LOCAL

Youth Face Constricted Training Opportunities



Education

Denis **Thibault**

One anxiety that haunts parents these days is the lack of training opportunities for jobs for their children – the dark image of a lost generation of young people.

Present and future youth unemployment is the most visible sign of this bleak scenario unfolding. But there is also the risk of – low-qualified young people in mid to high-quality jobs. Consider the experience of recent graduates in this area with a growing economy and one of the lowest rates of unemployment we have seen in decades.

The litmus test for a "knowledge economy" is how well students make the school-to-work transition. Even if schools, technical institutes, colleges and universities attempt to fulfill their mandates – as many do – there is clear evidence that the "human capital" embodied in our students hitting the streets as they venture out into the world of work, is not very well prepared for the real world.

How else can we rationalize the fifty four campuses of adult retraining centres where more than 60 percent of the students are twenty years of age and under.

Many of these young people have been acting on a deeply rooted "education ethic" in Canadian society: the belief that education is the best way to get ahead. They have been investing years of their lives and their own and their parent's money in building human capital.

Policy experts and business elites have called for investment in human capital – or intellectual capital, as some call it – as the key to Canada's continued global competitiveness. Somehow, we imply that education and training programs produce capable workers but that is not necessarily always the case.

This creates a field-of-dreams trap, and we seem to be falling into it. We now have more semi-skilled young people with somewhat low levels of soft skills than the economy is capable of absorbing.

Decisive action is needed to increase the quantity and quality of work experience opportunities available to the young, but that will only happen if you as a parent or you as a teacher, or you as a labour leader, or you, yes you the business person decide to do something about this problem.

As a start, we need to rethink what it means to create job experience opportunities for students and real job opportunities for graduates. The crucial priority is to set targets for entry-level positions.

Employers, labour leaders, educators and parents in our community, supported by all levels of government and educational institutions, could pledge to increase job experience opportunities by a rate by 10 percent over a 24-month period. In our five counties this translates into 500 more new experience opportunities and jobs for young people.

Equally important, the emphasis must be on creating skilled development opportunities and jobs that provide opportunities to build a solid layer of practical experience. So the quality of the jobs matters as much as the quantity.

Also, it's time we cast aside the myths that young people are work shy or lack the right attitudes. If we all do our part as parents, labour leaders, educators and business leaders, the rest will take care of itself.

Research by University of Alberta shows beyond a doubt that high school and post-secondary graduates in the 1980s and 1990s are strongly committed to the work ethic. More than anything, they want challenging and interesting jobs in which they can further develop their skills and abilities. This is good news indeed for the Canadian economy.

Employers must commit themselves to designing jobs that will nurture the fresh talent and energy offered by young Canadians. These opportunities can be created only if employers in both private and public sectors set a high priority on creating job experience, entry-level jobs, jobs that give students and new graduates a chance to show their stuff and get a decent start in the world of work.

Are you doing your part? What have you done to help lately? Is it the fault of others? Well, I think we all have a certain amount of responsibility when it comes to making sure that the next generations are well prepared. So let's get on with forcing changes where change is due and doing our part in whatever context we happen to be able to influence in one way or another.

Make a difference. Call a school and offer to take a Co-op student, speak to a class, take a student to work, find out what you can do to help your own child. If you are a labour leader, negotiate school to work transition options in your next collective agreement. If you are a radio station or newspaper, take in one more student to experience your business. If you are a teacher, place one more student in a school to work transition opportunity. Just one more. Please?

After all, they are our kids!

Missing Person



Michael Tyo

The Cornwall Community Police Service is again requesting the assistance of the public in locating a missing person. Michael Tyo, 31, has not been seen by family members since November 25th, 2001. He is depressed and may be in need of medical attention. He was last seen wearing a green and blue Point Zero jacket, blue jeans and riding a blue mountain bike with black shocks. He was last heard from when he made a telephone call from a pay phone at the Leduc's Shopping mall on Eleventh St. East shortly after 3 p.m.

Anyone with information concerning Mr. Tyo is asked to contact Constable Emma Wilson-King of the Cornwall Community Police Service at (613) 932-2110 extension 2481 or call Crime Stoppers at (613) 937-8477.

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Women IN BUSINESS

A Monthly Review of Entrepreneurial Women in Cornwall and Area

Investment Advice For Women

What You Need To Know

(NC)–Whether you are on your own or managing the finances of your family, as a woman, you will face some unique concerns in handling your investments. Creating a sound investment strategy can significantly improve the quality of your retirement and your financial security.

Financial situations change throughout life and as a result, you should reassess your investment plans on a regular basis. Doing so can help determine how and where to invest.

First step to financial security

When first starting out, it is easy to put off planning for future retirement. It can seem so far away. Still, the sooner you start saving, the longer your money has to grow. Investing $25 per month as of age 25 for 40 years will result in having a savings of $87,857 upon retirement*.

"Paying yourself first is a habit all investors should get into to," says Linda Knight, Vice-President, BMO Mutual Funds. "Using a Continuous Purchase Plan to contribute monthly to an RRSP is an effective way to start saving early and take advantage of compounding interest. "

A marriage of incomes

Planning for two will create unique challenges and opportunities. Your household income may increase, and with that, comes added taxes and greater expenses. As a woman, you need to protect your individual financial position while taking advantage of new opportunities.

With two incomes, it may be beneficial to consider using a spousal RRSP. This allows one spouse to invest in their partner's RRSP while receiving the tax credit. This is particularly helpful if one spouse is in a higher income bracket.

"Women face more challenges when it comes to making regular contributions to their RRSPs as they often experience breaks during their prime earning years, such as a maternity leave," adds Knight. "It's important to protect your retirement nest egg. If you need to, consider using low interest RRSP loans in order not to miss out on the tax benefits of contributing."

Another key item to protect is your credit rating. It is advisable to keep credit cards in your own name. Having a supplemental card from your partner does not reflect on your credit history. You will need to have an established credit rating when you are ready to purchase a home, buy a car, or borrow money for a vacation.

A Family Affair

Investing and savings plans will change significantly once children enter the picture. You may be earning more money, but you will likely have more responsibilities too – a mortgage, a car and your children's education.

An RESP (Registered Education Savings Plan) offers an effective savings solution and in addition, the Canada Education Savings Grant (CESG) provides assistance to many parents. The federal government created the CESG Program to help parents save for post-secondary education.

The government will contribute an additional 20 per cent of the first $2000 of annual contributions to an RESP, to a maximum of $400 per child, per calendar year, for a lifetime maximum of $7,200.

"Having a financial plan in place and reassessing those plans annually with an investment professional, can help make these personal transitions flow as smoothly as possible" concludes Knight.

** Based on investment of $25/month for time period of 40 years at rate of 8%.

Information provided by BMO Mutual Funds, a wholly owned subsidiary of Bank of Montreal.

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LOCAL

Ontario's New Electricity Market

The Ontario government has announced its intention to open the province's electricity market to competition by May 2002.

Why change?

In the 1980s and early 1990s, Ontario went from having below average prices for electricity to the third highest in Canada. The former Ontario Hydro also ran up a debt of about $38 billion.

The old monopoly had become out-of-date, inefficient and just too expensive. Something had to be done to fix the problems of the past and to safeguard our future electricity supply.

A competitive market will do this. And Ontario has put electricity consumers first in designing its new market. Safe, reliable power will continue to be supplied to you at a competitive cost.

What does this mean for customers?

There will be two ways to buy electricity in a competitive market.

Option One: You can do nothing and your current supplier, likely your local utility, will continue to provide you with power at market rates which will vary over time.

Option Two: You can also purchase electricity from one of several licensed retailers competing for your business. Retailers may offer one, three or five year fixed price contracts. These will come into effect only when the new electricity market opens.

It's entirely up to you which option (Option One or Option Two) best suits your individual circumstances.

Be sure to check a retailer's price and service options and read all contracts carefully.

If you decide to sign a contract, you do have a cooling off period. To cancel, you must notify the retailer in writing, within 10 business days. As a contract is legally binding, please be sure that you do not sign with more than one retailer.

Some questions to ask retailers

1. Do you have a licence from the Ontario Energy Board?
2. What is the length of the contract and is there a penalty for canceling? Can the retailer cancel it?
3. What is the price per kilowatt hour and will it vary? Are there any additional charges?
4. What charges are included in the rate?
5. Do you offer environmentally-friendly energy?
6. Do I have to give any rebates I am eligible for to the retailer?
7. Can I terminate early or transfer the contract to another retailer if I move?

Please remember, retailers are quoting customers only on the competitive cost of the electricity "commodity" itself. There are other regulated costs – transmission, distribution, old Ontario Hydro debt repayment and system operations – which continue to be billed through your local utility.

The price you are paying for electricity is essentially made up of two parts:

- Current cost of electricity "commodity;"
- Transmission, distribution and other regulated costs.

The price you are currently paying for the electricity "commodity" is per kilowatt hour. Please keep in mind that when Ontario enters a competitive market, this price will vary based on market conditions.

For more information, please call the Ministry of Energy, Science and Technology at 1-888-668-4636 or visit www.est.gov.on.ca.

For questions on electricity retailers, please call the Ontario Energy Board's Customer Service Centre: 1-877-632-2727 or visit www.oeb.gov.on.ca.

Open House For Agape Centre

The RCAFA Wing 424 is staging a 10-hour Open House and Food Collection on Sunday, January 13th, 2002 to help restock the food shelves at the Agapé Centre.

Appearing at the Sunday event will be the seven-piece Ruby Tuesday Dixie Band, the Roadhouse (Line) Dancers, a DJ with music for listening and dancing and spot dances with prizes all day.

Members of the media including radio and newspaper personalities will assist with awarding attendance prizes, and representatives of the Agapé Centre and Wing 424 members will accept all donations of non-perishable food items.

This event will be for adults only and will be held at the RCAFA Wing on Water Street West between 12 noon and 10 p.m.

The public is invited to drop by throughout the day. Please bring any number of food items to help fill the Agapé Centre Food Bank.

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LOCAL

Enter Teams In 2002 Big Brothers/Big Sisters Bowl For Millions

Cornwall Police Chief Tony Repa, chairperson of the 2002 Big Brothers and Big Sisters Bowl for Millions is challenging residents of Cornwall and SD&G to take part in the 2002 Big Brothers and Big Sisters Bowl for Millions on a team of five or six co-workers, friends, fellow students, club or family members.

Chief Repa explains: "Bowl for Millions has been the major fundraising activity of the Big Brothers and Big Sisters of Cornwall and District since 1979."

The 2002 Bowl for Millions will take place on Saturday, February 2nd, 2002 in Cornwall at Olympia Bowl, Nativity Lanes, and the Bowling Palace of Cornwall, and on Sunday, February 10th, 2002 at the Alexandria Lanes in Alexandria and at the Chesterville Bowling Lanes in Chesterville.

Team entry forms and sponsor sheets can be obtained now by contacting the local Big Brothers/Big Sisters office at 933-8035 or by dropping by the office at 101 Third St. W., Cornwall.

Team entry forms and sponsor sheets are also available at the Chesterville Bowling Lanes, Main St., Chesterville and the Alexandria Lanes, 296 Main St., Alexandria.

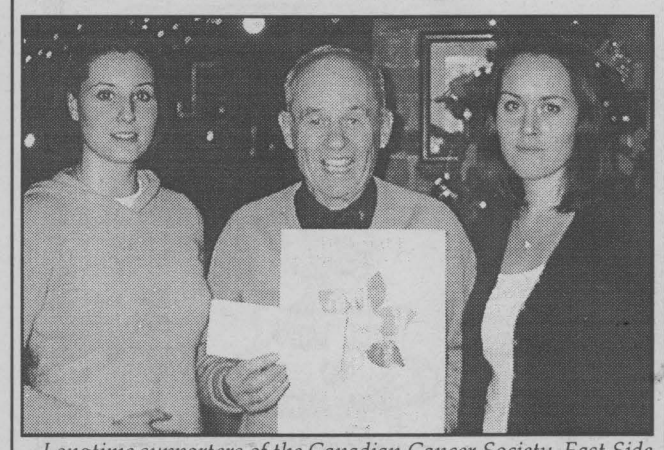
Once teams are formed, the names of team members should be called in to the local Big Brothers/Big Sisters office at 933-8035 or faxed to the office at 933-8747.

Chief Repa says that Bowl for Millions is a fun event and a variety of prizes has been lined up for this year's Bowl for Millions with the grand prize being $500 donated by the Rotary Club of Cornwall. There will also be a special draw for $300 for bowlers having pledges totalling $100 or more.

Brian Lynch, executive director of the local Big Brothers/Big Sisters agency, states that the public's continued participation in Bowl for Millions will be greatly appreciated by the local agency and the children it serves.

Lynch said: "Funds raised in this year's Bowl for Millions will be used to recruit, screen, train and match caring, responsible adult volunteers with children from lone parent families in Cornwall and SD&G in need of adult friendship and guidance and to follow up on the existing matches."

Budda Bing - East Side Mario's Donates To Canadian Cancer Society



Longtime supporters of the Canadian Cancer Society, East Side Mario's staff, Stacy Harper (left) and Jennifer Brownel (right), present Canadian Cancer Society Unit President Jean-Marie Fraser with a Christmas present in the amount of $720.

"Corporate and staff dedication and the generous support to the Canadian Cancer Society by East Side Mario," said Fraser, Unit President, Canadian Cancer Society, SDG & Prescott-Russell, "is truly inspiring."

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Seaway Profile
Advertorial

MILLENNIUM HEALTH CENTRE

Local Clinic Blends Modern Medicine With Nature's Wisdom

When Naturopathic Doctors Stephen F. Jones B.Comm, N.D. and Valerie Franc B.Sc, N.D. relocated from Toronto to Cornwall in August of this year, the immediate question that faced them was 'what exactly is Naturopathic medicine?' A close second was how is it different from homeopathy.

To answer these questions, the doctors have lectured weekly at the Cornwall library, spoke to numerous support groups and health agencies in the city and launched a very informative website, www.millenniumhealthcentre.com. Through these endeavours, as well as the many patients they have already treated, the doctors have surprised many in the community as to the extent of conditions they treat and the detail to which they are able to investigate the cause of various conditions.

According to Dr. Jones, this amazement is the result of a misunderstanding surrounding the training of Naturopathic Doctors (NDs) and the actual treatments offered. "NDs are licensed practitioners (by both the provincial and federal governments) who have attended medical schools," says Jones. Indeed, they spend some 4,500 hours studying such conventional medical courses as anatomy (with cadaver dissections), pathology, diagnosis, laboratory diagnosis (x-rays, blood work, etc.), pharmacology (drugs) and minor surgery. What's different, is that they also study clinical nutrition, botanical medicines, spinal manipulation, homeopathy, Traditional Chinese Medicine (including acupuncture) and an array of natural products for four years. The end result, according to Dr. Franc, is "a blending of current medical research and diagnosis with traditional medicines borrowed from several cultures." "This outlines the key difference from homeopathy," says Jones. "Homeopathy is simply one type of medicinal approach used by an ND. While homeopaths are often very learned in their field, they do not study conventional medicine in detail. What's also unfortunate for many well trained homeopaths is that it is not a licensed profession. This means that anyone is free to use the designation 'Homeopath' as the designation does not convey a standardized degree of education or experience."



Pictured (l. to r.): Ms. Lisa Angus, Dr. Stephen Jones & Dr. Valerie Franc

So what does this all mean for you and your health concerns? Well, according to Jones, "the focus is to find the cause of a patient's condition, rather than masking their symptoms with drugs." To this end, the clinic offers advanced laboratory diagnostics known as 'functional medicine' as well as the full array of conventional blood and urine analysis used by MDs. The doctors take detailed medical histories, conduct a 1/2 hour physical examination and, most importantly, listen to their patients. In fact, the first visit is 1 1/2 hours long, while follow-up appointments average 45 minutes. "We treat our patient's total health concerns, mind and body, not just their aches and pains," says Dr. Franc.

What's done for a condition? "That depends on the person, their history and their commitment to change the diet and lifestyle factors which may be aggravating their condition," says Dr. Franc. "No two people with the same condition are treated the same way," explains Dr. Jones. Any combination of botanical medicines, diet changes, Chinese medicine, supplements known as neutraceuticals (specially combined supplements that require an NDs license number to purchase), homeopathy, manipulation and counseling may be utilized. In addition, such intravenous therapies as chelation (for heart disease, Alzheimer's and diabetes) and 'Myer's Cocktails' (mixtures of vitamins, minerals, herbs and nutrients used for cancer, fibromyalgia and even by professional sports teams) are also available.

As for the popular conditions treated, the list includes arthritis, bowel conditions, fibromyalgia and Chronic Fatigue Syndrome, asthma, allergies, menstrual problems, Schizophrenia, cancer and respiratory disorders. Many of these conditions, along with current medical journal references and treatment options are described on the clinic's website at www.millenniumhealthcentre.com.

Located in Times Square, the clinic is open six days a week and welcomes those in the community to stop in and pick up literature, ask a question, or simply look around. Monthly open houses and public lecture dates are always posted on their front window as well as on their website

Also, a public reading room will be opened in the near future. It will provide medical literature on a wealth of topics, as well as information from Cornwall's various health agencies. All are welcome to stop by. Call for expected opening.

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EDITORIAL
OPINION

Toronto's Smoking Bylaw: How To Do It The Right Way

Once again, those with the ability and sophistication to organize and make their case have come out on top. The City of Toronto recently passed its new smoking bylaw and guess what - people will have the right to "choose" whether they wish to go to a smoking establishment or not.

That's right folks, under the new Toronto bylaw, free choice and freedom of assembly have been respected.

The compromise bylaw (which will come up for review - and yet another debate - in a couple of years) follows the suggestions I made for a "compromise" on the City of Cornwall bylaw.



Perspective
Bob
ROTH

In Toronto, smoking will be banned in areas that serve people under the age of majority. In other words, eating/drinking establishments must declare themselves "bars" or "restaurants." Bars, because they are restricted to those 19 years of age and over, will have a choice as to whether they wish to permit smoking or not.

While this arrangement has been touted as a "compromise," I consider it much more than that. I consider it the ideal solution to a clash between collective and individual rights. Adults may now choose for themselves if they want to smoke and where they want to smoke. Those who don't want to be exposed to second-hand smoke can simply choose to go to smoke-free establishments. Those who want to smoke may go to smoke-filled places.

Children - those who have not reached the maturity of full choice - are fully protected in this way.

Toronto tried putting through a full smoking ban a few years ago, but it was so soundly defied that it just didn't work. (In some communities, people have the guts to fight corruption and injustice.) The latest attempt to have the state control the bodies of Torontonians met a similar fate. People organized, made a good case and won - a strategy that is immensely preferable to sitting back and then whining after the fact.

Ironically, the new "compromise" may work in favour of anti-smoking forces in the long run. Some restaurant owners are already complaining about having to choose between their smoking and non-smoking clientele. Restaurants that cater to families but also have a high percentage of smokers must make a choice. Because most people don't smoke, I predict that more and more restaurants in Toronto will voluntarily opt for a smoke-free environment. But that will be their free choice. And that's the way it should be.

There is very little over which we have control these days. Surely we should have the right to control our own bodies. If people want to consume a legal product that is "dangerous" to the body - whether it be tobacco, alcohol, bacon fat or artificial sweeteners - that's their right. The health Nazis have no right to boot-print their values on everyone else. (What's next - a ban on red meat; a requirement that we all eat strictly according to the Canada food guide or be fined?)

Of course, we've all heard the arguments about "collective responsibility" and the effect smoking has on our health care system. There is some moral validity to this stance, but even the economics of that argument are in dispute. It has been argued that tobacco taxes more than cover the costs of "smoking" - especially when you add in the savings to the health care system of smokers dying prematurely (i.e. if they lived to a ripe old age, they would be a bigger burden on the health care system because the elderly generally need more care.)

Finding the balance between collective rights and individual rights is the eternal task of a democratic society.

I believe the Toronto smoking bylaw has found that balance. For now, at least.



Smoking By-Law Enforcement Tactics Become Heavy-Handed

Ottawa—The Pub and Bar Coalition of Ontario (PUBCO) recently released details on a series of incidents where smoking by-law enforcement officers have clearly shown intimidating and aggressive behaviour and a highly selective issuance of tickets.

At Sammy's Centrepoint, on Thursday, December 6th, 2001 a by-law officer wrote up an alleged smoking infraction in the bar's parking lot and then threw the ticket in the owner's face. The owner wanted to talk to the officer about this treatment but, instead, was told "get the f_ _ _ out of the way or I'll run you down!" This behaviour was witnessed. The police were subsequently informed, but declined to act on the complaint as "no one had actually been struck."

On the other hand, some police officers have been more than diligent in their hunt for smoking cigarettes and ashtrays. On November 16th, 2001 the bartender at the Wellington Street Royal Oak phoned in a complaint to the by-law office reporting that a patron was becoming upset when asked to extinguish his cigarette. Within 30 minutes, a squad of two by-law officers accompanied by two armed police officers were on the scene and began brusquely questioning patrons and staff for details of the smoker who had earlier left the establishment. They stayed for a quarter of an hour, even searching the kitchen and the beer cooler!

"It's hard to create a hospitable atmosphere when you have two armed cops confronting patrons and behaving as if there was a drug or weapon stash somewhere on the premises as opposed to a single cigarette," commented the owner of the Royal Oak chain of pubs. "And that's not even considering the appropriateness or cost of having police assigned to this trivial task."

There are numerous cases of by-law officers arriving at establishments days after an alleged smoking infraction. Owners have been handed tickets with no particulars other than when the alleged incident took place. In some cases, the officers have written tickets based on nothing more than anonymous calls to the city's snitch line, without having visited the bar in question.

"I can't think of any by-law where the implementation of the law is carried out with no reference to witnesses or the provision of basic details," said Edgar Mitchell, owner of the Duke of Somerset and the recipient of two such tickets. "Such behaviour ignores the basic right of individuals to be provided with the particulars of an offense and, in many cases, we can't even confront our accusers, another basic legal right."

The by-law continues to be unevenly applied. Mitchell has asked by-law officers several times why patrons weren't being ticketed. The answer: "we've been told not to ticket the public."

In other instances, patrons are being harassed. In Hemingway's, a female patron had an unlit cigarette in her hand when her friend noticed two by-law officers had entered. Both officers, after talking to the owner, issued a ticket to him and then one to the female patron – even though the cigarette had never been lit! For good measure, the larger male enforcement officer took it upon himself to menacingly stand over the female patron and berate her over her smoking habit!

On numerous occasions, by-law officers have been seen smoking in their city vehicles before entering a place to write up tickets. In addition, OC Transpo employees are having "smoking huts" specially constructed because, according to Medical Health Officer Dr. R. Cushman, "these employees are addicts." The same compassion is not being shown to local business owners who either entertain or employ similarly addicted persons.

To aggravate the issue even more, legion halls and service clubs have now been exempted from the by-law even though the conditions under which they operate are in no way different than most pubs and bars. This policy has been introduced without a formal by-law amendment or vote and despite Council clearly stating at the outset that legions and other similar establishments would be, as public places, bound by the provisions of the by-law.

It is clear that by-law officers have been told to step up their confrontations, with owners being the clear targets. Over 20 tickets have been issued to Barbarella's/Glue Pot Pub. "We are being targeted twice daily," stated Peter Summer. "Officers are deliberately employing harassment tactics. We are doing precisely what is required under the by-law having posted signs, removed ashtrays and informed customers that smoking is illegal."

"The legal advice we have is very clear," stated Jill Scott, owner of the Chateau Lafayette. "We are not by-law enforcement officers and we are not required to evict or threaten our patrons. The basic question is what does the term 'permitting smoking' mean? For example, the owner of an office building is not fined when (and if) someone is caught smoking in a stairwell. In a broader sense, should a bystander be fined for not preventing another person from jaywalking or not calling by-law enforcement? These issues are to be settled in court cases in the New Year. In the meantime, the city should stop issuing tickets until the courts decide on the exact role we are obliged to fulfill under the by-law."

"Smoke police are interpreting any kind of receptacle as being equivalent to an ashtray including beer bottles, pie plates, empty cans, empty cigarette packets, etc. We also have a major problem with undercover smoke police, some of who are drinking while on our premises," said Scott. "The legality of this practice is not yet resolved, but it is certainly reminiscent of tactics common in police states.

"When you have a bad law, like this one, bad enforcement is inevitable," added Scott. "No owner wants to disobey the law but this one is threatening our livelihoods. Bar and pub sales in Ottawa were down 22 percent in September and 20 percent in October. More and more places are closing which seems to be fine with our council and the mayor. It will only get worse. The city is trying to make us become enforcement officers for a ridiculous law that just isn't working. That's not why we got into the business."

"We have been documenting these incidents to illustrate just how heavy-handed and unfair the application of the by-law has become," said Barry McKay, General Manager of PUBCO.

We predicted that such tactics would be introduced and we wrote to Susan Jones, head of by-law enforcement, on August 1st, 2001 detailing our concerns. In addition, we clearly informed Mr. Munter's Health and Social Services Committee just two weeks ago that the enforcement process was out of control. As has become the norm on all issues that PUBCO has raised in relation to this by-law, we were once more ignored."

submitted by The Pub and Bar Coalition of Ontario

So What Happens When They Implant that Microchip under your Skin?



Meanwhile
Fred
SAGEL

Yikes.

Just when you think you might have some measure of privacy under your control, they mess it up on you.

The latest advance is rather daring, if not downright scary: it consists of a microchip that is implanted under the human skin and is filled with detailed information about you that can be accessed by anyone with the right scanning equipment.

If you think this is a scene from a bad science fiction film, think again.

It isn't even a radical research project in some secret government lab.

It is really the development of a microchip, the size of grain of rice, that can be implanted in the human body to give out detailed information about the recipient, courtesy of Applied Digital Solutions who have given birth to the technology.

The whole idea opens up a can of worms.

When I mentioned it to a friend of mine, he told me that he found the whole thing to be abhorrent.

"You won't get me to put one of those things in my body," he said. "I don't want the world having personal information about me."

Maybe.

The development of the chip is a significant move into the future. While it will give enormous boost to the technology industry and the ability to track humans, it also raises very large issues of privacy.

Privacy advocates are on the defensive these days, having suffered a devastating blow ever since September 11th, 2001.

These radio-activated chips are already used to track cattle, house pets and salmon. Both of my dogs, for instance, have the chips implanted in their necks.

But humans?

This would mark the first attempt to apply the technology to human beings, offering a potentially controversial means for hospitals to "scan" patients in emergency rooms and for governments to pick out convicted criminals.

It holds enormous potential—both good and bad.

The good thing is that the chips are not going to be mandatory—at least for now. Applied Digital is going to begin marketing its chip in South America and Europe, initially as a means to convey information about medical devices to doctors who need a quick way to find out how and where patients with pacemakers, artificial joints and other surgically implanted devices have been treated.

When activated by a radio scanner, the chip would emit a radio signal of its own from under the skin that would transmit stored data to a nearby Internet-equipped computer or via the telephone, the company has announced.

OK. But what happens if the project becomes mandatory?

That is the part that should raise concerns. If everybody were forced to wear one of these chips and have them implanted under their skin, government could keep track of all of their movements. It would be a vast infringement on what we today consider to be privacy.

That may change with this technology.

It would be helpful to track the movements of people, including terrorists. Parents could track children and their whereabouts on a computer.

But the police could use it as well: and that, for many people, is what causes the problem.

"Cops are inclined to abuse information," one prominent civil rights lawyer told me. "Just wait until they get their hands on stuff like this. It will not be a good move."

He has a point. Implants with information can be readily abused and, if the technology ever moves to a point where it will become compulsory, stringent laws need to be in place to prevent any sort of abuse by the authorities, especially the cops.

There will also be the holdouts, like my friend, who vows he will never have a chip implanted, regardless of the consequences.

"Over my dead body," he says.

We'll see.

Letters *to the* Editor

Maison Baldwin House

Dear Editor,

The holiday season has passed once again. On behalf of the women and children of Maison Baldwin House, we would like to extend our sincere appreciation to individuals, schools, church groups, industries, service clubs and everyone who provided gifts, food, clothes, household items and cash donations.

Maison Baldwin House is a shelter for women with or without children who leave their homes due to issues of family violence. We provide a safe, secure environment during their time of transition. We also provide outreach services to women who need support.

Women and children who must leave their home have a tremendous amount of stress to cope with. The holiday season is often one more stress. Maison Baldwin House experienced an extremely busy year in 2001 and anticipate an even busier year in 2002.

The Community of Cornwall has once again opened their hearts and met the need for the women and children who access our services. We truly could not do this without your support. Thanks to those who continue to support us throughout the year. We will continue to offer a viable service where women and their children can reestablish their lives free from violence.

On behalf of the women, children and staff of Maison Baldwin House, we thank you.

Debbie Fortier
Interim Executive Director

The Heart And Mind Of The Human Race

Dear Editor,

What is more difficult to understand than the heart and mind of the human race?

September 11th, 2001 showed the contrast between the terrorists willing to die in order to kill and destroy and the brave policemen, firemen and civilians ready to give up their lives to save their fellow men and women.

So often we see or read about animal rights activists protesting about animals in a circus.

We have doctors and nurses fighting to save the lives of little "preemies" in the nursery. We have scientists who do research on embryonic stem cells resulting in the death of a tiny baby.

May I quote from Dr. James Dobson as he answers the question, "Do you think it is ethical to 'harvest' fetal tissue?"

"First, it is important to remember that a child born alive presents a major problem to an abortionist. Usually the physician crushes the baby's head while still in the uterus. However, a baby born dead is of less value to researchers because brain tissue and other organs quickly deteriorate when deprived of oxygen. Thus, the abortionist must employ a means of extracting body parts and brain matter from a living baby who is not yet expelled from the birth canal.

The method is called 'partial-birth abortion.' It is grotesque beyond imagination. Over two days, the mother's cervix is dilated. Then an ultrasound device and forceps are used to reach in and grab the baby's feet. The little body is pulled into the birth canal until only the head remains in the cervix. The abortionist grasps the nape of the neck and stabs the back of the skull with blunt scissors. A device called a cannula is inserted into the wound, and the brain is sucked out. If kidneys or other organs are desired, they are removed while the child is partially in the vagina. Initially at least, these surgical procedures are performed on a live baby who has not specifically been anesthetized. The dismembered and lifeless body is then delivered the other few inches."

Life is precious in all its forms. God created us in His image. Write to your Health and Justice Ministers to express your opinion on these ethical and moral issues. Do not delay.

Mary Sproul
Cornwall

Is War The Answer?

Dear Editor,

The beginning of the 21st Century began with a bang for sure but few people realize how exciting the 20th Century began.

After several decades of incredible calm, culminating in 1899 with the comment that there was little left to be invented, the gattling gun was invented (soon to be named machine gun). A whole Indian village was "executed" in Canada in 1901 and was quickly improved and implemented in places like India.

Dog-fighting in the air in WWI involved little more than "manned flying machine guns" and until the atomic bomb at the end of WWII, it could be argued that nothing changed mankind more until then.

Hollywood responded by showing us over and over how "ineffective" machine guns are. This helps us cope with stark reality, at least until it is too late.

Times were so good before the 20th Century that poor people across the world happily farmed the good earth and had plenty to eat.

Enter technology and horrific deeds by man against mankind using weapons of destruction. Billions of people are now deprived of even food to eat or clean water. The air we breathe is dirty, too, and even the traditional bread baskets of the world are fading away.

Argentina's rich wheat fields and cattle lands are under water for the past nine months and ranchers fish for carp and eat otters, while our own prairies suffer with too little water, and soil truncated with floods. Diseases are running rampant, no doubt the cause of changing environments. Global trade is increasingly being viewed by those who suffer most as the latest crusade against humanity.

If the world is sick and on the verge of major illness, then prevention is the only logical choice. Sure it is too late to prevent many of our ills from starting, but it is never too late to try for solutions. Mankind has to perceive evil where it really is, and work together to subdue it.

Every good story needs to show good triumph over evil. If the story of mankind in the 21st Century is indeed a good story, then it is obvious we are losing big time right now, and without a game plan to help everyone, not just the rich, it is going to be a long rocky road.

War is not the solution.

Raven P. Van Leishout
Cornwall

Tolkien's Message On The Ages

Dear Editor,

J.R.R. Tolkien has his readers more informed about the ages of middle earth than we are of our own. If we take recorded history as our present age, then our earlier age is simply times before, and our next age rumoured to soon come, is simply the future. The past, present and future. A concept Tolkien no doubt entertained.

From our previous age, all we have are myths and legends with characters not unlike those in Tolkien's world, except for the hobbits which seem to be entirely unique to him. It's not all about men in his world. Men share it with elves, dwarfs and hobbits.

The elves seem immortal, and treasure wisdom above all else. Dwarfs are miners and accrue great wealth but seem little interested in power from it. Hobbits are little country people, minding their own business, usually gardening and have a great love of nature.

Men seem destined to inherit the world, so great is their love for power, meaning the others will probably die out.

Perhaps we are in a way, their future age, and we are lacking the virtues they were full of.

If a new age is indeed near, does it have to be all about tectonic plates moving around, destroying everything, or some such violence? Why not take the bull by the horns and change the way in which we act and think, without waiting around to learn the hard way.

We need to define what evil really is in order to succeed. The criteria with which we determine that which is evil, whether in a collective or an individual standpoint, is flawed. Power, greed, control, comfort and wealth gained at the expense of others is evil. If evil is properly defined, then what could nations of men join together to fight against?

A good story always ends with good triumphant over evil. To truly defeat evil to the point where it will not return again takes something we are all capable of – love.

Perhaps we are a bit too evil to be able to see it right now, but the new age won't start until we all can.

Raven P. Van Leishout
Cornwall

Editor's Note: Letters To The Editor are always welcomed. Unfortunately, space is limited to print letters, therefore, please keep your letters to the point. Also, some issues and viewpoints change with time, therefore we will attempt to print all letters within 2 weeks. Letters dated after 14 days will not be printed.

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words. All letters are subject to editing and must bear the writer's name, address and phone number for verification. The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher. Send letters to:
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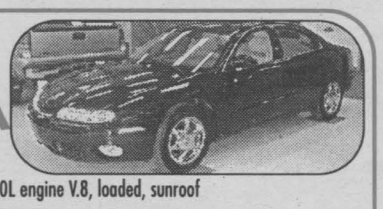
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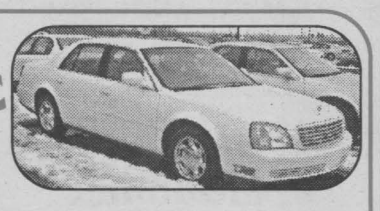
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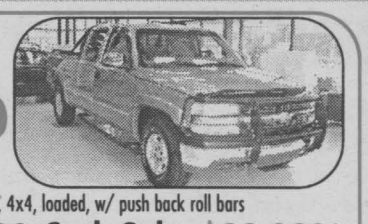
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LOCAL

North And South Stormont Work With Red Cross

North Stormont and South Stormont emergency planners are expanding preparedness for the provision of emergency services to their citizens in partnership with the Canadian Red Cross Society.

The two townships have worked since the 1998 Ice Storm to develop an effective emergency management program to protect public safety in the event of a major emergency or disaster. North Stormont and South Stormont have had emergency planning committees that have met to develop emergency plans for each community and to test the plans with exercises. The committees are now focusing their preparedness efforts on providing relief to people affected by a disaster. The Red Cross is assisting as a partner of the townships and will start by providing training for the emergency planners at the North Stor Seniors' Support Centre on Saturday, January 12th, 2002.

The Canadian Red Cross Society provides a number of programs and services to the residents of North and South Stormont. In a disaster, the Red Cross will be there to assist with trained volunteers. Susan Carter, Branch Manager, Stormont, Dundas and Glengarry Branch said, "The Red Cross stands ready to work in cooperation with local authorities and volunteer groups to provide a range of services to assist municipalities cope with disaster relief operations. This course on January 12th, 2002 is one example."

This training is one more step taken by North Stormont and South Stormont in implementing an emergency management program that is now voluntary but may soon be mandatory in the Province of Ontario.

Joe Clark To Speak In Cornwall

The Rt. Hon. Joe Clark, leader of the Progressive Conservative Party of Canada (PC DRC Coalition) and the former Prime Minister of Canada, will be Guest of Honour at the Sixth Annual Children's Treatment Centre Dinner/Roast. This was announced by Sean Adams, Chairman of the Dinner/Roast Committee. The Dinner/Roast will be held on Friday, April 19th, 2002 at the Cornwall Golf and Country Club.

The Dinner/Roast is an annual fundraising event for the Children's Treatment Centre. Sean Adams stated that the members of the organizing committee are most pleased and honoured to have the Rt. Hon. Joe Clark as the Guest of Honour for the next Dinner/Roast, to help raise the necessary operating funds for the Centre. He added that the candidates the Centre had honoured at the Dinner/Roasts in the past were all local personalities. "The Rt. Hon. Joe Clark is the first candidate with great national stature to ever participate in this fundraising event for the Centre," said Adams.

The cost of the ticket for this event will be $125 per person. For more information please contact the Children's Treatment Centre, 15 Edward Street, Cornwall at 933-4400.

ID Theft Online

Identity theft—stealing someone's personal information to use to commit fraud—is one of the fastest growing consumer crimes of the electronic age.

Many of us communicate by using e-mail and the Internet, which means we should be extra careful about the personal information we make available on the information highway. Here are some tips:

- Don't allow sensitive information to be placed in an online directory or a searchable database for anyone to access;
- Don't include your telephone number or home address as part of your signature on e-mails;
- Never assume any e-mail or (online transaction) is private – it's not unless it is encrypted. If a message is encrypted, you need a "key" to decode information before it can be accessed.

There are several hi-tech ways to protect your personal information in cyberspace. Some Internet service providers make privacy-enhancing technology and identity protectors available to help reduce the amount of personal information transmitted online and may allow you to conduct electronic transactions anonymously, through what is known as a "blind signature."

A digital signature is the electronic equivalent of a handwritten signature because both are used to authenticate documents, but digital signatures offer little privacy. A blind signature, however, provides the same authentication as a digital signature, but it does so anonymously.

Similarly, instead of having your e-mail address forwarded automatically when sending messages, you can protect your identity by having an anonymous remailer strip the identifying header from your e-mail before sending it.

What to do if you're victimized

If you suspect you've been a victim of identity theft, act quickly to prevent further impersonation. Remember that the scam artist may have gained your personal information online, but that it can be used in a variety of ways once it is within the criminal's control.

- Notify the police, banks, creditors and the credit bureau immediately;
- Contact PHONEBUSTERS at 1-888-495-8501, or by e-mail at info@phonebusters.com or the ministry at the telephone numbers below or by e-mail at cbsinfo@cbs.gov.on.ca;
- Contact the credit bureau that holds your report, obtain a copy of your credit report, identify any errors and request corrections right away. Also, ask that any corrections be forwarded to anyone who has received your report within the past two years. Call Equifax Canada at 1-800-465-7166 or Trans Union of Canada at 1-800-663-9980, toll free from anywhere in Ontario. You may also visit their websites at www.equifax.ca and www.tuc.ca;
- Cancel and replace all credit cards, financial accounts, passwords and PINs;
- Keep a log of all your contacts and make copies of all documents;
- In some cases, it may be wise to contact a lawyer.

For further information on this subject or other issues of consumer interest, contact the ministry toll free at 1-800-889-9768.

Bowling Tournament To Aid Children's Treatment Centre



At a recent bowling tournament at the Bowling Palace of Cornwall, $215 was raised for the Children's Treatment Centre. Mike O'Brien (left), Manager of the Bowling Palace of Cornwall, is seen here presenting a cheque to Maurice Thompson, a Board member of the Children's Treatment Centre.

File photo

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Homeopathy During Pregnancy


Paulette Poirier
Homeopath

Since Mrs. Mc. was in her 6th month of pregnancy taking antibiotics for her sinus infection was not recommended, discharge was thick. Loss of smell, with lots of sneezing. Headache over the eyebrows was so bad that there was nausea. The homeopathic remedy Kalium Bichromicum gave her tremendous relief within a few days; without the worry of taking medication during the pregnancy.

Keep in mind that Homeopathy treats the person and not the disease, so two people with the same problem may require different remedies.

QUESTIONS?
Paulette is available every Tuesday for more information between 2 pm - 5 pm
at Jean Coutu, Cornwall
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COMMUNITY DIGEST

***CANADIAN LIVER FOUNDATION** will be holding an Information Meeting on Monday, January 14th, 216 Montreal Road, 7:30p.m. Everyone welcome. Info: 937-1781.

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Wednesday at 7:30p.m. Info: 1-877-874-4424.

***CORNWALL NEWCOMERS CLUB** is a non profit women's club available to residents who have lived in Cornwall for less than 4 years. Monthly meetings are held the first Tuesday of each month at 6:30p.m. Info: Ilana at 534-9124.

***ECOLE STE-LUCIE,** la direction, le personnel et les élèves invitent la communauté à se joindre à eux pour une soirée de plaisirs à la salle La Nativité lundi 14 janvier à 7h pour leur Bingo annuel. Bienvenue à tous. Pour information appelez 932-9493.

***JOIE de VIVRE du CANADA INC.,** mouvement catholique d'entraide s'adressant aux personnes séparées, divorcés et vivant sans conjoint ou conjointe. Réunion toute les vendredi soir a 7h30 au 305 rue Baldwin. Nouveau local. Info: Marcel (932-4615) ou Pauline et Yvon (938-7527).

***JOY OF LIVING,** a Catholic based support group for persons living alone due to a separation, divorce or death of a partner. All denominations are welcome. Meetings are held every Friday evening at 7:30p.m. at Holy Cross School, 124 Anthony St. Info: Alice 938-1862 or Roger 936-1502.

***LADIES DAY APART** at Ramada Inn has been postponed due to speaker
Donalda Garland being involved in a serious car accident. Future date to be announced. For more informtion call 932-9683 or 534-2174.

***MARTINTOWN DINER'S CLUB** Luncheon for Seniors, sponsored by the Glengarry Outreach Services, will take place at the Martintown Community Centre on Wednesday, January 16th, 12noon. Reservations by January 14th. Call the Lan-Char Seniors Support Centre at 347-1175.

***OPENING RECEPTION** at the House of Image Gallery. "3 Artists & Guests: an Exhibition of Art and Form" with live music is being held on Friday, January 11th, 7:00p.m. to 9:00p.m., 6 Raymond Street, Potsdam. Info: 315-265-3949 or 315-265-8453.

***PARKINSONS SELF HELP GROUP** of Cornwall meet at the RCAFA Assoc. Bldg. (Wing 424) on Water St. W. on Tuesday, January 15th, 1:15 pm. Anyone interested in Parkinsons is welcome to attend. Info: 936-9944 or 933-2193.

***SEAWAY WINDS CONCERT BAND** meet every Wednesday, 7:00p.m. to 9:00p.m., C.C.V.S. Music Room 115. Adults and mature students who have concert band instruments and play at least an intermediate level are welcome to attend. Info: Barb Hunter 534-2111.

***"THREE ARTISTS & GUESTS:** An Exhibition of Art & Form" at The House of Image Gallery, 6 Raymond St., Potsdam. Recent works by Otto Czerepak, Christopher Miller, and Raymond Whalen is being held January 11th through February 8th. Admission is free. Info: 315-265-3949 or 315-265-8453.

***TOASTMASTERS "SUPPER CLUB"** has now been formed in Alexandria. Meetings are held every second and fourth Wednesday of the month at the Priest's Mill, Main St., Alexandria., 5:45p.m. to 7:15p.m. Info: Sandra 347-1799 or Bob 938-0775.

TOPS, ON4643 Long Sault, meets at Pentecostal Church, Bethune St. every Monday Night. Weigh: 6:30-7:00p.m. New members welcome. For info call Mary Ann at 534-2809

***TRI-COUNTY LITERACY COUNCIL** and Agapè Centre announce the opening of a Homework Centre for parents and children of elementary school age, January 14th-31st., at the Agapè Centre. Start date is February 4th. For more information call in the morning at 932-7161.

***TRINITY BRIDGE CLUB** holds Bridge every Thursday at 1:00p.m., Trinity Church Hall. Everyone welcome.

***WHOLISTIC BIRTHING** Information Meeting is being held on Wednesday, January 16th, 7:00p.m., at Gault Family Chiropractic Clinic, 421 Marlborough St. An approach to birthing that is safe, peaceful and respectful to the mother and baby. Everyone welcome. Info: Simonne 525-0949.

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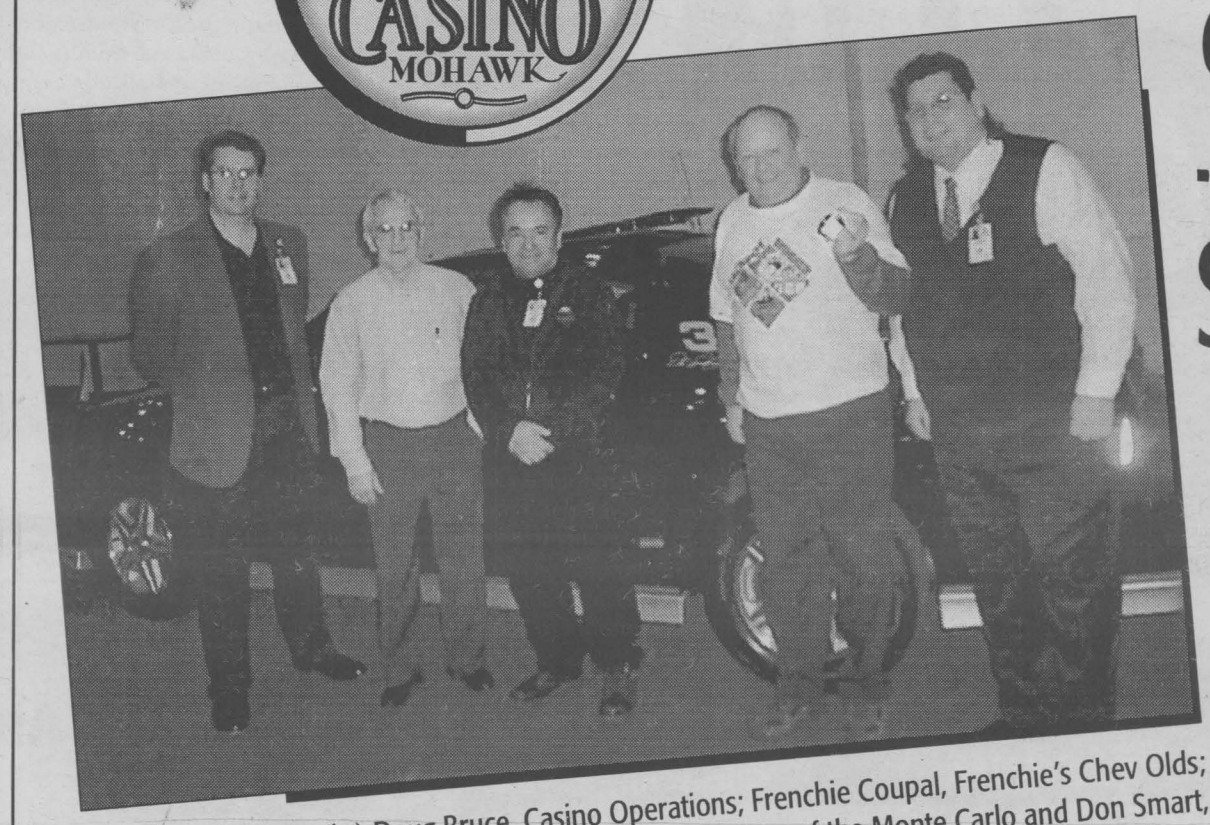


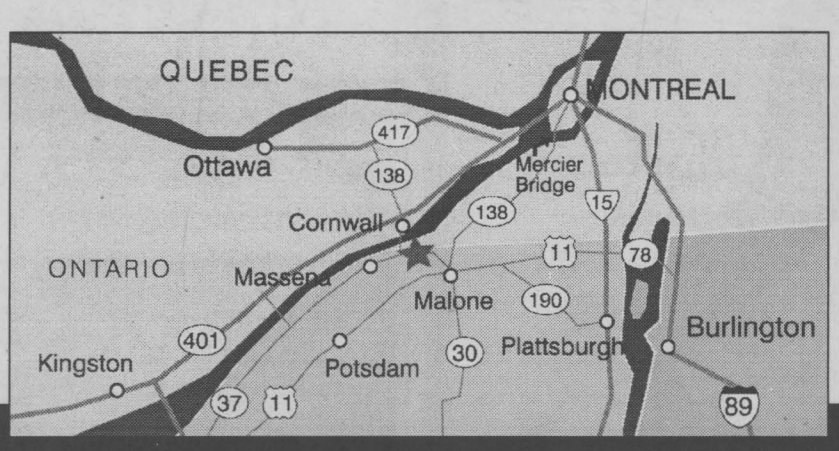
Mr. Donald Simpson is pictured holding the keys to his new Dale Ernhardt Limited Edition Monte Carlo

Pictured above are (l-r) Doug Bruce, Casino Operations; Frenchie Coupal, Frenchie's Chev Olds; Steve Cook, Video Gaming Director; Donald Simpson, winner of the Monte Carlo and Don Smart, Director of Marketing.

The Akwesasne Mohawk Casino is proud to announce that Mr. Donald Simpson from Malone, NY will be driving in the year 2002, a brand new Monte Carlo (Dale Ernhardt signature) limited edition car. Mr. Simpson was playing 7th Heaven when he hit this awesome jackpot. There was no hesitation - his mind was made up that he was going to take this beautiful car.

Mr. Francis Jock, General Manager of the Akwesasne Casino presented Mr. Simpson with the keys to this automobile on Monday, January 7th in the Northern Lights Showroom. This is the ninth vehicle the Akwesasne Mohawk Casino has had the pleasure of giving away in the year 2001.

This limited edition car from Frenchie's Chev Olds in Massena is one of only 3,333 cars made of this series. We are positive that Donald will have many enjoyable miles from this jackpot that he won on Thursday, January 3rd, 2002.



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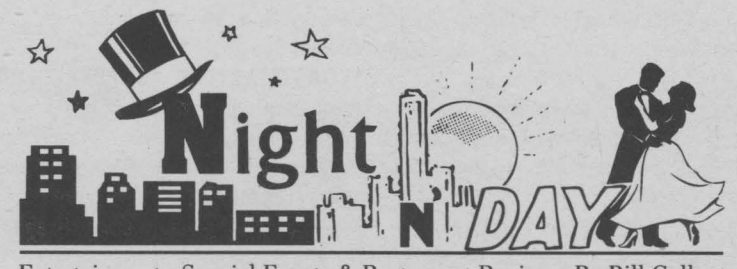

Entertainment - Special Events & Restaurant Review - By Bill Gallant

It will be another busy weekend in the Seaway Valley with several events on the calendar. This Friday and Saturday, January 11th and 12th, 2002 there will be another of those great **MURDER MYSTERIES** presented at **PORTO BELLO HALL,** and produced by **PARTNERS IN CRIME PRODUCTION.** Here's the plot: Diane and Dan are getting married and everyone should be thrilled...right? Wrong, because Dan's father and Mother have vowed they will stop at nothing to have the wedding post-poned. No one seems to really know what's going on. The couple even get as far as the church. The ceremony is delayed. Strange things start happening. It's another of those murder mystery productions by Mary Hug and direct-ed by Cathy Doyle-Parent. One of the interesting characters, and there are many, is the father of the bride, played by radio personality John Divinski, while Mary Ann Hug plays the role of the bride's mother, with Danielle Roy-Gervais as the groom's mother. Melanie Lenneau and Mat Fontaine are in the roles of Bride and Groom, with Laurie Bingley as the bride's sis-ter, and Adriana Sabatini in the role of sister of the groom. The best man is Chris McCourt and the production is called **THE HONOUR OF YOUR PRESENCE.** The whole plot will unfold on-stage at the Porto Bello with doors opening at 6 p.m., an elegant dinner buffet starts at 7 p.m. with the showtime set for 8:30 p.m. Hostess Cathy Kovinich will greet everyone and make you feel welcome. Tickets are available at Remington's and Porto Bello facilities. This is a wedding you don't have to bring a gift to but you may even win one of the murder mys-tery prizes if you can guess the killer and the motive.

If you are looking for a place to enjoy music and a few dances, then perhaps **ROGER TERRIAH** and **BOB BASSINET** will be able to accommodate you. Bob and Rog, otherwise known as **CLASSIC THUNDER,** will be appearing this Friday and Saturday, January 11th and 12th, 2002 at **SPINNERS RESTAURANT AND BAR** at 118 Pitt Street. This duo plays a variety of music including the songs of the 50's and some new country. Hours are 8 p.m. to 12 p.m. this Friday and Saturday, January 11th and 12th, 2002.

This is going to be a big weekend for the **RCAFA, WING 424** event planned to collect some non-perishable food items to help re-stock the **AGAPÉ CENTRE'S** shelves. There will be music, dancing, and prizes starting at 12 noon until 10 p.m. on Sunday, January 13th, 2002 and the public is invited to attend. All it takes will be some food items to be dropped off at the Wing building on Water Street, and then stay to watch the show. **LINE DANCING,** a seven-piece Dixie Band called **RUBY TUESDAY,** THE **ROADHOUSE DANCERS,** and several media and community personali-ties to meet. Come out and have a chat with **John Divinski, Darryl Adams, John Bolton, Alf Lefebvre** of the **Standard Freeholder,** some of our **City Councillors,** and others. We recommend that you come early as seating at the Wing will quickly fill-up. Members of the RCAFA and representatives from the Agapé Centre will be there to greet everyone and the event promises to be a real extravaganza!

The **GREAT CANADIAN SALUTE TO GLEN MILLER** concert is set for Saturday, January 19th, 2002 at the **AULTSVILLE HALL.** Concert is scheduled for 8 p.m. and tickets are available at the Cornwall Civic Complex box office.

Still time to win some of the prizes offered at the **KARAOKE FUN TIMES** at **ROSIE MAGOO'S** on Third Street East. The fun, with the **KARAOKE TWINS** is held on Sundays between 3 p.m. and 9 p.m. and also great weekly prizes. Live bands appear at Rosie Magoo's every Thursday, Friday and Saturday.

Until next week, G'Day and G'Night.

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WORLDFEST FESTIMONDE

Worldfest Announces 2002 Schedule

At the regular Worldfest committee meeting held on January 8th, 2002 the committee formulated the plans for the 2002 festival. Due to lack of funding and volunteers it was decided to hold a "Mini Festival" this year and return to a major five-day festival in 2003.

The plans for this year's events include a "Youth Day" in cooperation with the City of Cornwall Recreation department, on Friday, July 5th, 2002, and a "Seniors Day" and "Dinner Cabaret" on Saturday, July 6th, 2002.

All entertainment will be provided by groups from Montréal, Ottawa or Toronto, representing their different cultures in song and dance and of course "The MacCulloch Dancers."

Spokesman, Dan Osborne said, "We have seen some of these groups, and the performers are all from the coun-tries they represent and they put on a really professional show."

The "Youth Day" will be held at the Bandshell in Lamoureux Park and the afternoon "Seniors Day" pro-gram and the evening "Dinner Cabaret" will be presented in Salons A, B and C of the Cornwall Civic Complex. More information may be obtained by calling the Worldfest office at 936-2222.

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Saturday, Jan. 12th 2 p.m. to 8 p.m.	Sunday, Jan 13th 2 p.m. to 7 p.m.
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Be Alert: Children Back In School!



Schools in Stormont Dundas and Glengarry are back in full swing this week. These young students from St. John Bosco are glad to be with their friends again. This should also be a reminder for all the drivers out there to be alert for those big yellow buses and their precious passengers.

Getting on the bus are: (front, left to right) Cameron MacDonell, Courtney Oakes and Erika Pettepiece. In the back (left to right) are: Courtney Derouchie, Stephanie Marleau, Mallory Smith and Kayla Laframboise.



Carson Smith eagerly climbs on his bus at St. John Bosco after his first day back to school. All students in SD&G are back to their regular regime. Hey! Only 44 more days until Spring Break!

Photos by Chris McPhee

The Raisin River Watershed Needs You!

By Roger Houde

The Raisin River watershed covers an area that includes our precious rivers and their tributaries throughout Stormont and Glengarry; it stretches along the St. Lawrence River from the province of Québec to west of Ingleside, Ontario and extends north of Alexandria. Each of the waterways and their shorelines create essential havens for a range of plant and animal life…everything from migratory and resident bird populations to the various frogs whose calls herald spring in style.

If you use the rivers and their shorelines, including the Cooper Marsh Conservation Area, the Gray's Creek Marina and Conservation Area, you know what a vital resource we have in the watershed. But the watershed doesn't just provide nature conservation and human recreation opportunities; water and land management in this area is crucial for the environmental health of the entire area.

That's where the Raisin Region Conservation Authority (RRCA) comes in – and where we need your input. The RRCA is one of 38 publicly-funded, provincial organizations that are mandated to provide programs and services that protect our province's watershed areas, and that serve local communities by ensuring proper and continuous management of our water resources, protected conservation areas, and land planning processes.

Being a community-based environmental organization, the RRCA is dedicated to restoring, developing and managing the natural resources in our watershed. In our area, for example, we serve both rural and urban residents through programs that include flood warning and control, water regulation and management, wetlands protection, reforestation, soil erosion, conservation areas and parks, and public information and education – programs that are invaluable in maintaining our resources for the future.

Right now, we're taking a detailed look at those programs and services. And that's why we need your help. Community involvement and partnerships are fundamental to implementing a watershed management strategy that's consistently successful…and that meets the needs of the local communities and residents. Your input is essential.

Over the next few months, we'll be working with the public and our many stakeholders to find out which of our programs and services you need or want us to provide, and to ensure that the services we offer in the future meet the needs of our changing environment and our communities.

To find out what's important to you, we're asking for your input through a questionnaire that you can fill out and return to us, and through two upcoming public meetings. Only a strong plan to guide our decisions on programs and services can ensure our future success – and public input is fundamental to a strong plan, one that ensures that we're meeting the communities' needs in conserving our water resources.

I'm asking you to pitch in. Tell us how we're doing at helping the environment where you live; what's working, and what isn't. Where do you need more programs or information? What can we do to help?

Here are some ways that you can provide your comments. You can pick up the questionnaire at Township Offices throughout Stormont and Glengarry as well as the Cornwall Chamber of Commerce and City of Cornwall offices, and on the Internet at www.rrca.on.ca and follow the links to questionnaire. You can also obtain a copy by phoning (613) 998-3227 or e-mailing us at info@rrca.on.ca. The two public meetings are scheduled for January 30th, 2002 in Cornwall and February 6th, 2002 in Martintown. Watch your local newspaper for details. You can always contact us at our office on Boundary Road in Cornwall, whether you'd like to ask questions, make comments or provide feedback.

However you make your voice heard, I encourage you to get involved with this process, and I thank you for your enthusiasm. The future of the Raisin Region Watershed is depending on it.

Roger Houde is the General Manager for the Raisin Region Conservation Authority in Cornwall.

Special Appointment

VTB BATHTUB LINERS INC. is pleased to announce the appointment of Art Coughlan as associate partner in VTB's new kitchen division (VTB Custom Kitchens Inc.). Art recently headed up the kitchen centre at Rona/Cashway on South Branch Rd. Art's overall experience in the kitchen trade spans over 16 years.

Art invites all his friends and previous clients to come and visit our new showroom at 26 Blackadder Ave.

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Art Coughlan



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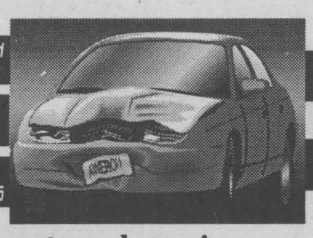

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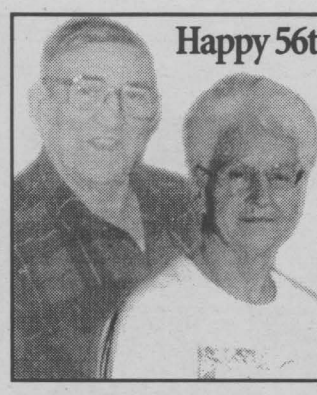
de tous tes amis!



Happy 56th Wedding Anniversary
Mom & Dad
Edna & Myles Benton
celebrating on January 15th
Love your ten children, twenty-six grandchildren and four great grandchildren

Thank you to everyone who attended our **50th Anniversary Celebration**. It was wonderful seeing so many friends and family. Thank you also for the many beautiful cards and good wishes received, as well as the gifts. The monetary gifts, amounting to $900. were given to the Agapé Centre, Cornwall. Thank you sincerely. A special thank you to our family who arranged the perfect day and to Father Louis Groetelaars for the beautiful celebration of Mass. We have been truly blessed.

Bill & Kathleen MacNaughton



Happy Birthday
uncle
Steve Burns
celebrating on January 15th
we won't tell that it's your 50th, trust us ... love Kelli & Christine

LOCAL

Cancer Society Lottery

A Morrisburg resident is a big winner in the Canadian Cancer Society's first ever Lottery. Mr. William Wilton of Deeks Rd. in Morrisburg has won a 2002 Lincoln Navigator (approximate retail value of $80,374).

SDG & Prescott-Russell unit manager, Janie Grimes is excited to share the news. "Having a big winner in our Counties is wonderful," says Grimes. "The lottery is a first for us and we're so thrilled to have the chance to give back to our community for all they've done for us in the fight against cancer. We just want to thank everyone, all those people who bought lottery tickets, too. It will make a difference."

The Canadian Cancer Society Lottery has been very successful, with 97 percent of the $100 tickets sold. It is estimated that millions of dollars will be added to the fight against cancer because of the Lottery. Final results are to be released once all prizes have been claimed and final expenses paid.

"Awarding the prize was so exciting and even though Mr. Wilton told me that he doesn't drive any longer," Grimes says, "he was thrilled to say he won't be shoveling his driveway anymore this winter!"

The final three $1 million Grand Prize winners were drawn at the CTV studios at 2 p.m. on December 19th, 2001.

ICE BREAKER EVENT
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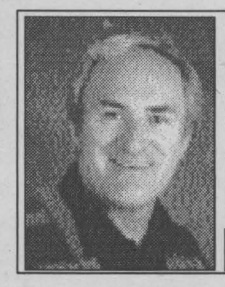

Music Update

Yvan **BRUNET**

Blue Rodeo "Greatest Hits" WEA. Blue Rodeo was born out of the Toronto club scene in the mid-eighties led by Jim Cuddy and Greg Keelor. In addition to presenting a collection of established hits, this new offering sports two new cuts: "After The Rain" (a reworking of their 1991 hit) and "To Love Somebody" (a rendering of the Bee Gees classic). Great stuff!

Sloan "Pretty Together" BMG. Sloan is the rock and roll personification of the work ethic, a band pushing itself to its technical and theatrical limits. The high point of their latest creation is a song titled "If It Feels Good Do It," which is already zooming up the charts. Check out as well the Holliesque "In The Movies." Grrreat!

St. Lawrence String Quartet "Tchaikovsky String Quartets 1 & 3" EMI Classics. Since their genesis in Toronto in 1989 the St. Lawrence String Quartet have delighted audiences worldwide. The dominant feeling of these two works by Tchaikovsky is of contemporary chamber music, with the string quartet performing essentially within that genre. There is wonderful food for the mind here and something for the emotions as well.

Leonard Cohen "Ten New Songs" Columbia. With the release of his 14th album, Canadian poet-singer Leonard Cohen continues to bring to us, through the musical idiom, a documentation of maturity and survival. A very laid back, bluesy, somber affair that deals with various situations that seldom serve as grist for the pop mill: "In My Secret Life," "You Have Loved Enough," "By The Rivers Dark,"...a treat for diehard fans.

Billy Bob Thornton "Private Radio" Lost Highway. Actor Billy Bob Thornton is not a gifted singer, but his album "Private Radio" is nonetheless an emotional piece of artistic work. The songs: "Walk Of Shame," "Beauty At The Back Door," "Dark and Mad,"...add up to a series of emotional tone poems. Striving neither for hits nor for self-promotion, Thornton has made some sterling music.

Keith Glass "Straight Ahead" Festival. Solo venture for Prairie Oyster guitarist Keith Glass. The man can bend the strings quite well but he's hardly a gifted singer. Nonetheless a nice mixture of tex-mex rockers, swingin' blues numbers and haunting ballads, all penned by Glass himself. There are moments.

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Corner Post

Elbert **van DONKERSGOED**

Last week, on the way to visiting relatives in Eastern Ontario, we tuned in to the Rush Limbaugh Hour on WHAM Radio out of Rochester, New York. Limbaugh has a long history as a conservative and Republican talk show host. Limbaugh was on holidays but his standin, Rodger Hedgecock, was in full conservative voice, calling on President Bush to veto the latest United States Farm Bill and instead, commit to slashing farm subsidies over three years and let the marketplace get back in control of agriculture.

To kick off the subject, Hedgecock shared some of the information available on the website of the Environmental Working Group. The top 10 percent of United States farms received 67 percent of all United States Department of Agriculture payments between 1996 and 2000. The bottom 80 percent received, on average just $5,830 during the five-year period. Lots of unlikely subsidy recipients are identified: Bank of North Dakota $1,271,513; Dupont $188,732; Caterpillar $171,698 and John Hancock Mutual Life $125,975.

The Rush Limbaugh phone lines lit up and the rhetoric began.

- We don't really want subsidies. We don't like subsidies, but we have to take the subsidies with the way prices are.
- Ninety percent of farm corporations are family owned. We need to help the family farm.
- Farmers don't want subsidies - they don't like welfare but the price of a bushel of corn is the same buck eighty they were paid in the 1960s while machinery, fuel and land costs have all gone way up.
- The Europeans won't let our cheaper, better products in, so we can't sell for a fair price.
- If government trade negotiators can't do a better job of getting access to other countries, government has to help pay for our production.
- Rural America, part of our heritage, is dying. We have to keep putting dollars into rural America.

The callers were all conservative voices but they defended big government and political intervention in the marketplace. They ignored reality. The United States is paying farmers to produce more than the marketplace needs. It is the subsidies that cause the low prices. United States farmers are no longer low cost producers. The subsidies allow them to pay more for land and machinery than they are really worth. But, most important, United States farm subsidies have been captured by industrial farms at the expense of the traditional family farm. Rural America is dying because farming is industrializing. Some Americans are willing to cut back on the vast array of United States farm subsidies. But, the voice of reality remains submerged in a rhetoric designed to build political support for still more big government and political intervention.

The Environmental Working Group information can be found at ewg.org.

LOCAL

Local Car Wash Aids United Way



From November 19th to 24th, 2001, Minute Auto Wash held a fundraising campaign for the United Way. The full service car care centre at 1930 Pitt Street donated from each full service car wash and 50 cents from any hot wax. A total of $803 was raised to help the United Way provide for their 19 agencies.

In the photo (left to right) are: Bobby Richardson, Dan Lascelle, James Lefave, Romeo McDonald, Denis Moquin (United Way) and Ron Kuipers, owner of Minute Auto Wash.

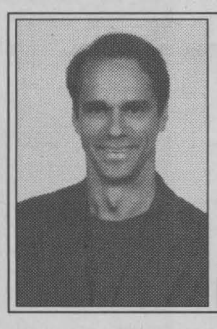
Story by Chris McPhee/Photo submitted by United Way

COMMUNITY DIGEST

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Wednesday at 7:30p.m. Info: 1-877-874-4424.

***CORNWALL NEWCOMERS CLUB** is a non profit women's club available to residents who have lived in Cornwall for less than 4 years. Monthly meetings are held the first Tuesday of each month at 6:30p.m. Info: Ilana at 534-9124.

What Is Nitrous Oxide?



Ask The Dentist

Louis **CARDINAL** *BSc, DDS, FAGD*

Nitrous oxide also known as "laughing gas" is an odourless gas which affects the central nervous system. It has been used in medicine and dentistry for many years and is considered one of the safest forms of sedation available. For patients who are anxious and uncomfortable about their dental treatment, nitrous oxide can provide them with enough sedation to make their treatment more comfortable. The benefits of using nitrous oxide are numerous, one being that you remain conscious and fully aware during treatment. It is administered through a nosepiece and the depth of sedation can be varied at will by the dentist as well as the patient, since breathing through your mouth as opposed to the nosepiece will decrease the dose; if you wish to increase the dose you can concentrate on breathing through your nose. During sedation all your protective reflexes are intact which means you will respond normally to any stimulus and remain in control. Furthermore your dental treatment will progress more smoothly, since it helps eliminate fear and reduce anxiety, by helping you relax. Individual patients experience its effects differently but generally, as the depth of sedation increases, you will experience tingling and numbness in your hands and feet, warmth, numbness in your legs, tongue and other soft tissues of your mouth. Many experience a feeling of euphoria with sounds becoming more distant. Your extremities may feel heavy or light depending on your individual response. One advantage of nitrous oxide sedation is that it can be discontinued at any time, should you feel it is not pleasant. When terminated, your dentist will make you breath 100 percent oxygen to rid your body of nitrous oxide, then dismiss you. One common misconception about nitrous oxide is that no injections of local anaesthetic will be required. Unfortunately, due to the mild level of sedation provided by nitrous oxide, an injection of lidocaine is still required, except for minor procedures. Please remember however, that if you have an unusual fear of injections, receiving the local anaesthetic after the nitrous-oxide can drastically reduce your anxiety. For some patients, this justifies the use of nitrous oxide. Please do not hesitate to ask your dentist if this mode of sedation could be beneficial to you.

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Paul Trottier Pharmacist

ANTIBIOTICS
Who Really Needs Them?

Antibiotic resistance is one of the most important public health issues facing us today. Newspaper headlines detail the rise of new superbugs such as those causing the "Flesh-eating disease" and the return of old diseases like tuberculosis. This causes significant alarm for health care workers as well as the general public. The rise of these new infections is, in part, due to antibiotic resistance.

What Are Antibiotics?

Antibiotics are drugs used to kill or harm specific bacteria. They have been used for over 50 years to treat many infectious diseases such as pneumonia, tuberculosis and meningitis. Before the discovery of antibiotics, people died from bacterial infections which today are easily treated.

What Are Bacteria?

Bacteria are microscopic life forms which can cause infections in human beings as well as in animals. Bacteria have the ability to adapt quickly to their surroundings. Their goal is to survive and multiply and they will change their outer coats to avoid being recognized and destroyed by antibiotics. This ability to adapt to their surroundings is the basis of antibiotic resistance. It is important to emphasize that bacteria are NOT the same as viruses.

What Are Viruses?

Like bacteria, viruses are also microscopic life forms which may also cause infections. The common cold is the most common example of an infection caused by a virus. However, antibiotics are NOT useful in killing viruses.

What Is Antibiotic Resistance?

When antibiotics are used incorrectly and too frequently, bacteria will adapt and change themselves to prevent being destroyed. Once these bacteria have changed, the antibiotic is no longer useful. The more exposure bacteria have to antibiotics, the more likely they are to develop resistance. For example, 50 years ago penicillin was effective in treating many infections; today its usefulness is limited because of antibiotic resistance. Worse, certain bacteria have now changed to the point where no antibiotics are useful.

What Are The Result of Antibiotic Resistance?

Because of widespread overuse of antibiotics, some bacteria are no longer affected even by the strongest antibiotics. This means infections can be more severe, last longer, spread more quickly and even lead to death because there are not effective antibiotics available.e the process of developing new antibiotics is long and costly. Bacteria can change much more quickly than we can develop new antibiotics.

What Is Incorrect Use of Antibiotics?

Viruses are not affected by antibiotics. Most upper respiratory infections (such as common colds, flus and sore throats) are caused by viruses and **should not** be treated with antibiotics. Using antibiotics to treat virus infections allows existing harmless bacteria the chance to adapt and change and become resistant. Not taking an antibiotic exactly as prescribed for a bacterial infection can also allow the bacteria to develop resistance.

What Can I Do To Prevent Antibiotic Resistance?

If your doctor recommends that an antibiotic is not necessary then follow his or her advice. Many people expect or demand antibiotics for respiratory or other infections, even though most are viral and their doctor recommends that antibiotics are not necessary. This leads to antibiotic overuse and resistance.

Do not stop taking an antibiotic simply because you feel better. Sometimes when antibiotics are prescribed correctly, people may not follow the directions and this can also lead to antibiotic resistance. It is very important to take the antibiotic for as long as your doctor has prescribed.

Conclusions

Antibiotic resistance has become a major problem. Correct use of antibiotics is the best way to ensure that these drugs remain useful in treating infections.

For more information, talk with your pharmacist.

JEAN COUTU
5 9th Street East 938-7339

UPPER CANADA District School Board

An Invitation

is extended to all grades 6 and 7 students and their parents to attend an

OPEN HOUSE

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Growing Together

Map of Cornwall City Schools Boundaries
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Boundary Rd.
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Pitt St.
General Vanier School
Long Sault
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Moulinette Rd.
St Regis
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Joan Hodge UCDSB Chair
David McDonald Vice-Chair
Learning Together
Gino Giannandrea Director of Education
ja4012

SEAWAY SPORTS

Club 55+ Action

Statistics as of week 14 in Club 55+ action at Olympia Bowl: In the average race it's close in many areas, it will change, you can bet on that.

Males: Roy Julien 228, Harvey Barkley 222, Don Silmser 220, Harold Millward 210, Roma Amelotte 209, Ron Currie 203.2 and Albert Amelotte 203.1.

Females: Shirley Eastman 194, Anita Bissonnette 186, Simone Kearns 183, Marie Martin 179, Betty Dunn 178, Thelma Goulet 172 and Val Currie 167.

Struggling to stay in the top echelon are: Rene Laurin 197, Gilles Cadieux 193, Cliff Merpaw 190, and for the ladies: Gladys Roy 164, Shirley Merpaw 163 and Veronica Boileau 162.9.

Making an effort to unseat someone in the top ten, males: Vernon Eastman 189, Cliff Duquette 188, Frank Saderson 186.5 and Tom Fagan 186.2. For the ladies: Bea Duquette 162.7, Lee Kirkey 159 and Jean Eamer 156.

Save this Seaway News copy for year's end, check whose in the top ten and who changed positions, there will be some.

Highs rolled: Harvey Barkley 222-213, Rene Laurin 286, Vernon Eastman 233, Gerry Ouimet 224, Terry Dupuis 221, Wilson Duffy 220, Eric Dunn and Simone Kearns 216, Veronica Boileau 206, Conrad Godard 204 and Theresa Arsenault 200.



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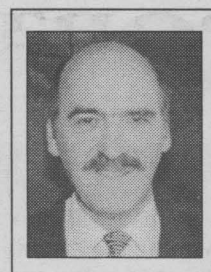
SEAWAY NEWS



Sports Chips

Bill **Gallant**

Teams that comprised the Cornwall and area industrial workers were very active and formed several leagues that participated in Cornwall sports events. One such group were the members of the different shifts at the former Courtaulds plant that made up the hockey teams that played many competitive, but friendly, games at the Cornwall Water Street Arena.

Our top photo is one of those groups that reportedly had a "stacked" team in this picture from March, 1941. In the front row, left to right, G. Lebrun, B. Roberts, C. Desrosier, J. Denneny, J. O'Grady, A. Ostler, F. Denault. Back row, left to right, F. Doherty, A. Lemire, Ed Emerton, L. Persian, L. Davies. But the bottom photo shows the end result of that encounter. If I read the sign clearly, members of the "A" Group upset that so-called bunch of "stackers," and they were happy to rub it in back at work the next day. Sorry but the only one I was able to identify in this picture, taken at the Courtaulds plant, was Eugene Legault, third from the right, and wiping the tears from a member of the losing team.

I would suggest that you keep this photo handy and next week, I'm certain we will be able to identify the others, via calls from our readers.





A reminder that the Cornwall Colts will be on the road this weekend for a game on Sunday, January 13th, 2002 in Cumberland at 7 p.m. Next home game will be on Thursday, January 17th, 2002 when Brockville will be here for a 7:30 p.m. game at the Si Miller Arena.

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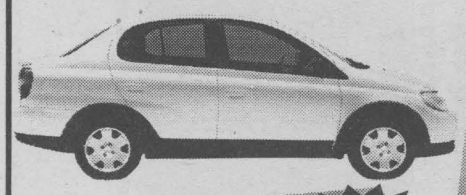

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Seaway Valley

Minor Atom "AA" Rapids

The Hydro One Seaway Valley Minor Atom "AA" Rapids participated in the Bell International Tourney in Ottawa on the weekend. Their first game was against the Pickering Panthers, who scored two goals in the last six minutes for a 3-1 win. Adam Wensink scored the lone Rapids' goal.

On Friday, the team played the Syracuse Stars and lost 7-1 with Jérémie Spagnolo scoring for Seaway.

The Rapids registered a 5-1 win in their last game against the North York Knights. Tyler Barnhart, Kody Dupuis, Taylor Filion, Shane O'Connor and Chad Thompson scored. Game MVP's were Rod Archer, Eric Chaussé, Filion, goalie Stone McCauley, Chris Rutley and Wensink.

South Stormont

Sharks

The South Stormont Sharks played the South Stormont Wildcats on December 30th, 2001 and defeated them 3-2. Scoring for the Sharks was Kevin Hope (3), and assisting was Jonathan Dunbar with two assists. Everett Markell was solid in nets.

The Sharks remain undefeated with three ties and are in first place in the UCMHL standings.

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Nesbitt Burns

Major Atom Rapids

The Nesbitt Burns Major Atom Rapids travelled to Ottawa this past weekend to participate in the Bell International Hockey Festival. The Rapids struggled in their first game losing to Outaouais 6-0. Brett Conway was named defensive player of the game and Sean Rudy was named offensive player of the game. The Rapids came out on the short end of a hard-fought 2-1 loss to the Syracuse Stars. Kale Perry scored the lone goal for the Rapids and was also named defensive player of the game. Trent Thomas was selected as the offensive player of the game.

The Rapids rebounded to defeat the Georgina Blaze 6-2. Brett Michaud and Justin Ingram each scored a pair of goals as Brendan Trasuk and Brock Bissonnette added single goals. Bissonnette was named defensive player of the game and Ingram was named offensive player of the game.

Seaway Valley

Minor "AA" Rapids

The Seaway Valley Minor "AA" Rapids played two great games. The first resulted in a close 3-2 loss to Cumberland. Trevin Thompson scored both goals. The first, a break-a-way goal, and the second assisted by Brent Vanloon.

Pat St. Jean earned two goals to lead the Rapids to a 5-1 sweep over Rideau. Singles were added by Jordan Scheffer, Matthew Walsh and Karol Thibodeau. A strong performance by goalie Josh Ingram assisted both wins.

Cornwall Innovative Converting

Atom "B" Royals

Cornwall Innovative Converting Atom "B" Royals travelled to Potsdam to face off against the Sand Stoners for a league game and came away with a 10-2 win. Goalies Joel Charron and Dylan Lefebvre shared the netminding win. Carson Graveley led the offensive attack with a five point game recording one goal and four assists, while linemate Jordan Rochon had a four-point effort with a goal and three assists, and Patrick Levac recorded his first hat trick of the season. Corey Agar and affiliated player Mathieu Rochon each earned a goal and an assist. Netting singles were Taylor Bergeron, Brock Marsolais and Paul Martel.

The Royals hosted the Potsdam team at the Si Miller for another league game and this time the game ended in a 4-4 draw. Captain Brock Marsolais led the way with a pair of goals and an assist. Affiliated player Brad Maloney chipped in with a goal and an assist. Paul Martel added a single and Sylvain Richer notched two assists.

In another league game, the Atom "B" squad hosted the South Stormont Selects and came away with a 2-1 win. Goalie Joel Charron earned the win, while defencemen Corey Agar, Josh Coyle, Ryan Fontaine and Justin Theriault patrolled the denfensive zone aggressively, keeping the attackers away. Taylor Bergeron and Carson Graveley recorded the goals and Corey Agar added an assist.

In an exhibition game, the Royals played the Massena "A" team and ended in a 1-1 draw. Scoring in the game was Patrick Levac with assists going to Carson Graveley and Jordan Rochon.

Colts 930-9300

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Next Home Game

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SEAWAY SPORTS

Cornwall Kinsmen

Atom "A" Typhoons

The Typhoons were victorious in their two latest Ottawa District Youth Competitive League games, both against the Nepean Wildcats. Scoring in a 3-0 win for Cornwall were Chelsea Seguin with two and Teal Gove with one. In a much closer match, Cornwall edged Nepean 1-0, with the lone goal coming from Teal Gove. Cassie Seguin and Alysha McLeod shared the shutouts for both games.

The Typhoons' strong play has allowed them to close the year 2001 atop their division in the Ottawa District Youth Competitive League.

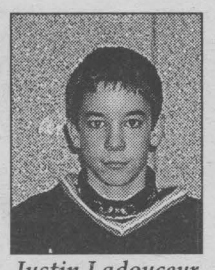
The team opened year 2002 by participating in the Bell Ottawa International Hockey Festival. The Typhoons faced extremely tough competition against three "AA" clubs from Aurora, Nepean and the National Capital. Cornwall fought to a scoreless draw in their first match against the Aurora Panthers, with Cassie Seguin stopping 32 shots for the shutout. Their next game was another hard-fought battle, this time falling just short in a 1-0 loss to the Nepean "AA" Wildcats. Their last game was against the eventual tournament champions, the NCCP Ottawa Capitals, resulting in a 5-0 loss.

The Typhoons next travel to Kanata for league action, and then to a tournament in Scarborough over the weekend.

Cornwall

PeeWee "A" Major Royals

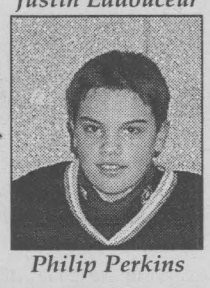
The Cornwall PeeWee "A" Major Royals Hosted the Gloucester Rangers December 9th, 2001 winning the game 4-2. The goals were scored by Devin Brunet, Eric Marion, Justin Ladouceur, and Jason Marion. The assists were from Nicholas Gaudette and Eric Marion, with a pair each for François Bruyere and Justin Ladouceur. Great goaltending by Justin Delormier.



Justin Ladouceur

The Cornwall PeeWee "Â" Major Royals are currently ranked fifth in the Ottawa District Minor Hockey Association.

The Cornwall PeeWee "A" Major Royals hosted the undefeated Goulbourn Rams Sunday, December 16th, 2001. The game ended in a 3-0 loss. Both teams took a number of penalties, giving the opponents a number of power play opportunities. All three Goulbourn goals were scored on power plays. Thanks to outstanding goaltending by Philip Perkins, the goals were kept to only three.

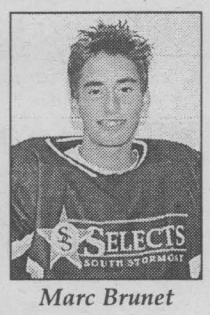


Philip Perkins

South Stormont

Bantam "C" Selects

The South Stormont Bantam "C" Selects picked up where they left off before the Christmas break by winning both games in UCMHL play this week. Led by three-point efforts from Kory Willard, Doug Alguire and Corey DeRooy, the Selects trounced the Morrisburg Lions 6-2, with Willard collecting three goals, Alguire scoring twice while adding an assist, and DeRooy chipping in with three assists. Shane Brisson scored the other goal as the Selects outshot the Lions 28-16. David Adlington and Greg O'Neill replied for the Lions.



Marc Brunet

Against North Dundas, DeRooy went from helper to scorer as he tallied twice to lead the Selects to a 5-3 win over the Demons. Brisson added a single, along with Marc Brunet and Cody Cryderman. Kyle Dearing, who was in on all three Demons goals, notched a single, along with Felix Caza and Brodie Lutz.

South Stormont

Wild Cats

Since last hearing from the South Stormont Wild Cats there has been some exciting end-to-end action. They have had some thrilling wins and some heartbreaking losses. Scoring has come from a wide range of players. Graeme Markell has recorded two hat tricks, one against South Stormont Grumpy's and also against North Dundas. Brody Tate, Robbie Lamoureux, Saxon Ireland, Kelley O'Neill, Matthew McMartin, Spencer Vivarais and Matthew Sullivan have all added singles as well. The Wild Cats have seen tremendous improvement in their players including Tyler Brownell, Brodie Sleeman, Tanner Smith, and Chris Cotnam. It's also looking like their netminder Curtis Brandt may just be the next Curtis Joseph.

South Stormont

Peewee "B" Selects

The South Stormont Peewee "B" Selects were in action at home against Potsdam and skated away with a 6-3 win. Scoring twice was Matt Bruyere and Adam Jodoin. Taylor Letford had one goal, one assist and a single was added by Josh Hickman. Anthony McDonald helped on four of those goals. Scott Hickman and Corey Fleury assisted twice. Single helpers came from Scott Walker, Billy Lalonde and Kevin Sommers. Ben Billard was in goal and defensively Corey Jodoin frustrated his opponents.

The South Stormont Selects hosted the Peewee "B" tournament on January 2nd, 2002 and skated away with the "A" championship trophy. In the first game against the NGS Braves the boys won by a score of 5-0. Every line contributed for the goals with Kevin Sommers getting hustler of the game. In the semi-final vs Alexandria the Selects fought off a comeback effort from the Glens and managed to win 3-2. Corey Fleury received hustler of the game with Ben Billard in net for the victory. In a nail-bitting final, the Selects played the Kingston Cougars and lifted the cup with a 2-1 win. Thanks to Pat Quenneville, who was hustler of the game, and was solid in net. In this tournament Scott Hickman had a goal and four assists, Anthony McDonald (1-3), Corey Fleury (2-1), Matt Bruyere (1-0), Pat Geneau (2-0), Scott Walker, Kevin Sommers and Wendel Simpson each with one goal and one assist. Adam Jodoin with two assists, Corey Jodoin, Billy Lalonde, Josh Hickman and Taylor Letford with one helper each. Big thumbs up to Grant Letford and all the volunteers for organizing a great tournament.

Champs East Side Boxing Club

Champs East Side Boxing Club is pleased to announce the beginning of a new session. Champs is a provincially recognized organization and is a non-profit, youth-oriented club. Beginners are welcome to watch. For more information contact Jorge Luis or Angelo Scanga at 936-6458 (after 6 p.m.)

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Tip Of The Week Snowmobiling

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Why isn't there a family permit so I don't have to buy so many of them?

Under the OFSC user pay system, each trail user pays a small portion of the total cost of provincial trail operations. Each sled you and your family rides does the same amount of damage to the trail as any other comparable machine, resulting in the same increase in grooming expenses for the club who restores that trail. Every sled that contributes to trail damage must also share the cost of restoration. The fact that you can afford more than one machine in your family is wonderful, but it doesn't mean you should pay any less than the next person. Does every vehicle you drive on the street need a license plate? Same thing.

Why should I buy a permit when I can snowmobile in this part of Ontario without one?

If you'll never ride a groomed trail this winter, you don't need a permit. But you will be restricted to riding on lakes, your own property, or cross country, breaking your own way while your buddies scoot down a smooth trail. And be aware that riding off trails entails more risk to you and to your sled. Statistics show that more snowmobiling incidents occur during off trail riding. What kind of a bargain will it be if you've saved the cost of a trail permit only to be forced to make expensive repairs to your damaged sled or take time off work while recovering from an injury? Besides, look at the great savings and benefits you'd be missing by not buying a permit. Not to mention the thrill of riding groomed trails! And if you've gone to all that trouble of purchasing, registering and insuring your sled, buying a permit only makes sense, too.

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This reader would like to give a special "thank you" to the salesman in the hardware department at Sears on Saturday. It seems this man cannot tell when a woman with two children needs some help. I waited patiently while he served three men before me (even though I was there waiting before two of the men). Thanks to great service at Home Hardware, I was able to get what I needed without being ignored.

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Here's a trivia question for you: A few weeks ago we had trouble with our phone line near Ingleside. The first repair person came and did something to the line. Our phone worked for an hour or two and then went dead.

A few days later a second repair person came and did something else and departed, quite sure that the problem had been solved. The phone worked for a day and went dead. We had to wait a few more days.

Finally, a third repair person came, climbed the telephone pole, made a thorough examination of the situation, explained to us what the problem was and repaired it. In addition, this repair person took the time to call the next day, which was Saturday, to see if the line was still working. It was, and still is, three weeks later.

Now for the question: What sex was the third person?

You're correct! The answer is female.

Moral is: If you want something done right, hire a woman! Way to go Kelly and THANK YOU!

I would like to say THANK YOU to **Mark**, who came to my rescue on Thursday, December 20th, 2001.

At the light on the corner of Marleau and Boundary Rd. my Escort wagon slid out of control and ended up in the ditch. I don't know where Mark came from, but I think he worked nearby. He got into my car and backed it up onto the road for me. A passing motorist, Nathan, watched for oncoming traffic. Mark, you were a sweetie and I thank you very much!

Joanne Lalonde would like to send a big THANK YOU to all the sponsors and volunteers who helped make this year's **Annual Bonspiel** in support of the local **Cancer Society** such a huge success.

South Stormont Novice "C" Selects extend a heartfelt THANK YOU to all the teams, sponsors and volunteers for making the January 5th, 2002 tournament a great success.

Tip of the week: The secret to financial success is to spend what you have left after saving, instead of saving what you have left after spending.

Did you know that the most frequently sung song in English is "Happy Birthday To You."

During the winter months, if your pet stays outside, please make sure they have proper shelter from the cold, enough food and plenty of fresh water daily, as it will freeze up in the cold. Free access to snow does not replace the need for water. If you need any information, call the OSPCA at 936-0072. They will be happy to answer any questions you may have.

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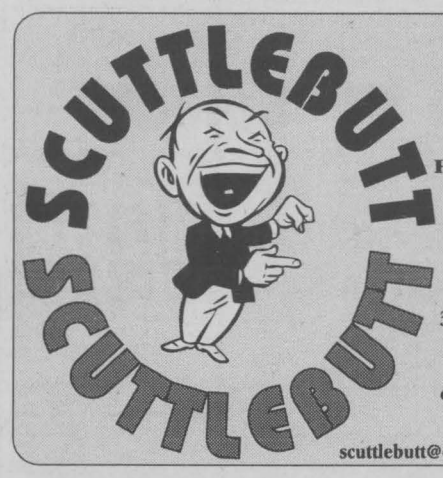
St. Columban's West School would also like to thank **Michael Perras** from **Future Office Products** for the excellent service he gave us. What a great local business to deal with when your fax or photocopying machine breaks down! Thank you so much for your patience and your expertise. It was greatly appreciated.

Brain Squeezer Question: The number of eggs in a basket doubles every minute. The basket is full of eggs in one hour. When was the basket half full?



HELLO ... IS THERE ANYONE OUT THERE?
We want to remind everyone out there that **THIS IS YOUR PUBLIC FORUM** ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to:
329 2nd St. W., Cornwall, Ont, K6J 1G8
or by Fax 933-0024
or E-mail your little ditty to us at
scuttlebutt@cornwallseawaynews.com

Tip of the week: Dust-free chandeliers - For a no-mess way to dust a chandelier, fill a spray bottle with warm water and two tablespoons of rubbing alcohol. Then hang an umbrella upside down from the light fixture, spray on the solution and let the umbrella catch the drips.

Don't let your dog eat food that is too old to eat yourself - even if it has been refrigerated, and even if she seems to like it. Moldy foods, especially spoiled dairy products and meats, can cause life-threatening health problems and a domestic dog can't necessarily tell if a food is spoiled or not. If you're not sure, don't take a chance, just throw it out. Better safe than sorry!

Thought of the week: "Cats and dogs are agreeable friends because they ask no questions and give no criticisms."

-George Eliot

My friend had guests coming for dinner and was running behind schedule. While out shopping for last-minute items, she decided to speed things up by calling home to have her 16-year-old son do some advance preparations.



"Wash the salad vegetables, set the table for ten and put 12 large potatoes in the oven to bake at 350°." As an afterthought she added, "And make sure you stick each potato with a fork before you put them in to bake."

When she got home she was pleased to find her son had followed her instructions exactly: vegetables washed, oven on, table set for ten – minus her red-plastic-handled forks, which were individually adorning each potato in the oven.

Life's Like That: When I ran out of icing sugar, I asked my husband to pick some up for me on his next trip out.

He couldn't find any baking items at the store and finally approached a sales clerk. "Can you tell me where the icing sugar is kept?" he asked.

The clerk looked at him skeptically and replied, "Sir, this is Canadian Tire."

St. Columban's West School would like to give a huge **bouquet of flowers** to a great business in Cornwall. Thanks to **McDonald's Restaurant** in the east end of town, we are able to reward our students of the month each and every month of the school year. Your generosity is greatly appreciated!

Shame, shame, shame! The Transit Manager, **Mr. Goodwin,** raised the fare for a child to $2. This is a 75 cent increase. Does the City need money this much to charge a child $2?

Our family will now use a taxi. It is cheaper than the bus.

An ex-Transit rider



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by Robert Duncan

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SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
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Twas the Month After Christmas

Twas the month after Christmas, and all through the house
Nothing would fit me, not even a blouse.
The cookies I'd nibbled, the eggnog I'd taste
At the holiday parties had gone to my waist.
When I got on the scales there arose such a number!
When I walked to the store (less a walk than a lumber).
I'd remember the marvelous meals I'd prepared;
The gravies and sauces and beef nicely rared,
The wine and the rum balls, the bread and the cheese
And the way I'd never said, 'No thank you, please.'
As I dressed myself in my husband's old shirt
And prepared once again to do battle with dirt---
I said to myself, as I only can
'You can't spend a winter disguised as a man!'
So--away with the last of the sour cream dip,
Get rid of the fruit cake, every cracker and chip
Every last bit of food that I like must be banished
'Til all the additional ounces have vanished.
I won't have a cookie--not even a lick.
I'll want only to chew on a long celery stick.
I won't have hot biscuits, or corn bread, or pie,
I'll munch on a carrot and quietly cry.
I'm hungry, I'm lonesome, and life is a bore---
But isn't that what January is for?
Unable to giggle, no longer a riot.
Happy New Year to all and to all a good diet!

St. Lucie School is looking for **old batons** that anyone has and would like to donate to the school. If so, call Micheline at 932-9493 or Kim at 933-8954.

Friendly Way to Preserve Our Earth: Try starting seeds in eggshell halves. It's economical and earth-friendly. Store planted shells in egg cartons so they can easily be moved to sunny spots. When ready for transplanting, plant as is. Roots break through and the decomposed shell acts as a fertilizer.

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Caller would like to send a big THANK YOU to **Mark Hanton** and **Marie Schuler** for helping her son after he was involved in an accident on December 20th, 2001. Also, THANKS to **Officer Ivan Lalonde** who helped out.

Your kindness was very much appreciated.

A very grateful parent, Annette Plumadore

Brain Squeezer Answer: 59 minutes.

Look at the bright side: No matter how old you are, you're younger than you'll ever be again.

What love means to Noelle, age 7: "Love is when you tell a guy you like his shirt, then he wears it everyday."

Stupid Quote of the Week: "It's no exaggeration to say that the undecideds could go one way or another."

George Bush, former U.S. president.

"What do you get from being honest?? you get the knowledge that you are in the right and that's the best reward life can bring."

A.P. Gouthey.

"Behold the turtle; he makes progress only when he sticks his neck out."

James Conant.

SEAWAY SPORTS

Seaway Valley

Major Bantam Rapids

The Seaway Valley Cornwall Radiator Car Care Centre Major Bantam Rapids participated in the Toronto Marlies Holiday Classic AAA 50 team Bantam Tournament and made it to the quarter finals before bowing out to the powerful Detroit Honey Baked team 6-1. Allan Charbonneau scored the lone Seaway goal. The Rapids won their division in preliminary play with a 3-1 won loss record. Seaway's first game was a 4-1 win over Don Mills. Chris Vanoverbeek, Brock McBride, Devin Bancroft and Glenn Belmore had a goal apiece in the contest. The second game was another successful result, a 5-3 win over Rochester. Pat Lemay, Addison Pelkey, Bancroft, McBride and Charbonneau all contributed a goal in the win. Seaway lost a close game 4-2 to North Central. McBride had a pair of goals in a losing effort. Seaway clinched their division with a hard-fought 3-1 victory over Windsor. Goals were scored by Gabriel Lalonde, Bancroft and Belmore.

In league play, the Rapids split a pair of games. In Prescott, the Rideau St. Lawrence Kings downed the Rapids 5-1 in a lackluster affair. Josh Legue scored Seaway's only goal. In Ottawa, after a 67s game at the Civic Centre, the Rapids beat the Kingston Predators 3-2. Brock McBride and Brent Lariviere scored the first two Seaway goals. Gaby Lalonde netted the winner midway through the third period. Mathieu Landry was stellar in goal.

Cornwall Best Western

Novice "B" Royals

The Cornwall Best Western Novice "B" Royals played host to the Char-Lan Rebels in an exhibition game. The league-leading Royals set the pace of the game scoring in each of the three periods. Goalies Ryan Bissonnette and Sheldon Primeau shared the 5-2 win. Leading the way offensively was winger Kevin Dionne with a five-point game, netting a goal and four assists. Not far behind was captain Mathieu Rochon with a goal and three assists. Alex Conroy-Terrance chipped in with a goal and an assist. Nick Quenneville and Jacob Ruest added a goal apiece.

In another exhibition match up, the Royals hosted the Montréal Mohawk winning 12-2. In a game that saw the defence playing forward and the forwards playing defence, every player made the scoresheet. Defenceman Patrick Lemire earned his first hat trick of the season along with Mathieu Rochon who had a hat trick as well. Tyler Prieur earned a pair of goals and a pair of assists, Kevin Dionne recorded a goal and two assists. Nick Quenneville and Cody Stapley each had a goal and an assist apiece, and Michel Lefebvre had a single. Assists for the game went to Mathieu Marcil with three, Jacob Ruest with two and singles to Dominick Coyle, Alex Conroy-Terrance and Vance Thompson.

South Stormont

PeeWee "C" Selects

Darcy Aubin shut out the NGS Braves in a 5-0 win for the South Stormont PeeWee "C" Selects on Sunday, December 30th, 2001. Scoring for the Selects, Justin Coughlin with two goals, Christian Marin, Jordan Squire and Ryan Alguire with one each. Brandon Aubin, Jonathan Cutler, Greg Guindon, Jordan Squire and Travis Ferguson all had one assist.

The South Stormont PeeWee "C" Selects held their tournament January 4th, 2002 in Long Sault. The first game was against the Morrisburg Lions which ended in a 3-1 loss, Justin Coughlin scoring the lone goal. The second game against NGS was won by the Selects by a score of 6-2. A pair by Michael Wheeler with Keenan MacDonell, Ryan Alguire, Jonathan Cutler and DJ Cutler rounding out the scoring. Darcy Aubin was solid in nets.

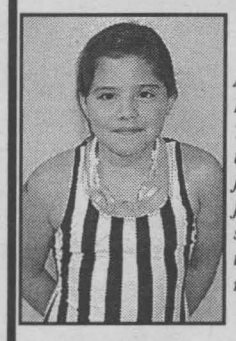
The "B" final was played against Akwesasne with a 4-2 loss for the Selects, Jonathan Cutler and Brandon Aubin scoring the goals for the Selects.

Thank you to all the participants, volunteers, coaches, referees and parents for making this a successful and fun tournament.

The Selects played a season game January 6th, 2002 against North Dundas with a 3-1 loss, Jonathan Cutler scoring the only goal for the Selects. Darcy Aubin played a solid game in nets.

CORNWALL SEA LIONS

Swimmer Profiles



Jillian Proulx
Age: 7
Level: First year
This is Jillian's first year with the Cornwall Sea Lions. Jillian enjoys reading, having friends over, playing with her sister, her scooter, watching television and listening to music.



Adele Charlebois
Age: 7
Level: First year
Favourite stroke: Front Craul

Adele loves the water. She also enjoys playing outdoors.



Lindsay Thibault
Age: 8
Level: First Year
Favourite stroke: Back Stroke
Lindsay decided to try Sea Lions this year. She has been in swimming lessons every year & loves the water. Her other hobbies include drawing, arts, skiing and piano.



Paige Smith
Age: 7
Level: First year
Favourite stroke: Freestyle

Paige enjoys jumping off the diving board at play time. Her hobbies are reading, swimming and Barbies.



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The Personals

Females Seeking Males

DESERVING
I'm a personable, easygoing, SWF, 33, 5'9", who enjoys shooting pool, swimming, the outdoors and family-oriented activities. I'm seeking a tall, thin, outdoorsy, SWM, 29-40, who likes children, for a possible relationship. Ad#: 3292

SEEING IS BELIEVING
I'm a faithful, caring, SWF, 29, 5'3", who would like to meet a spontaneous, caring, SWM, 25-30. My hobbies are volleyball, baseball and having fun. Ad#: 7335

WOULD LIKE TO MEET YOU
Pleasant and outgoing, SWM, 5'1", 59, with dark hair and brown eyes. My hobbies include gardening, needle point and outdoors. I'm looking for a SWM, who is honest, a gentleman and intelligent, 65-69. Ad#: 9220

TRUST ME
Trustworthy, kind-hearted, sincere, SWF, 36, 5'2", short blonde hair, wears glasses, with a great sense of humor. Looking for an outgoing, romantic SM, 30-45. Her hobbies include swimming, outdoors, movies and country music. Ad#: 5248

COMPASSIONATE
SWF, 41, I am petite, with dark hair and dark blue eyes, humorous and some of my interests are country living, horses, dinner and dancing. Seeking a SWM, 35-48, for friendship first. Ad#: 5519

SENSITIVE GIRL
Easygoing, energetic and loveable SWF, 25, 5'4", 130lbs., brown hair/eyes. Likes to try new things. Looking for an easygoing SBM, 23-40, who can keep up with me and loves children. Ad#: 2753

SUMMER BUNNY
SWF, tall, blonde hair and green eyes, attractive, 42. Described as outgoing, easy to talk to and sociable. Hobbies include golfing, painting, working out and being oudoors. Looking for a SWM, 40-48, who is active and enjoys the outdoors as well. Ad#: 2781

WILD GIRL
Funny, outgoing, honest, SWF, 19, 5'9", 120lbs, brown hair and eyes. In search of a funny and outgoing SM, 18-26. She enjoys long walks, going to the movies and dining out. Ad#: 8202

GREAT PERSONALITY
SWF, 38, 5'7", with long brown hair and blue eyes. Interested in reading, writing, walks, quiet evenings and sharing her life with a SM, 38-42. Ad#: 2460

DAZZLING
SWF, 21, 5'9", auburn hair, blue eyes, spontaneous and very outgoing. Hobbies are movies, spending time with her daughter and walks. Seeking a SM, 24-29, who likes children. Ad#: 2542

HAPPINESS BEGINS HERE
I'm an outgoing, fun-loving, SWF, 44, who enjoys fishing, boating, horseback riding, long walks and more. Hoping to meet a caring, loving, patient, understanding, SWM, 35-55. Ad#: 5641

ROMANTIC WALKS
Funny, outgoing, honest SWF, 24, 4'9", 140lbs., brown hair, hazel eyes. Enjoys biking, reading, walks, movies and more. Searching for an honest and caring SWM, 24-30. Ad#: 9596

LOVES LIFE!!
SWF, 59, Hi, I'm 5'3", slim, fun to be with and a good friend. I like being active, walks, boating, cottage life, playing cards, traveling, sports, etc. I would like to meet a SWM, 55-70, to spend quality time with. Ad#: 2951

IMPRESSIONS
I'm a friendly, honest, sincere, intelligent, fun to be with, SWF, 53, who would love to begin a relationship with a happy, humorous, healthy, SWM, 46-60. My interests are bike riding, animals and quilting. Ad#: 4311

DARE TO BE DIFFERENT
SWF, 5'9", 18, brown hair/eyes. My interests include outdoor activities such as hiking and swimming, also like playing football. Looking for SWM, 18-26, caring, outgoing, sense of humor. Ad#: 4572

LIKES NEW THINGS
Funny, outgoing SWF, 28, brown hair, 5'3", with blue eyes. Enjoys walks, rollerblading and shopping. Looking for a caring SWM, 28-30, who loves children, for a lasting relationship. Ad#: 5837

ATTRACTIVE BLONDE
45, 5'6", 105lbs., slim, very fit, pretty, intelligent, employed, affectionate, outgoing, spunky and straightforward. Enjoys children, camping, dogs, exercising and cycling. Seeks fit, attractive, affectionate, active, honest, sincere, single male. Ad#: 7817

DELIGHTFUL
SWF, 37, funny and very young at heart! Likes movies, dancing, dining out and long walks. If you are a SWM, 35-43, who is fun to be with and goal-oriented give me a call. Cornwall Ad#: 3591

AFFECTIONATE
SWF, 39, 5'7", blonde hair, green eyes, enjoys camping, traveling, time with friends and more. Looking for a SM, 35-50, who is affectionate, caring, loving, honest and has similar interests. Ad#: 8867

A LITTLE ON THE WILD SIDE
Athletic SWF, 39, 5'6", with brown hair, enjoys extreme sports, the outdoors, traveling and more. Would like to meet an honest, open, SWM, 35-45, who likes to try new things and enjoys children. Ad#: 7337

LOVES TO TALK
Talkative, intellectual SWF, 44, 5'2", with dirty blonde hair and brown eyes. Enjoys skating, long drives, reading and dog training. Looking for an easygoing SWM, 44-52. Ad#: 6542

FROM MY HEART TO YOURS
I'm a SWF, 28, 5'4", who is described as easygoing. Hobbies are sports, dancing, sewing, the outdoors, my children and music. I'd like to meet an outgoing, caring, SWM, 28-32. Ad#: 1389

LOVE ME FOR ME
Kind, loving, thoughtful, faithful, SW mom, 23, 5'7", red hair, green eyes, who enjoys being outdoors, dancing and the company of friends. Searching for a romantic, kind, loving, SWM, 23-30, who enjoys the little things in life. Ad#: 6161

ALWAYS SMILING
I'm an outgoing, SWF, 19, 5'9", who enjoys swimming, animals, soccer, sports, long walks and movies. Hoping to meet an outgoing, caring, SWM, 19-26. Ad#: 4214

RESPECTFUL
SWF, 19, 5'7", considered to have a good sense of humor and a social butterfly. Interests are fishing, boating, movies, dinnerd, dancing and more. Searching for a tall, good-looking SWM, 20-25, who enjoys quality time together and has similar interests. Ad#: 3441

KIND & CARING
SWF, 18, tall, blonde hair, hazel eyes, described as outgoing and fun-loving. Hobbies include long walks, movies and cooking. Looking for a SM, 18-30, who is kind, caring and likes children. Ad#: 9864

GOOD LISTENER
This SWF, 22, would love to meet a SM, 20-45, who is sincere. She is tall, with blue eyes, blonde hair, enjoys bowling and reading. Ad#: 2780

SENSITIVE & CARING
5'5", SWF, 55, with auburn hair, hazel eyes is outgoing, compassionate and respectful. Retired and she enjoys long walks, drives, county fairs, etc. Hoping to meet a SWM, under 65, who is down-to-earth, kind and considerate. Ad#: 4182

HONEST & TRUSTWORTHY
SWF, 26, 5'1", with auburn hair, brown eyes and a medium build. Enjoys reading, walking, time with her children, working on cars, movies, etc. Searching for a healthy, fit SWM, 26-32, who loves children & animals, respects himself, with a sense of humor. Ad#: 4234

PERSONABLE
5'7", SWF, 38, who is outgoing, easygoing and loves to be around others. Some interests include long walks, some sports, movies and quiet evenings. Would like to meet a SM, 38-45. Ad#: 7920

ADVENTURESOME
Outgoing, spontaneous, SWF, 29, 5'6", with long brown hair, blue eyes. Hobbies are camping, fishing and rollerblading. I'm in search of a sociable, SWM, 29-39, who enjoys children. Ad#: 2479

READY FOR ROMANCE
Shy, funny, friendly and happy, SWF, 42, 5'3", 135lbs., with blonde hair, blue eyes, seeking a humorous, warm, SWM, 32-48. I enjoy reading, volleyball and bowling. Ad#: 7113

A GOOD FRIEND
SWF, 52, 5'7", blonde hair, hazel eyes, caring and compassionate. I enjoy the outdoors, reading, computers, pets, movies and more. I'm seeking a SWM, 47-56, who is honest, loving, trustworthy and a good listener. Ad#: 7003

JUST BE TRUE
SWF, 32, 5'2" brown eyes, lite brown hair. Described as a heart of gold. Hobbies are camping, reading, candle lite dinners. Looking for SWM, 30-36 who is honest, sincere and someone who can be truthfull about what they want. Ad#: 9934

VERY GIVING
Brown haired, hazel eyed, SWF, 39, is very caring, loving and honest. She likes biking, walks, traveling, motorcycles and sports. Seking a SWM, 39-46. Ad#: 8225

DINNER AND A LONG WALK
SWF, 26, brown hair, blue eyes, described as humorous and easygoing. Hobbies include long walks, biking and reading. Looking for a SWM, 25-35, who is passionate, understanding and enjoys company. Ad#: 4969

RESPONSIBILITY
SWF, 5'2", blonde hair and blue eyes, petite, 39, shy at first. Hobbies include walks, music and relaxing evenings. Looking for a SWM, 35-45, who enjoys motorcycles and old cars. Ad#: 5223

LET'S DANCE
SWF 57, 5', short brown hair with glasses. Good sense of humor, good listener, fun to be with. Would like to meet a considerate, loyal 60 year old SWM. Looks don't matter. Ad#: 5444

COMPASSIONATE
SWF, 55, described as honest and sincere. Hobbies include fleamarkets, walking and the outdoors. Looking for a SWM, 55-65, who is honest, loyal, sincere and trustworthy. Ad#: 3449

CARING & SINCERE
N/S, SWF, 30, auburn hair, blue eyes, 5'8", described as sometimes sarcastic, intelligent, funny and fun to be with. Hobbies include cooking and Asian art. Looking for a SWM, 33-45, who is caring and loving. Ad#: 3828

ROMANTIC LADY
SWF, 5'4", brown hair and green eyes, attractive, 24. Hobbies include spending time with her children, shooting pool and reading. Searching for a SM, 25-35, who is honest and caring. Ad#: 4564

GENUINE LADY
SWF, 35, reddish/brown hair, shy at first, loving, caring and generous. Interested in horseback riding, art, dancing, country music and more. Hoping to find a N/S, N/D, SWM, 32-44. Ad#: 7742

DESERVING
SWF, 22, brown hair, blue eyes, described as funny, shy and intelligent. Hobbies include shopping, hanging with friends and cooking. Looking for a SWM, 20-30, who is outgoing and active. Ad#: 3344

HEART OF GOLD
SWF, 23, blonde hair, green eyes, described as easygoing, relaxed, fun-loving and humorous. Hobbies include long walks, camping, reading and working out. Looking for a SM, 25-35, who is fun-loving, outgoing, romantic and has a heart of gold. Ad#: 7725

HONESTY AND LOYALTY
Spontaneous, demanding SWF, 32, 5'9", long dark auburn hair, medium build. Looking for a SWM, 28-38. Ad#: 8249

AWAITS YOUR RESPONSE
SWF, 20, brown hair/eyes, described as independent and outgoing. Hobbies include photography, music and playing on the computer. Looking for a SWM, 26-29. Ad#: 9664

LET'S MEET
SWF, 31, 5'4", who is described as very responsible, dedicated and a hardworker, enjoys sketching, walks, reading and visiting. Seeking a SM, 26-35, for companionship and friendship. Ad#: 9855

FAMILY ORIENTED
SWF, 24, medium build, dark hair, brown eyes, who is shy and fun to be with. Hobbies include music, dancing and spending time with her children. Looking for a SM, over 18, who is fun-loving, supportive and likes children. Ad#: 9146

KIND & LOVES TO LAUGH
SWF, 35, 5'3", with blonde hair and hazel-green eyes, who enjoys cuddling, shooting pool, camping, movies, romantic evenings... Looking for a SWM, 32-43. Ad#: 1914

SINCERE & NICE
Humorous SWF, 33, 5'3", with long auburn hair, dark eyes, who enjoys working out, camping, winter sports... Looking for a SWM, 27-38, with similar interests. Ad#: 6394

LOVES LIFE
Curious, compassionate, SWF, 39, 5'2", dirty blonde hair, blue eyes, athletic build. Enjoys music, dancing and meeting people. Looking for a SWM, 35-42, with a thirst for life. Ad#: 3892

EASYGOING, FUN & CHEERFUL
SWF, 44, 5'4", long auburn hair. Looking for a SWM, over 35, who is very affectionate, caring, loving for a relationship. Ad#: 7923

VERY SUPPORTIVE
SWF, 21, short, blonde hair, green eyes, enjoys rollerblading, dancing, time with friends and more. I would love to spend time with an honest, SWM, 21-25, who has a nice personality and knows how to have fun. Ad#: 8137

QUITE THE ROMANTIC
SWF, 38, 5'3", with blonde hair, brown eyes, kind, caring and compassionate. I'm in search of a SWM, 34-44, who has a beautiful soul. Ad#: 5685

CAREFREE SPIRIT
SWF, 27, brown hair, hazel eyes, described as humorous and fun to be with. Hobbies are swimming, romantic walks and working out. Looking for a SWM, 30-35, who is compassionate and exciting. Ad#: 7262

VERY DEPENDABLE
Fun, loving, caring, kind, honest, SWF, 35, dark hair/eyes, 5'6", full-figured. My hobbies are golfing, swimming, reading, dancing and much more. I'm looking for a well dressed, intelligent, SWM, 33-42. Ad#: 8096

HONESTY
Fun-loving, beautiful, SWF, 48, 5'3", with dark hair, green eyes, who loves to laugh, enjoys the outdoors, country music, dancing. Looking for a SWM, 40-58, who is caring, and a whole lot of fun. Ad#: 4127

FAITHFULLY
SWF, 36, brown hair, hazel eyes, described as personable and caring. Hobbies include movies, dancing and swimming. Looking for a SM, 30-40, who is faithful and sincere. Ad#: 7446

ENERGIZED
SWF, 32, red hair, blue eyes, described as energetic, honest and friendly. Hobbies include walking, biking, cooking and dining out. Looking for a SWM, 30-40, who is honest, sincere and reliable. Ad#: 7466

HONESTY
Tall, brown haired SWF, 53, who is easygoing and loves camping. Looking for a SWM over 50, that can really touch my heart and be devoted to me. Ad#: 8783

ROMANTIC
Friendly, outgoing, romantic, SWF, 22, 6'1", with red hair, blue eyes. Enjoys long walks, romantic evenings, dinner, movies and I am interested a tall, SWM, 20-35, with similar interests. Ad#: 1328

EXTRA NICE
Hi, I'm a SWF, 25, who is 5'7", with long auburn hair and hazel eyes. Shy at first and some of my hobbies include drawing, writing, family and doing crafts. Hoping to meet a SWM, 23-35. Ad#: 5586

LET'S MEET SOON
SWF, 31, 5'3", is fun and loves to laugh. Hobbies include sports, photography and much more. Hoping to meet a SWM, 28-37, to spend time with and a possible relationship. Ad#: 1358

COMPASSIONATE
SWF, 58, 140lbs., brown hair and eyes, enjoys music, traveling, sailing, camping and more. I am seeking a SWM, 55-65, who is caring, compassionate, honest and loving. Ad#: 5652

RARE FIND
Christian, SWF, 61, 5', 130lbs., who likes traveling, music, honesty and a good laugh. Looking for an honest, SW, gentleman, 55-70, who is honest, affectionate, and a romantic at heart. Ad#: 2144

FAMILY-ORIENTED
SWF, 24, 5'8", brown hair, hazel blue eyes, who is easy to talk to and enjoys movies, the outdoors, swimming, walking and playing with her kids. Looking for a SWM, 18-35, who can be serious, funny and supportive. Ad#: 8593

CALL ME
SWF, 40, petite, attractive, brown hair and I am physically fit. My hobbies are skiing, golf, movies, trying new things and more. Seeking a SWM, 32-45, well educated, has a good sense of humor and has similar interests. Ad#: 5461

ATTRACTIVE
I am a SWF, 21, 5'9", with blonde hair and blue eyes. I enjoy time with my daughter, jogging and working out. Seeking a SM, 21-31, tall, dark hair/eyes, fun to be with and enjoys the company of children. Ad#: 5623

HEALTHY AND HAPPY
SWF, 35, brunette, blue eyes, who is described as tranquil, healthy and gentle. Hobbies include excursions, biking and socializing. Looking for a SWM, 30-42, who is employed and has his own vehicle. Ad#: 1979

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CARING
Described as an easygoing, polite, SWM, 41, 5'8", with hazel eyes and dark hair. Enjoys snowmobiling, motorcycles, camping, walking, movies and more. Love to meet a SWF, 37-42, with similar interests. Ad#: 1339

HONEST & EASYGOING
Widower, 69, secure, active and healthy, enjoys home life, biking, traveling and good conversation. I'm interested in meeting an affectionate, caring lady, over 55 years, for friendship and a possible relationship. Ad#: 1174

AN HONEST RELATIONSHIP
SWM, 37, 5'10", brown hair, blue eyes, fun to be with, humorous and easygoing. I enjoy long walks, music, dancing, movies, quiet times and more. I'm seeking a SWF, 30-38, who is caring, compassionate, honest and has a great sense of humor. Ad#: 5430

SERIOUS RELATIONSHIP
Cheerful and witty, SWM, 6'3", 41, with natural wavy hair. My interests include football and horses. I'm looking for a SWF, 30-41, who takes care of themselves, enjoys outdoors, movies and walks. Ad#: 9841

HONEST & LOVABLE
Medium built, SWM, 22, who's fun-loving and enjoys a good laugh. I enjoy video games, dining out, dancing and living life to the fullest. I'm seeking a fun-loving, SWF, 18-29, for a possible relationship. Ad#: 2486

VERY LOYAL
This SWM, 30, would like to meet up with a SWF, 26-33, who is kind, caring and compassionate. He is 6', with brown hair and blue eyes. Interests are camping and fishing. Ad#: 7704

ATTENTION
Hello Ladies...I am a SWM, 5'10", 31, who is serious and fun. My interests include hockey, working on cars and spending time with my son. I'm searching for a SWF, 22-36, who is goal-oriented and easygoing. Ad#: 4908

TRULY SMILING
Honest, friendly, SWM, 27, with brown hair, blue eyes. Enjoys reading, biking, going out and more. Looking for a SWF, 19-26, who is honest, friendly, and likes to have fun. Ad#: 1752

DINNER & A MOVIE?
SWM, 34, 5'7", blond hair, blue eyes, honest, active and fun-loving. I enjoy sports, the outdoors, long walks, dining and more. I'm seeking a SWF, 25-33, who is honest, loving, caring, confident and goal-oriented. Ad#: 8145

HAPPINESS
I'm an easygoing, wild, SWM, 25, 5'8", who enjoys snowmobiling, fishing, camping and more. Hoping to meet a fun to be with, sincere, faithful, SWF, 19-30. Ad#: 4405

HE NEEDS YOU
SWM, 6', short brown hair and eyes, 23. Described as shy, romantic and an all around nice guy. Hobbies include being with his family, fishing, watching wrestling and movies. Looking for a SWF, 18-26, who is active and has similar interests. Ad#: 6364

HOPELESS ROMANTIC
I'm a caring, outgoing, SWM, 30, 6', who would like to meet a caring, active, romantic, SF, 24-33. My hobbies are walking, movies and candlelight dinners . Ad#: 8285

ONE WOMAN MAN
Friendly, witty, hardworking, faithful SWM, 47, 5'6", 175lbs., black hair, hazel eyes, likes, sports, movies, biking and more. Seeking a sensitive, faithful SWF, 35-50. Ad#: 4056

TYPE "A" PERSONALITY
I am a SWM, 23, with very good character, I enjoy working on cars, I am a lot of fun and seeking a SWF, 18-25, who is honest and also a lot of fun. Ad#: 4416

I'M YOUR GUY!
SWM, 37, 5'10" with light brown hair and others think I am trustworthing, giving and honest. Hobbies include drawing, collecting things and more. If you are a SF, 20-28, give me a call! Ad#: 7858

HONEST & SINCERE
SWM, 32, 6'3", 190-195lbs., with brown hair and blue eyes. Enjoys playing chess, biking, walking, conversation, motorcycles, etc. Looking for a SWF, under 32, who has a passion for communication, music and travel. Ad#: 2694

NICE GUYS DO EXIST
I'm a SWM 5'4", 38 yrs old, I am honest and good looking, I enjoy fishing, skiing and boating, looking for SWF 37-40, w/ out children, who would like to go for a nice dinner, polite and have a good time. Ad#: 6343

EXTREMELY NICE GUY
SWM, 46, 5'10", salt & pepper hair, hazel eyes. I am very caring, romantic and I am hoping to meet a SWF, 35-55, who is honest and loves having fun. I enjoy boating, traveling, walks, drives and golfing. Ad#: 9253

I'M A GEMINI
SWM, 46, feel like 30, slim, blond hair and blue eyes. Straightforward, I enjoy staying active, the outdoors, country life, playing pool, etc. I would like to meet a SWF, over 25, for a sincere relationship. Ad#: 4308

BIG-HEARTED
I'm an outgoing, fun to be with, SWM, 41, 6', who enjoys shooting pool, the outdoors, dancing and more. Hoping to meet an affectionate, outgoing, SWF, 18-45. Ad#: 4903

BE MY LADY
I'm a kind-hearted, SWM, 40, 5'5", who would like to meet a friendly, trustworthy, loyal, SWF, 18-19. In my spare time, I enjoy fishing, hunting, gardening, bird watching and more. Ad#: 8759

LET'S MEET SOON
SWM, 22, 5'11", with brown hair/eyes, is considered shy at first, but enjoys things such as collecting comics, walks and more. Seeking a SF, 18-26. Ad#: 9788

WANTS HONESTY
SWM, 43, 5'10", is outgoing, easy too talk to and he likes the outdoors, long walks, etc. Hoping to meet a SF, 35-45, who is easygoing and nice. Ad#: 3175

LOVES TO LAUGH!
SWM, 33, 5'5", who is looking for a SF, 18-40, is outgoing, spontaneous and fun. Some of his interests include playing sports, reading, camping and anything outdoors. Ad#: 1638

NEW TO TOWN
SWM, 34, 5'11", 165lbs., brown hair and eyes, funny, friendly and energetic. I enjoy reading, dining, movies and more. I'm seeking a SWF, 23-43, who is trustworthy, loving, honest and confident. Ad#: 2482

FAMILY-ORIENTED
I'm a caring, ambitious, kind, single white male, 35, who enjoys the outdoors, my kids, sports and more. Hoping to meet an outgoing, trustworthy, single female, 25-45. Ad#: 6218

WILL MAKE YOU LAUGH
SWM, 21, 5'10", with dark hair, enjoys hockey, reading, biking, walks, movies and more. In search of a (extra points if you are) blonde, blue eyed, fit, SWF, 19-23, who is outgoing. Ad#: 4455

Females Seeking Females

LOTS OF FUN
Sweet, nice, good-looking, SWF, 19, tall, blue eyes, long brown hair. Looking for a SWF, 18-19, with similar interests. She enjoys dancing, playing pool, swimming and tanning. Ad#: 7417

JOKE AROUND WITH ME
Funny, SWF, 29, 5'2", blond hair, hazel eyes, enjoys swimming, biking, movies, hanging out. Seeks open, outgoing, WF, 22-50, who likes kids, for fun times. Ad#: 8396

POSITIVE ENERGY
Hobbies are drawing, reading and watching movies, I am a funny, easygoing, honest, SWF, 24, 5'5", with brown hair/eyes. Seeking a SWF, 18-30, who has a great sense of humor and a beautiful smile. Ad#: 1431

LET'S MEET SOON
SWF, 18, 5'9", is outgoing, funny and very caring. Her hobbies, the net, playing pool, sports and being with friends. Hoping to meet a happy, nice, SF, 18-24. Ad#: 9840

NEEDS A MATE
SWF, 5'2", short brown hair, 20, funny and outgoing. Hobbies include swimming, hiking, and boating. Looking for a SWF, 18-25, who likes to have a good time. Ad#: 5924

A WALK ON THE WILD SIDE
SWF, 19, blonde, blue eyes, described as funny, wild, daring and outgoing. Hobbies include swimming, dancing and movies. Looking for a SWF, 18-25, who is sweet, attractive and outgoing. Ad#: 6812

HEART OF GOLD
Passionate, SWF, 19, 5'1", brown hair/eyes, physically fit, enjoys sports, hiking, biking and the outdoors. I am looking to meet an open-minded, educated, attractive, SWF, 20-25, who knows how to have fun, with a small build. Ad#: 4208

THE LOVE
I'm a funny, intelligent, SWF, 28, 5'10", who enjoys working out, volleyball and baseball. I'd like to meet a fun-loving, SWF, 29-35. Ad#: 9892

Males Seeking Males

WIN ME OVER
Easygoing and open-minded, SWM, 30. My interests include camping, hiking, working out and sports. Seeking an easygoing, open-minded and honest, SM, 18-33. Ad#: 2364

MR. NICE GUY
SWM, 5'10", short grey hair and green eyes, glasses, 49. Described as intelligent, easygoing and sometimes stuborn. Hobbies include current events, collecting old photos and long walks. Looking for a SM, over 65. Ad#: 7619

ALL OUR TOMORROWS
I'm an easygoing, happy, SWM, 26, 5'8", who would love to begin a relationship with a nice, intelligent, SWM, 20-27. I enjoy the outdoors and having fun. Ad#: 8204

HONEST & LOYAL
SWM, 31, 6'3", with dark hair, olive/green eyes and in good shape. Interests include movies, sports, hiking, working out and more. Looking for a SM, 20-35, who is understanding and patient, with similar interests. Ad#: 8147

ALL FOR YOU
I'm an honest, compassionate and affectionate, SWM, 35, 120lbs., who enjoys sports, walking, movies, music and spending time with my loved one. I'm looking for an honest, compatible, SM, over 20, who also enjoys spending time with the person they love. Ad#: 1602

OPEN WITH YOURSELF
I'm an outgoing, fun to be with, SWM, 19, 5'9", who enjoys acting, traveling and going out. Hoping to meet an outgoing and easygoing, clean and good-looking, SM, 18-28. Ad#: 9174

MANY OPTIONS
5'4", quiet, sensitive, caring, SWM, 36, enjoys the outdoors, movies and being with friends. Seeking a SWM, 18-35, to spend quality time with. Ad#: 2036

COMMUNICATION
Outgoing, caring and romantic, SWM, 46, 5'7", 140lbs., with brown hair, blue eyes, clean shaven, honest and sincere, enjoys movies, walks, romantic nights. I'm seeking an understanding, monogamous, SWM, over 18, who can talk his problems out. Ad#: 9206

ENTERTAINING
SWM, 27, 5'9", with blond hair, blue-green eyes, fun to be around, I enjoy sports, watching movies and much more. Seeking a muscular, SWM, 25-35, who is loving and protective. Ad#: 3293

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To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

SWM, EARLY 40's, Generous, clean, discreet. Seeks an adventurous leather & lace playmate, any race, for exciting liason. Reply with method of contact. Photo appreciated. CC2101.

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WWM, 5'6", secure, honest, compassionate, healthy & caring. Seeking SWF, 68-70's young, 130 lbs. +/-, 5'3" +/- with similar interests, kind, loving & loyal, for friendship & possible relationship. CC2100.

2 APTS/CONDOS FOR RENT

COZY, NEAT 1 BDRM bachelor apt. 510 Burton Ave. Fridge & stove supplied, 4-pc. bath, modern kitchen, ample storage & parking. Available now. $350/mth. Call 932-4781.

HOUSE TO SHARE - Close to town. Females only. $300/mth. Call evenings, 938-2125.

AVAILABLE FEBRUARY or March, 2 bdrm upstairs apt on St. Felix St. Fridge & stove included. Close to college & malls. $300/mth, plus utilities. Call 932-4642.

APARTMENTS FOR RENT
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call 932-7891
Mon. - Fri. 9:30 - 4:30
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1 BDRM APT, Private in-law suite. Newly renovated. Includes fridge, stove & parking. $460/mth, utilities included. Non-smoker. Located on Julie St. Local call 361-0248.

AVAILABLE IMMEDIATELY. Spacious 2 bdrm upstairs apt. Gallinger Ave. Newly renovated. Washer/dryer hookups. Quiet, non-smoker. $585/mth, incl. heat, lights, A/C. First & last. References. Call 938-7018.

SECURITY BLDG. Apts for rent. Bachelor, $395/mth. 1 bdrm, $450/mth. 2 bdrm, $575/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

BACHELOR APT. Fridge & stove. $375/mth, utilities included. Clean & painted. Sorry, no dogs. Call 938-3936.

1 BDRM & 2 bdrm apt on Walton. Ground floor. Available immediately. Fridge & stove included. $350. & $375/mth, plus utilities. Call 936-6961.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

228 DANIS - 3 bdrm upstairs apt. Available now. Freshly painted. Laundry hook-ups, parking, fenced backyard. No pets. $550/mth, plus utilities. Call 938-8379.

WILLIAMSBURG - 3 BDRM apt. $600/mth, includes utilities. Call 543-3604.

1-1/2 BDRM APT. 712-A Marlborough North. Fridge & stove included. $395/mth, plus utilities. Available Feb. 1st. Call 527-5381.

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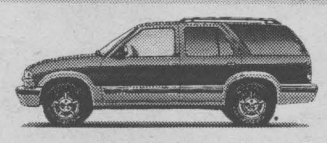

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00 CHEV CAVALIER
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94 CHEV EXT CAB
4x4, 8cyl, auto $14,495
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93 SUZUKI SIDEKICK
2dr, auto, very clean $5,995
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316-A Sydney, 1 bdrm, central, $550 heated

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228-A Fifth St. E., upst, porch, prking, BBL, $570 incl.
314 Louisa, upst, no appli, prk, gas htg, $360+
10-12 Lefebvre, 3-2 bdrm. units, no appl, $450-$525 heated
733-A Amelia, upst, gas heat, prking, porch $495+
307-309 Belmont, 2-2 bdrm., gas, no appli. $425
324-A 1st W., 2 bdrm upstairs, no appli., $440. +

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CALL 932-0063 daytime or 936-0333 after 6 pm ja11022

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BACHELOR APT on Pitt St. Ideal for a quiet & working person. No pets. References. Call after 12 noon, 932-2135.

MUST BE SEEN - 25-1/2 Arthur, Cozy bachelor apt at back of house. $350/mth, pay own utilities. References req'd. Avail. now. Call 528-1148 or 936-7088.

1 BDRM newly renovated apt. 15-sq.ft. covered deck. Fridge, stove & hot water included. No pets or smokers. Central. $425/mth, plus utilities. Available Feb. 1st. Call 932-8965.

1BDRM APT. in Ingleside. $410/mth, incl. utilities. Call 543-3604.

5 HOUSES FOR SALE

25 ARTHUR. Great starter home. 3 bdrms with bachelor apt at back. Open-concept, gas heat, 2 bathrooms, working garage, aluminum siding. $65,000. Call 528-1148 or 936-7088.

3 BDRM HOME on Third St. West. Vendor may take first mortgage with reasonable downpayment. Call after 12 noon 932-2135.

17 LOTS/LAND

LOT FOR SALE - Approved, 2.76 acres on Hwy. #2, west of Ingleside. 2 entrances. Beautiful view! Nicely treed. For more details, call Jim Standing, Assoc. Broker for Royal Lepage / M. Jean Cameron Real Estate, 938-3860.

18 ROOMS

ROOM FOR RENT. Carleton & Second St. East. Close to college. $300/mth, with utilities. Available immediately. Call 932-6167 or 330-0674.

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GLIDER ROCKER, upholstered, $95. Arm chair, upholstered, blue, $100. Ladies' Muskrat jacket, size medium, $50. Men's 3-pce. suit, size 44-46, $50. Call 932-7531.

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GIRLS BED with 3-drawers & headboard, $75. Call 932-3510.

LUGGAGE CART, 35" tall, $25. Call 936-8784 after 6pm or leave message.

AT LOW PRICE! 5 months to pay without interest or 5% rebate effective on your purchases of $1,000 and more. Imperfect materials...perfect prices. Spruce lumber: 1x3-8pi .55¢. Waferboard: 7/16" $5.85, 3/4" $7.79. Plywood: 1/2" $12.89, 5/8" $14.69. 4x8-ft-5/8" white melamine panel: $12.95. 8mm wood grain finish melamine panel, (flooring or pre-flooring panelling): $6.89. 2x4-ft ceiling tiles: $1.19. Interior doors: lauan $8.99, colonial $12.95. HDF floating floor: .68¢-sq.ft. HDF floating tiles: $1.19-ft. Effective Jan. 13th-19th. Bargain Building Materials, 613-527-5090.

REAL ESTATE

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Judi Auger	Dawna Bamford	Ayn Burmeister	Maggie Tessier	Julia Patterson	Francis Rounding
Assoc. Broker 930-3536	Sales Rep. 937-0739	Sales Rep. 678-7530 (cell)	Broker 551-2004	Sales Rep. 984-0875	Sales Rep. 937-4445

Cynthia Joubert	Ginette Campbell	Theresa Mahaffy	Ellen Ricker	Henrietta Duvall	Mike Auger
Sales Rep. 551-2496	Sales Rep. 361-9155	Sales Rep. 937-4445	Assoc. Broker 937-4445	Sales Rep. 937-4445	Sales Rep. 551-2469

PRICE IS RIGHT	1207 1st ST. EAST	NEW LISTING	NEW LISTING	CHEAPER THAN RENTING	BEAUTIFUL BRICK BUNGALOW
ONLY 15 MINUTES from Cornwall, 4 bdrms., 2 bathrooms, finished basement. Insulated double garage. $109,900/ #574	GREAT BUY $39,900 just reduced from $45,000 - $39,900. This is a great deal for this 1-1/2 storey home. Smart move for investor. Must sell. #502	1211 CUMBERLAND All the renovations have been done in this 3+2 bdrm. home and is ready for you to move right in. $85,900/ #569	EXCELLENT DUPLEX newly renovated, double car garage, large lot and priced to sell. $76,900/ #567	23 MARLBOROUGH S. 3+1 bdrm semi features many new updates, hardwood floors, private fenced in yard, utility shed and much more. $47,900/ #547	329 GARDNER ST. Large lot, dble garage, patio deck, 3+2 bdrms and excellent location. $129,900/ #510
CALL MAGGIE 551-2004	CALL CYNTHIA 937-4445	CALL DAWNA 937-0739	CALL GINETTE 361-9155	CALL GINETTE 361-9155	CALL GINETTE 361-9155

23 ARTICLES WANTED

WANTED: OLD FISHING tackle. Will pay up to $50. each for old wooden plugs. Also, I offer a free appraisal service. Will shovel driveways for old tackle. Call 938-3236.

WANTED
Old Fishing Lures & Wooden Duck Decoys
938-8839 SN4

WANTED: 50's STYLE (rounded top & door) fridge. Running or not. Will pick up. Call Brian 613-652-4886 days or 613-543-0548 evenings.

24 FIREARMS FOR SALE

GUNS FOR SALE: Cooey Model 64 semi-auto .22 LR w/scope & sling, $150. Model 75 Target .22 LR w/Lyman sites & hand-carved stock, $300. Cooey Canuck .22 LR single shot w/original sights, $150. All gun buyers must have a valid FAC or PAL. For more info, call 932-5588.

GUNS WANTED to buy, sell or trade: Winchester Lever, Remington & all makes, handguns, shotguns. Licensed Bonafide Collector. 932-2219.

30 HOME SERVICES

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

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SEAWAY NEWS
business card directory

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ADMIRAL WASHER & DRYER, 7-yrs, perfect cond. $400. Inglis 20-cu.ft. fridge, $200. Polaris 93 XLT snowmobile-one up, rebuilt engine 2001 80 m.p.h. Killer machine. Sears Craftsman, 15 h.p. 42" cut, lawn tractor, bagger & mulcher, $1,000. Call evenings or leave message, 347-1572.

THE NEW BOOK of Knowledge Encyclopedias, 20 volumes. $40. Call 938-8301.

HARDWOOD ASHTRAY stand w/brown ashtray, 24" high. Call 525-3349.

PENTIUM COMPUTER system P166. High speed internet, refurbished, Windows 98 SE. $299. Call 933-4326.

24" GAS STOVE. Hydraulic winch. Old tin tub w/wooden top rim. Early 70's Camero Rally rims, painted w/stainless ring. '57 Chev truck, grill & hood. Early 60's Oldsmobile engine big block. Call 933-0280 for all.

HOUSE CONTENTS SALE: 1354 Notre Dame St. off 13th St. Jan. 5th-Jan. 13th. 9am to 6pm. Household contents including Roxton recliner, sofa, dropleaf tea wagon, 37" Electrohome TV, surround sound system, microwave, crystal, dishes, household articles too numerous to mention. Everything must go!

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AUCTION SALE
Saturday, January 19th at 10 am
at the Osnabruck Centre Hall
from Hwy. 401, Ingleside Exit travel North
approx. 1.5 kms
Good selection of antiques & collectables
2 door pine cupboard (square nails), bucket bench, 1/4 cut oak dresser, church pew, parlour tables, birdcage with cast-iron floor stand, quilts, clocks, oil lamps, old paper items, Indian baskets, collection of 50 pcs. Medalta pottery, tins, glass and much more...
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6:30 pm
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RICHARD BEAUREGARD Handyman Services. General renovations. Snow plow removal. Telephone & computer jack installation. Free estimates. Good rates. Call 931-1186 or Cell 936-6302.

STOP! HANDI LADIES, give yourself a Christmas treat, get your house clean & neat. A great gift idea. Heavy-duty cleaning, walls, floors, cupboards, windows in & out and more. Keep it, you may need us. Call 936-9362 or 936-9150.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge & tree trimming, fencing, house painting, snow blowing, yards, basements, lawn cutting. Call 938-1684.

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HOW SAFE IS YOUR HOME? Help us educate & earn an income. Please visit http://carianne.themomteam.com for my information.

WELL ESTABLISHED, very busy Coffee & Donut Shop. Excellent business opportunity. No franchise fee. Training provided. Call 933-3843 after 4pm.

38 HELP WANTED

FRENCH TEACHER WANTED for home schooling group. Call 525-0949.

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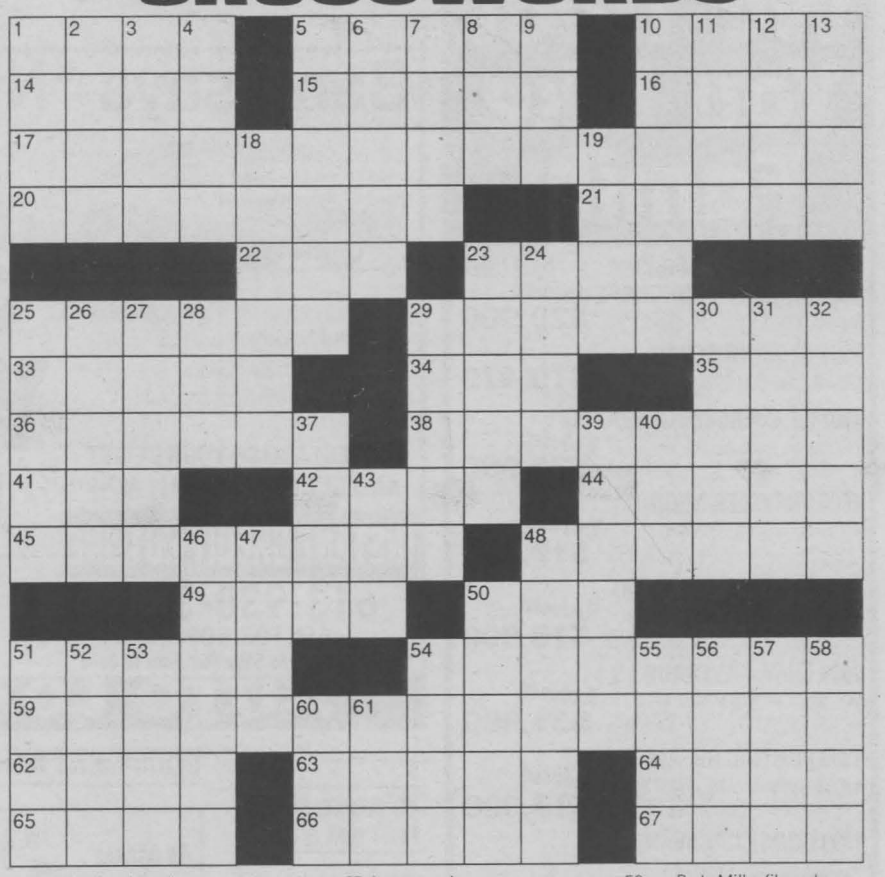
CROSSWORDS



CLUES ACROSS
1. Acknowledgment, abbr.
5. Very large Australian red gum
10. Hauls
14. Tributary of the Mississippi River
15. Purgatives
16. Arthur __, Wimbledon champion
17. Goodbye song of 1922
20. Fair weather
21. Harts
22. Compass point
23. Wooden strip on a fence
25. Way to separate with an instrument
29. Visual percept of a region
33. Distinctive odor that is pleasant
34. Select
35. Groom
36. Baited
38. Cyclical
41. Element 105, abbr.
42. Unfold
44. Greek island in the Mediterranean
45. Physical therapist
48. In poor taste
49. Again
50. Grand __, vintage
51. Materials
54. Soundproofed
59. Whoopie Goldberg film of '86
62. Cain and __
63. Teapot covering
64. Myth (Spanish)
65. Recurring only at long intervals
66 Bobbins
67. Swerve

CLUES DOWN
1. Putrefactions
2. Puff filled with cream or custard
3. Meson
4. Toddlers
5. Chinese communist
6. Unaccompanied
7. Memorization
8. A way to soak
9. Equal, prefix
10. Tell on
11. Mythological mountain
12. Social reform in 19th century England
13. Comes across
18. Insect receptacles
19. Norway capitol
23. Franz van __, German diplomat
24. Pier, side of porch
25. Soviet seaport
26. Genus of the fairy bluebirds
27. In a way, cleanses
28. Type of RAM
29. Type of exhibitionist
30. De Mille (dancer)
31. Stew and raw
32. Type of lane
37. Chief magistrate of Venice
39. The back side of the neck
40. Opening
43. Long bench
46. Test
47. Defines computing protocols
48. Stops suddenly
50. __ B. de Mille, filmmaker
51. Open
52. Bass
53. Hebrew unit of measure
54. Stupor
55. Tiger ____
56. Complete a pass, in football
57. This (Spanish)
58. Arab vessel
60. Company that rings receipts
61. Married Marylin

solutions on page 24

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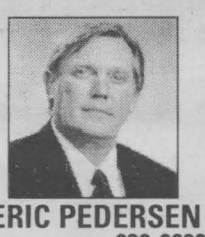
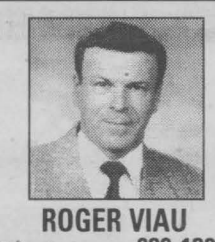


ERIC PEDERSEN
Broker 938-9690



SHERRY McCULLOUGH
Sales Rep. 937-0891



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TODD THOMPSON
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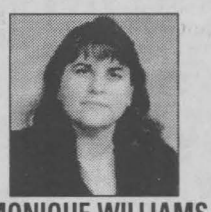
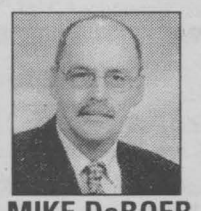


MONIQUE WILLIAMS
Sales Rep. 932-7196



MIKE DeBOER
Broker 938-7802



PERFECT FOR BACHELOR OR COUPLE
(A-MLS 0543) Centretown, completely renovated with attached garage. Priced to sell.
JACK ROY 931-1290



HWY 2 SUMMERSTOWN $85,500
(J-MLS 0535) 2 bdrm. brick bungalow with large lot.
JACK ROY 931-1290



CTY RD. 12 RR2 NEWINGTON NEW PRICE $42,900
(O-MLS 0503) Mobile home with addition. Needs some work, has some updates (windows, oil furnace, roof reshingles, addition w/basement) 2 acres.
MOE LEMIEUX 932-9386



6218 164th AVE., BAINSVILLE - $129,900
(I-MLS 0548) Nice property with 2853 sq.ft. quick access & excellent view of Lake St. Francis. 4 bdrms, 28x28 family rm, garage, boathouse w/lift, dock, lot 102x 231.
MOE LEMIEUX 932-9386



16725 DUFF'S CORNERS RD. $114,900
(L-MLS 0533) Small 5.54 ac hobby farm. Well-maint home with some updates. Metal roof '93; breakers 2000; windows '93. Nice private setting
MOE LEMIEUX 932-9386



36 LAWRENCE LARGE WORKING GARAGE
(A-MLS 0396) Plus K3 rental units and plenty of parking. Asking $123,500
ERIC PEDERSEN 938-9690

PARKWAY ESTATES
JUST WEST OF LONG SAULT
$42,900 +GST
(O-MLS 0481) Estate size building lots 100 x200. Fully serviced. Excavation & backfill of foundation; sodded frt & side yards; top soil on back; installation of driveway
ERIC PEDERSEN 938-9690



ESTATE SALE $55,000
(A-MLS 0557) Just listed. Solid 3 bdrm. brick home, full lot. Needs some repairs.
ERIC PEDERSEN 938-9690



1340 STORMONT DR. $159,900
(A-MLS 0525)
SHERRY McCULLOUGH 937-0891

PLEASE CHECK OFF YOUR NEEDS:
____ 3+1bdrms
____ att. garage
____ central air
____ fireplace
____ excellent location
____ formal dining room
____ spacious rec room
____ central vac
____ eat-in kitchen
____ on bus route



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514 10TH ST. E $61,900
(A-MLS 0539) 3 bdrm. bung., dining with hdwd, living with cathedral ceilings, carport & more
MIKE DeBOER 938-7802



508-510 FIFTH ST. W. $148,000
(A-MLS 0496) 2 Units could be severed; 1162 sq. ft., 3 bdrms, attached garages
MIKE DeBOER 938-7802



DAFOE ROAD $129,900
(O-MLS 0559) Hobby farm north of Ingleside, 55 acres, 2000 sq.ft. home. Too many renovations to mention. Circular Drive.
MIKE DeBOER 938-7802



INGLESIDE $99,900
(O-MLS 0465) Raised bung, formal dining, ample cabinetry, large deck, lower level completely finished. A must see!
MIKE DeBOER 938-7802

765 YORK - NEW LISTING
- 2 bdrm. brick bung.
- **$62,500** (A-MLS 0556)

15 BERGIN
- 4 bdrm., 2 storey
- **$67,900** (A-MLS 0527)

311 PITT ST.
- 2 comm. stores & 2-2 bdrm. apts above
- **$85,000** (A-MLS 0375)

251-257 PITT ST.
- comm. bldg with 3 incomes
- **$180,000** (A-MLS 0554)

TYOTOWN RD
- machine shop
- **$185,000** (J-MLS 0518)

ROGER VIAU 932-1325



R.R.#1 MARTINTOWN $118,900
(J-MLS 0514) The weather outside is frightful...but delightful inside this cozy ranch-style bung, with country charm decor. Why not call Sherry??
SHERRY McCULLOUGH 937-0891



141 4th ST. W. $99,900
(A-MLS 0463) Make a New Year's Resolution! To own your own home. Make your first move to call Sherry at 937-0891. Early possession is available
SHERRY McCULLOUGH 937-0891



847 KENYON CR $149,900
(A-MLS 0555) Seeking the ultimate in a home? Your search is over! This home features 3+1 bdrms., 2 baths, fin. rec rm, att. garage located in quiet east end.
SHERRY McCULLOUGH 937-0891



CORNWALL $69,900
(A-MLS 0479) 4 bdrm home with basement apartment & detached granny suite
MIKE VANDERMEER 938-2121



856 GIROUX ST $65,900
(A-MLS 0534) Wonderful location! Quiet cul-de-sac. 3 bdrms, many updates. You won't be disappointed
MONIQUE WILLIAMS 932-7196



PRIME WATERFRONT PROPERTY
(J-MLS 0547) Million dollar view. Dock & walkway already there for you.
MONIQUE WILLIAMS 932-7196



20590 HERON BAY LANCASTER $345,000
(G-MLS 0437) Waterfont. View-T-Ful. Where Mother Nature is the major developer. 3 bdrm.s, sunrm, prop gas frpl, dbl boathouse with guest house on upper level.
MONIQUE WILLIAMS 932-7196



LONG SAULT $89,900
(M-MLS 0545) 3 bdrm. raised bung, fireplace in living rm, woodstove in rec rm, 3 pc. ensuite bath & more.
MIKE VANDERMEER 938-2121

LOTS & LAND

Roxborough, nice high bldg lots. Priced to sell **$5,900**
Ault Island, 1.14 ac treed lot with waterview **$24,000**
Moose Creek: Serviced lot, commercial possibility .....**PRICED TO SELL $5,900**
Long Sault Area: 148x167 lot, water, gas & cable, **$14,900**
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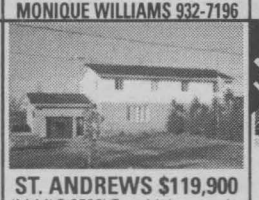
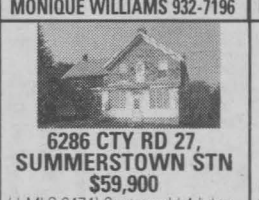
GREAT DUPLEX $49,900
(A-MLS 0519) 2-3 bdrm unit. Move-in cond., priced to sell
TODD THOMPSON 938-2121



ST. ANDREWS $119,900
(M-MLS 0532) Two 4 bdrm. semis. Each unit with an attached garage. Priced to sell.
TODD THOMPSON 938-2121



15631 MANNING RD $89,900
(M-MLS 0558) Beautiful century home,many updates, 2 baths, dbl garage. A must to view.
TODD THOMPSON 938-2121



6286 CTY RD 27, SUMMERSTOWN STN $59,900
(J-MLS 0474) Century old 4 bdrm., lg. family home with general store, now large rec rm.
MAURICE DROUIN 933-6146



3266-A MAIN ST. AVONMORE $69,900
(L-MLS 0516) Dbl tenement 1-3 & 1-2 bdrms. Both units have a bath-room on each floor. 5 parking spaces in large backyard.
MAURICE DROUIN 933-6146



AVONMORE $69,900
(L-MLS 0544) 2+1 bdrm. backsplit on quiet back street. Great for starting or retiring.
MIKE VANDERMEER 938-2121



MONTREAL ROAD $59,900
(A-MLS 0506) 4 plex with commercial storefront. Many possibilities.
MIKE VANDERMEER 938-2121



CORNWALL $86,900
(A-MLS 0524) Spacious 3+1 bdrm. semi with fenced yard & pool. Move-in condition.
MIKE VANDERMEER 938-2121

MONKLAND $169,900
(L-MLS 0471) A-frame home with triple car garage on 4x14 acres. Lot is treed & has small creek.
MIKE VANDERMEER 938-2121

NORTHWOODS $92,900
(A-MLS 0515) Spotless 2+1 bdrm semi on large lot, 2 baths, patio doors to deck, hdwd floors & more
MIKE VANDERMEER 938-2121

DUNVEGAN - $59,900
(I-MLS 0452) Spotless 3 bdrm. home loaded with original charm & character. Move-in condition.
MIKE VANDERMEER 938-2121

WALES ROAD $98,000
(O-MLS 0476) 3+1 bdrm raised bung, double garage, screened porch, pool & deck, gas fireplace
MIKE VANDERMEER 938-2121

COUNTRY $87,900
(M-MLS 0552) 3 bdrm. bung. on 2.85 ac. lot built in 1995. Patio doors to deck, front porch.
MIKE VANDERMEER 938-2121

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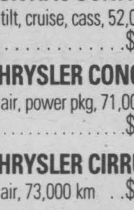
	Mkt Price	Sale Price
2001 CHRYSLER CONCORDE V6, auto, loaded, 32,000 km	$23,500	Reduced **$20,900**
2001 SEBRING SEDAN V6, auto, air, 25,000 km	$21,900	**$19,479**
2001 GR. CHEROKEE LAREDO 4X4 V6, auto, air, loaded, 21,000 km	$34,900	Reduced **$31,900**
2000 CHRYSLER NEON 4dr, auto, air, cass, 33,000 km	$18,900	Reduced **$12,300**
2000 CHRYSLER INTREPID 4dr, auto, air, power pk,10,000 km	$22,900	Reduced **$18,900**
2000 CHEV. SILVERADO LS 4x4, quad cab, fully loaded, 41,000 km	$33,900	Reduced **$31,900**
1999 PONTIAC GR. AM 4dr, V6, auto, air, cass, 71,000 km	$17,900	Reduced **$13,900**
1999 DODGE CARAVAN V6, auto, air, cass, 54,000 km	$18,900	**$16,500**
1999 MAZDA PROTEGE 4 d., auto, air, 31,000 km	$15,900	**$14,900**
1999 RAM CLUB CAB 4X4 V8, auto, air, 73,000 km	$25,900	Reduced **$23,900**
1999 CHRYSLER 300M fully loaded, 50,000 km	$28,000	**$26,500**
1998 CR. CHEROKEE LAREDO 4X4 V6, auto, air, loaded, 51,000 km	$24,900	**$21,900**
1998 DODGE GRAND CARAVAN V6, auto, air, power pkg, 66,000 km	18,900	Reduced **$15,900**
1998 DODGE NEON 4dr, auto, air, 64,000 km	$12,900	Reduced **$9,650**
1998 CHRYSLER INTREPID V6, auto, air, power pkg, 28,000 km	$18,500	Reduced **$16,200**
1998 PONTIAC SUNFIRE GT auto, air, tilt, cruise, cass, 52,000 km	$17,400	Reduced **$13,970**
1998 CHRYSLER CONCORDE V6, auto, air, power pkg, 71,000 km	$18,900	Reduced **$15,970**
1998 CHRYSLER CIRRUS LXI V6, auto, air, 73,000 km	$16,400	Reduced **$14,730**
1997 MERCURY COUGAR XR7 V6, auto, air, pwr pkg, 67,000 km	$12,900	Reduced **$9,990**
1997 CHRYSLER INTREPID V6, auto, air, power pkg, 91,000 km	$14,500	Reduced **$11,900**
1997 CHEV CAVALIER 2dr, sport, 5 spd, 135,000 km	$9,500	**$7,900**
1997 PLYMOUTH VOYAGER V6, auto, air, 7 pass, 127,000 km	$11,900	**$9,995**
1997 CHRYSLER CIRRUS V6, auto, leather, loaded, 59,000 km	$14,900	**$13,900**
1997 FORD ESCORT WAGON 4 dr., auto, air, 88,000 km	$10,900	**$9,990**
1996 CHRYSLER INTREPID V6, auto, air, power pkg, 95,000 km	$11,900	**$9,980**
1995 DODGE INTREPID V6, auto, air, power pkg	$8,900	**$7,995**
1994 DODGE DAKOTA V6, auto, 8' box, 117,000 km	$11,900	Reduced **$8,900**
1991 OLDS DELTA 88 114,000 km	$6,995	**$5,995**
1990 DODGE CARAVAN V6, auto, air,	$6,900	**$5,490**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EQUIPMENT RENTAL



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71 HALL RENTALS

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74 LOST & FOUND

FOUND: BLACK DOG with brown colour. Lab/Hound mix. Near north end of Brookdale Ave. on Thursday, Jan. 3rd. Call 933-0280.

LOST: PURPLE GAME BOY with the name "Steven" on back; over the Christmas Holidays. If found, please call 537-2303.

76 PETS/ LIVESTOCK

BEAUTIFUL PUPPIES: American Cocker, female, $150. Schnauzer mixes, $150. Call 527-3246.

BEAUTIFUL PUPPIES: Shelties, Pomeranians, 1-yr-old female Shepherd, 8-mth-old Pit Bull & others. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

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DOGS TO GIVE AWAY to a good home, 1 Beagle/Hound mix & 1 Hound. Call 938-2962.

85 PERSONALS

PSYCHIC READINGS by Alexander. 30-yrs. experience. Old & new clients welcome. Book your appointment now. Call 527-2376.

90 IN MEMORIAM

DUFRESNE, GUY - In loving memory of a dear husband, father and grandfather Guy, who passed away on January 13, 1994.

Since God called him too soon, may He reward him of all his goodness by giving him eternal life.

Always remembered by all his family.

HOROSCOPES

Jan. 12th - 18th

Aries – March 21/April 20
Don't be shy when you meet someone interesting while out with friends late in the week, Aries. Show off that magnetic personality and you'll be sure to catch his or her eye.

Taurus – April 21/May 21
Keep your temper under control when you run into a former adversary late in the week, Taurus. There's no need to relive the past. A loved one needs financial help.

Gemini – May 22/June 21
A close friend asks you to lie for him or her and you don't feel comfortable doing it. Go with your instincts and stay on the straight track. That special someone has a surprise for you.

Cancer – June 22/July 22
While you want to see the best in people, don't be taken in by an acquaintance's act early in the week. This person is trying to pull the wool over your eyes. Scorpio plays a key role.

Leo – July 23/August 23
While it's going to be difficult, keep your opinions to yourself when a close friend tells you his or her plans early in the week, Leo. This person has his or her mind already made up.

VIRGO – Aug 24/Sept 22
When it comes to making a financial decision this week, Virgo, don't be hasty. A lot is riding on your choice, so gather all of the important information first.

Libra – Sept 23/Oct 23
A relative introduces you to someone you have an instant attraction to. You're hoping he or she feels the same spark. You won't be disappointed, Libra, so don't worry.

Scorpio – Oct 24/Nov 22
You have an important decision to make on Thursday, Scorpio, and there's no putting it off any longer. If you need advice, turn to Cancer, this steady sign won't steer you wrong.

Sagittarius – Nov 23/Dec 21
While you would prefer to be alone this week, Sagittarius, you won't get your wish. Several people need your help with personal problems. Do what you can for them. Your efforts will be greatly appreciated.

Capricorn – Dec 22/Jan 20
Have you been thinking about making a major investment, Capricorn? It's best to wait a little longer for that purchase. Expect an old flame to resurface in your life soon, making things tricky.

Aquarius – Jan 21/Feb 18
A relative tries to blame you for a mistake that he or she made, Aquarius. Don't let this person get away with it, but use tact — you don't want to start a family brawl.

Pisces – Feb 19/March 20
Your good mood will soon fade this week, Pisces, when a work project leaves you little time for a life. Remember that it's a temporary situation. Expect relief by the weekend.

92 NOVENAS

MAY THE SACRED HEART of Jesus be praised, adored & glorified now & forever. Sacred Heart of Jesus, pray for us. St. Jude, Helper of the Hopeless, pray for us. Say 9 times a day for 9 days. Promise publication. S.L.

THANK YOU SACRED HEART for prayers answered. E.L.

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R	C	P	T	■	M	A	R	R	I	■	T	O	W	S
O	H	I	O	■	A	L	O	E	S	■	A	S	H	E
T	O	O	T	T	O	O	T	T	O	O	T	S	I	E
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A	B	E	L	■	C	O	Z	I	E	■	M	I	T	O
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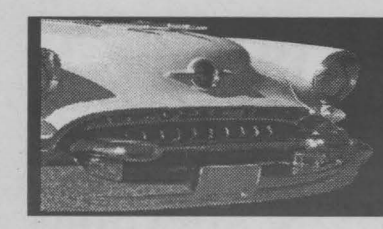
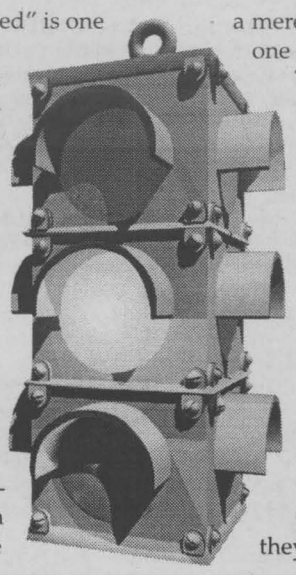


YOUR AUTO CORNER

Surprise...You're Caught On Camera

Red. It is a powerful color, and on the road "red" is one of the most important traffic signals to heed. Yet, it seems these days that many people don't stop for red lights—accidents caused by running red lights are steadily rising. That is why traffic enforcement agencies across the country are taking whatever means necessary to curb this growing trend—even installing cameras to nab you in the act.



Most people probably have run a red light at some time. Maybe you were distracted or thought that the amber signal would last a little longer than it did. While it technically is a traffic infraction, you usually get away with it suffering only a quick pulse increase when you scan the mirrors to check if a police car is nearby. Still, there are others who make running red lights a full-time career. You've seen them dodging from lane to lane eager to shave a mere seven seconds off of their trip. A red light is just one more hold-up on the path to their destination. These reckless drivers put unsuspecting folks in danger every time they cruise through the crimson.

Traffic cameras do not distinguish between the occasional "oops" drivers and those who think they're in the last lap of the Indy 500. When your car rolls over road sensors in the traffic intersection after the light turns red, a camera which looks like a birdhouse mounted on a pole behind the car automatically snaps two photos of your car — a close-up of your license plate and one of the back of the car. A few weeks later you'll receive your auto "mug shots" in the mail where you can choose to contest the ticket or pay the fine.

Generally "photo red" fines are less than what they would be had a police officer pulled you over. That is, if you didn't get out of the ticket with a valid excuse: "needed to use the bathroom," "didn't see the light," "thought I saw Elvis walking into the supermarket," etc. And in most areas, you will not get points on your license for a photo red infraction.

However, the main reason for installing traffic cameras is not to give the police force more time for coffee breaks, it has been proven extremely effective in deterring red-light runs, and ultimately reducing the number of accidents that result from intersection collisions.

With every tactic traffic enforcement employs, a way to outsmart the system follows shortly thereafter. Internet businesses already sell special lenses that drivers can put over their license plates to prevent a clear picture of the plate. And some people want the cameras to be eliminated because the flash causes such a distraction it could actually create a greater danger on the road. Some also argue that it is an invasion of privacy, but the cameras are probably here to stay for a while. Drive safely and don't say "cheese."

Problem-Free Winter Driving Means Planning Ahead

(NC)–Most Canadian drivers take the time to prepare their car or truck for the winter season by changing to winter tires, topping anti-freeze and windshield washer fluids and preparing "survival kits." However, drivers often overlook the important role gasoline plays in ensuring vehicles start and help drivers reach their destination.

One of the most common reasons for a vehicle's inability to start during the cold winter months is the presence of water in fuel lines that may have resulted from the use of inappropriate gasolines.

A simple, frozen fuel-line will stop any vehicle in its tracks. That's why it's important for drivers to ensure they protect themselves. Understanding that many drivers may be too busy to remember adding fuel line antifreeze themselves, Petro-Canada has brought back its popular SuperClean WinterGas. It is specially formulated with anti-freeze additives–at no extra cost–to help keep fuel-lines flowing. The antifreeze is absorbed into any condensation that may be present in the fuel tank or fuel line and lowers the freezing point of the water, keeping it liquid.

All grades of Petro-Canada gasoline also contain the engine cleaning power of TACTROL in increasing amounts. TACTROL is a unique deposit control additive, available at no extra cost in all grades of gasoline and formulated exclusively for Petro-Canada year-round. It cleans carburetors, fuel injectors, intake ports and valves, resulting in increased engine performance and lower emissions. Its presence in the SuperClean grade helps keep your engine 10 times cleaner than industry standards.

So, use the proper fuel and prepare for the conditions to give you peace of mind this winter.

Venus And Mars Talk Cars

Venus and Mars, aka Jessica Levy and Roger Kwapich, are renaissance technicians. From the wrench to the word processor, they do it all. Through their editorial contributions to the Car Care Council they address the different automotive needs of male and female motorists while encouraging them to become better maintainers of their vehicles.

Dear Venus and Mars:

My husband and I purchased a used car from a new car dealership. It's now out of warranty and needs some work. I would like to go back to the dealership, but my husband wants to take it to an independent repair shop. What do you think?

The View from Mars

Since it is not under a new car warranty that choice is yours. Wherever you go to have work done, be sure to keep the records and follow the service recommendations in the owner's manual. That way if a problem develops later you can prove the car was serviced properly at the correct intervals.

There's nothing sacred about one type of service facility or the other, and you can find excellent, highly qualified and certified technicians in both. But isn't freedom of choice wonderful?

The View from Venus

This is an issue we hear discussed quite often. In your case, without knowing why you prefer the dealership, it would make sense that you continue to take your car there for service. Definitely deal with whomever you are most comfortable; that way you won't feel intimidated or have any qualms about having needed service done.

The Car Care Council's Women's Board surveyed 675 women car owners to find out what meant most to them in choosing a maintenance and/or repair facility. Familiarity with shop personnel and recommendations of other customers rated equally important at 36 percent. Cost was number one at 41 percent, with location trailing at 31 percent.

Yield To Emergency Vehicles



Emergency vehicles are involved in several traffic collisions each year. Motorists who don't yield to their approach are at fault at least 75 percent of the time, according to a study by a southern California auto group. Here's how to avoid collisions with these vehicles, courtesy of the Loyola University Medical Center Injury Prevention Program:

- If the emergency vehicle is close behind you, don't stop.
- Pull over to the right and stop. If you are in the centre lane, move as far to the right as possible.
- Don't block an intersection. If you are already in an intersection, proceed through, then move right.
- On freeways, always pull over to the right, not left or centre median.

Customer Satisfaction Drives our Success

97 DODGE CARAVAN, 7 pass, extra sliding door, 90 kil		$11,995
95 FORD ESCORT GT, 2dr, htbk gt, purple, auto		$6,595
93 MERCURY VILLAGER LS, 7pass. van, V6, air	REDUCED	$5,995
93 DODGE CARAVAN, 7pass. van, V6, white, new motor	REDUCED	$3,995
92 GMC SAFARI, 8 pass.van, V6, blue		$4,595
92 PONTIAC GRAND AM, 2dr, 3.3, V6., maroon		$3,995
92 PONTIAC SUNBIRD LE, 2dr, red, 173. kil	SOLD	$3,795
92 GEO METRO, conv., white, 121,000kms		$3,595
92 CHEV CAVALIER RS, 2dr, auto, maroon		$3,495
91 OLDS REGENCY 98, 3.8V6, loaded, blue	REDUCED	$3,995
91 CHEV BERETTA GT, 2dr, V6, loaded, white	REDUCED	$3,495
90 PONTIAC GRAND PRIX, 4dr, V6, maroon, 164,000 kil		$3,795
90 PONTIAC TRANSPORT, 7 pass van, V6, red		$3,595
90 CHEV CORSICA LTZ, 4 dr., V6, white, only 96 kil	REDUCED	$2,995
90 CHEV CAVALIER, 4 dr., silver, only 135,000 kil		$2,995
90 PONTIAC SUNBIRD GT, 2dr, 4cyl, black	REDUCED	$2,795
89 BUICK REGAL 2 dr., V6, white,		$2,295
89 CHEV CORSICA, 4dr, V6, white, safetied	SOLD REDUCED	$1,995
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99 PONTIAC GRAND AM, 2dr, V6, loaded	$13,950
99 CHEV CAVALIER Z22 2 dr., auto, A/C, 48,000 km	$10,900
99 OLDS INTRIGUE 4 dr., 3.8L	$13,900
99 FORD TAURUS SE, mint	$10,900
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98 DODGE NEON, 4dr,	$8,450
98 FORD ESCORT ZX2, 2dr,	$10,900
98 CHEV MALIBU, 4dr, auto,	$8,900
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97 PONTIAC GRAND AM, 4dr, V6, loaded	$9,500
97 CHEV CAVALIER, 2dr, 60 k	$7,550
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OBITUARIES

SAUCIER - Claudette Marie

Passed away at the Ottawa General Hospital, Ottawa, Ontario on Wednesday, November 28th, 2001. Miss Claudette Marie Saucier, in her 56th year, born in Cornwall, Ontario and formerly of Lunenburg, Ontario. Dear daughter of the late Raoul Saucier and the late Emilia Laframboise. Beloved companion of Carolle Desaulniers. Dear sister of Edmond Saucier (Nancy) and Raymond Saucier (Jeannine) and Doris Lalonde all of Cornwall, Ontario. The funeral took place on Monday, December 3rd, 2001 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Andrews Parish Church with burial at St. Andrews Parish Cemetery. Rev. Bernard Cameron of St. Andrews Parish Church officiated. The pallbearers were Donna Fontaine, Louise Cruz, Rachel Lafrance, Steve De Pater, Mike Lafrance and Murray Saucier.

LALONDE - Gordon Joachim

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Friday, November 30th, 2001. Mr. Gordon Joachim Lalonde, in his 88th year, born in Cornwall, Ontario and formerly of Cornwall. Dear son of the late William Lalonde and the late Mary Emily Primeau. Beloved husband of Gladys Lalonde (nee Daniels). Loving father of Gordon Lalonde and David Lalonde (Betty) both of Sudbury, Ontario, Vincent Lalonde (Judy) of Wasaga Beach, Roland Lalonde of Edmonton, Alberta, Cheryl (Mrs. Richard Andre) of Martintown, Ontario, Phyllis (Mrs. Jerry Antoine) and Ronald Lalonde (Alice) both of Cornwall, Ontario and Susan Lalonde of Windsor, Ontario. Dear step-father of Bernard Beauvais (Mignonne), Ernest Beauvais (Frances) and Claire (Mrs. John Bazil) all of Long Sault, Ontario. Survived by 19 grandchildren, 25 great-grandchildren, seven step-grandchildren and 12 great-step-grandchildren. Predeceased by former wife, Mabel Roberts, daughters, Shirley Lalonde and Mrs. Barbara Marsolais, brothers, George, Louis and Joseph Hugh Lalonde and sisters, Mrs. Ida Rhodes and Mrs. Hazel Sauve. The funeral took place on Tuesday, December 4th, 2001 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Columban's Parish Church with cremation at Maison Ernest Montpetit and Fils Inc. Rev. Kevin Maloney of St. Columban's Parish Church officiated. The pallbearers were Dave Lalonde, Vincent Lalonde, Ronnie Lalonde, Harold Lalonde, Richard Andre and Susan Lalonde.

McMILLAN - Benjamin (Ben) Allen

Passed away at his residence in Cornwall, Ontario on Friday, November 30th, 2001. Mr. Benjamin (Ben) Allen McMillan, in his 77th year, born in Montréal, Québec and formerly of Cornwall, Ontario. Dear son of the late Daniel McMillan and the late Mary Keeler. Dear brother of Mrs. Constance (Connie) Hummell of Cornwall, Ontario, Mrs. Marjorie (Marge) McDougall and Elizabeth (Mrs. Andrew Boyer) both of Lindsay, Ontario. Survived by many nieces and nephews. Predeceased by brother, Daniel McMillan and sister, Mrs. Joan Clarke. The funeral took place on Tuesday, December 4th, 2001 from Lahaie and Sullivan Cornwall Funeral Homes East Branch with cremation at South Branch Crematorium.

MacMILLAN - Mary Magdalene

Passed away at Parisien Manor, Cornwall, Ontario on Sunday, December 2nd, 2001. Mrs. Mary Magdalene MacMillan, in her 82nd year, born in Cornwall, Ontario and formerly of Cornwall. Dear daughter of the late Percy Smith and the late Elizabeth Harris. Beloved wife of the late Ewan MacMillan. Loving mother of David MacMillan (Jan) of Cornwall, Ontario and Nancy Munro and Lorna Lenneau both of Cornwall, Ontario. Cherished grandmother of Todd, Chad, Erin, Mark, Jennifer and Kimberley, and great-grandmother of Jacob, Abby, Delaina, Logan and Jesse. Predeceased by son, Robert MacMillan. The funeral took place on Tuesday, December 4th, 2001 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Columban's Parish Church with cremation at South Branch Crematorium. Rev. Claude Thibault of St. Columban's Parish Church officiated. The pallbearers were Todd Hyland, Chad Hyland, Barry Roundpoint, Mark Roundpoint, Terry Montroy and William Sauve.

YELLE - Rosa C.

Passed away at Montfort Hospital, Ottawa, Ontario on Sunday, December 2nd, 2001. Mrs. Rosa C. Yelle, in her 88th year, born in St. Isidore de Prescott, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Omer Faubert and the late Clementine Gourd. Beloved wife of the late Paul Armand Yelle. Loving mother of Jean-Paul Yelle (Jeannine) of Gloucester, Ontario and Jean-Guy (Madeleyne) of Montréal, Québec. Dear sister of Doris Faubert of Casselman, Ontario. Also survived by sister-in-law, Celina Yelle of Cornwall, Ontario. Predeceased by brother, Donat Faubert and sisters, Mrs. Clara Hotte, Mrs. Beatrice Castonguay, Mrs. Cordelia Sauve and Mrs. Ida Gagne. The funeral took place on Thursday, December 6th, 2001 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. John Bosco Church with burial at St. Isidore de Prescott Parish Cemetery. Rev. Laurier Rivet of St. John Bosco Church officiated. The pallbearers were the Nativity Guards.

RUSSELL - Edward

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Monday, December 3rd, 2001. Mr. Edward Russell, in his 76th year, formerly of Cornwall, Ontario. Dear son of the late Arthur Elliot Russell and the late Agnes Jones. Beloved husband of the late Hazel Russell (nee Lemoine). Loving stepfather of Glenn Keenan (Jennifer) of Cornwall, Ontario and Bob Keenan (Paulette) of Alberta. Dear brother of Alice Viau of Cornwall, Ontario, Arthur Elliot Russell Jr. of Toronto, Ontario and Robert Russell of New Jersey. Predeceased by step-daughter Kathy Keenan. The funeral was held from the M. John Sullivan Funeral Home followed by cremation. Rite of Committal at Woodlawn Cemetery. Mr. Russell was a retired Bartender and a member of the Royal Canadian Legion Branch 297.

MARTIN - Jean Barbara

Passed away at the Janet MacDonell Pavillion, Cornwall, Ontario on Tuesday, December 4th, 2001. Mrs. Jean Barbara Martin, in her 71st year, formerly of Cornwall, Ontario. Dear daughter of the late George MacDonald and the late Mary Ellen Burton. Beloved companion of Irvin Stanley. Loving mother of Raymond Martin (Huguette) of Moose Creek, Ontario and Robert Martin (Nathalie) of Williamstown, Ontario. Dear sister of Frank MacDonald of Pilon's Point, Ontario. Predeceased by sisters, Jessie MacDonald and Dorothy Muir, brother, Ranald MacDonald, and half-brother, Roy McGillivary. The funeral was held from the M. John Sullivan Funeral Home to St. Columban's Catholic Church for Funeral Mass on Friday, December 7th, 2001, followed by cremation. Father Dan Van Delst celebrated. Rite of Committal to be held at St. Lawrence Valley Columbarium at a later date. The pallbearers were Leon, Dale and Dean Stanley, Hank Sanders, David Muir and Doug Armstrong. Mrs. Martin was a retired employee of Bestview Health Care Centre.

VILLEMAIRE - Dora

Passed away peacefully surrounded by her loving family at the Glen-Stor-Dun Lodge, Cornwall, Ontario on Thursday, December 6th, 2001. The former Dora Marion, in her 91st year, born in Marionville, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Joseph Marion and the late Corine Menard. Beloved wife of the late Raoul Villemaire. Loving mother of Robert Villemaire, Cecile (Mrs. Donald Latour), Elaine (Mrs. Bruno Cuerrier), Rita (Mrs. Robert Bergeron), Madeleine (Art MacArthur), Monique (Mrs. Roger Sabourin) and Nicole (Mrs. Dwight Amelotte) all of Cornwall, Ontario. Dear sister of Mrs. Berthe Lamarche of Smiths Falls, Ontario, Gracia (Mrs. Donat Ouimet) of Alexandria, Ontario and Mrs. Simone Poirier of Cornwall, Ontario. Also survived by 16 grandchildren and 18 great-grandchildren. Predeceased by brother, Fernand Marion, sisters Mrs. Georgette Laplante, Mrs. Adrienne Groulx and Mrs. Fernande Brisson, and son-in-law, Mr. Maurice Blanchard. The funeral took place on Saturday, December 8th, 2001 from Boulerice Funeral Home Ltd. to Nativity Co-Cathedral, followed by interment in Notre Dame Cemetery, Cornwall, Ontario. Msgr. Rejean Lebrun of Nativity Co-Cathedral officiated, assisted by Rev. Gaetan Deschamps. The pallbearers were Mike Bergeron, Eric Sabourin, Daniel Latour, Joel Amelotte, Jack Cuerrier and Jeff Blanchard. The members of Les Filles D'Isabelle, Cercle Notre-Dame-Du-Perpétuel-Secours #1028 formed an Honour Guard at the funeral mass.

LANOUE - Marie Cécile Ange-Aimée

Passed away at St. Joseph's Villa, Cornwall, Ontario on Friday, December 7th, 2001. Mrs. Marie Cécile Ange-Aimée Lanoue, in her 83rd year, born in Hawkesbury, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Louis Ouellette and the late Eleanore Campbell. Beloved wife of the late Eugene Lanoue. Survived by many nieces and nephews. Predeceased by brothers, Rene and Martin Ouellette and sister, Mrs. Eleanore Labelle. The funeral took place on Wednesday, December 12th, 2001 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Francis de Sales Church with cremation at Maison Ernest Montpetit and Fils Inc. Rev. Gary Ostler of St. Francis de Sales Church officiated. The pallbearers were the Nativity Guards.

TREMBLAY - Robert (Bob) Joseph

Passed away after a long and courageous battle with cancer at the Hotel Dieu Hospital, Cornwall, Ontario on Saturday, December 8th, 2001. Mr. Robert (Bob) Joseph Tremblay, in his 66th year, born in Rouyn, Québec and formerly of Cornwall, Ontario. Dear son of the late Felix Tremblay and the late Verna May Savage. Beloved husband of Paulette Tremblay (nee Ward). Loving father of Jocelyne Tremblay (Gaetan Saucier) and Nicole Tremblay (Jacques Cyr) both of Cornwall, Ontario and Claudelle (Mrs. Greg Flett) of Scarborough, Ontario. Dear brother of Gary Tremblay (Rose) of Noranda, Québec. Cherished grandfather of Chantal and Pascale. Survived by several nieces and nephews. The funeral took place on Wednesday, December 12th, 2001 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to St. Francis de Sales Church with burial at Notre Dame Cemetery. Rev. Gary Ostler of St. Francis de Sales Church officiated, assisted by Rev. Gaetan Deschamps and Rev. Mr. Marcel Brunet. The pallbearers were Gaetan Saucier, Greg Flett, Jacques Cyr, Ernie Ward, Lionel Taillon and Paul Tremblay.

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Who Is Your Keeper?



Amazing Grace

Pastor Bob **BURGESS**

1. *I will lift up my eyes to the hills*
   From whence comes my help?
2. *My help comes from the Lord*
   Who made Heaven and Earth.
3. *He will not allow your foot to be moved (slip)*
   He who keeps you will not slumber (sleep)
4. *Behold He who keeps Israel*
   Shall neither slumber nor sleep
5. *The Lord is your keeper (protector)*
   The Lord is your shade (shelter) at your right hand.
6. *The sun shall not strike you by day*
   Nor the moon by night.
7. *The Lord shall preserve (keep) you from all evil;*
   He shall preserve your soul
8. *The Lord shall preserve your going out and your coming in*
   From this time forth (now) and even forevermore. Psalm 121

Who is your keeper? For years I tried to be my own keeper, my own boss, my own protector and try as I would, one day I realized that I couldn't take care of things alone and couldn't even take care of myself on my own. I needed someone to help me! God in his mercy opened my heart to His awesome grace and after much struggling, I finally opened my heart and life to the living God, and He became my keeper, my shepherd, my heavenly Father, my protector and my Saviour.

Psalm 121 above reflects on God and His desire to protect and keep you and to shelter you now and forevermore. I believe it's an awesome Psalm to keep on your fridge for 2002 and to read it daily as a reminder of God and what He wants to be for you and your family.

No one knows what tomorrow will bring (such as September 11th, 2001) but I do know who will protect you and I tomorrow.

One could preach many sermons from this Psalm and one of the main themes is found in verses 1 and 2. Where does my help come from? Where do you look to when you need help? Your bank account? Your lawyer? Your job? Your ———? Verse 2 says that our help comes from the Lord. Let me encourage you today as we begin a new year, to look to God in 2002! Teach your children to pray and to seek God. Say "grace" at meal times and pray to God for help in whatever family or other needs you may be facing.

Remember as always, God loves you! He really, really does!

On behalf of myself and my family; Doris, Steven and Kathy, have a blessed New Year and may God's richest blessings be with you and your family in 2002.

Let me close today with a blessing from the Book of Numbers (6:24-26):

"The Lord bless you and keep you;
The Lord make His face shine upon you
And be gracious to you;
The Lord lift up His countenance upon you,
And give you peace."

Second Thoughts

1. Whether you think you can or think you can't, you're right!
2. People who say it cannot be done should not interrupt those who are doing it!
3. Who you are speaks so loudly people can't hear what you're saying!

Things to be thankful for:

1. Long bike rides!
2. Short sermons!
3. Shopkeepers who close their shops on Sunday!

Our address: Amazing Grace, P.O. Box 22036, Cornwall, Ontario, K6J 4P0, or e-mail us at amazinggrace@pastors.com.

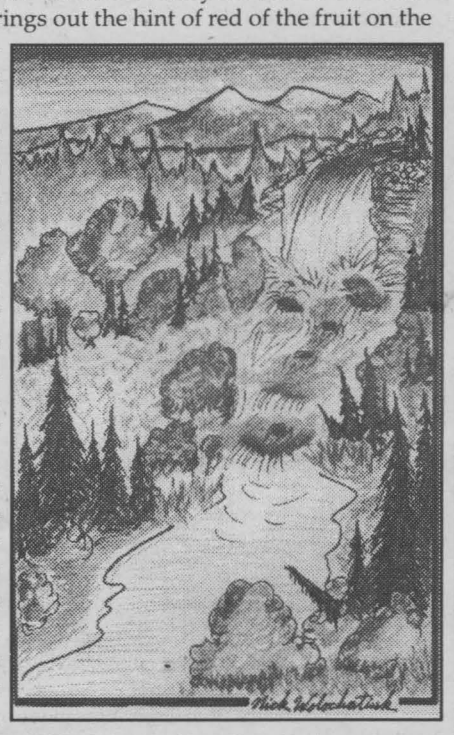
The Details, From January To December

Here we are again, having a third look at the concept of the calendar. This week: month by month details of a series of photos I'd like to take for my "One Spot Through a Year" project. Until I find that perfect place with the easily accessible location, the project is on hold.

In the meantime, I'll still be searching, still hoping to hear from you and continuing to dream the impossible dream, getting that set of 12 perfect photographs for my calendar.

And now, the month by month description of each scene, starting with January. Picture this: another fresh blanket of snow has reduced colours to brilliant white and the blue of the shadows cast by the azure sky. The roar of the waterfall has been all but muted by the reduced flow of the ice-bound river. A few animal tracks along the now indistinguishable shoreline lead to a small open patch of water, a watering hole. When a mischievous breeze eddies around the boulders, the adjacent cedars and spruce shake some snow from their boughs, providing a touch of green. The contrail of a 747 carrying homeward-bound holidayers is the only evidence of man in this peaceful wilderness scene.

February: Some energetic hikers have snowshoed their way up from the trailhead at the valley far below. The scarlet of their parkas brings out the hint of red of the fruit on the sumacs and cranberry bushes. The young beech trees tenaciously hold onto their crisp brown leaves until spring buds force them to drop. A flock of evening grosbeaks have been startled into flight by the arrival of the hikers, adding yet another colour to the scene.



IN MY MIND—This black and white sketch is an attempt to portray the idyllic site for my "One Spot Through a Year" photographic project. It is a composite of the many such Shangri-Las I've had the pleasure to visit all too briefly.

Sketch by Nick Wolochatiuk

March: In the foreground we see that the deep snow has brought a pair of deer to the ravine in search of forage. The leaden sky has made the distant peaks disappear. Except for the deer, this photograph could have been taken with black and white film. Even the clatter of their hooves has been muted by the deep snow. Such silence is so rare here and in the distant cities.

April: What a change! The river is once again open, the roar of the waterfall has returned. The sun is creating a rainbow from the spray. The foaming waters of the rapids below it are being challenged by a little band of adventure-seeking kayakers. In the foreground of the scene are the orange life jackets hung out to dry on top of a pair of beached kayaks.

May: Spring wildflowers and the lushness of fiddlehead ferns decorate the ravine. The larch that looked as if they were dead all winter are ornamented with violet buds. The maples are in early foliage. The pair of deer have returned with a new-born, barely able to keep its footing as it picks its way through the boulders that litter sides of the steep ravine. The sky above the waterfall is littered with streams of northward-bound V's of Canada geese.

June: Along the ridge, foliage green is the colour. The tamaracks are finally in step with the other trees. Close to the camera that sits on a tripod, a great blue heron patiently angles for its supper. The rattle of a passing kingfisher does not seem to bother it, nor do the swarms of black flies. On the other side of the pool a raccoon probes for crayfish in the pools of water between the boulders and rocks.

July: The first thunderstorm of the season! Forks and flashes of lightning and echoes of rolling thunder fill the ravine, illuminating the waterfall only momentarily. A beached canoe and a tent pitched on the gravel shoreline are evidence that people are here, but they are out of sight. Their all but extinguished campfire is sizzling and steaming. The refugees occupants of the tent are silhouetted by the feeble but consistent glow of a candle.

August: Early morning mist softens every line, except for the black silhouette of the great blue that persistently waits for his next meal. No wonder he's so thin! The swarms of black flies are but a bad memory, but at dawn and dusk there are still enough mosquitoes to be a nuisance. One is enough.

September: The maples are beginning to blush; the sumacs are in step with them; the tamaracks prefer to turn to yellow. There's a noisy flock of blackbirds gyrating about, apparently arguing about what southward route to take. There's a loon calling for them to be quiet, or just asking some friends about how soon they'll be heading south this year.

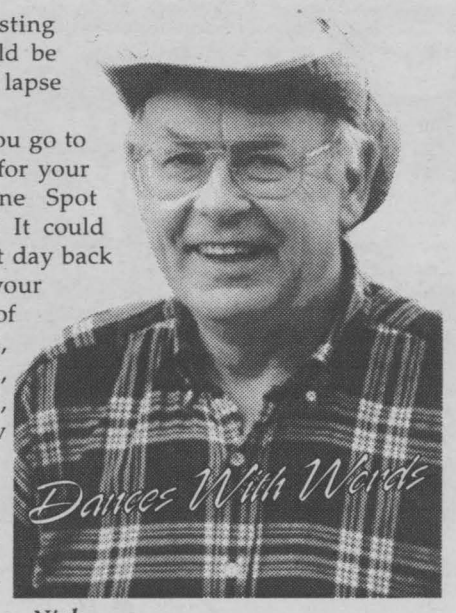
October: Nature is in all her glory. Her palette has every colour of the rainbow, and more. A group of campers have chosen to forsake the comfort of a Thanksgiving table to take advantage of the best camping month of the year. They can enjoy the warmth of their campfire without being pestered by anything that buzzes, bites or crawls. The red squirrel that's chattering away at a safe distance will probably investigate their backpacks later that night, just to see if there'd be anything worth caching for the coming winter. The snow on the summit of the distant mountains is an omen of winter to come.

November: Short days, long nights, leafless limbs, yet no snow on the ground. The bare tamaracks seem dead, unlike their neighbouring pines, firs and cedars. The once lush undergrowth of ferns were flattened by the first hard frost. More undulating V's pointed southward. The chickadees opt to stay throughout the year, perhaps to avoid the hassles that some Snowbirds (the human kind) so dislike about migratory travel.

December: Winter temperatures have glazed the pool below the rapids. A family bent on enjoying the Christmas holidays has brought skates to take advantage of the fact that the ice is smooth and black, still free of snow. In the distant background, the high peaks are but a series of rugged white pyramids. The smoke curling up from the bonfire they've made to warm themselves rises into the sky.

There it is, the 12 months of a year, all in one place, from one spot, captured in a series of 12 photographs. It would make an interesting calendar and could be made into a time lapse movie.

Where would you go to take the pictures for your version of "One Spot Through a Year?" It could be in your present day back yard, or back to your childhood home of Calabria, Calais, Calcutta, Canton, Coniston, Kalamazoo, Kiev or Kosovo. Care or to tell me about it? No, your story won't have to be in alphabetical order.



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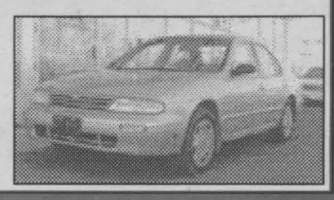
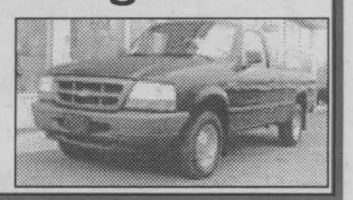
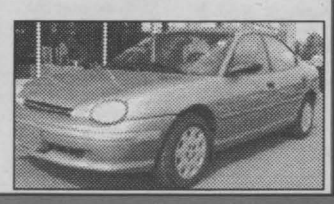


99 Ford Ranger
auto, 4 cyl., liner, box cover, r/cab, black, Stk.#21-685-1
$220.25 per month



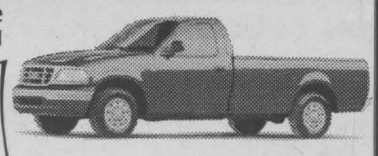
98 Chrysler Neon
4 dr., auto, air, cassette, only 59,000 kms, Stk.#E4018
$183.10 per month



97 Grand Am
auto, 6 cyl., air, cruise, CD, power group, Stk.#E3993
$231.00 per month

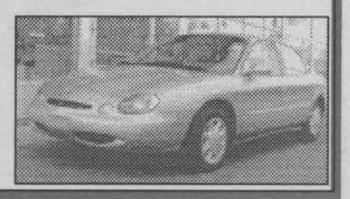


99 Ford F-150
Reg Cab, 2 wheel drive auto, air, Stk.#22-233-1
$321.71 per month

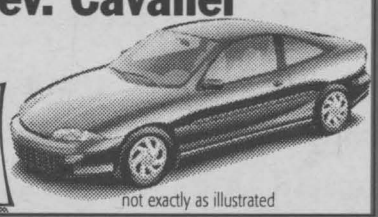


not exactly as illustrated

97 Ford Taurus
auto, 6 cyl., air, cruise, power group, Stk.#21-718-1
$176.20 per month



97 Chev. Cavalier
auto, air, Sharp! Stk.#E4192
$146.83 per month



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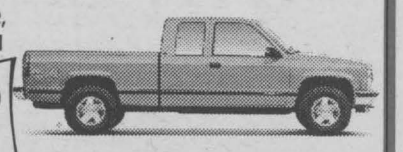
98 GMC 4X4
Ext. Cab, 4 wheel drive, auto, air, Stk.#21-726-1
$383.20 per month



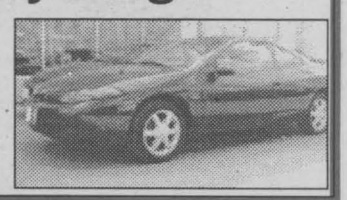
not exactly as illustrated

01 Grand Caravan Sport
auto, air, full load Stk.#E4157
$523.57 per month



not exactly as illustrated

00 Mercury Cougar
auto, air, CD changer, cruise, power group, spoiler, Stk.#E3909
$322.32 per month





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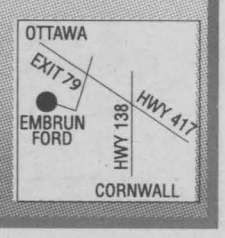

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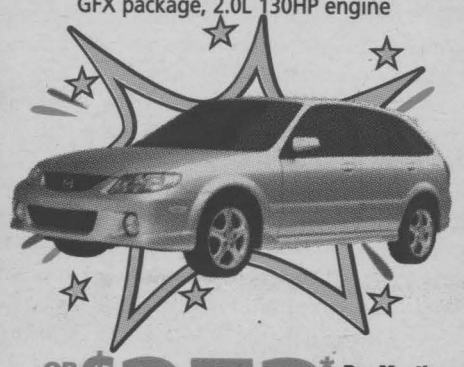

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