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SEAWAY NEWS

March 31, 2000 VOLUME 14, ISSUE 13 SERVING CORNWALL AND AREA

Gathering at the Bridge



Did this hastily assembled gathering of Williamstown folk take place in vain? Will we lose yet another valuable piece of infrastructure through neglect and indifference? What would Cornwall be like today if its Old Canal had been preserved for use by pleasure craft? Once a transportation artery such as a railway bed or a canal has been severed, it's virtually impossible to reconnect it. Let's not be 'April Fools' yet again! ***(photo by Nick Wolochatiuk)***

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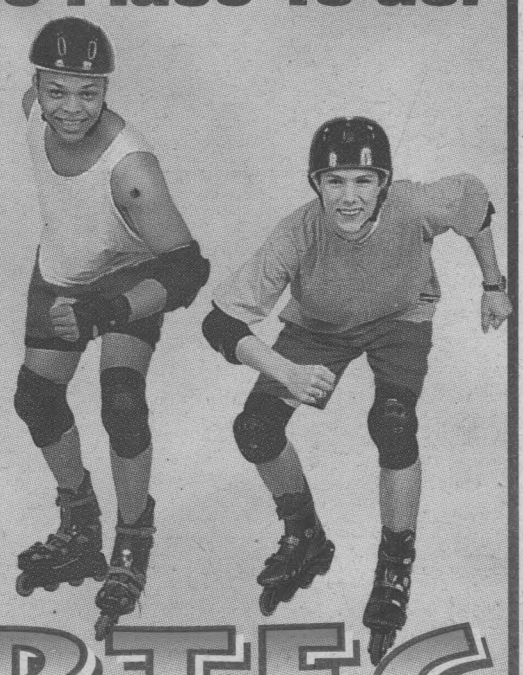

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PRODUCT OF U.S.A.
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POETS CORNER

by Fred Bedford

Dawning

In all years hence
Can man enjoy
The countenance
Of his first boy?

The countenance of his first boy,
With mantle green
And justly coy;
If ever seen.

And justly coy if ever seen
The germ of love
At last thirteen
Or just above.

At last thirteen or just above,
It held the truth,
The shining Dove,
The wary sleuth.

The shining Dove, the wary sleuth
Reached across time
To bring, forsooth
The noisome rhyme.

To bring forsooth the noisome rhyme
Explains it all.
For out of slime
Arose a call.

For out of slime arose a call
To choose, to think,
To have recall
And not to shrink

To have recall and not to shrink
From all that's good,
To bridge the link
'Twixt man and wood.

To bridge the link 'twixt man and wood
Forever sought.
T'is food.
T'is thought.

Mary Trottier

Survival

In the Winter of '97, the freezing rain came down onto the frozen ground.
Electric wires and trees were on the ground.
People had to be careful when they walked around.
Those that had a fireplace in their home were in luck.
And plenty of wood in their basement ready cut.
Those that had no fireplace, up went a cook stove with all its pipes.
It made a messy sight.
We used old furniture for wood.
We were warm and had a way to cook.
We used oil lamps, flashlights and candles for light.
One person stoked the stove or fireplace all night.
We put extra blankets on our beds.
Heavy socks on our feet.
Tuques on our heads.
When the water pipes froze we chopped icy snow, melted it to wash the dishes and clothes.
Let us hope and pray
We will never see another ice storm come this way.

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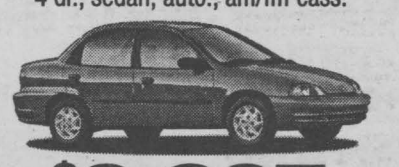
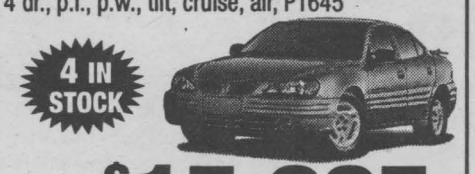


$9,887

99 PONTIAC GRAND AM
4 dr., p.l., p.w., tilt, cruise, air, P1645



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$17,997

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99 Olds. Intrigue, P1669, 4 dr., loaded, white, ... $19,995
99 GMC Jimmy, P1661, 4 dr., 4X4, loaded, ... $25,900
99 Buick Le Sabre, P1715, loaded, ... $22,900
98 Chev. Cavalier, P1695, 2 dr., air, auto., ... $11,900
98 Pontiac Sunfire, P1698A, auto., cass., ... $11,900
97 Pontiac Grand Prix GTP, 0296A, loaded, leather, ... $18,995
97 Chev. Cavalier, 0318A, ABS, auto. & more, ... $9,995
97 Pontiac Sunfire, 0259A, auto., air, only 20,000 kms, ... $11,900
97 Olds. Cutlass Supreme, P1690, loaded, leather, ... $15,495
96 Chev. Monte Carlo, P1622, V6, loaded, ... $12,888
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95 Ford Taurus GL, P1662A, loaded, only 66,000 kms, ... $10,995
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Fact Sheet: Alzheimer Society

The Alzheimer society is a nation-wide, not-for-profit health organization dedicated to helping those affected by Alzheimer Disease.

- The Society consists of a national office, 10 provincial organizations and more than 140 local groups across the country.
- The Alzheimer Society depends on donations to support its programs and services. The vast majority of our funds is from public support.
- The Society is a leading funder in Alzheimer research in Canada – over $1 million each year.
- Applications to the research program are subjected to a rigorous peer-review process to ensure that only the highest calibre projects are funded.
- The Society provides research grants to Canadian researchers and training support to young researchers to ensure a continuous flow of scientific knowledge into the field.
- The Society's research program funds biomedical research into the cause and cure of Alzheimer Disease and funds social and psychosocial research to find improved methods of diagnosis, caregiving and service delivery.
- The Alzheimer Society's symbol is the forget-me-not flower. This symbol represents memory loss – one of the symptoms of Alzheimer Disease, and serves as a reminder to remember those with Alzheimer Disease and their caregivers.
- The Society develops and provides support and educational programs for individuals with the disease, their families and members of the health care team.
- The Society has established the nation-wide Alzheimer Wandering Registry, a program designed to help individuals with Alzheimer disease return home safely following an episode of wandering.
- In 1999, the Society responded to over 800,000 requests from the public for information on Alzheimer Disease.
- The Society raises awareness of Alzheimer Disease and the Society, to ensure that people know where to turn for help.
- The Society can be found at **www.alzheimer.ca** on the World Wide Web. The site contains two forums for unpaid and paid caregivers to share information, challenges and tips.

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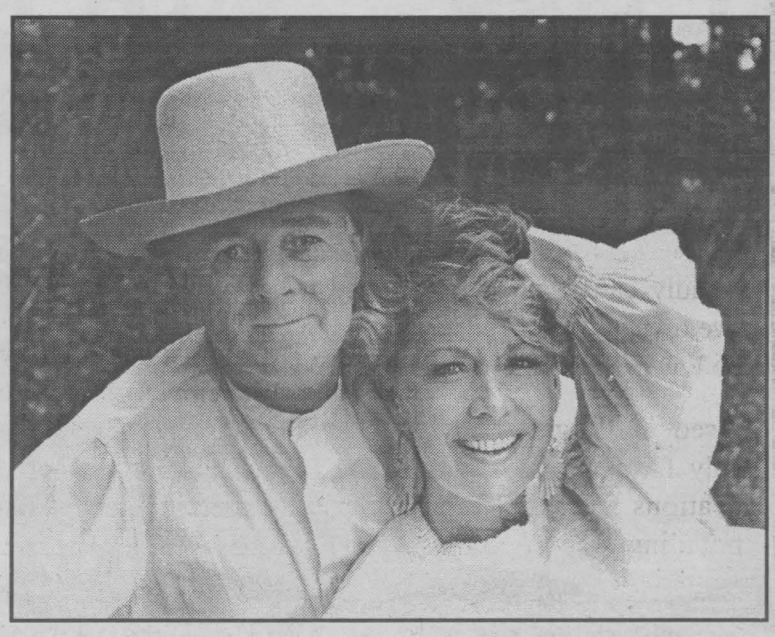
Seaway News "Strikes" First Place



For the second consecutive year, the bowling team "Scuttlebutters" from Seaway News captured the media division of the annual Big Brothers/ Big Sisters Bowl-a-thon, held annually to raise money for the Big Brothers/ Big Sisters organization. Brian Lynch, Executive Director of the Big Brothers/ Big Sisters once again had the honour of placing the winning trophy in the Seaway News Showcase at their Second Street Office.

Pictured above (l. to r.) are team members: Robin Cameron; Diane Lafrance; Jennifer Mayer; Colleen Benton; Brian Lynch, Executive Director of Big Brothers/ Big Sisters; and Rick Shaver, General Manager of Seaway News. (Missing from photo is Angus Hope.)

Kneebone, Christie and Coward - A Marvellous Party!!



There's a very special piece of musical theatre coming to Cornwall's Aultsville Theatre on Saturday, April 8. In short, A Marvellous Party! revisits the words and music of Sir Noël Coward, through the highly praised talents of two of Canada's most beloved actors, dancers and all-round performers... Tom Kneebone and Dinah Christie. But that doesn't tell the whole story....

Sir Noël Coward was an author, composer, dandy and consummate entertainer.

His slicked-back hair, well-cut clothes and off-hand manner endeared him - especially during the years between the two World Wars - to people troubled by economic and political woes who sought escape behind the glittering facade of tuneful British high-society frivolity. Coward's songs, with trademark wit, caustic sarcasm and whimsical, catchy melodies, are easily as delightful and humourous today as they were when he wrote them.

Surrounding Coward and his music is a whole raft of wonderful anecdotes and stories about his hilarious comebacks and rapid-fire repartee.

A Marvellous Party! captures Coward's wit, wisdom, humour and spontaneity.

Neither Tom Kneebone nor Dinah Christie are strangers to Coward's work, and this familiarity shines throughout their performance. A Marvellous Party! is a revue of Sir Noël Coward's best-known songs - like Mad Dogs & Englishmen, I'll See You Again, Matelot, I've Been to a Marvellous Party, Nina from Argentina, The Bar On The Piccola Marina and many more - held together with musical segues, vignettes, character sketches and anecdotes, for example... Said one critic: "Mr. Coward, I far prefer your singing to your writing." "What a coincidence," said Coward. "I feel the same about you!"

For a delightful evening of song, dance, humour and theatre, don't miss A Marvellous Party! at Cornwall's Aultsville Theatre, coming Saturday, April 8 at 8:00 pm. Reserved seating tickets are $22.50 (GST incl, phone surcharge extra) and are available now from the Civic Complex Box Office (938-9400); or at Aultsville Theatre box office from 7:00 pm the night of the show.

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CORNER POST

Ontario's cities are experiencing vigorous economic growth. Why is rural Ontario not sharing in this boom? On March 7, Premier Harris launched a Task Force on Rural Economic Renewal; its mandate–identify initiatives that will spread the benefits of a strong economy to rural communities. This week and next, a six-members delegation from our Provincial Parliament, is holding hearings around the province. They need to come to grips with some key features of today's agriculture and rural economy.

Elbert **van DONKERSGOED**

Farming is multifunctional. Agriculture maintains a built cultural heritage in the countryside. It safeguards and enhances rural landscapes, protects the environment, maintains biodiversity, purifies the air and adds recreational amenities. Agriculture provides numerous public goods and services in addition to private goods – the food and fiber.

The economic spin-off from this multifunctional role is growing faster than the benefits of primary food production. In far too many food commodities farmers produce surpluses. Farmers turn our valuable rural assets-nutrients, water, sunshine, labour, management-into an over-abundance of food. Food rolls into our cities by the truckload, and for less than its cost of production. Only in commodities like milk and poultry, where farmers have learned to manage supply, do farmers consistently deliver abundance and receive an economic return that delivers some of the urban economic boom to the countryside. Surplus production is a drain on our rural economies.

Learning to manage supply and using existing government dollars to build the multifunctional role of agriculture would do wonders for our rural economies.

Second, rural economies are dependent on their close-by cities. Many rural Ontarians maintain that every rural community can build its own economy by pulling on its own bootstraps. That's not how the real world economy works.

Rural economies are essentially hinterlands for our wealth creating engines, our cities. Rural provides resources, primary goods, young people who know how to work, fresh air, a break from clogged roads, vistas, Sunday drives.

When our cities boom and rural ties to urban are vibrant, rural booms.

The Task Force needs to hear that rural economies are being left behind because we've allowed the links to our urban centres to unravel, deteriorate or simply fall behind. Some ties are obvious: good roads, access to energy-electricity and natural gas, digital communications, public transit.

On all of these Ontario has allowed rural communities to wallow in the added burdens that distance creates–a recipe for rural stagnation.

Finally, our cities spend billions on imported food-at least 2/3 of which could be produced in rural Ontario. We need a program that drives import replacement and in so doing, strengthens rural links to our cities.

Elbert van Donkersgoed edits Earthkeeping Ontario and has been staff with the Christian Farmers Federation of Ontario, Canada since 1971. Corner Post can be heard weekly on CFCO Radio, Chatham and CKNX Radio, Wingham.

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• Tanning	7 Beds & 1 Stand-Up Booth	2 Beds
• Spa/Saunas	Yes	None
• Whirlpools	Yes	None
• Steamroom	Yes	None
• Massage Therapy	3 Certified Therapists	None
• Esthetician	Yes	None
• Boxing	Yes	None
• Daycare	6 Days A Week	None
• Parking	Up to 120 Cars	Much Less
• Price	Lowest Price Guaranteed	More While Offering Less

PARADISE! BY FAR YOUR BEST DOLLAR VALUE!

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Seafood Restaurants

The Best Catch in Cornwall

Seafood lovers rejoice as Joey's Only swims into town

Local seafood lovers are about to see double at the new Joey's Only Seafood Restaurant in Cornwall located at 1-704 14th Street West. The Grand Opening Two-for-One Famous Fish & Chips Event runs tomorrow through Sunday and everyone is invited to taste what they've been missing! The family-friendly eatery opened Monday to rave reviews from guests thrilled by the low prices and great selection!

Based in Calgary, Alberta, Joey's Only has grown to more than 75 locations across North America including 18 in Ontario. Every Tuesday, guests line up outside the door for All-You-Can-Eat Famous Fish & Chips. At just $6.95, this FIN-tastic catch is sure to become a local favorite. "Because we offer such a broad range of seafood at very affordable prices, we are in a class all our own," say proud owners the Brush's and the Lalonde's. "Joey's Only has built a reputation for terrific taste, low prices and fast, friendly service."

Every dish is prepared just the way you like it - poached, charbroiled, blackened, sauteed in Lemon, Cajun-style or lightly fried in Joey's delicious golden batter. Each entree also comes with homemade coleslaw and your choice of rice, baked potato, boiled potatoes or All-You-Can-Eat fries.

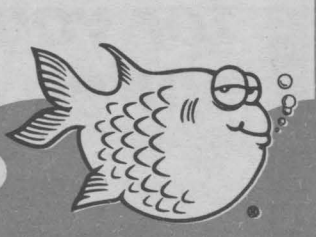
Start your meal with a choice of mothwatering soups and appetizers. Double your appetizer for only $2.99 extra.

For the main Seafood event enjoy Red Snapper, Salmon, Fresh Water Trout or Fillets of Halibut or Sole. Shellfish lovers are sure to crave large succulent Shrimp, the sweet taste of Crab, or fresh steamed Mussels.

For the undecided, Joey's Only Combo Platters are sure to please. Try the Crab & Shrimp Combo that includes 1/2 lb of Crab legs with 8 large Shrimp, or the Fish and Shrimp Combo with 2 pieces of Joey's Famous Fish and 8 Shrimp. With a tasty selection of chicken and Steak entrees, landlubbers feel right at home too.

Joey's Only Lunch Features are priced to make you smile for the rest of the day - the Two Piece Fish & Chips special with Coleslaw is just $4.95. When you're in a hurry, call ahead at 936-0169 or take home anything from the dine-in menu. The generous Family Pack and Dinners for Two are always favorites.

So, fish no further! Joey's Only is your best catch for delicious seafood at excellent value! Dean, Aline, Matt, Randy, Patty, and staff look forward to meeting you at the Grand Opening Two-for-One Famous Fish & Chips Event!



Seeing Double?

2-for-1

Famous *Fish & Chips!*

March 30 - April 2, 2000

3 Piece Dinner



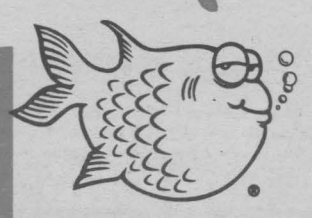
FRIDAY thru Sunday 3 DAYS ONLY!

No,... You're not Seeing things

The NEW Joey's Only Seafood Restaurant in Cornwall really is offering two delicious helpings of Famous Fish & Chips for the price of one! Homemade coleslaw, all the fries you can eat and the Famous Fish you'll be craving for several months after.

Valid March 30 - April 2, 2000 at the Cornwall location only. Come hungry.

1-704 14th Street West
936-0169



"joey's only" ®
Seafood Restaurants

Stormont-Dundas-Charlottenburgh Provincial Liberal Association Elects New Executive

The Stormont-Dundas-Charlottenburgh Provincial Liberal Association elected its new executive at its annual meeting on March 23rd at the MacIntosh Country Inn in Morrisburg.

Re-elected as President was Lyle Van Allen of Williamsburg; re-elected as Vice-President was Brian Lynch of Cornwall.

Other officers elected were treasurer, Helmut Kolbinger; general secretary, Larry Berry; and membership secretary, Ruby Antle. George Assaly is the immediate Past President.

The following were elected as directors of the association: North Dundas – Karen Switzer-Howse; South Dundas – Susan Adams, Leona McIntosh; North Stormont – Wayne Kasbey, John Van Turnhout; South Stormont – Sharon Duprau, Morris Shaver; Charlottenburgh – Gilles Bourgon, Ryan MacKay; Cornwall – Ariane Carriere, Charles Eadie, Syd Gardiner, Norm Lalonde, Bill LaSalle, Robert Lauzon, Anthony Oliver, Bill Parisien, Dianne Poirier and Don White.

Liberal

Elected as directors-at-large were Darlene McCormick and Eric Meth.

Guest speaker for the annual meeting was M.P.P. John Cleary who said that the Ontario legislature is set to resume on April 3rd after only meeting for 41 days last year. Protecting health care and education are Cleary's top priorities.

The local provincial Liberal Association will be holding its first Annual Trillium Dinner on Wednesday, April 12th at the Porto Bello with the Ontario Liberal Party leader, Dalton McGuinty as the guest speaker.

2nd Annual Children's Treatment Centre Bike-A-Thon

The Second Annual Children's Treatment Centre Bike-a-Thon will be held on Saturday, May 27, 2000, said Jake Lamoureux, Chairman of the Bike-A-Thon. As in the past, anyone who wishes to take part in the Bike-A-Thon can do so as a cyclist, walker, runner or jogger.

The Bike-A-Thon participants may depart from the starting point between 8 a.m. and 9 a.m. The official starting point will be located at the RCAF Association Wing 424 on Water Street. The walkers and joggers will take the bicycle path east, taking the short route of 4 km or the long route of 7 km.

The cyclists will go west on the bicycle path and take one of three routes. There will be a short route of 10 km, a medium route of 20 km and a long route of 46 km.

Lamoureux stated that the route of the Bike-A-Thon was changed to bicycle path last year to make it safer for the participants. While the event is organized to raise funds for the operation of services provided by the Centre, the event is meant to be a healthy fun event in which the whole family, friends and colleagues participate. Anyone who wishes to participate can do so as an individual cyclist, walker, runner or jogger or can form a team of 4 or 5 members and participate in the friendly Challenge Cup competition.

Lamoureux said, "this year again we will be continuing the tradition established in 1996 of presenting the Spirit Award in memory of the late Michelle Rochette-Dupuis, a regular participant in the CAS Bike-A-Thon and a former volunteer of the CAS". The Spirit Award, he stated, is presented to the school that displays the most spirit by its participation in this fundraising project for the Centre. The winner of the Spirit Award last year was Notre Dame du Rosaire Elementary School in Crysler.

The participants in the Bike-A-Thon have the chance of winning a number of valuable prizes.

The Bike-A-Thon was originally started by the Children's Aid Society in 1984. For three years, since the Centre was started in 1996, the Children's Aid Society has donated half of the proceeds from this event to the the Centre. Last year the Board of Directors of the CAS handed over this fundraising event to the Centre to help to maintain this service in our community. The majority of children and families are referred to the Centre by the Children's Aid Society.

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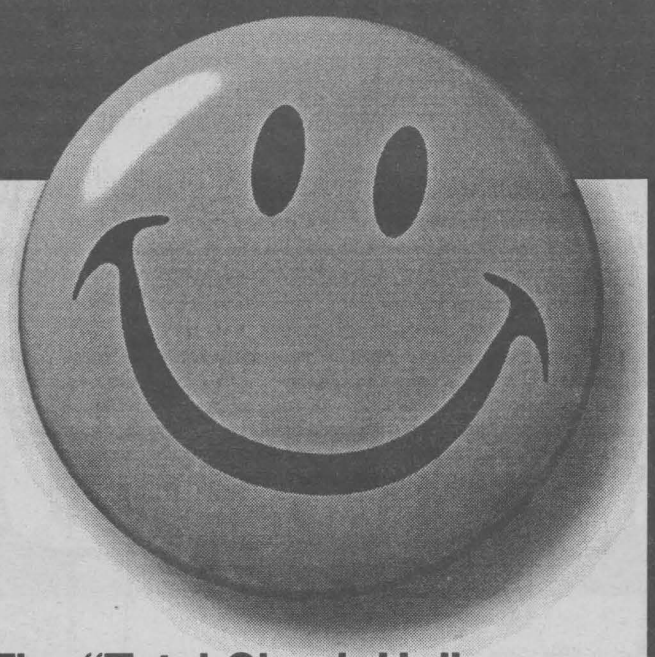

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Kid's Daycare a Bonus at Spring Home & Garden Show

Cornwall – Moms and Dads will get a special bonus when they visit the Chamber's Spring Home & Garden Show this coming April 7, 8 and 9 at the Cornwall Civic Complex. The Centre de Ressource Familiale in collaboration with Ingleside Fencing will offer professional child care services at no charge.

This is the second time that the two organizations have combined with the Chamber to provide such a service. "The Spring Show is always a family focused affair", reports Chamber Executive Manager Lezlie Strasser. "At the same time, many of our adult visitors like the opportunity to visit the many exhibits without having to worry about their children. We're pleased to be able to offer this service to them."

Le Centre de Ressource has a professional staff all trained in child care. The enclosed area where the children are cared for will have play stations and a variety of activities to occupy young minds.

The child care area will be located on the north side of the arena floor in a completely fenced in and secure area. It will operate continuously throughout the three day event.

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Cornwall Lilac Festival Committee

The Cornwall Lilac Festival Committee is pleased to announce that they will be once again selling Lilac Bushes to the general public between April 7th and May 7th at various locations throughout the City of Cornwall.

Founded in 1993 by Naresh Bhargava, owner of Algonquin Travel in Cornwall Square and currently a City Councillor, the Lilac Festival Committee has sold about 9,000 lilac bushes, covering a wide range of varieties and colours, to the general public so that these attractive and fragrant bushes can be planted around homes, schools and businesses. As well, through general donations by the Standard-Freeholder, CFLG/CJSS Radio, the Sunrise Rotary and Cornwall Rotary Clubs, the Royal Canadian Legion, Canada Trust Friends of the Environment Foundation, and the Cornwall and District Horticulture Society, 2,000 lilacs will have been planted at various strategic locations such as Lamoureux Park, the City's main entrances along the Hwy. 401, etc.

In providing this easy opportunity for people to purchase and to plant good quality, reasonably priced lilacs throughout the City and surrounding area, the Committee's goal is to enhance Cornwall's image by creating an outstanding display of masses of attractive and fragrant lilac blooms in the Spring, and thereby to encourage people to visit our City. With the enthusiastic participation and support of the community, Cornwall can truly become the City of Lilacs.

This year, the Lilac Festival Committee will be offering a dwarf lavender lilac bush, as well as the standard lilacs in violet, red, pink, purple and blue.

Free Easter Events Offered At St. Lawrence Centre

In conjunction with the Week of the Young Child and Festival of Learning April 9th to 15th, St. Lawrence Centre Mall will hold a free Easter Event on Saturday, April 8th at 10:00 a.m. and 1:00 p.m. Children ages 3 to 12 are invited to decorate a large cardboard egg. These eggs will then be incorporated into St. Lawrence Centre's Easter decor for all to view. Juice, milk, and snacks will be provided. Space is limited, children must pre-register by calling our Customer Service Centre at 764-1001. Children will also get the chance to win fabulous prizes donated from St. Lawrence Centre stores.

St. Lawrence Centre will hold an Easter colouring contest April 8th to 20th. Any child between the age of 3 to 12 wishing to enter can pick up a colouring sheet at the Customer Service Centre. All entries will be on display near KayBee Toys through Easter. On Friday, April 21st, all entries will be judged in three age categories: 3-5 years, 6-9 years and 10-12 years. One winner in each category will receive an Easter basket filled with special stuff.

Seaway Valley Native Comes Home To Make 'Em Laugh

Comedian Denis Grignon, who grew up in the Seaway Valley and returns frequently to visit his immediate family who still live there, is coming home.

Grignon, 35, will perform his standup act for one show only Saturday, April 1 at the Maxville Curling Club. Eastern Ontario audiences, says the General Vanier Secondary School graduate, have always been his best.

"I can relate to the people there," says Grignon. "And I lived through the ice storm, which means I can do material only these audiences can truly connect with."

Indeed, Grignon spent 12 days without hydro while he and his wife, Nancy Payne, lived on their Winchester area acreage. Shortly afterwards, the couple moved to the Lindsay area and built a house on the farm Payne grew up on. They now run the farm's hog operation. "So my mornings now involve cleaning out pens and my evenings writing and performing comedy but at least the farm life has provided fodder for my act."

Grignon's act does, in fact, have a rural, down-to-earth feel to it.

It's also devoid of any of the slurs or off-colour tones found in other comedians, performances. The Ottawa Citizen described him as "a likeable standup comic who respects an audience's intelligence."

CBC Radio listeners will also recognize Grignon from his regular contributions to Ontario Morning, The Inside Track and DNTO. He's also been twice featured on ON-TV's "Comedy at Club 54."

This summer he makes his network debut on CBC-TV's "COMICS!".

Lincien College Introduces New Residential Repair And Renovation Technician Program

Linda Lalonde, President of Lincien College of Business and Technology announced on March 22nd, 2000 the introduction of the Residential Repair and Renovation Technician Program. The Ministry of Training, College and Universities, Private Vocational Schools Unit, recently approved the program for diploma status.

The program is designed to provide individuals with a comprehensive background in residential construction and repairs. Students entering the program will learn core skill competencies in Customer Care Development; Safety Procedures; Measuring and Equipment; Project Management; Inspection and Permits; Excavation and Foundation; Blueprint Reading/Estimating; Framing; Job Costing; Exterior Finishes; Building Envelope; Electrical and Plumbing and Ventilation among other important subjects.

Like other successful Lincien College programs, a great deal of emphasis is placed on the hands-on training model. This allows individuals to experience in a real time setting the type of tasks performed in the field. Linda Lalonde stated, "This program is an ideal stepping stone for individuals entering the construction field and/or wanting to start their own home repair business." She added, "We work closely with the industry to develop relevant, up-to-date programs all taught by industry instructors. We go to the industry to find out the skills that are required by our graduates, in order that they are job ready when they graduate." The College's placement rate in Telecommunications and Survey is very high and it is expected this program will follow suit.

With the ever increasing shortage of skilled and semi-skilled labour in the construction field, it is important to the local, Provincial and National economy to ensure that training programs begin to address the tremendous shortage of skills in most technical and business sectors. This program is a unique program that allows the development of skills that lead to full time employment opportunities. With the skills acquired through this program, individuals can move their career goals forward.

The program has been endorsed by the Canadian Home Builders Association; Ontario Home Builders Association; the Construction Safety Association and Women In Trades and Technology (WITT WORKS); Eastern Ontario Training Board and Habitat. The program is open to individuals (female/male) 18 years of age and over with a grade 12 diploma or equivalent or mature student status.

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- **Day of the event:**
  - **registration between 10:00 am and 12:00 pm**
  - **Model Search: 1:00 pm**
- 44 winners will be selected that day and will receive nice gifts.
- All winners will be invited to the National Finals at Mont St-Sauveur Water Park on July 1, 2000. One girl and one boy will win many prizes, including a **trip to a sunny destination,** from CAA Québec Travel Agency accompanied by a parent in the Summer of 2001. The winners of the National Finals will be invited to represent Canada at the International Finals in the Summer of 2000.



Gabryël Heissat-Charron
Baby Faces - 1999

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Saturday, April 8th, 2000

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TIME: Registration between 10:00 am and 12:00 pm
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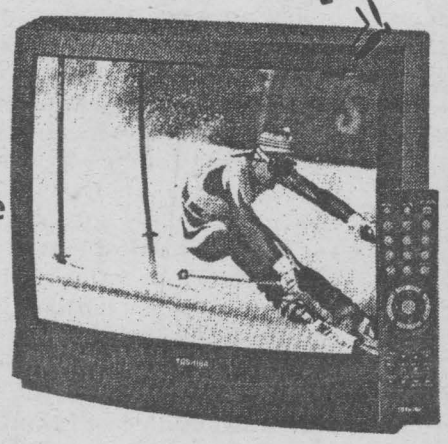

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EDITORIAL OPINION

PERSPECTIVE

Pornography & Free Speech At The Cornwall Library



Bob **ROTH**

The controversy over access to Internet pornography sites at Cornwall Public Library is widening now that the Cornwall and Area Christian Council has waded into the debate.

The original concern, raised by a concerned parent, involved access to the Internet — and, hence, to pornographic sites — by children.

That, in my view, is a legitimate issue. Where children are concerned, parents, the state and its agencies have a moral obligation to protect immature minds from adult content or behavior (whether it be drinking, driving or pornography).

Last week, however, the spectre of total censorship — including adult access to the Internet — was proposed by none other than our favorite daily newspaper editor, Claude McIntosh.

When newspaper editors advocate a fundamental abridgement of the democratic right to free speech, I get worried.

Claude — who likes spitting down on defenceless ordinary people from his ivory editorial tower but won't exchange saliva in a public debate with me — has taken a few shots at the library staff recently. On March 18, he mounted the castle rampart again and pontificated that the library adopt a "blanket no porn period policy" that would cover adults as well as children.

His anti-democratic, anti-free speech position is hardly enhanced by noting that Algonquin College has already adopted such a gutless and unprincipled position.

Who will decide which sites are "porn sites" and which sites are merely "erotic sites" or "educational sites," Claude?

You, maybe? The church, maybe (which has an outstanding record on child pornography issues)?

And if such material is "corrupting" to those who view it, will not the censors themselves become corrupted? Or are you trying to create two classes of citizens in this country — the master race elite who are morally "superior" and therefore can view the material with impunity and the McIntosh-designated morally "inferior" people who must be protected from themselves?

Claude, perhaps you could be one of the "superior" censors and decide what the rest of us can read or see?

See the point, yet, Claude?

In a free society, we take the highly moral position that all adults have equal rights. And because "pornography" is in the eye of the beholder (some great works of art were once considered pornographic), it is fundamentally anti-democratic to let one group of adults censor what other adults may read or view.

In fact, the ability of an elite to hide, suppress or manipulate information from the general populace is the primary tool of tyranny. If you control the information, you control the society. That is precisely why liberal democrats advocate the complete free flow of information.

The central issue of principle here is not where you draw the line, but who gets to draw it. In a free and democratic society the right to draw that line must be left to each and every adult individual.

I'm not sure what stand the Christian Council will take on this issue, but I hope it will be one that protects our children while respecting the rights of adults and the democratic principles of our way of life.

I've quoted the American patriot Patrick Henry before and I'll do it again:

"I may not agree with what you say, but I will defend to the death your right to say it."



BASIC BLACK

No Claws For Complaint



Arthur **BLACK**

I've got to make a trip to Canada's tiniest province coming up soon, and I'm not looking forward to it.

Nothing wrong with Prince Edward Island. I love spuds. I read Milton Acorn's poetry. I've got nothing against Anne of Green Gables.

It's lobsters. You can't make a trip to PEI without being invited to at least one lobster blowout. And I (deep breath, now) don't like lobster.

It's a grievous cross to bear. Cooks and hosts look at you slack-jawed and incredulous when you tell them you'd just as soon have the Cobb salad. Not like lobster? What is this guy - some kinda communist?

Nope. And not a vegetarian either. It's just that I don't like to conduct autopsies at the dinner table.

There can be few more grisly scenes that the gross, bare-handed carnage that is unleashed at your average lobster dinner as claws are wrenched from steaming carapaces and cracked and crushed until they yield the flesh within. The air is thick with eyeballs, antennas, dismembered abdomens -- yuck

And all this for the bottom-feeding, hyper-ugly sea creature that is the lobster.

Which, lets face it, is just a big cockroach with attitude. I guess my lack of lobster lust influenced my feelings when the story about Luther caught my eye.

Luther. Luther the Lobster.

Luther's an eight-pound crustacean who lived uneventfully in the waters off Rhode Island until his luck ran out. Luther was caught in a trap, hauled to the surface, graded, popped in a bit of bubble wrap, slapped in a box and Fed Ex'd to a fellow in Madison, Wisconsin - a birthday present from his friends. They knew this guy just loved eating lobster.

The recipient was delighted with the gift. Lips smacking, he boiled up a pot of water, grabbed the still-healthy Luther just behind the front claws and was all set to pop him into the cauldron when he made a tactical error.

He looked Luther in his little beady left eye. That was it. There was no way this guy could kill and eat Luther after that.

Fine. Next question: what do you do with a live lobster? They're hard to housebreak and you can't take them for walks. Plus they aren't the brightest critter that ever crawdaddied out from under a rock. Can't even sit up, roll over or fetch.

The fella tried phoning up pet stores. Would they be interested in adding a living lobster to their inventory - conditional on the lobster not ending up on someone's plate? Long and sustained laughter from the pet store owners. He tried the local zoo. Not interested.

When he called the local branch of the Humane Society, the man who answered the phone didn't laugh, nor did he question the caller's sobriety.

"Bring 'im on down" said Paul Long.

"We don't discriminate," said Long. "We've gotten just about everything here. But we've never had a lobster before. The lobster thing just about floored us."

So Luther finally found himself among friends, but he still had a problem. Lobsters need largish bodies of salt water - preferably an ocean -- to thrive. Madison, Wisconsin is a long walk from the Atlantic. That's when the employees at the Dane County Humane Society went the extra mile. They took up a collection, fitted Luther out in his very own plastic foam cooler, complete with a corrugated cardboard box with lots of air holes, plenty of padding and three ice packs to keep the temperature down where Luther liked it.

Then they popped the whole kit and caboodle into an American Airlines business class seat and flew him back to Rhode Island where he was returned to his underwater home.

"He probably came here in the cargo hold of an airplane," said Long. "But Luther went back first class."

Lucky Luther. Lobsters usually only come with two claws, but Luther had a third one.

An Escape Claws.

MEANWHILE

Dear Mr. Harris



Fred **SAGEL**

Dear Mr. Harris:

What's happened to you lately?

Have you fallen asleep at the wheel or what? Ever since we re-elected you last June, we haven't seen much of the old Harris at work. What have you been doing?

After you took office in 1995, you executed one of the most ambitious reform agendas Canada has ever seen. You put the breaks on spending and yet managed to cut those very high taxes given to us by the Liberals and the NDP, eased rent control, redressed the pro-union bias in the labour code, stood up to the public sector unions and told the teachers' unions to stop their bullying tactics.

You were splendid. Even people who didn't agree with you kept saying that you were refreshing: a politician who actually does what he says. In your case, you were vastly underestimated. The very able Rhodes Scholar Bob Rae blundered in his tenure and there you were, the golf pro and teacher from North Bay, snookering his way in to produce results that Mr. Rae could only dream about.

And look at the other things you accomplished: amalgamating Metropolitan Toronto so we could get rid of seven sets of politicians and bureaucracies and melt them into one and repealing private sector racial quotas.

So what's happened since June?

Yes, I know that you've promised more tax cuts, which is all well and good. But there is so much left to do to complete the revolution. What's happened to that?

Why is there such a dramatic increase in spending? In this fiscal year alone, you've gone through $60 billion--about a third more than the NDP spent. And while it's good to get extra money out there working for the people, why did this have to happen? There is too much pressure from the left wing types who just want to spend, spend, spend. Don't bow to it.

When are you finally going to get the public schools into shape? You can't do it by continually shoveling money into a system that is over-bureaucratized, over-centralized and non-competitive? You need to introduce competition into the system by instituting a system of charter schools.

Health care is another issue that is going to boil over. You can't just keep shoveling money into it either. It needs reform, but it has to be real reform. A two-tier system should really be considered. As well, you need to use more nurse practitioners. But something needs to be done and you know that you're the only one capable of doing it. The Liberals and the NDP won't do anything except spend more money with little result.

The Canadian health care system is failing. The federal government is largely to blame for that by cutting the money it gave Ontario and the other provinces in transfer payments. Many people don't yet understand that. Make them see who's to blame and how we can fix the whole thing.

The federal Liberals have been a standstill government, not prepared to do much. Their idea of cutting deficits is to attack health care payments. You've been anything but standstill in the past. So take the bold and imaginative steps that are needed.

Mr. Harris, you have been a phenomenal premier. Your record speaks for itself. But that is the past. And you've been re-elected for the present. Leave your mark on society by doing something worthwhile, especially in education and healthcare. History will thank you for it.

NOTES FROM PARLIAMENT HILL



Art **BABYCH**

Teen moms

Interim Opposition Leader Deborah Grey likened the birth of the Canadian Alliance to that of a baby saying "the new extended family is very excited and mama is back at work already." The cute little "CA" as she/he will be known, was born to 13-year-old Mama Reform and looks remarkably like its mother. Tory leader Joe Clark denies the child is his and says his party may go to court to ensure the CA doesn't use "Conservative" as a middle name. A paternity suit may be pending.

Politically unhealthy coalition

Former Health Minister Diane Marleau was chatting it up on the steps of the Centre Block with members of the Canadian Health Coalition. The group was in Ottawa to lobby against a two-tier health system. Marleau, a cabinet dumpee and Sudburian MP, told a handful of coalition supporters she was "pissed off." Then she uttered something about "no back-room deals." Surely Marleau wasn't agreeing with coalition members who complained the federal government is secretly supporting Alberta's for-profit health care plan even though it publicly claims to oppose it. She must have been PO'd about something else.

Walk softly and carry a big sword

They don't call him "Sir" Don Boudria but the government House leader is a knight, anyway. He and Carleton-Gloucester MP Eugene Bellemare turned out for a small Centre Block ceremony to present a used Canadian flag to the Knights of Columbus. The flag was flown over the Peace Tower on Feb. 22, the 100th anniversary of the Fourth Degree knights. The organization wanted it for their museum in the U.S. (Don't forget to mark it "this side up.")

Boudria told the knights he was up at 5:30 that morning watching TV news coverage of the pope's visit to the Holy Land (A Lenten sacrifice, surely.

Getting up at that time, that is!). Boudria is a knightist in the Ottawa-area riding of Glengarry-Prescott-Russell, which oddly enough has its constituency office in Hawkesbury. Go figure! Not surprisingly, he and Bellemare -- who left his sick-bed to attend the ceremony -- praised the fraternal brotherhood for its church and community work. After all, they were standing in front of a bunch of guys carrying swords.

Was it something we wrote?

Visitors to the Parliamentary Internet web site have a chance to win a men's quartz watch, a women's solid silver bracelet or the not-yet-a-best-selling book, The Parliament Buildings. All they have to do is spend less than five minutes on site asking generic-type questions like how many times they log on to the service, what they do for a living, blah, blah, blah. Alas, after dutifully completing the survey and pressing "submit," at least one press gallery scribe got the message "Error occurred while processing request."

It's disappointing but it sure beats "Reporters not welcome."

On the endangered list ..

Fundy Royal MP John Herron held a press conference on Parliament Hill to announce the Tories' platform on endangered species. Only a sprinkling of journalists turned up for the event, which suggests reporters might also be on the list of the almost-extinct. That, or Herron and many others have never read our handy little pamphlet: How to get News Coverage on Parliament Hill. We refer to page one: "Leak a copy of any documents. Regardless of how vapid, innocuous and banal the subject is, it will hit the front pages like a Mars probe."

Quote du jour

The quote-of-the-week winner (open to appeal of course) is retired Supreme Court Justice Willard Estey. After speaking against the Nisga'a agreement before a Senate committee, the 80-year-old judge told a reporter in hot pursuit of some explanations: "If the media were to drop dead tomorrow there would be very few pallbearers." Justice is already blind. Perhaps it should also be gagged.

LETTERS TO THE EDITOR

Ruthless Oil Barons

Dear Editor:

Any price increases on fuel, always ends up with the public having to pay more for everything, forcing us to squeeze our budgets well beyond the limit, while the greedy Oil Barons just keep on ripping us off. This way of doing business in Canada has to be changed, and the sooner the better. For example we had a system in place when Petro Canada was created, to continue the flow of oil, in the event, the OPEC conspirators, turned the tap off again, "cut production", but again, due to lack of foresight, we were duped by the import of cheap OPEC oi. This in turn, gave bigger and better profits, to our greedy oil importers, who could not see past the end of their noses. This is unacceptable. Its the second time this has happened, and hopefully the last, when OPEC can have our great country on its knees begging for oil. The only solution to this problem, is for Canada to become self sufficient in energy, and not depend on foreigners, who play games with our economy. This is a very serious business, and our leaders must take drastic action, to ensure this crisis won't happen again. We should take note of this situation, and give the Perpetrating Manipulators, Ruthless Oil Barons a taste of their own medicine. Also with the price of a litre of fuel going from around forty cents to around eighty cents and up, it means a tax grab as well. The government does not need to take any more money from the taxpayer, it's bad enough the Oil Gang is stealing from us. What the government should be doing is eliminating the G.S.T. and some of those fuel taxes right now, "Give us a break." Taxes have been rising continuously since the 1939-45 War ended. Does the government know the war ended in 1945, and our Taxes should be coming down, and not going up. Every government that has been elected since the War ended, seems to have spent most of their time, figuring out, how to raise taxes. We have a Federal Tax, Provincial Tax, Municipal Tax, Vehicle Tax, Air Tax, Air Conditioner Tax, Food Tax, Electricity Tax, Gasoline Tax, Heating Oil Tax G.S.T. Tax, Sales Tax, and more. I think it's time to start the year 2000 by. Eliminating those abominible taxes; one every year should be good for a start; otherwise they will take the whole pay cheque, leaving us with the crumbs.

Yours truly,
James Grant
Alexandria, Ontario

more LETTERS TO THE EDITOR on page 10

Seaway News welcomes letter to the editor. Letters should be no longer than 400 words, are subject to editing and must bear the writer's name, address and phone number for verification.
The views expressed by columnists, guest editorialists and/or letters to the editor are not necessarily the views of this newspaper or its publisher.



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LETTERS TO THE EDITOR

Fred Sagel is Appalled

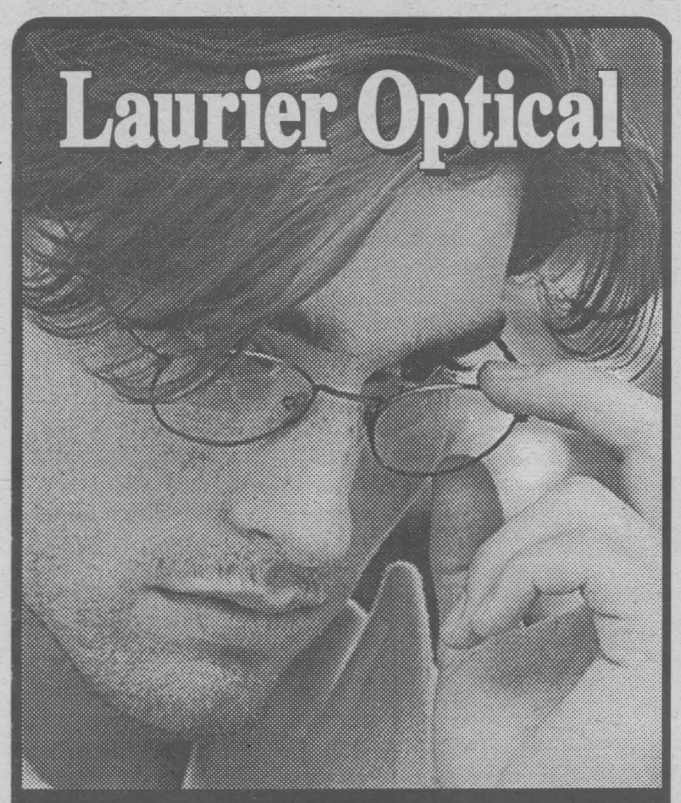
Dear Editor,

While Fred Sagel may be appalled over Premier Mike Harris's approach trying to remedy student misbehaviour in the province's schools, there may in fact be a method to the premier's madness. Most problem students may not want to be in school anyway... so the premier gives teachers the right to arbitrarily suspend misbehaved students. At the same time, the premier chooses to offend teachers by compelling them to supervise extra-curricular activities without pay... like a criminal sentenced by the courts to do community service.

The premier will only guarantee that many students will be suspended and at a time when non-traditional educational approaches are becoming more widespread. Example, kids can now be taught to read at home, courtesy of CD's that can be used on the home computer or the VCR... to teach reading the old-fashioned phonic way. The other bureaucratically sanctioned approach has resulted in a virtual epidemic of student illiteracy. Private Kumon math training centres are appearing all over the continent... teaching children the rudiments of arithmetic and mathematics at home. Complimenting this is a very rapid escalation of the home-schooling movement across the USA, a movement now taking hold in Canada.

This is just the beginning. We are entering the age of the 500-channel TV universe and the same time home computer capabilities are rapidly increasing. The growth of a faster, wider-band internet will soon enable students to take school lessons either via a TV-channel or the computer screen... and outside the control of government bureaucrats. Premier Harris is merely undertaking to revolutionize public education in Ontario... by making public schools unpleasant places in which to teach or in which to learn.

Harry Valentine



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Delighted To Pick Up The Seaway News

Dear Editor,

My husband and I have a country home near Lancaster and we are delighted to have the opportunity to pick up your Seaway News. It puts to shame the community newspapers which we are accustomed to reading.

You have a number of talented columnists sharing their views with us. Among these is H.B. Kanters who's last column on the Big Six-O was especially appreciated. We are there, having recently retired from university and hospital positions. This columnist reawakens memories of our young adult years as well as articulating, in a skillful way, many of our everyday experiences.

Bravo! and thank you.

Dr. Alfred and Evelyn Malowany
Montreal, Que.

Encouraging To Read Articles On 'Christian Beliefs'

Dear Editor,

As a Registered Nurse who has been employed in city hospitals outside of Cornwall (Toronto, Montreal and Western Canada), I have witnessed "situations" and decisions (medical and surgical) which did not confirm to 'Christian beliefs.'

It is refreshing and encouraging to read the articles on Christian beliefs – based on the ten commandments, submitted to your paper by Rev. Allan MacDonald.

Father MacDonald's 'expertise' in presenting the 'basics' of all 'Christian beliefs' is read by many in the medical profession – M.D.'s, nurses, technicians and caregivers.

We look forward to his writings on a weekly basis and thank you for printing these messages in your weekly paper.

Bridget McElligott
Cornwall, Ont.

Project Truth? Yes, We Need It

Dear Editor,

Do we still need it? We sure do.

The late Mother Theresa said, "If you judge people, you have no time to love them." The world is full of suffering and attempts to overcome it.

In the late 60s and 70s, times were so different. A pedophile victim had no authorities. Police, politicians, lawyers, churches and parents were all of little or no help.

After decades of buried pain, victims can finally talk to police and arrests long overdue are finally being made.

These days it's sex and violence on TV and in movies. Kids even physically mature two years earlier. Homosexuality is promoted and age of consent is 14. Laws are different and the media condemns the rich and famous while showing little interest in ordinary Joes.

A dozen men charged by Project Truth, many "pillars of our society," one already guilty and convicted of preying on our youth.

A pedophile ring? Who knows? Let's try to find out the truth.

Finally, funding for male victims! Victims who feel more shame than most of us imagine.

Sure justice is an expensive task, but leave the judging to the justice system and hope they make the right decisions.

How much to spend? It seems we have peewee judges who think one dollar is too much.

Just like any other investigation, let's spend whatever it takes.

Mr. Raven P. Van Leishout
Cornwall, Ont.

Cornwall Chamber of Commerce

Dear Editor:

The Cornwall Chamber of Commerce made a presentation to City Council on November 29th, with respect to the recent approval for a local company to increase the volume of PCB's incinerated in the community. The Chamber wished to discuss how this decision would impact on the strategic plan for the future development of the city. Specifically, would it impact on economic diversification, the ability to attract new industries, and tourism.

Part of the Chambers mandate is to work productively with municipal officials on a variety of issues including economic renewal and image enhancement. The ultimate goal has always been to promote economic growth in the community and to project a positive image to those considering the City as a location within which to work and to live.

Concerning the issue at hand, there are several points the Chamber would like to clarify. First, prior to requesting a meeting, it approached members of both Council and administration seeking guidance on how best to proceed. From advice received, the Chamber Board agreed to meet in a separate meeting of Council to table its concerns.

Second, it should be pointed out that the Chamber did, in fact write to the Environmental Assessment Hearing Board as well as to Mayor Sylvester, MP Bob Kilger, and MPP John Cleary recommending that an economic impact study be carried out prior to approval of an application to incinerate PCB's be granted. The correspondence was dated July 27th, 1999 and sent prior to the second series of hearings.

The Chamber received responses from both John Cleary and the Mayor. Mr. Cleary shared his concern about the possible negative impact the application for expansion would have on the community. Mayor Sylvester stated in his response that the City did not see how an impact study would be able to accurately measure a community image or perception problem.

It is also worth noting that city administration, in a written report to Council, admitted it lacked the expertise to offer an informed comment on the application. It appears that administration is assuming the Ministry, by its approval, does not believe there to be a threat and so, does not see the need for further discussion.

Third, the Chamber was informed that City administration had attended the hearings and were satisfied with the decisions made with respect to the application. It was also informed that administration was of the view that granting the application would not pose a threat to future development.

Finally, and of critical importance, the Chamber had merely requested Council to carefully consider the impact of the application, to weigh the issues, synthesize the information acquired, and consider the implications of local development by this industrial sector. The meeting was intended primarily for dialogue and information sharing.

It is regrettable that Council concentrated on the timing of the Chamber request to meet rather than the important matter of whether or not there would be any future economic impact on the community.

The Chamber membership consists of committed and concerned individuals, all of whom having an interest in the growth and prosperity of the City. The commitment ranges from individual volunteers for specific projects to committees working on economic renewal, image enhancement, air quality, advanced technology, and the award winning Team Cornwall. It seeks only to work with the City as a partner, not to deal with the City as an adversary.

The Chamber of Commerce remains committed to work, in partnership with the City to thoroughly investigate the implications of application in question along with the broader issue of the environmental sector as a viable and desirable one for Cornwall. The stakes are high and proper decisions are paramount importance to the economic future of our City.

Respectfully submitted,
Paul Connolly, President
Cornwall Chamber of Commerce



Groups

By Susan Mikula, S.W.T., Social Work Technician, Tri-County Mental Health Services.

Tri-County Mental Health Services offers individual counselling. In meeting the needs of clients, group work has been created. Group work can offer education, support information and guidance. It's a way to develop insight into the problem via the eyes and experiences of another. It can be a fun way to learn.

There are a variety of types of groups available in the community. There are support groups, information groups, educational groups, and groups that address a specific problem. Groups can also be a combination of different types.

The key to most groups is to bring people together who share a common problem. They can be suffering from the problem directly or be a family member or caregiver of the person with the problem. Benefits to group work include: finding an atmosphere of warmth and belonging, mutual aid, support and encouragement, and a safe place for the sharing of feelings and problem solving.

Sometimes it is difficult to admit that you need help and to look at yourself and identify it. Individual counselling (counselling with the therapist and yourself) can help to identify areas that could benefit from a group process. The therapist can help the person work with their thoughts and feelings and determine the direction their lives will take. In achieving that, certain changes and learning may need to be made, possibly through a group if available. The therapist may make that suggestion and the decision is yours. It is your decision to make, as it is you who will have to do the work to learn and change. Sometimes the work seems easier with the help and encouragement of others, as in a group process.

Groups at TCMHS are a combination of the types of groups identified above. The purpose of the groups is to provide the opportunity to change a behaviour by learning a new skill, with the assistance of a group facilitator and other people who have identified the same need. It is learning from and with the help of others who understand and share similar experiences. Together, ways of coping are explored in a non-threatening atmosphere.

However, groups are not for everyone. Some people feel too uncomfortable or shy, some people believe it will be harder to talk to strangers, others are concerned with confidentiality: the fear of others knowing about you. People also wonder and question: "what will I be expected to say or do?" or, "what if I say the wrong thing?" The fear of talking in front of others or that you won't be liked or accepted are also common thoughts and feelings.

Ultimately, a new experience will have uncertainty and cause a person to feel somewhat anxious. It is important to remember that everyone is at the group for the same goal/purpose and chances are, they are feeling nervous and unsure too!

Keeping Health in Mind is a monthly newspaper column made possible with the help of Seaway News and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

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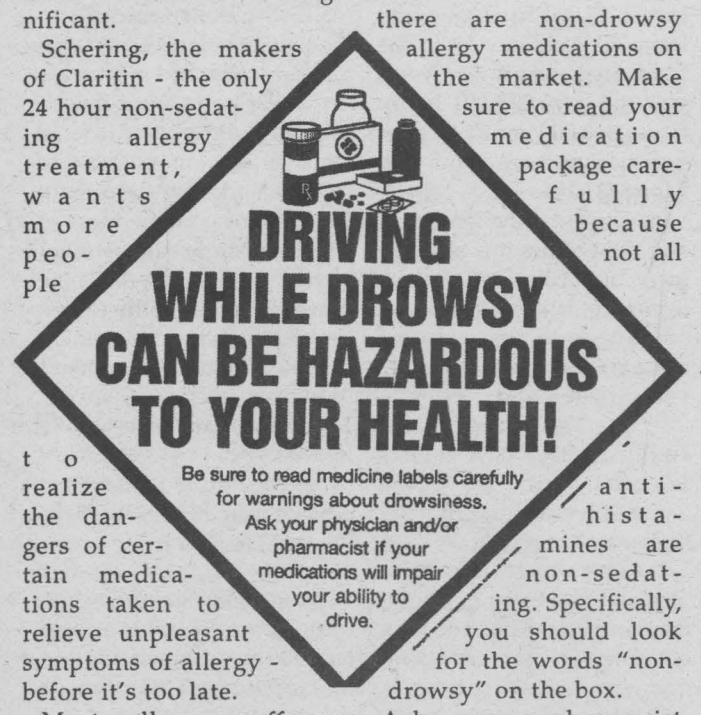
Allergies And Driving Safety

National program tackles the problem of drowsy driving

(NC)-Everyone now knows about the dangers of drinking and driving. But alcohol is not the only thing that can cause impaired judgement and excessive fatigue behind the wheel. Did you know that a variety of medications can cause the side effect of drowsiness?

According to data from a 1995 study conducted in the U.S., each year about 100,000 auto accidents nationwide involve drivers who become drowsy. Of course, drowsiness may be attributed to a number of factors. But since roughly one in five Canadians has allergies, and many sufferers rely on medications to get through the day, the potential effect of sedating antihistamines can be significant.

Schering, the makers of Claritin - the only 24 hour non-sedating allergy treatment, wants more people to realize the dangers of certain medications taken to relieve unpleasant symptoms of allergy - before it's too late.



Most allergy sufferers find their condition worsens in the summer and fall seasons. According to the U.S. National Safety Council, this is when most roadway fatalities occur. That is why Schering-Plough started the Driving Alert! program in the U.S. in 1998. It is a program specifically designed to make people aware of the sedating side effects of some drugs, the dangers of driving with them, and the alternatives, such as non-drowsy, driver-friendly allergy medication.

"The program has been extremely well received," says Randy Steffan, Manager of Managed Care at Schering Canada. "Several big city police departments have, or are in the process of implementing, the Driving Alert! Program."

The solution does not have to be a choice between driving and suffering through allergies without medication. If you're an allergy sufferer you can rest assured in the fact that there are non-drowsy allergy medications on the market. Make sure to read your medication package carefully because not all antihistamines are non-sedating. Specifically, you should look for the words "non-drowsy" on the box.

Ask your pharmacist about non-sedating antihistamines that can help you control your allergy symptoms while keeping you alert on the road.

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CCVS School Spirit Shown in Student Council's Millennium Quilt

Student Councils, with their staff advisors, are often one of the driving forces behind the great extra-curricular activities that go on in schools every day. This year's Student Council at CCVS is no exception. Under the leadership of Jenny Legroulx, they are offering students of CCVS a wide array of activities.

The Council has been instrumental in the sale of noise-makers to make sure opposing teams know CCVS has strong fan support. They've just hosted a "Hawaiian Day," where students in beachwear competed in hula hoop and limbo contests. Next week, they've invited the whole school down to the cafeteria for breakfast. Council members will be at the school early on Wednesday, April 5th to make sure there's enough food cooked for all those hungry teenagers!

One of the Student Council's biggest projects to date, however, has been the creation of a millennium quilt with contributions from staff and students. They wanted to do something to make this year's student body distinctive. The idea for the quilt came from the school's principal, Jacques Lemire. As the Upper Canada District School Board was creating a quilt with blocks from participating schools, he passed the idea of a school quilt onto the Student Council. President Jenny Legroulx said council members jumped at the idea, thinking this was something that could involve many students and be uniquely associated with this year's student body.

Students and staff were invited to bring in pieces of cloth that represented the school or themselves. Over fifty blocks were created from the material submitted. The quilt contains a wide assortment of prints ranging from a duck, submitted by Science teacher Murray Tait, to a picture of Jimmy Hendrix, submitted anonymously. Legroulx herself donated a CCVS bandanna to show her pride in the school.

In all, it took fifteen students working many hours after school to piece the quilt together. The Family Studies Department supplied the machines, quilting supplies, thread and needles, while parent Darlene Legroulx did all the backing and quilting to create the finished product.

The Student Council is planning to display the quilt in the showcase of the school's front foyer. Jenny Legroulx said, "We're really happy with the response we got. It symbolizes the pride that's going on at CCVS right now. We're hoping it will stick around to be a tradition."

With more great activities yet to come, this year's Student Council can be proud of its accomplishments so far. School spirit is high and students are involved thanks to the efforts of this tireless group of Raiders.

CCVS Student Council Creates Millennium Quilt



This year's Student Council created a quilt of over fifty blocks to hang in the front foyer. All the material was donated by students and staff.

Pictured with the quilt are (l-r) front row: Melissa Van Rumpt and Kim Labelle; back row: Jenny Legroulx (Student Council President, Mike Poppe, Adam St. Louis and Shawna Meyer.

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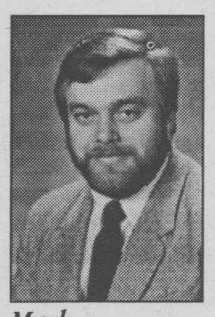
The Power of Compounding

Compounding, earning interest on interest, is best described by an ancient story.

A Maharaja ruled the Indus Valley, in northern India, in the sixth century. Bored, he asked his court gamesman to develop a new game for him. The gamesman created chaturanga, the army game, the precursor of chess and played on a board of sixty-four squares. The Maharaja was delighted and asked the gamesman what he would like as a reward.

"Nothing much," answered the gamesman, "Just one single grain of wheat on the first square, two grains on the second, four on the third, eight on the fourth, and so on across the board."



Mark McDERMID

In calculating the gamesman's reward, the Maharaja discovered that, even before he was half--way across the board, he owed the gamesman more grains of wheat than existed in all of India. He solved his problem by ordering the gamesman executed.

The gamesman was earning interest at the rate of 100% per square, far beyond what we can expect. However, the principle of compounding interest remains the same. Earning interest on interest can add up over the long term.

Suppose you have a mutual fund which performs at the rate of 8% per year. If you invest $1,000 annually, and leave all your money in the fund, after twenty-five years you will have $73,110. If you invest $10,000 annually, after twenty-five years you will have $731,100.

Investing for the long term and reinvesting the earnings pays off. The annual performance makes a great deal of difference too. If our mutual fund earned 10% rather than 8%, our twenty-five year nest egg would swell to $983,500. A gain of $252,400 with the same annual investment, but a 2% higher rate of return.

The two most important factors in compounding, therefore, are time and rate of return. The power of compounding leads to some general rules in investing:

1. Don't let funds accumulate without earning interest. The money in your mattress, and in a non-interest-bearing bank account, is earning 0% per year. When you factor in inflation, you are losing money every year at the rate of inflation.

2. Whatever your investment, make regular deposits. If you skip a single $100 per year investment at 12%, after twenty-five years you have lost $13,333.

3. Look for investments that pay the highest rate of return without the risk of losing sleep at night. Small differences in return add up over the years.

4. Arrange for at least four month's salary to be liquid, cashable at any time in case of emergencies such as job loss. Even a 15% return on your investment over twenty-five years may not be worthwhile if you have to pay a huge penalty for cashing in early.

5. Every dollar you owe in credit card balances, personal and car loans, and mortgages is a dollar you are not investing. Pay off your after-tax loans as soon as possible to free your money up to work for you, not your creditors.

6. Ask your investment advisor how to best make the power of compounding work for you, based on your financial picture and the amount of money you have to invest. There are many alternatives with differing risks and rates of return, and an investment advisor can help you make the best choice.

If you follow these general rules, you can create a sizable nest egg for yourself without the risk of being executed.

Mark McDermid is an independent financial advisor sponsored by Balanced Planning Investment Corp.

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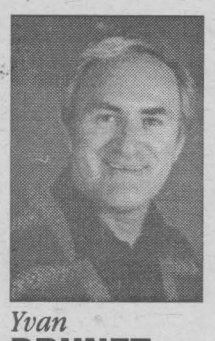

Yvan **BRUNET**

Jann Arden "Blood Red Cherry" - Universal. Canadian singer-songwriter Jann Arden's fourth musical harvest is about innocence and passion as well as virtue and romance. Check out the tender, yet upbeat first single "Sleepless" as well as the beautiful ballad "Mend" with Blue Rodeo's Jim Cuddy helping out. A fruitful burst of creativity for Arden.

Various Artists "Groove Essentials 2000" - Ariola/BMG. An essential collection of 17 cool and smooth R&B tracks: Usher (Nice & Slow), R. Kelly (If I Could Turn Back The Hands Of Time), Shanice (When I Close My Eyes), Bliss (Butterflies), Tyrese (Sweet Lady), Deborah Cox (It's Over Now) and the beat goes on.

George Jones "Live With The Possum" - Asylum. A collection of the man's finest songs (Who's Gonna Fill Their Shoes, The Race Is On, He Stopped Loving Her Today,...) recorded live in concert and delivered with a passion and enthusiasm that can only be found live on stage.

Lovin' Spoonful "Greatest Hits" - Buddha/BMG. One of the first American groups to challenge the domination of the British invasion in the mid-60s. The set sports 26 digitally remastered Lovin' Spoonful hits from "Do You Believe In Magic" to "Nashville Cats." Bound to rekindle fond memories.

The Cure "Bloodflowers" - WEA. Exhibiting an intensity and an emotional depth, the Cure's "Bloodflower" is intended as the final part of a trilogy which began in 1982. Moving from the wistful nostalgia of "The Last Day Of Summer" to the helpless despair of "Maybe Someday" the album embodies all that the lads do best.

Warren Zevon "Warren Zevon" - Epic. Rock's uncrowned poet laureate Warren Zevon is back walking his own unpaved road. There's insight buried in the lyrics among the sawing electric guitars and the languid splashes of piano. You just don't listen to this album, it grabs you by the collar, yanks you out of your chair and takes you for an unexpected road trip.

Liza Minnelli "Minnelli On Minnelli" - Angel. This live recording finds Liza Minnelli performing an evening of heartfelt tribute to her late father Vincente Minnelli (a master of the movie musical). The sense of emotion and history is further intensified in that the show takes place at the venerable Palace Theatre where Liza's mother Judy Garland made her celebrated comeback in 1951. An emotional tour de force!

Martin Simpson "Bootleg USA" - High Bohemia/Festival. Martin Simpson is a laidback folk-blues artist. The beloved element of the man's work on this live recording is his haunting, bluesy finger-style guitar artistry. Check out his rendition of Dylan's "Highway 61 Revisited" and Willie Dixon's "Spoonful."

Bryan Lee "Crawfish Lady" - Justin Time. While there's nothing timid about bluesman Bryan Lee's music (Noise With The Boyz, Can't Get Enough...) there is also never a sense of chaos. Can that man bend those blue strings or what? All the gumbo of New Orleans, the Caribbean, Africa and the Delta are here. Great stuff!

Food Drive

Centre Agapé Center in Cornwall is preparing for a food drive on Saturday, April 8th, 2000.

The food drive will include an Open House at the Centre, 231 McConnell Ave. Residents of Cornwall and area are invited to bring a donation of non-perishable food to the Centre between 9 a.m. and 3 p.m. and tour the facility's soup kitchen, food bank and thrift shop. Light refreshments will be served. Clothing donations will also be accepted during the Open House. Sue MacDonald, Centre Apagé Center administrator, pointed out that many residents overstocked their shelves with non-perishable food items in anticipation of possible Y2K problems.

Fortunately the year 2000 was ushered in without a hitch. "We're hoping people will be willing to donate the extra items in their cupboards to the Agapé Centre," said MacDonald. The Centre food bank and soup kitchen serves hundreds of Cornwall and area residents each year.

The Thrift Shoppe is open to all members of public.

Worship Weekend

New Life Covenant Church, 150 Boundary Rd., Cornwall will be hosting a Worship Weekend, April 7th, 8th and 9th (Friday, Saturday and Sunday). Services will be each evening at 7 p.m. and Sunday at 10 a.m. Steve Burgess from Toronto will be with us to Minister in Worship.

All are welcome.

Our Apologies

In the Friday March 10, 2000 edition page 24, we ran a story "Lucien Mondux -" Those Were The Days", a profile of a Small Businessman.

We forgot to print the feature writer's name, Suzanne McLaughlin. Suzanne has written several features for this paper and we hope to print more in the future.

Editor

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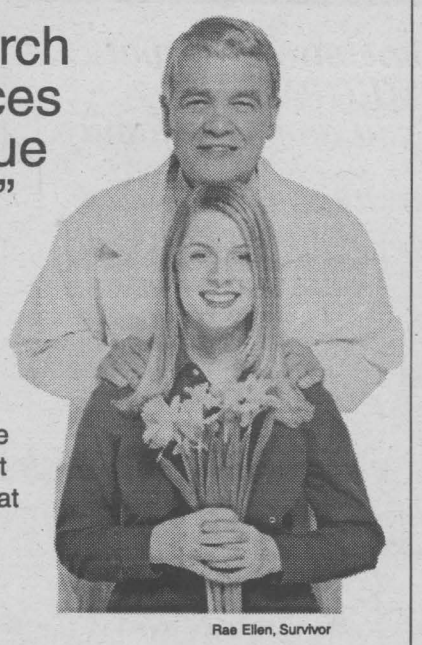

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Canadian Reserve Soldiers Learn New Lessons From High-Tech Special Effects

By Capt. Tim Lourie, Exercise Public Affairs Officer

FORT KNOX, KY. State-of-the-art simulation and special effects send the message home to 700 Army Reserve soldiers that fighting in urban areas is a lot tougher than any Hollywood movie.

For the second year in a row, Ontario Reservists traveled the 15-hour, 600-mile journey to Fort Knox to train on the outstanding ranges and training facilities like the new state-of-the-art Mounted Urban Combat Training Site (MOUT). They are all part of the annual spring exercise called SOUTHERN DRIVE 2000.

With special effects and simulation using Disney/MGM theme park designers, the MOUT site creates realistic scenarios of urban towns in a war zone. No facility in Canada can measure up to the realism created in the mock up of the village. The soldiers are very impressed with how real the battle simulation creates the same stress seen in battle. Many feel the sights, sounds and special effects are second to none.

"We rarely get a chance to work with the realistic simulation and special effects experienced at the MOUT site," said the unit's commanding officer Lieut.-Col. Gary Stafford.

Military operations in urban areas is nothing new for about a hundred members of the Canadian contingent who have seen duty on peacekeeping and peacemaking operations around the world.

Stafford, a Bosnia peacekeeping veteran, knows first hand the importance a good foundation in urban combat has in preparing soldiers for any type of conflict while deployed on peacekeeping operations.

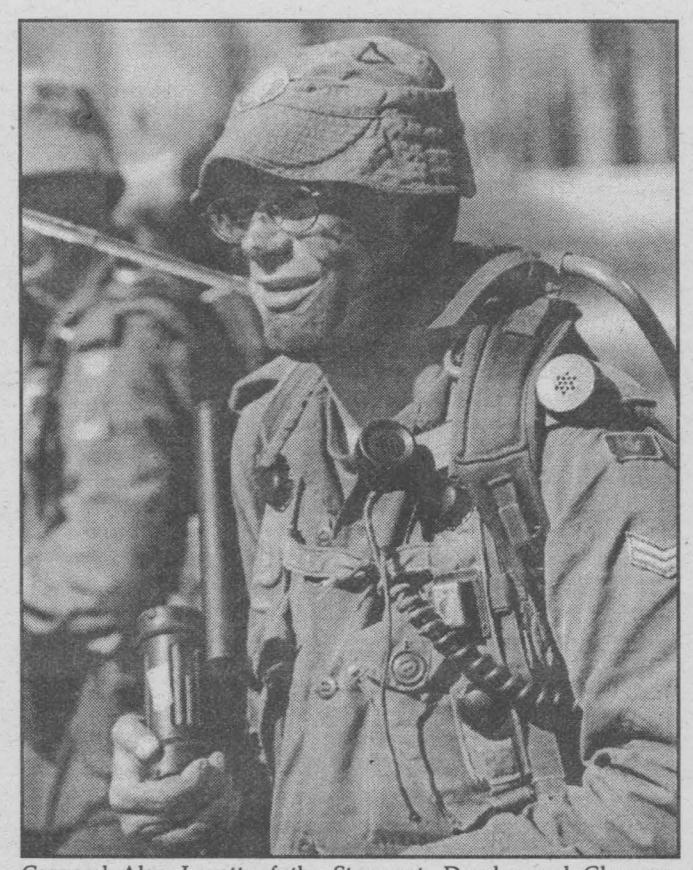
"The realistic training my troops get at the MOUT site is without a doubt a priceless experience for anyone deploying overseas," he said. "The leadership challenges and ability to solve problems in an extreme stress environment are skills that will remain with my soldiers for the rest of their lives."

The Poorman Night Infiltration Course sees soldiers learning to crawl over obstacles and under barbed wire while machine guns are fired over their heads and grenade pits explode beside them - all in pitch black darkness. This was once again one of the highlights of the week-long exercise. The explosions and machine gun fire whizzing over the soldiers' heads was an eye opener for many of the first-timers.

"The Poorman was awesome," said infanteer Cpl. Ali Clarke from Toronto. "It was heart-gripping and exciting all at the same time. Now I have an idea what troops have to deal with under fire in real life situations."

The skills taught during SOUTHERN DRIVE 2000 will benefit the soldiers in their military career and their civilian lives. Lieut. Dave Fearon of Barrie, Ontario feels that the exercise is great for building self-confidence. "My troops' self-esteem have increased ten-fold this week. They feel that they can tackle anything after conquering the MOUT," he said.

The Reserve soldiers made up a composite infantry battalion composed from 40 military units of Land Force Central Area – the army organization in the Ontario.



Corporal Alan Lovatt of the Stormont, Dundas and Glengarry Highlanders listens to orders during Exercise SOUTHERN DRIVE 2000. Lovatt who lives in Ottawa is one of 700 Reservists from across Ontario spending their March Break training in the warm climate at Fort Knox, Ky. The soldiers' combat skills are tested at the state-of-the-art fully computerized mock village that simulates the sights, sounds and smells of a town under attack. The training prepares the soldiers to meet the challenges of military operations both at home and abroad.

(Photo by Capt Victor Goldman)



Private Melissa Rudderham of the Stormont, Dundas and Glengarry Highlanders listens to orders during Exercise SOUTHERN DRIVE 2000. Rudderham who lives in Avanmore is one of 700 Reservists from across Ontario spending their March Break training in the warm climate at Fort Knox, Ky. The soldiers' combat skills are tested at the state-of-the-art fully computerized mock village that simulates the sights, sounds and smells of a town under attack. The training prepares the soldiers to meet the challenges of military operations both at home and abroad.

(Photo by Capt Victor Goldman)

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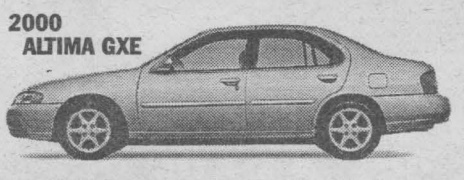

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DEAR GRANDPA

Dear Grandpa,

You said to look at whom a young person is running with and you can tell their character. What do you mean by running with?

Perplexed



Tony
WEISSGARBER

Dear Perplexed,

"Running with" refers to your friends.

The times in my past when I got into trouble I was running with the wrong crowd. I had a close friend when I was sixteen. We parted ways. I've tried to think why we did, but have not come up with a good answer. This is a young man who was my pal when we, three of us, stole car parts from a auto salvage yard. Another time the three of us were locked in a railroad boxcar for six hours through our own misadventures. After we parted ways my friend and a new buddy of his stole a car and were caught. His father would not let him, a sixteen-year-old, drive the family Chevy. The boy spent two years in the Ohio State Reformatory.

Where do we find our friends? Neighbors, schools, churches.

One question I would always ask myself (to, hopefully, keep me out of trouble) was, "Would my mom be happy with what I am doing? Or whom I am friendly with?"

We can't choose our parents, but we can, to some degree choose those we spend time with--our friends.

We run with a crowd that satisfies us.

If you think you are running with a bad crowd, leave them. Be nice about it, but split.

I don't advocate we look critically at our friends and ask, "How can they benefit me?"

We, mostly subconsciously, are with those we like, for one or many reasons.

Athletes run with athletes--pun intended. Drama students associate with other drama students. Intellects assemble with other intellects.

Then we go down the ladder. Druggies run with druggies. No drinker likes to drink alone, so they drink together.

In the adult business world where I now live, I find it very distasteful and disdain from associating with unethical people. I make that choice.

So, look at your "friends." Would your parents be proud of you being with them? Your parents don't care? You might think not, but they do.

Be careful whom you choose to be friends with. They are you and you they.

Questions? e-mail to grandpatw@juno.com

See more Dear Grandpa columns at www.deargrandpa.com

My new book: Tweens, Teens & Beyond, Fatbrain.com

Wow, Look At That!



"WOW!" - To these youngsters, the varieties of crushed rock they've found at the base of their playground apparatus border upon being exotic jewels from the Orient. Jake Sanchez, Cameron Pearson and Dalton Valade give names such as 'boomerang', 'snake's head' and 'gold' to their precious hoard of pebbles.

(Photo by Nick Wolochatiuk)

The Grab Bag Club – After School Special!

A new adventure awaits kids ages 6 to 8 as the Cornwall Public Library opens up the "Grab Bag." The after school special will be held on Mondays, starting on April 10th, 2000 and will run from 4:00 p.m. to 4:45 p.m.

The mixture of stories, activities, crafts and games is guaranteed to cure the after school boredom blues!

Register with your library card on the second floor of the Cornwall Public Library.

Spring Cleaning? The Friends Can Help You

The Friends of the Cornwall Public Library want your old and new: hardcover books, paperback books, puzzles, magazines, maps, and patterns in order to make their Spring Cleaning Book Sale a record-breaking success.

The sale will be held at the Cornwall Public Library on April 8th from 9:30 a.m. to 5:00 p.m., April 9th from 1:00 p.m. to 5:00 p.m. and April 10th from 9:30 a.m. to 3:00 p.m.

Drop off your donations at the Cornwall Public Library loading dock, located at the back of the building, during library hours only.

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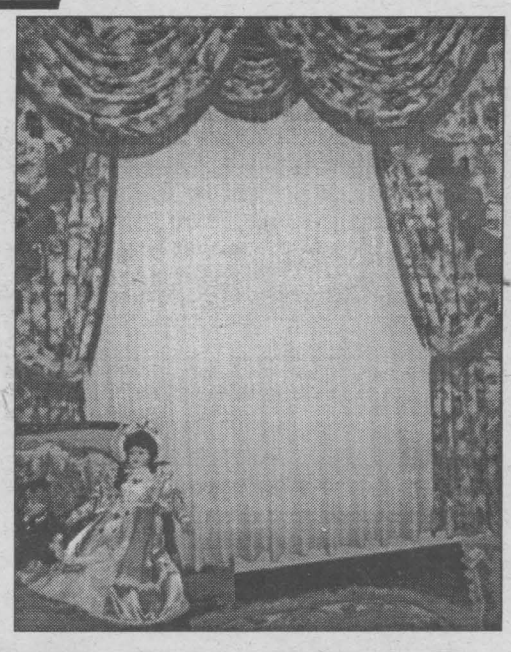

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VOYAGER, (stk. PV1804) loaded		$19,900	$17,900
1998			
RAM 4X4, (stk. PV1709)		$25,900	$24,900
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CARAVAN, (stk. PV1777) 90,000 km.		$15,900	$14,900
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Yogourt - What The Heck Is It?

(NC)-Anyway you spell it - yogurt, yogourt or yoghurt - this cultured (fermented) milk product is the result of adding various bacteria - all friendly - to milk. Once you have determined how to spell it, then comes the decision of why you should eat it and what type to buy or make your own.

The why is easy. Like milk, from which yogourt is made, yogourt is rich in nutrients, containing protein and a wide range of essential vitamins and minerals. It is especially useful as a source of calcium - one 175 mL container of yogourt has as much calcium as a 250 mL glass of milk. The fermentation process used to make yogourt means that the protein is practically digested making it somewhat easier for the body to use. Also, the lactose levels are significantly reduced because the bacteria use the lactose (milk sugar) as fuel.

One of the reputed benefits of eating yogourt is that it encourages the right kind of bacteria to multiply in the gut. These bacteria help to digest food and protect against harmful "bugs" that can cause stomach upsets and infections. Other possible benefits of yogourt include blood cholesterol reduction, lowered colon cancer risk and boosting the immune system.

Having realized that yogourt is a "natural" health food, then comes the question as to what type of yogourt to choose - stirred or set. The way in which the yogourt is fermented also has an effect. Set yogourt is fermented in individual container, while stirred yogourt is fermented in a large tank and transferred to containers after the cooling process.

There are also other choices to make, whether you want plain or sweetened, fruit added or flavours such as chocolate and coffee. Some yogourts are also sweetened with aspartame. The fat content of yogourts can vary as well, so read the labels on the containers.

And finally, what is the deal with "live" cultured yogourts? All yogourts begin containing "live" bacteria and most yogourts produced in Canada still contain the live starter culture bacteria when they are sold. If the yogourt has been heat treated after production - so as to extend shelf life - then there will be no live bacteria and the label will state "sterilized" or "UHT", depending on the heat treatment used.

So, whatever way you slice it or spoon it, yogourt packs a nutritional punch. Use yogourt as part of a meal or a snack, as a dip or a topping, for a dessert or a blender drink. Yogourt delivers the nutritional goods!

Bone Loss and Bed Rest - Nothing to Sneeze About

Most of us know that exercises that put "weight" on our bones are important to maintain strong healthy bones. If we thought about it, we would know that the reverse is also true. In a weightless environment like outer space, where gravity has no "pull" , astronauts experience bone loss. The longer the space flight the greater the loss of bone from the skeleton (except for those TV astronauts on the Enterprise and the Voyager !). That's why there are specialized exercise programs for astronauts in space.

What most of us don't realize - bed rest is another "weightless" environment. We all lose bone when we're sick. When we are forced to remain in bed, for extended periods of time, for whatever reason, we lose bone, just as we lose muscle mass.

Even if we don't think of "muscle mass" in those terms, we are quite familiar with the term " Weak Knees" - a figure of speech we use to describe how we feel after surgery or injury or a long illness when first we begin to walk after prolonged bed rest. The initial wobbliness that we experience and the lack of strength of our legs are but symptoms of this loss of muscle mass.

Unknown to us, the same thing is happening to our bones. A variety of different studies have shown that we lose bone from our spine at rates of 0.2 to 2.0 percent per week, depending on the nature of the illness. Bed rest studies sponsored by the National Aeronautics and Space Administration have shown that about 40% of the bone mineral content is lost from the heel after six months of immobilization. That's an extraordinary rate of bone loss!

The bottom line: Most of bone lost during prolonged bed rest is regained once we start moving again - but only if there is enough calcium in our diet.

Whenever we have a period of convalescence, that forces us to remain in bed for extended periods of time, we need to increase our calcium intake over and above usual daily requirements, according to Dr. Robert Heaney, a world-renown specialist in calcium and bone metabolism. A handy rule of thumb would be - one week of extra calcium for every day of bed rest. Another important reason to consume milk products , the major source of calcium in our Canadian diet.

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Amber
celebrating on April 4th
lots of love & kisses
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AND
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Saturday, April 1st, 2000 - 9pm-1am
Murphy's Inn - 917 Second St. W., Cornwall
Music: D.J. ~ Light Lunch



The Big "40" Finally!
Happy Birthday
Lise Dion
who celebrated on March 28th
Gotcha! Love, from the family



Nifty, Nifty
YOU MADE IT TO SIXTY
Happy Birthday
Mom
celebrating on March 30th
Love Angie, Bryan, Sue, Michel, Penny & the grandchildren

Happy 18th Birthday
to our wonderful daughter
Melissa Di Cola
celebrating on April 2nd
We love you and we're very proud of You!
Love Dad, Mom, Gregory & Shady

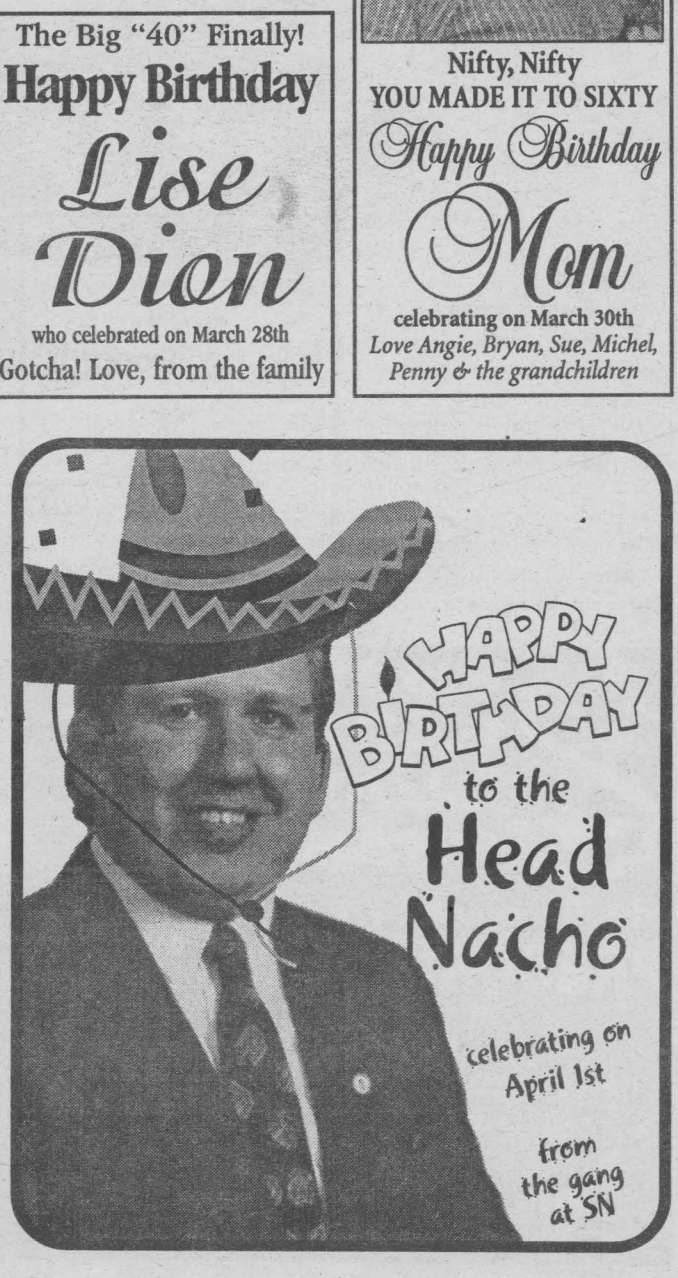
Happy Anniversary
John & Vicky Brown
celebrating on April 5th
... and Happy Birthday John on April 1st
from Gilles, Diane (& Ginger too!)



Lady Di
TURNS 50
on April 6th
Happy Birthday
The 3 A.S.O.'s



Daddy turned 30 on the 27th
Love you, Samu & Mommy



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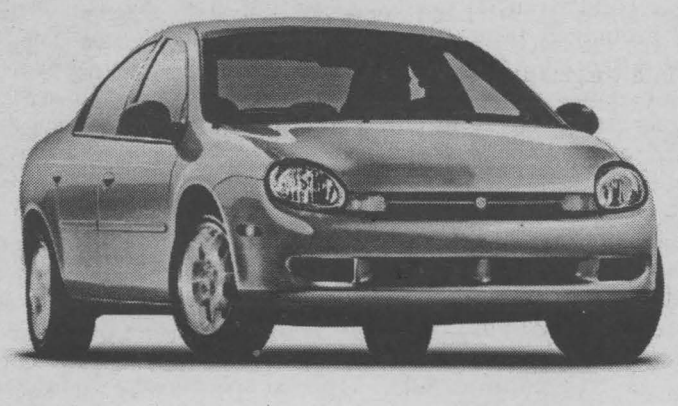

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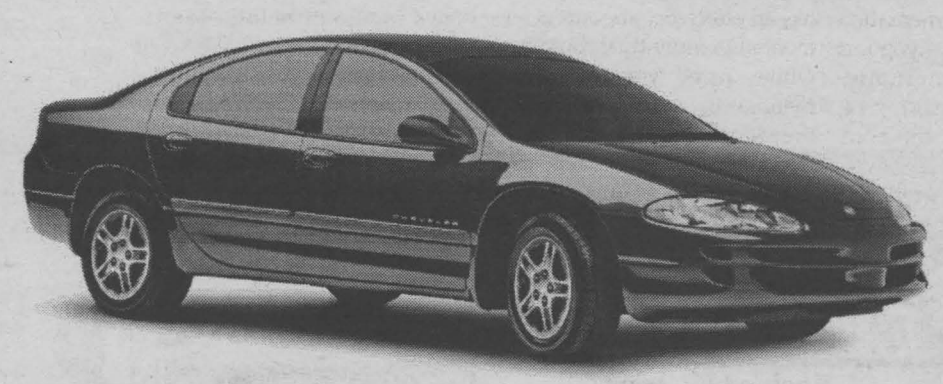

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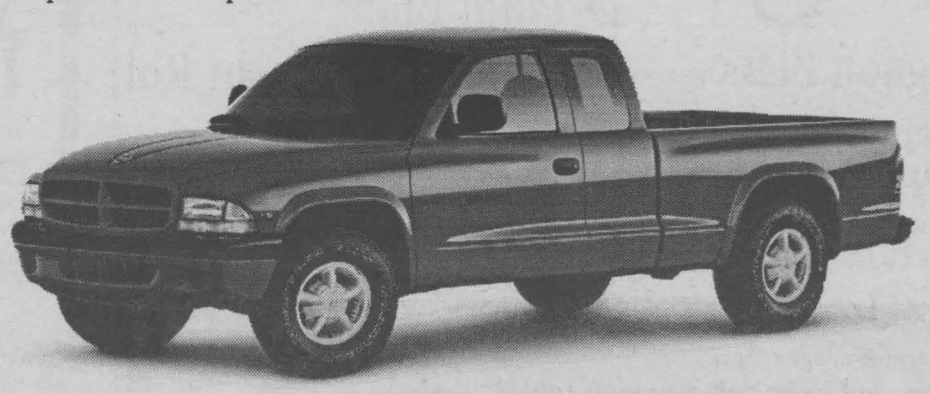

2000 Dodge Dakota Club Cab Sport 4x4

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The Generation Connection

H.B. KANTERS

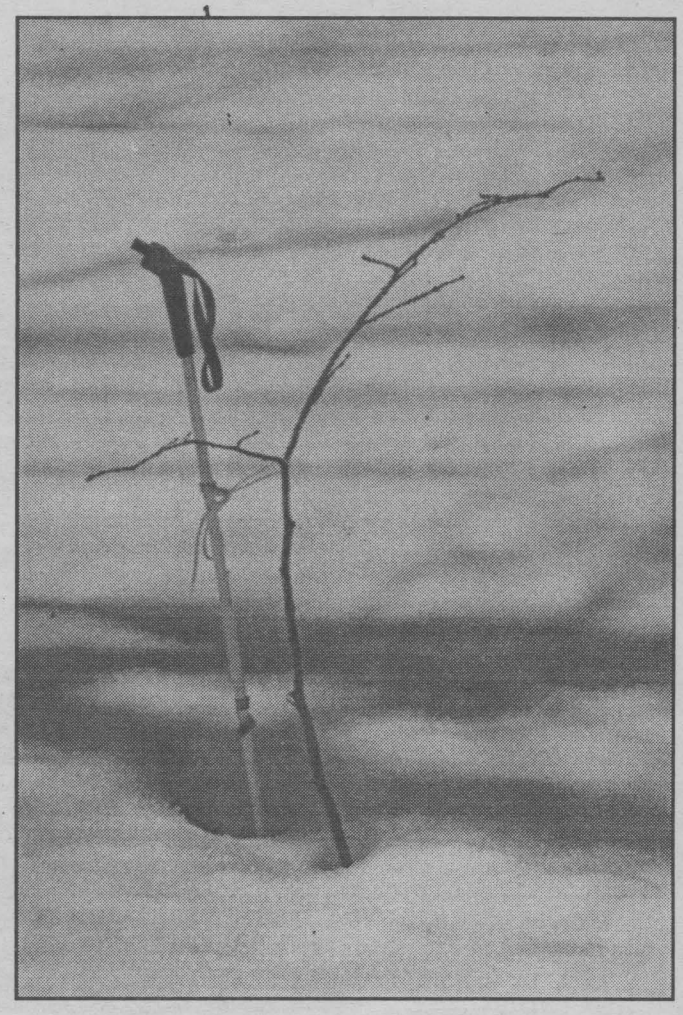
There's a wonderful television commercial that shows a grey-haired man in the kitchen with his teenage grandson. They are discussing what women like, while grandpa is stirring a pot. This ad shows what can be done when good taste and know-how are used to deliver a message. Looks like we're catching on to population demographics in Canadian society today, and recognize that the connection children have with their grandparents is very real and very powerful. Perhaps it is becoming clear that young people really are a country's most valuable asset.

In today's digital society, the knowledge gap gives rise to misunderstandings between parents and their offspring. We have a generation where too many are fixated on mindless play-station games and the mistaken belief that mom and dad live in the dark ages. These children will often connect to grandparents in a very real way, if they get a chance. But it's the adult who has to initiate this, and that is what this particular television commercial does so well. It shows grandpa leading the discussion, it shows a young boy obviously enthralled with grandfather's wisdom and loving concern. That, of course, is what grandparents are for and too many of our youngsters are cheated in this regard. It may not be fashionable to say so, but grandparents have a real responsibility towards their children's children. It's part of being human, it's what the psychologists call the stage of generativity. This is the time when a well-adjusted adult feels the urge to interact with and pass on what has been learned to future generations. The opposite are the Scrooges of today's world, and there are too many.

In earlier times a grandparent's influence was more direct because several generations lived under one roof. But it's possible to have this strong bond today, and it brings such lasting rewards. Some friends of mine are diligently working on this by doing the following: on Tuesdays three-year old Dana spends the day with them, on Thursdays her little brother has grandma and grandpa all to himself. It's obvious my friends are not baby-sitting their grandchildren, they are taking time to get to know them, to have a part in their early development, and mostly to enjoy them. These children already know they are very special little people, and this is how it should be. How many vindictive parents, however, prevent this important emotional connection? How many older people have to go play bingo instead?

The interaction demonstrated in this simple television ad is pointing to something important. One of six Canadians is now over sixty years old, and the image of being older is quietly changing. We used to see this age group only as pensioners or in connection with increased health-care costs. But older family members can be valued for their wide range of experience and knowledge, and they can contribute to society in general as leaders and teachers. When older generations are respected, the younger ones automatically seek their advice and guidance, bypassing their own parents. This is one way in which children separate from parents, develop their own identity and find their own voice. Knowing that grandpa or grandma understands is a safety valve all young people need. In today's fast-paced society where two working parents is the norm, grandparents can fill a child's crucial need for prolonged interaction with attentive and caring adults. There are dire consequences when children learn values mostly from watching television programs. We see this in our young peoples' behaviour and we are in a position to make a difference. If it's not possible with our own grandchildren, then we can do it by volunteering in an appropriate organization. Each one of us can find a young person that will look up to us as that young boy does in that television commercial. And the wonderful feeling goes both ways.

A Pole For All Seasons



This ski pole may have retired from its winter job on steep slopes and winding trails, but it has found all year round employment in helping to support this fragile maple sapling until it's old enough to provide sap for maple syrup in the spring, shade in the summer, crimson foliage in the autumn and lumber or firewood in the final winter of its life, perhaps half a century hence.

(Photo by Nick Wolochatiuk)

Searching For God's Echo

In "Searching For God's Echo," to be aired on Monday, April 17th at 10:00 p.m. EDT on TVO, Toronto filmmaker Jonathan Perlman travels the world in search of deep spiritual practices within the Jewish tradition. Perlman's journey is a quest for inspiration and passion rooted in ancient Jewish prayer as he searches to discover both a community and his own personal practices. The examples of different Jewish practices he finds evoke consideration rather than offering a definitive solution.

In researching the film, Perlman spent two years studying prayer and spirituality at Brandeis University in Boston. Here he meets Arthur Green, a professor of Jewish mysticism, who shares many of his views on the subject of the film.

In Los Angeles, Perlman attends a Saturday morning service at Congregation Ohr HaTorah, an unusual Reform congregation that brings passion into traditional prayers.

During Hanukkah in Jerusalem, Perlman captures ultra-Orthodox Jews chanting their prayers and dancing with great fervor and intensity. Still in Jerusalem, he attends a wedding in a more liberal community that blends traditional Judaism with 1960s hippie-like attitudes.

Finally, in New York, Perlman visits an unusual conservation congregation, Congregation B'nai Jeshurun. Each Friday evening, over 1,000 people attend a service that culminates in enthusiastic dancing. An annual holiday at B'nai Jeshurun also attracts 4,000 people to a dancing celebration on a closed-off city block on the Upper West Side of Manhattan.

Perlman meets other prominent Jewish thinkers on his quest. He speaks with Nobel Peace Prize-winner Elie Wiesel, one of Perlman's teachers at Brandeis. Since surviving the Holocaust, Wiesel possesses doubts about the literal effectiveness of prayer. Still, he stresses that the spiritual experience must be an inward journey to the origin of all creation. Perlman also interviews Perle Besserman, the author of many works on Jewish mysticism. Besserman studied with the most revered Jewish mystics in search of spiritual practices. She now teaches religious studies at Illinois State University, and practices Zen Buddhism.

"Searching For God's Echo" is Perlman's second film. His first, "A Symposium on Being Jewish," featured leading Jewish thinkers discussing philosophy and belief. It first aired on TVO in September 1993 and received critical acclaim. Perlman spent the next six years travelling the world and working on this film.

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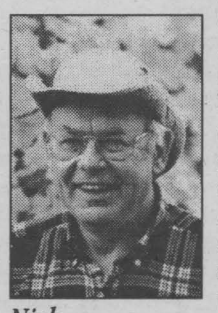
DANCES WITH WORDS

Changing The Length of the Blanket



Nick
WOLOCHATIUK

By mutual agreement (except for those ornery folks in Saskatchewan) on Sunday morning we make one end of our blanket an hour longer. It has been decreed by those in power that it makes sense.

The way I look at it, it makes me think of the story about the person who complained that her feet were cold because the blanket was too short. To solve the problem, she cut one foot (it's an old story, so it's not '30.48 centimeters') off the head of her blanket and sewed it onto the foot of the blanket. Were her feet any warmer the next night?

As far as I can see, our days from April 2 to October 29 will still be the same length. Only in a clock-watching world does such a regime make sense. In our society we are slaves to clocks and the precise measurement of time. Quick! Can you tell me how many timepieces you have in your home.

I'll take you on a counting tour of our place. Let's start with the three in the kitchen: microwave, stove, radio. Computers: two. Three bedrooms, three radios and one alarm clock. Two more for the two VCR's. Add another for the water softener's backwash cycle. Another for the answering machine. Mustn't forget the clock radio in the wood stove room. Both of us have digital wristwatches, so there's two more to re-set.

Kyle, Kris and Kara had wrist watches, but they don't count, for they're no longer living at home. Actually, the boys 'Out West' are such free spirits that they don't even wear wrist watches. I found that out when I presented them with compass-equipped wrist watch bands as a little gift when I went to visit them.

Our home total is now up to 16, if I've used my calculator correctly. Aha! Both our vehicles have clocks, and both bicycles have electronic cycle computers that indicate distance traveled (total and trip), average speed, maximum speed, elapsed trip time, countdown time, how long it takes to cook a soft-boiled egg - and the actual time.

Not counting Keesha (a.k.a. 'LWD', the 'Little White Dog') and our three cats (Herb, Tasha and Kiboots), that brings our home total to 20 electronic timepieces that eventually get reset. The other four 'timepieces' I just mentioned march to a different drummer. They're on a different cycle than us. As the seasons march on, they seem to make equally subtle adjustments to their internal clocks. The sun and the climate tell them when it's time for us to get up and feed them and when they'd like to get into our bedroom to snuggle in for the night.

As much as I reset those other 20 timepieces, our pets continue on their own internal clocks.

The only time I'm able to live as they do is when I have the rare luxury of going on multi-day hikes in the Adirondacks, or on a wilderness canoe trip. In those situations, the Sun and the Moon rule. They dictate the 'window' for travel. They suggest when it's time to think about looking for a place to set up the tent, gather firewood and cook supper.

In addition to the Daylight Savings Time ritual, we have another time-oriented convention that can complicate the life of a modern traveler: time zones. As if by magic, time is mandated to change as we travel across the 24 imaginary time zone longitude lines that divide the Earth into orange-like segments.

On a car trip to Banff, Alberta, I was west of Thunder Bay and noticed a blue and gold plaque that was 77 kilometers west of Kakabeka Falls. It ordered those going further west to change clocks from Eastern Time to Central Time, which is one hour 'behind' us. However the ice cream stand that beckoned me to pull over further along the Trans Canada Highway proved that it's not only those folks in Saskatchewan (and those in Newfoundland) who can be ornery about time. "Sure we're west of the line" the pretty waitress explained to me as she firmly patted down the second scoop, "But we go with Lakehead time, not with Ignace, Dryden or Kenora. As far as we're concerned, they're in a different world."

Two days later, the Saskatchewan clocks confused me. They were one hour behind those in Manitoba, which was supposedly in the same time zone, Central. That's when I learned the central prairie province doesn't abide by the concept of switching to Daylight Saving Time.

To help me keep things straight, I left my Mazda pickup's clock on 'home' time and kept my wrist watch at what I thought local time was.

'Jet lag' is a product of east-west Boeing 747 flights. When I landed in Ireland, local clocks said one thing, but my wrist watch and body still thought they were in Williamstown. It took several days to adjust.

When traveling in an eastbound jet that had taken off at sunrise, I was able to enjoy a sunrise that went on and on. However, on a later westbound flight, the sun very rapidly plunged below the horizon.

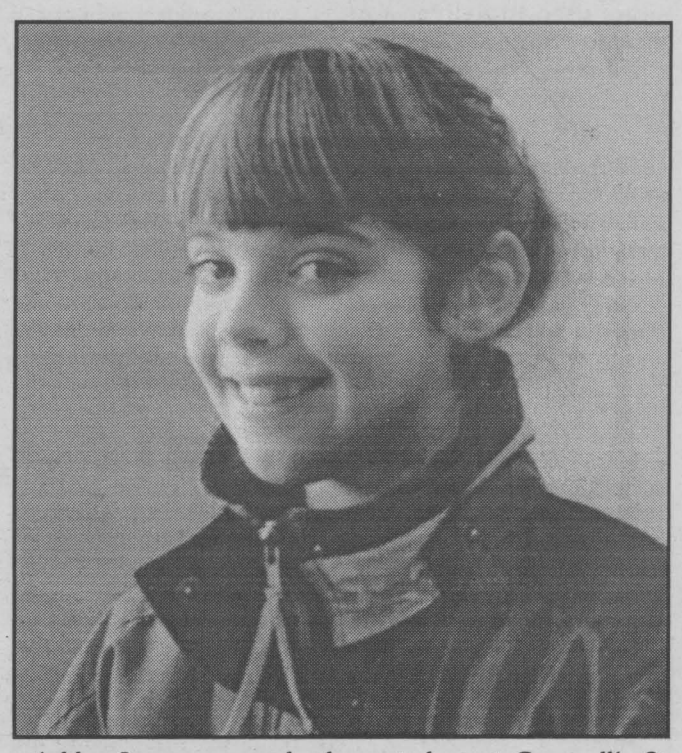
There's a similar time-related problem related to crossing lines of longitude. I experienced what I'd call 'ship-lag' aboard the M.V. Zvir, a Yugoslavian freighter that took me on a 14-day crossing of the Atlantic from Genoa, Italy to Boston, Massachusetts. To keep the sunrises and sunsets occurring at the 'right' time, I had to make many changes on my wrist watch.

One November I spent two weeks in southern California. The balmy temperatures and brilliant sunshine convinced me that it was a lovely day in June. At 5:00 p.m. I was assuming I had about four more hours of daylight to finish my bike trip. No way! After a very soon and brief dusk, it was nighttime. Fooled again, but this time by a change in latitude.

The best way to avoid all of the complexities related to time zones, Daylight Savings time and crossing lines of longitude and latitude, one should live a hermit, never traveling and not owning any timepieces.

My choice has been to cross as many time zones, lines of longitude and latitude as possible, and to meet lots of interesting people. However, owning those 20 time pieces sure does complicate life!

She's "Skunked" The Opposition



Ashley Lepage, a grade three student at Cornwall's St. Anne's School is a public speaking winner. In the Royal Canadian Legion's current round of competitions, she has placed first in speeches made at her school, then at the Cornwall Legion hall, followed by a recent performance in Hawkesbury. Her next appearance will be in Smiths Falls. Her topic: "Skunks". Ashley admits she's never met a real one, "...but I'd sure like to." Good luck Ashley!

(Photo by Nick Wolochatiuk)

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A message from CUPE Local 5678
UCDSB Support Workers

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"Latest Recreational Trail To Be Open April 1st

At long last, the former CP Rail spur line that was abandoned about five years ago, is to be officially opened as a recreational trail on April 1. Its official name, a complex acronym, will be announced during the ribbon cutting ceremony.

For almost a century, the one-track line joined the communities of Cornwall, Williamstown and St. Telesphore, Quebec, to the main Canadian Pacific Railway line that comes from Montreal and heads west to Smiths Falls and points beyond.

For years after the abandonment of "The Peanut Line", small groups of local citizens tried unsuccessfully to get it designated as a recreational trail for hikers, cyclists, cross-country skiers and in-line skaters. It was not until an as yet unidentified politician began to lobby on behalf of their project did positive things begin to happen. Specific details will be provided at the April 1 press conference and ceremony, but according to sources who wish to remain anonymous, here is what will take place.

The recreational trail will be given an eleven-letter acronym title, formed from the first initial of the politician's name, three municipalities, an insurance company, a financial institution, a provincial government ministry, a federal government agency, a major manufacturing company, a well known sports figure and a corporation known for its marketing of 'Arachis hypogaea', a delicacy served on many national and international airlines.

The politician, having been made aware of strong local support, devoted his legal expertise and many hours of his time to the cause.

The three municipalities, one of which is in Quebec, set aside red tape and language issues to agree to assume the title to the right of way, in order that it remain intact from Cornwall to St. Telesphore. The Williamstown Fair Board, which recently took possession of a small section of the line, agreed to grant uninterrupted passage for the recreational path.



VITAL INFRASTRUCTURE SAVED - This is Highway 401 overpass (west of Boundary Road) which will be maintained in perpetuity by a provincial government ministry in order that the many users of the recreational path, which will be officially opened April 1, can safely pass underneath.

(Photo by Nick Wolochatiuk)

A well known community-minded insurance company provided the necessary liability coverage for a nominal sum of one dollar, plus GST.

The not yet identified financial institution provided a long-term interest free loan to finance repairs to the road bed, using revenue from the sale of the rails and ties as collateral.

The provincial government ministry committed itself to maintaining the Highway 401 overpass (west of Boundary Road) in perpetuity, and to construct a suitable pedestrian underpass (or overpass) for the main CN line which is south of the 401, near McConnell Avenue.

The yet to be identified federal government agency acknowledged that the trail would provide a much needed boost to the region's tourism industry and would serve as an incentive toward development of healthy lifestyles for children, adults and seniors.

The major manufacturing company agreed to provide wood products that will be used for fencing, signage and creation of rest facilities (washrooms, picnic shelters and benches) that will be located along the way. Four area high schools have spent the last two semesters in their industrial arts courses to design, construct and install these structures.

The well known sports figure agreed to turn over ten per cent of his gross annual salary to a fund that will be more than sufficient to defray on-going maintenance costs.

The company which markets 'Arachis hypogaea' under a popular brand name, has firmly planted its mark on the project by also making a commitment of ten per cent of its product revenue. That sum is certainly not peanuts!

A spokesman for the area farmers will be at the meeting. She has already issued a media release which says, in part, "The line first went through our land over a hundred years ago, so we feel that it is now an integral part of the landscape. We are pleased to see that it will see a new and health-promoting role." When delivering the release, she jokingly added. "...and I don't think any of the cyclists will be carrying off any of our cattle in their backpacks!"

The several bed and breakfast operators adjacent to the route anticipate that other homes will be added to their roster, as many travelers from near and far will be seeking comfortable lodging while they make day trips exploring the local countryside.

Be sure to read the final part of this story, to be found on page 43.

What Every Parent Needs To Know About New Boating Regulations

(NC)-Boating is one of Canada's favourite family activities. And no wonder! Our country boasts tens of thousands of beautiful lakes and the longest coastline in the world. While recreational boating is a lot of fun, it also requires responsibility . This year's boating season presents a new responsibility for parents of young boaters.



Perhaps you already have heard about the new Canadian Coast Guard regulations requiring recreational boaters to show a proof of operator competency when operating a power driven craft used for recreational purposes. Phased in over a ten-year period, these new regulations affect all boaters, including children. By the year 2009, all recreational power boat operators must have proof of competency, regardless of age or size of boat. By 2002, anyone operating a recreational power vessel under four metres in length must have proof of operator competency. As of September 15, 1999, the law requires that anyone born after April 1, 1983 must show proof of operator competency when operating a recreational power driven vessel.

These new regulations are designed to increase awareness of safe boating practices and reduce boating-related fatalities. Canadian boaters identified youth as having the greatest need for safe boating education. The first phase of the new regulation, requiring youth to show proof of competency is now in effect. In fact, the fine for not having proof on board goes as much as $250.

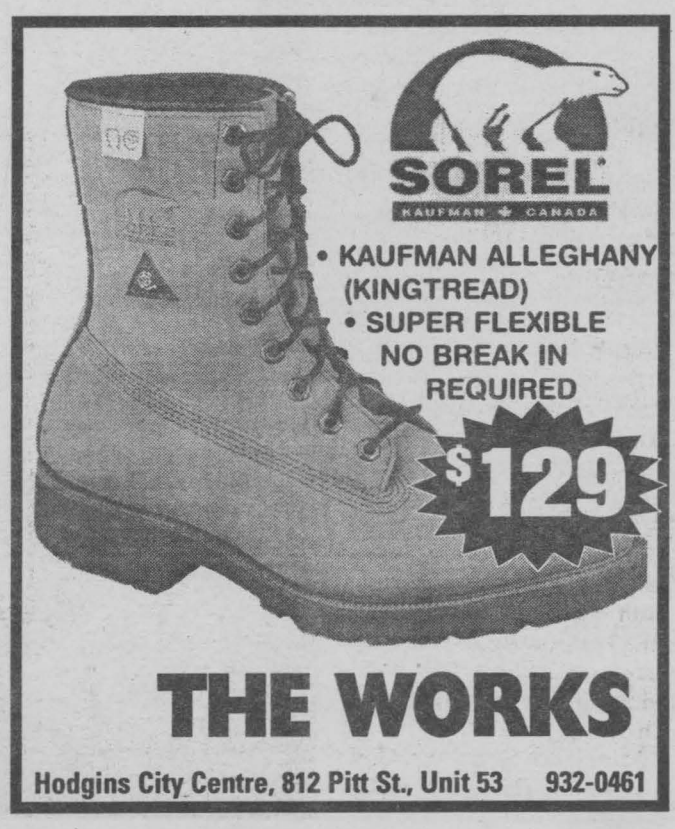
Age and horsepower restrictions are also in effect. These impose limits on the power of the engine and age at which youth can operate a pleasure boat fitted with a motor, unsupervised. Children under age 12 are no longer permitted to operate boats above 10 horsepower unless accompanied by a person 16 years or older. Youth between 12 and 16 are no longer permitted to operate boats over 40 horsepower unless accompanied by a person 16 or older. The minimum age for operating a Personal Water Craft is 16, regardless of supervision.

The best way for a young person to obtain a Proof of Operator Competency is to take an accredited boating course to prepare for the accredited boating test. In order to get the Pleasure Craft Operator Card a mark of at least 75% must be obtained. Courses typically cost anywhere from $40 to $100.









Birth Control Is Out Of Control - Part II

Welcome back. Here is the second part of an article dealing with the damaging effects of birth control in our society. I would like to start with a question: Why can't a married couple simply choose the unitive or conjugal aspect of marriage and temporarily block or even permanently prevent its procreative nature through the use of contraceptives? The answer is as simple and radical as the Gospel itself. When spouses give themselves honestly and entirely to each other, as the nature of married love implies and even demands, that must include their whole selves – and the most intimate, powerful part of each person is his or her fertility. Contraception not only denies this fertility and attacks procreation; in doing so, it necessarily damages unity as well. It is the equivalent of spouses saying: "I'll give you all I am – except my fertility; I'll accept all of you – except your fertility." This withholding of self inevitably works to isolate and divide the spouses, and unravels the holy friendship between them... maybe not immediately and overtly, but deeply, and in the long run often fatally for the marriage (Archbishop Chaput's Pastoral Letter) and by extension for the family.



Father Allan
MacDONALD
Blessed Sacrament Parish

Every woman has the right to ask her husband to share in the responsibility of planning their family. Contraception allows a man to say to a woman, a husband to say to his wife, "I love you, but the thing that makes you uniquely a woman – the incredible and awesome ability to carry and give birth to a child – that part I don't want. I am willing to have sex with you but only if you can't get pregnant. You are the one that can have children, so you take care of this." The Catholic Church and married couples and their families have been deeply wounded by the selfish mentality contraception has fostered. The doctors and drug companies have gained much monetarily from pushing birth control. In order to accept this teaching of the Church, we must accept that the Catholic Church is wiser than we are. We can never go wrong in following its teaching and Christ will never lead us astray when we are being faithful to His Church because the Church is divine and we are only human (Parish Talk on Contraception, p. 6). Jesus founded His Church on the rock of Peter (Mt. 16:18) and the Apostles (Eph. 2:20). He said to the Apostles, "Who ever hears you, hears Me," (Lk. 10:16) and promised to be with His Church always (Mt. 28:20).

We need self-control. Our society has taught us that all that matters is sex. That instinct in us has been turned into something awful. We are out of control. It can be easy to take our passions and force them on others. Contraception has given us an excuse and made it even easier. It has told us that we can have sex wherever we want, whenever we want, and with whomever we want. It has turned us into beasts. Just look around at our society. Men cheat on their wives today more than ever before. Pornography is so very common. Every night men can go to places in this city where they can stare at naked women. Young people are having sex more than ever and younger than ever. Prostitution is at an all-time high even though Aids is killing people. We are out of control and, worst of all, our children are learning all this stuff from us. We need to change this. (Parish Talk on Contraception, p. 6). We need to follow the guidance of the Church.

The Church teaches that all contraception is morally wrong; and not only wrong, but seriously wrong. The covenant which husband and wife enter at marriage requires that all intercourse remain open to the transmission of new life. This is what becoming "one flesh" implies: complete self-giving, without reservation or exception, just as Christ withheld nothing of Himself from His bride, the Church, by dying for her on the Cross. Any intentional interference with the procreative nature of intercourse through the use of contraception necessarily involves spouses' withholding themselves from each other and from God, who is their partner in sacramental love. In effect, they steal something infinitely precious – themselves – from each other and from their Creator (Archbishop Chaput's Pastoral Letter).

The Catholic Church has taught for 2,000 years that contraception is wrong. This is not a new teaching. Technology has just made contraception easier and made this teaching more important. This teaching will not and cannot change. The Church has also taught for 2,000 years that sex is very good. Very, very, very, very good. Sex is an act of love with the potential to give life. We need to learn about that potential and respect it. We have no right to tamper with or change that potential. Only God Himself may have control over that life-giving power. Each and every sexual act must be loving (or conjugal) and procreative. Its power to give life may not be changed, not with chemicals, or devices, or surgery. We have to learn how this system of God's works and we must work within His rules.

If we play by those rules, we will be blessed; but if we break those rules damaging things will happen. This is true in all God's creation. When you break the rules, you pay the price. The fact is, many have broken the rules. Many had their tubes tied. Many had a vasectomy. Many used the pill. Many used a condom. Many used an IUD. Many used a diaphragm. Many received Norplant. Many received a Depo-Provera shot.

No matter when it was done, or how many times it was done, no matter for how long it was done, or for what reasons it was done, the fact is that it was done. But there is something we have to keep in mind – God loves us. God is waiting for us to ask His forgiveness in the Sacrament of Reconciliation. He wants us to try again. His mercy is great and His forgiveness is never refused to those who repent (Parish Talk on Contraception, p. 7). Abandon the "Culture of Death" and Contraception and embrace the "Culture of Life."

Open wide the doors of your heart to the Church's teachings. Most especially, I implore all of you to study and learn about "Natural Family Planning." This is the morally accepted and Church-approved method of regulating and spacing childbirth. NFP is not contraception. Rather, it is a method of fertility awareness and appreciation. It is an entirely different approach to regulating birth. NFP does nothing to attack fertility, withhold the gift of oneself from one's spouse, or block the procreative nature of intercourse. The marriage covenant requires that each act of intercourse be fully an act of self-giving, and therefore open to the possibility of new life. But when, for good reasons, a husband and wife limit their intercourse to the wife's natural periods of infertility during a month, they are simply observing a cycle which God Himself created in the woman. They are not subverting it as contraception does. And so they are living within the law of God's love.

There are of course, many wonderful benefits to the practice of NFP. The wife preserves herself from intrinsic chemicals or devices and remains true to her cycle. The husband shares in the planning and responsibility for childbirth. Both learn a greater degree of self-mastery and a deeper respect for each other. It's true that NFP involves sacrifices and periodic abstinence from intercourse. It can, at times, be a difficult road. But so can any serious Christian life, whether ordained, consecrated, single or married. Moreover, the experience of tens of thousands of couples has shown that, when lived prayerfully, and unselfishly, NFP enriches and deepens marriages and results in greater intimacy and greater joy (Archbishop Chaput's Pastoral Letter).

If you or anyone you know would like more information on this subject, please do not hesitate to call me. I will send you some information free of charge. God bless you!!

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Faith in faith? No, faith in God. Faith in God's love for you and I. Faith in God's perfect timing to meet our needs. Faith in His compassion to heal the sick. Faith in His ability to believe that He "gives life to the dead and calls those things which do not exist as though they did." (Romans 4:17). Faith in God's faithfulness even when we are not obedient and don't follow.



Pastor Bob
BURGESS
Pastor New Life Covenant Church

The verse above says that it pleases God when we look to Him in faith as a child looks to it's parents for protection and love.

But how does one get this faith? It doesn't come by saying a long litany of prayers! It doesn't come by going to church on Sundays! It doesn't even come by belonging to the "right" church! No, it comes as one begins to trust in God. It comes by reading the Word of God, the Bible, and by asking the Holy Spirit to teach you and fill you with the knowledge of a wonderful God and who He is. It comes by placing our trust in a God who can do all things. This kind of living faith is not simply believing that God can do something, but that He will do it. It comes by knowing the promises of God, purchased on Calvary through His son Jesus and simply by childlike faith receiving them for your life.

It comes by asking God to come into your life and recognizing your need of Him.

The Bible says that Jesus is the author and finisher of our faith (Hebrews 12:2).

If you would like to know God, simply pray from your heart something like this: "Dear God, I thank you that Jesus died for my sins and by faith, I ask you into my heart and life and to give me the grace to have a life filled with living faith to walk as a Christian. Amen."

Remember as always, God loves you! He really, really does!

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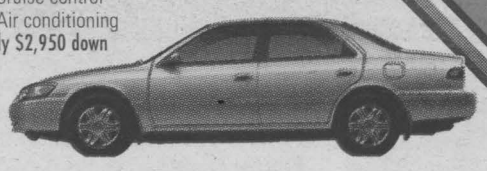

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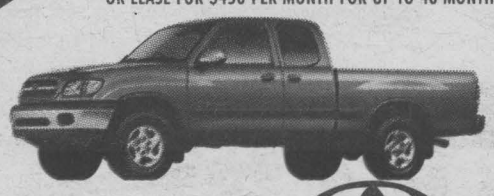

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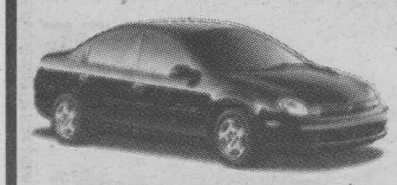

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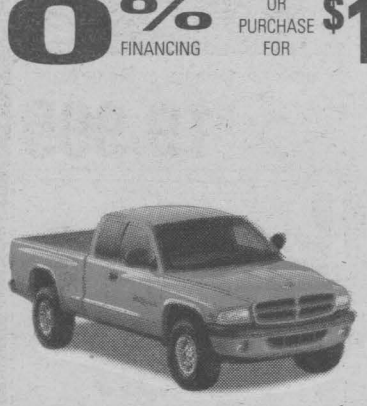

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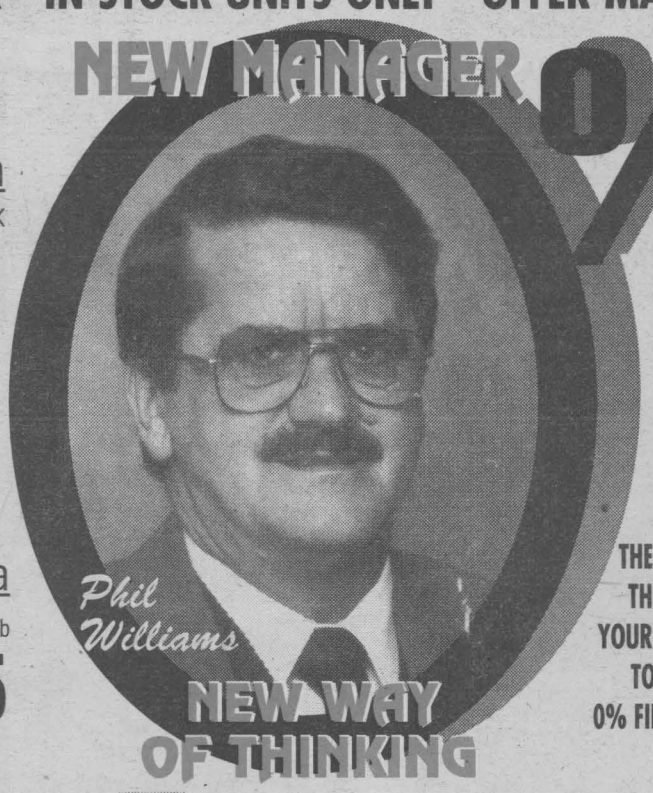

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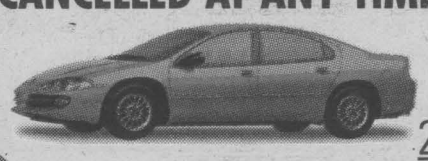

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Engine Block Heater	Standard	Accessory	Accessory
Horsepower	155 HP	136 HP	150 HP
AM/FM/CD	Standard	Standard	Optional
Remote Keyless Entry	Standard	Accessory	Accessory
15" Wheels	Standard	14" wheels	Standard
P205 Tires	Standard	P195	P195
Front Centre Console w/ Dual Level Storage	Standard	N/A	N/A
Woodtone Interior Trim	Standard	Accessory	Accessory
8 Way Adjustable Drivers Seat	Standard	N/A	N/A
60/40 Split Folding Rear Seat	Standard	Standard	Full Fold Down Seat w/pass through
Rear Seat Immobilizer Key System	Standard	N/A	Standard
Pretensioner Front Seat Belts	Standard	Standard	N/A

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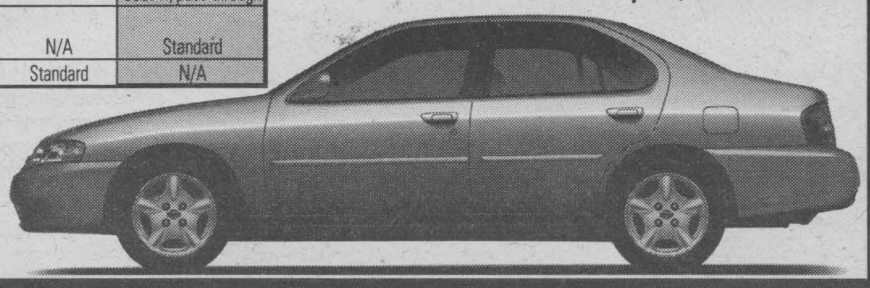

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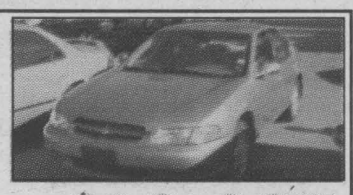


A/C, p.w., p.l., cruise, tilt, bal. of factory warranty

$19,995

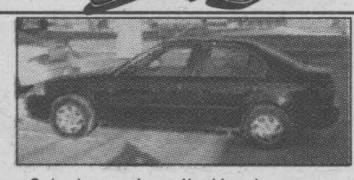
94 Volkswagen Golf CL



5 spd., air, 2 dr., hatch

$8,895

97 Honda Civic EX,



stk #RUH407A

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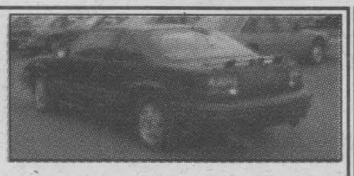

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98 Honda Accord LX



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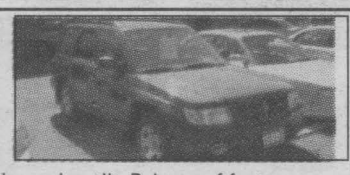


stk #3475A

auto, cass, p. windows & locks, cruise, tilt. Balance of factor warrany 'til 100,0000 km

only $19,995

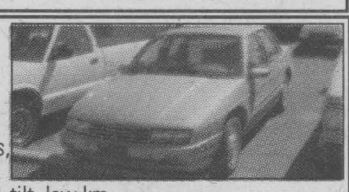
91 Pathfinder XE



4 dr., auto., 4x4, ABS, no safety

only $7,995

95 Chev. Corsica



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ICE CHIPS

by Bill Gallant



When we reported the "Ice Chips"last week the Cornwall Royals had just completed winning the CJHL Championship and were preparing to meet the Halifax Junior Canadiens in the Memorial Cup playdowns. First three games in the best-of-seven series were to be played in Cornwall and they were a sell-out. Shockwaves erupted around the hockey world when the Halifax Habs took game three and both teams boarded the same train immediately following the game and with a full compliment of media folks we departed for Nova Scotia. There were 7000 cheering fans at the Halifax Forum when their beloved Habs skated onto the ice. The Royals too had their own cheering section made up of hundreds of fans from Cornwall and area who made the trip by plane,train and cars. Despite some solid goaltending from Harold Murphy the Royals lost and the series was now tied. "Murph" was the star again in game five the next night when Halifax outshot the Royals 44-19 with Jean Payette notching a hat-trick in the first period as Royals regained the series lead.The Eastern bunch took game six and that set-up perhaps one of the most exciting finales in all the championship series the Royals had participated in to that date. Whew !

What a game! Payette scored another hat-trick and it was end-to-end action throughout the game.The Captain of the Habs, Brian O'Byrne also scored three times,and that included the winning tally at 19:12 of the final period,as Halifax won the game 6-5 and the series 4-3. In my memory this series was by far the best example of how a team of Cornwall and area hockey players ignited junior hockey interest and it was probably the series that truly reflects what the Cornwall Royals were all about back in those early years of Cornwall Junior Hockey.

The Royals of 1966'67,as the defending league champs were once again strong contenders to repeat as CJHL Champs,and that worried the League Executive,They worried about an imbalance in the newly revised six-team league. CJHL President,Ernie Noonan warned that the Cornwall Royals may be "too strong" to compete !This is not something that worried the Royals,but the league's executive had reason to fret.Royals had 13 of their regulars coming back and several newcomers that joined from the ODHA district.Payette had signed a pact with Toronto maple Leafs and was sent to Tulsa of the Central Pro League,Gabri and Deschamps were overage and Lemire was on a college scholarship,but was to return later in the year.The Big Blue Machine welcomed players like Jack Smith from Smiths Falls, Jim Cotnam from Pembroke Kings, Norm MacMillan from Buckingham and Jim George from Toronto.Also new Royals were Bruce Surgeson,and Bill McNally.As a matter of fact once the regular season began McNally enjoyed a hat-trick,as did J.George and Jovan Marich had a seven point game including a hat-trick.Yes the team was strong! So much so that they dominated almost every statistical column in the record books...first place in the standings,six Royals shared the top scoring list and at this point they were undefeated in 14 games of regular season play.The team only lost one home-ice game that season and it's interesting to note that it was to the Ottawa Caps with goalie Wayne Thomas. Just about that same time the Royals found themselves shooting at their own goalie in a game in Smiths Falls.The Bears regular goalie suffered a broken thumb,the fill-in also sustained an injury in the third period....so Royals loaned Ron Bates to the Bears to complete the game.Statistics show that he made five saves,but the Royals won the game that night in the Bears Den. An historic night wass marked in that same arena a short while later when the Royals faced a new Smiths Falls netminder...it was Billy Smith .Other memories from that season included a five-goal outburst from Wayne Horne and Rick Plamadon that same night registered a nine-point game.Actually Rick scored six goals in a later game and went on to win the CJHL scoring crown.There were many other great moments in that '66-67 season that ultimately led to trips to Memorial Cup pladowns in the Soo and Thetford Mines and next week I will peruse those headlines and Ice Chips! In the meantime please enjoy trying to identify some of the Royals players caught celebrating in their dressing room at the end of their first year in the CJHL (1964)in this week's photo.



Royals took the first two games and outscored the highly touted Habs 17-6 in those pair of games at the WSA. That included a hat-trick performance in game two by Billy Markell while Jovan Marich,Jean Payette and Bordie Herrington added each a pair of markers.The

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NASCAR Winston Cup Series



track talk

Terry released crew chief duties

Darrell Terry has been released as crew chief of the No. 48 Innovative Motorsports Goulds Pumps Chevrolets driven by Mike McLaughlin team owner George de Bidart announced this week. De Bidart said a replacement is expected to be named later this week, in time for this weekend's Albertson's 300 presented by Pop Secret at Texas Motor Speedway.

Trickle loses one ride, finds another

Thank goodness for call waiting. Dick Trickle lost one ride but immediately got another, thanks in large part to telephone technology.

Gordon still hanging in there

'Could?ve beens' reign supreme at Bristol Motor Speedway. Just ask any driver who has ever been collected in the 'big one' -- the inevitable wreck that hands out early dismissal forms each time the NASCAR Winston Cup Series comes to town. Full Story

Adam Petty steps up whirlwind schedule

Adam Petty has experienced life in a haze compared to many of his peers, for the last two years as he chases a championship in the NASCAR Busch Series Grand National Division.

Wallace moves into select group with 50th win

Rusty Wallace had to admit recently that moving into a tie for eighth on the NASCAR Winston Cup Series' all-time victories list with NASCAR legends Junior Johnson and Ned Jarrett was particularly special.

Trickle looking for some strong finishes

For nearly 50 years, Dick Trickle has been a staple of stock car racing fortitude. Thus, despite a rough and tumble start to the 2000 NASCAR Busch Series campaign, the crafty veteran clings to the hope his team can find a successful combination.

B-side of Roush Racing a big hit so far

Kurt Busch has people asking who that masked man is in the No. 99 Exide Batteries Ford. Is this the kid who was supposed to learn from the championship contender? Somebody better tell this kid he's not supposed to upstage the star of the show.

Better short runs for Labonte

For the last two years, Bobby Labonte has limped home at Bristol Motor Speedway to disappointing finishes. This year, however, the No.

Event: Food City 500
Track: Bristol Motor Speedway
Date &Time:
Sunday, March 26th
12:30 pm ESPN

DRIVER PROFILE - Rusty Wallace

Whether it be Victory Lane, autograph alley or the media spotlight, Rusty Wallace is never far from the action.

The driver of the No. 2 Miller Lite Taurus starred in a dramatic role in all three arenas this year, as he won a race for the 14th consecutive season, continued to win fans and garnered his usual attention from the press. Wallace streak of winning years is now the longest active string in the NASCAR Winston Cup Series.



Wallace has demonstrated his ability on all types of tracks, but if there is anywhere that he has proved to be untouchable, it is on the short tracks. Wallace's only win came at Bristol in the spring, and he finished seventh or better in four of six short-track events in '99.

On the other hand, he keeps getting better on the big tracks, as his dominant performance in the Daytona 500 demonstrated. Wallace was foiled by Jeff Gordon's spectacular move, but clearly he is now a serious threat to win even on restrictor-plate tracks.

Wallace compliments his cars by calling them "hot rods." Some would describe Wallace the same way: a hot-rod who can handle it all day. However you define the St. Louis, Mo. native, his 1998 ledger is an impressive one: one win, 15 top-5s, 21 top-10s and total winnings of over $2 million.

Wallace finished in the end of the year top-10 for the seventh consecutive season, a mark the 1989 NASCAR Winston Cup Series champion plans on adding to in 2000.

That's not his only goal, though. Wallace believes he can once again be a championship contender, and he's probably right. After all, the last time Penske brought out a new Ford, the No. 2 was as strong week in and week out as anyone on the circuit.

His first win came in his 72nd start, the Valleydale Meats 500 at Bristol. His first pole was recorded in his 110th race, the 1987 Miller 400 at Richmond. In his NASCAR Winston Cup Series debut, Wallace finished an amazing second in Atlanta.

He has won at least $1 million in 10 different seasons, leading a racing family that includes two brothers in high-level NASCAR racing, Kenny and Mike, as well as his father, a legendary Midwest racer who was a three-time track champion in St. Louis.

STANDINGS

2000 Official Standings After Food City 500 Bristol Motor Speedway
Race No. 6 / March 26, 2000

Pos	Driver	Pts	Starts	Wins	Top 5	Top 10	Winnings
1	Bobby Labonte	944	6	1	3	5	716,866
2	Ward Burton	903	6	1	3	5	617,761
3	Mark Martin	900	6	0	3	5	755,481
4	Dale Jarrett	826	6	1	3	4	2,830,534
5	Dale Earnhardt	813	6	1	3	4	541,836
6	Rusty Wallace	775	6	1	2	2	777,951
7	Ricky Rudd	768	6	0	0	1	451,076
8	Jeff Burton	759	6	1	3	4	2,454,064
9	Terry Labonte	731	6	0	1	2	512,664
10	Jeff Gordon	721	6	0	0	4	481,586

2000 Winston Cup Schedule

DATE	TRACK
April 2	Texas Motor Speedway
April 9	Martinsville Speedway
April 16	Talladega Superspeedway
April 30	California Speedway
May 6	Richmond International Speedway
May 20	Lowe's Motor Speedway (The Winston)
May 28	Lowe's Motor Speedway
June 4	Dover Downs International Speedway
June 11	Michigan Speedway

SEAWAY Scoreboard

United Counties Ladies Basketball

March 22nd/00 "PLAYOFFS"

Game #1

Laframboise	**72**	**Rats Nest**	**35**
Top Scorers:		*Top Scorers:*	
Vicki Lalonde, Christine Piche		Lisa Chafee, Laurie Bingley	

Game #2

St. Lawrence College	**41**	**Grower Direct**	**34**
Top Scorers:		*Top Scorers:*	
Krista Martel, Melanie Bertrand		Sam Schuler, Nancy Cruickshank	

Game #3

Star Gazers	**41**	**Team USA**	**34**
Top Scorers:		*Top Scorers:*	
Karen Francis, Geraldine Jacobs		Carolyn Lapage, Heather Martin	

Game #4

Cornwall Gravel Pits	**49**	**RayCo Sports**	**41**
Top Scorers:		*Top Scorers:*	
Sandy MacDonell, Cindy Longtin		Norma Lefebvre, Ann Petepiece	

Bridge Results

Martintown Goodtimers Bridge Club. Mar. 21/00

N/S
1. Jacqueline Emburg - Ken Graham.
2. Don Crawford - Joan Owen.
3. Isobel Quail - Marg Kennedy.
4. Evelyn MacPhail - Grace Leroux.

E/W
1. Marion Thompson - Norah Ruth.
2. Joan Turner - Penny McLeod.
3. Laurette Keir - Margaret MacLeod.
4. Margaret & Sam Wolynec.

Williamstown. Audrey's Supper Club. Mar. 17/00

N/S
1. Grace Leroux - Evelyn MacPhail.
2. Audrey Blair - John Roulston.

E/W
1. Jean Murray - Jane Troop.
2. Del Roulston - Lydia Johnson.

Cornwall & District Bridge Club. Mar. 20/00

1. Steven Lassner - Richard Fawthrop.
2. Kirkwood Malette - Voyteck Pomykalski.

St. Andrews Bridge Results Mar. 22/00

1. Marie Beaudette, 1. Guy Lauzon } tie
2. Mary MacDonald
3. Alda McDonell, 3. Miriam Wheeler, 3. Stuart McDonald } tie
4. Shirley Taillon

Cornwall & District Bridge Club Mar. 23/00

1. Janice Keen - Audrey Blair
2. Carol Reus - Maureen Walker
3. Jocelyn Campbell - Margaret Campbell

Audrey's Supper Club - Mar. 24/00

N/S
1. Homer Grant - Gary O'Connell
2. Grace Leroux - Evelyn McPhail

E/W
1. Norah Ruth - Rhea Collette
2. Louis Rioux - Edwina Lapointe

Seaway City Bridge Club - Mar. 20/00

N/S
1. Florence Bergeron - Louis Rioux
2. Lorraine Gauthier - Jeannette Scrimshaw
3. Janice Keen - Peter Anderson

E/W
1. Kay Barlow - Fern Blain
2. Jean Boileau - Yvonne Bergeron
3. Ida Cadieux - Fern Cuerrier

Independent Bridge Club - Mar. 15/00 Section "A"

N/S
1. Verna Beaulieu - Gerry Johnston
2. Jean Stokes - Peggy Seymour
3. Kay Barlow - Bert Chausse

E/W
1. Florence Bergeron - Rita Struthers
2. Yolande Boutin - Marjorie Raymond
3. Ida Cadieux - Ruth Edgerton

Section "B"

N/S
1. Rita Watzenboeck - Evelyn McPhail
2. Peter Anderson - Louis Rioux
3. Norma Daigle - Rona Maynard

E/W
1. Fern Blain - Ben Bouvier
2. Myrna Carpenter - Nicole Lemieux
3. Maureen Walker - Keith Walker

Senior Citizens Bridge Club - Mar. 17/00 Section "A"

N/S
1. Bert Mosher - Yolande Boutin
2. Mona MacPhee - Jody Campbell
3. Helen Alguire - Marion Lloyd

E/W
1. Maureen Walker - Carol Reus
2. Madan Seth - Ben Bouvier
3. Keith Walker - Louis Rioux

Section "B'

N/S
1. Bert Chausse - Rita O'Brien
2. Margaret Kennedy - Jeannine Leroux
3. Lorraine Gauthier - Jeannette Scrimshaw

E/W
1. Fern Emerton - Ann Paulin
2. Adelaide Hunter - Grace Leroux
3. Verna Beaulieu - Fern Cuerriere

Alexandria Bridge Club - Mar. 21/00

N/S
1. Bob and Francoise Govan
2. Les Atkinson - Viviane Campbell
3. Rosario Lacasse - Bert Boulanger.

E/W
1. Les Kimball - Homer Grant
2. Rene Belanger - Bill Smith
3. Francess Conolly - Sheila Pickett

Bert's Bridge - Mar. 18/00

1. Mary Walton - Con Keenan, 1. Doris Carter - Theresa Carrier } tie
2. Lucy Bray - Edna Sullivan
2. Ruth Edgerton - June Desrosiers, 2. Gerry Johnston - Ray Lefave } tie

Mar. 22/00

N/S
1. Margaret & Sam Wolynec
2. Joan Owen - Ed Pelletier
3. Greta & Dr. Traff Carvell

E/W
1. Dr Allen McLeod - Henry Rzepczyk
2. Dorthry Bourdon - Ray Lefave
3. Christina Ferre - Louise Vachon

Guindon Esso Atom B Royals

The Atom B Royals held their banquet on Saturday, March 25th, 2000 and would like to thank the parents who went through the preparations to organize this event, for a job well done in keeping the kids, parents and guests entertained during this fine day.

We would like to thank the Rat's Nest staff for all their help, and to all the parents who volunteered their time and help throughout the year, a thumbs up for making this season a great one.

Registration for Minor Sports
Glen Walter Regional Park

Soccer **Softball**

For boys & girls born between 1985 and 1995
$15/child or $25/family

Fri, Apr 7th - 6 to 8 p.m.
Sat, Apr 8th - 9 to 11 a.m.
Fri, Apr 8th - 6 to 8 p.m.
Sat, Apr 15th - 9 to 11 a.m.

At the Glen Walter Fire Dept.
Highway #2, Glen Walter

For more information, call 931-2260, 931-2399, 931-3125

INSIDE THE CORNWALL COLTS



David **MURPHY**

The word is intensity. The word intense is described as closely strained, strict, extreme in degree in Webster's Dictionary. Intensity is used by hockey fans when describing anything to do with playoff action. If your team has it, in this case the Colts, it's a good thing. Think about it, extreme in degree is how the Colts are pushing themselves to win a C-J-H-L championship. Their daily routine is strict because of curfew, practice, etc. On the other hand, if your team doesn't have intensity, it's seen as a bad thing. The words lazy and disinterested start to pop up and then you have lack of intensity. But I don't think that's something Al Wagar's squad has had for quite some time...At least not for an extended period of time. You can see the fire in the Colts' eyes. They give that little extra push when they can't push anymore. They suck up the injuries (and there are some more serious than others). Every championship team has been tagged with having intensity during their drive to success. While it may seem at times that the Colts are lacking in intensity, they aren't. We as fans have been spoiled by their success so if the team isn't winning, we blame the lack of the "i" word. And credit should also be given to the other team. their players are playing with the "i" word too. Then it all boils down to talent. On paper, the Colts can't be matched within the C-J-H-L. See you at the rink.

Typhoons Storm Opposition-Win Kanata Tournament

The Kinsmen Bantam "A" Lady Typhoons continued their defensive dominance over their opposition allowing just 5 goals in 4 games and rolled to another championship title at the 17th Annual Kanata Girls Hockey tournament this past weekend.

The Typhoons suffered a tournament opening loss falling 2-1 to Nepean. Michelle Hickley scored Cornwall's only maker with 26 seconds left in the second to knot the score at 1-1, but the Typhoons could not get the equalizer despite pulling their goaltender. Patricia St. Denis was chosen as Cornwall's "Player of the Game".

Cornwall rebounded with a 2-1 win over host team, Kanata Rangers. Mallory Wereley opened Cornwall's scoring in the first with assists going to Annie-Laurie MacPherson an Jenn Theoret.

A Kanata charging penalty put Cornwall on the powerplay with 2:08 remaining in the first and Theoret doubled the Typhoon lead scoring just 21 seconds later on a slap shot with help from Michelle Guay and Rachael Square. Kanata closed the gap to 2-1 two minutes into the third but never threatened again as Cornwall's defensive game tied their opposition time and time again. Wereley took player of the game honours.

Cornwall needed a win over Aylmer Tornades in their third outing in order to advance to the championship game and dominated the Tornades winning 3-1. Rachael Square opened the scoring early in the first with assists to Michelle Guay and Katie Munro, Cornwall's potent powerplay struck again late in the first, with Michelle Hickley blasting home a point shot just 30 seconds into the penalty. Alymer scored just before the buzzer to cut the lead to 2-1 but Cornwall's relentless forechecking shut down Aylmer and Wereley scored on Krystal Vanleishout's set up to salt away the victory and a berth in the championship game against undefeated Nepean. Rachael Square picked up "Player of the Game" honours.

The Typhoons stormed out of the gate and struck early in the final. Team captain Hickley blasted home another howitzer from the point with assists to Square and Krista Atchison. Nepean evened the score at 1-1 with a late first period marker. Cornwall's powerplay proved again to be the difference as Michelle Guay scored the game winner midway through the second, 45 seconds after the penalty call, on a 3 way passing play from Hickley and Rachael Square. Krista Atchison sealed the victory early in the third slamming home an insurance marker after some great work along the boards by Trish St. Denis and Wereley. Wereley found Atchison alone in the slot and Krista buried the pass for the 3-1 lead. Goaltender Chelsea Tardiff slammed the door shut on the Nepean Shooters and Cornwall took home their second consecutive championship title over the last three weeks.

Typhoons reach ODWHA Finals

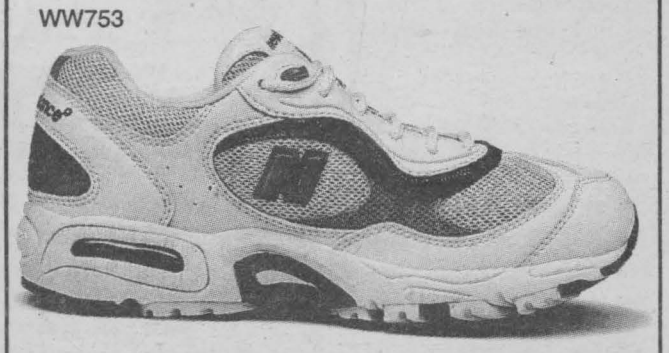
The Kinsmen Squad has surrendered just 14 goals in their last 17 games, sporting 11 wins, 1 loss and 5 ties. Their defensive resurgence has secured the Typhoons a spot in the Ottawa District Pool B Championship final. In four round robin games, the Lady Typhoons allowed just 2 goals, picking up 3 ties and a 3-1 victory over Nepean. Krystal Vanleishout, Annie-Laurie MacPherson and Rachael Square scored goals to knock off Nepean. Cornwall played Kanata to a 1-1 draw. Mallory Wereley scored the lone Typhoon marker. Chelsea Tardiff and Perth's Kylie Lumsden played flawlessly as Cornwall and Perth played to a scoreless tie.

The Kinsmen Bantams needed a win or tie in their final round robin game against regular season champs NCCP Peewee AA, in order to advance to the championship final. The NCCP Squad has gone undefeated in the Ottawa League this season. The Typhoons played to a 0-0 tie as goaltender Chelsea Tardiff turned aside 21 shots to earn the much needed point and the chance to play the NCCP team in the league final on April 8th in Kanata.

Your shoes should be as wide as your feet

new balance

WW753



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CORNWALL MINOR SOFTBALL ASSOCIATION

KNIGHTS SOFTBALL

MIXED SOFTBALL REGISTRATION

FINAL REGISTRATION DATES

SAT., MAR. 25 1-4 p.m.

SAT., APRIL 1st 1-4 p.m.

$50 Registration Fee

Boys & Girls - Ages 15-19 Yrs.

(must be 5 yrs. of age as of January 1,2000)



at Knights of Columbus 205 Amelia St.

Coaches & Umpires also required.

For more information call Bill at 938-9715

NOTE!! YOU MUST BE REGISTERED WITH THE HOUSE LEAGUE TO TRYOUT FOR THE TRAVELLING TEAMS!!

Cornwall and Area LAW and ORDER

Cornwall Police Service

Police Auction Of Unclaimed Property

The Cornwall Police Service Auction of unclaimed bicycles and property is to be held on Saturday, April 8th, 2000 at 10:30 a.m. The auction will be held at the Cornwall Armories, 515 Fourth St. East. All items are sold "as is" and the terms are cash only, no returns, no refunds, no exchanges.

Bidder registration and viewing will start at 9:30 a.m. the day of the sale.

Arrests Made In Taxi Cab Robbery

Members of the Criminal Investigation Bureau of the Cornwall Police Service have arrested two youths in connection with the robbery of a taxi cab driver on the 24th of March, 2000.

Two youths allegedly entered a cab on Third St. East just east of Pitt St. at approximately 8 p.m. Once inside the cab, the youths brandished a hand gun and demanded cash from the driver. An undisclosed amount of cash was given to the youths. The youths also took a cell phone from the driver. Prior to leaving, the youths pulled the microphone from the two-way radio and then fled on foot.

A 14-year old Snye, Quebec male youth was arrested on March 27th. He is charged with robbery, using a firearm in committing an offence, pointing a weapon and weapons dangerous. The second youth, a 16-year old Snye, Quebec male was also arrested and charged with robbery, using a firearm in committing an offence and weapons dangerous. Both youths were released to appear in court at a later date.

The driver was not injured in the incident and police recovered the cell phone.

- A 23-year old First St. East male was arrested and charged with three counts of breach of recognizance and one count of assault on the 23rd of March. 2000. It is alleged that he attended the residence of his 25-year old ex-common-law on several occasions contrary to his release conditions. On the 21st of March, 2000 an argument erupted between the two and at one point he spat in her face. Police were contacted and the male was subsequently taken into custody and held for a bail hearing on the 25th of March, 2000.

- William Wilson, 30, of Newington, Ontario was arrested and charged with six counts of fraud under $5,000. on the 21st of March, 2000. It is alleged that he wrote five cheques to several different Cornwall businesses and banks from an account that had non-sufficient funds between the 13th of May, 1999 and the 30th of October, 1999. It is further alleged that on the 11th of December, 1999 he made an empty envelope deposit at a local bank and then withdrew a sum of money from the bank. The total value of the fraud is estimated at over $4,700. The man was released to appear in court on the 17th of April, 2000.

- A 38-year old Sixth St. West male was arrested and charged with two counts of break and enter and one count of mischief under $5,000. on the 25th of March, 2000. It is alleged that he attended his ex-girlfriend's Adolphus St. residence on the 24th of March and removed several articles including 10 CD's, 7 VHS movies and a quantity of jewellery. It is further alleged that the man returned on the 25th of March and kicked in the rear door to gain entry. The 40-year old female was awakened by the noise and called police. The female requested that the man leave, however he lunged forward and grabbed her around the waist. The man was still holding the female upon police arrival. The man was taken into custody and held for a bail hearing on the 27th of March, 2000. The female was not injured in the incident and her property was recovered. The man was not named by police as it would lead to the victim's identity.

- Two men were arrested and charged on the 24th of March, 2000 with possession of stolen property following an investigation by the Pro-Active Unit of the Criminal Investigations Bureau into a break and enter at a local high school on the 9th of March. Louis Delorme, 19, of Alice St. faces one count of possession of stolen property and three counts of breach of recognizance, while Joseph St. Denis, 20, of Summerstown faces one count of possession of stolen property, three counts of breach of undertaking and three counts of breach of recognizance. Both were held in custody for a bail hearing. The investigation into the break and enter continues.

- A 17-year old Cumberland St. youth was arrested and charged on the 24th of March, 2000 as a result of an ongoing investigation by the Pro-Active Unit of the Criminal Investigations Bureau into break and enters. The youth was charged with two counts of possession of stolen property, one count of break and enter and one count of conspiracy to commit a break and enter. It is alleged that the youth was in possession of property stolen from a Larin Ave. and a Chelsea Cr. residence between the 22nd of January and the 7th of February, 2000. It is further alleged that the youth was in possession of a 1994 Plymouth van stolen on the 21st of January, 2000. Some of the stolen items have been recovered by police and the investigation continues. The youth was held in custody and will appear in court at a later date.

- A 22-year old Adolphus St. male was arrested and charged on the 24th of March, 2000. He was charged with one count of unauthorized possession of a firearm and two counts of unsafe storage of a firearm as a result of an ongoing investigation by police into a domestic assault that occurred on the 27th of February, 2000. On the day of the domestic assault police were informed of a weapon in the residence; a 20-gauge shotgun was located and seized. Further investigation revealed that the weapon was allegedly purchased without an F.A.C. and was stored in a closet along with the ammunition. The man was released to appear in court on the 27th of March, 2000. The man's name was not released as it may identify the victim of the domestic assault on the 27th of February, 2000.

- Police were called to a break and enter in progress at 6 p.m. on the 25th of March, 2000. Two males allegedly broke into a William St. apartment and were surprised when the owners returned. The males fled as police arrived and one of the two males was apprehended. Charged with break and enter is Paul Chervette, 50, of Park St. He was released to appear in court on the 1st of May, 2000. Police continue their investigation into the break and enter.

STATS

STOLEN VEHICLE

- Mar. 20 - Montreal Rd. 300 block; 1981 Chevrolet Camaro red in color taken.

- Mar. 21 - Sydney St. 400 block; 1999 Dodge Caravan green, recovered on March 22 at 2 a.m.

- Mar. 25, Curry Hill, S. Glengarry, stolen: 1994 Chevy Corsica, white, 4-door, Ontario licence 368 JBD. Victim had left keys in ignition at time of theft, along with a number of grocery bags. Car last seen eastbound on County Road 2 entering Quebec a short time later. Value: $4,000.

- Mar. 25, Bainsville; shed broken into, stolen: one 1994 Honda 4x4, red, 300 cc with racks on the front and rear. Value: $4,500. Vehicle was recovered on Mar. 26 after a North Lancaster resident found it abandoned while checking his field. The vehicle had no plates. Two suspects are believed to have been last seen northbound through N. Lancaster.

THEFT FROM MOTOR VEHICLE

- Mar. 19 - Ninth St. W. 0 to 100 block; Sony metallic blue cd player and cd,s taken.

- Mar. 19 - Marlborough St. 100 block;tools, tool box, can of wax and broomball,s taken.

- Mar. 17 -19 - McConnell Ave. 1900 block

- Mar. 20 - Second St. E. 0 to 100 block; tan wind breaker and suede wind breaker taken.

- Mar. 20 - Brookdale Ave. 1200 block;, 16 polished aluminum rims with black wall Firestone Steelex A-T tires size LT265-75-R16 taken.

STOLEN BOAT & MOTOR

- Mar. 22, County Road 2, Glen Walter; a 14-foot Cadorette fiberglass boat, white hull, green interior, vessel registration number 10 E-9968 with attached 1990 Evinrude 25-HP motor, blue in colour was stolen from a dock where it was moored.

BREAK & ENTER

- Mar. 24 - Emma Ave. 100 block; attempt.

- Mar. 24 - Adolphus St. 1000 block; cd,s videos and jewelry taken. 1 male arrested.- Mar. 24; Long Sault: Unknown culprits kicked the north side door of Long Sault Public School. No entry was gained, some damage done to west door of school. Several beer bottles were left all over property.

- Mar. 25; Pitt St. business: Two offices had their doors kicked open and rooms rifled through, however nothing appeared missing. Culprit(s) damaged an old computer and knocked a clock and answering machine off a desk. Total damages estimated at $800.

- Mar. 24 or earlier; Martintown Community Centre; camera equipment stolen: 1930 8mm Kodak 8, model 25; Gaiter box camera from 1930; 1955 Olympic Keystone 8mm movie camera with filters; 1940 Exakta Varex camera; GE exposure meter, type PR1; Bewi automatic P light meter. Articles were on consignment for auction. Value unknown at this time.

- Mar. 25; Jag's Restaurant, Avonmore; taken: $252 in cash, cigarettes valued at $248.90, chocolate bars and a variety of beer.

BREAK & ENTER COMMERCIAL

- Mar. 20 - McConnell Ave. 500 block; nothing taken.

- Mar. 21 - Second St. E. 1300 block; 24 multi colored sleepers, kitchen utensils and kitchen knifes taken.

- Mar. 21 - Pitt St. 1600 block; cash taken.

- Mar. 23 - Fourth St. E. 300 block.

BREAK INS SHED/ GARAGE

- Mar. 20 - Third St. E. 400 block; 24" Makita belt sander and Campbell Hausfield nailer taken.

ROBERRIES

- Mar. 24 - Third St. East 0 to 100 block; at 8 p.m. two youths allegedly entered a cab. Once in the cab, the youth brandished a hand gun and demanded cash from the driver. An undisclosed amount of cash was given to the youths, the youths also took a cell phone from the driver. Prior to leaving the youths pulled the microphone from the two way radio and then fled on foot. Two male youths arrested.

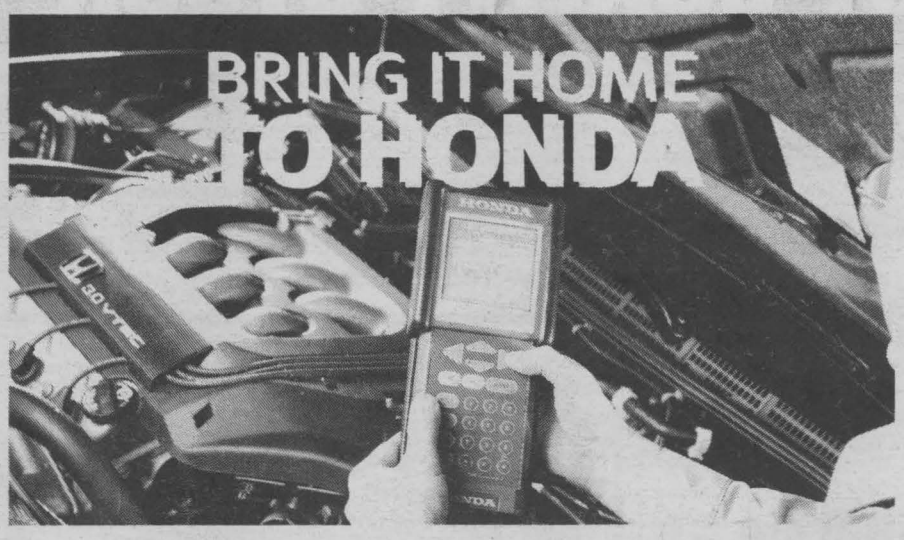
IMPAIRED DRIVING

- Mar. 26, Lancaster, S. Glengarry; Ronald Cavener, 60, was stopped by SD&G O.P.P. while driving a 1994 Chevy Lumina van on Hwy. 34. A roadside screening test was performed and he was subsequently charged with impaired driving. Court appearance is scheduled for Apr. 7.

MISCHIEF

- Mar. 25; residence on First St., Crysler, North Stormont; unknown culprits broke a garage window. Nothing was missing.

- Mar. 26; Douglas Elliott, 23, of Dickinson in Ingleside, South Stormont was arrested and charged with mischief. Witnesses observed Elliott shooting a BB gun from his apartment at his neighbours apartment windows, shattering them. One window was a bedroom window of the victim's 9-month old baby, who was not injured. Elliott is to attend court in Cornwall on April 17th, 2000.



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- Inspect tire wear and pressure
- Tire rotation
- Inspect transmission fluid level, power steering fluid level (if applicable), brake fluid level, clutch fluid level (if applicable)
- Inspect drive belt condition (excludes timing belt)
- Inspect distributor cap, rotor and wires
- Inspect windshield wipers, washer jets and blades
- Washer fluid top-up
- Inspect exhaust system
- Inspect springs and shock absorbers
- Inspect all lights and bulbs
- Inspect and lubricate door locks, latches, handles

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Wednesdays in April are ...
ALL CANADIAN NIGHT!
7 p.m. SESSIONS PAY CANADIAN, WIN CANADIAN ONLY
(except on bonus pull tabs and smoke shop)
12 regular games will pay $500 CANADIAN CASH

Thursday, April 13th - 7pm session
Pre-Tax 1040 Night
12 regular games will pay $1,040 each!
ADMISSION: $10.00 (6-ON PACKAGE)
Pay Canadian-Win Canadian / Pay U.S.-Win U.S.

Saturday, April 15th - 1 pm session
"Swing Into Spring" High Stakes Session
12 regular games will pay $1,199 each!
ADMISSION: $30/$50 - Swing to 40s Music!
Pay Canadian-Win Canadian / Pay U.S.-Win U.S.

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Tip of the week:

Skateboarding can be fun, especially if you keep safety in mind. Here are a few safety rules that you should follow:

- always wear protective gear.
- check your board on a regular basis for loose or broken parts.
- if you fall, try to get into a crouch position, and hug your arms in close to your body so that you will roll.
- skateboard away from cars and pedestrians
- use the skateboard park at the Cornwall Civic Complex.

Cornwall and Area LAW and ORDER

Ontario Provincial Police

Swearing In Ceremony

On Monday, April 3rd, 2000, at 1:30 p.m., seven members of the North Glengarry Police Service will be officially sworn in as members of the Ontario Provincial Police. The ceremony will be held at East Region Headquarters, 3312 Highway 43 East, Smiths Falls, Ontario. If you plan to attend this ceremony, please advise Sr. Prov. Constable Hugh McClements, Community Services Officer, by calling: 613-347-2449 or by fax: 613-347-2286.

Three Strikes And He's Out

On March 23rd, 2000 at 2:51 p.m., SD&G's O.P.P. Traffic Unit had occasion to stop a 1998 Acura on Highway 401 going eastbound at a speed of 157 kms in a posted 100 km zone.

Prov. Const. Dan Loney discovered that the male driver had been stopped earlier that day for speeding at 151 kms in a 100 km zone travelling westbound at 9:35 a.m. on Highway 401 in Stormont County. The driver had also been stopped near Elizabethtown Township on Hwy. 401 eastbound at 1:55 p.m. for speeding, doing 149 kms in a 100 km zone.

Prov. Const. Dan Loney also found that the driver had been drinking. A demand for the roadside screening test was made and the driver registered a warning on the device, resulting in the driver having his driver's license suspended for a minimum of 12 hours. His vehicle was towed off the road and his friends were called to give him transportation home.

The driver, Philippe Thiry, 50, from Lachute, Quebec was issued a summons for the offence of speeding, contrary to the Highway Traffic Act of Ontario. He is to appear in Alexandria Court on the 10th of April, 2000.

Fleeing Suspect Vehicle Update

On the 22nd of March, 2000, SD&G O.P.P. attempted to stop a vehicle for a routine patrol check on County Road 18 west of County Road 19 in South Glengarry. For unknown reasons, the vehicle refused to stop and continued westbound on County Road 18 heading into South Stormont.

The fleeing suspect vehicle was a 1991 blue Chevrolet Lumina. The vehicle entered a service road just north of the train track on County road 15 where it stopped. At that point two male persons got out of the vehicle and ran into the bush. The driver was subsequently apprehended on County Road 2 south of the incident. The driver of the vehicle was Brennan Thompson, age 22, of Cornwall Island. Charges are pending against the driver. The O.P.P. Canine Unit attended the scene.

On the 22nd of March, 2000 the passenger attended the O.P.P. office in Long Sault advising that his vehicle, a 1991 blue Lumina had been stolen. He was arrested for public mischief. He was charged with public mischief, no insurance on his vehicle and misuse of plates. He was released on a promise to appear in Cornwall Provincial Court. He was identified as David Delormier, 18, of Cornwall Island.

The driver was also charged with dangerous driving, obstructing police and failing to stop for police. He was turned over to the RCMP on an outstanding warrant for smuggling.

Wild Plants

On the 22nd of March, 2000, SD&G O.P.P. recovered about 20 immature marijuana plants which were dumped on the side of the road. The plants were located on Athol Road near Moose Creek in North Stormont. There is no suspect at this time.

Battle Of The Badges

SD&G O.P.P. wish to extend a very special thanks to everyone in the Counties of Stormont, Dundas and Glengarry, along with the City of Cornwall who came out on Sunday, March 26th to support the hockey game between the City of Cornwall Police Service officers and the officers from the SD&G O.P.P. that was held in Cornwall at the Si Miller Arena.

Staff Sgt. Mike Aho of the SD&G O.P.P. was presented with a cheque for $1,000. that will be used to support the O.P.P. Youth Summer Camp. This O.P.P. Youth Summer Camp which is held every summer in Orillia is designed to allow youth in need of a positive life experience – male or female, ages 11 and 12 from every region of Ontario – the opportunity to develop positive life skills, establish lasting friendships and form a kinship with O.P.P. officers and civilian staff who eagerly volunteer as camp counsellors.

This year's winners of the hockey game were officers of the SD&G O.P.P. who posted an 8-5 victory over the Cornwall Police Service in front of approximately 550 fans.

Again, thanks to all for your support. Special thanks to Prov. Const. Randy McGillis of the SD&G O.P.P. and Const. George Levere of the Cornwall Police Service for their time, energy and effort in organizing this fundraising activity.

A Reminder To Owners of 4-Wheelers

Are you taking the necessary precautions to safeguard your 4 wheeler? These three ideas can help:

1. Kryptonite cable for lock down
2. Hidden ignition switch
3. Removal of seat and stow away from the 4-wheeler.

North Glengarry Calls For Police Service

Starting April 3rd, the SD&G O.P.P. who are responsible for policing in North Glengarry will also be responsible for policing the town of Alexandria.

The North Glengarry Ontario Provincial Police can be contacted by calling the following phone numbers:

- 525-1954 – Monday to Friday, 8:15 a.m. to 4:30 p.m. for administration and general calls.
- 911 – Emergency calls anytime.
- 1-888-310-1122 – Non-emergency calls for assistance.

Sgt. Mike Mulhearn of the Ontario Provincial Police presently with the North Glengarry Police Service will continue on with the administration duties of policing for all of North Glengarry under the detachment commander of Stormont, Dundas and Glengarry Inspector Mike Hopkins.

Male Arrested For Possession of Stolen 4-Wheelers

On March 25th, 2000 officers of the SD&G O.P.P. received information which led them to the Third Concession of Old Lancaster Township where they arrested a 28-year old male in a field with two stolen 4-wheelers. A second male took flight as police approached.

Lloyd Cummings, 28, of no fixed address is presently in custody for possession of stolen property, valued over $5,000. Cummings is also being held on a Canada-wide warrant for unlawfully being in Canada by the Canadian Immigration authorities.

Crime Stoppers

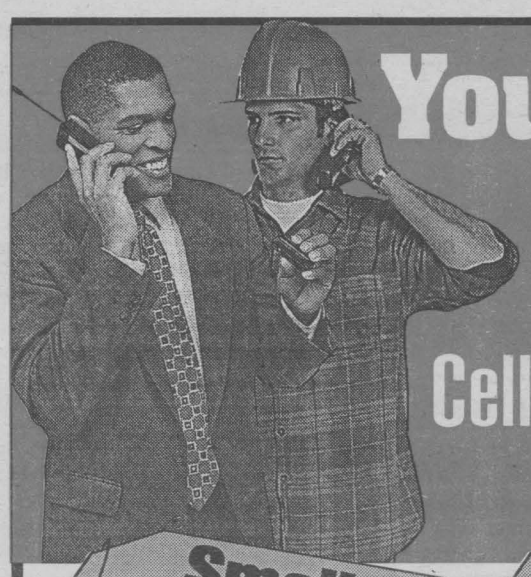
Seaway Valley Crime Stoppers needs your help in solving the thefts of recreational vehicles and riding lawn mowers. Local policing authorities continue to report the theft of all terrain vehicles and snow machines.

The summer season is approaching and we are expecting a problem with the thefts of riding lawn mowers, personal watercraft, boats and motors. The insurance industry pays out millions of dollars every year. In some cases, due to repeated thefts, individual rates dramatically increase or coverage is refused.

Persons who buy stolen property should remember that possession of stolen property carries the same penalty as theft.

We do not have call display, we do not record conversations and you are always anonymous... reward payments are set up to protect your anonymity.

Crime Stoppers – it's your program and it works. Call us at 937-8477 or for long distance calls 1-800-265-8477.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SCUTTLEBUTT

HELLO ... IS THERE ANYONE OUT THERE? We want to remind everyone out there that **THIS IS YOUR PUBLIC FORUM** ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8 or by Fax 933-0024 or E-mail your little ditty to us at snews@seawaynews.on.ca

Caller wonders if the Historical Society got its money back for the expensive studies and estimates they got on the cost of moving the Wood House Museum. ***How could they forget to include the extra cost for the soil condition and the heating system?!*!*!?***

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2 for $25 Tax Inc.
While Quantities Last

Caller wonders why nothing was done with the 5,000 signatures that were collected from the people against Dial-A-Bus in 1997, but now the City bends over backwards to get 12 people to SCM? Something is wrong here!?!?

Thought of the week ... work is the best thing yet invented to escape boredom.

Repairs on all makes
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What you heard about cranberry juice being good for you and used as a remedy for urinary tract and bladder infections is true!! A Harvard study found that regular consumption will help maintain urinary tract health. Cranberries contain a substance that prevents bacteria from clinging to the bladder wall. So, drink up!!

Congratulations to 1st place winner **JOSHUA BORDEN** in the Intermediate Division of the Spelling Bee which was held on March 26, 2000. Good Luck in Ottawa on June 11th, 2000. A big thank you to **Claire Lavallee** and **Laurie Manzer** for all the hard work you did in organizing this event. Also a big thank you to **John Davinski** for a job well done in emceeing this occasion.

A proud mom
Sandy Borden

Ahh ... the joys of spring! (With dog doo-doo all over the sidewalks). **Shame, shame on all you irresponsible pet owners.** You make us (responsible pet owners) look bad!!

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Animal-Proof the Garden ... if critters have been invading your garden, ask your hairdresser to save you some hair clippings. Spread them around the garden and the animals will stay away.

Monique D'Alessio would like to thank **Dr. Reddock** and **Dr. Redda** for being so kind and thorough while her Dad was in the Hotel Dieu Hospital. **Many thanks also for the great care from the nurses in the ER.** This really meant a lot to us and will never be forgotten.

First a wild turkey ... now reports of a **giant lobster seen on Pitt Street** near the Seaway Centre.



Don't Forget ...

we spring ahead by one hour on April 1st at 2:00 a.m.

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A Star is Born ... shapely, wrinkle-free, with pouty lips and impossible measurements, **Barbie**, was born on **March 9th, 1959**. The fashion doll who will make generations of young girls feel inadequate about their bodies, was the plastic offspring of Mattel founders Ruth and Elliot Handler. She was named for their daughter, Barbara. The doll's debut took place at the American Toy Fair in New York.

LATEST HEADLINE ... too many schools, not enough students! No kidding ... we, the taxpayers, did not realize this is one reason why our taxes keep going up!

Councillors should have a thermometer on City Hall like United Way, **only to show us the balance of the 26 million dollars.** Money for doctors, pools, transit, and whatever else. Now, interest-free loans for the Historical Society and ... wow ... no tax reductions for the owners of this money!!

Other uses for Coffee filters ... • dish cover, put on top of dishes when you're microwaving.

• spoon rest, just throw it in the trash after using.

• drip-catcher, slit in the middle and slide the handle of a paintbrush or ice cream stick to catch drips.


LOGAN'S GALLERY Gift Shop
Jim Killen
"That's My Dog, Too!
A Gallery Like No Other
204 2nd St. East 938-3629

If you can't grow old gracefully, do it any way you can.

Two elderly women were trying shoes on in our store. When I slipped a shoe on one woman's foot, the end of my tie got caught beneath her heel. Un-aware of my predicament, she stood up and started towards the mirror. For a few seconds, I found myself crawling along the floor beside her, trying to get her attention. "Look, Martha," her friend said. *"He wants to go home with you!"*

Caller would like to send a **big bouquet of flowers to Cornwall City Council** for finally approving to lower the monthly bus passes for adults and seniors. This is a great way to attract more riders but wonders why they didn't lower the cost for students?

Save on Pharmaceuticals: Always ask your doctor if a generic drug is available and recommended. They can cost up to 70 percent less.

News Flash ... according to a recent survey, 61% of men and 55% of women admit to singing in their cars.

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start. The "Smile" can be accessed via the internet too!
http://www.advantagesadvertising.com
Your own submissions are always welcome!
Send them to
smile@advantagesadvertising.com

FARMER BROWN GETS A LEG UP
- submitted by Cynthia Malaran

"How'd you do it?" the doctor asked as he was setting farmer Joe Brown's broken leg.

"Well Doc," said farmer Brown, "It's like this. Twenty-five years ago ..."

"Never mind what happened twenty-five years ago, Joe," interrupted the doctor, "How did you break your leg this morning?"

"Like I was sayin', Doc, it was twenty-five years ago, and I was hired for doin' chores at Ol' Man Hanley's place. I finished my work, and as I'm gettin' into bed, his daughter comes in, asks if everything's alright. I said, yup, everything's fine. She said, 'Is there anything I can do for you?' I said, no, I reckon I'm fine. She asked me, 'Are you sure there ain't nothin' I can do for you?' I said 'Well, I reckon not.' And she left."

"Joe, that's a good story," said the doctor, "but what does that have to do with breaking your leg this morning?"

"Well, as I was fixin' the barn, I figured out what she was talkin' about and fell off the roof."

Don't throw those wide-mouthed glass jars out ... save them for leftovers in the refrigerator. Remove the labels and since the jars are clear, you can easily see what's inside.

Defence Class



Kim Warden, student of Char Lan High School, is getting a brief instruction on safety from director of White Tiger Street Defense, Paul Henry Danylewich. His advice when in an uncomfortable position, with a stranger is: First give a negative response, maintain your distance and use loud, stern verbal action so someone close can hear you.

(photo by Penny Seguin)

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Glad to hear **Denise Leger** is feeling much better.

Congratulations to everyone over at **JOEY'S ONLY** ... we loved the sample, fabulous fish, great fries ... can't wait for more!!

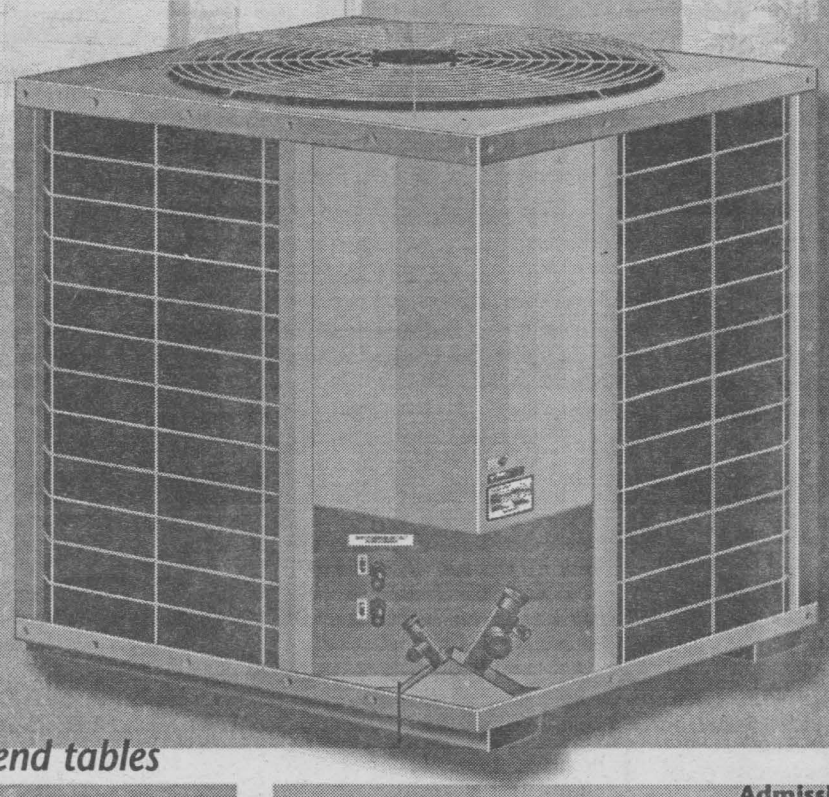
Spring Home & Garden SHOW

Come in to the outdoors

WIN

one of two fully installed central air conditioning units!

MACEWEN



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Saturday, April 8 – 11:00 A.M. to 9:00 P.M.
Sunday, April 9 – 11:00 A.M. to 5:00 P.M.

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Cornwall Chamber of Commerce

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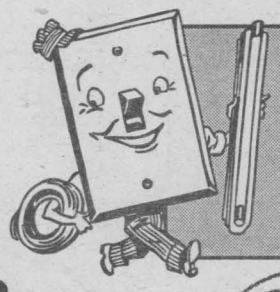

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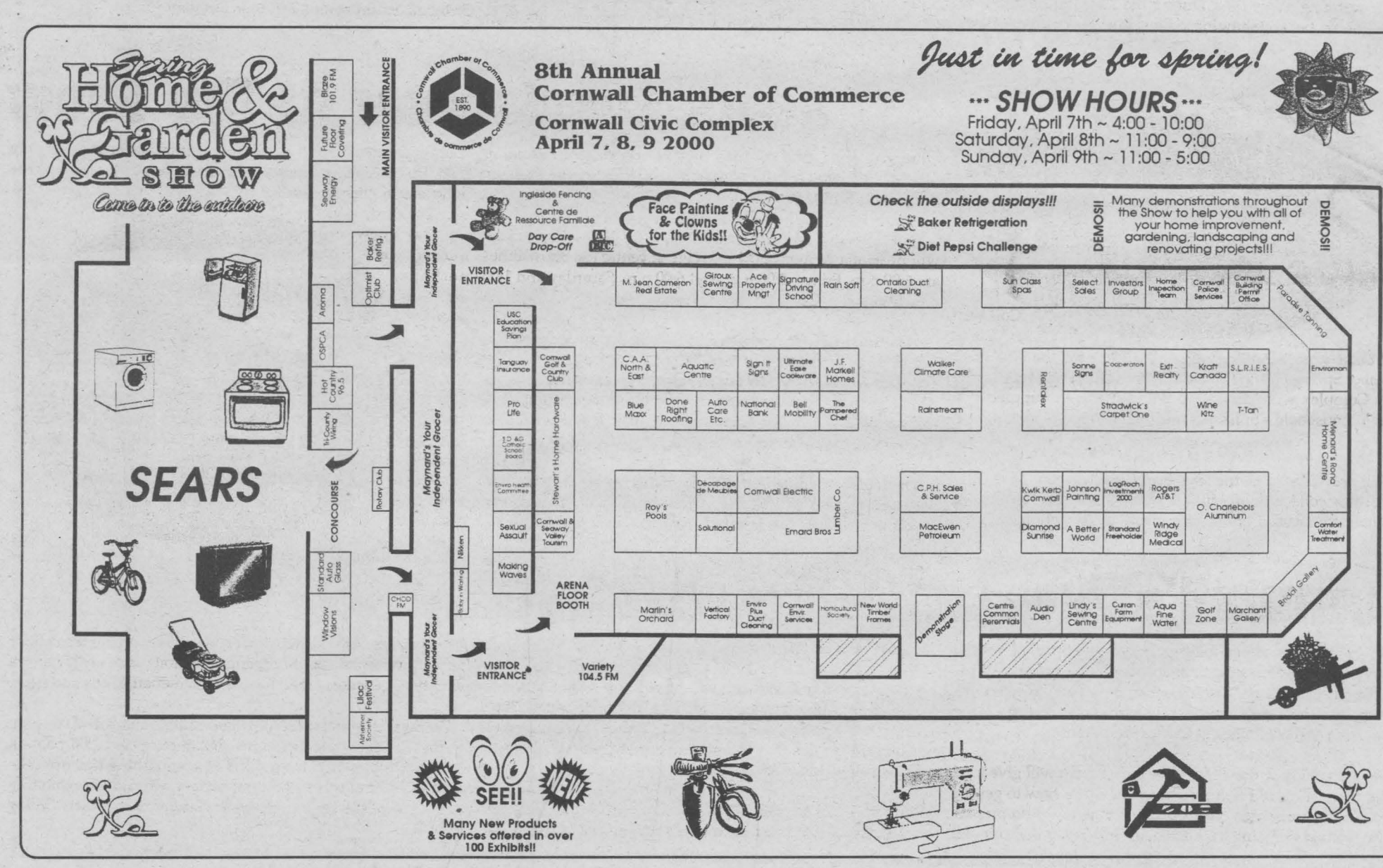
HOME & GARDEN SHOW

8th Annual
Cornwall Civic Complex
April 7 - 8 - 9, 2000



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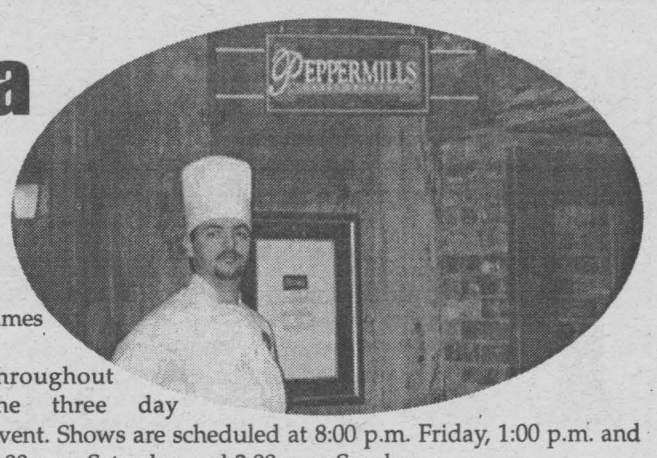
Celebrity Cooks A Spring Show Extra

Cornwall – BBQ season is fast approaching and Dads across the region are filling tanks and scrubbing grills in eager anticipation of that favourite summer past time. The Chamber of Commerce Spring Home & Garden Show is primed and ready for these outdoor gourmets with some great BBQ tips.

The Chamber is pleased to welcome back Chef Rob Lavigne from the Best Western Parkway Inn & Conference Centre. Lavigne was a hit at last Fall's Chamber Home Show with his mouth watering apple pies. During the 2000 Spring Home & Garden Show, he'll be showing visitors how to get rave reviews from the outdoor BBQ pit.

This year, Chef Lavigne will be assisted by celebrity chefs from Cornwall's media. They'll be on-stage at centre ice to assist in demonstrating how to create simple but scrumptious BBQ'd meals of meats, chicken and veggies along with tempting seafood dishes. These erstwhile cooks will prove to be shining examples of Chef Lavigne's 'easy-to-do' approach that can turn anyone into an outdoor culinary genius.

The Spring Home & Garden Show is scheduled for April 7, 8, and 9. Visitors can view Chef Lavigne's presentations four times throughout the three day event. Shows are scheduled at 8:00 p.m. Friday, 1:00 p.m. and 5:00 p.m. Saturday and 3:00 p.m. Sunday.



Sears Spectacular At The Show



Cornwall – The City's local Sears store is pulling out all the stops for the upcoming Chamber Spring Home & Garden Show. All three salons at the Civic Complex will come alive with gardening supplies, the latest in household appliances and sparkling new spring fashions.

As in previous years, the local Sears management have combined their collective expertise to put together a broad array of merchandise focused on summer projects, relaxation, summer attire, and good food. To that, they've added an outstanding selection of some of the latest in colourful Spring fashions designed to suit every taste.

Four times during the three day Home & Garden Show, Sears will present a fashion show on-stage at centre ice. Show times are 6:00 p.m. Friday, 3:00 p.m. and 6:00 p.m. Saturday and 1:00 p.m. Sunday.

A Saturday afternoon highlight will be a tractor-demo featuring some of the newest versions of the increasing popular home and garden variety work horse. Visitors will see these handy devices in action and will even have a chance to 'try-one-on'. The demonstrations are from 1:00 p.m. to 4:00 p.m. just outside the salons on the terrace.

Revolving around the demos and the latest in men's and women's fashion will be the merchandise itself. Visitors can check out BBQ's, the latest in mowers and tillers, stoves, fridges, washers dryers, outdoor furniture, and more. Not only that, the store has crafted some outstanding bargains for those who are looking to spruce up the yard, pick up a new mower or perhaps, get a spanking new BBQ to start the summer cook-out season on a tasty note.



Cornwall's Favourite Gardener

Cornwall – A welcomed focus of the annual Spring Home & Garden Show is gardening as people begin the process of getting the yard in shape. The Chamber is pleased to welcome, once again Cornwall's resident gardening specialist Diane Lunan from Marlin Orchards and Garden Centre.

Over the course of the three day event, Lunan will give total of four interesting and helpful presentations on how to get the most out of your garden. She'll provide timely tips on preparing the soil and choosing the best mix of flowers and shrubs, all designed to make your garden the talk of the neighbourhood.

A favourite of previous shows and a Diane Lunan specialty is her beautifully designed old English patio pots. She'll demonstrate to Show visitors how to create these gorgeous additions to grace any outdoor patio and add a classic touch to your outdoor home decor.

Visitors to the 8th annual Spring Home & Garden Show can catch the Marlin Orchard demonstrations on-stage at centre ice. They can also visit the Marlin Orchard booth on the arena floor and get personalized gardening tips along with answers to a variety of questions about lawns, ornamental shrubs and trees.

Gardening demonstrations are scheduled for 7:00 p.m. Friday, 2:00 p.m. and 7:00 p.m. on Saturday, and 2:00 p.m. on Sunday. Visitors can also get valuable gardening tips from the Cornwall and area Horticultural Society who will be exhibiting at the Show. The Spring Home & Garden Show starts Friday April 7.

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Today's Listings Seaway SINGLES

FEMALES SEEKING MALES

LET'S CUDDLE
Bubbly, SNCF, 44, 5', 135lbs., with brown hair/eyes, hobbies are walking, movies and crossword puzzles, I'm looking for an honest, SWM, 44-50, who can make her laugh. Ad#: 1786

☎↔☎JOYS OF LIFE
Old-fashioned, generous, caring, honest, N/S, SWF, 27 and I am looking for a SWM, 26-35, with similar qualities. I like taking walks, gardening, hockey games and spending time with someone new. Ad#: 2887

SO HOW ARE YOU?
I'm a slim, SWF, 34, 5', green eyes, who's described as being shy, very outgoing, caring, N/S, non-drinker, hobbies are horseback riding, drawing and country music. I'm seeking a trusting, caring, N/S, non-drinker, SWM, 30-42, who's fun to be with. Ad#: 5321

APPLE OF MY EYE
I am a sensitive, caring, SWF, 56, 5'5", 145lbs., brunette, with green eyes, enjoy dancing, boating and social events. I'm hoping to find a SM, 48-70, with similar interests. Ad#: 2784

DESERVING
SWF, 39, petite, attractive and physically fit. Friendly, honest and I enjoy skiing, golf, dancing, movies and the theatre. In search of a SWM, 32-45, who can share his feelings. Ad#: 6232

PRIORITY ONE
SWF, 43, attractive, 5'2", with ash-blonde hair, hazel eyes, outgoing, has a great personality, enjoy dining, dancing, music and playing tennis. I'm looking for an intelligent, honest and affectionate, SM, 43-53, who likes having fun. Ad#: 5306

PEOPLE PERSON
SWF, 44, 5'5", 140lbs., with blonde hair, blue eyes, social and easygoing, seeking an honest, attractive, intelligent, SWM, 36-50. I love dancing, outdoor activities and reading. Ad#: 5269

MEANINGFUL
I am a SWF, 31, 5'4", 140lbs., who enjoys reading, crossword puzzles and the outdoors. I would like to share life with an employed, SWM, 35-40, who's ready for a possible long-term relationship. Ad#: 1424

WARM WISHES
I am a fun to be with, easygoing and adventurous, SWF, 26, 5'4", with brown hair/eyes, who is seeking an outgoing, affectionate, SM, 18-29, who would like to spend quality time. Ad#: 8795

ARE YOU THE ONE?
Caring, thoughtful, SWF, 21, short with brown hair and eyes, enjoys reading, walks, movies and spending time with my daughter. I'm looking to meet a SWM, 20-26, who likes children and wants to spend quality time with family. Ad#: 3057

GET ME BEFORE I GO
SWF, 43, who has brown hair/eyes, good sense of humor, likes to stay very active, within all sports, looking for a SM, over 19, who is outgoing, travel, and is financially secure. Ad#: 6526

FABULOUS
Hello, I am a SWF, 39, with blonde hair and I am shy, easygoing and honest. Sometimes I enjoy reading, movies, going for long walks and dining out. I'm interested in meeting a SM, under 48. Ad#: 3077

TO THE POINT
SWF, 43, 5'6", brown hair and eyes, considered to be fun, happy and easy going, my hobbies include cooking, reading, walks and more. I am looking for an honest, expressive, SWM, 40-56. Ad#: 2853.

FEEL AT EASE
Hello, I'm a caring, loving, SWF, 38, 5'7", with light brown hair and hazel eyes, hobbies are walking, reading and crafts. Looking to meet a fun-loving, SWM, 40-50, who doesn't take life to serious. Ad#: 7563

IN SEARCH OF YOU..
Hi, I am a slim, blonde haired, SWF, 50, who is outgoing and vivacious. I am hoping to meet a SM, 45-60, who is outgoing, humorous and trustworthy. I like animals, reading, sewing, knitting and current events. Ad#: 1853

EXTREMELY SPONTANEOUS
Well-educated, single white female, 42, 5'5", brown hair and blue eyes, hobbies include dining out, traveling and long walks. I'm seeking a spontaneous, single white male, 40-55, with same interests. Ad#: 2568

MEANINGFUL
Finally..a SWF, 35, with brown hair and brown eyes who is professional who enjoys camping, swimming and soccer. Looking for an open-minded, SWM, over 35-45, who enjoys life and children. Ad#: 3622

MULTI-FACETED
I'm an attractive, happy-go-lucky, SWF, 39, who enjoys dancing, in-depth converstion and sharing those special times. I'm seeking an honest and personable, SWM, 32-45, for a possible long-term, committed relationship. Ad#: 6075

☎↔☎YOUNG AT HEART
I am a friendly, sensitive and trustworthy, SWF, 33, 5'7", with red hair, brown eyes, a student, who enjoy dancing, walks, movies. I'm hoping to meet a mature, honest and responsible, SWM, 28-40, who wants to spend time together. Ad#: 6375

TIL WE MEET
5'2", black haired, brown eyed, SWF, 31, who enjoy playing pool, going out, long drives and long walks. Looking for a SWM, 32-38, who is understanding and likes children. Ad#: 2015

SOULMATE SEARCHING
She's a SW mom, 37, blonde, with brown eyes, told she's attractive, hardworking, honest and emotionally stable, is seeking an honest, trustworthy, mature, SWM, 34-42. Hobbies include crafts, reading, gardening and watching movies. Ad#: 2245

☎↔☎SERIOUS REPLIES ONLY
I'm a brown hair, SWF, 42, 5'1", who's outgoing and easy to get along with. I enjoy going to bingo, movies and stock-car racing. I'm seeking an honest, good looking, SWM, 35-52, who loves children and would like a long-term relationship. Ad#: 2428

☎↔☎EXTRA NICE
SWF, 31, I have dark hair and dark eyes. Very open-minded, honest and trusting. I like dancing, socializing and hoping to meet a SWM, 28-36, who is also honest and trustworthy. Ad#: 4426

ALLURING PERSONALITY
Call this 5'2", blonde, blue eyed, attractive, SWF, 56, whose personality is easygoing, interests are knitting, watching hockey and staying in shape. Seeks a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

☎↔☎FIND OUT TODAY
5'4", I have blonde hair, I am also hardworking and very stable. I am a SWF, 34, who enjoys dining out, staying in shape and traveling. Looking for a professional, SWM, 30-42, who loves children and is sincere. Ad#: 9370

☎↔☎FOREVER TRUE
SWF, 32, 5'2", petite, with red hair, brown eyes, hardworking and honest, seeking an old-fashioned, SWM, 25-35, a country boy, for a possible relationship. I enjoy horses, children and general fun. Ad#: 9429

HEY YOU, LOOK HERE!
I'm a life-loving, 5'8", brown-eyed, SWF, 51, who's seeking a kind and caring, SWM, over 40, for a possible relationship. My hobbies include a variety of crafts, listening to music, the outdoors, camping and meeting new people. Ad#: 2653

SOFT-SPOKEN
Pleasant, easygoing and sensitive, SWF, 47, petite, with short brown hair/eyes, hoping to meet a tall, warm, SWM, 44-50, who has a very nice smile. I enjoy golfing, walking and swimming. Ad#: 8566

GENUINE
I'm a 5'2", SWF, 50, with curly hair and brown eyes. I'm told I am bubbly, sincere, honest and attractive. I would like to meet a sincere, SM, 45-65, who will build a relationship on honest and trust. Ad#: 2417

HAS TO BE MUSIC!
I am a bubbly, jolly, SWF, 32, 5'4", full-figured, with hazel eyes, who has a beautiful voice. I'm seeking a very romantic, secure, SM, 30-45, who loves children and music. Ad#: 2488

SEIZE THE MOMENT
Hi, I'm a SWF, 35, 5'9",120lbs., with brown hair/eyes and I am fun, easygoing and a nature lover. I would like to meet a SWM, 35-45. I will bring fidelity into a relationship. Ad#: 7573

SO HOW ARE?
I'm described as being a quiet, gentle and creative, SNCF, 20, 5'6", 125lbs., with black hair, brown eyes, who likes writing, reading, going to movies. I'm seeking an outgoing, sensitive, SWM, 19-24, who takes care of himself. Ad#: 9259

FRIENDSHIP AND...MORE
Blonde, blue eyed, SWF, 5'4", 150lbs., 56, considered to be attractive, outgoing, bubbly, enjoys swimming, traveling, flowers/romance, and more. I would like a N/S, SWM, over 40, with similar qualities and interests. Ad#: 8408

INDEPENDENT
Fit, curvy, medium height, with beautiful brown eyes, I'm a loyal, confident and passionate, SWF, 32. I enjoy cafe's, architecture and music. I'm seeking an old-fashioned, witty, considerate, SM, over 19. Ad#: 2398

HEART & SOUL
I'm an outgoing, funny, SWF, 19, 5'8", blonde, who enjoys partying and sports. I am seeking a fun, good looking, single white male, 18-25, for possible relationship. Ad#: 5222

A SWEETHEART
I'm an old-fashioned, kind and sensitive, SWF, 46, 4'11", 140lbs., who enjoys cooking, fishing, knitting and relaxing at home. I'm seeking a SWM, 50-60, for a possible relationship. Ad#: 3972

DESERVING
I'm a personable, easygoing, SWF, 33, who enjoys shooting pool, swimming, the outdoors and family-oriented activities. I'm seeking a tall, outdoorsy, SWM, 29-36, who shares similar interests, for a possible relationship. Ad#: 3292

WHY NOT?
A shy, friendly, caring, kind, single white female, 39, 5'1", 115lbs., brown hair and eyes, with a good sense of humor. I am looking for an intelligent, secure, single white male, 32-45, for a friendship first. Ad#: 4618

APPLE OF MY EYE
I'm a 5'8", SWF, 29, 150lb., with blue eyes and brown hair, hobbies are cooking an computers. I'm hoping to meet an honest, faithful, single male, 35-40. Ad#: 3919

NO GAMES PLEASE!
I'm a hazel-eyed, SWF, 27, 5'7", who would like to meet a kind and caring, SWM, over 30, for a possible relationship. I enjoy quiet-times at home, the outdoors, children and occassionally dining out. Ad#: 9737

NO SECRETS
I'm a fun, easygoing, faithful, single white female, 19, with auburn hair and blue eyes, looking for a faithful, honest, single male, 19-30, for a long-term relationship. My hobbies are reading, swimming and going for long walks. Ad#: 5459

IN GENERAL
SWF, 40, 5'3", 150lbs., with light brown hair, blue eyes, kind-hearted, funny and sensible, likes music, knitting, dancing. I'm hoping to meet an sincere and honest, SWM, over 39, who loves to laugh. Ad#: 3738

SUNNY DAYS
I am a compassionate, blonde, SWF, 33, 5'3", 115lbs., who enjoys going to antique auctions, photography and cooking. I'm seeking a compassionate, non-smoking, SWM, 35-50, who would like to start a family. Ad#: 4171

IS THERE ROOM FOR ME?
Others say that I'm a sociable, caring, single white female, 37, full-figured, tall, enjoy crocheting and being around people. I'm looking for an understanding, 36-40, for possible relationship. Ad#: 7197

LIVES FOR ADVENTURE
SWF, 19, 5'8", blue eyes, long brown hair, friends say that I'm funny, outgoing and adventurous, hobbies are horseback riding, going to the bar and having fun. Seeking a fun, outgoing, good looking, SWM, 18-24, to share fun times with. Ad#: 6599

LOVE SWEPT
I am a sensitive, caring, SWF, 19, 5'6", 135lbs., with brown hair/eyes, hobbies are horseback riding, karate and playing pool. I'm seeking a respectful, loving, SM, 19-26, to share interests. Ad#: 7075

MAGIC IN THE AIR
Open, romantic and outgoing, SWF, 18, 5'10", with blonde hair, blue eyes, enjoys moonlit walks, sports and hanging with friends. I'm looking for a sweet, employed, SM, 18-25, to get to know. Ad#: 2250

ONE YELLOW ROSE
Outgoing, SWF, 20, 5'7", with brown hair/eyes, I like doing exciting things, my hobbies are movies, swimming, dancing and country music. Seeking an honest, sincere, SWM, 20-30, who likes children. Ad#: 9914

MOVIE FANACTIC
Hazel eyed, 5'6", single white female, 18, who enjoys movies, comedy and reading. I am seeking a single white male, 18-19, who has same interests. Ad#: 8554

DREAMS DO COME TRUE
Brown hair, hazel eyed, single white female, 34, fit, easygoing, hobbies are reading, long walks and trying new things. I would like to meet a soft spoken, confident, single male, 27-42, who likes travel and children. Ad#: 3548

LET'S GET TOGETHER!
This very outgoing, hardworking, SWF, 23, 5'5", with blond hair and brown eyes, slim, who enjoys movies, bingo and more. I'm searching for an honest, outgoing, faithful, SWM, 23-32, who will not play head games and likes children. Ad#: 7066

TRUE...AND ALL FOR YOU
Others find me a quite friendly, outgoing, bubbly, SWF, 60, 5'1", slim, with auburn hair and brown eyes. Retired, I'm hoping to find a N/S, SWM, 45-65, who loves the outdoors, dancing and theatre. Ad#: 9702

THIS IS IT
SWF, 21, 5'3", with long brown hair, blue eyes, my hobbies are going to the bar and karaoke. I'm seeking a caring, fun-loving, SWM, over 30. Ad#: 2579

HELLO, IT'S ME
Intelligent, single white female, 18, like walking on the beach, talking on the phone and cooking. I would like to meet a tall, muscular, blue eyed, single white male, 18-20, who is very caring. Ad#: 6220

ATTENTION GENTLEMEN...
My interests include ski-dooing, listening to music, tattoos, and I'm a skeptic, loving, SWF, 18, 5'5", with short auburn hair, green eyes. I'm seeking a good looking, nice, SWM, 18-20. Ad#: 6488

SERIOUS REPLIES ONLY
I am a serious, honest, SWF, 41, 5'5", with brown hair/eyes, who enjoys long walks, reading and going to movies. I'm seeking an easygoing, SWM, 38-49, with similar interests. Ad#: 1036

FRIEND FIRST
I'm an easygoing, fun, SWF, 22, 5'5", 123lbs., with dark hair, blue eyes, who hobbies are dancing, reading and watching movies. I'm looking for an honest, loyal and truthful, SM, 25-30. Ad#: 6927

EVERYDAY GETS BETTER
Don't pass me by..."I'm about a 5'3", hazel eyed, SWF, 30, with a medium build, just a vision of loveliness I tell you. I'm very outgoing, humorous and you should be an easygoing, SWM, 27-35, who enjoys sports. Ad#: 1252

MAKE IT POSSIBLE
Fun, practical, caring, SWF, 19, 5'6", 135lbs., with changing eyes, hobbies are rollerblading and the outdoors, will bring humor to the relationship. Seeking a spontaneous, adventurous and honest, SWM, 20-32. Ad#: 2937

MELODY OF LOVE
Quiet, funny and silly, SWF, 20, 5'4", 100lbs., with brown hair, likes writing, dancing and trying new things, is seeking a fun, secure, stable, SNCM, 19-35. Ad#: 8163

END THE SINGLE LIFE
I'm an emotional, average-looking, SWF, 31, 5'2", who's seeking a SWM, 29-40, for a possible committed relationship. My hobbies include a variety of crafts, reading, the outdoors, computers and gaining new knowledge. Ad#: 7527

PERFECT MATCH
The following lines may change your life...I'm a SWF, 33, 5'7", blonde, blue eyed, has a great smile, who's fun and enjoys life. My hobbies are movies, music and dancing. I'm hoping to meet a tall, sensitive, N/S, SM, 29-43, enjoys animal/children. Ad#: 2142

ONE SWEET DAY
Meet this personable, SWF, 31, 6', with brown hair, blue eyes, who enjoys crafts, walks and dining out. She seeking an accepting, non-judgmental, SWM, 19-40, for a possible relationship. Ad#: 4268

MAKE THE CONNECTION
I'm a 150lb., SWF, 18, 5'8", who enjoys laughing, cycling, reading, sports and the outdoors. I'm seeking a life-loving, SWM, 18-22, for a possible long-term, committed relationship. Ad#: 5992

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

When you respond to an ad and hear... "This is a Live Talk Ad" If you like, we'll connect the two of you instantly!



TALK LIVE

☎ ↔ ☎

11 / 8 — The Best Time to Connect is 8PM - 11PM

Respond to the ads with this symbol and you can Talk Live with those area singles!

We'll place the call, you do the talking.

When placing your free ad choose our new "Talk Live" feature

Talk Live gives you the opportunity to talk within seconds to those responding to your ad. This is the fastest way to meet area singles. It is also the safest, as the person responding to your ad is put on hold while our system does the calling and your phone number is never displayed or announced. Remember, the system does the calling. To learn more about our new Talk Live feature, call the toll free # above and press 2 from the main menu and follow the instructions. Take advantage of Talk Live to **increase the number of responses to your ad.**

When Responding to ads

☎ ↔ ☎

When responding to ads choose ads with the Talk Live symbol above. Our new Talk Live feature allows you to **connect with ad placers in seconds.** Our system will call these ad placers directly giving you the opportunity to talk one-on-one on a totally confidential basis. No phone numbers are displayed or exchanged because our system does the calling. It's a great way to meet that special someone right now!

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Today's Listings Seaway SINGLES

MALES SEEKING FEMALES

☎↔☎SWEET LIKE CANDY
SWM, 19, who is known to be sweet, nice, enjoys sports, socializing, looking for a SWF, 18-20, who is honest, caring, and open. Ad#: 7668

NOT BORING
SWM, 29, who is friendly and outgoing, enjoys sports, movies looking for a honest, truthful, and caring,SF, 22-33 Ad#: 8532

WARM HEART
SWM, 53, who is fit, enjoys walking and likes to have fun, seeking for a fun-loving SWF, over 25, who is mature, honest, and has the same interests. Ad#: 1410

☎↔☎PRIORITY AD
Hello ladies, I am a 5'5", SWM, 40, with blue eyes. Hardworking, easygoing, I enjoy watching sports, car races, dining out and quiet evenings. I am hoping to meet a SWF, 38-48. Ad#: 6277

☎↔☎FOCUS HERE
SWM, 30, 5'9", 155lbs, with brown hair and eyes, personality is funny, outgoing and sometimes quiet. I am hoping to meet a SF, 30-33, who is committed and honest. Ad#: 6961

SEEKING LOVE, HERE'S YOUR MAN
I'm a brown-eyed, well-mannered, SWM, 44, 6', 240lbs., who's seeking a life-loving, SWF, 29-39, for a possible relationship. My hobbies include in-depth conversation, the outdoors, coffee-clutching and meeting new people. Ad#: 6744

☎↔☎IN GENERAL
SWM, 28, 5'9", medium built, with blue eyes, hobbies are going to the gym, movies and romantic dinners. I'm seeking a sincere, SF, 26-33, and I can offer loyalty to a relationship. Ad#: 4760

DON'T PASS ME BY
6' tall, SWM, 42, is attractive, warm, spontaneous, sensitive, loves children, animals and is fun to be with. Seeking a SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

KIND & GENTLE
I am a SWM, 40, who is outgoing, and I love life. I love volleyball, dancing, animals and romantic evenings. I am looking for a SWF, 30-42, slim, active and would like sharing my heart. Ad#: 5807

OLD-FASHIONED
SWM, 32, 5'7", with red hair, blue eyes, funny, nice and caring, looking for an honest, faithful, SF, over 19. I enjoy going for walks, nature and cooking. Ad#: 7826

☎↔☎VERY FAITHFUL
I'm a SWM, 33, 5'7", 190lbs., with brown hair/eyes. Trustworthy, easygoing and honest. Self-employed and I like hockey, golf, softball, traveling and more. Searching for a SWF, 24-37. Ad#: 9160

LONG TERM
SWM, 40, who is known to be honest and caring, hobbies are cars, outdoors, quiet times, looking for a honest, trustworthy, SWF, 35-50, who is looking for a long-term relationship. Ad#: 1913

RELIGION IS A PLUS
Intelligent, calm natured, SWM, 50, 6', 215lbs, brown hair/eyes, well built, fit, hobbies includes motorcycles, reading, country life activities, is seeking an honest, loving, caring, SWF, 30-48, who's also intellectual. Ad#: 3742

SINCERELY YOURS
I'm a self-employed, single white male, 39, who is sincere and honest, looking for a compatible, single white female, over 19, to enjoy reading, romantic walks and talks. Ad#: 7020

CAN YOU MAKE ME LAUGH?
SWM, 33, 5'7", with a medium build, brown hair and eyes, consider myself to be responsible. I enjoy the outdoor, movies and quiet times at home. I am seeking a well-groomed, humorous, SWF, 24-37. Ad#: 4712

GIVE ME A CALL!
Single white male, 62, 6', 230lbs., with grey hair and an easygoing personality, looking to meet a single white female, 56-60, who is active, caring and friendly. My hobbies are bowling, playing cards and watching sports. Ad#: 9436

WALK INTO MY LIFE
SWM, 23, 6'3", with hazel eyes, brown hair, honest, loyal, trustworthy and kind. I'm seeking an understanding, non-judgmental, SWF, 19-30, who I can talk too. Ad#: 7862

CALL ME
Shy at times, but sincere. This employed, SWM, 33, 5'3", 180lbs, likes country music. Seeking a SWF, 30-37, no dependents, for a possible relationship. Ad#: 7210

☎↔☎ROMANTIC AT HEART
Widower, 69, secure, active and healthy, enjoys home life, quiet times and good conversation. I'm interested in meeting an affectionate, caring lady, 55-66 years, for friendship and possible relationship. Ad#: 1174

☎↔☎MAKE IT POSSIBLE
Humorous, outgoing, SWM, 30, 5'11", slim, with dark hair and blue eyes, seeking an honest, trustworthy, SWF, 25-32. My interests include motorcycling, romantic walks and staying around the home. Ad#: 9972

☎↔☎MAGNIFICENT
I am a SWM, 26, who is described as attractive, funny, big-hearted and sensitive. I enjoy fixing things, bowling, golf and long drives. Seeking a SF, 19-30, who is trustworthy and compromising. Ad#: 3716

☎↔☎FAITHFUL
I am a fun-loving, caring and considerate, SWM, 29, 5'10", 170lbs., with brown hair, blue eyes, who's seeking a loving, caring and communicative, SWF, 19-27 a N/S. I enjoy weight-lifting, biking and of course camping. Ad#: 8646

SIMPLY PUT...
I'm an outgoing, single white male, 25, brown hair and eyes, 5'11", looking to meet a caring, single white female, 21-28, who is a good listener. I enjoy going to movies, hanging out and dining out. Ad#: 3895

☎↔☎ENTERTAINING
Intelligent, attractive, SWM, 40, 5'9", 170lbs., blue eyes, brown hair, enjoy the great outdoors and living life to the fullest. I'm seeking an open-minded, bubbly, honest, SWF, over 18, for a possible relationship. Ad#: 7555

EARTH ANGEL
I'm a medium built, brown-eyed, SWM, 22, who's fun-loving and enjoys a good laugh. I enjoy video games, dining out, dancing and living life to the fullest. I'm seeking a fun-loving, SWF, 18-29, for a possible relationship. Ad#: 2486

☎↔☎IS IT YOU?
SWM, 43, 5'11", with blue eyes, easygoing, good sense of humor, enjoy hockey, baseball and house cleaning. I'm seeking a fun-loving, sincere, SWF, over 19, who loves kids. Ad#: 3267

UPLIFTING
N/S, SWM, 40, tall, with light brown hair and blue eyes. I'm humorous and I like bowling, darts, fishing and seeking an outgoing, humorous, SWF, under 45, who likes being pampered. Ad#: 9063

SEARCHING
I am a SWM, 28, 5'7", whose personality is shy and easygoing. I'm looking for a nice SWF, over 19. I like playing hockey, being with friends and going to the mall. Ad#: 4407

HAPPILY EVER AFTER
I am a dependable, knowledgeable and reliable, SWM, 37, 5'4", 125lbs., with brown hair/eyes. I'm seeking a petite, SWF, 30-40, who has old-fashion values and enjoy country life. Ad#: 5678

DYNAMIC
N/S, I am a SWM, 18, 5'1", with brown hair and brown eyes. My personality is fun, caring and understanding. I am looking for a SWF, 18-19, who enjoys hockey, rollerblading, movies and having fun. Ad#: 3427

LOVE AWAITS
SWM, 35, 5'8", gray hair and 180lbs. Funny, witty and a go-getter. Hobbies include long drives, movies, playing pool and candlelight dinners. Very trustworthy and seeking a SWF, 28-38, who likes taking chances. Ad#: 1675

ONE STEP AT A TIME
Shy, quiet, humorous, tall, employed, SWM, 28, 6', 160lbs, enjoys watching sports, fishing, going on tours and much more. He seeks an honest, caring, SWF, 19-28. Ad#: 2856

WALK INTO MY LIFE
I am a N/S, SWM, 42, who is 5'10", 178lbs., with blondishbrown hair. Very competitive I enjoy skiing, dining out and sports. Very loving and seeking a SWF, 26-36, who is tall and attractive. Ad#: 3702

FASCINATING
You can leave a message for me! I'm an easygoing, humorous, SWM, 29. Some of interests include watching, sports, playing hockey, camping and spending time with my children. Seeking a very honest, sincere, SF, 23-35, who likes children. Ad#: 2496

KIND & CARING
I'm a medium-built, SWM, 39, with brown-hair, who's interested in meeting a kind and caring, SF, 28-40, for a possible relationship. My hobbies include in-depth conversation, the outdoors and meeting new people. Ad#: 1642

SHARE LIFE WITH ME
Humorous, SWM, 35, 5'5", 225lbs., with brown hair, hazel eyes, hobbies are skiing, hockey and stockcar racing. I'm looking for a straightforward, loving and romantic, SWF, 30-45. Ad#: 2359

FALL IN LOVE
Happy, single white male, 46, 6'1", love the outdoors. I am hoping to be a romantic, happy, fun, single white female, 38-50, for a loving, lasting relationship. Ad#: 3810

DESERVING
I am a good looking, SWM, 38, 5'11", with brown hair/eyes, good-hearted, very good- natured, enjoys music and outdoor activities. I'm hoping to meet an attractive, athletic, SWF, 26-42, who is caring and honest. Ad#: 6450

MOVE QUICKLY
44 year old, SWM, I am honest, trustworthy and can make friends easily. My interest are hockey, the outdoors, staying fit and dining out. Very romantic and seeking a SWF,30-44, who is petite, honest and sincere. Ad#: 9859

HONEST IS MY ONLY POLICY
Shy at first, easygoing, SWM, 55, 5'5", 170lbs., N/S, with blue eyes, hobbies are gardening, movies and bowling. I'm seeking a romantic, affectionate, SWF, 19-50, and I feel I will bring sincerity to a relationship. Ad#: 8101

DESERVING
SWM, 35, I am 5'5", with brown hair and brown eyes. Very humorous, adventurous and I like the outdoors, live entertainment and movies. I'm seeking a SF, over 19. Ad#: 9049

TIL WE MEET
I am a SWM, 19, 5'6", with brown hair/eyes, glasses, seeking a compatible, SWF, 19-25. I enjoy movies, long walks and going to bars. Ad#: 4515

THE TIME IS RIGHT
SWM, 39, I am 5'6", with blond hair and blue eyes. My hobbies include cars, winter sports, swimming and working out. Very romantic and seeking a SWF, 25-35, who enjoys quiet evenings by a fireplace. Ad#: 8009

PLEASE CALL
Fun to be around, SWM, 26, 6'1", with brown hair, blue eyes, who likes skiing, cycling, and much more, is in search of a SWF, 19-30, to share hobbies and interests. Ad#: 7288

ALL AROUND CRAZY GUY
I am a funny, caring and loving, SWM, 24, 6', 185lbs., with brown hair, hazel eyes, hobbies are spending time with my daughter, fishing. I'm in search of an outspoken, SWF, 20-26, who can listen. Ad#: 6334

Females Seeking Females

LASTING MEMORIES
I am a fun-loving, caring, SWF, 35, 5'7", with red hair and hazel eyes, seeking a compatible, feminine, SWF, 19-40. My hobbies are dancing and working out. Ad#: 3611

PERSONABLE
I'm a 5'6", fun-loving, SWF, 25, who would like to meet a SWF, 19-21, for a possible relationship. My hobbies include going to the movies, dining out and spending quality time with family and friends. Ad#: 9219

TO THE POINT
Caring, honest, loyal, single white female, 22, looking to meet a single Asian female, 18-35, who enjoys reading, music and hanging out with friends. Ad#: 7562

HOOKED ON LOVE
Caring, sensitive, SWF, 29, 5'2", with brown hair/eyes, has a great sense of humor, hobbies are sports, reading and quiet dinners. Looking for an honest, caring, SF, 19-45, who doesn't mind listening. Ad#: 5007

MINUTES AWAY
N/S, non-drinking, SBF, 20, 6'1", is sweet, romantic and enjoys classical music and the violin. Looking for a SM, who is charming and sharing. Ad#: 1520

ONE STEP AT A TIME!
Are you classified as a liar and a cheater? If so, then this may not be the right ad for you, because this SWF, 34, wishes to meet an honest and faithful, SWF, 19-38, for a possible life-long relationship. Ad#: 2620

STILL LOOKING
This SW mom, 22, with brown hair and brown eyes, is outgoing and easy to talk to. She would like to meet a SWF, over 19, to be there for her. Ad#: 5972

NONE BETTER
Outgoing, clean, full-figured, fun-loving, honest, employed, SWF, 23, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 25. Ad#: 1835

I SHOULD HAVE TOLD YOU
Nice looking, full-figured, SWF, 23, is out-going, very easy to get along with, likes cooking, long walks, swimming and talking for hours, is seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

Males Seeking Males

☎↔☎TO THE POINT
Easygoing, SWM, 42, 5'7", with reddish hair, brown eyes, seeking an honest, fun, SM, over 19. My hobbies are raising horses, reading and watching movies. Ad#: 4365

HAPPY
Well-adjusted, single white male, 34, tall, with brown hair, enjoy skiing, biking and jogging. I am seeking an honest, single white male, over 24, with a good sense of humor. Ad#: 9519

ONE STEP AT A TIME
SWM, 20, 6'1", 140lbs., with brown hair, green eyes, describe as being passionate and funny, likes military, soccer and more. I would be interested in meeting a SM, 19-28, who is fun to be with. Ad#: 3419

GET TO KNOW ME
My hobbies are skiing, swimming and just having fun. I'm a 6'2", 195lbs., outgoing, single white male, 18, in search of a single white male, 18-36, with similar interests. Ad#: 2071

HERE'S YOUR OPPORTUNITY
I'm a SNCM, 19, 6', 138lbs., who's looking to meet a SWM, 19-25, for a possible relationship. My hobbies include the outdoors, socializing, cooking and sharing special times with that someone special. Ad#: 3355

I'M YOUR MAN
Single white male, 26, brown hair, hazel eyes, described as being a lot of fun. Enjoys hockey, golf and long walks. Seeking an outgoing single white male, 19-30, who know what he wants. Ad#: 3037

HERE'S THE OPPORTUNITY
The future looks bright if you leave a message with this SWM, 23, 5'10", 145lbs., who's a hardworker, honest and extremely sincere. He's interested in sharing the joys of life with a SM, over 19, who's interested in a committed relationship. Ad#: 1817

IN SEARCH OF YOU
SWM, 39, 6'1", 170lbs., with brown hair/eyes, likes having fun, enjoys sports and music, feels he will bring safety to the relationship. Seeking an honest, SM, 25-55, to get to know. Ad#: 2336

FIND OUT
This SM, 23, 6', 195lbs, dark brown hair/eyes, enjoys playing pool, music, swimming, biking, more. Seeking an easygoing, honest, humorous SM, 19-35, to see what happens. Ad#: 5666

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COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

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The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

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✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • MUCH MORE
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena
South 2 miles to Don's Orange Mini Mart
315-764-7145

EMPLOYED SWM, 46, likes dining out, meeting people, movies, days out, evenings in & good conversation. Wishes to meet self-sustained SWF, 35-45 with similar interests. CC1996.

ARE YOU A SWF, 30-37, craving for some honesty, sincerety & fellowship? Well, this 34 SWM is currently available for some companionship & more. CC1994.

2 APTS/CONDOS FOR RENT

WATER ST. near Gloucester. Small downstairs 2 bdrm apt. No furniture or appliances supplied. No washer/dryer hook-ups. $400/mth, everything paid. Call 933-7516.

625 ST. FELIX, 1 bdrm upstairs, washer/dryer hook-ups, $400/mth, plus utilities. 621-A St. Felix, 1 bdrm basement, $325/mth, plus utilities. References. No pets. 347-3248.

COUNTRY LIVING within city limits. Seconds to bikepath. Large 2 bdrm apt. Washer/dryer hook-ups, Express-Vu hook-up. Available May 1st. Call 933-4985 or 933-8668.

APARTMENTS FOR RENT
bachelor, 1&2 bdrm.
security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30

236 MARLBOROUGH, near General Hospital. Available Apr. 1st. 1 bdrm apt, 4-pc. bath, fridge, stove, parking, laundry facilities. $400/mth, plus utilities. Call 936-1927.

619 RIDLEY AVE. Secure building. 2 bdrm apt. Available May 1st. Laundry facilities, fridge, stove, parking, utilities included. $565/mth. Call 938-7286 before 8pm.

1 BDRM APT, Martintown / Williamstown area. Private entrance. Washer/dryer hook-ups. $550/mth, utilities included. Available immediately. Call 347-7587.

ACROSS COLLEGE. Available May 1st. 2 bdrm apt. $500/mth, utilities paid, fridge & stove available, washer/dryer hook-ups. Call 933-8772.

3 BDRM APT, heated, fridge & stove, carpeted, laundry room, storage room, parking, $645/mth. Middle aged couple preferred. 320-Sixth St. East. Call 932-4485.

CENTRAL, MODERN, quiet, small complex security building, 2 bdrm, large kitchen, new carpet, freshly painted, laundry fac., storage room, fenced yard. Avail. May 1st. $550/mth. 937-3253 or 347-2773.

216 THIRD ST. EAST. Large spacious townhouse, end unit. 4-bdrm, diningroom, new carpet, 2 porches, backyard, parking. $600/mth, plus utilities. Avail. June 1st. 932-8909.

AVAILABLE MAY 1ST - East end. 1-1/2 bdrm apt. Washer/dryer hook-ups & storage in basement. $460/mth, includes utilities & parking. Call 346-0877 after 5pm.

CONVENIENT WALKING to downtown & bus stop. 1 & 2 bdrm apts available in clean quiet bldg. Fridge, stove, heat, hot water included, hardwood floors throughout. First & last required. (613)543-2401.

AVAILABLE IMMEDIATELY - 520 Marlborough St. 1 bdrm apt, $400/mth. 2 bdrm apt, $450/mth. Both with utilities included. Call 347-2858 & leave message.

BUY IT SELL IT FIND IT IN THE CLASSIFIEDS

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"Advertise Across Ontario or Across the Country"

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COUNTRYSTORE, thirty minutes from Ottawa, $700,000 includes 6000sqft building, delicatessen, bakery, groceries, hardware, sporting goods, gifts, school supplies, videos, postoffice. OPTIONS REALTIES (613)673-3050.

BUSINESS OPPS.

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BIG PROFITS! $6,000 investment in the Japanese Yen could have recently given you a return of $45,000. Call 1-888-807-4364 for your report & find out what market is ready for the next big move!!

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24 FLAVOUR SOFT ICE CREAM SHOP - Now available in Ontario. Over 1,000 outlets in North America. Do you have a 10 x 10 foot store front available in your existing business? Why not add a second business under the same roof? Equipment, training, finance. Initial investment required. Wadden Systems 1-800-392-3336 Ext. 32.

BUSINESS SUCCESS TOOLBOX CD-ROM contains over 1000 software programs to start and run your business. CALL TOLL-FREE 1-800-339-4580 ID #2002, 2003, 2004 FREE recorded message.

Furniture Problems are BIG BUSINESS! Mobile furniture repair franchises now available! Home based, high margin, unlimited customers. Division of world's largest service franchise organization. Investment $13k + financing. Previous experience NOT required. Call Furniture Medic 1-800-263-5928 for information.

CAREER OPPS.

LEARN AUCTIONEERING. Classes held April 1-7, 2000. For information contact: Southwestern Ontario School of Auctioneering, R.R. #5, Woodstock, Ontario N4S 7V9. 1-888-673-6999.

Production Manager required. Ottawa Valley (Smiths Falls) Web and Sheetfed Printer with $10 Million in sales. Salary $55,000+. Stable company. Benefits. Apply: Mike Mount, fax 613-283-7480, email: mmount@perfprint.ca

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COUNSELLOR TRAINING INSTITUTE offers distance learning and on campus courses for certificate and diploma programs. Course catalogue 1-800-665-7044 www.counselortraining.com

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CHARLTON RESORTS EXPANDING. Banff and Jasper hotels offer full-time employment for sous chefs, cooks, kitchen, registered masseuse, esthetician, room attendants, night cleaners, laundry, guest room agents, night auditors, accounting clerks. Contact Brian Rhodes, fax 403-762-2744. E-mail: banff@charltonresorts.com.

Camp for children with cancer seeks summer volunteers. Camp Trillium offers residential and day programs across Ontario. Please contact Nicole Lamont at 1-888-999-CAMP for information.

FRANCHISE OPPS.

MERRY MAIDS - World's largest residential cleaning franchise. Prime Canadian territories selling fast - huge growth industry, low investment, steady clientele. Call: Terry: 1-800-263-5928 Mississauga, Ontario.

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4 dr., loaded
ONLY $14,995



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99 BUICK CENTURY, 4 dr., 6 cyl., loaded, 20,000 km $20,995
99 CHRYSLER INTREPID, 4 dr.,loaded, 26,000 km ..$18,995
98 FORD ESCORT ZX2, 2 dr., auto, air, blue $9,995
98 CHEV CAVALIER, 4 dr., auto, air, blue $9,995
97 CHEV. LUMINA, 4 dr., loa... SOLD ...$8,995
97 GMC SAFARI VAN, 7 pass, very clean $13,995
97 EAGLE VISION, 4 dr., loaded, very clean $13,995
97 GMC 1500 P/U SILVERA... SOLD ...$18,995
97 BUICK SKYLARK, 4 dr., loaded, 68,000 kms $12,500
97 SATURN WAGON, air, tilt, cruise, auto $10,500
97 SATURN, 4 dr.,over 4 models to choose from $9,995
96 CHRYSLER INTREPID, ... SOLD ...$12,600
96 HONDA ACCORD, 4 dr., auto, loaded, 2 models ..$13,995
96 FORD CUBE VAN, diese... SOLD ...$23,995
95 PONT. FIREBIRD, 6 spd., 350, 62,000 km, t-tops .$17,500
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95 CHEV CORSICA, 4 dr., 6 cyl., red $8,995
94 GMC REG CAB P/U, 4.3... SOLD ...$8,995

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97 DODGE NEON, 2 dr., auto, air $8,995
96 FORD TAURUS, 4 dr., loaded, very clean $8,995
96 DODGE NEON, 4 dr., auto... SOLD ...$8,995
97 FORD ESCORT, 4 dr., auto, air $8,995

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02 - APARTMENTS FOR RENT

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*29-C 4th St. E., 1 bdrm., main floor, apli., parking $425 incl.
*North End, lrg. 1 bdrm. bsmt 2 appli. central air, new kit $525 incl.
*Vimy Ave., 2-2 bdrm units, apli., W/D hook-ups, $595+
*West-end, 2 bdrm units, $500 - $525 incl. Free Laundry
*6th St. E., 2 bdrm upst., apli., prk., $495+ avail. April
*205-A Easton, 2 bdrm upst, appl. parking $500 incl.
*Baldwin, 1 bdrm, upstrs, appl, BBE, porches, $450 incl.
*Executive style, 3 bdrm, well decorated, 4 appli, $725 + avail. July

APARTMENT SECURITY BUILDINGS

RIVERVIEW COURTS
Large 2 bdrm., storage, balcony, appli., prk, laundry rm.
$500 to $575 - incl. or $400 to $475+

805 MARLBOROUGH ST. N. (SECURITY)
Large 1, 2 & studio units $360.00 to $575.00
Utilities, appliances, parking included

HOUSES, TOWNHOUSES, SEMI'S
23-7th St. E. 3 bdrm., semi, 1200 sq ft., parking, $750 incl.

COUNTRY SETTING. Available now, 1 large bdrm apt. Fridge, stove included. Available May 1st. 2 large bdrm apt. Both utilities included. No pets. Adult preferred. Call 931-2806.

AVAILABLE APRIL/MAY 1ST. Upstairs 1 bdrm apt on Danis. Fridge, stove, parking. $290/mth, plus utilities. Suitable for semi-retired person. No pets. Call 933-6382.

UPSCALE 2 BDRM apt. Senior bldg. Fridge & stove included. $620/mth, plus utilities. Available immediately. Call Richard 930-2195.

240-A ALICE - 2 bdrm upstairs apt. Available immediately. $400/mth, heat & electricity included. Call 932-4329 or 938-4776.

2-2 BDRM UPSTAIRS APTS. 210 & 214 McConnell, north of Montreal Road. Parking. $395/mth, plus utilities. Being renovated. Available Mar. 1st. Call 933-4347 after 6pm.

GARDNER ST. - 3 bdrm apt. Available May 1st. Fridge, stove, washer/dryer. $675/mth, utilities included. No pets. Call 938-7200.

CLEAN, LARGE, 2 bdrm, freshly painted, washer/dryer hook-ups, parking, storage room, $550/mth, includes utilities. Also, bachelor apt, fridge, stove & utilities included, $375/mth. Sorry, no dogs. 938-3936.

TWO BDRM APT on Walton. $375/mth, plus utilities. Fridge & stove. Also, one bdrm apt, $350/mth. No dogs. Use of backyard. Call 936-6961.

CLEAN 2 BDRM upstairs apt. Centrally located. Available May 1st to quiet persons. $450/mth, plus utilities. Please call 938-0242.

2 SEPARATE APTS - Beautiful view on #2 in Summerstown. 2 bdrm upstairs & 1 bdrm downstairs. $550/mth, all utilities paid. Call 932-2129. Leave message.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

1 & 2 BDRM APTS, Ingleside, starting @ $360/mth. 1 & 2 bdrm apts, Riverside Heights near Morrisburg, starting @ $350/mth. Call 543-3604 home or 932-0717 work.

LARGE 2 BDRM APT. Avail. June 1st. Parking, washer/dryer hook-ups. $495/mth, plus utilities. Must see. Call 938-9593, after 6pm.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

AVAILABLE APRIL 1ST - modern 2 bdrm upstairs apt. Good location. Private balcony, stove, fridge, dishwasher included. Washer/dryer hook-ups. No pets. $550/mth, plus utilities. Call 937-3216.

5 ARTICLES FOR SALE

2 - 16" KIDS COASTER bikes. 2 - 12-spd mens racer bikes. Apply at 1417 Reneal St. or call 932-8324.

VERTICAL BEIGE BLIND, 36"W, $20. Brown panel drapes, $20. Brown single bedspread w/drape $25. Lampshades, cream & yellow silk, F/M & T/M $20. Child's wooden table & stool, $20. Good Housekeeping & Better Homes & Gardens magazines, $1 ea. 932-3936.

SEAWAY Property Management SERVICES

316 Marlborough, 2br., ...$575. incl.
100 Carleton, 1 br, main flr., ...$425 incl.
59 -B Lefebvre St., 2 brm, ...$400 incl.
17 Menard Ave., 2 brm, ...$440 incl.
314 Marlborough, 2 brm, main flr, ..$575 incl.
107 Seventh St., 2 brm, ...$475 incl.

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SPALDING GOLF SET, men's left-hand, 7-pcs including bag & cart. $175. Call 936-9276.

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UPRIGHT PIANO - in excellent condition, beautiful oak finish. $500. Call 932-4781.

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BEDROOM SUITE, cherry, 18th century style, 4 poster rice bed, triple dresser w/tri-mirror, tallboy, night tables. Mint condition. Cost $7,500. Asking $4,000. 613-228-7058.

LARGE SALE - 7 trailer loads. Office furniture, nearly new computer desks, chairs, book cases, desks, filing cabinets. Must be sold. Cheap. Apply 215 Main St. Alexandria. Fri., Sat. & Sunday, Mar. 31st, Apr. 1st & Apr. 2nd, 10am to 7pm. 613-925-0609.

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SUNDAY, APR. 2 1 - 3 pm


210 BELMONT (0083) - This inviting home has 3 bdrms & open concept main floor w/gas stove in living room. Lower level has rec room, 3 pc. bath. Price **$63,500.**
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NEW LISTING
PILON'S POINT (0111) Great view of the lake from the deck or the wall to wall windows facing east from this ready to move-in cond. 2 bdrm. home. Call to view. **$78,900**
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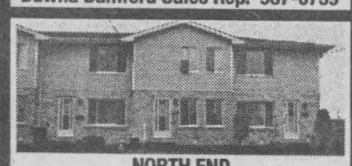
1 ACRE LOT
GLEN ROBERTSON - 21789 CTY. RD. 10 (0102) This 2 bdrm. home boasts parquet flooring, gas heat, security system, sun porch, garage & carport on a 1.256 acre lot.. **$78,000**
Dawna Bamford Sales Rep. 937-0739


Henrietta Duvall
Sales Rep.


SETTING THE STAGE (0041)- For family living with 3 bdrms., main level family room, fireplace, large lot and backing onto park. **$124,900**
Call **Henrietta** for details


NORTH END (0038) - You've just run out of reasons to rent, this spacious townhouse is a great way to begin at **$66,200.** Call **Henrietta**


SOLD
LIVE-IN INVESTMENT (0020) A 4 bdrm. home for the owner and 2 rents coming in make this a very affordable way to live with a view of the river.. **$199,000**
Call **Henrietta** for details


Ginette Campbell
Sales Rep.


26 SAUNDERS DR., LONG SAULT (0098) - Why pay rent? When you could own for less, beautiful lot, 3 bdrms, nice bright kitchen, gas heat, large living room, and more **$59,900**
Call **Ginette** now to view.


NEW LISTING
422+ WATER STREET $129,900 (0112) Ginette says this triplex is a real must to see. Features gas heat, excellent income, immaculate owner occupied unit. Newly renovated & much more. Call **Ginette** now.


NEW LISTING
RICHMOND DRIVE $109,900 (0113) Ginette says this bungalow is spotless. Features large lot, garage, finished rec. w/wood stove, many kitchen cupboards. Only 5 minutes from Cornwall. Call **Ginette** now.


Judi Auger
Assoc. Broker


NEW LISTING
COUNTRY BUNGALOW ((0117) Cute & clean,2 bdrm. main floor laundry, spacious kitchen, home in good shape. Sits just on the fringe. **$68,000.**
Call **Judi** to view


RETIRE HERE! (0052) One floor living with gas heating, lots of windows, totally open concept. NOT THE USUAL. **$133,900.** Call **Judi** to view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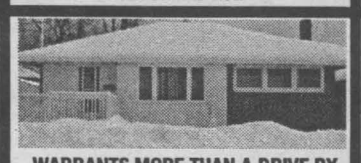
1423 FIRST ST. E. (0090)- duplex with 3 bdrm. each side, excellent condition. Rent one side & live here for as little as $700/mth, all taxes included. Call **Judi** for details

SOLD
* 10 KING ST.
* TWP. RD. 31
* 256 NORTH WOODS
* APPLE HILL
* DESJARDINS ST., MARTINTOWN
* 1312 QUEEN ST.
* 46 BARNHART


WARRANTS MORE THAN A DRIVE BY (0089) 3 bdrm, 2 bath, hdwd flrs, fin. bsmt., recent shingles & paint, $91.900
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OUTGROW YOUR HOME? (0078) - Lots of space in this clearn, well designed home. Big rec rm, 2 baths, ceramic & hdwd flr. All for **$123,900.**
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05 - ARTICLES FOR SALE

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HIGH CASH PAID

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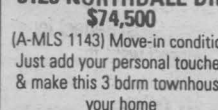
6 ARTICLES WANTED

WANTED



Old Fishing Lures & Wooden Duck Decoys

938-8839

WANTED

Tap Dancing Shoes

size 3 or 4

527-3431

Classifieds GET THE JOB DONE! Buy • Sell • Trade • Rent • Hire

7 WEDDING ATTIRE

APRIL SHOWERS bring Weddings and Formals. Bridal gowns, tuxedos, all accessories, cleaned and pressed for your assurance. Huge selections on location, at low prices, open 7 days a week, weeknights until 9pm. Millennium Bridal Boutique, inside Phase 2 Clothing, 702 Bank @ Glebe, Ottawa.

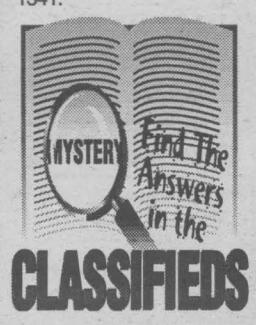
9 FARMERS MARKETS

FOR SALE - Round bales of hay, white #5400. 4-row corn air planter. Oliver white 4-row corn planter #543 complete or for parts. Used tractor tires for duals. Cedar posts, plastic drums, food grade, cleaned Timothy seed wanted. John Deere corn planter for parts #1240 or #1260. 346-2382.

OATS FOR FEED, 7.15/100 lbs., cleaned 10.10/100 lbs. Ground corn, soybean & oats for cattle, 8.65/100 lbs. Small square bales of hay, timothy, alfalfa, 1.50 to 2.00/bale. Darrin Laplante, 931-3191.

13 AUTOS FOR SALE

1992 MAZDA pickup B2200. As is, $2,700. or B.O. Call after 4pm, 932-1341.



GOOD PAINT JOB - $300. & up. Body work extra. Free estimates. Call 8am-5pm 933-5285 or evenings 937-0654.

1989 CHEV S10, 4X4, auto. Price negotiable. Gravel Motors, 1404 Pitt St. Call 932-4850 or 932-4211.

1987 PLYMOUTH Voyageur Van, 7-passenger, auto, 6-cyl. excellent condition. Certified $2,500. 1993 Grand Prix, auto, 6-cyl. Like new. Certified $4,500. 938-7267.

1993 CHRYSLER INTREPID, 3.5, V-6, air, fully equipped, very good cond. $5,900. safetied. 1992 Cavalier, 2-dr, 5-spd, good cond. $2,400. safetied. 1991 Chrysler Dynasty, 3.3, V-6, air, very good cond. $3,400. safetied. 1991 Chev Cavalier, 4-dr, auto, very good cond, $3,200. safetied. 1991 Ford Pick-up Ranger, 3-L, V-6, 5-spd, very good condition. $3,200. safetied. 1989 Honda Accord EX, 4-dr, auto, 117,000 km, fully equipped, excellent, cond. Gerard Poirier Auto Sales, 2 km east of Alexandria on Lochiel Road towards Glen Robertson. 525-1656 or after hours 874-2440.

CREDIT PROBLEM & tired of being offered second rate vehicles. Call Car-o-line Auto's, 613-448-2488.

18 BUSINESS OPPOR.

DEREGULATION IS happening. Find out how to make money on electricity. Home based business. Call 938-0012.

FOR SALE: Large, clean, fully equipped chip stand. Call 933-0397 or 937-4496.

21 HELP WANTED

HAIRDRESSERS WANTED

Vincent Hair Studio. With clientele or rent chair. Be your own boss. Rent $110.00 wk.

937-3253 ASK FOR VINCE

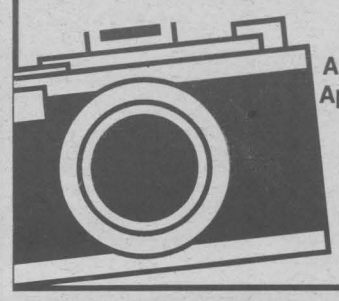
PART-TIME Machine Shop Helper, 20 hours / week. Will train. Call 933-2899, leave message.

EARN $200.,$300.,$500. or more per week, assembling product in the comfort of your own home. Send self-addressed stamped enveloppe to: O.P.H., 6-2400 Dundas St. West, Suite 541, Ref. 671, Mississauga, Ont. L5K 2R8.

ADULT CARRIERS WANTED for early morning delivery of The Ottawa Citizen in the city of Cornwall. Reliable, economical, vehicle required. Call 931-1120. Approx. earnings $800. monthly.

I ♥ THE CLASSIFIEDS

PHOTOGRAPHER REQUIRED



An assignment photographer is required on a part-time basis. Applicant must have photography training, good people skills, neat appearance and have an automobile

Drop resume off at Seaway News

329 Second Street West, Cornwall

SEAWAY NEWS

YOUR EXCLUSIVE PROVIDER OF AIR MILES WHETHER BUYING OR SELLING!

Century 21

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MONIQUE WILLIAMS
Sales Rep. 932-7196



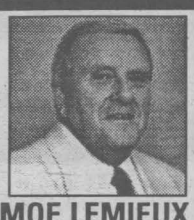
MICHAEL VANDER MEER
Assoc. Broker 938-2121



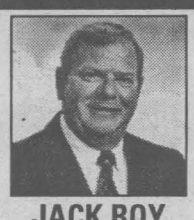
ROGER VIAU
Sales Rep. 932-1325



SHERRY McCULLOUGH
Sales Rep. 937-0891



MOE LEMIEUX
Sales Rep. 932-9386



JACK ROY
Sales Rep. 931-1290



ERIC PEDERSEN
Broker 938-9690



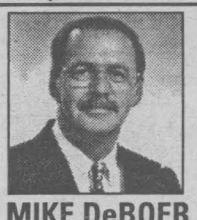
DAVID COX
Sales Rep. 930-9251



MAURICE DROUIN
Sales Rep. 933-6146



TODD THOMPSON
Sales Rep. 937-0292



MIKE DeBOER
Broker 938-7802



3123 NORTHDALE DR. $74,500
(A-MLS 1143) Move-in condition Just add your personal touches & make this 3 bdrm townhouse your home
MONIQUE WILLIAMS 932-7196



507 ANDERSON DR. $101,900
(A-MLS 1100) This 1400 sq. ft. 3 bdrm brick bung has everything you need - space, large yard & pool
MONIQUE WILLIAMS 932-7196



318-A PRINCE ARTHUR $41,500
(A-MLS 1067) Maintenance-free! Vinyl-sided duplex, large 2 bdrm units. Gas heat. Call to View!
MONIQUE WILLIAMS 932-7196



1015-1017 LARIN $69,000
(A-MLS 1008) This maintenance-free duplex in quiet residential neighbourhood has excellent tenants & is a great investment
MONIQUE WILLIAMS 932-7196



LONG SAULT $66,900
(M-MLS 1129) 3 bdrm home with main flr family rm on large lot just on the edge of town
MIKE VANDERMEER 938-2121



STARTER HOME $44,900
(A-MLS 1141) Nice home on fenced & landscaped lot close to centretown; features main floor family room
MIKE VANDERMEER 938-2121



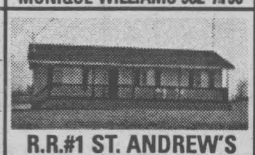
MOOSE CREEK $76,900
(OL-MLS 1051) Large family home, dbl lot on quiet street, large det. garage, main flr laundry with 2pc. bath, pellet stove in large living rm
MIKE VANDERMEER 938-2121



RICHMOND DRIVE $68,900
(M-MLS 1118) 2 bdrm bung with large att. shop on 5.75 acres, just minutes from the City
MIKE VANDERMEER 938-2121



COUNTRY COMFORT $144,900
(M-MLS 1119) Almost new A-Frame style home on 25 acres with garage and barn
MIKE VANDERMEER 938-2121



R.R.#1 ST. ANDREW'S $99,900
(M-MLS 1018) 3 bdrm bung on 1 acre lot; verandah on front of home, oil heat, finshed rec room
MIKE VANDERMEER 938-2121



CENTRAL $89,900
(A-MLS 0935) Absolutely spotless 3 bdrm home with large garage, fenced lot & pool
MIKE VANDERMEER 938-2121



HOBBY FARM $74,900
(L-MLS 1040) 72 acres with 4 bdrm home in the Avonmore area
MIKE VANDERMEER 938-2121



WATERFRONT $154,900
(O-MLS 1166) 3 bdrm home, 3 section floating dock, family room with woodstove, 2 decks 8x36, overlooking Hoople's Bay
MIKE VANDERMEER 938-2121

PITT ST. $119,900
(A-MLS 1154) Large commercial lot 75x150 on busy intersection; duplex on property currently restaurant & 3 bdrm apt.
MIKE VANDERMEER 938-2121

(M-MLS 1137), **KING'S RD.** Excellent 33'x567' building lot, **$35,000**
(A-MLS 1075), **GERALD ST.,** Fully serviced building lot 57'x192', **$24,500**
(A-MLS 1145), **SKY-HI GREETINGS,** Well-established business w/many inclusions, **$44,900**
ROGER VIAU 932-1325

Call Us Today For A Complete Listing of Homes For Sale In The Area



END UNIT TOWNHOUSE $69,900
(A-MLS 1079) Better than renting! You own this well-decorated end unit townhouse. 5% down, approx payments of $530/mth.
SHERRY McCULLOUGH 937-0891



29 BALDWIN AVE.
(A-MLS 1130) Are you dreaming of an older home with yesteryear charm? 2-1/2 bdrms, large kit & dining area, close to hospital, church, shopping & schools
SHERRY McCULLOUGH 937-0891



307 WESTMORELAND AVENUE $119,000
(A-MLS 1142) Here's a place to hang your heart! Country decor throughout. 3+1 bdrm brick bung., FAE heat, gas frpl in rec rm, 2 baths, close to schools, but route & park
SHERRY McCULLOUGH 937-0891



113 GLEN OAKS COURT $84,500
(A-MLS 1157) 2+2 bdrm bung style semi-det., 2 baths, fin rec room
SHERRY McCULLOUGH 937-0891



PURCELL RD. NEW PRICE...$129,900
(J-MLS 1049) 4 bdrms, main flr family, 2200 sq. ft. Call to View
MOE LEMIEUX 932-9386



931 ADOLPHUS $45,000
(A-MLS 1116) Clean starter home, quiet dead end street, some recent updating, lot 50x142.
MOE LEMIEUX 932-9386



13879 WILLBRUCK DR. AULT ISLAND $179,900
(P-MLS 1162) Beautiful waterfront, multi-season retreat; completely renovated in '89. Nice lot 120'x216'. Call Moe for private showing
MOE LEMIEUX 932-9386



127 A,B,C BELMONT $97,500
(A-MLS 1034) Well-maint income property w/workshop & ample paved parking. Excellent for owner-occupied
JACK ROY 931-1290



KING'S ROAD $164,900
(J-MLS 1003) "New" large ranch style bung., nestled on 3 acres Very Private!!
JACK ROY 931-1290

FAMILY BUSINESS
(A-MLS 1039) Video store, fully equipped laundromat + 3 bdrm. apt.
ERIC PEDERSEN 938-9690



511 BLOSSOM PARK
(A-MLS 0946) quiet crescent, lot 55x125, 3 bdrms., rec room
ERIC PEDERSEN 938-9690



1 MILE E. OF SUMMERSTOWN Hwy. 2 $79,900
(J-MLS 1073) excellent condition, hardwood floors, fireplace
ERIC PEDERSEN 938-9690



600 WALTON $64,900
(A-MLS 1047) Duplex 1-3 & 1-2 bdrm, excellent condition, heated front porch
ERIC PEDERSEN 938-9690

TIME TO LIST

Buyers are looking now!
Let's have them walk through your house!
Call David to advertise your home.
For a Free Market Evaluation, Call David today ... 930-9251



INGLESIDE $103,500
(O-MLS 1165) 1700 sq. ft., hardwood floors, 3 bdrms, 16x32 inground pool
DAVID COX 930-9251

(J-MLS 1004) First of Kenyon $53,900
61 acres ending on Loch Garry
(A-MLS 0378) Birmingham St. $49,900
Comm 51, lot 60'x125'
Call MAURICE for more details 933-6146 (res.)

455 PATRICK $79,900
(A-MLS 1127) 2+2 bdrm semi in excellent condition
TODD THOMPSON 937-0292

19 MONROE E. $64,900 (off Sydney)
(A-MLS 1110) Excellent starter. Many updates, dead end street
TODD THOMPSON 937-0292

WELL ESTABLISHED TOWING COMPANY REDUCED...$175,000
(A-MLS 0978) Includes land, building, trucks & more
TODD THOMPSON 937-0292

36 VALECREST $89,900
(A-MLS 1149) 1062 sq. ft. semi, professional upgrades, 3+1 bdrms, move-in condition
TODD THOMPSON 937-0292

419 THIRD ST. E. $51,500
(A-MLS 1078) Good starter with many updates. Centrally located
TODD THOMPSON 937-0292

110 ROBERT $84,900
(A-MLS 1153) all brick bung. with attached garage, gas heat & central air
TODD THOMPSON 937-0292

220 WELLINGTON $144,900
(A-MLS 1160) Beautiful all brick raised bung with dbl. att. garage, completely fin bsmt, gas heat, fireplace. A must see!
TODD THOMPSON 937-0292

WE HAVE THE KEY TO YOUR NEW HOME!

INGLESIDE $129,900
(O-MLS 1080) Dream home, dream kitchen, lots of ceramic & gleaming hdwd in this spotless split level with hedged lot
MIKE DeBOER 938-7802

INGLESIDE! $119,900
(O-MLS 1010) Brand new construction, 1280 sq. ft., 1-1/2 baths, main flr laundry, whirlpool bath, large deck & C/A, 7-yr. new home warranty
MIKE DeBOER 938-7802

COUNTRY COMFORT $101,900
(M-MLS 0838) This 3+1 bdrm home features some gleaming hdwd, bright kit, large rec rm with airtight stove, wrap around deck & dbl car garage ... some see!
MIKE DeBOER 938-7802

GREAT RIVERDALE AREA $96,900
(A-MLS 1135) Excellent value! 3+1 bdrm bung., nice rec rm with woodstove, 2-4pc. baths, fenced back yard with heated tree house for the kids.
MIKE DeBOER 938-7802

21 - HELP WANTED

LOOKING FOR WORK?
WE ARE LOOKING FOR YOU!

REQUIREMENTS: Casual labourers
heavy lifting (50 lbs. max.)
shift work

HOW TO APPLY: Bring your resume to Manpower on Monday, April 3rd or Tuesday, April 4th between 9 a.m. and 5 p.m.

Manpower
St. Lawrence College Room M211
Moulinette Hall
2 Belmont St., Cornwall

FULL-TIME MARINE technician required. Rideau River south of Ottawa. Knowledge & experience with stern drive essential. Rate commensurate with qualifications and/or experience. Call Dawn 613-489-2747.

23 HOME SERVICES

J.R. RESTORATION - Roofing, chimney repairs, doors, windows, siding, brickwork, bathrooms, family rooms, painting, ceramic tiling. For all your renovation needs, inside or out. Call J.R. 613-938-7742.

MIKE'S TREE PRUNING, cutting & removal, general yard work & cleaning. Will do demolition. Eavestrough, chimney cleaning & repair. Free estimates. Firewood for sale. Call Mike 931-1251.

HANDYMAN - Interior painting. Snow removal. Lawn cutting. Garden tilling. Hedge trimming. Tree trimming. Odd jobs. Call Kirby, 938-5444.

The PERFECT HANDYMAN - Renovations, building & addition needs, roofing, siding, drywall, decks, sheds, garages, patios. Call Robert The Perfect Handyman, 525-2197. Free estimates & customer satisfaction.

GOLF ZONE - Custom golf club manufacturer. Repairs & regripping. Come in, test your swing & fit yourself to a new set of clubs. 101-9th St. West. 932-5483.

TUPPERWARE CONSULTANT - Check out new items available & specials in monthly sales catalogue. Great for fundraisers & extra income. For booking home demonstration parties or warranties, call Violet 932-9694.

HANDI LADIES WORK FOR YOU. Handy Ladies are here for you to do the things you don't have time to do. Heavy-duty cleaning, walls, floors, ceilings, windows in/out and more. S.D.& G. area. Call 936-9362 or 936-9150. Save it.

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge trimming, fencing, roofing, painting, snow blowing, yards, basements, lawn cutting, tree cutting. 938-1684.

STRIPALL - Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways, No job too big or small, antique or not. Free estimates. Long Sault, 534-8494.

26 BOATS/ MOTORS

FISHING BOAT, motor & trailer. $2,500. Call 346-5444.

20' SAILBOAT with trailer & motor. Ready to sail. Sleeps 2-3. $2,800. Call 938-1029.

33 HOBBY SHOP

HOBBY SHOP for rent. Few years old, very clean, St. Andrews area. Building 30X36 with 10-ft ceilings, 2 doors 8' high X 10' wide. Good for cabinet making, sheet metal or carpentry. No automotive. $700/mth, plus utilities. Call 932-5197 or cell #930-1692.

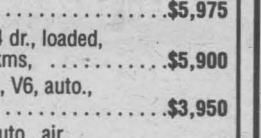
34 HOUSES FOR RENT

AVAILABLE MAY 1ST - 1/2 duplex, 2 bdrms, fenced yard. $525/mth, utilities not included. Gas heated. First & last req'd. Call 937-4965, after 4pm.

3 BDRM HOUSE in country near Williamstown. Available May 1st. $650/mth, pay own utilities. Call 347-7587.

35 HOUSES FOR SALE

LONG SAULT - French Avenue. 4-yr-old, two-storey, semi, 3 bdrms. Asking $84,500. For inquiries, call 534-2715 or 932-0718.



$123,500 18661 Paragon Rd.

Large Bright, Open concept, Raised Bungalow. Features 2+1 bdrm., can be converted into 4 bdrm. Master bdrm. has walk in closet + balcony. Main floor laundry rm., 4pc bath. w/ whirlpool tub, oak kitchen w/ built-in appl./island. Cathedral ceilings in living room. Central air/vac. Completely finished bsmt., bar, 3 pce bth., Mostly hardwood + ceramic floors. Home shows extremely well, with quality workmanship just 10 min. from town.
931-3020

PRIVATE SALE - 770 Laflin Ave. 1,250 sq.ft. open-concept brick bungalow on large lot. Must be seen. Call for appointment, 933-6478.

TRIPLEX ON ALICE, $50,000. 3 bdrm house on Third St. West, $41,000. Call 932-2135 between 1pm-8pm.

Shop Space for Rent up to 2400 sq. ft.
Ideal For:
- auto or truck repair shop
- warehousing or equipment sales outlet
- small engine repair shop

Can be divided
SECURE, WELL KEPT BUILDING & YARD
933-4019 347-1688

36 APT. BUILDING FOR SALE

STRONG STRUCTURAL 4-unit apt. building for sale, each with 2 large bedrooms. Quiet location. Good income. Asking $80,000. Call 931-1041.

37 HOUSES WANTED TO BUY

WANTED: LARGE house. Will take rent to own, vendor take back mortgage or assume. I have small downpayment & excellent credit references. 938-7267.

AUTOS FOR SALE

S.D.&G. AUTO SALES
3064 Pitt Street 932-9139

98 Volkswagen Beetle, 5 spd., 24,000 kms, loaded, ... $20,500
98 Saturn SLI, 4 dr, auto, air, only 14,000 kms, ... Like New
96 Ford F250 P/U, 351 V8, auto., air, 102,000 kms, power gate, ... $15,500
93 Lincoln Town Car "Signature Series" spotless inside out, 4.6 V8 auto., black book price $11,900
93 Mazda 323 LX, hatchback, 2 dr., 5 spd., very clean, ... $4,650
92 Ford Aerostar XL Ext., 4.0 L., V6, auto., air, cruise, tilt, 7 pass., ... $5,900
92 GMC SLE P/U,305 V8, auto, loaded, 1 owner $8,995
92 Chev Astro Conversion Van, from Florida, bed, captain chairs, loaded, ... $7,350
92 Chrysler Dynasty L.E.,4 dr., 3.3 V-6 auto, loaded, ... $5,350
92 Mercury Sable LS, 4 dr., V6, auto., loaded, only 102,000 kms, ... $5,975
91 Olds. Cutlass Ciera SL, 4 dr., loaded, 3.3 V6, auto., only 110,000 kms, ... $5,900
91 Pontiac Sunbird LE, 2 dr., V6, auto., loaded, black & silver, ... $3,950
90 Mercury Topaz L, 4 dr., auto., air, 134,000 kms, ... $2,950
90 Mercury Topaz L, 4 dr., auto., air, white, 139,000 kms, ... $2,950
90 Buick LeSabre Ltd., 4 dr, V6, auto, loaded, $3,800
90 Mercury Cougar LS, 2 dr, V6, auto, loaded, $3,900
90 Chevy Corsica, 4 dr., auto., ... $2,000
88 Dodge Dakota LE, V6, auto., longbox, cap, $3,950
88 Dodge Aries LE, 4 dr., 5 spd., 1 owner, ... $2,800
87 Pontiac Grand Prix LE, 2 dr., auto., V8, loaded, 163,000 kms, ... $3,800
88 Toyota Corolla LE, 4 dr., auto., ... $4,800
92 Pontiac Transport SE, 3.8 V6, auto., loaded, 7 pass., ... $6,950
83 Plymouth Caravelle, 4 dr., 225 cyl., not too bad, ... as is $1,500
84 Merc. Grand Marquis, 4 dr., runs A-1, as is $1,200
85 Pontiac Bonneville, 4 dr., V6, auto., 154,000 kms, certified, ... $1,995
87 Buick LeSabre, 4 dr., V6, auto., ... as is $1,800

AUTOS FOR SALE

SPECIAL OF THE WEEK
REVERSE AUCTION
1996 PONTIAC BONNEVILLE SE
V6, loaded, 99,000 km, auto temp air, steering wheel controls
$12,288*
Price will be reduced $200 per week
**(next week price will be $12,088)*
HOW LONG CAN YOU AFFORD TO WAIT?

1999 CHRYSLER INTREPID
6 cyl, air, cruise, tilt, p-wind, p-locks, p-seat, 20,000 km, remote start
1998 FORD CONTOUR GL
4 cyl, 4 dr, loaded, 39,000 km
1998 CHEV MALIBU
4 dr., V6, auto., loaded, 44,000 km
1997 CHEV LUMINA LS
4-dr., V6, loaded, 59,000 km.
1997 PLYMOUTH BREEZE
4 cyl, auto, loaded, CD player, 61,000 km
1997 CHRYSLER INTREPID
V6, fully loaded, p. seat, 99,000 km, one local owner
1997 CHRYSLER INTREPID SPORT
4 dr., 3.5L V6, auto., loaded, p. seat, 39,000 kms.
1997 PLYMOUTH NEON
4 dr., 4 cyl., auto, air, 51,000 kms
1996 PONT GRAND AM
4 dr., V6, fully equipped, remote entry, 58,000 km
1996 CHRYSLER CIRRUS LX
loaded V6, CD, 82,000 km.

1996 CHEV CAVALIER
4 dr., 4 cyl., auto, air, p. locks, CD, 88,000 km, local owner
1995 CHEV CAVALIER
2 dr., 4 cyl., auto, cassette, 2 87,000 km, local owner
1995 PONT. GRAND AM
dr., V6, loaded, 63,000 kms
1994 MERCURY TOPAZ
4 dr., 4 cyl., AT, air, 117,000 km
1990 PONT. TEMPEST
4 cyl., auto, 4 dr.

VANS
95 DODGE GR. CARAVAN LE
3.3L, 6-6, fully loaded, local owner
1994 DODGE CARAVAN SOLD
V6, auto, air, 1 owner, 133,000 km
1994 FORD AEROSTAR SPORT
V6, auto, full load, 108,000 km

TRUCKS
1997 FORD RANGER SOLD
V6, auto., loaded, 30,000 kms, 1 local owner
1994 GMC SLE EXT. CAB
2 w. drive, loaded, 1 local owner
1991 MAZDA PICKUP
4 cyl., auto, PS, PB,



with every $1000 purchase, receive a ballot for
YOUR CHANCE TO WIN A 50" BIG SCREEN TV
Draw to be held Dec. 16th, 2000
(on display at Bill Mitchell TV)

TRADES WELCOME
1 yr/12,000 km powertrain, seals & gaskets included

Image MOTORS Quality New & Used Cars
1 km west of Long Sault on Hwy #2
(613) 534-3940

AUTOS FOR SALE

MASSEY PLACE AUTO SALES
For ALL Your Motoring Needs

PICKS OF THE WEEK

97 SUNFIRE 4 dr., standard 48,000 km **$8,995**

96 NEON 4 dr., auto, air cond. **$6,995**

99 PONTIAC GRAND AM SE 4 dr., fully loaded, 39,000 km $15,995
99 CHEV SAVANA 12 pass. van ..... SOLD $23,900
98 FORD RANGER 4x4 reg cab, 58,000 km, standard $18,500
97 CHEV CAVALIER 2 dr., auto, moonroof, 35,000 km $11,900
97 BUICK PARK AVE. Full load, heated seats, 45,000 km bal. of GM Warranty $22,900
97 PLYMOUTH VOYAGEUR 3 dr., A/C, cruise, 67,000 km $13,600
97 CHEV. CAVALIER Z24 2 dr., rims, moonroof, keyless entry, loaded SOLD $12,900
97 SATURN SLI auto., A/C, 49,000 km $11,995
96 PONT. BONNEVILLE SE 4 dr., loaded, keyless entry, sharp car ..... SOLD $11,995
95 HONDA CIVIC LX SPECIAL ED. 4dr., Auto, Air, only 55,000 km $11,900
94 TOYOTA CELICA G.T.S. pwr.roof, c.d. all original, 90,000 km $14,995
94 AUDI QUATTRO 4 dr., std, 6 cyl., turbo, 80,000 km, leather .. $16,995
93 HONDA DEL SOL convertible, standard,air, 93,000 km $12,900

SPRING SPECIALS UNDER $10,000

97 SUNFIRE, 4 dr., standard, extra clean ... $8,995
97 CHEV CAVALIER 2 dr., 48,000 km, auto, blue $9,995
97 G.M.C. SONOMA SL 4 cyl, standard, black $8,995
97 SATURN SLI 4 dr., standard, fully loaded $9,995
96 PLYMOUTH NEON, 4 dr., auto., A/C $6,995
95 PONTIAC GRAND AM SE 4 dr., fully loaded, V6 ..... $8,995
95 TAURUS GL 4dr., Air, Loaded, 123.000 km $5,995
95 PONT. GRAND PRIX SE 4 dr., auto., fully loaded $8,995
94 GMC SAFARI XT 2 to choose from, red & blue 12S SOLD $6,995
94 CHEV CAVALIER, 4 dr., full load, V6 ... $5,995
94 CHEV. CAVALIER 2 dr., standard, AM/FM cassette $5,500
93 HONDA CIVIC 4 dr., standard, excellent condition $7,995
91 DODGE CARAVAN, auto., 6 cyl., A/C $6,995
90 MERCURY TOPAZ 4 dr., A/C, good shape ..... SOLD $1,995
90 MAZDA PROTEGE ..... AS IS $1,000
90 14' BASS BOAT foxcraft, w/1990 merc, 90 hp, trolling motor & trailor $8,950

extended warranties available
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1520 VINCENT MASSEY DR.
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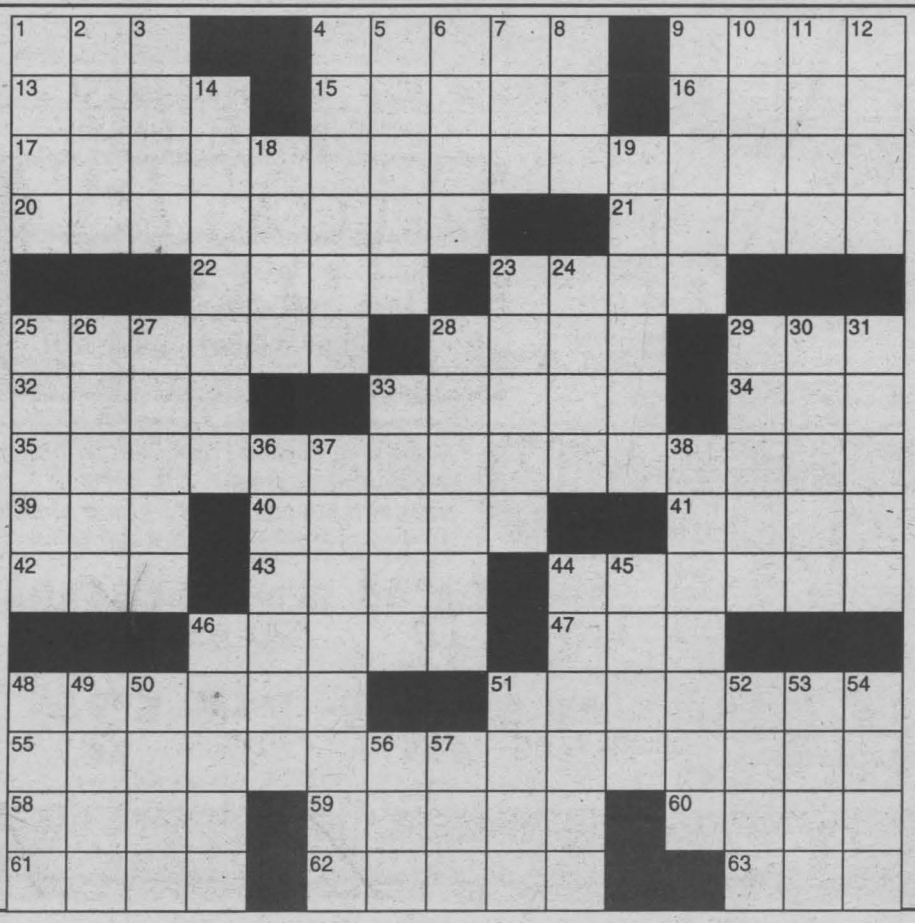
Find A Honey of a Deal in the CLASSIFIEDS

CROSSWORD



CLUES ACROSS
1. Outgoing
4. Indigo bush
9. Membrane
13. Maintains
15. African antelope
16. Competent
17. Triple-header movie
20. Forever
21. Religious writings
22. Woodrat
23. Women (French)
25. Perceiver
28. Ice
29. Tell on
32. About organ of hearing
33. Stable
34. Make cooler
35. John Gay Work
39. Drive
40. Moved suddenly
41. Egyptian goddess
42. Many not ands
43. Anagram of toys
44. March
46. Citizens
47. Potato state, abbr.
48. Wise
51. Depiction
55. Dumas swashbucklers
58. Misfit
59. More cold
60. Adventure story
61. Day
62. Certificates
63. Hill (Celtic)

CLUES DOWN
1. This (Spanish)
2. Monetary unit
3. Cowbarn (British)
4. Disgrace
5. Winged
6. Fancy
7. The compass pt.
8. Commercials
9. Restaurants
10. In bed
11. Protoctist genus
12. Sediment from fermentation
14. Tune
18. Organic compound
19. Exaggerate
23. Hump
24. Unnumerable
25. Saying
26. More
27. Runs down
28. Loved ones
29. East German city
30. Having a strong sharp smell
31. Manipulate
33. Take hold of (Brit.)
36. Social class
37. About small set of speech sounds
38. Pillagers
44. Dicot genus
45. Nearly horizontal passage
46. Dances
48. King of Huns (Scandinavian)
49. Garbed
50. Right
51. Supplemented with difficulty
52. Power
53. Resultant
54. Despot
56. Fiddler crabs
57. Title of respect

SOLUTIONS ON PAGE 38

AUTO BODY PARTS
ALBA AUTOMOTIVE BODY PANEL SERVICE
SINCE 1976
Fenders, Bumpers, Hoods, Doors, Lamps, Grilles, Radiator, Gas Tanks, etc.
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AUTO MART

Car Time 1 - 2 - 3 - 4: Safe Seating in the Kid Zone

(NC)—Car Time should be a safe time for kids – as safe as play time or bath time should be. Safe Car Time means children are in the back seat, the "Kid Zone," and secured in an appropriate restraint system for their weight and age.

Like seat belts for adults, child restraints prevent children from being thrown about in, or out of, a vehicle if there's a collision. Because of their size, no child 12 or under is as safe in the front seat of a vehicle as in the rear, especially if there is a passenger-side air bag. They deploy with too much force for the safety of youngsters.

Use all child restraints as the manufacturer indicates in the manual and choose a seat that is easy to use and offers a lot of adjustment. All child restraints sold in Canada carry a label indicating they meet the Canadian Motor Vehicle Safety Standards of Transport Canada.

There are four stages for safe "Car Time" each with its own child restraint system capable of protecting a child from serious injury or even death in the event of a collision.

Stage 1: Rear-facing Infant Seat –From Birth to About 1 Year Old, to 10 kg 22 lb. Infants must travel in rear-facing infant seats placed in the rear seat of the vehicle – the "Kid Zone." A baby's undeveloped neck and back muscles and ligaments cannot withstand the pressure of being thrown forward in a collision. The baby is held securely in the seat by the shoulder harness (adjusted snugly enough to allow only a two-finger-width space between the harness and the child's body). The infant seat is anchored by the vehicle's seat belt.

(Stages 1 and 2 combined): Combination Seats

A combination car seat can be used for the infant as a rear-facing carrier and, when the child is older, as a front-facing car seat. Follow the above guidelines, including the manufacturer's instructions, for each of the two stages.

Stage 2: Forward-facing Child Seat – From About 1 Year Until About 4 1/2 Years; From 10 kg (22 lb.) to 18 kg (40 lb.). Some seats accommodate children up to 22 kg (48 lb.)

Once infants can pull themselves up to a standing position, it is safe to place them in a forward-facing child restraint in the back, in the "Kid Zone." Make sure the child is comfortable and secure in the shoulder harness.

A forward-facing child seat is completely anchored only when the top strap is securely tethered to the vehicle. Otherwise, the top of the child seat continues moving forward in a collision or sudden stop. Tether anchorages are provided in all passenger cars manufactured since 1989 and the location should be noted in the owner's manual. If you can't find your tether anchorage, call Transport Canada at 1-800-333-0371 or your nearest Canadian Automobile Association office (even if you're not a CAA member).

Stage 3: Booster Seats - from about 4 1/2 to about 8 years of age and over the maximum weight and height for their child seat Booster seats are just as important a safety system for children over 18 kg (40 lb.) as infant and child restraints are for younger children. Booster seats provide the extra height needed to adjust the seat belt snugly over the youngster's hips. (See seat manufacturers' instructions for height guidelines.)

Stage 4: Seat Belts - from about 8 years of age

When the mid-point of the child's ears is above the top of the booster seat back, the child is ready to graduate to a regular vehicle seat belt. Make sure children 12 and under stay in the "Kid Zone" in the back.

Remember, children's safety seats should be used for all trips, even the shortest, and no child should ever sit on an adult's lap in a moving vehicle. Set a good example; be sure to wear your own seat belt as well — it's the law!

2000 Nissan Quest

Key Dimensions and Specifications

Dimensions	Wheelbase	2,850 mm/112.2 in.
	Overall length	4,948 mm/194.8 in.
	Overall width	1,903 mm/74.9 in.
	Overall height	1,709 mm/67.3 in.
	Front tread	1,610 mm/63.4 in.
	Rear tread	1,610 mm/63.4 in.
	Head room	front 1,003 mm/39.7 in. rear 955 mm/37.6 in.
	Leg room	front, 1,013 mm/39.9 in. rear 922 mm/36.3 in.
	Shoulder room	front 1,582 mm/62.3 in. rear 1,585 mm/62.4 in.
	Hip room	front 1,435 mm/56.5 in. rear 1,245 mm/49.0 in.
	Interior volume	3,843 litres/135.7 cu.ft. 3,551 litres/125.4 cu.ft.* 1,470 litres/51.9 cu.ft.**
Curb weight	GXE	1,740 kg/3,836 lbs.
	SE	1,793 kg/3,952 lbs.
Towing capacity	Both models	1,588 kg/3,500 lbs.
Fuel economy--L/100km (mpg)***		
	City	13.9 (20)
	Highway	9.0 (32)

*w/2nd seat removed: 3rd seat folded forward: **w/2nd seat installed, 3rd seat folded forward: ***1999 Transport Canada figures.

SALE TIME
'92 CHEV CORSICA LT, 4 dr., V6, black $4,995
'92 PLYMOUTH VOYAGER, 5 pass, V6, maroon $4,995
'91 MERCURY SABLE V6, loaded, 159,000 kms $3,995
'90 PONTIAC TRANS SPORT, 7 pass., van .....WAS $6,995 $5,295
'90 CHEV. ASTRO, 8 pass., loaded, 2-tone blue ..... SOLD WAS $4,995 $4,495
90 PONTIAC GRAND PRIX, V6, loaded, black . $3,995
'90 PONT. SUNBIRD SE, 5 spd., 2 dr., red, 153,000 km $3,895
'90 MERCURY GRAND MARQUIS, loaded, navy .....WAS $4,295 $3,295
89 GMC SAFARI, 8 pass., van, 153,000 km $4,595
'89 OLDS. CUTLASS CIERA 4 dr., 3.3 V6, white $3,895
89 BUICK SKYLARK, 4 dr., V6, white, 158,000 km $3,995
'89 OLDS REGENCY 98, V6, SOLD blue . $3,395
'89 FORD ESCORT GT 2 dr.,5 sp., 142,000 Km, red .....REDUCED $2,195
'89 OLDS CUTLAS CALAIS SL 4 dr.,V6, 151,000 km, black $1,795
'89 CHEV CAVALIER, 2 dr., 4 SOLD AS IS $1,695
'89 FORD AEROSTAR 7 pass, V6, white., ...AS IS SPECIAL $795
'88 CADILLAC BROUGHAM D'ELEGANCE 5 litre, 94,000 km .....WAS $5,995 $4,695
'88 EAGLE PREMIER LX 4 dr., V6, black, 84,000 km $2,595
'88 CHEV CAPRICE, propane powered taxi .....AS IS SPECIAL $695
'88 CHEV CAVALIER RS 2 dr., 4 cyl., black ..... SOLD SPECIAL $495
'86 CADILLAC FLEETWOOD D'ELEGANCE, ... AS IS SPECIAL $1,495
'83 CAMARO BERLINETTE, 305, V6, T-top .....Was $995 AS IS SPECIAL $995
16 FOOT FISHING BOAT 25 hp Mercury, trailer, fish finder, etc. $3,295
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97 MERC. SABLE GS
4 dr., fully loaded
COMPARE AT $9,850
Not exactly as illustrated
98 DODGE NEON, like new . SOLD $8,850
98 GRAND AM SE, 4 dr., auto. $10,450
97 SATURN SL2, 4 dr., auto Full Load $8,950
97 SUNFIRE GT, White with CD $9,950
97 MERCURY SABLE GS, fully loaded, nice $9,850
97 SATURN SLZ, 4 dr., Full Loa SOLD $9,450
97 SATURN, 2 dr., coupe. $9,450
97 DODGE NEON, Low klm 4 dr., auto $8,450
96 CHEV CORSICA, 6 cyl., 4 dr. $7,750
95 DODGE NEON, 4 dr., auto., air, 110,000 kms $6,600
95 OLDS AURORA, loaded, power roof $10,700
95 SATURN, 4 dr., like new $6,450
95 TAURUS WAGON GL, very nice car $7,375
94 TEMPO GL, 101,000 km, 6 cyl., very nice $5,400
94 FORD TAURUS GL, wagon $5,250
94 PLYMOUTH SUNDANCE, 4 dr., auto, low kms. ... $4,850
93 FORD T-BIRD, very clean, ... $6,350
93 LINCOLN CONTINENTAL, SOLD $7,700
92 CHEV CORCICA 6 cyl, 4 dr., mint $4,475
92 PONTIAC GRAND AM, 4 dr, SOLD $5,700
90 MERCURY GRAND MARQUIS, ...OFFERS
89 NEW YORKER, ... $4,250
89 PONT. BONNEVILLE, fully loaded . . .certified OFFERS
83 MERCEDES, imported from France $8,700
TRUCKS & VANS
98 WINDSTAR GL, dual air, quads, fact. warr. $15,900
96 DODGE RAM 1500, ... SOLD $12,500
95 DODGE RAM 1500, V8, auto., air, ... $10,600
95 FORD WINDSTAR GL, fully loaded, low kms $9,750
95 FORD AEROSTAR SPORT, low kms $7,350
95 FORD AEROSTAR XLT, all wheel drive $8,875
95 PLYMOUTH VOYAGEUR, clean as a pin $7,700
95 AEROSTAR SPORT, low k SOLD $7,450
94 F150 XL, nice, 6 cyl., auto $8,650
93 GMC SAFARI CARGO VAN .....CERT. $3,500
93 GMC SAFARI, ... $6,850
91 MAZDA 4x4, ext. cab. .....certified $5,450
90 LUMINA APV, very nice.. ..... $4,650
88 FORD CLUB VAN, mint $4,850
88 NISSAN PATHFINDER, 4x4 6 cyl., Air. $4,800
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AUCTIONS

AUCTION SALE

Thomas & Magaret Werely
1-1/4 miles North of Earmers Corners on Hwy. 138
1/2 West on HeadLine Rd. Civic No. 17189
(4 Miles North of Cornwall)
Saturday, April 8
10:00 A.M.

Machinery & Tools: Diesel 21 H.P. Kobota L185 riding mower with 5; snow blower; 5 Under Belly mower; 1950 Ferguson tractor; 5' Brush Hog Squealer; 5 H.P. Honda tiller; 1965 4 door hard top Corvair 46,000 miles, new brakes, new tires & muffler system; band saw; Starette precision tools; trailers; 2 furrow plows; Plough man by H.E. Mahouney, Cornwall, Ontario air tools; torque wrench; 2-1/4 ton hydraulic jack; a good assort of early parts manuals; Valcum gauge; compression gauge; lawn sprayer; 4 cast iron seats one Deering; small portable work benches; other misc. articles.

Household & misc: Lindsay piano & bench; set of 6 spindle back chairs; antique kitchen table; jam cupboard; hall tree; pressback rocker; oak hall mirror; early G.E. floor radio with record player; butter & cheese boxes; early child's kiddy car; garden bench; dishes; chest of drawers; quilting frames; fridge; freezer; Hitachi T.V.; stacking chairs; four 8' tables; cedar lawn furniture; bench press & weights; portable gas stove; large cast iron bear pan; approx. 17 cords of wood; other misc. article

Terms: Cash or Acceptable Cheque

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
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NEXT AUCTION

WEDNESDAY, APRIL 5th
starting at 6:30 pm

Household articles, antiques, glass, collectibles, many misc. items.

Ray Smith Auction Hall
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For info. or to consign
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3101 ROSS AVE. - 4-apt bldg. Large 2 bdrm units. Possible gross income $27,720. Drastically reduced! Now only $134,900. Call Latreille Real Estate Inc. 938-3800.

LARGE COMMERCIAL OFFICE
with reception entrance to sublet.
Situated off Pitt and 15th Street.
$400 per month includes heat, electricity, etc.
CALL 932-0063 daytime

42 LOTS/ LAND

EXCELLENT HIGH SURVEYED building lot, 165' X 265'. Super location, 3 km north of South Branch Rd, on quiet paved road, only minutes from city & golf course. Call Mike Vandermeer, Century 21, Shield Realty Ltd. 938-2121.

LAPIERRE RD, SUMMERSTOWN - 11 acres, some bush. Very private on dead end road. Build your house, shed or barn. Price at a give away, $14,900. Copy of survey. VTB. Phone 932-5614. Call now.

SPRING IS HERE - Time for building. Check out this approved building lot on Hwy. #2, 1 mile west of Ingleside. 2.76 acres, partly treed. Excellent location just 20 minutes from Cornwall with a touch of country living. Give Gilles a call for more details 938-7071, leave message.

SAVE MONEY NOW!
Refinances, purchases and debt consolidations.
Pay off high interest loans & credit cards.
5 Year Mortgage • 7.25%
UPPER CANADA MORTGAGE
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MCKENZIE ST. - Building lot suitable for semi. Most services at lot. $32,500. Also, 6 acres just north of St. Andrews. Severances possible. Only $19,900. Financing available. Call Latreille Real Estate Inc. 938-3800.

43 ROOMS

FURNISHED ROOM with house privileges. Excellent location. $275/mth. Non-smoker. Female preferred. Call for more info, 938-1745.

LOOKING FOR ROOMMATE. Close to downtown & laundry on premises. Non-smoking student or working male preferred. Available immediately. Call 938-0090.

53 FARM MACHINERY

NEW HOLLAND 65 baler with model 49 bale thrower. $1,200. Call 931-3191.

NEW HOLLAND BALER with thrower. $1,200. Call 346-5444.

57 DJ'S

POWER SOURCE DJ's. Part of the professional group of D.J.'s. Specializing in stags, weddings & any other special occasions. Karaoke & lights & 10-person trailered Hot Tub available. Call Ray 938-1962/Rod 936-0652.

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NOTICES

Public Notice

Council Meeting Date Change

The 1st Regular Meeting of Council for April has been rescheduled to April 5, 2000 7:00 pm

PUBLIC IS WELCOME TO ATTEND

68 CARTING/MOVING /STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

69 COURSES/ LESSONS

MUSIC LESSONS: Proven; helps upgrade marks in school. Guitar. Violin. Banjo. Bass. Mandolin. Hawaiian-Steel-Dobro. Teacher with lots of patience for beginners. 932-1347.

KARATE - FREE two weeks try-out. John Sandfield School, 581 Cheryl St. Classes: Tues-Thurs. 6:30-7:45pm, mixed. Light contact. $15/mth. Call 937-0998.

71 HALL RENTALS

HERITAGE HALL - 333 Second St. East. Newly renovated, 210-capacity. Fully licensed & air conditioned. Banquets, receptions, parties, etc. Catering & kitchen facilities available. Call Carl or Kathryn, 613-932-2184.

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, over-head projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $500. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

76 PET LIVESTOCKS

ALPACAS & LLAMAS. Choose from Eastern Canada's largest herd. Package specials. Contact Ron or Barbara, 613-987-2052.

LAB PUPS, yellow. Ready now. CKC registered, vaccinated, guaranteed. Call 932-1161.

ADORABLE PUPPIES: Shih-Tzus, Tiny Maltese, Tiny Pomeranians, $250. & up. Call 527-3246.

PEACOCKS FOR SALE. Call 538-2367 after 5pm.

BEAUTIFUL PUPPIES & adult dogs. Shih Tzu's, Shelties, Terri-Poos, German Shepherds & others. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

POMERANIANS FOR SALE. Male & female. Ready to go in 2 weeks. Dewormed. For more info, call 938-2962.

85 PERSONALS

DON'T WATCH ANOTHER sunset alone. Call Misty River Introductions - Cornwall's traditional matchmaker, 613-257-3531.

TAROT CARD READINGS + free Tea Cup or Crystal Ball. The mind suffers, the body cries out. Past energy blocks alleviated. Phone Elantis, 938-6199.

92 NOVENAS

MAY THE SACRED HEART OF JESUS be praised, adored and glorified throughout the whole world forever and ever, Amen. Say this prayer 6 times a day for 9 days and your prayers will be answered no matter how impossible it may seem. Don't forget to thank the Sacred Heart with a promise of publication when petition is granted. Thank you to the Sacred Heart of Jesus. K.F.

THANK YOU LORD. Say Hail Mary nine times for nine days. Make 3 wishes, the first concerning business, the others for the impossible. Publish this article on the ninth day. Your wishes will come true even if you don't believe. Thank you Lord. It's unbelievable but true. B.S.L.

In Memory of
Bob Ennis who passed away
April 2nd 1998.
"A great father and grandfather"
Sadly missed by David, Brenda, Laura, Andrea, Brian, Ian, Danielle, Kelly, and Heather

TEMPLE

In loving memory of a dear mother and grandmother, Doris, who passed away on March 21st, 1987.



Words cannot express how
much you are missed.
Your smile, laughter and every
kiss.
Our thoughts are with you every-
day
As you rest peacefully
Where we visit and pray.
Though God has taken you to rest
He left us memories ...
thanks for being the best.

Forever loved and always remembered daughter Holly, son-in-law Marc and grandchildren Ashley and Kyle

HOROSCOPES

April 2-8

Aries – March 21/April 20
Even though you want to speak your mind when you get into a heated discussion with a co-worker late in the week, keep your opinions to yourself. Voicing them only will make the situation worse. A loved one needs help with a family matter. Do what you can for him or her.

Taurus – April 21/May 21
Although it's not like you, Taurus, you have to let a loved one know what you really think about a mutual friend. Don't feel guilty about speaking your mind, because your suspicions about this person are justified. That special someone needs your support this week. Don't let him or her down. Cancer plays a key role on Tuesday.

Gemini – May 22/June 21
Have the courage of your convictions this week, Gemini, when it comes to a financial matter. Don't let others coerce you into doing something that you're not comfortable with. An acquaintance asks to borrow money. Say yes, because you know that he or she is trustworthy.

Cancer – June 22/July 22
You certainly earn the nickname "The Crab" this week, Cancer. A disagreement with a friend puts you in a bad mood, and you take it out on just about everyone you meet. Try to relax, or you'll alienate those closest to you. Sagittarius plays an important role on Saturday.

Leo – July 23/August 23
A close friend turns to you in a time of need. While you're busy this week, try to help this person. You know that he or she would do the same for you. The person whom you've been seeing wants to intensify your relationship. Say yes, because this is what you want too.

Virgo – Aug 24/Sept 22
Don't worry when you don't hear from a loved one early in the week. This person has a lot going on and is working hard to get things done. He or she is fine and will get in touch with you before the end of the week. You meet an interesting person on Friday. Get to know him or her better, because this could be the one.

Libra – Sept 23/Oct 23
You have to make an important financial decision during the middle of the week, Libra. Don't put it off. Just look at the pros and cons, and make your choice based on the facts. Turn to that special someone for advice. He or she won't steer you in the wrong direction. Aries plays a key role.

Scorpio – Oct 24/Nov 22
You get an unexpected visitor early in the week, Scorpio. While you're not happy about it, try to be hospitable. This person really doesn't mean to put you out. A business associate reveals his or her true feelings for you. Let this person know how you feel right away, or the situation could get out of control.

Sagittarius – Nov 23/Dec 21
Try to control your temper at a family function late in the week, Sagittarius. Something a loved one says upsets you, but this person doesn't mean anything by it. So, try not to take it the wrong way. That special someone has a surprise for you on Wednesday. Enjoy, because you deserve it.

Capricorn – Dec 22/Jan 20
You have a busy week ahead of you. So, try not to let those around you distract you from the tasks at hand. You have to work diligently if you want to make any headway. Don't worry — things will calm down by the end of the week. Pisces plays an important role on Thursday.

Aquarius – Jan 21/Feb 18
Be practical when it comes to making plans this week, Aquarius. There are a lot of things that you want to do, but there are a couple of things that you must do. So, don't overlook the latter just because you want to have some fun. People are counting on you. Leo plays an important role.

Pisces – Feb 19/March 20
A co-worker gets into trouble and needs your help. Do what you can for him or her. Without your assistance, the situation only will get worse. A loved one introduces you to an interesting person late in the week. Get to know him or her better.

New or Used!
See Francine Losey



FRANCINE LOSEY
CMS CORNWALL MOTOR SALES
Brookdale Ave & Hwy. 401 933-3000

CROSSWORD SOLUTIONS

SOLUTIONS ACROSS
1. Ebb
4. Dalea
9. Caul
13. Says
15. Eland
16. Able
17. "Three Faces of Eve"
20. Eternity
21. Vedas
22. Vole
23. Mmes.
25. Motile
28. Hoar
29. Rat
32. Otic
33. Sound
34. Ice
35. "Threepenny Opera"
39. Tee
40. Shied
41. Isis
42. Ors
43. Tosy
44. Parade
46. Danes
47. Ida.
48. Astute
51. Epithet
55. Three Musketeers
58. Lout
59. Icier
60. Saga
61. Ides
62. Cards
63. Tor

SOLUTIONS DOWN
1. Este
2. Baht
3. Byre
4. Defile
5. Alate
6. Lacy
7. ENE
8. Ads
9. Cafes
10. Abed
11. Ulva
12. Lees
14. Service
18. Enol
19. Overdo
23. Mound
24. Many
25. Motto
26. Other
27. Tires
28. Honeys
29. Riesa
30. Acrid
31. Tease
33. Seise
36. Estate
37. Phonemic
38. Pirates
44. Pipers
45. Adit
46. Duets
48. Atli
49. Shod
50. True
51. Eked
52. Heat
53. Ergo
54. Tsar
56. Uca
57. Sir

POETS CORNER

D. Deneault

Brooke

With your too long hair
and your pierced left ear
and your coat
that is black and leather.
When your arm is bare,
a tattoo is there,
resembling an indians feather.
And you talk too tough
and you curse and you cuss,
especially when friends are together,
you want to fit in
with that pinch on your chin.
Your girlfriends they change
like the weather.

But I know you my son,
the other one.
The one that is soft and true,
I know it exists
because I've seen
the gentler side of you.

You draw from the heart
such beautiful art,
your poetry's deep and blue.
You stoop to a child,
and your voice it gets mild,
that's the gentler side of you.

Sometimes you feel bad,
sometimes I feel sad,
I'm hoping that it will pull through.
for I know you my son,
and I know the best one
is the gentler side of you.

Love Mama

Wally Howard

Sweet Taste of Summer

Listen to the bell-a-ringing,
Hear the ice-cream man-a-singing,
See the colored cart all neat; he's
Coming down the street.

Stop your games and stop your playing,
Gather clothes without delaying,
Catch the ice-cream man replete; with
All good things to eat.

Though you know you're hot and sweating,
Wipe your brow and stop your fretting,
Now's the time to end the heat; and
Give your tongue a treat.

Know what flavour you are picking,
Orange, Lemon make good licking,
Chocolate fudge you cannot beat; and
All of them so sweet.

Money in your grasp and standing,
Wait your turn and then he's handing
You the tripple cone elite; that
Makes your day complete.

Lick your cone and lick your finger,
Ice-cream man will never linger,
On the cart and in his seat; he's
Going down the street.

OBITUARIES

MacMILLAN - Ethel

Passed away at the Parisien Manor, Cornwall, Ontario on Thursday, January 27th, 2000, in her 90th year.

Dear daughter of the late Bain MacMillan and the late Margaret McQuade.

Loving sister of the late Nellie, Alan, Murray, and Fred MacMillan and Jane Jackson (Stevenson-McQuaig).

Sadly missed by sister Daisy MacKinnon of Brockville, Ontario, sister-in-law Eliza MacMillan of Aurora, Ontario, as well as seven nieces and nephews.

Rested at the Wilson Funeral Home, 822 Pitt Street, Cornwall.

Funeral services were held in the Chapel of the Wilson Funeral Home on Saturday, January 29th, 2000. Reverend Fred Rennie of St. John's Presbyterian Church, Cornwall, officiated.

The organist was Dorothy Sullivan and the soloist was Dorothy Forrester.

The pallbearers were Sarah Jackson, Bain MacMillan, John Foster, Zachary Herrington, Danielle Raymond, and George Foster.

Interment to take place at a later date in Woodlawn Cemetery, Cornwall.

WOODS - Iris Jean

Passed away at home after a courageous battle with cancer.

Mrs. Iris Woods of R.R. #1, Williamstown, Ontario, former co-owner of Woodmac Services.

Dear daughter of the late Elmer Bradshaw and the late Jean Benjamin.

Beloved wife of the late John David Woods.

Loving mother of John Bradshaw Woods of R.R. #1, Williamstown, Ontario.

Dear sister of Bill Bradshaw (Mary) and Marjorie E. Cochand (Emile).

To honour the previously expressed wishes of Mrs. Woods no visitation was held. A memorial service was held in the Chapel of the Wilson Funeral Home on Wednesday, February 9th, 2000. The Venerable Archdeacon Ross Moulton of Trinity Anglican Church celebrated. Reflections on the life of Iris were offered by Rick Trew. Interment at a later date in Coldwater Cemetery, Coldwater, Ontario.

Funeral arrangements were under the care of Wilson Funeral Home, 822 Pitt St., Cornwall.

DUPLANTE - Lucienne Jean

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Thursday, January 27th, 2000.

Mrs. Lucienne Jean Duplante, in her 79th year, born in Plantagenet, Ontario and formerly of 335 André Ave., Cornwall, Ontario.

Dear daughter of the late Alphonse Cadieux and the late Elizabeth Groulx.

Beloved wife of Rosaire Duplante.

Loving mother of Ronald Duplante of Cornwall, Ontario, Diane (Mrs. James Beattie) of Sault Ste. Marie, Ontario, Jeanne (Mrs. Gilles Morrissette) of Kingston, Ontario, Lynne (Mrs. Tim White) of Cornwall, Ontario, and Louise Duplante at home.

Dear sister of Leo Cadieux (Alice), Alphonse Cadieux (Rose), Jean-Louis Cadieux, all of Cornwall, Ontario, Rev. Sister Mary-Beth Cadieux of Ottawa, Ontario, Simone Cadieux and Mrs. Marie Lalonde both of Cornwall, Ontario.

Survived by 10 grandchildren and 2 great-grandchildren.

Predeceased by three brothers, Rene, Josephat and Hector and two sisters, Sarah Cadieux and Mrs. Cecile Leduc.

The funeral took place on Monday, January 31st, 2000 from Lahaie & Sullivan Cornwall Funeral Homes West Branch to St. John Bosco Church with Burial at Notre Dame Cemetery. Monsignor Rejean Lebrun of St. John Bosco Church officiated.

CHOUINARD - Yvette Marie

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Friday, January 28th, 2000.

Mrs. Yvette Marie Chouinard, in her 83rd year, born in St-Henri, Quebec and formerly of 645 Glengarry Boulevard, Cornwall, Ontario.

Dear daughter of the late Ovila Lafontaine and the late Anna Gratton.

Beloved wife of the late Jean Chouinard.

Loving sister of Mrs. Yollande Lapierre of Montreal, Quebec.

Sadly missed by many nieces and nephews.

Predeceased by her husband from a previous marriage, Philippe Parent, and two brothers, Raoul and Roland Lafontaine.

The funeral took place on Monday, January 31st, 2000 from Lahaie & Sullivan Cornwall Funeral Homes East Branch to St. Felix de Valois Church with cremation at South Branch Crematorium. The Rev. Roger Desrosiers of St. Felix de Valois Church officiated.

McPHAIL - Michael Joseph

Passed away at the Janet MacDonell Pavilion, Cornwall, Ontario on Saturday, January 29th, 2000.

Mr. Michael Joseph McPhail, in his 78th year, formerly of St. Andrews West.

Dear son of the late Allan Joseph McPhail and the late Catherine Ann McDonald.

Beloved husband of Mary Anne Kennedy.

Loving father of Gerard McPhail of Sudbury, Ontario, Robert McPhail of Toronto, Ontario, Paul McPhail (Dianna) of Lunenburg, Ontario and Julie McPhail Smith (Martin) of Mississauga, Ontario.

Dear brother of Allan McPhail of Cornwall, Ontario and Anna Mary Morris of Gloucester, Ontario.

Sadly missed by grandchildren John, Travis, Amanda, Ben, and Michael.

Predeceased by his brothers, Frank, Donald, and John Joseph McPhail, and sisters Reverend Sister Anna (Imelda) McPhail, and Mary Catherine Cleary.

Rested at the Wilson Funeral Home, 822 Pitt Street, Cornwall, Ontario. A Knights of Columbus prayer service was held during the visitation.

The Mass of the Resurrection with Commendation and Farewell was celebrated in St. Andrews Roman Catholic Church on Wednesday, February 2nd, 2000 by Reverend Robert MacDonald, assisted by Monsignor D.B. MacDougald V.G., Reverend Kelvin Maloney, Reverend George Maloney, Reverend Bernard Cameron, and Reverend Mr. Kerry MacDonald.

Musical selections were performed by Donald Joseph MacPhee, David MacPhee, Lorne Lawson on the fiddle and by Catherine Defreitas on the keyboard.

Rite of Committal at a later date in St. Andrews Parish Cemetery, St. Andrews West, Ontario.

An Honour Guard of Knights of Columbus was present at church.

The pallbearers were Marty McPhail, Travis McPhail, Keith McPhail, Albert Cleary, Peter Morris, and Bob Lascelle.

Mr. McPhail was a former employee of Domtar Fine Papers, and a member of the Knights of Columbus St. Andrews Council #10416.

Funeral arrangements were under the care of Wilson Funeral Home, 822 Pitt Street, Cornwall.

WILLARD - Adrien Levi

Passed away at his residence on Saturday, January 29th, 2000.

Mr. Adrien Levi Willard, in his 46th year, born in Cornwall, Ontario and formerly of 65 Race Street, Unit #3, Cornwall, Ontario.

Dear son of the late John A. Willard and the late Hazel Quan.

Beloved husband of Claudette Willard (Alguire).

Loving father of Jamie Willard (Lisa) of Cornwall, Ontario.

Dear brother of John Willard, Louis Willard (Connie), Percy Willard, Clarence Willard (Beverley), Wesley Willard (Brenda) all of Cornwall, Ontario, Mrs. Julianne Cadieux, Shirley Taillefer, Gail (Mrs. Lawrence Dufresne) and Betty-Anne Lafave all of Cornwall, Ontario, Anita (Mrs. Adrian Cadieux) of Alexandria, Ontario, Jean (Mrs. Lucien Cadieux) of Maxville, Ontario and Patricia (Mrs. Bill Bethune) of Russell, Ontario.

Sadly missed by granddaughter Jessica, many nieces, nephews and friends.

The funeral took place on February 1st, 2000 from Lahaie & Sullivan Cornwall Funeral Homes East Branch to Memorial Chapel with burial at Ste. Catherine de Sienne Parish Cemetery.

SPINELLA - Dominic

Passed away at Glen-Stor-Dun Lodge, Cornwall, Ontario on Monday, January 31st, 2000.

Mr. Dominic Spinella, in his 74th year, born in Cornwall, Ontario and formerly of 1900 Montreal Road, Cornwall, Ontario.

Dear son of the late John Spinella and the late Carmela Geannetti.

Loving father of John (Jack) Spinella (Karen), Lawrence Spinella (Gloria) both of Cornwall, Ontario, Don Spinella (Rhonda) of Martintown, Ontario, Anthony of St. Mary's, Barbara Cote of Cornwall, Ontario and Wendy Spinella of Calgary, Alberta.

Dear brother of Gregory Spinella (Sheila) of Dartmouth, Nova Scotia, Gerald Spinella and Margaret (Mrs. Hugh Kyte) both of Cornwall, Ontario.

Sadly missed by 11 grandchildren, several nieces and nephews.

Also survived by his wife from a former marriage, Darlene Ann Richardson.

Predeceased by brothers, Charles and Joseph Spinella and sister, Mrs. Mae Legasse.

The funeral took place on February 3rd, 2000 from Lahaie & Sullivan Cornwall Funeral Homes West Branch to Memorial Chapel with burial at St. Columban's Parish Cemetery.

The pallbearers were Paul Kelly, Tony Spinella, Terry Kyte and Randy Kyte.

CHEVRIER - Albertine Bertha

Passed away at Cornwall General Hospital, Cornwall, Ontario on Tuesday, February 1st, 2000.

Mrs. Albertine Bertha Chevrier, in her 89th year, born in St. Albert, Ontario and formerly of Cornwall, Ontario.

Dear daughter of the late Joseph Boudrias and the late Emilia Lamesse.

Beloved wife of Artel Chevrier.

Loving sister of Mrs. Gloria Sabourin of Cornwall, Ontario and Mrs. Delia Mondoux of Rawdon, Quebec.

Sadly missed by many nieces and nephews.

Predeceased by brothers, Ovide, Charles and Omer Boudrias, and sisters, Mrs. Natalie Beauvais, Mrs. Edwidge Meilleur and Marie-Reine Boudrias.

The funeral took place on February 5th, 2000 from Lahaie & Sullivan Cornwall Funeral Homes West Branch to St. Peter's Parish Church with burial at St. Columban's Parish Cemetery. Rev. George Maloney of St. Peter's Parish Church officiated.

The pallbearers were the Nativity Guards.

CASEY - Timothy Marcus

Passed away at his residence on Wednesday, February 2nd, 2000.

Mr. Timothy Marcus Casey, in his 67th year, of Cornwall, Ontario, formerly of Pierrefonds, Quebec.

Dear son of the late John Casey and the late Helena Shanahan.

Beloved husband of Mary Gillis; and the late Dorothea Hickey.

Loving father of Marcus Casey (Trish) of Waterdown, Geraldine Gray (Gordon) of Hudson, Quebec, Helena Naud (Brian) of Kirkland, Quebec, Jacques Lavoie of St. Catherines, Ontario and Gaetanne Lavoie of Toronto, Ontario.

Dear brother of Reverend Eamonn Casey of England, Reverend Michael Casey of Australia, Seamus Casey, Ita Furlong and Patricia Donovan, all of Ireland.

Also survived by 6 grandchildren, Casey, Stewart, Timothy, Alex, Eric, and Emma; and many nieces and nephews.

Predeceased by his brother, John Casey and sisters, Kitty, Nuala, and Helen.

Rested at the Wilson Funeral Home, 822 Pitt Street, Cornwall, Ontario.

The Mass of the Resurrection with Commendation and Farewell was celebrated in St. Peters Roman Catholic Church on Monday, February 7th, 2000 by Reverend Michael Casey, assisted by Reverend Eamonn Casey, and Reverend George Maloney. Rite of Committal at a later date in Rideau Memorial Gardens Cemetery, Dollard des Ormeaux, Quebec.

The pallbearers were Brian Naud, Gordon Gray, Jim Burke, Sean McAllister, Joseph Gillis, and Jacques Lavoie.

Funeral arrangements were under the care of Wilson Funeral Home, 822 Pitt Street, Cornwall.

LALONDE - Alexandre John

Passed away at the Parisien Manor, Cornwall, Ontario on Wednesday, February 2nd, 2000, age 83 years.

Dear son of the late John Lalonde and the late Elizabeth Leroux.

Beloved husband of Jeannette (Goulet) Lalonde of Cornwall, Ontario.

Loving father of Rejean Lalonde, Carol Boileau (Mike), Joanne Prieur (Frank), all of Cornwall, Ontario and Paulette Lalonde (Ray Piche) of Embrun, Ontario.

Dear brother of Albert Lalonde of Green Valley, Ontario.

Sadly missed by 11 grandchildren and 3 great-grandchildren.

Predeceased by his brother, Wilfrid Lalonde, and sisters, Vanetta Durand, May Lalonde, Caroline (Carrie) Lebano, and Rita Martelle.

Rested at the Wilson Funeral Home, 822 Pitt Street, Cornwall, Ontario. A Royal Canadian Legion prayer service was held during the visitation.

A funeral service was held in the Chapel of the Wilson Funeral Home on Saturday, February 5th, 2000. Interment at a later date in Notre Dame Cemetery, Cornwall, Ontario.

The pallbearers were members of the Royal Canadian Legion, Al Osmar, Eddie Asselin, Henry Lalonde, Ken Graham, Emile Pitre, and Charlie Sayyeau.

Mr. Lalonde was a retired employee of Canada Post, and a Veteran of World War II, Royal Canadian Engineers.

KINNEAR - Laura Exarie

Passed away at Sandfield Place, Cornwall, Ontario on Thursday, February 3rd, 2000.

Mrs. Laura Exarie Kinnear, in her 90th year, born in St. Isidore, Ontario and formerly of 220 Emma Avenue, Cornwall, Ontario.

Dear daughter of the late Isidore Leduc and the late Amelia Plante.

Beloved wife of the late Oswald Kinnear.

Loving mother of John Kinnear (Iris) of Pincourt, Quebec and William (Bill) Kinnear (Joyce) of Cornwall, Ontario.

Dear sister of Lucille (Mrs. Henri Ethier) of Valleyfield, Quebec.

Sadly missed by grandchildren, Clint Kinnear (Elizabeth), Michelle and Greg Carman, David and Shannon Kinnear, and great-granchild, Hayley Carman.

Predeceased by her daughter, Mrs. Sheila Carman, brothers, Leo-Paul, Ronald and Raoul Leduc and sisters, Mrs. Rollande Hawryluk, Mrs. Leona Leduc and Mrs. Eva Turmel.

The funeral took place on February 7th, 2000 from Lahaie & Sullivan Cornwall Funeral Homes East Branch to Nativity Co-Cathedral with burial at Nativity Parish Cemetery. Rev. Real Leveque of Nativity Co-Cathedral officiated.

The pallbearers were the Nativity Guards.

Mrs. Kinnear was the founder of the Marlborough Nursing Home.

CAMPEAU - Joseph Marius

Passed away at Chateau Gardens, Lancaster, Ontario on Friday, February 4th, 2000.

Mr. Joseph Marius Campeau, in his 95th year, born in St. Telesphore, Quebec and formerly of Chateau Cornwall, Cornwall, Ontario.

Dear son of the late Emery Campeau and the late Clarilda Lalonde.

Beloved husband of Helene Campeau (nee Lalonde).

Loving father of Jacques Campeau (Eliette) of Cornwall, OntarioJean Campeau (Joanne) of Hawkesbury, Ontario, Denise (Mrs. Ernest Gauthier) of Cornwall, Ontario, and Huguette (Mrs. Roger Beauchamp) of Massena, New York.

Dear brother of Emmanuel Campeau, Roger Campeau, and Mrs. Noella Charbonneau all of Cornwall, Ontario.

Sadly missed by 14 grand-children and 16 great-grandchildren.

Predeceased by four brothers, Prudentien, Rosario, Adrien and Lionel Campeau, four sisters, Rev. Sister Simone Campeau, Mrs. Laurette Gratton, Mrs. Fabiola Carriere and Mrs. Alice Menard, and his former wife, Agnes Leger.

The funeral took place on Tuesday, February 8th, 2000 from Lahaie & Sullivan Cornwall Funeral Homes East Branch to Nativity Co-Cathedral with burial at Notre Dame Cemetery. Rev. Real Leveque of Nativity Co-Cathedral officiated, assisted by Rev. Mr. Marcel Aubé.

The pallbearers were Pierre Campeau, François Campeau, Richard Gauthier, Claude Gauthier, Denis Gauthier and Michel Beauchamp.

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Continued next week...

This article was supplied for Jim Watson by Bank of Nova Scotia.

Mutual Funds Investment Answers

Q: I have to make some mutual fund decisions but I need help. How will I know, if I hire a financial planner, if he or she is competent?

A: Ask for qualifications. Have they taken industry courses? Do they upgrade their knowledge? Ask for references. Your very best move, say the investment specialists at Dynamic Mutual Funds, would be to do a little homework and become as informed as possible. This way you can feel more confident about structuring your portfolio and along the way you'll be in a much better position to evaluate the advisor's capabilities and expertise.

Q: What is the role of a mutual fund company?

A: It's the fund company's job to research, analyze and choose the investments that will take you where you want to go. It's also the fund company's job to make sure your account is accurate and up to date, and that you're kept aware of how your investment is performing.

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The Self Employment Assistance Program provides eight weeks in class instruction on business skills. Upon graduation, you will receive a Certificate of Acknowledgment and eight college credits that can be applied towards other college certificates or diplomas. Additionally, as an eligible recipient, you may qualify for financial support for up to 36 weeks during your business startup period.

Self Employment Assistance Program
St. Lawrence College, Business & Industry Training Services
Next session starts on May 1 and finishes on June 23.
Deadline for applications is Friday, April 14, 2000.

Information Sessions will be held Wed., April 5 and Mon., April 10.
You must attend a session to be considered for this program.
Register by calling Julie Bellefeuille at 613-933-6080, ext.2153.

To qualify for this program you must reside in the Stormont, Dundas & Glengarry District. Otherwise, please contact your local Human Resources Development Canada Office.

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Mike Harris



Ontario Premier Mike Harris visited the Seaway Valley last week and was on the radio show "Talk Back" with John Divinski, answering various questions from the local listeners. Most questions that were asked to Harris concerned our education system, hospital care, transportation and anything else that was an issue or needed to be discussed with Harris.

He had tried helping the listeners by giving them friendly advice and also offering matters to be dealt with personally.

Pictured above (l. to r.): Premier Mike Harris and John Davinski.

(Photo by Rick Herrington)

YOUR INVESTMENTS

Mutual Funds Offer Built-in Safeguards



Luke **BEDARD**

In the summer of 1987, the Edmonton-based trust company, The Principal Group, collapsed.

However, mutual funds managed by The Principal Group remained unaffected, even though mutual funds (like stocks, and bonds) are not eligible for Canadian Deposit Insurance Company (CDIC) protection.

Why? Investors-not the fund managers-own the investments in mutual funds. When the Principal Group folded, Metropolitan Life assumed management of the mutual funds, and for the investors it was business as usual.

Investor ownership is one of the great strengths of mutual funds. Mutual fund managers buy and sell securities, and manage the investments on behalf of their investors-but they don't own them.

If the manager of a mutual fund ever gets into financial difficulty or even goes bankrupt, investors' assets are still protected because the fund manager doesn't own the fund or its individual securities-the investors do. In fact, the assets-stocks, bonds and cash-must be held in trust by a custodial institution (usually a bank or trust company), and the fund manager can't touch them. The arm's-length relationship between managers and the mutual funds they manage is important. Not one dollar of investors' money has ever been lost in Canada because of a mutual fund company going bankrupt or having financial difficulties.

Accountability also goes hand-in-hand with investor ownership. Mutual fund unit trusts (such as Trimark Investment Management Inc.) must issue detailed annual and semi-annual statements to unitholders just as corporations do. This means that by law investors are kept well-informed about the performance of their investments.

So if you hear someone say mutual funds aren't guaranteed or CDIC-insured, remember: investors own the funds, mutual fund managers manage the money, and custodians hold the money in trust. Mutual fund investors do enjoy protection-plus an opportunity to realize superior gains over locked-in investments.

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SMALL BUSINESS PROFILE

ENVIROMAN

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Enviroman was established in 1997 when Robert Biro and Family realized that Mother Nature was in big trouble on Planet Earth.

Since the early 1900's to the present, growth in industries and human population has sent our beloved planet on her heels. Yes, life has been good to the human race, but at whose cost? The solution? We must all try to become environmentally friendly.

We at Enviroman have done just that. Spring, summer and fall, we offer an Organic Program for lawn and garden that is safe for the environment, family and pets.

In the spring we offer our spring clean-up service and for those interested in our Organic Lawn Program, we do lawn analysis and soil testing to determine what steps need to be taken to get your lawn on the road to recovery. Aeration or dethatching may be needed depending on the condition of the lawn. Our fertilizing program consists of a spring, summer and fall application of organic fertilizer that's safe around children and pets.

Watering your lawn is another important factor in a beautiful healthy organic lawn and we will show our customers the "How's and Why's."

Enviroman's lawn cutting service compliments the whole organic program by providing professional and worry-free service helping combat pests, weeds and drought. For those who enjoy cutting their own lawn, we will gladly share our knowledge.

Fall is as important as spring when it comes to an organic program. Leaves that are put on the curb can be mulched and distributed onto the lawn and garden to put organic nutrients back into the soil. We offer this service as well. By doing this you bring the organic content in your soil back up to par.

Enviroman also offers alternative methods for those concerned with their fruits and vegetables. There are many household products along with a few key ingredients that, when combined, work just as well as chemical insecticides. Many people wish they could have a garden but feel that they don't have the time or the room for a vegetable garden. Enviroman has the solution to that as well. Patio Gardening and Square Foot Gardening is the answer. Enviroman also offers Flower Bed Design, Landscape Design and Water Garden Installation.

Enviroman's goal is to the preservation of the environment and to offer its customers a healthier lifestyle around the home by using organic products and alternative methods. Our motto is "To Serve and Protect."

Enviroman welcomes any questions or comments concerning the environment or its services. All inquiries will be answered to the best of our ability. Our e-mail address is enviroman@on.aibn.com , or visit our booth at the Spring Home Show.

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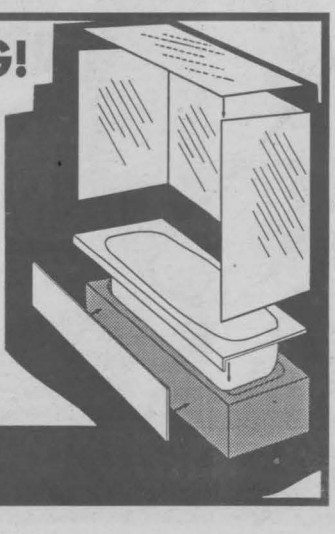
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ENTERTAINMENT

Never mind all those recent news about the *MOOSE AND GOOSE ON-THE-LOOSE* ... I could have sworn I got the glimpse of a whole batch of Bunnies on-the-run in the last couple days. Yes and they were diggin' in the ground and hiding eggs too!! Just our way of refreshing everyone that this weekend ushers in another Springtime event. This is the weekend that daylight saving time arrives on Sunday and you know the adage about ... *FALL BACK AND SPRING AHEAD* with your clocks folks. Those aforementioned bunnies were just getting a head start because this is also the month we celebrate *EASTER WEEKEND (APRIL 23-24)*, Palm Sunday, Passover and Good Friday.

You may want to watch out for this Saturday, April 1st too, as it is *APRIL FOOL'S DAY*. Surely we will hear about some of the "jokes" attempted on this day but the following is no dupe. There will be a special April Fool's Dance on Saturday at the Navy Club on Sixth Street East. It is part of *B.C.'S SINGLES DANCES* and you're welcome to attend. It's a chance to meet some old and perhaps new friends and enjoy the spot dances and all the other regular fun events.

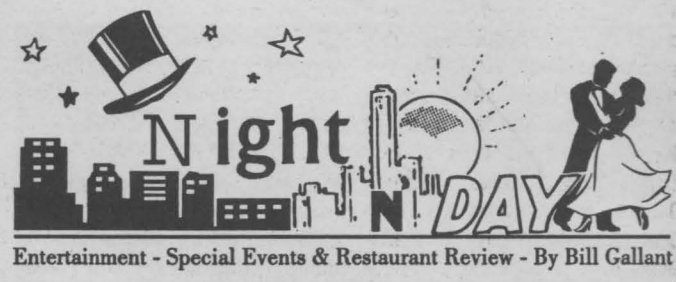
By now you surely have heard about the recent retirement from the restaurant business by long time restauranteur *EDDIE HEBERT*. Big Ed was the owner-operator of the popular *COCO'S RESTAURANT AND BAR* for many years and introduced their famous Roast Beef menu. Good Luck to Eddie in all his future endeavours and equal Good Wishes to the new owners, *PAUL & CATHY SPAGNOLO*. They invite everyone to drop by the new *CASA PAOLO* to enjoy an evening of Italian Hospitality. Patrons tell me that the new-look menu is varied and that you will be hard pressed to find "finer fare" anywhere !! Just a short drive up Vincent Massey Drive and you will see the new sign...CASA PAOLO.

Other folks apparently have noticed the arrival of those "hoppin hares" in the area and they are ready to take some pretend shots at them. It's the *ANNUAL HAM AND BUNNY SHOOT* staged by the Knights of Columbus, Council 5068 on Purcell Road in Glen Walter. If you read this in time you can participate in the Bingo, Crown & Anchor, Nevada and other games. The event is to be held this Friday, March 31st and admission is free.

Next Saturday, April 8th is the big day for the annual *ITALIAN NIGHT AT THE RCAFA, WING 424* on Water Street. There will be a table full of great Italian dishes, music for listening and dancing and prizes. Members and guests are welcome.

It's hard to believe but the *PORTO BELLO RESTAURANT* is in the midst of their *16TH ANNIVERSARY* these days at 1710 Vincent Massey Drive. Since their opening day back in 1984 the folks at Porto Bello have been serving Cornwall and area patrons the finest dining and the friendliest and courteous service for miles around. They invite everyone to drop by and help them celebrate this occasion and to take advantage of their Anniversary Specials like Alberta Red Brand AAA New York Sirloin and please wish them a Happy Birthday .

Got your tickets yet for the *UPCOMING CONCERT* of uncanny impersonators coming on April 9th? I'm told that the *SPICE GALS, BACKSTREET BOYS, BRITNEY AND RICKY MARTIN* look-alikes are fantastic and they will be on-stage at Aultsville Theatre on Sunday, April 9th at 2 p.m. Tickets are on sale at the Civic Complex Box Office.



Entertainment - Special Events & Restaurant Review - By Bill Gallant

It appears that our *CORNWALL COLTS* are going to skate, perhaps even sweep to their semi-final playoff series with the Kanata Lasers. As this is being typed the Colts have a 2-0 series lead and will probably emerge victorious by next week. Amidst some of the nasty stick-work and fisticuffs there is still some exciting hockey action offered and the Colts can use your support in their attempt to become CJHL Champs this year. The series will continue this Sunday, April 2nd in Kanata and if a fifth game is needed it will be played at the Si Miller Arena on Tuesday, April 4th at 7:30 p.m.

There are several signs that indicate that *SPRING IS TRULY HERE* and the warm weather beckons our participation. One of those signs is the familiar *DQ* sign that is now offering all those "cool" drinks at the corner of Pitt and 13th Street. Chocolate seems to be the big favourite with those tempting Georgia Mud Fudge, Whopp'n' Wild and Yukon Cruncher items.

The other sure sign is the invitation I received in the mail for the *12th ANNUAL PIKE FISHING TOURNAMENT* from Impala Motel. The event is sponsored by the South Lancaster Fish and Game Club and will be a two-day event on May 27th and 28th. If the organizers attract their expected 200 anglers the cash prize structure will be from $100.for the 10th place finisher to $1,000. for the top spot. It's usually a fun derby and you are reminded about the orientation night on May 26th at the Impala Motel in South Lancaster starting at 6pm. Friendly Fred Schneider is again one of the organizers and you can call him for more infomation at 347-2028.

If a short car trip is in your plans for this weekend you may wish to make the drive to Morrisburg this Friday & Saturday for the *MORRISBURG & DISTRICT ARTS & CRAFTS SPRING SHOW & SALE*. Admission is free but they will gladly accept donations to Winchester Memorial Hospital. There will be door prizes, refreshments and craft demonstrations and the hours are 12 noon to 7 p.m. on Friday and 10 a.m. to 4 p.m. on Saturday, April 1st.

Until next week,G'day and G'night.

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*ADOPTEES-BIRTH MOTHERS, BIRTH FATHERS. Do you need help or support in your search? Call Parent Finders at 933-9186-Carol or 932-3984-Donna or visit their website at http://www.reuniting-in-cornwall.com

*ASSOCIATION FOR THE NEUROLOGICALLY DISABLED is a registered charity offering in-home stimulation and rehabilitation to brain injured adults and children. For information on this service call 1-800-561-1497.

*BARB'S SINGLES dance schedule for April: Saturday April 1st, 8th, 15th, all regular dances. April 29th, "dress down denim". Dances are held at the Navy Club, 30 Sixth St. East. Info: 933-5903.

*BEREAVED FAMILIES OF ONTARIO Support and Share nights are held every second Thursday of every month. Anyone who is grieving the loss of a loved one is welcomed to attend. Info: 936-1455.

*"CHAMPS" Canadian Weight Awareness-Champs Club Inc., is a non-profit weight loss support organization which meets weekly. Open to Men and Ladies who share a common concern of managing pounds sensibly. Info: Elaine 250-832-7671.

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Thursday, 6:30p.m. at 533 Pitt St. Info: 1-877-874-4424.

*CORNWALL SENIOR CLUB #353 119 Pitt St., weekly activities: Monday: "500" 1:30p.m. Tuesday: "Crib" 1:30p.m., Wednesday: "Exercise" 10:00a.m. & "Euchre" 1:30p.m., Thursday: "Bingo", 1:00p.m., Saturday: "Dance" 8:00p.m. Info: 932-0980.

*DINNER/DANCE is being held on Wednesday April 5th, 5:30p.m. at Seaway Seniors, 205 Amelia St. Info: 932-4969.

*JOIE DE VIVRE, Secteur Francophone, d'Alexandria-Cornwall est un mouvement catholique d'entraide sans but lucratif qui s'adresse aux personnes vivant seules, qui ont connu une peine à cause d'une séparation quelconque. Recontres les vendredis à 7h30, 305 Baldwin. Renseignements: Lucille 933-0255 ou Jacques 932-2285.

*MOCCASIN RAILROAD CLUB will hold it's next regular meeting on Wednesday April 5th, 7:30p.m., Nativity Centre (downstairs). Interested visitors are welcome. Info: 932-0552.

"OVER THE RAINBOW" Mood Disorder Support Group meetings are held every first and third Tuesday of each month, at 7:00p.m.; 533 Pitt St. Info: 937-3703. Everyone welcome.

*PARKINSON'S SELF HELP GROUP of Cornwall meet at the RCAF Assoc. Bldg. (Wing 424) on Water St. W. on Tuesday April 4th, 1:15 pm. Anyone interested in Parkinsons is welcome to attend. Info: 936-9944 or 933-2193.

*PARTIR D'UN BON PAS activites: les mercredis, 5, 12, 19, 26 "L'heure de petits/Children's Hour" 9h30/9:30a.m.; mardi/Tuesday 4 avril "Journée de beauté/Pampering Day" 13h/1:00p.m.; "Course aux cocos/Easter Egg Hunt" , 9 avril 10h30/10:30a.m. Ecole Ste-Thérèse.Info: 938-2000.

*S.D.&G. RESOURCE CENTRE for Injured Workers is holding a meeting on Wednesday April 5th, 7:00p.m., MacDonell Inn, Cornwall Centre Road. Topic: Changes to the WSIB policy on definition of Chronic pain and entitlement. Info: 938-9111. Everyone welcome.

*SEAWAY SENIORS GOLDEN GIRLS will be performing at Parisien Manor on Wednesday April 5th.

*SEAWAY SENIORS 205 Amelia Street, activities: Monday's: "Tai-Chi":, 9:00a.m., "Beginner Line Dancing", 10:15a.m., "Yoga", 1:00p.m.; Tuesday's: " Line Dancing" 9:45a.m., "Euchre" 1:30p.m., Wednesday's: "Tap Dance" 9:30a.m.; "Yoga" 10:45a.m.; Thursday's: "Keenagers" 9:30a.m. ; "Chess" 10:00a.m. Information on all other activities: 932-4969

*SPRING CLEANING? Friends of the Cornwall Public Library want your old and new hardcover and paperback books, puzzles, magazines, maps, and patterns in order to make their Spring Cleaning Book Sale. Sale Dates: April 8th 9:30a.m to 5:00p.m.; April 9th 1:00-5:00p.m.; April 10th 9:30a.m. to 3:00p.m. Drop donations off at the Loading Dock at the back of the building during library hours.

*ST. LAWRENCE SENIORS CLUB Smoke Free Bingo every Monday & Friday 12:15p.m.; Euchre every Thursday 1:15p.m.; St. Joseph Villa Auditorium; Wheels to Meals every 1st and 3rd Wednesday of each month. Door opens at 9:30a.m. Info: 933-6040 ext. 108.

*THE GRAB BAG CLUB. A new adventure awaits kids ages 6 to 8 as the library opens up the "Grab Bag". The after school special will be held on Mondays, starting April 10th and will run from 4:00 to 4:45p.m. Register with your library card on the second floor. Info: 932-4796 and ask for YAC.

TOPS, ON4643 Long Sault, meets at Pentecostal Church, Bethune St. every Monday Night. Weigh: 6:00-7:00p.m. New members welcome. For info call Deanna 537-8636.

*TRINITY BRIDGE CLUB holds Bridge every Thursday at 1:00p.m., Trinity Church Hall. Everyone welcome.

*VICTORIAN ORDER OF NURSES PROSTATE SUPPORT GROUP meets every second Thursday of the month, 7:00p.m. V.O.N. Office, 205 Second St.E. Information & discussion for Prostate cancer patients, newly diagnosed and their loved ones. Info: 932-3451.

*WRITERS CLUB is holding a meeting on Wednesday April 5th, 1:00p.m., Kathy's Cafe, 10 Second St. West. Everyone welcome.

"... and Now, The Rest Of The Story"



Quick, what's the date immediately following the publication date of this edition of the Seaway News?

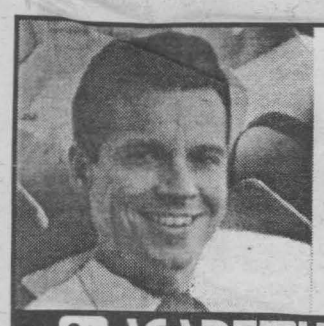
You're right! In honor of a long-standing April 1 tradition, you have just been "April Fooled"! We said 'April 1' is the date of the official opening of the recreational trail, but we didn't say what year.

It is a dream of many health conscious and environmentally sensitive citizens that abandoned railway lines be transformed into recreational paths. From California to Massachusetts, from Prince Edward Island to Vancouver Island, the successful transition has occurred.

However, locally, we 'missed the boat' when the New York Central line between Cornwall and Ottawa was closed in the late 1950s. Only a short section near Embrun was saved for recreational use.

Is that failure to capitalize on a valuable opportunity to be repeated in the case of the former "Peanut Line"? Will your grandchildren some day say to you, "Why didn't you do something to save the Peanut Line? Why didn't the other people, the government and the companies do something to save it!"

What will you say?



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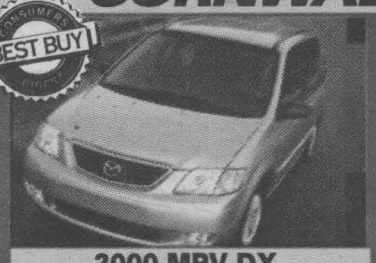

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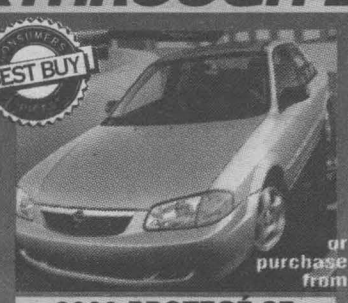

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