Get With the PROGRAM
Not all rust is created equal!
KROWN
8 Sunnyside Avenue
933-8812
BODY MAINTENANCE PROGRAM
AG15032

FREE INSTALLATION!
Bell ExpressVu $169
Programming Credit -$100
Net Price $69*
Eastern Ontario's Largest Bell ExpressVu Dealer
*After programming credits - Limited time offer, new subscribers only.
Bill MITCHELL TV & Audio
STEREO plus ELECTRONICS
1410 Pitt St. N. 938-0485
AUG15034

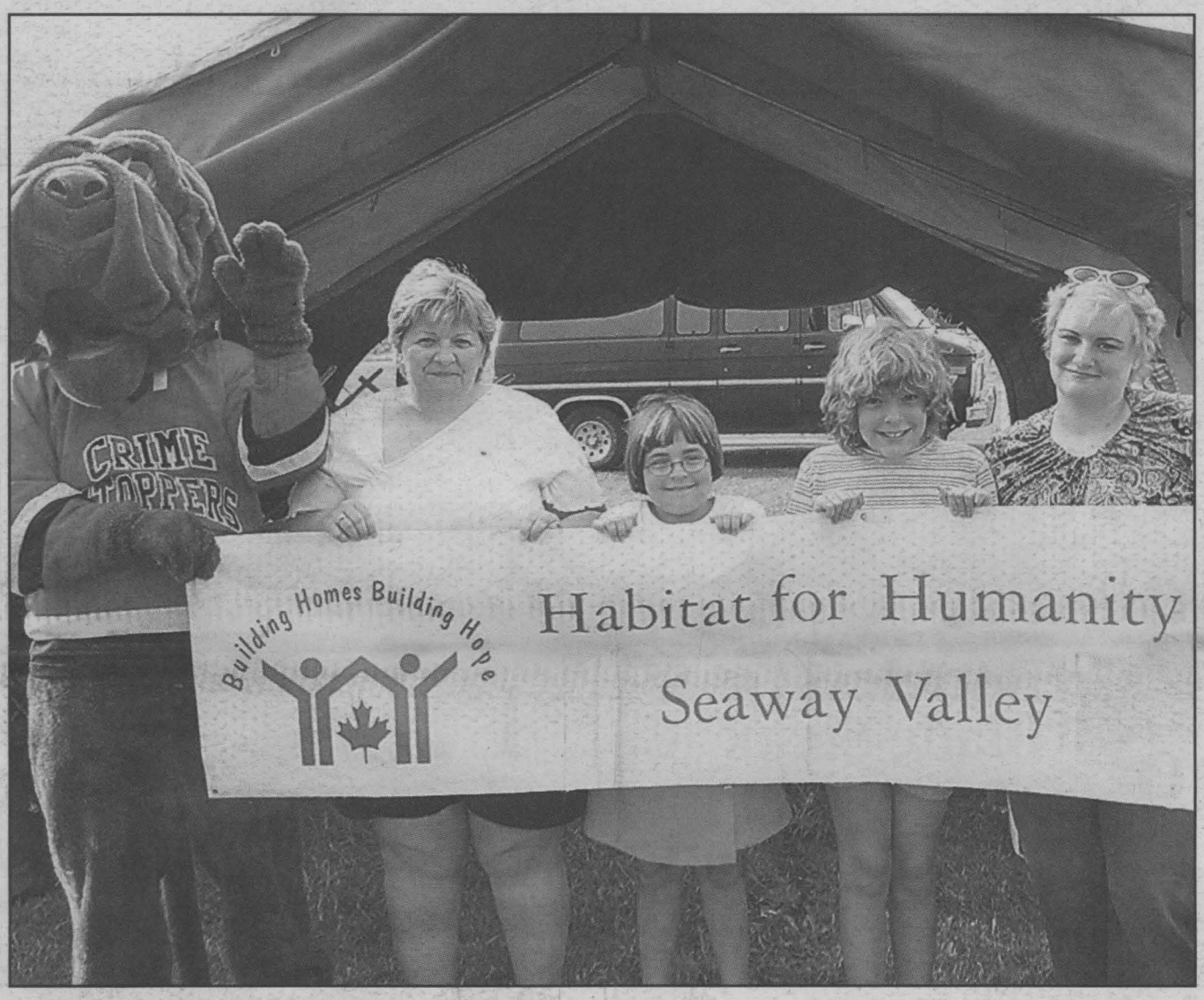
Roy's
PONTIAC BUICK GMC
Rated Top 10 GM Dealership
In Canada For Customer Satisfaction
Internet: www.royspontiac@gmcanada.com
GREEN VALLEY 525-2300

SEAWAY NEWS

Your Community Paper Since 1985

August 15, 2003 | Volume 18, Issue 48 | Serving Cornwall and Area | www.cornwallseawaynews.com

Habitat For Humanity Fund Camp Out



Looking to get the housing message across and hoping to raise funds on Friday night, August 8th, 2003 were, left to right: Who Dun It, the mascot for the local Crime Stoppers program; Habitat recipients Monique Miles; eight-year-old Danika Miles; nine-year-old Kaylie Miles and Carine Sturgeon.

Story & photo by John Divinski

A little over three years ago, Monique Miles and her three children entered their brand new home for the first time. It was the first Habitat for Humanity home built in Cornwall and Monique and her family haven't forgotten. In the past three years, the family has helped raise funds for Habitat for Humanity and they left their home to camp out at the corner of Ninth and Sidney Streets, Friday to Sunday, August 8th, 9th and 10th, 2003 as the fourth annual Habitat for Humanity fundraiser got underway. With only an army-type tent to protect them from the elements, Monique's family was joined by local politicians and Habitat volunteers, bringing attention to the need for affordable housing for all. Their goal is to raise funds to build another house–something which costs them around $60,000 to do.

DONE RIGHT ROOFING
EXPERT INSTALLATION OF SHINGLED & FLAT ROOFING SYSTEMS
call 933-2157
• Fully Insured
• Work Guaranteed
• Free Estimates
• Cornwall's Only "Authorized" G.A.F. Roofing Installer
GET THE JOB "DONE RIGHT" AND DON'T WORRY, IT PAYS!
aug1534

August Special
40% OFF REGULAR PRICED FURNITURE & GIFTWARE
CHANDLER'S LIGHTING CORNWALL
Furniture and Giftware
SEAWAY CENTRE
1400 Vincent Massey Dr., Cornwall
(next to Fabricville) 933-4231
"SERVICE IS ALWAYS IN STOCK"

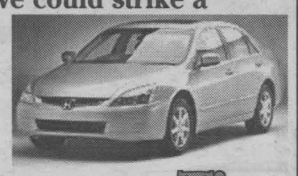
INTRODUCING THE NEW Michelin HydroEdge Tire
This Fall's latest treads!
Maximum hydroplaning resistance, innovative, cutting-edge tread design.
STARTING AT $125.40 P18570R14
Includes installation, balancing and rotation every 10,000 kms
Now available at
CORNWALL TIRE
ALLIANCE TIRE PROFESSIONALS Quality Dealer, Quality Products
Where Customer Service is #1
HOURS: Mon. thru Fri. 8am-5pm; Sat.: 8am-Noon
MICHELIN Because so much is riding on your tires.™
WE ARE AN ACCREDITED DRIVE CLEAN CENTRE ONTARIO'S DRIVE CLEAN
428-11th St. W., Cornwall 933-1515
AG15032

Family Style
240 Augustus
$129,900
Centertown. Spacious, 2 storey, granite stone dwelling. Formal living room with fireplace, formal dining, main floor family room, upgraded windows throughout, 2 1/2 baths, presently set up as in-law suite.
Marcia McInnis ASSOCIATE BROKER
RE/MAX cornwall realty inc.
938-8100

FIVE DAY WEATHER FORECAST


Francine Losey

My forecast is we could strike a deal on an Accord



Cornwall Honda

933-7558 1200 Brookdale Ave., Cornwall
www.cornwallhonda.com

Tires for Life

aug15032

FRIDAY	SATURDAY	SUNDAY	MONDAY	TUESDAY
Sunny with cloudy periods	Sunny	Sunny with cloudy periods	Sunny with cloudy periods	Sunny
Low -19°C High -30°C	Low -19°C High -25°C	Low -14°C High -26°C	Low -14°C High -27°C	Low -13°C High -25°C

www.farmboy.ca

Have weekly specials e-mailed to you every Sunday. Visit farmboy.ca and sign up for our e-bulletin "From The Pantry"

FARM BOY

814 Sydney St., Cornwall
938-8566

FARM FRESH PRODUCE

Product of Mexico
Asparagus ..... $3.90/kg $1.77 lb.

Product of U.S.A.
Peaches ..... $1.52/kg 69¢ lb.

Product of Canada
Green Onions ..... 4 FOR 99¢

Product of Canada
Sugar Baby Melons ..... $1.99 ea.

Product of Canada
Field Cucumbers ..... 4 FOR 99¢

Product of Mexico
Mangos ..... 69¢ ea.

MEAT & FISH MARKET

Northridge Farms AAA Alberta Beef
Eye Of Round Roast ..... $4.39/kg $1.99 lb.

Northridge Farms AAA Alberta Beef
Boneless Blade Steak ..... $4.14/kg $1.88 lb.

Pork Leg
Inside Round Steak ..... $6.35/kg $2.88 lb.

Fresh
Trout Fillet ..... $15.41/kg $6.99 lb.

FROM THE COUNTRY KITCHEN

Farm Boy
Garden Salad, bag ..... $3.99 ea.

Black Forest
Light Rye Bread ..... $2.49 ea.

Dairyland
Shakes & Milk To Go, 375-500ml ..... 99¢ ea.

Rougemont
Juice Boxes, 3x200ml ... 79¢ ea.

DELI & CHEESE

All flavours
Chicken Breast ..... $1.10/100g $4.99 lb.

Old Cheddar ..... $1.32/100g $5.99 lb.

We reserve the right to limit quantities. While supplies last.
Specials In Effect August 16 - August 22, 2003

LOCAL

Munsch Into Summer

Dream Maker Young People's Theatre are producing a few classic Robert Munsch stories/plays this summer. Alison Mahoney and Linzi Leclerc, who are directing and producing the plays, as well as acting with a talented cast, will bring a new perspective to the two popular stories, "A Promise Is A Promise," and "The Paper Bag Princess."

"A Promise Is A Promise" features a talented actress, Alison Mahoney, as an Inuit girl named Allashua who encounters a mythical creature "Qualupiluit." Rebecca Luck, who plays the part of this Arctic monster states, "the part is very challenging but I think all the hard work will pay off." The character Allashua learns a good lesson that anyone, young or old, can use as an eye-opener. The cast was not afraid to jump into the challenge, something different. The show really brings out Canada's diverse culture.

"The Paper Bag Princess" features Linzi Leclerc, a veteran of the stage, as the princess along with her snobby royal boyfriend, Zachary Konink. "Even though everyone has heard of "The Paper Bag Princess," all of the cast members have brought something special to the script. I know it will be an unforgettable show!" says Konink.

The show also features a few other Munsch surprises that will leave all attending pleased. Our youngest actresses, Rebecca Runions and Karleigh Ouderkirk, are really looking forward to the shows, which will take place at Cornwall Regional Art Gallery, located at 164 Pitt Street. The shows will be at 11 a.m. and 2 p.m. on Thursday, Friday and Saturday, August 21st, 22nd and 23rd, 2003. Tickets can be purchased either in advance at the Art Gallery or at the door at time of show.

Deadline Extended

The City of Cornwall has received a request from Seaway Grain Processors Inc. to extend the deadline date for the commencement of construction of the ethanol plant from Thursday, July 31st, 2003 to Wednesday, October 15th, 2003, allowing their Board to meet with their membership on Thursday, September 18th, 2003 to review their development and financing activities, and to conclude conversations with potential lenders for senior debt commitments. Cornwall City Council met on Monday, August 11th, 2003 to review the request, and has approved the extension.

Jolly Tours Ltd.

#2856780 Eastcourt Mall, Mall 613-932-6753
New Location 1-800-366-6755

NOW BOOKING

Tour The Best of Cuba
January 25 - February 8, 2004
15 DAY TOUR $3395 dbl occ.
Beat the January blahs in Cuba where the weather is great! Experience Havana, Trinidad & ocean side in Varadero.

Gavins Golden Hill Resort
August 26 - 29
4 DAY TOUR $669 dbl occ.
Tucked away in the Catskills you'll find "Little Ireland". Irish music, singing, laughter & good food!

Western Canada Canadian Rockies
Sept 2 - 11
10 DAY TOUR $2425 dbl occ.
Calgary, Baff, Kamloops, Vancouver. The majestic Rockies await you!

Agawa Canyon
Sept. 22-27
6 DAY TOUR $799 dbl occ.
This is one of our all time best tours! Breathtaking scenery!

• Shaw & Stratford Festival
Sept. 4-6 $499 dbl
• Amish of Ohio
Sept. 29-Oct. 4 $829 dbl
• Royal Winter Fair
Nov. 14-16 $389 dbl

For a full listing of all tours, call us.
Always Going Your Way!
www.jollytoursltd.com

aug15034

INVENTORY CLEARANCE!

We're Blowing Out All New 2003s
We Need To Make Room for Our New Vehicles

WHO HAS THE BEST DEAL? You Decide!!



$176* per month
Stk.#3304

2003 Pontiac Sunfire

0% Financing | $0 Security Deposit | $595 DOWN

Plus Check Out What You Get

- 2.2 Litre engine with 140hp
- 14" wheels
- power steering
- dual air bags
- 104.1" wheelbase
- Sedan model
- trunk release
- anti-theft pass. lock
- tachometer
- split seat
- $176. per month

This is a 48 month lease NOT 60 months

*48 month lease at 20,000 km a year. Taxes, licence, $350. registration fee are extra. .12¢ a km penalty for excess mileage.

0% financing up to 60 mos.



2003 Pontiac Montana

Dual air bags, anti-lock braking system, power windows, power lock, pass. key theft deterrent system, tinted windows, power mirrors, air conditioning, CD player & more

$238†† per month
Stk.#3511

- 48 month lease
- $3,850 Down
- The Most Fuel Efficient Van in its Class!
- Five Star Safety Rating
- 5 Year Factory Warranty

††48 month lease at 20,000 km a year. Taxes, licence, $350. registration fee are extra. .12¢ a km penalty for excess mileage.

Buick Luxury At An Incredible Deal!

2003 Buick Century



Dual air bags, remote keyless entry, power windows & locks, cruise control, air conditioning, & more! Stk.#3298

LIST PRICE $27,130

$19,995† CASH PURCHASE PRICE

OR 0% financing up to 60 mos.

†Cash purchase price in lieu of reduced financing. Taxes, freight, licencing and registration fee extra.

0%** PURCHASE FINANCING UP TO 60 MONTHS

On 2003 Sunfire, Grand Am, Grand Prix, Vibe, Century, Regal, Bonneville, Le Sabre, Park Avenue, Montana, Safari, Jimmy, Aztek, Envoy, Rendez Vous, Sonoma, 1/2 ton GMC Sierra Regular & Extended Cab & Crew Cab, Yukon, Yukon XL

Plus Summer Bonus - Get An Extra $1,000 Off

EXTENDED THRU AUGUST

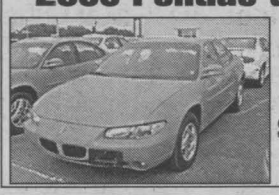
LARGEST SELECTION OF USED CARS IN SD&G

MORE GREAT DEALS FROM YOUR SD&G USED CAR SUPERSTORE

LARGEST SELECTION OF USED CARS IN SD&G

DOOR CRASHERS

2000 Pontiac Grand Prix

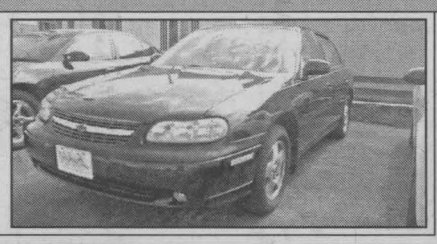


4 dr., loaded, low kms
stk#2275A
$12,995*

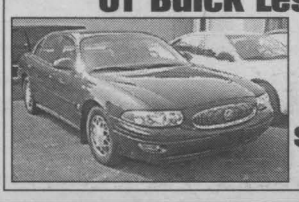
2002 Chev Malibu

Leather, power moonroof, aluminum wheels, full load, stk#A0105A

$14,867*



01 Buick Lesabre



4 dr., loaded, local trade
stk#3241A
$18,995*

VANS! VANS! VANS!

2002 Chevrolet Venture

Extended, all options, stk#A0154
$19,875*



2002 Chevrolet Venture

All options, reg length, stk#A0132
$17,888*



2000 Pontiac Montana

Montana red package, stk#3440A
$13,987*



1997 Dodge Caravan

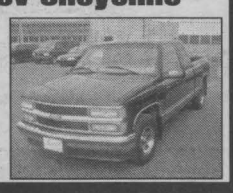
Air, cruise, 7 pass., stk#3293A
$9,585*



TRUCKS! TRUCKS! TRUCKS!

98 Chev Cheyenne

Ext. Cab, auto, air, 8 cyl., Stk.#3113A2
$16,995*



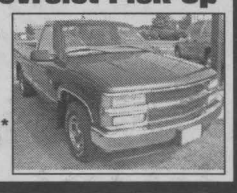
2001 GMC Sierra 1500

Extended cab. stk#3524A
$20,875*



1998 Chevrolet Pick Up

V8, auto, air, only 89,000 kms stk#3549A
$12,495*



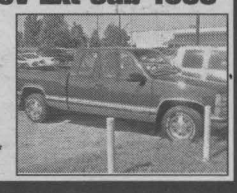
2000 GMC Sierra

Ext cab, 4x4, loaded, nice truck, for only stk#A0222
$22,888*



1998 Chev Ext Cab 1500

8 cyl., auto, air, super clean, stk#3526A
$16,995*



** OAC 0% in lieu of retail delivery credits for cash payment. †$1000 credit inclusive of applicable taxes on virtually all new 2003s. See dealer for details. *Taxes, licence, administration extra.

GM Brookshell — PONTIAC BUICK GMC

Where Everybody Gets a Great Deal!

Corner of Brookdale & 13th Avenue 932-1724 1-877-716-0479

Monday to Thursday 9am - 8 pm; Friday: 9am - 6pm; Closed Saturday during July & August

www.brookshell.gmcanada.com



Mike Carriere *Sales Manager*
Paul Bryan *Used Car Sales Manager*
Mike L'Ecuyer *Leasing & Sales Consultant*
Denise Scott *Leasing & Sales Consultant*
Shawn Pecore *Leasing & Sales Consultant*
Pierre Rivers *Leasing & Sales Consultant*
Peter Bowen *Leasing & Sales Consultant*
Jill Clermont *Leasing & Sales Consultant*

aug15032

SMALL BUSINESS PROFILE

Computers Can Be User Friendly

Are you in the market for a new computer and you want to avoid all that high tech talk and the overpriced sales pitches? Does the servicing of your business network or home computer leave you frustrated because the language you get isn't what you want to hear? User Friendly Computers, at 1278 Pitt Street, prides itself on making a customer's purchase or servicing as easy as their name implies.

"For many years, Peter Labelle and I have been talking about opening a computer store that offered quality products and excellent friendly service at great prices," commented John Joubert, Store Manager for User Friendly Computers. "Basically, a computer store that is geared to the customer and sells them what they want, at a price they can afford. And that is why we are called User Friendly Computers."

User Friendly Computers, which officially opened its doors on Saturday, April 12th, 2003, specialize in custom-built computers with packages that work well together. All their parts are 100 percent retail, as opposed to OEM, so they carry a manufacturer's warranty which will especially benefit those customers who travel or expect to move from the Cornwall area in the future. User Friendly supports both AMD and Intel systems with a wide range of variety in both, with their warranty covering three years parts and six years labour.

"We cater to the needs of the many," added John. "We work with our customers on their personal or corporate needs. We recommend a system that does what they need in the price range their pocketbook can afford. We have some of the lowest prices in town. Our goal is to bring "big city pricing" to the residents of Cornwall and area."

Peter Labelle, Owner, John Joubert, Store Manager, and James Vanderwoude, Service Manager have a combined experience in the computer field of over two decades. That combined experience gives them a certain vision into what the customer needs.

"We know, from many years being in the business, that customers are tired of bringing their equipment back," added James Vanderwoude, Service Manager for User Friendly Computers. "We strive to bring quality to our systems so customers can use and enjoy their systems. And that is only one reason why we are "User Friendly."

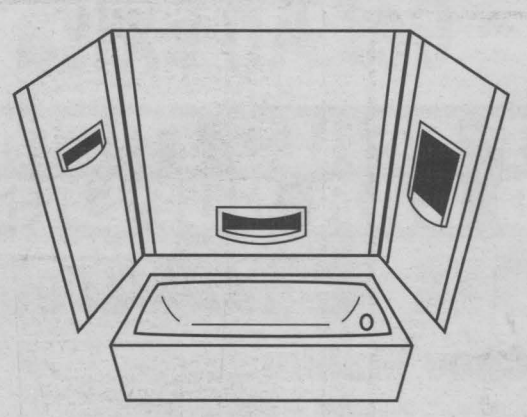
User Friendly Computers, at 1278 Pitt Street, currently have systems for sale like an AMD Entry System at $999.99 or the Intel P4 Entry System at $1,089.99. Their hours of operation are Monday to Wednesday from 9 a.m. to 5 p.m., Thursday and Friday from 9 a.m. to 6 p.m., and Saturdays from 9 a.m. to 4 p.m.

So if you're in the market for a system, or adding some new hardware, stop by and let their friendly and knowledgeable staff show you why they call themselves User Friendly Computers.



The staff of User Friendly Computers, 1278 Pitt Street, welcome everyone to come down and see why they truly are user friendly. In the photo are: (left to right) Peter Labelle (Owner), John Joubert (Store Manager), and James Vanderwoude (Service Manager).
Photo by Chris McPhee

UF USERFRIENDLY COMPUTERS
1278 Pitt Street (Across from Home Hardware) 930-2299
AMD Entry System
Roga 3059 mini ATX Tower
ASUS A7N266VM Motherboard
256 Mb PC2700 DDR Lifetime Warranty
1.44 MB Floppy Disk Drive
Maxtor 80 G 7200 ATA133
Integrated 3D Accelerated Video
56 Speed AOpen CD-ROM
Realteck ALC560 AC3 Encoder
Altec Lansing AC200 Speaker Set
17" Philips Perfectly Flat Monitor
56K V.92 Modem & 10/100 LAN
PS/2 Windows Keyboard
Microsoft PS/2 Ergo Wheel Mouse
2 Rear & 2 Front USB Ports
MS Windows XP Home Edition
Corel Office Suite 2003
Norton Anti-Virus 2003
aug15032
AMD Athlon XP 2000 + 1.6GHz ..... $ 999.99
AMD Athlon XP 2200 + 1.8GHz ..... $ 1,059.99
AMD Athlon XP 2400 + 2.0GHz $1,079.99
AMD Athlon XP 2500 + 1.83GHz $1,099.99
AMD Athlon XP 2600 + 2.13GHz $1,109.99
AMD Athlon XP 2800 + 2.16GHz $1,249.99
AMD Athlon XP 3000 + 2.17GHz ..... $ 1,389.99

VTB BATHTUB LINERS INC.
Preferred by more and more
Residential & Commercial Users
ELEGANCE PLUS AFFORDABILITY

Same Day Bath Decor Renew
Acrylic tub liners
Acrylic wall systems
Acrylic stalls & bases
Coordinated accessories
COMPLETE BATHROOM MAKEOVERS
Visit our showroom at
24 Blackadder Drive, Cornwall
(613) 930-2135
www.vtbholdings.com
AUG15033

We Sell All Kinds of Blinds

SAVE 55% ON ALL
• All Vertical Fabric & P.V.C. Blinds
• All Aluminum Horizontal Blinds
LEVOLOR
JAS-MAR
240 Pitt St. 933-8924
SHOP AT HOME SERVICE AND FREE ESTIMATES AVAILABLE
12 Parking Spots at rear entrance to parking off 2nd or 3rd Street
PARA PROFESSIONAL LINE
Flat White #1900
$19.79
INTRODUCING
Elite PARA
CERAMIC MICROSPHERE TECHNOLOGY
For a Superhard Finish Guaranteed for Life.
PARA PAINTS
Painting Canada Since 1915
aug8033
www.jas-mar.com

GUITAR SALE
ACOUSTIC starting at $99
ELECTRIC starting at $179
Cornwall's No. 1 Music Store
MELODY MUSIC CENTRE
104 Pitt St. Promenade Cornwall 933-0205
AG15033


Mark A. MacDonald
Owner
Retired Fire Inspector
THE PRINT BARN
Gallery & Gifts
Framed Prints & Pictures
Factory Outlet Prices
Cornwall's Only "Stable" Business
5500 Power Dam Drive
Long Sault Ont.
Tel 613-932-5510 ~ 932-7292
aug15023

Theresa E. Taylor & ASSOCIATES
AUCTIONEERING
CALL NOW
TO CONSIGN FOR
SEPT. 20TH AUCTION
TOLL FREE: (877) 746-9333 TEL: (613) 347-7672
WWW.THERESATAYLOR.COM
JUN13032

Summer Special
Featuring Aesthetics
Gel Nails - $34.00
Pedicure - $30.00
Manicure - $15.00

August 15 - 31 inclusive - Book Now
Cuts n' More
Locally Owned and Operated
FAMILY HAIRSTYLING & TANNING SALON
aug13032
SEAWAY VILLAGE PLAZA (beside Joey's Only) 936-0664

AUNTIE EM'S
Scrapbooking Supplies
Craft Classes
There's No Place Like Home
CALL NOW
for your schedule of upcoming classes
• Scrapbooking
• Quilting
• Toll Painting
& more
18919 King's Road
Martintown
aug15034
528-1401

LOCAL

Lauzon Looking To Run Again

Guy Lauzon announced to a large partisan crown of over 100 people that he was seeking the nomination to represent the Canadian Alliance in the next federal election. The meeting, held in the historic St. Andrews Church Hall, was a very upbeat event. The crown enjoyed the music of Ruby Tuesday, a local dixieland band before and after listening to a rousing speech by Lauzon.

Lauzon directed most of his comments



Lauzon seeks the nomination to represent the Canadian Alliance in the next federal election.

Submitted photo

at the Liberal government's poor performance since the last election. He attacked the arrogant and indifferent attitude of the Liberals. He was particularly critical of Liberal MP Bob Kilger's inaction on the proposed ethanol plant and the current Mad Cow disease. Lauzon repeatedly pointed to issues where he felt Kilger should have fought harder for the SD&C Constituents.

Lauzon, who was the Alliance candidate in the last federal election, gained 39 percent of the votes in 2000 compared to Kilger's 43 percent. He promised even better results next election if chosen as the Alliance candidate.

He told the crowd that he had gained an insight into how corrupt, arrogant and ineffective the current Liberals are during the 2000 Election Campaign. He went on to say that there is a dangerous sense of apathy towards politics that is overtaking the Canadian public to the point that four out of ten eligible voters did not cast ballots in the last election.

Lauzon went on to say that if this apathy is allowed to continue unchecked, the arrogance of the governing Liberals will only escalate.

Switching back and forth between English and French, Lauzon touched on the billion dollar gun registry, the $6 million art gallery in Shawinigan, along with the $132,487 that the Liberal government spent on golf balls last year, the $1.6 million on cameras and $54,852 on umbrellas.

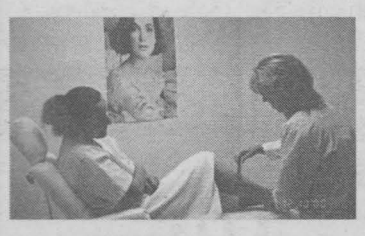
He referred to the Fraser Institute of Canada Report that stated that the average Canadian family's net tax bill increased by $1,263 between 2002 and 2003.

Lauzon was very critical of Bob Kilger's ineffective handling of the proposed Ethanol Plant that has been 11 years on the drawing board. In addition, he referred to the fact that the Riding's population has been decreasing when the population of neighbouring Ridings is escalating dramatically. He went on the criticize Kilger's lack of action in failing to bring a government department to a Riding situated within a one hour drive of Parliament Hill.

Lauzon received a rousing standing ovation when he promised to end the Liberal's 15 year rule of the SD&C Riding.

The Alliance Party of SD&C will chose their candidate at the Candidate Selection Meeting to be held Tuesday, September 30th, 2003 at the Ramada Inn in Cornwall.

New Program



Starts September 3

Aesthetics





Earn 6 credits towards your Ontario Secondary School Diploma

Be sponsored by an employer

Accumulate 660 hours towards your apprenticeship.

Want to register...

If you are over 16 and have completed grade 10, you qualify. Call the St. Matthew Catholic Learning Centre at 930-9928 or Elegance School of Aesthetics at 933-3223.

Registration and courses are FREE

St. Matthew Catholic Learning Centre

Elegance School of Esthetics

Sponsored by the Catholic District School Board, St. Matthew Catholic Learning Centre, Elegance College and the Eastern Ontario Training Board.
Greg McNally - Director of Education
Ron Eamer - Chairperson of the Board.

Part of the funding for this program provided by the Ministry of Training.

aug08034

GM Optimum USED VEHICLES
CORNWALL MOTOR SALES

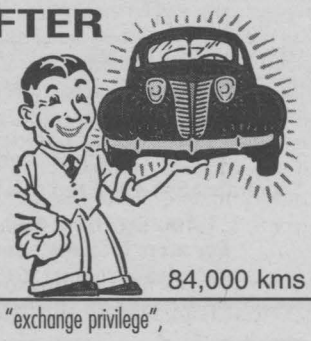
Are You AFRAID Your Used Car or Truck is ONE OF THESE??

BEFORE



184,000 kms

AFTER



84,000 kms

Buy with confidence from a reputable new car dealer and here's why ...

- all our Optimum vehicles are sold with a full month "exchange privilege",
- fully covered by "GM Warranty"
- 24 hour roadside assistance, we will certify the mileage
- we will not sell a vehicle that was accidented and repaired
- we will share the history of the vehicle
- most of our used vehicles were serviced by us since the day we sold them to the original owners
- our vehicles are inspected by our highly trained technicians
- we have a complete service & parts department to service your vehicle after the sale

02 AVALANCHE



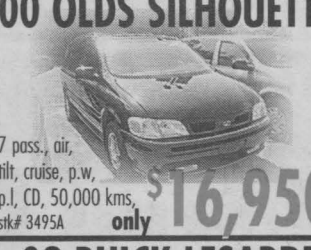
4x4, loaded, 30,000 kms stk# P3096 only $34,950

02 CHEV. EXT. CAB



4.8L, auto, air, tilt, CD, 43,000 kms stk# 3448A only $22,950

00 OLDS SILHOUETTE



7 pass., air, tilt, cruise, p.w, p.l, CD, 50,000 kms, stk# 3495A only $16,950

00 JEEP GR. CHEROKEE



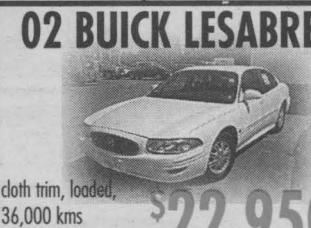
4x4, loaded stk# 3539A only $17,950

00 VENTURE EXT.



7 pass., loaded, 67,000 kms stk# P3004 only $15,950

02 BUICK LESABRE



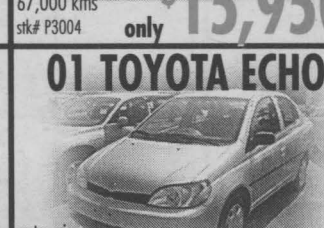
cloth trim, loaded, 36,000 kms stk# P2168 only $22,950

02 GRAND PRIX GT



loaded, 27,000 kms stk# P3019 only $19,950

01 TOYOTA ECHO



auto, air, stk# 3487A only 12,000 kms

01 OLDS ALERO



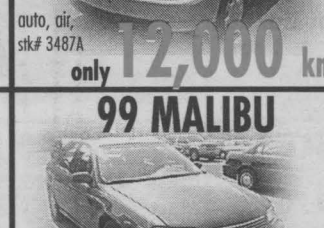
4 dr., V6, air, tilt, cruise, CD, pw, pl stk# P3098 only $14,950

00 IMPALA



loaded, 59,000 kms stk# P2177 only $13,450

99 MALIBU



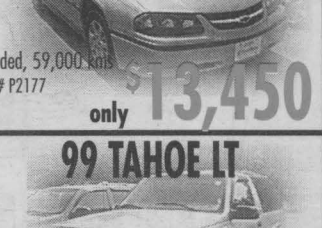
V6, auto, air, CD, tilt, cruise stk# 3379A only $9,950

93 CADILLAC



fully loaded, like new, stk# P3067 only 59,000 kms

99 TAHOE LT



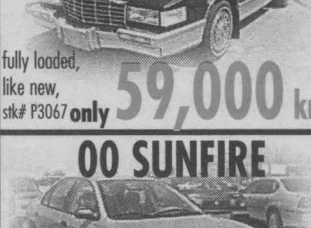
V8, auto, air, tilt, cruise, pw, pl, CD, 66,000 kms stk# 3531A only $19,950

00 CARAVAN



V6, auto, air, 7 pass., tilt, 65,000 kms, cruise, pw, pl, stk# 3530A only $13,450

00 SUNFIRE



4 dr., auto, air, CD 68,000 kms stk# P2171 only $9,450

AS TRADED - WHOLESALE

93 CAVALIER



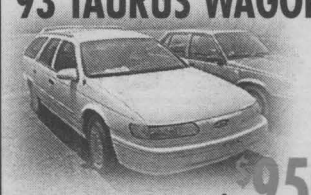
only $1,250

93 VILLAGER



only $1,500

93 TAURUS WAGON



only $950

89 AEROSTAR



only $450

90 TOYOTA

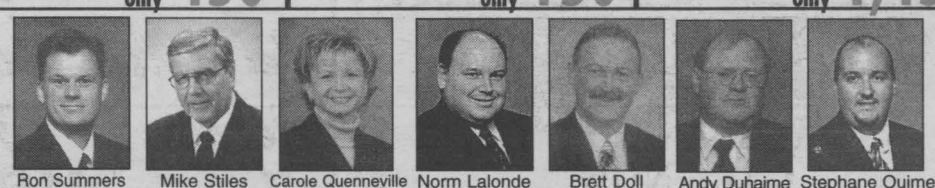


only $150

94 ACHIEVA



only $1,450



Ron Summers | Mike Stiles | Carole Quenneville | Norm Lalonde | Brett Doll | Andy Duhaime | Stephane Ouimet

The name people have trusted for 90 years.

CMS **CORNWALL MOTOR SALES**

Experience The Difference, The "Optimum" Difference

Brookdale Ave. & Hwy. 401, Cornwall (613) 933-3000

Creative Coping for Kids

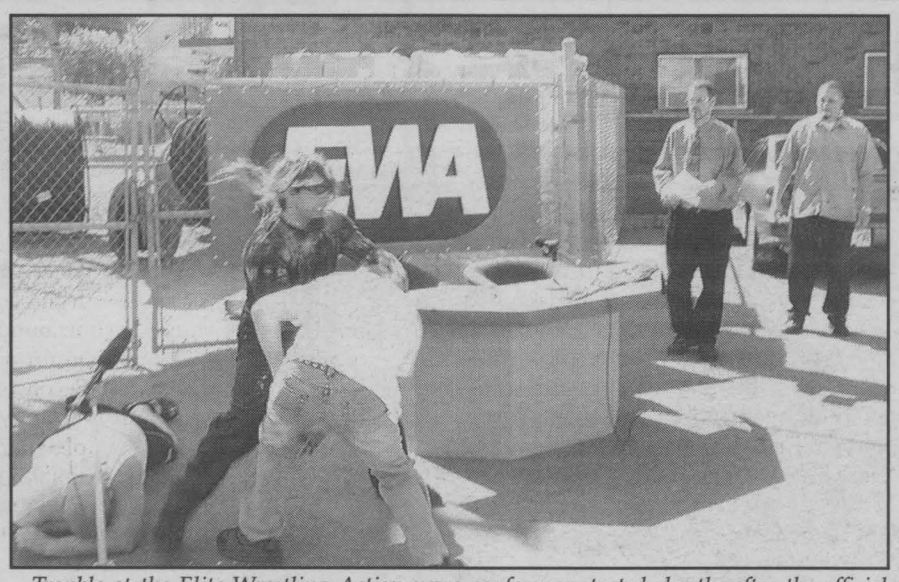


Early Intervention Program for Child Witnesses of Woman Abuse

Creative Coping for Kids is a 10 week support and education program that provides assistance to children and their mothers who have experienced violence. The mothers and children's groups are held at the same time and provide a safe place to learn about topics such as feelings, self esteem, responsibility, conflict resolution and safety. By means of interactive games and sharing circles, the program offers participants an opportunity to process and start healing from the impact of the violence they have experienced.

The next group sessions will begin on September 24th, 2003 and will be held on Wednesday evenings from 6:30 to 8:00 p.m. For more information and to register, please contact (613) 938-9909

aug15034



Trouble at the Elite Wrestling Action news conference started shortly after the official signing of wrestler Sakrilige to a contract. Wrestler Soulrage (second from left) gets into a skirmish with Sakrilige (third from left). Subsequently, security officer Tony Bedard (extreme left) was thrown to the ground by Soulrage. EWA Chairman Rye Patrick (far right) and Commissioner Alex Kade Grey (second from right) look on in disbelief.

Story & photo by John Divinski

EWA News Conference

What started out as a news conference to introduce a wrestling card in Cornwall by the Elite Wrestling Action group, ended up being a wrestling match itself. The event was held in the parking lot of Cogeco Community Television on Pitt Street on Friday, July 25th, 2003. Commissioner Alex Kade Grey announced the very first card of wrestling under this banner would go at the Si Miller Arena, "Shock and Awe" on Saturday, August 9th, 2003. Patrick said, "Elite Wrestling Action will crown its first-ever World Heavyweight Champion in a Fatal Four Elimination Tables Match, pre-determined by eight heroic men, challenged by four separate stipulation matches. Only one man will survive. EWA Chairman Rye Patrick inked wrestler Sakrilige to a contract at the event, however while that was going on, competitor Soulrage attacked his opponent apparently with no provocation at all. It took about five minutes before order could be restored. No one was seriously hurt in the melee. EWA matches are set for the Si Miller Arena on Saturday, August 9th, 2003. Tickets can be purchased at Denny's Smoke Shop on Montreal Road or by calling (613) 932-2083.

SNC Clean Water Cash Flowing More Than Ever

South Nation Conservation's Clean Water Program is enjoying banner success this year, with just under $230,000 granted to 72 property owners within the 3,900 square kilometre watershed.

"That's just for a seven-month cycle," said Watershed Stewardship Technician Jennifer Havelock. "It shows a tremendous uptake of a kind we haven't seen to date in the history of the program which goes back more than a decade."

So far this year, SNC Clean Water field representatives have already conducted 140 site visits to review 86 project proposals; that compares to a full, 12-month cycle in 2002 when 100 projects were reviewed in 163 site visits.

How do last year's grants compare? Havelock said about $277,000 was distributed to 69 property owners over the full 12-month cycle. The grants represent a combination of SNC budgeted money, federal and provincial funding initiatives, and private contributions.

Havelock attributed growing buy-in by farmers and other property owners to increasing awareness of the need to protect the province's clean water resources in the wake of the Walkerton tragedy. In addition, with the first batch of regulations under the Nutrient Management Act about to become effective Tuesday, September 30th, 2003, more and more farmers want to be prepared for full compliance.

Havelock urged property owners with projects in mind to get their applications in now. Eligible territory includes all or part of the Counties of Stormont, Dundas, Glengarry, Prescott and Russell. Approved projects require 50 percent funding from property owners.

Some examples of possible projects are manure storage, constructed wetlands, milkhouse wastewater and barnyard runoff treatment, buffer strips and other streambank erosion prevention, livestock access limitation, septic system repair, wellhead protection and abandoned well plugging.

Classified plus

Hand Picked Local Pre-Owned Vehicles

CERTIFIED PRE-OWNED VEHICLES

FIVE STAR

FEATURES AND BENEFITS OF CPOV VEHICLES!

- Peace of Mind with Daimler-Chrysler Canada Inc. backed warranty
- Roadside Assistance
- Quality Inspection & Reconditioning
- Nationwide Service
- A $750 Allowance is available on Eligible Vehicles to select Students & Special Groups
- A 6 Month or 10,000 km CPOV Warranty is included on Select Vehicles

7 YEAR 115,000 KM WARRANTY

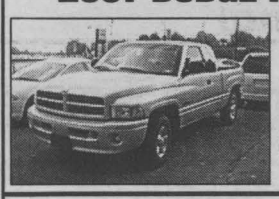
1999 Jeep Cherokee Limited



Leather, auto, air, power locks, stk#N03275A

$11,900*

2001 DODGE RAM 1500



Club cab, 4 dr., auto, 49,000 kms, stk#N03274A

$24,900*

2000 CADILLAC DEVILLE DTS

Leather, sunroof, stk#B10011X



$26,900*

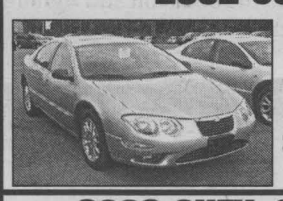
2001 IMPALA



6 cyl., air, auto, pwr windows & locks, only 36,000 kms, stk#N03199A

$18,900*

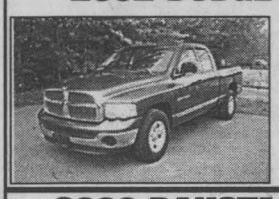
2002 300M



Leather, heated seats, 35,000 kms, stk#C05005

$28,900*

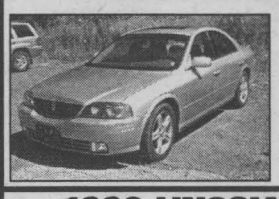
2002 DODGE RAM SLT



Full load, atlantic blue, auto, air, V8, pwr windows & locks, stk#C06015

only 20,000 kms

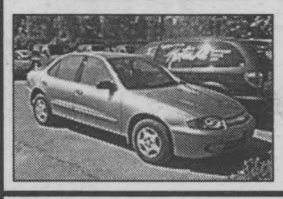
2000 LINCOLN LS



Leather, sunroof, full load, stk#

only 45,000 kms

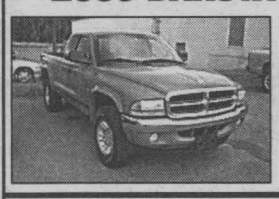
2003 CHEV. CAVALIER



Loaded, 13,000 kms, stk#C06116

$14,900*

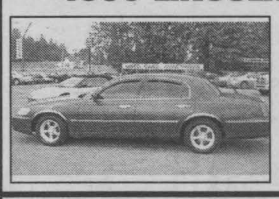
2000 DAKOTA CLUB CAB



4x4, auto, 8 cyl., 67,959 kms, stk#C01003

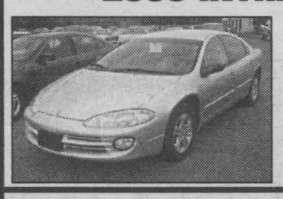
$25,300*

1998 LINCOLN CARTIER



A MUST SEE!!! custom wheels, heated leather dual elect. pwr. seats, tinted windows, many more options

2000 INTREPID ES



52,000 kms, power seats, stk#B08013

$18,900*

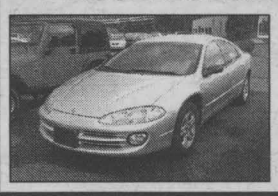
2000 NISSAN FRONTIER SE



V6, 5 spd., air,

only 63,000 kms

2002 DODGE INTREPID



Fully loaded, stk#C03017

$17,900*

2000 OLDS SILHOUETTE GLS



Leather, quad captains chairs, load levelling stk#N03262A

$18,900*

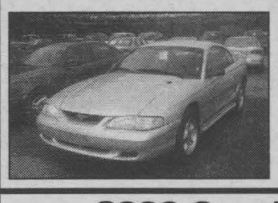
01 FORD F150 XLT



Leer cap, supercab, 2wd, running board,

only 50,000 kms

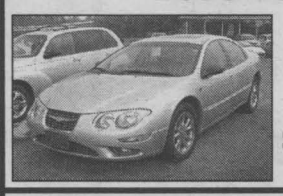
1998 MUSTANG



6 cyl., air, auto, loade, stk#N03213A

only 53,000 kms

2000 300M



Loaded, 49,000 kms, stk#C05008

$23,900*

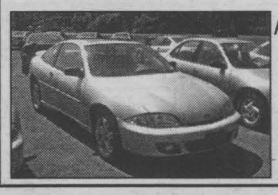
2001 DODGE RAM



V8, reg. cab, 55,096 kms, stk#C06014

$16,900*

2000 Cavalier Z24



Auto, air, power windows & locks, tilt, cruise & alum. wheels, stk#C07002

$11,900*

2000 PONTIAC SUNFIRE GT



Auto, air, sunroof, Stk#C03015

only 49,000 kms

"We Treat You Like Family"

Notman CHRYSLER DODGE JEEP

*prices are plus taxes, licence & admin.

ONTARIO'S DRIVE CLEAN

MOPAR



Bill Osborne Collette Poulin Keith Green Ken Green Phil Kyte Jack Notman

www.notmanchrysler.com

Closed Saturdays (July & August)

2205 Vincent Massey Drive 938-0934

AG15032

Life Membership



In recognition for their outstanding contribution to Kinsmen and Kinettes and their community, John and Kim Baird were recently awarded their Life Membership into the Kin Association. Presenting their plaques are National President Dave Tidbury and Founding President of the Kinette Club of Cornwall, Mabel Sleeman.

Submitted photo

CCEFV Award Of Excellence

The Coordinating Committee To End Family Violence (CCEFV) is a group of people from the community who meet regularly to work towards ending violence in the family. We are pleased to announce that we will be presenting an award to an individual in the community (Cornwall or SD&G Counties) who has made outstanding contributions towards ending family violence.

Nomination forms are available from the following locations: Cornwall Public Library, 45 Second Street East; Cornwall and Area Housing Authority, 1916 Pitt Street; all 19 County Libraries; The Glengarry News and The Winchester Press.

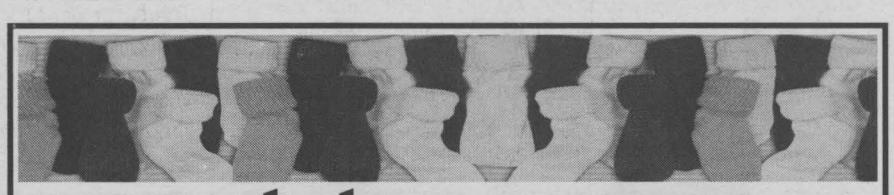
Once completed, nomination forms can be submitted to Sarah Kaplan, Cornwall General Hospital, 510 Second Street East, Cornwall, Ontario, K6H 1Z6.

Nominations must be received by Monday, September 15th, 2003. The recipient will be presented the award at the Annual General Meeting of the CCEFV in November 2003.

Second Annual Muscular Dystrophy Fundraiser

On Friday and Saturday, August 22nd and 23rd, 2003, the Cornwall Professional Firefighters Association will have their second Annual Muscular Dystrophy Fundraising event. Representing the Association, firefighters Dominic Cote and Ian Butcher will remain in a Snorkel bucket approximately 50 feet in the air for 24 hours. During this time they will have the extremely successful Boot Drive with firefighters collecting donations in support of the tens of thousands of Canadians affected by neuromuscular disorders.

During this event, the Harley Davidson Riding team involved in the National Harley Ride across Canada for Muscular Dystrophy will arrive in Cornwall to encourage the Cornwall firefighters in their efforts. Without a doubt, Firefighters are the largest single group of fundraisers for the Muscular Dystrophy Association of Canada. Please help us rise to the occasion and fight muscular dystrophy together!



Richelieu Hosiery Sock Sale

August 16th & 17th
9:00 a.m. to 4:00 p.m.

Cash & Carry

Columbia Finishing Warehouse
135 Boundary Road Cornwall

PRICES AS LOW AS $0.50 A PAIR
Tax Included!!!

Infants, youths, ladies and mens available

All Sales Are Final

aug15034

Alexander Auto

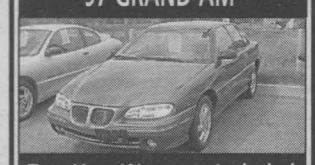


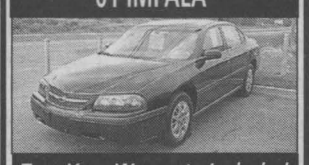
- 120 point safety inspection guarantee
- Two year Advantage Plus powertrain warranty Included
- Huge selection
- No administration fees
- All prices clearly marked
- All vehicles E-tested & safetied

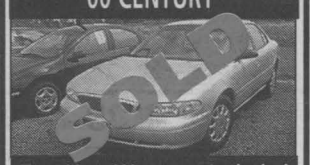
75 plus Cars And Trucks In Stock! Hurry In Before They're Sold!

2 Year Warranty Included

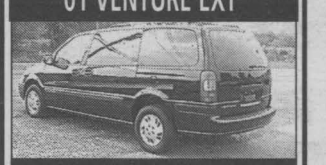
Ends August 29th, Hurry In!!

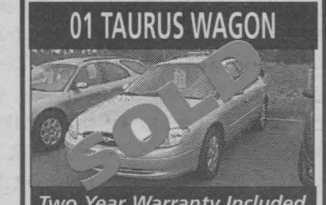
97 GRAND AM

Two Year Warranty Included
only 76,000 kms, loaded, air, pdl, cruise, tilt, CD player
Only $6,995

01 IMPALA

Two Year Warranty Included
loaded, air, pw., pdl., pm., cruise, tilt, CD, keyless entry, one owner, 79,000 kms
Only $12,995

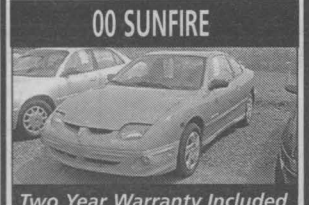
00 CENTURY


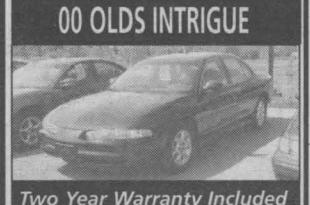
Two Year Warranty Included
one owner, auto., tilt, pw., dual climate control, loaded, air, cruise, pdl., only 79,000 kms
Only $10,995

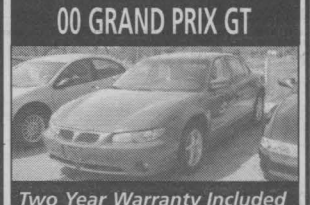
01 VENTURE EXT

Two Year Warranty Included
one owner, loaded, air, pw., pdl., cruise, tilt, CD, 4 dr., keyless entry, only 86,000 kms
Only $13,995

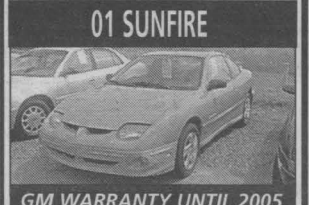
01 TAURUS WAGON


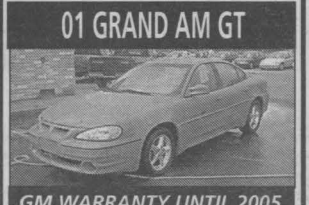
Two Year Warranty Included
one owner, loaded, tinted windows, pw., pdl., p. seats, cruise, tilt, seats for 7 pass.
Only $9,995

00 SUNFIRE

Two Year Warranty Included
only 33,000kms, auto, air, CD, tilt, one owner, very economical, low payments.
Only $8,995

00 OLDS INTRIGUE

Two Year Warranty Included
one owner, loaded 4 dr., air, pw., pdl., cruise, tilt, alloy wheels, only 54,000 kms
Only $12,995

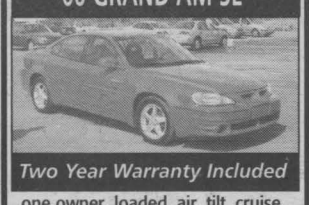
00 GRAND PRIX GT

Two Year Warranty Included
one owner, loaded, red, alloy wheels, air, pw., pdl., p. seats, cruise, tilt, CD
Only $11,995

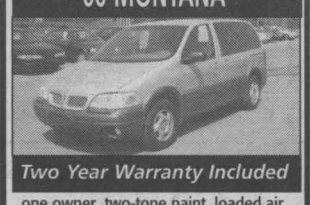
01 SUNFIRE

GM WARRANTY UNTIL 2005
one owner, 4 spd., auto, CD player.
Only $10,995

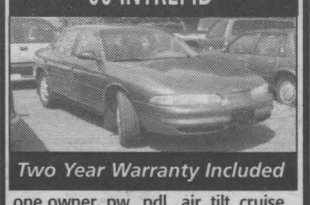
01 GRAND AM GT

GM WARRANTY UNTIL 2005
one owner, auto, air, tilt, cruise, CD player
Only $13,995

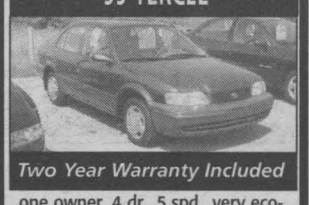
00 VENTURE

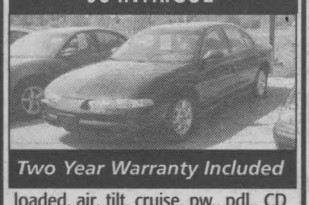
Two Year Warranty Included
loaded, 4 dr., air, cruise, tilt, auto, 1 owner, pw., pdl., CD, 72,000 kms
Only $12,995

00 GRAND AM SE

Two Year Warranty Included
one owner, loaded, air, tilt, cruise, 4 dr., auto
Only $8,995

00 MONTANA

Two Year Warranty Included
one owner, two-tone paint, loaded air, tilt, cruise, pw., pdl., CD, 65,000 kms
Only $13,995

00 INTREPID

Two Year Warranty Included
one owner, pw., pdl., air, tilt, cruise, 71,000 kms
Only $9,995

99 TERCEL

Two Year Warranty Included
one owner, 4 dr., 5 spd., very economical, AM/cassette stereo, ps., pb.
Only $6,995

98 INTRIGUE

Two Year Warranty Included
loaded, air, tilt, cruise, pw., pdl., CD
Only $7,995

aug15032

1759 Vincent Massey Dr. 938-8514

License & taxes extra on all vehicles.

SEAWAY NEWS
A Division of J.G.F. Holdings Inc.
Published in Cornwall, Ontario
34,818 Newspapers
Circulated by Ad-Bag Cornwall throughout the City of Cornwall and surrounding area.

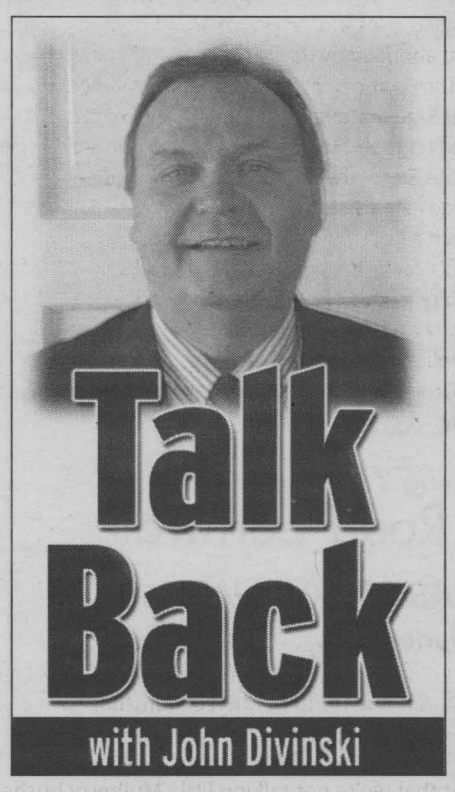
classified@cornwallseawaynews.com
comevent@cornwallseawaynews.com
composing@cornwallseawaynews.com
editorial@cornwallseawaynews.com
info@cornwallseawaynews.com

The community newspaper people look to the most

Seaway News publishes every Friday at 329 Second Street West, Cornwall, Ontario K6J 1G8
(613) 933-0014 Fax (613) 933-0024
E-mail: info@cornwallseawaynews.com Website: www.cornwallseawaynews.com
Seaway News is a member of the Canadian Community Newspapers Association and the Ontario Community Newspaper Association

Publisher: R.N. Aubry
General Manager & Editor: Rick Shaver
Sales Representatives: Bill Snelgrove, Arlene Snelgrove, Robin Cameron
Design Services: Jennifer Mayer, Colleen Benton, Kelly Doyle, Shiloh Julien
Office: Diane Lafrance, Deena Dufresne, Jan Strotmann
Accounting: Bernadette St. Louis
Photography: Chris McPhee
Columnists/Writers: Arthur Black - Bob Roth, Nick Wolochatiuk, John Divinski, Linda Williamson

We Have To Sell The Product



Our hospital has been approved by the Health Ministry to the tune of 70 percent. We're on our way and it's good, positive news.

The SuperBuild agreements are signed and we're about to get a brand-new Aquatic Centre and Curling Club. We're on our way and it's good, positive news.

Our economy has been on the upswing and that has translated into jobs—actually more jobs than the local area can fill. We're on our way and it's good, positive news.

Hit a rough spot and this community and this region will be there to help out at a drop of a hat. We raise scads of money for all sorts of great projects. We're on our way and it's good, positive news.

Just about now, local readers are probably saying why doesn't this guy tells us something we don't know. Well, that's the catch. We do know about all the good, no, great things that are happening to our communities but get a bit beyond our borders and it's the same old, same old, when it comes to Cornwall's image.

This won't be pleasant but people still think of Cornwall as that smelly town, made up of people who smoke their brains out and have questionable IQs anyway; never have any money and carry on questionable sexual practices! Challenge that if you want, but I merely reflect what many have said about the community. I don't agree as I'm sure most of those in this area don't, but that's why we have to sell, sell, sell!

We are not out of the woods yet. There is a lot of selling to do regarding this community and this region. The battle is being won, but we can't let our guards down. When you have groups like Team Cornwall, of which this reporter is a member, you have a lot of "movers and shakers" in this town who are out "selling the product." Team Cornwall member or not, we all must do the selling 24-hours a day. Whether you're in town or traveling out of town, it's up to all of us to speak positively about this community and area. I don't expect anyone to lie about the area but if you can't come up with all the positive things happening in this area, then you're living in a cave somewhere. A lot of the "selling" of this community comes on our own streets. Be friendly to visitors and to each other. Try to assist others because you never know who you are talking to. It could be some big whig in town who wants to relocate his industry and bring a whack of jobs with him or her.

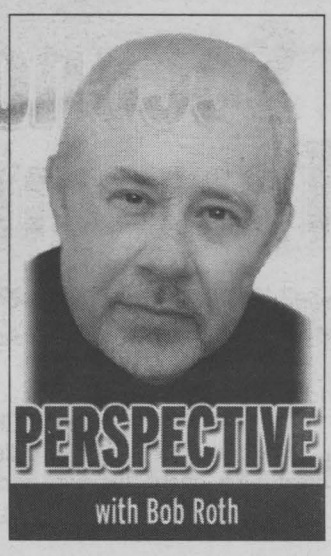
Whether you're in town or traveling out of town, it's up to all of us to speak positively about this community and area.

Cornwall still has a long way to go but we're pointed in the right direction and our leaders have made it their mandate to go after our rightful share of the pie. We can help too, just by being nice to others and speaking positively about the region you live in. Oh, there will always be room for criticism and challenges about the direction we're headed and that's healthy too because then through dialogue, we achieve the best results for everyone. I mean, there are lots of things I would challenge about the area and they will be aired in this newspaper in the weeks ahead. You do the same thing through Letters to the Editor. But don't be afraid to write that positive note every once in a while and send it off to be published.

Just remember to "sell the product." Don't forget, we're on our way and it's good, positive news!

I'm John Divinski.

Same-Sex Marriage: The Issue That Won't Go Away



Councillor Syd Gardiner said it all: "It's tough to stand up and be counted on issues like this."

His comment on same-sex marriage was made at Monday's (August 11th, 2003) Cornwall city council meeting as the elected leaders of the community passed the buck on the issue of same-sex marriage.

The issue was not subject to municipal jurisdiction, the council concluded. But then, neither is child abuse, and the municipality has had no trouble passing resolutions on that topic.

In fairness, while councillors did officially toss the same-sex hot potato out of the municipal pot, individual councillors did express their personal views. And for that, they should be commended - because as Councillor Gardiner said, this is not an easy issue for anyone, most of all elected officials.

In my opinion, we all seem to be getting quite hung up on the word "marriage." One group - those who advocate only heterosexual relationships - have cloaked the notion of "marriage" in some historical mystique that simply doesn't hold water.

"Marriage is a tradition in our country and it has been for years," Councillor Don Deebank said. "Why should they (same-sex couples) take something that's sacred to so many in this community?"

First of all, "marriage" lost its "sacredness" a long time ago. I agree that for many people, marriage is a sacred commitment - consciously made before God. But that is only one form of marriage in our society. We also have civil marriage and "common law" marriage. Over the years, more and more laws have been enacted giving common law marriage almost equal status to the other two forms of marriage, even though each version of marriage signifies something different.

In my view, as soon as you impose "marriage" on two people living together - people who have expressly chosen not to make a "marriage" commitment - you have undermined Councillor Deebank's concept of marriage. Common law marriage has little to do with "sacredness," let alone commitment. It has more to do with economics (e.g., the government gets more money by cancelling out dual income tax deductions)? In fact, over the years common law marriages have obtained almost equal status to "sacred" and "civil" marriages (e.g., laws on property division, spousal support, etc.).

In effect, we have three types of "marriage" today. The sacred type that is still found in a religious commitment made to God through the church, the voluntary civil relationship where a couple formally makes a commitment before man (if not God) and the involuntary type, where people are forced into a spousal relationship through the legalistic mechanism of common law - which takes place with absolutely no conscious act of commitment on the part of the couple - in fact, it can be done against their stated wish.

Does one more version of "marriage" in society really matter? How does adding yet another definition of "marriage" take away other people's rights or choices as suggested by Councillor Deebank? As long as churches are free to maintain their own concept of sacred marriage (as guaranteed in proposed federal legislation) why should we get excited about version four of this well-secularized institution?

Let's have some good discussion on this issue. (I promise to be kind to anyone - regardless of his or her viewpoint - who cares to send some thoughts on this matter.)



Editor's Note: Letters To The Editor are always welcomed. Unfortunately, space is limited to print letters, therefore, please keep your letters to the point. Also, some issues and viewpoints change with time, therefore we will attempt to print all letters within 2 weeks. Letters dated after 14 days will not be printed.

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words.

All letters are subject to editing and must bear the writer's name, address and phone number for verification.

The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.

Send letters to:
editorial@cornwallseawaynews.com

Don't Go There - Making Gay Marriages An Election Issue Is A Bad Idea



There are good reasons why sex, politics and religion were traditionally not discussed in civilized company.

We are now discovering some of them.

The debate over same-sex marriage - an issue that just happens to cover all three formerly taboo topics - has exploded all over the nation's editorial pages, TV screens, places of worship, living rooms and watering holes. And the inevitable fallout is bigotry, in all its unlovely forms.

I needn't look any further than my own e-mail, or the Sun's Letters to the Editor inbox. Over the past week alone, I've seen vicious, bigoted screeds of every imaginable variety. Anti-gay. Anti-Catholic. Anti-Christian. Anti-religion. Anti-social-conservative. Anti-Liberal. And so on.

Many a pundit has taken this as evidence the country is clamouring for a great, wide-open, exhaustive debate on this very subject. Some are even pushing for it to become an issue in the election after Paul Martin takes over from PM Jean Chrétien. Perhaps even the issue.

Given that the Supreme Court of Canada isn't even going to look at Chrétien's proposed same-sex marriage legislation until after the PM retires, that scenario seems quite likely.

But do we really want to go there?

Yes, I know marriage is fundamentally important to Canadians - and, clearly, if we're going to have a whole new definition of marriage enshrined in law, we all deserve a say in it.

But is this really what we want to dominate the next election?

Think about it. In the last federal election, the only party with a hope of overtaking the Liberals saw its leader ridiculed for his religious beliefs. Stockwell Day made mistakes of his own, of course, but his fate was sealed by a Liberal attack that mocked his belief in the biblical version of creation and his pro-life, socially conservative past.

Media reports described him as "scary." Anything he might have had to say about the Liberals' shameful record of waste and bungling or the Alliance's proposals for reform fell on deaf ears.

And now many in the Alliance - along with a host of hypocritical Liberals - are looking forward to yet another election hijacked by religious controversy?

Be careful what you wish for.

No question, the Liberals are vulnerable on this issue. Many, if not most, of their leading lights are Catholics who will be forced to choose between their Pope (who says they must vote against gay marriage) and their party. One survey has found most of them are against it.

If that's true, I'd bet on Martin to withdraw the legislation altogether - and the Alliance to jump all over him.

All of which would make for an explosive political show, but to what end? Will it improve Canadians' quality of life? Will it give us better government? Hardly. In fact, I'd argue that if we allow this kind of issue to dominate public debate again, we'll end up with even worse government.

Look, Canadians are split on this issue and that's not likely to change. In the end, either you believe homosexuality is an ingrained part of one's being (and therefore a human rights issue), or you don't. That divide is only going to close with the help of science or time - the heat of debate won't help.

I hesitate to bring this up, but consider abortion. Debate on this divisive issue raged for decades, in courts and in elections, until our leaders, in a breathtaking display of political cowardice, simply abandoned it 15 years ago. Far from perfect - but it worked. Abortions go on, legally and peacefully. We never managed to agree on a law, and we really should have one, but in the meantime, government has more pressing things to handle - national security, health care, the economy ... remember them?

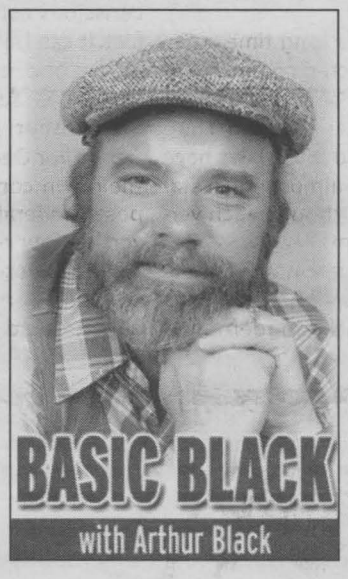
Now, consider what's been going on in Ontario ever since the landmark court ruling opening the door to same-sex marriage eight weeks ago. As cries for "debate" across the country grow louder, gay couples are getting married here in Toronto just about every day.

They come from all over (and every little bit helps our SARS-battered economy). They exchange vows and rings and tears of joy. They go home and celebrate. So far, the sky has not fallen. Traditional marriages are as sturdy as they ever were. Overall, it's been a good summer for weddings.

It's far from perfect, but it works. In fact, few things about our government work as well. Is this really an issue on which we want to focus all our public energy and outrage?

One last plea. If we must debate, keep it civilized, eh?

It's All The Rage



I have a dead mouse nailed to my office wall. I killed it personally. With my bare hands.

Don't call the SPCA - this is not the four-legged, furry, cheese-lusting kind of mouse. My wall trophy is plastic. It's the gizmo that you palpate to move around the little arrow on your computer monitor. I've never been abidingly fond of my computer, but one day, when it did something profoundly annoying, I was, as they say, somewhat overcome with emotion. I felt an intense desire to wrench the device from my desk and pitch it overhand through the window, but that would have been expensive. It would also have let the flies in. That's when my eye fell upon my wee mouse, quivering on its mouse pad. I balled my right fist and brought it down like the hammer of Thor.

Set me back $19:95, but my, it felt grand.

I'm not the first person to go postal over a computer. As a matter of fact, a recent study revealed that 50 percent of web surfers lose their tempers at least once a week.

It's not just computers of course - we're living in the Age of Rage.

Testosterone-heavy drivers who used to glare at each other and perhaps tap their horn once or twice now exchange obscene gestures, foam at the mouth and cut each other off. Road Rage.

And of course, there's Air Rage. A British banker by the name of Finneran flipped out on a flight from Buenos-Aires to New York last year, assaulting three flight attendants and defecating on a food trolley.

A simple 'I'm not hungry' would have been sufficient, sir.

But when I heard about the assault on the woman dressed as an Italian sausage, I knew that Rage Rage was getting out of hand. Happened during a baseball game in Milwaukee last month. A woman dressed as an Italian sausage, accompanied by a colleague wearing a hot dog costume (I am not making this up) was running around the bases between innings as part of a fast food ad campaign. One of the ball players teasingly tapped the Italian sausage impersonator with his bat, the sausage lost its balance and knocked over the human hot dog and Hey, Presto! - An Incident. The ball player was (I'm not making this up either) led off the diamond in handcuffs by gun-toting cops. An advertising executive speaking for the jostled meat puppets (perhaps overreacting ever so slightly) intoned "This is one of the most outrageous things I've ever seen inside a ballpark or outside a ballpark. It sickened me to see it."

Yeah. Mascot Rage. Life doesn't get any uglier than that.

Or maybe it does. Come with me now to a quiet, leafy cul de sac in the city of Lincoln, England. You see that yellow line of police tape encircling that modest cottage? Murder investigation. The cottage owner got shot to death last week. By his next-door neighbour.

Because his hedge was too high.

That's right - Hedge Rage - and it's not the first fatal case. Last May, a 74-year-old homeowner in Louth, Lincolnshire died of a heart attack following a fistfight with his neighbour over a hedge dispute.

I should point out that we're not talking little Mulberry bushes here. The hedges that are causing all the trouble are Leyland cypresses - monster trees that shoot up like bamboo on steroids. They easily grow to 30 feet and they're very popular with Brits.

Well, with some Brits. For those who hate 'em there's Hedgeline. It's a support group with its very own website and it lobbies on behalf of people with grievances. About hedges. A spokesman for Hedgeline estimates there are more than 100,000 victims living involuntarily in the shade of their neighbour's hedges throughout the U.K.

Well, fine - but a website?

That's all I'd need. My neighbour throws up a giant wall of cypresses that plunges my home into perpetual darkness. Do I protest or sneak out with a chain saw during a thunderstorm - no. I'm a good, polite Canuck. I turn on my computer and tap in www.hedgeline.uk.

And an hourglass appears. And I wait. And wait. And wait. And finally, as cobwebs begin to enshroud on my keyboard, my screen tells me: this page cannot be displayed. Followed by: this program has performed an illegal operation and will be shut down. Followed by a pop-up ad for Microsoft Windows Megapixel System 9.5.

To hell with it. Kill your mouse. It's more satisfying.

letters TO THE editor

Thanks For The Article About My Book, "Missing"

Dear Editor,

I would like to take this opportunity to thank the Seaway News and John Divinski for the wonderful article about my book, "Missing," that ran in the Friday, July 11th, 2003 edition. Since this article, I have had many citizens in the SD&G area inquire and purchase a copy. Sales of my book increased dramatically. I was selling about three copies a week, but the day the article hit the streets, I sold six copies at Super C alone.

The article mentioned that Arthur Burz, a tour guide that I had met in France last year, was meeting with four German soldiers who were at the Abbaye d'Ardenne, to find out if they had any information about my uncle, L/Cpl. George Pollard of the SD&G Highlanders, who was murdered at the Abbaye on June 17th, 1944. It turned out that these four soldiers were stationed about a mile away from the Abbaye. They told Arthur that they knew of the 20 Canadians murdered at the Abbaye, but could not give any light on where my uncle was buried. The meeting ended on a positive note as Arthur was given more names of soldiers who were at the Abbaye according to one of the soldiers.

I can only hope that Arthur has good news the next time he calls me. He now has to find out where these soldiers live and also if they are still alive.

If anyone would like a copy of "Missing," you can purchase a copy at Wanderlust Books on Pitt Street, The Old Book Store on Montreal Road, Super C on Vincent Massey Drive, or contact me at home (613) 938-1752, or via e-mail at shawn.pollard@sympatico.ca.

Thanks again for all your help.

Gregory Pollard, Cornwall

Your hometown weekly newspaper since 1985. Serving: the City of Cornwall; Alexandria; Apple Hill; Avonmore; Bainsville; Berwick; Chesterville; Dunvegan; Finch; Green Valley; Ingleside; Lancaster; Long Sault; Lunenburg; Martintown; Maxville; Monkland; Moose Creek; Morrisburg; Newington; North Lancaster; South Lancaster; St. Andrew's West; St. Isidore; Summerstown; Williamsburg; Williamstown; Glendale; Winchester; and Winchester Springs and Cornwall Island.

HOURS: Mon. - Thurs. 8:30 am - 5:00 pm; Fri. 8:30 am - 4:00 pm

Published weekly by Seaway News and distributed by D&D Distribution.

WARNING: The Publisher will not be responsible for any errors in any advertisement after one insertion.

Readers are advised that on occasion ads run in our publications that may require an initial investment. Example: work at home ads, or ads offering information on jobs, government homes, or vehicles. As a rule, we try to screen these ads, however, we urge you to investigate the company's claims thoroughly before sending any money and proceed at your own risk.

The Publisher reserves the right to edit, revise, classify or reject an advertisement. Seaway News also reserves the right to refuse or to cancel any advertising for any reason at any time, with no notice.

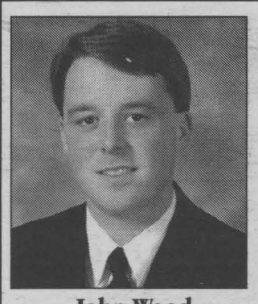
Reproduction rights of ads produced by the Seaway News are the property of the Seaway News and may include material produced and protected by copyright from syndicated services. Permission of the publisher must be obtained before copying any of the material from any issue of the Seaway News.

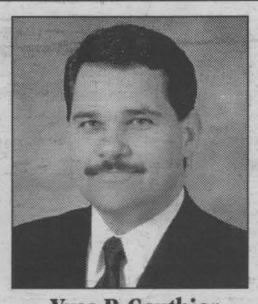
The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS ocna

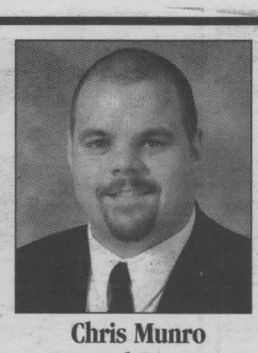
INTERNET SITE: www.cornwallseawaynews.com E-mail: info@cornwallseawaynews.com


John Wood
Funeral Director


Yves P. Gauthier
Owner/Funeral Director

SALONS FUNÉRAIRES
Munro & Morris
FUNERAL HOMES LTD.
The people you know, the name you trust.


Alistair M. MacDonald
Owner/Funeral Director


Chris Munro
Funeral Director

MAXVILLE
20 Main St., 527-2898
ALEXANDRIA
114 Main St. S., 525-2772
LANCASTER
46 Oak St., 347-3629
e-mail: munromoris@glen-net.ca
Funeral Directors:
Dale Munro ~ Ron Munro
JUN06031

letters TO THE editor

Scooters

Dear Editor,

I noticed a piece in the Seaway News about people who have scooters (Friday, August 8th, 2003). Mrs. C. Campbell stated that people who have them were too lazy to walk or cheated the system.

My question to Mrs. Campbell is: are you a doctor or just playing God? Has Mrs. Campbell checked into what is involved in getting a scooter? I would say she has not.

But just to share with her, most of the people on scooters can walk the "short distance," but not the "long" distance.

Some people (eight to ten percent) have bought the scooters themselves or for a loved one. For many, they would not be able to get out if they did not have them. Some of the people in the scooters need to have help getting in and out of the scooter.

Most of the people that have scooters must pay a portion of the price themselves, leaving only a small portion that could not afford one. These people have been trying to give back something but up to now have not been able to.

Now, though, these people are forming a group called The Disabled of Cornwall. They are looking for ways to give back to the community. The reason for this is that they wish to show their appreciation to those who have given to them by providing a service back to the community. They meet every Tuesday at 6 p.m. in the Old Hodgins Lumber Centre, across from Giant Tiger. A sign will be posted at the meeting place.

On behalf of the group, Mrs. C. Campbell, I would like to invite you to come and see for yourself. Also on behalf of the group, I would like to invite others to come, both able and disabled.

Joseph Fellober, Cornwall

Voting Is Not Enough

Dear Editor,

One cannot contemplate our government for very long and maintain their composure. Every summer we are leaderless, of course. A raft with no oarsmen. This ship called Canada must drift along on its own until three month vacations are fulfilled en masse.

But don't worry, our dedicated civil servants wouldn't leave us without good plans, or would they?

Marijuana laws don't even exist. Even the sanctity of marriage was dealt a crippling blow.

Every year it seems to simply get worse. We blame Jean Chrétien for everything, but is that fair? Then there seems to be hope that endless downward spiral may soon end.

President Bush won't even talk to us until our PM is really gone. Indeed, Mr. Chrétien has this whole country on hold and not just until the end of summer. Honestly folks, just voting at the next elections is not enough. Perhaps we need to enlist the power of prayer in a quest for better leadership for this, at times, great country of ours.

Raven Van Leishout, Cornwall, Ontario

Two Top Parties Wouldn't Give Cornwall Five Minutes

Dear Editor,

They say that government moves at a snail's pace, and that issues that are important to the average citizen get lost in the shuffle. Well I disagree. Government not only moves slow, it moves sideways, backwards and at times even stops.

One particular issue was the petition signing that took place a few months ago in Cornwall. We, as a group, tried to present our petition to the Conservative party to show the concern that the over 2,000 voters had in not receiving cheaper electricity that most of the province enjoys through the ceiling cap that is in place. After more than 12 long distance calls to numerous top executives in the Ernie Eves government, we were finally told to go away because there was nothing they were prepared to do to remedy the situation.

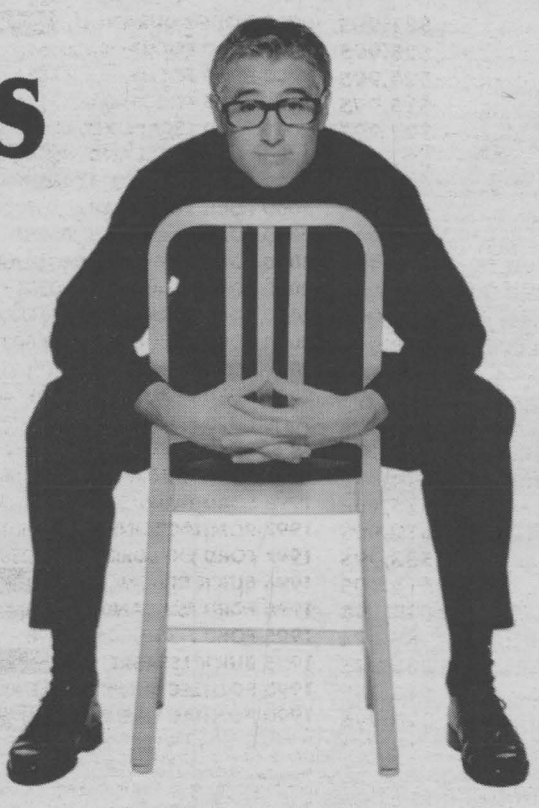
Our group, although disappointed, tried to come up with a new angle where the concerned voters who came out to sign the petition could be heard. We started conversations with the Liberal government under Dalton McGuinty to accept the over 2,000 signatures on our petition. It was not our intention to have Dalton's party do anything more than to accept these voters' names and state that if the Liberals form the next provincial government that he would at least look into the problem. Again, after more than a dozen long distance phone calls, no one from the Liberal party was willing to even accept the names of the concerned people of Cornwall who came out to sign their names so that an elected official could have tangible proof there is a problem. We have kept the phone logs as proof that indeed all the above calls were made.

So to the Cornwall Electric customers, I am sorry I could not, on your behalf, get any elected official to accept your names asking for help and fairness in this issue. When the provincial election is finally called, remember that the two top parties in Ontario wouldn't give the citizens of Cornwall five minutes of their time to address an important issue such as a fair price for electricity.

Gary Besner,
Chairman, Citizens For A Fair Electrical Rate,
Cornwall

Progressive Bifocals

2 Pairs



$199

2 Complete Pairs
Frame & Lenses

Get A Pair With A
Spare Or Share With
Family Or Friends.

Laurier Optical

EYE EXAM AVAILABLE • NO DISPENSING FEES

CORNWALL • CORNWALL SQUARE • 936-6666

• Orleans, 1811 St. Joseph Blvd. 523-2000 • Hunt Club corner of Bank, 521-8884 • St. Laurent Shopping Centre, 741-4448 • Billings Bridge Plaza, 523-7772 • Hull, 295 Boul. St-Joseph, 771-2222• 621 Somerset St. W., 236-2222 • 141 Laurier Ave. W., 238-9999 • 54 Elgin St., 235-8888 • Rideau Centre, 569-2222 • Place D'Orleans, 841-9999 • Carlingwood Mall, 761-9999 • Kanata Centrum Mall, 599-9599 • Gatineau Les Promenades, 246-2222 • Aylmer Glenwood Plaza, 685-2222 • Renfrew, 108 Raglan St. S., 432-4488 • Cornwall, Cornwall Square, 936-6666 • Kemptville Mall, 258-2700 • Brockville Centre, 345-1119 • Masson-Angers, Marché Larose, 819-281-9222 • Belleville, Quinte Mall, 967-0000 • Kingston, 281 King St, 546-4444

No taxes, one year warranty on all our frames under normal use. Exclusive selected frames. Contact lenses 50% off, disposables $22/box of 6 lenses, monthly $32/box of 6 lenses. Single vision eyeglasses $99/2 complete pairs, frame & lenses. Lifetime warranty on all our unbreakable lenses against breakage. See store for details.

aug15034

Do You Agree With The Supreme Court's Decision?

Dear Editor,

A few days ago, Canada celebrated her 136th birthday. She can now boast she is one of three countries in the world advocating same-sex marriage.

Citizens of Cornwall and of this great country, do you agree with the decision of the Supreme Court? Viewers of television had an excellent chance to see a "sham" as the Justice committee voted on Svend Robinson's (MP) motion not to dispute this decision on same-sex marriage.

It is not too late to write to your MP, MPP, Minister of Justice, Honourable Martin Cauchon. When you do write, do so with love – a recommendation of Michael Coren, journalist and TV host.

There are many things to consider about this decision of the Supreme Court:

1. Who makes the laws for Canadians - nine appointed judges or our elected members of Parliament?
2. The gay population is a minority and do have equal rights (Bill C-23) and many of them are not in favour of this recent decision.
3. In a few years, another group could be challenging "the two persons" idea of marriage to include more.
4. How will this decision affect our clergy who do not agree with this new definition of marriage?
5. How will this concept of marriage affect families who do not agree? There are many different faiths in Canada.
6. Have the rights of children been considered in all of this? Are two men going to be able to teach female children the things they should know and vice-versa for women who adopt boys? Children also have a right to know who their biological parents are.

No one can foresee the travesty that this decision of the Supreme Court could cause.

The Bible clearly states "God created man in His own image, in the image of God created He him: male and female created He them." Genesis 1:27.

Mary Sproul, Cornwall, Ontario

ClienTEL Plus
CALL CENTRE SOLUTIONS

Canpage
Communications Ltd.



AWARD WINNING
- 24 Hour Personalized Telephone Answering Service
- 1-800 Customer Service
- Remote Reception Services
- After Hours Call Centre
- Emergency Call Handling
- Overflow Reception
- Dealer Locate

CAMX GOLD AWARD
For outstanding service

Blended Customer Contact Centre Solutions

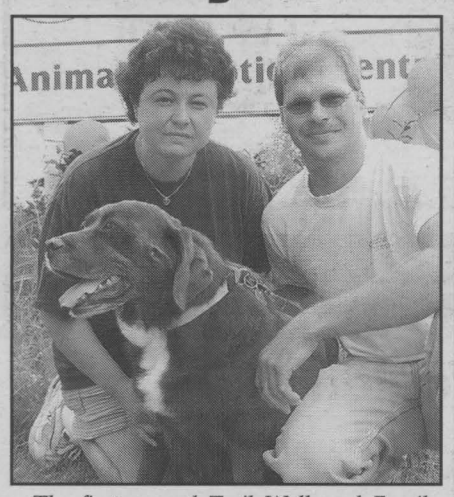
938 • 3867
408 Pitt Street, Cornwall
www.clientelplus.com

Your partner in business

aug15033

LOCAL

OSPCA Family Fun Day



The first annual Trail Walk and Family Fun Day, sponsored by the Ontario SPCA, SD&G Branch Animal Adoption Centre, was a success, according to manager Marjorie Morrison. She was hoping to raise an estimated $3,000 from the event which took place on Saturday, July 26th, 2003. The money will be used to help defray expenses at the shelter on Boundary Road. "We're extremely pleased with the turnout and appreciate the community support. We're already making plans for next year," Morrison said. Besides the trail walk in the Gray's Creek Conservation Area, there was a barbecue and entertainment at the shelter.

Over $1,000 was raised by Niki Stewart of Iroquois (left) and her husband Kevin (right). Niki said she did it for those that "can't speak for themselves." The bonus is their pet Lab/Springer Spaniel, Cody, got to go for a walk for a good cause.

Story & photo by John Divinski

Employers Need Auto Body Repair Persons

A survey of employers confirms that we face a critical shortage of certified auto body repairpersons. That shortage is frustrating employers and affecting the costs of having your auto repaired.

The Eastern Ontario Training Board, a leader in the promotion of skilled trades, career options and workforce development for the Counties of Prescott, Russell, Glengarry, Stormont and Dundas just completed a research project that confirms the shortage of certified workers.

Due to the ever-increasing changes within the industry, technology and the shift in our global social structure, local companies have a serious concern as to whether or not our auto body sector is equipped to handle it. For this reason, the Eastern Ontario Training Board felt compelled to examine and assess the situation in our five Counties.

The actual research was conducted during the period of March 2003 to May 2003. Sixteen businesses interviewed were in Prescott-Russell and 26 businesses were from Stormont, Dundas and Glengarry. From the 42 companies interviewed, there are a total of 187 persons currently employed in the auto body sector and only 82 are certified in auto body repair. These findings seem to indicate that only 44 percent of the workers employed in auto body repair in our five Counties are fully certified tradespersons.

In addition employers confirmed that they are considering hiring at least an additional 38 fully certified workers within the next two years.

Findings suggest that an overwhelming number of employers (74 percent) are quite willing to sign up their employee(s) for apprenticeship training and provide them with recognition of their experience to date as well as opportunities to attend college for the theoretical part of the apprenticeship certification process.

For additional information, please contact the Eastern Ontario Training Board at (613) 932-0210 or by e-mail at info@eotb-cfeo.on.ca.

Your Best Choice For Summer Savings

Now At Miller Hughes Ford

0% 60 Month Purchase Financing

PLUS

$1,000 Cashback

Purchase or Lease
on most new in-stock 2003 Ford vehicles

OR

Get savings of up to $6,000 on Cash Purchase‡

Savings range from $1,000 to $6,000 on new in-stock 2003 Ford Focus, Mustang, Taurus, Marauder, Grand Marquis, Ranger, Explorer, Escape, Windstar, Expedition, Excursion, F-150 including SuperCrew.

During our Great Canadian Drive-Away Event
Hurry in for Best Selection

AND... AT YOUR EXPERIENCED CAR CENTRE
Where You Can Buy A Quality Used Car



2002 WINDSTAR SPORT	1996 MUSTANG	2000 GRAND MARQUIS LS	2000 F-150 XLT 4X4	2000 EXPLORER SPORT
Rear air/heat, quads, fully loaded, red	Auto, air, white	Fully loaded, leather interior, silver, 77,000kms	Reg cab, V8, loaded, off road pkg., trailer towing pkg., 75,000 kms, tan	2 dr., fully loaded, 43,000 kms, blue
$21,995	$9,995	$18,995	$19,995	$18,995

2003 FORD EXPLORER XLT 4X4,	$31,995	2000 DODGE DURANGO, SOLD	$19,995
2003 CROWN VICTORIA L SOLD	$28,995	2000 FORD FOCUS, stk# J0161A	$12,995
2003 FORD TAURUS SEL, stk# J0184	$24,995	2000 FORD FOCUS, stk# J0187A	$12,995
2002 FORD FOCUS, stk# J0 SOLD	$15,995	2000 FORD FOCUS, stk# J0215A	$12,995
2002 GRAND CARAVAN S SOLD	$24,995	2000 FORD ESCAPE XLT, stk# J0194A	$26,995
2002 FORD TAURUS SEL, stk# J0220A	$20,995	2000 PONTIAC GRAND PR SOLD	$12,995
2002 FORD MUSTANG, stk# J0222A	$19,995	2000 FORD F-150 XL, LONG BOX,	$13,995
2002 FORD WINDSTAR SP SOLD	$24,995	2000 FORD SUPER CAB,	$16,995
2002 EXPEDITION XLT, leat SOLD A	$34,995	2000 FORD FOCUS, stk# J0096A	$12,995
2002 FORD TAURUS, stk# J0188A	$18,995	2000 FORD F-150 4X4 REGULAR CAB XLT, stk# 03042A	$18,995
2002 FORD MUSTANG, stk# J0184A	$18,995	2000 FORD TAURUS, stk# J0206A	$15,995
2002 FORD EXPLORER SP SOLD ZAA	$30,995	2000 FORD COUGAR, stk# J0177A	$17,995
2002 FORD TAURUS, stk# J0173A	$18,995	2000 FORD TAURUS LX, stk# 003191A	$12,995
2002 FORD TAURUS, stk# J0180A	$18,995	2000 FORD WINDSTAR, stk# J0210A	$12,995
2002 FORD MUSTANG, stk# J0186A	$20,995	2000 FORD EXPLORER SPORT, stk# J0168A	$19,995
2001 FORD WINDSTAR, stk# 02334A	$17,995	2000 FORD FOCUS ZX3, stk# J0153A	$11,995
2001 FORD WINDSTAR SPORT, stk# 03005A	$19,995	1999 FORD EXPLORER 4X4, stk# J0013B	$15,995
2001 FOCUS, stk# 03345A	$14,995	1999 FORD RANGER, stk# J0110B	$14,995
2001 FORD TAURUS, power SOLD	$15,995	1998 FORD TAURUS WAGON, stk# J0158B	$11,995
2001 VENTURE LS, extended SOLD	$12,995	1997 PONTIAC SUNFIRE, stk# J0195B	$9,495
2001 LINCOLN LS SOLD	$33,995	1997 FORD EXPLORER, stk# 02385B	$13,995
2001 OLDSMOBILE AUROR SOLD	$15,995	1996 BUICK RIVIERA, stk# SOLD	$8,995
2001 FORD ESCAPE 4X4 X SOLD	$24,995	1996 FORD MUSTANG, white, auto,	$9,995
2001 HONDA SHADOW VLX 600, stk# J0103B	$5,495	1995 FORD F-150, stk# J0189B	$7,995
2001 LINCOLN LS, stk# J02 SOLD	$33,995	1995 BUICK LESABRE, stk# SOLD	$9,995
2001 FORD FOCUS, stk# J02 SOLD	$13,995	1993 PONTIAC SUNBIRD, stk# J0093B	$3,995
2000 FORD TAURUS SEL, 24 valve engine stk# J0219A	$20,995	1990 PONTIAC FIREFLY C SOLD 32A	$5,995

WISE BUYERS READ THE LEGAL COPY: *0% purchase financing on most new in-stock 2003 Ford vehicles excluding Mustang, Escape, Thunderbird, Econoline, F-Series above 8500 GVW and Harley-Davidson/SVT models for a maximum of 60 months to retail customers, on approved credit. †Plus receive a $1,000 cashback available on the purchase of most new in-stock 2003 Ford vehicles excluding Mustang, Escape, Thunderbird, Econoline, F-Series above 8500 GVW and Harley-Davidson/SVT models. Taxes are payable on total before cashback. E.g. $20,000 at 0% annual percentage rate, monthly payments $333.33 for 60 months, cost of borrowing is $0 (including foregone $5,000 Factory to Dealer Credit, available on Windstar LX Value) and total to be repaid is $20,000. The effective rate of interest on $5,000 FTDC is 11.96%. Down payment may be required based on approved credit. If a finance offer is selected, negotiated purchase price may exceed the cash purchase price, and may result in a higher effective interest rate. All purchase financing offers exclude freight, licence, insurance, administration fees and all applicable taxes. ‡Savings up to $6,000 on the cash purchase of most new in-stock 2003 Ford vehicles are: Focus LX $2,800; Focus Sedan/ZX5/Wagon/ZX3 $2,000; Mustang (excluding Mach 1/SVT) $1,700; Taurus $3,500; Marauder $3,000; Grand Marquis $3,000; Ranger $2,500; Explorer 4 Door/Sport Trac $3,000; Explorer Sport $4,000; Escape $1,000; Windstar LX Value $6,000; Windstar LX Utility/Sport/SEL $4,000; Expedition $3,000; Excursion $3,000; F-150/Supercrew (excluding Harley-Davidson/SVT models) $2,500. Savings refers to available cashback and other cash incentives including Factory to Dealer incentives. Some conditions may apply to the Graduate Recognition program. Limited time offers. Offers may be cancelled at any time without notice. Some conditions apply. Unless specifically stated, all offers are mutually exclusive and cannot be combined. See Dealer for details. Dealer transfer may be required. Not all dealers may have specially equipped models in stock.*

Ontario FDA, P.O. Box 2000, Oakville, Ontario L6J 5E4

MILLER HUGHES Since Ford 1956



Shawn Blanchard, Sales Manager
Karen Kelly, Business Manager
Larry Ducharme, Devon MacDonald, Ron Blanchard, Linda Theoret
~SALES, LEASING CONSULTANTS~
Shawn Maloney, Dealer Principle

www.millerhughesford.com 711 Pitt St. 932-2584

AUG15033

Attention Seniors!!

Sizzler Special Continues

Due To Popular Demand

Chateau Cornwall RETIREMENT HOME

- Furniture Packages
- Professional Mover Rebate
- Air Conditioning
- Telephone & Cable Hook-Up Rebate

Approx. Savings of $2,650

Hurry!! Offer expires Sept 30/03

Receive ALL THE ABOVE simply by moving in before Sept. 30/03 - CALL TODAY!

41 Amelia Street, Cornwall

Chateau Cornwall Retirement Residence

613-937-4700

aug15034

HEALTH

Looking To Lose A Few?

Today, the country faces an epidemic of obesity despite the fact that more Canadians than ever are on a diet. So what is the problem? Why, despite the efforts of health care professionals, are there more overweight Canadians than ever?

Recently, over 700 Registered Dietitians from across Canada met in Calgary at the 2003 Kellogg Nutrition Symposium to discuss the "Great Diet Debate." Featuring well-known experts in the fields of diet, nutrition, and weight management, the symposium provided a forum for discussion on issues related to dieting in Canada and successful ways to manage the growing prevalence of obesity.

"It's a compelling topic and one of great concern," says Christine Lowry, Registered Dietitians and VP of Nutrition and Corporate Affairs, Kellogg Canada. "With more than half of Canadians overweight, it is important that consumers understand how the proper mix of food intake, exercise and attitudes can encourage successful weight loss and management."

One of the keynote speakers at the conference was Anne Fletcher, registered dietitian and best-selling author of Thin for Life: 10 Keys to Success from People Who have Lost Weight and Kept it Off. Her message was one of hope and perseverance – that by adopting a healthy lifestyle approach and finding what's best for you, everyone could successfully reach their weight loss goals.

Ms. Fletcher based her research on the advice of people who have lost at least 20 pounds and kept if off for a minimum of three years. Having interviewed several hundred of these 'masters of weight control,' she developed 10 tips to losing weight and keeping it off. They include:

1. Believe You Can Become Thin For Life - Believe in yourself. Accept that your weight condition is not the result of fate. You can control it.

2. Take the Reins - Take responsibility for your own behaviour. Stop looking to others for the answers and decide to lose weight for no one other than you.

3. Do It Your Way - When it comes to selecting a plan to get the weight off, the process is highly individual. If you want to lose weight, you'll have to find what's best for you.

4. Accept the Food Facts: Six Week Non-dieting Weight-Control Plan - Stop viewing the way you eat as dieting. Learn how to make low-fat eating enjoyable and accept certain food facts.

5. Nip It in the Bud: Break the Relapse Cycle Closely monitor your weight. Be aware of small gains and take immediate action so the situation doesn't get out of hand. Always remember to set weight loss goals that are attainable.

6. Positive Self-Talk - Challenge negative thoughts with positive self-talk and accomplishments. Positive self-talk will boost belief in your weight-management abilities.

7. Move It to Lose It - Be physically active on a regular basis - and enjoy it. Experts suggest that consistency and enjoyment are the most important factors about exercise - not necessarily the type of physical activity.

8. Face Life Head-On - Deal with life's problems in a constructive way - without turning to food.

9. Get More Out of Life - Stop living your life for the day when you will be thin. Start thinking of yourself as an attractive person. Start living now.

10. Don't Go It Alone - Support from family and friends is associated with long-term success at weight control. Having a support person can do a lot to keep you at your new weight. They can offer you advice and new ideas, empathy, encouragement and commendation.

Did You Know That?

- 64.1 percent of adult females and 35.9 percent of adult males were on a diet in Canada in 2001 (NDP Group Canada, 2001)
- Women are more likely than men (40 percent women vs. 23 percent men) to attempt to lose weight, even though they already have a healthy weight. (Health Canada, 1999)
- 55 percent of Canadians are considered physically inactive and at least 57 percent of Canadian adults are considered insufficiently active for optimal health benefits. (Canadian Fitness and Lifestyle Research Institute, 2003)
- Body weight and concerns about body weight result in considerable physical, psychosocial and economic costs in the Canadian population. (Canadian Guidelines for Body Weight Classification in Adults, Health Canada, 2003).



Eleanor and her daughter Laurie

We're ensuring her care and your peace of mind.

That's why we're building new long-term care facilities.

Over the past few years, new and renovated facilities have been going up throughout the province. So seniors requiring 24-hour care can get it in a well-run, well-equipped facility – one that does everything in its power to help seniors feel at home.

The fact is, our population is growing and aging, and Ontario is working to ensure that all our seniors' long-term care needs are met – now and for years to come.

Find out more about long-term care in Ontario today. **Call 1-877-234-4343 to get a free copy of our *Home and Community Care for Seniors* brochure. Or visit www.health.gov.on.ca and click on *Seniors' Care*.**

Making healthcare work for you. Ontario

aug15031

GREAT NEWS FOR EXPECTING MOTHERS

A midwifery practice is now serving Cornwall, Stormont, Dundas & Glengarry

- Midwives are regulated health care professionals
- Midwives provide primary care to women and their babies during pregnancy, labour, birth and the first 6 weeks after birth
- Midwives offer a choice of home or hospital birth
- Midwifery is paid for by the Ministry of Health

For more information call

Cornwall Office: 933-3030

Winchester Office: 774-3131

(Bilingual Services)

AG01034

SUMMER CLEARANCE DAYS

Still Some Great Deals on Summer Merchandise

Stop In Today!

THE WORKS

Capital City Centre, 812 Pitt St., Unit 53

932-0461

AG08033

OPG Supports The Seaway Kids' Initiative

Ontario Power Generation has made a $500 contribution to the Seaway Kids' Initiative. This includes a summer event, the Seaway Kids Day on Sunday, August 17th, 2003 at Farran Park in Ingleside. This will expose children in rural communities to demonstrations about water safety, wetland conservation, environmental awareness, heritage farming and community pride.

Ontario Power Generation contributes to the quality of life in its neighbouring communities. Through its Corporate Citizenship Program, OPG enters into partnerships with community organizations and associations such as the Seaway Kids' Initiative Team to reinforce the company's commitment to listen and respond to community concerns, to support local events and initiatives, and to promote safety wherever possible. OPG's "Stay Clear, Stay Safe" water safety materials will be made available to all participants.

Ontario Power Generation is an Ontario-based company, whose principal business is the generation and sale of electricity in Ontario and to interconnected markets. Our focus is on the risk-managed production and sale of reliable electricity from our competitive generation assets. OPG's goal is to be a premier North American energy company, while operating in a safe, open and environmentally responsible manner.

Cornwall Lift-Off Offers Students Opportunity

While high schools are preparing to welcome students back to classes, many of Stormont, Dundas and Glengarry Counties students are getting ready to complete some of their 40 hours of volunteer work by joining Cornwall Lift-Off Balloon Festival team.

Thousands of organizations across the area currently provide a variety of opportunities for students to complete their 40 hours of volunteer work but none offer as much fun while doing it. The new partnership between Lift-Off and the Eastern Ontario Training Board makes it all possible.

"This is a great opportunity for all of those students who are concerned about getting their hours completed before graduation to do so and have a real blast doing it," says Chris Savard, Chairman of Cornwall Lift-Off.

Passport to Prosperity, a program sponsored by the Ministry of Education of Ontario and delivered by the Eastern Ontario Training Board makes it all possible. Passport to Prosperity is meant to increase awareness and participation in school-work programs.

Students benefit from the experience by gaining first-hand exposure to various elements of future careers, build a network of adult references, see and understand skill requirements that help motivate them. They also get to see a link between information learned in school and application plus help them gain confidence, skills and real community work experience while having a great time.

"This sponsorship helps a great community event, raises the profile of school-work initiatives in our community and offers the students the perfect opportunity to get their community service completed while having a great time," says Linda Wilson, Marketing Chair for the Training Board.

Students are asked to contact Cornwall Lift-Off officials at www.lift-off.ca or (613) 938-4748 for further information on how you can be part of this perfect opportunity to have a great time, gain work experience and get those volunteer hours off your list of things to do.

Michel Menard, D.D.
DENTURIST
Immediate Appointments
Dental Repair Complete, Partial & Soft Plates
at "Smiling Prices"
50 Ste. Catherine
St. Polycarpe, P.Q.
SN4 1-450-265-3332

STUDIO "C"
A Decade of Dance
Registration
34 Eighth St. West
(Around the corner from Giant Tiger)
Aug. 18th, 20th, 25th, 28th
~ 6:00 p.m. - 8 p.m. ~

Dance Classes for Children
3 Years and up
JAZZ • TAP • BALLET
LYRICAL • CELTIC
Cornwall's Only
Canadian Dance Teachers Assoc
Certified Instructors
Call for more info
933 -2937
www.studio-c.8k.com




2003 CHEVY S-10

• 4.3L 180-HP V6 Engine • 4-Speed Automatic • Air Conditioning • ABS • 3rd Door • Cruise Control • CD Stereo • Tilt Steering • Deep Tinted Glass • Sliding Rear Window
48 MONTH SMARTLEASE $178** PER MONTH/48 MONTHS $3,500 DOWN PAYMENT PLUS FREIGHT OR $21,498▼ CASH PURCHASE PLUS FREIGHT
PLUS AN EXTRA $1000 off¥ PURCHASE OR LEASE

2003 CHEVY SILVERADO REGULAR CAB

• 4.3L 200-HP V6 Engine • 4-Speed Automatic • ABS • AM/FM Stereo • 40/20/40 Split Front Seat with Custom Cloth Trim • Tilt Steering • Chrome Wheels/ Grille/Bumpers • Automatic Headlights • Full Instrumentation including: Tachometer, Engine Hourmeter & Driver Message Centre
30 MONTH SMARTLEASE $233** PER MONTH/30 MONTHS $5,800 DOWN PAYMENT PLUS FREIGHT OR $24,782▼ CASH PURCHASE PLUS FREIGHT
PLUS AN EXTRA $1000 off¥ PURCHASE OR LEASE

CANADA CLEARANCE WIDE
OR 0% PURCHASE FINANCING FOR 60 MONTHS‡
PLUS AN EXTRA $1000 off
WHEN YOU BUY, FINANCE, OR LEASE VIRTUALLY ANY NEW 2003.¥
GET MORE.
GM Canada
ASK ABOUT GM OWNER REWARDS

2003 CHEVY SILVERADO EXTENDED CAB

• 4.8L 270-HP V8 Engine • 4-Speed Automatic • Air Conditioning • Locking Differential • 16" Aluminum Wheels • ABS • CD Stereo • 40/20/40 Split Front Seat with Custom Cloth Trim • Tilt Steering • Automatic Headlights • Full Instrumentation including: Tachometer, Engine Hourmeter & Driver Message Centre
30 MONTH SMARTLEASE $298** PER MONTH/30 MONTHS $5,800 DOWN PAYMENT PLUS FREIGHT OR $29,592▼ CASH PURCHASE PLUS FREIGHT
PLUS AN EXTRA $1000 off¥ PURCHASE OR LEASE

2003 CHEVY AVALANCHE

• Industry-Exclusive Convert-a-Cab™ System • Folding Midgate™ • Removable Cargo Cover and Rear Window • 5.3L 285-HP V8 Engine • 4-Speed Automatic • Locking Differential • ABS • Air Conditioning • CD Stereo • 17" Aluminum Wheels • Power Locks/Windows/Mirrors
30 MONTH SMARTLEASE $338** PER MONTH/30 MONTHS $5,800 DOWN PAYMENT PLUS FREIGHT OR $36,598▼ CASH PURCHASE PLUS FREIGHT
PLUS AN EXTRA $1000 off¥ PURCHASE OR LEASE

For the latest information visit us at gmcanada.com, drop by your local Chevrolet • Oldsmobile Dealer or call us at 1-800-GM-DRIVE.
¥General Motors will provide the dealer with a credit of $1,000 inclusive of applicable taxes. Such credit will be included in the relevant SMARTLEASE monthly payment, purchase price or cash purchase price at dealership. **Offer available on 48/30/30/30 month lease. A down payment or trade of $3,500/$5,800/$5,800/$5,800 is required. (S-10 Ext. Cab R7A/Silverado Reg. Cab R7E/Silverado Ext. Cab R7H/Avalanche R7D) PPSA, licence, insurance, registration, administration fees, environmental taxes and other taxes not included. Annual cost of borrowing of 1.9%/3.9%/3.9%/3.9% per annum. Option to purchase at lease end is $11,050/$14,127/$17,358/$23,835 plus applicable taxes. Annual kilometre limit of 20,000 km, $0.12 per excess kilometre. Other lease options available. **▼Freight ($880/$1,025/$1,025/$1,025), licence, insurance, registration, PPSA, administration fees and taxes not included. ▼The SMARTLEASE monthly payment and the GMAC purchase finance rate are not available with and are not calculated on the "Cash Purchase Price" shown. The difference between the price for the SMARTLEASE/GMAC Purchase Financing offer and the "Cash Purchase" offer is deemed under provincial disclosure laws to be a cost of borrowing, whether or not the same represents actual interest, and is required to be expressed as an annual percentage which is 2.69%/2.34%/1.96%/1.59% ‡0% purchase financing on approved GMAC credit only. Down payment and/or trade may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $10,000 at 0% APR, the monthly payment is $166.67 for 60 months. Cost of borrowing is $0. Total obligation is $10,000. ¥‡**▼Offers apply to 2003 new or demonstrator models of S-10 Ext. Cab R7A/Silverado Reg. Cab R7E/Silverado Ext. Cab R7H/Avalanche R7D equipped as described. Offers apply to qualified retail customers in the Ontario Chevrolet • Oldsmobile Dealer Marketing Association area only (including Outaouais and excluding Northwestern Ontario). Dealers are free to set individual prices. Dealer trade may be required. Limited time offer which may not be combined with other offers. See your dealer for conditions and details. ▲Visa International Service Association/TD Bank and GM, licensed users of marks. Trademark of TD Bank.
CHEVROLET Oldsmobile GM
aug15031



AIDS Forum

with Pat O'Connor

Hello everyone. This is a tough one to write. My Dad, who in my last column I explained had some form of cancer, passed away Friday, August 1st, 2003. Needless to say, it was a great shock to our family and close friends.

I do not have the "mental energy" to write about my father tonight as it will take me awhile to compose a celebration of his life. It would be "wrong" for me to rush such a writing, and to me, disrespectful to my father, mother and family to rush it along.

Many old friends that knew my Dad (Doug), will smile with funny or happy memories. He always asked how everyone I knew was, how they were doing, and what their names were.

My Mom (Joan) is a strong, faithful woman who will pull the family together, and we will all be there for her. We, as a family, pulled together great which helped us all realize our loss. A loss we will never forget. He was my Dad!

I better stop writing now as I could continue to write about Dad for pages on end. My eyes can't take it.

It's a full moon, with Mars just to the east of the moon. It will be closer to earth than it's been in over 300 years on Wednesday, August 27th, 2003. That's what my Dad would have called to tell me. I miss his calls terribly.

I'll write next week, that's what he would have wanted. I miss you, Dad, and I love you.

Please be well everyone.

Pat is a local resident living with HIV. You may send in questions to Aids Forum here at the Seaway News address. Pat also does public speaking at no charge to any interested groups and can be reached through this newspaper or at his home.

"Seaway News... Helping to Educate Our Community."

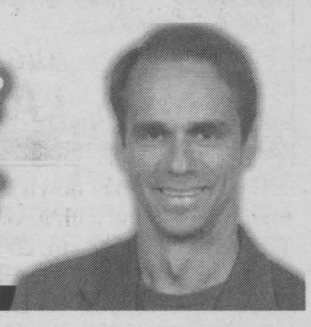
The Perfect Hand



Lyle Ezard of Ingleside got the thrill of his life when he was dealt a perfect Cribbage hand on Friday, May 23rd, 2003. Lyle plays every Friday from September to May in a point accumulation tournament held at the South Stormont Seniors Support Centre, Ingleside. The next Cribbage Tournament will start on Friday, September 5th, 2003 at 1 p.m. at the Centre. New players are always welcome.

Submitted photo

Why Save Baby Teeth?



Ask The Dentist

with Louis Cardinal BSc, DDS, FAGD

This is a question which every dentist must answer on a daily basis. Baby teeth, also known as deciduous teeth, play an important role in a child's health and future development. It is true that they will be lost naturally at a particular age. So why restore them when decay is present? The key words to remember are "naturally" and " particular age."

Each baby tooth is programmed by nature to exfoliate (fall out) at a precise time when the permanent tooth immediately below it is ready to erupt. The baby tooth is saving this space for this particular permanent tooth.

However, should this baby tooth be lost prematurely due to decay, a space problem for the permanent tooth is often created. One must remember that when this baby tooth is lost prematurely, the neighbouring teeth migrate into this space, thereby creating a shortage of room. Years later, the permanent tooth attempts to erupt into a space that is too narrow or non-existent.

Unfortunately parents do not always make the connection between the space problem and the premature loss of the baby tooth. Correction of this problem usually involves braces in order to regain the original space. If not corrected, these permanent teeth can remain unerupted into the jaw bone, possibly causing serious complications later in life. In some cases, the tooth is determined to erupt and emerges completely out of position.

Rest assured, should a baby tooth need to be prematurely extracted, this space can be preserved with the use of a simple appliance known as a space maintainer. Later on, when the permanent tooth pierces the gum during its eruption, the space-maintainer is removed. Economically speaking, the space-maintainer is a small fraction of the cost compared to regaining the space with braces later in life.

I hope this will help you make a more informed decision regarding the placement of fillings in the deciduous dentition.

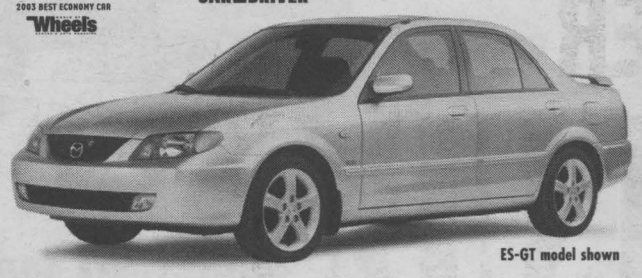
Dr. Cardinal welcomes all inquiries and invites you to visit his website at www.drlouiscardinal.com.

mazda MAKE YOUR MOVE EVENT

0% PURCHASE FINANCING FOR 48 MONTHS ON NEW 2003 MAZDAS† PLUS NO PAYMENTS FOR 90 DAYS ON PURCHASE FINANCING††

2003 BEST ECONOMY CAR Wheels

#1 IN A 10 CAR COMPARISON TEST* CAR and DRIVER



ES-GT model shown

2003 MAZDA PROTEGÉ SE WITH AIR CONDITIONING

lease from OR $169** per month/48 months with $2,695 down payment with $0 security deposit OR cash purchase from $15,695*

• Class-leading interior room • Air conditioning • AM/FM/CD 4 speaker stereo system • Side door impact beams • 60/40 split rear seat • Lease payment includes freight and P.D.E.

2003 MAZDA PROTEGÉ5 WITH AIR CONDITIONING

lease from OR $199** per month/48 months with $3,995 down payment with $0 security deposit OR cash purchase from $19,995*

• 2.0L DOHC 16-valve 130-hp engine • Air Conditioning • 16" alloy wheels • 4-wheel disc brakes with ABS • AM/FM/CD 4 speaker stereo • Cruise control • 60/40 split rear seats • Fog lights • Remote keyless entry • Power locks, windows & mirrors • Leather-wrapped steering wheel and shift knob • Lease payment includes freight and P.D.E.

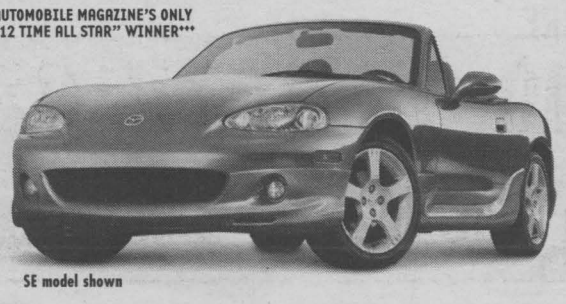
A 2003 Carguide Best Buy

#1 IN A 6 CAR COMPARISON TEST** CAR and DRIVER

"Best Buy" - Auto Guide 2003



AUTOMOBILE MAGAZINE'S ONLY "12 TIME ALL STAR" WINNER***



SE model shown

2003 MAZDA MX-5 MIATA

lease from OR $299** per month/48 months with $3,995 down payment OR cash purchase from $25,995*

• Standard alloy wheels • AM/FM/CD stereo system • Power door locks, windows and mirrors • Highback reclining and sliding bucket seats • Fog lights • Front and rear stabilizer bars • Rear glass window with electric defogger • Power-assisted 4-wheel disc brakes • Dual air bags with passenger side cut off switch • Intermittent wipers • NARDI® leather-wrapped 3-spoke steering wheel • Lease payment includes freight and P.D.E.

READY TO ROLL OUR PRE-DELIVERY COMMITMENT MEANS EVERY NEW MAZDA IS CHECKED OUT, GASSED UP, AND FITTED WITH FLOOR MATS.
ROADSIDE ASSISTANCE PROGRAM Ask about the Mazda peace of mind promise standard on every new Mazda.
MAZDA LEADERSHIP WARRANTY 3 years or 80,000 km comprehensive warranty, 5 years or 100,000 km powertrain warranty.

mazda www.mazda.ca

Cornwall Mazda
1405 Rosemount Ave. 613-933-6210

MAZDA Personal LEASE

GRADUATES GET AN ADDITIONAL CASH AWARD OF UP TO $1,000 TOWARDS A PURCHASE OR LEASE.

MAZDA GRADUATE PROGRAM

AG015032

†0% Purchase Financing/48 months is available on new 2003 Mazda vehicles except MAZDASPEED Protegé. Finance examples: for $10,000 at 0% Purchase Financing the monthly payment is $208.33 for 48 months. C.O.B. is $0 for a total of $10,000. Other finance rates available. ††No payments for 90 days applies to purchase finance offers on all new Mazda vehicles excluding 2004 RX-8. No interest charges will apply during the first 60 days of the finance contract. After this period interest starts to accrue and the purchaser will repay principal and interest monthly over the term of the contract. †Offers cannot be combined. Negotiated price may exceed cash purchase price offer if advertised finance offer is selected, and may result in a higher effective interest rate. */**Offers available on new cash purchases of 2003 Mazda Protegé SE, Protegé5, MX-5 Miata and retail leases only. Lease payment includes freight and P.D.E. Purchase price offers exclude freight and P.D.E. of $925 for cars. Total lease obligation for the 2003 Mazda Protegé SE (D4XM53A(00) is $10,807 including down payment of $2,695. Total lease obligation for the 2003 Mazda Protegé5 (D5T553A(00) is $13,547 including down payment of $3,995 and a security deposit of $350. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. 25,000 km lease obligation for the 2003 MX-5 Miata (L2B053V800) is $18,697 including down payment of $3,995. Total lease obligation for the 2003 MX-5 Miata (L2B053V800) is $19,695 including down payment of $2,695. Total lease obligation for the 2003 Mazda Protegé5 (D5T553A(00) is $13,547 including down payment of $3,995 and a security deposit of $350. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. 25,000 km leases also available. License, insurance, registration, taxes and other dealer charges extra. Dealer may sell/lease for less. Dealer order may be necessary. Offers available from July 3, 2003 for a limited time only. Lease and Finance O.A.C. for qualified customers only. See your dealer for details. ♦Mazda Protegé LX—Car and Driver Nov. 2002. ♦♦June 2002—Car and Driver. ♦♦♦1990–2002.



OIL CHANGE SERVICE

service includes: chassis lube, up to 5 quarts of (Name Brand) motor oil, check/replacement of oil filter, 5-point inspection.

If it ain't broke, we won't fix it.

TIRECRAFT®
www.tirecraft.com
1920 McConnell Avenue 932-0456

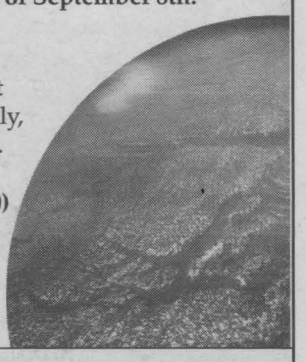
Continuing Education - *Fall*

A world of opportunities...

Register Now!

Most classes being the week of September 8th.

Take college credit courses or non-credit general interest courses, delivered traditionally, online or by correspondence.



Call 933-6080 (press 60) or 1866-276-6600 or visit us online at www.sl.on.ca

St. Lawrence College
Expanding Opportunities

Visit us online at www.sl.on.ca

aug15031



Summer Playground Program

Jolene **LACROIX**

The summer has flown by in a flash - the program had its final celebrations with its outdoor fun day and movie day last Thursday, August 14th, 2003. The kids enjoyed a morning of activities at the Joe St. Denis fields and then made their way to the Port Theatre to enjoy a showing of the movie "Ice Age." This was the last event of the summer and hopefully everyone had a great time! We would like to thank the Eastern Ontario Health Unit, the Cornwall Public Library, the Cornwall Police Services, and the Port Theatre for making this day a huge success!

Also, last week we had our year-end Open House. We had awards of recognition for the great work our leaders and volunteers did this summer. The Playground leader of the year for the summer of 2003 is Courtney Quenville. She was the park leader at St. Theresa's Park this summer and always had many creative art ideas on the go. The Rookie of the Year for the summer of 2003 was Terri Thompson. She was the leader at Dover Heights Park and took great initiative with her "crazy hair day," and a great supershow performance. With over 100 hours of volunteering, Kelly O'Shaughnessy is our Volunteer of the Year and was also involved in these activities at Dover Park. Although these were our shining stars, we would like to thank all of our dedicated playground leaders, volunteers and co-op students for all of their wonderful work.

Speaking of winners, did everyone get a chance to view the local talent at our annual Supershow held Friday, August 8th, 2003? Winning parks for this event included: Dover Heights Park (Most Enthusiastic Park), Riverdale Park (Best Props and Costumes), and Alguire Park (Best Overall Performance). Congratulations to all for a job well done!

Also a heart-felt thank you to all of our sponsors for your donations: Farm Boy, Super C, Giant Tiger, Royal Canadian Legion, Archie's, Larry Keen Group, Wendy's, Philo's, Pizza Hut and Le Centre Culturelle. Because of you the summer has been a success!

Comments or questions? Call the summer playground program office at (613) 930-7408. See you next summer!

Seaway Winds

Seaway Winds was formed in 2001 to provide residents of Cornwall and surrounding area the opportunity to enjoy live concert band music in their home communities; at the same time, it provides an organization in which the members can continue to develop their music skills.

Seaway Winds is a non-profit, charitable organization and all donations are tax deductible, including concert band instruments as well as monetary funds.

This summer Seaway Winds has given performances at the Lions Club Convention, St. John's Presbyterian Church, Glen-Stor-Dun Lodge, the Community Band Day in Ottawa, and four "Arts in the Park" evenings at the Bandshell in Lamoureux Park.

After taking a break during the month of August, members of the band will start rehearsing again on Wednesday evenings from 7 p.m. to 9 p.m. for performances in Cornwall and the surrounding district that are already scheduled from October 2003 to the end of July 2004.

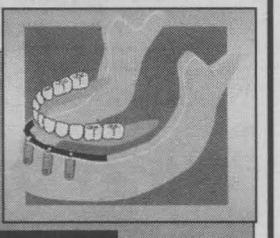
New members are always welcome. No audition is necessary, but each member must play a concert band instrument at least at the intermediate level and have access to their own instrument.

For further information, please contact Barb Hunter, Director, Seaway Winds at (613) 534-2111.

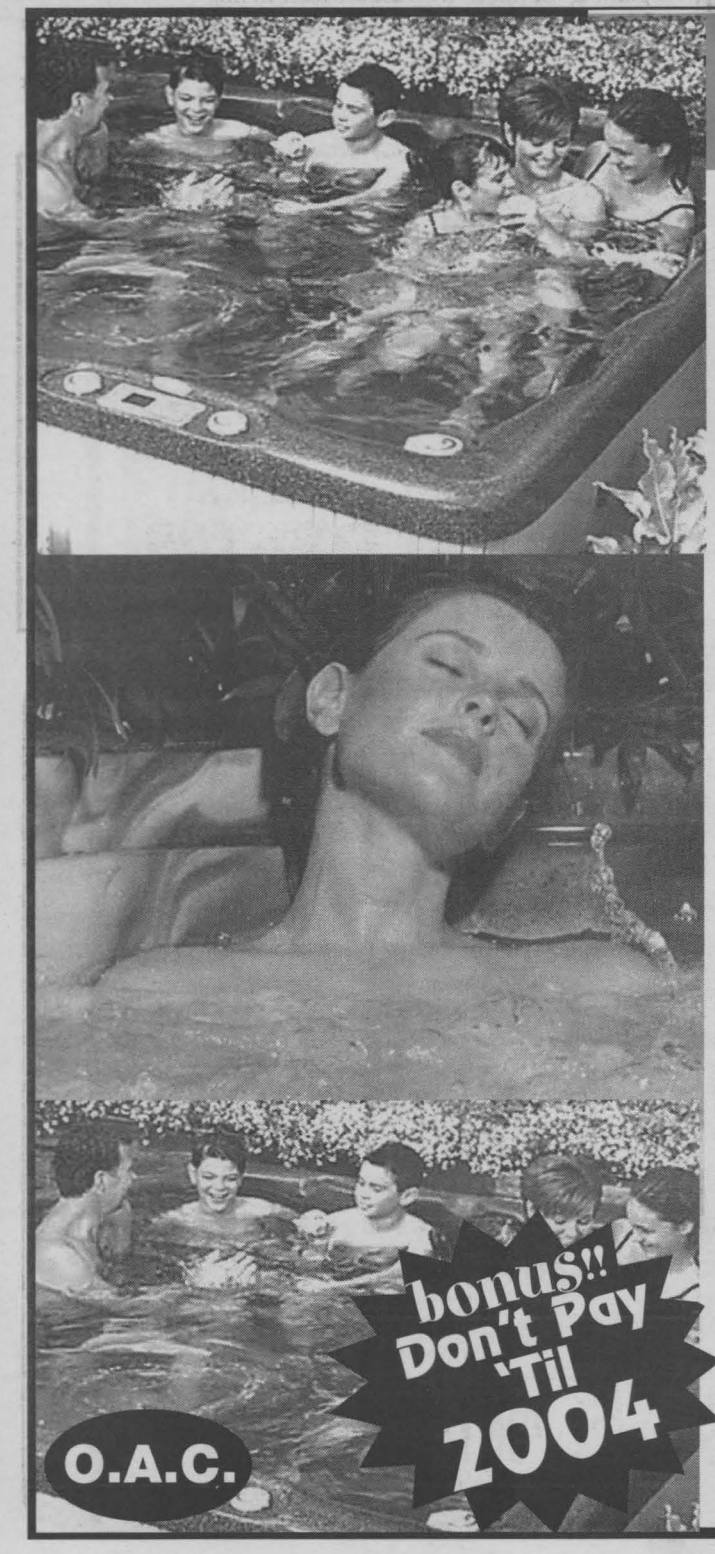
Your Time Is Now
And Now Is The Time!
Let Tom Everson show you a new or used vehicle.
Tom Everson
Cornwall TOYOTA
932-1106
353 PITT ST.
july25032

Seaway Winds Concert Band
is pleased to announce, and also
Heartily Thank
the several individuals as well as the following businesses who have given generous donations:
Cornwall Gravel Company
Domtar Inc.
Monte Carlo Motel
Murphy's Inn
Ontario Power Generation
Royal Bank
Royal Canadian Legion
Seaway News
Shaver-Kudell Manufacturing
aug15034

"The" Place for a beautiful smile


- Partials, full upper & lower dentures
- The most recent technology to replace missing teeth: dental implants.
- Incomparable prices for highest quality standards.
- Implants are a one-time investment for a lifetime of comfort & appearance.

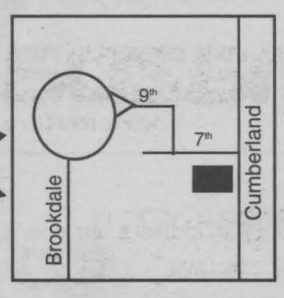
QUALITY • SERVICE • FREE CONSULTATION AND ESTIMATES
By appointment 450-373-9392
Louis J. Hébert, d.d. • Marc Hébert, d.d
DENTUROLOGISTS
47 du Marché, Valleyfield
Team effort for more than 50 years
aug15034



TRUCKLOAD CLEARANCE
BEACHCOMBER HOT TUBS
Make your dreams come true!
3 DAYS ONLY
Friday, Aug. 15, 10 am - 8 pm
Saturday, Aug. 16 10 am - 8 pm
Sunday, Aug. 17 12 pm - 4 pm

FREE Terry-cloth bathrobes with purchase of in-stock Hot Tub
FREE Chemical Tote
FREE Cover Remover
FREE Hot Dogs (Sat. 11 - 2)
FREE Balloons & Face Painting (Sat. 11 - 2)

UP TO $3,000 OF OPTIONS
FREE



ROY'S POOLS & HOT TUBS
410 Seventh St. W., Cornwall
933-0411
www.roy.on.ca royslbr@on.aibn.com
www.beachcomberhottubs.com
aug15032
BEACHCOMBER HOT TUBS
Enhancing Quality of Life

Employers Get Ready To Welcome High School Students Back To Work



Education

with Denis Thibault

While high schools are preparing to welcome students back to classes, many of the employers in our area are getting ready to welcome some of those students to work.

Did you know that thousands of employers across our five eastern Counties currently provide a variety of work experiences, building on the education students receive in the classroom? Are you one of them and if not, should you be? The new high school program requires school boards to offer cooperative education and other school-work opportunities to all interested students.

Many of the employers participating in school-work programs take in more than one student every year. This fall, students will get experience in various trades as well as potential careers, such as accounting, client services, marketing and back office groups, etc. Others will have an opportunity to try out their skills at web design, drafting and the newspaper business.

"We have had extremely positive experiences with students in our workplace and we will be welcoming more this fall," state many employers from our five Counties. "We would encourage any employer and municipal governments looking for young, creative talent to come forward and involve their organization in these programs."

Specific examples of employers involved in school-work programs elsewhere in the area are:

•RONA Home Centre on Marleau Avenue has a long history of supporting student work experience and is actively engaged again this fall with local elementary and secondary schools, offering a range of onsite learning experiences.

•Alexandria Ford Sales continues to be a staunch supporter of school-work programs and provides opportunities for students that will help them make decisions on such things as apprenticeships and general office work.

•Casselview Golf Course has been very active with students in the last number of years. Many opportunities exist for students with such an enterprise and can also lead to summer jobs while they continue their education.

•Gray Hawk Inc. has been and continues to be a very strong supporter of such initiatives as COOP and Ontario Youth Apprenticeship Programs in the Hawkesbury area. There is recognition by this very community-oriented company that employers have a responsibility in the development of their future workforce.

Cooperative education and other school-work programs are aimed at better preparing students to make the transition from high school to work, apprenticeship, college and university. To assist employers in facilitating school-work partnerships, the Eastern Ontario Training Board in communities across the five Counties works in strong partnership with employers and local school boards.

"The recent census data shows how important school-work programs are to the future of the labour force," said Don Jackson, Chair of the Provincial Partnership Council, a group of employers and educators that is trying to solve the current shortage or work experience opportunities through the Passport to Prosperity campaign.

Under the umbrella of the Passport to Prosperity campaign funded by the Ontario Ministry of Education, the Eastern Ontario Training Board has issued a challenge to employers across our five Counties to provide work experiences for high school students. The area effort, spearheaded by the EOTB, will continue throughout the school year to get more employers involved.

Call your school board and help prepare a student for the workforce. Who knows, you may be training your future employee.

Cleary Annual Family Picnic

John Cleary, MPP and his wife Elizabeth will again be hosting their annual family picnic, together with the Stormont-Dundas-Charlottenburgh Provincial Liberal Association. The picnic will be held on Sunday, August 17th, 2003 at the Cleary Farm located on County Road 18, between Harrison's Corners and Lunenburg.

The picnic starts at 1 p.m. and runs until 4 p.m. Admission is free and complimentary refreshments will be available for everyone. Wagon rides, clowns and face painting will appeal to the young crowd, while music and magic will amuse the young-at-heart. Guests are reminded to bring their own lawn chairs so that they will be able to sit in comfort and enjoy the afternoon.

Everyone is invited to come out and enjoy the food, entertainment and fellowship. In case of rain, the picnic will be held in the Long Sault Arena.

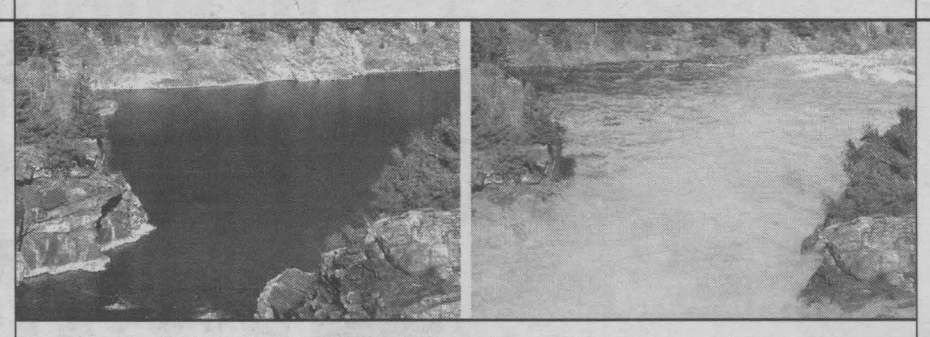
For further information, please contact Ruby Antle at (613) 933-8104.

LAFARGE
NORTH AMERICA
Supplier of Crushed Stone and Asphalt for
• Driveways
• Walkways
• Patios
We deliver
Expert Advice
Quarry
Richmond Dr.
Hwy 2
Mon. - Fri. 7 am - 5 pm
5650 Richmond Dr.
Sales Office
534-2673
www.lafargenorthamerica.ca
MAY16033

STAR SEARCH
STORMONT COUNTY FAIR, NEWINGTON
Sunday, Aug. 31st
7 p.m.
$1,000 PRIZE MONEY AVAILABLE
Come out and share your talent with us
Please register early
call Marj Marini
346-5776
aug08032

New Orthodontic Services
Nouveau Services Orthodontiques

Dr. Bertrand
Dr. Luc Leboeuf's Dental Clinic would like to extend a big welcome to Dr. Bernard Bertrand, who has recently joined our team. Dr. Bertrand offers a wide range of corrective dentistry including orthodontics. Dr. Bertrand is looking forward to meeting you to improve your smile!
So don't delay, call for a consultation at
938-8484
Clinique Dentaire
Dental Clinic
Dr. Leboeuf & Associates
809 2nd St. E.
Cornwall, Ont
aug15034


In just minutes, a calm river can change into dangerous waters.
STAY CLEAR, STAY SAFE
ONTARIO POWER GENERATION CARES ABOUT YOUR SAFETY.
That's why we're asking residents and visitors to stay clear of our hydroelectric stations, dams and surrounding waterways. They're dangerous places for recreational activities. Hydroelectric stations can operate 24 hours a day and their operations affect water flows and levels, which can change quickly and without notice. Some dams have gates that might be remotely controlled and in just a few minutes, can change calm waters or a dry riverbed into dangerous waters with swift currents and rising levels.
Be alert for warnings, signs, booms and buoys. Whenever you see water levels changing, move immediately – and always make sure you are a safe distance away. Stay clear and stay safe.
To obtain a free Stay Clear, Stay Safe video, brochure or computer game visit www.opg.com
putting our energy to good use
ONTARIO POWER GENERATION
aug15031

Highland Games Break Ground

Saturday, August 2nd, 2003 marked the official opening of the 2003 Glengarry Highland Games and the beginning of construction to improve the grandstand facilities. The Honourable Don Boudria, Minister of State and Leader of the Government in the House of Commons; the Honourable Brian Coburn, Ontario Minister of Tourism and Recreation and MPP for Ottawa-Orleans; and Mike Villeneuve, President of the Glengarry Highland Games, participated in a sod turning to get the construction under way.

The renovations to the Maxville Agricultural Fairgrounds will contribute to improving the quality of life in the Town of Maxville and the surrounding area. The Glengarry Highland Games will build new covered grandstand seating to accommodate 540 spectators. In addition, new portable bleachers will be purchased, and restorations will be made to the existing concession space, first aid rooms, washrooms and change rooms. Electrical upgrades and landscaping improvements will also enhance the fairgrounds.

The Government of Canada through Industry Canada and the Government of Ontario through SuperBuild are each contributing up to $289,500 to the project. The Glengarry Highland Games and other community partners are investing the balance of the project's total eligible cost of $1,447,500.

"The Games are a wonderful opportunity to celebrate outstanding cultural music, dance, sports, pageantry and tradition," said Minister Boudria. "I am pleased that the Government of Canada is working with provincial and municipal partners to continue to improve the quality of life for our residents, as well as to support and promote our cultural, sports and recreational infrastructure."

Seaway Valley World Harvest Church
Equipping People for the Harvest
Cornwall Civic Complex (Eddie Room)
100 Water Street East, Cornwall
Phone # 933-9973
Every Sunday 10 a.m. Celebration Service
Sunday School Available (Ages 5-12)
Pastor: Rev. Brian Jacques
JUL18033

CORNWALL SCHOOL OF DANCE
L'ÉCOLE DE DANSE DE CORNWALL
saison 2003 - 2004 season
Director Jane Macmillan

...is pleased to offer classes in ballet, creative movement, character and contemporary dance for all ages in Cornwall. She is currently working at l'Academie de Danse de l'Outaouis in Gatineau, Quebec. She has been teaching dance for the last thirty years in England, Canada, (B.C., Ontario and Quebec) and the Central African Republic and is well known for her encouraging and creative but firm approach. She received her training both in the Legat (Vaganova) and Royal Academy of Dancing syllabuses.



Classes Commence
on
Monday, September 8th
at the Kinsmen
Municipal Centre, 412
5th Street
Cornwall

Registration
will take place on
Thursday & Friday,
September 4th & 5th
from 4:00 to 7:00 p.m.
at the Kinsmen
Municipal Centre

Ballet • Creative Movement • Character • Contemporary
For more information please call 938-3875

7TH ANNUAL
Hot Air
BALLOON FESTIVAL
August 21st - 24th ~Lamoureux Park, Cornwall
www.lift-off.ca

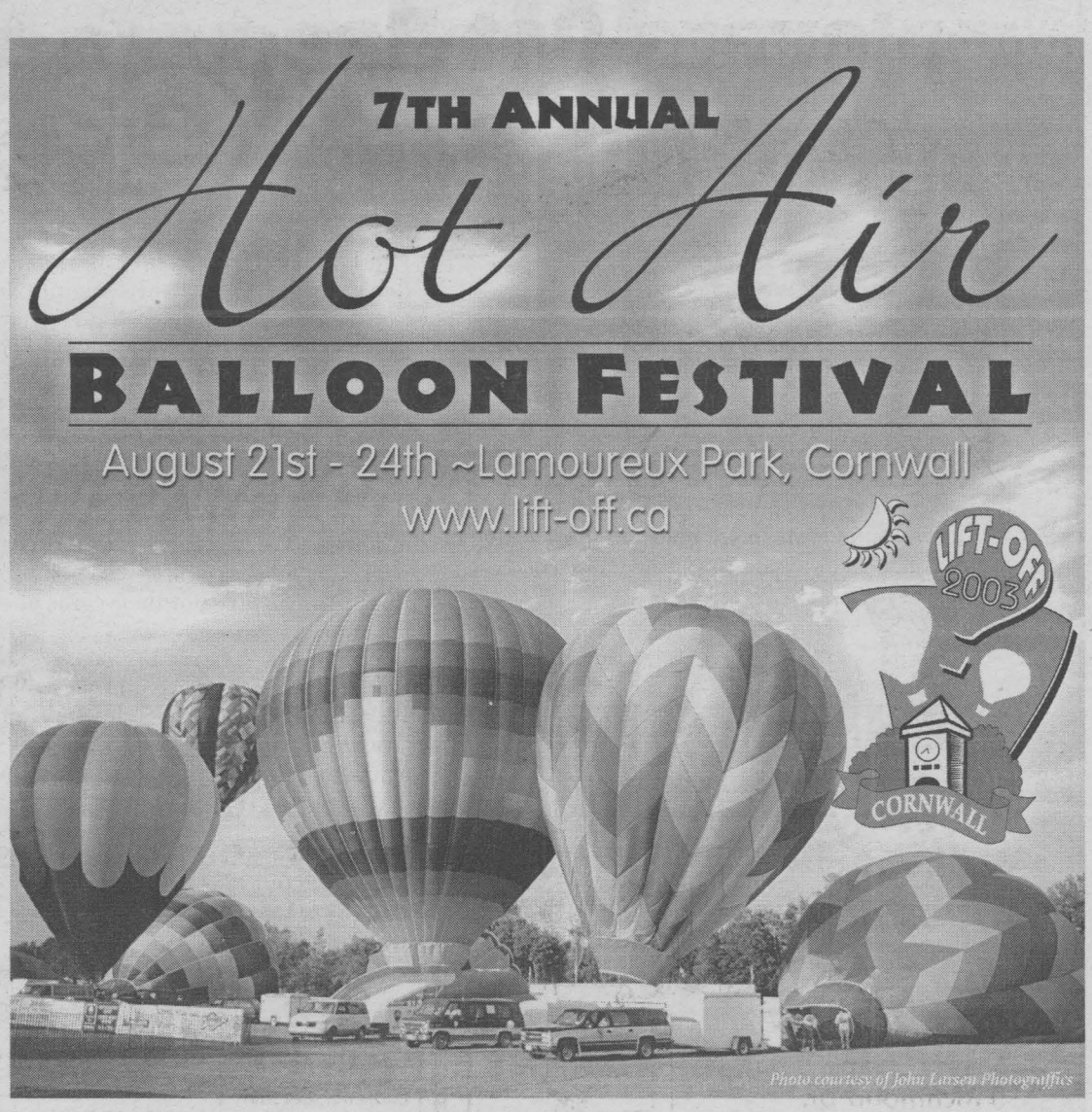


Photo courtesy of John Larsen Photographics

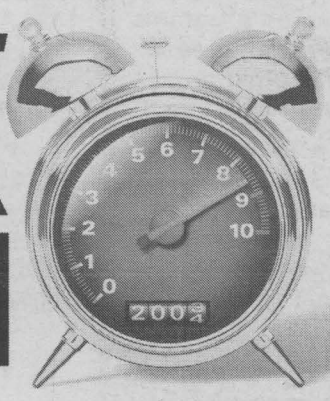
Don't Forget to Purchase Your Lift-Off Supporter Button!
ONLY $2 EACH!
This is a major fundraiser for the festival & enables Lift-Off to deliver high calibre entertainment to the general public at no cost.
PLEASE SUPPORT YOUR COMMUNITY FESTIVAL!
Available at Cornwall Square Customer Service Centre & Cornwall & Seaway Valley Tourism

I AM A LIFT-OFF 2003 CORNWALL SUPPORTER

Between Events Be Sure To Visit Cornwall's Premier Shopping Complex
OVER 70 STORES & SERVICES
cornwall square
The Centre of Our City!
PROUD SPONSOR OF LIFT-OFF 2003!

HONDA's SUMMER SALES EVENT

IT'S TIME TO DRIVE A Honda



Purchase financing up to 60 months





☆☆☆☆☆ NHTSA FIVE-STAR SAFETY RATING ††

240 Horsepower, V6 – Seats Eight

Odyssey LX $32,200 MSRP*
• 240-hp, 3.5 Litre VTEC™ V6 Engine • Air Conditioning with Front & Rear Controls • 5-Speed Automatic Transmission • Power Windows & Door Locks • 4-Wheel ABS • AM/FM Cassette Audio System • Dual-Stage, Dual Threshold Front Airbags and Front Side Airbags • Dual Rear-Side Sliding Doors • Heated Power Door Mirrors • Front and 2nd Row Captains Chairs • 3rd-Row Retractable Magic Seat™
Lease it for $358✓ per month for 48 months with $4,195 down. Freight & P.D.E. included $0 Security Deposit
#3.8% Lease or Purchase Financing

Pilot EX $41,000 MSRP*
• 240-hp, 3.5 Litre VTEC™ V6 Engine • Four-Wheel Drive • ABS • 5-Speed Automatic Transmission • Air Conditioning with Separate Front and Rear Temperature Controls • AM/FM Stereo with CD and Cassette Player with 7 Speakers • Driver and Front Passenger Front and Side Airbags • Power Windows and Door Locks • Keyless Remote Entry
Lease it for $478✓ per month for 48 months with $4,365 down. Freight & P.D.E. included $0 Security Deposit
3.8% Lease Rate
#4.8% Purchase Financing

COMPLIMENTARY FILL-UP
All new Honda vehicles are delivered with a full tank.

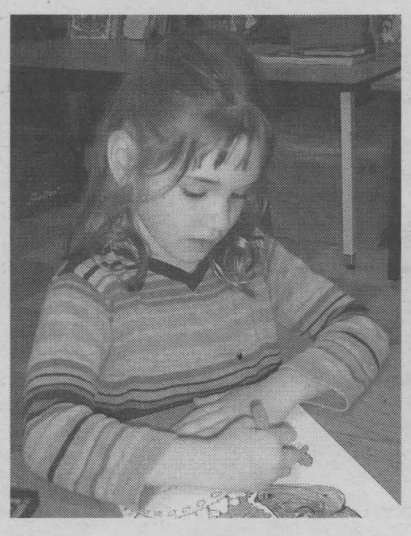
HCFI Lease and finance offers are available, on approved credit, only through Honda Canada Finance Inc., until September 2, 2003. Lease payments shown are for 48 months and include $1,240 for freight and P.D.E. with 96,000 km allowance (12¢/km exceeding 96,000 km applies). ✓Based on a new 2003 Odyssey LX / Pilot EX (model RL1853PK/YF1843E) $358/$478 per month for 48 months. A.L.R. 3.8% (total lease obligation of $17,184/$22,944). Down payment or equivalent trade of $4,195/$4,365 required (**zero down payment plans available**), plus first monthly payment. Option to purchase at lease end for $15,456/$19,270 plus taxes. *M.S.R.P. does not include freight and P.D.E. ($1,240). #3.8%/4.8% conventional financing is available on all new 2003 Odysseys / Pilots for 24, 36, 48 or 60 month terms. Financing example: $20,000 at 3.8%/4.8% per annum equals $366.53/$375.59 per month for 60 months. C.O.B. is $1,991.80/$2,535.40 for a total obligation of $21,991.80/$22,535.40. Down payment may be required. ✓/#/*Taxes, licence, insurance, registration and maintenance fees are additional. Dealer may sell/lease for less. †See Car and Driver magazine, July 2002. ††Crash tests by NHTSA are based on a 2003 Odyssey/Pilot for front and side-impacts. For more details visit www.nhtsa.com. **See your neighbourhood Ontario Honda dealer for details.**

Your Neighbourhood ONTARIO Honda DEALERS

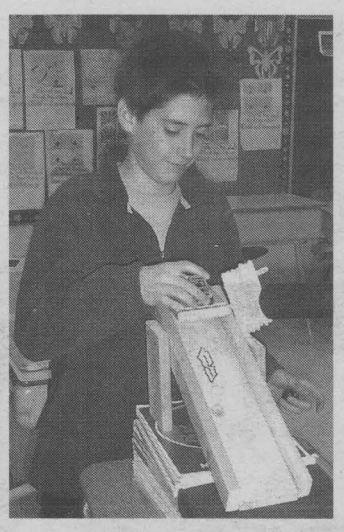
hondaontario.com OR 1-888-9-HONDA-9

HONDA
aug15032

Welcome back!



First day of school



Tuesday, September 2, 2003

Our Catholic schools welcome new student registrations.
French Immersion and Core Programs are offered.
Please contact the school in your area for more information

ELEMENTARY SCHOOLS

DUNDAS

Chesterville
St. Mary's
(Grades JK to 5)
37 Main Street
(613) 448-2158
Principal:
Michael van de Kamp

Morrisburg
St. Mary-St. Cecilia
(Grades JK to 8)
40 Augusta Street
(613) 543-2907
Principal:
Donna Nielsen

GLENGARRY

Alexandria
St. Finnan's
(Grades JK to 8)
202 Main Street
(613) 525-4274
Principal:
Michael Crossan

Williamstown
Iona Academy
(Grades JK to 8)
20019 King's Road
(613) 347-3518
Principal:
Charlotte Rouleau

STORMONT

Cornwall
Bishop Macdonell
(Grades JK to 8)
300 Adolphus Street
(613) 933-6739
Principal:
Natalie Cameron

Immaculate Conception
(Grades JK to 8)
600 McConnell Ave.
(613) 932-3455
Principal:
Margaret Benke

Sacred Heart
(Grades JK to 8)
1424 Aubin Avenue
(613) 933-3337
Principal:
Stephanie King

St. Anne's
(Grades JK to 8)
607 Surgenor Street
(613) 933-4615
Principal:
Paul Bellefeuille

Cornwall
St. Columban's East
(Grades JK to 8)
344 Adolphus Street
(613) 932-0611
Principal:
Kennedy MacDonald

St. Columban's West
(Grades JK to 8)
323 Augustus Street
(613) 933-3113
Principal:
Roger Patenaude

St. John Bosco
(Grades JK to 8)
137 Eighth Street West
(613) 932-7770
Principal:
Sharon Sinkus

St. Peter's
(Grades JK to 8)
1811 Second Street E.
(613) 933-1007
Principal:
Michael Bradley

Finch
St. Bernard's
(Grades 6 to 8)
38 Victoria Street
(613) 984-2942
Principal:
Glenn Austen

Ingleside
Our Lady of Good Counsel
(Grades JK to 4)
52 Dickinson Drive
(613) 537-2556
Principal:
Shirley Myre

Long Sault
St. George's
(Grades 5 to 8)
31 Bethune Street
(613) 534-2502
Principal:
Carole Legros

St. Andrew's West
St. Andrew's
(Grades JK to 8)
17283 Post Road
(613) 932-6592
Principal:
Michael Blouin

BEFORE & AFTER SCHOOL PROGRAMS

NEW! **High interest and engaging programs available at several Cornwall-area schools for school-aged children from Junior Kindergarten to Grade 8**

- Arts, crafts, physical education activities, homework time and daily snacks
- Times (approx): 6:30 a.m. to start-of-school and end-of-school to 6:30 p.m.
- Fee-based program provided by Kidz Interactive
- Program availability based on sufficient interest

For further information, please call Superintendent of Education Ann Perron at our Cornwall Regional Board Office at 933-1720, extension 371.

SECONDARY SCHOOL

Cornwall
St. Joseph's Secondary School
(Grades 9 - 12)
1500A Cumberland St.
(613) 932-0349
Principal:
Jack McCue

ADULT AND CONTINUING EDUCATION PROGRAM

Cornwall
St. Matthew Catholic Learning Centre
822 Marlborough Street North
(613) 930-9928
Principal: *Bev Bellefeuille*
Please call for information on day and night school classes.

Learning and Growing Together in Christ

CATHOLIC DISTRICT SCHOOL BOARD OF EASTERN ONTARIO

Ronald Eamer
Chair

Charles Adams
Vice-Chair

Greg McNally
Director of Education

Box 2222, 2755 Highway 43, Kemptville, ON K0G 1J0
(613) 258-7757 or 1-800-443-4562 www.cdsbeo.on.ca

LOCAL

Kick Off A Stress-Free School Year

For many children, the first day of school doesn't just mean new teachers and new friends - it can also be a source of anxiety with homework assignments and tests just around the corner. Parents can help ease anxiety and make a smooth transition from summer to school by starting a routine with their child early in the year.

Sylvan Learning Centre offers tips and ideas to help children prepare for school and minimize academic stress. These tips include back-to-school suggestions and specific tips for the transition years:

Back-to-School Tips

•Get back in the routine. Ease transition from lazy summer days to the structure of the school year by re-establishing bedtime, mealtime, reading and homework routines. Talk with your child about the importance of these routines and how they help ensure that he is not overtired or overly anxious about schoolwork or the next day of school.

•Set education goals. Help your child set goals at the very beginning of the year. Whether it is striving for an A in reading, handing in all homework on time or preparing for tests well in advance, setting goals can help set the routine for the new year.

•Develop a relationship with your child's teacher. Take the time to meet your child's teacher at the beginning of the school year. She can be the best source for information about your child's scholastic performance and can recommend ways to help your child or resolve any difficulties he is having.

•Homework routine and place. Designate a specific time and place for homework time and help your child discover a regular, quiet place where he can study. Make sure that the area is free from potential distractions and that study tools are at your child's fingertips to keep him focused on homework and studying.

•Stay on schedule. Your child should keep a schedule of all classes, assignments and key dates, such as project deadlines and test dates. As part of that schedule, she should include specific times for studying, projects and extracurricular activities. The more thorough the schedule, the more efficient your child will be. Organization minimizes late nights completing homework assignments, cramming for tests at the last minute, and can ultimately reduce student anxiety about school.

•Emphasize organization. For some students, having colour-coded binders for each subject helps them stay on track throughout the school year. Keeping notes organized helps test preparation later in the year, so work with your child to determine the best method for him.

•Encourage learning at home. Promoting learning outside of the classroom helps children perform better in school. To nurture reading skills spend at least one hour per week - 10 to 15 minutes a day - reading with your child. To enhance math proficiency, try letting your child help plan the next family trip and encourage him to compute kilometres, cost of gas, expenses for food, hotel and entertainment.

Transition Year Back-to-School Tips

•Visit the school. If your child is changing schools with the new year, make a special trip together to visit the school before the first day of classes. Checking out the new classroom and the new teacher before school starts will help ease feelings of anxiety and help get your child into the academic routine. If it's available, review the class schedule with your child and prepare him for the new grade.

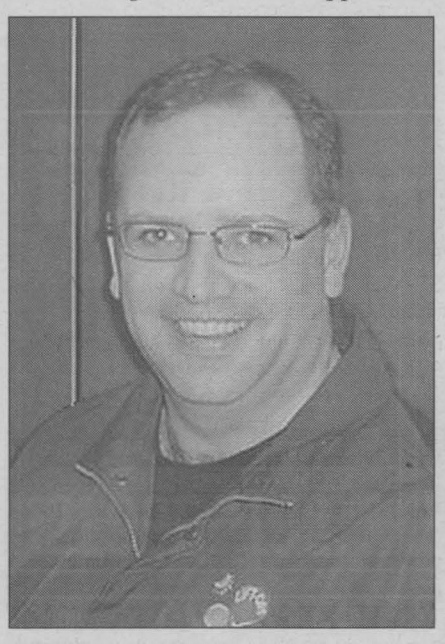
•Discuss changes in routine. Talk with your child about how the routine for his new school may differ from the previous year. It can be difficult for children to adjust to changes in schedules and workload. Explain how his schedule may differ from last year. Will there be more homework assignments? Does he have to wake up earlier? Will he have more than one teacher this year?

•Provide extra support. When starting the new school year, especially if it's a transition year, a little extra support can't hurt. Talk with your child about her fears regarding school and maintain an open dialogue throughout the year. Discuss what subjects she's anticipating and any areas she finds particularly challenging. Don't forget to talk about homework and tests.

Savard To Seek Third City Council Term

Former Cornwall City Councillor Chris Savard announced Thursday, August 14th, 2003 that he has officially filed his Nomination Papers to seek a return to Cornwall City Council in the upcoming Monday, November 10th, 2003 Municipal Election.

Savard, 35, has served two terms as a member of Cornwall City Council. He was first elected to City Hall in 1994 at the age of 26, and was re-elected again in 1997. He chose not to seek re-election in 2000 in order to spend more time with his young family. Savard is presently the General Manager of Cornwall Square and has long been an active supporter of



CHRIS SAVARD

many community initiatives. Savard is presently an active member of the Kinsmen Club of Cornwall and the Chair of Cornwall Lift-Off, the local Hot Air Balloon Festival. Savard is the former Assistant Executive Manager of the Cornwall Chamber of Commerce and a former Municipal Recreation Director for the Township of Osnabruck.

Savard, a life long Cornwall resident, possesses a Bachelor of Physical and Health Education (Hon) Degree from the University of Ottawa and is a former Valedictorian of Cornwall Collegiate and Vocational School. Savard and his wife Shawna are the proud parents of three children, step-son Taylor (10), Cameron (5), and Cassidy (4).

"It truly was a privilege and a pleasure to have been able to serve my community as a member of Council for six years," stated Savard. "I am extremely grateful to the citizens who expressed their confidence in me over the years and who have encouraged me to pursue a return to City Hall. I have missed being actively involved in the important decisions that affect our community."

"I feel very strongly that the City of Cornwall is in a much stronger economic position today than it has been in a very long time and that our community is well positioned for continued economic growth and prosperity," added Savard. "I am hopeful that I can once again earn the trust of the community and I would very much welcome the opportunity to work closely with Council colleagues and City Administration, to make the City of Cornwall an even better place to live, work, and play.

A large campaign team has already been assembled around Savard and they have been working very hard in preparation for the upcoming election. Savard's long time friend, Jeff Bethune will serve as the team's campaign manager. In addition, a campaign website has been launched at www.chrissavard.ca.

KIA

DRIVE MORE EVENT

NO PAYMENTS FOR 12 MONTHS on selected models

OR

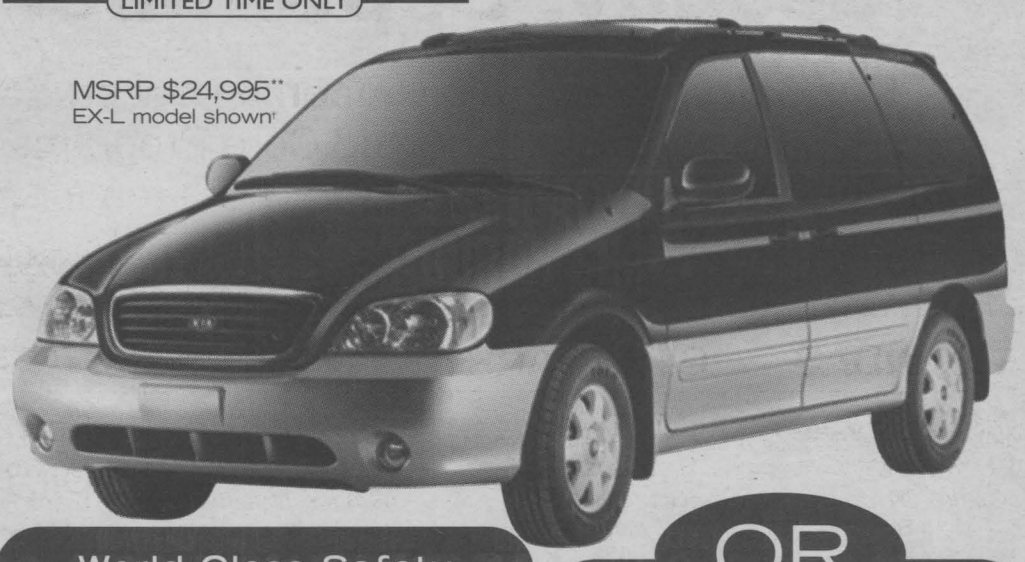
0% PURCHASE FINANCING on selected models

OR

PURCHASE NOW AND WE'LL PAY YOUR GST on selected models

AND NOW ON ALL NEW SEDONAS 500L FREE GAS* LIMITED TIME ONLY

HIGHEST SAFETY RATING POSSIBLE††
5-STAR FRONTAL IMPACT RESISTANCE
5-STAR SIDE IMPACT RESISTANCE



MSRP $24,995**
EX-L model shown

World Class Safety
2003 SEDONA LX

• 3.5 L V6 DOHC engine • 5-speed automatic • Front & rear A/C • Cruise control • Power windows, locks & heated mirrors • AM/FM/CD stereo • Rear privacy glass • Dual airbags • Wiper de-icer • Dual sliding doors • Tilt steering • 7-passenger seating • 8 cupholders • And more

LEASE FROM $239* PER MO. 60 MOS.
Only $3,850 Down Payment
$0 SECURITY DEPOSIT

$15 MORE A MONTH DVD PACKAGE

OR

0% PURCHASE FINANCING FOR 60 MONTHS



MSRP $21,895**
SE-V6 model shown

The Re-Designed 2003 MAGENTIS LX

• 2.4 L DOHC engine • 4-speed Steptronic transmission • Dual airbags with Passenger Presence Detector • A/C • Power windows & locks • Power heated mirrors • AM/FM/CD stereo • Cruise control • Tilt steering • 60/40 split-folding rear seat • Driver's seat height adjuster

LEASE FROM $225* PER MO./60 MOS.
Only $2,250 Down Payment
$0 SECURITY DEPOSIT
OR 0% PURCHASE FINANCING



MSRP $29,995**
EX model shown

All New 2003 SORENTO LX SUV

• 3.5 L V6 DOHC engine • 4-speed automatic • Shift-on-the-fly 4WD • 5,000 lb. towing capacity • Front & side airbags • ABS brakes • 16" alloy wheels • A/C • Power windows, locks & heated mirrors • Cruise control • AM/FM/CD stereo with 8 speakers • Roof rack • Front fog lamps

LEASE FROM $315* PER MO./60 MOS.
Only $4,250 Down Payment
$0 SECURITY DEPOSIT
OR 2.9% PURCHASE FINANCING

DRIVERS' CHOICE BEST MID-SIZE SUV – Motorweek

KIA Come out ahead.

THE BEST WARRANTY IN THE BUSINESS
5-YEAR/100,000 KM COMPREHENSIVE WARRANTY
5-YEAR/100,000 KM POWERTRAIN WARRANTY
5-YEAR/100,000 KM EXTRA CARE ROADSIDE ASSISTANCE

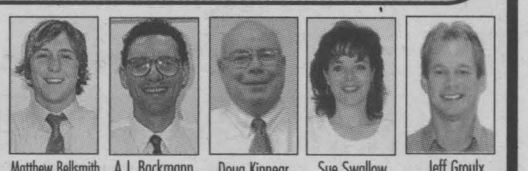
KIA 5-5-5 Extra Care Warranty

AG15033

KIA Come out ahead.

CORNWALL KIA
701 ROSEMOUNT AVENUE 938-9276

KIA 5-5-5 Extra Care Warranty



Matthew Bellsmith, A.J. Backmann, Doug Kinnear, Sue Swallow, Jeff Groulx Sales Manager

Other lease and finance options available. See dealer for details. *Leasing plans OAC provided by Kia Canada Financial Services. Available on Sedona LX (SD7523)/2003 Sorento LX (SR7513)/2003 Magentis LX (MS7413) [the "Featured Models"]. Based on a 60/60/60 month lease rate of 3.13%/5.22%/1.23%; and a down payment or trade equivalent of $3,850/$4,250/$2,250. First month's lease payment of $239/$315/$225, plus $1,085/$1,085/$930 delivery and destination, and a $350 acquisition fee, due upon delivery. Total lease obligation for the Featured Models based on an MSRP of $24,995/$29,995/$21,895 is $18,690/$23,150/$15,750 and the option to purchase at end of lease for $9,179.40/$11,764.80/$6,959.00 plus applicable taxes. Lease has 20,000 km/year allowance (other packages available) and $0.10/km for excess. **2003 Sorento LX MSRP from $29,995, 2003 Sedona LX MSRP from $24,995, 2003 Magentis LX MSRP from $21,895. Licence, registration, insurance, delivery and destination, and taxes are not included, unless otherwise stated. MSRP of the Featured Models is shown above. Prices subject to change without notice. Dealer may sell/lease for less. 0%/1.9% purchase financing (varies depending on vehicle's model) is available for a maximum of 60/48/36 months (varies depending on vehicle's model). All purchase financing offers exclude delivery and destination, licence, insurance, administration fees and all applicable taxes. $Purchase financing example: $10,000 at 0.0% purchase financing equals $277.78 per month for 36 months; C.O.B. is $0 for a total obligation of $10,000. ‡"No Payments for 12 Months" purchase financing example: $10,000 at 0.0% purchase financing per annum for 11 months, monthly payment is $0, cost of borrowing for the first 11 months is $0 and total still owing after the 11 months is still $10,000. After 11 months, $10,000 financed at 6.05% equals $235.08 per month for 48 months; C.O.B. is $1,283.82 for a total obligation of $11,283.82. ¶"Up to $2000 off cash purchase" offer applies only to cash purchases concluded and fully paid on the day of the transaction. Does not apply to units financed or leased with Kia Canada Financial Services. Offer varies depending on vehicle model. Monthly payment and cost of borrowing will vary depending on amount borrowed, the term and down payment/trade. Certain restrictions may apply. †Featured models are not exactly as illustrated. ††NHTSA (National Highway Traffic Safety Administration) test results. Visit www.nhtsa.dot.gov/ncap for full details. ¥"500L/300L Free Gas" offer applies only to all new vehicle purchases, not including demonstration vehicles or fleet purchases. A $375/$225 gift certificate for gas purchase at Petro Canada™ will be awarded to the purchaser. Gift certificate is based on 500/300 litres of gas at $0.75 per litre. See your participating Kia dealer for details. For a limited time only. KIA is a trademark of Kia Motors Corporation.

LOCAL

A Modern Spin On A Traditional Art



"My grandmother used to do that!"

Lise Marvell and Claudette Voet often hear that comment when they demonstrate the art of spinning. The two Williamstown women are grandmothers themselves, but they take a modern approach to spinning, while enjoying the old-fashioned benefits.

"It's so relaxing!" they both say.

Marvell keeps her spinning wheel in her living room.

"When I feel like relaxing, I'll just go in and sit down and spin," she says.

"It's worth a Valium pill anyday," adds Voet.

Last weekend, the pair set up at the Williamstown Fair to share their enthusiasm and knowledge with hundreds of fairgoers. Sheep shearing and wool spinning were added to the fair last year at Marvell's suggestion and have generated a great deal of interest. Voet notes that men and young boys, in particular, seem to be fascinated by the spinning.

The two friends were introduced to spinning only six years ago at an exhibition in Vermont and both decided it was something they would like to do. Marvell signed up for classes in Newmarket, where she was living at the time. Voet, who was in Montréal, was unable to find a teacher, so she purchased a spinning wheel by mail-order and taught herself by trial and error. A group on the Internet that posted questions and answers on the topic proved to be an invaluable resource.



Claudette Voet (left) and Lise Marvell, surrounded by baskets of wool, prepare to demonstrate the art of spinning at the Williamstown Fair.

Photos by Linda Mikolayenko

Wool spinning and the world wide web may seem like an unusual combination of old and new, but Voet and Marvell discovered that there were other innovations in this traditional art. The modern Lendrum spinning wheels that they own were designed by a Kingston area engineer. They have smaller wheels and can be folded so that they are easy to pack up and transport. They also have two treadles rather than one.

In addition to the spinning wheel, Voet demonstrated the use of a drop spindle for spinning and showed folks how to make their own spindle using materials around the house.



Claudette Voet shows how easy it is to spin wool using a home-made spindle.

"You take any old CD, like the kind AOL sends you in the mail, and secure it on a dowel between two rubber bands. I find the ones that come with broccoli work really well," says Voet.

Add a hook on the top, and you're ready to spin your wool.

"It's very portable. I do it in the car; I do it on the boat; I do it everywhere," says Voet, who never loses an opportunity to spin. "I love the feel of wool."

Yet Marvell and Voet experiment with different combinations of materials. The texture of blankets made with lambswool and alpaca fibre contrasts with yarn that is made of a blend of lambswool, mohair and silk.

From time to time they will purchase wool that has already been processed and ready to spin, but mostly they buy raw wool from local suppliers. At that stage it still has the oily feel of the lanolin in it. They wash it and comb it or card it themselves before spinning.

And though Voet prefers the natural look, occasionally she will dye the wool different colours after it is washed.

"I use Kool-Aid," she says to the surprise of many. The colours are really vibrant and remain colourfast, she explains.

It is these colours that she likes to use for knitting socks. In one evening she can spin enough wool to make one pair.

Marvell and Voet are always on the lookout for new techniques and projects and belong to an informal group of like-minded spinning enthusiasts in the United Counties called "The Twistle Guild."

One dream they share is to someday own an angora rabbit.

"I would love to have it sitting on my lap while I spin the fur," says Marvell.



CORNWALL HYUNDAI

clearout Time

2003 ACCENT GS

0% FINANCING UP TO 36 MOS.

Lease From $185

$0 Down
$0 Frt. or PDI
$0 Sec. Dep.

or

$155 With $595 down



2003 SONATA GL

0% FINANCING UP TO 60 MOS.

Lease From $299

$0 Down
$0 Frt. or PDI
$0 Sec. Dep.

or

$235 With $2295 down



2003 SANTA FE GL

0% FINANCING UP TO 36 MOS.

Lease From $278

$0 Down
$0 Frt. or PDI
$0 Sec. Dep.

or

$183 With $3495 down



2003 ELANTRA



0% FINANCING UP TO 60 MOS.

Lease From $225

$0 Down
$0 Frt. or PDI
$0 Sec. Dep.

or

$165 With $2099 down

* Leasing program available from Hyundai Financial Services. Limited time offer. Leasing program based on 60/60 month walk-away lease. Down payment plus first monthly payment may be required. Taxes, license and $350 administration fee extra. 20,000 km mileage allowance per year applies. Additional km charge of $0.10 applies. 0% purchase financing available on selected models. Financing example: $10,000 at 0% per annum = C.O.B. is $0.00 for a total obligation of $10,000. Source AIAMC sales January to November 2002. Taxes, license & administration extra. Financing programs may not be combined with leasing program. See dealer for details.

3 YEAR UNLIMITED ROADSIDE ASSISTANCE / $750 GRAD REBATE / FULL SERVICE DEPARTMENT

HYUNDAI *Win*

CORNWALL HYUNDAI

933-8135

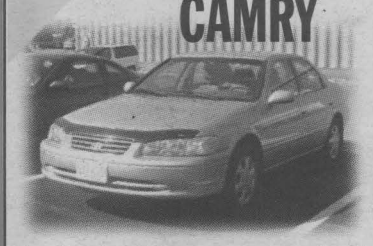


Claude C. Claude B. Linda Bob Wayne T. Melissa

CORNWALL KIA OVERDRIVE



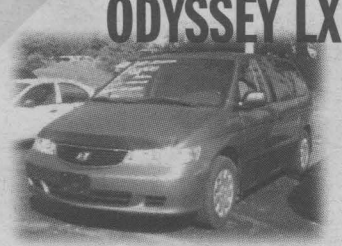
2001 TOYOTA CAMRY



4 cyl., auto, air, pwr. group, wood dash

BI-WEEKLY
$19,388 $172.00

2000 HONDA ODYSSEY LX



6 cyl., auto, air, power group, 7 pass.

BI-WEEKLY
$21,995 $192.00

2000 TO 2002 OLDS. ALERO



auto, air, spoiler, power group, alloy wheels

BI-WEEKLY
$13,995 $171.00

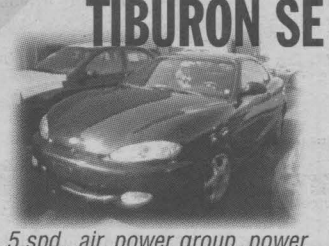
2001 FORD RANGER "EDGE"



Super clean, 5 speed, tons of accessories

BI-WEEKLY
$14,888 $160.00

1998 HYUNDAI TIBURON SE



5 spd., air, power group, power sunroof, spoiler, performance exhaust

BI-WEEKLY
$10,995 $119.00

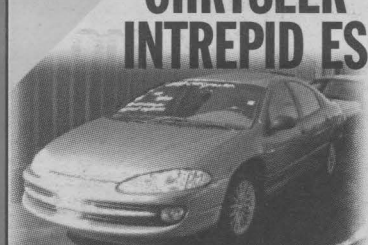
2001 Mazda Protege



5 speed, CD, power steering, spoiler

BI-WEEKLY
$11,995 $128.00

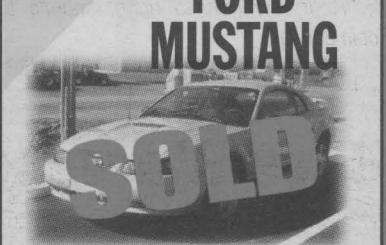
2000 CHRYSLER INTREPID ES



auto, air, power windows, locks & more

BI-WEEKLY
$12,995 $139.00

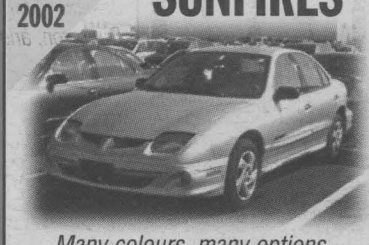
2002 FORD MUSTANG



5 spd., air, pwr. group, spoiler, alloy wheels. Super Condition!

BI-WEEKLY
$18,288 $195.00

1996 TO 2002 SUNFIRES



Many colours, many options. Visit us to see the best choice for you! Stk1419A

STARTING AT $6,995 BI-WEEKLY $78.00

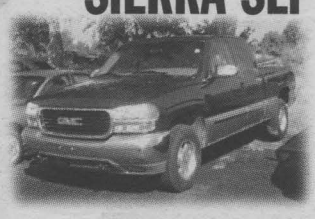
1998 TO 2002 CAVALIERS



Hurry for best selection!

STARTING AT $6,995 BI-WEEKLY $78.00

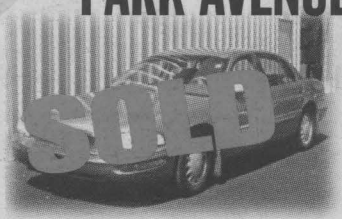
2000 GMC SIERRA SLT



Loaded! Leather, power group, air, bedliner

BI-WEEKLY
$21,995 $192.00

1997 BUICK PARK AVENUE



auto, air, power group, power seat...

BI-WEEKLY
$13,995 $179.00

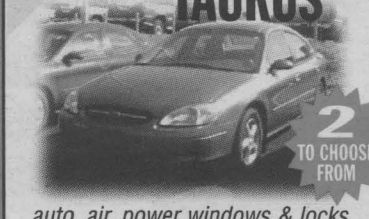
2001 HONDA CIVIC



auto, air, power locks

BI-WEEKLY
$12,995 $139.00

2000 FORD TAURUS



auto, air, power windows & locks, Stk.#1371A

STARTING AT $11,995 BI-WEEKLY $128.00

1997 TO 2000 CHEV VENTURES



auto, air, power group! Stk.#1239A

STARTING AT $9,995 BI-WEEKLY $129.00



RARE FIND

1999 JEEP TJ

auto, air, hard/soft top

$20,388 or BI-WEEKLY $178.00

RARE FIND

All prices are plus admin. fee & taxes

KIA Come out ahead.

CORNWALL KIA

701 ROSEMOUNT AVENUE 938-9276

KIA 5-5-5 Extra Care Warranty

aug15033


Matthew Bellsmith


A.J. Backmann


Doug Kinnear


Sue Swallow


Jeff Groulx
Sales Manager

Cornwall Minor Softball

Jays 26 - Cards 19: In the Mini Mite Division, the Jays were the Champions beating the Cards. Leading the way for the Champions, Colin Boisvenue and Justin Bancroft both hit grand slams for the winners.

Major Mites: In the Consolation game, the Expos beat the Cards 7-3. Led by the strong pitching of Carter Cook and the timely hitting of Ryan Ledoux, who hit a two out grand slam in the last inning to lead the Expos to victory over a very good Cards team.

In the Championship game the A's beat the Jays 7-5. In a close contest, the Jays, led by the strong pitching of Mike Latreille, put up a good fight as they eventually lost to the A's. Ryan Cooper got the save in the last inning in three strikeouts with the bases loaded and the Jays threatening to take the lead.

Pee Wee: In the Consolation game, the Jays beat the Cards 11-10. Matt Legault was the winning pitcher in a closely played game.

In the Pee Wee Championship, the players treated the fans to a spectacular game. The pennant winning Expos were upset by the A's 4-1. Both teams had awesome pitching with the Expos' Alain Brisson and Richard Royer holding the A's to four runs. For the Expos, who average 15 runs scored per game, it should have been enough. But the A's, lead by Kris Huntley, who pitched three inning giving up three hits and one run, and Micheala Brunton, who pitched the final four scoreless innings, was just too much for the Expos. Stephanie Eamer scored the winning run in the second inning off Joey Larin's double.

Due to bad weather the Bantam final and Consolation game could not be played. It will be replayed on Monday, August 18th, 2003 at 6 p.m. at the Bob Turner. All are welcome to attend and watch some exciting softball being played.

BASF/Howard Smith Credit Union Kinsmen

U-14 Boys Blazers

The BASF/Howard Smith Credit Union Kinsmen U-14 Boys Blazers faced a determined Gloucester team Saturday, August 9th, 2003, coming away with a 4-4 tie. The Blazers started the scoring at the six minute mark with Ben Martin jumping on a François Charlebois shot. Costa Efthimiou scored the second goal from a beautiful cross from Nathan Myers. Gloucester narrowed the gap at the 20 minute mark on a penalty shot to make it 2-1. Ben Martin then was in the right place with his second off a Richard Bovington rebound to close the half at 3-1. Gloucester wouldn't go away and kept coming scoring 18 minutes into the second half to close the gap to 3-2. Ben Martin scored his third goal on a lead pass from Richard Bovington a few minutes later. Gloucester still refused to quit and scored two unanswered goals late in the second half.

Charlebois Aluminum

U-12 Blazer Girls

The Charlebois Aluminum U-12 Blazer Girls Premier Division represented SD&G at The Gloucester Invitational Soccer Tournament recently in Gloucester. Once again it was a soggy tournament for the girls as it rained on and off throughout the weekend. Our girls played a strong tournament winning their first two games in the round robin 1-0 and 3-2 to finish second place in their pool.

The girls started off slow in the first half of the semi final but came back strong in the second. Unfortunately it wasn't enough to get through to the final. All in all, the girls played very well with goals scored by Jessica Lauzon, Stephanie Lelenka, and Sarah MacDonald. Way to go Blazers!

Cornwall Commercial

Ladies Slo-Pitch

In Ladies Slo-pitch play Dairy Queen defeated Grants 8-5 to take the first game in the best of five playoff semi-finals. Dairy Queen was trailing 5-2 when they rallied in the fifth to score six runs. Marjorie Massia and Jen Granger went 3-4 while Arlene Thomas was 3-3. Nicky King got the pitching win.

SD&G Highland Dancing



Winners from the Williamstown Fair, morning competition. Back row: Jessica McBride. Front row (left to right): Sabrina Bray, Jessica Duperron, and Robin Barillaro.

Submitted photo

Kinsmen

U-12 Boys Blazers

The Kinsmen U12 Boys Blazers added another win to their season recently by defeating Russell 1-0 at home. The team played well despite the fact that it rained for the entire game. The lone goal was scored by Sam Wensink part way through the second half. And thanks to excellent net minding by keeper Travis Russell and a great effort by defencemen Jake Wensink, Aaron Villeneuve, Dylan Bonhower and Brennan Chisholm. The team now has a season record of 3-4-3.

SEAWAY Scoreboard

editorial@cornwallseawaynews.com

Cornwall Golf & Country Club

Senior Men, Aug. 13th, 2003
1st: Gilles Poirier, Fern Pitre, Norm Clark, Joe Robertson
2nd place tie:
2nd: Wilf Quinn, Percy Davis, Leo Brisson
2nd: Geoff Taylor, Bill Manning, Gabriel Ippoliti, Hank Tamowski
Low Net (non-winner): Kevin Eves
Honourable Mention: Gilles Poirier & Hank Tamowski

Grumpy's Slo-Pitch

Mixed 3-Pitch - To Aug. 10th, 2003

TEAM	W	L	T	PTS
Grumpy's Blue	21	0	0	42
Grumpy's Grey	15	5	1	31
Simmons	15	9	0	30
Bumper's Pub	13	7	2	28
Silver Bullets	11	12	1	23
Heagle Trucking	4	15	1	9
Whites Outlaws	4	16	0	8
Grumpy's Red	3	21	1	7

TEAM	W	L	T	PTS
The Gulls	10	1	0	20
Bisson Electric	8	2	0	16
The Kids	9	5	0	18
Murphy's Inn	8	6	0	16
GBS	7	3	0	14
Moosehead	6	7	0	12
Grumpy's Sports Bar	6	8	0	12
Melon Heads	4	7	1	9
Rosemount Red Eyes	4	7	0	8
SCM	3	11	1	7
Glengarrian Pub	1	10	0	2

Men's Slo-Pitch - To Aug. 9th, 2003

JACK MACDONELL MOTOR SALES
"Your Hometown Volkswagen Dealer"
Presents Our
2003 CLEAN SWEEP

2003 Jetta GLS
SPECIAL RATES As Low As 1.9% 24 months
from $24,260
In Stock
1 - 5 spd., gas
5 - TDI
3 - Wolfsburg Editions

2003 Golf GLS TDI
SPECIAL FINANCING From 2.9%
from $24,210
In Stock
5 - Silver GLS, 5 spd., TDI
2 - Red TDI with sunroof & mags
1 - Gold TDI with sunroof & mags

2003 Passat GLS - GLX
Clean Sweep Special Pricing
Plus ...
Rates As Low As 1.9%
In Stock
1 - GLX, 4 motion, loaded
1 - GLS Tiptronic
1 - GLS Tiptronic Wagon, loaded

Ask About Our Lease Specials
Drivers wanted.
JACK MACDONELL MOTOR SALES
"Your Hometown Volkswagen Dealer"
632 Pitt St., Cornwall 933-3483
Visit Our Website at www.cornwallvw.com
Ninth St. | Seventh St. | Jack MacDonell Motor Sales | Pitt St. | Sydney St.
AUG15033

IT'S FINALLY HERE!
EASTON'S SYNERGY SI-CORE STICK
LIMITED SUPPLY
Shoot like the pros!
PLAY IT AGAIN SPORTS
37 9th St. East
936-2020
Open 7 days a week
piascorn@datacom.ca
july25032

CARTER GO KARTS
Now available at
Moto Sports World
Parts "N" Accessories
Corner Rts. 56 & 36 Massena NY
315-764-5732
aug1034

FM WINDOWS & DOORS Established 1978
SIZZLIN' SUMMER SALE
NO TAX!
WE PAY ALL TAXES
Hurry, limited time offer.
Lifetime Warranty - All Window Components - Easy To Clean - No Painting - Energy Savings Visit us at www.fmwindows.com
NO MONEY DOWN NO INTEREST 'til MAY 2004
NO PAYMENTS 'TIL MAY 2004
Limited Time Offer O.A.C
Call Now (613) 932-8121 * 1-800-394-8670
FM WINDOWS DOORS & SIDING
Awarded Consumer Choice Award 1998,1999 2000, 2001 and 2002
Consumers' Choice Award 2002 For Business Excellence
Cornwall, Alexandria, Hawkesbury, Vankleek Hill and surrounding area
Lucille & Bob Tessier
Your Job's Done Right The First Time!
aug15034



Find Everything You Need During Our

BACK TO SCHOOL DAYS!

August 15 - August 31

Enter to Win A Compaq Presario Computer with Monitor & Printer!

aug15033

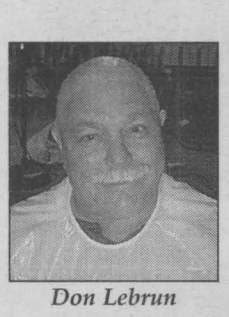


cornwall SQUARE

The Centre of Our City!

www.cornwallsquare.com

From the "If I was Martha Stewart" department. When boiling corn on cob, add a pinch of sugar to help bring out the corn's natural sweetness. Next week: What to do when you get a splinter *before* you reach for the tweezers or a needle.



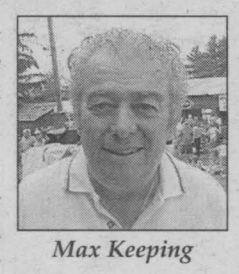
Don Lebrun

As the President of the **Army Navy Air Force Veterans Unit 342, Don Lebrun** was being shaved bald for charity on Saturday night, August 9th, 2003, the top three good-natured "ribs" that were heard:

3. "You look like my dad!"

2. (Said to his wife) "You're sleeping with a new man tonight!"

1. "And I didn't think you could get any uglier!"



Max Keeping

CJOH TV personality, **Max Keeping** officially opened the **Williamstown Fair** and had a good line when referring to Stormont Dundas Charlottenburgh MP **Bob Kilger.** Mentioning Kilger's grandchildren, Keeping said looking after them gave Bob good training so, as Deputy Speaker of the House of Commons, Monday through Friday, Kilger could, "look after the kids (on the Hill) and put them in their place."

It was a great wedding last weekend (won't say whose) but were they really smoking or pretending to smoke "parsley cigarettes?" Seems the **Master of Ceremonies** thought it was a great joke under the circumstances and it did get a few laughs.



Scuttlebutt

As you read in Scuttlebutt, a week before it happened, country music radio is no more in Cornwall. **The Blaze** signed off at 4 p.m. on Friday, August 8th, 2003 and **Rock 101.9** was born. As was reported earlier, **Mike Rose** and **Sue Stewart** have teamed up for the morning show. If you want your country music fix now, it appears you'll have to tune into 96.5 FM out of Malone, New York and Y105 out of Ottawa. You can get some country from CKON at 97.3 FM but it's a hit and miss affair. However, if you like rock, new and old, Rock 101.9 was sounding pretty good over their first weekend, August 8th, 9th, and 10th, 2003.

GET AWAY FROM HIGH PRICES

50% OFF LAMINATION

25% OFF CUSTOM FRAMING

GALLERY ONLY

EVERYTHING MUST GO!

FINAL CLEARANCE

ALL FRAMED PRINTS AT COST PRICE

Hurry In For Best Selection!

Hours: Mon. -Sat. 11-2:30; CLOSED Wednesday & Sunday

1007 Montreal Rd. 938-7265

DEMPSTER'S Frameworks

JUN25034

Something you probably didn't know about the **Williamstown Fair.** Early Saturday, August 9th, 2003 before most of the day's crowd was there, a bus load of farmers from Austria showed up to take in the event. The 41 farmers had just arrived in Canada on Friday, August 8th, 2003 and managed to visit Williamstown, Green Valley and Casselman in this area before heading west. The Austrian farmers are on a cross Canada tour visiting farming operations to learn about procedures that they could possibly use in their own country.

Jay Woollven of Domtar and Chair of the **Cornwall General Hospital Board** tells us he's getting lots of comments about his "front page" picture in the **Seaway News** last week. That's what we are, Jay, a community newspaper reflecting the activities of local and regional people.

We know you're enjoying your weekly copy of the Seaway News, but *if you're an Internet surfer,* we invite you to *check out our website* at www.cornwallseawaynews.com. In particular, click on "Local News" and see many of the paper's pictures in digital colour.



Who Dun It

Last weekend, everyone was saying the new mascot for the **Cornwall Crime Stoppers** program would be at the **Habitat for Humanity** camp out at Ninth and Sidney. For those that saw no difference in the "new" version, it's because it's the same old lovable Who Dun It but in a new set of skins that provide more ventilation. It's a welcome improvement on those hot, muggy days, trust me.



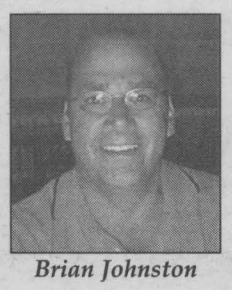
Chris Savard

Look for businessman and former councillor **Chris Savard** to announce his candidacy soon for another run at Cornwall city council.

Note .... he has!!!!

Caller has sour grapes and lemons to people who help themselves to other people's possessions. To the person who took my **mushroom ornament with a frog attached to it** from my lawn at the Lorneville Apartments, shame on you. This is a handmade ornament with great sentimental value. Please just return it with no questions asked!

Look for the **Weave Shed** on Cotton Mill Street to likely close its doors for good in the near future. Word is someone is already sniffing around to buy the building and perhaps do something else with it.



Brian Johnston

Well isn't **Brian Johnston** of **Upper Canada Mortgage and Investment Corp.** the golfer! Last Saturday, August 9th, 2003, Brian sank a hole-in-one on the 170-yard 11th hole at the **Heritage Golf Course** in Lancaster while participating in the **Army Navy Air Force Veterans Unit 342** charity golf tournament. He will tell you that it is his second hole-in-one ever, having scored an ace about six years ago. What he won't tell you is that he kept the news secret at the clubhouse for fear of "breaking the bank" with the traditional "round of drinks" for everyone. Not a bad euchre player either, when he has the right teammate!

St. Frances Pool on Second Street West was home to the **Speed Swimming Competitions** put on by **Recreation Services** in Cornwall. Six of the city's eight pools sent contestants to the event, representing all age groups of boys and girls. When it was all over, **Riverdale** came away with the overall championship, followed by **St. Theresa; Reg Campbell; St. Joseph; Kinsmen** and **Mattice.** The annual competition signals the coming end of the public swimming pool season for the public. Pools are slated to close the weekend of August 23rd and 24th, 2003.

READ IT AGAIN

Used Book Store

aug15033

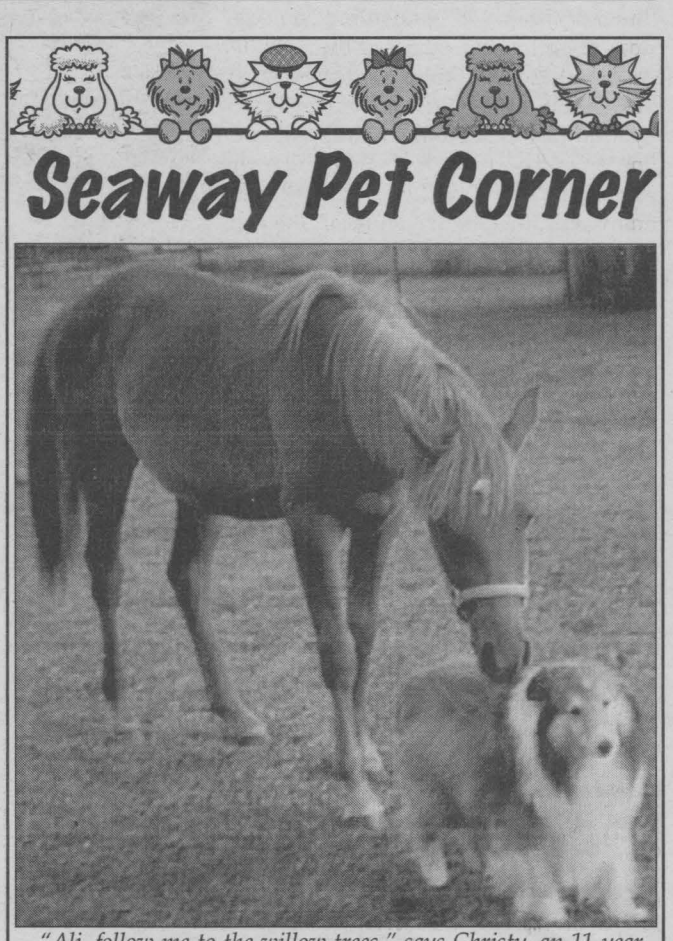
- Thousands of used books at low prices
- We'll take any books for trade

FREE PARKING

OPEN 7 DAYS A WEEK

377 11th Street East (in the Leduc Shopping Centre)

933-2433



Seaway Pet Corner

"Ali, follow me to the willow trees," says Christy, an 11-year-old Sheltie. Ali is a two-year-old pony.

Owned by Donna & John Hanley of Avonmore

Bring in your favourite pet photo along with a small caption and we'll publish it so all our readers can enjoy it too!

Drop in to our office at 329 Second Street West.

DEADLINE IS TUESDAY 5PM

Did anyone see the "40 bras" tied across the driveway on **Black River Road** last week? Was that a gift for your Birthday, **Heather?** Better check them for size! Happy Birthday!

Lamoureux Park is designated for people only, no dogs allowed, yet some people disobey. Maybe the City should post the **"No Dogs Allowed"** signs at the entrances of Pitt and Water and York and Water so people will be able to see them, not down by the river.

"Golden Moments"



Be the first to order the latest

Trisha Romance

LOGAN'S GALLERY Gift Shop

A Gallery Like no Other

204 2nd St. East aug15034 938-3629

Why do some young people feel it necessary to "burn rubber" at every corner or red light? Must be because it's Dad's car. Take a chill pill!

I fired my masseuse today. She just rubbed me the wrong way!

Mood Ring: My husband, not happy with my mood swings, bought me a mood ring the other day so he would be able to monitor my moods. When I'm in a good mood it turns green. When I'm in a bad mood it leaves a big red mark on his forehead!

Tongue Twister: What a shame such a shapely sash should such shabby stitches show.

THE FISHING HUT

410 A Cumberland St.

933-4636

FISHING & HUNTING LICENCES

In-stock now!

- *Barnett Wildcatt III*
- *Barnett Rhino Quad*
- *15' Steel Ladder Tree Stand*
- *Hunters View - Baby Gorila Stands*

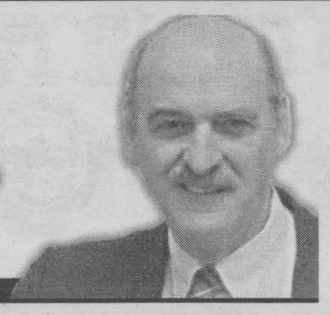
www.fishninghut.ca

E-mail: info@fishinghut.ca

aug15034

SEAWAY SPORTS

Sports Chips



with Bill Gallant

Reading between the lines, it appears that a decision will be required someday soon regarding the status of the Si Miller Arena (aka Water Street Arena). We keep hearing about how it will soon be a costly affair just to keep the building operating as a sports centre. Evidently the grand old "barn," as it has been called by many old-timers who can recall the construction in 1936 and the many events they attended, will need a whole new facelift very soon. Most agree that the structure has a great need of work to bring it in line with today's regulations.

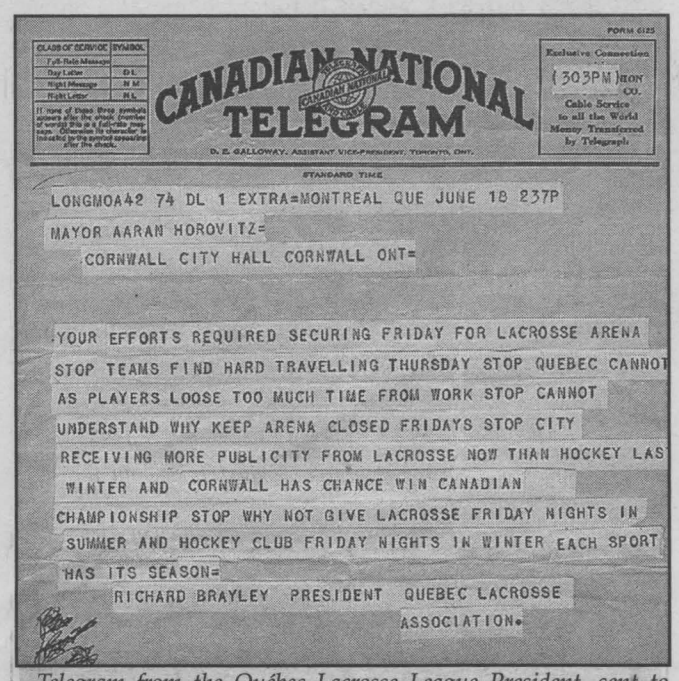
Here's hoping that any discussion and ultimate decision will include some consideration to keeping the building.

That seems to be the consensus of several old-timers I was able to talk with recently. Of course they are people who have fond memories of some of the spectacular events held at the WSA over the years. They reminded me of the exciting lacrosse games in the 1930s and 40s, the many big name bands that played here like Louis Armstrong, the Sammy Kaye Orchestra, and so many great hockey teams that called the place home. So many memories, and such a tremendous history surrounds the old building that it would seem a shame to dismantle it.

What do you think? Sounds like grounds for an open public discussion!



I have included an original telegram from the Québec Lacrosse League President that was sent to Cornwall's Mayor Aaron Horovitz, who officially opened the Water Street Arena in 1936, and a photo of an early Falcons team. How many can you name?



FORM 6125

CANADIAN NATIONAL TELEGRAM

D. E. GALLOWAY, ASSISTANT VICE-PRESIDENT, TORONTO, ONT.

CLASS OF SERVICE / SYMBOL
Full-Rate Message —
Day Letter DL
Night Message NM
Night Letter NL
If none of these three symbols appears after the check (number of words) this is a full-rate message. Otherwise its character is indicated by the symbol appearing after the check.

Exclusive Connection
(303PM) MON
CO.
Cable Service to all the World Money Transferred by Telegraph

STANDARD TIME

LONGMOA42 74 DL 1 EXTRA=MONTREAL QUE JUNE 18 237P
MAYOR AARAN HOROVITZ=
CORNWALL CITY HALL CORNWALL ONT=

YOUR EFFORTS REQUIRED SECURING FRIDAY FOR LACROSSE ARENA STOP TEAMS FIND HARD TRAVELLING THURSDAY STOP QUEBEC CANNOT AS PLAYERS LOOSE TOO MUCH TIME FROM WORK STOP CANNOT UNDERSTAND WHY KEEP ARENA CLOSED FRIDAYS STOP CITY RECEIVING MORE PUBLICITY FROM LACROSSE NOW THAN HOCKEY LAS WINTER AND CORNWALL HAS CHANCE WIN CANADIAN CHAMPIONSHIP STOP WHY NOT GIVE LACROSSE FRIDAY NIGHTS IN SUMMER AND HOCKEY CLUB FRIDAY NIGHTS IN WINTER EACH SPORT HAS ITS SEASON=
RICHARD BRAYLEY PRESIDENT QUEBEC LACROSSE ASSOCIATION.

Telegram from the Québec Lacrosse League President, sent to Cornwall's Mayor Aaron Horovitz, who officially opened the Water Street Arena in 1936.

CORNWALL GYMNASTICS CLUB
113 Amelia St. 933-4356

NEXT SESSION
September 8th - November 29th
(12 week session)

Added More
• 1 - 3 yr olds classes • 4 - 5 yr olds classes
• Mom, Pop, Tot classes • 6 and older classes

Registration Dates
Wednesdays 6:30 - 8:30 pm

OPEN HOUSE
Tuesday, Aug. 19th from 5:00 - 7:30 pm
Come and see our great facility!
We accept cash, cheque or VISA

Classes are filling quickly so register early!

aug8031



SUNSPACE MODULAR ENCLOSURES
Maintenance Free Aluminum
Available with: Screen panels, single glazed windows, double glazed thermal windows, lifetime warranty on panels & extensions.
Applicable window warranties apply.
313 Balmoral Ave RAINSTREAM (613) 932-0817
aug15032

THERE'S NEVER BEEN A BETTER TIME TO BUY!





BUY ANY IN-STOCK ARCTIC CAT® AND RECEIVE FREE
3 YR. EXTENDED WARRANTY ($1,000 value)
AND
FREE HEAVY DUTY WINCH ($700 value)
3 - 500 shift models in-stock plus
4 - Two Rider 4x4's
don't miss out ... only 7 remain

B&D Small Engines Ltd.
1440 10th St. E.,
Cornwall, Ontario 938-7745
aug15033

NISSAN NATIONAL SALES EVENT
HURRY, ENDS SEPTEMBER 2ND

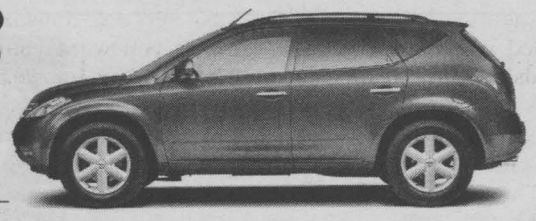




2003 ALTIMA 2.5S
$289 per month lease for 48 months with $3,160 down.* INCLUDES DESTINATION AND DELIVERY.
• 175-HP 2.5-litre DOHC engine • Air conditioning • AM/FM with CD audio system and 6 speakers • Power heated outside mirrors • 60/40 split rear seat w/lock • 8-way driver's seat • Power windows and locks • And more...

CHOOSE 0 SECURITY DEPOSIT OR 0 PAYMENTS FOR 90 DAYS ON ALL 2003 ALTIMA MODELS** ENDS SEPT. 2ND

2003 MURANO
Starting at $39,500
• 245-HP 3.5-litre DOHC engine with Xtronic CVT Transmission • All-wheel-drive • Anti-locking Brake System • 18" Alloy wheels • Cruise control • AM/FM/Cassette audio system with in-dash 6-disc CD changer • Heated seats • And more...
2003 BEST NEW SPORT UTILITY VEHICLE UNDER $45,000
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA





2003 PATHFINDER "CHILKOOT EDITION"
$359 per month lease for 48 months with $5,150 down.* INCLUDES DESTINATION AND DELIVERY.
Or finance the purchase of your vehicle for 0.9% for 36 months.†
• 240-HP 3.5-litre DOHC engine • 4-speed automatic with overdrive • "All-Mode" 4-wheel drive • 150-watt Bose® CD audio system with in-dash 6-disc autochanger • 8-way adjustable driver's seat • Air conditioning • Electronic compass & outside temperature display • Remote rear liftgate glass release • And more...

2003 XTERRA XE
$338 per month lease for 48 months with $4,600 down.* INCLUDES DESTINATION AND DELIVERY.
• 180-HP 3.3-litre SOHC V6 engine • Power windows, mirrors, and door locks • Side step rails • Part-time 4-wheel drive system • Tubular roof rack with removable basket and wind deflector • Air conditioning • And more...



0 SECURITY DEPOSIT OR 0 PAYMENTS FOR 90 DAYS ON ALL 2003 SENTRA MODELS**
HURRY IN FOR LOW LEASE RATES AND FINANCING AS LOW AS 0.9% FOR 36 MONTHS ON REMAINING 2003 SENTRA AND MAXIMA MODELS.†



THE NEW 2004 SENTRA
Starting at $15,598††
• 126-HP 1.8-litre DOHC engine • 15" steel wheels • 8-way manual driver's seat • Tilt steering • Dual air bags • 60/40 split folding bench seat • And more...

THE NEW 2004 MAXIMA
Starting at $34,500††
• 265-HP 3.5-litre DOHC V6 engine • 18" steel wheels • ABS • Halogen headlights • Skyview™ roof • 8-way power driver's seat • Heated front seats • 8-speaker Bose® audio system • AM/FM cassette with 6-disc in-dash CD changer • And more...



CHECK OUT THE NEW 2004 NISSAN QUEST. ARRIVING NOW.

Proudly brought to you by Cornwall Nissan 933-7555

All offers are only on accepted credit, available for a limited time, and may change without notice on new 2003 Pathfinder "Chilkoot Edition" Automatic (5CRG78 AE00), 2003 Xterra XE (6CLG53 AA00), 2003 Altima S (T4RG73 AE00), 2003 Murano and all 2004 Sentra /Maxima models. Offers cannot be combined with any other offers and except where otherwise noted include destination and delivery (Excluded in 2003 Murano, 2004 Sentra/Maxima) MSRP ($981/$868/$972) †† MSRP for models shown; 2004 Sentra SE-R with Sport Package (C4SG74 RR00)/ 2004 Maxima 3.5 SE w/ option leather (U4SG54 LE00) $24,398/$37,200 Dealer may sell/lease for less. Not all vehicles are available at all Dealerships. Licence, insurance, and taxes are extra and must be paid at the time of transaction. † For 36 months finance 2003 Sentra/Maxima/Pathfinder at 0.9%. Financing examples: $30,000 at 0.9% per annum for 36 months equals $844.95 per month. COB is $418.07 for an obligation total of $30,418.07. **First payment due 90 days after date of delivery on financed purchases on new 2003 Sentra and Altima models. No interest for 60 days. Zero security deposit when you lease new 2003 Sentra or Altima models. *48-month lease on 2003 Altima S/Pathfinder Chilkoot Edition/Xterra XE manual 5.2%/3.9%/5.2% ALR. Leases based on a maximum of 96,000 km with excess charged at $0.10/km. If the cash purchase prices are not taken, and the vehicle is financed, the effective interest rate is 3.86%/5.93% for Sentra/Maxima. Vehicles not exactly as shown and used for illustration purposes. Nissan, the Nissan Brand Symbol, "SHIFT_" tagline, and Nissan model names are Nissan trademarks. See your nearest Nissan Dealership or www.nissan.ca for more information.

NISSAN
SHIFT_
aug15032

Preserving And Sharing - Two Reasons For Writing



In my last two columns I've discussed a sampling of the things I've written about in the last 450 columns. I've also tried to explain how I write and why I write. This week, by using excerpts from a story Art Levert Jr., an acquaintance, has written, I'll illustrate yet another reason why we write: to be able to capture a day in one's life and then share it with others.

Art's story is called "My Payneful Adventure!," an attraction-getting title, a clever play on words. 'Payne' is the name of the local stream which is the setting for Art's true adventure story.

"Looking at my topographical map, an easy trek. The map showed that the creek that I intended to travel was a fairly straight south to north flowing waterway, with a limited amount of woodland but yet meandering just the same. It was indicated that it was approximately 10 to 12 miles in length, so I figured by past experience that it would take about three hours to do!" Ah! Subtle suggestions of something ominous and foreboding.

"I put in the creek - the first I do is put my steadying hand right on an old thistle bush that lay hidden under new grown wild grass. Boy. Did that hurt! Not exactly the best way to start off eh?" Already, he's talking to himself, pathos and soliloquy-style.

"Well, after this encouraging start, I was finally off on my journey into a totally unknown river!" We know he's using 'encouraging' in a 'not' style. The use of 'journey' contrasts with "easy trek" used earlier. Also, "easy trek" is an interesting mismatch of terms.

"...my 'experienced' ear picks up a familiar sound - FALLS!" I think the use of 'experienced' ear might be suggesting he's not that experienced after all. "FALLS" in uppercase: a literary device that really gets the reader's attention, but should be used VERY sparingly. It's sort of like the F--- word. If used only once every couple of years, your audience knows that you're really ticked off. If it appears every fourth word, all it shows is that you have absolutely no control over your temper, have extremely limited vocabulary and intelligence and absolutely no command of the English language.

"From my point of view, the river's horizon looked like it dropped off the face of the earth!" I know the feeling. When a waterfall is approached from the upstream side, you hear the roar, but see nothing. It's like the roar of a lion in the jungle - at night.

Then, we hear him say to himself, "...in the zone of the 'do or die,' I made a quick decision that 'Yes,' I can handle this one!" Maybe he's not exaggerating. It could actually be a do or die situation. Remember, this story could only take place during the freshet conditions of spring.

"All the while four kids were watching me throughout the whole ordeal! One, so surprised at my sudden appearance over the shoot, she actually ran for cover!" The use of 'ordeal' and the reaction of one of the spectators suggests Al's in really big trouble.

Read this seemingly irrelevant detail: "First a groundhog bore witness to my passage, then a nervous muskrat, a young painted turtle seemed to be struggling in its swim to escape this strange floating creature, only to come up to the surface right beside my kayak! I even found a child's boat that I put back afloat. It followed me at a slower pace." Why introduce the child's boat into this story? You'll eventually see why.

How's this for a cleverly-crafted statement, an utterance that prompts careful re-reading: "I headed for shore and fast! Now I don't consider myself as a genius or even think that I'm smarter than most, but on this occasion, I was among the wisest!" Well put!

"I pulled out with only 20 feet to spare for what was to be the highlight of my day! A 15-foot absolutely vertical limestone escarpment! Yes - a mini version of the Horseshoe Falls of Niagara!" This story is beginning to sound like the movie "Deliverance." I hope it doesn't end that way.

"...one last look over my shoulder - what's this? Hey! It's that little boat!" Something that was mentioned earlier, something we thought was irrelevant, has returned to play a part in the story.

"The little boat was tipped over by some rocks just before reaching the edge of the falls, in which, inverted, took the full brunt of the 15-foot vertical drop only to be shattered by the impact at the bottom! Then worst than the actual crash itself - the whirlpool generated by these falls swallowed up the 'leftovers' of this Fisher Price product, never to be seen again!" If this is what the falls could do to a toy boat, just think of what it might do to our adventurous author!

"Then my thoughts wandered to that little boat that was forever twirling in the monstrous grip of that whirlpool - then I giggled once more!" Has danger driven our adventurer mad?

Al is not only facing the perils of nature, but also of man, Man the Farmer: "...then I noticed that this fence was not only a nuisance, but was also electrified! Good thing I didn't come to contact with that in the water! I would have tripped off the breaker back in the barn!"

"...at first it looked like a small boulder, only when I got closer I could make out its detailed shell that looked like an alligator's back, and its long gator-like tail." This adventure is beginning to be like something out of Indiana Jones!

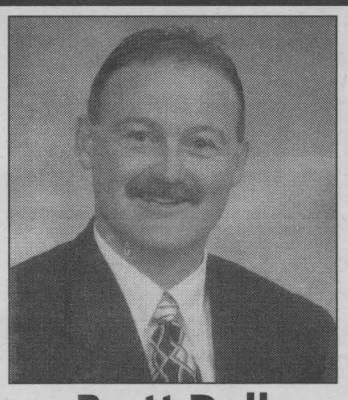
As the end of the story and the trip comes closer, we read, "Well folks, no, the worst was yet to come, like those classic horror films, just when the 'monster' is defeated, you let out a sigh of relief then let your guard down - and that's when: POW! It comes back to bite you on the ass!"

It's a pity to see such a good story taken apart and analyzed. It's the same thing that was done to so many poems, short stories and novels by our literature teachers and professors in elementary school, high school and university classes. Good writing should be savoured and left intact.

If these disjointed excerpts from Art Levert Jr.'s wonderful adventure story, "My Payneful Adventure!" have grabbed your attention, you can read the intact story by e-mailing me a request for it. Please feel free to also add any comments. I'll pass your request and comments on to Al. In return, you'll be able to read his entire story.

Remember: "Don't ever be caught going down the creek without a paddle!" Also, don't forget to commit your adventure to paper, so it can be revisited again and again. Don't forget to e-mail a copy to me, too.

CONGRATULATIONS
Salesperson of the Month



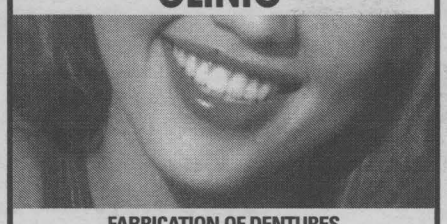
Brett Doll
Sales & Leasing Consultant

We, at Cornwall Motor Sales, are pleased to announce.that Brett Doll has combined Sales & Service to the highest degree and has been named Salesperson of the Month for the Month of July, 2003.

aug15032

CMS CORNWALL MOTOR SALES (1989) LTD.
Brookdale at 401 933-3000

DENTUROLOGIST CLINIC



FABRICATION OF DENTURES, PARTIALS AND IMPLANTS.
Same Day Repairs
1073 PITT STREET
938-7721
Christos Markou D.D Denturologist
AUG15034

Friskies
ask the VET



Q Do cats and dogs get cancer? If so, can I prevent it?

A *Cats and dogs get similar types of cancer to those that people get. Most types of cancer are not preventable, but some are. By spaying your pet early, you can prevent the future onset of breast cancer as well as eliminating the possibility of ovarian cancer totally. Neutering your male dog early almost eliminates the possibility of prostate cancer when he reaches his senior years. Skin cancer can be prevented in pets with very pale pink skin not covered by hair, that are allowed outdoors and exposed to the sun, by judicious use of sun blocks in the affected areas, or by limiting exposure to the sun.*

Leukemia in cats is caused by a virus that is transmitted through the saliva. Being an outdoor cat can expose them to infected cats. Cat bites are the most common means of transmission, but something as simple as grooming another cat can also be responsible. A vaccine against Feline Leukemia exists, but keeping your cat indoors can also help to prevent this deadly cancer. There have been studies that show that second hand smoke inhalation can also affect your pets as well as the human members of the household.

Tips All animals that go outdoors should have fecal samples checked for internal parasites on a yearly basis. Just because you don't see worms and other organisms in the stool, doesn't mean that they are not there.

For More Information About Your Pet ... Contact

Hospital Member
St. Lawrence Valley Animal Hospital
Dr. R.P. Tropea
Dr. M. Viezel
Dr. V. Harrison
Dr. N. Hyatt-Gervais
Dr. D. Callahan
435 PITT ST.
CORNWALL
932-4094
A.A.H.A. AMERICAN ANIMAL HOSPITAL ASSOCIATION
24 HOUR EMERGENCY SERVICE
aug15034



2003 TAURUS SEL
loaded, moon roof, Duratec V6
Sale Price
$28,505 0% for 60 mos.
List $32,185
Includes freight, PDI & rebate. Taxes extra.
FORD MERCURY
S.G. WELLS & SONS LTD.
537-2287
Highway 2, Ingleside
aug8032

On The Tee
SUMMERHEIGHTS GOLF LINKS
41st Anniversary Special
Sunday Golf & Buffet
$41.00 Per person. Taxes included
After 1pm, green fee, shared cart & buffet
Buffet only - $12.95 per person. Meet your friends after golf. Children under 12 - 1/2 price
Buffet from 5pm
"Bring Your Game To New Heights"
www.summerheightsgolf.com
1160 South Branch Rd., Cornwall 938-8009
Aug8032

CHRYSLER, JEEP®, DODGE

summer CLEAROUT event

DON'T MISS IT.

72 /0%*

Now for the first time in Canada, get 0% purchase financing for 72 months on our signature vehicles. More months mean lower payments.

Chrysler 300M

Dodge Durango

Jeep Grand Cherokee

FULLY TRANSFERABLE

7 YEAR 115,000 KM POWERTRAIN WARRANTY ‡

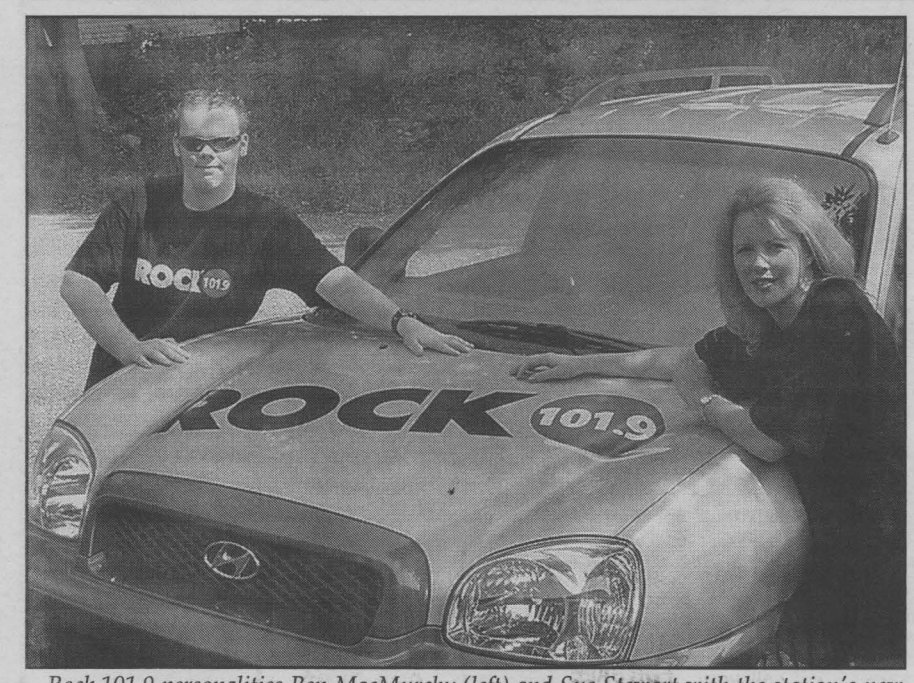
THE BEST PROTECTION WE'VE EVER OFFERED ON ALL 2003 AND 2004 MODELS. 7 YEARS OR 115,000 KM POWERTRAIN WARRANTY. PLUS 24 HOUR ROADSIDE ASSISTANCE.

GM, FORD, HONDA AND TOYOTA DON'T MATCH IT.·

Financing provided by Chrysler Financial Canada.

VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP®, DODGE RETAILER OR DAIMLERCHRYSLER.CA Wise customers read the fine print: * 0% purchase financing up to 72 months on 2003 Dodge Durango, 2003 Jeep Grand Cherokee and 2003/04 Chrysler 300M. Example: $30,000 @ 0% APR/72 month term; monthly payment is $416.67. Cost of borrowing is $0. Total obligation is $30,000. This is a limited time offer which may not be combined with any other offer except Graduate Rebate and applies to new, in-stock retail deliveries on select 2003/04 vehicles. Retailer order/trade may be necessary. Purchase financing excludes freight, licence, insurance, taxes, registration, retailer charges and PPSA. Purchase financing subject to approval by Chrysler Financial Canada. See retailer for complete details and conditions. ‡ Warranty valid for all new 2003 and 2004 vehicles to 7 years or 115,000km, whichever comes first. Some conditions apply. See retailer for details. ® Jeep is a registered trademark of DaimlerChrysler Corporation used under license by DaimlerChrysler Canada Inc., a wholly owned subsidiary of DaimlerChrysler Corporation.

CHRYSLER
Jeep
DODGE
FIVE STAR



Rock 101.9 personalities Ben MacMurchy (left) and Sue Stewart with the station's new Santa Fe. Cornwall's new rock station was officially launched on Friday, August 8th, 2003.
Submitted photo

Corus Entertainment Cornwall Launches Rock 101.9

Corus Entertainment Cornwall recently announced the launch of Rock 101.9, a rock station for Cornwall and the Seaway Valley. The introduction of the new format is in response to consumer demand in the area. Rock music is a solid and enduring format within the North American music industry playing such artists as The Rolling Stones, Led Zeppelin, the Beatles along with newer rock artists such as Nickelback and Sheryl Crow, to name a few.

Rock 101.9's impressive signal coverage area will mean that many listeners in Eastern Ontario along with Upper New York State will be able to tune in.

Extensive research undertaken on behalf of Corus revealed a market ready for a new rock station therefore Corus Entertainment Cornwall recognized the opportunity to serve rock music fans with a radio station that plays all their favourite rock tunes with super hits and internationally acclaimed Canadian artists.

Rock 101.9 (100.5 on Cable) launched its new format at 4 p.m. Friday, August 8th, 2003. Rock 101.9 Program Director, Mike Rose, explains, "We are a rock station with a local focus continuing to be involved in the community and reflecting the local lifestyle."



Music Update

with Yvan Brunet

Various Artists "Bad Boys II" Bad Boy. Great soundtrack from the police comedy movie starring Wil Smith and Martin Lawrence featuring hip hop's finest: Jay-Z (La La La Excuse Me Again), P. Diddy, Nelly and Murphy Lee (Shake Ya Tailfeather), Beyonce (Keep Giving Your Love To Me), Loon (Relax Your Mind) and lots more.

Michael McDonald "Motown" Motown. Michael McDonald, the voice of the Doobie Brothers, is back with his own soulful renditions of Motown classics from Marvin Gaye's "I Heard It Through The Grapevine" to Stevie Wonder's "Signed, Sealed, Delivered I'm Yours" to Diana Ross' "Ain't No Mountain High Enough." Bound to rekindle several fond memories.

Bud Powell "Parisian Thoroughfares" Pablo. This super album (now on CD format) features the great jazz pianist Bud Powell in seven live sessions recorded between 1957 and 1961 with the likes of Kenny Clarke, Zoot Sims and Clark Terry helping out. Each track features various solos of tastefully melodic designs well worth checking out: "Just One Of Those Things," "Pie Eye," "52nd Street," etc.

Guy Davis "Chocolate To The Bone" Red House. A beautifully, authentic blues album which follows last year's critically lauded "Give In Kind" CD. A balanced helping of sizzling original material along with tasteful covers of traditional blues gems by Sleepy John Estes, John Lee Hooker, Blind Lemon Jefferson and Willie Dixon. Davis' thundering vocals and skilled guitar, harmonica and banjo playing fuel all the soulful new sounds on this set. Well done!

Ray Price and Willie Nelson "Run That By Me One More Time" Lost Highway. The album boasts newly recorded renditions of songs from Willie and Ray's celebrated careers. Price's velvety croon combines nicely with Nelson's earthy vocal style on tracks such as "Deep Water," "I'm Still Not Over You," and the toe-tappin' title track, originally made famous by Porter Wagoner and Dolly Parton.

Jersey "Generation Genocide" Virgin. Based in Burlington, Ontario, Jersey which includes four working-class guys, is proper punk in the tradition of the Clash infused with elements of U2. All in all, an album of punch-your-fist-in-the-air punk anthems, all based on real life observations: "The Story Of '53" (a bank robber story), title track (the secret side of suburbia), etc. There are moments!

Cornwall & Areas Authentic
Ye Old English Fish 'n Chip Shop

Saturday, Aug 16th
Fisherman's Platter
(English fish, breaded sole, scallops & shrimp) served with rice & salad, homemade chowder
$11.99

Sunday, Aug 17th
Roast Lamb
W/mint sauce, potatoes & vegetables, homemade soup and dessert
$10.99
or
Corned Beef & Cabbage
W/mashed potatoes, homemade soup and dessert
$9.99

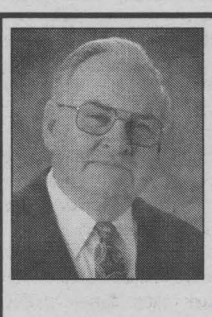
Eat In - Take Out
Free Delivery
($10.00 min. order)

Owned & Operated by
Ray & Clara Henstock
Check out our latest products from England

HOURS:
Mon.-Fri. 11-8
Saturday noon-8
Sunday noon-7

9, 1st St. E. (near Pitt & 1st St.)
aug15034
933-6411

Dream Maker Productions Presents
A Summer Treat for all Kids
A MUNSCH OF SUMMER
featuring the classic story
"A Promise is a Promise"
plus other Robert Munsch plays
August 21, 22, 23
11:00 am & 2:00 pm shows
cost is only $4.00
all shows are at the
Cornwall Regional Art Gallery - 164 Pitt Street
932-3510
aug15034



JOHN CLEARY M.P.P./ Député
Stormont•Dundas•Charlottenburgh
For assistance on provincial matters, please contact me at:

404 Montreal Rd.
Cornwall, Ontario
K6H 1B7

404, chemin Montréal
Cornwall (Ontario)
K6H 1B7

Telephone/téléphone: (613) 933-6513
Toll Free/Ligne sans frais: 1-800-514-9660
Fax/télécopier: (613)933-6449

You're Invited!
to the John & Elizabeth Cleary
Constituency Picnic
Cleary Farm: County Road #18
(between Harrison's Corners & Lunenburg)
Sunday, August 17th
1 p.m. to 4 p.m.
-Free Admission, Entertainment, And Refreshments-
ag15032

COMMUNITY DIGEST

Sponsored by Seaway News
e-mail comevent@cornwallseawaynews.com

MURPHY'S PUB
RETRO MONDAYS & TUESDAYS
D.J. - Best of 70's & 80's
Murphy's Kitchen
CHICKEN WINGS Mon. & Thurs. 35¢ ea.
eat in only
BREAKFAST
From 9 AM - Mon. - Fri.
From 10 AM - Sat. & Sun.
KARAOKE with Barry
Every Friday & Saturday
THURSDAYS
Ladies Night
D.J. $2.50
917 Second St. W. www.murphysinn.com 933-2744

A COMMUNITY RECOGNITION EVENING in honour of the Sisters of the R.H.S.J. Health Centre (Hotel Dieu) of Cornwall for their contribution to acute health care and social services in the past 106 years will be held on Friday, September 5th. A special Mass will be celebrated at St. Columban's Church, at 4:30p.m., with His Excellency Bishop Paul-André Durocher. Everyone welcome!

BENEFIT DANCE for Alain and Stella Arsenault who lost their home during a recent fire will be held at the Bonnie Glen Pavilon, Hwy. #43 on Friday, September 5th, 8:00p.m. All proceeds from the dance will go towards Alain and Stella. Information: 525-3078. Everyone welcome.

CORNWALL OLDE CAR CLUB is hosting their 8th Annual Car Show in conjunction with Transportation Day at Upper Canada Village on Sunday, August 17th. Registration for cars is 9:00a.m. to 1:00p.m. Admission is free for the general public. Proceeds to the Hotel Dieu Hospital Paediatric Ward. Everyone welcome. For more information call Ken 932-0245.

CORNWALL OUTDOOR CLUB/CLUB DE PLEIN AIR have the following upcoming events: ***"Cycling Weekend - Eastern Township, Québec"***, August 16th - 17th weekend., ***"Leisure Hike - Finch Forest"*** Saturday, August 23rd, 1:00p.m., ***"Canoe Camping - Temagami Area"*** August 29th - September 1st weekend. For more information on any of these events please call Rose-Marie at 347-3677. These events are open to members and non-members.

JOY OF LIVING a Catholic based support group for persons living alone due to a separation, divorce or death of a partner. Meeting will be held Friday, August 15th, 7:30 p.m. at Holy Cross School, 124 Anthony St. Information: Cecile 932-6383 or Roger 936-1502.

MASSENA NEIGHBORHOOD CENTER would like to invite everyone to their 7th Annual Flea Market on Friday, Saturday, and Sunday, August 15th, 16th, and 17th at St. Lawrence Centre Mall (former Ames Department Store), 9:00a.m. to 6:00p.m. Everyone welcome.

NEW FRIENDS AND ACQUAINTANCES (N.F.A.A.) have the following upcoming activities: **"Walking"** every Monday, Wednesday, and Thursday at the RCAF Wing Parking Lot, 6:30p.m. SHARP (look for host); **"Bicycling"** every Sunday, 10:00a.m., Lamoureux Park Bandshell. Information: Will 937-4900; **"S.D.&G. Astronomer's Club"** presents at the Cooper Marsh on Hwy 2, in Lancaster to look at planets in telescope on Saturday, August 16th, 7:00p.m. Information: Paulette 361-4646. Everyone welcome.

NURSING CLINIC presented by the Victorian Order of Nurses will be held on Friday, August 15th, 11:00a.m. until 3:00p.m, at the Agapé Centre on McConnell Avenue. A registered nurse will be available to give general health counseling. For appointment call the Agapé Centre at 938-9297. Walk-ins also welcome.

SENIORS WELLNESS CLINIC is being held on Monday, August 25th, at the Cornwall Seniors Club, 113 Pitt Street. All Seniors are welcome. A VON registered nurse will be present to monitor blood pressure and other general health counselling. Clinic hours are 11:00a.m. until 3:00p.m. For more information call Peggy Lavigne at the VON Office 932-3451.

UPPER CANADA VILLAGE presents ***"Transportation Day and The Travelling Tiltons"*** on Sunday, August 17th. See antique and classic cars exhibited at the entrance to the Village; ***"St. Lawrence Shakespeare Company presents "The Tempest"*** on Saturday and Sunday, August 23rd and 24th; ***"A 19th Century Funeral"*** on Sunday, August 31st. For more information on any of these events call 1-800-437-2233 or 543-4328 (locally).

VON BREAST CANCER SUPPORT GROUP can help ease the burden of dealing with Breast Cancer through a new Support Group. Meeting will be held Thursday, August 21st at the VON Office, 205 Amelia St., 7:00p.m. For more information call the VON Office at 932-3451.

FREE
for community non-profit associations except for any event with LLCB licence, then there is a $9.00 per week charge applied to these events.
Up to 24 words.
Deadline: 5 pm Tuesday
Drop off, e-mail or fax to Seaway News.



SEAWAY NEWS
Your Community Paper Since 1985
Delivered to 34,818 Homes Each Friday
fax 933-0024
Ph 933-0014
www.cornwallseawaynews.com

Classifiedplus

Deadline: Wednesday, 12 noon

933-0015

MasterCard VISA Interac AMERICAN EXPRESS

Circulation: 34,818 copies
Deadline: Wednesday, 12 noon
classified@cornwallseawaynews.com

COMPANIONS CORNER

FRUSTRATED BY PEOPLE on the Internet who aren't who they say they are? Call Misty River Introductions, (613) 257-3531.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • DVD's & MORE!
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena South 2 miles to Don's Orange Mini Mart
315-764-7145 sn4

COUPLE, FORTIES, slim, seeking friendship & fun with other couples or singles. Enjoy music, movies & conversation. Please respond to CC2198.

ATTRACTIVE, HONEST, SWF, mid-30's, seeks honest, romantic, SWM, 30-46, for friendship & possible romance. My interests include movies, long walks & reading. CC2200.

SINGLES DINNER/DANCE, Saturday, Aug. 16th, "Peach Party" Cornwall Seaway Lions. Ladies: $2.50; Men: $5. Directions / summer calendar, Glengarry Singles, John, 675-2020.

SWM, 29, seeking SF, 23-40, for friendship, possible relationship. I'm into the accoustic guitar & travelling. (Would also like to learn pool/billiards). CC2199.

ATTRACTIVE WIDOW, mid 60's. Looking for honest & respectable widower or single, 59 to 65, for companionship. Likes country rides & quiet evenings at home. CC2195.

2 APTS/CONDOS FOR RENT

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

CENTRAL, UPSTAIRS, clean, large 1 bdrm. [illegible] RENTED [illegible] t [illegible] g h o u t, washer/dryer hook-ups. No dogs. $385/mth. Available Sept. 1st. 23B Lawrence, Cornwall. Call 534-8390.

SECURITY BLDG. Apts for rent. Bachelor, 1 & 2 bdrms, starting @ $410/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. No pets. Call Monday-Saturday, 8am-8pm, 933-9471.

APARTMENTS FOR RENT
bachelor, 1&2 bdrm., utilities included
security bldg., video surveillance
call 932-7891
Mon. - Fri. 9:30 - 4:30
sn3

3 BDRM UPSTAIRS APT. Kitchen, wahser/dryer hook-ups, parking. Available Sept. 1st. $625/mth, utilities not included. First & last & references req'd. Call 933-5640 or 938-6075.

AVAILABLE IMMEDIATELY
1 bdrm., basement apt., fully furnished, utilities included. Suitable for 1 quiet responsible person. Non-smoker. $485/mth. References, first & last required
936-6584 aug15034

AVAILABLE IMMEDIATELY, 1 or 2 bdrm apts, 741 & 916 First St. East. $450 & $475/mth, utilities included. Fridge, stove & parking available. Full references req'd. Call for appointment, 937-3867.

2 BDRM APT. Available Sept. 1st. Location: 4th & Bedford St. Laundry facilities, parking. $565/mth, utilities included. Call 363-2865.

PANORAMIC TOWERS - 1 bdrm condo for rent. Includes all utilities. Available Sept. 1st. Call 937-1234, leave message, I will call you back.

CLEAN, LARGE, 2 bdrm apt. Fridge, stove, utilities included. $600/mth. No pets. Call 938-3936.

4 HOUSES FOR RENT

DUPLEX FOR RENT, 4 bdrms, finished basement. $650/mth, plus utilities. No pets. Call 936-2521.

2 BDRM MOBILE HOME for rent on Airport Road. Available Sept. 1st. $500/mth, plus utilities. Call 931-2474.

COUNTRY SETTING, 2 bdrm house for rent. Fridge & stove. Available immediately or Sept. 1st. $450/mth. No pets. Call 538-2840.

HOUSES FOR RENT

SINGLE FAMILY HOUSE for rent. 2/3 bedrooms, 2 bathrooms, storage room, back yard. $725/mth, pay your own gas. No pets. References. Call 938-3936.

5 HOUSES FOR SALE

MOBILE HOME FOR SALE, 10'x45'. Newly renovated. Low down payment. $16,000. 2155 Tollgate Rd. West. Call Roger for more information, 932-3530.

FOR SALE BY OWNER - Single family home, centrally located. Great investment, clean. 2/3 bedrooms, gas heat. Some renovations. Nice yard, parking. $44,900. Call 361-6158.

8 REAL ESTATE

LARGE COMMERCIAL GARAGE for sale with plenty of land. Centre of City. Priced to sell! Only $78,900. Call Latreille Real Estate Inc. 938-3800.

8 REAL ESTATE

SAVE MONEY NOW!
Refinances, purchases and debt consolidations. Pay off high interest loans & credit cards.
5 Year Mortgage 4.90%
UPPER CANADA MORTGAGE
930-2592 SN1

13 OFFICES/ STORES/BLDGS

STORE FOR RENT - Approx. 1,000 sq.ft. Available immediately. Le Village area. For more info, call 528-4030.

AFFORDABLE OFFICE: Bright & quiet, 150 sq.ft. $350/mth. A/C, heat, janitor service. Call 938-3838 or home 933-3111.

STORE FRONT/STORAGE
216-218 11th St. W.
10,000 sq. ft.
Available Immediately
938-2417

14 OUTSIDE CANADA

TIME SHARE FOR SALE: Sunterra Resorts, Fort Lauderdale, Fl., Red Time. Price: $4,500.US or best offer. For more info, call Bob, (613) 347-3776.

17 LOTS/LAND

LAND FOR SALE, 97 acres, (25 acres bush). Tiled, drained. County Rd. 18. Call (613) 534-2769.

21 YARD/GARAGE SALES

BIG YARD SALE, Saturday, Aug. 16th, 436 Beach Ave. 7am-5pm. Something for everyone.

YARD SALE, Saturday, Aug. 16th, 771 Laflin Ave. 8am-11am. Sofa, rocker-recliner, etc.

HAMILTON ISLAND COMMUNITY Yard Sale. 15-20 vendors. Lot 36, Hamilton Island (Summerstown area), Saturday, Aug. 16th, 8:30am until ?? Refreshments available.

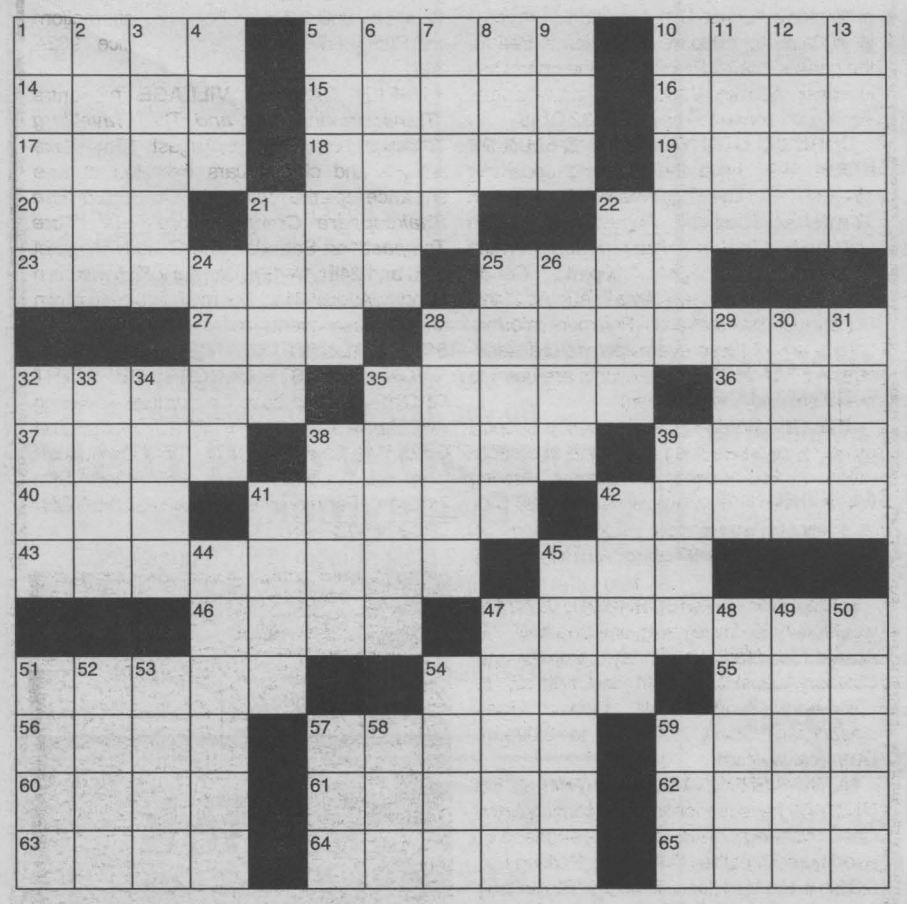
CROSSWORDS

CLUES ACROSS

1. Stem
5. Sword
10. Complete a pass, in football
14. Song
15. Brightly colored lizard
16. Chignon
17. Lacking hair
18. Insert surreptitiously
19. Dignified manner or carriage
20. Seventh letter of the Greek alphabet
21. Wish for
22. Lower in esteem
23. Lewdness
25. Kind of small pigeon
27. __ Lilly, drug company
28. A portable power jigsaw
32. Diet staple
35. Winter athlete
36. Express relief
37. Light, curved frame to spread out a skirt
38. Lace mat
39. Land measure
40. Besides
41. Creamy
42. Stolen
43. Careless
45. Humbug
46. Rebelled
47. Large S African oryx
51. Cubes of meat
54. Blackish-blue
55. Bristle of barley
56. Fill up
57. Minute or strip
59. Off-Broadway theater award
60. Former coin of Pakistan
61. A nomadic community
62. Spanish baby
63. Sediment
64. Tool for cutting grass
65. Work units

CLUES DOWN

1. A confusion of voices and other sounds
2. Salt of uric acid
3. Lavender
4. Adverse
5. Hunting expedition
6. Physical suffering
7. Enticement
8. Printer's measures
9. Tell on
10. Integer
11. Capital of Western Samoa
12. Ancient Roman days
13. Unaccompanied
21. Join
22. Avow
24. Pile
25. Newspaper
26. Comply
28. Slides
29. Fire
30. Swiss river
31. At what time
32. Ruler of Iran
33. First-class
34. Ore deposit
35. Become drunk
38. Effects
39. Expresses pleasure
41. Sloven
42. Domestic
44. Plays
45. Drinking cup
47. In a forest, open space
48. Founded Mongol empire
49. Unpaid
50. Gives blow
51. 1000 calories
52. Bulky grayish-brown eagle
53. Affliction
54. Floating ice mountain
57. The woman
58. Former weight for wool
59. Characterized by unity



ANSWERS ON PG 32

HOROSCOPES

AUGUST 16th - 22nd

ARIES – March 21/April 20
When offered a choice, go for the very best, Aries. You're invincible this week, so now's the time to make your mark in public.

TAURUS – April 21/May 21
The hardest worker is often the one who is least reco gnized, Taurus. Don't get discouraged by those who hog the spotlight. Higher-ups know how reliable and efficient you are.

GEMINI – May 22/June 21
If you want results you know what you have to do, Gemini. You have a large and effective network of influential people. Spread your wealth and help others advance as well.

CANCER – June 22/July 22
The good times seem to be over but they're not, Cancer. The situation feels much worse than it really is. Treat yourself to a little gift on Wednesday to boost your morale — you deserve it.

LEO – July 23/August 23
You see the goodness and potential in everyone, Leo, which is making your role as manager more difficult. You'll need to decide who to promote and who to leave behind.

VIRGO – Aug 24/Sept 22
A surprise will shake things up this week, Virgo. Keep an open mind about the situation rather than sinking into negative thinking.

LIBRA – Sept 23/Oct 23
When an important project pops up midweek, Libra, all you can do is your best. Keep your eyes on the goal and don't let nerves get the best of you or it could mean trouble.

SCORPIO – Oct 24/Nov 22
Put your complex brain to use instead of dreaming the day away, Scorpio. You have so much to do and watching the clouds go by won't help. Ask Taurus for help.

SAGITTARIUS – Nov 23/Dec 21
Your life gets stirred into a romantic whirl. Romance and enjoyment is your top priority, as all other responsibilities take a back seat. Enjoy these moments while they last — because they're disappearing soon.

CAPRICORN – Dec 22/Jan 20
Withdraw from public life to handle a personal problem this week. Family issues may be a concern for you if you're putting too much emphasis on your career. Take a step back.

AQUARIUS – Jan 21/Feb 18
Yesterday's concerns are far behind you this week, Aquarius. You are now marching to the beat of a different drummer with a livelier step. This good fortune sticks around.

PISCES – Feb 19/March 20
Simple pleasures help you to relax this week, Pisces, when the stress is high. Stick with it, you'll pull through by the weekend.

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $9.00/week 24 words or less, (25¢ each additional word per week).
- $16.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 12 noon before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 12 noon Wednesday.

Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

Mail pick up, no charge.

Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

~~~~~~~~~~~~~~~~~~~~~~~~~~

Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area
~~~~~~~~~~~~~~~~~~~~~~~~~~

CALL 613-933-0015

Classifieds

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon

22 ARTICLES FOR SALE

SOLID OAK DINING SET, double pedestal table, 2 extensions, 4 side chairs, 1 arm chair, 1 rocker. All for $1,499. Call 347-3776, ask for Bob.

HUNTER EDUCATION and Canadian Firearms Safety, FAC courses and tests. Also, Topographical maps for sale. Call 346-1289.

WINDOWS FOR SALE, aluminum & wooden. See anytime at: 17A Seventh St. West or call 933-3746.

Poppy's Pawns Plus

sn3

Top Prices Paid For Fine China, TV's, VCR's, CD's, Movies, Tools, Antiques, Small Furniture

We Pawn, Buy, Sell & Trade
224 Pitt Street 933-2333

DELAGE USED FURNITURE

We Pick Up Good Used Furniture

406 Montreal Road
932-5689

may29033

AIR HOCKEY TABLE, Sportcraft, 3.5' x 7', asking $150. Call 525-0854 & leave message.

NEW BLACK LEATHER brief case, 3 compartments, 15-1/2" wide X 11" high. Call 525-3349.

SKLAR-PEPPLER SOFA & LOVESEAT, light blue w/floral pattern. Good condition. $200. Call marc, 933-7558.

10 CU.FT. CHEST FREEZER for sale. Asking $250. Call 933-7667.

For Sale
Firm Price
WASHER - $150.00
DRYER - $50.00
Apply 106 Park
932-8727

aug15034

AT LOW PRICE! Imperfect materials ... perfect prices! Liquidation treated wood and/or cement products 10% on purchase of $100 or more or 15% of $500 or more. Treated wood: spindle 2"x2" .29¢, 1"x6"x5' $1.05, 2"x4"x8' $2.39, 2"x6"x8' $3.99, 2"x6"x10' $5.99, 2"x6"x12' $7.59, 5/4"x6"x8' $2.97, 4"x4"x8' $6.79. Sentinel border .99¢, architectural block .49¢, patio stone 12"x12" .94¢. Door lauan $11.99, colonial $14.99. Waferboard 7/16" $12.99, 5/8" $14.99. Spruce 2"x3"x8' .79¢, 2"x4"x8' $1.39, 2"x4"x10' $1.75, 2"x4"x12' $2.09, 2"x6"x8' $1.79, 2"x6"x10' $2.79, 2"x6"x12' $4.49, 2"x8"x12' $4.49, 2"x10"x14' $6.99. Rustic varnished oak 2-1/4" $1.49, natural varnished beech 3-1/4" $2.79. Valid from August 17th-23rd, 2003. See our flyer at: www.bargain-buildingmaterials.ca or 613-527-5090.

23 ARTICLES WANTED

WANTED



Old Fishing Lures & Wooden Duck Decoys Old Blue Flower/Bird Crocks & Jugs, Traps

938-8839

apr4034

26 FARMERS MARKET

CEDAR & PINE LUMBER. Hardwood lumber. V-joint Pine & Cedar siding. Hardwood flooring. Specialty orders. Cedar trees for hedges. Shavings, bags or in bulk. Firewood, split & delivered. Robertson's Sawmill, Martintown. Call 528-4262.

FIREWOOD FOR SALE, approx. 10 cords. Also, barn boards, various widths, approx. 8-ft. long. Call 346-2272.

3-FT. CEDAR TREES for sale, $2/each. Call 534-2554.

30 HOME SERVICES

HARVEY LAFRANCE Masonry Contractor. Brick, stone, block, chimney repairs. Free estimate. Satisfaction guaranteed. Reasonable rates. 937-4801.

CORNWALL FENCING. We do all types of fencing. Big or small. Low prices. Free estimates. Call today, 932-6485.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge & tree trimming, fencing, house painting, snow blowing, yards, basements, lawn cutting. Call 938-1684.

CLOTHING REPAIRS, Alterations & Lettering. For all your sewing needs, call Leo at 933-7995.

RENOVATIONS, ROOFING, Decks, Garden Sheds, Garages. Call Robert The Perfect Handyman, 525-2197. Free estimates & customer satisfaction.

STRIPALL - Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways. No job too big or small, antique or not. Kitchen cupboards completely restored & refinished starting @ $1,500. Free estimates. Long Sault, 534-8494.

MIKE'S TREE PRUNING, cutting & removal. Chimney, eavestrough, cleaning & repair. Free estimates. Call Mike 931-1251.

32 AUTO LOANS

NEED A CAR? CREDIT PROBLEMS? NO PROBLEM!

Call Sue 938-9276

She's just a phone call away





Any model

- Bankruptcy
- Collection
- Repossession
- No credit
- Bad credit
- Charge off
- 1st time buyer
- Slow payer

aug8033

CORNWALL KIA 701 ROSEMOUNT AVENUE 938-9276

BUY IT SELL IT FIND IT IN THE CLASSIFIEDS

38 HELP WANTED

NOW HIRING

Ford ALEXANDRIA

Alexandria Ford is now hiring for a full time position as an Automotive Service Advisor. A benefit package is available as well as a great working environment. Listening and communication skills are a must as well as bilingual speaking and writing.

Please forward résumé attention:
Eric Bancroft
either by fax or in person.
Fax #: (613)525-5525
No phone calls please

aug15033

Do you have excellent communication skills?
Are you energetic & persuasive?
Do you have sales experience?

COME JOIN OUR TEAM!

Beautyrock, Inc.

Earn up to $12.50/hr or more ($10.00 guaranteed)
We offer a fully paid training program & continual support
1:30 - 6:30 p.m. or 6:30 - 11:30 p.m.
Monday to Friday
Qualified applicants call Pauline
932-2525

aug15033

REAL ESTATE REAL ESTATE

EXIT REALTY SEAWAY
506 Pitt Street, Cornwall Call 937-4445
www.exitrealtyseaway.com to view all our listings

july11033



Ginette Campbell Sales Rep. 551-3321
Henrietta Duvall Sales Rep. 930-5372
Judi Auger Assoc. Broker 930-3536
Dawna Bamford Sales Rep. 937-0739



Ellen Ricker Assoc. Broker 937-4445
Ayn Burmeister Sales Rep. 937-4445
Theresa Mahaffy Sales Rep. 360-8560
Cynthia Joubert Sales Rep. 551-2496 www.cynthiajoubert.ca



Mike Auger Sales Rep. 551-2469
Hana Novotny Sales Rep. 937-4445
JoAnne Riel Sales Rep. 360-1259
Tamara Lee Johnson Sales Rep. 551-3544



Francis Rounding Sales Rep. 551-2031
Brian Carter Sales Rep. 360-3494
Maggie Nuttall Sales Rep. 330-3449
Shelley Brown Sales Rep. 330-3954

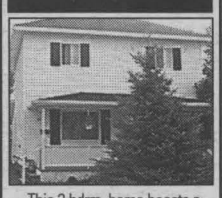
SUNRISE ACRES



5 level split, 3 bdrm., 3 bathrm., in lovely condition with kitchen overlooking family room. Patio doors lead to awning covered patio, just a few steps from a 5 year old abv. gr. pool.
$192,900/ #1368

CALL JUDI 930-3536

NEW LISTING



This 3 bdrm. home boasts a modern interior with hwd. & ceramic floors, recent oak kitchen, features a deck & above ground pool.
$77,900/ #1391

CALL JUDI 930-3536

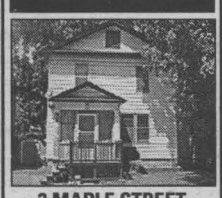
BEAUTIFUL CENTURY HOME



123 MARLBOROUGH STREET
2500 sq. ft., loaded with character. Has 4 bedrooms, double garage. Totally renovated.
$159,900/ #1397

CALL CYNTHIA 551-2496

CUTE & COZY



3 MAPLE STREET
3 bdrm., 2 storey home with many updates. Upgraded bath, woodstove in dining room. Large, bright, clean rooms.
$63,000/ #1381

CALL CYNTHIA 551-2496

RAISED BUNGALOW



EXCELLENT HOME IN DESIRABLE LOCATION
Move in condition, 3+1 bedroom bungalow. Ideal location. Waiting just for you.
$179,900/ #1342

CALL FRANCIS 551-2031

BRIGHT - RENOVATED 2+1 BDRM BUNGALOW



Features hardwood floors, new floating floor in oversized kitchen/dining area, freshly painted. Close to all amenities. A must see.
$79,900/ #1370

CALL MAGGIE 330-3449

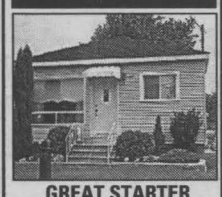
STARTER HOME

EXIT Realty Seaway
Photo not available at this time.

This 3 bedroom two storey home shows pride of ownership, it has an oak kitchen and some hardwood floors, garage w/auto door opener.
$69,995

CALL THERESA 360-8560

NEW LISTING



GREAT STARTER
3 bdrm., 2 bathroom bungalow. F. A. gas, central air, gas stove and large rec. room. Attractive fenced yard with above ground pool.
$89,900/ #1394

CALL HENRIETTA 937-4445

PROUD SUPPORTERS OF HABITAT FOR HUMANITY

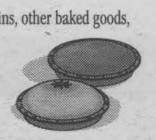
EXIT REALTY GOES THE EXTRA MILE!
Thinking of Buying A House?

26 FARMERS MARKET

Sweet **Corn**
new **potatoes,**
pickling **cucumbers,**
and **THE BEST FARM BAKERY AROUND**



- **FRESH FRUIT PIES,** biscuits, muffins, other baked goods, ice cream, drinks & supplies
- The **"CHILDREN'S HAYMOW"** - Play Area, Swings, Sandbox & Toys
- **PICNIC AREA**



AVONMORE BERRY FARM

1 mile North of Avonmore
(corner Avonmore Rd. & Fourth Road)

MON. - FRI. 9 - 6 SAT. & SUN. 9 - 5

346-5414 (TAPE) aug8033 **346-2336**

38 HELP WANTED

Bilingual Travel Agent Required

Full-time position

Shift work involved
Please send résumé to:
Lydie.rauzon@mytravel.ca

aug15032

VIRTUAL EMPLOYMENT CENTRE OF EASTERN ONTARIO

Unemployed?

Practical Work Experience
Technical Support
Resources
No Cost

INFORMATION
CALL (613) 938-6611
FAX (613) 932-9400
E-mail: ccyr@autoglobale.ca
www.autoglobale.ca
This project is funded by the Government of Canada

AUG08033

StarTek

WE CONTINUE TO GROW

Currently has openings for **Full-Time Customer Service Representatives.**
Individuals will be responsible for providing customer service to our client's callers in a work environment, which operates 24 hours/day, 7 days/week.

We offer:

Paid Training — Competitive Wages
Career Advancements — Benefit Package
Evening/overnight and weekend shifts available

Starting Wage: $10.00 per hour

Apply in person at:
StarTek Canada Services Ltd.
1400 Vincent Massey Drive
Cornwall, Ontario
K6J 5N4
(613) 937-7002 (613) 937-7090 Fax
E-mail: abissonnette@startek.com
Must be 18 yrs., ability to type 20 wpm, computer knowledge and possess Grade 12 or equivalent.

aug15032

CALL 613-933-0015

Classifieds

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon

30 HOME SERVICES

Need someone to pick up your child's school supplies?

CALL THE ERRAND RUNNER

Acheteuse Personnelle

Lise Beauregard 938-7201 aug8032

HANDI LADIES - We do things you don't have time to do. Heavy-duty cleaning, walls, floors, windows in & out and much more. Keep it, you may need us. Call 936-9362 or 936-9150.

BASEMENT LEAKING? Call the experts. Waterproofing from inside, no costly digging. Cracks sealed by injection. Interior weeping tile for block walls. All work guaranteed. Free estimates. J. Craig. 1-800-631-4323. Serving all Eastern Ontario.

SNOWDAY EXCAVATION INC. Miniature backhoe, brush cutting, post hole drilling. Call (613)525-4339.

30 HOME SERVICES

RILEY'S PAINTING. Now specializing in new homes. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20-yrs. exp. Reasonable rates. 938-8839. Pager#930-8851.

30 HOME SERVICES

PLASTERING & PAINTING. Drywall repair. Wallpapering. Quality work at sensible rates. No job too small. Call Greg Little, 933-5644.

30 HOME SERVICES

ACTION RENOVATIONS. Carpentry. Siding. Masonry. New home basement rec rooms. Plumbing & electrical repairs. Ceramic & laminated flooring. Personal security rooms, etc. Call 930-0053.

35 BUSINESS OPPORTUNITY

EDELWEISS PASTRY & DELI. Well established, 35-years. Must sell due to health reasons. Make us an offer! Serious enquiries only. Some experience preferred. Will train. Please call 937-3364.

40 AUTOS FOR SALE

A MUST SELL! 1998 GMC Sierra Pickup King Cab, ext. box, tonneau cover, 305 V-8 small block for sale. Auto. trans with A/C, cruise. Less than 120,000 kms. Passed emission test April 2003. Was asking $18,000. Now asking $15,000. firm. Interested serious buyers, please call 933-6085, 8am-8pm or 938-7490, 2pm-8pm.

1983 PARISIEN. Good running condition. 182,000 kms. Call 938-2177.

40 AUTOS FOR SALE

1995 CAVALIER, 2-dr, auto, 170,000 kms. air, e-tested, $3,500. safetied. 1994 Caravan LX, fully loaded, 7-pass. quad seats, excellent cond. $3,200. safetied. 1994 Taurus Wagon LX, loaded w/air, clean air, $2,000. safetied. 1993 Shadow, 4-dr, auto, 157,000 kms. e-tested, good cond. $2,200. safetied. Gerard Poirier Auto Sales, 2 km east of Alexandria on Lochiel Rd. towards Glen Robertson. 874-2440 or 551-2926.

40 AUTOS FOR SALE

1997 FORD TAURUS. Excellent condition. Very reliable. V-6, A/C. 158,000 kms. $5,500. Call 537-9555.

BABYSITTERS

WANTED: RELIABLE, MATURE adult to come in my home to care for 2 children, ages 4-1/2 & 1 yrs. McConnell Ave. North, Monday to Friday, 7:30am to 5pm. References req'd. Call 933-4945.

AUCTIONS

TWILIGHT AUCTION SALE

CLIFFORD & MARAGET PILON
18163 NORTH BRANCH ROAD
(2 mi. west of Martintown on Kings Rd (Cty. Rd. 18) north on Cemetary Rd. - 1/4 mi. west on North Branch Rd.)

Thursday, August 21st - 6:00 pm

Case Vac tractor with snowblower; Massey Ferguson tractor as is; 2 furrow plough; Harrows; Inter. bailer; land roller; fertilizer spreader; 6 ton hay wagon; rotor tiller; gas trimmer; bulk tank; milk cans; seeder; dump rake; 14' & 16' farm gates; antique kitchen table; washstand; treadle sewing machine; 1930 dining room set; dressers; small freezer; cookstove; wood stoves; chicken plucker; separator; other misc. articles.

Terms: Cash, Cheque, Visa, M/C

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com

aug15033

AUCTIONS

HOUSE SALE

JEAN PAUL & CLAIRE DAIGNEAULT
720 SANDFIELD CRESENT
(North on St. Felix off second Street (just past Fifth Street) or off Marleau Avenue. Cornwall, Ontario)

Tuesday, August 19, 8:30 a.m.-5 p.m.

Antique round oak pedestal dinning table; small settee; 2 wicker chairs & table; 2 oak chairs; carvings including a great 24" folk art carved gentleman holding presents from department store approx. 60 years old; sofa bed; G.E. side by side fridge; G.E. stove; ironstone china for 16 "Blue Riband"; McLeary heavy duty drier; Lady Kenmore garbage compacter; lamps; 50 gallon galvanized water tank; dehumidifier; sewing table; large bird bath; B.B.Q.; Lawnboy deluxe lawnmoer; vaccuum; shelving; miscelaneous hand & garden tools; ski doo suits; Sycle sharpener; other miscalaneous articles

Terms: Cash, Cheque, Visa, M/C

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com

aug15033

HELP WANTED

ATTN! WORK FROM HOME on-line. $500-$2,000/mth part-time; $5,000(+) full-time. www.rocket2freedom.com or 1-888-736-5102.

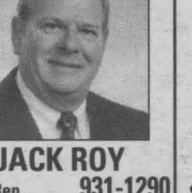
40 AUTOS FOR SALE

VEHICLE FOR SALE - Tired of being offered second rate vehicles, especially with a credit problem. Call Car-o-line Auto's, 613-448-2488, long distance toll free 1-877-820-5598. Over 50, 90's vehicles to chose from. Now on line www.car-o-line.com

1998 CARAVAN. Satetied & emission tested. $8,400. For more info, call Bob, (613) 347-3776.

Ask about our **GUARANTEED CREDIT APPROVAL** *We change lives!*

Ask about our Guaranteed Credit Approval



- Bankrupt
- Divorce
- Bad Credit
- No Credit

Good or Bad Credit- Yes, We'll Finance you

UCDA JUL25031

CUMMINGS AUTO
CALL LUC AT 744-7447
959 CUMMINGS AVE., OTTAWA or apply on line at www.cummingsauto.com
1-866-343-2892
MUST HAVE A JOB. MIN. INCOME $1500/MO., DISCHARGE BANKRUPTCY, RESIDENT OF ONTARIO. IN SOME CASES ZERO DOWN. INTEREST RATE MAY VARY BETWEEN 9% TO 24%. EXAMPLE: $6000 - TAXES & DOC FEES = $7181.15 @10% X 36 MONTHS: COST OF BORROWING $1150.51

MOTORCYCLES FOR SALE

1995 YAMAHA VIRAGO 750

Mint condition, shaft drive, 18,000 kms, includes alarm system, saddle bags, wind shield, new tires, battery.
Must be seen.
$4,500
361-0241 or 938-3115

aug15034

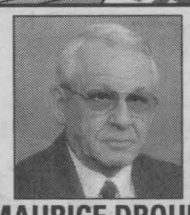
REAL ESTATE REAL ESTATE REAL ESTATE REAL ESTATE



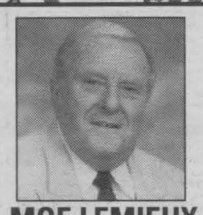
Century 21 SHIELD REALTY LTD.

465 PITT STREET 938-2121

YOUR EXCLUSIVE PROVIDER OF AIR MILES WHETHER BUYING OR SELLING!



MAURICE DROUIN Sales Rep. 933-6146



MOE LEMIEUX Sales Rep. 932-9386



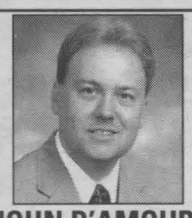
BROOKE MacCRIMMON Sales Rep. 938-2121



MONIQUE WILLIAMS Sales Rep. 938-2121



SHERRY McCULLOUGH Sales Rep. 938-2121



JOHN D'AMOURS Sales Rep. 938-8888



JAKE LEFEBVRE Sales Rep. 938-2121

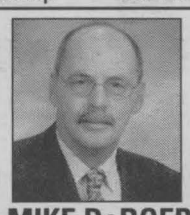
JACK ROY Sales Rep. 931-1290



TODD THOMPSON Sales Rep. 938-2121



ERIC PEDERSEN Broker 938-9690



MIKE DeBOER Broker 938-7802



ORVAL BROWNELL Assoc. Broker 932-7061



WAYNE BANCROFT Sales Rep. 938-4805



MICHAEL VANDER MEER Assoc. Broker 938-2121



515 THIRD ST. WEST
NEW PRICE $55,900
(A-MLS Z1947) The place to start is here! Cozy 3 bdrm home with all the trimmings, waiting for that perfect family.
BROOKE MacCRIMMON 938-2121



410 BEDFORD $39,900
(A-MLS Y2229) Great starter home. Private drive and private yard, main floor laundry. Low mortgage payments.
MONIQUE WILLIAMS 938-2121



171 LEFEBVRE
NEW PRICE $84,900
(A-MLS Z1181) 1500 sq. ft. bungalow, close to all amenities. FAG heat, large drive & carport.
MONIQUE WILLIAMS 938-2121



808 KENYON CR. $229,000
(A-MLS Z0619) Elaborate home for entertaining! With room for that growing family.
Wanna sneak a peek?
SHERRY McCULLOUGH 938-2121



311 WATER ST., UNIT 103 $151,900
(A-MLS Z2853) No homework this summer! Maintenance free, 2 bdrm condo, 2 baths, frpl, central air, just lock the door & relax!
SHERRY McCULLOUGH 938-2121



1518 STEPHEN ST. $169,900
(A-MLS Z3083) Private, peaceful & perfect! A yard made for gardening. Put yourself in our place.
SHERRY McCULLOUGH 938-2121



707 McCONNELL
NEW PRICE $137,900
(A-MLS Z1007) Looking for r-o-o-m for that growing family? Check this out for s-i-z-e!
SHERRY McCULLOUGH 938-2121



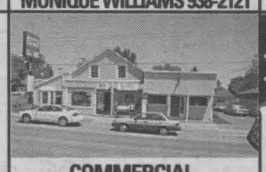
749 CHAMPLAIN DRIVE
$129,900
(A-MLS Z3082) Family sized, quiet east end, 3+1 bdrm bung. Close to park, bus route, schools, churches, shopping & more.
SHERRY McCULLOUGH 938-2121



326 MARLBOROUGH - $44,900
(A-MLS Z2074) Duplex. Centrally located.
JOHN D'AMOURS 938-8888



WATERFRONT
6618 CHEVRIER RD.
$299,000
(J-MLS Z0147) 100' frontage, 2-storey home, open concept, rustic look, many updates, present owners for 25 yrs.
JACK ROY 931-1290



COMMERCIAL
MAIN ST. LANCASTER
(G-MLS Y1901) 3 bdrm apt plus 3 storefront units for rental.
JACK ROY 931-1290

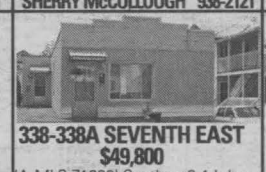


329-A GARDNER $134,900
(A-MLS Z3103)
3 bdrm bung with 2 bdrm apartment, dbl garage, carport, 60x130 lot .A must see.
TODD THOMPSON 938-2121



COMMERCIAL PROPERTY $75,000
(M-MLS Z2571)
Pizza place, convenience store.
TODD THOMPSON 938-2121

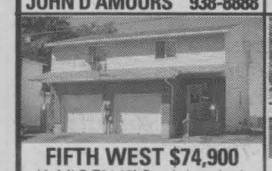
BUILDING LOT IN NORTH END
NEW PRICE
$19,900
(A-MLS Z0620)
50'x100'. Water & sewer.
ERIC PEDERSEN 938-9690



338-338A SEVENTH EAST $49,800
(A-MLS Z1620) Spotless 2-1 bdrm rental units with excellent tenants. Maint-free cement exterior, central location.
ERIC PEDERSEN 938-9690



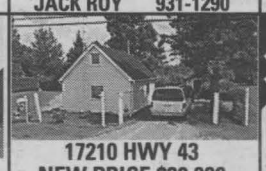
22 ST. LAURENT AVE. LONG SAULT
REDUCED $129,900
(M-MLS Z2347) Well-kept bungalow. Screened-in porch, large lot 60x125, inground pool.
ERIC PEDERSEN 938-9690



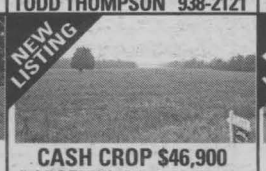
FIFTH WEST $74,900
(A-MLS Z0149) Semi-detached, 1160 sq. ft. with att garage, 3 bdrms, eff gas heat. Paved driveway, 2 available. Call now.
MIKE DEBOER 938-7802



ST. LAWRENCE ST., INGLESIDE $119,900
(O-MLS Z2591) view of water. 3+1 bdrm brick bung, garage, frpl, fin lower level.
MIKE DeBOER 938-7802



17210 HWY 43
NEW PRICE $38,000
(L-MLS Z2346) Cute & cozy 1 bdrm home on large lot. Det garage, near village of Monkland.
WAYNE BANCROFT 938-4805



CASH CROP $46,900
(L-MLS Z3078) 48.5 acres, 44 acres currently in soya bean. Owner will include this year's crop with quick sale.
MIKE VANDER MEER 938-2121



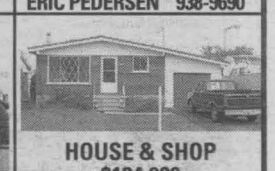
AVONMORE AREA $76,900
(O-MLS Z3130) 2+1 bdrm. bung., gas frpl, in living room, woodstove in rec rm.
MIKE VANDER MEER 938-2121



CENTRAL $86,900
(A-MLS Z2418) 3 bdrm home, main flr family rm with fireplace, patio doors to deck.
MIKE VANDER MEER 938-2121



EAST END $85,900
(A-MLS Z2987) 2+1 bdrm semi in good east end location.
MIKE VANDER MEER 938-2121



HOUSE & SHOP $134,900
(M-MLS Z2766) 3 bdrm bung with att garage & att shop 1160 sq.ft. with 550 amps 3 phase power. Wow!
MIKE VANDER MEER 938-2121

CALL 613-933-0015

Classifieds

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon

BABYSITTING SERVICES

CHILDCARE SERVICES in my home. Indoor/outdoor play, educational toys, story time, nutritious meals. Non-smoking home. Central. Full/part-time. Lots of TLC. References. 936-1889.

EXPERIENCED BABYSITTER, Early Childhood Education, reliable & trustworthy mother of 1 available to care for your child in my home. Please call 933-2708.

COUNTRY DAYCARE: Avonmore, Lunenburg area. Full / part-time, shifts. Nutritious meals & snacks. Extra large play areas. Lots of experience & TLC. References. Call Dawn, 346-0018.

BOATS/MOTORS

FOR SALE: BOAT, fibreglass, 14-1/2 ft. with 40 h.p. Everlude motor with trailer. Asking $1,300. Call 347-2987.

BOATS/MOTORS

GREAT FOR CRUISING OR FISHING. 1976 15-ft. with 25 Johnson w/controls, live-well & 4 new seats. Ready to go! $1,800. Call 933-4812.

DJ'S

POWER SOURCE DJ's. Part of the professional group of D.J.'s. Specializing in stags, weddings & any other special occasions. Video dance. Karaoke & lights. Mobile hot tub. Book now. Call Rod 938-1962.

68 CARTING/ MOVING/STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

69 COURSES/ LESSONS

BAGPIPE LESSONS for all ages. Music has taken me around the world. Learn "Amazing Grace" in 8 lessons. Learn from Cornwall's best, Bruce Bateman, 933-9317.

HALLS FOR RENT

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service. Hall Rental: $60. For reservations, leave message, 938-0040 or 938-8894.

69 COURSES/ LESSONS

Canadian Red Cross
Cornwall Branch

FIRST AID/CPR TRAINING

"Learn It Before You Need It"

Our next scheduled course is:

Standard First Aid/CPR Course
September 6th & September 7th

Call Now To Register! • 932-0231

aug08033

69 COURSES/ LESSONS

76 PETS/ LIVESTOCK

PUPPIES: BOUVIERS & German Shepherds, purebred, home raised. Great family dogs. Also, adults available. Also, boarding. Arden Kennels, 613-874-9961.

GOLDEN RETRIEVER PUPPIES for sale. Non-registered. Ready to go on Aug. 18th. $300/each. Contact Georgina or Joanna, 936-6615 after 6pm.

BOER GOATS FOR SALE. Registered & percentage. Call (613) 347-3463.

PETS/ LIVESTOCK

BEAUTIFUL PUPPIES: Shelties, Pomeranians, Pom-mixes & others. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

93 MORTGAGES/ LOANS

MONEY TO LOAN - I have $50,000 to loan as a First Mortgage. Rate of interest negotiable, depending upon security. Call 932-4781.

NOTICES

NOTICES

NOTICES

The Board of Directors of the Agapè Centre are pleased to announce two new appointments.

Agapè Centre Thrift Shoppe — Food Bank • Soup Kitchen

Local People Helping Local People



Judy Dancause & Claudette Blue

Judy Dancause has been promoted to Executive Director of the Agapè Centre and **Claudette Blue** has been hired part-time as secretary and to act as liaison with the French community. Judy Dancause has been with the Agapè Centre for some time as the Community Development Coordinator and has made significant contributions to the centre and to the community. Claudette Blue is a long-time resident of the community and is a welcome addition to the Agapè team. We look forward to the contributions these ladies will bring to the centre as they continue our mission of helping people in need through our food bank, soup kitchen and thrift shop.

aug15032

CROSSWORD SOLUTIONS

B	U	L	B	■	S	A	B	E	R	■	N	A	I	L
A	R	I	A	■	A	G	A	M	A	■	U	P	D	O
B	A	L	D	■	F	O	I	S	T	■	M	I	E	N
E	T	A	■	W	A	N	T	■	■	A	B	A	S	E
L	E	C	H	E	R	Y	■	D	O	V	E	■	■	■
■	■	■	E	L	I	■	S	A	B	E	R	S	A	W
S	A	L	A	D	■	S	K	I	E	R	■	A	A	H
H	O	O	P	■	D	O	I	L	Y	■	A	C	R	E
A	N	D	■	S	O	U	P	Y	■	T	A	K	E	N
H	E	E	D	L	E	S	S	■	B	A	H	■	■	■
■	■	■	R	O	S	E	■	G	E	M	S	B	O	K
K	E	B	A	B	■	■	B	L	A	E	■	A	W	N
C	R	A	M	■	S	T	E	A	K	■	O	B	I	E
A	N	N	A	■	H	O	R	D	E	■	N	E	N	E
L	E	E	S	■	E	D	G	E	R	■	E	R	G	S

SEAWAY Scoreboard

editorial@cornwallseawaynews.com

Bridge Results

Charmaine's Bridge, Aug. 6th, 2003

N/S
1. Peggy Seymour - Madan Seth
2. Maureen Walker - Barbara Taylor
3. Joyce Harrison - Lydia Legault
4. Claudette Rousseau - Lyette Ladouceur
5. Helen Alguire - Eileen Beaudette

E/W
1. Joddy Campbell - Jeannine Allain
2. Charles Lawn - Fern Blain
3. Norma Blain - Jean Boileau
4. Florence Bergeron - Maurice Roussy
5. Delta & Ralph Randlett

Terri's Bridge, Aug. 4th, 2003

Section A

N/S
1. Bert Mosher - Gord Snook
2. Georgette Lauzon - Helen Couture
3. Lorraine Gauthier - Jessie Boyd
4/5. George Bissonnette - Adelaide Hunter
4/5. Claudette Rousseau - Carol Reus
6. Joyce Harrison - Maurice Roussy

E/W
1. Jeanine Alain - Barbara Taylor
2. Ben Bouvier - Mona MacPhee
3. Rona Maynard - Pauline McKinnon
4. Marjorie Raymond - Charles Lawn
5. Evelyn Warren - Con Keenan
6. Rita Struthers - Claudette Ladouceur

Aug. 11th, 2003

Section A

N/S
1. Marjorie Raymond - Hermine Ladouceur
2. Georgette Lauzon - Peggy Seymour
3. Joyce Harrison - Janice Keen
4. Voytek Pomykalski - Charles Lawn
5. Jocelyn Campbell - Ruth Orkin
6. Rita Watzenboeck - Evelyn Warren

E/W
1. Roy Parmelee - Lyette Ladouceur
2. Madan Seth - Maureen Barkley
3. Ben Bouvier - Mona MacPhee
4. Claudette Rousseau - Rita Crans
5. Rona Maynard - Pauline McKinnon
6. Arthur Vachon - Hilda Provost

Williamstown Bridge, Aug. 6th, 2003

N/S
1. Joan Owen - Hanz Schulz
2. Gerrie Tibbals - Jim Campbell
3. Claudette Hodgins - Diana McCauley

E/W
1. Jacquie Thibert - Gordon Snook
2. Audrey Pasco - Lydia Johnson
3. Carol & Pete Belleware

Suzanne's Bridge Club, Aug. 6th, 2003

N/S
1. Pat Cunningham - Inez Hatfield
2. Claudette Hodgins - Diana Macaulay
3. Elsa Dykerman - Joyce Haines

E/W
1. Bert Mosher - Gordon Snook
2. Ruth Edgerton - Rona Maynard
3. Gaby Bouchard - Mary Walton

Cornwall & District Bridge Club, Aug. 7th, 2003

1. Jocelyn Campbell - Margaret Campbell
2. Pat Cunningham - Nelsa Kalil
3. Richard Baird - Richard Fawthrop
4. Margaret Evans - Barbara Taylor

Cornwall Senior Citizens Bridge, Aug. 8th, 2003

Section A

N/S
1. Maureen Walker - Margaret Evans
2. Jocelyn Campbell - Carol Reus
3. Rolland Fobert - Garry O'Connell

E/W
1. Janice Keen - Roy Parmalee
2. Nelsa Kalil - Charles Lawn
3. Claudette Rousseau - Diana MacAuley

Section B

N/S
1. George Bissonnette - Adelaide Hunter
2. Brunelle MacDonald - Evelyn McPhail
3. Marion Lemieux - Georgette Lauzon
4. Lorraine Gauthier - Jessie Boyd

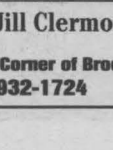
E/W
1. Jean Boileau - Inez Hatfield
2. Lyette Ladouceur - Emma Farlinger
3. Evelyn Warren - Rona Maynard
4. Hermine Ladouceur - Maureen Barkley

Martintown Goodtimers Duplicate Bridge, Aug. 12th, 2003

1. Audrey Pasco - Barbara Ross
2. Allan McLeod - Margaret MacLeod
3. Kay McCormick - Dee Gaiger

SERVICE CARD DIRECTORY

INTERIOR DECORATING



Suzanne Roy
Int. Decorator

- In Home Consultation
- Colour Matching
- Paint & Wallpaper

Open 7 days a week
Perkins - Caron
RONA Home Centre
1100 MARLEAU AVE. 938-3300

ADDITIONS & SUNROOMS

We Provide A Free Estimate
932-5565
ext. 129



Richard Brosseau

The Menard Group
MENARD BROS. & ASSOCIATES LTD.
1100 Marleau Ave.
www.menardbros.on.ca

HANDYMAN
Gary C. Lefebvre



Residential & Commercial Renovations, Repairs & Maintenance
INSURED
2241 Pitt Street, Cornwall, Ontario
Tel: 933-0978
Pager: 613-937-5317

Labrador.
SPRING & DISTILLED WATER & ACCESSORIES
931-2234
Serving Cornwall & S.D. & G.
FREE DELIVERY

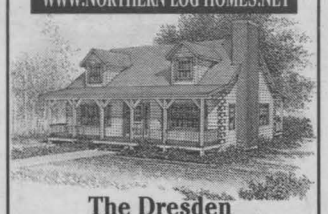
WELL DRILLING
FREE ESTIMATES
Pumps, Pools & Spas
ROY'S SINCE 1956
933-0411
410 Seventh St. W. Cornwall

THEY ARE EFFECTIVE
THEY ARE AFFORDABLE
CALL 933-0014

COMPUTER PROBLEMS?
Computer slowing down?
Frequently freezes or locks up?
Fatal Errors? Illegal Operations?
TIME TO CLEAN YOUR COMPUTER!
Back-up, Format, Reload
• Data Backup • Updated Drivers
• Latest Security Patches • Computer Runs FASTER & BETTER • Home Pick-up & Delivery
terry@kyte.ca 936-1555
www.kyte.ca
July18034

Move It Deliver It
Delivery and Moving Services
Commercial and Residential
We offer reliable and efficient service while going the extra mile to make your move better. Please call for information on our competitive rates.
One Call > We Haul
525-4848
NOW OFFERING SPECIAL GROUP RATES FOR STUDENTS
AG01033

WWW.NORTHERN LOG HOMES.NET



The Dresden
1660 sq. ft., 3 bdrm, 2 baths
Visit our model & pick up a free catalog
Call General Log Homes
613- 575-2277

DOLPHIN PLUMBING
"We'll drain your pipes not your wallet"
Plumbing & General Repairs
~ Free Estimates ~
25 years experience
MIKE GADBOIS
931-9383
936-3291
aug1033

www.valleywoodshop.com
CUISINES DE QUALITÉ
QUALITY KITCHENS
by: VALLEYWOODSHOP
Quality is our priority
Satisfaction is our goal
Since 1994
613-931-3437
#18413 SOUTH BRANCH ROAD, (COUNTY RD. 19) CORNWALL
jan24032

Brookshell
Where Everybody Gets a Great Deal!



Let me show you one of our fine new or used vehicles
Jill Clermont Sales Consultant
Corner of Brookdale & 13th Ave.
932-1724 1-877-716-0479

SEAWAY NEWS
For All Your Advertising Needs



Call Robin Cameron
933-0014

CUSTOM HOMES & SALES
The Menard Group
Since 1955
Menard Family Owned & Operated
www.menardbros.on.ca

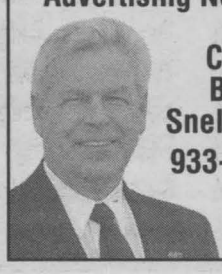
SEAWAY NEWS
For All Your Advertising Needs



Call Arlene Snelgrove
933-0014

The Piano Man
"Give your piano a tune-up!"
Schools ~ Concerts ~ Residential
•25 years experience•
call appellez
930-2195 Volker

SEAWAY NEWS
For All Your Advertising Needs



Call Bill Snelgrove
933-0014

SD&G Highland Dancing Results

The SD&G Highland Dancing Association held their annual dance competition at the Williamstown Fair on Sunday, August 10th, 2003. The judge for the day was Marilyn Wright. The pipers were Sean Wereley and Amy Garson. The results for the day were as follows:

Primary 5 and Under

Ashley Belair: 1st fling, 1st sword, 1st pas de bas, 1st pas de bas highcuts.
Anna Parks: 2nd sword, 2nd pas de bas, 2nd pas de bas highcuts.
Makenna Scott: 3rd pas de bas, 3rd pas de bas highcuts.
Shawna MacPherson: 4th pas de bas, 4th pas de bas highcuts.

Primary 6

Robyn Evrall: 1st fling, 1st sword, 1st pas de bas, 1st pas de bas highcuts.
Emma Jackson: 2nd fling, 2nd pas de bas, 2nd pas de bas highcuts.
Nicole Bouvier: 3rd fling, 2nd sword, 3rd pas de bas, 3rd pas de bas highcuts.
Lauren MacDonald: 4th pas de bas, 4th pas de bas highcuts.

Beginner 7

Jessica Duperron: 1st fling, 1st sword, 2nd seann truibhas, 2nd flora.
Shawna O'Neill: 2nd fling, 2nd sword, 3rd flora.
Michaela McConnell: 3rd fling, 3rd sword, 4th seann truibhas, 4th flora.
Melanie Cholette: 4th fling, 5th sword, 3rd seann truibhas.
Rachel Houlzet: 5th fling, 4th sword, 5th seann truibhas, 6th flora.
Kelsey Lee: 1st seann truibhas, 1st flora.
Gabrielle Lanthier: 5th flora.
The trophy winner was Jessica Duperron.

Beginner 8 and Over

Laura McIntosh: 1st fling, 1st seann truibhas, 2nd flora.
Jessica McBride: 2nd fling, 1st sword, 2nd seann truibhas, 1st flora.
Fea Garson: 3rd fling, 2nd sword, 3rd seann truibhas, 3rd flora.
Allison Meldrum: 4th fling, 3rd sword, 4th seann truibhas, 4th flora.
Jennifer Moran: 5th fling, 4th sword.
Michaela Paradis: 6th fling, 5th seann truibhas.
The trophy winner was Jessica McBride.

Novice 8 and Under

Marissa Charbonneau: 1st fling, 2nd sword, 1st flora.
Sabrina Bray: 2nd fling, 1st sword, 3rd seann truibhas, 2nd flora.
Emma Adams: 3rd fling, 3rd sword, 5th seann truibhas, 5th flora.
Mareena MacPherson: 4th fling, 4th sword, 4th seann truibhas, 4th flora.
Madison MacDonald: 5th fling, 2nd sword, 1st seann truibhas, 3rd flora.
The trophy winner was Sabrina Bray.

Novice 9 and Over

Danika St-Denis: 1st fling, 3rd sword, 2nd seann truibhas, 4th flora.
Robin Barillaro: 2nd fling, 1st sword, 1st seann truibhas, 1st flora.
Madison Norton: 3rd fling, 4th sword, 4th seann truibhas, 3rd fling.
Shona Pietrantonio: 4th fling, 5th sword, 6th seann truibhas.
Laura MacNaughton: 5th fling, 6th sword, 5th seann truibhas, 5th flora.
Andrea Maloney: 2nd sword, 2nd flora.
The trophy winner was Robin Barillaro.

Intermediate 10 and Under

Tianna Pidgeon: 1st lilt, 2nd flora, 2nd jig, 1st hornpipe.
Jenny Lee: 2nd lilt, 1st flora, 2nd hornpipe.
Shelbie Ladouceur: 3rd lilt, 1st jig.
Rebecca Rutley: 4th lilt, 6th flora, 4th jig, 6th hornpipe.
Kelsey McIntosh: 5th lilt, 5th flora, 6th jig, 5th hornpipe.
Breanna MacDonald: 6th lilt, 3rd flora, 3rd jig, 3rd hornpipe.
Kaitlyn Pietrantonio: 4th flora, 5th jig, 4th hornpipe.
The trophy winner was Tianna Pidgeon.

Intermediate 11 and Over

Katherine Houston: 1st lilt, 2nd flora, 2nd jig, 2nd hornpipe.
Hannah Glover: 2nd lilt, 1st flora, 3rd jig, 3rd hornpipe.
Danielle Mellon: 3rd lilt.
Jennifer Ryan: 4th lilt, 3rd flora, 1st jig, 1st hornpipe.
The trophy winner was Katherine Houston.

Premier 10 and Under

Jessyca Evrall: 1st lilt, 1st flora, 1st jig, 1st hornpipe.
Marena Bray: 2nd lilt, 2nd flora, 2nd jig, 2nd hornpipe.
Jennie Glaude: 3rd lilt, 4th flora, 3rd jig.
Brittany Fowles: 4th lilt, 3rd flora, 4th jig, 4th hornpipe.
Alexandra Lanthier: 5th lilt, 5th flora, 5th jig, 3rd hornpipe.
The trophy winner was Jessyca Evrall.
The runner-up was Marena Bray.

Premier 12 and Under

Erin Lee: 1st lilt, 2nd flora, 2nd jig, 1st hornpipe.
Kerry McDougall: 2nd lilt, 1st flora, 1st jig, 4th hornpipe.
Jessica MacDonald: 3rd lilt, 3rd flora, 3rd jig, 2nd hornpipe.
Andria MacDonald: 4th lilt, 5th flora, 6th jig, 6th hornpipe.
Stephanie Massia: 5th lilt, 6th flora, 3rd jig, 4th hornpipe.
Elissa MacPherson: 6th lilt, 4th flora, 5th jig, 3rd hornpipe.
The trophy winner was Erin Lee.
The runner-up was Kerry McDougall.

Premier 15 and Under

Kelly Valade: 1st lilt, 3rd flora, 3rd jig, 3rd hornpipe.
Jennifer McDougall: 2nd lilt, 2nd flora, 1st jig, 2nd hornpipe.
Kendra MacDonald: 3rd lilt, 1st flora, 2nd jig, 1st hornpipe.
Kelsey Jeaurond: 4th lilt, 5th flora, 4th jig, 4th hornpipe.
Robyn Dickson: 5th lilt, 4th flora, 6th jig, 6th hornpipe.
Emily Martin: 6th lilt, 6th flora, 5th jig, 5th hornpipe.
The trophy winner was Kendra MacDonald.
The runner-up was Jennifer McDougall.

Premier 16 and Over

Grace McAlear: 1st lilt, 1st flora, 1st jig, 1st hornpipe.
Megan Gareau: 2nd lilt, 2nd flora, 4th jig, 4th hornpipe.
Elizabeth Fraser: 3rd lilt, 3rd flora, 2nd jig, 2nd hornpipe.
Kia Marin: 4th lilt, 4th flora, 3rd jig, 3rd hornpipe.
Wendy Johnstone: 5th lilt, 5th flora, 6th jig, 6th hornpipe.
Alicia McDougall: 6th lilt, 6th flora, 5th jig, 5th hornpipe.
The trophy winner was Grace McAlear.
The runner-up was Elizabeth Fraser.



Trophy winners from the Williamstown Fair, afternoon competition. Back row (left to right): Katherine Houston, Grace McAlear, and Elizabeth Fraser. Middle row (left to right): Jennifer McDougall, Kerry McDougall, Kendra MacDonald and Erin Lee. Front row (left to right): Jessyca Evrall, Tianna Pidgeon and Marena Bray.

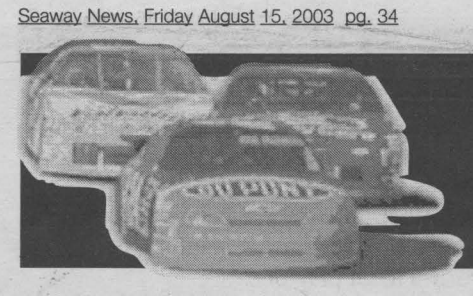
Submitted photo

Kinsmen Minor Girls Recreational Softball Association

2003 Tournament Schedule

DATE	DIVISION	TEAM	TEAM	LOCATION	START	END
FRIDAY						
Aug. 15	Bantam	Jays	Cards	Kinsmen	6:00 pm	7:30 pm
Aug. 15	Midget	Jays	Cards	Kinsmen	7:45 pm	9:15 pm
Aug. 15	Bantam	Dodgers	Tigers	King George	6:00 pm	7:30 pm
Aug. 15	Midget	Dodgers	Tigers	King George	7:45 pm	9:15 pm
Aug. 15	Mites	Jays	Cards	Optimist 1	6:00 pm	7:30 pm
Aug. 15	Mites	Dodgers	Tigers	Optimist 2	6:00 pm	7:30 pm
Aug. 15	Squirt	Dodgers	Tigers	Optimist 1	7:35 pm	9:05 pm
Aug. 15	Squirt	Jays	Cards	Optimist 2	7:35 pm	9:05 pm
Aug. 15	Pee Wee	Dodgers	Tigers	Optimist 1	9:15 pm	10:45 pm
Aug. 15	Pee Wee	Jays	Cards	Optimist 2	9:15 pm	10:45 pm
SATURDAY						
Aug. 16	Bantam	Jays	Dodgers	Optimist 1	8:00 am	9:30 am
Aug. 16	Bantam	Cards	Tigers	Optimist 2	8:00 am	9:30 am
Aug. 16	Mites	Jays	Dodgers	Optimist 1	9:35 am	11:05 am
Aug. 16	Mites	Cards	Tigers	Optimist 2	9:35 am	11:05 pm
Aug. 16	Pee Wee	Jays	Dodgers	Optimist 1	11:10 am	12:40 pm
Aug. 16	Pee Wee	Cards	Tigers	Optimist 2	11:10 am	12:40 pm
Aug. 16	Squirt	Jays	Dodgers	Optimist 1	12:45 pm	2:15 pm
Aug. 16	Squirt	Cards	Tigers	Optimist 2	12:45 pm	2:15 pm
Aug. 16	Midget	Jays	Dodgers	Optimist 1	2:20 pm	3:50 pm
Aug. 16	Midget	Cards	Tigers	Optimist 2	2:20 pm	3:50 pm
Aug. 16	Pee Wee	Dodgers	Cards	Optimist 1	3:55 pm	5:25 pm
Aug. 16	Pee Wee	Jays	Tigers	Optimist 2	3:55 pm	5:25 pm
Aug. 16	Squirt	Dodgers	Cards	Optimist 1	5:30 pm	7:00 pm
Aug. 16	Squirt	Jays	Tigers	Optimist 2	5:30 pm	7:00 pm
Aug. 16	Bantam	Dodgers	Cards	Optimist 1	7:05 pm	8:35 pm
Aug. 16	Bantam	Jays	Tigers	Optimist 2	7:05 pm	8:35 pm

DATE	DIVISION	TEAM	TEAM	LOCATION	START	END
SATURDAY						
Aug. 16	Midget	Dodgers	Cards	Optimist 1	8:40 pm	10:10 pm
Aug. 16	Midget	Jays	Tigers	Optimist 2	8:40 pm	10:10 pm
Aug. 16	Mites	Dodgers	Cards	Kinsmen	6:00 pm	7:30 pm
Aug. 16	Mites	Jays	Tigers	Kinsmen	7:35 pm	9:05 pm
SEMI-FINALS - SUNDAY						
Aug. 17	Squirt	2	3	Kinsmen	8:00 am	9:30 am
Aug. 17	Squirt	1	4	Kinsmen	9:35 am	11:05 am
Aug. 17	Pee Wee	2	3	Kinsmen	11:30 am	1:00 pm
Aug. 17	Pee Wee	1	4	Kinsmen	1:05 pm	2:35 pm
Aug. 17	Mites	1	4	Optimist 1	8:00 am	9:30 am
Aug. 17	Mites	2	3	Optimist 2	8:00 am	9:30 am
Aug. 17	Bantam	1	4	Optimist 1	9:35 am	11:05 am
Aug. 17	Bantam	2	3	Optimist 2	9:35 am	11:05 am
Aug. 17	Midget	1	4	Optimist 1	11:10 am	12:40 pm
Aug. 17	Midget	2	3	Optimist 2	11:10 am	12:40 pm
FINALS - SUNDAY				**MINIMUM**		
Aug. 17	Squirt	A	(5 innings)	Optimist 1	12:45 pm	2:15 pm
Aug. 17	Squirt	B	(5 innings)	Optimist 2	12:45 pm	2:15 pm
Aug. 17	Bantam	A	(6 innings)	Optimist 1	2:40 pm	4:10 pm
Aug. 17	Bantam	B	(6 innings)	Optimist 2	2:40 pm	4:10 pm
Aug. 17	Mites	A	(4 innings)	Optimist 1	4:40 pm	6:10 pm
Aug. 17	Mites	B	(4 innings)	Optimist 2	4:40 pm	6:10 pm
Aug. 17	Pee Wee	A	(6 innings)	Optimist 1	6:35 pm	8:05 pm
Aug. 17	Pee Wee	B	(6 innings)	Optimist 2	6:35 pm	8:05 pm
Aug. 17	Midget	A	(6 innings)	Optimist 1	8:30 pm	10:00 pm
Aug. 17	Midget	B	(6 innings)	Optimist 2	8:30 pm	10:00 pm



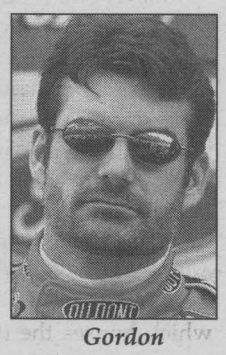
NASCAR

jul4031
19th Anniversary Dinner
(FROM 4 PM)
PRIME RIB $19.84
With Garden Sale, Bread Bar & Anniverary Cake
TWO DINNERS FOR $35.00
See Our Great Selection of 2 Dinners for $19.84
Includes 2 Garden Salads & Bread Bar from 4pm
See restaurant for full details
Gedoro's
Fine Dining in Casual Comfort
158 Pitt Street 938-2791

J. Gordon lashes out after two costly spins

Jeff Gordon was staring a hard-fought third-place finish in the face.

Gordon had rallied from a first-turn, first-lap spin to run in the top five and appeared to have the fastest car at Watkins Glen International as the laps wound down Sunday in the Sirius at the Glen.



Gordon

So instead of a triumphant top-three finish, Gordon found himself with a crumpled race car against the guardrail 150 yards from the checkered flag. Gordon ran out of gas in the final corner and was hit from behind by Kevin Harvick coming to the checkered.

Gordon spun backwards into the wall and couldn't get going. He ended up 33rd, the final car on the lead lap.

After a long ride to the infield care centre Gordon lashed out at Harvick.

"The 29 got to the outside of me, and I'm just trying to coast back to the line, and he thinks I'm racing for position and just wrecks me," Gordon said. "It sucks that I ran out of fuel and the car stopped, but all he had to do was drive right by me. It's pretty simple."

"Well, no it wasn't," Harvick said.

"You're coming to the checkered, and he runs out of gas," a weary Harvick said. "I got into the back of him, and then he's zigging and zagging. I gassed it up again and spun him out. Not much I could do about it.

"Usually, when you're out of gas, you get out of the racing groove."

Gordon ended losing 88 points to Winston Cup leader Matt Kenseth, who soldiered to an eighth-place finish.

Kenseth hangs on, finishes eighth

Matt Kenseth put another brick in the championship wall he's steadily constructing when he finished eighth in the Sirius at The Glen at Watkins Glen International.

It didn't look that way when Kenseth was trailing his two closest points pursuers and the brakes on his Ford were fading when he sailed off the road in Turn 1 with less than 20 laps remaining.

That Kenseth is leading a charmed life in his pursuit of his first Winston Cup championship was apparent after his strong closing finish.

"I'm not really proud of the way we ran, but I'm really proud of the way we finished," Kenseth said. "We just hung in there all day and survived."

While his closest challenger, Dale Earnhardt Jr., finished third and led the first laps of his Winston Cup career on a road course, he only picked up 28 points on Kenseth, who has led the standings for the last 19 races.

Junior is now unofficially 258 points behind Kenseth. Jeff Gordon took the biggest hit in the standings when he ran out of gas virtually within sight of the finish line, was hit by Harvick and ended the race in 33rd.

Gordon remained in third but fell to 396 points behind, meaning he needs to carve 28 points off Kenseth's lead in each remaining race to pass him.

Glen takes another safety hit

Watkins Glen's safety crews took severe criticism from driver Ryan Newman Friday after he was involved in an accident and questioned the response time of rescue crews, and their competence.

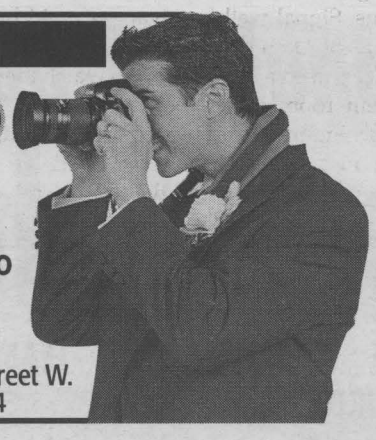
Jeff Gordon was knocked into a crash on the frontstretch while running fourth and had to sit in his car, against the guardrail, until the 40 cars that were still running at the end had taken the checkered flag.

At that point, two marshals with fire extinguishers ran from Turn 7 to Gordon's car before safety vehicles arrived. Once he was loaded in the ambulance, Gordon found out about another Glen problem -- infield traffic.

"This is ridiculous," Gordon said after exiting the infield care centre. "A hundred people could have gotten there (care centre) before I got there."

"It wasn't that they didn't get to me very fast, because I was fine," Gordon said. "You should have seen the drive trying to get to the (infield) hospital. We were in bumper-to-bumper traffic in the ambulance, trying to get there."

NOW AVAILABLE
COLOUR PHOTO REPRINTS
Get a copy of Your Favourite Photo
(submitted by Chris McPhee)
5x7: $15.00 or 8x10: $25
SEAWAY NEWS 329 Second Street W. 933-0014



Marlin makes early exit

By the time Sunday rolls around at Watkins Glen, quite a number of those in the Winston Cup garage have had enough of the course located in the beautiful Finger Lakes region.

Count Sterling Marlin among that number. After the engine in his Dodge broke on the race's second lap, he said he was looking forward to running at Michigan International Speedway next weekend, a track where he scored Dodge's first victory, in 2001, since its return to the sport that season.

"It hasn't been a good week for us (so) if it was going to happen, I'd rather it happen now rather than be at this ragged place all day. I'm ready to get out of here and get home."

Some of Marlin's frustration could obviously be traced to his team's failure to match its pace of last season, when he led the standings for 25 weeks.

Harvick ill after grueling 90 laps

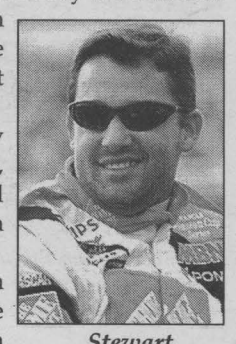
Kevin Harvick, who battled cold-like symptoms all week following a hectic schedule in the aftermath of his Brickyard 400 victory, slumped against WGI's pit wall after his fifth place finish.

When he recovered, he strolled to Victory Lane to congratulate his Richard Childress Racing teammate, Robby Gordon. It was the latest step in a road to reconciliation by the two fierce competitors, who were on two sides of a dispute after they finished 1-2 at Infineon Raceway.

"I feel bad today -- I'm just worn out," Harvick said. "I've been sick all week, and I was pretty tired in the car. I should've at least finished second behind Robby, but I'm proud of this whole RCR organization.

Disappointing day for Stewart

Defending Sirius at The Glen 400 winner Tony Stewart had to drop from his fourth starting position to the rear of the field due to an engine change by his Home Depot Chevrolet team.



Stewart

Stewart charged towards the front early in the race in company with Boris Said, whose team also changed engines, and Bud Pole sitter Jeff Gordon, who spun in the first corner.

But Stewart battled track position issues all day, and hurt his own cause when he slightly overshot his pit stall on a gas-only stop late in the race. He ended up 11th and moved up two spots in the standings to 11th.

Biffle questions NASCAR penalty

Greg Biffle did some NASCAR retro opinionating when he questioned a black flag he was given late in the Sirius at The Glen for not stopping after he straight-lined the backstretch chicane.

"They must have been mad at me for spinning Jeff (Gordon) out on the first lap," Biffle said of an incident in the race's first corner. Biffle got serious when he explained that he was told one thing in Friday's rookie meeting and in Sunday morning's drivers' meeting.

The bottom line was still that he finished 30th after being black-flagged out of eighth.

Biffle was penalized because he went by what he said he was told Friday, while in Sunday morning's drivers' meeting the attendees were told they had to come to a complete stop in that instance.

"I did what I was told behind closed doors by the director and he said he changed his mind between Friday and Sunday."

Spencer's travails

Jimmy Spencer surprised a number of people with a lead lap, 24th place finish Sunday.

Unfortunately, after running in the top-20 for half the race, Dave Blaney ran afoul of Spencer, spun out and never fully recovered on his way to a 25th place finish.

"The car was really pretty decent," Blaney said. "I just got into Jimmy Spencer and spun the thing out and kind of killed our day."

"Once we got to the back we couldn't really make up any ground, so it was a decent car -- I just made a mistake."

2003 SCHEDULE

August 17	Michigan 400	
	Michigan Int'l Speedway	TNT/ MRN/1:30 p.m.
August 23	Sharpie 500	
	Bristol Motor Speedway	TNT/ PRN/7 p.m.
August 31	Southern 500	
	Darlington Raceway	NBC/ MRN/12:30 p.m.
September 06	Chevrolet Monte Carlo 400	
	Richmond Int'l Raceway	TNT/ MRN/7 p.m.
September 14	New Hampshire 300	
	New Hampshire Int'l	TNT/ MRN/12:30 p.m.
September 21	Dover 400	
	Dover Int'l Speedway	NBC/ MRN/12:30 p.m.

2003 STANDINGS

WINSTON CUP SERIES
After: Sirius at the Glen

Rank		Behind
1.	Matt Kenseth	Leader
2.	Dale Earnhardt Jr.	-258
3.	Jeff Gordon	-396
4.	Jimmie Johnson	-478
5.	Kevin Harvick	-516
6.	Michael Waltrip	-517
7.	Bobby Labonte	-526
8.	Kurt Busch	-598
9.	Ryan Newman	-658
10.	Robby Gordon	-667

BUSCH SERIES
After: Kroger 200

Rank		Behind
1.	Scott Riggs	Leader
2.	David Green	-7
3.	Jason Keller	-35
4.	Ron Hornaday	-58
5.	Brian Vickers	-99
6.	Bobby Hamilton Jr.	-302
7.	Scott Wimmer	-334
8.	Johnny Sauter	-362
9.	Shane Hmiel	-388
10.	Stacy Compton	-452

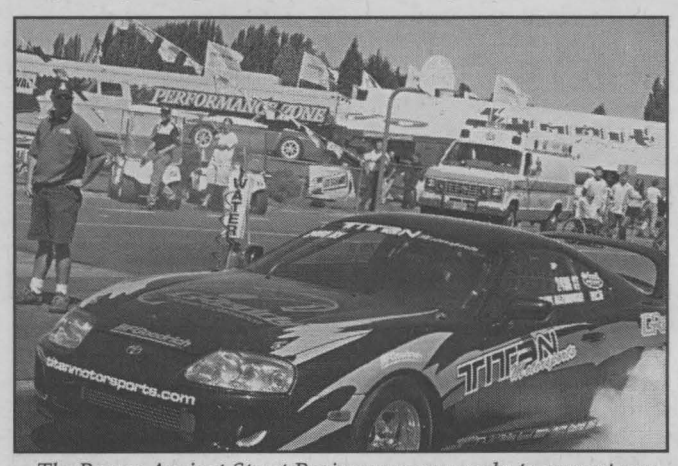
COME IN TODAY TO OUR KIA DRIVE MORE EVENT
NO PAYMENTS FOR 12 MONTHS‡ on Selected Models OR 0% PURCHASE FINANCING$ on Selected Models OR PURCHASE NOW AND WE'LL PAY YOUR GST on Selected Models
2003 RIO S
• 1.6 L DOHC engine • 5-speed manual transmission • Dual airbags • AM/FM/CD stereo • Steel side-impact door beams • Driver's seat lumbar support • With over 60 standard features
LEASE FROM $159 *PER MO./60 MOS. Only $595 Down Payment $0 SECURITY DEPOSIT DELIVERY AND DESTINATION INCLUDED OR 0% PURCHASE FINANCING
FREE 27" TV OR $525 GAS VOUCHER with the delivery of any in-stock Rio or Spectra in August
2003 SPECTRA LS
WITH AIR CONDITIONING • 1.8 L DOHC engine • 5-speed manual • Power windows, locks & heated mirrors • Cruise control • Dual airbags • Fog lamps • Tilt steering • 60/40 split-folding rear seat • AM/FM/CD stereo with 6 speakers • Driver's seat height adjuster • Remote trunk release
LEASE FROM $179 * PER MO./60 MOS. Only $2,895 Down Payment $0 SECURITY DEPOSIT DELIVERY AND DESTINATION INCLUDED OR 0% PURCHASE FINANCING
Other lease and finance options available. See dealer for details. *Leasing plans OAC provided by Kia Canada Financial Services. Available on 2003 Rio S (RO5413)/2003 Spectra LS (ST54A3) (the "Featured Models"). Based on a 60/60 month lease rate of 2.43%/1.66%; and a down payment or trade equivalent of $595/$2,895. First month's lease payment of $159/$179, plus $0/$0/$0 delivery and destination, and a $350 acquisition fee, due upon delivery. Total lease obligation for the Featured Models based on an MSRP of $12,350/$16,795 is $10,135/$13,635 and the option to purchase at end of lease for $4,168.40/$4,906.25 plus applicable taxes. Lease has 20,000 km/year allowance (other packages available) and $0.10/km for excess. **2003 Rio S MSRP from $12,350, 2003 Spectra LS MSRP from $16,795. Licence, registration, insurance, delivery and destination, and taxes are not included, unless otherwise stated. MSRP of the Featured Models is shown above. Prices subject to change without notice. Dealer may sell/lease for less. 0%/1.9% purchase financing (varies depending on vehicle's model) is available for a maximum of 60/48/36 months (varies depending on vehicle's model). All purchase financing offers exclude delivery and destination, licence, insurance, administration fees and all applicable taxes. $Purchase financing example: $10,000 at 0.0% purchase financing equals $277.78 per month for 36 months; C.O.B. is $0 for a total obligation of $10,000. ‡"No Payments for 12 Months" purchase financing example: $10,000 at 0.0% purchase financing per annum for 11 months, monthly payment is $0, cost of borrowing for the first 11 months is $0 and total still owing after the 11 months is still $10,000. After 11 months, $10,000 financed at 6.05% equals $235.08 per month for 48 months; C.O.B. is $1,283.82 for a total obligation of $11,283.82. ¶"Up to $2000 off cash purchase" offer applies only to cash purchases concluded and fully paid on the day of the transaction. Does not apply to units financed or leased with Kia Canada Financial Services. Offer varies depending on vehicle model. Monthly payment and cost of borrowing will vary depending on amount borrowed, the term and down payment/trade. Certain restrictions may apply. †Featured models are not exactly as illustrated. ††NHTSA (National Highway Traffic Safety Administration) test results. Visit www.nhtsa.dot.gov/ncap for full details. ¥"500L/300L Free Gas" offer applies only to all new vehicle purchases, not including demonstration vehicles or fleet purchases. A $375/$225 gift certificate for gas purchase at Petro Canada™ will be awarded to the purchaser. Gift certificate is based on 500/300 litres of gas at $0.75 per litre. See your participating Kia dealer for details. For a limited time only. KIA is a trademark of Kia Motors Corporation.
KIA Come out ahead. CORNWALL KIA 701 ROSEMOUNT AVENUE 938-9276
KIA 5-5-5 Extra Care Warranty
AG15033

AUTOMOTIVE

Industry Program Combats Illegal Street Racing

(NAPS)-Sport compact cars are today's very popular hot rods. Honda Civics and Ford Focuses and their hi-tech cousins are being tuned-and-tweaked rather than the V8 monsters of the past.

These nimbler, quicker cars provide their drivers with the opportunity to show off their stuff, sometimes in unsafe and illegal ways. Illegal street racing and its possible unfortunate consequences make headlines, negative ones at that.



The Racers Against Street Racing program works to convert amateur racers from illegal street racing to "street legal" programs at local racetracks.

RASR, aka Racers Against Street Racing, is working hard to combat the problem of dangerous, illegal street racing. How? Professional sport compact drag-racing heroes and heroines are taking their status as role models seriously, and speaking out against the practice of illegal street racing.

Stephan Papadakis and Lisa Kubo-the Michael Jordan and Mia Hamm of sport compact drag racing-were featured prominently on an episode of MTV's acclaimed series "Flipped." The show focused on the tragic repercussions of street racing, including death.

RASR uses a video version of the TV show in classrooms and at automotive enthusiast events. Driver education and other high school classroom teachers draw on RASR's professionally developed curriculum to supplement the dramatic video.

Classroom programs are only one part of the RASR outreach, however.

RASR also takes an active role in promoting alternatives to illegal street racing. Many professional racetracks across the country are instituting street-legal "drags." These programs offer participants the thrill of intense competition while providing some things not available on the street-a controlled, professional race environment and official time slips to provide real proof showing just how fast their cars are.

Some racetracks are taking their street-legal programs to another level, adding other lifestyle attractions to their amateur racing events, including car shows, climbing walls, live music performances and foam play pits.

The racetracks have the support of local law enforcement authorities. In southern California, for instance, the local police issue "tickets"-to go race at their local Irwindale Speedway at no charge.

Another RASR fan is professional drag race champion Lisa Kubo. She said, "Illegal street racing is so dangerous. While you might win $5, you can also get a ticket that could cost you hundreds and hundreds of dollars, and the possible loss of your license. The money that ticket costs you could be put to much better use-to improve your car, to support your team, to buy uniforms. Illegal street racing just isn't worth it."

RASR's message against illegal street racing contends with hundreds of media messages that depict street racing as glamorous and OK, said Christopher J. Kersting, president and CEO of SEMA, the Specialty Equipment Market Association which houses the RASR effort. He noted that the reality is quite different, that in fact it's a rare day when there isn't news about the unfortunate results of a street-racing incident in this country. "RASR strives hard to educate new drivers about the dangers of street racing and aggressive driving stunts that put them, and others, at risk of serious injury and death."

Driver Education Focuses On Being Prepared

(NAPS)-With commuting to work, carpooling the kids or just running errands, it's hard for many people to imagine trying to get everything accomplished without having a car. With more drivers on the road than ever before, however, there is a greater risk that your car will be damaged in an accident, according to the Insurance Information Institute (I.I.I.), a non-profit communications organization.



The I.I.I. says that although you're required to have a minimum level of insurance to register your car, the coverage is not guaranteed to meet your individual needs. You need enough insurance to cover potential liability from an accident and repair your damaged car.

Standard coverage generally does not provide a replacement rental car while repairs are being made, which can take a couple of weeks. "Without rental car reimbursement coverage, which is only a couple of dollars a month, drivers can end up spending as much as $500 to rent a car to commute to work, drive the kids or run errands," says Carolyn Gorman, vice president of the I.I.I. "The last thing people need after an accident is significant out-of-pocket expenses."

To help insured drivers increase satisfaction with the auto insurance claims process, I.I.I. offers these tips:

•File An Accident Report. A police report often helps insurance companies speed up the claims process.

•Know What Your Insurance Covers. Don't wait to find out until after an accident that your policy doesn't automatically cover costs for emergency roadside assistance, towing or a replacement rental car. For only a couple dollars a month, you can add coverage that provides a rental car for little or no money while your car is in the repair shop or if it is stolen.

•Record Information. After an accident, take down: The name, address, phone number, insurance company, policy number, driver's license number and license plate number for the driver and the owner of each vehicle. Write a description of each car, including year, make, model and colour; and record the exact location of the collision and how it happened.

Tips On Highway Driving

Here are some tips from Transport Canada on how to share the road safely with commercial vehicles:

• While drivers of commercial vehicles enjoy a better forward view and have larger side mirrors than most passenger-vehicle drivers, they also have more and larger blind spots. Avoid lingering in the blind spots of commercial vehicles; if you can't see the driver in their side mirror, then the driver probably can't see you.

• Trucks and buses need more time and distance than cars do to manoeuvre and stop. When driving in front of a large commercial vehicle, signal your intentions well in advance so that the driver behind has enough time to react properly.

• Truck wheels create a lot of spray in rain, slush and snow. Turn on your windshield wipers before passing commercial vehicles — you need to see clearly at all times.

• Weather conditions and even the time of day can also affect visibility — assuming that other drivers on the road can see you can be dangerous. Signal well in advance, avoid braking abruptly and leave lots of room for passing.

• Commercial vehicles need a lot of space, so watch their turn signals and give them room when they manoeuvre. Never squeeze between a turning truck and the side of the road; large commercial vehicles must sometimes swing wide to make turns, and your car might be crushed as the truck turns.


Victor Brown
Technician

Massey Place Autopro
- Air Conditioning - Exhausts
- Brakes/Suspensions - Tires
- Tune-ups
E-Test & Repair Facility

AUTOPRO MECHANICAL
1520 Vincent Massey Dr.
Cornwall 932-3111
aug15034

Time for a Used Car?



We'll put you in the driver's seat with a low-interest loan that won't slow you down.

from as low as 6.25%*

* Rates subject to change without notice. Some restrictions apply

Membership in The Howard Smith Credit Union is open to anyone who lives or works in Cornwall and Surrounding Area

Howard Smith (Cornwall) Credit Union Limited
321 Second St. West 932-7350
Long Sault 534-8381
july25033

SPECIAL OF THE WEEK
2003 GR. CARAVAN ES
3.8L V6, fully loaded, p-seat, rear video, sunroof, power rear door & sliders, CD, side air bags, top of line, bought brand new by owner, 10,000 kms (trip by owner)
LIST - $43,000 Now Asking $33,900

--- CARS ---
00 Chrysler Cirrus, 4 dr., maroon, fully equipped, local car, 69,000 kms
00 Chev. Cavalier, 4 dr., 4 cyl., auto, air, cruise, tilt, p. locks, 63,000 kms
00 Pontiac Grand Prix GT, 4 dr., 3.8 L, V6, loaded, CD, 58,000 kms
00 Chrysler Cirrus LX, 4 dr., 4 cyl., auto, fully loaded, 58,000 kms
00 Chrysler Intrepid, 4 dr., 4 cyl., fully loaded, p-seat, 86,000 kms
99 Pontiac Sunfire GT, 2 dr., air, cr., tilt, p-wind, PL, CD, std., 73,000 kms
99 Olds Intrigue, 4 dr., loaded, p-seat, CD, local owner, 106,000 kms
99 Buick Century Custom, 4 dr., V6, loaded, p-seat
99 Buick Regal LS, 4dr., V6 ,loaded, SOLD ,000 kms, local car
98 Chrysler Concorde LXI, 4 dr., V6, loaded, p-seat, auto-temp air, local owner
98 Olds Royale LS, 4 dr., 3.8L, fully loaded, p-seat, 96,000 kms, local car, have to see!
94 Olds Cutlas Supreme, V6, 2 dr., 1 SOLD ns, 1-owner
89 Cadillac Sedan De, 4 dr., loaded, SOLD e

--- TRUCKS, VANS & BOATS ---
03 Dodge Grand Caravan ES, 3.8 L, V6, loaded, dual power slider, p-lift gate, sunroof, rear DVD, running boards, bought brand new, 9,800 kms
00 Chev Venture, V6, auto, air, loaded, 5 dr., 7 pass., local trade, 85,000 kms
00 GMC SLE, 5.3L V8, ext cab, 4dr., SOLD ed, 88,000 kms, nice
00 Ford Ranger XLT, Ext. cab, 4x4, fully loaded, CD, alum rims,
98 Plymouth Voyageur, Expesso, 3.3 V6, 4 spd., auto, dual sliders, loaded, CD player, warranty for another 30,000 kms or 2 yrs.
97 Pontiac Transport, 7 pass, V6, loaded, 114,000 kms
94 Dodge Caravan, V6, 10th anniver., loaded, quad seats, local trade
01 Princecraft Versailles Pontoon Boat, (top of line) 20' with full camper top & 50hp Mercury 4 stroke motor
ALL VEHICLES EMISSION TESTED & CERTIFIED
7 MONTHS, 7,000 KMS, POWER TRAIN WARRANTY SEALS AND GASKETS
AUG15032

Image MOTORS
Quality New & Used Cars
1 km west of Long Sault on Hwy #2
(613) 534-3940

PICK OF THE WEEK
01 FORD WINDSTAR LX
5 dr., quads, rear a/c
$13,900

02 PONTIAC SUNFIRE
4 dr., auto, air, factory warr., $11,900
01 PONTIAC GRAND AM SEI
4 dr., V6, loaded, low kms $12,950
01 FORD TAURUS
4 dr., loaded, pwr seat, pwr pedals $11,950
01 OLDS AURORA
4 dr., 4L., moonroof, $22,500
00 PONTIAC GRAND PRIX GT
4 dr., V6, loaded, mint condition $13,900
00 FORD FOCUS SE
4 dr., auto, air, a/c, $8,950
00 CHEV CAVALIER
4 dr., auto, a/c, $8,950
00 LINCOLN LS
4 dr., V8, loaded, moonro SOLD 3,900
00 CHEV IMPALA LS
4 dr., 2.8 L., pwr seat, fully equipped, 70,000 kms $14,900
00 MERCURY COUGAR
2 dr., V6, moonroof, loade SOLD 3,900
99 FORD TAURUS WGN
4 dr., loaded, power seat $9,950
98 TOYOTA TERCEL CE
4 dr., auto, low kms SOLD 6,950
97 CHRYSLER INTREPID
4 dr., V6, loaded, $6,950

TRUCKS & VANS
00 PONTIAC MONTANA
5 dr., 7 pass., loaded $12,950
00 PONTIAC MONTANA
two tone paint, extra clean, pwr seat $13,650
00 DODGE DAKOTA SPORT
SLT, 4x4, fully equipped $16,950
00 DODGE CARAVAN
5 dr., great shape $11,900
00 FORD WINDSTAR SEI
5 dr., quads, rear air, sha SOLD 4,500
00 GMC YUKON
4 dr., 4x4, V8 SOLD 4,500
00 FORD F150 XL
Reg Cab, V8, auto, $12,900
00 CHEV TRACKER
4 dr., auto, 4x4, loaded, $12,900
00 FORD EXPEDITION XLT
3 dr row seat, 5.4L., rear a/c, black, $22,900
00 GMC SONOMA
Ext Cab, V6, auto, a/c, 50,000 kms $14,950
00 GMC JIMMY SLS
2 dr., 4x4, loaded $13,950
00 PONTIAC MONTANA
5 dr., loaded, 80,000 kms, extended $14,500
00 FORD WINDSTAR LX
5 dr., quads, rear air $10,500
98 MAZDA B4000
6 cyl., 2 wd., 50,000kms. SOLD 9,950
96 FORD EXPLORER
Eddie Bauer, leather, only 130,000 kms $11,800
93 PLYMOUTH VOYAGEUR
3 dr., low kms, local van. SOLD 3,950
All vehicles come Certified & Emission Tested
ALL OFFERS SERIOUSLY CONSIDERED
On The Spot Financing & Warranties Available
*All prices exclude taxes & admin. fee

Midway MOTORS
933-2449 cell: 551-1465 1714 Vincent Massey Dr
"Your friendly dealer, who gives a little more & takes a little less"

7TH ANNUAL
Hot Air
BALLOON FESTIVAL
August 21st - 24th ~Lamoureux Park, Cornwall
www.lift-off.ca
LIFT-OFF 2003
CORNWALL
Photo courtesy of John Luesen Photographics

Don't Forget to Purchase Your Lift-Off Supporter Button!
ONLY $2 EACH!
This is a major fundraiser for the festival & enables Lift-Off to deliver high calibre entertainment to the general public at no cost.
PLEASE SUPPORT YOUR COMMUNITY FESTIVAL!
Available at Cornwall Square Customer Service Centre & Cornwall & Seaway Valley Tourism
I AM A LIFT-OFF 2003 SUPPORTER
Between Events Be Sure To Visit Cornwall's Premier Shopping Complex
OVER 70 STORES & SERVICES
cornwall square
The Centre of Our City!
PROUD SPONSOR OF LIFT-OFF 2003!

LOCAL

Exotic Pets Day



Janet Alguire, a resident at Glen Stor Dun Lodge has a new friend "hanging around." During the Lodge's Exotic Pets Day, a boa constrictor named Jax was placed around the neck of Janet. The snake was provided by Tina Muir of More Than Pets, who also brought along a tarantula spider, exotic birds, even a rat. Recreation Assistant Jill Hodgson says the idea was "to do something different for the residents and to show them you don't have to be afraid of exotic animals." Some 30 residents and day-away residents took part in the afternoon's proceedings on Thursday, August 7th, 2003.

Submitted photos

JOIN US FOR A FUN FILLED FAMILY DAY!
•FREE•
Hamburgers for the whole family*
1 hamburger per family member
BBQ CANADA &
The Kin Family of Cornwall
present
Labour Day Weekend BBQ
in support of the Canadian Beef Industry
Sunday August 31st
11 a.m. - 3 p.m.
Lameroux Park
Entertainment by
The John Seay Orchestra
1600 Hamburgers to Be Served!
JUMPING BALLOON & Face Painting for the Children
Simon & Sherrol's nofrills lower food prices
KINSMEN KINETTE
Holiday Inn EXPRESS®
Kinsmen & Kinette Clubs of Cornwall
The Stormont Cattlemen Association
Cornwall
SEAWAY NEWS Your Community Paper Since 1985
3458148 Canada Inc. DBA ATLAS RENTALS
aug15031

NETWORK CLASSIFIEDS

"Advertise Across Ontario or Across the Country"

BUSINESS OPPS.

ENHANCE YOUR INCOME selling quality educational products. Home-based. Help children succeed. Call Victor 1-800-806-8892. www.corelearning.com click 'Home Business'.

FANTASTIC INCOME from one acre. $ Grow Echinacea. Guaranteed seedlings. Normal price $0.17. Order before August 31, Save. Special price $0.14. Toll free: Bill 1-866-665-1599.

EDUCATIONAL OPPS.

BE AN INTERIOR DECORATOR with our great home-study course. Call today for your FREE brochure. 1-800-267-1829. www.sheffield-school.ca Sheffield School of Interior Design, Ottawa, ON

EMPLOYMENT OPPS.

$$$CHOCOLATES$$$ DE LUXE QUALITY CHOCOLATE. Summer's Coming! Often imitated, never equaled. Since 1982. Sell chocolate bars and new products. Make full $$$. Fundraising services available. 1-800-383-3589.

WORKER'S COMP PROBLEMS? WE GET RESULTS! For FREE consultation CALL our Toll-Free number 1-888-747-6474. Serving all Ontario.

COUNSELLORS NEEDED. Clients are provided to counsellors in private practice trained by Counsellor Training Institute in all locations in Canada. Visit www.counselorinstitute.com. Call now 1-800-665-7044.

The Sawridge Inn and Conference Centre is currently accepting resumes for food servers, hostesses, and room attendants. To apply, send fax to 780-852-5942 or send email to: jasper@sawridge.com.

FOR SALE

SAWMILL $4995.00 All new Super Lumbermate 2000, larger capacities, more options. Norwood Industries, manufacturer of sawmills, edgers and skidders. Free information. 1-800-566-6899, ext. 400.OT

NEED A COMPUTER? DON'T HAVE CASH? The original IBM Pentium 4 PC for $1 a Day! No $$$ down! Fast Delivery! Free Digital Camera! CALL NOW! Toll-Free 1-866-259-1171 www.dollaraday.com

HANDICAP SCOOTER. Beautiful scooter. Ideal for person with walking difficulties. Great price. Must sell. 613-521-6302

CORAL CALCIUM "EXTRA" 100 capsules, 530 mgs 100% pure marine coral calcium from Okinawa, Japan as endorsed and recommended by Robert Barefoot on T.V. 1-866-319-0708, Calgary; www.curecanada.com.

HEALTH

DRUG/ALCOHOL REHABILITATION. Help a loved one who's losing everything to drugs or alcohol. 90-180 day, 75% success. Ask about our guarantee. See www.aei.net/~narconon. 1-877-782-7409 Toll-free.

SALES HELP WANTED

A SMALL AUTO PARTS MAKER needs commission sales people to call on garages and suppliers. Those already handling auto parts preferred. Fax details to 905-457-0994.

A PROGRESSIVE COMPANY NEEDS sales people to call on independent pharmacies. Those already calling on pharmacies preferred. Commission basis. Fax resume to 425-988-9336.

LIVESTOCK

ALPACAS FOR SALE. Alpaca Solutions is now offering over 150 alpacas. A great selection of colour, origin and quality. Call now Kathy 780-689-4449. Email: paradisealpacas@hotmail.com

PAY TELEPHONE SERVICES

MIND OVER MATTER! We mind - You matter! MYSTICAL CONNECTIONS. Love-Money-Life? #1 Psychics 24/7. $2.99 min. 18+. 1-900-677-5872 or Call Toll-Free 1-877-478-4410 V/MC/Cash. www.mysticalconnections.ca

EXPERT PSYCHICS...Try Us First! Your Future Revealed by Your Personal Psychic. Sincere & Genuine Readings. Call 24 hours. 1-900-561-2100 $2.95/min. 18+

PERSONALS

DIVORCE SURVIVAL STRATEGIES...Before spending large sums on legal fees, call THE FAMILY LAW CENTRE to understand your rights & obligations. Our lawyers will present you with your options & offer smart & proven strategies to help reduce your legal fees, safeguard your assets & defend your child custody & access rights. Don't be a victim! "Separate Smart"..Toll-Free1-866-879-3529.

STEEL BUILDINGS

BUILDING SALE...."Rock Bottom Prices!" Beat Next Price Increase. 25 X 40 $7,200.00. 30 X 40 $8,800.00 35 X 50 $13,200.00. 40 X 80 $17,700.00. 50 X 120 $36,000.00. Many Others. 1-800-668-5422. Pioneer...since 1980.

VACATION/TRAVEL

RIVERBOAT CRUISING - St. Lawrence River. The hassle free way to travel. Unpack once, relax & enjoy. Included: Shore excursions, great meals & nightly entertainment. 5 & 6 nights. Private Staterooms. From $1,388.00. DIAL-A-BROCHURE 1 (800) 267-7868.

TIMESHARE RESALES - Rii® Stroman - Since 1979. Buy-Sell-Rent-Exchange. World Wide Selection. CALL NOW! 1-800-201-0864.

TIMESHARE RESALES -- 60-80% off Retail! Best Resorts and Seasons! Call for FREE catalogue! 1-800-704-0307. Browse online for over 400 worldwide properties--www.holidaygroup.com

• It's Affordable • It's Fast • It's Easy • One Bill Does It All

• Northern Ontario $79 • Eastern Ontario $140

• Western Ontario $130 • Central Ontario $136 • All Ontario $395

• National Packages Available • Call this paper for details!

This God Stuff Is Foolish!

"For the message of the cross is foolishness to those who are perishing but to us who are being saved, it is the power of God...because the foolishness of God is wiser than men and the weakness of God is stronger than men." I Cor. 1:18 & 25.

"Foolishness" is what the Bible calls it. When you ask people to believe in a God they can't see or touch, yes it sounds foolish. When you tell them that Jesus died on a cross for them, yes it sounds foolish! When you tell them that God loves them with all their sins and faults! Yes, it sounds foolish! When you tell them that Christ came as a baby to die and to bring them back to God! Foolishness again.

Yes, the message of the Cross of Jesus and God sounds foolish, even the Bible admits that! Why? Because none of this makes sense to our minds and understanding and that's precisely why God did it that way, so that one cannot know God in their understanding alone. You see, it's a leap of faith, it's believing what you can't see or understand. It's believing in your heart what may seem contrary to your mind.

You see, God can only be found in your heart as you believe in Him and take Him at His word as revealed in the Bible. When my daughter was really young (three or four), I told her once that the moon was made of cheese as my father had told us as kids. My daughter believed me with all her heart and didn't even question it! Why? Because her Daddy told her! With God it's similar and the Bible tells us, "to receive Christ as a child," with childlike trust!

Yes, God, the Bible, Jesus, the Cross may all sound foolish, but if you will humble your heart and simply believe with a childlike attitude, God will become real to you and He will reveal Himself to you. Verse 25 above states, "the foolishness of God is wiser than men and the weakness of God is stronger than men."

You have a choice to stay in your world of understanding and not know God or to simply open your heart to God and ask Him to show Himself to you even though it may all sound foolish to you.

Pray with me today: "Please God, help me to know You even though I can't see You or understand You! I want to really know You in my life and thank you for hearing this prayer. Amen."

Remember as always, God loves you! He really, really does!

Second Thoughts

1. What I am is good enough if I would only be it openly!
2. It is only with the heart that one can see rightly, what is essential is invisible to the eye!



3. Obstacles are those frightful things you see when you take your eyes off your goal!

Things to be thankful for:

1. National Geographic magazines, especially the old ones!
2. A good friend and a cup of coffee at Tim's (with a bagel)!
3. Newly paved highways!
4. A breeze on a hot summer day!

Our address: Amazing Grace is sponsored by New Life Ministries and you can reach us at P.O. Box 22036, Cornwall, Ontario, K6J 4P0, or e-mail us at amazinggrace@cnwl.igs.net.

OBITUARIES

BRAY - June Elizabeth

Passed away peacefully surrounded by her family, after a courageous battle with cancer, on Friday, August 1st, 2003, age 64 years. Dear daughter of the late Maurice Villeneuve and the late Olga Villeneuve (Delaney). Beloved wife of the late Louis W. Bray. Loving mother of Michael (Brigitte Roy) of St. Andrews West, Ontario. Dear sister of Dale Villeneuve (Shirley) of Cornwall, Ontario, Elaine Villeneuve of Ottawa, Ontario, Wayne Villeneuve (Sherrill) of Rockland, Ontario and Garry Villeneuve (Carolyn) of Carlsbad Springs. Cherished grandma and special friend to Nicholas. Also survived by several nieces and nephews. Predeceased by sons, Patrick and Timothy. To honour previously expressed wishes, there was no visitation. The Mass of the Resurrection with commendation and farewell was celebrated by Reverend George Maloney in St. Peters Roman Catholic Church on Tuesday, August 5th, 2003. Rite of Committal followed in Our Lady of the Angels Parish Cemetery, Moose Creek, Ontario. The family wishes to extend special thanks to all the caregivers that assisted Mom over the years. Thanks to Dr. David McCoubrey, and Dr. Adrien Langleban, and special thanks to Dr. Paul Irwin for the extra attention given. The pallbearers were Ron Brunet, Paul Shoniker, George Tyo, Murray MacMillan, Joe Wheeler and Scott Stadler. The Honourary Pallbearer was Corey Villeneuve. Funeral arrangements were under the care of Wilson Funeral Home. June was the Co-founder of Louis W. Bray Construction Limited.

DOUGLAS - Sadie Grace

Passed away at the Maxville Manor, Maxville, Ontario on Monday, July 28th, 2003, age 97 years. Dear daughter of the late William Barras and the late Ethel Barras (Brown). Beloved wife of the late Harry Douglas. Loving mother of Robert Douglas (Barbara) of Long Sault, Ontario, Doreen Fleming (William) of Ingleside, Ontario, Jean Beattie of Cornwall, Ontario and Charlotte Geddes (Bucky) of Carp, Ontario. Dear sister of Joyce Thompson of Windsor, Ontario. Sadly missed by 17 grandchildren, 30 great-grandchildren and three great-great-grandchildren. Predeceased by son, Harold, daughter, Shirley, brothers, John and Edmund, and sisters, Dorothy, Marjorie and Edna. Rested at Wilson Funeral Home. Funeral services were held in the chapel of the Wilson Funeral Home on Thursday, July 31st, 2003. Reverend Dr. Fred Rennie officiated. Interment followed in St. Lawrence Valley Cemetery, Long Sault, Ontario. The active pallbearers were Peter Fleming, Bruce Fleming, Nicholas Button, Janet Douglas, Carol Douglas and Linda Geddes. The Honourary Pallbearers were Pam Robertson and Debbie Douglas. Funeral arrangements were under the care of Wilson Funeral Home.

STONE - Basil Arnold

Passed away at his residence, Cornwall, Ontario on Friday, July 25th, 2003, age 75 years. Dear son of the late Frank Stone and the late Mary Lauzon. Beloved husband for 51 years to Greta Depratto. Loving father of Kay Stone, Frances Ledoux (Roy), Steven Stone (Darleen), Karl Stone, Donna Stone-Ladouceur (late Guy), Debra Lavictoire (Claude) and Christopher Stone all of Cornwall, Ontario. Dear brother of Arthur Heath (Rita), Leoda Killoran and Hilda Jarvo all of Cornwall, Ontario. Sadly missed by grandchildren Joanne, Corey, Melissa, Matthew, Tyler, Joel and Drew, and great-grandchildren twins Nolan and Cameron. Predeceased by brother, Roy Stone and sisters, Irene Carter and Dorothy Kinsella. To honour the previously expressed wishes of Basil there was no visitation. A Mass for the repose of the soul of Basil was celebrated by Reverend Kevin Maloney in St. Columban's Roman Catholic Church on Friday, August 8th, 2003. Rite of Committal took place in St. Columban's Parish Cemetery. Funeral arrangements were under the care and direction of Wilson Funeral Home. Basil was a retired 50 year employee of the City of Cornwall, a member of the Loyal Order of Moose #1367, and longtime musician.

PRIMEAU - Thérèse Pauline

Passed away at the Janet MacDonell Pavilion, Cornwall, Ontario on Monday, July 21st, 2003. Mrs. Thérèse Pauline Primeau, in her 57th year, born in Glen Walter, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Léopold Lamarche and Laurenza Lalonde. Beloved wife of René Francis Primeau. Loving mother of Tammy (Mrs. Mike Laplante) of Cornwall, Ontario. Dear sister of Lucille Paupst (wife of the late Percy Paupst) of Cornwall, Ontario. Cherished grandmother of Nicole. Also survived by several nieces and nephews. Predeceased by sisters, Marie Jeanne Lamarche and Mrs. Estelle Martel (wife of the late Jean-Guy Martel). The funeral took place on Thursday, July 24th, 2003 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Ste. Thérèse de Lisieux. The pallbearers were Laurier Primeau, Michel St-André, André St-André, Pat Gauthier, Robert Montpetit and Gary Primeau.

RUNIONS - Reginald Lloyd

Passed away at his residence, Long Sault, Ontario on Monday, July 21st, 2003, age 74 years. Beloved husband of the late Rita Laplante. Loving father of Carey Runions (Nancy) of Long Sault, Ontario, Karl Runions (Jeanette) of Edmonton, Alberta, Fay Avon (Gary Malhomme) of St. Albert, Alberta and Kenneth Runions (Linda) of Long Sault, Ontario. Dear brother of Irene (Buncey) Sparrow (Tom) of Calgary, Alberta, Ed Runions (Betty) and Gloria Bourbonnais (late Sid) both of Cornwall, Ontario. Sadly missed by grandchildren, Alyson, Carson, Matthew, Jada, Jeffrey, Shawna, Lucas and Andrew, and great-grandchildren, Kyla, Sarah, Sydney and Samuel. Rested at Wilson Funeral Home. The Mass of the resurrection with commendation and farewell was celebrated by Reverend Thomas Villeneuve in St. Pius Tenth Roman Catholic Church, Long Sault, Ontario on Friday, July 25th, 2003. Rite of Committal followed in St. Lawrence Valley Cemetery, Long Sault. The pallbearers were Larry Brownell, Steve Laplante, George Laplante, Jack Crawford, Jim McGillivary and Bob Clark. Funeral arrangements were under the care of Wilson Funeral Home. Reginald was a retired Bell Canada employee, and active member of the Royal Canadian Legion, Branch #569, Long Sault.

DUMONT - Joseph Gaspard Maurice

Passed away at the Parisien Manor Nursing Home, Cornwall, Ontario on Sunday, July 20th, 2003. Mr. Joseph Gaspard Maurice Dumont, in his 77th year, born in Bainsville, Ontario and formerly of Cornwall, Ontario. Dear son of the late Elzéar Dumont and the late Alexina Carrière. Beloved husband of Valentine Dumont (Latulippe). Dear brother of Réal Dumont of Ville Lasalle, Québec and Rollande (Mrs. Jean Paul Diotte) of Cornwall, Ontario. Predeceased by brothers, Philippe, Eugène, Armand and Rolland Dumont and sister, Mrs. Aline Campeau. The funeral took place on Thursday, July 24th, 2003 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to St. Télesphore Parish Church with burial at St. Télesphore Parish Cemetery, St. Télesphore, Québec. Reverend Luc L'Abbé of St. Télesphore Parish Church officiated. The pallbearers were the Nativity Guards.

VREMAN - Linda Susan Rhea

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Sunday, July 20th, 2003. Mrs. Linda Susan Rhea Vreman, in her 45th year, born in Cornwall, Ontario and formerly of Cornwall. Dear daughter of the late Adelard Brown and Cecile Quesnel. Beloved wife of Robert Vreman. Loving mother of Sylvia Perras of Cornwall, Ontario. Dear sister of Gregory Brown (Lise) of Monkland, Ontario, Michael Brown of Portage, Indiana, Margaret (Mrs. James Nicholls) of Kentucky, Lillian (Mrs. Nelson Dumond), Sharon McDonald and Kathrine Amell all of Cornwall, Ontario, Patsy (Mrs. David Snetsinger) of Spencerville and Elaine (Mrs. Hank Sanders) of Finch, Ontario. Also survived by step-brothers, step-sisters, granddaughter, Olivia, and nieces and nephews. Predeceased by infant sister, Deborah McDonald. The funeral took place on Friday, July 25th, 2003 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to Memorial Chapel with cremation at South Branch Crematorium. Rev. John DePater officiated. The pallbearers were Greg Brown, Nelson Dumond, Billy Dumond, Jason Dumond, Keith Vreman and Don Vreman.

LANCTOT - Dora

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, July 8th, 2003, age 80 years. Dear daughter of the late Arthur Lalonde and the late Albertha Lalonde (Laframboise). Beloved wife of the late Wilfrid Lanctot. Loving mother of Donald (Diane) of Ottawa, Ontario, Gordon (Sanja) of Cornwall, Ontario, Larry (Sheila) of North Bay, Ontario and Jeffrey (Bubba) of Peterborough, Ontario. Dear sister of Aleta See (Jim) of Massena, New York, Ruby Brodeur (Edgar) of Pulski, New York and Shirley Eastman (Vernon) of Cornwall, Ontario. Also survived by grandchildren, Eric, Andre, Jordi, Scott, Kate, Nicholas, Jacqueline, Catherine and Kisa. Predeceased by daughter, Sylvia Lanctot, sister Gladys Cinquina and brother, Leo Lalonde. Rested at Wilson Funeral Home. Funeral services were held in the chapel of the Wilson Funeral Home on Saturday, July 12th, 2003. Reverend Michael Hermann of Knox-St. Paul's United Church officiated. Interment followed in Woodland Cemetery. Funeral arrangements were under the care of Wilson Funeral Home.

SALON FUNÉRAIRE LTÉE
BOULERICE
FUNERAL HOME LTD.
218 Montreal Road
932-5455
Our Family serving your family since 1954

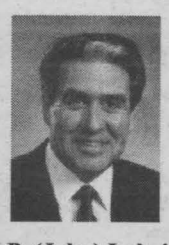


Chantal Pilon-Dupuis
Funeral Director
SN4

CHOICES

Some families want a traditional funeral service for their loved one, others choose a moderately priced, basic ceremony, still others prefer a simplified, low-cost alternative. There are individuals who wish to be cremated, while others believe in earth burial.

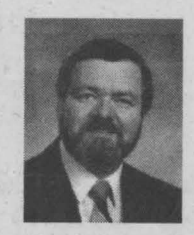
Lahaie & Sullivan Cornwall Funeral Homes provides service to all in need - honouring all beliefs and budgets. We are experienced and committed to offering choices to our families...choices at more affordable and *guaranteed* prices.


J.P. (John) Lahaie
Owner & Founder


Claudette R. Lahaie
Owner & Funeral Director


Marc Lefebvre
Branch Manager
Funeral Director

1927 39 YEARS 1964 • 2003


Denis D. Aubé
Director of Services
Funeral Director


Claudette M. Lee
Administrator


Raymond L. Sullivan
Owner &
Funeral Director

East Branch
614 First Street East
933-2841

LAHAIE & SULLIVAN
SALONS FUNERAIRES CORNWALL FUNERAL HOMES
The Pre-arrangement Specialists

West Branch
20 Seventh St. West
932-8482

www.lahaiesullivan.com
aug15031

LOCAL

Pomp And Ceremony: 4 Wing Change Of Command

Originally published in The Courier, the community newspaper of 4 Wing Cold Lake.

"Two hundred and fifty of the Air Forces finest on parade today, sir." That is how Colonel Bill Cleland, Outgoing Wing Commander of 4 Wing Cold Lake presented his troops to Major-General Dumais, Parade Reviewing Officer and Commander of 1 Canadian Air Division (1CAD) recently.

Colonel Cleland assumed his duties as Commanding Officer of A1 Training at 1CAD in Winnipeg on Tuesday, July 15th, 2003.

The signing of official documents turning over command of 4 Wing to Colonel Charles Sullivan followed an inspection of the troops. Colonel Cleland was presented his Wing Commander's pennant by 4 Wing Chief Warrant Officer, Pete Stauffer.

After the ceremonial passing of the sword, Colonel Sullivan took command of the parade and led his new troops in an enthusiastic three cheers for Colonel Cleland. Befitting of the call sign "Cowboy," Colonel Cleland left the parade on a horse-drawn wagon along with his wife, Judy and daughter, Lauren.

Following the parade 4 Wing's new Wing Commander hosted a reception for all guests attending the parade.

Colonel Charles S. "Duff" Sullivan was born in Cornwall, Ontario in 1956 and graduated from St. Lawrence College of Applied Arts and Technology in 1978 as a Civil Engineering Technologist.

He enrolled in the Canadian Forces in January 1979 under the Direct Entry Officer Plan and received his commission in April of the same year after graduating from the Canadian Forces Officer Candidate School in Chilliwack, British Columbia.

Colonel Sullivan is the son of Ron and Dorothy Sullivan of Long Sault, Ontario. Colonel Sullivan is married to Marla Darcy Way of Moose Jaw, Saskatchewan. Marla and Duff have two sons, Jared Cole and Aaron Matthew.



Colonel Charles Sullivan and his wife, Marla Darcy Way.
Submitted photo

Guardian™
PHARMACIE
EASTCOURT
PHARMACY
1380 Second St. E.,
Cornwall, Ontario
PRESCRIPTIONS
We Process Most
MAJOR DRUG PLANS
MON. - FRI
9:30 a.m. - 9:00 p.m
SAT.
9:30 a.m. - 6:00 p.m.
937-0956
jan10032

Need A Car This Summer? For a red hot deal, see me!

Fran Guindon
Cornwall TOYOTA
932-1106
353 PITT ST.
SN2

LET'S Celebrate

Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News.

WINNER
SERGE
PILON JR.
Pick up your prize at Gedoro's

Gedoro's
Fine Dining in Casual Comfort
19th Anniversary Dinner
See Our Great Selection of 2 Dinners
for $19.84 Includes 2 Garden Salads & Bread Bar from 4pm
See restaurant for full details.
158 Pitt St. 938-2791

To Place Your Ad : Phone or Write Your Ad of 24 words or less and enclose $9.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week

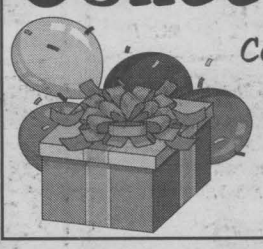
DEADLINE: TUESDAY - 5 P.M.



Wedding Reception
in honour of
Danielle Dixon
daughter of Ms. Pam Lalonde and
Frederic Duquette
son of Mr. & Mrs. Rejean Duquette
Saturday, August 23rd, 2003
at Nativity Hall(upstairs)
9 p.m. to 1 a.m.
DJ ~ Light Lunch ~ Everyone welcome

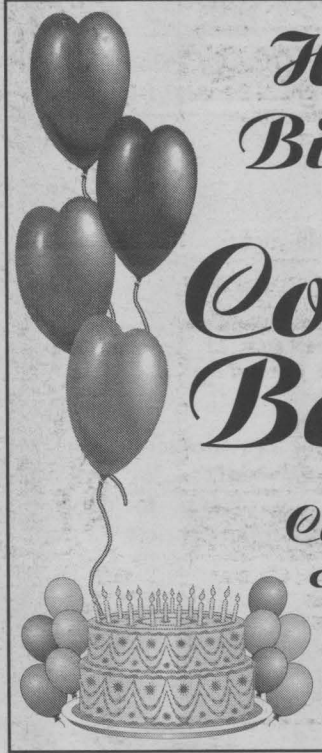


Happy 33rd Birthday
Serge Pilon Jr.
celebrating on August 15th
Love, Nyree, Andre, Paskale and JoAnne

Happy Birthday
Colleen Benton

Celebrating on August 17th
From all the gang at Seaway News
Have a great day!

Happy 3rd Birthday
Madison Snelgrove
celebrating on August 20th

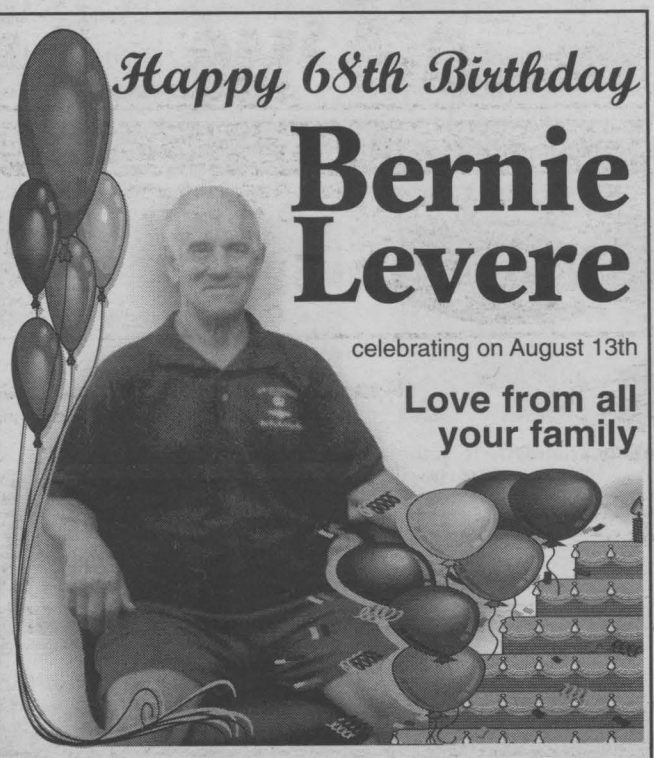
Love, Hugs & Kisses from Mommy, Daddy, Evan, Riley, Nana, Pa & Nini, and the whole family! XOXO

Happy Birthday
Colleen Benton

Celebrating on August 17th
Love, Denis

Happy 9th Birthday
Brandon Lalonde

celebrating on August 19th
Big hugs & kisses, Daddy
"I love you very much!"

Mixed Party
in honour of
Kathleen Wereley
and
Jason Marsolais
Saturday, August 16th, 2003
Royal Canadian Legion
415 2nd Street West
9 p.m. - 1 a.m.
DJ • Light Lunch • Everyone Welcome

Happy 68th Birthday
Bernie Levere

celebrating on August 13th
Love from all your family

60th Anniversary
Cliff & Evelyn Hart

The children of Cliff & Evelyn Hart invite you to celebrate with us at an Open House

Sunday, Aug 17th, 2003
Jazz Magnolia's
2-4 p.m.
Best Wishes Only

LOCAL

Aquatic And Curling Centres Are A Go!



On Thursday, August 7th, 2003, Mayor Brian Sylvester signed an agreement to begin the construction of the Cornwall Curling Centre and Cornwall Aquatic Centre. Ground breaking on the projects will begin this fall with completion of the two projects by the end of 2004. The overall cost will be $11.9 million. Present at the agreement signing were John Dilabio (left), Chair of the Building Committee for the Cornwall Curling Centre, Mayor Brian Sylvester and Rick Saaltink, Chair for the Project 2000 Aquatic Centre.

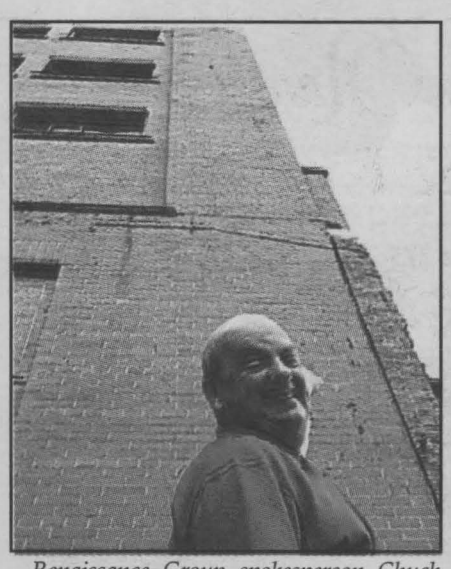
Photo by Chris McPhee

Next Phase In Loft Construction

The finishing mills in Cornwall's core section, near the waterfront are one step closer to becoming state of the art lofts for those that wish to live in them. Renaissance Group spokesperson Chuck Charlebois says the project is at the "business plan" stage and Capital Business Management Group of Ottawa has been hired to carry out the $15,000 study.

Charlebois tells Seaway News he expects the study to take eight weeks before any information is presented to his group. He says, the consultants are going to see if the cost is competitive with housing needs in this area. If they find the pricing is coming back too high, they may have to diversify in order to bring down costs. He says that could mean using the building to house apartments, business offices and lofts, however he is confident the building will be affordable to house exclusively lofts. Charlebois said they are looking at "48 lofts offering a new lifestyle in living quarters, with a price range of $115,000 to $125,000 for a basic loft consisting of a kitchen, a bathroom and a mechanical room." All other extras would be ordered from a catalogue at the expense of the owner. It would be much like ordering extras on a newly purchased vehicle.

Assuming the report gives a green light, Charlebois would like to see construction begin "next Spring." He says he has had many inquiries into purchasing the lofts with several customers ready to sign on the dotted line right now. As late as Sunday, August 10th, 2003, potential clients were hinting they were ready to buy. The Cornwall Loft project has gone national as well, it is featured in an article in Maclean's Magazine this week.



Renaissance Group spokesperson Chuck Charlebois points to his choice for his loft living quarters in a building due to be redeveloped on Cotton Mill Street. Charlebois says he's got his eye on a fifth floor corner loft.

Story & photo by John Divinski

A Cook's Delight!



16991 Cornwall Centre Road
Long Sault • $164,500

The perfect, spacious layout for entertaining family and friends! It's all here, 4 bedrooms, 2 baths, open concept kitchen & dining room, huge living room, patio doors to deck & above ground pool.



REINA LEROUX
Sales Representative
cel. 551-1360

RE/MAX cornwall realty inc.
938-8100

aug15034

RED HOT DEALS!

ON A SPECTACULAR SELECTION OF VEHICLES

www.embrunford.com

1999 F150 S/C



Auto, 4x2, extra cab, air, pwr grp, liner
stk#23-471-1
$121* /bi-weekly*

2001 F150



Not exactly as shown

Fully loaded
stk#23-089-1
$145* /bi-weekly*

2000 Windstar



Auto, 6 cyl, air, pwr grp
stk#4623
$101* /bi-weekly*

2001 Sport Trac



Not exactly as shown

Fully loaded
stk#23-513-1
$215* /bi-weekly*

2000 Safari



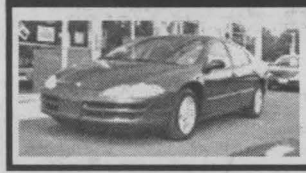
Auto, 6 cyl, air, cruise, over head console
stk#23-372-1
$108* /bi-weekly*

2001 Explorer Sport



Auto, four wheel drive, 6 cyl, pwr grp, running boards
stk#23-458-1
$140* /bi-weekly*

2003 Intrepid



Auto, 8 cyl, air, bucket seats, CD, pwr grp
stk#4631
$155* /bi-weekly*

2000 Venture



Auto, 6 cyl, air, cruise, pwr grp
stk#4411
$112 /bi-weekly*

2001 Mustang



Auto, air, cruise, pwr grp
stk#4311
$140* /bi-weekly*

1999 Grand Marquis



Auto, rear wheel drive, 8 cyl, air, cruise, pwr seats
stk#23-444-1
$149* /bi-weekly*

2001 Taurus



Auto, 6 cyl, alloy wheels, air, CD, pwr grp
stk#23-295-1
$121* /bi-weekly*

2001 Sunfire



Auto, 4 cyl, air, CD, pwr locks
stk#4545
$92* /bi-weekly



Drive A Little ...

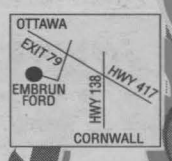
*Bi-weekly payments, based on 60 month purchase. $2000 down or equivalent trade plus taxes, admin, oac.



Save A Lot!

EMBRUN FORD

608 Notre Dame, Embrun, Ontario 613-443-2985 1-800-443-9779



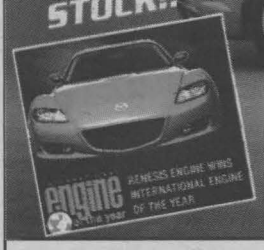
aug15034

The All NEW 2004 MAZDA RX8

MAKE YOUR MOVE EVENT

NOW IN STOCK!!





4 DOORS - 4 SEATS
RENESIS ROTARY ENGINE

from $36,795*



The 2004 Mazda 6

LEASE FROM $289** per month 48 months*

mazda6

3.9% purchase financing for 36 months

*3385 down no security deposit

Purchase From $24,295

• 160 HP, 2.3L 14 engine with variable valve timing • Optional 220-hp 3.0L V6 engine with variable valve timing • 4 wheel disc brakes with ABS • 16" wheels • traction control • Power locks, windows & mirrors (heated) • AM/FM/CD 4 speakers and 2 tweeters stereo • Tilt and telescopic steering • Remote keyless entry • Side door impact beams • Cruise control • Air conditioning

CORNWALL mazda WHERE SALES ARE BUILT ON SERVICE

DEALER OF DISTINCTION 2003

ZOOM-ZOOM
1405 Rosemount Ave.
933-6210

**Lease: freight, PDI included, taxes extra 20,000 km per year, 1st payment required
*Purchase: freight, PDI, taxes extra

MAZDA GRADUATE PROGRAM

XCornwall Mazda
Rosemount Ave. Brookdale Ave.
AG15032

Bill MITCHELL TV & Audio

STEREO Plus ELECTRONICS

50th Anniversary Specials

Thank you Cornwall & Area for your support over the past 50 years!

TV's

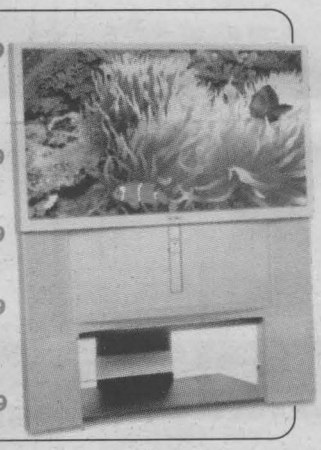
TOSHIBA 27"
Flat screen TV - 27AE43 ..... $549.99

HITACHI 43"
Projection TV
(FREE STAND) - 43UWXT20 ... $1,999.99

SONY 51"
Wide screen TV- KP51W500 $2,899.99

TOSHIBA 51"
Wide screen TV- 51H83 .. $2,699.99

JCV 48"
Wide screen TV
(FREE SUBWOOFER) - AV48WP74 $2,499.99



CAR AUDIO

SONY 10"
Speaker & box..... $129.99

SONY CDXL 410 X
AM/FM CD player..... $159.99

ALPINE 6X9 3 WAY SPEAKERS
Alpine dual 12"speakers & box..... $299.99

FREE GIFT
with purchase of $250.00 or more

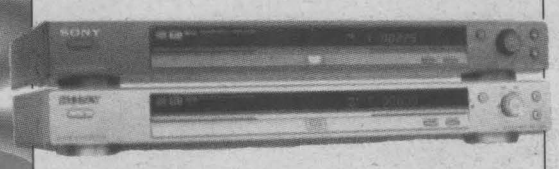


DVD PLAYERS

TOSHIBA
MP3 - SD1800 ..... $99.99

PIONEER
MP3 -DV353K..... $99.99

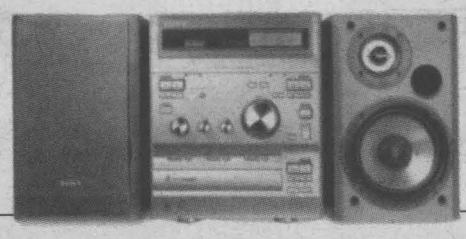
ZENITH
5 Disc - DVD555IC $99.99



MINI SYSTEMS

PANASONIC
220 Watts, 5 disc CD, remote control - SC-AK300
reg $349.00..... $199.99

EMERSON
Vertical load, CD Player auto reverse cassette 2 only -MS8800
reg $249.00 ..... $79.99



Paradigm® Speakers

NO PST NO GST





Bell ExpressVu SATELLITE

$69.99*

* After programming credit, new subscribers only
Hurry limited time offer!

FREE PANAMAX SURGE PROTECTOR
EXTENDED WARRANTY TO 3 YEARS!
$99.99 VALUE FREE!

5100 EXPRESSVU BUILT-IN HARD DRIVE 30 HR RECORDING $399.99

Bill MITCHELL TV & Audio

1410 Pitt Street North
938-0485

STEREO Plus ELECTRONICS

aug15034