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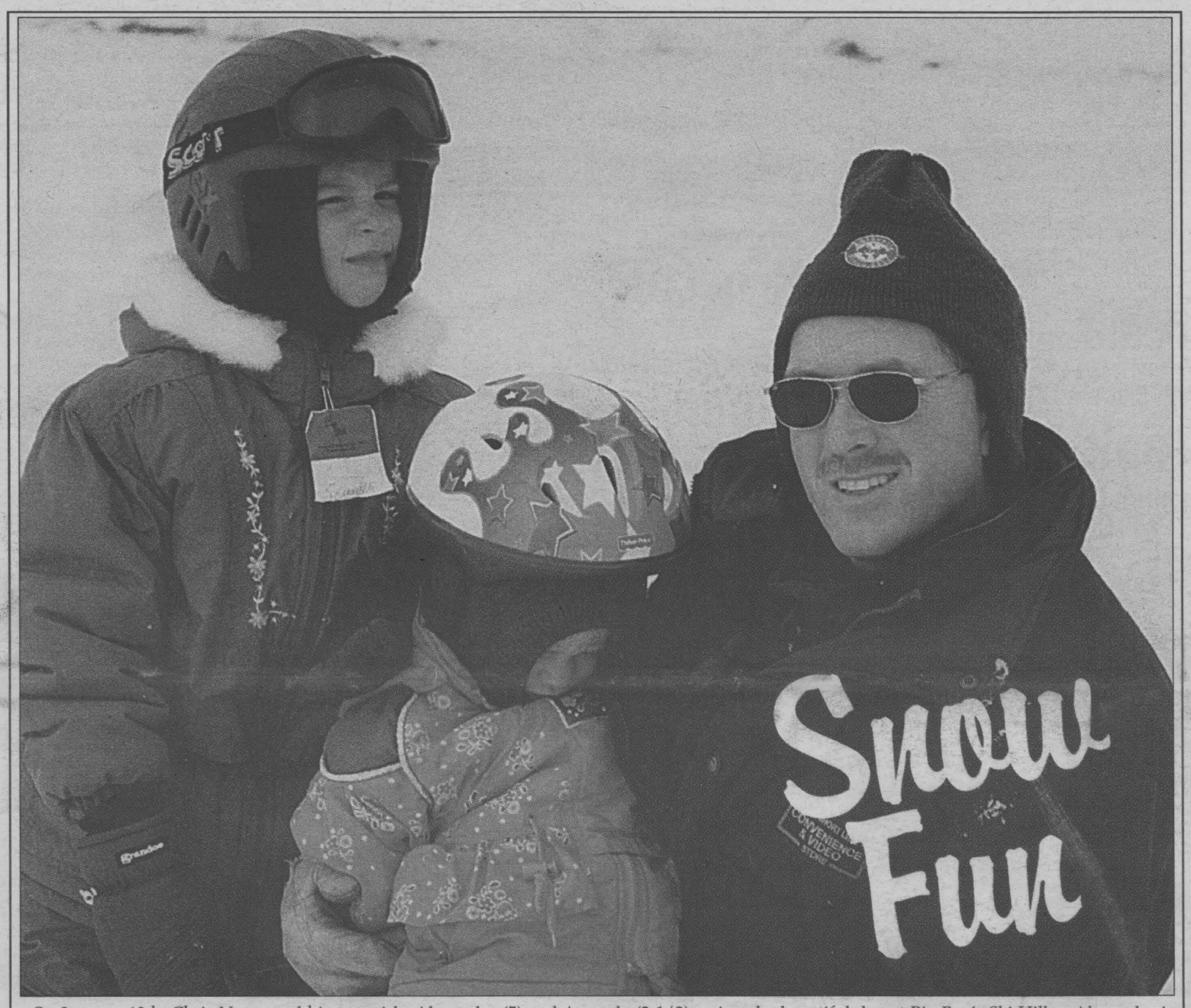
SEAWAY NEWS

January 19, 2001 VOLUME 15, ISSUE 3 SERVING CORNWALL AND AREA



On January 13th, Chris Nurse and his two girls, Alexandra (5) and Amanda (2-1/2), enjoyed a beautiful day at Big Ben's Ski Hill. Alexandra is enrolled in the ski lessons offered by the facilities. "They are really great here," said Nurse.

photo by Chris McPhee

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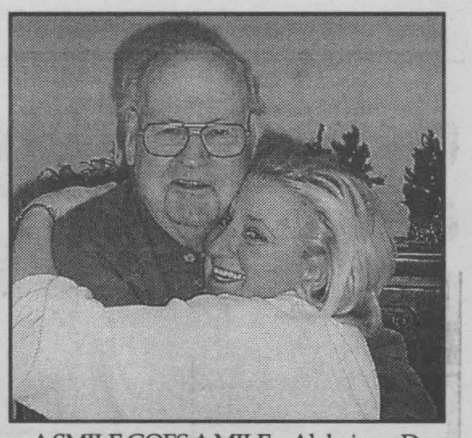
January Is Alzheimer Awareness Month

January is Alzheimer Awareness Month, and the local chapter is working hard to raise public awareness about this disease, the fourth-leading cause of death in Canada. "By now, I'm sure that many people in the area have heard the statistics – that 364,000 Canadians are now living with the disease, and that the numbers are expected to triple in the next 30 years due to the aging baby boomer population hitting the 65-year-old mark," stated Society Education Coordinator Craig Smith in a recent interview.

"What people may not be thinking is how this impacts us locally. We currently have over 1,200 people in the five counties of SD&G and Prescott-Russell diagnosed with Alzheimer Disease. However, due to better and more reliable diagnosis, as well as more willingness of families to come forward for help, we expect an incredible leap in the number diagnosed in the next few years."

Smith stated that the local chapter, with its head office in Cornwall, and a satellite office in Hawkesbury, expects over 366 more cases to come forward in 2001 alone. "We currently have three professional family support caseworkers on staff, and they help the person with Alzheimer Disease to learn more about the support mechanisms available, while providing much-needed support to the family members of the person. "Incidents of stress and depression amongst family caregivers is said to be twice as high for someone caring for a person with Alzheimer Disease, compared to someone caring for a loved one with, say, cancer," stated Family Support Caseworker Carol Lapensee-MacDonald. "That's why it is so important to come forward, call the Society, and start the ball rolling towards supportive counselling and services such as home support and respite."

Some of that support comes in the way of the Alzheimer Day Away programs, currently running out of Ingleside, Alexandria, and Hawkesbury, under the leadership of Jeanne Poirier-Theoret of the Alzheimer Society.



A SMILE GOES A MILE – Alzheimer Day Away staff member Liette Gagne knows that a smile, a wink, and a hug go a long way towards brightening the lives of people with Alzheimer Disease. Client Fred Weagant doesn't seem to mind the hug a bit.

"Another related program is run by Glen-Stor-Dun Lodge here in Cornwall," offered Poirier-Theoret. "And due to the expected increase in people coming forward with the diagnosis, we are opening a fifth Day Away program in Russell County, in Forest Park. The respite given by the Society is incredibly valuable to the families dealing with the disease, but is also greatly appreciated by the person themselves. Speaking of the Ingleside program, client Mabel Morrow of Morrisburg smiled, saying that she "enjoys going mostly because you don't just sit there. If I'm not working at something, I can help someone else." Client Fred Weagant also agreed, offering that "the atmosphere here is great...lots of laughter. People seem to enjoy coming."

For more information on the services available by the local Alzheimer Society, as well as information on the early warning signs of the disease or how you can help, call the Society at 932-4914 or 1-888-222-1445.

The Family Centre To Hold A Healthy Lunch

On Tuesday, January 23rd, 2001 The Family Centre "Ensemble, un pas à la fois" located at 109 York Street, will be serving a chicken chili and a garden salad. The lunch will be from noon until 1 p.m. To register, please call Suzanne at 938-2000. The cost is $3 per person. Join us for a delicious and healthy lunch.

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Cornwall School Of Dance



On December 19th, 2000, Cornwall area students gathered at the Cornwall School of Dance for a Master Class in modern dance given by M. Andre Fairfield, a well-known dance teacher from the Outaouais who has studied with some of the leading modern dancers of today, such as Jose Limon, Alwin Ailey and others. He completed his dance education at the University of Concordia and has danced professionally.

The class was very dynamic and the students were delighted with the content, and hope that Andre will return again soon.

The event was organized by Jane Macmillan, Director of the Cornwall School of Dance. She was happy to see students from other dance programs attending this event as it is a wonderful way to gain more knowledge in the dance field.

The Cornwall School of Dance resumed classes on January 8th, 2001 and still has room in the 4 to 6 age group and the adult Balletcise class. For more information, please call 938-3875.

Ski Challenge

The Honourable Don Boudria, Minister of State and Leader of the Government in the House of Commons, challenges the mayors and reeves of Glengarry-Prescott-Russell to participate in the annual Ski-A-Thon.

The thirteenth edition of the Mayor's Cup will be held at Mont-Habitant in Saint-Sauveur, Quebec on February 3rd, 2001 as part of the Prescott County branch of the Canadian Cancer Society Ski-A-Thon. The winner of the race will be officially proclaimed the Skiing Mayor of Glengarry-Prescott-Russell. Minister Boudria will also participate in the race in an effort to raise funds for the Canadian Cancer Society.

"By participating in the Ski-A-Thon, you contribute greatly to the fight against cancer, a disease which directly or otherwise affects us all," added the Minister. Last year's edition of the Ski-A-Thon raised over $25,000.

To sponsor a skier, please call the Canadian Cancer Society, Prescott County branch, at 1-800-669-4181 or (613) 932-1283.

"Starting A Small Business" Seminar

The Cornwall Business Self-Help Centre, a facility jointly funded by the City of Cornwall's Economic Development Department and the Ontario Ministry of Economic Development, Trade and Tourism, along with the Business and Industry Training Services at St. Lawrence College are presenting a seminar for prospective entrepreneurs called "Starting A Small Business."

This presentation features information and advice from local experts such as Debbie Tropea, a local accountant with the firm Johnston and Beaudette; Garry Brunet, a local lawyer; and the Bank of Nova Scotia.

The Seminar is scheduled for Thursday, January 25th, 2001 from 6:30 p.m. to 9:30 p.m. at St. Lawrence College, Moulinette Hall, Room 264. Registration takes place from 6 p.m. to 6:30 p.m. with a fee of $20. being charged to offset the costs of the facility, literature and refreshments.

Call Centre Established

The Eastern Ontario Training Board and the TR Leger School are initiating a Call Centre this month in an effort to update an employer database for the SD&G Counties and Prescott Russell. The Call Centre will be established at the TR Leger School which is co-located at Windmill Point with St. Lawrence College.

Full time students at the TR Leger School will be selected to work at the Call Centre on coop placements. Their duties will be to update essential labour market information, as well as record the training and staffing needs in the community. This information is vital to the economic prosperity of the region since existing and new businesses to the community need profiles of the labour market on an ongoing basis.

The project will get underway later this month.

Library Board Appoints New Chief Librarian

The Board of the Cornwall Public Library is very pleased to announce the appointment of Mr. Bill Manson as its new Chief Librarian and CEO.

A 30-year professional librarian, Mr. Manson spent the first half of his career at the Calgary Public Library. During his tenure there, he oversaw construction of the now famous "pyramid," Calgary's Public Library and directed its support, extension and community services. During that same period, he taught professional development courses in the Library Arts programme at the Southern Alberta Institute of Technology, was President of the Alberta Library Association and was a Member of Council of the Canadian Library Association.

Mr. Manson understands the complexities of "smart" library services. Over a 10 year period, he held executive positions in two international library automation companies, Dynix Library Systems in Waterloo, Ontario and GEAC Computers Inc. in Westborough, Massachusetts. For the past five years, Mr. Manson has been Executive Director of the Merrimack Valley Library Consortium, a cooperative which is responsible for the planning, implementation and evaluation of all aspects of automated services and operations in 34 libraries in northeastern Massachusetts.

Bill Manson, 55, is a Canadian citizen, is married and has five children. He is an avid reader and baseball fan. "I'm looking forward to returning home to Canada and to coming to the Cornwall Public Library. It is an outstanding organization with a fine staff and Board. I am looking forward to working with them and with the City of Cornwall to make the Library a vital part of the community."





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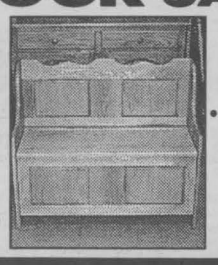

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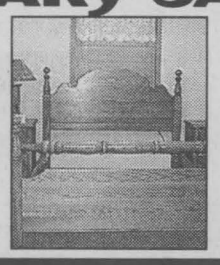

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Death Of Innocence: The Fox Abducted 12-Year-Old Marion Parker But It Was Her Father He Wanted

Edward Hickman was a handsome young teenager and honour student at Central High in Kansas City. After graduation, he made his way to Los Angeles, where he obtained a position with a bank.

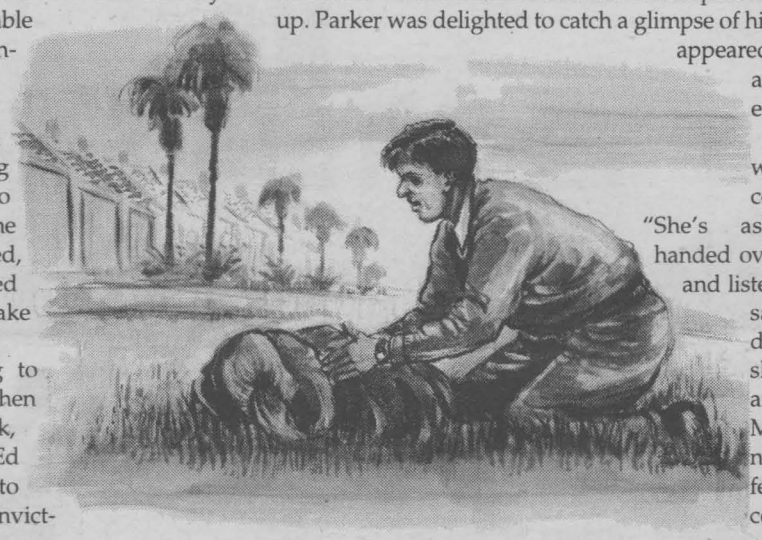


Crime Flashback
Max HAINES

All went well for two years before an incident took place which, in light of future events, would have far-reaching repercussions. Ed forged a small cheque and was immediately charged. The court took his impeccable record into account and gave the personable youth a suspended sentence.

Ed's direct superior at the bank, assistant cashier Perry Parker, agreed to sign legal documents recommending him as an outstanding citizen who deserved a second chance. At the time when the documents were to be signed, Parker was extremely busy and assigned the task to an underling. Ed didn't take kindly to Parker's cavalier attitude.

Another incident followed, adding to Ed's dark feelings towards Parker. When Ed applied for reinstatement at the bank, he was turned down. Out of hand, Ed blamed Parker, who had had nothing to do with the decision not to take the convicted forger back to the bank's bosom.



On December 15th, 1927, Marion and Marjorie Parker, the 12-year-old twin daughters of the bank cashier, left for school as usual. No one was aware that Ed Hickman had been stalking the youngsters for weeks and had their schedule down pat. Just before noon that day, a curly haired, personable young man showed up at the school and told teacher Mary Holt that Mr. Parker had suddenly fallen ill and had requested Marion's presence at his bedside. Mrs. Holt commiserated with the young man and immediately dismissed Marion to his care.

At 2:40 p.m. that same afternoon, Perry Parker received a telegram from the kidnapper. It was from a George Fox, advising Parker to take no action until he received a special delivery letter. Next day the letter arrived. It was from Marion, in her handwriting: "I wish I could come home. I think I'll die if I have to be like this much longer. Would someone please tell me why all this had to happen to me. Daddy, please do what the man tells you or he will kill me if you don't.

— Your loving daughter, Marion. P.S. Please Daddy, I want to come home tonight."

A second letter from Fox was enclosed. In it, the kidnapper threatened to kill the child unless $1,500 was produced and delivered under instructions within 72 hours. Later that afternoon, a man identifying himself as "the Fox" phoned Parker, outlining where the money was to be delivered. Parker kept the appointment, but had police with him. The Fox didn't show up.

On December 17th, Parker received another letter from the Fox. In it, he berated Marion's frantic father for bringing the police in on the ransom pickup. Another letter in the envelope was from Marion, who pleaded with her parents not to bring the police the next time they attempted to drop off the money.

Parker met with police and begged them to let him drop off the money without police assistance. After much discussion on the matter, they consented.

At 7:45 p.m., Parker received another call from the Fox. He instructed Parker to drive to Fifth St. and Manhattan Place with $1,500 in $20 bills. Parker showed up with the bills, all of which had been marked.

He parked his car. Within minutes, a blue coupe, driven by a man with a handkerchief over the lower part of his face, drove up. Parker was delighted to catch a glimpse of his daughter, who appeared to be huddled against the driver.

The man at the wheel of the coupe said, "She's asleep." Parker handed over a roll of bills and listened as the man said he would drive away a short distance and place Marion on a nearby lawn. In a few minutes, the coupe pulled away. Parker watched as the car stopped. The man carried Marion to the lawn, dashed back to the coupe and sped away.

Parker rushed the short distance to the lawn. His daughter, wrapped in towels, had already been dead for six hours. Parker laid his eyes on a sight no father should ever endure. His daughter had been dismembered.

The hue and cry was akin to the more recent O.J. Simpson affair. The good citizens of Los Angeles were enraged at the horror story unfolding in their city.

They demanded the kidnapper's capture.

A few hours after the child was placed on the lawn, the blue coupe was located in a public parking lot. Five days after the kidnapping, police confirmed that fingerprints found on the blue coupe matched those lifted from the ransom notes.

The prints were run through police files, attempting to match them with those of a known felon. Up popped Ed Hickman, who had been fingerprinted when he was apprehended for forgery. A photograph of Hickman was shown to Mrs. Holt. She immediately identified him as the man who had picked up Marion from her school.

At the Bellevue Arms apartment building where Hickman resided, police found towels similar to the ones used to wrap the dead girl's body. Bathroom drains were removed and yielded bloodstains. The dismemberment had taken place in the bathtub.

Meanwhile, one of the marked $20 bills showed up in Seattle, Washington. A clothing store clerk had sold the kidnapper several articles of clothing.

Shortly after, two hitchhikers, James Nelson and Irving Mowrey, told of catching a lift with a man driving a green Hudson sedan. They identified him as Ed Hickman.

The hitchhikers had caught a ride into Portland, Oregon with the suspect. The two boys said there was a licence on the dashboard in the name of Mr. Peck.

Police checked with the Automobile Club of Southern California and learned that a green Hudson had been stolen at gunpoint from F.R. Peck of Los Angeles. Mr. Peck identified photos of Hickman as the man who had held him up.

Equipped with the car's description and licence number, police in Oregon were alerted to be on the lookout for the suspected killer of Marion Parker. By sheer luck, two police officers, Tom Guerdane and Buck Lievallen, were cruising near Pendleton when a green Hudson roared past. They took off after the speeding vehicle and checked the licence. Sure enough, it was Mr. Peck's stolen Hudson. The suspect car was stopped and the Fox taken into custody.

Hickman confessed to being in on the kidnapping, but pleaded that a friend of his, Andrew Cramer, was the one who had actually killed the girl. According to Hickman, he and Cramer had pulled off a few robberies together. It was Cramer who had thought up the idea of the kidnapping and it was he who had killed Marion Parker in Hickman's apartment. The Fox claimed he hadn't even been there at the time. Unfortunately for Hickman, when police checked his story, they learned that Andrew Cramer had been in jail throughout the kidnapping.

While being returned to Los Angeles, Hickman confessed, taking full responsibility for the kidnapping and murder. He related that he had become fond of the girl and had gained her trust. Toward the end she was looking upon the whole thing as an exciting adventure. On several occasions, he had taken her shopping and never once had she tried to escape.

Why had he taken Marion's life? Hickman could never give a satisfactory explanation. The closest he could come was to say he had acted on impulse.

Once in Los Angeles, Hickman confessed to another unrelated murder, that of pharmacist C. Ivy Thoms.

In the winter of 1928, Hickman stood trial for Marion Parker's murder. He was found guilty and sentenced to death. Later, he stood trial, together with his 17-year-old accomplice, Welby Hunt, for the Thoms murder. Both were found guilty and sentenced to life imprisonment.

On October 19th, 1928, Ed Hickman was assisted to the San Quentin gallows. His limp frame had to be held upright on the trap door before he plunged to eternity.

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High School Chatter

Ashley **BABCOCK**

High School Rock Stars

Third South, a band comprised of five local high school students, has attained a great deal of popularity since forming in January of 1999, and with a continuing high level of success may one day rise to the status of high profile, professional musicians. They have shown talent and dedication, having played countless local shows and garnering many fans.

The band was formed in 1999 when bassist Guillame Labelle, vocalist Dustin Smith and guitarists Chris Reynolds and Rob Bissonette, who were currently in another band, heard of a talented drummer by the name of Ryan Leger. The musicians met for a jam session and soon after formed the band.

Labelle describes the band's sound as heavy and fast, yet does not identify it as heavy metal. He states, "We don't really play heavy metal but we do definitely play heavy music." He cites Fieldy, the bassist from the band Korn as one artist who has influenced him greatly. Because of punk sound that resonates in his bass lines he states that he has also been influenced by many punk bassists. Being a member of Third South has been and continues to be a fulfilling experience for him. He is satisfied with the level of success that they have currently reached and with the speed at which they are continuing to progress. When asked what he enjoys most about being a part of Third South he stated, "We're all friends and we have so much fun together."

Third South has recently written and recorded a compact disc of songs which they plan to release at their next show. Though the disc currently remains nameless, bassist Guillame Labelle has stated that it could possibly be self titled. Third South plans to release the CD to the public at their next show for which a date and location has yet to be established. Though the band has yet to find the right place to introduce their collection of music to the public, it is hoped that flyers advertising their next and very significant show will soon be found around town and on the doors and bulletin boards of St. Joseph's Secondary School at which all members, with the exception of Rob Bissonette who attends Heritage Secondary School, are students.

Crafting The Holiday Spirit

A family of incredibly talented and equally generous ladies recently created a wonderland of Christmas Crafts for sale in the 'Friendship Craft Sale.' The sale, organized by sisters Rita St. Pierre, Claire Lalonde, Doreen Lebano and Joyce Ryan was held during the month of November at Claire's home.

"Each year, we do this sale just before Christmas and choose a different charity to support," stated Rita. "The Alzheimer Society is very near to our hearts, so we chose it as this year's recipient of 10 per cent of the total proceeds of the sale."

The sale culminated with a wine and cheese reception, attended by Alzheimer Society of Cornwall and District's Executive Director, Shelley Vaillancourt and Board President, Monique McElheran. "We are thrilled with the kindness and community spirit of these ladies," smiled Shelley. "And the Alzheimer Society of Cornwall and District will receive over $400 as a result of their generosity. This money will stay right in Cornwall to help fund the Memory Disorder Clinic which depends on donations for its very survival."



Pictured above (left to right) are: Claire Lalonde, Craig Smith of the Alzheimer Society, Rita St. Pierre and Doreen Lebano.

Absent from photo are Joyce Ryan and Lise Gadbois.

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CBAO Award Winners

Etienne Saint-Aubin of Cornwall and Harvey M. Haber, Q.C. of Toronto have received CBAO's (Canadian Bar Association - Ontario) top honour - the Award for Distinguished Service.

Created to recognize an individual's outstanding contribution to the law, the legal profession, the association and the public, the winners were honoured on December 8th, 2000 at CBAO's Council Meeting and Awards Ceremony.

An executive director and practitioner in administrative law with Stormont, Dundas and Glengarry legal aid clinic, Etienne Saint-Aubin is considered one of the pioneers of our bilingual justice system in Ontario. An active member of AJEFO (Association des juristes d'expression française de l'Ontario), he contributed to the development of the 1986 French Language Services Act, and developed a program for the use of French language as an official language of the courts. Previously, he served as the coordinator of French Language Services with the Ministry of the Attorney General (1979 - 1987).

A member of CBAO since 1987, Mr. Saint-Aubin was past-chair of the Official Languages Committee (1996-1998) and a member of the Continuing Legal Education Committee (1986-1987).

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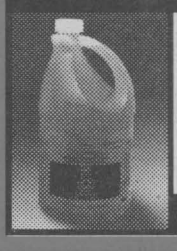
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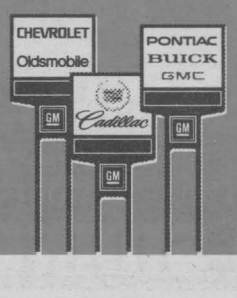

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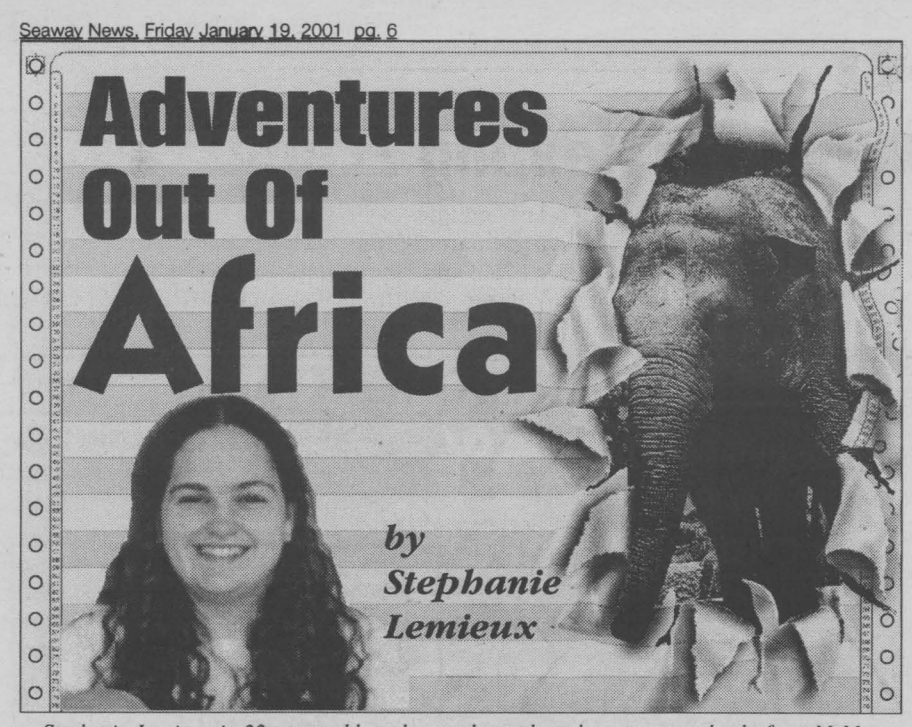
Adventures Out Of Africa



by Stephanie Lemieux

Stephanie Lemieux is 22 years old, and recently graduated summa cum laude from McMaster University in the Honours Anthropology Program in April of 2000. Prior to that, she was a student at La Citadelle where she participated in student government. She is the daughter of Paul and Diane Lemieux.

The plan to go to Africa was one that came out of a conversation she had with some of her friends at McMaster. Stephanie had been looking at the possibility of going into a Masters program, perhaps going into teaching. She had explored opportunities available for teaching overseas, in particular Japan, Thailand, South America, Mexico and various other places. One of her friends said, "I have an idea. Why don't we take a year off and go to Africa?" Stephanie and her friend Ann pursued the idea.

For about 10 months, Stephanie did intensive internet research, plugged into chat lines with travel groups and student travel services, plugged into various travel agencies and volunteer organizations to see what types of opportunities were available. Through her research she found what was needed and her trip was planned. Her trip to Africa over the next six months was complete.

Over the next few weeks, we will let you follow Stephanie and Ann's travel through Africa through her e-mails sent home.

E-Mail #7

Crocs to the left of me
Hippos to the right
Here I am
Stuck in a stupid canoe

Anne and I sang quietly, laughing as we settled into our canoe and pushed off into the Zambezi River. The Zambezi begins in Congo and thunders down Victoria Falls, before eventually snaking its way through Zimbabwe to Mana Pools National Park in the North-East, where we spent three days.

Before we climbed into the canoe, our guide Herbert briefed us on the situation:

"Canoe safaris are dangerous. There are more water-based injuries at Mana Pools than any other kind. Hippos are very territorial, very big, and very fast, and we'll be passing by lots of them. I'm not going to lie...they sometimes decide to charge canoes. If one does, there isn't much we can do.

We have a guard with a gun, but hippos are so massive that a few bullets won't slow it down. We'll rarely be more than 4 to 6 metres from the shore; if our boat gets tipped by a hippo, get out of the water. There are crocodiles here, lots of them."

Why, exactly, was I doing this?!?

Within five minutes of paddling off from shore, I realized exactly why I was on a canoe safari; it was an extremely beautiful and peaceful experience. The sound of the paddles sliding through the water mingled with bird calls and the buzzing of insects. Our canoe glided by herds of hippos, who watched us warily but calmly from afar. Occasionally one would snort or yawn, another would wiggle its ears at us, another would slowly sink underwater. The first time I watched a hippo submerge itself completely, my heart jumped in my throat. I imagined it racing towards us beneath the water, throwing our canoe four metres in the air; when we paddled by unscathed, I was able to relax and enjoy myself. After we passed the herds, they would often groan and grunt at our retreating form, an unbelievably loud and eerie sound that was stangely reminiscent of giant bullfrogs.

As we slid through the water, we passed graceful gazelle, their muscles twitching as they eyed us nervously. A large elephant bull reaching up into a tree paid us no mind except for a cursory glance, and buffalo glared at us. Birds of every imaginable shape, size and colour swooped through the air, screeching angrily at us when we got too close to their nests. We startled a 6 foot crocodile sunning itself on the shore, and it slid into the water and disappeared with an eerie grace. And always there were hippos.

It was on our second canoe safari that we got our first (and only) real scare. As we moved through the water, a head suddenly appeared about ten metres to our right. My heart slammed in my chest. Shaking his ears and snorting a warning, the hippo stood up and glared at us. He swelled out his chest, clenched his muscles, and took two quick steps towards us. The game warden quickly manoeuvered our canoe so that we were almost touching the bank. Turning his body so that he was always facing us, the hippo again took a step towards us and stopped, grunting. He stood and watched us, breathing heavily as he contemplated whether or not he should charge.

Then, with a final snort, he turned and sunk into the water, allowing us to paddle by.

In the canoe behind us, Herbert breathed an audible sigh of relief. "Wow" he said with a grin "THAT was a negotiation!".

The three days that we spent at Mana Pools National Park were quite possibly the three most exciting days of my life. I've never been in such a wild place. The first morning, I was awakened by Anne's urgent whisper:

"Steph, there's a buffalo right outside our tent!". Buffalo bulls and hippos grazed on the grass at our camp. A herd of about 50 impala, nervous and beautiful, stood right outside the bathroom; at night, their eyes shone a bright red in the flashlight beam. We could hear the grunts of hunting lions from our tent, and hyenas were regular nightime visitors. Although it made me nervous to be on a constant lookout for buffalo and elephants, it was also very exhilerating.

In addition to the canoe safaris, we also went on walking safaris.

Herbert, an extremely skilled and knowledgeable guide, again gave us less than comforting instructions before we set out:

"The most danger comes from the buffalos, especially the solitary males. They're very mean-spirited and will charge without provocation. If an elephant or a buffalo charges you, run as fast as you can. Lions are different. If we see lions first, we'll avoid them. If they see us first, they may try to ambush us. If this happens, freeze. No matter what, do not run. You can't outrun a lion, and even if it isn't planning to attack, if it sees you run its predator instincts will take over. If it's any consolation, I promise that I will put myself between you and the lion."

He said that last part with a grin. I eyed the sheathed knife at his side and admitted that I wasn't feeling very consoled at all. Herbert laughed and assured us that he had yet to lose a client.

Herbert was an absolute fountain of knowledge. He told us legends and stories, described the animals' mating and eating patterns, and even showed us how to distinguish elephant and hippo dung - and no, size isn't it...trust me, both hippos and elephants have droppings of a very impressive size! Hippo dung contains only grass remains, while elephant dung often has leaves, shoots, roots and seeds as well.

Well, I got absolutely carried away with describing my safari! I guess I'd better end this here; I'm at the Bulawayo Public Library, and there are other people waiting to use the computer.

Until next time, stay healthy and happy!

Stephanie

E-Mail #6

Argh!!! I'm so MAD!!!!!!!!!! I was robbed sometime in the last two days, of at least 150 US dollars (American $, Zimbabwe $, British Pounds). I left my locked bag in the hotel locker during my safari, and somehow someone broke into my bag and went through my stuff!! They also took $360 in Travellers Cheques, but those will be replaced. Thank God they didn't take my credit cards or passport or plane ticket...but I'm still really angry. $150 US is a whole lot of hours slaving at the garden centre! Ah well, there's really nothing I can do...such is life. I've been really lucky so far, and I guess I got careless.

Sorry I haven't e-mailed much lately. It's been really crazy. But I really loved reading all of your e-mails. Dad, you've turned out to be a very witty e-mailer! In less than two weeks, I'll be in Johannesburg, and from then on e-mail will be less sporadic. I'll have more time, and I can work a little on my own witty repartee.

Stephanie

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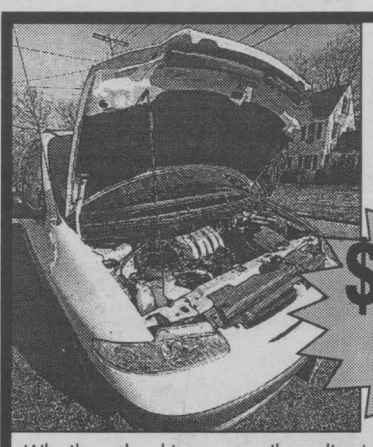
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Your Entry Form Is In The Mail

The time has come to remind you to mail in those entry forms for the "Smoking Allowed - Outdoors!" contest.

Moms, Dads, friends and relatives are going to make the effort not to smoke in their homes during the month of February. "This contest aims to help families make their home smoke-free, for the health of their children," said Johanne Nolin, Health Educator/Promoter for the Eastern Ontario Health Unit (EOHU).

The "Smoking Allowed - Outdoors!" contest was launched earlier this month by EOHU to encourage residents in the five Counties to establish smoke-free homes.

Nolin says the response from the community has been very positive, even from smokers who are using the contest as an opportunity to make their home smoke-free.

The contest starts February 1st, 2001 and people can register until January 31st. The draw will take place on March 1st, 2001 when participants could win a gift certificate worth up to $300. To register, call Health Line/Appel-santé at 930-7080 in Cornwall or at 1-800-267-0852, or send an e-mail to smokefree@eohu.on.ca The entry forms are also available at your nearest health unit office.

"Good luck to everyone who enters. For you and your kids, making your home smoke-free means breathing cleaner air," says Nolin.

Relief For Heating Expenses

Individuals and families who are eligible for the January 2001 goods and services tax/harmonized sales tax (GST/HST) credit will get a Relief for Heating Expenses cheque if they have filed their 1999 income tax returns and applied for the GST/HST credit. The Relief for Heating Expenses cheques will start to be issued January 31st, 2001.

Under this relief measure, married and common-law couples will receive $250; single-parent families will receive $250; and single individuals without children will receive $125.

The Relief for Heating Expenses payments will be exclusively delivered by cheque.

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3rd: $100.: Francis Lafave
4th: $50.: Vivian Brownell
5th: $50.: Chantal Quenneville
6th: $50.: Terry Waldriff

We thank all who participated and contributed to a good cause sn5

Sears Expands Chill Out Clothing Drive

In response to the rising demand for used clothing, Sears is expanding its Chill Out clothing drive throughout Ontario. Last winter, more than 25,000 children benefitted when 16 Sears department stores in the Greater Toronto Area collected 100,000 pounds of clothing. Over the next two months, all Sears department stores and outlet stores in Ontario will team up with Toronto's Chill Out program to help clothe families in need.

"The need for clothing is always needed," said Angelo Coulos, Co-Chair, Chill Out. "Every day we see people struggle through Ontario's harsh winters in nothing more than a light jacket and worn-out shoes. It is particularly heartbreaking to see children suffer the pain associated with bitterly cold weather."

Throughout January and February 2001, new and clean used clothing, footwear and new undergarments can be dropped off at the Sears store in Cornwall. Sears will deliver the clothes to Chill Out who will distribute them free to those in need in Cornwall.

"The people behind Chill Out work diligently to help keep less fortunate families in Cornwall warm," said John Wooler, Manager, Sears Cornwall store. "We feel very proud to be associated with Chill Out and look to the community to lend a helping hand to those who need it most by bringing in new or used clothing."

Chill Out is a Toronto-based charity program that serves people in need with free distribution of clothing and household items through a network of over 350 agencies in Ontario. Charities in the Cornwall community can call 1-877-783-5865 to find out how to get free clothing for those in need.

The Sears Clothing Drive for Chill Out, also supported by CHUM, is a Sears Young Futures Program which is dedicated to supporting groups within communities across Canada that promote the healthy development of children and youth through such essential resources as food, shelter, clothes and education. Last year, Sears supported more than 200 local organizations across Canada through the Sears Young Futures Program.

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Choices

Read this. Let it really sink in. Then choose how you start your day tomorrow.

Michael is the kind of guy you love to hate. He is always in a good mood and always has something positive to say. When someone would ask him how he was doing, he would reply, "If I were any better, I would be twins!"

He was a natural motivator. If an employee was having a bad day, Michael was there telling the employee how to look on the positive side of the situation. Seeing this style really made me curious, so one day I went up to Michael and said to him, "I don't get it! You can't be a positive person all of the time. How do you do it?"

Michael replied, "Each morning, I wake up and say to myself, 'You have two choices today. You can choose to be in a good mood or you can choose to be in a bad mood.' I choose to be in a good mood. Each time something bad happens, I can choose to be a victim or I can choose to learn from it. I choose to learn from it. Every time someone comes to me complaining, I can choose to accept their complaining or I can point out the positive side of life. I choose the positive side of life."

"Yeah, right, it's not that easy," I protested.

"Yes, it is," Michael said. "Life is all about choices. When you cut away all the junk, every situation is a choice. You choose how you react to situations. You choose how people affect your mood. You choose to be in a good mood or bad mood. The bottom line: It's your choice how you live life."

I reflected on what Michael said. Soon thereafter, I left the company to start my own business. We lost touch, but I often thought about him when I made a choice about life instead of reacting to it.

Several years later, I heard that Michael was involved in a serious accident, falling some 60 feet from a communications tower. After 18 hours of surgery and weeks of intensive care, Michael was released from the hospital with rods placed in his back. I saw Michael about six months after the accident. When I asked him how he was, he replied, "If I were any better, I'd be twins. Wanna see my scars?" I declined to see his wounds, but I did ask him what had gone through his mind as the accident took place.

"The first thing that went through my mind was the well-being of my soon to be born daughter," Michael replied. "Then, as I lay on the ground, I remembered that I had two choices: I could choose to live or I could choose to die. I chose to live."

"Weren't you scared? Did you lose consciousness?" I asked.

Michael continued, "...the paramedics were great. They kept telling me I was going to be fine. But when they wheeled me into the ER and I saw the expressions on the faces of the doctors and nurses, I got really scared. In their eyes, I read 'He's a dead man.' I knew I needed to take action."

"What did you do?" I asked. "Well, there was a big burly nurse shouting questions at me," said Michael. "She asked if I was allergic to anything. 'Yes,' I replied. The doctors and nurses stopped working as they waited for my reply. I took a deep breath and yelled, 'Gravity'."

"Over the laughter, I told them, 'I am choosing to live. Operate on me as if I am alive, not dead'."

Michael lived, thanks to the skill of his doctors, but also because of his amazing attitude. I learned from him that every day we have the choice to live fully. Attitude, after all, is everything.

"Therefore, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough troubles of its own." After all, today is the tomorrow you worried about yesterday.

You have two choices now:

1. Ignore this.
2. Forward it to the people you care about.

I hope you will choose number 2. I did.



Pastor Bob
BURGESS
Pastor New Life Covenant Church

Amazing Grace

"Therefore, if anyone is in Christ, he is a new creation; old things have passed away; behold, all things have become new." 2 *Corinthians 5:17.*

What does it mean to be a Christian? Does it mean that I was raised in a Christian belief system such as Pentecostal, Presbyterian, Catholic, Charismatic or whatever: Does it mean that I attend church on a regular basis? Does it mean that I try to keep the 10 Commandments and try to be good to others? All these are good things in life, but unfortunately none of these qualify us; Biblically speaking, to be a true Christian!

To be a Christian involves two main aspects: 1) To love the Lord God with all your heart, mind and soul; and 2) To love your neighbour as yourself.

The first one is to love God with all your heart. How? By asking God to forgive us of our rebellious nature that goes against all His principles and asking Him to cleanse our heart and to give us His new nature. As I love God, my life has a new desire to serve Him and to live according to His ways as revealed in His Holy word, the Bible. As I love God, I want to please Him as a son does his father.

The second aspect that allows me to be a Christian is to love my neighbour as myself. In the early days of the Bible, before there were churches and denominations, the early Christians were known as "those that love one another." It was their love for one another that distinguished them from the crowd. It was this love for God and for each other that qualified them to be called Christians, or those who were followers of Christ.

Jesus was a man of love and I believe that it was that love in Him that drew the crowds of people. He loved the down and outers, He loved the prostitutes, He loved the lepers and He hung around with the sinners of His day and they responded to Him. Why? Because they sensed that unconditional love from Jesus who didn't judge them or condemn them, but rather accepted them and loved them just as they were.

Are you a Christian? Do you love God and your neighbour as yourself? If being a Christian was a crime against the law, would there be enough evidence in your life to find you guilty? Do you demonstrate love to your neighbour, your friends and especially your family? These are the true qualities of a true Christian and you can begin today. Simply tell God that you want to be a true Christian and pray something simple such as, "Dear God, I want to be a true Christian. Please help me understand Your ways and help me to love You and my neighbour as myself.

As always, remember, God loves you! He really, really does!

Second Thoughts

1. Life passes us by so quickly. We should take the time to enjoy it!
2. Sharing ourselves is what life is all about.

---

ask the VET

Friskies

Q My pet is getting older, is there anything special I should be doing for him?



A

The average lifespan for a large dog is 10 years and smaller dogs live for about 13 years. As they grow, certain things should be done to ensure that they will remain healthy and vital for as long as possible.

An annual check-up by your veterinarian will detect any unnoticed problems early. Often, a vet will recommend some blood and urine tests to see if organs such as the thyroid, kidneys and liver are functioning properly. And your pet may need a special diet suitable for an older animal. Like humans, their metabolism changes and they benefit greatly from diets that are formulated to their specific needs.

Good dental care can't be over-emphasized. Brushing your animal's teeth daily and keeping them tartar-free will reduce the possibility of infections that can result in serious health problems. Regular exercise and loving attention, of course, are essential in keeping your pet healthy and happy throughout his later years.

Most normally active dogs do not require high protein, high energy dog foods. This predisposes them to obesity.

Tips More than 50% of pet owners mix dry and canned foods..

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sn4

The VON Befriending Program

The VON Befriending Program is now being developed in our community, Cornwall and the SD&G area. This volunteer-based program will assist and support family members in providing individuals with physical disabilities to pursue a participatory lifestyle.

The VON Befriending Program matches volunteers with men and women with physical disabilities. Through this new relationship, both individuals will have the opportunity to explore mutual interests and hobbies, enhancing quality of life for all.

By volunteering in the Befriending Program, the volunteer will have the opportunity to enjoy the company of a disabled adult. The program will match the volunteer to an adult whose interests are similar to his or her own. The volunteer and friend will decide what activities they want to participate in and when.

A volunteer can be of assistance in a variety of ways; helping in daily living activities such as talking, shopping, sharing a cup of coffee, reading, leisurely drive, writing letters or some sort of outdoor activity.

The Befriending Program is a very flexible program that suggests weekly visits. Be a friend...be part of the VON Befriending Program.

People in our community who have Cerebral Palsy, Multiple Sclerosis, Muscular Dystrophy, crippling Arthritis or who are visually impaired or who have had a stroke are the physically disabled people we are looking to help.

If you are interested in being part of our program, whether as a volunteer or as a client, please give us a call...Let's continue making our community the caring and friendly place it is. Be part of the Befriending Program!

For more information about the Befriending Program, contact the VON office at 932-3451.

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Homeopathy and Migraines



Paulette Poirier
Homeopath

For a year Greg, a 16 year old, had been missing school 3-4 days per week. Obviously he would not have a passing grade. His parents were so worried they didn't know what to do anymore. The headache never left him; he'd go to bed with it and he'd wake up with it. With traditional medicine the headache took on different intensities but nothing seemed to make it go away completely. Specialists couldn't find anything wrong with Greg. But he couldn't go on like this.

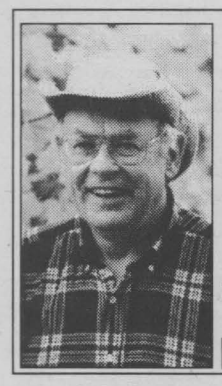
Therapeutic Strategy. During the consultation, I asked Greg what had changed in his life before these migraines started. He said his best friend had committed suicide. That was the key that helped me select the homeopathic remedy Phosphoric Acidum. The improvement was gradual. Within a few weeks the headaches had become less intense. The next few weeks time spent at school increased. Greg's attitude improved. The headaches went away. I saw Greg one year later for acne problems when he reassured me the headaches never did come back.

Keep in mind that Homeopathy treats the person and not the disease, so two people with the same problem may require different remedies.

QUESTIONS?

Paulette is available every Tuesday for more information between 2 pm - 5 pm

at Jean Coutu, Cornwall
5 Ninth Street East (at Pitt)
938-7339



Dances With Words

Nick **WOLOCHATIUK**

'Streeters' - They Take A Lot Of Doing, But...

During some of the recent weeks, the Seaway News has featured some 'streeters,' brief interviews with people I've approached wherever we happened to meet. After introducing myself, I show them a sample of a previous streeter, then ask them if they'd be willing to be quoted and photographed.

For about four years (from 1995 to 1998), I successfully cajoled a total of about 3,000 people into responding to a wide variety of questions. This feature appeared in sets of five respondents in the daily paper, and sets of 24 for the weekend supplement. Individuals interviewed ranged in age from toddler to teetering.

In a mini-tradition that spontaneously started with a horse at Upper Canada Village, I even managed to insert some animals into the feature. Included were a duck at a Williamstown farm, a dog at an Iroquois campsite, a Canada goose in Lamoureux Park and an eloquent barn cat.

That tradition came to an abrupt end when a new managing editor from Saskatchewan arrived on the scene. "This must stop!" he lividly proclaimed. "Animals in streeters? That's very unprofessional!" In a manner borrowed from a scene in Robin Williams' "Good Morning Vietnam!" I very extremely, enthusiastically, wholeheartedly and profusely agreed that he was absolutely and completely right.

So far, the management at the Seaway News have granted me the liberty to be quite unprofessional at times. Being unprofessional at times has generally been my penchant in whatever endeavour I throw myself into. It makes one's work fun. Unfortunately, under some management style regimes, that tends to result in a less than long-term career. Especially when working for a daily newspaper, deadlines can be quite a taskmaster. I have a vivid memory of one rural Glengarry interviewee. It was very late in a typically long and hectic day. I needed just one more subject to meet my quota. When I introduced myself, the streeter topic and the interview routine by showing this fine lady a printout from an earlier series, she was more than happy to chat. Her responses were full of delightful anecdotes and colorful asides.

Anxious to be on my way to get my film processed and the day's stories entered into the computer, I enquired about the correct spelling of her name.

"Oh, you don't want to use my name, do you?" I confronted her the sample that I had shown her as part of my introductory pitch. Reluctantly, she agreed to have her name used.

Then I started to focus my camera for the requisite fifth and last 'mug shot' of the day. "Oh, you don't need my picture too, do you!" Less patiently than the previous time, I once again showed her the sample.

"Well, okay!" she sighed. "I'm having my hair done on Thursday. Could you come back on Friday?"

No, she never did appear in the paper.

Taking a photograph requires only about 1/250 of a second, but it's usually preceded by time-consuming foreplay and a lot of tedious follow up work. Just imagine the formidable task of identifying and adequately labeling a set of five or 24 mug shot negatives. Cryptic and sometimes virtually illegible field notes make the task of identifying people correctly quite difficult.

I remember really lucking-out at a Glen Roy family outdoor reunion I happened to come upon. Six sets of quotes, hurried photographs taken of six people, ranging in age from barely old enough to drive, to barely young enough to still be driving. As soon as I finished the refreshment and snack that was offered, I was on my way.

After the feature was printed, I got a phone call. "Every one of the photos had the wrong caption under it!" With that, I sensed some sort of a lawsuit approaching. I held the earpiece closer to me, hoping the editor sitting next to me wouldn't overhear any of what was sure to follow.

The caller continued. "We got such a laugh out of it. Everyone who was there, and several of our friends and neighbors have been phoning us. It's been such fun! You took years off the appearance of some of the old folks who were there. Thank you!"

Whew! Yet another narrow escape by a very lucky reporter.

Occasionally, an electronic flash doesn't synchronize with the shutter, or an interviewee's photo gets damaged during processing, or it just disappears into a black hole on the darkroom floor or into an electronic black hole in the computer system. I saw the need for a back-up, a fail-safe element in the system.

Solution? Don't tell anyone, but I've occasionally had to resort to a small cache of negatives I keep in a secret file. They are photographs of some acquaintances who can be readily contacted by telephone to express their opinion on virtually any matter. They are the emergency fill-ins.

That's all the secrets I'm willing to divulge for now.

Please! If a guy sporting a Tilley, bearing a steno pad, wearing a camera, and usually accompanied by TLWD ('The Little White Dog') approaches you and asks you to chat about your opinion on a matter, or share some reminiscence about events past, it's probably me.

'Streeters' - they take a lot of doing, but they're fun for all of us, so don't be shy. Let's talk, and please, don't ask me to come back on Friday - after you've gone to the hairdresser.

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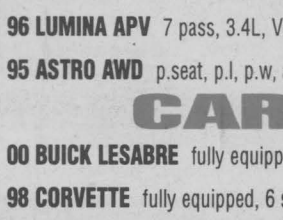			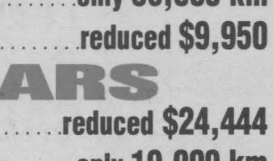
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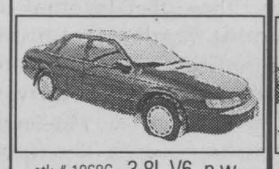			
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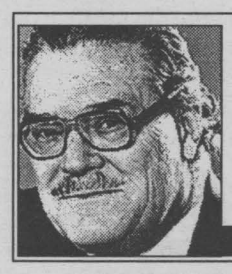
EDITORIAL

OPINION

Day Damaged By Exposure



Doug FISHER

Stockwell Day's position as leader of the Official Opposition and the Canadian Alliance goes from bad to worse.

Almost all his comments since the election have seemed like bravado or trivializing. Imagine a Churchillian challenge that the election campaign is underway within a fortnight of the last one's end. And what gain is there now in pious criticisms of Jean Chretien after Day had such poor results with them in the recent election?

Even stalwart members of the Alliance or those who are not hostile to the party and its aims, have to wonder whether Day can function adequately in the House of Commons, particularly if he brazens along with an electoral challenge so far away.

During the campaign, the Liberals brought forth samples of Day's high-handed work as a minister in the Klein government. In Edmonton, he gave short shrift to opposition criticism, ignoring it or curtailing it – conduct at odds with his zeal as a Western saviour of parliamentary freedom in Ottawa, squelched by an overdominant Liberal executive. This stuff was a powerful reminder that the Alliance leader's governmental experience came in Alberta, which has been more a one-party state than any other legislative jurisdiction in Canada – even Ottawa under Pierre Trudeau, Brian Mulroney, or Chretien.

Libel Settlement

Since the election, much more to Day's disadvantage has emerged about a resolution through an out-of-court settlement of a libel action taken against him when he was an Alberta minister. He wrote a critical letter to a lawyer for taking on a client charged with pornography offences. The letter seems to reveal a shocking lack of knowledge of law as a profession. Did Day go through his 30's and 40's without learning every citizen has a right to counsel when arrested and charged?

Most hullabaloo over the case has focused on the payment from a provincial fund on behalf of Day to the lawyer he libelled. But the real shock is the apparent ignorance or misunderstanding of rights by the letter's author.

Defenders of Day are numerous, at least in Western Canada. There, they "know" as usual that eastern Canadians, sparked by their journalists and politicians of the older parties, are unable to be fair to Day and rarely miss a chance to depict him as a moralizing Simple Simon. This is the sort of personal tag he now bears to go along with the broadly accepted thesis that he is committed to socially conservative aims, in particular against a woman's entitlement to choose to have an abortion, against extension of full family rights to gays and lesbians, and against pornography as an aspect of an individual's right to freedom of expression.

Day's fundamentalist religiosity seems to mock – and be mocked by – a society and economy which owe so much to scientific method and technological change.

Anti-Western Bias

There is some foundation to the idea that political history suggests there has been, and remains, a basic antagonism in eastern Canadians, notably in Ontario and Quebec, against Western party leaders and Western political ideas. Certainly the prime ministers from the West – Arthur Meighen, R.B. Bennett, John Diefenbaker and Joe Clark – have had hard runs and short ones, compared to those of William Lyon Mackenzie King, Louis St. Laurent, Trudeau, Chretien, even Mulroney.

Historically on the matter of political ideology, since its boom in the Great War, the West has made two very distinct impressions on the substance of federal Canada's partisan politics. The first one might be called Albertan or "free enterprise" above all, and it seems the economic core of the Alliance party doctrine. The other might be named for Saskatchewan, "the caring state." One can locate its origins, for example, in a tenet much used by the founder of the CCF, the Reverend J.S. Woodsworth: "From each according to ability, to each according to need." It was a primary seed in the growth of the "safety net" emphasis in Canada which Liberals, Red Tories, as well as the CCFers' heirs, the New Democrats, now revere.

Hasn't Got It

My hunch is that Day does not have the attributes to readily or handily turn around the low standing he has already earned as a national party leader. Whenever he comes before a camera, I feel we get glib reiterations of the common-place or the irrelevant. Believe me, neither the Liberals nor the other opposition caucuses nor the press will stop emphasizing such an image of Stockwell Day. A few days ago, Don Boudria, Chretien's House leader and a Rat Pack original, jeered at the Alliance proposals for parliamentary reform as no more than a diversion to draw attention away from the party's failed leader.

Being youngish, healthy, vigorous, photogenic, and supremely confident for show-boating does not stand up for long if what you say is light in content, slight in reasoning, and expressed smugly as somewhat of a line of patter.

Preston Manning is a man deserving of respect as a thoughtful person and a genuine student of our history, but even more as a founder of a federal party who took it in eight years to official opposition status. The CCF-NDP never came close to that over 66 years. But Manning must be gloomy over what his own determination wrought. The Alliance, or his Reform recast, is really no nearer to being the catch-all for conservatively-minded voters east of Manitoba. Now it has a new leader already much damaged by brief but high exposure.

One tries to get glimpses of potential resurrection for Day in his present mien and from his previous experience, and they are hard to see. Even worse, good, obvious alternatives are not at hand, and another leadership convention in the short run would be comic.

The many able MP's in the Alliance caucus will have to carry Day while hoping he has the wit to give them rein, to listen a lot, and study well.

If You Have Food In The Refrigerator... You Are Richer Than 75 Per Cent Of The World



Meanwhile

Fred SAGEL

Every once in a while, I tend to forget my blessings and complain about my state of life.

Each one of us does that, I think, when we want something or think we're entitled to something that we don't happen to have.

That is why it is always good to remind ourselves of the good things we do have in this country. The best reminder of that came in the form of a poem entitled "Something to Ponder" which came across my desk during the holidays. I do not know the author of the piece, but it is well worth reading.

"If you have food in the refrigerator, clothes on your back, a roof overhead and a place to sleep...you are richer than 75 per cent of the world.

"If you have money in the bank, in your wallet, and spare change in a dish someplace...you are among the top 8 per cent of the world's wealthy.

"If you have never experienced the danger of battle, the loneliness of imprisonment, the agony of torture, or the pangs of starvation, you are ahead of 500 million people in the world.

"If you can attend a church meeting without fear of harassment, arrest, torture, or death...you are more blessed than three billion people in the world.

"If you can hold up your head with a smile on your face and are truly thankful...you are blessed, because while the majority can, most do not.

"If you can hold someone's hand, hug them or even touch them on the shoulder...you are blessed because you can offer a healing touch.

"If you can read this message, you just received a double blessing in that someone was thinking of you, and furthermore, you are more blessed than over two billion people in the world who cannot read at all.

"Count your blessings and pass these thoughts along to remind others how blessed so many of us are."

When you read that, it makes you appreciate what you have.

We happen to live in one of the richest nations in the world. We are blessed with countless opportunities compared to people who live elsewhere and we should be thankful for it. The social welfare schemes that have been developed are meant to help those in need and, while there are still problems, it should give us all cause to reflect on the good things in life.

While this column is dedicated to the proposition that all ideas should be tested – and believe me, I have plenty of them that I try to do that with – we should never waver from the idea that we, for the most part, are a society that has been given a great deal.

Despite the fact that we have problems that I try to explore in some detail every week – and some people would argue that I am being negative – there are a great many good things to talk about. That doesn't mean, however, that we should ever stop trying to make our society better.

If we never raised the problems and tried to solve them, we would become static. Special interest groups would have their day in the sun, entrenching themselves in their own stability and, often times, hurting the remainder of society or, at the very least, not rendering the very best to society that they have to offer.

And so, as we start our journey into the New Year, let us be thankful for what we have and for what we have been given. But never let us take our eyes off the main goal: the betterment of society and the constant quest for improvement.

After all, freedom of speech is not something we should ever take lightly.

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Strictly Bush League

It's a daunting prospect: here we are, poised on the knife-edge of a new millennium fraught with peril. Russia is in full meltdown mode. The Middle East, as usual, is a steaming cauldron of violence and hate. India and Pakistan are wagging their nuclear arsenals at each other. China is stirring. Africa is convulsing.

And the most powerful man in the world is a bumbling idiot.

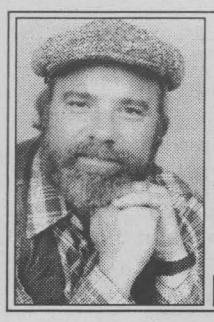
I refer, of course, to Dubya. The smirking, Alfred E. Newmanish ex-underachieving Governor of Texas, dumped by an exceedingly dubious electoral screw up straight into the Oval Office.

It's not like we haven't skidded on this banana skin before. Duyba's Daddy (no beacon of brilliance himself) chose one Danforth J. Quayle as his Vice President. For four years the man who was only a heartbeat or an assassin's bullet away from the Presidency, served up such howlers as: "It isn't pollution that's harming the environment. It's the impurities in the air and water that are doing it." "If we do not succeed, then we run the risk of failure." "What a waste it is to lose one's mind. Or not to have a mind is being wasteful. How true that is."

We thought it couldn't get much dumber than that. We were wrong. Along came Dubya, who last year announced to an audience in New Hampshire: "This is Preservation Month. I appreciate Preservation. It's what you do when you run for president. You gotta preserve." Which may have been true – if irrelevant. Dubya was supposed to be talking about Perseverance, not Preservation Month.

He has also opined in public that "we ought to raise the age at which juveniles can have a gun;" and "a tax cut is really one of the anecdotes to coming out of an economic illness;" and "we ought to make the pie higher."

Dubya has a particular talent for mangling metaphors. He told a group of reporters: "The senator has got to understand if he's going to have – he can't have it both ways. He can't take the high horse and then claim the low road."



Basic Black

Arthur
BLACK

As befitting a frat boy with a predilection for giggling at fart jokes, Dubya's grasp of international affairs is a little tenuous. He has referred in public to the people of Timor as "East Timorians;' to residents of Kosovo as "Kosovians" and to Greeks as "Grecians." Not that you have to go overseas to watch Dubya trip over his tongue. At a press conference, he turned to New Jersey's Secretary of State, the Hon. DeForest Soaries Jr., and intoned "You might wanna comment on that, Honourable."

I know, I know – it ill behooves a Canuck to make mock of leaders who can't spit out a coherent sentence. After all, this country is led by a Prime Minister who answered a high school student's question with "I intend to incline wit' you." He hastily assured the startled female student that he meant to say he was inclined to agree with her. This is the same guy who once answered a legal question at a press conference with "Well, I am not a lawyer."

Actually, Jean, check your wallet. You are a lawyer. Have been since 1958. Not that lawyers are necessarily brighter than, well, U.S. presidents. There is the story of an aggressive prosecutor cross-examining a coroner.

Lawyer: "And prior to declaring the victim dead, did you check his pulse?"

Coroner: "No."

Lawyer: "Well, did you perform CPR?"

Coroner: "NO."

Lawyer: "Did you do ANYTHING to determine whether the victim was still alive?"

Coroner: "No."

Lawyer: "Then isn't it possible that the victim may have been alive, and that your negligence, in fact, caused his death?"

Coroner: "Possible, I guess. Seeing as his brain was in a jar on my desk, I suppose he could even have been practicing law."

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words. All letters are subject to editing and must bear the writer's name, address and phone number for verification. The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.



Letters *to the* Editor

Focus Should Be On Community, Not Self

Dear Editor,

"If we want to continue to attract quality people to the job of councillor, we must pay them accordingly." Why? So that people interested in becoming councillors can be motivated about the amount of money they can make rather than the impact they can have on our community? What quality is derived from people interested in their own self-interest? People do not go out and achieve their set goals for the money it may bring them, but rather for the satisfaction it brings them as a private victory.

How shallow are you, Mr. Deebank, to think only of trinkets for yourself? I believe it is time you are taught a valuable lesson in regards to leadership.

In order to get any type of increase, one must produce results, and frankly it is too early in the term to suggest you will. I understand that you are "not asking for an exorbitant increase, just a review," however, as I echo the words of Councillor Korey Kennedy, "I believe [you are] more interested in the financial benefits of a salary than [you are] the duties of [your] office."

I understand that "There hasn't been a compensation review done in a long time," but then again, why should your salary be reviewed when you have not given us any reason to be convinced that what you have done has benefitted our community as a whole and therefore deserves such merit?

I challenge you, Mr. Deebank, to change your paradigm and focus your energy on building up our community rather than building up yourself, to develop a community based on principles and driven by values, to encourage economical growth not for your own self-interest but for the betterment of our community as a whole.

Jason T. Herrington
Cornwall

Bureaucrats Got It Wrong Again

Dear Editor,

Hundreds of thousands of basically honest citizen gun owners surely must have missed the deadline of December 31st, 2000 to apply for a firearms license.

The threat of prosecution with a fine and/or jail term is bound to produce opposite and unintended results.

An extremely high percentage of these 'instant criminal' – unlicensed gun owners will almost certainly now refrain from applying late for a Possession and Acquisition License because of the fear of prosecution.

So much for the expenditure to date of almost $600 million taxpayer dollars.

Norm Ford
Cornwall

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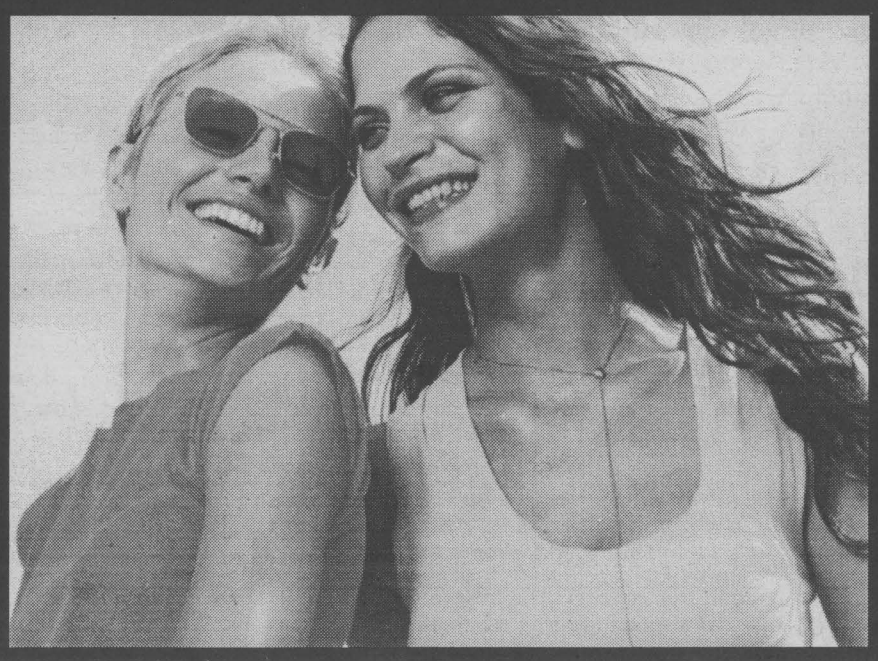

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I would like to thank the Cornwall Police for putting tickets on the cars that are parking on the street on Ivan Crescent (Sunrise Acres). There are approximately six cars parking on the curve from 4 p.m. until 8 a.m.

We the handicapped, are very **thankful to Food Basics for providing a parking place for us.** What we don't appreciate is the person who dumped his/her cigarettes butts into the handicap parking space.

Those cheerful little purple flowers are back! **The CNIB Annual Crocus Sale will be held in early February.** For more information about where to buy the crocuses, ***contact the local CNIB Cornwall District Office at 936-2300 or check at your workplace for the contact person.*** When you buy one pot of these cheerful spring flowers for $4., you will be helping people in Cornwall and area who are blind, visually impaired or deafblind meet their greatest challenge - thriving independently in a sighted world.

Congratulations to the **Country Cafe** on their move to their great **new location at 2851 Marleau Avenue** (across from Valco Furniture). New location but the same great country home cooking. Good Luck!!

While at university I worked part time delivering mail during the holiday rush. I helped a full-time mailman, who gave me a section of his regular route. On the first day, he cautioned me not to stick my fingers into the mail slot of one particular house. He explained that the family dog waited by the door for the mail each day, and as as soon as it went through the slot, the dog grabbed it in his mouth and took it to his master. As a demonstration he pushed the mail partway into the slot, and it was promptly snatched away.

A few days later, I decided to have some fun with my four-legged friend. When he grabbed the letters, I held on tight and then played a game of tug-of-war. The action ended abruptly when a voice came from the other side of the door: *"It's not the dog!"*

Having a pet is a PRIVILEGE. Too many people feel that animals are disposable. Owning them is not a right, it is a privilege. There are a million reasons why people drop animals off at the shelter, especially elderly dogs and cats. There's not much chance they'll find a home because they are old. The only hope for stopping the over population of dogs and cats is to have them spayed or neutered. Do it for their sake.

Isn't it amazing that so soon after Christmas and all the presents, kids can be bored!!

Knock knock!
Who's there?
Scold?
Scold who?

Antifreeze Leaks: People commonly flush their cooling systems onto driveways and roads. Coolants are sweet tasting and attract dogs in particular. Even small amounts can be lethal when ingested, resulting in kidney failure. If you spill these substances, clean the area thoroughly. Consider using propylene glycol products, which are animal friendly, rather than ethylene glycol products which are not. If your pet has ingested coolant or antifreeze rush him to your vet.

Friends of ours went to great lengths to host the perfect murder-mystery evening. They even went so far as to print menus. Topping the list was the appropriately named entrée: *"Murdered Roast Fowl."*

After enjoying a fire in your fireplace, save the ashes. Come spring, sprinkle them in your garden to keep slugs away from plants.

Scold outside, let me in!

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Did you know: Cats have approximately 100 different vocal sounds, but dogs have only 10.



Scuttlebutt

Hello … Is There Anyone Out There?

We want to remind everyone out there that this is **your public forum** … we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8

by Fax 933-0024

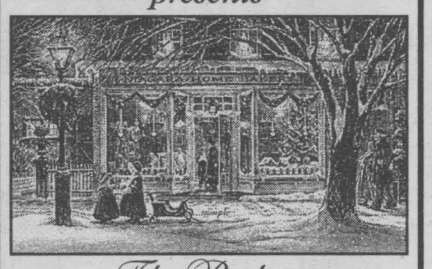
or E-mail your little ditty to us at scuttlebutt@cornwallseawaynews.com

Celebrity birthday: Geena Davis celebrates her 44th birthday on January 21st.

Thought of the week … lack of faith in yourself cuts you off from the good things in life.

Dr. Preston Bradley.

TRISHA ROMANCE
• *presents* •



"The Bakery"

Limited Quantities!
Sold Out At Publisher

LOGAN'S GALLERY Gift Shop

A Gallery Like No Other

204 2nd St. East 938-3629

Why does water heated in a microwave fizz like mad when you dump powder into it? The fizzing is caused by a phenomenon called superheating. When you boil water on a stove, you'll notice bubbles streaming from certain points (actually tiny scratches) on the bottom of the pot. These scratches act as "seeds" for the bubbles - they give them a place to get started.

On a stove, convection currents keep the water constantly in motion so that eventually all of it flows past the scratches and gets a chance to boil.

But in a microwave the water stays perfectly still. Its temperature can actually rise several degrees above the boiling point without any bubbles forming. When you pour instant coffee into this superheated water, you suddenly provide thousands of seeds, and in seconds the water boils.

*How many people do you know that quit smoking on **"Weedless Wednesday"**?*

The Long Sault Legion would like to congratulate **Mr. Jack Crawford** on winning the (Tib Shaver Memorial Trophy) Singles Pool Championship held on January 7th, 2001. … Also, thanks to Mr. Paul Rattan, who proved to everyone that when it comes to 3 ball, you only need to make 1 shot to win! Thank you to all who participated as we all had a lot of fun and we hope to see you all again next time.

Why is it that the first piece of baggage out of the chute at the airport never belongs to anyone?

A big thank you to **Ian McLean** for his time and use of his vehicle. Greatly appreciated by the Glen Walter Winter Carnival Committee to help promote our carnival on February 3rd.

Lorraine Mondoux

Good ideas are subjected to solitary confinement when they get into an empty head!

Easy things to do to help save the earth:

• Organize your refrigerator so that air circulates over, under and around food.

• Shop with the Earth in mind. There are many environmentally responsible products on the market. Look for products that contain Earth-friendly chemicals, use recyclable packaging and have refills available.

Thinking of staying fit even after the holidays are over? Take the dog or dogs for a brisk walk or make some snow angels.

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" … a little bit of humour to get your week off to the right start.

The "Smile" can be accessed via the internet too!
http://www.advantagesadvertising.com

Your own submissions are always welcome!
Send them to
smile@advantagesadvertising.com

A New Cure For A Cough

John was a clerk in a small drugstore but he was not much of a salesman. He could never find the item the customer wanted. The drugstore owner had about enough and warned John that the next sale he missed would be his last.

Just then a man came in coughing and asked John for their best cough syrup. Try as he might John could not find the cough syrup.

Remembering the owner's warning John sold the man a box of Ex-Lax and instructed him to take the entire box all at once. The customer immediately consumed the entire box in the store and then walked outside and leaned against a lamp post.

The drugstore owner had seen the whole thing and came over to ask John what had transpired.

"He wanted something for his cough but I couldn't find the cough syrup. I substituted Ex-Lax and told him to take it all at once." John explained.

"Ex-Lax won't cure a cough" the owner shouted angrily.

"Sure it will" John said, pointing at the man leaning on the lamp post. "Look at him. He's afraid to cough."

Paw Protection: In the winter, a dog's paws might get bruised and then become irritated by rock salt on the ground. To help protect your pet's tootsies, apply a coating of petroleum jelly before you take him outside for his daily stroll.

Ski Lessons Offered At Big Ben's Ski Hill



Ski lessons are offered at Big Ben's Ski Hill. These anxious young people are snapped in and ready to go.

In front (left to right) are: Christian Bender (age 6), Lucas Chenier (5), Michelle Lefebvre (5), Alina Martin (6) and Alexandra Nurse (5). The instructors for the group (left to right) are: Jeff Martlock, Tim McNally and Jarrett Carrier.

Photo by Chris McPhee

LET'S CELEBRATE

Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News

Gedoro's
Fine Dining in Casual Comfort
Join us for **Big Thursdays**
158 Pitt Street 938-2791

Celebrate your birthday and/or anniversary with us. Bring your family and friends and you will receive: free cake; free photo & card; free $15.00 discount coupon for your next visit. Please call 24 hours ahead for your cake

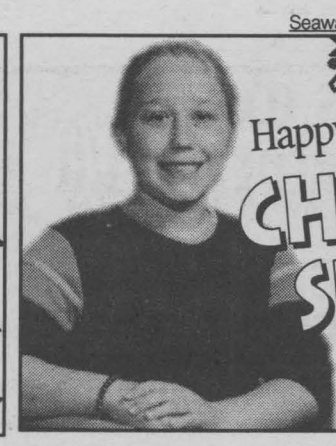
This week's winner **David Pitts** pick up your prize at Gedoro's!

TO PLACE YOUR AD
Phone or Write Your Ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week

DEADLINE: 5 PM TUESDAY

Happy 10th Birthday
MELISSA BENTON

celebrating on January 21st
Love Mom, Dad & Jacob

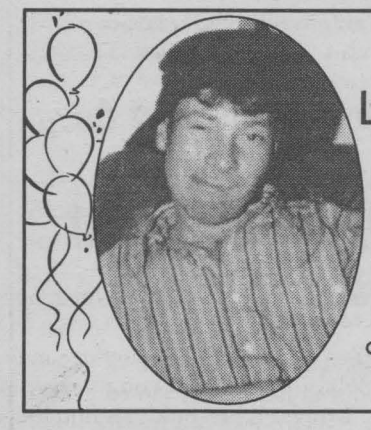
Happy Birthday
CHRISTINE SHAVER

celebrating on January 20th
Love Mom, Dad, Kelli, Max & Tigger

HAPPY BIRTHDAY
Florence Gunther

celebrating on January 24th on this your
90th Birthday
...continued good health!
Your friends at Panoramic Towers

Happy 25th Anniversary
Mary & Barry Ezard

celebrating on January 24th
Love Heather & Brad, Dan, Alison, Joey & Melany

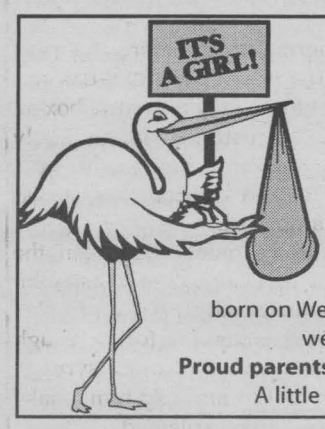
Lordy Lordy
Look Who's 40
David Pitts

celebrating on January 18th
Love Sylvie & Scott

Happy 11th Birthday
Chelsea

celebrating on January 22nd
Love Mom, Steve, Natasha, Blake, Jessica & Till

Happy 13th Birthday
Natalie Blanchard

celebrating on January 19th
Lots of love, Mom, Dad, Eric Grandma & Grandpa



Destiny Lafrance
born on Wednesday, January 10th, 2001
weighing 7 lbs., 8 ozs.
Proud parents are Annette & Mike Lafrance
A little sister for Joshua & Chad

Lordy, Lordy
MINOU is Forty
Happy Birthday Carole
Love Alain & The Boys

Happy 16th Birthday
Kristina

on January 26th
Love Mom, Dad, Emily & Zoe

Local Contest Boasts Health & Money Rewards

The Eastern Ontario Health Unit is launching the "Smoking Allowed - Outdoors!" contest to help parents and guardians of young children in the five counties to establish a smoke-free rule in their homes.

"People who quit smoking are really protecting children from second-hand smoke. But for people who are not ready to quit, it's as easy as stepping outside to smoke," says Denis Boileau, Health Educator/Promoter at the Eastern Ontario Health Unit.

Thirty percent of Canadian children are exposed regularly to second-hand smoke in their home. This puts them at risk for a number of health problems that have been linked to second-hand smoke and that include lower respiratory tract infections, middle ear infections, more frequent and more severe bouts of asthma and breathing problems, poor lung function and Sudden Infant Death Syndrome.

"It is important for everyone to know that because kids have smaller airways and breathe faster, they are much more affected by second-hand smoke than adults. Most kids are bothered by the smoke but they don't necessarily get heard by the adults," adds Boileau.

To participate in the "Smoking Allowed - Outdoors!" contest, homes have to be smoke-free for the entire month of February. Participants have until January 31st, 2001 to register their home and could win a gift certificate worth up to $300. To receive a registration package, please call Health Line/Appel-santé at 930-7080 in Cornwall, or 1-800-267-0852, or e-mail the Health Unit at smokefree@eohu.on.ca. Registrants will receive a pamphlet, a window sticker and a place mat for colouring.

"By making our homes smoke-free, everyone wins!" says Denis Boileau.

Youth Centre Launches After School Tutoring Project

Thanks to a grant from the Royal Bank, the Cornwall Youth Centre, "Studio 13-18," is presently developing an informal after school tutoring/homework program for 9 to 12 year old youths at the Youth Centre. The main focus of the program is to help students mentor each other towards achieving academic excellence in an understanding environment.

Ontario students must now achieve higher standards than ever before as well as meet new curriculum guidelines to obtain their Ontario Secondary School Diploma. The Cornwall Youth Centre's Pilot Tutoring Program will enable secondary students to complete the mandatory 40 hours of community volunteer services by helping to tutor elementary students after school. The program will help students understand the difficulties encountered by other students and find positive means of sharing knowledge and working together towards obtaining their Ontario Secondary School Diploma. The program will help participants work towards attaining better grades in school, as well as develop and foster support while establishing new friendships.

As a community initiative, the Youth Centre needs interested adult volunteers to help develop and implement this project. The adult mentors will work with the young tutors developing strategies and providing guidance and information. Today's youth are tomorrow's adults living and working towards a better community.

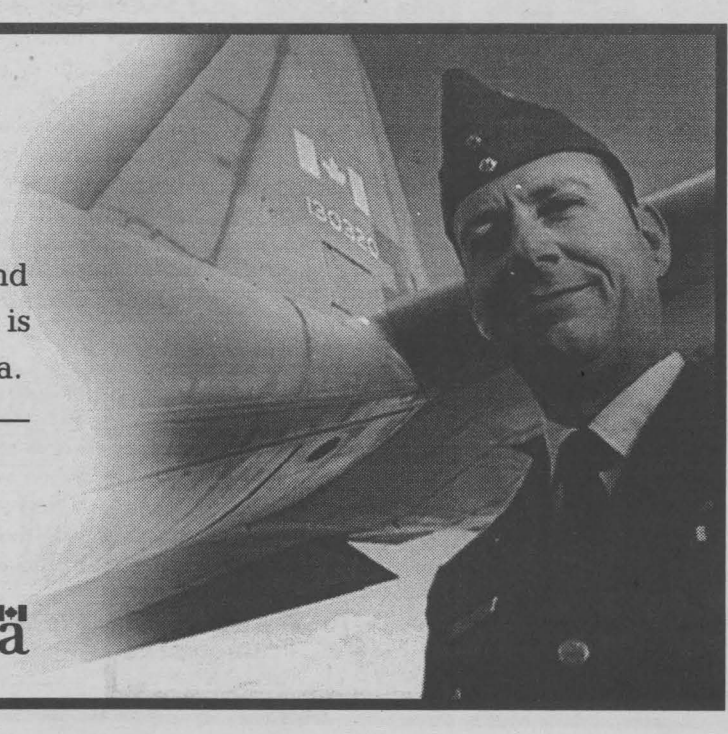
For more information on the Youth Centre After School Tutoring Pilot Program, do not hesitate to call Josée or Eric at 938-4999.

Helping save lives

Captain Bruno Castonguay coordinates air rescue for the Canadian Forces. He and his colleagues and partners help Canadians in danger. They respond around the clock to emergencies on land or at sea and help save lives. This is just one of the hundreds of services provided by the Government of Canada.

For more information on government services:
- Visit the **Service Canada Access Centre** nearest you
- Visit **www.canada.gc.ca**
- Call **1 800 O-Canada (1 800 622-6232)**
  TTY/TDD: **1 800 465-7735**

Canada





Notes from Parliament Hill

Art **BABYCH**

GG a victim again ...

It isn't easy being Governor General. Just ask Adrienne Clarkson, the current GG, who's under fire for sending best wishes to same-sex couples "married" in a gay church in Toronto. An aide said the pairs were sent best wishes "in the same courteous way" as anyone else who invites the Governor General to an event. But critics including the Opposition Party and the Catholic Church took it as an endorsement of same-sex marriages. In response, Rideau Hall issued a statement saying "The Governor General does not wish to be drawn into this debate." Too late! Controversy seems to follow the former CBC broadcaster wherever she goes as GG. Maybe she got off on the wrong foot by referring to her position initially as a "head of state." She later endeared herself to Metis leaders on the 114th anniversary of the hanging of Louis Riel by quoting from a historian who called him "a leader of the first of a line of western reform movements." Then she came up with one of her most controversial statements, made to the Vancouver Sun, that's if she's considered controversial "it's only because I'm a woman, because I'm Chinese (and) because I've always been a little bit ahead of things." Those are the only reasons, eh?

Day's dream team ...

Wealthy Alberta taxpayers -- and even those who are not wealthy -- will pay the almost $800,000 bill to cover the costs of that defamation lawsuit launched against Canadian Alliance leader Stockwell Day. Lorne Goddard, the Red Deer lawyer who filed the defamation suit, will get $60,000. The remaining $700,000 plus will pay for the legal costs of both men, with Day's lawyers and other legal fees alone swallowing up $474,426. Fortunately, the case was settled out of court or it could have gotten really expensive.

Maggie gives it a break ...

Margaret Trudeau-Kemper is reportedly planning a period out of the public eye. Her friends say she needs to rest from the strain of the death of son, Michel, a couple of years back, and the passing of her former husband, Pierre Trudeau last year -- not to mention those many tiresome TV appearances, photo exhibitions and exhausting newspaper interviews. Let's hope she has a long, long, rest.

Justice blind, but well-paid ...

It seems that like charity, justice starts at home. Canada's senior judges will get an 11.2 per cent pay hike after complaining to the feds (Why didn't we think of that?). The raise boosts their average annual income to $205,000, proving that it pays to stay in school. In law circles they say justice must seem to be done. And at least for now, the Justices seem to be done.

The final humiliation ...

The resignation of Lucien Bouchard, the politician who headed Canada-is-not-a-country's most-humiliated list, came with an added touch of mortification. The separatist Quebec Premier -- perhaps unknowingly -- administered his own coup-de-grace by making the announcement on the same day as archrival Prime Minister Jean Chretien was celebrating his 67th birthday. "Happy birthday, Mr. Prime Minister ...."

A Maritime jig ...

Tory leader Joe Clark has named his party's critics in the House of Commons and three-quarters of them come from the Maritimes. Not that he had any choice. The party was shut out in B.C., Saskatchewan, Ontario and P.E.I. and was left with only 12 seats after the last election. The puzzler in the news release announcing the critic's responsibilities is a notation that says "Further appointments will follow at a later date." Expecting defections from other parties, are we?

Central Public School Awarded $500

As part of a national contest sponsored by Canada Post, a class at Central Public School in Cornwall has been awarded a $500 cash prize. The special education class is one of 30 across the country to share $15,000 in prize money awarded through the Pen Pal Program, a feature element of Canada Post's School Program. The prizes went to classes that were among the first to register for the popular Pen Pal Program.

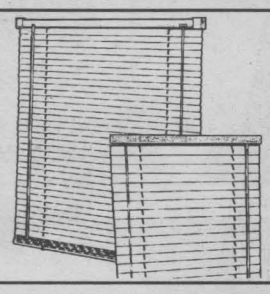
Canada Post Local Area Manager, Michel Billette, presented the cheque to Ms. Martel in a brief ceremony at the school recently. Mr. Billette congratulated the winners and told other students about the program. "Canada Post hopes the program will bring its participants good fun, improved writing and reading skills and lasting friendships as they contact other children across the country."

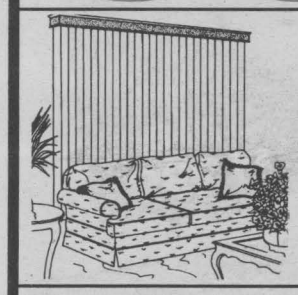
With a strong emphasis on learning, the School Program combines several corporate initiatives – the Pen Pal Program, stamp collecting, the Santa Letter-writing Program and proper addressing techniques – into a single, convenient kit for educators. It's a program that easily fits into school curricula and is a valuable teaching aid.

DOUG & MAGGIE'S SINCE 1979

JANUARY BLIND SALE

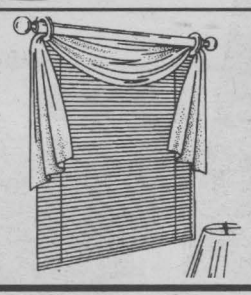
60% OFF HunterDouglas 1" Celebrity Venetians



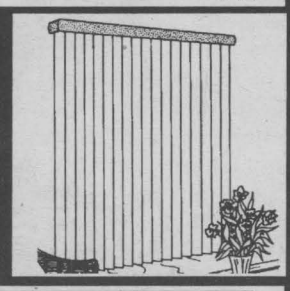


"Window Magic" Vertical Blinds Ready in a Few Days 25% OFF

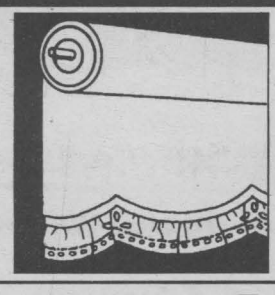
50% OFF "Your Home Decor" 1" Aluminum Venetians



FREE VALANCE On "Your Home Decor" Vertical Blinds



30% OFF Custom Roller Shades





"Elite" Vienna Shades 30% OFF

SALE ENDS FEBRUARY 10th, 2001!

Price Service & Advice ALL AT...

DOUG & MAGGIE'S Your Home Decor

CORNWALL SQUARE 938-6869

• Paint • Wallpaper • Windowblinds

Mon. - Fri. 9:30 - 9; Sat. 9:30 - 5:30

sn 3

Cornwall Manor

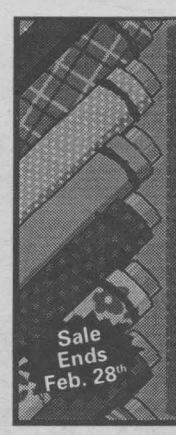
Retirement Home

HAS VACANCY FOR 1 SEMI PRIVATE OR PRIVATE ROOM

to person who is in need of short or long term care

Located at 119 Marlborough 933-5429 (Nancy)

sn4



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$5 To $15 Per Yard

Now is the time to re-upholster your furniture

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Sale Ends Feb. 28th

sn3

ENVIRONMENTAL FARM WORKSHOP



Tuesday January 30th, 2001
10:00 am to 3:00 pm
Tuesday February 6th, 2001
7:30 pm to 9:30 pm

Location: Alexandria - boardroom of former OMAF office
(corner of George Street and Main Street)

PLEASE REGISTER IN ADVANCE

This workshop is FREE to Farmers in the Glengarry/Stormont and surrounding area. Learn how to make improvements on your farm and qualify for $1,500 grant. Grants can be used for wells, septic tanks, manure storages, tile and open drainage, conservation tillage equipment, etc.° For more information and to register, please call:

Lyall MacLachlan 347-2244
or Rene Lalonde 538-2283

sn3

Corner Post

Elbert
van DONKERSGOED

Throughout the 20th century, the business side of the family farm became bigger, more formal, more important. Harvested pastoral landscapes became production agriculture facilities. This pattern cannot hold.

The historic doubling of production from our farms every 20 years is not the only pattern of change in the countryside. Each year, 40,000 new residents move into rural and small-town Ontario. Agriculture's freedom to adopt new technology, to expand, to capture economies of scale, to retool for the export market is now constrained by the urban shadows cast by its many non-production neighbours. Your freedom ends where my toes begin!

Minimum Distance Separation formulas have kept a semblance of order in this scattered approach to rural development. Their stated purpose: to keep incompatible uses a reasonable distance apart.

In many rural communities it's still possible to expand and maintain a reasonable distance between incompatible uses if the family farm is growing from 120 sows to 250 or from 80 cows to 140. But the opportunities for yet bigger are fading fast.

For four decades, Ontario has allowed incompatible uses to mix it up in the countryside – with some buffering distance between them. But our barns have doubled in size and could do so again, given today's technology. All the impacts from these expanded production facilities cannot be managed by reasonable distance rules.

Municipalities are adopting new tools to protect the interests of production agriculture's neighbours.

One municipality has capped barns at 600 livestock units. Another has restricted density of 1.5 livestock units per acre. A dozen municipalities have enacted interim control bylaws stopping all expansion beyond 50 livestock units until a permanent bylaw will manage production livestock operations.

Fifty plus municipalities have adopted Nutrient Management Planning bylaws that require a detailed, public and third party reviewed nutrient management plan with any building permit application for a large livestock facility.

Ontario's family farmers are about to hit a ceiling for the size of their farms, particularly for livestock production. The bigger our farms become, the more our rural municipalities experience a demand to manage their impact on neighbours. My freedom ends where your toes begin!

Ontario agriculture must turn away from the big technology, megabarn model of U.S. livestock production. It is the only way to maintain a working relationship with our increasing number of non-production neighbours? It won't be easy. If we do not adopt the latest, biggest technology, how will we maintain our competitiveness in the North American marketplace?

That is the challenge that a new vision for rural development must define in this new millennium. The present pattern won't hold.

Our First Big Sale Of The Year!

Every Item On Sale

Gigantic selection

Huge Savings

Cash & Carry Prices

"At these unbelievable prices bring your truck or trailer!"













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Hours: Thurs. - Fri. 9:30 - 9:00;
Saturday 9:30 - 5:00; Sunday Noon - 5:00

SEAWAY SPORTS

Upper Canada Mortgage Major Atom "AA" Rapids

The Upper Canada Mortgage Seaway Valley Major Atom "AA" Rapids played at home on the weekend against the Ottawa Valley Titans. The game resulted in a 3-1 setback. The duo of Shayne Avery and Nathen Mondoux were persistent, getting many shots on net and the result was Avery netting one goal while Mondoux and Jymie Jasper earned assists.

On Sunday against the first place Gloucester Rangers, the Rapids suffered a 6-2 loss. Avery scored the first goal while Mondoux posted an assist and scored the second marker. Devin Brunet contributed to both goals, earning two assists in the game.

Desperate - We Need Good Used Skates
PLAY IT AGAIN SPORTS
37 Ninth St. East
(next to Maynard's YIG)
936-2020
sn2

Volunteers Needed
The Kinsmen Cornwall Minor Lacrosse Association, in preparation for the upcoming season is looking for volunteers.
If you are interested in coaching a team, refereeing, timekeeping or wish to participate on a committee. Refereeing is a good way for youngsters to earn some pocket money for the summer.
For more information please contact
Roy Ledoux at 937-3727.
Kinsmen CORNWALL MINOR LACROSSE ASSOCIATION
sn1

A&W Novice 'B' Royals

The A&W Novice 'B' Royals played three games on the weekend starting with home and away games against the North Dundas Demons. A home game against the Morrisburg Lions on Sunday capped the weekend. The Royals blanked the Demons 5-0 and 1-0 consecutively. Goalies Ryan Bissonnette (Midway Motors) and Sheldon Primeau (Midway Motors) were hot between the pipes, each earning a shutout.

On Friday, centremen Mathieu Rochon (Midway Motors) drove to the net from the faceoff and scored what turned out to be the winning goal in the first ten seconds of the game. Tyler Legue (D'Alessio Exporting) scored two goals while Tyler Barnhart (SD&G Concrete) and Colin Poirier (Roy's Studio) each scored one. Dominick Coyle (Dave's Reliable Signs) and Tyler Prieur (CIBC) pitched in with two assists each, while Mathieu Denis (Denchem Ltd.), Taylor Filion (Midway Motors), Patrick Lemire (Webtech), and Jérémie Spagnolo (A&W) each recorded one.

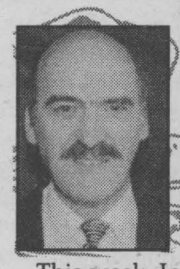
On Saturday, the fans thought the game might end in a draw until the last minute of the game when Barnhart scored the lone goal with helpers going to Filion and Joey Porporo (Malyon Excavation).

At the Si Miller arena, the Royals played a great game against the first place Morrisburg Lions. Although the scoreboard read 4-2 for the visitors, Cornwall exhibited a full team effort, displaying both offensive and defensive aggressiveness. Spagnolo scored both Royals goals. Legue, Porporo and Rochon each earned an assist. Defensemen Eric Chaussé (Cornwall Gravel) played solid in all three games.

Cornwall Radiator & Auto Centre Seaway Valley Minor Bantam AA Rapids

Cornwall Radiator and Auto Centre Seaway Valley Minor Bantam AA Rapids lost in a close one, 5-4, against the Rideau St. Lawrence Kings, this past Saturday in Prescott. Scoring for Seaway was Brett Liscomb with three and Major PeeWee call up Glen Belmore adding a single.

On Sunday, playing host to the Cumberland Barons, Seaway was outshot but the hot goaltending of Kyle Adams made the difference as the Rapids came away with a 5-3 victory. Scoring for the Rapids were Alan Charbonneau and Brett Liscomb with two apiece.Todd Perry added the single.



ICE CHIPS
by Bill Gallant

This week, Ice Chips takes a look at a couple great old photos. The boxing shot was taken years back when boxing enthusiast, Pat McKeegan was involved in trying to set up some ring bouts at Nativity Hall. Calvin "Cone" Greene is on the left and if you guessed his opponent resembled one of the fighting Hilton's, you are correct. But he is the father, Dave Hilton who could handle his dukes quite well. Patrons of the one-time Four Seasons Bar will have some memories of Dave and his love of the sport and how he trained both his sons to keep their chins up. I believe it was Dave Jr. who recently won an important title bout. I thank Mike Hebert, one-time news reporter and still a great photographer, for loaning us this shot of what I'm told was a Knock-Out Night at Nativity.

The second photo is from my personal album of sports figures. Unfortunately, I did not mark this Lacrosse player's name on the back of the photo so I will need your help to identify him. I seem to remember a nickname of "Red" with the photo. As I have done with many other pictures here, I allow you the time to play the guessing game. If you know who it is, please call me in time for next week's "Chips."

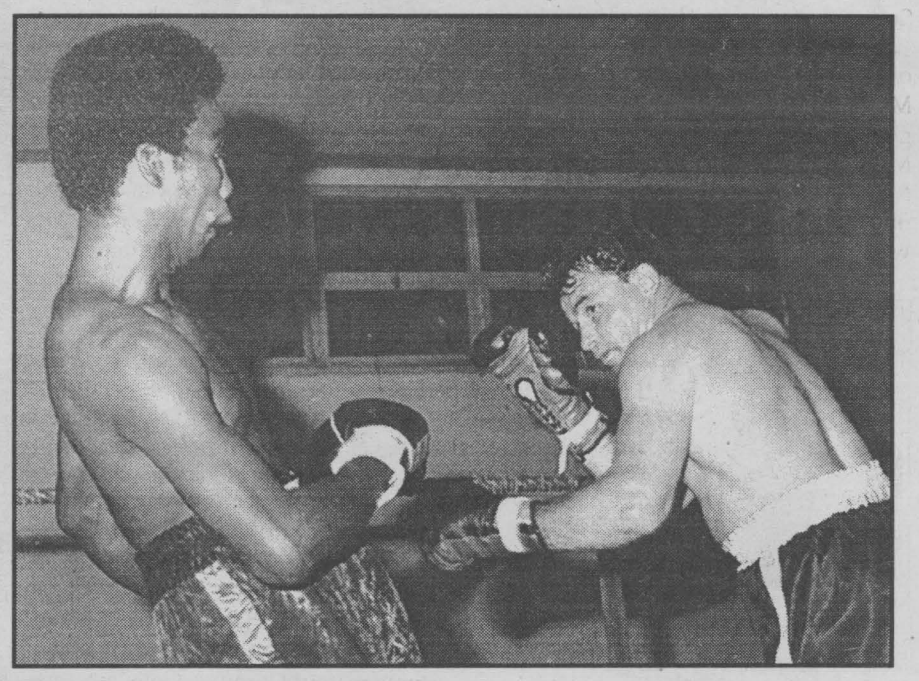
Oops, I goofed. Under the photo in last week's Ice Chips of an oldtime hockey player, Sid Wright, I wrote that he resided at the Halliwell residence, when in fact he lived at the Deebank residence on Amelia Street.



My publisher wants me to expand this column to include various other sporting names and events, and here again I look to you the readers to help out. Got any interesting "shots" of anyone from past Lacrosse, baseball, boxing or other sports events?

In issues to come, I have lined up some items and photos that deal with some promoters and behind the scene builders of several sports. They will include a terrific shot of one-time football star turned NHL referee, Roy Alvin "Red" Storey. "Red" enjoyed a very colourful hockey career as a junior player with Barrie and a season as a senior with the Montreal Royals. He also played Lacrosse and established a scoring record while playing with Ville St. Pierre with his 12 goals in a game, and he also was a good baseball player. My friend, Mike Hebert, was on hand at an Old Timer's Hockey game a few years back and was able to snap a real gem of a photo featuring "Red" and the "Rocket." But that's another story.

Catch you next week!



Lola's Pub Peewee A Royals

Lola's Pub and Grub Peewee A Royals split a pair of games on the weekend. In their 3-1 loss to Canterbury, Cody Jacobs had the lone goal.

On Sunday, the Royals rebounded with a big 4-1 win over Ottawa East. Tyler Maxwell led the way with a pair of goals, with singles going to Patrick St-Jean and Neil Brady.

The team's next home game is Saturday, 6 p.m. at the Si Miller Arena.

South Stormont Novice B Selects

Last week's schedule saw the Novice B Selects win an exhibition game and tie a league game. The boys played against the Girls Atom A Typhoons and came away with a 3-1 victory. Early in the first period, Typhoons' Elisha King scored with a beautiful wrist shot to the top corner that eluded Selects goaltender Dylan Barr. Shortly after, Byron de Wit tied up the game (assisted by Shane O'Connor and Matt Hollister). O'Connor scored in the second frame on a goalmouth scramble (assisted by Brock Gouweloos and Elliot Keller). In the third period, Gouweloos successfully completed a three-way play by the de Wit/O'Connor/Gouweloos line, making the final score 3-1.

In league action, the Selects travelled to Williamstown to play Char-Lan and were able to rally from a 3-1 deficit to tie the match in the final four minutes of the game. Scoring each one for the Selects were de Wit, O'Connor and Gouweloos. Goaltenders Barr and Grant O'Neil were spectacular in both matches.

This weekend's action promises to be entertaining as the Selects will meet the Cornwall Royals in back-to-back games (Friday - Long Sault, Saturday - Si Miller) as well as a match in Alexandria on Sunday. Good luck boys!

Join Us For
12th Annual
Ski Challenge
Proceeds donated to
Canadian Cancer Society / Société canadienne du cancer
You are invited to participate in the twelfth ski-a-thon for the Canadian Cancer Society. Your federal MP Mr. Bob Kilger & Mayor Mr. Brian Sylvester, have accepted the CHALLENGE from MP Don Boudria.
The 2001 Ski Challenge will be held Saturday, February 3rd at Titus Mountain. With a minimum of $35 in pledges, you are entitled to free skiing and transportation. Equipment rental and registration is $10. You may participate in races (within your age or ability) and even snowboard races. Many prizes will be drawn.
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SEAWAY SPORTS

Cornwall Novice Cyclones

The Cornwall Cyclones of the Kinsmen Girls Novice division have completed a very successful first half of their hockey season. The Cyclones have competed in three tournaments, compiling an 11 win and one loss record on their way to two tournament championships and one second place finish.

The Cyclones competed in the 17th annual Cornwall Girls Hockey tournament in November and captured first place by going undefeated in all four of their games. The scores were 5-1 over Kanata Titans, 3-1 over Kanata Bobcats, 7-0 over Nepean and a victory of 2-0 against Cornwall Blizzard in the championship game. Hustler awards were won by Natasha Ingram (2), Amber Lapierre and Jenna Flannigan.

The following weekend saw the Cyclones bring home another championship, this time it was the Gloucester/Cumberland tournament. The Cyclones defeated three different Gloucester teams on their way to the finals by scores of 4-1, 5-0 and 7-1. In the championship game the Cyclones defeated Kemptville by a score of 6-0. Goals in the championship game were scored by Jenna Flannigan (2), Alicia Thomas (2), with singles scored by Morgan MacInnis and Natasha Ingram. Natasha Ingram was also chosen as the most valuable player in the championship game. The Cyclones' goalie, Amber Lapierre, had an excellent tournament, allowing only two goals in four complete games.

During the Christmas break, the Cyclones competed in the annual Embrun Girls Novice tournament. The first game against Belair ended in a 4-1 victory with Natasha Ingram and Jenna Flannigan scoring two goals each. In the second game the Cyclones got shutout goaltending from Amber Lapierre and goals from Jenna Flannigan (2) and single markers from Chelsea Seguin and Allison St. Jean. The Cyclones' next opponents were the Kemptville Storm who they defeated by a score of 6-2. Goals were scored by Natasha Ingram (3), Chelsea Seguin (2) and Jenna Flannigan (1). In the championship game, it was a rematch of the Cornwall Tournament final but this time the Cornwall Blizzard came out on top in a very tight checking 1-0 contest. A goal in the third period by Alicia Thomas proved to be the only goal of the game as the Cyclones' goalie, Amber Lapierre, and the Blizzard's goalie, Alysha MacLeod, both made several outstanding saves throughout the game.

We wish the girls continued success in the second half of the season as we prepare for upcoming tournaments in Smiths Falls, Brockville and Kanata, as well as play in our own novice house league.

Pictured in the photo at right (left to right) are: Samantha Beaudette, Morgan Brown, Stephanie Boileau, Meagan Jesmer, Natasha Ingram, Amber Lapierre, Allison St. Jean, Carley Alexander, Emilie Bissonnette, Courtney Conway, Jenna Flannigan, Natasha Gaudet and coaches Tony Ingram, Mark Boileau and John Flannigan.



Cornwall Guindon Esso Atom "B" Royals

The Royals league record has improved to 9-10-1 with home ice wins vs the Potsdam and Ogdensburg teams.

In a rematch vs the Potsdam team, the Royals exploded offensively and played a strong defensive game and went on to a 5-0 victory. Torry Bigtree recorded the shutout and Serge Lafontaine led the attack with two goals and one assist, Kurtis Cayer and Mathieu Bruyere each with a goal and an assist, Daniel Merpaw with two assists, Mathieu Ladouceur with one goal and Jed Crowder with one assist.

In their next game vs the Ogdensburg team, the Guindon Esso Boys continued strong team play and skated to a 2-1 victory. The Royals marksmen on this day were Andrew Kaneb and Serge Lafontaine, with helpers from Daniel Merpaw, Jed Crowder, Justin Ladouceur and Mathieu Ladouceur. Travis Parisien played solid between the pipes, aided by a strong team defensive effort held off the Ogdensburg attack.

The Atom "B" Squad next see action on January 21st in the annual Vankleek Hill Tournament.

CUCBA Minor Bantam Boys

Adam Kroon scored 50 points in two games last Saturday to lead the Cornwall Lions Minor Bantam boys in two wins over much taller opponents. Kroon led the Cornwall Hoopsters with 26 points in a 52-33 win over the Gloucester Wolverines. Bruce Swinden added nine points and Kyle Ryke seven points. Michel Viau was a defensive standout.

In the second game, Cornwall again outplayed their oversized opponents, Goulbourn, by a score of 48-46. Adam Kroon hit for 24 points while Bruce Swinden and Phil Breaux added 14 and six points respectively. Corey Hamilton was also a key player in controlling the ball at the end of a close game.



Inside The Cornwall Colts

David **MURPHY**

I'm too young to remember the Broad Street Bullies (that's the Philadelphia Flyers of the mid-70's for people even younger than me). But everything I've heard, the stories about Dave Schultz, Bobby Clark and Bill Barber terrorizing the NHL with a combination of skill, size and intimidation reminds me of this year's Cornwall Colts.

Now, before you go off the deep end and say "Murphy's off his rocker," read on and you'll see my point.

Entering this week, the Colts had a nine point lead atop the Central Junior Hockey League standings (safe to say they'll be in first place when you read this). The Colts had the highest number of goals for, and third lowest goals against. Now (here comes the B-S-B comparison), the Colts also lead the league in penalty minutes. And not by a small margin. The Colts have over 400 more PIM than any other club in the 10-team loop. That's not a misprint, that's four hundred more penalty minutes or almost seven games more time in the sin bin. Mix that in with the Colts' home record of 17-1-0 (before Thursday's game against Hawkesbury) and you see why the Colts of 2000-01 compare favourably with the Flyers of the mid-70's.

Tim Vokey even has a Bobby Clark smile.

See you at the rink.

Here are your Cornwall Colts' upcoming games:

- Saturday, January 20th, All Star game at the Jim Durrel Rec Centre in Ottawa.
- Sunday, January 21st vs Brockville, 7 p.m. (on Cogeco Community Television).
- Thursday, January 25th vs Nepean, 7:30 p.m.
- Friday, January 26th at Brockville, 8 p.m. (on the Blaze at 7:55 p.m.)

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Sunday, Jan. 21st
7:00 pm - vs Brockville
Thursday 25th
7:30 pm - vs Nepean

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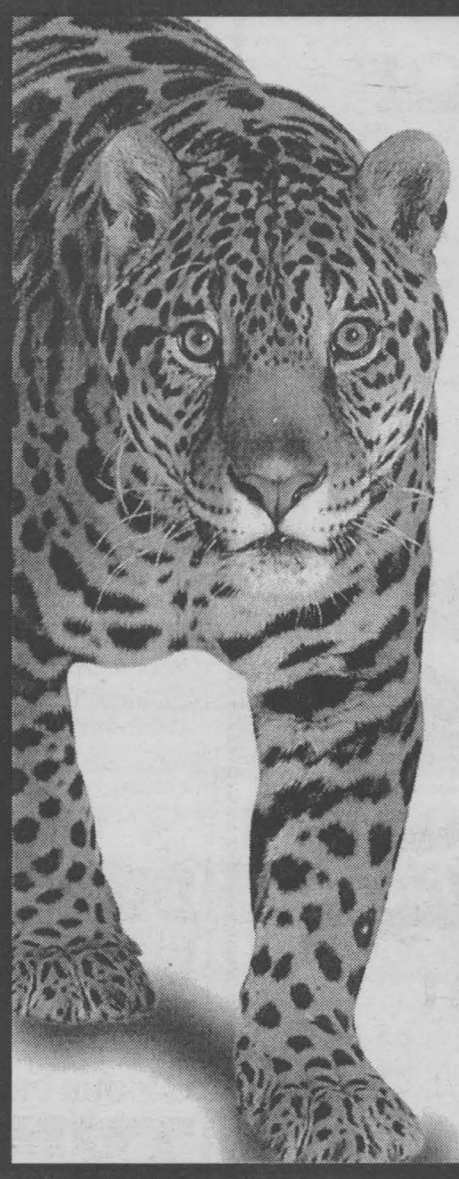

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***ALCOHOLISM IS A DISEASE.** Help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 938-1984.

***BEREAVED FAMILIES OF ONTARIO** Support and Share nights are held every second Thursday of every month. Anyone who is grieving the loss of a loved one is welcomed to attend. Info: 936-1455.

***BIRTHRIGHT.** Pregnant? Need help? Free pregnancy tests. Confidential. Counselling. Info: 938-2028.

***CANADIAN LIVER FOUNDATION** Cornwall Chapter holds support group meetings the 2nd Monday of every month (3rd Monday if 2nd Monday is a holiday). Meetings held at 216 Montreal Road, 7:30p.m. Info: 937-1781.

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Thursday, 6:30p.m. at 533 Pitt St. Info: 1-877-874-442.

***CORNWALL SENIORS SHUFFLEBOARD CLUB** 2000 "Floor" 3520 Hwy. 138 Eamers Corners, open Monday to Friday 1:00p.m. to 5:00p.m. & 7:00p.m. to 9:00p.m. Open to all Seniors. Info: Diane Trudeau 937-3569.

***CROCUS CAMPAIGN 2001.** The CNIB annual Crocus sale will be held in early February. For information about where to buy the Crocuses, check at your workplace for the contact person or call the local CNIB Cornwall District Office at 936-2300.

***"KEENAGERS"** with Larry Keen, of the Seaway Seniors, will be performing at Glen-Stor-Dun Lodge on Thursday, January 25th, 2:00p.m. Everyone welcome.

***S.D.&G. GENEALOGICAL SOCIETY** meeting will be held Tuesday, January 23rd, 7:00p.m., Room 2 at Trinity Anglican Church Hall, 105 Second St. W. Info: 933-6025.

***SEAWAY SENIORS** "Birthday/Anniversary Party" Monday, January 22nd, 2:00p.m. Everyone welcome. Info: 932-4969.

***TOPS DIET CLUB** meet every Wednesday evening at Chateau Cornwall, 41 Amelia St. Call Joyce 933-3389. Everyone welcome.

***TRI-COUNTY CHESS CLUB** in partnership with the Cornwall Public Library invites all adults to play Chess every Wednesday from 6:30p.m. to 8:30p.m. at the Cornwall Public Library. For more info call the Library at 932-4796 or M. Aquan-Yuen at 936-1343.

***TRINITY BRIDGE CLUB** holds Bridge every Thursday at 1:00p.m., Trinity Church Hall. Everyone welcome.

***VON BREAST CANCER SUPPORT GROUP** can help ease the burden of dealing with Breast Cancer through a new Support Group. Meetings held every third Thursday of the month at the VON Office, 205 Amelia St., 7:00p.m. For more info call Sheila Airey, VON Office at 932-3451.

Le's Nails Grand Opening



Le's Nails has been in Cornwall for three years and recently moved from the Cornwall Square. They held a grand opening at their new establishment at 900 Pitt Street. This family run business specializes in airbrushing, manicures, pedicures, gel and acrylic nails.

"We are very excited about the new location," said Le Nguyen (on right in photo), owner of Le's Nails. "We see more employees in the future, and we are going to have an esthetician."

Rachelle Hamill (on left), a regular customer, added, "I have come here once a month for the last year and a half. It has great service and they are the best in town."

Photo by Chris McPhee

OBITUARIES

JOHNS - Wilhemina (Min) Cameron

Passed away peacefully at the Janet MacDonell Pavilion, Cornwall, Ontario on Monday, October 30th, 2000.

Mrs. Wilhemina (Min) Cameron Johns, in her 78th year, born in Montreal, Quebec and formerly of Lancaster, Ontario.

Dear daughter of the late Alexander Bruce and the late Mary Freeman.

Beloved wife of the late William Johns.

Loving mother of Wilma (David Ogilvie), Wayne (Diane Delisle), William (Lynda Leonardo), Wesley (Carol Picard) and Warren.

Dear sister of Mary McQuillan (Ernie) of Calgary, Alberta.

Cherished grandmother of Gina (Brian Rattray), Robert (Debby Clack), Elizabeth and Jessica, and great-grandmother of Cameron and James Rattray.

Sadly missed by cherished friends, Lucy and Donald Cote and by many nieces and nephews.

Predeceased by her two brothers and three sisters.

The funeral took place on Wednesday, November 1st, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to Memorial Chapel with cremation at South Branch Crematorium. Rev. Ian MacMillan of St. Andrews Presbyterian Church officiated.

HATT - Gloria Jean

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Saturday, November 25th, 2000.

Miss Gloria Jean Hatt, in her 55th year, born in Cornwall, Ontario and formerly of Cornwall.

Dear daughter of Eldon Hatt and the late Marion Dickinson.

Loving sister of Cecil Hatt (Judy) of Berwick, Ontario.

Sadly missed by nieces, Christie Ann Hatt (Steve) and Laurie Kathleen (Mrs. Peter Forrester).

The funeral took place on Monday, November 27th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch with cremation at South Branch Crematorium.

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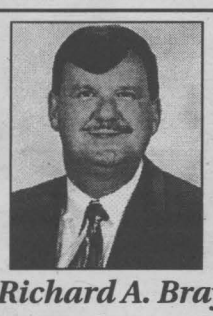

Richard A. Bray
Funeral Director

VILLENEUVE - Gerald

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Sunday, October 29th, 2000.

Mr. Gerald Villeneuve, in his 53rd year, born in Cornwall, Ontario and formerly of Cornwall.

Dear son of the late Wilfred Villeneuve and the late Alice McMartin.

Beloved husband of Eleanor Villeneuve (nee Decaire).

Loving father of Shawn Villeneuve (Julie) and Shelly Major (Brian) both of Cornwall, Ontario.

Dear brother of Mrs. Marion Charron (late Leo), Vivian Bergeron (Orval), Darlene Belanger (Don) and Barbara Tooley (Sidney) all of Cornwall, Ontario.

Sadly missed by granddaughter, Natalia.

Predeceased by brothers, Charles, William, Leo and James Villeneuve.

A prayer service was conducted by the Knights of Columbus Ontario Council 755 in the parlours of the M. John Sullivan Funeral Home on Tuesday, October 31st, 2000.

The funeral was held from the M. John Sullivan Funeral Home on Thursday, November 2nd, 2000 to St. Columban's Catholic Parish with interment in the Parish cemetery. Rev. Kevin Maloney celebrated.

The pallbearers were Rheal Emmell, Paul Belanger, Tony Ingram, Chris Belanger, Alex MacDougall and Brian Preshing.

Mr. Villeneuve was a former Pin Drafter formerly employed by Cornwall Spinners and a member of the Knights of Columbus Ontario Council 755.

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LANDRY - Roch Joseph

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, October 24th, 2000. Mr. Roch Joseph Landry, in his 71st year, born in Crysler, Ontario and formerly of Cornwall, Ontario.

Dear son of Laurentia (Bourdeau) Landry of Cornwall, Ontario and the late Hector Landry.

Beloved husband of Huguette Bourdon.

Loving father of Suzanne (Mrs. Michel Cadieux), Marc Landry (Nicole Boulerice), and Hector Landry (Vickie Allaire) all of Cornwall, Ontario.

Dear brother of Rolland Landry (Adrienne Dube), Roger Landry (Huguette Payette), Jean Landry (Suzanne Lalonde), Gilbert Landry (Carole-Anne), Lillianne Landry and Carmen Landry all of Cornwall, Ontario.

Loving grandfather of Julie-Anne, Jean-Marc, Tracey, Alain, Stephane and Sylvain.

Predeceased by his granddaughter, Caroline Landry.

The funeral took place on Friday, October 27th, 2000 from Boulerice Funeral Home Ltd., 218 Montreal Road, Cornwall, to St. Felix de Valois Church. Interment in Notre Dame Cemetery. Rev. Roger Desrosiers, Pastor of St. Felix de Valois Church officiated, assisted by Msgr. Rejean Lebrun and Rev. Colonel Raoul Poirier.

The pallbearers were Ernest Pilon, Clement Charette, Rheal Emmell, Jean-Guy Landry, Ken Sliter and Rejean Bussiere.

Mr. Landry was retired as meat manager of Loblaws and he was a Member of the Knights of Columbus, St. Lawrence Council 5068.

LALONDE - Pearl Alice

Passed away at the Erickson District Health Centre, Erickson, Manitoba on Sunday, November 5th, 2000. Mrs. Pearl Alice Lalonde, in her 86th year, born in Hull, Quebec and formerly of Long Sault, Ontario.

Dear daughter of the late Daniel Stevens and the late Roseanne Cartner.

Beloved wife of the late David Hanna.

Loving mother of Wallace Hanna (Elizabeth) (Betty) of Breton, Alberta and Velma (Mrs. Gerald Seguin) of Erickson, Manitoba.

Sadly missed by 11 grandchildren, 16 great-grandchildren and 4 great-great-grandchildren.

Predeceased by her loving companions, Leonard Tyo and Alfred Lalonde, brothers, David, Roy, Lloyd, Douglas and Russell Stevens, and sister, Elizabeth.

The funeral took place on Saturday, November 11th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Memorial Chapel with burial at St. Lawrence Valley Union Cemetery. Rev. Michael Hermann of Knox-St. Paul's United Church officiated.

The pallbearers were Jeff Seguin, Keith Hodges, Darryl Kellet, Bill Boyer and Roy Merllen.

JAMIESON - Robert Gordon

Passed away at Parisien Manor, Cornwall, Ontario on Saturday, November 11th, 2000. Mr. Robert Gordon Jamieson, in his 85th year, born in Ottawa, Ontario and formerly of Cornwall, Ontario.

Dear son of the late William John Jamieson and the late Isabella Thompson.

Loving father of Jane (Allan).

Cherished brother of Edna Snider, Eleanor Bates, Jean Caldwell and Dorothy Dunlop.

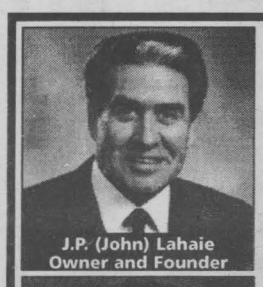
Sadly missed by granddaughter Brianna.

Predeceased by his son, John and brothers, Tom, Bill and George.

Mr. Jamieson will be laid to rest in the family plot, United Cemetery, Carleton Place, Ontario.

He was a man of music with a mind of a scholar, the soul of a poet and a wit all his own. An honest man. A generous man. A man whom I'm proud to call my father.

Funeral arrangements were under the care and direction of the M. John Sullivan Funeral Home.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Claudette R. Lahaie
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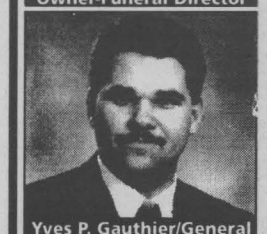
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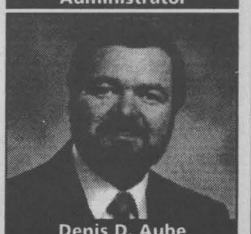
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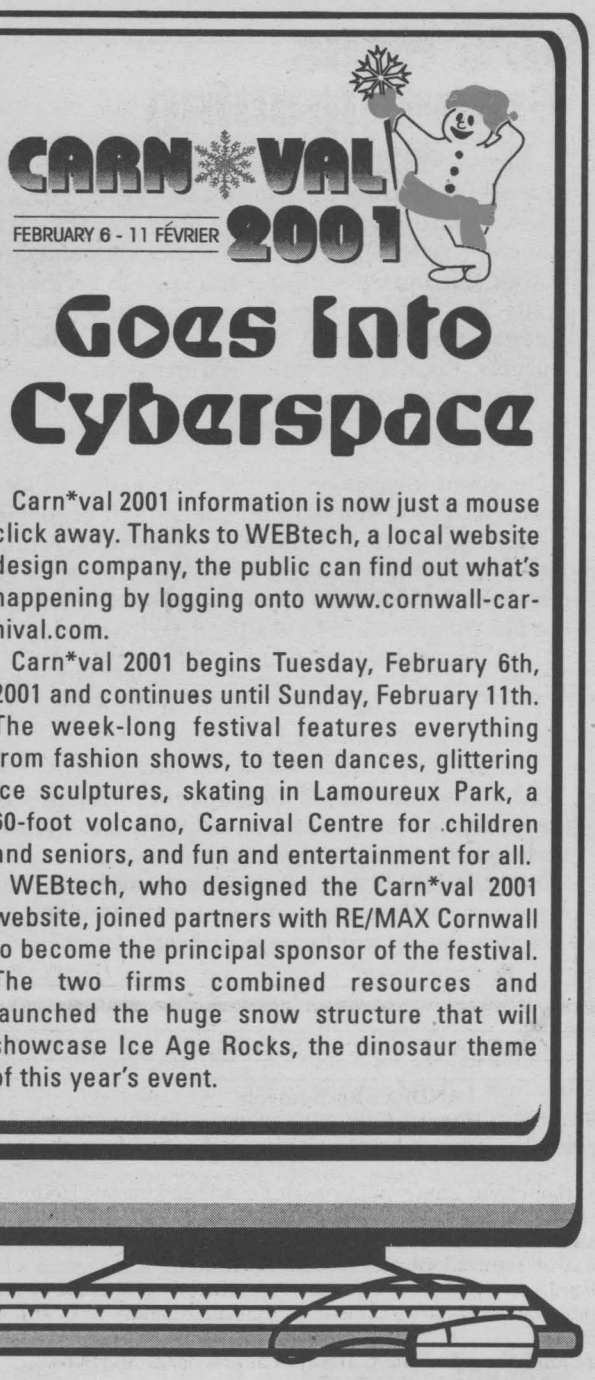

Goes Into Cyberspace

Carn*val 2001 information is now just a mouse click away. Thanks to WEBtech, a local website design company, the public can find out what's happening by logging onto www.cornwall-carnival.com.

Carn*val 2001 begins Tuesday, February 6th, 2001 and continues until Sunday, February 11th. The week-long festival features everything from fashion shows, to teen dances, glittering ice sculptures, skating in Lamoureux Park, a 60-foot volcano, Carnival Centre for children and seniors, and fun and entertainment for all.

WEBtech, who designed the Carn*val 2001 website, joined partners with RE/MAX Cornwall to become the principal sponsor of the festival. The two firms combined resources and launched the huge snow structure that will showcase Ice Age Rocks, the dinosaur theme of this year's event.

RE/MAX * WEBtech * 2001 *

CARN*VAL

Glittering Fashion Show Highlights Carn*val 2001

Carn*val 2001 is jammed packed with activities and none has more sparkle than its fashion show. Diamonds on Ice is the theme of the gala dinner with principal sponsor, Stradwicks Carpet One. The spectacular look at what's new for Spring will be presented at the Ramada Inn and Conference Centre on Wednesday, February 7th, 2001.

"The fashion show is always a highlight of Carn*val week," reports show coordinator, Micheline McDonald. "It's traditionally been presented to a packed house and we're expecting a sellout once again this year."

The glittering affair will introduce beautiful Winter fashions from Cleo, Honeymoon Suite, Jay-Gee Shoes and Clothing, La Senza, Sports Experts, and Tip Top, with make-up and hairstyling by Making Waves Hair Design.

Once again, there will be wonderful prizes capped off with the grand prize of a gorgeous piece of jewellery courtesy of Pommier Jewellers.

Modeling the many beautiful fashions will be the Carn*val 2001 Queen's Gala candidates along with local celebrities. It will be worth taking in the show just to catch some of these folks strutting their stuff!

The affair begins with cocktails and dinner at 6 p.m. followed by the fashion show, with its exciting Spring 2001 look. Tickets are available from the Chamber of Commerce, 55 Water Street West or from the sponsors and fashion shops. Tickets are $25. and seating is limited. Guests are encouraged to reserve early.

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ENTERTAINMENT

Nite and Day is planning a revised format in the months to come. I am at present working on a new concept that I trust will be to your liking. To that end, I am open to any suggestions about what you would like to see as part of our weekly ramblings. Drop us a note at the Seaway News or call me anytime...I'm in the book!

Members and guests of the RCAFA, Wing 424 are in for some surprises on their next visit. The Wing has been given a major facelift, including painting, carpeting and new fixtures. To celebrate the efforts of the volunteers that completed the project, there will be an old-fashioned SING-A-LONG this Sunday, January 21st starting at 3 p.m. Patrons will be able to follow along with the lyrics on a large screen on all the old favourites. There will also be some free snacks served at 6 p.m. Also planned for Sunday, January 28th is the Sunday Brunch between 11 a.m. and 2 p.m. Sunday is also the day for the next home game for the Cornwall Colts at the Si Miller Arena. Game time is 7 p.m. and the visitors will be Brockville. The Colts have added some new faces to their line-up and they will be out to defend their overall first place standing in the CJHL. Brockville will have to pay some attention also to the Colt's and the league scoring leader, Jeff Legue. His 81 points so far this season gives him an impressive scoring record that is over 20 points more than the rest of the league shooters.

Night N' DAY

Entertainment - Special Events & Restaurant Review - By Bill Gallant

Just a couple weeks to go before the Ron James concert at Aultsville Theatre. The date is Saturday, February 3rd and tickets are available at the Civic Complex box office. Ron is a Gemini Award winner and was voted Comedian of the Year in 2000, and his live show has been getting rave reviews across the country this year.

Next Saturday, January 27th marks the First Anniversary for Bubba's Texas Dance Hall and Grill. They will be celebrating with the Bubba Bash on that date and invite you to join them for an anniversary supper and entertainment by Little Rock. Most of the popular Bubba features are always available during the week, like the free chili for visiting snowmobilers, and specials offered each day of the week. Bubba's is located on Hwy #2 at Wales Road.

The countdown is on for the 200l version of Cornwall's Carn*val. When you read this, there will be just over two weeks to go for the official start on Tuesday, February 6th. Then, as the theme suggests, Ice Age Rocks for six glorious days with all sorts of wintertime activities. Watch for the full program and be ready to participate.

Until next week, G'Day and G'Nite.

Spice, Backstreet, Ricky And Britney Are Back!

The Aultsville Theatre Fundraising Committee is pleased to announce that tickets are on sale January 17th, 2001 for the Spice/Backstreet/Britney tribute bands at Aultsville Theatre. The surprise guest impersonators will be N'Sync and Christina Aguilera!

The ultimate Spice Girls Show is backed by a live band consisting of studio musicians. Spice dazzles the audience with their representation of the world's hottest all girl group...they look, dress, dance, and sing exactly like the real thing. This energy packed show has young and old standing up in the aisles singing and dancing to the hits made famous by the popular "Girl Power" group from England.

Double billed with Spice is Backstreet - the Incredible Backstreet Boys Show. This is another high energy, amazing show sure to delight all. Fans will be treated to renditions of the popular stars' number one hits. The Boys love to involve the audience by picking fans out of the crowd and serenading to them! Also on the show as a surprise guest is Britney Spears.

The three tribute bands first appeared in Cornwall on August 8th, 1999 at the Si Miller Arena. "Last year's concert was a huge success," said Janice Peters, Aultsville Theatre Committee Member. "Many fans were dancing, singing and even clustering around the stage to try and get a personal glimpse of the performers. Even the parents were receptive to the concert and staying afterwards so their children could get a personal autograph from all the performers!"

The hottest entertainer for the ladies, without a doubt, is Ricky - Ricky Martin. This high energy show features Victor Martins as Ricky backed by a live band performing the hits of Ricky Martin. This year's surprise is the addition of Christina Aguilera and N'Sync impersonators.

"Aultsville Theatre is an important community resource run by a volunteer board," said Susan Carter, President, Aultsville Theatre Foundation. "This concert will help to ensure its long term viability as the promoter has agreed to split the gate receipts. Not only will the fans see a great show, but they will be helping to support Aultsville Theatre." The show proceeds will go towards the theatre rehabilitation fund.

Spice, Backstreet, Ricky and Britney will be appearing Sunday, February 25th, 2001 at 2 p.m. at Aultsville Theatre. General Admission tickets are $15. each. Parking is free! Don't miss out as tickets are limited. Autograph session to follow concert.

Mini Turtle Cookies

Whether it's for a bake sale at school or church, or simply an urge to fill the house with the heavenly smell of fresh-baked cookies, these are the easy, delicious answer! Kids can have fun doing them, with just a little help from Mom or Dad.

1 pkg (510 g)	refrigerated chocolate chip cookie dough
12	Mini Turtle® candies

Divide dough into 24 slices. Place 12 slices on baking sheet. Put 1 Mini Turtle on edge of each slice, allowing candy to overhang slightly. Top each with slice of dough, pressing gently together. Chill for 15 minutes.

Bake in 350°F (180°C) oven for 10 to 12 minutes or until lightly browned around edges. Let cool on sheet for 5 minutes; remove to rack and let cool completely. [Makes 12 cookies.]

TIP: To slice cookie dough easily, freeze for 1 hour before slicing with a sharp knife. Don't worry if slices aren't perfectly shaped.

Local Health Unit Comments

Smoking tops the most recent list of Canadian's health concerns. The local medical officer of health isn't surprised at the Health Canada findings. "The message is getting across to smokers and non-smokers alike: cigarette smoke and second-hand smoke attacks your health," said Dr. Robert Bourdeau of the Eastern Ontario Health Unit. That growing public concern, he says, is fueling the health unit's smoke-free efforts for 2001. He hinted at a new smoke-free contest to be launched in the new year. Anyone interested in quitting smoking, in supporting or creating smoke-free bylaws or homes, or in any of the concerns listed in the survey (shown below) is encouraged to call Health Line/Appel-santé 1-800-267-0852 or stop by their nearest health unit.

Top 10 Canadian Health Concerns

Health Canada Survey, conducted by Environics, summer 2000:

1. Cigarette smoking
2. Street drugs.
3. AIDS
4. Pesticides in food
5. Crime and violence
6. Ozone depletion
7. Stress
8. Sun tanning
9. Bacteria in food
10. Food irradiation.

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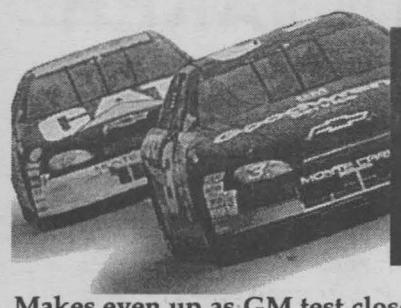

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Makes even up as GM test closes at Daytona

As General Motors' second and final day of pre-season Winston Cup testing wound down Friday afternoon at Daytona International Speedway, the unofficial cumulative speed sheet for the four days of manufacturer sponsored testing was sprinkled with Chevrolets and Pontiacs, but only two Fords in the top-10.

Steve Park continued the trend he established on GM's opening day, when his pair of No. 1 Dale Earnhardt, Inc. Chevrolets were near the top of the charts for solo laps. Friday, Park had the best lap, a 49.399-second; 182.269 mph effort that was also the best turned over the two days by a GM product.

Also Friday, two-time Daytona 500 winner Jeff Gordon got going in the last half-hour of the day and ran the second-best Chevy lap, 49.569 seconds, 181.565 mph. Mike Skinner continued his consistent session with the third-best lap of the day, 49.631 seconds, 181.338 mph in his No. 31 RCR Chevrolet. Tony Stewart backed up his fast time from Thursday (49.433/182.065) with a lap in 49.686/181.138 in Joe Gibbs' No. 20 Pontiac. Defending Winston Cup champion Bobby Labonte had to leave early to head to a charity dinner in Chicago but turned a best two-day lap of 49.705/181.068 in Gibbs' No. 18 Pontiac. Terry Labonte rounded out the top-6 in the No. 5 Chevrolet at 49.732/180.970.

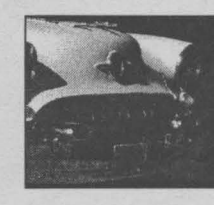
Park, who used a new car and one of last year's Monte Carlos, assessed the test as a success given the amount of data his team, led by crew chief Paul Andrews, hoped to acquire.

Matt Kenseth maintained his status as the fastest single car to run thus far with his lap last Monday in 49.377 seconds, an average speed of 182.271 in his No. 17 Roush Racing Ford. Park and Stewart were second and third on the cumulative list with Gordon's Chevy and Ricky Craven's No. 32 Ford (49.584/181.510) rounding out the top-5.

The second group on the chart had Skinner (49.602/181.444) sixth, Labonte's Pontiac seventh, followed by Michael Waltrip's No. 15 Chevrolet (49.715/181.032), Kenny Wallace's No. 27 Pontiac (49.718/181.021) and Terry Labonte's No. 5 Chevrolet (49.732/189.970). Mark Martin's No. 6 Ford (49.744/180.926) was in the top-10 until Gordon made his late run.

By 3:45 pm more than half of the teams had settled into drafting workouts while Labonte's team, which had former Daytona ARCA 200 winner Andy Hillenburg standing by to test Labonte's car since he had to fly to Chicago, was packing up. On Labonte's last run a suspected electrical problem caused a misfire and the team decided that, since teammate Stewart was still running and gathering information, they would not re-set Labonte's remaining car for Hillenburg.

In drafting passes, which the GM cars had less time with than the Fords had had earlier in the week, Jerry Nadeau, the series' most recent winner, posted the best lap while running in a train with his No. 25 Hendrick Chevrolet that included Skinner's car. Nadeau's lap was 48.450 seconds; 185.759 mph while Skinner was clocked at 48.547/185.387.



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Do You Have The Right Tires For The Winter?

(NC) – Your tires are the contact point between your vehicle and the road. When looked at from this point of view, we can understand the importance of four dependable tires.

For many Canadians, especially city and suburb dwellers, all-season radials may be suitable for winter if they are properly maintained and the treads are not worn out. However, these types of tires do not offer the best traction in snow or slush. But if you live in an area where roads are regularly snow-covered, the heavy tread of snow tires can provide a huge advantage by improving traction, reducing tire slippage, improving safety and saving fuel.

If you have doubts about your tire needs, ask a tire specialist for advice on whether to install winter tires or all-season radials. If the recommendation is for winter tires, don't be surprised if the technician suggests installing them on all four wheels. It may sound like a sales ploy, but the truth is, it will give you better results and more security.

No matter what your choice of tire, it's important to maintain them at proper pressure, especially in winter. Cold temperatures automatically decrease the air pressure in tires which adds to the rolling resistance caused by snow and slush and causes fuel consumption to jump. Underinflated tires also wear out prematurely.

It's also a good idea to make periodic checks for uneven tire wear which can be a sign of improper wheel alignment or tire balancing, and for imbedded stones, glass or other foreign objects that could work into the tread and cause a leak.

Drive Home The Benefits Of Fuel Efficiency This Winter

(NC) – Fuel consumption soars in cold weather – sometimes by as much as 50 per cent – and that's hard on your pocketbook and on the environment. So do as more and more Canadians are doing, contemplating the benefits of fuel-efficient driving. Here are some tips to help limit your fuel consumption this winter:

- Use a block heater to warm the engine before you start your vehicle. Block heaters can improve overall winter fuel economy by as much as 10 per cent.
- Once a vehicle is running, the best way to warm it is to drive it. Anything more than 30 seconds of idling on winter days simply wastes fuel and increases exhaust emissions. Besides, other vehicle parts need to be warmed up and the best way to do so is to drive. The average vehicle must be driven for approximately 5 kilometres at moderate speed.
- Drive with moderation. Avoid rapid acceleration and hard braking, both of which waste fuel and can cause you to lose control of the vehicle.
- Combine several errands in one trip, to allow your engine to reach and maintain its optimum operating temperature and fuel efficiency.
- Why not use public transit in the winter, especially on days when the roads are particularly bad? You'll save money, reduce greenhouse gas emissions and avoid the risk of an accident with your own vehicle.

Is An All-Wheel-Drive Vehicle Useful?

There are more and more all-wheel-drive vehicles unveiled by automakers every year. Though they are more expensive and they burn more fuel than a conventional two-wheel-drive vehicle, many people choose the all-wheel-drive (or AWD) versions mostly for better traction. But is such a vehicle worth the extra money its price tag carries?

For people living in snowy areas, there is no question about the efficiency of the all-wheel-drive traction on a vehicle. But for people who do not necessarily drive on snowy or icy roads all the time, is the system still efficient? As a matter of fact, it can be!

No matter what type of road you are travelling, the least efficient form of traction is provided by rear-wheel driven vehicles. Traction control helps a lot here but front-wheel-driven vehicles still have an edge on rear-wheel-drive ones. And if these front-wheel-driven vehicles are equipped with traction control, it is even better. But nothing beats four-wheel-drive or better even, all-wheel-drive. The difference between the two is that the all-wheel-drive version does not require the driver to operate a switch or a lever to be placed in operation. In most cases, electronics or hydraulics will correct the transmission of power to the axles but still, all-wheel-drive will ensure better balanced traction and thus more safety, especially on wet pavement.

Today, all-wheel-driven cars or trucks can be equipped with traction control and even stability control that will help the driver regain control of the vehicle in case of loss of control. It could very well be that paying a little more at the fuel pump might be compensated by a more secure sense of control while driving. Add winter tires to such a vehicle during the cold season and you get the best ever traction possible — even in the worst ever driving conditions.



All-wheel-drive vehicles surely offer better traction and security.

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HAPPY IN LOVE
SWF, mother, 23, 5'4", funny, outgoing, caring and fun to be with. I'm hoping to meet a caring, outgoing, open and romantic, SM, 25-35, who is good with children, a good listener and is easy too talk to. Ad#: 7173

DEDICATED
SWF, 45, 5'3", petite, with long brown hair, is described as very easygoing, kind and gentle. I would like to meet a SWM, 35-55, with similar qualities. I love dancing, reading and more. Ad#: 7673

ALLURING PERSONALITY
Call this petite, 5'3", blonde, blue eyed, attractive, SWF, 56, whose personality is easygoing, bubbly, interests are dancing, walking and knitting. I'm seeking a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

CRY FOR LOVE
I'm a SWF, 42, 5', hardworking, humorous and outgoing. I enjoy time at home, dining out, kids and more. I'm seeking a SWM, under 55, who is honest, understanding, affectionate and spontaneous. Ad#: 9507

SOMEONE LIKE ME
I'm a SWF, 31, 5'6", slim, fun-loving, humorous and loves to laugh. I enjoy photography, camping, reading, movies, time with my kids, and quiettimes. I'm seeking a SWM, 32-40, who is romantic, sincere, respectful, honest, and affectionate. Ad#: 3079

TOUCH OF CLASS
I'm a SWF, 20, 110lbs, brown hair, blue eye, outgoinig, fun and energetic. I enjoy clubs, time with friends, camping and more. I'm seeking a SM, 20-28, who is outgoing, kind, friendly and talkative. Ad#: 3320

NO SECRETS
I'm a fun to be with, SWF, 19, mother, who is in search of a humorous, easy to get along with, SM, 19-25, with dark hair/eyes, who enjoys children. Ad#: 5459

HONEST & FAITHFULL
I'm a SWF, 44, 5'4", light brown hair, hazel eyes, shy, easygoing and friendly. I enjoy dancing, camping, having fun and quiet evening at home. I'm seeking an honest, faithfull and fun SWM, 38-46, for a loving relationship. Ad#: 7321

NATIVE BEAUTY
SNCF, 47, honest, reliable, caring and trustworthy. I'm in search of an easygoing, calm, trustworthy, pleasent and easy to get along with, SNCM, 40-49, who is family-oriented. Ad#: 9358

PEOPLE PERSON
N/S, SWF, 44, 5'6", 140lbs., with blonde hair, blue eyes, outgoing, social and easygoing, seeking an honest, attractive, intelligent, N/S, SWM, 41-55. I love dancing, outdoor activities and reading. Ad#: 5269

IMPECCABLE!
5'8", SWF, 23, with brown hair/eyes, attractive, enjoys computers, rollerblading, movies and much more. In search of a SWM, 23-28, who is honest and good-looking. Ad#: 5913

FAMILY LIFE COUNTS
I'm a shy, yet friendly and caring, SWF, 40, who would like to meet a caring, trustworthy, SWM, 38-48. My interests are the outdoors, movies, walking and my children. Ad#: 1804

DISCOVER ME
Humorous, fun, 5'2", SWF, 49, with auburn hair, enjoys animals, my children, homelife and more. I am looking for an honest, SM, 45-59, who loves life, nature and ecology. Ad#: 3721

YOUNG AT HEART
I'm a caring, generous and friendly, SWF, 70, 5'4", who enjoys gardening, traveling and the simple things in life. I'm seeking a caring and affectionate, SWM, over 63. Ad#: 4384

ONCE IN A LIFETIME...
I'm an outgoing, loyal, friendly and generous, SWF, 18, who enjoys water-sports, the outdoors and music. I'd like to meet a fun-loving and honest, SWM, 18-25. Ad#: 6267

DELIGHTFUL
I'm a SWF, 34, brunette, tall, friendly, outgoing and very confident. I like romantic walks, dancing, shooting pool, reading, watching movies, sports and camping. I'm very honest and looking for a sincere, attractive, employed SWM, 25-35. Ad#: 2106

FABULOUS
Hello, I am a SWF, 39, with blonde hair, shy, easygoing and honest, I sometimes enjoy reading, movies, going for long walks and dining out. I'm interested in meeting a SM, under 48. Ad#: 3077

FAMILY-ORIENTED
I'm a SWF, 21, who is told to be loving, caring and easygoing. In my spare time I enjoy swimming, reading, dancing and spending time with loved ones. In search of a loving, caring, SM, 20-25, who is a great listener. Ad#: 7519

LET'S CUDDLE
Bubbly, SNCF, 45, 5', 135lbs., with brown hair/eyes, hobbies are walking, movies and crossword puzzles, I'm looking for an honest, SWM, 44-50, who can make me laugh. Ad#: 1786

WHAT DO YOU WANT IN LIFE?
I'm a SBF, 21, 5'4", brown curly hair and green eyes, funny, adventurous and witty. I enjoy camping, sports, dancing, reading, time with my son and more. I'm seeking a well-educated, SWM, 23-30, who is responsible, mature and enjoys similar interests. Ad#: 1250

SOFT-SPOKEN
I'm a funny, outgoing and adventurous, SWF, 21, who would like to meet an honest, even-tempered, SWM, 20-25. My hobbies are working out, biking, occasionally drinking and romantic walks under the moonlight. Ad#: 4756

FEEL AT EASE
Fun-loving, caring and giving, SWF, 41, with auburn hair, hazel eyes, seeking a trusting, honest, good looking, SWM, 35-47. I enjoy dancing, singing and homecrafts. Ad#: 8980

A SWEET MELODY OF LOVE
SWF, 18, 5'6", 160lbs., brown hair/eyes, fun-loving, open-minded personality, with a great sense of humor, she enjoys bars, music and spending time with someone, is seeking a smart, honest, SM, 18-28. Ad#: 1899

CANDLELIGHT DINNERS
Funny, SWF, 28, 5'5", with red hair brown eyes, hobbies are swimming, biking and horseback riding, I'm seeking an honest and trustworthy, SWM, over 25, who loves kids. Ad#: 1168

ENTIRELY YOURS
I'm a SWF, 40, 5'2", who would like to meet an honest, SWM, 40-50. I enjoy dining, dancing, walks and movies. Ad#: 8303

SEE THE WORLD WITH ME!
I'm a SWF, 46, 5'3", brown hair, green eyes, loyal, fun-loving, and unique. I enjoy trying new things, live theater, reading, the outdoors, music, and poetry. I'm looking for a SWM, 46-60, who is honest, enjoys life to the fullest. Ad#: 9872

FULL OF ENERGY
I am a fun, intelligent and communicative, SWF, 41, 5'4", 120lbs., with blonde hair, blue eyes, who is desperately seeking a sincere, personable and affectionate, professional, SWM, 35-55. Is it you? Ad#: 4093

RADIANT PERSONALITY
I'm a SWF, 33, who is told to be bubbly, ambitious and adventurous. I like traveling, watersports and movies. I'm seeking a spontaneous, fun and dynamic, SWM, 30-38. Ad#: 1562

FRIENDSHIP FIRST
5' tall, SWF, 55, who is petite, very outgoing, friendly and caring. I would like to meet a SWM, over 55. Some of my interests are knitting, walks, the sunshine and country music. Ad#: 4617

NOW MEET THE BEST
I'm an easygoing, outgoing and fun-loving, SWF, 20, 5'2", who enjoys working, long walks, quiet times and spending time with my children. I'm seeking a hardworking, responcible, SM, 22-26, who enjoys children. Ad#: 6690

VERY LOVING
Short, SWF, 19, who is nice, funny and very outgoing. Some of my hobbies include swimming, sports and much more. Seeking an honest, romantic, SM, over 20. Ad#: 5887

DREAM DATE
5'5", SWF, 18, with short blonde hair who is very sweet, shy and quiet. I like music, long walks, drawing and painting. Looking to a loving, caring, SWM, 18-23, for a possible relationship. Ad#: 1571

NIGHT LIFE
I'm a SWF, 20, outgoing, down to earth, and humorous. I enjoy singing, dancing, art, music, and more. I'm looking for an outgoing, SM, 19-25, who is honest, attractive, and enjoys going out for a good time. Ad#: 9757

ROMEO, ROMEO!!!
I'm a SWF, 23, easygoing, and caring. I enjoy biking, hiking, dancing, movies, and romantic evenings. I'm looking for a humorous, easygoing, trustworthy, SWM, 23-30. Ad#: 7432

CINDERELLA'S BALL
I'm a SWF, 29, 5'6", blue eyes and red hair, who friends say is kind, caring, compassionate and humorous. In search of a tall, SWM, 30-45, who enjoys animals, children and the country. Ad#: 5836

LOVE'S MAGIC
Quiet at first, SWF, 19, 5'2", with blue eyes, brownish-red hair, likes rollerblading, horseback riding and clubbing. I'm seeking a SWM, 22-29, to get to know. Ad#: 8385

WONDERFUL
I'm an attractive SWF, 57, humorous, and a great personality. I enjoy swimming, camping, crafts, dancing, the beach, romance, and spending time with loved ones. I'm looking for a SWM, under 65, who is caring, understanding, N/S, affectionate, romantic. Ad#: 1429

SHARE MY DREAMS
SWF, 33, 5'5", 150lbs., with long brown hair/eyes, has an easygoing personality, likes having fun, hobbies are dancing, movies and long walks. I'm seeking an honest and caring, SM, 19-40, who loves children. Ad#: 9019

LET'S MEET
SWF, 31, 5'4", who is described as very responsible, dedicated and a hardworker, enjoys sketching, walks, reading and visiting. Seeking a SM, 30-40, for companionship and friendship. Ad#: 9855

UNFORGETTABLE
Outgoing, friendly, open-minded, SWF, 37, 5'7", slender, with light brown hair and hazel eyes. I'm hoping to meet an honest, caring and trustworthy, SWM, 34-45, preferably over 6', who enjoys children. Ad#: 7864

MAKE A FRESH START
I am a N/S, SWF, 33, 5'2", who is shy, happy and honest. Some of my hobbies include playing darts, bowling, movies and going for walks. I would like to meet a SWM, 39-45. Ad#: 9144

VERY GENUINE
N/S, SWF, 60, 110lbs., 5'1", with long brunette hair. I love dancing, cooking, barbeques, movies and entertaining. Hoping to meet a SWM, 55-65, who is honest and likes dancing. Ad#: 7155

HOPELESS ROMANTIC
SWF, 33, 5'3", 135lbs., with hazel eyes, funny, hobbies are watching movies, reading and listening to music. I'm hoping to find a romantic, SWM, 29-37, who enjoys cuddling, candlelit dinners and much more. Ad#: 8818

GOOD LISTENER
SWF, 49, brunette and friends say I am bubbly, fun to be with and compassionate. I enjoy dancing, canoeing, bowling, working out, etc. Searching for a SWM, 47-55. Ad#: 6134

INCREDIBLY CUTE
I'm an understanding and outgoing, SWF, 21, with brown hair/eyes, 5'9". I enjoy working out, walking, quiet times and more. I'm seeking a SWM, 19-25, with a great personality. Ad#: 6182

FALL IN LOVE
Fun, humorous, SWF, 49, 5'1", with short black hair, brown eyes, hobbies are camping, dancing, crafts and crocheting. I'm in search of an honest and trustworthy, SWM, 45-55, who likes having fun. Ad#: 6610

VERY LOVING
SWF, 35, 5'2", with brown hair and blue eyes, has a very nice personality. Some of my hobbies are biking, country music, slow dancing and playing cards. Very honest, I'm seeking a SWM, 29-37. Ad#: 3432

AGE IS JUST A NUMBER
Hoping to meet an honest, thoughtful, SWM, 75-80, I am a kind, friendly, compassionate, WWWF, 75, retired, with white hair and blue-green eyes. Hobbies are card games, sports, traveling and computers. Ad#: 1697

COMPASSIONATE
5'3", SWF, 50, blonde hair, my personality is fun, bubbly and very easygoing. I like golfing, nature, traveling and socializing. Seeking a slim, honest, SWM, 45-55, for a possible relationship. Ad#: 7845

SIMPLY ALLURING
I am a tall, SWF, 34, brunette, with brown eyes, who is confident, outgoing and easygoing. Hobbies are reading, walking, karaoke, and I'm seeking a friendly, SWM, 25-35. Ad#: 8502

BE PART OF MY TOMORROW
I'm a fun-loving, SWF, 35, who's interested in meeting an honest, SWM, 34-40, for a possible relationship. My favorite activities include dancing, long walks, movies and country music. Ad#: 1015

HONESTY TOP MY LIST
I am a funny, crazy, SWF, 40, 5'3", 110lbs., with blue eyes, who enjoys reading, walking, dancing and knitting. I'm hoping to meet an honest, SWM, 41-42, with similar interests, for companionship. Ad#: 2444

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, who is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

LOTS OF LOVE
SWM, 25, 5'7", with long blonde hair and brown eyes, considered romantic, spontaneous and open-minded. I'm interested in meeting a SM, 25-40, who is friendly, outgoing and full of surprises! Ad#: 4927

YOUNG AT HEART
Outgoing, honest and caring, retired, SWF, 65, 5'2", medium built, blonde, blue eyes. My hobbies are the arts, crafts, gardening, traveling and much more. I'm looking for a loving and caring, SWM, 59-69. Ad#: 2324

LOVES LIFE
SWF, 51, 5'6", blonde hair, hazel eyes, outgoing, has a zest for life. Some of my interests are dancing, long walks, traveling and sports. Seeking a SWM, 42-50. Ad#: 7120

SOCIABLE LADY
5', SWF, 39, who is bubbly and loves having fun, hobbies are playing darts, gardening, boating, camping, dancing and much more. Very sincere, I'm looking for a SWM, 40-50, who is fun-loving and honest. Ad#: 2933

COUNTRY AFFAIR
I have a bubbly personality, and I am a SWF, 50, 5'3", full-figured, with blonde hair, brown eyes. Hoping to meet a sensitive, funny and honest, SWM, 40-60, who loves country music. Ad#: 4646

RADIANT
Active, sociable, retired, SWF, 56, 5'2", attractive, with brown hair, hobbies are biking, walking and going to the gym. Sincere and honest, I'm seeking an attractive, true, outgoing, SWM, 48-60, who can express himself well. Ad#: 2103

QUITE THE ROMANTIC
SWF, 38, 5'3", with blonde hair, brown eyes, kind, caring and compassionate. I'm in search of a SWM, 34-44, who has a beautiful soul. Ad#: 5685

TO THE POINT
Honest, good humored, SWF, 50, 5', with hazel eyes and red hair, she enjoys all types of sports, seeks an honest, trustworthy, SWM, under 60, who's family-oriented. Ad#: 1295

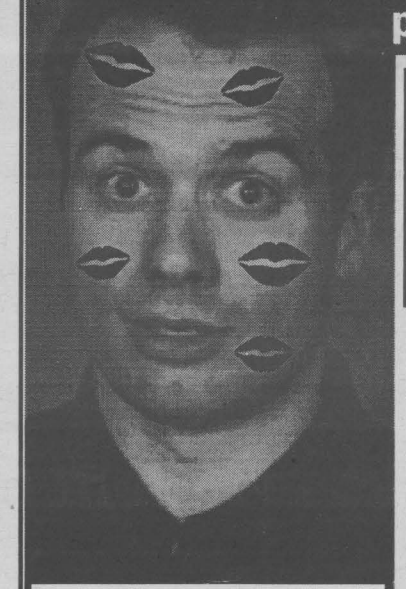
HEAR MY WORDS
SWF, 50, 5'5", with dark brown eyes, has an pleasant personality, easygoing and intelligent, enjoys biking, crafts, horseback riding. I'm seeking an honest, adventurous, SWM, over 45, for a possible monogamous relationship. Ad#: 5636

MEANINGFUL
SWF, 38, 5'7", with brown hair, my personality is fun to be with, caring and respectful. I am looking for a SWM, over 35, for a possible relationship. Ad#: 7869

SERIOUS REPLIES ONLY
I'm a brown haired, SWF, 42, 5'1", who's outgoing and easy to get along with. I enjoy going to bingo, long walks, dining out, the outdoors, movies and stock-car racing. I'm seeking an honest, good looking, SWM, 36-48, who loves children. Ad#: 2428

WIN! $500.00

Ladies, place a FREE personal ad. Then place your lips here



Ladies place a kiss in the space provided above or on a separate sheet of paper and you can Win $500.00. We have thousands of single men throughout Canada who would love to meet Canada's greatest kisser. Show them who it is by sending us your lips. We will choose 3 of the best set of lip prints from all entries received by February 7, 2001. These lips will then be displayed in our dating columns all across Canada, where single men will cast their votes as to which pair of lips represent Canada's Greatest Kisser. If your lips are chosen you Win $500.00

Mail Contest Entries to: DRMOC, P.O. Box 1363, Fort Erie, ON L2A 6G2. Entries must be received by February 7, 2001. No purchase necessary. Must be 18 years of age or older to play. Employees of DRMOC and this newspaper are not eligible.

Hey guys, get ready to vote and a chance for you to Win $500.00. Keep watching for details on how to vote for the best lips and win.

SHARE MY WORLD
SWF, 34, 5'3", 130lbs., with blonde hair, green eyes, easygoing, intelligent and personable, seeking an honest, fun-loving, SWM, 34-48. My interests include camping, reading and the great outdoors. Ad#: 7059

ONE ON ONE
I'm a tall, honest and humorous, SWF, 18, looking for an honest, cheerful and caring, SWM, 18-23. My hobbies are bowling, walking, rollerblading and more. Ad#: 6848

SIMPLY ALLURING
I am an outgoing, friendly, sensitive, SWF, 45, tall, with brown hair and blue eyes, who enjoys others. I'm hoping to find a tall, communicative, SWM, 40-60, who enjoys traveling and quiet times. Ad#: 7795

NO HEAD GAMES!
Honest, fun to be with, SWF, 44, 5'6", with blonde hair, enjoys walking, movies and my dog. I'm hoping to meet a SWM, 40-65, for friendship first. Ad#: 2186

LET'S CUDDLE
SWF, 43, I am 5'1", with brown hair/eyes. My personality is very pleasant and fun-loving. I like bingo, camping, swimming, long walks and more. I am hoping to find a SWM, 40-48. Ad#: 3349

THERE WHEN YOU NEED ME
I'm looking for a humorous, loving, caring and gentle, SBM, 18-19. I'm a short, funny, SWF, 18, who enjoys sports, walks on the beach, camping and more. Ad#: 2411

DOWN-TO-EARTH
I am N/S, SWF, 36, who is interested in meeting a SWM, 34-40. I am 5'6" with hazel eyes and a bubbly personality. I love the outdoors, biking, camping and swimming. Ad#: 3884

PRETTY & PERFECT
I'm a SWF 30, I'm easygoing and fun. I'm interested in sports, and playing the guitar. I'm seeking a SWM 28-37, who is honest, loving, not afraid to speak there mind, and enjoys the same things I do. N/S please. Ad#: 9459

GENUINE
I'm a 5'2", SWF, 50, with curly hair and brown eyes. I'm told I am bubbly, sincere, honest and attractive. I would like to meet a sincere, SM, 45-65, who will build a relationship on honesty and trust. Ad#: 2417

CHEMISTRY
SWF, 26, 5'4", with blonde hair, blue eyes, enjoys camping, long walks and having fun with friends. I'm seeking a SM, 27-31, with similar interests. Ad#: 3239

ONE-WOMAN-MAN
Hello, I am a 5'8", SWM, 24, who enjoys music, long walks, long bike rides and air-brushing. I am looking for an honest, loyal, SF, under 30, for a monogamous relationship. Ad#: 3693

A REAL GENTLEMAN
SWM, 44, 5'10", easygoing, kind-hearted and loveable. I'm in search of a loveable and honest, SF, 29-44, who has a great personality. Ad#: 9056

UNDERSTANDING GUY
43 year old, SWM, 6' tall, his personality is shy, quiet and conservative. Hobbies include going to the gym, sports, socializing and more. He would like to meet a SWF, 40-45, who is honest and sincere. Ad#: 6544

SICK OF BEING SINGLE?
Honest, straightforward and dedicated, SWM, 45, 6', 230lbs., with brown hair, hazel eyes, enjoys renovations, writing short stories and cooking. Open-minded, I'm seeking a mature, outgoing, SF, 35-50, who is willing to share herself and her opinions. Ad#: 2360



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Males Seeking Females

ALL THE GOOD THINGS
Funny and crazy, SWM, 40, 6'2", who enjoys the outdoors, reading, fine dining and more. I'm in search of a SWF, 25-45, who has beautiful eyes. Ad#: 1796

THIS IS LOVE
SWM, 42, 5'6", very honest, sincere and affectionate. I'd love to meet a SF, 32-45, who loves to laugh, be outdoors and take walks. Ad#: 5893

UNCONDITIONAL LOVE
SWM, 37, 5'7", 145lbs., with blond hair, blue eyes, open, honest and caring, seeking a loving, understanding, SBF, 18-36. I enjoy shooting pool, walks and going out for coffee. Ad#: 1681

A ROMANTIC AT HEART
Widower, 69, secure, active and healthy, enjoys homelife, biking, traveling and good conversation. I'm interested in meeting an affectionate, caring lady, over 55 years, for friendship and possible relationship. Ad#: 1174

WHY NOT ME?
SWM, 42, 6'2", 240lbs., with long brown hair, beard, mustache, glasses, trustworthy, easygoing, sincere and relaxed. I'm in search of an affectionate and romantic, SWF, 25-40, to do different things with. Ad#: 1293

BRUTALLY HONEST
I'm a SW dad, 37, 5'10", blue eyes, 172lbs., easygoing, fun, friendly and witty. I enjoy time with my kids, the outdoors, darts and more. I'm seeking a SF, 30-43, who is affectionate, fun to be with, very honest and upfront. Ad#: 8685

NO HASSLES
I'm a SWM, 43, 5'10", blue eyes, black hair, kind, generous, easygoing, who enjoys fishing, hunting, horseback riding and more. I'm seeking a SWF, 29-43, who is kind, affectionate and is good with kids. Ad#: 2771

HOLD ON TO YOUR HEART
I'm an outgoing and easy to get along with, SWM, 39, 5'5", who enjoys soccer, shooting pool and more. I'm in search of an easy to get along with, SWF, 30-45. Ad#: 3530

NOT TOO LATE
SWM, 23, 5'11", fun-loving, my hobbies are skating, sports, hockey and more. Looking for a SWF, 20-26, who enjoys having fun. Ad#: 6065

WONDERFUL LIFE AWAITS
I'm a trustworthy and honest, SWM, 35, 5'10", who enjoys camping, fishing, my daughter, sports and more. I'm in search of a loyal, honest and trustworthy, SWF, 19-32. Ad#: 8798

DON'T PASS ME BY
6' tall, SWM, 45, attractive, warm, spontaneous, sensitive and fun to be with. I love children and animals. I'm seeking a SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

TRUSTWORTHY
SWM, 40, 5'6", with brown hair/eyes, well-trimmed beard and mustache, I'm a very nice, easygoing guy, who likes bowling, camping, dining out, concerts and long walks. Seeking a SWF, 34-42. Ad#: 6665

FOCUS HERE
56 year old, 6' tall, SWM, who is very happy and pleasant. I enjoy socializing, sports, skiing, woodworking and reading. I am hoping to meet an easygoing, SF, under 56. Ad#: 3305

CLASS ACT
I'm a SWM, 61, 5'6", average build, humorous, friendly, and caring. I enjoy theater, writing, photography, nature, and classical music. I'm looking for a SF, 45-64, who is easygoing, outgoing, enjoys theater, nature, and the good things in life. Ad#: 8594

EARN MY TRUST
I'm a gentle, loving and easygoing, self-employed, SWM, 52, 5'8", who enjoys gardening, fishing, dancing, horror movies, long walks and quiet times at home. I'm seeking a kind and loving, SF, 40-50, for a serious relationship only. Ad#: 4236

LAST CHANCE OF HAPPINESS
May be older, but definitely young at heart! SWM, 78, 6'3", 200lbs., in good physical condition. Is seeking a SWF, 45-65, sweet and sincere, who enjoys cooking and gardening, as he does. Ad#: 6331

LOVE & COMMITMENT
I'm a loving and down-to-earth, SWM, 18, 5'10", who enjoys sports, music and movies. I'm in search of a sincere, SF, 18. Ad#: 7796

ROMANTIC HEART
I'm a SWM, 19, 5'11", kind, fun, intelligent, and romantic, who enjoys sports. I'm seeking a SF, 19-32, who is romantic, kind, respectful, nice and attractive. Ad#: 8431

I'M A GEMINI
SWM, 45, feel like 30, slim, blond hair and blue eyes. Straightforward, I enjoy staying active, the outdoors, country life, playing pool, etc. I would like to meet a SWF, over 25, for a sincere relationship. Ad#: 4308

JUST BE YOURSELF
I'm a SWM, 29, 5'7", blue eyes, brown hair, outgoing and kind. I enjoy hockey, going to the mall, for coffee and more. I'm seeking a non-judgmental, SF, over 19, who cares about others feelings. Ad#: 9564

A RAY OF LOVE
I'm an easygoing and personable, SWM, 42, 5'8", who enjoys movies, dining out, walking and sports. Seeks an honest, sincere, SWF, over 26. Ad#: 3705

COMPATIBLE
I'm a SWM, 32, who's personality is fun-loving. Some of my hobbies are bowling, dancing and the outdoors. I'm seeking a generous, kind-hearted and fun-loving, SWF, 28-32. Ad#: 5011

ANGELS WELCOME
I'm a shy, outgoing and humorous, SWM, 32, 5'7", who would love to meet a friendly, easy to get along with, honest and faithful, SWF, 25-45. My interests are working out, movies and spending quality times with the girl I love. Ad#: 5140

TENDER HEART
SWM, 40, 5'6", 155lbs., with short hair, goatee, honest, compassionate and romantic, seeking a fun-loving, SF, 19-45. I enjoy cooking, fishing and watching movies. Ad#: 9467

WHAT A GUY
SWM, 36, who is considered to be very friendly, respectful and humorous. Some of my hobbies include movies, walks, going to the races and dining out. Seeking a SWF, 25-58, lovable and caring. Ad#: 8489

JUST THE TWO OF US
People describe me as being an outgoing, caring and spontaneous, SWM, 40, 6', with brown hair, blue eyes, mustache. You should be a slim/average, SF, 20-38, who will make my children and I happy. Ad#: 1700

VERY ACTIVE
N/S, SWM, 21, I am 5'10", with brown hair, blue eyes, funny and social. I am hoping to meet a SWF, 19-25. I enjoy clubbing, movies, sports and working out. Ad#: 7685

A TOUCH SHY
I'm a SWM, 27, 140lbs., 5'9", fun, easy to get along with, and helpful. I enjoy camping, fishing, darts, pool, and the outdoors. I'm seeking a SWF, 24-32, who is slim, ambitious, easygoing, and employed. Ad#: 6890

LET'S MINGLE
Easygoing, SWM, 30, 5'10", with dark hair/eyes, goatee, has a great personality, hobbies are old cars, motorcycles and playing cards. I'm in search of an outgoing, personable and hardworking, SF, 20-33, who will be there. Ad#: 1743

UP FOR NEW IDEAS
Witty, humorous, easygoing, SWM, 42, 5'6", fit, with brown hair, blue eyes, hobbies are golfing, camping and long walks. I'm in search of an honest, trustworthy and bubbly, SWF, 19-45, to share good times with. Ad#: 9625

ALL WE NEED IS LOVE
Easygoing, happy-go-lucky and kind, SWM, 46, 5'8", medium built, with brown hair, blue eyes, hobbies are dining out, playing guitar, concerts. Joyful and humorous, I'm seeking an honest, trustworthy, understanding, SWF, 34-48, to get to know. Ad#: 9479

Females Seeking Females

SIMPLY ALLURING
SWF, mother of 2, 22, 5'4", medium built, honest, caring and very fun to be with. I'm hoping to meet a soft, gentle, honest and caring, SWF, 22-26, who is willing to try new things. Ad#: 9511

CHOOSE ME
5'2", SWF, 18, is outgoing, friendly and very kind. I enjoy skiing and music. I would like to meet a SWF, 18-25, kind, honest and will always be there! Ad#: 7497

AFFECTIONATE
My personality is described as being happy, light-hearted, loving, and I am a SWF, 50, 5'7", 150lbs., with blue eyes, blonde hair. Seeking a mature, responsible, SWF, 49-58, who is financially secure. Ad#: 5741

GIVE ME A CALL!
SWF, 23, 5'7", with blonde hair, blue eyes, outgoing, fun to be with and honest, seeking a caring, compassionate, truthful, SWF, 20-30. I enjoy soccer, playing darts, music and dancing. Ad#: 1726

GENUINE
5'7", blonde haired, blue eyed, SWF, 31, who is kind and honest. Long walks, movies and friends are a few of my interests. Searching for a kind-hearted, SWF, 25-31. Ad#: 5000

PERSONABLE
Call me..I'm a SWF, 25, 5'5", with blue yes, sandy brown hair and I have a great personality. I am looking for a SWF, 27-30. I like dancing, walking, biking, romance, movies and more. Ad#: 9219

HUGS & KISSES
I'm a SWF 34, I enjoy sports, singing, dancing, movies, and long walks. I'm seeking a SWF 19-30, who shows there feelings, and shares the same interests as I do, and likes children. Ad#: 5169

I SHOULD HAVE TOLD YOU
I'm a nice looking, full-figured, SWF, 23, outgoing, very easy to get along with, likes cooking, long walks, swimming and talking for hours. I'm seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

NONE BETTER
Outgoing, clean, humorous, full-figured, fun-loving, honest, SWF, 25, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 19. Ad#: 1835

LOOKING FOR A FRIEND?
Easygoing, humorous, SWF, 29, 5'6", with brown hair and hazel eyes, enjoy music, sports and dancing. I am seeking a SWF, over 19, for a friendship first. Ad#: 5784

JOYS OF LIFE
I am a N/S, SWF, 27, 5'3", who is generous, caring and kind. I enjoy walking, gardening, camping, music, hockey and more. I would like to meet a SWF, 26-35, who has similar qualities. Ad#: 2887

Males Seeking Males

AT HEAVEN'S DOOR
SM, 20, passionate, funny and outgoing. I'm in search of a fun to be with and humorous, SM, 18-27, who is compatable. Ad#: 6904

ALL FOR YOU
I'm an honest, compassionate and affectionate, SWM, 35, 120lbs., who enjoys sports, walking, movies, music and spending time with my loved one. I'm looking for an honest, compatible, SM, under 35, who also enjoys spending time with the person they love. Ad#: 1602

A WONDERFUL LIFE AWAITS
I'm a fun-loving, honest and clean, SWM, 35, 5'11", who is seeking an honest and caring, SWM, 32-45. My hobbies are collecting antiques, dining out and movies. Ad#: 8440

COMMUNICATION
Outgoing, caring and romantic, SWM, 46, 5'6", 138lbs., with brown hair, blue eyes, honest and sincere, enjoys movies, walks, romantic nights. I'm seeking an understanding, SWM, 25-40, who can talk his problems out. Ad#: 9206

HOPES & DREAMS
Be true to me, I'm an honest and sincere, SWM, 22, 5'10", 150lbs., who enjoys a wide variety of interests. I'm interested in meeting an attentive, SWM, 18-30, for a possible relationship. Ad#: 3307

TO THE POINT
Easygoing, SWM, 42, 5'7", with reddish hair, brown eyes, seeking an honest, fun, SM, over 19. My hobbies are raising horses, reading and watching movies. Ad#: 4365

HAPPY
Well-adjusted, single white male, 34, tall, with brown hair, enjoy skiing, biking and jogging. I am seeking an honest, single white male, over 24, with a good sense of humor. Ad#: 9519

ONE STEP AT A TIME
SWM, 20, 6'1", 140lbs., with brown hair, green eyes, describe as being passionate and funny, likes military, soccer and more. I would be interested in meeting a SM, 19-28, who is fun to be with. Ad#: 3419

HERE'S THE OPPORTUNITY
The future looks bright if you leave a message with this SWM, 23, 5'10", 145lbs., who's a hardworker, honest and extremely sincere. He's interested in sharing the joys of life with a SM, over 19, who's interested in a committed relationship. Ad#: 1817

OPENNESS & HONESTY
Well-organized, SWM, 24, 6'1", 170lbs., with brown hair/eyes, has a good sense of humor, who likes movies, walks, baseball and hockey, is seeking an outgoing, SWM, 18-30, who is fun to be with. Ad#: 5939

OUTGOING
This outgoing, humourous SWM, 24, 5'11", 150lbs, likes hockey, movies and much more. Seeking someone who is compassionate, outgoing, 18-22, who has similar interests. Ad#: 4343

MANY OPTIONS
5'5", SNCM, 29, 145lbs., with short black hair and brown eyes, is very outgoing, caring and romantic. He is looking for a SWM, 19-35, who is sincere, open minded and understanding. Ad#: 4197

M- Male, B - Black, D - Divorced, F - Female, EI - East Indian, C - Christian, W - White, A - Asian, S - Single, WW - Widowed, N/S - Non-smoker, NC - Native Canadian

Questions? Customer Service 1-800-348-6384 Customer Service Hours: Mon. - Fri., 8 a.m. - 10 p.m. Sat. - Sun., 2 p.m. - 10 p.m or e-mail us at help@drm-net.com Service provided by DRMOC

1/16/01

SEAWAY BARGAINMART

DEADLINE: WEDNESDAY 5 pm

933-0015

Circulation: 34,257 copies

MasterCard VISA

Ontario Community Newspaper Association

BLANKET CLASSIFIED ADVERTISING

ALL ONTARIO INSERT
188 Newspapers, Min. Cir. 1,499,490

CROSS CANADA INSERT
590 Newspapers, Min. Cir. 4,623,738

CALL FOR DETAILS
SEAWAY NEWS Tel.: (613) 933-0014
Fax: (613) 933-0024
e-mail: info@cornwallseawaynews.com

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $9.00/week 24 words or less, (25¢ each additional word per week).
- $16.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

SINGLE MALE, 44, 5'10", blue eyes, black hair, looking to meet single white female, 30-42-yrs. Hobbies are hunting, fishing, camping, enjoys bowling. CC2035.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • DVD's & MORE!
EXOTIC EXPOSE
St. Lawrence County's Adult Centre sn4
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena South 2 miles to Don's Orange Mini Mart
315-764-7145

ARE YOU LOOKING to meet a new Valentine? Call Misty River Introductions at 613-257-3531.

INTELLIGENT, ENTERTAINING gentleman, attached, passion for pleasing. Seeks to connect with alluring lady friend to share memorable, pleasurable, discreet get-togethers. No games, strings or regrets. CC2034.

2 APTS/CONDOS FOR RENT

332A ALICE ST. Avail. Feb. 1st. 3 bdrm apt. Washer/dryer hook-ups, parking, $425/mth, plus utilities. Call 933-5483 or 347-3611.

1206 WALTON - Available Feb. 1st. Upstairs 2 bdrm apt. Laundry room, 4-pce bath, parking. $475/mth, pay own utilities. Call 528-1148 or 936-7088.

AVAILABLE FEB. 1ST - 3 bdrm apt in Ingleside. Spacious, main floor, large deck, parking. $585/mth, plus utilities. Call 537-9749.

ASIAN, EUROPEAN, Latinoes, etc. A-2 Dating, the best place in Montreal to meet multi-ethnic people for long-term relationship. 1-514-369-4647.

APARTMENTS FOR RENT

bachelor, 1&2 bdrm. security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30 sn3

44B ANTHONY ST. 1 bdrm apt. $500/mth, heat, lights, cable. Available Feb. 1st, fridge, stove, parking, microwave. Quiet area. Call 932-0968.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

1 & 2 BDRM APTS on Walton. $350. & $375/mth, plus utilities. Fridge & stove. Backyard. No dogs. Call 936-6961.

ONE BDRM APT. Available anytime. Newly renovated. Centrally located. 720 Pitt St. Fridge, stove & heat included. $350/mth. Plenty of parking. Call 933-1000, ask for Tom.

BACHELOR APT. Furnished, $375/mth utilities included. Also, 1 bdrm, ground floor, fridge, stove, $450/mth utilities included. Call 938-3936.

2 BDRM APT, central Cornwall. $540/mth, includes parking, heating, hydro, balcony, laundry room in security bldg. References req'd. Call 525-0829 or 363-0040.

AVAILABLE NOW - 3 small bdrm apt. Large yard, washer/dryer hook-ups. Heat paid, $475/mth. Call 938-7681.

BACHELOR APTS. AVAILABLE
331 Second St. W.
Furnished. Mature person preferred.
Call 938-6131, ask for Peter. sn3

AVAILABLE FEB. 1ST OR Mar. 1st, large 1 bdrm apt, newly renovated. Electric heat, stove, fridge. One block from College. No pets. 229 Prince Albert St. $290/mth, plus utilities. Call 933-0560.

APT FOR RENT - Available immediately. Fridge, stove, fully furnished. Parking, utilities, cable included. Call after 4:30pm 933-5720.

LARGE THREE BDRM apt on Walton. Renovated, large basement. $460/mth, plus utilities. No dogs. Call 936-6961.

2 BDRM DOWNSTAIRS apt. Washer/dryer hook-ups. Quiet neighbourhood, next to St. Gabriel's School. 1325 Reneal St. Avail. Mar. 1st. $525/mth, plus utilities. Call 932-2150.

AVAILABLE FEB. 1ST - 2 bdrm apt, large, Marlborough St. N. Washer/dryer hook-ups. Front & back balconies. Quiet adults pref'd. Upstairs over Health Care Clinic. $500/mth, plus utilities. First & last req'd. 933-5347, leave message.

2 BDRM DOWNSTAIRS apt. Quiet, very reasonable rent. Parking. No pets. Ideal for quiet single or couple. References req'd. Call after 1pm 932-2135.

AVAILABLE NOW, 2 bdrm upstairs apt. 1103A Cumberland St. $305/mth, plus utilities. No pets. Call 932-3530 after 4pm.

AVAILABLE IMMEDIATELY. North end. 2 bdrm apt, newly renovated, fridge, stove, patio, parking, washer/dryer facilities. $575/mth, plus utilities. Call 930-1648 or 347-7546.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

4 & 2 BDRM. APARTMENTS FOR RENT
Available Feb. 1st
CALL
984-2259

COUNTRY LIVING within city limits. Large two bdrm apt. Washer/dryer hook-ups, parking, Express Vu. Available Feb. 1st. Please call 933-4985, leave message.

CALL 933-0014 TO ADVERTISE!!

ACE PROPERTY MANAGEMENT 936-1533
"Let us find you a place at no charge!"

APARTMENTS

BACHELORS
Newly Renov. Appli, parking, patio $395 Inc.

ONE BEDROOM'S
North End, bsmt, appli, A/C, new kit $525 incl.
99- 1/2 Race St. 1 bdrm upst, $400 incl. Immed
29 4th St. E., mnflr, 1 bdrm, $425 Included, Immed
233 Carleton, main flr, appl. $360 incl. Feb '01
218 McConnell, 1 bdrm bsmt, $400 incl. Immed.
Meadowvale lrg. 1 bdrm bsmt, appl., $475. incl.

TWO BEDROOM'S
140 4th St. W. mn fl, no appli, $550 incl., avail Jan.
453 B 2nd St. W, 2 bdrm, no appli, $400 Incl.
521 Carleton, 2 bdrm upsts., balcony, $485 incl., Dec/00
324 -A 1st St. W., 2 bdrm upst, $560 incl. immed.
42 Anthony, lrg, upstrs, no appli, parking, $450+

THREE BEDROOMS
14th St. W. lrg. 3 bdrm, bsmt, no appli, hkup, $500 +

SECURITY BUILDINGS

805 MARLBOROUGH ST. N. (SECURITY)
1 & 2 bedroom units, $475 to $575 /month
utilities, appliances, parking included
coin operated laundry

425 ELEVENTH STREET W. (SECURITY)
2-bdrm dr., patio appli, laundry, prking $575 Incl.

HOUSES, TOWNHOUSES, SEMI'S
Summerstown, 3 bdrm, prk, yard, $550+Immed.
708 Glengarry 3 bdrm yard, prk, attach garage $650+
Williamstown 2 bdrm single home rec room $650+
5th St. E. Six bdrms home fin bsmt (pool) $800+

COMMERCIAL
Sydney St, Downtown, Office Space 1000 sq. ft., $650 +
sn4

HOROSCOPES

January 21 - 27

Aries – March 21/April 20
You have an important decision to make this week, Aries. Look at all of the pros and cons before making your choice, and don't think only of yourself. You need to consider the consequences for all of those involved. You're not the only person who will be affected by this. Turn to that special someone for advice if you need it.

Taurus – April 21/May 21
You have an easy week ahead of you, Taurus. So, take advantage of it. Take the time to pamper yourself. Relax, catch up on your reading, or call a friend with whom you haven't spoken in a while. You won't have another chance to take it easy for quite a long time. So, don't let this opportunity pass you by.

Gemini – May 22/June 21
You feel as if you're on an emotional roller coaster this week, Gemini. One minute, you're happy; the next minute, you're angry. Try to relax, and take things in stride. That's the best way to get through this. Talk to that special someone if you need to calm down. He or she is always there for you.

Cancer – June 22/July 22
Don't wear your heart on your sleeve when you meet an interesting person early in the week, Cancer. Showing your feelings too soon will scare this person away. Just play it cool until you get to know him or her better. A loved one calls you out of the blue with good news. Help him or her to celebrate. Virgo plays a key role.

Leo – July 23/August 23
Keep your ego in check when you receive praise for your efforts this week. While you do something good, it is also the right thing to do. Just about anyone else would do the same thing in this situation. Remember that before you get too cocky. That special someone has a surprise for you. Enjoy!

Virgo – Aug 24/Sept 22
An acquaintance needs your help with a private matter on Thursday. Give this person all of the advice that you want, but don't lend him or her any money. You know that he or she isn't reliable enough to pay you back. A loved one needs to talk with you late in the week. Be there for him or her.

Libra – Sept 23/Oct 23
Even though an acquaintance tries to bait you into an argument early in the week, don't give him or her the satisfaction of seeing you get upset, Libra. Just let what this person says go in one ear and out the other. Don't stoop to his or her level. Be the bigger person.

Scorpio – Oct 24/Nov 22
Don't do something that you don't agree with just to win the approval of an acquaintance. You have to do what you know is best — no matter what other people think. You're strong enough to be your own person. Don't forget that. A loved one needs a shoulder to cry on. Be there for him or her.

Sagittarius – Nov 23/Dec 21
Keep your temper in check when a loved one makes a mistake that gets you into trouble. This person doesn't mean to hurt you. So, just try to work with him or her to correct the situation. The person whom you've been seeing calls it quits. While you're hurt, you know that he or she isn't the right one for you.

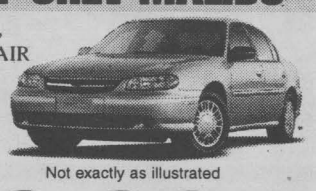
Capricorn – Dec 22/Jan 20
A business associate takes control of a problem at work. While you would rather be in charge, you need to realize that this person is the best one to handle the situation. Instead of being angry, pay attention to what he or she does. You're sure to learn a few things. Leo plays a key role.

Aquarius – Jan 21/Feb 18
Don't be suspicious when a family friend offers to help you with a sticky situation early in the week, Aquarius. This person just wants things to work out for you. He or she doesn't have any ulterior motives. So, just be grateful for the help.

Pisces – Feb 19/March 20
Go after what you want this week, Pisces, and don't let anyone tell you that you can't have it. If you work diligently and stay focused, you're sure to attain your goal. So, go for it! A loved one asks your advice about a personal problem. Be honest with him or her.

98 Saturn Coupe
dent & rust resistant
only $155 bi-weekly

CORNWALL MOTOR SALES
CMS Brookdale Ave & Hwy. 401
Call Francine Losey at 930-1610
sn 2

PAUL'S PICK OF THE WEEK
97 CHEV MALIBU
4DR., AUTO, AIR

Not exactly as illustrated
$9,995

00 MAZDA, ext cab, 4dr, 6cyl, auto, black, 4000 km		$20,800
99 FORD F-150 XLT, ext. cab, 4x4, loaed	SOLD	$24,995
98 NISSAN ALTIMA GXE 4dr., loaded		$13,995
98 GMC JIMMY 2dr., loaded, 4x4, 63,000 km		$18,995
98 DODGE CARAVAN 4dr., air, low km's		$13,995
98 DODGE NEON, 4 dr., platinum, auto, air, 64,000 km,	SPECIAL	$8,995
98 CHEV VENTURE, air, tilt, cruise, 80,000 km,		$13,995
98 SUNFIRE, 2dr., auto, air, 60,000 km	SOLD	$8,995
98 GMC, reg cab P/U, 6cyl, 5spd, 49,000 km		$13,995
97 FORD F-150 XL, ext. cab, auto, 48,000 km	SOLD	$16,995
97 SUNFIRE, 2dr., 5spd, black, 70,000 km		$8,995
97 CHEV EXT CAB, 8cyl., short box, 67,0000 km		$16,995
97 CHEV MONTE CARLO 2dr., black, loaded	SOLD	$12,995
97 CHEV MALIBU, 4dr., auto, air		$9,995
97 CHEV 4X4, P/U, regular cab, 5spd,	SOLD	$14,995
97 HONDA ACCORD EX, 4dr., loaded,	SPECIAL	$12,995
96 CHEV BLAZER, 4dr., loaded, 4x4, loaded, 4x4		$14,995
95 CHEV BLAZER, 4x4, fully loaded, black		$14,995
95 FORD F-150 XL, ext cab, short box, 2wd,		$13,995
95 MAZDA MX3, 2dr, auto, red,		$8,995
94 FORD EXPLORER, 4dr., air, blue,		$9,995
94 DODGE DAKOTA, ext. cab, 2wd, P/U		$8,495
94 JEEP GRAND CHEROKEE, 4x4, loaded,		$10,995
94 MERCURY VILLAGER, van, loaded, very clean		$7,995
93 OLDS ACHEIVA, 4dr.,loaded		$6,995
92 HONDA ACCORD, 4dr., air, auto, red	SOLD	$7,995

BANK FINANCING AND EXTENDED WARRANTIES AVAILABLE
FITZGERALD MOTORS LTD.

PAUL
125 Cornwall Centre Rd.
Cornwall
932-4514
~~~~~~~~~~~~~~~~~~~~~~~~~

APARTMENTS FOR RENT

202 PRINCE ARTHUR, downstairs 2 bdrm apt, fridge & stove, $325/mth, pay own utilities. Very clean & in excellent condition. No parking. 933-4780.

2 BDRM IN WILLIAMSBURG, $550/mth, includes utilities. Also, 2 bdrm apt, Riverside Heights, near Morrisburg, $495/mth, includes utilities. Call 543-3604.

413 WATER ST. E. Small main floor 2 bdrm apt. Just renovated. No appliances or furniture supplied. $400/mth, utilities included. Available anytime. Call 933-7516.

LONG SAULT - Available Feb. 1st or March 1st. 2 bdrm apt, fridge, stove, carpeted, storage, parking, laundry facilities. Quiet bldg. No pets. $500/mth, plus utilities. Call 534-3999.

4 HOUSES FOR RENT

UPPER DUPLEX, 3 bdrms, parking, private basement entrance, $450/mth, pay own utilities. References req'd. Call 936-2466.

3 BDRM FARM HOUSE in Martintown area. Available Feb. 1st. No pets. First & last req'd. Call 528-4694.

5 HOUSES FOR SALE

521 BEDFORD - 2 bdrm bungalow. Some recent renovations, new windows, central air, fenced yard, paved driveway. Lot 36x176. $56,900. Call 937-4801, leave message.

1132 CARLETON ST. 4 bdrms, new garage w/recroom, skylight, 200-amp, re-insulated, central air, pool, new roof, cupboards galore. Quiet neighbourhood. 6.5% mortgage. $79,900. Call 932-3819.

1415 FIRST ST. EAST - In excellent condition, very clean, 2 driveways & garage. Financing available, OAC. Call 527-5426.

13 OFFICES/ STORES/BLDGS

STORE FOR RENT - Approx. 1,000 sq.ft. Available Jan. 1st. Le Village area. For more info, call 528-4030.

FRONTAGE OFFICE SPACE FOR RENT
1447 Pitt St. N.
170 sq.ft./waiting room. Ideal for Insurance or Financial Broker $300/month includes all utilities
932-0063 sn2

17 LOTS/LAND

ATTENTION BUILDERS - Fully serviced city lot 56 x 104. Nice location. Leger St. N. Beautiful mature trees. Asking $26,500. Call 936-2949 or 937-4797.

COUNTRY PROPERTY WANTED

NOTICE

COUNTRY PROPERTY URGENTLY NEEDED FOR PRE-QUALIFIED, CASH BUYERS

1. GOOD HOUSE with acreage, preferably bush, up to $150,000.
2. VACANT LAND with a good building site, poor cropland preferred, i.e. stony ground or bush, 5 to 100 acres, negotiable.
3. HOBBY FARM, up to $175,000.

NOTE 1% REFERRAL FEE paid to cooperating agents.

Please Call:

CARSON CHISHOLM REAL ESTATE BROKER
St. Andrews West 937-0201

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We Pawn, Buy, Sell & Trade
224 Pitt Street 933-2333

HARDWOOD ASHTRAY stand w/brown ashtray, 24" high. Call 525-3349.

KING SIZE BED, luxurious pocket coil/pillow top mattress, spine-o-pedic, split box & frame. Unused, still in plastic. Cost $2,500. Sacrifice $1,100. Can deliver, 1-613-762-7504.

FREE SPIRIT - Ladies 10-spd bike w/curved handle bars, plus back metal carry-on. Good condition. $30. firm. Call 936-8784 after 6pm or leave message.

4-GOODYEAR ULTRA GRIP 13" winter tires with less than 1,000 km. $60. each new, will sell for $40. each. Call Tom @ 933-9584 after 4pm.

SUPER MATTRESS DEALS

39" mattress only $99

SOVEREIGN 5 yr. warranty		CHIRO PRINCESS 15 yr. warranty	
39" set ...reg. $299 .	$179	39" set ...reg. $489 .	$299
54"set ....reg. $369 .	$199	54"set ....reg. $699 .	$399
Queen set .reg. $439 ..	$269	Queen set reg. $799 ..	$499

BERGERON SLEEP SHOP & HOT TUBS
1005 FIRST ST. E. SN3 **932-2214**

18 ROOMS

LARGE FURNISHED ROOM for rent in quiet west-end home. Private bathroom & private entrance. Only quiet person need apply. Call Cecile at 932-7854.

DELAGE USED FURNITURE SN3
327 Montreal Road
932-5689

22 ARTICLES FOR SALE

LUGGAGE CART, 35" tall. $25. Call 936-8784 after 6pm or leave message.

HUNTER EDUCATION and Canadian Firearms Safety, FAC courses and tests. Call 346-1289.



SEAWAY NEWS business card DIRECTORY

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1100 MARLEAU AVE. 938-3300

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FREE DELIVERY **931-2234**


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2241 Pitt Street Cornwall, Ontario K6K 1A5
Tel: 613-933-0978
Pager: 613-937-5317

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SINCE 1956
ROY'S
Energy Efficient Heating & Cooling
Water Heat Pumps
Pools & Spas
410 Seventh St. W. Cornwall **933-0411**

Ken Scott MINI RENOVATIONS
• Painting • Balconies
• Ceramics • Odd Jobs
etc..
936-9881 sn4

VALLEY WOODSHOP
#18413 South Branch Road, Cornwall
SIX-YEAR WARRANTY ON KITCHEN CABINETRY
FREE ESTIMATES
BOB & MIKE
"Family Owned"
Phone/Fax (613) 931-3437


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• Residential • Interior
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• Water & Sewer Installations & Repairs
• Bulldozers & Hoe Ram & Shovels
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932-8238 Fax: 932-6669

SEAWAY NEWS
Committed To Our Community Since 1985
For Advertising Call 933-0014
Rick - Robin - Arlene - Bill

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WHY LIST WITH EXIT?

Call 937-4445 and ASK!!
506 PITT STREET, CORNWALL 613-937-4445
"Working from Sign Up 'til Sign Down"
SN3



FOR RESULTS HONEST SERVICE AND RELIABILITY CALL GINETTE CAMPBELL 937-4445 361-9155 cell phone

3231 JOHNSON AVE



Come view this brick bungalow. Over 1400 sq.ft., fenced yard, att. garage, 4+2 bdrms, 3 baths, paved dbl dr., corner lot, nice quiet location, a must view.
$94,900
Call Ginette
#53000187

19132 PARAGON ROAD



Come view this 1600 sq.ft. brick bung. on the outskirts, 3 bdrms., att. gar., whirlpool tub, pool, satellite & many other extras. A must to see.
$149,900
Call Ginette
#53000189

53 VIN VISTA DRIVE



Exec. waterfront home features large lot 101x260, 4 bdrs, 2 fireplaces, fin. rec rm, 3 baths, dbl. gar. FA gas heat, built in 1987, spotless, much more
Reduced $229,900
Call Ginette
#53000154

422/424/ 424A WATER STREET



Ex. triplex, gas heat, newly updated owners unit, walking distance from shopping & banks. Extra income from other units, central air, large lot, parking.
Only $115,500
Call Ginette
#53000177

1100 KIRKMAN COURT



Come view this well built cottage style 2 storey brick home. Hdwd flrs, dbl. city lot, garage, fireplace, access to river & bike path, paved drive.
$89,900
Call Ginette
#53000209

321 IVAN CRESCENT



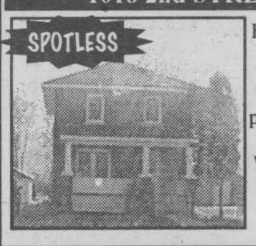
Features gas heat, large lot, 3+1 bdrms, ceramic & hdwd flrs, survey, oak cupboards, Markell built, garage, paved drive, owner will consider rec rm. renovations in price
$144,900
Call Ginette
#53000147

704 JASE STREET



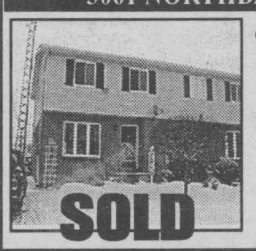
Ex. semi features 3 bdrs, bach. apt. in bsmt. for extra income, FAE heat, private parking, fenced in yard. Great location
$83,900
Call Ginette
#53000204

1018 2nd STREET WEST



Beautiful & vacant, all brick, 2 storey, move in condition, hdwd. flrs, gas heat, private parking, west end location, garage, all new windows, much more.
$86,900
Call Ginette
#53000183

3061 NORTHDALE AVE.



Come view this beautifully decorated home, featuring gas fireplace, 3 bdrms, 2 baths, oak cupboards, patio deck, quiet location, 10 yrs. old.
$89,900
Call Ginette
#53000206

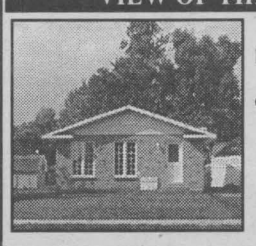
LICENSED BAR & RESTAURANT



High traffic in west end. Owner will consider financing to qualified buyers. Well established restaurant & bar, liquor licence, good income, lots of parking, survey avail.
Reduced to $189,900
Call Ginette
#53000123

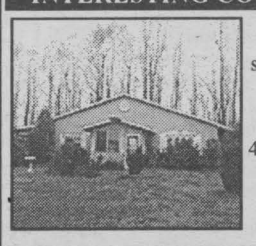

Judi Auger
Associate Broker

VIEW OF THE RIVER



This brand new 3 bdrm. backsplit offers gas heating, LR/DR combo, finished family rm., rough-in for 2nd bath, dbl. paved driveway.
All for $112,000
Call Judi
#53000172

INTERESTING COUNTRY HOME



Very open concept & spacious with 2 bdrms, main fl. laundry & 3 season sunroom. Carport plus pond. 486' frontage, fireplace
All for $59,900
Call Judi to view
#53000188

Thinking Of A New Career?
Call & Ask For Judi to discuss becoming a real estate agent

JUST LISTED



Excellent 4 bdrm. home with eat-in kitchen, dining room & main fl. laundry, fin. bsmt, 3 baths, recent shingles, fenced yard, gas heat.
509 LYNWOOD
$136,000
Call Judi
#53000214

WELL PRICED



Oak kitchen, dining area looks out over fenced back yard, 3 bdrms, m.brm. is 21 ft, oil heat, 200 amp service, 1-1/2 car garage, insulated & wired with 220 outlet
$89,900
Call Judi
#53000159

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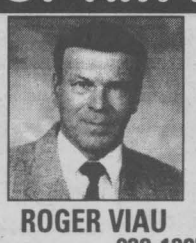


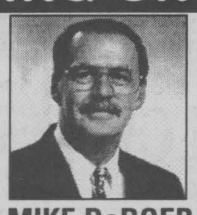
ROGER VIAU
Sales Rep. 932-1325



JACK ROY
Sales Rep. 931-1290



ERIC PEDERSEN
Broker 938-9690



MIKE DeBOER
Broker 938-7802



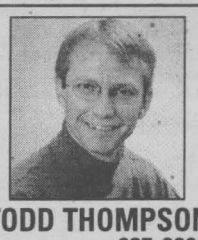
SHERRY McCULLOUGH
Sales Rep. 937-0891



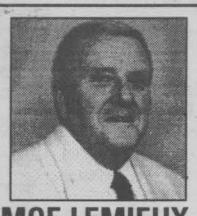
MONIQUE WILLIAMS
Sales Rep. 932-7196



MAURICE DROUIN
Sales Rep. 933-6146



TODD THOMPSON
Sales Rep. 937-0292



MOE LEMIEUX
Sales Rep. 932-9386



DAVID COX
Sales Rep. 930-9251



MICHAEL VANDER MEER
Assoc. Broker 938-2121



BE YOUR OWN BOSS!
$159,000
(M-MLS 0171) St. Andrews Confectionary Store with living quarters, post office & pizzeria. Great potential.
JACK ROY 931-1290



REDUCED...$85,500
(A-MLS 1192) Established 2-bay fully equipped garage, centretown area with good parking & extra income from rented house
JACK ROY 931-1290

(A-MLS 0193), **NEW LISTING**
802 YORK ST.
Maint-free, 2+1 raised bung,
$87,500

(A-MLS 0193),
1555 AUBIN,
North End, **$85,500**

(A-MLS 0143),
1305 LASCELLE,
3 bdrm, brick bung, **$91,500**
(A-MLS 0140),

708 GLENGARRY BLVD
3 bdrm townhouse, **$56,900**

For More Information call
ROGER VIAU 932-1325





PARKWAY ESTATES
NEW PRICE...$139,900
(O-MLS 0012) Just west of Long Sault, 1472 sq. ft. brick bung, 2-car garage, hdwd flrs, serviced lot 100x200
ERIC PEDERSEN 938-9690

PARKWAY ESTATES
Just West of Long Sault
BUILDING LOTS
100'X200' - $39,900
(O-MLS 0028) Paved roads, municipal water, excavation & backfill of foundation. Installation of sewage disposal system, sod front yard & top soil.
ERIC PEDERSEN 938-9690



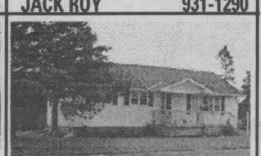
6610 VIVIAN CIRCLE
BAYVIEW ESTATES
NEW PRICE $124,900
(J-MLS 0149) Large pie shaped lot with dbl car garage, 3 bdrms, 2 baths, large elevated patio deck.
ERIC PEDERSEN 938-9690



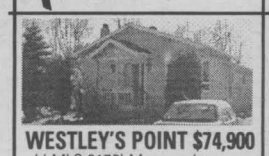
1317 CHURCHILL
NEW PRICE...$86,900
(A-MLS 0188) Well kept 3 bdrms, hdwd flrs, new windows, central air, 2 baths, lot 50x135
ERIC PEDERSEN 938-9690



INCOME - 4PLEX
$118,000
(A-MLS 0190) Gross income $24,600, baseboard elect heat, 4 elect panels, full lot
ERIC PEDERSEN 938-9690



LONG SAULT $84,900
(M-MLS 0162) 3 bdrm bung features garage, rec rm, close to beaches & park
MIKE DeBOER 938-7802



WESTLEY'S POINT $74,900
(J-MLS 0178) Many updates on this 3 bdrm. bung, modern kit. with lazy susan, 2 decks, 14x30 insul. garage with wdstve. Extra lot with boathouse across road incl.
MIKE DeBOER 938-7802

BUSINESS & COMMERCIAL
BUILDINGS $159,900
(P-MLS 0183) Great potential, 2 Quanset buildings 3200 sq. ft. each & 1 of 7200 sq. ft. situated on approx. 20 acres located near Morrisburg. Business has been operating many years. For details call
MIKE DeBOER 938-7802 OR MOE LEMIEUX 932-9386



49 LENNOX $54,900
(A-MLS 0103) Are you happy renting? If not, dial us now to possibly own this well-decorated home, close to all amenities.
SHERRY McCULLOUGH 937-0891



1305 QUEEN ST.
$106,500
(A-MLS 0142) Close to parks, schools, churches, bus route & shopping. A real family home
SHERRY McCULLOUGH 937-0891



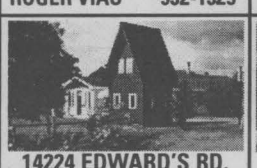
324 6TH ST. W. $45,000
(A-MLS 0114) Wanna peek? Call Sherry to view this 2 bdrm bung in centretown. Great for retirees or first time buyers
SHERRY McCULLOUGH 937-0891



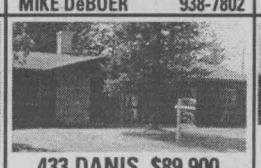
15918B MANNING RD.
$59,900
(O-MLS 0219) Here's a good start! Older home located just on the fringe of Long Sault. 3 bdrms, hdwd floors. Must sell!
SHERRY McCULLOUGH 937-0891



534 MARLBOROUGH
NEW PRICE...$84,900
(A-MLS 0167) If space is what you need, this is the perfect house for you. 1485 sq. ft., large yard, det garage & many updates. Call to view
MONIQUE WILLIAMS 932-7196



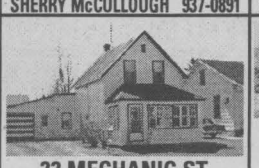
14224 EDWARD'S RD.
INGLESIDE $74,900
(O-MLS 0070) No stairs ... no fuss ... no muss. Room to roam & enjoy the country
MONIQUE WILLIAMS 932-7196



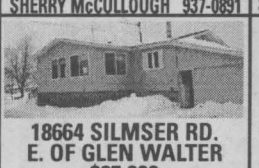
433 DANIS $89,900
(A-MLS 0161) Fabulous neighbourhood, inground pool, large yard & over 1500 sq. ft., 3 bdrm brick bung. Must See!!
MONIQUE WILLIAMS 932-7196



38 ST. LAURENT
LONG SAULT
$94,900
(M-MLS 0076) Psst! Best kept secret in Long Sault. At only 4 yrs. old, you have to see this baby
MONIQUE WILLIAMS 932-7196



22 MECHANIC ST.
MAXVILLE $39,900
(I-MLS 1219) Quiet village home. Some new windows & 3 new doors & large back porch
MAURICE DROUIN 933-6146



18664 SILMSER RD.
E. OF GLEN WALTER
$87,900
(J-MLS 0212) Completely redone interior with southern sunrm with att garage on a 72x236 lot, bordering wide creek leading to river
MAURICE DROUIN 933-6146

ATTENTION BUILDERS
LOCHIEL ST.
REDUCED $139,000
(A-MLS 0127) 4 acres of development land. Draft plan for 15 lots.
TODD THOMPSON 938-2121



607 AUGUSTUS
REDUCED...$47,500
(A-MLS 0138) Great 3 bdrm bung with hdwd flrs throughout. new shingles & re-insulated
TODD THOMPSON 938-2121

I presently have multiple purchasers for different types of property in Cornwall, Long Sault & Ingleside areas from $50,000 to $130,000.
If you have been considering selling,
ASK FOR TODD 938-2121



105 DICKINSON DR.
INGLESIDE
NEW PRICE...$265,000
(O-MLS 0082) Well-established truckstop with restaurant, truck & car wash, rented warehouse. Restaurant has 2556 sq. ft., lot size 150x500
MOE LEMIEUX 932-9386



EXCELLENT STARTER
$56,900
(A-MLS 0054) Well-kept 2 bdrm starter home with possible 3rd bdrm, loads of closet space, spacious kit. w/lots of cpbds, many updates. A must see!
MOE LEMIEUX 932-9386



417 THIRTEENTH ST. W.
$129,000
(A-MLS 0214) Well-established family owned confectionary store for 45 yrs. Includes bldg. High traffic area
MOE LEMIEUX 932-9386



FIRST TIME
HOME BUYERS $47,000
(A-MLS 0207) Detached garage. Many renovations
DAVID COX 930-9251



INEXPENSIVE LIVING
$49,900
(A-MLS 0099) 2-2 bdrm. apts. CLose to many amenities. Let the tenant pay your mtg.
DAVID COX 930-9251



MOOSE CREEK AREA
$109,900
(L-MLS 0197) 3 bdrm bung with fin rec rm on approx 3 acres with large barn used as warehouse
MIKE VANDERMEER 938-2121



DOUBLE TENEMENT
$47,900
(A-MLS 0155) Large 3 bdrm unit plus 2 bdrm to help pay the mortgage, overlooks ball park
MIKE VANDERMEER 938-2121



LONG SAULT $126,900
(M-MLS 0225) Executive-style bung with central air, fireplace, attached garage
MIKE VANDERMEER 938-2121



RR 1 ST. ANDREWS
$97,500
(M-MLS 0166) bung. on 1 acre with triple car garage & sunroom addition. Shows very well.
MIKE VANDERMEER 938-2121

INGLESIDE $84,900
(O-MLS 0036) 2+2 bdrm brick bung. with attached on hedged lot. Great value for the money
MIKE VANDERMEER 938-2121

HOBBY FARM $139,900
(M-MLS 0116) A-frame style home on 18 acres with dbl. garage & small horse barn. Very unique property
MIKE VANDERMEER 938-2121

COUNTRY $86,900
(M-MLS 0220) With some City conveniences such as cablevision & bus stop at front door + a 4 bdrm home on a one acre lot
MIKE VANDERMEER 938-2121

CORNWALL $74,900
(A-MLS 0217) 4 bdrm home with 1 bdrm detached granny suite & det garage
MIKE VANDERMEER 938-2121

ARTICLES FOR SALE

FUNK & WAGNALLS standard reference encyclopedia. Volumes 1-25 plus Volume I of Young Student encyclopedia. $35. Call 938-8301 after 6pm.

HYDRAULIC WOOD splitter parts. Cylinders, pumps, I-beam, oil tank, fireplace insert. Call 930-9864.

ESTHETIC EQUIPMENT & supplies for sale. Vapozone never been used. Esthetic bed, like new & other various items. Call 936-6875.

AT LOW PRICE! Buy now, pay in June. Effective on purchases of $500. and more, on credit approval. First quality materials, unbeatable prices. Floating floor: 15-yr warranty $1.19-ft. 20-yr warranty $1.49-ft. Pre-varnished rustic hardwood floor: Birch $2.19-ft. Oak $2.59-ft. Show us this ad & get $50. rebate on purchases of $500. & more of floor or $100. rebate on purchases of $1,000. & more of floor. Just one coupon per customer. Effective January 22-27th, 2001. Bargain Building Materials 613-527-5090.

TARGET EXERCISE BIKE, in very good condition. Call 525-3349.

FORECAST LUGGAGE, 1 set, green, 17"x25" and 15"x20-1/2" plus carry-on pouch & make-up kit. $50. Call 936-8784 after 6pm or leave message.

FIREPLACE SCREEN 25"H x 36"W. Call 525-3349.

INGLIS WASHING machine, $50. Bedroom bureau with mirror, $35. Call 936-9881.

ARTICLES WANTED

WANTED

Old Fishing Lures & Wooden Duck Decoys
938-8839
SN4

26 FARMERS MARKET

BUY NEXT YEAR'S WOOD at last year's prices. Ash & Elm. Call 932-8623.

DRY FIREWOOD. Pine & cedar lumber. Joint & pine flooring. Cedar rails & posts. Hardwood flooring. Robertson's Sawmill, Martintown. Call 528-4262.

STOVE WOOD - Mixed & hard maple body wood. Buy next year's wood at discounted prices for quantity. Some dry available. Call 346-2390. Cell #360-1384.

AUCTIONS

ESTATE HOUSE SALE
Antiques, Household, Real Estate
OF THE LATE TOBY APPLEBAUM
204 Main Street, Lancaster, Ontario
FRI., JAN. 26 & SAT., JAN. 27
8:30 am - 5:00 pm

Small glass front china cabinet; Archibald Browne painting; hall table with rope legs; oak umbrella stand; misc. tables; upholstered chairs; oriental type carpets; area rugs; brass & marble floor lamp; table lamps; hall mirror; wall lamps; parlour chairs; 7'x9' matching area rugs; dishes; glass ware; fiesta ware; chandelier; pine store counter; side by side fridge; stove; dropleaf table with 3 arrowback chairs; 8' balloon blind; window dressings; 4 pc. bedroom set; single beds; vanity & stool; Eureka powerline plus upright vacuum; air conditioner; floor fans; king size bedspread; linens; small kitchen appliances; oak medicine cabinet; garden tools; other misc. articles.
REAL ESTATE: Brick two storey, 4 bedrooms, dining & living room, kitchen, also - rented premises for commercial business.
Terms: Cash or Acceptable Cheque
FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com sn 3

26 FARMERS MARKET

sn4

IT'S STILL APPLE TIME!!
Many varieties available, also Cider - Apple Products
• Pies ready for the oven
• Gift baskets ready made or made to order and a uique gift shop
Smyth's Apple Orchards Dundela
Home of the McIntosh apple
8 km North of Morrisburg on Hwy 31 to flashing light in Williamsburg - West 4 km to Dundela
Open 7 days a week at 8am
652-2477

30 HOME SERVICES

J.R. RESTORATION - Roofing, chimney repairs, doors, windows, siding, brickwork, bathrooms, family rooms, painting, ceramic tiling. For all your renovation needs, inside or out. Call J.R. 613-938-7742.

HOUSE CLEANING, don't have time or dislike it. Give me a call. I can help. Nicole, 936-8891.

CHOICE MAIDS - We will clean your home and put ease into your day. Spring & Fall cleaning available. Weekly, bi-weekly, monthly. For prompt and friendly service, call Marion Young, 932-4753. Free estimates.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge trimming, fencing, roofing, painting, snow blowing, yards, basements, lawn cutting, tree cutting. 938-1684.

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

MIKE'S TREE PRUNING, cutting & removal, general yard work & cleaning. Will do demolition. Eavestrough, chimney cleaning & repair. Carpentry work & painting. Free estimates. Call Mike 931-1251.

STRIPALL - Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways, No job too big or small, antique or not. Free estimates. Long Sault, 534-8494. Visit our website www.stripall.com
Try our industrial stripper $30. gallon.

The PERFECT HANDYMAN - Renovations, building & addition needs, roofing, siding, drywall, decks, sheds, garages, patios. Call Robert The Perfect Handyman, 525-2197. Free estimates & customer satisfaction.

AUCTIONS

HOUSE SALE
Antiques & Household
MRS. VERNA MacGREGOR
35 Main Street South, Maxville, Ontario
WED., JAN. 24 & THURS., JAN. 25
8:30 am - 5:00 pm

Oak mirrored back buffet; two door kitchen cupboard; step back cupboard; 2 blanket boxes; small 11"x19" blanket box; oak parlour table; wicker arm chair; repro pine kitchen table & 4 Windsor chairs; conn oran and bench; dressers; beds; vanity & stool; misc. chairs; dishes including ironstone place setting for 8; dainty lady teapot; glass ware including pr. blue swirl vases; press glass; music stand; large wicker tray; quilts; linen; childs trunk; wooden blocks; stero scope & cards; pictures including the "Gallant Father"; large portrait; vintage clothing; hats including 1910 large wide brim beaver hat; 1928 S.D.&G. peddlers tag; circa 1940 wholesale hardware catalogue; two Wild Bill Hickok hand guns; "Mary Ann" Doll circa 1940; Coca-Cola cooler; wooden boxes; Singer sewing machine; Kenmore apt. size washer; small freezer; antique wooden wheel barrow; small elec. lawnmower; other misc. articles.
Terms: Cash or Acceptable Cheque
FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com sn 3

AUCTIONS

REAL ESTATE AUCTION
Saturday, January 27th
11 am sharp!
at 418 McConnell Ave. Cornwall
TO BE SOLD ON SITE:
Triplex - Gas heat, Separate Meters
New Electrical Services
① 3 bdr. pays $500.@ mo.
② 2 bdr. pays $415 @ mo.
③ 2 bdr. vendors unit will be vacant Feb. 28th
This income property, **WILL BE SOLD** subject **ONLY** to a minimum bid of $20,000
TERMS: $1,000 deposit-balance due on or before February 28th, 2001
Note: Good investment opportunity-esp. for a live-in owner. Don't miss it!
OPEN HOUSE
SATURDAY, January 20th 1 - 3 pm
"Have Gavel Will Travel"
Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

38 HELP WANTED

NEED EXTRA CASH? Earn extra cash delivering flyers in your neighbourhood. We are presently looking for distributors in your area. We need conscientious & reliable people for our Friday distribution. It's a great family activity which provides a nice second income as well as valuable exercise. If you own a vehicle & can set up a distribution team, please call us now. Doug Delage, 930-2025.

$300., $500. OR MORE per week assembling jewellery at home. No experience needed. Send a self-addressed stamped envelope to: Bucci, 6-295 Queen St. East, Suite 274. Ref: 158, Brampton, Ontario, L6W 4S6.

ABSOLUTELY FREE INFO. Earn on-line income, $2,000 - $5,000/mth. www.get-set-now.com

SNOW PLOWS
Sales & Service
Mike's Automotive
Carmikel System
Est. 1974
936-6868 sn2

40 AUTOS FOR SALE

1997 DODGE NEON, automatic, 4-dr, red w/grey interior, air, cassette, undercoated. 54,000 km. $9,500. safetied. Call Laurie at 933-2807.

1987 CHEVROLET CAPRICE Classic. Very clean. Runs very good. 240,000 km. Asking $2,600. or B.O. Call 936-8891.

94 FORD TAURUS S WAGON fully load, trans. needs work, asking $1,900
93 SUZUKI SWIFT G.S. 4cyl., 5spd., new tires, 144,000 km, safetied, ... $2,450
92 CAVALIER RS fully loaded, V6, auto, 98,000 km, safetied $3,595
89 GRAND CARAVAN 7 pass, 3.0 L, overdrive, remote starter, safetied ... $1,850
89 SUZUKI SIDEKICK 199,000 km, safetied $2,650
88 HONDA CRX SI 5 spd., fuel inj., clean inside, needs windshield, ... $1,850
CARVETTE SALES
Div. of Yves Lamoureux Service Inc.
129 Kenyon St. W., Alexandria
613-525-4309 1-877-218-2735 sn3

AUTO LOANS
Bank Says No? We Say Yes!
• YES we accept all credit applications.
• YES to dishcharged bankrupt.
• YES to poor credit or no credit.
• YES over 50 units in stock
We Can Help You Re-Establish Your Credit
Toll-Free Automatic Service Call 24 Hrs
CREDIT HOTLINE 1-877-332-4477

Cornwall's USED CAR DEPOT
933-9883
"Affordable Certified Cars.
Vans & Trucks From Only $2,800"
THIS WEEK'S SUPER VALUE



'94 DODGE CARAVAN
Fully Loaded, 10th Anniversary Edition, 6cyl., auto
Only $6,800
5757 Hwy 138, Cornwall sn2

VEHICLE FOR SALE - Tired of being offered second rate vehicles, especially with a credit problem. Call Car-o-line Auto's, local 613-448-2488 or long distance 1-877-820-5598. Over fifty 90's vehicles to choose from.

41BABYSITTING

BABYSITTER AVAILABLE to babysit in my home. Bilingual, 24-yrs experience. Will give receipts. References available. Call Denise, 937-3789.

NANNY. EXPERIENCED reliable person for infant. Variable working schedule. 15-40 hrs/wk. References req'd. For info, call 938-2484.

57 DJ'S

POWER SOURCE DJ's. Part of the professional group of D.J.'s. Specializing in stags, weddings & any other special occasions. Karaoke & lights & 10-person trailered Hot Tub available. Call Ray 938-1962/Rod 936-0652.

62 MUSICIANS

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CROSSWORD PUZZLE

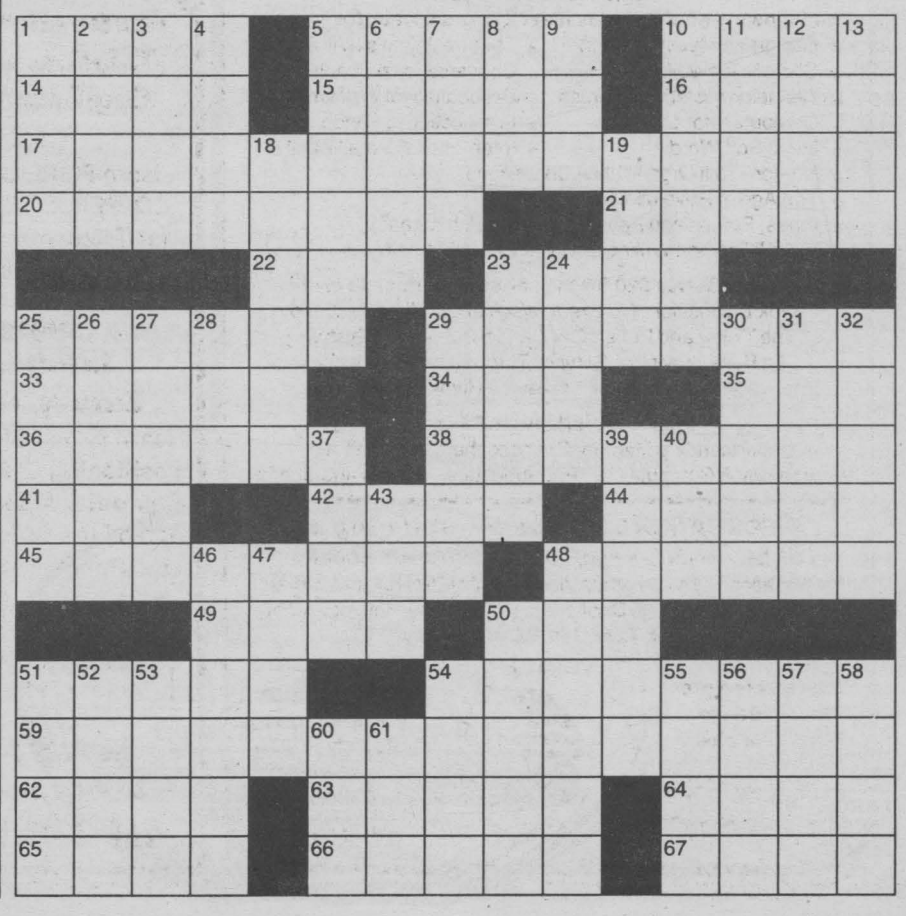
CLUES ACROSS

1. Chop up
5. Islamic pilgrim
10. Government officials
14. Turkish title
15. Make a choice
16. Alter
17. January event
20. Argyle and plaid
21. Ribonuclease
22. After B
23. Anger
25. Nut
29. Negligent
33. Jack-in-the-pulpit, for example
34. Breeze through
35. 17th letter of the Greek alphabet
36. Type of beard
38. Cyclical
41. Second sight
42. Jan van der ____, Dutch painter
44. To call (archaic)
45. Loses hope
48. Pursues
49. Custom
50. Octagonal motif in Oriental rugs
51. Guide
54. Point to
59. Football and basketball
62. Beige
63. Wampum
64. Small buffalo
65. Tapered tuck made in dressmaking
66. Rattling breaths
67. Jet or King

CLUES DOWN

1. Catch
2. Water (Spanish)
3. Cargo (abbr.)
4. Minute amount (Scottish)
5. Jewish language
6. Solely
7. Condensates
8. Directs mainframes
9. Belonging to a thing
10. Herb
11. Icelandic poems
12. Bartolomeu ____, explorer
13. Infection of the sebaceous gland of the eyelid
18. Drop off
19. Irrational motive
23. Stock car, for example
24. Region
25. Confined
26. Bobbed up
27. Daytime TV shows
28. Bump
29. Bed linens
30. Sea eagles
31. Form
32. Flatfish
37. Eject
39. Carry (slang)
40. Leaf from tailpot palm
43. Before
46. Tailored earlier
47. Direction (Scottish)
48. Expletives
50. Pass
51. Old
52. Prevents harm to creatures
53. German courtesy title
54. Give birth to a horse
55. Char____
56. Thomas ____, British composer, 1700
57. Greek portico
58. Tyrant
60. Month (abbr.)
61. Breakfast beverage

SOLUTIONS ON PG 27



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CROSSWORD SOLUTION

SOLUTIONS ACROSS
1. Hash
5. Hadji
10. Feds
14. Agha
15. Elect
16. Edit
17. Super Bowl Sunday
20. Patterns
21. RNase
22. Cee
23. Rage
25. Cashew
29. Careless
33. Aroid
34. Ace
35. Rho
36. Goatee
38. Seasonal
41. ESP
42. Meer
44. Clepe
45. Despairs
48. Chases
49. Rite
50. Gul
51. Usher
54. Forecast
59. Spectator sports
62. Ecru
63. Peage
64. Anoa
65. Dart
66. Rales
67. Lear

SOLUTIONS DOWN
1. Hasp
2. Agua
3. Shpt.
4. Haet
5. Hebrew
6. Alone
7. Dews
8. JCL
9. Its
10. Fennel
11. Edda
12. Dias
13. Stye
18. Recede
19. Urge
23. Racer
24. Area
25. Caged
26. Arose
27. Soaps
28. Hit
29. Cases
30. Ernes
31. Shape
32. Soles
37. Emit
39. Schlep
40. Ola
43. Ere
46. Precut
47. Airt
48. Curses
50. Gorge
51. Used
52. SPCA
53. Herr
54. Foal
55. coal
56. Arne
57. Stoa
58. Tsar
60. Apr.
61. Tea

Bridge Results

Cornwall & District Bridge Club, Jan. 8th, 2001 (Overall)

1. Margaret Campbell - Carol Reus
2. Richard Fawthrop - Voytek Pomykalski
3. Barbara Taylor - Nelsa Kalil

Jan. 11th, 2001 (Overall)

1. Voytek Pomykalski - Kirkwood Mallette
2. David Kalil - Maurice Roussy
3. Brian McCartney - Richard Baird

Independent Bridge Club, Jan. 10th, 2001

N/S
1. Adelaide Hunter - George Bissonnette
2. Rita O'Brien - Jean Stokes
3. Peggy Seymour - Emma Farlinger

E/W
1. Georgette Beaulieu - Therese Latour
2. Jean Forbes - Mona MacPhee
3. Jessie Boyd - Ben Bouvier

Williamstown Bridge Club, Jan. 10th, 2001

1. Homer & Lorna Grant
2. Audrey Pasco - Lydia Johnson
3. Jean Campbell - Isobel Quail

Cornwall Seniors Duplicate Bridge Club, Jan. 12th, 2001

Section A
N/S
1. Mabel Chan - Lydia Legault
2. Mel Colbran - Keith Walker
3. Kay Colbran - Janice Keen

E/W
1. Jean del Greco - Claudette Ladouceur
2. Muriel Smith - Joyce Haines
3. Jody Campbell - Carol Reus

Section B
N/S
1. Brunelle MacDonald - Evelyn McPhail
2. Adelaide Hunter - George Bissonnette
3. Rita O'Brien - Louis Rioux

E/W
1. Rita Watzenboeck - Helen Alguire
2. Emma Farlinger - Gerry Johnston
3. Huguette Arsenault - Fleurette Brunet

Terri's Bridge Club, Jan. 15th, 2001

N/S
1. Dora Barrington - Bert Chaussé
2. Janice Keen - Lucille Sabourin
3. Joyce Harrison - Peggy Seymour

E/W
1. Norma Daigle - Rona Maynard
2. Claudette Ladouceur - Suzanne Bourbonnais
3. Lyette Ladouceur - Roy Parmalee

Alexandria Bridge Club, Jan. 16th, 2001

N/S
1. Pat Graham - Danielle Martineau
2. Joseph Friedberg - Don Crawford
3. Joan & Gilles Lapointe

E/W
1. Gerri Tibbals - Ron Allison
2. John Plsken - William Smith
3. Colette Lanthier - Madeleine Theoret

Martintown Goodtimers Duplicate Bridge Club, Jan. 16th,

1. Audrey Blair - John Roulston
2. Jean & Jim Campbell
3. Don Crawford - Albert Leonard
4. Norah Ruth - Marion Thompson
5. Allan McLeod - Henryk Rzepczyk

72 HEALTH/DIET/ BEAUTY

AUGUSTA HAIR CARE now has Seniors Day on Mondays, 10% off perm & tints. Open Mondays only by appointment. Call Gloria, 933-2627, 127 Augustus.

75 MEETINGS

ARTISTS' GUILD being formed in Ingleside for professional development, group exhibits, etc. Call 537-8659 or e-mail: caldwell@cnwl.igs.net First meeting February.

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'88 FORD F-150 XLT ..... was $3,295 *RED TAG SALE* **$2,990**
'88 HONDA PRELUDE ..... was $3,795 *RED TAG SALE* **$3,295**
'89 FORD TEMPO ..... was $2,350 *RED TAG SALE* **$1,795**
'87 HONDA ACCORD ..... was $1,995 *RED TAG SALE AS IS* **$1,250**
'87 GMC VAN ..... was $2,995 *RED TAG SALE* **$2,495**
'88 HONDA ACCORD, ... *AS IS* **$559**
'92 DODGE CARAVAN ..... was $4,995 *RED TAG SALE* **$4,495**

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NOTICES

UPPER CANADA District School Board

NOTICE OF PUBLIC CONSULTATION

The Upper Canada District School Board will hold a Public Consultation meeting on Thursday, January 25 at 7:30 p.m. at St. Lawrence High School. The purpose of the meeting will be to provide information and receive feedback from the Cornwall elementary school community regarding Board motions which instruct the senior administration to study:

(1) Possible program and boundary changes for Cornwall elementary schools, and

(2) Possible program reorganization for Cornwall secondary schools, noting the possible accommodation implications for Cornwall elementary schools.

These studies reflect the Board's ongoing commitment to provide a quality education for all while operating efficiently within the financial framework provided by the provincial government. All interested persons are welcome to attend.

Gino Giannandrea, Director of Education — Joan Hodge, Chair

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- Canadian Historical Themes
- Computers for Chickens
- Micro Soft Word
- Theatre: What's It All About
- Conversational Spanish
- Sailboating for the Non-Sailor
- Introduction to Windows
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- Pipes, Pumps and Pedals (Local church organs)
- Word Wizardry: Writing Creatively (In Williamstown)

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La Belle Province: Survival Through Independence
History of the St. Lawrence River Institute

Plus .... Workshops $5 each:
Understanding Memory Changes that Come with Age
How to Buy A Computer • Phonebusters: Frauds and Scams

INFORMATION DAY: Wed. Jan. 31 at 1:30 p.m.
St. Lawrence College, Location: Aultsville Theatre
Presentations by study group leaders, light refreshments and registration in person only. Door prize. (NOTE: you may register before Info. Day starting Tues. Jan. 23 @ 10 a.m.)

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For information/ registration, call Beverly Hincks Program Coordinator: 937-1525

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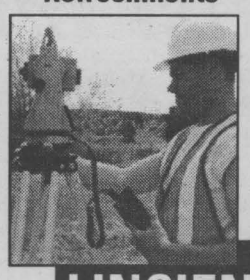

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Cornwall Seniors Shuffleboard Club

"Floor" 3520 Hwy. 138 Eamer's Corners Winners, Jan. 16th, 2001

1:00 p.m.
Madeleine Major - Helene Monpetit
Peter Jamieson - Judy Kirkwood
Candide & Lucie Quenneville
Jean Dougan - Rodolphe Mainville
Roger & Diane Trudeau
Denis & Barb Ducharme

7:00 p.m.
Alvin & Dorothy Gallinger
Rosaire & Candide Quenneville

United Counties Ladies Basketball

Jan. 11th, 2001 - St. Lawrence High School

Game #1			
Star Gazers	**67**	**Rayco Sports**	**47**
Top Scorers:			
Karen Francis	37	Norma Lefebvre	10
Geraldine Jacobs	12	Merle Wheeler	9
Barbara Montor	8	Angela Martell	8
Game 2			
St. Lawrence College	**73**	**Rat's Nest**	**54**
Lucie Michaud	18	Susan Shannon	22
Erin Dixon	14	Shannon Mongillo	11
Maureen Laframboise	12	Genevieve Tibi	11
Game 3			
Cornwall Gravel Pits	**55**	**Grower Direct**	**31**
Catherine Gagnon	23	Theresa Gibson	12
Carole Blais	8	Nancee Cruickshank	6
Carole Duchesne	7	Sam Schuler	4

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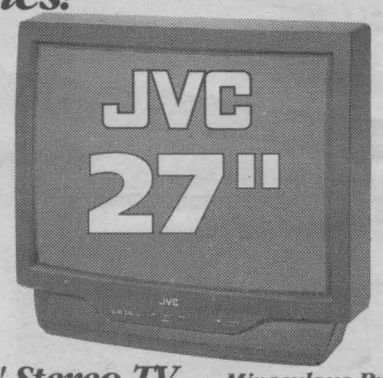

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