SEAWAY NEWS

January 4, 1993 VOLUME 7, ISSUE 1 SERVING CORNWALL AND AREA

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Former Mayor ... Retired But Still Active

by Dan Karon

When former Cornwall mayor Gerry Parisien says he is enjoying retirement. Believe it!

Not only did he retire from municipal politics in 1985 as a winner but he now continues to play important roles in the community.

He tackles his latest responsibility as president and board chairman of Cornwall Electric with the same enthusiasm as he once used at City Hall.

"I enjoy it and it keeps me quite busy ", said Parisien who was mayor for 11 years and has the distinction of being the longest serving mayor since Cornwall became a city in 1945.

"It's really a big job", he said noting that the municipally owned public utility has a $40 million operating budget and serves 24,000 Cornwall residents.

It is also a very convenient job. Parisien lives within three city blocks from the power company's main office. "If they want some papers signed. I can be there within minutes", said the 72 year old former mayor.

Cornwall Electric general manager Ernie Jackson said Parisien's experience is a real asset. "He understands our operations and knows the players, which is a very big plus for us".

Prior to his appointment to the public utility, Parisien headed the successful $2 million Cornwall Joint Hospitals Fund Drive. He accepted this task after serving on a provincial advisory committee reviewing Ontario's Municipal Elections Act. Parisien also served for four years as a member of the Ontario Police Arbitration Board.

That's a hectic schedule but Parisien likes it because, unlike most other retirees, he has no plans to use his new leisure time for travelling.

"I'm not really a travelling person. I guess it's because I did so much travelling in my army career and as a mayor". During the Second World War, Parisien served four years in Europe as a gunnery sargeant.

"As a mayor and president of the Association of Municipalilities of Ontario, I have been in every city of any size in Ontario", he said. Parisien also differs from most retirees in that he has never been to Florida. "I guess I'm what you call a Canadian first class. I'm used to the cold weather and I don't mind it at all".

Another reason for not travelling far from home is that his two sons and daughter live with their families in the Cornwall area. "I'm happy they didn't have to leave the area to support themselves", in noting the family is very close knit.

The living and dining rooms at the Parisien home are filled with family photos from Gerry as a preteenager to latest family addition, a fourth grandchild.

One of Parisien's favourite pastimes is fishing and often, during the summer months, he can be seen along the Long Sault Parkway trying his luck. "But, I don't take it seriously and it is just for pleasure and relaxation".

A newer pastime is going to the Rideau-Carleton race track. "It is just for fun and it is certainly not for the money", noting that he and his wife Isobel have a $2 bet limit on each race.

Although quite often Parisien is still greeted by Cornwall residents as Mr. Mayor, he has no interest in making a comeback. "I do have a certain amount of contact with city council through my position at Cornwall Electric but that's as far as it goes".

"I wouldn't interfere with them and there is no way I would tell them you shouldn't have done this or that or tell them how I would have done it".

"It is their turn to make decisions and I hope they make the right ones. If they don't, well I'm not going to be the first one down there to tell them that", he said.

Parisien has no regrets about retiring from municipal politics at the end of his fifth term as mayor. "The enjoyment I always experienced in the position of mayor has greatly diminished and I wanted to go out as a winner with the city in good shape."

But, municipal politics was the last thing on Parisien's mind when he came home from Europe in 1945. His top priorities then were to win the hand of his wife Isobel and to take over the family grocery.

Parisien was successful in both endeavours and his interest in municipal affairs was kindled when he became active in the city's retail merchant's association. In 1953, he was urged to run as an alderman and won easily. He was re-elected for three more two-year terms.

cont'd on pg. 3



Gerald Parisien continues to enjoy a pretty full schedule in spite of retirement.

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NEW ARRIVALS DAILY

SYLVIA'S SCENE

By Sylvia Hall
SEAWAY NEWS

Hope you all had a joyous Holiday season. Hope you are all happily taking down all the trappings. Down with the tree, the lights and the ornaments. Have you noticed that no matter how carefully you check and individually pack away the Christmas lights, they don't work one year later. Then you find that those lovely light bulbs are no longer replaceable. They are obsolete. What a wonderful make-work project that is. What an aggravation. Then you are all set up to light up the outside tree, only to find it has grown at least two feet since last year. Then you can't find matching light bulbs for it either.

The young children get very excited when it's time to trim the tree and put up the decorations. They all have their own ideas. Before their bedtime rolls around they are so hyper and geared up, that their parents wish they had as much energy as their children.

After the children are finally hunkered down, comes the real work. Those presents that are labelled "some assembly required", plus instructions telling you how easy it is. That's when you wish you had a complete set of tools. Vowing that will be next year's present. Also vowing to have a long enough ladder for the ongrowing outside tree and extra lights and extension cords. Then the last minute shopping, packing and wrapping. That was really fun. When we used to have early snowfalls it was easy to get into the spirit. Lately the winters haven't seemed too Christmassy. Maybe it's just me, but I can't get enthused when the lawn is green in mid December and looks as though it needs cutting. Friends and relatives have addresses in Florida. Do they really want cards showing snow - of course not. Why do you think the are basking in the sun.

I used to mention the weather etc., until I realized it sounded whiney. They know how cold it is, and that half the family has the flu. So now I write and tell them how much the family (not me of course) is enjoying the ski slopes, snowmobiling and snow shoeing. Hoping it stays cold enough for everyone to enjoy outdoor skating and ice hockey. We have to accentuate the positive don't we? Actually most of us get more healthy exercise in the Winter than the snowbirds. We feel virtuous having shovelled snow and battled the elements. Then there is the reward of enjoying a warm, cheery log fire with a hot drink. Also feeling good about finally mastering the instructions on the "some assembly required" toys.

Why does that statement give me the same feeling I get when a surgeon says "you may experience some slight discomfort". The word 'slight' and 'some' should be deleted from both expressions and replaced with "lots of".

Oh! yes, another season glitch is receiving cards or letters from people you forgot or figured you wouldn't hear from. It's guilt time again. Happens every year. We didn't hear from them last year so scratch, only to get a card this year. Weeird isn't it?

Well, by now the tree is down. Either packed away, thrown out or chopped up for kindling. Depending what kind you have or had. What are left of the ornaments after children, dogs or cats have demolished them, are packed away. The furniture is now arranged back to the way it was before the tree had to be accomodated. I am back in my "Archie Bunker" chair in my favourite spot.

Everyone says what a wonderful Christmas it was. The last minute shopping, packing and wrapping was really quite fun. The long distance phone calls to and from relatives and friends were loving and comforting.

Too bad the travel plans of distant relatives were cancelled due to bad weather, sick children or economic problems. Hard to believe that is is cheaper to fly to Europe than to parts of Canada.

Now it is the time for the stores to go crazy dealing with shoppers returning or exchanging gifts. Time to think of a different ways to re-run the turkey into appetizing meals, or find room in the freezer. Time to sadly say Goodbye to visiting friends and relatives. Time to give thanks that they are employed, healthy and happy. Time to sit back and ponder on what this Season is really all about. Time to rejoice in our good fortune in having people who shared those special days with us. Time to pray that next year will be a really New Year for the needy, the homeless and the helpless. Time to say I wish all you wish yourselves in 1993.

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Flanagan Pop Quiz

By Mike Flanagan

Deck the tube with boughs of holly! Fall is over just in time for television's 30 days of Christmas! From Rudolph the Ray-Banned Reindeer to Santa Claus Superstar, live from the North Pole via the West Coast in sugar plum vision, it's ..... **A HOLLYWOOD CHRISTMAS**

1. What child performer played a youngster from Mars in "Santa Claus conquers the Martians" (1964)? a) David Cassidy b) Michael Jackson c) Patty Duke d) Pia Zadora

2. What was lost for 33 years before it aired on CBS in December 1989? a) The 1956 "I Love Lucy" Christmas special b) The 1956 "Ed Sullivan" Christmas special c) The 1956 production of "Amahl and the Night Visitors" d) The 1956 production of "Peter Pan"

3. Who narrated 1956's "How the Grinch Stole Christmas" by Dr. Seuss? a) Peter Lorre b) Vincent Price c) Boris Karloff d) Bela Lugosi

4. Whom did Mickey Mouse play in "Mickey's Christmas Carol"? a) Scrooge b) Bob Cratchit c) Tiny Tim d) The Ghost of Christmas Past

5. What special was based on a book by Jean de Brunhoff? a) "The Snowman" b) "Madeline's Christmas" c) "Babar and Father Christmas" d) "Little Christmas on the Prairie"

6. What all-American family had "National Lampoon's Christmas Vacations"? a) Oswalds b) Griswolds c) Nelsons d) Bradys e) Stupids

7. What is the plot of "The Simpons' Christmas Special"? a) Marge has Bart's tattoo removed with extra cash, unaware that Homer isn't getting a Christmas bonus b) Bart gets hit in the head at a Krusty broadcast, dreams he's in "It's a Wonderful Life" c) Homer mistakes Santa for a prowler and locks him in the basement d) Marge wins a dream trip to Dallas with Tom Jones, but is reluctant to leave her family at Christmas

8. What role was played by Henry Travers? a) Santa Clause in "Miracle on 34th Street" b) The angel in "It's a Wonderful Life" c) Owner of the winter resort in "White Christmas" d) Jacob Marley in 1951's "A Christmas Carol"

9. What happened in the wake of protests that greeted the release of the 1984 slasher film "Silent Night, Deadly Night"? a) Producers apologized and withdrew the film from the market b) Studio renamed the film "Black Christmas" c) All the profits went to UNICEF d) It was the inspiration for four sequels

10. Who directed the 1992 remake of "Christmas in Connecticut"? a) Danny DeVito b) Arnold Schwarzenegger c) Chuck Norris d) Wayne Newton

SUPERBAD: Who is the voice of "Frosty the Snowman" in the 1969 TV special?

ANSWERS: 1 - d, 2 - a, 3 - c, 4 - b, 5 - c, 6 - b, 7 - a, 8 - b, 9 - d, 10 - b.

SUPERBAD: Jackie Vernon.

IN FACT "A Charlie Brown Christmas" was the first ever Peanuts TV special. It debuted in 1965.

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cont'd from front page

In 1961, Parisien made his first try for the mayoralty and failed. Undaunted, he ran for mayor three more times before being successful in 1974.

In the three years outside council, Parisien kept his interest in public affairs alive by using the airwaves. More specifically, through two weekly current affairs radio programs and daily news commentaries. In addition, Parisien wrote a column for a local weekly and was a freelance contributor to newspapers and magazines.

"When I first became mayor I was very fortunate because the world economic condition was more at a growth position than in a stagnant position", recalls Parisien.

"In fact one of the first challenges of the new Parisien administration was to put in place some of the government grants secured by the previous council headed by Mayor Ed Lumley".

The first major civic function for Parisien was the sod turning ceremony for the waterfront civic complex.

From the start, Parisien's main objective was to put Cornwall on the map and to change its image as a dull factory town.

To bring attention to Cornwall, Parisien became involved in provincial organizations. Within a few years, Parisien became president of such groups as the Association of Municipalities of Ontario. The Boards of Health of Ontario and the Municipal Police Authorities of Ontario.

"As a result of that involvement, today there aren't too many Ontario politicians who don't know where Cornwall is", he said.

A similar high profile attitude was adopted in seeking new industries to diversify the city's economy. On one occasion huge billboards, outlining the advantages of relocating in Cornwall, were placed in Downtown Toronto.

"You can't attract industries to Cornwall by standing at the corner of Pitt and Second Streets screaming we need industries", he said. And it wasn't long before Parisien was proven to be right on both counts.

It is impossible to list all Parisien's achievements. But in 1984, for example, 13 new industries located in Cornwall creating 400 new jobs. That was also the year Cornwall celebrated its Bicentennial which was crowned with the visit of Queen Elizabeth and Prince Philip.

Bamboo on the move

Global Perspectives

(NC)—Bamboo shoots, bamboo baskets, bamboo furniture. If Kenyan researchers have their way, we may one day be importing these from Africa as well as Asia.

Africa is not a big bamboo grower, but some species are native to the continent. In Kenya, in fact, the government had to ban the cutting of bamboo in 1986 to protect the country's only native species from extinction. The problem with the Kenyan bamboo is that it grows only at high altitudes and has been overexploited by both farmers and artisans. Researchers say species imported from Asia could grow well in Kenya and elsewhere in Africa. At Kenya's forestry institute, 24 varieties from throughout Asia are now being tried in different climatic and environmental conditions. Several are adapting well to their new locale. One variety from Thailand, for instance, is growing at a rate of more than four metres a year.

This success is not just important for the handicraft industry. Farmers can use bamboo to halt soil erosion because it soaks up water and thus prevents runoff, and it can be used as windbreaks to protect crops. Because bamboo is very strong, it can be used in construction and in boat building.

A second phase of the research, supported by Canada's International Development Research Centre (IDRC), is now introducing the results to rural communities in Kenya. "Green gold" is how the researchers describe bamboo's potential in Africa.



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To ensure smooth running arrange a financial tune-up

By Rozanne Reszel, CA

Who hasn't dreamed of winning the lottery? It's fun to dream, especially in these tough times. But the best way to become a financial

MONEYCARE

winner is to do it yourself.

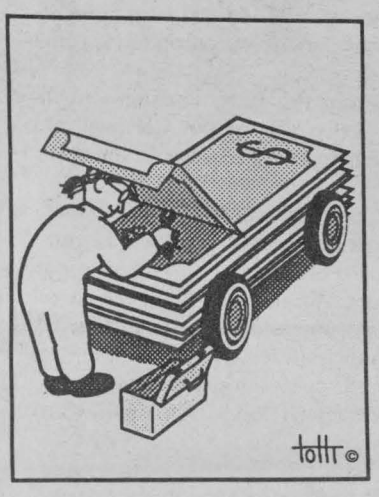
Begin taking concrete steps toward improving your financial position by listing your assets (savings, house, car, collectibles) and liabilities (mortgage, loans, credit card balances), and itemizing your monthly income and expenses. Now check each item to see where you can do some fine tuning.

In uncertain times it is especially important to have cash reserves—enough to cover three to six months of living expenses. Although interest rates are low, this money should be in liquid, minimum risk form such as CDIC insured deposits, government of Canada treasury bills, Canada Savings Bonds, or high quality money market funds. Later you may consider investments with higher rates of return, though their higher risk will have to be measured against your circumstances at that point.

Work toward ensuring your future security by starting now to contribute to an RRSP (Registered Retirement Savings Plan). Even if the amount is modest, make it a priority. If it is difficult to find the funds, consider arranging for automatic withdrawals either through your employer or the bank where your paycheques are deposited.

If you own a home, you may be able to significantly improve your financial position by renegotiating your mortgage since interest rates are at their lowest level in 20 years. Don't despair if your mortgage isn't up for renewal soon. Review the penalties for refinancing and weigh them against the potential savings of a lower mortgage rate. Shop around for competitive rates.

If you rent, check out the market—if you are willing to move, you may be in for considerable savings. In any case, it doesn't hurt to know competitive rates in your



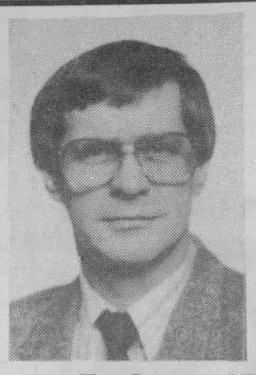
community when talking with your landlord.

Explore competitive rates for other major expenses such as car and home insurance. You may save if you consolidate your policies at one company.

Examine your liabilities. Are you taking advantage of today's lower interest rates? Don't keep unpaid balances on your credit cards as these rates are well above consumer loan rates. If you have a consumer loan, discuss the interest rate with your lending institution and find out what competing institutions charge.

Think about your spending habits. And think creatively. Entertain at home, recycle, and re-use. Shop with a list, shop less frequently, and leave your credit cards at home. Consider a home exchange holiday. Get involved in an inexpensive sport. And don't take financial risks you can't afford.

Moneycare is general financial advice by Canada's chartered accountants. Rozanne Reszel is vice president of Canadian Investor Protection Fund.



I would like to wish all my friends and clients a Happy New Year and continued success in 1993.

Robert (Bob) Blanchard
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S.T.A.R.S. (Strategies Towards Apprentice Retention Services)

The Ministry of Skills Development has provided funds for Community based initiatives to help laid-off apprentices from Stormont, Dundas & Glengarry Counties as well as Akwesasne.

This project known as S.T.A.R.S. will be coordinated by the Industrial Training Council, under the guidance of Mr. Marc Landry (Project Manager).

Our mission is to help you! A list of names identified as laid-off apprentices will be established along with those who may be faced with a lay-off in the future.

The project manager will assist apprentices in exploring opportunities for further training or alternative employment.

Other generic programs such as resume preparation, interviewing skills and job search skills will be provided.

Meetings will take place on a regular basis in the format of one-on-one or group sessions. Individuals will be referred to various community agencies where necessary. Apprentices will be kept informed of temporary, short-term and permanent placements.

For you employers, no matter how slight your needs might be, don't hesitate to call us.

Therefore, to all employers and apprentices regardless of your status, you are asked to contact us: S.T.A.R.S., 1001 Sydney St., Suite 1, Cornwall, Ont. K6H3K1. Telephone: 933-8030.

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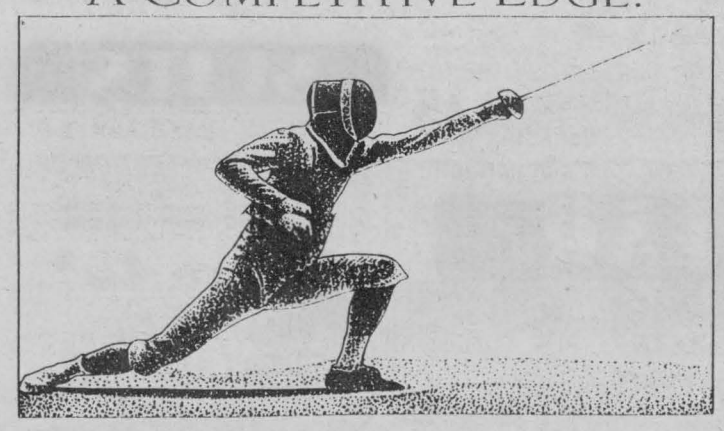

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BASIC BLACK



By Arthur Black
SEAWAY NEWS

Is it me - or is Life really full of dirty tricks?

Back in 1963, I felt privileged to have witnessed (if only via my 17-inch Admiral TV) one of the great oratorical moments in history. It happened in Berlin. A young, tousle-haired American president by the name of John Fitzgerald Kennedy faced an enthusiastic crowd of West Germans and declaired "Ich bin ein Berliner!"

Well, that wasn't too hard to follow. JFK was telling his German allies that as long as the Berlin Wall stood, he would be, in spirit, a citizen of Berlin, right?

Wrong.

Turns out that in Germany a "Berliner" is kind of like a bagel or a turnover, only with jam inside.

So what was Kennedy declaring on that cold grey day in Berlin thirty years ago was:

"I am a jelly doughnut."

Well, Lord knows it's not the only international misunderstanding in history - even for U.S. Presidents. Back in 1977, Jimmy Carter caused a few red faces during a visit to Poland thanks to a Not Terribly Good translator who announced that the U.S. President had "abandoned" the U.S. (He meant that Carter had "left" the U.S. that day).

The hapless translator also had poor Jimmy talking about Polish "lusts" (Carter had merely been speculating on the people's "desires for the future").

But translation is a tricky game. I have in my library a classic piece of inter-lingual butchery written by one Pedro Carolino back in 1883. It's called "The New Guide of Conversation in Portuguese and English".

Right from the title you know this is no ordinary foreign phrase book.

Consider Senhor Carolino's dedication:

"We expect then, who the little book (for the care what we wrote him, and for her typographical correction) that may be worth the acceptation of the studious persons, and especially of the youth, at which we dedicate him particularly."

My favourite section is the one with instructions on how to get your money back for a lousy horse:

"Here is a horse who have bad looks. Give me another. I will not that. He not sall know to march, he is pursy, he is foundered. Don't you are ashamed to give me a jade as like? He is unshoed. He is with nails up."

Scientific experts can screw up too. As the folks in charge of a museum in northern England did a few years back, when they proudly exhibited a Roman sestertius coin, minted, they said, more than 1800 years ago.

Quite popular it was too, until a little nine-year old girl came along and piped: "That's not a Roman coin. It's a plastic thing you get from Robinson's Soft Drinks."

The little girl was absolutely right. As a public relations campaign, a local soft drinks firm had been handing out plastic tokens in exchange for bottle labels.

A red-faced museum curator explained that the museum experts had been taken in by the big letter "R" on the coin. "The trouble was that we construed the letter to stand for "Roma". In fact it stood for "Robinsons", the soft drink manufacturers."

Not that newspapers are immune to the disease. First prize for the all time worst newspaper reporting must surely go to the "Wiltshire Times and Chippenham News" for a feature article it ran about a local man named Harris.

The following week, the paper carried this apology.

"Mr. Harris has asked us to point out a number of inaccuracies in our story. After returning from India, he served in Ireland for four years and not six months as stated; he never farmed at Heddington, particularly not at Coate Road Farm as stated; he has never counted cycling or walking among his hobbies; he is not a member of 54 hunts; and he did not have an eye removed at Chippenham Hospital after an air raid on Calne."

Oh well. At least they spelled his name right.



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CLOSEOUT RETAILING...A NEW WAY TO SHOP
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SCUTTLEBUTT

The best suggestion to be heard in a long time ... considering that the Young Offenders Act is not working ... the next step would be to place the "Repeaters" in adult court!

NEW YEAR'S GREETINGS
All The Best in '93
BARBARA'S FLOWER BOUTIQUE
213 Cumberland 933-5902

Check your blood pressure after reading this "tidbit" ... according to immigration officials, any "fugitive" can claim status at Canadian borders & be allowed in. At present, 380 "refugee" claimants with criminal records ranging from attempted murder & armed robberies to drug smuggling & dangerous weapons are now going through the hearing process & up to 70% will be allowed to remain in Canada. To date, a massive search across North America & Europe have not turned up ex-Ottawa resident, Mohamoud Mohamed Hashi, being sought for violent rape attacks (victims slashed with razor blades before being assaulted). Mr Hashi is also being sought by Interpol for attacks which took place in Switzerland and Saudi Arabia.

Rachel's Flowers & Gifts draw of Dec.24/92 winners ... Barbara Disotell (large gift basket) ... Ruby Van Allen (gift stocking).

Poirier Jewellers
EASTCOURT MALL
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1 HOUR RING SIZING & CHAIN REPAIR
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Upper Canada Playhouse $20 Calendar Lottery winners: Marita Morin/Morrisburg ... Merle S. Well/Ingleside ... Joanne Stevens/Williamsburg ... Dave C. Holmes/Winchester ... Mrs. D. Hignett-Cronk/Brockville ... Mr. Angus C. Pate/Ingleside. And the $50 winner was Michael de Volpi/Morrisburg. 1992 Quilt winner was Rita Gillard/Ingleside.

Newcomers Club getting together on Tues./Jan5, 7:30 pm at the RCAFA building on Water St. West. All you "newies" welcome. Info. 937-4347 or 936-8909.

Floral Expressions
Contemporary Designs
373 11th Street East
Kahnawa 936-1550

While sitting in "opposition", NDP decried any form of gaming ... now have become champions of casinos with the first to be piloted in the Windsor area (despite the fact they have no idea what revenues or what disadvantages might be involved) ... as well, PRO-LINE lottery proving very popular with first week sales of $53,000 in this area ... however, NDP appear unconcerned that minors are abusing the system!

More "Rae-isms" ... on "The Ontario Dream" ... every Ontarian should have a dream, so we will ensure the widespread availability of ... lottery tickets & one-armed bandits! And on "Pensions" ... as a union-based party, we believe pensions belong exclusively to workers. This rule can never be broken ... except when the gov't itself needs cash, in which case pensions will be called ... an Ontario Investment Fund.

Dear "Your Servant" ... please return to SN offices to sign your letter, should you wish it published. Thank you.

More teenies taking up law in order to learn how to "beat the system"!



Dec. 30th (fireworks & cannons go off here), as ... Dawn Shaver welcomes another year! Your family, friends & fans!

There was the classic movie "Flamingo Road" ... now there's the classic "Flamingo Row" (Pine & Cumberland) ... as Don Sewell recently counted off 62 of them!

Cornwall's ... Stephanie Hill exhibiting "My Stories" at the Gallery (C.R.A.G.) ... FROM JAN. 7 TO 30/93.

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Attention ... attention ... Scuttlebutt "contributors"! LAST CALL to pick-up-those-irreplaceable pixs which appeared for birthdays etc etc ... otherwise it's "Kodak Heaven"!

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Sale ends Jan. 14/93

"Thank You" to the St. Andrew's Volunteer Fire Dept. for their quick response (Dec. 28) at 17 Fraser St. We did lose a lot but you saved our house & nobody was hurt. Also "thank you" to John & Agnes Walker for calling the Fire Dept., Jake & Jaye Daley for wisking the children away from the scene, Joe & Nicole Szabor for lending jackets .. and "thanks" to friends & neighbours John & Jan Amell & all who offered comfort & support during this very stressful time. "Thank you all"! David & Catharine Monch.

Don't forget Branch 297, R.C. Legion's "Over 60 Club" monthly .. Thurs./Jan. 7, 1:30 pm, Legion Auditorium, 415 2nd St. W.

Heartiest congratulations to my son John Holiday & Sherry Lauber who became engaged on Christmas Eve. Wishing you much happiness, with love, ... mom, dad & family.



From left to right Mr. Elgazzar of Bunsmaster; Mr. Lepage from the Agape Centre; Huguette Lacelle from C.P.S. presenting the cheque, Nicole LeBlanc from C.P.S. and Mr. Ladas from Your Independent Grocer.

Canadian Parks Service-Environment Canada had the honour of donating a cheque for $500.00 and a grocery cart of canned goods and clothing to the Agape Centre Food Bank on December 22. Profits were used by the Agape Centre to purchase food baskets for needy families at Christmas.

Money was raised by holding two soup and sandwich days at the office. Food was supplied by Mr. Elgazzar and Mr. Ladas.

We wish to thank each and everyone of you for making this event a successful one!

Eddy Laroche ... as each day goes by, I love & miss you more & more. Happy New Year!

We agree with Andy Rooney! We shouldn't pay the New York Yankees (or any other sports organization) 8% royalty "for wearing their logo on hats, shirts etc" ... they really should be paying us for being their billboards!

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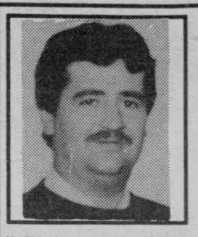
Don't you wish politicians would stop telling us to write our members of parliament "if we have a gripes"! Politicians will continue to ignore the voters, continue to vote the party line, continue to ignore polls & even go so far as to blot out how the public reacted to the referendum, says this caller.

A visit to the local library & seeing Min. of Health brochures on display has this caller wondering ... according to the info. ... teens who carry condoms are not considered to have "loose morals" but rather "acting responsibly". Really???

Cauliflower is nothing but cabbage with a college education ... Mark Twain.

"The Place to be in '93" ... Nakina, Ontario ... celebrating its "70th Anniversary" (July 25th to Aug. 2nd). Former residents, enquire ... W.A. McKillip, P.O. Box 174, Nakina, Ont., POT 2H0 (807-329-5927).

As we wipe the cookie crumbs from our "collective faces" ... we're sending out a "collective thank you" for those delicious home-made treats from the ladies of Glen Stor Dun Lodge ... from one & all at SN!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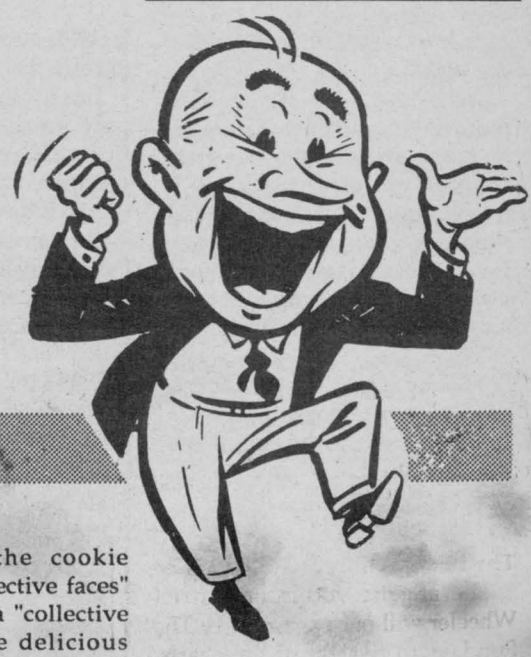

Ahhh so! Japanese "deprive" their country of 1.4% of its GNP! The economy "lost" $35.8 billion on hangovers (& sick leave) ... $9.8 billion on medical costs ... and $7.3 billion due to deaths (from alcohol-related accidents) that would have been paid in wages. A total of $53 billion is lost every year ... all because Japanese workers "drink too much"!

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Don't-believe-everything-you-read dept. ... on one page the Prince "bans" Diana from seeing their children over a 6-day Christmas holiday ... & on another page, it's Diana who's being selfish for putting her dislike for the family before her children by refusing to face the traditional gathering at Sandringham. News that let's you choose ... your own ending!

Now that we have bid adieu to Mrs. Deborah Sanborn ... the Eastern Ontario Health Unit would like to announce the appointment of ... Jean-Louis Lalonde as the new Communications Officer.

Music Notes
by Morley Seaver

Sade - Love Deluxe (Epic/Sony Music)

After an extended hiatus, we have a new release from Sade. As usual, the bass-heavy rhythms make this in a word; seductive. The songs, as with the other records, all sort of blend together yet each is separate. "No Ordinary Love", the first single, is a less jazz-flecked version of "Diamond Life" but is quite good. Sade is definitely a nice change of gears.

Carnival Art - Welcome To Las Llegas (Beggars Banquet/Polygram)

Slashing chords, crashing drums, wailing vocals. Sounds like a Carnival Art record. This L.A. band has just released a record that is pure energy. There are multiple chord changes in the songs which prevent any slackness from appearing. Despite all of the punk-like energy and craziness, this is a very listenable record. The songs are all songs not just a jam with a title. Excellent stuff.

Radney Foster - Del Rio, TX 1959 (Arista/BMG)

The Foster part of Foster and Lloyd is out on his own and has a terrific new record. Part of the success of Foster and Lloyd was their songwriting and that is evidence with these tunes. Every song is a winner. The material is mostly tried and true country but a lack of drawl or twang will make the music appeal to a much wider audience. John Hiatt and Mary Chapin Carpenter guest on harmony vocals.

The Sundays - Blind (Geffen/MCA)

The angelic vocals of Harriet Wheeler will once again carry The Sundays to the top of the charts. This is the third release from the British group and as with the other two, it is excellent. Listening to this record is akin to lying on the grass on a hot summer day watching the clouds float by. "I Believe" is just great, as is their cover of the Stone's "Wild Horses".

Dan Baird - Love Songs For The Hearing Impaired (Def American/ Warner Music)

People will know Dan Baird from his previous band, The Georgia Satellites. Stepping out with his first solo efforts, Baird has continued with his wonderfyul songwriting. "Love Song..." is full of clever, catchy tunes. "I Love You Period" is one of the best singles of this year. Great stuff!!

Blind Melon (Capitol)

An amazing new hard rock group from LA. This band has recorded 13 songs that are all excellent. The tunes are definitely not your verse, verse Chorus, verse variety. There is a slight infusion of sixties type instrumentation that follows the songs. Singer Shannon Hoon can wail, maybe in part because he is from Lafayette, Indiana, the same place that spawned Axl Rose from Guns N' Roses. There is electric stuff here, acoustic material and bluesy riffs. A real feast for the ears.

Triumph - Edge of Excess (Virgin/ A&M)

The big question was could Triumph rebound from the split of Rik Emmett for a solo career. The answer is Yes. Althoug this is not as varied a record as when Emmett was with them, it is fairly cohesive and consistent. All of the vocal chores have now fallen to drummer and writer Gil Moore and he does a superb job. He has lost the heavy-metal whine to his voice and it rolls more now than rocks. Phil X, a long time Toronto guitar hero for hire, has replaced Emmett. There are still some dumb Triumph songs here like "Boys Nite Out", a three minute blah but there are also some great songs on there like "Somewhere Tonight" and "Child Of The City".

Pirates of the Mississippi - A Street Man Named Desire (Liberty/Capitol)

This is the third record from the south's Pirates of the Mississippi and it continues in the same country-rock style. There are a few surprises here like the great instrumental "Mytery Ship" and the ballad, "Room at the Bottom". This is great southern sounds in the tradition of the Allman Bros. These guys must be a great live band.

Gene Watson - In Other Words (Mercury/Polygram)

A new Gene Watson record is always cause for country fans to celebrate and they'll certainly be throwing parties after they hear this one. This is a real good one. Watson has a super voice and can really inject some feeling into the songs. "One and One and One" the first single is just great. "Whose Fool I Want To Be" is another super song and the list just goes on.

Moodswings - Moodfood (Arista/ BMG)

Tired of the banging and clanging of the radio, complete with obnoxious DJ's? Try changing lanes with this. If you've been a fan of the instrumental parts of early Alan Parsons, like "I Robot", this is for you. The band is made up of two multi-instrumentalists, J.F.T. Hood and Grant Showbiz. In the special guest department, Jeff Beck lays down a solo in "Skinthieves" as only Jeff Beck can. Chrissie Hynde and Johnny Marr (ex-The Smiths) pop in as well.

Influenza Facts

• There are over 5 million Canadians (roughtly 22% of the national population) who are considered at high risk of serious illness or death.

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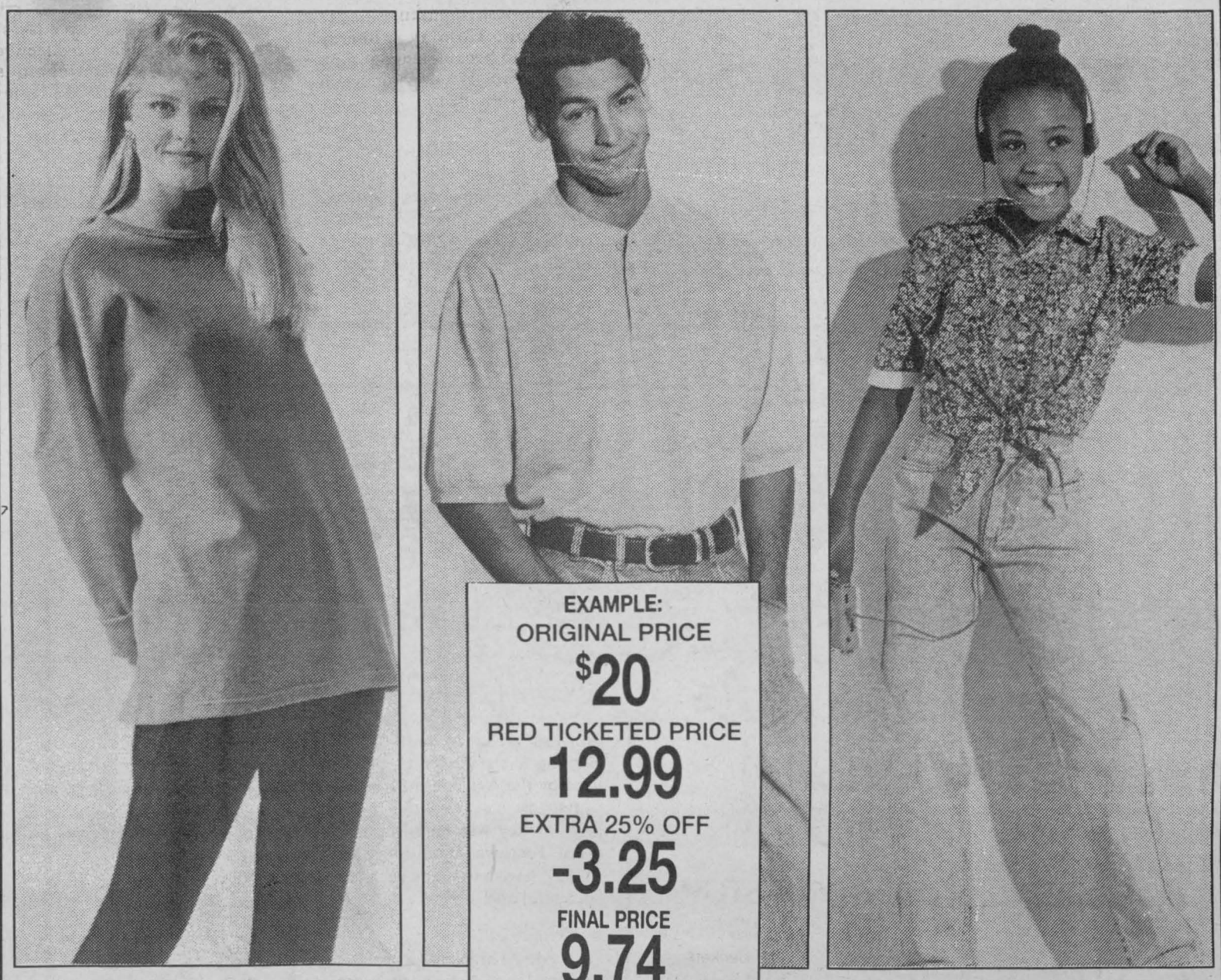

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PERSPECTIVE



By Bob Roth
SEAWAY NEWS

Towards A Caring Community: Towards A Better Approach

I received a phone call from one of the participants in the "Towards A Caring Community" conference which spawned the community action plan of the same name. This participant was concerned that his group had not yet seen a copy of the report although it had been released in the name of all participants. He was not pleased that the report writers took primary aim at local politicians, virtually leaving federal and provincial governments off the hook. He expressed concern that a draft of the report was not approved first by the participating groups.

The conference was spearheaded by Etienne Saint-Aubin and the SD&G Legal Clinic. The report contains 50 recommendations for community action, some of which implicitly call for the raising of property taxes. Consequently, the document received short shrift at Cornwall City Hall.

The caller was concerned that the report had become derailed because of the bad publicity and bad reaction at city council. He was fearful that the bad PR might discourage the original participants from getting involved again in this type of effort.

I share his concern. As I said in previous columns, most of the recommendations deserve further consideration.

There is no doubt that a lot of goodwill can be found within the groups which participated. And it would, indeed, be a shame to see such community action die on the vine.

I believe the report can be salvaged. The bulk of it is sound. But the tone - set in the first few pages - does not help the cause. I believe the participants should call for a rewrite of the report to correct some of the false allegations (or else substantiate them) against virtually every elected local official in the area.

Secondly, the recommendations should be listed in priority, with an emphasis on those recommendations which can be implemented relatively quickly and at little or no cost. Then a working committee should be formed to re-introduce these recommendations to the appropriate authorities.

Recommendations calling for cuts in red tape would be a good place to start. For example, the report notes that "excellent social, medical and legal services are available in the community through a broad range of agencies. Those who are most in need of these services eventually call upon the Agape Centre (the food bank). And yet finding these services is often a journey through a maze of referrals in a confusing array of compartmentalized jurisdictions." Hence, recommendation 7: "that the various social agencies in the jurisdiction ensure that their services are available on-site at the Agape Centre...."

The report also says larger space should be found for the centre.

Another recommendation worthy of study is that "local officials take the lead in setting up a Strategic Planning Council to provide for social planning in that area."

As the report notes, "there is no need for such a council to require extra funding. There is ample scope within existing agencies for the necessary secretarial and other administrative functions required. What is needed is not more paperwork but more leadership. This Council must be more than a simple inter-agency get together. It must be empowered for example to address provincial and federal levels of government so that there is no overlap among services, that there is no competition among services and that gaps are covered."

Here the report hints at what many cynics fear is the sad truth about our social service system - that there are too many little bureaucratic empires in the community staffed by those who earn their living in the "poor people business". I think the report is very candid when it uses the word "competition," and not just "overlap" when it refers to such services. A mechanism for rationalizing this system through elimination of duplication and competition would benefit the poor as well as the taxpayer (often the same person). Now there's a win/win recommendation. It save money and it helps the poor.

Certainly, there are tougher times ahead and the need for a concerted effort at the community level is needed. The "Towards A Caring Community" conference was a good step in the right direction. That the report itself wobbled off the wrong way should not be allowed to detract totally from the exercise. (Maybe the next conference should have a workshop on effective media relations).

At any rate, I hope the groups involved in the conference will give this report another try. Revamping the tone is step one. A public apology for insulting every politician in SD&G (for among other things daring to care about the "economy") might be in order. Then the group could re-introduce some of the easier to implement (and less costly) recommendations. I would be very surprised if such an approach did not earn the report a second, more fruitful hearing at City Hall - and elsewhere for that matter.

ADS FROM OUR PAST

COMPLIMENTS
—of—
KASTNER'S MEN'S WEAR
BOOTS AND SHOES
Bigger and Better Values
100 PITT ST. PHONE 690

Ads From Our Past is a feature of Seaway News. If you have an old book or journal you'd like to share with our readers, please drop it off to us at 329 Second St. W., Cornwall.

Appointments To The St. Lawrence Parks Commission.

The Chairman of The St. Lawrence Parks Commission, Gary Clarke, is pleased to announce the appointment of a new Commissioner to the Board, Dr. John A. Johnston; as well as the reappointment of C.F. (Mike) McInnis as Vice Chairman of The St. Lawrence Parks Commission effective December 3, 1992.

Since 1961, Dr. Johnston has been a veterinarian and partner at the Parkdale Animal Hospital in Brockville. For several years, he was elected as one of ten councillors for Ontario to oversee the operations of the Provincial Ontario Veterinary Association. Dr. Johnston is also actively involved in the community having been a councillor and Deputy Reeve for Elizabethtown Township and currently serving as Chairman of the Township Environmental Services Committee, member of the Township Economic Development Committee and a Governor of the Brockville General Hospital.

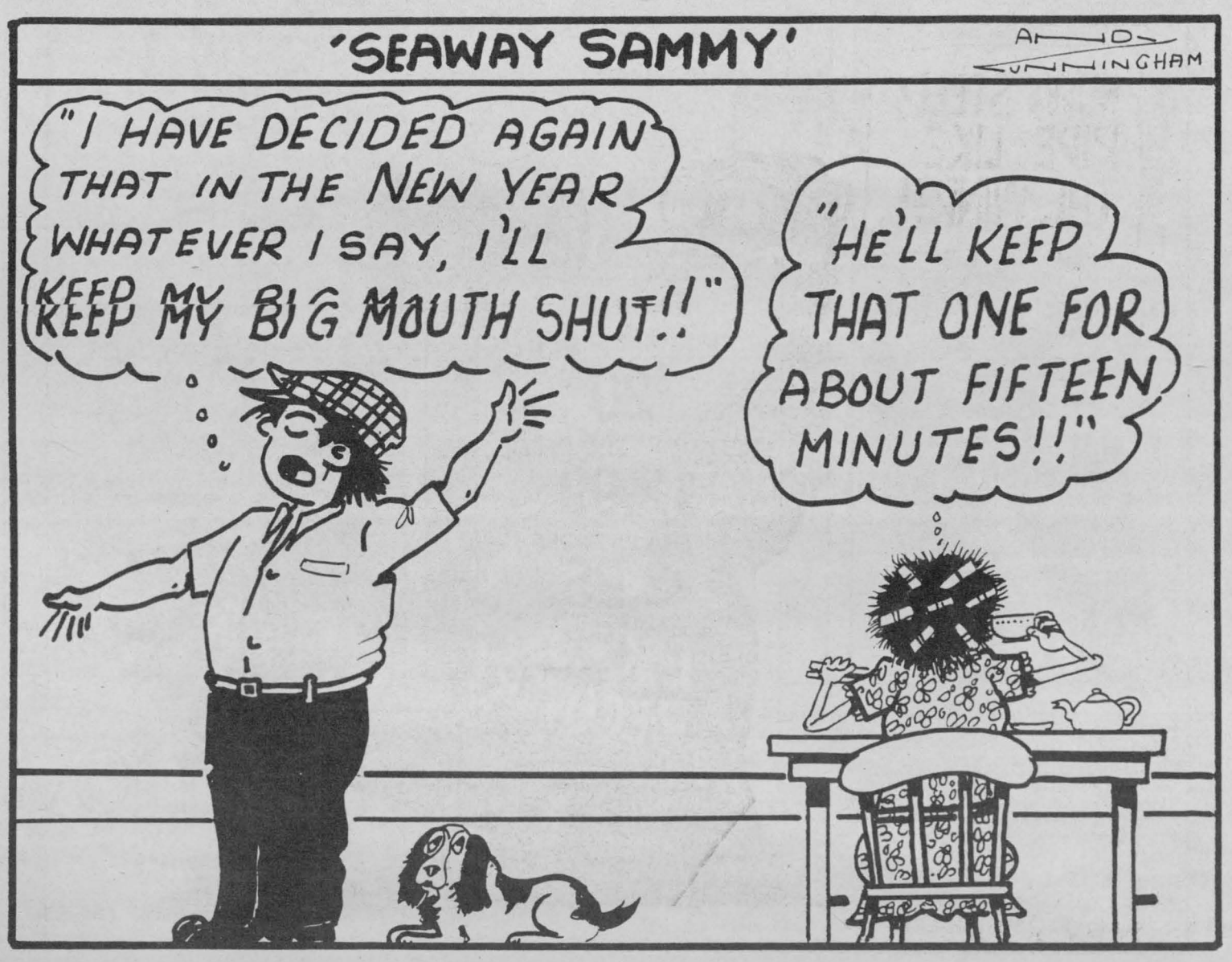
Mr. McInnis has been reappointed as Vice-Chairman of The St. Lawrence Parks Commission. He has been a long time resident of the Village of Morrisburg where he is a partner in the law firm of McInnis, MacEwen and Ault.

Mr. McInnis has been active in municipal government for 20 years as a councillor and Reeve of the Village of Morrisburg and County Warden. He has served on a number of committees including Chairman, St. Lawrence Islands National Park Advisory Committee and Chairman. 1000 islands Heritage Area Advisory Committee. Mr. McInnis was originally appointed to the Commission on December 3, 1986.

"We are very pleased to welcome Dr. Johnston to our team and delighted to announce Mr. McInnis' reappointment" said Chairman Gary Clarke. "Their experience and dedication to the region are certainly strong assets for The St. Lawrence Parks Commission.

The Commission is an agency of the Ontario Ministry of Tourism and Recreation. It is governed by a 12 member board which is appointed by the Lieutenant Governor in Council.

The "Parks of The St. Lawrence" stretch across 280 km. of scenic riverfront from the Bay of Quinte to the Quebec border. Annual recorded attendance to Commission parks, campgrounds, parkways and historical attractions exceeds 1.5 million visitors.



Make a Difference in The Life of A Child...



Be a Foster Parent.

Call Your Children's Aid Society.

CLAIRE HOY

By Claire Hoy
SEAWAY NEWS

It used to be a point of pride. Now, alas, it's an embarrassment. The monarchy, that is. Her royal Nibness and her bloated bank of obnoxious brats. And it has come to this, for me at least: Time to end the charade. Have you ever found yourself saying something you thought you'd never say. Well, me too.

I was raised to cherish and honor my United Empire Loyalist roots. I believed the monarchy was, for all Canadians, an important adhesive for national purpose, an institution which rose above the shabby self-centredness of partisan politics.

Not any more.

Not after 1992. And particulary not after hearing Queen Elizabeth's personal whine about her "difficult days", her description of the year as annus horribillis (horrible year).

It was indeed a horrible year for many people.

In Somalia, so many are dying of starvation we can't count them.

In Yugoslavia, the scope of the brutality almost defies the imagination. In dozens of countries around the world, people suffer and die for want of food or because they're victims of a senseless war.

And what of the Queen?

Well, Windsor Castle burned down. That's a pity. But she has several more castles.

"Like many other families", she said in her annual Christmas message, "we have lived through some difficult days this year."

In short, her family disgraced the institution, and she isn't helping restore respect by whining about it in public.

She is still perhaps the richest woman in the world. Her kids receive enormous wealth from a country which isn't exactly without serious social and economic problems itself.

Yet she has the nerve to complain about her lot in life.

It's enough to make this old monarchist turn the page.

The Royal family, we learn, celebrated Christmas this year without either Princess Diana or Sarah Ferguson, the Duchess of York in attendance. Fergie, of course has separated from Prince Andrew, and made an incredible spectacle of herself earlier in the year by appearing topless around the world.

Not that she wanted to be photographed. But there she was, her royal boobs exposed, cavorting that way with her "financial adviser" in front of her own small children. One can only guess what the kiddies thought of her actions, but whatever they were thinking, it couldn't have contributed much to a healthy view of the family and mommy-daddy relationships.

As for Charles and his estranged wife Diana, neither gets any sympathy in this corner.

Granted, most like to show Charles as the bad guy: the cold, unbending dork who would be king.

From all the available evidence, it seems a reasonable conclusion. but what of Diana? She knowlingly chased after the guy. She lusted after the royal life. Then, when she got it, she complained that her life was under a microscope, that she couldn't fool around on the side without the world knowing about it.

Then, of course, there is Princess Anne, the 42 year old daughter just recently remarried.

She has never been a major player in the family shenanigans and to the extent she has shown any sort of personality at all, it hasn't been terribly attractive.

In fact, none of them have an attractive personality.

Quite the opposite.

Maybe they've been holed up in all those castles too long, devoid of any real human involvement, a sort of psychological inbreeding which has led us to this sorry state.

Whatever the reason, the institution has sure fallen a long way from the excitement of the Diana-Charles wedding to the current cesspool.

If the British want to keep supporting them - even if they've become little more than a lucrative tourist attraction - that's their business.

As for Canada, why should we bother any more?

Even the Queen's representative here is no longer plucked from the ranks of the distinguished.

Instead, he's an old Tory hack, just like all the hacks the prime minister appoints to the senate or countless boards and commissions.

Let's just forget the whole thing.

If the Queen and her clan are going to despoil the institution, why should we support it, eh?

Fund Provides Much Needed Financial Support To Church Projects In Rural Areas

With more than 50% of all United Church congregations located in rural communities, there are many churches that could benefit from a special project fund set up by The United Church of Canada to support rural ministry.

"Although it's true that we're not signing cheques for a million dollars, the grants are a gift that groups can use as seed money, for instance, to help sponsor an event that might otherwise have been just another good idea," says Richard Chambers. Chambers is the Division of Mission staff person responsible for coordinating the Rural Ministry Fund.

He adds that rural congregations wanting to apply to the fund are asked to complete a detailed proposal describing their idea, specifying the amount of money needed, and including a budget. The amount of money received varies with each proposal, but the grants can range from $175 to $5000.

Projects are approved by a team of four volunteers who meet regularly by conference call. Team members include a hog farmer from Nova Scotia, a dairy farmer in Ontario, a grain farmer in Saskatchewan and a rural minister in British Columbia.

"There's a real sense of a accomplishment when the projects we approve for funding finally get off the ground", says team member, John King of Hickson, Ontario.

The Rural Ministry Fund was created in 1988 after the 32nd General Council directed the United Church's Division of Mission in Canada, "to create a fund for rural ministry in the United Church that would encourage rural United Churches to move from survival to increased mission and ministry."

The first grants became available in 1990, and so far there have been 60 projects and over $70,000 approved through the Rural Ministry Fund.

Projects funded to date include: a lay visitor training workshop in St. John's Newfoundland; a year long Sunday school program for children in Island Lake, Manitoba; setting up a booth to promote rural ministry at an International Plowing Match in Lindsay, Ontario; a Moms and Tots Play Group and Coffee Hour in Dwight, Ontario; a small church choir festival in Rosetown, Saskatchewan and a weekend retreat for farmers near London, Ontario.

In their letter requesting funds to support a weekend women's retreat, St. Andrew's Kirk United Church in Hammond River, New Brunswick, echoed many of the sentiments that inspired other projects in rural United Churches across Canada.

"We are a small rural congregation, struggling with many difficulties. Our women need the spiritual uplifting and fellowship that this retreat will provide. It would be a great loss if they are again unable to attend because of the cost."

This congregation received a grant of $400 from the Rural Ministry Fund to help pay the registration fees for women who needed financial assistance.

Another letter, reporting on a youth event held in Northwestern Ontario, described the benefits of having financial assistance from the Rural Ministry Fund:

"Unlike past events where facilities had been inadequate due to insufficient financial resources, this event was held in a camp with heated cabins so that the youth both felt physically comfortable and spiritually supported by the church they call their own."

"Letters of thanks like this provide the fund's administration team with a lot of positive feedback", comments the team's staff resource person, Richard Chambers.

He adds, "What a great job, having the money available to help so many different United Church groups in rural communities launch projects that might never have happened without the Rural Ministry Fund."

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***BONVILLE LION'S CLUB** have Euchre every 2nd Wed. of the month at the Bonville Lion's Club Hall. Everyone welcome. Starting at 8 pm.

***THE CORNWALL CHAPTER OF THE CANADIAN FOUNDATION OF ILEITIS** and Colitis are selling fruitcakes, "Cakes for Cures". Order by calling Joanne 936-2686. Support a good cause.

*** SUPPORT GROUP** for eating disorders/overeaters anonymous meet every Wed. at 7:30 pm at Milles Roches Hall, 801 - 4th St. E. 932-1936

*** COMMUNITY LIVING** - Stormont County is currently looking for volunteers to support individuals with developmental disabilities in a variety of activities. Call Pam 938-1702.

*** LEARN PUBLIC SPEAKING** & gain self-confidence with a friendly group, The Seaway Toastmasters invite you every other Tuesday evening from 7 - 9 pm at the Transport Canada Training Institute 1950 Montreal Rd. Visitors welcome. Info: Cathy 931-1598 or Diane 936-2945.

*** HEART & STROKE** in need of volunteer canvassers for several apartment buildings. If you live in a building which has 8 or more apts. & are willing to do the February canvas in that building, contact Mildred Cleary at 932-6415.

*** ALZHEIMER SOCIETY OF CORNWALL** & district in need of more members, more volunteers, more donations & more involvement. If you want to give your spirits a lift then give us a call at 932-4914 or drop into our offices at 12 York St., 3rd floor. Parking across the street.

*** VOLUNTEERS ARE NEEDED** to drive visually impaired individuals to local medical appointments. It only involves one or two trips a month. Call the CNIB at 936-2300.

*** FRIENDS TOGETHER PLAYGROUP.** Long Sault Co-Op Playgroup for preschoolers meets every Monday and Wednesday (9:15 -11:00 am) from September to June. For more information please call 534-2381 or 932-5623.

*** GLEN STOR DUN LODGE** volunteers needed for Outreach on Monday. French volunteers needed for Outreach on Wed. Bingo helper on Wed. & Sat. Church volunteers on Thurs. Meal time volunteers. Friendly visitors. Please call 8-4 pm at 933-3384.

*** ROYAL CNDN. LEGION,** branch 423/Alexandria Ladies' Auxiliary. First euchre party of the new year will be held on Mon. Jan. 11/93, Club Room at 8 pm. First regular meeting: Jan. 13/93 at 1:30 pm.

*** LIVING WITH CANCER** support group meetings every 1st and 3rd Tuesday of the month at Chateau Cornwall (downstairs) Info: 932-1283.

*** THE MARTINTOWN GOOD - TIMERS** hold a euchre every 2nd and 4th Thursday of each month at 1:30 pm in the Martintown Community Centre.

*** CANADIAN CALORIE COUNTERS** weekly meeting on Mondays at 6:30 pm. Info: 938-8240.

*** THE CORNWALL BLUEGRASS CLUB** invites all pickers to their weekly jam session Wednesdays 7:30 pm. Knox-St. Paul's Church Hall. Info: Steve 932-7319 or Duncan 534-2457.

*** BIG BROTHERS AND BIG SISTERS BOWL FOR MILLIONS.** Sat. Feb. 6 at the Olympia Bowl & Nativity Lanes beginning at 1:30 pm. Info. 933-8035.

*** THE SEAWAY VALLEY AMATEUR RADIO CLUB** will again offer a basic amateur radio course, starting Jan. 12/93. If interested in more info. call Doug Pearson 937-4755 (evenings).

*** GENERAL MEETING** Jan. 18/93 at 7:30 pm at St. Joseph's Villa. Topic: Assessment unit of the Dr. L.U. McCluskey Centre. Speaker Elizabeth Cowan. January is Alzheimer Awareness Month.

*** PUBLIC INFORMATION MEETING** "Over The Rainbow", Cornwall Chapter of Depressive Manic Depresssing Assoc. of Ontario, at the Knights of Columbus Hall (downstairs) at 7:30 pm. Info.: 938-5408.

*** PARKINSON'S SELF HELP GROUP** meeting Jan. 5/93 from 1-3 pm at the R.C.A.F. Wing, 240 Water St. W. Info: 933-9794/931-1903.

*** EUCHRE PARTY** Sunday Jan. 10 at 8 pm at St. Raphael's Parish Centre. Everyone welcome. Also on Sunday Jan. 24 at St. Raphael's Parish Centre at 8 pm.

*** BROWNHOUSE CIRCLE** will hold monthly meeting on Wed. Jan. 6 from 11:15 am at St. Raphael's Parish Centre. Everyone welcome.

*** THE HEART AND STROKE FOUNDATION of Ontario** presents a Campaign Kick-Off Heart Start Buffet Luncheon at the Holiday Inn, Cornwall on Wednesday February 3, 1993 at 12:15 pm. The guest speaker is Dr. Alastair Buchan who will talk about, "What's New in Stroke Research". There will also be a Blood Pressure Screening. The cost is $12.00 per person. Please contact Betty at 932-4298 before January 15 to reserve a place.

*** RESPECT LIFE MEETING** Tuesday Jan. 5 at 7:30 pm at St. Andrew's W. Church Hall. Also all Pro-Life supporters are asked to join in a silent walk, Sunday Jan. 31 at 1:30 pm at the Cornwall General Hospital. All are welcome. Info: 937-0536.

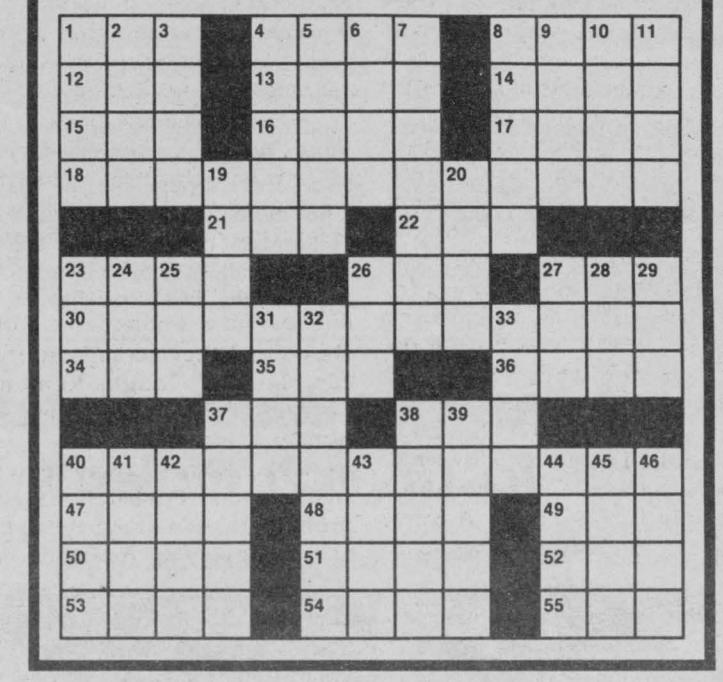
*** WEEKLY 50/50 BINGO** starting Friday Jan. 8/93 at 7:30 pm at our Lady of Grace Church Hall, Ingleside Ont. $20 package deal all the cards you need, extra cards for spec. 3-$1.00/Bonanza cards 50¢ each. All proceeds to local registered charities. No player under 16 years old. Sponsored by K of C Council 10320.

*** ST. COLUMBAN'S CATHOLIC WOMEN'S LEAGUE** invites all card players to a play party bridge every Tuesday afternoon and euchre every Friday afternoon at the Parish Centre. Prizes and refreshments.

*** MEALS ON WHEELS,** Cornwall. Volunteers needed, drivers and helpers. If you have 1-1/2 hours a month to spare, please call 933-4378.

*** THE EDUCATION COMMITTEE** of the Local Chapter of the Heart and Stroke Foundation requires a volunteer (male or female) to look after the distribution and sales of our cookbook. Info: office 938-8933.

THE TV CROSSWORD



ACROSS
1 "— in the Family"
4 Poker money
8 Chunk
12 Place
13 "— jolly good..."
14 Lion feature
15 Sea eagle
16 Remarkable thing
17 "— and the King"
18 '92 Emmy winner
21 Before
22 Mo. after Sept.
23 Geena Davis sitcom
26 "To —, With Love"
27 Actress Hagen
30 '92 Emmy winner
34 Cole or Hiken
35 "— Wednesday" (J. Fonda)
36 Rich Little, e.g.
37 "The — Couple"
38 Vigoda of "Fish"
40 '92 Emmy winner
47 A Fitzgerald
48 — O'Brien-Moore
49 Charlotte of "The Facts of Life"
50 Approach
51 Surfing need
52 Metal
53 Sicilian volcano
54 End of gang or mob
55 Pass receiver

DOWN
1 Baldwin of "Knots Landing"
2 Zhivago's love
3 Redgrave of "Chicken Soup"
4 Singing group
5 Therefore
6 Words of understanding
7 Cook, in a way
8 "Get —" (Adams)
9 "Crime Story" Stephen
10 Funny Meara
11 Funny Orson
19 James or Jimmy
20 A beige
23 "The Streets of — Francisco"
24 "I — Camera"
25 "The — Patrol"
26 "I —" (Cosby)
27 Ref's kin
28 Golf gadget
29 Timetable abbr.
31 Art movement
32 Julie or Tige
33 Murray and West
37 Pat Morita series
38 Take — (throw a fight)
39 Comic John
40 Auberjonois
41 "— a Song Go..."
42 Family group
43 Mild oath
44 Comic Johnson
45 "— Man" (Hoffman)
46 Care for

Answers to Last Week's Puzzle

A	P	O	D		O	L	E	G		B	A	D
L	A	N	A		G	O	T	A		E	V	A
I	L	O	V	E	L	U	C	Y		W	I	N
		I	R	E	D		N	A	I	V	E	
H	A	V	E	N			L	O	S	T		
E	L	I	S		A	M	E	R	I	C	A	N
A	A	R		B	L	O	W	S		H	U	E
T	I	G	E	R	A	N	D		P	E	R	I
		I	R	I	S			P	E	D	A	L
C	A	N	E	D		O	L	E	O			
A	M	I		G	O	M	E	R	P	Y	L	E
R	E	A		E	V	E	N		L	E	O	N
A	N	N		S	A	N	D		E	S	T	E

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Property damage to the Conservation Authority property at Grey's Creek marina is estimated at $3000. Anyone with information on this or any other crime may be eligible for a cash reward of up to $1000. dollars. We don't want your name, we want your information. Call Crime Stoppers at 534-8477 and for long distance call 1-800-265-8477.

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No Age Limits To Good Entertainment & Fun

By Gisele Grignon

If there's a generation gap among performers, somebody's forgotten to tell the members of Down Memory Lane.

"People keep talking about a generation gap", says Dave Runions as though he's referring to some unknown entity. "When you get right down to it, we have a group of people who are working together who not only bridge that gap, but are having fun too. There are some people working there (in the troupe) that are old enough to be the grandparents of some of the kids. And there isn't a problem."

Down Memory Lane started as a senior citizens show in 1988, the brainchild of Vern Etherington. He approached Runions, who was then working professionally with Ottawa's Bank Street Theatre. The idea then, was to put on children's shows, but that was put on the back burner while the group performed ShowCase 88 at Cornwall's Porto Bello, then on to Aultsville Hall, which drew 70 production people and actors. That was only the beginning. A recent article in the Seaway News about the group triggered a flood of interest.

"We received 47 calls from seniors and kids as well", said Artistic Director Runions.

A lot of local talent will hit the boards for Down Memory Lane's annual vaudeville style variety show next spring. "More people have come forward lately including one gentlemen who was actually on broadway. It's amazing in this area who we have, and people don't even know about it. But the connection that we're getting for talent right now is quite outstanding", says Runions.

People who participate in the shows, he said, make the company an important part of their life. Singing members of the company recently expressed a desire to become more involved. "The group had been filling in at different times during some of the shows and they actually started complaining", laughs Runions. They said "we love doing this, we want to do more."

The group's variety show is well known. "We barely have to promote it. It's along the same lines as the old Fred Astaire movies on Channel 18. It's even a little corny when you get down to it", admits Runions.

The group will spend much of January mapping out future projects. "Right now we're trying to make it a more community-based organization. We're working with all of the other theatre groups in Cornwall, and they're being a great support to us. The city of Cornwall, too, is being just great."

January is Alzheimer Awareness Month

The Alzheimer Society of Cornwall And District is proud to announce OPEN HOUSE. Come see our new office.

Date: January 8,1993

Location: 12 York Street, Cornwall, 3rd floor.

Time: 11:00 am to 5:00 pm. Refreshments served. (sandwiches between 12 and 1 pm). Plenty of free parking available. • Meet our staff • view displays • videos • resource library • brochures available.

The ABC's of Coping With Alzheimer Disease

1. The Desire Not To Think About What You Are Facing Is Normal, But You Can Grow Beyond It.

Recognizing that this is a progressive, degenerative disease is painful. One of the biggest challenges you face is to accept what is happening.

2. The Process Of This Disease Is Unpredictable.

Your loved one will lose functional ability. While change is inevitable, the timeline of change varies. It is important for you to watch for the points at which your loved one becomes a danger to him/herself or others (e.g. driving, using the stove, wandering away, living alone, acting violently ...). At such times you will have to make decisions on behalf of your loved one.

3. Your Loved One Can Still Do Many Things.

Celebrate the remaining abilities your loved one has and keep them as intact as possible. While they may not be able to do what they used to do, help them find enjoyment in simple things within their capacity.

4. Your Loved One Is Doing The Best He/She Can.

They may behave badly, but this is the result of confusion and disorientation. These things are not being done on purpose to cause you stress. They are the victims of a disease beyond their control. They cannot 'just try harder' and it is not realistic to expect them to learn or improve.

5. Try To Put Yourself In The Position Of Your Loved One.

Imagine not being able to remember what you have done, are supposed to do, or how to do even simple things like getting dressed. Realize the insecurity they must feel. Know that they may not even remember that they has a problem. Often, the only way they can function is on an emotional, not rational or reasonable level. Can you see that sometimes these actions are really reactions to your stress?

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Lorraine Lapointe: Martintown woman makes a difference



No one can accuse Lorraine Lapointe of being lackadaisical. The Martintown farmer was recently voted in as the first woman to the Ontario Milk Marketing Board. Her first meeting with that board is scheduled for January. "Hopefully this will bring a new perspective to what is happening to farmers", says Lapointe. She's hoping that new perspective will spill into the classroom too.

Lapointe recently attended a school meeting dealing with a variety of issues including alcohol and drug abuse and the lack of self esteem in many young people. Lapointe had recently read a report by the Advisory Council of the Status of Women which shows that girls' self esteem seems to drop when they start school. "I had made a comment that a lot of history that we learn in high school deals with great men and very little on great women. So I suggested that we should put a bit more emphasis on the fact that there are a lot of great women in our history. I think it was well taken by the principal", said Lapointe. Talk turned to organizing an annual event, perhaps in the fall, concentrating on the accomplishments of women in history. Lapointe suggests the first event could look at someone such as Canada's first female doctor. "She wasn't allowed to take a medical course here in Canada so she went to the United States. She was raising a family and had a sick husband. She also opened up the suffragette movement in Canada but she called it the Toronto Literacy Club, so she wouldn't attract any nonsense", says Lapointe.

"There are all kinds of women in history that young women simply don't learn about in high school."

Carpentry Program A "Go" For January at SLC

Canada Employment centres have traditionally been the main sponsors of trades programs in colleges. Seats are purchased by the centres for recipients of unemployment insurance who wish to learn a trade. This January the local employment centre did not purchase seats in the trades programming area and administrators at St. Lawrence College sought feedback from its communities to establish whether or not there would be sufficient interest in their trades' offerings to warrant delivery in the new year.

After receiving several calls from interested men and women, St. Lawrence College has announced that it will be offering the Carpentry program starting this January 11. Twenty-five people showed interest in the Carpentry program and administrators are confident that they will receive sufficient paid registrations to make the delivery viable. Those who will be taking the Carpentry course this year will recieve classroom instruction and hands-on training in the shops. They will learn to use power tools, frame houses, build stairs, do "finish" carpentry work and build cabinets.

For Energy Saving Ideas at Home or at Work
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Cornwall's Energy Efficiency Team

Power surges — a menace to electronic equipment

Most homeowners have endured the headaches caused by a power failure. Unfortunately, a less familiar yet even more frequent phenomenon can damage or destroy sensitive electronic equipment.

Today's sophisticated electronics perform an amazing variety of functions. However, their microprocessors require clean, stable power to operate properly. A sudden, momentary increase in voltage and current, called a power surge, can cause immediate damage or gradual deterioration of equipment components.

Power surges can strike televisions and VCRs, microwave ovens, telephone answering machines, personal computers, workshop tools and even a wide variety of household appliances.

Many different causes

Power surges are caused by a variety of factors ranging from lightning strikes to an electric motor (such as in a refrigerator or washer) turning on or off in the home. They are transmitted not only through electrical connections, but over telephone lines as well.

Although a power surge lasts for just a fraction of a second, the average home experiences as many as 2,000 of them per year. Even if a surge isn't strong enough to knock out the electronic equipment, it may strain the circuitry and shorten the unit's life.

"One of the best ways to safeguard electronic equipment from power surges is to use a surge protector," says Michael Einstein of Intermatic Inc., a surge protection device manufacturer.

A surge protector continuously monitors the incoming power line, operating only when a surge or spike occurs. When one strikes, the unit responds immediately by dissipating the surge and permitting normal voltage to flow through the line. After the power surge passes, the surge protector automatically resets itself for the next occurrence.

Surge protectors range in size from simple one-outlet units designed to protect a single piece of equipment, on up to complete packages for an entire home. Some models feature built-in protection for electronic phone systems, fax machines and modems.

What to look for

What should you look for when purchasing a surge protector? According to Einstein, one of the key considerations is the unit's clamping voltage.

"The clamping voltage is the point at which the surge protector cuts off the power surge to prevent excess voltage in the electrical line," he explains. "Generally, the lower the clamping level, the better the protection. To effectively protect electronic equipment, homeowners should look for a clamping level of 400 volts or less."

Surge protectors are available at hardware stores, electronics retailers and computer dealers. They are priced between $10 and $100, depending upon the level of protection and features desired. As Einstein notes, "It's a small investment compared to the cost of fixing or replacing a VCR or stereo system."

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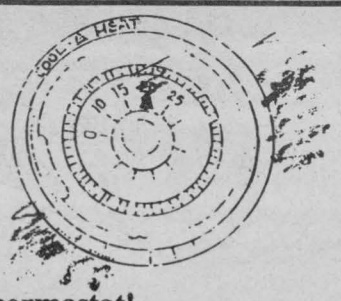
ENERGY HINTS
How To Reduce Your Heating Bills



Lower Your Thermostat!
Set your thermostat at about 20° C (68°F). For every degree above this recommended setting your heating fuel use could rise by about 5%. Setting a thermostat higher than normal won't heat your home any faster.
CORNWALL ELECTRIC
1001 Sydney St. 932-0123

dismat
Menard
RENOVATION CENTRE LTD
Basement To Attic and From Wall To Wall
Your One Stop Home Improvement Store
Mon. - Thurs. 7 am - 6 pm
Friday 7 am - 9 pm
Saturday 7 am - 5 pm
1100 Marleau Ave. 938-3300



Effective Jan. 1/93
SMOKE DETECTORS ARE MANDATORY
in the City of Cornwall
Bylaw No. 134-1992
only $12.75 installation available
BEAT THE RUSH!
PYRO PRO FIRE PROTECTION SYSTEMS LTD.
24 HOUR SERVICE
22 Marlborough St. S. Cornwall
937-FIRE (3473)

CABLE 11

State of the Arts Television

Rayna O'Neil hosts our monthly look at arts and culture in our community. In the January edition a feature on violin builder, Rick Perras and an interview with artist Daniel Archambault. Plus a full run down of all of the local arts and culture events this month. Tuesday at 6:30 pm and Thursday at 7:30 pm.

The OFSSA Senior Girls Basketball

Coverage of the Ontario Senior Girls basketball championship game held last month in Iroquois. Monday at 8:00 pm.

Marv & Marc's Outdoor Adventure Show

A new 6 part program on the great outdoors. Join Mark Clouthier and Marvin Massia as they try to catch the Big Bass. Tuesday at 7:30 pm and Thursday at 7:00 pm.

Kinsmen TV Bingo

Kinsmen TV Bingo offers you the 3 chances to win with prizes of $100, $200 and $300. Pick up your cards at your favourite convenience store. All proceeds support Kinsmen community projects. Tuesday at 6:30 pm.

Prime Time Sports Cards

Thom Racine and Bob Scranton are back with another edition of this popular call in program. If you have a question or a comment about sports cards then be sure to call it in. Special day and time on Wednesday at 8:30 pm.

Colts Talk

Ken McLaughlin along with Coach Jean Payette will be in our studio with all of the latest Colt's news. This is a live call in show, so if you have a question or comment to pass along then be sure to call it in. Wednesday at 7:30 pm.

Remember if you have a comment about the programming on Rogers Community 11, be sure to call our Response Line at 932-1433.

Or if you are interested in learning all about television production then become part of our volunteer production crew. Call Scott Meyers for details at 932-1632.

Monday January 4
6:00 Working In Ontario
6:30 Rogers Connection
7:00 The Mayor's Hotline
8:00 The OFSSA Senior Girls Basketball

Tuesday January 5
6:00 State of the Arts Television
6:30 Kinsmen TV Bingo
7:30 Marv and Marc's Outdoor Adventure Show #1

Wednesday January 6
6:00 The Cornwall Public Library Debate
7:00 Le Travail En Ontario
7:30 Colts Talk - Live
8:00 German Diary TV - Drehscheibe Europa
8:30 Prime Time Sports Cards presented by Fantasy Realm Comics and Cards - Live

Thursday January 7
6:00 The Mayor's Hotline
7:00 Marv and Marc's Outdoor Adventure Show #1
7:30 State of the Arts Television

Friday January 8
4:00 Alzheimer's Awareness Month
4:30 Working in Ontario
5:00 German Diary TV - Drehscheibe Europa/Sports Report
6:00 Colts Talk



Why?

Why?
Why can't this world be a happy place?
Where all are loved despite their race
Where flowers grow and doves fly free
Where I love you and you love me
Why is violence a word we know
Horrible actions we are forced to show?
Why do we hurt our fellow man?
Sometimes we do it just because we can.
Using our brawn instead of our brain.
We shut ourselves out in a cold, hard rain.
Why do we tear the tall trees down?
On Her face I see a frown.
Mother Nature's heart bleeds true.
Why we do this she hasn't a clue.
How can we stop from doing these deeds.
The seeds of destruction are growing like weeds.
We're hurling through space towards the wall.
The Wall is wide and very tall
Let's stop right now and save this planet,
Stop ourselves before we ram it!
These questions I'm asking myself and you.
If we work together we'll all pull through.

Maraina Lightly

MOOSE CREEK MALL'S
JANUARY
CLEARANCE
SALE
STARTING
THURSDAY, JAN. 7/93
9 AM SHARP
JUST A SHORT DRIVE
FOR BIG SAVINGS
Chez Thérèse 538-2333
VIMI SHOES 538-2475
RICHARD'S MEN'S WEARS 538-2465
MasterCard MOOSE CREEK MALL, ONT. VISA

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Photo is removed. 2. Hair is shorter. 3. Nameplate is moved. 4. Hat is added. 5. Expression is changed. 6. Light is missing.

Our Christmas Tree Is Still Up... Therefore We're Still Giving Out Presents ...
PICK YOUR DISCOUNT FROM THE ENVELOPES ON OUR CHRISTMAS TREE
DISCOUNT
SAVINGS FROM 10% TO 40%*
You Get To Pick An Envelope With Every Purchase.
*Valid On Regular Priced Items
CHANDLER'S LIGHTING LTD.
"Service Is Always In Stock" Glen & Valerie Christoff
VISA 609 Pitt St., Cornwall, Valdi Plaza 933-4231 MasterCard

DONUT TIME
Open 7 Days A Week At 5 a.m.
BREAKFAST SPECIAL $2.25
bacon, eggs, homefries, coffee
LUNCH SPECIAL $4.99
daily entree plus soup, coffee & donut
Hwy 138
Bolton's Mall
936-0323

RECIPIX

Frances Beaulieu

Mulled Cider



16 cups apple cider
½ cup dark brown sugar (or to taste)
four 3" cinnamon sticks
1 apple, cut in 12 slices-each stuck with 1 clove (12 cloves total)
1 orange, thinly sliced crossways
2 cups applejack (or to taste, if desired)

Place all ingredients but applejack in kettle. Bring to boil. Stir gently till sugar dissolves. Simmer 5 min. Add applejack if desired. Serve hot. Makes 12 servings.

Gourmet magazine. Dec. 84

Whipped Coffee



1 cup coffee
⅓ cup sugar
1 square unsweetened chocolate
¼ tsp cinnamon
2½ cups hot milk
⅓ cup rum
About ½ cup whipped cream
About 2 tbsp coarsely grated semi-sweet chocolate

Over low heat, combine coffee, sugar, unsweetened chocolate, & cinnamon. Stir till chocolate melts. Whip in hot milk till frothy. Remove from heat. Add rum, pour into warm mugs, top with whipped cream & semi-sweet chocolate. Makes 4 mugs or 6 cups.

Epicure' magazine. Dec. 80

Lend a hand to clean our Land!

Part II - Yes! Milk Can Be Part Of A Healthy Diet!

By: Suzanne Bowen; a qualified Registered Professional Dietitian and Teacher. She currently is the coordinator for the Heart Smart Nutrition Project, funded by the Ministry of Health and sponsored by the Cornwall Chapter of the Heart and Stroke Foundation.

Q: Why is milk products one of the food groups included in Canada's food guide to healthy eating?

A: Each Food Group in Canada's Food Guide (November, 1992) provides its own set of key nutrients. Milk products provide the richest source of Calcium than any other food group. Calcium is essential for growth and maintenance of strong bones and teeth, regulation of the heartbeat, muscle contraction, nerve conduction and blood clotting. Other key nutrients are protein, fat, riboflavin, vitamin B12, Vitamin A, Vitamin D, Zinc and magnesium. It is recommended to choose lower fat milk and milk products after the age of 2 years.

Q: What if I choose not to include milk products in my everyday eating?

a: Whenever a Food Group such as Milk Products (e.g. Milk, Cheese, Yogurt) is not included in everyday eating, care must be taken to ensure that the key nutrients provided by that particular food group are obtained in sufficient amounts from other sources. Extreme care must be taken if more than 1 Food Group is not included in everyday eating. For example, if milk and meat are not included, there is a danger of not obtaining sufficient Vitamin not obtaining sufficient Vitamin B12 because Vitamin B12 is only found in foods of animal origin. Obtain expert individual advice from a qualified Registered Professional Dietitian.

Q: Can milk cause an allergic reaction?

A: Yes. With a strong family history of allergy, some children may be allergic to cows' milk, chicken, eggs, peanuts, soybeans, wheat, tree nuts, fish shellfish and berries. Some adults may be allergic to chocolate, milk, eggs, nuts, shellfish and citrus fruits. If an allergy is suspected see an Allergist (medical Doctor) and then a Dietitian for individual Nutritional Counselling.

Q: What is "Lactose Intolerance"?

A: Some people have difficulty digesting the sugar ("Lactose") in milk. Milk can still be included. Contact a Medical Doctor and a Dietitian for expert advice.

Q: What is "Osteoporosis"?

A: "Osteo" means "bone"; "por" means "hole". This condition results in fragile bones which break easily. Two factors which are known to reduce the risk of osteoporosis are sufficient dietary calcium intake and physical exercise.

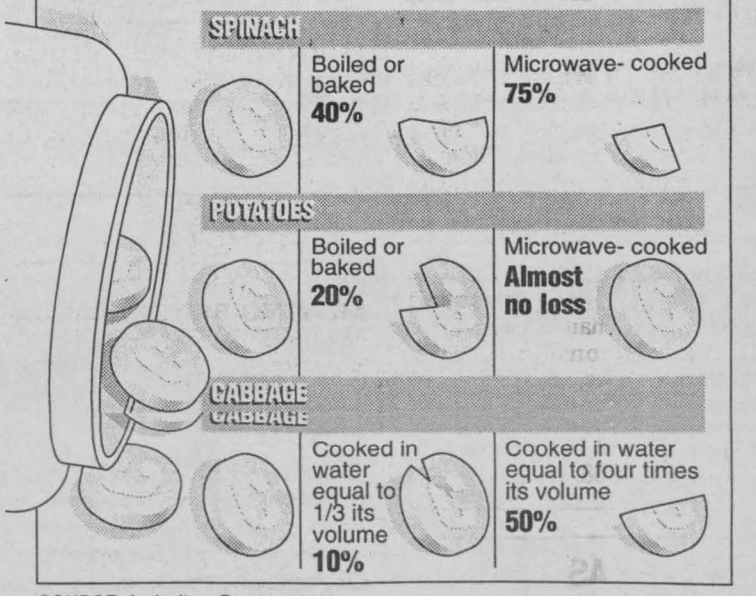
Q: Is milk available in schools?

A: Many schools do offer milk to their students. The "Consultation Document - Proposed Food and Nutrition Policy for all schools under the jurisdiction of the Stormont, Dundas and Glengarry Public and the Stormont, Dundas and Glengarry Catholic School Board" recommends that milk and fruit juice be the sole beverages sold in schools to assist parents in their efforts to provide healthy choices for their children.

Facts du jour

Honey, I shrank the vitamins

Percent of vitamin C lost from vegetables prepared each way:



SOURCE: Agriculture Department

TOWN and COUNTRY bingo
Cornwall Township Lions Club
LION'S HALL BONVILLE
(Turn East at Yellow Flashing Caution Light on Hwy. 138)
PACKAGE DEAL $9.00
9 REGULAR GAMES ... $35.00 5 SPECIALS ...$50.00
1 EXTRA SPECIAL ... $1725
If Won in 6 numbers (Over 6 numbers - 10 of Extra Special)
1 JACKPOT $250.00 1 BONAZA 2 SHARE THE WEALTH
We Use Bingo Sheets with dabber system
EVERY THURSDAY
Early Bird 7 pm
Regular Bingo 8 pm

HELLO 1993
9.3% OFF
MEXICALI ROSA'S
SINCE 1979
THE ORIGINAL
THE ORIGINAL
58 PITT ST.
*Not valid with any other offer - Coupon is valid at anytime, for the entire month of Jan. '93
937-3000

Chateau Cornwall
613-937-4700 41 Amelia St., Cornwall Ont.
"To A Friend's House The Road Is Never Long"
Nor is the road long to Chateau Cornwall if your friend is now a resident here. Don't hesitate to visit your friend and enjoy a lunch or dinner, compliments of the Chateau.
Coloured Brochures describe a secure but independent lifestyle combined with personal supervision.
Call or Write For A Brochure ... or Better Yet
Stop In And Have A Tour Of The Premises

WINTER TUNE UP
Marcel Bedard
Service Manager
OIL LUBE FILTER
$19.95
(most cars)
WINTER TUNE-UP CHECK UP SPECIAL
V8 - $49.95
V6 - $42.95
4 Cyl. - $39.95
PLUS PARTS
Cars w/air cond. $15.00 extra
LOU POULET MOTORS
Sales, Service & Clean Up Centre
105 Emma St., Cornwall, Ontario
937-0033

SEAWAY BARGAIN MART

DEADLINE: Thursday 4 pm
933-0015
NOTE: Late ads (If taken will be placed at the end of the classified section)

NOTE TO CLASSIFIED ADVERTISERS
Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no cash credits are issued.

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015
Classified Advertising
(G.S.T. included)
CASH RATES
- $6.50/ wk. 24 words or less, (21¢ each additional word).
- $11.00/ 2 wks. 24 words or less, (19¢ each additional word).

DEADLINE: - Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occured, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 25 words or less and enclose $21.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 25 words, 19¢ per additional word. Mail to Companion's Corner, Seaway News, 329 - 2nd St. West, Cornwall, Ontario K6J 1G8. Mail pick up, no charge. Mailed replies: $5.00.

For Readers: to respond to an ad, send your letter to the appropriate CC number, c/o Seaway News, 329 - 2nd St. West, Cornwall Ontario, K6J 1G8.

MALE, MID TWENTIES, seeks female for fun, frienship & maybe more. Age, race not a factor. Discretion assured. Photo & phone number appreciated. CC 1352.

SINCERE LADY, 38, looking for a honest, caring, loyal and secure gentleman hoping for a serious relationship. I enjoy dancing, walks, camping and travelling. Photo and phone number would be appreciated. Reply to CC 1358.

1 NOVENAS

THANKS TO THE BLESSED Sacred Heart of Jesus for prayers answered. N.H.

ST. JUDE, Thank You so very much for answering my novena. R.E.C.A.

2 APARTMENTS FOR RENT

AVAIL. IMMEDIATELY. 2 bdrm. apt. 743-1st St. East. Fridge, stove & parking incl. $375/mos. + util. For appointment call 931-1474 or 931-2594 after 6 pm.

LARGE BRIGHT UPSTAIRS2 bdrm. apt. 17-A Louisa St. S. Laundry hook up. Basement storage. Newly renovated. $450 monthly. Everything paid. Avail. now. 936-8088 between 10 am - 5 pm.

84 FENNELL. 2 bdrm., parking, $595/mos. + util. Also centre town, large 2 bdrm. apt. recently renovated, $675/mos. + util. Call Marcia McQuaig, Re/Max Cornwall Realty, 938-8100.

BACH. APT. avail. now. $300/mos. includes heat, elect., cable, pkg. 936-6819.

1 BDRM. APT. in Ingleside. $318/mos + util. 543-3206.

BEAUTIFUL - ONE BDRM.
Utilities & Parking Incl., 2 Appliances
Wall-To-Wall Carpet, Close To All Amenities
Clean, Quiet Persons Preferred, References.
937-3711 Leave Message

1 BDRM. UPPER DUPLEX. Fridge, stove, laundry facilities, parking. $290/mos. + util. No pets. Ideal for mature person. Tel: 5-9 pm 938-6585.

FURNISHED 2 BDRM. Carpeted. $450/mo. incl. util. Parking, plug in. Avail. Jan. 15. Ideal for single, working or retired. Tel: 932-0019.

5 ARTICLES FOR SALE

MOVING BOXES & moving supplies for sale. St. John's Transfer, 725 Boundary Road. 933-1492.

DART SUPPLIES. VILLAGE HOBBY SHOP. 335 Montreal Road . "Free" engraving with any trophy or plaque purchases. Organizations & clubs will receive 20% percent discount 936-0176.

INVENTORY CLEAROUT
WASHERS *extra clean*
DRYERS *30-90 day*
full size *guarantee*
apt. size
WE WILL NOT BE UNDERSOLD
LIVING ROOM SETS - BUNK BEDS
BEDROOM SETS -DRESSERS
DINING RM. SETS - PORTABLE DISHWASHERS
GERARDS USED FURNITURE & APPLIANCES
Mon. - Fri. 9 am - 5:30 pm, Sat. 9 am - 1 pm
Hwy 2 & Wales Rd. 534-2247

FREE REMOVAL of fridges, stoves, washers, dryers, color TV's & furniture (depending on model & location). 932-8023.

APPLIANCES GALORE. Good selection. Tested, cleaned, guaranteed & reasonably priced. Also some furniture. AKAR'S USED APPLIANCE. 938-1355, South Br. Road, Cornwall.

DOG SLED, $350. Dresser $350. Old car, good for parts, $400. Tel: 534-2189.

COMPUTERS IBM COMPATIBLES. Bought, sold, rented. Complete systems: XT/$500, 286/$775, 386/$814, 486/$976. Programs, $2.50/disk. Blank disks, 45¢ each. Deal with the owner. Dealers welcome. By appointment please. Crazy Horse, 1247-2nd St. West. 932-6343.

REFRIGERATOR, stove, washer, dryer, couch, loveseat, dish cabinet, dressers, bar, stool, rocking chair, chesterfield chairs, end table, coffee tables, grinder, 5" vice, cedar posts, fiddle, case & bow, also 75 acres of land. Call 528-4328.

125th ANNIVERSARY QUARTER SETS w/loonie. Available with holders or without holders. Village Hobby Shop, 335 Montreal Road. 936-0176.

60 GAL. HOT WATER TANK, 3 years old. 15 kw electric furnace. B.O. 537-2759.

WOOD STOVE, AIRTIGHT. 346-2120.

PULP/HARDWOOD $75/cord for sale. Delivered. Call 932-5061 after 6 pm.

WHITE TIN 3'x8' to cover garage or shed. Call 936-2313.

BIRD LOVERS EVERYWHERE! We have birdfeeders, houses, seeds, suet & holders, birdbath heaters. Books, wooden bird carvings & many gifts & crafts for all. Come in & see our selection at the Wild Bird Emporium, 407 Water Street East, (next door to All For A Dollar).

9 AUTOS FOR SALE

DRUGLORD TRUCKS $100. 86 Bronco, $50. 91 Blazer, $150. 77 Jeep CJ, $50. Seized vans, 4x4's, boats. Choose from thousands starting $25. FREE INFORMATION - 24 hour hotline. 801-379-2935. Copyright #ON105KC.

L.F. AUTO SALES
JANUARY FEVER SALE
90 CHEV LUMINA
89 FORD TAURUS
89 PLYMOUTH SUNDANCE
89 FORD TEMPO
88 PLYMOUTH VOYAGEUR
3064 Pitt St.
933-1315

CHEAP! FBI/U.S. SEIZED. 89 Mercedes, $200. 86 VW, $50. 87 Mercedes, $100. 65 Mustang, $50. Choose from thousands starting at $25 FREE Information - 24 Hour Hotline 801-379-2935. Copyright #ON105JC.

1984 AUDI 5000s. Body and int. in excellent condition, fully loaded, new transmission. $3,500 or B.O. 936-2737.

17 HOME SERVICES

THE PERFECT HANDYMAN. Tired of looking at those same walls, floors, ceilings, etc? It's time to renovate at recession prices. We also build patio decks, verandahs, sheds, garages, additions, as well as drywall. Free estimates. References available. Call Robert at 525-2197 or 932-3496. Specializing in vinyl siding & roofing also.

CASEY MECHANICAL INC. Plumbing, heating, service calls, gas installations, water conditioning, residential, commercial, industrial. Complete bathroom renovations. Master plumber, Wayne Casey. 938-1210.

18 EMPLOYMENT WANTED

MAN WITH PICK-UP TRUCK, will clean basement, do painting, roofing, etc. Please call Ernie at 938-1684 .

Published weekly and distributed by Seaway Shopping News Ltd., 329 - 2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance for signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area
Locally Owned

YOU WERE SPOTTED SHOPPING AT LOEB IGA SEAWAY

MADE TODAY



WIN A PACKAGE OF 8 LOEB REGULAR QUARTER POUNDS

YOU'RE A WINNER!!!
Check this week's photo. If you are in one of these photos, clip out this ad and bring it to the Ready Wall at Loeb IGA at 1400 Vincent Massey Drive. You will receive a pkg. of 8 Loeb Regular Quarter Pounds. Compliments of Loeb IGA and Seaway News. Open Mon. - Sat. 8 am - 10 pm.



Watch For Your Photo

YOU'RE A WINNER! ! !

INVENTORY CLEAROUT

Used Desks, Stacking Chairs, Swivel & Tilter Chairs, Legal Size 2 Drawer & 4 Drawer Filing Cabinets, Lateral File Cabinets, Round & Rectangular Tables, Storage Cabinets, Room Dividers, Metal Shelving, Lockers, Sofa & Chairs, Humidifiers ...

PRICES YOU CAN AFFORD

KCK ENTERPRISES

249 Pitt St. 933-1983

20 FARMERS MARKET

FOR SALE. Ground feed, shelled corn, barley, oats, wheat mixed. $7.00/100 lbs. Your bags. 9 am - 5 pm. Closed Sundays. 527-5393.

WANTED TO BUY. Registered quarter horse mare. Must be quiet and well mannered. Reasonably priced. Cash. Ph. 938-3666.

25 DJ'S

SPECTRUM OF SOUND. Professional Disc Jockey Service. Music for all occasions. Cornwall & area. Call Brian at (613)932-5093.

GREAT MUSIC FOR DANCING. Weddings, anniversaries. Music of all kinds. Call & book now. Call your D.J. at 932-6661.

POWER SOURCE DJ'S. Professional, mobile DJ's. Specializing in bars, stags, weddings and any special occasion. Call now for your special rate & light show. Now introducing Karaoke. Book now with Ray at 938-1962 or Rod at 936-0652.

28 USED FURNITURE

DELAGE USED FURNITURE. Refrigerators, stoves, washers & dryers, wall units, entertainment stands, box spring & mattress, dressers, living room set, etc. 427 Fourth St. W. 936-8948.

31 HELP WANTED

ALASKA JOBS! EARN UP TO $30,000 in 3 months fishing salmon. Also construction, canneries, oil fields plus more! For immediate response, call 1-504-646-4513, extension K506 (24 hours).



PART TIME PHOTOGRAPHER NEEDED!

Send Resume To:
C/O Box 200
SEAWAY NEWS
329 2nd St. West
Cornwall, Ont.
K6J 1G8

$200 - $500 WEEKLY! Assemble products at home. Easy! No selling. You're paid direct. Fully guaranteed. No experience necessary. Call 1-504-641-7778 (Ext. 506), 24 hours.

VOLUNTEERS NEEDED to drive visually impaired individuals to local medical appointments. It only involves one or two trips a month. Please call CNIB at 936-2300.

ALERT! STAY HOME - MAKE MONEY. You assemble products & earn up to $627 per week. Amazing recorded message reveals details. Call 705-739-7184, ext. 15.

ELDERLY, HEALTHY LADY looking for live-in companion in return for free room & board. Salary to be discussed. Write box 6582 c/o Seaway News, 329-2nd St. West., Cornwall, Ont. K6J 1G8.

"People Person"
Enjoyable full or part-time Sales positions for someone who dresses neatly, and has a pleasing personality. Experience in teaching, working with youth groups, or direct sales experience, helpful. We want the type of person who doesn't usually answer ads! Parents, Teachers, do well with us. For appointment call - Mrs. Hyatt at 514-337-9778 or write to World Book Educational Products, 790 Laurentian Blvd., #101A St. Laurent, Que., H4M 2M6.

MAKE YOUR BEST DEAL!

91 HONDA CIVIC, 3 dr.,	$ 8,995
91 JEEP YJ "SPORT"	$12,500
90 JEEP YJ LAREDO	$14,995
89 CHEROKEE LIMITED	$17,995
89 EAGLE VISTA, 4 dr.,	$ 4,995
89 HYUNDAI SONATA, 4 dr.	$ 6,995
88 EAGLE PREMIER LX	$ 8,995
87 VW JETTA, 4 dr.,	$ 3,995
87 PLYMOUTH VOYAGER	$ 6,795

WHOLE SALE "AS IS"

88 GRAND CARAVAN	$8,800
84 SUZUKI 4X4	$2,084
83 NISSAN PULSAR	$ 783
82 JEEP CJ 7	$3,183
82 FIREBIRD V8, 350	$1,982

CORNWALL JEEP EAGLE
353 Pitt Street 938-0934

MAKE US YOUR ARMCHAIR *ADVISOR*



Turn To Our Pages Weekly and Find Out
- Who scored
- What's hot
- Where to eat
- Why it matters

... plus a whole lot more

Check Out The Classifieds
Call 933-0014
to place your ad

SEAWAY NEWS ACTION DIRECTORY

A convenient reference to local businesses and services.

ANTOINE'S PERCHERONS
WAGON & SLEIGH RIDES
BUGGY & CUTTER RIDES
• Special Occasions
• Weddings
•Anniversaries
Clarence 534-8162 Kathi or Marwin 537-2509
Lunenburg

CONVENIENCE STORE
TI-GILLES
TI-GILLES
Smoke Shop & Lottery Centre
Cigar, pipe, tobacco, grocery, novelties, confectionery.
606 Montreal Road
938-6028

CONSTRUCTION/RENOVATION
LANG CONSTRUCTION & RENOVATION
Commercial & residential building.
Fully insured. Free estimates.
Big jobs - Little jobs.
We do them all!
347-2771

DAY CARE
FREE TO BECOME DAY CARE CENTRE
The Better Alternative in Child Care
For children 16 months to 5 yrs.
Open 7 am - 6 pm
Licensed with qualified staff.
Speaking French, English & knowledge of sign language
Catered meals
938-1776

DAY CARE
TRINITY DAY CARE
"Children Are #1"
Ages 2 - 5 yrs.
Arts & crafts, stories, games & planned activities for each age level.
Licensed, Qualified teachers with a knowledge of sign language.
Subsidizing also available. Non-denominational
105 - 2nd St. West, Cornwall
936-0847

GENERAL CONSTRUCTION
J.C. CONSTRUCTION
Renovations of all kinds.
Roofing
Commercial • Industrial • Residential
17 yrs. experience
Free Estimates 936-8991

KARATE
Winter registration.
• Special Starter Pkgs.
• Family Rates • Clinic
• Demos • Seminars
TRI-COUNTRY KARATE
Classes
Tues/Thurs. 6 pm -9:30 pm
Vincent Massey Public School
For Info.
613-937-1769

KENNELS
DONIHEE'S LABS
Black, yellow, chocolate puppies.
Registered Labrador Retrievers
BOARDING
Call Debbie or Pat 931-2175
Hwy. 2 East RR 1 Summerstown

LAWNCARE
DANDY LAWN CARE
Experienced, professional lawn care. Complete range of services.
Free estimates
347-2656 or 930-0096

PHOTOCOPYING
COPY SHOP
Photocopies for as low as 5¢.
Fax Service. Typing Service
Typewriter Repairs
Colour Copies
29-A Second St. E. 936-2837

PRESSURE CLEANING
"Under New Management"
CANADIAN RESTORATION SERVICES
Exterior cleaning of brick, wood, aluminum, etc. Graffiti removal.
Garage & industrial floor degreasing. Clean & seal interlocking brick. Insured.
Free estimate & demo
932-9113
A Division of Gerald Menard Renovations

RENOVATIONS
ROOF BUSTERS & RENOVATIONS
Shingle roofs, drywall, patio decks, siding, etc.
Work guaranteed. Free estimates
Richard Longtin 936-2713

RENOVATIONS & SNOW REMOVAL
BEST PRICE IN THE CITY
Install siding - windows - doors - drywall & joints.
Finishing basements - painting.
15 yrs. exp.
Book now for snow removal
$10.00 driveway
Call 936-2313

RESUME/JOB SEARCH
Advice/Preparation of resumes/letter of application/other business and personal correspondence, and advice/preparation re: job interviews.
Call 613-938-8521

SNOW REMOVAL
CHARLEBOIS ENTERPRISES INC.
Seasonal. Residential.
Drive-way contracts.
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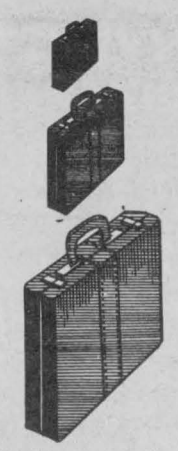

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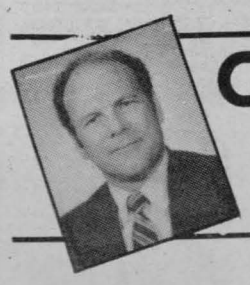

Christianity Alive

by Bob Burgess, pastor
New Life Covenant Church
(A Spirit-Filled New Testament Church)

Well it's December 1992 and a new year, 1993, will soon be upon us. Around this time of the year we hear a lot about "predictions" and following is an article on such a topic by David Mainse from 100 Huntley Street.

Predictions - 100% Accurate

A recent poll of predictions made by so-called "psychics" revealed that between 80 and 90 percent of all such predictions failed to find fulfillment. Obviously, this is not even good guesswork. You see, not even the Devil knows the future. Oh yes, he can make a pretty good educated guess, but only God Almighty knows the future. Therefore, if God Almighty made predictions you would expect them to be 100 percent accurate. That's exactly the rate of accuracy found in the predictions of the Bible.

When Jesus suffered on the cross, He fulfilled in detail the predictions written a thousand years before, under the inspiration of the Holy spirit, in Psalm 22. This was a prediction of that means of capital punishment which is called "crucifixion", which was never in use until the Romans, with all their cruelty, devised it as a means of putting to death those that their judgement fell upon; at the same time making the maximum impact on the population as a result of this display of power.

We could give hundreds of examples from scripture where this happened. In fact, the Bible is made up 1/3 prophecy or "predictions". God has allowed the honest skeptic lots of room to check up on the accuracy of His predictions.

There are some who don't put much stock in the annual New Year's predictions of the psychics, but they would hardly start a day without reading the horoscope - the predictions for that day. I've even met some who attempt to tie this in with the wise men, who followed the star and eventually found Jesus shortly after the first Christmas. However, the Bible does not call these people astrologers, as some would think. They are called wise men.

There was an unusual star in the sky which moved over a long period of time, in the general direction in which they were travelling. Then, when they went to Jerusalem, thinking that they would find a great prince in the King's palace, they learned that the scripture said this Great One would be born in Bethlehem. A truly wise man will do as they did: take the Bible predictions and follow them to their logical conclusion along with the guidance of God's star, the Holy Spirit. The combination of these two will always lead to Jesus. Anyone who is following a path which leads away from Jesus, or around Him, is not following God's Holy Spirit.

To the crystal ball gazers and the tea-cup readers and all who follow some mystical practice of predictions, I want to declare that there is a "more sure word of prophecy" (11 Peter 1:19).

God has spoken, He who holds the future has given us all the future we need to know. Let's trust in Him. Give Him our lives, and we can be confident that the future will bring that which is best here in this life and in the world to come, life everlasting.

On behalf of myself and the congregation of New Testament Church, have a blessed New Year and remember, God loves you, He really, really does.

Food For Thought:

1) Worldly values are a poor investment.

2) One revealed truth from the Bible is worth more than all the wisdom of men.

3) Don't wait to be saved until the 11th hour - you may die at 10:30.

OBITUARIES

FRASER
Marilyn Patricia

Passed away at the Cornwall General Hospital, Cornwall on Tuesday, December 15th, 1992. Mrs. Marilyn Patricia Fraser, in her 56th year. Dear daughter of the late Percy Baker and the late Ethel Willis. Beloved wife of David Fraser. Loving mother of Geri Walker of Avonmore, Teri (Mrs. Allen Servage) of Cornwall, Lori (Mrs. Barry Clouthier) of Cornwall. Dear grandmother of Paul, Marilyn, Jamie, Christine, Amanda and Dawn. Dear sister of Shirley (Mrs. Carmello Femia) of Cornwall. Predeceased by one brother Orville. The Mass of the Resurrection with Commendation and farewell was celebrated on Thursday December 17th, 1992 at St. Columban's Roman Catholic Church, Cornwall. Rite of Committal at a later date St. Columban's Parish Cemetery. The pallbearers were Allen Servage, Keith Femia, Barry Clouthier, Tim Labelle, Don Sabourin and Paul Walker.

PAYANT
Joseph Felix Alphonse

Passed away at the Winchester & District Memorial Hospital on Tuesday December 8th, 1992. Mr. Joseph Felix Alphonse Payant, in his 82nd year, born in Casselman, Ontario, of 106 Sunnyside Avenue, Cornwall. Dear son of the late Simeon Payant and the late Adele Bertrand. Beloved husband of Agnes Richer. Loving father of Jean-Louis Payant (and his wife Gisele) of Aylmer, Quebec, Francoise Payant Foster (Companion of Chris Higgins) of Thunder Bay and Bernard Payant (and his wife Pauline) of Cornwall. Dear brother of Noe Payant of Vars, Ontario, Irene (Mrs. Kenneth O'Brien) of Massena, New York, Aurore (Mrs. Roland Tessier) of Sarsfield, Ontario and Annette (Mrs. Jean Traversie) of Ottawa. Loving grandfather of Pascale Payant, Suzanne Payant Chenard, Carole Payant (Mrs. Normand Matte), Gilles Payant, Bethanie and Jean Paul Foster. Predeceased by two brothers, Solomon and Bruno Payant. The funeral took place on Friday December 11th, 1992 from Lahaie & Sullivan Funeral Home, East Branch to St. John Bosco Church, Cornwall and St. Albert Parish Cemetery, St. Albert, Ontario. Reverend Gerald Poirier officiated. The pallbearers were the Nativity Guards.

DUHAIME
Omer Hormidas

Passed away after a courageous battle with cancer at the Hotel Dieu Hospital on December 11th, 1992. Mr. Omer Hormidas Duhaime, in his 72nd year, born in Crysler, Ontario of 1724 Brookdale Avenue, formerly of Moose Creek. Dear son of the late Azari Duhaime and the late Virginia Lapierre. Beloved husband of Dorothy Corfield Watkins and by a previous marriage the late Joan Patricia Cassidy. Loving father of John Duhaime (and his wife Leanne) of Brampton, Peter Duhaime and Helen Duhaime both of Toronto, James Duhaime (and his wife Dr. Heather Duhaime) of Etobicoke, Denise (Mrs. Clint Turner) of Richmond Hill, Michael Duhaime (and his wife Lynn) and Anne-Marie (Mrs. Lorne McIntyre) both of Cornwall. Dear step-father of Owen Watkins (Manon) of Casselman and Linda Crites of Brampton. Dear brother of Aurele Duhaime, Mrs. Irene Dore and Mrs. Alice Mainville all of Moose Creek. Dear grandfather of twelve grandchildren. Predeceased by one sister Mrs. Rita Christie. The funeral took place on Monday December 14th, 1992 from Lahaie and Sullivan Funeral Home, West Branch to St. Columban's Church, Cornwall and followed by Cremation. Reverend Gerry Grant of St. Columban's Church officiated. The pallbearers were Members of the Royal Canadian Legion. Mr. Duhaime was a former farmer from the Moose Creek area and in later years prior to retirement, a transport driver. He was a Veteran of the II World War.

Piteau
Alfred (Alfie) Joseph

Passed away at his late residence on Tuesday, December 15th, 1992. Mr. Alfred (Alfie) Joseph Piteau, in his 82nd year, born in Cornwall, of 14 Bryden Avenue. Dear son of the late Telesphore (Frere) Piteau and the late Alphonsine Cuerrier. Beloved husband of Bernice Jean Burns. Loving father of Robert (Bob) Piteau (and his wife Beverly), Patricia-Lynee Piteau and Shannon (Mrs. Rene Tremblay) all of Cornwall. Dear brother of Mrs. Yvonne Whittingham of Ottawa and Jeannette (Mrs. Ivan Newbold) of Collingwood, Ontario. Loving grandfather of Todd and Chad Piteau of Cornwall, Brad, Rustin, Shalea, Lael and Tyron Piteau of Vancouver, B.C., and great grandfather of Ashley and Jesse Piteau of Cornwall. Predeceased by one son Dr. Douglas Piteau, formerly of Vancouver, B.C. and by one grandson Ryan. The funeral took place on Thursday December 17th, 1992 from Lahaie and Sullivan Funeral Home, East Branch to St. Peters' Church, Cornwall followed by Cremation. Reverend George Maloney of St. Peter's Church officiated, assisted by Reverend Gordon Bryan, Deacon. The pallbearers were Todd and Chad Piteau, Rene Tremblay, Maurice Fobert, Maurice Sabourin and James Whittaker.

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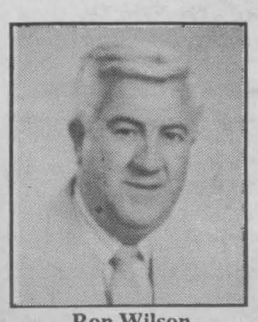

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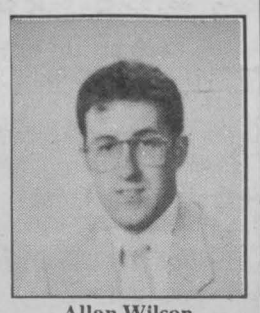

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CANADIAN SPORTS

Hockey violence isn't Disney's style

By Jim Proudfoot

The National Hockey League will have to go a lot further than it has so far if it hopes to take proper advantage of the opportunities presented by last week's expansion.

Influential owners were ecstatic about acquiring the Walt Disney colossus as a partner — the owner, that is, of the Anaheim club, which is scheduled to join up next fall.

But they ought to be aware of one thing: Bob Probert's recent fist fights with Tie Domi and Wendel Clark aren't the sort of thing that led to Disney's enormous success.

The organization that gave the world Mickey Mouse, Snow White and the Seven Dwarfs, Bambi, Dumbo and now Aladdin won't want any part of the violence that's built into hockey. It just wouldn't fit. Nobody would deny a Donald Duck cartoon includes violent scenes, of course. But they're harmless. Nobody gets cut, or draws a penalty. The ending is invariably happy. And there's no reward for effective slugging, as there is in the NHL if your guy deflates the opposition by knocking the bejabbers out of its No. 1 goon.

Critics already complain that stricter rules and more zealous enforcement have diluted the passion of the NHL's spectacle. Wait till they see what it'll take to pass muster with the Disney people. Captain Hook gave Peter Pan all kinds of problems, sure, but never crosschecked or butt-ended him.

The key word in professional sport today is tie-in. It lay behind Disney's move into hockey. Disney chief Michael Eisner wasn't kidding, you see, when he spoke of calling his team the Anaheim Mighty Ducks. A movie entitled *The Mighty Ducks* has been a huge success for them and it had to do with kids' hockey.

Eisner couldn't have missed the fact that the San Jose Sharks, in their first year of NHL competition, sold $150 million worth of merchandise to fans worldwide. The Chicago Bulls were the only outfit in sport to exceed this sum, and it represented about a quarter of what all 22 NHL clubs totalled.

In Anaheim, Disneyland can make productive use of an arena. This building, under construction now, needed a resident team. Enter the Mighty Ducks.

Disney's Anaheim hotels are sure to benefit, as well.

But television offers the greatest potential. Disney's Los Angeles station already covers the Lakers in basketball, so its very own Mighty Ducks would seem to be a natural. And then there's the Family Network, covering most of the continent. That's a Disney enterprise, too. And it could eventually give the NHL the exposure, prominence and, of course, revenue its people have been seeking so anxiously — and so fruitlessly.

To make these things work, however, the NHL must clean up its act. The current campaign against fighting, stickwork and restraining fouls was meant to achieve precisely that. And Pat Burns' Maple Leafs, on their good nights, have shown that you can play physically within these new limits. But as a clampdown, what you've seen so far is kid stuff compared to what the Disney folks will require, unless they depart from the philosophy that has made billions for them.

They won't, will they? Consistency and reliability are crucial to any Disney product. You never run into an off-putting surprise, as you do at many NHL games. Proof of that? You can go to see *Aladdin* in total certainty you won't witness something disgusting. This will be the NHL's new objective. Has to be.

In short: The junior and senior basketball teams at Georges Vanier Secondary School donated proceeds from a recent doubleheader ($150) to the Sportsmen's Corner of The Star Santa Claus Fund. The Vikings swept Bathurst Heights, by the way. A $200 gift was in memory of Harry Tutty. Dave Perkins, The Star's baseball columnist, contributed $50. And there was a $25 cheque from Alan Clark, boss of CBC sports television. . . . The NHL will stock its new Anaheim and Miami teams next summer. But Ottawa, Tampa Bay and San Jose are assured of the first three choices in the junior draft. . . . The Minnesota North Stars had their eyes on the new Anaheim rink before the idea of expansion got rolling. . . . The Stars were after Russ Courtnall's skating ability when they traded Brian Bellows to get him from the Canadiens. Bob Gainey, coach and GM, felt speed would be crucial with an increase in penalties. . . . Mike Keenan was offered $150,000 to coach the Swiss team in Lugano for the rest of the season but doesn't seem interested.

CORNWALL COLTS

JR. "A" HOCKEY CLUB

A New Year's Gift List For Colts Players

by Ken McLaughlin
Colts Director of Public Relations

Have you ever wondered what your favourite Colts player dreams of in 1993? After much research, we are pleased to present the serious and not so serious gifts for your Colts in the new year.

1. Brian Audette: A healthy collar bone and more excellent play.
2. Luc Duval: A case of cokes in the dressing room.
3. Eric Landry: A better haircut than on opening night '92.
4. Trevor Thompson: Continued consistent play.
5. Rod Pitblado: A healthy shoulder and more crunching hits.
6. Jeff Guay: Another championship ring.
7. Dominic Patulli: Boxing gloves and lessons.
8. Eric Noack: A healthy ankle and more smiles.
9. Tom Sheehan: A 50 goal season and a Jays repeat.
10. Chad Samson: His own comedy show.
11. Dru Burgess: More of the same hard work ethic.
12. Pascal Joanette: A picture in the team program.
13. Greg Esdale: A device to measure how many miles he skates in a game.
14. Stephan Marleau: A finish in the CJHL top 10 scoring.
15. Chad Kilger: Continued interest from scouts and worse aim at moving objects.
16. Serge Viau: More points in the second half.
17. Alex Popowych: "O Canada".
18. David Dupont: More three star and club Z points.
19. Travis Mercer: A ban on getting thrown out of the face-off circle
20. Jason Nicholson: His own "talk" show.
21. Jonathan Leclerc: A bigger goal crease area.

Head Coach Jean Payette: More wins in '93.

Asst. Coach Dan Dorothy: A pass for the International Bridge.

Head Scout Bill Murphy: Busy phone lines and a big talent find.

Owner Don Derry: A large crowd at each home game.

The fans of the Colts: Patience, acceptance, belief and our thanks.

Your Colts play twice this week to begin 1993. This Thursday night, the Pembroke Lumber Kings visit the Civic Complex at 7:30 pm. On Friday, we travel to Gloucester for an important game against the Rangers at 7:30 pm.

Colts Talk makes its 1993 debut this Wednesday at 7:30 pm, live on Rogers Community 11. Be sure to tune in to be updated on all Colts news over the holidays.

Thanks for your support and we'll see you this Thursday at the Civic Complex.

Seaway Valley Rapids Atom "AA"

The Seaway Valley Atom "AA" Rapids split a pair of games in recent ODMHA action. In the first game, the Rapids extended their unbeaten string to four games with a 3-2 victory over the Ottawa Valley Titans in Kanata. Nigel Newland, Kurt MacSweyn, and Kyle McAllister each scored one for the Rapids. In the second game, the Rapids came up flat against the Ambassadors in Gatineau. Despite being outshot 28-18 the Rapids, behind some solid goaltending from Gregg Robideau and good defense from Chris Reasbeck, managed to keep the game scoreless through the first 2-1/2 periods. At that point the floodgates opened and the two teams scored 7 goals in less than 4-1/2 minutes. When the dust settled, however, the Rapids found themselves on the short end of a 4-3 score. McAllister, MacSweyn, and Josh Lebrun had singles for the Rapids.

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10 Romeo Ave.(between Jamesway & Arena) Massena, NY

Kohler Novice Royals Denied 1st Tournament Title

Kemptville defeated the Cornwall Kohler squad 3 - 1 in an all-Royals final for the Alexandria Novice Minor Hockey Tournament Championships.

Andrew Banville scored the lone goal for the Kohler Royals as they suffered just their fourth loss of the season in being relegated to tournament status for the second time this year.

Cornwall blanked the host team 6 - 0 and doubled Winchester 4 - 2 to advance to the final in Alexandria. Jamie Smith scored a pair of goals against the Glens with singles recorded by Troy Sinfield, Ryan Matte, Jamie Patenaude and Tim St. Jean. Patrick Turcotte notched a hat trick in the win over Winchester with Phillip Boots also connecting.

Meantime, the Kohler Royals posted two more victories in Upper Canada Minor Hockey League Novice action.

Marc Lapointe registered the whitewash in a 4 nothing win at Morrisburg while Banville, Smith, St. Jean and Freddie Pletsch did the scoring. Turcotte also fired 2 goals in a 4 - 1 win over Alexandria at the Water St. Arena with singles going to St. Jean and Matte.

The Cornwall Kohler Novice Royals overall record on the season stands 23 - 4 - 2.



CJHL
CENTRAL JUNIOR "A" HOCKEY LEAGUE

Statistics as of January 4, 1993

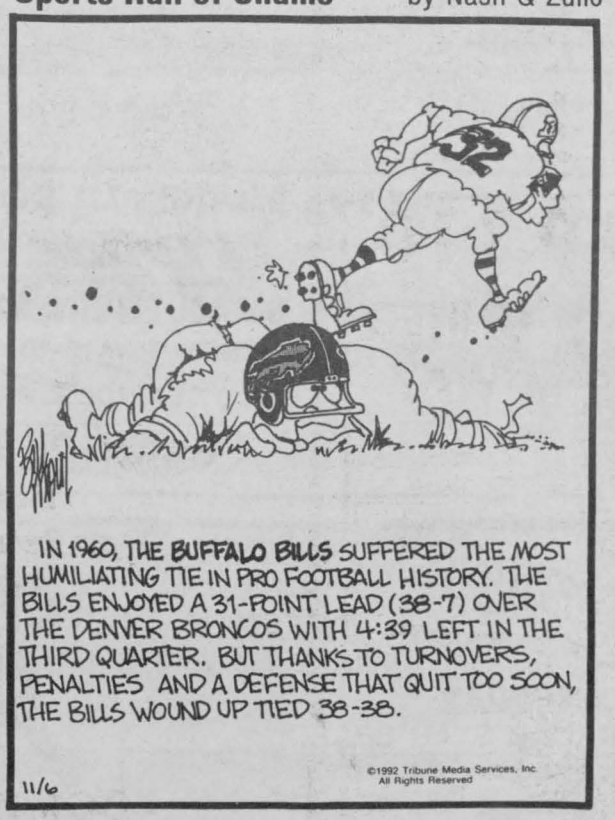
Standings	GP	W	L	T	GF	GA	PTS	BP
Robinson Div.								
Ottawa	34	27	6	1	264	155	57	2
Hawkesbury	32	21	7	4	200	140	46	-
Cornwall	35	19	14	2	191	190	41	1
Gloucester	34	17	16	1	181	169	39	4
Cumberland	34	7	26	1	132	210	16	1
Yzerman Div.								
Nepean	36	19	16	1	188	170	41	2
Kanata	33	18	14	1	199	184	38	1
Pembroke	33	17	16	0	167	157	37	3
Brockville	30	11	18	1	121	144	27	4
Smiths Falls	33	5	28	0	109	233	11	1

bp- bonus points

Navy Veteran's Royals Receive Early Christmas Present

The Cornwall Navy Veteran's Peewee "B" Royals received an early Christmas present when they recently travelled to Massena on December 23rd and came away with a close fought 6-4 win. The first period ended with a scoreless tie, but the second period was totally the opposite. Adam Vachon got Cornwall on the board first before Massena tied the score at 1-1. Cornwall again took the lead on a goal by Patrick Herrington, but again Massena tied it 2-2. The Royals scored the next two goals of the second period to go up by the score of 4-2. The goals were scored by Adam Vachon (his second) and Jason Cholette. The Massena team kept battling and once again managed to tie the game in the third period at 4-4. The Navy Veteran's Royals were pressing hard for the win and it paid off when Jason Cholette scored his second of the game and Jason Leduc added one more for insurance to record the win. The trio of Jason Leduc, Adam Vachon and Jason Cholette combined for 13 out of a possible 18 points in the game.

Sports Hall of Shame by Nash & Zullo



Pardon Hamilton for not celebrating

By Jim Proudfoot

The National Hockey League insisted on being paid $50 million up front when it invited bids for expansion franchises two years ago — no ifs, ands or buts.

The Tampa Bay Lightning and Ottawa Senators were prepared to fork over the required loot and nothing else was considered, even briefly. Each received a warm welcome together with full NHL membership, effective at the start of the 1992-93 schedule. Several applicants were rejected, of course, but none was as resentful as Hamilton.

The bitterness has never dissipated. The Buffalo Sabres, suspected of having torpedoed Hamilton's hopes, were boycotted when they played in Copps Coliseum last month. And the anger figures to intensify once Hamiltonians begin to understand what the NHL did this week, in approving new entries from Anaheim and Miami.

It's not just that Hamilton wasn't given a second chance. You also witnessed the spectacle of NHL bigwigs falling all over themselves in their anxiety to move further south, into what they imagine to be rich new markets. What's more, the Anaheim Mighty Ducks were given a deal Hamilton couldn't get. That really rankles, or ought to.

No outsider knows exactly what took place in that room when the people from Hamilton delivered their pitch on Dec. 6, 1990. But it's easy to make a pretty authentic guess. They produced a down payment of $5 million, as required. But they wanted to talk about the other $45 million, due in two instalments over the months ahead.

The NHL tycoons didn't like what they were hearing. They'd been specific about cash on the barrelhead and weren't prepared to bend, they explained, because collecting from some of the previous expansion outfits had been a long and difficult (and, in some cases, unfinished) process. So, the rules were plain: no credit.

But Hamilton argued about the likelihood that the Toronto Maple Leafs and Buffalo Sabres would want to be compensated for this incursion into their territory. In other words, $50 million to the NHL might be just the start. There was no telling what the Leafs and Sabres might charge. So, the Hamiltonians wanted to hold off until they knew where they stood.

The NHL remained adamant, however. Its policy had to be inflexible. Either that, or this belated plea was a convenient excuse for accommodating the Sabres and rejecting Hamilton. A club in the Ambitious City posed no threat to the Leafs, apparently, but would have hurt business in Buffalo.

Now the NHL has flip-flopped. Miami and Anaheim are paying $50 million to get in. But half the Anaheim fee goes directly to the Los Angeles Kings to make up for whatever hardships are caused by having an NHL opponent an hour's drive down the freeway. And so, without spending an extra dime, the Mighty Ducks are relieved forever of the threat Hamilton found unacceptable.

This leaves $75 million to be divvied up by the other 23 NHL brethren. It's an especially nice windfall for most of them, coming so soon after they'd split the $100 million Ottawa and Tampa Bay remitted. And imagine how the Lightning and Senators must feel, not even half-way into their initial campaigns. It's like finding cash in the street.

But what stands revealed now, with the utmost clarity, is how neatly Hamilton was shafted in spite of its credentials — and how slim are its chances of ever getting NHL competition into Copps. Some struggling team might see fit to move there some day — the Sabres even thought about it at the height of their own troubles — but that would be the only way.

Then there's the story of how the San Jose Sharks will wind up costing George and Gordon Gund about half the going rate. That's for another day.

Still, there's no denying Anaheim and Miami are excellent acquisitions for the NHL. The new owners are rich and influential, besides. Indeed, it's been a week for rejoicing in professional hockey. But Hamilton is abstaining, understandably.

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SEAWAY NEWS
DOUG & MAGGIE'S CORNER

Doug & Maggie Fobert of St. Clair Paint & Wall Paper

Is there a home owner out there who doesn't have a once admired accessory that no longer fits into their decorating scheme? I'm talking about lamps, vases, pots candle holders and the like. These items and many more can be returned to useful service and be the height of fashion through the magic of a product called Fleck stone.

As the name suggests, it's an imitation textured stone finish. The magic is that it comes out of a spray can and looks and feels like granite. There are about a dozen different colours available.

The coating process is a two step procedure. The first step is the application of a plastic spray that contains flecks of solids in it. Once this has dried, a clear acrylic spray is applied to seal the plastic coating and provide durability. The result is a tough, textured plastic coating that has the multi-coloured look of stone.

As always, the surface to be coated must be free of rust, oil, wax, dirt, or soap residue. The best way to accomplish this is a thorough wash with either T.S.P., Gresof, or Surface Prep. Porous surfaces must be sealed with a coat of primer.

Fleck stone has very good adhesive ability so it adheres to just about any surface. If the item to be coated is going to be subjected to a lot of wear, tear or scuffing, then shiny surfaces should be scuff sanded to avoid chipping. The ceramic items should be primed with Kilz primer, if they are subject to a lot of handling, to avoid peeling. Plastic items should be scuff sanded and primed with Kilz primer before coating with Fleck stone.

Step one is the base coat. It must be applied to clean and dry surfaces only. Hold the can 14 to 16 inches away from the surface and apply in thin even coats. You can apply several coats, alternating the direction of application, to completely cover the surface. For a different look, a thin coat can be applied purposely and left to allow some colour to show through.

Total coverage will vary between approximately 6 to 15 square feet, depending on the opacity desired and the contrast between the surface colour and the coating colour.

Allow the base coat to dry for about four hours until it is completely dry to the touch. Once you are sure it is thoroughly dry you can move to step two, the clear acrylic top coat. Apply several thin coats, once again holding the can 14 to 16 inches away from the surface. The clear coat will be dry to the touch very quickly but will not be completely cured and at full durability for thirty days.

Fleck Stone is also an ideal finish for larger items. Cabinet doors, table tops and venetian blinds are stunningly beautiful when refinished with Fleck Stone.

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Upper Canada Mortgage Royals Win 3 In A Row

The Upper Canada Mortgage Atom "B" Royals were rewarded with a three game sweep due to persistent hard work over their opponents.

In a game played at the Civic Complex, the Royals defeated Louiseville N.Y. 9-2. Robert Megan and Shawn Chartrand with a pair of goals while singles went to Marc Bourget, Mathieu Groulx, Ryan MacDermid, Jess Thompson and Joey Sullivan.

In Tri Town N.Y., Dan Martin's hat trick paced his team to a 4-3 victory. Robert Megan rounded the scoring for the Royals.

In a rare regular season game, Cornwall beat North Dundas 3-2. Mathieu Groulx, Dan Martin and Shawn Chartrand scored for the locals.

Andre Ouimet and Leigh Bourbonnais were solid in goals as they shared goaltending duties in all three games.

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Test Your Horse Sense

By D.L. Smith

Score one point for a correct answer to each of the first five questions. The last question counts five points. Score yourself as follows: 0 - 1, poor; 2 - 4, average; 5 - 6, above average; 7 - 8, superior; 9 - 10, very superior.

1. Which of these is a synonym for inert? a) Frantic b) Inactive c) Lightweight d) Pensive

2. What is the boiling point of water on the Reaumur scale of temperatures? a) 0 Degrees b) 100 Degrees c) 80 Degrees d) 451 Degrees

3. Which is NOT a traditional woodwind instrument? a) Flute b) Oboe c) Saxophone d) Clarinet

4. Who in the "Iliad" is described as having the voice of 50 men? a) Zeus b) Helen of Troy c) Styx d) Stentor

5. For which team does National Basketball Association rookie sensation Shaquille O'Neal play? a) The Miami Heat b) The Washington Bullets c) The Orlando Magic d) The Los Angeles Lakers

6. Match the National Football League quarterback in this paragraph to his team this year in the following paragraph. Score one point for each correct answer. a) Warren Moon b) Jeff Hostetler c) John Elway d) Neil O'Donnell e) Jeff George - v) New York Giants w) Pittsburgh Steelers x) Houston Oilers y) Denver Broncos z) Indianapolis Colts

ANSWERS: 1. Inactive 2. 80 Degrees 3. Saxophone 4. Stentor 5. The Orlando Magic 6. a) Warren Moon - x) Houston Oilers; b) Jeff Hostetler - v) New York Giants; c) John Elway - y) Denver Broncos; d) Neil O'Donnell - w) Pittsburgh Steelers; e) Jeff George - z) Indianapolis Colts

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Upper Canada Mortgage Atom "B" Royals Eliminated In Ottawa Tournament

The Upper Canada Mortgage Atom "B" Royals had stiff competition in the 4th annual Christmas Stick Tournament in Ottawa South.

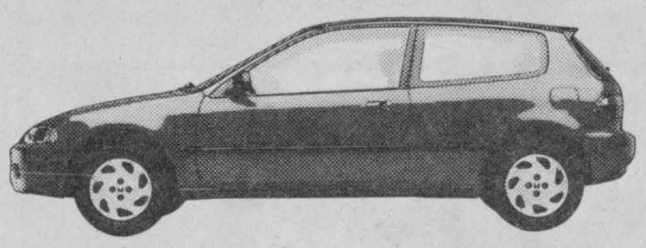
In the first game the Royals faced off against the host team, the Southend Capitals, which finished in a 1-1 tie. Dan Martin opened the scoring in the first period but the Caps tied the game in the second. In a very exciting third period, neither team could break the tie. Dan Martin was chosen MVP for Cornwall.

In the second game the Royals lost 11 - 2 to an awesome St-Isidore team. Joey Sullivan and Dan Martin connected for the local team while Mathieu Groulx was chosen as his team's MVP.

In the third game Cornwall defeated East Ottawa 4 - 1. Joey Sullivan, Shawn Chartrand, Dan Martin and Mathieu Groulx scored for the Royals. Joey Sullivan won the MVP award.

The Upper Canada Mortgage Royals are off to Tri-Town NY, on Sunday for a one day tournament with their American friends.

OUT WITH THE OLD!
IN WITH THE NEW!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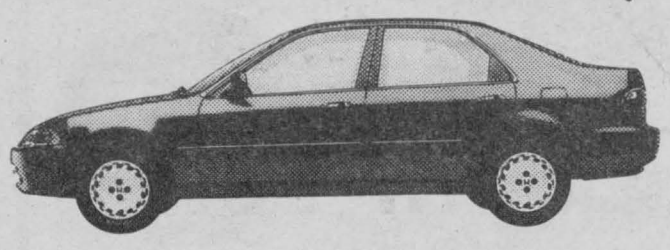
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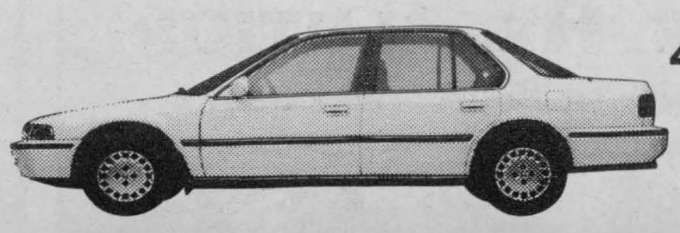
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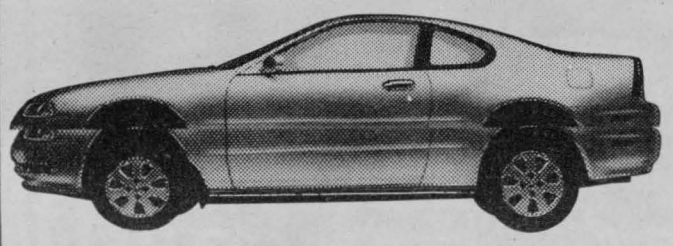
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Ask a Conservation Officer

It's Our Nature.

What is meant by the term "fur-bearing animals" in the hunting regulations summary? What rules apply for hunting them?

The following fur-bearing animals are allowed to be harvested only by a person with a trapping licence: badger, beaver, fisher, lynx, marten, mink, muskrat, otter, red squirrel and wolverine. Trappers with a small game licence can harvest wolf, coyote, fox, opossum, raccoon, skunk and weasel.

Some hunting restrictions apply for fur-bearers such as the raccoon. To hunt raccoons at night, you must have a resident tag, a small game hunting licence and be accompanied by a dog licensed for raccoon hunting.

The pelts of all fur-bearing animals except muskrats must be stamped before being sold or sent to a taxidermist or tanner. If you are planning to take your fur-bearing animal pelts outside of the province, you must obtain an export permit before you leave.

For more information regarding hunting regulations, please call your local MNR district office.

Ontario's Conservation Officers are members of an MNR team who protect our natural resources. If you have a question, please write: Compliance Policy Branch, 90 Sheppard Ave. E., 6th floor, North York, Ontario M2N 3A1

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THE NFL PLAYOFFS

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How teams get to the Super Bowl

1 Regular season

NFL is divided into American and National conferences; each is divided into three divisions. 28 teams fight for six playoff spots in each conference: three division champions and three wild cards (non-division champs with best records in each conference).

AFC		NFC	
East champ	Wild card 1	East champ	Wild card 1
Central champ	Wild card 2	Central champ	Wild card 2
West champ	Wild card 3	West champ	Wild card 3

2 Wild card playoff games

Three wild card teams and division champ with third-best record play in first round; division champ hosts wild card with worst record; wild card with best record hosts wild card with second best record.

3 Division playoff games

Two division champs in each conference with best records host wild card winners; division champ with best record is assured of playing and hosting wild card survivor with poorest record.

4 Conference championship

Surviving playoff winners with best record during regular season get to play at home; wild card team can host only if two wild card teams are in game, in which case team with best record will host.

5 Super Bowl

Conference champions play Jan. 31 at the Rose Bowl in Pasadena, Calif.

SOURCE: National Football League

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Moonlight Ski At The Upper Canada Migratory Bird Sanctuary

With the light of a full moon above and hopefully some freshly fallen snow below, the Parks of the St. Lawrence promise an evening of rare wonder on Saturday January 9, weather permitting.

The guided moonlight cross country ski hike at the Upper Canada Migratory Bird Sanctuary is shaping up to become a first-rate outdoor experience for the entire family. Starting at 8 pm, skiers will leave from the Sanctuary parking lot, 14 km east of Morrisburg off Highway No. 2 (Exit 770 off Highway No. 401).

Participants will follow an interpreter and ski on the groomed trails through the Upper Canada Migratory Bird Sanctuary. The ski will be approximately 1-1/2 hours long.

To ward off the chill, a blazing bonfire will be ready at the trail head after the event. Skiers can relax with hot chocolate around the roaring fire.

The moonlight ski excursion is $2.00 per person.

Call (613) 543-3704 for more information on this upcoming event.

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SEAWAY NEWS
ENTERTAINMENT

As we start out on the beginning of a *NEW YEAR* we can only hope that 1993 will be a year filled with good health and lots of good luck for everyone. Here is one recipe we could use: Take two heaping cups of patience, one heart full of love, two hands full of generosity, a dash of laughter, one head full of understanding. Sprinkle generously with kindness. Add plenty of faith. Mix well. Spread over a lifetime, then serve to everyone you meet.

CHUCKLE TIME - A story about some hunters who were in the woods and when they decided to head off in different directions. They first agreed that if anyone got lost they would shoot three times into the air. It happened, one guy got lost, shot three times in the air but nobody came. So he shot three more times, still nothing. "Geez", he said to himself, "I hope someone comes around soon ... I'm almost out of arrows."

How about starting off the new year with a visit to your friendly movie theatre. *BROOKDALE CINEMAS* at the Brookdale Mall are still packin' them in with Disney's popular new animated, *ALADDIN* with shows at 7 pm & 9 pm. In Cinema #2 it's *HOME ALONE* - 2 at 7 pm & 9:15 pm. The Cinema #3 feature is *BODYGUARD* with shows at 7 pm & 9:15 pm. The Saturday & Sunday matinees are the same features in #1 & #2 and in Cinema #3 it's *THE MUPPETS CHRISTMAS CAROL.*

How about some *PREDICTIONS* and *RESOLUTIONS* from the great *"SWAMI" EL BUD:* Even though we are a few days into the new year, people are still making predictions. This year I promise I will not drink to excess ... however I will drink to Chris, Ethel and Agnes. I'm also going to save some money ... just in case there is a 1994. I promise not to go to the library and tear out the last chapter in the mystery novels. Here are some examples of collective resolutions: Taxidermists are resolved not to be too stuffy in '93. Carpenters promise to square things up this year, and the electricians will try to spend more time at 'OHM. Swami predicts that pollution will give us a new breed of bird ... Robin Black Breast. That environmental problems will also lead to new songs, like *UP A LOUSY RIVER* and *WILD BROWN YONDER.* That computers will continue to have breakdowns, to have breakdowns, to have breakdowns, to have breakdowns ... and I predict an end to these silly predictions by Swami Bud.

When you read this the Year End partying will be just a great memory for everyone. But the new weekend entertainment acts will be beckoning and that should include a visit to *QUINN'S INN* at St. Andrews West. Entertaining on January 7th will be *MIKE McANANNY* (sorry Mike if that's not the right spelling), *BOB & DUCKY* take over for the night of January 8th and then it will be *TRANSIT* for January 9th.

LA RICK'S BAR on Montreal Road is beginning the new year with an old friends, *GERRY CORVELL* and *MEMORY LANE.* Catch the action any night from Thursday through Sunday. And don't forget Ladies' Night on Saturday with prizes and fun.

ATTENTION Cornwall and Area restaurants, night clubs and all entertainment centres: The regular weekly Knight N' Day *REVIEW* will start next issue so if you would like some occasional plugs for your establishment please contact us by writing to Knight N' Day c/o Seaway News. Leave us your number and the name of someone we can communicate with on a regular basis. This service is gratis and we can only publish the information you provide. How about making 1993 the year for promoting your business. If you wish to bolster that information with some display advertising then you could call Bill Snelgrove, Arlene Hulls or Bill Doherty at the Seaway News office. Gotta go. Please remember, there are two things bad for your heart ... running upstairs and running down people.

G'Day and G'Knight.



Entertainment - Special Events & Restaurant Review - By Bud G. Knight

Last Week:

- SD&G Catholic Board trustees ask custodial & secretarial staff to accept wage rollback.
- Wednesday is the last day for Courtauld's whistle which blew for 67 years.
- Shipping comes to an end as St. Lawrence Seaway closes for the season.
- Irving Oil to construct highway restaurant in spring of 1993.
- Cornwall Police & OPP spend quiet Christmas as crime takes a holiday.
- Audrey Bain retires after 10 years as director with Cornwall Regional Art Gallery.
- City Council sets tone for 1993 budget calling for streamlining & saving.
- Boxing Day bargain hunters crowd stores keeping retailers busy.
- U.S. side, border merchants deny there has been a decrease of Canadian shoppers while Canad Customs says there has been a significant drop in traffic since summer.
- Forty local citizens awarded Canada 125 medal.
- City strikes up three year deal with inside workers.
- A single fire on Meadowvale Cres. accounted for total city fire losses for the month of November.

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