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SYLVIA'S SLANT

I'm all in favour of anyone doing anything legal, no matter how ridiculous it may seem to others. If people want to go traipsing off to the North Pole on skis or a skateboard. So what! Good Luck!

What I do object to is the use of my (and your) money that has to be spent to go and rescue these people. When they need medical supplies or food or need rescuing we have to send planes and crews at great expense, and personal danger to rescue these would—be heroes.

What exactly are they contributing to anything, or anyone. Sherpa guides risked their lives, and some lost their lives so that someone could plant a flag on the top of Mount Everest.

Are these adventurous people doing scientific research, are they seeking answers to ecological problems? Are they looking for oil? No! The last group wanted to plant a flag and meet up with a similar group of Russians who also wanted to plant a FLAG. They got lots of media coverage in papers, magazines and radio. They were interviewed on T.V.

They complained of frostbite and the severe cold. What did they expect at the North Pole, a heated swimming pool and a

Con't on Pg. 18

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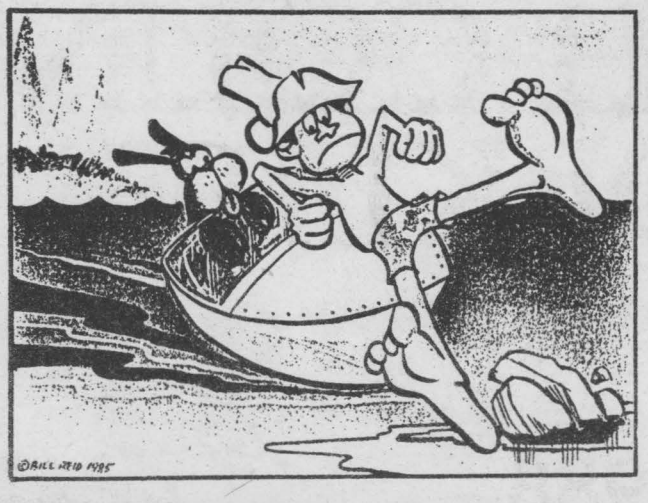
"Playing cowboy" on the bow of a moving boat is just as dangerous as riding on the hood of a moving car, especially without wearing a lifejacket or PFD —— yet many people do it. If the boat bounced suddenly, the bow rider could be tossed into the water and drown, be run over or slashed by the propellor. Play it safe: Keep your seat on the seat of the boat.



Cornwall District Soccer League



TEAM STATISTICS

Div. 1

	GP	W	L	T	GF	GA	PTS
SAINTS	10	7	0	2	25	3	16
RANGERS	10	7	2	1	23	10	15
CHAR LAN	12	4	3	5	29	19	13
YMO	11	5	4	2	29	24	12
PACERS	10	4	5	2	27	21	10
HEARTS	9	3	3	2	19	22	8
SPARTANS	9	2	7	0	15	34	4
SONICS	11	1	10	0	15	49	2

Div. 2

CHAR LAN	7	6	0	1	20	11	13
CITY	7	5	2	0	24	9	10
COSMOS	7	4	2	1	26	11	9
FIST	7	4	3	0	20	9	9
SELECTS	9	3	6	0	19	19	6
MR. SUB	7	2	5	0	12	41	4
PACERS	6	0	6	0	9	30	0

Womens

HEARTS	7	7	0	0	43	5	14
CITY	7	5	1	1	21	7	11
SPARTANS	6	4	2	0	27	13	8
BULLDOGS	6	3	2	1	13	12	7
CHAR LAN	7	2	4	1	19	15	5
FIST	7	1	5	1	9	27	3
RAIDERETTES	8	0	8	0	3	56	0

Oldtimers

BEST WESTERN	4	4	0	0	24	4	8
HEARTS	5	1	1	3	17	15	5
CHAR LAN	4	1	1	2	7	9	4
NORTH DUNDAS	5	1	3	1	7	23	3
GUARANTY TRUST	4	0	2	2	7	11	2

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Home Improvement Time

How To Spruce Up Summer Furniture

CUSHIONS AND COVERS

Badly faded plastic or canvas can be restored by painting it with one of several special fabric coatings. An aerosol type can be sprayed on vinyl or plastic; a brush-on version will restore or change canvas colors.

Replace plastic or canvas seats and backs with precut covers—or buy material by the yard and cut new covers, using the old ones for patterns. You can also purchase webbing kits and weave new seats or backs.

Any of these refurbishings will take some time and effort on your part, but a thorough cleaning job can do wonders for that summer furniture you thought you were going to have to replace for next year. And if you give new furniture careful treatment like this, it will last longer.

RATTAN AND ALL OTHER WOVEN FURNITURE

Wicker or cane resists dampness, but it fades and absorbs dirt. To protect it, scrub and spray with a clear varnish at least twice a year. If the piece is badly stained—or if you prefer a color—spray with outdoor enamel. Repair loose or broken strands with waterproof glue and tack them down with rust-proof brads before painting.

NATURAL REDWOOD FURNITURE

Brush on a redwood sealer at least once a year. These penetrating finishes soak in and seal against moisture, dirt, and stains. They also restore the original color. Be sure to coat all sides. If any boards are badly cracked or split, pry them apart slightly with a knife and work in waterproof glue. Clamp and reinforce with brass screws.





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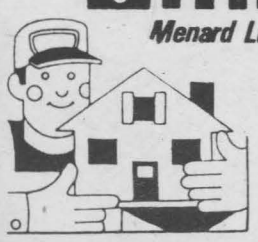
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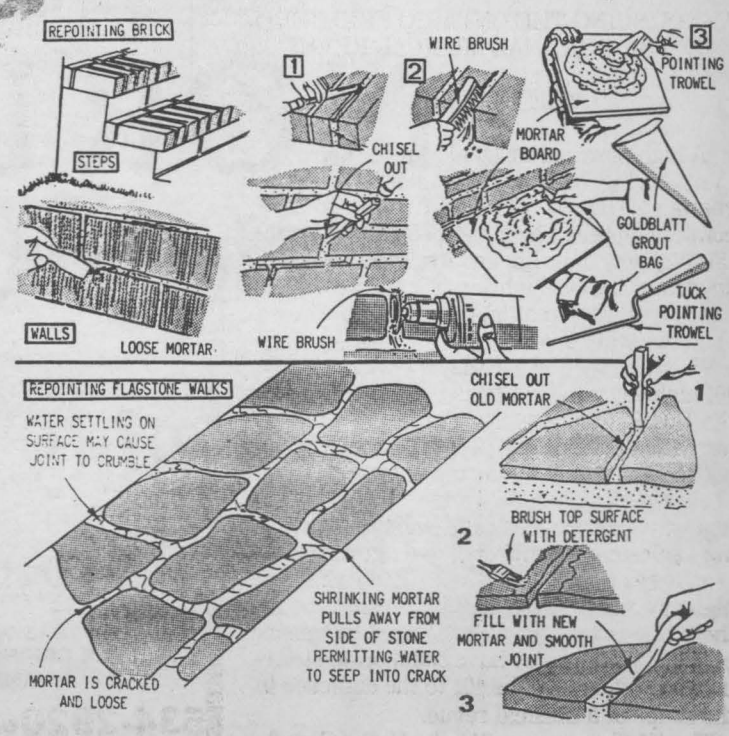
HOME WORKSHOP FILE



REPOINT LOOSE MORTAR JOINTS
By Larry Eisinger

While brick will last hundreds of years, if brick has a weak point it is the mortar joints which may eventualy crack or crumble. This condition can easily be corrected by merely removing as much of the old mortar as possible and filling the void with new mortar. If the mortar joints are horizontal-



-as in the case of brick steps–since the mortar is more porous than the brick, standing water will cause the mortar to eventually disintegrate, especially in the colder climates. The mortar in brick walls is also subject to some disintegration, especially if the joints are raked and wind driven, water settles in the joints. Or a settling foundation can cause brick walls to crack at a mortar joint, which calls for a new and thicker joint. In all cases, chisel out the loose mortar, steel wire brush the joint, wet it down and fill with mortar, using either a pointed trowel, a tuck point trowel (a thin blade the width of the joint) or mortar in a grout bag. The grout bag technique is especially appealing to do-it-yourselfers because you merely squeeze the bag to dispatch the mortar directly into the joint–just like decorating a cake where you can control the exact amount of decorative icing! These bags cost about $5 and help prevent smearing the brick.

The joints of flagstone walks, like the joints of brick steps, also will eventually crack and crumble because of the elements. If the mortar mix was especially wet when the walk was built the joints will shrink in the course of only a season and the crack between the mortar and the flagstone will be subject to additional water that will further damage the joint. Flagstone joints are usually much wider than brick joints so the mortar is easier to remove in large chunks. Chisel out the old mortar, flush out any loose particles and before filling in the mortar, carefully brush the flagstone surface edge with a household detergent. Be careful when you brush on the detergent because if any flows over the edges it will interfere with the bonding between the mortar and the flagstone. Wet down the joint, keep the mortar mix as stiff as possible and do not worry if you smear some on the face of the flagstone. When the mortar is dry, because you have used the detergent, the excess can be easily scraped off and the surface will not be stained.

As a reader service, Larry Eisinger has published two HARDCOVER books (No. 101) CARPENTRY AND WOODWORKING and (No.102) PLUMBING AND HEATING. With hundreds of photos and drawings, they will help you with everyday techniques. If you are not completely satisfied, your money will be refunded! The cost of either book is $3.95, plus 70 cents shipping. Send a cheque or money order for $4.65, payable to Eisinger Communications, Inc., to HOME WORKSHOP, care of your newspaper, Box 158, Staten Island, N.Y. 10314.

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UPPER CANADA PLAYHOUSE

In its quest to raise funds to replace the tent portion of Upper Canada Playhouse with a permanent building, the group has undertaken a number of fund raising projects.

One of the projects is a draw for a 1988 Lincoln town car. The car will be on display in the Brookdale Mall on Fridays and Saturdays, August 26th and 27th as well as the Playhouse on performance nights. The Playhouse directors are hoping to raise $35,000 with this draw and will apply for matching funds form one of the government agencies. Paricipants in the draw will purchase a ticket at $50.00 each and will receive an income tax receipt for $25.00. A limit of 1,400 tickets will be sold. The Playhouse is becoming well known as one of the popular attractions in Eastern Ontario.

THE 401 SHOW

A Zany Musical Revue About The People Who Keep The 401 Highway Alive And Exciting

ANNOUNCING THE ONTARIO PREMIERE OF THE ORIGINAL MUSICAL REVUE

THE 401 SHOW

'A high powered musical journey down the most boring highway this side of Saskatchewan.' The 401 Show is a zany series of comic vignettes about the people who make this highway their life and livelihood. Set on a stretch of the 401 highway it is the show that has everything: imagination, music, fast cars and sexy waitresses.

When the idea of writing a play about the 401 highway was first conceived last summer, the U.C.P. company set about collecting information from local people about how the building of the 401 affected their lives. It's about the construction workers who built the highway, service centre attendants, travelling salesman, truckers and government employees whose jobs were created when the highway was. Marshall Button compiled all these anecdotes and with the musical talents of Susan Wesson they have collaborated to bring those stories of the 401 to the audience in the shape of a musical revue.

The 401 Show was written by Upper Canada Playhouse Artistic Director with music composed by Susan Wesson and directed by Ottawa Director/Actor Gerard Lepage. The 401 Show's talented cast of Actor/Musicians include; Kerri MacDonald, Vocalist, Tim O'Ray, Harmonica, Susan Wesson, Vocalist and the accomplished fiddler Gerry Pizzariello, and on Bass, Boyne Banner. So get ready for some catchy tunes, foot stompin music, laughter, and just plain good lighthearted entertainment.

The 401 Show opens Thursday August 11th and runs until September 4th. Show starts nightly at 8:00 p.m. Tickets are $10 adults, $7 seniors/students and $5 for children. For details please call U.C.P. box office at 543-3298 or 543-4214. The theatre is closed Mondays.

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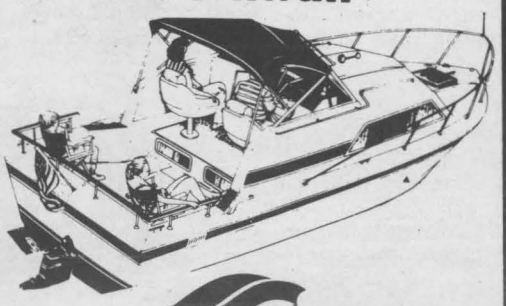

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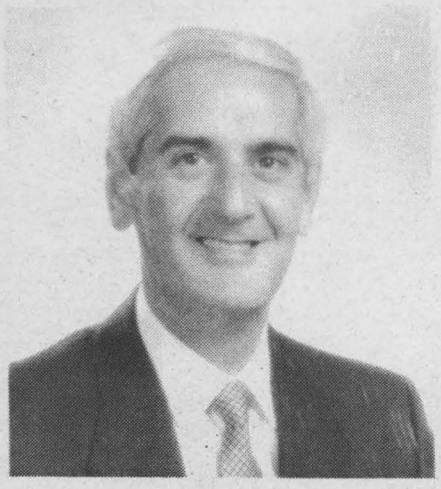

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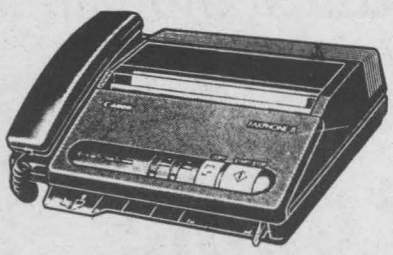

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Fax 932-1849

Went to Shane's house last week. He and the neighbours were pulling quack grass in the backyard. I did not ask the rules, but I'm assuming, he who has the biggest pile gets the last beer!

Congratulations go out to Peter & Jane on celebrating their fifth anniversary last weekend.

Summer will soon be over. I wonder when the bike path will be completed—paving and all.

Heard Mille Roches, Woodlands & Lake View beaches were closed recently due to the pollution count. Isn't it a shame!

P.C. pot really a boiling. Eric Cameron is seeking the nomination, rumours abound that Don Fairweather, Grant Campbell, Dennis Carr and even Luc Guindon are all "possibles".

We would like to welcome back to Cornwall an old Fifth Wheel employee Ping Tan. After selling cars in Toronto, he is now back in Cornwall as sales manager at Midway Motors.

Congratulations to Linda Vander Wielen of Maxville who will be Stormont's Dairy Princess for the up coming year.

Auctioneers' battle at the Avonmore Fair had a lot of competition with Murray Blair the hometown favourite coming out on top. Congratulations Murray.

Osnabruck Twsp. Senior Squirt Division are down to the finals with Long Sault and Berwick to battle it out. Good luck to coaches Barry Fenton, Marcel Robinson and their teams.

Garage and yard sales appear to be here to stay. Only probelm is that as the summer winds down and you have attended a few, your basement starts to clutter. When next year rolls around and you are out in the front yard with your own sale, you'll better understand the whole process.

How would you like to earn $8.00/hr. for sun bathing in the nude on top of Gov't buildings. Apparently somebody has the job at the Chevrier Bldg.

Saw Dick Doherty standing outside Woodhouse the other day, it appears that Floyd Ross would not allow his old boss to enter the store.

Apparently we Canadians aren't very good in Geography---recent report said in a survey 1 in 7 Canadians couldn't find Canada on a map.

Somebody told me Bill Snelgrove is always on holidays.

Couldn't believe it--no air conditioning at Hotel Dieu Hospital, pity the poor patients in this heat.

CTV's Nightline from Cornwall last week was a big hit. Mayor Lynch, Dennis Carr, Fred Engert, Ed Lumely, Paul Fitzpatrick and Maggie Torrance all were interviewed. The overall impression left of Cornwall was very positive.

Thanks goes out to Bill Sikkens who helped a lady in distress. Who couldn't get the door open. Right Chris.!

Watch those "hot-home-run-hits" Tom! Vera's can't afford to have you "booted" from the Cornwall & District Softball Leaue for professionalism.

Speaking of hot! Ray (Vera's Lunch) & fiance Nancy now in the planning stages for the "real-wedding-of-the-year". Move over Wayne Gretzky!

Fishing story? Randy Taylor & friends required a little tow on the mighty St. Lawrence, last week. Lots of bait-not enough gas!

Recent Multi Cultural Festival was well attended. So you might expect politicians to be around.



Dick Aubry Sandi Mazis Steve Burns

Congratulations to the boys of R & L Distributors they just captured first place over all in the Seaway Slo-Pitch League.

See Upper Canada Theatre is in a snappy brochure entitled "Guide to Ontario Summer Theatres"

Hello! And welcome to Cornwall, Peter, Patty & Jason Chamberline, from Kissimme, Florida. Patty and her family are visiting Mom & Dad, Fran & Rita De Montigny for a couple of weeks. I hope you are enjoying our beautiful weather and taking in all the "Bingo's".

Helen did you get the wheels on the van fixed? Would not want to hear that you broke down on the road again and in this heat.

The 10th Annual Lasagna Open sponsored by the Violi brothers Ross & Dom is set for Sept. 12/88--book early by calling 315-764-0329.

"Please" the person who borrowed the bases from the Bob Turner Industrial Tournament, please return. No questions asked. They are GL Photo stamped. Call 933-4211 Reg.

"Gosh, am I rushing things or what." Shower was held on July 22/88 not Sept. 22/88 ha! ha! (Typographical error). Sorry Lori I do not know how that slipped by my eyes but I let my fingers do the walking. So I will repeat. Lovely gifts & great food & fun was had by all at the surprise shower for Lori Goulet, the future Mrs. Myles Gallant of Alexandria, Ont.

"It's raining...it's pouring"... in Montreal, in Ottawa BUT NOT IN CORNWALL!!

HAPPINESS IS.

A big Happy Anniversary going out to Jeff & Gail Prieur. 9-years of Happy Bliss...

Birthday wishes go out to Matthew Proulx who just turned 5 years old.

Congratulations to Leslie & Victoria Begg (daughters of Ron) for the winning of medals & trophies in this summer's Highland Fling competitions. One proud daddy!

By the by...celebrating another 39th—is "Dr. Jean" (St. Andrew's Pool Chemicals). Says she's going to keep on repeating it until she gets it right!

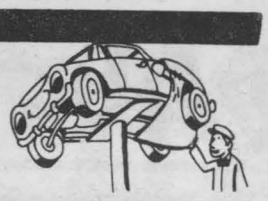
Kristina McDermid second daughter of Mark and Lori at Hotel Dieu, Aug. 3...Congrats!



Off The Wall
Grand Opening

Another store now opened in the Le Village on Montreal Rd. At the official opening were left to right Ray Cote, Unknown Clown, Alderman Chuck Charlebois, Miss Cornwall Pina Di Stefano, Marcel Bourgon and Roger Motard.

ON CARS



Owner of '87 Pontiac shocked air conditioning unavailable

By Bill Gardiner

☐ Since acquiring a new 1987 Pontiac 6000, six-cylinder in January without air conditioning, I have made several attempts to find out where I could buy an after-market system.

The dealer seems reluctant to recommend anybody for fear it may make the warranty null and void.

A call to General Motors got me nowhere as they advise there is no add-on system available from them to do the job. Calls to other dealers indicate they do not install air and refer any enquiries to the yellow pages of the phone book.

What course of action do you recommend? C. J. Stocks

Many car dealers in the Southern Ontario area use a company called KingKool, 122 Judge Rd., Etobicoke, for aftermarket air conditioning installations. KingKool markets Wynn's Frostemp air conditioners and I spoke to them about installing such a unit on your 1987 Pontiac 6000.

It seems there was such a kit available from Frostemp until recently but due to a number of problems it has been discontinued and is no longer sold or installed by KingKool.

There is a kit available for 1988 6000s from Wynn's Frostemp and apparently some 15 or so other aftermarket air conditioner manu facturers compete for this market. So if another manufacturer or installer contacts me with a kit for your 1987 model, I will pass along any information I get.

Pontiac 6000s with factory air conditioning have signifficantly larger (longer) radiators than their non a/c equipped cousins and run their electric engine cooling fans continuously while the air conditioning is on.

All the heat removed from the car's interior by the air conditioner is given off by the a/c condenser, located in front of your radiator. This, of course, severely hampers the radiator's ability to cool the engine and hence the need for a larger radiator.

Aftermarket air conditioners don't come with larger radiators and therefore you could run into problems if you ever attempt to process a warranty claim on anything relating to the engine or cooling system.

As far as the manufacturers are concerned all that counts is that you modified the vehicle for something they didn't equip it for and it really doesn't matter who did it or how thorough the job was.

Jeep 4 litre engine covered by warranty

☐ I have a 1988 Jeep Cherokee Limited with the 4 litre engine. This engine broke down after 150 km due to failure of the big end bearings. It is impractical for me to return the car to the point of sale and so the warranty does not apply.

I am faced with a large bill for a new engine and wonder if it might not be practical to spend the money on a more reliable unit. The Jeep will be used on good roads as a family station wagon and so what is wanted is reliability rather than off-road performance.

I have good luck in the past with Ford and Suzuki products. Is there a Ford engine which can be made to fit? Jim Phillips

Failure of the connecting rod bearings after only 150 km would indicate to me one of three possibilities: 1) defective parts; 2) incorrectly assembled or poorly fitting parts; 3) little or no oil in the crankcase.

Items 1 and 2 are completely out of your control as a driver and item 3 should have been checked and corrected during the "predelivery inspection" I'm sure you paid for.

New engines do consume a little more oil than normal until the piston rings break in but 150 km isn't enough to lower the oil level to a dangerous level if it was full when you took delivery. In any case you have a very legitimate warranty claim that can be handled through *any* Jeep/Eagle dealer if you have a problem with the selling dealer.

As far as repowering with a different engine, forget it! The entire powertrain in your vehicle is a well engineered package and switching engines would compromise many areas. Since reliability is your main concern stick to repairing what you have and leave the engine swaps to the engineers.

The 4 litre six-cylinder engine used in your Jeep is an inline (straight 6) design with cast iron block and cast iron cylinder head and in my opinion, a sound and reliable unit.

Unfortunately, you got a bad one as can happen to the best of prod ucts. But you have warranty protection to cover the considerable cost of rebuilding your engine.

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Jewellery Showcase

by Stuart Gordon

PERIDOT



Peridot is the birthstone for August. The quality it enhances are fidelity and amiability. It is found in Burma, Sri Lanka, The Red Sea, Norway and the U.S.A.

The lovely olive green stone has a somewhat baffling name but it is supposed to have come from the Arabic, Faridat, meaning "precious stone".

To some people the green colour of this iron-magnesium silicate, which ranges from yellow green to deep bottle green, is the most attractive of all gem colours.

living Styles

JAZZERCISE By Judi Sheppard Missett



VARICOSE VEINS AND BALMS

Q: I want to start an exercise program, but have always had problems with varicose veins. What causes varicose veins, and will exercise make them better or worse?

A: Varicose veins, those swollen, bluish-purple veins that show through the skin of the leg, result from impaired flow of blood toward the heart. Tiny, valve-like structures within healthy leg veins assist the heart in pumping blood from the lower extremities upward against gravity. These valves break down in varicose veins; the blood pools in the veins, causing that bulging effect.

Unfortunately, varicose veins most often have a genetic basis. However, those who are predisposed to developing varicose veins can take steps to discourage Mother Nature. Many experts agree that exercise, because it increases muscle tone and enhances circulation, lessens the severity of varicose veins. During exercise, the enhanced contractions of leg muscles actually help propel blood toward the heart. Varicose vein sufferers should avoid activities that place undue stress on the legs, like standing for long periods. Excess weight can also aggravate the condition. Aerobic exercise that allows low-impact movement can both help with weight loss and diminish the amount of stress on the legs. Walking, cycling, and swimming are good choices for aerobic activity.

* * *

Q: I often see liniment ads that promise to soothe aching muscles. Do the liniments work. or are they a waste of money?

A: The product that one rubs on the skin doesn't reach the muscles. Their application, though, has the same effect as a relaxing massage, and that can make the muscles feel better.

Most over-the-counter balms are nothing more than counter-irritants. They stimulate sensory nerve endings in the skin, which produces the sensation of heat or cold. One theory holds that such sensations provide a distraction from the more intense pain of a sore muscle. Another suggests that the stimulation of nerves on the skin may actually block pain impulses on the way to the brain.

Generally, though, these potions won't do you much harm as long as you don't use them with heat of any kind, and don't bandage over the area you're treating. Of course, don't apply them to broken or irritated skin, and don't get the stuff in your eyes, mouth, or nose.

Some people say the psychological effects of liniments are the most potent part of the cure — the smell of menthol and wintergreen just makes them feel more comfortable. There's nothing harmful about that!

* * *

PHOTO CAPTION

Relax and stretch out your abdominal muscles with this exercise.

Photo 1: Lie on your stomach. Your body should form a straight line from head-to-toe. Bend your elbows and place your hands beneath your shoulders.

Photo 2: Slowly straighten your arms while lifting your upper torso off the floor. Keep your hips and pelvis attached to the floor.

Hold position two for 10 seconds, then slowly return to position one. Repeat movements one and two 10 times, or as desired.

Suggested Music: "Anything For You" by Gloria Estefan and the Miami Sound Machine.

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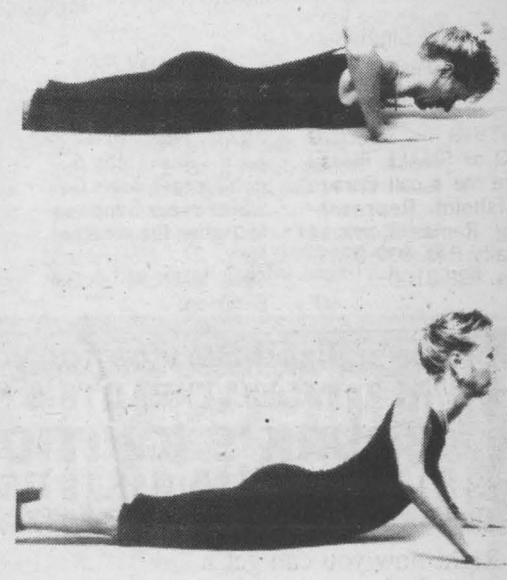

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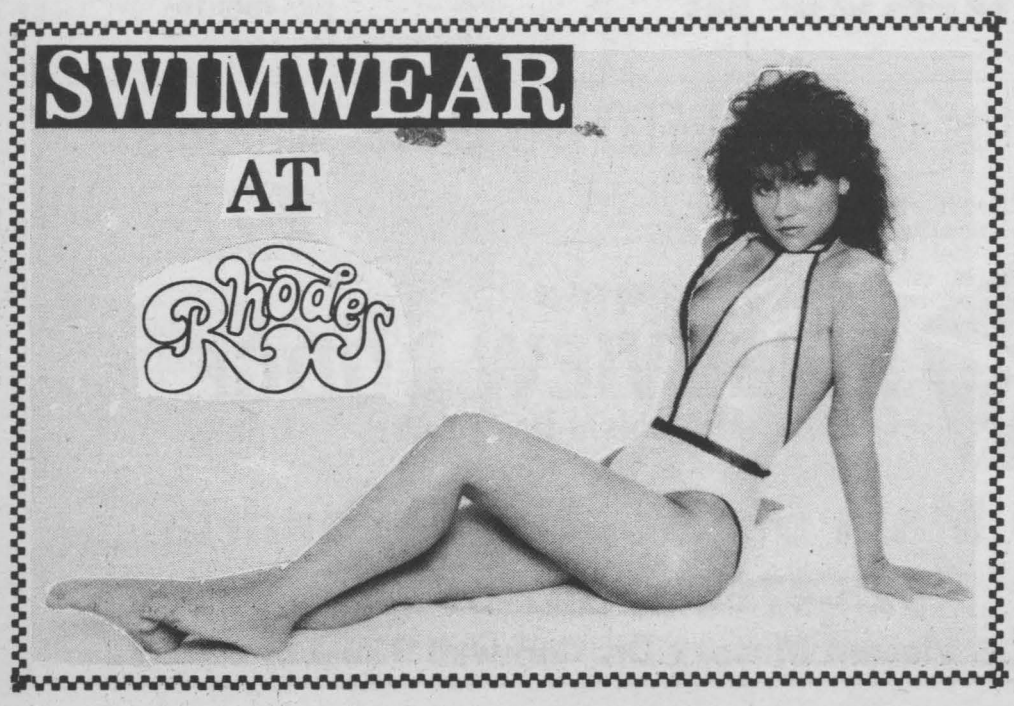

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Nothing in the Canada-U.S. Free Trade Agreement limits Canada's control over its water resources.

The FTA, which does not apply to large scale water diversions, has never involved any obligation on Canada's part to export water to the United States. But recent public outcries against the alleged impact of the FTA on Canada's water resources led International Trade Minister John Crosbie to announce last week that the government will accept an amendment to the FTA implementing legislation to make this absolutely clear.

On November 5, 1987, the Minister of the Environment set out the government's policy prohibiting the export of water by interbasin diversions. For greater clarity, however, the government will support an amendment that states expressly that the FTA does not apply to water, except for provisions for removal of existing tariffs on imports of water by Canadians from the United States.

"Water" is defined to mean "natural surface and ground water in liquid, gaseous or solid state, but does not include water packaged as a beverage or in tanks".

No other provision of the FTA applies to water. Thus, the amendments make clear that Canada's only obligation regarding water is to eliminate existing tariffs on imports of U.S. water.

Legislation incorporating the prohibition against exports of water by interbasin transfers will be tabled in Parliament in the near future.

***

Canada has become the first country in the world to pass national multiculturalism legislation.

The Canadian Multiculturalism Act (Bill C-93), which was tabled by the government last December, received Royal Assent and became law on July 21, 1988.

The bill re-affirms Canada's commitment to agreement such as the International Covenant on Civil and Political Rights and the International Convention on the Elimination of All Forms of Racial Discrimination. It also commits all federal departments and agencies to implement it, assigns special co-ordinating and advocacy roles to the Minister responsible for Multiculturalism, and establishes a process of Parliamentary accountability.

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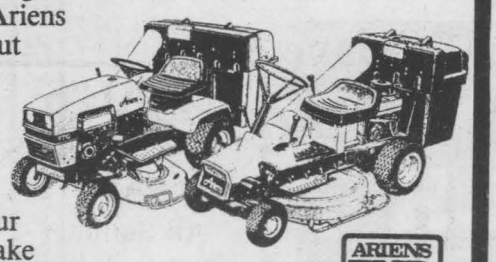

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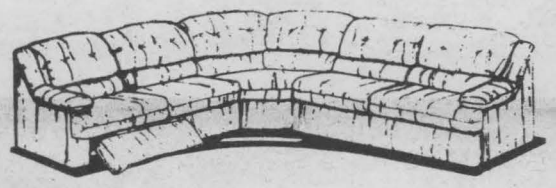
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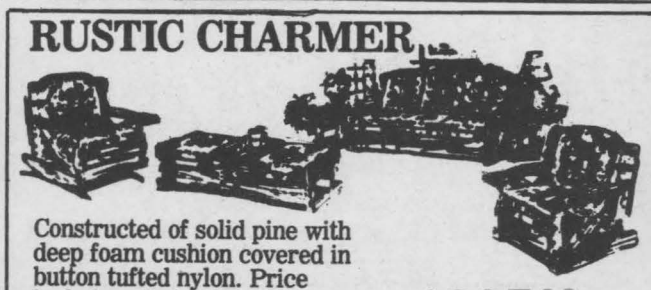
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8/8

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The inconvenience of it all. Your car in the repair shop. You without transportation. Who to call?

Think Thrifty. we'll put you back in the driver's seat of a new Aries. So no one has to be inconvenienced. Especially you.

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10% Discount on Pick-up Orders



1232 Brookdale Ave., Cornwall

BUSINESS HOURS
SUNDAY-THURSDAY 11 a.m.–10 p.m.
FRIDAY & SATURDAY 11 a.m.–11 p.m.



Industrial Slow Pitch League (Twelfth Week)

	Teams	P	W	L	T	Pts.
1.	Last Resort (1)	29	21	5	3	45
2.	Skidders Const.	30	21	8	1	43
3.	Mitchell Canada (3)	27	21	6	0	42
4.	Stradwick's Flooring (2)	28	20	7	1	41
5.	G.L. Photo (1)	29	20	8	1	41
6.	Mike Fontaine Const. (1)	29	19	10	0	38
7.	Hotel Dieu Hosp.	30	15	13	2	32
8.	Pitt Stop Rest. (1)	29	14	12	3	31
9.	General Hosp.	30	14	14	2	30
10.	C.U.P.E. (2)	28	11	15	2	24
11.	Charlie's Sports	30	11	19	0	22
12.	Bolger Steel (1)	29	10	19	0	20
13.	Cummins Recon. (1)	29	9	19	1	19
14.	Cornwall Speedway (1)	29	8	20	1	17
15.	Simmons Sleepers (2)	28	2	26	0	4
16.	Libo's Restaurant*	30	7	22	1	15

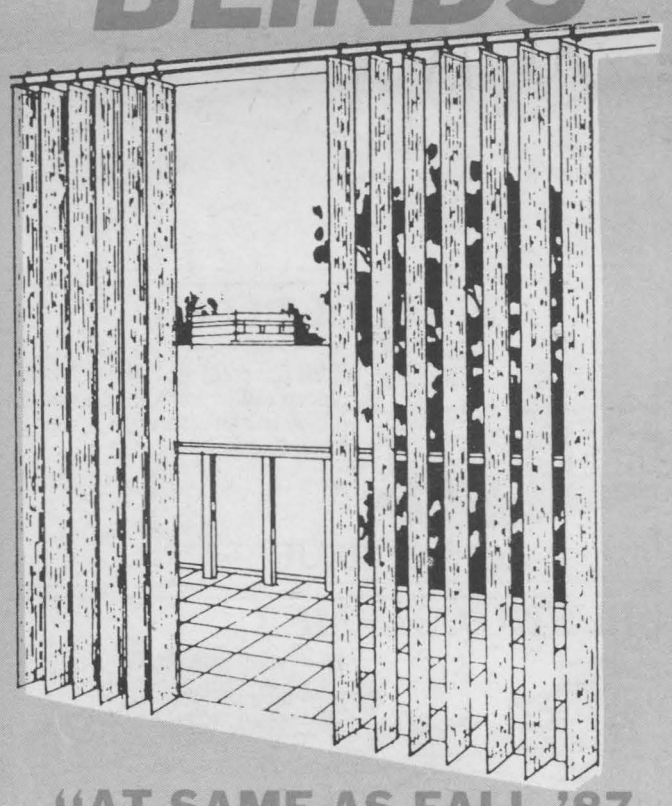
*Expelled for defaulting 3 games
*No. in brackets are games to be played

SEAWAY SLOW PITCH LEAGUE

Standings

North Division					
Teams	GP	W	L	T	P
R & L Dist.	18	16	1	1	33
Murphy's Inn	17	11	6	0	22
Roundpoint Const.	17	9	7	1	19
A.N.A.F.	17	8	9	0	16
Hubs	17	8	9	0	16
U.A.P. Autopros	18	7	11	0	14
T.C.T.I Widebodies	18	2	16	0	4
South Division					
Teams	GP	W	L	T	P
Huron Hockey School	17	14	3	0	28
Le Village Sports	17	13	4	0	26
Travelways	18	13	5	0	26
Johnny Mac's Tavern	17	6	11	0	12
Cashway	17	6	11	0	12
Ray-Co Team Sports	18	5	13	0	10
Vet's Taxi	18	3	15	0	6

VERTICAL BLINDS



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At His Home In Kingston, Ont.

SEE Man Made Miniature Mill Built By Keirstead

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BRING Your Camera To Have Your Picture Taken With Keirstead

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WHEN	PRICE	LEAVING	RETURNING
Sunday Sept. 11	$15.00 (in advance)	Woolco Mall 9:30 a.m.	Woolco Mall 5 - 6 p.m.

For more information Call Sue Atkins or Claude Provost

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(Next to Provost Store) P.O. Box 44 538-2288 538-2391

JAMES KEIRSTEAD •JAMES KEIRSTEAD •JAMES KEIRSTEAD

Will the Pinata Be The "In" Drink of 1988?

The Bellini, a bubbling brew of champagne mixed with peach juice, was declared the "in" drink by restaurant goers and confirmed as a genuine trend by "Life" magazine in 1987.

This year's "hot" new drink is predicted by various experts to be "anything mixed with cranberry juice." Freixenet's entry into the new drink competition is a chilled concoction of Cordon Negro and cranberry juice cocktail.

The drink began appearing in punchbowls and champagne flutes all over the country during the holidays. Nameless until now, it has officially been dubbed the Pinata by Freixenet, the international wine company whose black bottle bubbly has become the upscale mixer for the new libation.

"Actually, we prefer mixing Pinatas with equal parts Carta Nevada Semi Seco and cranberry juice and then adding a splash of orange liqueur," says Pedro Ferrer, the 30-year-old chairman of Freixenet, U.S.A. "But we're not about to go against popular opinion."

JOHN CLEARY M.P.P. REPORTS



I am sure the voice of the the people of Cornwall and area will be loud and strong on the Sunday Shopping Issue.

FARM-START

PROGRAM- A GROWING SUCCESS

In the past several months, the Ontario Farm-Start program has provided direct financial assistance to new farmers in our area.

The Program was introduced in January in an attempt to encourage the creation of new farms in Ontario and it has neared full enrolment. Under the 97.5 million initiative, elgible producers will receive $38,000 in grants over a seven year period with an intitial grant of $11,000.

The response to this program shows there is optimism about the future of agriculture, particularly from our young people choosing a career in agriculture.

The Ministry will accept applications for the program until it reaches the 3,300 mark and then take an additional 500 on a waiting list. About 2,300 new farmers will eventually receive grants under this program.

ON THE LOCAL SCENE

Elizabeth and I attended the Seaway Senior Citizens Spaghetti Supper and Dance last week. This event was extremely successful and I congratulate the organizers and workers.

The Glengarry Highland Games were held in Maxville recently. Elizabeth and I attended on Saturday, as we have for many years and as always, the event was a huge success.

On August 6th, 1988, Williamstown will host its 176th Fair. On behalf of the organizers of the oldest fair in Ontario, I extend to all an invitation to attend the Williamstown Fair.

SEX!! It's almost as much fun as shopping at Bob's Gold Mine. We love to "dicker". 10K Jewellery at half price or less. Sundays only. Located at McHaffie Flea Market., Hwy. 31, Morrisburg, Ont. Marcelle & Bob Simpson.

DELIVERY PERSONS WANTED. Full time & part time. Must have own vehicle. Apply in person to Chateau St. Jerome, 1232 Brookdale Ave.

8/15

USED FURNITURE Open daily Monday through Saturday, 9-9. Wide selection. Lanoue's Furniture, 337 Eighth St. W., 938-9794

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BACHELOR APARTMENT. Furnished rooms with facilities. 414 Pitt St.,

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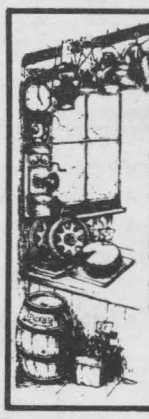
VHS MOVIES Rent movies for only 99 cents each. No limit. Mon—Thur. 99 cents. Remi Gillet & Son Furniture, 407 Water St., E.

x

MOVING Boxes for sale. St. John's Transfer, 150 Edward St., Cornwall. Telephone 933-1492 x



MG ANTIQUES

Before Selling Your Antiques To Just Anyone, Give Us A Call. We Pay Top Dollar. We Buy Jewellery, Silver Dollars, Gold, Scrap Gold, Roll Top Desks, Cupboards, Carnival, Old Guns, Tables, Chairs, Dressers, Buggies, Cutters, Tools, Antique Toys (Key Wind type from around 1900's), Antique Advertising Signs, etc.

In Business 27 yr.—Fully Experienced

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(Not long distance from Cornwall)



KENMORE MICROWAVE, 2 yrs. old. Perfect condition. Paid $539. Asking $325. Large oil painting, $55. 932-6718.

8/8

MARE, 3 YRS. OLD. Partly broken in. 12-13 hands. Good mannered, gentle. Loves kids. Asking $350. 346-5748.

"MAN WITH TRUCK FOR HIRE" household furniture locally. Pick-up and deliver. Call me for fast service. 933-5183.



	Reg.	Spec.	
27x1/4"	$15.80	$9.99	pr
27x1/8"	$25.80	$18.99	pr
27x1"	$29.80	$19.99	pr
700x25	$29.80	$19.99	pr
26x2, 125	$33.80	$24.99	pr

NORCO THE BICYCLE PEOPLE

TIRE SALE!

SHOE Sale!

	Reg.	Spec.
SIDI	$145.00	$79.00
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GARDIN	$79.00	$49.00
ACTIVA	$69.00	$39.00

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SHELL RAPID LUBE
17 POINT CHECK
NOW IN OPERATION
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NO APPOINTMENT NECESSARY
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ST. PIERRE GARAGE
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932-4232
Sales start August 10th 1988

HOURS: Monday to Wednesday 9:30-5:00 Thursday & Friday 9:30-9:00 Saturday 9:30-5:00

WE GUARANTEE
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• SUPER QUALITY
• SUPER LOW PRICES

SAVE UP TO 50%

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COMPARABLE PRICE 1.98 to 3.98
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SUPER LOW PRICE

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• PINK • GREY • PEACH • BLUE • PISTACHIO • BLACK

TWIN BED	DOUBLE BED	QUEEN BED
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34.98	44.98	49.98

SUPER LOW PRICE

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76x84 in P.V.C. FOR PATIO DOOR
• ROSE • MINT • PEACH • OFF-WHITE • WHITE • BEIGE • GREY
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SAVE 70%

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GOOD CHOICE OF PATTERNS AND COLORS
COMPARABLE PRICE 12.98
3.98 roll

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SHRIMPS $11.95

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CAKES & PASTRIES for all occasions including wedding cakes, bread, buns & donuts

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Hwy. 2, Long Sault 534-8222

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ANNUAL LASAGNA OPEN SEPT. 12/88

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CORN CHOWDER DINNER
• Crock of Chowder
• Fries • Coleslaw
• Rolls & Butter
$5.95
Side bowl $2.25

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Cornfest Special Presentation
Tuesday & Wednesday
Aug. 10 & 11 7pm-11pm
Rick Longchamps

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CHATEAU
St. Jerome
BAR-BQ CHICKEN & RIBS
"It's just like coming home"

SPECIAL FOR AUGUST TUESDAY ONLY

1/4 LEG CHICKEN DINNER $2.99
Served with coleslaw, toasted roll, sauce & your choice of fresh cut fries, baked potato or homemade baked beans.

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TOWN and COUNTRY bingo
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LION'S HALL BONVILLE
(Turn East at Yellow Flashing Caution Light On Highway 138)
PACKAGE DEAL $9.00
9 REGULAR GAMES ..... $35.00 5 SPECIALS $50.00
1 EXTRA SPECIAL...$1,075.00
If Won in 6 numbers (Over 6 Numbers — 10¢ of Extra Special)
1 JACKPOT $250.00 1 BONANZA 2 SHARE THE WEALTH

We Use Bingo Sheets with dabber system
EVERY THURSDAY
Early Bird 7 p.m.
Regular Bingo 8 p.m.



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Entertainment Returning in September

FETTUCCINE W/BOLOGNESE SAUCE $7.95
includes green salad & hot roll

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Crossroads Hwy. 43 & 138, Monkland

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Featuring: Ham, Eggs, Bacon, Sausages, Home Fries, Lasagne, Pancakes, French Toast, Juice, Tea or Coffee.
ONLY $6.95

ROAST PRIME RIB OF BEEF BUFFET
All you can eat Only $14.95
Includes: Seafood, Italian & Chinese Food, Chicken, Garlic Bread. Our Famous Salad Bar. Chocolate Mousse & Beverage.
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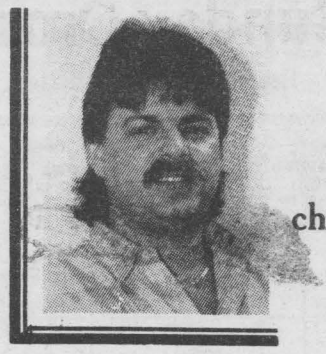
SPECIAL Only $6.95
Children 10 & under eat FREE
Includes: Canadian, Italian & Chinese Food Salad Bar, Beverage & Dessert

Reserve Now 346-5474



in the kitchen
with
mike anderson
chef at
PAPA GEDORO S
THE PLACE FOR STEAK

VEAL CHOPS WITH ARTICHOKE HEARTS

4 Veal Chops
1 cup Flour
Salt
Pepper
1/2 tsp. garlic salt
2 tblsp. clarified butter
4 canned artichoke hearts, drained and cut in two
2 tblsps. chopped onion
1 cup chicken stock
1/2 cup white wine
1 tsp. fresh parsley finely chopped
1 cup of shredded mozarella cheese

—Dip the veal chops in flour and shake off exces flour.
—Season the veal chops with salt, pepper and garlic.
—In a sautè pan, melt butter and add veal chops when butter is hot.
—Reduce the heat to medium and cook uncovered, for about 6 minutes on each side.
—Add the artichoke hearts and cook for 2 to 3 minutes.
—Add seasoning if needed.
—Transfer veal chops and artichoke hearts to a heated platter.
—Add cheese on top and bake in oven at 350 degrees until cheese is melted.
—Add the onions to the sautè pan and cook for I minute.
—Pour in the chicken stock and wine and reduce the liquid over high heat.
—Add the chopped parsley and pour the sauce over the veal chops and artichokes and serve immediately.

"Ya Know What I Mean"

WHEEL OF FORTUNE

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By Linus Maurer

RULES 1. You have a different time to solve each puzzle. Fill in the correct letters to complete the puzzle. 2. Each day more clues are added to each puzzle. On the third day, the answer is revealed.

120 seconds — today's puzzle 80 TITLE

		N									
					N						

90 seconds — puzzle 79 THING

T		T	B		S						
		L	D	E							

60 seconds — puzzle 78 PHRASE

H		S			A	K		N	G		
	H		L		G	T	S		H		
G		A	S								

5/25

answer to puzzle 78 THE SQUEAKING WHEEL GETS THE GREASE

1983 HONDA CB 450. Motor bike for sale. New tires & certified. Asking $1,000. Call 537-8147. 8/15

HANDYMAN FOR HIRE. Renovating, dry wall, decks, roofing. For free estimates call 933-0026.

HORSE FOR RENT. English trained. $50 a month. Call 932-2490 after 5. ssnx

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MO'S MASONRY. All types of Masonry Work. Bricks, Chimneys & Repairs. Basement Sandfinish. For estimates call: 525-1779. 8/8

MUSICIANS PIANOS! Martin, Orme, Mahogany, Apollo, Baby Grand, Walnut. Choose from others. Tune, repair, buy. Call anytime Al's Piano Shop. 932-1825. 8/29

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SEAWAY SHOPPING LTD. NEWS

Dance, Dance, Dance
Beach Party
Beach Music
BBQ

THURSDAY, AUGUST 11
9:00 p.m. to 1:00 a.m.

Prizes for wildest beach attire
Contest prizes



PRIEST'S MILL
RESTAURANT
&
PUB

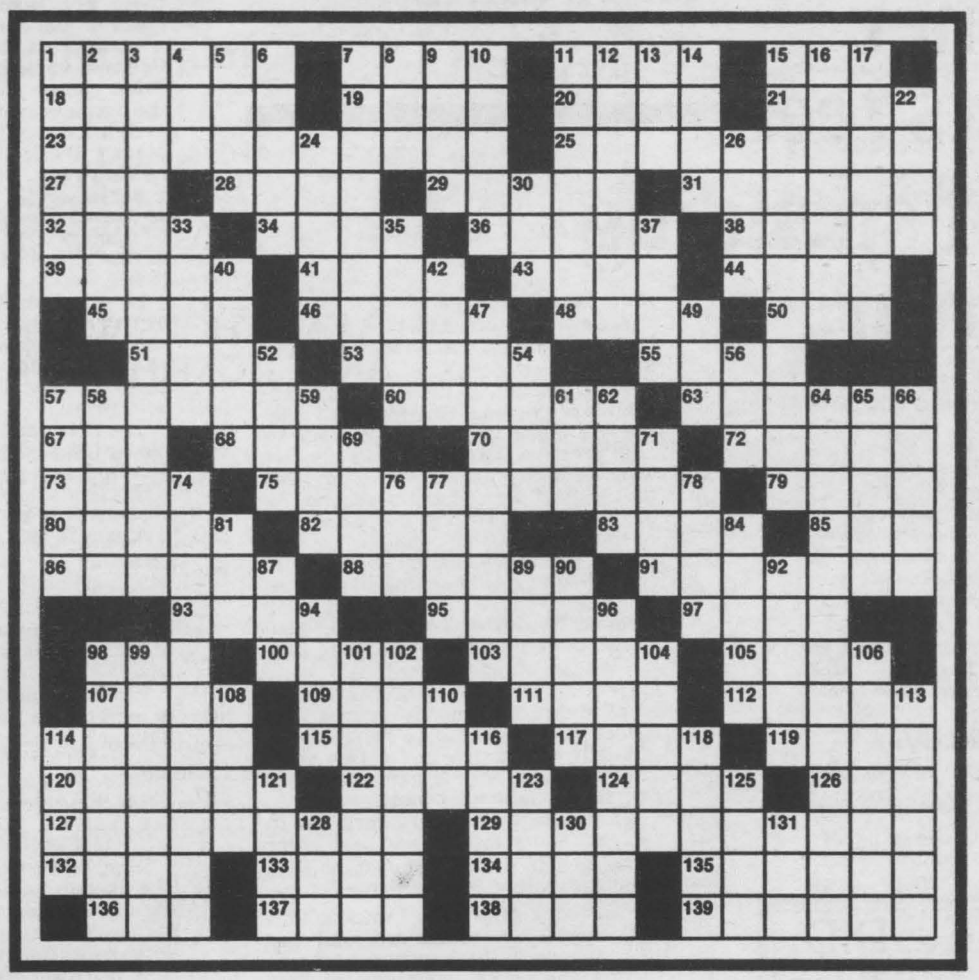
Mill Square & Main Street
Alexandria, Ontario
613-525-4131



DUDS
By Bernice Gordon

THE Sunday Crossword

Edited by Herb Ettenson



ACROSS
1 Dwell
7 Low voice
11 A no-no in baseball
15 Refrain syllable
18 Ammonia compounds
19 Actress Adams
20 Butterine
21 Rubber tree: var.
23 Covering for an iron hand
25 Mia Farrow movie
27 RAF member
28 Blackbird
29 Furnished ammo
31 Strip of fat
32 Speech defect
34 Cheers
36 Tanning bark
38 Actor Christopher
39 Of bristles
41 Negatives
43 Prank
44 Unemployed
45 "And — bed" (Pepys)
46 Ms Winfrey
48 Condor's nest
50 Patriotic group: abbr.
51 Boast
53 Plastic wrap
55 Sprint
57 Northern people
60 Dialects
63 Dog
67 Garland
68 Progeny
70 Textile fiber
72 Risk
73 Fish eaters
75 Certain working groups
79 Coteries
80 Energy
82 A Churchill
83 — bien
85 — Na Na
86 Came after
88 Of the lips
91 Bares
93 Curtail
95 Went astray
97 Christmas
98 Literary collection
100 Himalayan creature
103 Garment
105 Comic Foxx
107 Actor Andrews
109 Cavort
111 Bog down
112 Spud
114 Ties
115 Ir. painter
117 Actress Carter
119 De — (anew)
120 Hydrocarbon
122 Rajahs' wives
124 Nile queen for short
126 N.Z. parrot
127 Heights
129 Rabbits
132 Makes lace
133 Car damage
134 Painter Paul
135 Bilingual
136 Certain efflorescence
137 Within: pref.
138 Dispatch
139 Overcharges

DOWN
1 Frays
2 Smooths in a way
3 Musical remake of "Ninotchka"
4 Party request: abbr.
5 Think
6 Chemical compound
7 Luggage carriers
8 Fuss
9 Hindu deity
10 Vaticinators
11 Czech province
12 Surveying need
13 Support
14 Eye cosmetic
15 Fairy tale on the screen
16 — Paix
17 Everywhere
22 Slave of old
24 Cum — salis
26 Mata —
30 Kind of pie
33 Educator Angelo
35 Caravansary
37 Rope
40 Takes shape
42 Stone
47 Penitent's garb
49 Bark shrilly
52 Troubles
54 Yannick of tennis
56 Drench
57 Scholar at a lycee
58 Canary's cousin
59 Makes clothes
61 2001
62 Winnow
64 Michael Caine movie
65 Willowy
66 Lanchester and Maxwell
69 Computer knob
71 Raison d' —
74 Evening wear
76 Gun gp.
77 Comic Kaplan
78 Erotic
81 Govt. gp.
84 Gush
87 Prohibitionist
89 Calla lilly
90 Noted Russ. name
92 NY city
94 Architect Saarinen
96 Led
98 "A dillar, —..."
99 Ms Fabray
101 Rapid stream
102 Painting technique
104 Casals' instrument
106 Print a negative
108 Take it — comes
110 Sty
113 Criticizes
114 Vessel
116 Adams and Nolte
118 Furnishes
121 Bare
123 Fish dish
125 Of the ear
128 Study room
130 Decimal base
131 Turk. VIP

WEIGHTS & BENCH. Asking $75 or b.o. Call 347-2746.

1978 LEXTRA HARD-TOP TENT TRAILER FOR SALE. Sleeps 6. Sink, ice box & Coleman stove. Excellent condition. Call 938-6648.
8/8

COLLECTOR WILL BUY: OLD SOFT DRINKS BOTTLES, COMICS, SIGNS, AND ADVERTISING ITEMS. CALL 938-6707.

CEDAR FENCE POSTS, rails & pickets. Rabbits, buck goats, firewood. Spruce, pine, balsam, maple & chestnut trees for sale. Telephone 538-2307 after 6 p.m.
8/15

U-DO-IT Storage. Save money on heated storage by renting a room and handling your own goods. A division of St. John's Transfer, 150 Edward Street, Phone 933-1492
x

SITEX EZ97 LORAN-C NAVIGATION SYSTEM $750. OMC auxiliary outboard motor bracket hydraulic $125. EEZE-in stainless steel auxiliary outboard motor bracket $125. 932-8801 or 936-0267 ask for Denis.
8/8

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NOW OPEN
Steak, Seafood, Canadian & Italian Food
Also catering to weddings, business & private meetings on premises (up to 100 people)
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FOR RENT: 21' CAMPING TRAILER. Sleeps 6. Fridge & stove. Good condition. $225 weekly. 933-3255.

COTTAGE WANTED TO RENT. July 1st to middle of Sept. Must be furnished. 3 bdrm. a must. 938-2298 or 931-2251.

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STEAK HOUSE
Nightly ROAST BEEF AU JUS All You Can Eat $6.95 per person plus tax
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LUNCH SPECIALS DAILY
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REGISTERED BLACK LAB PUPS FOR SALE. 931-2954.

BROOKDALE CINEMAS
938 8414

1 HELD OVER
7:00 & 9:20 pm
WILLOW
Mat: Sat. & Sun. 1:30 p.m. PG

2 7th BIG WEEK
7:00 & 9:00 pm
Who framed ROGER RABBIT
Mat: Sat. & Sun. 1:30 p.m. PG

3 7:00 & 9:00 p.m.
Tom Cruise
Cocktail
Warning: Sexual content, course language AA

3 BAMBI
Matinees Only
Sat. & Sun. 1:30 p.m. Family

TUES. NIGHTS $3.50

LAKE VALLEY CAMPGROUND
Camp Resort & Trailer Park
Enjoy quiet country camping with close to city convenience. The closest campground to Cornwall. Modern conveniences. Large open and shaded lots with water, electric and sewer hook ups. Flush toilets, free hot showers. Sanded beach, paddle boats. Rainbow trout fishing. We specialize in Seasonal Camping and Trailer Rentals.
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CANADIAN BUSINESS

FINANCIAL PAGE

Consumer products feel pinch of spending slowdown

By Jack McArthur

It's not a vast wasteland out there for the companies that cater to our $180 billion-a-year appetite for consumer goods. But there are better places to be this year.

That's becoming clear as corporate executives and statistics-compilers report on what's happened so far in 1988. The results are patchier than those in most of the rest of a still busy economy.

☐ Canada's consumer spending of all kinds went flat in the first three months of the year, to no one's great surprise.

Subtracting inflation

It rose at an annual rate of well under 1 per cent after subtracting inflation and adjusting for normal seasonal swings. That followed three quarters that were no less than astonishing. Spending rose at annual rates of between 5 and 8 per cent.

A slowdown was expected long ago, having been forecast for a year or more.

It's a matter of the simple mathematics of personal finance. With relatively sluggish gains in wages, salaries and personal incomes generally, we were bound to decide sooner or later that we just didn't have the money — or the willingness to go deeper in debt — to go on at such a pace.

Nor would we forever continue to reduce our rates of saving to allow us to raise spending more rapidly than incomes. Since the summer of '84, consumer buying had been growing faster than the whole economy.

☐ A measurement of profits reported by merchandising companies with shares on the Toronto exchange shows virtually no change so far this year. Contrast that with a gain of 23 per cent for all industries combined.

These merchandisers' profits, in fact, are more than 10 per cent lower in the last 18 months. The all-industry total has jumped almost 70 per cent.

☐ An index of prices of merchandisers' shares has rebounded well this year but recently is only 4 per cent higher since the beginning of last year. In the same period, makers of consumer products show a collective loss of 14 per cent.

The whole market has risen about 12 per cent.

Doom is not forecast. Some analysts even say we'll hold down savings and possibly outspend our gains in income at least until the 1990s.

But not outrageously so and not by enough to avoid thin periods for producers and sellers of what we buy.

Nor is there doom in this year's corporate results. Just a general dullness.

Value-conscious

While some companies show profitable gains from a year earlier, there are many where profits are lower or non-existent.

Consumers have grown quite selective and value-conscious. The competition can be rough in some areas of the business, clothing in particular.

Reitmans, Chateau Stores and Mark's Work Wearhouse are in the red this year.

Steinberg's profitability draws sneers and inspires strenuous efforts by management and labor to pep it up so that stores won't have to be sold or closed.

Loblaw is said by some analysts to be entering a difficult time — though one of these experts differs, calling its shares a super-stock. Money-losing Hudson's Bay Co. is branded a disappointment.

The Reitmans loss in the first quarter was $2.3 million against a profit of $1.1 million a year earlier. "All ladies' wear firms are badly off," said an executive. And that's pretty bad. The company's $9.4 million profit in its latest full year is the lowest in the '80s, less than half its best.

It's bad, too, for Chateau Stores, trying to win its way back to profits at a time when that's not easy to do. It lost $3.3 million in its latest quarter.

Elsewhere among those with profits in reverse in recent quarters, Pennington's Stores slipped by almost 70 per cent from a year earlier, St. Clair Paint and Paper dropped into the red. There were declines of more than 20 per cent for Mr. Jax fashions and drug store operator Hy and Zel's.

Some analysts were disappointed in The Bay's loss of $23.4 million, only slightly smaller than that of a year earlier. Woodward's, another retailer with department stores, reported a slightly larger quarterly loss of $6.1 million.

The huge and diversified food wholesaler-retailer, Provigo, made $8.1 million in its quarter against $10 million a year earlier. Furniture-maker Strathearn had a small loss after last year's profit but said it expects to be back in the black for the rest of the year.

In such periods, it's common for slowness in a business — at both cash registers and in the stock market — to prompt company reorganizations or even decisions to sell to takeover bidders.

Taking over chains

Steinberg clearly will do one or the other. Algo Group, a larger maker of clothing, is moving into retailing, taking over two small chains and seeming unlikely to stop with that. A controlling group has just added to its ownership of Provigo.

The near-stagnation in consumer buying in the first quarter is not expected to continue. The almost universal forecast: modest gains.

Of course that was the prediction a year ago and the gains were anything but modest.

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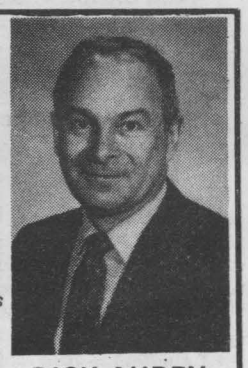

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Household items include 'York' home entertainment center am/fm- cassette-8 track-speakers and cabinet; Maytag Automatic Washer; Gibson Dryer; Sofa & Matching Chair; Coffee Table w/2 Matching Hexagonal End Tables; set of Maple Twin Beds; No. of Dressers; Linens; Pots & Pans; Dishes & others.

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COMMUNITY EVENTS

Let everyone know what's happening. Community Events is free and is open to all non-profit clubs and associations to publicize meetings; teas; bazaars and the like. Notices should be typed or printed and sent or dropped off to us by noon on Thursday.

*The Trelawnyd Male Voice Choir of Wales will be on tour in Canada for two weeks in August, sponsored by the Centennial Choir of Cornwall. Box office is now open for the two Cornwall concerts, August 18th and 25th, at St. Lawrence College, 8:00 p.m. each performance.

Ticket prices are $10 for adults, $8.00 for seniors and students. Seats are not reserved, but only a definite number will be sold for each show.

Information, phone 613-937-0043.

The choir will also be appearing in Ottawa, Montreal, Kitchener and Malone, New York.

*Third annual wine and cheese party, Sat. Sept. 17/88 5-7 p.m. United Counties Museum. "The Wood House" 731-2nd St. W., $6.00 each.

*The Cornwall Regional Art Gallery will be offering August Art classes for children and teens. Starting August 2nd, we will be offering basic drawing for children 8 to 10; calligraphy for teens and adults; and collage for kids 11 to 13. These classes will run through August 5th. Drawing and watercolour for children 8 to 14 will begin August 8th and will continue until August 12th. Our last classes for the summer season will be crafts for children 8 to 10 and 11 to 14, from August 15th to August 19th. For more information about these classes and are upcoming fall classes, please contact the Gallery at 938-7387.

*The Cornwall Regional Art Gallery is pleased to announce its' next exhibit, "The Selected Works from Exhibition 87". Simultaneously, a juried ceramic show by the Seaway Valley Potters' Guild called "Fantasy: in the garden, will be exhibited. Both shows will start August 5th and run thru August 27th. Gallery hours are 9:30 to 4:30, Monday thru Saturday.

*"The Advantages of Breastfeeding" will be the topic at the next meeting of La Leche League on Wednesday, August 10 at 7:30 p.m. at 16 Yates Ave. Babies are always welcome. For breastfeeding help or to request a copy of "The Womanly Art of Breastfeeding" mothers may call France Desjardins at 528-4462 or Cathy Moise at 932-2956.

*The nomination convention to choose a successor to Norm Warner has been set for Wed., Sept. 7, 1988 at the Cornwall Civic Complex. Only those whose active membership has been paid and postmarked 14 days prior to this date will be allowed to register to vote for the candidates at this nominating convention.

*Upper Canada Village near Morrisburg have announced a 5:00 p.m. closing time to be in effect throughout the 1988 season.

In addition, the Crysler Park Marina near Morrisbug will move its summer closing time from 8:00 p.m. to 7:00 p.m. Those requiring additional information can call 543-3704, Ext. 278 or any Ontario Tourist information Centre.

*The Auxiliary to the Hotel-Dieu Cornwall, will be hosting a bingo session in the Bingo Palace, 14 Second St. W., Aug. 13/88 starting at 6:30 p.m. All proceeds to be donated towards new equipment.

Les Auxiliere de L'hopital Hotel-Dieu de Cornwall, tiendront un bingo dans le Bingo Palace, 14 Rue Second St. W., Samedi le 13, Auguste, a 6:30 hr. Toutes recettes serviront a l'achat de nouveaux equipment.

*Registration at Tri-County Developmental Centre, 412 Fifth Street East, (the old Y.M.C.A.) The nursery school for children (2-6 years) with long term developmental delays on Tuesday, August 16, 1988 from 12—2 and 5—7 p.m. or by appointment. For further information, call 938-1702 and 938-9339 ask for Alda Graham.

*$1.00 Sale—The Nearly New Shop is holding its annual $1.00 sale. Hours: 2 p.m. to 4 p.m. at Trinity Church Hall, 2nd St., West. All remaining stock selling for $1.00 or less.

*Now Open—Seaway Valley Farmers' Market at MacDonell's Inn on Pitt. Open Saturday & Wednesday from 7 a.m.

*Corn Roast and Dance-Saturday August 13, 1988, Finch Community Centre, 9 p.m.—1 a.m. Music by Country Friends. Tickets $5.00 per person which includes the corn roast. Sponsored by Finch 135th. Birthday Committee. Everyone welcome.!

*Lancaster Squadron are having a teen rock and roll dance on Aug. 20/88, 8 p.m.-1 a.m. Legion hall. Entrance $2.50. Age 12 years & up. Sponsored by Lancaster Air Cadets. Music by D.J. Frank Gauthier.

*Glen-Stor-Dun Lodge are currently in need of volunteers to visit with residents in Special Care Unit from 6:30 p.m. - 7:30 p.m. Hours negotiable. Experience with Alzheimer's patients preferred but not necessary. Interested persons please call Linda Geisel at 933-3384.

* Glen Productions Summer Theatre will be presenting a two-act Neil Simon comedy "CALIFORNIA SUITE", Artistic Director, Claude Jesmer on August 18, 19, 20, 25, 26 and 27 at The Glen (air-conditioned building) behind the Cornwall Community Area, Water St., Cornwall. $5 per person. Tickets available at Sportec, 124 Second St. West, Cornwall. No reservations."

*The Cornwall Regional Art Gallery is pleased to announce its next exhibit, "The Selected Works from Exhibition 87". A juried ceramic show by the Seaway Potters' Guild called "Fantasy: in the garden", will also be exhibited. Both shows will run from August 5th to August 27th. Gallery hours are 9:30 to 4:30, Monday through Saturday.

*"Shriners Circus 1988" Friday Aug. 12, at 4—7:30 p.m. Sat., Aug. 13 12 noon—4 p.m.—7:30 p.m. The S.D. & G. Cornwall Shrine Club are pleased to bring back to Cornwall and area, the Shriners big top tent Circus to entertain the children and adults. The first Shriners Circus was held in Detroit, Michigan in 1906, it was called "The Mystic Shriners-Yankee Circus in Egypt" Prior to 1985 the S.D. & G Cornwall Shrine Club, would rent 5 or 6 buses & would arrange to pick up the crippled & retarded children of the community & bring them to the Trinity Hall have a light lunch & put them on a bus with two volunteer nurses on each bus along with two shriners in each bus, along with a volunteer doctor & shriners following in another car to Montreal Forum to see the Circus. After a few meetings, we decided to bring the Circus to our children. Thanks to the people & businesses of the Three United Counties.

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The nomination convention to choose a successor to Norm Warner has been set for Wed., Sept. 7, 1988 at the Cornwall Civic Complex. Only those whose active membership has been paid and postmarked 14 days prior to this date will be allowed to register to vote for the candidates at this nominating convention.
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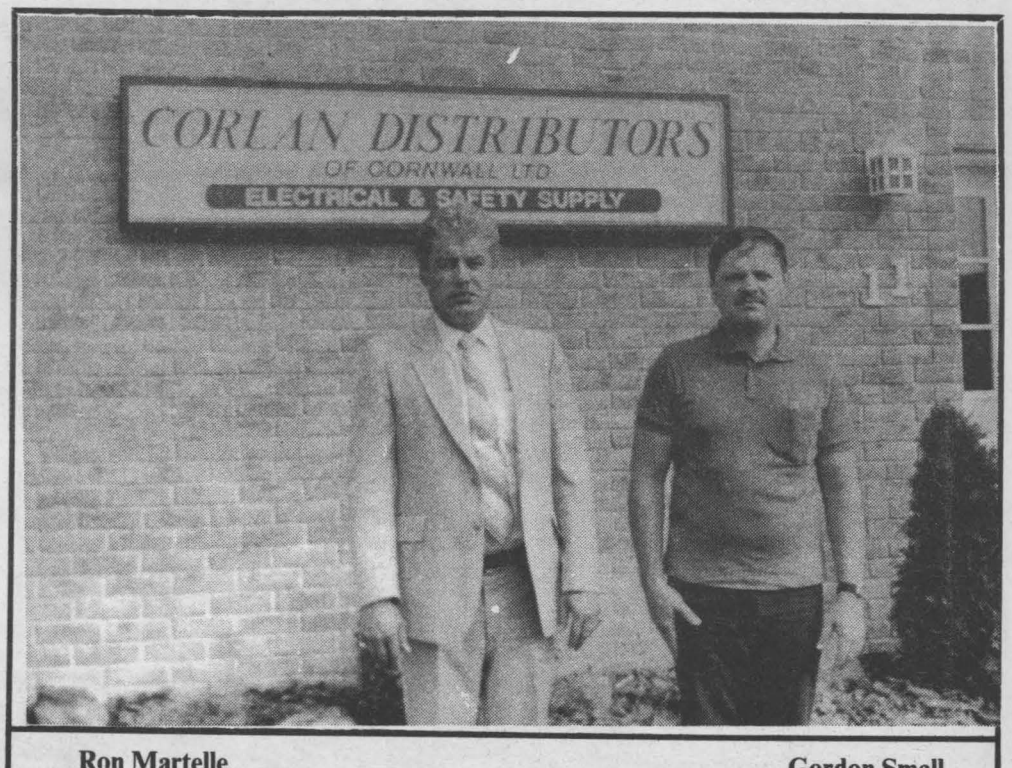

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Rattus norvegicus (Berkenhout) — The Latin Name

Adult Norway rats are 16 to 19 inches long, including a 7 to 7½ inch tail. The tail is semi-naked and conspicuously ringed. It has a blunt nose and close-set ears. A young rat has large feet in proportion to its body. Norway rats are usually grayish-brown in color, but may vary from a pure gray to a blackish or reddish brown.

Norway rats rarely go over 1 pound and more often, when fully grown weigh ¾ pound. Stories told of rats 5 to 50 pounds are just that, stories. It is reported that the largest rat ever recorded weighted 44 ounces.

The brown rat, house rat, wharf rat, sewer rat, barn rat, water rat and gray rat are the same. They are all Norway rats. The white albino laboratory rat is a specially bred Norway rat.

Female adult Norway rats usually are ready to mate when they are about 4 months old, but some mate at age 2½ months. A single female mates and carries her young for about 35 days before giving birth to 2 to 22 young, with an average of 8 to 10 young. The newborn young are naked and blind. After 2 weeks they open their eyes, but continue to feed from the female for another 2 weeks. Female rats have 3 to 6 litters per year. The number of young depend upon the amount of food available, temperature, age and condition of the female. Norway rats can live 6 to 12 months in nature. In captivity, they may survive for 3 years or longer. In the wild, a Norway rat living for one year is the exception rather than the rule.

Norway rats are found wherever man lives, as well as in the wild. These animals are burrowing creatures and live most of their lives in the ground. Once inside a structure, they seek secluded dark areas, but can be found from the basement to the attic.

These rats feed on wide variety of foods, but prefer meats, grain, grain products, cooked eggs and fresh fruits. They usually dislike raw beets, peaches, onions, cauliflower and spiced food. They eat 1 ounce of dry material per day, but destroy much more than they eat. Rats are most active at night and usually feed at this time, unless there is a shortage of food.

Unlike mice, rats must have liquids to survive. Rats can lap water from a puddle or a dripping faucet. They can obtain their fluids from moist foods. Rats can, on occasion, obtain enough water from the dew on grass or even tapping the fluid flowing through the roots of a living shrub.

It is true that rats live in colonies. If a stray rat were to wander into another (rats colony territory), it would be attacked and chased off. Within each colony, there is a "peck order". The largest, strongest rats get the best food, water and females. Rats do not pair off forever. A female rat may mate with several males and remain with one male as long as he can defend himself.

The upper incisors (large top teeth) grow 4½ inches per year. The bottom incisors grow 5¾ inches per year. Rats gnaw on wood and other objects just to keep their teeth from growing too long. They also use their teeth to chew through the corner of a door to gain access into a structure.

Norway rats are capable of swimming up to ½ mile. They can swim continuously for 60 to 72 hours before drowning. Once inside a broken sewer pipe, they can swim up through a toilet bowl.

Although Norway rats are usually burrowing animals and live under the ground, they are good climbers and runners. They can do a standing high jump of almost 2 feet and a running jump of 3 feet.

Rats are color blind. In addition, they have relatively poor vision and rely on their oral vibrissae (whiskers) for help in movement. Therefore, once inside a structure, rats like to stay close to walls.

In the fall of the year, rats will travel up to 5 to 6 miles to reach new quarters and protection for the winter. Usually, the Norway rat will enter the closest structure that is accessible. Once near a food source, the rat will remain in that area. Rats are carried across the country in trucks, trains and cars. They are transported across continents in ships.

It is estimated that rats destroy enough food in the United States each year to feed all of Europe for the same period.

Rats are associated with approximately 55 different diseases.

Rats live near man and eat his food and garbage. They are, therefore, used to the smell of humans and not scared away by human odors.

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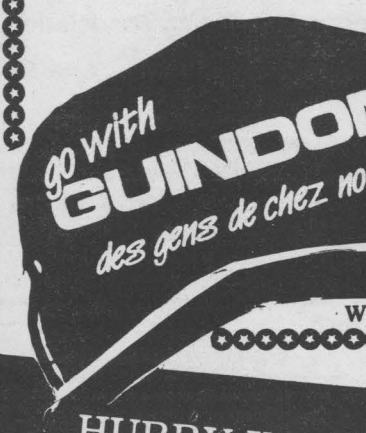

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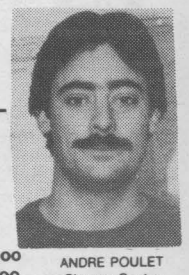

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P.C.'s TO PICK CANDIDATE SEPT 7th/88

The executive of the Stormont Dundas P.C. Association has moved its nominating convention up to Sept. 7th/88. It had originally been set for Sept. 28th.

President, Peggy Hill, advises that the convention will be held at the Cornwall Civic Complex, Salons A, B & C.

The constitution permits only members of the Association to vote and they must have been a member at least 14 days prior to the vote, in this case, as of Aug. 24th/88.

"It is expected that, at least, three people will contest the nomination" said Hill.

The Association has recently opened a riding office at 46 Second St., West in Cornwall. Telephone number is 936-1311.

Is Counting Sheep The Only Way To Get To Sleep At Night?

If you think counting sheep is the best way to get a better night's rest, then a new brochure may keep you from losing any more sleep over such diversionary tactics.

A free DuPont guide to better sleep examines how noise, temperature, light, fresh air, visual surroundings and bedding can influence sleep.

The 24-page illustrated booklet, "Get a Good Night's Rest," suggests ways people can achieve the most from their sleep, no matter how old they are.

Written by Elliott R. Phillips, M.D., a sleep disorders specialist, the brochure explains how people can improve the quality of their sleep by following some simple guidelines. For instance:

•Try and go to bed and rise at the same time every day - including weekends. This will regulate a natural, biological time clock.

•If your sleep is disturbed due to allergies, try switching to a non-allergenic pillow. A change of pillow may offer relief.

•If you crave a midnight snack, warm milk may indeed be helpful. Milk and tuna fish are natural sources of tryptophan, an amino acid, which should leave you feeling ready for sleep.

Information in the booklet stresses the importance of quality, non-allergic pillows, such as DuPont-certified "Qualofil" and "Quallofirm", and provides relaxation techniques for falling asleep.

A free copy of the guide is available by writing: DuPont Sleep Guide, Department 5119, Ronks, PA 17573.

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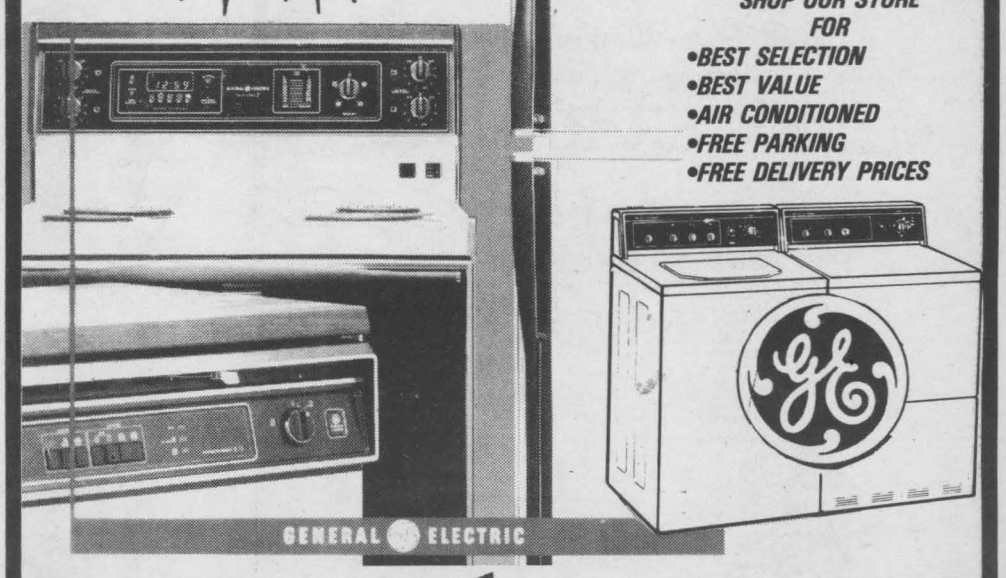

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Con't From Pg 1

sauna. Anyone who has read past issues of the National Geographic Magazine could tell them what to expect.

Then they dramatically told us how they went around a high pile of ice and found a deep and dangerous crevasse. What did they expect to find? A MacDonalds under a golden arch, or a Chinese take-out restaurant sitting on an ice flow.

Come on guys. Go out and do your thing. Experience your dangerous adventures but don't expect the rest of us to feel sorry for your frostbitten hands or to spend millions of dollars going to your rescue.

What you should have to do is leave a monetary deposit to cover all the emergency services before you leave on your ego trip.

I have a vision of the guys who are doing the packing for this expedition forgetting to pack the flag.

Imagine skiing or unicycling, skateboarding or whatever to the North Pole and in front of all the T.V. cameras, not having a flag to plant.

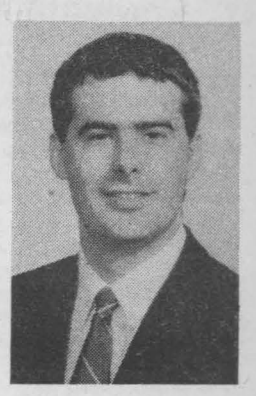
After all that was the purpose of the entire exercise wasn't it? To turn the North Pole into a flag pole.

No one explained what "the bridge with the Russians" meant. Oh! Yes they planted a flag too!

Sylvia Hall

AVAIL. SEPT. 1st. 1-BDRM. APT. Second floor of triplex at 101 Baldwin (East end). No winter parking. $340/mos. Utilities included. Stove & fridge available at $7.50/mos. each, extra. Reference required. Call business hours 9 a.m. to 6 p.m. 938-0735.

ERIC CAMERON Seeks PC Nomination



Eric Cameron, of Cornwall, Ontario, announced today that he has declared his candidacy for the Progressive Conservative Party nomination in the federal riding of Stormont-Dundas.

Eric is a businessman who manages two family-owned firms in Cornwall and Ottawa. He is a graduate of Queen's University in Kingston, where he earned a degree in Civil Engineering as well as a Master's degree in Business Administration.

After playing a key role in Norman Warner's successful campaign in the 1984 federal election, Eric moved to Ottawa to take on responsibilities as Special Assistant to the newly-elected Member of Parliament for Stormont-Dundas. He assisted Mr. Warner on legislative and riding matters and became familiar with the role of the elected representative in the House of Commons.

Eric then decided to become more involved with the new business his family had recently established in Ottawa. During this time he married Mary Burke, a businesswoman from Cornwall. The couple lived in Morrisburg for a while before buying a house in Cornwall.

When Norm Warner announced he would not seek re-eletion, Eric decided to become involved in federal politics.

Eric feels strongly about national issues that affect the local area, such as the Free Trade Agreement between Canada and the U.S. "While very optimistic about free trade, I am concerned that efforts to scuttle the agreement will result in farmers and business people in Southern Ontario being shut out of an increasingly protectionist U.S. market".

"This is just one of many issues that will follow the next government into the Nineties," says Eric. "I have the confidence, the experience and the youth to serve the people of Stormont-Dundas in these challenging times."

The nomination meeting has been set for September 28 at the Cornwall Civic Complex.

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To Place Your Ad: Write your ad of 25 words or less and enclose $10.00 plus your name, phone and proper mailing address (postal code) (this is only for our records.) This will be for 2 insertions. Mail to Companions' Corner, Seaway Shopping News Ltd., 8-6th St. E., Cornwall, K6H 2N4.

For Readers: To respond to an ad send your letter to the appropriate C.C. number. c/o Seaway Shopping News, 8-6th St. E., Cornwall, K6H 2N4.

MALE, 28, would like to meet an honest, trusting female (22-32). I enjoy the outdoors, swimming, movies, dining out & quiet evenings. CC 482.

GENTLEMAN SEEKS LADY who is down to earth. Who enjoys doing things together. And who is tired of being alone. For quiet evenings, dancing, long walks. Reply to CC 485.

WIDOW 62 YEARS YOUNG, would like to meet a sincere honest man 60-62 for quiet evenings. I like country & western music, dining & dancing. I am honest, sincere and loyal and very quiet. Please reply to CC 484.

SINGLE GENTLEMAN 31, seeks lady who is committed to permanent relationship, enjoys the quiet life. And each others company. Please reply to CC 488.

8/15

WIDOW, 60 YEARS OF AGE SEEKING GENTLEMAN for companionship. I own my own home, and I am still working. Serious replies only. Answer to CC 483.

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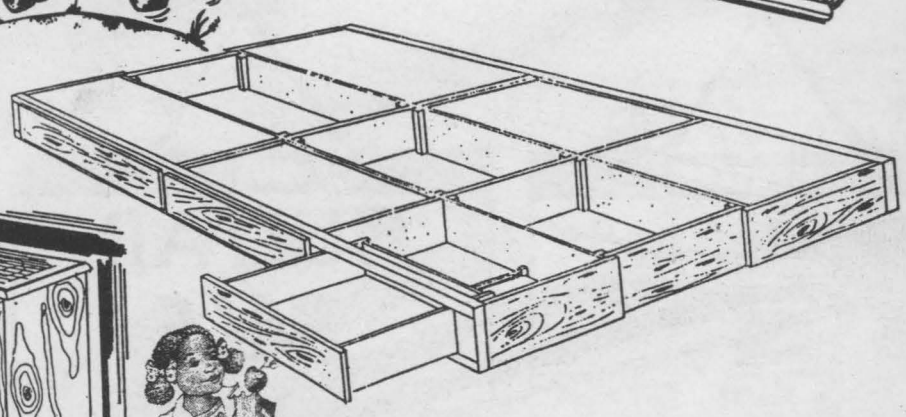





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