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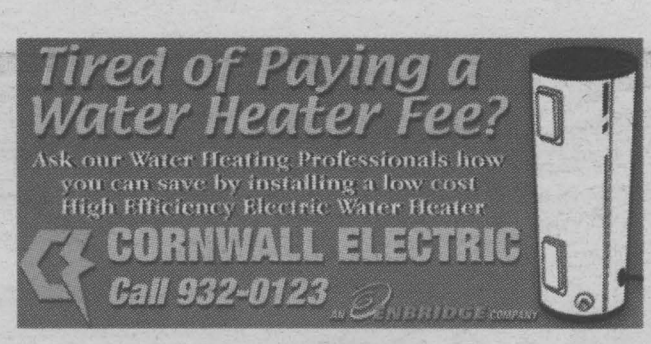

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SEAWAY NEWS

May 12, 2000 VOLUME 14, ISSUE 19 SERVING CORNWALL AND AREA

Kinsmen Cornwall Minor Lacrosse Association



Pictured (l-r) are Brent Carruthers, President of the Kinsmen Club of Cornwall; Kerry Adams, Vice-president of the Kinsmen Club; Grenville Killoran, President of the Cornwall Minor Lacrosse Association; and Rod Pecore, Vice-president of the Association.

"It has been 15 years since the last minor Lacrosse league was in Cornwall and area," said Rod Pecore, Vice-president of the Association.

Grenville Killoran, President of the CMLA, along with the President of the Kinsmen Club of Cornwall has agreed to a five (5) year Sponsorship deal.

This Sponsorship will give the CMLA the stability it requires for the next five years. The first few years are always the toughest for any new organization. "This will really help overcome many of the growing pains that come now and in the future," stated President Killoran.

For the next few weeks, under the direction of Shane McRae, the Kinsmen Cornwall Minor Lacrosse Association will be busy putting a new league together for their year 2000 opening on May 3rd.

First Time Players Clinic

This season the Kinsmen Cornwall Minor Lacrosse Association, under the direction of Shane McRae, will be running a clinic for all the first time players and players of the lesser skills; a first for such a program of this kind in the area. After the clinic phase, the players will be sorted out according to their skill levels, and will be assigned to their respective teams in each age category. The kick-off for this event was May 3rd.

Volunteers Needed

The Kinsmen Cornwall Minor Lacrosse Association is in need of volunteers, to be timekeepers, score-keepers, and a host of other positions. No experience is needed as the Association Executive will do the necessary training. All that is required is to contact Roy Ledoux at 937-3727. Leave a message and he will get back to you.

Referees Required

The Kinsmen Cornwall Minor Lacrosse Association is also in need of qualified referees this year. Anyone wanting to register as a referee should contact Roy Ledoux at 937-3727. All referees must be carded as well.

Story and photo by Chris McPhee

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PRODUCT OF CANADA
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Large Size Field Tomatoes ..... $1.52/kg. 69¢ lb.

PRODUCT OF U.S.A.
Sangria Watermelons ..... $2.99 ea.

PRODUCT OF ARGENTINA
Packham Pears ..... $1.74/kg. 79¢ lb.

PRODUCT OF CANADA
Fresh Daily Top Radishes ..... 2/99¢

PRODUCT OF CHINA
Garlic, 500 g. pkg. ..... 99¢

PRODUCT OF CANADA
MacIntosh Apples ..... $1.74/kg. 79¢ lb.

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Cherry Tomatoes ..... $1.49 pint

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Web Awareness Workshops

Cornwall Public Library and Smart City Cornwall are pleased to announce a series of Web Awareness workshops. These workshops are intended to help parents, grandparents and teachers better understand the issues that arise as children and young people go on the Internet.

Background

The Web Awareness workshops were developed by the Media Awareness Network (MNet), a not-for-profit corporation established in 1995. MNet aims to encourage critical thinking about media information, media entertainment and new communications technologies, and to stimulate public debate about the power of the media in the lives of children and young people. Their work is based on the premise that to be functionally literate in the world today, young people need critical thinking skills to "read" all the messages that are informing, entertaining and selling to them every day. MNet is a world leader in providing educational approaches to emerging Internet-related issues, and is committed to maximizing the positive aspects of all media for the benefit of children and young people.

The Web Awareness workshops were developed with partners from the Ontario public library and education sector. Robert Hubsher attended their trainers workshop and is authorized to provide public workshops.

The Workshops

There are four workshops in this series:

1. Web Awareness: knowing the issues
2. Kids for Sale: online marketing to kids and privacy issues
3. Safe Passages: online safety and offensive or inappropriate content
4. Fact or Folly: authentication of online information

The workshops are about 90 minutes long and provide those attending information about the issues as well as approaches to help make the Internet experience of children and young people safe and productive. The first workshop is an overview of three sessions and provides an insight into all of the issues covered in the other sessions. Kids for Sale was created to help the adults in kids' lives understand the issues that relate to online marketing and children. Safe Passages was designed to help adults understand where kids go on the Internet, what they do and what they encounter in Web sites, chat rooms, newsgroups, instant messaging and e-mail. This session will assist adults in providing advice and guidance on making the Internet safe for children. Fact or Folly was designed to help people get the most out of the Internet by teaching them two things: first, how to find good information; and second, how to question and evaluate online sources.

All sessions are offered in the Multipurpose Room at the Cornwall Public Library and are free.

For more information contact Robert Hubsher at 932-4796 or by email at rhubsher@library.cornwall.on.ca

IN & ABOUT CORNWALL

McHappy Days For Children's Treatment Centre



Enjoying a break with a Big Mac meal is (left to right): Paul Connolly, owner of the local McDonald's and Pierre Guindon, President of the board of the Children's Treatment Centre.

Story and photo by Chris McPhee

Every second year, 1,100 McDonald's restaurants across Canada celebrate McHappy Day. McHappy Day caps off the efforts of fundraising in support of Canadian children in need. Politicians, city officials, local celebrities, media representatives and sports personalities become members of the McDonald's crew for the day, serving Big Macs and Breakfast Bagels. McDonald's then donates one dollar from every one sold to Ronald McDonald Children's Charities and local children's charities. For the second time, 50% will go to our local Children's Treatment Centre.

Ronald McDonald Children's Charities assists organizations whose programs are community oriented and focus on improving the quality of life for children and families of children with life-threatening or chronic illnesses and disabilities. RMCC has granted over $17 million to local children's charities which have helped improve the lives of over 450,000 children in communities across Canada.

Each licencee has the choice of what local charity to use. Local McDonald's owner, Paul Connolly remarked, "Between the three local restaurants participating in the McHappy Day, I am very comfortable in saying, we should be well over $10,000. We also have partners donating money per every dollar raised."

Susan Legue, McHappy Day coordinator, explained, "That money will be divided into three: 50% will go to the Children's Treatment Centre, 25% will go to the RMCC and 25% to the Ronald McDonald House near CHEO in Ottawa. Come out on May 16th and support this worthy cause."

Annual Meeting Of The Lost Villages Historical Society

The annual dinner meeting of the Lost Villages Historical Society will be held in Our Lady of Grace Church Hall, College Street, Ingleside, Ontario, on Monday, May 15th, 2000. Members and guests are invited to assemble at 6:00 p.m. for the usual social gathering, and the dinner will follow at 6:30 p.m. The social committee at Our Lady of Grace parish will cater a delicious "Italian Feast," with all the trimmings. A cordial invitation is extended to members and friends of other historical societies in Stormont, Dundas and Glengarry as well as members of the St. Lawrence Branch of the United Empire Loyalist Association. Reservations must be made by calling 537-2388 before Friday, May 12th. The church hall is wheelchair accessible, and handicap parking is available at the front door.

The Lost Villages Historical Society has been working with the planning committee for this convention, and it will host a "Loyalist" trip through Stormont, Dundas and the "Lost Villages" in 2001.

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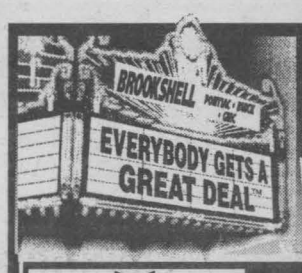

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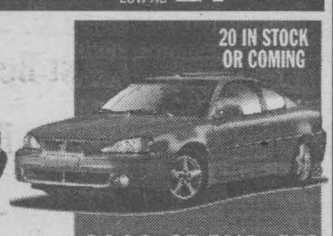

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SD&G County Library Is Pleased to Announce SD&G Access II

The SD&G County Library is pleased to announce SD&G Access II: Rural Access in Eastern Ontario. The County Library and its partners are about to receive $50,000.00 in funds from the Rural Secretariat's Canadian Rural Partnership Projects.

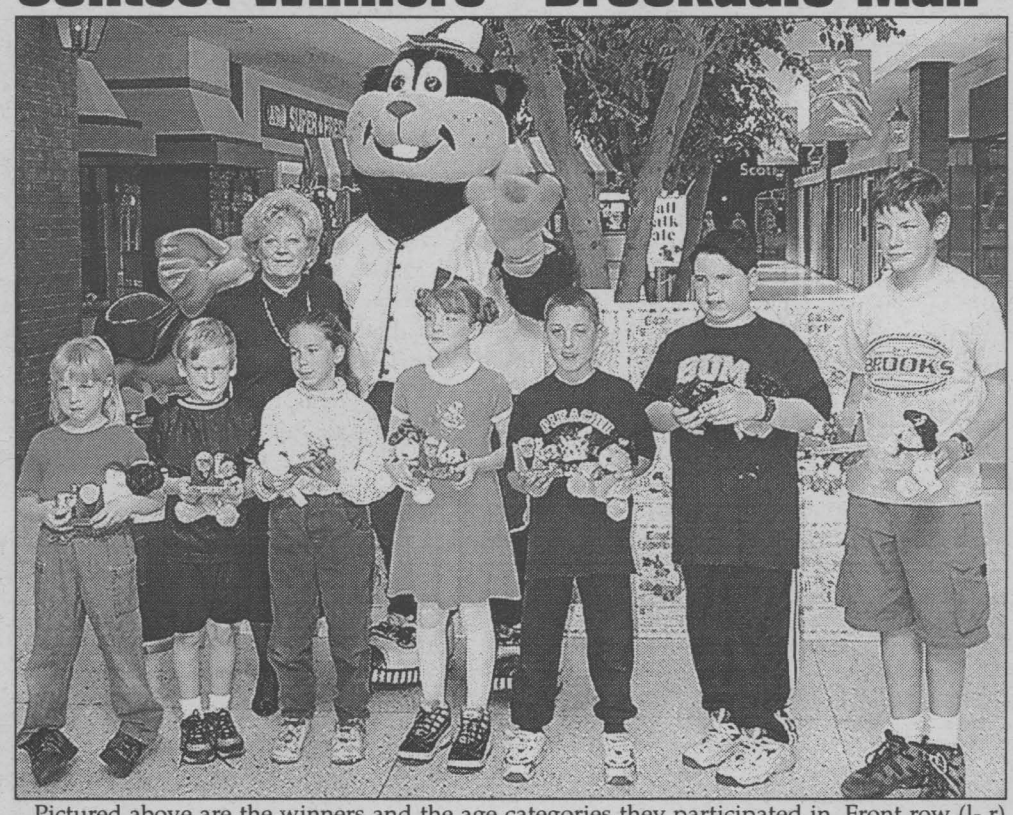
We are pleased to announce that Brenda Kemerer has joined our staff at SD&G County Library as a "Rural Coordinator". In this position, Brenda's primary goal is to establish community access points for disseminating rural and agricultural government information from all government levels through the County Library System.

We will be seeking information (and help!) from many of our partners and branches for their input on this project. In particular, we will be seeking to:

- improve access to Federal Government programs and services.
- improve the technological skills of the residents of the United Counties.
- promote the growth, development and attractiveness of the United Counties to potential resi dents through the availability of online resources
- promote the growth, development and attrac tiveness of the United Counties to potential businesses through the availability of residents with employable skills in new technologies
- promote the development of technical skills of our area youth.
- provide facilities and opportunities for area residents in educational opportunities.

We hope to act as an access facility for new ways to providing government information and for the uses of online forms for conducting government business, i.e. OMAFRA, OFA and the Federal Ministry of Agriculture. This then will allow rural areas to have access to these services, thereby eliminating obstacles of distance and isolation. Look for the SDG Agri-Portal!!

Easter Poster Colouring Contest Winners - Brookdale Mall



Pictured above are the winners and the age categories they participated in. Front row (l- r) 1st place (age 4-6) Samantha Sorensen; 2nd place (age 4-6) Gordon Dubeau; 3rd place (age 4-6) Misty Sauve; 1st place (age 7-9) Ariel Lawrence; 3rd place (age 7-9) Shawn Rowe; 2nd place (age 10-12) Chris Bazinet; 3rd place (age 10-12) Kevin Burgess. Back row (l-r): Doe Dube, Property Manager; Brooky, Mascot. Missing from photo are: 2nd place (age 7-9) Justin Yee; and 1st place (age 10-12) Amanda Kuhn-Lalonde.

School Bus Violations

Motorists not stopping for school buses is a problem that we have every year, and this threatens the safety of our children. We have received ongoing reports from school bus drivers of violations.

The Cornwall Police Service, and the Ontario Provincial Police in conjunction with the Stormont, Dundas and Glengarry Catholic and Public School Boards and local School Bus Companies adpoted a "School Bus Violation Form", in 1997, to assist police agencies. With this in mind the Cornwall Police Service is again initiating a Pro-active School Bus Watch Campaign.

We are taking an agressive approach with a "zero tolerance level" on the enforcement of this type of violation. As part of this campaign school bus operators will be carrying violation forms, that will be completed and turned over to police for investigation. This form will contain details of the offence such as, licence number of the offending vehicle, location, date and time of the offence, description of the driver. Each of these sheets submitted will be fully investigated and charges laid when applicable.

Fines for these offences are as follows,

Section 175 (11) H.T.A.
Fail to stop for school bus, meeting, $485.00 and 6 demerit points

Section 175 (12) H.T.A.
Fail to stop for school bus, overtaking, $485.00 and 6 demerit points

Section 175 (12) H.T.A.
Stop within 20 metres of school bus, $485.00 and 6 demerit points.

The introduction of the school bus violation form was a major factor in reducing the number of violations. In 1997 fourteen individuals were charged with school bus offences. In 1998 the number of people charged was reduced to nine and down to three in 1999. This is a significant reduction, however the numbers are still too high, our children are still at risk and their safety is threatened with each of these incidents.

In conclusion, we would like to remind all motorists to be on the look out for children on their way to school, and to be prepared to stop for school buses.

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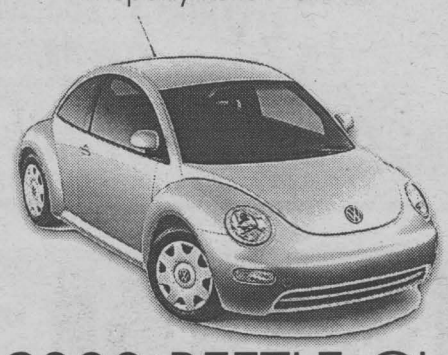

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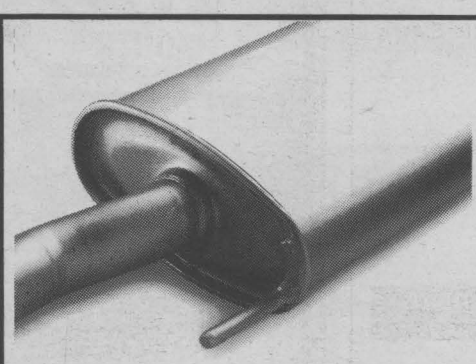

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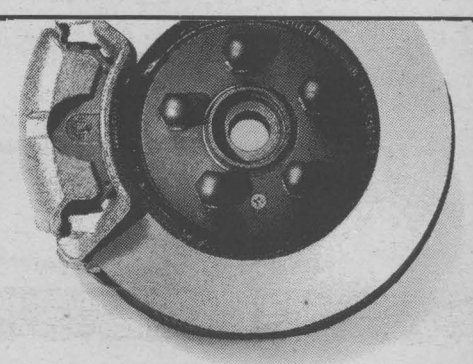

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LOCAL

Ombudsman Rep. to Visit Cornwall

The Ombudsman's representative, Lira Hugh will be visiting Cornwall to help the public with any complaints about Ontario Government organizations. According to Ombudsman Clare Lewis, "Our job is to serve the public by informing them about our services and investigating their complaints regarding provincial governmental organizations. We strive to ensure that people are served justly, equitably and fairly."

Ombudsman Ontario investigates and resolves complaints about the administrative actions of provincial government organizations such as ministries, boards, agencies, commissions and tribunals. The Ombudsman decides cases based on independent investigations and tries to find solutions that are acceptable to everyone involved.

Lira Hugh will be meeting people who wish to discuss their complaints on Wednesday, June 21st, 2000 from 1:00 p.m. to 3:00 p.m. at the Eastern Ontario District Health Unit, 1000 Pitt Street.

Services are free, confidential and offered on a first come, first served basis. Services are available in French or English. Other languages can be arranged. For further information, telephone (800) 263-1830; TDD (613) 749-4957.

Free Trees

Come on down to Gray's Creek Conservation Area on Saturday, May 13th to receive your free white spruce tree. Two thousand trees will be available for pick up between the hours of 10:00 a.m. and 1:00 p.m. at 6589 Boundary Road.

Youth Services Canada and the Raisin Region Conservation Authority are organizing this event in opportunity to get together as a community and help the environment by giving away these trees. "We are encouraging the community to take this opportunity to come out and enjoy the Conservation Area," comments Christine Hyatt, Youth Service Canada participant. "As well, we are going to have face painting for children."

We hope to see the community participation in this tree give-away. Quantities are limited, so get there early!



MS Information Pathway iS Coming To Cornwall May 19th

Psychotherapist Louise Giroux is featured speaker at information session.

To help mark MS Awareness Month, MS Information Pathway is coming to Cornwall this year. MS Information Pathway provides patients and caregivers a unique opportunity to access expert opinions on a range of subjects related to multiple sclerosis, the most common neurological disease among young Canadians.

As part of the event, psychotherapist and author Louise Giroux will be giving a presentation on "Using Your Power: An encouraging Dialogue Towards Self Empowerment in Coping with MS". Ms. Giroux, an MS patient herself, holds a Master's Degree in counselling psychology from the Adler School of Professional Psychology in Chicago, and is currently coordinator of the Adler Counselling Centre in Toronto, where she teaches and practices therapy. Her main research interest lies in the psychological factors affecting chronic neurological conditions, especially Multiple Sclerosis. She has published a number of books including Recycled: A Story of Hope, Healing Times: A Personal Workbook Taking the Lead: Dancing with Chronic Illness and A Mind and Heart for Wellness. Ms. Giroux will also be available to answer questions from members of the audience and interested members of the media.

The event is scheduled to begin at 6:00 p.m., Friday, May 19th at the Porto Bello Restaurant, located at 1710 Vincent Massey Drive in Cornwall. The evening is being presented by MS Pathways for Canada, a patient support program sponsored by Berlex Canada Inc. and co-facilitated by the Multiple Sclerosis Society of Canada. Persons interested in attending the event should RSVP the Multiple Sclerosis Society of Canada at 613-938-6777.

Part-time Studies

There's still time to register

for one or more of the following courses and workshops at St. Lawrence College, the community's college:

Computer Applications in Accounting
Mon & Thurs May 8-June 29, 6:30-9:30pm, $162.45

Prevention and Management of Aggression in the Elderly
Fri, May 26, 9am-4pm, $40

IV Therapy and Venipuncture
(for RNs, RPNs, MRTs, MLTs, EMCAs)
Tues, Wed, Thurs, May 23-25, 9am-6pm, $260.

Air Brake Endorsement
Sat, June 3, 8am-6pm, $113.

Travel Writing
Sat, May 27, 9am-4pm, $40

PERSONAL AND PROFESSIONAL DEVELOPMENT WORKSHOPS

Asking For What You Want (Assertiveness Training)
Fri, May 26, 9am-4pm, $45.

How To Handle People With Tact and Skill
(Dealing With Difficult People)
Fri, June 2, 9am -4pm, $45.

Teambuilding
Fri, June 16, 9am-4pm, $45.

Programming Feelings for Success
(Part of the Vision 2000 Series)
Tues, May 16-23, 6:30-9pm, $35.

It's Time to Meet the Real Me (Part of the Vision 2000 Series)
Tues, June 6-13, 6:30-9pm, $35.

To Register:
You can register by dialing (613) 937-1509
(VISA or MasterCard required)
or by visiting our Customer Service Centre
between the hours of 9am and 7pm, Monday to Thursday, and 9am to 4pm on Friday.

For additional information on course offerings, contact Deborah MacKay at (613) 937-1505.

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LOCAL

Long Term Care/Mental Health Committee Dinner Workshop

The local Long Term Care/Mental Health Committee which is a group representing both the long term care and the mental health industry brought together 100 local doctors, registered staff and other support workers in the field to a dinner workshop on May 10th, 2000 at the Ramada Inn.

The group of local professionals had the privilege of listening to Dr. Chandrasena who is an associate professor of psychiatry at the University of Ottawa. He is a psychiatrist in Ottawa hospitals and a consultant to long term care facilities in the Ottawa-Carleton region.

Dr. Chandrasena spoke about "Psychotropic medication in the treatment of elderly residents in long term care facilities." He reviewed current trends; research outcomes, problems and solutions in the pharmacological treatment of elders with psychiatric symptoms in the long term care setting.

Good mental health in long term care facilities is becoming more and more challenging. An event such as this stresses the importance of gathering all the stakeholders to hear and discuss common strategies. The event was sponsored by Eli Lilly Canada Inc., Astra Zeneca, Smith Kline Beechmam, Jansen Pharmaceutica and Bristol-Myers Squibb.

Good Parenting Takes Work



CCVS Parenting Class Pose for Family Portrait – Students of the Grade 11 parenting class gathered recently with their flour or doll babies and teacher Lynn Sadlowski for a family photo. Pictured are: (back row, left to right) Rachel Lalonde, Kassandra Duperron, Lynn Sadlowski, Tarah Zaczyk, Kristy Groves; (second row, left to right) Rose Grant, Kelly Harper, Candice Bilmer; (seated, left to right) Trisha Hickman, Andrea Brown and Amanda Price.

(Story and photo by Angela Grandy)

It is difficult for young people to be aware of the tremendous amount of responsibility, care and time needed to be a good parent. To gain a better understanding of what good parenting can involve, students of the grade eleven Parenting class at Cornwall Collegiate and Vocational School are participating in an assignment created to simulate life with a baby. Each baby weighs a minimum of five pounds.

Students are responsible for "parenting" their flour bag baby, or doll, for a period of one week. The baby must be with them at all times, or in the care of a reliable babysitter. Other aspects of what makes good parenting are studied during this assignment.

The goal of the assignment is to deepen students' understanding of the enormous responsibility and commitment involved in order to be a good parent.

The class would like to thank Bruce Maynard of Maynard's Your Independent Grocer, for the generous donation of 2.5 kg bags of flour for the babies. Once the assignment is completed, the used flour will be available for other projects throughout the school.

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LOCAL

Worldfest Announces Schedule

This year Worldfest is going to be bigger and better than it has been in many years. We have an energetic and enthused committee and the 2000 festival is shaping up to be a spectacular event. This year the festival will again be staged around the RCAFA Wing on Water St. but we will be adding another tent behind the Wing that will provide a stage for smaller groups to perform. This will give a more informal venue for the visiting performers to interact with local groups. We will also be able to serve beverages (beer and wine) in both the main performance tent and the smaller rendezvous tent. There will also be hot and cold food served at the smaller tent by the RCAFA.

We are also setting up two rows of tents along the bicycle path just east of the main tent for the use of craft vendors from the area and around the world. There are still a few spaces available for local craftspeople. More information can be obtained by calling Ray at 938-6364.

By adding these facilities we hope to draw a larger and more diversified crowd. Worldfest this year has been able to obtain a grant from the Main St. Ontario foundation along with a smaller grant from Xerox Canada and we are awaiting word from the Trillium fund on another grant.

Because of this extra funding we will be able to upgrade our facilities and we will be expanding our advertising to include CJOH TV as well as our local media.

Even though we have a very energetic and enthused committee, we still could use a few more dedicated volunteers to replace a couple of our members who have had to reduce their workload because of health or job pressures. If you can help, please contact our office at 936-2222 or checking our web site. www.Worldfest.on.ca

As usual, we will be housing the guest performers in the homes of our most gracious host families. This is a most enriching and enjoyable experience for our local citizens. If you would like to become a host family and get to meet our performers please call our office at 936-2222.

Worldfest will again be holding special event days during the festival.

Tuesday will begin the festival with the "Parade of Nations" winding through the streets of Cornwall to the main performance tent where opening ceremonies will be held and a preview performance by all the participating groups.

Wednesday will be "Heritage Day" where local residents will be able to interact with our international guests.

Thursday will again be "Seniors Day" where invited seniors will be able to enjoy special performances by our performers.

Friday will be our "Youth Day" where, with the help of the City youth organizers, we will present special interactive performances for the children. The evening will feature the "Up Close and Personal" Cabaret featuring two of our international groups.

Saturday will be "Multicultural Day" climaxing with the Grande Finale at Aultsville Hall.

Here is a list of the groups that we have contracted to attend this year's festival:

1. Brazil (Banze')
2. Belgium (Reintje Vos)
3. Cuba (Anacoana)
4. Canada (MacCulloch Dancers)
5. Canada (Sondaky)
6. Nigeria (Lagos State, Arts and Cultural Troupe)
7. Slovakia (Kopaniciar)
8. Zimbabwe (Umdumo)

With this lineup, each group performs only once in the main performance tent. This means that each night there will be a different spectacular show.

It's Off To Grandma's



Lenora Collins turned 92 years old on April 18th, 2000. Visiting her at the Long Sault Villa, was her 92nd great-grandchild Shawna Campeau Collins and her puppy Baby. She likes visiting her great-grandmother because she gets rides on her walker. They have so much fun together.

Pictured above: Shawna Campeau Collins and her dog Baby.

Photo and story by Penny Seguin

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Occupational Health and Safety Nurse
The Occupational Health and Safety Nurse will be responsible for all aspects of WSIB, including the modified work program. As a member of the Health and Safety Committee, other responsibilities will include administering first aid to individuals, organizing, coordinating and training in First Aid, CPR, and fire extinguisher training, the completion of Industrial Hygiene Testing and hearing testing, the promotion of health education and any other job related duties.
The successful candidate will possess a Registered Nursing Certificate specializing in Occupational Health and a minimum of 2-3 years experience. The individual must be computer literate in Microsoft and possess excellent written and verbal communication skills. The individual will have excellent organizational and problem solving skills. Knowledge of Ergonomics and bilingualism are definite assets.

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The millwright will be responsible as the lead-hand for preventative maintenance & special projects. The successful candidate will insure the proper care and operation of equipment. He/she will provide training on plant equipment. Other responsibilities will include building and installing new equipment, following and filling out work orders, ensuring the Machine Shop is in proper condition and other job related tasks.
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Seaway News publishes every Friday at 329 Second Street West, Cornwall, Ontario K6J 1G8
(613) 933-0014 Fax (613) 933-0024 email: snews@seawaynews.on.ca

Seaway News is a member of the Canadian Community Newspapers Association and the Ontario Community Newspaper Association

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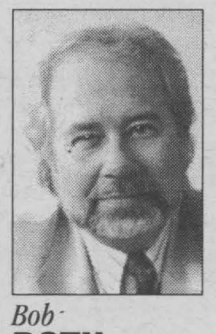
EDITORIAL OPINION

PERSPECTIVE

U-Boat Movie Epitomizes American "Theft" Of History



Bob **ROTH**

Many readers will undoubtedly have gone (or will be going) to see the newest American "blockbuster" movie, "U-571."

The movie centres on a group of sailors led by a courageous young U.S. naval officer whose mission is to pass through enemy waters and bring back a captured German coding device.

In my view, the movie typifies the American penchant for rewriting history to put Americans at the centre of all great events.

In fact, it was the British and Canadians who broke the German codes early in the war. And the bulk of the work was done before the Americans even entered World War 2. The U.S. only came into the war a few weeks before 1942 — and even then, only after Japan gave them no choice by bombing Pearl Harbor — while the British and Canadians had been fighting the Germans since 1939.

Even more galling, the most spectacular capture of a German U-boat was undertaken by Canadian sailors, not Americans as Hollywood would have us believe.

Of course, U.S. apologists for the movie brush off the historical distortion by noting that movies are only "entertainment" and everyone knows they should not be taken as real.

Perhaps.

But such a rationalization side-steps two "real" consequences of the constant cultural assault on history by the U.S. entertainment industry.

First of all, such misappropriation of history is bound to rile those who were the real heros in World War 2, thereby reinforcing the "ugly American" image that persists in many parts of the world.

Secondly, many Americans have great difficulty separating fact from fiction.

And the movie industry has had a great deal to do with turning myth in reality. (For example, most Americans believe George Armstrong Custer was a general when slain at the battle of the Little Big Horn. In fact, he was just a lieutenant-colonel, two full ranks below that of general.)

By depicting the U.S. as the central savior of the world (Chuck Norris movies even had them winning the Vietnam War) American cultural policy creates a profound ignorance of historical reality and an inflated picture of the role of the United States. And when arrogance and ignorance combine, they create a powerful antidote to reality. The result is a U.S. foreign policy that often goes awry (Americans really and truly don't know why they're not liked around the world.)

In my view, U-571 is just one more bent branch in the twisted tree of American political culture.

What's next?

Perhaps a remake of the battle of Waterloo with an American general substituting for Wellington and the U.S. cavalry filling in for the British army in the defeat of Napoleon.

(Don't laugh. You ain't seen nothin' yet.)

NOTES FROM PARLIAMENT HILL



Art **BABYCH**

Playing RUF

It's a year late but Liberal MP David Pratt is finally getting some media attention. The special envoy for Sierra Leone has been warning since last May that Sierra Leone is a powder keg ready to explode again. The latest detonation came this month after Revolutionary United Front (RUF) rebels seized 500 UN peacekeepers, killed several protesters and forced the evacuation of hundreds of UN workers. Pratt now finds himself in demand for national media interviews. But a year ago, when the Nepean-Carleton MP called a news conference on Parliament Hill to warn of the troubles ahead for Sierra Leone and to release a half-inch thick report titled, ironically, The Forgotten Crisis -- no one showed up. Nothing like a powder keg explosion to jog the old memory!

Boston Blarney.

Canada almost fell off the face of the earth way back in the "dirty nineties." Didn't hear about it? The well-kept secret was revealed by Prime Minister Jean Chretien in a speech to Boston business types at a luncheon hosted by Team Canada Atlantic. Turns out that in just seven years, "Canada has gone from the worst recession since the 1930s to the longest economic expansion since the 1960s, from being called a candidate for the Third World by the Wall Street Journal, to being what the London Financial Times now calls the second miracle economy in North America." From the brink of oblivion to economic Utopia in just seven short years - and some of us missed the whole thing.

Hank Snow, the song he never sang

According to Monte Solberg, the finance critic for the Canadian Alliance, the Atlantic Canada Opportunities Agency (ACOA) has wasted millions in Atlantic Canada on yacht clubs, golf courses and even the Friends of Hank Snow Society. During Question Period the Medicine Hatter launched into his own non-musical version of the Singing Ranger's hit, I've Been Everywhere: "They've wasted money in Shediac, Shelburne, Summerside, we got took in Corner Brook and Cardigan. Suffice it to say, they've wasted money everywhere." Veterans Affairs Minister George Baker replied that in Atlantic Canada, Hank Snow and the Grand Ole Opry have more followers than the grand opera." Not to be undone, er, outdone, Solberg retorted "That answer, as Hank would say, has the minister going 90 miles an hour down a dead end street." Incidentally, anyone going down a dead end street at that speed would indeed be everywhere.

The premier has no clothes.

And so begins another round of national gnashing of teeth. Quebec Premier Lucien Bouchard promises Parti faithful there will be sovereignty "as soon as possible," if not sooner. His audience applauds - as it does each time it hears the separatist rally cry "ASAP." Bouchard's non-announcement prompts Intergovernmental Affairs Minister Stephane Dion to react: Ottawa must be prepared for a new political offensive by the separatist premier in the coming weeks and months, he says. "They will try to portray the federal government as the enemy of Quebecers" (Who'd have thunk it?). In turn, the media calls up an army of political affairs analysts, pundits and columnists to muse that Bouchard has hoodwinked his party members again. Newspapers are replete with details of the Quebec premier's latest call to inaction, along with reaction pieces, side-bars, op-eds and cartoons. Tell us again - who's being hoodwinked?

Froggy went a' countin'.

Seen a frog lately? The Canadian Nature Federation wants you. Along with Environment Canada's Ecological Monitoring and Assessment Network, the CNF has established the Canadian Frogwatch Program. "Frog watching can make a real contribution to conservation," says a program spokesperson. "Besides that, it can be fun," skeptics among us are assured. Scientists around the world are worried that frog populations are declining (family planning?) and want to track changes in the Canadian ecosystems starting with amphibians. So let's get out there, frog voyeurs, before they all, uh, croak.

Lost and found dept.

Lost: One dummy bomb filled with cement. Last seen dropping from a Royal Air Force jet over remote Labrador last August. Reward offered. Return (postage paid) marked Attention: Officer in charge of dummies, Goose Bay air base.



MEANWHILE

Mirror, Mirror On The Wall ...



Fred **SAGEL**

One day, not very long ago, Jean Chretien looked in the mirror as he does several times a day, and asked, as he always does: "Mirror, mirror on the wall, who's the fairest of them all?"

When the answer came back, it was not the one he had expected.

"It is Tom Long," said the mirror.

Mr. Chretien was stunned. "Tom Long. Who is dis guy? And why he is the fairest guy? More than me?"

"You had better watch out for Tom Long," said the mirror. "Before you know it, he will be taking your job."

"Why dis guy would wanna take my job?" asked the prime minister.

"Because you've slipped Jean. People don't like what your doing anymore. They're catching onto you. Soon you will be replaced. And the writing is on the wall. So do something about it, Jean. Do something."

The prime minister was flustered. "Tom Long? What das dis guy have that I don't?"

He thought about it and called Paul Martin. "Paul, why is dis guy Tom Long the fairest guy in the land. I thought it was me. What happened?"

"Jean, I hate to tell you this, but if Tom Long wins the leadership of the Alliance Party, you may well become toast. He is a guy with a lot of new ideas that we're afraid people may catch onto and like. He could beat us in the federal election, Jean. Especially if you're the leader."

"Vat do you mean, Paul? How can the guy beat us if he becomes the leader of the Alliance. Nobody has ever heard of him. They know me. They know you. But nobody knows him. This is not making sense." "They know us all too well. That's why we might have trouble winning the election. At least not a majority. And, you know, this guy Tom Long has enough contacts, money and charisma to win the leadership of that party. And, uh, you should know, he actually has some ideas. Good ones, actually. Ones that are better than ours."

"Den steal the ideas! Make me look good! I need your help. Ya know, we took the Reform Party's ideas and we balanced the budget, even if we didn't cut our expenses very much at the same time. And even if we did it by not giving the provinces enough money for health and education. But most people don't know that, Paul. So let's see vat we can steal from dees new guys and particularly from dis guy Long." "I don't think that will cut it, Jean. People are tired of us. They're looking for something new. They know you lied your way into power by making that silly promise to get rid of the GST and the Free Trade Agreement, and they see all this money being wasted by the Human Resources Department. It makes us look bad. Really bad."

"Den how is dis guy Long gonna fix anything?" asked Mr. Chretien.

"He's going to do what you haven't done yet, prime minister. He has some new ideas that will make the economy work and he says he can stop the brain drain by decreasing taxes, making our economy more competitive and doing a lot of what they did in Alberta and Ontario."

"Dat don't sound too good for us, Paul. Dis new guy might win the Alliance leadership. He looks good, sounds good and has new ideas, eh?"

"Yeah, and as much as we hate to admit it, you've got to admire what he's done in Ontario, where he put together The Common Sense Revolution. Did you see that budget they delivered in Ontario last week? Wish we could do as well, but ya know, it's kinda hard for us to do that. We're Liberals. We're supposed to like spending peoples' money. It's called wealth redistribution."

"Ya, ya, forget the talk about theory, Paul. Just make me the fairest guy in the land again so I can look in my mirror and not hear about dis guy Long."

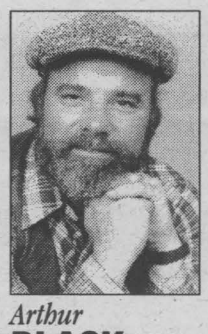
"Well then, prime minister, I have an idea. We can beat these guys with one solution. Wait until their leadership is over. See how people react. And if they like these guys and Long takes over, you should call a snap election in the fall to take advantage of them before they really get organized and people know how good their ideas are."

"Or perhaps, if I might say so, maybe you should retire and call a leadership convention and then have an election. We might have a better chance." And thus history was made. Jean finally figured out he wasn't the fairest lad in the land and gave the title to Paul who, alas, received it too late and alas, ended up being defeated by the Alliance and with Mr. Long who restored the kingdom to its rightful state.

The mirror was right.

BASIC BLACK

Running On Empty



Arthur **BLACK**

Well, how about it - is the spiralling cost of gasoline driving you squirrelly? Are you about ready to take that high octane gasoline nozzle and stick it where the sun doesn't shine? Here's a heretical thought for you: we aren't paying enough at the pumps.

It's not my argument. It comes from the lips of William E. Rees, an economist and a professor at the University of British Columbia.

And I'm not sure he's wrong. What the professor has done is add up the hidden costs of each liter of gas we buy when we fill 'er up. The health costs, for instance, of all that pollution associated with the burning of fossil fuels. The environmental degradation. The millions of dollars our government forks over to the Big Oil Boys in the form of lavish subsidies and generous tax breaks. Professor Rees reckons that if we were really paying the freight, each liter of gas we buy would cost us anywhere from 2 bucks to $5:40 a pop.

Maybe he's right. I do know that we humans have an ongoing love affair with our cars.

And we all know that love is blind.

A couple of years ago I visited the city of Florence, Italy. Florence is one of the great urban treasures on the planet. Unbelievable architecture.

Breathtaking paintings and sculptures. Exquisite piazzas and galleries and streets.

I couldn't wait to get out of the place. Florence stinks. It is polluted with honking, spewing, farting vehicles that befoul the air, clog the lungs and befuddle the mind. If Michaelangelo or Cellini or Giotto were to revisit their beloved metropolis, I know they would run, screaming for the Tuscany hills. Dante would think he'd found his Inferno. The internal combustion engine has turned Florence into a screeching, fume-shrouded, lung-searing urban nightmare.

Saddest thing of all, hardly anyone seems to notice.

It's a little different in Canada - we have more space - but we depend even more on the automobile. And the end result isn't any prettier. Rush hour in Vancouver or Montreal or Toronto isn't that different from rush hour in Rome, Paris or Singapore - it's still bloody awful.

Actually if you've got a twisted sense of humour, it's ever so slightly hilarious. In London, rush-hour traffic now moves more slowly than it did a hundred years ago when people travelled on foot and by horse.

Some places - in Western Europe particularly -- are just beginning to fight back. Governments there are beginning to discern the obvious civic benefits (and municipal savings) of improved bus and street car systems and seriously dedicated bicycle lanes. Last fall, 150 cities in France, Italy and Switzerland got together and agreed to ban automobiles completely for one day. Some cities, like Verona and Siena, have said to hell with it, and banned cars entirely. In Paris a few months ago, more than two dozen government ministers showed up for a cabinet meeting riding bicycles and electric scooters

Even Ottawa has made noises about kicking some money back into our national Via Rail passenger service which it's been quietly strangling for decades.

All of which makes our grousing and mewling about the price of gasoline faintly silly. Seventy-five cents a liter for gas got you down? That works out to what -- $2:50 a gallon? Well, heads up, chum. You're also paying over five bucks a gallon for homogenzed milk; eight bucks a gallon for orange juice and twenty-five bucks a gallon for Evian water.

Maple syrup will set you back more than fifty bucks a gallon - if you can find it at that price.

And you don't even need a driver's licence.

LETTERS TO THE EDITOR on page 10

Seaway News welcomes letter to the editor. Letters should be no longer than 400 words, are subject to editing and must bear the writer's name, address and phone number for verification.The views expressed by columnists, guest editorialists and/or letters to the editor are not necessarily the views of this newspaper or its publisher.

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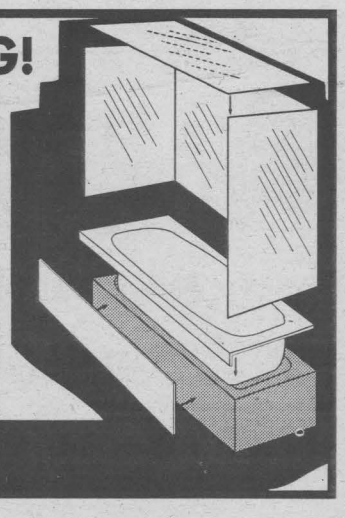

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LETTERS TO THE EDITOR

Allan Rock Our Next Prime Minister?

Dear Editor,

In 1992, Justice Minister, Allan Rock guaranteed Canadians that all guns and owners in Canada would be registered for $85 million. Eight years later it is estimated the cost has risen five times greater. Some of the hundreds of millions of dollars used for this may have come from victims of Hepatitis C that our provincial and federal governments failed to reimburse. Some of it may have come from massive cuts in transfer payments to the provinces for health care where Mr. Rock is currently minister of this department.

Meanwhile the Liberal government spends millions of advertising dollars warning Canadians to register themselves and their firearms. Millions more are spent telling us that increased funding may not fix our broken medicare system.

At the recent Liberal leadership convention in Ottawa, grit delegates belonging to a party that Jean Chretien says represents the little guy, voted down a motion to remove the GST from such essentials as home heating and hydro bills. What's stopping these gifted individuals from making Allan Rock our next prime minister?

Yours truly,
Marcel Fortier
Long Sault, Ont.

Bob Roth Is Always Interesting

Dear Editor,

It was certainly interesting to read Mr.Roth's column of May 5th,in which he suggested that Cornwall's unemployed move away (to southwestern Ontario with their low jobless rate) to find jobs and advised that we were becoming "stupider"! I wonder by which criterior Mr.Roth ascertains stupidity, especially after he claimed in his column that Eastern Ontario was in a state of (economic)decline. I was under the impression that Ottawa, with its booming economy, was located in Eastern Ontario.

The May 6th edition on the Ottawa Citizen (front page) suggested an impending worker shortage in the Ottawa area. Several years ago it was believed that some 1,000-Cornwall area residents commuted to work in the Ottawa area. Present weekday traffic volumes along Highway # 138 are now being estimated at 10,000-vehicles ..... and the area MPP is now lobbying the provincial government to upgrade the road which carries most area commuters to work in Ottawa. A sizeable number of area people even commute to work in Montreal, while others commute to Brockville and Kanata.

Perhaps if the Harris government were to deregulate the intercity bus services, some convenient and affordable commuter bus services could begin operating between Cornwall and Ottawa. While Mr.Roth suggests people move away from this area to find employment, there are many who have chosen to commute.

Harry Valentine.

Crime-Solving Rate

Dear Editor,

Bravo to the Cornwall Police Service on achieving an amazing 67% crime-solving rate as reported in a May 5th, 2000 Standard Freeholder article. This statistic of clearance rates for crime is more than double the national average and has been climbing steadily.

How has the force managed to reach this milestone? Is the departure of a dozen veteran officers over the last few years and their replacement with rookies the reason? Could it be the millions of dollars put into the station? The restructuring of management? Or is it our crooks here are just not that smart? To what do we owe this distinction? The chief must be inundated with requests from other jurisdictions on how he has managed this astonishing feat.

As we become one of the safest cities to live in, we no longer have to lock our doors, and our streets must be safe anytime, anywhere. The criminal element, those not in jail, should beware - their chances of joining their incarcerated cousins is imminent, statistically of course.

Other city managers take heed. No matter what other issues there are, your department will be expected to perform beyond all averages. If it doesn't, and you can't dazzle them with numbers, when contract time comes you will most certainly be turfed.

And finally, a real thank you is deserved to the front line troops for it is their hard work and dedication in these trying times that keeps the thin blue line firmly in place. But I'm still locking my door.

B.D. Eamer
Cornwall, Ont.

Tattoo 2000 - Fantastic

To the Editor:

re: Tattoo 2000 at the Civic CompleX on Saturday, May 6, 2000.

WHAT A FANTASIC SPECTACLE !

Our heartiest congratulations to Captain Alf Lee, the Canadian Legion,Branch 297 and the committee for such a wonderful perfomance and very ambitious as well, as we, and our American friends witnessed last evening (Saturday) at the Cornwall Civic Complex.

From the overtures to the final Retreat and March Off it was tremendously enjoyable and made us so proud to be Canadians.

The overture orchestra, Guards Brass Band, many pipe bands, Centennial Choir, fanfare group, Scottish Country Dancers, Akwasane dancers, Fort Wellington re-enactment team (with the gunfire)Commandos, and all the rest of the great cast.

We were so proud of the massed bands, the heart rendering performance of the "Lone Piper" and what a pleasure to sing "Oh Canada" and "God Save the Queen"

What a wonderful evening for all who attended and we look forward to the next one but the question arises: "How do you top this one?"

Again, our sincere thanks.

Sincerely:
Dr. & Mrs.
George McGowan
Cornwall

A Night At The Oscars

Dear Editor,

Whatever happened to the mention of our local talent? I had the opportunity to attend such an event.

If you did not attend Angie's Models and Talent graduation show held on Tuesday, April 25th, 2000 at the Ramada Inn, it truly was "A Night at the Oscars" to the newcomer. Let me tell you that the rest of the world is missing out. Talent, poise and beauty all wrapped into what seemed like clear cellophane. Individual talents burst on the runway. From the sounds of dancing shoes to the one that put herself into her friends. Stories were told and songs were sung. Personalities glowed from smiling faces. Butterflies tickled the stomach and created a slight vibration of nervous voices, reminding us that there is beauty in imperfection.

Little do we realize how much time and effort the performances entail! These young people giving one hundred percent and more of themselves. Parents and friends were honorably mentioned, some deserving of their award for their support and dedication. Only good can come from this.

Congratulations, graduates, I applaud you.

Until next year...

Lights, camera, action!

Theresa Delorme
Cornwall, Ont.

Canada's Flag Is A Beaut:

Dear Editor:

Quebec had the right idea with holding referendums.

That's what Canada needs. Referendums. Not for separation, not for power, but to find out what the people want.

Let's have binding referendums on major issues-like the death penalty for "pedophile, kidnap, torture, murder, multiple offenders like Clifford Olson, Bernardo and Homolka. For people who kill police officers, assassinate politicians, etc.

Let's ask the people if they want the Canadian flag respected and honoured on Parliament Hill. And if it is found that is what the majority wants, then maybe viewership on CPAC might go up a little.

We now live in a time when if you ask and ask, perhaps you will finally receive. Canadians, if you think our country could be governed just as good or better with half the taxes we pay, then start asking.

Keep asking, and soon it'll look like demands. If you don't believe them, or they fail to come good, then double the pressure.

Wake up Canada, before it's too late.

Yours truly,
Raven P. Van Leishout
Cornwall, Ontario

P.S.

The Canadian flag is a beauty. Only the American and British flags are as handsome, and readily identifiable around the word. This is quite amazing as the Canadian flag has only existed since 1963.

Nobody who is proud of our flag is a nerd. Nobody!

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LOCAL

Marc Schaefer Honored By The Eastern Ontario Staff Development Network

The Eastern Ontario Staff Development Network is pleased to announce Marc Schaefer, retired superintendent of Human Resources with the Upper Canada District School Board, as this year's recipient of the Outstanding Service Award.

The EOSDN is a consortium of Public and Catholic District School Boards and Faculties of Education in Eastern Ontario. The network's mission is to improve student learning in schools in Eastern Ontario through organizing and delivering quality professional development and training for Eastern Ontario education. Over ten years ago, Marc was one of the group who saw a need for a staff development organization for educators in Eastern Ontario. That vision has grown over the last decade to become a Network that provides significant training opportunities to all aspects of the educational community that stretches from Durham to the Quebec border. Marc has been consistently reliable in his support of network activities from the very beginning. He worked on committees, he attended functions, he provided sound advice and leadership on the Board of Directors and instructed on the Supervisory Officer's course. Marc served as Chair of the Leadership Academy from 1991 to 1994 and was Vice-Chair of the Board of Directors from 1996 to 1998.

"This award recognizes Marc's exceptional contribution to the Network over the past ten years" states Barbara Day Wills, current chair of the Board of Directors and Superintendent of Education with the Algonquin and Lakeshore Catholic School Board. She continues. "Marc provided important guidance and direction which he had gained as a member of the Executive of the Network for several years. Most recently his involvement with the Supervisory Officers Qualification Program made a major contribution to the success of the Program."

"Marc brought to the table his calm thoughtfulness, his gentle humour and his ability to work through a problem" observes Eleanor Newman, past chair of the board of Directors and Superintendent of Education with the Upper Canada District School Board, "We are pleased that he intends to continue to assist the network as he makes the transition into retirement from the Upper Canada District School Board."

The EOSDN Outstanding Service Award is another of the achievements that Marc can add to his professional career in education and it is fitting that this award be presented to him as he leaves this profession and enters into retirement.

A Little Shower for the United Way

Even with the rain, Longevity Acrylics Inc. held its Second Annual 'Seconds Sale' on May 6th, 2000 with all proceeds going to the United Way. There were 45 units for sale from 8 a.m until noon.

Keith Jodoin, Executive Director of the United Way, said, "Longevity Acrylics has given us excellent corporate sponsorship with this fundraising event. We have raised over $13,000 for our cause.

Our next big event is at Nav Canada on June 3rd. It will be an auction of products that they consider surplus."

Pickted at right are Lynn Dupuis and Marietta Pelley, two Longevity employees checking the weather as they duck the drops in one of the showers.

Story and photo by Chris McPhee



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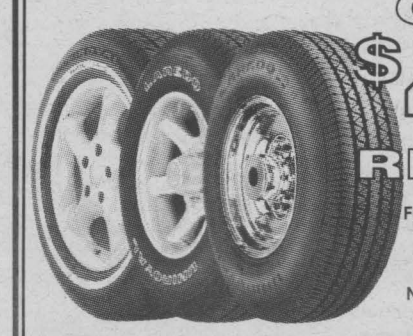

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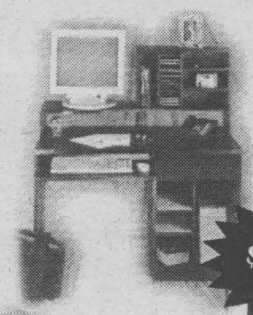

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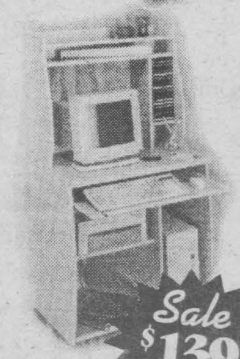

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Came for Breakfast, Gave A Talk, Got a Tour



Nick
WOLOCHATIUK

When Transport Minister David Colenette came to the Cornwall Chamber of Commerce breakfast last Friday, he paid for his meal by giving a speech about the state of the transportation infrastructure. The resulting headlines were about the 1950s era North Channel bridge that kept the all-Canadian Seaway option open. The announcement was that the option is no longer regarded as necessary. The existing high-level bridge is expensive to maintain, and presents an unnecessarily steep gradient for traffic passing over it, even though no Seaway vessels ever passed under it. The door is now open for the construction of a far more efficient low-level bridge.

Since Colenette's concerns also involve rail transportation, the Cornwall Image Enhancement Committee saw his visit as an opportunity to inform the minister of their plans to improve the VIA Rail station. After breakfast, J.R. 'Bob' Copeland of G.R. Technologies Sales and Marketing Manager took Colenette and Stormont-Dundas MP Bob Kilger on a walking tour of the station area.

As Copeland conducted his guests on their tour, he gave details about imminent changes in landscaping, signage, CN's local access service road and use of station area property. Train travelers aren't impressed by haphazard storage of equipment and supplies now visible from the train. Some eyesores will be eliminated by relocation, disposal or by the addition of strategically positioned berms, evergreens and other kinds of trees, bushes and flowers.

The City, the local Horticultural society and Domtar are among the participants in this $40,000 expenditure. Cornwall is on the high-traffic Quebec City to Windsor rail corridor. In keeping with the adage, "If everyone sweeps the sidewalk in front of their own home...", Cornwall will be doing its part. Rail-borne visitors and those passing through will eventually have a more favorable impression of the Seaway City.

The VIA Rail station will join with the Public Library, Lamoureux Park, Marina 200, the Armoury and the Weaveshed in improving Cornwall's image and its useful and attractive infrastructure. Tourists, local residents and the general economy will profit by such investments.



EN ROUTE TO QUEBEC CITY - This Ottawa family used Cornwall's VIA Rail station as a transfer point during their tenth wedding anniversary holiday. If they return here next year, they are more likely to be favorably impressed by the station and its surroundings, thanks to the work of the Cornwall Image Enhancement Committee.

(Photo by Nick Wolochatiuk)



INFORMATIVE WALKING TOUR - Led by J.R. 'Bob' Copeland (left), accompanied by Cornwall Chamber of Commerce President Paul Connolly and VIA Rail representative Jeff Legault (holding site plan), Transport Minister David Colenette and local MP Bob Kilger were briefed regarding the community's proposals to improve conditions around Cornwall's railway station.

(Photo by Nick Wolochatiuk)

Whiplash Requires Thorough Examination

(NC)-In the unlikely event that you will ever have to deal with a car accident-causing whiplash, beware: what may seem like a minor condition at the time, could be in reality, a serious injury.

Chiropractors are experts in this type of injury and can tell by a thorough examination and possibly with an x-ray whether or not there is an injury that has caused spinal malalignment.

If left unattended, whiplash can cause months and even years of tormenting pain and disability. It can destroy daily routines and the fun of participating in even regular lifestyle activities. It has been established that spinal cord and nerve roots are frequently injured without the person's knowledge.

Any time you are involved in

CHIROPRACTIC *care*

an accident it is wise to make an appointment for a spinal examination. There may be no need for treatment but if examination indicates you need therapy, then being prompt will save you both discomfort and disability. Consult your family Doctor of Chiropractic.

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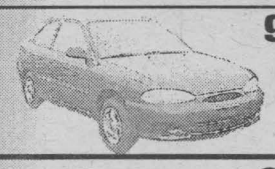

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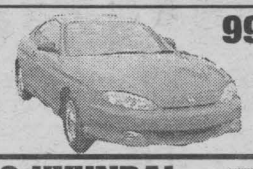

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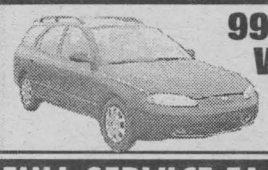

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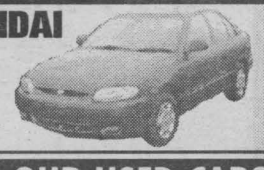

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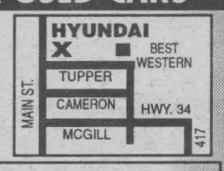

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Paul Trottier
Pharmacist

You, Your Physician and Your Pharmacist

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You, your physician and your pharmacist should be partners in your care. The physician and pharmacist depend upon you for basic information. The physician's and pharmacist's advice is good only if you follow it. If medication has been prescribed, it is important that you obtain that medication, carefully follow instructions and pay attention to the results. You have a need - and a right - to know how to do this properly.

Unfortunately, a visit to the physician or pharmacist may end with you not really understanding what to do. What can you do to guarantee that you get good instructions? Think about the visit beforehand - and while you do - prepare a written list of things to tell the physician or pharmacist and questions you want to ask.

When you go to the physician or pharmacist, bring all the medicines you are using, or bring a written list of all of them. Include the drugs you take that do not require a prescription, such as ASA or laxative, home remedies or herbal remedies. You should also bring a written list of your allergies (if you have any) and any medicines which do not agree with you.

Every physician you see needs to know about all your medicines so he or she can avoid duplicating them or prescribing medicines that will cause a bad reaction when taken together with your other medications. One drug might harmfully reduce or increase the effects of another; or the combination of two drugs might produce an undesirable effect.

QUESTIONS YOU SHOULD HAVE ANSWERED BEFORE TAKING MEDICATION

Before taking any medication, you should know the answers to these questions for each drug prescribed for you:

1. What is the name and purpose of the medicine?
2. Are there any activities such as driving a car or operating machinery that I should avoid while I am taking the medicine?
3. Are there any other medicines, foods, or beverages I should not take at the same time?
4. When should I take the medicine, and how much much at one time?
5. How long should I continue to take the medicine?
6. Can the prescription be refilled and how often?
7. Does the drug have an expiry date?
8. Are there any possible side effects that I should know about?

It is important not only to hear the answers to these questions, but to write them down so you can refer to them later or ask for an information sheet. If you find you still have questions or don't understand things, don't be afraid to ask for fear of sounding foolish. No question about your health or medications is foolish.

RECOGNIZING AND REPORTING SIDE EFFECTS

Your responsibility for your own health care doesn't end with getting information and developing a good system for taking medicines. To stay as healthy as possible, you should pay attention to how your body responds to medicines and be sensitive to side effects.

When a drug enters the blood stream, it travels to many areas of the body. For this reason, it can have effects other than the desired effect for which you are taking it. These are commonly known as side effects. Although many side effects are unavoidable, others can be prevented or minimized by adjusting the dosage or timing of taking the medicine.

Do not believe that side effects of medications are necessarily "natural", especially for older people. This may be so in a given case, but the judgment should be made by your pharmacist.

For more information, talk with your pharmacist.

JEAN COUTU

5 9th Street East 938-7339

cornwall & area PHOTO PAGE

Lions Make a Big Splash

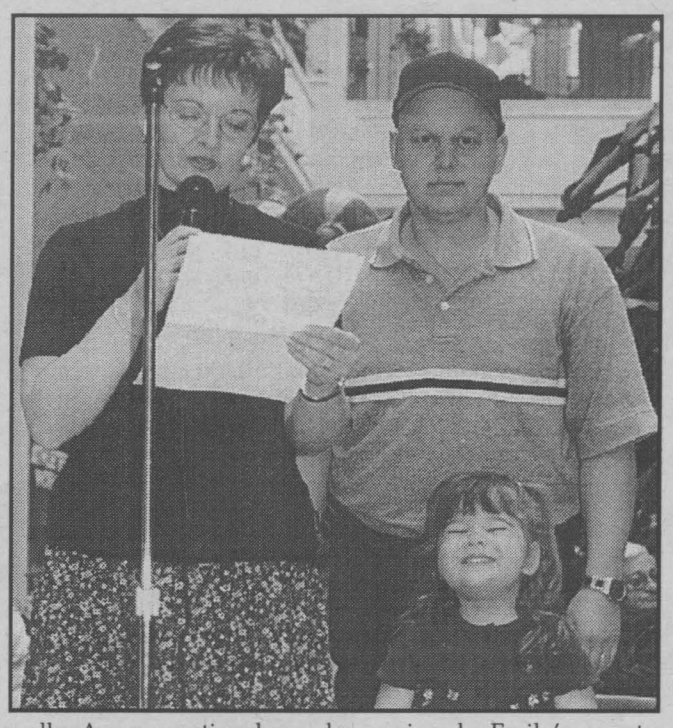


The Cornwall Sea Lions recently competed in at Dalhousie University in Halifax in the Halifax Trojan Spring Invitational Swim Meet. Our Lions came out winners with everyone placing 1st to 15th in the competition.

Pictured above are Corinne Bacher, Monica Latour, Maxine Macher, Ashley Bogosian, Alisa Gallant, Catlin Levere, Pascal Bourgeois, Danny Godkin-Bain, Kelcie Hickman, Josee Bruyere, and Clayton Delaney.

Photo and story by Penny Seguin

Walking Towards a Cure



April 26th was the official kickoff for Shoppers Drug Mart to raise funds for the Juvenile Diabetes Foundation. Shoppers Drug Mart is selling small paper sneakers for $1.00. All of the funds raised will go towards the "walk for a cure" for Juvenile Diabetes. The mission of Juvenile Diabetes Foundation is to find a cure for diabetes, and its complications, through the support of research. The honorary chairperson for Cornwall and area is 3-year old, Emily Gilbeault. She was diagnosed with Juvenile Diabetes when she was a young girl.

Approximately 2.25 million Canadians have some form of diabetes. 60,000 new cases are diagnosed in Canada each year and it costs the Canadian health care system $9 billion annually. A very emotional speech was given by Emily's parents, Celine and Mark Gilbeault. They said that they "hate seeing her in pain, we need to find a cure because kids, like Emily, should have a normal life."

The walk takes place at Lamoureux Park on Water Street, Sunday June 18th at 2 p.m.

Pictured are Emily Gilbeault - honorary chairperson, parents Celine and Mark Gilbeault.

Photo and story by Penny Seguin

Flowers From Domtar



The fresh scent of spring comes to the Parisien Manor. From left to right are: Artel Chevrier, Margaret Bender, Nancy Andrews, Hilda Jarvo, Howie the Beaver (Calvin McNamara), Rolland Noel, Helen Nagy, Shannon McNamara and Helen McBain.

Howie the Beaver made a stop by the Parisien Manor with some beautiful carnations for the residents. For the last six or seven years, he has brought well wishes from Domtar Fine Papers during the Easter holidays. Calvin McNamara (in the Howie costume) and his daughter also transported some of the 130 flowers out to the Janet MacDonell Pavilion, Pediatrics and Palliative Care.

Story and photo by Chris McPhee

St. Joseph's Triumphs Again At The OECTA Volleyball Tournament



For the sixth time in a row, the teachers from St. Joseph's Secondary School took the trophy at the 7th Annual Ontario English Catholic Teachers Association Charity Volleyball Tournament held April 16th on their home court. Approximately 50 teachers from six different schools participated this year. Angela Martell, one of the co-ordinators for this event, commented, "We even had a team of teachers from Brockville's J.L. Jordan Separate School. Everyone had a lot of fun and it was a great success."

Bunny Warner was on hand, as the representative for the charity of choice this year. "This event brought in over $600 to be given to the Children's Treatment Centre."

Pictured here, front row (left-right): Lori Darling and Carolyne Bonneville. Middle row (l-r): Sue Crowder, Linda Aleinik, co-ordinator and Angela Martell, co-ordinator. Top row (l-r): Marc Legault, John Cameron, Andy Krol and Bunny Warner, board and fundraising committee member for the Children's Treatment Centre.

Photo by Chris McPhee



KEEPING HEALTH IN MIND

Minding The Body, Mending The Mind

Keeping Health in Mind is a monthly newspaper column made possible with the help of Seaway News and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

The book "Minding the Body, Mending the Mind" is based on the ground-breaking work at the Mind/Body Clinic at New England Deaconess Hospital. Minding the Body, Mending the Mind shows you how to take control of your own physical and emotional well-being. The clinic's dramatic success with more than 2,500 patients – with conditions ranging from allergies to cancer – is vivid proof of the effectiveness of this understanding of mind and body – and its power to transform your life. Using a unique blend of mental and physical exercises, the author, Dr. Borysenko teaches you how to elicit the mind's powerful relaxation response.

Recent major studies indicate that approximately 75% of visits to the doctor are illnesses that will ultimately get better by themselves or for disorders related to anxiety and stress.

The importance is building the skill of becoming aware of how to mind the body. The book describes how to elicit the relaxation response through meditation, breathing and stretching exercises. You learn to shift your physiology, gaining control of the stress response, as well as learning to let go of tension in the musculoskeletal system. These basic skills begin to train you in the art of observing your mind. In mastering this you gain the ability to live in the moment rather than being wrapped up in memories of the past or worries of the future.

When the relaxation response is called on, heart rate and blood pressure drop. Breathing rate and oxygen consumption decline because of the profound decrease in the need for energy. Brain waves shift from alert rhythm to a relaxed rhythm. Blood flow to the muscles decreases, and instead, blood is sent to the brain and skin, producing a feeling of warmth and rested mental alertness.

Anyone who has ever sat at home, healthy, well fed, surrounded by loved ones, and suffering from intense anxiety will readily agree that peace of mind is the necessary condition of happiness. But how can we possibly learn to have peace of mind when the mind is by nature restless, projecting its wants and fears endlessly into the past and the future? If we can learn to train our mind to let go you would be able to experience peace of mind.

In her book, the author writes about "mindfulness" – meditation in action which involves a "be here now" approach that allows life to unfold without the limitation of prejudgement. It means being open to an awareness of the moment as it is and to what the moment could hold. It is a relaxed state of attentiveness to both the inner world of thoughts and feelings and the outer world of actions and perceptions. For example, being present with the food when eating, enjoying it rather than thinking about other things.

A side effect of this approach of healing is a reconnection to the values that are most important in life: an openness to love, attitude of forgiveness toward ourselves and others, and peace of mind. Without peace of mind, life is just a shadow of its possibilities. The most beautiful scene leaves you empty if your mind is full of worry.

Minding the Body, Mending the Mind guides us to a new understanding of illness and health and shows how each of us can take an active role in healing ourselves.

Lise Pilon, Reg. Nurse, CPMHN(C) Community Mental Health Nurse, Tri-County Mental Health Services.

RED HOT PERFORMANCE.

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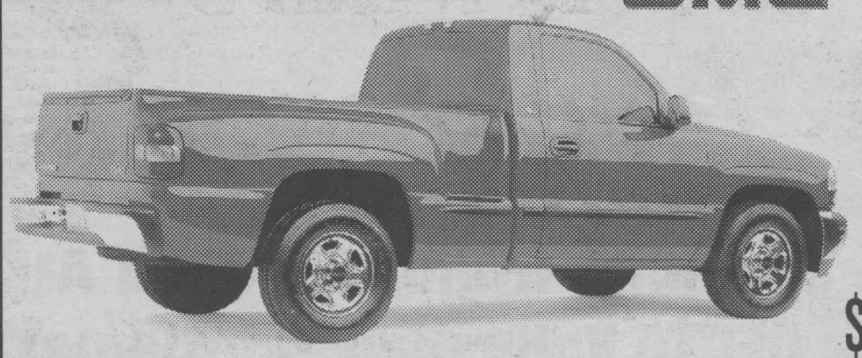

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LEASE OPTIONS		
Down Payment	Lease Payment	Total Due On Signing
$0	**$375**	**$2,106.00**
$2,900	$288	$5,240.95
$5,000	$225	$7,533.50

Based on 5.4% annual lease rate, 36 month term. $0.12/km charge over 60,000 km for 36 months. Option to purchase at lease end is $15,446.85. Total due on signing includes down payment, freight, security deposit, first month's payment plus taxes. Applicable taxes, licence, insurance, P.P.S.A. and admin. fees extra. Other lease options available.

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LEASE OPTIONS		
Down Payment	Lease Payment	Total Due On Signing
$0	**$358**	**$1,917.70**
$3,850	$248	$6,093.70
$6,000	$187	$8,496.05

Based on 1.9% annual lease rate, 36 month term. $0.12/km charge over 60,000 km for 36 months. Option to purchase at lease end is $14,350. Total due on signing includes down payment, freight, security deposit, first month's payment plus taxes. Applicable taxes, licence, insurance, P.P.S.A. and admin. fees extra. Other lease options available.

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Down Payment	Lease Payment	Total Due On Signing
$0	**$411**	**$2,339.15**
$4,550	$278	$7,268.70
$5,000	$265	$7,771.25

Based on 1.9% annual lease rate, 36 month term. $0.12/km charge over 60,000 km for 36 months. Option to purchase at lease end is $18,546. Total due on signing includes down payment, freight, security deposit, first month's payment plus taxes. Other lease options available.

$278* 36 MONTH SMARTLEASE per month/$4,550 down payment, $810 freight and $325 security deposit required
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OR
1.9% PURCHASE FINANCE up to 48 months‡
OR
$17,858▼ CASH PURCHASE PRICE excludes freight $730

LEASE OPTIONS		
Down Payment	Lease Payment	Total Due On Signing
$0	**$277**	**$1,544.30**
$2,060	$218	$3,845.45
$3,000	$192	$4,896.55

Based on 1.9% annual lease rate, 36 month term. $0.12/km charge over 60,000 km for 36 months. Option to purchase at lease end is $9,686.70. Total due on signing includes down payment, freight, security deposit, first month's payment plus taxes. Applicable taxes, licence, insurance, P.P.S.A. and admin. fees extra. Other lease options available.

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AMAZING GRACE



Pastor Bob
BURGESS
Pastor New Life Covenant Church

Peace in the Storm

"You will keep him in perfect peace, whose mind is stayed on You."
Isaiah 26:3

There are times when life seems unbearable. Physical pain, difficult decisions, financial hardships, the death of a loved one, or shattered dreams threaten to engulf us. We become fearful and perplexed. Plagued by doubts, we may even find it difficult to pray.

Those of us who know the Lord through personal faith in Christ have in Him a calm retreat in the storms of life, even while the howling winds of trial are sweeping over us. We can experience peace of mind and calmness of spirit.

Richard Fuller, the 19th-century Baptist preacher, told of an old seaman who said, "In fierce storms, we must put the ship in a certain position and keep here there." Said Fuller, "This, Christian, is what you must do...Reason cannot help you. Past experiences give you no light...only a single course is left. You must put your soul in one position and keep it there. You must stay upon the Lord; and, come what may - winds, waves, cross seas, thunder, lightning, frowning rocks, roaring breakers - no matter what, you must hold fast your confidence in God's faithfulness and His everlasting love in Christ Jesus."

Do you feel overwhelmed by your troubles? Fix your mind on the Lord. Ask for His help. Trust Him, let Him give you peace in your storm. (Phil. 4:6&7)

Remember as always, God loves you! He really, really does!

Kinsmen Get The Budget

MPP Ernie Hardeman discussed the budget at a luncheon hosted by the Kinsmen Club of Cornwall. A question-and-answer session with the invitation-only crowd followed.

He described the province's spending plans and tax changes.

"This government is committed to economic growth," said Hardeman, "and I am confident that the direct and indirect tax cuts, the new funding for research initiatives, infrastructure improvements and rural economic development will continue to generate jobs and growth for Ontarians both within and beyond our urban centres."

The three groups, the Cornwall Curling Club, the SD&G Historical Society and Cornwall's Aquatic Centre made presentations to the minister after lunch when they were hoping to take advantage of some of the spending plans.

The Kinsmen Club of Cornwall sponsored the lunch both to allow the minister the opportunity to speak on the budget, and also to give these three groups an opportunity of their own to speak to a government official.

Pictured at right (l-r) are Kerry Adams, Vice president of the Kinsmen; Ernie Hardeman, MPP; Guy Lauzon, Project 2000 Fundraising Coordinator; and Joel Cote, Luncheon Organizer.

Photo by Chris McPhee



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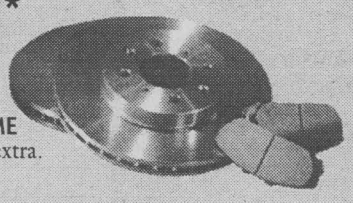

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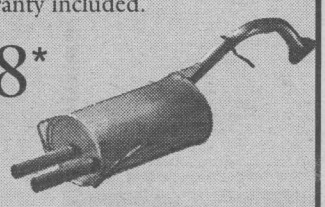

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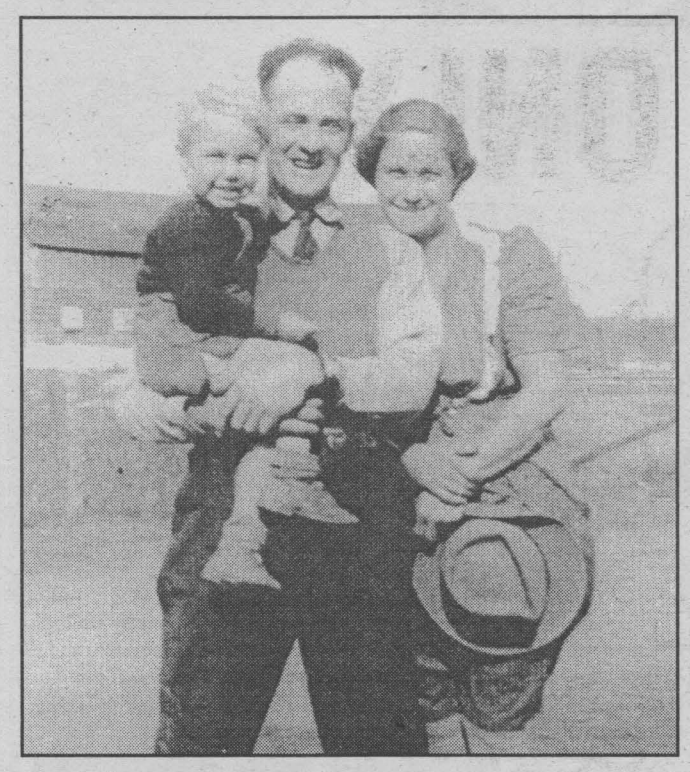
Cameron's Dairy - 1932 - 1975



In 1932 during the Great Depression, Gordon and Hazel Cameron were local dairy farmers selling their bulk milk to a local factory. The family farm was situated between South Branch Road and the Headline Road, known as North McConnell Avenue, or the Cameron Road.

Realizing that the factory wasn't paying enough for their milk, they discussed the situation with his brother-in-law, Rueben Cain, who suggested that they buy some bottles and caps and try selling their wares door to door for five cents a quart. Gordon and Hazel thought they would try that venture and see where it would lead.

Delegating their nine sons and one daughter between the dairy, the barn, the homestead, and the fields, they began what was to become a well-known and respected business in the Cornwall area, putting into service 'Maggie' and then 'Molly' pulling the infamous milk wagons. As time marched on, Gordon converted a 1925 Dodge car into a truck, and in the late 1930's, purchased a 1933 Fargo, and so began their fleet. Their ever faithful horses were still utilized in the winter months, and the last two, 'Prince' and 'Ruby', who were the colts of Molly, were eventually allowed to retire to their favourite pasture.



This small venture was becoming a viable business, and in order to establish Cameron's Dairy's name in the area, a logo was designed by another family member, daughter-in-law Norma Bryerton Cameron, to be displayed on all packaging of products, and on the wagons and trucks delivering throughout the area.

In the early 1950's, Gordon and Hazel wished to retire, and as their second eldest son, J. Ivan Cameron, was already managing the plant, family discussions ensued and the dairy now had two new owners. Ivan remained as Plant Manager, and their eldest son, George I. Cameron, became Administration Manager. Gordon stayed on in an advisory capacity to give his sons a different perspective when decisions had to be made. The brothers also employed many of their combined sixteen children, and hired many others from the Cornwall area to keep up with the demands.

Establishing a rather large fleet, to the point of incorporating other smaller dairies in the City of Cornwall, such as Daisy Dairy, Rivermead Dairy, Canadian Dairy, Maple Crest, Maple Leaf, and also Winchester and Chesterville Dairies. Cameron's Dairy was becoming a major supplier to not only private residents, but to many businesses in the area. Cameron's Dairy's biggest competitor was Eastside Dairy.

In order to keep up with technology, a new plant, featuring a dairy bar, was built on Cornwall Centre Road in 1971, where a lot of the engineering was done by Gordon Cameron, in an effort for the family business to stay competitive with the bigger companies moving into the area.

In 1975, larger corporations were beginning to buy out the smaller family businesses who could not compete, and Cameron's Dairy was eventually sold to Becker Corporation, thus ending a way of life, "having the milkman show up at your door."

This story and many more, have been submitted to the Alzheimer Society of Cornwall & District as part of their Memory Lane Project.

The Society is selling 4" x 8" bricks, personally engraved to commemorate special occasions, special people known to Cornwall, anniversaries, reunions, specific dates, and or course memorial bricks in memory of special people in the community.

Bricks are still available for $25.00 by calling Colleen Wilson at 932-4914.

Submitted stories will be included in a publication by the Society called "Memories Etched in Stone".

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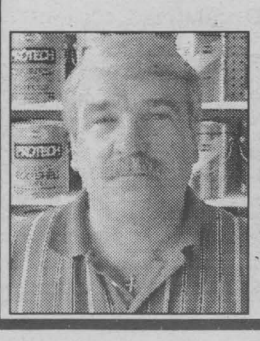

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ASK THE DENTIST

Dental Insurance



Louis **CARDINAL** *BSc, DDS, FAGD*

The advent of dental plans several decades ago, has made it easier for millions of patients to receive dental work, and today most medium and large employers have dental plans included in their employer benefits. The combination of dental plans with an increased public awareness and demand for modern dentistry as dramatically improved the dental health of Canadians across the country.

It is important to understand that every plan is different and some may reimburse at 80%, others at 90%, while a few may reimburse at 100%. Worth noting is the fact that if you have a plan that reimburses 100% of 1996 dental fees for example (because it was conceived in 1996 but never updated) you will not receive 100% of your claim in 1998. Furthermore your plan may have different coverage for different procedures. An example is a plan that covers 80% of fillings and extractions, but 50% of major treatments such as crowns and bridges. Such coverage is still quite satisfactory, and encourages the patient to be involved financially, which generates a greater sense of appreciation and value for the dental care received.

If your treatment will be extensive, your dentist will be pleased to provide the insurance with an estimate or your treatment plan (predetermination), to confirm your actual cost and reimbursement, thereby enabling you to plan your finances before starting with treatment. Most plans have limits per calender- year which means that what you do not use at the end of the year cannot be carried over to the next year. Therefore be wise with the accounting aspect of your plan, and use what you are entitled to before the year-end.

Unfortunately there are always plans which are minimal and restrict the patient's choice of dentist and/or treatment. These plans insist that the patient attend a particular dentist(s) and restrict coverage and reimbursements. These types of plans are not recommended and I strongly encourage you to know your dental plan, in order to avoid any disappointments.

It is important to note however that all plans are contracts between your employer, yourself and the insurance company. Yours dentist does not participate in these negotiations, and does not know the details of the numerous plans available. The dentist's only obligation is to provide the patient with a detailed claim form after the treatment is rendered, describing the work done and the fees charged. The patient then sends the claim form to the insurance company for reimbursement. You and your dentist may choose to have the insurance pay him/her directly (called assignment), but this arrangement still leaves you responsible for the entire balance, since most dental plans do not pay 100% of your dentistry. In fact, it is against the guidelines of the Royal College of Dental Surgeons of Ontario, for a dentist not to make reasonable attempts to collect the portion of the fee not covered by the insurance dental plan.

If you need help understanding your particular plan, call your insurance company for help using their 800 telephone numbers. Should you need more information, your dentist will certainly be more than happy to help you.

Please remember that the dentist's responsibility is to diagnose the condition of your mouth, your dental needs and to offer a treatment plan that will best suit your needs, not the insurance._

"Dr Cardinal accepts any inquiries at tel:938-8451 or fax:938-7647 and welcomes you to visit his webb site at www.netcom.ca/~cardina3 for other dental topics."

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COMPUTER CORNER

Virus's, Worms and Other Nasty Things



John **LESTER**

This last week has been a bit scary for computer users who rely on e-mail for day to day communications. The newest virus to hit the e-mail world is called the VBS/LoveLetter.worm . There are 17 know variants of this virus created by the originator or copy-cat e-vandals. Some of the bugs have the following attachments; "LOVE-LETTER-FOR-YOU.TXT.vbs", "protect.vbs", VeryFunny.vbs", IMPORTANT.TXT.vbs", and "mothersday.vbs".

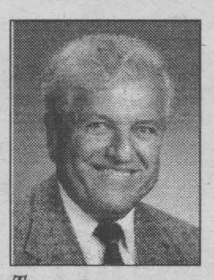
What amazes me is that people still open mail from unknown senders. I did a quick review of all of the e-mail that I received over the last week and there was over 100 messages. I opened less than 20 of these messages and the balance were discarded. I looked closer at the discarded mail and sure enough there was a "mothers-day.vbs" variant of the virus. There was no effect on my system because I didn't open the attachment in the letter. A good rule in the e-mail world is to trash anything from an unknown source. Believe me when I say that unsolicited e-mail is almost always junk-mail....get rich quick schemes, invitations to porn sites, and unwanted bugs.

Just as incidious are the gems that people plant in your system while you chat on ICQ chat rooms. While you chat with friends there is chance that someone is snooping through your computer and planting files that will wreck your files on the next boot up.

We ran into four of these this week. The unwanted visitor added a small batch file command to the autoexec.bat file that caused the computer to erase dozens of critical files, move others and generally create havok on the next boot up. The other three files did similar types of damage. The net result was a bill for $90 worth of service work to correct the problem. The problem with this type of invation is that no anti-virus software offers any protection.

Happy surfing.....

DEAR GRANDPA



Tony **WEISSGARBER**

Dear Grandpa,

I am finishing my first year of college. I wasn't raised in a strict household, but my father did make my dates pick me up at home to meet my father and get instructions on when he expected me home.

I am really disgusted with what most of the girls in my dorm are doing. Easily half of them binge drink every Friday or Saturday or both. Then they brag about being "out" and not remembering what happened.

I want to transfer to another college and get away from all this.

My parents don't agree.

What do you think?

Melissa

Dear Melissa,

What you describe as asinine behavior on the part of college students isn't limited to your school alone. Unless you are going to transfer to a church oriented college, such as Bob Jones University, you probably will not escape the possibility of being in the midst of just plain bad behavior.

Find those fellow students who have high moral standing. Associate with them. Perhaps you could find two or three and rent an apartment off campus.

One good apple in a barrel of bad apples will become bad.

Look out for yourself, you are number one.

Your role in school is to learn. Even if you would like, you cannot change those others into a more rightful way.

There are others like you at your school. Find them. Run with them. You will always be glad you did.

FREE! Send me a question I use in my Dear Grandpa column and I will send you my new book: Tweens, Teens & Beyond, 70 pages, (Pulitzer prize entry.)

grandpatw@wireweb.net

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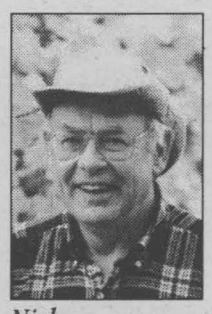

Nick **WOLOCHATIUK**

There's a lot to be said for being a journalist-photographer for a newspaper or magazine. Going back as far as 1957 (that's when I had my first photograph published) I've had the pleasure of doing 'work' for The Glengarry News, The Standard-Freeholder, its Hometown weekly supplement, and aviation publications such as Larry Milberry's CANAV books, Bob Baglow's Aviation Quarterly magazine and COPA Flight (of the Canadian Owners and Pilots Association).

Most people call it 'work', but as my wife said to me about a month after I started on a four and a half year full-time stint with the daily newspaper, "You'd better watch out! If they find out that they're paying you for what you normally do on your holidays (travel, photograph, make notes and ask all sorts of people odd questions) you'll be in big trouble!"

As much as I enjoy what I do, getting paid for doing it makes life much easier for all concerned, as with life comes a lot of unavoidable expenses.

However, there is also some hardships associated with being a photo journalist and columnist. For one, there's the many hours of absolute solitude that must be spent in front of a computer, surrounded by a clutter of dictionaries (yes, plural), atlases (also plural), almanacs, encyclopediae (or 'encyclopedias' as my semi-literate spell-check would prefer), clippings, road maps, scribbled steno pad notes, negatives and prints. Most of the time there's barely enough room on the floor for a dozing little white dog (who faithfully answers to the name of 'Keesha', but is also referred to as 'LWD').

Then there's the task of proof-reading after all the other stages of creative writing have been completed, ranging from coming up with a topic, assembling details into a coherent string of words, sentences and paragraphs, then coming up with an appropriate title.

Before any piece is finished it must have its quota of a chuckle or two, an interesting bit of trivia, and above all, some sort of a 'twist', something that you didn't expect, a surprise, not just the to be expected denouement.

The computer's spell check only finds the 'typos'. It has to be taught all the local place names, family names, given names, aircraft names and designations, and the plethora of contrived names for today's automobile makes and models.

Is it 'Glen Roy' or 'Glen Roy', 'Monckland' or 'Monkland'? Is it 'Chris', 'Chrys', 'Kriss' or 'Krys'? Is it 'McDonald', 'MacDonald', 'MacDonell', 'McDonell' or 'MacDonnell'? I still have to consult my 45 year accumulation of aviation reference books to see if it's 'ME-109', 'Me 109', 'Me-109' or 'Bf-109'. 'Ciera', ''Elantra' and 'Kia' aren't in any of my dictionaries. Then, there's the idiosyncracies of 'it's' and 'its' to be double-checked. Is it 'snow board', 'snowboard' or 'snowboard'?

The words have got to be right, especially if 33,986 copies of potential mistakes are going to be published.

Computerized 'cut and paste' can result in some very embarrassing sentence fragments, capitalization errors and mis-punctuations.

Then there's the pictures! Negatives and prints of the photographs have to be taken, processed, labeled, sleeved, indexed, culled, captioned and eventually delivered to the publisher's desk by the deadline - or else!

None of the above is the worst part of doing stories for publication. There's nothing worse than photographing a senior, a toddler or anyone in between, then hear them shout with glee, "Martha! We're going to be in the paper!"

"Sorry folks, but that's not the way things work", I have to caution. "Things get published on a space-available, editor's final choice basis. There's always a 'seat' reserved for those who pay full fare, the advertisers."

There are other priorities too. One weekend I photographed a group of people enjoying their cabin cruiser that was moored in Marina 200. "Will the picture be in tomorrow's paper?" one asked.

"I can't guarantee it" was the beginning of my response. "If some member of the Royal Family gets killed over the weekend, your picture won't run", I explained. That was the weekend Lady Diana was killed in that tragic automobile crash. That boating picture did not run.

During this year's Raisin River Canoe Race, I took over 100 pictures. I was delighted to see that a full page was devoted to the event. Ten of those photos made it to print. That leaves about 90 that would ordinarily never be seen.

Last weekend I photographed a tree-planting exercise of Cornwall's Army Cadets and Lancaster Air Cadets. None of the 20 photos have yet been published; 55 people waiting.

Here's a solution I've come up with. All of the above mentioned photos, plus dozens and dozens more I've taken, will soon be on display. If you wish, you may order reprints or enlargements of any you see.

Here's the rotation schedule for the photos. Martintown Public School: May 15 - 19; Alex MacDonald's grocery store, Williamstown: May 20 - 27; Maximum Fitness, 235 Pitt Street, Cornwall: May 29 - June 3.

Just ask for 'Nick's Photos' at the counter or at the office, but only during normal business hours. While you're there, you're invited to sign the 'guest book'. Add any comments or interesting story leads. You ought to be in pictures...and you're more likely to be if you introduce me to something that's interesting about your village, farm, hobby, airplane, tractor, pet or job.

It's your input that prevents my 'work' from being work.

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Mon., May 22: 9:00 am - 6:00 pm

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Cornwall and Area LAW and ORDER

Crime Stoppers

Each week, Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on all crimes, not just the crime of the week.

This week Crime Stoppers needs your help in solving the following crime:

Sometime overnight between the 4th and 5th of May, 2000, unknown person(s) removed a steel 2-person glider bench from the outdoor patio at the Sandfield Place Nursing Home on Cumberland Street. Three plastic lawn chairs were also removed.

If you have any information on this crime or any other crime, please call Crime Stoppers at 937-8477 or for long distance callers 1-800-265-8477.

We need your information, not your name. You will remain anonymous. You will not have to appear in court and if your information leads to an arrest you may be entitled to a cash reward up to $1,000. Reward payments are set up to protect your anonymity.

Remember, possession of stolen property carries the same penalty as the actual theft.

Crime Stoppers, it's your program.

Theft Of Outboard Motors

Every year throughout the boating season, numerous outboard motors are stolen. Thieves target the smaller type engines, in particular, the type with up to a 25 horsepower capacity. Boaters are reminded to secure their motors when they are not in use to prevent this type of crime.

STATS

THEFT OF MOTOR VEHICLES

- May 4, Guy St. residence, 700 block; stolen: 1990 Pontiac Bonneville 4-door, grey in colour, taken from driveway.

BREAK & ENTER

- May 5-7, Lefebvre Ave. residence, 100 block; Window on a door was pried open to allow entry. Nothing was taken, however culprit(s) caused approx. $4,450. in damages to the door and a built-in dishwasher.

BREAK, ENTER & THEFT

- April 26-29, Adolphus St. residence; a 5-speed silver/grey mountain bike was taken from shed.

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Cornwall Police Service

Historical Sexual Assault

A 61-year old Second Street West man was arrested and charged on May 4th, 2000 with sexual assault, sexual interference, sexual exploitation and one count of assault. The investigation focussed on an allegation of a sexual assault that is alleged to have occurred between January 1992 and January 1997. The victim, his daughter, was between the ages of 5 and 10 at the time of the offence. The male was released to appear in court on the 5th of June, 2000. The Sexual Assault and Child Abuse Team of the Cornwall Police Criminal Investigations Bureau continues its investigation. The name of the man was not released to protect the identity of the victim.

Bail Violation

Michael Seguin, 37, of Lefebvre Ave. was arrested on an outstanding warrant on May 4th, 2000. The man was spotted by an officer in the Cornwall Square and a police check on the man revealed that he allegedly failed to appear in court on the 28th of June, 1999, therefore a warrant was issued for his arrest.

Register Your Bike

Register your bicycle with us. There is no fee charged for this service. The idea is to have the name and address of the bicycle owner on file so that your bicycle may be returned to you should it be lost, stolen or left abandoned.

Please come to the police station located at 340 Pitt St. and fill in the registration form to register your bike today!

Stolen Vehicle Burnt

A 1988 Nissan pick-up truck was stolen from a parking lot north of Roma's restaurant sometime between midnight and 2 a.m. on the 6th of May, 2000. The vehicle was later recovered by the O.P.P. in the Long Sault area. The vehicle was found abandoned and burnt.

Youth Charged After Escape Attempt

A 15-year old Cornwall youth was arrested and charged with attempting to escape lawful custody on the 5th of May, 2000. Police were called to an open custody home in Cornwall at noon on the 5th of May when a youth there was allegedly trying to leave.

The youth was sent to his room for not following the rules of the home and an argument between he and the staff ensued. During the argument the youth attempted to escape by climbing out a window. The youth was restrained and the staff member was allegedly assaulted by the youth. The youth then began to swing a lamp at the staff and police were called. The youth was taken into custody, however the youth allegedly spat on the officer on several occasions. The youth also kicked the door of the police cruiser bending the door frame. The youth is charged with three counts of assault, attempting to escape lawful custody, two counts of assaulting police, mischief under $5,000. and assault with a weapon.

Sexual Assault

Police arrested a 23-year old male on the 8th of May, 2000 after an alleged sexual assault was reported to police on the 6th of May. Derek Gadbois, 23, of Carleton St., is charged with one count of sexual assault, one count of sexual interference and one count of breach of undertaking. The offence is alleged to have occurred on the 6th of May, 2000. The 23-year old male is alleged to have sexually assaulted the 2-year old daughter of a friend that he was visiting. The youth then told her mother and police were contacted. The victim sustained no injuries in the incident. The man was taken into custody and held for a bail hearing on the 9th of May, 2000.

The Sexual Assault and Child Abuse Team of the Cornwall Police Criminal Investigations Bureau continues its investigation.

Unwanted Male

Police were called to a Second St. West business shortly after 2 p.m. on the 8th of May, 2000 as a result of an intoxicated person. Upon police arrival the man became abusive when he was arrested for allegedly being intoxicated in a public place. Further investigation revealed that the man was in breach of his undertaking and his probation. Terry Wontka, 39, of First St. East is charged with resisting arrest, two counts of breach of undertaking and two counts of breach of probation.

Workshop Broken Into

Culprit(s) entered a workshop on the evening of May 8th, 2000, South Alexandria. Stolen from within were two generators, 1/ Honda Model EM5000, 2/ Honda Model EB1800X and two 5 gal. gas cans.

Value of stolen property $4,000.00. No suspect(s)

Break Enter and Theft To Post Office

During the evening of May 9th, 2000 person(s) forced open the door to the Williamstown Post Office. Once inside thieves were able to take an undisclosed amount of money and stamps. Stolen also was a money order machine, Make A.S.I., value of $300.00. No suspect(s)

Recovered Wood Splitter

May 9th, 2000 alert citizen notified police of a wood splitter being left in the bush was of Glen Robertson. Investigation revealed that the Kubota, Model GS 300, 7.5 HP motor gas operated on wheels was stolen three weeks prior from St. Timothe Quebec. Value recovered: $2,000.00.

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Ontario Provincial Police

Follow Up Of Fatal Motor Vehicle Collision

Next of kin have been notified concerning the fatal motor vehicle collision that occurred on Hwy. 401 west of Lancaster on May 1st, 2000. The driver has been identified as Jeannette MacDonald, 63, from Bainsville, Ontario and the passenger was Norma Ferguson, 67, also from Bainsville.

Investigators have now determined that Mark Nolan was driving his 2000 Mack tractor trailer on Hwy. 401 westbound in the driving lane when Jeannette MacDonald, driving her Plymouth on the 401 westbound on-ramp merged in front of him. The MacDonald car was rear ended then both vehicles collided through the construction zone signals.

Recovered Stolen 48-Foot Trailer

On May 5th, 2000 at approximately 10:30 a.m., Prov. Const. Simon Hardy investigated an abandoned 48-foot trailer that was left at the Esso gas station parking lot in South Lancaster bearing Ontario plate N28025. It was confirmed that the trailer was stolen from the Morrisburg 750 Truck Stop on or about the 29th of April 2000.

Recovered: 1994 FREU drybox trailer, white in colour, valued at $20,000.

No suspect(s). Anyone with information please contact Prov. Const. Simon Hardy of the SD&G O.P.P. at 1-888-310-1122 or Crime Stoppers at 1-800-265-TIPS.

Abandoned House Destroyed By Fire

On the 6th of May, 2000 two youths playing in an old abandoned farm house on the MacNaughton Road in N. Glengarry started a campfire within the house. Upon leaving the house the youths put the fire out. A short time later a witness reported seeing a fire in the old house.

The 25-year old house was destroyed upon arrival of the police. The owner stated that the house was of no value. The two males, aged 14 and 15 of N. Glengarry approached police without hesitation, admitting to the fire.

The property owner requested that the two youths responsible assist in the clean up of the property.

Rollover Injures Driver

On May 6th, 2000 at 2:30 a.m. Wallace MacDonell, 48, of Cornwall was eastbound on County Road 18 near Martintown when his 1998 Ford Escort left the roadway on the north shoulder, came back onto the roadway and rolled several times into the south ditch. MacDonell received major injuries to his right leg and was transported by ambulance to the Hotel Dieu Hospital for treatment. MacDonell's car was a total write off.

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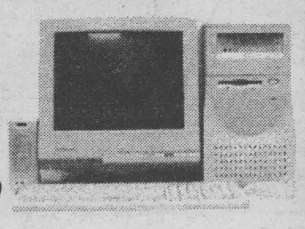

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Horticultural News – Treatment Of Trees Damaged By Construction

The process involved with construction can be devastating to the surrounding trees if no measures have been taken to protect them. The visible injuries such as broken branches and wounds to tree trunks are only the beginning. It is the damage to the root systems that often result in tree loss.

In an ideal situation, an arborist is called in to consult in the planning stages of construction. Trees can be preserved if the appropriate measures are taken soon enough. Unfortunately, it is usually when the first signs of decline appear that help is sought.

There are some remedial treatments that may save some construction-damaged trees, but immediate implementation is critical. If you have trees that have been affected by recent construction, consult a professional arborist promptly. Your arborist can assess each tree for viability and potential hazards, and recommend treatments.

Inspection and Assessment

Since construction damage can affect the structure and stability of a tree, your arborist should check for potential hazards. This may involve a simple visual inspection, or instruments may be used to check for the presence of decay. Sometimes the hazard can be reduced or eliminated by removing an unsafe limb, pruning to reduce weight or installing cables or braces to provide structural support. An often-overlooked method of reducing hazards is to move objects that could be hit, or to limit access to the hazardous area. If there is doubt about the structural integrity of a tree or the hazard cannot be adequately reduced, it should be removed. Although the goal is to preserve the trees whenever possible, that goal must not supersede any question of safety.

Treating Trunk and Crown Injuries

Pruning. Branches that are split, torn or broken should be removed. Also remove any dead, diseased or rubbing limbs from the crowns of the trees. Sometimes it is necessary to remove some lower limbs to raise the canopy of a tree and provide clearance below. It is best to postpone other maintenance pruning for a few years.

Old recommendations suggest that the tree canopies should be thinned or topped to compensate for root loss. There is no conclusive research to support this practice. Thinning the crown can reduce the tree's food-making capability and may stress the tree further. It is better to limit pruning in the first few years to hazard reduction and the removal of deadwood. Do not top the trees.

Cabling and bracing. Trees growing in wooded areas are usually not a threat to people or structures. Trees that are close to houses or other buildings must be maintained to keep them structurally sound. If branches or tree trunks need additional support, a professional arborist may be able to install cables or bracing rods. If cables or braces are installed however, they must be inspected regularly. The amount of added security offered by the installation of support hardware is limited. Not all weak limbs are candidates for these measures.

Repairing damaged bark and trunk wounds. Often the bark may be damaged along the trunk or major limbs. If this happens, remove the loose bark. Jagged edges can be cut away with a sharp knife. Take care not to cut into living tissues.

Wound dressings. Wound dressings were once thought to accelerate wound closure, protect against insects and diseases, and reduce decay. However, research has shown that dressings generally do not reduce decay or speed closure, and rarely prevent insect or disease infestations. Most experts recommend that wound dressings not be used. If a dressing must be used for cosmetic purposes, use just a thin coating of a non-toxic material.

Irrigation and Drainage

One of the most important tree maintenance procedures following construction damage is to maintain an adequate, but not excessive supply of water to the root zone. If there is a drainage problem the trees will decline rapidly. This must be corrected if the trees are to be saved. If soil drainage is good, be sure to keep the trees well watered especially during the dry, summer months. A long, slow soak over the entire root zone is the preferred method of watering. Keep the top 12 inches moist, but avoid over-watering. Avoid frequent, shallow waterings. Make sure surface water drains away from the tree. Proper irrigation may do more to help the trees recover from construction stress than anything else you could do.

Everything's Coming Up Roses

It's that time of year – when the days grow longer, the sun shines warmer and the desire to 'get out in the garden' returns in full force. What better way to begin gardening in the new millennium than with roses designed for the 21st century?

"Even if you've never grown roses before, you'll discover that it doesn't require a 'green thumb' to produce beautiful results," says Mario Roger, Canadian Tire's senior merchandise director of lawn and garden products. "The easiest way to ensure full flowering – no matter where you live in Canada – is to start with a high-quality plant.

A Rose By Any Other Name

There are many varieties of roses available, each suited to a particular purpose or landscape function. One of the most important characteristics to consider when growing roses in Canada is hardiness – more hardy varieties are easy to grow, can withstand our cold winters and are less likely to need replacing every year.

This year, climbing roses have joined 'big boomers' as the most popular additions to Canadian gardens.

How Does Your Garden Grow?

Like all flowering plants, roses require some care and attention for optimal results. Be sure to consider the following when planting your rose garden this year:

- **Bed preparation and location.** Roses prefer open sunny locations with good natural drainage. They require four to six hours of sunlight each day and prefer slightly acidic soil. Prepare the planting area by digging the soil to about 12 inches and add organic matter (such as compost) to the hole. Firm the bed before planting.
- **Spacing.** Sufficient circulation can prevent common diseases often affecting roses. Plant the roses at least 24 inches from buildings and at least 15 inches from the edge of the rose bed. Be sure to carefully read the planting instructions for each variety of rose, as spacing requirements and projected growth will vary.
- **Pruning.** With a clean, sharp pair of pruners, remove any dead or damaged canes. All canes should be cut back to three to five buds, with the cut just above any outward facing buds.
- **Depth.** For each plant, dig a hole large enough to accommodate the spreading of the whole root system without having to bend any roots. Leaving a slight mound of soil in the middle of the hole, place the plant over the mound, carefully spreading out the roots and making sure that the crown is at, or slightly above ground level. Fill the hole with soil, firming the soil around the roots to remove air pockets and finish with a heavy watering.
- **Watering.** Roses should be watered early in the morning to prevent disease infestations (early watering allows the plants to dry off throughout the day). Thorough soakings are preferable to light waterings.
- **Weeding.** Hand weeding or shallow cultivation is the easiest way to keep your rose bed clean. A mulch two to three inches thick will eliminate the need for weeding, but makes it more difficult to remove fallen leaves and other debris.

Happy Gardening!

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GARDEN CENTRE OPEN VIC

4" CUTTING GERANIUMS

compare at $2.49 each

33-3700-8



only $1.79 ea.

9 each

Assorted PERENNIALS

9 cm pots

Best Selection in Town

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$1.67 ea.

BOX ANNUALS

Assorted Varieties

33-3501-6



$7.39

BLACK EARTH

25 LITRE BAG

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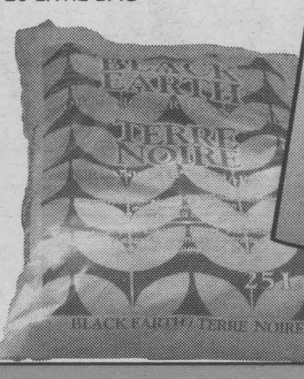


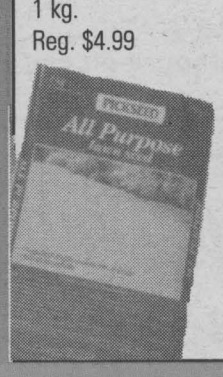
87¢

ALL PURPOSE GRASS SEED

1 kg.

Reg. $4.99

59-6303-6



$2.49

CIL FERTILIZER

24-3-4

Reg. $12.99

$9.99

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24-3-4 WEED 'N FEED

Reg. $14.99

$11.99

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6 cu. ft. WHEELBARROW

60-4514-0

steel tray

Reg. $119.99



sale $59.99

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BEST SELECTION - BEST

Seaway News, Friday, May 12, 2000

Weekend Blast

Y, SUNDAY ONLY!

13 - 14th

- 201 Ninth Street East

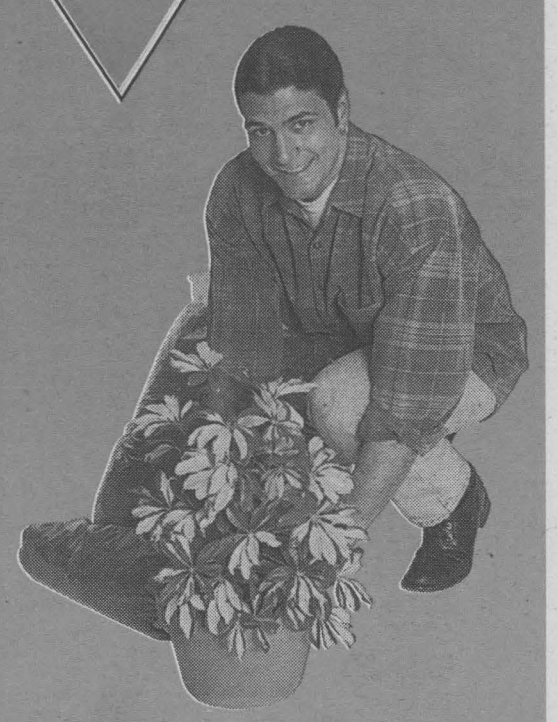
in-store specials

; Sat. 8 am - 6 pm; Sun. 10 am - 5 pm

TORIA DAY 9 am to 5 pm

CANADIAN TIRE

CANADIAN TIRE



10" HANGING BASKETS

Mother's Day Special

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from $6.97



24" white BALCONY BOXES

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CEDAR GLOBES

50 cm
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super sale price

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$11.99



TOMATO CAGES

reg. 99¢

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66¢ ea.



COMPOSTED MANURE

Sheep or Cattle

20 kg bag

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only $1.88



WHITE MARBLE NUGGETS

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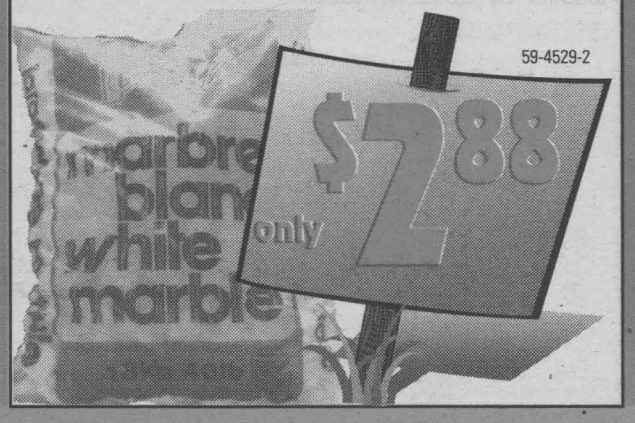
only $7.88



LAWN EDGING

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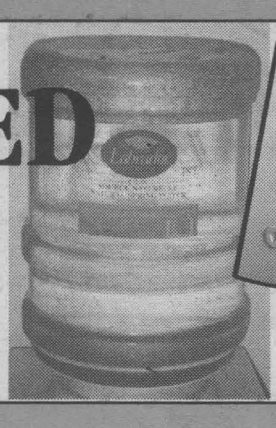
only $3.79



LABRADOR BOTTLED WATER

93-0379
18 litres
$10.00 bottle deposit required
Reg. $3.79

only $1.99



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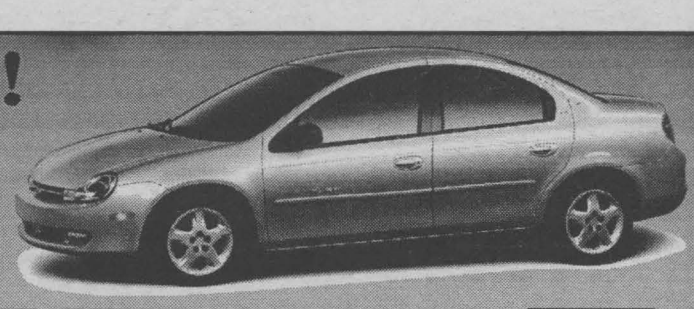

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COMMUNITY DIGEST

*ADOPTEES-BIRTH MOTHERS, BIRTH FATHERS. Do you need help or support in your search? Call Parent Finders at 933-9186-Carol or 932-3984-Donna or visit their website at http://www.reuniting-in-cornwall.com

*ALCOHOLISM IS A DISEASE. Help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 938-1984.

*BAINSVILLE COMMUNITY YARD SALE is being held on Saturday May 20th, 9:00a.m. (rain date Sunday May 21st), at Bainsville WI Park, corner old Hwy 2 and Third Line Road, Bainsville. Info: 347-3517.

*BEREAVED FAMILIES OF ONTARIO Support and Share nights are held every second Thursday of every month. Anyone who is grieving the loss of a loved one is welcomed to attend. Info: 936-1455.

*BREEDING BIRD BEHAVIOUR WALK 'N TALK is being held on Sunday May 21st, 8:00a.m. at the Upper Canada Migratory Bird Sanctuary. Dr. Brian Hickey from the St. Lawrence River Institute leads this bird watching adventure through the Sanctuary. Info: 534-2808.

*C.C.V.S. SCHOOL COUNCIL meeting will be held on Tuesday May 16th, 6:00p.m. in the school library. Everyone welcome.

*CHILD HEALTH FAIR is being held on Friday May 12th, 2:00p.m to 4:30p.m., at a Child's Place, 7 Fifth St., Morrisburg. Child health and safety, car seat clinic, draws, videos, playground safety. Info: Janet Allingham, Health Unit at 774-2739.

*COFFEE CLUB FOR WRITERS meets monthly for coffee and support at Kathy's Cafe, 10 Second St. West. Everyone welcome

*COMMUNITY YARD SALE is being held by the Rosedale Terrace Recreation Assoc., on Saturday May 27th, from 9:00a.m. Over 200 homes participating. Proceeds towards new park equipment.

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25yrs., who are, or think they might be gay, lesbian, bisexual, transgendered and their supporters. Meetings held every two weeks, on Thursday, 6:30p.m. at 533 Pitt St. Info: 1-877-874-4424.

*CORNWALL NEWCOMERS CLUB "Dessert Night" will meet on Thursday May 18th, 8:00p.m. Info: Angela 534-4136 for details. Newcomers Club is a non profit women's club available to residents who have lived in Cornwall for less than 4 years. Everyone welcome.

*CORNWALL OLDE CAR CLUB Cruise Night is held at the A&W Restaurant on Vicent Massey Drive every Wednesday night at 6:00p.m. Next Cruise Night: May 17th. Everyone welcome. Info: 931-2637.

*CORNWALL SENIOR CLUB #353 119 Pitt St., weekly activities: Monday: "Exercise" 9:00a.m.; "500" 1:30p.m. Tuesday: "Crib" 1:30p.m., Wednesday: "Euchre" 1:30p.m., Thursday: "Bingo", 1:00p.m., Saturday: "Dance" 8:00p.m. Info: 932-0980.

*CORNWALL TOWNSHIP HISTORICAL SOCIETY Annual General Meeting will take place between 2:00p.m. - 3:00p.m., on Saturday May 20th. Everyone welcome. Info: 527-1719.

*DROP IN FOR PARENTS. Parents of children five and under, welcomed to Watch Me Grow Drop-In Centre, Tuesdays, 9:00a.m. to 4:00p.m., Eastern Ontario Health Unit, and Thursdays, 1:30p.m. to 3:30p.m., 1 McConnell Ave. Info: 933-1375.

*FIREWORKS along the St. Lawrence (immediately south of Wells Ford opposite the bike path) on Sunday May 21st, at Dusk. Sponsored by the St. Lawrence Stepping Stones 2000 Committee and the Township of South Stormont.

*GIANT BOOK SALE at Onagh Ross's Book Nook, McMartin St., Martintown May 20th to 22nd, 10:00a.m. to 5:00p.m. Lunch available from 11:00a.m. to 2:00p.m. on Saturday and Monday only. Proceeds to the Martintown Optimist Club.

*JOIE DE VIVRE, Secteur Francophone, d'Alexandria-Cornwall est un mouvement catholique d'entraide sans but lucratif qui s'adresse aux personnes vivant seules, qui ont connu une peine à cause d'une séparation quelconque. Recontres les vendredis à 7h30, 305 Baldwin. Renseignements: Lucille 933-0255 ou Jacques 932-2285.

*KEENAGERS will be performing at Glen Stor Dun Lodge on Thursday May 18th, 2:00p.m.

*MS INFORMATION PATHWAY presented by MS Pathways for Canada and the MS Society of Canada are holding an Information Session on Friday May 19th, Porto Bello Restaurant, 6:00p.m. Guest Speaker: Louise Giroux, author of "Taking the Lead: Dancing with Chronic Illness". Info: 938-6777.

*OPTIMIST CLUB OF MARTINTOWN is holding a Euchre on Tuesday May 16th and 30th, Martintown Community Centre at 8:00p.m. Sponsored by Martintown Optimist.

*OUTDOOR GROUP next excursion: "Moonlight Canoeing at Bird Sanctuary" Friday May 19th, 9:00p.m., Meeting Place: Irving Gas Stop. Info: Gord 937-1759.

*OVER 60 CLUB is holding an Open Euchre on Thursday May 18th, 1:30p.m., Royal Canadian Legion Auditorium. Everyone welcome. Info: 933-2748.

"OVER THE RAINBOW" Mood Disorder Support Group meetings are held every first and third Tuesday of each month, at 7:00p.m.; 533 Pitt St. Info: 937-3703. Everyone welcome.

*PARKING LOT, TRUNK & FLEA MARKET SALE at the Ingleside Plaza is being held on Saturday May 20th, 9:00a.m. to 3:00p.m. Everyone welcome.

*PARKINSON'S SELF HELP GROUP of Cornwall meet at the RCAF Assoc. Bldg. (Wing 424) on Water St. W. on Tuesday May 16th, 1:15 pm. Anyone interested in Parkinsons is welcome to attend. Info: 936-9944 or 933-2193.

*QUEEN VICTORIA'S TEA & GARDEN PARTY in the Queens Gardens at Upper Canada Village is being held on Monday May 22nd. Co-sponsored by the Parks of the St. Lawrence and the St. Lawrence Stepping Stones 2000 Committee.

*REG & BEV BONE Traditional Gospel singers will be performing at the Wesleyan Community Church on Sunday May 21st at 10:30a.m., 507 Pitt St. Everyone welcome.

*SEAWAY SENIORS 205 Amelia Street, activities: Monday's: "Tai-Chi":, 9:00a.m., "Beginner Line Dancing", 10:15a.m., "Yoga", 1:00p.m.; Tuesday's: " Line Dancing" 9:45a.m., "Euchre" 1:30p.m., Wednesday's: "Tap Dance" 9:30a.m.; "Yoga" 10:45a.m.; Thursday's: "Keenagers" 9:30a.m. ; "Chess" 10:00a.m. Information on all other activities: 932-4969

*SMOKE FREE FOR LIFE. Support group for people who have quit smoking or are thinking of quitting, every second Monday (or Tuesday in case of holiday), 7:00p.m. at Eastern Ontario Health Unit. Info: Tammy Simpson, 933-1375.

*SOUTH STORMONT SHUFFLEBOARD CLUB has begun its third season at the Long Sault Arena. Play is on Monday and Wednesday afternoons, 1:30p.m. Everyone welcome. Info: H. Hinds at 534-2980 or J. Kentell 534-8421.

*ST. LAWRENCE INTERNATIONAL STAMP CLUB will hold its monthly stamp meeting on Tuesday May 16th, 7:00p.m., Knox St. Paul's Church, 108 Second St. East. Info: 938-0973. Anyone interested in stamp collecting is welcome.

*ST. LAWRENCE SENIORS CLUB Smoke Free Bingo every Monday & Friday 12:15p.m.; Euchre every Thursday 1:15p.m.; St. Joseph Villa Auditorium; Wheels to Meals every 1st and 3rd Wednesday of each month. Door opens at 9:30a.m. Info: 933-6040 ext. 108.

*STRESS BUSTING. Discover how healthy lifestyles can combat stress on Monday May 15th, 6:00p.m., Nordun Senior Support Centre, Mill Street, Winchester. Info: Cathy Coppola, Health Unit, at 774-2739.

TOPS, ON4643 Long Sault, meets at Pentecostal Church, Bethune St. every Monday Night. Weigh: 6:30-7:00p.m. New members welcome. For info call Mary Ann at 933-2247.

*TRINITY BRIDGE CLUB holds Bridge every Thursday at 1:00p.m., Trinity Church Hall. Everyone welcome.

*VICTORIAN ORDER OF NURSES PROSTATE SUPPORT GROUP meets every second Thursday of the month, 7:00p.m. V.O.N. Office, 205 Second St.E. Information & discussion for Prostate cancer patients, newly diagnosed and their loved ones. Info: 932-3451.

*WHAT'S COOKING? Plenty! At the Collective Kitchen, Mondays, 12noon to 2:00p.m., St. Paul's Presbyterian Church, 517 Main St. Winchester, and Tuesdays, 9:00a.m. to 3:00p.m., St. James Anglican Church, 55 High St., Morrisburg. Info: Cathy Coppola, Health Unit, at 774-2739.

NOTICE

CANADIAN ALLIANCE

CANADIAN ALLIANCE SPECIAL GENERAL MEETING

Special General Meeting of the Stormont-Dundas-Charlottenburgh Constituency Association of the new CANADIAN ALLIANCE PARTY to sign up new members, to seek out more voluntary help and to elect additional members to the Board of Directors. This is a meet and greet mixer for all members and is also open to the general public.

Place; Ramanda Inn, Cornwall, Wednesday May 24, 2000 at 7:00 pm

RIVERDALE MUSIC FESTIVAL
CONCERTS

Friday, June 2nd, 2000 ~ Weave Shed - 8:00pm
Invited Guest, Bass Murielle Bruneau

Violins: Joel Derouin, Gisele Dalbec, John Bailey, Eileen Rudden, Gail Kochav, Nancy Eadie.
Violas: Susan Harris, Angela Rudden, Karen Ferguson.
Cellos: Thérèse Motard, Carole Sirois Bogenez, Tanis Light, Maura Rudden.
Piano: Louise-Andrée Baril.
PROGRAMME ~
Brandenburg no. 3 - Bach
Sextet no. 1 opus 18 - Brahms
Violin & Piano Pieces - Otto Joachim
Celtic Prelude - Rutland Boughton
Orchestra Pieces
Scottish Airs - Holst
French Canadian Folk Tune - Harry Somers
Czardas - Monti
Hoedown - Copland
Roumanian Folk Dances - Bartok

FOR TICKETS
CALL 932-7155

Saturday, June 3rd, 2000 - Viennese Evening ~ St. Francis de Sales Church - 8:00 pm
Invited Guest, Bass Murielle Bruneau

Violin: Joel Derouin. Viola: Angela Rudden. Cello: Thérèse Motard.
Piano: Louise-Andrée Baril, Louis-David Gignac.
PROGRAMME ~
Kreisler 2 pieces for violin cello and piano
Blue Danube - Strauss
Viennese waltzes
Four hands piano duet - Schubert
The Trout - Schubert

For More Information -
www.photochannel.com/photosite/rse/index.html
rse@musician.org

Sunday, June 4th, 2000 ~ Weave Shed - 3:00 pm
Invited Guests: Clarinet: André Moisan. Oboe: Judy Pentinga.

Violin: Joel Derouin. Viola: Angela Rudden, Susan Harris.
Cello: Thérèse Motard, Carole Sirois. Piano: Louise-Andrée Baril.
PROGRAMME ~
Britten - Quartet for oboe, violin, viola and cello - Phantasy
Bruch pieces for viola, clarinet and piano - opus 83
#2 in b-minor
#5 in f-minor Roumanian Melody
#7 in B-major
#6 in g-minor Nocturne
Glick - Suite Hébraique no. 2 for violin, viola, clarinet, cello and piano.
Clinka trio for clarinet, cello and piano.
Otto Joachim - Kinderspiel for violin, cello, piano and narrator
Glick - Klesmer Wedding for violin, clarinet and piano

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committed to our community

Eastern Ontario Health Unit
Bureau de santé de l'est de l'Ontario
Serving the Population for 65 years
Au service de la population depuis 65 ans



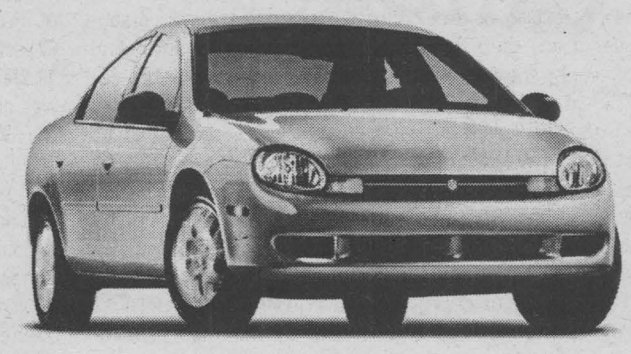
Nurturing Pre-School Speech and Language Development in Stormont, Dundas, Glengary, Prescott, and Russel
Free Information Session for all Daycare Providers in SD&G
Thursday, May 25, 2000, 7 to 9 pm
Cornwall General Hospital Boardroom
Please register by calling Health Line/Appel-santé
930-7080 or 1-800-267-0852

Your neighbourhood Chrysler, Dodge Retailers present

GREAT SPRING ESCAPES

Introducing 4 great reasons to plan your getaway now. For a limited time, take advantage of our low purchase, lease and financing deals on all 2000 models, including Canada's #1 selling minivan.

CHRYSLER Chrysler. Celebrating 75 years of engineering great cars.



0%* purchase financing up to 48 months

OR LEASE FOR $219‡ a month for 48 months. Plus $2,620 downpayment or equivalent trade, $675 freight and No security deposit.

2000 Chrysler Neon LE

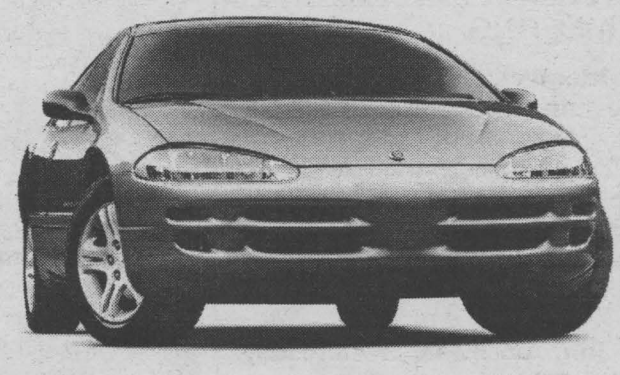
22D Package Includes: • 2.0-litre 132HP engine • Automatic transmission • 4-Wheel fully independent suspension • Air conditioning • AM/FM stereo cassette with six speakers • Full length centre console • Tilt steering • Next-Generation dual air bags • 5 year/100,000 km powertrain warranty • Complimentary tank of fuel[Ω]

LEASE FOR $279† a month for 36 months. Plus $3,975 downpayment or equivalent trade, $850 freight and $325 security deposit.

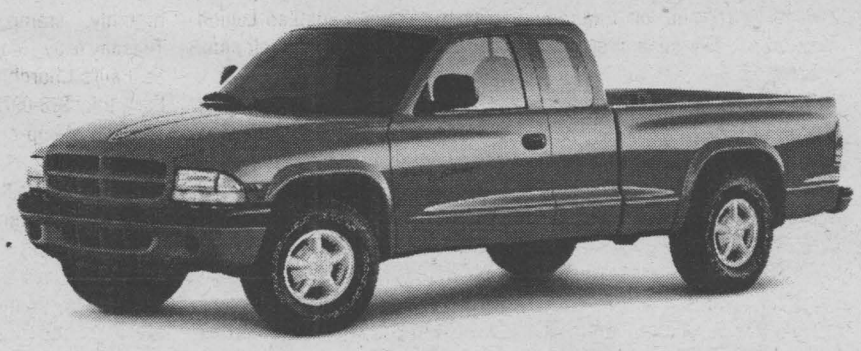
OR PURCHASE FOR $22,388††

2000 Chrysler Intrepid

22C Package Includes: • 200HP aluminum 2.7L V6 engine • 4-Speed automatic transmission • AM/FM stereo cassette • Air conditioning • Power windows, locks, mirrors • Tilt steering • 16" wheels • 4 Wheel disc braking system • Speed control • Next-Generation dual air bags • 3 year or 60,000 km warranty • Complimentary tank of fuel[Ω]



Dodge Different. The most powerful lineup of trucks on the road.



LEASE FOR $259† a month for 36 months. Plus $3,254 downpayment or equivalent trade, $765 freight and $300 security deposit.

2000 Dodge Dakota Club Cab Sport 4x4

24B Package Includes: • 3.9L Magnum V6 175HP engine • 4-speed automatic transmission • Air conditioning • AM/FM stereo cassette • Aluminum wheels • Anti-spin differential axle • 3 year or 60,000 km warranty • Next-Generation dual air bags • Complimentary tank of fuel[Ω]

Dodge Caravan CANADA'S BEST-SELLING MINIVAN Canada's best selling minivans for 16 years.

LEASE FOR $239† a month for 36 months. Plus $3,610 downpayment or equivalent trade, $905 freight and $275 security deposit.

OR PURCHASE FOR $21,888††

2000 Dodge Caravan

26T Package Includes: • 3.0L V6 engine • 4-speed automatic transmission • Tilt steering • Speed control • Dual sliding doors • Power windows, locks, mirrors • Power rear window quarter vents • Air conditioning • 7 passenger seating • Easy Out Roller Seats™ • AM/FM stereo cassette • Child-protection rear door locks • Sunscreen glass • Side-door impact beams • 3 year or 60,000 km warranty • Next-Generation dual air bags • Complimentary tank of fuel[Ω]

INCLUDING NO CHARGE 2ND SLIDING DOOR AND NO CHARGE SECURITY PACKAGE



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Chrysler customers read the fine print: †, ††, ‡, * These are limited time offers which may not be combined with any other offer and apply to retail deliveries for personal use only on all new in-stock 2000 vehicles. Retailer may sell/lease for less. Retailer order/trade may be necessary. Leases/financing subject to approval by DaimlerChrysler Financial. Leases exclude freight, licence, insurance, registration and taxes. These are closed end leases with no buyback requirements. See retailer for complete details and conditions. † Based on a 36-month lease for 2000 vehicles equipped as described; Chrysler Intrepid 22C; Dodge Dakota Club Cab 4x4 24B+DSA; Caravan 26T+AAA+AAG+GKD. Lease finance interest rates are; 4.3% for Intrepid; 5.3% Dakota Club Cab; 2.8% Caravan. Total lease obligation: $15,194 Intrepid; $13,634 Dodge Dakota Club Cab; $13,394 Caravan. Kilometres are limited to 61,200. Charge of $0.12/km for excess kilometres. ‡ Based on a 48-month lease on 2000 Neon 22D - lease finance interest rate is 2.8%. Total lease obligation is $13,807. Kilometres are limited to 100,800. Charge of $0.08/km for excess kilometres. * 0% purchase financing for a 48-month term on all 2000 Neons. Example: $20,000 @ 0% APR/48 month term; monthly payment is $416.67. Cost of borrowing is $0. Total obligation is $20,000. Financing excludes licence, insurance and registration. This is a sample calculation only. †† Prices exclude freight and include factory to retailer incentives. Ω Complimentary tank of fuel with every purchase or lease of a new 2000 vehicle. Ⓜ Official Mark of the Canadian Olympic Association. DaimlerChrysler Canada Inc. is a wholly owned subsidiary of DaimlerChrysler Corporation.

CHRYSLER Dodge Dodge Trucks

MOTHER'S DAY DINE OUT GUIDE

Spring Specials

... too good to miss!!

12 oz. New York Sirloin $9.95
Chicken Parmigiana $8.95
Surf & Turf $14.95

Available Sunday - Friday Dining Room
*Not valid on Mother's Day

Special Mothers Day Brunch & Evening Buffet

Make Your Mother's Day Reservations Now!

PORTO Bello RESTAURANT

932-0070

1710 Vincent Massey Drive

Happy Mothers Day

From Paul & Cathy and the staff

CASA PAOLO RISTORANTE ITALIANO

1600 VINCENT MASSEY DR. • 938-3706

NEW GARDEN

Restaurant & Dining Lounge

Remember Mom On Mother's Day May 14th

Delicious All-You-Can-Eat CHINESE BUFFET $7.99

Served 11:00 am - 8:30 pm
Children Under 10 - $4.99

OPEN
Sun. - Sat.
10 am - 9 pm

Fully Licensed
• Major Credit Cards Accepted
Specializing in Chinese & Canadian Food

315 Montreal Road Fast Service On Take Out Orders 932-4944

MOTHER'S DAY

Sunday, May14 ,2000

KIDS PLAY ROOM

10:30a.m. - 2p.m.
ALL YOU CAN EAT
DELUXE BRUNCH
$11.95

Both include
Salad Bar
Dessert Bar
Bread Bar

3p.m. - 8p.m.
ALL YOU CAN EAT
GEDERO'S GRAND ROAST BEEF BUFFET
$15.95

CHILDREN (10 & UNDER) $5.95
DINNER $6.95

MOM'S & SENIORS $1.00 OFF!

A LA CARTE MENU From 4p.m.

"Seafood Mardi Gras" Continues Daily

1lb Alaska Crab Dinner ~~$14.95~~ lb now 11.95
Whole Fresh Lobster - limited quantities 14.95
Coqoilles St. Jarques from 6.96

Gedoro's
Fine Dining in Casual Comfort

158 Pitt St.
938-2791

meet me at DQ

for one delicious Mother's Day!

Treat Mom like a queen with a DQ® Frozen Cake.



Layers of delicious DQ Chocolate and Vanilla Soft Serve separated by rich Fudge and Chocolate Crunch.

Pitt & 13th St., Cornwall
938-6772

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Seafood Restaurants

TREAT YOUR MOTHER. Join us and receive a Carnation

Daily Luncheon Special
2 pieces of English Style Fish with Chips only $4.95

Crab & Shrimp Special
A plateful of half pound snow Crab Legs with melted butter and eight large Sauteed Shrimp $12.99

Fish & Shrimp Combo Special
Eight large Sauteed Shrimp served with two pieces of Joey's Famous Fish .. $9.99

SPECIAL AD-ONS
In addition to your entree, try our Shrimp or Crab Legs at these Super Sampler Prices (with reg. meals only)
6 Large Shrimp.. $2.99
Snow Crab Legs .. $6.99

Joey's A Supporter of your Local M.S. Society

1-704 14th St., West 936-0169

MUSIC UPDATE



Yvan
BRUNET

Neil Young "Silver & Gold" - Reprise. Earthy country-folk music set to some laid-back guitar and harmonica riffs. Check out "Good To See You" (about coming back home) and "Silver & Gold" (which states that relationships are more important than material things). Great stuff!

Toni Braxton "The Heat" - LaFace/BMG. It's been four years since "Secrets," Toni Braxton's last multi-platinum album. This new offering showcases the artist's expansion into song-writing and production. Of key interest: the sizzling first single "He Wasn't Man Enough," the seductive "Art Of Love" and the edgy "Maybe."

Collin Raye "Tracks" - Epic. It would be hard to find a stronger one-two-three punch than the opening cut "She's All That," the moving "Couldn't Last A Moment" and the beautiful duet "Tired Of Loving This Way" with Bobbie Eakes.

Patsy Cline "True Love" - MCA. This new compilation assembles not so much country, but rather pop souvenirs from the great Patsy Cline: Al Jolson's "You Made Me Love You," Pat Boone's "Love Letters In The Sand," Irving Berlin's "Always," Patti Page's "You Belong To Me," etc. Tasty and pleasing!

Brenda Holloway "It's A Woman's World" - Volt. A thoroughly contemporary R&B album by '60s Motown diva Brenda Holloway. Check out her soulful rendition of The Everly Brothers' classic "Walk Right Back." The voice has weakened somewhat, but the lady can still pummel a song into submission.

Various Artists "Blues After Hours" - Delta. Blues music aficionados should check out this twofer that bubbles over with earthy, down-and-out blues nuggets as performed by Buddy Guy, Junior Parker, T-Bone Walker, Lightnin' Hopkins as well as Joe Turner doing his "Shake, Rattle And Roll."

Various Artists "The Best Wedding Album" - EMI. A great two-CD set that presents 30 of the most requested wedding love songs: "When A Man Loves A Woman" (Luba), "Waiting For A Girl Like You" (Foreigner), "Wedding March" (Andre Previn), "The Power Of Love" (Jennifer Rush) and so on. Bound to rekindle great memories.

Sirens "Smilin'" - Borealis. Sirens is London, Ontario's Donna Creighton, Nora Galloway and Jo-Ann Lawton blending their voices into a seamless whole. Musically the tracks range from the honky-tonk sound of "Smilin' At Somebody Else" to the jazz stylings of "Misery" and the Maritime folk of "Beautiful Blue." A crispy, witty and tuneful collection.

Brooks Williams "Little Lion" - Signature Sounds/Festival. Brooks Williams is a talented folk music guitarist who has a rare gift for writing haunting and compelling songs. Crisp, clean playing throughout. "Little Lion" is one of those discs that seems to get better each time you hear it.

Widows Honoured by Masonic Lodge



At a recent Annual Ladies' Night and Banquet, the Masons of Lancaster Masonic Lodge renewed their pledge to honour and offer support to widows of deceased members of the Lodge.

Seventeen widows were received as honoured guests of the Lodge. The Worshipful Master of the Lodge, W. Bro. John Vipond, presented each of the ladies with a beautifully crafted lapel pin identifying them as widows of a Mason. The District Deputy Grand Master of Eastern District, R.W. Bro. Alan F. Dunsmore added his congratulations to all the widows present.

Pictured (l-r seated) are Elsie Condie, Christena Crowe, Dorothy Fawthrop, Muriel Firth, Linda Fourney, Margaret MacLennan, Edna MacRae and Mary Matheson. Standing are John Vipond, Master of Lancaster Lodge, Ruth Craig, Darlene Aitken, receiving a pin on behalf of her Mother, Dorothy Burnett, Libby Vipond, Jean Sangster, Caroline Pattingale, Eileen MacDonnell, Georgina Mitchell and Alan Dunsmore, District Deputy Grand Master. Missing from picture: Paula Chretien, Jane Wightman, Sheila O'Shea and Beatrice Kaye.

Story and photo by Len Fourney

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CORNER POST

Elbert **van DONKERSGOED**

Actions have consequences. The appearance of more mega-farms in Canadian agriculture has significant consequences for how we do the business of farming. Even as more mega-farms are shoehorned into our countryside, driven by their ability to capture size-efficiencies and externalize costs, lower costs are becoming less relvant in the farm sector.

Method of production matters more.

Consider the latest initiative by the Canadian Food Inspection Agency to require licensing and upgraded control measures for the manufacturers of medicated animals feeds, including the on-farm feed preparation of up 30,000 farms across Canada.

The CFIA has proposed a new regime of licensing, inspections, daily documentation, three-year record keeping, inventory control, equipment maintenance, clean-out procedures and recall measures.

Officially the CFIA rationale includes:

* Buyers of medicated feeds have increased assurances that they are getting what they pay for;
* Consumers continue to have access to safe food;
* Trace-backs in case of recalls are facilitated; and
* The economic value of our exports is protected.

But there is a bigger pattern of change at play here. Food is no longer about sustenance, quantity or price. McDonalds exists because our thrifty nature loves the feeling of a bargain but it's not REALLY where we WANT to go out for dinner. For every McDonalds in a city there are 10 restaurants that charm us with their ambiance and tab us for the sizzle of the steak.

On the one hand, food symbolizes security, permanence and harmony. Think of all those mornings we drop by Tim Horton's for that take-out coffee with exactly the same fixings: black, regular or double-double.

On the other hand, food is experience-new experiences. Last night we ate hamburgers inside wraps instead of on a bun. You can't create a happening or celebrate without food.

Industrialized food production on mega-farms fits into a food system dominated by fast food merchants. These merchants exist but not because they are the preferred choice of consumers. Only price brings John Q. Public back next week.

This latest initiative by the Canadian Food Inspection Agency is an example of how our regulatory system is coming to bat for the mega-farm. A mandatory licensing and inspection system for on-farm feed preparation is aimed primarily at the mega-farms that prepare their own. Society can't have confidence in their cost-cutting method of production without government oversight. The CFIA wants to create a mandatory, government-led buffer between industrialized food production and consumers in the hopes that this will win consumer confidence in this method of production.

The CFIA is proposing that all of agriculture pay a price to give mega-farms some credibility in our food system.

This past weekend we celebrated Jesus-work. In one short weekend we commemorated the depths of despair that Jesus' crucifixion caused for His followers. On its heels came implausible elation in His resurrection. The finished work of Jesus, the Savior, put meaning and optimism into the work of millions for two millennia.

Consider work in the year 2000, more work will be done in Canada than last year. There will be more productive activity, more goods produced, more needs met, more services provided, more infrastructure built and more access created than last year. Economic statistics confirm the optimism. The North American economy is booming. Central bankers are hinting at the need to raise interest rates to contain inflation.

But the rhetoric that economists have trained us to use doesn't let us understand how this "more work" in 2000 than in 1999 differs from the "more work" in 1950 compared to 1949.

But different it is and the stock market instinctively knows it. The recent wild ride for shares, especially shares in technology companies, hints at a paradigm shift of massive proportions in our economy.

Throughout human history, work has been defined as people-work--work done by human hands and minds. No longer. Work has become technology-work-done by engines, assembly lines, streams of data, processing chips, nanotechnology and modified genes. If one went by the valuations that our stock markets assign to certain technology firms, one might conclude that technology-work does not need to be profitable. A significant number of these highly capitalized tech firms have no short-term plan to show profit. The dramatic market gyrations of recent weeks suggest that we don't quite believe that businesses can survive without earnings. Somewhere, sometime there has to be enough real technology-work done to deliver comparable sums of goods produced, needs met, services provided, infrastructure built or access created.

In agriculture we know about wealth that comes from nowhere. In the 70s, when folks bought the farm next door at twice the price per acre you paid for your land--not many years before--you felt quite a bit richer. If you spent that feeling of optimism on personal consumption or just making the farm a nicer place to work, you found yourself in financial trouble in the high-interest-rate 80s. Optimism that comes out of nowhere is different from optimism that is the result of profits earned or weekly pay cheques saved. It is hard to hang on to.

Yet there is optimism without cost. Jesus-work has created an enduring optimism for human kind that people-work and technology-work can never achieve. One needs only to accept it.

Elbert van Donkersgoed the Strategic Policy Advisor of the Christian Farmers Federation of Ontario, Canada. Corner Post can be heard weekly on CFCO Radio, Chatham and CKNX Radio, Wingham. Copyright 2000 Terra Coeur.

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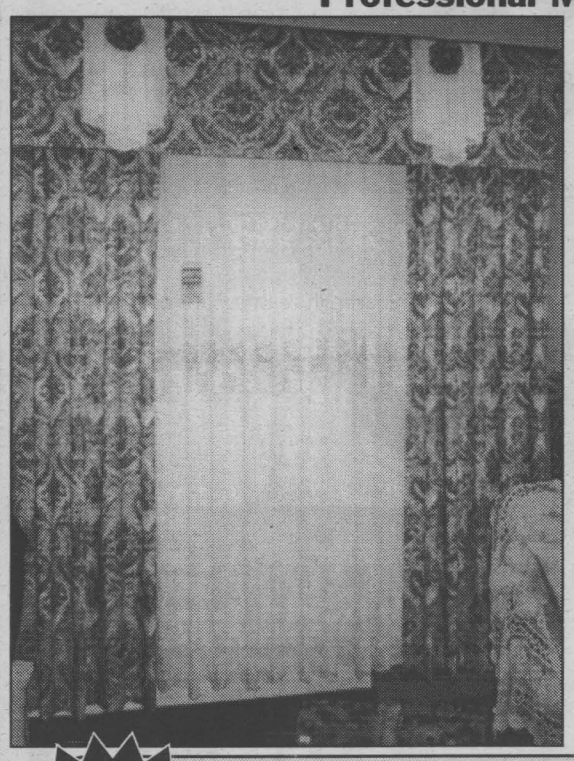
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CORNWALL MOTOR SPEEDWAY

news from the track

- This season, Martin Cashman will come back with a brand new car, # 18 in the duke stock class, with a homemade chassis.
- Mike McDonald, number 3D will be back this year with a brand new car for the rookie stock class, that is going to be powered by a powerful ford 2.3L !
- Tammy Jalbert will be running in the Rookie stock again this year. Car #95.
- Mitchell Jock will be driving JR David's #14 Late Model this year.
- Chico Dingwall is running a brand new Bicknell chassis.
- Brian Macdonald will be bringing 2 cars to the track this year. One will be acting as a back up.
- Tim Hitchcock will be driving Chico Dingwall's second modified. Tim is moving up from go-karting.
- Brockville's Dave Wilgosh will be running the full schedule in the Duke's Stock division at Cornwall this year.
- Doiron Cup (modified) and Mr. Radiator (late model) will now have a total purse of $3000 CDN each. That's $1500 to 1st, $1000 to 2nd and $500 to 3rd.
- Bill Mullin has a brand new 4-link Troyer ready to go.
- Dan Jalbert now has the former Bill Mullin Troyer and it will be powered by a Lafrance Performance engine
- Brian "Slim" Macdonald is also competing with a 4-Link Troyer.
- Cliff Merpaw Jr. has a brand new Late Model ready for this season.
- Marcel Pecore, last years Late Model "Rookie of the Year", is moving up to the Modified class. He has sold his late model car to Craig Ezard.
- Robin Laframboise, 1999 Rookie Champion, is moving to the Duke Stock Class.
- Jody Beckstead is leaving the Duke Stock Class to compete in the Late Model Division.
- In order to receive any point championship money from D.I.R.T. or Cornwall Motor Speedway you must possess a valid D.I.R.T. license before July 31st, 2000.
- Happy 25th Anniversary to D.I.R.T. Motorsports. Here we are in the year 2000. Over the years D.I.R.T. has grown while facing many hurdles. We have both prospered. we are proud to be part of the D.I.R.T. Motorsports family.

STANDINGS

2000 Official Standings After Pontiac Excitement 400
Richmond International Raceway Race No. 11 / May 6, 2000

Pos	Driver	Pts	6	Dale Jarrett	1470	12	Bill Elliott	1300
1	Bobby Labonte	1601	7	Rusty Wallace	1436	13	Mike Skinner	1263
2	Ward Burton	1598	8	Ricky Rudd	1411	14	Matt Kenseth	1214
3	Mark Martin	1568	9	Jeff Gordon	1400	15	Jeremy Mayfield	1204
4	Jeff Burton	1542	10	Terry Labonte	1357	16	Ken Schrader	1169
5	Dale Earnhardt	1523	11	Tony Stewart	1330	17	Dale Earnhardt Jr.	1156

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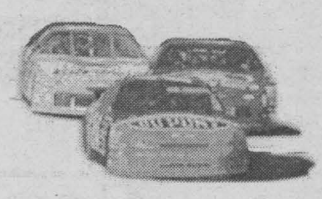
NASCAR Winston Cup Series track talk



Hendrick to run second truck at Pikes Peak

Hendrick Motorsports, which fields the No. 24 GMAC Financial Services Chevrolet for two-time NASCAR Craftsman Truck Series champion Jack Sprague, has entered a second Chevrolet for the May 21 Grainger.com 200 at Pikes Peak International Raceway for Ricky Hendrick, the son of team owner Rick Hendrick.

When Hendrick Motorsports runs a second truck for the first time in five years, the No. 17 Silverado will carry similar signage to Sprague's No. 24 Chevrolet.

Smith, Mattei form 'Ultra Mattei Motorsports'

NASCAR team owners Jim Smith and Jim Mattei announced on Monday that they have formed a NASCAR Winston Cup Series partnership, which will be known as Ultra Mattei Motorsports.

NASCAR headed to Chicago, Kansas City

NASCAR is continuing its efforts to bring stock-car racing to major markets and more fans nationwide with today's announcement that the 2001 schedule will include new stops in Chicago and Kansas City.

Strategy rhymes with tragedy for Rusty

Rusty Wallace hit the 50-victory plateau earlier this season. He must feel like he?s given at least that many away.

Legacy of auto racing continues in Illinois

As the drivers are revving their engines for the inaugural race at Chicagoland Speedway in 2001, they and the State of Illinois will become part of the racing timeline, and will be historically linked to the first car race ever run in the United States.

Speedway revs up revenue for Chicago

The racing action won't begin at Chicagoland Speedway until Spring 2001, but the project already is beginning to ring up economic benefits, generating an expected $320 million in economic activity in the Joliet and Will County region.

Burton accent-uates the positive

Ward Burton's unmistakable southern "draaaawl" may be a big hit among fans, but it's his driving ability behind the wheel of the No. 22 Caterpillar Pontiac that has him climbing the charts of NASCAR.

No seventh heaven for Wallace

According to Mike Wallace, when you win races and finish in the Top-5 nearly every week, anything less is a disappointment.

No. 19 team will run at New Hampshire

Following a team meeting held Saturday, Emerald Performance Group (EPG) crew members determined they would prepare to go to the next event on the NASCAR Busch Series Grand National Division schedule at New Hampshire International Speedway.



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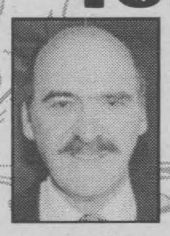
96 TOYOTA CAMRY DX PLUS 78,000 kms,	$15,900
95 HONDA CIVIC SE 4 dr., auto, air, 88,000 km	$11,500
95 TOYOTA CAMRY LE WAGON p.w, p.l., cruise, air, 78,000 kms	$16,400

*Based on 48 months walk-away lease at a rate of 5.8% on Corolla VE (automatic model BR12EPBA) with down or trade as listed above. First payment, security deposit, freight/ PDE, admin & air tax due on delivery. Option to purchase of $8499.95 based on a maximum of 96,000 km. Additional km charge of .07¢. MSRP for Corolla VE (model BR12EPBA) $18,085.
** Based on 48 month walk-away lease at a rate of 6.8% on Sienna CE (F19CS-B) and RAV 4 with a down payment or trade as listed above. First payment, security deposit, admin & air tax required on delivery.

SEAWAY SPORTS

ICE CHIPS

by Bill Gallant



This week we will pick up ice-chips from several areas. Hockey fans will surely have fond memories of the Cornwall hockey club that represented our city in the Eastern Canada Sr.Hockey League---



Wally Garand



Mickey Flannigan



Leo Chevrier



John Denneny



Fred Gardner



Ed Emerton



Byron Gordon

-the Calumets. The late Reg Woodward was the President and GM and the Cal's were in a league with Ottawa Army,R.C.A.F. Flyers,Pembroke Lumber Kings,North Bay Black Hawks, Hull Volants and the Renfrew Lions. One of their finest years was 1949-50.The team was coached by John Denneny, of the illustrious Denneny family that included Corbett and Cy. The Calumets won the league championship the previous year and several players were still with the club. They included forwards: Fred Gardner a former player with the Cornwall Cougars during the '45 & 46 seasons who led the league scoring race, Mickey Flanigan who came up through the OCOT minor hockey ranks, Wally "Chief" Garand, who also shone as a local ball player and played hockey with the Cornwall Falcons who played in the Allan Cup in '47 and like Gardner, the "chief" also served with the army and even played for the Canadian Army hockey team in England,the late Ed Emerton who was an OCOT product and a solid rearguard with the Calumets. Other names on that Cal's roster you will recall are goalie Gord Buckley, Don Batten, Pete & Frank Long, Bert Lilly, Y.Sarra Bournet, Guy Henry, Jim Hodgson, Jim Denneny, Rheal Savard and G.Telkkinen. The games at the WSA were my introduction as a youngster and I still have a game program from one of those games, as the photos this week show.

Other ice chips were the many memories of travelling on the bus with several Royals teams.One of the chapters in my book,The Frozen Stage, History of the Cornwall Royals, relates a few of those memorable rides to places like Thetford Mines, the Soo,and those long trips to Chicoutimi. The bus drivers too played a very important part of that history. There was Byron Gordon who served as both benefactor, friend and driver for the Royals teams of the mid-sixties, Bill Wilson and Leo Chevrier who saved our hides on a couple occasions while piloting those big buses along some very treacherous roadways.

We left off last week just as the Royals first season in the Quebec Hockey League was ending. The Montreal Juniors of the OHA went on to win the QMJHL and also won the Memorial Cup. As 1970-71 began the league, especially the Quebec Remparts, were getting ready for a banner year. One of the main reasons is that this was to be scoring sensation Guy Lafleur's last season as a junior. For the Royals they were entering phase two of their promise to build a national junior championship team.

Training camp was a crowded affair with over 90 hopefuls in town.They included a 14-year old puck stopper named Mario Viens who was later assigned to the Jr.B ranks, John Wensink from Maxville and Blair McDonald from Green Valley, later came Gerry Teeple and Brian Coughlin.

Jim Larin was back to replace retiring Norm Baril as the GM and then came Ralph Hurley as the new coach. As was expected Guy Lafleur won the league scoring championship, and his Quebec Remparts won the league title and went on to win the Memorial Cup. For the Royals this was to be the first year since the late '50's that fans would not get to see playoff hockey...but big things were just beginning to take shape !

Our photo's this week include John Denneny, Fred Gardner, Mickey Flanigan, Wally garand, Ed Emerton from the Calumets of 1949-50 and bus driver par-excellence, Leo Chevrier and Byron Gordon, who not only drove the bus but as the Cornwall Royals sponsor during the '60's he even purchased and donated to the team their very own personal bus.

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Club 55 Plus Action

The Camels truly proved why they finished first in schedule play when they pulled a come-from-behind in the final playoff week in Club 55 + action at Olympia Bowl.

Down 142 pins with three teams out in front of them in the "A" group, the Camels rolled a 3,013 for a total of (8,682) to win the "A" group playoffs, four pins ahead of the Lions (8,678).

Congratulations, Capt. Les Dagostin, Rene Laurin, Harold Millward, Heather Wilson, Bill Thompson and Elsie Kyer.

Quote per Les, "When you're good, you're good." Quote per George Belmore, "A packed club."

Weekly highs rolled: Lionel Boileau 215, Shirley Eastman 210, Harold Millward, Clarence Stang and Ron Currie 209, Eva Carter 204, Syd Pidgeon 203, Harvey Barkley and Peter McEvoy 201.

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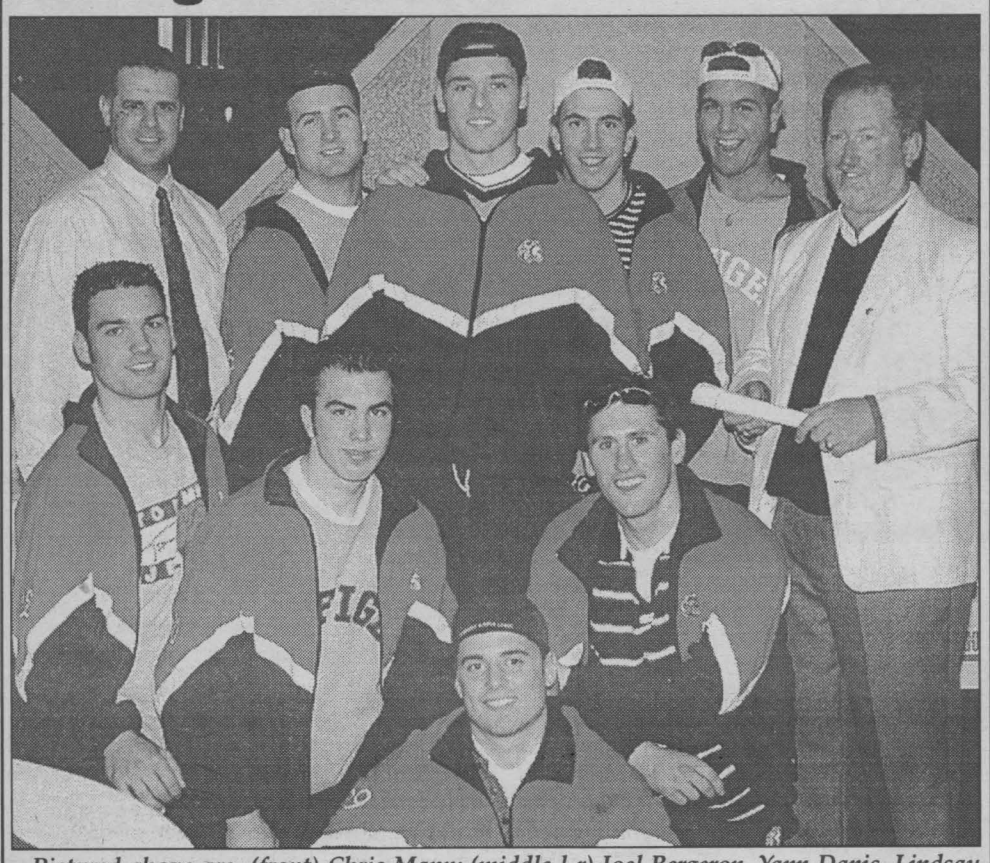
Black Sox Baseball

Final Score: Cornwall 9, Ottawa-Canadians 9

In the first game of the season open, the Black Sox got off to a shaky start and went down 7 runs after 1 1/2 innings. Cornwall replied in the bottom of the second inning scoring two runs when Eric Viau got on base with an error and scored on Kyle Seymour's double. Ottawa added two more runs in the top of the third. Cornwall replied with four runs with Shawn Sonnenberg, Matthew Crowder second on Eric Viau double and in turn he scored on Kyle Seymour's second double of the day. Seymour scored on Simon Yee's single. Cornwall added three more runs in the bottom of the seventh when Eric Viau, Corey Russell and Simon Yee all scored. Travis Sonnenberg got the win with five strike outs.

SEAWAY SPORTS

Community Comes Through For Colts



Pictured above are (front) Chris Mann; (middle l-r) Joel Bergeron, Yann Danis, Lindsay Campbell; (back l-r) Giles Lascelle, co-organizer and owner of Jazz Magnolia's, Maxime Gauvin, Jean Desrochers, Luc Paquin, Francis Cloutier and Al MacDonell, co-organizer.

The Cornwall Colts Benefit Breakfast was a huge success. The breakfast and silent auction was organized in short time, to help the Colts fund their trip to the national playoffs at the Tier Two Junior Championship in Fort MacMurray, Alberta.

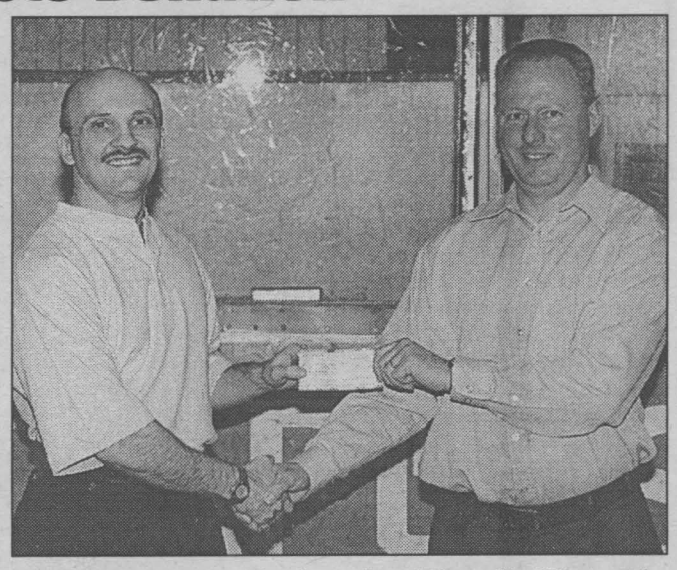
"This was organized in three days and the phone was continually ringing with donations from the public and the business community," stated Gilles Lascelle, owner of Jazz Magnolia's and co-organizer of the event. "This was the most successful breakfast I have seen in ten years. The community really came through for them."

Total money raised for the Colts, including the City's share, the breakfast, the silent auction, door donations, call-in donations and the raffle, was $23,645. Cathy Winter, marketing and promotions for Jazz Magnolia's, said "More than 400 people showed up for the breakfast. The support was amazing."

The Colts are in Fort MacMurray until the final game on the 14th. Go Colts! Go!

Story and photo by Chris McPhee

Kinsmen Minor Lacrosse Gets Donation



In its two years of work, the Dave Ezard Athletic Fund has succeeded to support athletes or sports organizations in need of financial help. Monies have been raised through fundraising and donations from the community.

The Fund is now in the process of closing and one of the final donations was to the Kinsmen Cornwall Minor Lacrosse. Shaun Lauzon, co-founder of the Dave Ezard Fund (left) presents a $500 cheque to Grenville Killoran, president of the Minor Lacrosse (right).

"This will very much help in the cost of equipment and referees," said Grenville Killoran. The season for Lacrosse starts the beginning of June.

Story and photo by Chris McPhee

Bridge Results

Martintown Goodtimers - April 25/00

N/S
1. John Roulston - Audrey Blair
2. Isobel Quail - Margaret Kennedy
3. Iris King - Dot Burnett

E/W
1. Marion Thompson - Norah Ruth
2. Charles Thompson - Bob Evans
3. Allan McLeod - Henryk Rzepczyk

May 2/00

N/S
1. Audrey Blair - Phyl MacGrath
2. Ruth Edgerton - Margaret MacLeod
3. Evelyn Warren - Rona Maynard

E/W
1. Rudi Mertl - Finlay McDonald
2. Gilberte Girard - Annette Legros
3. Marion Thompson - Norah Ruth

Cornwall & District Bridge Club
April 13/00

N/S
1. Denise Fournier - Margaret Campbell
2. Francis Jenne - Dick Rewbotham
3. Maureen Walker - Kay Colbran

E/W
1. Jeanine Alain - Richard Fawthrop
2. Steven Lassner - Voytek Pomykalski
3. Lydia Legault - Claudette Rousseau

May 1/00

1. Richard Baird - Bruno Carriere
2. Steven Lassner - Voytek Pomykalski
3. David Kalil - Gordon Lanctot
4. Nelsa Kalil - Lydia Legault
5. Jeana Reilly - Maurice Roussy

Independent Bridge Club - May 3/00
Section "A"

N/S
1. Myrna Carpenter - Nicole Lemieux
2. Charmaine Quenneville - Bob Evans
3. Marion Lloyd - Mona MacPhee

E/W
1. Therese Latour - Georgette Beaulieu
2. Madan Seth - Ben Bouvier
3. Lydia Legault - Charles Payne

Section "B"

N/S
1. Fern Blain - Charles Lawn
2. Verna Beaulieu - Gerry Johnston
3. Jean Stokes - Rita O'Brien

E/W
1. Rhea Petry - Inez Hatfield
2. Fern Carrierre - Margaret Kennedy
3. Marjorie Raymond - Yolande Boutin

Seniors Bridge Club - May 5/00
Section "A"

N/S
1. Carol Reus - Maureen Walker
2. Joan Owen - Diana MacCaulay
3. Mabel Chan - Terry Forsyth

E/W
1. Ben Bouvier - Madan Seth
2. Terri Lalonde - Mel Colbran
3. Marielle & Yvan Morrissette

Section "B"

N/S
1. Helen Alguire - Rita Watzenboeck
2. Rita O'Brien - Bert Chaussé
3. BarbaraTaylor - Muriel Smith

E/W
1. Flo Bergeron - Rita Struthers
2. Marian Lloyd - Brunelle MacDonald
3. Anne Paulin - Fern Emerton

A little exercise can go a long way!
Walking 3 km in 35 minutes can do wonders for your health. It's that simple.
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Royal Canadian Air Cadets
325 Cornwall Kiwanis Squadron
505 Fourth Street, East
Cornwall, Ontario K6H 2J7
Ontario Provincial Committee Air Cadet League of Canada
2000 Annual Lottery, April 28th, 2000
Licence No. P991214

1st Prize - 2000 Chevrolet Astro Van
Ticket #119151: Paola Vit, St. Catharines
2nd Prize - 2000 Chevrolet Malibu - 4 Door Sedan
Ticket #183833: C.J. Richmond, Madoc
3rd Prize - 4 Residual Prizes of $1000. Each
Ticket #014906 Ian Sala, Mississauga
Ticket #144362 Sharon Miehm, Kitchener
Ticket #122430 Julie Prophet, Prescott
Ticket #115213 Glenn Duke, Georgetown

4th Prize - 34 Regional Prizes of $100. Each

157022	154345	125930	116878	103005	029325	066432	085425	161300
053080	092975	070982	130776	045182	149971	046921	105685	150505
182569	192172	074852	100674	035824	070981	097306	119926	150361
	075854	144003	164176	150621	032739	003525	092633	

Congratulations and thank you to all for supporting the Air Cadet League and the Royal Canadian Air Cadets of 325 Squadron Cornwall. Exceptional thanks to all businesses and citizens for their support of our annual tag day. All prize winners have been notified.

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Fine-Tune Your Engine with a Computerized Checkup.*
CHECKUP INCLUDES:
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Mike's May Special 15% off with this coupon BRAKE MAINTENANCE
Mike's May Special $19.95 off with this coupon OIL, LUBE & FILTER TIRE ROTATION BRAKE INSPECTION

Enter to Win Our

Mother's Day Contest!

For Every $20 You Spend ($5.00 at the Food Court), Receive One Ballot!

Every day one name will be drawn for a dozen roses & $100 in Mall Coins.

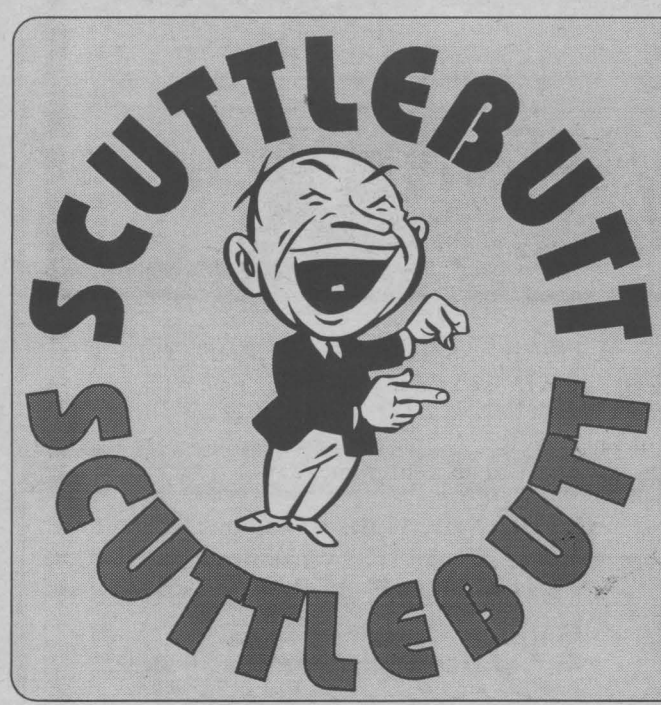
All names will be returned to the draw for the

Grand Prize of a Beautiful Diamond Ring, *courtesy of Mappins!*

cornwall square

The Centre of Our City!

Enter often. Contest runs from May 8 -14



HELLO ... IS THERE ANYONE OUT THERE?
We want to remind everyone out there that THIS IS YOUR PUBLIC FORUM ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8 or by Fax 933-0024 or E-mail your little ditty to us at snews@seawaynews.on.ca

The federal government finally caught up with the people. To all but an ostrich, the idea of an "all Canadian" seaway was just a pipedream. Guess what?? *The government of Canada has finally recognized the obvious.*

Most of us got Good Friday off. If you work for the government, you probably got Easter Monday off too. Gosh, even the banks went back to work on Monday. However, if you are the government, federal that is, **you had two weeks off!!**

Every wonder why ... that painful spot on the elbow is called funny bone? It's actually a nerve that runs close to the surface at the tip of the elbow. But it was once thought that this sharp pain was caused by striking the upper arm bone, the humerus - hence the 'humourous' or 'funny bone'.

Who is paying for the extensive work being done at Ault Park? Is it me and I don't know about it? *Don't we already have an Upper Canada Village?*

Sending a big bunch of **sour grapes to the lady** who made her way to the front of the outside line-up at the McConnell Medical Center Lab on Saturday morning, April 29th to talk to someone she knew. *Instead of resuming your place at the back of the line,* where you had been before noticing this person you knew at the front of the line, *you remained at the front of the line* speaking to that person until the lab door was opened for all of us to go in, and then promptly proceeded to go in right behind your friend, cutting all the rest of us off who had been standing in our "rightful" place in line long before you had showed up. Just wanted you to know this didn't go unnoticed by those of us behind you, and don't understand how you could feel good about cutting in line as you did. *Is this what's meant by Cornwall's being a friendly place to live?*

At the first sign of summer last week, some people were cranking up their air conditioners. After all this cold weather, you think that they would enjoy a little bit of heat!

SOCCER PLAYERS DREAM LAND

SOCCER HAVEN

357 Montreal Road
Phone (613) 938-0240

You know you drink too much coffee when ...

- You don't need a hammer to pound nails.
- You chew on other people's fingernails.
- You get a speeding ticket even when you're parked.

South Stormont is looking to hire someone to run Farran's Park. **What are they paying the Recreation Director for?** *I remember when the other recreation director worked there and SHE handled it all. Time for some changes!!*

LAHAIE & SULLIVAN
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DEMPSTER'S Frameworks

This reader would like to alert the community of a wonderful resource called **"Nancy Beaudette and the Celebration Choir."** They performed a benefit concert on Wednesday, May 10th at St. Columban's East School with the proceeds going to Habitat for Humanity. The next time this wonderful group performs, you should really make an effort to attend, they will more you. In this skeptical day and age, it is a reat treat to see youngsters getting to the beat of faithful music. *To Nancy and the choir ... you really were the best!!*

Cornwall, you haven't disappointed us. **Aline & Dean Brush, Patti & Randy Lalonde** (owners of Joey's Only) would like to thank the citizens of Cornwall and area for making their Grand Opening such a great success. We only strive to serve you better.

Caller would like to **commend the Royal Canadian Legion, Branch 297, for their "Tattoo 2000"** their millennium project that entertained more than 2000 people last weekend. What a show! Congratulations to all individuals in making this such a memorable event.

MY BIRTHDAY SALE CONINUES



Mike Logan
I'LL PAY THE TAXES
NO PST
NO GST
ON EVERY ITEM IN STORE
GREAT SELECTION FOR MOTHER'S DAY
LOGAN'S GALLERY Gift Shop
A Gallery Like no Other
204 2nd St. E. 938-3629

After a preacher died and went to heaven, he noticed that a New York cab driver had been given a higher place than he had. " I don't understand," he complained to St. Peter. "I devoted my entire life to my congregation."

"Our policy is to reward results," explained Saint Peter. "Now what happened, Reverend, whenever you gave a sermon?"

The minister admitted that some in the congregation fell asleep.

"Exactly," said Saint Peter. *"And when people rode in this man's taxi, they not only stayed awake, they prayed."*

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Michael A. Furniss
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Don't know what to buy for that special birthday - **here's a gift that lasts forever.** To make an easy, personalized keepsake for a friend or relative, take a photo of yourself holding a sign that says "Happy Birthday" or anything else you want. Frame it and give it with love.

No more hardened sugar ... over time, brown sugar tends to clump and harden. But you can revive it by placing a slice of fresh bread in with the sugar in a plastic bag for several hours.

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55WATER STREET WEST - 938-8591 - www.advantagesadvertising.com

Great to see so much weekend activity resuming out at Gray's Creek with the Gray's Creek Flying Club.

Seaway News would like to wish all "Mothers" a very "Happy Mother's Day" on May 14th.

It must have been a big one ... 'cause **Mike Logan** is still celebrating his birthday over at 204 Second Street East.

Thank God for 'Mothers' ... your special day is May 14th, so put your feet up, relax and enjoy your day.

MIKE'S FUN FACTORY

WE LOVE MOM
MOMS PLAY 1/2 PRICE

Fri, Sat, Sun - May 12,13,14 when accompanied by a child.

18 Hole Mini Golf • Batting Cage • Space Maze • Arcade (Pool Tables, Air Hockey, Large Assortment of Video & Ticket Redemption Games)

1020 Montreal Rd 938-1619

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start. The "Smile" can be accessed via the internet too!
http://www.advantagesadvertising.com
Your own submissions are always welcome!
Send them to
smile@advantagesadvertising.com

Driving

A young boy had just gotten his driving permit. He asked his father, who was a minister, if they could discuss his use of the car.

His father said to him, "I'll make a deal with you. You bring your grades up, study your bible a little, and get your hair cut, then we will talk about it."

A month later the boy came back and again asked his father if they could discuss his use of the car.

His father said, "Son, I'm real proud of you. You have brought your grades up, you've studied your bible diligently, but you didn't get hair cut!"

The young man waited a moment and replied, "You know dad, I've been thinking about that. You know Samson had long hair, Moses had long hair, Noah had long hair, and even Jesus had long hair."

His father replied, "Yes son, and they walked everywhere they went!"

LOOK THE SITE FOR SAVINGS!
SEE SHAWN, RON or DANIELLE

Shawn is showing a





99 EXPLORER XLS
4x4, 4 dr., fully loaded, only 14,000 km

Ron says take a look





99 MERCURY GRAND MARQUIS GS
fully loaded, only 28,000 kms

Danielle is Presenting





98 NORTHWOODS WINDSTAR
fully loaded, only 50,000 kms

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Sales • Service

Grooming is a vital part of your cat's health. Just a few minutes a day reduces the risk of external parasites and skin problems. And daily brushing decreases hairball formation. Also, if your dog's coat is heavy, trim it to one inch long, any shorter leaves him unprotected from the sun.

Good luck to St. Joseph Secondary School Reach team who are off to the Provincials this weekend in Kingston.

Runicki's Rule - that which cannot be taken apart will fall apart.

The main post office on Second Street should check their outside mailboxes more often. They are usually overflowing by 4 p.m. most days.

Ginger sends puppy kisses to her favourite Aunt and #1 puppy-sitter for Mother's Day. Hope you have a wonderful day.

Here's a great gift that will last a lifetime. When throwing a bridal shower, ask guests to bring a copy of their favourite recipes. Then insert them into a photo album as a gift for the bride-to-be. In an instant, she has a life time's worth of treasured recipes at her fingertips.

Thought for the week ... it is easier to suppress the first desire than to satisfy all that follow it.

Benjamin Franklin

Happy Mother's Day on May 14th to the world's greatest Mom ... **Eleanor Doyle** ... ***with lots of love, Kelly!!***

A wonderful **Spring Concert** put on by the kindergarten classes at **St. Columban's West**. A great job by the teachers and students!!

Happy Mother's Day to my beautiful 'momma' ... **Edna Benton** ... all my love, Colleen!! Hope you have a great day!

Congratulations to
Bill & Eileen Johnston
celebrating their
Golden Anniversary
on May 12th
Best wishes from your children for many more years of health & happiness

Wedding Reception
in honour of
Ben Koop & Jan Nixon
They invite their friends to join them
at 8:30 pm on Saturday, May 20th, 2000
MacDonell's Inn
D.J. ~ Light Lunch ~ Everyone Welcome

LET'S CELEBRATE

Bravvos

Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News

Gedoro's
Fine Dining in Casual Comfort
Join us for your 1st celebration of the Millennium and receive ... • free cake • free photo card and a chance at our monthly draw!!

MONTHLY DRAW
Each month all celebrant's names will be put in a draw for a $100 Snack Party plus a Dining Card Value $235.

This week's winner
BILL & EILEEN JOHNSTON
pick up your prize at Gedoro's!

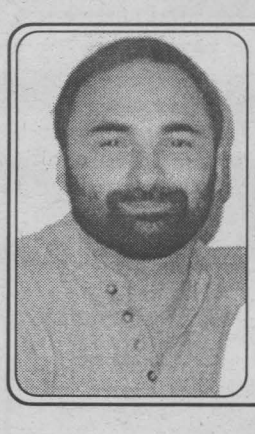
TO PLACE YOUR AD
Phone or Write Your Ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week

DEADLINE: 5 PM TUESDAY

MIXED PARTY



in honour of
Chatalle Paquette
daughter of Mr. & Mrs. Laurent Paquette
&
André Chénier
son of Mr. & Mrs. Michel Chénier
Sat., May 13th, 2000 9:00pm-1:00am
Murphy's Inn 917 2nd St. W.
D.J. ~ Light Lunch ~ Everyone Welcome

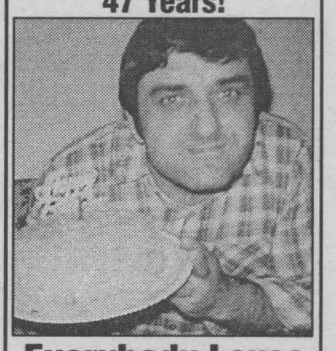


Lordy, Lordy
PAUL LATOUR
is turning 40
on May 15th
Love Lisa, Monika & Emily and the in-laws

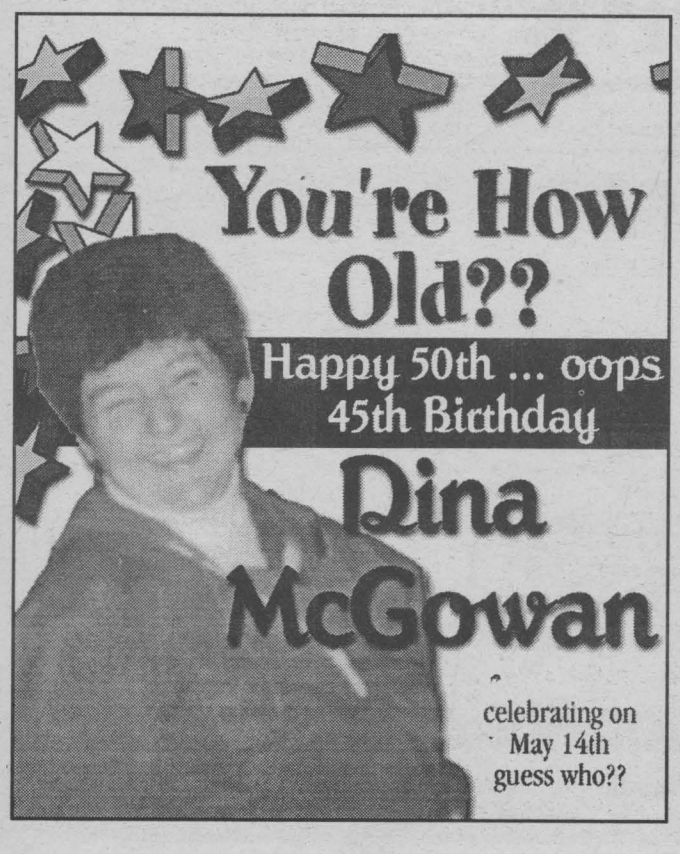
Happy 36th Birthday Mom
Tina St. Martin
celebrating on May 11th
Love, Brandon, Kaithlyn & Denis



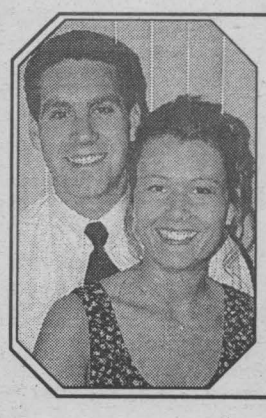
Happy Birthday
Look Who's Going on 50!! Ha! Ha!
RAYMOND LECLAIR
celebrating on May 17th ...
47 Years!



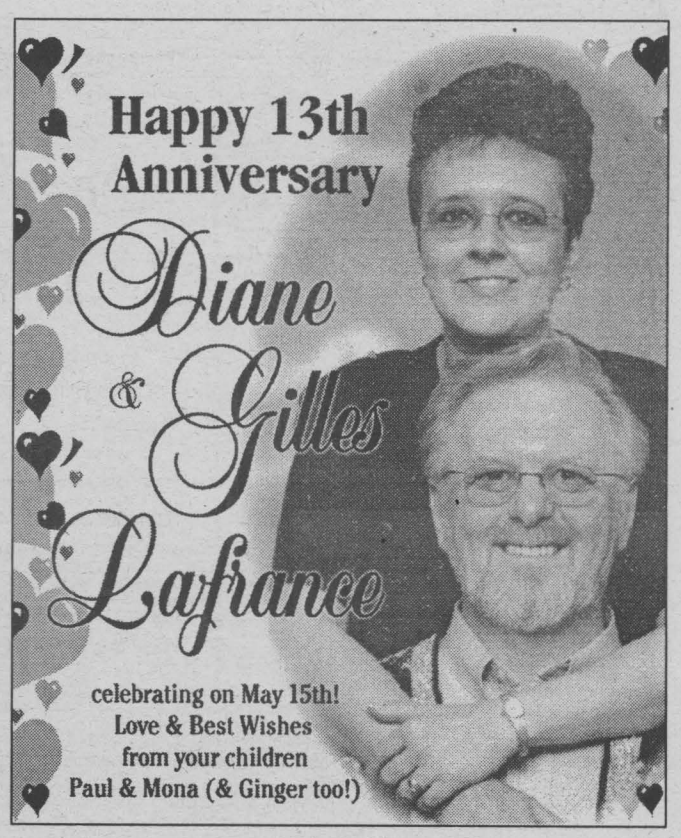
Everybody Loves RAYMOND
Love, Louise Sophie, Charles, Princess Suzanne Leclair, grandchildren Christopher & Kayla







Mixed Party
in honour of
Joseé Menard & Joey Lalonde
Friday, May 19th 9:00pm
Murphy's Inn 917 2nd St. West
D.J. ~ Light Lunch ~ Everyone Welcome



FINANCIAL ADVICE

INVESTING - PLANNING & MORE

The Key Ingredients That Make Up Your Investment Mix



Jim **WATSON**
Personal Investment Manager

Let's have a quick look at the three asset classes and the types of investments you may select from within each class.

Cash. Cash investments, such as savings accounts, cash equivalent mutual funds and cashable GICs are held in an investment portfolio to provide liquidity and safety. While these investments generally do not offer high returns, they are also designed not to decrease in value and therefore provide stability for your portfolio. The more risk averse you are and the closer your investment horizon, the greater the cash component of your portfolio will be.

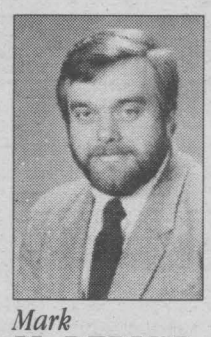
Income. Income investments, such as Guaranteed Investment Certificates (GICs), bonds, income mutual funds, preferred and high dividend common shares, are held in an investment portfolio to create a regular stream of income. GICs also add security to your portfolio as the principal value and interest payment do not change during the life of the investment. The principal value of bonds and income mutual funds will fluctuate with changes in interest rates. However they generally provide a consistent level of income. This component of an investment portfolio will be greatest for investors who require regular investment income.

Growth. Growth investments such as Stock-Indexed GICs and equity mutual funds, are held to provide long-term capital appreciation. These investments offer the highest potential long-term return, however the market value of growth investments can fluctuate within a broad range. Investors with a long investment horizon and little need for income should generally hold a large portion of their portfolios in growth investments.

This article was supplied for Jim Watson by Bank of Nova Scotia.

PLANNING YOUR FUTURE

Are Mutual Funds For Me?



Mark **McDERMID**

To be a successful investor you don't need $75,000., years of experience, subscriptions to the best investing newsletters, and the time to read them. All you need is a good mutual fund manager.

Mutual funds are composed of investors just like you who have mutually decided to pool their money and hire a professional investment manager. You don't even have to round up all your friends and convince them to invest with you. Existing mutual funds are offered by investment companies, banks, trust companies, credit unions, insurance companies, even professional organizations.

The advantages of mutual funds are professional management and investment diversification. By not centralizing all your funds in one specific investment, you reduce your risks while increasing the possibility of gains. Because mutual funds are generally regarded as long-term investments, you don't have to worry about them daily.

Mutual funds have differing objectives. Some may concentrate on speculative growth investments, others on preservation of capital and a steady income. The trick is to find a fund which shares your objectives. Mutual fund portfolios may include common stocks, preferred shares, bonds, treasury bills, precious metals, and real estate in any combination.

Day-to-day investment decisions are made by the fund manager who decides the asset mix within the objectives of the fund.

Open and Closed Funds

Most funds are open-ended, which means there is an unlimited number of units offered and investors are able to contribute and withdraw money whenever they choose. The amount contributed is divided by the current unit value to determine how many units are purchased. The amount withdrawn is divided by the current unit value to determine how many units are to be redeemed.

With open funds, you have the additional option of reinvesting proceeds from the fund, such as dividends, or receiving the proceeds outside the fund.

Some funds are closed-ended, which means there is a fixed number of units for sale. Closed funds are usually traded on an open stock exchange for less than their underlying value, and you can't buy or sell unless there is another willing seller or buyer.

How Do I Know How My Investment Is Doing?

The total value of the fund is called the net asset value, or NAV. This is calculated by taking all the fund's investments at market value and subtracting management fees. Dividing the NAV by the number of units sold determines the net asset value per share, or NAVPS.

The NAVPS is calculated on a daily or weekly basis (except for real estate funds, calculated monthly) and printed in the mutual fund tables of The Financial Post or the Report on Business section of The Globe and Mail.

You will also receive quarterly and annual reports on the performance of the fund and, if you choose automatic reinvestment of any proceeds, notices of the additional shares purchased.

What Are The Costs For Mutual Funds?

There are varying costs for mutual fund professional management. There may be commissions on the purchase of units, which are payable either to a broker or directly to the fund management company as a "front-end load." Front-end loads are usually negotiable. There may be redemption fees for withdrawals called "back-end loads" calculated on your original capital investment or the market value. Back-end loads usually decline the longer you keep your money in the fund.

There are on-going management fees charged by the fund manager for research, buying and selling investments for the fund, and issuing reports. These generally range from 1% to 3% of the fund's total assets for the year.

Fees do not always reflect the performance of the fund. Since mutual funds are generally regarded as long-term investments, annual management fees are usually more important than loads.

So Are Mutual Funds For Me?

Professional management, diversification, and long-term gains are the benefits of mutual funds. Your financial advisor or broker can advise you on which mutual funds are best for you and your investment goals.

If you prefer spending time with your children or learning to play the zither to poring over daily investment reports, then mutual funds may be for you.

Mark McDermid is an independent financial advisor sponsored by Balanced Planning Investment Corp.

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Ya say your old car's so flimsy they have to set the car wash on delicate before you go through? Well, cheer up.

THE ALL-NEW 2001 SENTRA



Sentra SE model shown

• 126-HP 1.8-litre engine • Air conditioning
• 4-speaker AM/FM with CD audio system
• Colour-keyed body side mouldings and door handles
• 8-way adjustable driver's seat • Centre console armrest
• Vanity mirrors, and more...

Sentra XE starts at $15,298
Sentra XE with Value Option Package only **$16,398**
–OR–
Lease for only **$198/mo.** for 48 months only $1,500 down

THE 250-HP 2001 PATHFINDER



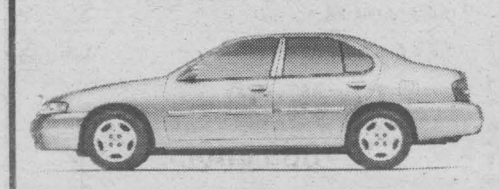
Pathfinder LE model shown

• **Power Changes Everything** – 250-HP 3.5-litre DOHC engine • 265 ft-lb torque @ 3,200 RPM • All-Mode 4-wheel drive (automatic 4-wheel drive selector dial) • 240-HP 4-speed automatic with overdrive • Fuel tank skid plate • 16" alloy wheels • Air conditioning • Bose® acoustically tuned audio system • Upgrade 6-disc in-dash CD autochanger • Power sliding glass sunroof • And much more...

Pathfinder XE starts at $34,700
Pathfinder SE automatic only **$40,200**
–OR–
Lease for only **$488/mo.** for 48 months only $4,000 down

The Nissan Enjoy the Savings Event continues and now includes our new 2001 models!

2000 ALTIMA GXE



• 155-HP 2.4-litre engine
• 100-watt AM/FM/CD audio system
• 4-speed automatic transmission • Air conditioning
• Remote keyless entry system with panic alarm
• Dual airbags • Power windows, mirrors, door locks, trunk release, and more...

get **2.8%†** financing –OR– LOW LEASE RATES –OR– special cash purchase price **$21,498**

Altima: "Best Entry Midsize Car in Initial Quality in the U.S., 3 out of the last 4 years."†
– J.D. Power and Associates

2000 MAXIMA GXE



• 222-HP 3.0-litre V6 engine • Automatic transmission
• 6-speaker 120-watt AM/FM/CD with cassette audio system
• Automatic climate-control air conditioning
• Anti-theft system • Heated power driver's seat
• Remote entry system, and more...

get **2.8%†** financing –OR– Lease for only **$368/mo.** for 48 months with $4,500 down

2000 Maxima GXE: "Car of the Year Award Winner for Best New Family Car" (more than $25,000)
2000 Maxima SE: "Car of the Year Award Winner for Best New Sports Sedan"
AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

With finance rates available from 2.8% you save up to $2,830.68, see how:

Financing cost	$30,000 financed*	$20,000 financed**
At 8.6% typical bank rate as of March 31, 2000	$4,143.12	$2,762.08
At 2.8% special Nissan finance rate	$1,312.44	$874.96
YOU SAVE	$2,830.68	$1,887.12

Catch the savings before they're all gone at www.smile-event.com

NISSAN
DRIVEN.

Smart people always read the fine print. And they always wear their seat belts. Limited-time lease offers on 2001 Sentra XE with value option package (C4LG51 BK00); 2001 Pathfinder SE Automatic (5CSG71 AE00); 2000 Maxima GXE (U4RG70 CK10). 48-month lease: 6.8%/7.8%/7.8% ALR, down payment or equivalent trade of $1,500/$4,000/$4,500. Leases based on a maximum of 80,000 km/96,000 km/96,000 km with excess km charged at $0.10/$0.08$0.08/km. All offers are O.A.C., and exclude destination and delivery (Sentra $857/Pathfinder $972/Altima $915/Maxima $966), licence, insurance and taxes. †2.8% financing available on Altimas, based on $23,798 MSRP, Maximas for terms up to 36 months. *Financing examples: $30,000 at 2.8% per annum equals $869.79 per month for 36 months. COB is $1312.44 for an obligation total of $31,312.44. $30,000 at 8.6% per annum equals $948.42 per month for 36 months. COB is $4,143.12 for an obligation total of $34,143.12. **Financing examples: $20,000 at 2.8% per annum equals $579.86 per month for 36 months. COB is $874.96 for an obligation total of $20,874.96. $20,000 at 8.6% equals $632.28 per month for 36 months. COB is $2,762.08 for an obligation total of $22,762.08. See your Nissan Dealership for details. †The Nissan Altima was the highest-ranked Entry Midsize Car in J.D. Power and Associates 1996-97 and 1999 U.S. Initial Quality Studies 2.™ 1999 study based on a total of 41,004 consumer responses indicating owner-reported problems during the first 90 days of ownership. DRIVEN and the Nissan logo are Nissan trademarks.

Hamburger Buns



99¢ Doz.
1 Doz. per customer
Coupon expires May 25/00

Buns Master Bakery®
900 Pitt Street, Cornwall 938-6341

SEAWAY BARGAINMART

DEADLINE: WEDNESDAY 5 pm

933-0015

Circulation: 33,986 copies

MasterCard VISA

Ontario Community Newspaper Association

BLANKET CLASSIFIED ADVERTISING

ALL ONTARIO INSERT
188 Newspapers, Min. Cir. 1,499,490
CROSS CANADA INSERT
590 Newspapers, Min. Cir. 4,623,738

CALL FOR DETAILS
SEAWAY NEWS Tel.: (613) 933-0014
Fax: (613) 933-0024
e-mail: snews@seawaynews.on.ca

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $8.50/week 24 words or less, (25¢ each additional word per week).
- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

DON'T NEED A PARTNER to feel complete? Just want someone special to share your life with? Misty River Introductions - Cornwall's traditional matchmaker at 613-257-3531.

2 APTS/CONDOS FOR RENT

WATER ST. near Gloucester. Small downstairs 2 bdrm apt. No furniture or appliances supplied. No washer/dryer hook-ups. $400/mth, everything paid. Call 933-7516.

ADULT ENTERTAINMENT

✓ Lingerie
✓ Adult Books
✓ Novelties

• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • **MUCH MORE**

EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd.,Massena
South 2 miles to Don's Orange Mini Mart
315-764-7145

625 ST. FELIX, 1 bdrm upstairs, washer/dryer hook-ups, $400/mth, plus utilities. 621-A St. Felix, 1 bdrm basement, $325/mth, plus utilities. References. No pets. 347-3248.

CLEAN 2 & 3 BDRM apts. Upstairs & main floor. Laundry room, parking. $365. & $500/mth, plus utilities. No pets. References req'd. 314-A & B Louisa. Call Carole, after 3:30pm, 932-6747.

APARTMENTS FOR RENT

bachelor, 1&2 bdrm.
security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30

619 RIDLEY AVE. Secure building. 2 bdrm apt. Available May 1st. Laundry facilities, fridge, stove, parking, utilities included. $565/mth. Call 938-7286 before 8pm.

NEAR NATIVITY - 2 bdrm upstairs & 1 bdrm downstairs. Both have fridge, stove, parking, laundry hook-ups, hardwood floor, $425/mth, plus utilities. Near St. Columbans, 1 bdrm upstairs, all hardwood floors, clean, cosy, ideal for single or couple, $350/mth, plus utilities. Call 933-4780.

2 BDRM APT, avail. now, $536/mth. Also, 1 bdrm apts, $456/mth. All includes heat, lights, fridge, stove, laundry & parking. Call 933-7562, 933-8055 or 932-4021.

2 BDRM APT - Available June 1st. $435/mth, includes utilities, fridge & stove. No pets. Located at 225A Guy St. Local call 361-0248.

CENTRAL, MODERN, quiet, small complex security building, 2 bdrm, large kitchen, new carpet, freshly painted, laundry fac., storage room, fenced yard. Avail. May 1st. $550/mth. 937-3253 or 347-2773.

DOWNSTAIRS 1 BDRM apt. Parking, washer/dryer hook-ups, 2 porches, backyard. $439/mth, all utilities included. 217 Belmont. Call 930-9242.

INGLESIDE - AVAIL. JUN.1ST. Great location. 1 bdrm apt, $420/mth, includes utilities, fridge & stove. 3 bdrm apt, washer/dryer hook-ups. Call 347-3247.



MARKETPLACE

"Advertise Across Ontario or Across the Country"

COMING EVENTS

CANORA SASK MILLENNIUM 2000 Homecoming Reunion. August 4-7, 2000. For information or to register www.canora.com e-mail: townofcanora@sk.sympatico.ca, Box 2000, Canora, SK, S0A 0L0. Fax: 306-563-4336.

BUSINESS OPPS.

COLLECT CASH! Coke, Pepsi, Frito Lay, Mars. Re-fill unique vendors in your area. F/T, P/T. No selling. Min. investment $13,980. Call 1-888-577-5376(24hrs) Member of B.B.B. and D&B.

INVENTORS - PRODUCT IDEAS WANTED! FREE INFORMATION PACKAGE. Develop and professionally present your new product idea to manufacturers through Davison, an award winning firm. Patent assistance available: 1-800-677-6382.

COMMUNITY HOME-BASED TRAVEL BUSINESS. Turn-key operation. 100% daily support. Earn while you learn. CALL 1-800-561-9999 for info-pack. Ontario license #2122091. WEB: www.travel-source-network.com

Dealers wanted in your area for a new nation-wide cellular & paging company. High margins with lucrative market potential. No start-up costs, membership or franchise fees. If you are currently involved in any aspect of retail sales and would like to obtain information on how you can offer these products in your store, Please Call 519-253-1443.

4TH YEAR $UCCESS!!! Pay off your credit cards and other bills in 90 days...No $elling - Nothing like it Anywhere!!! 1-800-811-2141, extension 119760. http://www.topsecretsinc.com/main.phtml?119760.

BATHTUB REGLAZING FRANCHISE available in your area. Low investment. Full training includes transportation and accommodations. Equipment included. Very Lucrative www.probathglaze.com 1-888-539-7558/1-888-656-6520.

COMPUTER USERS! Earn substantial $$$ copying powerful new disk. Your own business. FREE information kit. Send SASE today to: GR8HomeBiz, P.O. Box 40085, 2515 Bank St., Ottawa, Ontario K1V 0W8.

OPPORTUNITY IN YOUR COMMUNITY. Box Office Movies has franchise opportunities in your area. Complete training & support. Great opportunity to have your own successful business. CALL 1-800-324-5282.

UNPRECEDENTED OPPORTUNITY. An established Canadian franchise in bottled water is expanding its product focus to incorporate an explosive e-commerce opportunity. Complete turnkey with guaranteed territories from $7,500. Call Les 1-888-928-2582.

DISTRIBUTORS REQUIRED for m&m's official licensed product. First time in your area. Minimum investment $10,950. Your investment is guaranteed. Substantial $$/yr. potential. For details 1-877-448-7744 (24)

CAREER OPPS.

WANT AN EXCITING PART-TIME JOB OR A GREAT NEW CAREER? Discover C & M GIFTS' unique line of Home Decor, Kitchen Accessories, and Christmas Treasures. CAll 519-258-7905, Fax 519-258-0707 for free catalogues and information.

CAREER TRAINING

Exciting well paid careers in computer programming and internet website design. We will prepare suitable applicants. Ministry of Education Registered Home Study Diploma Program. Financial assistance, loaner computer systems and job placement tools available. No experience necessary. 1-800-477-9578 www.cmstraining.com

COMPUTERS

ON THE SPOT FINANCING. Intel Pentium II and III fully equipped computers starting at $59/mo. Home Theatre Packages, including 27" to 50" TV, HiFi, 4 head VCR and a Surround Sound Home Theatre System starting at $69/mo. Treadmills and Home Gyms starting at $27/mo. Attention: From now until May 30th, 2000, obtain a free Nokia Cellular phone with any cellular phone activation. 1-888-722-9009 extension 620 or visit us at www.avenisdirect.com. Free 4 years internet with any purchase.

EDUCATIONAL OPPS.

COUNSELLOR TRAINING INSTITUTE offers distance learning and on campus courses for certificate and diploma programs. Course catalogue 1-800-665-7044 www.counselortraining.com

FOR SALE

SAWMILL $4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Norwood Industries, manufacturer of sawmills, edgers & skidders. Free information 1-800-566-6899.

HOME THEATRE LIQUIDATION! No money down. Only $99./month. It's like having a movie theatre in your own home. First 50 callers receive free satellite dish with purchase. Toll free 1-888-528-8818.

WHY RENT-TO-OWN A 27" TV for $110/MTH? You can get a Stereo System or Camcorder PLUS a 27" TV & Computer ALL for only $99.00/mth! 1-800-267-9466 Free Delivery!

LOVE SPORTS? Enhance your fun and knowledge - Own and manage your own fantasy team! Baseball, Hockey, Football, Basketball. FREE brochure. Scoresheet Sports 905-659-3544 email:scocan@netaccess.on.ca

TWO YEARS FREE INTERNET with any purchase! New computer systems with printer starting at $59/month. Home theatres including 27" to 50" TVs, HiFi 4 head VCR, 5 speaker compact stereo system, $69/month+. Treadmills, home gyms, starting at $27/month. Free cellular telephone with activation. INSTANT CREDIT! Call today 1-888-722-9009, ext. 304. www.aventisdirect.com

HELP WANTED

NURSE IN NUNAVUT - Inpatient Ward, Emergency, OR, Public Health, Home Care and Outpost Health Centre Nursing positions are available now in Nunavut. Salary range from $51,753 to $71,452 plus Northern Allowance up to $13,965, recruitment bonus, relocation and housing assistance. Expand your professional knowledge in Canada's newest territory. For more information contact: Government of Nunavut, Health & Social Services 1-800-663-5738 by Fax to (876)979-7404 or E-mail to tnewbery@gov.nu. Call today!

A-Z DRIVERS WANTED

OWNER OPERATORS & COMPANY DRIVERS. We are a secure, family owned company who respects family values and is focused on keeping good operators and drivers. We offer good miles, competitive rates, capped fuel prices and team schedules. Give us a call.1-800-567-3656. ARNOLD BROS. TRANSPORT LTD.

SALES HELP WANTED

$$CHOCOLATES$$ Attention students. Make lots of money selling chocolate bars. New products available, fast delivery. Fund Raising available. Call now 1-800-383-3589

LEGAL SERVICES

PART-TIME/FULL-TIME. Work your own hours from home. 3/yrs. Advanced Commissions with almost no competition. Residual income potential. Call for initial recorded information by Ind. Associate 416-763-9090.

REAL ESTATE

GOT A CAMPGROUND membership or timeshare? We'll take it! America's oldest and largest resort resale clearinghouse! Resort Sales International 1-800-423-5967

STEEL BUILDINGS

STEEL BUILDINGS....*Rock Bottom Prices!*Go Direct and Save. 25 x 30 $4,200.00. 30 x 40 $6,150.00. 32 x 50 $8,700.00. 35 x 50 $10,530.00. 40 x 60 $10,355.00. 48 x 90 $14,788.00. Many Others. Pioneer....1-800-668-5422.

FUTURE STEEL BUILDINGS. Durable, Dependable, Pre-Engineered. All-Steel Structures. Custom-made to suit your needs and requirements. Factory-Direct, affordable prices. Call 1-800-668-5111, ext. 536 for free brochure.

STEEL BUILDINGS. Limited sizes many below wholesale. Factory direct. 20 year warranty. Sold on first come basis. Act now and save. Toll Free Call 1-800-606-1288

VACATION/TRAVEL

TIMESHARE RESALES. To buy, sell or rent worldwide. World's Largest Reseller. ERA STROMAN SINCE 1979. Buyers call 1-800-613-7987. Sellers call 1-800-201-0864. Internet www.stroman.com.

• It's Affordable • It's Fast • It's Easy • One Bill Does It All
• Northern Ontario $79 • Eastern Ontario $140
• Western Ontario $130 • Central Ontario $136 • All Ontario $395
• National Packages Available • Call this paper for details!

Price Meltdown

PAUL'S PICK OF THE WEEK

95 HONDA CIVIC
3DR. HATCH
5SP. RED



May not be exactly as illustrated

only **$9495.00**

QUALITY PRE-OWNED VEHICLES

2000 DODGE DURANGO 4x4, , loaded, slt 3dr seat, 900 kms, ... **$38,995**
99 CHEV 1500 SILVERADO P/U, 6 cyl., auto., ... **$16,995**
99 CHRYSLER INTREPID, 4 dr., loaded, only 26,000 kms .. **$18,995**
98 PLYMOUTH VOYAGER 4 dr., van, CD player,57,000 km .. **$15,995**
98 VOLKS BEETLE auto, loaded, ... **SOLD** ... **$19,800**
97 CHEV CAVALIER Z22, ... **SOLD** ... **$9,995**
97 CHEV SAFARI VAN, 8 pass., air, 73,000 kms, ... **$13,995**
97 FORD AEROSTAR AWD, van,loaoded, ... **$9,495**
97 DODGE GR. CARAVAN ,load,rear air, 72,000 kms, ... **$16,995**
97 GMC SIERRA ,ext cab, shorts box,p/u, air, tilt cruise **$16,995**
97 SATURN, 4 dr.,over 2 models to choose from **$8,995**
97 CHEV LUMINA, 4 dr.,auto,loaded,air **$9,495**
96 TOYOTA COROLLA DX, 4 dr., auto., 88,000 kms, **$11,995**
96 PONTIAC SUNFIRE, 4 ... **SOLD** ... **$8,495**
95 CHEV , reg cab, 8 ft. box, ... **SOLD** ... **$13,995**
95 GMC SAFARI, van, red, ... **SOLD** ... **$9,995**
95 CHEV CAMARO CONV., 350 motor, black on black, ... **$21,995**
94 MAZDA, reg cab, p/u,4 cyl., auto, red **$7,400**
94 CHEV CALALIER, 4 dr. ,grey, auto, ... **$5,995**
94 CHEV BLAZER, 4 dr. ,blue, 4x4, loaded, ... **$9,995**

$8995.00 SPECIALS YOUR CHOICE

97 CHEV CAVALIER, 2 dr., 2 dr, green, auto, 51,000 km **$8,995**
96 PONTIAC SUNFIRE, green, 2 dr., ... **$8,995**
96 FORD ESCORT, 4dr. auto.,loaded **$7,995**
96 SATURN, 4 dr.,, auto., air, ... **$8,995**
95 CHRYSLER INTREPID, ... **SOLD** ... km .. **$8,995**

BANK FINANCING AND EXTENDED WARRANTIES AVAILABLE

FITZGERALD MOTORS LTD.



PAUL

125 Cornwall Centre Rd.
Cornwall
932-4514
~~~~~~~~~~~~~~~~~~~~~~~~~

02 - APARTMENTS FOR RENT

ACE PROPERTY MANAGEMENT — **936-1533**
"Let us find you a place at no charge!"

APARTMENTS

ONE BEDROOM
*Belmont St., upstairs, appliances $315.+
*4th St. W., upst balcony, appli., $425 incl.,
*Baldwin, upstrs, appli, BBE, porch, $450 incl.
*North End bsmt. appli., air, new kit $525 incl.

TWO BEDROOM'S
*Bedford, hrdw floors, free laundry, $500-$525 incl.
*205A Easton, appl. parking, $490 incl.
*6th St. lrg, newly reno, prk, $550 incl.
*146 4th St. E. upst., balcony prk, $395 +

THREE BEDROOM APTS
*Executive style, well decorated, 4 appli, $725 + July
*210 14th St. W. large., bsmt, $500+, avail. June

APT/ SECURITY BUILDINGS

805 MARLBOROUGH ST. N.
(SECURITY)
Large 1, 2, & studio units, $380 to $575
Utilities, appliances, parking included

HOUSES, TOWNHOUSES, SEMI'S
Augustus St. 2 lrg., 3 bdrm., townhouses $650 + June & July

ATTENTION LANDLORDS
With Vacant Apartments/ Houses
We have an ongoing list of tenants requesting 1, 2 & 3 bedroom units & single homes
LET ACE RENT YOUR PLACE

226A ST. FELIX. Available immediately. 2 bdrm upstairs apt. Washer/dryer hook-ups, newly renovated, balconies, new cupboards, 4-pce bath, parking. $300/mth, without utilities. 347-7741.

CONVENIENT WALKING to downtown & bus stop. 1 & 2 bdrm apts available in clean quiet bldg. Fridge, stove, heat, hot water included, hardwood floors throughout. First & last required. (613)543-2401.

TWO BDRM UPSTAIRS apt. Fridge & stove, laundry hook-ups, parking, yard. Clean & bright. Walking distance to college & malls. $525/mth, utilities included. Pets permitted. Call Frank 931-2327.

CARLETON ST. Available immediately. 2 bdrm apts. 1 upstairs with fridge & stove. 1 downstairs. $425/mth & $325/mth. Call 931-2324 or 933-2527.

SPACIOUS 2 BDRM apt, 2nd floor, quiet location near water & park. 19A Louisa. Laundry hook-ups. No pets. $485/mth, with utilities. Call 931-1041.

CENTRAL LOCATION - Quiet bldg. 2 bdrm apt. Fridge & stove, laundry hook-ups. Available now. $630/mth, plus utilities. Credit rating req'd. Call Richard 930-2195.

CLEAN, LARGE 2 BDRMS - laundry hook-ups, utilities, $550/mth. Cozy 1 bdrm, ground floor, fridge, stove, utilities, $430/mth. Bachelor, fridge, stove, utilities, $375/mth. Studio, fridge, stove, utilities, $350/mth. Sorry, no dogs. 938-3936.

CLEAN 2 BDRM. $345/mth, plus utilities. Washer/dryer hook-ups, parking, gas heated, front balcony. 228-A McConnell. 933-8382.

SEAWAY Property Management SERVICES
RECENTLY RENOVATED

59 Lefebvre Ave, 2 brs, main flr, incl.	$430
57-A Lefebvre Ave, 2 bdrs, main flr, incl.	$430
1001-A Tenth St., 2 brs, main flr, incl.	$575
316-3 Marlborough St, bach.	$310
1005-2 Tenth St. W., work shop or storage area, 945 sq.ft., elec. incl.	$450 +GST

CALL DAN LANDRIAULT 938-1574

SPACIOUS 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

2 BDRM UPSTAIRS APT, east end. Avail. June 1st. Ideal for single or couple. Inside private entrance, balcony, parking, backyard, newly decorated & painted. $380/mth. Call 932-6326.

1 & 2 BDRM APTS, Ingleside, beside park, starting @ $300/mth. 2 bdrm apts, Riverside Heights near Morrisburg, starting @ $375/mth. Call 543-3604 home or 932-0717 work.

TWO BDRM APT on Walton. $375/mth, plus utilities. Fridge & stove. Also, one bdrm apt, $350/mth. No dogs. Use of backyard. Call 936-6961.

INGLESIDE VILLAGE. 1 & 2 bdrm apts. Fridge, stove, carpeted, laundry room, security bldg, plug-in parking. References. Call 933-8404.

INGLESIDE - 2-2 bdrm apts. Available May 1st. $350 & $325/mth, plus utilities. Parking. Call 534-2875.

MARLBOROUGH ST. N. near Hotel Dieu Hospital. Bright 1 bdrm upstairs apt, $430/mth, no electricity. Fridge &-stove included. Partly furnished, parking. Quiet people preferred. Call 527-5381.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

2 BDRM UPSTAIRS APT, east end. Avail. June 1st. Ideal for single or couple. Inside private entrance, balcony, parking, backyard, newly decorated & painted. $380/mth. Call 932-6326.

1 & 2 BDRM APTS, Ingleside, beside park, starting @ $300/mth. 2 bdrm apts, Riverside Heights near Morrisburg, starting @ $375/mth. Call 543-3604 home or 932-0717 work.

TWO 1-BDRM APTS, fridge & stove included. All available June 1st. Prince Albert St. location, close to college. Please call for terms or conditions. 933-0560.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

AVAILABLE IMMEDIATELY, 1 bdrm partly furnished apt. References. No pets. Quiet people only. $375/mth, utilities included. Call 938-6442.

AVAILABLE JUNE 1ST - 1 bdrm apt. 4-pce bath, parking, fridge & stove. $390/mth, utilities included. No pets. Call 933-6768 to view.

4 HOUSES FOR RENT

3 BDRM HOUSE. Central location, central air, fenced yard, garage, natural gas heat & hot water. $600/mth, plus utilities. First & last. No pets. Available July 1st. 933-0774.

OFF HWY. 138 - 3 bdrm house, $650/mth, available immediately or June 1st. No pets. Avonmore, 2 bdrm house, $450/mth, available July 1st. No pets. Both in country setting. 538-2840.

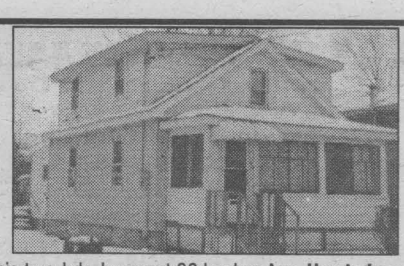
5 HOUSES FOR SALE

2 BDRM BUNGALOW on full lot. Open-concept, 4-pce bath, forced air oil furnace. 12-ft right-of-way on St. Lawrence River. Summerstown, Malibu Lane. Call 936-8024.

OPEN HOUSE
Sunday, May 14th
1 pm - 4 pm
162 Emma Ave.
932-3796



4 bdrms., 1-1/2 bath, new kitchen & bathroom, central air, great location.
ASKING $88,000



This two-bdr. house at 36 Lauber Ave. **Has to be sold** to settle an Estate. It is situated on a 40' by 140' lot, private driveway, single-car garage. It has a full-sized bsmt., oil furnace and some baseboard elec. heat, 200-amp. Electric Service. Priced to sell at **$48,000.00.** For furthur info. phone **932-4781.**

WE CAN BUILD ON YOUR LOT OR IN...
LYNWOOD FOREST
DEAN DR. & JO-ANN CRES.
the FAIRWAYS
Sunrise Creek
MENARD BROS. & ASSSOCIATES LTD.
932-7686 ext. 127
938-0031 (after hours)
Give Guy Menard a call today...
Visit us at: www.menardbros.on.ca

AUCTIONS

REAL ESTATE AUCTION
Saturday, May 27th
2:00 pm sharp!
10 Gulf St. (West End of 3rd St.) Cornwall

TO BE SOLD ON SITE: 1162 sq ft. 3 bedroom, 2 storey house on 34' x 95' lot. F.A. oil heat - central location presently rented @ $500.00 mo. plus utilities. Tenant would like to stay.
It **will be sold** subject **only** to a minimum bid of $22,000.00
TERMS: $1,000 deposit-balance due June 30/00

OPEN HOUSE
SATURDAY MAY 20TH 1-2PM

"Have Gavel Will Travel"
Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

202 GARDNER. Full width lot, custom kitchen w/built-in appl. Finished basement, gas fireplace, efficient gas heat, dryer & hot water on gas, central air, 2 bdrm rental apt, detached garage & workshop heated w/propane forced air furnace. Own your own home for only $525/mth. Call 936-8024.

TRIPLEX ON ALICE. Also, 3 bdrm house on Third St. West. Vendor may take 1st mortgage on one or both properties. Call 932-2135 between 1pm-10pm.

SAVE MONEY NOW!
Refinances, purchases and debt consolidations.
Pay off high interest loans & credit cards.
5 Year Mortgage • 7.35%
UPPER CANADA MORTGAGE 930-2592

AUCTIONS

FARM AUCTION
FARM OF MRS. LORETTE SABOURIN
2 Miles South of Moose Creek and
2 Miles West on McKillican Road (number 16780)
SATURDAY, MAY 20th - 10:30 am
NOTE: the farm has been sold so everything must go. It's a do not miss!
Sale Starts at 10:30 am with small items, then at 1:30 with the farm machinery, followed by old machinery

ITEMS: two cream separators; old organ; tables; chest; rolling pin and table; chairs; lamps; lanterns; dressers; beds; filing cabinet; 3 sofas; old love seat and chair; coffee and end table; crocks; 2 fridges; kitchen tables and chairs; blankets; glass bottle; electric heater; piano seat; polisher; old encyclopedia; old desk; old picture frames; garden tools; wood and steel pulleys; electric grass trimmer; scythe; edge trimmer; plastic and steel barrels; ice tongs; 2 push lawn mowers; old washing machine; tools; washboards; glider swing; picnic tables; BBQ; wood and steel wagon wheels; air compressor; Peed weigh scale; scrap metal; shovel; forks; 2 hp water pump; antenna; 2 cow clippers; tractor windbreaker; work bench; ladders; 250 gal. fuel tank; 2 sets of stands for fuel tanks; 1000 gals. tank; truck frame; V-belts; lumber; drill; sander; levels; wheelbarrow; old soldering irons and heater; old barn hay forks; used doors; used crib and page wire; roof shingles; milk cans; feed cart; cross cut saw; 9 foot cedar fence post; anvils; Singer sewing machine with cabinet; hose reels; tarps; TV; hand saws; 5 hp electric motor on hammer mill; water tanks; Ford baler for parts; 1971 Boa-Ski; etc.

MACHINERY: Cockshutt 30 tractor; New Holland haybine; New Holland 268 baler; International 550 corn harvester with 1 row corn head; New Idea I row corn picker; Calsa 200 gals. sprayer; McCormick side hay rake; Mads Amby 3 pth fertilizer spreader; spramotor sprayer; 20 foot New Holland 10 hay wagon; 16 foot hay wagon; International 3 pth - 3 furrow plow; David Brown 3 pth - 3 furrow plow; single axle dump trailer; 40 foot pipe hay elevator on wheels with 1/2 hp sealed motor; Allied automatic stucker; combination stucker fork and round bales; portable cattle stall; finishing harrows; drag type spring harrows; ditch scraper; handcultivator; tractor chains for 13-28 tires; 2 used 13-28 tires; 2 used 12.4 - 38 tires; 3 furrow drag plow; 2-2 furrow drag plow for parts; 8 foot disc; old corn blower; old grain cribler; etc. Lots of small articles and other machinery.

Terms: Cash or Acceptable Cheque with Proper I.D.
Canteen, Washrooms and Tent on Premises
Note: Auctioneer not responsible for any injury or lost articles.

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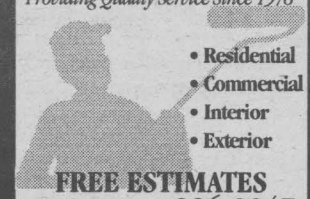

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5 - HOUSES FOR SALE

1433 HOLY CROSS - corner of Lynwood. 2-storey cottage 1988, 3+1 bdrms, hardwood floor, 3 bathrooms, family room in finished basement, swimming pool + deck, plus, plus, plus. Deslandres 613-930-2129.

4 SEASON COTTAGE 7 miles east of Cornwall. 5 rooms, large screened room with vinyl windows. Permanent dock. Leased land. Call 613-931-2475

17 LOTS/LAND

EXCELLENT HIGH SURVEYED building lot, 165' X 265'. Super location, 3 km north of South Branch Rd, on quiet paved road, only minutes from city & golf course. Call Mike Vandermeer, Century 21, Shield Realty Ltd. 938-2121.

APPROVED BUILDING LOT - on Hwy. #2, 1 mile west of Ingleside. 2.76 acres, partly treed. Excellent location just 20 minutes from Cornwall with a touch of country living. Give Gilles a call for more details 938-7071, leave message.

SURVEYED BUILDING LOT, 105x300. South Service Rd, near Creg Quay. Asking $23,000. 613-936-9399.

18 ROOMS

CLEAN, COMFORTABLE, spacious. Well furnished, kitchen facility. Call 933-2847.

NORTH END - Clean & quiet, private kitchen & washroom, shared entrance, parking. Quiet working gentleman preferred. $70/week, utilities included. Available immediately. 932-0518.

21 YARD/GARAGE SALES

GARAGE SALE - Saturday, May 13th, 9am. 17243 Conc. 6, St. Andrews West, half km west of Hwy. 138.

16 RIDEAU ST. off York. Saturday, May 13th, 8am-1pm. Rain or shine. Great bargains.

GARAGE & DRIVEWAY SALE - 1306 Princess St. Sat. & Sun. May 13th & 14th, 8:30am.

524 FIFTH ST. E. Saturday, May 13th, 8am. Playpens, cribs, bedding, girls clothes, newborn-2 yrs. Medium & large dog cages, air cleaners, dishes, toys, toddler bed & much more.

22 ARTICLES FOR SALE

USED LAPTOPS - from $350. Used & demo complete systems from $400. Info Avenue, 3525 Main St. South, Alexandria or call 525-3154.

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224 Pitt Street 933-2333

POOL FILTER for 24' above ground pool. $150. Call 932-5626.

FIREPLACE SCREEN, 25"H x 36"W, small white sink for bathroom, Nintendo with Duck Hunt cassette, Super Mario Bros. like new. New black Paklite featherweight suitcase, 28x17x7 on wheels with accessible handles. 2 bowling shoe bags, 1-green, 1-brown, like new. Call 525-3349.

DIG YOUR OWN LILAC TREES, $5. Call 534-2396 or leave message.

COMPLETE PIPE LINE milking unit with double sink; vacuum, pump, etc. for a surge zero bulk tank. White steel bunk beds. Call 931-1007. No answer, leave message.

WASHROOM BASIN with taps, 16x18. 6 - 2 pane windows, 28x28-1/2. Call 933-3581.

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office furniture, computer desks, computer chairs, bookcases, cabinets, filing cabinets, etc. much more. Also, from bankruptcy restaurant equipment, coolers, 3 yogurt & soft ice cream machines, 1 yr. old stainless steel sink, much more. Also, complete you brew & wine making equipment
Apply 215 Main St. N., Alexandria
(across from High School)
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23 - ARTICLES WANTED

WANTED

Old Fishing Lures & Wooden Duck Decoys
938-8839

26 FARMERS MARKET

PINE & CEDAR LUMBER. V-joint. Pine flooring. Dry hardwood lumber. Western Red Cedar. Western B.C. Fur. Small Cedar trees for planting. Robertson Sawmill, 528-4262.

CEDAR TREES, $2. & up. I plant or you plant. Spruce & Pine also available. Call 537-2681, 8pm-11pm.

28 - LANDSCAPING

TTS BLOOMIN GARDEN CENTRE - Hanging baskets, $6. Herbs & Perrenials, $1.25. Flats, $2. Miniature sunflowers, etc. Taxes included. Landscaping by Landscape Magic. 613-360-3277. Long Sault, Lion Motel, keep right, Cty. Rd. 36, Post Road.

30 HOME SERVICES

GARDEN TILLING - Have your garden ready. Satisfaction guaranteed. Call 528-4048, ask for Maurice or leave message.

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STRIPALL - Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways, No job too big or small, antique or not. Free estimates. Long Sault, 534-8494. Visit our website www.stripall.com

35 BUSINESS OPPORTUNITY

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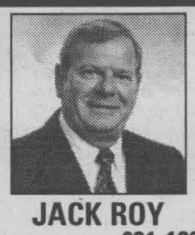
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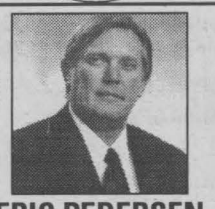
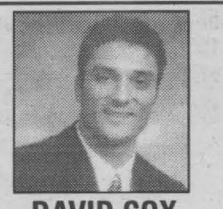
Sales Rep. 931-1290


ERIC PEDERSEN
Broker 938-9690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SHERRY McCULLOUGH
Sales Rep. 937-0891


MIKE DeBOER
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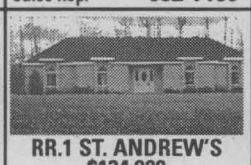
INGLESIDE AREA $77,900
(O-MLS 1176) 1500 sq. ft. bung. on 2 acre lot with 30x50 shop.
MIKE VANDERMEER 938-2121


RR.1 ST. ANDREW'S $134,900
(M-MLS 1175) 2100 sq. ft. 3 bdrm bung on a 2.4 acre lot, att. garage, fireplace
MIKE VANDERMEER 938-2121


DOUBLE TENEMENT $79,900
(A-MLS 1068) Great rental property on a large lot, located in the downtown area
MIKE VANDERMEER 938-2121


AVONMORE $72,500
(L-MLS 1182) Large century home on dbl village lot with dbl car garage, central air & more
MIKE VANDERMEER 938-2121


APPLE HILL $79,900
(I-MLS 1089) Century home with refinished original woodwork, wrap-around porch, hardwood floors & more
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COUNTRY COMFORT $144,900
(M-MLS 1119) Almost new A-Frame style home on 25 acres with garage and barn
MIKE VANDERMEER 938-2121

RESTAURANT $28,900
(A-MLS 1032) Be your own boss! Eat in or take out restaurant. Current location is leased but could be bought
MIKE VANDERMEER 938-2121



1325 PATRICIA PLACE
(A-MLS 1074) 4 bdrms., 2-1/2 baths, 2 fireplaces. New Price!!
ORVAL BROWNELL 932-7061



WILLIAMSTOWN AREA
(A-MLS 1222) 1900 sq. ft. bung., private pond, 2 acres
ORVAL BROWNELL 932-7061



1120 STOKES
(A-MLS 1221) Main floor family room, sun room, 2-1/2 baths
ORVAL BROWNELL 932-7061


CONC. 9A WEST
(M-MLS 1072) Immaculate 2+1 raised bung on nice country lot featuring oak kit cpbds & railings, main flr family rm, ceramic, hdwd & parquet floors
MOE LEMIEUX 932-9386


6284 SPRUCE $273,000
RR1 BAINSVILLE
(G-MLS 1169) Exquisite, custom-built, 2350 sq. ft. home; Hemingford stone exterior; open concept kit., living rm, dining rm; blt-in appliances; ceramic & parquet floors., on Gun Creek Canal. Fabulous view of Lake St. Francis
MOE LEMIEUX 932-9386


15 ST. LAURENT LONG SAULT $98,900
(M-MLS 1185) Well maintained all bring bung, 3+1 bdrms, 2 baths, fin rec rm w/wdstve, great location
MOE LEMIEUX 932-9386


33-33A GULF $69,000
(A-MLS 0875) 2 bdrm. updated dbl tenement on full lot w/large yard
GERRY PILON 931-3555


272 MEADOWVALE $73,500
(A-MLS 1197) Large 3 bdrm semi with rec room & large yard
GERRY PILON 931-3555



211 ALICE $69,500
(A-MLS 1225) Real Moneymaker! 5 unit updated apt. building grossing $25,000
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213 ALICE $64,500
(A-MLS 1226) Duplex on full lot with dbl. garage, whirlpool & sauna in main unit
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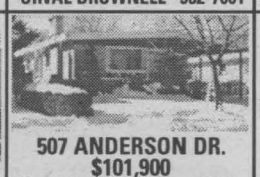

507 ANDERSON DR. $101,900
(A-MLS 1100) This 1400 sq. ft. 3 bdrm brick bung has everything you need - space, large yard & pool
MONIQUE WILLIAMS 932-7196


3123 NORTHDALE DR. $74,500
(A-MLS 1143) Move-in condition Just add your personal touches & make this 3 bdrm townhouse your home
MONIQUE WILLIAMS 932-7196


$69,900
(G-MLS 1200) Large home in beautiful Lancaster. Extra lot, all with waterview. Updated elec. Storage shed on poured concrete slab. Endless possibilities
MONIQUE WILLIAMS 932-7196


15 CARTIER $57,900
(A-MLS 1220) Cute & cozy best describes this 3 bdrm house. Large yard, det. garage, gas heat & much more
MONIQUE WILLIAMS 932-7196


$116,900
(A-MLS 1173) 3+1 bdrm, 4-level split, 2 full baths, fin 3rd level with rec rm & extra bdrm. Unfin. 4th level, nice large yard, great neighbourhood
MONIQUE WILLIAMS 932-7196

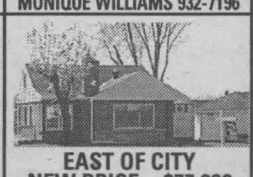
(M-MLS 1137), **KING'S RD.** Excellent 33'x567' building lot, **$35,000**
(A-MLS 1075), **GERALD ST.,** Fully serviced building lot 57'x192', **$24,500**
(A-MLS 1179), **524 AUGUSTUS,** 4 plex, 2-2 bdrm & 2-1 bdrm, **$59,900**
(A-MLS 1178), **113 & 115 NINTH ST. W.,**
Two 6-plex, large parking at rear, **$120,000**
(A-MLS 1180), **233 PRINCE ARTHUR,** 2-2 bdrm duplex **$49,500**
ROGER VIAU 932-1325


KING'S ROAD $164,900
(J-MLS 1172) large ranch style bung., nestled on 3 acres Very Private!!
JACK ROY 931-1290


$91,500
(A-MLS 1192) Established 2-bay garage, centretown area with good parking & extra income from rented house
JACK ROY 931-1290



545 LYNWOOD $110,000
(A-MLS 1230) 3 bdrm, hdwd in dining area, farmily room with gas fireplace, extra entrance from basement, large treed lot
ERIC PEDERSEN 938-9690


EAST OF CITY NEW PRICE...$77,900
(J-MLS 1073) Lovely 3 bdrm home, main flr bdrm & bath, laundry rm, fireplace, hardwood floors
ERIC PEDERSEN 938-9690


$74,900
(A-MLS 1206) Spotless 2 bdrm owner's unit plus 2 bdrm rental @ $400/mth. Full lot with garage
ERIC PEDERSEN 938-9690



CHELSEA CRESCENT
(A-MLS 1227) Great family home, over 2000 sq. ft. of living area plus rec rm; private backyard
ERIC PEDERSEN 938-9690



INGLESIDE $103,500
(O-MLS 1165) 1700 sq. ft., hardwood floors, 3 bdrms, 16x32 inground pool
DAVID COX 930-9251

AFFORDABLE COUNTRY LIVING $52,900
(O-MLS 1208) 3 bdrms, 2-car garage
DAVID COX 930-9251

113 GLEN OAKS COURT
(A-MLS 1157) Springtime fresh! Close to schools, bus route & park. Won't last long
SHERRY McCULLOUGH 937-0891

337 FIFTH ST. E. $59,900
(A-MLS 1214) Ageless in appeal - or appeals to all ages. Here is the home to fit your needs & wallet
SHERRY McCULLOUGH 937-0891

107 JOBIN
(A-MLS 1211) Can't afford to buy? Own this 2 bdrm townhome for less than rent! Live richly on a modest budge.
SHERRY McCULLOUGH 937-0891

#6765 PILON'S PT. $109,900
(J-MLS 1224) Great property for Montreal commuters! 3 bdrm. brick bung with waterview; above ground pool; part fin. rec rm & large lot 100x151
SHERRY McCULLOUGH 937-0891

INGLESIDE $129,900
(O-MLS 1080) Dream home, dream kitchen, lots of ceramic & gleaming hdwd in this spotless split level with hedged lot
MIKE DeBOER 938-7802

COUNTRY COMFORT $101,900
(M-MLS 0838) This 3+1 bdrm home features some gleaming hdwd, bright kit, large rec rm with airtight stove, wrap around deck & dbl car garage ... come see!
MIKE DeBOER 938-7802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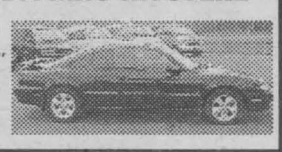
93 HONDA DEL SOL
standard, A/C, CD, only 93,000 km Black Convertable
$12,500


94 MAZDA MX6 MYSTERE
2dr. standard, V6, roof, power wind., cd, black
$11,900


97 PONTIAC GRAND PRIX
4dr. 3.8l, fully equipped, must be seen, Black,
$14,900


97 PONTIAC BONNEVILLE SE
4dr.,3.8l, fully loaded, leather int., sharp car, black
$14,900


97 CHEV CAVALIER Z24
2dr., auto, A/C, cd, roof, pwr windows, locks, black
$11,900


97 SATURN SL1
4dr., standard. power windows, locks, am/fm, cass. grey
$8,995


95 FORD AEROSTAR XLT
Awd, quad captains, rear air, A/C, fully equiped
$7,495


95 FORD TAURUS
4dr., auto, loaded, Immaculate Interior, compare at this price!
$5,995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Earning Potential $100,000 / annu.
Serious buyers only call 537-2915

SLUSH MACHINE. Refrigerated sundae bar 8-compartments. 8-tub ice cream freezer. 2 soft ice cream machines, $1,900. for both. Call 937-3900, leave message.

CHIP STAND & lot for sale. Hooked up to sewer, water & power. Open to offers. Call 537-2681, 8pm-11pm only.

38 HELP WANTED

STUDENT TO WORK on dairy farm in the North Lancaster area for the spring & summer months. Must have valid driver's license, be energetic & in good physical condition. McNaughton View Farms, 347-2255.

SKILLED LABOURER REQUIRED. Light construction. Drivers License req'd. Apply in person only. Green Valley Pools, Hwy. 34, Green Valley, Ont. For appt. call 525-3743.

EARN $200.,$300.,$500. or more per week, assembling product in the comfort of your own home. Send self-addressed stamped enveloppe to: O.P.H., 6-2400 Dundas St. West, Suite 541, Ref. 671, Mississauga, Ont. L5K 2R8.

PERSON REQUIRED immediately for store & in-store sales. Bilingual preferred. Apply in person only. Green Valley Pools, Hwy. 34, Green Valley, Ont. For appt. call 525-3743.

PART-TIME CHAMBERMAID in Long Sault. Monday to Sunday. Call 534-2119, for more info.

40 AUTOS FOR SALE

DON MERTES AUTO - 1642 Birminghan. Paint jobs starting at $300. Mechanic work, $20/hour. Open, Mon.-Fri., 8-5, Sat. 8-12. For more info, call 933-5285.

1990 FORD E350, 7.3L diesel. Former school bus. Single wheels on back. Good condition. $3,900. 300 Victoria Ave. Call 933-2634.

CREDIT PROBLEM & tired of being offered second rate vehicles. Call Car-o-line Auto's, 613-448-2488.

SAVE $6,000. 2000 Ford F-150XL. 99km. Won in lottery. 2-WD, reg. cab, 4.2-L. E.F.I. 6-cyl. engine, 4-spd A/T air, tilt, cruise. Full warranty. $24,500. no tax. Will consider trades. 932-4080.

1992 CHEV ASTRO VAN, 6-cyl, auto, 166,000 km, certified, $4,500. 1990 Ford Tempo LX, 4-cyl, auto, loaded, 125,000 km, $2,400. certified. 1989 Chev S10 4X4, auto. Price negotiable. 1987 Nissan Maxima, 6-cyl, auto, sunroof, loaded, 165,000 km. $1,400. 1986 Ford Van, curbside, 6-cyl., auto, $2,400. Gravel Motors, 1404 Pitt St. Call 932-4850 or 932-4211.

1994 GEO METRO, 4-dr, 5-spd, 109,000 km. Very good cond. $3,500. safetied. 1993 Chrysler Intrepid, 3.5, V-6, air, fully equipped, very good cond. $5,500. safetied. 1990 Plymouth Acclaim, 4-dr, auto, maroon, 150,000 km, very good cond. $2,900. safetied. Gerard Poirier Auto Sales, 2 km east of Alexandria on Lochiel Road towards Glen Robertson. 525-1656 or after hours 874-2440.

43 BOATS/MOTORS

14-1/2 FT. CADORETTE BOAT with 1995 Mercury motor. Hardly used includes water skis, life jackets & trailer. Price $7,500. Call 933-6768 to view.

45 TRAILERS/ CAMPERS

1980 28-FT. HOLIDAY Classic trailer with 27-ft. screened in deck, 4-pce. bath. Sleeps 5, master bdrm. T&I Campground. Asking $7,000. Must be seen. 936-1648.

77 CITATION CAMPER trailer, 23'. Good condition. $3,500. or B.O. Call Marcel or Pascal, 525-3092, after 5:30pm.

24-FT. TRAILER with screened-in porch, shed. In excellent condition. Lot 63, T&I Campsite. Call 1-450-691-5003.

53 FARM MACHINERY

NEW HOLLAND 65 baler with model 49 bale thrower. $1,200. Call 931-3191.

57 DJ'S

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AUTOS FOR SALE

SPECIAL OF THE WEEK

94 FORD AEROSTAR
7 pass. van, V6, fully loaded, 108,000 kms
$6,222

1999 CHRYSLER INTREPID
6 cyl, air, cruise, tilt, p-wind, p-locks, p-seat, 20,000 km, remote start

1998 FORD CONTOUR GL
4 cyl, 4 dr, loaded, 39,000 km

1998 CHEV MALIBU
4 dr., V6, auto., loaded, 44,000 km

1998 FORD CONTOUR GL
4 cyl, 4 dr, loaded, 39,000 km

1997 CHEV LUMINA LS
4-dr., V6, loaded, 59,000 km.

1997 SATURN
4 dr., 4 cyl., auto, air, 38,000 km

1997 CHR. INTREPID
4 dr., V6, loaded, 77,000 km

1997 PLYMOUTH NEON
4 dr., 4 cyl., auto, air, 51,000 kms, Chrysler warranty

1997 PONT. GRAND PRIX GT
4 dr., V6, loaded, 71,000 kms, black

1996 PONT GRAND AM
4 dr., V6, fully equipped, remote entry, 58,000 km

1996 CHRYSLER CIRRUS LX
loaded V6, CD, 82,000 km.

1996 PONT. BONNEVILLE SE
V6, full load, auto, air, 99,000 km

1996 HONDA ACCORD EX
4 dr., 4 cyl, auto, loaded, 95,000 kms

1995 PONT. GRAND AM
dr., V6, loaded, 63,000 kms

1995 CHEV CAVALIER
2 dr., 4 cyl., auto, cassette, 2 87,000 km, local owner

1994 OLDS CUTLASS SUPREME SL
4 dr., V6, loaded, p. seat, sunroof, local owner, 110,000 km

1994 MUSTANG
6 cyl, auto, loaded, 80,000 kms 1 local owner, no winters, mint

1992 BUICK LESABRE LTD
4 dr., V6, auto, loaded, power seat

1988 CHEV CAPRICE
4 dr, V6, auto, 107,000 kms, HAVE TO SEE IT!!

VANS

97 PONTIAC TRANSPORT
V6, auto, fully loaded, 7 pass., modular seating, 43,000 km

95 DODGE GR. CARAVAN LE
3.3L, 6-6, fully loaded, local owner

1994 FORD AEROSTAR SPORT
V6, auto, fully load, 108,000 km

TRUCKS

1997 DODGE PICK UP
V8, auto, air, alum. wheels, 27,000 kms, some Chrysler warranty left

1991 MAZDA PICKUP
4 cyl., auto, PS, PB,

SPORTS UTILITY

1997 CHEV BLAZER SOLD
4 dr., V6, loaded, 50,000 km

1985 JEEP CHEROKEE
4 dr., V6, auto, 4X4, local owner, as is ***asking $1,700***

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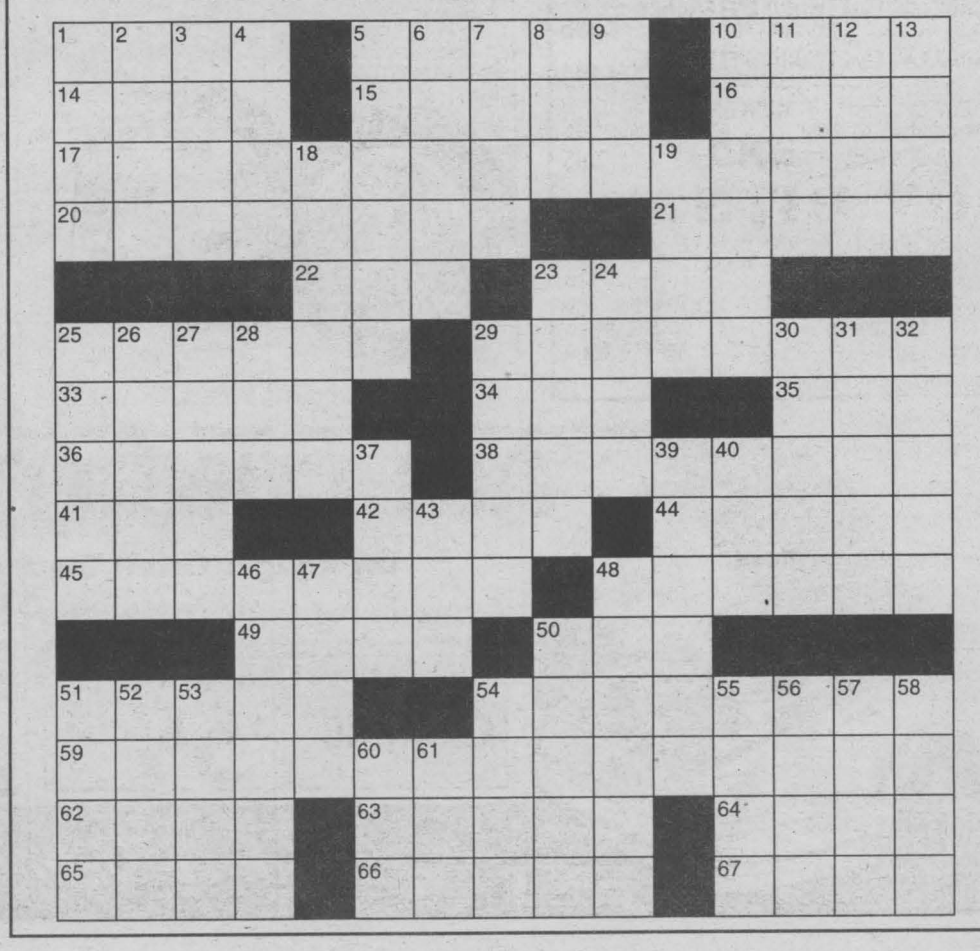
CLUES ACROSS
1. Line
5. Anwar ____, Egyptian statesman
10. Fill up
14. Wings
15. Despots
16. About aviation
17. Ready when needed
20. Infixes
21. Monetary unit
22. After B
23. Is sure
25. Lessens
29. Partizans
33. Coarse grass
34. Caliph
35. Raincoat
36. Hairpiece
38. Explain again
41. Characterized by unity
42. Imitates with mockery
44. Drapery fabric
45. Repays
48. Bring up
49. Romanian city
50. Sealing wax
51. Feels the lack of
54. Fraction
59. Hitchcock thriller, with The
62. Belgian River
63. Tripod
64. Hold
65. Mental disturbance
66. Received thrust (Geology)
67. Headdresses

CLUES DOWN
1. Journeys to Mecca
2. ____gate, lengthen
3. Expresses pleasure
4. Score
5. Perceptivenesses
6. Organic compound
7. French for in
8. Creation
9. Shilling
10. Worst
11. Take back
12. Chemical element
13. Particle
18. From Nicaea
19. Ancient Greek City
23. Commercial enterprise
24. ____ Blyton, children's author
25. Performing artist
26. Backwoodsman
27. Diseases
28. End
29. Menus
30. Group of chemicals
31. Rule
32. Apply perfume to
37. Cartilaginous structures
39. Launches
40. Conifer
43. I.M.____, architect
46. With rank
47. Kiln
48. Conferences
50. Paths
51. At the peak
52. Bill
53. Audience response
54. Soybean paste
55. Hurt
56. Body fluids
57. Descry
58. Cobras
60. Affirmative
61. ____ King Cole, musician

SOLUTIONS ON PAGE 40



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AUTO MART

The Material For The 'Car Of Tomorrow' Is Here Today

Why steel remains the top choice for auto designers

(NC)–With the start of a new millennium, there is much speculation about the car of the future. How will these automobiles be constructed? Will a battle rage between steel and aluminum for a share of the automotive body structure? Steel has always been the answer- and will continue to be so – for three sound reasons: passenger safety and security, cost savings and environmental benefits.

Steel is one of the strongest materials on the planet. There is no debate about the material's durability under intense pressure such as an automobile collision. Steel safety cages, side-impact beams and other steel safety components save lives. How? A vehicle's ability to absorb the energy of a crash and efficiently direct it around the passenger compartment is still the most effective way to preserve life in an accident. A vehicle's front, back, sides and roof must be able to take the force of a crash and quickly dissipate that force over as wide an area as possible to protect its occupants. Years of testing prove steel is most conducive to maintaining the integrity of the vehicle's structure.

Steel is also the material most Canadians count on for protection while on the road. According to a recent national study by TheSteelAlliance, nearly 80 per cent of Canadians believe steel provides the best protection in an automobile. In fact, 10 times as many respondents chose steel over fiberglass, aluminum or plastic. In addition, four times as many respondents chose a steel auto frame over an aluminum frame as providing the most effective protection in the event of a car crash.

"The steel industry prides itself on its safety record," said Mark Stephenson, president of TheSteelAlliance. "We have developed a metal that provides the safest and most secure framework for automotive vehicles, and that is lighter to meet various automotive industry needs."

The steel industry has worked tirelessly to develop high-strength, mass-efficient steel to help auto makers produce safer and more affordable vehicles for their customers. Following the award-winning success of the UltraLight Steel Auto Body (ULSAB) initiative, the steel industry has launched various other automotive optimization projects that will focus on critical components such as suspensions and auto closures (i.e. doors, hoods and decklids). The ULSAB-Advanced Vehicle Concepts, UltraLight Steel Auto Suspensions (ULSAS) and UltraLight Steel Auto Closures (ULSAC) initiatives will ensure that steel continues to be highly utilized in the building of safer cars in the future.

The "new steel" not only offers superior strength, but it costs significantly less than its aluminum counterpart. Aluminum presently costs three to five times as much as automotive steel, pound for pound. Thanks to steel that is lighter and stronger (yet still accounts for 55 per cent of a car's weight), the cost of steel used in the body of an average mid-sized, five-passenger sedan is less than $1,100 - about the same as a car CD system and less than some car upholstery.

A safe and healthy environment for future generations is another pressing concern, and one the steel industry continues to address. Aside from being the most recycled material in the world, the production of steel generates less carbon dioxide than comparable materials. In a recent study conducted by the Massachusetts Institute of Technology (MIT), producing one ton of virgin aluminum generates about 10 times more carbon dioxide emissions than the production of a ton of steel. Compared to the ULSAB, it would take 32 to 38 years of driving aluminum-intensive vehicles to offset the amount of carbon dioxide put into the atmosphere by the production of the aluminum needed to build those vehicles.

TheSteelAlliance is an organization of more than 130 North American steel producers and affiliated organizations that have joined together in an unprecedented industry-wide coalition to educate consumers about the benefits of steel.

Putting A New Spin On Tire Recycling

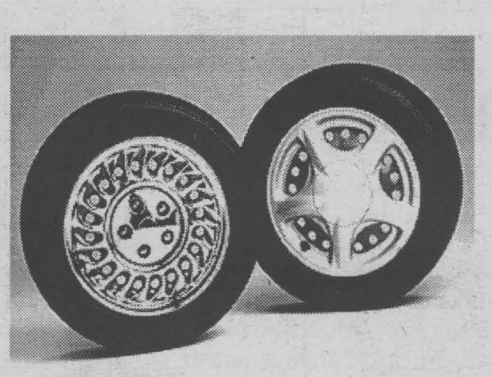
(NC)–Car tires are going out for a new spin - one that gives them use long after their days as tires are over. By recovering the steel wire used to make tires stronger, up to 99 percent of the average passenger car tire can now be captured for recycling.

Tires were initially recycled for their rubber content, which is chipped, ground and/or melted into products such as asphalt and playground padding, as well as tire-derived fuel. But thanks to advances in technology, recycling steel tire wire is also an environmentally responsible means of collecting a high quality source of steel scrap and conserving landfill space.

Tire wire scrap is used to make new steel. In 1997 alone, the steel wire from nearly 24 million tires was recycled into everyday home products such as steel soup cans and appliances, lifesaving car components such as brakes, steering components and safety cages - or back into tires.

The average passenger tire contains approximately 10 percent steel wire by weight, which helps make the tire stronger and more rigid. Each year, several hundred thousand tons of steel is used to reinforce tires in North America. Thanks to steel, wheels are firmly fastened to the hubs and axles of a car ensuring that they stay intact during stressful situations.

TheSteelAlliance is an organization of more than 130 North American steel producers and affiliated organizations that have joined together in an unprecedented industry-wide coalition to educate consumers about the benefits of steel.



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'91 MERCURY SABLE V6, loaded, 159,000 kms .....REDUCED $3,695
'90 CHRYSLER NEW YORKER LANDAU, 3.3, V6, grey, 158,000 km $4,295
'90 PONTIAC GRAND PRIX, V6, loaded, black $3,995
'90 PONT. SUNBIRD SE, 5 spd., 2 dr., red, 153,000 km $3,895
'90 PLYMOUTH VOYAGER, V6, lblue $3,695
'90 MERCURY GRAND MARQUIS, loaded, navy .....WAS $4,295 $3,295
'90 PONT. TEMPEST, 4 dr., 5 spd., V6, maroon $2,895
'89 BUICK SKYLARK, 4 dr., V6, white, 158,000 km $3,895
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98 GRAND AM SE, 4 dr., auto. $10,450
97 DODGE NEON, Low klm 4 dr., auto $8,450
97 SATURN SLI, 5 spd., air, ... $7,950
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97 PONTIAC SUNFIRE GT, auto., loaded, low kms $10,900
97 CADILLAC SEDAN DEVILLE, gold pkg. $21,500
97 CHEV LUMINA, 4 dr., air $9,900
97 CHEV. CAVALIER Z SOLD of $8,995
97 SUNFIRE GT, 2 dr., SOLD t end unit $10,500
97 SATURN SLI, auto, sunroof $8,900
96 CHEV CORSICA, 6 cyl., 4 dr. $6,950
95 DODGE NEON, 4 dr., auto., air, 110,000 kms $6,600
94 TEMPO GL, 101,000 km, 6 cyl., very nice $4,900
94 PLYMOUTH SUNDANCE, 4 dr., auto, low kms $4,450
93 FORD T-BIRD, very clean, ... $6,350
93 PLYMOUTH SUNDA SOLD 0,000 kms $4,450
89 PONT. BONNEVILLE, fully loaded ..certified OFFERS
88 VOLKSWAGON CABRIOLET, convertible $5,995
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TRUCKS & VANS

98 WINDSTAR GL, dual air, quads $15,500
97 CHEV VENTURE LS, ext. loaded $12,900
97 TRANSPORT VAN, very clean, ... $12,500
96 FORD F-150, reg ca SOLD 000 km, $10,995
95 FORD WINDSTAR GL, low kms, like new, ... $9,800
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95 FORD AEROSTAR SPORT, low kms $7,350
95 FORD AEROSTAR XLT, all wheel drive $8,875
95 F150 REG CAB, 5 spd. $8,495
94 DODGE CARAVAN, full load, mint $6,900
92 DODGE DAKOTA SPORT P/U, ... $5,850
92 FORD F-150 S/C 4x4, auto, ... $10,500
90 GMC SAFARI VAN SOLD $4,500
88 NISSAN PATHFINDER, 4x4 6 cyl., Air. $4,800
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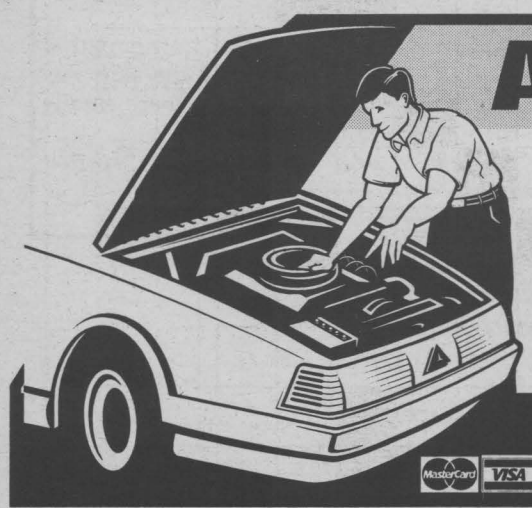

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1992 CROWN VICTORIA GL	$5500.00
1992 MAZDA PROTEGE	$3650.00
1992 FORD TEMPO GL	$3300.00
1993 GMC SONOMA P/U	$3800.00
1994 TAURUS SEDAN GL	$4900.00
1994 CHRYSLER INTREPID	$6500.00

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57 DJ'S

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71 HALL RENTALS

HERITAGE HALL - 333 Second St. East. Newly renovated, 210-capacity. Fully licensed & air conditioned. Banquets, receptions, parties, etc. Catering & kitchen facilities available. Call Carl or Kathryn, 613-932-2184.

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, over-head projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $500. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

74 LOST & FOUND

REWARD - LOST: Orange long-haired male tabby cat, vicinity of Third St. East near Eastcourt Mall on May 4th. If found, please call 933-9764.

76 PETS/ LIVESTOCK

PUREBRED GERMAN SHEPHERD pups. Call 346-5423, after 6pm.

LOVABLE PUPPIES: Yorky-Pom Mixes. Toy Poodles Mixes. Also, Shelty-Poodle Mixes. $160. & up. Call 527-3246.

ADORABLE PUPPIES: Tiny Maltese, 3-4 lbs. as adults, $450. Mini Schnauzer, male, $275. Pekinese, $300. Call 527-3246.

CANARIES FOR SALE - Male & female. Ready to breed. Puppies, purebred miniature Doberman Pinschers. Call Gary, 932-9799.

TINY TOY Terri-Pom puppies, $200. Male, Toy Terri-Chihuahua puppies, $175. Male & female. Dewormed. Small, 6 weeks old. 938-2082.

85 PERSONALS

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88 CARDS OF THANKS

OUR LADY OF GRACE / ST.PIUS X C.W.L. would like to thank parishioners and merchants from Ingleside, Long Sault and Cornwall for their donations to our Chinese Auction. Your generosity helped us have a successful day.

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DEATH NOTICES

FRASER

Mr. Clarence George "Red" Fraser of Sparwood passed away suddenly on Friday, May 5, 2000 at the age of 82 years. Red leaves to mourn his passing, eight children: Maurice (Sharon) Fraser; Darlene Fraser; Bill Fraser; Harvey (Gloria) Fraser; Reginald (Irma) Fraser; Doug (Sharon O'Brien) Fraser; Debbie Fraser (Trevor Demynn); and Gail (Brian) Halko; eleven grandchildren, and four great grandchildren as well as many nieces and nephews. He was predeceased by his parents, John and Bertha Fraser; five brothers: Percy, Bill, Vern, Lloyd, Garnet; three sisters: Sadie, baby Kathleen, and Viiola; his beloved wife Zora in 1974 and three grandchildren: Dwaine in 1982; David in 1972 and Hiliary in 1969.

Red was one of nine children and was born on April 16, 1918 in Cornwall, Ontario. His upbringing taught Red to be honest, reliable and tough when necessary. He was a loving father and grandfather who enjoyed playing with his grandchildren.

In 1948 while enroute to Flagstone, BC, he found himself stuck in Michel when the roads were closed due to a large flood that had hit the area. Following his work in Flagstone, Red returned to the Michel/ Natal township where he worked for the Crowsnest Pass Coal Company hauling props to the mine sites. In 1958 he opened Fraser's Texaco which he continued to operate until 1971. His next venture was to start a Bulk Plant, again keeping busy until his retirement.

Raising and nurturing eight children soon expanded to include spouses, grandchildren, and eventually great grandchildren. Red was a sweet grandpa who adored his family and loved to spend time with them whenever he had the opportunity. He will be sadly missed and forever loved.

A Memorial Service was held at the Sparwood Christian Center on Wednesday, May 10th, 2000 with Lieutenants Colin & Maureen Bain of the Salvation Army officiating.

The eulogy was given by Mr. Jock Myles and Honourary Pallbearers were Red's grandchildren: Billy Fraser, Bradley Fraser, Trevor Fraser, Michael Fraser, Randy Fraser, Kent Fraser, Shane Fraser, Sarah Fraser, Andrew Fraser, Dillan Halko and Zachary Halko, and his great grandchildren: Trevor Jr. Fraser, Cody Fraser; Kaila Fraser and Christopher Fraser.

Should friends so desire, memorial tributes may be made in Red's name to the Fernie Branch of the Salvation Army, Box 2259, Fernie, BC, V0B1M0. Arrangements entrusted to Cherished Memories Funeral Services Ltd.

COOPER

Philip W.L. Cooper (Phil) who died Dec. 28/99. Burial Notre Dame Cemetery, South Branch Road, Cornwall on May 19th, at 2:00 pm. Fr. Allan MacDonald officiating. God took him home, but in our hearts he livith still.

90 IN MEMORIAM

BOILEAU, PAULINE - In loving memory of a dear mother and grandmother who passed away in 1985.

Surrounded by friends I am lonesome, in the midst of my joys I am blue. With a smile on my face I've a heartache, longing, dear mother, for you.

Lovingly missed by daughter Diane, Gilles, Paul and all your family.

SAUVE, EDITH - In loving memory of a dear mother who passed away in 1984.

No one knows how much we miss you, no one knows the bitter pain we have suffered since we lost you; life has never been the same. In our hearts, your memory lingers, sweetly tender, fond and true. There is not a day, dear Mother, that we do not think of you.

Lovingly remembered by daughter Eileen Mondoux and family.

92 NOVENAS

THANK YOU LORD. Say Hail Mary nine times for nine days. Make 3 wishes, the first concerning business, the others for the impossible. Publish this article on the ninth day. Your wishes will come true even if you don't believe. Thank you Lord. It's unbelievable but true. R.E.

PRAYER TO THE HOLY SPIRIT. You who made me see everything and shows me the way to reach my ideals. You who give me the divine gift to forgive and forget all that is done to me and you who are with me in all the instances of my life. I want to thank you for everything and confirm once more that I never want to be separated from you no matter how great the material desired may be. I want to be with you and my loved ones in your perpetual glory. A person may pray this prayer three consecutive days without asking for their wish. After the third day, their wish will be granted no matter how difficult it may be. Promise to publish this dialogue as soon as your favour has been granted. H.M.



HOROSCOPES

May 14-20

Aries – March 21/April 20
While a loved one upsets you with what he or she says early in the week, Aries, don't stay mad for long. This person doesn't mean to hurt you; he or she is just being honest. Look at the remark as constructive criticism. The person whom you've been seeing needs to ask you an important question. Don't worry — it's not that question!

Taurus – April 21/May 21
Go after what you want this week. However, don't tell everyone about your plans. Just keep to yourself, and work toward your goal. If you stay focused, you're sure to reach it. A loved one needs a shoulder to cry on. Be there for him or her. Cancer plays a key role late in the week.

Gemini – May 22/June 21
You make an important personal decision this week, Gemini, and don't let anyone try to change your mind. Only you know what is best in this situation. Stand your ground when those close to you try to make you reconsider. You meet an interesting person on Tuesday. Get to know him or her better.

Cancer – June 22/July 22
While you would much prefer to stay home late in the week, Cancer, loved ones force you to go out. Don't fight it. They have a surprise that you're sure to love. Try to enjoy yourself. An acquaintance reveals his or her true feelings for you. Try to let this person down gently.

Leo – July 23/August 23
A close friend turns to you in a time of need. While you're busy, make time for this person. He or she really needs a shoulder to cry on. You know that he or she would do the same for you. A loved one shares a secret with you. Keep it to yourself, because it's not your place to spread this around.

Virgo – Aug 24/Sept 22
Don't be too critical of yourself when you make a mistake early in the week. It isn't serious, and it doesn't cause any problems. So, let it go. If you beat yourself up about it, you're only going to make many more mistakes as the week goes on. Capricorn plays an important role.

Libra – Sept 23/Oct 23
Try not to get involved in a dispute between co-workers this week, Libra. These people are furious with each other, and nothing anyone says can ease the situation. The higher-ups are taking care of the matter. So, don't put your career in jeopardy by getting involved. Leo plays a key role.

Scorpio – Oct 24/Nov 22
Don't keep your emotions bottled up this week, Scorpio. There's a lot going on, and you really need to talk to someone. Turn to that special someone. He or she is always willing to listen. Open up to him or her. A good friend turns to you for romantic advice. Give your honest opinion.

Sagittarius – Nov 23/Dec 21
Don't let a minor setback in your love life get you down. You need to get right back on that horse if you want to ride off into the sunset. That special someone is out there, and you will meet him or her very soon. A loved one offers to take you out late in the week. Say yes, because it's sure to be a good time.

Capricorn – Dec 22/Jan 20
While you want to make progress at work, don't be too aggressive when trying to get a new assignment this week. Stay calm, and let the higher-ups know exactly why you're qualified for this new responsibility. They know how valuable you are and will reward your efforts.

Aquarius – Jan 21/Feb 18
Don't make a hasty decision when it comes to your finances, Aquarius. A "fabulous opportunity" isn't all that it's cracked up to be. Look at the pros and cons before getting involved. You're sure to regret it if you don't. Gemini plays an important role late in the week.

Pisces – Feb 19/March 20
Don't be afraid to do something new early in the week, Pisces. You don't have to be stuck in the same routine day after day. Be adventurous. That special someone will admire your efforts. A loved one needs a shoulder to cry on. Be there for him or her.

New or Used!
See Francine Losey



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CROSSWORD SOLUTIONS

SOLUTIONS ACROSS
1. Head
5. Sadat
10. Brim
14. Alae
15. Tzars
16. Aero-
17. Johnny-on-the-spot
20. Instills
21. Leone
22. Cee
23. Sees
25. Abates
29. Fanatics
33. Cogon
34. Ali
35. Mac
36. Toupee
38. Redefine
41. One
42. Apes
44. Ninon
45. Restores
48. Parent
49. Iasi
50. Lac
51. Aches
54. Mantissa
59. "Thirty-Nine Steps"
62. Oise
63. Easel
64. Crop
65. PTSD
66. Stoss
67. Hats

SOLUTIONS DOWN
1. Haji
2. Elon
3. Aahs
4. Dent
5. Styles
6. Azole
7. Dans
8. Art
9. TSH
10. Basest
11. Repo
12. Iron
13. Mote
18. Nicene
19. Elea
23. Sales
24. Enid
25. Actor
26. Boone
27. Agues
28. Top
29. Fares
30. Imine
31. Canon
32. Scent
37. Ears
39. Enacts
40. Fir
43. Pei
46. Tiered
47. Oast
48. Panels
50. Lanes
51. Atop
52. Chit
53. Hiss
54. Miso
55. Itch
56. Sera
57. Spot
58. Asps
60. Yes
61. Nat

Homeopathy and Allergic Reactions



Paulette Poirier
Homeopath

92 year old Mrs. D. had always been hypersensitive to medication. Eighteen months ago she had a severe reaction to penicillin. Her lower left leg was terribly itchy, the skin was flaky and had to be bandaged, since the wounds would always ooze down her leg and into her slippers. The leg had different shades of purple with many ugly ulcers. Every day for the past year a nurse would remove the bandage, wash her leg where the skin would shed, then she would wrap the leg up again. The itching was driving her out of her mind.

The cure: *Calendula* (marigold) and *Nitric Acidum* were the homeopathic remedies given to her Within 4 weeks the itching was 75% better and the skin was regaining its more natural colour. After another 4 weeks the ulcers were finally under control and were gradually healing. The itch was gone!

Keep in mind that Homeopathy treats the person and not the disease, so two people with the same problem may require different remedies.

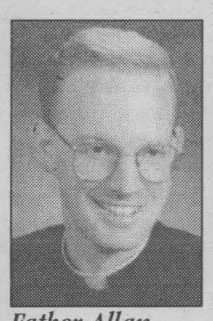
QUESTIONS?

Paulette is available every Tuesday for more information between 2 pm - 5 pm

at ***Jean Coutu, Cornwall***
5 Ninth Street East (at Pitt)
938-7339

Why I Am A Priest

Whoever called me to be a priest? God did! Six years ago, on May 14, 1994 I prostrated myself on the floor of St. Finnan's Cathedral in Alexandria and was ordained a priest through the imposition of hands by Most Rev. Eugene LaRocque. At that moment, I was ontologically changed through the permanent character of Holy Orders and now share in the priesthood of Jesus Christ, a priest in the order of Melchizedek (Hebrews 5:1-10). My life has never been the same. Is it a great life? You bet! It does have tough days but these are far outnumbered by the great opportunities the Lord Jesus has given me to share in His Priesthood and see how He is working his power in people's lives, as He is in mine.



Father Allan
MacDONALD
Blessed Sacrament Parish

I am the oldest of six children, having been raised in the parish of St. Raphael's. My parents taught us the value of our faith and great respect for priests. Growing up at home I can never remember my parents saying negative things about priests. This gave all of us a great love for priests, men who had sacrificed so much so as to be of service to us. All my life I have been blessed to know priests who loved being priests, were men of prayer and at the same time enjoyed life. They prayed with us, cried with us, and laughed with us.

I first thought of being a priest when I was asked by Bishop LaRocque at my Confirmation in grade 8. I firmly believe it was at that moment the "seed" of my call to the priesthood was planted. I also remember a very passionate homily that Fr. Thomas Villeneuve gave one Vocations Sunday. It had a very profound effect on me. He pleaded with us to pray for vocations and for all the young men to ask themselves, "Lord, could you be calling me?" There was one woman who also helped me in my discernment, Mae Levert. She never missed an opportunity to encourage me and to tell me she was praying for me. As I look back now, I know that all these people were instruments of Jesus. He was calling me to be a priest through them. Yet I still had my free will, and I ran away from the Lord's call. After High School I went to St. Francis Xavier University. My intention was to be a corporate lawyer. All the while the Lord Jesus kept giving me little reminders that He had special plans for me. I chose to ignore Him, until my last year. It was then that I went on a retreat that really helped me. It gave me the courage I needed to respond whole-heartedly to Jesus. I gave up my plans to go to law school and I entered St. Peter's Seminary in September, 1989. I have never regretted it.

The Lord has blessed me with being assigned as assistant pastor at St. Columban's, pastor at St. Anthony's, Apple Hill and St. Michael's, Monkland, chaplain at St. Joseph's High School and currently pastor at Blessed Sacrament Parish. The people of this diocese are true disciples of Jesus. The faith here is rock solid. There are true prayer warriors in every parish.

My two greatest loves in the priesthood are the Eucharist and Confessions. In both I am humbled to act "in personae Christi capitas" – in the person of Christ the head. In repeating the words of institution and through the power of the Holy Spirit the elements of bread and wine are changed for us into the actual body, blood, soul and divinity of Jesus – right there in my hands! Wow! And to administer Jesus' forgiveness in the Sacrament of Confession is another "Wow!" I am 33 years old. I have had people come to Confession to me who had not been there since before I was born! By the time they were rid of all the garbage they had been carrying for years I was crying, they were crying, but there was much rejoicing in heaven. Experiences like these give me the energy I need to be on a spiritual high for months. Jesus allows priests to have these experiences to show us just how much power we have in Holy Orders. If all the angels that surround the altar every time I celebrate Mass were to manifest themselves, I would probably faint from the excitement and power of God.

My two keenest interests in the priesthood are youth work and Vocation promotion. I have great hope in our young people. Jesus is raising up an army of young people who are madly in love with Him, love His Church and desire to be instruments of the new evangelization. I know that there is a revolution coming as more young people awaken to the lies of this world and throw out old and tired liberal ways for more traditional and solid elements of the true faith based on a loyalty to the Magesterium, love of Mary, great respect and devotion to the Eucharist and an openness to all the charismatic gifts of the Holy Spirit. I am very fortunate to be a priest and to be able to minister and guide these soldiers of the new evangelization.

I am also keenly aware of the need to promote the vocations of priesthood, religious life and permanent diaconate. I am proof positive of the fact that simply asking the question, "Did you ever think of...?" really works. Remember, if we don't plant the seed then the Lord will have nothing to water! We have been blessed with many fine priests, sisters, brothers and deacons in the past, in the present and will continue to be blessed in the future. This diocese is just full of vocations. We need to cooperate with Jesus and help to nurture them. Parents, never fail to present religious life as a positive option for your children. Remember, your children listen to you – your words and actions can have both a positive and negative effect on their attitude to religious life. So be very careful.

Something that the secular world has a very hard time understanding about the priesthood and religious life is the value of celibacy, obedience and simplicity of lifestyle. These may be foreign to the world, but are an integral part of the priesthood and religious life, and so of mine. Rather than seeing them as a burden, I appreciate them as a joy. Celibacy is the living out of St. Paul's well-known exhortation: "The unmarried man gives his mind to the Lord's affairs and how he can please the Lord; but the man who is married gives his mind to the affairs of this world and how he can please his wife, and he is divided in mind. So, too, the unmarried woman, and the virgin, gives her mind to the Lord's affairs and to being holy in body and spirit; but the married woman gives her mind to the affairs of this world and to how she can please her husband. I am saying this only to help you, not to put a bridle on you, but so that everything is as it should be, and you are able to give your undivided attention to the Lord." (I Cor. 7:32-35). Obedience and simplicity of lifestyle is the practical method of following our Lord's advice to the rich young man: "If you wish to be perfect, go and sell your possessions and give the money to the poor, and you will have treasures in heaven; then come, follow me." (Mt. 19:21).

I could write lots more, but I think you get the general drift of this article. The Lord called me directly and through others. I love being a priest and it is a very great time to be a priest. I will end this reflection with asking all of you to join with me in prayer. Please join me in praying one decade of the Rosary every day for vocations from this diocese in the service of the Universal Church. Offer up your suffering, sacrifices and days of fasting for this intention. If you are a single man reading this article, I invite you to ask Jesus, "Lord, are you calling me to be a priest?" or "Lord, help me to discern my vocation in life." If you feel the Lord may be calling you I can help you with some good reading material. Please pray for support and encourage priests. All of us have said "Yes" to the Lord and desire to be of service to Him through you. In following the Lord we have left everything behind, but have gained more than we could ever imagine. It is a great life! And this is why I said, "Here I am Lord, send me...!

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OBITUARIES

ANTOINE - Hilda A.

Passed away in Cornwall, Ontario on Thursday, February 24th, 2000.

Mrs. Hilda A. Antoine (nee Gogo), in her 84th year, born in Aultsville.

Dear daughter of the late Ernest Gogo and the late Addie Bird.

Beloved wife of Lyle Antoine.

Loving mother of Bernie Turgeon (Donalda) of Cornwall, Ontario, Gary Antoine (Jane) of Prince Albert, Saskatchewan and Myrna (Mrs. Jack Marshall) of Cornwall, Ontario.

Dear sister of Floyd Gogo (Jean) of Cornwall, Ontario, Barbara Arbuthnot of Mississauga, Ontario, Gladys Cook of Burlington, Ontario and Lillian Gould of Brockville, Ontario.

Sadly missed by 7 grandchildren and 9 great-grandchildren.

Predeceased by her sister Muriel Lockhart.

The funeral took place in the Chapel of the McArthur Bros. & MacNeil Funeral Home & Chapel, 428 Second Street East, Cornwall, Ontario on Saturday, February 26th, 2000 at 10:00 a.m. Rev. Katherine Gregory from Knox St. Paul's United Church officiated. Interment will take place in the Spring in St. Lawrence Valley Union Cemetery.

SMITH - Irene

Passed away at the Versa Care Centre, Cornwall, Ontario on Thursday, February 24th, 2000.

Dear daughter of the late Henry Smith and the late Margaret Smith (nee Charlebois).

Dear friend of Jean Gosling of Cornwall, Ontario.

Survived by her nieces Audrey Venier and Shirley Wells, both of Massena, N.Y., Beverley Cardinal and Sandria Clouthier both of Ottawa, Ontario, 5 great nieces, 6 great nephews and several great-great nieces and nephews.

Predeceased by her brothers Albert, Gordon and Lloyd Smith, sisters Maude Nugent and Beatrice Smith and niece Doreen Smith.

Rested at the Wilson Funeral Home, 822 Pitt Street, Cornwall, Ontario.

A funeral service was held in the Chapel of the Wilson Funeral Home on Monday, February 28th, 2000. Rite of Committal to be held at a later date in St. Columbans Parish Cemetery, Cornwall, Ontario.

OBITUARIES

Mrs. Smith was a retired employee of the Hotel Dieu Hospital.

Funeral arrangements were under the care of Wilson Funeral Home, 822 Pitt Street, Cornwall, Ontario.

TARDIF - Andre Donald

Passed away at the Janet MacDonell Pavilion, Cornwall, Ontario on Thursday, February 24th, 2000.

Mr. Andre Donald Tardif, in his 42nd year, born in Cornwall, Ontario and formerly of 450 Gillespie Avenue, Cornwall, Ontario.

Dear son of the late Raymond Tardif and Beatrice Stang.

Loving brother of Jean-Pierre Tardif (Maddy) and Francois Tardif (Penney) both of Cornwall, Ontario.

Dear grandson of the former Catherine Quesnel.

Sadly missed by nieces Brittany and Kaitlyn Tardif, nephew Nicholas Tardif, Godparents, Donald and Pauline Primeau and by many aunts, uncles and cousins.

Predeceased by his grandparents, Victor Stang, Francois Tardif and Marie Anne Gregoire.

The funeral took place on Monday, February 28th, 2000 from Lahaie & Sullivan Cornwall Funeral Homes West Branch to St. John Bosco Church followed by cremation. Rev. Laurier Rivet of St. John Bosco Church officiated.

The pallbearers were The Nativity Guards.

BELANGER - Barbara Ann Joan

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Saturday, February 26th, 2000.

Mrs. Barbara Ann Joan Belanger, in her 47th year, born in Cornwall, Ontario and formerly of 30 Dunbar Avenue, Cornwall.

Dear daughter of Orian Joan Laprade of Cornwall, Ontario and the late George Watters.

Beloved wife of Larry Belanger.

Loving mother of Denis McCullough (Getged) of Cornwall, Ontario and Richard McCullough (Angela) of Marysville, Ontario.

Loving step-mother of Danielle Belanger (Harvey), Donna Belanger (Gerry) both of Cornwall, Ontario and Diane (Mrs. Sal Venna) of Ottawa, Ontario.

Dear sister of Morgan Watters, Wilson Watters (Pat), Christopher Watters (Sue), Sandra (Mrs. Jim Cutler), Brenda (Mrs. Jack Bedard), Nora Watters, Darleen Watters, Cindy Watters all of Cornwall, Ontario and Denise D'Aoust of Edmonton, Alberta.

Loving grandmother of ten grandchildren.

The funeral took place on Tuesday, February 29th, 2000 from Boulerice Funeral Home Ltd., 218 Montreal Road, Cornwall, Ontario to Nativity Co-Cathedral at 10:00 a.m., followed by cremation in South Branch Crematorium. Rev. Real Leveque, associate pastor of Nativity Co-Cathedral officiated.

The pallbearers were Dave Mercier, Mike Boudrias, Albert Quenneville, Stuart Foster, Keith Trudeau and Chuck Lalonde.

LEGOURRIEREC - Leona "Lee"

Passed away peacefully on Saturday, February 26th, 2000.

Mrs. Leona "Lee" LeGourrierec, in her 60th year, born Leona Lily Starling in Matheson, Ontario.

Dear daughter of the late Cecil Starling and Leona Helen Starling (nee Piper).

Loving mother of Donna Goldsmith (Bill) (nee Dickieson) of Toronto, Ontario.

Dear sister of Mory Ramsey of Vancouver, B.C.

Grandmother of Douglas Garland (Chantal) and Patrick Garland.

Visitation was held at the M. John Sullivan Funeral Home, 341 Pitt Street, Cornwall, Ontario. The Funeral Liturgy with Eucharist was celebrated in Trinity Anglican Church on Wednesday, March 1st, 2000 followed by cremation. The Reverend Christine Piper, Assistant Curate presided. Musical selections were offered by the Trinity Church Choir, accompanied by Ken Jones, Organist. The Lay Reader was Jim Ward. A reflection of Lee's life, a poem entitled "Pleasure and Sorrow" by Robert Browning was recited by Michael Edson. Rite of Committal will take place in Maple Grove Cemetery at a later date.

The pallbearers were Douglas and Patrick Garland, Mark Stenson, Gilles Legendre, Michael Sabourin and Wayne Hart.

Mrs. LeGourrierec was a retired accountant and bookkeeper.

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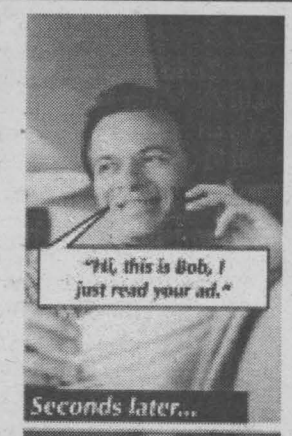



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Females Seeking Males

VERY LOVING
Hi guys..I'm a SWF, 18, N/S, who has blonde hair and hazel eyes. Very outgoing and I like writing and socializing. I'm looking for a good looking, funny, SWM, 19-23. Ad#: 7791

APPLE OF MY EYE
I am a sensitive, caring, SWF, 56, 5'5", 145lbs., brunette, with green eyes, enjoy dancing, boating and social events. I'm hoping to find a SM, 48-70, with similar interests. Ad#: 2784

☎↔☎SO HOW ARE YOU?
I'm a slim, SWF, 34, 5', green eyes, who's described as being shy, very easygoing, caring, N/S, non-drinker, hobbies are horseback riding, drawing and country music. I'm seeking a trusting, caring, N/S, non-drinker, SWM, 30-42, who's fun to be with. Ad#: 5321

☎↔☎EVERYTHING YOU WANTED
I am a funny, romantic, SWF, 18, 5'6", 130lbs., with brown hair, blue eyes, who enjoy singing, dancing and listening to music. Seeking an honest, responsible, SM, 18-23, who isn't afraid to commit. Ad#: 7786

☎↔☎FABULOUS
Hello, I am a SWF, 39, with blonde hair, shy, easygoing and honest, I sometimes enjoy reading, movies, going for long walks and dining out. I'm interested in meeting a SM, under 48. Ad#: 3077

☎↔☎SERIOUS REPLIES ONLY
I'm a brown haired, SWF, 42, 5'1", who's outgoing and easy to get along with. I enjoy going to bingo, movies and stock-car racing. I'm seeking an honest, good looking, SWM, 35-52, who loves children and would like a long-term relationship. Ad#: 2428

☎↔☎ALL THE ABOVE
SWF, 36, 5'9", medium built, with hazel-blue eyes, honest, sincere and easygoing, enjoy Straightforward and happy, I'm hoping to find a sensitive, caring, ambitious, SWM, 25-45, who likes children. Ad#: 3619

NO GAMES PLEASE!
I'm a hazel-eyed, SWF, 28 5'4, who would like to meet a kind and caring, SWM, over 30, for a possible relationship. I enjoy quiet times at home, the outdoors, children and occassionally dining out. Ad#: 9737

HELLO, IT'S ME
I am an outgoing, SWF, 22, 5'5", with brown hair, blue eyes, who is seeking a loving and caring, SWM, 28-31. My interests include the internet, reading and hanging out with friends. Ad#: 6481

☎↔☎CHARMING LADY
I'm a N/S, SWF, 48, 5'4", with blonde hair and green eyes. Bubbly, trustworthy and very honest. I have a variey of interests, and I would like to meet a N/S, SWM, 50-55, with similar qualities to spend quality time with. Ad#: 3845

☎↔☎SOULMATE SEARCHING
She's a SW mom, 37, blonde, with brown eyes, told she's attractive, hardworking, honest and emotionally stable, is seeking an honest, trustworthy, mature, SWM, 34-42. Hobbies include crafts, reading, gardening and watching movies. Ad#: 2245

ARE YOU A MATCH?
Honest, straightforward, SWF, 33, 5'2", 140lbs., brown hair and eyes, hoping to meet an honest, sincere, SWM, 33-38, for a possible relationship. I enjoy woodworking, crafts, sports and anything new. Ad#: 8226

A RARE GEM
SWF, 39, attractive, petite, with brown hair, green eyes, others say I am honest, trustworthy, caring and friendly. I'm seeking an intelligent, well-educated, SWM, 32-45, who is a good communicator. Ad#: 8301

PEOPLE PERSON
SWF, 44, 5'5", 140lbs., with blonde hair, blue eyes, social and easygoing, seeking an honest, attractive, intelligent, SWM, 36-50. I love dancing, outdoor activities and reading. Ad#: 5269

LET'S CUDDLE
Bubbly, SNCF, 44, 5', 135lbs., with brown hair/eyes, hobbies are walking, movies and crossword puzzles, I'm looking for an honest, SWM, 44-50, who can make her laugh. Ad#: 1786

PRIORITY ONE
SWF, 43, attractive, 5'2", with ash-blonde hair, hazel eyes, outgoing, has a great personality, enjoy dining, dancing, music and playing tennis. I'm looking for an intelligent, honest and affectionate, SM, 43-53, who likes having fun. Ad#: 5306

WARM WISHES
I am a fun to be with, easygoing and adventurous, SWF, 26, 5'4", with brown hair/eyes, who is seeking an outgoing, affectionate, SM, 18-29, who would like to spend quality time. Ad#: 8795

ARE YOU-THE ONE?
Caring, thoughtful, SWF, 21, short with brown hair and eyes, enjoys reading, walks, movies and spending time with my daughter. I'm looking to meet a SWM, 20-26, who likes children and wants to spend quality time with family. Ad#: 3057

GET ME BEFORE I GO
SWF, 43, who has brown hair/eyes, good sense of humor, likes to stay very active, within all sports, looking for a SM, over 19, who is outgoing, travel, and is financially secure. Ad#: 6526

TO THE POINT
SWF, 43, 5'6", brown hair and eyes, considered to be fun, happy and easy going, my hobbies include cooking, reading, walks and more. I am looking for an honest, expressive, SWM, 40-56. Ad#: 2853

FEEL AT EASE
Hello, I'm a caring, loving, SWF, 38, 5'7", with light brown hair and hazel eyes, hobbies are walking, reading and crafts. Looking to meet a fun-loving, SWM, 40-50, who doesn't take life to serious. Ad#: 7563

IN SEARCH OF YOU..
Hi, I am a slim, blonde haired, SWF, 50, who is outgoing and vivacious. I am hoping to meet a SM, 45-60, who is outgoing, humorous and trustworthy. I like animals, reading, sewing, knitting and current events. Ad#: 1853

EXTREMELY SPONTANEOUS
Well-educated, single white female, 42, 5'5", brown hair and blue eyes, hobbies include dining out, traveling and long walks. I'm seeking a sponatneous, single white male, 40-55, with same interests. Ad#: 2568

MEANINGFUL
Finally..a SWF, 35, with brown hair and brown eyes who is professional who enjoys camping, swimming and soccer. Looking for an open-minded, SWM, over 35-45, who enjoys life and children. Ad#: 3622

☎↔☎YOUNG AT HEART
I am a friendly, sensitive and trustworthy, SWF, 33, 5'7", with red hair, brown eyes, a student, who enjoy dancing, walks, movies. I'm hoping to meet a mature, honest and responsible, SWM, 28-40, who wants to spend time together. Ad#: 6375

TIL WE MEET
5'2", black haired, brown eyed, SWF, 31, who enjoy playing pool, going out, long drives and long walks. Looking for a SWM, 32-38, who is understanding and likes children. Ad#: 2015

☎↔☎EXTRA NICE
SWF, 31, I have dark hair and dark eyes. Very open-minded, honest and trusting, I like dancing, socializing and hoping to meet a SWM, 28-36, who is also honest and trustworthy. Ad#: 4426

ALLURING PERSONALITY
Call this 5'2", blonde, blue eyed, attractive, SWF, 56, whose personality is easygoing, interests are knitting, watching hockey and staying in shape. Seeks a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

☎↔☎FIND OUT TODAY
5'4", I have blonde hair, I am also hardworking and very stable. I am a SWF, 34, who enjoys dining out, staying in shape and traveling. Looking for a professional, SWM, 30-42, who loves children and is sincere. Ad#: 9370

☎↔☎FOREVER TRUE
SWF, 32, 5'2", petite, with red hair, brown eyes, hardworking and honest, seeking an old-fashioned, SWM, 25-35, a country boy, for a possible relationship. I enjoy horses, children and general fun. Ad#: 9429

HEY YOU, LOOK HERE!
I'm a life-loving, 5'8", brown-eyed, SWF, 51, who's seeking a kind and caring, SWM, over 40, for a possible relationship. My hobbies include a variety of crafts, listening to music, the outdoors, camping and meeting new people. Ad#: 2653

SOFT-SPOKEN
Pleasant, easygoing and sensitive, SWF, 47, petite, with short brown hair/eyes, hoping to meet a tall, warm, SWM, 44-50, who has a very nice smile. I enjoy golfing, walking and swimming. Ad#: 8566

GENUINE
I'm a 5'2", SWF, 50, with curly hair and brown eyes. I'm told I am bubbly, sincere, honest and attractive. I would like to meet a sincere, SM, 45-65, who will build a relationship on honest and trust. Ad#: 2417

HAS TO BE MUSIC!
I am a bubbly, jolly, SWF, 32, 5'4", full-figured, with hazel eyes, who has a beautiful voice. I'm seeking a very romantic, secure, SM, 30-45, who loves children and music. Ad#: 2488

SEIZE THE MOMENT
Hi, I'm a SWF, 35, 5'9",120lbs., with brown hair/eyes and I am fun, easygoing and a nature lover. I would like to meet a SWM, 35-45. I will bring fidelity into a relationship. Ad#: 7573

SO HOW ARE?
I'm described as being a quiet, gentle and creative, SNCF, 20, 5'6", 125lbs., with black hair, brown eyes, who likes writing, reading, going to movies. I'm seeking an outgoing, sensitive, SWM, 19-24, who takes care of himself. Ad#: 9259

FRIENDSHIP AND...MORE
Blonde, blue eyed, SWF, 5'4", 150lbs., 56, considered to be attractive, outgoing, bubbly, enjoys swimming, traveling, flowers/romance, and more. I would like a N/S, SWM, over 40, with similar qualities and interests. Ad#: 8408

INDEPENDENT
Fit, curvy, medium height, with beautiful brown eyes, I'm a loyal, confident and passionate, SWF, 32. I enjoy cafe's, architecture and music. I'm seeking an old-fashioned, witty, considerate, SM, over 19. Ad#: 2398

HEART & SOUL
I'm an outgoing, funny, SWF, 19, 5'8", blonde, who enjoys partying and sports. I am seeking a fun, good looking, single white male, 18-25, for possible relationship. Ad#: 5222

A SWEETHEART
I'm an old-fashioned, kind and sensitive, SWF, 46, 4'11", 140lbs., who enjoys cooking, fishing, knitting and relaxing at home. I'm seeking a SWM, 50-60, for a possible relationship. Ad#: 3972

DESERVING
I'm a personable, easygoing, SWF, 33, who enjoys shooting pool, swimming, the outdoors and family-oriented activities. I'm seeking a tall, outdoorsy, SWM, 29-36, who shares similar interests, for a possible relationshiop. Ad#: 3292

WHY NOT?
A shy, friendly, caring, kind, single white female, 39, 5'1", 115lbs., brown hair and eyes, with a good sense of humor. I am looking for an intelligent, secure, single white male, 32-45, for a friendship first. Ad#: 4618

APPLE OF MY EYE
I'm a 5'8", SWF, 29, 150lb., with blue eyes and brown hair, hobbies are cooking an computers. I'm hoping to meet an honest, faithful, single male, 35-40. Ad#: 3919

NO SECRETS
I'm a fun, easygoing, faithful, single white female, 19, with auburn hair and blue eyes, looking for a faithful, honest, single male, 19-30, for a long-term relationship. My hobbies are reading, swimming and going for long walks. Ad#: 5459

IN GENERAL
SWF, 40, 5'3", 150lbs., with light brown hair, blue eyes, kind-hearted, funny and sensible, likes music, knitting, dancing. I'm hoping to meet an sincere and honest, SWM, over 39, who loves to laugh. Ad#: 3738

SUNNY DAYS
I am a compassionate, blonde, SWF, 33, 5'3", 115lbs., who enjoys going to antique auctions, photography and cooking. I'm seeking a compassionate, non-smoking, SWM, 35-50, who would like to start a family. Ad#: 4171

IS THERE ROOM FOR ME?
Others say that I'm a sociable, caring, single white female, 37, full-figured, tall, enjoy crocheting and being around people. I'm looking for an understanding, 36-40, for possible relationship. Ad#: 7197

LIVES FOR ADVENTURE
SWF, 19, 5'8", blue eyes, long brown hair, friends say that I'm funny, outgoing and adventurous, hobbies are horseback riding, going to the bar and having fun. Seeking a fun, outgoing, good looking, SWM, 18-24, to share fun times with. Ad#: 6599

LOVE SWEPT
I am a sensitive, caring, SWF, 19, 5'6", 135lbs., with brown hair/eyes, hobbies are horseback riding, karate and playing pool. I'm seeking a respectful, loving, SM, 19-26, to share interests. Ad#: 7075

MAGIC IN THE AIR
Open, romantic and outgoing, SWF, 18, 5'10", with blonde hair, blue eyes, enjoys moonlit walks, sports and hanging with friends. I'm looking for a sweet, employed, SM, 18-25, to get to know. Ad#: 2250

ONE YELLOW ROSE
Outgoing, SWF, 20, 5'7", with brown hair/eyes, I like doing exciting things, my hobbies are movies, swimming, dancing and country music. Seeking an honest, sincere, SWM, 20-30, who likes children. Ad#: 9914

MOVIE FANACTIC
Hazel eyed, 5'6", single white female, 18, who enjoys movies, comedy and reading. I am seeking a single white male, 18-19, who has same interests. Ad#: 8554

DREAMS DO COME TRUE
Brown hair, hazel eyed, single white female, 34, fit, easygoing, hobbies are reading, long walks and trying new things. I would like to meet a soft spoken, confident, single male, 27-42, who likes travel and children. Ad#: 3548

LET'S GET TOGETHER!
This very outgoing, hardworking, SWF, 23, 5'5", with blond hair and brown eyes, slim, who enjoys movies, bingo and more. I'm searching for an honest, outgoing, faithful, SWM, 23-32, who will not play head games and likes children. Ad#: 7066

TRUE...AND ALL FOR YOU
Others find me a quite friendly, outgoing, bubbly, SWF, 60, 5'1", slim, with auburn hair and brown eyes. Retired, I'm hoping to find a N/S, SWM, 45-65, who loves the outdoors, dancing and theatre. Ad#: 9702

THIS IS IT
SWF, 21, 5'3", with long brown hair, blue eyes, my hobbies are going to the bar and karaoke. I'm seeking a caring, fun-loving, SWM, over 30. Ad#: 2579

HELLO, IT'S ME
Intelligent, single white female, 18, like walking on the beach, talking on the phone and cooking. I would like to meet a tall, muscular, blue eyed, single white male, 18-20, who is very caring. Ad#: 6220

ATTENTION GENTLEMEN...
My interests include ski-dooing, listening to music, tattoos, and I'm a skeptic, loving, SWF, 18, 5'5", with short auburn hair, green eyes. I'm seeking a good looking, nice, SWM, 18-20. Ad#: 6488

SERIOUS REPLIES ONLY
I am a serious, honest, SWF, 41, 5'5", with brown hair/eyes, who enjoys long walks, reading and going to movies. I'm seeking an easygoing, SWM, 38-49, with similar interests. Ad#: 1036

FRIEND FIRST
I'm an easygoing, fun, SWF, 22, 5'5", 123lbs., with dark hair, blue eyes, who hobbies are dancing, reading and watching movies. I'm looking for an honest, loyal and truthful, SM, 25-30. Ad#: 6927

EVERYDAY GETS BETTER
Don't pass me by..."I'm about a 5'3", hazel eyed, SWF, 30, with a medium build, just a vision of loveliness I tell you. I'm very outgoing, humorous and you should be an easygoing, SWM, 27-35, who enjoys sports. Ad#: 1252

MAKE IT POSSIBLE
Fun, practical, caring, SWF, 19, 5'6", 135lbs., with changing eyes, hobbies are rollerblading and the outdoors, will bring humor to the relationship. Seeking a spontaneous, adventurous and honest, SWM, 20-32. Ad#: 2937

MELODY OF LOVE
Quiet, funny and silly, SWF, 20, 5'4", 100lbs., with brown hair, likes writing, dancing and trying new things, is seeking a fun, secure, stable, SNCM, 19-35. Ad#: 8163

END THE SINGLE LIFE
I'm an emotional, average-looking, SWF, 31, 5'2", who's seeking a SWM, 29-40, for a possible committed relationship. My hobbies include a variety of crafts, reading, the outdoors, computers and gaining new knowledge. Ad#: 7527

PERFECT MATCH
The following lines may change your life...I'm a SWF, 33, 5'7", blonde, blue eyed, has a great smile, who's fun and enjoys life. My hobbies are movies, music and dancing. I'm hoping to meet a tall, sensitive, N/S, SM, 29-43, enjoys animal/children. Ad#: 2142

ONE SWEET DAY
Meet this personable, SWF, 31, 6', with brown hair, blue eyes, who enjoys crafts, walks and dining out. She seeking an accepting, non-judgmental, SWM, 19-40, for a possible relationship. Ad#: 4268

MAKE THE CONNECTION
I'm a 150lb., SWF, 18, 5'8", who enjoys laughing, cycling, reading, sports and the outdoors. I'm seeking a life-loving, SWM, 18-22, for a possible long-term, committed relationship. Ad#: 5992

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

REACH FOR THE STARS
Would you believe that this blue-eyed blonde SWF, 18, 150lbs., is single? She's interested in meeting a SWM, 18-23, for a possible long-term relationship. Her hobbies include shooting pool, socializing and meeting new and exciting people. Ad#: 7025

CHASING A DREAM
Set the mood for this caring and loving, SWF, 21, 5'3", 140lbs., who enjoys sports, spending quality time with family and friends, by giving her a call. She's looking to meet a caring and loving, SWM, 20-30, for a possible relationship. Ad#: 1722

STRAIGHTFORWARD
Honest, caring, SWF, 20, 5'2", 115lbs., with green eyes, enjoys camping, swimming and going for walks, is seeking a trustworthy, SM, 22-26, to get to know. Ad#: 2109

JUST TO BE CLOSE TO YOU...
I'm a personable, SWF, 56, 5'6", who's seeking an honest and caring, SWM, 48-50, for a possible relationship. I enjoy dining out, dancing, the outdoors and living life to the fullest. Ad#: 4544

LET'S MINGLE
Fun-loving, caring, outgoing, SWF, 23, likes going out and having fun. Would like to meet a SWM, 26-30, who enjoys having a good time and loves children. Ad#: 4873

THE SEARCH IS OVER
Slim, SWF, 42, 5'5", 138lbs., with brown hair/eyes, outgoing, fun, honest, hobbies are sports and the outdoors, is seeking an honest, sincere, secure, SWM, 38-45, who loves children. Ad#: 9860

TO THE POINT
Honest, good humored, SWF, 50, 5', with hazel eyes and red hair, she enjoys all types of sports, seeks a honest, trustworthy, SWM, 50-65, who's family-oriented. Ad#: 1295

READY TO SETTLE DOWN
Full-figured, SWF, 30, 5'4", has a caring personality, likes having fun, hobbies are baseball, walking and volleyball, is seeking a compassionate, accepting, SWM,. 29-40. Ad#: 8907

ROMANTIC MOMENTS IN TIME
Medium built, SWF, 33, 5'5", with blond hair, brown eyes, warm, compassionate and fun-loving, enjoys crafts, horseback riding, the outdoors, is seeking a SM, 28-45, with similar qualities. Ad#: 3341

HOLD ON TO YOUR HEART
I'm a hazel-eyed, sweet and romantic, SWF, 18, 5'7", who's seeking a life-loving, SWM, over 30, to possibly share the joys of life with. My hobbies include going to the beach, socializing and occassionally dining out. Ad#: 2301

FIND OUT TODAY
Funny, outgoing and very honest, SWF, 22, likes sports, good conversation and candlelight dinners. Is looking for a SM, 22-28, who likes children and can make her laugh. Ad#: 6084

CLASSY LADY
SWF, 40, 5'4", with blonde hair, freckles kind, caring and generous, interests are gardening, long walks, movies, music. Searching for a SM, 35-45, who is honest and compassionate. Ad#: 9155

CUDDLY & LOVEABLE
Blonde, blue eyed, SWF, 44, 5'3", with a medium build, has a great sense of humor, enjoys the outdoors, cooking and baking, is seeking an easygoing, hardworking, SWM, 30-45. Ad#: 5865

MATTERS OF THE HEART
Medium built, SWF, 38, 5'9", with brown hair, hazel eyes, outgoing, understanding, compassionate, enjoys meeting new people and making new friends. Seeking an honest, SM, 28-45, who is full of life. Ad#: 6721

TYPE "A" PERSONALITY
I'm a somewhat-shy, outgoing and reliable, SWF, 24, 5'9", who's seeking a kind and considerate, SM, 24-32, for a possible relationship. I enjoy long-walks, the outdoors and sharing special times with family and friends. Ad#: 1560

NO GAMES!
Outgoing, SW mom, 26, 5'6", 140lbs., with long brown hair and blue eyes, likes to enjoy things as they come, hobbies includes anything outdoors, is seeking a "real", SWM, 27-38. Ad#: 6623

FRIENDSHIP FIRST
SW mom, 23, 5'3", 175lbs., with a medium build, fun to be with, outgoing and funny, enjoys camping, walking, movies, is seeking a SWM, 26-30, who loves kids and has similar interests. Ad#: 6453

A RAY OF SUNSHINE
Call this fun, humorous, single white female, 44, describes herself as 5'4", brown hair, green eyes, enjoys reading, gardening, and the outdobrs. Seeking a single white male, 39-49, who has similar characteristics. Ad#: 4488

HILARIOUS
Medium built, SW mom, 23, 5'3", 170lbs., with brown-red hair, easy/outgoing, fun to be with, likes walk, movies and dining out, is seeking an outgoing, fun, SWM, 26-30, who can take a joke. Ad#: 3963

SOLID VALUES
I'm a brown-eyed, SWF, 25, 5'1", who's fun-loving, kind and caring. I'm interested in meeting a life-loving, SWM, 24-29, to share the joys of life with. I enjoy romantic dinners. Ad#: 2126

SERIOUS INQUIRIES ONLY
Find out more about this fun-loving, single white female, 19, 5'7", 150lbs, seeking an easy going single white male, 18-24, to share a lifelong relationship with. Ad#: 8757

DETERMINED
Ambitious, outgoing and hardworking, SWF, 34, 5'7", with brown hair, green eyes, enjoys long walks, movies and skiing, is seeking a hardworking, SWM, 32-42, who loves family and country life. Ad#: 8201

HAPPY-GO-LUCKY
Honest, outspoken and caring, SW mom, 36, 5'2", 155lbs., with blonde hair, green eyes, likes camping, walks and baseball, is hoping to meet an honest, giving, SWM, 36-45. Ad#: 9142

GENTLEMEN...
Be part of my tomorrow. I'm a 5'1", 110lb., WWF, 59, who's seeking a kind and caring, SWM, 55-63, for a possible relationship. My hobbies include living life, the outdoors, woodwork, sewing and going to the movies. Ad#: 8895

NO HEAD GAMES!
SWF, 21, 5'5", 190lbs., with brown hair, green eyes, fun, easygoing, honest and caring, is in seaarch of a caring, sincere, SWM, 21-38. She enjoys long walks, romantic dinners and music. Ad#: 3808

LET'S MINGLE
Do you enjoy life and good conversation? If so, then you could be the perfect match for this somewhat-shy, SWF, 33, 5'7", who's looking to meet an honest and sincere, SWM, 28-40, for a possible relationship. Ad#: 5844

VERY INDEPENDENT
Medium built, SWF, 23, 5'7", with brown hair/eyes, reliable, honest, doesn't play head games, enjoys long walks, conversations and movies, is seeking a mature, honest, SWM, 23-30, who is employed, for friendship first. Ad#: 3751

ELEGANCE BEYOND A DOUBT
Share the joys of life with me. I'm a SWF, 19, 5'6", who's seeking an outgoing, SWM, 18-23. I enjoy socializing, dancing, reading and occassionally going to a party. Ad#: 5320

Males Seeking Females

YOU MUST MEET HIM
SWM, 53, young looking, enjoys building, farming, fishing and walking. Looking for a SWF, 40-44, who is tall, and has enjoyed life. Ad#: 5494

☎↔☎READY FOR YOU
SWM, 49, who is intelligent and attractive, enjoy biking and skiing. I'm looking for a tall, SWF, 43-50, must also be honest and caring. Ad#: 1013

☎↔☎OPEN-MINDED
I am a good looking, SWM, 33, who is considered hardworking and punctual. I like working out, stock-car racing and wood-working. I'm seeking a SWF, over 19, who is smart, independent and dependable. Ad#: 7716

☎↔☎LOTS TOO GIVE
Jovial, easygoing, honest and outgoing, SWM, 32, stocky, with brown hair/eyes, life of the party, hobbies are cottage life, boating, movies. I'm in search of an attractive, open-minded, petite, SF, 24-36, who is outdoorsy. Ad#: 3536

STEP BY STEP
Outgoing, witty, employed, SWM, 26, N/S, 5'7", 140lbs., enjoys various activities. I would like to meet an easygoing, outgoing, friendly, fun-loving, SWF, 23-28. Ad#: 3701

KIND & CARING
I'm a medium built, SWM, 39, with brown hair, who's interested in meeting a kind and caring, SF, 28-40, for a possible relationship. My hobbies include in-depth conversation, the outdoors and meeting new people. Ad#: 1642

SEARCHING
Hello ladies, I am a 5'9", blond haired, blue eyes, SWM, 24, who enjoys sports, jogging and looking for a SWF, 19-30, who is easygoing and likes doing things together. Ad#: 5774

FABULOUS
I'm a SWM, 36, 6'4", 280lbs., with short black hair and a mustache. Open-minded and a good listener. Sports, T.V. and culling are what I enjoy. Looking for an adventurous, SF, over 19. Ad#: 6564

POET
Easygoing, SWM, 21, 6', 160lbs., with brown hair and eyes, hoping to meet an open-minded, easygoing, SWF, 18-25, with a good sense of humor. My hobbies are movies, long walks and enjoying the outdoors. Ad#: 3019

BE YOURSELF
Physically fit, SWM, 47, 5'4", 130lbs., blue eyes, brown hair, spontaneous, loves to laugh, adventurous, enjoys golf, swimming, biking, dinning out. In search of that special, good looking, energetic, easy to talk too, SWF, 25-44. Ad#: 4871

☎↔☎LOVES CHILDREN
I am a shy, understanding and caring, SWM, 27, 5'7", 200lbs., with blond hair, blue eyes, who is seeking an average looking, easygoing, SWF, 20-35. I enjoy reading, walking and movies. Ad#: 4429

TAKE A CHANCE & CALL
SWM, 49, 5'8", fit, outgoing, enjoys sports, boating and swimming, nature and the outdoors, live theatre, dancing and travel. Offering honesty, sensitivity and believes in being monogamous. Looking for a fit female, 43-54, with similar qualities. Ad#: 8472

☎↔☎OLD SCHOOL
Outgoing, friendly, SWM, 52, 5'7", 200lbs., with salt/pepper hair, hobbies are golfing, biking and other outdoor-sports. I'm looking for an energetic, life-loving, SWF, 18-59, to get to know. Ad#: 1136

DON'T PASS ME BY
6' tall, SWM, 42, attractive, warm, spontaneous, sensitive and fun to be with, loves children, animals. Seeking a SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

STABLE
Caring, loving, SWM, 36, 5'11", 150lbs., with dark hair and blue eyes, hobbies are camping, family activities and long walks. I am looking for an upfront, caring, SF, 29-40, to share each other's company. Ad#: 4008

BRINGS HONESTY
SWM, 27, 5'11", 170lbs., with blue eyes, described as being easygoing and happy, seeking a trustworthy, SF, 19-35. I enjoy playing guitar, karate and biking. Ad#: 7800

☎↔☎ONE-WOMAN-MAN
Hello, I am a 5'8", SWM, 24, who enjoys music, long walks, long bike rides and air-brushing. I am looking for an honest, loyal, SF, under 30, for a monogamous relationship. Ad#: 3693

☎↔☎MATTERS OF THE HEART
SWM, 38, 5'11", 180lbs., with dark hair/eyes, kind, caring, considerate and honest, is seeking a compatible, SWF, 19-38. He enjoys working out, golfing and more. Ad#: 4013

TIL WE MEET
I am a SBM, 18, who is very joyful and a colorful personality. I enjoy sports and I'm hoping to meet a SBF, 18, with a nice smile. Ad#: 5404

☎↔☎GOOD LISTENER
SWM, 42, 6', 199lbs., shy, quiet, easygoing, seeking a good looking, caring and considerate, SF, 35-44. Enjoy watching TV, going to the gym, working, and I can offer dependability to a relationship. Ad#: 6504

THE PERSONALITY COUNTS
Hello it's me. I'm a fun-loving, SWM, 27, 6'4", 170lbs., who's interested in meeting an honest and caring, SWF, 23-29, for a possible relationship. I enjoy socializing, meeting new people and living each day to the fullest. Ad#: 7414

GIVE ME A CALL!
Im an open, honest, SWM, 38,6', with blue eyes, hobbies are working on cars, dining out and being outdoors. Looking for an honest, professional, SF, 25-35, for a possible relationship. Ad#: 9454

EVERYTHING YOU WANTED
6', blue eyed, SWM, 47, who is bubbly and caring, enjoy woodworking, computers, fishing, reading and movies. I am interested in meeting an honest, SWF, over 19, for a lasting relationship. Ad#: 8029

☎↔☎BRINGS TRUST
I am a humorous and easygoing, SWM, 25, 5'10", husky built, with brown hair, who is seeking a tall, fun-loving, SWF, 20-35. I enjoy sports, listening to music and the outdoors. Ad#: 8252

☎↔☎IN GENERAL
SWM, 28, 5'9", medium built, with blue eyes, hobbies are going to the gym, movies and romantic dinners. I'm seeking a sincere, SF, 22-30, and I can offer loyalty to a relationship. Ad#: 4760

REACH FOR THE STARS
SWM, 24, 5'7", slim. with dark hair/eyes, funny, unpredictable and sometimes exciting, enjoy reading, working out, amateur photography. I'm seeking an attractive, independent, SF, 20-36, with no dependents and has a good sense of humor. Ad#: 9800

SOMETHING DIFFERENT
I am a N/S, SWM, 39, 5'9", 175lbs., athletic, with brown hair and eyes, reserved, yet personable, is searching for a SF, 26-38, who enjoys the outdoors, sports, woodworking and spending time together. Ad#: 8816

☎↔☎CALL ME
Shy at times, but sincere. This employed, SWM, 33, 5'3", 170lbs, brown hair/eyes, likes country music. Seeking a SWF, 30-37, no dependents, for a possible relationship. Ad#: 7210

DESERVING
I am a good looking, SWM, 38, 5'11", with brown hair/eyes, good-hearted, very good-natured, enjoys music and outdoor activities. I'm hoping to meet an attractive, athletic, SWF, 26-42, who is caring and honest. Ad#: 6450

☎↔☎LET'S TALK
I am an outgoing, humorous, SWM, 30, 6'1", clean-shaven, with blond hair and blue eyes, who is seeking an attractive, fit, SF, over 26. I enjoy walking, working on cars and computers. Ad#: 9849

☎↔☎SWEET LIKE CANDY
SWM, 19, who is known to be sweet, nice, enjoys sports, socializing, looking for a SWF, 18-20, who is honest, caring, and open. Ad#: 7668

NOT BORING
SWM, 29, who is friendly and outgoing, enjoys sports, movies looking for a honest, truthful, and caring, SF, 22-33 Ad#: 8532

WARM HEART
SWM, 53, who is fit, enjoys walking and likes to have fun, seeking for a fun-loving SWF, over 25, who is mature, honest, and has the same interests. Ad#: 1410

☎↔☎PRIORITY AD
Hello ladies, I am a 5'5", SWM, 40, with blue eyes. Hardworking, easygoing, I enjoy watching sports, car races, dining out and quiet evenings. I am hoping to meet a SWF, 38-48. Ad#: 8277

☎↔☎FOCUS HERE
SWM, 30, 5'9", 155lbs, with brown hair and eyes, personality is funny, outgoing and sometimes quiet. I am hoping to meet a SF, 30-33, who is committed and honest. Ad#: 6961

SEEKING LOVE, HERE'S YOUR MAN
I'm a brown-eyed, well-mannered, SWM, 44, 6', 240lbs., who's seeking a life-loving, SWF, 29-39, for a possible relationship. My hobbies include in-depth conversation, the outdoors, coffee-clutching and meeting new people. Ad#: 6744

OLD-FASHIONED
SWM, 32, 5'7", with red hair, blue eyes, funny, nice and caring, looking for an honest, faithful, SF, over 19. I enjoy going for walks, nature and cooking. Ad#: 7826

☎↔☎VERY FAITHFUL
I'm a SWM, 33, 5'7", 190lbs., with brown hair/eyes. Trustworthy, easygoing and honest. Self-employed and I like hockey, golf, softball, traveling and more. Searching for a SWF, 24-37. Ad#: 9160

LONG TERM
SWM, 40, who is known to be honest and caring, hobbies are cars, outdoors, quiet times, looking for a honest, trustworthy, SWF, 35-50, who is looking for a long-term relationship. Ad#: 1913

RELIGION IS A PLUS
Intelligent, calm natured, SWM, 50, 6', 215lbs, brown hair/eyes, well built, fit, hobbies includes motorcycles, reading, country life activities, is seeking an honest, loving, caring, SWF, 30-48, who's also intellectual. Ad#: 3742

CAN YOU MAKE ME LAUGH?
SWM, 33, 5'7", with a medium build, brown hair and eyes, consider myself to be responsible. I enjoy the outdoor, movies and quiet times at home. I am seeking a well-groomed, humorous, SWF, 24-37. Ad#: 4712

GIVE ME A CALL!
Single white male, 62, 6', 230lbs., with grey hair and an easygoing personality, looking to meet a single white female, 56-60, who is active, caring and friendly. My hobbies are bowling, playing cards and watching sports. Ad#: 9436

WALK INTO MY LIFE
SWM, 23, 6'3", with hazel eyes, brown hair, honest, loyal, trustworthy and kind. I'm seeking an understanding, non-judgmental, SWF, 19-30, who I can talk too. Ad#: 7862

☎↔☎MAKE IT POSSIBLE
Humorous, outgoing, SWM, 30, 5'11", slim, with dark hair and blue eyes, seeking an honest, trustworthy, SWF, 25-32. My interests include motorcycling, romantic walks and staying around the home. Ad#: 9972

☎↔☎MAGNIFICENT
I am a SWM, 26, who is described as attractive, funny, big-hearted and sensitive. I enjoy fixing things, bowling, golf and long drives. Seeking a SF, 19-30, who is trustworthy and compromising. Ad#: 3716

☎↔☎FAITHFUL
I am a fun-loving, caring and considerate, SWM, 29, 5'10", 170lbs., with brown hair, blue eyes, who's seeking a loving, caring and communicative, SWF, 19-27 a N/S. I enjoy weight-lifting, biking and of course camping. Ad#: 8646

SIMPLY PUT...
I'm an outgoing, single white male, 25, brown hair and eyes, 5'11", looking to meet a caring, single white female, 21-28, who is a good listener. I enjoy going to movies, hanging out and dining out. Ad#: 3895

☎↔☎ENTERTAINING
Intelligent, attractive, SWM, 40, 5'9", 170lbs., blue eyes, brown hair, enjoy the great outdoors and living life to the fullest. I'm seeking an open-minded, bubbly, honest, SWF, over 18, for a possible relationship. Ad#: 7555

EARTH ANGEL
I'm a medium built, brown-eyed, SWM, 22, who's fun-loving and enjoys a good laugh. I enjoy video games, dining out, dancing and living life to the fullest. I'm seeking a fun-loving, SWF, 18-29, for a possible relationship. Ad#: 2486

☎↔☎IS IT YOU?
SWM, 43, 5'11", with blue eyes, easygoing, good sense of humor, enjoy hockey, baseball and house cleaning. I'm seeking a fun-loving, sincere, SWF, over 19, who loves kids. Ad#: 3267

UPLIFTING
N/S, SWM, 40, tall, with light brown hair and blue eyes. I'm humorous and I like bowling, darts, fishing and seeking an outgoing, humorous, SWF, under 45, who likes being pampered. Ad#: 9063

Females Seeking Females

NONE BETTER
Outgoing, clean, humorous, full-figured, fun-loving, honest, SWF, 23, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 25. Ad#: 1835

LOOKING FOR A FRIEND?
Easygoing, humorous, SWF, 29, 5'6", with brown hair and hazel eyes, enjoy music, sports and dancing. I am seeking a SWF, over 19, for a friendship first. Ad#: 5784

☎↔☎JOYS OF LIFE
I am a N/S, SWF, 27, 5'3", who is generous, caring and kind. I enjoy

ENTERTAINMENT

Night 'N' DAY

Entertainment - Special Events & Restaurant Review - By Bill Gallant

ATTENTION MALES!! This will be our way of once again reminding you about a very important calendar date this Sunday, May 14th. Yes it's *MOTHER'S DAY* and time to recognize the many reasons why we annually celebrate this date. Let's start with our Mom's heavy workload like washing, ironing, dusting, preparing meals, shopping, child care, and in this day and age it usually also means that all the above work is tackled after a full day of employment outside the house. MOM's deserve to be honored and treated to something real special and we know you will set aside some time this weekend to do just that. One of the traditional events is a reservation at her favourite dining spot, so get busy and start making that call.

GEDORO'S has made plans to accommodate all Mothers with a deluxe brunch on May 14th between 10:30 a.m. - 2:00 p.m., and a roast beef buffet between 3:00 p.m. - 8:00 p.m. Both will include salad bar, dessert bar, bread bar and both feature all-you-can-eat. You may wish to take advantage of the on-going *SEAFOOD MARDI GRAS* with Alaska crab, fresh lobster and other items. To reserve a place call 938-2791.

THE NEW GARDEN RESTAURANT & DINING LOUNGE will be putting out the red carpet to honor all Mothers. They feature an all-you-can-eat *CHINESE BUFFET* served between 11 a.m. -8:30 p.m. and are located at 315 Montreal Road.

Great Spring and Mother's Day specials await you at *PORTO BELLO RESTAURANT* on Vincent Massey Drive. Call and make reservations for their *BRUNCH AND EVENING BUFFET*. Telephone 932-0070.

Because a sizeable number of our population is made up of teenagers it is nice to see the new ideas developed by the *BOWLING PALACE* in Cornwall. They will be providing entertainment for the "teens" with 10 pin bowling as the anchor. The Palace management have started a program to accommodate all teenagers that consists of 3-1/2 hours of bowling between 7:00 p.m. - 10:30 p.m. every Sunday night. This will be *COSMIC BOWLING* and you will see the lanes, the balls and the pins all aglow. Included will be 3-1/2 hours of the latest DJ spun music, laser lights and other fun things.

Each teen will also receive 2 slices of pizza and a soft drink. It will be worry-free entertainment for parents as well as the Palace will be supervising throughout the evening and the bar facilities will be closed. You can reserve now for the start of this program on May 14th by calling 933-7467 to reserve a lane (minimum of 5 per lane).

THE WING HING CHINESE BUFFET RESTAURANT on Second Street East welcomes all MOM's and families to their lunch or dinner on Mother's day between 11a.m. -9 p.m. Featured in the buffet selection is turkey, shrimp or chicken brochette, roast beef, snow crab,frog legs and many other items. They also have a take-out service.

How about a relaxing Mother's Day event at *SUMMERHEIGHTS GOLF LINKS*!! Always a great array of delicious food and a happy atmosphere. They remind you to call early to make that reservation for Mom and family.

All members of the *CORNWALL ROTARY CLUB* and the *SUNRISE ROTARY CLUB* will be out in full force this Saturday, May 13 as they play host to the *8TH ANNUAL DISTRICT 7040 ROTARY FOUNDATION WALK*. The event will take place on a five-kilometre stretch along the banks of Lamoureux Park and will include Presidents and members from over 60 Rotary Clubs in eastern Ontario, Western Quebec and Northern New York State. The walk begins at 10 a.m. and it will include a tour of the waterfront and a stopover at the Rotary Eco Gardens.

Then on Tuesday, May 16th the folks at McDonald's Restaurant's three locations will be staging another *McHAPPY DAY* to help raise funding for the Children's Treatment Centre. Paul Connolly, owner of the three local family restaurants is hoping to raise over $10,000. from the all day event. Half of all monies collected raised is going to the treatment centre and the other portion to Ronald McDonald House in Ottawa. You can assist in the cause by purchasing a Big Mac or Bagel or a McFlurry from several local personalities that will be behind the counter at McDonald's for the day.

Our own *CORNWALL COLT'S* will be returning in a couple days from their all-out effort in the Royal Bank Cup national hockey tournament in Western Canada. Unfortunately they lost a couple very close games and will not participate in this weekend's medal round, but they can hold their heads high, as the Central Junior League hockey champs and the Fred Page Cup winners. It has been a terrific year for coach Al Wagar and his Colts and they deserve a rousing welcome on their return to Cornwall. We suggest you listen to Radio 101.9 Blaze for updates on the team's arrival time back in Cornwall.

Until next week,G'day and G'night.

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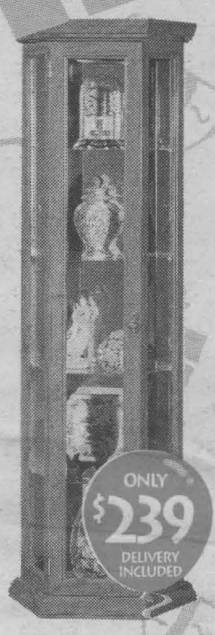

MOTHER'S DAY IS COMING UP! SO TAKE ADVANTAGE OF ALL THE SPECIAL BIRTHDAY PRICES IN EVERY DEPARTMENT, AND GET SOMETHING NICE FOR YOUR MOM!

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