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SEAWAY NEWS

January 12, 2001 VOLUME 15, ISSUE 2 SERVING CORNWALL AND AREA



Carn*val 2001 was officially launched on Tuesday, January 9th, 2001 at a glittering media reception. Sponsors, dignitaries, media and special guests were on hand as Cornwall's most popular winter event enters its fourth year of family fun and festivities. The Cornwall Chamber of Commerce and the City of Cornwall have once again collaborated to make Carn*val 2001, with its dinosaur theme, a reality.

Pictured above is Erica Lynn Ouellette, Princess for Eastcourt Mall; Peter Gault, Busitech; Jamie Cameron, Remax; Rick Shaver, Chairman of Carnival 2001 and Terry Landon, Remax. *See related story on page 3.*

Photo by Chris McPhee

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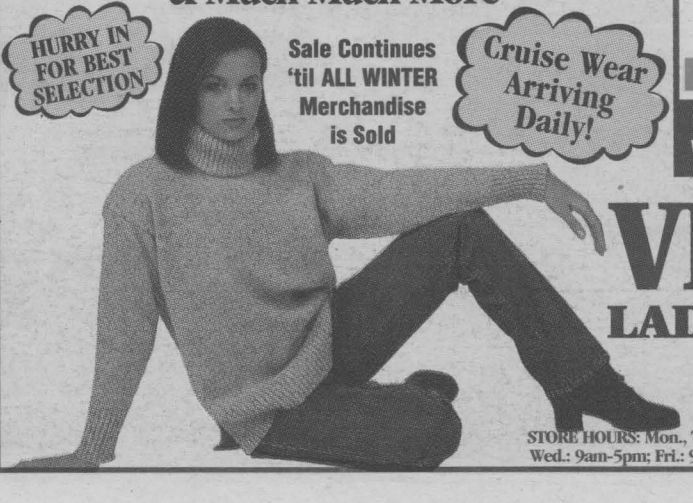
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LOCAL

High Tech Company Recruits In Cornwall

Computing Devices Canada (CDC), one of the first high tech operations to locate in Ottawa over 50 years ago, has come to St. Lawrence College to recruit electronics engineering technologists.

Electronics Engineering Manager for CDC, J. Allan Jarvo, provided graduating students with information about his company as well as some insight on the challenges of new recruits in a high tech company. "Expectations are high out there," he warned. CDC, however, is not looking for over achievers. "We're looking for 'attitude' and individuals who want to learn. In return, the company offers a good salary, every other Friday off, benefits and a very interesting work environment."

CDC is a military company that develops programs in ground, sea and air combat systems. Like most high tech companies, it is always looking for new recruits. "Good technologists are hard to find." Jarvo, a Cornwall native, is responsible for hardware development at CDC and has two support teams who report to him. He decided to recruit at St. Lawrence College because it is his alma mater. "I hired two graduates from the Kingston campus last year who had taken the same course I did and they've exceeded expectations by a great deal. The Microcomputer students in Cornwall have a greater software background so I've forwarded qualified resumes to the Software Engineering Manager. "I had a good time talking to potential new grads," he explained, "and I am hoping to get a couple of them working at CDC."



Allan Jarvo (right) of Computing Devices Canada speaks to College Microcomputer Engineering Technology students in an attempt to find new recruits to work for his company in Ottawa. Four of the dozens who went to the presentation are picture here (left to right): Julie Duval, Pascal Dallaire, Colin Samuel and Sherry Kenney.

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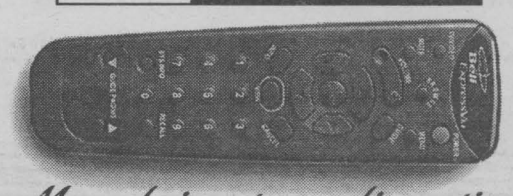

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Big Brothers/Big Sisters Bowl For Millions

Cornwall Police Chief Tony Repa, Chairperson of the 2001 Big Brothers and Big Sisters Bowl for Millions is challenging residents of Cornwall and SD&G to take part in the 2001 Big Brothers and Big Sisters Bowl for Millions on a team of five or six co-workers, friends, fellow students, club or family members.

Chief Repa explains, "Bowl for Millions has been the major fundraising activity of the Big Brothers and Big Sisters of Cornwall and District since 1979."

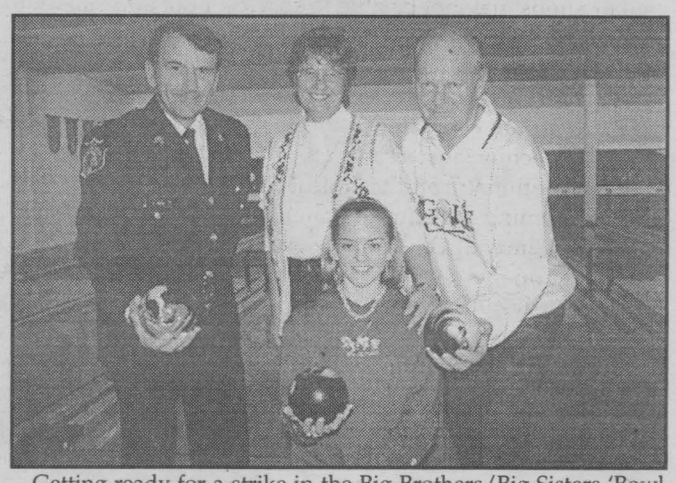
The 2001 Bowl for Millions will take place on Saturday, February 3rd, 2001 in Cornwall at Olympia Bowl, Nativity Lanes, and the Bowling Palace of Cornwall, and on Sunday, February 11th at the Alexandria Lanes in Alexandria and at the Chesterville Bowling Lanes in Chesterville.

Team entry forms and sponsor sheets can be obtained now by contacting the local Big Brothers/Big Sisters office at 933-8035 or by dropping by the office at 101 Third Street West, Cornwall.

Team entry forms and sponsor sheets are also available at the Chesterville Bowling Lanes, Main Street, Chesterville and the Alexandria Lanes, 296 Main Street, Alexandria.

Once teams are formed, the names of team members should be called into the local Big Brothers/Big Sisters office at 933-8035 or faxed to the office at 933-8747.

Chief Repa says that a variety of prizes have been lined up for this year's Bowl for Millions with the grand prize being $500 donated by the Rotary Club of Cornwall. There will also be a special draw for $300 for bowlers having pledges totalling $100 or more.



Getting ready for a strike in the Big Brothers/Big Sisters 'Bowl for Millions' is Committee Chairman and Police Chief Tony Repa (left), Big Sister Diane Grannary, Honourary Chairman Hermann Rogalsky, and kneeling in the front is Little Sister Meagan Malone.
Photo by Chris McPhee

Brian Lynch, executive director of the local Big Brothers/Big Sisters agency, states that the public's continued participation in Bowl for Millions will be greatly appreciated by the local agency and the children it serves.

Lynch said, "Funds raised in this year's Bowl for Millions will be used to recruit, screen, train, and match caring, responsible adult volunteers with children from single parent families in Cornwall and SD&G in need of adult friendship and guidance and to follow up on the existing matches." He added, "Last year was our best year with 1,340 bowlers who raised a total of $72,000."

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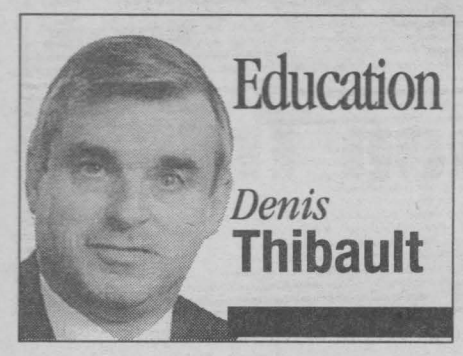

OK, so the sky is not falling, but did you know that we have major problems shaping up on the horizon? Auto dealers and car repair shops are heading for a major car wreck. In these good times, a crisis looms for their customers and maybe their business survival. Very soon, vehicle dealers and repair shops may not be able to service the vehicles they sell or usually repair. Some of them are there now:

Consider this:

- There is an estimated shortage of 60,000 technicians in the USA and 15,000 nationally and technical staffs are becoming too slim to match customer demand. Source of information happens to be "Automotive News, July 10th, 2000.
- The shortage is also obvious in Stormont, Dundas, Glengarry, Prescott, Russell Counties and some businesses are starting to address this issue.
- Horror stories are surfacing, such as the one about the dealer with a 28 bay facility and only two technicians. Similar stories are developing in our area.
- The pool of available people, let alone qualified people, is getting smaller or is non-existent.
- More and more shops are hanging on to poor performers because the loss of a warm body outweighs the effects of poor performance.
- High potential youngsters are not becoming automotive technicians because being labelled a "grease monkey" is not cool and they are being steered away by parents and school guidance counsellors. Even interested youngsters face a large investment for tools.
- Educational programs that might bring new talent in to the fold are quite limited by the variable quality of high school and college technical curriculum or capacity to deliver. Poor performing students sometimes are steered to guidance teachers who consider "manual trades" as dumping grounds when these trades are now highly technical in nature.
- Post high school programs are expensive and dealerships programs are inconsistent, burdened with unrealistic expectations and often not up to the task of bringing people into the business with reasonable expectations of success.
- Competition among employers for a scarce work force is unrelenting; even related industries such as airlines are recruiting dealership technicians. As vehicles become more complex, they are harder to service; more education needed. At the same time, older experienced technicians with vast knowledge are retiring.
- And factory certification programs have raised the bar by setting new service performance and customer satisfaction standards.

So what can we do? What can you do? What can be done to throw the switch and put the train on a different track? How do we increase the talent pool and satisfy the demand for quality service?

The role of the automobile technician must be viewed in a new light. "As technology becomes more intricate, the technician moves from a class of "labourer" to that of "knowledge worker," the same as computer technicians, paramedics and surgeons," says Bob Kealy from Automotive News. I am starting to believe he is right.

Dealers and repair shops must help develop viable technical school programs. They must also use the school to work transition programs a lot more than they have in the past. They must support efforts to bring new people into the business by offering easy access to training and supporting local educational institutions with wide availability of current technologies.

Schools must be more focused on their role in helping develop our work force of the future. Guidance as experienced in the past and to some extent still existing today, must improve dramatically. I don't mean to include all guidance counsellors in my comments but experience has demonstrated that a large number are way off base when advising students, as they have no or very little labour market information at their disposal and therefore live in the past or the world of schools.

The train is rolling; it's time to throw the switch! Are you part of the problem or will you be part of the solution? If you want to help solve the problem, call the Eastern Ontario Training Board at (613) 932-0210 or the Apprenticeship Branch offices at (613) 938-9702. Tell us that you are interested in joining the Automotive Local Industry Council. We need you to work with us to help you solve our mutual problem.

Again, we thank the Seaway News for the opportunity to get to you and we look forward to your letters to the editor or phone calls on this and other education and training matters.

Ice Age Rocks

Carn*val 2001 begins Tuesday, February 6th, and for the next six days, thousands of people are expected to throng to Pitt Street Promenade, Le Village and the entire downtown area to enjoy the sights, sounds, activities and most of all...the fun. Lamoureux Park will come alive with huge snow forts, ice castles and skating rinks along with food vendors, musical entertainment, a spectacular fireworks display and more.

Mayor Brian Sylvester welcomed everyone to the launch of Carn*val. "This is a wonderful week for the City," he stated. "It's fun for young and old, it's good for our local businesses and it gives Cornwall a most positive profile. Our hats are off to the Organizing Committee for its hard work in putting the week-long festival together. We also want to thank the many sponsors who are so important to the success of the event itself."


Sylvester

Along with principal sponsors, Busitech, RE/MAX Cornwall, and Ramada Inn, organizers are pleased to welcome the Ontario Lottery and Gaming Corporation which is sponsoring Carn*val Centre, a place for young and old. Located in the Backstage area of the Complex, Carn*val Centre will offer games, crafts and fun for children along with seniors activities including tea with the Mayor and other local dignitaries.

Guests, Carn*val 2001 sponsors and dignitaries alike were introduced to the Queen Gala contestants, five of Cornwall's bright young people. Accompanying the contestants were their sponsors, members of the local business community.

CARN*VAL FEBRUARY 6 - 11 FÉVRIER 2001

A number of local businesses and merchants are caught up in the fun and excitement of the week. There will be horse-drawn sleigh rides throughout the downtown area, restaurants will have Carn*val week menus and merchants will offer a wide variety of promotional activities.

Activities during the week range from children's programs and seniors teas at the Civic Complex, skating, a corporate challenge pitting many City industries against one another in friendly challenges, a teen dance, outdoor sound and light show, and much more.

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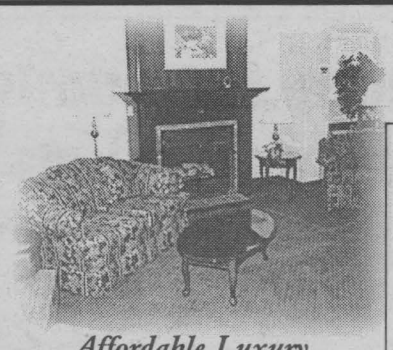

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Murder In The Afternoon: An Afternoon Tryst Turned Deadly For Sillvinea Parry



Crime Flashback

Max **HAINES**

The weekday routine for the Parrys of Pontnewydd, Wales, rarely varied.

Sillvinea Parry awoke each morning at 6:45 a.m., dressed, ate breakfast and headed for her place of employment at nearby Caldicot Lacquer Works.

Sillvinea moved with practised caution so as not to wake up her husband, John, or their 14-year-old son, Anthony. Her husband slept soundly, getting up shortly after noon to begin his eight-hour shift at the local steel mill at 2:00 p.m.

The Parrys were a well-organized family. With both husband and wife employed, their schedules were precise. When John arrived home shortly after 10:00 p.m. each night, his wife was always there to greet him.

The night of June 8th, 1948, would be different.

That day started out as usual. Sillvinea made her way out of the house at the regular time. She met co-workers on the street and chatted with them as they made their way to the Lacquer Works. Sillvinea was excited, as she was to take delivery of her new car in nearby Newport that afternoon.

Early that afternoon, she asked her superior for time off to pick up the car. This request was granted and by 2:00 p.m. Sillvinea had left the plant. At approximately the same time, John left for work at the steel mill. That night, at 10:00 p.m., he returned home. For the first time ever, his wife was not there to greet him.

REPORTED MISSING

John and Anthony stayed up waiting for Sillvinea. On occasion, John would get up and search the neighbourhood without turning up any sign of his wife. After a night devoid of sleep, he reported her missing to the police.

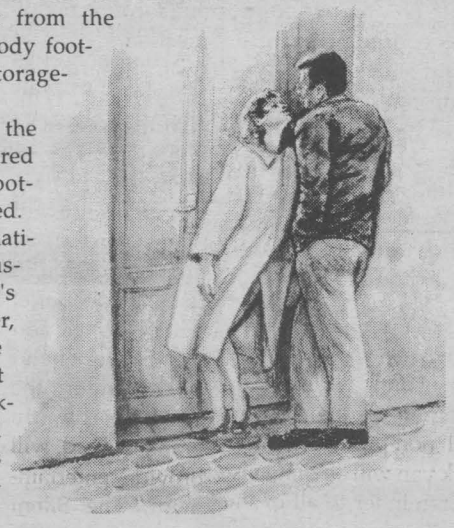
John returned to his home. Restless to the point where he couldn't sit still, he wandered from room to room. Upon entering a little room used mainly as a storage area, he came across the body of his wife under a bed, the one piece of furniture in the room. She was dressed only in stockings, shoes and a plastic Mackintosh raincoat. Beside the body was a black handbag.

Sillvinea had been stabbed three times in the left breast with a dagger, which was identified as belonging to the Parrys. She had also been beaten about the head. A piece of a shirt had been stuffed down her throat. On her left thigh was a rolled up, unused prophylactic.

Investigators were able to lift a bloody fingerprint from the purse and take bloody footprints from the storage-room floor.

All the shoes in the house were compared to the bloody footprints. None matched.

John Parry automatically became a suspect in his wife's murder. However, investigators were able to prove that John had been working at the steel mill when his wife was killed. He was eliminated as the killer.



A house-to-house interrogation of the neighbourhood was instituted. It produced startling results. Evidently, Mrs. Parry wasn't the epitome of virtue she seemed to be. As we all know, neighbours are aware of everything that goes on. Sillvinea was playing around. She was often seen leading a young man into her home after 2:00 p.m. when hubby was off to work.

As the officers continued their inquiries, one man's name kept popping up.

That man was Clifford Wills. Police went to the Wills' home, where they found the handsome, young electrician fast asleep, even though it was early afternoon. Cliff, who lived with his mother, admitted he was high on drugs. It took the police some time to bring him around. In the end, he was taken to hospital, where his stomach was pumped.

Cliff Wills was in one pile of trouble. He was wearing a blood-stained shirt.

The knuckles on his right hand were slightly cut. He explained away the blood and cuts, telling officers that he had been in a fight in a Newport pub.

Later, laboratory analysis indicated that the bloodstains on Cliff's shirt were of the same group as that of the dead woman.

The fingerprint on the purse was Cliff's. The pattern on his shoes perfectly matched the bloody footprint on the storage-room floor.

When his condition was much improved, Cliff was transferred from hospital to police headquarters. Once there, he revealed that he and Sillvinea had had a prolonged sexual relationship.

According to Cliff, on the day before the murder, he had had a date to meet Sillvinea outside the Romany Cafe at 4:30 p.m. He arrived a few minutes early and struck up a conversation with another lady friend named Margaret.

When he sighted Sillvinea arriving to keep the date, he knew she would be jealous, so he ducked her and spent the time with Margaret until 4:00 a.m. At 2:30 p.m. the next day, Cliff claimed that he met Sillvinea at her home, where they had intercourse.

Cliff continued, "After we had finished, she told me she would be ready to go to Newport in about 10 minutes. I left the house and returned in about 10 minutes, but there was no one there. I then went to Newport and met Margaret."

CRUCIAL TIME

Police didn't believe Cliff's statement. It was obvious to them that he had conveniently removed himself from the scene during the crucial time when Sillvinea had met her death.

In reconstructing the crime and trying to account for the victim's odd apparel, pathologists theorized that Sillvinea had been changing out of her work clothing when someone knocked on her door. She hurriedly threw on her Mackintosh and admitted her lover. A medical examination indicated the act of intercourse had been consensual. The prophylactic had been discarded at either her insistence or that of her lover.

The head wound suffered by the dead woman had been inflicted first. The stab wounds that followed had been fatal. The piece of shirt found in the throat had been pushed there to stop the moaning or other noises emanating from the gravely wounded woman. Quite possibly, the stabbing had taken place in conjunction with, or immediately after, the shirt had been stuffed in her mouth.

Cliff Wills went to trial insisting that his original story was 100% true.

He stuck to the same story throughout his trial, but try as he might he couldn't overcome his bloody fingerprint found on Sillvinea's purse beside her body or the bloody footprint pattern that matched his shoes.

Cliff was found guilty and sentenced to death. When sentence was passed, he remained unmoved. Many believe the reason for his calm demeanour was the fact that capital punishment was a political issue at that time and that he never thought he would be put to death.

He was wrong.

On December 6th, six months after the murder took place, Clifford Wills walked through the Cardiff fog to the scaffold where he was hanged.

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Best Western Parkway Inn Makes Donation



The Best Western Parkway Inn made a donation of $2,302 to the Children's Treatment Centre. Half of this donation was raised from a staff Christmas party organized by Mr. Paul Lefebvre, General Manager of Best Western Parkway Inn and Mrs. Doris Bellsmith, Restaurant Manager at Best Western Parkway Inn, and the other half was matched by the Best Western.

The Children's Treatment Centre provides treatment for children who have been abused and their families in our community. The Centre is dependent on the financial support of the community to maintain this service. Since the Centre was started in June 1996, it has served 558 children from 441 families in our area.

"We raise money for a worthy charity every year," said General Manager Paul Lefebvre. "We gathered up donated items this year and held an auction during the party. The staff chooses the charity."

Accepting the money on behalf of the Children's Treatment Centre is Pierre Guindon (far right), Chairman of the Board for the Centre.

North Glengarry Community Economic Development First Quarter Activities

The North Glengarry Community Economic Development Group (NGCEDG) is pleased to announce its slate of activities for the first quarter of 2001.

Following a highly successful series of All-Candidates Meetings during the municipal election, and a Forum on Environmental Issues held on November 25th, 2000 the NGCEDG will hold its next Board Meeting on Wednesday, January 17th, 2001 at the Alexandria Restaurant at 7:30 p.m. All interested parties are welcome.

Later in January, the Group will organize a Vision Meeting to discuss new directions and activities for 2001. Once again, everyone is welcome to attend. Watch for details on the time and location of this meeting.

On Saturday, February 17th, 2001 the NGCEDG will hold its first Fundraising Dinner, Dance and Silent Auction at the Bonnie Glen. A hot and cold buffet will be served and the Swing Band 2000, under the direction of Mr. Frank Collard, will provide entertainment. The Silent Auction component of the evening will offer guests the opportunity to bid on a variety of items and services donated by local businesses.

Proceeds of the evening will go to help defray the NGCEDG's activities, including the funding of the Tourist Centre. On sale January 15th, tickets will be priced at $30 per person, or $55 per couple, and will be available by calling Doreen Ashton Wagner at 525-2590.

The NGCEDG is a volunteer organization whose goal is to promote North Glengarry's rural and agricultural heritage while ensuring the social, economic and cultural growth of all citizens. The Group sponsors activities such as community workshops and networking events, social and economic surveys and studies. The NGCEDG also has operated the Tourist Information Centre in Alexandria for the last three years.

Katimavik Is In Town!

A group of 11 young Canadians hailing from communities from Alberta to Prince Edward Island arrived in Cornwall on Wednesday, January 10th, 2001. These young men and women, aged between 17 and 21, are participating in Katimavik, a dynamic Canadian youth program. They will spend 10 weeks in our fair city and then rotate with another group to discover a new host community. By mid-July, Cornwall will have had the opportunity to extend its great hospitality to 33 Katimavik participants.

During this adventure, they will live in a Katimavik house with a Project Leader who will ensure that the program runs smoothly. In addition to the different educational activities that will take place using an informal approach (environment, a balanced diet, well-being and learning a second language), participants will integrate into their host community by doing volunteer work for local non-profit organizations. The Katimavik van will be quite visible in town and a reminder to all of the presence of a group of young people coming from across Canada who are learning while helping.

Young people aged 17 to 21 interested in living the Katimavik experience can apply by calling 1-888-525-1503 or by consulting the program's website at www.katimavik.org.

Katimavik, which means "meeting place" in Inuktitut, is a non-profit corporation.



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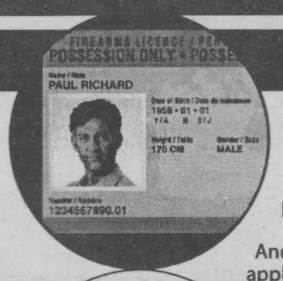
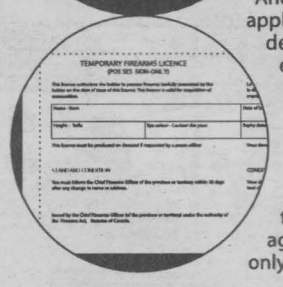


An update on licensing



The law requires that firearm owners be licensed by January 1, 2001 .

1.7 million Canadians have already complied with the licensing requirements of the *Firearms Act.*

And recently, Canadians have sent in their firearms licence applications in record numbers. To meet this over whelming demand, temporary licences are now being issued to eligible firearm owners.

Public safety remains the cornerstone of the firearms program. For example, temporary licences are only being issued to those who are successfully screened against Canadian Police Information Centre (CPIC) databases. And, like current licence holders, those with temporary firearms licences will be continuously screened against police databases. Firearms licences will be issued only to those found eligible after further screening.

These public safety checks conform to the *Firearms Act* and keep firearms away from those who should not have them.

Temporary licences will be issued to eligible firearm owners who applied in the fall. Temporary licence holders are not permitted to acquire firearms. However, they will be in legal possession of their firearms and they will be able to purchase ammunition as of January 1, 2001. Temporary licences are only valid until June 30, 2001 or until those eligible receive their 5-year licence.

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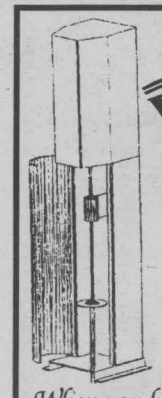

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Use a professional service as you make decisions about your hearing instrument, such as Emilienne Roy, Hearing Instrument Specialist at Roy Hearing Instrument Centre, situated at 1335 Pitt Street.

Emilienne's professional training and expertise provides individualized assistance and personal counselling for you and your family as you embark on this new world of sound.

In fact, only qualified professionals, approved for membership in the Association of Hearing Instrument Practitioners of Ontario, are allowed to use the registered title Hearing Instrument Specialist.

Emilienne, born in Quebec and raised in the Cornwall area, received her Level 1 certification in 1988, followed by her Level 2 certification in 1991. Married to husband Maurice for 30 years, and with two children who assist in various duties at the centre, Emilienne brings a sense of family and understanding, in both official languages, to her clientele.

The ability to hear is essential for both the fulfilment of individual potential and the enjoyment of life. As those who benefit from the use of a hearing instrument can testify, you will enjoy a "new life" with your new hearing instrument.

Having a complete understanding of how your hearing works, and then knowing your options for hearing instrumentation, will help you utilize your hearing instruments to the fullest potential. If you suspect a hearing loss, your first step should be a hearing evaluation. This test can be performed by Emilienne Roy, Hearing Instrument Specialist, who has been practising her craft for 16 years and is specially trained to help you identify the nature of your hearing loss. Emilienne and her staff will also select and fit the proper hearing instrument for you, and will provide support, encouragement, counselling and instruction as you learn to use the hearing instrument to your best advantage. Hearing instruments come in many types, designs, and styles.

Offering repairs to all makes of hearing aids in both official languages, the Roy Hearing Instrument Centre, open Monday to Friday from 9-5, also offers consultations, house calls and in-house clinics to nursing homes, social groups and health care servers.

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Kaleidoscope

H.B.
KANTERS

The Power Of The Situation

How much does what we see on TV or in glossy magazines influence our shopping habits? Most of us probably think we're much too smart to buy cars, clothes, bandages or beer just because we've seen a specific brand pitched to us in our own living room. Advertising professionals know better. Take one to lunch and you may hear the basic reason their business succeeds is because so few people are willing to admit the effect advertising has on them. Probe a little further and you'll learn the real function of advertising is not to lure us away from someone else's product, but to increase our satisfaction with brands we already use. It's about getting us to live vicariously through brand identification. That's why some of us use the paper towel with the greatest germ-fighting ability, while others buy only the pretty floral rolls with more instant absorbency.

Does this mean advertisers shamelessly use manipulative tricks while we become voluntary slaves in a carefully planned economic cycle? No it doesn't, because being human means we're manipulated all the time. Not really manipulated, influenced would be a more correct description, and the social scientists call it the power of the situation. It's not a wicked thing, it's just a fact of life. Humans are by nature malleable.

Take the parable of the good Samaritan in the Bible. This parable tells us there are good people and bad people. Good people help people bleeding by the roadside, bad people ignore those problems and do their own thing. That's what we believe, but then someone at Princeton conducted a study. They recreated the whole Samaritan scenario and discovered it really doesn't matter what kind of person you are, what matters is how you're primed for the specific situation.

The experimenters had helpers who primed the subject approaching the needful person by saying "You're running late" or "It's best not to get involved" or "I bet that guy is faking it." Some people helped, some didn't. It seems every one of us can be manipulated and our response is not so much about character as it is about what went on moments earlier. That's called the power of the situation.

What happens when you take children into the Wal-Mart store? They're primed to want what they saw on TV earlier, right? And then you give in because you've been primed to believe making children happy is the right thing to do. Civilized humanity has even been primed to respond to teddy bears...and pretty greeting cards, and flowers as an excuse for anything you want it to be. This is what makes others think we're nice and caring people. It's not really manipulation, it's social reality.

Advertising is propaganda for our consumer-oriented, affluent society. It's carefully aimed at influencing the decision-making process, which in turn always depends on the specific situation. Since we all spend hours glued to the television screen, it becomes important to be aware of what commercials are saying and doing to us.

Many of today's ad messages are more imaginative than the actual programming, and you can't help but enjoy them. Have you seen that polar bear family with the two cubs setting up a Christmas tree and watching the New Year's fireworks display – you don't have to be a Coke drinker to like those ads.

But my favourite right now shows a Jeep going through fields and rivers and muck up to here, then it pulls up in front of a house. As the driver walks away, the filthy little vehicle starts to shake like a doggie. Then, with mud flying in all directions, the Jeep becomes clean, shiny and new right in front of our eyes. That is brilliant advertising. If my bank-account had the power to handle this situation I'd head right over to the Jeep dealership and get me one of those puppies.

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EDITORIAL

OPINION

The Ultimate House Reforms



Doug FISHER

Proposals for reform of the House of Commons are once again fashionable. This happens every decade or so. Beyond minor cosmetics, the chances of much change are low.

Monday, the Alliance, through its House leader, Chuck Strahl, presented a package of reform proposals which obviously had not been considered for very long. He offered them after pious, condescending jabs about the tight controls Jean Chretien keeps on both ministers and backbenchers.

This initiative of the Alliance came without thorough scouting of support for House reform in the four other caucuses on the Hill. It almost deserved the jeering reactions it drew from Don Boudria, the government House leader.

Of course, Jean Chretien sees small need for House reform. He insists genuine participation in House affairs is as open now as it has been through his three decades-plus as a member. Further, through two parliaments and entering a third majority mandate, his basic strategy continues, and that is to attack the Reform-cum-Alliance party with contempt or scorn that never wavers.

My zeal for House reform began soon after I became an MP in 1957. Since then as a columnist and committee witness, I pushed the four main surges to change the House: first in the Pearson years (1964); then in the Trudeau period, notably during minority government (1972-74), then with ideas mooted in 1982 by a committee chaired by Tom Lefebvre, a Liberal MP; and then the so-called McGrath reforms, early in the Mulroney years (1984-85).

Despite many changes in House procedures and really huge increases in services for MP's, notably for constituency tasks, the significance of MP's per se has kept on sliding.

The House has become such an empty shell it's time to consider the ultimate reforms: (a) to shut down sittings, keeping a "fail safe" provision for a national crisis; (b) abandoning the farce of oral question period for a formal "scrum" each weekday featuring ministers and opposition leaders.

It is time to cut out the daily farce of the question/answer time which does neither. End the provisions for so-called House "debates" on second and third reading of bills, and instead, let small teams from each caucus present, discuss, and examine bills generally and then clause by cause.

Five Main Points

Most reform propositions touch on one or more of the following: (a) more power, scope, and research resources to parliamentary committees; (b) let committees choose their own chairman; (c) more votes in House and in committees "free" of the whips; (d) open, timely responses by government to committee recommendations; (e) approval or rejection of government nominees to high posts, after their examination by a House committee.

Some propositions are worth a long trial period, but parliamentary reform is dogged by two brutal realities.

Brutal reality number one may be put softly: The days of politicians, leisurely speaking and listening to each other are gone. Not only do MP's, including leaders and ministers, not listen to each other in House "debates;" they do not follow the debates later, either through video record or printed Hansard, and neither do those hired by the media to report on them. For more than 75 per cent of House sitting hours, no one is really listening. Far better to have brisk examination and full passage of bills by a House committee in a much smaller space.

The current "debating" is a waste of time. Most MP's of the few you glimpse in the House during "debate" were drummed there by their whips.

Speechifying in the House, noisily partisan or not, is tacitly taken by MP's themselves as both dull and inconsequential.

Moderns cannot seem to interest themselves in formal sessions of speech. House speeches are usually platitudinous and juvenilely partisan.

Reality number two is the mindless partisanship of federal politics. Sensible exchanges about legislative items or spending programs are almost impossible. Governing ministers rarely concede anything worthwhile has been contributed by opposition MP's or the House as a whole. And so in the new House, as in the last one, for almost every motion and vote there'll be five truths.

Such ingrained biases are a mockery because each party caucus tries so hard to cover as much of the centre of the political spectrum as possible.

Shades of Orwell's 1984



Meanwhile

Fred SAGEL

After five long years of trying to figure out how to do it, Premier Mike Harris and his boys are ready to introduce a multipurpose electronic identity card.

Yup, before long, the government is going to have you sitting right in Orwell's living room, handing you a card with a personal identification number that will contain a lot of information about you on it.

Swipe the card, put in your ID number and presto! your health records appear. Do it again and the card could cough up information about your driver's licence, birth certificate and vital medical data. Or check to see if you have a valid fishing licence.

But there is a dark side to all of this.

Why should any principled conservative (note the small "c") vote for such a measure? Isn't it the very nature of conservatism that calls upon government to reduce its involvement in the state? Don't conservatives believe that the less information a government has to work with respecting the private lives of individuals, the better it is for everybody?

Then why is Mr. Harris doing this?

It smells more like a liberal (and note the small "l") scheme to me.

While it may be well and good to consolidate a lot of personal information on one card, helping you to get rid of the many other cards weighing in your wallet, isn't the downside of this whole venture a whole lot more dangerous than the upside?

You're stopping progress, some will say. Why shouldn't we use technology to its vast benefit? If we could use computer chips to store information about somebody's driving record or complete health records, wouldn't that be a good thing?

Maybe. But, as in many other things, the risks could outweigh the benefits. And that is precisely why the smart-card program is meeting considerable resistance within the provincial Conservative party and by the public at large.

This is creeping government. And we should be careful.

Doesn't it worry you that there will be a steady erosion of privacy that accompanies the information age? Isn't it already clear that the police (another arm of the state) already have too much data collected on individual citizens and that the smart-card will only provide them with more information that they could use against us?

I'm already nervous that a lot of big stores want your address before they'll sell you anything. Why? Just to satisfy the needs of the computer which wants that information to collect a customer database? Whatever happened to the days when you just walked into a store, plopped down your money, and left with whatever you happened to buy without anybody asking for your telephone number, address or card information?

The smart-card will just increase that whole scenario.

It's a good thing, on the one hand, to have all of your medical records contained on a computer chip in the card. What doctor isn't better off knowing that information when he or she treats you?

But it's the potential abuse that is worrying. Who will be able to snoop into those same medical records? What about insurance companies who have a vested interest in declining coverage for each and every ailment that they don't happen to like? Won't people be able to figure out things about us that they didn't know?

What has happened to the right of privacy? The answer, it is becoming clear, is that privacy is dwindling in the information age.

Smart cards could make life easier. But boy oh boy, they could really mess things up as well. I dreaded the Orwellian society portrayed in the book 1984 when I first read it in the 60's. Now it's coming full force.

You might have a chat with your local provincial member of parliament about all this.

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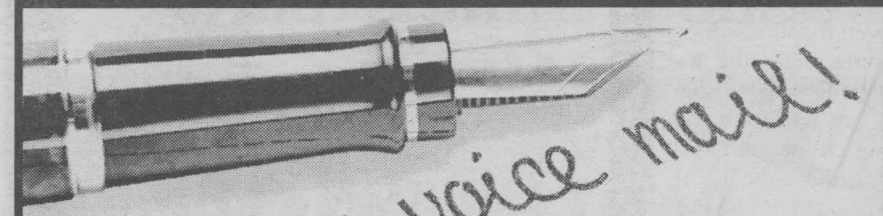

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Letters to the Editor

Benefit Of The Doubt As Lost Sheep Spokesman

Dear Editor:

"This is in response to Gérard Labrecque's letter to the editor December 26th, 2000. I'll give Gérard Labrecque the benefit of the doubt as the lost sheep spokesman for the wolves that control the Catholic Laity Committee for Justice.

Mr. Labrecque covers up the fact that there have been more than just two articles making the Committee's views known. For example, Mr. Labrecque totally hides the fact that the Committee has circulated in the community at least two calls to action. Mr. Labrecque claims that the Committee wants "truth and justice to be handled properly." If this is the case, then why didn't the Committee howl in protest when the OPP didn't meet their own deadline of October to come clean on Project Truth.

So, Mr. Labrecque, you oppose Bill 103 because some of its content is "flawed and questionable." Then why hasn't your committee come out in support of an independent inquiry that doesn't include these "flawed and questionable" things? Why would anybody in their right mind oppose an independent inquiry? The fact remains, Mr. Labrecque, that whether or not there were 100 or 300 names on a counter petition, that is insignificant when compared to over 12,000 signatures on the petition for Bill 103.

So, Mr. Labrecque, you want to put aside your bitter feelings and work together. Then I challenge you to work with me and others to hold the OPP to their promise of making the final announcement on the Project Truth investigations immediately. As a start, let us make a joint proposal to City Council to gain their support in putting pressure on the OPP to live up to their commitments to this community. I await your call.

Dan Carbonnell
Cornwall



Thanks To Local Media For Good News Stories

Dear Editor:

As environmental, legal and safety issues have proved in 2000, media coverage is crucial to public health. But it's not only the hard, news-breaking stories and tragedies that merit media attention. The Eastern Ontario Health Unit takes this opportunity to applaud the efforts of local media who, throughout this past year, have shared the good news stories also. From successful flu campaigns and helpful parenting programs to forward-thinking business and government initiatives and enthusiastic healthy school projects, these are the stories that can and do make a difference in a community. Thanks to local media, these stories are being shared, and the entire community reaps the benefits.

Sincerely,
Dr. Robert Bourdeau
M.D. FRCS(C)
Medical Officer of Health
Eastern Ontario Health Unit

Thank You From The Agape Centre

Dear Editor,

The decorations have all been put away but the memories of Christmas 2000 will linger in the hearts of many for a long time. This is especially true for the 1,718 people assisted by the Agapé Centre and the Children's Christmas Fund this year. A total of 653 baskets of food and 686 gifts for children were given out by this hard-working group.

The Children's Christmas Fund is a committee representing many service clubs in the Cornwall and surrounding area that raise funds and provide the manpower to put the baskets together. All this to ensure that the less fortunate can have a good Christmas. Thank you so much to all service club members who assisted at distribution and especially to Peter Morgan and Gerry Grant who worked so hard to help plan for the coordination of the application process.

Thanks to the generosity and hospitality of the SD&G Highlanders once again this year, we had ample space at the Armoury to handle the large numbers of baskets to be prepared. Thank you to Captain Eamer and his wonderful staff members who went out of their way to help.

CTR Truckload also came to the assistance of this project by loaning a large trailer to hold the perishable food to be given out with the baskets.

Santa was very busy this year getting presents ready for the Christmas toy distribution. A special thank you to Le Centre Charles-Emile Claude for allowing us to use some space to sort all the toys that were to be given at the Distribution Centre. The gifts were donated from a number of sources that we would like to recognize: La Citadelle High School students for their 120 angel tree gifts coordinated by Marie Claude Robert, the staff and management of Canada Trust and their customers who took the time to buy gifts for little angels, SCM (Supply Chain Management) who helped to gather toys for the older kids up to 16 years, the Women's Entrepreneur Group, Cornwall Housing Employees and the many other secret Santas who brought gifts to the Agapé Centre for little ones. One elf who was working overtime this year was "Sparky" who donated a large amount of gifts to ensure that no child would be forgotten.

A very welcomed added feature to our distribution this year was the assistance of Royal Lepage M. Jean Cameron Real Estate group who volunteered to drive recipients home. A big thank you to all who volunteered their time and vehicles and especially to Jim Standing who organized the drivers for this generous gesture.

Christmas time is a busy season, each one of us has so much to do but somehow the people in this community always find the time to do a little extra for someone else. Perhaps you dropped off food, a cash donation or a gift for someone in need, or perhaps you volunteered and gave the gift of your time at our distribution centre. Big or small, each donation helps in some way to make someone's Christmas Day a little brighter.

On behalf of the 1,718 individuals assisted this year, thank you for your thoughtfulness and generosity, and may the year 2001 bring peace and joy to you and yours.

Sue MacDonald
Administrator,
Agapé Centre

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words. All letters are subject to editing and must bear the writer's name, address and phone number for verification. The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.

The Cell Phone Wars

If we had to kick all the tourists out of Canada except for one group, I'd vote to keep the Japanese. They're wonderful guests. I like them because they bring lots of money and thoughtfully cram themselves into tour buses and group charters, leaving more room for the rest of us. I like them because they're never loud or slovenly; they don't bully their way to the front of queues or yell across a restaurant "YEAH, YEAH, HONEY, BUT HOW MUCH IS THAT IN REAL MONEY?"



Basic Black

Arthur
BLACK

I like them because they actually believe Anne of Green Gables was a real person.

And I love them because they're beginning to hate cell phones.

It wasn't always that way. Japan has had a torrid love affair with that wretched gizmo and it's not over yet. There are still some 55 million cell phones in Japan - just about one for every second man, woman and child. They come in fluorescent colours, with wrist straps, even blinking antennas. And Japanese use their cell phones everywhere - in their cars, in restaurants, walking, even cycling.

Which is ironic, because if there's one culture where the cell phone should be doomed to be named Public Enemy Number One, you'd think it would be in Japan. They are an incredibly polite people. You don't hear Japanese shouting or honking their horns in traffic jams. They don't gossip on the subway or play boom boxes at the beach. They are respectful of silence and of other peoples' space - so how come they went nuts for the most notorious shatterer of silence and solitude mankind has ever invented?

I don't know, but there's plenty of evidence that the ardour is cooling. Japanese restaurants are beginning to ban the use of cell phones in their dining areas. Some Japanese trains now carry electronic signs that flash an angry red when anyone uses a cell phone within 25 feet. Cell phones are so voted-off-the-island that Japanese citizens are taking the unheard of step of walking up to cell-phone-using strangers in public and asking them to turn the #%*^&*ing things off.

Other countries are following suit. England, Spain, Italy, Israel, Brazil, Australia - all have either restricted or banned outright the use of cell phones while driving. They're also looking at measures to at least curtail their use in public places.

Here in Canada, cell phone fever continues to run amok. More than seven million Canucks own one. That's a whopping 30 percent increase in just one year. There's no question that the cell phone is here to stay - and a good thing, too. But we do need to come up with some kind of protocol for using them in public. I'm sick of hearing one-sided yaks between Yuppies and their brokers when I'm riding on a bus or sitting in a restaurant.

My personal hero in the Cell Phone Wars? Judge Michael Martone, a district magistrate in Mount Clemens, Missouri. Judge Martone was trying a case in which the prosecuting attorney, one Michael L. Steinberg, repeatedly ignored the judge's instruction to turn off his cell phone. When Steinberg interrupted his questioning of a witness to take a call, Judge Martone's gavel came crashing down. Ten days in jail for contempt of court.

Nowadays, Steinberg has a cell, but no phone.

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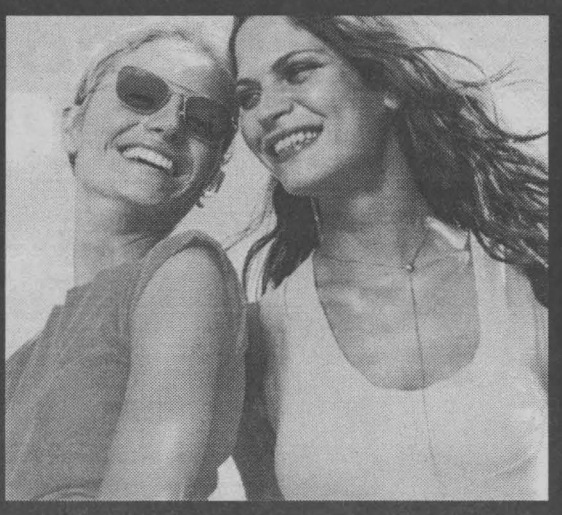
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ENTERTAINMENT

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Sunday: noon -7

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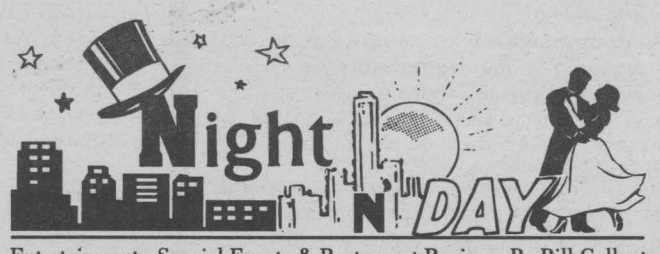
Cornwall has so many fine eating establishments these days it is difficult to get around to all of them to sample their menu. Restaurants offering breakfast in the early morning is a much easier choice. There are probably a dozen good locations to enjoy the usual eggs and meat, waffles or perhaps just toast and coffee. The last few weeks, I have been stopping by the Downtown Diner on Pitt Street. It is an excellent place that offers good service and a very friendly atmosphere. Not only for breakfast but during the remainder of the day as well. The "Diner" gets the Night n' Day salute this week. We recommend you give them a try!

Bubba's Texas Dance Hall and Grill, Hwy. 2 and Wales Road, invites you to try their January and February "Bubbarossa" Specials. Sink your teeth into a 12 ounce T-bone steak with all the trimmings, or choose their popular half-chicken or the Sunday serving of Prime Rib. There is also live entertainment this weekend with Printer's Alley appearing on Friday and Saturday, January 12th and 13th. Bubba's also has a treat of Texas Chili for all snowmobilers...just for dropping by.

Live Bands is also the name of the game at Rosie Magoo's Bar and Grill on Third Street E. Listen and dance every Thursday, Friday and Saturday, and don't forget the Karaoke Twins on Sunday between 2 p.m. and 6 p.m. and the evening Karaoke between 7 p.m. and 11 p.m.

Is it just my imagination, or is the winter, like the year 2000 did, slipping by like a toboggan on a steep slope? Seems it wasn't really that long ago that we were talking about getting ready for the white stuff. Now it's here and we are just a few weeks away from the February Carnival. Judging by the news released by the Carnival Committee a few days ago, the event is to be another spectacular one this year. The dates will be February 6th through the 11th at Lamoureux Park, Big Ben Ski Centre and Gray's Creek Winter Activity Centre. The theme for this year's Carnival will be "Ice Age Rocks" and the organizers are making plans for all the music, fireworks and dancing that will accompany that theme. Looks like a terrific time is in store for all of us to truly celebrate a Cornwall event that only a short time ago was suffering some financial strains, and is now getting ready to "rock-on!"



Entertainment - Special Events & Restaurant Review - By Bill Gallant

Another long-awaited event that is fast approaching is the annual Long Sault Walleye Ice Fishing Derby. The date is Saturday, January 27th with registration at the Riverfront Diner at the Long Sault Marina on Friday, January 26th starting at 6 p.m. The plan calls for cash prizes to be awarded every weigh-in hour between 7:30 a.m. and 5:30 p.m. with a large cash prize also for the big fish of the day. Call 936-1157 for more information.

Until next week, G'Day and G'Night.

Cappuccino Cheesecakes

These edible cappuccinos are perfect for the dinner buffet sideboard. If you want smaller portions (and more desserts), bake them in espresso cups. If you don't have enough cups to go around, bake as a Cappuccino Cheesecake Flan.

1/2 cup (125 ml) graham cracker crumbs
3 Tbsp (45 ml) packed brown sugar
1/4 tsp (1 ml) ground cinnamon
2 Tbsp (25 ml) butter, melted
FILLING:
2 tsp (10 ml) Nescafé® Rich Blend Instant Coffee granules
2 Tbsp (25 ml) cognac or coffee liqueur
2 pkgs (250 g ea.) cream cheese, softened
2 eggs
1/2 cup (125 ml) granulated sugar
1/2 tsp (2 ml) vanilla
GARNISH:
1/2 cup (125 ml) whipping cream
2 Tbsp (25 ml) maple syrup
ground cinnamon

In small bowl, combine graham cracker crumbs, brown sugar and cinnamon; stir in butter until moistened. Divide evenly among 6 cappuccino cups or custard cups, pressing with fingertips or bottom of small glass. Refrigerate until chilled.

Filling: In small bowl, combine instant coffee granules and cognac until coffee is dissolved. Set aside. In large bowl, beat cream cheese until fluffy. Beat in eggs, one at a time, beating well after each addition. Beat in sugar, dissolved coffee mixture and vanilla. Divide evenly among cups.

Place cups in 13 x 9-inch (3.5 L) cake pan. Pour in enough hot water to come 1 inch (2.5 cm) up sides of cups. Bake in 375°F (190°C) oven for 15 to 20 minutes or until puffed and centre feels set when lightly touched. Remove from water and let stand at room temperature until cooled. Refrigerate for 3 hours or until chilled.

Garnish: In deep bowl, beat whipping cream with maple syrup until stiff peaks form. Spoon onto each cheesecake; sprinkle with cinnamon. [Makes 6 servings.]

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BUBBA BASH
1ST ANNIVERSARY PARTY
Tickets $10 with buffet at 9:00 pm
P.S. Bubba's Birthday
Supper & Entertainment (LITTLE ROCK)
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Thurs., Frl., Sat. & Sun.: 11am - 2am
Hwy #2 & Wales Road 534-3817 Fax : 534-2501

Cornwall and Area LAW and ORDER

Cornwall Community Police Service

Domestic Assault

-A 28-year-old Cornwall Island man, wanted by police in relation to a domestic assault that occurred on Dec. 7/00, turned himself in to police on Jan. 3/01. It is alleged that the man attended his ex-girlfriend's Seventh St. East residence and once inside, took her bank card and slapped the woman. After a short argument, the man left the residence while the victim was yelling at him. The man turned back and kicked in the door, ripped the phone from the wall and punched the victim repeatedly to the head. The man then left the residence and police were called. The 27-year-old woman was cut above and below her right eye and received several bruises as a result of the assault. The man could not be located by police and a warrant for his arrest was issued. The man turned himself in to police on Jan. 3/01 and was held in custody for a bail hearing. The man is charged with robbery, break and enter, assault and mischief.

Drug Search Warrant Executed

The Cornwall Community Police Service executed a Drug Search Warrant shortly before 2 p.m. on Jan. 5/01 at a Fifth St. West residence. As a result of the investigation one male was arrested and charged with a total of three drug related charges. The total value of seized drugs and property is estimated at over $8,500.

Police attended the residence on an unrelated matter and once inside the residence they detected a strong odour of a substance believed to be marijuana. A subsequent investigation was conducted and the man was taken into custody.

A 47-year-old Fifth St. West male is charged with allegations of possession of a controlled substance for the purpose of trafficking, possession of a controlled substance and cultivation of a controlled substance. The man was released to appear in court on Feb. 12/01.

The total amount of a controlled substance seized was over 540 grams and consisted of over 290 plants of a substance believed to be marijuana, in various stages of growth.

Assault

-Jan. 8/01: A 17-year-old Montreal Rd. youth was arrested and charged with assault. It is alleged that he and a 21-year-old male acquaintance were involved in an argument over money being owed. Following the argument, the youth kicked the man in the stomach and punched him several times to the head. The victim returned home and contacted police. The victim received several bruises to the facial area as a result of the assault. The youth was located by police and charged accordingly.

Crime Stoppers

Each week, Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on all crimes not just the crime of the week. This week, Crime Stoppers is asking for your help in solving the following:

- Identifying the person responsible for the break, enter and theft at the Mac's Milk Store in Morrisburg. The incident occurred on Dec. 25/00 at approximately 3:30 a.m. The culprit removed 3/4 box of rolling papers and 1-2 packs of DuMaurier cigarettes. The suspect was wearing a dark blue or black coat with three large white stripes across the back, light coloured cargo-type pants and brown shoes or boots. Suspect was also wearing a gray sweatshirt over the head during the theft.

- The Cornwall Community Police Service is asking for the public's help regarding the theft of snowmobiles. On Jan. 1/01 at the 300 block on Ninth Street, a 1996 Polaris XCR, white in colour was taken and a blue 1977 Kawasaki Pro-Jet was taken on Jan. 6/01 from the 100 block on Elsie Street.

If you have any information on these or any other crime, and if your information leads to an arrest, you will be entitled to a cash reward, up to $1,000. Reward payments are set up to protect your anonymity. We do not have call display, we do not record conversations and you are always anonymous. Call Crime Stoppers at 937-8477 and for long distance calls 1-800-265-8477.

STATS

Break & Enter - Residential

-Jan. 3/01; Fifth St. E.: kitchen and bedrooms ransacked, small quantity of cash taken.

Theft of Motor Vehicles

-Jan. 3/01; Marlborough St.: 1993 Toyota Corolla wagon, 4-door, beige, left locked with engine running, stolen from driveway of residence.

-Jan. 3/01; Second St. W.: 1999 Chrysler Intrepid stolen, recovered 10 hours later in 200 block of Carleton St.

-Jan 1-3/01; Second St. W.: 1996 Chrysler Intrepid, attempt. Driver's side window pried down, ignition switch damaged and rear tire flat.

Theft of Snowmobiles

-Jan. 4/01; County Rd. 7, Chesterville: 1998 North Trail SN9, double snowmobile trailer, silver in colour, taken.

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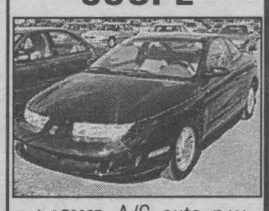	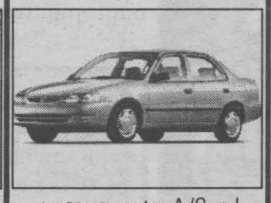		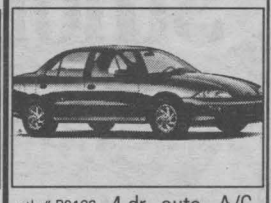
stk # P0097 - A/C, auto, p.w, p.l., CD, tilt, cruise, 42,000 km	stk # P0116 - auto, A/C, p.l, cassette,45,000 km	stk # P0119 - auto., A/C, cassette, 55,000 km	stk # P0126 - 4 dr., auto., A/C, cassette, 58,000 km
$155*	$146*	$125*	$115*
1997 TRACKER 4X4	**1998 RANGER Sport Side**	**1998 VENTURE EXTENDED**	**1998 CHEV. EXT. CAB**
			
stk # P0064 - 4 dr., auto, A/C, cassette, 40,000 km	stk # 737A - V6 engine, auto, CD, 42,000 km	stk # P0099 - p.w, p.l., tilt, cruise, 7 pass., A/C	stk # P0106 - A/C, tilt, cruise, 59,000 km
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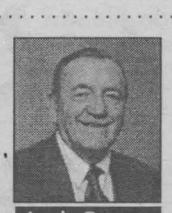
Mike Stiles

Carole Quenneville

Mike Lalonde

Francine Losey

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Emergency Planning Continues In North Stormont

Senior emergency responders from the North Stormont area will test the Township of North Stormont Emergency Plan's section on emergency site management with a table-top exercise next week.

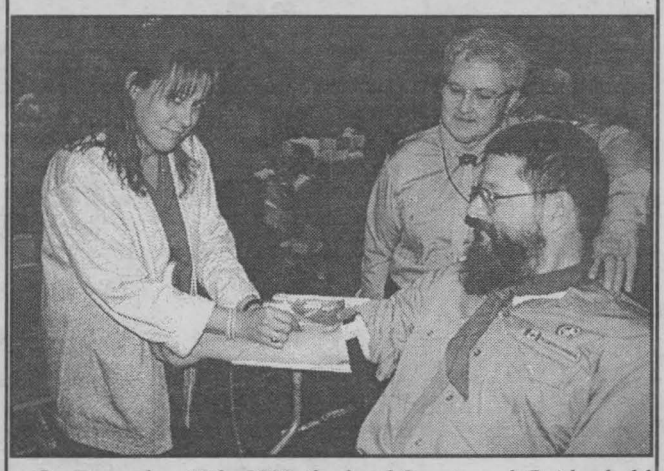
Area emergency response personnel, together with the members of the North Stormont Emergency Planning Committee, will take part in an emergency preparedness exercise in the Moose Creek Community Hall on Tuesday evening, January 16th, 2001. This exercise will build on information gathered at an exercise in October 2000. The participants will again use an exercise scenario based on a train derailment in one of the township's communities. They will form the two emergency coordinating organizations that are identified in the emergency plan and through the format of a table-top exercise become more familiar with the roles and responsibilities of members of an Emergency Site Manager's Headquarters and its relationship with the township's Emergency Operations Centre. The exercise participants will practice coordinating probable emergency operations in a major emergency.

This exercise is financially supported by the Federal Government's Joint Emergency Preparedness Program. This program is administered in Ontario by Emergency Measures Ontario, Ministry of the Solicitor General.

Bill Shearing, the township's emergency measures planner said, "Exercises help people to see how the pieces of the emergency planning jig-saw puzzle come together. Static exercises such as this one are an economical form of educating those who might be involved in coordinating response operations in a major emergency."

This exercise is one more segment of the Township of North Stormont's ongoing emergency planning process aimed at safeguarding the property and health, safety and welfare of its citizens in an emergency situation.

Giving Season Isn't Just For Presents



On December 13th, 2000, the local Scouts and Guides held a Blood Donor Clinic at the Cornwall Armouries. The event has been going on annually for approximately 20 years. This year, they reached 204 donations out of the projected 230.

"We are very happy with the turnout," said Denise Mason, Cub Leader for 1st Cornwall.

In the photo, Kelly Tibbles, from the Ottawa Chapter of the Canadian Red Cross, prepares assistant leader of 1st Cornwall, Leon Chamois for a donation. In the rear, Denise Mason looks on.

Photo by Chris McPhee

ANNOUNCEMENT
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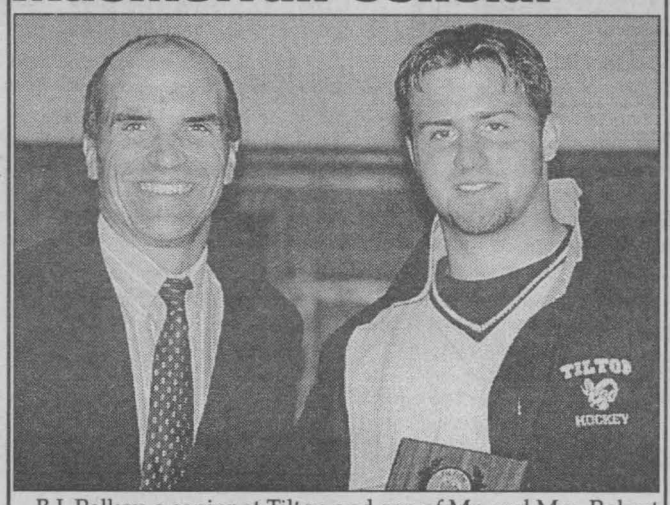
Cornwall Native Named MacMorran Scholar



B.J. Pelkey, a senior at Tilton and son of Mr. and Mrs. Robert Pelkey of Cornwall, Ontario has been named a MacMorran Scholar at Tilton School. Students receiving this honour demonstrate a high level of scholarship, effort, and a commitment to meeting responsibilities. They also are acknowledged for their good citizenship within the community.

B.J. has also been named to the high honour roll for the first trimester. To be on the high honour roll, students must have a grade point average of 12 with no grade below a B.

Pictured above are Ken Hollingsworth (left), Director of Athletics and B.J. Pelkey.

National Non-Smoking Week

Imagine an activity so dangerous that it claims the lives of half of all those who participate in it.

Those are the odds for Ontario's almost two million smokers. Approximately half of them, or about one million people, will likely die of smoking-related illnesses.

Faced with this reality, more and more smokers are trying to quit. Many will make an attempt during National Non-Smoking Week (January 15th to 21st) and on Weedless Wednesday (January 17th).

But quitting smoking is not easy.

This year, smokers in Ontario have an ally. The Smokers' Helpline, a toll-free service operated by the Canadian Cancer Society, is ready to assist them in overcoming their tobacco dependency.

Smokers should understand that it usually takes several attempts to become smoke-free, and that setbacks are a normal part of the quitting process.

By calling the Smokers' Helpline and talking with a trained quit specialist in advance, smokers will be better prepared and more likely to succeed in their quit attempts.

In fact, research shows that those who use a telephone support service such as the Smokers' Helpline are twice as likely to succeed as those who rely only on self-help methods.

Callers to the Smokers' Helpline are provided with free information, advice and support on a confidential basis. The service is available from 9 a.m. to 9 p.m. Monday to Thursday, and from 9 a.m. to 5 p.m. on Friday.

The toll-free service can be reached from anywhere in the province by calling 1-877-513-5333.

New CEO For County Library

The SD&G County Library is pleased to announce the appointment of their new Chief Executive Officer and Director of County Library Services. The new CEO, Rudi Denham, was most recently CEO of the library branches in Rideau Township. She begins her duties on February 19th, 2001.

Rudi has a great deal of experience in rural library systems including time as an Assistant Director of a rural library system with over 111 branches in Central Alberta. She has also spent time as a Grade One teacher in a French school near Montreal and as a representative for a publisher of large print books for the visually impaired, thus she has had experience working with all ages.

Rudi currently serves on the executive of the Canadian Association of Public Libraries, a position which allows her to be at the forefront of trends in the Canadian library world.

The board is very pleased to welcome Rudi to SD&G.

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The Bottom Line

Tim **MING**

Financial Advisor

Wisdom Sold Separately

With the exception of the global capitalist revolution itself, the most important development of the last ten years is the Internet. As the internal combustion engine was the defining technology at the beginning of this century, surely the web defines the start of the next.

In few areas of human endeavour has the Net intervened so quickly and dramatically as in investing. The staggering quantity of instantly available financial information, and the speed with which the investor can act on it, has captivated whole new generations of Internet trading devotees.

These people do not see that trading is speculating rather than investing, and that they do not know that portfolio turnover correlates negatively with return over time, are subjects for another day. Of much greater and far more (terrible) consequence will be the fact that its advocates don't seem to realize that the web does not think, nor exercise any judgement. It limitlessly provides all available good information and bad information - without distinction. It will tell you facts which, properly employed, may lead you to wealth, and which, used badly, will help to destroy your wealth. When the stars of Internet trading information include people who call themselves motley fools, we may safely take them at their word. Garbage in, garbage out.

We don't forbid the sale of cigarettes. We do, however, blazon on each pack, and on all advertising, the inarguable fact that smoking causes cancer. We don't prohibit the sale of alcoholic beverages, but we post signs in bars and liquor stores warning that pregnant women who drink risk deforming their babies. Just so, I know that we can't and shouldn't forbid investors the Internet, nor the personal computer and modem which give them access to it. But there should, I believe, be a cautionary label on each piece of hardware, and the same warning should flash on the screen when you're online. It should say, "Warning, Wisdom Sold Separately."

Successful investing is not at all about information, which, since it's universally available on the web must already be in the price anyway. It's about the behaviour of people: the wisdom (or folly) with which one responds to shocking unanticipated market events. All the web access in the world doesn't seem to have prepared anyone for the mini-crash of August '98, with Russia's default, the Asian meltdown, and Latin America's fiscal crisis last year.

If anything, all that information may have given people a false sense of security. ("If I have all this up-to-date information, am I not totally on top of the markets, and prepared for anything?" Well, as it turns out, no.) The result is to magnify the shock of getting surprised and increase the odds of a panicky "sell" decision. And of course your Internet broker will never try to talk you out of that (or any other) bad decision. It will do the only thing it can; give you an instant and limitless outlet for all your very worst instincts.

"Electronic Wisdom" is an oxymoron. No matter how much information comes out of a machine, wisdom never will.

Local Award-Winning Company Welcomes New Locations

FM Industries is a manufacturer of windows and doors, established in 1978. Its Head Office is located in Concord, Ontario and has 26 locations throughout Ontario, and is pleased to announce the opening of 11 new offices. Maintaining a good reputation and steady growth is a key component of FM Industries' success.

These offices are located in Ajax, Chatham, Ottawa, Kitchener, Newmarket, Peterborough, Cobourg, Belleville, Simcoe, Mississauga and Stoney Creek.

FM Industries has been recognized as one of Canada's 50 best privately managed companies, recipient of the Consumer Award three years consecutively, and Vaughan's Company of the Year.

While most door and window companies deal with contractors, FM deals directly with the homeowner from start to finish. FM Industries manufactures, installs and services their products. They are with you every step of the way.

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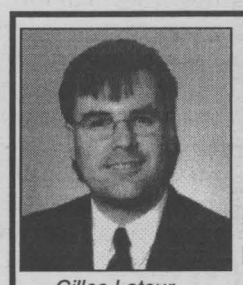
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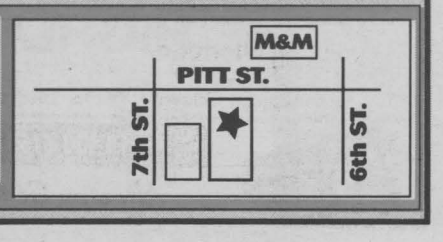
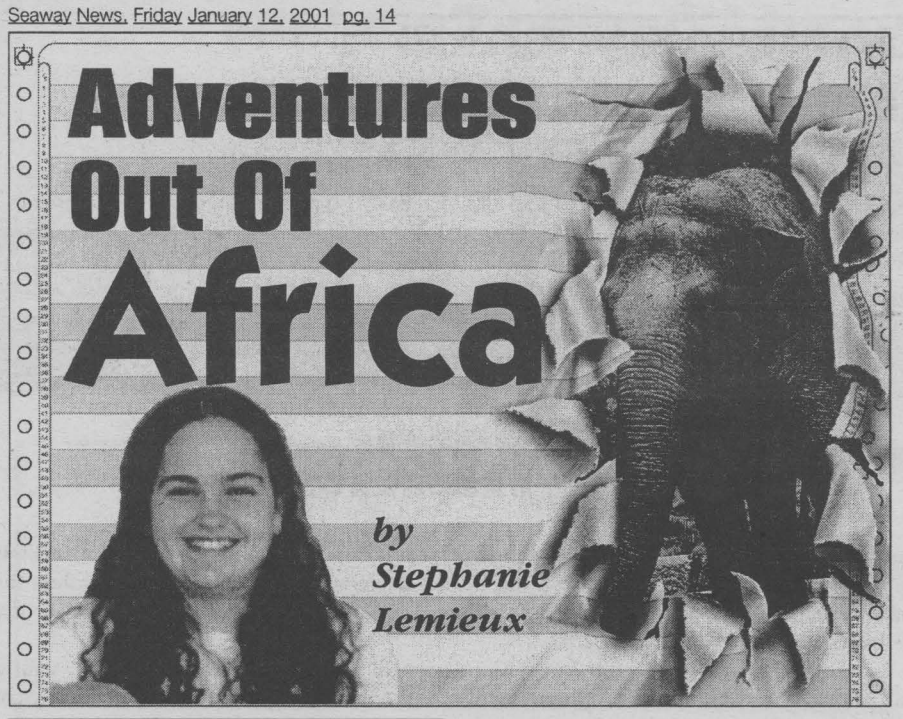


Adventures Out Of Africa



by Stephanie Lemieux

Stephanie Lemieux is 22 years old, and recently graduated summa cum laude from McMaster University in the Honours Anthropology Program in April of 2000. Prior to that, she was a student at La Citadelle where she participated in student government. She is the daughter of Paul and Diane Lemieux.

Over the next few weeks, we will let you follow Stephanie and Ann's travel through Africa through her e-mails sent home.

Hello all!

First off, I must apologize for leaving so much time between letters. I know from reading your e-mails that most of you were worried about me, and some of you were getting a little angry! I'm really sorry about that...e-mail simply hasn't been available since the end of November.

So here I am, a month and a half and four countries later. So much has happened, and I must admit that I'm a little bit overwhelmed by the thought of describing it all! So consider this fair warning: although I'm going to be brief, I think that this might be a long one.

After leaving Dar es Salaam (the former capital of Tanzania), we travelled by bus to Morogoro, a lovely and peaceful mid-sized town nestled in the mountains of central Tanzania. There, we were adopted by a local Tanzanian family, the Munyukus, who felt sorry for the two Canadian girls so far from home.

What began as a supper invitation stretched into a four-day stay. It was a wonderful visit, and we learned how to cook traditional Tanzanian meals, tie head wraps, and sing gospel songs in Swahili. We also spent eight hours in church one Saturday, sitting on hard wooden benches and listening to long sermons in Swahili - the Munyukus are very devout Seventh-Day Adventists.

The second last night of our stay with the Munyukus was definitely one of our most memorable so far. Joe and Mama asked us to cook supper; they wanted to know what kind of things we normally eat back home. Anne and I decided to make spaghetti (hey...we're hardly gourmet chefs! We thought it would be best to stick with what we knew!). We went to the market and then cheerfully chopped up onions, tomatoes, mushrooms and green peppers.

Little did we know, however, that "tomato sauce" in Tanzania is ketchup. Very sweet ketchup. When we realized what it was, we looked around for spices, but the only spice in the Munyuku pantry was ginger. We thought it couldn't hurt; it didn't, but neither did it help! As we watched the pot of ketchup and veggies bubble merrily on the stove, we consoled ourselves with the thought of the garlic bread, which was already buttered and waiting to be placed in the oven. That's when Joe decided he wanted to help. He popped the plate of bread in the oven...the plastic plate, might I add. Soon the sweet smell of boiling ketchup was joined by nauseating plastic fumes. We salvaged what we could of the bread, and (after considering and rejecting the option of running away and never returning), we carried our pathetic meal out to the dining room. Sitting there were 12 dinner guests, all of them eager to taste this exotic fare. Oh, those poor people! Keep in mind that Tanzanians don't eat spaghetti; their introduction to pasta came smothered in ketchup. When we explained what happened, everyone had a good laugh, but Anne and I still couldn't stop cringing. The moral of the story: before you cook spaghetti sauce, make sure you aren't using ketchup, and NEVER let Joe help with the garlic bread.

From Morogoro, we travelled South to Mbeya, our last stop in Tanzania. There, we climbed a small but demanding mountain peak to view the Ngozi Crater Lake, a completely self-contained body of water whose colour changes with the sky. When we saw it, it was a shimmery green and gray, flanked on all sides by rolling gray hills. Jimmy, our guide, cut down a wild banana stalk and squeezed out over three litres of cold, clean, slightly bitter water. As we drank, he told us legends about the lake, which include disappearances, deaths by drowning, and an evil creature that can only be appeased by the ritual sacrifice of goats.

On November 29th, we left beautiful Tanzania and crossed the border into Malawi. Malawi is a very lovely country, with lots of mountains and a large lake. We spent four weeks there, at least two of which were spent lounging on the beach. We feel a little guilty about that now, but we were tired!

We needed the rest.

Malawi is one of the greenest places I've ever seen. As lush and fertile as the land is, however, it is very poorly managed. Malawi is one of the poorest countries in the world. Although we witnessed people struggling in Kenya and Tanzania, it was nothing compared to some of the poverty we've seen in Malawi. In Chitimba, I cradled a wailing toddler in my arms. She wore nothing but a tattered skirt, and her swollen belly hung over the waistband. It's hard to describe how I felt; how does it feel to be a tourist in a country where a child's belly is swollen from malnourishment?

Malawi is also suffering tremendously from the AIDS epidemic that is ravaging much of Eastern and Southern Africa. In the past ten years, the one Malawian industry that has grown immensely is the funeral industry; in even the smallest towns there are new coffin shops opening up constantly.

I spoke for a long time with Beatrice, a Malawian-born woman who is now living with her husband and children in Sweden. She comes from a family of nine; of those, seven have died from AIDS. In each case, the husband first contracted HIV through an extra-marital affair, and then passed the virus onto his wife, and sometimes an unborn child. Women are not in a position to refuse sex to their husbands or to demand that a condom be used, so they really are at the mercy of their husbands' sexual practices. Beatrice's sister-in-law is only in her early twenties, and she had decided with her husband (the only one of Beatrice's siblings who is still alive) that they would only have two or three children. Now, she is raising 15 of her nieces and nephews, four of them HIV+. Imagine, a woman hardly older than myself, trying to feed, clothe and care for 15 children; basic needs would be almost impossible to meet, let alone education and medical fees.

One of the first places we visited in Malawi was Livingstonia, a former Scottish mission perched on the edge of an escarpment. We hiked up to the town, a gruelling 16 kilometre uphill hike that took up a good part of a day. It was hard work, but it was worth it for the amazing views of Lake Malawi from the top. I was also absolutely enchanted by the ice-cold waterfall; we were able to stand in a cave behind the cascading water, where all other sounds were drowned out. Livinstonia itself is a fascinating anachronistic town. It is built in true Scottish fashion, all stone and pillars, with a large church with stained-glass windows in the centre.

It's very different from the grass hut villages that are found everywhere else in Malawi!

From Livingstonia we headed South. We got a brief but worrisome scare in Nkhata Bay, when Anne fell ill. I dragged her to the doctor (a half hour walk in the burning sun...she was NOT pleased!), but luckily the malaria test came back negative. We stayed in Nkhata Bay for ten days, letting Anne recover and also taking some time to rest and relax! Nkhata Bay is a very touristy lakeshore town, with lovely beaches, snorkeling and swimming. Certainly not a bad place to get stuck for 10 days! We also did some shopping in Nkhata Bay, bargaining for wood carvings. It was great fun...although we were a little bit stunned when we found out how much it cost to send them home to Canada! I ended up with 16 kgs of carvings (yikes!), and spent 5800 Kwacha (about 70 US $, and almost twice the cost of the carvings) sending my package by surface mail.

From Nkhata Bay we headed towards Lilongwe, the capital of Malawi, where I had a rather gruelling experience: a visit to the dentist! I lost a filling and had to get it replaced, and I must admit that I was NOT looking forward to the experience. I imagined a poorly-equipped office, and I was really nervous about getting an injection in Malawi. There is no Canadian Embassy in Lilongwe, so we went to the American Embassy to get a recommendation. They really weren't of much help at all...they wouldn't even let us in the door! Luckily, the British Embassy was much more helpful. An English doctor suggested a dentist, and he turned out to be a Iranian-born Canadian citizen who had been living in Malawi for ten years. After all my worrying, it turned out to be the least miserable dentist office experience of my life! But still, not how I envisioned spending a day in Africa.

We spent Christmas by lake Malawi, swimming and playing beach volleyball and frisbee. It really didn't seem like Christmas at all! It was a refreshing change to be in a non-commercial place; we didn't see a single Santa Claus, and we weren't constantly reminded that there were "only 43 shopping days left until Christmas".

On December 29th, we left Malawi and crossed through Mozambique (my Mozambican experience lasted about 6 hours, 5 of which I spent sleeping), arriving in Harare, Zimbabwe, in the evening. What a culture shock we experienced!

We gazed in wide-eyed amazement at shopping malls, divided roads, and traffic lights. We got a little caught up in the city atmosphere, and saw three progressively worse movies in as many days. Harare is a really bustling city, and it felt almost like we'd stepped back into the Western World.

After spending a few days in Harare, we left for a safari in Mana Pools National Park...but this is getting awfully long. I'll save that for next time! It's really hard to believe that in a little less than two weeks we'll be heading for Johannesburg, and the next phase of this adventure...

I miss you all very much! I hope you had wonderful holidays, and that the New Year will be filled with joy.

Stephanie

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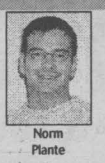
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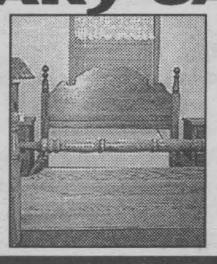

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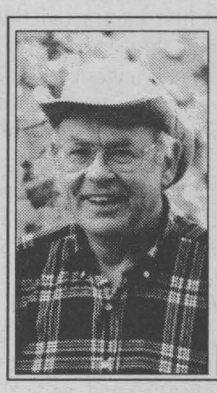
Here's How I'll Make My Second Million



Dances With Words

Nick **WOLOCHATIUK**

Prompted by some recent observations made in restaurants, shopping malls and airport terminals, I've decided how I'll make my second million. I'll let you in on my secret project a bit later, but first let me share what I've observed.

Thanks to the ubiquitous cellular phone, we now have the ability to be in instant communication with almost everyone in the most remote corners of The Global Village. Vital information can be transferred wherever we happen to be.

"Well, uh, they have mesquite, barbecue, salt and vinegar, peanut butter, strawberry, pistachio, mocha, and sweet and sour flavored potato chips. Which one do you want me to get?"

"Uh, I dunno. What're yous gonna do? Me? Uh, I dunno, not much I guess. Hey! Maybe we can just hang out at the mall until something happens. No, I can't get the car. I dunno, they're mad about something I was supposta do around the house. They told me lotsa times, but I forget."

The first transfer of vital information took place in aisle four of a local box store. The second was overheard when I was in line at an ATM at the St. Laurent Plaza in Ottawa. Unfortunately, I didn't get to listen in on the conversation of the young woman who was trying to negotiate her Ford Explorer into one of the few remaining ground level parking spots at the Cornwall Square. She had a cigarette in her mouth, a cell phone sandwiched between her shoulder and her right ear, and a cup of coffee and the steering wheel in her left hand! She was probably a brain surgeon or a CSIS secret agent disguised as a dumb blonde.

While I was having a pleasant meal at Pilos, a crowded but pleasant Greek restaurant in Gloucester, the cell phone of the stout (actually he was fat) gentleman sang a tune to advise him he had a call. All I heard of his conversation was "Yeah...Uh-huh...Yeah...Maybe...Yeah... Don't know...We'll see..." His half of his second call wasn't any more interesting. I wasn't so rude as to watch the reaction of his tablemate.

What do you see far fewer of these days? Yes, horse watering troughs on Pitt Street, outhouses on the Last Concession, Scotia Banks in Cornwall and freighters using the Cornwall Canal. I predict that there will be a lot fewer telephone booths around in the near future.

Because of their negative features, I really won't be sorry to witness their passing. They are cold and draughty in the winter, hot in the summer. Some smell of urine. Their mouth pieces reek of stale tobacco. Few have intact telephone directories. None have a shelf upon which an open directory can be laid flat. Telephone booths are ergonomic Titanics, Edsels, dinosaurs that have not adapted to keep up with the needs of this high tech world.

If I can gather up enough capital, I am going to buy up all those phone booths. I'll buy the vacant Rail-Tech factory at the north end of Apple Hill and change it into the first of many phone booth re-manufacturing centres. I've noticed that much of the foundation of the old Kraft Foods cheese factory in Newington is still intact. Upon that, a new factory could be built. To transport these re-built phone booths to markets all across North America, I'd re-track the old CP Peanut Line and the even longer-abandoned New York Central line that connects Northfield Station, Finch and Crysler with Ottawa, Cornwall and New York City.

In these up-dated hi-tech phone booths would be adequate heat and air conditioning. Some would be designated for non-smokers only. An electronic de-virus system would purify all items in the absolutely sound proof enclosures. An electronic bubble would surround each unit, preventing anyone else from eavesdropping on those ever so sensitive conversations. The walls and doors would be Kevlar plated to provide physical security from others who are tired of waiting for their turn at the booth.

These pay phone booths for cellular phone users would not accept coins as the fee would be twenty dollars per minute. When the time is up, multiple speakers would emit rock show volume recordings of the inane sounds and melodies that cell phones emit when an incoming call is being received. At the same time, the locked door would fly open and a blasts of various stale odours would be blown into the booth.

Thus, all non-cell phone users would be freed of the irritation of the cell phones (and pagers) that interfere with our right to silence at restaurants, in theatres, in banking queues and classrooms, on Adirondack peaks and at Upper Canada Village.

Its a win-win situation, for cellular phone users could be able to buy back the privacy they might appreciate. They'd also be safe from the verbal abuse and physical attacks that non-cellular phone users will soon be delivering unless those damn cell phone devotees observe some basic rules of etiquette!

If you are interested in investing in my project, visit my web-site: www.shutthedamnthingoffwhenyouareinpublic.com.

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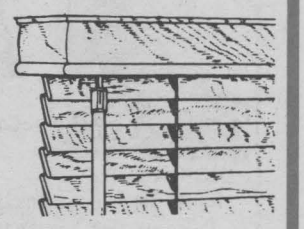

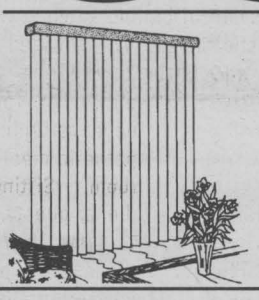

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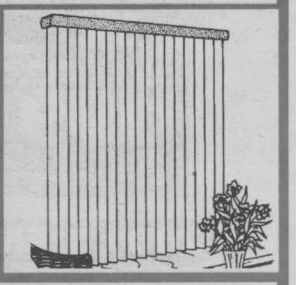

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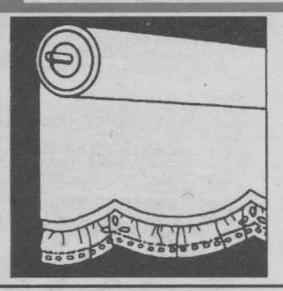

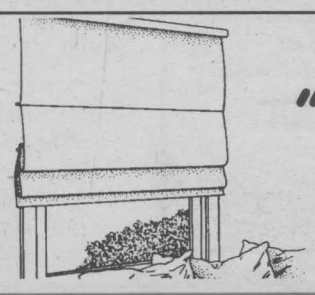

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SEAWAY SPORTS

Computer Sense/Char-Lan Rebels

The Computer Sense/Char-Lan Rebels and the Alexandria Glens novice travelling teams were playing back to back games in what is now known to be the Highway 34 battle. It was the third and fourth meetings between the two teams. As they did in the two previous confrontations, the Rebels came out strong to take control of the Glens at home by the score of 6-2 and on the road by a marge of 3-1.

In the first game, Reid Lepine had a hat trick performance and also added an assist to lead the Computer crew's offense. Max Ming with two and Eric Ming with one completed the scoring for the winners. Tyson Spink collected four assists, Tylor Spink followed with three while Kevin Veilleux picked up two helpers. Jonathan Jasper and Dale Van Der Burg each had an assist in the contest. Rory Cameron and Chad Borris each capitalized once for the Glens.

In the second match up, the Rebels exploded for two quick goals in the first frame to take command of the game on their way to a 3-1 win. The first goal came from the stick of Chris Sendao. Chad Galliott assisted on the play. Tyson Spink put the Rebels ahead 2-0 accepting a pass from his brother, Tylor Spink. After Yannick Rochon scored the lone goal for the Glens, Jonathan Jasper completed the scoring for the winners.

Computer Sense/ Char-Lan Rebels



After coming back from a disappointing performance in the South Stormont tournament last week, the Computer Sense/Char-Lan Rebels novice team was almost perfect in Perth, grabbing the honours in the B championship final.

In the first game, Char-Lan played good enough to win, but with a strong performance from their goaltender, the Renfrew Timberwolves surprised Char-Lan by a score of 3-1. Alex Bosse, assisted by Eric Ming, was the only one to find the net for the Rebels. In a losing cause, Tyson Spink was credited with the player of the game award.

For the second game, the Computer Sense crew were facing the Goulbourne Rams. The Rebels displayed a more creative offense to come up on top of the game by a score of 5-2. Tylor Spink took charge of the offensive duties with a two goal performance while Eric Ming, Alex Bosse and Thomas Lang followed, each with a goal. Chris Sendao, Reid Lepine and Alex Bosse each had two helpers in the game. Eric Ming and Tyson Spink collected an assist. Eric Ming was named the player of the game for the winners.

In the final game, the Computer Sense/Char-Lan Rebels were going head to head against the Athens Aeros. Solid in every aspect of the game, the Rebels took control of the match early in the first period on their way to the first successful tournament of the year, winning by a score of 6-2. The Rebels showed a lot of diversity in their offense with six different shooters. Reid Lepine, Eric Ming, Chris Sendao, Chad Galliott, Tyson Spink and Alex Bosse with his third of the tourney recorded a one goal performance. Bosse also collected an assist. Thomas Lang had two helpers while Kevin Veilleux, Chris Sendao, Max Ming, Eric Ming, Dale Van der burg and Reid Lepine each recorded one assist. Chris Sendao was named the player of the game.

Viau Mechanical Atom "B" Selects Wins Two

The Selects got off to a great start this New Year with two wins. First was 5-1 against Alexandria which saw a first period lead of 4-0. Good team effort gave two goals to Brent Maxwell and singles to Billy Lalonde, DJ Cutler (1) and Nicholas Lefebvre (1). Mike Wheeler and Lucas Cryderman also pulled in two assists each and a single to Scott Simpson. Colin McKay did some great stops to keep the team in the game.



Next game was in Cornwall for an exciting game against our tournament "A" Champs for a 3-2 win with end to end action. After taking a two goal lead with goals by Maxwell and a great individual effort from Daniel Viau taking the defence by surprise and skating alone to the net for a great corner shot, Cornwall came right back with two goals .35 seconds apart to tie the game. Then Lalonde (1) beat the goalie on the short side at .57 seconds left in the second period. Action was seen in the third with no goals scored but lots of saves from both goalies, especially Travis Coughlin who kept the puck out of his net with great moves. Other assists went to Simpson, Cryderman and Corey Fleury.

Here's some minor memories from Vaclav Prospal of the Ottawa Senators. Favourite things about youth Hockey: Kept me busy and out of trouble. Tip from a pro: If you see a teammate open near the net, pass the puck. Getting an assist is just as good as scoring a goal. Some of the best players are the ones who set up the goal.

South Stormont PeeWee B Selects

The Selects are coming back strong after a good rest over the holidays. In their first game of the new year, they were host to Massena who they defeated by a score of 3-1. The Selects' first goal was scored by Tyler Galindo, assisted by Adam Jodoin. Their second goal was scored by Wendell Simpson, assisted by Adam Jodoin and Shane Brisson. The final unassisted goal was scored by Scott Hickman.

On January 6th, the Selects were visitors to the NGS Braves in the first game of NGS's tournament. The Selects were victorious in the first game by a score of 5-2. Their first goal was scored by Brendan Timmers, assisted by Scott Hickman. The Selects' second goal was scored by Wendell Simpson, assisted by Adam Jodoin and Kory Willard. The third unassisted goal was scored by Kory Willard. Brendan Timmers added his name to the scoresheet along with Patrick Geneau with the assist. Finally, Shane Brisson topped their score with an unassisted goal. The Selects were defeated in the second game by Embrun by a score of 3-1. Kory Willard got the Selects only goal and he was assisted by Brendan Timmers.

The Selects were back on the ice again on Sunday in Malone. They tied the game by a score of 1-1 with Shane Brisson scoring the only goal.

The Selects also had a father-son game over the holidays but I won't reveal the score of that game. Let's just say that years of experience does make a difference!

Wal-Mart PeeWee B Royals

The Wal-Mart PeeWee B Royals made it all the way to the B finals at a tournament in Athens. After losing their first game to a strong Kingston Township team, Cornwall rebounded and won a decisive 4-1 game against Ottawa West. Cornwall's attack was led by Shane Jeaurond with two goals, and singles from Chad Dore and Matt Gaudet. Phil Theriault and Marc Piette had the assists.

In the B final game, Cornwall was outplayed and lost 5-0. The hustlers of the game awards for Cornwall's three games went to Vince Quesnel, Matt Gaudet and Christian McCartney who was strong between the pipes.

On Monday night, Ogdensburg came to Cornwall for a little cross-border shopping and had nothing to declare returning home but a lopsided win, defeating the Wal-Mart PeeWee B Royals 11-2. Ogdensburg's attack was led by Brian MacDonald with two goals and two assists. Al Partenais scored Cornwall's two goals with assists from Vince Quesnel, Phil Theriault and Marc Piette.



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sn4

Lola's Pub & Grub Peewee A Royals

Lola's Pub and Grub Peewee A Royals won both exhibition games against the Bonnie Castle Kings in Alexandria Bay. In a 5-4 win, Tyler Maxwell scored two goals with singles going to Cody Legue, Cody Jacobs and Christian Champagne. Josh Brownlee and Jordan Swerdfeger each picked up a pair of assists. In the second game, the Royals prevailed 3-1. Tyler Maxwell with two and Patrick St-Jean scored the goals. Josh Brownlee once again had two assists.

In league action on Tuesday night in Ottawa, the Royals lost a hard-fought battle to Ottawa East 2-1. Patrick St-Jean had the lone goal for Cornwall.

Club 55+

Highlight of the week in Club 55+ action at Olympia Bowl was the presentation of awards for the month of December.

One hundred pins over average: Harvey Barkley 100, Len Marleau 106 and Ron Branchaud 124.

Bowlers of the month (December): Eva Carter and Ron Branchaud.

High scores rolled: Raymond DeRepentigny and Conrad Godard 223 each, Shirley Eastman and Frank Sanderson both with 217, Bea Duquette 215, Raymond Menard 213, Clarence Stang 212, Vernon Eastman 211, Thelma Goulet 205, Len Marleau 201 and Lois McCartney 200.

Attendance winners: Eric McCartney, Therese Beaudette and Syd Pidgeon.

SEAWAY Scoreboard

Cornwall Senior Shuffleboard Club 2000

"Floor" 3520 Hwy. 138 Eamer's Corners
Winners, Jan. 9th, 2001

1:00 p.m.
Lucien & Lorraine Lalonde
Denis & Jeannette Gagnon
Candide & Lucie Quenneville
Jean Dougan - Rodolphe Mainville
Roger & Diane Trudeau
Carl Grant - Linda MacDonald

7:00 p.m.
Rosaire & Candide Quenneville

Bridge Results

Independent Bridge Club
Jan. 3rd, 2001

N/S
1. Rita O'Brien - Yvonne Bergeron
2. Janice Keen - George Bissonnette
3. Brunelle MacDonald - Kay Barlow

E/W
1. Emma Farlinger - Anne Paulin } tie
2. Verna Beaulieu - Fern Carriere } tie
3. Ben Bouvier - Madan Seth

Cornwall Seniors Duplicate Bridge Club
Jan. 5th, 2001

Section A
N/S
1. Margaret Campbell - Maureen Walker
2. Barbara Taylor - Carol Reus
3. Claudette Rousseau - Mona MacPhee

E/W
1. Keith Walker - Mel Colbran
2. Lydia Legault - Charles Payne
3. Janice Keen - R. Parmalee

Section B
N/S
1. Jean Stokes - Eileen Beaudette
2. Georgette Lauzon - Marian Lemieux
3. Lorraine Gauthier - Jeannette Scrimshaw

E/W
1. Fern Emerton - Anne Paulin
2. Ben Bouvier - Madan Seth
3. Lyette Ladouceur - Hermine Ladouceur

Terri's Bridge Club
Jan. 8th, 2001

N/S
1. Peggy Seymour - Georgette Lauzon
2. Yvonne Bergeron - Jean Boileau
3. Adelaide Hunter - George Bissonnette

E/W
1. Lyette Ladouceur - Madan Seth
2. Eileen Beaudette - Gerry Johnston
3. Rhea Petry - Evelyn McPhail

Alexandria Bridge Club,
Jan. 9th, 2001

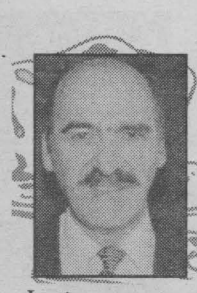
N/S
1. Lorna & Homer Grant
2. Jean & Jim Campbell
3. Joan & Gilles Lapointe

E/W
1. Gerri Tibbals - Ron Allison
2. Françoise & Bob Govan
3. Mel Watt - Albert Leonard

Martintown Goodtimers Duplicate Bridge Club, Jan. 9th, 2001

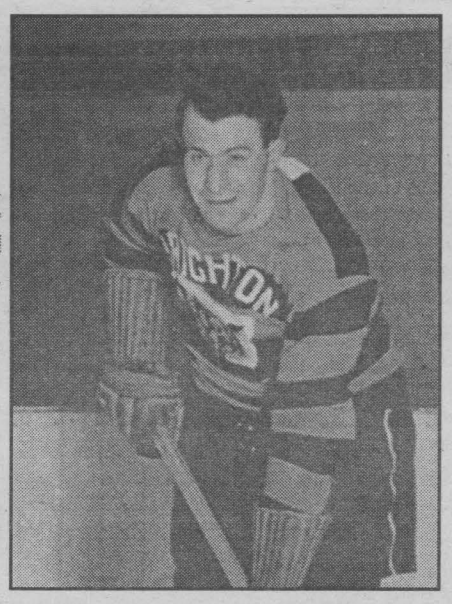
1. Audrey Blair - John Roulston
2. Jean & Jim Campbell
3. Joan Turner - Penny McLeod
4. Allan McLeod - Henryk Rzepczyk
5. Jeanne Plouffe - André Bergevin

SEAWAY SPORTS



ICE CHIPS

by Bill Gallant



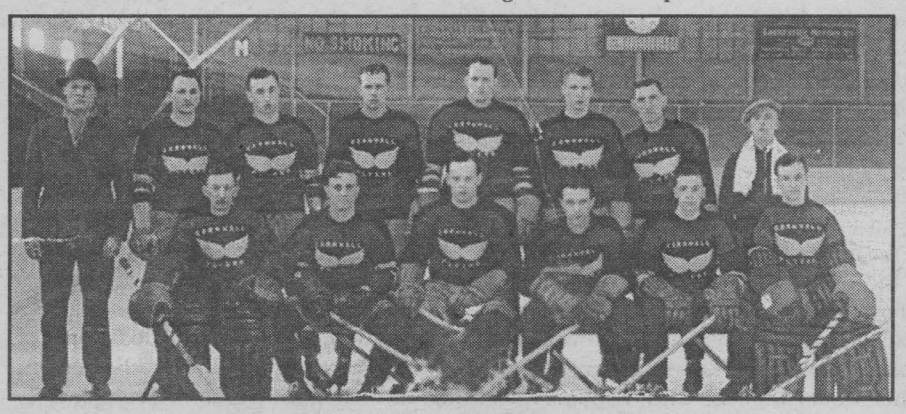
Last year we devoted an Ice Chips feature to one of Cornwall's greatest hockey teams, the Cornwall Senior Flyers. The team was first formed in 1936, the same year that the Cornwall Community Arena was built, and they provided local and area fans with 10 exciting seasons. We did not have a photo to include in that Ice Chips column but have since located one from the 1937-38 season and ask for your help to identify some of the players.

To help you, that was the year the Flyers went to the Allan Cup finals against the Trail Smoke Eaters. Their coach was Don Penniston and getting to that cup final first required some exciting victories against Eastern Canada clubs like the Quebec Aces and the Falconbridge Falcons. We know a few of the players from that team, such as: Connie Brown, Freddy Gardener, Dick Proulx and goalie Floyd (Phats) Perras. See how many others you can identify here. Incidentally, the Flyers vs Trail series was regarded as a hard-fought and well-played affair, won by the Smoke Eaters.

Fans will recall that the Flyers went on to play in the Quebec Senior League and eventually formed the Army-Flyers, and later became the Cookies team and played in the Interprovincial League with Lex Cook as the coach. Then in 1946-47, the team took the name the Cornwall Cougars with John Denneny, brother of the great Cy Denneny of the Ottawa Senators fame as coach.

A good friend, Lois Foulds, provided our second photograph for this week and we will need some help here also to answer a couple questions.

The picture is that of a former Cornwallite, Sid Wright. He is wearing a Brighton, England jersey from the 1938-39 hockey season, but can anyone recall if Sid played some hockey here in Cornwall, and for what team? Lois tells us that he resided at her grandmother's place, the Halliwell residence. Good luck!!





Inside The Cornwall Colts

David **MURPHY**

The Cornwall Colts are the most recognizable team in the Central Junior Hockey League. I'm not just saying that because they're from Cornwall, but because when you talk to other people outside the area and mention the CJHL, the Colts are usually the first team that pops up. And so it goes.

The Colts are sending an impressive nine (that's one less than 10 and four more, the number of goals scored between John Leclair and Eric Lindros this season) players to the All Star game. The CJHL showcase takes place on Saturday, January 20th at the Jim Durrell Rec Centre on Walkley Road in Ottawa.

It starts on the blueline where Derek Wagar, Sylvain Moreau and Jeff Winchester will wear Robinson Division colours. Up front, the Colts send league leading scorer Jeff Legue, 30-goalscorer Francis Cloutier, Jarrett Robertson, Chris Smart and Tim Vokey. Ross McCain was also named to the team but won't be able to play because of injury.

Nine's an impressive number because five teams have to share 22 spots on the roster. It goes to show the balance that the Colts have.

Then there's the rookie game where three more Colts will represent Cornwall on the same day. Defenceman David Hopkins and forwards Patrick Turcotte and Matic Kralj have been named to the squad. I guess you can also count Brockville Brave Guillaume Lavallée who was picked for the team for his play in the Colts' goal.

Twelve (13 if you count Lavallée) Colts taking part in the All Star gala later this month. That means that fans do see stars in their eyes when they go to a Thursday night game at the Si Miller Arena.

See you at the rink.

Here are your Cornwall Colts' upcoming games:

- Sunday, January 14th at Nepean, 2:45 p.m. (pre-game on the Blaze at 2:40 p.m.)
- Thursday, January 18th vs Hawkesbury, 7:30 p.m.
- Sunday, January 21st vs Brockville, 7 p.m. (on Cogeco Community Television).
- Thursday, January 25th vs Nepean, 7:30 p.m.

Upper Canada Mortgage Seaway Valley Major Atom "AA" Rapids

The Upper Canada Mortgage Seaway Valley Major Atom "AA" Rapids played in the Bell International tournament on the weekend and came away with a 1-1-1 record. Against the North York Knights, the eventual tourney champions, the Rapids tied 5-5. The second game on Friday saw the Rapids beat the Richmond Hill Stars 4-3.

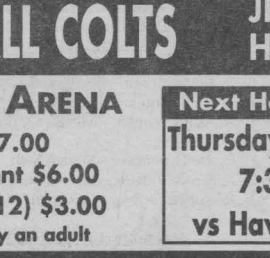
On Saturday, the Syracuse Stars downed Seaway Valley 4-1. Goals and assists for the tournament were recorded by Shayne Avery (3-1), Nathen Mondoux (2-3), Devin Brunet (2-1), Nicholas (Coco) Gaudet (1-1) and Mathieu Parisien and Corey Piché who each scored one. Andrew Laplante and Bailey McDonald pitched in with a helper apiece. Game MVP's were awarded to Nathen Mondoux, goalie Philip Perkins and Corey Piché.

In the All Star game, captain Devin Brunet scored two goals for the winning team while the skills competition saw the trio of Shayne Avery, Shawn Ladouceur and Nicolas Spagnolo come in a close second in their pool in the relay race.

The Rapids are looking forward to their tournament next month in Quebec City. Their next league game is in Maxville on Saturday against the Ottawa Valley Titans.

WEBtech Novice "B" Royals

The WEBtech Novice "B" Royals earned two points in regular season play against the Long Sault Selects with a 3-2 win. In exhibition play against Massena, the Royals won 4-1. Goals and assists were recorded by Tyler Legue (D'Alessio Exporting) 2-2, Tyler Barnhart (SD&G Concrete) 2-0, Mathieu Rochon (Midway Motors) and Jérémie Spagnolo (A&W) 1-1, and Joey Porporo (Malyon Excavation) 1-0. Defensemen Eric Chaussé (Cornwall Gravel) and Dominick Coyle (Dave's Reliable Signs) each pitched in with an assist.



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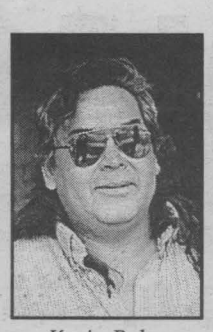
One Of The Eight Deadly Sins



Mr. Kool, Lancaster



Joanne Dionne, Cornwall



Kevin Pyke, Akwesasne



Barbara George, Akwesasne



Joe Jock, Snye

There aren't just Seven Deadly Sins, there are eight. Proverbs 6: 16-19 lists the first seven: "..a proud look, a lying tongue, hands that shed innocent blood, a heart that devises wicked imaginations, feet that are running to mischief, a false witness and one who sows discord among brethren. The old Baltimore Catechism lists the first seven of the Eight Deadly Sins in a more concise form.

For this week's "Folks' Quotes," I went around asking those I met, "Who do you envy?" Here's what I was told.

Joanne Dionne (no relation to the Famous Five of Corbeil, Ontario, May 24th, 1934) is not guilty of envy. "I'm not an envious person. Both myself and my family have health and happiness. I have a full-time job and a fine relationship with someone who's very special."

Joe Jock confessed to being envious of people who are retired with financial circumstances that give them a feeling of security. "Then they can work at what they enjoy, a situation in life that is a gift."

Barbara George (nee Nerhoft) was initially at a loss for words, but then came out with this: "I'm envious of people who are at ease in dealing with a question such as you've just posed. Some people can freely express their opinion on the spur of the moment. Unfortunately, I'm not one of those people."

Kevin Pyke said that he's not envious, because he has children who are growing more and more independent. "I'm happy because I'm almost done raising my kids. They're almost on their own. I'm in the counting years. There's a light at the end of the tunnel."

Daisie Radigan was able to focus her envy on one person, Jack Kornfield. "He's an American Buddhist monk, a master of the inner art of meditation. He can make a deep connection of mind, body and spirit. When I was driving between Georgetown and here, I was able to listen to all six of his tapes."

Mr. Kool of Lancaster is envious of far simpler things. "I'd prefer it if these sunglasses didn't have to be used to prevent snow blindness. These days I'm envious of those lucky dogs, the Snowbirds who hop on a 747 and head south, where sunglasses are used on warm and sunny beaches, not on the cold snow drifts that bury my Lake St. Francis summer cottage."

Oh yes, the eighth Deadly Sin is Plagiarism. Just ask any university student, scientist, columnist or journalist who's been thrown out of a course or lost a job because of committing that deadly sin.



Notes from Parliament Hill

Art
BABYCH

Manila Envelope...

Prime Minister Jean Chretien polished his cabinet with the appointment of three new faces, among them Philippines-born medical doctor Rey Pagtakhan, a long-time Winnipeg backbencher. He becomes Secretary of State for the Asia-Pacific replacing defeated Liberal Raymond Chan. In announcing the appointment, the PM suggested Pagtakhan's birthplace was his strongest qualification for the job. So much for his 12 years' experience and hard work in the House of Commons. Chretien also appointed former Senator Sharon Carstairs, former Manitoba Liberal leader, to replace defeated wannabe MP, Bernie Boudreau, as government leader in the Senate. It will be her job to come up with new ways of telling opposition senators, "I'll get back to you on that." The third appointee, rookie Nova Scotia MP Robert Thibault, becomes minister responsible for the Atlantic Canada Opportunities Agency (an oxymoron, surely). Said Chretien, "I don't know him very well but there are very good people coming from Saulnierville." Okay, so name another one!

Making The House A Home...

Canadian Alliance House Leader Chuck Strahl knows what it's like to be a canary in a coal mine. He quickly discovered that the air needed for even minor Parliamentary reforms on the Hill is thin indeed. Strahl released the party's 12-point plan at a news conference in Ottawa saying it was aimed at "making Parliament more responsive to Canadians." But the government, having kicked butt in the last election because Canadians were more responsive to the Liberals, trashed the proposals since they would shift some of the power from the Prime Minister's Office to Parliament. The Alliance's proposals are "half-baked," lamented Liberal House Leader Don Boudria, known to have tried baking a few of his own while sitting in the opposition benches. Even MP's who support parliamentary reforms backed off from the Alliance's "non-partisan" plan calling it, er, partisan. Oh well, the CA can always bring in all those needed reforms if and when they become the government. And we just know that they will.

Getting A Chile Reception...

Sometimes it's tough being a parliamentarian. You never can tell when you'll run out of sunscreen. Taxpayers will reportedly be forking out up to $50,000 for the mid-January trip by five MP's and two senators to a sunny beach resort in Chile. The all-party delegation is attending the ninth annual meeting of the Asia Pacific Parliamentary Forum and it's touted as a valuable educational opportunity and a chance to lobby. We're not sure what they'll be lobbying for but the trip will give them a good opportunity to do it, anyway. Given that Parliament hasn't sat since last October and won't be back for the new session until the end of January, the Chilean junket gives the Canadian MP's and senators a nice break from the tedious three-month break.

Tiers Are Not Enough...

Turns out Health Minister Allan Rock is in a hard place. Making good on election promises to provide equal access to abortion, Rock warned four provinces to start paying for abortions performed in private clinics. Problem is that the Liberals also opposed two-tier health care during the campaign, taking direct aim at those nasty, private, for-profit MRI clinics. Now the media and anti-abortion groups are down his back for delivering the message: abortions in private, for-profit clinics – good. MRI scans in private, for-profit clinics – bad. Talk about tier pressure.

Fasten Your Money-Belts...

Prime Minister Jean Chretien is set to lead the Team Canada trade mission to Beijing, Shanghai and Hong Kong in February and the Canadian media is invited to tag along. For the low, low cost of only $5,500 (plus GST?) per representative, media organizations who really want to be shanghaied can reserve a space on the charter plane out of Vancouver.

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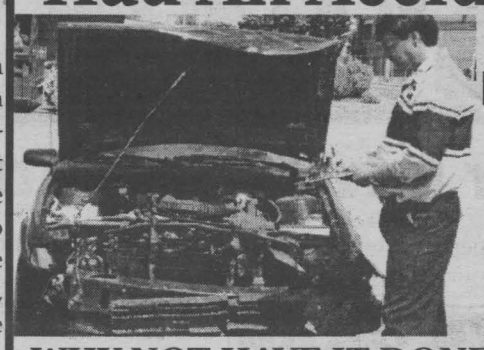
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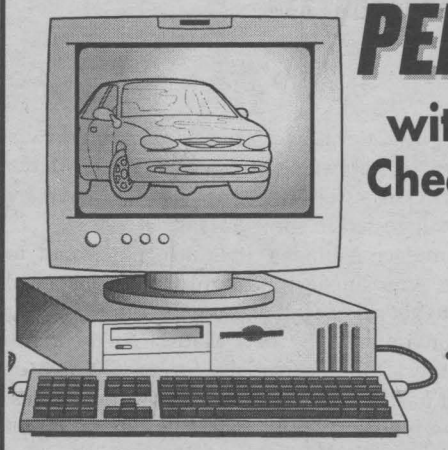
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NASCAR

Daytona testing opens this week

Test time at Daytona International Speedway for Winston Cup teams has been drastically slashed in 2001. But the bottom line is each manufacturer's two-day session is no less vital to the ultimate goal: a Daytona 500 victory on February 18th.

About 20 teams using Ford Tauruses will open the winter stock-car test season at Daytona on Monday. They have a two-day session scheduled, with Wednesday set aside as a rain date if needed.

Teams using General Motors products, either the Chevrolet Monte Carlo or the Pontiac Grand Prix, are scheduled to test Thursday and Friday, with Saturday, January 13th, as a rain date.

Teams using Dodge's new Intrepid R/T open their testing Sunday and Monday at Las Vegas Motor Speedway. Their two-day run at Daytona is set for January 16th-17th with the 18th as a rain date.

Stock-car testing at Daytona concludes with a three-day session for teams from the Craftsman Truck Series from January 19th-21st and four days -- divided into two-day sets for odd and even-numbered cars -- for the Busch Series from January 22nd-25th.

Among the teams that have indicated they will participate in the opening Ford test are those of drivers Rusty Wallace, Mark Martin, Jeremy Mayfield, 2000 top rookie Matt Kenseth and 2001 rookie Kurt Busch. Among drivers opening the year with new teams at this test is Ricky Craven in the No. 32 Ford, Mike Wallace in the No. 7 Taurus and Todd Bodine in the No. 66 Ford.

With just more than a month before the 500, high hopes will be in great supply at the 2.5-mile trioval in the coming month.

"I am very optimistic about the test next week," Martin said. "We made huge gains in our superspeedway program last year, so I am sure we will be able to take what we learned and improve on that."

Martin finished fifth in last year's Daytona 500 and then finished fourth in the Pepsi 400 at DIS in July. He ran the same car in both races, and his Roush Racing crew plans to bring it to the test since it survived all four superspeedway races -- including two at Talladega Superspeedway -- in one piece.

"We are going to test JR-59, which is what we ran at Daytona and Talladega last year, as well as a new car we have built this winter," Martin said. "We made some trips to the wind tunnel last month and we were pleased with the numbers we saw."

Along with many of the other drivers who will test this month, Martin is looking at a couple uses for his fleet of race cars. While the Daytona 500's unique qualifying procedure mandates runs in time trials January 10th, a Gatorade 125-mile qualifying race on January 15th and the 500, Martin also has on his docket the Budweiser Shootout, a special event for 2000 pole winners.

"We're hoping to make the new car as strong as JR-59," Martin said, "so we can run the best car in the Daytona 500 and save the other one for the Budweiser Shootout since we are in that race now."

Martin has started the Daytona 500 16 times during his career. Although he has yet to win the prestigious event, he has three top-5 and five top-10 finishes. He nearly got his first Daytona 500 victory last year when he was in second place with 20 laps to go.

Dale Jarrett was going to draft with Martin to get by leader Johnny Benson, but a late-race change in strategy, which is not unusual in speedway racing, instead saw Jarrett form his own draft, relegating Martin to fifth.

"If I am in the same position this year I won't believe what anybody promises me," Martin said. "I learned a very important lesson last year: The only person on the track who wants me to win the race is me.

"Teammates can help throughout the race, but when it comes down to the end, they want to win just as badly as I do. I'll remember that this year when I have the checkered flag in my sights."

For the next month, that will be a goal of everyone who drives on to the speedway.

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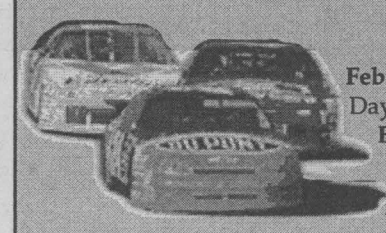
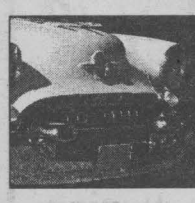


SCHEDULE

February 11th - Bud Shootout
Daytona Int. Speedway - FOX Sports Network
February 15th - Gatorade 125s
Daytona Int. Speedway FOX Sports Network
February 18th - Daytona 500
Daytona Int. Speedway FOX Sports Network



YOUR AUTO CORNER

Winter Driving: A Matter Of Common Sense

(NC) – The experts are unanimous: it is of prime importance to equip a vehicle with four winter tires in areas where severe snowfalls occur regularly. These same people also agree that it's much better to buy four winter tires than to invest the same amount of money in two winter tires of better quality. According to numerous tests, the combination of winter tires on the front wheels and all season tires at the rear can cause a spin without warning.

There is a very simple solution for optimum control in winter driving conditions: you must install four winter tires of the best quality that your budget allows.

It does not take a nuclear physicist to realize that a vehicle equipped with tires of known performance calibre, such as the Winter Slalom from BFGoodrich, gives the driver better control on snow or ice while the braking distances are much shorter than with all-season tires.

This does not mean that you can blatantly ignore the most elementary rules about winter safety and driving. So it is imperative that your vehicle be in good mechanical condition. Windshield-wiper blades, headlights, brakes, accessory belts, hoses, lubricants, ignition and cooling systems – all these elements must be thoroughly checked on a regular basis.

Before going on the road, it's mandatory to remove any snow that has gathered on your vehicle while defrosting all the windows. Contrary to common practice, it's not recommended to let the engine idle for long periods of time. While this lets the interior of the car get warm and comfortable, it has unwanted effects on the quality of air and can also damage the catalyst. Experts recommend that you start the engine, remove snow and ice from the car and then drive away. The engine will warm up faster this way.

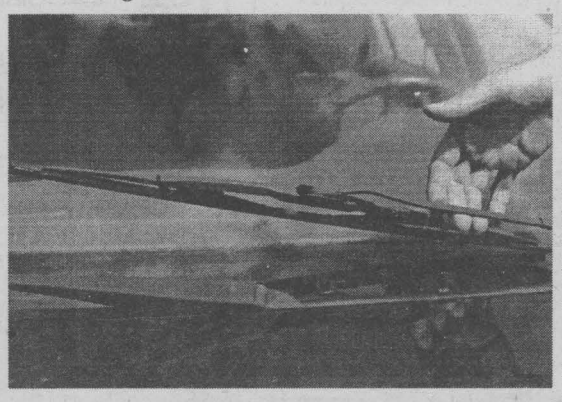
Don't be intimidated by other vehicles that follow too closely. Drive at a comfortable speed according to weather and road conditions.

Finally, even though the winter tires on your vehicle allow you better control, you must keep a safe distance from the car in front of you. You do not know if it is equipped with good tires: a spin or loss of control is always a possibility. So keep your distance.

In winter as in summer, common sense is always the best way to deal with driving conditions.

Replace Those Wiper Blades Regularly

Can you really see very well through the windshield at night when it rains or snows? Probably, you should have replaced those wiper blades earlier. Streaks that develop when the blade wipes the windshield are a clear indication that the blade has to be changed.



Replace your wiper blades regularly.

If you choose to change the blades, you might have the choice, depending on the region where you live, between a standard blade or what is known as a winter blade. These are covered by a thin layer of rubber that protects some of the mechanical parts from the snow and ice. They are strongly suggested in snowy areas.

When replacing blades, it is also suggested to clean the windshield thoroughly with a special product to get rid of all the grease possible in order not to contaminate the new blades. At the same time, inspect the mechanism for any faulty or worn-out part. Also, whenever it snows or freezes, clear the wiper arms before starting the car engine or, more important, the wiper motor. Never, ever think that starting the wiper motor will unstick the blades from the windshield if they are frozen onto it. All you risk is a damaged mechanism or a burned-out electric motor. And these are generally very expensive to replace.

To find new blades, take the old ones to an automotive parts store and compare them to newer ones. You might even have to go to the dealer in some special cases. As for the used blades, if they still seem a little usable, keep one or two in the trunk for emergency purposes. You never know when a used blade can come in handy.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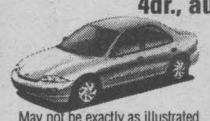
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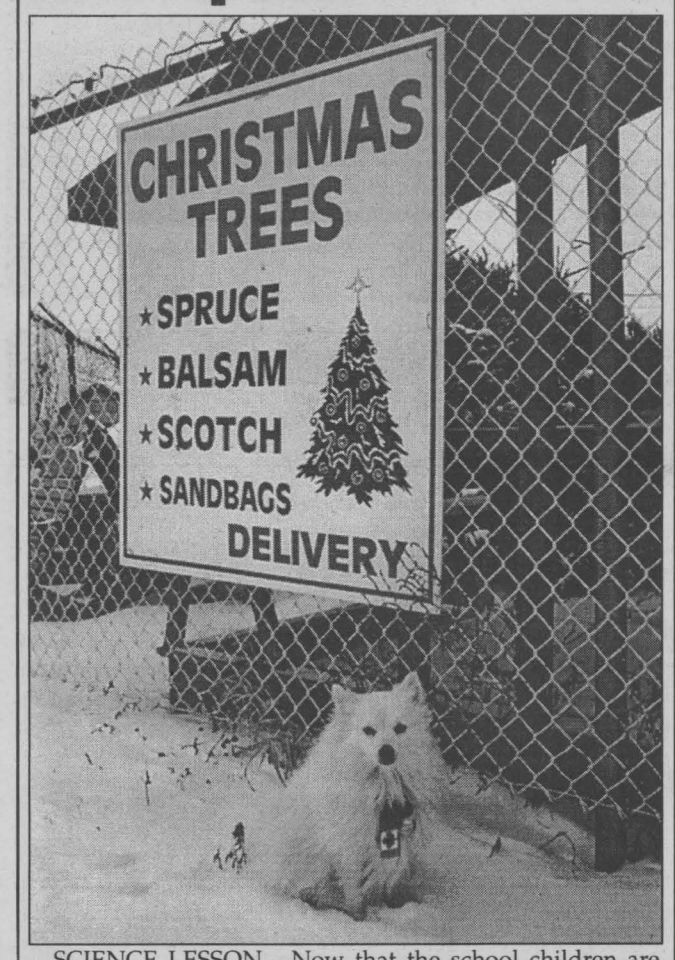
Tree Species



SCIENCE LESSON - Now that the school children are back in class, during show and tell time, they can tell their classmates what they learned over the holidays. One little wag may be quoted as saying, "There are more than four species of Christmas trees: spruce, balsam, scotch and sandbags. Oh yes! I almost forgot the fifth, the kind we have: artificial. They grow in factories."

Photo by Nick Wolochatiuk

Good luck on your recent move to Capri Beauty Salon & Esthetics - Susan MacLean, Gina Tanski and Maurice Dupras.

A big thank you to all the **Emergency staff** at the Hotel Dieu Hospital for your great service on Saturday, January 6th during my emergency.

Gerry Loiselle.

The O.S.P.C.A. will be hosting a Volleyball tournament in Long Sault on January 26th, 27th & 28th. The animals are starving for some help and you can be that help, just by entering a team. A donation of $60.00 per team will help to feed and provide warmth to a whole house of furry friends. Call 534-8125.

A huge **"Thank You"** and a **"Big Bouquet"** *to the members of the "Glendaler's Four-Wheel Club"* who cheerfully pulled our van out when we skidded off Airport Road on Sunday, January 7th. Their kindness was especially appreciated by my daughter who had been driving on her 21st birthday. The only damage was a lopsided cake! Great going to the Club.

Sincerely, Sue Walker.

Cutbacks in the medical system must be pretty acute. *Seems a local woman left a hospital with her own crutches, only to be billed for three pairs of crutches.* Go figure!

Rick & The Roadhouse Dancers would like to thank **Kathy Maguire** for helping them entertain at the seniors homes through the Christmas holiday season ... thanks to her guitar and singing talents ... we danced, sang and a good time was had by all.

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Helpful Hints: Get every last bit of polish. When nail polish gets too thick to apply, add a few drops of remover to it and shake well. This softens the polish so it can be used again.

Best wishes to **Korey "The Kid" Kennedy** for implementing changes to the appointment system. The world is changing and so is City Hall.

Chubby Chicken ... making a return to A&W. Watch for it!!

One of Cornwall's newest councillors raised a shocker at his first meeting. If the pay wasn't high enough, why did he run??? The last raise they got, they cut back the number of councillors, only to split the savings amongst themselves.

Hometowns seem to be loved most by the people who used to live in them.



Scuttlebutt

Hello ... Is There Anyone Out There?
We want to remind everyone out there that this is **your public forum** ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8
by Fax 933-0024
or E-mail your little ditty to us at scuttlebutt@cornwallseawaynews.com

In the land of Slobovia, Volkswagen Bugs had just come on the market. Since the cars were small and compact, Slobovian women were going crazy and buying them left, right and center.

One day, a Slobovian woman was cruising down Santa Slobovia Boulevard in her new Bug when suddenly the car shut off. Figuring that something was wrong, she got out, went around to the front of the car and opened the hood.

To her surprise there was no engine. "Oh, dear," she said, "someone has stolen my engine."

Just then another Slobovian woman came driving up in her newly purchased Volkswagen Bug. Seeing the other woman in distress she pulled over and offered her assistance.

"What's the matter?" she asked.

"My new Volkswagen Bug won't start. It's no wonder, though. Someone has stolen my engine."

"No problem," said the second woman. *"I just checked my trunk and I have a spare."*

During the winter months, if your pet stays outside, please make sure they have proper shelter, food and water. If you are cold, so are they. If you need any information, please call the O.S.P.C.A. at 936-0072. They will be happy to answer any questions you may have.

Fun things to tell your co-workers before a long holiday weekend:

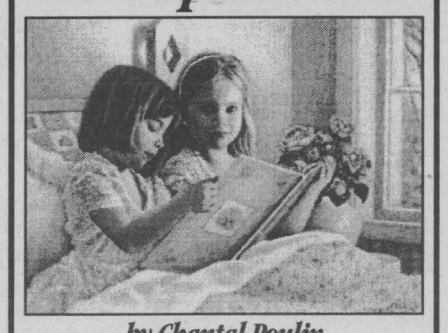
- I've just released a new version of the software. I didn't get time to test it, but it should be okay.
- Was anybody smoking in the computer room? No? I'm sure it was nothing then.
- You might want to box up your personal items before you go home!
- Thanks for taking my turn for being on call. Bye.
- By the way, you're on call support this weekend. That means no drinking, partying or getting outside beeper range. Have a nice time.

How many psychiatrists does it take to change a lightbulb? Only one, *but the lightbulb has to really want to change.*

Thought of the week - whatever is worth doing, is worth doing well.

Phillip Stanhope.

Once Upon a time



by Chantal Poulin

LOGAN'S GALLERY Gift Shop
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Quotable Quote - "I've got my faults, but living in the past isn't one of them. There just isn't any future in it.

Sparky Anderson, baseball manager.

John Bird and Bill Parrot worked in sales and marketing. One day as I was passing through their department, I heard Bill answering John's phone and wondered what the caller may have thought when he heard Bill's greeting: *"Bird's line. Parrot speaking."*

Here's a neat trick to recycle those plastic boxes that baby wipes come in. They make an ideal catchall for small toys. Just decorate the outside of the box with stickers, fill with toys and bring along on trips to keep kids entertained.

A special **thank you** to **Korey "The Kid" Kennedy** and **John Cleary** for helping someone who was in dire straits and had fallen through the cracks in the system. This individual is now on the right track.

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.advantagesadvertising.com
Your own submissions are always welcome!
Send them to
smile@advantagesadvertising.com

15 Actual Announcements Taken From Church Bulletins

1. Don't let worry kill you -- let the church help.
2. Thursday night - Potluck supper. Prayer and medication to follow.
3. Remember in prayer the many who are sick of our church and community.
4. For those of you who have children and don't know it, we have a nursery downstairs.
5. The rosebud on the alter this morning is to announce the birth of David Alan Belzer, the sin of Rev. and Mrs. Julius Belzer.
6. This afternoon there will be a meeting in the South and North ends of the church. Children will be baptized at both ends.
7. Tuesday at 4:00 PM there will be an ice cream social. All ladies giving milk will please come early.
8. Wednesday, the ladies Liturgy Society will meet. Mrs. Jones will sing, "Put me in My Little Bed" accompanied by the pastor.
9. Thursday at 5:00 P.M. there will be a meeting of the Little Mothers Club. All wishing to become little mothers, please see the minister in his study.
10. This being Easter Sunday, we will ask Mrs. Lewis to come forward and lay an egg on the alter.
11. The service will close with "Little Drops of Water." One of the ladies will start quietly and the rest of the congregation will join in.
12. Next Sunday a special collection will be taken to defray the cost of the new carpet. All those wishing to do something on the new carpet will come forward and do so.
13. The ladies of the church have cast off clothing of every kind and they may be seen in the church basement Friday.
14. A bean supper will be held on Tuesday evening in the church hall. Music will follow.
15. At the evening service tonight, the sermon topic will be "What is Hell?" Come early and listen to our choir practice.

Even wonder? ... How come you often wake up right before the alarm goes off? Your body temperature drops at night. It reaches its lowest around 4 a.m. and then rises again. When it does, you begin to wake. Around 6 or 7 a.m., even though you may not be fully alert, you're aware of what's going on around you. In addition, some alarm clocks make a faint click a few moments before going off. When you're half awake, you hear this click, even if you're not aware of it and you become fully alert - before the alarm sounds.

Happiness comes when we stop wailing about the troubles we have and offer thanks for all the troubles we don't have.

LET'S CELEBRATE

Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News

Gedoro's
Fine Dining in Casual Comfort
Join us for **Big Thursdays**
158 Pitt Street 938-2791

Celebrate your birthday and/or anniversary with us. Bring your family and friends and you will receive: free cake; free photo & card; free $15.00 discount coupon for your next visit. Please call 24 hours ahead for your cake

This week's winner PAULA pick up your prize at Gedoro's!

TO PLACE YOUR AD
Phone or Write Your Ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week
DEADLINE: 5 PM TUESDAY

Happy 35th Birthday
Paula
celebrating on January 18th
from the gang!



"Bonne Fête"
Yvette Leroux
celebrating another birthday on January 12th!
de tous tes amis!

Happy 55th Wedding Anniversary
Myles & Edna Benton
celebrating on January 15th
Love your ten children, twenty-six grandchildren and four great grandchildren



Happy Birthday Gail McNally celebrating on January 12th. Love Kelly & Dave

COMMUNITY DIGEST

***AL-ANON-ALATEEN.** Has your life been affected by someone's else's drinking and behaviour? If you want help and support call the Al-Anon Line at 937-4880.

***C.C.V.S. SCHOOL COUNCIL** will meet on Tuesday, January 16th, 7:00p.m., in the school library to discuss the accommodation study and the possible effects on C.C.V.S. students. Everyone welcome.

***CENTRAL PUBLIC SCHOOL COUNCIL** will meet on Monday, January 15th, 7:30p.m., in the school library to discuss the accommodation study and the possible effects on Central students. Everyone welcome.

***CENTRE CHARLES-EMILE CLAUDE** "Partie de Cartes", le 14 janvier, 7h30., "Danse Western", le 20 janvier, 8h. Info: 932-1035.

***CHILDREN'S AID SOCIETY** of S.D.&G. Board of Directors will hold their monthly meeting Wednesday, January 24th. Info: 933-2292.

***CORNWALL & DISTRICT BRIDGE CLUB** meet every Thursday at the Masonic Temple at 7:30p.m. Call 932-3498 for information.

***CORNWALL NEWCOMERS CLUB** is hosting a "Dessert Club", on Thursday, January 18th, 8:00p.m. Info: Angela 534-4136.

***CORNWALL QUILTERS GUILD** will meet on Monday, January 15th, 7:00p.m. at the Cornwall Seaway Lions Club, 123 Fortier St. Anyone interested in quilts/quilting is welcome. Info: Cathy, 931-1598.

***DINER'S CLUB LUNCHEON** for Seniors to be held at the Martintown Community Centre on Wednesday, January 17th, 12noon. Reservations by January 15th. Call Lan-Char Senior Support Centre at 347-1175. All Seniors welcome. Sponsored by the Glengarry Outreach Services.

***GAMBLERS ANONYMOUS** hold meetings Friday evenings, 7:30p.m., Knox St. Pauls United Church. Info: Don 938-8131.

***HOPE IN LOVE/REFLET-LUMIERE,** a non-profit organization in support of couples who wish to nurture their relationship, have weekly meetings Wednesday evenings, 8:00 pm, Centre j'aime apprendre, 305 Baldwin Street, Info: 937-0829 or 938-6364.

***JOIE DE VIVRE DU CANADA INC.** secteur francophone du diocèse d'Alexandria-Cornwall. Peu importe les raisons de ta séparation ou de ton divorce, l'expérience est pénible. Viens te joindre à notre soirée d'information le jeudi 18 janvier à l'église Sacré-Coeur, 225 rue Principale, Alexandria. Info: Pauline/Yvon 938-7527, Marcel 932-4615.

***MULTIPLE SCLEROSIS ANNUAL SPAGHETTI SUPPER** Friday, January 19th, 5:00p.m. to 8:00p.m., Royal Canadian Legion Hall. Info: Todd 933-6442.

***NICOTINE ANONYMOUS** for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

***OVER 60 CLUB** are holding an Open Euchre on Thursday, January 18th, 1:30p.m.; Royal Canadian Legion Auditorium. Everyone welcome. Info: 932-4696.

***OVEREATERS ANONYMOUS** hold meetings Monday evenings, 7:30p.m., at Knox St. Pauls United Church. Info: Georgette 938-1311.

***P-FLAG CORNWALL** (Parents, Families, Friends of Lesbians & Gays) invite everyone to a special presentation on Wednesday, January 17th, 7:30p.m. to be given by Sgt. Sylvia Durand (Ottawa/Hull Region), Gender Specialist. Info: Louis or Denise at 1-877-874-4424.

***PARKINSONS SELF HELP GROUP** of Cornwall meet at the RCAF Assoc. Bldg. (Wing 424) on Water St. W. on Tuesday, January 16th, 1:15 pm. Anyone interested in Parkinsons is welcome to attend. Info: 936-9944 or 933-2193.

***PEER SUPPORTS GROUP** open to individuals who have experienced mental illness or mental health problems and who are looking for information, peer support and sharing of coping skills and strategies. Monday evenings 6:00p.m.; 29 Second St. East. Info: 933-5845.

***ROXBOROUGH AGRICULTURAL SOCIETY** Dinner Meeting on Saturday, January 20th, 7:30p.m., in the Avonmore Community Centre. Guest Speaker will be area farmer Warren MacIntosh. Everyone welcome. Info: 346-5981.

***SEAWAY SENIORS** 205 Amelia Street, activities: Monday: "Tai-Chi" 9:00a.m.; "Beginner Line Dancing" 10:15a.m.; "Cribbage" 1:30p.m.; Tuesday: "Advanced Line Dancing" 9:45a.m.; "Euchre" 1:30p.m.; Wednesday: "Yoga" 10:45a.m.; "Scrabble" 1:00p.m.; "Whist & Knitting" 1:30p.m.; Thursday: "Keenagers" 9:30a.m.; "Chess" 10:00a.m. "Darts & Skat", 1:30p.m. Info: 932-4969

***ST. LAWRENCE SENIORS CLUB** Smoke Free Bingo every Monday & Friday 12:15p.m.; Euchre every Thursday 1:15p.m.; St. Joseph Villa Auditorium; Wheels to Meals every 1st and 3rd Wednesday of each month. Door opens at 9:30a.m. Info: 933-6040 ext. 108.

***TCF (THE COMPASSIONATE FRIENDS)** hold monthly meetings every third Wednesday of each month at 7:00p.m., St. John Bosco School (west side entrance). Info: 938-7570.

***VICTORIAN ORDER OF NURSES PROSTATE SUPPORT GROUP** meet every second Thursday of the month, 7:00p.m. V.O.N. Office, 205 Second St. E. Information and discussion for Prostate Cancer patients, newly diagnosed and their loved ones. Info: 932-3451.

VICTORIA HOUSE
A Private "Home" Residence for Seniors
"The next Best Thing to Home"
Victoria House is a lovely old home located in the residential area of 506 Fifth Street East. We offer to seniors a clean, tranquil, safe environment, full fire protected, security system, Inter-com system, 24 hr. supervision. Excellent home baked cuisine. Transportation available. Reasonably priced. One Set Rate
Please contact. Miss Jenny Colucci; Administrator
932-8433 sn4

ASK YOUR PHARMACIST

Your pharmacist is your medication expert and can provide advice and information on a wide range of health issues



Paul Trottier
Pharmacist

Using Antibiotics Wisely

What are Antibiotics?

Antibiotics are medicines used to treat bacterial infections ranging from step throat, pneumonia and acne to meningitis and tuberculosis. Antibiotics kill or harm bacteria, but they do not treat viruses.

Why Didn't My Doctor Prescribe an Antibiotic for Me?

If you illness is diagnosed as a cold or flu, you should get better without an antibiotic. Ninety percent of colds and flus, and the cough, sore throat, aches and pains that go with them, are caused by viruses. Antibiotics won't help! An ordinary cold or flu virus will run its course in a week or so. Rest, lots of fluids, and remedies for cold of flue symptoms can help you feel better.

What is Antibiotic Resistance?

Infections caused by resistant bacteria are a serious public health concern. Bacteria are smart - they are always changing to try to resist antibiotics that can kill them. If bacteria become resistant, antibiotics that once killed them no longer work. Using antibiotics correctly is the best way to make sure that they will work in treating infections when we really need them.

The Do's and Don't of Antibiotics

DO talk to your doctor and pharmacist about how to take antibiotics: how often, for how long, with or without food. Discuss when you should expect to feel better and what side effects may occur.

DO take all of your antibiotics even though you may feel better after a couple of days. If you don't finish, all the bacteria may not be killed and you may get sick again. The strong bacteria can survive and become resistant, causing infections that are harder to treat.

DO report any drug allergies you have to your doctor and pharmacist. Also, make sure they know about all the medications you are taking (prescription, non-prescription and herbal products).

DON'T insist that your doctor prescribe an antibiotic. They don't work against a cold, flu or other viral infections.

DON'T share other people's antibiotics. Use only those prescribed for your current illness.

DON'T ignore unexpected side effects - tell your doctor or pharmacist about them.

DON'T worry about taking antibiotics when you really need them. Sometimes your own natural defences can fail and you need antibiotics. They won't decrease your natural immunity to infections.

Homeopathy & A Black Eye



Paulette Poirier
Homeopath

Young Philip got an elbow in the eye while play fighting with his younger brother. What a black eye! There was a lot crying and pain. Later came the embarrassment of having to explain this to many curious friends.

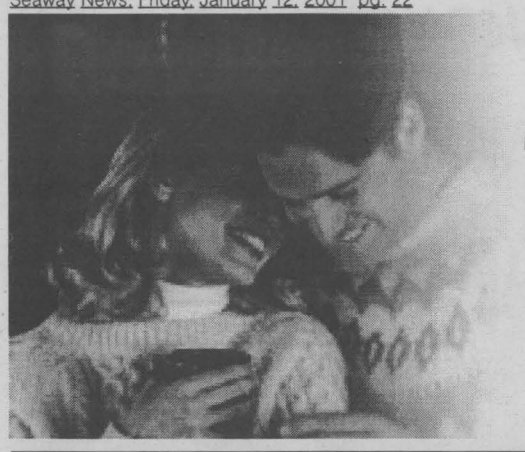
His mother gave him Arnica for the shock and injury to eye. That helped but something else was needed. Philip was complaining of a headache and pressure around the eyebrow. The whole eye socket area felt bruised. Ruta Graveolens (Rue-Bitterwort) was given to help promote the healing. It's a great remedy that helps complete the work of the Arnica.

When I saw Philip 4 days later his eye pain had completely cleared up.

Keep in mind that Homeopathy treats the person, and not just the disease, so two people with the same problem may require different remedies.

QUESTIONS?
Paulette is available every Tuesday for more information between 2 pm - 5 pm
at ***Jean Coutu, Cornwall***
5 Ninth Street East (at Pitt)
938-7339

JEAN COUTU
5 9th Street East 938-7339



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Females Seeking Males

ALLURING PERSONALITY
Call this petite, 5'3", blonde, blue eyed, attractive, SWF, 56, whose personality is easygoing, bubbly, interests are dancing, walking and knitting. I'm seeking a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

CRY FOR LOVE
I'm a SWF, 42, 5', hardworking, humorous and outgoing. I enjoy time at home, dining out, kids and more. I'm seeking a SWM, under 55, who is honest, understanding, affectionate and spontaneous. Ad#: 9507

SOMEONE LIKE ME
I'm a SWF, 31, 5'6", slim, fun-loving, humorous and loves to laugh. I enjoy photography, camping, reading, movies, time with my kids, and quiettimes. I'm seeking a SWM, 32-40, who is romantic, sincere, respectful, honest, and affectionate. Ad#: 3079

TOUCH OF CLASS
I'm a SWF, 20, 110lbs, brown hair, blue eye, outgoinig, fun and energetic. I enjoy clubs, time with friends, camping and more. I'm seeking a SM, 20-28, who is outgoing, kind, friendly and talkative. Ad#: 3320

NO SECRETS
I'm a fun to be with, SWF, 19, mother, who is in search of a humorous, easy to get along with, SM, 19-25, with dark hair/eyes, who enjoys children. Ad#: 5459

HONEST & FAITHFULL
I'm a SWF, 44, 5'4", light brown hair, hazel eyes, shy, easygoing and friendly. I enjoy dancing, camping, having fun and quiet evening at home. I'm seeking an honest, faithfull and fun SWM, 38-46, for a loving relationship. Ad#: 7321

NATIVE BEAUTY
SNCF, 47, honest, reliable, caring and trustworthy. I'm in search of an easygoing, calm, trustworthy, pleasent and easy to get along with, SNCM, 40-49, who is family-oriented. Ad#: 9358

PEOPLE PERSON
N/S, SWF, 44, 5'6", 140lbs., with blonde hair, blue eyes, outgoing, social and easygoing, seeking an honest, attractive, intelligent, N/S, SWM, 41-55. I love dancing, outdoor activities and reading. Ad#: 5269

IMPECCABLE!
5'8", SWF, 23, with brown hair/eyes, attractive, enjoys computers, rollerblading, movies and much more. In search of a SWM, 23-28, who is honest and good-looking. Ad#: 5913

FAMILY LIFE COUNTS
I'm a shy, yet friendly and caring, SWF, 40, who would like to meet a caring, trustworthy, SWM, 38-48. My interests are the outdoors, movies, walking and my children. Ad#: 1804

DISCOVER ME
Humorous, fun, 5'2", SWF, 49, with auburn hair, enjoys animals, my children, homelife and more. I am looking for an honest, SM, 45-59, who loves life, nature and ecology. Ad#: 3721

YOUNG AT HEART
I'm a caring, generous and friendly, SWF, 70, 5'4", who enjoys gardening, traveling and the simple things in life. I'm seeking a caring and affectionate, SWM, over 63. Ad#: 4384

ONCE IN A LIFETIME...
I'm an outgoing, loyal, friendly and generous, SWF, 18, who enjoys water-sports, the outdoors and music. I'd like to meet a fun-loving and honest, SWM, 18-25. Ad#: 6267

FAMILY-ORIENTED
I'm a SWF, 21, who is told to be loving, caring and easygoing. In my spare time I enjoy swimming, reading, dancing and spending time with loved ones. In search of a loving, caring, SM, 20-25, who is a great listener. Ad#: 7519

LET'S CUDDLE
Bubbly, SNCF, 45, 5', 135lbs., with brown hair/eyes, hobbies are walking, movies and crossword puzzles, I'm looking for an honest, SWM, 44-50, who can make me laugh. Ad#: 1786

WHAT DO YOU WANT IN LIFE?
I'm a SBF, 21, 5'4", brown curly hair and green eyes, funny, adventurous and witty. I enjoy camping, sports, dancing, reading, time with my son and more. I'm seeking a well-educated, SWM, 23-30, who is responsible, mature and enjoys similar interests. Ad#: 1250

HOPELESS ROMANTIC
SWF, 33, 5'3", 135lbs., with hazel eyes, funny, hobbies are watching movies, reading and listening to music. I'm hoping to find a romantic, SWM, 29-37, who enjoys cuddling, candlelit dinners and much more. Ad#: 8818

FABULOUS
Hello, I am a SWF, 39, with blonde hair, shy, easygoing and honest, I sometimes enjoy reading, movies, going for long walks and dining out. I'm interested in meeting a SM, under 48. Ad#: 3077

SHARE MY WORLD
SWF, 34, 5'3", 130lbs., with blonde hair, green eyes, easygoing, intelligent and personable, seeking an honest, fun-loving, SWM, 34-48. My interests include camping, reading and the great outdoors. Ad#: 7059

SOFT-SPOKEN
I'm a funny, outgoing and adventurous, SWF, 21, who would like to meet an honest, eventempered, SWM, 20-25. My hobbies are working out, biking, occasionally drinking and romantic walks under the moonlight. Ad#: 4756

PINK ROSES
SWF, 21, short, brunette, with blue eyes, funloving, trustworthy, kind and compassionate. Hobbies are shopping, cooking, baking, and I am an attractive, average built, SWM, 18-26, who is humorous, honest, kind. Ad#: 5727

FEEL AT EASE
Fun-loving, caring and giving, SWF, 41, with auburn hair, hazel eyes, seeking a trusting, honest, good looking, SWM, 35-47. I enjoy dancing, singing and homecrafts. Ad#: 8980

WHAT A LADY!
Short, blonde haired, SWF, 43, blue eyes, funloving and a great personality, I like swimming, biking, skiing and walking my dog. I'm looking for a SWM, 35-50, who is spontaneous, humorous and honest. Ad#: 1615

A SWEET MELODY OF LOVE
SWF, 18, 5'6", 160lbs., brown hair/eyes, funloving, open-minded personality, with a great sense of humor, she enjoys bars, music and spending time with someone, is seeking a smart, honest, SM, 18-28. Ad#: 1899

CANDLELIGHT DINNERS
Funny, SWF, 28, 5'5", with red hair brown eyes, hobbies are swimming, biking and horseback riding. I'm seeking an honest and trustworthy, SWM, over 25, who loves kids. Ad#: 1168

ENTIRELY YOURS
I'm a SWF, 40, 5'2", who would like to meet an honest, SWM, 40-50. I enjoy dining, dancing, walks and movies. Ad#: 8303

SEE THE WORLD WITH ME!
I'm a SWF, 46, 5'3", brown hair, green eyes, loyal, fun-loving, and unique. I enjoy trying new things, live theater, reading, the outdoors, music, and poetry. I'm looking for a SWM, 46-60, who is honest, enjoys life to the fullest. Ad#: 9872

FULL OF ENERGY
I am a fun, intelligent and communicative, SWF, 41, 5'4", 120lbs., with blonde hair, blue eyes, who is desperately seeking a sincere, personable and affectionate, professional, SWM, 35-55. Is it you? Ad#: 4093

RADIANT PERSONALITY
I'm a SWF, 33, who is told to be bubbly, ambitious and adventurous. I like traveling, watersports and movies. I'm seeking a spontaneous, fun and dynamic, SWM, 30-38. Ad#: 1562

FRIENDSHIP FIRST
5' tall, SWF, 55, who is petite, very outgoing, friendly and caring. I would like to meet a SWM, over 55. Some of my interests are knitting, walks, the sunshine and country music. Ad#: 4617

NOW MEET THE BEST
I'm an easygoing, outgoing and fun-loving, SWF, 20, 5'2", who enjoys working, long walks, quiet times and spending time with my children. I'm seeking a hardworking, responcible, SM, 22-26, who enjoys children. Ad#: 6690

VERY LOVING
Short, SWF, 19, who is nice, funny and very outgoing. Some of my hobbies include swimming, sports and much more. Seeking an honest, romantic, SM, over 20. Ad#: 5887

DREAM DATE
5'5", SWF, 18, with short blonde hair who is very sweet, shy and quiet. I like music, long walks, drawing and painting. Looking fo a loving, caring, SWM, 18-23, for a possible relationship. Ad#: 1571

NIGHT LIFE
I'm a SWF, 20, outgoing, down to earth, and humorous. I enjoy singing, dancing, art, music, and more. I'm looking for an outgoing, SM, 19-25, who is honest, attractive, and enjoys going out for a good time. Ad#: 9757

ROMEO, ROMEO!!!
I'm a SWF, 23, easygoing, and caring. I enjoy biking, hiking, dancing, movies, and romantic evenings. I'm looking for a humorous, easygoing, trustworthy, SWM, 23-30. Ad#: 7432

CINDERELLA'S BALL
I'm a SWF, 29, 5'6", blue eyes and red hair, who friends say is kind, caring, compassionate and humorous. In search of a tall, SWM, 30-45, who enjoys animals, children and the country. Ad#: 5836

LOVE'S MAGIC
Quiet at first, SWF, 19, 5'2", with blue eyes, brownish-red hair, likes rollerblading, horseback riding and clubbing. I'm seeking a SWM, 22-29, to get to know. Ad#: 8385

WONDERFUL
I'm an attractive SWF, 57, humorous, and a great personality. I enjoy swimming, camping, crafts, dancing, the beach, romance, and spending time with loved ones. I'm looking for a SWM, under 65, who is caring, understanding, N/S, affectionate, romantic. Ad#: 1429

SHARE MY DREAMS
SWF, 33, 5'5", 150lbs., with long brown hair/eyes, has an easygoing personality, likes having fun, hobbies are dancing, movies and long walks. I'm seeking an honest and caring, SM, 19-40, who loves children. Ad#: 9019

LET'S MEET
SWF, 31, 5'4", who is described as very responsible, dedicated and a hardworker, enjoys sketching, walks, reading and visiting. Seeking a SM, 30-40, for companionship and friendship. Ad#: 9855

UNFORGETTABLE
Outgoing, friendly, open-minded, SWF, 37, 5'7", slender, with light brown hair and hazel eyes. I'm hoping to meet an honest, caring and trustworthy, SWM, 34-45, preferably over 6', who enjoys children. Ad#: 7864

MAKE A FRESH START
I am a N/S, SWF, 33, 5'2", who is shy, happy and honest. Some of my hobbies include playing darts, bowling, movies and going for walks. I would like to meet a SWM, 39-45. Ad#: 9144

VERY GENUINE
N/S, SWF, 60, 110lbs., 5'1", with long brunette hair. I love dancing, cooking, barbeques, movies and entertaining. Hoping to meet a SWM, 55-65, who is honest and likes dancing. Ad#: 7155

GOOD LISTENER
SWF, 49, brunette and friends say I am bubbly, fun to be with and compassionate. I enjoy dancing, canoeing, bowling, working out, etc. Searching for a SWM, 47-55. Ad#: 6134

INCREDIBLY CUTE
I'm an understanding and outgoing, SWF, 21, with brown hair/eyes, 5'9". I enjoy working out, walking, quiet times and more. I'm seeking a SWM, 19-25, with a great personality. Ad#: 6182

WIN YOUR HEART
SWF, 21, 5'6", 125lbs., with long brown hair/eyes, crazy, spontaneous and outgoing, seeking an attractive, tall, fun, SWM, 23-29. Honest and straightforward, I enjoy reading, long drives/walks, being outdoors. Ad#: 8466

FALL IN LOVE
Fun, humorous, SWF, 49, 5'1", with short black hair, brown eyes, hobbies are camping, dancing, crafts and crocheting. I'm in search of an honest and trustworthy, SWM, 45-55, who likes having fun. Ad#: 6610

VERY LOVING
SWF, 35, 5'2", with brown hair and blue eyes, has a very nice personality. Some of my hobbies are biking, country music, slow dancing and playing cards. Very honest, I'm seeking a SWM, 29-37. Ad#: 3432

AGE IS JUST A NUMBER
Hoping to meet an honest, thoughtful, SWM, 75-80, I am a kind, friendly, compassionate, WWWF, 75, retired, with white hair and blue-green eyes. Hobbies are card games, sports, traveling and computers. Ad#: 1697

COMPASSIONATE
5'3", SWF, 50, blonde hair, my personality is fun, bubbly and very easygoing. I like golfing, nature, traveling and socializing. Seeking a slim, honest, SWM, 45-55, for a possible relationship. Ad#: 7845

SIMPLY ALLURING
I am a tall, SWF, 34, brunette, with brown eyes, who is confident, outgoing and easygoing. Hobbies are reading, walking, karaoke, and I'm seeking a friendly, SWM, 25-35. Ad#: 8502

BE PART OF MY TOMORROW
I'm a fun-loving, SWF, 35, who's interested in meeting an honest, SWM, 34-40, for a possible relationship. My favorite activities include dancing, long walks, movies and country music. Ad#: 1015

HONESTY TOP MY LIST
I am a funny, crazy, SWF, 40, 5'3", 110lbs., with blue eyes, who enjoys reading, walking, dancing and knitting. I'm hoping to meet an honest, SWM, 41-42, with similar interests, for companionship. Ad#: 2444

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, who is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

LOTS OF LOVE
SWM, 25, 5'7", with long blonde hair and brown eyes, considered romantic, spontaneous and open-minded. I'm interested in meeting a SM, 25-40, who is friendly, outgoing and full of surprises! Ad#: 4927

YOUNG AT HEART
Outgoing, honest and caring, retired, SWF, 65, 5'2", medium built, blonde, blue eyes. My hobbies are the arts, crafts, gardening, traveling and much more. I'm looking for a loving and caring, SWM, 59-69. Ad#: 2324

LOVES LIFE
SWF, 51, 5'6", blonde hair, hazel eyes, outgoing, has a zest for life. Some of my interests are dancing, long walks, traveling and sports. Seeking a SWM, 42-50. Ad#: 7120

SOCIABLE LADY
5', SWF, 39, who is bubbly and loves having fun, hobbies are playing darts, gardening, boating, camping, dancing and much more. Very sincere, I'm looking for a SWM, 40-50, who is fun-loving and honest. Ad#: 2933

COUNTRY AFFAIR
I have a bubbly personality, and I am a SWF, 50, 5'3", full-figured, with blonde hair, brown eyes. Hoping to meet a sensitive, funny and honest, SWM, 40-60, who loves country music. Ad#: 4646

RADIANT
Active, sociable, retired, SWF, 56, 5'2", attractive, with brown hair, hobbies are biking, walking and going to the gym. Sincere and honest, I'm seeking an attractive, true, outgoing, SWM, 48-60, who can express himself well. Ad#: 2103

QUITE THE ROMANTIC
SWF, 38, 5'3", with blonde hair, brown eyes, kind, caring and compassionate. I'm in search of a SWM, 34-44, who has a beautiful soul. Ad#: 5685

TO THE POINT
Honest, good humored, SWF, 50, 5', with hazel eyes and red hair, she enjoys all types of sports, seeks an honest, trustworthy, SWM, under 60, who's family-oriented. Ad#: 1295

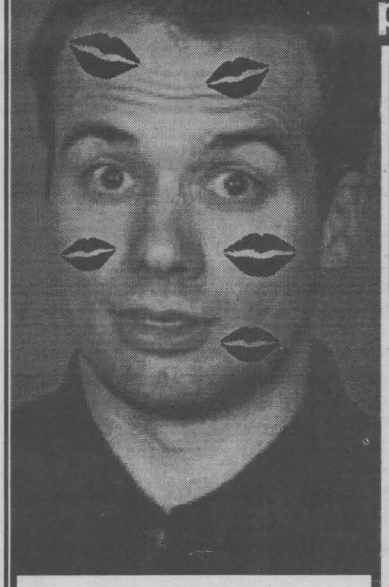
HEAR MY WORDS
SWF, 50, 5'5", with dark brown eyes, has an pleasant personality, easygoing and intelligent, enjoys biking, crafts, horseback riding. I'm seeking an honest, adventurous, SWM, over 45, for a possible monogamous relationship. Ad#: 5636

MEANINGFUL
SWF, 38, 5'7", with brown hair, my personality is fun to be with, caring and respectful. I am looking for a SWM, over 35, for a possible relationship. Ad#: 7869

SERIOUS REPLIES ONLY
I'm a brown haired, SWF, 42, 5'1", who's outgoing and easy to get along with. I enjoy going to bingo, long walks, dining out, the outdoors, movies and stock-car racing. I'm seeking an honest, good looking, SWM, 36-48, who loves children. Ad#: 2428

WIN! $500.00

Ladies, place a FREE personal ad. Then place your lips here



Ladies place a kiss in the space provided above or on a separate sheet of paper and you can Win $500.00. We have thousands of single men throughout Canada who would love to meet Canada's greatest kisser. Show them who it is by sending us your lips. We will choose 3 of the best set of lip prints from all entries received by February 7, 2001. These lips will then be displayed in our dating columns all across Canada, where single men will cast their votes as to which pair of lips represent Canada's Greatest Kisser. If your lips are chosen you Win $500.00

Hey guys, get ready to vote and a chance for you to Win $500.00. Keep watching for details on how to vote for the best lips and win.

Mail Contest Entries to: DRMOC, P.O. Box 1363, Fort Erie, ON L2A 6G2. Entries must be received by February 7, 2001. No purchase necessary. Must be 18 years of age or older to play. Employees of DRMOC and this newspaper are not eligible.

ONE ON ONE
I'm a tall, honest and humorous, SWF, 18, looking for an honest, cheerful and caring, SWM, 18-23. My hobbies are bowling, walking, rollerblading and more. Ad#: 6848

SIMPLY ALLURING
I am an outgoing, friendly, sensitive, SWF, 45, tall, with brown hair and blue eyes, who enjoys others. I'm hoping to find a tall, communicative, SWM, 40-60, who enjoys traveling and quiet times. Ad#: 7795

SENSITIVE & CARING
Outgoing, spontaneous, SWF, 55, who enjoys life to the fullest. I am searching for a SWM, under 65, who is also spontaneous and creative. Ad#: 4182

NO HEAD GAMES!
Honest, fun to be with, SWF, 44, 5'6", with blonde hair, enjoys walking, movies and my dog. I'm hoping to meet a SWM, 40-65, for friendship first. Ad#: 2186

LET'S CUDDLE
SWF, 43, I am 5'1", with brown hair/eyes. My personality is very pleasant and fun-loving. I like bingo, camping, swimming, long walks and more. I am hoping to find a SWM, 40-48. Ad#: 3349

THERE WHEN YOU NEED ME
I'm looking for a humorous, loving, caring and gentle, SBM, 18-19. I'm a short, funny, SWF, 18, who enjoys sports, walks on the beach, camping and more. Ad#: 2411

DOWN-TO-EARTH
I am N/S, SWF, 36, who is interested in meeting a SWM, 34-40. I am 5'6" with hazel eyes and a bubbly personality. I love the outdoors, biking, camping and swimming. Ad#: 3884

PRETTY & PERFECT
I'm a SWF 30, I'm easygoing and fun. I'm interested in sports, and playing the guitar. I'm seeking a SWM 28-37, who is honest, loving, not afraid to speak there mind, and enjoys the same things I do. N/S please. Ad#: 9459

GENUINE
I'm a 5'2", SWF, 50, with curly hair and brown eyes. I'm told I am bubbly, sincere, honest and attractive. I would like to meet a sincere, SM, 45-65, who will build a relationship on honesty and trust. Ad#: 2417

CHEMISTRY
SWF, 26, 5'4", with blonde hair, blue eyes, enjoys camping, long walks and having fun with friends. I'm seeking a SM, 27-31, with similar interests. Ad#: 3239

ROMANTIC HEART
I'm a SWM, 19, 5'11", kind, fun, intelligent, and romantic, who enjoys sports. I'm seeking a SF, 19-32, who is romantic, kind, respectful, nice and attractive. Ad#: 8431

I'M A GEMINI
SWM, 45, feel like 30, slim, blond hair and blue eyes. Straightforward, I enjoy staying active, the outdoors, country life, playing pool, etc. I would like to meet a SWF, over 25, for a sincere relationship. Ad#: 4308

JUST BE YOURSELF
I'm a SWM, 29, 5'7", blue eyes, brown hair, outgoing and kind. I enjoy hockey, going to the mall, for coffee and more. I'm seeking a non-judgmental, SF, over 19, who cares about others feelings. Ad#: 9564

A RAY OF LOVE
I'm an easygoing and personable, SWM, 42, 5'8", who enjoys movies, dining out, walking and sports. Seeks an honest, sincere, SWF, over 26. Ad#: 3705

COMPATIBLE
I'm a SWM, 32, who's personality is fun-loving. Some of my hobbies are bowling, dancing and the outdoors. I'm seeking a generous, kind-hearted and fun-loving, SWF, 28-32. Ad#: 5011



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Males Seeking Females

DON'T PASS ME BY
6' tall, SWM, 45, attractive, warm, spontaneous, sensitive and fun to be with. I love children and animals. I'm seeking a SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

TRUSTWORTHY
SWM, 40, 5'6", with brown hair/eyes, well-trimmed beard and mustache, I'm a very nice, easygoing guy, who likes bowling, camping, dining out, concerts and long walks. Seeking a SWF, 34-42. Ad#: 6665

EARN MY TRUST
I'm a gentle, loving and easygoing, self-employed, SWM, 52, 5'8", who enjoys gardening, fishing, dancing, horror movies, long walks and quiet times at home. I'm seeking a kind and loving, SF, 40-50, for a serious relationship only. Ad#: 4236

LAST CHANCE OF HAPPINESS
May be older, but definitely young at heart! SWM, 78, 6'3", 200lbs., in good physical condition. Is seeking a SWF, 45-65, sweet and sincere, who enjoys cooking and gardening, as he does. Ad#: 6331

LOVE & COMMITMENT
I'm a loving and down-to-earth, SWM, 18, 5'10", who enjoys sports, music and movies. I'm in search of a sincere, SF, 18. Ad#: 7796

ANGELS WELCOME
I'm a shy, outgoing and humorous, SWM, 32, 5'7", who would love to meet a friendly, easy to get along with, honest and faithful, SWF, 25-45. My interests are working out, movies and spending quality times with the girl I love. Ad#: 5140

TENDER HEART
SWM, 40, 5'6", 155lbs., with short hair, goatee, honest, compassionate and romantic, seeking a fun-loving, SF, 19-45. I enjoy cooking, fishing and watching movies. Ad#: 9467

WHAT A GUY
SWM, 36, who is considered to be very friendly, respectful and humorous. Some of my hobbies include movies, walks, going to the races and dining out. Seeking a SWF, 25-58, lovable and caring. Ad#: 8489

JUST THE TWO OF US
People describe me as being an outgoing, caring and spontaneous, SWM, 40, 6', with brown hair, blue eyes, mustache. You should be a slim/average, SF, 20-38, who will make my children and I happy. Ad#: 1700

A ROMANTIC AT HEART
Widower, 69, secure, active and healthy, enjoys homelife, biking, traveling and good conversation. I'm interested in meeting an affectionate, caring lady, over 55 years, for friendship and possible relationship. Ad#: 1174

THIS IS IT!
Tall, SWM, 33, my personality is spontaneous, funny and charming. Enjoys building models, gardening, skiing, sports and more. I would like to meet a caring and trustworthy, SWF, 25-33. Ad#: 2822

FOCUS HERE
56 year old, 6' tall, SWM, who is very happy and pleasant. I enjoy socializing, sports, skiing, woodworking and reading. I am hoping to meet an easygoing, SF, under 56. Ad#: 3305

VERY ACTIVE
N/S, SWM, 21, I am 5'10", with brown hair, blue eyes, funny and social. I am hoping to meet a SWF, 19-25. I enjoy clubbing, movies, sports and working out. Ad#: 7685

A TOUCH SHY
I'm a SWM, 27, 140lbs., 5'9", fun, easy to get along with, and helpful. I enjoy camping, fishing, darts, pool, and the outdoors. I'm seeking a SWF, 24-32, who is slim, ambitious, easygoing, and employed. Ad#: 6890

LET'S MINGLE
Easygoing, SWM, 30, 5'10", with dark hair/eyes, goatee, has a great personality, hobbies are old cars, motorcycles and playing cards. I'm in search of an outgoing, personable and hardworking, SF, 20-33, who will be there. Ad#: 1743

UP FOR NEW IDEAS
Witty, humorous, easygoing, SWM, 42, 5'6", fit, with brown hair, blue eyes, hobbies are golfing, camping and long walks. I'm in search of an honest, trustworthy and bubbly, SWF, 19-45, to share good times with. Ad#: 9625

ALL WE NEED IS LOVE
Easygoing, happy-go-lucky and kind, SWM, 46, 5'8", medium built, with brown hair, blue eyes, hobbies are dining out, playing guitar, concerts. Joyful and humorous, I'm seeking an honest, trustworthy, understanding, SWF, 34-48, to get to know. Ad#: 9479

CONTACT ME
Caring, spontaneous, SWM, 23, who is looking for a funny, caring, SWF, 22-33, for a possible relationship. I enjoy going to movies and dining out. Ad#: 2878

CLASS ACT
I'm a SWM, 61, 5'6", average build, humorous, friendly, and caring. I enjoy theater, writing, photography, nature, and classical music. I'm looking for a SF, 45-64, who is easygoing, outgoing, enjoys theater, nature, and the good things in life. Ad#: 8594

HOPLESS ROMANTIC
I'm a SWM, 50, brown hair and eyes, friendly, easygoing, and loyal. I enjoy playing music, the outdoors, dancing, cooking, and movies. I'm looking for a SWF, 35-40, who is attractive, caring, and enjoys cuddling up on the couch with a good movie and me. Ad#: 4982

AT THIS POINT IN MY LIFE
Humorous, easygoing and joyful, SWM, 39, 5'9", attractive, with blonde hair, blue eyes, in good shape, enjoys skiing, dining out and going to the movies. I'm seeking an attractive, SF, over 19, who is honest, pleasant and bubbly. Ad#: 5860

ALWAYS ROMANTIC
I'm a good-looking, funny, sensitive, 5'9", SWM, 25, interested in meeting a SWF, 22-25, who enjoys racing cars, movies, long walks and much more. Ad#: 2074

UNBREAK MY HEART
I'm an open, trustworthy and caring, SWM, 27, who enjoys working out, quiet evenings and more. I'm seeking a caring, loyal and nice, SWF, 19-35. Ad#: 2877

HERE HE IS....
If you are a SWF, 29-36, who is attractive, caring and communicative, call me. I'm a tall, dark haired, spontaneous, easygoing and caring, SWM, 32. I enjoy hockey, stock car racing, camping, etc. Ad#: 4345

UNDER THE SILVER MOON
I'm an energetic, athletic and supportive, SWM, 21, 6', who enjoys skate boarding, dirt bikes, movies and relaxing. I'm seeking a SF, 19-40, who is willing to committ into a loving and honest relationship. Ad#: 8372

ALWAYS THERE!
SM, 27, 5'9", athletic, straightforward and responsible. My hobbies include working out, rollerblading, music, movies, etc. Seeking a SF, 23-35, honest, ambitious and outgoing. Ad#: 1352

UP TO LIFE'S CHALLENGES
SWM, 41, 6'1", with blue eyes, brown eyes, trustworthy, fun to be with and funny, hobbies are golfing, camping, traveling. I'm looking to meet a caring and trustworthy, SWF, 32-42, with similar likes. Ad#: 4146

GAMBLE ON ME
I am an easygoing, fun-loving and sensitive, SWM, 39, 5'7", 190lbs., with brown hair, hazel-green eyes. I'm in search of an attractive, fit, SWF, 28-45, who is open, warm and has a positive outlook on life. Ad#: 9930

HE'S YOUR GUY
If you are a SWF, who is looking for a SWM, 28, call me. I'm 5'9" with blond hair, blue eyes, funny, witty and very sociable. My interests include hockey, movies, rollerblading and dancing. Ad#: 1570

COMPASSIONATE SOUL
I'm a SWM, 43, who is seeking a caring, relaxed and easygoing, SF, 30-52. I'm 5'9", with brown hair and blue eyes. Friends say that I'm serious, quiet and humorous. My hobbies are walking, music, movies, reading, concerts, bowling and trying new things. Ad#: 1467

Females Seeking Females

CHOOSE ME
5'2", SWF, 18, is outgoing, friendly and very kind. I enjoy skiing and music. I would like to meet a SWF, 18-25, kind, honest and will always be there! Ad#: 7497

AFFECTIONATE
My personality is described as being happy, light-hearted, loving, and I am a SWF, 50, 5'7", 150lbs., with blue eyes, blonde hair. Seeking a mature, responsible, SWF, 49-58, who is financially secure. Ad#: 5741

GIVE ME A CALL!
SWF, 23, 5'7", with blonde hair, blue eyes, outgoing, fun to be with and honest, seeking a caring, compassionate, truthful, SWF, 20-30. I enjoy soccer, playing darts, music and dancing. Ad#: 1726

GENUINE
5'7", blonde haired, blue eyed, SWF, 31, who is kind and honest. Long walks, movies and friends are a few of my interests. Searching for a kind-hearted, SWF, 25-31. Ad#: 5000

PERSONABLE
Call me..I'm a SWF, 25, 5'5", with blue yes, sandy brown hair and I have a great personality. I am looking for a SWF, 27-30. I like dancing, walking, biking, romance, movies and more. Ad#: 9219

HUGS & KISSES
I'm a SWF 34, I enjoy sports, singing, dancing, movies, and long walks. I'm seeking a SWF 19-30, who shows there feelings, and shares the same interests as I do, and likes children. Ad#: 5169

I SHOULD HAVE TOLD YOU
I'm a nice looking, full-figured, SWF, 23, outgoing, very easy to get along with, likes cooking, long walks, swimming and talking for hours. I'm seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

NONE BETTER
Outgoing, clean, humorous, full-figured, funloving, honest, SWF, 25, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 19. Ad#: 1835

LOOKING FOR A FRIEND?
Easygoing, humorous, SWF, 29, 5'6", with brown hair and hazel eyes, enjoy music, sports and dancing. I am seeking a SWF, over 19, for a friendship first. Ad#: 5784

JOYS OF LIFE
I am a N/S, SWF, 27, 5'3", who is generous, caring and kind. I enjoy walking, gardening, camping, music, hockey and more. I would like to meet a SWF, 26-35, who has similar qualities. Ad#: 2887

TO THE POINT
Caring, honest, loyal, single white female, 22, looking to meet a single Asian female, 18-35, who enjoys reading, music and hanging out with friends. Ad#: 7562

Males Seeking Males

ALL FOR YOU
I'm an honest, compassionate and affectionate, SWM, 35, 120lbs., who enjoys sports, walking, movies, music and spending time with my loved one. I'm looking for an honest, compatible, SM, under 35, who also enjoys spending time with the person they love. Ad#: 1602

A WONDERFUL LIFE AWAITS
I'm a fun-loving, honest and clean, SWM, 35, 5'11", who is seeking an honest and caring, SWM, 32-45. My hobbies are collecting antiques, dining out and movies. Ad#: 8440

COMMUNICATION
Outgoing, caring and romantic, SWM, 46, 5'6", 138lbs., with brown hair, blue eyes, honest and sincere, enjoys movies, walks, romantic nights. I'm seeking an understanding, SWM, 25-40, who can talk his problems out. Ad#: 9206

HOPES & DREAMS
Be true to me, I'm an honest and sincere, SWM, 22, 5'10", 150lbs., who enjoys a wide variety of interests. I'm interested in meeting an attentive, SWM, 18-30, for a possible relationship. Ad#: 3307

TO THE POINT
Easygoing, SWM, 42, 5'7", with reddish hair, brown eyes, seeking an honest, fun, SM, over 19. My hobbies are raising horses, reading and watching movies. Ad#: 4365

HAPPY
Well-adjusted, single white male, 34, tall, with brown hair, enjoy skiing, biking and jogging. I am seeking an honest, single white male, over 24, with a good sense of humor. Ad#: 9519

ONE STEP AT A TIME
SWM, 20, 6'1", 140lbs., with brown hair, green eyes, describe as being passionate and funny, likes military, soccer and more. I would be interested in meeting a SM, 19-28, who is fun to be with. Ad#: 3419

HERE'S THE OPPORTUNITY
The future looks bright if you leave a message with this SWM, 23, 5'10", 145lbs., who's a hardworker, honest and extremely sincere. He's interested in sharing the joys of life with a SM, over 19, who's interested in a committed relationship. Ad#: 1817

OPENNESS & HONESTY
Well-organized, SWM, 24, 6'1", 170lbs., with brown hair/eyes, has a good sense of humor, who likes movies, walks, baseball and hockey, is seeking an outgoing, SWM, 18-30, who is fun to be with. Ad#: 5939

OUTGOING
This outgoing, humourous SWM, 24, 5'11", 150lbs, likes hockey, movies and much more. Seeking someone who is compassionate, outgoing, 18-22, who has similar interests. Ad#: 4343

MANY OPTIONS
5'5", SNCM, 29, 145lbs., with short black hair and brown eyes, is very outgoing, caring and romantic. He is looking for a SWM, 19-35, who is sincere, open minded and understanding. Ad#: 4197

HEAR ME OUT
SWM, 20, 5'10", 150lbs., with short black hair enjoys being outdoors. Spends time playing and watching hockey. Looking for a SWM, over 19, who is outgoing and confidential. Ad#: 1757

M- Male, B - Black, D - Divorced, F - Female, EI - East Indian, C - Christian, W - White, A - Asian, S - Single, WW - Widowed, N/S - Non-smoker, NC - Native Canadian

Questions? Customer Service 1-800-437-4175 Customer Service Hours: Mon. - Fri., 8 a.m. - 10 p.m. Sat. - Sun., 2 p.m. - 10 p.m or e-mail us at help@drm-net.com Service provided by DRMOC

1/2/01

SEAWAY BARGAINMART

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Classified Advertising (G.S.T. included)
CASH RATES
- $9.00/week 24 words or less, (25¢ each additional word per week).
- $16.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

ASIAN, EUROPEAN, Latinoes, etc. A-2 Dating, the best place in Montreal to meet multi-ethnic people for long-term relationship. 1-514-369-4647.

FEBRUARY & VALENTINE'S DAY are just around the corner - why not contact us to start a new romance? Call Misty River Introductions at 613-257-3531.

SINGLE MALE, 44, 5'10", blue eyes, black hair, looking to meet single white female, 30-42-yrs. Hobbies are hunting, fishing, camping, enjoys bowling. CC2035.

INTELLIGENT, ENTERTAINING gentleman, attached, passion for pleasing. Seeks to connect with alluring lady friend to share memorable, pleasurable, discreet get-togethers. No games, strings or regrets. CC2034.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • DVD's & MORE!
EXOTIC EXPOSE
St. Lawrence County's Adult Centre sn4
OPEN 12 NOON - 10 pm daily
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315-764-7145

2 APTS/CONDOS FOR RENT

COUNTRY LIVING within city limits. Large two bdrm apt. Washer/dryer hook-ups, parking, Express Vu. Available Feb. 1st. Please call 933-4985, leave message.

2 BDRM IN WILLIAMSBURG, $550/mth, includes utilities. Also, 2 bdrm apt, Riverside Heights, near Morrisburg, $495/mth, includes utilities. Call 543-3604.

BACHELOR APT, furnished, utilities included. West end. Clean, close to bus. Call 933-5915.

AVAILABLE FEB. 1ST OR Mar. 1st, large 1 bdrm apt, newly renovated. Electric heat, stove, fridge. One block from College. No pets. 229 Prince Albert St. $290/mth, plus utilities. Call 933-0560.

AVAILABLE IMMEDIATELY. North end. 2 bdrm apt, newly renovated, fridge, stove, patio, parking, washer/dryer facilities. $575/mth, plus utilities. Call 930-1648 or 347-7546.

UPSTAIRS 1 BDRM apt. 217-A Belmont. Washer/dryer hookups. Fridge, stove, porch, gas heat. $399/mth, all utilities included. Call 930-9242.

AVAILABLE FEB. 1ST - 2 bdrm apt, large, Marlborough St. N. Washer/dryer hook-ups. Front & back balconies. Quiet adults pref'd. Upstairs over Health Care Clinic. $500/mth, plus utilities. First & last req'd. 933-5347, leave message.

2 BDRM DOWNSTAIRS apt. Quiet, very reasonable rent. Parking. No pets. Ideal for quiet single or couple. References req'd. Call after 1pm 932-2135.

ACE PROPERTY MANAGEMENT 936-1533
"Let us find you a place at no charge!"

APARTMENTS
BACHELORS
Newly Renov. Appli, parking, patio $395 Inc.
ONE BEDROOM'S
North End, bsmt, appli, A/C, new kit $525 incl.
99- 1/2 Race St. 1 bdrm upst, $400 incl. Immed
29 4th St. E., mnflr, 1 bdrm, $425 Included, Immed
233 Carleton, main flr, appl. $360 incl. Feb '01
218 McConnell, 1 bdrm bsmt, $400 incl. Immed.
Meadowvale lrg. 1 bdrm bsmt, appl., $475. incl.
TWO BEDROOM'S
140 4th St. W. mn fl, no appli, $550 incl., avail Jan.
453 B 2nd St. W, 2 bdrm, no appli, $400 Incl.
521 Carleton, 2 bdrm upsts., balcony, $485 incl., Dec/00
324 -A 1st St. W., 2 bdrm upst, $560 incl. immed.
42 Anthony, lrg, upstrs, no appli, parking, $450+
THREE BEDROOMS
14th St. W. lrg. 3 bdrm, bsmt, no appli, hkup, $500 + sn4

SECURITY BUILDINGS
805 MARLBOROUGH ST. N.
(SECURITY)
1 & 2 bedroom units, $475 to $575 /month
utilities, appliances, parking included
coin operated laundry
425 ELEVENTH STREET W.
(SECURITY)
2-bdrm dr., patio appli, laundry, prking $575 Incl.
HOUSES, TOWNHOUSES, SEMI'S
Summerstown, 3 bdrm, prk, yard, $550+Immed.
708 Glengarry 3 bdrm yard, prk, attach garage $650+
Williamstown 2 bdrm single home rec room $650+
5th St. E. Six bdrms home fin bsmt (pool) $1000 +
COMMERCIAL
Sydney St, Downtown, Office Space 1000 sq. ft., $650 +

APARTMENTS FOR RENT

bachelor, 1&2 bdrm. security bldg., video surveillance bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30 sn3

2 BDRM APT. 3 pce-bath, washer/dryer hook-ups, use of basement, small workshop, parking, near college. Heat & hot water included, $480/mth. Call 931-1117.

AVAILABLE FEB. 1ST - 3 bdrm apt in Ingleside. Spacious, main floor, large deck, parking. $585/mth, plus utilities. Call 537-9749.

2 BDRM DOWNSTAIRS apt. Washer/dryer hook-ups. Quiet neighbourhood, next to St. Gabriel's School. 1325 Reneal St. Avail. Mar. 1st. $525/mth, plus utilities. Call 932-2150.

ONE BDRM APT. Available anytime. Newly renovated. Centrally located. 720 Pitt St. Fridge, stove & heat included. $350/mth. Plenty of parking. Call 933-1000, ask for Tom.

LARGE 3 BDRM APT in Cornwall. Parking, washer/dryer hook-ups. Available now. $565/mth, plus utilities. Call 537-8974.

BACHELOR APTS. AVAILABLE
331 Second St. W.
Furnished. Mature person preferred.
Call 938-6131, ask for Peter. sn3

202 PRINCE ARTHUR, downstairs 2 bdrm apt, fridge & stove, $325/mth, pay own utilities. Very clean & in excellent condition. No parking. 933-4780.

APT FOR RENT - Available immediately. Fridge, stove, fully furnished. Parking, utilities, cable included. Call after 4:30pm 933-5720.

AVAILABLE MARCH 1ST - Renovated 3 bdrm upstairs apt. Washer/dryer hook-ups, parking, storage, balcony. $525/mth, plus utilities. 54 Leonia. 932-4070.

1206 WALTON - Available Feb. 1st. Upstairs 2 bdrm apt. Laundry room, 4-pce bath, parking. $475/mth, pay own utilities. Call 528-1148 or 936-7088.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

413 WATER ST. E. Small main floor 2 bdrm apt. Just renovated. No appliances or furniture supplied. $400/mth, utilities included. Available anytime. Call 933-7516.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

331 FOURTH ST. EAST - Available immediately, 3 - 1 bdrm apts. Fridge, stove, parking, heat & electricity paid. Call 528-1148 or 936-7088.

BACHELOR APT. Furnished, $375/mth utilities included. Also, 1 bdrm, ground floor, fridge, stove, $450/mth utilities included. Call 938-3936.

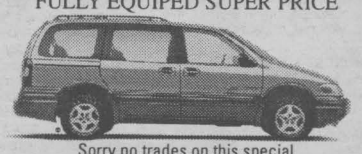
332A ALICE ST. Avail. Feb. 1st. 3 bdrm apt. Washer/dryer hook-ups, parking, $425/mth, plus utilities. Call 933-5483 or 347-3611.

4 HOUSES FOR RENT

2 BDRM BUNGALOW. Large kitchen, private driveway. North end near mall. Nice lot, quiet area. $525/mth, plus utilities. Available immediately. Call 933-6803.

3 BDRM FARM HOUSE in Martintown area. Available Feb. 1st. No pets. First & last req'd. Call 528-4694.

UPPER DUPLEX, 3 bdrms, parking, private basement entrance, $450/mth, pay own utilities. References req'd. Call 936-2466.

PAUL'S PICK OF THE WEEK
98 PONTIAC TRANSPORT
FULLY EQUIPED SUPER PRICE

Sorry no trades on this special
$10,995

00 MAZDA, ext cab, 4dr, 6cyl, auto, black, 4000 km $20,800
99 CHEV ASTRO VAN loaded, AWD ..... SOLD $15,995
98 GMC JIMMY 2dr., loaded, 4x4, 63,000 km $18,995
98 DODGE CARAVAN 4dr., air, low km's $13,995
98 DODGE NEON, 4 dr., platinum, auto, air, 64,000 km, ... SPECIAL $8,995
98 CHEV VENTURE, air, tilt, cruise, 80,000 km, ... $13,995
98 SUNFIRE, 2dr., auto, air, 60,000 km $8,995
98 GMC, reg cab P/U, 6cyl, 5spd, 49,000 km $13,995
97 SUNFIRE, 2dr., 5spd, black, 70,000 km $8,995
97 CHEV EXT CAB, 8cyl., short box, 67,0000 km $16,995
97 CHEV MONTE CARLO, 2dr., black, loaded $12,995
97 CHEV MALIBU, 4dr., auto, air $9,995
97 CHEV 4X4, P/U, regular cab, 5spd, ... $14,995
97 HONDA ACCORD EX, 4dr., loaded, ... SPECIAL $12,995
96 DODGE RAM, ext, cab, 4x4, P/U, sport ..... SOLD $18,995
96 CHEV BLAZER, 4dr., loaded, 4x4, loaded, 4x4 ..... $14,995
95 CHEV BLAZER, 4x4, fully loaded, black $14,995
95 FORD F-150 XL, ext cab, short box, 2wd, ... $13,995
95 CHRYSLER INTREPID, 4dr., loaded, ... SOLD $8,995
95 MAZDA MX3, 2dr, auto, red, ... $8,995
94 FORD EXPLORER, 4dr., air, blue, ... $9,995
94 CADILLAC SEDAN DEVILLE white, loaded, ... SOLD $12,995
94 DODGE DAKOTA, ext. cab, 2wd, P/U $8,495
94 JEP GRAND CHEROKEE, 4x4, loaded, ... $10,995
94 MERCURY VILLAGER, van, loaded, very clean $7,995
93 PONTIAC GRAND AM 4dr., 6cyl., loaded, ... SOLD SPECIAL $6,995

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125 Cornwall Centre Rd.
Cornwall
932-4514

HOROSCOPES

January 14 - 20

Aries – March 21/April 20
While you're usually one to speak your mind without thinking about the consequences, be careful of what you say when talking with a business associate early in the week. Voicing your opinions to this person only will get you into trouble. So, bite your tongue. A loved one needs a shoulder to cry on. Be there for him or her.

Taurus – April 21/May 21
A family matter has loved ones upset on Wednesday, Taurus. They look to you for strength and guidance. So, you must stay calm. Don't let the excitement get to you. Try to do what is best for everyone involved. Your efforts are sure to be appreciated. Sagittarius plays an important role.

Gemini – May 22/June 21
Don't let a close friend spoil your good mood when he or she gets upset about a personal problem. Do what you can to help this person, but don't get so involved in the matter that you forget about your own good fortune. You receive something special. Enjoy it! Virgo is involved.

Cancer – June 22/July 22
Your conscience tries to get the best of you late in the week, Cancer. However, don't feel guilty about not helping an acquaintance. You know that this person can handle things on his or her own. There's no need for you to get involved. A loved one offers you some romantic advice. Be sure to listen to him or her.

Leo – July 23/August 23
A business associate confides in you about a personal matter. While you're not close with this person, do what you can to help. Your efforts will be appreciated. A close friend asks you out late in the week. Say yes, because he or she has something important to tell you. Capricorn plays a key role.

Virgo – Aug 24/Sept 22
While you just want to be alone early in the week, Virgo, loved ones keep knocking on your door. They want your advice about a family matter. Don't turn your back on them. Instead, do what you can for as long as it takes. You'll have plenty of time to yourself during the weekend.

Libra – Sept 23/Oct 23
Don't cry over spilled milk, Libra. The minor setback that you encounter while trying to accomplish an important task early in the week shouldn't bring you down. You can overcome this with little effort. All you must do is continue to work diligently. So, just stay focused, and keep moving ahead.

Scorpio – Oct 24/Nov 22
Don't try to control a loved one's actions. This person needs to do what is right for him or her. All you can do is offer advice and guidance. If you try to force your will on this person, you'll only push him or her away. That special someone has a surprise for you on Thursday. Enjoy!

Sagittarius – Nov 23/Dec 21
Be honest with an acquaintance when he or she asks you an important question — even if what you have to say could hurt this person. He or she deserves to know the truth. A loved one receives an unexpected windfall and wants to share it with you. Join in the celebration.

Capricorn – Dec 22/Jan 20
Don't be stubborn when a close friend asks to reschedule a get-together early in the week, Capricorn. This person isn't trying to avoid you; he or she really has to attend to a more pressing matter. Try to understand this, and be supportive. Gemini plays an important role.

Aquarius – Jan 21/Feb 18
There is a lot to be done this week, Aquarius, and several people are counting on you to make progress. Don't crack under the pressure. You can handle everything if you just stay calm and organized. So, get it together. Your efforts are sure to impress those around you. Leo is involved.

Pisces – Feb 19/March 20
Don't turn your back on a friend in need early in the week, Pisces. You are the only one who can help this person. So, do what you can. A loved one shares a family secret with you. Keep it to yourself, because it's not your place to tell anyone else about this. Remember that.

Hurry only 5 days left
0.9% financing
Ends Jan. 10th

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5 HOUSES FOR SALE

1415 FIRST ST. EAST - In excellent condition, very clean, 2 driveways & garage. Financing available, OAC. Call 527-5426.

1132 CARLETON ST. 4 bdrms, new garage w/recroom, skylight, 200-amp, re-insulated, central air, pool, new roof, cupboards galore. Quiet neighbourhood. 6.5% mortgage. $79,900. Call 932-3819.

~ House For Sale ~ OPEN HOUSE

Saturday January 13th
1:00 - 5:00 p.m.
6139 Willow
Glendale Sub-division

Brick no maintenance bungalow, with heated attached garage 5 bedrooms, completely finished basement, 2 full bathrooms, oak cupboards, whirlpool bath, fireplace, central vacuum, cedar walk-in closet, handy work-shop, new shingles, patio door deck. barn style shed, 4 mature apple trees.

$125,000 - 931-2952 sn4

13 OFFICES/ STORES/BLDGS

STORE FOR RENT - Approx. 1,000 sq.ft. Available Jan. 1st. Le Village area. For more info, call 528-4030.

OFFICE SPACE FOR RENT on Pitt St. N. 12ft. by 14ft. w/ waiting room entrance. Ideal for small business start - up $300.00/per mos includes all utilities. Telephone **932-0063** sn2

COTTAGE FOR RENT

Enjoy Winter

Fully winterized cottage beautiful fireplace. North of Montebello - weekend or by the week.

Perfect for cross country skiing, snowshoeing, tobogganing, snowmobiling...



Book Now! Call Norm **932-2584**(days) or **938-2036** (eve) or Lawrence **931-1019** SN3

18 ROOMS

LARGE FURNISHED ROOM for rent in quiet west-end home. Private bathroom & private entrance. Only quiet person need apply. Call Cecile at 932-7854.

22 ARTICLES FOR SALE

STRUGGLING STUDENT in desperate need of computer internet compatible. Will pick-up. Please call 938-7267.

4-GOODYEAR ULTRA GRIP 13" winter tires with less than 1,000 km. $60. each new, will sell for $40. each. Call Tom @ 933-9584 after 4pm.

TARGET EXERCISE BIKE, in very good condition. Call 525-3349.

SUPER MATTRESS DEALS

39" mattress only $99

SOVEREIGN 5 yr. warranty		CHIRO PRINCESS 15 yr. warranty	
39" set ...reg. $299 .	$179	39" set ...reg. $489 .	$299
54"set ....reg. $369 .	$199	54"set ....reg. $699 .	$399
Queen set .reg. $439 ..	$269	Queen set reg. $799 ..	$499

BERGERON SLEEP SHOP & HOT TUBS
1005 FIRST ST. E. SN3 **932-2214**

HARDWOOD ASH-TRAY stand w/brown ashtray, 24" high. Call 525-3349.

HUNTER EDUCATION and Canadian Firearms Safety, FAC courses and tests. Call 346-1289.

DELAGE USED FURNITURE SN3
327 Montreal Road
932-5689

FOR SALE

BLACK ELECTRIC GUITAR WITH AMPLIFIER
CALL 932-1057

Poppy's Pawns Plus

SN3

Top Prices Paid For Fine China, TV's, VCR's, CD's, Movies, Tools, Antiques, Small Furniture

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AT LOW PRICE! Buy now, pay in June. Effective on purchases of $500. and more, on credit approval. Imperfect materials... perfect prices. Floating floor: 89-ft. Ceiling tiles: 12x12" .23¢. 2x4-ft, $1.69. Pre-finished panelling: $7.99. Bathroom wall panel: $15.95. Pine panelling: $4.59/pack. Waferboard: 7/16", $6.49, 5/8", $8.99. Plywood: 1/2", $13.49, 5/8", $16.99, 3/4", $20.29. 4x8-ft. MDF panel: $4.99. Spruce: 2x3-8ft, .55¢. Steel door: $19.95. Asphalt shingles: $7.99. Effective January 15-20th, 2001. Bargain Building Materials 613-527-5090.

FIREPLACE SCREEN 25"H x 36"W. Call 525-3349.

COFFEE TABLE & end tables, wood & smoked glass tops, $75. Colonial double headboard & frame, $40. Call 534-8317.

HYDRAULIC WOOD splitter parts. Cylinders, pumps, I-beam, oil tank, fireplace insert. Call 930-9864.

ARTICLES WANTED

WANTED



Old Fishing Lures & Wooden Duck Decoys SN4
938-8839



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"Working from Sign Up 'til Sign Down"

SN3



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937-4445
361-9155
cell phone

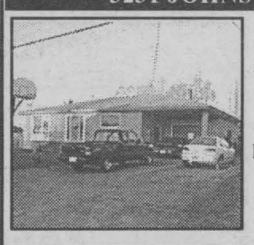


Judi Auger
Associate Broker



Henrietta Duvall
Sales Rep.

3231 JOHNSON AVE



Come view this brick bungalow. Over 1400 sq.ft., fenced yard, att. garage, 4+2 bdrms, 3 baths, paved dbl dr., corner lot, nice quiet location, a must view.
$94,900
Call Ginette
#53000187

19132 PARAGON ROAD



Come view this 1600 sq.ft. brick bung. on the outskirts, 3 bdrms., att. gar., whirlpool tub, pool, satellite & many other extras. A must to see.
$149,900
Call Ginette
#53000189

53 VIN VISTA DRIVE



Exec. waterfront home features large lot 101x260, 4 bdrs, 2 fireplaces, fin. rec rm, 3 baths, dbl. gar. FA gas heat, built in 1987, spotless, much more
Reduced $229,900
Call Ginette
#53000154

422/424/ 424A WATER STREET



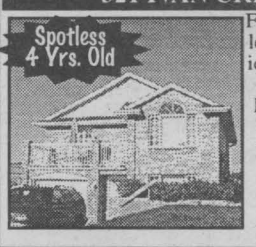
Ex. triplex, gas heat, newly updated owners unit, walking distance from shopping & banks. Extra income from other units, central air, large lot, parking.
Only $115,500
Call Ginette
#53000177

1100 KIRKMAN COURT



Come view this well built cottage style 2 storey brick home. Hdwd flrs, dbl. city lot, garage, fireplace, access to river & bike path, paved drive.
$89,900
Call Ginette
#53000209

321 IVAN CRESCENT



Features gas heat, large lot, 3+1 bdrms, ceramic & hdwd flrs, survey, oak cupboards, Markell built, garage, paved drive, owner will consider rec rm. renovations in price
$144,900
Call Ginette
#53000147

704 JASE STREET



Ex. semi features 3 bdrs, bach. apt. in bsmt. for extra income, FAE heat, private parking, fenced in yard. Great location
$83,900
Call Ginette
#53000204

1018 2nd STREET WEST



Beautiful & vacant, all brick, 2 storey, move in condition, hdwd. flrs, gas heat, private parking, west end location, garage, all new windows, much more.
$86,900
Call Ginette
#53000183

3061 NORTHDALE AVE.



Come view this beautifully decorated home, featuring gas fireplace, 3 bdrms, 2 baths, oak cupboards, patio deck, quiet location, 10 yrs. old.
$89,900
Call Ginette
#53000206

LICENSED BAR & RESTAURANT



High traffic in west end. Owner will consider financing to qualified buyers. Well established restaurant & bar, liquor licence, good income, lots of parking, survey avail.
Reduced to $189,900
Call Ginette
#53000123

EXCELLENT CONDITION



More than meets the eye in this 4 level split w/3+1 bdrm, family rm, fireplace, C/A, private deck, hdwd & more.
$164,500
Call Judi
#5300068

OPEN CONCEPT



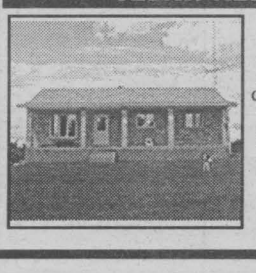
Only 3 yrs. young, boasting hdwd flrs throughout, 19' kitchen, oil heated, C/A, 4 bdrms, close to Cornwall
$134,900
Call Judi to view
#53000198

SIDE BY SIDE



Each with 2 bdrms. Owner occupied, very clean home. Convenience with 2 private drives and garage.
$71,000
Call Henrietta
#53000199

CEDARVALE ROAD



Attractive 3 bdrm, bungalow set on 12 acres with double detached garage and 2 double drives. Large deck surrounds pool.
$134,000
Call Henrietta
#53000091

26 FARMERS MARKET

sn4

IT'S STILL APPLE TIME!!

Many varieties available, also Cider - Apple Products
• Pies ready for the oven
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26 FARMERS MARKET

DRY FIREWOOD. Pine & cedar lumber. Joint & pine flooring. Cedar rails & posts. Hardwood flooring. Robertson's Sawmill, Martintown. Call 528-4262.

BUY NEXT YEAR'S WOOD at last year's prices. Ash & Elm. Call 932-8623.

30 HOME SERVICES

The PERFECT HANDYMAN - Renovations, building & addition needs, roofing, siding, drywall, decks, sheds, garages, patios. Call Robert The Perfect Handyman, 525-2197. Free estimates & customer satisfaction.

GENE'S COUPLES COUNSELLING - Is your relationship in crisis? Major marital problems? Need help? Call Gene, 933-7720.

CHOICE MAIDS - We will clean your home and put ease into your day. Spring & Fall cleaning available. Weekly, bi-weekly, monthly. For prompt and friendly service, call Marion Young, 932-4753. Free estimates.

J.R. RESTORATION - Roofing, chimney repairs, doors, windows, siding, brickwork, bathrooms, family rooms, painting, ceramic tiling. For all your renovation needs, inside or out. Call J.R. 613-938-7742.

HOUSE CLEANING, don't have time or dislike it. Give me a call. I can help. Nicole, 936-8891.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge trimming, fencing, roofing, painting, snow blowing, yards, basements, lawn cutting, tree cutting. 938-1684.

MIKE'S TREE PRUNING, cutting & removal, general yard work & cleaning. Will do demolition. Eavestrough, chimney cleaning & repair. Carpentry work & painting. Free estimates. Call Mike 931-1251.

STRIPALL - Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways, No job too big or small, antique or not. Free estimates. Long Sault, 534-8494. Visit our website www.stripall.com

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RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

35 BUSINESS OPPORTUNITY

BEAUTY SALON for rent. Available now. Fully equipped, 2 chairs. Exquisitely decorated, authentic wood fireplace. Personal clientele a must. Close to downtown. Parking. $125/wk for one person. $170/wk for two negotiable, utilities included. Call 938-0651 for details.

38 HELP WANTED

AUTO PARTS CONSULTANT required. Competitive wage and benefit package. Some experience required. Positive attitude a must. Bilingualism an asset. Please send resume to Miller Hughes Ford Sales, 711 Pitt St., Cornwall, Ont. K6J 3S1. Attn: Gary Rose.

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Great Opportunity for Hairstylist. Rent Your Own Chair.

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331 Second St. W. Cornwall **938-6131**

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GM

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"USED VEHICLE RECONDITIONER"

REQUIREMENTS:

1 - Experience needed
2 - Knowledge of different cleaning products
3 - Knowledge of interior cleaning & shampooing
4 - Knowledge of 3 step buffing as well as compounding
5 - Light bodywork experience needed
ie: wet sanding of surface scratches
light touch-ups of vehicles
minor interior & experience trim repairs
6 - Individual shall be well-organized, self-sufficient & willing to work for a team of dedicated professionals

EMPLOYER TO SUPPLY TOOLS & PRODUCTS NECESSARY FOR THE JOB. BENEFIT PACKAGE INCLUDED.

Please contact in person...
Mike Benoit - J.P. Sabourin

CMS CORNWALL MOTOR SALES

Brookdale Ave & Hwy. 401 (613) 933-3000 sn2

EARN $200.,$300.,$500. or more per week, assembling product in the comfort of your own home. Send self-addressed stamped enveloppe to: O.P.H., 6-2400 Dundas St. West, Suite 541, Ref. 671, Mississauga, Ont. L5K 2R8.

40 AUTOS FOR SALE

1993 OLDS DELTA 88. Loaded, safetied, well maintained, $5,695. or B.O. 1993 Ford Taurus DL, many extras, $3,795. or B.O. Call 537-8534 or 346-5975 evenings.

VEHICLE FOR SALE - Tired of being offered second rate vehicles, especially with a credit problem. Call Car-o-line Auto's, local 613-448-2488 or long distance 1-877-820-5598. Over fifty 90's vehicles to choose from.

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Toll-Free Automatic Service Call 24 Hrs

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Same day approval!

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- Collections

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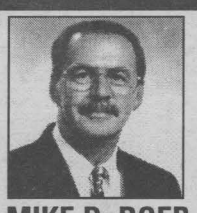
JACK ROY Sales Rep. 931-1290



ERIC PEDERSEN Broker 938-9690



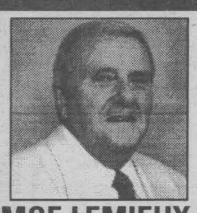
MIKE DeBOER Broker 938-7802



SHERRY McCULLOUGH Sales Rep. 937-0891



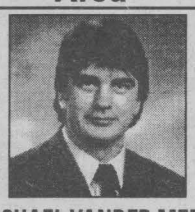
TODD THOMPSON Sales Rep. 937-0292



MOE LEMIEUX Sales Rep. 932-9386



DAVID COX Sales Rep. 930-9251



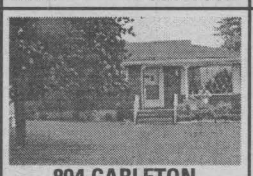
MICHAEL VANDER MEER Assoc. Broker 938-2121



BE YOUR OWN BOSS! $159,000
(M-MLS 0171) St. Andrews Confectionary Store with living quarters, post office & pizzeria. Great potential.
JACK ROY 931-1290



REDUCED...$85,500
(A-MLS 1192) Established 2-bay fully equipped garage, centretown area with good parking & extra income from rented house
JACK ROY 931-1290



804 CARLETON
(O-MLS 0012) Central location, large 3+1 bdrm, rec room, 2 baths, central air, hardwood floors
ERIC PEDERSEN 938-9690



PARKWAY ESTATES $139,900
(O-MLS 0012) Just west of Long Sault,1472 sq. ft. brick bung, 2-car garage, hdwd flrs, serviced lot 100x200.
ERIC PEDERSEN 938-9690

PARKWAY ESTATES
Just West of Long Sault
BUILDING LOTS
100'X200' - $39,900
(O-MLS 0028) Paved roads, municipal water, excavation & backfill of foundation. Installation of sewage disposal system, sod front yard & top soil.
ERIC PEDERSEN 938-9690

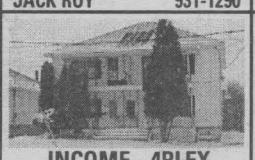


6610 VIVIAN CIRCLE BAYVIEW ESTATES NEW PRICE $124,900
(J-MLS 0149) Large pie shaped lot with dbl car garage, 3 bdrms, 2 baths, large elevated patio deck.
ERIC PEDERSEN 938-9690

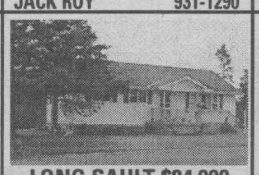




1317 CHURCHILL NEW PRICE...$86,900
(A-MLS 0188) Well kept 3 bdrms, hdwd flrs, new windows, central air, 2 baths, lot 50x135
ERIC PEDERSEN 938-9690



INCOME - 4PLEX $118,000
(A-MLS 0190) Gross income $24,600, baseboard elect heat, 4 elect panels, full lot
ERIC PEDERSEN 938-9690



LONG SAULT $84,900
(M-MLS 0051) 3 bdrm bung features garage, rec rm, close to beaches & park
MIKE DeBOER 938-7802

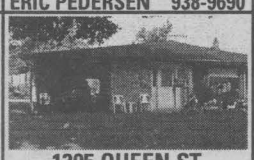


WESTLEY'S POINT $74,900
(J-MLS 0178) Many updates on this 3 bdrm. bung, modern kit. with lazy susan, 2 decks, 14x30 insul. garage with wdstve. Extra lot with boathouse across road incl.
MIKE DeBOER 938-7802

BUSINESS & COMMERCIAL BUILDINGS $159,900
(P-MLS 0183) Great potential, 2 Quanset buildings 3200 sq. ft. each & 1 of 7200 sq. ft. situated on approx. 20 acres located near Morrisburg. Business has been operating many years. For details call
MIKE DeBOER 938-7802 OR MOE LEMIEUX 932-9386



1207 OSBORNE AVE. $84,900
(A-MLS 0164) 3 bdrm brick bung, Riverdale location, unspoiled basement, large lot, garage
SHERRY McCULLOUGH 937-0891



1305 QUEEN ST. $106,500
(A-MLS 0142) Feel like a Queen in this 3 bdrm backsplit home! 2 baths, fin rec rm, large lot
SHERRY McCULLOUGH 937-0891



324 6TH ST. W. $45,000
(A-MLS 0114) Good things do come in small packages. Excellent starter home or for retirees. Close to all amenities.
SHERRY McCULLOUGH 937-0891

ATTENTION BUILDERS

LOCHIEL ST. REDUCED $139,000
(A-MLS 0127) 4 acres of development land. Draft plan for 15 lots.
TODD THOMPSON 938-2121



607 AUGUSTUS REDUCED...$47,500
(A-MLS 0138) Great 3 bdrm bung with hdwd flrs throughout. new shingles & re-insulated
TODD THOMPSON 938-2121



423 ANTHONY $97,500
(A-MLS 0189) All brick bung., fireplace & finished basement, move-in condition
TODD THOMPSON 938-2121



245 ADOLPHUS $64,900
(A-MLS 0052) 2 properties on same lot, both rental units reshingled. Electrical update at 308 Third St. E.
MOE LEMIEUX 932-9386



329 SIXTH ST. W. $88,900
(A-MLS 0194) 10 yr. old brick & vinyl duplex, owner-occupied, 2 gas frpls, 2 drives, maintenance free. Immediate possesion
MOE LEMIEUX 932-9386



HANDYMAN SPECIAL $49,900
(A-MLS 0199) Double tenement in need of repairs. 1-3 & 1-2 bdrm unit, some hdwd, dble det garage, nice lot 66 X 120
MOE LEMIEUX 932-9386

WANT TO BUY A HOME?

- DON'T know the best way to get started?
- ONLY looking at classifieds?
- MANY homes you want don't get advertised, they are sold fast.
- NEED to be working with an agent to keep you up to date.

Let's Work Together! Call me for a Real Estate Guide, David Cox 938-2121

WE HAVE THE KEY TO YOUR NEW HOME!



MINI FARM $74,900
(M-MLS 0172) Large 3 bdrm. home with det. garage & small horse barn on almost 2 acres
MIKE VANDERMEER 938-2121



LONG SAULT $79,900
(M-MLS 1213) Spacious 3 bdrm raised bung with carport, home was built in 1989 & is priced to sell
MIKE VANDERMEER 938-2121



INGLESIDE $89,900
(O-MLS 0108) 3 bdrm bung, large rec rm with wdstve, patio door to deck
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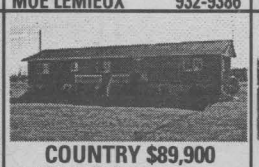

COUNTRY $89,900
(L-MLS 0176) North of Avonmore you find this 1567 sq. ft. brick bung on large lot with det. garage & large shed
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INGLESIDE $93,900
(O-MLS 0122) A 1400 sq. ft. bung with sunken living rm, large bath with whirlpool, beautiful river view from deck & more
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LONG SAULT $99,900
(M-MLS 0181) 3 bdrm brick bung, enclosed carport, gas fireplace, cathedral ceilings
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LONG SAULT $126,900
(M-MLS 0196) 3 bdrm home with att garage on a fully serviced lot in newer subdivision
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94 FORD TAURUS S WAGON
fully load, trans. needs work, asking **$1,900**

94 CHRYSLER INTREPID
full load, 217,000 km safetied, ... **$4,450**

93 SUSUKI SWIFT G.S.
4cyl., 5spd., new tires, 144,000 km, safetied, ... **$2,450**

91 SUZUKI SIDEKICK,
hard top & soft, 5 spd., 228,000 km,
mint body & floor, 4 new tires. safetied, ... **$3,850**

89 GRAND CARAVAN
7 pass, 3.0 L, overdrive, remote starter, safetied ... **$1,850**

88 HONDA CRX SI
5 spd., fuel inj., clean inside, needs windshield, ... **$1,850**

86 GMC VAN 3/4 TON,
new tires & body, 177,000 km, safetied, ... **$3,700**

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613-346-5483 sn2

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Year one - didactic training at Kingston General Hospital
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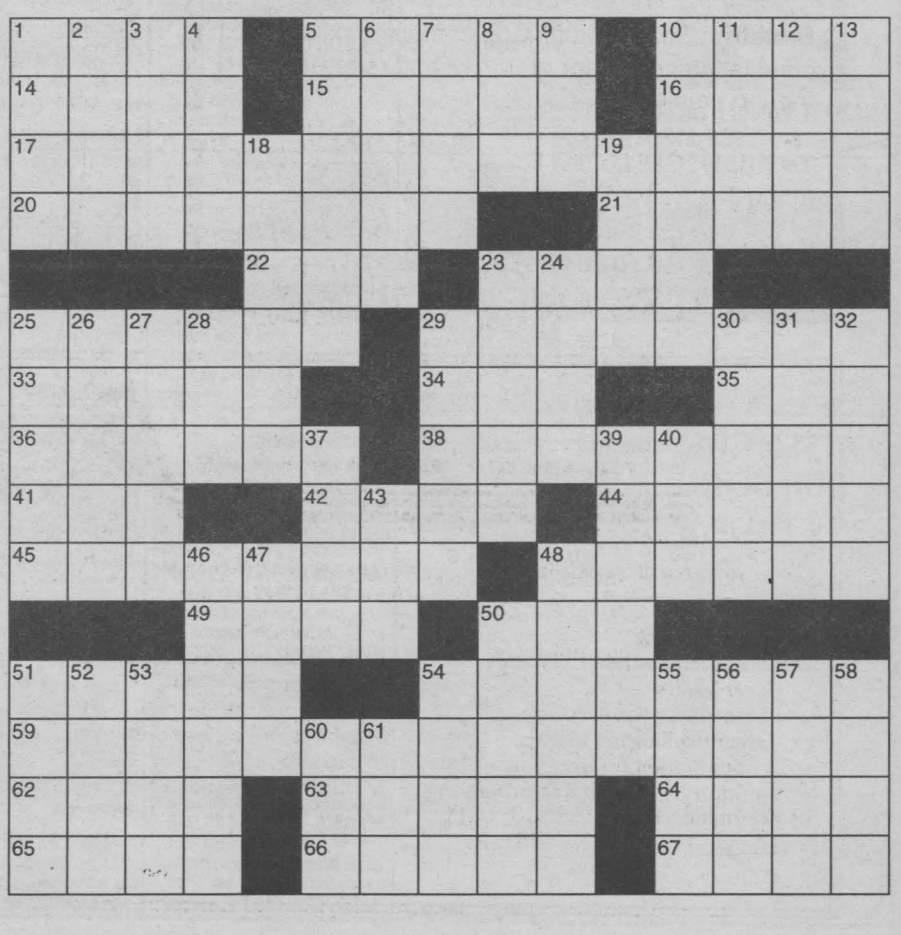
CROSSWORD PUZZLE

CLUES ACROSS
1. Japanese sashes
5. Boston dish
10. Stalk
14. Go away
15. Nigerian monetary unit
16. Church booklet
17. One of F.D.R.'s four
20. Surveillance
21. Word forms
22. Lasting records
23. Carpet slipper
25. Agave
29. Baboon
33. Become different
34. Caliph
35. Arrived extinct
36. Animal disease
38. Sparkling
41. Back
42. Chinese dynasty
44. Makes tractors
45. Kennedy and Thurmond
48. Drunk
49. Rabbles
50. Every
51. Scandinavian gods
54. Algonquians
59. Kind of hoarseness
62. Puerto ___
63. Encase
64. ___ Romeo, car
65. Sorrels
66. Flowering shrub bearing gooseberries
67. Get the better of

CLUES DOWN
1. Kills
2. Young Simpson
3. Content of cognition
4. Try
5. Inquisitorial
6. Albert ___, French existentialist
7. Opening
8. Bobby ___, NHL champ
9. Religion
10. More squeezable
11. Playing card
12. Mild, yellow Dutch cheese made in balls
13. Short syllable (poetry)
18. Remove
19. Mix
23. Moundbird
24. Part of a larger social group
25. Argentinean rodents
26. Saying
27. African nation
28. News organization
29. Female parents
30. Daydreams
31. French river
32. Twined together
37. Pig
39. ___ Ochs, publishing giant
40. Romanian monetary unit
43. Tax collector
46. Spanish friends
47. ___ Spelling, actress
48. Roofing materials
50. Sharp, narrow ridge
51. Hairdo
52. ___ Clapton, musician
53. Soul and calypso song
54. Whaling-ship captain
55. Semite
56. Make a cavity
57. Louts
58. Quantitative fact
60. Company that rings receipts
61. Denotes three

SOLUTIONS ON PAGE 27



92 NOVENAS

MAY THE SACRED HEART of Jesus be praised, adored & glorified now & forever. Sacred Heart of Jesus, pray for us. St. Jude, Helper of the Hopeless, pray for us. Say 9 times a day for 8 days. Promise publication. M.M.

THANK YOU TO THE HOLY Spirit and St. Anthony for favour received. B.B.

O HOLY SAINT JUDE Apostle & Martyr, great in virtue and rich in miracles, near kinsman of Jesus Christ, the faithful intercessor of all who invoke your special patronage in time of need, to you I have recourse from the depth of my heart and humbly beg you, to whom God has given such great power, to come to my assistance. Help me in my present and urgent petition. In return I promise to make your name known and cause your name to be invoked. (Say 3 Our Fathers, 3 Hail Mary's, 3 Glory Be's for 9 consecutive days). Publication must be promised. This Novena has never been known to fail. D.G.

CROSSWORD SOLUTION

SOLUTIONS ACROSS
1. Obis
5. Scrod
10. Stem
14. Fade
15. Naira
16. Ordo
17. Freedom from fear
20. Stakeout
21. Etyma
22. LPs
23. Mule
25. Maguey
29. Mandrill
33. Adapt
34. Ali
35. DOA
36. Rabies
38. Metallic
41. Ago
42. Liao
44. Deere
45. Senators
48. Soused
49. Mobs
50. All
51. Aesir
54. Arapahos
59. Frog in the throat
62. Rico
63. Crate
64. Alfa
65. Ocas
66. Ribes
67. Best

SOLUTIONS DOWN
1. Offs
2. Bart
3. Idea
4. Seek
5. Snoopy
6. Camus
7. Rift
8. Orr
9. Dao
10. Softer
11. Trey
12. Edam
13. Mora
18. Delete
19. Meld
23. Maleo
24. Unit
25. Maras
26. Adage
27. Gabon
28. UPI
29. Mamas
30. Idles
31. Loire
32. Laced
37. Slob
39. Adolph
40. Leu
43. IRS
46. Amigos
47. Tori
48. Slates
50. Arête
51. Afro
52. Eric
53. Soca
54. Ahab
55. Arab
56. Hole
57. Oafs
58. Stat
60. NCR
61. Tri-

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COURSES/ LESSONS

UPPER CANADA District School Board

In cooperation with Eastern Ontario Training Board



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Co-operative education students at the T.R. Leger School will contact employers, obtain basic information and enter it into a database.

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- ✔ Informations sur les ressources communautaires
- ✔ Accès à l'internet
- ✔ Équipe amicale du centre de ressources

sn3

OBITUARIES

PENDER
- Kathleen (Kay) Rita

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Monday, October 23rd, 2000.

Mrs. Kathleen (Kay) Rita Pender, in her 78th year, born in Cornwall, Ontario and formerly of Cornwall.

Dear daughter of the late John Alexander Loney and the late Catherine Mary Caul.

Beloved wife of the late Charles Pender.

Loving mother of Michael Pender of Bracebridge, Elizabeth (Betty Anne) (Mrs. Ronald Benes) of Ottawa, Ontario, Robert Pender (Pamela) of Oakville, Ontario, Susan (Mrs. André Legault) of Orleans, Ontario, Patrick Pender (Suzanne) of Cornwall, Ontario, Karen (Mrs. Carl Dubé) of Stittsville, Ontario and Kathleen (Kathy) (Mrs. Luc Beauregard) of Kanata, Ontario.

Dear sister of Joseph Loney (Estelle), Mrs. Mary Ellen (Ellie) Windle and Mrs. Elizabeth (Betty) Leroux all of Cornwall, Ontario.

Cherished grandmother of Laura, David, Allison, Jocelyn, Marc, Adèle, Christine, Markika, Abigail, Dominique, Alexandra, Brian and Caroline.

Predeceased by her brothers, Wellington, Jack and Charles Loney.

The funeral took place on Thursday, October 26th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Columban's Parish with burial at St. Columban's Parish Cemetery. Rev. Kevin Maloney of St. Columban's Parish officiated, assisted by Rev. George Maloney, Rev. Gary Ostler and Deacon Ernie Bellefeuille.

The pallbearers were Andre Legault, Carl Dubé, Luc Beauregard, Ron Benes, Marc Legault and Geoff Pender.

Mrs. Pender was formerly employed by the Cornwall General Hospital as a Registered Nurse.

BROWN
- Elizabeth (Liz)

Passed away at the Janet MacDonell Pavilion, Cornwall, Ontario on Monday, October 30th, 2000.

Mrs. Elizabeth (Liz) Brown (nee Montroy), in her 85th year, born in Summerstown, Ontario and formerly of Cornwall, Ontario.

Dear daughter of the late Moses Montroy and the late Marie Boudreau.

Beloved wife of the late Stephen Arthur Brown Sr., and dear friend and companion of the late Bernard Lamarche.

Loving mother of Shirley (Gerald Lefebvre) and Maureen (Lionel Poirier).

Dear sister of Mitchell Montroy.

Cherished grandmother of 11 grandchildren and 18 great-grandchildren.

Loving mother-in-law of Lorraine Kennedy.

She will be sadly missed at family gatherings by many nieces, nephews and their children and also missed by her devoted friends Orma Bingley and Walter and Rita Tallon and sister-in-law Ellen Brown.

Predeceased by two sons, Stephen Arthur Brown Jr. and Leslie Morgan Brown, daughter-in-law, Viola Furniss-Brown, brothers, John Montroy (Germaine Vivarais) and Dennis Montroy (Mabel King) and sisters, Florence (Harry Swenor), Helen (Alex Dewar, Cecil Lafleur), Hilda (Henry Brennan, Henry Benoit), Mabel (Donald Proulx) and sister-in-law Ruby Montroy as well as the members of the Charles Brown-Martha Mallers family.

The funeral took place on Thursday, November 2nd, 2000 from Boulerice Funeral Home Ltd., 218 Montreal Road to Nativity Co-Cathedral. Interment in Nativity Cemetery. Rev. Gerald Poirier officiated.

The pallbearers were the Nativity Guards.

Honourary pallbearers were members of the Ladies Auxiliary of the Royal Canadian Legion Branch 297, Elsie Kyer, Joan Moke, Jean Burnell, Maude Beaizley, Lise O'Neil and Anita Prevost. Also part of the Honour Guard was Mrs. Brown's grandson and his family, Lynden, Suzanne, Connor and Adam Davidson.

Elizabeth was a proud lifetime member of the Ladies Auxiliary of the Royal Canadian Legion Branch 297 and an enthusiastic participant of the St. Lawrence Seniors Club.

ATKINSON
- Keith Vernon

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Wednesday, November 1st, 2000.

Mr. Keith Vernon Atkinson, in his 62nd year, born in Cornwall, Ontario and formerly of Cornwall.

Dear son of the late Minto Atkinson and the late Alice Eagles.

Beloved husband of Beatrice Atkinson (nee Shearer).

Loving father of Pearl Clarke (Ian) and Wesley (Wes) Atkinson (Lyne) both of Cornwall, Ontario.

Dear brother of George Atkinson (Gladys) of Cornwall, Ontario.

Cherished grandfather of Jessica and Ashley Clarke.

Predeceased by his son, David Atkinson.

The funeral service was held from the chapel of the M. John Sullivan Funeral Home on Saturday, November 4th, 2000 with interment at Woodlawn Cemetery. Rev. Gary Stokes of Salem United Church officiated.

The pallbearers were Tom, Mark and John Gilmore, Allan Atkinson, and Tom and John Shearer.

Keith was a long-time employee of McArthur Bros. and MacNeil Funeral Home and late former superintendent of Woodlawn Cemetery.

KING - Isabella Mary

Passed away at her residence in Monkland, Ontario on Saturday, November 11th, 2000.

Mrs. Isabella Mary King, in her 64th year, born in Greenfield, Ontario and formerly of Monkland, Ontario.

Dear daughter of the late Adelard Sabourin and the late Rose Lalonde.

Beloved wife of Rosario King.

Loving mother of Gilles King (Frances) of Cornwall, Ontario, Roger King (Nadira) of Limoges, Ontario, Lise King (Greg) of Monkland, Ontario, Lynne (Mrs. Daniel Ladouceur) of Avonmore, Ontario, Robert King (Beverley) and Louise King both of Cornwall, Ontario.

Dear sister of Wilfred and Albert Sabourin both of Cornwall, Ontario, Ovila Sabourin (Doris) of Hudson Heights, Quebec, Johnny Sabourin of Sudbury, Ontario, Alfonse Sabourin of Winnipeg, Manitoba, Desneiges Sabourin of Ingleside, Ontario, Theresa Sabourin of Brockville, Ontario, Marie Sabourin of Barrie, Ontario and Irene Sabourin of Cobourg, Ontario.

Cherished grandmother of Amanda, Kristen, Christine, Leonora, Danielle, Mario, Eric, Mathew, Hali, Patrick, Jason, Ricky, Karri and Stephen.

Predeceased by her brother, Jose Sabourin.

The funeral took place on Wednesday, November 15th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Raphael's Parish Church with burial at St. Raphael's Parish Cemetery. Rev. Bernard Cameron of St. Raphael's Parish Church officiated.

The pallbearers were Roger King, Mario King, Gilles King, Robert King, Wilfred Sabourin and Gilbert Dore.

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It is the Service After the Service that Sets Us Apart.



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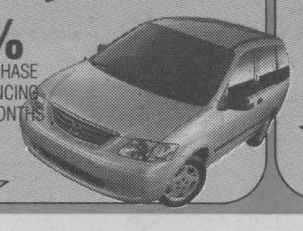

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