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SEAWAY NEWS

NOVEMBER 30, 1997 VOLUME 11, ISSUE 48 SERVING CORNWALL AND AREA

FOR THE CHILDREN



National Child Day festivities kicked off at Centre Nativite School for the kids with a great sampling of cake, the antics of a clown with Sparky and terrific magician's tricks. Pictured cutting the cake with Mayor Dick Aubry are Sparky; Huguette Legendre (clown); Josee Latulippe and Lucie Hart.

(photo by Aubrey Johnson)

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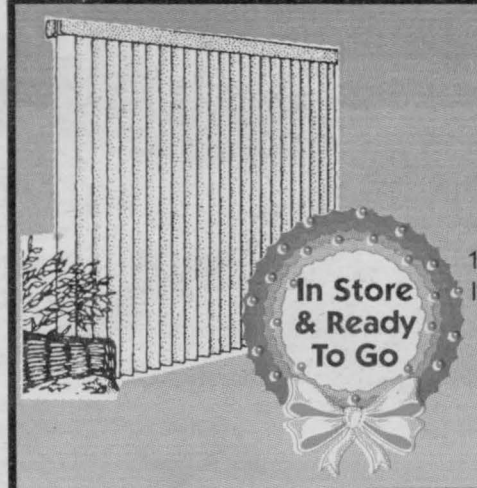
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In & About CORNWALL

Kidney Foundation To Benefit



Jerry Szemborn, President of Branch 297, Royal Canadian Legion, is pictured presenting a cheque for $900 to Ken Heagle of the Cornwall Police Services, to be turned over to the Kidney Foundation of Canada. The money was raised at a recent fund-raising dinner, held at the Legion Hall and organized by the Cornwall Police Services. To date, the Cornwall Police Services have raised over $50,000 in aid of worthy causes.

Health Services Restructuring Committee

Health Services Restructuring Commission members Donald Thornton and Muriel Parent, and Commission CEO Mark Rochon will visit Stormont, Dundas and Glengarry and Prescott Russell counties to conduct site visits and meet with organizations and individuals concerning health services restructuring. The Commission will hold a medial briefing session to provide an overview of its mandate, approach and process. This will be held on Tuesday, December 2nd at 9:00 am at the Eastern Ontario District Health Council, 132 Second Street, 3rd Floor, Cornwall.

Operation Santa Claus

The Cornwall Loyal Order of Moose has begun their campaign to help Cornwall's needy children this Christmas. Operation Santa Clause has begun and organizers are inviting Cornwall citizens to donate new or used unwrapped gifts suitable for children of all ages. Gifts can be dropped into containers at Wal-Mart, Zellers, K-Mart, Sears, McDonald's family restaurants at Brookdale Ave. and Second St. East and at the Moose Lodge at 443 11th Street West. The objective and goal of the campaign is to make sure that every child in Cornwall has a gift under the tree for him/her on Christmas morning. Help bring the joy of Christmas to all children.

Optimists Host At Conference

The Cornwall Optimist Club hosted 185 members of Optimist International this past weekend at the 1st District Quarter Conference. Three quarterly meetings and a convention are held every year for each district with the next one being held in Toronto in February. Training sessions were held at the weekend conference, including topics such as scholarship opportunities, public speaking, bulletin editing, oratorical and communication for the deaf and hard of hearing as well as numerous others.

CRAG's Annual Art Show

The Cornwall Regional Art Gallery will hold its opening and awards ceremony on December 4th at 7 pm. The public is invited to the opening reception on December 4th at 7 pm. The exhibition continues at the Cornwall Regional Art Gallery, 164 Pitt Street Promenade, until January 3rd, 1998. Throughout December, the public may vote for the "Viewer's Choice Award". The result will be announced at the end of the exhibit. Admission is free. For further information please call the Gallery at 938-7387.

Kiwanis TV Auction

The Kiwanis Club 53rd Annual TV Auction will be held on December 1st and organizers are hoping to raise $12,000 from this event. Proceeds from the auction go towards helping developmentally challenged children in Cornwall and the surrounding area. Last year the auction raised $12,000 and 300 items were auctioned off. This year the Kiwanis Club has 275 items with a retail value of $25,000. COGECO Community 11 will broadcast the auction live starting at 6:30 pm. The items to be auctioned can be seen at the Brookdale Mall.

Santa Arrives at Eastcourt Mall

Treats for the Children



Join Us To Celebrate Santa Claus at Eastcourt Mall

Saturday, December 6, 1:00 pm

IBERVILLE

Festival of Trees A Huge Success

There was something for everyone at the Lung Associations Festival of Trees last weekend. This is the second year for the festival and the Cornwall Armouries was full each day during the weekend event. The Breakfast With Santa sold out within a week as did the Festival Dinner and Dance. The Festival of Trees helps the Lung Association to raise much needed money and increase public awareness of lung disease.

Dangers of Drinking and Driving

Operation Lookout has launched its red ribbon campaign against drinking and driving. Local police agencies have tied red ribbons on police cruisers to help fight against drinking and driving during the holiday season. Red ribbons are available for the public at local OPP detachments as well as CJSS-CFLG and Massey Place Petro-Can. The campaign officially runs from November 28th until January 2nd. Last year, 446,957 vehicles were stopped at roadside checkpoints and 581 people were charged. An additional 1,023 12 hour suspensions were handed out.



ASK THE DENTIST



Louis Cardinal, BSc, DDS, FAGD
SEAWAY NEWS

What is Baby Bottle Tooth Decay?

Baby bottle tooth decay is a term used to describe the type of decay that infants and very young children develop which has a characteristic appearance. What makes this decay particularly unique is that often the decay is extremely aggressive and usually restricted to the front teeth, although more advanced cases will show decay that has extended to the back teeth. Furthermore the decay is initially located predominantly on the inside surfaces, which gives it's unique appearance, as well as making it difficult for parents to notice. A dentist will often recognize it as baby bottle decay simply by it's unique distribution.

This decay occurs when sweetened liquids are given in a bottle and are left clinging to an infant's teeth for a long time. Many sweetened liquids cause this problem, including milk, formula and fruit juices. Bacteria in the mouth use the sugar as food and then produce acids that attack enamel. Most of these liquids are not damaging when consumed as a drink, but the trouble occurs when they are left to trickle slowly over long periods of time, thereby slowly and continuously causing acid attacks on the enamel. Short term attacks are well tolerated and consuming these drinks at meal time is not harmful because the body produces large amounts of saliva to dilute and neutralize the acidic by-products. Please remember that it is how often and how long you expose those teeth to the sweetened liquids. Sometimes parents do not realize that a baby's teeth can decay that fast after they erupt, and by the time the problem is noticed, it may be too late to save them. The resulting premature lost of baby teeth creates space problems for the second (permanent) dentition. Furthermore, extensive dental treatment on such young infants is usually only possible under sedation or general anaesthesia.

You can help prevent baby bottle tooth decay by following these tips:

* As soon as teeth appear, they should be brushed after each feeding.

* Do not let a child fall asleep with a bottle of sweet liquid such as milk, fruit juices, fruit drinks, cola, etc...

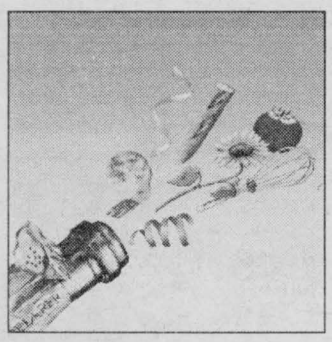
* If your child insist on a comforter between meals, provide him or her with a bottle of water (preferably fluoridated).

This is easy if the child has never been introduced to sweet liquids in the first place. Changing this habit later will require more determination from both parents and child.

* Have your child see a dentist as soon as teeth are present, especially if you suspect a dental problem.



Surreal Suggestions for a High-Fun, Low-Stress Holiday Dinner Party



Hosting an intimate dinner party is a perfect way to celebrate the holidays. (Illustration by Bob Blumer)

Unless your name is Martha Stewart, throwing a holiday dinner party can be stressful. The very thought of deciding whom to invite and what to serve can turn even the most well-meaning host into a Grinch.

It doesn't have to be that way. Intimate holiday dinner parties are a great chance for friends to get together and unwind. Crystal goblets and complicated soufflés are simply not necessary.

Bob Blumer, author of "The Surreal Gourmet Entertains," offers the following tips on how to have a dinner party that won't spoil your holiday spirit.

MENU PLANNING

• Make just a few dishes, but make each one memorable. (Distinctive + Robust = Memorable.) A finger food, salad and festive entree should satisfy any guest's hunger.

• Select recipes that you feel comfortable with. Mix dishes that can be fixed in advance with those that need to be prepared during the party.

• A crusty baguette, served hot from your oven, will add dimension to almost anything it accompanies. At $2 a loaf, it's the ultimate affordable luxury.

SETTING the stage

• There is no such thing as an inadequate space for a dinner party. Overcoming spatial shortcomings adds spontaneity and pleasure to the evening. If your dining room is too small, move the table into the living room. If you only have two chairs, seat your guests on the floor.

• Be prepared, but if that doesn't work, be prepared to wing it. Don't let anything short of mass food poisoning dampen your spirits. Remember, your guests are feeding off your energy as well as your food.

• Don't have enough plates and forks? Why worry? Anyone can buy a set of silverware and dishes, but it takes real style to compile a table of mismatched place settings. Get creative!

• For instant ambiance, light the whole dining area with candles.

WINE

• Figure on at least one bottle of wine for every two guests. Then, buy a couple extra — it won't go bad!

• Nothing adds a festive air to a party like the sound of corks popping! And, you don't have to be Donald Trump to afford the good stuff. Roederer Estate makes an excellent California bubbly for about $15.

• For a special gathering of friends, consider real French champagne. Nonvintage Bruts are just as good as the vintage bublies, without a high price tag. For a special treat, pick up a bottle of Louis Roederer Brut Premier, or better yet, lure your guests into bringing one.

• Arriving at a party with a bottle of fine wine is a bit like bringing a gift-wrapped present. The presenter secretly desires to see it opened. If you sense that a guest has gone out of his or her way to bring a special wine, acknowledge the gift in the kindest possible way — by sharing it.

HAPPY ENDINGS

• "Always invite a confidant to stay for a 'postmortem' once the remaining guests have left," says Blumer. "Even the worst culinary crises and social faux pas can be laughed at when viewed under the postmortem microscope."

For more tips, see "The Surreal Gourmet Entertains" (Chronicle Books, $16.95), or visit http://surrealgourmet.com.

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Children's Aid Donation



Elizabeth Dalfen, co-owner and Vice President of Productions of Marimac is seen presenting a cheque for $2,200. to Richard Abel, Director of the Cornwall Children's Aid Society. The monies came from donations during the recent warehouse sale held at Marimac. Marimac, a high profile Cornwall company, with national and international distribution outlets for juvenile and bedding products, firmly believes in the preservation of the family unit. Also pictured are volunteer Jane Rochette and Social Worker Geraldine Fitzpatrick.

(photo by Aubrey Johnson)

One Week Left In United Way Campaign

Cornwall's United Way donations are more than 50 percent to target with one week left in the campaign.

Campaign chair John A. Farrington, publisher of the Standard-Freeholder says the goal of $460,000 is "very achievable" given that "several hundred mini campaigns are still going on in the city and area".


FARRINGTON

He said all divisions of the campaign are still in full operation, with major campaigns still going on in industry, professionals, the financial groups, retail, health, education and government.

The campaign has been affected particularly by the uncertainty in the health community, the strike by teachers and the downsizing of government operations, and now the strike at Canada Post.

It was originally hoped that the campaign would wrap up at the end of November.

Farrington says he expects now that it will be mid-December before the $460,000 target is reached.

He said the teachers campaign, organized by Gerry Samson, has been extended to Dec. 12.


SAMSON

Samson, a teacher himself, said he has been in touch with all principals and told them that monies pledged in this campaign are not deducted until next year.

He said he was encouraged by the response of the principals, many of whom had already started the United Way campaign in their school.

The government campaign, led by Tim Kirkby, had some encouraging news when the NavCan campaign ended this week. While there has been some downsizing, the overall contributions from the remaining staff were not much below previous years.


CARR

St. Lawrence Bridge Authority and St. Lawrence Seaway campaigns are completed, but there is some more good news with the Great Lakes Pilots Authority running a campaign for the first time.


PADBURY

The Ambulance Service Campaign is over, but City of Cornwall municipal workers are still running their campaign.

The General Hospital, Hotel Dieu and the health unit are all in the middle of campaigns, which Denis Carr, the health division chair, expects will end this coming week.


ADAMS

Retail is being coordinated by Peter Padbury, who has been in contact with all store owners in the community. He is asking all those connected with United Way fundraising in the retail sector of the community to fax in their pledges to the United Way office at 932-7534.

Lawyer Sean Adams is heading up the professional campaign, which is well under way; Lauranna Leclair of the Royal Bank, who is looking after the financial services division, reports that the Bank of Nova Scotia and Caisse Populaire have both completed their campaigns.

And Bill McGall and Will Gibson, who are sharing the collection duties in special industries, such as building contractors, and car dealers, are pleased with donations so far.

Ernie Jackson, President of United Way, is dealing with the industrial division, where some major pledges have already been made by Domtar and Levi's.


JACKSON

Farrington encourages all those who have campaigns under way to look at finalizing them by next Friday, if possible. With the campaigns completed he said it would be ideal for them all to report their successes on a special radio program on Saturday, Nov. 29th.

CJSS Radio is devoting six hours of time to United Way next Saturday. Originally, this was expected to be the wrap up to the campaign, with local celebrities taking time to be disc jockeys for half-an-hour each and collect pledges. "We don't want to push our local volunteers to end campaigns before they have a chance to see everyone in the workplace they are responsible for," said Farrington. "But this telethon would be a great way to break the back of the campaign, leaving us then December to tie up the campaigns."

"We are very confident that the target will be met, even though it may take us a week or two longer than we expected," said Farrington, who has been encouraged by the increases in many of the completed workplace campaigns over the previous years.

United Way Centraide

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Fred Sagel

LETTERS TO THE EDITOR


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Junior Citizen of the Year



Dick Aubry, Publisher of the Seaway News, is pictured presenting Yasmin Jessa with the Ontario Junior Citizen of the Year Award, which is sanctioned by the Ontario Community Newspaper Association. Yasmin is the daughter of Sultan Jessa, a well known and respected member of the Cornwall business community, a dedicated journalist and service club participant.

(photo by Aubrey Johnson)

Ombudsman Representative To Visit Cornwall

The Ombudsman Representative, Julie Bertrand, will be visiting Cornwall to help the public with any complaints about Ontario Government organizations. According to Ombudsman Roberta Jamieson, "some people may feel their problem is too small or that no one could do anything about it. By coming forward to the Ombudsman, these people will not only be helping themselves, but perhaps many others who have the same problem. Although it only takes one complaint to initiate the investigation, the solution is available to everyone affected."

Ombudsman Ontario investigates and resolves complaints about provincial government organizations such as ministries, boards, agencies, commissions and tribunals. The Ombudsman decides cases based on independent investigations and tries to find solutions that are acceptable to everyone involved.

Julie Bertrand will be meeting people who wish to discuss their complaints on Thursday, December 18th at City Hall, 360 Pitt Street from 1:00 pm to 3:00 pm.

Services are free, confidential and available in French or English. Other languages can be arranged. For further information call 1-800-721-9909, TDD (613) 789-7386.

Canadian Paper Companies Tackle Climate Change

(NC)—Canada's pulp and paper industry has reduced its use of non-renewable fossil fuels by 20 per cent and dropped total energy consumption by 5 per cent per tonne of production since 1990 as a result of a concerted industry effort to reduce carbon dioxide emissions. These results are noteworthy, given that Canada's pulp and paper production has increased by 20 per cent over the same period.

For more information on the technological advances in the papermaking industry or how you might be able to visit one of Canada's Pulp and Paper Mills write to the Canadian Pulp and Paper Association at 1155 Metcalfe, Montreal, Quebec H3B 4T6 or call at (514) 866-6621, fax (514) 866-3035.

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CORNWALL BRIDGE

By Bert Mosher

"The best bid in the world isn't worth a thing if your partner doesn't know what it means."
Unknown

The end of the year is fast approaching and for the clubs that are owned by the members that means a drive to fill the vacancies on the board of directors. If you are asked to serve, please give it some serious thought.

The two member owned clubs, Thursday night and Friday afternoon, do not operate by magic. If you are asked to help in some small way, please do so.

There are some things that are traditional in the bridge world. Two of them are things that north should do. The first is have the money and entry slips ready before the game starts. The other is to clean off the table at the end of the game. Regardless of the type of club, both these small things are greatly appreciated by the director and club.

All of us can be of help in the housekeeping department. Pick up your own garbage at least. Coffee cups, stir sticks, convention cards, etc. do not put themselves in the refuse bin. Wherever your game is being played, cleanliness would be appreciated by all.

There are many unsung heroes that keep our bridge world going. Sure the directors are paid (usually) but not enough to compensate for the hours put in before, during and after the game. Why not say "thanks" now and then.

The executive of the member owned clubs keep their club going. Their efforts should be acknowledged once in a while.

A large "thank you" goes to the lady that arranges partnerships, Kay Barlow at 933-0400. Many of us are indebted to her each week. And to those kind soles who each week keep our clubs informed of our friends who are in hospital or sick at home, we appreciate the time and effort they put in.

The ACBL provides a framework for our game. Whether we belong to the ACBL or whether our club does we still take advantage of this framework. The ACBL promulgates the laws of bridge. They qualify directors and teachers. The $45.15 Cdn. annual dues go to these and other projects. $6.50 Cdn is returned to the Canadian Bridge Federation for their work in Canada. The monthly magazine is, itself, worth the membership dues.

Congratulations to Margaret Evans and Mabel Chan for winning the club championship (Friday Senior Citizens Club). Well done ladies.

Last Wednesday the Independent Bridge Club presented their club championship trophy to Maureen Walker and Margaret Evans. Getting to be a nice habit Margaret.

Next week - regular games at all clubs. The Friday club (Cornwall Senior Citizens DBC) will hold their annual Christmas party at noon on Friday, December 6th. Come early.

Bridge Results

Independent Bridge Club
Nov. 19/97
Section A

N/S
1. Margaret Evans - Maureen Walker
2. Yolande Boutin - Marjorie Raymond
3. Theresa Carriere - Jeanette Lavigne

E/W
1. Eva Kittle - Mona MacPhee
2. Gaby Bouchard - Diane Lalonde
3. Jean Boileau - Inez Hatfield

Section B

N/S
1. Mildred Cleary - Terry Forsyth
2. Margaret Campbell - Brunelle MacDonald
3. Kay Colbran - Jean Forbes

E/W
1. Ben Bouvier - Charles Lawn
2. Claudette & Guy Drouin
3. Madan Seth - Keith Walker

Cornwall & District Bridge Club
Nov. 20/97

N/S
1. Barbara Taylor - Voyteck Pomykalski
2. Nelsa Kalil - Carol Reus
3. Denise Fournier - Richard Baird

E/W
1. Ron Jenne - Steve Lassner
2. Jean Forbes - Charmaine Quenneville
3. Richard Fawthrop - Brian McCartney

Senior Citizen's Bridge Club
Nov. 21/97
Club Championship
1. Mabel Chan - Margaret Evans
2. Jeanine Alain - Charles Lawn
3. Claudette Rousseau - Maureen Walker
4. Florence Bergeron - Rita Struthers
5. Gloria Blanchard - Marie Godard
6. Jocelyn Campbell - Terry Forsyth

Seaway City Bridge Club
Nov. 24/97

N/S
1. Yolande Boutin - Charmaine Quenneville
2. Jeannine Leroux - Peggy Seymour
3. Gloria Blanchard - Reina Drouin

E/W
1. Lyette Ladouceur - Rita Struthers
2. Diana Macaulay - Louis Rioux
3. Roxana Danis - Janice Keen

Cornwall Community Bridge Club
Nov. 24/97

N/S
1. Margaret Campbell - Carol Reus
2. Denise Fournier - Steve Lassner
3. Mabel Chan - Maureen Walker

E/W
1. Richard Baird - Brian McCartney
2. Charles Lawn - Voyteck Pomykalski
3. Nelsa Kalil - Lydia LeGault } tie
4. Jeana Reilly - Barbara Taylor }

Cinderella Comes to Town

December is a time of magic! What better time to treat your children to the thrill of live theatre. The Touring Players' Theatre of Canada are proud to present Cinderella this Wednesday, December 3rd at Aultsville Theatre in Cornwall. Children of all ages will be fascinated by the 50-minute eye-catching production with marvellous costumes and memorable characters. Tickets are still available for the afternoon show. Call 1-800-387-9948 to reserve your seats. Tickets are $6.00 each and discounted group rates are available.

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Seaway Profile

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The products manufactured by **TELAMODE** contain a wide range of applications in bio-waste technology. **TELAMODE** products are used by homeowners, campgrounds (Federal, Provincial, and Private) municipalities, the Aqua Culture Industry (Fish Farming) and the Farming Community. **TELAMODE** products are sold throughout Canada. "We have Distributors coast to coast." All products follow the Consumer Packaging and Labeling act and Regulations set forth by Consumer and Corporate Affairs Canada. **TELAMODE** follows the Principles and Guidelines for Environmental Labeling and Advertising as established by Industry and Science Canada.

One of **TELAMODE'S** main product lines is for septic systems. In Rural Canada most homeowners are not connected to municipal services. They provide their own waste water services, right on their own lots, using a septic tank system. Like any ecosystem it has limits. If a septic system gets clogged up because of misuse, poor maintenance or poor design or -if it is poisoned with contaminants it is not designed to handle- a septic system can present a serious health threat to homeowners, neighbours and water supplies. Constant monthly maintenance with products from **TELAMODE** can solve this problem.

In the development stage for the Spring of 98 is a new product for RV's and boats. A marketing study was done this fall with excellent results. Most existing products for holding tanks contain harmful chemicals such as **FORMALDEHYDE** and other ingredients that are carcinogenic. "You want a natural digester and not a product that will contaminate our Environment".

Being an Environmental company "you have to be in constant touch with the Provincial and Federal Departments of the Environment." Information about the manufacture and ingredients of products sold by **TELAMODE** are made available to these ministries. "We try to work with the various ministries and research departments to develop our products for the markets they serve."

TELAMODE is expanding in the Spring of 1998 in the Ingleside area. This will involve the construction of a new building and employment growth within a year.

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You've heard the expression, "An ounce of prevention is worth a pound of cure." In the case of your drainfield, we could say that RC4 Drainfield Dyn-o-mite is worth many times what you pay for it because it keeps you from having to buy a new drainfield.

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CARN VAL '98
FEBRUARY 6-16 FÉVRIER

Cornwall Launches Winter Carnival '98









Pictured above left to right Laurent Goden with finished ice sculpture, co-chair Rick Shaver, co-chair Andre Parisien and Laurent beginning his 5 minute ice sculpture presentation.

Cornwall – The City is about to come alive with CARNIVAL '98. From February 6-16, this spectacular 10 day event promises hot times in cold weather with exciting activities for every age.

Co-Chair of the Carnival, Andre Parisien is amazed with the reaction from the community. "The response has been overwhelming and the willingness of community groups to assist and participate has been wonderful."

CARNIVAL '98 is happening because of interest form a variety of groups and organizations from across the City. "Their suggestions and enthusiasm have resulted in the establishment of a Cornwall winter carnival," reports Co-Chair Rick Shaver.

40 separate events have been planned at venues scattered throughout the City, kicked off by the grand opening ceremonies in Cornwall's downtown Lamoureux Park. Families will enjoy BBQ's, ice sculptures, Ski days, pancake breakfasts, sports tournaments, and more. The renowned Bobby Lalonde band will entertain and plans are under way to secure a professional snowmobile racing competition. Fred Penner will be here to delight the children and Shania Twin will make an appearance.

A highlight of the 11 day CARNIVAL '98 will be the Queen's gala. These eight outstanding young representatives will be showcased at a spectacular gala during which the CARNIVAL '98 Queen will be crowned.

This will be a major winter event here, in the St. Lawrence Valley. The City of Cornwall is expecting hundreds of visitors from across the region to flock to the city and to join in the fun. The events schedule will be prominently displayed throughout the city or, information can be obtained by contacting the local media or, the Chamber of Commerce.

VOLUNTEERS NEEDED



PARISIEN

Andre Parisien, co-chair of Carnival '98 has put out the call for volunteers for the Carnival.

"We now have a shell of a program set-up and we now need people to help fill the committees to run the events" says Parisien.

"With over 40 events, a program, and a queen's gala volunteer assistance is greatly needed."

If interested, please call the Chamber office at 933-4004 and leave your name.

"We'll get back to you as soon as we can" says Parisien. "It's going to be a fun Carnival."

Laurent Godon

World renowned Ice sculptor, Laurent Godon is coming to Cornwall. Godon will be a special guest during the City's CARN❄VAL '98.

Godon has gained world wide recognition for his incredible expertise in the art of ice sculpting. From New Zealand to China to Europe, and throughout Canada, he has woven his magic using blocks of ice, a chain saw and his artistic talents.

Some of his carving feats are legendary. He earned a gold medal at the 14 International Ice Sculpture competition in Harbin, China and has been recognized in the Guinness Book of Records for carving 60 ice sculptures in just over 10 hours.

Give Laurent five tons of ice and he will create a cocktail bar guaranteed to last eight hours even in the heat of summer. How about a 30 foot high replica of the Eiffel Tower or any one of the 1000 or so ice-words of art he creates in a given year.

World famous, yet made in Canada, Laurent Godon is an artist extraordinaire. His exploits are legendary and his name well known throughout North America, Europe, and the far East. The City of Cornwall and CARN❄VAL '98 are pleased to welcome him to the Seaway City.

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Opinion

SEAWAY NEWS
PUBLISHED BY 1109287 ONTARIO INC.
329 - 2nd St. West, Cornwall, Ontario K6J 1G8 **Office:** 933-0014 **Classified:** 933-0015 **FAX:** 933-0024
Pres. & Gen. Mgr.: R.N. Aubry **Vice Pres. & Sales Director:** R.E. Shaver
Production: T.N. Aubry **Marketing Representatives:** Bill Snelgrove... Arlene Hulls...Danielle Roy-Gervais
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The Divine "Death" Of Jesus Christ

United Church of Canada moderator Bill Phipps is taking most of the heat these days for challenging traditional Christian doctrine, but he's not the only religious leader to suggest that Christ is not the only route to salvation.

Vancouver's Anglican Bishop, Michael Ingham, published a book recently wherein he says the notion that only Christians, through Christ, can reach God is untenable when we encounter members of other faiths "whose depth of intimacy with God is evident and radiant."

He says the fundamentalist belief that non-Christians will suffer an "eternity of everlasting fire defies all moral sense and contradicts everything we know about God."

In fact, he suggests that Christian exclusivism turns people off religion because they see religion as a source of violence instead of peace.

"What I'm advocating is a pluralist theology that accepts God's grace in the great religions of the world, and calls us to see people of other faiths and traditions as brothers and sisters."

But it was the United Church's Phipps who really got people stirred up by suggestion Christ was not the son of God, but just a man, and that he did not literally rise from the dead.

The United Church moderator is particularly embattled. Many of his flock want to sheer him from his post.

PERSPECTIVE



By Bob Roth
SEAWAY NEWS

In short, both of these religious leaders have challenged the very underpinnings of Christian faith. Both the concept of the Trinity and the Resurrection are being questioned.

As someone who welcomes debate, I find this controversy most stimulating. I sincerely hope we have an intelligent discussion instead of people drawing a theological line in the sand.

First of all, let me suggest that readers not respond by simply quoting the Bible (as so many seem to be doing in letters to the editor). The whole point of the senior clergymen's argument is that the Bible cannot be taken literally, so quoting it literally simply does not respond to the issue.

The issue is, how can millions of Moslems, Hindus and Buddhists all be wrong? They have their ancient religious books they can quote as well. They, too, insist that their books are "divinely" inspired. Is it not profoundly arrogant for a minority of Christians to suggest only they have the truth, only they can go to "heaven"?

Historical research has proven that the new testament was written decades after the death of Christ. Hence, some of the inconsistencies found in the gospels (i.e. did Judas get 20 pieces of silver or 30 pieces? How did he die? Different gospels give different answers). That is not to say that the Bible does not contain basic truths and principles by which to live. But it does suggest that we need to revisit that book in terms of the knowledge that religious scholars have acquired over the years.

Let's have a good debate.

AIDS FORUM



By Pat O'Connor
SEAWAY NEWS

Hello everybody. Monday, December 1st is World AIDS Day and I have been invited to speak at a luncheon in Akwesasne at their health facility. I have been doing numerous speeches the last few weeks and it feels good to be out educating. I wanted to thank Curran Wade of Massena for having me over for lunch and to speak to the Kiwanis Club. They were a very receptive group and I have already been called by two other members to speak to a teachers group and a school on the other side of the border. Mr. Wade is the owner of 1050 YBG Radio in Massena and has had me on his radio station a few times.

Others I would like to thank for having me are Jane Wright of Tagwi High School who had me in to speak to the whole school. About 400 students sat quietly and listened to my story and asked plenty of pertinent questions. Also Mora McDonald of St. Joseph's in Cornwall had me in to speak to her class on living with HIV/AIDS. Thanks to you all for calling. I hope I was of some help.

While I am on the subject of speaking, I would like to remind all teachers and principals of their commitment to helping teach students about HIV/AIDS. It is a very important lesson and one I hope will stay with them into adulthood. Please call me if you would be interested in having me in to speak.

The numbers of HIV worldwide continue to climb weekly. Here are some new facts:

- There is a new HIV infection somewhere in the world every 15 to 20 seconds.
- Women are the fastest growing risk group for AIDS
- More than 1,000 children worldwide are believed to be infected each day.
- By the year 2,000 it is estimated that 90 percent of all HIV cases will be among heterosexual adults.

The numbers seem to keep going up and the projections seem to be getting higher and higher. I wish someday people would stop and think about what this disease will do to our world as we know it.

U.C.A.P. (United Counties AIDS Project) has now purchased food vouchers and taxi vouchers for those people with HIV/AIDS who may be having a hard time eating properly and getting around. You will have to call 931-2095 or 932-4628 to enquire about receiving them or any other assistance you may need such as reimbursement for gas for clinic visits and such. Please call, that's what we are there for.

Look's like winter is here to stay. I hope everyone stays well.

Pat is a local resident living with HIV. You may send in questions to Aids Forum here at the Seaway News address. Pat also does public speaking at no charge to any interested groups and can be reached through this newspaper or at his home.

"Seaway News... Helping to Educate Our Community."

SEAWAY NEWS
LETTERS TO THE EDITOR

Thanks For Your Support

Dear Sir:

The Catholic Women's League of Our Lady of Grace/ Pius X Council, Ingleside and Long Sault, would like to take this opportunity to thank your paper for allowing us to place our upcoming events in your publication. We in the League hold these events to raise money to help support Missions, pay for scholarships to several schools as well as support our community wherever support is needed as well as give financial support to other organizations.

Without advertising, our events to raise money would not be successful, therefore, we again thank you and ask God to bless you and your staff and grant you a peaceful and blessed Christmas and success in the New Year.

Sincerely,
Doris Hurrell
Communications Convenor
C.W.L.

Homemaker Service In Danger

Dear Editor:

As a homemaker with the Eastern Counties Branch Homemaker Service, I am worried about my clients, given the looming danger that Red Cross Homemaker services may have to close.

Being a homemaker means helping people stay in their homes when they become disabled, ill or too frail and elderly to cope on their own. I provide the daily set of hands that get the household chores done and I also offer human contact for the most vulnerable among us.

Without Red Cross homemakers, more than 73,000 people will not have the daily lifeline they require. In many northern communities, the Red Cross is the only provider and it would be very difficult to find others to fill in our shoes.

I would like to ask your readers who have used homemaker services for their family or think at any time in their future they might consider what the loss of homemaker services might mean to them. Could you cope at home alone if you were sick, recovering from an operation or simply too frail to manage on your own? Do you think you should have the option of staying in your home? Do you think that we can send people out of hospital and home without any safety net in place? This situation may not apply to you today, but what about the future? Are you likely to need help at sometime?

Each of us knows that we too might need this kind of help someday.

If your readers think there is a value to having help when it is needed most, I urge them to call their local Member of Parliament and impress upon them the need for homemaker services. We need to put people before politics and find a solution that will provide continual assistance to our homemaker clients.

Don't leave those most in need without the assistance they require to stay in their homes. All I ask of you is to tell your MPP that you care about the kind of care we provide for the frail and elderly.

Regards,
Susan Watt
Cornwall



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How Well Do Canadians Know Their Country?

I've now figured out why a considerable number of people voted for the Liberals in the last federal election and why the teachers' unions managed to pull the wool over so many other people's eyes: it is because many Canadians are poorly informed, ill-educated and unaware of what is happening around them.

You may think that is quite a harsh indictment of the people who live in this country, but it is true.

A survey just released by Angus Reid, the prominent pollsters, indicates that nearly one in two Canadians are so badly informed that they would fail the citizenship exam given to immigrants. That's right. One in two.

The survey found that 45 percent of those polled failed to answer correctly at least 12 of 20 questions – the success rate required of immigrants to gain citizenship – on Canadian history, culture, government institutions and laws.

Talk about disturbing. This is outrageous. When that many Canadians – most of them younger – fail a test like this, it says a great deal about what's wrong with our system of public education and what it's doing to tell young people about their country, our system of government and our culture.

Just consider some of the questions.

One asked people to name the title of the national anthem and 95 percent of Canadians got it right (thankfully!) but only 83 percent got the first two lines right. And, surprisingly, Quebec residents did better than English Canadians in recalling the lyrics.

Only 22 percent of the respondents could name the four provinces – Ontario, Quebec, New Brunswick and Nova Scotia – that formed Canada in 1867 and 8 per cent said Newfoundland, which joined Confederation in 1949.



Unbelievably, only 8 percent correctly named the Queen as Canada's head of state and a good 57 percent thought the Prime Minister filled that role. Can you believe it?

Just as bad, fewer than one-third were able to name the Charter of Rights and Freedoms as that part of the Constitution that protects Canadians' civil liberties.

And some, even more unbelievably, couldn't name the current Prime Minister, Jean Chretien. He may be the invisible do-nothing man, but this is ridiculous.

This is a sad state of affairs which indicates that a very large number of Canadians lack the civil knowledge required to understand and participate in the country's public life. If people don't understand terms such as Confederation, the Charter and the head of state, how can they possibly understand news accounts of political debates?

It makes it impossible to have a well-informed electorate and, even worse, makes it easy for those who want to distort the facts and mislead a population that has a weak knowledge of the Canadian political structure.

With many people asleep at the switch, no wonder groups like the federal Liberal party were able to dupe the electorate into believing that they would abolish the GST, dump or drastically reform NAFTA, drop the privatization of Pearson airport and sink the helicopters – all of which were projects that were predicated on pure political lie.

It is also the reason, I suspect, why some people support the Ontario teachers' unions, who have opposed every single educational reform in the last decade and went on an illegal strike to oppose a bill that will help our children eventually obtain a better education. By duping the public, they would have you believe that education – which the facts clearly indicate has grown worse under their reign – would be worsened and not bettered.

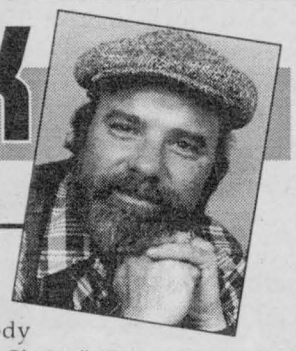
This is the type of propaganda campaign that works on an electorate that doesn't know any better.

Is anybody going to do anything about this? The federal Liberal government, citing jurisdictional problems, has already backed off. And why not? If they can keep deceiving an uninformed population, they stay in power.

And the teachers' unions, well, what can I say? They, too, have no interest in civic reform because it helps them promote their shallow arguments which have trouble withstanding the test of reason. Ignorance, as the old saying goes, is bliss.

And you think the country isn't in trouble?

BASIC BLACK



By Arthur Black
SEAWAY NEWS

I'd be willing to bet that you have not once in your entire life, given so much as a passing thought to the sex life of the giant squid.

How self-centred can one person get? Never mind, we're going to rectify that right now. I am here to tell you that the sex life of the giant squid (architeuthis to his nerdy scientific friends)..... is rough. Very rough. As a matter of fact, if you were to come across a pair of giant squid 'making out' on your front lawn, you could be forgiven for thinking that World War III had just broken out.

What happens is this: the squid stud approaches the squid gal and casually drapes three or four of his ten arms around her. Same old Saturday night, right? Wrong. This is where things get nasty. Basically, and without wishing to ruin your dinner, I can tell you that the male squid cuts little gashes in the female and then injects sperm in a manner that scientists say is akin to being "under hydraulic pressure, much as a doctor's syringe injects medicine."

Fortunately, giant squid don't do this on your front lawn. They do it in total darkness, hundreds of fathoms down in the deep fastness of the oceans, far from the prying eyes of human voyeurs.

So how do we know it happens this way? Because the scientists tell us so. Doctor Mark Norman, a zoologist with the University of Victoria, recently got to study the body of giant female squid which was brought up from a depth of more than a kilometre by fishermen working off Tasmania. Two of the squids forward tentacles were covered with cuts several centimetres long. Each cut contained packets of forcibly-injected sperm.

"I'm still surprised" says Doctor Norman. "I think it's pretty bizarre behaviour."

Well, I think it's bizarre too, and the only squid I've ever seen came as a side dish at a Spanish restaurant.

But I can't say I'm surprised. Nothing surprises me about sex anymore -- whether its between butterflies, giant squid or two computer nerds who meet at a Singles Bar. Sexual behaviour is pretty whacky anywhere you look in the animal kingdom. Some female spiders devour their mate as a post-coital treat. The lady praying mantis prefers to munch on the head of her beau while he's still "on the job", so to speak.

And then there's human sexual behaviour. Consider Jimmy Bakker, a religious leader with a cable TV network that brought in $129 million US in one year alone.

That would be the year before Bakker was found to be spending a fair bit of his out-of-pulpit time nuzzling with Jessica Hahn, a 26 year old church secretary.

Fellow Televangelist Jimmy Swaggart mounted his pulpit to denounce Bakker as "a cancer that needs to be excised from the body of Christ."

That was just before Swaggart was photographed going into a New Orleans motel with a prostitute named Debra Murphee.

As the humourist James Thurber said: "Love is blind, but desire just doesn't give a good goddamn."

I'm not going to talk about my sex life because I hate it when readers snore. But I will tell you about my initiation.

It took place in a gravel pit. My father, who was not much for man-to-man conversations concerning the birds and bees, decided it was time for me to learn the nitty- gritty, sex-wise. So he took me down to a gravel pit to witness the mating of a buckskin palomino mare and an Arabian stallion.

You don't run across a lot of poems written about the exquisite delicacy of equine coitus. When horses mate it is not what you would call a display of balletic daintiness. It's more like the Japanese attack on Pearl Harbour.

There is much thundering of hooves. Much kicking. And biting. And whinnying.

It does not look like a helluva lot of fun for either participant. And I don't recommend it as positive motivation for teenagers. It sure didn't make me look forward to a lifetime of pitching woo.

Besides, have you ever....seen....a stallion when it's...hot to trot?

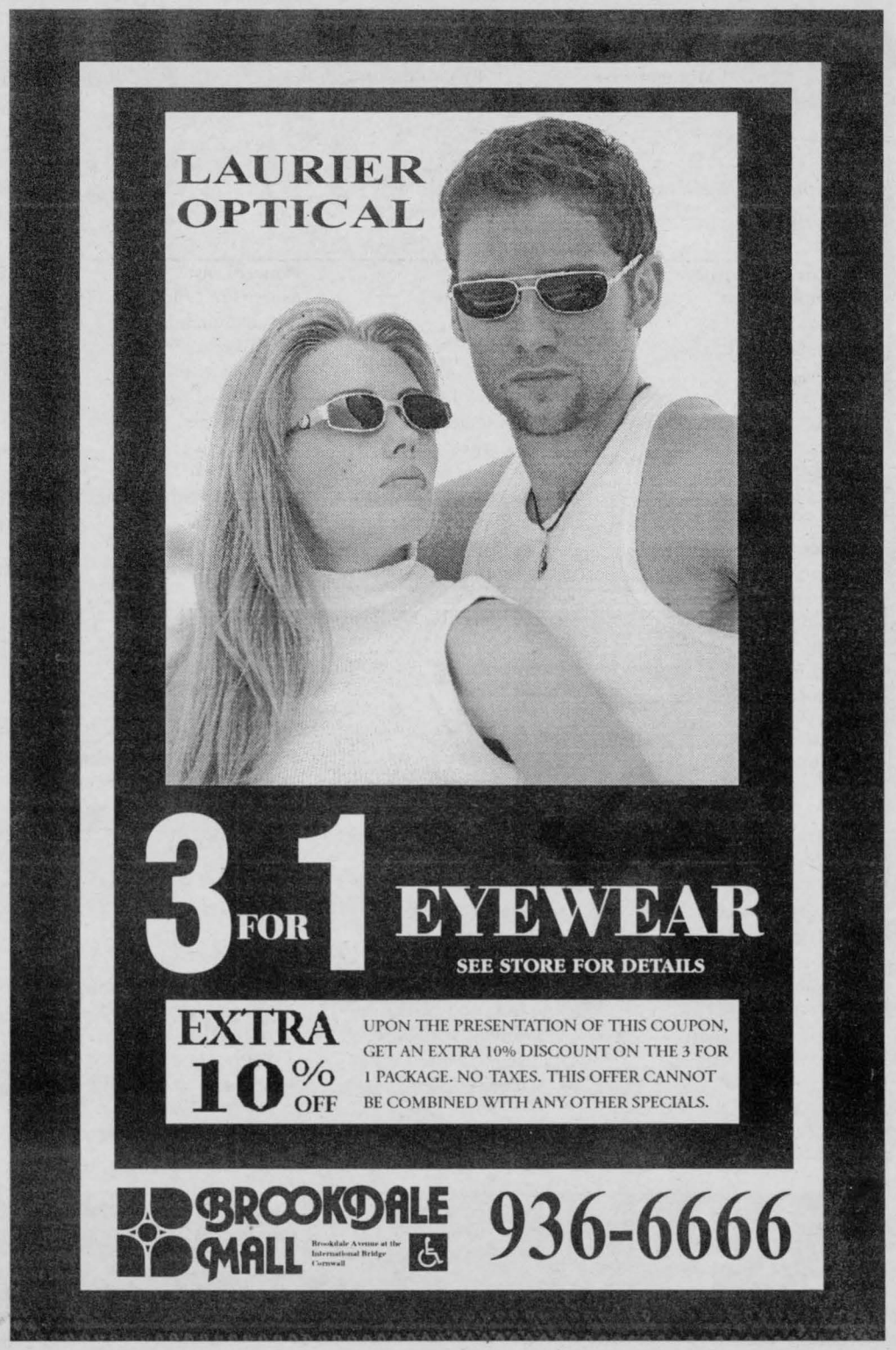
I felt utterly inadequate for the next 35 years.

It's quite different nowadays of course. When the time came to "have a chat" with my 13-year old, I resolved that I would do things differently. No squalid gravel pit blitzkriegs for him. I would deal with him face-to-face and man-to...well, boy. So I waited until after dinner, then I called him down to my workshop in the basement. I asked him to take a chair. We chatted about the Canucks....the Blue Jays...and finally I took a deep breath and said: Son, I think the time has come to discuss the Facts of Life with you.

"Sure, Dad" he says. "What do you want to know?"

The views expressed by columnists and/or letters to the editor are not necessarily the views of this newspaper or its publishers.

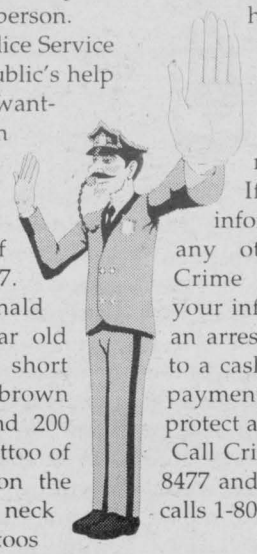
To ensure publication, submissions should be no longer than 350 words and include a title.



Crime Stoppers

This week Crime Stoppers is asking for your help in locating a wanted person.

The Cornwall Police Service is asking for the public's help in locating a man wanted in connection with an alleged sexual assault that occured at 3:00 am on the 19th of November, 1997. Christopher Ronald Simon is a 27 year old white male with short brown hair and brown eyes, 5'10" tall and 200 lbs. Simon has a tattoo of the word magic on the right side of his neck and numerous tattoos on both arms.



Remember: we do not have call display, we do not record conversations and you are always anonymous.

If you have any information on this or any other crime, call Crime Stoppers and if your information leads to an arrest you are entitled to a cash reward. Reward payments are set up to protect anonymity.

Call Crime Stoppers, 937-8477 and for long distance calls 1-800-265-8477.

Kinette Annual Poinsettia Drive

The Kinette Club of Cornwall is gearing up for another poinsettia drive, their 19th annual. This is the major fundraiser for the Club, which has seen the project grow from 300 plants to well over 2500 plants today. The Cornwall Kinettes depend on the many businesses and personal sales to keep this successful project going. Every year they are looking for more clients to jump on board.

Monies raised from this project go to support the fight against Cystic Fibrosis and community needs. Cystic Fibrosis is the national service project of the Kinsmen and Kinettes of Canada. Nationally, Kinsmen and Kinettes have reached the 25 million mark in donations and the Kinette Club of Cornwall has donated over $30,000 since the beginning.

If anyone is interested in purchasing poinsettias please contact any member of the Kinette Club of Cornwall or Kim Baird, Chairman (933-5851). The plants are expected in and delivered the first week of December.

Drug Awareness Week



Our boys in blue, J.W. Doiron, O.P.P. and Pierre Pilon, Cornwall Police Services, participated in the Ontario wide Drug Awareness Week with a booth set up in Brookdale Mall, to alert concerned citizens to the hazards and dangers associated with illicit drugs. Pictured with the two officers is Edna Pinard.

(photo by Aubrey Johnson)

Prep Time, Not Nap Time

(NC)—Non-classroom instructional time, commonly referred to as preparation time, is essential to the effective operation of today's public high schools, Contrary to rumour and myth, educators use non-instructional time for a wide variety of activities, all of which benefit the student:

- assistance to students who are unavailable before or after school;
- preparation of labs, equipment and facilities for use by students;
- administrative work associated with extra-curricular activities such as intramural and extramural sports, field trips, clubs, band, student council;
- advising and counselling students and parents;
- meeting with parents, other teachers, administrators, consultants;
- ordering and distribution of instructional materials;
- preparation of courses and programs;
- interacting professionally, consulting, reading and learning;
- assistance in filling in for teachers called away on an emergency;
- supervisory duties such as halls, cafeteria or study room;
- lesson preparation;
- correction, grading and attendance recording.

Non-instructional time is well spent. It benefits students, educators and the public education system as a whole. For more information, call the *Public Education Works* hotline at 1-800-645-9739.

Festival of Trees '97

A Festival of Thanks ...
As A Cornwall Tradition Continues!!

A special "thank you" to Mr. Paul Vincent this year's honourary chair, Mayor Brian Sylvester (our master of ceremonies), Frank Holiday, Daryl Adams, Flora Dumouchel our auctioneer and to all those who have laboured long and hard hours to help put Festival '97 together. The commitment of our organizing committee, in addition to the dedication and conviction of our volunteers was simply outstanding.

The Festival of Trees Organizing Committee gratefully acknowledges the generous conttributions made by the following sponsors and supporters. Their support made this year's Festival an exciting and memorable event for all.

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Around the Counties

Dilamarter Appointed

The members-elect of the new District School Board #26 are pleased to announce that, at their initial caucus meeting on November 22, 19976, Mr. James Dilamarter was appointed Interim Director of the new Board. Mr. Dilamarter is currently in his tenth year as the Director of Education with the Stormont, Dundas and Glengarry Public School Board. This appointment has been arrived at through mutual consent. Mr. Dilamarter, in accepting this position, said that this decision by the new Board respected his requests completely. He indicated that he will be retiring at the end of his current contact (August 1999). His stated intention was not to apply for the Directorship of the new Board but to seek a mutually satisfactory arrangement that would reflect his desire to serve the Board in some worthwhile capacity and to support the needs of the Board at this time. It is his belief that whoever assumes the Directorship must accept a commitment that goes beyond the 1999 school year. Mr. Dilamarter's first responsibility will be to organize the process by which the new Board will select is Director of Education. He will also be responsible for the overall administration of the new Board until the new Director assumes his responsibilities.

Char-Lan Honours Students

Char-Lan District High School honoured its students for excellence during the annual Achievement Awards Ceremony at the school recently. Awards are made possible by a donation by the Glengarry Farmers Mutual Fire Insurance Company. The awards recognize the efforts and performance in academic achievement, merit and citizenship of its non-graduating students.

Playhouse Auction A Huge Success

The Upper Canada Playhouse Christmas Auction was a great success thanks to the approximately 140 people who took part in the bidding on more than 70 Christmas gift packages. Approximately $14,000 was raised at the auction and will be shared between the Chamber (to cover its costs) and the Playhouse for operating expenses.

Hospital Fundraiser

An Open House and Sale of Hand Crafts will be held on Sunday, November 30th at 4759 Whitteker Road in Williamsburg. Hand-crafted items and Christmas ornaments will be for sale and refreshments available. Any money raised will go to the Winchester District Memorial Hospital, Dundas County Hospice and Upper Canada Playhouse. For more info. call Isobel Williams at 535-2757.

BIA Bucks in Alexandria

Alexandria is promoting local shopping with their BIA Bucks. Shoppers are eligible to win up to $250 in BIA Bucks by filling out a ballot at any Alexandria business with a purchase. A draw for prizes will be held before Christmas and the BIA Bucks are good until January 31, 1998 at participating merchants. First prize is $250, second prize is $150, third prize is $100 and there will be 20 other prizes of $50 each.

Snowmobile Patrols

The OPP have incorporated the use of motorized snow vehicles as a part of their winter patrols. OPP Officers patrol the trails and other public areas to promote a compliance of provincial and federal laws and to reduce drinking and riving. The OPP maintain 20 snowmobiles in this region along with eight all terrain vehicles.

Winter Crafts

The Friends of the Sanctuary will be holding a Winter Wreath Decorating and Winter Bird Feeding Workshop at the Visitor Interpretive Centre, located in the Sanctuary. The Winter Wreath Decorating Workshop will be held on November 29th from noon to 3 pm. Participants are asked to bring any colour coordinating ribbon and similar items. Cost is $10 per person. A Winter Bird Feeding Workshop will be held on November 30th from 1 pm to 3 pm and will cover all aspects of attracting birds. The cost for this workshop is $5.

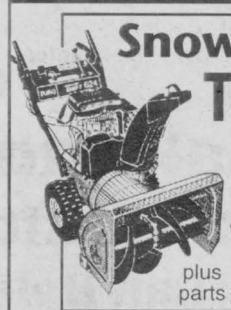
911 Service Coming

SD&G residents can expect 911 service this coming spring. It has taken numerous years for the preparations for the service to be complete. Civic numbers had to be installed at each residence and due to amalgamation there were duplication of street names that had to be taken care of.

Santa Parade in Alexandria

The Alexandria Santa Claus Parade has been set for December 14th. The parade is organized by the Club Richelieu and the club invites any group, organization, social club, student body, company, business or individual to enter a float. Prizes will be given for the best three floats. The parade begins at 1:30 pm from the Glengarry Sports Palace, south along MacDonald Boulevard, east on Kenyon Street and then south on Main Street until the Loeb parking lot. The parade should be finished by approximately 2:30 pm depending on the amount of floats and bands taking part. Santa Claus will once again make his appearance at the end of the parade. For information or to enter a float or a parade, contact Claude Cadieux at 525-1836 or Richard Sabourin at 525-1018.

SPECIALS



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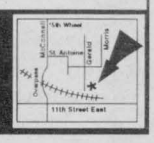

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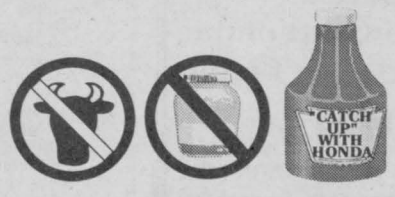

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Investment Facts – Inside the Stock Markets

As part of a series designed to help people become better informed about investing, this article explores Canada's stock markets and provides an overview of their operations.

Stock exchanges play an important role in Canada's capital markets. Companies can use stock exchanges to raise new capital, but most of the trading you read or hear about in newspaper, radio and TV business reports is buying and selling among investors.

In this secondary market, the seller is no longer the company which issued the stock, but someone who bought it either as a new issue or from another investor.

A strong secondary market is vital. Without it, investors who bought shares from a company would have a lot of difficulty selling them. If this was the case then no-one would want to own shares and companies wouldn't be able to raise financing to expand and create jobs.

The secondary market also lets investors choose from a wide range of available shares at any time, and not just when they are newly issued. It allows them to make quick decisions about the value of a company and act on those decisions immediately. Unlike many other kinds of markets, such as real estate, stock exchanges are very liquid, meaning you can often get money for your shares in a few days.

Once a company decides to issue stock for broad distribution, which is what is meant by going public, it can have its shares listed and traded on a stock exchange, or its shares can be traded among investment dealers in the unlisted or over-the-counter market.

Exchanges often specialize in different kinds of stock listings. Some set quite onerous conditions for the kind of company that can list its shares, while others are less stringent. Some may seek out small, start-up companies, while others prefer senior or blue chip companies that are big and established.

The Alberta and Vancouver Stock Exchanges are specialists in junior or newer companies, especially those operating in the resource sector, although both also list some senior stocks. Senior companies tend to list on The Toronto Stock Exchange or the Montreal Exchange, although these exchanges also list junior companies.

Stocks are traded on the exchanges through an auction system. Brokerage firms and investment dealers either send their client's orders to an exchange floor where they are executed by traders, or they can handle the whole process electronically. In both cases, the goal is to bring together all buy orders and sell orders for each stock. That way, the best deal can be struck.

The price difference between the highest buy order (bid) and lowest sell order (ask), as quoted on the exchange at any given time, is known as the spread. Transactions can take place at either the bid or the ask or somewhere in between. Spreads are usually quite small, especially for more popular stocks. Large spreads often indicate a lack of demand and the shares may take longer to sell.

Typically, a stock's price moves up when there are more buy orders than sell orders, and the price moves down when this situation is reversed. Numerous factors affect demand – both for equities in general as well as for particular stocks.

When a country is in recession, for example, most companies' profits fall because fewer products and services are being sold. Lower profits make their stocks less attractive. In more prosperous times, rising corporate sales and earnings usually mean higher stock prices.

Individual stocks are affected by a lot of other factors – including company and sector performance, management talent, international competition, new product or service developments, mergers and acquisitions, just to name a few.

So how do you pick a stock that is going to go up? If we knew the answer to that one, we'd all be rich! In selecting stocks, you should be looking at companies' share price movements, financial results, dividend records, sector performance, and management capabilities. The thing to keep in mind is that there is always a direct relationship between risk and reward. A stock that has the potential for huge gains can also drop just as fast. If you can't afford or tolerate high risk, there are plenty of stocks which offer steady performance and regular price gains over the longer term.

***Investment Facts** has been prepared by the Investor Learning Centre of Canada (ILC), an independent not-for-profit educational organization created by the Canadian Securities Institute. Through national seminars, publications and resource centres, the ILC is dedicated to helping Canadians learn more about investing. To find out more about the ILC please call 1-800-274-8355.*

Financial Futures

It's A Small World After All ...

Investing Globally Can Help Your RRSP!

by Timothy Ming

For the average Canadian, a trip around the world is a once in a lifetime opportunity. But when it comes to your RRSP, you may want to take a different approach. Global investing is one of the most effective strategies for maximizing your investment returns; anyone neglecting to invest internationally is ignoring some of the most profitable companies in the world - companies such as Coca-Cola in the U.S., Sony in Japan, or Volvo in Sweden.



Timothy Ming

It seems hard to believe, but only 3% of the world's capital resides in Canada. That means over 97% of the world's opportunity can be found outside of our borders. To put this in perspective, over the past decade, 17 foreign markets have outperformed the Canadian equities market. By investing worldwide, investors are free to seek the best investment opportunities, wherever they may be.

Despite the increased interaction between world markets, performance still varies from region to region. By investing in a number of different markets all at once, you can essentially "hedge your bets" against continued poor performance in any one of them. Global investing can be an intimidating topic. If the promise of lower risk and higher returns interests you, feel free to contact me. I'd be happy to explain these opportunities further.

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Two Ways To Get Cash Fast

SMALL BUSINESS Secrets

(NC)—Here are two techniques small businesses can use to increase cash flow and finance growth.

Factors: As you know, slow paying accounts can cripple your cash flow.

Venetian entrepreneurs recognized this hundreds of years ago, and cash-rich merchants would buy payment rights at a discount from fellow merchants who needed cash.

These days, it works much the same way. You pledge all your receivables to a factor, who administers your accounts receivables for you. In return, you get a line of credit, which is usually 80 percent of the value of your total receivables. You pay roughly the prime rate plus 2.5 to 3 percent on the money you use.

Invoice Discounting: This service, which is similar to factoring, actually works very much like the old Venetian model. It's a use-it-as-you-need-it service. Once you've signed a contract with the invoice discounter, it's up to you when you want to use the service.

When you've sold a product or service, you ask the discounter if they'll buy the invoice.

The discounter checks out the invoice to ensure it's valid, agrees to purchase it, and—usually within 48 hours—you have your money, less the discounter's percentage. You'll pay anywhere from 6 to 10 percent, depending on the time the receivable is outstanding. Fifteen days costs less than 30 days, and so on.

For tips and advice on getting government funding to build your small business, call the Small Business Consumer Centre, an independent research organization, at 1-800-667-1493, extension 400.

A Helping Hand for Canadian Small Business

(NC)- Earlier this year, CIBC announced the introduction of an innovative new program that has not only given a boost to Canadian small business but has also helped create some 1,000 new jobs-and this number continues to grow rapidly. The $100 million Job Creation Loan Fund allows qualified small businesses to borrow for the purpose of business expansion that results in the creation of at least one job.

What has made this fund so popular among small business owners is that loans are being offered at the lowest interest rate of any major bank-prime less 1% for the first year. These loans, which can be re-paid over five years, have no set-up fee and can range from $15,000 to $100,000. If the loan is not re-paid within the first year, interest rates are adjusted to a normal small business loan rate for the remaining four years.

MONEY TALK

Funds can be used to finance traditional capital expenditures such as machinery and equipment or soft costs such as hiring and training new employees (additional security may be required for soft cost loans). The ultimate goal of the program is to help create long-term sustainable jobs.

New job creation continues to be the single most important issue on all Canadians' minds and the Job Creation Loan Fund addresses that concern while giving businesses a break in borrowing costs. As one enthused CIBC small business customer put it after receiving a Job Creation Loan that resulted in four new jobs: "I'm blown away at the service and I can't believe I'm actually hearing you say you will lend us the money at prime minus one."

Industry experts are watching the Job Creation Loan Fund with great interest. In only six short months, it has had a definite impact on the small business job market and is making great headway toward stimulating economic growth in this country.

The Job Creation Loan Fund is also just one initiative in an overall CIBC program aimed at helping Canadian small business. Other initiatives include strategic alliances with the Business Development Bank and Export Development Corporation and a $100 million Venture Capital Fund for Knowledge-Based Business.

If you'd like to find out more, contact CIBC at 1-800-465-2422.

HOWARD SMITH CREDIT UNION
Howard Smith (Cornwall) Credit Union Limited
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A Warm Welcome to All.
P. Lamarche
Corporate Secretary
November 28, 1997



On the Money
with Gordon Pape

PAPE'S TIP: *"Donations of time aren't tax deductible, but they may be the most satisfying."*

Help the less fortunate – and yourself too

The holiday season is upon us. Give some thought to extending a helping hand to those who don't have as much as you and your family.

SAVING TAX ON YOUR CHARITABLE DONATIONS

1. **Act before Dec. 31.** However, a cheque dated in 1997 that is delivered in January will count as having been paid by year-end.
2. **Your gift** must be in cash or capital property. Unfortunately, donations of time are not deductible for tax purposes.
3. **You are allowed a federal tax credit of 17% for the first $200 in donations.** When provincial taxes are taken into account, that works out to about a 27% rebate. All contributions above $200 are worth a 29% federal credit, which will total about 46% to 50% when provincial taxes are calculated.
4. **The maximum amount that can be claimed each year is 75% of your net income.** This represents a big increase; before 1996 the maximum was 20% of net income. There are additional credits available if capital property is donated.
5. **Only charitable and non-profit organizations registered** with Revenue Canada can issue tax receipts. If you're in doubt and the tax credit is important to you, check with the charity before you write your cheque.
6. **The 1997 budget** contained proposals which will reduce the tax payable on any capital gains that arise from securities that are donated. If you're considering such a gift, check with a professional tax adviser for full details.
7. **Charitable bequests** from a will can be claimed on a deceased person's final return, and are not subject to the 75% income rule.

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For more information on investing and personal finance, visit the Gordon Pape web site at http://www.gordonpape.com. For specific advice, consult an appropriate financial professional.

KALEIDOSCOPE

By H.B. Kanters
SEAWAY NEWS

Overparenting

How did your parents manage to raise you without all this information today's young parents have to cope with? And how does anyone have the courage to become a parent, considering what is required in this electrified and techno crazy world? No wonder Canada's birth rate is so low, we're scaring people from becoming parents with all those irresponsible television programs and the two dozen specialty magazines. When did we switch from taking our own mother's advice to that of a 24-year old expert with a degree in child development or early childhood education? These are serious questions and they point to an emerging problem, the case about overparenting in the '90s.

There is a TV program called Spilled Milk and it is about parenting. Everything about this program is politically correct, right down to the racially mixed couple who make it a point they are married. But I would take issue with a great many examples used in that program, examples meant to demonstrate good parenting skills. The particular episode I'm thinking of showed a mother of two young girls, one 2 1/2 and one 4 years old, getting the children and herself off in the morning. During the four or five minutes she was shown interacting with the children she demonstrated what no rationally thinking woman would say or do. She rushed from here to there, barking orders at the girls also did not behave in what I consider normal, everyday behaviour. Then a close-up of the mother was shown as she explained what life was like getting two children ready for day-care when they both have their own will and imagination and simply did not understand the need to rush and on and on and on. Then the program switched to the hosts explaining how important it was to get everyone started right and with a big glass of milk and other such important insights. What the program demonstrated had very little to do with effective parenting skills, and everything with the production of a politically correct television program used as a vehicle to push specific products under the flimsy umbrella of parenting.

My point is this – many young parents watching this might easily identify with the overburdened mother, but have learned absolutely nothing about how to handle the first hour of the day quite differently. It is possible to create a television program that demonstrates positive parenting skills, just look at Tim the Toolman Taylor and his television wife. Both parents and children can learn much from that show and besides it's so funny.

About a year ago I went to photograph a children's birthday party as a favour to a friend and I could not help overhearing the young mothers talking, both among themselves and to their individual children throughout the afternoon. What an eye-opener. One three year old started screaming every time the mother moved out of their immediate presence and each time the mother bounced back as if attacked by a rubber band and each time she assured the child she would not leave her, she was only going to the washroom, she would never ever leave her and how many times have I told you that, sweetie?

Another woman kept on begging her child, who had started to cry, to please, please darling, tell mommy what is really bothering you so much today. This one was truly hard to watch, for every time the little boy attempted to say something, the mother stopped him by suggesting "is it because I made you put on this shirt, dear, are you really angry with mommy about that... you know you can tell me and then we can fix things." The fact is parents can not fix everything and they should not try to remove every pebble from their children's path. And most parents simply talk AT their children much too much. They forget that a four-year old does not need a scientific explanation when he asks why the clouds move, it's perfectly all right to say they like dancing in the sky.

How many children begin to worry about bullies because we have so carefully assured them that we will protect them from those rowdies, just come and tell me and I'll take care of that. How many youngsters start being frightened of monsters in the closet after we have made a big production of showing them there are no goblins under the bed? And how many children might never worry about their parents getting a divorce, if well-meaning Mommy didn't keep on assuring them that everybody has these arguments and it does not mean we are getting a divorce. Almost all young parents talk much too much, what they should be doing is ask simple questions and let their children talk. Young children do not need parents who are very smart and explain everything, they need parents who like being around children and let the children show how smart they have become.

I am not against a parent explaining a situation to ease a child's troubled heart, and I am not against assuring children that their world is happy and secure. But I am against parents bandaging souls that aren't bruised and I am against parents stirring up trouble and making monsters appear where none lived before. If you tell your five-year old not to worry, you won't forget to pick him up at eleven so he can come to the airport with you to pick up his grandparents, guess what your child will be worrying about for the next two hours?

Raising children is a very normal human activity. Almost all of us are very good at it, or rather were good at it before all these experts started coming at us from all directions. When in doubt, however, any young parent should first ask their own mother, then their grandparents, then perhaps the lady next door who has already raised several children. Any one of these experts is a better source of information than television programs and magazine articles.

Canada's very own FBI

(NC)—Launched in 1993, Canada's Federal Buildings Initiative (FBI) is designed to make government-owned buildings across the country more energy-efficient.

The program identifies suppliers of energy efficiency services that are capable of financing the cost of retrofitting properties and who will receive payment based on the energy savings produced. The end result is that high-quality private sector jobs are created, and federal departments receive proven expertise to help upgrade their buildings.

Once fully implemented, the program will save government $160 million annually. Efforts to date have proven so successful and credible that provincial and municipal levels of government and many leading Canadian corporations have been following suit by adopting the FBI approach to tracking down energy wastage.

So far the FBI has sniffed out millions of dollars in savings. The program has proven so successful that other levels of government and leading Canadian corporations are now following suit.

For more information on how you can join the FBI, please contact the Industrial, Commercial and Institutional Programs Division at Natural Resources Canada, 580 Booth Street, Ottawa, ON K1A 0E4; fax: (613) 947-4121.

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Interesting Historical Points

Each year, about three million Canadian families bring a natural Christmas tree into their homes to become the warm and friendly living centre of their Christmas celebration. The tradition endures year after year...but just how did it get started?

Historians trace countless sources that developed into our present day custom of using a Christmas tree. Legends tell of the decorated tree used in winter celebrations long before there was a Christmas.

Egyptians brought green palm branches into their homes in late December as a symbol of growing things. Romans trimmed evergreen trees with trinkets and topped them with an image of their sun god to celebrate Saturnalia. Druid sorcerers hung golden apples and lit candles on oak trees to celebrate the winter solstice. In the middle ages, the feast of Adam and Eve was held on December 24. Its symbol was the Paradise Tree, a fir tree hung with red apples.

It is generally agreed, however, that the use of an evergreen tree as part of the Christian Christmas celebration started 400 years ago in Germany and spread to most of northern Europe by the 19th century.

Canada was first introduced to the Christmas tree in 1781 in Sorel, Quebec, by a German immigrant, Baron Friederick von Riedesel. The Baron's tree was a balsam fir cut from the dense forest of Quebec and was decorated with myriads of white candles.

A few years later in the 1790's, white candles began twinkling on Christmas trees in Ontario. After the War of Independence in the United States, German speaking settlers, including Mennonites, who wanted to remain loyal to King George because of his German connection, headed to Canada and brought the custom of the Christmas tree to their settlements around Kitchener.

Toronto was next to adopt the custom when in the late 1790's a group of Lutherans, Pennsylvania "Deutsch" and Mennonites helped found the communities of Markham, Unionville and Stouffville and naturally made the Christmas tree the focus of their Yuletide celebrations. The custom of the Christmas tree gradually spread throughout the land and is now an enduring symbol of hope and a part of our Canadian heritage.

(Information supplied by The Christmas Tree Growers Association of Ontario)

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Aladdin is Coming

Dream Maker Productions is preparing for their next production and Christmas show. The popular play "Aladdin" will be on stage at St. Lawrence High School on December 6th and 7th at 1:00 pm. The show will have much music, magic and comedy. The dynamic cast ranges in age from 7 to 19. The cast comes from all over the three united counties.

The troupe have worked very hard to bring to stage a polished show. Last year's production of "The Nutcracker" was very successful. Over 1400 teachers and students from various schools are already planning to attend a sold out presentation of "Aladdin". The group is anticipating a quick response from the general public for their weekend shows.

This version of "Aladdin" is done in a highly comical style. Many of the roles give the actor a great chance to stretch the acting ability.

"Aladdin" is a story about a handsome and smart peasant boy (played by Samuel Gautreau) who falls in love with Princess Jasmin but is forbidden to marry her because he is poor. An evil wizard tricks Aladdin into helping find a magic lamp by telling him he will become the richest man in the world. When Aladdin outsmarts the wizard and gets the lamp for himself, he gains riches and marries the princess, but as in any story, there's a twist - but see it for yourself.

The grandeur of this play is enhanced by the set design by Disney scenic artist Alice Sabo, and local professional artist Ron Zohar.

Local Legionnaires Win Ontario Provincial Horsehoe Championship



At a recent meeting of Branch 297, Royal Canadian Legion, Al Osmar (left), Zone Sports Officer presents Ray Leduc and Cliff Merpaw with the Legion Provincial Senior Horsehoe Champions Trophy. The trophy was won by the two members of Branch 297, after a series of playoffs in Kingston against other Legion branches in Eastern Ontario, then followed by the Provincial play-downs held in Warsaw, Ontario.

Types of Christmas Trees Grown in Ontario

Scots Pine

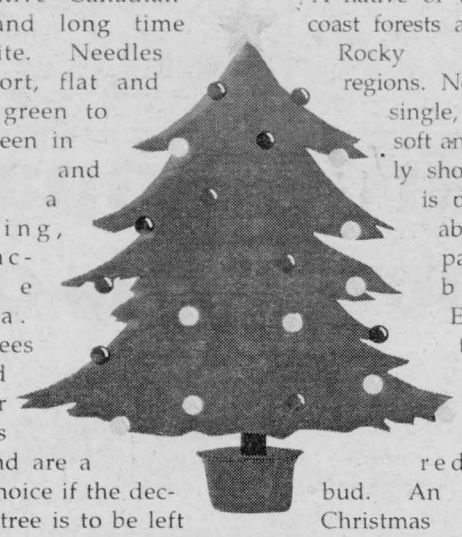
An exotic species, often referred to as Scotch pine. A popular Christmas tree with medium length needles, green to blue-green in colour. Excellent needle retention is characteristic. Requires annual shearing and pruning to produce a dense, shapely 8 foot tree, 7-10 years from planting.

White Spruce

The only Christmas tree native to Ontario, and the traditional Christmas tree to many. Foliage is short, pointed needles, green to blue-green. Slower growing than the pines, spruce require 8 - 12 years from planting, with annual trimming, to produce an 8 foot tree.

Balsam Fir

A native Canadian tree, and long time favourite. Needles are short, flat and blunt, green to blue-green in colour, and have a pleasing, distinctive aroma. Fir trees hold their needles well and are a good choice if the decorated tree is to be left standing for a longer period of time. Annual trimming for 8 - 12 years is required for good quality trees over 8 feet in height.



Douglas Fir

A native of the Pacific coast forests and of the Rocky Mountain regions. Needles are single, flattened, soft and relatively short. Colour is dark green above and pale green below. Easily identified by its cylindrical, pointed red-brown bud. An excellent Christmas tree but somewhat difficult to grow in eastern Canada because of its susceptibility to spring frosts. Some plantations have been established in southern Ontario. Requires annual trimming for 8-12 years to produce quality 6-7 foot Christmas trees.

Fraser Fir

An introduced species native to southeastern United States, foliage is similar to balsam fir except needles are darker green and waxy above with silvery lines beneath. Has a very pleasing appearance as a Christmas tree with excellent needle retention. Some plantations have recently been established in southern Ontario. Grows relatively slowly and requires 12-16 years to become a quality Christmas tree.

Colorado Spruce

The Colorado Blue spruce is a truly beautiful tree which is now in greater demand for Christmas. It has adapted well to Ontario's climate, but grows more slowly than the White Spruce. Needle colour ranges from dark green to powdery blue with needles that are 1" long.

White Pine

The White Pine is an excellent Christmas tree that is a favourite of pine buyers. The long soft needles, in bundles of five, are blue-green in colour with just a hint of white. Moderately strong boughs weep gracefully with the weight of ornaments. Years of meticulous shearing create a dense conical tree that stands straight and retains its needles throughout the Christmas season. It prefers sandy soil and tolerates cold winters.

(Information supplied by The Christmas Tree Growers Association of Ontario).

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Operation Lookout



If you drink, don't drive! Operation Lookout, a community based program reporting drunk drivers, is launching a "Red Ribbon" campaign during the upcoming holiday season. The red ribbon signifies that you are against drunk drivers and this campaign will run from November 24th to January 4th, 1998. Concerned citizens can pick up their ribbons at the following locations; CJSS-CFLG, Massey Place Petro Can service station, Alexandria Police Service, O.P.P. Upper Canada and O.P.P. Lancaster. Each person picking up a red ribbon will receive a ballot form to fill in for a grand prize of $500 worth of gas which is being donated by Massey Place Petro Can. Pictured above are Officers from the Cornwall Police Services, R.C.M.P., O.P.P., Massey Place Petro Can employees and members of CJSS-CFLG.

(photo by Aubrey Johnson)

Visiting Doctor Overwhelmed With Cornwall Hospitality

Dr. Gillian Yeates, a second year Obstetrician/ Gynecologist Resident from the University of Western Ontario was captivated by the warm welcome she received during her recent visit to the City. Dr. Yeates is considering Cornwall as the home for her practice once she completes her medical studies.

When asked for her impressions about Cornwall, Yeates was enthusiastic in her response. "My husband and I have been overwhelmed by how friendly everyone has been. Even though we've only been here for a weekend, we already feel at home." Both Dr. Yeates and her husband, an Air Canada employee, were impressed with the beauty of the Cornwall area with its parks and comfortable small town atmosphere.

Dr. Yeates visited Cornwall as a guest of the Economic Development Department which has been coordinating medical recruitment activities for some time. Working in cooperation with city hospital staff and some of its physicians, the Department has focused on attracting Family Physicians of which there has been an acute shortage in recent years.

Yeates also had an opportunity to visit the facilities at the RHSJ Health Centre on McConnell Avenue and was impressed with the first class equipment she saw and the professional staff she met.

The recruitment team has just returned from medical fairs in both Sudbury and Kingston where the group encouraged medical students planning to become Family Physicians to consider Cornwall as a place to practice and to live.

Economic Development has been a strong supporter of the recruitment initiative as part of its overall program designed to attract business and industry. Professionals considering Cornwall as a business site expect to find a full range of amenities and services including health care. The City's participation in medical recruitment is one of a number of strategies it used to ensure such amenities.

Card Company Saves Thousands of Dollars

(NC)—Hallmark Canada produces a lot of greeting cards. With all the heat-sensitive paper involved, their plant needs to be environmentally controlled throughout the year.

For decades the plant has been maintained using two huge chiller units. Energy bills have traditionally been very high. Then the lights went on. After attending a series of energy efficiency courses, Gerry Gaudin, HVAC Mechanic 1, a member of Hallmark's building maintenance team, came up with a proposal that would eliminate the need for chillers during periods of cold weather. His "free-cooling" option has already saved the company thousands of dollars.

Hallmark is only one of the many companies currently capitalizing on expertise offered through courses promoted by Natural Resources Canada (NRCan). For information on how your company can save money and help the environment, please fax NRCan's Industrial, Commercial and Institutional Programs Division at (613) 947-4121.

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Alternative cheque distribution and claimant reporting during the postal disruption

Human Resources Development Canada has made alternative arrangements for picking up and dropping off Employment Insurance and Employment Trainee Programs cheques and claimant report cards during postal disruptions.

Claimants may pick up their cheques and return their bi-weekly report cards through HRDC cheque distribution centres. **Clients will be required to show two pieces of identification in order to pick up their benefit cheques.** Postal disruptions will have no effect on clients who receive their benefits by direct deposit.

Claimants served by:	Cheques available at:	Hours of operation:
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Old Age Security , Canada Pension Plan and Government Annuity cheques will be delivered on November 26th as usual.

Please do not call the Cornwall Civic Complex. If information is required on our other Distribution Centres please dial 1-800-206-7218 or 930-2652

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A Wonderful World of Christmas

The Glen is presenting "A Wonderful World of Christmas" to be presented at the Glen Building on Saturday, December 13th, 1 p.m. and 4 p.m.; Sunday, December 14, 1 p.m. and 4 p.m., directed by Claire Lavallee, "I love doing children's plays and musicals," said Claire Lavallee, "especially ones for the Christmas season. To work with children is a joy, and to see them blossom as little actors makes me feel I have helped them along the way," said Lavallee. "They will become future talent for the Glen shows in later years, and develop an interest in the arts." This production has a cast of 37 and a production crew of 20 or more and many families are involved and so it's a family affair – always a tradition of the Glen over its 32 year history.

This Christmas play is for children of all ages and tells the story of Janie, a little girl Scrooge and her brother Billy. When it looks like Billy's letter to Santa won't get to him on time Chester Frost the Post Master General of the North Pole magically appears and invites the kids to come along with him as he picks up last minute mail around the world, climaxing with a surprise appearance of Santa Claus busy giving gifts to all.

Box office opens Wednesday, December 3, 10 a.m. to 6 p.m. Monday to Friday. Call 937-GLEN for tickets. Merry Christmas from Santa

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Date & Time: Sat. December 13th - 1 pm & 4 pm
Price: Children $2.00; Adults $4.00
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HOROSCOPES

Nov. 30-Dec. 6

Aries – March 21/April 20
A skirmish with a friend gets you extremely mad early in the week, Aries. However, before you end the relationship, think about how much this person means to you. He or she always has been there for you; don't let this slip away. A loved one needs your help. Be supportive.

Taurus – April 21/May 21
Even though you try to keep your feelings for an acquaintance a secret, you wear your heart on your sleeve whenever you're with him or her. Be yourself, and you're sure to win his or her heart. A problem at home gets you upset. Turn to a loved one for advice and help. Things will be back to normal soon. Leo plays an important role.

Gemini – May 22/June 21
You need to be in two places at once during the middle of the week, Gemini, in order to get important matters taken care of. Since this just isn't possible, take some time to get your priorities in order. It's the only way to accomplish anything. A close friend is in trouble. Do what you can to help.

Cancer – June 22/July 22
While you really want to take credit for something you didn't do, your conscience won't let you, Cancer. Don't be angry with yourself. Instead, be proud that you did the right thing. That special someone has a romantic evening planned. Enjoy yourself. Sagittarius plays a key role early in the week.

Leo – July 23/August 23
You're on top of the world this week, Leo. Everything is going well, and people are acknowledging your efforts. However, don't let this praise go to your head; keep working hard. A friend introduces you to an interesting person, but don't get your hopes up. He or she is involved with someone.

Virgo – Aug 24/Sept 22
You're on pins and needles this week. You're waiting for some important news, and it's due very soon. Don't worry — you'll hear the words you've been hoping for. A business associate reveals his or her true feelings for you. While you're shocked, say yes to a date. It's sure to be a good time.

Libra – Sept 23/Oct 23
A family argument has you worried, Libra. There's no need to fret; everything will work out for the best. You run into an old friend and want to rekindle the relationship. Ask him or her out on a date; he or she won't say no. You can catch up on what has been happening with both of you. Scorpio and Taurus play important roles.

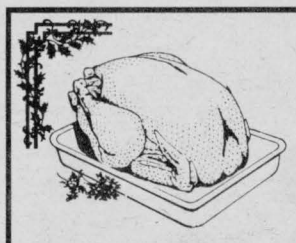
Scorpio – Oct 24/Nov 22
A co-worker's harsh words really hurt, but you can't let them get to you. Remain calm, and keep working hard. Superiors have their eyes on you to see how you're going to react. That special someone you've been seeing breaks a date. Get all of the facts before you get angry, or else you could say something that you regret.

Sagittarius – Nov 23/Dec 21
You need to be brave this week, Sagittarius. Shocking news from a loved one makes everyone in the family nervous. Try to remain calm and help people understand the situation. A close friend needs you to be his or her date on Friday. Help him or her out. Your efforts will be appreciated.

Capricorn – Dec 22/Jan 20
Your admiration for a loved one clouds your judgment when you find out that he or she has made a bad decision. Don't let your feelings stop you from seeing what's right and what's wrong. You've got a quiet weekend ahead of you. Enjoy it.

Aquarius – Jan 21/Feb 18
You're certainly full of surprises early in the week, Aquarius. You take on a lot of extra responsibilities and help relatives and friends out when problems arise. They all appreciate everything you do. A chance encounter in a store brings you together with an intriguing person. Ask him or her out.

Pisces – Feb 19/March 20
Your compassion is wearing thin by week's end. It seems as if everyone wants your sympathy. Before you get angry with the wrong person, take some time for yourself. Clear your mind, and relax a little. It's the best way to get back to your old self again. Virgo plays an important role.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Holiday Safety Tips

Ensure that all electric lights and connections are in good working order.

Turn off the lights when leaving your home or retiring for the night.

Never use combustible decorations or lighted candles on a Christmas tree.

The best protection for a tree is moisture. Because of its high moisture content, a fresh tree is naturally fire resistant and will remain so with a continuous supply of water. In a bulletin dated November 5, 1988, T. J. Dunfield, Fire Commissioner of Canada stated, "Christmas trees with their butts immersed in water will remain safe from ignition by a point source of heat for at least three weeks, if installed reasonably fresh".

Each Christmas, recommendations are circulated for 'fireproofing' Christmas trees by spraying them or adding compounds to the water in the tree stand. some of these may increase the fire resistance of trees.

Operation Santa Claus



The Cornwall Loyal Order of Moose 1367 is proud to announce "Operation Santa Claus". The lodge has set up drop off points at various Cornwall locations where you can donate a new or used toy which Santa will make sure gets to those deserving kids in the community.

Pictured is Don Denneny, Community Services Chairman with Kevin Raymond of WalMart who graciously set up a drop off barrel.

(photo by Aubrey Johnson)

Selecting and Caring for Your Real Christmas Trees

"Choosing a real Christmas tree is a fun outing for the whole family and easy to do," says Joan Geiger, Associate Executive Director of the National Christmas Tree Association. She suggests a few simple steps for selecting the perfect tree.

In most households, the holiday season didn't begin until the family went to the local lot or tree farm to pick out their tree. Then, the whole family would decorate the tree. Gifts would be wrapped and placed underneath it. And, on Christmas morning, the family would once again join around the tree waiting for the festivities to begin. The scent, aroma, and the real tree itself were an integral part of the family unity as well as the holiday season itself. This tradition continues to this day as more than 37 million families celebrate with a real Christmas tree.

The celebrating of Christmas with a real tree has been a tradition for over 400 years. At one time, all Christmas trees were cut from natural stands (or straight out of the forest). As you can imagine, these wild trees looked nothing like today's professionally grown and sheared trees. Today, 98% of trees are grown on plantations. These plantations may sell them to local lots, or act as choose and cut farms

where people go to select and cut down their own fresh tree.

To make your tradition a more memorable and pleasant one, we'd like to offer a few helpful hints when selecting a tree:

- Do a freshness test. Gently grasp a branch between your thumb and forefinger and pull it toward you. Very few needles should come off in your hand if the tree is fresh. Shake or bounce the tree on its stump. You should not see an excessive amount of green needles fall to the ground. Some loss of interior brown needles is normal and will occur over the lifetime of the tree.
- Once you've chosen your tree, keep it in a sheltered, unheated area such as a porch or garage to protect it from the wind and sun until you are ready to decorate it.
- Before you set up your tree, make a fresh, straight cut across the base of the trunk (about a quarter inch up from the original cut) and place the tree in a tree stand that holds a gallon of water or more.
- Warning: Keep the tree stand filled with water. A seal of dried sap will form over the cut stump in four to six hours if the water drops below the base of the tree, preventing the tree from absorbing water later when the tree stand is refilled. If a seal does form, another fresh cut will need to be made.
- A tree will absorb as much as a gallon of water or more in the first 24 hours and one or more quarts a day thereafter. Water is important because it prevents the needles from drying and dropping off and the boughs from drooping. Water also keeps the tree fragrant.
- In addition, keep your tree away from heat and draft sources like fireplaces, radiators and television sets. Test your light cords and connections before hanging them on the tree to make sure they're in good working order. You don't want to use cords with cracked insulation or broken or empty sockets. Also be sure to unplug the lights before you go to bed or leave the house. Never overload electrical circuits.

Sensible precautions such as these will help preserve the unique beauty and tradition that only a real Christmas tree can provide.

Natural Christmas Tree Buying Guide

There is nothing like a real tree, grown right here in Ontario, to enjoy at Christmas time. The look, the scent, and the very feel of a natural tree are integral parts of the warm, homey atmosphere of our most festive season. To ensure this year that your tree adds more charm than needles to your Christmas decor, here are a few tips on buying the freshest tree you can find and how to keep it that way:

Selection

The most popular trees available to consumers in Ontario are Scots pine (medium length needles), Spruce (short, sharp needles) and Balsam fir (soft, aromatic needles). Whatever your preference, pick a tree with strong green colour and a noticeable fragrance.

To ensure your chosen tree is fresh, lift it a few inches off the ground then bang it down on the stump end. The outside needles should not fall off in great quantity, although the inside ones shed naturally every year.

If bent gently, an unfrozen needle from a fresh tree should bend rather than break.

Care

Store the tree in a sheltered but unheated area such as a porch or garage until ready to use.

When you bring the tree indoors, cut about one inch off the butt end to open the tree stem and allow water intake.

Place the tree in a stand that holds a generous supply of water and top it up daily. If the water drops below the end of the trunk, the stem may re-seal itself and require a fresh cut.

Keep the tree away from all sources of heat and drying including radiators, furnace ducts, television sets, fireplaces and windows with a direct exposure to the sun.

Remove the tree within 10-14 days. After that amount of time in a heated building, even the freshest tree will begin to dry out.

Safety

Ensure that all electric lights and connections are in good condition.

Turn off lights when leaving your home or retiring for the night.

Never use combustible decorations or lighted candles on a Christmas tree.

The best protection for a tree is moisture. Because of its high moisture content, a fresh tree is naturally fire resistant and will remain so with a continuous supply of water.

(Information supplied by The Christmas Tree Growers Association of Ontario)

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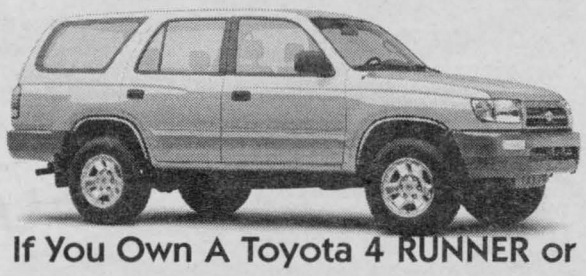

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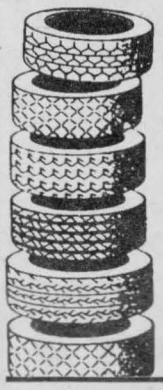

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Decorating the Home Can Be Quick, Easy and Festive Project



A FRUIT BASKET adorned with a bow can make a beautiful holiday decoration in the home.

Decorating the home is an important part of the holiday season. Children and adults alike can't wait to trim the tree, hang the stockings and string the lights. For many, it's as traditional as Christmas dinner itself.

However, it seems like the holidays get more hectic every year, giving people less time to put up all of their decorations. Thankfully, decking the halls doesn't have to be a time-consuming project. In "365 Ways to Prepare for Christmas" (HarperCollins), author David E. Monn offers people quick and easy decorating ideas that can fill their home with the holiday spirit in virtually no time at all.

- Lay sprays of evergreens on the mantelpiece, thread a string of white lights (on green wire) through them, and nestle some collectibles amid the greens.
- Place several different sizes of poinsettia plants in cachepots or baskets, and add trailing ivy.
- Cover the mantel or a wide windowsill with a bed of Spanish moss, and tuck in pieces of ivy and holly, pinecones, and some nuts and fruit.
- Fill cachepots, terra-cotta pots or baskets with pinecones, and place them on the mantel or windowsills.
- Use wooden bowls, baskets, and stoneware and ceramic pitchers and cachepots for a country or rustic look.
- Festoon gates, railings and lampposts with garlands of greens dotted with pinecones and holly; add strings of white lights.
- Drape a long rope of greens over the front door, letting it fall halfway to the ground on each side. Attach a red velvet or satin bow over the doorway, and encircle the garland with a streamer of the same ribbon. Frame the entry further by placing a full red poinsettia plant on each side of the doorway.
- Hang a holiday wreath with a 4-inch-wide silk ribbon right onto a mirror in the entryway or over the mantelpiece.
- Fill a woven basket with large pinecones interspersed with clusters of delicate baby's breath; thread tiny white lights throughout, hiding the wires under the pinecones.
- Tie an iridescent wire-edged ribbon around a basket holding fruit, and finish with a festive bow.
- Place extra mirrors around the house during the holidays to add to the glow by reflecting and multiplying the special effects of your decorations.
- Wind strands of tiny white Christmas lights and greens around and up the banister; tie large plaid ribbons along the way.
- Place a poinsettia or flowering plant on every step, peeking through the banister.
- Hang flat snowflake ornaments on the fire screen to create an interesting illusion against the warming blaze.
- Use a galvanized pail for an ice bucket, and tie a big calico bow or two Western-style bandannas around it for a casual country look to add a festive touch to a party.



Spread the Holiday Spirit the Whole Year Through

Gathering loved ones together to decorate the tree ...

Baking — and eating — cookies with the children ...

Throwing a party for friends and neighbors ...

Spending a cold night in front of the warm glow of a fire with that special someone ...

People are always busy during the holidays, whether they are preparing for a traditional family Christmas or enjoying holiday festivities with friends. From decorating their home and baking desserts to shopping for gifts and visiting relatives, things can get hectic.

With all of the hustle and bustle, it is easy for people to forget the true meaning of the season — "peace on Earth and goodwill toward men."

Instead of spreading joy, they often argue over a parking spot at the mall and push through crowds to get that last doll on the store's shelf. Unfortunately for some, the stress of everyday living only gets worse during the holidays.



Christmas is a time when people should relax and enjoy the happiness that infuses the season. They should let the warmth and generosity of the holidays fill their hearts, instead of allowing a hectic sense of urgency to overwhelm them. They should spread this joy to their family, friends, neighbors and even strangers on the street.

Whether remembering the wonderful holidays they spent with their grandparents when they were little or planning a festive celebration for their own children and grandchildren, it isn't difficult for people to be filled with the spirit of the season. A feeling of harmony is in the air, bringing people from far and wide together. They can share their time, their thoughts and even special gifts with each other, and without trying very hard, they can forget about the problems they had just a short while ago.

Christmas is a time of reflection and rejuvenation, allowing people to recover from their hectic daily lifestyles. This feeling of calmness, an essential part of the holidays, can help people prepare for the new year ahead of them. With refreshed mind and spirit, they can look toward the future with optimism.

However, once the holiday season has passed, many people forget about the changes they planned and revert to their old lifestyle — stressful, frustrating and too busy to enjoy the pleasures of life. The peace and tranquility they felt just a short time before is gone.

This year, they should let the spirit of the Christmas season live within them throughout the year. Not only will they be happier, but their kindness can brighten another person's life, and hopefully, that person will spread this joy to others. This is just a small way to help make the world a better place for everyone to enjoy.

So, when writing down their Christmas wishes, people should add the hope that the holiday spirit lasts the whole year through.

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SEAWAY Sports

Golden Age Bowling

Rumour has it his Worship, Mayor Dick Aubry will be our guest bowler for our first tournament this season "I Beat The Chief". Need help your honour? Councilling from Eric is a no-no, YBC councillor Roy, well maybe, Sue would be a distraction. I'd go with the pin boy, have him trip the string machine.

Good luck. Make it a day to remember, bowling is fun, fun is participating. Just being able to be there is a bonus some days.

High team honours for the week in golden age action saw the Cheetah roll an 1147 single and a three game total of 3115. Bowling for the Cheetah were: George Belmore, Conrad Godard, Douglas Gordon, Dorothy Charland, Mildred Vialette and Georgina Zakaib.

HIGHS ROLLED: William Akkermans 226; Clarence Bethune, 223; Shirley Eastman, 221; Pierre Vialette, 218; Rene Amelotte, 216; Bill MacPherson, 211; Eleanor Dennis, 210, 207; Cliff Merpaw, 210; Gerrard Ouimet, Bill Wilson and Dollard Morin all with a 205; Tony Wheeler, 203; Robert Summers, 201.

Attendance winners were: Lionel Boileau, Morgan Fobert, Janet Dumoulin, Conrad Godard, Royal Mayer and Veronica Boileau.

Cornwall Tire Bantam "A" Royals Undefeated

After 14 regular season games, the Cornwall Tire Bantam "A" Royals are still undefeated. They have 12 wins and two ties and are in first place in the Ottawa League. In their last four games, they finished with 3 wins and a tie.

On November 3rd, at home against Osgoode, the Royals skated to an easy 6 to 3 victory. Shawn Chartrand led the way with a hat trick, Nick Dube had two goals and one assist and Jamie Leger had the other goal. Scott Champagne set up his teammates with 3 assists.

The next game was the one everyone was waiting for, against second place East Ottawa. The Royals were ready for this one. They badly outplayed the visiting team and skated away with a 6-1 win.

The whole team played extremely well! Mike Dube had a hat trick with the other goals going to Jamie Leger, Scott Champagne and Dale Ferguson. Shawn Chartrand had three assists.

The next two games were a totally different story with Royals offense being limited to only a total of three goals. But this time it was the goaltenders Cale Mulligan and Marc Lapointe who came out big and limited the opposition to only two goals.

The first game ended up in a 1-1 tie against the Cumberland Barons. John Pecore scored the Cornwall goal.

The next game was in Cornwall, against Nepean. This fast paced, exciting game finished in a 2-1 win for the Royals, with Scott Champagne and Shawn Chartrand doing the scoring for the Royals. Marc Lapointe was denied the shutout with a minute left in the game.

"Red" Dupuis' team so far has displayed excellent team spirit, as well as hard work, and are reaping the benefits holding first place in the league.

Seaway Valley Major Bantam AA Hockey

The Cornwall Tire Seaway Valley AA Major Bantams managed a win sandwiched between two consecutive losses to the District III Cobras, on November 19th and November 23rd. The fast, smoooth skating Cobras scored repeatedly and almost at will, winning 9-1 and 12-3 in the two games they played against the Rapids. The Rapids only goals were scored by B.J. Pelkey, Matthew Verdone, Dominic Decoeur and Jeremy Leroux.

The Rapids' win came at the expense of Cumberland on November 22nd. The Rapids' power play finally clicked when they opened the scoring at 11:57 of the first period. Jeremy Leroux scxored the goal on a feed from Luc Lanthier. At the 10 minute mark, Seaway scored on its second power play opportunity with Luc Lanthier netting the goal when he skated out from the corner unmolested. The assists went to Dominic Decoeur and B.J. Pelkey.

The Rapids increased their lead early in the second period when Verdone scored just as a Cumberland penalty expired. Assists went to Leroux and Danny Lafave. The Rapids' third power play goal of the game came mid-way through the second period with Decoeur scoring on a pass from Eric Larocque.

The third period was uneventful and the game ended with goalie Craig Helmer going home with a well deserved shut out, 4-0.

South Stormont Atom Selects Win The Championship in Hawkesbury

The Selects started their tournament unable to capture a win in Game #1 Saturday against the Cumberland Barons. With the Barons ahead by two goals and the Selects pressing, the Selects were able to get only one past the Barons goalie. Scoring the single goal for Stormont was Liam Tyrell with assists credited to Tim Hebert and Chris Sommers. The Selects knew they had to win the next game or go home empty handed. With this in mind and determined not to give up Game #2 against the Alexandria Glens, they came on strong in the beginning. Not looking back, the Selects secured a return visit for Sunday with a 6-2 win. Goals were by Tyrell (2), Michael Carbino, Ian McKay and Cameron McPherson (2). Assists helping with the win were Sommers, Michael Crawford, McPherson, Carbino (2), Tyrell and Hebert (2). A win in Game #3 would place the Selects into the finals, but first a rematch game was to be played against the Selects rivals, the Barons. Determined to win what they tried on day one and with the overwhelming support of their fans, the Selects came on strong from the first whistle. Both teams put on the pressure, skating up and down the ice, shooting on both goalies looking for that opening. The Selects managed to come out on top with a win of 3-2. Goals are credited to Sommers, Hebert, and McPherson, with assists from Colin MacKler, Addison Pelkey, Tyrell, Sommers, Carbino and MacKay. The final game was against the hometown Hawkesbury Hawks. The Selects with a slow start came on strong as the game progressed and went on to win 5-1 for the championship. Goals to bring home the cup were Sommers, Pelkey, MacKay, Carbino and Mark Geneau. Assists came from Hebert, MacKay, Sommers and Carbino. All players showed a lot of heart. Hockey was at it's best in Hawkesbury.

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Minor Hockey update

Shalteck Atom "A" Suffer Heartbreaker

Hoping for a win and willing to compromise with a tie, diminished with 1:50 remaining on the clock as the Nepean Raiders downed Shalteck 4-3 in Sunday action.

Shalteck trailed each period by one goal until Corey Gove tied it up in the third. Assisting the goal were Brad Crepeau and Cory Bough. Singles were scored by Ian Boots in the first, being assisted by Glen Belmore and second period goal scored by Janick Lalonde, assisted by Boots (2) and Belmore (2).

Three encouraging periods were played by the whole Shalteck team with credits going to Joshua Brownlee, Cody Legue, Joel Langlois and Chris Matte on defense, who cleared the zone and protected the net. Chris Gadbois faced 17 shots in the Shalteck net with Shalteck returning with 13 shots.

South Stormont Atom Selects II

On Wednesday, November 19th the Selects travelled to Spencerville to play the South Grenville Rangers. With no wins recorded to date, the Selects set out in fine form. Opening the scoring for the game was Andrew Beaulieu with Adam Kirkey assisting. The Rangers rallied back for a tie. Early in the second, the Rangers plugged one more past Max Millar to take the lead. Down but not out, the Selects came back with a goal from Corey Tinkess on a three way pass from Corey DeRooy and Brendan Timmers. Having some really good shifts, the Selects worked 'til the bitter end. Brendan Timmers rifled one hard past the Rangers with .44 seconds remaining, unassisted. Splitting the goaltending, Matthew Leroux, and Max Millar did a fine job. With the Selects outshooting the Rangers, they continue to be winless after a close 4-3 loss.

Travelling to Brockville on Friday, November 21st, the Selects played hard but were unable to beat the Warriors goalie as they were downed 1-0. On Saturday on home ice against the Kemptville Panthers, the Selects suffered another loss 3-0. Even with the Selects outshooting the Panthers 28-14, they couldn't connect to even up the game.

On Sunday the Selects hosted their final game against Morrisburg Lions. Keeping the Lions at a close match 'til near the end of the second, they took the loss of 5-0. Max Millar played excellent goaltending to fend off the hungry Lions.

After a 6 game streak, the Selects look forward to break in games and a chance to regroup.

Lally Blanchard Major Peewees

On Monday, November 17th, the major peewees played Gloucester. They came up short, losing 4-3. Two goals were scored by Peter Barnett and another by Nicolas Dasneves. Assists went to Mike Lauzon, Steven Jarvo and Steven Stewart. Back home on Sunday, they were defeated again. This time by Kanata. The final score was 3-2. Steven Jarvo and Nicolas Dasneves were the scorers. Mike Lauzon got an assist on the first goal. Hope your luck changes soon boys. Keep on trying.

Cornwall Tire Novice B Play Hot and Cold

The Cornwall Novice B travelled to Long Sault to revenge their only loss of the year two weeks earlier, and came up with a hard fought 2-1 victory over South Stormont. The Cornwall team held the home team to only 5 shots for the game and sealed the victory on a third period goal from Eric Lemire with assists going to Christopher Ayotte and Cory Thomas. Scoring earlier in the game was Christopher Ayotte with the assist going to Eric Lemire. Cornwall then hoasted visiting Morrisburg and played one of their best games of the year in winning 8-1. Scoring for Cornwall were Vincent Quesnel (2), Eric Lemire (2), Cory Thomas, Devin Brunet, Christopher Ayotte and Jarrett Racine with assists going to Racine (3), Scott Gallant (3), Lemire (2), Ayotte, Brook DiGiosia, Pat Mainville and Mario Bissonnette. The goaltending team of Nicholas Filion and Pat Quenneville were strong in nets making difficult saves on three break aways.

The Cornwall Tire Novice then faced off against an inspired and much improved Akwesasne squad at Si Miller and took an early 2-0 lead on goals from Eric Lemire and Cory Thomas with assists going to Lemire, Thomas and Jarrett Racine. This first period lead got chipped away by the visiting team and both teams were tied going into the third period. The game was ended early due to lack of time and the team finished the contest with a 2-2 tie with Cornwall outshooting the Akwesasne team 26-8.

Cornwall rebounded from this tie and played a strong game in Maxville defeating them 6-1 on a strong game from Eric Lemire who scored three goals and assisted on two others. Also scoring for Cornwall were Jarrett Racine, Devin Brunet and Vincent Quesnel with assists going to Mario Bissonnette, Scott Gallant, Cory Thomas and Christopher Ayotte.

The team finished its two week schedule at Alexandria and were outplayed and out skated by the home team in dropping a 4-2 contest. Scoring for Cornwall were Vincent Quesnel and Eric Lemire with assists going to Devin Brunet and Nick Gaudet. Throughout this period the defensemen on the team, Bissonnette, Mainville, Piche and Gaudet played strong which allowed the team to post a respectable 1.65 goals against average.

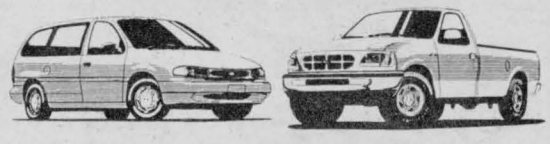
South Stormont Novice Selects

On Friday, November 21st, the South Stormont Novice Selects hosted Williamstown in Long Sault and came away with a 4-2 victory. Sheldon Wells led the Selects by picking up four points in the game with two goals and two assists. Jesse Smith also had two goals and Corey Fleury picked up an assist. The Selects came back with a strong finish after being down 2-0 earlier in the game.



On Sunday the Selects visited Prescott for an exhibition game against South Grenville. Jesse Smith continued his scoring streak by pocketing two goals in a 3-2 victory. Anthony MacDonald also scored once while Corey Fleury, Sheldon Wells, Adam Jodoin and Taylor Letford assisted on the goals.

0% FINANCING



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COACHING TIPS

Presented by: 3M

Making sport better for children

(NC)-Sport has many positive benefits. If you accentuate these benefits in your practices, in the ways suggested below, you can help make sport a special experience for children.

Friendships

- Call each child by name
- Have the children learn each other's names as well
- Speak to every child at every practice
- Help children who may be shy
- Use partner and small group activities
- Rotate partners and members
- Organize team events
- Involve parents

Skill Development

- "Talk an ounce, practice a ton"
- Design activities to minimize waiting
- Vary drills
- Create challenges
- Give children activities to practice at home

Fitness

- Develop habits of stretching, warming up, and warming down
- Set a good example

Fun

- Make sure every child experiences some feeling of achievement
- Scale down your sport if necessary
- Provide sufficient equipment
- Have a rewards system
- Ensure different children win each week
- Cultivate you sense of humour

Success and Self-Worth

- Have realistic expectations
- Emphasize performance, not results
- Measure and reward individual improvement
- Offer specific, honest praise
- Provide constructive "try this" feedback
- Give personal attention to each child

Positive Values

- Stress teamwork
- Play by the rules on and off the "field"
- Discourage cheating, reinforce fair play
- Be happy but humble in victory, dignified in defeat
- Be proud of your efforts

For more information on coaching skills and the 3M National Coaching Certification Program, contact the Coaching Association of Canada, 1600 James Naismith Drive, Gloucester, Ontario, K1B 5N4, (613) 748-5624

What Stage are You At?

Becoming active occurs in stages, with steps forward and steps backward. Determine where you stand personally by checking the statement below that best describes your current physical activity pattern.

❑ *I am not currently active, I have not done any activity for a long time, and I have no intention of becoming active in the near future.* Right now, you're in a stage of precontemplation. Individuals in this stage sometimes report difficulties such as an illness or an injury as a barrier to participation. According to the 1995 Physical Activity Monitor, conducted by the Canadian Fitness and Lifestyle Research Institute, less than 2% of the Canadian population are at the precontemplation stage. Tip: Read up on the benefits of physical activity.

❑ *I am not currently active, I have not been active over the past 12 months, but I intend to be so in the foreseeable future.* You are currently in the contemplation stage. Only 4% of Canadians are contemplators. They are aware that being inactive is a problem and are seriously considering taking some steps to address the problem. Tip: Try substituting as many active behaviours to sedentary behaviours as you can. Take the stairs instead of the elevator. Walk or bike for short errands. Play with the kids.

❑ *I was active at times during the last 12 months, I am no longer active, but I intend to resume physical activity in the future.* For the time being, you are in relapse from physical activity, along with 16% of Canadians. You are at greater risk of relapse if you are 25 to 44 years old and if you are a woman, perhaps because of family responsibilities. Tip: Plan how you can get around the obstacle that tripped you in the first place.

❑ *I have recently become active after a period of irregular or no activity over the past 12 months, and I intend to stay active.* You're on the way to developing a crucial health habit. You have lots of company: 42% of Canadians are in the action stage. Women are more likely than men to be in this stage. Tips: Seek and use the support of caring friends in your attempts toward exercise. If you miss a session, make a point of getting to the next one to regain your momentum.

❑ *I have been regularly active for the past 12 months, I am currently active, and I intend to stay active.* Congratulations! You have achieved a stable pattern of physical activity and are in the company of 34% of Canadians in the maintenance stage. Men and women are equally likely to be in this stage. Tips: Keep your activity program interesting by including a variety of activities.

SEAWAY Scoreboard

United Counties Ladies' Basketball

Game #1

Laframboise	38	Rat's Nest	34
Top Scorers Laframboise:	Nicole Viau Christiane Davidson		
Top Scorers Rat's Nest:	Catherine Gagnon Karen Houle		

Game #2

Ray-Co Sports	50	St. Lawrence College	27
Top Scorers Ray-Co:	Susan MacGillis Lorie Lamer		
Top Scorers SLC:	Maureen Benton Joanne Tessier		

Game #3

Star Gazers	53	Emard Bros.	26
Top Scorers Star Gazerrs:	Heather Durant Joclyn Kelly		
Top Scorers Emard:	Shannon Bergeron Julie MacDonald		

Game #4

B&M Motors	44	Cornwall Gravel Pits	28
Top Scorers B&M:	Paulette Poirier Tara Laflesh		
Top Scorers Pits:	Sandy MacDonell Donna MacGregor		

Men's Commercial Bowling League

INGLESIDE BOWLING LANES

	pts this wk	total
Heagle Plumbing	17	188
Causeway Auto	21	182
Computer Sense	8	180
Gauthiers	14	167
Bruce Anderson Const.	17	162
Craigs Electric	10	153
Max Auto	15	147
Ingleside Lanes	6	122

High Triple:
Garry Brownlee 755 — Mike Brunet 749

High Single:
Bob Heagle 329 — Morris Dusomos 319

Heagle Plumbing got big games from Bob Heagle (329) and Morris Dusomos (319), to squirt into first place. Garry Brownlee's 755 triple helped Causeway Auto move into second place.

CUCBA Bantam Boys Basketball

	W	L	T	PTS
Heat	4	0	0	8
Hornets	3	1	0	6
Rockets	2	2	0	4
Bullets	1	3	0	2
Sonics	1	3	0	2
Magic	1	3	0	2

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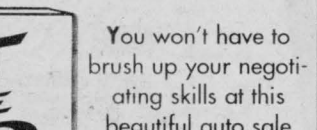

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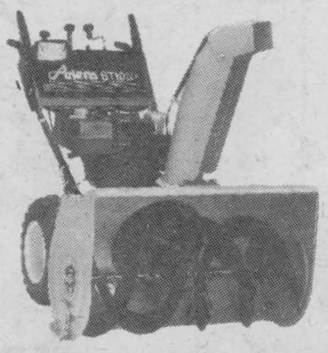



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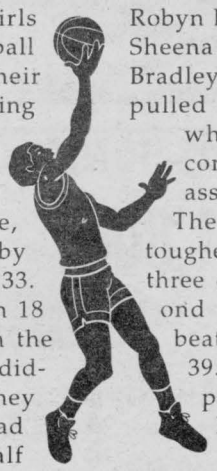
CUCBA Midget Girls Basketball



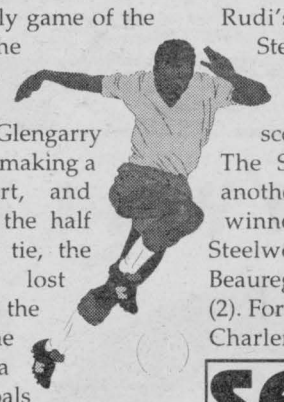
Cornwall Lion's Midget Girls Travelling Basketball team started their season on a winning note this weekend in Nepean. The Lions won the first game, defeating Kanata by a score of 42 to 33. The Lions took an 18 to 8 point lead in the first quarter and didn't look back. They increased their lead by 15 at the half and allowed Kanata to edge back to within 9 to finish the game. Nine Cornwall players contributed to the score, led by Robyn DeGray with 14 and Sheena Butt and Tracey Bradley with 6 each. Robyn pulled down 9 rebounds while Tracey Bradley contributed with 5 assists.

The Lions had a tougher battle in the first three quarters of the second game, eventually beating Nepean 47 to 39. Cornwall led by 3 points at the half, but let Nepean steal the lead in the third quarter. Cornwall outscored Nepean 15 to 7 in the fourth quarter to win the game. Again, nine players contributed to the scoring, led by Jennifer Baker with 16, Sheena Butt with 8 and Tracey Bradley with 6. All players contributed in the rebounding and assists.

The Midget Lions, a relatively new team with only four players returning from last year, had only four practices before these games. Coach Jim Fourney was very happy with the defensive effort put forward by this new team.

The Lions next games will be against Gloucester and Kemptville in Gloucester on Sunday, December 7th.

Char-Lan Indoor Soccer



In the early game of the night, the Hellfish came up against the Glengarry Stars. After making a strong start, and going into the half with a 0-0 tie, the Hellfish lost steam and the Stars came away with a 4-0 win. Goals by B. Cameron, C. MacSweyn and 2 by T. McCuaig.

In the middle game of the night, the newly named Steelworks (formerly the Zone) were pitched against Rudi's. At half time, the Steelworks went in with a 2-0 lead, but Rudi's rallied after the break, scoring 2 of their own. The Steelworks put away another goal to finish 3-2 winners. Scorers for the Steelworks were Chad Beauregard and Gab Gratton (2). For Rudi's - Taffy Pye and Charlene Willard. In the 9 o'clock game, the Steelworks were out again, this time against the Nomads. The inexperienced Nomads were no match for the Steelworks who scored 4 in each half for a 8-0 victory. Ben Pregent got a hat trick with 2 each for Gab Gratton and Dimitrios Tagianis and a single for Ryan Kilger.

Cornwall Indoor Soccer League

Men's Division I

Seaway Valley Strikers handed Char Lan a 13-5 loss in men's first division play. Dan Menard registered four goals, Pete Seguin had a hat trick, while Sean Henderson, Jason Charbonneau and Brent Celone each scored twice for Strikers. Char Lan got a hat trick from Tim McCuaig and singles from Leslie Bradshaw and Jamie Myers.

Rudi Payer Sports blanked Mr. Sub 3-0. Kleran Kennedy scored twice and Gareth Pye added a single for Winners.

Filion Trophy got goals from Frank Chartrand and Gabe Gratton in a 2-0 win over La Maison.

Wolfclan Truckstop routed Backstages Restaurant 8-5. Mike Wheaton scored four times, Brian Philips had a hat trick and Rick Gladding singled for Wolfclan. Kurt McDonald three, Chico Teodoro and Zoltan Moori scored one each in the loss.

Men's Division II

Hardy Seeds Sonic dumped Motard's Advertising 9-1, as Lee Schwerdfeger and Doug Winters each scored a hat trick. Other goals were registered by Dave Van Bruinessen, Don Vremen and Steve Simpson. Andrew Belmore scored for Motard.

In other action, St. Lawrence Sharks and Harvey's Restaurant played to a 5-5 tie. Tom Melegh notched in a hat trick, Gervais Larouche and Steven Proctor each had a marker for Sharks. Harvey's got goals from Rossario Spagnola, Steve Szabo, Jason Riley, Thanh Vu and Steph Lebrun.

Winners beat Cosmos 6-0. Eddie Osmar scored a hat trick, singles were added by Dan Armstrong, Chris Merkley and Terry Van Allen.

Women's Division I

Rasio Chemicals Canada and Minimax Hearts battled to a 1-1 tie. Josse Lefebre scored for Rasio and Shonna Atchison for Minimax.

Seaway Valley Strikers eked out a 3-2 win against Atlantic Alexandria. Julie Gallinger, Carrie Rose and Lynn Struthers had the Strikers goals. Christine Villeneuve netted both goals for Atlantic.

Blazers Red Hots trimmed the Blazers U-19 2-1. Laura Scruggs and Jill Serguson accounted for Red Hots. Laura Anderson replied in the loss.

Women's Division II

Second-place Electric Bergeron kept the pressure on Dragon L'Heritage, defeating them 7-1. Hannah Papp connected three times, Alison Kirkey had a pair and singles came from Lesley Knight and Josee Dicaire for Bergeron. Francine Fitzsimmons had the lone goal for Dragons.

Anitta Bessette had a hat trick, Nancy Dalton and Pam Delaney singled in Freeman's Spitfire 5-2 victory over Bold Bright Signs. Tanya Marsolais had both goals for Bold's.

Jennifer Berard and Julie Quesnel each connected for Healy Motors in a 2-1 decision over St. Lawrence Sharks. Katie McDougald responded for Sharks.

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92 PLYMOUTH ACCLAIM, 4 dr., 6 cyl., auto., air,	$6,495	88 PONTIAC TEMPEST, 4 dr, 6 cyl., auto.,	$4,495
		86 FORD BRONCO II, 2 dr., 6 cyl., 5-spd., AS IS,	$2,200
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1.	Harvey Litalien	119	177	296	41
2.	Samantha Pettem	114	175	289	37
3.	Mario Litalien	131	156	287	45
4.	Yvon Brunette	121	162	283	37
5.	Floyd Emburg	113	169	282	28
6.	Paul Beaulieu	103	179	282	32
7.	Lee Leblanc	122	159	281	42
8.	Lyn Anderson	114	165	279	26
9.	Joel Lalonde	115	161	276	29
10.	Viola Lalonde	108	168	276	29
11.	Ron Gendron	104	171	275	28
12.	Brian McKinley	123	149	272	32
13.	Debbie Reynolds	110	162	272	35
14.	Ray Bourdon	113	158	271	32
15.	Jerry Sauve	111	159	270	27
16.	Larry Tyo	122	148	270	40
17.	Jacqueline Emburg	99	171	270	24
18.	Wm. Lee Hart	117	152	269	45
19.	Tom Baker	125	144	269	37
20.	Bernie Larue	125	143	268	38
21.	Jenna Lamarche	116	152	268	37
22.	Pete Bowen	106	161	267	32
23.	Brian McMillan	111	154	265	39
24.	Danny Coillard	111	154	265	33
25.	Allan Lalonde	115	149	264	35
26.	Jim McDonald	108	155	263	31
27.	Anna Bougie	111	152	263	32
28.	Douglas Anderson	104	158	262	31
29.	Dave Pettem	107	155	262	36
30.	Aime Godard	98	164	262	43
31.	Jeff Webb	111	151	262	37
32.	Gerry Gillissie	111	150	261	40
33.	Alex MacDougall	101	159	260	39
34.	Berny Dirven	102	157	259	42
35.	Sandra Pettem	106	153	259	36
36.	Shelly Lamer	104	155	259	30
37.	Barbara Tyo	118	140	258	39
38.	Calvin Tyo	112	146	258	40
39.	Chris Renaud	110	148	258	39
40.	Ryan MacDermid	117	141	258	30
41.	Chris Gauthier	119	139	258	37
42.	April Taylor	123	135	258	45
43.	Victor Burns	126	131	257	50
44.	Howard Henry	98	159	257	36
45.	Paul Villeneuve	118	139	257	31
46.	Eric McCartney	109	148	257	41
47.	Chelsey Bourgeoi	106	151	257	44
48.	Cody Beauvais	101	155	256	40
49.	Pam Bowen	107	149	256	34
50.	Marty Landon	111	145	256	33
51.	Gary Belmore	119	137	256	41
52.	Rejean Gagne	106	150	256	35
53.	Jessie Lemire	123	133	256	44
54.	Andre Amyotte	102	153	255	36
55.	Paul Bourgeouis	113	142	255	32
56.	Vic Bourgeouis	107	148	255	42
57.	Stella Gagne	109	146	255	25
58.	Christi Lalonde	98	156	254	30
59.	Ryan Germain	114	140	254	39
60.	Stacy Makinson	101	153	254	35
61.	Kelly Ratayczak	116	138	254	39
62.	Dwayne Crawford	108	146	254	33
63.	Janet MacDonald	101	152	253	38
64.	Bryan Lamarche	110	143	253	34
65.	B. Denneny	121	132	253	48
66.	Loretta Bourgeois	115	138	253	41
67.	Eva Collins	101	152	253	27
68.	Diane Gillissie	106	147	253	33
69.	Mark Ratayczak	117	136	253	42
70.	Morris Lamer	98	155	253	37
71.	Suzanne Lalond	88	164	252	39
72.	Bernie Lemire	99	153	252	43
73.	Daniel Bourgeouis	102	150	252	44
74.	Sue Makinson	105	147	252	31
75.	Jessica Lamarche	98	154	252	37
76.	Lois Emburg	102	150	252	39
77.	Jessica Adams	107	145	252	28
78.	Eric Landon	99	152	251	37
79.	Robert Collins	92	159	251	24
80.	Armand Bissonnett	113	138	251	42
81.	Ronald A. Lalonde	109	141	250	50
82.	Daryl Bray	95	155	250	40
83.	Bill Makinson	99	151	250	42
84.	Chad Terrialt	112	137	249	51
85.	George Cronn	100	149	249	41
86.	Peter Dirven	115	134	249	32
87.	Brian Deschamps	117	132	249	50
88.	Claude Gauthier	125	124	249	33
89.	Randy Lafave	109	140	249	35
90.	Kathleen Bray	112	136	248	40
91.	Brian Laframboise	112	136	248	36
92.	Lucille Bissonnet	107	141	248	42
93.	Derrick Harrison	106	142	248	41
94.	Fern Bourdon	105	143	248	33
95.	Cassandra Trembly	102	146	248	25
96.	Kim MacDonald	111	137	248	26
97.	Roderick Burson	107	141	248	41
98.	Larry Mercer	95	153	248	46
99.	Dorothy McDonald	103	145	248	29
100.	Shannon Anderson	105	143	248	29

Greatest points increase is 56 points.
Shelley Merpaw is in 52nd.

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'90 OLDS. CUTLA	SOLD $5,995
'89 GMC SAFARI, 8 passenger van, V6	$6,995
'89 OLDS CUTLASS SUPREME INT, loaded	$6,995
'89 LINCOLN CONTINENTAL, Signature Series	$6,695
'89 PONTIAC SUNBIRD, turbo, convertible	$5,595
'89 MERCURY SABLE, 4 dr., V6, loaded	$4,295
'89 FORD MUSTANG, 2 dr., white, bra.	$3,995
'89 PONTIAC SUNBIRD, 2 dr., red, std	$3,995
'89 FORD TAURUS, 4 cyl., black	$1,695
'88 BUICK REGAL, V6, burgundy	$4,495
'88 PLYMOUTH VOYAGEUR, 7 passenger, V6	$4,995
'88 HONDA ACCORD EXI, loaded, one owner	$3,995
'88 OLDS CALAIS INT'L, black, loaded	$3,395
'88 MERCURY TOPAZ, red., low km	$2,995
'88 CHEV SPRINT, grey, AS IS SPECIAL	$1,995
'87 PONTIAC BONNEVILLE, maroon, low kl	$3,995
'87 FORD BRONCO, auto., red	$2,995
'87 OLDS CALAIS, two tone, SAFETIED	$1,995
'86 DODGE RAM, conversion	$3,995
'85 CHRYSLER TOWN & COUNTRY, wagon	$2,995
'84 OLDS REGENCY 98, brown	$2,495

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Ready For Anything

(NC)-Don't let your next roadside emergency give you a breakdown. Assemble your own travelling emergency road kit to prepare for most problems. Whether you are a new car owner or haven't yet though about emergency preparation, carrying these essentials can make the difference between inconvenience and disaster. They also make thoughtful gifts for someone you know with a new car.

One of the best tools in an emergency can be your cellular phone. Even if you don't know where you are, or are stranded somewhere remote, at least you can call for help. Be sure you also carry the card and phone number of your emergency service.

You won't get far with a dead battery, so carry a set of good quality jumper cables. Better still, check your battery at least twice a year and replace it if it's lost too much power.

The Canadian Automobile Association answered almost 300,000 call for tire service in 1995. Be sure your jack and spare tire are in the car at all times. Still, in many cases, you may break down in an area that's not safe or convenient for making a full tire change. And, of course, things like this have a way of happening when it is bitter cold outside and you forgot your gloves. You can spend less time risking life and limb on the highway by using a good tire inflator. These aerosols quickly seal most punctures and provide enough pressure to let you drive to the nearest garage. Prestone® Tire Jack™ inflator and sealer is the only tire inflator on the market that is both non-flammable and that won't freeze in cold temperatures. It contains acrylic resins to seal holes left by nails, glass and other sharp debris. It even passed the Prestone "Seven Nail Test," sealing the holes from seven heavy construction nails.

To make yourself visible to oncoming motorists, keep handy in your own vehicle a white cloth for tying on your antenna and flares and reflectors for breakdowns at night. Also carry a first-aid kit for emergencies. Bottled water and food are good to have for long waits, but tuck them away so you won't be tempted to dip into them on a regular road trip.

Before winter starts, review the contents of your kit and add items you'll want for cold weather: blankets, spray de-froster, an ice scraper, a traction aid and candles with matches.

Finally, remember that a well-maintained vehicle runs less risk breakdown in the first place. Avoid cooling system failure (the major engine-related cause of roadside breakdowns) by changing your antifreeze/coolant regularly. And, don't forget to fill the gas tank.

THE CAR DOCTOR

Peter Millard



Strange Sounds

(NC)—My 1988 Pontiac 6000 makes a strange noise when it's in motion. The noise seems to be coming from the rear wheels. I have checked all the obvious moving parts and can't see anything. Can you help?

R. L.—Lloydminster, SK

Some 1988 Pontiac 6000 models have a problem with the parking brake cable rubbing against the rear wheel and/or wheel weights. Your dealer should have a clip available to secure the cable to the rear axle control arm.

95 HONDA CIVIC LX
4 dr., auto, air, mint cond. 80,000 km
$11,800

may not be exactly as illustrated

96 FORD TAURUS GL, V6, loaded,45,000 km	$13,995
94 MAZDA 626, fully l	SOLD 00 km $12,500
94 FORD ASPIRE, 4 dr., auto, clean	$5,995
93 CHRYSLER INTREPID, fully loaded, 110,000 km	$9,200
93 OLDS ACHEIVA, 4 dr., 4 cyl., loaded, 110,000 km	$6,400
93 MERC. TOPAZ GS, 4 dr., auto, air, 90,000 km	$6,000
93 CHEV. LUMINA, 4 dr., 6 cyl., 109,000 km	$6,400
92 CHRYSLER LEBARON LX, 4 dr., 6 cyl., 75,000 km	$5,850
91 BUICK PARK AVE., Ultra, mint, loaded	$9,950
91 MAZDA PROTEGE, fully loaded, 77,000 km	$6,995
91 MERC. SABLE GS, full load, mint	$5,000
91 PONTIAC SUNBIRD, 4 dr., auto, 90,000 km	$4,250
91 CAVALIER WAGO	SOLD ,000 km $5,100
90 CHEV LUMINA, 4	SOLD 0 km $4,995
90 FORD PROBE GT, 5 spd., clean	$4,800
89 CADILLAC COUPE DE VILLE, mint, mint,	$8,450
89 SUNBIRD LE, 2 dr.	SOLD 00,000 km $3,495
89 VOLKS JETTA, auto, nice shape	$3,450
89 OLDS DELTA 88 BROUGHAM, clean, 160,000 km	$3,200
86 TAURUS, not too ba	SOLD $OFFERS
84 HONDA ACCORD, must be seen, 99,000 km	$?,???

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96 BOMBARDIER TOURING E, 380L, mint,	$4,200
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94 AEROSTAR XL SPORT, 7 pass., air, 100,000 km	$8,800
93 JEEP GRAND CHEROKEE, limited, 117,000 km	$17,995
93 AEROSTAR XL SPORT, 7 pass., loaded, 130,000 km	$6,995
90 AEROSTAR EXT, 7	SOLD $4,995
89 MAZDA MPV, 7 pass., loaded	$4,750
88 CHEV ASTRO LT, touring model, mint	$?,???
87 S10 4X4, certified	$3,850
86 S10 EXT CAB, 4x4	$3,995

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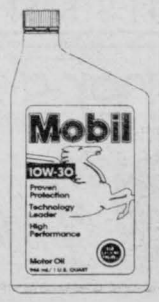
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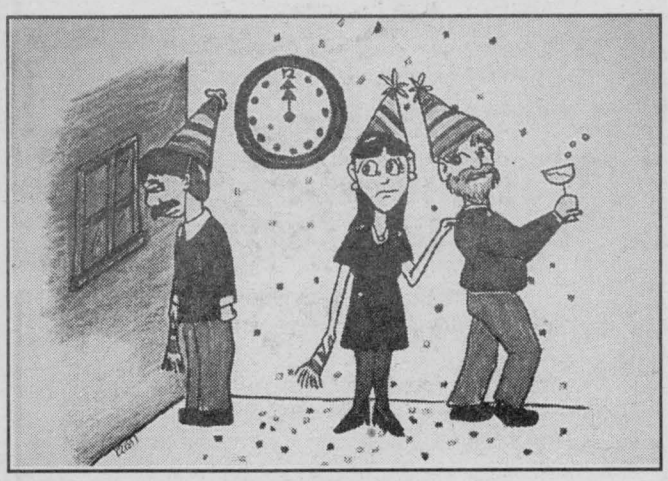
When the 'Fa La La La Las' Fizzle



Joyous feelings during the holidays sometimes can be overshadowed by a major case of the holiday blues. Mayo Health O@sis (http://www.mayo.ivi.com) offers advice for reducing stress at this time of the year, so you can have fun throughout the season.

he holidays and happiness are supposed to go hand in hand. Yet, for many people, reality often doesn't quite seem to meet their expectations. In fact, joyous feelings for family, friends, tradition, traveling — even giving — easily can be overshadowed. Bombarded and surrounded by materialism and the pressure to buy, the pressure to be continuously cheerful can be wearing. Similarly, family misunderstandings, the illness or death of someone close, a smaller budget than usual, spending more than you can afford, or simply eating and drinking too much can bring down the spirit of even the jolliest.

Mayo Health O@sis (http://www.mayo.ivi.com) offers the following advice to reduce holiday stress:

• Be realistic. As families change or grow, traditions may need to be changed as well.

• Plan ahead. Set priorities and budgets before the holidays near.

• Allow choices. Discuss sharing responsibilities with other family members and friends. Don't burden yourself with an excessive list of expectations that only complicate the holidays.

• Set limits. Eat and drink (if you drink) in moderation. Don't feel pressured to have more than you're accustomed to just because it's a special occasion.

• Take advantage of social support. If you're feeling isolated from family and friends, seek out community, religious or social services that might provide social contact and support.

• Provide support yourself. Providing for those less fortunate by volunteering time and expertise can combat loneliness and bring strong personal fulfillment. Sharing and giving — and the joy they bring — are what the holiday season is about.

Mayo Health O@sis offers other holiday-season advice, including battling the hectic holidays, holiday blues and holiday weight gain. To find these and other articles about healthy holidays, type "holidays" in the search box on the Mayo Health O@sis home page.

About Paper

The ancient Chinese secret

(NC)—The story of paper began several centuries ago. In fact, it is the story of humankind itself and the quest for knowledge.

On the other side of the world, in a country that was to remain virtually unknown until Marco Polo's travels through the Orient in the 13th and 14th centuries, China's knowledge of silk weaving and feltmaking led to the discovery of papermaking.

T'sai Lun, a privy councillor in the court of Emperor Ho Ti, is credited with inventing paper in 105 of the Christian era. He conceived the idea of beating wet silk rags, bark, hemp, and old fish nets into loose fibres to form a pulpy mass. He then tossed this batter into a tub of water, dipped a forming mat into the tub, and lifted it out horizontally to catch the fibres. Finally, he separated the sheet from the forming frame and set it in the sun to dry.

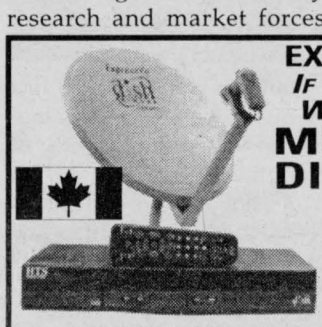
The Chinese kept their papermaking secrets for centuries. It wasn't until the seventh century that the Arabs and others finally caught on. The process finally caught the attention of the Europeans during the encounters with the Arabian armies of the eight and ninth centuries. Paper making came to the North American colonies in the last decade of the 17th century.

The Chinese invented a variety of uses for paper, from the practical to the esthetic. Such innovations included tinted papers and napkins, coloured wallpaper, toilet paper, fans, playing cards, and paper money.

Many of these traditional uses for paper are still with us today. And paper's versatility is still growing. Papermaking technology is advancing. Industry research and market forces continue to identify products that enrich our lives, making them simpler, healthier, safer, and more fulfilling.

While Canadian papermakers are developing leading-edge communications systems, they are also perfecting the papers we have come to take for granted: inexpensive and efficient, highly specialized, and absolutely essential.

For more information on the technological advances in the papermaking industry or how you would be able to visit one of Canada's Pulp and Paper Mills write to the Canadian Pulp and Paper Association at 1155 Metcalfe, Montreal, Quebec H3B 4T6 or call at (514) 866-6621, fax (514) 866-3035.



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Recycling Tips

(NC)—Did you know that there is an initiative in place across Canada to recycle paper grocery bags? The "Brown Bag Canada" campaign was launched by the Paper and Paperboard Packaging Environmental Council (PPEC), in cooperation with the Canadian Pulp and Paper Association (CPPA) to recover brown paper bags for recycling into new paper products. The campaign came in response to the industry's growing demand for recyclable fibre and national targets to reduce by 50 per cent the amount of packaging waste sent to landfills by the year 2000.

Here are some recycling tips to help you contribute to the "Brown Bag Canada" campaign.

REUSE THEM

Save paper bags to repack groceries at supermarkets:

• Use again and again before recycling

RECYCLE THEM

Bundle paper grocery bags with corrugated boxes and put out at the curb (where curbside recycling programs exist) to:

• Enhance the quality of the fibre entering the recycling stream

• Provide a way to recover paper bags in collection programs

RETURN THEM

Return paper bags to municipal recycling depots for bailing with corrugated boxes to:

• Increase the quality of the fibre

• Increase the recycling value of corrugated boxes

• Provide a way to recover paper bags where curbside recycling programs do not exist

COMPOST THEM

Use paper bags to collect leaves, grass and yard trimmings for composting in backyards and in municipal composting programs to:

• Help divert up to 30% from the residential waste stream, thus preserving valuable landfill space

• Eliminate costly emptying and disposal of bags—paper bags degrade with the yard waste

• Offer residents an alternative to yard waste disposal

To find out how to get started in your community call: 1-800-423-0092, or write to the Canadian Pulp and Paper Association at 1155 Metcalfe, Montreal, Quebec H3B 4T6, or call at (514) 866-6621, fax (514) 866-3035.



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$2.19 per minute

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You must be 18 years of age or older to use this service.

HONEST AND CARING
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I'LL MAKE YOU LAUGH
SWM, 27, 5'9", 180lbs., long brown hair, kind-hearted, easygoing, enjoys watching hockey, biking, the great outdoors, long walks, seeks SF, for possible relationship. Ad#.8365

HONESTy
Easygoing, self-supporting SWF, 32, 5'6", full-figured, black hair, brown eyes, enjoys golfing, reading, seeks happiness with an honest, understanding SM. Ad#.9259

FUN-TO-BE-WITH!
SWM, 37, 5'11", blond hair, blue eyes, enjoys going to hockey games, having romantic dinners, dancing and seeing movies, seeks an honest, trustworthy SF, with a big heart. Ad#.5973

WHAT ARE YOU INTERESTS?
SWF, 18, 5'4", 148lbs., brown hair, blue eyes, caring, considerate, student, enjoys volleyball, music, movies, taking walks, seeks caring, honest, open SM, who likes children and animals. Ad#.9624

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Soft-hearted SWM, 27, 5'10", 155lbs., long brown hair, green eyes, enjoys watching hockey, going to dance clubs, searching for SF, who has the same interests. Ad#.7142

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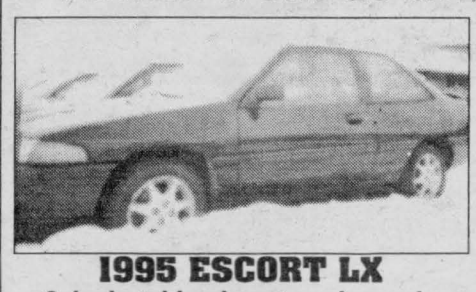
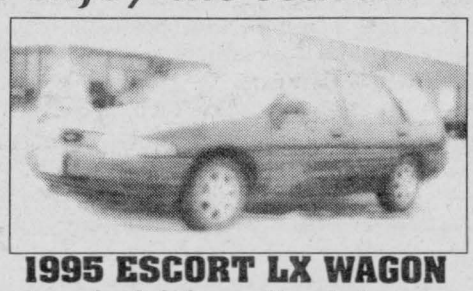


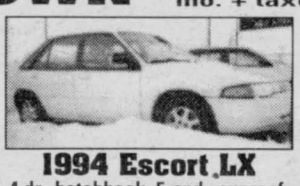
1995 ESCORT LX
2 dr., hatchback, auto., air cond., CD, green, 57,000 kms, Stk. #330
$265* mo. + taxes 0 DOWN



1995 ESCORT LX WAGON
air cond., p/windows, p/door locks, cass., auto., green, only 45,000 kms, Stk. #416
$275* mo. + taxes 0 DOWN



1995 Escort LX
4 dr., auto., p/w, p/l, green, only 40,000 kms, Stk. #366, 380
$255* mo. + taxes 0 DOWN



1994 Escort LX
4 dr., hatchback, 5-spd., sunroof, white, only 57,000 kms.
$239* mo. + taxes 0 DOWN



1996 Escort LX
4 dr., H/B, A/C., p.w., p.l., auto., cass., red, only 35,000 kms. Stk. #347, 353
$289* mo. + taxes 0 DOWN



1994 Tempo GL
4 dr., auto., air cond., white, only 62,000 kms.
$219* mo. + taxes 0 DOWN
$999 Down Payment or Trade Includes First Month & Security



1995 Ranger XL Supercab
5-spd., 4 cyl., green, 79,000 kms, Stk. #395
$299** mo. + taxes $999 Down Payment or Trade



1992 Chev. Silverado 1500
5.0L., V8, auto., A/C, p.w., p.l., cass., cruise, tilt, white/grey, 95,000 kms.
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SCUTTLEBUTT



HELLO ... IS THERE ANYONE OUT THERE?

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Hey ... catch us on the net at seawaynews.on.ca

E-mail your little ditty to us at snews@seawaynews.on.ca

This past civic election saw a real first ... **George Assaly**, who has backed the eventual winner in Cornwall's mayoralty since ... 1970's??? ... *this time his luck ran out*, as he backed **Phil Poirier**.

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PROP. K. Locey

Small item in local daily headlined "Bombardier Profits Soar". Now reading that you'd expect some significant increase, wouldn't you? The article goes on to say, "profits were up seven percent and sales nine percent. **Now if that's soaring, I wouldn't want to be low flying.**

A huge thank you to the staff of Food Basics for service above and beyond. A few weeks ago, as I was packing my groceries, I hit my hand on a grocery cart. Later that afternoon, I noticed that the diamond from my engagement ring was missing. I returned to Food Basics and at least four of the workers came to help me look. We could not see it, however as I was halfway across the parking lot, an employee, who had found it after I left the building ran over to me and put it in my hand. **Your gesture of kindness will not be forgotten. Thanks again.**

F. Janiuk.

Holidays are supposed to a joyous time of happy families gathered in a spirit of warmth and laughter. Yet for many, holidays are instead trials of gruelling schedules and high stress. Here are a few tips for happier family holidays.

• *Give yourself a break.* Let others help you. It's okay if things are not as perfect as if you had done it all yourself.

• *Compromise on traditions* - people are often reluctant to suggest a break in long-standing tradition but there comes a time when rituals have to be modified to fit present circumstances.

• *Don't get hung up on gifts* - talk about what gifts each would like to give or get. It may take the surprise out of gift giving, but it ensures that you won't be disappointed.

• *Be flexible with children* - you want the holidays and your kids to be perfect. It just isn't a realistic expectation. Best way is to coach them before the holidays. It isn't the presents you give them but the time you give them that will make their holidays special.

• *Resist the urge to quarrel* - it's natural to have these feelings, but for four or five days you can put your differences aside.

• *Share your blessings* - it adds to the joy of the day to help someone less fortunate.

• *Have realistic expectations* - shared laughter. "This is what the holidays are all about."

Want to polish your brass items for the holidays. Try saving all your old socks. Pull the socks on over your hand and use as rags. They're especially useful for polishing door knobs and small items.

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If Canada Post Corporation wishes to save money, *it might consider closing their staff operated offices and instead rely on the sub offices* that we find conveniently located throughout the city, at least in Cornwall. The staff of these offices provide prompt efficient service, generally with a smile and don't require customers to take a number or wait in a long line.

Kitchen Tip: Freeze the liquids in which vegetables were cooked for later use in stocks and soups. They retain some of the nutrients lost from the vegetables and are a flavourful substitute for plain water.

Greetings of the Season

CORPORATE CHRISTMAS CARDS & GIFTS

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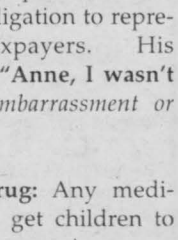
We're wondering if **Marty McDonald** ran into Popeye during his recent vacation to the South ... ***he was so happy to be home that he ripped the door right off the hinges at the Apple Hilton!!***

Christmas Helpful Hints: It's easy to decorate your windows for Christmas with stencils and Spray Snow. Place a stencil against your window and spray lightly. Spray Snow cleans up easily with soap and water.

To get the longest life from your Christmas flowering plants, do not leave them in warm places such as the top of a television, near a computer, in a warm draft or in a bright sunny window.

MOST THOROUGH CARPET CLEANING EVER – OR IT'S FREE!



Ron Bolton

That's right, you will feel my cleaning is the most thorough you have ever seen or I will clean it again for free. If you are still unhappy for any reason, I will refund your money! What could be more fair? You pay only if pleased!

CONSUMER ALERT

Don't call any carpet cleaning company until you listen to this recorded message! Learn 4 misconceptions about carpet cleaning & 6 questions to ask a carpet cleaner before you invite them into your home. Call 24 hours 930-9688

933-9303

"THE RED CARPET TREATMENT"

Carpet and Upholstery Cleaning

A strong opponent of the sale of Cornwall Electric (Anne L.) called upon a recent candidate in the last municipal election and asked him if he was attending an upcoming seminar in regards to Public Utilities. His answer was, "no I am not". She became very upset and said he had an obligation to represent the taxpayers. His answer was, **"Anne, I wasn't elected."** *Embarrassment or what!*

Miracle Drug: Any medicine you can get children to take without screaming.

The fleeting, eternal snowflake: These are jewels from the sky that give us a glimpse into the mystery of creation.

Copy Shop

PERSONALIZED PHOTO CALENDARS

(12 different photos)

Next Day Service *as low as* **$19.95**

GREAT GIFT IDEA

Just bring in your snapshots and we'll do the rest!

"Check our coupon discount at **www.interlinx.net** under sponsor directory"

29-A Second St. E. (near new library) 936-2837

Several years ago, while I was doing carpentry at a Catholic convent, a gust of wind took a sheet of plywood and flung it through a newly installed bay window. In my anger I let a few blasphemous words out and turned to see an elderly nun standing nearby.

"I'm so sorry about my language," I began, but she put her hand up to silence me.

"There's no need to apologize," she said. "You brought back a flood of childhood memories. *You see, my father was a carpenter too.*"

Congrat's and best wishes to **Chris Savard** who was the successful applicant for the General Manager's position at Cornwall Square. *Good Luck Chris!!*

DELANEY'S FINE FISH & SEAFOOD

December Hours

For the month of December, we will be **Open 7 Days a Week** for your shopping convenience

Mon. - Fri. 9 am - 6 pm
Saturday 9 am - 5 pm
Sunday 11 am - 4 pm

Please Note: We will be closed on December 25th & 26th

Merry Christmas!

1215 Pitt St. 930-4938

To the lady driving in Long Sault on Thursday, November 27th ... a maroon Celebrity. Yes, the roads were less than perfect and reduced speed was a good idea. BUT, by driving 30 to 40 kms an hour you created a two km long traffic jam and a potentially dangerous situation. If you are that nervous about bad roads, either stay home or have someone drive you.

Dutch Carols: If you are among those who still enjoy speaking the Dutch language, then you might enjoy the opportunity of singing some of the old Christmas songs. If so, *you are invited to join us for a time of singing these Dutch Christmas Carols* and make it part of your celebration of Christmas this year. This will take place on Friday, December 12th, at 2:00 p.m., in the Williamsburg Christian Reformed Church, located east of the traffic signal in Williamsburg. For further information, please call Reverend Allan Groen at 938-7964.

IMPORTANT NOTICE

Cornwall & Area Landlords

Call: HOMEPLACE CORNWALL

WITH YOUR VACANCIES

THEY WILL HELP YOU ATTRACT TENANTS

930-2465

**FREE APT. FINDER SERVICE FOR TENANTS **

One Call Does It All!!

SEAWAY *SMILE!*

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.htm
(Your own submissions are always welcome!)

Winners of the Brainless Olympics!

• Police in Wichita, Kansas, arrested a 22-year-old man at an airport hotel after he tried to pass two (counterfeit) $16 bills.

• A man in Johannesburg, South Africa, shot his 49-year-old friend in the face, seriously wounding him, while the two practiced shooting beer cans off each other's head.

• A company trying to continue its five-year perfect safety record showed its workers a film aimed at encouraging the use of safety goggles on the job. According to Industrial Machinery News, the film's depiction of gory industrial accidents was so graphic that twenty-five workers suffered minor injuries in their rush to leave the screening room. Thirteen others fainted, and one man required seven stitches after he cut his head falling off a chair while watching the film.

• A bus carrying five passengers was hit by a car in St. Louis, but by the time police arrived on the scene, fourteen pedestrians had boarded the bus and had begun to complain of whiplash injuries and back pain.

• Swedish business consultant Ulf af Trolle labored 13 years on a book about Swedish economic solutions. He took the 250-page manuscript to be copied, only to have it reduced to 50,000 strips of paper in seconds when a worker confused the copier with the shredder.

• A convict broke out of jail in Washington D.C., then a few days later accompanied his girlfriend to her trial for robbery. At lunch, he went out for a sandwich. She needed to see him, and thus had him paged. Police officers recognized his name and arrested him as he returned to the courthouse in a car he had stolen over the lunch hour.

• Police in Radnor, Pennsylvania, interrogated a suspect by placing a metal colander on his head and connecting it with wires to a photocopy machine. The message "He's lying" was placed in the copier, and police pressed the copy button each time they thought the suspect wasn't telling the truth. Believing the "lie detector" was working, the suspect confessed.

• When two service station attendants in Ionia, Michigan, refused to hand over the cash to an intoxicated robber, the man threatened to call the police. They still refused, so the robber called the police and was arrested.

• A Los Angeles man who later said he was "tired of walking," stole a steamroller and led police on a 5 mph chase until an officer stepped aboard and brought the vehicle to a stop.

My father took some business associates to lunch. While they were eating, a commotion arose in the kitchen, and an elderly woman wearing an apron came storming out. All eyes were on her as she strode up to the owner and waved a piece of paper in his face. "What is this?" she demanded. "Another cheque and again no raise? You expect me to live on this? I quit!"

The owner yelled back: "Quit? You can't quit! Not in the middle of lunch rush!"

But while he was speaking, the woman had taken off her apron and was heading for the door. He watched until she was nearly gone before he started after her. Then he called out, *"Aw, come on, Mom!"*

Did You Know... J.W. Elliott, a Toronto dentist, patented what many people would call a natural Canadian invention in 1869. He introduced the "first rotary snowplow" to the world, a device he called a "compound revolving snow shovel." His invention was quickly adapted by the railroads and inspired the "snowblower", unveiled by Arthur Sicard of St. Leonard de Port Maurice, Quebec, in 1926.

Jingle Bells ... Jingle Bells ... **Santa will be dropping by the Kenyon Township Fire Hall** on Sunday, December 7th, from 2 to 4 p.m.

Rumour has it that **"Big Al Mac"** from **Apple Hill** has perfected the "Stop, Drop & Roll". We hear the producers from James Bond are looking for a new stunt double!!

Dear Santa ...



By Sandra Kuck

NEW *Ornament & Musical*





LOGAN'S GALLERY

LOGAN'S GALLERY

MIKE LOGAN

A gallery like no other ...

224 Pitt St. 938-3629

The O.S.P.C.A., S.D. & G. Branch will be holding a **"Christmas Open House"** on **December 7th**, 1997 at the Shelter, 550 Boundary Road, Cornwall between 1:00 and 4:00 p.m. On behalf of the animals, they are extending an invitation for everyone to come out and visit them. For more information, call 936-1851.

The press recently reported that senior officials at NDHQ received performance bonuses this past summer. It was stated that they had achieved or surpassed their goals. *From the mess that NDHQ and our senior military officials are in I trust that goals for the coming year will be set up by some one outside the establishment.* If private enterprise has the same proportion of managers to workers as there appears to be in our military establishment the majority would be bankrupt and I believe we have a bankrupt hierarchy in NDHQ.

Chuck Charlebois needing something to do now that he's no longer an Alderman is going to be helping out the Le Village BIA with their promo program.

The **Kenyon Township Fire Department** would like to thank everyone who supported their Breakfast. It was a great success!

Biting Words: Our very large German shepherd was an excellent watchdog, devoted to our four teenagers, but suspicious of strangers. One afternoon I had to leave the house just before the kids got home from school. I tied the dog up in the backyard, locked the house and had no qualms about leaving a note on the front door telling the children where to find the house key; tied to the dog's collar.

On December 5th, 6th, & 7th, come and **enjoy the old time spirit of Christmas** in the historic village of Merrickville. Christmas carolling, bonfires, roast marshmallows and refreshments served by participating merchants, some of whom will be dressed in period costumes, will make this another memorable occasion. Shops open from 10 a.m. to 8 p.m., Friday and Saturday. For more information, please call 269-2883.

With the baking season in full swing, here is a tip that may help you to prevent burning the pie crusts. Bake the perfect pie - without a too-browned crust - by using the collar from a disposable pie tin that slightly larger than the pie you're baking. Simply trim off, fold it over the crust and pop into the oven.

Thought for the week: God asks no man whether he will accept life. That is not the choice. You must take it. The only choice is how.

Henry Ward Beecher.

We at the Seaway News would like to send a big "Thank You" to **Perry Lalonde** for the delicious goodies sent our way last week.

A big bouquet of roses to Chateau Cornwall for the use of their establishment for our monthly meetings. Special thanks to **Denis Carr, Richard and Alicia** who have been so helpful.

M. D'Alessio,
Ontario Advocate on
Chronic Interstitial Cystitis.

Just a Thought ... Seven days without prayer makes one weak.



BONUS

Every Let's Celebrate Ad will be entered in a draw and a weekly winner will win a

Gedoro's
Fine Dining in Casual Comfort
Dinner Club Card

plus ... a Gedoro's mug!

TO PLACE YOUR AD: phone or write your ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a picture. Over 24 words, 25¢ per additional word, per week. Deadline is 5:00 pm Wednesday.

RAN-GAL PHOTOFINISHING
Did You Know Ran-Gal Offers
5x7 prints starting at $15.36
AGFA Nothing Escapes AGFA Film
Located At
BROCKDALE MALL



Oh No!

The Big 4-0
celebrating on November 28th
Happy Birthday!
Love Stud & Ranald

DAVE DICK
turns 40
on November 29th

with love,
Leah, Emily,
Katie, Liz,
Mom, Dad, Wayne,
Buddy & Bell



Happy 40th Birthday
Wayne Tessier
celebrating December 1st
Love Mathew,
Curtis & Alison

18 & Going Down East ... watch out Quebec!!

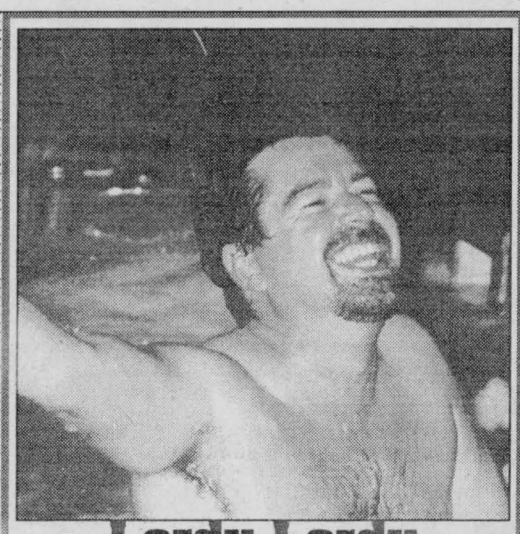


Happy Birthday
ANGELA
celebrating on November 29th
Love Mom & Dad

Aged to Perfection!!



Happy 75th Birthday
Charlie
celebrating on December 2nd
You're still the sexiest man in Cornwall and you'll out-live us all.
Love Jennifer



Lordy Lordy Look Who's 40
HAPPY BIRTHDAY RICK
... your friends!

Christmas Fashion Show



Wednesday, December 3 6:30 pm
2nd Level - Food Court

WIN $250. Mall Coins ~ $1 tickets will be available with all proceeds being donated to the "Lights of Hope"



Don't Forget To Bring The Little Ones To Visit Santa at His New Home

Saturday	10 am - noon 2 pm - 4 pm
Sunday	1 pm - 4 pm
Monday to Friday	10 am - noon 2 pm - 4 pm 6 pm - 8 pm

A Photographer will be available:

Friday	6 pm - 8 pm
Saturday	10 am - noon & 2 pm - 4 pm
Sunday	1 pm - 4 pm

cornwall square

The Perfect Floor For Your Home

(NC)—How often have you played pool in a basement where walls or posts got in the way?

Imagine a first or second floor that allows you to place walls in almost any location. With concrete floors, it is possible to have clear, open areas of 15 feet, 30 feet or even 40 feet across.

Concrete floors come in many styles including:

- precast hollow-core planks trucked to the site and placed by crane.
- concrete placed on a metal pan.
- concrete placed on formwork over steel joists.
- formed reinforced concrete.

In addition to long spans, another major benefit of concrete floors is something you can't see or add—thermal mass. Thermal mass is an inherent property of concrete and stone, because they are massive or just plain heavy. When you heat concrete or stone by allowing the midday sun to shine on them or warm them around a fireplace or stove, you are using thermal mass. After the sun sets or the fire goes out, concrete and stone will radiate the stored heat for hours.

Just ask Hans Albarda of Kemble, Ontario. He built his house in 1979 with the insulation on the outside of concrete masonry walls and underneath his concrete floors on the lower level. "This provides a high thermal mass (heat storage battery) to steady the temperature in the house", says Hans. This theory also works in reverse in the summer to cool the house. He planned his site to allow deciduous trees to shade the house in summer. Hans adds, "When we let the cool night air in but keep all windows and doors closed during the heat of the day, the thermal mass keeps the inside of our house at the cool temperature of the night before."

What would warm floors throughout the house all winter long mean to you? It is possible today to have hot water in seamless plastic tubing or hot air in recirculating ducts installed throughout your concrete floors. The thermal mass of the concrete then distributes the heat slowly and efficiently to the living space. A warm floor allows the homeowner to reduce the Indoor air temperature by up to 2°C without the house feeling colder. Using heated concrete floors in combination with insulated concrete walls can even allow you to build a house without a furnace. Oke Woodsmith is building a house in Grand Bend that uses a domestic water heater as its only heat source.

Home Improvement Days

Levolor Blinds

Levolor puts the accent on elegance and versatility with our 1" and 2" wood blinds. Levolor wood blinds start with the finest grade of Baswood, customized, with a variety of finishes. Your solid hardwood blind is made of many wood slats. Each is unique and you may notice natural variations in colour. The lighter pieces were closer to the tree's bark, while the darker pieces were closer to the tree's center. All are equally strong and impart the beauty and value that make hardwood blinds similar to fine furniture. The 1" slat create a warm, yet traditional look of a venetian blind whereas the 2" slat displays the shutter look.

These naturally beautiful blinds will help control lights and heat while giving your home the feeling of warmth and sophistication.

Decorative wood valances with matching wands and cord controls are standard features of our wood blinds. Choose from over 30 popular finishes with co-ordinating fabric tapes as an option.

Wood blinds should be cared for in the same manner as a quality piece of wood furniture. Regular dusting with a soft cloth of chamois will keep your blinds looking new. If your wood blinds have a paint finish, clean with a damp cloth and mild detergent.

Levolor Home Fashions warrants forever, all working components of Levolor 1" and 2" wood blinds against defects in workmanship or materials. The warranty is extended to the original purchaser and to the succeeding owner. The wood components (except for warping, chipping and minor colour variations inherent to natural wood products) are warranted for 3 years from date of purchase installed in residential dwellings as window blinds and only in the window for which they were purchased.



SEAWAY ENERGY
A FULL SERVICE HEATING COMPANY
6275 Boundary Road.
• Furnaces
• Fireplaces
• Space Heaters
HEIL HEATING & COOLING PRODUCTS
933-4877
HELP Homeowner's Extended Labour & Parts Warranty
GREENLIGHT Financial Services

FB UPHOLSTERY
Restore and revitalize your favourite furniture and have fun selecting the newest fabric designs. We'll breathe new life into your worn chairs, sofas and loveseats.
PRE-CHRISTMAS SPECIAL
50% off Labour
40% off Materials
√ Workmanship Guaranteed
√ Free Estimates
√ Free Pick Up & Delivery
√ 31 Years Experience
984-0438 or 1-800-354-0088

Happy Holidays from COUNTRYWIDE
Christmas SAVINGS
DON'T PAY A DIME 'TIL SUMMERTIME!
NO DOWN PAYMENT NO MONTHLY PAYMENTS NO INTEREST*
MARCEL TV FURNITURE LTD.
369 Main St. South, Alexandria 525-3692

Buying an Energy Efficient Gas Furnace

HEATING

(NC)—When you ask a contractor for an estimate to install a new furnace, make sure he sells high-efficiency models. Keep the following points inmind when choosing your new furnace.

Look at the comparative energy rating of all furnace models on the back page of the brochures under the EnerGuide logo. Furnace energy efficiency is measured in AFUE (annual fuel utilization efficiency). The higher the number, the more efficient the model. Mid-range efficiency models have AFUE ratings of between 78% and 82%, while high-efficiency models are in the 90% to 96% range.

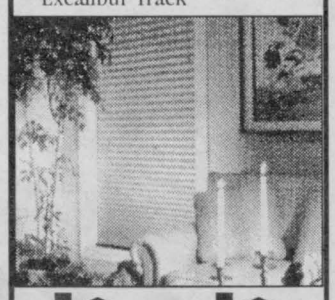
If your home's heating load requirements and local natural gas prices are high, a high-efficiency furnace is the best choice. While they cost more initially, the energy savings mean that your extra investment can be recovered in only a few years.

The cost of chimneys and exhaust systems vary from house to house and between mid- and high-efficiency furnace models. Sometimes the cost of venting a high-efficiency furnace is less than for a mid-efficiency furnace, which reduces the extra investment for high efficiency. Ask you contractor about this.

To receive free publications on the benefits of buying an energy-efficient gas furnace for your home, call Natural Resources Canada at 1-800- 387-2000 (in Ottawa, call 995-2943), or write to Energy Publications c/o Canada Communication Group, Ottawa, Ontario K1A 0S9,

and ask for the free booklet titled Heating with Gas. This booklet and other publications can also be ordered online from Canada's Energy Efficiency Home Page at eebdee.nrcan.gc.ca. For the most up-to-date information, visit http://hvac.nrcan.gc.ca

JAS-MAR
~ Paint, Blinds & Wallcoverings ~
LEVOLOR®
Factory Authorized Sale
Jas-Mar President's Club Member
50% TO 60% OFF ON LEVOLOR LINES
PLUS FREE INSTALLATION Nov. 4th - Dec. 4th
• Heritage Wood Blinds
• Carousel Cellular Shades
• Riviera Blinds with Lightmaster & Dustguard
• Monaco & Nova Horizontal Blinds
• ALL VERTICALS - fabric & PVC
• All verticals installed with an Excalibur Track



Free Shop-At-Home Service
Professional Installation
JAS-MAR
~ Paint, Blinds & Wallcoverings ~
120 Ninth St. E. 933-8924

For That Warm Toasty Feeling
Visit our New Showroom Today!
FURNACE SALES & SERVICE
• Custom Ductwork
• Prefab Chimneys
• Air Exchangers
• Air Conditioners
FIREPLACES & STOVES
• Propane • Wood
• Gas • Pellet
MOOSE CREEK SHEET METAL LTD.
DAVID & JOANNE HEBERT
HWY 138, MOOSE CREEK
538-2207
HOURS: Monday - Friday: 9-5 Saturday: 9-1



SEAWAY BARGAINMART

DEADLINE: THURSDAY 4 P.M.

933-0015

Circulation: 31,499 copies

MasterCard VISA

Ontario Community Newspaper Association

BLANKET CLASSIFIED ADVERTISING

ALL ONTARIO INSERT
188 Newspapers, Min. Cir. 1,499,490

CROSS CANADA INSERT
590 Newspapers, Min. Cir. 4,623,738

CALL FOR DETAILS
SEAWAY NEWS Tel.: (613) 933-0014
Fax: (613) 933-0024
e-mail: snews@seawaynews.on.ca

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES
- $8.50/week 24 words or less, (25¢ each additional word per week).
- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 4 pm Thursday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however. Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

SINGLE MALE, 33, looking for young lady, 20 to 35 for friendship and companionship. Please write to: c/o S.L., 1118 Cumberland St. Apt.#5, Cornwall, Ont. K6J 4K4. Please send photo.

TALL, ATTRACTIVE, blue-eyed, well-built man, 48, broad-minded, considerate, neat, secure abstainer. Seeks intelligent, playful, potentially supportive, monogamous lady for enduring companionship. CC1811.

GENTLEMAN, SINGLE status, poet-writer, nature lover, environmentalist would like to meet single lady with same interests, pursuits...in 35-55 year range... Please reply with recent photo. CC1812.

YOUNG GAY BOY seeks same, 18-23 yrs. old, for honest, caring, long-term relationship only. I'm honest if you are. Take a chance. 819-671-7060.

2 APTS/CONDOS FOR RENT

AVAILABLE NOW. 2 bdrm apt. Downstairs, 4-pc. bath, laundry hook-ups, parking. 539 Amelia. References, no pets. $460/mth, plus utilities. 931-2635.

AVAILABLE DEC. 15TH, 2 bdrm apt. Utilities included, $500/mth. Call 931-2806.

PERFECT CHRISTMAS GIFTS
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • MUCH MORE
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena
South 2 miles to Dion's Orange Mini Mart
315-764-1954

232 GUY ST. Clean, quiet main floor 1 bdrm. Kitchen, parlour, 4-pce bath, laundry hook-ups, parking. $350/mth. No pets. References. 933-0019.

2 BDRM APT. Beautifully located. Available now. Also, 1 bdrm apt. Call 933-4914.

CHARMING, 2 BDRMS. Upstairs, must be seen, newly renovated, fridge, stove, laundry hook-ups, parking, $425/mth, heated. Phone 937-4046. No pets.

3 BDRM APT. Immediate or Dec. 1st. 210-14th West, 6-plex, carpeted, laundry hook-ups, parking, close to schools, bank, bus. Large upstairs. $595/mth, plus utilities. Also, one 3-bdrm basement apt, $495/mth, plus utilities, available Dec. 1st. 932-2751 Pat or Brian. Evenings, 936-2798 or 932-0533.

CLOSE TO DOWNTOWN CORNWALL, quiet bldg, 1 & 2 bdrm. apts. Renovated washrooms, freshly painted throughout. Hardwood floors, heat, hot water, fridge, stove, parking included. (613)543-2401.

106-A FIFTEENTH ST. 2 bdrm apt. Clean, ready to move-in. Newly carpeted, painted, 2-car parking. Near bus stop. Fridge, stove. $520/mth, includes services. 931-2886 after 5:00 pm.

1, 2 & 3 BDRM UNITS. East end location, from $375/mth. Some with utilities included. Parking available. Call Tom, 938-6475 or Orval, 938-2121.

3 BDRM UPPER DUPLEX, $395/mth, plus utilities or $595/mth, utilities paid. Call & leave message, 347-2858.

UPSTAIRS 2 BDRM APT, 4-pce bath, fridge & stove supplied. Private parking. Close to bus & shopping. Must be seen. $475/mth or $550/mth, utilities included. Call 938-8925.

LARGE UPSTAIRS 1 BDRM. APT. diningroom, hardwood floors, large enclosed sunroom, 4pc bath, fridge & stove included. Washer/dryer hook-ups, parking and storage area. $425/mth plus utilities. References required. Avail. Sept. 1st. Call 938-9387.

SPACIOUS 1 & 2 BDRM APTS. Reasonable rents, locker space, parking, coin-operated laundry. References required. 931-2633.

CLEAN 2 BDRM APT, $295/mth, no utilities or $415/mth [illegible] included. [illegible] 1st or Jan. [illegible]ocated on Guy St. No pets. Local call 361-0248. RENTED

714-A MARLBOROUGH, 2 bdrm basement apt. Washer/dryer hook-ups, fridge, stove. No pets. References. $500/mth, utilities included. Call 347-3248.

EAST END RENTALS: 2 bdrm apt. Very clean. Washer/dryer hook-ups, 4-pce bath, large kitchen & livingroom downstairs, bedrooms & bath upstairs. $550/mth, including utilities. Call 938-3936.

1 & 2 BDRM APTS on Walton St. Fridge & stove included. $350/mth & $375/mth, plus utilities. Call 936-6961.

2 BDRM APT, Jobin, $565/mth, includes utilities & cable. 3 bdrm apt, Williamsburg, $550/mth, includes utilities. 2 bdrm, Morrisbrug, $580/mth, includes utilities & cable. 613-543-3604.

EXCELLENT HOME for December or January. 1502 Aubin, 3 bdrm, 1 1/2 baths, laundry room, large kitchen & family room. $675/mth, plus utilities. Apply within or 931-2886.

3 BDRM MAIN FLOOR, with basement. East end. Close to school and park. Parking for one car. $700/mth utilities included. Call 932-9701.

NEW EXECUTIVE
1 bdrm. basement apt. with gas fireplace, air conditioning & personal laundry room with appliance & utilities included. North end off of Mercier. $525/mth. References. No pets & no smoking. Call 938-2802 or leave message. Available Dec. 1st.
1 Month FREE

AVAILABLE JAN. 1ST. Jarvis St. Large 2 bdrm upstairs apt. Washer/dryer hook-ups, parking. $475/mth, plus utilities. Call after 5:00 pm, 938-0931.

2 BDRM APT, 244 Alice. $495/mth, heat & electricity included. Diningroom. Available immediately. Call 932-4329 or 938-4776.

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EAST END, 3 bdrm apt. 4-pce bath, newly painted, new carpet, parking. Available now. References. No pets. $525/mth, plus utilities. 932-4376.

BACHELOR, 1 & 2 bdrm apts. $325/mth & up, utilities included. Fridge, stove & parking included. References req'd. Call for appointment after 6:00 pm, 932-7055 or 931-2594.

BRAND NEW 2 BDRM apt. Melimine kitchen, 4-pce bath, washer/dryer on main floor, fireplace, $575/mth, plus heat & lights. Avail. Dec. 1st. Also, extra large 1 bdrm apt. Country kitchen with laundry facilities, 4-pce bath. A pleasure to view. $345/mth, plus heat & electricity. Avail. immediately. Call 936-8724, leave message.

BACHELOR APT. Semi basement on Kingslea Crescent. Nov. 1st. Furnished, private entrance, parking, cable, heat & lights included. Non-smoker preferred. $395/mth. Call Pingoffice, 932-2584 or 933-9231-home.

LARGE 1 BDRM APT. Very quiet area. Open concept. Available now. Call 933-4914.

AVAILABLE IMMEDIATELY, east end 2 bdrm upstairs apt. freshly painted, washer/dryer hook-ups. Near College. $485/mth, includes utilities or $400/mth without. Also, ground level, 2 bdrm available Feb. 1st. Parking available. Call to see 938-6200.

REASONABLE RENT. Main floor 2 bdrm apt. Close to college. Parking, pay own utilities. Quiet tenants preferred with references. Phone 932-2135.

30/40/50 BEDFORD BLOCK, 2 bdrm apts in prof. building, including fridge, stove, parking, ensuite laundry room. Rent from $550/mth. Contact Markell Properties, 938-3886.

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SERIOUS REPLIES ONLY
Shy, easygoing SW mom, 22, 5', blondish-red hair, homemaker, enjoys walking, reading, seeks honest, trustworthy SM, who likes children. Ad#.7792

MARRIAGE-MINDED
SWF, 40, 5'6", blonde hair, blue eyes, kind, homemaker, enjoys skiing, dancing, boating, seeks trustworthy, faithful, honest SM, for friendship, possibly more. Ad#.1550

SERIOUS REPLIES ONLY
SW mom, 31, 5'7", 150lbs., red hair, brown eyes, humorous, easygoing, employed, enjoys movies, dining out, long walks, bowling, seeks honest, fun-loving SM, for friendship first, maybe more. Ad#.8345

QUIET AND SHY
SW mom, 22, 5'1", 100lbs., easygoing, honest, trustworthy, homemaker, enjoys time with her kids, reading, watching movies, cuddling, seeks funny, sweet, good-looking SM, who loves children. Ad#.5561

GOOD LISTENER
SW mom, 29, 5'7", 180lbs., brown hair/eyes, outgoing, enjoys reading, walking, dancing, children, seeking fun-loving, honest, outgoing, spontaneous SF. Ad#.9984

READY TO SETTLE
SW mom, 33, 5'7", 150lbs., brown hair, blue eyes, spontaneous, serious, likes to laugh, funny, enjoys reading, walking, knitting, cooking, looking for trustworthy, honest, caring, fun, adventurous SM. Ad#.8337

CUDDLE BUNNY
Honest SW mom of two, 22, 5'1", blondish-red hair, employed, seeking a humorous SM, who likes children, for a possible relationship. Ad#.3866

QUIET TIMES WITH YOU
SWF, 28, 5'4", 100lbs., red hair, blue eyes, fun-loving, affectionate, easy to get along with, employed, enjoys long walks, dancing, movies, seeks a tall, clean-cut SM, who likes to laugh. Ad#.5709

GOAL-ORIENTED
SWF, 20, 5'5", 135lbs., outgoing, happy-go-lucky, likes music, playing guitar and piano, skiing, hockey, seeks funny, contented SF. Ad#.9648

UPBEAT AND POSITIVE
Blue-eyed blonde SWF, 34, 5'6", 145lbs., good sense of humor, hobbies are sports, reading, long walks, movies, searching for a compatible, truthful, funny, sincere SF. Ad#.8445

WHERE ARE YOU?
Attractive DWF, 53, 5'4", blonde hair, blue eyes, enjoys dancing, listening to music, walking, dining out and spending quiet times at home, seeks a compatible SM, N/S, for a friends-first relationship. Ad#.2435

WALK HAND-IN-HAND
Friendly SWF, 26, 5'6", 125bs., loves fishing, nature walks, reading, biking, looking for secure, honest SM, who enjoys being around family and friends. Ad#.6168

BE HONEST ABOUT YOURSELF
Slender SWF, 25, sandy hair, interested in art and drawing, searching for a trustworthy, open SM, who isn't just playing around. Ad#.4781

HOPE TO MEET YOU
Reserved SWF, 32, brown hair, hazel eyes, employed, in search of a loving, caring, thoughtful, honest SM, who enjoys life. Ad#.4473

ABOUT YOU
Humorous SWF, 25, red hair, blue eyes, employed, likes long walks, movies, going out with friends, relaxing, seeking honest, outgoing, childless SM. Ad#.2560

TELL ME ABOUT YOU
Attractive SWF, 42, good personality, employed, hobbies are sports and camping, seeks compatible SM. Ad#.6535

LET'S TALK OVER DINNER
Attractive, active SW grandmother, 65, 5'2", blonde hair, blue eyes, retired, enjoys writing poetry and short stories, crafts, seeks honest, warm, sincere, dependable S gentleman. Ad#.5930

HONESTY
Easygoing, self-supporting SWF, 32, 5'6", full-figured, black hair, brown eyes, enjoys golfing, reading, seeks happiness with an honest, understanding SM. Ad#.9259

JOY OF LIVING
Adventurous SWF, 41, blonde, brown eyes, enjoys reading, walking, dining and dancing, seeks humorous, honest SM, who is good with kids. Ad#.5109

VERY SINCERE
Attractive SW mom, 22, 5'9", brown hair, blue eyes, N/S, enjoys going for walks, reading, cars and writing poetry, seeking humorous, honest, open-minded SM. Ad#.9613

DOWN-TO-EARTH?
SWF, 31, 5'6", brown hair, hazel eyes, cheerful, sarcastic witt, employed student, enjoys music, long walks, art, fishing, camping, seeking honest, humorous, responsible SM, N/S, non-drinker. Ad#.6527

GOING PLACES IN LIFE
Fit, professional SW mom, 34, 5'9", blonde hair, blue eyes, enjoys fine dining, interesting conversation, family times, looking for ambitious, employed SM, who wants a fifty-fifty relationship. Ad#.5618

NO GAME PLAYERS
SWF, 36, 5'3", blonde, kind, caring, honest, affectionate, enjoys cooking, dancing, crocheting, camping, seeks understanding, patient SM, who is independent. Ad#.8296

TRUE HAPPINESS
SWF, 28, brown hair/eyes, fun-loving, honest, sincere, employed, enjoys country living, the outdoors, animals, seeks honest, trustworthy, fun-loving SM, who has a carefree attitude. Ad#.8149

PEACE & HARMONY
Thoughtful, optimistic SWF, 58, 5'3", blonde hair, blue eyes, enjoys hiking, swimming, fishing, tennis, chess, would like to meet an intelligent, active, N/S SM, who is health-conscious. Ad#.8646

LET'S TALK OVER DINNER
WWWF, 58, blue-eyed blonde, humorous, retired, enjoys good conversation, walking, seeks nice, truthful, fun-loving SWM, with similar interests, for friendship and dating. Ad#.6318

DAZZLING LOOKS
Energetic SWF, 43, 5'3", 135lbs., brown hair, blue eyes, shy-natured, likes downhill skiing, auctions, swimming, seeks honest, considerate, easygoing SM. Ad#.8779

GREAT LEGS
Fun-loving SWF, 28, 5'10", shy, employed, enjoys dancing, reading, movies, seeks trusting, honest, stable, respectful, attractive SM. Ad#.1587

ARE YOU MY TYPE?
SWF, 43, 5', black hair, hazel eyes, humorous, happy, enjoys Bingo, camping, boating, animals, kids, seeks honest, compassionate, dependable SM. Ad#.9745

RARE FIND
Attractive, fun-loving, romantic SWF, 29, 5'5", brown hair/eyes, enjoys skating, skiing, fishing, camping, seeking loving, caring SM. Ad#.9705

LIFE IS FULL OF WONDERS
Quiet, shy-natured SF, 22, 5'7", brown hair, enjoys dancing, music, interested in meeting honest, sweet SM, who likes animals and country life. Ad#.9394

HEAR ME OUT
Humorous, kind, caring SWF, 31, 5'9", 150lbs., brown hair, blue eyes, employed, enjoys playing darts, pool, baseball, watching hockey, would like to meet an honest SM. Ad#.6058

NATURE LOVER
SWF, 37, 5'7", brown hair, hazel eyes, caring, good-humored, enjoys boating, skiing, biking, camping, swimming, seeks communicative, stable, honest SM. Ad#.7390

STOP HERE FIRST!
Friendly, cute SWF, 27, N/S, outgoing, humorous, fun-loving, employed, enjoys photography, playing guitar, sports, seeks nice SM, who is easy to get along with. Ad#.9836

FRIENDS FIRST
Slim GWF, 23, green-eyed blonde, funny, outgoing, homemaker, enjoys walking, dining out, snuggling, seeks honest, sincere, trustworthy SF. Ad#.3761

LET'S MEET FOR COFFEE
SWF, 32, 5'9", brown hair, blue eyes, humorous, sensitive, caring, employed, enjoys playing darts, shooting pool, baseball, seeks honest, caring, sensitive SM, with similar interests. Ad#.6848

QUIET MOMENTS
Cute SW mom, 36, 5'3", 110lbs., brown hair/eyes, fun-loving, employed, enjoys long walks, cooking, movies, outdoor activities, seeks fun-loving, faithful SM, who's serious about a relationship. Ad#.9326

IMPECCABLE
Sensitive SWF, 33, 5'2", 120lbs., blonde hair, green eyes, enjoys music, reading, dining out, taking walks, seeks honest, humorous, tall SM, for possible relationship. Ad#.7650

WILLING TO LISTEN?
Caring, trustworthy SWF, 45, 5'5", 122lbs., blonde hair, gray eyes, employed, enjoys quiet evenings, walks, learning new things, seeks humorous, open, honest, romantic SM. Ad#.1213

FAIRY TALE ROMANCE
SW mom, 40, 5'6", 145lbs., sincere, loyal, faithful, enjoys fishing, camping, dancing, movies, seeks family-oriented, commitment-minded SM, with similar qualities. Ad#.9545

WINE & DINE ME!
Fun-loving, sincere SWF, 24, 5'7", brown hair, hazel eyes, enjoys dancing, camping, sports, cards, movies, the beach, seeks playful, fun-loving, employed SM. Ad#.9325

STRAIGHTFORWARD
SWF, 39, tall, good-looking, employed, hobbies include crafts, biking, walking, golf, seeks honest, outspoken, up-front, fun-loving, smart SM, 5'10"+. Ad#.1221

ON THE GO
Outgoing SWF, 36, 5'7", 115lbs., brown hair, blue eyes, enjoys bicycling, taking walks, animals, kids, the outdoors, sports, seeks honest, trustworthy, communicative SM. Ad#.9747

ARE YOU THERE?
SWF, 26, 5'2", brown short curly hair, green eyes, zesty, likes computers, Internet, traveling, country music, seeking trustworthy, honest SM. Ad#.6286

COUNTRY GIRL
Friendly, old-fashioned SWF, 35, 5'2", average build, brown hair, hazel eyes, enjoys movies, gardening, baking, seeks ambitious, honest SWM, who has family values. Ad#.3069

GLEAMING EYES
SWF, 41, 5'7", brown hair, blue eyes, easygoing, enjoys outdoor recreation, playing cards, dancing, seeking honest, humorous SM, with good qualities. Ad#.5287

VOLUPTUOUS
SWF, 47, red hair, outgoing, professional, enjoys cooking, gardening, taking walks, reading, dancing, seeking communicative, caring, warm SM, to spend life with. Ad#.7594

LOVES FINE DINING
Happy-go-lucky, romantic SWF, 39, 5'2", nice smile, can be serious, loves joking around, walks, cooking, crafts, seeks intelligent, caring, stable, good-looking SM, with no dependents. Ad#.2855

LIKES TO SPOIL PEOPLE
Very petite, attractive SWF, 36, 5'3", blonde hair, hazel eyes, loves sports, music, movies, candlelight dinners, seeking SM, for soul mate. Ad#.8849

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ALL THAT & MORE
SWM, 38, 5'10", 210lbs., brown hair/eyes, open-minded, spontaneous, romantic, enjoys listening to music, woodworking, quiet times, seeking compatible, fun-loving SF, no dependents. Ad#.4634

END MY SEARCH
SWM, 37, 6'2", 185lbs., brown hair, blue eyes, mustache, humorous, honest, enjoys reading, the outdoors, volunteer work, seeks SF, for monogamous relationship, children welcome. Ad#.2424

TAKE A CHANCE ON ME
Outgoing SWM, 28, brown hair, bluish-green eyes, enjoys fishing, swimming, dining out, spending time with friends and family, seeks SF, with similar qualities and interests. Ad#.1404

MUST BE AFFECTIONATE
Physically fit SWM, 39, 6', 180lbs., brown hair, hazel eyes, easygoing, humorous, self-employed, enjoys shooting pool, playing cards, throwing darts, seeks caring, honest, faithful SF. Ad#.7004

MUST BE PERSONABLE
SWM, 45, 6', employed, enjoys playing guitar, crafts, music, movies, seeks sincere, loyal, dependable SM, with a good sense of humor. Ad#.4639

DO YOU QUALIFY?
Handsome SWM, 36, 6'1", 180lbs., brown hair, blue eyes, employed, enjoys working out, painting, playing guitar, singing, seeks intelligent, attractive, warm-hearted SF, 20-28, for long-term relationship. Ad#.6674

SHY BUT OUTGOING
Good-looking SWM, 31, 5'11", 190lbs., blond hair, brown eyes, employed, enjoys reading, music, seeks sincere, honest SM, with a good sense of humor. Ad#.9213

HAS A SERIOUS SIDE
SWM, 37, 5'8", brown wavy hair, bluish-green eyes, fun-loving, employed, enjoys golf, playing drums, throwing darts, movies, seeks honest SF, for possible relationship. Ad#.7047

HONEST AND SINCERE
Attractive SWM, 35, 6', 190lbs., blue-eyed blond, employed, enjoys dining out, working around the house, seeks attractive, trustworthy SF, who knows what she wants out of life, children a plus. Ad#.6229

LOVES ROMANTIC DINNERS
Tall, attractive SWM, 40, light brown hair, blue eyes, employed laborer, likes dancing, the outdoors, camping, fishing, seeks trustworthy SF, to hopefully spend the rest of his life with. Ad#.9558

BACK TO BASICS
SWM, 42, 6'2", 190lbs., N/S, shy, reserved, never married, enjoys country life, music, outdoor activities, seeks honest, romantic, caring SF, for friendship, possible relationship. Ad#.3247

EASY TO GET ALONG WITH
SWM, 27, 5'10", 160lbs., brown hair/eyes, fun-loving, easygoing, employed, enjoys bowling, sports, outdoor activities, building models, seeks SF, to spend time with. Ad#.8096

HONEST LIVING
SW dad, 29, 5'5", dark hair/eyes, caring, outgoing, enjoys computers, bike riding, walking, looking for compassionate, commitment-minded SF, who likes children. Ad#.9873

ALONE AND WAITING
SWM, 40, 5'9", blond hair, blue eyes, friendly, honest, sincere, enjoys music, movies, nature, cooking, fitness, board games, looking for talkative, spontaneous SF. Ad#.6585

APPEALING
SWM, 27, 5'10", 150lbs., brown hair/eyes, fun-loving, easygoing, employed, likes model building, sports, bowling, the outdoors, seeks carefree, honest, compatible SF. Ad#.6548

MY SPECIAL SOMEONE?
Kind-hearted SWM, 27, 5'9", 190lbs., long brown hair, green eyes, hobbies include fishing, watching hockey, seeks SF. Ad#.8325

AM I YOUR WISH?
Fun SW dad, 37, 6', 170lbs., brown hair, blue eyes, mustache, hobbies are fishing, snowmobiling, hunting, fishing, looking for a mature, caring, trustworthy SF. Ad#.6546

KINDRED SPIRIT
Athletic SWM, 29, self-employed, enjoys working out, tennis, golf, seeking an honest, outgoing SM. Ad#.7657

READY TO SETTLE DOWN
Easygoing SWM, 46, 5'10", 160lbs., employed, enjoys woodworking, car rides, swimming, sports, seeks sensitive SF, with similar interests, to share life with. Ad#.3191

GREAT
Honest, unemployed SWM, 32, enjoys playing cards, spending with family, searching for a special, honest SWM, for friendship and possible relationship. Ad#.1506

CONSIDERED ATTRACTIVE
Spontaneous SWM, 35, 5'10", 180lbs., brown hair, hazel eyes, likes the challange of meeting new people, hockey, outdoor activities, wants to meet an outgoing, good-looking, honest SM. Ad#.1535

ROMANCE IS IN THE AIR
Outspoken SWM, 31, 5'7", 180lbs., brown hair, hazel eyes, great sense of humor, seeks honest, faithful SF, who likes camping, dancing and candlelit dinners. Ad#.9161

EVERY WOMAN'S DREAM
Hardworking, clean-cut SWM, 37, 5'9", 175lbs., likes keeping fit, participating in sports, outdoor recreation, antique cars, home repair, seeks compatible SF, who is trustworthy and faithful. Ad#.7018

MIRROR IMAGE
Athletic, fun-loving SWM, 30, enjoys reading, movies, long walks, romantic evenings, seeking a caring, honest, humorous, compassionate SM. Ad#.6941

LOOKING FOR MS. RIGHT
Fun-loving, outgoing SWM, 49, 5'3", 160lbs., enjoys watching movies and going dancing, seeks a SF, who is a good conversationalist. Ad#.7740

SHY, CARING & GIVING
SWM, 33, 5'10", medium build, enjoys collecting old things, watching old movies and taking long walks, seeks a loving, tender, well-mannered SF, for possible relationship. Ad#.1093

NO LIMITS!
Active, outgoing, fun-loving, humorous SWM, 31, 180lbs., brown hair/eyes, disabled, hobbies are fishing, cooking, outdoor activities, seeking a faithful, honest,communicative SF. Ad#.1801

ANSWER MY AD
SWM, 26, 6', brown hair/eyes, good sense of humor, employed, enjoys listening to country music, reading, watching movies, seeking compatible, talkative SF. Ad#.5329

FUN-TO-BE-WITH!
SWM, 37, 5'11", blond hair, blue eyes, enjoys going to hockey games, having romantic dinners, dancing and seeing movies, seeks an honest, trustworthy SF, with a big heart. Ad#.5973

YOUR INTERESTS?
Hardworking SW dad, 32, 6'1", 190lbs., brown hair/eyes, employed, enjoys long walks, biking, time with his daughter, movies, seeking caring, honest, fun-loving SF, who enjoys children. Ad#.3345

NO GAMES, PLEASE
Humorous SWM, 48, 5'8", heavyset, brown hair, blue eyes, moustache, enjoys good conversation, gardening, long walks, seeks honest, faithful, straightforward, humorous SF. Ad#.1314

COMMITMENT-MINDED
SWM, 34, 6'3", 200lbs., brown hair, blue eyes, shy, intelligent, likes computers, the outdoors, walking, wishes to meet an honest, sincere, trustworthy SF, with a nice smile. Ad#.1630

INTRODUCE YOURSELF
Attractive SWM, 36, 5'11", fairly fit, confident, employed, enjoys sports, music and more, seeks honest, outgoing SF. Ad#.7287

MAPLE LEAFS FAN
Easygoing SM, 33, 5'10", 180lbs., brown hair, blue eyes, employed laborer, enjoys sports, darts, long walks, movies, seeks SF, who is pretty laid-back and has a good sense of humor. Ad#.9946

OUTGOING & HUMOROUS
Fun-loving SWM, 40, 5'9", 175lbs., blue-eyed blond, likes sports, biking, skiing, playing ball, seeks honest, caring SF, for companionship. Ad#.4678

WAITING TO HEAR FROM YOU
SWM, 31, 5'10", 180lbs., easygoing, employed, enjoys working out, playing hockey, golf, seeks physically fit, classy SF, with a good head on her shoulders. Ad#.3253

MAKE MY DREAMS COME TRUE
Good-looking SWM, 31, 5'10", brown hair/eyes, kind, sensitive, caring, employed, enjoys movies, biking, walking, seeks honest, open, sincere SWF, who can just be herself. Ad#.7437

PLEASANT APPEARANCE
SWM, 48, blue eyes, neat, secure, sensible, retired, has a variety of interests, seeks intelligent, trim, independent, mature SF, for friendship first, maybe more. Ad#.8535

DETAILS LATER
Nice SWM, 32, 5'8", 190lbs., brown hair, hobbies include fishing, taking short walks and enjoying the outdoors, seeks fun-loving, good-hearted SM. Ad#.6869

WORTH A TRY
Honest, caring, affectionate SWM, 39, 5'7", 150lbs., brown hair, green eyes, enjoys motorcycles, traveling, the beach, seeking faithful, easygoing SF. Ad#.9230

CHEMISTRY?
Good-humored SWM, 35, 5'2", employed, enjoys bodybuilding, quiet evenings, time with the family, seeks open-minded, spiritual, outgoing, sensible SF. Ad#.7374

SOMEONE TO BE THERE
Honest, funny SWM, 25, 6'5", medium build, brown hair, blue eyes, likes collecting antiques, fixing old vehicles, birds, animals, seeks honest, caring, sincere SF, with same interests. Ad#.6860

VERY CARING AND LOVING
Outgoing, friendly SW dad, 25, 5'7", 140lbs., physically fit, healthy, N/S, non-drinker, interests include the outdoors, the movies, TV, would like to meet warm, understanding SF, must like kids. Ad#.8372

LET'S CUDDLE
Blond SWM, 36, 6'1", hazel eyes, congenial, self-employed, hobbies are hockey, quiet evenings, movies, wishes to meet a trustworthy, truthful, loyal SF, children welcome. Ad#.5943

OLD FASHIONED
Clean-shaven SWM, 38, 5'9", 195lbs., salt and pepper hair, conservative, hobbies include camping, hiking, outdoor activities, looking for a confident, self-assured SF. Ad#.7973

VERY ROMANTIC
Athletic, good-looking SBM, 29, 6', 185lbs., adventurous, hobbies include baseball, running, weightlifting, movies, seeks open-minded, adventurous SWF. Ad#.5090

COUNTRY LIVING
Clean-cut, self-employed SWM, 35, 6', 180lbs., brown hair/eyes, honest, trustworthy, enjoys the movies, dining out, country music, gardening, reading, seeks family-oriented, sincere, caring SF. Ad#.8817

CELEBRATE LIFE
Employed, easygoing SWM, 30, 6', brown hair, blue eyes, enjoys swimming, hockey, bowling, children, seeks honest, fun-loving SF, for possible relationship. Ad#.4967

A GOOD PARTNER
Shy, easygoing SWM, 35, 5'8", 180lbs., brown hair/eyes, employed, enjoys art, photography, music, reading, seeks honest, kind SF, who likes to communicate, no game players. Ad#.4141

ZEST FOR LIFE
Physically fit SWM, 40, 6', blond hair, blue eyes, easygoing, understanding, communicative, enjoys golf, skiing, martial arts, seeks outspoken, open-minded, adventurous SF, 5'4"+, N/S. Ad#.9019

AVAILABLE
SWM, 33, 6',175lbs., blond hair, green eyes, attractive, open-minded, mature, adventurous, employed, lives in Brockville area, likes sports, movies, seeks SF, with similar traits. Ad#.7098

SPEND TIME WITH ME
Honest SWM, 48, 5'10", 185lbs., blue eyes, easygoing, employed, enjoys golfing, music, dancing, skiing, cooking, would like to meet honest, faithful, dedicated SF. Ad#.6116

FOR THE GOOD TIMES
SWM, 40, 5'6", 170lbs., brown hair/eyes, open, generous, enjoys long drives, boating, camping, dining out, seeks honest, decisive SF. Ad#.9310

WEEKENDS FREE!
Self-employed SWM, 41, 5'9", 140lbs., long dark hair, enjoys camping, fishing, hockey, movies, seeks humorous SM, with a slim build. Ad#.6758

WILL YOU SHARE WITH ME?
SWM, 42, physically fit, pleasant, kind, fun, self-employed, considerate, likes wood crafts, looking for truthful, trustworthy, outgoing SF. Ad#.8879

DOWN-TO-EARTH
SW dad, 41, 5'9", 165lbs., brown hair, blue eyes, glasses, mustache, employed, enjoys golf, playing pool, horseshoes, sports, reading, seeks honest, humorous SF, who likes kids. Ad#.8929

BROCKVILLE/ST. LAWRENCE
SBM, 39, 5'8", 155lbs., clean-shaven, employed, enjoys the outdoors, farming, seeks compatible, trustworthy, spontaneous, fun SM. Ad#.1497

I KNOW YOU'RE OUT THERE!
SWM, 39, 6', blue-eyed blond, outgoing, fun to be with, enjoys camping, canoeing, darts, volleyball, seeks honest, trustworthy S/DF. Ad#.4398

HOPES AND DREAMS
Employed SWM, 33, 5'9", brown hair/eyes, muscular build, easygoing, hobbies include bicycling, flea markets, wishes to meet loyal, sincere, faithful SM, who is compatible. Ad#.8086

DARES TO BE DIFFERENT
Pleasant, easygoing, shy SWM, 38, 5'7", 175lbs., reddish-brown hair, enjoys sports, cooking, seeks truthful, honest, friendly SM. Ad#.6354

RETURN MY CALL
SWM, 37, 5'7", brown hair, hazel eyes, can be quiet and happy, enjoys traveling, camping, movies, playing cards, seeking honest, fun-loving SF. Ad#.8284

HAPPY-GO-LUCKY!
Tall SWM, 38, blue-eyed blond, outgoing, likes to joke around, enjoys darts, volleyball, camping, seeks honest, trustworthy, humorous S/DF. Ad#.4066

OPEN YOUR HEART
Humorous, upbeat SWM, 35, 5'6", 185lbs., short blond hair, self-employed, enjoys swimming, sports and fast cars, seeks honest, trustworthy SF, Ad#.1983

BE HAPPY WITH ME
Cheerful, upbeat SWM, 39, 5'11", 165lbs., black hair, hazel eyes, employed, enjoys bowling, flea markets, seeks honest, levelheaded, spunky SF. Ad#.1847

VALUES INTEGRITY
SWM, 32, 6'6", 265lbs., blue-eyed blond, quiet, humorous, enjoys golf, boating, camping, hiking, movies, seeks honest, communicative SM. Ad#.8057

HONEST & SINCERE
Easygoing, laid-back SWM, 34, 5'10", 160lbs., brown hair, blue eyes, employed, enjoys baseball, bowling, music, seeks trustworthy SF, with similar interests, for long-term relationship. Ad#.9510

FRIENDSHIP FIRST
SWM, 35, 6'2", 190lbs., blond hair, N/S, enjoys country life, nature, outdoor activities, seeks SF, 23-35, who is honest, romantic and caring. Ad#.7478

TRUE HAPPINESS
Fun-loving, honest SWM, 36, 6'2", 185lbs., light brown hair, greenish-blue eyes, enjoys nature walks, movies, fine dining, good conversation, seeks trustworthy SF, kids welcome. Ad#.2024

SWEET VOICE
Comical, fun-loving SWM, 30, 5'11", 186lbs., long brown hair, employed, hobbies are reading, music, movies, seeks honest, exciting SM, for friendship. Ad#.4210

THE PERFECT GIRL?
Good-looking, down-to-earth SWM, 30, 5'10", brown hair/eyes, employed, likes relaxing at home, movies, walking, jogging, seeking trusting, kind-hearted, childless SF, who's not a phony. Ad#.9711

COMPASSIONATE
Well-built SWM, 30, 5'7", outgoing, humorous, gentle, artistic, open-minded, hobbies are playing guitar and swimming, seeks understanding, witty SM. Ad#.9010

GOING MY WAY?
Humorous SWM, 40, 5'9", 140lbs., long dark hair, brown eyes, self-employed, likes fishing, camping, outdoor sports, seeks dependable, nice-looking, personable SM. Ad#.6566

BIG TEDDY BEAR
SWM, 33, 6'4", 270lbs., blue eyes, adventurous, honest, enjoys sports, comforting times, TV, seeks outgoing, straightforward, caring, bashful, witty SF. Ad#.5415

LIKES REDHEADS
SWM, 38, 5'10", dark brown hair, blue eyes, mustache, fun-loving, outgoing, employed, likes outdoor activities, seeks honest, humorous SF. Ad#.1368

BEST FRIENDS
SWM, 33, 6'1", 175lbs., short brown hair, blue eyes, likes to joke, self-employed, likes four-wheeling, hiking, walking, movies, traveling, seeking trusting, dependable SM. Ad#.2826

GOAL-ORIENTED
SW dad, 30, 6'2", 125lbs., brownish-blond hair, blue eyes, easygoing, employed, enjoys time with son, walks, movies, seeks easygoing, funny, happy SF, who likes kids. Ad#.6456

TEACH ME TO DANCE!
SW dad, 25, 5'10", brown hair/eyes, fun-loving, compassionate, enjoys electronics, radios, cars, seeks honest, open-minded SF, who is good with kids. Ad#.9524.

GOOD TO KNOW
Good-looking SWM, 25, 5'10", employed, enjoys biking, taking walks, movies, hanging out with friends, seeks down-to-earth, honest SM. Ad#.8326

ADVENTURESOME
Professional SWM, 48, 5'10", 210lbs., humorous, outgoing, enjoys motorcycling, camping, the outdoors, seeks honest, friendly, spontaneous SF. Ad#.8158

LIFELONG HOPES
Shy-natured, sensitive SWM, 40, 5'9", 135lbs., romantic, enjoys sports, model building, seeks honest, affectionate, loving SF, to relate with. Ad#.3797

ARE YOU THE ONE?
SWM, 35, 6'2", brown hair, hazel eyes, outgoing, romantic, enjoys long romantic walks, star gazing, cuddling on the couch, seeks honest, compatible SF. Ad#.2092



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YORK 1500 BENCH, weights, Dynaster skiis 170, Rosignal 180, Nordica boots 12, Garret metal detector, Trap shoes, 10, 12, 13. All very good condition. Call 534-8360.

WANTED: GARDEN tractor with snowblower. Any condition. Please call 938-3664 after 5:00 pm.

C H I R - O - M E D WHIRLPOOL, portable, like new. Boston Breeze oil burner, must be combined with wood stove, ideal for home, cottage or garage. 3 sections of decorative black wrought iron dividers, 1 section 3' wide, 2 other sections, each 18" wide. Phone 525-3349.

PURPLE MARTINS. 18 compartment craftsman built Purple Martin houses. Perfect gift for the bird lover. Pole assembly & free installation in Cornwall area available. Phone 932-8902.

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1 BLACK WROUGHT IRON chandelier. 8 lights, oval shape. Phone 938-8301.

CHRISTMAS TREES - Spruce, White Pine, Red Pine. $20. each. Can cut your own by appointment. Call 525-4884.

6 ARTICLES WANTED

WANTED: STAINED glass tools and grinder. Call 938-1801.

WANTED
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Top $$$ paid.
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7 AUCTIONS

AUCTION SALE
SATURDAY December 6th
11:00 am sharp
McConnell Ave. to 401 over-pass to Service Road Just North of Fifth Wheel.
Watch for Auction signs.

1979 Lincoln, as is, 1981 international 5 ton boom truck with 85,000 km as is, 1 Ford 6 ton lift truck, 1 Sel Air 185 air compressor, 1 Sel Air 3000 C.F.M., 1 Gardner Divener 190 compressor, 3/4 ton truck, Chev truck as is, 1 tuk welder 160 amp., Kosher pressure washer, electric compressor 1 h.p. 2 sand blast pots with hoses, mego 390 electric exless paint sprayer, 1000 ultra M airless sprayer, safety belts, and harness, Boston swing chair, 14 horse power colter, Mata compressor (250 psi), 2 purifiers for sand blasting, ladders, paint, pots, aprons, cables, 3 spools of 1/2 elevator cable, 500' to spool floor lights and ceiling fans, water cooler, towel depressor, hand cleaning machine, hoist, battery charger, oil drum.
Craftsman snow blower for riding lawn mower pipe trybleners 25 ton toe jack.
The owner has a few reserve bids on some items.

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Refreshments available.

9 FARMERS MARKETS

DRY FIREWOOD for sale. Ash, Elm, Maple, Birch. Also Pine & hardwood tongue & groove flooring, Pine V-joint for walls & ceilings. Call Robertson's Sawmill. 528-4262.

13 AUTOS FOR SALE

FIBREGLASS TOP with full steel door for Jeep YJ. Only $500. Andy's Auto Sales, #5233, Hwy. 138, beside Ryder Trucks. 938-8968.

ESTATE AUCTION SALE
~ THREE ESTATES ~
Antiques, Grandfathers Clock; Household
St. Mary's Centre, Williamstown, Ontario
Sat., December 6th • 10:00 a.m.

ESTATE OF MRS. FLORENCE EVELYN JONES
Knee hole side board; ladies dropfront desk with 2 drawers & brass gallery; Limoge china place setting for 10 with white background with gold trim with serving pcs.; Birk's Louis the 14th sterling flatware for 8, with serving pcs.; estate jewellery including ladies watches, 10K 1920 Waltham, 14K watch, 10K Longines; silver evening purse; other misc. articles.

ESTATE OF MISS GERTRUDE MOREAU
Wing back chairs; two rose & thistle side chairs, 3 tiered tea wagon; carved coffee table & lamp table; pedestal pie crust table; two oriental area carpets; Hespeler bedroom set (including single sleigh bed, chest of drawers, vanity & stool & night stand; figurine lamps; cherub vases; Royal Doulton "Autumn Breezes in 1934", 12" china native Indian figurine; occasional chairs; pictures with lovely fames; J. Henderson oil paintings; foot stool; Birk's sterling dresser set; linens; flatware for 8 with chest; Aynsley bone china place setting for 8 "Windover"; Nippon; Schaw Back Kunot figurine 1396; dining table; end tables; sofa & chair; chest of drawers; T.V.; other misc. articles.

ESTATE OF MRS. GRACE DEEBANK
Dining room table, 6 chairs, buffet & glass door china cabinet; East Lake parlour table; Stanley piano & stool with ball & claw foot; press back rocker; metal doll house circa 1945; music director's baton; trunks including small 12" wide by 28" long; 3 pc. bedroom set with box spring & mattress; dresser & vanity; chest of drawers; treadle sewing machine; sofa & chair; baskets; bookcase; desk & chair; G.E. fridge, 4 yrs. old; stove; washer & dryer; bicycle; dehumidifier; supercycle; elec. furnace; other misc. articles also antique Grandfather's clock.

TOY CONSIGNMENT
Approx. 50 toys, all toys in excellent condition including puzzles; Fisher Price activity centre for bath or playpen; Smithsonian laboratory & microchemistry (new); table hockey game; Hot Wheels with case; baby train; toy elephant; fire engine complete with working ladder; grocery cart; doll carriage; rocking chair; wheelbarrow with tools; vacuum; two four wheel ride-on (Ty and up); Robocop weapon arm., etc., also large sleigh coffee table; new G.E. counter top black range; sofa bed; 2 Farley windows; round pine table; sewing machine & cabinet; chrome clothing display racks; glider rocker; Yokohama & Michelin tires.

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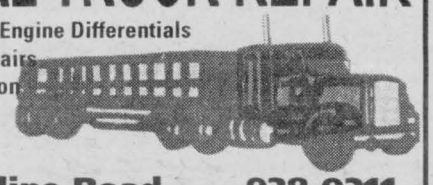
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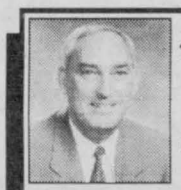
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JSB LAWNS. Snow removal of driveways & walkways. Daily rates & seasonal rates. Call 346-2495 for a reasonable price.

24 BABYSITTING

NEW YEAR'S EVE. Going out? Looking for reliable babysitter? Non-smoker, bilingual. Reserve now. Call 938-0460.

EXPERIENCED MOTHER OF ONE, non-smoker, willing to babysit children in my home anytime. Overnights welcome. Lots of TLC. Good & healthy meals & snacks. Lots of toys & activities. Big back yard. References. East end. Call 938-0460.

25 CHILD CARE

A CHILD'S SECRET GARDEN Day Care of the Arts now accepting winter registrations for full & part-time students until Dec. 12th. Phone 936-6730 for more information.

26 BOATS/ MOTORS

1988 LARSON SENZA, 175, V-8 OMC Cobra, sport interior, clean & fast. $10,500. with trailer. Call 528-4038, leave message.

29 REAL ESTATE

PRICES SLASHED! North end. 2 properties. 3+1 bdrm bungalow. Many extras! Also, 4-unit apt bldg, large 2 bdrm units. Must be sold! Call Don @ Latreille Real Estate, 938-3800.

34 HOUSES FOR RENT

$550/MTH, 3 BDRM house with garage, oil furnace. Pay your own utilities. Located in East end. Also, 3 bdrm house, $510/mth, located on Guy St. Pay own utilities. No pets. Both available Jan. 1st. Local call 361-0248.

NEWLY RENOVATED 3 bdrm semi detached for rent. Post 17691, about 1.5 miles east of St. Andrews at light. Available now. $500/mth, pay own utilities. Call 937-0048.

3 BDRM BRICK bungalow on Marydale. Avail. immediately. Large recroom, patio doors to deck, attached double garage, hardwood floors, oil furnace. Pay your own utilities. Call 936-0229.

WATERFRONT BUNGALOW for rent. West of Summerstown. 2 bdrms, fridge & stove included. $700/mth, pay own utilities. Phone 932-0928 after 6:00 pm.

3 BDRM, WEST END house for rent. Hook-ups, garage, oil heated. $690/mth, plus utilities. Option to buy. References. No pets. Call 938-2878.

NEW 3 BDRM semi. 2207 Tollgate Road. $650/mth, plus utilities. Call for appointment, 931-2594.

35 HOUSES FOR SALE

SEMI DETACHED, 510 Jase, three bdrms, open concept, finished basement, fenced yard, pellet stove, pool & more. Asking $99,900. Phone 933-1998.

PRIVATE SALE, 141 Glen Oaks Court, Cornwall. Open House Sundays, Nov. 16, 23, 30 & Dec. 7, 2:00-4:00 pm. Large 3 bdrm bungalow, w/2 bdrm basement apt. Fenced yard, 28' above ground pool, optional. Asking $129,500. Open to offers. For appointment, call 936-6878.

BOTH PRICE REDUCED! Private sale.Triplex on Alice, partly renovated. Also, 4 bdrm brick house, good location, 537 Adolphus. $3,000. downpayment from qualified buyers. 932-2135.

NEW CONSTRUCTION, 109 Brookside, off Tollgate Rd. East, 2 bdrm semi, FAG, paved drive, patio deck, hardwood floors. $96,900. Markell Homes, 938-3886.

38 OFFICES/ STORES BLDGS.

FOR RENT MONTHLY or lease front store or shop, 1800 sq.ft. plus 700 sq. to 8000 sq.ft. shop or storage, available now. Call 933-4914.

STORE FOR RENT, divided in 3 rooms. Corner of Pitt & Third. Parking. Ideal location. Available immediately. Phone: 932-2135.

51 SNOWMOBILES

SNOWMOBILES WANTED for parts only. We have a good selections of used parts for sale. 1979 Kawasaki Invader 340 liquid for sale, no motor, $300. Call Marcel 525-3092.

53 FARM MACHINERY

FARM CIRCULAR SAW, 20" blade, $200. Dry kindling wood, 1 1/2 cords, $25. Call 534-2731.

55 OFFICE EQUIP /FURN.

COMPUTER TRACTOR PAPER, 14-7/8"X8-1/2", 3,500 sheets/box non-perforated. Call Tom 933-0014.

FAX PAPER FOR SALE, Telefax 4000, 5000 + 9000 rolls. Call Tom 933-0014.

57 DJ'S

QUARTER TON'O'FUN D.J.'s. Music for all occasions. Over 20 years experience. Reasonable rates. We are the Music Heavyweights. Andre: 938-6252.

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218 11th St. W. 10 offices for rent. $200 each/mo. Heat & lights included.

408 Pitt St. 3000 sq. ft. top floor 1,200 sq. ft. lower front office.

410 Pitt St. store for rent 1,300 sq. ft. heated

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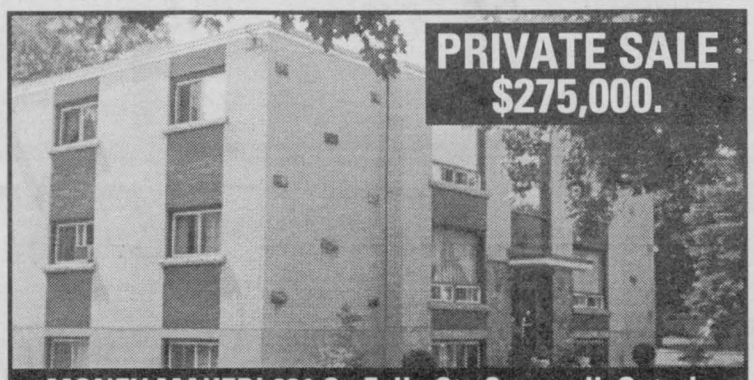

PRIVATE SALE $275,000.

MONEY MAKER! 631 St. Felix St., Cornwall, Ontario Six - three bedroom units, ex. cond., quiet, shopping, net monthly profit $2,850, for appointment 932-4005.

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POWER SOURCE DJ's. Professional, mobile, DJ's. Music for all occasions. Specializing in stags, weddings. Karaoke available. Don't take a chance, book in advance. Call now! Ray: 938-1962 or Rod 936-0652.

59 LIVE ENTERTAINMENT

LEARN AMAZING GRACE in 6 lessons. Cornwall's Leading Bagpiper. 1987 World Champion band offered me a position. For lessons, cassettes, weddings, funerals. Bruce Bateman, 613-933-9317.

68 CARTING/MOVING /STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

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71 HALL RENTALS

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, over-head projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $400. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

76 PET LIVESTOCKS

BEAUTIFUL PUPPIES: Christmas Specials: Beagles, Poodles, Pom/Chihuahua mix, Shih Tzu's, Lhasa/Shih Tzu mix, Shelties & others. Dewormed. Will hold 'til Christmas. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

LOOKING FOR GOOD country home, due to allergies, female, part Norwegian-part Collie, approx. 9 mths. old, named Sheeba, black & white. Great with children. Call 933-5115.

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POMERANIANS, males & females, ready for Christmas. Collies, males & females, ready to go. Siberian Huskies, males & females, blue eyes, ready to go. Call 938-2962.

85 PERSONALS

PSYCHIC CLINIC. Hi & welcome. Starring: Elantis Allan. Featuring free Tea Cup or Crystal Ball predictions with each Tarot Card reading. Confidential & reasonable. 938-2918.

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- Microsoft Works

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WHO QUALIFIES?

GUIDANCE SERVICES Guidance counsellors are available to help you select the courses you will need to receive your Ontario Secondary School Diploma

Each of the courses offered at the Lifelong Learning Centre consist of 110 hours of in school instruction. Each has been developed in accordance with the requirements of the Ministry of Education and Training. The courses we offer are not independent study or correspondence courses. They are taught by qualified teachers, in a classroom environment.

For Further Information Call 930-9928

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Roger Davidson, Director of Education
Michel Pilon, Board Chairperson
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HELP WANTED

PROJECT FACILITATOR

The Ministry of Education and Training is seeking applications for the position as Facilitator for the BRIDGES: FOCUS ON EDUCATION AND TRAINING project. This project will address the career needs of workbound students from selected secondary schools in the S.D. & G. Public School and Separate School Boards. The focus of the project will be on Agriculture and Agra Business.

REQUIREMENTS:

- Possess knowledge of practices and techniques associated with relevant industry.
- Ability to develop and conduct relevant awareness and education programs.
- Demonstrated ability to be creative and innovative.
- Ability to work with adolescents, teachers and administrators at the secondary level and partners in local related businesses.
- Possess college diploma or equivalent

DUTIES

- Coordinate and manage students in a broadbased initiative to improve career awareness and focus on career development.
- Assist participating students in developing meaningful career plans.
- Assist in the delivery of relevant programs at the secondary level.
- Prepare reports for the Project Coordinator on initiatives undertaken.

CONTRACT TIME: January - June '98

ASSETS: Experience in teaching and experience in areas related to the focus of this project.

SUBMIT RESUME TO: **Seaway News**
29 Second Street West, Box #244
Cornwall, Ontario K6J 1G8

Deadline for receiving resumes is 4:00 on Friday, **December 5th, 1997**

Only applicants chosen for interviews will be contacted.

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Housekeeper/Cook for family of 4. Live-In/Out. Must have references. Call 000-0000.



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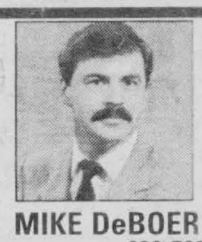

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Broker 938-7802



TODD THOMPSON
Sales Rep. 938-0640



GINETTE CAMPBELL
Sales Rep. 932-1609



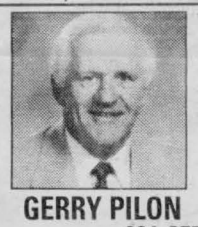
MICHAEL VANDER MEER
Assoc. Broker 534-2950



JUDI AUGER
Sales Rep. 931-3293



ERIC PEDERSEN
Broker 938-9690



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BUSINESS MACHINE & FABRICATION SHOP
(J-MLS 4799) lot 315'x210', east end of Cornwall.
CHARLES SAYYEAU 933-1558



1214 CHURCHILL $59,900
(A-MLS 5105) Full lot, oak kit. cpbds. close to all amenities.
CHARLES SAYYEAU 933-1558



415 5th ST. E. $64,900
(A-MLS 5195) Centretown, 3 bdrms., forced air gas heating, hdwd floors.
CHARLES SAYYEAU 933-1558



306-A-B BELMONT $59,900
(A-MLS 5073) Maintenance-free, very clean triplex w/3 bdrm. owner's unit. Tenants pay own util.
MAURICE DROUIN 933-6146

NEW LISTING



334 GUY $62,900
(A-MLS 0020) Maint-Free 3 bdrm. with kitchen washer/dryer hookups, det. garage.
MAURICE DROUIN 933-6146



WHY PAY RENT
(A-MLS 5243) when you can own this beautiful century home for as little as $505/mth. A must See!
NEW PRICE $67,000
DIANE BENOIT 930-4880



NEW LISTING
577 JASE $112,000
(A-MLS 0017) Beautiful open concept raised bung., partially finished basement
DIANE BENOIT 930-4880



LONG SAULT $79,900
(M-MLS 4560) Great family home, centre hall plan, fireplace, hdwd floors, sunroom, great kitchen, close to park
MIKE DeBOER 938-7802



907 RIVERDALE AVE. $169,900
(A-MLS 5298) large family wanted! 5 bdrms., eat in kitchen, formal dining rm, wood burning frpl in family rm, spacious foyer. Solid home.
MIKE DeBOER 938-7802



MAXVILLE $89,900
(I-MLS 5299) 1271 sq.ft., all brick bungalow
TODD THOMPSON 938-0640



REDUCED
104 9TH ST. W. $49,900
(A-MLS 5300) Shows well, priced to move
TODD THOMPSON 938-0640



NEW LISTING
CENTRETOWN $69,900
(A-MLS 0024) Forced air gas & gas fireplace. Good starter.
TODD THOMPSON 938-0640



877 LAFLIN AVE. $104,900
(A-MLS 5103) Beautiful 4-level split featuring 3 bdrms., rec rm, fireplace, pool, dbl paved drive, much more
GINETTE CAMPBELL 932-1609



$76,900
(A-MLS 0014) Excellent home w/extra income, 5 bdrms. now being used as a duplex, garage.
GINETTE CAMPBELL 932-1609



NEWINGTON $41,500
(O-MLS 5288) Repossessed 3 bdrm., many improvements, rec rm w/woodstove
MIKE VANDERMEER 534-2950



R.R. #1 ST. ANDREWS $87,900
(M-MLS 5302) 3 bdrm. brick bung., w/shop, ideal for mechanic.
MIKE VANDERMEER 534-2950



COUNTRY $186,900
(M-MLS 5104) 2600 sq. ft. exec. bung. w/dbl. garage on 1.65 acres
MIKE VANDERMEER 534-2950



HWY 2 COMMERCIAL LONG SAULT $69,900
(M-MLS 4831) 100x180 lot -w/additional lot & duplex
MIKE VANDERMEER 534-2950



LARGE 3 BDRM. $68,900
(M-MLS 5153) Hardwood floors & main floor family room
MIKE VANDERMEER 534-2950



CHRYSLER $109,500
(N-MLS 5150) just north of village, 1400 sq.ft. bung., 4 yrs. old.
MIKE VANDERMEER 534-2950



MOOSE CREEK PRICED TO SELL $38,900
(L-MLS 5152) Repossessed 6 bdrm. home with recent addition.
MIKE VANDERMEER 534-2950



HOBBY FARM 124,900
(O-MLS 5016) Osnabruck Twp., 50 acres, home shows like new.
MIKE VANDERMEER 534-2950



MONKLAND $69,900
(L-MLS 5013) Fully renov. 3 bdrm, hdwd floors, 4 season sunroom
MIKE VANDERMEER 534-2950



LONG SAULT $169,900
(M-MLS 5265) Exec. home, 1872 sq. ft. brick bung., Blue Maxx Construction.
MIKE VANDERMEER 534-2950



VICTORIAN $209,900
(M-MLS 4875) Recreation of an old beauty on 32 acres, just outside city.
MIKE VANDERMEER 534-2950



311 ADOLPHUS $44,900
(A-MLS 0010) Great starter home or rental property.
MIKE VANDERMEER 534-2950

NEW LISTING ESTABLISHED RESTAURANT FRANCHISE $99,900
(A-MLS 0012) Business only, good East end location.
MIKE VANDERMEER 534-2950



CHOICE LOCATION $154,900
(A-MLS 5194) 5 level split, main FL. family, formal dining rm.
JUDI AUGER 931-3293



RENOVATED 3 BDRM.
(J-MLS 5082) Clean, country home + 1200 sq. ft. garage, great for a home business.
JUDI AUGER 931-3293



SUMMERSTOWN $62,900
(J-MLS 5306) 2 bdrms. frpl., melamine cupboards.
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HEADLINE RD. E.
(A-MLS 5259) Quality fin., 1856 sq. ft., cannot be described in this space. Call to view!
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LOTS OF HOUSE FOR $115,500.
(A-MLS 5211) Backsplit, 3 bdrms. & large lot, compare & see!!
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(A-MLS 4945) 3 bdrm. semi
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CITY $66,000
(A-MLS 5020) Clean 3 bdrm. bung., partially fin. bsmt. Too good to be true at this price? Call Me!!
JUDI AUGER 931-3293

RIVERDALE $114,000
(Incl. GST)
(A-MLS 5234) Newly constructed 3 bdrm., partially fin. bsmt., offers a great riverview.
JUDI AUGER 931-3293

EAST END $119,900
(A-MLS 5283) Spotless 1545 sq. ft., formal dining rm., large living area, frpl., C/A.
ERIC PEDERSEN 938-9690

SUNRISE ACRES $138,900
(A-MLS 5280) 3+1 bdrm. backsplit, family rm., garage, inground pool.
ERIC PEDERSEN 938-9690

MONTREAL RD. $64,900
(A-MLS 5281) commercial zoning. Store + 2 bdrm. apt.
ERIC PEDERSEN 938-9690

$25,000 + STOCK
(A-MLS 5231) Smoke shop & lottery centre, 9-year operation.
ERIC PEDERSEN 938-9690

RIVERVIEW LOTS
One with owned waterfront and two with R.O.W. to river, near Cornwall Golf.
From $60,000
GERRY PILON 931-3555

747 MONTCALM $84,500
(A-MLS 5258) This semi has 1134 sq. ft., att. garage, inground pool, rec rm. with frpl. & whirlpool
GERRY PILON 931-3555

242 8th STREET EAST $59,800
(A-MLS 4796) Spacious 3 bdrm. home on large lot, gas heat.
GERRY PILON 931-3555

MURRAY HILL HOTEL $350,000 (A-MLS 5202) 32 units & 2 bdrm owner's apt., Maxi's Pub & lic. dining room.
GERRY PILON 931-3555

Dear Santa...



Dear Santa,

Hi, my name is Travis Derouchie. I'm two years old. I've been a good boy this year.

For Christmas I would like to have, Tickle Me Elmo, Tonka trucks, cars and pajamas.

Thank you Santa and I promise to be good next year.

Love Travis.

P.S. I will leave you cookies and milk.

Dear Santa:

I would like to have a GT Snow Racer, musical instruments, a play tent, a farm set or a laser set. My sister Daisy would like a doll. Thank you. I love you.

Travis Tyo

Dear Santa,

My name is Tyler and I'm 4 years old. I have a little sister, Krista who is 18 months old. We are waiting to see you again. I have lots of toys and Krista wants a doll, and maybe a garage for me.

Love Ya,
Krista & Tyler Brunet

P.S. Nana is writing for me.

Dear Santa:

My name is Ty Kinstler and I am 6 years old. I've been a good boy this year. For Christmas I would like: a spiderman car; walkie talkies; Transformers; Hot Wheels; remote control plane and Connect 4.

I will leave a Nutri-Grain bar for you and some dog cookies for the reindeer. Thank you for last year's gifts.

Love,
Ty Kinstler
xo

Dear Santa:

My name is Emily Kinstler and I am 5 years old. I have been a really good girl. When I grow up I want to be a girl that dances in the parade.

For Christmas this year I would like: Talkin' Tots, Doodle Bear, Bottle Baby, Magic Stroller Baby, and Princess Angel Barbie.

Thank you for my gifts from last year. I will leave toast with jelly for you and your reindeer.

Love
Emily Kinstler
xo

Dear Santa:

My name is Zachary Pilon. I am 5 years old. I have tried to be good all year but sometimes it was very difficult.

For Christmas I would like: Darts & Dart Board; Batman & Robin; Beasties; Buzz Lightyear; Western Toy Town; Spiderman toys.

P.S. Please get my 2 older brothers Nintendo 64.

P.S. Thanks for all my stuff last year.

Love,
Zachary Pilon

Dear Santa:

My name is Tabatha Pilon. I am 3 years old. I have tried to be a good girl all year.

For Christmas I would like: Little Mermaid Toys; Barbie Dolls; Molly The Dolly; books and new clothes.

I will leave you milk and cookies. Please get my daddy a new dart board.

P.S. thanks for the gifts last year.

Love,
Tabatha Pilon

Dear Santa,

My name is Ryan and I am 5 months old. This will be my first Christmas and I just can't wait. My little friends and cousins tell me if I'm a good boy all year, you'll spoil me come Christmas. Here are a few things that I would like: clothes, toys, Walt Disney videos and maybe even a little treat for mommy and daddy.

P.S. Looking forward to meeting you for the first time.

Love,
Ryan Deschamps

Dear Santa:

I would like a wedding Polly Pocket, a kitchen set, a vanity set, or a doll house. I like my presents. I love you.

Delores Taillon

Dear Santa,

My name is Shane Lafave and I live in Summerstown Station on Hay Road. I am 3-1/2 years old so mommy is writing this letter for me. Mommy says I have been a very good boy all year, so I am looking forward to your visit. For Christmas I would like Talking Barney, a Worker's Set, a movie and books. I also would like a gun and a jogging suit. Thank you and Merry Christmas.

Love,
Shane Lafave

P.S. I will leave some milk and cookies for you and sugar for your reindeer.

Dear Santa,

Hi, my name is Connor Nixon and I am 19 months old. I have tried very hard to be a good boy this year, but it's really hard.

For Christmas I would like some new trucks, some balls, a jeep and anything else you would like to bring me.

Maybe you could bring something for mommy and daddy too, since they take such good care of me.

Love,
Connor Nixon
Cornwall

P.S. I will leave cookies and chocolate milk for you and sugar for the reindeer.

Dear Santa,

My name is Shawn Walters (6 yrs old) and my sister Chelsey (2 yrs old). We saw your parade and waved to you. Chelsey wants a carriage and please bring me video's. And don't forget something nice for our new baby, Brandon who is 3 months old.

Love,
Shawn & Chelsey
Walters

P.S. Hope daddy finds work soon.

Dear Santa Claus

Hi my name is Bradly Scot Trepanier and I am 3 years old. Before we get down to business I would like to thank you for all my Christmas gifts last year. I have tried so hard to be a good boy this year but you know how it is sometimes we have our good days and our bad days. For Christmas I would like a hot wheels track, some hotwheels, a big car, a guitar and some new clothes and maybe a computer game if you can fit it into your sack. Don't forget to bring something nice for my new sister Megan. We will leave you and the reindeer some special treats.

P.S. Don't forget Mommy and Daddy and also a small ball for my cat Whiskars.

Lots of Love
Bradly Trepanier
Dunvegan, Ontario

Dear Santa Claus

Hi my name is Megan Marie Trepanier and I am 5 months old. Since this is my first Christmas my mommy is helping me write this letter. For Christmas I would like a doll, and some new clothes since I am growing so fast. I will leave some cookies and a cold glass of milk for you and some carrots for your reindeer.

P.S. Don't forget to bring something nice for my big brother Bradly and also something for Mommy and Daddy

Lots of Love
Megan Trepanier
Dunvegan, Ontario

Letters to Santa can be dropped off at the Seaway News office at 329 Second St. W. (beside the Howard Smith Credit Union)

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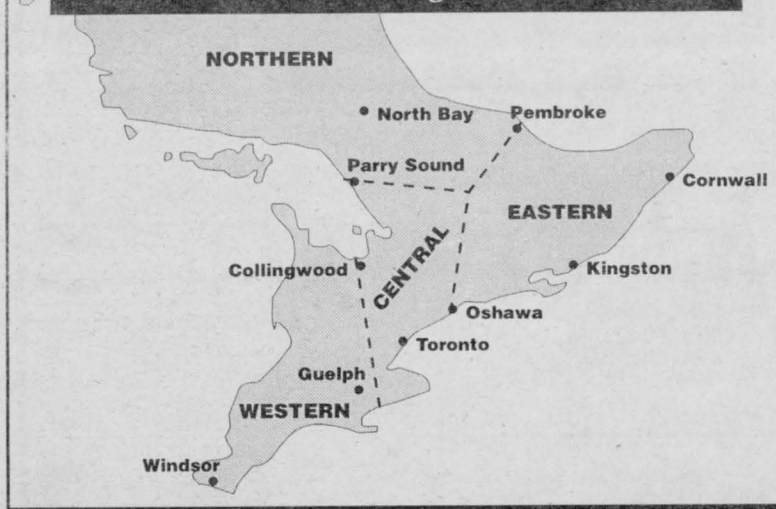

ALL ONTARIO INSERTION

WESTERN ONTARIO
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Cost for 25 word insertion: . . .$130.
Each additional word over 25: .$3.50

CENTRAL ONTARIO
Number of newspapers: 46
Minimum circulation: 402,958
Cost for 25 word insertion: . . .$134.
Each additional word over 25: .$3.50

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Number of newspapers: 50
Minimum circulation: 558,281
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Each additional word over 25: .$3.50

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SEAWAY NEWS 329 2nd Street West, Cornwall
Tel.: 933-0014 Fax: 933-0024

Obituaries

LABELLE - Aldina Mary

Passed away at the Parisien Manor, Cornwall, on Sunday, November 2nd, 1997.

Mrs. Aldina Mary Labelle, in her 86th year, born in Lochiel Township, formerly of Carleton Street, Cornwall.

Dear daughter of the late Frank Davidson and the late Elise Viau.

Beloved wife of the late Israel Labelle.

Loving mother of Claude Labelle (husband of Corrie VanRiel) of Cornwall and Robert Labelle (husband of Iris Durocher) of Smiths Falls, Ontario.

Dear sister of Mrs. Dot Kinggett of Chesterville, Ontario; Mrs. Adele Laflamme; Laurette (Mrs. Maurice Bergeron); Yvette (Mrs. Amby O'Brien) and Jean (Mrs. Joe McGlynn), all of Cornwall.

Loving grandmother of ten grandchildren, fourteen great grandchildren and three great great grandchildren.

Predeceased by one daughter, Pauline Labelle; two sons, Gerald and Maurice Labelle; and by four brothers, Rheal, Rolland, Alf and Albert Davidson.

The funeral took place on Wednesday, November 5th, 1997 from the Boulerice Funeral Home Ltd., to St. Peter's Church at 10:00 a.m. Interment at Nativity Cemetery, Cornwall. Reverend George Maloney, Pastor of St. Peter's Church officiated.

The pallbearers were members of the Nativity Guards.

LAGUE - James Robert

Passed away at the Cornwall General Hospital on Friday, October 31st, 1997.

Mr. James Robert Lague, in his 85th year, born in Cornwall Township, of R.R. #1 St. Andrew's West, Ontario.

Dear son of the late Eli Lague and the late Ellen Fountain.

Beloved husband of Rita Lague (Walker).

Loving father of Sheldon Lague (Connie) of Cornwall; Barbara (Mrs. Rene Waldroff) of R.R. #1 St. Andrew's West and Wanda Lague (Mrs. Norman Campeau) of Cornwall.

Loving grandfather of eleven grandchildren, Roxanne, Brenda, Kevin, Gary, Lisa, Pam, Lori, Robert, Robin, Jennifer and Phillip. Loving great grandfather of six great grandchildren.

Dear brother of Mrs. Ellen Johnston of Cornwall.

Predeceased by two daughters, Mrs. Patsy Brown and Mrs. Donna Leblanc; one granddaughter, Cindy and by several brothers and sisters.

The funeral took place on Monday, November 3rd, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to the Memorial Chapel, followed by cremation at the South Branch Crematorium. Father Dean Purdy of the Church of the Good Shepherd officiated.

LALONDE - Clorinda Elize

Passed away at her residence on Sunday, November 2nd, 1997.

Mrs. Clorinda Elize Lalonde, in her 87th year, born in Limoges, Ontario, of 1532 Pitt Street, Cornwall.

Dear daughter of the late Remi Tremblay and the late Alexina Dupuis.

Beloved wife of the late Rene Lalonde.

Loving mother of Edmond Lalonde of Cornwall; Norman Lalonde (Barbara) and Claude Lalonde (Ghislaine), both of Sudbury; Veronica (Mrs. Aurelle Amyotte); Leona (Mrs. Raymond Page); Pauline (Mrs. Guy Cote) and Miss Claudette Lalonde, all of Cornwall; Irene (Mrs. Paul Desrochers) of Apple Hill and Shirley (Mrs. Earl Amell) of St. Andrew's West.

Dear brother of Amedee Tremblay (Florence); Mrs. Rita Seguin and Blanche (Mrs. Paul Givogue), all of Cornwall.

Also survived by thirty-eight grandchildren, eight-seven great grandchildren and three great great grandchildren.

Predeceased by one son, Percy Lalonde (husband of Gwen Labelle); four grandchildren; three great grandchildren; three brothers, Albert, Alpha and Henry Tremblay and by two sisters, Miss Bertha Tremblay and Mrs. Viola Seguin.

The funeral took place on Tuesday, November 4th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to Blessed Sacrament Church. Interment at St. Andrew's Parish Cemetery. Reverend Kelvin Maloney of Blessed Sacrament Church officiated, assisted by Reverend James Blomeley, Deacon.

The pallbearers were Rene Lalonde, David Amyotte, Danny Lalonde, Luc Lalonde, Gary Desrochers and Roland Dixon.

LALONDE - Marjorie Helen

Passed away at the Hotel Dieu Hospital on Tuesday, November 4th, 1997. Mrs. Marjorie Helen Lalonde, age 72 years, Member of St. Columban's Parish C.W.L.

Beloved wife of the late Claude Lalonde.

Dear daughter of the late W.A. MacMillan and the late Helen Johnston.

Loving mother of Roger Lalonde (Claire); Paul Lalonde; Gerald Lalonde; Ronny Lalonde (Carole), all of Cornwall; Richard Lalonde (Mary) of Wallaceburg, Ontario; Bob Lalonde (Cathy) of Toronto; Armande (Mrs. Bill Sloan) of Potsdam, New York and Lynne (Mrs. Kent Alguire) of Cornwall.

Dear sister of Duane MacMillan of Vancouver, British Columbia and Sandra (Mrs. Tuck Nishimazuru of Coaldale, Alberta.

Dear aunt to Robert Nishimazuru of Lethbridge, Alberta.

Sadly missed by her grandchildren and great grandchildren.

To honour the previously expressed wishes of the deceased, there was no visitation. The Mass of the Resurrection with Commendation and Farewell was celebrated in St. Columban's Roman Catholic Church on Monday, November 10th, 1997 by Reverend Louis Groetelaars. Rite of Committal at St. Columban's Parish Cemetery.

The pallbearers were Jack Hooker, Kenny Lagden, Jimmy Lagden, John Poirier, Rene Richard, and Andre Quesnel.

An honour guard was formed by the ladies of the St. Columban's C.W.L.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

MOREAU - Marie Gertrude

Passed away at the Hotel Dieu Hospital on Friday, October 31st, 1997. Marie Gertrude Moreau, in her 94th year, born in Cornwall of 120 Fourth Street West, Apt. #207, Cornwall.

Dear daughter of the late Joseph Adolphe Moreau and the late Flora Dupuis.

Predeceased by one sister, Mrs. Florence A. Murphy.

The funeral took place on Monday, November 3rd, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to St. Columban's Parish Church. Interment at St. Columban's Parish Cemetery. Reverend Kevin Maloney of St. Columban's Parish Church officiated.

The pallbearers were the Nativity Guards.

BEAUDRY - Olida (Jake)

Passed away at the Hotel Dieu Hospital on Thursday, November 6th, 1997. Mr. Olida (Jake) Beaudry, in his 76th year, born in Cornwall, formerly of the Glen-Stor-Dun Lodge and 340 Prince Arthur Street, Cornwall.

Dear son of the late Denis Beaudry and the late Rose Brisson.

Beloved wife of Fernande Menard.

Loving mother of Jean-Paul (husband of Lise Pigeon) of Coaticook, Quebec; Gilles (husband of Claudette Poirier); Claude (husband of Linda Vachon); Gisele (Mrs. Val Jean Struthers) and Suzanne (Mrs. Ronald Trepanier), all of Cornwall.

Dear father-in-law of Mrs. Rejeanne Beaudry of Cornwall.

Dear brother of Mrs. Rita Vachon of Cornwall and dear step-brother of Lucille (Mrs. Arthur Marleau) of Cornwall.

Loving grandfather of seventeen grandchildren and six great grandchildren.

Predeceased by one step-brother, Joseph Beaudry.

The funeral took place on Saturday, November 8th, 1997 from the Boulerice Funeral Home Ltd., to the Co-Cathedral of the Nativity at 10:00 a.m. Interment at Nativity Cemetery. Monsignor Rejean Lebrun of the Co-Cathedral of the Nativity officiated.

The pallbearers were Mr. Beaudry's grandchildren: Gilles Struthers, Eric Struthers, Alain Trepanier, Pierre Trepanier, Donald Beaudry and Jean-Paul Beaudry.

Mr. Beaudry was an honourary member of the Knights of Columbus, Council 755.

VIAU - Gerard Albert

Passed away at the Hotel Dieu Hospital, Cornwall, on Saturday, November 1st, 1997.

Mr. Gerard Albert Viau, in his 81st year, born in St. Albert, Ontario, of 1773 Alguire Street, Cornwall.

Dear son of the late Alderic Viau and the late Marie Berthe Quenneville.

Beloved husband of Irene Viau (Beauline).

Loving father of Gilles Viau (Colette) of Cornwall, Marcel Viau (Therese) of Orleans, Jeannine (Mrs. Jean-Guy Gravel) of Cornwall and Lorraine (Mrs. Stuart Smith) of Kitchener.

Dear brother of Fernand Viau (Gisele) and Jean-Paul Viau, both of Cornwall; Mrs. Annette Desgroseillers and Mrs. Simone Trudell, both of Chateauguay, Quebec; Germaine (Mrs. Aurele Charlebois) and Therese (Mrs. Gerard Loiselie), both of Cornwall.

Also survived by eight grandchildren and four great grandchildren.

Predeceased by one brother, Lucien Viau.

The funeral took place on Tuesday, November 4th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to Ste. Therese de Lisieux Church. Interment at Nativity Parish Cemetery. Reverend Denis Vaillancourt of Ste. Therese de Lisieux officiated.

The pallbearers were Luc Viau, Eric Viau, Serge Viau, Natalie Viau, Chad Smith, and Shannon Smith.

salon funéraire wilson funeral home Cornwall Ltd.



RONALD WILSON
Director

822 Pitt Street
938-3888

Just a thought

A little about **M. John Sullivan Funeral Home**

The first class nature of our entire facility is obvious at a glance. From our convenient central location and monitored off street parking, that is **FREE** of course, to the inviting main foyer that offers the warmth of its gas fireplace to the bright hallway and spacious visitation rooms and the cafe style lounge with complimentary coffee and cold beverages. Over this past year we have developed a solid reputation for being specialists in funeral service because of our flexibility to accommodate to the individual needs of each and every family served. Our attention to detail and all the extras we provide make us a leader in the service industry, our ***affordable prices*** are simply a bonus.

The Sullivan Family are committed to putting
people before profits
For information on practical, dignified funeral services from someone who cares ... Call ...



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Funeral Director

Salon funéraire M. John Sullivan Funeral Home Inc.

341 Pitt Street Cornwall, Ontario, K6J 3R1
(across from city hall)
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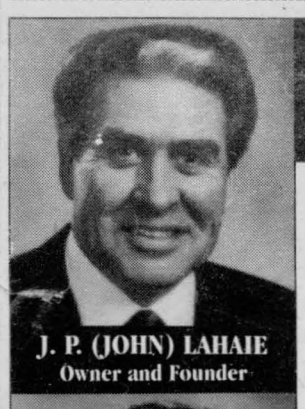
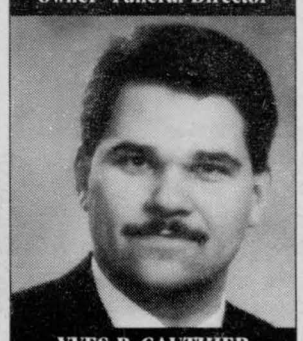


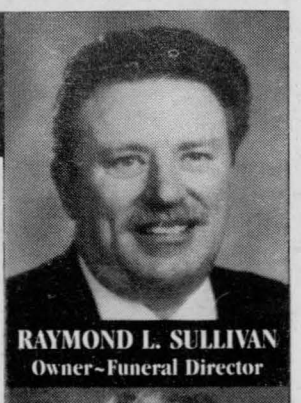
J. P. (JOHN) LAHAIE
Owner and Founder



CLAUDETTE R. LAHAIE
Owner~Funeral Director



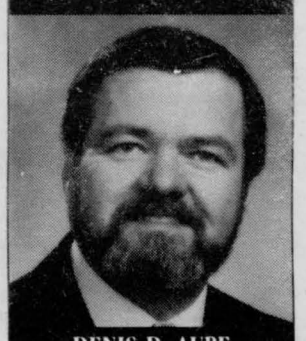
YVES P. GAUTHIER
General Manager~Funeral Director



RAYMOND L. SULLIVAN
Owner~Funeral Director



CLAUDETTE M. LEE
Director of Administration



DENIS D. AUBE
Director of Services~Funeral Director

TURN TO A FRIEND AND WRITE IT DOWN

The time following the death of a family member is extremely emotional causing people to forget wishes discussed earlier. Simply telling a relative or friend your preferences about casket selection, clothing, burial, cremation, etc. is not enough.

Don't take chances. Scheduling the time now to discuss pre-arrangements, writing them down with us, and having a copy made for your family is one of the most loving things you can do.

Besides, a Lahaie & Sullivan pre-arrangement plan is a tax shelter (all interest earned is income tax free), freezes the price at the current level, and allows you to make easy installments to suit your budget.

For emotional and financial peace of mind, don't risk it. Turn to a friend. Call Lahaie & Sullivan Cornwall Funeral Homes today.

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CORNWALL FUNERAL HOMES

WEST BRANCH
20 Seventh St. W.
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"People Helping People"

SEAWAY NEWS
ENTERTAINMENT



Entertainment - Special Events & Restaurant Review - By Bill Gallant

This is the weekend for the annual ***TRI-COUNTY CHRISTMAS CRAFTS***. This is Cornwall's largest juried craft show and will be held on Saturday & Sunday, November 29 & 30 at the Cornwall Civic Complex. The hours are 10a.m. to 5 p.m. on Saturday and 12 noon to 5 p.m. on Sunday. Admission is free.

Want to do something refreshing and enjoyable this Sunday? The Optimist Club of Cornwall, as part of Youth Appreciation Week, is sponsoring a FREE public skate at the Civic Complex, Ed Lumley Arena, on Sunday afternoon starting at 1:00pm until 2:20pm.

PUZZLING! For the last few days I have been receiving the Ottawa Sun daily. I agreed to the delivery because the paper promised readers some regular local (Cornwall) coverage of news. In the Monday issue there was a token attempt with a few lines and pictures that merely promoted that promise. There have been several important Cornwall issues this week.....where was the Sun reporter?

Lots of NHL hockey upcoming on TV over the week. This Saturday viewers can watch the Vancouver Canucks vs Toronto Leafs game on CBC-TV ,immediately followed by the Mighty Ducks at Calgary. Canadiens fans may prefer the visit by Montreal to the Pittsburgh Penguins on the french channels. Monday night is TSN time with coverage of the return visit by the Pens to Montreal at 7:30pm and then a Detroit-Vancouver game to follow. Global then has a Tuesday night game with the Leafs hosting the Ducks. TQS french television will then cover the LA Kings visit to Montreal on Wednesday night.

If you prefer to go out for a meal and entertainment on Saturday then you can take in the Saturday night St. Andrews Ball event planned for the *GLENGARRIAN PUB & RESTAURANT* at Ninth & Sydney. It features Sylvester and the Clansmen and reservations are recommended.

Three big movies showing this week at the Brookdale Cinemas at the Brookdale Mall. Anastasia, the latest animated spectacular, is in its 2nd week, as is the Rainmaker, and The Jackal is in its 3rd smash week. This is also the 3rd week for I Know What You Did Last Summer showing at the Port Theatre on Montreal Road.

Congratulations to ***THE GEMINI CAFE*** and their 8th Anniversary. They invite everyone to join the celebration on Monday, December 1st between 5pm-10pm. You can start with a caesar salad, then the main course offers halibut steak, chicken marsala, or grilled lamb chops and other great mouth watering items. All served with rice & vegetables. Call ahead for reservations at 936-9440. *HAPPY ANNIVERSARY.*

THE SINGLE'S DANCES at the Navy Club on Sixth Street is holding a Christmas Dinner & Dance on December 6th. Tickets available at Barbara's Flowers and guests are requested to bring along a toy to donate.

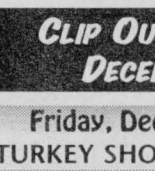
The Ladies Auxiliary of the R.C.A.F.A. on Water Street West are gearing-up for their Christmas Bazaar on Sunday, December 7th starting at 3:00pm. There will be a bake table, crafts and knitting tables and a "next to new" table. Everyone is welcome .

With all the fresh snow around you may wish to start thinking about the upcoming season of outdoor snow-fun. The Glengarry Snowmobile Club have you in mind with their Trade Show and Opening Dance this Saturday night (November 29) at the Bonie Glen. Trade Show between 12 noon and 7:30 pm and then dancing starting at 9pm. There will be many snowmobiles on display and trail permits and information available. Also you can register for the Ontario Snowmobile Safety Training Course.

Two more important games for the Cornwall Colts this coming week at the Ed Lumley Arena. On Thursday, December 4, the visitors will be Brockville and then on Sunday Smiths Falls will be in Cornwall and both games start at 7:30 pm. Its possible that when you read this the Colts will have new ownership and we wish them all the best in their CJHL endeavours.

Until next week, G'Day and G'Night.

Come and enjoy
IMAGINARY HEAVEN
Impressionistic and Celtic Folk Trio featuring Christmas and Winter music. Great family entertainment. One night only.
SUNDAY, NOV. 30
7:00 - 9:00 pm
St. Andrews United Church, Martintown
Adm. $1.00 Children under 12 free.Tickets at the door or call Jean Butler at 528-4319



Royal Canadian Legion
Branch 297
CLIP OUT AND SAVE OUR DECEMBER LINE-UP
Friday, December 5th
TURKEY SHOOT & DANCE
Sunday, December 14th
L.A. SPORTS SPAGHETTI SUPPER - 5-7 pm - $3.99
Wednesday, December 17th
Branch General Meeting - 7:30 pm
Saturday, December 20th
CHRISTMAS LOTTO DANCE & DRAW - 10:00 pm
(A Chance To Win $5,000.00)
Sunday, December 21st
MIXED DARTS - afternoon
HAM DINNER -5 - 7 pm - $3.99
EVERYONE WELCOME TO ATTEND ABOVE DINNERS & DANCES
415 Second Street West 933-4965

Dream Makers
presents
Aladdin
December 6 & 7
1:00 p.m.
St. Lawrence High School
(Tickets at door)
$3.00
932-3510

The Cocktail Party Is Creating a Stir

High-living trappings of the good times, like cigar smoking, thick steaks and martinis, are popular. With the return of the martini and other "Thin Man"-period cocktails, the elegant cocktail party is staging a comeback in home entertaining.

"The cocktail party is an expression that affirms the swellness of life," says Leslie Brenner in her book "The Art of the Cocktail Party." Its last heyday was in the 1950s, when much of the country enjoyed relative prosperity. Representing the establishment in the '60s, the cocktail party took a 20-year sabbatical. During the excessive '80s, the New York "smart set" once again embraced it for business and social pleasure.

The '90s ushered in a revival of fine tableware and at-home dinner parties as the preferred way of entertaining. Now, the cocktail party is creating a stir on the home front. Unlike the intimate dinner affair, the cocktail party is less formal, more in-tune with today's casual attitude, yet the flavor is pure luxe.

Vintage silver cocktail shakers and bar accoutrements, particularly those of the '30s Jazz Age party circuit, are now valued collectibles, according to the Silver Information Center. Furthermore, retailers nationwide report that more couples are registering for sterling bar and hors d'oeuvre accessories at bridal and gift registries for all occasions.

"Cocktail parties are once again a popular form of entertainment and an excellent way of bringing together informally a variety of people," says Brenner. "They are less expensive than a dinner party; can be hosted anywhere, anytime of the year; require little preparation; usually run only a couple of hours; and you can entertain many more people at once."

During the holidays, it's fun to "gussy up" and throw a "ritzy" party, sparkling in your finest crystal and silver. Invite guests to "dress" for cocktails and wear their sexiest black cocktail dresses and smartest duds.

Here are six ingredients for hosting a most entertaining and elegant holiday cocktail party:

• Planning — Pick a date and set a time, usually no later than 7 p.m., unless you're planning to serve dinner afterwards. A cocktail party usually lasts two hours to three hours.

• Invitations — Invite 12 or more guests. Send invitations two weeks or three weeks in advance. A calligraphic invitation creates a sophisticated impression. An impromptu invitation by telephone or fax is appropriate for a small group.

• Beverages — Hire an experienced bartender, or if your budget doesn't accommodate one, limit choices to two or three house cocktails. For a special touch, plan a written cocktail menu with descriptions, available at the bar. Always have plenty of sparkling and mineral waters on hand, along with fruit and vegetable juices and nonalcoholic beverages. And, remember to have plenty of ice. It's also perfectly acceptable to serve only champagne, wine and soft drinks.

• Hors d'oeuvres — Easy-to-eat, hot and room-temperature finger foods are ideal and can be made in advance. Set china and silver trays out in strategic places to ensure that everyone doesn't congregate in one spot. Serve hot hors d'oeuvres on silver passing trays to make sure they're hot; silver holds the heat.

• Preparation — Pull out the silver cocktail shaker, trays, hors d'oeuvre servers, picks and a crystal ice bucket. Make sure linens, glasses and silver are washed. Other tools of the trade that you'll need include pitchers, tongs, coasters, stirrers, bar equipment and drink ingredients — from the liquors and mixers to the lemons and limes.

• Music — Record cassettes of pianists from the cocktail golden era: the music of Porter, Berlin and Gershwin or classic jazz by Ellington and Basie.

Most commonly asked question: Should a guest bring a host gift to a cocktail party? According to etiquette, it's not necessary. However, if you choose, bring something that doesn't need to be attended to, like wine, chocolates, a silver holiday ornament, conversational coasters, novelty swizzle sticks, a set of linen cocktail napkins or silver olive/hors d'oeuvre picks. You also might offer a toast of thanks to the host.

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Only At 1307 Pitt Street, Cornwall
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.69¢ Hamburgers	BUY ANY HOT DOG AND GET THE SECOND ONE FREE!	FREE REGULAR FRY with any CHICKEN SANDWICH ORDER!	FREE SUNDAE with any Value Meal! That's right! It's FREE!

Ask about our Birthday Cakes

FRIDAY	SATURDAY	SUNDAY	REMEMBER
FREE FRY & DRINK UPGRADE with any Value Meal	GO NUTS! $1.99 PEANUT BUSTER PARFAIT®	EVERY SUNDAY IS KID'S DAY. All of our Kid's Meals are $1.99 (Kids under 12)	SENIORS SAVE 10% every day at Dairy Queen (on reg. priced items)

CAKES for all OC-CAKE-SIONS

THE Glen ANNOUNCES
ADVANCE TICKET SALE
CRAZY FOR YOU
The new GERSHWIN® musical comedy
ONE DAY ONLY!
Saturday, Dec. 6th
10 am to 12 noon
at the GLEN Building
(behind the Si Miller Arena)
TICKET PRICES
$12.00 - $14.00 - $16.00
Cash or cheques accepted
ABSOLUTELY NO PHONE CALLS
Dates of "Crazy For You" - Feb. 13, 14, 15, 19, 20, 21
TICKETS AVAILABLE AGAIN ON JANUARY 12th
Great Idea For A Christmas Present

Community Update

*ADOPTEES-BIRTH MOTHERS- BIRTH FATHERS. Do you need help or support in your search? Call Parent Finders at 933-9186 or 931-2916.

*AL-ANON/ALATEEN If someone you love or are dependent on has a drinking problem, you can see what it's doing to them; if you're also concerned about what it's doing to you, call 937-4880.

*ALCOHOLISM IS A DISEASE, help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 613-938-1984.

*ALZHEIMER SOCIETY'S BREAK-AWAY DAY PROGRAM in Alexandria and Winchester is seeking participants and volunteers.

*ANXIETY DISORDERS The Free From Fear Foundation is a non-profit organization dedicated to helping individuals suffering from anxiety disorders. If you suffer from panic attacks, phobias, agoraphobia, depression, anxiety or fears you are not alone. Help is available (905) 831-3877

*CENTRE CHARLES-EMILE CLAUDE holds sandbag games Friday's 1:30p.m., beginner line dancing Wednesday's 1:30p.m., advanced line dancing Tuesday evenings 7:30p.m., Tai-ji Monday's 2:00p.m. For more info call 932-1035.

*CENTRE YORK CENTRE is looking for volunteers to assist with Supervised Visits. Info, 933-1253.

*CHRISTMAS TURKEY SHOOT being held Sunday Dec. 7th, 1:00p.m. at the Army Navy & Air Force Club, 14 Marlborough St. N. All games $1. Come & support the Cornwall Black Sox Baseball Club.

*CNIB is in need of volunteers to assist visually impaired individuals with grocery shopping once or twice a month. Call 936-2300 for more information. Your help is appreciated.

*COMMUNITY CANCER SUPPORT NETWORK meets every third Thursday of the month at their NEW LOCATION: Central Public School (Amelia St. entrance) 7:00p.m. For more info contact Sheila at 932-3451.

*CORNWALL & DISTRICT BRIDGE CLUB meets every Thursday at the Masonic Temple at 7:30p.m. Call 932-3498 for information.

*CORNWALL & DISTRICT NAVY VETERANS' ASSOC. holds Sunday Breakfasts 8:30a.m., Charity Diner's Club each Thursday, 5:30p.m., Chicken & Pub Night every Friday Night 4:30p.m., Dinner & Dance every Sunday Evening 5:30p.m.

*CORNWALL ECUMENICAL CHOIR & Ottawa Divertiments Orchestra are presenting Handel's "Messiah" on Saturday Dec. 6th, 7:30p.m., Knox St. Paul's Church. For tickets call Eileen at 936-1897 or Dorothy at 534-2815.

*CORNWALL MEALS ON WHEELS needs volunteers to fill vacancies in its delivery system. If you have two free hours a month between 11 a.m. and 1 p.m., please come and help us. Call 534-8883.

*CORNWALL WHEELS TO MEALS Day Away for seniors providing door-to-door transportation, nourishing meals, crafts and activities. Every 1st and 3rd Wed. of each month. Info: 930-9292

*EMOTIONS ANONYMOUS a self-help support group meet on WEDNESDAYS only from 7:30-8:30 p.m. at St. John Bosco School, 113-8th St. West.

*GENERAL VANIER SECONDARY SCHOOL Student & Adult Bands, are presenting a Christmas Concert on Wednesday Dec. 3rd, 7:30p.m. in the auditorium. Proceeds to the Children's Treatment Centre.

*GLEN STOR DUN LODGE has many volunteer positions open to individuals who are interested in giving a couple of hours a week to assist in recreational activities, dining and exercise programs. Orientation & Training provided. Please call the Volunteer Dept. at 933-3384.

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*GLENGARRY WALKING CLUB If you're looking for a partner or would just like to walk with a group, there are regular walks every Wednesday night at 7 p.m. starting at the Alexandria Island Park.

*HOTEL DIEU HOSPITAL AUXILIARY Fundraiser on Wednesday & Thursday Dec. 3rd & 4th, 9:30a.m. in the hospital, Level I. Proceeds to J.M.P. Gazebo Fund.

*JOIE DE VIVRE French Sector, is a non-profit Catholic movement aimed at helping single, separated or divorced people. Meetings are held each Friday at 8:00p.m. at 305 Baldwin Ave. For more info call Jacques at 932-2285 or Lucille at 933-0255.

*LES CHEVALIERS de COLOMB Conseil 9695 de la Nativité, aimerais annonce leur activite: Dimanche 7 Decembre dejeuner mensuel a la salle Nativite apres les messes de 9:00 et 11:00 AM avec l'aide des colombiettes. Tous sont bienvenus(es).

*NICOTINE ANONYMOUS for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

*OUR LADY OF GOOD COUNSEL CATHOLIC SCHOOL is holding a Christmas Bazaar at St. Pius X Church, Long Sault, on Saturday Dec. 6th, 10:00a.m.

*"OVER THE RAINBOW", Mood Disorders Support Group meets every 1st & 3rd Tuesday of the month at the Starbright Centre, 533 Pitt St., 7:00p.m. Next meeting: Tuesday Dec. 2nd. For info call 938-9681.

*OVEREATERS'S ANONYMOUS hold weekly meetings at Knox St. Paul's United Church, Library Room every Monday & Thursday Evening, 7:30p.m. For more info call Louise at 937-3812.

*PARKINSON'S SELF HELP GROUP of Cornwall meet at the RCAF Assoc. Bldg. (Wing 424) on Water St. W. on Tuesday Dec. 2nd at 1:15 pm. Everyone welcome. For more info call 936-1790 or 933-2193.

*PEER SUPPORTS GROUP open to individuals who have experienced mental illness or mental health problems and who are looking for information, peer support & sharing of coping skills & strategies. Monday evenings from 6 to 8 pm at 29 Second St. East. Info, call 933-5845.

*ROYAL CANADIAN LEGION BRANCH 297 December activities: Friday Dec. 5th, Turkey Shoot & Dance, Sunday Dec. 14th, L.A. Sports Spaghetti Supper, Wednesday Dec. 17th, Branch General Meeting, 7:30p.m., Saturday Dec. 20th, Christmas Lotto Dance, Sunday Dec. 21st, Mixed Darts/Dinner.

*SD&G DEVELOPMENTAL SERVICES CENTRE is in need of volunteers to assist individuals with physical and/or development challenges towards meeting their needs for friendship and recreational activities within the community. Info 937-3072

*SEAWAY SENIORS has activities all week. For more info call 932-4969.

*ST. ANDREW'S UNITED CHURCH, Martintown, are presenting "Imaginary Heaven" a Celtic Folk Trio on Sunday Nov. 30th, 7:00p.m. For info call Jean Butler at 528-4319.

*ST. JOSEPH VILLA 14 York St. hold a Card & Euchre party every Thursday for St. Lawrence Seniors Club. Free parking on York St. Everyone welcome!

*ST. LAWRENCE SENIORS CLUB holds Wheels to Meals Bingo every Monday 12:15p.m., St. Joseph Villa Auditorium, Euchre every Tuesday & Thursday, 1:15p.m., Seniors Bingo every Friday, 12:15p.m. Villa Auditorium. Free Parking. For info call 938-2215.

*VERSA-CARE 201 Eleventh St. East, Annual Christmas Craft & Bake Sale being held Wednesday Dec. 10th, 10:00a.m.

*VICTORIAN ORDER OF NURSES Cancer Support Network's Prostate Cancer meetings are held every second Thursday, 7:00p.m. Central Public School (Amelia St. entrance). For info call Sheila Airely at 932-3451.

*VON PALLIATIVE CARE VOLUNTEER PROGRAM offers a free volunteer service to those dealing with serious illness through dedicated and helpful volunteers. For more information please call Sue MacDonald at the VON Office at 932-3451.

A service for non-profit organizations.

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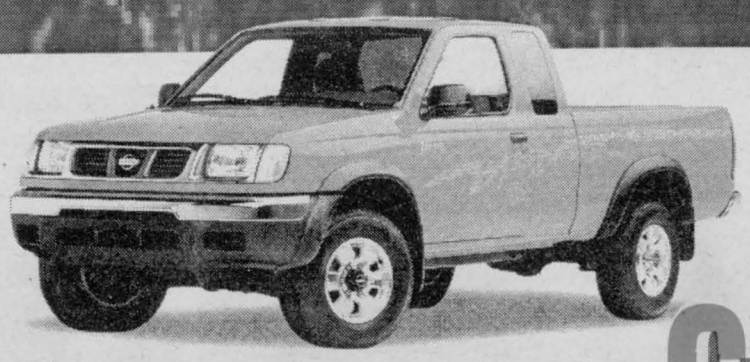

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