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New Administrator Of The Steinberg Supermarket In Cornwall



From left to right, front row
Bruce McCracken, Assistant Operations Manager for the Ottawa Region
Dana Conly, new administrator
Sandra Conly, wife of new administrator and administrative secretary
Connie Desormeaux, Head Cashier; Normand Léger, Head Bulk
2 nd Row
Huguette Bouvillier, Head Le Traiteur; France Rioux, Head, L'Exquis
Richard Bélanger, Produce Manager; Wayne Dewe, Meat Manager
Louis Jasmin, Grocery Manager.

The Steinberg supermarket located at 1, Water Street East in Cornwall will now be operated by a new administrator, Mr. Dana Conly. To mark this event, an inauguration ceremony was held on Monday September 10, 1990 at 7:30 P.M.

Participating in the ceremony were many honoured guests as well as representatives of Steinberg, including Bruce McCracken, Assistant Director of Operations for the Ottawa area. The local population was also invited to attend this ceremony.

I can assure you that we will be able to provide maximum service to customers thanks to the availability and the courtesy of our staff, stated Mr. Conly, who also took the opportunity to introduce his management team.

In addition to its buying power and renowned experience in the retailing field, Steinberg offers its administrators excellent brand names as well as a research service well attuned to the market place.

INSIDE TODAY

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Inside Real Estate:

Finding solutions to shelter problems

(NC)—When one considers that Canadians are among the best-housed in the world, and that between 62 and 65 per cent of Canadian families own their homes, it become rather easy to overlook the reality that, despite such affluent standards of living, many are unable to find decent affordable housing, if any at all.

Recently, an impressive symposium was held in Washington D.C. to debate and study the questions of housing policy and adequate shelter on an international basis. The Third International Shelter Conference, sponsored by the National Association of REALTORS (U.S.) with a major co-sponsorship by The Canadian Real Estate Association (CREA), saw representatives from 64 countries, including the U.S.S.R. and China, meeting to examine the details of 13 national case studies that demonstrated concrete approaches to solving housing problems.

Housing and the Economy

In the broad economic sense, housing is considered a crucial factor in the mobilization of both human and material resources. Investment in housing has ripple effects through any economy, and even more so when private investment has an opportunity to flourish, bringing along its inherent ability to gather financing, planning, labour and materials.

By their own admission, governments don't have all the solutions to the problems, much less the money to alleviate them. Conference case studies showed the positive effects of having the public sector establish "enabling strategies", thus creating regulatory frameworks which place the private sector in a leading role.

This will allow the private sector to expand its levels of activity, thus injecting more inputs into the housing economy, thus providing reasonable shelter for the homeless and underhoused, consequently providing them with the springboard for an improved chance to seek employment and higher living standards.

This, in turn, will be good for the economy, and for everyone.

Close to Home

For some time now, CREA has recognized the growing problems of the ill- and under-housed in Canada, believing strongly that the private sector could and should play a larger role in finding solutions.

It was this conviction that prompted CREA to co-sponsor with Canada Mortgage and Housing Corporation (CMHC) a symposium called "Housing the Homeless and the Poor" in 1987. Six original research papers were commissioned for this event from experts in housing policy matters concerning the nature of the problems. The result was a new focus on partnerships among governments, the private sector, the non-profit sector and the homeless themselves in responding to these problems.

This particular event spawned concrete recommendations for an enhanced private sector involvement: to help identify and use available living space in existing homes; to identify available building sites; to evaluate joint commercial-residential projects; to work to allow private investors help finance non-profit housing; to develop accounting and management systems, and to supply housing market information.

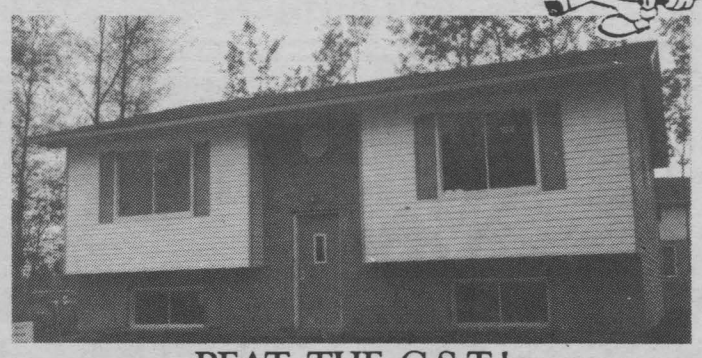
This definition of the role of the Canadian private sector was extended through CREA's involvement in the Washington Conference. Combining this resolution with the solutions developed from the case studieshas given CREA a greater conviction to promote the partnership philosophy at all levels.

Exchanges and discussions on various programs to assist the homeless at the grass roots level have opened the doors to forming those partnerships, not only with governments, but also with other private and non-profit players, to carry out these recommendations and solve the problems here in Canada.

For this to happen, though, governments must make a commitment to a high-priority, national action plan on housing that will work in concert with economic policy; housing should not be sidelined solely under the umbrella of "social policy".

This article is supplied by The Canadian Real Estate Association. For more information on its housing policy action and involvement with the homeless and under-housed, contact the Government/Industry Relations Department, 320 Queen Street, Suite 2100, Ottawa, K1R 5A3.

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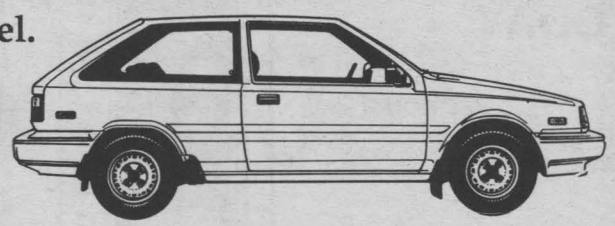


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Interior Volume Index	100	100	90	93
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Letters To The Editor

Dear Sir:

I submit to you a copy of a letter to the editor I sent to the Standard-Freeholder this 2nd of September 1990. As of now, the editor of that paper has declined printing of this letter. One must wonder why the Freeholder declined printing. I appreciate this opportunity to present my point of view.

SILENCE SPEAKS LOUDER THAN WORDS.

Where are you Mssrs. Roth? Ross? Noble? Upton? and the other members of the so called alliance? Where is the tempestuous flood of letters to the editor condemning the senior levels of government for allocating public funds towards a specific minority? Your persistant arguments for the last year or so stated that French language services and bilingualism are a burden to the taxpayers of this country. "Too expensive" you said. "Unwaranted" "Needless duplication"! Life would be so much better and less expensive if we could function exclusively in Shakespeare's language. (Who cares if French Canadians pay taxes too.)

Now another minority, the First Natives, are grabbing the ears and eyes of the media. They have taken the liberty of blocking roads and bridges and even railway lines. They have taken up arms, and powerful ones at that, to make their demands and their grievances known to the senior levels of government. The threat to public safety is perceived as so great that the governments have had to mobilize hundreds of police officers and thousands of troops in order to maintain order. Can you imagine the cost to the Canadian taxpayer? Unnecessary expense wouldn't you say Mr. Ross? Too costly Mr. Upton, Mrs. Lassner? And what about the millions of dollars in land claims or the four billion dollar annual federal budget for the Natives? Is this fair to the public purse Mrs. Ross?

If cost to the taxpayer is really your main concern as you so persistently stated in the past, why do you remain silent today? Are the First Natives not a minority costing a great deal to the whole of the country? Why the double standard? Do you owe Elijah a favor Mr. Roth? A fair conclusion might find that your original arguments against bilingualism were only a disguise to hide the hate and bigotry you harbour for the French Canadians.

Your silence speaks louder than words!

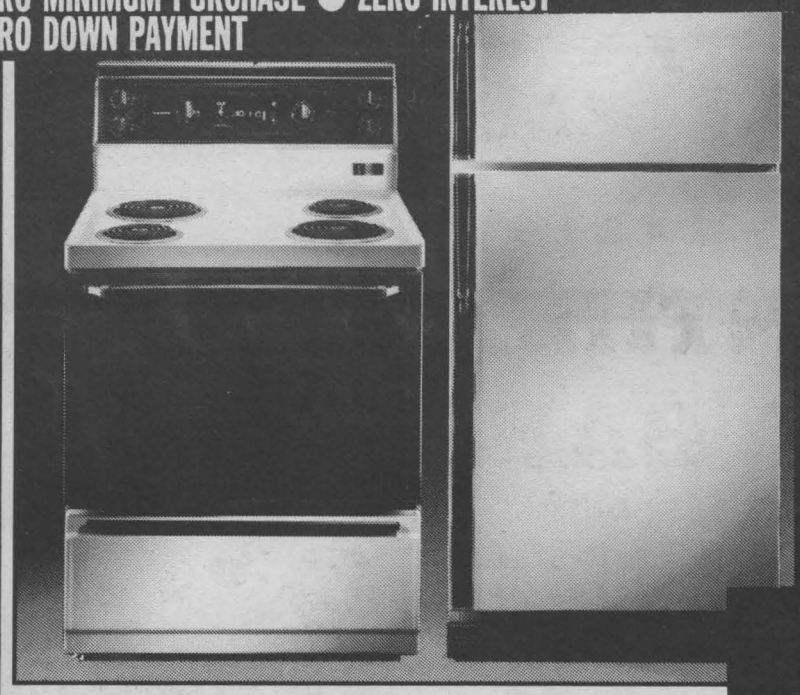
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McMichael focuses on Canadian landscape photography

(NC)—Kleinburg, Ont. The McMichael Canadian Art Collection is best known for its permanent display of landscape paintings by Canada's famed Group of Seven artists, but this autumn the focus of attention at the Kleinburg, Ontario, gallery will be on photographs by eight of Canada's most acclaimed contemporary landscape photographers.

The Landscape: Eight Canadian Photographers, opening at the McMichael August 19th and on view until December 2nd, 1990, will feature 76 large format photographs that primarily illustrate the diverse landscape of Canada, and reflect a wide range of artistic techniques, working methods and environmental concerns.

Photographers Robert Bourdeau, Edward Burtynsky, David McMillan, Lorraine Gilbert, Richard Holden, Thaddeus Holownia, Mark Ruwedel and Gary Wilson will each display approximately 10 works ranging from the crisply detailed 8" x 10" black and white contact prints of the Ontario and Quebec wilderness by Robert Bourdeau, to Edward Burtynsky's large 30" x 40" colour prints depicting railway cuts in British Columbia, to Gary Wilson's black and white photographs documenting how natural evolution has altered the landscapes of Nova Scotia and New Brunswick.

"The exhibition includes a broad range of styles and types of photographs," says guest curator David Barbour. "Together, these works illustrate that photography is as creative and personal a form of artistic expression as any other medium."

The Landscape: Eight Canadian Photographers includes a representative sampling of prints by each photographer, and virtually every geographic region of Canada is portrayed in the exhibition. Thaddeus Holownia displays a selection of black and white panoramic prints depicting the rugged terrain of Newfoundland. Ottawa photographer Richard Holden's large colour prints record the fragile beauty of the Arctic wilderness around Rankin Inlet. And the colour photographs of David McMillan of Winnipeg illustrate the impact of modern culture on the North American landscape.

While the diversity of the Canadian landscape is a recurring theme in the exhibition, several of the artists take a documentary approach to their work, using photography to express their concerns about the environment. French-Canadian photographer Lorraine Gilbert's large-scale colour prints graphically illustrate the impact of clear cutting on the forests of British Columbia, where the artist works as a part-time tree planter. Montreal-based photographer Mark Ruwedel takes a similar approach to document the regeneration of forests on West Redonda Island, B.C. which were cleared by the logging industry in the 1940's.

"The quality of the work is truly stunning," observes the McMichael's chief curator Jean Blodgett. "We hope that the exhibition will not only provide viewers with greater insight into the photographic medium's unique powers of expression, but also illustrate how several prominent Canadian photographers respond to the natural environment." Blodgett notes that The Landscape: Eight Canadian Photographers is the first of several temporary exhibitions of photographic art planned at the McMichael.

The McMichael Collection, best known for its collection of Group of Seven, Indian and Inuit Art, is located on Islington Avenue north of Major MacKenzie Drive in the village of Kleinburg, Ontario.

Character jug of Terry Fox

(NC)—In tribute to one of Canada's true heroes and to commemorate the 10th anniversary of his Marathon of Hope, Royal Doulton Canada Limited has commissioned a character jug of Terry Fox. The jug will be auctioned on Saturday, September 15 at the Sheraton Toronto East in conjunction with The International Royal Doulton Collectors Weekend 1990.

Only three jugs will be produced by Royal Doulton—one for the Fox family, one for the Sir Henry Doulton Gallery in Stoke-on-Trent, England and one to be auctioned. Very rarely does an item pique such worldwide collecting interest. The jug is expected to sell in excess of $25,000 Canadian with all proceeds from the sale to be donated to The Terry Fox Run. Terry Fox's mother, Betty Fox recently visited the Royal Doulton studios in Stoke-on-Trent, England where she collaborated with the jug's modeller. She requested changes to the hair, shoulders and profile of the clay model. The Fox family has final approval of the jug at all stages of production.

Character jugs—Royal Doulton's head and shoulders variation of the traditional toby—have always enjoyed widespread popularity. In the 1980's however their international collectability soared and it has not been uncommon for elusive pieces to bring five figure sums. The exclusivity of this particular commission makes it the ultimate acquisition for a dedicated collector—doubtlessly the bidding will be intense. Only once before has Royal Doulton undertaken such an exceptional piece. Modelled by William K. Harper, the 7 inch high jug depicts Terry Fox's head and face while the handle represents his artificial leg.



Terry Fox. NC

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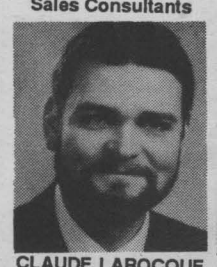
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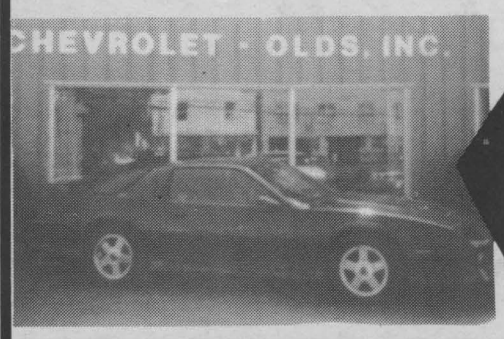

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1991 CAMARO Z-28



Bright red, red cloth interior, 350 engine, loaded with every option, automatic

RETAIL	19,304
DISCOUNT	- 2,804
AMERICAN	16,500

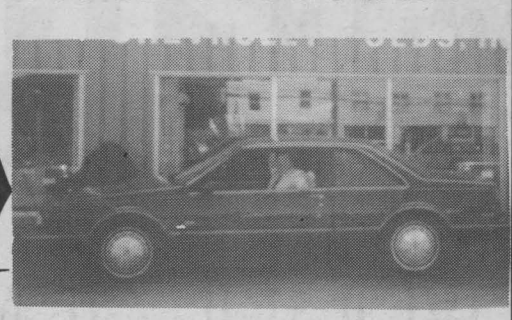
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Garnet red, 2 door coupe, loaded, 3.8 L, digital dash, automatic

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DISCOUNT	- 6,000
AMERICAN	16,154

$18,739* CANADIAN



1990 CHEV. CORSICA LT



Black with red cloth interior, loaded with everything, 3.0 L, 6 cyl., automatic

RETAIL	14,686
DISCOUNT	- 3,000
AMERICAN	11,686

$13,555* CANADIAN

1990 OLDS TORONADO TROFEO

Black with gray leather interior, loaded with all options, 3.8 L, 6 cyl., automatic

RETAIL	26,344
DISCOUNT	- 7,444
AMERICAN	18,900

$21,924* CANADIAN



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... ONTARIO MAN SAVES BUNDLE ...

Leonard Titley of Cumberland, Ontario just seems to run in the money when he spends a day at the races.

Leonard, an avid stock car racing fan, purchased one of 3,000 Solidarity Day raffle tickets while watching the action at Frogtown race track in Hogansburg.

This past week Leonard was presented a beautiful brand new Astro van, courtesy of the Central Trades Union of Northern New York.

The Central Trades Union, a coalition of north country labour, sold the $10 raffle tickets to finance the annual Solidarity Day parade, held in Massena on Labour Day. The labour organization uses money raised from the drawing to cover the cost of the annual celebration rather than asking each union to incur the burden.

Frenchie's Chevrolet-Olds Inc., provided the Astro van to the Solidarity Day Committee at cost. Frenchie's also picked up the cost of printing the tickets for the drawing. It was the second straight year the Massena dealership has helped bring the Solidarity Day Parade to Massena.

Leonard, who owns a radiator repair shop, spends two or three days a week at the track during racing season. While he used to sponsor stock cars on the circuit, his best luck has come as a spectator. Last year, while taking in the action in LaFargeville, Leonard also took in the $600 prize in a 50-50 raffle.

And now, thanks to north country labour, Leonard will be driving to the races in style.

Frenchie's

Sale Ends September 29th.

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Chevrolet, Olds, Inc.

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JCPenney **Credit Application** 1001-7 Account Number

GENERAL INFORMATION (Please Print All Information)

Type of Account You Want: ☐ Individual ☐ Joint

Name of Applicant To Whom Our Billing Statements Should Be Sent (First, Middle Initial, Last) | Social Security Number | Date of Birth / /

No. of Dependent Children: ☐ None ☐ One ☐ Two ☐ Three ☐ Four or More

Name of Co-Applicant, If Joint Account Requested (First, Middle Initial, Last) | Social Security Number | Date of Birth / / | Relationship To Applicant ☐ Spouse ☐ Other

Name of Any Other Person(s) You Will Allow To Charge Purchases To Your Account (First, Middle Initial, Last) | Relationship To Applicant ☐ Spouse ☐ Other

INFORMATION ABOUT APPLICANT TO WHOM OUR BILLING STATEMENTS SHOULD BE SENT

Present Address — Street | Apt. | City, State | Zip

Area Code & Phone Number ( ) | Monthly Mtge./Rent | Do You ☐ Own ☐ Rent ☐ Own Mobile Home ☐ Live With Parents ☐ Other (Please Specify)

How Long at This Address: ☐ 0 - 6 mos. ☐ 7 mos. - 1 yr. 6 mos. ☐ 1 yr. 7 mos. - 2 yrs. 6 mos. ☐ 2 yrs. 7 mos. - 5 yrs. 6 mos. ☐ 5 yrs. 7 mos. - 8 yrs. 6 mos. ☐ 8 yrs. 7 mos. - 15 yrs. 6 mos. ☐ 15 yrs. 7 mos. or More

Former Address (If At Current Address Less Than 2 Years) — Street | Apt. | City, State | Zip | How Long

ADDITIONAL INFORMATION ABOUT APPLICANT

Employer (Give Firm's Full Name)

Employer's Address (Street, City, State) | Business Telephone ( )

How Long: ☐ 0 - 6 mos. ☐ 7 mos. - 1 yr. ☐ 1 yr. 1 mo. - 2 yrs. ☐ 2 yrs. 1 mo. - 4 yrs. 6 mos. ☐ 4 yrs. 7 mos. - 6 yrs. 6 mos. ☐ 6 yrs. 7 mos. - 10 yrs. 6 mos. ☐ 10 yrs. 7 mos. or More

Type of Business | Monthly Salary | Present Position

INFORMATION ABOUT CO-APPLICANT (If Joint Account Requested)

Employer (Give Firm's Full Name)

Employer's Address (Street, City, State) | Business Telephone ( )

How Long: ☐ 0 - 6 mos. ☐ 7 mos. - 1 yr. ☐ 1 yr. 1 mo. - 2 yrs. ☐ 2 yrs. 1 mo. - 4 yrs. 6 mos. ☐ 4 yrs. 7 mos. - 6 yrs. 6 mos. ☐ 6 yrs. 7 mos. - 10 yrs. 6 mos. ☐ 10 yrs. 7 mos. or More

Type of Business | Monthly Salary | Present Position

You Need Not Furnish Alimony, Child Support or Separate Maintenance Income Information If You Do Not Want Us To Consider It In Evaluating Your Application.

Other Income — Source(s) | Amount (Monthly) | Other Income — Source(s) | Amount (Monthly)

BANK ACCOUNTS (Include Co-Applicant's, If Joint Account Requested)

Bank — Branch | Account in the Name of | Account Number | ☐ Checking and Savings/NOW Acct ☐ Checking ☐ Savings/CD ☐ Loan

LIST ALL CREDIT REFERENCES (Include Co-Applicant's, If Joint Account Requested) - Credit Cards (Include Loan or Finance Companies)

☐ MasterCard/Visa ☐ AMEX/Diners ☐ Department Store ☐ Other Credit References (List Below)

Firm Name	Location	Account/Loan Number	Account/Loan in the Name of
1.			
2.			
3.			

PERSONAL REFERENCE

Name of Nearest Relative Not Living at Address of Applicant or Co-Applicant | Relationship to Applicant | Present Address (Street, City, State) | Area Code & Phone Number ( )

Sign here to complete your JCPenney Credit Application.

Your Signature(s) mean(s) that you have read, understood, and agree to the terms of the above Retail Installment Credit Agreement.

Applicant's Signature | Date | Co-Applicant's Signature | Date | F20

JCP-2215 (Rev. 1/90)

326

Proper care for car exteriors

(NC)—The paint finish on your car provides beauty, depth of color, gloss retention and durability. It also will help increase the resale value of the vehicle. The best way to preserve your car's finish is to keep it clean by frequent washings in cold or lukewarm water, according to specialists at General Motors of Canada.

The GM specialists caution against washing a car's exterior with hot water or in the direct rays of the sun. Strong soap or chemical detergents should not be used. Further, all cleaning agents should be flushed promptly from the surface and not allowed to dry on the finish.

Periodic polishing and waxing is also recommended to remove surface residue from the paint finish. Consult your owner's manual for recommended polishes or waxes.

Bright metal parts should be cleaned regularly to keep their lustre. Washing with water is usually all that should be needed. However, you may use specially-formulated chrome polish on chrome and stainless steel trim if necessary. A coating of wax, rubbed to a high polish, is recommended for all bright metal parts.



AUTO FACTS

You can preserve the original appearance of aluminum wheels by keeping them clean and free from build-up of road dirt and/or road salt. Regular cleaning followed by a coat of wax is recommended. However, the GM specialists warn not to use abrasive cleaners or cleaning brushes, since these could damage the protective coating on the wheels.

To lengthen weather strip life, silicone grease applications will help seal and assist in eliminating squeaks. Apply grease about once every six months with a clean cloth. Only a thin film is required.

Taking the pain out of your golf game



FOOT FITNESS

(NC)—Everything seems perfect: you've got fair skies, a fast green, a perfect lie - and suddenly, a twinge of lower back pain (LBP). Sound familiar? Golfers do seem particularly prone to LBP. In fact, a 1982 study of PGA and LPGA golfers found that a quarter of all golf injuries involved the lower back.

But Dr. Carroll Laurin, chief of orthopedic surgery at Montreal's Royal Victoria Hospital and a member of Dr. Scholl's Foot Health Advisory Board says golfers can take steps to minimize LBP.

"We can learn what triggers back problems," he says. "For example, we know that, compared to standing, sitting increases the pressure on spinal disks by 40 per cent. And we know exercise helps prevent LBP.Yet most of us spend our workdays sitting at a desk and get no exercise at all. When we hit the links on the weekend, we feel the effects of this neglect."

Bending over to putt, to retrieve or to tee up the ball also taxes the back. "The strong muscles of the back have to relax to let us bend at the waist," says Dr. Laurin. "This places much greater pressure on spinal disks and can worsen LBP."

Another contributing factor is foot shock. As we walk, the heel hits the ground first, sending shock waves up the leg to the lower back. Since we take up to 10,000 steps a day, this continuous pounding of the heel bone can aggravate tender back muscles. That's why Dr. Laurin recommends Back Guard ® full shoe inserts from Dr. Scholl's which feature a Shock Trapper Module ® that absorbs shock waves before they can reach the lower back.

What else can golfers do to prevent LBP? Exercise. "Most LBP is due to muscular weakness," says Dr. Laurin. "So I recommend a regular exercise program that stretches and strengthens back muscles." This may include walking, swimming (backstroke or crawl), bicycling in an upright position, and back-stretching exercises (see your health care professional about an exercise program that's right for you.)



NC

On the golf course, practice common sense back care: Lift your golf bag out of the car carefully and use a cart to carry your clubs. When you want to retrieve the ball, don't stoop—bend at the knees, keeping your back straight. Always try to walk instead of riding in a cart.

Notice of Change In Cornwall Constituency Office Hours

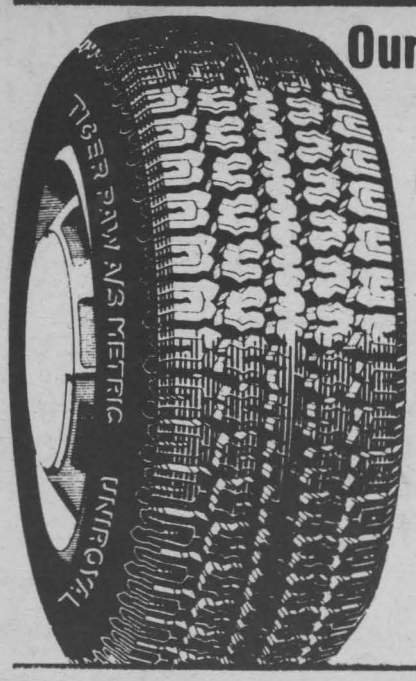
Bob Kilger, M.P. of Stormont-Dundas wishes to advise constituents of a change in the office hours of the Cornwall Constituency Office located at 501 Montreal Road. Effective October 1, 1990 the new office hours will be:

Monday to Friday
8:30 am - 12:00 pm
1:00 pm - 4:30 pm

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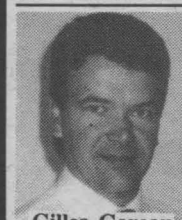
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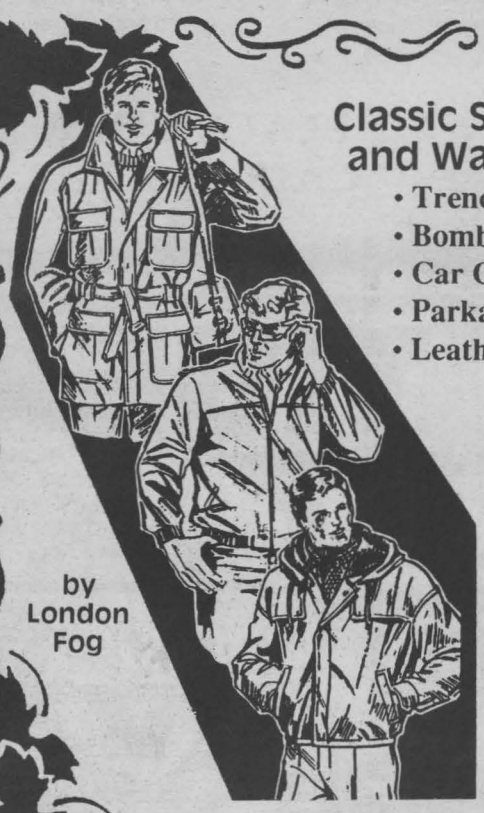
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Christianity Alive

By Bob Burgess, Pastor
New Life Covenant Church
(A Spirit-Filled New Testament Church)

"I stand at the door, and knock; if any man hear My voice, and open the door, I will come in to him." (Revelation 3:20)

How we complicate prayer! We think its effectiveness depends solely on the strength of our faith, the fervency of our emotions, or the clarity with which we articulate our needs. But it is far more simple -- and profound -- than that.

These words underscore the one spiritual condition God looks for in the hearts of His children. It's helplessness -- the realization that our state of affairs is beyond us. He wants us to acknowledge that we're short on wisdon, strength, and the ability to know and to do the right, even when we have everything in control. Any utterance, even yearning, that springs from this attitude and is directed toward God is prayer in its purest form. Whether clothed in words or groanings, it ascends to His throne and is heard by our sympathetic High Priest.

The greatest hindrance to prayer, then, is that we do not consciously maintain a humble dependence upon the Lord. Like the Laodicean Christians, we are "increased with goods, and have need of nothing," and do not know that we are "miserable, and poor, and blind, and naked." But when our prayer is based on helplessness -- whether we need restoration, victory, guidance, knowledge, or strength -- it always opens the door and lets Jesus in.

FOOD FOR THOUGHT:

1) Prayer is the child's helpless cry to the Father's attentive ear, His loving heart, and His strong arm.
2) God does more than hear words; he reads hearts.
3) God never promises what He will not provide.

Remember God loves you, He really, really does.

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A man of action

(NC)—Norman Bethune achieved an incredible amount during his short lifetime. Born in a small Ontario town of Gravenhurst in 1890, Bethune served the wounded in three wars, worked as a lumberjack, battled tuberculosis as both doctor and patient, gained international recognition as a thoracic surgeon, published poetry and exhibited paintings.

Bethune decided to study medicine. His studies were interrupted by the outbreak of the First World War. In late 1914 he enlisted as a stretcher bearer. For several months he faced the horrors of life on the front. In early 1915 he was wounded during the second battle of Ypres and returned home to complete his education. Post graduate work took him to London and Edinburgh where he met and married Francis Campbell Penny in 1923.

They returned together to Detroit where Bethune set up a private practice. In 1926 two major crises occurred; Francis left him and he was diagnosed as having tuberculosis. After re-evaluating his life's goals, Bethune decided to devote himself to helping other TB victims by specializing in thoracic surgery. During the late 1920s and early 1930s he worked at several hospitals in Montreal where he designed more than a dozen medical instruments and wrote numerous articles about his innovations in thoracic surgery technique.

Disillusioned with both the state of medicine and the medical system, Bethune proposed radical, visionary reforms to health care services in Canada. After a 1935 visit to the U.S.S.R. he joined the Communist party. His opposition to fascism took him to Spain the next year where during the Spanish Civil War he organized the world's first mobile blood transfusion service.

In 1938, Bethune went to China to join the Communist struggle against the Japanese. He planned and built hospitals, trained medical personnel, wrote medical texts and designed more medical instruments. He took the same standard rations that all Communist soldiers received and willingly engaged in manual labour.

Bethune died of septicemia in Hrang Shiko, a small northern Chinese village, in 1939. In a famous essay Mao Zedong urges all communists to emulate Bethune's spirit of internationalism, sense of responsibility and devotion to others.

Information on Norman Bethune and other outstanding Canadian achievers can be found at the National Archives of Canada, 395 Wellington Street, Ottawa, K1A 0N3.

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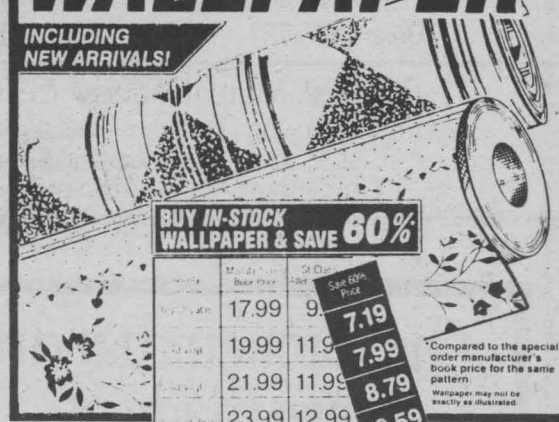
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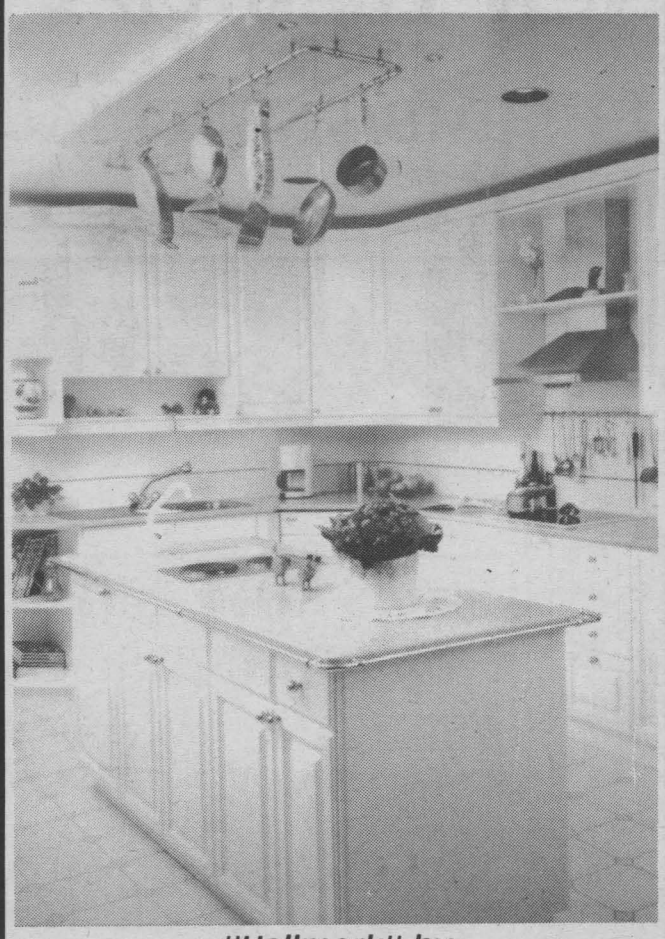
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Market Profiles

By Michael Mills
Investment Advisor

Base Metals It's That Time

Following the strong and unprecedented surge in base metal earnings to all-time highs in mid-1989 as the result of strong prices for the actual commodity (lead, zinc, copper, nickel, aluminum), a steady decline in earnings has taken us to this present day. In part, this decline has been aggravated by production problems, labour disputes, a strong Canadian dollar and higher interest rates.

As the economy slows further giving rise to weaker demand for these products, one would expect to find the prices and related earnings to fall even.

But a closer look at the situation reveals that most of the production shortfalls caused by production problems and labour disputes have been resolved. And as the Canadian dollar continues to ease against other foreign currencies (most important the U.S. dollar) there has been renewed strength in commodity prices over the past weeks. For example, aluminum has increased from .70/lb to .82/lb. and nickel from $3.95/lb. to $4.94/lb.

The strength in metal prices during the "normally" slow summer months has confused many investors and analysts alike to say the least and has caught many people off guard.

Our very own base metal analyst though has remained bullish on metals and points to several factors that could help explain why commodity prices have firmed up.

In short:

1. The weakness in the U.S. and U.K. economies is being offset by the strength in Europe, Japan and other southeast Asian countries. Demand has remained fairly constant.
2. A very high level of refining capacity utilization (aluminum smelters for example are operating at 99.7% of capacity), has placed a ceiling on refined metal production. This translates in limited "extra" supply and keeps prices up.
3. The levels of inventories at the producer, consumer and merchant levels expressed in weeks of consumption are at near historical all-time lows. Usually at periods of economic slowdowns inventories tend to rise; this has not been the case.
4. All companies have initiated cost-cutting programs which have trimmed the bottom line. As well many have taken steps to reduce debt levels in the "good" years (something they didn't do in 1981-82) and most have bought back their own shares thus reducing the o/s float and increasing the earnings per share calculation.

So what does all thisi add up to you say.

Well, they tell me these top 4 major Canadian integrated base metal companies are leaner and meaner than ever.

As we come out the other side of this economic slowdown, these companies will be in an enviable position.

You want projections ... my guys tell me Cominco +50%, Noranda +46%, Inco +35%, Alcan +32%.

Now I can use some of these stocks in my portfolion ..... well at least the numbers.

Michael Mills is an investment advisor with RBC Dominion Securities in Cornwall.

Business Tips By SDG Business Development Center

Business Structure

One of the most important decisions in starting a new business is how to structure your company.

There are three basic methods of organizing a new business and each have their advantages and disadvantages, explains SDG Business Development Center Manager, Bryan Merkley.

"Each form has its own merits and it's important to understand what your requirements are before deciding upon what structure to use," Merkley cautions.

When it comes to a Single Proprietorship, there are six basic advantages to consider, he says.

These include low start-up costs, greatest freedom from regulation, owner in direct control, minimal working capital requirments, tax advantage to small owner, and all profits to owner.

"On the other hand," says Merkley, "there are some disadvantages inherent in Single Proprietorship."

"They are," he says, "unlimited liability, lack of continuity and the difficulty in raising capital."

Merkley says there are also six basic advantages to considering a Partnership.

They are ease of formation, low start-up costs, additional sources of venture capital, broader management base, possible tax advantage, limited outside regulation.

The disadvantages include unlimited liability, lack of continuity, divided authority, difficulty in raising additional capital and difficulty in finding suitable partners.

"When it comes to considering a Corporation," says Merkley, "the situation becomes somewhat more complex."

Unlike the other two forms of business organization, the Corporation has seven basic advantages, he says.

They include limited liability, specialized management, transferable ownership, continuous existence, legal entity, possible tax advantages and easier method to raise capital.

"But there are significant disadvantages to consider too," he adds.

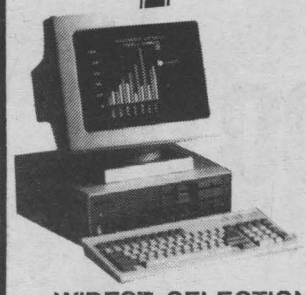
These include tighter regulations, more expensive to organize, Charter restrictions, the necessity to keep extensive records and double taxation.

Regardless of the business organization structure you are considering, Merkley suggests prospective business people seek professional assistance to ensure they have the organization structure that's right for their business.

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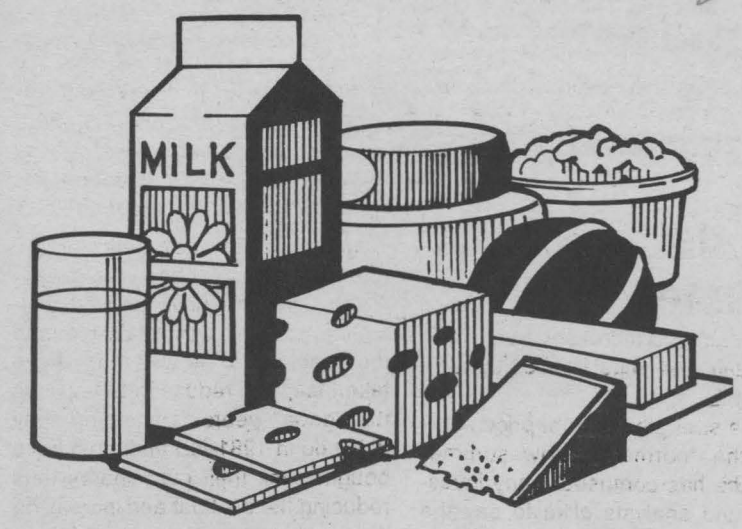
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Today's Health

Orange and Yogurt Sherbet

(NC)—This cool dessert with a lively flavour is sure to perk up your taste buds and spirit. It's best served from the ice cream maker or immediately after the final beating.

1 can (280 mL) diet MINUTE MAID Orange Soda with NutraSweet® brand sweetener
1 cup (250 mL) NORDICA POINT ONE Peach Skim Milk Yogurt (1/10 of 1% m.f.) sweetened with NutraSweet® brand sweetener

Ice cream maker method: In a bowl, thoroughly combine diet orange soda and yogurt. Following manufacturer's directions, pour mixture into container of ice cream maker. Freeze into sherbet according to manufacturer's instructions. Serve immediately. Store any leftovers in covered plastic container in freezer.

Freezer method: In a shallow 9-inch (2.5 L) or larger glass dish, thoroughly combine diet orange soda and yogurt. Place in freezer, for 1 to 2 hours or until nearly frozen. Remove and break into pieces; place in electric mixer bowl or food processor container fitted with metal blade. Beat or mix 2 to 3 minutes until smooth. Return to freezer. Repeat just before serving. Store any leftovers in covered plastic container in freezer.

Makes 6 servings, each 1/2 cup (125 mL)
Each serving: 4 g carbohydrate/ 2 g protein /80 kilojoules (23 Calories)

Mexican Chocolate

(NC)—A wonderful after dinner drink that is just as delightful served as a winter warm-up following outdoor activities.

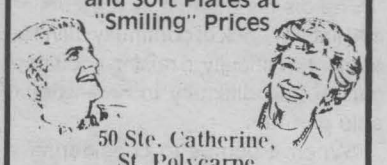
1 envelope (single serve) CARNATION LITE Instant Hot Chocolate mix with NutraSweet® brand sweetener
1/2 tsp (2 mL) cinnamon
1/2 cup (125 mL) hot coffee or decaffeinated coffee
1/2 cup (125 mL) hot skim or 2% milk
1/2 tsp (2 mL) vanilla

In a large mug, combine lite hot chocolate and cinnamon. With a fork, beat in hot coffee, hot milk and vanilla.
Makes 1 serving, each 1 cup (250 mL).

Each serving (when using 2% milk): 14 g carbohydrate / 8 g protein / 3 g fat /460 kilojoules (109 Calories)

Each serving (when using skim milk): 14 g carbohydrate / 8 g protein / 1 g fat /380 kilojoules (92 Calories)

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Outhouses for Guatemala

(NC)—More than five million children die each year from diarrhea and other diseases contracted through contaminated water. The source of contamination is often fecal matter caused by a lack of proper sanitation facilities.

Few rural Guatemalans, for instance, use latrines. They're too expensive for many farm families, pits are too difficult to dig in the hard volcanic rock and the smell and flies discourage people from using them. What's more, the rural people believe that defecating in the fields improves soil fertility.

A Guatemalan organization, the Middle American Centre for Studies About Appropriate Technology (CEMAT), has developed a low-cost solution to the problem. The double-vaulted Dry Alkaline Family Fertilizer, or DAFF latrine, also produces safe compost from human waste. Because it doesn't need a pit, the latrine can be built above ground, ash sprinkled in the vault prevents foul odours and flies.

To date, more than 4,000 DAFF latrines have been built. Canada's International Development Research Centre (IDRC), which supported the research, is now funding work to further improve and disseminate the latrines.

Global Perspectives

Dene preserve traditions

(NC)—Like aboriginal peoples around the world, Canada's native peoples depend on many local natural resources. Much of their traditional knowledge about the land is now being lost, however, just when scientists are beginning to recognize its importance for resource management.

Since the late 1970s, research on land use by Canada's Dene, Metis and Inuit peoples has sought to incorporate traditional knowledge and to understand indigenous systems of self-regulation and conservation. This approach is being advocated by a number of international agencies concerned with resource conservation. Incorporating this knowledge into 'modern' scientific studies is difficult because much of it is oral and deals with ecological trends, not with statistics.

The Dene Cultural Institute in Yellowknife, N.W.T., has set out to solve this problem by carrying out community-based research to document the traditional knowledge system. A grant from the Ottawa-based International Development Research Centre (IDRC) is now enabling the Institute to host a workshop in the N.W.T. for native groups from the Solomon Islands in the South Pacific, the Sahelian regions of Africa, and the Belcher Island in the N.W.T. The groups are concerned with preserving the vanishing science of their ancestors and with applying it to modern resource management.



Villagers build latrines (Guatemala). NC

For more information on these projects or other Third World issues, contact: Louise Behan, International Development Research Centre (IDRC), P.O. Box 8500, Ottawa K1G 3H9.

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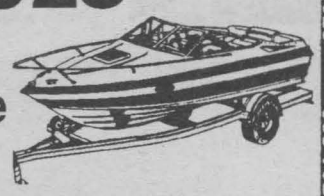
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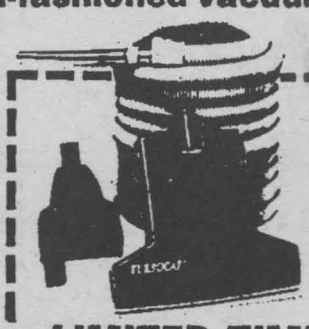
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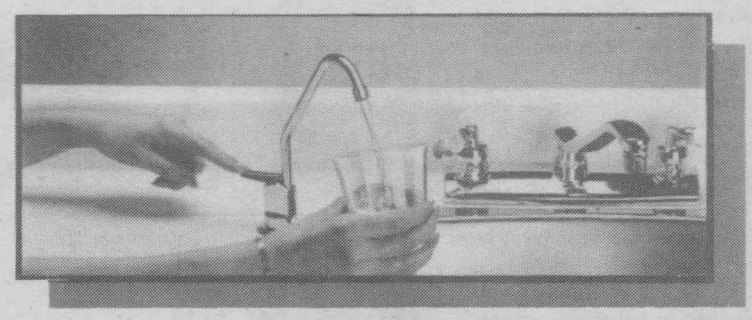
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A second chance

(NC)—Standing amid a sea of rocking horses, Noel Lewis is easy to pick out. He's the one who's smiling. "I feel like an elf," Lewis laughs, pointing to the array of wooden toys, in various stages of production, in the workshop of P.C. Industries, wood products manufacturing company at the Summerside Industrial Park in Prince Edward Island.

Working at P.C. Industries is a dream come true for Noel Lewis. As a Micmac Indian from Lennox Island Reserve, he has travelled a difficult road to find happiness and meaningful work.

With only a grade five education, he quit school at the age of 15, and the hardship and confusion that followed led Noel, now 30, to alcohol and drug abuse. After spending most of his teenage and young adult years in despair, he felt he needed to make a clean break. "Around November of 1986, I knew I had to do something," he recalls. "I didn't want to go on welfare." While the prospect of further education interested him, he didn't want to go back to public school. "I was much older than the other kids and I didn't want to be laughed at."

Julie Albert, an employment counsellor at the Summerside Canada Employment Centre, helped him solve this dilemma. She recommended that Noel write an upgrading exam and try casual work, to establish himself.

Six months later, after achieving his grade 10 level, Noel returned to the Centre, where Julie wanted to refer him to Work Adjustment Training (WAT). But he didn't feel ready for the commitment.

When Noel met with Julie for the third time, in January 1988, she knew he was ready. "He had enrolled in a cabinet-making course, for which he had paid $125," said Julie, "and I liked the fact that he had invested his own money. This proved he was trying to make a change for the better."

Julie referred Noel to WAT. This time he was committed. "After six weeks I had a better understanding of which direction to go," he says. As part of the course, Noel was put in two work stations, one of which was P.C. Industries, where he worked for five weeks. His time at P.C. Industries confirmed that woodworking would be his career choice.

After his placement and extension ended, Julie negotiated with the employer for an Individually Subsidized Job contract. Employer Dana Pushie was so pleased with Noel's performance, he decided to hire him for the maximum 52 weeks. Now that the program is over, P.C. Industries has hired Noel full time.

"I can't begin to tell you how happy it makes me feel," reflects Noel. He credits the WAT program with putting him on the right track. "It helped me find direction... to make a career decision. The more I work here, the more I like it."

The feeling is mutual, as far as the employer is concerned. Dana Pushie has nothing but praise for Noel's work. "His enthusiasm hasn't faded, he's keen and always eager to learn more."

"If we all had Noels', we'd be happy," Pushie concluded.

The Job Search:

A necessary part of qualifying for UI benefits

(NC)—Persons receiving unemployment insurance (UI) should remember that these benefits are designed to assist workers who are temporarily unemployed. It's necessary to look for a job to remain eligible for UI benefits.

Claimants should keep a record of their search for a job even if they are not in the Active Job Search Program. If the Commission asks for details on the job hunt, the person will be able to supply them. Persons in the program should remember that visits to the local Canada Employment Centre count as part of the job search.

Claimants can do this through the Active Job Search Program of the Canada Employment and Immigration Commission. The Job Search Record, as its name implies, enables recipients to keep track of everyone they contact about work.

Half-hearted attempts aren't good enough. The Commission evaluates the job search and, if it's not acceptable, UI benefits could be withdrawn until an honest effort is made.

Everyone on UI is expected to look for work everyday. But Job Search participants are selected when the Commission compares the claimant's skills and work experience with potential job openings in the community. If there's reason to believe the person should be able to get work, he or she may be put on the Active Job Search Program.

There are exceptions. People on UI maternity, adoption or illness benefits, approved training courses and workers laid off for less than six weeks are not usually required to take part in a job search. As well, some members of a Union Hiring Hall which has an agreement with CEIC, may not have to fill out job search forms until later in their claim.

Carrying out the job search

To start hunting for work, a person should go to the nearest Canada Employment Centre. Check for job vacancies. Talk to a counsellor about special programs and job creation projects. Get a brochure on job hunting tips and ask about the course on looking for work.

After a two-week job search, the person reports back to the Canada Employment Centre and the search is evaluated. Incidentally, participants asked to mail their job search forms should not mail them with their claimants' reports.

Persons in the Active Job Search Program are expected to find work quickly. Claimants having difficulty should talk to their employment counsellor or UI agent. It could be necessary to remain in the program until a job is found.



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CAPITOL

Capitol Update

Our historic Capitol Theatre is still standing. Some say it was divine intervention that has permitted this important delay in demolition. Thanks to a thoughtful new Premier, Elect, City Council has voted to put a hold on the wrecker's ball for Mr.Rae to have time to assess the situation.

For months our group and Heritage Cornwall have tried to show Cornwall City Council the value of keeping this historic landmark. There are people who return to this area after moving away and their first words are: "What happened to the Cornwallis Hotel? Where is the old fort on the St. Lawrence? Why did you tear down the post office?"

We all know the stories on the potential costs of restoration. No one knows the actual figures because Council refused to do a study to find out. Our experts say that the project can be completed for under 5 million dollars, and that would mean and annual cost to the ratepayersof approximately $350,000 per year, for three years, until the project was completed. The balance of the funds would come through corporate and individual donations and government funding. It doesn't have to be completed overnight. The phasing over three years allows for time to restore properly, but we would expect to have the theatre operational in the summer of 1992.

As for its use, every day we are hearing from more and more groups who are anxious to make use of the building. The Mayor and Council should speak to some of the groups who are finding Aultsville Theatre inadequate for their needs. Aultsville has a first committment to the needs of the college.

The people of Cornwall have long been sports minded, and the city has taken very good care of the needs of hockey fans. Now it is time for the city to respond to the growth of culture in this area, and provide a community theatre; a focus for the thousands of Cornwall and area residents who would attend events at the Capitol.

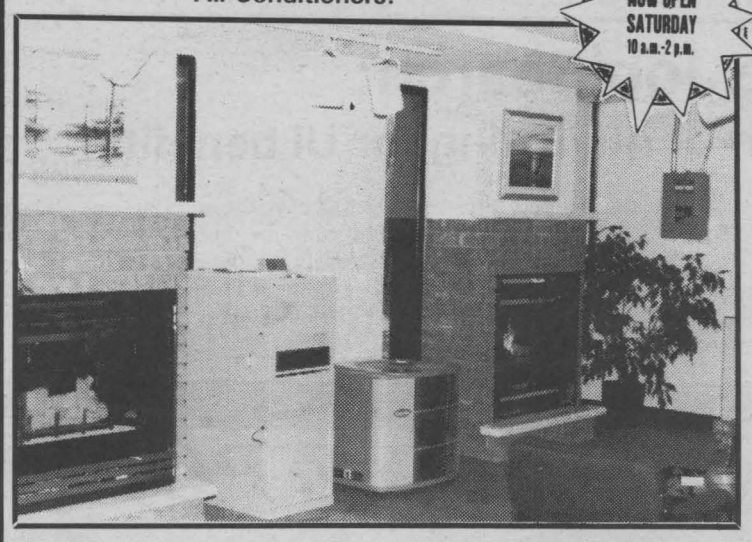
We need this community project, and our hope is that Premier Elect Bob Rae will understand this need, and assist in whatever way he can, to preserve one of our last historic landmarks.

You can offer your support by sendinga letter to the Premier Elect, Bob Rae, c/o Queen's Park, Toronto, Ontario. M7A 1A2

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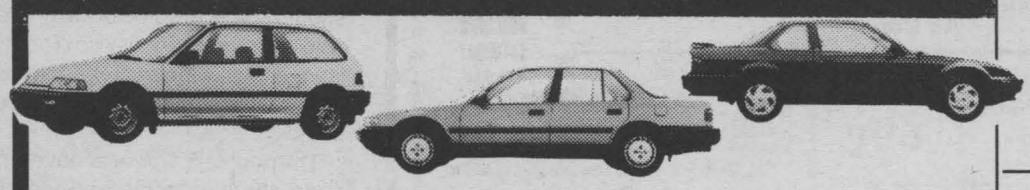
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East German barriers fall as first Lions club is formed

(NC)—Hirschberg, West Germany-The newest sign of continuing change in Eastern Bloc countries is the first Lions club to come to East Germany. East Germany now joins Hungary, Poland, and the Soviet Union as Eastern Bloc countries with Lions clubs.

The new club, located in Halberstadt, East Germany, 100 miles southwest of Berlin, received its charter on May 20, after six years of work by its West German sponsor, the Hirschberg Mittlere Bergstrasse Lions Club.

Club member Dietmar Gabel said the Hirschberg Lions began working with the people of Halberstadt in 1984, bringing needed goods and humanitarian services to the East German community. The three-women, 18-man club will emphasize serving the elderly in its community. Gabel says he's looking forward to helping the East German club to ensure its success.

"We kept in contact, but we never thought it would be possible to start a club there because we needed the consent of the interior minister," Gabel said.

Lions Clubs International President William L. Woolard said last year they chartered the first Eastern Bloc service club since World War II in Budapest, Hungary.

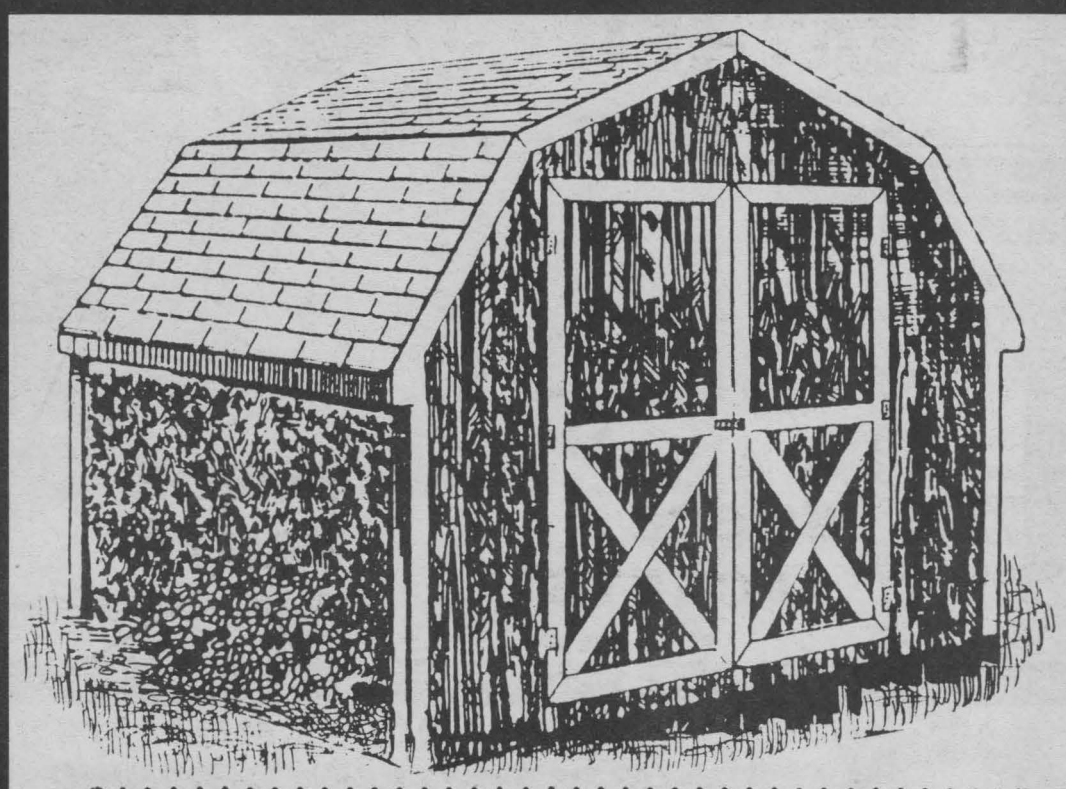
"The rapid expansion of Lions Clubs in the region clearly reflects the need for non-governmental support groups," said Woolard. Twenty more clubs are being organized in the Eastern Bloc, including seven in East Germany.

Lions Clubs International is the world's largest service organization with nearly 1.4-million members in 39,000 clubs in 167 countries. Canada has more than 54,000 members serving in 1914 clubs. Lions raise hundreds of millions each year to aid the blind and visually impaired, to sponsor the world's largest drug abuse prevention curriculum, and to support diabetes education and research.

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Money Sense

By Phil Hale

Independent Financial Advisor

Becoming a successful investor usually takes at least $50,000, a lot of investment experience, and a great deal of free time to monitor changes in market conditions as they happen. Right?

Yet there is and attractive alternative for individual investors who have not got that much cash, time or experience: mutual funds. Managed by professionals, mutual funds enable investors to pool their money together and to diversify their investments while remaining liquid. By not concentrating all their money in one investment, investors reduce their risk. As well, their money is available any time they may need it.

In choosing a fund, the investor must decide which fund is most compatible with his or her personal investment philosophy. Investors in Canada can choose from more than 400 mutual funds. They reflect a wide variety of investment philosophies from the ultra-conservative to the highly speculative. Their portfolios may include common stocks, bonds, mortgages, foreign common stocks, preferred shares, precious metals, treasury bills, real estate or a combination of these types of investments.

Each fund's portfolio is selected by a professional manager or groupof managers who decide what to buy and sell. The majority of mutual funds in Canada are open-ended, allowing investors to invest or withdraw their money at any time. The number of shares or units a new investor receives depends on the value of these assets at that time. Of course, when new investors join a mutual fund, they add their money to the pool of the other investors' contributions thereby increasing the funds' total assets. When an investor redeems his shares or units, the amount of money received depends upon the value of those assets then.

Each unit or share, which represents a small fraction of the fund's total assets, has a net asset value known as NAV. The underlying value of the securities in the fund determines the value of the units or shares. The NAV is calculated by taking all the fund's assets, subtracting administrative expenses, and dividing the remaining figure by the number of shares or units outstanding.

Less popular with investors are closed-end funds. Unlike open-end funds, these funds have a fixed number of shares outstanding. They are usually traded on an open Stock Exchange and sell for less than their underlying value. Closed-end funds have a limited following in Canada.

The value of most open-end mutual funds is determined on a daily basis at the close of the stock markets. However, some are valued on a weekly basis while others, mainly featuring real estate investments, are valued monthly. Most mutual funds can be bought and sold on a daily basis.

Mutual fund investors are most often charged a fee for getting into the fund and for the fund's ongoing management. Some funds charge a sales commission, referred to as a "front-end load", which can be as high as nine percent but is negotiable depending on size. Yet some funds charge no "load" at all. Some funds charge "back-end" loads, a fixed percentage of the fund's value charged to the investor upon redemption of his investment. This percentage is variable and usually declines over time.

Professionals continually debate whether "load" funds outperform "no-load" funds. However, when mutual funds are bought as a long-term investments the "load" becomes very insignificant provided the fund delivers positive returns.

Costs for the on going management of the fund generally range from 1.25 to 2 per cent plus administrative costs of your investment a year. These costs are reduced by the fact that the investments of thousands of shareholders are being managed by one manager. This is considerably less than the fees an investor would pay to his or her own professional money manager. These fees are paid by the fund itself, not by individual accounts.

When choosing a mutual fund, do so carefully. There are many funds in the market. Some have consistently performed well, while others have not been consistent. Decide what your own investment goals are. Know what your investment philosophy is. Then talk with your stock broker or mutual fund specialist to select a fund that is right for you.

SEAWAY SMILE



Mary Paupst enjoys camping, canoeing and fishing. She also works part time in a local restaurant.

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Household workshop tips

Over the years we have gathered many tips on woodworking and general house repairs. People interested in these pursuits traditionally share such information — so here are some of our favourites!

* If you cut a sheet of sandpaper in half and fold it into three equal parts it will go much further than just folding it in half. You can use the exposed top and bottom surfaces then fold out the one tucked inside for a completely fresh surface. This method also creates a size that fits nicely for hand work.

* Cover the back of fine sandpaper with masking tape before using. You will find the paper lasts much longer without tearing. It works particularly



well on power sanders whether oscillating or straight–line.

* Before starting to paint, take a nail and drive several holes into the groove that the lid fits into. this will allow any paint that gets into the groove to drip back into the can instead of building up and running down the sides. It also prevents a large splash when you replace the lid.

* Make a board with shallow raised sides that you can fasten to the top of your stepladder to hold the screws, nails or tools without having them roll off onto the floor. If you like, you can make only half of the board a box and drill holes into the other half to hold tools. A word of caution: Do not leave anything on top of the ladder when you are moving it if you don't want it to end up hitting you on the head!

* To start a nail or screw in a difficult–to–reach area simply push it through a piece of cardboard which can reach into the area, then tear it away once the screw or nail is started.

* Plastic pill bottles make excellent containers for small nails and screws in the tool box. The only problem is they are hard to find tucked away into the bottom corner of the box. The solution is to build up a string of five or six bottles that is easy to locate and handle, by glueing the bottom of one bottle to the lid of the next with epoxy cement. Just open the section you want, the rest stay tightly sealed. Works great in a fish tackle box too.

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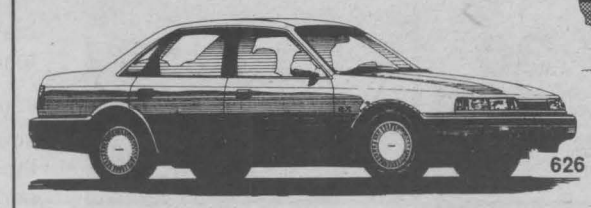

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This Time In History — 1972

Following their Memorial Cup victory the previous spring in Ottawa, the Royals got off to a 13-2 start to the new Quebec Major Junior Hockey League season. Coach Ron Racette's Royals outscored the opposition 86-49 during that stretch. In a 10-4 win over Laval, Brian McCullough fired 4 goals while Blair MacDonald and Yvan Bouillon both registered hat tricks.



COACH'S CORNER
by
Marc Crawford

This week's opponents are North Bay and Sudbury. The Centennials have a large number of returning players and always are physical and well coached by Bert Templeton. The Wolves are rated the #1 team in the entire country and are led by centre Terry Chitaroni and defenseman Adam Bennett.

The OHL's realignment with Sudbury and North Bay shifting divisions now gives the Leyden Division eight contending teams but also means two quality tems will miss the playoffs.

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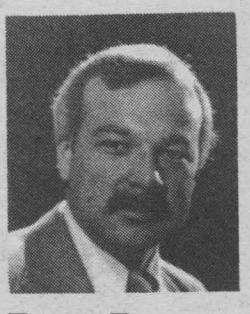

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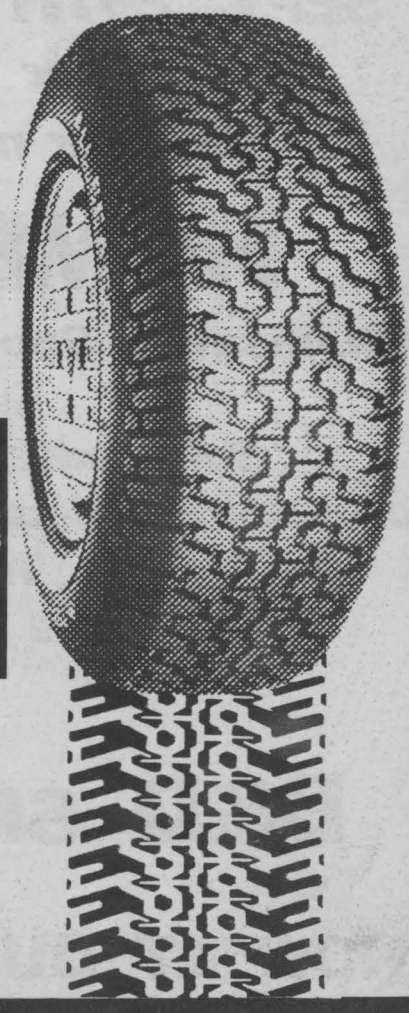
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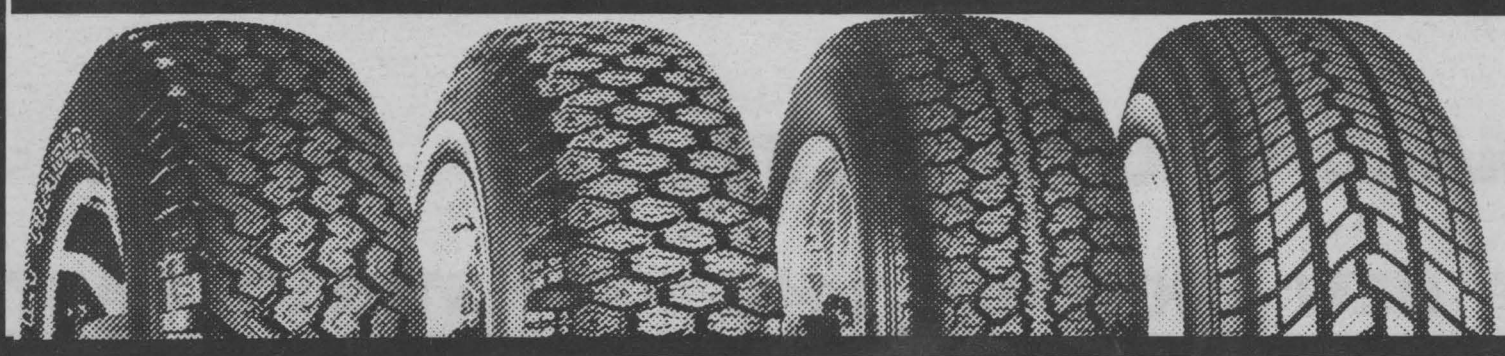
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Perspective

By Bob Roth

End The Farce At Oka

Like many Canadians, I am getting fed up with the farce being acted out at Oka.

What on earth are our political leaders doing?

Regardless of where you might stand on the native rights issue, you cannot help but be outraged at nightly newscasts which make Canada look like a third-rate banana republic.

My position on the native rights issue has been stated in detail in past columns. In short, native people got a raw deal and are continuing to get a raw deal.

I can understand, but not condone, the resort to violence.

By the same token, I cannot condone the way our politicians have made the army the scapegoats in this sad affair.

I am frankly embarrassed to watch members of my armed forces being pushed into razor wire by screaming Mohawk women. I do not like seeing a young soldier being bashed on the head with his own helmet and strangled with the straps on a binocular. Most of all, I am outraged that one soldier literally had his ear ripped off in a scuffle and had to undergo surgery to get the ear sewn back on.

All of this and the soldiers are not allowed to use force in self defence.

Some people are blaming the army for being too agressive. I don't see it that way. The army is trained to be aggressive. Under the circumstances, our men and women have been extremely restrained. If there is too much aggression, blame it on the politicians who called in the army. Don't blame the young soldiers who have been ordered to do a job.

I think it is patently unfair to have the army undertake a police action. Either we are dealing with an armed insurrection or we are not. If we are, settle it fast with swift military action. If not, get the soldiers out. Now.

Like many crises in this country, this latest one has been manufactured by Prime Minister Brian Mulroney in cohort with Quebec Premier Robert Bourassa. These two characters think they can run Canada all by themselves. Why has Mulroney not recalled Parliament to deal with this crisis? Why is Bourassa allowed to use the Canadian armed forces as if they were his own private police force? In addition, let's not forget that we have just sent ships and CF-18 fighter planes to the Persian Gulf. And the Canadian Parliament has had nothing to say about this either. Why do we bother to elect people to Parliament if they have no say on such major decisions as whether to go to war?

What is taking place in Oka is an example of what happens when people feel excluded from the democratic process. The system falls apart. Everything from Meech Lake to the current Indian wars, to the recent Ontario election, should be telling our political leaders to start listening to the public.

Arrogant, insensitive politicians have created the Oka problem. It is unfair to expect the army to solve it.

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SYLVIA's slant

By Sylvia Hall

I was recently taken to task by some readers for as they said "Attacking the education system". I find it hard to understand the multiple levels of the system. I find it hard to understand why there are so many school boards. Surely there must be a more economical way to combat illiteracy and reduce the high cost of education.

I read where college graduates can't find jobs. The educators should teach them to work instead of teaching them that with a degree they won't have to. They seem to believe that they will just have to supervise someone else to work. I reached this conclusion while recently listening to a University study group on Business Management. Theoretically it sounds fine until I realized that very few of these grads had any experience in the work force or had dirtied their hands at a real job of work. How could they possibly know or understand the problems and needs of the ones who were actually doing the job. According to the classified ads there seems to be a real need for people with skills in the field of technology, electronics and avionics. This means that higher education is necessary. More important is the need for highly skilled teachers on a year round basis. Look at your tax bill and see how much of it is for school tax. Then look around and see the high school drop outs. No one minds paying for the special funding for the mental and physically handicapped. What is discouraging to a lot of parents and students is the high cost and lack of student accomodation in University towns. If Canada is to be competitive in the global market then we must have highly skilled people in service industries. During the recent election campaign, I didn't see or hear much talk or discussion about this very important subject.

The tax payers seemed reluctant to take their representative to task for failing to build into the system the skills needed for the future. However good or bad the school boards are, they are elected members so you get what you vote for, whether they are qualified or not.

I could never understand school systems based on religion. I always understood that religion was taught in the home, in the church, at Sunday school, in Bible classes or as an extra curricular activity. I think the Minister of Education should do a complete overhaul of the system. We really only need one system. Any group that wants a special or private system should be willing to pay for it without taxing the rest of us. We should get back to the three Rs and concentrate on Literacy and the skills needed in today's competitive global society and leave religion to the home and the churches. We can't afford the high illiteracy rate and we can not ignore the fact that many of these people are smart and skillfull in areas that we need. All the school board members and the teachers should accept the responsiblity for students "graduating" from grades 8 and 12 who have no reading comprehension or writing skills. If that is an attack on the system, then so be it. I pay a tremendous amount of school taxes too, but what I find a shame is the waste of our most important resource - a literate and skilled work force. Look at your tax bill and tell me if you are getting value for your money.



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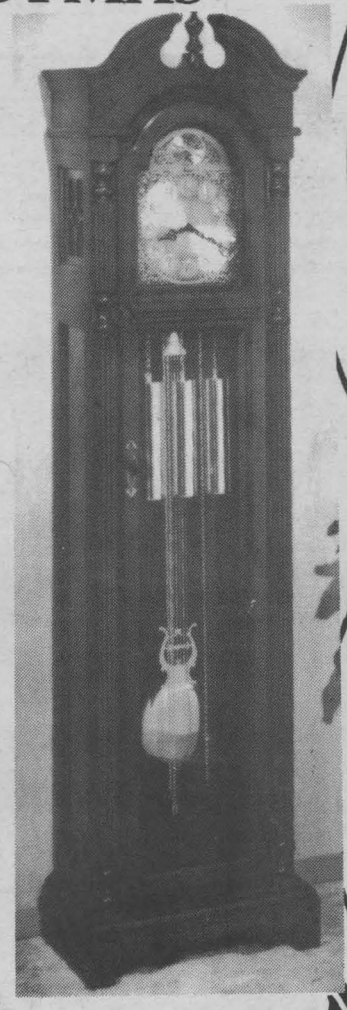
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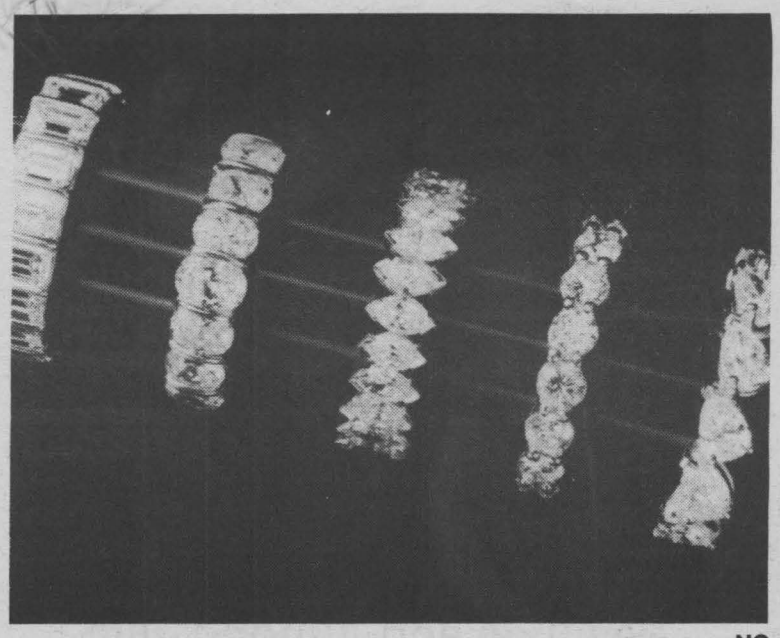
Mitel brings affordable 9-1-1 emergency telephone service to smaller communities

(NC)—Emergency telephone service is now available to small and medium-sized communities across Canada thanks in part to technology developed by Mitel Corporation of Kanata, Ontario.

Mitel's GX5000 System plays a vital role in a new 9-1-1 public safety system that combines telecommunications and computer technology. The "Enhanced 9-1-1" service which was developed in conjunction with two American companies, U S WEST Communications and Stratus Computer, Inc., will now be available to smaller communities that have, to date, not been able to afford the sophisticated emergency system.

Using the E 9-1-1 service, local operators are able to have an automatic display of the address and phone number of the person dialling 9-1-1. Operators on the system avoid delays trying to determine the origin of emergency calls, often a difficult task when dealing with people in panic situations.

As well as being more cost effective, the E 9-1-1 system enables operators to transfer emergency calls to the correct public safety agencies at the push of a button. Police and Fire departments are in turn able to respond more quickly to emergencies. This is a vital factor in measuring the effectiveness of life-saving public safety systems.



NC

The international language of diamonds

(NC)—When Elizabeth Barrett Browning asked, "How do I love thee, let me count the ways," she could never have counted all the traditions of love around the world. Nor could she have guessed the common thread that would bind them together in 1990.

The world is made up of many, many cultures, but one tradition that practically every country shares is the celebration of wedding anniversaries.

In Hong Kong, significant wedding anniversaries are celebrated with a big party, where the couple presents each of their friends with ivory chopsticks with the celebrants' name engraved on them. Austrians celebrate benchmark anniversaries by repeating their entire wedding ceremony, reception and honeymoon.

Wedding anniversary in any language means a special gift from a husband to his wife. In the United States, Canada, Latin America and across Europe, a diamond anniversary band is often given on anniversaries during the first ten years of marriage. The ring is a circle of diamonds that represent enduring, timeless love, and to many, it is as important in symbolizing a successful marriage as is the diamond engagement ring in symbolizing engagement. All shapes of diamonds are used in diamond anniversary bands, with the most popular being a single row of matched round stones either half way or all around the band.

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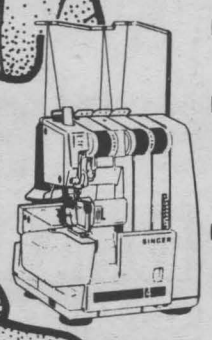


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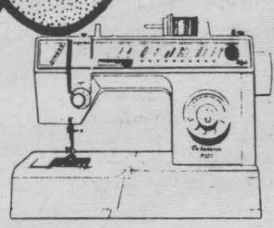
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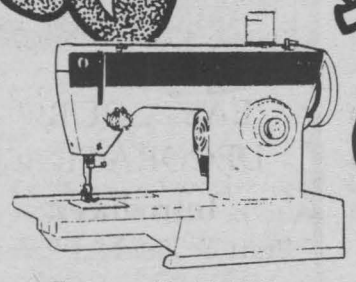


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Preserving for the Fall



Peaches and Almond Jam

Yield: about 6 cups (1500 mL)

550 mL	2-1/4 cups	sliced peaches
75 mL	1/3 cup	thinly sliced blanched almonds
50 mL	1/4 cup	chopped maraschino cherries
25 mL	2 tbsp	lemon juice (1 medium lemon)
550 mL	2-1/2 cups	sugar
1/2	1/2 box	CERTO Crystals Fruit Pectin (2-1/2 tablespoons)*

*Mix contents of box thoroughly before measuring.

First, prepare the fruit. Chop peaches into large pieces. Measure peaches, almonds, maraschino cherries, and lemon juice in a large saucepan.

Then make the jam. Measure sugar and set aside. Add powdered fruit pectin to fruit in saucepan and mix well. Place over high heat and stir until mixtures comes to a hard boil. At once stir in sugar. Bring to a full rolling boil and boil hard 1 minute, stirring constantly. Remove from heat and skim off foam with metal spoon. Stir and skim for 5 minutes to cool slightly to prevent floating fruit. Pour quickly into sterilized jars. Cover at once with new 2-piece lids or 1/8-inch hot paraffin.

Test kitchen tips for the jam maker

(NC)—The Home Economists from Kraft General Foods have been creating recipes for perfect jams and jellies for years. We have talked with many consumers over the years and have discovered that most people make jam successfully with Certo if they follow our recipes and directions carefully. If mistakes are made and the jam does not set it is usually a result of one of the following, says Marian MacDonald, Senior Home Economist.

•Making multiple batches—This magnifies any measuring mistakes.

•Not reading the recipe instructions carefully

•Incorrect fruit and sugar measurements or measuring the sugar with dry measures not liquid measures.

•Adding extra fruit deliberately to use up the extra fruit.

•Making up a recipe and adding Certo when the recipe doesn't set. (It probably still won't set)

Here are two well tested recipes that use the fruits of the season. Inside every Certo package are many more recipes.

Autumn Chutney

Yield: 7-1/2 cups (1650 mL)

1000 mL	4	cups prepared fruit (purchase 2 ripe tomatoes, 1 lb [454 g] fully ripe plums, 1 lb [454 g] tart apples)
125 mL	1/2	cup golden raisins
1	1	medium onion, finely chopped
30 mL	2	tablespoons lemon juice
7 mL	1-1/2	teaspoons grated lemon rind
1	1	garlic clove, crushed
10 mL	2	teaspoons ground ginger
1 mL	1/4	teaspoon mace
1500 mL	7	cups sugar
1	1	pouch CERTO Liquid Fruit Pectin

First, prepare the fruit. Scald, peel and chop tomatoes. Bring to a boil and simmer 10 minutes. Measure 1 cup [250 mL] into a large saucepan. Chop plums. Measure 1-1/2 cups [375 mL] into saucepan with tomatoes. Peel and chop apples. Measure 1-1/2 cups [375 mL]. Add to other fruits. Add raisins, onion, lemon juice and rind, garlic, ginger and mace.

Then make the chutney. Add sugar and mix well. Place over high heat, bring to a full rolling boil and boil hard 1 mimute, stirring constantly. Remove from heat and at once stir in liquid fruit pectin. Skim off foam with metal spoon. Then stir and skim for 5 minutes to cool slightly to prevent floating fruit. Pour quickly into sterilized jars. Cover at once with 2-piece lids or 1/8-inch [.3 cm] hot new parrafin.

Zucchini Orange Relish

Yield: about 7 cups (1750 mL)

1000 mL	4 cups	prepared zucchini (about 3 medium zucchini)
375 mL	1-1/2 cups	orange sections (about 6 medium)
175 mL	3/4 cup	lemon juice
1750 mL	7 cups	sugar
1	1 pouch	CERTO Liquid Fruit Pectin

First, prepare the fruit. Grate zucchini. Do not peel. Measure 4 cups into a large saucepan. Add orange sections and lemon juice.

Then make the relish. And sugar to fruit in saucepan; mix well. Place over high heat, bring to a full rolling boil and boil hard 1 minute, stirring constantly. Remove from heat and immediately stir in liquid fruit pectin. Skim off foam with a metal spoon. Then stir and skim for 7 minutes to cool slightly to prevent floating fruit. Pour quickly into jars. Cover at once with new 2-piece lids or 1/8-inch hot paraffin.

Make your own relish —it makes a great gift

(NC)—Homemade relishes are a special way to treat your friends and relatives. Give them at Thanksgiving and Christmas or just as a little gift when you visit. A relish tastes delicious when served with roast turkey or duck, a roast of pork, New Year's Ham or as a condiment with curried dishes.

Make your jars pretty too. Add a few decorative touches like a pretty cotton "topper" in gingham or a seasonal print, colour-keyed to the relish. Cut circles 2-1/2" bigger than the diameter of the jar cap. Secure with an elastic, then finish off with a pretty bow and tag.

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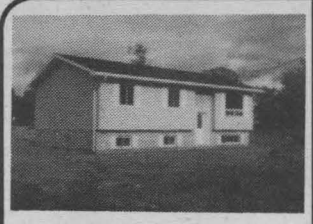
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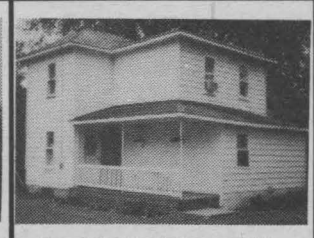
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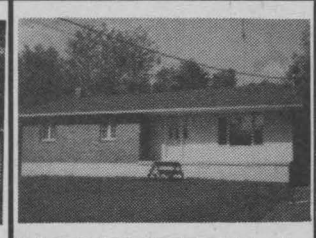
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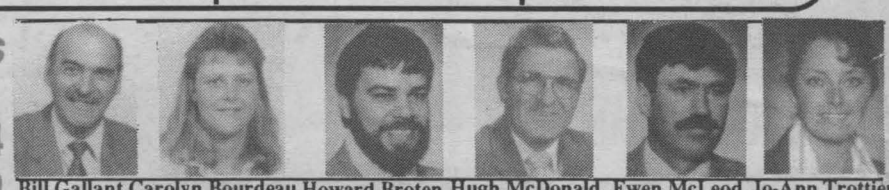


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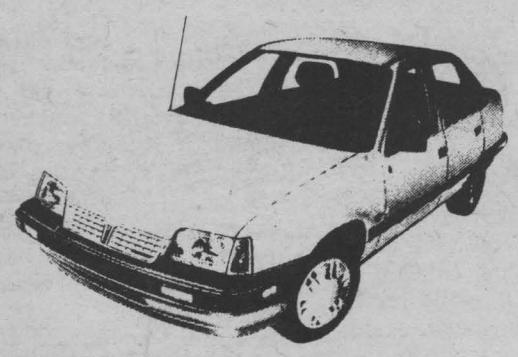
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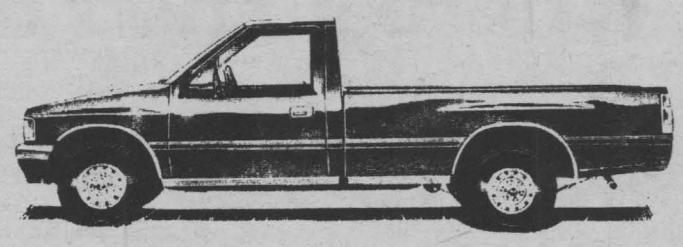
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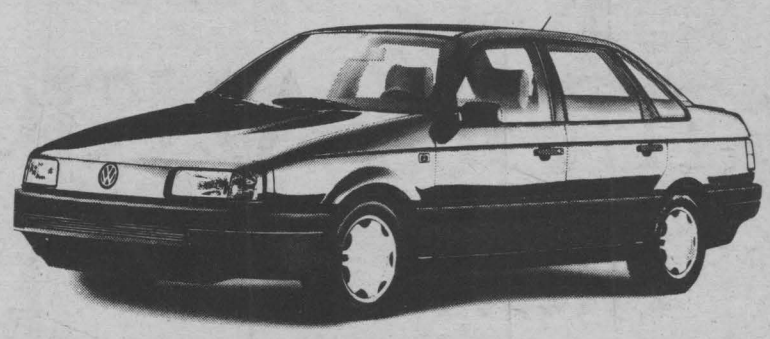
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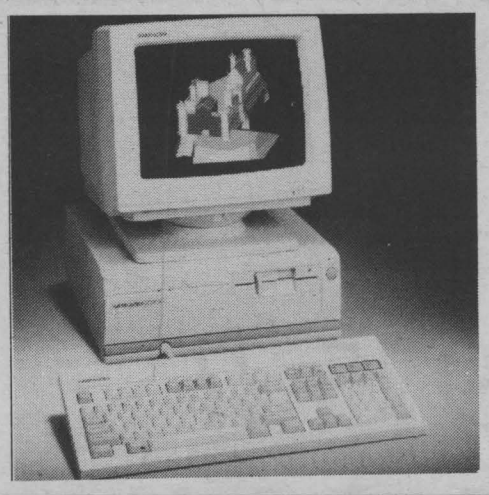
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Where's The Fat

In the new Nutrition Guidelines for Healthy Eating, Health and Welfare Canada recommends that Canadians reduce the fat in their diet. However, according to a consumer survey on fat and fibre by the National Institute of Nutrition (NIN), the majority of Canadians feel they have already taken steps to reduce their fat intake and do not intend to make any further reductions. The NIN Study reveals that while 7 of 10 respondents are concerned about fat, 68% claim they are unlikely to decrease fat further.

Part of this reluctance to change can be attributed to lack of knowledge. Consumers feel they have already made the obvious changes to their eating habits. The most frequently mentioned changes involved meats, including trimming fat and choosing lean meats. According to Lynn Stewart of Agriculture Canada, consumers have misconceptions about the sources of fat in the diet. "Educators and health professionals need to remove some of the negative focus from animal products," says Stewart, "and re-emphasize to Canadians what other primary sources of fat are in the diet: salad dressings, sauces, gravy, deep fat fried fast food, muffins, croissants, granola bars, cookies and pastries."

The beef industry has been a success story in the fight against fat. In 1972, fat and cholesterol were non-issues. That year, the beef industry changed its grading system to encourage the production of leaner beef, resulting in beef that is today 50% leaner and 21% lower in cholesterol. Ounce for ounce, many servings of lean beef are comparable to chicken in calories, fat and cholesterol.* Beef cannot be made leaner without sacrificing tenderness.

Retailers have also responded to the demand for lean meats through trimming practices. Now 1/8 inch trim is standard in most stores.

Unlike muffins, mayonnaise or cheese, beef has visible fat. Therefore, it is not surprising that consumers readily identify beef as a source of fat in the diet and have taken measures to trim the fat. According to a Beef Quality Survey by the Ontario Ministry of Agriculture and Food in 1987, 78% of respondents claim that they "always" or "most often" trim visible fat from beef before eating. In a 1989 study, conducted for the Beef Information Centre, 60% of respondents claim they buy lean or extra lean ground beef.

Portion sizes are also less than expected. In their 1985 study, Dr. Jean Sabry and Anne Chery, University of Guelph, calculated that the mean portion sizes of beef items range from 74 grams for roast to 113 grams for steak. These figures were based on a Nutrition Canada Survey (1970-72). Since per capita consumption of beef today is approximately 10% lower than in 1970, it can be interpreted that the average serving size has also decreased proportionally.

"Beef is as lean as it can be and I think consumers know that," says Pat Scarlett, RDN, Nutrition Co-ordinator with the Beef Information Centre. "And since consumers lack knowledge about other sources of fat in the diet, they are reluctant to change their habits further."

Lack of nutrition knowledge is widespread. In the NIN study, 8 of 10 consumers incorrectly answered general knowledge questions. Marion Vaisey-Genser, Associate Vice President (Research), University of Manitoba, speaking at a national conference, reported that in a recent focus group study, not one person understood or comprehended the statement "reduce your fat intake to 30% of calorie intake". Health and Welfare Canada also conducted focus group research and their summary highlights indicated respondents were very interested to learn which foods contain fat.

Where do Canadians get their nutrition information? According to the NIN study, mostly from the media. More than 60% of respondents indicated magazines and newspapers as their source of information, second only to radio and TV at 70%. "Health professionals have a responsibility for nutrition eduction," acknowledges Pat Scarlett, "but obviously we must rely on the public media to carry our message."

The booklet, So What's Your Beef has been developed by the Beef Information Centre for consumer education. It outlines specific ways to reduce the fat intake of your diet. The booklet is available free by writing to: Beef Information Centre, 590 Keele St., Ste. 422, Toronto, Ontario M6N 3E3.
(*Canadian Nutrient File 1989.)

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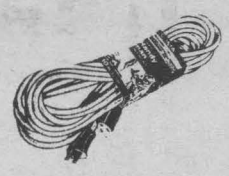
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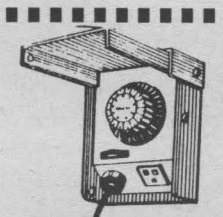


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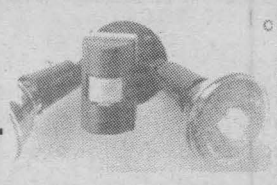
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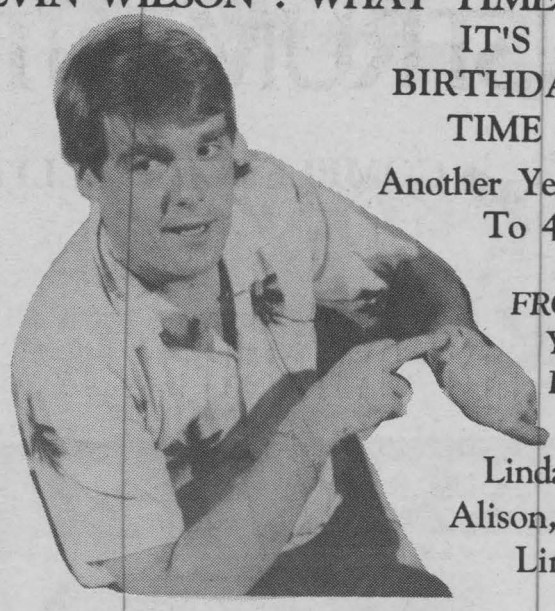
Sammy Saver



KEVIN WILSON ! WHAT TIME IS IT ?

IT'S BIRTHDAY TIME

Another Year Closer To 40



FROM ALL YOUR FRIENDS & Linda, Erin, Alison, Shawna, Lindsay

This gentleman could not contain himself any longer & had to air a couple of gripes. One is why dc people insist on parking on the wooden walkway located at the Hotel Dieu parking lot ... effectively cutting off access to pedestrians. And those drivers who have a "handicap/vehicle" auto sticker ... park in the handicap area ... only to "jump" out of their cars & "jog" to their destination with "no visible handicap passenger" in the car?!?!

A reader called to say "Congratulations to the staff at Seaway Shopping News on the occasion of their 5th Anniversary. Keep up the good work!!"

If you've been wondering what all the banging, hammering & sawing has been about during August over at Cornwall T.A.S. ... Penny & George say it will be Oct. 5/90 when you can check it out. It will be 35 years of servicing to Cornwall & area.

Turning a young 87 .... Mrs. Rose Gosselin ... a "special birthday wish" on Sept. 23rd.

Monster parking problem at the college this year. People parking all over the grass in spite of signs prohibiting it. The college police are threatening tickets!!!

Rumours a-blooming ... someone at Barbara's Flowers celebrating a 17th or a 39th!?!? Which one, Sharon? Either one has gotta be good!!!

A couple of men struck up a conversation with each other at a vacation resort. One of them said, "I'm here on insurance money. I collected $10,000 for fire damage."

"Me too," the second man said. "But I got $20,000 for flood damage."

After a long pause, the first man asked, "Tell me, how do you start a flood?"

New name ... new owner ... newly renovated (with a Horseshoe Bar & Entertainment 7 nights a week). It's Beaches Pub (formerly Parkside Restaurant) in Long Sault ... Marlene Muir really knows how to put on a party.

Apologies going out to Marc Brisson, Mark Lafleche and Al Sauve from Valdis for comments made last week in this column. No offense intended, and hopefully none was taken.

At a recent school board meeting, the Alternative School's Yvon Mayer had an important presentation to make to the board. So important in fact, he was scheduled to speak after a sewer discussion. Boy ... what pull!!

Wine tasting seminar at Gedoro's went well last week. Watch for 6 programs on the topic coming soon on Cable 11. Gerry Lalonde tells us that Mike Anderson is now looking for beer bottles with corks.

Somebody better ask our own Rick Shaver what he has in common with Kelly Gruber ... we're sick of listening to him.

Chamber of Commerce Business and Industrial Guide in the throws of production for 1991.

No truth whatsoever that Kyo Oka is planning to open a golf course. he says naming it after himself just doesn't fit any more.

So we tried ... hard working Dr. Michael (Bones) Lalonde is closing for a week's worth of renovations. Earlier we tried to give him a month off. Closed this week and reopens on the 2nd of October.

Getting prettier every year & she's only turning 17 on Sept. 27th ...Natalie Roy! Have a great day!

Sammy's little shot last week about council's Gananoque session might have been misconstrued. We apologize if our attempt to have some fun with the notorious trip left the wrong impression.

Melanie and Steve DeRochie have opened the Book Nook at 109 Seventh St. W. They are only open evenings and Saturdays. You can trade 2 books for one or buy at 1/2 cover price.

Hear David Peterson has a new job offer. Working is sausage factory.

Happy Birthday to "Ma" Benton who celebrated on September 21st.

Tens of millions of fund raising project dollars later, Kinsmen and Kinettes of Cornwall and across the country are rejoicing in the announcement late last week that research scientists have corrected a crucial defect in cells taken from cyctic fibrosis patients.

Penny Tait of CFLG is now talking ... seems she and some friends were state side dining recently and on their return, she wouldn't open the door or window to speak with Canadian Customs Officials. There is a good reason for it, but she's just too embarrassed to grant us an official interview.

FREE TIRES

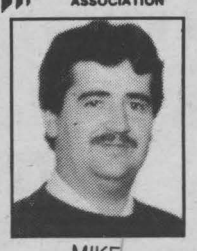
These are tires which don't pass our standards.
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Many readers complaining over the lack of common sense shown by the staff of Laidlaw's and garbage pick up. One reader in particular says he put out his accumulation of 10 days (since his last pickup) worth of garbage, in 2 cans and four garbage bags, along with some old and jagged edged gutter pipe and one neat carton box. Everything was taken except the neat carton box. The bags had been ripped apart by squirrels yet the only thing they wouldn't take was the box. He vows to throw the mess on the front step of their building for what he calls lack of common sense reasoning. This is one of many calls we've received to date ... Sammy agrees on this one even though the box didn't conform, there has to be give and take on both sides.

If you're looking for Gilles Gareau ... it won't be hard to find him ... he's behind bars !!! Seems he's converted the former OPP Station (in Lancaster) into "Lancaster Auto Sales". Be sure to drop in .... but leave the cake & saw at home!

"Breaker 1-9" ... be on the lookout for a black & white OPP car bearing license plate 579 JYV squealing in & out of MacDonald's for lunch. They must have been chasing the craving of a Big Mac Attack on Sept. 17th!!!

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City's brochure is out showing the one day per week garbage pick up and the 5 city zones. The only question we have is why did they spend the extra money sending it to apartment dwellers who are not affected by all of this??

Jim Shonacker, Eastern Welding, announces thr grand opening of their new impressive facilities.

Bloc Quebecois threatening to "tie-up" government business if they are not granted the "perks & privileges" of official party status. This in spite of the fact that they are 4 members short of the required 12 in order to be recognized as an "official party". But what the heck ... why play by the House Rules ... after all, they are a minority & we know minorities always "get their way".

Seniors Look No Further!

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Do you want to know why the house (John's Barber Shop on Pitt) is not fully painted yet? Ask his wife ... seems she has not yet been paid for previous work ... in other words, the lady's on strike!

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With the democracy movement in Eastern Europe evolving on a daily basis, the Secretary of Defense recently proposed some major cutbacks in the defense department budget. One of the most drastic suggestions was to cut back the pentagon to a triangle.

A very "special birthday" to a really "super lady" ... Mrs. Dorothy Wilmot.

Big men with the bat was Randy McGillis in Hunt Insurance's 10th inning championship win over Seaway Timber in the municipal fastball league.

McDonalds Restaurants have done a super job on their flower gardens this summer. Nice to see that kind of pride.

"You look worse than the last time you were here," said the doctor. "Don't you remember I told you to drink warm water an hour before each meal. Well have you been doing it?"

"Doc believe me, I've tried and tried to do what you told me, but I can only keep it up for about 15 minutes."

Lyle Ferguson is at Queen's where he is enrolled in the Faculty of Education.

With his golf game, it's a good thing that Ray Roy sells pools. We understand he's always in the water.

In addition to his responsibilities as critic for Fitness and Amateur Sport, Bob Kilger has also been given the job as Associate Critic for Consumer & Corporate Affairs. Congrats Bob.

Happy 31st goes out to Denis Theoret ... we're just a bit late ... but lots of luv ... Mom & Dad.

Rumour is confirmed, Mike (Columbia Finishing Mills) and Nancy Mahoney will get the cradle out again late next spring.

How the Non-smokers Health Act works

(NC)—Goodwill and self-regulation, rather than tickets and legions of special inspectors, has been the order of the day as workers and employers have learned to work under the government's tough new smoking restrictions in the federal workplace.

"We expected most people would comply voluntarily with provisions of the Non-smokers' Health Act and so far it's working reasonably well," said Labour Minister Jean Corbeil. "At the same time, employers have shown they can take responsibility for self-regulation."

Labour Canada will use its inspectors to ensure the regulations and the Act are enforced and adhered to. But to a large extent, the new law is self-regulating in that the employer is responsible for enforcing the Act in the workplace.

"We expect employers to take action against employees in terms of their normal disciplinary procedures. Only when all else fails do we expect Labour Canada inspectors to investigate," said Corbeil. "Long before an inspector is called in and a ticket is ever considered, we're hopeful employers will take action or work out the problem at work."

The Act specifies that subject to certain conditions, rooms can be designated for smoking but it is up to employers to decide whether to set aside special areas for smokers. If the employer decides to establish designated smoking rooms, the location and other features of such rooms must be determined in consultation with the workplace safety and health committee or a safety and health representative.

Labour Canada says workers with complaints about smoking are expected first to discuss the matter with supervisors and health and safety committees. If the situation is unresolved, the complaint should be referred to the nearest Labour Canada office, while specific complaints related to transportation services should be referred to Transport Canada.

The Act makes no provisions for breaks for smokers, instead leaving the issue up to employers and employees to work out. The same holds true for courses to help employees stop smoking. "This is a matter for negotiation between the employer and the employee," said Corbeil.

If workers, employers or members of the public refuse to obey the law they can be issued a ticket and subjected to fines.

More information about the Act can be obtained through local Labour Canada offices. Copies of the Non-smokers' Health Act and Regulations can be purchased from the Canadian Government Publishing Centre, Supply and Services Canada, Ottawa, Ontario, K1A 0S9, (819) 997-2560.



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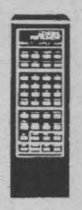
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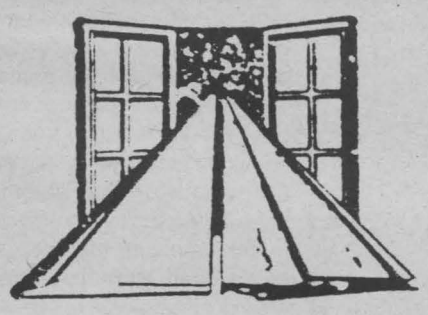
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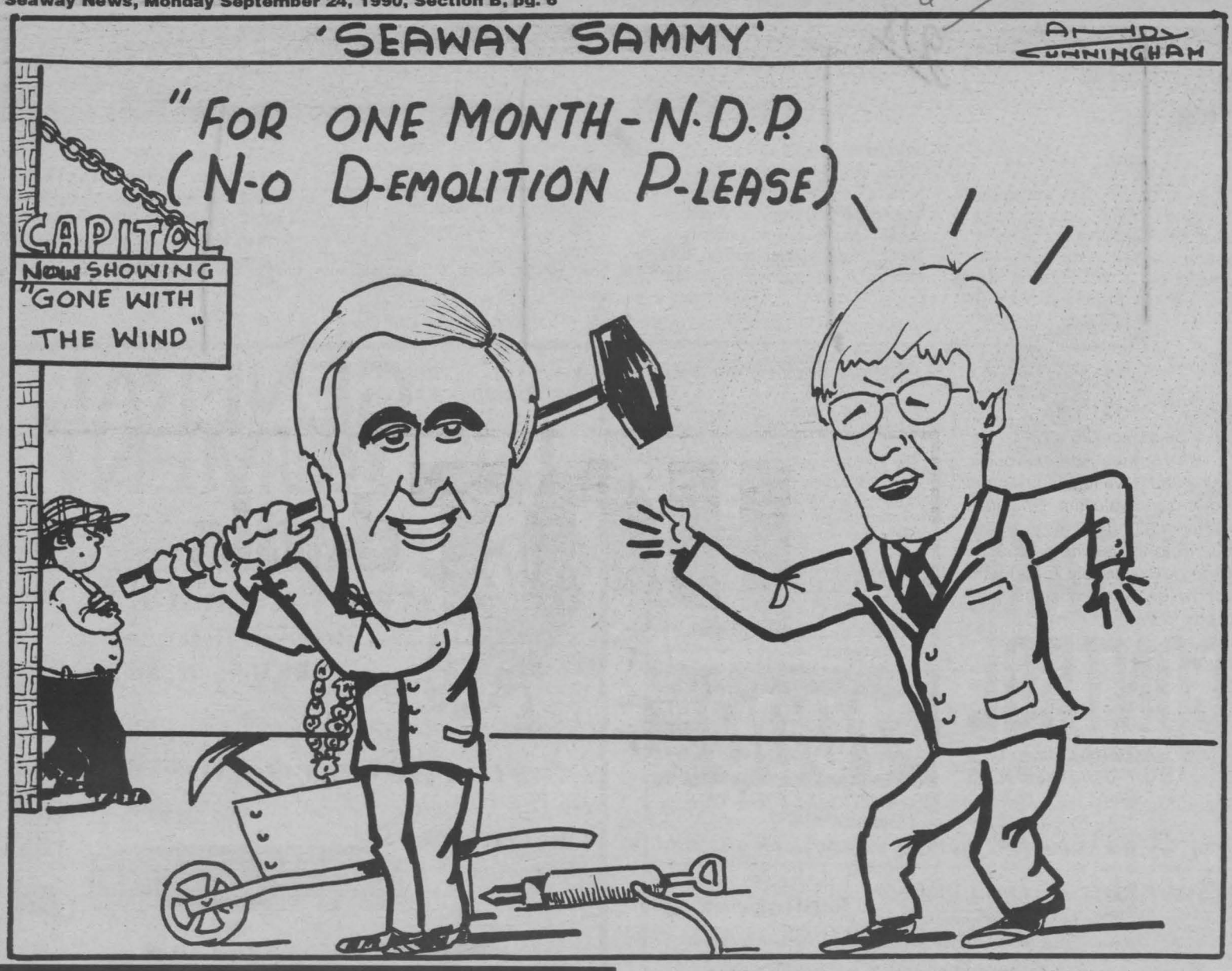
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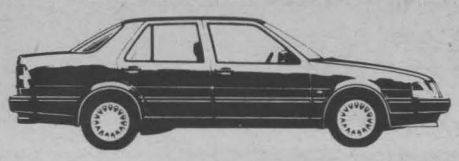
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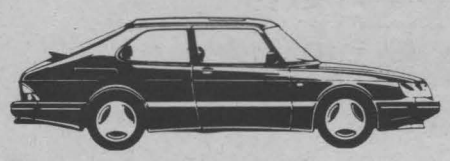


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Cornwall Family Week Committee

Second Annual Celebration of National Family Week to be Held in Cornwall

National Family Week is to be celebrated in Cornwall for the second year running, announced Lynn Fortin of the Cornwall Family Week Committee. Along with many other communities across the country, Cornwall will be recognizing October 2nd to 8th as the week in which families will be highlighted as the strong, healthy basis of our society.

This year, the Family Counselling Centre and the Church of Jesus Christ of Latter-Day Saints have been joined by the Children's Aid Society, the Cornwall Christian Council, Action Famille, Big Brothers/Big Sisters, and the Ontario Association of Professional Social Workers in forming the Cornwall Family Week Committee. Together, they have organized a week of activities that will be fun ano helpful for all families in the area.

The week will start with Mayor Phil Poirier signing a proclamation showing Cornwall's official recognition of National Family Week. Then on Tuesday October 2nd, the OAPSW will be hosting Social Workers and others involved in family counselling from across Eastern Ontario at a day-long professional seminar and workshop. Two guest speakers will be presenting themes on families during this day.

Tuesday evening, one of those speakers, Professor Shirley Steele of McGill University, will speak at a public forum on "The Family of the 90's." She will be showing how traditional families, step-families, single parent families, and all the other types of families that are found today can work together in our society. Profesor Steele has a Masters Degree in Social Work and, as well as lecturing at McGill, has a private professional counselling practice. She will be speaking at Gallery 1 in the Civic Complex from 7 pm on October 2nd, and after the talk will welcome comments and questions from the audience. Admission to this informative evening will be open to the public, and will be free of charge.

The very popular Family Skate Night will be repeated this year for families to enjoy the first skate of the season together. Once again, the Bob Turner Memorial Arena will be open to the public, free of charge, from 6 pm to 9 pm on Wednesday October 3rd. Last year, hundreds of Cornwall residents took this opportunity to try their skates out, and this is sure to become a Cornwall Family Week tradition. The Committee would like to thank the Bob Turner Centre for donating the ice time for this event.

On Thursday October 4th, at 7:30 pm, Bob Nadeau of Quebec will be speaking at La Citadelle High School Cafetorium on "La Famille Traditionelle." Again, this event will be open to the public, with questions welcomed, and, as with all Family Week activities, there will be no charge for admission.

The final event of the week will again be a Family Variety Show featuring some of the best acts and talents from this local area. Show time will be 7 pm on Friday October 5th at General Vanier Secondary School Auditorium, and once again admission will be free to all. Singing, dancing and magic will delight all family members, as will the presence of MPP John Cleary and Miss Cornwall Natasha Roberge. The show will close with the spectacular "Elvis Perry" in his energy-packed tribute to "The King" - an act not to be missed, as those who saw him last year will surely remember. It is advised that everyone arrives early for a good seat!

In organizing this week, the member agencies of the Committee hope that they have been able to provide some activities that will benefit the families of Cornwall and area. They trust that in participating in each of these events, local families will learn together, play together and be entertained together, and they encourage everyone to come out and join the fun.

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***EUCHRE** sponsored by Eastern Star Rebekah Lodge No 48. Tuesday Septebmer 25 at 7:30 pm. I.O.O.F. Hall, 15 First St. W. Cash prizes, good lunch, everyone welcome.

***THE BROWNHOUSE CIRCLE** will hold its monthly meeting on Wednesday October 3 at 12:30 pm at St. Raphael's Parish Centre. Lunch will be served. Remember to bring your newspapers and aluminum soft drink cans for recycling.

***THE NORDIC SKI CLUB OF CORNWALL INC.,** will be holding its annual registration at the R.C.A.F. Wing building located on Water Street West, on October 15/90 between the hours of 7 & 9 pm. Please use side entrance. We thank you for your co-operation in promoting Cross Country Skiing.

***FUN-A-RAMA.** Port Theatre, Sunday Sept. 30th at 1:30 pm. Feature film: Walt Disney's "Jungle Book" plus "The Three Stooges". There will also be draws for prizes. All seats $2.50. Proceeds to Cornwall Canada Day-Week.

***SEAWAY TOASTMASTERS.** Tuesday September 25/90 at 7 pm at TCTI, 1950 Montreal Rd. Learn public speaking and have fun. Guests and new members welcome. Enquiries 936-1350 or 932-6193.

***THANKS** to those who purchased tickets to the Exclusively Yours Fashion Show on September 27 with proceeds to the Alzheimer Society. Tickets are sold out. No tickets will be sold at the door.

***L'ORDRE FRANCISCAIN SECULIER**/St. Felix de Valois Parish Hall, 620 Glengarry Blvd. are having a huge garage sale, Sept. 27/90 from 9:30 am - 7 pm. Also Sept. 28/90 from 9:30 am - 3 pm. Proceeds toward charities.

***ST. BERNARD'S PARISH SUPPER** being held on Sunday Sept. 23/90 at the Finch Community Centre from 4-8 pm. Smorgasbord. All are

***FOURTEENTH CORNWALL BEAVERS AND CLUBS,** registration September 18th and 28th from 6:30 p.m. - 8:00 p.m. at the sacred heart school. For more information call 932-3416.

***ST. ADELE-VAL DAVID SERAPHIN VILLAGE,** Wednesday, September 26, 1990, cost $31.00 per person. Departure is set for 8:30 a.m. from the Seaway Senior Citizens Centre, 205 Amelia Street. We will leave Cornwall for the Laurentian Mountain area which will be in full colour. You will visit St. Adele and Val David, two beautiful little villages in The Laurentians, which offer quaint little shops and scenery plus you will also visit seraphin village (a miniature pioneer town)

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***A WEEK-END RETREAT FOR DIVORCED AND SEPARATED,** sponsored by the Catholic Church, will be held at Shalom House on October 12, 13 and 14. For further inforamtion call 933-7371 or 933-1567.

***THE CORNWALL LIGHT CAR ASSOCIATION** presents "The Bill Loucks Memorial Slalom", on Sunday, September 30, 1990 at the Brookdale Mall (west parking lot) registration opens 10:00 a.m. First run starts at noon. Entry fee $5.00 minimum - no maximum!! All proceeds donated to the Canadian Cancer Society. This event is open

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UNDER $13,000	1989	GMC TRACKER, 4x4, cass., 5 spd.	24,000
	1989	TOPAZ, 4 dr., 4 cyl,, auto., air	45,000
	1988	CENTURY, auto., 6 cyl., air., tu-tone	67,000
	1988	T-BIRD, loaded, V6	56,000
	1988	MUSTANG LX, auto., 4 cyl.	37,000
	1988	F-150 XL, auto.,	40,000
	1987	F-250, supercab	----------
	1985	MUSTANG CONVERT, auto., 6 cyl.	69,000
UNDER $10,000	1989	TEMPO L, auto., air	37,000
	1988	TEMPO GS, loaded, auto.	49,000
	1987	NISSAN PULSAR, auto.	107,000
	1984	F-150 SUPERCAB, 4x4, auto.	138,000
UNDER $8,000	1987	TEMPO L, 4 dr., 5 spd.	56,000
	1987	TEMPO L, 4 dr.	--------
	1987	TAURUS L, auto.	60,000
	1987	TEMPO, 2 dr.	--------
	1987	F-150 TRUCK	120,253
	1986	GMC S15, 5 spd., box	93,000
UNDER $6,000	1986	MUSTANG, 2 dr., 5 spd.	77,000
	1982	F-150, 6 cyl.	94,833
	1984	TEMPO, 2 dr., auto.	---------
	1984	TEMPO L, 4 dr., auto., air	133,602
	1984	TEMPO L	---------
UNDER $4,000	1984	HONDA ACCORD, (as is)	160,000
	1984	HORIZON, tu- tone	--------
	1983	HONDA ACCORD, 5 spd.	158,000
	1980	CHEV. MALIBU WAGON, (as is)	--------
	1980	ZEPHYR, (as is)	--------

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to everyone - come and join in the fun. Non-members especially welcome.

***FAMILY LUNCHEON**, St. Matthew's Presbyterian Church, Ingleside; Saturday, September 29th from 11:00 a.m. to 2:00 p.m. Adults $4.50, children (12 and under) $3.00, preschoolers free. On the menu is homemade soup with a jumbo sandwich, assorted apple desserts and beverage.

* **MINI BASKETBALL** Registration to be held at Bob Turner Centre, Sat. Sept. 29/90 from 9 am - 1 pm for boys age 6-13, girls age 6-14. Cost $25 per person, $45 per family. Program run by the Cornwall United Counties Basketball Association.

* **THE CORNWALL KIWANIS CLUB** will be holding a Kiwanis-Loeb IGA burger cookout on Saturday September 29th at the Seaway Loeb IGA on Vincent Massey Drive, from 10:00 am until 6:00 pm. Come out and support the Kiwanis and get a great deal at the same time - delicious Loeb IGA quarter pound burgers for a buck and soft drinks for .50¢ each. See you there!

* **SAINTE-CROIX PARISH BAZAAR,** 108 Anthony Street, Cornwall, on Friday October 12th, 1990 between 10 am and 9 pm. Many booths, games, bingo, wheel of fortune, bake sale, garage sale, plants, handicrafts, etc. Lunch: soup and sandwiches. Supper: ham & baked beans. All are welcome!

* **SECCES** Advisory Board members are reminded of a meeting on Friday Sept. 28/90 at 12 noon in the boardroom.

***THE STORMONT DUNDAS AND GLENGARRY** County Library will continue Storyhours for pre-school children as usual in the Long Sault branch and will start storyhours in October at the following 5 branches: Morrisburg, Avonmore and Finch (in English) and Moose Creek and Crysler (in French). Please contact your branch for exact day and time to register for the 4 week sessions.

***WISHING TO SET UP A GROUP** for persons who are lonely and would like to participate in social, recreational, etc. activities with others. If you are interested, or if you wish more details, please call 932-9940 between 8:30 am - 4:30 pm.

Cherchons à former un groupe pour les personnes qui se sentent seules et qui cherchent des gens avec qui s'adonner à des activités récréatives, sociales, etc. Si vous êtes intéressé(e)s à participer, ou si vous désirez de plus amples renseignements, veuillez composer le 932-9940, entre 8h30 et 4h30.

***VETERAN AFFAIRS CANADA** presents an information afternoon on Benefits. Guest speaker Mr. Bernie Boisvenue (Chief of Client Services). Other information & inquiries: Ms. Jocelyn Menard. On Thursday September 27/90 at 2 pm at Chateau Cornwall, 41 Amelia St.

***THE SEAWAY POTTERS GUILD** is holding its 5th Annual Exhibition & Sale of wheel thrown and hand built pottery on October 6th and 7th in Greenhouse #4 at Marlin Orchard and Garden Centre on Highway #2, 7 km east of Cornwall. Visitors are invited to browse and watch pottery demonstrations while enjoying fresh pressed cider. Hours are 10 am to 5 pm both days. Admission is free.

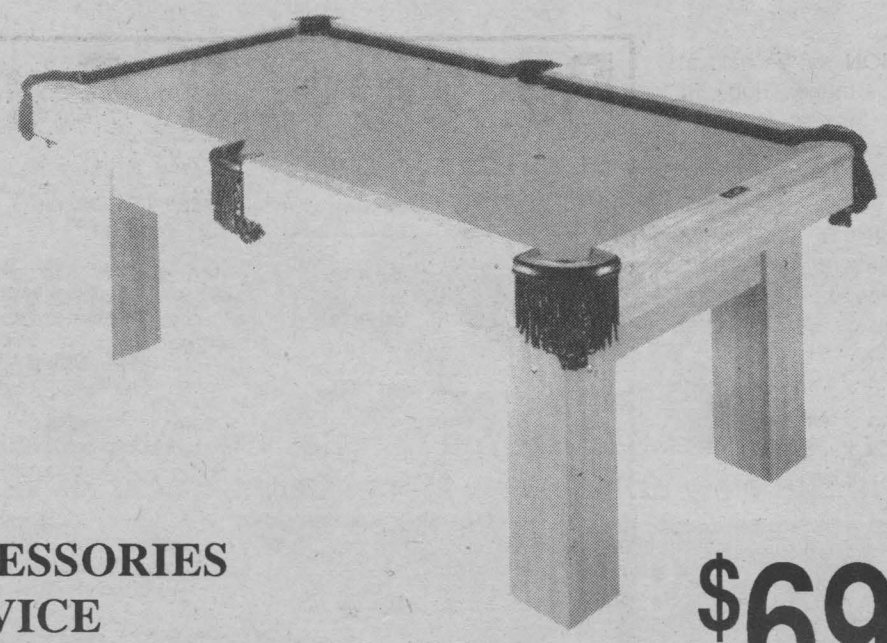
***THE ANNUAL HARVEST SUPPER** at St. Andrews Presbyterian Church at Martintown, Ontario on Wednesday October 3/90 from 4:30 pm - 7 pm.

***THE MONTHLY MEETING OF THE SUPPORT GROUP** for widows and widowers will be held on Tuesday September 25/90 at 7:30 pm at the R.C.A.F. Wing, Water St., Cornwall. Guest speaker: Sharon Filion. All ages welcome. For further info. call 933-4324 or 933-3567.

***CHURCH OF THE GOOD SHEPHERD,** Annual Harvest Turkey Dinner Saturday September 29/90 from 4-7 pm. Entry by church, corner of Marlborough and First St. Everyone welcome.

***KIWANIS ....** 325 Air Cadets, Cornwall. Winners of ... "Battle of Britain" framed & numbered prints, draw was held on Sept. 15/90.
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2. Florian Leger, Cornwall, #0397
3. Fay Sixsmith, Hannon, Ont. #0900.
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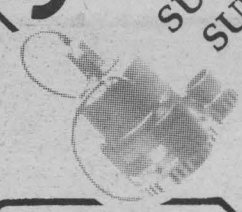
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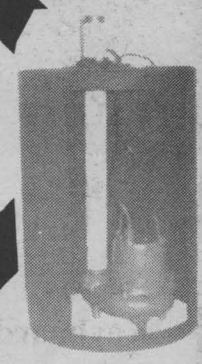
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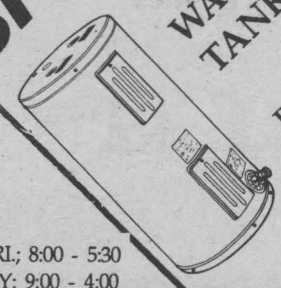


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***HARVEST MOON DANCE** on Sat. Sept. 29/90 from 9 pm - 1 am. Music by Am-Fm ... Lunch served. At the Martintown Community Centre. Tickets are $3.00 per person. All proceeds to the Martintown Community Centre. Also a turkey bingo will be held on Oct. 1/90 at the Martintown Community Centre at 7:30 pm.

***"THE RETURN OF THE SAINTS."** Thanksgiving weekend - Saturday, October 6, 1990 St. Lawrence High School men's alumni "88-90" homecoming basketball game, 2:00 p.m., SLHS gym. Free admission, all wecome. Also "homecoming bash", at 8:30 p.m. Tickets $5.00 per rson. Êickets are available at the game at the SLHS's administration office. For more information, contact SLHS.

***"EXCLUSIVELY YOURS" FIFTH ANNIVERSARY FASHION SHOW**: proceeds will go to The Alzheimer Society of Cornwall and District Thursday, September 27, 1990 at 7:30 p.m. Tickets are available for $10.00 at The Alzheimer Society office at 714 Pitt Street or Exclusively yours at 219 Sydney Street.

***GENERAL VANIER S.S MAKE ANOTHER MEMORY** - plan to attend general Vanier's 25th anniversary reunion to be held on October 26th, 27th and 28th 1990. Special package for this fun filled weekend is $25.00 per couple, $15.00 single, register before September 15, 1990. For more information call 933-5500.

***REGISTRATION** will be held at the Cornwall Curling Club, 11 Amelia Street, Monday, October 1st to Friday, October 5th from 7:00 p.m. to 9:00 p.m. The opening wine and cheese party will be held Friday, October 5th from 6:30 p.m. to 8:30 p.m. New and returning members are encouraged to register. Curling clinics are organized for new curlers.

COUNCIL 10320, Our Lady of Grace, St. Pius X will hold next social meeting September 23, 1990 at the Lakeside following 9:30 a.m. mass. All members, families welcome to enjoy a breakfast and fellowship.

***KNIGHTS OF COLUMBUS, COUNCIL 10320**, Our Lady of Grace, St. Puis X will be holding a Charter Night on Friday, October 19th. Mass will be held at 6:00 p.m. and dinner will follow at 7:30 p.m. There will be dancing to the Marquis Band from 9:00 p.m. to 1:00 a.m. This will be held at Our Lady of Grace Hall. Cost will be $25.00 per person. Anyone interested in attending can call Jim at 537-8532 or Leo at 537-8387.

***FALL AND WINTER FASHION SHOW** on Monday, October 1, 1990. All proceeds to Kiwanis Club of Cornwall. For further information, please contact 933-1925 or 938-5092. $30.00 per person, cocktails at 5:30 p.m. Dinner served at 6:30 p.m. Door prizes to be won.

***WORKERS' HELP AND DEVELOPMENT CENTRE,** 231 Augustus Street, Cornwall. Monday to Friday (8:30 a.m. to 4:30 p.m.) (613) 933-8159. We are a "job finding club" organized to assist both individuals seeking suitable employment as well as prospective employers to find the "right person" for the job you might be offering. Sessions September 4th, October 1st, October 29th, and November 26th. You are requested to drop in week prior to session for an interview.

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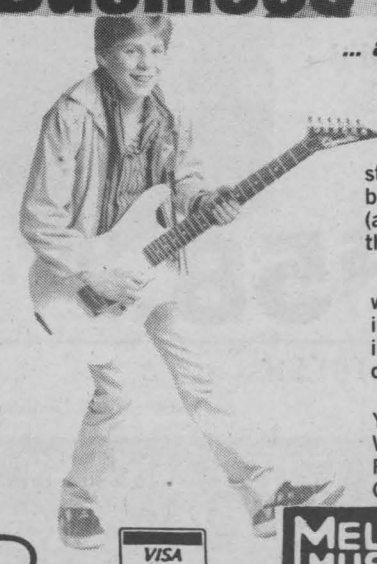


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Community 10

Community 11's community bulletin board is one of the ways your non-profit group or organization can get free publicity for your event. We accept these messages in written form only and as a general rule the messages appear a week to 10 days before your event. Just remember when designing your message that the space limitations on the board are 8 lines of 32 characters across. Messages that are short and get to the point work best. And don't forget that if you feel that you would like to elaborate more on your event then book an appointment to be a guest on our new program "What's It All About". This program begins production next week. If you would like more information on any of these services call us at 932-1632.

Some of the programming highlights on Rogers Community 11 this week include Countdown to Council with Scott Meyers, Monday at 7 p.m. followed by live coverage of Cornwall City Council at 7:30 pm. Tuesday at 8pm is the season premiere of Political Hotline. Ron Martelle's guest will be re-elected MPP John Cleary. On Thursday action from the Optimist Minor Football League comes your way at 7:30 pm.

Remember your comments about our programming are always welcome on the Community 11 Response Line by calling 932-1433 anytime.

SUNDAY SEPT. 23
10:00 Olco Royals Hockey vs Oshawa Generals
12:30 Life's Deepest Meaning
1:00 Cornwall Christian Council Weekly Service from St. Columban's

MONDAY, SEPT. 24
6:00 Money In The Bank
6:30 The Seniors Special
7:00 Countdown to Council - Live
7:30 Cornwall City Council - Live

TUESDAY, SEPT 25
6:00 Watt's Up
6:30 Kinsmen TV Bingo
7:30 Agriculture in Stormont County
8:00 Political Hotline with Ron Martelle and Guest John Cleary MPP

WEDNESDAY, SEPT 26
6:00 The Canadian Little League Baseball Championships, Ontario vs Quebec
8:00 City of Cornwall Planning Advisory Committee of Sept. 17/90

THURSDAY, SEPT 27
6:00 Watt's Up
6:30 Il Vit
7:00 Money In The Bank
7:30 Optimist Minor Football Game of the Week

FRIDAY, SEPT. 28
6:00 The United Way Kickoff Breakfast
7:00 Political Hotline with Ron Martelle & Guest John Cleary MPP
7:30 Olco Royals Hockey vs North Bay Centennials

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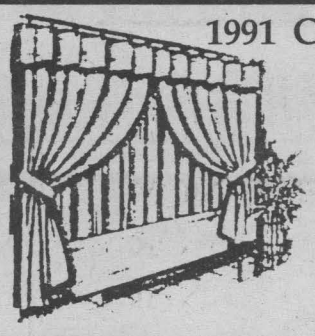
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FALL CLEARANCE
50 - 80 % OFF
Double - Queen
QUILTED BEDSPREADS
(Reg. $149.98)
Printed Blue Tones
$58.99

COMFORTER ENSEMBLES
Assorted sizes, colours & styles
(Reg. $210) Double Set
$118.99

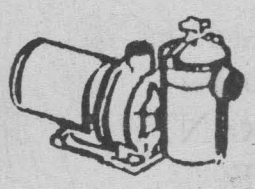
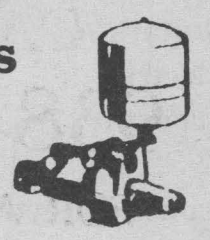
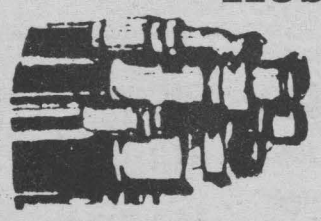
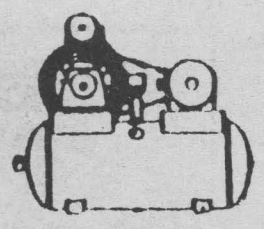
WE HAVE THE LARGEST DRAPERY SHOWROOM IN CORNWALL



1991 Collection of Custom-Made Drapes Now Showing
Up To 30% Off
Ready Made Drapes
100" x 84"
(Reg. $119.99)
$29.99
Cafe Curtains, Placemats, Table Linens, Brass, etc. - Ideal for Gift Giving!
251 Pitt St. 932-7953

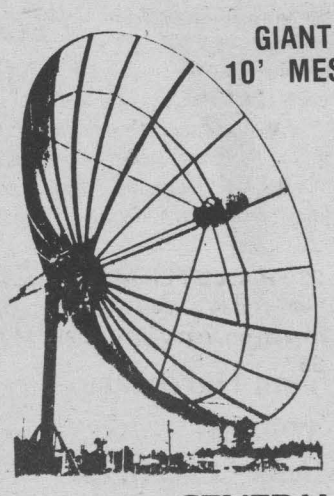
FRED'S
Delicatessen
DAILY SPECIALS
Homemade Soup
& Sandwiches
& a variety of Salads
Sandwich Trays
Eat In or Take Out
Open Mon. - Sat.
258 Pitt St. 938-2951

THE COMPLETE PRESSURE CENTRE
SALES & SERVICE OF
• Water Pressure Pumps
• Swimming Pool Pumps
• Water Treatment
• Air Compressors
• Hydraulic Equipment
• Hoses & Fittings

CORNWALL PUMP/ HYDRAULIC CENTRE
933-0632 700B Cumberland St., Cornwall 938-0053

CORNETT TV - HOME SATELLITE
YOUR ANTENNA CENTRE
IN BONVILLE 933-4566 HWY 138
WELCOME
TO A WHOLE NEW WORLD
Now you can enjoy movies, sports, music, news and non stop entertainment 24 hours a day through our state of the art home satellite receiver.



GIANT 10' MESH
Descrambler - Built in
C and Ku-band Compatible
Digital Stereo Sound
Parental Lock
Wireless Remote
Built-in Receiver
Direct Satellite Access
Positioner/Power Supply Built-in
Anywhere UHF Remote Capability
Satellite Position Memory — 32
Favourite Channel Recall — 150
Built-in TI Filter
On-Screen Display
EZ Sat. Locator
AutoPeak & MasterPeak Tuning
VCR Timers

GENERAL INSTRUMENT
Channel Master
THE LEADER FOR THE 90'S

COMPLETE PACKAGE including 100' wire installed, $3,329
COME IN FOR A FREE DEMONSTRATION
Take advantage of our low monthly payment plan.
You could own this complete satellite pkg. for as low as
$85 per month
No Down Payment Required
Our 25 years in business reassures you of
SERVICE, RELIABILITY and BEST PRICES
Dealing locally guards your investment
Don't be misled by lower prices
VISA
PUT AN END TO CABLE BILLS
MasterCard
"YOU NEVER REGRET A DEAL AT CORNETT"

Seaway BARGAIN MART

Thursday 5 pm
933-0015

CLASSIFIED ADVERTISING RATES
PHONE 933-0014
CLASSIFIED ADVERTISING
CASH RATES
DEADLINE — Thursday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and there shall be no liabiiity for non-insertion of advertisement behond the amount paid for such advertisement.

To Place Your Ad: Write your ad of 25 words or less and enclose $15.00 plus your name, phone and proper mailing adddress (postal code) (this is only for our records). This will be for 2 insertions. Mail to Companions' Corner, Seaway Shopping News Ltd., 8-6th St. E., COrnwall K6H 2N4.

For Readers: To respond to an ad, send your letter to the appropriate C.C. number, c/o Seaway Shopping News Ltd., 8-6th St. E., Cornwall, Ont. K6H 2N4.

FRIENDLY, selft-employed businessman, mid 40's, easy-going, sincere, many interests, seeks affectionate lady, single or married, for discreet friendship, long term intimate relationship. CC 999.

SUMMER IS OVER, winter is coming and nobody, but nobody, wants to be alone for the long, cold winter months! I am a 30 year old male, considered good looking who is seeking a caring girl by Christmas. Age unimportant. CC 998

SINGLE GENTLEMAN, 45, 6". Considered good looking. Non-smoker, non-drinker. Seeking to meet good looking lady (35-45) who enjoys country music. No obese, please. CC993.

DISCRETE MALE, early 20's, seeking friendship/relationship with male of similar interests. Age, race not a factor. Phone & photo appreciated. Serious inquiries only. CC992.

MALE, LATE 20'S, looking for that special girl (22-30) who enjoys camping, boating, dancing, etc. I'm very good natured, have my own home, 2 cars & boat. I'm a tradesman. 5'9", 160 lbs., green eyes & good looking. So, if you want to take a chance you won't be disappointed. Photo necessary, please. CC991.

LADY (58) would like to meet an emotionally stable, unattached gentleman (58-62). I enjoy dancing, country music, dining, sociable drink. Non-smoker please. CC 994.

ATTRACTIVE, divorced 33 yr. old male would like to meet attractive, slim female (23-33) for possible lasting relationship. Child welcome. I enjoy sports, harness racing, dining out, dancing, movies & quiet romantic times with someone special. Could it be you? Please reply with photo. CC 995

---

29 YR. OLD MALE looking for that special person to mend a broken heart! I have a good strong shoulder er and am a "good listener". I am 6'3", brown hair and blue eyed. CC 997

GENTLEMAN (56) 5'8", 185 lbs. Likes dancing, c/w music, good things in life. Like to meet lady for friendship, possibly more. Photo, phone appreciated. CC 996.

ATTRACTIVE, divorced 33 yr. old male would like to meet attractive, slim female (23-33) for possible lasting relationship. Child welcome. I enjoy sports, harness racing, dining out, dancing, movies & quiet romantic times with someone special. Could it be you? Please reply with photo. CC 995

MATURE FEMALE, mid 30's, appreciative, warm, honest, active, outgoing, who enjoys dancing, movies & nature. I am interested in meeting a man with similar interests (36-46). Reply to CC 990.

"LOOKING FOR FRIENDSHIP" woman, late 20's, wishes to meet man, same age with similar interests. Nature, hiking, gourmet cooking, fine art, movies & good conversation. Photo optional. Reply to CC 989.

GENTLEMAN, 31 yrs. old, tall, attractive, warm, affectionate, easy going, likes the outdoors & having a good time. I am self employed & financially stable. Reply to CC 988

---

23 YR. OLD FEMALE, very attractive. Those males wishing more information, reply immediately to CC 987.

MALE, 31 yrs. of age, looking for that "special" female (25-40 yrs. of age) to be companion & best friend. Enjoy walking, movies, dining & dancing. CC 986

MALE, 33, 5'11", 180 lbs. would like to meet lady (30-35) who likes outdoors, long walks, movies, animals, travel, having fun & is honest & caring. Photo & phone number please. CC 985.

1-NOVENAS

THANK YOU to the Sacred Heart of Jesus for favours received. L.P.
9/24/1p

HEARTFELT THANKS to the Sacred Heart of Jesus, St. Jude & St. Antoine for favours received. A.D.
9/24/01p

Published weekly and distributed by Seaway Shopping News Ltd., 8-6th Street East, Cornwall, Ontario, K6H 2N4. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance for signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising goods or services at the wrong prices, goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not , they will not be printed.

seaway news
Serving Cornwall and Area Weekly

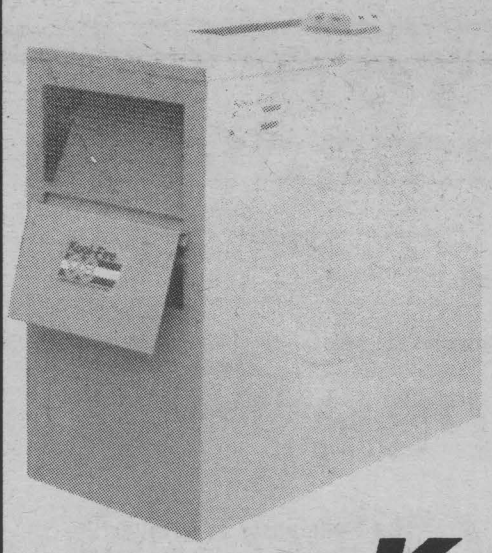
Kool-Fire BIVALENT
HEAT PUMP/GAS FURNACE

$1000 GRANT - To qualifying Cornwall Electric Customers

$$$$$ GRANT - To qualifying Ontario Hydro Customers

Kool-Fire is a:

- ✓ HEAT PUMP
- ✓ HIGH EFFICIENCY NATURAL GAS OR PROPANE FURNACE
- ✓ CENTRAL AIR CONDITIONER



Kool-Fire offers:

- ✓ LIFETIME COMPRESSOR WARRANTY
- ✓ 5 YEAR WARRANTY ON ALL PARTS
- ✓ 30-45% SAVING ON HEATING COSTS

CALL
938-5714
FOR A FREE ESTIMATE

CALDER
MECHANICAL SERVICES LTD.
2903A Marleau Ave.
Cornwall, Ontario K6H 6G5

Jay-Gee SHOES

HARVEST DAYS
FINAL SIDEWALK SALE
250 Pairs
Women's Snowboots

by

LAVALLEE CONTOURA **NATURALIZER SANTANA**

Sept. 27 - 28 - 29 Only

Jay-Gee SHOES

50% OFF

VISA MasterCard

DOWNTOWN Cornwall

245 The Pitt Street Promenade
932-3515

Free Customer Parking in our Off-Street Parking Lot at rear of store. Entrance by Fantastic Clearners on 3rd St.

WHY PEOPLE ARE CONVERTING THEIR WINDOWS • NOT REPLACING?

There is one Simple Basic Reason - Savings!
You will save as much as 65% of your investment without sacrificing quality by converting • not replacing!

WHY MORE PEOPLE ARE CHOOSING

Window Remedy LTD.

Quality Products	Material is CMHC approved and is "Exclusive" to Window Remedy & Representatives.
Sales Personnel	The helpful and courteous staff at Window Remedy is trained to understand their customers' needs as Job #1
Service Department	Our Service Department is trained in our factory before ever going to a customer's home, thereby insuring a quality installation.
Price	Because you are dealing with a Factory Representative, you receive the best price available, without the middleman. You can save as much as 65% on the cost of replacement windows - by converting your Pierson's.
Guarantee	Life on Material. 2 Years on Labour.

SAVE UP TO 65% BY CONVERTING

The Specialists in Converting Your Pierson Four Glass Slider Window Frames into Vinyl Utilizing Your Glass

Window Remedy LTD.

CALL COLLECT
LOCALLY OWNED - FREE ESTIMATES

Cornwall 936-2819

• Cornwall • Brockville • Oshawa • Belleville • Ottawa • Hull • Laval

2-APARTMENTS FOR RENT

2 BDRM., clean, upstairs apt. $375 monthly plus utilities. 64 Lefebvre. Avail. Oct. 932-1571 days or 938-7992 evenings.
9/24/2oa

IN MAXVILLE - 1 bdrm. apt. w/ fridge, stove. Utilities paid. 527-2983.
9/24/2p

CLEAN 2 BDRM. APT. FOR RENT ... $400 monthly. Included stove & fridge. Utilities extra. Close to all amenities. Call after 5 pm. 931-2377
10/8/2mc

NEWLY RENOVATED 2 bdrm. downstairs apt. near Eastcourt. Avail. immediately. Parking. $400 mos., pay own utilities. No pets. References required. 933-6948.
9/24/2p

3 BDRM. APT. FOR RENT. Kitchen, living room, 4 pc. bath, washer & dryer hook up. No pets. Pay own utilities. $425 monthly, required first and last. Available October 1/90. Call between 7-10 pm. 938-0534.
9/17x/oa

2 BDRM. UPSTAIRS APT. available Oct. 1. Newly renovated, large kitchen, laundry hookups, sun porch, parking. North end location. $425 plus utilities. Telephone 938-6707.
9/10x/2tn

LARGE 5 BDRM. basement apt. completely redecorated. Utilities paid. Quiet. No pets please. Available now, central. Call 932-3344, leave message.
9/24/2

5-ARTICLES FOR SALE

PROBLEM: VANDALISM. Solution: Plexiglass or Lexan will help secure easy-to-get-into areas of your home. Plastics of Ottawa, 216 Pretoria. 235-1465.
9/24/5oa

18 CU.FT. CHEST FREEZER for sale. Asking $100. Call 932-6603.
9/24/5

FIBREGLASS SHOWER STALL FOR SALE. Brand new. Won as prize recently. Priced reasonable. Call evenings 932-3387.
9/24/5ncjm

NEARLY NEW 7 FOOT off white sofa bed. Asking $500. Call 932-8723 or 936-1298.
10/1/5p

PYKE'S HONEY FOR SALE. Sold in bulk or various size containers. Deliver in area or pick up. Sold at $1.00 per lb. Call 938-5446.
10/15/5p

KITCHEN TABLE (arborite) w/5 chairs. All have solid chrome legs. Also 3 aluminum outside windows w/screens. 31x60. 933-3581.
10/1/5p

COMPUTER COMMODORE 64 w/ monitor, disk drive, approx. 100 programs & games, printer, 1 yr. old. $850. or b.o. Transformer, toys, couch, rocking chair, sectional living room set, carpet, desk. All in very good condition. 121 Athlone St. 938-7614.
10/0/05p

$ 1 DAZE. Dollar bargain store. Toys, glassware, books, hosiery, toiletries, wickerware, etc. 500 or more items. 256 Pitt St. Mall, Cornwall. 936-2598.
9/24x/05oa

SATELLITE DISH complete (minus descrambler). After 6 p.m. 932-6153.
9/24/05p

ADMIRAL FRIDGE, frost-free, white & matching stove (5 yrs. old). Excellent condition. $750 for pair. 933-1242.
9/24/05p

WASHER & DRYER SET. Good condition, $300. Call 933-3894.
9/24/05p

30" G.E. STOVE, white. Asking $100 o.b.o. 933-2559.
9/24/05p

MATTRESS CENTRE. Special 39" box & mattress, $169 per set. 54" box & mattress, $189 per set. Our top quality 54" box & mattress, reg. $999 for $599. Our top quality Queen box & mattress, reg, $1,099 for $659. Visa and mastercard. Bergeron Furniture, 1005 First St.E., 932-2214.
7/16x/5oa

10K 14K 18K. Buy at Factory Prices. Diamond/engagement rings. Fine gold jewellery parties - home or office. Repairs restyling, engraving, appraisals. We buy old gold-diamonds. Doreen 932-5413.
10/1/5p

DIRECTORY BOARDS for offices, churches, apartment buildings, shopping malls. Popular sizes stocked. Letters all sizes. Plastics of Ottawa, 216 Pretoria. 235-1465.
9/24/5oa

PRESSED BACK ROCKER, small harvest table, child's rocker, re-finished trunks, braided rug 5'x8', oak filing cabinet, medicine chest, eastlake dresser, sewing machine cabinet & other small collectables. Call 537-2189.
9/24/5d

AUTOMATIC WASHERS & DRYERS. Also apt. size washers & dryers starting at $150 and up. Also TV's. Call Kanuc Appliances at 932-7400.
10/8/5d

DRY HARDWOOD maple & ash. $40.00/cord delivered. 534-2782.
9/24/5mc

YOU'RE A
WINNER

Check this week's photo. If you are in one of these photos, clip out this ad and bring it to the Pizza Dept. at Loeb IGA at 1400 Vincent Massey Drive. You will receive a thick or regular crust, 14" Deluxe Loeb Pizza compliments of Loeb IGA and Seaway Shopping News

Open Mon.-Sat.
8 am - 10 pm

YOU WERE SPOTTED SHOPPING AT...

LOEB IGA





WIN A LARGE 14" DELUXE PIZZA
Winners each Week
WATCH
For Your Photo

LE MEUBLEUR MASSE
Furniture Inc.



THIS IS NOT A ZERO SALE

4 FLOORS OF VALUES



PLUS

A CHANCE TO WIN A TRIP FOR TWO TO FLORIDA

Compliments of Gloria's Travel







10 YEAR WARRANTY
312 COILS

39" MATTRESS	$99
39" SET	$159
54" MATTRESS	$129

Garantie de 10 ans sur ensemble **10 year guarantee** on the set

Kiro Plus 39 in. Mattress by Centurion
100% cotton covering,
312 springs,
10 yr. guarantee
39 in. and 54 in. set available at a SPECIAL PRICE

20 YEAR WARRANTY
Super Chiro Plus 510 Coils

Single Mattress	$209
54" Mattress	$229
54" Set	$349
60" Mattress	$279

54 in. Super Chiro Plus Mattress and Box Spring by Centurion
Modern covering with deep quilting. 510 springs.
20 yr. guarantee.
39 in. and 60 in. set available at a SPECIAL PRICE

Garantie de 20 ans sur ensemble **20 year guarantee** on the set

6 MONTHS NO INTEREST DEPOSIT DOWN PAYMENT

Red "SPECIAL" & "SALE" Tags Excluded



BUY 2 G.E. APPLIANCES & Receive a G.E. Microwave A $249 Value For Only $69

GENERAL ELECTRIC

PRESENTS "A DEAL OF A LIFETIME"







plus

A CHANCE TO WIN A TRIP FOR TWO TO FLORIDA

COMPLIMENTS OF GLORIA'S TRAVEL

CHARGE IT

LE MEUBLEUR MASSE

Furniture Inc. 932-3240
305, McConnell Avénue
Cornwall, Ontario

DEMONSTRATOR & END OF MODEL CLEAROUTS!

MURATA Fax, Phone & Copiers MURATA

M900 $699

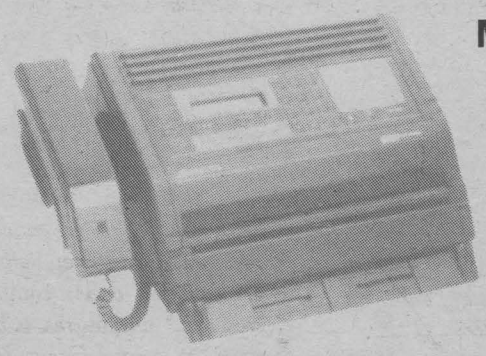
Reg. $799



MURATA M1400

Reg. $1295

1 ONLY $995



M1800

CALL US FOR ALL OF THE DETAILS

LESTER COMPUTER PRODUCTS

164 Pitt St., Cornwall 938-7266

1 ONLY $995

Special Occasion?

Send A Gift Basket

Specially Designed for Each Occasion

• Weddings • Anniversary • Birthdays • Births • Graduations • Promotions • Visitors • Corporate • Thank You ANY OCCASION

BUG A BOOS

Call Linda or Brenda

932-9577

Never The Same Always Thought Of

5-ARTICLES FOR SALE

---

1 GREEN STOVE for sale. $135.00 or best offer. Call 936-1675 or 932-9657.

9/24/5p

PINE BOARDS..... 1"x12"x12", 65¢ ft. About 450 ft. Call 346-5574.

9/24/5p

FOR SALE, 1 green stove, excellent condition. 4 aluminum windows, white, 25x57, outside dimensions 29x60. All in very good shape, $30.00 each. Call 534-8111.

9/24/5p

BEAUTIFUL TALLBACK upright piano, bought at $1,900. Selling at $750. Antique 3/drawer wood dresser with mirror, $70. Call 933-1825.

10/1/5p

RESTAURANT EQUIPMENT 210 V pizza oven, hot dog steamer, milk shake machine, potato peeler. Call 931-1465 evenings.

10/1/5p

MUSKRAT FUR COAT (full length) w/grey fox collar, size 10. Very good condition. Asking $200. Also 2 swivel rockers, B.O. Call 937-0178.

9/24/5p

NEW T-SHIRTS , $2.50, printed $4.00. Used bathtubs (old & modern), stove elements, axe handles, hub caps, motors. Antiques & collectables. Doors & aluminum windows, wood windows, wagon wheels, milk cans, old iron beds, space heaters, water barrels, windmills, etc. at Country Flea Market, 5 miles east of Monkland on Hwy. 43. Open every day.

9/24/5p

WASHERS & DRYERS, freezers, fridges, stoves & coloured TV's. All clean and in good working order for sale. Call 938-1355.

9/17/5p

EXOTIC LINGERIE (SLEEPWEAR) arrange a home party. Hostess gets free lingerie. Latest & beautiful styles Factory prices. Details call Doreen. 932-5413.

10/01/05p

BUY AND SELL hockey & baseball cards and collectables from 1910-1980. Call after 3 pm 938-1144.

9/24/5v

LANOUE'S USED FURNITURE. Visit us at our new location, 3469 St. Andrews Rd. We buy and sell. Call 938-9794.

4/9/5p

OPEN DAILY, MARTELLE BOOK & VIDEO. 524 Augustus St. Pocket novels, comics & other books. We sell & buy good books. Video tape rental, video machines.

9/24/5p

BROWN SOFA BED & CHAIR, $125. 2 coffee tables, $25.00 each. 2 lamps, grey & gold, hand painted/marble base $45.00 each. 1 framed mirror, $25.00. 2 embossed frames antique gold finish. All in very good condition. Call after 6 pm. 932-6957.

9/24/5mc

CARBURETOR ENHANCER: can double mileage, retains full power, fits all carburetors. Free details. Carb-Tech, Dept. 132, Box 40, Cranbrook, B.C. V1C 4H6

11/5/5p'

GERARD'S USED FURNITURE AND APPLIANCES. Hwy. No. 2 (1 mile west of Long Sault traffic lights). We buy, sell, trade. Pick-up at no charge. Open Tues., Wed., Thurs. 9-6; Fri 9-8; Sat. 9-1. 534-2247.

6/4/5oa

MOVING BOXES and moving supplies for sale. St. John's Transfer, 150 Edward St., Cornwall 933-1492.

9/30x/5oa

CO-OP

Sale Prices In Effect Sept. 24th-29th

FALL INTO SAVINGS

RUBBERMAID GARBAGE CAN

77 L Rubbermaid garbage can for household use. With self-locking lid. Avocado colour. 586-101

11.99 Each A.S.P. 19.95



SAVE $7.96

SAVE $20.11



PET GROOMING KIT

5-piece kit includes trimmer, two trimmer guides, oil and instructions. 539-003

49.88 Each Co-op Reg. 69.99

SAVE $5.00



FERTILIN FERTILIZER

Prepare your lawn for winter with Fertilin 3-5-12, 10 kg with weed or 20 kg without weed killer (not shown). 503-125/503-124

6.95 Bag Co-op Reg. 11.95

SAVE $8.07



FIRE EXTINGUISHER

Rechargeable multipurpose extinguisher with universal bracket. 581-105

28.88 Each Co-op Reg. 36.95

EVERYONE WELCOME TO SHOP CO-OP!

Prices in this ad reflect a combination of sale values, special buys and regular Co-op prices.

MasterCard CORNWALL CO-OP 3045 Pitt St. N. 933-4935 VISA

Hit the Road

With A Quality Used Car FROM ANDY'S

1989
- **FORD PROBE -** 2 dr., white
- **GMC -** dually SLE, full load, silver/black
- **PONTIAC 6000 LE,** 4 dr., black
- **FORD BRONCO -** fully equipped, Eddie Bauer, navy/tan

1988
- **PONTIAC 6000,** 4 dr., silver
- **CHEV. CELEBRITY,** 4 dr., brown
- **FORD AEROSTAR,** 6 cyl. Sharp looking.

1987
- **SUZUKI SAMURAI "JX",** long body, black
- **CHEV. CAVALIER "CS",** 4 dr., brown
- **CHEV. CELEBRITY "CL",** 4 dr., gray
- **CHEV. CAMARO,** 2 dr., white
- **FORD CUTAWAY VAN,** 8 cyl., diesel
- **OLDS CUTLASS CIERRA,** 4 dr., gray

1986
- **TOYOTA CAMRY DLX,** 4 dr., blue
- **BUICK SOMERSET,** T-type, 2 dr., silver
- **FORD F-150 PICK UP,** blue

1985
- **MERCURY MARQUIS SQUIRE WAGON,** gray
- **BUICK RIVIERA,** 2 dr., black
- **OLDSMOBILE DELTA "LS",** 4 dr., rear wheel drive, blue
- **CHEV. CELEBRITY WAGON,** gold

1984
- **BUICK SKYHAWK,** 2 dr., white

1983
- **PONTIAC TRANS AM,** 2 dr., red
- **FORD MUSTANG,** 2 dr., gray

938-8968

Andy's Auto Sales Service

3048 PITT ST. NORTH

Cornwall, Ontario

FINANCING AVAILABLE

Owned and Operated by Andy Durivage

ANTIQUE HARVEST TABLE, washstands, also round table w/2 leaves. 534-8596.

9/17/16p

SMALL WOOD STOVE, shower stall, white aluminum storm windows, TV rotator, Inglis dryer. Call 537-2515 after 6 pm.

9/24/5p

SUPER DELUXE 18 SPD. push button shift mountain bike. Cost $550, asking $350. Rowing exercise machine, cost $200, asking $100. Keyboard, 49 full size keys, 210 different sound combinations. Rhythm section. All you need for a child. Cost $550, asking $350. Leave message at 346-2282.

9/24/5p

Shaklee 933-6012

Products in Harmony with Nature and Good Health.

Proteines vitamines et mineraux en harmonie avec la nature.

MRS. G'S DOLLHOUSE SHOPPE. Complete line of dollhouse kits, dollhouse furniture, lighting, accessories, miniatures, hadcrafted dolls, etc. Visa/Mastercard. 407 Water St. East 932-1765.

2/19/5oa

Just A Basket To Say "I Love You"

Specially Designed for Each Occasion
• Weddings • Anniversary • Birthdays • Births
• Graduations • Promotions • Visitors
• Corporate • Thank You
ANY OCCASION

BUG BOOS
Call Linda or Brenda
932-9577
Never The Same Always Thought Of

SLIPPERS FOR SALE .... ladies ... $3.25. Men ... $3.50 & children. Many other items on order. Apply 836 York St. (upstairs) front door or call after 6 pm 932-9438.

8/20/5p

C-WAY RENOVATION
Framing, Finishing, Siding, Doors & Windows
CALL 938-8122

Q.S. WATERBED (waveless) w/ bookcase, headboard. In good condition. 933-7569.

9/24/5p

AUTOMATIC WASHER & DRYER (white), $350. 2 door fridge, $150. Floor 26" colour tv, $100. Couch & chair, $100. Freezer, $150. Call 933-3770.

10/8/5p

WINDOW CLEANING and CARPET CLEANING
3 STAR MAINTENANCE
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STOVE FOR SALE ... Call after 6 pm, 933-3753

9/24/5oa

FREE PICK UP of fridges, stoves, washers, dryers, freezers and colour TVs. 15 yrs. old and complete. Call 932-1049.

6-ARTICLES WANTED

WANTED: POOL COVER (winter) & roller, both to fit 16'x32' inground pool. Call anytime 938-4957.

9/24/6p

IT'S NOT TOO EARLY TO BUY THAT GIFT FOR THAT SPECIAL LITTLE GIRL.....



Special gifts for that special little girl or collectors and hobbyists alike. We have a complete line of dollhouse kits; dollhouse furniture; lighting; miniature building accessories; handcrafted dolls; complete miniature villages etc. These treasured miniatures will be handed down through generations to come. Great ideas to add to for any gift giving occasion. Easy to assemble and fun for the entire family.

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407 Water Street East 932-1765
(inside of Remi Gillet Furniture)

WANTED TO BUY: Good old comic books, baseball & hockey cards, etc. Apply Book Store, 534 Augustus St. 9/24/6p

WANTED: LOVESEAT in reasonably good condition. Cannot afford to pay more than $50. After 10 p.m. 932-7993 9/10/06j

WANTED TO BUY: Good old comic books, baseball and hockey cards, etc. Apply Book Store, 524 Augustus St. 9/24/6p

GERRY'S DISC JOCKEY. Reasonable rates. Weddings & stags my specialty. Call Gerald at 932-9657 or 936-1675. 10/7/25p



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9-AUTOS FOR SALE

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1985 FORD TEMPO a/c	$4695
1985 FORD TEMPO 83,000 km's, Priced to sell	$6495
1988 NISSAN KING CAB pick-up, low mileage, Priced at	$9495
1986 BMW 528E 1 owner, 5 spd., fully loaded	
1986 CHEV CELEBRITY fully loaded, 6 cyl., 4 dr., priced to sell.	$5995
1983 TOYOTA TERCEL	$2995
1987 FORD TAURUS 4 cyl.	$7995
1986 PLYMOUTH RELIANT 103,0000 km's, extra clean	$3795
1972 FORD T-BIRD original, 1 owner, firm	$2000

ALL ABOVE SAFETIED AND READY TO GO
910 Montreal Rd.
938-8078
Ask for Wayne
7-5 Mon. - Fri.

1981 BUICK RIVIERA CP ..... Fully loaded w/moon roof. Body & mechanical mint condition. Asking $5,000 or B.O. Call 937-4577 ask for Dan.

9/3/9ssn

1984 NISSAN PICKUP, $1500. Frost free refrigerator, $250 or B.O. 1972 27 ft. Travco motor home, all fiberglass, $12,000 or B.O. 984-2626.

9/17/9p

1980 TOYOTA COROLLA ... p.s, Am/Fm radio, 157,000 km. 375 Tollgate Rd. $1,750 w/T7K tune up, safety $1,500. Call 938-8924 after hrs. 931-1044.

9/24/9p

1981 OLDSMOBILE... good condition. Asking $1,800 or B.O. Call 938-6565.

9/24/9p

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- Johnston, Ross, Mercier, Patrick, Northdale

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sd/10/29

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SD/Sept 17

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- post hole & sona tube drilling
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Free Estimates 936-1458.

BRICK LAYER

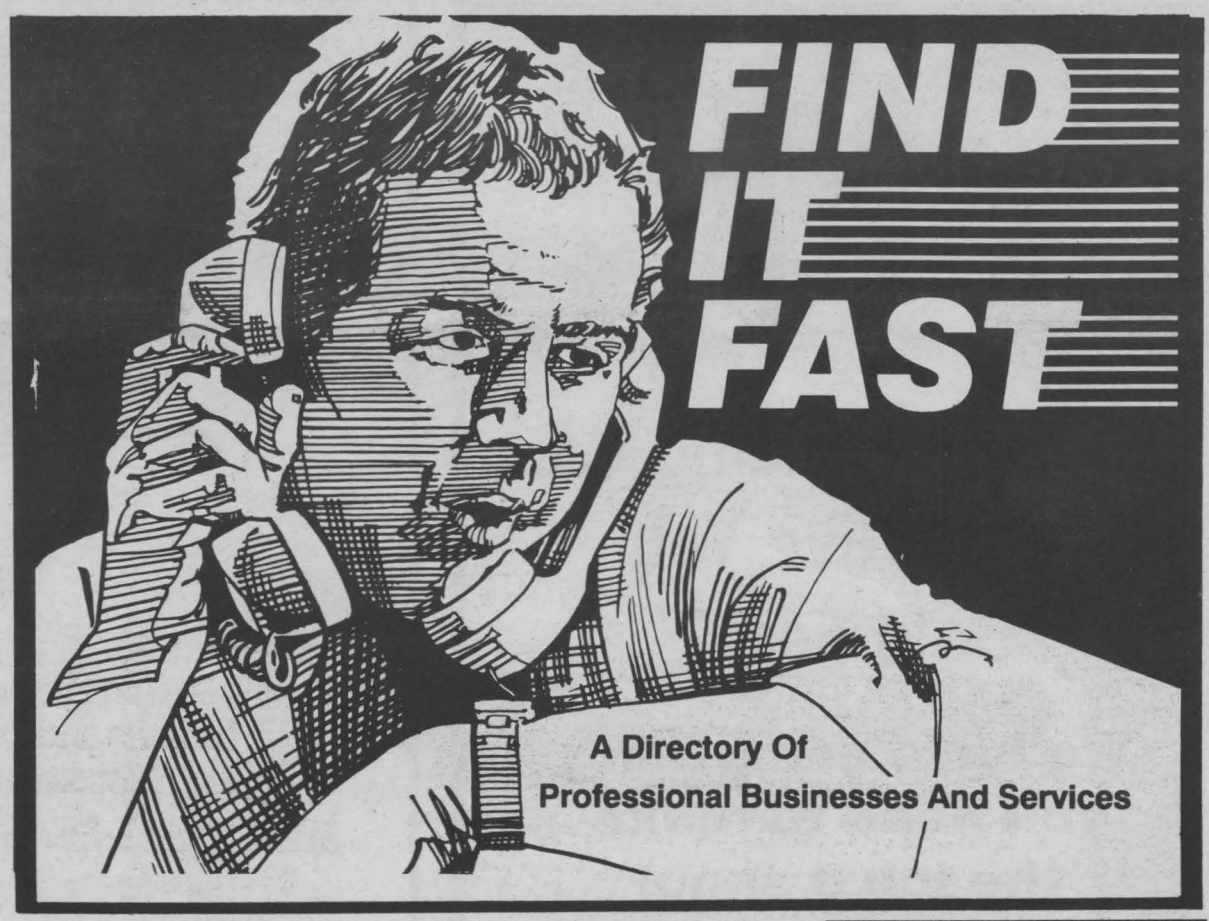
JPB ENTERPRISES REG'D Brick layer, masonry, stone block, chimneys, parging & fireplaces.
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SD/Sept 24

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ARCTIC CATERING
We do creative custom catering. For all your occasions, big or small. Give us a call for more information.
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sd/aug 6



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WATER DISTILLERS
Do you enjoy drinking pure water? If so, we sell water distillers, water coolers & distilled waters at $6.00/ 5 gallon jug.
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sd/sept. 24

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WOMEN DO IT NEATER.
Wallpaper, painting & decorating ideas. Call Lesley & Toni.
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SD/Nov 5

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10/22/bdoa

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sd/iuly 30

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RESTORATION SERVICES.
"SPECIAL"
BOATS - HOUSE TRAILERS
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Free estimates.
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CHILD'S PLACE is now taking registration for our 1/2 day classes. Your 2 1/12 to 5 yr. old can enjoy half day classes which include arts and crafts, music and storytime and free play. Qualified teachers. licensed. Reasonable rates. Bilingual program for French speaking children. 933-1910

sd/sept. 17

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sd/oct. 22

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Hardwood flooring. Strip or parquet. Factory finished or unfinished. Sanding and installation. We will install or supply. Come in & visit our showrooms at 1128 Pitt St. **936-2205**

sd/nov26

9-AUTOS FOR SALE

1989 TOYOTA TERCEL DX ..... std., 2 dr., hatchback, sea blue, 35,000 km. Like new. Must be seen. $8,200 negotiable. Call 937-4265.

9/24/9v

1987 MAZDA 626, 2 dr., am/fm., cass., sunroof,. Safetied. 69,255 km. Before 5 p.m. 933-3766.

10/1/09oa

1984 SUZUKI INNOCENTI. 3 cyl., 2 dr., standard. Good condition. Pre-safety done. Doesn't need much work. Make an offer. Colleen at 936-8391.

9/24/09p

JARS. Jewel, Gem, Perfect Seal etc. Also 32 oz. & 16 oz. jars for use w/Bernardin lids. Evenings. 347-3521.

9/24/05p

1986 DAYTONA TURBO, Shelby Edition. 4 cyl., 5 spd., t-top. pw/p mirrors, 71,000 km. Excellent condition. Must sell. $7200. Negotiable. Safetied. Wendy. 936-2314.

1981 CHEV. MALIBU, 3.8 L., V6, std. Good tires & new muffler. Good condition. $1,500. Call 938-6707.

9/24/9p

1976 CHEV. NOVA ... fair condition, $300 as is or B.O. Also 1956 GMC 1/2 ton pick up, $150. As is, needs body work. Call after 7 pm. 984-2274.

9/24/9p

FOR A NEW OR USED VEHICLE

SEE Denis Duval



CMS 933-3000 CORNWALL MOTOR SALES Brookdale & 401

Where Else?

151 REBUILT 4 CYL... Firebird engine. 3 cyl. Suzuki engine. Homemade tractor 14" standard snows. Also, wanted. Double skidoo trailer. 938-7267 or 938-1377.

9/20/09p

1986 HYUNDAI EXCEL GLS. 5 spd., standard, sunroof, 65,000 km. $4000. Safetied. 937-3027.

9/24/09p



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1980 VOLKSWAGON (diesel) ideal second car. Best offer. 933-8507.

9/24/9p

1984 MERC. LYNX for sale. Safetied, excellent condition. 76,000 km. Asking $1,700. Call 932-4093.

9/24/9p

REBUILT TRANSMISSIONS, standard & automatic, for sale. Call 932-4093.

9/24/9d

10-AUTOS WANTED

WANTED: '87 OR '88 CHEV. CAPRICE top condition, 4 dr., 305 engine, low mileage, 1 owner. No dealers. 938-6707.

12-BIRTHS

CUMMING - D. James & Christine (Reid) are pleased to announce the birth of their child, Kyle James Alexander. Born July 5th/90 at the Hotel Dieu Hospital in Cornwall, weighing 7 lb.s. 6 ozs. A new playmate for big brother Curtis. Proud grandparents Mrs. Gerogette Reid of Cornwall and Christena Cumming of Maxville. Proud great-grandmother Mrs. Isabelle Cameron also of Maxville.

9/24/12ww

14-BUSINESS OPPORTUNITY

MOTEL - PRIVATE SALE. Swimming pool, garage, 4 bdrm. Living quarters on 3 acres on hwy. # 2 near Morrisburg. A real bargain. Vendor will take back mortgage. 932-2135.

9/17/14oa

THINKING OF BUYING a television listing magazine franchise? Investigate before you invest!!!! Call Dick at 933-3561.

7/16/14ra

PRIVATE SALE. 4 unit apt. in Maxville. Good income. Owner must sell. Reduced at very reasonable price for quick sale. Call 527-2983.

WANTED

Licensed Mechanical Technician

Full-time, experienced & qualified in GM Products, an asset.

Honest & Reliable. Full Company Benefits.

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Green Valley

17-HOME SERVICES

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POST HOLE DIGGING
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4/23x/17

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Residential - Commercial

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TREE CUTTING & TRIMMING. Call D & D Construction. 932-8238.

9/24x17oa

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10/15/17p



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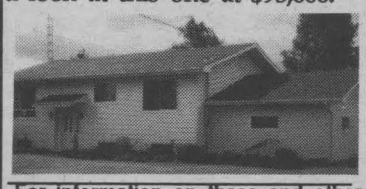
Ninety-nine acre farm, fourty-five tillable, remainder bush. Three bedroom maintenance free house and good barns. Reasonably priced at $125,000.00.

Cosy three bedroom house on treed lot in Maxville. Priced to sell $42,500.00.

Maxville lot, 150' x 208' with trees and a small stream. Available to sewer. Private location for your future home at $17,900.00.

Maxville area, three and three quarter acre lot, part bush, good building site at $16,500.00.

Large landscaped lot surrounds this four year old home in the Maxville area. Three plus one bedrooms, oak cupboards and fully finished basement. Have a look at this one at $95,000.



For information on these and other properties in Maxville and area;
Contact Greg McEwen
527-5655
Century 21
CARRIERE-PEDERSEN REALTY LIMITED
Member Broker
465 Pitt St.
Cornwall, Ontario K6J 3R3
Bus: (613) 938-2121
Fax (613) 938-7729
Res: (613) 527-5655

18-EMPLOYMENT WANTED

WILL BABYSIT IN MY HOME. Children of walking age. Reliable & references. Call after 4 pm, 938-8301.

9/24/18vc

PROFESSIONAL LADY willing to house-sit your home for the winter. 931-2645 (leave message).

10/1/18p

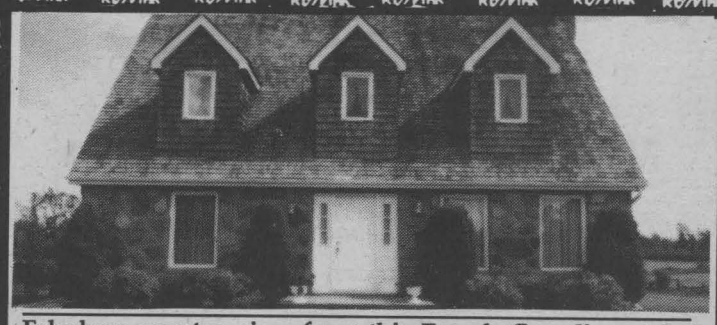
WILLING TO BABYSIT (my home) from Mon. to Fri. Experienced. Bilingual. For more information call 933-1936.

10/0/18p

WILL BABYSIT in my home, children of any age. Lots of tender care & hot meals. Reasonable rates. Call 931-2675.

10/1/18mc

RE/MAX



Fabulous country view from this French Canadian styled (2400 sq. ft.) residence. Natural cut stone with pine interior, log outbuildings on 3.8 acres. South Branch Road.

Off Avonmore Rd., custom (1989) bungalow, 1296 sq. ft. of quality space, 3 bdrm., large bath, bright living room, inviting country kitchen, full basement located on 150' x 450'. $107,000.00.

Martintown area, Showhome Perfection, custom built rancher att. dbl. gar. on 51 acres, impressive design, cut stone fireplaces, oak railings, 40 oz. carpeting, deluxe kitchen, spacious master bedroom ensuite & more.

Moose Creek, well kept older 3 bdrm. home, plus 2 bdrm. apartment, double attached garge, detached garage, lovely treed lot 140' x 288' backing on stream $72,500.00

South Branch Road, 30 acres excellent for horses. Custom built 2 storey, 4 bdrm., home attached garage, steel barn, box stalls, paddocks, 10 acres of bush, only $142,000.00.

Nature Lover's Haven, warm 1 1/2 storey, 3 bdrm. home attached garage, custom built 1986, many extras, barn, workshop, storage garage all on 5 acres with stream. MUST VIEW.

For These And Many Others
Call Betty Abraham

RE/MAX Cornwall Realty Inc.
938-8100
Betty Abraham
Res: 932-0808

RE/MAX



308 SECOND ST. WEST
NEW: wiring, roof, furnace, insulation, central air & many more extras. 10.6% assumable mortgage 'til July 1992.
$105,000
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Roy Carriere

JUST LISTED. Four bdrms., brick exterior, central location, 2 full bathrooms, dining room, oak cupboards, hardwood floors. Price $82,900. I have a key and will show it to you at your convenience.

HOMELIFE

Cornwall Realty
936-2020
Simon Villleneuve, Broker Owner

Morrisburg Village, 3 bedroom brick bungalow, beautiful street near Golf Course. Priced in 80's. Owner say's sell.

Near Hwy. 401 between Ingleside & Morrisburg, 48 acre lot with nice lake. Ideal building site with over 5000 ft. paved road frontage.

Country home west of Ingleside near Bird Sanctuary. Priced in low 80's. Owner relocating. Must be sold.

Williamstown area on South Branch Road. Older 2 storey home in fair condition on gorgeous 2 acre lot. $50,000.

Paragon Rd. Large executive bungalow on huge lot with attached garage & barn or machinery shed. $219,000.

Martintown area. Large home 1 year old. You should see this one. $159,000.

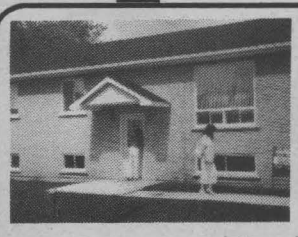
West of Ingleside nice little 50 acre horse farm. Good 2 storey home, barn.

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REALTOR MLS MULTIPLE LISTING SERVICE

1710 VINCENT MASSEY DRIVE
CORNWALL, ONTARIO
(East side of Porto Bello Building)

(613) 936-1444



HEADLINE RD. Country peace near city lights. 1 yr. old, 3 bdrm. brick home. Basement ready to drywall. Deck invites sunset. $93,900. Call 936-9096. (C-0100)



$64,900 is all we're asking for this 2 bdrm. bungalow in centre town on large lot 50'x142'. Drive by 931 Adolphus St. & call for appt. (C-0096)



BE QUICK. Brick bungalow, one bdrm., large lot, deck, Martintown Village. $49,900. MLS (C-0099)

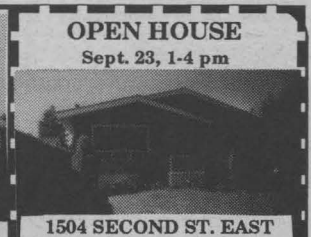


REDUCED $88,900. Neat 3 bdrm. bungalow, finished basement with woodstove, eat-in kitchen. Call 936-9047 after 4:30 pm. MLS (C-0071)



REDUCED. 15 minutes from Cornwall. RR 2, Lunenburg. 3 bdrms., dining room, eat-in kitchen, 2 bathrooms, main floor laundry. MLS (C-0082)

OPEN HOUSE
Sept. 23, 1-4 pm



1504 SECOND ST. EAST
HERE IT IS. 3+1 bdrm. brick bungalow. Includes pool, rec room, garage, jacuzzi, modern kitchen cupboards. (C-0102)



HAUGHTON ST., ST. ANDREWS. 3 bdrm. brick and stone bungalow, new kitchen, patio doors to raised deck. List price $80,500. MLS (C-0091)



3 YR. OLD semi detached home on Meadowvale Cres. 2 storey, 3 bdrm. Quick closing possible. $82,900. (C-0089)



RR 1, ST. EUGENE. 30 minutes from Pointe Claire. 45 minutes from Cornwall. 2 bdrm. bungalow on 100x250' lot in a quiet area near Hwy. 417. $69,900. (C-0095)



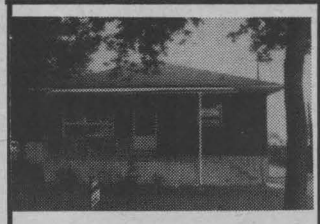
411 PACIFIC AVE., 2 bdrm. bungalow located in centre town. Many renovations, new windows, 200 amp service, new cupboards, large garage. $68.500. (C-0098)



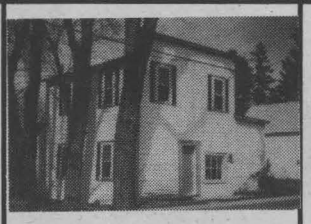
437 McDONELL CRESCENT. 3+1 bdrm., 2 baths, finished basement, heat pump. Asking price $98,500. (C-0093)



82 PINE ST. Close to schools. 3+1 bdrm., 1 1/2 baths, maintenance free electric heat, eat-in kitchen, formal dining room. Paved drive. (C-0066)



$83,500 IS THE PRICE! 3 bdrm. brick bungalow. Rec room with unique bar, paved drive, garage. (C-0073)



5 KENYON ST. W, APPLE HILL. Many improvements made on 2 storey, 2 bdrm. village home. Reduced $45,000. Call 527-2041. (C-0047)



NEW LISTING. $79,900. 3 bdrm. bungalow, north end. 3108 Leger St. Excellent condition. Don't miss this one. (C-0113)



RR 2, MOOSE CREEK. Large home on 7 acres of land. Extras include barn with tractor and machine shed. (C-0039). Open to offers.



450 PATRICK ST. 3 bdrm. brick bungalow with in-law suite. Extras include dble. garage, above ground pool. $92,500. MLS. (C-0048)



8 MILLVILLE AVE. 4 bdrm., 2 storey offers spacius home to someone who can bring out the beauty. $49,000. Call 938-3512. (C-0097)



EAST END. Well thought out 3 bdrm. starter home has built in alternatives. Finished rec room is rare in this price range. $63,900. Call 938-6139. (C-0101)



MAIN ST., GLEN ROBERTSON. 2+1 bdrm., 2 storey. Unusual features rarely seen in older homes. $59,900. MLS Call 874-2493. (C-0029)



OWNER ANXIOUS TO SELL. Tame the wilderness of this 3/4 acre lot. Partially renovated bungalow can be reasonably bought. Use the St. Lawrence River in between your long breaks. All offers considered. $55,000. (B-0120)

STONE & BRICK side split on nice large lot. 3+1 bdrms., 2 baths, oak cabinets, carpeted throughout, finished basement. North end. (C-0106)

---

4 YR. OLD brick bungalow on 1 acre lot. Possibility of in-law suite. Large insulated garage 16x45 - 14' high. Concession 8, Bonville. $109,900. (C-0081)

MAIN ST, FINCH. Near schools and conveniences. 3 bdrm. home with garage & carport on nice lot. $78,000. Call 658-3443. (C-0105)

NEW LISTING. Designer home. 3+1 raised bungalow, 3 baths, many luxurious extras. $159,000. Call 543-3945. (C-0112)

3 BDRM., 1 1/2 storey is immaculate. Possession in 30 days. $63,900. Call 938-6139. (C-0101)

INVESTORS

JUST LISTED. Triplex, 2-2 bdrm., 1-1 bdrm. plus large office space for rent & 2 bay garage. Large lot. (C-0114)

LET YOUR TENANTS PAY the mortgage while you enjoy the tax shelter. Good location. Up & down duplex. Call 931-2377 (C-0107)

BRICK DUPLEX, $64,500. 2-2 bdrm. units. Tenants pay utilities. (C-0074)

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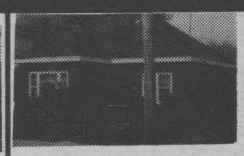
904 TOLLGATE RD. 933-5154

FOR FURTHER INFORMATION ON ANY OF THESE LISTINGS CALL THE LISTING AGENT

CITY HOMES INCOME PROPERTIES



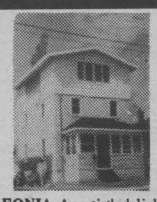
321 DANIS ST. Starter home, 2 bdrm., renovated plus new siding. Large lot. Priced at only $54,000. Call Bernie or Joan MacDonald at 933-7652. (4624)



325 MUNRO WEST. 3 bdrm., 1 1/2 storey brick home with fireplace, eat-in kitchen, large bdrm. upstairs. Lot 45'x146'. Single garage. Priced to sell at $67,500. Call Robert Brown at 933-5154. (4719)



1235 CUMBERLAND ST. 3 bdrm. home with added newness. Renovated kitchen with oak cupboards, renovated bath, 200 amp. electric, new plumbing, large insulated garage and much more. Asking $69,900. Call Sharon Alguire at 933-5154. (4806)



19 LEONIA. An artist's delight. 500 sq.ft. loft, central air, FAG. Only $69,900. Call Cynthia McBride at 937-0451. MLS (4854)



337-337A 5th ST. WEST. Duplex w/$9600 gross income. 40x120 lot, new siding, survey, good assumable mortgage at 11 3/4%. MLS Call Dorothy Zanella at 931-2480. (4832)



234 5th STREET WEST. Get a great start in this 3 bdrm. home. Features include knotty pine cupboards, main floor laundry and above ground pool. $75,000. Call Sharon Alguire at 933-5154. (4637)

NEW TOWNHOUSES

11 3/4% interest or $1000 allowance towards appliances or extras. Asking $11,900 You "GOTTA" Check It Out By Calling Richard Giroux 937-7604



131 BEDFORD. Perfect family, centre town home. 4 bdrm., 2 storey, maintenance free exterior. Quiet area. $69,900. Excl. Call Cynthia McBride at 937-0451. (4796)



907 EDYTH AVE. New listing. 3 bdrms., immaculate, maintenance free bungalow, finished rec room down. Available now. Asking $77,500. (4808). Call Irene Alguire at 933-4337.



$78,500 GETS YOU a 1200 sq.ft. semi in excellent location and condition. 3+1 bdrms., 1 1/2 baths, rec room, fenced yard, patio doors, deck and best of all, drastically reduced to sell. Call Jill Hodgins, Associate Broker at 931-2786.

NEW LISTING

IN NORTH END. Quiet subdivision, 4 bdrms., 2 storey, formal dining room. Family room with fireplace on main floor. Quality built home. Call Irene Alguire at 933-4337.



IDEAL STARTER HOME. All brick bungalow with attached garage. Many renovations with new oak kitchen and bathroom 5 yrs. ago. Finished rec room with a wet ba. All for $79,900. For more information call Gilles Tessier at 936-7571. (4793)



263 12th ST. WEST. Price, space, 3 bdrms., plus office, carport, two bathrooms, are only some of the features of this home. Get more by calling Richard Giroux at 937-7604. (4865)



REDUCED
43 KINGSLEA CRES. Location is the feature of this 3+1 bdrm. semi. Also features in-law wuite in basement, large lot and 3 bathrooms. A must to view. call Richard Giroux at 937-7604 or 938-8733. (4738)

NEW CONSTRUCTION WEST END OF RIVERDALE

Two new homes by Bruce Grant Construction Ltd. Three bdrms. with forced air electric heating. 2x6 exterior walls, etc. Pick your colours. Can't beat the price of $88,900. Construction to begin shortly. Call Bill Boyer at 936-7770. (4504)



1207 QUEEN ST. Great area, large lot. Custom built kitchen with California lighting, 3 bdrms., are some of the features of this bungalow. Want more? Call Richard Giroux at 937-7604. (4866)



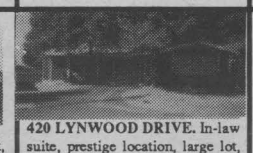
1536 CHAMPAGNE AVE. Lovely 3 bdrm. brick bungalow with in-law suite. MLS $89,900. Call Dorothy Zanella at 931-2480. (4747)



NEW LISTING. 110 Fifteenth St. West. Absolutely charming home with a lot of natural wood finishes. Decorated with taste and a real pleasure to view. Private back yard with pool. Many renovations done. Reduced $85,900. Call Bill Boyer at 936-7770. (4829)



13 KINGSLEA CRES. Menard built, all brick bungalow with super finished basement, fireplace, patio doors to deck, etc. Very private, near Hotel Dieu Hospital. Well priced at $109,900. Call Bill Boyer at 936-7770. (4619)



420 LYNWOOD DRIVE. In-law suite, prestige location, large lot, 2+2 bdrm., 2 bathrooms, fireplace in living room, large rec room with woodstove, beautifully decorated. Home and property impeccable. $114,900. Call Jill Hodgins at 931-2786. (4841)



NEW LISTING. Value for your money with this 3+2 bdrm. bungalow. 1311 sq.ft. heated inground pool, two fireplaces, rec room, carport all for $115,900. Call Richard Giroux at 937-7604. (4656)



203 MacKENZIE ST. All brick bungalow with beautiful hardwood floors. Completely winterized family room added with casement windows. Air conditioned. Owner transferred and must be sold. Call Irene Alguire at 933-4337 or at the office number. (4649)



305 13th ST. WEST. Church property in high traffic area. Excellent building with ample paved parking. Many alternative uses with proper zoning change. Call now for more details. Bill Boyer at 936-7770. (4681)



811 CHELSEA CRES. Custom built for contractor. Approach carefully, loaded with extras. $214,900. Call Cynthia McBride at 933-5154 or 937-0451. (4859)



1016 OAK CRESCENT. Summer can be enjoyed with this classic 3 bdrm. home, inground pool, built-in appliances, fireplace, deck, family room. $229,000. Call Richard Giroux at 937-7604. MLS (4463)



884 KENYON AVE. Executive living is what you will find with this large, 7 level back split, pool, fireplace, in-law suite, 4 bathrooms, built-in appliances. $239,000. For your private showing call Richard Giroux at 937-7604 or 938-8733. (4776)

SOLD

This spot is reserved for your property. For competent and professional service call BILL BOYER, C.R.A. 936-7770

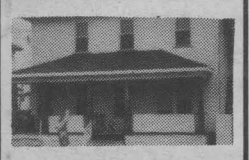


BEAUTIFUL BRICK & STONE apt. bldg. with many renovations recently done including some new windows and hardwood floor. With a good assumable mortgage at 10.75%, this bldg. will sell fast. So give Gilles Tessier a call at 936-7571. (4473)

CONDO FOR RENT

121 WATER ST.

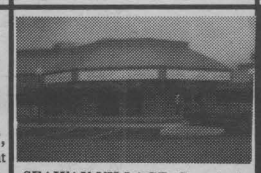
TWO BDRM. SUITE with central air, fridge, stove, dishwasher, washer, dryer, window dressings, underground parking. Available October 1st. Asking $975 plus utilities. Call Tom Magee at 938-6475



INCOME PROPERTY. Make yourself a nifty profit with this 4 plex. Open for offers. Asking $115,900. Call Tom Magee at 938-6475. (4643)



PARKSIDE RESTAURANT, LONG SAULT. Licensed restaurant and bar. Excellent building and location overlooking the St. Lawrence. Many renovations done. Financial statements available. $420,000. Call Bill Boyer at 936-7770. MLS (4404)



SEAWAY VILLAGE. Great business opportunity is this frozen yogurt shop located in a high traffic area of the city. For more information call Richard Giroux 937-7604. (4822)

RURAL HOMES, FARMS, & BUILDING LOTS



RR 1, SUMMERSTOWN. Winterized 2 bdrm. cottage on large owned lot. 1st lane west of Roger's Marina. Priced at only $59,500. Call Bernie or Joan MacDonald at 933-7652. (4674)

NEW LISTING

EXCELLENT SHOP with one bedroom apartment. Great for a small contractor or repair man. Located just outside St. Andrews. Call Irene Alguire at 933-4337. (4703)



30 FROST AVE., LONG SAULT. Extras galore including two fireplaces, whirlpool, central air, inground pool, garage, kitchen built-ins, formal dining room, etc. Askin $138,900. Call Bill Boyer at 936-7770. (4408)



PILON'S POINT. With an excellent view of the St. Lawrence River, this bungalow was completely renovated 3 yrs. ago. Featuring whirlpool tub, finished basement, access to the river. For more information call Gilles Tessier at 936-7571.



66 DICKENSON DRIVE. Potential professional center, Ingleside. Six plus private offices, plenty of paved parking, ideal for doctor, dentist, lawyer, insurance office or other professional. Call Tom Magee 938-6475. (4802)

RR 1, SUMMERSTOWN. Delightful bungalow, boat house and canal, minutes to Quebec border. Asking $115,500. Call Cynthia McBride at 937-0451. (4879)



NEW LISTING. 23 MAXWELL ST., INGLESIDE. Perfect bungalow for first time buyers or retired couples. Super lot adjacent to park. Hardwood floors, modern bath, etc. Good financing. $79,900. Call Bill Boyer at 936-7770. (4842)



IF YOU'RE LOOKING FOR THAT PLACE IN THE COUNTRY, try the comfort of this 3 bdrm., renovated home on 25 acres. There's even a small horse barn and spring fed pond. Let your imagination go! Call Sharon Alguire at 933-5154. (7809)



NORTH END NEARLY 1200 SQ.FT. brick bungalow with many features like main floor laundry, patio doors, fireplace, fenced yard. For more information call Gilles Tessier at 936-7571. (4600)



HIGHWAY 138, ST. ANDREWS. New Listing. 2 bdrm. bungalow, new garage, large lot, great starter home. Asking $64,900. Call Richard Giroux now at 933-5154 for your private showing. (4836)



RAISED BUNGALOW. On the outskirts of St. Andrews. All brick with attached garage, basement finished. Shop at rear with electricity. For further information call Irene Alguire at 933-4337. (4707)



RAISIN RIVER, WILLIAMSTOWN. Attention fishermen! Waterfront property on Raisin River. Bungalow with double garage and gorgeous lot. Navigable to St. Lawrence. Asking $99,900. Call Bill Boyer at 936-7770. (4699)



INGLESIDE, 21 SPRUCE ST. 3+1 bdrm. in quiet residential area. Close to schools, parks and shopping. Well landscaped, newly redecorated with many extras. Over 2400 sq.ft. of living space. Call Tom Magee at 938-6475. MLS (4514)



11 3/4% FINANCING. Superb, year old country home with cathedral ceilings, wood stove, garage, patio doors to large deck, etc. A real pleasure to view. Asking $111,900. Call Bill Boyer at 936-7770. (4676)



GLEN ROAD. 1364 sq.ft. of quality bungalow. Sunken living room with fireplace, oak cupboards, 1.3 acre lot, 3 bdrms., built-in appliances and much more. $128,900. Call Richard Giroux at 937-7604. (4631)

WOODLEIGH SUBDIVISION, LONG SAULT

Unique, fully serviced controlled subdivision off Post Road near Mille Roches. Building lots start at a very competitive price of $29,000. Low property taxes and clean low cost natural gas. Only three lots remaining in Phase I. Phase II to be serviced shortly. Two oversized lots available. Woodleigh, a name synonymous with thoughtful planning, designed to enhance and protect your most important investment. For a complete package, please call

BILL BOYER 936-7770

NEW LISTING

PATRICIA PLACE. GREAT LOT, great location in Cornwall's finest area. Size (57.48'x108.27'). Asking $45,000. For information call Richard Giroux at 937-7604. (4886)

EXCEPTIONAL WATERFRONT PROPERTY with over 3500 sq.ft. of living space, 3+2 bdrms., double fireplace, formal dining room, large deck, double attached garage. Call Tom Magee at 938-6475. (4650)

RR 1, SUMMERSTOWN PILON'S POINT

Breathtaking view. Breathtaking custom built executive home. 1 acre canal. Lot 800 ft. to St. Lawrence. Rich oak floors, gleaming kitchen, 86 ft. deck and more! more! more! $310,000. Call Cynthia McBride at 937-0451. (4790)

5 OUELLETTE, LONG SAULT. Room to grow, four level back split, Over 2000 sq.ft. of living space, double garage, extra large lot, main floor family room with fireplace. Asking $134,900. Call Sharon Alguire at 933-5154. (4711)

86 ST. LAWRENCE ST., INGLESIDE. A view of the St. Lawrence. Mature lot, 78'x287'. 1575 sq.ft. bungalow. Extras galore. $145,900. Call Cynthia McBride at 937-0451. (4831)

RR 1, SUMMERSTOWN. "The Village Store" plus a 4 bdrm. renovated home and your own boathouse! A viable village convenience store and gas pumps. Perfect family business. $199,000. Call Cynthia McBride at 937-0451. (4721)

RR 1, ST. ANDREWS WEST.

WANTING TO BUILD?
Serene country living for you? 3 country lots north of Cornwall. Drilled wells on 2 lots. Ready and waiting. Asking $13,000 to $18,000. Call Cynthia McBride at 937-0451. (4685, 4686, 4758)

HIGHWAY 2, EAST. Executive home with size, style and quiet beauty. Heat pump, whirlpool tub, Beckerman kitchen. Too many extras to list. $156,000. Call Gary Malyon at 932-8006. (4639)

NEW LOT

EXCELLENT 1 ACRE LOT with mature trees. 1 mile north of city on paved road. New home in area. Survey included. Asking $30,000. Call Tom Magee at 938-6475.

RR 1, SUMMERSTOWN. Pilon's Point. 8 scenic acres ready to subdivide. each potential lot backs onto canal. Easy access to St. Lawrence plus 1 acre lot on canal and Hwy 2. Severed and surveyed. Call Cynthia McBride at 933-5154 or 937-0451. (4860, 4861)

COUNTRY BUILDING LOTS

3 and 5 acres, good locations on paved roads. Surveys available. Call Irene Alguire for further details, 933-4337. (4450-4482)

SALES AGENTS

Sharon Alguire
Sales Rep.
933-5154

Tom Magee
Sales Rep.
938-6475

Richard Giroux
Sales Rep.
937-7604

Dorothy Zanella
Sales Rep.
931-2480

Bill Boyer C.R.A.
Sales Rep.
936-7770

Gilles Tessier
Sales Rep.
936-7571

Cynthia McBride
Sales Rep.
937-0451

Irene Alguire
Ass. Broker
933-4337

Robert Brown
Sales Rep.
932-7925

Jill Hodgins
Ass. Broker
933-5154

Gary Malyon
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9/24/17p

20-FARMERS MARKET

GROUND FEED, shelled corn, barley, oats, wheat mixed, $8.00/100 lbs. Your bags. 9 am - 5 pm, closed Sunday. George Crites. 527-5393.

9/24/20pc

FIREWOOD (mixed hard wood) delivered. Also cedar posts & clothes line poles. Call 938-6025.

10/29/20p

OATS FOR FEED, $7.30/hundred. Cleaned oats for feed & seed, $8.20/hundred. Tim & Darrin Laplante. 931-3191.

10/15/20p

22-FARMS FOR SALE

HOBBY FARM FOR SALE. Also 1987 Plymouth Reliant, low mileage. Call 537-2692

9/24/22p

27-GARAGES

GARAGE # 7 FOR RENT. $40.00/month. Located near General Hospital. Call 932-7088.

10/1/27p

31-HELP WANTED

STUDENT BABYSITTER, in Summerstown required for occasional afternoons, weekends. Experience & references a must. 931-2924.

7/9/31tn

INSTORE DEMONSTRATIONS. Personnel wanted to do demonstrations in major chain stores in Cornwall. 3 days/week, fro Sept. to Dec. Call collect (514) 433-2030.

10/1/31p

COOK REQUIRED. Fast food restaurant. 6 am - 2 pm. 6 days per week. Salary commensurate with experience. Call 938-8250 8 am - 2 pm.

10/1/31p

32-HOUSES FOR RENT

3 BDRM. HOUSE FOR RENT. Dishwasher, vertical blinds, washer/dryer hook-ups. Johnston St. Oct. 1st or 15th. $675 pay own utilities. 938-6995

9/24/32p

SMALL 2 BDRM. HOUSE for rent in Newington, Ont. Bright kitchen, living room & sunporch. Available now. $350 per month + utilities. Call 346-2634. No pets.

10/1/32mc

33-HOUSES FOR SALE

PRIVATE SALE.... must be seen to be appreciated, 4 bdrm, large kitchen, 4 pc. bath, maintenance free exterior, interior in clean move in condition. Lot 50 x 150, fenced, mature trees. Paved drive, garage, excellent starter home in nice area. Priced below appraisal value in the 60's. For further information call 933-0019.

9/3/33p

PRIVATE SALE - TRIPLEX. Maintenance free, professionally landscaped. Triplex in mint condition. Tenants pay own utilities. Main floor apartment has hardwood floor, large eat-in kitchen, 3 big bdrms., 2 bathrooms, lots of closets, finished basement & much more. Asking $149,900. For more information call 938-3728 or apply at 409 Belmont St.

9/24/33p

UNDER CONSTRUCTION. 1200 sq.ft. bungalow. Rec room, 4-pc. bath, elect.F/A. Colour choice of paint/carpeting. Low 80's. Financing available. 937-0630

9/24/33p

15 MIN. NORTH OF CORNWALL. 4 bdrm. home plus large barn on approx. 11 1/2 acres. Priced to sell $60,000. For further information call Herb or Geraldine Schwartz at 346-5721, Sales Reps for Sauve Real Estate Ltd.

9/24/33oa

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33-HOUSES FOR SALE

PRIVATE SALE. Small bungalow suitable for couple. Quiet, landscaped location, most city services. May rent to prospective purchaser. After 7 pm, 534-2621.

9/24/33nc

CHECK OUT THIS COSY two plus one bdrm. home. Very neat and clean. Large double lot attractively landscaped, plus pool and shed. $64,900. For further information call Herb or Geraldine Schwartz at 346-5721, Sales Reps for Sauve Real Estate Ltd.

~~9/24/33oa~~

BEAUTIFUL SETTING. Spacious century home on Raisin River plus antique shop. Asking $85,000. Zoned commercial. For further information call Herb or Geraldine Schwartz at 346-5721, Sales Reps for Sauve Real Estate Ltd.

9/24/33oa

FINCH. Excellent 3 bdrm. bungalow, 7 yrs. old, vinyl exterior. Large lot. Asking $75,000. For further information call Herb or Geraldine Schwartz at 346-5721, Sales Reps for Sauve Real Estate Ltd.

9/24/33oa

ATTENTION FIRST TIME BUYERS! Three bdrm. starter home plus garage, on attractive double corner lot. Berwick. Priced to sell at $36,000. For further information call Herb or Geraldine Schwartz at 346-5721, Sales Reps for Sauve Real Estate Ltd.

9/24/33oa

MINI FARM. Asking $79,900. Three bdrm. home on 14.8 acres with large barn and shed. Mature fruit trees. For further information call Herb or Geraldine Schwartz at 346-5721, Sales Reps for Sauve Real Estate Ltd.

9/24/33oa

40-LOTS FOR SALE

59 ACRES OF BUSH in Cornwall Township. Mixed hardwood, cedar post, etc. Good hunting, $16,000. For complete information send self addressed/posted/envelope to George H. Martell, RR 1, St. Andrews W., Ontario K0C 2A0.... 933-7270.

9/24/40p

3 ACRE CLEARED LOT for sale. 7 Conc. W., 10 minutes from Cornwall. Asking $16,500. After 4 pm, 932-6918.

9/24/40p

43-MARINE EQUIPMENT

SUPER BUY. M-F 165 gas P.S. heavy hydraulic loader w/down pressure, PTO-3 pt. hitch, low orig. hours. $5500 or o.b. After 8 p.m. 1-(613)-874-2930.

10/1/42p

1977 CRESTLINER 14' fibber w/ trailer. New oars, 4 life jackets. 1973 40 hp Evinrude, tuned July. 2 gas tanks, 2 anchors, boat cover. $900. Call 938-2812.

9/17/43p

48-MOVERS, STORAGE

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7/23x/48oa

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9/27/48d

IN-DOOR STORAGE. Autos, boats, etc. Reserve now. $1.00/ day. 936-1458.

10/15/48oa

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MOTORCYCLE TRAILER, new, custom-made for hauling motorcycles. All box steel construction, steel ramp, completely wired. 1 1/2" wood floor w/steel wheel channel. 1 7/8" hitch. New tires & wheels, spare. $775. Call 931-2592

10/1/47p

49-NOTICES

PIANO TUNING, repairs, rebuilding. 23 yrs. professional experience. Highest quality work. Excellent references. Peter Kilpatrick. 527-3366.

10/15/49p

WING SPECIAL!! 15¢ each/eat-in. 25¢ each/take-out. Every Monday & Tuesday after 4 pm, Long Sault Restaurant & Pizzeria (licensed) in the Shopping Plaza. 534-8205.

9//10/51p

PRINTING: cheap & fast! Call 932-2135.

10/15/49oa

SPECIAL UNTIL OCT. 12/90. Perm (cut & set) only $30.00. Seniors/wash & roller set, only $5.00. Book now at Wanda's Family Hair Studio, Ingleside. 537-8263.

10/1/49d

MUSIC LESSONS. Guitar, violin, banjo, mandolin, bass. Also, for sale 1 Exchoplex. New was $432, now only $132. 932-1347.

10/1/49p

COMMERCIAL SPACE FOR RENT. 240 sq.ft. great for office boutique. $350 monthly. Utilities paid. Call 936-2205.

8/20x/50oa

STORE FOR RENT..... Well established confectionary store, located at 1300 Montreal Rd., $395 monthly including appliances, shelves, heat & large storage basement. Call 938-6165.

10/1/50p

51-PERSONALS

COLLECTOR WILL BUY old negro items, old newspapers w/comics, advertising items, TV games. phone 938-6707

7/9x/51TN

WE CAN HELP! Uncontested divorce, small claims court, landlord & tenant matters, incorporations, change of name, pardons, workers compensation. Professional Paralegal Services at affordable prices. 936-2161.

7/30x/51oa

ARCHERY CLUB. Indoor, air conditioned facilities. Outdoor target & hunting events, lessons, bow tuning, seminars, leagues. Memberships available. Call Kevin 932-4181.

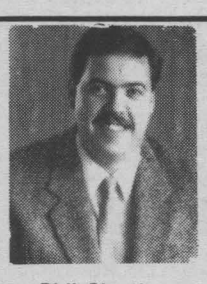
11/26/51p

IF SOMEONE YOU LOVE or are dependent upon has a drinking problem, you can see what it's doing to them. If you're also concerned about what it's doing to you, call Al-Anon at 937-4880.

4/23x/51

COLLECTOR WILL BUY, old negro items, old newspapers w/comics, advertising items, TV games. Phone 938-6707.

7/9x/51tn



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BEAUTIFUL PUPPIES, Poodles, Toy Pomeranians, Lhasa Apsos, German Shepherds, Great Danes, English Setters, others. Bridlewood Kennels. Hwy. 43, second farm east of Highland Road. Call 1-527-2074.

4/30x/52oa

HUMANE SOCIETY. Right now the Humane Society has cats looking for a good home. Give us a call & pick up a "friend". 936-0072.

10/23x/52nc

SHELTIES sable & white, $350. Reservations taken for Oct. delivery. Call 1-347-3109 for further information.

9/24/52mc

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9/17/52p

UNIQUE MANX CAT with double front paws, stumpy with unique markings, male 1 yr old. Aptly named "wild oats". Very affectionate, indoor cat. Likes the ladies, healthy. $100. Phone 931-2924.

8/20/52

BUDGIES. large selection of assorted colours, young locally bred birds. Still only $10 each. Prices will increase soon. 931-2633.

10/15/52p

55-ROOMS FOR RENT

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9/24/55p

FOR RENT .... CLEAN ROOM, private entrance, west end, close to bus stop. References required. Call after 9 pm. 932-3655.

9/24/55v

65-TRAILERS, CAMPING EQUIP.

CAMPER TRAILER 1978 Lionel hard-top fold-down camper. Heater, ice/fridge, 2 burner propane stove. Fair shape. New tires. $975 or $40 monthly. Call Brian at 932-0533 or 932-2751.

10/8/65oa

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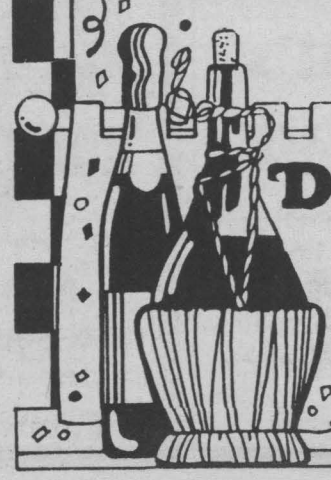
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HOROSCOPES

313

September 23rd-29th

ARIES - March 21/April 20
The most important events in your life now and during the next few weeks will center on partnerships and have far-reaching effects. You may be edgy and uncertain about those in authority on the 25th and 26th. If single, marriage may be in the future.

TAURUS - April 21/May 21
Your friends divert your attention over the weekend and you revel in parties and fun. Work conditions will soon be changing and you could find yourself taking on more responsibility. However, Jupiter and Saturn add their own special energies, suggesting that more work will bring in a steady flow of welcome bonuses.

GEMINI - May 22/June 21
You're never at a loss for admirers, but now you will find that you have to take romance much more seriously and make a firm decision on who you love best. For there's every likelihood that you're heading towards some type of change. You withdraw to do some soul searching on the 27th and 28th.

CANCER - June 22/July 22
The domestic side of life is always of special importance to people born under Cancer. Many of you have been seeking opportunities to get organized. You're electrified with energy this week, but don't let your temper flare!

LEO - July 23/August 23
Romance is foremost in your mind through the week, but arguments with children or other loved ones may be upsetting. Don't be surprised if relatives make changes in their lives between now and mid-October. You could soon be joining forces with them in what may be long-term projects and commitments.

VIRGO - August 24/Sept 22
You'll feel some heavy burdens finally lifted from your shoulders and will be able to move ahead with no frustration in plans. You'll be less prone to moods of worry and pessimism. There will be an unexpected stroke of good luck on Monday or Wednesday.

LIBRA - September 23/Oct 23
You will be taking life more seriously. During the next year or two, some links with the past will gradually be severed. This will give you more leeway for making the most of new opportunities which will add happiness to your life. A profitable financial transaction on the 25th could cause overspending.

SCORPIO - October 24/Nov 22
For the past month you have been too worried about time. Relax and let things move at their own pace. Monday will be a lucky day for you, especially financially. You'll also receive some flattering invitations.

SAGITTARIUS - Nov 23/Dec 23
Your career or parents are a source of concern over the weekend. But things brighten as Jupiter, your ruling planet, aids and abets some of your most cherished aims for the future. Career prospects will improve. Don't be too impatient to force the pace in romance.

CAPRICORN - Dec 24/Jan 20
The weekend will be a truly blissful time for those of you who are in love! An important week, as your ruling planet, Saturn, highlights an important segment of your solar chart. There is a sure indication that, in working surroundings, you'll be assuming extra responsibilities soon. Friends are supportive on the 26th and 27th.

AQUARIUS - January 21/Feb 18
Chance plays a strong role in your life this week, so be quick to take advantage of what crops up out of the blue—especially on Monday and Tuesday. Travel will be much in your thoughts near midweek. A long and enjoyable vacation may be in your future.

PISCES - February 19/March 20
You wisely pause over the weekend to review past actions and let cooler judgement guide you. Thereafter, Mercury trends show that your ideas will be taking wing and soaring to adventurous heights. You'll be getting a much clearer picture, too, of where your best interests lie and where to seek fresh outlets for your talents.

Your birthday this week
THE NEXT 12 MONTHS

Your main problems at the moment seem to stem from a disagreement over joint finances and commitments. The time has come for you to be more self-protective. Emotionally, the coming year will certainly be a memorable and reassuring one. At times, in 1991, you may find yourself saying that this is the best year of your life. A hobby will help you get out more often. And, an old love may get in touch with you by late summer.

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bingo
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LION'S HALL BONVILLE
(Turn East at Yellow Flashing Caution Light on Hwy 138)
PACKAGE DEAL $9.00
9 REGULAR GAMES....$35.00 5 SPECIALS....$50.00
1 EXTRA SPECIAL ... $1600
If Won in 6 numbers (Over 6 Numbers-10 of Extra Special)
1 JACKPOT $250.00 1 BONANZA 2 SHARE THE WEALTH
We Use Bingo Sheets with dabber system
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SEPT. 23 - SEPT. 27
1 7:00 & 9:00 p.m.
POSTCARDS FROM THE EDGE
Mature Theme
Shirley MacLaine & Merle Streep
AA
Matinee Sat. & Sun. 1:30 p.m.
2 7:00 & 9:05 p.m.
2ND BIG WEEK
FLATLINERS
Kevin Bacon
Warning: Not suitable for Children
Course Language Sexual Content
AA
Matinee: Sat. & Sun. 1:30 p.m.
TEENAGE MUTANT NINJA TURTLES
PG
3 7:00 p.m. Only
GHOST DAD
PG
Matinee: Sat & Sun 1:30 p.m.
9:00 p.m.
DARKMAN
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TUES. $3.50 NIGHT

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GRANT SAVING TIME
CORNWALL'S
GRANT NISSAN
FINAL 1990 MODEL
CLEAROUT
BUY NOW BEFORE G.S.T.
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STANZA DLX
M.S.R.P. $15,690.00
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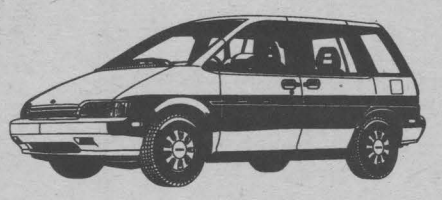
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MODEL	HORSEPOWER
MAZDA 626	110
TOYOTA CAMRY	115
HONDA ACCORD	125
STANZA	138


138 HP STANZA

7% SAVE FUTURE G.S.T. $$$

NISSAN
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HARDBODY PICK-UP
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NISSAN KING CAB

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NO NONSENSE WARRANTY
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6 year 100,000 km. powertrain with NO DEDUCTABLE.
All included.

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Boneless chicken breast topped with shrimp, melted cheese in a tomato-sauce **$12.95**

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Two pork chops topped with a mushroom wine sauce **$11.95**

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Choice cut pieces of beef tenderloin layered with onions, green peppers, tomatoes and mushrooms on a bed of rice **$13.95**

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Linguine noodles sautéed in tomato sauce with homemade sausage and cheese **$10.95**

Laura's Dessert
Apple Maple Walnut Glazed Cake **$ 2.95**

Carmaker utilizes waste management

(NC)—Since the early 1970s, General Motors of Canada has been operating on a "Waste Not, Want Not" basis. By practicing the four 'Rs' of waste management—reduction, reuse, recovery and recycling—General Motors is significantly reducing the amount of waste it generates.

Innovative methods are being applied in the areas of reuse and recycling of the packaging that automotive parts come in. For example, reusable plastic and metal containers reduce the amount of waste packaging that would otherwise be disposed of at landfill sites.

Where cardboard is a necessity for safe shipping, it is collected and set to be recycled. Dirty or soiled cardboard is disposed of in the company's Energy From Waste (EFW) facility in Oshawa, Ont., adjacent to the car and truck assembly plants. A waste incinerator produces enough steam each summer to supply the one-million-square-foot Autoplex vehicle assembly complex with required steam throughout the entire summer.



AUTO FACTS

With the goal of reducing the amount of waste produced, GM of Canada also recycles steel, recovers the burnable energy value from broken wood pallets, cleans and reuses oil drums, recycles oil and plastics, as well as recycling car and truck batteries.

General Motors is a recognized leader in training on environmental policy and management techniques. The company offers a week-long environmental certification course sponsored by York University. More than 25 persons have been graduated from this program since mid-1988. In addition, GM of Canada's Manufacturing Environmental Committee meets regularly to discuss new initiatives and share ideas regarding waste management. GM's ecological commitment to waste management had led to positive steps to protect Canada's environment for future generations.

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