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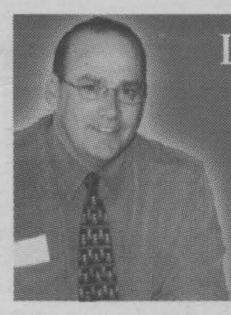
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SEAWAY NEWS

March 22, 2002 Volume 16, Issue 12 Serving Cornwall and Area www.cornwallseawaynews.com

Building Big Dreams For Little People

What do a little train, a Victorian-style gazebo, a yellow submarine, a children's traditional playhouse, and a child's cottage have in common? They are all playhouses you can win. These five "one-of-a-kind" backyard playhouses will be raffled off in support of Ronald McDonald House in Ottawa and Eastern Ontario. Ticket sales for the 'Child's House of Dreams' began February 1st, 2002 with the final draws to take place on April 1st, 2002.

Home can mean many things to many people. Ottawa's Ronald McDonald House is a "Home-Away-From-Home" for families with children suffering from cancer or other serious illnesses that are being treated at the Children's Hospital of Eastern Ontario. The Ronald McDonald House, at 407 Smyth Road, has been serving families since 1984. It is owned and operated by a charitable, non-profit organization called National Capitol Oncology Care Inc. Treatment of a sick child may take weeks, months or years and is very stressful for the child, the parents, and the rest of the family, especially when they are miles from home.

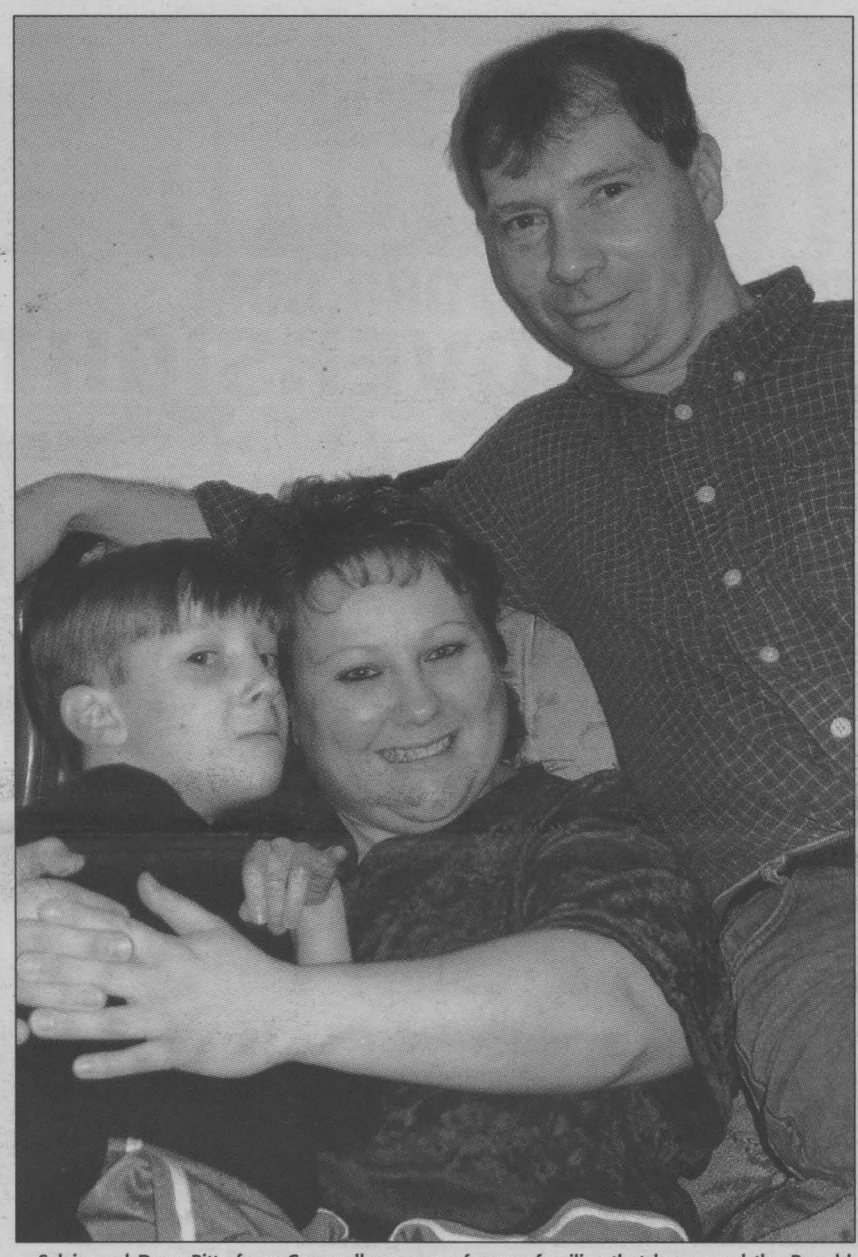
"Since my son was born, I can't count the amount of times we have used the Ronald McDonald House over the years," stated Sylvie Pitts. Sylvie and Dave Pitts are the parents of Scott (age seven) who has Hypoplastic Left Heart Syndrome (HLHS) which is a condition in which the left side of the heart is underdeveloped. Usually, the left ventricle, the left atrium, the mitral valve and the aorta are affected. It is called a syndrome because it can encompass several different variations and varying degrees of development of these parts of the heart.

"The people involved with the Ronald McDonald House have been wonderful to us," added Sylvie. "For only $10 we can have a place to stay that is comfortable and still close to the hospital. There are 14 well-equipped rooms, a large kitchen area, dining room, family/TV room, games room and lots of things for the children to do."

This valuable community resource relies entirely on individuals, community groups, and businesses in Ottawa and the surrounding area to help meet the $200,000 yearly that is necessary for its continued successful operation as an integral part of Ottawa's medical community. A dedicated group of volunteers supplements the services and support offered to families and assists in the ongoing fundraising for the House.

"Tickets on each playhouse can be purchased by phoning the Ronald McDonald House at (613) 737-5523," stated Carol Blayne, volunteer for the House, "or by placing an order on the web and watch for the playhouses to be shown at the St. Laurent Centre until March 24th, 2002 and at the Ottawa Spring Home Show March 29th to April 1st, 2002."

Story & photo by Chris McPhee



Sylvie and Dave Pitts from Cornwall are one of many families that have used the Ronald McDonald House when their son Scott has needed medical attention. The Ronald McDonald House has five playhouses to raffle to aid them in raising funds.

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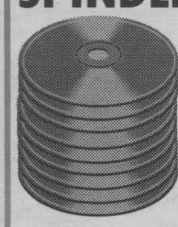
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We All Have Our Special Places

As you might remember me saying in the March 8th, 2002 Dances With Words, reading letters that my readers have written to me is one of the six most enjoyable things I do these days. The January 4th and 14th, 2002 columns about "One Special Place Throughout the Year," asked, "If you have a perfect place of your own in mind, please get in touch with me." That gave me a few delightful communications from readers.

Mr. Alderic Bray of Tayside (on Hwy. 138, south of 417) told me that his special place was a waterfall in Québec, west of Montebello and Plaissance, on a road that is north off Hwy. 148. The Rivière de la Petite Nation provides the water for his waterfall, supposedly "One of the most beautiful of waterfalls."

Bray, a retired farmer, has travelled extensively, to exotic places such as Jamaica, Barbados and Hawaii. By finding and appreciating this local place, he has proven that we all too often tend to overlook the beauty that exists close to home. We have to become tourists in our own country, our own province, our own village, our own back yard.

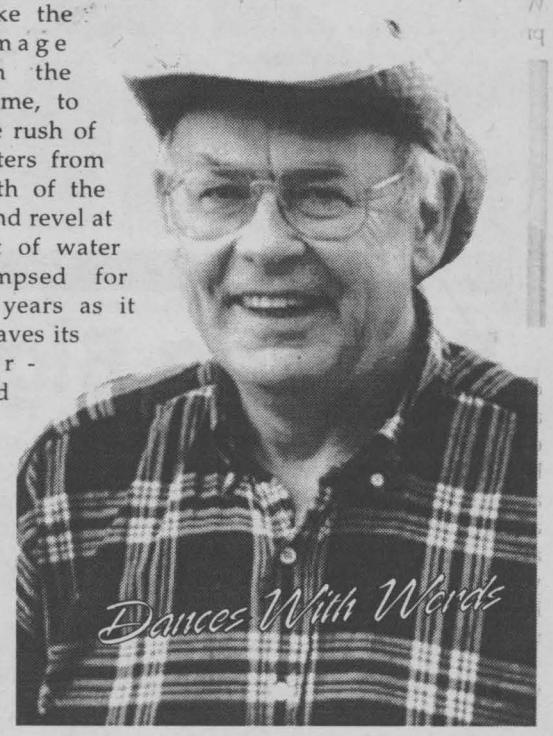
Here's a well-crafted e-mail I received from Lorna Puxley-Lenehan, Glen-net's amazing technical trouble shooter.

"Your column about a special place during the 12 months of a year gave me a respite I truly welcomed. I, too, have a place...I see a spot in my mind's eye, in the south of France, just outside a small town called Fontaine de Vaucluse. Maybe you know it? I have been there. In the springtime, the water gushes from a deep chasm at the base of a sheer cliff. The force of the water over the centuries has washed smooth the rocks in its path."

"Away from the pounding water, boulders are sharp, craggy, much as they have been since they tumbled from the rock face. The sun plays off the cliff, making it a game of sun and shadow that changes perpetually throughout the day."

"As spring gives to summer, the spring subsides and feeds the riverbed from the side, an ice-cold spring so pure you almost feel you contaminate it by gazing into it. The sparkling water dances and frolics down to the town when it is suddenly engulfed by centuries-old buildings looming darkly over the water, where fish play in the shadows."

"It is a place and a time and a feeling that is dear to me, and I will, some day, make the pilgrimage there in the spring time, to savor the rush of clear waters from the mouth of the chasm, and revel at the sight of water not glimpsed for perhaps years as it finally leaves its underground chambers and bursts forth into the modern world."



Nick
WOLOCHATIUK

"I could gladly spend a year there, trying to catch the perfect angle, the perfect rendering, but knowing it's not possible. If you are there before me, try to capture some of this for me, though no photograph, no rendering by paintbrush, no words can do it justice. It's as much a place in my heart as in my world."

Wow! Lorna's not only a software geek, she's a poet with prose. She's managed to do the place justice. As she so vividly explained, places (and shoes) are not only in the world (and in our closets), they are in our hearts.

Wilderness spots are relentlessly being over-run by tourists, surrounded by fast food outlets, mini-putt courses and wax museums. As singer Joni Mitchell lamented, "They've paved Paradise and put up a parking lot."

In the High Peaks area of the Adirondacks there are a few primitive lean-tos that are available for use as overnight shelters. Most have a notebook that invites those using them to pen their reflections. The quality of the entries range from amusing, illegible, informative, obscene, poetic to enthralling.

The lean-to in Panther Gorge (between Mt. Marcy and Skylight) bears the nickname "Bears R, Us" – for a good reason. In its 1994 notebook, one of its occupants tongue-in-cheek penned the following gem, which I am quoting from memory: "Nice place, but needs a lot of work. Too many trees, too many hills, too many rocks. Trails need to be widened, straightened, leveled and paved. Some good sites for condos, but the stream will have to be buried to make room for the parking lot, the video arcade, the petting zoo and the McDonald's. Those features would make it really attractive to Wal-Mart."

Need I say more? If you wish to say more, to add to my collection of shared memories, send an e-mail to nuthill@glen-net.ca, or a letter to R.R. 2, Williamstown, Ontario, K0C 2J0.

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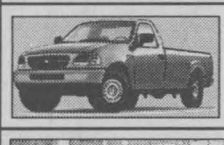
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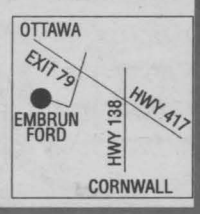

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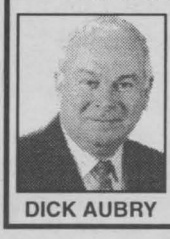

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LOCAL

Who's At The Agape Centre?

By Judy Dancause

It seems that I have worked with the wonderful people at the Agapé Centre forever, when it really hasn't been very long at all. When I started, I knew that the Centre helped people in need by providing food and basic necessities (clothing, housewares and appliances) through the food bank, the soup kitchen and the thrift shoppe. Boy, was I in for a surprise. I didn't realize how many special people I would meet...like Sharron and Joan...



DANCAUSE

One Saturday last December 2001, I participated in a food drive at a local grocery store. To ensure the food bank would have provisions throughout the long winter months, shoppers purchased pasta, soup, canned vegetables and other food items to help us stock our shelves. I met two interesting ladies that day. Sharron is the first lady I met. She did her grocery shopping and then donated the entire contents to the Agapé - there was well over $100 worth of groceries in her cart! I asked her why she was being so generous. Sharron explained that she had lost her husband about 30 years ago and raised her two children alone. Sharron was a waitress for years, providing for her family until she had a heart attack and was diagnosed with a heart condition. For almost two years, while she waited to receive disability, Sharron and her girls lived on a very tight budget. They received food, clothing and furniture during those hard years from the Agapé Centre. Now that her children are grown, Sharron helps the Centre as often as she can with food and household donations.

Joan was the second lady I met that Saturday afternoon. Joan gave the Centre a $20 donation instead of food. I had the opportunity to talk and get to know Joan a little. Throughout her life, Joan has experienced some difficult times. She ran away from an abusive home when she was very young and then, to use her words, "made a lot of really bad, dumb choices." Joan feels very fortunate that she has never had to come to the Centre on a regular basis - only every now and then. She talked for quite some time about how amazing it was that our client services person could always remember her name and situation and ask about her children. The Agapé Centre referred Joan to other local agencies that helped her to move forward with her life. Joan said she likes to support us, not only because of the food and clothing the Centre provided; but because we took the time to know her and encourage her to make healthy changes in her life when she was ready for them.

It's hard to imagine what it's like to need help to feed and clothe your family if you've never been there. Until I worked at the Agapé Centre, I had no idea the types of difficulties many of our neighbours are facing each and every day. I certainly had no idea that every month: hundreds of adults and children receive food from our food bank; or that our Soup Kitchen is serving thousands of meals; and that our Thrift Shoppe gives out unlimited amounts of clothing, dishes, beds and toiletries to people in need. Like many of you, I have a huge, loving family with the resources to help me if I were to run into trouble. What would happen if I didn't? The Agapé Centre is there, with a caring smile, for the men, women and children in our community who need help through the tough times.

The Agapé Centre is about local people helping local people. Other than a few staff members, the centre is operated by volunteers. Most of the food and all of the clothing and household items we distribute are donated by caring people in this community (like Sharron and Joan). If you would like to help the people in need in our community, please bring your donations of food, clothing, dishes, and other household items to the Agapé Centre at 231 McConnell Ave. or call 938-9297 for free pickup of furniture and large appliances.

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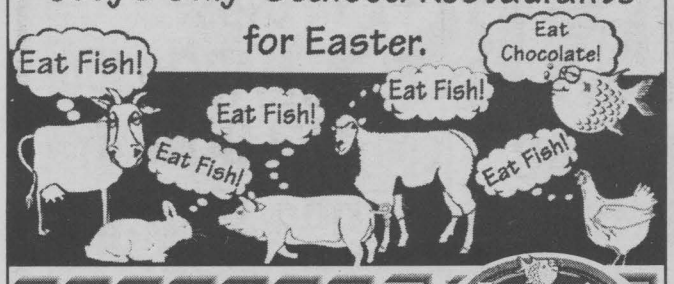

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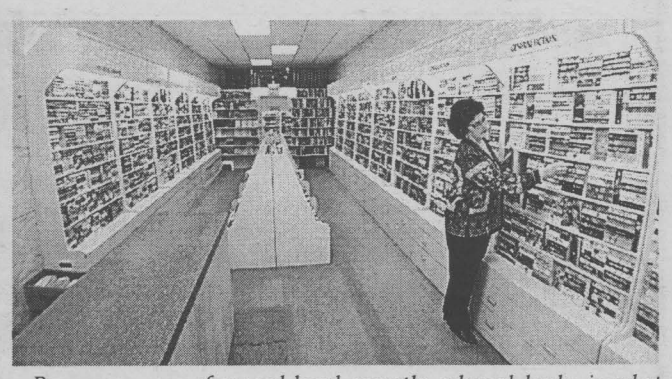
"Sitting down with a good book is a great way to unwind," stated Lynne St Denis, owner of Hooked On Books. "Every single book I have in stock has been cleaned, organized and alphabetized for my customer's convenience. I have set up the store like a new book store because I find it the most beneficial to my customers."

Over the ten years in business, Hooked On Books has developed a regular, steady clientele who appreciates the organized efficiency of the store and the personal attention Lynne gives to all her customers.



Row upon row of second-hand recently released books is what Hooked On Books offers the community right in the heart of Cornwall at 220 Pitt Street. Lynne St Denis (in photo) and staff offer highly organized books in a friendly atmosphere.

Photo by Chris McPhee

"I love to read and I know how comforting a good book is to curl up with," added Lynne. "I try to keep my stock very up to date and do not keep any double copies on the shelves. They are either packed in the back or in the drawers because I want my customers to have the most choices they possibly can."

Lynne takes a personal interest in being available for her customers. She is at the store four days out of the six they are open and makes customer satisfaction her personal goal.

"There are an awful lot of nice people out there," continued Lynne. "I came into this business from a medical world that was very closed to the public and I have found people here in Cornwall to be very nice. I like to get to know my customers and by treating every person who comes into my store in a friendly manner and with a sense of humour, my job becomes very enjoyable."

So if you're looking for that specific Mary Higgins Clark or Nora Roberts or you want to browse for something to sweep you away from toils and stress, come visit Lynne and her staff at Hooked On Books, 220 Pitt Street. Their organized stock and friendly manner will have you coming back for more.

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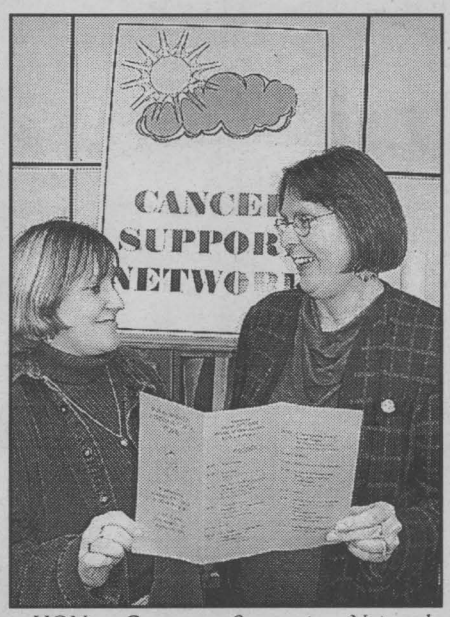
VON Host Breast Cancer Awareness Day

The Victorian Order of Nurses (VON), in conjunction with the Canadian Breast Cancer Network, are offering the first of a yearly information day. This day will focus on educating and empowering women and health care providers with the tools we have in our community to take control of Breast Cancer.

"Over 5,000 women will die of breast cancer in Canada this year alone," stated Stephanie Ruckstuhl, VON Cancer Support Network Coordinator. "One out of every eight women will have breast cancer in their life. That is pretty startling to me. I am hoping this Information Day will empower the women to take back control of their bodies in the treatment of breast or any other cancer."

The event will host health care professionals from a variety of disciplines that will share how their profession impacts breast cancer. In our region, we have a variety of disciplines that take an active role in the management of breast cancer. Some of the speakers at the event will be: Emmy Mitchell from the Ononhkwaon Traditional Medicine Program who will speak about Native Traditional Medicine, Dr. Paul Irwin will discuss Surgical Interventions, Dr. Valerie Franc from the Millennium Health Centre will take a Naturopathic look at breast cancer and many others on topics of nutrition, nurses, personal trainers, and support services will also speak. The full day event will be held on March 27th, 2002 from 8 a.m. until 4:30 p.m. at the Knights of Columbus Hall, 205 Amelia Street in Cornwall. For further information, interested parties may call 932-3451.

"We have 70 registered already, and we are hoping to have 200 people participate in this important event," added Stephanie. "The speakers are all local so if people wish to go back to them for more information, they can."



VON Cancer Support Network Coordinator Stephanie Ruckstuhl (left) and Executive Director for the Victorian Order of Nurses Jean Courville peruse a pamphlet on the up-and-coming Breast Cancer Awareness Day seminar that is being held on March 27th, 2002. Various local health care professionals will be talking on their fields pertaining to breast cancer.

Photo by Chris McPhee

The Myths And Realities Of Alzheimer Disease

Alzheimer Disease is a devastating illness that ravages the brain, robbing people of their identities and causing untold suffering among loved ones who care for those who are affected.

Currently, 360,000 Canadians over the age of 65 have Alzheimer Disease or a related dementia, and that number is expected to increase dramatically, beginning in 2011 when the first "baby boomers" reach 65.

The Alzheimer Society of Cornwall and District will be presenting an information night on Alzheimer Disease, Wednesday, March 27th, 2002 at the Cornwall Public Library, from 7 p.m. to 8:30 p.m. All are welcome, and for further information, you are welcome to contact Laurie Sullivan at the Alzheimer Society at 932-4914.



Above is Society Education Coordinator Craig Smith with Mr. and Mrs. Neil MacMillan of the Bahá'í Community of Cornwall, who are sponsoring the education session next Wednesday, March 27th, 2002 at the Cornwall Public Library.

Story & photo by C. Smith

DENTUROLOGIST CLINIC



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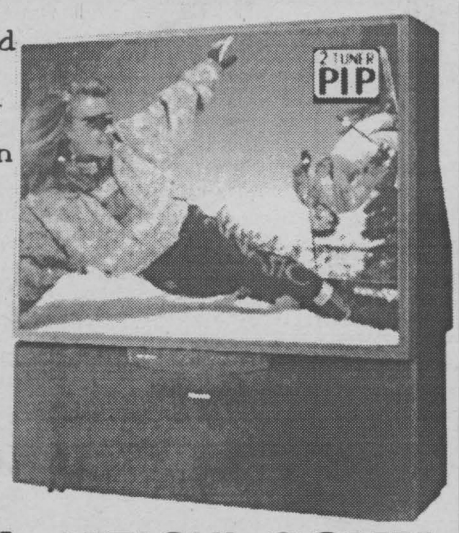

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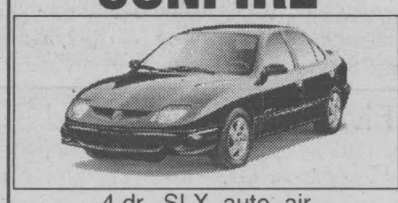

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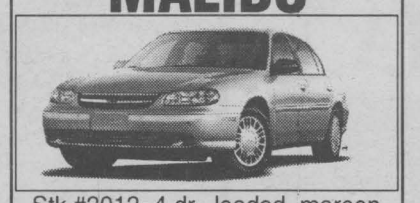

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00 IMPALA (stk.2292A) loaded	$19,980	$18,850
01 IMPALA (stk.2306A) loaded	$23,950	$22,450
00 CENTURY (stk.2127B) loaded, only 14,000 km SOLD	$20,900	$19,950
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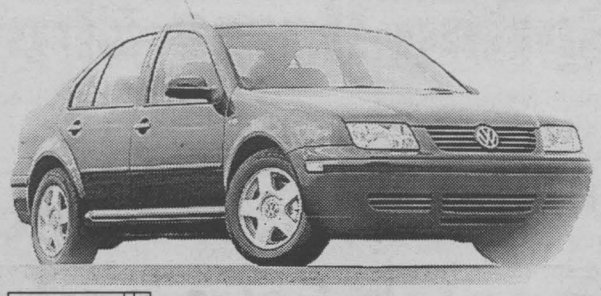

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2001 Citizen Of The Year Awarded

On February 23rd, 2002, Val Shannon was selected as Cornwall's 'Citizen of the Year.' Born, raised, and educated in Cornwall, Val Shannon has touched many lives throughout her years of dedication in her teaching career and her volunteer career.

"Receiving this award was a total surprise," commented the 2001 Citizen of the Year recipient. "I saw something was happening that night and I kept wondering why I was there, especially when I saw my daughter from Kingston. I never dreamed it was Citizen of the Year."

The following is the biography as read by Jake Lamoureux on the evening of the award:

Special Guests, Past Citizens of the Year, Recipients of the Business Excellence Awards, Ladies and Gentlemen: Good evening. It's a great honour for me once again to introduce Cornwall's top citizen of the year for 2001.

The selection of the Citizen of the Year is not an easy task and the Committee always has difficulty making the decision of selecting one star among the many who are nominated.

The Cornwall Chamber of Commerce introduced the Citizen of the Year program in 1972, when Msgr. Rudy Villeneuve was named our very first Citizen of the Year…A fitting example of what a Citizen of the Year should be. Father Rudy has set a high standard and those who have been named these last 29 years have certainly been worthy of the award and the honour.

Very soon, we will be adding another name to the growing list, the Citizen of the Year Award is not to be taken lightly. It's given to a dedicated person who has made tremendous contributions to this community without thought of receiving any personal or financial gain. I am told that if the Committee had the authority and power, they could have recognized as many as three nominees this year. Unfortunately, only one person can be selected…all of those nominated are stars but one has to shine a little bit brighter than the others, and that's why it's so difficult to come up with one recipient.

Many of our past citizens [of the Year] were not born in Cornwall but over the years they have made Cornwall their home and have contributed much to the well-being of our community.

The person we are honouring tonight is no stranger to Cornwall. Many of you know her and have worked alongside her in the many projects in which she has been involved. Before I tell you her name, I am going to give you a bit of background about this individual and there was no better place for me to obtain that information than from the nomination forms that were sent in by her nominators.

Our 2001 recipient was born, raised and educated in Cornwall. She comes from a large family who have been a part of Cornwall since the 80s and that's the 1880's.

When we talk of family, our recipient extends the meaning of family to include friends, neighbours, children, the elderly, the needy and of course her immediate family. She has four married children and eight grandchildren and she has been widowed for 25 years. When you look at the challenge of raising four children alone, teaching school in order to earn a living and volunteering her time to help others, you have right there what it takes to be a good candidate to get nominated for Citizen of the Year.

I will recap a few of her many achievements:

School worker. Our recipient's love for the care of children comes from being a school teacher and principal. She believes that children should be given an opportunity to develop into effective citizens and lifelong learners to become productive citizens of tomorrow.

She has served her staffs, parents and students way above what is expected of a teacher and principal, such as providing food for those who are hungry and warm clothing for the needy. In everything she does and every time she is asked to do something for somebody she always goes above and beyond the call of duty. Even now that she is retired, she continues to assist as a volunteer at school functions.

Church worker. "She has been a dedicated worker in the Parish of St. Francis de Sales and more so since she retired from teaching. She is always going that extra mile," said Father Gary Ostler. She has served in many executive capacities within the Catholic Women's League. She has been involved in the life of the Parish and the community. Father Gary adds that he supports her nomination in order that she may be an inspiration to the whole population of Cornwall.

Canadian Cancer Society. "Our recipient is the kind of volunteer that all you have to do is ask and it's done, and done beyond expectations," reports Lynn Benjamin, zone captain of the Canadian Cancer Society. "She is someone very special to our organization, she is an extremely dedicated volunteer worker and an integral part of our meeting our goals in fundraising as well as providing emotional support by enhancing the lives of patients who are battling cancer," writes Janie Grimes, the manager of the local unit of the Canadian Cancer Society.

Heart and Stroke Foundation. "She has been a committed volunteer for nine years," wrote Susan David, area manager of Heart and Stroke Foundation. In addition to being a canvasser and captain of her area she is also responsible to recruit and maintain a number of volunteers to canvas. She also delivers and collects campaign materials and manages the donations and the receipts for Revenue Canada. It is not beneath her to go door-to-door to canvas for funds. It's a challenge to find and retain volunteers like her and the Foundation is grateful for her long-term support.



Val Shannon was the 2001 recipient of the 'Citizen of the Year' award presented by the Chamber of Commerce. Her dedication, devotion and hard work has made this community a better place to live.
Photo by Chris McPhee

Meals on Wheels. This next comment is from Andrée-Anne Morin, volunteer coordinator for Cornwall Meals on Wheels. "Our recipient has been a dedicated and reliable volunteer for seven years. She is always pleasant and demonstrates a genuine concern for the recipients of our program. She is a strong supporter and has assisted us in recruiting friends and family members to join the program." Ms. Morin closes by saying, "Our recipient is truly a remarkable person."

St. Vincent de Paul Society. This year's recipient has been involved with the St. Vincent de Paul Society for seven years and has served in various ways. Spiritual director, taking food and other necessary incidentals to families and keeping in touch with them to see if they need further assistance, she works on food drives such as collecting, sorting and shelving. She spends many hours preparing Christmas baskets as well as delivering them. She does visitations to the shut-ins in their homes as well as at the hospitals and nursing homes and brings them gifts as well as the joy of her presence. She has helped many community members by taking them home-cooked meals when they are sick and even asks them over to her place for a meal when they are alone. She spends many hours picking them up and bringing them to doctors appointments and waiting to return them to their homes. Nick Haramis, President of the Society, says that she is a dedicated and tireless worker.

Neighbourhood Family. "This lady has been their neighbour for 29 years," writes Alfie and Annie McDonald. She welcomed them to the neighbourhood way back when they first moved in and has continued to be a friend to their friend and a friend to the entire neighbourhood community. She has a natural way of making her neighbours feel as if they are her extended family. She is constantly helping someone even to the point of shoveling snow from their driveways. It has become a neighbourhood tradition that each year on "Canada Day" she hosts a huge barbecue for all.

Big Brothers/Big Sisters. "She has served as vice-president, and as a member of the special events and recreation committees and Bowl for Millions," writes Bryan Lynch, Executive Director of Big Brothers and Big Sisters. "She was the "go-to" person when a task needed to be done as quickly as possible or when a last minute replacement was needed," writes Ken Sliter, former Executive Director of Big Brothers/Big Sisters of Cornwall. "She never said no and we always knew that the project would be done to her standards, meaning, it would be done right, through her diligence, enthusiasm and commitment to the program. As a member of the board, she was entrusted with chairing the most demanding and largest fundraising event – the Bowl for Millions."

Her friend Tannis Girard writes that she brings meals, visits the sick and shut-ins and opens her home to the needy and those who are alone. Never was this more evident than during the ice storm when her home became a drop-in centre for neighbours, friends and relatives…our recipient hasn't stopped doing what she has been doing all along. Although she has been retired from work for some time now, she continues to spend many hours a week in various capacities, on community projects such as the Heart and Stroke Foundation, the Canadian Cancer Society, the Kidney Foundation, Meals on Wheels, the Children's Treatment Centre and the St. Vincent de Paul Society, she puts more hours of work in a week than some people who are still at work.

I could go on reading for awhile if I was to go through the many comments of support that were received for her nomination but I think you have heard enough to know that she is deserving of this award and honour.

Ladies and gentlemen, please join me in recognizing a wonderful lady who's devotion and dedication has made our community a better place to live, who celebrated her 67th birthday on Valentines Day, our 2001 Citizen of the Year…Val Shannon.

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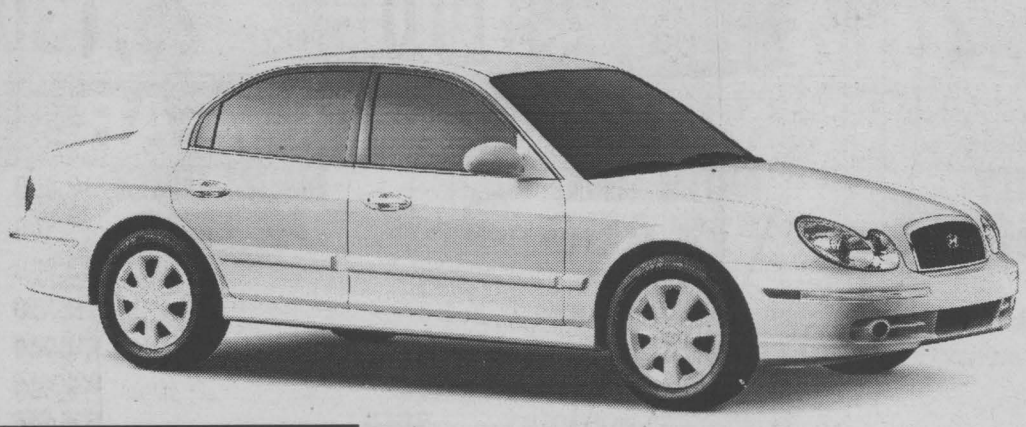

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LOCAL

Things Are Blooming For The Spring Home Show

It's a sure sign of spring in the Cornwall area. Plans for the 2002 version of the Chamber of Commerce Spring Home and Garden Show are well underway. Show organizers report tremendous interest from exhibitors and with the newly designed layout of this year's event, it promises to be an outstanding consumer event.

"We've had a number of new exhibitors seeking space in the Spring Show," reports Executive Manager Lezlie Strasser. "We're always pleased to have new ones join the Show. It adds the variety visitors look for. Once again there will be some fabulous prizes to give away to a number of lucky show visitors."

The Spring Home and Garden Show is popular throughout the Cornwall region as the first major consumer event of the season. As householders begin thinking about home gardening and home improvement projects, they can pick up terrific ideas at the Show itself. Visitors will find everything from deck building to air conditioning, painting tips to new flooring along with great ideas for gardening and landscaping.

Some special features at the 2002 Spring Home and Garden Show will include gardening tips and cooking demonstrations, always popular with the public. And this year, visitors will get to watch a deck being built and will get some fabulous tips on how to use paint as a decorating tool. There will also be a huge selection of household products ranging from BBQ's to outdoor furniture to home improvement tools.

Once again, the Spring Home and Garden Show will be held at the Cornwall Civic Complex and close to 10,000 people from across the region are expected to attend. Show dates are April 12th, 13th and 14th, 2002.

For more information about the Spring Home and Garden Show, contact the Chamber of Commerce at 933-4004 or check out the Chamber website at www.cornwallchamber.com.

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Friday, April 5	Iroquois, Civic Centre	543-4558
Saturday, April 6	Limoges, La Nation Community Centre	764-5444 ext.222
Saturday, April 13	Alexandria, Glengarry District High School	525-2590
Friday, May 10	Hawkesbury, Best Western Hotel	632-7057

Registration fee: $20 ($10 for students) which includes lunch.
To reserve a spot you must pre-register 3 days before the event.

For telephone enquires, see the numbers above.
The detailed program, registration forms and further instructions are at www.ceonet.on.ca

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Over $200,000 Available To Area Farmers

The agricultural community of the RRCA and Rigaud River watershed areas will have the opportunity to benefit from $212,624 of financial assistance to improve and protect water quality on their farms.

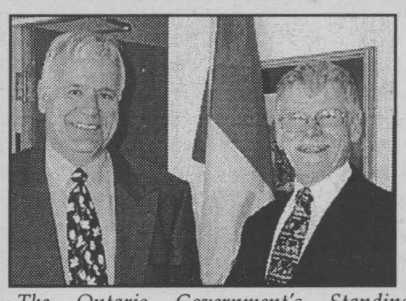
The Raisin Region Conservation Authority, partnered with the Ontario Ministry of Agriculture Food and Rural Affairs, Municipalities of North and South Glengarry, Municipalities of North and South Stormont and the Municipality of East Hawkesbury, will be hosting a public information session explaining the latest Raisin Region Healthy Waterways Program.

The session will take place at the Bonnie Glen Pavilion in Alexandria on Tuesday, March 26th, 2002 from 10 a.m. to 12 p.m. Local municipal politicians will be invited including Bill Franklin to kickoff the event, followed by a presentation by Normand Génier of the Raisin Region Conservation Authority explaining the details of the program, and finally a question/answer period to conclude the event.

"We are pleased to be able to extend this program into the Rigaud River watershed," stated Bill Franklin, Mayor of the Municipality of North Glengarry, "where in the past, these types of assistance programs have not been available."

The session is free of charge and coffee and donuts will be provided. For more information regarding the Healthy Waterways Information Session, please contact Normand Génier or Chris Critoph at the RRCA at (613) 938-3611.

Art Buckland Meets With Maurice Beaubien



The Ontario Government's Standing Committee on Finance tours the province seeking input prior to the Annual Provincial Budget.

Pictured here, Maurice Beaubien, Chairman of the Finance Committee and MPP (Lambton) meets with Upper Canada School Board Trustee Art Buckland. *Submitted photo*

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Rebate $2,000
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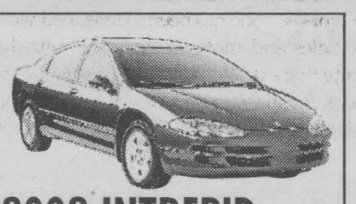

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MSRP $26,900
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2002 PT CRUISER
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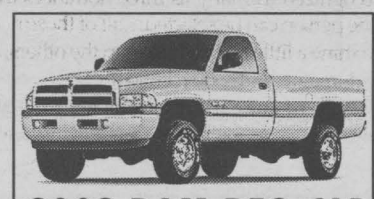

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01 INTREPID V6, auto, pw. pkg, 23,000 km, silver	MV* $21,900	$20,900	98 NEON 4 cyl., auto, air, slider, 42,000 km, silver	MV* $13,500	$11,500
01 CONCORDE V6, auto, air, 35,000 km	MV* $22,900	$20,900	98 CIRRUS V6, auto, air, 73,000 km, silver	MV* $16,900	$13,900
01 SEBRING V6, auto, loaded, 23,000 km, red	MV* $21,900	$18,800	98 NEON 4 cyl, auto, air, 64,000 km, red	MV* $10,900	$9,650
01 NEON 4 dr., auto, air, 25,000 km, white	MV* $15,900	$13,900	98 CHEV. MALIBU V6, auto, pw pk, 41,000 km, green	MV* $13,900	$14,900
01 INTREPID DAYTONA 3.5 V6, auto stick, loaded, 35,000 km	MV* $22,900	$21,900	98 INTREPID V6, auto, pw pk, 54,000 km, white	MV* $17,900	$15,500
00 NEON LE 4 dr., auto, air, only 31,000 km	MV* $13,900	$12,700	98 JEEP TJ V6, both tops, 26,000 km, red	MV* $23,900	$19,900
00 CIRRUS auto, air, locks, CD, 31,000 km, green	MV* $19,900	$17,900	97 INTREPID V6, auto, pw pk, 91,000 km, silver	MV* $14,900	$11,500
00 CARAVAN V6, 4 dr, pw pkg, 45,000 km, silver	MV* $19,900	$18,900	97 HONDA CIVIC LX ABS, 4, air, 74,000 km, silver	MV* $12,900	$11,900
99 PLY. BREEZE auto, air, pw pk, 29,000 km, red	MV* $16,900	$15,900	97 CHEV CAVALIER 4 dr., 5 spd, green	MV* $8,900	$7,500
99 INTREPID V6, auto, air, pw pk, 53,000 km, silver	MV* $19,900	$15,600	97 NISSAN PICK UP 4 cyl., auto, 91,000 km, red	MV* $11,900	$10,906
99 NEON auto, air, 54,000 km, silver	MV* $12,900	$11,900	96 MYSTIQUE 4 dr., auto, air, green,	MV* $8,900	$7,995
99 JEEP GR. CHEROKEE V6, auto, pw pk, 64,000 km cranberry	MV* $27,900	$26,900	96 LUMINA 4 cyl, auto, grey	MV* $7,900	$6,900
99 DURANGO SLT PLUS V8, auto, loaded, 25,000 km, silver	MV* $32,900	$29,900	96 CARAVAN V6, auto, air, 104,000 km, green	MV* $11,900	$10,900
98 INTREPID V6, auto, air, pw pk, 53,000 km, green	MV* $17,900	$14,800	94 COUGAR V6, air, auto, pw pk, green	MV* $8,500	$6,900
98 GR. CARAVAN SPORT V6, auto, air, pw pk, 68,000 km, cranberry	MV* $17,900	$16,900	90 CARAVAN V6, auro, air, red	MV* $5,990	$4,990
98 GR. CARAVAN V6, auto, air, pw pk, 69,000 km, green	MV* $18,900	$16,900			

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EDITORIAL
OPINION



Let's Get McReal



Basic Black
Arthur
BLACK

Are you old enough to remember when the sign over the Golden Arches would read "40 MILLION SOLD," or "80 MILLION SOLD?"

Man, you're pretty old. Those signs were reading "50 BILLION SOLD" way back in 1984. Ever since, if they bother to mention it at all, the signs just say "BILLIONS AND BILLIONS SOLD."

I always feel a twinge of pride when I read those numbers. And I always say to myself, "Yup, and I only bought one of them." That's the sum total of burger transactions between me and the folks at McDonald's - one sad and solitary Big Mac purchased in Thunder Bay, Ontario, back in the late 70's – and I didn't even eat it, at that.

That's because I made the mistake of looking inside my burger before biting into it. I still remember hoovering off that bun top and peering down at the scientifically calibrated swirl of goop lathered across the top of the McMeat patty. It looked to me like the sight that greets you when you take the lid off a can of old paint that's been sitting in the garage for a couple of years. I closed the burger, hooped it into the McTrash bin and walked out.

Okay, I may have used the washroom first. McDonald's has great washrooms.

And I don't really mean to single out McDonald's. They're no worse (or better) than the plague of Arby's, Denny's, Burger Kings, A & W's, Wendy's and Hardees ad nauseam that mottle the Canadian landscape.

But make no mistake: it's not food they're offering, it's Nearfood. Mostly oversweetened, empty calories that are building us a nation - Hell, a world – of doughy, overstuffed but underfed children.

The fast food chains have done to food what Henry Ford did to cars - and what our it-is-to-laugh brewmasters have done to beer. Aside from microbrewers, who, God bless 'em, actually care how their product looks and tastes, most of the folks who make our beer could be turning out laundry soap, ceiling tiles or diet cola for all the subtleties of taste they deliver. You know and I know that if somebody lined up eight or nine Dixie cups filled with mainstream Canadian beer in front of an average customer and asked them to identify each one, most folks couldn't pick out the 50 from the Canadian from the Kokanee from the Ex from the Blue.

That's because the mainstream beer makers stopped selling beer long ago. What they sell now is advertising. I once asked an ad executive why Canadian beermakers spent hundreds of thousands of dollars each year sending off film crews as far as Australia to shoot elaborate, frothy, feel-good TV beer commercials.

"Because all (mainstream) beer is the same," he said. "It looks the same and it tastes the same. So what we're really selling is the label."

But I'm off on my Whatever happened to good ol' beer rant - what I was talking about was fast food outlets and what they've done to the concept of eating out. It's not just the fare they serve, it's the whole experience. You don't get served at fast food joints - you get processed. Everything is designed to get you in, fill your order, take your money and move you out as fast as possible. The mustard, relish and catsup dispensers are strategically placed for maximum efficiency. The tables and chairs are welded to the floor so as not to interfere with traffic flow.

Well, you know what? Eating a restaurant meal isn't supposed to be the equivalent of a pit stop at the Indy 500. It's meant to be joyous and leisurely with conversation and laughter – even singing. And I believe that somewhere deep in the cortex of our lizard brains we all remember that.

They're remembering at the McDonald's outlet in Dayton, Tennessee. Every Thursday night the restaurant hosts a two-hour show of gospel and bluegrass music. Visitors are encouraged to sing along as they chomp their Big Macs and sip their Slurpees. And you know what? The restaurant does five to 10 percent more business on Thursday compared to any other night of the week. And it's catching. The Hardee's down the road is launching a special-menu-gospel-music show for Tuesday nights.

The greening of fast food - who'da thunk? Interesting concept – Mahalia and Bill Monroe with your Egg McMuffin. You want fries with that?

Witmer Sounds OK, But...



Perspective
Bob
ROTH

Ontario Progressive Conservative Party leadership contender Elizabeth Witmer was in Cornwall last week espousing the virtues of her candidacy to succeed outgoing Premier Mike Harris.

Witmer is clearly trying to portray herself as the "left-winger" of the Conservative leadership hopefuls.

Having already stated that "the revolution is over," Witmer is trying to distance herself from the legacy of conflict and cutbacks that were the mainstay of Harris' so-called, "Common Sense Revolution."

However, many people, including the dead ones in Walkerton, fail to see (from wherever they're watching now) how you can spend your $200 Tory tax refund when you're six feet under thanks to the government absolving itself of its social responsibilities and handing over such vital public services as water treatment to the Homer Simpsons of the province. Nor are the people who have died waiting for cancer or heart surgery rushing to the mall to spend their paltry $200 of blood money.

In addition, Harris has created one of the most bitter relationships in some time between public sector workers and the government. This is particularly true of teachers who were subjected to a vicious and distorted advertising campaign casting aspersions on their dedication and the number of hours they spend doing their jobs. Goebbels would have been mesmerized.

Witmer told the Cornwall audience that it's time "to build bridges with people in the Province of Ontario," citing teachers as an example.

Her emphasis on social versus economic issues was obvious, noting that the public wants better services, not more tax cuts. (The public has figured out that what's put into their right pocket by the province is summarily withdrawn from their left pocket in the form of user fees or by increases in municipal taxes due to downloading of provincial services onto the backs of the property taxpayer.)

"I have to tell you," Witmer told Cornwallites, "nobody is telling me 'Give me more tax cuts.' I just didn't hear that anywhere. And they're not saying balance the budget because we've done that three times already."

Nice sentiments. Amazing how well your hearing improves when you can hear the cries of widows and widowers.

Unfortunately, this about-face rings about as convincingly as the death-bed repentance of Gestapo boss Reinhard Heydrich after he was fatally shot by Czech resistance fighters in 1942. It's too little too late. The damage has been done. Witmer was a willing driver in the demolition derby that left the wreckage of broken dreams, broken hearts and broken bodies strewn across this province. As a senior cabinet minister, she cannot so easily wash her hands in the bowl of Pontius Pilate.

While polls of public opinion show Witmer to be the most popular among the Tory hopefuls, they also indicate that the Liberals under Dalton McGuinty could beat any of them.

Little wonder.

And if people could vote from the grave, he'd win by an even greater majority.

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Who Is The Right Person? Flaherty!
Who Will Win The Race? Eves...



Meanwhile
Fred
SAGEL

If Ontario's Progressive Conservatives want the right person to lead them, they should vote for Jim Flaherty. If they want somebody who can win an election, they should vote for Ernie Eves.

Pity.

It would be in the province's best interests to elect a candidate like Mr. Flaherty, but it would be much harder to elect him.

A continuation of Mike Harris policies—the Common Sense Revolution—is exactly what the province needs. After the David Peterson Liberals and the Bob Rae NDP almost financially ruined the province, Mr. Harris was brave enough, tough enough and smart enough to bring it back from the edge of failure.

He took on the public sector unions and won. He didn't let the selfish teachers' unions—who are willing to sacrifice virtually anything (including the schooling of the kids they're supposed to teach)—get their way. He stopped huge wage settlements in other parts of the public sector, restored Ontario's fiscal health and started us back on the road to prosperity.

Mr. Flaherty would continue that job by instituting policies that would make Ontario stronger. His problem will be that the powerful vested interests who constantly seek government money for their own ends will do everything they can to stop him because he will demand that they start pulling up their socks.

They will lie about his record, distort his policies and make him look completely out of line with reality. None of that, of course, is true, but they will try to make it look real.

That is why a more centrist candidate like Ernie Eves—who does have lots of experience and who is a little more moderate—would do much better in a general election against the Liberals, who promise much but will be able to deliver little.

Mr. Flaherty has some terrific ideas.

He wants to make it illegal for teachers to strike, a policy that should have been instituted a long time ago. The teachers' unions oppose such a move and you can be sure they will mount a powerful effort to oppose it.

He also strongly supports giving tax credits to private schools. Naturally, the teachers' unions also oppose this because it means they will have to pull up their socks a whole lot more in order to keep up with the much better private schools that more and more parents would like to send their kids to—if they could only afford it, something that Mr. Flaherty's tax credits will help them to do.

Mr. Flaherty wants to sell the Liquor Control Board of Ontario, deregulate the government-sanctioned breweries-owned monopoly, The Beer Store and consider licensing changes to allow people to bring their own wine to restaurants—the way they do in Québec.

Better still, he would eliminate 25 percent of government ministries, put homeless people into shelters, eliminate cancer care waiting lists and refund to taxpayers half of all government surpluses with the remainder earmarked for debt repayment.

These are all necessary measures for the province's health, but they entail change. And, as Mr. Harris learned, agents of change run into trouble from the vested interests.

A lot of people are too timid to accept Dr. Flaherty's medicine because they are afraid of too much sacrifice for the common good. They will be cowed by the public sector unions and all the nay sayers who want more out of the public purse than it can afford to give.

Under those circumstances, Mr. Eves will do better at the polls in a general election. He is a good candidate, the architect of much of the Common Sense Revolution—and certainly a lot better than the hapless Liberals and their leader, Dalton McGuinty.

Count on Mr. Eves to become the next Premier of Ontario.

freds@canadianinstitute.com



Notes from Parliament Hill
Art
BABYCH

"Honest Al..."

Would you buy a used car from Alfonso Gagliano? Why not? Especially since – in his very own words, he has been "serving Canadians with honesty and integrity" during his entire 25-year political career. The former Public Works Minister told the Foreign Affairs committee he never abused his powers as a minister and we should take his word on it. After all, if we can't trust politicians to tell us the truth, whom can we trust? Oh sure, there are a few – like that left-coast scavenger – Svend Robinson, who will always cast aspersions on those who hold political power, if only because they never will. The NDP'er even went as far as to suggest to the committee that Gagliano, who now represents us honourably as Ambassador to Denmark, has "a cloud of sleaze and corruption over him." It's an affront to all Canadians! Not only that, but Robinson had the gall to repeat the charge outside the committee room after the Ambassador challenged him to do so. Shame! Shame! We ordinarily would never rally to the defence of a politician accused of such baseless charges. But you never know when you might need a favour.

And the plot thickens...

It's a shame that our friend Alfonso Gagliano's good name is linked – albeit ever so tenuously – to the infamous "Case of the Missing Report." Seems he had the misfortune to be the minister at the helm when a $550,000 contract was awarded to Liberal-friendly Groupaction Marketing Inc. of Montréal to produce a report for the government. Alas, the relatively small document by government standards – costing about $2,750 per page – was not to be found. Then, a second report commissioned by the government from the same company costing $575,000, (about $4,713 a page) and complete with bad grammar and poor spelling (must have been written by a journalist), was discovered by Groupaction. Tory leader Joe Clark calls it "Fraud." Strangely enough, Don Boudria, the new Public Works Minister, agrees the second report bears striking similarity to the first report. He pledges to call in the cops, depending on the outcome of an investigation by the Auditor General. But so far, no one has pointed the finger at the man upstairs whose initials are JC, albeit not the same one that sits at the right hand of God.

House cleaning time...

The softwood lumber dispute with the United States is a heated one but only when it comes to Question Period. Not so at other times. During a debate on the issue recently, a whopping 290 MPs were missing in action. Only 11 MPs took their seats – or others. Despite the high vacancy rate, the Elections Canada 2001 census will increase the number of seats in the House of Commons by seven. Maybe they'll be made with softwood lumber. Go figure!

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words. All letters are subject to editing and must bear the writer's name, address and phone number for verification. The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.

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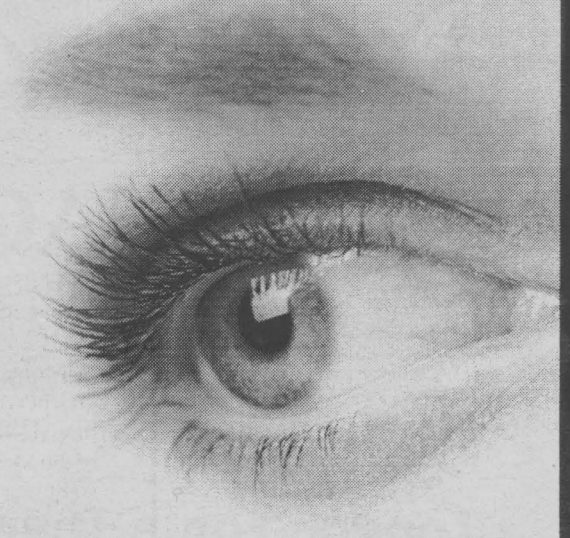

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LOCAL

Battle Of The Badges A Success

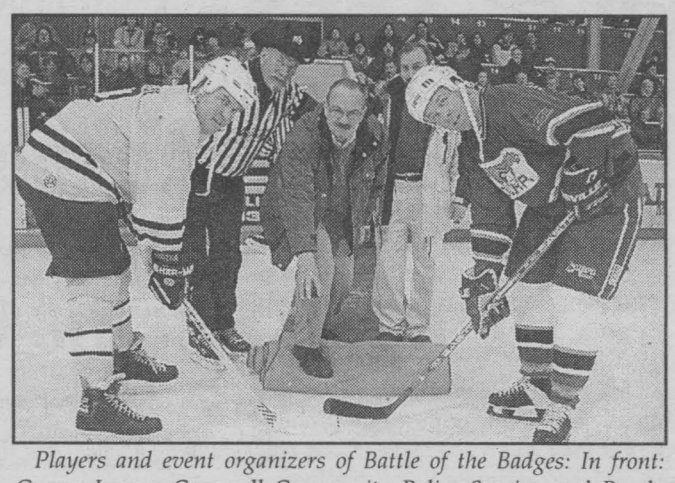
On Saturday, March 2nd, 2002, the SD&G OPP hockey team defeated the Cornwall Community Police Service team 10-9 in a shootout in front of an estimated crowd of 700 fans.

The real winners are the children who will receive snowsuits – $2,500 was raised for the Cornwall and Area Snowsuit Fund.

Hockey celebrities Eddie "Clear The Track" Shack and Dave "Tiger" Williams took part in this worthwhile cause.

Event organizers Constables Randy McGillis (SD&G OPP) and George Levere (Cornwall Community Police Service) were extremely happy with the results and are to be commended for their efforts!

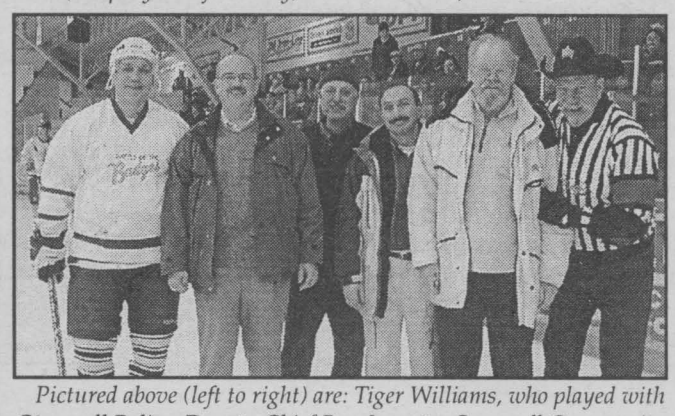
Photos submitted by J. Doiron



Players and event organizers of Battle of the Badges: In front: George Levere, Cornwall Community Police Service; and Randy McGillis, SD&G OPP Detachment. In the back (left to right): Eddie Shack; Deputy Chief Laverty, Cornwall Police; and Stuart Gordon.



The winning team of SD&G OPP surrounding celebrity player Tiger Williams after their hard fought battle.



Pictured above (left to right) are: Tiger Williams, who played with Cornwall Police; Deputy Chief Ron Laverty, Cornwall Community Police Service; Auxiliary Staff Sergeant Gary Heard, SD&G OPP Detachment; Stuart Gordon and Bob Dulmage, Cornwall and Area Snowsuit Fund; and Eddie Shack, Celebrity Referee.

The Movies Are Coming

Team Cornwall members will get first-hand information on Cornwall's newest multi-theatre that is currently under construction on Second Street East, across from the Eastcourt Mall.

At the next Team Cornwall Breakfast Meeting, on Thursday, March 28th, 2002 at the Best Western Parkway Inn, the special speaker will be Ken Prue, Director of Marketing, Galaxy Entertainment.

The Complex represents an expenditure of three million dollars and will house seven screens, showing first run movies. Mr. Prue hopes to open the complex in early May in time for the premieres of the blockbuster summer movies.

The chair of Team Cornwall, businessman George Assaly says, "We expect Mr. Prue to bring our members up to date on the construction of the Complex and what it will mean to our community, particularly in the east end of Cornwall. In addition, from an entertainment point of view, Mr. Prue will be announcing some of the first movies that will be playing at the Complex. We believe this multi-theatre Complex is just the start of some important amenities being added to the City of Cornwall to make it a better place to live and work."

The Team Cornwall breakfast meeting on March 28th, 2002 gets underway at 7:15 a.m. at the Best Western Parkway Inn. To reserve your seat, contact the Cornwall and Seaway Valley Tourism office at 938-4748.

Team Cornwall is made up of some 200 business and professional people who, when traveling, act as ambassadors for Cornwall and the Seaway Valley.

Cornwall Sea Lions Raffle Winners



The Cornwall Sea Lions Competitive Swim Team conducted a raffle to assist in raising funds. Thanks to community support they were able to raise over $9,000. The draw took place on Friday, March 1st, 2002 at the Kinsmen Municipal Centre.

The first prize winner of four tickets to the game between the Montréal Canadiens and Toronto Maple Leafs, limousine service to the game supplied by Byer's Limousine Service, two autographed Chad Kilger game jerseys and $200 cash was won by Danielle Quesnel.

Second prize winner of a 19" RCA colour television donated by Poirier Furniture was Lori Dubois. Third prize winner of an RCA DVD player donated by Poirier Furniture was Mike Germain.

Pictured above (left to right) are: James Byers of Byer's Limousine Service, Lise Stanley, Danielle Quesnel, Pina DeBellis and Carole Leblanc.

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Cornwall Electric recently announced that the Government of Ontario has passed two important regulations to recognize that Cornwall Electric and its customers have been and will continue to be independent from the Ontario electric grid. Cornwall Electric is connected to the Cedars Rapids Transmission lines that are owned and operated by Hydro Québec and are also part of the New York State power grid.

Cornwall Electric customers will not have to pay the Ontario Hydro Debt Retirement Charge, saving customers an estimated $4.6 million per year. Cornwall Electric will also remain a regulated, full service utility – both a distributor and supplier of electricity – until 2019. Due to its unique circumstances, customers of Cornwall Electric will continue to receive both their electricity supply and distribution services through Cornwall Electric.

"It's business as usual for our customers. Cornwall Electric remains committed to providing a secure supply of electricity at the lowest possible cost," said Robert Winn, President of Cornwall Electric. "Our unique position has provided an advantage to our customers in the past and we anticipate that Cornwall Electric will continue to remain competitive with the Ontario marketplace."

Cornwall Electric is part of the New York State, not Ontario, power grid. This prevents Ontario electricity marketers from delivering power to Cornwall Electric customers, once the Ontario electricity market opens. Cornwall Electric customers should not sign electricity contracts with marketers. Electricity contracts that have been signed cannot be fulfilled by the marketer. Customers who have questions about the contracts they signed should contact the marketer directly. Customers will continue to receive their electricity supply from Cornwall Electric.

Cornwall Electric is a wholly owned subsidiary of Enbridge Inc. of Calgary. Cornwall Electric serves more than 22,000 customers in the City of Cornwall as well as in the Townships of South Glengarry and South Stormont and the Ontario portion of the Mohawk Territory of Akwesasne. Annual peak load is approximately 150 megawatts, with an annual throughput of 660,000 megawatt hours. CDH District Heating Limited, a subsidiary of Cornwall Electric, owns and operates a five megawatt natural gas fired co-generation plant. The electricity produced represents about five percent of Cornwall's annual power supply. More information is available at www.cornwallelectric.com.

It's Getting Wild At The Akwesasne Mohawk Casino

The stampede continues at the Akwesasne Mohawk Casino. Gail Staples of Canton, New York was recently presented with the keys to her beautiful new laser red 2002 Ford Mustang.



Pictured above (left to right) are: Doug Bruce, Director of Operations, Gail and Gary Staple, "winners" seated in their new Mustang, Steve Cook, Director of Video Gaming and Don Smart, Marketing Director.

File photo

Gail was playing the game Seventh Heaven when she realized that indeed, the Akwesasne Mohawk Casino is the place where dreams do come true. On March 7th, 2002 she was at the right place at the right time when she hit her Jackpot win.

The next winner in the Seventh Heaven Video Gaming Jackpot could win a brand new, eight passenger "SeaDoo Speedster."

2002 Annual Meeting Of The Big Brothers And Big Sisters

D'Arcy Grant, outgoing President of the Big Brothers and Big Sisters of Cornwall and District, in his report to the agency's annual meeting held on March 19th, 2002 at the Ramada Inn indicated that the outstanding team effort of the staff and agency volunteers had brought about many accomplishments during the past year. Among those accomplishments highlighted in Grant's report were 34 new matches in the regular program as a result of Operation Recruitment, the initiation of the In-School Mentoring program, a successful Big Bunch Friendship program for children on the waiting list, the implementation of the revised Big Brothers and Big Sisters of Canada Child Safety Standards, having four Littles obtain national scholarships to continue their education, and the agency's most successful Golf Tournament and Bowl for Millions.

Executive Director, Brian Lynch, stated that the agency had served a total of 143 children during 2001, including 99 children in the regular one-to-one matching program, one child in a couples match, 37 waiting list children in the Big Bunch Friendship program and six children in the newly introduced In-School Mentoring program.

At the annual meeting, Ron Graham was elected as President of the Big Brothers and Big Sisters of Cornwall and District succeeding D'Arcy Grant who will continue to serve on the executive committee as the immediate past President. Elected to serve as first Vice-President was Anita Hess; second Vice-President, David Hill; Treasurer, Judy Proulx.

Also elected to serve on the Board of Directors for the coming year were Trent Carter-Edwards, Paul Chisholm, Sharon Darling, Ron Laverty, Cynthia Marcino, Mary Miller, Kay Stone, Larry Ware and Shirley Warner.

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Important Announcement for Cornwall Electric Customers

The Government of Ontario has passed two important regulations to recognize that Cornwall Electric customers have been and continue to be independent from the Ontario Hydro electric grid.

Cornwall Electric customers will **not have to pay the Ontario Hydro Debt Retirement Charge.** This is a new charge, effective May 1, 2002, payable by electricity consumers elsewhere in the province. This charge would have cost our customers an estimated $4.6 million per year.

Cornwall Electric will remain a full service integrated utility, and the only company authorized to provide electricity to customers connected to the Cornwall Electric wires.

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LOCAL

Drama Festival Coming To Town

Cornwall's Vagabond Theatre company has been selected to host an interesting and entertaining theatre event in November. The Eastern Ontario Drama League One-Act Play Festival will take place in Aultsville Theatre with entries from as far away as Kingston, Belleville and Ottawa. The League is made up of 29 amateur theatre groups that produce shows at home and on the road.

The One-Act Play Festival will consist of up to nine short performances at Aultsville over Friday and Saturday, November 8th and 9th, 2002. Plays will be grouped into Friday evening and Saturday afternoon and evening. After each play, a special drama expert known as "The Adjudicator" will make comments about the performances, stage set, props and so forth. Later, the adjudicator will meet privately with the people from each performing group in what is termed the Private Adjudication, and give them more detailed and specific judgements.

On Sunday Morning, November 10th, 2002 at 11 a.m. there will be an interesting and enjoyable event, referred to as The Awards Brunch. Along with having good food, attendees will watch the presentation of awards decided by the Adjudicator. Citations will be handed out to individuals for best male and female leading roles, "Contribution by a Student," best director, and some special individual awards. Prizes for the best visual aspects of the performances, including set design, costumes, and props will be awarded. And of course, one of the participating groups will be rewarded for presenting the "Best Production."

The Royal Canadian Mounted Police Musical Ride

The Glengarry Highland Games and the Kenyon Agricultural Society - Maxville, Ontario present one of Canada's most recognized icons. The Royal Canadian Mounted Police Musical Ride will be performing in Maxville at the Kenyon Agricultural Society Fairgrounds on May 26th, 2002. The presentation, which is comprised of Pipe bands, dancers, a Police dog show and the Musical Ride, is scheduled to commence at 2 p.m.

The RCMP Musical Ride represents a colourful Canadian tradition. The troop of 32 horses and riders will perform a variety of cavalry drills choreographed to music. The Musical Ride was developed in 1876 by early members of the North West Mounted Police to display their riding ability and entertain the local community. Members of the Musical Ride are first and foremost police officers. They all have at least two years of active experience in police work before volunteering for duty with the Musical Ride. Surprisingly, most have no prior riding experience.

Proceeds from this event will be used to assist the Games' infrastructure improvements. The Glengarry Highland Games is estimated to be one of the largest Highland Games in the world. Visitors from all over the world come to witness an outstanding display of music, dance and Celtic traditions.

For ticket information, members of the community can contact the Glengarry Highland Games at (613) 527-2876 or Cst. Marie-Claude Arsenault, Royal Canadian Mounted Police at (613) 937-2800. Tickets will also be sold at various outlets across the Stormont, Dundas, Glengarry, Prescott and Russell Counties.

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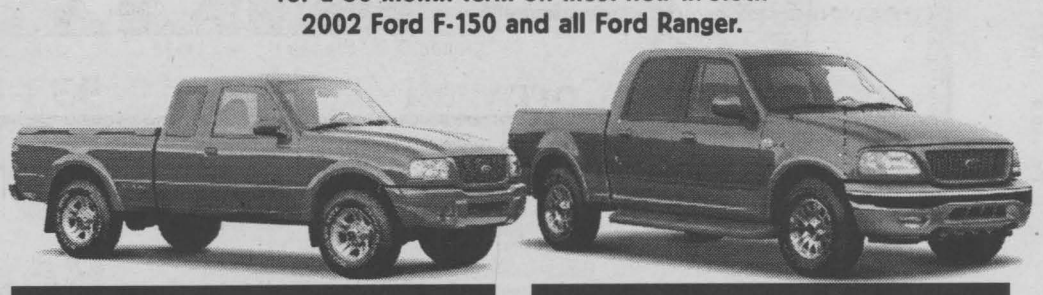

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LOCAL

Broadband Internet For Home Users And Applications Update

Recently, Mayor Brian Sylvester congratulated CDC and its Connection Center Partners in making low-cost broadband (high-speed) Internet accessible to all of the Cornwall region and the entire United Counties of SD&G.

Said Eric Covington, President of Cornwall District Communications: "CDC has, since its inception, provided broadband access to commercial customers and now, with the help of its Connection Centre Partners, the general public can easily make use of the infrastructure that CDC has built."

Mr. Covington continued to say that the success of this public accessibility is made possible by the participation of its partners: SenseCity (ComputerSense), Jay's Computers, Micro-Pro2, MobileTech and TronData! Systems.

CDC Connection Centres are directly supporting wireless, cable modem and dialup access users from their stores. Home and business users are now able to go to their favourite computer store for one-stop Internet shopping.

Said Rick Kelly of TronData: "We are proud to be a part of the network that CDC has implemented and look forward to helping the residents of the South Stormont area take advantage of this new technology. CDC and TronData! Systems have made a real commitment to this area and look forward to the positive effects this investment will have on our region."

Said Ron Ruckstuhl of SenseCity: "CDC's network covers the entire region and allows us to deliver high-quality, high-speed Internet to our service area centred in Cornwall and Alexandria. In addition, users with wireless connections in their Palm Pilots can now roam all over the area and get connected to the nearest CDC cell."

"Mayor Brian Sylvester congratulates CDC and its Connection Centre Partners for developing a unique partnership to provide broadband (high-speed) Internet access to the City of Cornwall and the United Counties of SD&G."

"The City of Cornwall continues to encourage private sector investment, such as this announcement, to provide the most up-to-date telecommunications infrastructure and applications for our community," said Mayor Sylvester.

Mr. Covington also emphasized that corporate users can use the Connection Centres to help them determine their needs and

Outdoor Enthusiasts Honoured



The Cornwall Outdoor Club De Plein Air had its annual general meeting and election of its executive in November, 2001. The "Tommy Chrétien Memorial Award" was presented to the person who best exemplifies the spirit of the Cornwall Outdoor Club De Plein Air.

Shown here presenting the award is Rose-Marie Chrétien, membership officer and recipients (left) Gord Heward, newly elected president and Kevin O'Rourke, activity leader.

Singles and couples are invited to join the club for their upcoming outings. Come out and meet new friends! Call 347-3677 for a copy of the winter calendar of activities.

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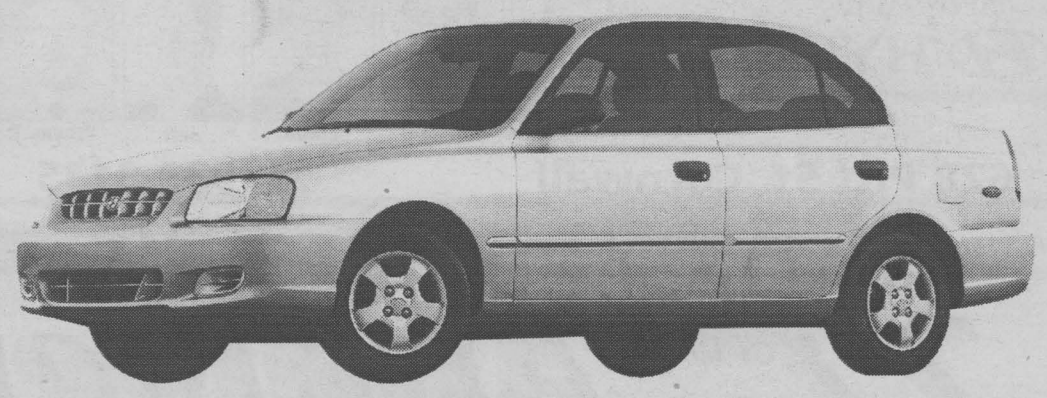

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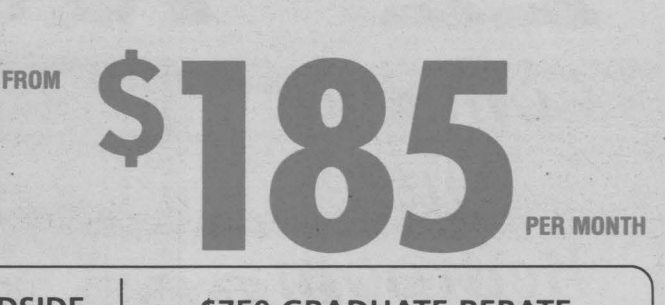

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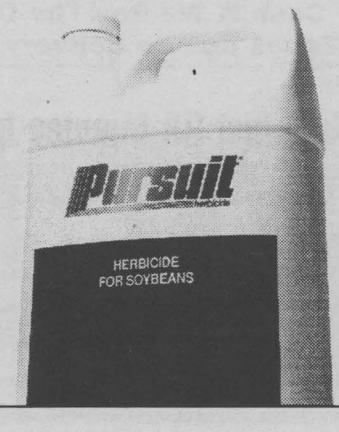

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Easter Seals Egg Campaign



Matthew Runions and his father Carey (centre), wish to remind everyone that the Easter Seal Paper Egg Campaign is well on its way and to purchase those eggs from participating merchants. Also in the photo, representing Paradise Fitness Centre is Personal Trainer Shanne Dawley and Photographer for the Seaway News, Chris McPhee.

File photo

Sixty-six businesses in the Stormont and Glengarry area are participating in the Easter Seal Paper Egg Campaign. Joy Seguin stated that the Seaway News and Paradise Fitness Centre are two of many community partners who have been magnificent supporters of children with disabilities. Rick Shaver, Editor of Seaway News, has welcomed editorials and articles to promote disability awareness within the educational sector and the community. Dan Champagne, owner of Paradise Fitness Centre, has always considered it necessary to be wheelchair accessible to support and include the young and elderly so they can actively participate in a fitness program. Matthew Runions (age 17) is a member of Paradise Fitness Centre and the Easter Seals Society.

"Dan Champagne and his team have been absolutely exceptional," stated Matthew's mother Nancy (not present at time of photo). Because Paradise Fitness Centre has accessible parking, ramps and washroom facilities, Matthew, like his father Carey (standing behind Matthew in photo), is able to enjoy the opportunity to actively participate in a fitness program which accommodates their individual needs."

"We are very lucky to have a gym that we can go to," added Carey Runions. "Matthew and I get to train together a couple of times a week because Paradise Fitness Centre has the accessibility we need."

The Easter Seal Paper Egg Campaign is in full swing until the end of March 2002. Each paper egg can be purchased for $2. Have your name signed, and merchants will post the egg in their place of business. Monies raised will go to the 89 families who may require financial assistance by purchasing special equipment, provide opportunities for Easter Seal Kids to go to camp, or simply purchase a special plate and spoon to make it possible for a child to eat independently.

So the next time you're out, "Help to Hatch Great Things for Easter Seal Kids" by purchasing paper eggs at any parti-cipating business until March 31st, 2002.

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LOCAL

Trampoline Clubs Successful

Two local trampoline clubs recently came back from a third qualifying round meet in Ottawa and were very successful. The Air Gliders of Cornwall and the Free Spirits of Akwesasne now have members who will be participating in the Provincial Championships in Etobicoke on April 5th, 6th, and 7th, 2002. Eight members under the tutelage of coach Jean Juneau will be representing their clubs.

"We had some very good results," stated Coach Jean Juneau. "I am very proud of all my jumpers."

Participants of the two clubs that placed are: Alexandre Juneau (third in Provincial 1 Male), Tanner Thompson (fourth in Provincial 1 Male), Natalie Adams (fifth in Provincial 1 Female), Marie Josee Ryan (fourth in Provincial Open Female), Ashley MacDougall (seventh in Provincial Open Female), Stefanie Page (tenth in Provincial Open Female), and Gabrielle Martin (fifth in Provincial 3 Female), who also has been selected to participate in the Ontario Winter Games being held in Guelph in March 2002.



The Air Gliders Trampoline Club and the Free Spirits of Akwesasne have returned from a Provincial Qualifying Tournament with many members heading to the Championships in April. In the front of the photo are (left to right): Coach Jean Juneau, Emilie Gauthier, Alexandre Juneau, Tanner Thompson, Ashley Thompson, and Assistant Coach Shawn Freeland. Standing in the back are (left to right): Stefanie Page, Marie Josee Ryan, Ashley MacDougall, and Gabrielle Martin.

Story and photo by Chris McPhee

Honourary Chairman Of Bike-A-Thon

Richard Allaire, a former CAO of the City of Cornwall, has been named the Honourary Chairman of the fourth Annual Children's Treatment Centre Bike-A-Thon. In making this announcement, Ken Sliter, Co-Chairman of the Bike-A-Thon Committee, stated that Allaire has always taken a personal interest in the life of the Children's Treatment Centre and has been an active participant in many of its fundraising activities since the Centre was started about six years ago.

As Honourary Chairman, Allaire will play an active role in organizing the Bike-A-Thon, and in increasing the number of teams and individual participants taking part in this year's Bike-A-Thon.

In accepting his appointment as Honourary Chairman, Allaire stated that he was most pleased and honoured in being named as Honourary Chairman. "I am very supportive of the services the Children's Treatment Centre provides to abused children and their families in Cornwall, the Counties of SD&G and Akwesasne. If the children who have suffered the trauma of abuse do not receive effective and timely help, the abuse could have a devastating effect on their lives," said Allaire. "I also recognize," he added, "how fortunate our community is in having this unique program, which is supported by scores of very caring and generous donors, who provide the necessary funds to operate the Centre year after year. I am also very proud to be associated with such devoted volunteers who give countless hours in organizing various fundraisng activities, and provide supportive services."

The Bike-A-Thon will be held on Saturday, May 25th, 2002.

WEEK #3 DRAW

Button #1710 was drawn as the winning number in the weekly grocery draw for

$25 in gift certificates

from Simon and Sherrol's No Frills in Cornwall Square. Each week until the Monday of Lift-Off 2002 week (07/19/2002) random numbers will be selected as winners of the weekly early bird draw.

Lift-Off 2002 will take place from August 22 - 26th.
www.lift-off.ca

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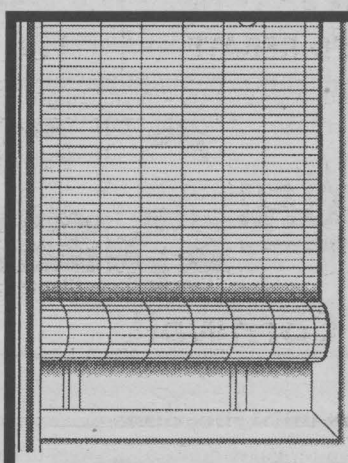

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Local Scouting Troops Display Hobbies



Stormont and Glengarry Scouts, Cubs, Beavers, Venturers, and Girl Scouts held their annual Hobby Show at Cornwall Square on February 23rd, 2002. The display consisted of crafts, hobbies, collections, woodworking, and artwork the children have completed.

In the photo, 3rd Cornwall Cub Matthew DeSilva (age eight) shows his sister Samantha (age six) and District Commissioner Wade Bates his project which won three awards: Best Overall Cub, Best Cub Originality, and the District Commissioner's Environmental Award.

Photo by Chris McPhee

Keeping Health in Mind

Tri-County Mental Health Services

Ride The Wave

JoAnne Hurrell, R.N., B.Sc.N., CPMHN(C), Community Mental Health Nurse Tri-County Mental Health Services.

Have you ever driven in icy road conditions when your car begins to swerve or have been startled by a sudden noise? In either example, once the danger is passed, you feel several different things going on in your body like a racing, pounding heart, shortness of breath, chest discomfort or shakiness. This is called the "fight or flight" system.

This system is a necessary mechanism in our body whose sole purpose is to protect us from danger. It is the same system that is activated when somebody experiences panic. The difference in panic is there is no real danger. Scary thoughts are a big contributing factor in keeping the panic symptoms going and coming back. The scariest thoughts associated with panic symptoms usually are that they will come back.

People tend to believe that there is something terribly wrong with them either mentally or physically when panic occurs. They believe they are going to die because their body will not be able to tolerate the symptoms or that they will lose their mind. Neither of these are true.

Since the system that makes panic happen is a protective one, it stands to reason that it would not cause people harm. When people experience these symptoms, they need to realize this is the same feeling as when the "fight or flight" system is triggered except that there is no real danger. The danger ends up being the person scaring themselves with their own thoughts.

The survival system consists of two parts: one of them turns it on and the other turns it off. Therefore, panic cannot continue forever as your body has a built-in switch like a protector that turns it off. The whole purpose of this system is to prepare your body for action, fighting or running from danger. This accounts for the feeling that you get when you feel you have to leave the situation that you are in when panic occurs.

When the system turns on it sends chemical messengers to get your body ready for action. They cause your heart rate to increase in rate and strength. This causes you to feel your heart racing and pounding. This is so that your blood can deliver more oxygen to your muscles. Since your body needs more oxygen, you have to breathe faster and deeper to get enough oxygen to use as energy. This causes dizziness, shortness of breath, sweating and chest discomfort.

All the changes you experience in panic can be explained by the harmless reaction your body goes through when the "fight or flight" system is activated. The best thing about the chemical messengers that this system releases into your body is that eventually they lose their ability to cause changes in your body. They end up leaving you feeling excited.

When you are experiencing these symptoms, remember your body has the off switch. Don't continue to turn it back on with your scary thoughts. Once it has been activated, relax, take deep breaths and "ride the wave" until the chemical messengers stop working. The symptoms then disappear as you are in no real danger.

Keeping Health in Mind is a monthly newspaper column made possible with the help of Seaway News and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

ONTARIO GOVERNMENT SERVICES UPDATE

The Ontario Public Service Employees Union (OPSEU) is currently on strike. The Government of Ontario has made a reasonable and responsible offer that is fair to employees and taxpayers, including an across-the-board wage increase of 1.95 per cent in each of three years and increases to address wage disparities in key occupational groups by offering ambulance/communication dispatchers and scientists an additional increase of eight per cent and nurses an additional increase of 10 per cent.

It is not possible to predict how long this disruption of public services will continue, however, the government remains available to resume meaningful negotiations at any time.

Answers to your Questions

To further assist you we have provided answers to the most frequently asked questions we're receiving from the public about:

Government Payments?

- Ontario Disability Support Program recipients should receive their monthly cheque or direct bank deposit on time.
- Cheques will still be issued for the Guaranteed Annual Income Supplement payments to low-income seniors.
- Ontario Works (social assistance) cheques will continue to be delivered by the municipalities, which are not affected by this labour disruption.

Driver's Licences?

- If your licence expired on or after March 13, 2002, you can still drive until the end of the strike. This includes all classes of driver's licences.
- If your licence is suspended, the suspension will remain in effect until the strike ends.
- If your plate sticker expired on or after March 13, 2002, it must be renewed. This can be done at one of more than 280 private Driver and Vehicle Licence Issuing Offices throughout the province; they are listed in the blue pages of your telephone book. Payment is by cash only.

Health Cards?

- Your health number is still valid.
- You may be asked to fill out a health number release form by your doctor or hospital that they will use when filing with OHIP.

Medical Treatment for New Ontarians?

- New or returning residents can access health services, and as usual will be responsible for paying for those services. The usual three-month waiting period applies until new or returning residents are eligible for OHIP coverage.

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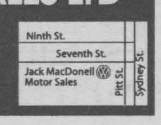

mar22023

POETS CORNER

By Donna Leigh Hawkshaw

Home In My Heart

When in my home you can plainly see
The symbols around are a pattern of me
The photographs in each direction
Are of my children – my reflection
It's prim and proper and matching well
Fitted so well together, you'd never tell
Tho' the mood is cosy, there's an empty space
An unexplainable void that I long to embrace
For with all of the luxuries and the warmth they impart
I only feel home where I'm hanging my heart.

LOCAL

Dominion Textile/ Long Sault Fabric Reunion



On June 15th, 2002, Murphy's Inn, at 917 Second Street West, will be the location of a Gala Reunion Party for the previous employees and staff members of Dominion Textile/Long Sault Fabrics.

In the photo, the committee members stop to discuss details and swap stories from their many years of working together. They are (left to right): Robert Leger, Ray Sabourin, Don McDougald, Stan Grant, and Dan Desnoyers. Other committee members not present at the time of the photo are: Eric MacDonald, Jill Lauzon, Judy Poirier, Russ Sommerville, and Guy Racine.

Photo by Chris McPhee

TRI COUNTY CRAFTS'

NOTE: Friday Open at Noon

EASTER CRAFT SALE

March 22 -23 - 24

CORNWALL CIVIC COMPLEX

FRIDAY: noon - 9:00 p.m.
SATURDAY: 10:00 a.m. - 5:00 p.m.
SUNDAY: 10:00 a.m. - 5:00 p.m.

Something For Everyone ... Especially You

CORNWALL'S LARGEST JURIED CRAFT SHOW

FREE ADMISSION!

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DRIVING IS BELIEVING

"Ask Your Neighbour"

2002 HYUNDAI ELANTRA GT

$1495 DOWN

$0 FREIGHT & PDI

$0 SECURITY DEPOSIT

FROM $239 PER MONTH

36 MTH/60,000 KM ROADSIDE | $750 GRADUATE REBATE
$500 NEWLYWED REBATE | FULL SERVICE DEPARTMENT

Lease based on 48 months • 20,000 km/yr. Taxes & admin. extra. OAC.

CORNWALL HYUNDAI

Claude C. Claude B. Linda Jeff Wayne T.

MAR22023

628 Pitt St. Cornwall 933-8135

Seaway Profile

Advertorial

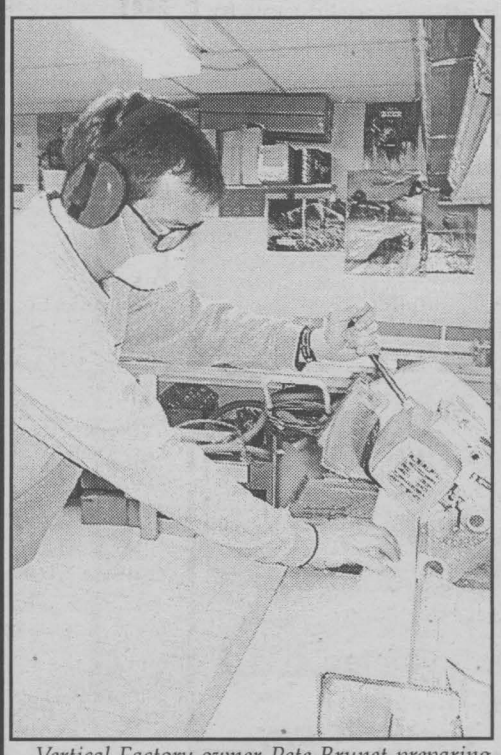
THE VERTICAL FACTORY & CUSTOM WINDOW BLINDS

IN BUSINESS SINCE 1992

It's Our 10th Anniversary

The Vertical Factory Is A Decade Old

The Vertical Factory and Custom Window Blinds at 361 Montreal Road is celebrating its 10th year in business. For over a decade they have offered all the latest in custom blinds with repairs and alterations on location.



Vertical Factory owner Pete Brunet preparing an order of PVC vertical blinds. All their work is guaranteed. Stop by and visit their showroom.

"We would like to send out a big thank you and merci to all our past and present customers," stated owner Pierre (Pete) Brunet. "We take great pride in serving Cornwall and area for the last 10 years."

The Vertical Factory is the only exclusive custom blind shop in the area. They offer a vast selection of blinds such as: vertical, horizontal, roller, wood and wood look, sunscreen, solar shade, pleated shade, day and night shades, Bistro shades, and wood shutters, all in a large variety of colours.

"We have a free 'Shop At Home' service and can supply all your residential and commercial needs. We service everything we sell and we also service our competitors' products. We offer same or next day service on in-stock vertical fabrics or PVC. We have a low overhead which gives us low prices. We take being specialized in our field very seriously."

Swing into Spring. See us at the Home and Garden Show April 12th to 14th, 2002 at the Cornwall Civic Complex for all the latest in window coverings.



Pete Brunet



Claudette Daley from The Vertical Factory is busy at work on a set of blinds. With over 20 years in the decorating field, Claudette can assist you in all your window covering needs.

We Specialize ONLY In Blinds

- Roller Blinds
- Vertical Blinds
- Custom Horizontals
- Sunscreen
- Pleated Shades
- Wood Blinds
- Wood Shutters
- Solar Shades
- Day/Night
- Bistro Shades



361 Montreal Road Phone/Fax 938-2272

BARGAIN BUILDING MATERIAL$



Panelling

HDF Laminated 7.5mm

Oak
Beech
Apple-tree
Natural apple-tree
Yellow
Red
Peach

Roydécor

1st QUALITY

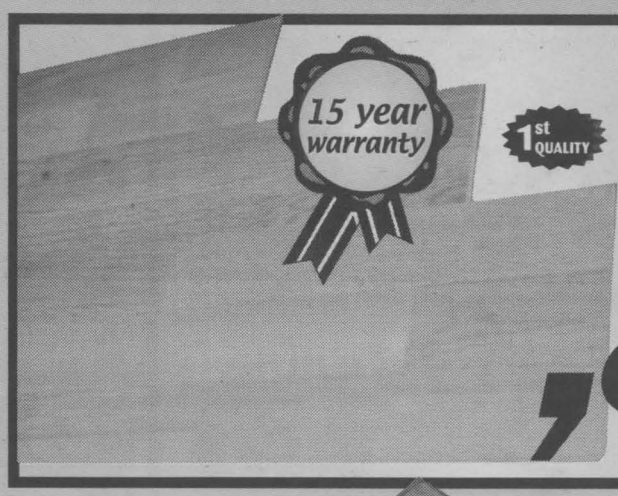
1.29 $/sq.ft.

5 months to pay

without interest
or
5% rebate

accord FINANCING Desjardins

Effective on your purchase of $1000 & more, on credit approval



Floating floor

HDF laminated 6mm

1st QUALITY

Oak - Maple - Beech

,89 $/sq.ft.



18V Cordless drill

3/8"
16 pcs:
1 18V Cordless drill
6 drill and 6 bits
1 extension bar
1 charge
1 blow case

39.99

4 in 1 combo cordless tools

18V
Drill 1-10mm
Jig saw 2mm steel/20mm wood
Delta sander 90X90X90
Flashlight
Battery, charge and blow case

89.99

1 year warranty

1st QUALITY

Miter saw

120V-8.7A
Blade diameter: 210mm
Max cutting depth: 55X130mm
Speed: 4500min-1
Table tilt: 0~45°

79.99

TOMAK™



Floating tiles

HDF Ceramic style

1st QUALITY

15 1/4 X 15 1/4"
8/pack=12.94ft

2.19 $/ft



«Snap-Lock» floor

HDF Laminated 7mm

1st QUALITY

Oak - Maple - Beech - Cherry

1.29 $/sq.ft.

Fiberglass insulation

R20X15	R12X15	R20X23
15.89	16.89	24.89

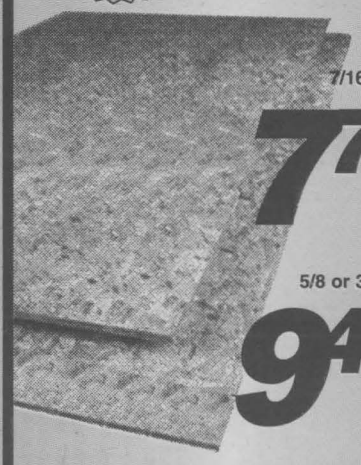
R12X23	R31X24
25.89	29.99

1st QUALITY



IMPERFECT MATERIALS

Waferboard



7/16"
7.79

5/8 or 3/4"
9.49

Floating floor Fast·Lock·HDF 25™

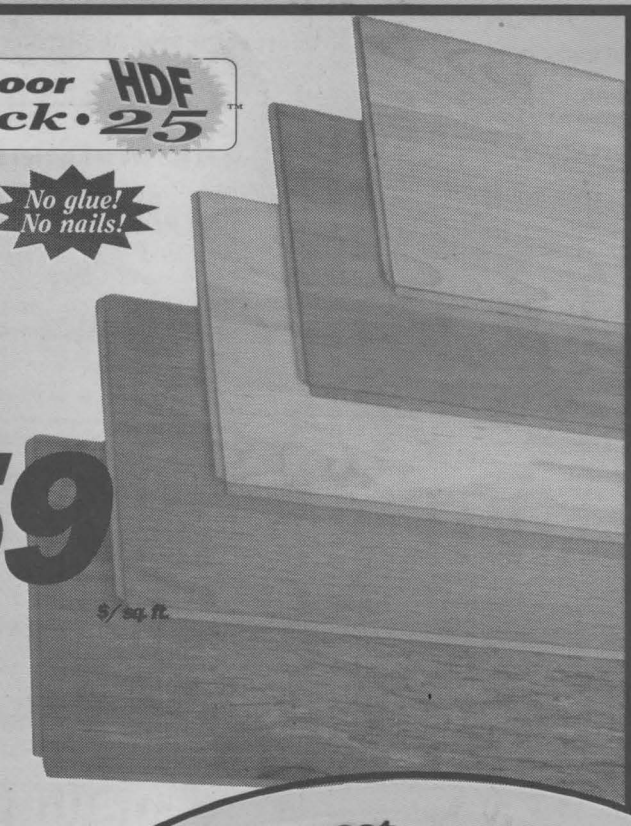
Laminated 7.8mm

Natural maple
Grey maple
Natural beech
Natural oak
Old plank oak

No glue! No nails!

1st QUALITY

1.59 $/sq.ft.



25 year warranty

The largest choice!
The longest warranty!
The lowest price!

Important: Prices already discounted 2% for cash & carry, applicable taxes extra. No return, no exchange and no refund. **Effective until March 30th, 2002**. Some imperfect materials could not be available in some location. According to the market fluctuation, prices may vary without notice. The Buyer has to inspect the goods and determine that they are fit to his intented purposes before purchase. Imperfect materials are sold «as is/there», without guarantee of the seller and/or manufacturer. On all products identified «1st quality materials», the manufacturor's existing warranty applies.

St-Isidore-de-Prescott

4221, Stewart Glen Road

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Tired of Tanning & Getting NO RESULTS??
Come & Visit Us & Save Money
35% Off Swimwear
Gift Certificates Available For Tanning & Massage
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BERRYS your PetsChoice
All Flea Products 25% off!
March 22-31, 2002

MARIE'S Knitting Basket
Yarn & Needlework
20% off
all regular merchandise
offer expires Mar. 30/02 with coupon

Reitman's
WINTER COLLECTION
extra 30% off
Open Wednesdays 'til 9 pm

UNISEX HAIRSTYLING
NO TAX
GST or PST
on all products
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Prom & Graduation Gowns
1/2 Price
Parisien Fashions
~Many Other Specials~ Layaway
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IT'S OUR BIG EASTER SALE
Sat., March 23rd 'til Sat., March 30th
— one full week —
Super Sidewalk Savings
Plenty of Free Parking
Over 40 Stores & Services
EASTCOURT MALL
Your community centre
1380 Second Street East, Cornwall
Eastcourt Mall will be closed
Good Friday & Easter Sunday

ONTARIO'S WINE-RACK
EASTER WINES
To marry perfect with your Easter Dinner.
Large Selection Of Chardonnay and Riesling

Godard
EAST VALLEY BOOKSHOP
Easter Cards
• Chocolate • Treats
• Stuffed Animals
932-1075

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YOUR COMPLETE HOME HEALTH CARE CENTRE
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Alterations & Repairs
NETTOYEURS Daigneault CLEANERS

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LARGE SELECTION OF
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Plus more
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Greek Italian Canadian Cuisine
Every Saturday Night 4-8pm
ROAST BEEF SPECIAL $7.99
Sunday Brunch From $6.95

Jean-Marc Brunet
LE NATURISTE
50%off 90%off
Selected Items

The Merchants of Eastcourt Mall would like to welcome
Jolly Tours Ltd. & ORBIT
Always Going Your Way!
to our family of locally owned stores

Zellers
"For All Your Easter Treats And Fashion"
'allen' Hollow Chocolate Easter Egg
99¢ each
Many In-Store Specials

Bijouterie Edouard
Bijoutier Diamantaire
70% Off Costume Jewellery
50% Off Gold
40% Off Watches
938-2574
Eastcourt Mall

Lindt Bunny • Chocolate 100g $4.99
SPECIALS THROUGHOUT STORE
Easter Greeting Cards 1/2 price
Jamisone Vitamin C 500mg 3.99
PHARMACIE EASTCOURT GUARDIAN PHARMACY
1380 Second St. E., Eastcourt Mall

Edelweiss
Pastry & Bakery
"Let Us Do Your Easter Baking For You"
• Rolls • Beans • Treats • Pies • Cakes
WE ALSO DO SANDWICH & PASTRY TRAYS
Owners: Frank & Carole Sliepenbeek
937-3364

EASTCOURT LOTTO

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Gates & Company
A unique collection of gifts & home accents
2 for 1
Candle Votive
SALE

SUBWAY
The Beer Store
PETRO-CANADA ROGER LALONDE'S SERVICE STATION INC.
pizza pizza Proudly Canadian
BLOCKBUSTER
ROYAL BANK BANQUE ROYALE
Mac's MILK
Tim Hortons
KFC DELIVERY

over 20,000 items
DOLLARAMA

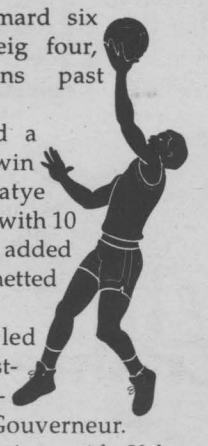
SEAWAY SPORTS

Cornwall Lions

Bantam "AA" Girls Basketball

The Cornwall Lions Bantam "AA" Girls Basketball team played in the Malone Invitational Basketball Tournament March 16th to 17th, 2002.

In the opener, Melissa Piché scored 13 points, Hannah Emard six and Stephanie Greig four, leading the Lions past Potsdam 32-19.



The Lions posted a convincing 43-19 win over Massena. Katye Chase led the attack with 10 points while Piché added eight and Emard netted five.

Ashley Phillips led the Lions' attack, posting 11 points in a 40-12 win against Gouverneur. Greig added five points with Kelsey Conway, Missy Glover, Emard and Piché adding four points each.

The Lions' 3-0 record qualified them for the final against the Malone Huskies who had compiled an identical record in their pool. Melissa Piché scored nine, Chase four and Meagan Thomas three in a 47-22 loss to the local Huskies.

South Stormont

Atom "C" Selects

The South Stormont Atom "C" Selects are the Upper Canada Eastern Division Champions after defeating the Morrisburg Lions 1-0 on Saturday, March 16th, 2002. The winning goal was scored by Elliot Keller, while Ryan Tinkess posted the shutout, his second of the series and the 15th of the season. The Selects won the series 5-3.

Goals were at a premium throughout the series. The Selects won the first game 1-0 with Ryan Seguin scoring from Zack Kroeze and Chris Crawford with only 19 seconds left in the game.

Game two ended in a one-all draw. Joel Stang scored the Selects' goal, assisted by Kyle Middleton and Kyle Dingwall.

Morrisburg tied the series, winning game three by a score of 2-1. Stang again scored the goal assisted by Middleton and Dingwall.

The Selects will play the winner of the west division final to determine the league champion.

South Stormont

Novice House League

The solid and consistent effort put forth by the South Stormont Novice House "Grumpy's" team allowed them to climb to fourth place in the standings at the end of the regular season. They went into the first round of playoffs against the South Stormont Sharks, the first place team after the regular season.

The first game in the series was played on February 23rd, 2002. "Grumpy's" played a strong defensive game but were trailing 3-0 well into the second period when Ryan Ward exploded offensively and scored twice to put "Grumpy's" back in the game. Isaac Wheeler assisted both goals. With less than seven minutes remaining in the game, Derek MacDonald had a breakaway and lit the red light for the "Grumpy's" team. What an exciting game this turned out to be with the fans sitting on the edge of their seats. "Grumpy's" had several more scoring opportunities and also managed to keep the Sharks from scoring in the third period. At the final buzzer, the score was 3-3, giving both teams a point. Goalie Cam Kennedy stood on his head and helped keep "Grumpy's" in the game.

The second game was held the next day and again "Grumpy's" played a solid defensive game but came up on the short end of a 2-0 decision.

The third and deciding game was played on March 3rd, 2002, when the Sharks defeated "Grumpy's" and eliminated them from further play.

WINDOWS • DOORS • RAILINGS
O. CHARLEBOIS
ALUMINUM PRODUCTS INC.
Visit Our Showroom For A Huge Selection of QUALITY WINDOWS
840 Campbell Street 932-1571
"Where Installation Makes The Difference"
SUNROOMS • AWNINGS


MIKE LALONDE
SALES AND LEASING CONSULTANT
LOOKING FOR A NEW OR USED CAR FOR SPRING?
THEN NOW IS THE TIME TO BUY
CORNWALL MOTOR SALES
Brookdale Ave. & Hwy. 401, Cornwall 933-3000
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MAR01022

LET'S Celebrate
Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News.
WINNER DEB
Pick up your prize at Gedoro's
Gedoro's
Fine Dining in Casual Comfort
join us "Good Friday" March 29th
CLAMS - CLAMS - & CRAB
EASTER SUNDAY
11:00 am Brunch Buffet $9.95
4:00 pm Dinner Buffet and a-la-carte menu from $8.95
158 Pitt Street 938-2791
To Place Your Ad : Phone or Write Your Ad of 24 words or less and enclose $9.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week
DEADLINE: TUESDAY - 5 P.M.

Michael & Tanya Antoine
are happy to announce the safe arrival of their first child, born on Sunday, March 3rd, 2002, a beautiful baby girl weighing 6 lbs., 15 ozs.

Debbie's 50 ... Lookin' Fine
But Dickie Pooh's just 49!
celebrating on March 25th


Happy 1st Birthday
to our little "Cocotte"
Emily Catherine Bonneville
celebrating March 22nd, 2002
Thanks for bringing us so much joy!
Love Grandpapa & Grandmaman Beauregard

MIXED PARTY
in honour of
Francine Dion & Luc Leger
Saturday, March 23rd, 2002
Nativity Hall (upstairs)
9:00pm-1:00am
Light Lunch ~ DJ ~ Everyone Welcome

Happy Birthday
Linda Wilson
celebrating another birthday! Love, "The Shavers"!

BELISLE
Emily Rose would like to announce the arrival of her baby sister
BRIANNA MARIE
born on Tuesday, March 5th, 2002
7 lbs., 6-1/2 ozs. at the Hotel Dieu Hospital
Proud parents are
Michel (Mike) and Ann Belisle
2nd grandchild for Bob & Yvette Belisle
6th grandchild for Len & Sue Racine
1 more grandchild for great-grandmothers Cecile Belisle and Florence Racine.
"THANK YOU LORD FOR OUR LITTLE ANGELS"

Look Who's Turning 50
Happy Birthday
STEVE
on March 26th
Love Judy

The Big "50"
and still looking good
DEB
Love Dicky Poo

MIXED PARTY
in honour of
PAMELA LAFAVE
daughter of Ms. Mary Lafave & Mr. Dwight Lafave and
ALAIN MONDOUX
son of Ms. Orise (Nicky) André & Mr. Raymond Mondoux
Saturday, March 23rd, 2002 • 9:00pm-1:00am
Knights of Columbus (upstairs), Amelia Street
DJ~Light Lunch ~ Friends & Family Welcome

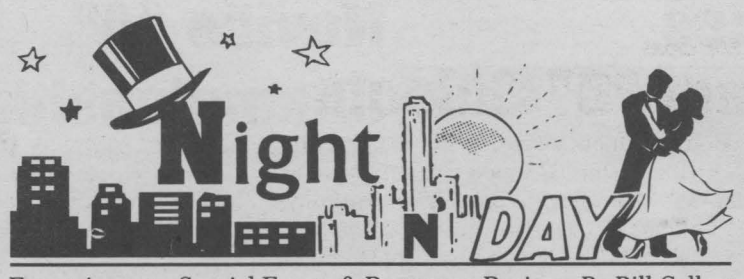
MIXED PARTY
in honour of
Kathleen Lamarche and Jeffery Renaud
Friday, March 22nd, 2002
Ramada Inn • 9pm-1am
DJ ~ Light Lunch ~ Everyone Welcome

LET'S Celebrate

Avonmore Fire Department
invites you to attend a
RETIREMENT DANCE
in honour of
PERRY TINKESS
Chief of the Avonmore Fire Dept.
Saturday, March 23rd 9pm
Avonmore Community Centre
Music by Dean Robertson

Congratulations to Jen and Jason Bourgon for giving us 5 Generations
Great-great-grandfather Antoine Massia,
Great-grandmother Claudette Seguin,
Grandmother Rhona Bourgon,
Father Jason Bourgon
and baby Erica Bourgon
(born on February 10th, 2002)

ENTERTAINMENT



Entertainment - Special Events & Restaurant Review - By Bill Gallant

SPRING, SPRING, SPRING. You can feel it in the air. One of the sure signs that the season is almost here, aside from spotting a Robin, is the news that the annual **Great Raisin River Canoe Race** has been proclaimed a go! Although it's very likely we will be faced with some low water levels this year, Garry Atchison, Canoe Club president is confident that conditions will be okay for the 30th anniversary of the race and the date is April 14th, 2002. It's a 35-km race from the St. Andrews area to Williamstown and the excitement is already beginning to build among both canoeists and watchers.

Another favourite event is making its return. **The Gong Show** is taking to the stage this Saturday, March 23rd, 2002. This is a fundraising event for **"Ride For Sight,"** in conjunction with **Spokes and Mags,** with proceeds for Retinitis Pigmentosis Research. It will be a combined dinner, dance and Gong Show at Murphy's Inn. Cocktails at 5 p.m., dinner at 6 p.m., the show at 7:30 p.m. and then the dance to follow. For more information, call Audrey at 347-2667. Incidentally, participating this year will be **John Divinski** of Tri-Co Broadcasting. You will be happy to hear that John will not sing or attempt any banjo-pickin' or impersonations of any sort, other than be his own true self as one of the show's judges!

Saturday, March 23rd, 2002 will also be very busy in and around the **Cornwall Civic Complex.** The **Cornwall Figure Skating Club** is presenting its **Fun in the Sun Skating Show** starting at 7 p.m. You are invited to join Derek Green, Karolane Bedard and the Cornwall Figure Skaters for a great show. Tickets are $5 for adults, $2 for children, and children under 2 years are admitted free. Please bring a non-perishable donation for a chance to win a door prize.

Also on this weekend is the annual **Easter Craft Sale.** It will be held this Friday, Saturday and Sunday, March 22nd, 23rd, and 24th, 2002. The hours will be 12 p.m. to 9 p.m. on Friday, March 22nd, 2002, and between 10 a.m. and 5 p.m. both Saturday and Sunday, March 23rd and 24th, 2002. It's Cornwall's largest juried craft show and admission is free.

Get ready for the **Second Annual Newfoundlander's Outport Kitchen Party.** It will be hosted by the **Cornwall Navy Club** on Sixth Street East on Saturday, March 23rd, 2002 at 5 p.m. with the meal being served from 6 p.m. to 7:30 p.m. Enjoy their tasty pea soup, molasses baked beans, fish and potato pie, pork hocks, crusty bread and blueberry cobbler. There will also be a special screech-in ceremony and an outport kitchen party dance.

As a matter of fact, this Saturday, March 23rd, 2002 provides a chance for everyone to forego any home cooking, as the day begins with the annual **Rotary Club of Cornwall Pancakes and Sausages event.** It will feature a silent auction, live entertainment with Mike McAnany, McCullough dancers, Aidan vocal group, SLHS Jazz Band, Cinnamon Group Roadhouse Dancers and much more. All this is happening between 7 a.m. and 1 p.m. at St. John's Presbyterian Church, Caldwell Hall at 28 Second Street East. It's an all-you-can-eat event and the admission and breakfast is $4 for adults, $3 for children under 12.

Looking ahead to next weekend, March 30th, 2002 to be exact, the **Worldfest** and the **Glen Walter Winter Carnival Committee** is presenting its **Easter Funfest.** It will start at 8 a.m. with a pancake breakfast, an egg hunt, lunch and colouring contest, and face painting. Registration will be at the Knights of Columbus Hall on Purcell Road in Glen Walter. Please register early as space is limited. There will be a pre-registration on March 23rd, 2002 between 10 a.m. to 12 noon at the Hall. For more information call 931-1120.

Until next week, G'Day and G'Night.

CORNWALL SEA LIONS RAFFLE WINNERS

Fri. Mar. 1/2002
1st Danielle Quesnel
2nd Lori Dubois
3rd Mike Germain
Lic# M274345

Casino By Limousine



Amyot Limousine and Akwesasne Mohawk Casino
Your Winning Combination
Sun.-Mon.-Tues.-Wed.-Thurs.
$99.00 Per Group up to 8
Each person receives:
♣ Free Buffet
♦ $15.00 U.S. Match Play
♠ Gift for the ladies
Cornwall To Casino and Return
Reservations Please
936-7430
MAR01022

VANKLEEK HILL LONELY HEARTS
Introduction Service for Those Seeking a Long Term Relationship

Meet singles from Prescott-Russell, Montreal, Ottawa & Cornwall.

SINGLES DANCE
SATURDAY, MARCH 30th AT 7:45 PM
CORNWALL SEAWAY LIONS CLUB
No reservations required. This is a WALK-IN event.
Cover charge $7.
Light snacks available.

For a newsletter concerning our activities and services or directions, please call John at 632-0796 MAR22023

Cornwall & Areas Authentic
Ye Old English Fish 'n Chip Shop

Saturday March 23rd 2-8pm
Fisherman's Platter
(English fish breaded sole) shrimp & scallops w/ rice & salad & homemade chowder $9.99

Sunday March 24th 2-7pm
Blue Marlin w/ rice & salad or Grilled Trout w/ rice & salad or Orange Roughy w/ rice & salad & homemade Chowder $9.99

Eat In - Take Out
Free Delivery ($10.00 min. order)
Owned & Operated by Ray & Clara Henstock
Check out our latest products from England
HOURS:
Mon.-Fri. 11-8
Saturday noon-8
Sunday noon-7
9, 1st St. E. (near Pitt & 1st St.) MAR22024 933-6411

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Serving you for 45 years
"Rustic Family Sugar Shack"
• All You Can Eat
• Buffet • Dance
• Taffy on Snow • BYOB
• Sleigh Ride with Horses



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Hwy. 401 to Hwy. 325 North
watch for signs
Open until end of April
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MAR22024



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Open Good Friday & Easter Monday

Who's to say which is yummier?



The Pecan Mudslide™. Our famous DQ® Soft Serve, brimming with hot fudge, gooey caramel, and nutty pecans.



Peanut Buster Parfait. Our famous DQ® Soft Serve, full hot fudge and tasty peanuts.



$2.99 each
Mar. 11th to Mar. 31st

The Banana Split
Our DQ® Soft Serve with banana slices, all smothered in chocolate, strawberry and pineapple toppings, capped with topping.

Pitt & 13th St. Cornwall
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DQ SOMETHING DIFFERENT
dairyqueen.com
mar22022

$5 MATCH COUPON PLAY $5
Coupon valid every day between March 1 and March 31, 2002. One coupon per person per day.
Not applicable to bussing patrons. Cannot be combined with any other promotion.
SWN

Forget about the Weekend
*Now there are **5 great ways** to **enjoy** the **week!***

"Mo' Money" Mondays
February 4, 2002 — April 29, 2002
10am-6pm • 20% OFF Gift Shop
• $10 Match Play Coupon

Sensational Senior Tuesdays
February 5, 2002 — April 30, 2002
11am-3pm • FREE lunch
• 20% OFF Gift Shop • $5 Match Play Coupon

Wishing Well Wednesdays
February 6, 2002 — April 24, 2002
10am-6pm • Random name draws every hour, on the hour
• Winners spin Wishing Well for $5 casino chips!

Spin City Thursdays
February 7, 2002 — April 25, 2002
10am-10pm • Random name draws every hour, on the hour
• Winners spin the Spin City Wheel for a great prize!

Cas-Hinko Fridays
February 1, 2002 — April 29, 2002
8am-7:30pm • Random name draws every hour, on the hour • Double Cas-Hinko on even hours
• Winners drop Cas-Hinko puck for great prizes

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SEAWAY SPORTS

Eamer's Corners Sr. Girls Make First



The Eamer's Corners Public School Senior Girls Basketball team brought home first place after winning all four games at the Grizzly Elementary Sr. Girls Basketball tournament held at Rothwell/Osnabruck School in Ingleside.

Showing their team spirit are: front row (left to right) Meagan MacDonald, Alysa McDonald, and Jade Bonhower. In the second row (l-r): Ashley Kingston, Shannon Wotherspoon, Alyssa Coons, Amber Bolton, and Paris Fotenas. In the back are: Mrs. Greig (coach), Elisha King, Stephanie Greig, Shannon Legue and Mr. Dougan (coach).

Photo by Chris McPhee

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Glen Services



On Wednesday, March 13th, 2002, Glen Services won the Long Sault Atom Division House League Tournament "B" Division. Then on Saturday, March 16th, 2002 they won the CMHA Atom Division House League Championship "B" Division.

Pictured above, front row (left to right) are: Chase Bingley, Cody Shaw, Daniel Bertrand, Jore Pheonix, Phillip Charbonneau and Joshua Marsolais. Back row (left to right): Rob Delorme (coach), Mario Longtin, Nicholas Iannantuono, Ryan Sommers, Adam Delorme, Maxime Lacroix, Andrew McCullough and Bernie Summers (assistant coach).

Submitted photo

Novice "A" Championship



On Saturday March 16th, 2002, New Garden Restaurant captured Cornwall Minor Hockey's Novice "A" Championship with an exciting 5-2 win over Sportsline.

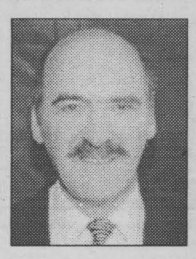
Members of the team include (front row, left to right): Jordon Price, Nathan Toltesi, Christopher Maloney, Nicholas Sanserverno and Owen O'Reilly. Second Row (left to right): Cody Holiday, Maxime Robertson, Mathieu Longetin and Kurt MacDonald. Third Row (l-r): Evan Lloyd, Nathan Sanserverno and Eric Archambault. Absent: Joshua Filion.

Photo submitted by S. Maloney

CORNWALL DISTRICT MINOR BASEBALL
2002 REGISTRATION

Divisions	Ages	Cost
T-Ball	5-6	$50.00
Pitching Machine	7-8	$60.00
Minors	9-10	$65.00
Majors	11-12	$70.00
Juniors	13-14	$75.00

Registration Open to Boys and Girls
REGISTRATION WILL BE HELD AT THE
Legion Ball Park Bergeron Drive
(At the end of Marlborough Street South)
Clubhouse and Canteen area (613) 936-8827
Saturday, March 23rd, 2002 from 1:00 pm - 4:00 pm
Wednesday, March 27th, 2002 from 7:00 pm - 9:00 pm
Saturday, April 6th, 2002 from 1:00 pm - 4:00 pm
Saturday, April 13th, 2002 from 1:00 pm - 4:00 pm
First time players will require a birth certificate
mar22021



Sports Chips

Bill **Gallant**

Today we share some Sports Chips from not only a great hockey era, but also one of the careers of a colourful and very successful NHL coach, George "Punch" Imlach. He was both coach and general manager of the Toronto Maple Leafs during the days of Harold Ballard, the flamboyant owner of the Club.

Punch was behind the bench during the years 1958 to 1969. Those were the days when the NHL featured the six-team league and Toronto had players like Mahovlich, Brewer, Pulford, Bower, Keon and others.



Punch Imlach

Punch was born and raised in Toronto. He played minor hockey as a 13-year-old in 1935, then as a junior and then a senior player at Maple Leaf Gardens. It was during the time he was with the Sr. Club that he was given the nickname "Punch." As he tells in his second hockey book, Heaven and Hell in the NHL, he was stopped dead in his tracks from a solid check during a game and when he got back up on his skates he began swinging wildly and wanted to take on everybody in sight. Someone called him Punchy and then later the "Y" was dropped.

Punch last played with the Toronto Marlborough Sr. team in 1941. He then moved here to Cornwall to play with the Cornwall Army team at the Cornwall Arena during the war years. He later joined the Québec Aces as a player, coach, manager and even part owner. He coached in the days when Jean Beliveau was one of the Aces headliners in 1957.

Imlach's most rewarding time was as a Leafs coach in Toronto where he molded teams that won the Stanley Cup in 1962, 1963, 1964 and again in 1967. Soon after, and during the often published details about the on-going feud Punch had with Stafford Smythe, he was fired as the Leafs' bench boss. Punch then accepted the coaching role with the new franchise in the NHL, the Buffalo Sabres. It was a very busy time for Punch and his crew when they started working on building a team from scratch. While attending the expansion draft and then the amateur drafts, which in those days produced players like Gilbert Perrault, Darryl Sitler and Dave Talon, Punch worked feverishly at his task. That led to his first of three serious heart attacks, and eventually Punch was forced to back away from the game he so loved.

It was thanks to the efforts of Punch that the Buffalo Sabres were soon whipped into a very credible NHL franchise. They also produced one of the most exciting front-line trios ever, with Perreault, Richard Martin and Rene Robert, who soon became known as "The French Connection."

Punch Imlach recalls one of the most saddest times during his lone career, the day he signed the late Tim Horton to a Buffalo contract. After agreeing to the salary and other details, Timmy wanted a an additional perk! He wanted Punch and the Sabres to purchase him an automobile. The car was a fast sports model and when Punch handed Tim the keys he said, "I'm not too happy about giving you this car. You're liable to kill yourself driving this." It was a very prophetic statement as a few weeks later Tim Horton rolled the car just outside St. Catharines, Ontario and was killed.

DID YOU KNOW: That the first arenas to have artificial ice were in Canada. The idea was introduced by Frank and Lester Patrick at Victoria and Vancouver. The Victoria rink had seating for 4,000 and the ice cost $110,000, and the Vancouver arena, with seating for 10,500 cost $300,000. The first and largest crowd to see a hockey game happened in 1913. It was at the arena in Vancouver and fans watched the great Cyclone Taylor and others in the Pacific Coast League.

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this week in NASCAR

Pit Stops .....

Waiting for a (dollar) sign

Kevin Lepage has had an admirable season thus far in the NASCAR Busch Series. The only thing he's missing is a sponsor.

Track position is paramount

Staying out of trouble at the bullring known as Bristol Motor Speedway means staying near the front as much as possible.

180,000 fans expected in Bristol on Sunday

The .533-mile track made a couple of improvements for 2002, including a new victory lane.

New pit procedure

NASCAR has changed the pit road procedure forthe race at Bristol Motor Speedway, the only track in the series with two pit roads.

In an effort to eliminate any disadvantage teams have pitting on the backstretch, under caution all cars will enter pit road in Turn 2 regardless of the location of their pit stall.

Once stops are completed, all cars will exit the frontstretch in Turn 1. Under green-flag conditions, teams will enter and exit as usual with two pit roads in operation.

Marlin Wins Again



Stewart

Sterling Marlin went from worst to first to win the Carolina Dodge Dealers 400 at historical Darlington Raceway.

Battling from the tail end of the 43-car field due to a pre-race engine change, Marlin took the lead from Dale Earnhardt Jr. on lap 251 of the 293-lap race to claim his second victory of the season.

The race had two incidents where the leader was taken from contention after contact with lap traffic.

Marlin, in the No. 40 Coors Dodge, was running third when race leader Tony Stewart was involved in the second wreck, but was able to avoid any trouble. Marlin's patience and experience at the 1.366-mile track paid off with his 10th career victory in 544 starts.

Following Marlin was Elliott Sadler in second for his second top-five finish of the year. Kevin Harvick rallied to finish third.

2002 Point Standings

Winston Cup Series — After: MBNA America 500

	Driver	Behind
1.	Sterling Marlin	*Leader*
2.	Ryan Newman	-74
3.	Ward Burton	-80
4.	Mark Martin	-88
5.	Tony Stewart	-101
6.	Matt Kenseth	-105
7.	Kurt Busch	-110
8.	Rusty Wallace	-114
9.	Jeff Burton	-125
10.	Jimmie Johnson	-128

Busch Series — After: Sam's Town 300

	Driver	Behind
1.	Jack Sprague	*Leader*
2.	Randy LaJoie	-3
3.	Jason Keller	-9
4.	Michael Waltrip	-11
5.	Greg Biffle	-31
6.	Johnny Sauter	-40
7.	Kenny Wallace	-43
8.	Jeff Green	-63
9.	Scott Riggs	-70
10.	Scott Wimmer	-92

Truck Series — After: Florida Dodge Dealers 250

	Driver	Behind
1.	Robert Pressley	*Leader*
2.	Ted Musgrave	-10
3.	Brian Rose	-15
4.	Joe Ruttman	-20
5.	Rick Carelli	-25
6.	Terry Cook	-30
7.	David Starr	-34
8.	Carlos Contreras	-43
9.	Jason Small	-47
10.	Jason Leffler	-50

2002 Schedule

Date	Race	Venue	TV/Start
Apr. 7	Samsung/RadioShack 500	Texas Motor Speedway	FOX/1:30 p.m.
Apr. 14	Virginia 500	Martinsville Speedway	FOX/12:30 p.m.
Apr. 21	Talladega 500	Talladega Superspeedway	FOX/1:30 p.m.

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EASTER SUNDAY
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4:00 pm Dinner Buffet
and a-la-carte menu from $8.95
158 Pitt St. 938-2791

Club 55+ Action

The Lions are definitely not on a slide as previously thought. They all but salted away first place with a 3-0 win over the Elephants in Club 55+ action at Olympia Bowl, and their magic number is three, with three weeks of schedule left.

For the win, Gladys Roy 266-245 (677), Les Degostine 233-206 (614) and Art McCrae 204. In a losing effort, Ovila Samson 212-225 (610) and Roy Julien 230.

Other highs rolled: Cliff Merpaw 226-206, Val Currie 218-213, Betty Dunn 227-204, Anita Bissonnette 208-205, Len Marleau 212-200, George Belmore 206-202, Cliff Duquette and Leo Goulet 228, Joe Arsenault 226, Dalley Wilson 222, Earl McCullough 218, Maurice Champagne 213, Shirley Merpaw 212, Harold Millward, Theresa Seguin and Terry Dupuis 211, Roma Amelotte 210, Clarence Stang 208, Raymond DeRepentigny 205, Alex Robinson 204, Roy Brownell 203, Ren McCourt 202, Kirke Dupuis, Suzanne Desrosiers and Clarence Bethune 200.

Attendance winners: Roy Julien, Gerda Neilson, Bill Wilson and Thelma Goulet.

Sharks End Season

On March 14th, 2002 the South Stormont Sharks played an exhibition game in Louisville, New York against the Massena Nationwide Mites.

The Sharks devoured the Mites 7-5 in an up and down hockey game. Scoring for the Sharks were Kevin Hope (4), Graeme McDonald (2), and Jonathan Dunbar (1). All goals were unassisted.

On March 16th, 2002 the Sharks were back in playoff action against the South Stormont TLS. This was a must win game for the Sharks and they were defeated by a score of 4-2. Scoring for the Sharks were Graeme McDonald and Kevin Hope. Assisting on the goals were John Cleary and Kristopher Zulinski. Devin Jodoin played a great game in nets.

This ends a great season for the Sharks who remain season champs and were undefeated in regular season play. Congratulations to the TLS team and coaches on their playoff championship and for a great series.

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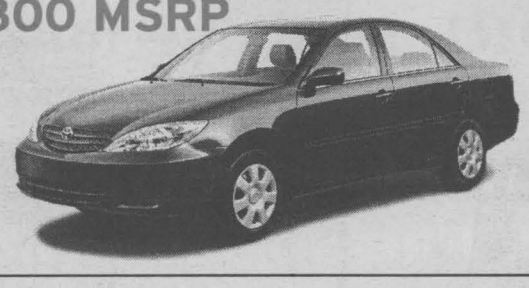
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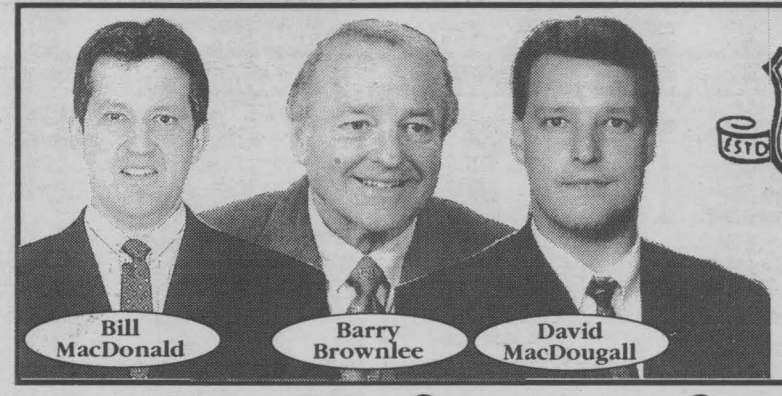

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Dignity & Respect

a guide to the issues and services that each of us must one day face

Prepaid funerals a wise choice for Ontario consumers

The Ontario Funeral Service Association wants the public to have peace of mind when it comes to prepaid funerals.

While the choice to prepay or not rests with consumers, OFSA assures citizens of Ontario that it is extremely safe to prepay one's funeral in this province.

It is not compulsory to pay in advance for prearranged funerals. However, pre-payment offers many advantages. This option not only allows a person to pay for tomorrow's funeral in today's dollars, but also provides peace of mind in knowing that financial obligations will not be placed upon one's estate or next-of-kin. Moreover, it allows everyone to be involved in making important decisions with a more relaxed environment, eliminating the added stress of bereavement.

Upon making a contract with a licensed funeral home, all prepaid funds are deposited in a trust account or insurance plan in accordance with the Funeral Directors and Establishments Act for the Province of Ontario. Interest earned stays with the principal amount and is used toward the cost of the funeral at the time it is needed. Prepaid funds are refundable at any time upon written request to the funeral home and detailed cancellation rights are outlined directly on the contract. In addition, prepaid funds are fully transferable to another funeral home, should the consumer relocate.

For those wondering about the stability of the funeral home in the future, there is added security - all prepaid funds are protected by a provincial compensation fund in the rare event that it is needed.

OFSA member funeral directors can answer questions about funerals, preplanning or grief with no cost or obligation to the consumer. A list of OFSA member funeral homes can be found on the association's website at www.ofsa.org.

Established in 1883, the Ontario Funeral Service Association is the voluntary professional association of funeral directors for the province. OFSA promotes high standards of funeral service and provides information to the public at no charge.

Ask for our free estate planning brochures, "A Time to Plan" and "To Make It Easier".

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ST. LAWRENCE VALLEY UNION CEMETERY

ANNUAL PLOT & NICHE HOLDERS MEETING

Tuesday,
March 26, 2002
7:30 p.m.

Administration Building at Cemetery Highway No. 2 West at Wales Road between Long Sault and Ingleside

mar22022

7 Ways To Help Someone Who Is Grieving

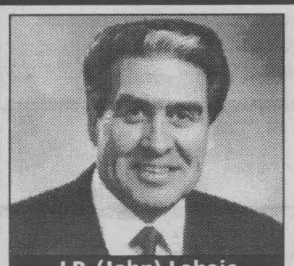
At some point, we will know a bereaved person: a friend, co-worker or family member coping with the death of a loved one.
The Ontario Funeral Service Association (OFSA) offers seven tips for supporting a bereaved person:

1. Be informed. Obtain information about grief. OFSA offers a free brochure on this subject.
2. Be thoughtful. Offer to cook a meal or help with the household chores. Grief can be exhausting and your support will be appreciated.
3. Be patient. Don't try to rush anyone through the bereavement process. Grieving can take a long time.
4. Be understanding. Bereaved people may seem to be "over it" and then experience another bout of overwhelming grief. Expect these ups and downs, and remain supportive.
5. Be a good listener. Allow the grieving person to talk about the loss they are experiencing. Be a shoulder to cry on.
6. Be a good talker. Don't be afraid to share your memories of the deceased. It can be wonderful to hear a loved one mentioned affectionately by others. This will be especially appreciated on holidays, birthdays and other important anniversaries.
7. Be there. Many people experience intense grief several weeks or months after the funeral, when family and friends assume they are "getting over it." Don't withdraw your support when it is needed most.

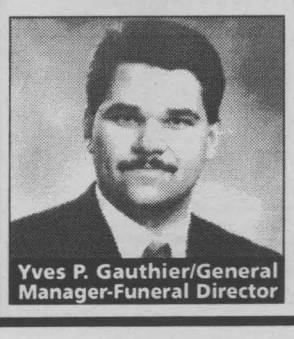
the one thing to do
BEFORE applying for
• Senior Citizen Housing • Rest Home Lodging • Nursing Home Care

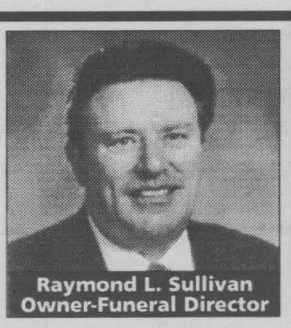
Don't risk it
TURN TO A FRIEND, write it down and Pre-Arrange Your Funeral

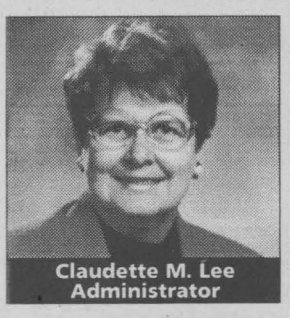
Today more and more people are making funeral arrangements in advance. Pre-arranging funerals is especially important to any considering - Senior Citizen Housing - Rest Home Lodging - Nursing Home Care. In addition to a set amount of cash assets, the Province of Ontario allows residents to pre-arrange their funerals. We are always available to answer your questions at our offices or in the privacy of your home - without cost or obligation.

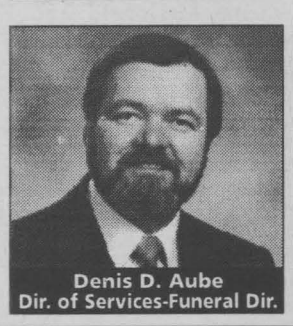

J.P. (John) Lahaie
Owner and Founder


Claudette R. Lahaie
Owner-Funeral Director


Yves P. Gauthier/General Manager-Funeral Director


Raymond L. Sullivan
Owner-Funeral Director


Claudette M. Lee
Administrator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So You Have to Give A Eulogy

It's been said that one of people's biggest fears is public speaking. Add to that the stress of grief, and it becomes clear that giving a eulogy can be very difficult for some people. The Ontario Funeral Service Association offers the following tips for keeping your composure while accomplishing an emotional task. Remember:

* The funeral is for those grieving
* Use the deceased's name
* Speak about the unique qualities of that person; you may include family history, important career or personal highlights, etc.
* Keep your eulogy brief enough to say what you need to say and to ease the pain of those present; no need to talk for any great length of time
* You can use different forms of technology (computer, music, video, etc.)
* It's okay to use humour (but keep it appropriate!) - people enjoy hearing about the anecdotes that are part of our lives
* Be sincere
* Consult with family and clergy to determine their desires and any possible restrictions in the service itself
* If you become upset when giving a eulogy, take a moment to compose yourself; everyone will understand
* If you feel you are simply not up to speaking, it's okay to ask the clergy or another person to read it for you.

Explaining Death to Children

Whether it's the death of a grandparent or a favourite pet, most children will experience loss and bereavement. At such times, it is important to provide honest and loving responses.

Age 2-4

Children in this age group have little understanding of the meaning of death. The death should be shared by explaining what has happened in simple terms.

Age 5-7

At this age, children have a feeling for loss, but it is not easy to grasp. It must be explained to them. Don't use "beautiful lies" to shield children from death. Let them know a death has occurred by permitting them to be present at the funeral home and the funeral service.

Age 8-10

Children in this age group have a capacity to grasp life's mysteries. They will remember the experience vividly. Don't avoid letting them attend the funeral service. They have emotions, too. These emotions should be expressed.

Age 11-12

At this age, children know what death is. They will want to be helpful, as this allows them to resolve their own feelings of loss. Provide the opportunity for them to participate in the arrangements and service.

Age 13-16

Clinical studies show that teenagers often have more intense grief than other age groups and may refrain from expressing it. Encourage friends to share their grief and attend the service. This gives them the support they need. They want to think of themselves as adults, so treat them as such.

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Talking About Cremation

When making funeral arrangements, people have to make a decision about the method of disposition. Earth burial, mausoleum entombment or cremation may be chosen.

Fast facts about cremation:

* The process usually takes between two and three hours.
* The heat required is approximately 1000°C or 1830°F
* Remains will usually weigh between one and three kilograms, or three to six pounds
* Only one cremation per cremation chamber is permitted
* Cremation does not limit the funeral services that may be available
* Family members may be present at the cremation depending on the crematorium's policy
* Urns should be approximately 3,277 cubic centimeters or 200 cubic inches in capacity

There are many options once the cremation has occurred:

* The cremated remains may be buried in a cemetery
* The urn can be placed in a niche in an above-ground structure called a columbarium
* Remains can be scattered
* Cremated remains can be shipped to other countries
* Some families wish to take the cremated remains home with them

If you plan to scatter cremated remains outside of a cemetery, keep in mind that a cherished place today may change ownership, and developments in the area may take place. It is a good idea to choose a spot that loved ones can easily visit if they want to feel near the deceased.

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Flowers Provide A Loving Tribute

Flowers fulfill an important part in the grieving process. They offer both comfort to the family and friends of the departed and serve as a heart-felt way of expressing sympathy.

No one would want to attend a funeral service minus the flowers.

Society has changed in the way people cope with sympathy and grief. Services are getting shorter, or sometimes there are no services at all.

A once simple gesture has become very confusing. What do we send? How much do we spend? Do we send to the funeral home or to the family at their own home?

The role of a good florist is to listen and make suggestions to customers. As well, the florist should contact the funeral home to ensure the accuracy of all delivery instructions.

Loving Tributes

In general, the immediate family members would make arrangements for the casket spray, which is placed directly on top of the casket. One or two other pieces are chosen to compliment the spray.

Flowers express many different feelings and according to the American Floral Society, the designs for the tributes also signify certain feelings.

The cross is a symbol of hope and is also a prominent Christian symbol of faith, life and resurrection. The wreath symbolizes eternal life, while the heart arrangement symbolizes love and dedication.

Floral sprays which stand on an easel and are generally placed near the casket are becoming popular once again. Basket arrangements and plants are also very suitable pieces to send.

If your budget is a concern, be open and honest about how much they can afford.

Don't let yourself be made to feel guilty and wind up over extending your finances. There are always alternative choices that can be offered.



Easter is a time of Celebration of the Resurrection

Fill your home with the fragrance of Easter Lillies

Easter is also a time to remember those who have passed on and the ones still mourning their loss

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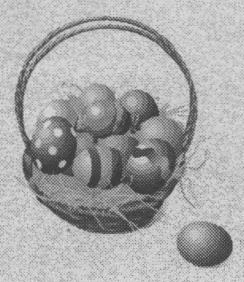
SEAWAY NEWS
A Division of J.G.F. Holdings Co.

Easter Holiday Hours & Deadlines

Easter Deadlines

• Classified	4 pm Tuesday, March 26
• Community Digest	4 pm Monday, March 25
• Let's Celebrate	4 pm Monday, March 25
• Display Advertising	4 pm Tuesday, March 26
• All Editorial	4 pm Monday, March 25



Seaway News Office will be closed
GOOD FRIDAY, March 29th
and will re-open on Monday, April 1st at 8:30 am

Seaway News will be distributed starting THURSDAY, MARCH 28th, 2002

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ALL NEW The Personals

"Call me...I'm free!"

Presented by: SEAWAY NEWS AND DATEMAKER

Females Seeking Males

FAMILY ORIENTED
SWF, 24, medium build, dark hair, brown eyes, who is shy and fun to be with. Hobbies include music, dancing and spending time with her children. Looking for a SM, over 18, who is fun-loving, supportive and likes children. Ad#: 9146

SEARCHING
I am a 5'2", SWF, 35, who friends say is bubbly and very nice. I enjoy sports, slow dancing and long walks. I would like to meet a SWM, 33-40, who is open and honest. Ad#: 5157

REAL LOVE
I'm a outgoing, personable SWF, 46, 5'4", who enjoys the outdoors, walking, sports and more. I'd like to meet an honest, humorous, SWM, 35-50. Ad#: 9073

ATTRACTIVE BLONDE
45, 5'6", 105lbs., slim, very fit, pretty, intelligent, employed, affectionate, outgoing, spunky and straightforward. Enjoys children, camping, dogs, exercising and cycling. Seeks fit, attractive, affectionate, active, honest, sincere, single male. Ad#: 7817

DELIGHTFUL
N/S, SWF, 19, looking for a a SWM, 19-23, for a possible relationship. I'm 5'2", funny, outgoing and I enjoy skiing, camping, hiking, horseback riding, dancing and more. Ad#: 9932

GET TO KNOW
SWF, 31, brunette, with brown eyes. Enjoys time with her children, traveling, entertaining and more. Searching for a SWM, 31-36, who is honest, sincere and down-to-earth. Ad#: 4547

DESERVING
I'm a personable, easygoing, SWF, 33, 5'9", who enjoys shooting pool, swimming, the outdoors and family-oriented activities. I'm seeking a tall, thin, outdoorsy, SWM, 30-40, who likes children, for a possible relationship. Ad#: 3292

ROMANTIC AT HEART
This SWF, 37, is looking for a honest, witty and cheerful SWM, 38-43, who loves to spend quality time together. She is 5'6", with light brown hair, hazel eyes, enjoys reading, long walks, biking, water skiing, horseback riding and time with her children. Ad#: 2256

HONEST & TRUSTWORTHY
SWF, 26, 5'1", with auburn hair, brown eyes and a medium build. Enjoys reading, walking, time with her children, working on cars, movies, etc. Searching for a healthy, fit SWM, 26-32, who loves children & animals, respects himself, with a sense of humor. Ad#: 4234

CARING & TRUSTWORTHY
I'm a caring, understanding, SWF, 28, who would like to meet an honest, reliable, laid-back, SWM, 28-35. Hobbies include video games, dancing, crafts, fishing and more. Ad#: 9647

THE TRUTH LIES HERE
SWF, 38, 5'6", spontaneous, loving and caring with a heart of gold. Enjoys quiet evenings, sports and more. Seeking a loving, sincere, SM, 35-42. Ad#: 1687

OUTGOING & FUN
I'm an easygoing, fun to be with, caring, loving, compassionate, SWF, 37, 5', who would like to meet an honest, friendly, SWM, 30-46. Hobbies are dinners, walks, swimming, listening to others and more. Ad#: 4062

LOOKING FOR YOU!
Pleasant, cheerfull and fun-loving, SWF, 23, 5'7", red hair, green eyes, who enjoys being outdoors, dancing and the company of friends. Searching for a romantic, kind, loving, SWM, 24-35, who enjoys the little things in life. Ad#: 6161

CIRCLE OF FRIENDS
SWF, 5'6", brown hair and eyes, 34, easygoing, likes to have fun and tries new things. Hobbies include movies, long walks and being with friends. Looking for a SWM, 33-47. Ad#: 3061

READY TO CARE
I'm an outgoing, humorous, SWF, 32, 5'4", who would like to meet a fun-loving, SM, 30-40. Hobbies include camping, bingo, movies and more. Ad#: 3864

FUN-LOVING PERSONALITY
Fun-loving SWF, 5'6", 150, brown hair and eyes, who enjoys dancing, going for walks, and being with friends/family. Looking for a caring, trustworthy and responsible SWM, 50-60. Ad#: 9424

ALL THAT & MORE
Active and attractive, SWF, 37, 5'8", blonde hair and blue-green eyes. I enjoys bowling, golf and much more. Seeking a SWM, 28-54. Ad#: 2862

VERY GIVING
Brown haired, hazel eyed, SWF, 39, is very caring, loving and honest. She likes biking, walks, traveling, motorcycles and sports. Seking a SWM, 39-46. Ad#: 8225

HAVE A GOOD HEART!
SWF, 39, 5'3", brown hair/eyes, easygoing and happy-go-lucky. She enjoys things such as baseball, walks, hiking, bowling, etc. Looking for an easygoing, happy, SWM, 34-45. Ad#: 1400

LOVES LIFE!!
SWF, 59, Hi, I'm 5'3", slim, fun to be with and a good friend. I like being active, walks, boating, cottage life, playing cards, traveling, sports, etc. I would like to meet a SWM, 55-70, to spend quality time with. Ad#: 2951

GIVE LOVE A CHANCE
SWF, 43, fit, with brown hair and green eyes. Interests are golfing, skiing, working out, music, reading, good conversation, etc. Looking for a SWM, 40-50, who is caring, funny, confident and intelligent. Ad#: 1167

I'M WAITING!!!
SWF, 5'5", 36, medium build, blue eyes, brown hair, who is kind hearted. Hobbies include long walks, movies and playing pool. Searching for a SWM, who enjoys cuddling, movies and is honest, 35-39. Ad#: 8394

FAMILY-VALUES
I'm a caring, outgoing, SWF, 50, 5'10", who would like to meet a sincere, understanding, SWM, 47-55. Hobbies include line dancing, walking, movies, dining, the outdoors and more. Ad#: 4913

GIVE LOVE A CHANCE
SWF, 21, considered loving, caring, enjoys time with her daughter, the outdoors, walks and more. Would love to meet a SM, 21-34, who is outgoing, fun to be with and loves kids. Ad#: 3843

LOOKING FOR A GENTLEMEN
SWF, 5'9", 29, average weight, brown eyes, who enjoys art, photography, and music. Seeking a SWM, who is a gentelmen, romantic, and confident, 28-34. Ad#: 2944

LOVES LIFE
Curious, compassionate, SWF, 39, 5'2", dirty blonde hair, blue eyes, athletic build. Enjoys music, dancing and meeting people. Looking for a SWM, 37-43, with a thirst for life. Ad#: 3892

OUTGOING & AMBITIOUS
SWF, 43, 5'1", with auburn hair and blue eyes. Interests are traveling, drives in the country, dining out, cooking and socializing. In search of an outgoing, humorous, at least 5'8", SWM, 35-45, who knows how to treat a woman. Ad#: 4818

PERSONABLE
Fun-loving, adventurous, SWF, 53, 5'4", 160lbs., with dark hair, enjoys walking, painting and crochetting. I'm seeking an easygoing, SWM, 50-60, who enjoys good conversations. Ad#: 8905

BE KIND TO MY HEART
Friendly SWF, 5'8", 120lbs., 19, crystal blue eyes, who is intimate and energetic. My hobbies include dining out, going to the gym and walks on the beach. Looking for a SWM, who is attractive, athletic, outgoing and sensitive, 21-28. Ad#: 4223

LET'S MEET
SWF, 31, 5'4", who is described as very responsible, dedicated and a hardworker, enjoys sketching, walks, reading and visiting. Seeking a SM, 26-35, for companionship and friendship. Ad#: 9855

MOVING TO THE AREA
I'm a spontaneous, funny, SWF, 50, who would like to meet a caring, secure, SWM, over 18. My hobbies and interests include movies, dancing, entertaining and more. Ad#: 7936

SEEING IS BELIEVING
I'm a faithful, caring, SWF, 29, 5'3", who would like to meet a spontaneous, caring, SWM, 25-30. My hobbies are volleyball, baseball and having fun. Ad#: 7335

WOULD LIKE TO MEET YOU
Pleasant and outgoing, SWM, 5'1", 59, with dark hair and brown eyes. My hobbies include gardening, needle point and outdoors. I'm looking for a SWM, who is honest, a gentleman and intelligent, 65-69. Ad#: 9220

TRUST ME
Trustworthy, kind-hearted, sincere, SWF, 36, 5'2", short blonde hair, wears glasses, with a great sense of humor. Looking for an outgoing, romantic SM, 30-45. Her hobbies include swimming, outdoors, movies and country music. Ad#: 5248

SENSITIVE GIRL
Easygoing, energetic and loveable SWF, 25, 5'4", 130lbs., brown hair/eyes. Likes to try new things. Looking for an easygoing SBM, 23-40, who can keep up with me and loves children. Ad#: 2753

SUMMER BUNNY
SWF, tall, blonde hair and green eyes, attractive, 42. Described as outgoing, easy to talk to and sociable. Hobbies include golfing, painting, working out and being outdoors. Looking for a SWM, 40-48, who is active and enjoys the outdoors as well. Ad#: 2781

WILD GIRL
Funny, outgoing, honest, SWF, 19, 5'9", 120lbs, brown hair and eyes. In search of a funny and outgoing SM, 18-26. She enjoys long walks, going to the movies and dining out. Ad#: 8202

GREAT PERSONALITY
SWF, 38, 5'7", with long brown hair and blue eyes. Interested in reading, writing, walks, quiet evenings and sharing her life with a SM, 38-42. Ad#: 2460

HAPPINESS BEGINS HERE
I'm an outgoing, fun-loving, SWF, 44, who enjoys fishing, boating, horseback riding, long walks and more. Hoping to meet a caring, loving, patient, understanding, SWM, 35-55. Ad#: 5641

ROMANTIC WALKS
Funny, outgoing, honest SWF, 24, 4'9", 140lbs., brown hair, hazel eyes. Enjoys biking, reading, walks, movies and more. Searching for an honest and caring SWM, 24-30. Ad#: 9596

IMPRESSIONS
I'm a friendly, honest, sincere, intelligent, fun to be with, SWF, 53, who would love to begin a relationship with a happy, humorous, healthy, SWM, 46-60. My interests are bike riding, animals and quilting. Ad#: 4311

DARE TO BE DIFFERENT
SWF, 5'9", 18, brown hair/eyes. My interests include outdoor activities such as hiking and swimming, also like playing football. Looking for SWM, 18-26, caring, outgoing, sense of humor. Ad#: 4572

LIKES NEW THINGS
Funny, outgoing SWF, 28, brown hair, 5'3", with blue eyes. Enjoys walks, rollerblading and shopping. Looking for a caring SWM, 28-30, who loves children, for a lasting relationship. Ad#: 5837

LOVES TO TALK
Talkative, intellectual SWF, 44, 5'2", with dirty blonde hair and brown eyes. Enjoys skating, long drives, reading and dog training. Looking for an easygoing SWM, 44-52. Ad#: 6542

FROM MY HEART TO YOURS
I'm a SWF, 28, 5'4", who is described as easygoing. Hobbies are sports, dancing, sewing, the outdoors, my children and music. I'd like to meet an outgoing, caring, SWM, 28-32. Ad#: 1389

ALWAYS SMILING
I'm an outgoing, SWF, 19, 5'9", who enjoys swimming, animals, soccer, sports, long walks and movies. Hoping to meet an outgoing, caring, SWM, 19-26. Ad#: 4214

RESPECTFUL
SWF, 19, 5'7", considered to have a good sense of humor and a social butterfly. Interests are fishing, boating, movies, dinnerd, dancing and more. Searching for a tall, good-looking SWM, 20-25, who enjoys quality time together and has similar interests. Ad#: 3441

A LITTLE ON THE WILD SIDE
Athletic SWF, 39, 5'6", with brown hair, enjoys extreme sports, the outdoors, traveling and more. Would like to meet an honest, open, SWM, 35-45, who likes to try new things and enjoys children. Ad#: 7337

KIND & CARING
SWF, 18, tall, blonde hair, hazel eyes, described as outgoing and fun-loving. Hobbies include long walks, movies and cooking. Looking for a SM, 18-30, who is kind, caring and likes children. Ad#: 9864

GOOD LISTENER
This SWF, 22, would love to meet a SM, 20-45, who is sincere. She is tall, with blue eyes, blonde hair, enjoys bowling and reading. Ad#: 2780

SENSITIVE & CARING
5'5", SWF, 55, with auburn hair, hazel eyes is outgoing, compassionate and respectful. Retired and she enjoys long walks, drives, county fairs, etc. Hoping to meet a SWM, under 65, who is down-to-earth, kind and considerate. Ad#: 4182

PERSONABLE
5'7", SWF, 38, who is outgoing, easygoing and loves to be around others. Some interests include long walks, some sports, movies and quiet evenings. Would like to meet a SM, 38-45. Ad#: 7920

ADVENTURESOME
Outgoing, spontaneous, SWF, 29, 5'6", with long brown hair, blue eyes. Hobbies are camping, fishing and rollerblading. I'm in search of a sociable, SWM, 29-39, who enjoys children. Ad#: 2479

READY FOR ROMANCE
Shy, funny, friendly and happy, SWF, 42, 5'3", 135lbs., with blonde hair, blue eyes, seeking a humorous, warm, SWM, 32-48. I enjoy reading, volleyball and bowling. Ad#: 7113

A GOOD FRIEND
SWF, 52, 5'7", blonde hair, hazel eyes, caring and compassionate. I enjoy the outdoors, reading, computers, pets, movies and more. I'm seeking a SWM, 47-56, who is honest, loving, trustworthy and a good listener. Ad#: 7003

RESPONSIBILITY
SWF, 5'2", blonde hair and blue eyes, petite, 39, shy at first. Hobbies include walks, music and relaxing evenings. Looking for a SWM, 35-45, who enjoys motorcycles and old cars. Ad#: 5223

LET'S DANCE
SWF 57, 5', short brown hair with glasses. Good sense of humor, good listener, fun to be with. Would like to meet a considerate, loyal 60 year old SWM. Looks don't matter. Ad#: 5444

COMPASSIONATE
SWF, 55, described as honest and sincere. Hobbies include fleamarkets, walking and the outdoors. Looking for a SWM, 55-65, who is honest, loyal, sincere and trustworthy. Ad#: 3449

CARING & SINCERE
N/S, SWF, 30, auburn hair, blue eyes, 5'8", described as sometimes sarcastic, intelligent, funny and fun to be with. Hobbies include cooking and Asian art. Looking for a SWM, 33-45, who is caring and loving. Ad#: 3828

ROMANTIC LADY
SWF, 5'4", brown hair and green eyes, attractive, 24. Hobbies include spending time with her children, shooting pool and reading. Searching for a SM, 25-35, who is honest and caring. Ad#: 4564

GENUINE LADY
SWF, 35, reddish/brown hair, shy at first, loving, caring and generous. Interested in horseback riding, art, dancing, country music and more. Hoping to find a N/S, N/D, SWM, 32-44. Ad#: 7742

DESERVING
SWF, 22, brown hair, blue eyes, described as funny, shy and intelligent. Hobbies include shopping, hanging with friends and cooking. Looking for a SWM, 20-30, who is outgoing and active. Ad#: 3344

HONESTY AND LOYALTY
Spontaneous, demanding SWF, 32, 5'9", long dark auburn hair, medium build. Looking for a SWM, 28-38. Ad#: 8249

Males Seeking Females

AFFECTIONATE & ROMANTIC
Widower, 69, secure, active and healthy, enjoys home life, biking, traveling and good conversation. I'm interested in meeting an affectionate, caring lady, over 55 years, for friendship and a possible relationship. Ad#: 1174

WHAT COLOR R UR EYES?
SWM, 41, 6'2", 208lbs., with green/blue eyes, light brown hair and a mustache. Enjoys cooking, the outdoors, music and more. In search of a SWF, 25-45, who is a good communicator. Ad#: 3623

ARE YOU HONEST?
SM, 24, 5'7", who is described as being easygoing, fun and intelligent. Hobbies are sports, reading and writing novels. Looking for a SF, 19-29, fun to be with and talkative. Ad#: 6529

QUIET EVENINGS WITH YOU
SWM, 6'2", 23, brown eyes, who is funny and enjoys having a good time. Hobbies include reading, movies and going for walks. Seeking a intelligent and humorous SWF, 19-26. Ad#: 8178

YOU WON'T BE DISAPPOINTED
I'm a caring, fun, happy-go-lucky, SWM, 33, 5'7", who enjoys movies, sports, walking and camping. Hoping to meet a fun, SWF, 25-36. Ad#: 2916

VERY ROMANTIC GUY
Tall, blond, tan, SWM, 49, with a great sense of humor is romantic and social. His hobbies include gardening, reading, sports and being with friends. Seeking a SWF, 38-52. Ad#: 5112

ROMANTIC
I'm a fit, caring, honest, SWM, 37, 5'9", enjoys working out, rollerblading, skiing and shooting pool, seeks nice, caring, SWF, 33-39. Ad#: 6103

DEPENDABLE
This SWM, 34, is looking for a SWF, 26-36, who is reliable and outgoing. He is 6', with brown hair/eyes and a heavy set. Interests are camping, fishing, racing, etc. Ad#: 4550

LASTING COMPANIONSHIP
SWM, 69, tall, slim, with brown eyes and gray hair. Interests are gardening, walking, dancing, traveling, music, etc. Looking for an honest and loving, SWF, over 18, who has similar interests. Ad#: 6709

SHY NATURED
Hi, I'm a 5'11", brown haired, brown eyed, slim, SWM, 35, who is shy and loves the country life. I would love to meet a SWF, 30-36, who is honest, loving and caring. Ad#: 7251

SUCH A SWEETHEART
SWM, 23, 5'5", with brown hair/eyes, enjoys playing sports, working out, time with his daughter, dancing and more. In search of a short, SF, 21-25, who is outgoing, with a great personality and has similar interests. Ad#: 7264

WILLING TO TRY NEW THINGS
SWM, 19, tall, brown hair and eyes, funny, outgoing and kind. I enjoy playing sports, working on my car and going out. I'm seeking a SWF, 18-22, who is attractive, outgoing and loves to go dancing. Ad#: 8443

MAYBE YOU & ME
Blue eyed SWM, 5'9", 23, medium build, brown hair, described as easygoing, caring and sensitive. Searching for an attractive, open-minded SF, 23-33, who enjoys life to the fullest. Hobbies include movies and spending time with that someone special. Ad#: 4520

GIVE ME THE CHANCE
SWM, 6'1", 30, brown hair, blue eyes, who is athletic and entertaining. He enjoys time with his son and sports. Looking for a fun, energetic and outgoing SWF, 18-35. Ad#: 5410

HAPPY TO BE AROUND
SWM, 46, 6', with dirty blond hair and blue eyes. Interests are the outdoors, motorcycling, mountain biking, dining out, movies and enjoying life to the fullest. In search of a SWF, 39-46, who knows how to enjoys life. Ad#: 1917

BIG-HEARTED
SWM, 41, 5'6", physically fit and my personality is funny, easygoing and nice. I'm interested in meeting a SWF, 18-38. Some of my hobbies are sports, outdoor activities and being adventurous. Ad#: 9193

DON'T PASS ME BY
Attractive, SWM, 5'8", 26, who enjoys cooking and photography. Seeking an intelligent, exotic, SF, 24-38, for a possible relationship. Ad#: 7434

LET'S MEET SOON!
SWM, 5'7", 30, blue eyes, brownish/blond hair, enjoys skidoing, dirt biking and working on vehicles. Looking for an honest, faithful, attractive, SWF, 25-36. Ad#: 7648

HEART TO HEART
SWM, 5'10", 26, hazel eyes, who is easygoing and enjoys making people laugh. Hobbies include going to the gym and sports. Looking for an attractive SF, 18-38, who is easygoing. Ad#: 4725

BE KIND TO MY HEART
SWM, 5'4", 36, who is kind hearted, trustworthy and looking for someone to love. He desires an open-minded, kind and gentle SF, over 18. Hobbies include fishing, movies and bowling. Ad#: 5203

DON'T MISS OUT
SWM, 21, brown hair, blue eyes, who enjoys movies and reading. Seeking an outgoing SWF, 20-25, who shares similiar interests. Ad#: 7990

WHAT A GUY
SWM, 36, 5'4", chunky and considered to be very friendly, respectful and humorous. Hobbies include movies, walks, going to the races and dining out. Seeking a SWF, 19-58, who is lovable and caring. Ad#: 8489

DANCE ON THE STARS
I'm an honest and loyal, SWM, 22, 5'10", who would like to meet an easygoing, SF, over 18. Hobbies include walking, movies, video games and more. Ad#: 9756

THIS IS THE ONE!
SWM, 33, 5'7", with brown eyes, a medium build. Interests are cooking, singing, an occasional drink, etc. Looking for a SF, 20-35. Ad#: 5643

MAYBE YOU & ME
SWM, 5'4", 25, brown hair/eyes, medium build, who is sensitive, honest and very caring. Seeking a sensitive, caring, trustworthy, loving, SWF, 19-30. Ad#: 5787

AN HONEST RELATIONSHIP
SWM, 37, 5'10", brown hair, blue eyes, fun to be with, humorous and easygoing. I enjoy long walks, music, dancing, movies, quiet times and more. I'm seeking a SWF, 30-38, who is caring, compassionate, honest and has a great sense of humor. Ad#: 5430

STILL LOOKING
Shy, hardworking, fit, SWM, 37, 6', 205lbs., with brown hair and hazel eyes, feels he will bring honesty to the relationship, is seeking a hardworking, SF, 30-40, who enjoys working out, the outdoors and quiet romantic evenings. Ad#: 2196

LET'S HAVE DINNER
Hi, I'm a 5'7", black haired, brown eyed, SWM, 35, who's fun to be with. My interests include fishing, horse racing and woodworking. I'm hoping to meet a fun SWF, 30-38. Ad#: 5162

HOPELESS ROMANTIC
I'm a SWM, 50, brown hair and eyes, friendly, easygoing, and loyal. I enjoy playing music, the outdoors, dancing, cooking, and movies. I'm looking for a SWF, 35-40, who is attractive, caring, and enjoys cuddling up on the couch with a good movie and me. Ad#: 4982

GET TO KNOW THE REAL ME
This SWM, 25, would like to meet an outgoing and fit SWF, 18-26, who likes to have fun. He is 5'11", 145lbs., with dark hair and blue eyes. Enjoys movies, dining, time with friends, sports, the outdoors and any type of music. Ad#: 6936

LET'S MEET SOON!
SWM, 5'11", 44, brown hair/eyes, who is a hardworker, honest and enjoys life. Seeking a SWF, 20-30, for a possible relationship. Hobbies include the beach and going out to have a good time. Ad#: 4968

DON'T PASS ME BY
SWM, 5'6", 39, hazel eyes, brown hair, who is easygoing, enjoys socializiing. Interests include baseball, movies, dancing and dining out. Seeking a SWF, 18-40, who is honest, straight forward and easygoing. Ad#: 8013

MAKE IT POSSIBLE
SWM, 6'2", 45, blond hair, who is outgoing and very friendly. Hobbies are astronomy, mountain biking and swimming. Seeking an honest SWF, who enjoys long drives in the country, 18-45. Ad#: 4441

YOU CAN RELAY ON ME
SWM, 30, 5'4", brown hair and hazel eyes, fun, outgoing and trustworthy, enjoys family, going out with friends and quality times together. Seeks SWF, 18-36, for a lasting relationship. Ad#: 4427

Females Seeking Females

ARE YOU INTERESTED?
SWF, 5'5", 140lbs., 24, fair complexion. My hobbies include long walks, movies and spending time with my children. I'm looking for a SWF, who is easygoing and lots of fun to be with, 19-30. Ad#: 8455

LOTS OF FUN
Sweet, nice, good-looking, SWF, 19, tall, blue eyes, long brown hair. Looking for a SWF, 18-19, with similar interests. She enjoys dancing, playing pool, swimming and tanning. Ad#: 7417

JOKE AROUND WITH ME
Funny, SWF, 29, 5'2", blond hair, hazel eyes, enjoys swimming, biking, movies, hanging out. Seeks open, outgoing, WF, 22-50, who likes kids, for fun times. Ad#: 8396

POSITIVE ENERGY
Hobbies are drawing, reading and watching movies, I am a funny, easygoing, honest, SWF, 24, 5'5", with brown hair/eyes. Seeking a SWF, 18-30, who has a great sense of humor and a beautiful smile. Ad#: 1431

LET'S MEET SOON
SWF, 18, 5'9", is outgoing, funny and very caring. Her hobbies, the net, playing pool, sports and being with friends. Hoping to meet a happy, nice, SF, 18-24. Ad#: 9840

NEEDS A MATE
SWF, 5'2", short brown hair, 20, funny and outgoing. Hobbies include swimming, hiking, and boating. Looking for a SWF, 18-25, who likes to have a good time. Ad#: 5924

A WALK ON THE WILD SIDE
SWF, 19, blonde, blue eyes, described as funny, wild, daring and outgoing. Hobbies include swimming, dancing and movies. Looking for a SWF, 18-25, who is sweet, attractive and outgoing. Ad#: 6812

HEART OF GOLD
Passionate, SWF, 19, 5'1", brown hair/eyes, physically fit, enjoys sports, hiking, biking and the outdoors. I am looking to meet an open-minded, educated, attractive, SWF, 20-25, who knows how to have fun, with a small build. Ad#: 4208

THE LOVE
I'm a funny, intelligent, SWF, 28, 5'10", who enjoys working out, volleyball and baseball. I'd like to meet a fun-loving, SWF, 29-35. Ad#: 9892

SIMPLY ALLURING
SWF, mother of 2, 22, 5'4", medium built, honest, caring and very fun to be with. I'm hoping to meet a soft, gentle, honest and caring, SWF, 22-26, who is willing to try new things. Ad#: 9511

Males Seeking Males

TOGETHER
I'm a quiet, honest, trusting, caring SWM, 36, 5'2", who would like to meet a caring, loving and sincere SM, 20-50. Enjoys walking, quiet times, movies, sports, biking and hiking. Ad#: 1660

WIN ME OVER
Easygoing and open-minded, SWM, 30. My interests include camping, hiking, working out and sports. Seeking an easygoing, open-minded and honest, SM, 18-33. Ad#: 2364

ALL OUR TOMORROWS
I'm an easygoing, happy, SWM, 26, 5'8", who would love to begin a relationship with a nice, intelligent, SWM, 20-27. I enjoy the outdoors and having fun. Ad#: 8204

HONEST & LOYAL
SWM, 31, 6'3", with dark hair, olive/green eyes and in good shape. Interests include movies, sports, hiking, working out and more. Looking for a SM, 20-35, who is understanding and patient, with similar interests. Ad#: 8147

ALL FOR YOU
I'm an honest, compassionate and affectionate, SWM, 35, 120lbs., who enjoys sports, walking, movies, music and spending time with my loved one. I'm looking for an honest, compatible, SM, over 20, who also enjoys spending time with the person they love. Ad#: 1602

OPEN WITH YOURSELF
I'm an outgoing, fun to be with, SWM, 19, 5'9", who enjoys acting, traveling and going out. Hoping to meet an outgoing and easygoing, clean and good-looking, SM, 18-28. Ad#: 9174

MANY OPTIONS
5'4", quiet, sensitive, caring, SWM, 36, enjoys the outdoors, movies and being with friends. Seeking a SWM, 18-35, to spend quality time with. Ad#: 2036

ENTERTAINING
SWM, 27, 5'9", with blond hair, blue-green eyes, fun to be around, I enjoy sports, watching movies and much more. Seeking a muscular, SWM, 25-35, who is loving and protective. Ad#: 3293

EASYGOING
SWM, 38, 5'8", brown hair, green eyes. Easygoing, very funny and enjoys golfing, swimming, wrestling and weight-lifting. Seeking a SM, under 40, who is fit, clean, and active. Ad#: 8654

DID YOU KNOW?

Placing an ad? It's FREE... (Call the 800# above)
- Completely automated we ask all the right questions to create a voice greeting and print ad.
- You are instantly matched with other singles based on the criteria you select.
- Update ad messages free once a week on the 800#
- Schedule the day & time you want to talk live with other area singles.
- Sign up for smart callback, we'll notify you when you have new messages.

Responding to an ad? (Call the 900# above)
- Leave a message for an ad in this column or browse ads based on the criteria you select.
- Talk live with others if the ad you choose is ready to accept calls.
- Listen and Respond to an ad and we find other ads with similar criteria.

Customer Service
1-800-348-6384
Hours:
Mon. - Fri., 9 a.m. - 10 p.m.
Sat. - Sun., 2 p.m. - 10 p.m

Planet UltiMate
THE ULTIMATE INTERNET SITE!
- *Meet Local & National Singles*
- *Listen to Singles Describing Themselves*
- *View Members Photos*
- *Respond via E-mail or Instant Messaging (Similar to Chat)*
- *and Much, Much More!*



M- Male, B - Black, D - Divorced, F - Female, EI - East Indian, C - Christian, W - White, A - Asian, S - Single, WW - Widowed, N/S - Non-smoker, NC - Native Canadian

Questions? Customer Service 1-800-348-6384 Customer Service Hours: Mon. - Fri., 9 a.m. - 10 p.m. Sat. - Sun., 2 p.m. - 10 p.m or e-mail us at help@drm-net.com Service provided by DRMOC

3/19/02

Classifiedplus

933-0015

MasterCard VISA

Circulation: 34,818 copies
Deadline: Wednesday, 5 pm
classified@cornwallseawaynews.com

COMPANIONS CORNER

PEOPLE ON THE INTERNET aren't looking for commitment. Misty River Introductions, 613-257-3531.

SEEKING SWM, understanding, conservative, quiet, average build, for serious relationship with a SWF, 36, 5'6", black hair, blue eyes. Call 932-5860.

THE BOY NEXT DOOR - SWM, 38, 5'8", 170 lbs. handsome, honest, caring, loyal, seeking pretty, slim SWF, 30-39 with similar qualities for friendship & more. If you want to be treated like a queen, please give me a chance. CC2108.

VANKLEEK HILL Lonely Hearts Introduction Service for those seeking a long-term relationship. Singles dances, (see entertainment section), outdoor activities, newsletter / calendar. John 632-0796.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • DVD's & MORE!
EXOTIC EXPOSE
St. Lawrence County's Adult Centre sn4
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena South 7 miles to Don's Orange Mini Mart
315-764-7145

ACE PROPERTY MANAGEMENT 936-1533
"Let us find you a place at no charge!"

ONE BEDROOM
425-A Seventh St. E. prking, yar, BBE, $435 incl
TWO BEDROOM
228-A Fifth St. E., upst, porch, prking, BBL, $570 incl.
314 Louisa, upst, no appli, prk, gas htg, $360+
10A-12A Lefebvre, 2-2 bdrm. units, no appl, $450-$525 heated
324-A 1st W., 2 bdrm upstairs, hkups, no appli., $440.+April
Victoria Ave., 2 bdrm up, no appli, hkups, $525 Inc.
735-A Amelia, upst, gas heat, prking, no appl.
HOUSES/SEMI'S/TOWNHOUSES
3 bdrm, main floor of house, central air, washer/dryer (shared) $850. Heat/lights/cable incl.
Executive style, 3 bdrm apt, upst, avail, June 1 $700+

805 MARLBOROUGH ST. N.(SECURITY)
Studio - $415 - Immediate & May 1
Utilities, appliances, parking included coin laundry
LE DOMAINE APT. PITT ST. (SECURITY)
FULLY RENTED
COMMERCIAL LISTINGS
Marlborough St. N. Spacious Hair Salon, ample prkg. Some equipment provided. $675 incl.
(Near General Hospital)

ATTENTION LANDLORDS
We require one & three bedroom units!! Give us Call...
We also require handicapped accessible apartments
Let "Ace" rent your place!

COMMUNITY DIGEST

BEREAVED FAMILIES OF ONTARIO - Cornwall & Area will be holding their "Afternoon & Adult Support Group" meeting on Monday, March 25th, Noon to 2:00p.m. Everyone welcome. Information: 936-1455.

CORNWALL FIGURE SKATING CLUB presents "Fun In The Sun" Skating Show with Derek Green & Karolane Bedard and the Cornwall Figure Skaters on Saturday, March 23rd, 7:00p.m., Cornwall Civic Complex. Adults $5.00; Children $2.00; Under 2 years of age: Free. Tickets may be purchased at the door or by calling 936-9290.

CORNWALL GLBTQ is a support and discussion group for youth, aged 14 to 25 years, who are or think they might be gay, lesbian, bisexual, transgendered and their suporters. Meetings held every two weeks on Wednesday evenings, 7:30p.m. Information: 1-877-874-4424.

CORNWALL HANDICAP CLUB are having their monthly social meeting on Tuesday, March 26th, 7:00p.m., at the fully accessible RCAF Wing at 240 Water St. Information: Sue Tarle at the VON Office 932-3451.

CORNWALL NEWCOMERS CLUB is a non-profit women's club available to residents who have lived in Cornwall for less than 4 years. Monthly meetings are held the first Tuesday of each month at 6:30p.m. Information: Illana at 534-9124.

GLENGARRY TOASTMASTERS next "supper club" meeting will be held on Wednesday, March 27th, Priest's Mill, Main Street, Alexandria, 5:45p.m. Information: Lionel 525-3526.

GRAY'S CREEK FLYING CLUB meeting will be held on Wednesday, March 27th, 7:00p.m., at Tim Hortons (Marleau Avenue location). Everyone welcome.

KEENAGERS with Larry Keen of the Seaway Seniors will be performing on Monday, March 25th, 2:00p.m., at Parisien Manor.

PEER SUPPORT GROUP open to individuals who have experienced mental illness or mental health problems and who are looking for information, peer support and sharing of coping skills and strategies. Monday evenings 6:00p.m., 29 Second St. East. Info: 933-5845.

S.D.&G. GENEALOGICAL SOCIETY meeting will be held in Room 2 at Trinity Anglican Church Hall, on Tuesday, March 26th, 7:00p.m., 105 Second St. West. Use parking lot door of the Church Hall.

SEAWAY SENIORS, 205 Amelia St., are holding their Birthday/Anniversary Party on Monday, March 25th, 2:00p.m. Everyone welcome.

SPRING LUNCHEON & BAKE SALE is being held on Saturday, March 23rd, 11:30a.m. to 1:30p.m., Trinity United Church, Ingleside. Adults $7.00; Children $3.50. Sponsored by United Church Women.

TCF (THE COMPASSIONATE FRIENDS) hold monthly meetings every third Wednesday of each month at 7:00p.m., St. John Bosco School (west side entrance). For more info call 938-7570.

VON PROSTATE SUPPORT GROUP meet every second Thursday of the month, 7:00p.m. VON Office, 205 Second St. E. Information and discussion for Prostate Cancer patients, newly diagnosed and their loved ones. Information: 932-3451.

WOMEN'S MINISTRIES will be holding their next meeting on Monday, March 25th, 7:00p.m. to 9:00p.m., Maynard's YIG (upstairs room). Everyone welcome. Information: 346-0222 (leave name and phone number).

COMMUNITY DIGEST
$9.00 PER WEEK
Up to 24 words.
Drop off or fax to Seaway News

2 APTS/CONDOS FOR RENT

YOU DON'T NEED any furniture. This 1 bdrm apt is completely furnished. Just bring your suitcase & move in. $450/mth, utilities paid. Responsible people only. No pets. 932-4376.

BACHELOR APT on Pitt St. Ideal for a quiet & working person. No pets. References. Call after 12 noon, 932-2135.

BACHELOR APT for rent. Includes fridge, stove, semi-furnished & utilities. $380/mth. Sorry, no dogs. Call 938-3936.

AVAILABLE JULY 1ST - Clean 2 bdrm apt. Large kitchen, livingroom, 4-pce. bath, parking space, central air. Near mall & schools. $400/mth, plus utilities. Call 932-2858 or leave message @ 932-7423.

738 YORK ST. Available April 1st. 2 bdrm upstairs apt. $500/mth, includes fridge, stove, heat, electricity, parking. Call 936-0344.

2 BDRM APT. Available May 1st. $455/mth, includes utilities, fridge & stove. No pets. Located at 225-B Guy. Local call 361-0248.

3 BDRM DOWNSTAIRS apt. Available May 1st. Call anytime, 938-2199.

SECURITY BLDG. Apts for rent. Bachelor, $395/mth. 1 bdrm, $450/mth. 2 bdrm, $575/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

APARTMENTS FOR RENT

bachelor, 1&2 bdrm. security bldg., video surveillance bachelors from $399 incl. util. **call 932-7891** Mon. - Fri. 9:30 - 4:30 sn3

EAST END - newly renovated, 2 bdrm apt. Washer/dryer hookups. Close to schools. Available now. $465/mth, plus hydro. Call 925-2243.

66 LENNOX - Newly decorated 2 bdrm apt. Garage, yard, parking. Laundry facilities available immediately. $500/mth, plus utilities. No pets. 346-0824, leave message.

RENTED

116 EMMA. 2 bdrm apt. Ground floor, paved parking, laundry facilities. $525/mth, utilities included. Fridge & stove. Available April 1st. Call 932-6560 after 8pm & weekends.

2 BDRM UPSTAIRS apt, 303 Prince Arthur. $330/mth, plus utilities. No dogs. Private parking. Available immediately. References req'd. Call 527-2860.

4 HOUSES FOR RENT

NEWLY RENOVATED, 4 bdrm cottage, fully furnished. Monthly or season. East of Glen Walter. $700/mth, all inclusive. Call Mike, 931-1251.

5 HOUSES FOR SALE

EAST END - 4 bdrms, 2 baths, hardwood floor in livingroom, country-size kitchen, detached garage, fireplace, heat pump. $67,500. or reasonable offer. Call 937-3557.

3 BDRM HOME on Third St. West. Vendor may take first mortgage with reasonable downpayment. Call after 12 noon 932-2135.

17 LOTS/LAND

LOT FOR SALE on Service Rd, near Pioneer Corner. 198.94' x 200'. Call 933-4013.

FUTURE DEVELOPMENT LAND - 19 1/2 acres. Great north end location. 2 entrances off Edgar St. Try your offer! $54,900. Call Latreille Real Estate Inc. 938-3800.

WELL TREED building lot for sale, 150 X 400-ft. Located between St. Andrews & Martintown, off Kings Road. Asking $20,000. Call 932-1160 for more information.

LOT FOR SALE - Approved, 2.76 acres on Hwy. #2, west of Ingleside. Ready to build on. Beautiful view! Nicely treed. For more details, call Jim Standing, Assoc. Broker for Royal Lepage / M. Jean Cameron Real Estate, 938-3860.

18 ROOMS

ROOM FOR RENT in private home. All utilities included. For more information or to leave a message, call 936-0896.

FURNISHED ROOM FOR RENT
Fridge, stove, bath ind., Available at
331 SECOND ST. W.
Also Bachelor Suites
Call Peter 938-6131
mr15fr3

22 ARTICLES FOR SALE

JUKEBOX FOR SALE - Rowe AM1 The Music Miracle. 30-yrs-old, full of 45 records plus many extra records. Offers over $400. Call 933-6963 or 933-6411.

ARTICLES FOR SALE

EXERCISE ROWING/BIKE combination, $25. Dog cage, bigger size, $20. Call 938-7267.

HUNTER EDUCATION and Canadian Firearms Safety, FAC courses and tests. Call 346-1289.

19" ZENITH COLOUR TV, rotary tuner, $25. Micro cassette dictaphone, $20. Apt-size freezer, $125. Call 938-7267.

FORECAST LUGGAGE, green, 17"x25", 15"x20-1/2", plus carry-on pouch & make-up kit, $50. Call 936-8784 after 6pm or leave message.

DELAGE USED FURNITURE
We Pick Up Good Used Furniture JN13
406 Montreal Road
932-5689

SNOWBLOWER FOR SALE. 7.5 h.p. Runs great, needs belt adjustment. $150. Call 938-1029.

FISHER PRICE 3in1 pool table, $60. Twin bed w/frame, headboard & footboard, $50. Call 932-1756.

AT LOW PRICE! 5 months to pay without interest or 5% rebate effective on your purchases of $1,000 and more. 1st quality materials, unbeatable prices! Floating floor HDF laminated no glue: 25-yr warranty Snap-Lock $1.29-sq.ft. 6mm floating floor, 15-yr-warranty .89¢-sq.ft. HDF panelling $1.29-sq.ft. Hardwood floor rustic birch 2-1/2" $1.39b/ft. Fiberglass insulation: R20x15 $15.89, R20x23 $24.89. Effective March 24th-30th, 2002. Bargain Building Materials, 613-527-5090.

FILING CABINET, legal size, 4-drawers, barrister style, $175. Call 551-0993.

THE NEW BOOK of Knowledge Encyclopedias, 20 volumes. $40. Call 938-8301.

VELBON CAMERA TRI-POD ME-2. 22" folded, 54" fully extended. Call 525-3349.

LUGGAGE CART, 35" tall, $25. Call 936-8784 after 6pm or leave message.

AUTOS FOR SALE

PICK OF THE WEEK
00 HYUNDIA ELANTRA VE
Full load,
$10,895


01 PONTIAC SUNFIRE
only 33,000 km $13,995
01 CHEV CAVALIER
under 30,000 km $13,995
01 CHRYSLER PT CRUISER LIMITED
leather, loaded $24,995
01 HYUNDAI ACCENT
auto, PS, balance factory warranty $11,995
00 FORD CROWN VICTORIA
loaded, only 43,000 km ..... SOLD $21,995
00 MERCURY COUGAR
2dr, v6, auto, loaded, warranty $18,995
00 FORD F150 SPORT
matching cap ..... SOLD $16,995
00 FORD FOCUS SE
4dr, auto, balance of warranty $12,995
00 FORD MUSTANG
auto, full loaded, saleen pkg, mint $19,995
00 FORD FOCUS LX
4dr, auto, balance of warranty $11,995
00 DODGE CARAVAN
4dr, auto, air, low km ..... SOLD $17,450
00 PONTIAC SUNFIRE
2dr, , moontoof $12,995
99 FORD WINDSTAR
auto loaded, local trade $13,995
99 MALIBU LS 4dr, ... SOLD $11,995
99 MERCURY SABLE
4dr, loaded, only 52,000 kms $12,995
99 FORD TAURUS WAGON
4dr, loaded, only 61,000 kms $12,995
99 DODGE STRATUS
4dr, only 50,000 km $11,995
98 CHEV 3/4 TON 4X4
diesel P/U, red, auto, air $22,995
98 CHEV VENTURE
loaded, local trade $13,995
98 PONTIAC GRAND PRIX GT
4dr, loaded, white ..... SOLD $14,995
97 JEEP TJ
5spd, black, 4cyl, soft top, hard doors $13,995
97 HONDA CIVIC EX
4dr, loaded $10,995
97 FORD TAURUS WAGON
super family car $24,995
96 PONTIAC SUNFIRE
2dr, black, 5spd $8,995
95 PONTIAC SUNFIRE
4dr, auto, air, safetied .... SOLD $5,995
95 PONTIAC SUNFIRE
4dr, auto, air, safetied $5,995
94 DODGE SHADOW
4dr, auto, low kms, ... SOLD $4,995
MANY OF OUR VEHICLES HAVE NEW TIRES*
* See dealer for details o.a.c. based on 60 month 7.95% interest plus taxes and admin
BANK FINANCING AND EXTENDED WARRANTIES AVAILABLE

PAUL
FITZGERALD
Operated by Cornwall Hyundai
125 Cornwall Centre Rd.
Cornwall
932-4514

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $9.00/week 24 words or less, (25¢ each additional word per week).
- $16.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

Mail pick up, no charge.

Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area
~~~~~~~~~~~~~~~~~~~~~~~~~~

CROSSWORDS

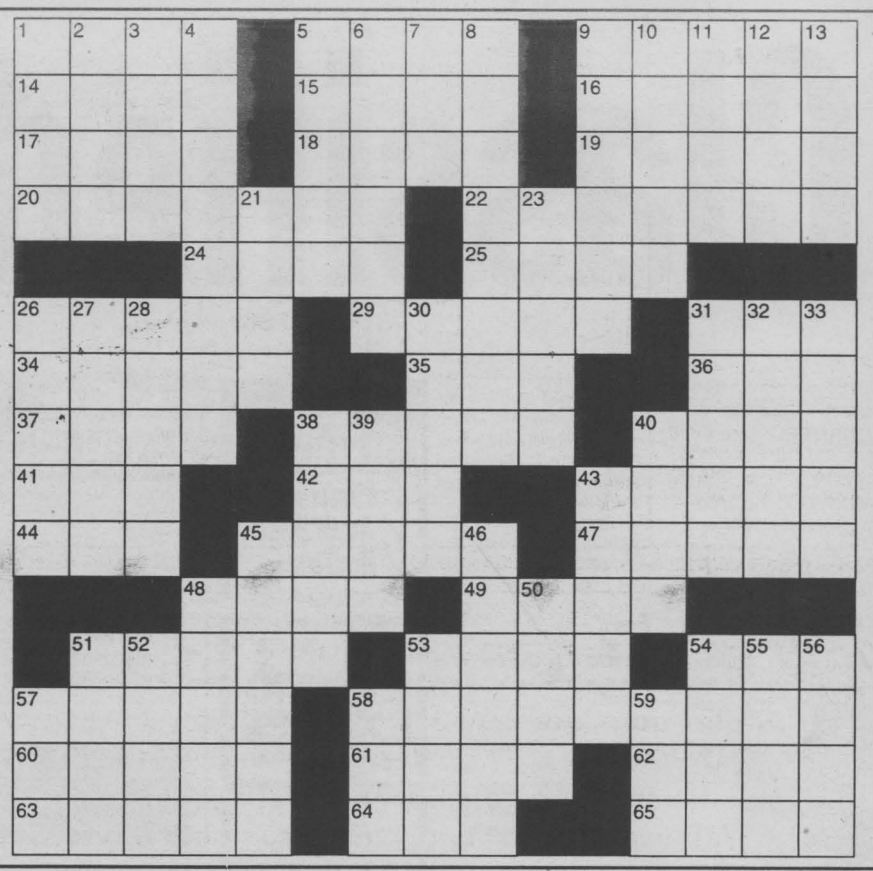
CLUES ACROSS

1. Route
5. "Death of a Salesman"character
9. Asian country
14. Potpourri
15. Express mirth
16. Locations
17. Consumer
18. Verge
19. Dimension
20. A violent tropical windstorm
22. Diplomatic building
24. Change
25. Stimulate
26. Felt distaste for
29. Sedimentary rock
31. Drop down
34. Entertain
35. Brew
36. Attempt
37. Without (French)
38. Very coldly
40. Vice president
41. Link
42. Arrange
43. Trenches
44. Turn
45. Public ___
47. Lane
48. Resident of Bangkok
49. Greatest
51. Principle
53. Fishes
54. Of he
57. Change color
58. First American woman in space
60. Small terrestrial lizard
61. Seaward
62. Young woman (French)
63. Hotel
64. A special loved one
65. Tai

CLUES DOWN

1. Make a face
2. Used when listing items
3. Grade
4. Polled
5. Braid (archaic)
6. Pertaining to iodine
7. Roll of tobacco
8. Type of motion
9. An old Scottish coin of little value
10. Wild sheep
11. Bolsheviks
12. Floor coverings
13. With fireplace residue
21. Helper
23. Stubborn
26. Speed
27. Full speed
28. Set
30. Island nation
31. Go on foot
32. Ridge
33. Itinerant
38. Sir __ Newton
39. Ghana
40. Potential unit
43. Huge
45. Nasal
46. Egg dish
48. Melodic line
50. Earthen pot
51. Consequent
52. Nipple
53. Relaxation
54. Fissures
55. Lazy
56. Longanimous
57. Leg (slang)
58. Drain
59. Root mean square, abbr.

solutions on pg 32



ARTICLES FOR SALE

CHANGE TABLE & child's desk, white. $100. for both. Excellent condition. 5-mahogany doors, 30", 4-folding 24", 2-folding 36" w/handles, best offer. Call 931-2952.

TAP SHOES, new, w/double claquers, ladies size 10. Call 527-1783.

WATER COOLER FOR SALE. Excellent condition. Call 933-7667.

Poppy's Pawns Plus

SN8

Top Prices Paid For Fine China, TV's, VCR's, CD's, Movies, Tools, Antiques, Small Furniture

We Pawn, Buy, Sell & Trade

224 Pitt Street 933-2333

Classified plus

WANTED

Old Fishing Lures & Wooden Duck Decoys

SN4

938-8839

23 ARTICLES WANTED

FIREARMS WANTED: If you're not going to hunt anymore, call me. I'm looking for varmint rifles, shotguns & deer/moose rifles. Licensed Bonafide Collector. 932-2219.

WANTED: USED 6-STRING guitar w/case. Wanted: transmission for 6-cyl. Dodge Caravan. Wanted: car battery, like new, cheap. Wanted: canoe, cheap. Call 938-7267.

26 FARMERS MARKET

HAYWAGON - Would the person who borrowed my haywagon to take hay from my farm in St. Andrews West, please return the wagon A.S.A.P. Call 932-1161.

FARMERS MARKET

MIXED FIREWOOD for sale. $60/cord delivered or $50/cord picked-up. Call 938-2962.

CEDAR LUMBER cut to size, decks/ fences, etc. Cedar fence posts. 42.95/post. call 346-2077

30 HOME SERVICES

MIKE'S TREE PRUNING, cutting & removal, general yard work & cleaning. Will do demolition. Eavestrough, chimney cleaning & repair. Carpentry work & painting. Free estimates. Call Mike 931-1251.

KUBOTA FOR HIRE with turf tires, loader, back hoe, bush hogger & sweeper. Available 7-days/week. Call 525-4339.

MASONRY STONGE. For all your masonry work & general repairs. Free estimates. Satisfaction guaranteed. Good rates. 10-yrs-experience. Call Steve, (613) 347-2963, after 6pm.

REAL ESTATE

SAVE MONEY NOW!

Refinances, purchases and debt consolidations. Pay off high interest loans & credit cards.

5 Year Mortgage 6.05%

UPPER CANADA MORTGAGE

930-2592

n9011

REAL ESTATE

HOUSE FOR SALE

19132 Paragon Rd, RR#1 Cornwall

~~$149,900~~ **now $139,900**



1600 sq. ft. 3 bdrms, master bdrm 15x12, bathroom 9x12, dining room, 1-1/2 garage, one acre.

CALL TO VIEW (613) 931-2003 or 933-9911

FEB22023

REAL ESTATE REAL ESTATE REAL ESTATE REAL

EXIT REALTY SEAWAY

506 Pitt Street, Cornwall Call 937-4445

www.exitrealtyseaway.com



Maggie Tessier
Sales Rep. 551-2004



Henrietta Duvall
Sales Rep. 937-4445



Judi Auger
Assoc. Broker 930-3536



Dawna Bamford
Sales Rep. 937-0739



Ginette Campbell
Sales Rep. 361-9155



Ellen Ricker
Assoc. Broker 937-4445



Ayn Burmeister
Sales Rep. 678-7530 (cell)



Theresa Mahaffy
Sales Rep. 937-4445



Cynthia Joubert
Sales Rep. 551-2496



Julia Patterson
Sales Rep. 984-0875



Mike Auger
Sales Rep. 551-2469



Francis Rounding
Sales Rep. 937-4445



Hana Novotny
Sales Rep. 937-4445



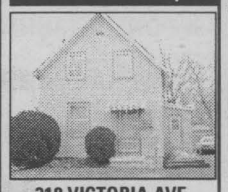
Erica Monty
Sales Rep. 937-4445

OPEN HOUSE SUNDAY 1 - 2:30 pm



116 GLEN OAKS
New Hot Hot Listing Mama Mia! What a great neighbourhood. Home backs on park. Hdwd & ceramic flrs. Large fin. bsmt, 2 baths, 3 bdrms. $89,000/ #694
YOUR HOSTESS CYNTHIA JOUBERT 551-2004

OPEN HOUSE SUNDAY 3 - 4:30 pm



318 VICTORIA AVE.
Wow! Take a look inside, you won't be disappointed. 2 bdrm. with the possibility of a 3rd, 2 baths, main flr. laundry. Single car garage. Don't miss it.
$59,900/ #693
YOUR HOSTESS CYNTHIA JOUBERT 551-2004

OPEN HOUSE SUNDAY 1 - 2:30 pm



415 SARA ST.
Move in condition, 3+1 bdrm. raised bungalow on cul-de-sac. Stop by on Sunday for a tour.
#669
YOUR HOSTESS JULIA PATTERSON 330-1767

2206 CONCORDE



UPDATES GALORE
Excellent floor plan. Enjoy the sunshine from your oversized windows and patio doors. You'll find some hdwd & ceramic flooring. 2 bdrms, one of a kind bathroom. All around brick. #689
CALL MAGGIE 551-2004

4005 CHAPEL ROAD



FABULOUS ESTATE
property on 6.72 acres. Nestled between mature trees, pond & gardens, 3 bdrms, gourmet kit. w/ granite counter tops & built in appl. Frpl, ensuite. Too many upgrades to mention. #605
CALL MAGGIE 551-2004

FIRST TIME OFFERED!



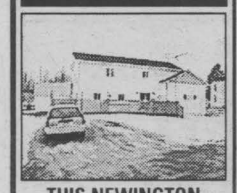
BRICK 3 BDRM. HOME
filled with charm-south facing sunroom & screened in porch overlooking mature 264' lot. Don't miss this one.
$107,700/ #692
CALL HENRIETTA 937-4445

CLEAN, CUTE BUNGALOW



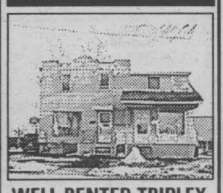
FOUND IT!
Just what you were looking for. Bright kitchen, patio doors to deck and private yard. Nice size rec. room. West end and affordable too.
$66,900/ #663
CALL HENRIETTA 937-4445

NEED SPACE?



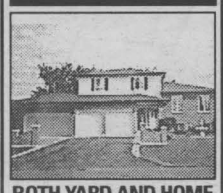
THIS NEWINGTON HOME
offers 3 bdrm.s, 2 baths & large eat-in kitchen with built-in appliances. Large deck & shop with electricity add to overall convenience.
$64,900/ #675
CALL HENRIETTA 937-4445

TRIPLEX



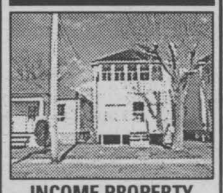
WELL RENTED TRIPLEX
on double lot. Good tenants and rental income of $15,540 yearly. Conveniently located and walking distance to shopping.
$79,900/ #687
CALL HENRIETTA 937-4445

SO MUCH SPACE



BOTH YARD AND HOME
are spacious and well kept.
CALL DAWNA BAMFORD 937-0739
to see for yourself the family features this home has to offer.
#696

15 LEFEBVRE



INCOME PROPERTY
Both have 2 bdrm.s and are presently rented. Large eat in kitchen & hardwood floors.
$52,900/ #691
CALL AYN 678-7530

NEW LISTING



PURCELL STREET
Brand new semi, over 1300 sq.ft.. Features garage, 3 bdrms, gas heat, central air, large patio deck on 2nd floor overlooking St. Lawrence River. A real must to see. $116,900/ #681
CALL GINETTE 551-3321

GOOD STARTER



ROSS STREET
This home has a lot of potential. Features many updates, large lot, 1+2 bdrms., 200 amp service, quiet location & much more.
$64,900/ #650
CALL GINETTE 551-3321

BUILDING LOTS

RIVERVIEW SUBDIVISION
Build your dream home, affordable lots, 72' x 164', fully serviced, water, sewer & gas. Priced from $35,000 - $37,000. Many to choose from.
CALL GINETTE 551-3321

BUILDING LOTS

KIRKMAN COURT ESTATES
(subdivision off Montreal Road)
Executive homes, beautiful river view. Lots available with water access, fully serviced, bike path access, choose your own builder. Don't wait, call now for more details. Lots from $31,000 - $75,000
CALL GINETTE 551-3321

RECENTLY REDUCED



DUPLEX ON LARGE CITY LOT.
Bottom unit renovated. Good income or buy and convert into large home.
#515
CALL JULIA 330-1767

INCOME PROPERTY



RETRO FITTED 4 PLEX.
Good return on investment. 2-1 bdrm. & 2-2 bdrm. apartments. Also, 2 car garage. Great opportunity for first time investors.
$84,900/ #551.
CALL FRANCIS 937-4445

$38,000



HOUSE #1364
GET THE FACTS CALL 1-800-581-4240, JUDI AUGER AND ADD THE HOUSE CODE # WHEN PROMPTED

$109,900



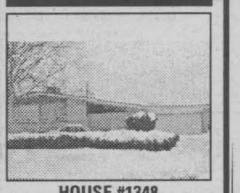
HOUSE #1359
GET THE FACTS CALL 1-800-581-4240, JUDI AUGER AND ADD THE HOUSE CODE # WHEN PROMPTED

$84,900



HOUSE #1357
GET THE FACTS CALL 1-800-581-4240, JUDI AUGER AND ADD THE HOUSE CODE # WHEN PROMPTED

$149,900



HOUSE #1348
GET THE FACTS CALL 1-800-581-4240, JUDI AUGER AND ADD THE HOUSE CODE # WHEN PROMPTED

FEATURE HOME



719 SECOND ST. E.
Oasis in the middle of the city. This home features 4+1 bdrms, library, computer room, Large rec room in the bsmt,office, alarm system and more.



Francis Rounding
Sales Rep.

Call Francis Today
551-2031

EXIT REALTY SEAWAY

HOME SERVICES

The PERFECT HANDYMAN - Renovations, building & addition needs, roofing, siding, drywall, decks, sheds, garages, patios. Call Robert The Perfect Handyman, 525-2197. Free estimates & customer satisfaction.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge & tree trimming, fencing, house painting, snow blowing, yards, basements, lawn cutting. Call 938-1684.

STRIPALL - Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways, No job too big or small, antique or not. Kitchen cupboards completely restored & refinished starting @ $1,500. Free estimates. Long Sault, 534-8494.

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20-yrs. experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

R. BEAUREGARD Handyman Services. General renovations. Fences, decks, phone & internet jack installation. Free estimates. Good rates. Call Richard 931-1186 or Cell 936-6302.

35 BUSINESS OPPORTUNITY

WORK ON-LINE AT HOME. Free start-up. www.Project21toWin@aol.com

SUNBELT BUSINESS BROKERS
CLOTHING STORE
Excellent business. Owner retiring. Small down payment may handle.
www.sunbeltnetwork.com
Ottawa 731-9140, Kingston 389-6713, Cornwall 936-2898

WATKINS! Earn free shares & more. Looking for bright, friendly, ambitious people. Expanding rapidly. For free catalogue, call toll-free 1-877-872-9364.

38 HELP WANTED

EARN UP TO $2,000/MTH working from home. Full training provided. 1-888-212-8971 or visit www.lots2spend.com

ACCESS TO A COMPUTER? Work at home on-line, $500. to $1,500/mth P/T. $3,000+ F/T. www.reachablesuccess.com

ACCESS TO A COMPUTER. Put it to work! $1,000-$5,000 pt/ft. Call 1-800-439-1828. www.its4u2view.com

WE PAY YOU to lose weight! We need 20 serious people immediately. Call 1-800-686-7552 or log onto www.crystalclearweightloss.com.

ATTENTION MONEY MAKERS. An exciting way to make big money with your home computer. $500-$2,000 (+)/mth P/T; $2,000-$5,000 (+)/mth F/T. Free info on line: www.dreampower4u.com

Classifiedplus

KFC INGLESIDE, Hwy. 401, westbound is looking for shift supervisors, part-time cashiers & cooks. Please apply in person or fax resume to: 543-4234, Attn: Robert.

RETAIL HELP REQUIRED
Small business requires person for in-store sales, bookkeeping, payroll. Must be computer literate. Call or submit resume to Green Valley Pools PO Box 515, Alexandria KOC 1A0
525-3743
mar15023

HELP WANTED

TRUCK DRIVERS

Applications are now being accepted for 8 full time positions.
$12.00 to start - $13.50 after 90 days - $15.85 after 1 year.
Pleasant personality and neat appearance required.
Applicants must apply in person with driver's abstract.
Bilingual is a plus. Additional Group Insurance Available.
Interviews - March 25 to March 29 8am - 6pm
Keystone Automotive Operations of Canada Inc.
1339 Rosemont Ave.
Cornwall, Ontario
E.O.E.
mr15021

Between 16 and 24?

We can help you find work

The EERC provides a **FREE SERVICE,** no appointment is necessary. Computers, books, videos, job bank, faxing, photocopying and much more...

A Job Coach is also available to assist you.

Visit us at:

144 Pitt Street, Cornwall.... 933-9675

Satellite offices:
Winchester 774-1845
Chesterville 448-1875

Tous nos services sont disponibles en français

The Employment and Education Resource Centre - Job Connect program is funded by:

The Ministry of Training Colleges and Universities
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CAREER OPPORTUNITY

GM

Well established dealership looking for a salesperson.

Experience preferred, but not essential.
We will train the right individual.
We offer a generous remuneration package; company benefit package.
Highest quality products in the market to sell.
Great growth potential for the right individual.

Submit resume in confidence to:
SEAWAY NEWS, Box #266
329 2nd St. W., Cornwall, ON
K6J 1G8
mar22023

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ROGER VIAU
Sales Rep. 932-1325


TODD THOMPSON
Sales Rep. 937-0292


MICHAEL VANDER MEER
Assoc. Broker 938-2121


840 ALEXANDER AVE. $79,900
(A-MLS 0595) Bring back the sparkle! Are you willing to do a little homework? Excellent spacious 3 bdrm. home
SHERRY McCULLOUGH 937-0891


JAKE LEFEBVRE
Sales Rep. 938-3185


SHERRY McCULLOUGH
Sales Rep. 937-0891


MONIQUE WILLIAMS
Sales Rep. 932-7196


JACK ROY
Sales Rep. 931-1290


MOE LEMIEUX
Sales Rep. 932-9386


ERIC PEDERSEN
Broker 938-9690


MIKE DeBOER
Broker 938-7802


NEW LISTING
16 ST. LAURENT, LONG SAULT $84,900
(M-MLS 0619) Turn back the hands of time, to those charming homes of yesteryear! Beautifully decorated and says "Welcome Home"
SHERRY McCULLOUGH 937-0891

OPEN HOUSE SUNDAY 1:00 - 2:30 PM


1316 LOCHIEL ST. $155,900
(A-MLS 0611) Get ready! Get set! Move! On this beautifully decorated 3 bdrm, 4 level split with personality plus! Won't last long.
SHERRY McCULLOUGH 937-0891

OPEN HOUSE SUNDAY 3:00 - 4:00 PM


NEW LISTING
932 FOURTH ST. E.
(A-MLS 0621) Springtime fresh! March in before April. Dressed up and waiting for a new family.
SHERRY McCULLOUGH 937-0891


434 CLINE AVE. $146,500
(A-MLS 0618) This home has all the "I wants".
SHERRY McCULLOUGH 937-0891


543 GLOUCESTER $69,900
(A-MLS 0577) Toys in the attic? Fin. 3rd floor makes a perfect children's playroom, extra bdrm or home office. Call to view. Let your imagination soar
MONIQUE WILLIAMS 932-7196


WATERFRONT COTTAGE
(J-MLS 0547) Here comes summer! We'll go boating every day!
MONIQUE WILLIAMS 932-7196


780 YORK $66,900
(A-MLS 0570) There's no place like home! Adorable & affordable. Don't let this home slip away from you
MONIQUE WILLIAMS 932-7196

15 BERGIN
- 4 bdrm., 2 storey
- **Reduced $63,500**
(A-MLS 0527)

311 PITT ST.
- 2 comm. stores & 2-2 bdrm. apts above
- **$85,000** (A-MLS 0551)


6218 164th AVE., BAINSVILLE - $129,900
(I-MLS 0548) Nice property with 2853 sq.ft. quick access & excellent view of Lake St. Francis. 4 bdrms, 28x28 family rm, garage, boathouse w/lift, dock, lot 102x 231.
MOE LEMIEUX 932-9386


GLEN WALTER PRICE REDUCED $92,500
(J-MLS 0585) Mint condition. 2 bdrm. built in 1995. Many extras. Cathedral ceilings, open concept.
JACK ROY 931-1290


WHY RENT? OWN FOR $315/MTH OAC
(A-MLS 0478) Just north of Montreal Rd via lane, sits this immaculate 2-storey home. Excellent for bachelor or couple. Low expenses & main.
JACK ROY 931-1290


SOLD
16265 CONC. 9W RR2 LUNENBURG $144,900
(O-MLS 0613) Space & sunshine graces this 6 year old raised bung., 3+1 bdrms., 2 baths, gourmet kit. nestled on lot 150x549.
MONIQUE WILLIAMS 932-7196


20590 HERON BAY LANCASTER $345,000
(G-MLS 0437) Waterfront. View-T-Ful! Where Mother Nature is the major developer. 3 bdrms, sunrm, prop. gas frpl, dbl boathouse w/guest house on upper level
MONIQUE WILLIAMS 932-7196

WE HAVE THE KEY TO YOUR NEW HOME!

251-254 PITT ST.
- comm. bldg with 3 incomes
- **$180,000** (J-MLS 0554)

TYOTOWN RD
- machine shop
- **$185,000** (J-MLS 0518)

ROGER VIAU 932-1325


16725 DUFF'S CORNERS RD. $114,900
(L-MLS 0533) Small 5.54 ac hobby farm. Well-maint home with some updates. Metal roof '93; breakers 2000; windows '93. Nice private setting
MOE LEMIEUX 932-9386


18546 CTY RD 19, SOUTH BRANCH RD. $349,000
(J-MLS 0609) Unique country home with beautiful sunny southern exposure on 13 ac. 3-levels recently renov, indoor ing pool, exquisite in-law suite with 2 entrances & much more
MOE LEMIEUX 932-9386


340-342 SEVENTH ST. E. $79,800
(A-MLS 0340) Double tenement. 2-2 bdrms, good condition 2 separate driveways.
ERIC PEDERSEN 938-9690


338 SEVENTH ST. E. $49,800
(A-MLS 0341) Income property. 2 units in very good condition. Gas heat.
ERIC PEDERSEN 938-9690

PARKWAY ESTATES BUILDING LOTS
JUST WEST OF LONG SAULT
$42,900 +GST
(O-MLS 0481) Fully serviced lots 100x200. Includes excavation of foundation, sodded front & side yards, installation of driveway. Choose your own contractor.
ERIC PEDERSEN 938-9690


NEW PRICE $47,000
(A-MLS 0567) 4 bdrm. home, two baths, full bsmt. Could be converted to dbl. tenement.
ERIC PEDERSEN 938-9690

LOTS OF ROOM $279,000
(J-MLS 0475) Over 3000 sq. ft. of living area. 4 bedrooms, study, loft, 4 baths, 2-car garage plus 30x40 work garage. Just minutes east of the City on a large lot 166x260. Call Eric now to book your private viewing
ERIC PEDERSEN 938-9690




324 SIXTH ST. WEST $54,900
(A-MLS 0598) Clean 2 bdrm bung with rec room. Good starter
TODD THOMPSON 937-0292


451-453 FOURTH ST. W. REDUCED...$46,900
(A-MLS 0574) Side by side, 2-3 bdrm. units. Good for the handyman. Priced to move.
TODD THOMPSON 937-0292


4-UNIT - $110,000
(A-MLS 0578) Includes operational convenience store and equipment.
TODD THOMPSON 937-0292


NEW LISTING
$64,900
(MLS 0622) Great 3 bdrm. home with many updates. Perfect starter.
TODD THOMPSON 937-0292


SOLD
116-118 THIRD ST. E. $54,900
(A-MLS 0601) Side by side duplex. 2 bdrms each unit. Great for the handyman
TODD THOMPSON 937-0292


DAFOE ROAD $129,900
(O-MLS 0559) Hobby farm north of Ingleside, 55 acres, 2000 sq.ft. home. Too many renovations to mention. Circular Drive.
MIKE DeBOER 938-7802


4 PLEX - $62,900
(A-MLS 0582) Good square building sided, paved parking. Good potential.
MIKE DeBOER 938-7802


INCOME PROPERTY $123,500
(A-MLS 0396) 3 rental units. Good condition. Large lot, heated work garage 25x60
ERIC PEDERSEN 938-9690


CORNWALL $89,900
(A-MLS 0515) Semi-detached in excellent condition. Finished basement, deep lot
JAKE LEFEBVRE 938-3185

BUYING OR SELLING?
Jake will spoil you rotten with good service
JAKE LEFEBVRE 938-3185


HOBBY FARM $119,900
(O-MLS 0593) Century 3 bdrm home on 97 acres located northwest of Ingleside
MIKE VANDERMEER 938-2121


MONTREAL ROAD $59,900
(A-MLS 0506) 4 plex with commercial storefront. Many possibilities.
MIKE VANDERMEER 938-2121

LONG SAULT $99,900
(M-MLS 0607) 3 bdrm. brick bung. on large fenced lot. Possibility of in-law suite.
MIKE VANDERMEER 938-2121

LONG SAULT $166,900
(M-MLS 0603) 3 bdrm. all brick bung., almost 1900 sq.ft. on main flr. & only 4 yrs. old. Quality Blue Max construction.
MIKE VANDERMEER 938-2121

NEW LISTING
HORSE FARM $149,900
(M-MLS 0620) 4 bdrm. century home on 58 acres with good barn set up for horses & dbl. car garage with workshop.
MIKE VANDERMEER 938-2121

40 AUTOS FOR SALE

CREDIT PROBLEM - We can help with over 50, late 90's cars, trucks or vans, all safetied & serviced prior to delivery. Only the highest quality vehicles offered. 24-hr approval & delivery. Call Car-o-line Auto's, 613-448-2488, long distance 1-877-820-5598.

1999 CHEV S10, automatic, 107,000 km, short box, cruise control. Without safety $10,000. or certified $10,500. negotiable. Call 361-2437.

Classifiedplus

1994 CHRYSLER CONCORD, V-6, 3.3, very good cond. fully loaded, $4,900. safetied. 1992 Chrysler Dynasty, V-6, 2.3, auto, loaded, very good cond. $2,400. safetied. Gerard Poirier Auto Sales, 2 km east of Alexandria on Lochiel Rd. towards Glen Robertson. 874-2440.

41 BABYSITTING

CHILDCARE SERVICES for 16-mth-old & up. Indoor/outdoor play, educational games, arts, crafts, storytime, nutritious meals. Non-smoking home. Priority: Care/Respect for children. Call Connie, 936-1889.

57 DJ'S

POWER SOURCE DJ's. Part of the professional group of D.J.'s. Specializing in stags, weddings & any other special occasions. Karaoke & lights. Call Ray 938-1962/Rod 936-0652.

68 CARTING/ MOVING/STORAGE

DO YOU HAVE APPLIANCES that collect dust?? Want to dispose of them? Call 930-2470.

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

71 HALL RENTALS

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, over-head projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $500. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

Classifiedplus

72 HEALTH/DIET/ BEAUTY

SPRING HAS ARRIVED at Augusta Hair Care. All perms starting at $40. Long hair $50. Men's haircuts $8. Walk-ins welcome. After 3pm by appointment. Call Gloria, 933-2627.

76 PETS/ LIVESTOCK

BEAUTIFUL PUPPIES: Shelties, Pomeranians, Pom Mixes, 10-mth-old Pittbull & others. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

AUCTION SALES

Auction Sale
Wed. March 27th 6:30 pm
Household items, furniture, glass and collectibles
Ray Smith Auction Hall
33 Queen St., Crysler, Ont
Owner/Auctioneer
Not Responsible for Loss or Accidents
Terms: Cash
SN2
For info. or to consign
613-346-5483

AUCTION SALES

REAL ESTATE AUCTION

4106 Avonmore Rd. (Cty. Rd. 15) midway between Long Sault and Avonmore "4 Corner Store and Pizzeria"

Saturday, April 13th - 11:00 am sharp!

TO BE SOLD ON SITE: Small house/store business and Pizzeria on 6+ acres of land. Everything goes for one price! There are two separate deeds i.e. Pizzeria and barn on 5+ acres - house and store on balance of lot. Property includes stock and equipment. Business is good, owners are retiring. The Pizza Business is only take-out and very lucrative because the pizzas are fantastic and enjoy an excellent reputation far and wide. This offering represents a super opportunity for a couple or an ambitious entrepreneur. The location is great with no nearby competition.

This property **WILL BE SOLD** subject **ONLY** to a minimum bid of $50,000. **TERMS** $5,000

OPEN HOUSE
Saturday April 6th 1-3 pm
Note: This is a good one - check it out!

MR8024
"Have Gavel Will Travel"
Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

ANTIQUE & COLLECTIBLE AUCTION

SATURDAY, MARCH 30th, 10:00 AM
MARTINTOWN COMMUNITY CENTER

ANTIQUES & FURNITURE: Gibbard Dining Set & Tea Wagon, Oak; Secretairies, Parlour Tables, Fern Stands, China Cabinet, Bow Front Mirrored Dresser,Wall Mount Coat Rack, Dining Table/chairs, Mahogany Parlour Table, Walnut Bookcase/Desk, Bird's Eye Maple Chest, Other; Console Table, Side by Side, Smokers Table, Living Room Set, Cedar Chest, Blanket Box, Retro Kitchen Set, Safe, Baker's Table, Crocks, Hammered Copper, Child Wicker Chair, Candle Moulds, Aladdin Lamp, Magneto Wall Telephone, Reverse Painted Lamps, Granite Ware, Lanterns, Barometers, Bridge & Torchere Lamps, Magic Lantern Slides, Chocolate Mould, Apothecary Bottles, Sade Irons, Tools, Mannequin, Hooked Rugs, Frames. CHINA, GLASS & METALS: partial set Flow Blue, Doulton Lambeth, Shelley, R. S. Prussia, Royal Worcester, Nippon, Limoges, Minton, Masons, Meissen Platter(as is), Old Foley, Spode, Royal Albert, Tuscan, Wedgwood, R.S.Silesian, Woods & Son, Wade, Crown Devon, Anysley, Susie Cooper, Paragon, Gaudy Welsh, Dresden, Noritake, Roseville, Quimper, McCoy, Carletonware, Fulper, Royal Winton, Pennsbury, Signed Pottery, Majolica, Bisque, Art Glass, Satin, Depression, Jadeite, Delphite, Northwood, Cranberry, Pressed, Crystal, Heisey, Daum, Occupied Japan, Character Jugs, Cruet Sets, Sterling, Copper, Flatware. TOYS & COLLECTIBLES: Lionel Train Set, Marx Train Accessories, Die cast(Corgi, Dingy, Lesney, Tri-Ang), Gama Wind Up Tractor, Tin Toys, Dolls;German Felt O.B., Japan Bisque, Norah Wellings, Wind Up, Cut Outs, Bakelite Mah Jong Game, Planters Peanut Jar, Advertising Boxes, Tins, Sporting Goods, Tobacciana, Automobilia, Ivorex, Posters, Radio; Marconi Plastic, Bakelite Northern Electric O.B., Philco Wooden, Stanley Tools, Signed Decoys; Thibert, C. White, Fishing Tackle, Snowshoes, Folk Art, Retro Kitchen items, Cookie Jars, Post Cards, Waterman Pens, Lead Soldiers, Religious, 9mm Movies, Wades. JEWELLERY & TIME PIECES: Estate Gold, Diamonds, Sterling, Ladies Pocket Watches, Bakelite, Collectible Costume; Sherman, Jay-Flex, Lalique & Val St. Lambert signed Perfume Bottles O.B., Compacts, Trinket Boxes, Mesh & Beaded Purses, German Coo Coo, Sessions Marble Mantel. ART, BOOKS & COIN: Children's Books, Picturesque America, 1909 Flowers of the Holy Land, Charlotte Brontee, Inuit Carvings, Original Art of Lise Lajoie, plus others, Black Memorabilia Pencil Sketch, Etchings, Sketch of Fangio at 1950 Dutch Grand Prix signed, Prints, Sterling Circulated and Non Circulated (listing available in gallery). CLOTHING, LINEN, TEXTILES: 50's Hats, Quilts, Parisian Shawl, Brocade. MISCELLANEOUS: 5 hp Garden Compost, 5 hp Sea King Outboard Motor.

TERMS: Cash, Visa, Mastercard, Interac, or acceptable Cheque. Viewing 8:30 AM. Photos in Gallery @ www.theresataylor.com

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Toll Free: 1-877-746-9333
www.TheresaTaylor.com

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AUCTION SALE

Saturday, March 30th 9:30 am
For Mr. Ed Goodspeed of Avonmore & inclusions
To be held at the Osnabruck Centre Hall
from Hwy. 401 Ingleside Exit, travel North approx. 1.5 km
ANTIQUES - COLLECTIBLES- GLASS -
HOCKEY MEMORABILIA -
MUSICAL INSTRUMENTS -
COLLECTION OF HOOKED RUGS

1/4 sawn oak stacking bookcase, spool corner shelf, hanging magazine rack white knobs, old wooden towel rack, Belmont barber chair, assortment of oil lamps, crocks & jugs including F&V Blue Bird, postcards, Coca Cola trays, approx. 60 vintage hats, 2 sets of old decoys, advertising tins & signs, pictures & prints, early chalkware pieces, 18 hockey scrapbooks from the 60's, 100 year old French fiddle, banjo, 4 guitars, antique clarinet, toys, good selection of glass. Partial list only.

Owner & Auctioneer not responsible for loss or accident
Terms: cash or cheque with proper I.D
Note: Sale to start at 9:30 am with modern furnishings to be followed by antiques at approx. 10:30.

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AUCTION NOTICE

BEST WESTERN PARKWAY

(CORNWALL)
1515 VINCENT MASSEY DRIVE
WEDNESDAY, MARCH 27TH 6:30 PM
(PREVIEW FROM 5:30)

FURNITURE

Partial listing only: outstanding Empire style walnut desk with leather top; curved glass corner china cabinets; (9) pc.. mahogany dining table set with 8 chairs and matching china cabinet; Guilt pierced carved queen size bed with fabric tufted headboard; federal style bookcase with eagle accents; pr. of French medallion back side chairs (ex. condition); grandfather clock; mahogany 3 dr. china cabinet with bonnet top; Victorian style roll-arm chaise lounge; console tables; elaborately carved mirrors; Lyre-based Duncan Phyfe tables; tea cart; hand painted commode with floral motif; primitive carved bookcase C/W 2 bottom drawers; beautiful salon set; gramophone; primitive carved bench; heavily carved chair with carved lions heads; linen press; approx. 6' 6" heavily carved armoire (suitable for entertainment unit); Chevelle mirror; Louis XVI medallion-back side chair; several occasional Canadiana style cupboards; ornate inlaid French marble top commodes and side tables; mahogany bookcases; chaise lounge; drop-front desk; rustic jam cupboard; pr. unusual birdseye maple side tables with marble tops; French commode with burled Kingswood and subtle ormolu mounts "a must see"; Deacons' bench; hand painted craft cabinet; 8 drawer 16 bottle wine rack; hall chest; library table; country harvest table c/w 6 curved back primitive style chairs; 7 drw. inlaid lingerie cabinet; gentleman's 8 drw highboy with buried inlaid fronts; heavily carved mahogany king size bed; french provincial curio cabinet; wardrobe; teak walnut nesting tables with iron legs; carved pedestals; several occasional side tables; blanket boxes; unusual carved cabinet; Canadiana dining table with hand forged accents; elaborate 2 dr. wrought iron wine rack 5' high with 71 bottle capacity; mahogany bachelors chest; coat rack. etc.

MISC. & COLLECTIBLES

Large selection of leaded glass, reverse painted, puffy and porcelain table & floor lamps; bronze based torchere lamp; bronze pedestals; candelabra sets; glassware; beautiful selection of collectible art glass & imported glassware; Royal Doulton figurines; china; Royal Limoge, Chintz, Satsuma; large collection of assorted silver items; etc. Remington bronzes "After the Master" - Cheyene - Horse Thief; many classic bronze statues & urns; pr. or bronze cranes 47' & 55' high; bronze figure sea captain 20" high; bronze ballerina; 5' bronze lady holding an urn; small wood and hand forged sea chest; approx. 15 hand knotted Persian carpets ranging in size 3'x5' to 7'x10' Persian, Ghabeh, Balulch, Tabriz, Bukara, Turkman, etc.; collection of oil paintings; limited edition, studio and decorator prints - by well known Canadian and American artists, featuring a tribute collection by Group of Seven artist A.J. Casson, etc, etc. - far too many to list from this great collection.

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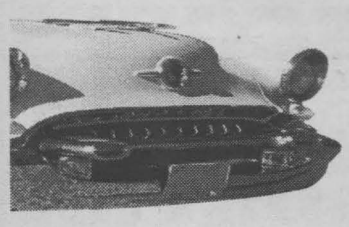
TERMS: No charge to register. Payment by cash, approved cheque, Interac, Visa, Mastercard, Amex. A 5% buyers premium will apply. Sale subject to additions and deletions. **DIRECTIONS:** From Hwy. 401 Exit # 789 Brookdale Ave. go south 2-3 km on the west side of Brookdale (watch for signs).

mar22023



YOUR AUTO CORNER

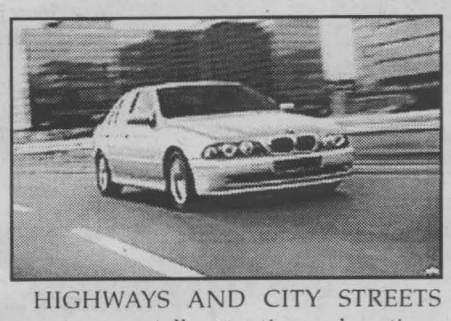
Safety Tips For Highways And Urban Areas

(WMS)—Few people think about getting into an accident when they sit behind the wheel. After all, if you stopped to worry about every possible scenario, you might not make it out of the driveway. Yet, there are certain safety precautions that every driver should be aware of, especially when traveling on bustling city streets or busy highways.

Be aware of larger vehicles

When driving on the highway you are at a serious disadvantage if involved in a crash with a larger vehicle. In order to keep you and your family safe when driving around trucks, you should be extra cautious. Here are a few ways to minimize injuries according to the Federal Motor Carrier Safety Administration:

• Cutting in front can cut your life short—If you cut in front of another vehicle, you may create an emergency-braking situation for the vehicles around you, especially in heavy traffic. Trucks and buses take much longer to stop in comparison to cars. If you force a larger vehicle to stop quickly this could cause a serious, even fatal accident.



HIGHWAYS AND CITY STREETS require especially attentive and cautious driving.

• Watch your blind spots—Large trucks have blind spots, or "No-Zones," around the front, back and sides of the truck. A truck could even turn into you, because these areas make it difficult for the driver to see. So, don't hang out in the "No-Zones," and remember, if you can't see the driver in the truck's mirror, then he or she probably can't see you.

• Avoid squeeze play—Be careful of trucks and buses making wide right turns. If you try to get in between the truck and the curb, you'll be caught in a "squeeze" and can cause a serious accident. Truck drivers sometimes need to swing wide to the left in order to safely negotiate at right turn, especially in urban areas. They can't see cars directly behind or beside them. Pay attention to truck signals and give them lots of room to maneuver.

On city streets

City driving requires a completely different style of defensive driving than highway driving. More street signs, narrower roads and a greater concentration of people require a driver to always be aware of the surroundings.

• Be an attentive driver—Inattentive drivers can be very dangerous when they drive slowly or ignore signals and create an emergency-braking situation. Young children running into the street, lights from stores along city roads and a host of other distractions could catch a driver's attention. When you are driving, focus only on the road.

• Avoid aggressive drivers—These people put themselves and others at risk with their driving style. Speeding, running red lights and stop signs, and pulling out of parking spots quickly or in front of buses can create dangerous situations. It may also lead to road rage for the aggressive driver or for others sharing the road.

Use common sense

On all roads across the country remember to drive safely and courteously. Always buckle your seat belt – your best protection in the case of a crash. And never drink and drive. Alcohol affects a person's ability to make crucial driving decisions, like braking, steering or changing lanes.

Spring Tire Maintenance Checklist

(NC)–The snow, ice and bad roads of a typical Canadian winter can place a heavy toll on your tires. Now that spring is here, follow this simple tire maintenance checklist to save fuel and money, minimize your vehicle's exhaust emissions and improve your driving safety.



• If you use winter tires, change them to "summer" or "all season" as soon as it's safe to do so. The heavier tread of winter tires increases rolling resistance and fuel consumption.

• Independently of the type of tires you use, check the tire pressure every time there is a sharp change in temperature. Cold temperatures decrease the air pressure in tires, which increases rolling resistance and wastes fuel. In fact, tire pressure should be checked at least once a month throughout the year.

• Check your tires for uneven wear, which can be a sign of chronic underinflation or overinflation, improper wheel alignment or tire balancing, or a problem with the suspension system.

• Look for imbedded stones, glass or other foreign objects that could work into the tire and cause a leak.

• Consider having the tires rotated. This distributes the wear evenly between all four tires, promotes long tire life and helps your tires deliver the best possible fuel economy and safety. Check the owner's manual for recommended rotation patterns and intervals (usually every 10 000 kilometres).

Engine - Smart Tip Checklist

• A dark brown or black stain under the vehicle could mean an oil leak.

• An oil pressure light that stays on after the vehicle is started, or after it's been running, means the vehicle needs immediate service.

• If oil appears black and gooey on your dipstick, have the oil and filter changed immediately.

• If you experience an engine that keeps running after the ignition is turned off, consult your Goodwrench Service Plus dealer.

• When gas mileage or performance drops, the air cleaner, spark plugs and/or carburetor/fuel injectors may need attention.

• Damp green-coloured spots or signs of rust near hose connections and the water pump are signs of engine coolant leakage. Have them checked immediately.

• If your engine takes a long time to warm up or the heater won't produce enough heat, have the thermostat checked.

• Rough idling, hard starting, sluggish performance and poor mileage are all signs that a tune-up may be needed.

"Smart Guide" Routine Maintenance

• Engine Oil Change: At least every 5,000 km or three months (short trip/city driving), or 12,500 km or 12 months (long trip/highway driving).

• Oil Filter Change: At least every 5,000 km or three months, (short trip/city driving), or 12,500 km or 12 months (long trip/highway driving).

• Engine Drive Belt Inspections: Every 50,000 km or 24 months.

• Spark Plug Replacement: Every 50,000 km or 24 months.

• Spark Plug (Platinum Tipped) Replacement: Every 166,000 km.

• Spark Plug Wiring Inspection: Every 50,000 km or 36 months.

• Air Cleaner Filter Change: Every 50,000 km or 36 months, or when necessary, based on driving habits.

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OPÉRATEUR (12$)
Principales fonctions: Accueillir les clients, contrôler les quantités et les articles reçus ou livrés, opérer de façon sécuritaire un chariot élévateur, participer au contrôle de l'inventaire, effectuer divers travaux d'entretien sur l'équipement et dans la cour.

COMMIS D'ENTREPOT (10$ À 11$)
Principales fonctions: Accueillir et informer les clients, faire la gestion des marchandises, participer au contrôle de l'inventaire, faire l'entretien du magasin et autres tâches connexes.

Profil recherché pour ces trois postes: Avoir accumulé une année d'expérience dans des fonctions similaires. Responsable et ayant démontré un bon esprit d'équipe, vous êtes une personne enthousiaste qui désire accroître ses compétences. Certains emplois peuvent exiger une bonne condition physique.

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POWER INTERRUPTION

Hydro One is improving service in your area

Date: **Sunday, March 24, 2002**
From: **4:30 a.m. - 9:00 a.m.**

Alternate Date:
Sunday, March 31, 2002 (Same Times)

Affected Area:
Villages and surrounding areas of:
North Lancaster, Glen Nevis, Green Valley
Glen Roy, Alexandria, Maxville, Elmo

The following villages will be affected for only ten (10) minutes at the start of the outage:
- Fassifern, Laggan, Kirkhill, McCrimmon,
- St. Bernadin
- Parts of Lochiel Twp, Lancaster Twp, Kenyon Twp.

This interruption is necessary to perform maintenance and upgrades to our equipment. If you are one of the customers affected, we apologize for the inconvenience. However, scheduled power interruptions are necessary to maintain a reliable power delivery system. Your patience is appreciated.

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O	L	I	O	■	R	O	A	R	■	A	R	E	A	S
U	S	E	R	■	E	D	G	E	■	W	I	D	T	H
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A	G	A	M	A	■	A	S	E	A	■	M	L	L	E
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HOROSCOPES

March 15TH - 22ND

Aries – March 21/April 20
You're not concerned with other people's opinions this week, Aries. You are feeling quite confident and loving every minute of it. Consult with friends for weekend plans.

Taurus – April 21/May 21
It seems that romance is key for this week, Taurus. You are well equipped to handle any situation that comes your way — so make the most of chances for passion. Libra could be a love match.

Gemini – May 22/June 21
Stop your excessive worrying, Gemini, things will turn out just fine. Capricorn is a key player in surprising events on Thursday. Expect an outcome you never expected.

Cancer – June 22/July 22
Now is the time to take chances and step out into the public spotlight, Cancer. Make the most of your confidence to pursue a new love interest. Don't look too far for that someone.

Leo – July 23/August 23
This week's struggles won't go away with a quick fix. You must pull out the big guns and spend some time and consideration on this difficulty. Look to Pisces to lend a hand.

VIRGO – Aug 24/Sept 22
The more you learn, the more you are anxious to use your knowledge, Virgo. All matters concerning technology are child's play this week. Others need your help.

Libra – Sept 23/Oct 23
You provide the missing link in an important work project, Libra. Tuesday will prove to be your most productive day of the week. Use it as your power day and all others will look toward you as a leader.

Scorpio – Oct 24/Nov 22
You're the master of your domain, Scorpio and you feel great. An easy work week leaves you plenty of time to sit back and enjoy the scenery. A natural loner, enjoy it alone.

Sagittarius – Nov 23/Dec 21
You are not in the mood for commotion this week, Sagittarius, so stay away from those who are loud and overbearing. Spend some serene moments with your mate.

Capricorn – Dec 22/Jan 20
Let work associates get a peak at what makes you tick, Capricorn, and you'll seem less mysterious to them. A testy boss confronts your work ethic. Be patient and the situation will blow over.

Aquarius – Jan 21/Feb 18
You've bitten off more than you can chew this week, Aquarius, but there's no backing out now. Best to call in the reserves, namely a few trusty friends who can lend a hand.

Pisces – Feb 19/March 20
When a close friend pushes your limits, it's best to stand by your principles and not go along with this person's plan. Trouble is not what you need right now.

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--- CARS ---

99 Ford Taurus Wagon, V5, loaded, p.seat, 65,000 kms
99 Buick Century, custom, V6, fully loade[SOLD]ms, one local owner
99 Chev Cavalier LS, 4dr, 4cyl, auto, air, cr, tilt, p-locks CD, 35,000 km's
99 Pontiac Grand Am SE, 4dr, 6cyl, auto, loaded, p-seat, CD, alum. wheels, spoiler, steering controls, 76,000 km's, mint
99 Chev. Cavalier, 2 dr., 4 cyl., std, 55,000 kms
98 Chrysler Cirrus LXI, 4dr., V6, auto, loaded, 41,000 kms
98 Ford Contour SE Sport, V6, 4dr., auto, loaded, spoiler, 91,000 kms
98 Nissan Altima GXE, 4dr., 4 cyl, auto, loaded, CD player, 52,000 kms
98 Saturn SC1, 2dr., 4 cyl, auto, air, 54,000 kms
98 Pontiac Sunfire GT, 2dr., 4 cyl, auto, loaded, 85,000 kms
97 Eagle Vision ESI, V6, auto, 4dr., loaded, local trade, 105,000 kms
97 Chrysler Concorde LXI, 4dr., V6, loaded, leather, CD, 2 p.seat, 113,000 kms
95 Buick LeSabre Custom, full load, remote starter, 151,000 kms
94 Pontiac Grand Am, 4dr., V5, auto, loaded, 114,000 kms
94 Volkswagen Jetta GL, 4dr., auto, air, tilt, cruise, p.locks, 125,000 kms
92 Mazda Protege, auto, sunfoom, 1[SOLD]

--- VANS ---

02 Dodge Grand Caravan ES, 3.8L, V6, auto, 3 p.doors, loaded
99 Chev Venture LS, V6, loaded, 2 sliders, quads, 90,000 kms

--- TRUCKS ---

97 Toyota RAV 4, 4x4, 4dr., 4 cyl, auto, full load, 4x4, 47,000 kms
97 Chev 1/2 Ton, V6, AT, p.s., p.b., A[SOLD]00 kms
96 Ford Ranger, 4 cyl, standard, fibre glass cap, 178,000 kms
96 Chev Silverado Ext cab, pick-up, V8, auto, CR, tilt, p-wind, P-locks, fibre glass cap, 117,000 kms, local truck
92 Chev S10 Tahoe Pickup, ext cab, V6, auto, fibre glass, cap

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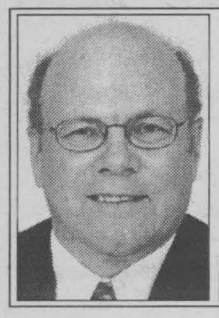

Amazing Grace

Pastor Bob
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"But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ from the dead will also give life to your mortal bodies through His Spirit who dwells in you." Romans 8:11.

If a doctor said to you that the bad news is "you're sick and you're going to die," the good news however is "we have the cure and you will live." How many of us would cry out "give me the cure quick!"

That, in a nutshell, is the condition of each of us. You see, we are all born with a disease called "S-I-N." No, that's not your social insurance number. It's a word that describes our natural tendency to violate and go against God's divine laws and ways. You see, our problem as humans is not so much our "many sins" that we commit continuously, but rather our human sinful nature that is always going against God's ways. We are born into this state and as we grow up, this "sin producing machine" of ours takes on various aspects such as killing, stealing, cheating, drinking, etc...and the list goes on. It's not one particular sin God is concerned per se, but our human sinful nature that flows through our very being. We are infected with this sin nature in our own lives and our whole civilization is as well infected and we are seeing the results. Just watch the daily news on any station and you will see what I mean; rapes, killings, mass murders, drugs, bike gangs, etc. Now that's the bad and unless God intervenes, humanity is destined to spiral and spiral into deeper destruction.

Now comes the good news. God has provided an antidote for the "sin" problem. Not a pill, not an injection, not a reformation of mankind but a transformation from within our human nature through a miracle we call, "salvation." You see, God sent His Son, Jesus, to die on a cross which we will be celebrating next Friday (Good Friday, March 29th, 2002) to pay the ransom or the penalty for all the sins and sin of humanity and in doing, made a way for our hearts and lives to be transformed miraculously. Believe me, it truly is a miracle to see lives transformed by the power of God, to see lives previously destroyed by sin (drugs, alcohol, pornography, etc.) and then completely restored and living useful lives again. That's the miracle, that's the power, that's what Good Friday and Easter Sunday are all about. Jesus rose on Easter Sunday and the power that raised Jesus from the dead is the same power that will set you free and raise you up to a new life. It's awesome news and this Holy weekend, open your heart to God and receive His cure for your life.

Pray with me: "Dear God, if what this article says is true, then yes, I'm in need of Your miracle salvation. Help me to realize what Jesus did on Calvary, help me to see Your love for me, help me to understand who You really are, and help me to get healed and to live for You. Amen."

Remember as always, God loves you! He really, really does!



Paulette Poirier
Homeopath

Homeopathy and Allergic Reactions

92 year old Mrs. D. had always been hypersensitive to medication. Eighteen months ago she had a severe reaction to penicillin. Her lower left leg was terribly itchy, the skin was flaky and had to be bandaged, since the wounds would always ooze down her leg and into her slippers. The leg had different shades of purple with many ugly ulcers. Every day for the past year a nurse would remove the bandage, wash her leg where the skin would shed, then she would wrap the leg up again. The itching was driving her out of her mind.

The cure: *Calendula* (marigold) and *Nitric Acidum* were the homeopathic remedies given to her Within 4 weeks the itching was 75% better and the skin was regaining its more natural colour. After another 4 weeks the ulcers were finally under control and were gradually healing. The itch was gone!

Keep in mind that Homeopathy treats the person and not the disease, so two people with the same problem may require different remedies.

QUESTIONS?

Paulette is available every Tuesday for more information between 2 pm - 5 pm

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OBITUARIES

SÉGUIN - William



Born in Hawkesbury, Ontario in 1908, passed away peacefully with his son René Séguin and family at his side at the Hotel Dieu Hospital, Cornwall, Ontario on Friday, March 15th, 2002. William Séguin, age 93 years, dear father of William (Lou) Séguin Jr. of Cambridge, Ontario, René Séguin (Jacqueline) of Cornwall, Ontario. Sadly missed by his grandchildren, Donald Séguin, Mrs. Carole Sauvé (Michel) and Marc Séguin (Ellen), great-grandchildren, Chantal and Mathieu William Séguin, all from Cornwall, Ontario. Dear son of the late Willey (Bill) and Marie-Louise Lauzon. Dear brother of Adrien Séguin (Olita Bergeron) of Cornwall, Ontario, and Rita Waldorf of Massena, New York. Predeceased by four brothers, Ovila, Lorenzo, Lucien and George Séguin and by two sisters, Mrs. Alice Poitras and Mrs. Anna Pilon. William Séguin worked as a loom fixer at the Stormont Cotton Mill in Cornwall, and later worked at Dominion Textiles in Cambridge, Ontario until his retirement.

As expressions of sympathy, memorial donations to a charity of your choice would be appreciated.

BRAY - Beverly Gloria

Passed away at the Ottawa Hospital - General Campus, Ottawa, Ontario on Tuesday, January 29th, 2002. Mrs. Beverly Bray, in her 58th year, born in Cornwall, Ontario and formerly of Cornwall. Dear daughter of the late Robert Harps and the late Margaret Tyo. Beloved wife of Lionel Bray. Loving mother of Paul Bray (Rhonda) and Mark Bray (Brenda) both of Cornwall, Ontario. Dear sister of Leo Harps, John Harps (Cecile), Samuel Harps (Margaret), Joyce Ouellette (Victor) and Loretta (Laurie) Brisson (Wilfred) all of Cornwall, Ontario. Dear grandmother of Katherine, Ryan and Emily-Rose. Predeceased by brothers, Francis Harps and Adolphus Harps, and sisters, Sarah Lapier and Ethel Montroy. Rested at the Wilson Funeral Home. The Liturgy of the Word was celebrated in the Chapel of the Wilson Funeral Home on Friday, February 1st, 2002. The soloist was Candy Provost. Rite of Committal to be held at a later date. Funeral arrangements were under the care of Wilson Funeral Home.

BOYER - Therese

Passed away at the Versa Care Centre, Cornwall, Ontario on Thursday, January 31st, 2002. Mrs. Therese Boyer, in her 70th year, born in Cornwall, Ontario and formerly of Cornwall. Dear daughter of the late Hormidas Giroux and the late Rose Giroux (nee Gregoire). Beloved wife of the late Vern Boyer. Loving mother of Robert Boyer (Joy) of Cornwall, Ontario, Rick Boyer (Caroline) of Bonville, Ontario and Michele Boyer of Ottawa, Ontario. Dear sister of Andre Giroux (Dora) of Northfield Station, Alice Ladouceur (Arthur) and Jean Jarvo (Garth) both of Cornwall, Ontario. Cherished grandmother of Daniel, Michel, Aimee, Mesha, Philip and John-Paul; and great-grandmother of Christian and Tristan. Predeceased by daughter, Alice. Rested at the Wilson Funeral Home. The Mass of the Resurrection with commendation and farewell was celebrated by Reverend Denis Vaillancourt in Precious Blood Roman Catholic Church on Monday, February 4th, 2002. Rite of Committal to take place at a later date in St. Columban's Parish Cemetery. Funeral arrangements were under the care of Wilson Funeral Home.

WHEELER
- Mary Josephine (Jessie)

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Thursday, January 31st, 2002. Mrs. Mary Josephine (Jessie) Wheeler, in her 78th year, born in Belleville, Ontario and formerly of St. Andrews West, Ontario. Dear daughter of the late Joseph Patrick (Paddy) Nash and the late Bridgette Buglar. Beloved wife of the late Joseph Gabriel (Gabe) Wheeler. Loving mother of David Wheeler, at home. Dear sister of William (Bill) Nash (Pauline) and Sheila Nash, both of Belleville, Ontario. Also survived by several nieces and nephews. Predeceased by son, Stephen Patrick Wheeler, brother, Patrick Nash, and sisters, Jean Joyce (Sylvester) and Marie Nash. Rested at the Wilson Funeral Home. The Mass of the Resurrection with commendation and farewell was celebrated by Reverend Bernard Cameron, assisted by Reverend Kelvin Maloney, Reverend Kevin Maloney, Reverend George Maloney as Homilist and Reverend Mr. Chris Chisholm in St. Andrews Roman Catholic Church on Monday, February 4th, 2002. Rite of Committal to take place at a later date in St. Andrews Parish Cemetery. The pallbearers were Harold Smith, Bob Sherwin, Robert Wheeler, Gary Smith, Kevin Wheeler and Al Avdovich. Funeral arrangements were under the care of Wilson Funeral Home.

MASSIE - Henri Remi

Passed away peacefully, surrounded by his family at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, January 29th, 2002. Mr. Henri Remi Massie, in his 78th year, born in Lochiel Township, Ontario and formerly of Cornwall, Ontario. Dear son of the late Darcino Massie and the late Berthe Proulx. Beloved husband of Lucille Massie (nee Ranger). Loving father of Gaetan Massie and Rachelle Massie both of Ottawa, Ontario, Marc Massie (Nancy Shaw) of Smiths Falls, Ontario and Richard Massie (Sherry-Lee Laughlin) of Orleans, Ontario. Dear brother of Aline Lalonde (wife of the late Aimé Lalonde) of Kingston, Ontario, Jean Massie (Doris Patterson) of Ste-Eustache, Québec, Eugene Massie (Cécile Faucher) of Montréal, Québec, Bruno Massie (Laurette Montpetit) and Rita (Mrs. Reynald Lauzon) both of Alexandria, Ontario, Yvette (Mrs. Roger Forgues) of Cornwall, Ontario, Lucien Massie (Gisèle Damphousse) of Montréal, Québec and Madeleine Laporte (wife of the late Darl Laporte) of Alexandria, Ontario. Cherished grandfather of Holli Purdy, Luc and Noah Massie all of Smiths Falls, Ontario and Taylor and Camryn Massie of Orleans, Ontario. Predeceased by sister, Mrs. Pauline Ranger and brother, Léo Massie. The funeral took place on Friday, February 1st, 2002 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to Ste-Thérèse de Lisieux Church with burial at Notre Dame Cemetery. Rev. Martin Bélanger of Ste-Thérèse de Lisieux Church officiated, assisted by Rev. Rene Dubé, Rev. Gérald Poirier, Rev. Denis Vaillancourt, Deacon Marcel Aubé and Rev. Mr. Denis Lemieux. The pallbearers were Jean-Guy Parent, Rolland Landry, Jacques Merizzi, Fernand Ouimet, Claude Lamarche and Adelard Corriveau.

ROCHEFORT - Anne-Marie

Passed away at Sandfield Place , Nursing Home, Cornwall, Ontario on Tuesday, January 29th, 2002. Mrs. Anne-Marie Rochefort, in her 81st year, born in Bic, Québec and formerly of Cornwall, Ontario. Dear daughter of the late Jean Baptiste Pineault and the late Marie Jeanne Levesque. Beloved wife of Lucien Rochefort. Loving mother of Alain Rochefort of Gatineau, Québec, Estelle Rochefort of Orleans, Ontario, Marc Rochefort of Ottawa, Ontario and Yves Rochefort (Danielle Guindon) of Orleans, Ontario. Dear sister of Mrs. Laurette Theriault, Mrs. Madeleine Giroux, Mrs. Jeanne-D'Arc. Survived by grandchildren, Rock Brisson, Josée and Martin Rochefort. Predeceased by brothers, Gérard and Edouard Pineault and sister, Rev. Sister Marie Thérèse Pineault, R.D.C. The funeral took place on Saturday, February 2nd, 2002 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to Ste-Croix Church with burial at Notre Dame Cemetery. Rev. René Dubé of Ste-Croix Church officiated, assisted by Msgr. Réjean Lebrun, Rev. Martin Bélanger, Rev. Claude Hallé, Rev. Raoul Poirier, Rev. Marc Piché, Archdeacon Gordon Bryan, Rev. Mr. Marcel Levert of Laval, Québec, Rev. Mr. Claude Brunet of Alexandria, Rev. Mr. Roméo Lefebvre, Rev. Mr. Marcel Aubé, Rev. Mr. Marcel Brunet, Rev. Mr. Denis Lemieux and Rev. Mr. Maurice Poirier. The pallbearers were André Bowen, Richard Doré, Gilles Hervieux, Perry Murphy, Gérald Cardinal and Marc Gibeault.

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Bridge Results

Terri's Bridge Club, Mar. 11th, 2002
N/S
1. Lorraine Gauthier - Jeannette Scrimshaw
2. Yvonne Bergeron - Jean Boileau
3. Adelaide Hunter - George Bissonnette
4. Kay Colbran - Mel Colbran
E/W
1. Florence Bergeron - Gloria Blanchard
2. Fern Emerton - Inez Hatfield
3. Janice Keen - Lucille Sabourin
4. Ida Cadieux - Pauline McKinnon

Charmaine's Bridge Club, Mar. 13th, 2002
Section A
N/S
1. Norma Daigle - Rona Maynard } tie
1. Mabel Chan - Jean Stokes }
3. Brunelle MacDonald - Mona MacPhee
E/W
1. Janice Keen - Claudette Rousseau
2. Rudy Denis - Roger Pinard
3. Gail Dugas - Claudette Ladouceur
Section C
N/S
1. George Bissonnette - Adelaide Hunter
2. Peggy Seymour - Grace Leroux
3. Joyce Harrison - Marion Lemieux
E/W
1. Lyette Ladouceur - Georgette Lauzon
2. Madan Seth - Marjorie Raymond
3. Inez Hatfield - Rhea Petry

Cornwall & District Bridge Club, Mar. 11th, 2002
1. Barbara Taylor - Kirk Mallette
2. Audrey Blair - Margaret Campbell
3. Myrna Carpenter - Heather Grant

Mar. 14th, 2002
1. Nelsa Kalil - Janice Keen
2. Jeanine Alain - Barbara Taylor
3. Jocelyn Campbell - Maureen Walker

Suzanne's Bridge Club, Mar. 13th, 2002
N/S
1. Carol Reus - Maureen Walker
2. Marg & Sam Wolynec
3. Blanche & Rolly Faubert
4. Therese Carriere - Doris Carter
E/W
1. Pat Cunningham - Maurice Roussy
2. Gaby Bouchard - Jacqueline Emberg
3. Dorothy Bourdon - Ray Lefave
4. Alan McLeod - Henry Rzepczyk

Cornwall Seniors Bridge Club, Mar. 1st, 2002
Section A
N/S
1. Margaret Evans - Muriel Smith
2. Joyce Harrison - Keith Walker
3. Carol Reus - Barbara Taylor
4. Norma Blain - Mabel* Chan
E/W
1. Margaret Campbell - Maureen Walker
2. Jessie Boyd - Jeannine Leroux
3. Fern Blain - Ben Bouvier
4. Jocelyn Campbell - Janice Keen
Section B
N/S
1. Yvonne Bergeron - Emma Farlinger
2. Helen Alguire - Rita Watzenboeck
3. Yolande Boutin - Marjorie Raymond
E/W
1. Fern Emerton - Anne Paulin
2. Therese Latour - Velma McDougall
3. Adelaide Hunter - George Bissonnette

Mar. 8th, 2002
Section A
N/S
1. Nelsa Kalil - Barbara Taylor
2. Mabel Chan - Pat Cunningham
3. Fern Blain - Ben Bouvier
4. Claudette Arsenault - Audrey Blair
E/W
1. Rita Crans - Nancy Lamoureux
2. Jocelyn Campbell - Carol Reus
3. Norma Blain - Jeannine Leroux
4. Adelaide Hunter - George Bissonnette

Club Championship Overall Results
1. Nelsa Kalil - Barbara Taylor
2. Mabel Chan - Pat Cunningham
3. Fern Blain - Ben Bouvier
4. Rita Crans - Nancy Lamoureux
5. Jocelyn Campbell - Carol Reus
6. Claudette Arsenault - Audrey Blair
Section B
N/S
1. Evelyn McPhail - Madan Seth
2. Lorraine Gauthier - Jeannette Scrimshaw
3. Helen Alguire - Rita Watzenboeck
E/W
1. Reina Drouin - Alice Marleau
2. Fleurette Brunet - Therese Latour
3. Huguette Arsenault - Lyette Ladouceur

Mar. 15th, 2002
Section A
N/S
1. Pat Cunningham - Maurice Roussy
2. Pat McIntosh - Evelyn McPhail
3. Melvin Colbran - Keith Walker
4. Jocelyn Campbell - Mona McPhee
E/W
1. Margaret Campbell - Carol Reus
2. Rita Crans - Nancy Lamoureux
3. David Kalil - Steven Lassner
4. Ben Bouvier - Madan Seth
Section B
N/S
1. Helen Alguire - Rita Watzenboeck

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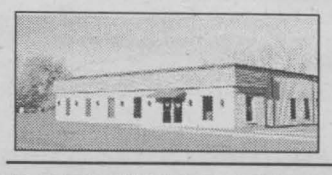
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Barbara Benton would like to send a big Thank You to the person who turned in her 'lost phone card' at the Post Office. ***It's nice to know that there are still honest people out there.***

The students and staff of **St. Anne's Catholic School** have a big *Thank You* to **Sandfield Place Retirement Home** for lending their Bingo game. Our students had a wonderful time and St. Vincent de Paul Society will receive the profits from our seventh annual bingo. Thank you so much for your kindness.

While my father was remodeling our kitchen, the cabinets were emptied and their contents stacked in adjoining rooms. Pots, pans, kitchen utensils, sacks of flour and sugar littered the dining and living rooms, along with planks, nails, hammers and other tools. One day, my mother stood surveying the mess. "Oh," she exclaimed, "I'd be so embarrassed if I died just now!"

Tip of the week: "Get the sale price" – Always check your receipt before you leave the grocery store to make sure you were charged the correct amount for your purchases. Sometimes stores don't update their computers to reflect the current sale prices.

Dead Certain: After years of city living, we moved to the country. We bought a mailbox and installed it at the end of our driveway. It had a red flag, which we knew, in its various positions, signalled something to the mail carrier. As we were unsure of what the positions meant, I went to the post office to ask. The girl behind the counter said, "You know, I'm new here and I'm not sure what the flag signals are, but I'll find out." She called to the back, "There's a lady here who wants to know what it means when the flag is up."

A voice from the rear answered, "I'm not sure what it means if it's up, but if it's halfway down, somebody died."

Quote of the Week: "Nothing is easy to the unwilling."

Bald Eagle Spotted! Seems **George Sinkus** of Long Sault has spotted the first bald eagle of the year, or the only one of the year. He is, as you say, a man for the birds! Or was it the sun shining down off Cliff's head? Or maybe yet just an old Crow with a white toque? So George, when do the flying pink elephants migrate home?

The Old Boy's Club

Brand new old sayings:

- A man and woman who do dishes together are in sink with each other.
- If life deals you lemons, pucker up and get ready to be kissed.

You're not paranoid if...

Does it ever seem as if all the good weather is mid-week and all the bad weather gangs up on the weekend? Don't feel paranoid: Scientists now say it's true. Weekdays are warmer. By at least .04 degrees Fahrenheit. Climatologists believe it's due to the increase in pollutants ("human-induced heat activity" like cars and factory smoke) in the air on weekdays.



Scuttlebutt

Hello ... Is There Anyone Out There?
We want to remind everyone out there that this is **your public forum** ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8
by Fax 933-0024
or E-mail your little ditty to us at scuttlebutt@cornwallseawaynews.com

A busy signal – With voice mail, call waiting and call forwarding, we don't often hear a busy signal anymore. Are we saying farewell to patience? Maybe a busy signal wasn't such a bad idea after all.

Ever notice...

- That if you give the weeds an inch, they'll take a yard?
- That whenever you hear the word *save*, it is usually the beginning of an advertisement designed to make you *spend* money?

A sign of the Times: Baby boomers are aging and bringing their more down-to-earth attitudes with them into their 50s. "Less is more" as far as makeup goes these days. And looking one's age (with occasional help in the hair colour department) is becoming very chic.

Tightwad Tips:

- After a heavy rain, wipe down your car with some old towels. This gets it almost as clean as a soap-and-hot-water wash.
- You can get another year's worth of use from windshield wipers by sanding the brittle edges with sandpaper.

Thought of the Week: "Keep your face to the sunshine and you cannot see the shadow."

Helen Keller

Handy Tip of the Week: One way to recycle your empty Ad-bag is to use it as a "doggy doo-doo" bag. It's one way of being a responsible pet owner...and if you don't have a dog, pass it on to someone who does!

Caller would like to know WHY are students allowed to use their Cornwall Transit school board bus pass during holiday breaks such March break, Christmas holidays, etc., when I have to pay $2 for my daughter who is five years old? Talks of cutbacks at City Transit, maybe this should be looked at to generate extra revenue. Also, here's an idea, how about on Saturdays, the fare should be $1 all day, to get people on the bus. After all, if the bus is running, then let's get the people on it. At $1, that will be great. The magic word here is "VOLUME." I hope the City Councillors read this loud and clear!

Did you know that the Tim Hortons "Roll Up The Rim To Win" promotion is in its 16th year?!

Looking Back:

- By the year 1944, over one million Canadian women were working full-time.
- In 1938, Ottawa collected some $42 million in income tax. By 1943, that figure had risen to $815 million.
- Residential housing construction costs jumped from $330 million in 1945 to $407 million in 1946 and kept rising to hit $923 million in 1950.

March is Spay/Neuter Month. Tens of thousands of healthy, but unwanted pets are euthanized each year in Ontario. You can help by having your pet spayed or neutered and by raising awareness about this overpopulation crisis.

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Before responding to a telemarketers low "too good to be true" phone quote on carpet cleaning, listen to this FREE recorded message which explains 4 costly misconceptions about carpet cleaning & 6 questions you should ask a carpet cleaner before you invite him into your home!
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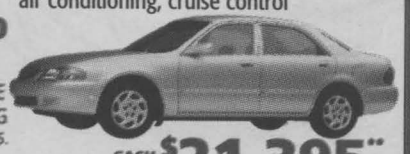

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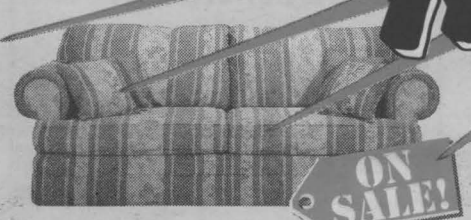
(Some people will think we've gone crazy!)

Leon's SINCE 1909

MARCH MADNESS THE SEQUEL





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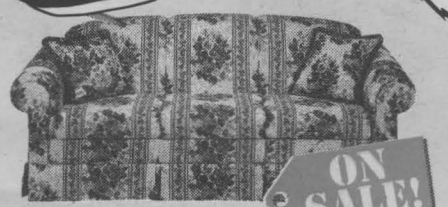

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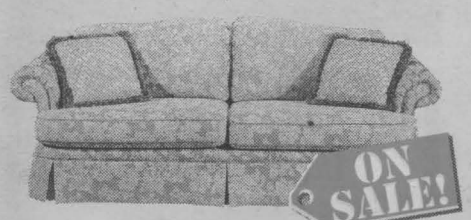

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