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SEAWAY NEWS

August 9, 1998 VOLUME 12, ISSUE 32 SERVING CORNWALL AND AREA

It's Rodeo Time





The rodeo came to Lancaster on August 2nd, marking the 4th consecutive year that White Spruce Stables, owned by Marc & Melanie Carriere, entertained spectators in a western style of action packed events including bull riding, bareback bronc riding, barrel races, pickup races and more. Later that evening, Berrigan's Pub hosted the annual rodeo dance featuring the tunes of Rolly & The Night Hawks. Pictured (inset) enjoying themselves at the "Come Buck With Us '98" rodeo are Anne & Don Anderson with grandkids Emily & Katie of Williamstown.

(photo by Aubrey Johnson)

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plus 1/2 price air conditioning installed by our technician
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4 dr., 5 spd., AM/FM cass., split rear seat, digital clock, int. wipers, remote trunk, remote mirrors and lots more
$13,785
plus 1/2 price air conditioning installed by our technician

SLC Welcomes Creative Kids on Campus

(CORNWALL) St. Lawrence College is hosting a two-day Young Writers' workshop and a one-day BizKidz workshop for 12 to 16 year olds in August

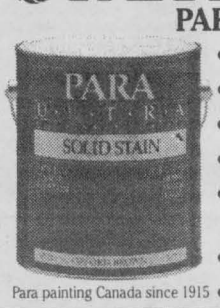
"There's a lot of talent out there. And it's not limited to any age bracket," says Gisele Grignon who is heading both new workshops. She's a long-time writer, editor and co-founder of The Word Farm, a promotion and communications company.

"Young people in this region need a creative outlet and to be encouraged to follow their dreams, whether it's writing for publication or marketing their business talents," said Grignon.

Young writers will learn the elements of a good story or article, and how to sharpen their skills for publication. Budding entrepreneurs will discover how to test their business idea, plus how to market, promote, and grow their business. Guest speaker for the BizKidz workshop will be 12-year-old Stephanie Seaver, the owner of Miss Quill's Hedgehog Garden, a hedgehog "adoption" agency in Moose Creek.

Cost of the two-day writers workshop (Aug.12 & 13) is $66, and $34 for the BizKidz Workshop (Aug.14). To register, please call Debbie MacKay at 937-1505.

PARA ULTRA STAINS
PARA'S FINEST STAIN



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DRAW
For Every Batch You Buy You Have Two Chances To Win One Batch Of Wine
Draw Dec. 23/98

Ask about the Wine Exchange Club. Ray & Monique are here to serve you

Hours
Monday - Friday
10 am - 8 pm
Saturday
9 am - 4 pm

CORNWALL FINE WINES
24 9th St. E. 932-7010
(Across the street from Maynard's Y.I.G.)

WINE & A HEALTHY DIET

The Healthy Mediterranean Diet Pyramid includes wine as part of a healthy diet. Cross cultural studies have reported significantly lower risk of heart disease in France and other Mediterranean wine drinking regions.
In 1993 the world health organization and the collaborating center for nutrition at Harvard Medical School of Public Health helped develop a Mediterranean dietary pyramid which includes wine in moderations as part of a recommended healthy diet.

WINE & A HEALTHY HEART

"If every adult North American drank 2 glasses of wine a day, Heart Disease, would be cut by 40% and $40 billion could be saved annually."

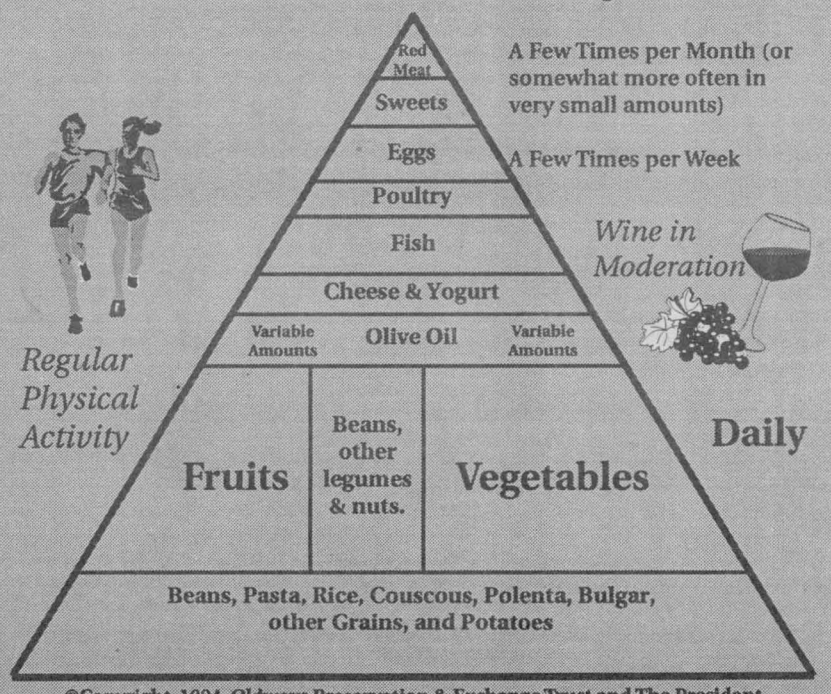
SCIENTIFIC STUDY CONFIRMS BENEFITS.

A study of 12,000 men and women, conducted by senior cardiologist and world renowned researcher, Dr. Arthur Klatsky at Kaiser Permanente Medical Center in the United States, indicate that moderate wine drinkers have less risk of coronary heart disease.

WINE & A HEALTHY LIFESTYLE

Ancient times and modern-day research provide cumulative wisdom.
Wine dates back through many ancient civilizations.
It has been used as a medicine ...A purifier...A drink to strengthen courage and stamina, a beverage to enhance foods and is now included as part of a healthy diet.

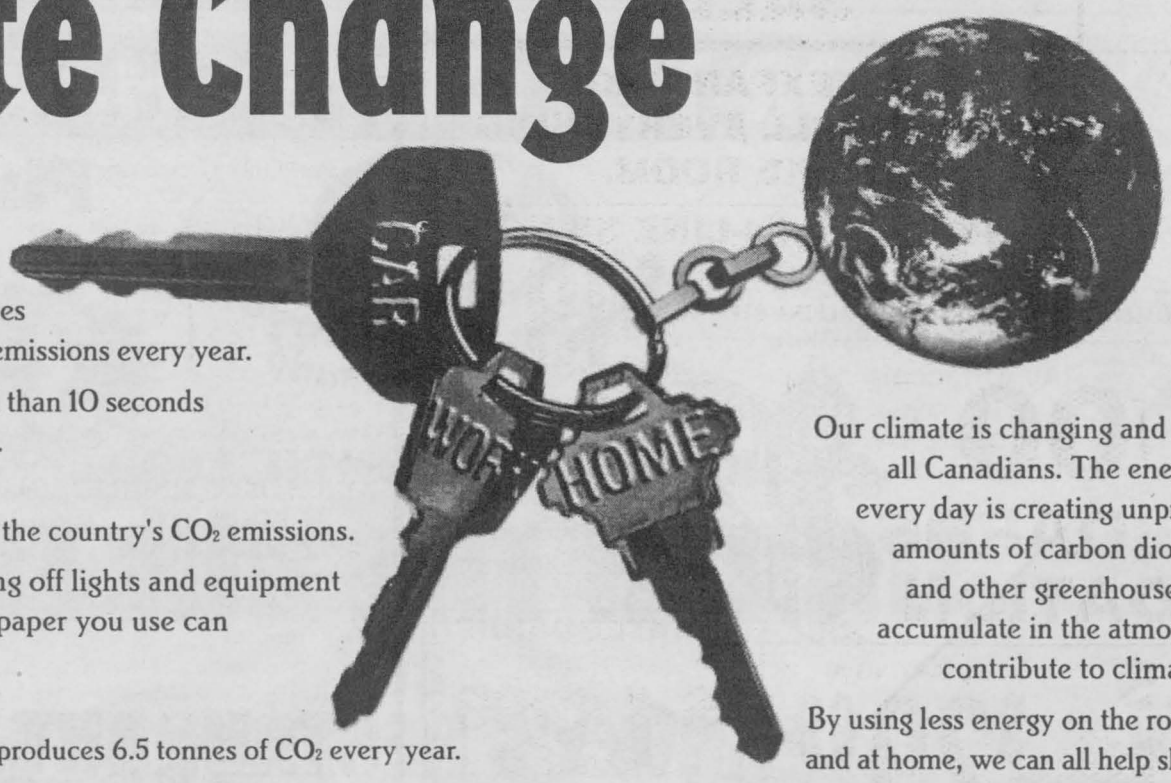
The Traditional Healthy Mediterranean Diet Pyramid



©Copyright 1994 Oldways Preservation & Exchange Trust and The President and Fellows of Harvard College.

Shown above, wine in moderation - of between one to two glasses a day - is part of a recommended healthy diet.
(1 glass =5 oz serving of wine containing 12% alc./vol.)

Make the Energy Link to Climate Change



Did you know?

On the Road

The average car produces over 3 times its weight in carbon dioxide (CO_2) emissions every year.

Restarting your engine uses less fuel than 10 seconds of idling and reduces CO_2 emissions.

At Work

Canadians at work produce 60% of the country's CO_2 emissions.

Taking individual action like turning off lights and equipment when you leave and recycling the paper you use can make a difference.

At Home

The average household's energy use produces 6.5 tonnes of CO_2 every year.

Simple actions at home can help. Washing your laundry with cold instead of hot water uses 93% less energy and reduces CO_2 emissions.

Our climate is changing and this affects all Canadians. The energy we use every day is creating unprecedented amounts of carbon dioxide (CO_2) and other greenhouse gases that accumulate in the atmosphere and contribute to climate change.

By using less energy on the road, at work and at home, we can all help slow climate change. And that's good for our health, our environment and our children's future.

For your free information kit: 1-800-959-9606 www.climatechange.gc.ca

Government of Canada / Gouvernement du Canada

Global Climate Change

Canada

Appointment of a Campaign Co-Chair for the 1998 Campaign



GRANT

Mr. Ray Lalonde, President of the United Way of Cornwall and District is pleased to announce the appointment of Glen Grant as Co-Chair of the "1998" Fundraising Campaign. It will be Glen Grant's responsibility to assist and serve as backup support for the Campaign Chair, Kazi Marouf in conducting this important campaign to raise the financial support needed by our sixteen (16) member agencies.

Mr. Grant has served in many positions on the United Way Board of Directors and in the year "1996" served as President of the Board.

Mr. Grant is employed by Domtar Specialty Fine Papers here in Cornwall and they are our largest donor. They give us over $85,000 annually between the workforce and the corporation. He has worked diligently at improving this annual contribution from this plant.

Mr. Grant possesses the necessary skills and knowledge to provide the excellent support needed to promote this "1998" fundraising campaign.

The campaign objective will be set shortly and the campaign will start officially in early September.

Giving The Gift of Life



Giving the gift of life enables others to benefit in cases of dire emergency. The annual Mayor/Media Blood Donor Clinic, held at the Cornwall Armoury, once again supplied this precious commodity to local hospital blood banks. Pictured giving blood is Carole Pollin of NAVCAN with aides Denise Hart, Martha Mitchell and Jennifer Skinkle.

(photo by Aubrey Johnson)

Crime Stoppers

This week Crime Stoppers is seeking your assistance in solving a disturbing crime of violence against a Cornwall senior. On Monday the 3rd August at approx. 6:13 p.m. a 76 year old lady was walking on the north side of Second St. E. between Sydney and Pitt when a male suspect between 5'6" - 5'10" of medium build (no other description), grabbed the victim's arm and pushed her to the ground, after her fall, he ripped her purse from her hand and fled the scene north bound the alleyway at 31, 2nd St. E. The victim sustained cuts and bruises, and a possible broken wrist. Shortly after Cornwall Police located the stolen purse at the rear of a business at 341 Pitt St. missing was $30.00 in Canadian currency.

Crime Stoppers will give a reward to whoever can assist Police in solving this revolting robbery on one of our community's weakest.

This week Crime Stoppers is seeking Glengarry's assistance in solving a theft that occurred in South Glengarry Twp. in South Lancaster along the shores of Lake St. Francis. On Friday July 31st, culprits stole 2 commercial "hoop nets". They are 32" in diameter out of aluminum and nylon and are submerged for large netting purposes. Their combined value is $2,000.

If anyone has any information on these or any other crime are encouraged to call Crime Stoppers at 937-8477 or 1-800-265-TIPS, you qualify for a reward.

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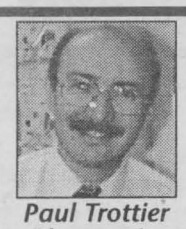
ASK YOUR PHARMACIST

Your pharmacist is your medication expert and can provide advice and information on a wide range of health issues



Paul Trottier
Pharmacist

Medication Tips

WHAT SHOULD I DO ABOUT MY PRESCRIPTION MEDICATION?

Before leaving the pharmacy, be sure to know the answers to these questions:

- Why is the medication being prescribed to me?
- How do I take this medication? When and for how long?
- What should I do if I miss a dose?
- What are common side effects? What should I do if I experience a side effect?
- Should I avoid any foods, alcohol or other drugs when I am taking it?
- How will I know if the medication is working ?
- What should I do if the medication is not working?
- How should I store my medication?
- When should I refill my prescription?

WHICH DRUG SHOULD I CHOOSE FOR SELF-MEDICATION?

Before you buy a nonprescription or over the counter product, ask yourself these questions:

- Can my symptoms be safely treated with a nonprescription medication?
- Should I see my doctor instead?
- What is the best and safest medication to treat the symptoms I am having?
- Do I have any allergies or health problems that would prevent me from using this drug?
- Should I avoid any foods, alcohol or other drugs?
- Will it affect the prescription drugs I am taking?
- How, when and for how long should I take it? Are there any special instructions I should know of?
- Does this medication have any side effects and what should I do if they occur?
- If you your child, can this be used in children, and what is the correct dose?

If you are unsure of the answers to any of these questions, ask your pharmacist.

HELPFUL HINTS ON MEDICATION USE:

- Take your medication exactly as prescribed by your doctor. Medications can be dangerous if you take too much and not work if you take too little or miss doses.
- Take your medication for the full period prescribed by your physician. Do not stop taking your regularly scheduled medication just because your symptoms have disappeared. At that point, your body may not be free from illness and it may be more difficult to treat if it returns.
- Do not take old medications - they may lose their effectiveness or become harmful. Your condition may have changed and require a change of the dose or a new medication.
- Do not give your prescribed medications to anyone else. It may not be the right one for his/her condition or he/she may be allergic to the medication.
- Report any suspected side effects to your doctor and /or pharmacist so that they can take the right steps to minimize the side effects and, if necessary, change the treatment.
- Don't mix medications. Even common cold and cough remedies or headache and allergy medications can cause adverse reactions in combination with other drugs. Talk with your pharmacist before buying nonprescription medications.
- If you have trouble remembering to take your medications, discuss it with you pharmacist to find easier ways to follow your drug treatment.

For more information, talk with your pharmacist.

JEAN COUTU
5 9th Street East 938-7339

Lifestyles

Understanding Migraine

(NC)—Migraine headaches affect about 10 per cent of the population.

Migraines tend to run in families and more women than men are afflicted.

The mechanism that causes migraines is not fully understood, however, it is known that migraines result from the inappropriate dilation and constriction of blood vessels surrounding the brain. The two types of migraines are the 'common' and 'classical' migraine. Both are characterized by:

- pulsating headaches lasting 4 to 72 hours, usually limited to one side of the head
- moderate to severe pain
- nausea, vomiting, sensitivity to light/noise

For many people, 'classical' migraines are preceded by an 'aura', characterized by visual disturbance, changes in sense or changes in movement.

There are many things that can trigger a migraine, including:

Diet
- chocolate
- cheese
- alcohol (especially red wine)
- nitrites/nitrates (often found in preserved smoke meats)

Lifestyle/Activities
- too much/too little sleep
- stress
- not eating enough
- menstrual periods
- weather
- oral contraceptives

Treatment often includes the determination and avoidance of the triggers. It is important to keep track of what you eat, do or feel before a migraine attack. Proper diagnosis is essential when treating headaches.

Legion Presents Cheque



Cornwall Branch 297 of the Royal Canadian Legion recently presented a cheque for $10,000 to the Cornwall General Hospital to purchase laparoscopic surgical instruments. Pictured above (l. to r.) are: Gerry Ward, Branch P.R.O.; Denis Aube, President; Ted Castle, Chairman of Hospital Foundation; Anne Van Riel, Staff Nurse; Gerry Grant, District "G" Hospital Services. The donation was made possible though the cooperation of R.C.L. Provincial Charitable Foundation.

Effective Herbal Relief For Anxiety



Quest for Health
Dr. James Balch, MD
co-author of Prescription for Nutritional Healing

(NC)—Long used by Polynesian cultures as a "social lubricant" a simple root of the Kava Kava (piper methysticum) plant has been shown recently by researchers to provide effective herbal relief for the generalized anxiety disorders that plague our fast paced, stress filled modern culture. Research published recently in Pharmacopsychiatry Jan/1997 confirms what Polynesian cultures have known and experienced for years, that Kava is a non-addictive herb that induces a relaxed, social state while maintaining alertness and reducing anxiety.

Recently researchers investigated the effects of a standardized extract of Kava in a 25 week multi-center trial with 101 outpatients suffering from anxiety, agoraphobia, specific phobia and generalized anxiety disorder. The outcomes of the trial were very impressive with researchers concluding that "Kava is an effective treatment alternative to tricyclic antidepressants and benzodiazepines (valium) in anxiety disorders with long-term efficacy and none of the tolerance problems associated with traditional medications."

With over 25 research papers published on Kava proving its effectiveness and safety I as a physician, encourage anyone with untreated anxiety to use this herb. For those currently on medication please speak with your physician or qualified health care practitioner about the use of this effective herb.

Fortunately in Canada Kava can now be purchased over the counter in health food stores and from companies like Quest Vitamins who are one of the few quality suppliers of an extract of Kava standardized to 30% Kavalactones which is similar to what was used in all the major studies. If you suffer from anxiety and are looking for an alternative to traditional medication Kava may provide the natural, safe and effective relief you are seeking.

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SEXUAL ASSAULT RESPONSE TEAM
Sexual Assualt is any unwanted touching of a sexual nature. If you have been recently sexually assaulted, please call the Sexual Assault Response Team of S.D.G. & A. at 936-4616, we can help you. All women and men over 14 welcome.



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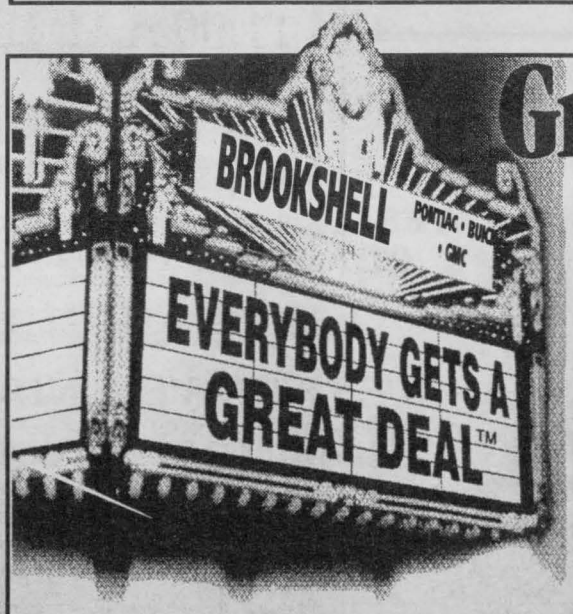

Great News

Hello, My name is Perry Blanchard (Formerly of Blanchard Motors). I'd like to take this opportunity to express how excited and honored I am to join the Sales Team at Brookshell Pontiac, Buick, GMC. This position allows me much greater quality time to spend with customers while they make their next automobile purchase.

I'd like to welcome all my loyal customers to come visit me for all their automotive needs.

Thank You



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MS FACT #1

Canada has one of the highest rates of multiple sclerosis in the world.

Multiple Sclerosis Society of Canada

1-800-268-7582

LOOKING BACKWARD



By Stuart L. Manson

A Grotesque Octapusian Monster

The Sunken Swing Bridge Wheel

After a nine decade slumber, one of the mysteries of Cornwall recently emerged from its watery tomb. The old swing bridge wheel (near the bicycle path at Domtar), for but a few hours in April, breathed the first fresh air and saw the first direct sunlight since it violently migrated to the spot in the early summer of 1908.



THE BEAST EMERGES - Last April's low water levels presented local historians with a unique treat: an unobstructed view of a piece of city history. For ninety years the old swing bridge wheel has piqued the curiosity of many a passer-by.

(Photo/Manson)

Like an aquatic beast emerging from its murky lair, the massive ring of metal slowly rose as the water of the St. Lawrence descended. As it broke through the waterline and cleared a few inches of the liquid, it remained seemingly buoyant, reluctantly presenting itself to the terrestrial world.

Despite my personifying narrative, it was the nearby Robert Saunders Dam that had temporarily resurrected the historic artifact from its natural habitat. Ontario Hydro had been holding back water so that communities downstream would not be further stressed by rising floodwaters. The local effect was to create the lowest water levels in recent memory.

Coincidentally, it was exactly ninety years ago this year that the metallic beast was deposited in the river. It was on the morning of June 23rd, 1908, in a nearly-unprecedented accident, that both the canal wall and the swing bridge pillar fell into the river. The canal was breached and the railway link destroyed. As the swing bridge toppled over, it dropped the great wheel (which rotated the bridge) into the river bed, where it has remained ever since.

Eileen Merkley, in her book *The Friendly Town that Grew* aptly described the sunken wheel as she knew it while swimming in the area in the 1930s: "From the bank, it was just a big wheel," she wrote. "If you went over it, face down in the water, with your eyes wide open, it suddenly became a grotesque octapusian monster lying with tentacles spread to catch you as you hurtled past!" At the time of Merkley's encounter, the wheel was under as much as six feet of water.

The wheel's recent appearance on the upper side of the waterline has presented us with more details of its demise. A large chain fastened around one side must have been affixed after the accident, since it could not have been there during the operation of the bridge. Thus, an attempt must have been made to extract it from its depths. Luckily, the attempts were unsuccessful; the curious relic remains in its proper place as an important element of the historic riverscape.

Hours after the wheel made its resurface, it slowly descended beneath the lapping waves of the might St. Lawrence. Enveloped by the cold water, it began yet another ninety-year hibernation.

Young Entrepreneur Launches Business

(Moose Creek) A new business is being launched by a local entrepreneur who isn't even old enough to drive.

Miss Quill's Hedgehog Garden, a hedgehog adoption agency, is owned and operated by Stephanie Seaver, aged 12, of Moose Creek.

"I'm animal-crazy and I wanted my own business," explains Stephanie, who made her first sale recently to a fellow student at Maxville Public School.

Stephanie says hedgehogs make ideal pets because they are quiet, friendly and don't demand a lot of special care.

"They're also great for kids who are allergic to fur because hedgehogs are non-allergenic," says Stephanie. She offers clients a complete hedgehog kit including a birth certificate of the hedgehog and other goodies. Her hedgehogs sell for $30----in Ottaw a and larger cities, they sell for $90.

"I hate to see them go, but I feel better knowing they are going to good homes."

You can contact Stephanie for more information at morley@cnwl.igs.net or by calling 538-2864.

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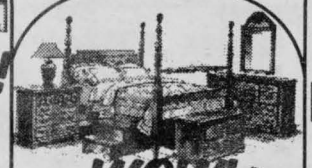

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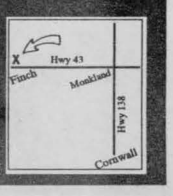

TRUCKS

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ANNOUNCEMENT



Ken MacNeil
Parts Manager

Mrs. Rosalind Drewery, Owner of Cornwall Motor Sales is pleased to announce that **Ken MacNeil** has joined their staff as Parts Manager.

Ken brings with him over 32 years of G.M. experienced service. Ken invites his many friends & customers to experience Cornwall Motor Sales.

CMS **CORNWALL MOTOR SALES**

Brookdale Ave & Hwy. 401

Parts Hotline 933-9652

In & About CORNWALL

Saving Aultsville Theatre

Plans are underway to attempt to save Aultsville Theatre at St. Lawrence College. The organizing group desperately needs volunteers to help develop a business plan to keep the 680 seat theatre open. The closing of the theatre has been delayed for one year by the College, while plans are made for its future. Anyone interested in helping out is asked to contact the Aultsville Theatre Management Committee at 841 Sydney Street, Suite 7. Funds can also be contributed at the Royal Bank of Canada and the Howard Smith Credit Union.

St. Lawrence Centre Hosts Blood Drive on August 12th

St. Lawrence Centre will host a Red Cross Blood Drive on Wednesday, August 12th from 12:30 p.m. - 5:30 p.m. in the Relaxation Station across from Candyland. St. Lawrence Centre just needs five more donations to meet our goal for this drive, and you are just the donor we are looking for. Since each donation is separated into three life saving parts, just five more blood donations will help fifteen more hospital patients. Call Shirley Kenney at 315-769-2016 to make your appointment today. St. Lawrence Centre, Rt. 37, Massena.

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Cornfest Weekend

Numerous activities have been planned for this weekend's Cornfest including kids rides and games, vendors, fitness demonstrations and a three day sidewalk sale. There will also be a pie and watermelon eating contest on Saturday. Plan to attend the events at Lamoureux Park this weekend.

Stroke Fore Stroke

Summerheights will be the location of the third annual Stroke Fore Stroke Golf Tournament being held on August 12th with all funds raised going to the Heart and Stroke Foundation. Registration for the dinner and tournament is either a $50 flat rate or $75 in pledges. Dinner will be held at Jazz Magnolia's with prizes including a $2,500 gas barbecue and an Ottawa Senators box seat. For information call 938-8933.

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Around the Counties

Volley For Cancer

Carl and Ruby Van Allen will be hosting their 4th Annual Volleyball and Horseshoe Tournament in Williamsburg again this year. The event will take place on their farm on Lightning Street, August 15th, from 8:00 am. All are invited to play, be a spectator, help out or just have fun. On location there will be a beer tent, a swimming pool with dunking tank, an auto display, "the Dewds", face painting and balloons for the kids. Special this year will be Boom Lift Rides, offered on an 80 ft. boom (as in 8 stories high. Music will be ongoing from noon to midnight during the day and provided by "Canadian Strangers", "Chez Louise Players", "Landmark", "Larry Granger and Tammy McRae", "Easy Country", "Brea Shea", "OC Central", "Bordertowne Live Country Rock". An all day BBQ as well as Subway will be on location. A quilt draw will take place during the day. Net proceeds for the event will be donated to the Canadian Cancer Society. For more information please contact Carl or Ruby Van Allen at 535-2772.

Stackwall Construction

Cordwood construction, stackwall construction, roundwood construction, poor man's construction ... it's known by many names but it is an interesting and economical method of building a house, workshop or cottage. Join the McKinnon Forestry Centre on Sunday, August 23rd to learn more. A full day workshop is being held from 9 am to 3 pm. John Bols will lead this informative hands on session. Mr. Bols has the expertise and experience as he has built his very own cordwood home and is very knowledgeable about the do's and dont's of this technique. "This is a great hands-on workshop," says Melissa Earle, McKinnon Co-ordinator. "Participants will gain experience while building a semi-circular cordwood information kiosque for the Centre." The workshop is limited to 20 people to enable participants time to work on the project and to provide ample time for discussion. Participants are asked to wear safety footwear, bring long thick rubber gloves and their lunch. Refreshments will be provided. Workshop cost is $50 per person. Please pre-register by calling 528-4430, as space is filling up quickly.

OFA President in Area

The President of the Ontario Federation of Agriculture, Mr. Ed Segsworth, will be in Winchester on Wednesday, August 12th from 10:00 to 11:30 am. The visit is a chance or farmers to ask questions, raise concerns and pass along ideas directly to the OFA. Coffee and refreshments will be served.

Poetry Reading

On August 14th, Thelma Cameron will be holding a poetry reading from 2 to 4 pm at the Forwarders Museum in Prescott. Cameron will also be holding a show of her prints and lithographs during the month of August at the Forwarders Museum. The show includes scenes of the St. Lawrence River, the Long Sault Rapids, and scenes of the villages before and after the Seaway project.

Local Dancers Compete in Canadian Championships

On July 11th in Regina, three Glengarry girls competed in the Canadian Championships. The girls first competed at the provincial level early in June to qualify to go on to Regina. In the nine year old and under category, Ontario Champion Kelly VanderBerg placed 2nd runner up in her category in Regina. Ontario Champion in the 13 and under category Elizabeth Fraser, placed 3rd runner up in her category in the Canadian competition. In the 18 year and over category, Heather MacLeod was 5th runner up in her category. While in Regina, the three girls competed in the ScotDance Canada Open Championship. VanderBerg was 2nd runner up in the 9 & under category; Fraser was 5th in the 13 & under category; and MacLeod was 3rd runner up in the 20 and over category.

MacCulloch Dancers Heading to Mexico

The MacCulloch Dancers have been selected by Folklore Canada International to represent Canada at cultural festivals in Zacatecas and Puebla, Mexico. The first group is scheduled to leave August 7th and return August 19th, while the second group will leave August 19th and return August 31st. Musicians Darrel MacLeod, Dave McCormick, Shelley Downing, Clara MacLeod and Denis Carr will accompany the 60 dancers to Mexico.

New Parks Commissioner

Heather Ford has been named as the new commissioner to the board for the St. Lawrence Parks Commission. Ford will serve a three year term and will help the board review policy issues, budget priorities and strategic directions.

New Mailboxes in Winchester

Two new mailboxes have been added outside the Post Office in Winchester. One box is for letters being mailed within the area, to Cornwall and to area codes K6H, K6J, K6K, and KOC. The other box is for mail going to any other destination. The new sorting system was set up so that local mail would reach its destination quicker. Before this system was set up, all the mail went to Ottawa to be sorted and then was sent out. With this system, the local mail is sorted in Winchester and is delivered usually within one day instead of four or five.

Tourist Booth Added

Maxville has received a new tourist information booth recently on Main Street. The booth is to be run by the Maxville and District Chamber of Commerce, which also has a new brochure, new website and new walking and bike tours.

Help Battle Loosestrife

The Ontario Federation of Anglers and Hunters is looking for people to help fight against purple loosestrife. The plant blooms in late July and early August and this is when people are asked to take the time to uproot the plant or cut the flower tops off and dispose of them before they can spread their seed. Loosestrife has been declared a noxious weed by the government agencies. The plant takes over wetlands and dries them out, killing native plant species and animals at the same time.

Chats With The Past At Upper Canada Village

Take part in history at Upper Canada Village every week day with Chats With The Past. Reverend Dederick knows a lot about botany, Mr. Hart knows a lot about politics, Miss Wright knows a lot about the life of a servant and Miss MacPherson knows a lot about everything - or at least she thinks she does. Each of these people are eager to share thoughts and opinions with visitors to Upper Canada Village and one of them will be in attendance at Providence Chapel, weekdays at 11:00 am and 2:30 pm. But remember, for each of them the clock stops in 1866, so be prepared to reach back for a chat from the past.

Abstinence Days

Join in some of the typical activities of the 1860s abstinence society every Monday until August 31st. Singing, speechifying and signing "the pledge" to abstain from alcohol will be highlights.

Garden & Architectural Tours

Join a costumed staff person for a special evening tour that highlights the beautiful gardens at Upper Canada Village or the 19th century architectural influences evident in many of the buildings. Reservations are recommended. Friday evening tours run until August 28th. For information please call 1-800-437-2233.

Children's Activity Centre Opens

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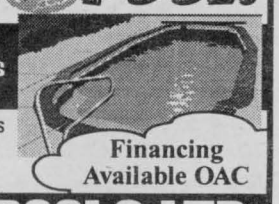
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Champions of Complacency: Claude McIntosh and The Freeholder

PERSPECTIVE



By Bob Roth
SEAWAY NEWS

I guess we're back at it.

I tried to stay away from the "dirty little secret" last week (and did), but I really must respond this week to The Standard-Freeholder's personal attack on me, the Dunlops and anyone else who doesn't greet child sexual abuse and institutional breakdown with a gigantic yawn.

I refer, of course, to the editorial page piece by Associate Editor Claude McIntosh in the July 25 edition of the Freeholder.

It wasn't an overt attack. Frontal assault is not the Freeholder's style. So instead of targeting my arguments, Claude chose to fire pot shots at me from the bushes of irrelevance and innuendo.

Claude, as you know, is, one of my favorite journalists, but he has become somewhat agitated because I have challenged his foggy thinking on the child abuse issue. In my view, he and his newspaper have taken a timid approach to the appalling failure of Cornwall's key institutions (e.g. police and church) to tell the truth and protect our children.

More to the point, the institutional establishment in Cornwall — including the Freeholder — seems more interested in undermining the credibility of the courageous Dunlop family than in going after the real perpetrators of moral turpitude.

Here are the facts. A child sexual abuse allegation was covered up; the church made a $32,000 hush-money payoff despite church protocol to the contrary (and no one has been punished); the police hierarchy failed to pursue the issue; the officer who did single-handedly pursue the coverup was castigated by his own police force; a lawyer involved in the payoff pleaded guilty to obstruction of justice; and now dozens dozens of child sexual abuse criminal charges have been laid.

This scandal calls for nothing short of a full public inquiry.

Instead, the Freeholder's associate editor makes sneering comments about those who want something done.

The zenith of this warped set of priorities was reached in the July 4 Freeholder when Claude called in "military intelligence" to do a handwriting analysis of an anonymous letter he received criticizing his soft stand on coverups. Although Helen Dunlop is never specifically named, the description provided by the ex-military intelligence officer (anonymous, of course) fit her like a glove.

That was simply the last straw for me. So, yes, I accused Claude in my July 19 column of wearing blinders.

But I take it all back. After reading his July 25 piece, I'm now convinced he has a flour sack over his head.

First of all, Claude spills much ink telling us what a good Catholic he is. So what. The Dunlops are Catholic, too?

He then engages in the time-tested technique of raising the spectre of the "outside enemy" through caustic comments about where I live. (Raising irrelevant personal matters is the ultimate refuge of a vanquished argument.)

Well, Claude, if the Seaway News had to look out of town for a good journalist, that tells you something about the quality of journalism in Cornwall, doesn't it?

In my defence, I would point out that unlike most journalists, I have from time to time gone to the polls to see if my views are that out of touch with public sentiment. And I'm proud to remind you that I have been elected to public office three times in two different Ontario municipalities for a total of 10 years elected experience. Eight of those years I served as a councillor and deputy reeve for the good people of Charlottenburgh Township.

In other words, unlike most pencil-pushing pundits, I have put my money where my mouth is.

I also served as a director (and past chairman) of the Raisin Region Conservation Authority for 14 years; and as a director (and past vice-chairman) of the Cornwall Regional Airport Commission.

Perhaps it is because I have walked the walk in public service that my employer feels I can offer a perspective on local matters that goes somewhat deeper than an editorial ink well.

But Claude's assault on my personal credibility is of secondary concern. Frankly, I enjoy the journalistic joust. It is the persistent undermining of the Dunlops that bothers me. These people deserve better than sarcastic comments about not elevating them "to sainthood."

I dare say, they deserve to be elevated to sainthood more than the silent priests whose welfare Claude has now lamented in two, if not three, of his columns.

I'm sorry. Priests who tacitly condone immorality under a robe of silence do not enjoy my confidence.

Nor does journalism that endorses such cowardice.

My sympathy and support remain with the Dunlops and the victims of the abuse and the silence.

BASIC BLACK



By Arthur Black
SEAWAY NEWS

I hate all sports as rabidly as a person who likes sports hates common sense.

H. L. Mencken

While I am not quite as sour on the subject of sweaty endeavour as the late Great Curmudgeon, I have to admit that the sight of my fellow Homo Sapiens grunting and straining to go further, higher and faster is a distinctly unthrilling one for me.

I do not follow NBA Basketball. I could not tell you who won the Super Bowl this year. I'd rather watch the weather channel than TV golf.

As for Canada's Sacred Weekly Religious Ritual - Hockey Night In Canada -- the last time I tuned in for that, the chap who currently runs the Toronto Maple Leafs sported goalie pads, a Canadiens sweater and a page boy bob.

Over my lifetime, sports has become less exciting and more cash-oriented. And as it has, I've turned my attention to more interesting pursuits.

Such as memorizing old Hansard transcripts, watching Preston Manning videos and mowing the front lawn with a pair of nail scissors.

As for the Olympics -- call me unpatriotic, but I couldn't care less how many gold, silver or bronze medals Canada won at anything. I don't think winning medals contributes to the enlightenment of a nation -- it just contributes to the arrogance of same. Before the last Olympics, one of the most offensive bumper stickers I've seen in a while was selling briskly. It read: CANADA KICKS ASS. These stickers were obviously printed up before our millionaire NHL players showed the world that 'though they had paycheques of gold, they skated on blades of clay. Team Canada limped home after finishing a meek fourth in Olympic hockey.

Which didn't bother me. It made me love the lugs. I'm a big booster of the Also Rans -- particularly at the Olympics. Remember the Jamaican Bobsled team? I was their biggest fan. Especially, when they crossed the finish line on their heads at the Calgary Winter Olympics back in 1988.

The Calgary Olympics was also the showcase venue for the patron saint of Olympic Also-Rans. I speak (reverently) of Edward Edwards, a.k.a. Eddie the Eagle.

Ah, Eddie. You had to see him to believe him. Some athletes look chiseled, tanned and resolute. Eddie looked...like a part-time wall plasterer from Cheltenham, England.

Which, in fact, he was, most of the time. When he wasn't trying to be a world-class ski jumper.

Somehow, the skinny, middle-aged bloke with the Coke-bottle glasses, the stooped shoulders and the posture of an arthritic Great Blue Heron got it into his head that he could ski jump with the world's elite.

Eddie was wrong. He was a terrible ski jumper. He went down the track looking like a Praying Mantis with St. Vitus's Dance. And when it came to ski hill fashion, he wasn't at all slick -- not like his spandexed colleagues. Eddie the Eagle jumped in oversized boots that required five pairs of socks. He wore a helmet that he had to tie to his head with butcher's cord.

Nor did he talk the way a champion is supposed to talk. Champions are supposed to be brave, stoic and monosyllabic. A reporter asked Eddie if he 'felt fear' when he jumped. Eddie replied: "I was so frightened that my bum shriveled up like a prune."

The Olympic poohbahs hated Eddie the Eagle. Not surprisingly, the public loved him. He was real. Just like us. Eddie placed dead last in all the ski jump standings, but number one in the hearts of the spectators. As the head of the International Ski Federation put it: "No one cared about 1,2, 3. They wanted Eddie."

Eddie the Eagle was good as an Also Ran but he was not the best. That honour, I think, would have to go to Shizo Kanakuri, a Japanese athlete who competed as a marathoner at the Olympics in Stockholm, Sweden back in 1912. Shizo finished the required 26.2 miles of the marathon, but it required a little more time than it usually does.

Shizo took 54 years, eight months, 32 minutes, and 20 seconds.

It happened like this: Shizo Kanakuri started out in the Olympic marathon with the best of intentions, on a sunny day in Stockholm in 1912. He ran a few miles, but boy, was it hot! As he trudged through the outskirts of Stockholm, Shizo espied a Swedish family sitting in a shady garden, sipping Schnapps. Shizo stopped, had a glass. And then another.

After...some time, Shizo Kanakuri left the leafy grove in suburban Stockholm. He caught a train back to the city centre, then, a freighter bound for Tokyo. When he got to Japan, Shizo went on to get married, sire six children and eventually preside over 10 grandchildren. Which is when he decided it was time to take care of unfinished business. He returned to Sweden, donned running shorts, a T shirt and sneakers, and finished the marathon he had begun more than a half century before.

"I did it" an exhausted Shizo Kanakuri told reporters, "for the honour of Japan".

Whatever. I don't really care why he did it, but I'll tell you: I'd take a glass of sake with Shizo Kanakuri over filet mignon with Dennis Rodman anytime.



SEAWAY NEWS
LETTERS TO THE EDITOR

A Few Things To Consider

by Patti Carson
Guest Columnist

Each day we are hearing more and more about the findings of the "Project Truth" investigation and the events that necessitated it. In addition this also seems to be the most popular subject of conversation in the grocery store, on the street, at the Doctor's office, in the coffee shop and pretty well everywhere else. While this is not in the least surprising, it does require all of us to remember that for these crimes to have occurred there had to have been victims. Many of the children who survived these assaults are now adults who are still living in this community. It is important to keep in mind that each time we speak about these assaults or the alleged perpetrators we could be talking to or be overheard by a survivor of these crimes. These individuals have lived their entire lives with the effects of both the assaults and the secrecy and shame that this abuse likely produced. Simply hearing the whole thing spoken about openly can be both a relief and a terrifying experience for people to whom silence has been a means of survival for most of their lives. It is important that we as a community "break the silence" about these particular incidents as well as about all acts of childhood sexual abuse – but in so doing we must also be sensitive to those who have already suffered far too much! The following are some things to consider when approaching this subject.

• identifying all childhood sexual assault as the act of "pedophiles" is dangerous since it ignores the reality that individuals who commit most childhood sexual assault are not mentally ill or sexually attracted to children but rather are attracted to the sense of power and control they can exert (often repeatedly) over their victim(s).

• Both perpetrators and victims of sexual assault can come from any walk of life. There is no one "type" of person who either commits this crime or is victimized. This means that at any time, anywhere one of the people with whom you are talking could be a survivor – there is no way of "picking them out". Further because of the high incidence of child sexual abuse – estimates as high as 1 in 2 females and 1 in 3 males have been victims (Badgley report on sexual offenses against children and youth – Ottawa, 1984) – chances are good that you may be talking to someone who has been affected by this crime.

• Equating childhood sexual assault with homosexuality is incorrect and hurtful to victims as well as the homosexual community. Statistically most childhood sexual assault is committed by males who identify themselves and live as heterosexual ("Multiple Victim Child Sexual Abuse." published by Dept. of Health of B.C., 1992) One of the most difficult struggles for many male survivors of childhood sexual assault may be overcoming fear about their own sexual orientation being affected by the assault; therefore perpetuating this false link may only add to their struggle.

• Be careful when expressing disbelief or surprise about the events or speculating about what may have occurred. Survivors often hold the distorted belief that they are responsible for the abuse perpetrated against them. This may result in feelings of extreme guilt and self-blame. Most abusers tell children that it is their own fault they are being abused, shifting the blame away from the abuser, where it belongs, and placing it on the child.

• If someone discloses to you that they were sexually abused as a child; either related to these allegations or by someone else; the most helpful thing you can do is to communicate that you believe them and help them to find other support.

Restructuring And The Effect on Hospital Employees

Dear Editor:

An increasing growing concern has begun regarding possible movement employees from Hotel Dieu Hospital to Cornwall General Hospital in a restructuring move whereby two site hospitals is finalized.

Language issue again an ugly guideline will be used to displace people. This issue is subdued and lied about in numerous outpourings of marches and speeches.

Time has come to recognize interpretation of bilingualism.

In Cornwall, in order to qualify for work in services, English and French usage is required, no problem. The attitude for French language requires that Quebec style fluency is the standard of acceptance. Because this situation is legislated, an employee of any origin whose French may not imitate Quebec style French, is not employable. Personally, I enjoy hearing French spoken gently and respectfully by the original French people from France. This description of Quebec style of French fluency is not always easy to imitate. In Cornwall, Ontario, a skilled employee, bilingual, and English and grammatically educated in French must be given preference of acceptance from a candidate whose fluency style was acquired maybe in a family of fellow phones.

Language laws are required in Cornwall, Ontario and the English language as the standard is our inherent culture.

The rule of two official languages did not say, speech fluency imitation is the standard in speaking a Quebec tinged French.

A law requires enforcement. Should a portable chopping block be used to lob away ugly heads, is this necessary?

Ross Perrot remarked how a whishing sound of jobs relocated to Mexico with NAFTA.

Is a similar plot in progress giving choice of selection of Quebec French fluency for employees Hotel Dieu Hospital to Cornwall General Hospital? Remember lobbed heads.

P.V. Nathan
Cornwall, Ontario

We've Come A Long Way And We're Not Going Back

Dear Editor:

"Women's reproductive services" encompass a variety of services - sterilizations, abortions, embryo transplant, artificial inseminations, etc. Unfortunately, some people prefer to limit this category to "abortion" thereby mobilizing anti-abortionists in defence of their ulterior cause. Some of these services are not yet available in Cornwall but, with all this "future expansion" some expect, some services could provide healthy revenues because they are not insured.

Abortion is a legal medical service being accessed by women of every age group, marital status, religion and race for a variety of reasons. Who are we to deny victims of rape and child abuse the right to choose this option? Medical services belong in hospitals. Moral issues belong in churches.

Do taxpayers need the additional expense of setting up abortion clinics? Why should females making this traumatic decision have to deal with the stigma and hassle of being identified by the "building" they are required to attend? We have all read newspapers in the past few years and know only to well the hate and violence that has been directed at these patients as they entered readily identifiable abortion clinics. The best way to ensure confidentiality and safety is to perform these services in a hospital setting.

The callous statements that females requiring abortions should be expected to travel to other communities shows ignorance about the females seeking abortions in our area. In most cases the patient has no transportation, very limited funds (single females, students, single parents) and does not have access to volunteer transportation service to other centres as do patients travelling for nearly every other type of medical service. To state that they should be "forced" to travel because patients are "forced" to do so for chemotherapy treatment is ludicrous. The reason that our citizens have to travel for these services is because Cornwall cannot and will not in the foreseeable future, be able to attract the calibre of doctors working in these services. Doctors with the necessary education, training and experience in cancer treatment will gravitate toward the larger communities thus affording themselves the opportunity to reach the largest number of patients needing their help. The research money available in larger centres also attracts and holds these specialists.

The mandate of our local District Health Council provided for the "maintenance" of all medical services currently being provided by Cornwall hospitals and the mandate of the HSRC also provides that options for change will be evaluated against three broad criteria - one being "maintenance or enhancement of accessibility to services". Abortion is a legal medical service now being provided in Cornwall and therefore should be maintained in accordance with these mandates. We've come a long way baby, and we're not going back.

Barbara Lagrue
Cornwall

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Ontario Energy Board / Commission de l'Énergie de l'Ontario

Ontario

An Application dated July 9, 1998 has been filed by Union Gas Limited ("Union") with the Ontario Energy Board under sections 9 and 10 of the Municipal Franchises Act, R.S.O. 1990, c. M.55. Union has applied for an order of the Board approving the terms and conditions upon which and the period for which the Corporation of the Township of South Stormont ("the Municipality") is, by by-law ("the By-law"), to grant to Union rights to construct and operate works for the distribution of gas; to extend or add to the works; and, to supply gas to the inhabitants of the Township of South Stormont ("the Franchise Agreement"). Union is the continuing corporation resulting from the amalgamation, effective January 1, 1998, of Union Gas Limited and Centra Gas Ontario Inc. ("Centra").

Union has also applied for an order of the Board declaring and directing that the assent of the electors of the Township of South Stormont to the By-law is not necessary.

The Corporation of the Township of South Stormont was formed on January 1, 1998, by the amalgamation of the former Corporation of the Township of Cornwall and the former Corporation of the Township of Osnabruck.

Union is presently serving the constituent municipalities of the Township of South Stormont and has Certificates of Public Convenience and Necessity for the Township of Cornwall (F.B.C. 226) and the Township of Osnabruck (F.B.C. 215) and Orders of the Board approving the terms and conditions and the period of franchise agreements between Union and the Municipalities, the earliest of which will expire on September 21, 1998.

The Board intends to proceed in this matter by way of a written hearing.

How to see Union's Application

Copies of Union's Application are available for inspection at the Board's offices, at Union's head office, at the Union divisional office in Kingston and at the office of the Clerk of the Corporation of the Township of South Stormont (addresses below).

How to Intervene

If you wish to intervene (i.e. actively participate) in the proceedings relating to this Application, you **must** file a letter of intervention within 14 days of the publication of this Notice. Your letter of intervention **must** be delivered or mailed to the Board Secretary and to Union at the addresses below. The letter of interview **must** state:

1. your name, address, telephone and facsimile numbers;
2. your interest in the Application;
3. your intention to participate in the written hearing;
4. the issues you intend to address in the written hearing; and
5. whether you intend to seek an award of costs.

If you wish to participate in the French language in the proceeding, your letter must state this.

Written Hearing

The Board intends to proceed in this matter by way of a written hearing. If you wish to object to this matter proceeding by way of a written hearing you **must** file your objection with your letter of intervention or within 21 days of the publication of this Notice. If an intervenor objects to a written hearing the Board will then proceed by way of an oral hearing.

All Intervenors and Board Staff **must** file any written submissions with the Board and with Union by August 28, 1998 at 4:45 p.m. Union **must** file any reply submissions by September 4, 1998 at 4:45 p.m.

Other procedural orders as to how these matters will proceed may be issued by the Board from time to time. Copies of any procedural orders will be sent to all intervenors.

How to Observe

If you do not wish to actively participate, but wish to monitor the proceeding and receive Board issued documents, you may request observer status in the proceeding by writing the Board Secretary within 14 days of the publication of this Notice.

How to Comment

If you wish to comment on the Application without becoming an intervenor or an observer, you may write a letter of comment to the Board Secretary stating your views and any relevant information. All letters of comment will be provided to Union and will become part of the public record in the proceeding. All letters of comment must be filed with the Board Secretary within 21 days of the publication of this Notice.

IMPORTANT

IF YOU DO NOT FILE A LETTER OF INTERVENTION OF A LETTER OF COMMENT, OR IF YOU DO NOT FILE WRITTEN SUBMISSIONS OR OBJECT TO THE MATTER PROCEEDING BY WAY OF A WRITTEN HEARING, THE BOARD MAY PROCEED IN YOUR ABSENCE AND YOU WILL NOT BE ENTITLED TO ANY FURTHER NOTICE OF THESE PROCEEDINGS.

ADDRESSES

Ontario Energy Board, P.O. Box 2319, 2300 Younge Street, 26th Floor, Toronto, Ontario M4P 1E4 Attn: Paul Pudge, Board Secretary, Toll free: 1-888-632-6273

The Corporation of the Township of South Stormont, P.O. Box 340, 4949 County Road #14, Ingleside, Ontario K0C 1M0 Attn: Betty de Hann, Clerk

All documents sent by mail should be directed to the following address:

Union Gas Limited, 50 Keil Drive North, Chatham, Ontario N7M 5M1 Attn: David W. Kunsch, Solicitor Tel: (519) 436-5396 Fax: (519) 436-5218

Divisional Office: Union Gas Limited, 520 Gardiners Road, Kingston, Ontario, K7L 4Y6 Attn: Mike Deschesne Tel: (613) 389-7006, Ext. 255

Dated at Toronto, July 28, 1998.

Ontario Energy Board

Peter H. O'Dell

Assistant Board Secretary

Bridge Results

Independent Bridge Club
July 29/98 • Section A

N/S
1. Brunelle MacDonald - Jean Forbes
2. Emma Farlinger - Terry Forsyth
3. Charles Lawn - Claudette Rousseau

E/W
1. Kay Barlow - Muriel Smith
2. Madan Seth - Marie Godard
3. Jim Campbell - Edward Buttolth

Cornwall & District Bridge Club
July 30/98

N/S
1. Richard Baird - Barbara Taylor
2. Dora Barrington - Terry Forsyth
3. Carol Reus - Jeanine Alain

E/W
1. Maureen Walker - Claudette Rousseau
2. Brian McCartney - Bruno Carriere
3. George Duckworth - Marjorie Bidwell

Cornwall Senior Citizens Bridge Club
July 31/98
Section "A"

N/S
1. Kay Colbran - Terry Forsyth
2. Yolande Boutin - Bert Mosher
3. Mabel Chan - Pat Cunningham

E/W
1. Maureen Walker - Muriel Smith
2. Madan Seth - Ben Bouvier
3. Eva Kittle - Marian Lloyd

Section B

N/S
1/ Bert Chaussé - Rita O'Brien
2. Brunelle MacDonald -Fern Blain
3. Lorraine Gauthier - Jerry Johnston

E/W
1. Hermine Ladouceur - Lyette Ladouceur
2. Eileen Beaudette - Jean Boileau
3. Rita Struthers - Adelaide Hunter

Cornwall Community Bridge Club - Aug. 3/98

N/S
1. Maureen Walker - Charles Lawn
2. Lalit Mohan - Charilla Heller
3. Brian McCartney - Margaret Grieve
4. Bruno Carriere - Richard Baird } tie
5. Barbara Taylor - Louis Rioux

Alexandria Bridge Club
July 28/98

N/S
1. Sheila Picket - Fran Conolly
2. David Graham - Don Crawford
3. Les Atkinson - Viviane Campbell

E/W
1. Yvan and Marrielle Morrissette
2. Rene Belanger - Michel Duplante
3. Robert and Krystyna Zacios

Seaway Seniors
July 29/98

N/S
1. Theresa Carriere - Ed Pelletier
2. Armand Rivard - Rolland Fobert
3. Joan Owen - Ken Graham
4. Grace & Ken McDonnell

E/W
1. Denis and Raymond Rivest
2. Laurette Keir - Bert Mosher
3. Maisie Collette - Marie Lemieux } tie
4. Allan McLeod - Henry Rzepczyk

GOOD REASONS FOR DOING GOOD

"For I was hungry,
and you fed me.
I was thirsty, and you
gave me a drink.
I was a stranger,
and you invited me
into your home.
I was naked,
and you gave me clothing.
I was sick,
and you cared for me.
I was in prison,
and you visited me...
when you did it for one
of the least of these my
brothers and sisters,
you were doing it for me."
Matthew 25:35, 36, 40b, NLT

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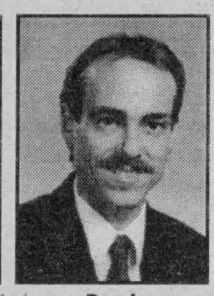

Larry Ducharme



Mike Leroux



Donna Huizinga

Green and Growing

Does Your Lawn Need an Apple a Day?

By Dr. Ellen Henke
John Deere Lawn & Garden Expert

"An apple a day keeps the doctor away." Or so they say. We all know that an apple alone isn't all it takes for good health. Our nutritional needs are somewhat more complex than that... and so are your lawn's.

Most of us accept that our lawns must be watered and mowed for good health, but many of us think that fertilizing our lawns is optional. It really isn't.

Grass has a tough life. Grass plants are thrown into the soil, crowded together in competition for water and nutrients with each other, neighboring trees and shrubs. For grass plants, it's survival of the fittest, and lawns must be fertilized for grass plants to have a chance at survival.

Just as most people's bodies demand three square meals a day, your lawn demands two square meals a year — one feeding a month after the lawn starts growing and another feeding a month before your lawn goes dormant. Spring fertilization is necessary to replenish your lawn's food reserves that have been used in the first flush of spring growth. During the fall, your lawn is storing food in the root system to allow it to grow underground during the dormant season — so the fall fertilization is the most important one of all.

What does your lawn need? Grass plants need three essential nutrients. Nitrogen is needed for a healthy green color and grass blade growth. Phosphorus promotes healthy root development, and potassium provides for disease and drought resistance.

To determine how much of these nutrients your lawn needs, John Deere suggests that you conduct a soil test by taking several random plugs of soil from around the lawn. Dig down six to eight inches for the samples. Remove any grass blades, roots and stems. Mix the soil and label it "Lawn." Send your soil samples to a county extension agent, university turf specialist or soil test lab.

The lab results will tell you the pH of your soil — if it's too acid or too alkaline — plus the major nutrients your soil needs.

And while an apple a day may not keep the doctor away – the lawn doc, that is – proper nutrition and proper care the whole year through will help your lawn bounce back from the stress of dry spells, insects and disease.

Anyone can develop inflammatory bowel disease, regardless of age, race or gender.

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Fondation canadienne des maladies inflammatoires de l'intestin

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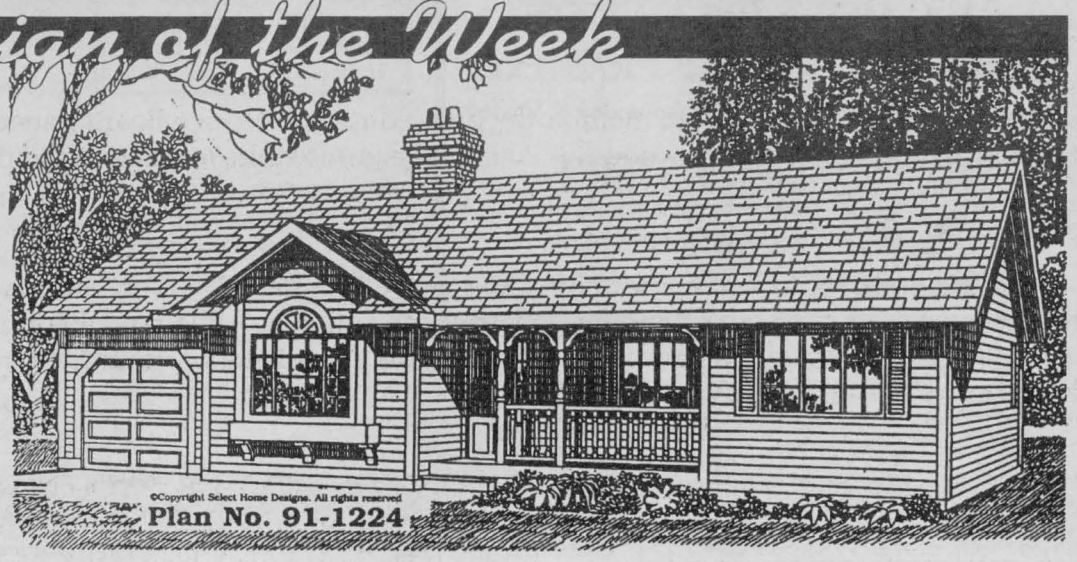
FEATURE

Design of the Week

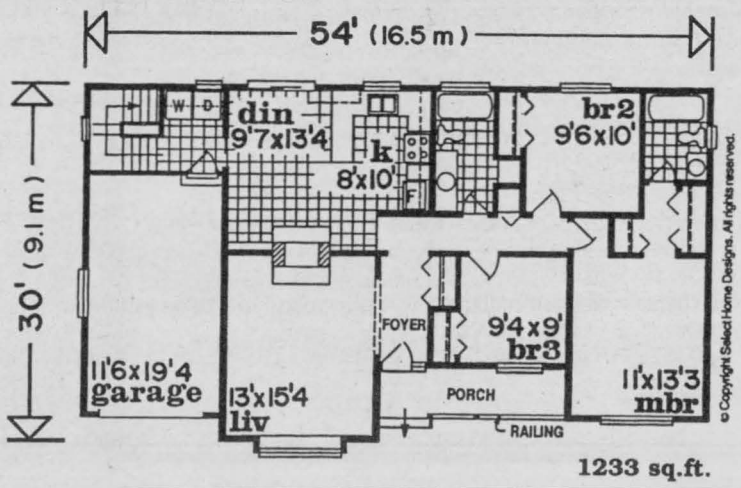
Affordable Home With Country Flair



RELEASE DATE: August 9-15, 1998
DESIGN FOR LIVING: **Affordable Home With Country Flair**
PLAN NO: 91-1224
WIDTH: 54' DEPTH: 30'
©Copyright SELECT HOME DESIGNS

- Covered, railed verandah provides a quaint, weather protected entry.
- Shutter windows, horizontal siding and wood detailing provide a nostalgic charm for this three bedroom home.
- Foyer spills to living room which shares a see through fireplace with the country kitchen.
- U-shaped country kitchen has a spacious eating area with a sliding glass door to the garden.
- Master bedroom features a walk-through dressing area and full bath with soaking tub.
- Unfinished basement provides space for future expansion.

To receive a 256 page book featuring over 300 beautifully illustrated home and cottage plans, including this design, for only $9.95 (including shipping, handling and taxes) mention this newspaper at www.selectaplan.com, or call toll-tree 1-800-663-6739 or fax (604) 251-3212. We accept Visa/Mastercard/AMEX. To use cheque or money order, make payable to Design for Living, c/o Seaway News, #301, 611 Alexander Street, Vancouver, B.C. V6A 1E1.



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Hello ... Is There Anyone Out There? We want to remind everyone out there that this is your public forum ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8 or by Fax 933-0024 or E-mail your little ditty to us at snews@seawaynews.on.ca



SCUTTLEBUTT

A lot of folks are upset with City Council's decision to raise taxes this year. Seems they felt Cornwall Electric sale should have meant a reprieve from any tax increase this year.

A big thank you to **Brian & Louie at Eastcourt Market** for staying open 'til 9 pm this past holiday Monday. Your dedication and service to your customers is greatly appreciated.

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First phase of construction on Vincent Massey Drive is nearly complete and looking great. The slight inconvenience the past few months is well worth the wait.

Mike Logan doing a fabulous job of restoring the Cline House on 2nd Street (old Library building). The future Gallery sporting some beatiful new pillars out front. Nice to see someone preserving our heritage instead of tearing it down.

Sour lemons to the brainless persons or people that left five tiny black and white kittens to fend for themselves on the roadside just west of Maxville. We found one on Wednesday, July 29th at about 9 pm after one had been hit by a car. Early Thursday morning we made three more trips to Maxville and spent 2-1/2 hours trying to find the rest. Despite our efforts, one more died. **We now have three kittens looking for good home. If you would like to adopt one please call 527-2227.**

Notice lately that it's always the "bad news" that makes headlines!

Who's the horticulturalist at **McDonald's Restaurants in Cornwall?** Some of the best looking flowers and plants in the city. *Great job Karen.* Keep up the good work.

Buy grapes when they are on sale and freeze them. Frozen grapes make a tasty summer treat and can be used as ice cubes in punch.

The Rosedale Recreation Assoc. is planning a Family *Fun Day and Corn Roast* on Sat., August 15th at MacLennan Park in Rosedale Terrace. Raindate, August 22nd. It all begins at 3 pm. Everyone is welcome. Check it out.

The Marleau Family will be having a reunion on August 23rd at the Community Centre of St. Bernadin. For more info. you can call 1-613-678-5693.

Progress is accelerating on the re-construction of the Town Hall at Pitt and Second Streets. The new windows look just great.

ARE YOU EMBARRASSED BY YOUR CARPET WHEN GUESTS DROP OVER?



Don't be. Make sure they look their best by having them professionally cleaned. We offer the most thorough cleaning ever – or it's FREE! You pay only if you're pleased.
933-9303
"THE RED CARPET TREATMENT"
Consumer Awareness 930-9688
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A big bunch of "Sunflowers" to Katherine Brown for starting her first job at Pizza Hut. Congratulations and best of luck. Love Vicky.

A very upset caller would like the woman driver of a white car (licence 400 LZN) to be aware that the blinking lights at Montreal Road is a pedestrian crosswalk. This means you either slow down or stop. You nearly caused a serious accident.

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The Cornwall Gymnastics Club sends a big thank you to Cornwall Gravel Company for their generous donation to our club. It is with support like this from our community that our club will continue to grow and purchase new equipment. This latest contribution will be going towards the purchase of a 'Tumble-Trak' which should be arriving by the end of the summer. Thank you very much for your support.

The question is: What is the city going to do with $68 million from the sale of Cornwall Electric? Do you think we "hard working" taxpayers will get a tax break??

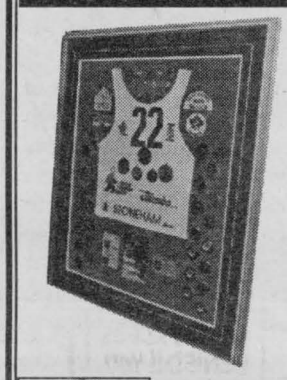
The Reform Party, Stormont-Dundas Constituency Association is sponsoring a public forum for firearms owners at 7:30 pm in the Arena in Winchester, Ontario on Tuesday, August 11th, 1998 to provide information on the latest developments with regard to Bill C-68. A public question and answer period will follow the speeches.

I would like to thank,my loving wife Carmen, and my son Jerry, also my daughter Kathy for putting up and taking care of this grouchy old man while I was laid up. Love Dave.

Upper Canada Playhouse announces auditions for Applefest Variety Night. Prepare a 3 minute audition piece of music, drama, a reading, dance, comedy, etc. Auditions will be held evenings the week of August 24th. Call Rosie at 613-543-3713.

Mom and dad send a big congratulations to Jackie Bosko for winning Most Promising Gymnast this year at the Cornwall Gymnastics Club. Way to go Jackie! Keep up the hard work and good luck in senior kindergarten this fall.Love Mom & Dad

"Preserving Memories Is Our Business"



LOGAN'S GALLERY
MIKE LOGAN
A gallery like no other ...
LOGAN'S GALLERY
224 Pitt St., Cornwall
938-3629

Since the Highland Games it seems everyone in Cornwall and area is wearing a "Tilley" hat. Alex Tilley was invited by George from Jay Gee Shoes, to attend the Games and sign his famous hats. Judging from the line ups to purchase a hat or have one signed, it was a huge success.

Great letter to the editor Ernest Buck, on the boondoggle known as pay equity. When you say price tag in the millions, you're wrong ... even Treasury Board President Marcel Massé says billions perhaps ... 9 billion. Don't blame the unelected tribunal for enforcing a stupid law. Blame the politicians who created and passed it.

Did you notice how Bob Kilger managed to tilt his head at the right time to get his face in between Chretien's and Boudria's?

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.htm
Your own submissions are always welcome!
Send them to advantag@nivek.ca

** DOGGY DICTIONARY **

THUNDER: This is a signal that the world is coming to an end. Humans remain amazingly calm during thunderstorms, so it is necessary to warn them of the danger by trembling uncontrollably, panting, rolling your eyes wildly, and following at their heels.

WASTEBASKET: This is a dog toy filled with paper, envelopes, and old candy wrapper. When you get bored, turn over the basket and strew the papers all over the house until your person comes home

SOFAS: Are to dogs like napkins are to people. After eating it is polite to run up and down the front of the sofa and wipe your whiskers clean.

BATH: This is a process by which the humans drench the floor, walls and themselves. You can help by shaking vigorously and frequently.

LEAN: Every good dogs's response to the command "sit !", especially if your person is dressed for an evening out. Incredibly effective before black-tie events.

BUMP: The best way to get your human's attention when they are drinking a fresh cup of coffee or tea.

GOOSE BUMP: A maneuver to use as a last resort when the Regular Bump doesn't get the attention you require.....especially effective when combined with The Sniff. See above.

LOVE: Is a feeling of intense affection, given freely and without restriction. The best way you can show your love is to wag your tail. If you're lucky, a human will love you in return.

Slated for Cornwall on August 12th are public hearings into Bill 22, the new provincial legislation targeting social assistance services. Bill 22 is being proposed to amend this government's 1997 Ontario Works Act, in that it prevents people involved in workfare from joining a trade union.

Caller would like to send a bouquet to Cornwall License Service on Tollgate Road. They deserve a bouquet for their good service to all the staff. Sincerely, D. Decaire.

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933-6470

A summer program for children dealing with the life of Nor'Wester David Thompson is being offered from August 11th to 14th from 9:30 to 11:30 am daily at the Nor'Westers and Loyalist Museum in Willliamstown. Call 347-3547 for more information.

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Blossom Large Grade A **Eggs** produced locally 8 pack 99¢

Eye of Round **Pastrami** $9.90/ kg. $4.49 lb

Fresh Peaches $1.08 kg 49¢ lb.

Chicken Legs backs attached $1.52 kg 69¢ lb.

Asst. Drinks **Morning Dew** Grape, Apple Orange, Fruit Punch 12x300 ml 12 pack $2.99

Green Peppers $1.52 kg 69¢ lb.

Flame Red **Grapes** Seedless $3.28 kg $1.49 lb.

Prince Bacon 500 g $2.59

ASK THE DENTIST



Louis Cardinal, BSc, DDS, FAGD
SEAWAY NEWS

What Is Nitrous Oxide?

Nitrous oxide also known as "laughing gas" is an odourless gas which affects the central nervous system. It has been used in medicine and dentistry for many years and is considered one of the safest forms of sedation available. Patients who are anxious and uncomfortable about their dental treatment, nitrous oxide can provide them with enough sedation to make their treatment more acceptable. The benefits of using nitrous oxide are numerous, one being that you remain conscious and fully aware during treatment. It is administered through a nosepiece and the depth of sedation can be varied at will by the dentist as well as the patient since breathing through your mouth as opposed to the nosepiece will decrease the dose. Vice-versa if you wish to increase the dose you can concentrate on breathing through your nose. During sedation all your protective reflexes are intact which means you will respond normally to any stimulus and remain in control. Furthermore, your dental treatment will progress more smoothly since it helps eliminate fear and reduces anxiety by helping you relax. Individual patients experience its effects differently however. Generally, as the depth of sedation increases you will experience tingling and numbness in your hands and feet, warmth, numbness in your legs, tongue and other soft tissues of your mouth. Many experience a feeling of euphoria with sounds becoming more distant. Your extremities may feel heavy or light depending on your individual response. One advantage of nitrous oxide sedation is that it can be discontinued at any time should you feel it is not pleasant. Either way, when terminated your dentist will make you breathe 100% oxygen so that when dismissed you will feel normal again.

One common misconception about nitrous oxide is that no injections of local anaesthetic will be required. Unfortunately, due to the mild level of sedation provided by nitrous oxide, an anaesthetic can be avoided only for the most minor procedures. However, if you have an unusual fear of injections, receiving the local anaesthetic while sedated will drastically reduce your anxiety. For some patients that is enough reason to use nitrous oxide.

" Dr Cardinal accepts any inquiries at tel:938-8451 or fax:938-7647 and welcomes you to visit his webb site at www.netcom.ca/~cardina3 for other dental topics."

ASTHMA?
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THE LUNG ASSOCIATION

Hudson's Bay

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PLUS ... A GEDORO'S MUG!

TO PLACE YOUR AD: phone or write your ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a picture. Over 24 words, 25¢ per additional word, per week.

DEADLINE IS 4:00 PM WEDNESDAY.

Hear Ye! Hear Ye! Hear Ye!

GARY MILKS
is 40!
Celebrating on August 8th
Love Linda, Jonathan & Thomas



RYAN JAMIESON
Congratulations
to
Leanne Ryan & Andrew Jamieson
on the birth of
Austin Murray Ryan Jamieson
on July 24, 1998
weighing 9 lbs. 5 1/2 oz.
Proud grandparents
Tom & Doreen Ryan
Susan Jamieson





Happy
Sweet "16"
Birthday to
LISA WILSON
Celebrating on Sunday, Aug. 9th
Love Mom, Dad, Rodney & Zak
XOX

HAPPY BIRTHDAY
to our very own Operator/Organizer
"BERNIE"
celebrating Aug. 8th
Another year, another ache!
From the gang



Mixed Party

Lucien and Linda Lalonde
invite relatives and friends to attend a mixed party
in honour of the forthcoming marriage
of their daughter
Jennifer Lalonde
to
Jonathan Debruin
Of Wolf Island
Saturday, August 22, 1998
at Knights of Columbus Hall
205 Amelia St. Cornwall, Ontario
9 p.m. - 1 a.m.
Tickets available at the door

Mixed Party in honour of
Erin Lee Burnie
daughter of Louise Marchand and Shane Burnie and
Vincent Francois Alcaide
son of Geraldo and Dolores Alcaide
Friday, August 21st, 1998 at 9:00 pm
Legion Hall, Second St. W. Cornwall, ON

Community Update

***ACQUIRED BRAIN INJURY (HEAD INJURY) SUPPORT GROUP** will be having a "Pizza Party" on Wednesday Aug. 12th, 4:30p.m., Knights of Columbus 205 Amelia St. All A.B.I. survivors are encouraged to attend. For info call 932-3412.

***ADOPTEES-BIRTH MOTHERS-** BIRTH FATHERS. Do you need help or support in your search? Call Parent Finders at 933-9186 or 931-2916.

***AL-ANON/ALATEEN** If your life is affected by someone else's drinking, we can help you do something about it. Contact 937-4880.

***ALCOHOLISM IS A DISEASE,** help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 613-938-1984.

***ALZHEIMER SOCIETY'S BREAKAWAY DAY PROGRAM** in Alexandria and Winchester is seeking participants and volunteers.

***ARE YOU OR SOMEONE YOU KNOW** returning to high school or university this fall?Concerned about date rape? For info & a free gift for the student, come and meet the coordinator of the Sexual Assault Response Team: 932-3300 ext. 4202. Open to high school/university students & their parents.

***CANADIAN NATIONAL INSTITUTE FOR THE BLIND** are looking for Captains for the September door-to-door campaign in Glengarry County. Call Audrey Wanner at 936-2300.

***CENTRE CHARLES-EMILE CLAUDE** announce les nouvelles activités:Exercices de Yoga tous les Jeudis à 1:30h. Cout $2., Jeux de Dards tous les Mardis à 1:30h. Cout $1., Leçons de Bridge (s'inscrire entre les heures de 9h et 4h.) Appelez 932-1035 for information.

***CORNWALL & DISTRICT BRIDGE CLUB** meets every Thursday at the Masonic Temple at 7:30p.m. Call 932-3498 for information.

***CORNWALL & DISTRICT NAVY VETERANS** 30 Sixth St. E., are having a Sunday Brunch, Aug. 9th, 9:00-1:00p.m. Everyone Welcome. 24 Hour Info Line 930-2060 ext. 6289.

***CORNWALL MEALS ON WHEELS** needs volunteers to fill vacancies in its delivery system. If you have two free hours a month between 11 a.m. and 1 p.m., please come and help us. Call 534-8883.

***CORNWALL OLDE CAR CLUB** weekly Cruise Night Wednesday Aug. 12th, 6:00 p.m., A&W Restaurant Vincent Massey Drive. Info call 931-2637.

***CORNWALL POWER & SAIL SQUADRON** will offer the Basic Boating Course this Fall starting Sept. 14th. Course is given one evening per week for 15 weeks at the Stormont Yacht Club. Registration Forms are available from Joe Rotheram 933-0148.

***CORNWALL REGIONAL ART GALLERY** are hosting a concert on Sunday Aug. 16th, featuring various Winnipeg Bands. Concert takes place at 7:00p.m. This is an all ages event. Call Maggie for information 938-7763. Everyone welcome.

***CORNWALL WHEELS TO MEALS** Day Away for seniors providing door-to-door transportation, nourishing meals, crafts and activities. Every 1st and 3rd Wed. of each month. Info: 930-9292

***EMOTIONS ANONYMOUS** a self-help support group will hold their next meetings commencing July 8th, temporarily at St. John Bosco Church (back entrance), Wednesday 7:30p.m.

***INVERARDEN TEA ROOM** will serve tea and cakes to visitors of the museum each Sunday until August 30th. Everyone welcome.

***GLEN STOR DUN LODGE** has many volunteer positions open to individuals who are interested in giving a couple of hours a week to assist in recreational activities, dining and exercise programs. Orientation & Training provided. Please call the Volunteer Dept. at 933-3384.



***JOIE DE VIVRE,** Secteur Francophone est un mouvement catholique d'entraide qui s'adresse aux personnes vivant seules suite à une séparation quelconque. Pour reseignement appelez Jacques 932-2285 ou Lucille 933-0255.

***MARLEAU REUNION** will take place Sunday Aug. 23rd, at the Community Centre of St. Bernadin. Picnic type of event. Directions: take hwy 417 going East and exit at #35, go North for 5 kms and at the first STOP sign you are there. Info 613-678-5693.

***MCKINNON FORESTRY CENTRE** upcoming events: "Hide & Seek", Sunday Aug. 9th; find out how animals use camouflage to survive; "Phenomenal Forest Day Camp", ages 8-12, Aug. 10-14 & Aug. 17-21, 9:00-3:00p.m. $50./child. Call to register 528-4430.

***MENTAL HEALTH SUPPORT NETWORK** of Eastern Ontario will not be holding a Monday evening Peer Support's group during the month of August. Group will resume Sept. 14th, 6-9:00p.m., 29 Second St. East. Info 933-9745 or 933-5845

***NICOTINE ANONYMOUS** for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

***P.P.C. PLAYGROUP** is now getting ready for the fall session. Various activities for the little ones. For more info call Liz 938-8232 or Nancy 936-6809.

*** PALLIATIVE CARE VOLUNTEER PROGRAM** can help ease the burden of dealing with serious illness through dedicated and helpful volunteers. Volunteers have the time and energy to help you through this difficult time. Info on this free service call Sue MacDonald, VON Office, at 932-3451.

***ROSEDALE RECREATION ASSOCIATION** is planning a Family Fun Day & Corn Roast to be held Saturday Aug. 15th, MacLennan Park in Rosedale Terrace. Raindate Saturday Aug. 22nd. Activities begin at 3:00p.m. Proceeds towards park improvements.

***S.D.&G. VOLUNTEER CENTRE** is recruiting volunteers to meet the needs of the community. If you're interested in volunteer work for different organizations, please call the Volunteer Centre today at 933-8162.

***SD&G DEVELOPMENTAL SERVICES CENTRE** is in need of volunteers to assist individuals with physical and/or development challenges towards meeting their needs for friendship and recreational activities within the community. Info 937-3072

SEAWAY TOASTMASTERS: *would you like to improve your Public Speaking & Leadership Skills? Info call Earl DePass at 930-2145.

***ST. LAWRENCE SENIORS CLUB** Smoke Free Bingo and Euchre at St. Joseph Villa Auditorium. Bingo every Monday & Friday 1:15p.m., Euchre every Thursday 1:15p.m. Wheels to Meals every second Wednesday of the month. Doors open 10:00a.m. Info call Mary 938-2215.

***STORMONT DUNDAS PROGRESSIVE CONSERVATIVE** picnic will be held on Sunday Aug. 9th, 1:00-4:00p.m. on the farm of Honourable Noble Villeneuve & Mrs. Elaine Villeneuve; located on the Dyer Road, Maxville. For further info call 931-2266. Everyone welcome.

***TOPS, ON4643** Long Sault, meets at Pentecostal Church, Bethune St. every Monday Night. Weigh: 6:00-7:00p.m. New members welcome. For info call Deanna 537-8636.

***UPPER CANADA PLAYHOUSE** announces Auditions for Applefest Variety Night. Prepare a 3 min. audition piece: music, drama, a reading, dance, comedy. Auditions will be held evenings the week of Aug. 24th. Call Rosie at 543-3713.

***VICTORIAN ORDER OF NURSES CANCER SUPPORT NETWORK** meets every third Thursday of the month, 7:00p.m. Central Public School (Amelia St. entrance). Information & discussion for cancer patients, newly diagnosed and their loved ones. Info call Sheila Airey at 932-3451.

***VICTORIAN ORDER OF NURSES PROSTATE SUPPORT GROUP** meets every second Thursday of the month, 7:00p.m. Central Public School (Amelia St. entrance). Information & discussion for Prostate cancer patients, newly diagnosed and their loved ones. Info call Sheila Airey at 932-3451.

***WILLIAMSTOWN GREEN THUMB HORTICULTURAL SOCIETY** will present their 19th Annual Flower Show at the Williamstown Fairgrounds, Saturday Aug. 15th, 2:30-4:00p.m.

HOROSCOPES

August 9-15

Aries – March 21/April 20

You have a lot on your mind this week, Aries, but you can't let this distract you from your work. There's a job to be done, and people are counting on you to do it. Turn to loved ones if you need to talk. They always are willing to help you. Cancer plays an important role late in the week.

Taurus – April 21/May 21

Don't be stubborn when it comes to matters of the heart this week. You've finally met someone special; don't let a minor disagreement ruin a promising relationship. A close friend needs your help with a personal matter. Be there for him or her. He or she would do the same for you.

Gemini – May 22/June 21

You have to be patient when it comes to your career, Gemini. Don't get pushy, or you could lose out on an interesting opportunity this week. Take some time for yourself during the weekend. Relax, and enjoy the peace and quiet. This is the perfect time to clear your head.

Cancer – June 22/July 22

Even though you enjoy the spotlight, try not to attract attention at work early in the week. A problem is building, and if you make a spectacle of yourself, people may think that you're involved. A friend needs your advice about a financial situation. Don't get involved with things that you know nothing about.

Leo – July 23/August 23

You're really in control of things this week, Leo. You know exactly what you want, and no one can stop you from getting it. However, don't get greedy. Just because you're on a roll, it doesn't mean that you can take things that aren't yours. A loved one has some advice for you. Listen to him or her.

Virgo – Aug 24/Sept 22

Don't worry about a family situation, Virgo. Things are going to work out — even though it doesn't look like they will early in the week. Loved ones have the problem under control. That special someone offers you a proposition. Be wary. Find out what's going on before you answer him or her. Aquarius plays a key role.

Libra – Sept 23/Oct 23

Don't let a co-worker's actions upset you. He or she is just trying to solve a problem. A family friend needs a shoulder to cry on. Be supportive, and help him or her as much as you can. Even though you don't know what to say, just being there is enough. Virgo is involved.

Scorpio – Oct 24/Nov 22

Don't let an acquaintance force you to do something that you don't want to do. Stand your ground; don't be bullied. Your loved ones will respect you for this. You meet an interesting stranger late in the week. Get to know him or her better, because the attraction is mutual.

Sagittarius – Nov 23/Dec 21

Make an effort to look at the bright side of things this week, Sagittarius. There is good and bad in every situation; focus on the good. If you don't, you're in for a stressful week. An acquaintance needs to borrow money. Don't lend him or her anything unless you're sure that he or she is reliable.

Capricorn – Dec 22/Jan 20

A business rival gets the upper hand when it comes to an important project. Don't show your anger and disappointment, because it only will make you look bad in front of your superiors. That special someone has to go out of town. Don't sit around and sulk. Keep your chin up. Staying busy will get you through this separation.

Aquarius – Jan 21/Feb 18

When it comes to romance, look before you leap this week, Aquarius. Things aren't always as they seem. So, get the facts before getting involved with someone new. A loved one needs your help with a family matter. Be supportive, and do what you can.

Pisces – Feb 19/March 20

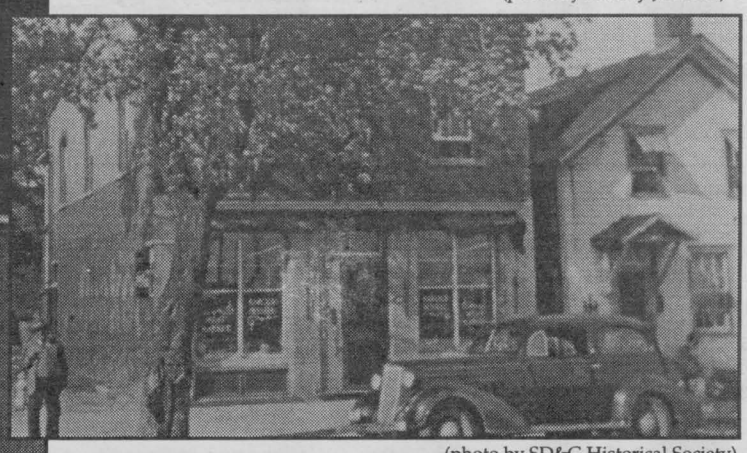
You're on the go this week, Pisces. Don't let minor details stall your momentum. You have a lot of things that you want to accomplish before Friday. With a little determination, you can get everything done. Taurus plays a key role late in the week.

103 Years Young!



At the turn of the century, Hessell's Meat Market, situated at First Street East, was an obliging commerce, offering customers choice selections which graced many of the best tables in town. Customer satisfaction and attention to detail are the redeeming qualities of long lasting business ventures in Cornwall. Following in his father Joseph's footsteps, Howard has made a lasting impression on those who have been fortunate enough to call him "friend". On August 3rd, Mr. Howard Hessell turned a young 103 and with friends beside him, celebrated and reminisced about events that he has seen that the average person can only dream about. It is said, that above all, history does repeat itself. We wish Mr. Hessell continued good health and we hope to be able to have as many fond memories as he does as we continue along this glorious path of life. Pictured at Parisien Manor are Howard Hessell with health care aide Carole Blais and family members Clara Jane Hessell and Robert Nash-Hessell.

(photo by Aubrey Johnson)



(photo by SD&G Historical Society)



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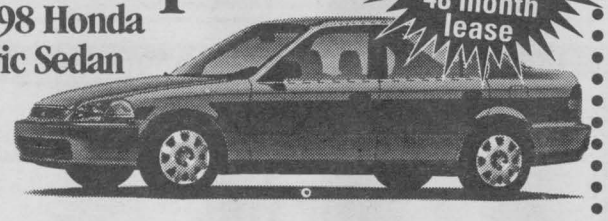

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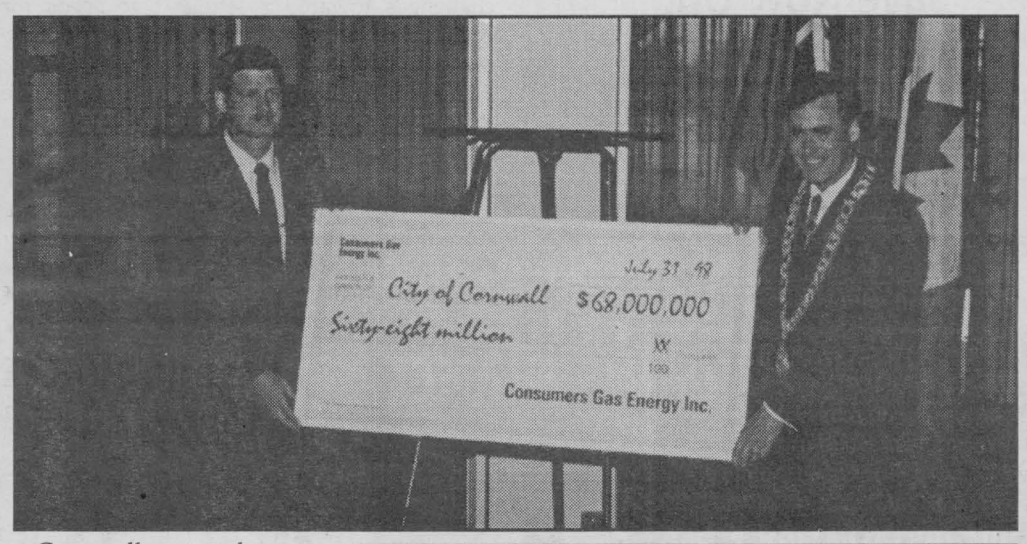



Cornwall entered a new era as it became one of Ontario's very few debt free communities. Cornwall Electric, a municipally owned utility for many years, was officially sold to Consumers Gas Energy Inc., a wholly owned subsidiary of IPL Energy Inc. of Calgary, for the sum of 68 million dollars. The City of Cornwall has owned the shares of Cornwall Electric for the past twenty one years of the company's one hundred and eleven year history. The positive implications of the sale are many and varied and municipal officials will be exploring the City initiatives both for its citizens and for the business and industrial community. Projects which have been little more than visions may well become a reality. The Friendly Seaway Town, in which the first electric street lights were put in place by Thomas Edison, continues its profile of being Ontario's true "City of Opportunity". Pictured (above right) at the official signing on July 31st are Mayor Brian Sylvester, CAO Richard Allaire and Richard Bird, CEO of Consumers Gas Energy Inc.

(photos by Aubrey Johnson)

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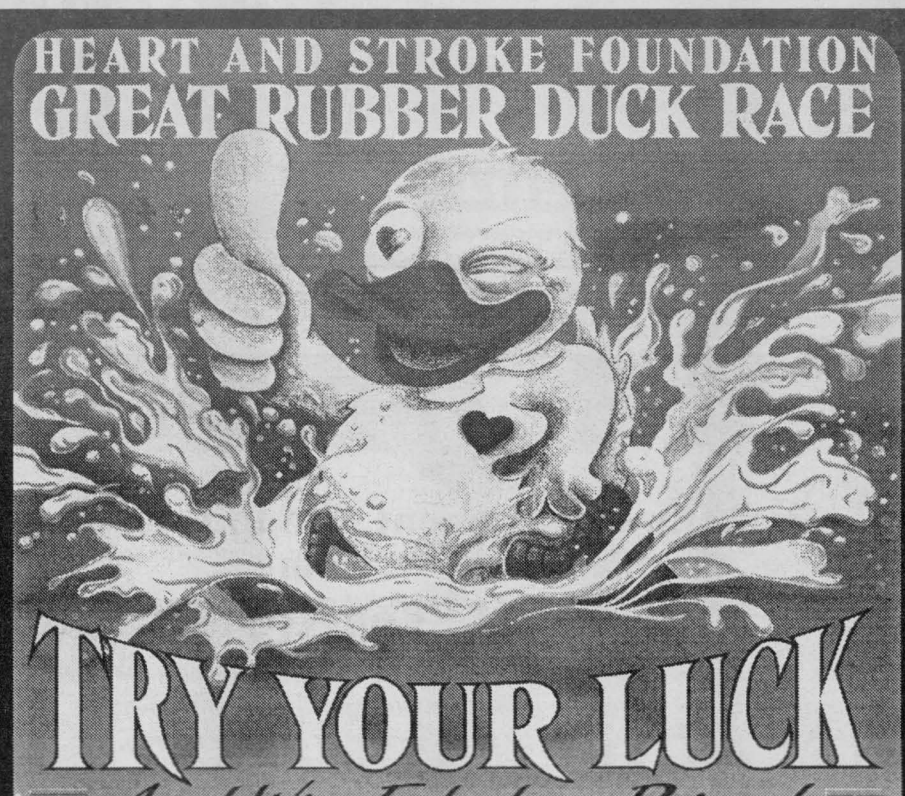

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Race Date: Saturday, August 22nd 1998 at 3:00pm – Cornwall Canal
Tickets are $5.00 each or $20.00 for a family of five ducks.
For Information please call Heart and Stroke office at 938-8933

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2. $500 Cornwall Gravel
3. $500 Cornwall Square – Mall Coins
4. $500 Caisse Populaire
5. $300 Shoppers Drug Mart
6. $250 Le Village Dollars
7. $250 Diamond Sunrise Balloon Company – 2 hot air balloon rides
8. $200 Nav Canada
9. $150 Cornwall Motor Speedway – 4 V.I.P. tickets
10. $100 Grant Dodge Chrysler Jeep – Watch
11. $100 Gold Pendant & Earring Set – Mappins
12. $100 Sears Canada – Gift Certificate
13. $45 Village Furniture – Wooden Wine Rack
14. $30 No Frills – Beauty Bath Basket
15. $30 Pommier Jewelers – Metal Wine Rack
16. $20 Downtown BIA – Mural T-shirt

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95 Chev Cavalier, 2 dr., 70,000 km	$9,500
95 Honda Civic, 2 dr., 68,000 km	$9,500
90 Mazda MPV, 4x4 van	$9,500
93 Mazda Protege, auto, air, 70,000 km	$8,900
92 Pontiac Sunbird, air, auto, 68,000 km	$7,400
91 Ford Escort, wagon	$3,900

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New Rules About Alimony and Maintenance

In May 1997, the federal government changed the rules on how alimony and maintenance payments are to be taxed.

Karen Yull, CA, a senior manager in Doane Raymond's Hamilton office advises that "the new system provides a separate tax treatment for child support payments and spousal support payments. Only the rules on child support payments have changed; those for spousal support payments have not."

"For child support agreements or orders made after April 30, 1997, the recipient will not pay tax on the payments and the payer will not receive a tax deduction for them," says Yull. She warns though, that "if the agreement does not identify an amount as being solely for the support of a spouse, it will be treated as child support."

The new rules also apply where a previously made agreement is amended after April 30, 1997, changing, for example, the amount of the child support.

Yull suggests that, if your agreement is dated before May 1, 1997, and you want the new rules to apply, you must jointly elect to do so by filing a special form. "In some cases, you may also have to file a copy of the agreement itself." Ask a chartered accountant about how the new rules may benefit your circumstances.

Moneycare is brought to you by The Institute of Chartered Accountants of Ontario.

Successful Investing with Patrick McKeough

TIP OF THE WEEK:
"Just like restaurants, newsletters can be good, bad or indifferent."

Look carefully at investment newsletters

Newsletters are specialized publications that provide advice and recommendations on investments. They generally advertise and deliver their product through the mail, although some also use E-mail, Web pages or fax. Most cost around $100 a year, but some go as low as $40 and others cost more than $1,000.

Quality varies
It's cheap and relatively easy to start a newsletter Some people see themselves as stock-market geniuses. Some are right, but others are woefully mistaken. As in any business, you'll find some great performers, many that are mediocre, and a few bad apples.

SHOPPING TIPS
- **Read ads carefully.** Some newsletter ads take credit for recommendations they never made. The ad simply says, "You could have profited from stocks like these," then lists stocks that went up.
- **Find out who makes recommendations.** If it's a committee, its membership could change and you won't know until it affects results.
- **Look for a sense of prudence.** It's a bad sign if a newsletter recommends penny or junior stocks without referring to risk.
- **Look for independence.** Some newsletters admit in fine print they take fees from companies they analyze. Others accept fees or advertising from public companies, mutual funds or brokers.

How to pick a newsletter
1. Ask friends, colleagues and successful investors for recommendations.

2. Check newspaper columns and see which newsletters get quoted. Journalists see lots of newsletters and get an idea which are worthwhile.

3. Ask for a free sample. The good ones will gladly send one.

To profit from investment newsletters, be realistic. Nobody can predict the future, for $100 a year or any price. Even the top newsletters can be dead wrong about market direction or individual investments from time to time. The key question is: Are you better off with a newsletter, or without it?

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Patrick McKeough is author of *Riding The Bull* and editor of The Successful Investor, a monthly investment newsletter. For further information, call 1-800-579-4246 or visit **http://www.thesuccessfulinvestor.com**

Does It Really Matter Which Insurance Company I Choose?

MONEY TALK

(NC)—Yes, it can make all the difference in the world. Here are a few tips to keep in mind the next time you go shopping for life, travel medical, auto or property insurance.

- Choose a financially stable company. After all, it's not only important for them to be in business a year from now, but also 30 years from now when you may need them most.
- Be sure their products and services provide good value. Are there options that ensure you get the best deal? For example, did you know that you can lower the cost of your auto insurance by choosing a higher deductible amount? Were you aware that you can actually negotiate a lower rate?
- Be comfortable with the people who work there. Expect to be treated professionally and with courtesy by an advisor who is available when you need them. Are they available 24 hours a day, 7 days a week?
- Your best interests should be taken to heart. Does your advisor take the time to get to know your personal financial picture so that he or she can recommend exactly the right amount and type of coverage?



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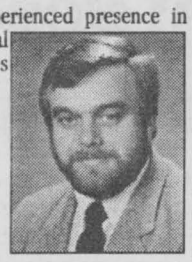

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SEAWAY Sports

Dan O'Brien Gets Frogtown 50 Lapper

HOGANSBURG, NY - Dan O'Brien of Kingston, ONT made the most of his first appearance of the season at Frogtown International Speedway by capturing the 50-lap Modified feature win on Wolfclan Truck Stop and Restaurant night. In victory lane, O'Brien was obviously pleased with his strong run, commenting in victory lane, "This was our first time out here this year. The track was great...we started in the back and were able to get to the front."

Third-place finisher Dave Heaslip of Smith Falls, ONT earned the guaranteed starting spot for the PROLONG 200 358 Modified championship race at Syracuse during SuperDIRT Week in October. At the start of the race, Leon Gonyo of West Chazy, NY grabbed the lead, with Pierre Dagenais of Gatineau, QUE and Mark Hitchcock of Kingston staging a torrid battle for second spot. Peter Mantha of Gatineau moved around Hitchcock for second spot on lap one, but the caution came out early when Danny O'Brien spun in turn four, with Brian McDonald of Cornwall and Ovide Doiron of Alexandria, ONT slowly sliding into O'Brien's stopped racer. All three drivers continued.

On the restart Mark Hitchcock and Dave Heaslip locked bumpers going down the backstretch. While both drivers tried to slow their cars, the momentum of the locked-together vehicles sent Heaslip spinning around. Hitchcock's car, carried along by the momentum, catapulted into the air, flipping several times down the backstretch and bringing out the first red flag of the race. Hitchcock was shaken but okay, while Heaslip returned to the race.

On the lap three restart, Dagenais shot into the lead, with Gonyo dropping to second and Mantha right on his back bumper looking to move up. Racing slowed again as Tom Jock Jr.'s stopped car brought out the caution on lap five. On the restart, Mantha shot to the low groove in a strong charge for the lead, but Dagenais held him off. While Dagenais set the pace, Mantha worked the low groove in turn two, then charged up high in turn three. While Mantha made some great moves, Dagenais shut the door each time and held the lead. Mantha finally moved to the front on a lap eight restart, while O'Brien shot into second. Laurent Ladouceur of Alexandria, ONT jumped up to third while Dagenais dropped to fourth. Mantha set a blistering pace but his great run was spoiled on lap twelve when the car jumped out of gear, bringing out the caution and forcing him to the rear. Dan O'Brien inherited the lead, but he had his hands full with Dagenais back up to second and looking for the lead. O'Brien and Dagenais pulled away from the pack, but Dagenais reeled in O'Brien on lap 23 while the two worked around slower cars. The caution waved again on lap 28 when Bob Reny spun, tightening up the field.

The restart resulted in the race's second red flag. Coming out of turn four for the green flag, Dagenais and the lapped car of Jerry Skebo of Renfew, ONT made contact, with Skebo spinning in front of the entire field on the homestretch. Skebo's car was hit by another racer, sending Skebo rolling down the track. While the rest of the field scrambled to avoid the accident, several other racers slammed into Skebo's car. Fortunately, Skebo and all of the other drivers walked away from the incident.

After a lengthy clean-up period, O'Brien kept the lead with Dagenais close behind when racing resumed. The two continued their great battle for an extended period of green flag racing, while Dave Heaslip, returning from the back of the field, moved up to third with just ten laps to go. The final caution waved on lap 45, but that didn't break O'Brien's momentum, as he took off on the green flag, dashing to the checkers. Dagenais finished second, with Heaslip, Ladouceur and Mantha (moving up from the rear of the field) rounding out the top five. Modified heats were won by Hitchcock, Leon Gonyo and Dagenais.

The Mr. Late Model 25-lap showdown brought out the best local drivers, but the victory went to rookie driver Lee Ladouceur of Alexandria, ONT, who beat brother Joey to the finish line by just a car length. Marc Therrien of Alexandria grabbed the early race lead, but Lee was in the hunt from the initial green flag. After several early cautions slowed the action, Lee moved past Therrien for the lead on lap five; Ron Morin of Cornwall moved around Therrien for second just a lap later. Lap eight saw top contenders Eric Gauvreau of Chelsea, QUE and Dave Bissonnette of Alexandria tangle, putting both drivers a lap down. On the lap nine restart, Joey Ladouceur rocketed around Therrien for the third spot and three laps later, Joey moved past Morin for the runner-up spot. A lap twelve restart found the Ladouceur brothers racing side-by-side for the lead, but Lee pulled ahead. A final caution on lap 19 set the stage for a six-lap shoot-out, with Lee Ladouceur again inching ahead of his brother and moving on for the win. Joey settled in for second, with Morin third, and Therrien and Gilles Mongeon of Gatineau rounding out the top five. Late Model heats were won by Norwood's Jeff Fullerton and Marc Therrien. Jody Swamp of Akwesasne grabbed his seventh Street Stock win of the season after besting Louie Jackson of Akwesasne and Massena's Duane Brainard in an intense duel. After running up front, Jackson dropped out near the halfway point with mechanical woes. Swamp cruised on for the win. Mitch Jock of Cornwall Island grabbed his second Rookie Stock feature win in a row, but

the victory was hard-fought as Jock and second-place finisher Marcel Pecore of Cornwall traded the lead several times. Car counts of 29 Modifieds, 21 Late Models, 16 Street Stocks and 12 Rookie Stocks.

Cornwall Minor Baseball Team of the Week



The Pirates from the T-Ball Division are our Team of the Week for the week ending July 18th, 1998. The Pirates are well on their way to the playoffs, which should be starting in the next week or two. These young players are learning all of the fundamentals of the game of baseball that they will need as they move through the CMB system.

The Pirates are (l-r) Jarret St. John, Rebecca Gordon, Cody Beauvais, Dustin Alford, Eric Dicaire, Jordan Price, Melanie Sayyeau, Daylan Morin, Joshua Pilon, Lawrence Senecal and standing alone in the back is coach Jason Alford.

Missing from the photo are Joel Aspinall, Steven Francis and Kristian Quosdorf.

Grant Ready Mix

Grant Ready Mix ladies softball team played their first game in best of 7 playoff semi-finals on August 5th at Reggie Campbell Park against Dairy Queen. Grants took a 2-0 lead after the 1st inning. Dairy Queen threatened in the 2nd with bases loaded but Grants defense came up big, shutting out DQ offense. Grants bats sounded loud in the 3rd scoring 6 unanswered runs. Grants added 1 in the 4th and 2 in the 5th. Grants defense only allowed 9 hits the entire game. The game was called at the bottom of the 5th due to the mercy rule. The final score was 11-0.

Top batters for Grants were Carole Blais and Lisa Cook going 4/4 with Cook hitting a single, 2 doubles and 1 triple, Cathy Grant went 3/3.

For Dairy Queen, Debbie Nadon and Rosan Brownlee both went 2/2.

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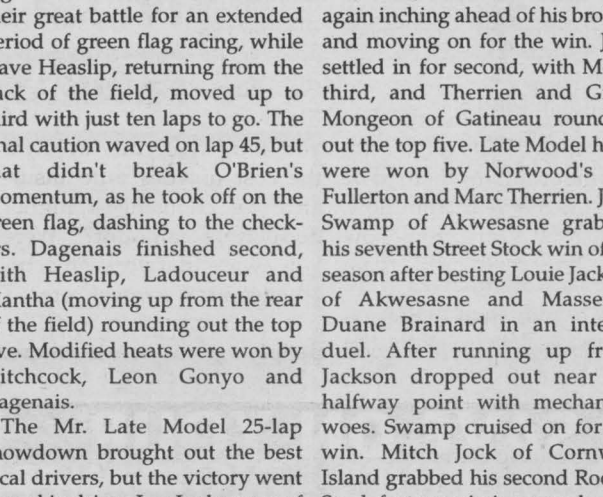

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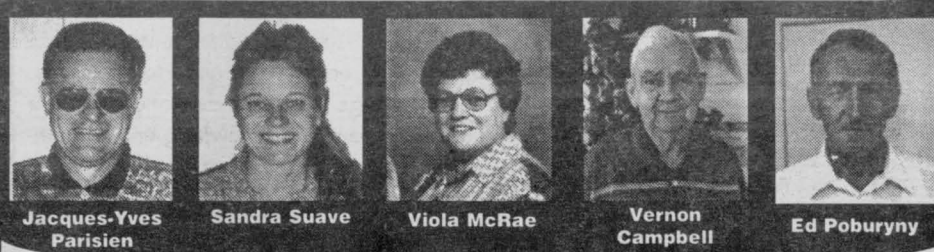

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Cornwall District Soccer

In the battle for playoff spot, the Strikers beat Winchester Sonics 3-1 in the Cornwall District Soccer League men's first division play. Tim Snyder, Shawn Montroy and Mike Marsolais had the Strikers goals. Clint Neage replied for Sonics.

In another contest, Bastien doubled Quinns Inn 4-2. Todd Lavictoire booted in a pair of goals, Shawn Martel and Jean Bergeron adding singles in the win. Eddie Dewitt and Mike Stewart answered for Quinns.

The men's second division scoring leader Stephane Lebrun, scored two goals and Mike Marleau registered a single for Benson, in a 3-1 win over City 2. John Cameron scored for City.

Robert Day two and Robin Benette scored, as North Dundas edged Avonmore Attackers 3-2. Shawn Little and Todd Anderson had the Avonmore goals.

Chico Teodoro's hat trick raised City 2 to a 4-2 victory over Alexandria Hellfish. Kurt MacDonald had the other goal for City. Ron Papps and Julien Leroux scored in a losing cause.

In the ladies division Bold Signs blanked Avonmore 97's 6-0. Kim Robertson notched in a hat trick singles going to Sabrina Adams, Angela Marsolais and Joanne Dexter. Helen Jubinville registered the shut out.

City Gold got two goals from Catherine McDougald, and singles from Dominique Morin and Caitlin Blackadder in a 4-1 decision against Char-Lan Ladies. Vickey Peacey scored in the loss.

Kinsmen Minor Soccer

On August 1st and 2nd a team of under 12 girls participated in the prestigious National Capital Tournament. This team was hastily assembled from Select teams and house league players, as well as three players from Char Lan minor soccer, in response to a plea from the National Capital Tournament organizer.

On Saturday Kinsmen first played a team from Oswego, N.Y. Kinsmen opened the scoring with an early shot by Christina Julien. Oswego scored three times with Kinsmen gaining another goal on a penalty shot. Christina Julien got the marker. The game ended 3-2 for Oswego.

The second game saw Laval outscore Kinsmen 5-1 in Laval's first game of the tournament. Christina Julien again got the lone goal. Anne Marie Wheeler was outstanding in nets.

Sunday's games had Kinsmen playing first Scarborough Azzurri and then Oakville. Scarborough's strong defence did not allow Kinsmen many opportunities to shoot and the game ended in a 7-0 loss for Kinsmen. Oakville were the defending champions in the U-12 division and were an outstanding team for soccer skills and sportsmanship. Kinsmen made a valiant attempt to challenge this superb team and succeeded in keeping the loss to 8-0.

All of the Kinsmen players gave excellent effort, despite the formidable opposition from first division, experienced teams. The players were Vanessa Mosher-Nicholls, Julie Collin, Trista Lefave, Kelsey Thomson, Shawna Brinkworth, Laura Moulton, Jaymie Baldree, Natalie Banville, Anne Marie Wheeler, Courtney Lafave, Chelsea Raso, Melanie Banville, Christina Julien, Sophie Viau, Lacey Loynachar, Jeanne Tremblay and Brittany Gourley. Congratulations to the team and their coach, Pamela Delaney.

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Knighthawks Heading to Finals

Cornwall's Filion Trophies Knighthawks played their semi-final play-offs in O.V.M.S.A. fastpitch on July 25-26, held in Kemptville. Cornwall's first match-up was Kanata, our defense stopped them to 5 runs in 5 innings to gain the win 18-5. Knighthawks Sean Lepage #8 with a homerun and 3 runs scored, Jordan Lalonde #4, 3 runs, Serge Lafontaine #10, Pat Menard #7, Matt Ladouceur #13, Justin Dufour #2 all scoring twice in the match.

After Osgoode & Stittsville's match, Osgoode won to meet Cornwall. F.T.Knighthawks pumped for this game kept Osgoode to low scoring innings with a 3-up 3-out in the 3rd to capture the win 20 to 10 after 5 innings. Knighthawks, Pat Menard #7 went 3-3 with 4 runs, Sean Lepage #8 2-2 with 4 runs, Matt Macleod #5 3-3 with 2 runs, Matt Ladouceur #13 & Dan Merpaw #12 each 2 runs.

Cornwall's third match is to meet Orleans A after they defeated Orleans B in their match, then receiving a by till Sunday.

On Sunday, July 26, Filion Trophies Knighthawks were ready to play their match vs. Orleans A Rebels, while the other match-up was Osgoode after losing to Cornwall, playing Kanata after defeating Stittsville.

In Cornwall's game, the Knighthawks scored 2 runs in the top of the inning. Orleans scored 4 runs after one, in the 2nd inning we answered with 8 runs & 3 runs in the 3rd. Cornwall kept Orleans A at bay, finishing the match in 5 innings beating the Rebels 13-8 taking them to the play-off finals in Village Park, Orleans. To the cheering parents, the kids, the coaching staff, Congratulations after the 3 wins and Good Luck in the finals against Orleans.

Orleans A had to play Kanata in the final game of the Semi-finals, winning the match 7-6 in a tight game. Cornwall is heading to the Provincials in Newburgh on August 15th.



FANTASY REALM and SEAWAY NEWS

BASEBALL POOL

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1.	Borland Dennis	319	1062	1155	1843	4379	237
2.	Sayyeau Monique	331	1049	1127	1805	4312	254
3.	Seguin Rick	309	1060	1095	1847	4311	241
4.	VanPutten Brian	336	1088	1055	1819	4298	204
5.	Taylor Sandra	368	1001	1130	1757	4256	253
6.	Boisvewue Andre	328	1003	1077	1848	4256	248
7.	Sayyeau Charles	303	1032	1099	1817	4251	237
8.	Brunet Nicole	283	1087	1029	1847	4246	230
9.	McDonald Dorothy	294	1064	1051	1837	4246	235
10.	MacMillan Ronald	285	1052	1055	1852	4244	246
11.	Lalonde Gilles	298	1047	1078	1815	4238	255
12.	Crowder Wayne	269	1086	1035	1845	4235	244
13.	Lalonde Christi	308	1049	1025	1848	4230	221
14.	Patterson Doug	301	1037	1080	1810	4228	254
15.	Lalonde Joel	305	1026	1026	1852	4209	247
16.	Levere Gail	300	1043	1042	1820	4205	238
17.	Lamer Shelly	328	1032	1064	1778	4202	224
18.	Makinson Sue	307	1041	1072	1780	4200	249
19.	Perras Lloyd	273	1025	1053	1842	4193	231
20.	Bray Sarah	292	1008	1090	1803	4193	281
21.	Stewart brandon	318	1031	1059	1783	4191	237
22.	McGillivray Rob	271	1030	1041	1846	4188	267
23.	Bourdon Fern	308	1038	1076	1766	4188	242
24.	Baker Dale	307	1040	1023	1812	4182	210
25.	McDonald Jim	290	1042	1017	1828	4177	244
26.	Cox James	303	974	1133	1767	4177	206
27.	Plamondon Iesley	281	1054	996	1835	4166	234
28.	Lamer Andrew	264	1037	1004	1860	4165	239
29.	Rombough Kevin	298	1020	1011	1833	4162	256
30.	Cox Colleen	311	1014	1056	1771	4152	211
31.	McGillivray Jarre	286	1005	1063	1795	4149	215
32.	MacMillan James	270	1032	1014	1828	4144	259
33.	Boyle Andrew	290	1082	974	1795	4141	233
34.	Coleman Joyce	287	1020	1014	1820	4141	232
35.	Aubry Nelson	269	1054	994	1824	4141	227
36.	Tyo Larry	333	1029	1042	1736	4140	210
37.	Tremblay Cassandr	285	1000	1048	1807	4140	237
38.	Decoste Brenda	300	1004	1039	1792	4135	241
39.	Filion John	315	990	1052	1777	4134	225
40.	Marsolais Brad	258	1029	1008	1838	4133	259

Largest Weekly Gain - 288 points
Mathew Crowder is the winner for this week.

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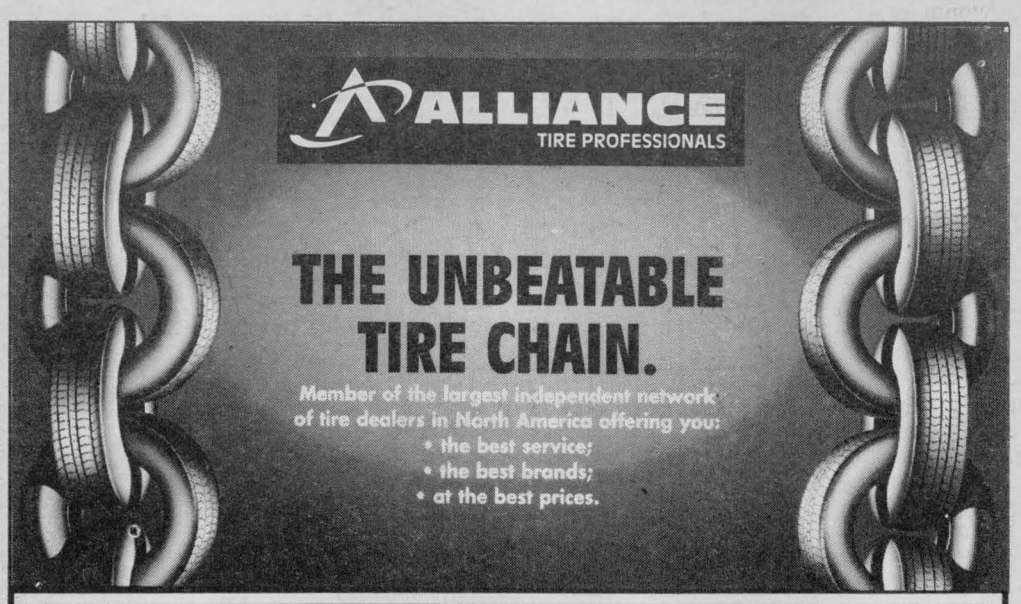

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SEAWAY Scoreboard

REG CAMPBELL SLO-PITCH LEAGUE FINAL STANDINGS

A- DIVISION TEAMS	GP	W	L	T	PTS
Winners Bar	25	20	5	0	40
Eastside Mario's	25	15	10	0	30
Steeplejack	25	14	11	0	28
La Ricks	25	13	12	0	26
TNS Landscaping	25	8	17	0	16
Bistro 226	25	5	20	0	10

B - DIVISION TEAMS	GP	W	L	T	PTS
Bill's Sport Bar	27	21	4	2	44
Jazz Magnolia's	27	20	5	2	42
Pole Line Const.	27	19	7	1	39
Bob Auline's	27	15	11	1	31
Riverfront Diner	27	15	12	0	30
Simmon's	27	14	13	0	28
Maxi's Pub	27	14	13	0	28
Freeman's	27	7	20	0	14
Ridgewood	27	4	23	0	6
Rat's Nest	27	2	25	0	4

CORNWALL DISTRICT SOCCER LEAGUE

Men's Division I	W	L	T	GF	GA	PTS
Char-Lan 1	9	0	2	48	16	29
City 1	7	1	2	37	15	23
Rudi Sport	4	5	2	20	21	14
Strikers	4	6	0	25	27	12
Quinn's Inn	3	6	2	25	41	11
Winchester Sonics	2	5	3	17	30	9
Bastien Sports Wear	2	6	3	21	43	9

Men's Division II	W	L	T	GF	GA	PTS
Benson's	9	2	0	39	23	27
Char-Lan 2	6	1	5	26	15	23
North Dundas	6	3	3	20	20	21
City 2	5	6	2	26	27	17
Alexandria Hellfish	4	6	3	24	29	15
Avonmore Attackers	4	6	1	28	25	13
Osn. Cosmos	3	6	2	18	24	11
Seaway Spartans	2	9	2	16	34	8

Ladies Division	W	L	T	GF	GA	PTS
City Gold	12	0	1	69	8	37
Bold Signs	8	2	2	38	15	26
Jazz Magnolias	7	4	0	41	17	21
Char-Lan Ladies	5	5	1	28	21	16
Ingleside Spirits	4	5	1	25	27	13
Alexandria Selects	3	7	1	19	33	10
L'Heritage Dragons	1	8	1	7	66	4
Avonmore 97's	0	9	3	7	47	3

SEAWAY SLOW PITCH LEAGUE STANDINGS

	PTS	GP
Cornwall Siding	32	19
Rat's Nest	32	20
Cedar View	26	19
Winners	22	19
Rayco Team Sports	20	17
Hart to Heart	20	18
Cornwall Truck Centre	18	18
Cornwall Insulation	9	19
Knights of Columbus 755	7	20
T. Van Riel Construction	4	19

SUMMERHEIGHTS CLUB CHAMPIONSHIP - 1998

A two day, 36 hole competition decided the club champions in the various classes for Summerheights Golf Club

Ladies Club Champion	– Helen Doll Greer (5 hole playoff)	– 163
Mens Club Champion	– Don Menard	– 152
Ladies Class "A" Champion	– Trish Brown	– 163
Ladies Class "B" Champion	– Shirley Lauzon	– 205
Ladies Class "C" Champion	– Marilyn Miller	– 198
Mens Class "A" Champion	– Alain Seguin	– 157
Mens Class "B" Champion	– Doug Anderson	– 169
Mens Class "C" Champion	– Toni Rossini	– 184
Junior Champion	– Paul Desnoyers Jr.	– 162
Ladies Senior Champion	– Queena Scott	– 206
Mens Senior Champion	– Tom Aitken	– 164

KNIGHTS C.M.S.A. STANDINGS

Standing as of July 31st, 1998

Teams	G.P.	Won	Lost	Tied	Avg.
MINI-MITES					
Tigers	2	2	0	0	1.000
Giants	2	1	1	0	.500
Mets	1	0	1	0	.000
Yanks	1	0	1	0	.000
MINOR-MITES					
Cards	9	7	2	0	.778
Expos	15	10	5	0	.667
Jays	12	7	4	1	.625
Pirates	14	6	7	1	.464
Red Sox	10	4	6	0	.400
A's	12	2	10	0	.167
MAJOR-MITES					
Jays	17	17	0	0	1.000
Cards	15	12	3	0	.800
A's	17	9	8	0	.529
Red Sox	17	6	10	1	.382
Pirates	20	5	14	1	.275
Expos	16	3	12	1	.219
SQUIRTS					
Pirates	20	19	1	0	.950
Red Sox	17	9	8	0	.529
Expos	16	8	8	0	.500
Cards	18	9	9	0	.500
A's	18	5	13	0	.278
Jays	15	3	12	0	.200
PEEWEE					
Jays	20	15	3	2	.800
Pirates	20	13	5	2	.700
Red Sox	20	8	10	2	.450
Expos	22	9	12	1	.432
A's	18	5	10	2	.361
Cards	21	4	15	2	.238
BANTAM (Games week ending Aug. 4th)					
Expos	23	15	5	3	.717
Pirates	21	9	9	3	.500
Red Sox	20	9	10	1	.475
Jays	21	8	12	1	.405
MIDGET					
Pirates	21	18	2	1	.881
Red Sox	22	13	9	0	.591
Jays	23	11	11	1	.500
Expos	21	4	17	0	.190

CORNWALL COMMERCIAL SOFTBALL LEAGUE MIXED 3 PITCH

East Division	W	L	T	PTS
RayCo	16	2	0	32
Phantoms	11	4	2	24
CRFE	10	8	0	20
West Division				
Rats Nest	11	5	1	23
Tackaberry	10	7	0	20
Kinsmen	4	12	1	9
Laframboise	2	13	2	6
Central Division				
Kraft	9	7	1	19
Remington	9	9	0	18
Jazz Magnolia	8	10	0	16
Bob Auline	7	10	1	15
G&S Mechanical	3	12	0	6

CORNWALL GOLF & COUNTRY CLUB SENIOR MEN

1st Place: Yves Marleau, Ray Chevrier, John Boyd, Larry Welch

2nd Place: Si Miller, Grant McKenzie, Guy Drouin, Gerald Poirier

3rd Place: Adolf Schmidt, Jack Curran, Bob Eaton

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Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge"; just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

WIDOW, 68, 5'4", 180 lbs. Young at heart, enjoys gardening, concerts, reading, simple things. Would like to meet gentleman, considerate & kind for companionship. Age unimportant. CC1864.

CARING & LOVING. Easygoing SWM, 42, is looking for a funloving lady between 30-40, who is spontaneous, romantic, honest, who likes to cuddle, for serious relationship, children are welcome. CC1870.

SINCERE, PROFESSIONAL LADY with good sense of humour, would like to meet gentleman in late 60's or early 70's for lasting friendship. Country or City. Enjoys movies, walks, country rides, etc. Non-drinker preferred. CC1868.

S.W.M., N.S., N.D, enjoys simple things, with good sense of humour. Would like to meet lady in late 60's or early 70's for lasting companionship. CC1869.

RING UP PROFITS WITH THE CLASSIFIEDS

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • MUCH MORE
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena
South 2 miles to Don's Orange Mini Mart
315-764-1954

2 APTS/CONDOS FOR RENT

EAST END, CENTRAL. 2 bdrm upstairs. Parking, washer/dryer hook-ups, large balcony, private bsmt use. Seniors welcome. $450/mth, plus utilities. Avail. Sept. 1st. 938-0242.

TWO 2-BDRM APTS @ 23 Lawrence, Cornwall. Available September or October. $385/mth & $520/mth, plus utilities. Washer/dryer hook-ups, yard, parking. Call 534-8390.

AVAIL. SEPT. 1ST, 737 Killarney, main floor 2 bdrm apt. 4-pce bath, large kitchen w/laundry shoot & basement w/laundry hook-ups, garage. $460/mth, plus utilities. Call 933-8368.

57-A LEONIA, near Holy Cross Church, 1 bdrm upstairs apt. Fridge, stove, parking. Very clean. $395/mth, plus utilities. Call 933-4780.

AVAILABLE SEPT. 1ST, 2 bdrm apt. All utilities paid. Washer/dryer hook-ups, fridge, stove, parking. No pets. $460/mth. Call 932-8850.

PRIME LOCATION, central 2 bdrm. Gas fireplace, ensuite laundry, fridge, stove. Tastefully appointed. Avail. immed. $690/mth, plus utilities. Other units avail. from $600/mth. Contact Markell Properties, 938-3886.

CLEAN 3 BDRM upstairs apt. Available Sept. 1st. Parking, big backyard, laundry hook-ups. $535/mth, utilities extra. No pets. 938-8379.

621-A ST. FELIX, 1 bdrm basement apt. $325/mth, plus utilities. 714-A Marlborough, 2 bdrm basement apt, $350/mth, plus utilities. No pets. References. 347-3248.

APARTMENTS FOR RENT

bachelor, 1&2 bdrm.
security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30

AVAILABLE IMMEDIATELY, bachelor, one & two bdrm apts. 737-747 First St. East. $300 to $400/mth , utilities included. Fridge, stove & parking avail. Call 932-7055 or 931-2594 after 6:00 pm for appoint. Ref. required.

TWO BDRM APT. Fridge & stove, parking. Within walking distance of college. Suitable for serious students. Call 613-347-2217.

BACHELOR, FRIDGE, STOVE & utilities paid, $395/mth. 1 bdrm ground floor, fridge, stove & utilities paid, $425/mth, close to Cornwall Square. Large 2 bdrm, washer/dryer hook-ups, gas heat, close to college, utilities paid, $580/mth. Call 938-3936.

AVAILABLE SEPT. 1ST, 2 bdrm apt. Large master & 1 small. Very clean. Fridge, stove, washer/dryer & parking. $500/mth, plus gas. Call 937-3236.

TWO BDRM APT, on Walton. Fridge & stove, 4-pce bath, use of backyard. $375/mth, plus utilities. Phone 936-6961.

2 BDRM APT, Alice St. Very reasonable rent for proper tenants. Quiet single person or couple preferred. No pets. Phone 932-2135.

2 BDRM APT, 244 Alice. $440/mth, heat & electricity included. Diningroom. Available immediately. Call 932-4329 or 938-4776.

CLOSE TO DOWNTOWN CORNWALL, quiet bldg, 1 & 2 bdrm. apts. Renovated washrooms, freshly painted throughout. Hardwood floors, heat, hot water, fridge, stove, parking included. (613)543-2401.

3 BEDROOM
Side by side apt., located at 312 Alice, upstairs, ground floor and basement, lg. fenced-in backyard, driveway. $650./mos. incl. heat & elec. Avail. Sept. 1/98
Call 936-0333

11TH ST. near McConnell, 2 bdrm upstairs apt. Laundry hook-ups, parking, basement, yard, closed-in porch. $450/mth, heated. Call 933-7516.

COUNTRY SETTING. Large 1 bdrm apt. Available immediately. Fridge, stove & utilities included, $450/mth. Adult preferred. Very quiet location. Call 931-2806.

MARKETPLACE

"Advertise Across Ontario or Across the Country"

COMING EVENTS

Ray Price, The Mavericks, Michelle Wright, Hank Williams III, The Stampeders, Charlie Major, Bruce Guthro, Chris Cummings, Good Brothers, Gordie Frap & Many others 9th Annual Havelock Country Jamboree camping, Daily admission 1-800-539-3353 August 13, 14, 15, 16.

BUSINESS OPPS.

KWIK KERB - Own your own Business. Part-time or full-time. Installing on-site, continuous concrete, landscape edging. Total equipment. Proven system, training. 1-800-667-KERB.

CHRISTIAN MINISTRY/BUSINESS OPPORTUNITY. Join growing network of Christian Franchisees. Serve the Lord & your Community. Protected territories. Investment required, SIGNIFICANT ROI. Training & support. Call 1-800-663-7326.

Want to Build a Financial Planning Business? Support. Training. Compliance. W.H. Stuart & Associates 1-800-668-1716, www.whstuart.com. 'The Fastest Growing Independent Financial Planning Company in Canada'.

ACCESS TO CASH ASSETS! RRSP, LIRA or LIF owners, you can turn your investments into cash RIGHT NOW without paying taxes. Deed before a solicitor. No deposit. Tel: 1-800-399-7040.

TRAVEL AGENCY OPPORTUNITY. Excellent training and on-going support. Home-based business. Financing available. Great travel benefits. Manuals supplied. $7,500 or $15,000 Investment required. Call 1-888-857-7139.

CAREER OPPS.

LEARN AUCTIONEERING. Classes held August 15-21, '98. For information contact: Southwestern Ontario School of Auctioneering, R.R. #5, Woodstock, Ontario N4S 7V9. 1-888-673-6999.

EDUCATIONAL OPPS.

COUNSELLOR TRAINING Institute of Canada offers on-campus and correspondence courses toward a Diploma in Counselling Practice, to begin this month. Free catalogue, call 24hrs. 1-800-665-7044.

FOR SALE

SAWMILL $4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Free information 1-800-566-6899. Norwood Sawmills, R.R 2, Kilworthy, Ontario P0E 1G0.

VIDEO GAMES - NEW/used! Super-Nintendo, Sony PlayStation, Nintendo, N64, Saturn, Genesis, 3DO, Gameboy, Game-gear. Free price lists! We buy, sell, trade. A.J. Video Games. 1-800-463-7529.

0 DOWN, FROM $6.25 PER WEEK! Televisions, Stereos, Camcorders, Lawn Tractors, Canoes, Computers, Appliances, ExpressVu Satellites, Pool Tables, Musical Instruments. Much More...1-800-267-9466. Free Delivery.

DECALS AND EMBLEMS for farm tractors, implements and construction equipment. Farm tractor manuals, reproduction seats and cushions, battery boxes, steering wheels and gauges. Roberts Farm Toys, 100 Butler, Woodstock, Ont. N4S 3A5. (519)421-3055.

SALES HELP WANTED

$ATTENTION STUDENTS$ Make a lot of money selling chocolate bars. New products available. Nothing to pay in advance. Fast delivery 1-800-383-3589.

LIVESTOCK

EASTERN ELITE CHAROLAIS SALE August 29th, 1:30pm. B & M Farms, North Gower Ont. K0A 2T0. For further information call 613-489-3990 or 613-489-3198.

PAY TELEPHONE SERV.

WE WILL RENEW YOUR FAITH IN PSYCHICS. Gifted, honest, masters reveal futures and advise on love, success, work, money, relationships. 24 hr. Live. 18+ $3.39/min. 1-900-451-0070.

PERSONALS

LACK SELF-CONFIDENCE? Then buy, read and use "Dianetics" by L. Ron Hubbard, only $8.99 (pb)+GST. Call 1-800-561-5808 today.

ASHGROVE CHRISTIAN SINGLES. Companionship/ marriage. Ages 18-85. Single, widowed,divorced. State age. All across Canada. P.O. Box 205, Chase, B.C., V0E 1M0. Free information. 1-250-679-3543.

STEEL BUILDINGS

STEEL BUILDINGS...Ends Included. Go Direct. 16 x 24 $2,988.00. 21 x 30 $3,760.00. 25 x 40 $5,624.00. 32 x 44 $6,835.00. 34 x 56 $8,360.00. 40 x 60 $9,988.00. 46 x 70 $13,044.00. 56 x 90 $22,888.00. Others. Pioneer 1-800-668-5422.

FUTURE STEEL BUILDINGS. All-purpose structures providing protection for your investments. Industrial, Recreational, Agricultural specializations. Custom-built to suit your needs. Factory-Direct Savings, Financing & Leasing Options. Call 1-800-668-5111 ext 536.

WANTED

WANTED TO BUY EASTERN WHITE CEDAR. Standing, roadside or delivered. Call for current prices. Williamsburg Woods and Garden. Tel: (613)543-2666. Fax (613)543-4258. Toll Free: 1-800-465-6656

COLLECTOR BUYS GUITARS made before 1970. Paying $400 to $10,000 + for certain models by Gibson, Fender, Martin, Gretsch, Epiphone and National. Call Steve, anytime 1-800-964-3544.

• It's Affordable • It's Fast • It's Easy • One Bill Does It All
• Northern Ontario $76 • Eastern Ontario $138
• Western Ontario $130 • Central Ontario $134 • All Ontario $390
• National Packages Available • Call this paper for details!

FITZGERALD MOTORS LTD.
DAN'S PICK OF THE WEEK!
96 PONTIAC GRAND AM SE
4 dr., V6, air, tilt, cruise
$249/mo
O.A.C. 60 mths. at 7.9%
$1,500 DOWN or equivalent trade



QUALITY PRE-OWNED VEHICLES

99 CHRYSLER 300M, sport coupe, loaded SOLD	$40,500
97 CHEV CAVALIER, 4 dr., auto, bal. of warr., 30,000 km	$14,995
97 CHEV CAVALIER, 4 dr., auto, 49,000 km	$11,995
96 CHEV LUMINA LS, 4dr., loaded, V6	$12,995
96 PONTIAC GRAND AM, V6, air, tilt, cruise, 94,000 km	$11,995
96 FORD RANGER, 4x4, V6, 5 spd., bal or warr. 58,000 km	$14,995
96 MERCURY SABLE, 4 dr., auto, loaded, green,80,000 km	$11,995
96 FORD CONTOUR, loaded, CD player, air, tilt, cruise	$11,995
96 GMC SAFARI, A.W.D., ext. van, loaded, 51,000 km	$21,995
95 GMC 2500 EXT P/U, 4x4, 3/4 ton, blue, loaded, 67,000 km	$25,995
95 DODGE RAM, full size p/u, air, auto, 100,000 km	$12,995
95 DODGE CARAVAN, 7 pass., air, tilt, cruise, 85,000 km	$12,995
95 PONTIAC GRAND AM, V6, air, 74,000 km SOLD	$11,995
95 FORD EXPLORER XLT, loaded, 60,000 km	$22,995
95 CHEV CAVALIER, 2 dr., auto, air, sport rims, 59,000 km	$10,800
95 PONTIAC SUNFIRE GT, 2 dr., 5 spd., loaded w/air	$11,995
95 FORD CONTOUR, 4 dr., air, 38,000 km SOLD	$11,995
94 CHRYSLER LHS, loaded, 4 dr., very clean	$11,995
92 CHEV 1500 PICK UP, V8, 305 engine, auto, long box	$10,800
92 FORD FESTIVA, 2dr., 5 spd., 80,000 km, clean	$4,995
92 FORD AEROSTAR, 7 pass., ext. warr SOLD 00 km	$7,495
92 FORD AEROSTAR, quad seats, p.w., 130,000 km	$5,995

FITZGERALD MOTORS LTD.



DAN LAUZON
125 Cornwall Centre Rd., Cornwall
932-4514
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2 APTS/CONDOS FOR RENT

AVAILABLE NOW, clean 2 bdrm semi detached. $660/mth, utilities included. First & last required. Call 936-0367 to view.

REDUCED. LARGE 1 bdrm apt. Freshly decorated, stove & fridge. $320/mth, plus utilities. Apply at 231 Prince Albert or call 933-0560, leave message.

AVAILABLE IMMEDIATELY, 2 or 3 bdrm apts. Quiet country living, 30 mins. from Cornwall. Call 346-2293.

1 BDRM BASEMENT apt. Utilities included, gas fireplace, fridge & stove. Available Sept. 1st. Phone 933-3097.

3 BDRM UPPER, Carleton St., $375/mth, plus utilities or $550/mth, utilities included. Also, 2 bdrms w/fridge & stove, Hotel Dieu area, $375/mth, plus utilities. 347-2858, leave message.

TWO BDRM APT. Available now or Sept. 1st. Washer/dryer hook-ups, garage. 334 Munroe. $460/mth, plus utilities. Call 937-4782.

217 CARLETON. Upstairs 2 bdrm plus laundry room. Clean. $400/mth, plus utilities. To view, call 938-3697.

THREE BDRM APT on Walton. Renovated, includes large basement. $460/mth, plus utilities. Call 936-6961.

AVAILABLE SEPT. 1ST 2 bdrm apt. Newly renovated. Anthony St. Laundry hook-ups. Parking, storage & balconies. Call 931-2806.

DANIS AVENUE, one bdrm upstairs apt. Parking, washer/dryer hook-ups, heat & lights included, $415/mth. Without utilities, $350/mth. Call 938-8347.

EAMERS CORNERS. Large 2 bdrm semi detached, main level with heat & hydro included, laundry room, large yard & parking. Available Sept. 1st. Call 938-8839.

2 BDRM UPPER DUPLEX. Fridge, stove, parking. $440/mth. Clean, quiet tenant. Please call to view, 936-6740.

TWO BDRM APT. Fridge & stove included. $300/mth, plus utilities. No pets. Available Sept. 1st. Located @ 22B Guy St. Local call 361-0248.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

UPSTAIRS 2 BDRM apt. Seymour St. $275/mth, pay your own utilities. Call 346-5453.

1 BDRM APT, all furniture furnished, parking, references, no pets, now available, $400/mth. Also, 3 bdrm apt for Aug. 1st, parking, references, no pets, $550/mth. Call 932-4376.

EAST END. Basement bachelor apt. Fridge & stove. $275/mth, utilities included. Call 932-9701.

CLOSE TO COLLEGE, 3 bdrm apt with 1-car garage, 4-pce bath, stove, fridge, carpeted. No pets. $585/mth, plus utilities. Call 937-4198.

5 ARTICLES FOR SALE

FOR SALE: CYCLOPS Tying machine. This unit bundles packages with plastic strapping. Call 933-0014.

NEW AIR CONDITIONER for sale, with original sales receipt. 5,000 BTU. Vertical 20 1/2"h x 14 1/2" w. Reason: central air. $500. firm. Call 527-1630.

DININGROOM SET, 5 chairs, hutch, buffet that lights up with glass shelves, 2 leafs included, upholstered seats. $475. 936-0557.

Hey Cottagers!
White Fridges starting at $199
White Stoves $199
Assorted Selection
GERARD'S USED FURNITURE
936-9300
427 4th St. W.

AIR CONDITIONER, horizontal, 6,000 BTU. Only used 4 summers. $175. Call 931-1728 or 931-1149.

NEW TAN FABRIC vertical blind, 56" wide X 36" long. $35. Phone 938-8301.

EXERCISE BICYCLE, nearly new, paid $300, sacrifice $95. Also, computer non-hard drive, includes printer & keyboard, 520K, $195. 932-0533.

EXERCISE BICYCLE. Good condition. Call 1-613-527-5243.

YAMAHA PIANO, Externa ER-10. 2 yrs.old. Excellent condition. Call 1-613-527-5243.

SOLID OAK TV CENTER. Oak end tables. Sherwood stereo with CD player. Bookcase. Shelving unit. Trailer hitch. Other articles. 932-4688.

COMPLETE BATHROOM set; bathtub, toilet, sink. Double glaze diamond insert windows, 36-1/4x54-1/2, 36-1/4x37-1/2, 15-1/2x37-3/4. Medicine cabinet mirror sliding doors. 936-1315.

CUSTOM-BUILT PORTABLE hydraulic motorcycle & ATV lifts for sale. $300. Call 936-1521.

FOR SALE: STAT CAMERA for half tones & PMT's. Call 933-0014.

VITAMASTER AIRWAVES11 exercise bike. Regular exercise bike. Ski machine, nearly new. Western saddle with accessories. T.V. stand. Electric lawnmower. 932-9043.

FOR SALE: 1951 Clark propane fork lift truck. Quite old but very effective. Call 933-0014.

FOR SALE: 6 LARGE work tables. These are custom made and very heavy duty. Call 933-0014.

ABOVE GROUND POOL, approx. 8 yrs.old with accessories including solar blanket roller & deck. $400. After 5:00 pm, call 937-4996.

SAMSUNG PRINTER, dot matrix, plus 1 box of 8 1/2 x 11 paper. Asking $40. Call 938-7071, leave message.

SWIVEL T.V. STAND, W26" X H 27 1/4" X D 13 1/2", Oil Burner Boston Breeze. Must be combined with wood stove. Ideal for home, cottage, or garage. Call 525-3349.

10X12 BARN STYLE SHED. Asphalt shingle roof, cedar stain. Purchased new in 1997. T & G plywood floor. Asking $500. Call 937-3238.

STOVE, $200. Washer/dryer, $500/set, almond. White 6 ft. Christmas tree, $35. Men's bike, $20. After 5pm, 933-9319.

USED RAILROAD TIES, $5. Ideal for landscaping, retaining walls, etc. Also available, switch & bridge ties of various sizes & lengths. Delivery at nominal cost. 613-346-5574.

MOVE, MOVE, MOVE. Yes, we move everything. Free estimates. We also sell used furniture. Apply at Delage Used Furniture, 211 Pitt St. Call 936-8948.

FRIGIDAIRE DISHWASHER, $200. Perego Pram, $200. Super Nintendo, 8 games, $100. Call 933-8914 before 6 pm.

PEREGO BABY PRAM. Call 347-7251.

WOMEN'S PARTY DRESSES, size 10, never worn. Single sheets. Venetian blinds. Houshold items. Coffee table, $20. RPN textbooks. Bargains. 936-0184.

6 ARTICLES WANTED

OUT OF COMMISSION Treadle sewing machine, pedestal only will do fine. Cheap. Will give it T.L.C. Call 932-6594.

"WANTED" Antique fishing tackle, rods, reels, minnow traps, etc. Try my prices. You won't be disappointed. Top $ paid. Call 938-2600

WANTED
TO BUY OR LEASE
Prime Deer Hunting Area, also wanted, old fishing lures & glass traps
938-8839

I ♥ THE CLASSIFIEDS

D. Johnson's Antiques Inc.
WANTED: Chintz (Dishes completely covered with flowers). Also good pottery and oak and pine furniture
Open 7 Days A Week 9:00 am - 5:30 pm
Hwy. 138 Just N. of Cornwall 932-0766

AUCTION SALES

AUCTION SALE
Wednesday, Aug. 12th
6:30 p.m.
Furniture, antiques, coins, glass, collectables, many misc. items including 1969 Buick Limited Convertible.
RAY SMITH SALES HALL
Crysler, Ontario
613-346-5483

13 AUTOS FOR SALE

1993 HONDA CIVIC LX, 5-speed. 185,000 all highway km. Excellent condition. Certified. $7,200. Call 933-1025.

1992 SUNBIRD, V-6, auto, air, 7 mths warranty, $5,400. safetied. Call Scott, 936-0640.

1984 CAVALIER GT, 2-dr, 4-cyl, 5-spd. $1,400. as is. Call Scott, 936-0640.

1987 OLDS, 4-dr, V-6, auto, $1,900. safetied. Call Scott, 936-0640.

1988 GRAND PRIX, 2-dr, auto, V-6, 121,000 km, $3,795. 7 mth warranty, safetied. Call Scott, 936-0640.

1988 OLDSMOBILE GALAIS, 4-dr, new paint job, ready to go, $2,995. 1984 Van, Club Wagon XL, auto, good condition, inside leatherette, $2,995. 932-4376.

1986 FORD F150 truck. Excellent condition. Auto, full size box, 4.9 l straight V-6. 134,000 km original. Selling price $4,900. safetied. Call Suzanne or Ray 933-8382.

1989 CELEBRITY, V-6, auto, $3,495. safetied. 7 mth warranty. Call Scott, 936-0640.

1992 SUNBIRD LE, 4-dr, air, auto, 4-cyl, 138,000 km, $4,195. safetied, 7 mths warranty. Call Scott, 936-0640.

Far West Auto Sales

93 FORD TEMPO 4 dr., auto, air	ONLY $3,995
95 CHRYSLER INTREPID 3.5, loaded	ONLY $10,995
95 FORD TAURUS WAGON V6, auto, loaded	ONLY $7,695
91 BUICK LESABRE fully loaded	ONLY $7,895
93 JEEP CHEROKEE COUNTRY 4 dr., V6, auto, 4x4	ONLY $10,495
93 CHEVROLET 1/2 TON V6, auto	~~$10,495~~ $9,895
93 FORD AEROSTAR SPORT V6, 7 pass.	ONLY $6,495

Special Feature
93 CHEV 1/2 TON SILVERADO
V8, auto, bedliner, A/C, cruise, tilt, power locks, & windows
~~$13,895~~ $11,495
FINANCING ~ WARRANTEES AVAILABLE
& be sure to see these and other values today
1759 Vincent Massey Drive (at Stinsons) 936-1488

ACE PROPERTY MANAGEMENT 936-1533
"Let us find you a place at no charge!"

APARTMENTS for rent
Riverdale, 1 Bedroom, $450, utilities incl.
303 Carleton, 1 bdrm, parking $325 incl.
425 11th, sec. bld., ups., large, appli., $545 incl.
84 Fennel Cres., modern apt. $550 +
235 Carleton St., 3 - 1 bdrms., ft. porches, $360 incl.
116 Emma St., 2 bdrm., $550 incl.
517-A York St., 2 bdrm., duplex, $500 incl.
521 Carleton St., 2 bdrm., upstairs
328 Carleton St., 2 bdrm., upstairs

APT BUILDING
2 bdrm. bsmt., $400+ or $475 incl.
2 bdrm. front unit $500+ or $575 incl.
2 bdrm. back unit $425+ or $525 incl.
Appliances & parking.
805 MARLBOROUGH ST. N.
Studio, util. & appli. incl. $340-380
1 bdrm., util. & appli. incl. $525
2 bdrm., util. & appli. incl. $575
HOMES
Long Sault, 2 bdrms., semi., rec room, 624+
2153 Pitt St., 3 bdrm. bung., mnflr. only, $675+
RR#1 Apple Hill, 4 bdrm. farm house, $600+
Maxville area, 2 bdrm. home, $500+

BUSINESS CARD DIRECTORY

Wet Basement Problems?
Lifetime Warranty
Licensed Plumber
Custom Concrete, Plumbing & Waterproofing
SAVE $100 With This Ad
CALL The Basement Specialist
936-8632
1-888-664-4030

Shadows Photo Studio & Gallery
Wedding • Portraits • Commercial
Custom Laminating
Aubrey Johnson Photographic Artist
812 Pitt St., Unit 29, Cornwall
Tel.: 936-9456 Fax: 347-7360

CHOICE NATURAL WATER
Labrador
FREE DELIVERY Serving Cornwall & S.D. & G.
SPRING & DISTILLED WATER & ACCESSORIES
931-2234

Roger's APPLIANCE REPAIRS
Major appliances only
Serviced in your home
Tues. - Fri. 6pm - 9pm
Sat. - Mon. 10 am - 5 pm
10% OFF Parts & Labour Until July 31/98
Call for rates 932-8947

YOU COULD BE ADVERTISING RIGHT HERE!! CALL 933-0014 TO PLACE YOUR AD!

Pete's Roofing
Asphalt Shingles
Roof Repairs
Siding
Eavestrough
Installation
Free Estimates
20 Years Experience
933-9078
or Pager: 930-8772


HAVE 3 CARPETS or COUCH & CHAIR CLEANED FOR ONLY $49.99
John D'Amours
938-8888
A BETTER WORLD
"A Family Business Serving Cornwall & Area Since 1987"

BRENT WALKER REPAIR SERVICES
• *Heating* • *Cooling*
• *Ventilation*
• *Refrigeration*
"S.D. & G.'s only Service & Maintenance Specialists"
Tel/Fax: (613) 528-4038
Cel: (613) 936-4110

FIXIT DAVID ASHCROFT
HOME MAINTENANCE SPECIALISTS
ADDITIONS, RENOVATIONS & RESTORATIONS, KITCHENS, BATHROOMS
Plumbing ♦ Carpentry ♦ Electrical ♦ Ceramic Tiles ♦ Drywall
Window/Door Replacements ♦ Roofing ♦ Ventilation
FREE ESTIMATES
(613) 931-3269

LAWN ROLLING AND AERATING
• Grass Cutting
• Lawn Maintenance
R. S. & SON ENTERPRISE
Bus: 930-9622 Res: 937-3070

EWAN ST. LOUIS CONSTRUCTION
FREE ESTIMATES
• Kitchens • Bathrooms
• Rec Rooms • Additions
• Interior Decorating
• Total Renovations
937-3690

For All Your Antenna Needs.
Prop: Rick Cornett
Rick's Electronics
734 Guy Street, Cornwall
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PHONE ME NOW
She's a petite SWF, 48, who has a bubbly personality. Hobbies include talking long walks by the river, good converations and is looking for an honest, respectful SWM. Ad#.6934

SING ALONG
Intelligent SW mom, 33, 5'5", 190lbs., with auburn hair and blue eyes, who enjoys reading, music and the outdoors, seeks an honest SWM, who likes kids. Ad#.1269

TELL ME ABOUT YOURSELF
I'm a SW mom, 26, 5'6", 140lbs., with long brown hair, and blue eyes. I enjoy going for walks, the beach and barbecues. I'm seeking an employed SM, who likes to have fun. Ad#.3192

HOPES & DREAMS
Personable SWF, 43, who likes long walks, playing cards, time with family and friends, dining out and karaoke, is looking to meet a humorous, honest SWM. Ad#.8849

COMPANIONSHIP
Active SWF, 60, who enjoys sewing, the arts, listening to classical music and pottery, is looking for an honest, sincere SWM. Ad#.8550

WORTH A SHOT
I'm an easygoing SWF, 49, 5', 180lbs., with brown hair and hazel eyes. I enjoy playing pool and watching sports. I'm seeking an honest, outgoing SM. Ad#.1008

SHE'S GETS TO THE POINT
She's a SW mom, 31, 5'10", with blonde hair and blue eyes, who enjoys drawing, painting and reading. She's seeking an honest, sincere, open-minded SM. Ad#.6687

DUAL TRUST
I'm a SWF, 30, 5'1", who's an employed student. My hobbies include horseback riding, animals and sports. I'm seeking an active SM. Ad#.9334

SINCERELY
She's a humorous SWF, 45, 5'3", with auburn hair and brown eyes, who enjoys dancing and having a good time. She's seeking an honest, easygoing SM. Ad#.9619

IN SEARCH OF YOU
She's an outgoing, friendly SWF, 42, 5'6", who is seeking a good-looking, honest SM for possible relationship. Ad#.9516

RESPECT ME
Funny SWF, 22, 5'3", with brown hair and green eyes, enjoys the outdoors, walking and seeks a handsome SM, who is accepting. Ad#.8647

MAKE THE CONNECTION
Here's a SW mom, 33, 5'3", with brown hair and hazel eyes,who is outgoing, employed and enjoys listening to music, romantic dinners, walking in the park and spending time with her kids. She seeks an honest SM, who loves family activities. Ad#.9525

VISION OF TWO
A SWF, 28, 5'8", sandy blonde hair, blue eyes, who is cheerful, honest. Hobbies include horseback riding, line dancing, listening to country music, and is looking for a reliable, trustworthy SWM. Ad#.1876

SERIOUS REPLIES
I'm in search of a kind, lovable SM. I'm a SWF, 33, 5'2", 165lbs., with brown hair/eyes. My hobbies include biking, movies and car races. Ad#.5282

IN SEARCH OF YOU
I'm a SWF, 43, with light brown hair and blue eyes. I enjoy socializing and I'm seeking a sincere, honest SWM, to have fun with. Ad#.6456

COUNTRY LIVING
She's a caring, honest SWF, 32, 5'6", 140lbs., with dark brown hair and blue eyes. She's seeking a SM, with similar qualities. Ad#.9446

CALL!
She's a sociable SWF, 43, 5'4", employed, who enjoys cooking, going for walks and flea markets. She's seeking honest, caring SM. Ad#.9875

ONE WOMAN MAN
She's a truthful, honest SWF, 55, 5'6", whose hobbies include playing Bingo, long walks, movies and she is wishing for a nice, trustworthy, handsome SWM, 40-46. Ad#.1571

MOVE FAST
I'm a open-minded SWF, 33, 5'2", 180lbs., with brown hair and green eyes, who enjoys taking walks and movies. I'm seeking a caring, honest SM. Ad#.6636

FRIENDSHIP FIRST
She's a funny, sincere SWF, 27, 5'5", with brown hair, who enjoys biking and taking walks. She's seeking a goal-oriented SM, with a very good sense of humor. Ad#.9451

WONDERFUL
SWF, 22, 5'3", with brown hair and blue eyes, enjoys biking, going for walks and painting. She is seeking a nice SM, to spend time with. Ad#.9536

TAKE A CHANCE
She's a SWF, 43, 5'3", 105lbs., who enjoys swimming, skiing and golfing. She's looking for a SM, with a good personality. Ad#.8779

INTRODUCE YOURSEF
I'm a fun-loving SAF, 54, 5'7", 120lbs., with brown hair and hazel eyes, who enjoys fishing, camping and taking walks. Currently I'm seeking a special, honest SM, for friendship first. Ad#.1445

CHECK HER OUT
She's a SWF, 22, 135lbs., with brown hair and blue eyes, her hobbies included football, baseball and figure skating. She's seeking a SM, who has a good head on their shoulders. Ad#.1237

TELL ME ABOUT YOURSELF!
I'm seeking a stable, trustworthy SM. I'm a humorous SF, 28, 5'4", full-figured, with blonde hair and brown eyes. I enjoy going for walks, movies and camping. Ad#.9985

TAKE YOUR CHANCE
On this professional SWF, 42, with brown hair and hazel eyes, who enjoys the outdoors, sports and dining out. She's looking for an honest, caring, mature SWM. Ad#.8056

FOCUS ON LIFE
She's a SWF, 26, with reddish-blonde hair, blue eyes, who is cuddly, mature and affectionate. Hobbies include cars, playing cards, animals. Wishing to meet a reliable, honest SWM. Ad#.6681

BUILD NEW LIFE
Leave a message for this open-minded, humorous SWF, 29, who enjoys animals, long walks, time with her children and is hoping to meet a reliable, trustworthy SWM, with old-fashioned values. Ad#.7569

RARE FIND
Friendly SWF, 28, 5'3", dark hair, green eyes, who is easy to get along with. She enjoys photography, sports and she is ready to meet a caring SM. Ad#.9636

GENUINE & REAL
Attractive, principled SWF, 34, 5'2", 125lbs., blondish hair, green eyes, employed, N/S, enjoys music, reading, taking walks, dining out and more, seeks honest, humorous SM, for friendship and possible relationship. Ad#.7650

HONESTY, A MUST
She's a SWF, 41, blue-eyed blonde, with a great personality. Her hobbies are working around the home, crafts, painting, gardening, dancing and would like to meet a loving, caring, trusting SWM. Ad#.9019

UNTIL NOW
Do you like going for walks and sharing time with special someone? Well, so do I. I'm a fun-loving SW mom, 22, 5'5", 170lbs., with light brown hair. I'm seeking an honest, outgoing SM. Ad#.5547

MAYBE YOU & ME
This SWF, 45, is 5'2" and has brown hair. She is looking for a fun-loving, honest SM, to enjoy good communication and good times. She has a variety of interests and is patiently waiting for the right guy. Ad#.7969

A TRUE RELATIONSHIP
I'm a petite, 36 year old SWF, who enjoys softball, reading, bowling and riding my motorcycle. I am looking for a stable, commitment-minded SM, who is honest and sincere. If this sounds like you, we might hit it off. Ad#.6500

NOTHING COMPARES
This outgoing, full-figured SWF, 48, 5'3", with blonde hair and hazel eyes, enjoys singing, listening to music, long walks, movies and flea markets. If you're a sincere, levelheaded, well-spoken SM, give this wonderful woman a call. Ad#.9319

LOOK HERE!
I'm a fun-loving, romantic SWF, 22, 5'2", 135lbs., I enjoy going for walks, movies and dining out. I'm looking for trustworthy, outgoing SM, who also is romantic. Ad#.7771

GREAT QUALITIES
DWF, 60, 5'2", 145lbs., brown hair, green eyes, enjoys crafts and flea markets, looking for honest, respectful SM. Ad#.4485

A GREAT SMILE
Honest, sincere SW mom, 22, 5'9", short brown hair, blue eyes, a part-time student, enjoys skiing, reading and writing poetry, seeking loyal, sincere, intelligent SM. Ad#.1117

YOUTHFUL SPIRIT
Attractive, friendly SWCF, 65, 5'6", 120lbs., auburn hair, enjoys dancing, country music, long walks, the outdoors and swimming, seeking a humorous, easygoing, retired SWM. Ad#.5188

POLICE OFFICER WANTED
SWF, 27, 5'3", red hair, blue eyes, enjoys weightlifting, writing and cooking, seeking honest, caring SM. Ad#.7877

AFFECTIONATE
SW mom, 31, enjoys dancing, crafts and playing with her son, seeking honest SM, who loves children. Ad#.7856

MAKING EACH OTHER HAPPY
Easygoing SWF, 37, 5'6", brown hair/eyes, enjoys good humor, home renovations, bicycling and more, seeks a SM, who is self-confident and content, for friendship and companionship. Ad#.8324

SHARE INTERESTS
Easygoing SF, 27, light brown hair, green eyes, enjoys long walks, listening to music an dining out, seeking a communicative, caring, employed SM. Ad#.9311

IS IT FATE FOR YOU & ME?
SWF, 45, 5'2", full-figured, brown hair, blue eyes, likes talking over coffee and helping people, seeking respectful, kind-hearted SM, who has a good outlook on life. Ad#.6935

TOGETHERNESS
Active SWF, 50, 5'3", 115lbs., brown hair, blue eyes, enjoys biking, rollerblading and going for drives, seeking outgoing caring SM. Ad#.9138

WILLING TO COMMIT?
Kind-hearted, independent SWF, 49, 5'6", dark hair, blue eyes, enjoys going to church, reading and outdoor activities, seeking an honest, faithful SM, who likes children. Ad#.9911

CREATIVE MIND
Independent, trustworthy, professional SWF, 43, 5'5", full-figured, dark brown hair, hazel eyes, enjoys nature, painting, drawing and writing childrens stories, seeking a respectful, non-judgmental SM. Ad#.9489

COULD THIS BE YOU?
SWF, 28, 5'7", sandy blonde hair, blue eyes, fun-loving, sincere, honest, employed, enjoys spending time with friends, gardening, outdoor activities, seeks SM, with similar interests. Ad#.6847

JUST BE HONEST
Slender SWF, 52, 5', short brown hair, green eyes, easy to get along with, employed, enjoys sports, movies, going for drives, seeks caring, gentle SM, for friendship first, maybe more. Ad#.1901

LIFE IS TOO SHORT
SWF, 35, 5'7", 138lbs., long sandy brown hair, hazel eyes, funny, enjoys boating, walking, biking, seeks honest, trustworthy, caring SM, for friendship and companionship. Ad#.9610

FUN TO BE WITH
Attractive, full-figured SW mom, 32, dark hair, brown eyes, easygoing, honest, employed, enjoys golf, playing cards, spending time with her son, seeks understanding SM, with a good personality. Ad#.9259

CALL AND WE'LL TALK!
Easygoing, fun-loving SWF, 30, blonde hair, blue eyes, employed, enjoys outdoor activities, movies, dining out, seeks honest, fun-loving SM, with similar interests. Ad#.7624

BE THE ONE
SW mom, 28, easygoing, a student, enjoys camping, movies, family activities and more, seeks an easygoing, trustworthy, faithful SM, who likes children. Ad#.9145

LIKES HAVING A GOOD TIME
SW mom, 20, 5'9", brown hair, blue eyes, funny, outgoing, a homemaker, enjoys swimming, playing the piano and horseback riding, seeks a kind, caring SM, who knows the meaning of love. Ad#.5681

GREAT SENSE OF HUMOR
SW mom, 26, 5'4", 140lbs., light brown hair, blue eyes, easygoing, fun-loving, homemaker, enjoys quiet times, walking, dancing, seeks honest, sincere SM, who likes children. Ad#.9411

LOOKING
Outgoing, bubbly SWF, 25, 5'10", short brown hair, green eyes, enjoys car races, reading, long walks and the outdoors, seeking a humorous, enjoyable, spontaneous SM. Ad#.9511

LIKES TO JOKE
SWF, 33, 5'9", 120lbs., long dark reddish-brown hair, green eyes, happy, outgoing, employed, enjoys dancing, singing, shooting pool, seeks non-judgmental SM, with similar interests. Ad#.4741

GIVE ME A CHANCE
SWF, 27, 5'6", blue-eyed blonde, fun to be with, employed, enjoys rollerblading, skiing, swimming, seeks compatible, independent, employed SM. Ad#.9747

LOOKING FOR HAPPINESS
Attractive SW mom, 23, 5'4", 105lbs., long brown hair, big green eyes, employed, enjoys travel, music and sports, seeks honest, sincere, outgoing SM. Ad#.8100

A HUMANITARIAN
Pretty SWF, 34, 5'4", dark brown hair, green eyes, bubbly, open-minded, employed, enjoys singing, writing, nature walks, seeks honest, creative, fun-loving SM. Ad#.7657

Males Seeking Females

LOOKING FOR YOU
SWM, 63, 5'11", slim build, with blue eyes, enjoys woodworking, outdoor sports and gardening, dancing, long walks and more, seeks a romantic, affectionate SF, 48-58. Ad#.8112

CALL & TALK
He's a friendly East Indian SM, 34, who loves to joke. Enjoys hockey, swimming, and sports. Looking to meet a sincere, humorous SWF. Ad#.9910

SHARE MY TIME
I am a SWM, 50, 5'10", 160lbs., who is quiet and reserved. I am employed and enjoy golfing, traveling, gardening and would like to meet a caring, outgoing SWF, for companionship. Ad#.9545

NO HASSLES
SW dad, 36, 5'8", with dirty blonde hair, is in search of a respectful, good-natured SF. Ad#.6070

WORTH A TRY
I'm an easygoing SWM, 55, 5'10", 165lbs. I enjoy going for walks and I'm seeking a slender SF. Ad#.2785

LOVE IS IN THE AIR
Easygoing SW dad, 31, 6'2", 195lbs., who enjoys golf, kayaking and downhill skiing, is hoping to meet a fun-loving SF, who enjoys life. Ad#.8748

LET'S MINGLE
Handsome SWM, 27, 5'9", 165lbs., with brown hair/eyes, who enjoys reading, writing and watching television, is seeking a nice SF. Ad#.1336

FINALLY...
He's a SWM, 41, 5'6", with long hair and green eyes, who enjoys motorcycling, the outdoors and more. He's seeking a positive SF, who likes the country lifestyle. Ad#.1225

DON'T WAIT
I'm a kind, gentle SWM, 27, 6', 210lbs., with brown hair/eyes. I enjoy going for walks, socializing and more and am seeking a SF for companionship. Ad#.9374

HEAR ME OUT
Quiet SWM, 41, 5'5", 160lbs., medium build, with brown hair/eyes, wishes to spend time and share friendship with a sincere, honest SF, who enjoys golfing, hockey and biking. Ad#.9764

FOCUS HERE....
Handsome SWM, 36, 5'7", 150lbs., enjoys going to the gym, movies, taking walks, quality converstion and is looking to spend time with an outgoing, personable SF, who is looking for quality companionship. Ad#.8546

ADVENTURESOME
He's a professional SWM, 48, 5'10", 210lbs., who is humorous, outgoing, enjoys motorcycling, camping, the outdoors and is seeking an honest, friendly, spontaneous SF. Ad#.8158

RETIRED
He's a SWM, 64, 5'11", 180lbs., who enjoys golfing, dining out, curling and is looking for a SF, to spend quality time with. Ad#.5467

LONG-TERM COMMITMENT
He's a tall, easygoing, self-employed SWM, 32, who enjoys riding his motorcycle, outdoor activities, sporting events and is hoping to meet an honest, loyal, humorous SWF. Ad#.7651

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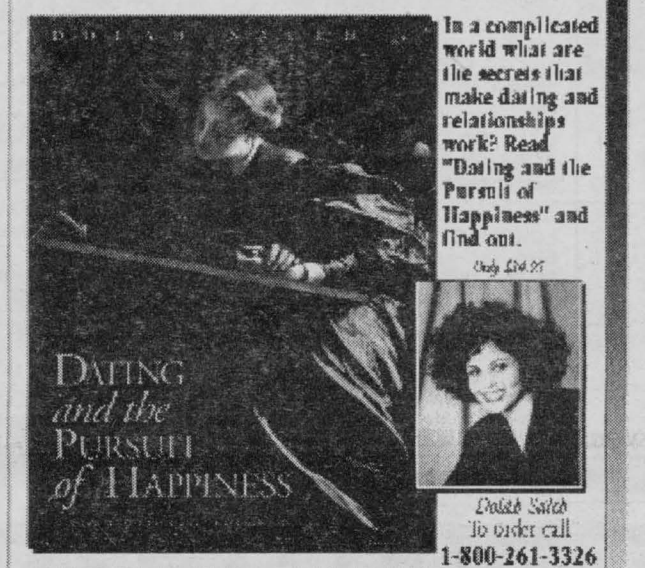

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GET INVOLVED
Understanding, romantic SWM, 41, who enjoys hockey, golfing, camping and fishing, is looking to meet an attractive, understanding SWF, for a long-term relationship. Ad#.3605

WILLING TO SHARE
This considerate SWM, 56, who enjoys collecting military badges, building model boats, gardening and flea markets, would like to meet a reliable, friendly SWF. Ad#.7227

FOCUS ON LIFE
Handsome, fun-loving SWM, 36, 5'8", who enjoys building models, dining out and more, looking for an open, communicative, trustworthy SWF. Ad#.8272

SERIOUS REPLIES
Honest SWM, 30, 5'9", 165lbs., black hair, brown eyes, employed, seeking honest, slender SF, to start a relationship with. Ad#.6331

PRIORITY AD
This humorous, outgoing, romantic SWM, 29, 5'9", 150lbs., with brown hair and blue eyes is now seeking an honest, sincere SF. He enjoys racing, working out and more. Ad#.8200

TELL ME ABOUT YOURSELF!
We have nothing to lose! I'm an athletic, easygoing SWM, 36, 5'10", 175lbs. My hobbies include weight-training, baseball and fishing. I'm seeking an honest, slender, attractive SF. Ad#.8160

I KNOW WHAT I WANT!
Hardworking, attractive, romantic SWM, 35, 6', 190lbs., blue-eyed blond, employed, enjoys working around the house, dining out, cooking and candlelit dinners, seeks stable, trustworthy SF. Ad#.9373

RIGHT HERE
Meet this easygoing SWM, 27, 5'10", 160lbs., with long brown hair and green eyes, who enjoys socializing, music, hockey and would like to meet an honest, caring, fun-loving SF, for a possible relationship. Ad#.9113

HONESTY COUNTS
Outgoing SWM, 41, 150lbs., long brown hair, mustache, fit, enjoys making people laugh and a variety of other interests, seeks an outgoing, understanding SF, with a nice personality. Ad#.9314

LOOK HERE
This SWM, 37, 6', 210lbs., with blond hair and blue eyes, enjoys the beach, fishing, boating, dining out and dancing. He wants to find a trustworthy SF, who he can talk to with ease. Ad#.1573

A GREAT GUY
I'm a SW dad, 28, 6', 160lbs., with long brown hair/eyes, who enjoys caring for my daughter, reading, writing and cooking. If your a responsible SF, give me a call. Ad#.4832

NO PLAYERS
A kind, humorous SWM, 43, who loves working with crafts. Other interests include camping, fishing and many outdoor activities. Looking to meet an honest, kind SWF. Ad#.6658

COME ON AND CALL!
You know you want too! I'm SWM, 43, 6'2", 185lbs., with blond hair, who enjoys country music, tennis and skating. I'm seeking an honest, romantic SF. Ad#.7048

DESERVING
He's an outgoing SWM, 43, who enjoys biking, swimming and weightlifting. He's looking for a family-oriented SF. Ad#.9435

CHOOSE ME
I'm a laid-back, friendly SWM, 70, who enjoys flea markets, dancing and socializing. I'm looking for a considerate, easygoing SF. Ad#.9016

MR. ROMANTIC
He's a SWM, 34, 5'10", 210lbs., a happy-go-lucky person, who enjoys drawing, photography, listening to music, movies and is looking for a loving, giving, trustworthy SWF. Ad#.6768

CONTACT ME
He's a caring SWM, 38, 5'10", with brown hair and hazel eyes, who enjoys computers and building model kits. He's looking for a kind, loving SF. Ad#.6773

IN GENERAL
I'm a SWM, 25, with brown hair and hazel eyes, my enjoyment are traveling, motor cross and more. I'm looking for a loving, honest, faithful SF, who is ready to settle down. Ad#.8613

ONLY YOU
This easygoing, self-employed SWM, 56, 5'10", 165lbs., with short black hair and brown eyes, is seeking an honest, trustworthy SF, for a possible relationship. His interests include sports and dining out. Ad#.9947

HONESTY, A MUST
He's a SWM, 35, 5'10", 165lbs., brown hair, blue eyes, who is very easygoing and loyal. Hobbies include music, movies, the beach, drives in the country and wants to meet a SWF, with similar interests. Ad#.8062

GENUINE
I'm a mature, very outgoing, positive SWM, 35, 6'2", with brown hair/eyes. I enjoy football and am seeking an honest SF. Ad#.7364

LOVES THE OUTDOORS
SWM, 29, whose hobbies include camping, fishing, working on models, watching television and dining out, seeks a secure, humorous SWF. Ad#.8535

A REAL ZING
I'm a SWM, 28, 6'3", 180lbs., with brown hair/eyes, enjoys build plastic models, fishing and boating. I'm looking for an intelligent, funny SF, to share the rest of my life with. Ad#.7598

ARE YOU READY?
SWM, 38, 6', 190lbs., brown hair/eyes, loves to do anything outdoors, looking to meet an outgoing, easygoing, slender SF, who will be his lifetime partner. Ad#.6590

THIS IS IT
He's seeking a clean, honest, understand SF to spend time with this kind SM, 48, 5'6", with brown hair, and blue eyes, who enjoys bowling, hiking. Ad#.8076

LIMITLESS COMPASSION
This physically fit, 27 year old SWM is very happy, outgoing and works in law enforcement. He enjoys music, his dog, motorcycling and walks. If you're a cheerful, honest and happy SF looking for companionship, he is waiting for your call. Ad#.2019

GREAT GUY
This SWM, 25, 6', 190lbs., is easy to please. He is seeking an honest, caring SF, who will be there for him. If you enjoys sports and outdoor activities, your the lady for him. Ad#.9457

I'M YOUR MAN
Don't waste anymore time responding to other ads, when you can respond to this SWM, 45, 5'9", 180lbs., with black hair and brown eyes, who enjoys playing pool and sports, seeking very special, loving, humorous SF, to share life with. Ad#.8477

WORTH A TRY
Take the time to respond to this SM, 33, 6'2", 175lbs., with brown hair/eyes. He's seeking an honest SF, to enjoy rollerblading, going for walks and movies with. Ad#.1983

SIMILAR INTERESTS?
This personable, friendly SWM, 36, is looking to connect with a happy-go-lucky, old-fashioned SWF. His interests are dancing, long walks and watching movies. Ad#.4980

ABLE TO COMMIT?
A contented, easygoing SWM, 26, 6'2", 191lbs., brown hair, green eyes, is searching for a fun-loving, attractive SWF, to share his life. His hobbies are fishing, working on cars and motorcycles. Ad#.5324

ATTENTION LADIES
Humorous SWM, 42, 5'9", 165lbs., dark hair, enjoys golfing, playing horse shoes, seeking outgoing, kind SF. Ad#.6670

TALK TO YOU SOON
SWM, 25, 5'8", 150lbs., brown hair/eyes, has a good personality, employed, has a variety of interests, seeking an honest, attractive, sincere SF. Ad#.9866

TELL ME ABOUT YOURSELF
Laid-back SWM, 34, 5'10", 200lbs., self-employed, hobbies include photography and electronics, seeking the right lady to settle down with. Ad#.3844

SOUND GOOD?
Outgoing SWM, 39, tall, 210lbs., blond hair, blue eyes, self-employed, enjoys reading, fishing, going out with friends, seeks an honest, easygoing SF. Ad#.5973

ANYTHING AND EVERYTHING
Fun-loving SWM, 25, average looking, enjoys camping, hiking, long walks, working on cars, reading, writing and more, seeks a sincere SF, for a possible relationship. Ad#.8262

VERY FINE
Easygoing, fun-loving SWM, 49, 6'2", 250lbs., brown hair, glasses, retired, enjoys sports, country music, movies, the theatre and long walks, seeks an outgoing SF, with similar interests. Ad#.3805

OUTGOING
Handsome SWM, 62, 5'11", 190lbs., enjoys dancing, walking, biking, loves to travel, seeking honest, sincere, truthful SWF, N/S, for possible relationship, 52-62. Ad#.5782

OUTDOORS TYPE
Kind-hearted SWM, 27, 5'10", 185lbs., long brown hair, green eyes, humorous, enjoys watching hockey, biking and fishing, seeks an honest, caring, trustworthy SF, to settle down with. Ad#.8325

FAMILY-MINDED
SWM, 25, 6'3", 195lbs., enjoys long walks, watching movies, animals and spending time with his child, seeking an honest, faithful, straightforward SF. Ad#.9713

SPEND TIME WITH ME
SWM, 28, 6'2", 190lbs., muscular, easygoing, kind-hearted, employed, enjoys the outdoors, dining out and sporting events, seeks an honest SF, to enjoy life with. Ad#.9210

SEEKING SOUL MATE
Humorous SWM, 40, 5'9", brown hair, blue eyes, enjoys music, concerts, seeking SF, N/S, to spend time with. Ad#.9479

LET'S TALK SOON
Kind, considerate SWM, 43, 5'11", enjoys crafts, seeking honest, caring, loving, honest SF. Ad#.7767

COME ON CALL!
You have nothing to lose. SWM, 31, 5'7", 180lbs., employed, enjoys rollerblading, ice hockey and candlelit dinners, seeking honest SF. Ad#.9765

SINCERE
Athletic SWM, 38, 5'9", 170lbs., brown hair, enjoys hiking and woodworking, seeking fun-loving, responsible SF. Ad#.7846

LET'S MINGLE
Outgoing, caring SWM, 31, 5'10", 170lbs., black hair, green eyes, enjoys playing sports, watching movies and quiet times at home, seeking an honest, loving, respectful SF. Ad#.9041

TREAT ME RIGHT
Fun-loving, caring SWM, 27, 6', 225lbs., brown hair, hazel eyes, an employed student, hobbies are spending time with his friends and biking, seeking an outgoing, personable SF. Ad#.5169

COULD WORK OUT
Romantic SWM, 41, 5'10", 180lbs., physically fit, employed, enjoys golf, movies, long walks, watching hockey, seeking an easygoing SF, for a long-term relationship. Ad#.9009

I'M YOU MAN!
Outgoing SWM, 43, 5'9", 175lbs., blonde hair, blue eyes, enjoys woodworking, camping and traveling, seeking easygoing SF. Ad#.1230

CARING AND LOVING
Humorous, outgoing SWM, 32, 5'10", 175lbs., employed, enjoys fishing, sports and other outdoor activities, seeking faithful, hardworking, honest SF. Ad#.8656

SPEND THE DAY WITH HIM
SWM, 50, 5'11", slim build, sharing and faithful, likes sports, walking, fishing, boating and camping, seeks a SF, with similar interests. Ad#.9496

JUST PERHAPS
Seek commitment, loves his children, gentle SWM, 56, 6', 200lbs., brown hair, professional, enjoys outdoor activities, classical music, movies and model railways, seeking a sensitive, warm, caring SF. Ad#.9898

ALLOW ME...
Outgoing SWM, 37, 5'11", 180lbs., brown hair/eyes, enjoys boating, cars, dining out, the outdoors and more, seeking an outgoing, attractive SF. Ad#.2757

WANT TO CUDDLE?
Handsome, adventurous SWM, 35, 6', 175lbs., enjoys golfing, hockey, movies and candlelit dinners, seeking a romantic, attractive SF. Ad#.2093

HELLO, LADIES
Handsome SWM, 40, 5'10", brown hair, blue eyes, employed, enjoys fishing, boating, the outdoors and movies, seeking an honest, open-minded, trustworthy SF. Ad#.5332

DISCOVER ME
SWM, 34, 5'10", 180lbs., dirty blonde hair, blue eyes, enjoys working on cars and fishing, seeking outgoing SF. Ad#.8916

FUTURE HOPES
Physically fit SWM, 42, 5'9", 178lbs., self-employed, enjoys fishing, hunting, sports and dancing, looking to meet an understanding SF, to share companionship and conversation. Ad#.4283

SPARKLING PERSONALITY
Attractive SWM, 28, blue-eyed blond, shy at first, employed, enjoys fishing, outdoor sports, camping, seeks sincere, honest, caring SF, for friendship first, maybe more. Ad#.4860

GREAT SENSE OF HUMOR
SWM, 36, brown hair, blue eyes, kind, loveable, funny, employed, enjoys talking to people, riding motorcycles, seeks honest, truthful, passionate SF, for friendship first, maybe more. Ad#.6476

DON'T PASS THIS ONE BY
SWM, 62, 5'10", 190lbs., easygoing, retired, enjoys dancing, fishing, gardening, seeks nice, humorous, personable SF, who likes the outdoors and country music. Ad#.7861

NEW POINT OF VIEW
SWM, 34, 6'5", 280lbs., black hair, moustache, fun-loving, professional, hobbies are hockey, football and bowling, seeking a non-judgmental SF. Ad#.5815

WORTH THE CALL
Tall, slim, handsome, easygoing SWM, 25, employed, enjoys playing hockey, working out and spending time with friends, seeking a trusting, honest, respectful SF. Ad#.9425

ARE WE COMPATIBLE?
Happy SWM, 35, 6'2", dirty blond hair, blue eyes, mustache, likes stargazing, candlelit moments and romantic times, in search of an idealistic, high-spirited, sincere SF, children welcome. Ad#.8848

LIKES GOOD JOKES
Easygoing SWM, 55, 5'9", 165lbs., self-employed, enjoys collecting old horse-drawn farm machinery, auctions, animals, seeks true, honest SF, for companionship, children welcome. Ad#.7383

CARING GUY
SWM, 36, 5'10", 180lbs., short brown hair, hazel eyes, beard, caring, fun to be with, employed, enjoys biking, working out, computers, seeks trustworthy, sincere, friendly SF. Ad#.4210

CHECK THIS ONE OUT
Attractive, tall SWM, 40, brown hair, blue eyes, employed, enjoys camping, fishing, playing cards, seeks honest, sincere, trustworthy SF, who loves to cuddle. Ad#.4398

COULD THIS BE YOU?
Slim, humorous, good-natured, professional SWM, 50, has old-fashioned values, enjoys science, reading, current affairs, seeks slender, affectionate SF, for serious relationship. Ad#.5879

LIKES TO LAUGH
Happy-go-lucky SWM, 41, blue-eyed blond, employed, enjoys playing cards, bowling and spending time with friends, seeks an honest, fun-loving SF, who likes to cuddle. Ad#.9558

DO WE SHARE INTERESTS?
Approachable, honest SWM, 44, 5'10", 200lbs., employed, likes weightlifting, playing the guitar, motorcycles, singing and fishing, seeking an upfront, sincere SF, for a possible long-term relationship. Ad#.9719

CALL AND WE'LL TALK
SWM, 48, 5'5", 155lbs., employed, enjoys golf, travel, quiet family times, seeks attractive, slender, trustworthy SF, with similar interests, to share life with. Ad#.3589

TIME WILL TELL
SWM, 44, humorous, enjoys laughter and comedy, camping, fishing, movies and traveling, seeking a happy, talkative SF. Ad#.2106

Females Seeking Females

HAS A BIG HEART
Here's a SWF, 21, 5'5", 130lbs., with dark hair and blue eyes, who enjoys swimming, biking, camping and more. She'd like to meet a caring and understanding SF. Ad#.3937

RIGHT TO THE POINT
I'm a SWF, 24, with dirty blonde hair and hazel eyes, I'm seeking an honest SF, who is not a player. Ad#.5682

SIMPLY SWEET
Are you a funny, outgoing SF? If so, I would love to meet you. Hello, I'm a fun-loving SWF, 27, 5'3", 120lbs., with blonde hair and green eyes. My interests include biking, sports and long walks. If this sounds good, call me. Ad#.5576

ANYONE THERE?
Attractive SW mom, 24, slender build, blonde hair, hazel eyes, enjoys long walks, swimming, going for coffee and more, seeks an honest, trustworthy SF, who is fun to be with. Ad#.4781

ME AND YOU!
SWF, 28, brown hair, hazel eyes, enjoys camping and biking, seeking out SF, who has a zest for life. Ad#.9325

COMPLETE LOVE
Fun-loving, understanding SWF, 33, 5'3", blonde hair, blue eyes, employed, enjoys fishing, camping, boating, bike riding, watching movies and long strolls, looks for loyal, independent SF. Ad#.8216

Males Seeking Males

YOU'RE ON THE RIGHT PATH
To happiness. Maybe you can be the one for this adventurous, exuberant, 25-year-old SWM, 5'6", 150lbs., with blond hair and blue eyes, who seeks an honest, trustworthy SM, who is physically fit. Ad#.6941

THE GREAT OUTDOORS
Humor and a caring heart go a long way with this self-employed SWM, 23, 5'8", 148lbs., with dark brown hair and green eyes, who enjoys working out, fishing and football. He seeks a trustworthy, compatible SM, he can get to know. Ad#.7547

ARE YOU READY?
To meet this SWM, 43, 5'9", 185lbs., with blonde hair and green eyes. I enjoy motorcycles, biking and swimming. I'm seeking a masculine SM. Ad#.2328

FRIENDSHIP FIRST
He's a SWM, 25, with brown hair/eyes, who is physically fit, is looking to find an open-minded, friendly SWM. Ad#.8977

LOOKING AHEAD
This self-employed, easygoing SWM, 34, 6'1", 175lbs., with brown hair and blue eyes, enjoys a multitude of outdoor activities. He wants to meet a trustworthy, honest, genuine SM, for a possible relationship. Ad#.8873

LOVES TO HAVE FUN
I'm considered an attractive, employed SWM, 35, 5'11", with brown hair and green eyes. I really enjoy sports, outdoor activities, lifting weights and would like to meet an outgoing, fit SM, with a good sense of humor. Ad#.1535

TIME TOGETHER
SWM, 38, 5'10", 170lbs., enjoys golfing and computers, seeking easygoing, friendly SM, to spend time with. Ad#.9849

ROAD TO ADVENTURE
Attractive, easygoing SWM, 26, 6', 175lbs., blond hair, green eyes, enjoys golf, movies, quiet times at home, long drives and more, seeks an open-minded SM, who is a nice guy. Ad#.5090

WILL IT COME TO BE?
Relaxed SWM, 18, student, likes working out, hiking and spending time with friends, in search of an outgoing, happy SM. Ad#.3541

DIAL MY NUMBER
Tall, handsome, physically fit SWM, 24, shy at first, employed, hobbies include outdoor activities, downhill skiing, dining out and more, seeking an honest, trustworthy SM. Ad#.7519

KEEP IN TOUCH
SWM, 37, 6', 170lbs., fun-loving, enjoys laughter and comedy, dining out and listening to music, sports and more, seeking an honest, outgoing SM. Ad#.9847

HAS A SERIOUS SIDE
SWM, 31, 5'11", 190lbs., brownish-blond hair, brown eyes, likes to joke and have a good time, employed, enjoys reading, watching movies, seeks honest, sincere, humorous SM. Ad#.9810

NOT TOO SERIOUS
SWM, 34, 6'1", 175lbs., short brown hair, blue eyes, easygoing, self-employed, enjoys outdoor activities, seeks trustworthy SM. Ad#.2203

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13 AUTOS FOR SALE

1988 FORD TEMPO 4dr, Navy. $1,750. Call 933-8954.

1990 SUNBIRD CONVERTIBLE, 73,000 km, 5-spd, 4-cyl, $5,895. 7 mth warranty, safetied. Call Scott, 936-0640.

1987 MERCURY SABLE GS, 6-cyl, auto, fully equipped. Exceptional condition. Asking $1,950. Certified. Call 930-2428.

1989 DODGE DAYTONA, $2,000. as is. Call Scott, 936-0640.

1988 FIREBIRD, V-6, auto, T-roof, 121,000 km. $3,500. safetied. 7 mth warranty. Call Scott, 936-0640.

WANT THAT PRIVATE or dealer vehicle, but can't get finance. Call Car-o-line Auto's. We will buy it for you. Call for details, 613-448-2488.

GOOD PAINT JOBS, $300. & up. Bodywork extra. Free estimates. 1984 Chev Caprice, 4-dr, with or without safety. Call anytime, 932-1657 or 937-3091.

1991 CHEV CAVALIER, auto, 4-dr, 4-cyl, air. 1988 Chev Wagon, 7-passenger. 1987 Pontiac Bonville. 1986 Plymouth Voyageur, 7-passenger, auto, 4-cyl. 1923 Ford Model T, 4-dr, convertible. Vehicles sold are certified. Accept trade-in or best offer. Gravel Motors, 407 Guy, 932-4211 or 932-4850.

1989 BERETTA GT, V-6, auto, loaded, 142,000 km. $3,795. 7 mth warranty, safetied. Call Scott, 936-0640.

1994 FORD ESCORT LX, 97,000 km, 2-dr, A/C, airbag, standard, green, new tires, $7,200. Call 613-931-3311 or 514-744-6283.

1992 JEEP GRAND CHERAKEE, V-6, 4 L, loaded, 123,000 km, 1-owner, $12,999. 7 mth warranty, safetied. Call Scott, 936-0640.

18 BUSINESS OPPOR.

WELL ESTABLISHED Bakery and Pastry Shop for sale. Edelweiss Pastry Shop, Eastcourt Mall, Cornwall. No experience necessary. For inquiries, call 933-3843.

19 CAREER TRAINING

EXCITING WELL PAID careers in computer programming. We will prepare suitable applicants. Ministry of Education registered Home Study Diploma Program. Financial assistance, loaner computer systems & job placement tools available. No experience necessary. CMS, 1-800-477-9578.

21 HELP WANTED

NEW SHOP - rent a chair. Make your own hours - be your own boss. Vincent Hair Studio, 933-0274 or 933-4905.

23 HOME SERVICES

J.R. RESTORATION, Roofing, chimneys/repairs, brickwork, framing, door & windows, ceramic tiling, carpentry, siding, painting. Free estimates. Call J.R. 613-938-7742.

The PERFECT HANDYMAN - Roofing, siding, drywall, tin roofs, decks, sheds, garages, renovations or new building...we do it all. Free estimates & work guaranteed. Call Robert 525-2197.

S & N ROOFING. Commercial & Residential. Shingles & hot tar. Repairs. 15 yrs. exp. Senior Citizen discount. Free estimates, fully insured. 24-hr emergency service. All work guaranteed. 933-5398.

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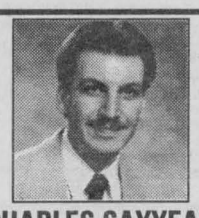
Sales Rep. 537-2638



CHARLES SAYYEAU
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MICHAEL VANDER MEER
Assoc. Broker 534-2950



JUDI AUGER
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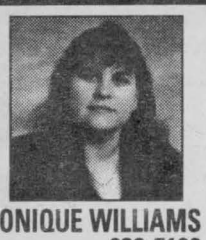

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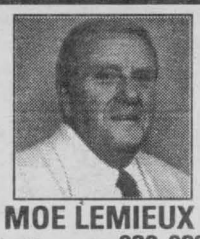

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MAURICE DROUIN
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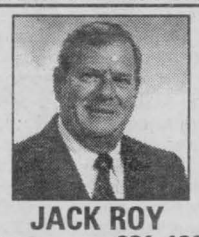

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GERRY PILON
Sales Rep. 931-3555



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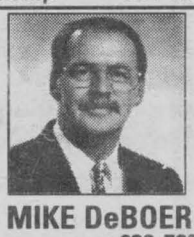
Sales Rep. 937-0891



ERIC PEDERSEN
Broker 938-9690



DIANE BENOIT
Sales Rep. 930-4880



MIKE DeBOER
Broker 938-7802



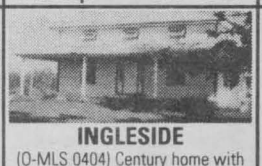
DUPLEX $59,900
(A-MLS 0166) Well-maintained 2 & 3 bdrm. units. Some upgrades
CHARLES SAYYEAU 933-1558



1214 CHURCHILL $57,900
(A-MLS 0083) full lot, oak kit. cupboards, close to all amenities.
CHARLES SAYYEAU 933-1558



INGLESIDE AREA $145,900
(O-MLS 0331) Over 2300 sq. ft. living area, very clean home with country size kit., additional det. garage w/separate drive
HENRIETTA DUVALL 537-2638



INGLESIDE
(O-MLS 0404) Century home with lots of character, country kit., wood flrs., main fl laundry, situated on 30 acres.
HENRIETTA DUVALL 537-2638



439 MEADOWVALE CR. $119,900
(A-MLS 0351) 4-level split, many appliances included, garage
ALBERT CADIEUX 932-8279



ST. ANDREWS. $86,900
(M-MLS 0088) 4 bdrm. bung. on large park-like lot, rec rm with bar.
MIKE VANDERMEER 534-2950



POST ROAD. $42,900
(M-MLS 0260) 2 bdrm. starter on nice lot with mature trees. Worth a peak.
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DUPLEX. $39,900
(A-MLS 0235) repossessed. 2-2 bdrm. units on corner of 3rd & Gloucester.
MIKE VANDERMEER 534-2950



NEW CONSTRUCTION LONG SAULT $164,900
(M-MLS 0079) exec. home 1872 sq.ft. brick bung., Blue Maxx const.
MIKE VANDERMEER 534-2950



HUNTERS! $29,900
(O-MLS 0167) 50 acre parcel with 20'x30' garage for cottage or hunting cabin
MIKE VANDERMEER 534-2950



NEW CONSTRUCTION $126,900
(M-MLS 0176) 1200 sq. ft. raised bung., with att. garage, just off Headline Rd. Bus service available
MIKE VANDERMEER 534-2950



$164,900 EXEC COUNTRY
(M-MLS 0371) 2300 sq. ft., 4 bdrm. home on 8 acres with pond
MIKE VANDERMEER 534-2950



746 LYNN $72,500
(A-MLS 0248) 1076 sq. ft. brick & vinyl, end unit townhouse, patio deck, fenced yard
ALBERT CADIEUX 932-8279



RESIDENTIAL or COMMERCIAL
(G-MLS 0396) Century home, downtown Lancaster, excellent condition! $89,900
JUDI AUGER 931-3293



NEW LISTING
(A-MLS 0387) Centrally located triplex, just off Sydney Street Gross Income $17,000
TODD THOMPSON 938-0640

$66,500 CONVENIENCE STORE
(A-MLS 0366) includes 1 bdrm. apt., 1695 sq. ft., lots included
TODD THOMPSON 938-0640



257 LAFRAMBOISE $75,000
(A-MLS 0103) 2+1 bdrm., semi, frpl. in living room, excellent condition.
TODD THOMPSON 938-0640



BETTER THAN NEW! $149,000
(M-MLS 0355)4 bdrm. dining room plus eat-in kitchen, family room with gas fireplace. Come see.
JUDI AUGER 931-3293



A MASTER'S MASTER
(A-MLS 0401) This newly carpeted, spacious home features a huge master bdrm., hdwd & ceramic floors, rec rm., workshop, & more.
JUDI AUGER 931-3293



SAVE BIG $$
(A-MLS 0389) 3 bdrm. brick bung., modern kit. & bath, all hdwd & ceramic floors & partially fin. bsmt. Why wait?
JUDI AUGER 931-3293



$189,900 MAPLE RD., WILLIAMSTOWN
(J-MLS 0363) 52 ac. hobby farm w/2 barns, 1520 sq. ft. bung., built in 1992
ALBERT CADIEUX 932-8279



32 LAWRENCE ST. $69,500
(A-MLS 0391) 2 storey home, over 1500 sq.ft., many renovations last 3 years.
MOE LEMIEUX 932-9386



EXCELLENT PRICE
1216 DALY $79,900
(A-MLS 0412) 3 bdrm. all brick bung., nice lot, private drive
GINETTE CAMPBELL 932-1609

GRAMPA BILL'S NOW $45,900
(A-MLS 0284) Well established chipstand, excellent income, high traffic location, new equipment, fully insulated, owners will consider financing.
GINETTE CAMPBELL 932-1609



$74,900
(A-MLS 0014) Excellent home w/extra income, 5 bdrms. now being used as a duplex, garage.
GINETTE CAMPBELL 932-1609



EXCELLENT PROPERTY
(A-MLS 0335) features 2 large semis, inground pool, large fenced-in lot, extra income, oak cpbds., 3+1 bdrms.
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ATTENTION!
(A-MLS 0395) Live in one unit & let the rent from the other pay for the mortgage, call to view
MONIQUE WILLIAMS 932-7196

$59,900
(A-MLS 0365) Looking for a little piece of country with all the city conveniences? Don't be shy, call
MONIQUE WILLIAMS 932-7196

CLOSE TO LE VILLAGE $43,500
(A-MLS 0394) Why pay rent, when you can own? Call to view this home with private drive & yard
MONIQUE WILLIAMS 932-7196

OPEN HOUSE SUNDAY, AUG. 16 12:30 - 2:00 pm

NEW LISTING $82,900 MINI HOBBY FARM
(J-MLS 0414) Corner of Hwy. 34 & Cty. Rd. 25. 2 storey home, over 2000 sq.ft., possibility of in-law suite.
MOE LEMIEUX 932-9386

OPEN HOUSE SUNDAY, AUG. 16 2:30 - 4:00 pm

HWY #2 $174,900
(J-MLS 0407) Exquisite waterfront property, 1600 sq. ft., open concept Kit, dining rom, living rm, det. dbl garage, boathouse, many extras
MOE LEMIEUX 932-9386

433 LEITCH DR. $102,900
(A-MLS 0421) 3 bdrm. stately family bung. w/living rm frpl & rec rm wdstve, 3 baths & pool table. Close to park with pool & to other amenities.
MAURICE DROUIN 933-6146

REDUCED $34,900 220-220A CARLETON
(A-MLS 0320) Handyman's Special who wants income, det. garage
MAURICE DROUIN 933-6146

241-243 4th ST. EAST $93,900
(A-MLS 0415) Will two do?
SHERRY McCULLOUGH 937-0891

KENYON CRES.
(A-MLS 0119) An appropriate reward for success.
SHERRY McCULLOUGH 937-0891

"B" FOR BARGAIN "C" FOR SURE $133,500
(O-MLS 0325)
SHERRY McCULLOUGH 937-0891

237 MEADOWVALE CR. $95,900
(A-MLS 0275) Finders keepers! Losers weepers!
SHERRY McCULLOUGH 937-0891

19391 HWY. 2 EAST $199,000
(J-MLS 0418) Distinctive exec. home. Over 2300 sq.ft. In great hill top location.
GERRY PILON 931-3555

115 THIRD ST. WEST $56,500
(A-MLS 0422) Ideal starter home w/3 bdrms., private drive & yard.
GERRY PILON 931-3555

529 LYNWOOD DR. $112,500
(A-MLS 0267) sidesplit on large lot in great area. Oak kit. with built-ins.
GERRY PILON 931-3555

844 LAFLIN $129,900
(A-MLS 0247) 1300 sq. ft. backsplit with dining rm & rec rm with frpl
GERRY PILON 931-3555

1212 SYDNEY REDUCED TO $91,500
(A-MLS 0249) Clean as a whistle, 3 bdrm. bung., lots of hdwd. flrs. w/oak trims, back patio to fenced yard, mature trees, close to many amenities.
JACK ROY 931-1290

6141 RUTH $97,000 GLENDALE SUBDIVISION
(J-MLS 0339) Just like new, 1320 sq. ft. open concept, alarm system, just. min. from town. A Must See!
JACK ROY 931-1290

SIGN YOUR OWN "DECLARATION OF INDEPENDENCE"
(A-MLS 0408)
SHERRY McCULLOUGH 937-0891

759 GUY ST. $113,000
(A-MLS 0196)
"Yard made for gardening"
SHERRY McCULLOUGH 937-0891

821 CUMBERLAND $61,000
(A-MLS 0411) 2 bdrm. bung. with many upgrades.Private drive, frt. & rear porches, very well decorated interior. Move-in condition.
ROGER VIAU 932-1325

HWY 2 EAST $198,900
(J-MLS 0184) Modern 2400 sq. ft. home overlooking river with docking facilities, large open Kit., main fl. family rm., gas frpl., 2-car garage
ERIC PEDERSEN 938-9690

1317 STORMONT
(A-MLS 0058) 2400 sq. ft. home, 2-car garage, central air, sunken living room, covered patio
ERIC PEDERSEN 938-9690

SUNRISE ACRES $129,900
(A-MLS 0232)Modern 3+1 bdrm. all brick home, family rm. with gas frpl, ingr. pool, att. garage
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367 MONTREAL RD. $64,900
(A-MLS 0281) Commercial bldg., plus 2 bdrm. apt., private parking
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706-708 MARLBOROUGH $86,000
(A-MLS 0409) Spotless 2-2 bdrm. duplex, gas heat, central air, insulated garage
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PRICED REDUCED $48,500
(A-MLS 0259) Very affordable 3 bdrm., gas heat, dining area
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GREAT INVESTMENT $89,900
(A-MLS 0322) Owner willing to hold 1st mtg. o.a.c. Triplex in good condition
DIANE BENOIT 930-4880

MUST SEE!!
(A-MLS 0301) 1600 sq. ft. semi in great location. 2 baths, large kit., fenced backyard, close to schools, parks & shopping
DIANE BENOIT 930-4880

19829 GREER ROAD WILLIAMSTOWN $134,900
(J-MLS 0283) You'll love the very nature of it, beautiful 1800+ sq. ft. bung. sitting on 5.90 acres, pond, close to 401
DIANE BENOIT 930-4880

OPEN HOUSE SUNDAY, AUG. 9th 1:00 - 2:30 pm

REDUCED $108,000
(A-MLS 0370) Pick your own grapes in backyard. Menard-built, brick bung, C/A, C/V.
DIANE BENOIT 930-4880

617 CUMBERLAND $69,900
(A-MLS 0416) Features too many updates to mention including new kitchen, 5 bdrms., gas heat, fenced yard, private drive. Move-in cond.
MIKE DeBOER 938-7802

VIEW OF ST. LAWRENCE
Your chance to build your dream home on a large lot with a dream view. Only 4 lots, approx. 100'x300', Mun. water.
For Only $10,000 ea.
MIKE DeBOER 938-7802

132 FENNELL CR. $84,900
(A-MLS 0392) Super clean bung., formal DR., frpl. in LR, gas heat, C/A, rec rm, 2 baths & dbl. car garage
MIKE DeBOER 938-7802

26 TIMOTHY $59,900
(A-MLS 0400) Great family home, 3 bdrms., huge living rm w/frpl, rec rm., hdwd. under carpets, nice deck
MIKE DeBOER 938-7802

NORTH OF INGLESIDE $99,900
(O-MLS 0036) On paved road, lovely raised bung. with patio drs., to lg. deck & 2.5 ac. lot, only 2 yrs. old.
MIKE DeBOER 938-7802

HOME SERVICES

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge trimming, fencing, roofing, painting, snow blowing, yards, basements, lawn cutting, tree cutting. 938-1684.

28 TRAILERS/ CAMPERS

1987 - 33 FT. CITATION Supreme trailer. A/C & heating unit, 3-way fridge, propane stove, central heater, sleeps 6. $12,500. Call 525-5211.

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TENT TRAILER RENTALS & CANVAS REPAIRS
Rent Tent Trailers
$275/wk. - $495/2 wks.
3220 St. Andrew's Road
(Corner of Hwy. 138 & Cornwall Centre Rd.)
938-2659

29 REAL ESTATE

424 GILLESPIE, 4 bdrm family home, 2 bdrm main floor, forced air oil heat, garage. Price reduced, $64,900. Call Latreille Real Estate Inc. 938-3800.

34 HOUSES FOR RENT

FOR RENT OR for sale, 3 bdrm townhouse, 138 First St. West. Heritage home. Gas heated, renovated kitchen, hardwood floors, convenient downtown location. Immediate occupancy. Call Phil Bellsmith, 938-3860.

HOUSE FOR RENT
~ ATTENTION SENIORS ~
No more grass cutting
No more snow removal
Maintenance free
1160 sq. ft. raised bungalow, 4 years old, gas fireplace, 2 bedrooms, large living room & bedrooms. East end. A must to view!
Tel.: 938-1616

SEPT. 1ST, BEAUTIFUL, cozy, 2 bdrm house. Fridge & stove supplied. 2-car parking, laundry hook-ups. Ideal for middle aged or senior couple. $460/mth, plus utilities. 534-3806.

35 HOUSES FOR SALE

CANADIANNA STYLE stone-front 2+1 bdrm bungalow. Good location, 11th St. West. Close to all amenities. For more info, contact Germaine Tessier, Sales Rep. for Violet G. Bergeron Real Estate Broker, 938-7934.

3 PLUS BEDROOMS, large oak kitchen with built-ins, Jenn-Air & island. Metal ceilings, woodstove, 2 bathrooms, paved double driveway. Newington, $60,000. Call 346-2421.

ISLAND 17, Long Sault. 2,140 sq.ft., 2-storey, 3 bdrms, 2 bthrms, vaulted ceiling in livingroom & diningroom, 2-car garage. $279,500. Call 534-8883.

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SEAWAY NEWS ENTERTAINMENT

Just as the large crowds visited Maxville for last weekend's ***HIGHLAND GAMES***, so too will they descend on the Williamstown Fairgrounds this weekend. It's the 187th edition of the ***WILLIAMSTOWN FAIR*** and it runs until Sunday,August 9th. This Saturday you can enjoy the English Horse Show, Midway, Petting Zoo, Talent Contest,a variety of entertainment featuring Dodi Hawkins, Mike McAnany, Bob & Ducky Band, also Barber Shop Singing with the C-Way Group and Musical Comedy with Jim Graham. Add to all that the games,concessions and demonstrations and you can spend an entire day in the fun-filled and friendly atmosphere of Ontario's Oldest Annual Fair. Sunday 's attractions will include Antique Cars, Wagon Rides, Highland dancing Competition, Horse & Pony Shows, Raisin River Foot Race, Fish Fry, the Brigadoons and all the other displays and games. Our hats are off to the St.Lawrence Valley Agricultural Society and the many volunteers for staging what appears to be the best ever Williamstown Fair.

The cool water in Cornwall's Canal is becoming enticing for the thousands of Rubber Duckies that will join the Great Heart & Stroke Foundation's ***GREAT RUBBER DUCK RACE***. The lovable little plastic "quackers" will begin their annual water race on Saturday, August 22nd at 3:00pm. You still have time to purchase your tickets for the terrific list of cash and merchandise prizes offered. For information you can call the Heart and Stroke Office at 938-8933 and tickets are available at Caisse Populair de Cornwall , Royal Bank, Howard Smith Credit Union,Medical Arts Pharmacy,Barbara's Florist, Union Gas Ltd and Bank of Nova Scotia . If the ducks could talk they would probably say "C'mon DOWN !!!

This Saturday, August 8th is also the last day to enjoy the events and attractions offered in the annual ***CORNFEST*** celebrations. Entertainment will be featured on stages throughout the downtown area including Studio C Showstoppers, Sam Hill and Jodie-Lynn Hawkshaw .

Plenty of last minute polishing is underway these days by the members of the ***CORNWALL OLDE CAR CLUB*** as they prepare for their "Grafitti Day" on Saturday August 15th. The refurbished olde auto's will be on display,with their owners in period costume, at the A & W Drive-in from mid-afternoon until late evening. There will be prizes and the music of the 50's and 60's so hop in your car and head to the A & W for any of their burgers and snacks and then stay awhile and chat with the Olde Car Club owners and spend some time rekindling those great memories of times spent in those wonderful old vehicles of yore. See you there !!!!!!!

Members and guests' of ***WING 424, R.C.A.F.A.*** are reminded to join the returning golfers at 3:00pm for the Steak Feed and music this Saturday, August 8th. Chairman Dave has again assembled an impressive field of foursomes for this annual event and golfers will tee-off in the early a.m. for the friendly but competitive fun-time on the greens,in the trees, the ditches and who knows where some of those little balls will land. Good Luck swingers!!!!! And a reminder to all members and guests that the August Birthday Bash is coming on Sunday,June 16th. There will also be another Cruise with Cap'n Jim on the St.Lawrence River and some space is still available. Contact Bob at the Wing or call him at 932-9132 for passage and information.

BOB AULINE'S at 1617 Pitt Street have a breakfast special all this month. Drop by for your next breakfast,Monday through Friday, between 7am-11am for their $1:99 special. They also offer a great cup of Cappuccino in two flavours.

Good Luck to Branch 297, ***ROYAL CANADIAN LEGION*** with their ***BRANCH SPORTS DAY FUND RAISER DINNER***. The event will be staged on Sunday,August 9th and will feature Italian Spaghetti,dessert and coffee. Everyone is welcome to attend.

It could be the tension of the tough times we live in or sometimes maybe some trivial argument or event that will trigger it but have you noticed the increase in "road rage" these days ? It surely has to be the fastest-growing "danger" on our highways and streets. We read daily about some irate driver who loses all patience and courtesy and recklessly endangers the lives of fellow drivers that drive too slowly or perhaps wait too long at traffic lights. It's not hard to notice someone experiencing "road rage" . Look for the wild look in their eyes as they white-knuckle their steering wheels, or frantically raise the middle finger as they speed by the more cautious drivers. Many of these poor, troubled humans have even forced their victims off the road and attacked them physically. We surely need to have authorities follow up on all the reported cases of "local road rage" and nip this in the bud. Check this out for yourself by keeping track of the number of times you witness, or heaven forbid find yourself involved with, one of these over-anxious, ranting motorist during your normal week's driving. But watch out.....don't give them additional reason to endanger you and your passengers. Pull over if you have to and let them speed by in their haste to eventual self destruction !!!!!!!!!!!!

Until next week, G'Day, G'Night and..... continue to Drive Carefully.

Night N' DAY

Entertainment - Special Events & Restaurant Review - By Bill Gallant

Rum-Nut Brie

1-250 g round Brie Cheese (about 4 inches in diameter
3 tbsps. prepared honey mustard
1 tbsp. Lamb's Navy Rum
2 tbsps. slivered almonds, toasted or chopped pecans

Preparation:

(NC)—On microwave-safe plate, cook Brie on medium-low, (30% power), 3 to 4 minutes until it's hot to the touch, rotating dish halfway through cooking. Spread combined honey mustard and Lamb's Navy Rum on top of Brie. Sprinkle with nuts. Serve either crackers or small pieces of toast.



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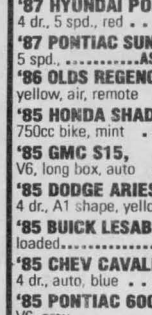

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Stop and Go Driving

According to the U.S. Bureau of Public Roads, 63 percent of all motor-vehicle trips equal six or fewer miles. The American Petroleum Institute, however, has indicated that engines require as much as six miles of travel to reach normal operating temperature, and the oil may take even longer. The end result of these frequent short trips is an accumulation of water, fuel and acids in the motor oil and the formation of sludge and varnish in the engine.

This is yet another reason why more passenger-car owners are turning to synthetic motor oils to protect their engines in stop-and-go service, often referred to as severe service driving conditions. The excellent acid control and molecular stability of synthetics keeps corrosion in check and inhibits the formation of sludge and varnish. Their extremely low pour points also help provide easier cold-weather start-ups and faster protection as the oil quickly circulates to critical engine components.

As new vehicles become more expensive to own and maintain, motorists are finding it increasingly important to take care of their current cars and trucks.

Pre-Trip Maintenance Check

Whether it's a weekend to the lake or a summer vacation, your first priority is getting there. Breakdowns are unpleasant whenever they occur, but especially when you are away from home. Be sure to check fluid levels before you hit the road, including brake fluid, transmission fluid, window-washer fluid, battery water, radiator fluid and motor oil. Moving parts produce friction, and friction produces heat, wear and stress. Eliminating friction with synthetic motor oils, lubes and greases helps gears, bearings and critical engine parts run more smoothly and last longer.

Driving To The Cottage

(NC)-If your summer holiday involves any driving, consider this: research has shown that the single most important factor influencing fuel consumption is average vehicle speed. Most cars operate at top energy efficiency when going between 80-90 kilometers per hour.

At highway speeds, ever km/hour over 90 km increases fuel consumption by one percent. This is primarily due to wind resistance which rises greatly at highway speeds. Increasing your speed to 110 km/hour from 90 km/hour will increase fuel usage by some 20 percent. Slowing down to enjoy the scenery will not only lower your blood pressure, it'll keep more money in your pocket.

THE CAR DOCTOR

Peter Millard



Soggy Sunbird

(NC)—The passenger side carpet in my 1985 Pontiac Sunbird is often wet. I think that water could be leaking from somewhere under the dashboard on that side. But I have no idea what's causing the leak. Do you?

A.S. – Mississauga, ON

The source of the leak may be your air conditioner. All air conditioners produce water from evaporation. Normally, this water is drained off through a hose located on the firewall in the engine compartment. However, if the hose becomes plugged, the water could backup into the interior of the car. Cutting a small piece—about 1 cm (1/2") long—off the end of the hose will probably eliminate the problem.

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Obituaries

BISSONNETTE - Joan Beatrice

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario, on Thursday, June 25th, 1998.

Mrs. Joan Beatrice Bissonnette, in her 65th year, born in Mimico, Ontario, of 116 Gardner Avenue, Cornwall.

Dear daughter of Fleur-Ange Leroux and the late Thomas Hayes.

Beloved wife of the late Raymond G. Bissonnette.

Loving mother of Colette (Mrs. Gerard Lavictoire); Louise Bissonnette of Cornwall; Francine (Mrs. Carl Menard) of Ottawa; and Marc Bissonnette (Alana) of Cornwall.

Loving grandmother of Eric and Natalie Lavictoire; Brock and Emilie Bissonnette and Isabel and Talia Menard.

Dear sister of Ronald Hayes (Agathe) of Pointe-des-Cascades, Quebec; Lewis Hayes (France) of Hudson, Quebec; Constance Periard of Pointe-des-Cascades, Quebec and Helene Danis (Jacques) of Hudson, Quebec.

Also survived by many nieces and nephews.

The funeral took place on Monday, June 29th, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to Holy Cross Church. Interment at Pointe-des-Cascades Cemetery. Reverend Andre Lafleur officiated, assisted by Reverend Rene Dube, Reverend Claude Thibault, Reverend Gerald Poirier, Reverend Michel Pomminville and Reverend Rolland Demers.

The pallbearers were Lewis Hayes, Ronald Hayes, Raymond Houle, Donald Bissonnette, Eric Lavictoire and Dale Hawerchuk.

BRADLEY - Frederick Michael

Passed away at the Ottawa Civic Hospital, Ottawa, on Tuesday, June 23rd, 1998.

Mr. Frederick Michael Bradley, in his 89th year, born in Cornwall, Ontario, of 41 Amelia Street, Cornwall.

Dear son of the late Ambrose Bradley and the late Elizabeth Lapointe.

Beloved husband of the late Dora Marie Bradley (Leroux).

Loving father of Brian Bradley (Cathy) of Lower Sackville, Nova Scotia; Kevin Bradley (Linda) of Mexico; Elizabeth Ann Bradley of Ottawa; Patricia Bradley-White (Martin) of Almonte and Brenda Bradley of Cornwall.

Loving grandfather of Caroline, Christopher, Delia, Finlay, Gail, Gareth, Gillian and Kelly.

Dear brother of Mrs. Kathleen (Kay) Rivier of Cornwall.

Also survived by several nieces and nephews.

Predeceased by three brothers, Henry, Vincent and Leon Bradley and by one sister, Marguerite Bradley.

The funeral took place on Friday, June 26th, 1998 from the Lahaie and Sullivan Cornwall Funeral Home, West Branch to St. Columban's Parish Church, followed by cremation at the South Branch Crematorium. Reverend Kevin Maloney of St. Columban's Parish Church officiated, assisted by Reverend Gary Ostler.

The pallbearers were Jean Marc Leroux, Chris White, Mickey Bradley, Allan Tait, Nathan Legault and Hugh Primeau.

CHENIER - Rene Mathias

Passed away his residence on Friday, June 19th 1998.

Mr. Rene Mathias Chenier, age 66 years, born in Cornwall, of Cornwall.

Dear son of the late Wilfrid Chenier and the late Marie Binette.

Beloved husband of Jeannette LeBlanc.

Loving father of Raymond Chenier (Sandy Smith) of Ottawa; Norman Chenier of Montreal; Lynn Chenier (Karl Green) of Halifax and Janice Chenier (Roger Marsolais) of Cornwall.

Dear brother of Maurice Chenier (Bernadette) of Warina; Irene Doyon of Cornwall; Jeanne Fortier of R.R. #1 Cornwall and Claudette Smith (Karl) of Ottawa.

Loving grandfather of Troy, Joey, James, Mélanie, René and André.

Predeceased by one son, Gerald Chenier.

The funeral took place on Monday, June 22nd, 1998 from the Memorial Chapel of the M. John Sullivan Funeral Home at 11:00 a.m., followed by cremation.

Mr. Chenier was a retired Corps Comissionaire employed at NavCan.

The funeral arrangements were entrusted to the care and direction of the M. John Sullivan Funeral Home, 341 Pitt Street (across from City Hall), Cornwall.

LAFLAMME - Anna Margaret

Passed away at Versa Care Centre, Cornwall, Ontario, on Tuesday, June 23rd, 1998.

Anna Margaret Laflamme, in her 91st year, born in Martintown, Ontario, of 201 Eleventh Street East, Cornwall, Ontario.

Dear daughter of the late Andrew MacLean and the late Margaret Grant.

Beloved wife of the late Daniel Laflamme.

Loving mother of Adrian and Winston Laflamme; Hubert Laflamme (Patricia); Kenneth Laflamme (Eleanor), Doreen Amelotte; Eileen (Mrs. Wilfred Beaudette) and Mrs. Jean Pilon, all of Cornwall.

Dear sister of Bethel (Mrs. Edwin Stewart) of Long Sault.

Also survived by twenty-six grandchildren, twenty-four great grandchildren and one great great granddaughter.

Predeceased by three brothers, Clifford, Hugh and Andrew MacLean and by two sisters, Mrs. Christina Murray and Bethel MacLean.

The funeral took place on Thursday, June 25th, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to Blessed Sacrament Church, followed by cremation at the South Branch Crematorium. Reverend Allan MacDonald of Blessed Sacrament Church officiated.

The pallbearers were Danny Laflamme, Leanne Laflamme, Terry Beaudette, Kent Pilon, Bruce Amyotte and Jason Laflamme.

LEVY - Richard Allen

Passed away suddenly on Tuesday, June 16th, 1998.

Mr. Richard Allen Levy, age 55 years, born in Cornwall, of Cornwall.

Dear son of the late Ronald Levy and the late Ellen Muir.

Beloved husband of Mireille Archambault.

Dear son-in-law of John and Aline Archambault of Cornwall.

Loving father of Michael (Shelly), Peter and Paul Levy.

Dear brother of Doreen (Mrs. Richard Reid) of Haliburton.

Loving grandfather of Jake and Dayna.

The funeral took place on Friday, June 19th, 1998 from the M. John Sullivan Funeral Home to St. Columban's Parish for a Mass of the Resurrection with Commendation and Farewell at 10:00 a.m., followed by cremation. Reverend Kevin Maloney, Pastor of St. Columban's Roman Catholic Church celebrated.

The pallbearers were his sons Peter and Paul Levy and his Brother Knights, Robert Williams, Cyril Ridal, Bryan Taillon and Joe Parisien. His Brother Knights also formed an Honour Guard at St. Columban's Parish for the funeral rite.

Richard was a charter member of the Knights of Columbus, Ronald J. Adams, Council 10974 of St. Columban's Parish serving the Order as Treasurer of his Council. Richard was a diligent volunteer serving his council and parish.

The funeral arrangements were entrusted to the care and direction of the M. John Sullivan Funeral Home, 341 Pitt Street (across from City Hall), Cornwall.

PITTS - Edna Rose

Passed away at her residence on Friday, June 26th, 1998.

Mrs. Edna Rose Pitts, in her 80th year, born in Massena, New York, of Cornwall, Ontario.

Dear daughter of the late George Lalonde and the late Ida Tyo.

Beloved wife of the late Arnold Pitts.

Dear sister of Archie Lalonde (Rita) of Rochester, New York; Albert Lalonde, Mrs. Mae Caron and Mrs. Cecilia Belisle, all of Cornwall and Pauline (Mrs. Alphina Comptois) of Syracuse, New York.

Predeceased by three brothers, George, Adelard and Maurice Lalonde.

The funeral took place on Tuesday, June 30th, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to the memorial Chapel. Interment at Woodlawn Cemetery. Reverend Terry Dunlop of Knox-St. Paul's United Church officiated.

The pallbearers were Robert Belisle, Michel Belisle, Chuck Malson, Danny Lalonde, Richard Comptois and Marcel Villeneuve.

Mrs. Pitts was a retired employee of Domtar Specialty Fine Papers and a member of the Ladies Auxilliary of the Royal Canadian Legion, Branch 297.

QUENNEVILLE - Georges Henri

Passed away at the Cornwall General Hospital, Cornwall, on Thursday, June 18th, 1998.

Mr. Georges Henri Quenneville, in his 68th year, born in Mille Roches, Ontario, of 412-C First Street East, Cornwall.

Dear son of the late Arthur Quenneville and the late Henriette Vice.

Loved brother of Louis Quenneville (Marguerite) of Glen Walter; Romeo Quenneville (Jeannine) of Cornwall; Arthur Quenneville (Therese) of Montreal, Quebec; Denise (Mrs. Jimmy Julien) of Toronto and Anita (Mrs. Ken MacDonald) of Cornwall.

Predeceased by one sister, Mrs. Georgina Larocque.

The funeral took place on Saturday, June 20th, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch, followed by cremation at the South Branch Crematorium.

Mr. Quenneville was a retired employee of Domtar Specialty Fine Papers.

THEED - Ellen Melross

Passed away at St. Joseph's Villa, Cornwall, on Monday, June 22nd, 1998.

Mrs. Ellen Melross Theed, in her 90th year, born in Montreal, Quebec, of 14 York Street, Cornwall, Ontario.

Dear daughter of the late Robert Ball and the late Eliza Hutton.

Beloved wife of the late Shelbourne Theed.

Loving mother of Ruth Coleman of Montreal, Quebec.

Loving grandmother of three grandchildren and five great grandchildren.

Dear sister of Esther and Dorothea Ball, both of Cornwall.

Predeceased by four brothers, Bruce, Austin, Kenneth and Howard.

The funeral took place on Wednesday, June 24th, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch, followed by cremation at Ernest Montpetit & Fils.

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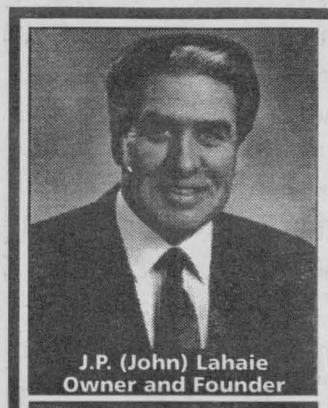
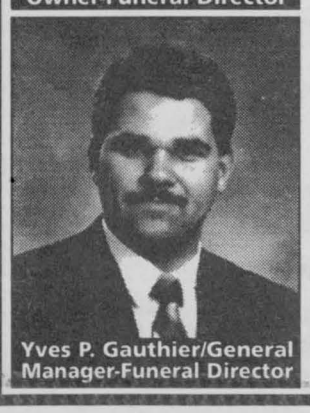


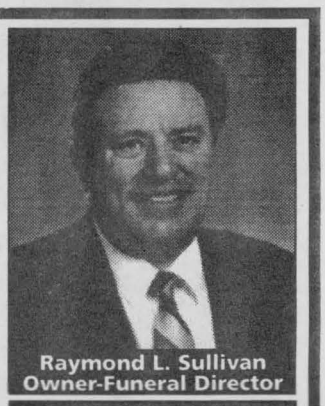
J.P. (John) Lahaie
Owner and Founder



Claudette R. Lahaie
Owner-Funeral Director



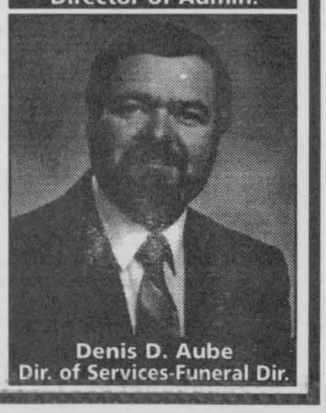
Yves P. Gauthier/General Manager-Funeral Director



Raymond L. Sullivan
Owner-Funeral Director



Claudette M. Lee
Director of Admin.



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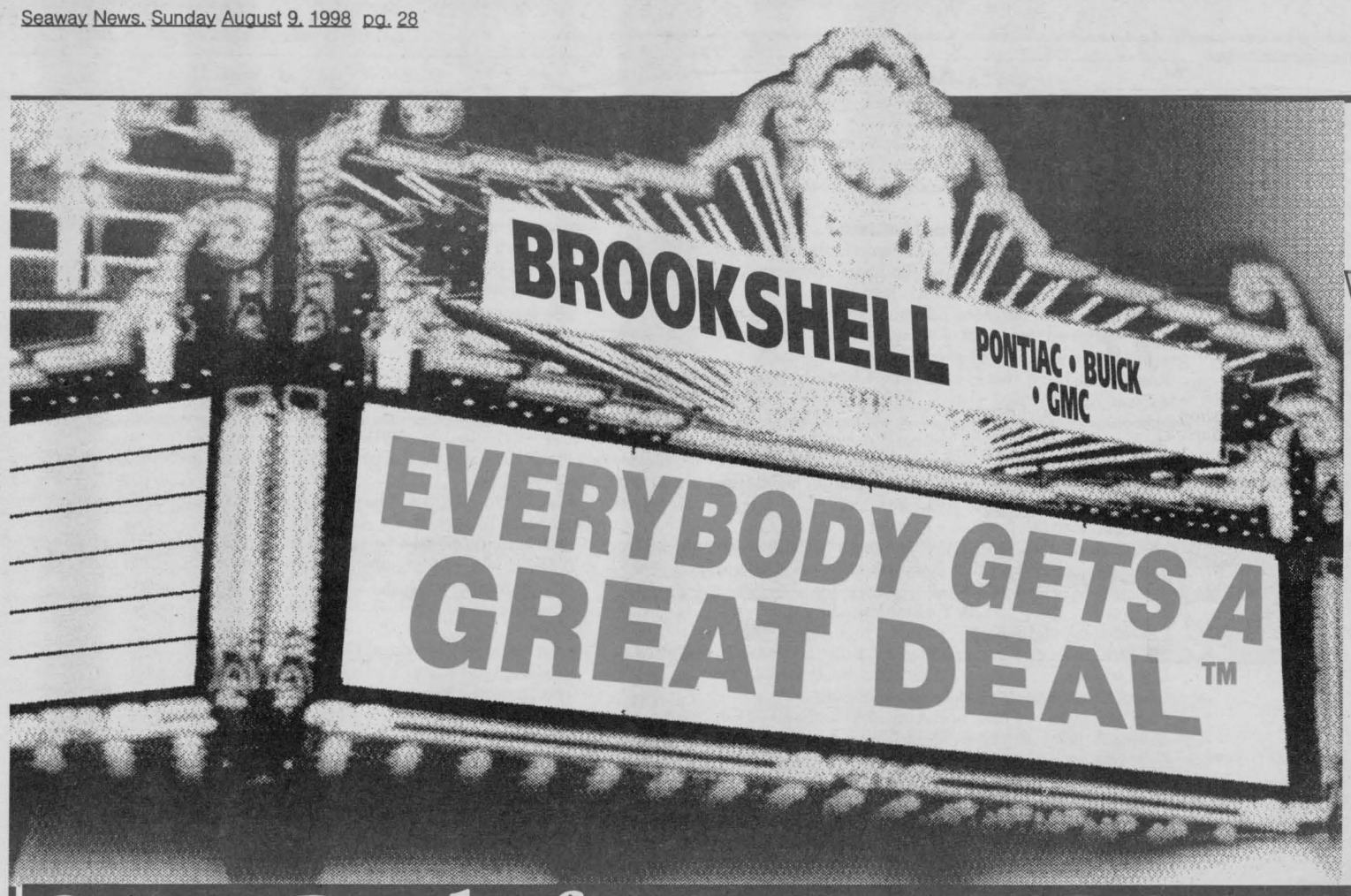

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