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inside today...

City Hall Bulletin.....10 & 11
Home Improvement...12 & 13
Auto Talk.....17
Business Profile.....19
Let's Celebrate.....21



Manson

Cornwall's Diabolical Past pg. 14

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SEAWAY NEWS

MARCH 30, 1997 VOLUME 11, ISSUE 13 SERVING CORNWALL AND AREA

National Wildlife Celebrates 50 Years

This year marks the 50th anniversary of National Wildlife Week - held from April 6 to 12 - in Canada. From Tuktoyaktuk to Toronto, from White Horse to Wabana, Canadians will once again go all out to help wildlife and celebrate its tremendous significance through various events and activities.

The 1997 theme for National Wildlife Week (NWW) is ecological sustainability and the Canadian Wildlife Federation chose "Wild Things Need A Place To Grow" as this year's slogan for all promotional materials. This reminds us that we must sustain healthy places for wildlife to live and grow if we want it to flourish for years to come.

Activities that use resources too heavily or too quickly, at the expense of future generations and healthy wildlife populations, are unsustainable. Activities that conserve resources and allow them to renew themselves, now and into the future, are sustainable.

A celebration of the need for sustainability could not come at a better time. Just think of the extent to which we have polluted our waterways, developed our lands, and cut down our forests. We seem to have forgotten that nature's resources fulfill the survival needs

cont. on pg. 2



Here comes Peter Cottontail, hopping down the bunny trail. Hippity, hoppity, Easter's here! Traditionally Easter falls on the first Sunday of the full moon, after the Equinox. For the young at heart, Easter means hunting for Easter eggs and eating chocolate. Pictured above with Peter Rabbit at Brookdale Mall is David Gellately.

(photo by Aubrey Johnson)

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From The Management & Staff
SEAWAY NEWS

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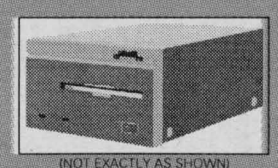

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cont. from front page

of all species: air from forests and oceans; water from lakes, springs, and rivers; food from plants and animals; and shelter from timber and minerals. That is, unless humans misuse these gifts. The 276 species on Canada's list of wildlife at risk goes to show that we have not been using the earth's resources sustainably.

As in past years, NWW co-ordinators from each province and territory help spread the conservation message (sustainability) throughout their communities. For example, in Ontario, what began with a few individuals discussing wildlife issues around a table has developed into one of the most successful NWW celebrations ever. Now museums, tourist areas, conservation centres, schools, youth groups and municipalities throughout Ontario are just a few constituents who are helping wildlife in innumerable ways.

ANNOUNCEMENT



Mr. Jacques-Yves Parisien and **Sandra Sauve**, owners of Highland Toyota are pleased to announce the reappointment of **Mr. Brian Strachan** as Highland Toyota's parts Manager. Brian has 12 years experience in Toyota parts.

Brian is well known in the Cornwall and Maxville area and invites all of his friends and former customers to visit him at Highland Toyota in Maxville.

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SEAWAY NEWS ENTERTAINMENT



Entertainment - Special Events & Restaurant Review - By Bill Gallant

Yes there is great cause to celebrate! It's ***S P R I N G***, it's ***EASTER*** and it looks like we finally may be getting some warmer temps and sunnier days. Traditionally the popular Springtime activity, aside from the religious events, is sharing time with the kids in their egg hunt or bunny watch, and for many adults its time to enjoy Dining Out. There are many fine establishments in Cornwall and area that will be offering some delectable dining specials this weekend. ***GUMBOLINI's*** is featuring both a ***SUNDAY BRUNCH AND AN EASTER SUNDAY DINNER.*** The Brunch will be available between 10am-2pm, with items like Eggs Benedict, Roast Beef, Baked Lasagna, Swedish Meatballs, assorted salads, French Toast and other choices. The Dinner, served between 4pm-10pm, has Turkey, Seafood Cannelloni, Catch of the Day and Crab Stuffed Halibut.

Here's the Easter Weekend Special at ***GEDORO's*** on Pitt Street. The Easter Sunday Buffets will be on between llam-2pm and offer eggs, bacon, sausages, homefries, assorted baked goods, carved roast beef au jus, pasta and fresh fruit. Then the dinner buffet starting at 4pm will feature Roast Beef au jus, BBQ Chicken, Cabbage Rolls, Pasta, Salad Bar, Bread bar & Dessert Bar.

Here's a way to combine some entertainment and an Easter Sunday Brunch. ***JAZZ MAGNOLIA's*** has their Buffet between 11am-2pm with assorted breads, salads, Southern Ham Casserole, Sweet & Sour Meatballs, Chicken Wings, Scrambled Eggs, Pancakes and much more. The entertainment will feature the ***ALANIS MORISSETTE*** Tribute Concert. Please call to reserve.

The ***NEW GARDEN*** Restaurant & Dining Lounge is inviting you to Hop On In and enjoy an all-you-can-eat special Chinese Buffet on Easter Sunday. They will be serving all day and take this opportunity to also say, Happy Easter to all.

The ***PORTO BELLO*** is celebrating Easter with a ***SUNDAY BRUNCH AND EVENING BUFFET.*** The Brunch will be available between llam-l:30pm and includes Salad Bar, Hot Entrees and Dessert. The Buffet in the evening offers Salad Bar, Roast Hip of Beef, Chicken Breast, Veg.Lasagna, Red Snapper Filet and assorted desserts. We would suggest that you call in advance to reserve.

The Special Spread for the Easter Sunday Brunch at the ***EAST END RESTAURANT*** at Eastcourt Mall is a cornecopia of delights and will be available from 10am-2pm. Enjoy the many March Specials like Filet Mignon, Rib Steak, Chicken Brochette and many others during the month. Don' forget that every Saturday between 5pm-8pm you can enjoy their Italian-Greek & Canadian Buffet.

The newest entertainment package in town these days comes as a trio and they're called ***THE VELVET HEART SHOW.*** A well known and popular drummer in Cornwall and area for many years, ***PERCY SMITH,*** leads the Trio with his keyboards, percussion and vocals. Many will recall the days of local groups like The Rhythmaires, Tiffany Trio and The Mark IV, with Percy thumping out the big beat. Front and centre, and handling many of the vocals is Percy's wife Bonnie Smith. Bonnie, singing with Percy since 1991, is just as comfortable with numbers from the big band era, a country song, or belting out a rock number. The third member of this group is Ronald Emond. Ron has been playing drums since the 60's, including stints with The Crusaders in the 70's,and other country and rock groups. Ron also offers up his vocal chords with numbers from the VHS songbook. A Night N' Day salute to ***THE VELVET HEART SHOW.*** For bookings you can call Percy at 936-8047.



Two very surprising developments in the last few days. One was the sudden departure from the CJHL playoff picture of the ***CORNWALL COLTS*** in losing four straight to the Brockville Braves. The Colts just couldn't get out of low gear in the series and as a result they lose out on their chance to three-peat as the Junior Hockey Champs. The other, and perhaps the sadder story, was the announcement that the team has lost its hard-working Public Relations person with Ken McLaughlin and the Colts parting company. Team owner, Don Derry, commented that they don't expect to keep the PR position as part of the club. Too bad. Mr.Derry could be making a big mistake with that move. As a businessman he should know the real value of a good PR person in the community to represent the Colts, and in the first class fashion that McLaughlin handled the position. Anyway, wherever Ken ends up working his charm and loyalty, I'm certain he will do well. Good show Ken and lots of good luck.

In closing I can't resist a parting comment about the recent news story about the ***LE VILLAGE BIA*** and how they are worried about losing one of their parking lots. From someone who initiated the first Cornwall Attendant-Operated Parking Lots in the City's Downtown a few years ago, I would suggest to the ***EAST END BIA*** that they should seriously look into a similar parking program in their area. Visitors, shoppers, businesses and the City could all benefit and motorists' would applaud a reduction of those nasty parking meter fines. A good attendant-operated scheme would provide employment for a few persons and with the businesses handing out the "Free" parking stamps or tokens, it would be a terrific PR move on their part. Remember,by preventing a potential customer from getting a ticket,you can't buy ***GOODWILL*** any cheaper than a .25cent stamp.

Happy Easter Everyone and G"Day and G'Night.

Congratulations!

The Management of Marcel Belanger's Cornwall Motor Sales are proud to acknowledge the recognition recently received from General Motors.
General Motors Sales Marketing Guild has awarded the 1996 Bronze Level for superiority in Sales & Leasing Customer Satisfaction and Product Knowledge.



Pictured above left to right: Marcel Belanger, President, Sophia Willson, General Motors District Manager, Mike Stiles, Recipient, Mike Lalonde, Recipient, Carole Quenneville, Recipient, Marc Belanger, Sales Manager.

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Prime Real Estate To Be Sold

The city will sell off some of its prime real estate that is no longer being used. Some of the locations up for sale are the former Cornwallis Hotel site on the south side of Second Street; the former Cornwall Public Library building on Amelia and Second Street; the Social Services building on St. Felix Street; land adjacent to Glen Stor Dun Lodge on Montreal Road; as well as possible other locations.

Anniversary Mass

There will be a 100th Anniversary Mass celebrated on Wednesday, April 2, 1997 at St. Columban's Church. The mass is to celebrate the 100th year history of the Religious Hospitallers of St. Joseph and the founding of the Hotel Dieu Hospital. Everyone is invited to attend this special mass.

Fastball League Meetings

The John Denneny Fastball League will be holding an organizational meeting for the upcoming season on Tuesday, April 1st, 1997 at 7:00 pm at Winners Sports Bar. The meeting is open to all interested parties. The league is looking for new players, teams and coaches. For more information call Greg Perrin at 932-7904 or Mike O'Neill at 346-0079.

Signs of Spring

Chip trucks, robins, lots of mud and the annual trek of the Canadian Coast Guard icebreaker up the St. Lawrence River are all sure signs that spring has arrived. The Coast Guard icebreaker began breaking ice early last week on the shipping channel of the St. Lawrence from Beauharnois, Quebec to Cornwall. The St. Lawrence Seaway will open to traffic at 8:00 am on April 2nd after being closed to traffic since December 27th. Everyone is warned to stay off the ice on the river since the icebreaker makes the conditions treacherous and dangerous for snowmobiling and ice fishing.

Local Canada Day Keeps Growing

The Canada Day festivities in Cornwall will be even bigger this year than they were last year. Norm Lalonde, "Mr. Canada" has announced that there will be more fireworks and entertainment than ever before and that the committee has already raised $18,000 compared to $11,000 last year. This will be the 25th edition of the local Canada Day, which began in a school parking lot with only a few hundred people. Last year approximately 30,000 people attended the celebration in Lamoureux Park.

Cancer Society Needs Volunteers

The S.D.&G. Cancer Society is in need of volunteers for the upcoming fundraising drive in April. Between 300 and 400 new volunteer canvassers are needed this year to replace people who have retired and to cover new areas. There are normally 2,000 to 2,500 canvassers in the five counties during the month of April. The objective for this year is $300,000 and the unit raised $271,000 last year. The objective for the city of Cornwall this year is $50,000. If you are interested you can call the Cancer office at 932-1283.

COMMUNITY DIGEST

***11th Annual CNIB LIP SYNC** contest April 12th at Nativity Hall. Tickets are $5.00 and available at 222 Pitt St. or at the door. For info contact CNIB at 936-2300.

***AL-ANON/ALATEEN** If someone you love or are dependent on has a drinking problem, you can see what it's doing to them; if you're also concerned about what it's doing to you, call 937-4880.

***ALZHEIMER SOCIETY'S BREAKAWAY DAY PROGRAM** in Alexandria and Winchester is seeking participants and volunteers.

***AN 8 WEEK PROGRAM** for Stroke Survivors and their caregivers/partners will begin in mid-April. For more info or to register please contact the Heart & Stroke Foundation office at 938-8933.

***ANXIETY DISORDERS** The Free From Fear Foundation is a non-profit organization dedicated to helping individuals suffering from anxiety disorders. If you suffer from panic attacks, phobias, agoraphobia, depression, anxiety or fears you are not alone. Help is available (905) 831-3877

***CNIB** is in need of volunteers to drive visually impaired individuals to local medical appointments. It only involves one or two trips a month. Please call 936-2300

***COMMUNITY CANCER SUPPORT NETWORK** meets monthly on the third Thursday of the month at 7:30 pm at 205 Second St. East (K of C Bldg).

***CORNWALL CHAPTER OF THE LIVER FOUNDATION** will be holding a fundraiser supper on April 13th beginning at 4:30p.m. Advance tickets may be purchased. For more info contact the Liver Foundation office at 937-1781.

***DISCOVER BIBLE SCHOOL.** Request your free Discover Bible course by writing: Voice of Prophecy, Box 1926, Cornwall, On K6H 6N7.

***EMOTIONS ANONYMOUS** a self-help support group meet on WEDNESDAY'S only from 7:30-8:30 p.m. at St. John Bosco School, 113-8th St. West.

***EX-FATHERS,** a support & action group promoting fairness for fathers after separation and divorce, meets Tuesday April 1st at 7:30 pm, Room 11, St. Lawrence High School (main entrance), 1450-2nd St. E. All fathers welcome. Info: 931-2104.

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The Religious Hospitallers of St. Joseph Health Centre

Five Sisters from the Congregation of the Religious Hospitallers of St. Joseph, Kingston arrived in Cornwall on February 9, 1897 at the request of Bishop Alexander Macdonell to found a hospital. An Episcopal Corporation, with the guidance of Monsignor George Corbet, Pastor of St. Columban's Church, purchased Ivy Hall from the widow of John Sandfield Macdonald (Ontario's first Premier) to become Cornwall's first hospital. On June 17, 1897 the Hotel Dieu Hospital was formally opened and blessed, three days after the first patient was admitted. The months of preparation had paved the way for the arrival of formal health care in Cornwall. The community joined the clergy of the Alexandria Diocese and the Sisters in celebration.

The International Bridge disaster of September 6, 1898, made clear the need for more hospital beds. Encouraged by generous benefactors and numerous gifts, a new 75 bed Hotel Dieu Hospital was opened on Water Street, July 24, 1901.

In addition to the ministry of healing, the Sisters opened a Home for the Aged in a renovated brick stable and named it St. Paul's Home one year after their arrival. In January 1909, two small frame houses on Mulberry Lane became Nazareth Orphanage, providing shelter to 26 destitute children. St. Joseph's School of Nursing was operated by the Sisters on York Street from 1929 until it closed in 1969. The present St. Joseph's Villa was opened in October 1969 to replace St. Paul's Home.

The Hotel Dieu Hospital on Water Street grew to a capacity of 150 beds by 1938. But as community needs increased, the Sisters began to plan for a new hospital. With the support of the community, September 1955 saw the completion and official opening of a modern Hotel Dieu Hospital on McConnell Avenue with a 250 bed capacity. The original hospital was renovated for the chronically ill and renamed Macdonell Memorial Hospital.

In June 1987, the Religious Hospitallers of St. Joseph amalgamated their three facilities - Hotel Dieu Hospital, St. Joseph's Villa and Macdonell Memorial Hospital - to become "The Religious Hospitallers of St. Joseph Health Centre of Cornwall" with one Board of Directors, one Administration and progression to amalgamation of departments across the three institutions.

In September 1989, with community support of the Cornwall Joint Hospitals' Fund, the Hotel Dieu Hospital expanded to include a chronic care unit, named the Janet Macdonell Pavilion in memory of a founding Sister. Patients were transferred from the Macdonell Memorial Hospital, and the building was later converted to a residence for seniors, the Marie de la Ferre Apartments.

The addition of a hospital heliport in January 1991 has provided for an Air Emergency service to critically ill patients in our community and the arrival of computerized tomography (CT Scanner) in March 1994 has contributed a fundamental diagnostic tool to complement acute care service at the Hotel Dieu Hospital.

The Health Centre is a member of the RHSJ Health System which includes hospitals and long term care facilities in Ontario, New Brunswick and Nova Scotia, Canada; Illinois and Wisconsin, USA; and the Dominican Republic.

The Hotel Dieu Hospital has grown through the contribution of the clergy of all faiths, religious, physicians, nurses, staff, auxiliary members, volunteers, benefactors, friends and collaborators who have encouraged and supported the Sisters in Cornwall.

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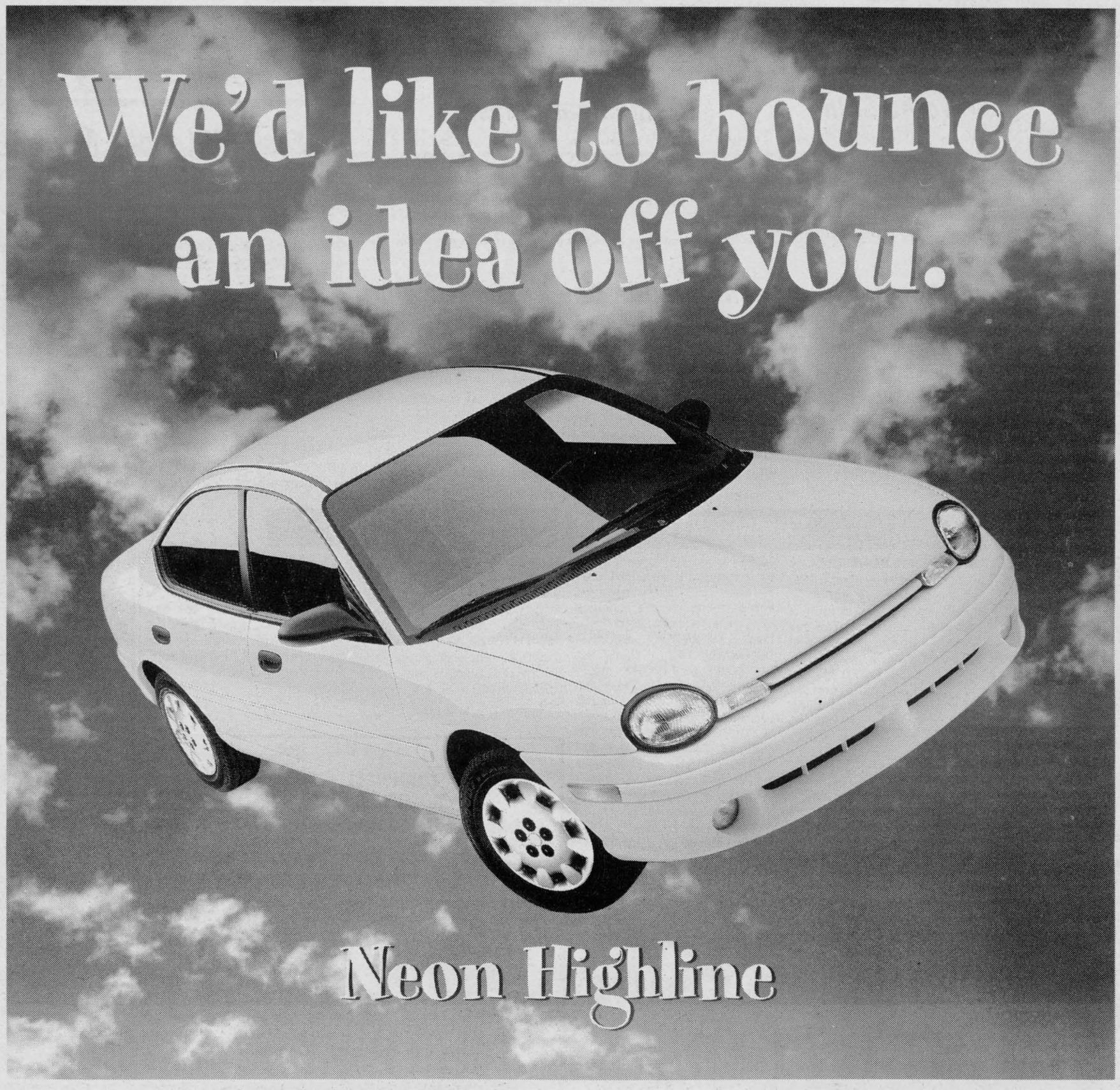
We'd like to bounce an idea off you.



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AROUND the Counties

"Breathe Easy" Program

The Lung Association, Eastern Counties, in conjunction with the Cornwall General Hospital is pleased to offer the "Breathe Easy" program to residents of Cornwall and surrounding area. The six week program will provide adults suffering from lung disease, the knowledge and skills necessary to improve their quality of life. Meetings will be held at the General Hospital on Wednesdays only, beginning April 2 from 1:00 to 3:00 pm,.concluding May 7. Through presentations by medical professionals, come learn about lung disease and the things you can do to make daily living a little easier. The Lung Association has received the highest praise from past particiapatns in this program and encourage anyone who is bothered with a breathing problem to inquire about the program. Family members and friends are welcome to attend. For more information and to pre-register call The Lung Association at 932-4999 or 1-800-450-5202.

OPP To Hold Free Course

The OPP Community Policing Committee will be offering a free course in Policing Methods. The course will be held every Tuesday night in April (five weeks) at the Rothwell Osnabruck School from 7 - 9 pm and you must attend all five sessions. A certificate will be issued upon completion of the course. To register, please contact the Long Sault office of the OPP at 534-2223 during office hours.

Playhouse Getting Ready

The Upper Canada Playhouse is getting ready for another summer season. Actors, directors and designer are all contrcted for the season and the Playhouse is appealing to the townspeopel to help them out by housing some of these theatre workers. Some housing is needed for the full season and others for only part of the season. If interested please call Roseann Kelly at 543-3713 at the Playhouse.

Enumeration in The Works

Elections Canada and the City of Cornwall have concluded an agreement whereby the central office for the riding of Stormont-Dundas for the purposes of the upcoming enumeration will be located at the former site of the Cornwall Public Library on the corner of Second and Amelia Streets in Cornwall. Gerald G. Samson, Returning Officer for the riding, has been actively involved in all of the preliminary work leading to the opening of the Elections Canada office on April 1st in preparation for the door-to-door enumeration to be held across the nation from April 10 to April 16th. If you are interested in participating contact either the Liberal or Conservative Party offices in your riding.

Trying To Rebuild Lost Church

Our Lady of Grace Catholic Church in Ingleside is slowly recovering from a devastating fire on January 19th. Church members have been working hard hoping to reconstruct the building, however the structural engineer has stated that only 25% of the building is salvagable. Aside from waiting for the insurance reports, there have been a few fundraisers as well as generous donations from private citizens. If all goes well, the parishioners are hoping to be in their new church by January 1998. The cause of the fire is still unknown and will probably never be found.

Hunter Orange Now Mandatory

Wearing "hunter orange" is now required during deer, moose and bear hunting seasons, according to Natural Resources Minister Chris Hodgson. The orange clothing must cover a minimyum of 400 square inches above the waist and must be visible from all sides. A hunting coat or vest generally meets these requirements. Orange headcover is also required.

Appreciation Award Given To Seaway News



Peter Desrosiers (right), Honours and Awards Chairman for Royal Canadian Legion Branch 297, presents an Appreciation Award to Seaway News. Publisher Dick Aubry (left) accepted the award on behalf of Seaway News.

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PITY NO ONE LOOKS AT SHOES

Your face is what people notice most about you. At first meetings it may be about the only thing. So why is it that some people have 10 pairs of shoes, half-a-dozen jackets, a drawer of designer underwear, three different watches, yet only one pair of eyeglasses?

Quite often, not even a good pair of eyeglasses. Something old and out of fashion. Maybe something bought 10 years ago.

Let's face it, people just don't think a lot about their eyeglasses. Buy them and forget them, that's the common practice. Certainly, for a lot of people, eyeglasses are never seen as a fashion accessory. They are still considered only as a medical need, and people only change them when they break or when they change their prescription.

It isn't like this everywhere. In Europe it is common for people to have more than one pair of eyeglasses, often several. The glasses are matched to the day's activity, to the clothes that will be worn, to the company that will be kept. Every major designer in Europe - Calvin Klein, Christian Dior, Giorgio Armani, Forberge, Gucci, Jean Patou designs and manufacturers eyewear. The market for their product is vast and growing.

Indeed, it is not hard to imagine someone going through half-a-dozen hairstyles, a few complete wardrobe changes, maybe even a diet or two, before they ever think of changing their eyeglasses. The most basic thing that could be done to change their appearance, yet it is the last thing to be considered.

Until recently, Canadian consumers would have paid a lot of money to keep up with their European cousins. Indeed, cost is likely the reason most people have only one pair of eyeglasses. It is not because Europeans are more "stylish", it is simply because, in Canada, purchasing several eyeglasses would have cost a small fortune.

It is not that way today. Fierce competition in the industry, more liberalized trade policies and better manufacturing practices have all combined to drastically reduce the cost of eyewear.

For about $150, you can now purchase an excellent, European-brand pair of eyeglasses at Laurier Optical. For about $300, you can purchase a fashion "kit" from Laurier Optical that consists of two pairs of eyeglasses and one pair of contact lenses. On approved credit, you can purchase the fashion kit on a six month payment plan.

That's about $50 a month to make one of the most basic changes possible to your appearance.

After all, most people make a decision about what sort of person you are within three seconds of meeting you. How much time do you think they spend looking at your shoes?

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On the Money
with Gordon Pape

PAPE'S TIP: *"We get daily reports on various indexes. It's important to understand what they mean."*

U.S. stock indexes



News comes over the wire that the Dow is sharply down and the world trembles. But what does it really mean? Here's a look at some of the most commonly cited indexes.

Dow Jones Industrial Average
Dow Jones publishes several stock indexes, but the Dow Industrial is the one that gets all the attention. For all its reputation, it's a very small index, measuring the trading activity of just 30 stocks. But they're a very important 30 – the bluest of the blue chips, such as General Motors. The Dow is seen as a barometer of the health of big corporate America. In 1996, the barometer registered "fair weather" most of the time, as the Dow rose 26%.

Standard & Poor's 500
The S&P 500 includes stocks from industrials (the bulk of the weighting), utilities, transportation companies and financial organizations. Didn't perform as well as the Dow in 1996. Covers a much broader spectrum of companies compared to the Dow. Up 20.3% (excluding dividends) in 1996.

NASDAQ: This index tracks the performance of the U.S. over-the-counter trading system, and is seen as a measure of the health of high-tech and entrepre-neurial companies. Up 22.7% in 1996.

Russell 2000: One of the most closely watched of the U.S. small cap indexes, it reflects the health of junior growth companies – an important engine for economic expansion and job creation. Up 16.5% in 1996.

Where to find them: Most Canadian newspapers report the Dow and S&P 500 daily, and the NASDAQ weekly. For the Russell 2000 you may have to find a U.S. business paper such as Wall Street Journal or Barron's.

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Gordon Pape is a financial author and broadcaster. On the Money provides general information on money management. For specific advice, consult an appropriate financial professional.

Are You Winning?
The *Interac*® Financial Quiz

"Resolve not to be poor; whatever you have, spend less."

S. Johnson, English poet
1709 - 1784

This piece of wisdom becomes increasingly difficult to adhere to as we head toward the twenty-first century. Although Johnson's advice is the key to firm financial control, consumers face the temptation of growing numbers of payment options. Take this *Interac* Quiz and find out if you are winning.

SAVING

1. When do you save money?
a) As soon as you receive your pay cheque, abiding by the "pay yourself first" rule
b) At the end of the month. You wait and see how much money is left over
c) Sporadically, saving money some months and skipping others
d) Although you keep saying you'll save, you never actually do.

2. How do you assess and plan your financial future?
a) You consult your financial planner regularly on the best ways to meet your present and future financial goals.
b) You follow a written plan that roughly budgets your spending and savings
c) Each month you try to put away some money for your future. Although you don't have firm goals, you feel more secure when you have financial padding.
d) Although you make mental notes to save money, they never hit the pen and paper stage.

3. Do you have solid financial goals, such as: saving for a vehicle, a home, an education, or retirement?
a) Yes, I do, and I work toward my financial goals daily
b) I have goals, but I get off track often
c) No goals, only dreams
d) Never thought about it.

4. Which word best describes how you feel about your financial fitness when you retire?
a) Very confident
b) Fairly confident
c) Uncomfortable
d) Fearful

5. How often do you contribute to retirement savings?
a) Regularly
b) Sporadically, but fairly often
c) Sporadically, but seldom.
d) Never

6. Do you have an emergency fund set aside for uninsurable crises, such as your parents moving in with you or your children moving back home?
a) Yes
b) No

7. Do you have insurance to prepare for other crises, such as long term disability?
a) Yes
b) No

SPENDING

8. Do you control your spending with a personal budget?
a) Yes
b) No

9. How well do you stick to your budget?
a) Stringently
b) I follow it closely and when I find it too difficult to follow, I revise my plan
c) I try, but other expenses keep coming up.
d) Doesn't apply. I don't have a budget.

10. Do you balance your cheque book?
a) Yes
b) No

11. Do you habitually check your bill statements for errors?
a) Yes
b) No

12. Do you update your bank book regularly and check for errors?
a) Yes
b) No

13. How do you shop?
a) I list items after passing them through the "is it necessary?" test. Then, I stick to it.
b) With a list and I stick to it.
c) With lists, but I always make a few impulse purchases.
d) I don't make lists. I just shop impulsively.

14. Are you confident that your banking package suits your withdrawal needs, i.e. the number of cheques, debit card transactions and ABM withdrawals you require?
a) Yes, I have consulted by financial institution and I am confident that my plan suits my individual needs best.
b) I haven't consulted my financial institution, but I think my plan suits my needs well.
c) I don't know if my plan is the best fit for me.
d) I am not satisfied with my plan, but I have not consulted by financial institutional bout other options and I didn't know there were different plans.

15. What percentage of your income do you spend during an average month?
a) Less than 80 percent
b) Between 80 and 90 percent
c) 100 percent
d) More than 100 percent

Tally up the number of "a" answers you chose then look below to see your results:

- 10 to 15 "a" answers: You're winning. Congratulations
- 5-10 "a" answers: Although you take many of the right steps for financial fitness, there is room for improvement.
- 0-5 "a" answers: You could gain firmer financial control. It's not easy to do, but excellent help is available in the form of books, software and professional advice.

This quiz is brought to you by Interac Association. Watch for the Interac symbol when you shop.

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***HOPE IN LOVE/REFLET-LUMIERE,** a non-profit organization in support of couples who wish to nurture their relationship, have weekly meetings Wednesday evenings, 8:00 pm, Holy Cross School, 124 Anthony St. Info, 932-6014 or 937-0829.

***JOIE DE VIVRE,** a non-profit Catholic movement aimed at helping single, separated, divorced and widows/widowers to live life at its fullest. French meetings held each Friday at 8:00 pm at 305 Baldwin Ave.

***JOIE DE VIVRE/JOY OF LIVING,** a support group for separated, divorced, widows & widowers living without a partner, hold meetings each Friday at 7:30 p.m. Info: 936-1502 or 932-2522.

***NICOTINE ANONYMOUS** Self-help Support Group for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

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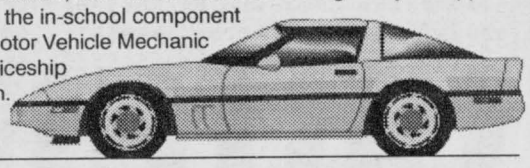

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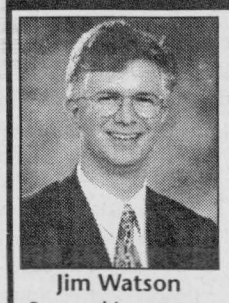

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SEAWAY NEWS
LETTERS TO THE EDITOR

United Way Thanks Cornwall

Dear Editor:

The 1996 fundraising campaign with a $450,000 objective was a really big challenge, given our local economic situation. To surpass the objective by more than $10,000 says a lot about the team and about the people of Cornwall and area who gave so generously.

The team, a dozen volunteers, gave very generously of their time. They planned their strategies, recruited an army of volunteer canvassers, followed up on calls and visits, and attended a dozen or more working luncheon meetings. Their perseverance, their friendly persuasive skills and their hard work account for, not only the bottom line dollar results, but also for a net increase of 12% in the number of businesses and individual donors who contributed to the 1996 campaign. I thank each and every one of you for your commitment to this annual community project.

The media has done an excellent job. The radio stations, Cable 11, CJOH television and the local newspapers have generously covered the campaign, the special events and have produced feature stories on the member agencies and on the members of the team. I thank you for the positive impact on the campaign, and a special thank you to the reporters who took the time to come to the activities, to take photos, and to write excellent articles.

Cornwall and area residents have demonstrated once more that they care about one another. They have opened their hearts to this worthy cause and have reached into their pockets to make the contribution they could afford. In a community fundraising project of this magnitude, it is essential that we count on support from every walk of life, on the commitment of organized labour, on small and large businesses, on the public and private service sectors, on our retirees, and on the community service groups. To each one of you, thank you for your contribution.

Finally, a special thank you to Max Keeping, from CJOH, for being our guest speaker again at the "Kick Off Breakfast" and for giving us coverage on television, to our local politicians for their support, to Mayor Ron Martelle for his active participation in the special functions, to the United Way board members for their confidence and support, and to the dedicated United Way staff for providing this rookie fund-raiser and the team with all the professional help one could ever want. Thank you.

Eugene Cardinal
1996 Campaign Chair

City Should Use Prime Land and Buildings

Dear Editor:

I am referring to the article in the Standard-Freeholder (March 25/97) where our elected people want to sell great prime land and buildings, rather than put them to good use.

Mr. Paul Fitzpatrick, our Economic Director, is right on when he says to wait and see what happens with the provincial buildings. I would use two of the sites in question.

The Cornwallis site could be used for a multi-tiered parking lot and eliminate parking on 2nd Street between York and Amelia, which is very congested any time of the day with traffic and buses.

All it would cost would be cement and steel. The revenue from that would be tremendous. Full day parking $6.00, passes for 5 weekdays $25.00, hourly parking at 25¢ per 20 minutes to maximum of $6.00 per day. Access from 2nd Street and 1st Street with gates to leave parking lot on 1st Street only, which would require 1 attendant per shift and maybe a part-timer during rush hours 4 pm to 7 pm.

This would also benefit the business owners in the area. Patrons could shop with peace of mind, rather than worry about the parking meter running out and the fear of a costly parking ticket.

The other place I would like to keep under city ownership is the former library site at 2nd and Amelia Street.

Rather than sell it for peanuts, as it seems every time the government or school board decide to get rid of their real estate, it should be used for the Social Services Department, rather than rent space from private entrepreneurs with guaranteed years of leasing to pay off their buildings.

The former library site has ample space and the transition to privatize the rooms would be very cheap with removable wall units like you see in offices or banks, etc. There would be plenty of parking in the back and the building would be paid for (although it already belongs to the taxpayers) in 5 years or less just from savings in the rental cost from the building you want to lease, which has no parking and only 1 bus that goes by. Remember that the majority of people who need to go to social services don't drive around in Cadillacs, they have to get there by bus. You might only get $200,000 for that building that is on prime land if it was on the selling market.

Come on you elected officials. You've been elected to make sound decisions, not hasty and stupid decisions like "Aces Hockey" and in the third year when you could have gotten out of it, you extended it at extra costs to the taxpayers for a total cost of $3.5 million. If you can't figure things out, don't run for office at the next election. Also you have enough, well educated staff like Mr. Fitzpatrick and associates. Please heed their advice instead of your own because they've been there longer than any one of you.

Talk to people and experts in the real estate field in Cornwall. They know the business better than you. They might render their services at no cost, rather than you having studies done at great expense from people in Toronto or Ottawa. Cornwall will never get that big.

Yvon Brunette
A Taxpayer
Cornwall

Education Reality

Dear Editor:

This letter is in response to all of the articles that Mr. Sagel continues to write in which he "bashes" teachers/education.

I am tired of his constant degrading of the teaching profession, as if he is any kind of expert. Hopefully, the following is an attempt to educate him.

1. First of all, education is not a business. Students are not "widgets" that can be made if all the right parts are put together. Humans are complex, social beings who are influenced by their parents, families, society, peers, genetics, culture and beliefs. They are all contributing factors and they must all be accountable. Stop blaming teachers for everything.

2. Should a child fail grade 3 because they just can't grasp a math concept? Should a child fail grade 6 because they missed several weeks due to an illness and fell behind in science? Should a child fail grade 8 because their parents were getting divorced and this has had great effect on him completing homework assignments? Should a child fail grade 11 because she had run away from home due to abuse and had missed one month of school? How many times should they fail? How many times do we make little Johnny repeat grade 4 until he can finally master fractions, but is doing well in all other areas? The concept of failing may help some students, but for others, it served absolutely no benefit.

3. Did you know that at the elementary level, it is up to the parents whether their child fails or not? If the parent feels sorry for their child, they pass them on. So, don't fault the teachers.

4. Mr. Sagel, have you heard of learning disabilities? Not all people have equal abilities. Your buddy, Mr. Harris, seems to feel that cutting resources to the classroom, increasing class sizes and decreasing such specialized services as special education will have no effect. So weak students fall a little behind one year and continue to do so year, after year, after year.

5. As long as our education system is based on a 50% passing mark, that means that a student needs to only know half of the material to be passed on. How many times have you heard the saying "Well, at least I passed"? What accomplishment is that? Maybe passing marks should be 60 or even 70%.

6. Teachers are very dedicated. They make themselves available at lunch and outside school hours. Most students, especially those who really need it, never come for help. Students must take responsibility for their learning.

So, what is your obsession with bashing teachers?

Unfortunately, some students do not succeed as well as others. There is nothing that breaks a teacher's heart more than to see a student who doesn't care or works below their ability, but learning requires self-motivation and self-discipline. Teachers don't create knowledge, they facilitate the learning process. Students are not simply empty vessels that come into the classroom to be "filled" with knowledge. Students who work hard to fulfill the requirements of any course usually succeed. Those who try to beat the system, end up cheating themselves.

B. Ciccarelli
Cornwall

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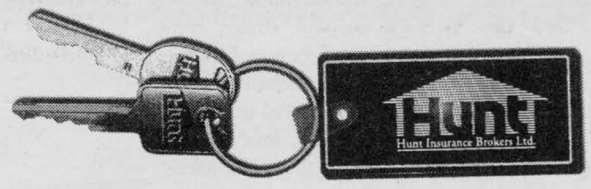

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SEAWAY NEWS
LETTERS TO THE EDITOR

Autism Support Group Needed in Cornwall

Dear Editor:

Autism is a severe communication disorder along the spectrum of other pervasive developmental disorders. Autism is more common than down syndrome, childhood cancer, multiple sclerosis or cystic fibrosis.

Older studies reported that autism occurred in three or four in 10,000. A recent National Institute of Health report increased that figure to 20 in 10,000.

Autism strikes mainly boys. It is characterized by many warning signs such as language delays or non-existent language, decreased socialization with others, unresponsiveness to social cues, sensory impairments (strong over or under reactions to normal stimuli), inability to imitate others, inability to play appropriately with others and bizarre ritualistic behaviours.

As the parent of a seven year old boy with autism, I have experienced many ups and downs, many triumphs and many struggles. Fortunately enough, I have also experienced two years of professional training, educational programs and state-of-the-art treatment modalities in various states across the U.S. The latter has made an enormous difference in my son's life and subsequently in mine.

Throughout the years, I have discovered that local support groups are a vital survival tool for parents of children with autism and other pervasive developmental disorders. The purpose of a local unit is not only to provide parents with support, with ongoing information on the latest biomedical research, treatment implications and educational programs but its key role is to advocate on the children's behalf. Through collaborative efforts, parents can do much to help improve or create new recreational programs, summer programs and educational programs.

Because autism is a low-incidence disability, many in the community may be unfamiliar with it. As a local unit, we can see that everyone with whom our children come in contact - from restaurants and shoe store clerks, to neighbours, churches and local government officials - be made aware of what autism is.

Cornwall is deeply in need of a unit which will focus on the common good, simultaneously keeping the entire autism community in mind. Interaction between parents is vital. We must never forget that autism is not only my problem or your problem. It is everyone's problem. It is not an abstract problem. It is a real problem with a real human face. Get involved.

For further information please contact myself (Mrs. Illiouze) at 936-9360.

Mrs. Illiouze
Cornwall

Pointing The Finger of Disdain

Dear Editor:

May I try to answer Rita Carroll's question in her March 6th letter in the Standard Freeholder - "Where do we point the finger of disdain for this seeming collapse (i.e. in morals, truths, values and human decency)?"

The same day the Standard Freeholder published "Postwar Marriages as Good as Gold" (pg. 6). Why the change? I believe it began with the taking of President Jefferson's words "separation of church and state" out of context of his 1802 speech which said, "The First Amendment (of the Declaration of Independence) has erected a wall of separation between church and state to keep the government out of church affairs, but never to keep Christian principles out of the government." Documents prove that law was kept until, by 1962, the wrong people has used the misquote about separation to have the Bible, prayers and Ten Commandments banned from the US public schools. Evolutionism (from apes, single cell, chance, etc) replaced creationism (God's) in these schools, and so too many young people don't know who they are (identity and purpose), where they came from (God, not apes), and where they are going (for eternity). This lead to many suicides, drugs, crime, illiteracy, dysfunctional homes, etc. Secular humanism (I'll do it my way), situational ethics (if it feels good, do it), love (without responsibility), and now tolerance (if you think it's right, who am I to tell you differently), were subtly taught. Proper discipline vanished and today many from that school of thought, which of course spread to Canada, are ruling in homes, schools, churches, businesses and governments. There are no absolutes of right or wrong in the decision of many because of an education without Judas-Christian principles, which includes the Ten Commandments.

"Train up a child in the way he should go, and when he is old he shall not depart from it." Proverbs 22:6.

Imelda Wheeler
St. Andrew's West

On The Chamber of Commerce and Breast Feeding

PERSPECTIVE



By Bob Roth
SEAWAY NEWS

Boy, do I love straight talkers like Rick Eamon.

About a week or so ago, Eamon, the President of the Cornwall Chamber of Commerce refused to join the cackling conglomeration of critics angry over a March 14 Ottawa Citizen feature that painted a less than cheery picture of Cornwall's economic situation; it has the highest welfare statistic in the province at 11.03 percent.

Many people, including Mayor Ron Martelle, were upset with the article because it was too "negative".

Eamon, much to his credit, declined to join in the wailing.

Although the article painted a bleak picture, it was accurate, Eamon said.

"It paints a very disturbing picture of Cornwall," he told the press. "But I don't see that the article tells a story that's not true. There's no sense trying to candy-coat a situation that's disturbing."

Now isn't that a refreshing viewpoint from the President of the Chamber of Commerce? No sugar coating, no carnival barker-style phony boosterism. No excuses. Just the truth.

As Citizen reporter Kelly Egan, himself, was also quoted as saying, "Sometimes you have to do more than just cheerlead to solve the problem."

Right on.

As Eamon stressed, you must first accept reality if you wish to change it. Painting a glowing picture can be counter-productive if it hides the truth.

One of the articles critics was Mayor Ron Martelle, who told the press he was "livid" (a state-of-mind in which he seems to be permanently imprisoned).

Among other things, he took issue with the articles comments that Cornwall has a workforce that "comparatively, is not well educated".

"That's an insult," the mayor said.

No, Ron. It's just the truth.

Egan did, in fact, include some positive aspects of Cornwall, such as its excellent location and several recent investments made in the city, but says he couldn't help but end up with a negative economic image on balance.

Eamon courageously agreed.

As for Martelle's criticism, as Eamon pointed out, few things have created an image of Cornwall as Bozoville more than the antics going on at city hall.

Maybe Ron should get his own den in order if he's worried about the overall image of the house.

On another note, I see the issue of women's breasts has come to front again (no pun intended). A woman from Victoria has appealed to the B.C. human rights tribunal to obtain the right of women to breastfeed in their offices or at their desks.

Apparently, some people complained that the woman breastfed her child in such a manner.

I guess things have changed since the sixties. I didn't think this was an issue. I remember seeing more than a few women breastfeeding their babies in public places, including malls.

What is this thing our society has about the "evil" female breast?

The views expressed by columnists and/or letters to the editor are not necessarily the views of this newspaper or its publishers. To ensure publication, submissions should be no longer than 350 words and include a title.

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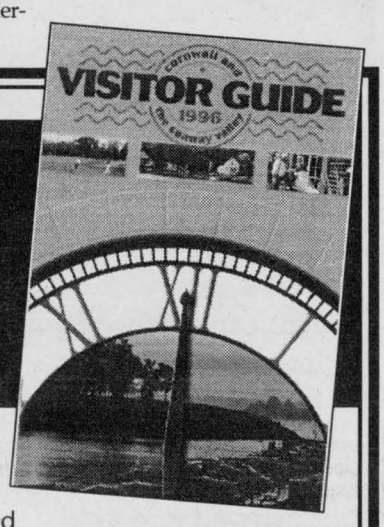

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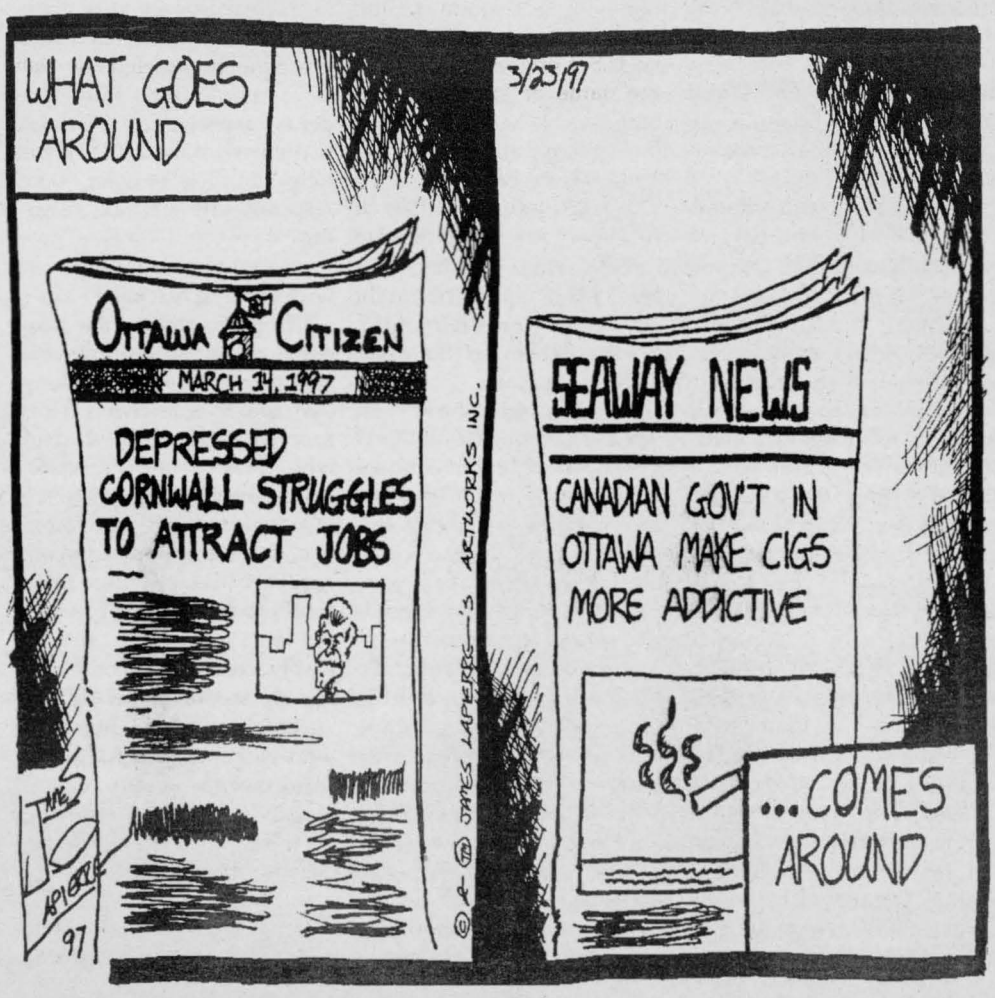


The Social Host and The Law

MEANWHILE...

Fred Sagel



You're at a party. You've had too much to drink. And along comes your host and pushes you to have another one.

"C'mon, let's have just one more for the road," he says.

Sound familiar? It's probably happened to most of us at some time or other - we get pushed into having a drink that we really don't want and certainly don't need.

But then there is another part to the story. The tragic one that makes each one of us think carefully about the vast amount of harm that can be inflicted by alcohol.

And this is it:

Once you've had that "extra" drink and you drive home in your car and hurt or kill someone, can you hold your social host responsible for serving you too much liquor?

It is now becoming apparent that the law is starting to impose liability upon a social host to say that he owes a duty of care to innocent third parties; members of the travelling public, who are harmed by the negligent acts of an overserved guest because of his intoxication while he was driving a motor vehicle.

It's a good trend because it helps to keep the law on the starboard side of safety. Let's face it. Those who mix alcohol and gasoline, whether they realize it or not, ride the pale horse of death.

And up until relatively recently, courts have been reluctant to impose liability on those who serve alcohol to others who then have to find their way home in a car.

The trend was broken when our courts started to hold tavern owners liable if they served too much liquor to those who came into their bars.

Witness the recent cases in this province where taverns and bars were found anywhere from 15 percent to 35 percent at fault in car accidents where they served too much booze.

But an area that has remained untouched - until now - is the responsibility of the social host. There has never been a case in this country where a social host has been found liable for serving his guests too much liquor.

The trend is bound to change. It will not be too long before the courts in this country will start imposing liability on regular homeowners who serve their guests too much to drink.

That is because the American trend of cases in their field has started to hold social hosts liable. A few short years ago, there were no U.S. decisions - unless minors were involved - that made a social host responsible for his guest's behaviour.

Within the past four years, that trend has turned topsy-turvy. State courts in California, Connecticut, Georgia, Iowa, Massachusetts and New Jersey have now held social hosts liable.

In a recent California case, where some folks in the course of a housewarming party for an apartment complex copiously overserved an adult guest whose subsequent drunken driving injured a guest occupant, the state's top court imposed liability on the social hosts.

The court said: "It is small comfort to the widow whose husband has been killed in an accident involving an intoxicated driver to learn that the driver received his drinks from a hospitable social host rather than by purchase at a bar."

Makes sense, doesn't it? It will be intriguing to see when - not if - a Canadian court makes the same distinction.



BASIC BLACK



By Arthur Black
SEAWAY NEWS

Our Defense Minister, Doug Young, is developing quite a reputation for running his mouth. Young dismissed Quebec separatists as a "bunch of snot noses". He sneered at a Progressive Conservative opponent as "a faded pansy".

Then Doug Young really got nasty. Deborah Grey, a Reform MP from Alberta, was flailing away at the Liberals in what passes for debate on Parliament Hill. She called the Liberals "porkers". The Defense Minister cast an appraising eye over the amply-proportioned Ms. Grey and intoned that she was "more than a slab of bacon" herself.

There is a word for politicians like Doug Young.

The word is "amateur".

There was a time when giants walked the earth. Giants with names like Churchill, Kennedy and Diefenbaker.

In a debate, any one of those gentlemen would have inhaled Doug Young like a cocktail canapé.

We don't see great political invective much anymore and it's a shame. It allows lightweights like Doug Young to strut and preen on centre stage.

He wouldn't have lasted ten seconds with the guy who called King Henry VIII "... a pig, an ass, a dunghill, the spawn of an adder, a basilisk, a lying buffoon, a mad fool with a frothy mouth ... a lubberly ass ... a frantic madman ..."

Now who said that - Rush Limbaugh? Don Cherry? Nope. It was Martin Luther - nearly 500 years ago.

American public figures have a gift for denunciation too. Check what a 19th century U.S. Congressman by the the name of John Randolph had to say about a fellow politician:

"He was a man of splendid abilities, but utterly corrupt. Like rotten mackerel by moonlight, he both shines and stinks."

And then there's the British. I have a theory as to why the Brits are so relatively civilized in public. Aside from aberrations like the Soccer Louts, the British tend to be well-behaved and non-demonstrative in social situations. I think that's because they're so busy disemboweling each other with words. The Brits are masters of verbal violence. Listen to Benjamin Disraeli describing Sir Robert Peel:

"The Right Honourable Gentleman's smile is like the silver fittings on a coffin."

On Lord John Russell:

"If a traveler were informed that such a man was the Leader of the House of Commons, he might begin to comprehend how the Egyptians worshipped an insect."

On an Irish agitator:

"A systematic liar and a beggarly cheat; a swindler and a poltroon ... He has committed every crime that does not require courage."

On the difference between a misfortune and a calamity:

"If Mister Gladstone fell into the Thames, that would be a misfortune. If anyone pulled him out, that would be a calamity."

Then of course there was Winston Churchill. God help the wretch who felt the lash of his tongue. Such as Clement Atlee - "a modest man, with much to be modest about."

Stafford Cripps - "There but for the grace of God, goes God."

Neville Chamberlain - "In the depths of that dusty soul there is nothing but abject surrender."

Canada's own John Diefenbaker got off more than a couple of haymakers in his time. It was Dief who described the Liberals as "the flying saucers of politics. No one can make head nor tail of them and they are never seen in the same place twice."

He's also the one who described the then Premier of Quebec, the somewhat self-important Jean Lesage, as "the only person I know who can strut sitting down."

Dief's gone now ... more's the pity.

I'd love to hear what he'd have to say about Parizeau and Bouchard.

National Energy Board

Notice Of Public Meeting To Be Held To Report On The Inquiry into Stress Corrosion Cracking

The National Energy Board (NEB) public inquiry into stress corrosion cracking (SCC) on Canada's pipeline system is now complete and the inquiry panel has made its report to the Board. The NEB is now in the process of implementing the 27 recommendations contained n the report and as part of this process wishes to meet with community members in Williamstown, Ontario.

The public hearing

The NEB ordered a public inquiry to examine the extent of SCC on pipelines in Canada. The inquiry panel examined the cause of SCC on buried pipelines, how SCC can be prevented, how it can be detected on buried pipelines, how it can be controlled, the costs and effectiveness of various control methods and other related safety issues.

Stress Corrosion Cracking

Stress corrosion cracking is the name for a complex process that causes cracks in the surface of buried pipelines. In severe cases, the pipeline can fail if the cracking goes undetected for several years.

Reasons for the public meeting

When Board representatives visited Williamstown in October 1995, wide-ranging discussions were held on the impacts of SCC-caused pipeline ruptures on the TransCanada PipeLines system. As a result of those discussions the inquiry panel recommended that, as part of its ongoing monitoring activities, the Board review pipeline companies' emergency response practices to ensure that adequate training is provided to the first responder organizations and that appropriate information is provided to the communities on the proper procedures to follow in the event of pipeline emergencies. The inquiry panel also recommended that the Board expand the scope of its accident investigation program to include community relations and emergency response related issues.

Both of these recommendations were accepted by the Board.

The NEB now wishes to meet with the community on the inquiry's report and its recommendations. If you have not yet received a copy of the report and wish to have one, please call our toll-free number: 1-800-899-1265. We will send you a copy.

The public meeting

A public meeting will be held on 7 April 1997 at 7 p.m. at the Charlottenburgh Recreational Centre, Williamstown, to report back to the community. The Board values this opportunity to help in its implementation of the recommendations. Should you wish to contact us in the meantime, please write to us at:

Mrs. Mary Lou Scharf
National Energy Board
311 Sixth Avenue S.W.
Calgary, Alberta
T2P 3H2
Fax: (403) 292-5503

Canada

The National Energy Board is an independant federal agency which (among other responsibilities) regulates the construction of interprovincial and international oil and gas pipelines.

CITY HALL

News for Residents & Businesses

Thank You

"The members of the Ontario Works Advisory Committee wish to thank all of the community organizations and individuals that attended the recent information sessions about Ontario Works. Your participation is greatly appreciated. Other information sessions will be available on request by contacting Carmen Cousineau at 932-0723."

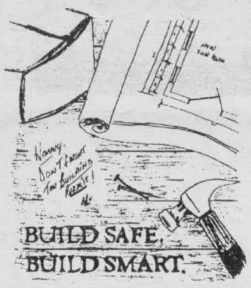
Glen Stor Dun Lodge

1900 Montreal Road, Cornwall, Ontario K6H 7L1
Today's seniors - their life, their way, with our help.

Community Seniors:

Would you enjoy a friendly telephone caller for a daily hello, just to see if you're okay? If so, please call the Glen Stor Dun Lodge T.A.P. Program at 933-3384, Ext. 234.

Building Permits



PLANNING RENOVATIONS, A DECK, GARAGE, CARPORT, SWIMMING POOL - OR EVEN AN ADDITION TO THE HOUSE???

Plan ahead - apply for your building permit today. Avoid the construction season rush. Come in early with your site plan and proposal. We will guide you through the process of obtaining a building permit.

WHAT PROJECTS REQUIRE A BUILDING PERMIT?

Under the Ontario Building Code Act, a building permit is required for the construction or alteration of any structure over $10M^2$ (108 sq.ft.) in area. That includes decks*, porches, sunroom, carports, finishing a basement or installing a pool.

*Decks in the rear yard, not attached to the house and less than $10M^2$ (108 sq.ft.) in area, do not require a permit. Decks larger than $10M^2$ (108 sq.ft.) and all decks attached to a house require a permit.

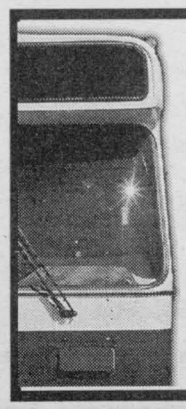
WHAT PROJECTS DO NOT REQUIRE A BUILDING PERMIT?

A building permit is not required for a detached accessory structure (sheds, small detached decks, etc.) which measure less than $10M^2$ (108 sq.ft.) in area.

ALTHOUGH A BUILDING PERMIT MAY NOT BE REQUIRED, YOU MUST STILL COMPLY WITH THE SETBACKS AND OTHER REQUIREMENTS OF THE ZONING BY-LAW.

Don't get caught doing construction without permits or approvals!! It could be costly and complicate future sale of the property. It's your responsibility.

We can help you. We have information sheets that can help answer your questions. For a copy of those sheets or for more information, call us at 930-2787, ext. 323 or come and visit us at the Building and Permit Office, 340 Pitt Street, 3rd Floor, Justice Building. Fax number 932-3236.



cornwall transit

Cornwall Transit's Easter Schedule

March 28 .....NO SERVICE
March 29 .....Dial-A-Bus Service
March 31 .....Regular Service Resumes

Public Notice

Garbage & Recycling Collections



No Collections on GOOD FRIDAY & EASTER MONDAY

The landfill site and recycling facility are closed both days.
Good Friday's Collections will be on Saturday
Easter Monday's collection will by on Tuesday
Tuesday's collection will be on Wednesday
Wednesday's collection will be on Thursday
Thursday's collection will be on Friday
Friday's collection will be on Saturday

BLUE BOX REMINDERS:

Put your FULL Blue Box at the curb no sooner than 7:00 p.m. the night before your regular collection day and not later than 6:00 a.m. on your regular collection day.
PLEASE PUT YOU BLUE BOX ONLY WHEN FULL

SOLID WASTE COLLECTION:

All inquiries with respect to curbside solid waste may be directed to the City's current contractor HGC MANAGEMENT at 936-6072.

BLUE BOX COLLECTION:

All inquiries with respect to curbside blue box collection may be directed to the City' current contractor LAIDLAW WASTE SYSTEMS at 933-5176.

For Further Information Please Call:
City of Cornwall Environmental Services Department 937-1777.

Lifequard Recruitment

"LOOKING FOR A SUMMER JOB"

Cornwall Planning and Recreation services will be offering the following courses to be a certificated Lifeguard and Instructor at the Kinsmen Municipal Centre (412 5th St. E.)

RED CROSS AND ROYAL LIFE INSTRUCTORS COURSE will be offered April 11, 12, 13 and April 18, 19, 20 (two consecutive weekends). *Prerequisites are 16 years of age, Bronze Cross, Red Cross Leaders and 10 hours of apprenticeship teaching.

ROYAL LIFE NATIONAL LIFEGUARD COURSE will be offered May 9, 10, 11 and May 17, 18 (two consecutive weekends. *Prerequisites are 16 years of age and Bronze Cross (C.P.R. recommended).

Recertifications

National Lifeguard Recertification Course ~ Sunday, May 25th
Red Cross Instructor New Aqua Quest Recertification Course ~ #1 Sunday, May 4th or #2 Sunday, June 1st.

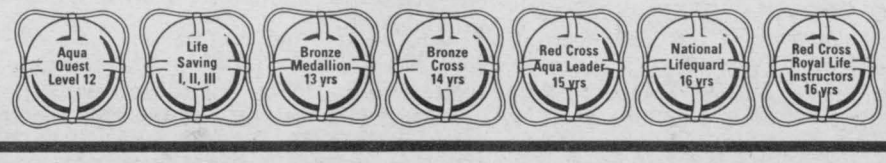
Registration Dates

Registration starts March 17th at the Kinsmen Centre from 8:30 a.m. to 10:00 p.m. and on going until classes are filled. Photo copies of Qualification and Birth Certificates will be required upon registration.



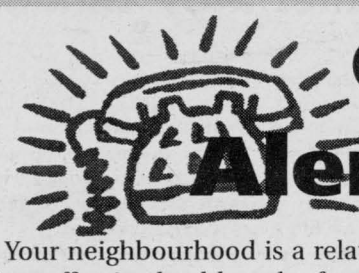
For more information call 933-3586

STEPS TO BECOME A LIFEGUARD



BULLETIN

from the City of Cornwall



Community Alert Network

Your neighbourhood is a relatively safe place to live. But a serious incident affecting health and safety can happen anywhere at any time. It could be a large fire or chemical spill, an earthquake or tornado, almost any danger - natural or man-made.

WOULDN'T YOU WANT TO BE TOLD RIGHT AWAY?

That's the reason for the City of Cornwall and the United Counties of S.D. & G. Community Alert Network. It's a system to warn as many people as possible, as quickly as possible and it's as close as your phone.

The system works by automatically phoning all homes and businesses in an affected area with a specific warning. The message is delivered as simply and clearly as possible by voice. All the calls are generated and tracked by a sophisticated computer system to make sure every number is called - - more than once if necessary.

QUESTIONS AND ANSWERS

Q: BUT WHAT COULD HAPPEN?

A: The system has been designed to inform you of any incident that could threaten your health or safety. It may be activated in the event of a large fire or explosion, a chemical spill or toxic fumes, a severe weather condition, criminal activity, any significant incident that could put you or your family at risk. It may also be activated to help find a missing person.

Q: HOW WILL I KNOW SOMETHING'S WRONG?

A: You'll be called. The community alert network is a way for public safety authorities to quickly contact people by relaying a warning message by phone to every home and business which may be affected. You'll hear a recorded voice telling you what the problem is and what advice you should follow.

Q: WHO CALLS ME?

A: The hub of the network is a computerized system that contains listed phone numbers of the City of Cornwall and the United Counties of S.D. & G., indexed by address. This system will identify all homes, apartments and businesses in the affected area. It then calls each of theses numbers and delivers a specific warning message.

Q: HOW DOES THE NETWORK KNOW WHO TO CALL? AND WHEN?

A: Only public safety authorities (fire, police, emergency planning) have access to the system. When an incident occurs, the reporting authority will call in, identifying the affected area and providing the message to be relayed to the appropriate phone numbers. The network can call 6,000 phones per hour, starting with those most at risk - usually those locations closest to the incident. Upwards of

Q: WHAT SHOULD I DO WHEN I'M CALLED?

A: Listen carefully to the message. Remember, the Community Alert Network is only activated by an actual incident that could threaten your health or safety or require your help. Take the advice seriously. You may be asked to stay indoors or evacuate the area. Or the message may be an advisory telling you to listen to your radio for details.

Q: WHAT IF I'M NOT HOME?

A: Then you may be safely out of the area. On returning to your neighbourhood, you'll soon know if there's still a problem or it it's safe to go home.

Q: WHAT IF I DON'T ANSWER?

A: Our system will call each number up to three separate times, a few minutes apart, until a connection is made. So if you don't hear one call, there'll be another.

Q: WILL MY ANSWERING MACHINE GET THE MESSAGE?

A: Yes. whenever a connection is made, our system will begin to play the recorded message. Your machine will record it. If you're in the habit of leaving the machine on while you're at home, always check your messages as soon as convenient.

Q: WHAT IF YOU DON'T REACH ME?

A: All phone numbers not answered after three calls are recorded in a report for the appropriate authorities. Depending on the nature of the incident, you may be called again, or an official (police or fire) may come to your address to notify you in person.

Q: WHAT IF MY NUMBER IS UNLISTED?

A: Our database is compiled from published directories only and will be updated annually. To make sure your unlisted number is included in our calling list, please phone Emergency Planning Services at 930-2787, Ext. 372. Our database is used only for emergency calls; your privacy will be protected.

Q: WHOSE SYSTEM IS IT?

A: It's yours. The City of Cornwall and The United Counties of S.D. & G. have subscribed to the Community Alert Network. And it's here due to the financial commitment of Joint Emergency Preparedness Program, the City of Cornwall, The United Counties of S.D. & G., I.C.I., Guardsman Products, Cornwall Electric, Domtar Fine Papers, Ontario Hydro and Meridian Richmond Die Casting.

Easter Office Closures

Please be advised that all
CITY ADMINISTRATION OFFICES
will be closed on March 28th, 1997 - Good Friday
and March 31st, 1997 - Easter Monday

Request For Quotation

QUOTATION NO. 97-Q14
Weed Cutting - Machine Rentals
Closing Date: April 18/97 (1:00 p.m.)

QUOTATION NO. 97-Q23
Yearly Inspection of All Fire Extinguishers
Closing Date: April 8/97 (12:00 Noon)

Persons interested in bidding are requested to obtain the necessary Quotation Documents from the Purchasing Department, 340 Pitt Street, 2nd Floor, Cornwall, Ontario,Telephone no. (613) 932-6252 ext. 320.

PUBLIC TENDERS

TENDER NO 97-T19

Closing Date	**Weed Cutting Along Various City**
April 15/97	**Right-of-Ways**

TENDER NO 97-T23

Closing Date	**Grooming & Maintaining**
April 15/97	**Ballfields**
	Mandatory Site Visit:
	April 4, 1997 @9:00 a.m.
	starting at Optimist Park

TENDER NO 97-T25

Closing Date	**Supply of Up to to Three HSW**
April 22/97	**Portable Storage Buildings**

TENDER NO 97-T26

Closing Date	**Supply of One Vacuum Sweeper**
April 15/97	**with Operator for Spring and Fall Cleaning**

A copy of the above Tender Documents may be obtained from the:

Purchasing Department,
340 Pitt Street, Second Floor,
Cornwall, Ontario
K6H 5T9.

Sealed bids addressed to the City Clerk will be received at:

360 Pitt Street,
Cornwall, Ontario
no later than 11:00 a.m. on the closing date.

We Fix Leaky Foundations
If your basement is flooding...Call Us!!
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• Concrete Foundations
• Cement Block Foundations
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S&S Foundation Repairs
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• STOVES • DISHWASHERS
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Is it time to clean up for spring???


SEAWAY BARGAINMART
Reach 31,499 Homes with a classified ad
SEAWAY NEWS 933-0014

DOES YOUR HOUSE SMELL FUNNY???

Obviously, it's not this bad, but with kids and pets, sometimes the house does get to smell like an old sweaty pair of socks! It is frustrating - even after you clean - those awful smells still linger.
Why? Because the smells are deeply embedded into your carpet and regular vacuuming can't get them out. To get those smells out, you need your carpets thoroughly cleaned, by me of course! Call for your cleaning today!
933-9303
"THE RED CARPET TREATMENT"
Carpet and Upholstery Cleaning

THE CHOICE IS YOURS!!!
Buy a retractable awning for your patio.
Have us install it or get our do-it-yourself kit and save the installation plus 10% on the sale

GL CANVAS GOODS
325 Balmoral Ave. 938-9567

Fresh Air FACTS

New baby? Portable Air Filter May Enhance Lung Development

A leading manufacturer of HEPA air filtration systems suggets that new parents enhance their newborn's lung and cardiovascular development by placing a portable air filter in the nursery.

"Every cubic foot of the air we breathe in our homes carries millions of tiny particles, including bacteria, virsuses, dust mites, chemical gases and much more. Most of these harmful elements are invisible to the naked eye, and yet studies are proving that they cause irreparable harm in adults. Imagine how this affects an infant whose lungs and respiratory system have not fully developed," says Jim Woods, manufacturer of the RoomMate portable air filtration systems.

A HEPA (High Efficiency Particulate Air) filtered system like the RoomMate, he says, will remove 99.97 percent of harmful elements, according to the results of recent studies.

Spring Checkup for Your Home

BY GENE AND KATIE HAMILTON

With winter but a memory, now is the ideal time to take a quick walk around your house and look for clues about how well it survived. To get the best picture of its condition, plan your inspection just after it's rained when you can spot telltale drip marks, cracked paint and missing caulk — all signs of needed repair work.

Try this preventive or holistic approach, because a house is like an orchestra — it's a finely tuned system of components that work and fit together. Notice how the siding and windows team up to seal out the weather. If a new paint job is needed, remember that the work involves more than just paint — most of the time is spent scraping and repairing. It's a time-consuming job.

To avoid the chronic job of painting forever, consider replacing siding and windows with vinyl, a popular alternative from Owens Corning that's a maintenance-free and energy-conserving solution. Its Transitions® Series vinyl siding offers the beauty of wood without the upkeep, and its LuminessTM vinyl windows are easy to clean and easy to live with, because they won't rot, rust, blister or corrode.

A recent Remodeling magazine survey reports that, after a year, the average $5,211 siding replacement has a 68-percent return on the investment. On an average $5,488 window replacement, you get a 69-percent payback, plus the benefit of a reduced energy bill. Ideally, both jobs are done at the same time, but if that's not in the budget, do the siding one year and windows the next to spread out the investment.

Use this checklist to see that all the systems of your house are in good working order:

• Check the roof for broken or curled shingles, and have them replaced; if they're curled, you may need more attic ventilation. Owens Corning has a roofing system that can help with both of these areas.

• Caulk any gaps at roof seams, at flashing, and around the chimney and vent stack.

• Spot-check the chimney, and replace or repoint any crumbling mortar.

• Clean out gutters so rainwater flows freely, and place splash blocks at the base of downspouts to carry water away from the foundation. Repair any that are loose or leaking.

• Use a good-quality acrylic latex caulk and spray-in-place polyurethane foam to fill gaps between siding and windows, doors, masonry or wherever two different materials join together.

• Check steps and walkways for safety, and make any repairs that are needed.

• Repair warped deck boards or those with loose or missing nails.

• Remove storm panes for doors and windows, and replace with screens.

• Remove vent covers on air conditioners, and open vents in the crawl space.

• Turn on the outdoor water spigot.

To learn more about thinking of your house as a system, Owens Corning has a new brochure on System Thinking for the HomeTM, which may be useful. Call 1-800-GET-PINK for a free copy.

The Hamiltons are creators of HouseNet, an on-line service about home improvements on the Internet at http://www.housenet.com and on America Online, keyword: housenet.

TAKE THE PLUNGE

Take Pool Safety Seriously

NATIONAL SPA & POOL INSTITUTE OF CANADA

Safety should be a priority when planning and enjoying your pool, especially if you have children or pets. While there is no substitute for constant adult supervision, you can beef up safety precautions.

When planning your pool, consider installing solid fencing or planting impenetrable shrubbery which can help keep children and pets from straying into danger. Such barriers will also enhance your privacy. Check with your local governments for any specific barrier requirements and codes which may apply in your area.

Pool safety covers which meet the Canadian safety standards can provide another layer of protection. They also cut down on day-to-day operating costs by reducing water evaporation, heat loss. and chemical usage. They are also useful in keeping unwanted debris, such as leaves, out of your pool.

Other useful protective devices include self-closing and latching devices for safety and doors, window latches, intruder detectors, good lighting, alarms and portable telephones.

And while all of these safety aids are excellent, there is no substitute for constant supervision. Enjoy your pool, but make sure you enjoy it safely.

Glass Block Installations Are Now Simple and Beautiful

Many homeowners are interested in installing glass block windows into certain areas of their homes for greater security and insulation with added beauty. However, this can be a difficult project. It requires mortar installation, which is usually expensive, time-consuming and non-uniform. Over time, the mortar can crack in response to house movement and expansion and contraction caused by temperature fluctuations.

Now, installation can be much easier. The IBP Glass Block Grid SystemTM comes ready to install and eliminates the need for mortar installation. It's also flexible enough to accommodate the house movement that mortar can't.

Special skills, tools and materials are not needed to install this new system. The metal frame is installed, glass blocks are wrapped with foam tape, which is provided, and blocks then are inserted into the frame. In the final step, a special silicone is applied to secure the glass blocks and provide a weatherproof exterior.

Installation time for a 4-foot-by-4-foot window is only about one hour. It's the easy, affordable way to create beautiful glass block windows, walls, skylights, floors, doors and shower enclosures in many designs. Most IBP products are appropriate for do-it-yourselfers.

The grid system is available in a wide variety of stock sizes, shapes and colors, and it will accommodate popular glass block patterns and colored glass block. It also can be curved to any desired radius.

FM WINDOWS & DOORS
Established 1978
FM WINDOWS DOORS & SIDING
Manufactured Direct Low Pricing
Lifetime Warranty - All Window Components
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NEW! Take 2 Years To Pay 0% Interest OR No Interest 'til No Payments MAY '98
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50 BEST MANAGED PRIVATE COMPANIES
Lucille & Bob Tessier

You Get The Job Done Right The First Time!

SPRING HOME IMPROVEMENT

Thanks to Hard-Working Finishes, Hardwoods Are at Home in the Bath

Ask architects and interior designers why they put hardwood floors, cabinets and woodwork in bathrooms, and the word they use is "warm."

"Hardwood's a natural — it generates a warm feeling."

"It's a softer, warmer material than tile."

"It's clean without being sterile. I like to use natural materials to warm up a room."

For centuries, U.S. hardwoods have been preferred for fine furniture, cabinets, floorings and millwork. Now, thanks to newly developed finishes and technological advancements, hardwoods are right at home, even in humid bath environments.

Courtesy of the Hardwood Manufacturers Association, a national trade group, here are answers to seven of the most frequently asked questions about using hardwoods in the bath. For more information on using solid U.S. hardwoods throughout the home, call HMA at 1-800-373-WOOD (9663), or write to Hardwood Manufacturers Association, 400 Penn Center Blvd., Suite 530, Dept. ME5, Pittsburgh, PA 15235. Or, visit the Hardwood Information Center on the World Wide Web at http://www.hardwood.org.

1. "I hear wood and water don't mix, but I love the look of hardwoods in a bathroom. Do I need to be concerned about moisture on wood?"

No surface is maintenance-free, but thanks to new water-resistant finishes and advanced technologies, problems like peeling, warping, buckling or watermarks usually are avoidable.

2. "What are some of the advances that make hardwoods in damp or humid surroundings practical and possible?"

The first is catalyzed sealers, where manufacturers pre-finish cabinetry and millwork with durable, baked-on finishes that chemically bond wood to prevent moisture penetration. Second, quick-curing on-site finishes can withstand moisture while still staying flexible to accommodate wood's natural expansion and contraction. Third, improved controls and ventilation systems in the home reduce fluctuations in relative humidity.

3. "What else can you tell me about how finishes protect wood surfaces?"

Blends of synthetic resins, plasticizers and other film-forming ingredients bond to form a watertight seal, but they don't peel when wood expands and contracts. They're called "convertible finishes." Convertible finishes include moisture-cure urethane, acid-curing Swedish finishes and lacquers. Choose one that is specified for the bath.

4. "What do professionals say about hardwoods in the bath?"

Florence Perchuk, ASID, a New York-based interior designer, says, "I've never had a problem with hardwoods in the bath. Hardwoods can give baths a very European, classic look. I like vanities, floors and paneling all in hardwood." Marie Schwartz, ASID, of Baltimore, Md., explains, "With the right sealant, there's no reason not to put hardwoods in a bath. Hardwoods are perfect for bathroom cabinetry — long-wearing and beautiful, too."

5. "Are there some hardwoods that are better than others in humid surroundings?"

Oak, maple, cherry, ash, walnut and hickory are particularly favored for bathroom applications, because they are moisture-stable, strong, hard, durable and shock-resistant.

6. "What are the advantages — or disadvantages — of having material pre-finished or finished on site?"

Pre-finished hardwoods for the bath often are recommended, because their shop-quality finishes are attractive and highly moisture-resistant. They may have a higher initial cost, but are less demanding in terms of worker skill level and work-site preparation. Nevertheless, some installers prefer on-site finishing because of the lower material cost and higher degree of project control.

7. "Any helpful hints to keep in mind for using hardwoods in a damp or humid environment?"

It's a good idea to wipe up spills as they happen, because standing water can harm a poorly finished hardwood floor. A properly finished floor can take more abuse, but in general, don't let water stand on hardwood for too long. For cleaning, vacuum regularly, and use neutral pH cleaners made specifically for wood floors when damp mopping.



COOKING TIPS

- let residue burn off with lid closed after removing food from the gas grill
- clean cooking grate with a wire brush or crumpled aluminum foil after every use
- foods on a crowded cooking grate require more time than just a few foods
- using a timer will help to alert you when ' well-done" is about to become ' over-done"
- smoked food may take on a pink hue when fully cooked. To be sure that the food is fully cooked. Check the internal temperature with a meat thermometer or make sure the juices of all poultry and pork products run clear
- remember, smoke cooking adds flavor to food but doesn't preserve it
- eat grilled foods while they're hot and promptly refrigerate leftovers

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Getting A Grip Isn't Easy in 1997

by Sharon Galt

At lightning speed we've plunged into 1997, with no signs of slowing down. No one needs to be reminded of the approaching millennium and the future that is coming at us faster than ever. Every time you open your eyes, new technology stares back. The times are changing.

It was possible to ignore this fusillade of technology a few years ago, but with computers and electronics becoming integral to so many apsects of our lives, that is no longer the case. Technology is here to stay, and to help us.

Getting lost could soon be a thing of the past as onboard navigation screens, offered with many new cars, take great pleasure in telling you where to go. By punching in your destination, the monitor will show you how to get there as well as guide you along the way.

Today's children accept computers as a familiar part of school life as they learn about nature and geography on CD-ROM's and the Internet. Libraries employ computer technology to help you find a book - and renew it. Computers, along with digital cameras, allow you to edit, alter or enhance your family vacation pictures.

Even our financial transactions are handled by automated teller machines, debit card systems and data links. Cashless shopping, internet marketing and computerized inventory management systems are changing the face of the retailing business - rapidly altering the way we purchase goods.

Coming soon to your neighbourhood is the smart house - which will allow you to adjust the heat, manage appliances, and book an airline ticket - all through a centralized household computer system. Think of the convenience of calling your home from the highway to turn off the stove.

Today's world is evolving at breakneck speed and its rapidly advancing technology can be scary. Imagine this fact - a seventeenth century monk is his entire lifetime, would not be exposed to as much information as is contained in one issue of the Sunday New York Times. His world was dramatically different to the one we live and and he probably didn't suffer from frustration or feel the intimidation that many of us do when faced with a daily barrage of change.

The good news is this - by taking the time and inclination to learn about technology, anyone with an open mind can prepare themselves for the immediate future and beyond.

Increasing your understanding and knowledge of computers means the acceptance of change and recognition of the advantages. Computer literacy is the first step towards this new world and increasing your knowledge of today and tomorrow's technology.

Bookstores are full of information on computers, their applications and advances. A quick browse and complex terms soon become clear. Classes and programs are available to lead the curious and motivated into the world of technology and what lies ahead. A couple of hours a week is all it takes to feel in control of the future - instead of wishing it would stop.

Sharon Galt is the Career Development Officer of the Cornwall Academy of Learning, an organization specializing in computer and business skills training and can be reached at (613) 936-8973. The Academy's unique Integrated Learning System offers a step-by-step approach to computer training, within a flexible, accommodating time frame that helps the world stop spinning.

LOOKING BACKWARD



By Stuart L. Manson

Cornwall's Diabolical Past: An Interpretation of Pointe Maligne

When the French fur traders and explorers travelled along Canada's water highways, they were the first Europeans to name the various geographic features they encountered. As they penetrated into the continent, they travelled up the St. Lawrence River and named islands, rivers, streams, headlands (points), rapids and just about anything else that a name could be affixed to.

The particular spot on the St. Lawrence River where the old part of the City of Cornwall now stands, was called Pointe Maligne. The word "maligne" translates into English as "cruel" or "malevolent". Why such a negative moniker for the spot? Well, one possible interpretation stems from the fact that dangerous currents sped past the north side of Cornwall Island near the area and hazardous shoals were located slightly up river. It also marked the foot of the Long Sault Rapids - the bane of any waterborne traveller.

Lieutenant John Enys passed by the site in June of 1785 and his writings promote this interpretation. "In the afternoon we came up to Pointe Maligne," he wrote. "At this point we again began our difficulties as the water is here so strong as to oblige us to drag the boats up." However, if we look more closely at the issue, we see that there may have been even more interesting background to the sinister name.

Pierre Pouchot was a celebrated French officer who was very active during the last major war between France and England in North America. He was a prolific writer who described much of the St. Lawrence Valley in amazing detail in his memoirs. In the late 1750's he travelled up and down the river near present-day Cornwall and made the following observation: "Opposite St. Regis, which is the side always taken, the land is very high and a little further along there is a very rugged double headland called Pointe Maligne."

Later maps verify that there were in fact two Pointe Malignes: Petite Pointe Maligne and grande Pointe Maligne. The first was located just south of the present Cotton Mill complex and the latter was near the present Seaway International bridge.

Two points, not one. Looking at the word "maligne" once again, another entertaining interpretation emerges. A variation of the French word "maligne" is another word for Satan, which could lead one to believe that the coining of the name Pointe Maligne was a cunning play on words, referring to both the treacherous section of the river and the fact that the two points are similar to the two horns that have symbolically protruded from the head of the Devil.

Fortunately for the nervous amongst us, the bay between the two points was gradually filled in over the years, creating beautiful Lamoureux Park. The diabolical symbols were almost completely exorcised, in this case by hard-hat bearing bulldozer and dumptruck drivers.

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Slip A Sweet Treat Into Your Lunch Bag

Packing nutritious, appealing lunches five days a week can be an arduous chore. And for parents of school children, the task can be worrisome: are their carefully planned meals being tossed, traded or just plain toyed with?

Here is a piece of advice. Include the occasional piece of chocolate, stick of gum or handful of candies in your child's lunch bag and even in your own. Ninety seven percent of professional dietitian say sweets, in moderation, are part of a well-balanced diet and studies show people who deprive themselves of foods they love will find healthy eating more difficult.

Candies are a healthier treat than many people realize. Contrary to widely held beliefs, not all confectionery products are high in fat. Lollipops, candy canes, gummy bears, licorice sticks and gum drops are fat and cholesterol free and many of them are also low in calories. Although chocolate does contain saturated fat, the fat found in cocoa butter does not raise blood cholesterol levels.

Mums, if you are concerned about the sugar content of candy, don't be alarmed. Confectionery products only account for a small percentage of Canadians' daily sugar intake.

Confectionery goodies are more than just sweet treats. Carbohydrates boost energy and maintain stamina in athletes and physically active people. Whether children are training for an important event or just lead a healthy active lifestyle, they should eat a diet rich in carbohydrates. Chocolate bars and hard candies are good sources of carbohydrates and they make an excellent snack before and after exercise.

Experts agree good nutrition means eating a wide variety of foods each day and balancing high fat choices with plenty of low fat selections. There are no "bad" foods, just bad diets. If you make the right choices, you can still satisfy the requirements of the Canada Food Guide and enjoy some of your favourite treats each day.

So don't let bagged lunches get your down. Slip some chocolate, gum, candies or mints into your bag and your child's and you both will enjoy a much more satisfying meal.

MYTHS AND FACTS ABOUT SWEET TREATS

Myth: Candy causes tooth decay.

Fact: Tooth decay is promoted by the length of time starch and sweet foods remain in your mouth. Studies show that crackers, dry cereals, cookies and potato chips linger on teeth longer than chocolate or candy and are more likely to cause decay.

Myth: The sugar in candy causes hyperactivity in children.

Fact: Despite widespread belief to the contrary, experts say sugar does not increase the level of activity or cause disruptive behaviour in children. Children typically become excited at parties and special events, but the event, not the sugar consumed, is believed to be responsible for the increase in energy. Some research has shown that sugar may even have a slight calming effect on children.

Myth: Chocolate causes acne.

Fact: Studies have shown that eating chocolate, even large amounts, does not cause or aggravate acne. In fact, most dermatologists agree that diet is unrelated to acne in most cases.

Myth: Chocolate contains a lot of caffiene.

Fact: A one-ounce piece of milk chocolate contains 6 mg of caffeine, about the same amount as a cup of decaffeinated coffee and considerably less than the 30-46 mg found in many colas.

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Until We Meet Again

by Ken McLaughlin
Director of Public Relations

Five years, two CJHL Championship rings, the privilege of seeing my team compete in two Eastern Canada Championships, over 160,000 fans, over 150 players, over 1,000 public appearances, enough bus miles to take me coast to coast, the pleasure of working with one of the most talented and skilled volunteer staffs in existence, and enough stories, both good and bad, to tell for the next 50 years. After five years as the Director of Public Relations of the Cornwall Colts Jr. "A" Hockey Club, it's time for me to move onward and upward to new challenges.

I'd like to thank the Seaway News, who has supported the Colts since day one, by allowing me to write this weekly column. Thanks to Rick Shaver and all the Seaway News staff who retype, add pictures and print the weekly article you read. A big thank you to my local readers, who make the Seaway News their source for Colts news and information.

Back in May of 1992, this die-hard Royals fan, armed with a sports administration diploma, was selected as the person who would head up and design the Colts Public Relations Department. From that day forward, I have endeavoured to promote what I feel is the most complete all around program in Jr. "A" Hockey, both on the ice and in the community. I leave the team truly believing I have accomplished my goal and I did the best job I could.

There are so many people to thank that I'd need an entire page to list them all. You know who you are. I feel honoured to have had the opportunity to work with a group of people who's dedication and commitment to the Colts, through some difficult situations, may never be matched again. I am grateful to you all.

To close, I'd like to thank my family for their strong support through the countless late nights and early mornings. You've met them selling programs, tickets and assisting me at many public appearances. To my mother and father, Carl and Kathryn, thanks for putting up with me. To my girlfriend, Diane Lalonde, who was with me when I started and by my side when I left, thanks, you could probably write a book from the experiences you've seen me go through.

Five months from now, a strong group of veteran players and a talented group of rookies will, once again, return to the Seaway city, to try and reclaim our CJHL Championship trophy. Good luck guys, don't ever give up on the dream.

Colts hockey, the beat goes on.

Ray-Co Captures Silver In Provincial Championship Broomball Tournament



Action began for the ladies on Friday morning at 10:00 am. Facing off against lost sheep from Barrie, the ladies captured their first win 2-0. The second game at 6:00 was a cliffhanger with the game going into double overtime and the Ray-Co team winning 1-0 against a military team from Borden. On Saturday at 5:00, Ray-Co took their first loss, losing 1-0 against the Farmerettes from Kingston. Back to the ice again at 9:00 and the ladies were very determined. They went on to win 3-0 against the Ontario Steel team. Ray-Co finished off Sunday morning with their second loss. It was a very impressive silver medal effort against the Kingston squad again. Ray-Co goalie Gillian Chaddock was chosen MVP and Kelly Pidgeon was picked by the second All-Star Team.

Coach Mike MacDuff, Assistant Coach Jim Ogilvie and Trainer Elaine Pye should be congratulated for all their time and dedication.

Pictured (front to back) are: Sharon Jasper, captain; Sue Villeneuve; Gillian Chaddock; Cari Brazeau; Elaine Pye, trainer; Sue Stewart; Barb Benton (A); Mary Nixon; Joan Benton; Dawn MacDuff; Kelly Pidgeon (A). Missing from the photo are Natalie Cote, Angel Teal, Anita Mullville and coaches Jim Ogilvie and Mike MacDuff.

(photo by Aubrey Johnson)

Golden Age Bowlers

Olympia Golden Age action this week saw Shirley Eastman, who has held 2nd place in the average race for 23 weeks by a comfortable margin, move into the top spot with a 201.0 average, with singles of 224, 213 and 201 for a triple of 638.

Thelma Goulet, who held the top spot all year, slipped to second with a 200.5 average. Down but not out with four weeks to go.

Highs rolled: George Belmore 278; Clifford Geneau 256; Tony Wheeler 239; Elmer Sauve 236; Florian Martel 235; Len Marleau 224; Jean Eamer 223; Clarence Stang 223; Eleanor Dennis 221; Clarence Bethume 217; Therese Beaudette 215; Lionel Boileau 214; Rene Amelotte 207; Bill Wilson 204; Thelma Goulet 203; Gabe O'Brien 204; Eric MacCartney 204; Pearl Leroux 202; Dorothy Charland 201; George Beaudette 200; Wilf Tyo 200; Beatrice Fortier 200.

Men's City League Bowling

Upper Canada got a good bowling team from Darryl Taillon who scored games of 246, 160 and 294 for a 700 triple as the team took 7 points. Roy Laviolette pumped in games of 193, 338 and 157 for a 688 triple.

Emard's took 12 points this week on scores from Dick Legault of 288, 301 and 251 for an 840 triple. Claude Michaud's 745 triple and Paul Flaro's 742, assisted for a fine team effort.

Motard's took 4 points this week on Peter Vanleishout scores of 246, 186 and 205 for a 637 triple. Paul Maheu's 587 and Will Riely's 594 lent an effort to the team.

Summer Heights took 11 points. The rookie Mike Bedard led the team with scores of 192, 299 and 243 for a 734. Frank St. Louis' 731 triple and Mike Lalonde's 693 helped the rookie out.

Quinn's Inn took 11 points this week, led by Ian Robertson's scores of 196, 326 and 262 for a triple of 784. Rolly Lemire lent a fine assist with scores of 256, 199 and 261 for a triple of 716.

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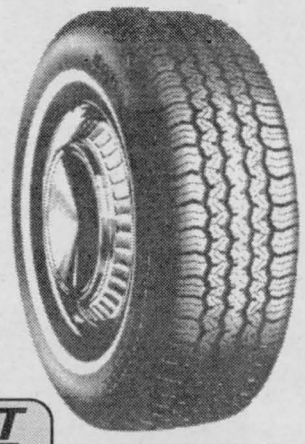
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by Peter Millard

THE CAR DOCTOR

Four Wheel For Real?

Will getting a four wheel alignment make that much of a difference compared to a two wheel alignment. I have a 1975 Chev and never had more than a two wheel alignment done (front end), but the last time I visited my garage, they suggested that I get a 4 wheel alignment. Incidentally, a four wheel alignment costs twice as much.

Winnipeg, Manitoba

Before the advent of new alignment technology, it wasn't possible to align the front wheels exactly with the rear. A technician could try to visually align them, but this was not an exact science. Today's 4 wheel alignment machines take the error and guestwork out of the process, and the result is a more accurate alignment. This will give you improved steering and longer tire life. I believe you'll be pleasantly surprised by the difference.

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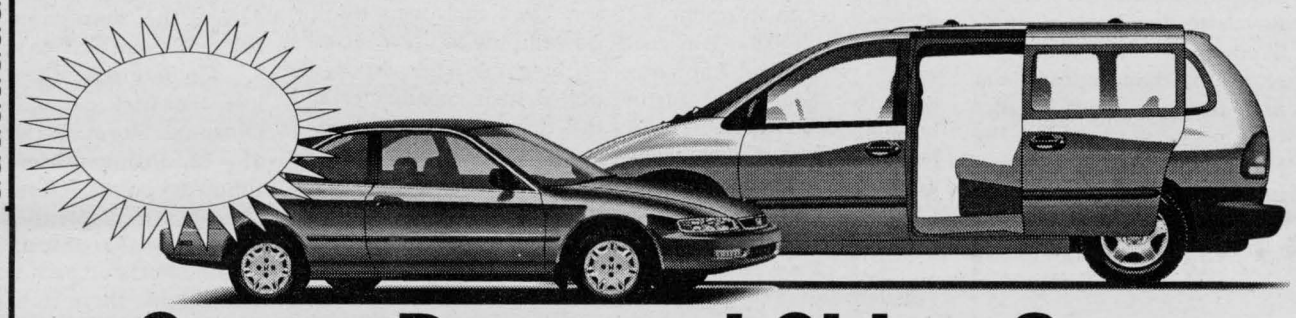

Sunny Days and Shiny Cars

It's finally time to rescue your vehicle from the winter dirt and grime. A good interior and exterior cleaning and polishing will have your car, truck or van looking like new again. A good run with a vacuum and a little window cleaner and protectant will do for the inside of your car. But what about the outside? The market for automotive exterior care products is big and bewildering. Which products do what? What order do you use them in? What's the best way to use them for the fastest and most effective results? Consider the following tips when washing and waxing your vehicle:

Get it squeaky clean

• Use an automotive wash product; they're mild and will not remove a wax finish the way dishwashing liquid will.

• Wash your car with a wash mitt; they're less likely than sponges to scratch the vehicle's finish with embedded dirt.

• To dry, choose a synthetic or sheepskin chamois or old terry cloth bath towels.

Polish

• Follow a wash with a pre-wax treatment to polish the vehicle. These products contain fine abrasives to remove surface damage and oxidized paint—a chalky, white film caused by harsh weather.

• Polishes or glazes are similar to cleaners, except they contain fine polishing agents and fillers for tiny scratches to give a shinier, smoother finish.

• Don't confuse polishes with polishing or rubbing compounds: compound means the product is much more abrasive and is meant for cutting through heavily weathered paint finishes.

A little elbow grease does the trick...

Waxes add lustre and protection to the vehicle's finish.

• You can choose either a liquid or a paste: liquid is easier to apply, but both types perform equally well.

• Caranuba wax is an extremely durable natural wax made from palm trees in the Brazilian rain forests and is often preferred by professional car detailers.

• Man-made wax products contain synthetics which make them easier to apply and more resistant to water, dirt, acid rain and solvents.

Clean and shine tips

• Wash your car in a shady spot: hot, direct sun will cause spotting.

• Divide your car visually into six sections. This will help you to avoid streaking when washing.

• Dry immediately after washing, from the roof down. It's better to dry the whole vehicle once very quickly, and then return for a second, more thorough pass.

• When waxing, work in sections no larger than one-quarter the size of the roof. Use linear, rather than circular motion: you won't end up with swirl marks this way.

A final tip

• Don't wax the flat black and plastic surfaces, or they will become hazy. Use one of the special plastic polishes for things like bumpers and door guards.

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A REAL DIAMOND '92 Buick Park Avenue White EX, Blue Interior

Minor HOCKEY

Delaney Bus Lines Midget Royals

The Delaney Bus Lines Midget "A" Royals were eliminated from the playoffs, being defeated in two straight contests against Kingston Township. The first game was played in Kingston and ended in a 4-3 loss for the Royals. Carson Runions, Stefane Champagne and Josh Jacobs had the goals for Delaney.

Despite a valiant effort put forth by the Delaney Bus Lines Midget "A" Royals on home ice, they just couldn't put the puck in the net. The loss was recorded at 3-1 with the lone goal coming from Jason Cholette.

Designers Choice Developments Atom "B" Royals

The Cornwall Designers Choice Developments Atom "B" Royals recently participated in the Perth Tournament and were eliminated in two straight games.

In the first game, Cornwall were pummeled by the score of 6-2 by Westport. Westport opened the scoring with two quick goals to take a 2-0 lead before Justin Guindon capitalized for the Royals to make the score 2-1 after one period. Westport connected two more times in the second period to make it 4-1. Cornwall opened the third period on a goal by Andre Bellemare to decrease the lead to 4-2, however, that was as close as they could get as Westport scored twice more to complete the scoring.

In the second game, the Royals were shut out by the host team from Perth by the score of 5-0. This loss eliminated them from any further competition. Matthew Van Egmond was a bright spot in goal in this game, as he was pummeled with 37 shots.

In other action, the Cornwall Royals faced off against the Char-Lan Rebels in an exhibition game and were dealt a 5-1 setback. The first period was held scoreless as for much of the second period also, before Joel Langlois connected for the Royals to give them a short-lived 1-0 lead. Char-Lan scored less than a minute later to tie the game up at 1-1 after two periods of play. The Rebels broke the game open in the third period with four unanswered goals to complete the scoring in the game.

Transcontinental Printing Royals

The Cornwall Bantam "B" Royals advanced to the final series against South Stormont by defeating Potsdam 2 games to 1 in the semi-finals.

In the first game played in Potsdam, the Royals skated to a 5-3 victory, thanks to Eric Beauregard's natural hat trick in the first period. Dan Valiquet and Bobby Roy added singles.

In the second game played at the Complex, Potsdam came out on top 3-2. Jeff Greffe and Matt Tyo scored for Cornwall.

In the third and final game, the Royals won 3-1. Eric Beauregard, Matt Tyo and John Pecore did all the damage for Cornwall.

The Royals end the season on a busy note with a week-end tournament in Hawkesbury, a final series with South Stormont and an all star game as well.

The Royals coach Claude Beauregard will coach the East Division All Stars. He takes with him rookie trainer Gord Greffe, along with four all stars from his team: goalie Chris Lortie; defenceman Jeff Greffe; and forwards Matt Tyo and Eric Beauregard.

Char-Lan Peewee Rebels

In recent play, the Char-Lan Peewee Rebels played a strong game against Kemptville but lost by a score of 3-1. The lone goal scorer was Jordan Reasbeck. The Peewees lost their next game to Cornwall by a score of 2-0.

Their fortunes were reversed in the following three games. The Peewees defeated South Stormont 5-2 in Long Sault. Char-Lan goal scorers were Eric Larocque with two goals, and Justin lalonde, Robb Schaefer and Jordan Reasbeck with one goal a piece. Assists went to Leo Dignard and Jordan Reasbeck.

The Peewees hosted Potsdam and came away with a 2-1 win. Jordan Reasbeck scored the first goal with assists from Robb Schaefer and Eric Larocque. The second goal was scored by Eric Larocque, unassisted.

The Peewee Rebels rounded off the week with a 2-2 tie with Brockville in Brockville, playing one of their best games of the season. The Rebels were leading 2-1 until the last few seconds of the game when Brockville pulled their goaltender and the Rebels were assessed a penalty. Brockville scored the tieing goal seconds before the buzzer sounded, marking the end of the game. Char-Lan goals were scored by Eric Larocque from Brian Danaher and Leo Dignard from Justin Lalonde. Ryan Snider played a strong game in the net for the Peewee Rebels and coach Brian Reasbeck was pleased with all players efforts.

The Peewees played their last home game of the regular season, hosting NGS whom they defeated 6-0. Goals were scored by Justin Lalonde with a hat trick, Eric Larocque with two goals and Nicholas Buckle with one. Assists went to Mathieu Sarda, Robb Schaefer, Eric Larocque and Michael O'Farrell. Evan Koronewski was strong in goal and earned the shutout.

The Peewees travelled to Kemptville and lost a close game (3-2) in the last minute of the game. Goals were scored by Nicholas Buckle and Eric Larocque with assists from Robbie Kinloch and Leo Dignard.

The final game of the regular season was in Cardinal where the Peewees lost 4-0. Frequent whistles caused ten minutes of playing time to disappear as it took fifty minutes to play twenty minutes of hockey.

The first playoff game took place at Char-Lan with Cornwall as the opponent. Cornwall defeated the Peewees 4-1. Char-Lan's lone goal was scored by Leo Dignard, assisted by Jordan Reasbeck. The Peewees met defeat in Cornwall in the second playoff game. In spite of a strong showing, they lost 3-1 and ended their playoff hopes. The only goal was scored by Eric Larocque assisted by Justin Lalonde.

SCOREBOARD

United Counties Ladies Basketball League

RESULTS FOR MARCH 13

Emard Bros.	**35**	**Ralph's**	**25**
Top Scorers for Emard: Kim Emard, Catherine Hodgins			
Top Scorers for Ralph's: Sam Schuler, Jo-Ann MacDonald			
Cornwall Gravel Pits	**54**	**Laframboise**	**33**
Top Scorers for Pits: Cathy Grant, Carole Blais			
Top Scorers for Laframboise: Vicki Lalonde, Nicole Viau			
Can-Am	**60**	**Ray-Co Sports**	**41**
Top Scorers for Can-Am: Carrie Cook, Cheryl Blanchard			
Top Scorers for Ray-Co: Susan McGillis, Angela Martel			
St. Lawrence College	**36**	**Rat's Nest**	**24**
Top Scorers for S.L.C.: Maureen Benton, Lucie Leger			
Top Scorers for Rats Nest: Helen MacIsaac, Natalie Lebrun			

RESULTS FOR MARCH 20

Laframboise	**45**	**St. Lawrence College**	**29**
Top Scorers for Laframboise: Vicki Lalonde, Gail MacDonald			
Top Scorers for S.L.C.: Krista Maria Martel, Tammy Manwell			
Can-Am	**59**	**Rat's Nest**	**37**
Top Scorers for Can-Am: Terra Laflesh, Carolyn Lapage			
Top Scorers for Rat's Nest: Catherine Gagnon, Karen Houle			
Ray-Co Sports	**34**	**Emard Bros.**	**32**
Top Scorers for Ray-Co: Susan McGillis, Norma Lefebvre			
Top Scorers for Emard Bros.: Maxine Scott, Trish Brown			

Midget Girls Basketball

Cornwall Lion's Midget Girls Travelling basketball team won a gold medal in a four team weekend tournament in Gloucester. The Lions lost the first game and then won four straight games to capture the gold medal. The Lions used strong defense to win by holding the opposition to below 40 points in all except the first game and below 30 points in two games.

On Saturday, the Lions lost the first game to the Outaouais Storm by a score of 41 - 33. Shannon Griese contributed 8 points, followed by Priscilla Vincent with 7 and Katherine Fawthrop and Corrine Michaud each with 4. The Lions then outscored Gloucester 56 to 39 in the second game. Priscilla Vincent and Terri Lalonde each had 10 points, followed by Laura Samson and Sarah Smith with 6 points each.

On Sunday, the Lions beat T.D. McGee Bee Gees by 39 - 29 to complete the round robin. Lana Samson provided 13 points, followed by Katherine Fawthrop with 8 and Tracey Bradley with 5. The Lions matched up against the Bee Gees again in the playoffs, this time winning by a score of 36 to 25. The scoring was distributed among many players with Katherine Fawthrop adding 6, followed by Sarah Smith, Priscilla Vincent, Lana Samson and Corrine Michaud with 4 points each.

The Lions then played the Outaouais Storm in the gold medal game. The Lions took an early lead in the game but allowed the Storm to battle back to within one point at the half. The storm took the lead in the third quarter but the Lions' defense held the Storm to 4 points in the last quarter and won the game by 4 points, 42-38. Priscilla Vincent hit for 12 points with Corrine Michaud scoring 8 and Laura Samson adding 6 points.

C.D.S.L. Annual General Meeting

On Saturday, March 22, the Cornwall and District Soccer League held its annual general meeting at the Jazz Magnolia Sports Bar in Cornwall. The turn out of team representatives was good, with only 1 team unable to send a representative due to university commitments. One team from last year has decided not to field a team this year, but 2 new teams have been accepted by the league. The teams, 1 in the men's division and 1 in the ladies' division, come from Cornwall and Avonmore respectively.

While the meeting went smoothly with little controversy, the main area of concern to the teams is one of the promotion of the sport. All the teams feel that the league needs to do more in this area. They would like to see soccer in general and the C.D.S.L. in particular accepted as a mainstream sporting option to the youth of Cornwall and the surrounding area.

To do this, people have to be aware that the league exists and is well promoted through the local media and high schools. Another factor in this process has to be the promotion of the benefits of the game, which range from high level of fitness, low risk of injury due to non contact nature of the game, healthy competition and low cost for startup.

The league also appointed 3 new directors to replace 2 outgoing and 1 resignee due to work commitments. The executive is now comprised of the following:

Graham Dart, President; Paul Stefik, Vice President; Les Bradshaw, Director; Ronnie Marton, Director; Greg Heard, Director; Margo McDonald, Director; Chris Smith, Director; Gary Streng, Director; Charles Sayyeau, Secretary.

The league will continue to accept applications from new teams up to the end of April for the 1997 season. Interested parties who want to either play for an existing team or to enter a new team in the league should contact Charles at 930-CDSL.

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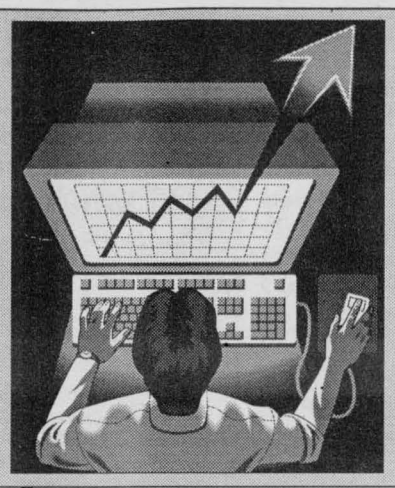

BUSINESS PROFILE

SEAWAY NEWS ADVERTORIAL

THIS MONTH

Bicycle World

At Bicycle World our name says it all. We're involved with everything that has anything to do with bicycles. We sell and service almost all you can dream of, from tiny tyke trikes to California cruising low riders. The mountain bike is the most popular style we sell. This bike can be put through the most abusive situations and keep going. It's the survivalist of bikes. The hybrid takes a close second place in sales and is growing. This bike is the ingenious combination of a road and mountain bike. The versatility of this bike can turn anybody into a born again cyclist. Cycle paths, Nature trails, and gravel country roads are all perfect places to take a long comfortable ride. It's the dream machine of bikes.

Catering to those people who require a non-typical bike or accessory for special needs is something we love to do. For example: unicycles, child trailers, tandems, adult trikes, beach cruisers, recumbent bikes, and even a bike with an electric motor to assist you pedal when faced with hills or wind are all very typical at Bicycle World. When a customer has purchased a bicycle from our store, they are automatically given the best service and warranty possible. Every bike in the store is backed by a lifetime frame warranty, 1 year component warranty and 2 full years free adjustments. Our proof that great service works is 98% of all '96 models have been sold to make room for hundreds of new '97 bicycles already in stock waiting for a garage like yours. If your bike needs to be tuned up, overhauled or traded in, we are the pleasant knowledgeable staff ready to listen to all your cycling needs.

Bicycle World is also involved with many different local organizations such as supporting the Cornwall Cycle Club and the Cornwall Police Force Cycle Patrol Unit. If you're looking to join one of our events such as a mountain trip to a ski mountain or take part in our popular in store repair course starting April 22, give us a visit and maybe test ride a new bike at the same time.

LOW PRICE Spring Specials



#1
- Bike Check Up - 10 Point Inspection
- Complete Lube (brakes & gears)
- Correct Tire Pressure & Inspection
- Tighten Wheels! Nuts and Adjust Chain
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- Lube Brakes
- Correct Tire Pressure
- Adjust Brakes
- Adjust Bottom Bracket

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#3
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- Adjust Headset
- Adjust Bottom Bracket
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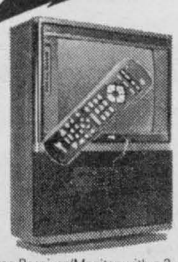

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SCUTTLEBUTT

HELLO ... IS THERE ANYONE OUT THERE?

We want to remind everyone out there that this is your public forum ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to

329 2nd St. W., Cornwall, Ont., K6J 1G8. Fax. 933-0024

GOOD NEWS FOR CORNWALL!

Transcontinental Printing recently announced it will **purchase a new multi-million dollar press.** This will boost printing production by about 30 per cent, which could in-turn create full time employment for about twenty-four of the thirty-two employees laid off from the plant in December.

• What animal is Canada's largest native cat? (Cougar).

For all you instant potato lovers: Dr. Edward A. Asselbergs of the Department of Agriculture in Ottawa developed and patented the world's first "instant mashed potato flakes" in 1961.

The most common and cheapest of all pleasures is conversation. It is the greatest pastime of life.

Congratulations to **RONALD ABRAHAM** who recently received an *"Education Merit Award"* in recognition of his outstanding contribution to the promotion and advancement of Real Estate Education in the province of Ontario since 1976. The Ontario Real Estate Association which has 40,000 members held their 75th Anniversary Conference in February, 1997.

Helpful Hints: Inexpensive meat tenderizer: Add lemon juice or vinegar to liquid in which meat is being cooked. Also, bake meatballs instead of frying - a lot fewer calories and easy to do.

If this weather continues, the Easter Bunny will have to put his rubber boots on when making his deliveries on Sunday.

To offset the depression I felt at reaching my 40th birthday, I treated myself to a new hair-do and a new outfit. Walking down the street, I was flattered when two young men waved at me, saying something in Spanish. Acting the proper lady, I ignored them, tossing my head haughtily as I marched resolutely onward. A third man tried to speak to me as I strode past his car. He finally leaned his head out the window and yelled, *"Ma'am, they're trying to tell you - you're walking in their wet cement."*

Thought for the week ... on this Easter Weekend: Everybody has within them a lot of undiscovered abilities. Happy are they who find them and use them.

A castaway, who had been living on a desert island for over three years, picked up a box which was washed up on shore one day. He opened it eagerly only to find three do-it-yourself books.

• What kind of tree is the largest in Canada? (Douglas fir).

It's in the bag ... to remove grease spots from wallpaper, place a small piece of brown paper bag against the stain on the wall and iron with iron setting on warm. Iron in a circular motion. Keep replacing pieces of paper bag until spot is gone.

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On Monday, March 24/97, I purchased a bubble-eyed orange goldfish for $9.95 at a local pet store and on Wednesday, March 25th, at 11:00 a.m., the fish died. *When I contacted the store, I was told they could not replace the fish* and when I questioned why the fish had died, I was told it had a disease called "Ick". How do I tell my children? Why was the store allowed to sell a diseased fish that could have contaminated other fish in the aquarium?

Swimming with the sharks: Swimming in waters inhabited by sharks, those feared denizens of the deep, may have become a bit safer. A South African inventor has just developed an electronic device that repels sharks without causing damage to them or the swimmer. One part of the device is strapped around a diver's fin and the other around his or her oxygen tank. An electric field is generated between the two points and is said to span up to seven yards. That creates a safe zone, since sharks and electricity don't mix.

By-Law Enforcement van, Lic. #ZJL 213, Vehicle #62, Monday, March 24th, 3:00 p.m. Parked in a handicapped parking space behind the library. I wonder who will ticket him or is he exempt from parking in handicapped zones because he is a by-law enforcement officer? *How can people be expected to obey the laws when the by-law enforcement officers break them?*

Congratulations to Bruce & Christine Ouderkirk on their birth announcement!!

Let us remember the message sent out to us this Easter weekend by the OSPCA (Ontario Society for the Prevention of Cruelty to Animals), **"not" to purchase real animals such as rabbits or chicks as gifts for children.** They more than often are abandoned after the holiday is over because they were purchased as toys instead of pets. Let us do the animals a favour and purchase stuffed toy animals for our children instead.

This caller would like to send a big bunch of **"Sour Grapes"** to the man driving a **light blue Aerostar Van, Lic. #101 WDL** on March 24th, approximately 11:00 a.m. I was biking on Montreal Road near Prince Arthur Street and got cut off ... almost running me over. Are you so much in a hurry that you can't even see a bicycle. I also heard though the grape vine that you cut off many other people too. *One day I hope you get stopped by the police and lose your licence.*

Defence attorney was cross examining a coroner ...

Q: Before you signed the death certificate, had you taken the man's pulse?

A: No.

Q: Did you listen for a heartbeat?

A: No.

Q: Did you check for breathing?

A: No.

Q: So when you signed the death certificate, you had not taken any steps to make sure the man was dead, had you?

A: Well let me put it this way, the man's brain was sitting in a jar on my desk, but for all I know he could be out there practicing law somewhere.

A tragic misfortune recently for Brian Wensink who lost sight in one eye during a recreational hockey tournament, as the result of a accident. Your eyesight is too precious to lose because of not wearing protective gear. *A lesson to be learned by all who play hockey.*

Liz & Ed Halliwell would like to congratulate their son, **Evan**, who placed first in the French Immersion Public Speaking Contest on March 21st. He goes to Toronto on April 19th for the Provincial Competition.

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• Name a Canadian mammal that can fly? (A bat).

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Many thanks from Nordic Skiers to all snowmobilers who chose not to ride their machines over ski trails in our area. To the few who take great pleasure in running the trails we give you the "Raspberry Award". In 1998 you may not be as lucky to get away with such inconsiderate action and perhaps once you face a $2,000. fine you may not find your destructive excursions quite as humourous.

We believe it's time to make it mandatory for all snowmobile owners and their family to be members of clubs where they learn trail safety along with the many tips which makes the sport really enjoyable as well as learning to be considerate of others.

A boyfriend crossing the U.S. border, while taking his girlfriend to dinner was quite embarrassed when questioned by Custom officers, **"how much money do you have on you?"** Is it not the policy to ask **"are you carrying in excess of $10,000?"** Wonder where officers get their training or are they just being nosy??

• What do gardeners like to read? Weeder's Digest.

Do we really know what our 'job performance review' really means? Here are a few examples translated so we understand.

• Indifferent to Instruction: Knows more than superiors.

• Stern Disciplinarian: A real jerk.

• Tactful in dealing with Superiors: Knows when to keep mouth shut.

• Not a Desk Person: Did not go to College.

• Demonstrates qualities of leadership: "Has a loud voice."

Helpful Hints for this week: For stamp collectors - to remove a stamp from an envelope, place a few drops of water on the stamp, place in microwave for 20 seconds ... stamp comes right off.

SEAWAY SMILE!

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.

The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.html
(Your own submissions are always welcome!).

What A Way To Go!

Busy day at the Pearly Gates, St. Peter decides to prioritize, arranges people by how they died. Takes the sudden violent deaths first.

First guy, whats your story? "Well I was convinced that my wife was having an affair. I snuck home in the middle of the day, ran up the 16 floors to our apartment so she wouldn't hear the elevator, burst in and almost caught her in the act. I was certain I would find the man...looked everywhere, finally I thought I saw someone hanging over the balcony. I went outside and sure enough there he was.

Hanging over the edge. I kicked and punched at him but couldn't break his grip so I got a hammer. Finally I was able to break his hold and he fell; but, wouldn't you know it, a large tree broke his fall. I was incensed. I ran into the kitchen and actually picked up the refrigerator and threw it over the edge. The strain was too much and my heart gave out."

"Wow! That's some story," said St. Peter. "OK go stand over there.

Number two, your up."

"I live on the 18th floor of an apartment building and exercise every day on the balcony. For some reason I was dizzy, lost my balance and fell to what I thought would be certain death. Fortunately I was just able to reach the ledge below and saved myself. But almost immediately this madman comes rushing over and tries to finish the job. Somehow I held on though and he left, only to come back with this hammer and... well I fell. For some reason though, I fell into this large tree. I was beaten-up but alive. Just as I got my wits about me and started to climb down...here comes this refrigerator & crushes me."

"Another great story.." commented St. Peter.

"OK, number three,"

"Well St. Peter, it's like this. There I was, naked, hiding in this refrigerator when..."

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The Stormont, Dundas, Glengarry, Prescott & Russell Unit of the Canadian Cancer Society is **desperately looking for volunteer canvassers for its' annual fundraising drive in April.** Volunteers who are interest in canvassing can call the Cancer office at 932-1283.

Workers in stressful environments who listen to music improve their performance. A study done on fifty doctors showed that not only were they faster and more accurate at a set of math problems when music was playing, but they also performed even better when they selected the music themselves.


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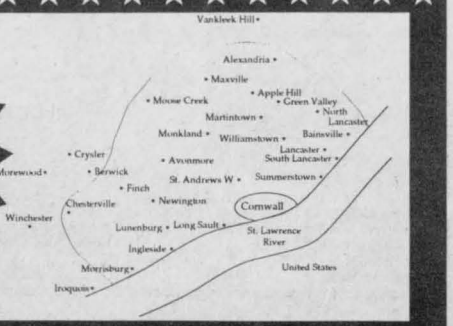


Let's Celebrate!

50th Anniversary

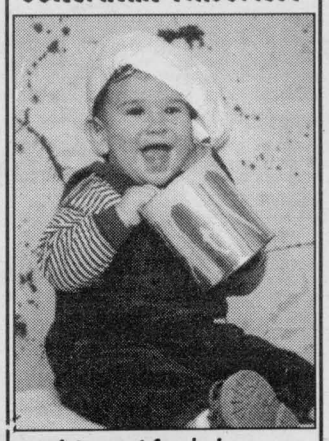
Harvey and Bernice Hunter will be celebrating their 50th Wedding Anniversary. They were married at St. Paul's Church, Cornwall, on March 29th, 1947.



TO PLACE YOUR AD: phone or write your ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a picture. Over 24 words, 25¢ per additional word, per week. Deadline is 5:00 pm Wednesday.

ATTENTION READERS: If pictures for our Let's Celebrate column are not picked up within a year after the published date, you can claim them at Nativity Church Basement. Ph: 932-1320 or leave a message for RANSOM.

Happy Birthday
BENJAMIN THIBEAULT



celebrated 1 whole year on March 26th.
Lots of hugs & kisses from
Mommy, Daddy, Sarah and Jessica.

April 1st
Deanna Thompson
(Dee-Dee)



My sister is a special part of all that's precious in my heart!
Happy 40th sis!
Love ya, Karen!

Happy 1st Birthday
BRITTANY F.
April 3, 1997
Love Mommy, Nanny, family, Uncle Chuck and especially cousin Chelsea



Happy 30th Birthday RON from all the "microchips" at Computer Sense

"King of the Castle"



Happy 40th Birthday
RICK SHAVER
celebrating on April 2nd.
Love Brenda, Kelli & Christine

HOROSCOPES

March 30-April 5

Aries – March 21/April 20
Spring has given you the urge to clean house when it comes to work. However, don't let your temper get the best of you this week. Remain calm, and think about what's best for your future before making any rash decisions. Seek advice from a close friend or relative if you're not sure of what to do.

Taurus – April 21/May 21
Don't go against your nature this week. A loved one helps you realize what you want when it comes to your personal life. So, go out and get it. Don't let others stand in your way. However, when it comes to work, it's best to hold back your opinions until you know the whole story.

Gemini – May 22/June 21
Your ability to think fast on your feet will come in handy during a social outing this week. Don't let a surprise throw you off guard. Work will keep you busy during the beginning of the week, so you must focus on the task at hand. Your efforts won't go unnoticed. A bonus is on the way.

Cancer – June 22/July 22
A family situation will put you to the test this week. Don't let your emotions get the best of you. Stay strong, and use your sense of humor to keep loved ones calm. You'll be riding high when it comes to romance. An evening with a good friend will turn out to be much more.

Leo – July 23/August 23
Your pride may get you into trouble with a co-worker this week. Don't make the situation worse by trying to take control. In your personal life, romantic efforts finally will pay off. That special someone will show you that he or she really cares. Don't rush in too fast. Take your time.

Virgo – Aug 24/Sept 22
You'll have to fight your fear of crowds this week as a meeting at work puts you in the spotlight. Your organization and perfectionism will pull you through with flying colors — and a lot of praise. Don't be too hard on yourself after a fight with a loved one.

Libra – Sept 23/Oct 23
Your ability to be a good listener will be needed this week as a close friend goes through a rough time. Your pleasant nature will help get him or her back on track. Don't let a quarrel with your special someone get you down. Your good nature will bring him or her around and make everything OK.

Scorpio – Oct 24/Nov 22
Your determination puts you in line for top honors in the workplace. The higher-ups finally recognize all the time and effort you put in. Don't be shy when it comes to romance this week. Even though it's against your nature, let your feelings be known. They'll be reciprocated.

Sagittarius – Nov 23/Dec 21
Your happy, gregarious nature will be challenged this week as loved ones share a family secret. The news may come as a surprise, but don't let your temper flare. Take it in stride. Your optimism pays off when it comes to romance. That special someone finally will make a move.

Capricorn – Dec 22/Jan 20
Now is your chance to get ahead at work. Your boss offers you the opportunity to take a commanding role in the company, and you're up to the challenge. Don't let your stubborn side take control when it comes to friends. You're sure to have a good time, even though you didn't make the plans.

Aquarius – Jan 21/Feb 18
Your sense of realism does well for you in all areas of your life this week. You won't overreact to a surprise at work, making you a pillar of strength for your co-workers. As for your love life, it's time to take the next step in a relationship. Think about it.

Pisces – Feb 19/March 20
Your wisdom will draw your supervisor to you for advice during the beginning of the week. Even though he or she respects your opinion, you must remember that you still are the employee. Your satiric nature wins praise from your loved ones and attracts new friends.

THE LUNG ASSOCIATION
Our sincere thanks

These memorial donations were received during the months of January, February and March in memory of:

Milton (Mechie) MacDonald, Mrs. Crawford, Mr, Allan Chisholm, Mr. Ernest Lebrun, Bruce Pride, Paul Smith, Mme Therese Landry, M Yvan Seguin, Ernest Seguin, John Fickes, Howard Carey, Mrs. Mabel Fincher, Armand Laviolette, Jean Louis Campeau, Maurice Lamarche, June Wood, Mr. Gervase Gilmore, Harry Hammond, George Dumoulin, Mary Rose Robinson, Hilda Marsolais.

BEAUTIFUL *you*
SUNBURST
14th Annual Beauty & Baby PAGEANT
Sunday, April 4th



The Beauty Pageant
5 Age Groups 4 - 27 years
The Baby Pageant
Under One to Four Years
ENTER NOW!
Pick up entry brochure

You could win!



Patricia Photo
Eastcourt Mall
1380 2nd St. E. Cornwall
933-4106

Gold Key Leasing: The Way To Go
Visit Our Showroom Or Call Me
FRANCINE LOSEY
GRANT
• DODGE • CHRYSLER • JEEP
2205 Vincent Massey 938-0934
CHRYSLER Jeep Dodge



SPRING PRICE BREAKS
SAVE UP TO 50%

ECONOREST		POSTURE LUXURY (20 YEAR WARRANTY)	
39" set	$199	39" set	$349
48" set	$249	54" set	$399
54" set	$249	Queen Set	$499

King Sets starting at $749 HOT TUBS

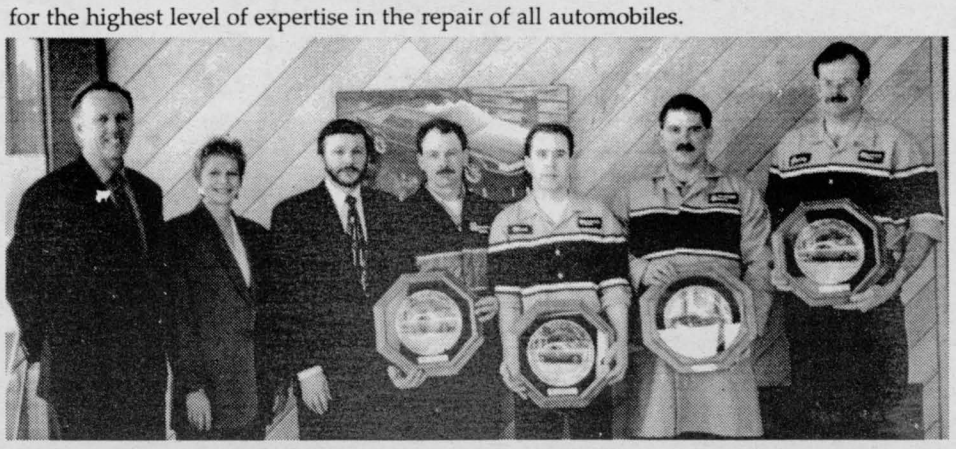


BERGERON
SLEEP SHOP & HOT TUBS
1005 FIRST ST. E. 932-2214

COMMUNICATING WITH YOUR SPOUSE WORKSHOP
• Active Listening • Expressing Feelings Constructively
• Recognizing Negative Patterns of Communication
• Problem Solving Techniques
• Themes: Jealousy, Violence, Pleasure ...
offered by
CLAUDETTE PILON
B.A. M.A.
Monday, April 21 - May 26
(7 to 10 p.m.)
Cost: $140.00 per couple
(max. 6 couples)
For info. or registration call before April 10/97
613-937-0226

Congratulations!

The Management of Marcel Belanger's Cornwall Motor Sales are proud to acknowledge the recognition recently received from General Motors.
General Motors Technicians' Guild has awarded the status of Master Technicians of 1996 for the highest level of expertise in the repair of all automobiles.



Pictured above left to right: Marcel Belanger, President, Sophia Willson, General Motors District Manager, Gerry Loiselle, Service Manager, Tracy Gadbois, Shop Foreman, Mark Tardiff, Technician, Michael Hughes, Technician, and Garry Peters, Technician.

Easter Goodies

Celebrate Easter At One of These Fine Dining Establishments

Easter Feasting



You get just what you really want at Gumbolini's when you join us at our buffet or try one of our mouthwatering fabulous holiday specials.

Easter Sunday Brunch
10am - 2pm

Eggs Benedict, Scrambled Eggs, Roast Beef au Jus, Peel & Eat Shrimp, Baked Lasagna, Swedish Meatballs, Rice Pilaf, Assorted Salads, Bacon, Ham, Sausage, Assorted Muffins, Danish, Fresh Fruit, Shrimp Linguini, Pancakes, Assorted Desserts, French Toast, Toast, Juices, Coffee or Tea

children 6-12 years $5.95
under 5 years FREE

$12.95

Easter Sunday Dinner Specials
from 4 pm - 10 pm

Turkey Dinner
served with potato du jour and vegetable of the day
$12.95

Seafood Cannelloni
tender pasta stuffed with crab, scallops and shrimp in a tomato sauce. $11.95

Catch of The Day
$11.95

Crab Stuffed Halibut
$13.95

Gumbolini's
ITALIAN CRAB SHACK & OYSTER BAR

33 1st St East, Cornwall For Reservations Call 937-3669

Super Supper Specials



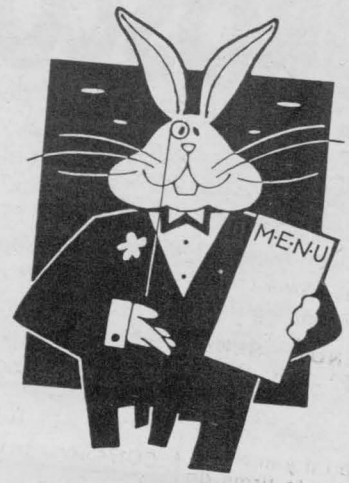
DAILY LUNCH SPECIALS

RIB STEAK Served with Salad, Potato, Veg.	$6.95
STUFFED SOLE with Rice & Salad	$5.95
LIVER & ONIONS with Mashed Potatoes & Veg.	$5.95

Mention this ad when you order your steak and get FREE ONION RINGS

THE TOWN HALL
169 PITT ST. 932-3322
"The Home of Good Food, Good Company & Much More."





Glengarrian Pub & Restaurant

Tudor Centre 933-6426

NIGHTLY DINNER SPECIAL
Bacon Wrapped Filet Mignon with Small Caesar Salad only $10.95
Daily Lunch Special from $3.95

EASTER WEEKEND LINE-UP
Saturday, March 29th - AFTERNOON SESSION - 3:30 p.m.
HADRIAN'S WALL
Saturday, March 29th - EVENING - 9 p.m. - 1 a.m.
BOB & DUCKY
EASTER SUNDAY - 9 p.m. - 1 a.m.
HADRIAN'S WALL
FRIDAY, APRIL 4
Mike McAnany
SATURDAY, APRIL 5 - FROM MONTREAL
THE PADDINGTONS
SUNDAY, APRIL 6 - 5 p.m.
NEIL EMBURGH
COMING APRIL 24 - 25 - 26
THE FLYING SCOTSMAN

Porto Bello

CELEBRATE EASTER
Sunday, March 30th

BRUNCH 11:00 a.m. - 1:30 p.m.
Salad Bar, Hot Entrees & Dessert $12.95
(children under 10 - $6.95)

EVENING BUFFET
5 p.m. - 9 p.m.
Includes Salad Bar
Roast Hip of Beef
Chicken Breast w/Mushroom Sauce
Home made Vegetable Lasagna
Red Snapper Fillet
& Assorted Desserts
$14.95 (children under 10 - $7.95)

Reserve Now!

OPEN FOR LUNCH MON. - FRI.
1710 Vincent Massey Dr. 932-0070

You will find Spring in the air at the Morrisburg
Arts & Craft Spring Sale
Fri., April 4th 12 Noon to 9 p.m.
Sat., April 5th 10 a.m. to 5 p.m.
Morrisburg Legion Hall
10 Colin St., Morrisburg
• FREE ADMISSION
• DOOR PRIZES
• LUNCH AVAILABLE
Donations to the Winchester Hospital

open for **Easter Sunday BRUNCH**
only from 10 am - 2 pm • for reservations call 932-4270

Everyday Specials

Filet Mignon Brochette
Chicken Brochette
Filet of Sole
Pork Chops
Rib Steak (8 oz.) with Salad
Veal Parmigian
Chicken Filet

$7.99

includes soup of the day, Black Forest Cake, homemade bread, coffee or tea

Gift Certificates Available

East End Restaurant
Eastcourt Mall ~ Second Street East
Licensed under L.L.B.O.
FOR RESERVATIONS CALL
932-4270

VISA AMERICAN EXPRESS

Every Saturday 5 to 8 pm
ITALIAN-GREEK CANADIAN BUFFET
$8.99

DELANEY'S FINE FISH & SEAFOOD

Your 1st Stop For Fresh Seafood

including...

- *Salmon Steaks*
- *Salmon Fillets*
- *Scallops*
- *Shrimp*
- *Rainbow Fillets*
- *Rainbow Whole*
- *Mussels*
- *King Crab*
- *Can Lobster Tails*
- *Scampies*
- *Oysters*
- *Smoked Sturgeon*
- *Queen Crab Legs*

Great Recipe Cards Available In Store

OPEN Thurs.- Fri. Sat. 9am - 6pm
1215 Pitt Street Cornwall 930-4938

SEAWAY BARGAINMART

DEADLINE: THURSDAY 4 P.M.

933-0015

Circulation: 34,750 copies

MasterCard VISA

CLASSIFIED ADVERTISING RATES

PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $8.50/week 24 words or less, (25¢ each additional word per week).
- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occured, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisment.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job. Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

NOTE TO CLASSIFIED ADVERTISERS

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/additional word/week. Deadline is 4 pm Thursday. Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8. Mail pick up, no charge. Mailed replies: $6.00

For Readers: to respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

ADULT ENTERTAINMENT

✓ Lingerie
✓ Adult Books
✓ Novelties

• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • **MUCH MORE**

EXOTIC EXPOSE

St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena
South 2 miles to Don's Orange Mini Mart
315-764-1954

XXX MAIN VIDEO

- Adult Movie Rentals
- Over 1000 Titles

New & Used Video Sales
$10.00 per tape + tax

- Marital Aids
- Lotions • Oil

609 Montreal Road, Cornwall

COMPANIONS CORNER

SINGLE MALE, middle 50's. Good humour, non-smoker, likes dancing, dining/out, walks, movies, home life, etc. Seeking lady 47 to 63 to be with. Please send phone number. CC1745.

2 APTS/CONDOS FOR RENT

AVAILABLE IMMEDIATELY, 1 & 2 bdrm apts. Fridge, stove included. 25-30 minutes from Cornwall. Quiet country living. 346-2293 or 346-2327.

ONE BEDROOM large, clean, furnished bsmt apt. Heat-Lights paid, parking space, cable, washer/dryer hook up included. Available immediately. Call 938-3182.

TWO BDRM UPSTAIRS apt, 110 Walton. 3 bdrm downstairs apt, 303 Louisa. Both newly renovated, paint. New windows, doors. With or without heat. Call 347-2863.

2 BDRM DOWNSTAIRS apt. Hardwood floors, fridge & stove, washer/dryer hookups, parking. $450/mth, no utilities paid. Available May 1st. Call 933-4780.

REASONABLE RENT, 2 bdrm apt. Parking, pay own utilities. Quiet tenants preferred with references. Phone 932-2135.

NORTH END, freshly painted one bdrm basement apt. New carpeting & cushion floor. Parking, private entrance. Fridge, stove. $425/mth, heat & lights included. Reliable, quiet working person preferred. References. 932-7854.

CENTRAL DOWNTOWN heated 1 bdrm apt. Livingroom, diningroom, fridge & stove. Newly painted. Quiet. Close to bus stop. Call 933-4319.

2 BDRM BASEMENT apt. $395/mth, includes heat & lights. Parking available. Call Claude evenings after 6:00 pm 938-0032 or 938-3860.

EAMERS CORNERS, 2 bdrm brick semi-detached. Heat & hydro included. Large yard. Parking. Available May 1st. Call 938-8839.

COZY ONE BDRM modern apt. at 510 Burton Ave. Ample storage, parking. Only $340/mth. Available immediately. Call 932-4781.

2 BDRM MAIN FLOOR apt. In good neighbourhood. With basement, parking, washer/dryer hook-ups. Available May 1st. $460/mth, plus utilities. Call 938-7121.

LARGE 2 BDRM APT. Washer/dryer hook-ups. $520/mth, plus utilities. No dogs. Available Feb. 1st. References. Call 933-8920.

TWO BDRM on Walton. Renovated, fridge & stove, backyard. Available now $375/mth, plus utilities. Tel: 936-6961.

AVAILABLE NOW, 3 bdrm townhouse w/garage, 1 1/2 bath, family, living/dining, 4 appliances. $675/mth, plus utilities. 1st & last. Call 938-3205.

SPACIOUS 1 & 2 bdrm. apts. Reasonable rents, locker space, parking, coin-operated laundry. References required. 931-2633

202 MONTREAL ROAD. 2 bdrm apt. Includes fridge & stove. $395/mth, plus utilities. Call 932-7469 or 938-2761, leave message.

FREE MONTH
New, large, lower level, 1 bdrm. apt. w/gas fireplace, washer, dryer, fridge, stove & utilities. Includes parking, central air. $550/mth.
Call 938-2802, leave message
No pets - no smoking!

Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS

Serving Cornwall and Area

1 BDRM APT. Kitchen, livingroom, fridge, stove, washer/dryer hook-ups. 100 McConnell Ave. Upstairs. Available April 1st. $350/mth, utilities paid. First & last in advance. No pets. 932-3530.

RENT NOW GET OCT. FREE Available immediately, 1 & 2 bdrm apts. fridge, stove & parking available. $450/mth, utilities incl. References req. Call after 6pm 932-7055 or 931-2594 for appointment.

CLOSE TO DOWNTOWN, quiet bldg, 1 & 2 bdrm. apts. Renovated washrooms, freshly painted throughout. Hardwood floors, heat, hot water, fridge, stove, parking included. (613)543-2401.

IMMEDIATE POSSESSION 39 Anthony, spacious 2-bdrm apt. Fridge, front balcony plus parking. $590/mth, including utilities. First & last required. Apply 39B Anthony.

ONE 1-BDRM APT and one 2-bdrm apt for rent. Call 933-9457.

AVAILABLE NOW, 2 bdrm upstairs apt. $425/mth, plus utilities. Newly renovated. Close to college & bus stop. Call 936-6799.

2 BDRM UPSTAIRS APT. Newly renovated. Washer/dryer hook-ups, large yard. $450/mth, utilities not included. Available May 1st. Call 938-7681.

4 YARD/GARAGE SALES

GLENGARRY SOUTH Cancer Society garage sale at Roy's Pontiac-Buick-Cadillac Inc., Hwy. 34, Green Valley, April 5th, 12:00 noon to 5:00 pm.

5 ARTICLES FOR SALE

MDM VENDING MACHINE Good condition. Asking $375. Call 933-2055 for more info.

PLAYER PIANO, needs some repair. $500. firm. 933-4291, after 6:00 pm.

SLM SKATE BLADES. All sizes available, $15./pr. Call 933-4291 after 6 p.m.

FENDER 6-STRING acoustic guitar. Chainsaw Jonsred 630. 40" professional ladder. Snowblower, 8 h.p. Lawn mower. Apt size freezer. Weed eater. Call 938-9387, leave message.

We Pick Up Free of Charge ...
FRIDGES, STOVES, WASHERS, DRYERS
Depending on make, model & location
GERARD'S USED FURNITURE
936-9300

KENMORE ENERGY 12 freezer. Very good condition. $150. negotiable. 50"Lx35"Hx25"W. Call Maria at 932-2870.

MOVING BOXES & moving supplies for sale. St. John's Transfer, 725 Boundary Road. 933-1492.

TWO HELMETS for sale, one snowmobile and one motorbike. Call 932-8327.

CASH REGISTER. Set of recessed lights, new. Standing fan. Grey 10'X14' carpet. Two Midwest folding dog crates, new. Phone evenings, 525-3147.

MOVING SALE: Double dresser w/mirror, $35. Microwave stand, $25. 13' gold embroidered tergel sheers, $100. Glass & brass plant stand, $20. Large solid wood floor model stereo, $125. Two air conditioners, $125. ea. Lined beige weave drapes, 150"x81" long, $75. Large beige no-stain coffee table $25. End tables, $25. pr. Brass & glass table lamps, $75. Blue/pink tweed sofa & chair, $125. Prices are firm. Call 937-0613 until 5:00 pm. After 6:00 pm, 933-6121.

9 FARMERS MARKETS

PUREBRED POLLED Limousin bull for sale. Call 534-2892.

ROUND BALES of hay. JD and a white corn planter. Disc on wheel. Haban corn shelter. Call 346-2382.

13 AUTOS FOR SALE

1973 PONTIAC FIREBIRD Formula, 350, 4 speed, good condition. Hasn't been driven in 7 years. $4,500. or best offer. Ph: 931-3299

1988 MERCURY COUGAR XR7. Mint condition, loaded, 302, 116,000 km. White ext./blue interior, Never winter driven. Call 931-3299, after 5:00 pm.

1987 CHEVY CAVALIER 5 speed, new clutch, new c.v. joints, new ball joints, new dash, new muffler, new brakes & re-conditioned heads. Asking $2,000. Call 932-8327.

CREDIT PROBLEMS?
Need a Car?
We will finance anyone,
We Guarantee it!
- Bank turn you down?
- Presently/formerly bankrupt?
- On UIC or Social Assistance?



If you can make the payments ***WE CAN MAKE THE DEAL***

LEASE A 1991 FORD TAURUS
very clean, well loaded
As Low As $250/mo

1991 GRAND AM
very clean, well loaded
As Low As $250/mo

No down payment, no terms, just info above

MIKE COOK MEL-EL AUTO LEASING 932-2583

1988 JEEP CHEROKEE AXA, 6-cyl, 5-spd, PB, PS, cruise control, new tires, new paint. Excellent condition. 110,000 km. Asking $7,900. Call 933-9457 or after 5:00 pm 933-8239.

1988 DODGE ARIES, 2-dr, 5-spd, 108,000 km. Good condition, $1,300. safetied. 1986 Mazda 626, 4-dr, auto. Good condition, no rust. $1,600. safetied. 1985 Honda Prelude, 2-dr, 5-spd. $600. as is. Gerard Poirier Auto Sales, 613-874-2440.

RING UP PROFITS WITH THE CLASSIFIEDS

RENT TO OWN
WE HAVE *Everything* YOU WANT!
Plus Easy Monthly Payments That You CAN Afford
COME CHECK OUT OUR GIANT SELECTION

- Freezers
- Dishwashers
- Microwaves
- Bdrm. Furniture
- Portable Stereos
- Kitchen Tables
- Dining Room Tables
- TV's & VCR's
- Sofa's & Chairs
- Apartment & Full Size Washers & Dryers



DINETTE SETS FROM $31.11 /MTH

EASY TERMS
NO BANKS OR FINANCE CO.



BUNK BEDS FROM $41.66 /MTH

ALL ELIGIBLE
- Gov. Cheques Cashed for our Customers
- Full Warranty on all Products
- U.I.C.
- Mother's Allowance
- Family Benefits & disability

2ND FLOOR BEDROOM SUITES



FREEZERS $41.11 /mth.

WASHER & DRYER



FROM $83.33 /mth.

DON'T WAIT ANOTHER DAY... CALL TODAY

Lease Magic Plus
VISA MasterCard Lease Magic Payment
143 Montreal Rd.
930-2170
FREE DELIVERY
HOURS: MON. - FRI. - 9 - 6 SAT. - 9 - 5

14 AUTOS WANTED

CASH PAID FOR unwanted scrap cars, trucks, vans. Amount depends on year and model. Ph: 933-9066.

18 BUSINESS OPPOR.

UNEMPLOYED OR JUST want more out of life. $27.95 + tax will put you in your own home based business. Info, 936-6824.

21 HELP WANTED

HOMEWORKERS NEEDED! To assemble our products. Free supplies. Start immediately. Free details. Send SASE: Q.S.E., 117T15-1057 Steeles Ave. West, North York, Ontario. M2R 3X1

FAMILY BUSINESS. Ideal for family with small or teenaged children. If you can't get away this summer, we can help you get started in a summer business in Cornwall. It promises profit, personal growth and development for the whole family. For information, contact Andrew, 519-436-1132 at Dickie Dee Ice Cream.

DAN'S PICK OF THE WEEK!
'95 PLYMOUTH NEON
4 dr., auto., air, tilt, 64,000 km
$199/mo.
$3124.18 down
8.4% fin.
for 60 mo.



QUALITY PRE-OWNED VEHICLES

97 SABLE WAGON SOLD **$23,000**
96 POLARIS XLT (Ski-Doo)
2000 miles, mint, mint, mint **$5,300**
96 DODGE STRATUS
air, tilt, cruise, 42,000 km **$15,995**
95 GRAND CARAVAN
air, tilt, cruise, 7 pass, 88,000 kms **$15,995**
95 1 TON EXT. CAB 4X4 dually 6.5 turbo diesel, leather, loaded, 93,000 kms **$29,995**
95 TAURUS WAGON
4 dr, auto, loaded, 61,000 km **$14,995**
94 FORD TEMPO GL
4 dr, auto, air, 57,000 km **$9,995**
94 CHEVROLET Z71 1500 4x4
loaded, 5.7L, 118,000 km **$20,995**
94 CHEV CAVALIER WAGON
4 dr., auto, air, 87,000 km **$9,995**
93 FORD AEROSTAR SOLD
auto., V6, air, 74,000 km **$9,995**
93 PONTIAC GRAND PRIX LE
auto., V6, loaded, 83,000 km **$11,295**
93 PONTIAC TRANSPORT SE,
7 pass, 107,000 km. **$12,995**
93 MERCURY VILLAGER
6 cyl., 3 dr., auto, 100,000 km. ... **$10,995**
93 CHEV. EXTENDED
auto., air, tilt, cruise, 87,000 kms. **$15,995**
93 GEO METRO,
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THIS IS A MESSAGE for Dan Jaeger. You must pick up your personal effects at 31 Lawrence before the end of April/97 or it will be disposed of.

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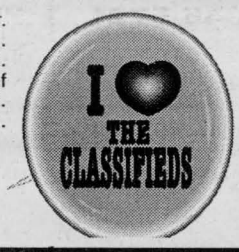

Consequences: Learning From Mistakes

Parenting For Life ... The Most Important Job You'll Ever Have!

by Teresa Pitman

Six-year-old Caleb wants to go outside to play in the snow. But he refuses to wear his mittens. He doesn't want to take the time to figure out where he left them after his last playtime, so he insists on going out with bare hands.

What should Caleb's mother do? She decides to do nothing - to let him learn through natural consequences 1 . When Caleb goes outside to play, his hands quickly become cold. He can't make snowballs or pull his toboggan. After a short time, he decides he needs his mittens, and comes back in to find them.

Four-year-old Jessica doesn't like to share her toys when her friends come over to play. In the past, her father has insisted that she share, but she still keeps grabbing them back from the other children. This time he decides to step back and see what happens.

Jessica's friend Neil picks up a truck and starts to drive it on the couch. Jessica runs over and snatches it away from him. Neil shrugs and walks over to the toybox to find something else to play with, but Jessica blocks it with her body, saying, "Mine!" Looking frustrated, Neil says: "I don't want to play with you. I want to go home."

Jessica is close to tears for a moment. Then she moves away from the toybox. "Okay, Neil, you can play with the truck". She's learned the natural consequence of not sharing - and decided that she'd rather have a playmate.

Of course, there are some natural consequences that our children must be protected from. A small child who wants to play with matches can't be allowed to learn through the experience of being burned, for example.

In situations where the natural consequences are not safe, parents can sometimes plan logical consequences instead. That means coming up with a response to the child's behaviour that "fits" the situation and helps the child to learn.

For example, if your three-year old son frequently wanders away from you in the shopping mall, he might get lost or hurt. You can't let that happen. Instead, you could plan a logical consequence for wandering away. Perhaps your child will have to sit in the stroller with the safety harness done up, or hold your hand at all times.

But what if the child climbs happily into the stroller and smiles while you fasten the safety harness? Does that mean he hasn't "learned his lesson?" Not at all - a child doesn't have to suffer in order to learn. Perhaps he was already feeling a bit nervous about not being able to see you, and is quite ready for the security of the stroller. Consequences are not punishments. Instead, they are a way of helping a child learn by letting him see what happens when he behaves in a certain way.

Deciding on suitable logical consequences can be tricky. The consequence should:

- relate clearly to the misbehaviour - for example, the child who crayons on the wall might have to help clean it off. That makes more sense to a child than being sent to her room for the same misbehaviour.
- occur soon after the misbehaviour. If you tell a child who doesn't want to do his homework that he'll have to attend summer school, that consequence will probably seem too far in the future to have much effect. A better approach might be to say that your children can't watch TV or go outside to play until today's homework is done - and offer to help if needed.
- fit the child's stage of development. If a three year old throws a glass and breaks it, she may be able to fetch you the broom and dustpan, but she cannot safely clean up the shards. Her teenage brother, though, might be expected not only to clean up the mess but to buy a new glass as well.

Teaching with consequences requires more thought than simple punishment, but it is more effective. Natural and logical consequences help children understand the link between their behaviour and its results, and encourage them to take responsibility for their mistakes.

COMMUNITY DIGEST

***KNIGHTS OF COLUMBUS COUNCIL 10416** of St. Andrews West will be serving their annual canoeist breakfast on Sunday April 13th between 8:00a.m. & 12:00p.m. $4.00/person, under 6 free with .50 a serving being donated to the Conservation Authorities. Everyone welcome.

***KNIGHTS OF COLUMBUS COUNCIL 11347** St. John Bosco Parish will be having a breakfast Sunday April 6th, after the 9:30a.m. & 11:00a.m. masses. Freewill offering. Everyone welcome.

***LA LECHE LEAGUE** meets every second Tuesday of the month at The Eastern Ontario Health Unit, 1000 Pitt St. at 7:30 pm. Expectant and nursing moms with little ones are very welcome. Info, call Martha 534-8414 or Brenda 931-3146.

***CORNWALL CHRISTIAN WOMEN'S CLUB** are hosting a "Ladies Guest Night" on April 9th at 6:30p.m. at the Navy Vets Building, 30 Sixth St.E. (backdoor). Reservations by April 2nd. Call Lee at 938-7725.

***CORNWALL MEALS ON WHEELS** needs volunteers to fill vacancies in its delivery system. If you have two free hours a month between 11 a.m. and 1 p.m., please come and help us. Call 932-4810

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***ONTARIO SOCIETY FOR** the Prevention of Cruelty to Animals SD&G Branch are having a bake sale on April 5th at Brookdale Mall from 9:00a.m. to 2:00p.m. Please lend your support for this worthwhile cause.

***ROYAL CANADIAN LEGION BRANCH 297** will be having a 9 piece band April 5th. Tickets are $10./person. Reserved seating. For more info call 933-4965.

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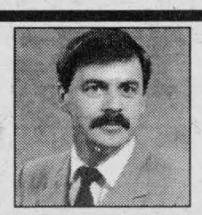
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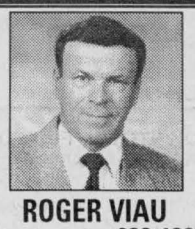
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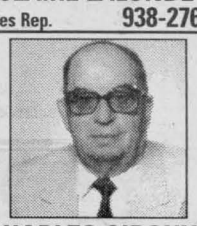
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Quality throughout. 2400 sq. ft. w/2 car garage, sunken family room, large whirlpool, gas heat, covered patio, rec room.
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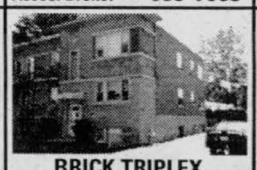
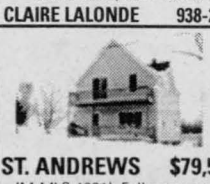

BRICK TRIPLEX
(A-MLS 4861) Live in one 3 bdrm. unit & have $1100/mth. income from 2 other units. Call for details
ERIC PEDERSEN 938-9690

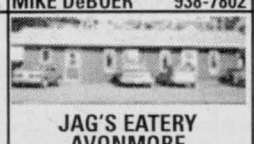

ST. ANDREWS $79,500
(M-MLS 4931) Fully renovated home. New siding, windows & doors, spotless interior, move-in condition.
ERIC PEDERSEN 938-9690

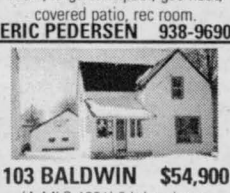

125 ELSIE $75,900
(A-MLS 4936) New vinyl siding & windows, large covered & screened in summer patio. Gas heat. Lot 50'x150'.
ERIC PEDERSEN 938-9690


INGLESIDE $107,000
(O-MLS 4973) Country character in this brick farm house on 27 acres.
HENRIETTA DUVALL 537-2638


INGLESIDE $99,900
(O-MLS 4889) Brick bung. w/attached garage, large living room w/fireplace, situated on a well treed lot.
HENRIETTA DUVALL 537-2638


Year Round Residence on St. Lawrence.
(J-MLS 4800) Floating deck, open concept, fireplace, large dining room.
MOE LEMIEUX 932-9386


JAG'S EATERY AVONMORE
(L-MLS 4862) New listing! restaurant! ice cream parlour & bar. Ex. business venture. Turn-key operation. All equipped & ready to go.
MOE LEMIEUX 932-9386


103 BALDWIN $54,900
(A-MLS 4991) 2 bdrm. home w/garage (25'x21'). Operating under a legal non-conforming use, 100 amps w/breakers.
MOE LEMIEUX 932-9386


N. LUNENBURG RD.
$98,500. (M-MLS 4993) Newly built bung., 1350 sq. ft., open concept kit/living rm., hdwd. & pine floors, cathedral ceilings, 170'x405' lot.
MOE LEMIEUX 932-9386


COMMERCIAL BLDG.
(A-MLS 4989) Consisting of 3-bay garage & office; sales office; small fast food outlet. Great opportunity for business venture.
ROGER VIAU 932-1325


1000 1st STREET EAST
(A-MLS 5001) 3 bdrm. house, det. garage, central air, newly-installed mid eff. gas furnace. With 5% down, only $335/mo. mortgage
ROGER VIAU 932-1325


NEW LISTING $127,900
(A-MLS 5003) Century home, 7 bdrms., possible rooming house.
CHARLES SAYYEAU 933-1558


NEW LISTING $109,900
(A-MLS 5002) 3 bdrm. brick bung. with in-law suite, above ground pool, jungle gym.
CHARLES SAYYEAU 933-1558


1708 CUMBERLAND ST.
$104,900 (A-MLS 4949)
Raised bung., open concept, central air, 1197 sq. ft.
TODD THOMPSON 938-0640


55 MILLE ROCHES LONG SAULT $94,900
(M-MLS 4847) Spacious century home. New forced air oil system.
TODD THOMPSON 938-0640

BUSINESS INCLUDING BUILDING
$67,900 (A-MLS 4963)
Convenience store in Cornwall
TODD THOMPSON 938-0640


ST. ANDREW'S RD.
$169,000 (A-MLS 4856)
Distinctive country home. 3 bdrm., 2200 sq. ft., solid brick.
CHARLIE GIROUX 933-7985

Marydale Ave.
Rosedale Terrace Building Lot
(M-MLS 4930) Quiet neighbourhood, close to park & bus service GA & Municipal water
CHARLIE GIROUX 933-7985



Females Seeking
Call
1-900-451-3959 Ext. 12
$2.19 per minute

GOOD HONEST FUN
Friendly SWF, 35, 5'2", average build, brown hair, hazel eyes, enjoys movies, gardening, music, seeks ambitious, honest SWM, who has family values. Ad#.3069

HOPES & DREAMS
SW mom, 29, 5'8", blondish-brown hair, blue eyes, enjoys reading, writing, music, sketching, seeks honest, fun-loving, spontaneous SM. Ad#.6869

LET'S MEET
SWF, 25, 5'8", 110lbs., fun to be with, student, enjoys sports, hiking, picnics, seeks fun-loving, happy SM. Ad#.9224

TAKE A MOMENT
SWF, 20, 5'10", 130lbs., blonde, brown eyes, adventurous, vice-free, enjoys skating, swimming, kids and pets, seeks dependable, caring SM, who is right for her. Ad#.9281

FASCINATING
SWF, 36, 5'1", 110lbs., blonde hair, bluish eyes, adventurous, spontaneous, likes cards, reading, movies, dancing, seeks good-hearted, slender, fit SM. Ad#.9410

NOTEWORTHY
SWF, 29, tall, a little heavy, outgoing, looking for work, likes reading, music, theatre, seeks sincere, honest, reliable, old-fashioned SM who likes kids. Ad#.7856

FAMILY-ORIENTED
SW mom, 27, 5'3", full-figured, honest, straightforward, caring, romantic, affectionate, enjoys reading, dancing, walks, seeks trustworthy, stable SM. Ad#.9783

WORTH A CALL
SW mom, 29, outgoing, vivacious, likes art, reading, music, sports, dining out, movies, seeks SM with similar interests who will accept her and her son. Ad#.6866

GREAT SMILE
SWF, 58, 5'3", blue-eyed blonde, N/S, humorous, honest, considerate, enjoys hiking, biking, swimming, seeks loving, honest, outgoing, financially secure SWM. Ad#.8646

DREAM COME TRUE
Delightful SWF, 32, 5'2", 90lbs., easy to get along with, mechanically inclined, loves sports, outdoor activities, dancing, wants to meet an honest, faithful SF, to share a compatible relationship. Ad#.3547

NEW ADVENTURES
Humorous, employed SWF, 27, 5'3", short hair, hazel eyes, N/S, enjoys sports, photography, seeking caring, romantic SM. Ad#.9547

FRIENDS FIRST
Happy-go-lucky SWF, 32, 5'7", 110lbs., long brown hair/eyes, employed, enjoys sports, movies, dining out, seeks SM, with similar interests. Ad#.4471

GLEAMING EYES
SWF, 41, 5'7", brown hair, blue eyes, easygoing, enjoys outdoor recreation, playing cards, dancing, seeking honest, humorous SM, with good qualities. Ad#.5287

SHAPELY & SMART
Slender SWF, 32, happy-go-lucky, enjoys sports, outdoor activities, fishing, seeks faithful, honest, trustworthy SF, to share a life full of smiles with. Ad#.1455

GREAT HEART
SW mom, 27, 5'3", full-figured, trustworthy, enjoys the outdoors, dining out, movies, seeks family-oriented, honest, SM. Ad#.8033

FULL OF FUN!
Bubbly SWF, 46, 5'4", blonde hair, brown eyes, employed, enjoys cooking, people, seeks honest, conversational SM. Ad#.6465

LIVE FOR TODAY
SWF, 41, 5'7", short brown hair, blue eyes, sense of humor, enjoys camping, fishing, playing cards, seeks accepting, honest, humorous SM. Ad#.9264

I'M LOOKING
Friendly, funny SWF, 24, 5'8", brown hair, green eyes, hobbies are joking around, going to bars, computers, seeks loyal, trustworthy, honest, reliable SM. Ad#.9611

VERY HAPPY
SW mom, 20, 5'10", blue-eyed blonde, outgoing, articulate, intelligent, employed, enjoys volleyball, music, time with daughter, seeks intelligent, kind, honest SM. Ad#.8613

PLAIN JANE
SWF, 27, 5'3", N/S, brown hair, spontaneous, outgoing, humorous, employed, enjoys sports, photography, seeks caring, fun SM, N/S, who is easy to get along with. Ad#.9836

DON'T HESITATE
Petite, fit SWF, 34, friendly, professional, enjoys outdoor sports, water color painting, gardening, seeks SM, with healthy lifestyle. Ad#.9345

HAPPY-GO-LUCKY
Petite SWF, 32, brown hair, green eyes, loves kids, enjoys cooking, music, reading, outdoor activities, seeks independent, honest, N/S SM. Ad#.9810

LOOKING
SF, 24, 5'6", 150lbs., long brown hair, brown eyes, unemployed, likes sports, watching TV, seeks SF. Ad#.8270

ONE-WOMAN MAN
Compassionate SWF, 21, 5'2", 130lbs., brown hair, blue eyes, enjoys sewing, reading, watching movies, would like to meet an honest SM, to share a faithful relationship. Ad#.8151

BE DARING, CALL
Fun-loving, delightful SWF, 34, full-figured, enjoys country music, dancing, movies, seeks honest, clean-shaven, employed, friendly SM, for dating. Ad#.8858

TAURUS GAL
Easygoing SWF, 28, 5'7", blonde hair, blue eyes, employed, enjoys long walks, movies, outdoor activities, seeking honest, down-to-earth, loyal SM. Ad#.1550

VOLUPTUOUS
SWF, 47, red hair, outgoing, professional, enjoys cooking, gardening, taking walks, reading, dancing, seeking communicative, caring, warm SM, to spend life with. Ad#.7594

MEET FOR COFFEE
SWF, 57, 5'7", brown hair, glasses, pleasant, loving, employed, likes the outdoors, talking, travel, seeks understanding, romantic, honest, caring SM. Ad#.8056

INQUISITIVE MIND
Fun, straightforward SW mom, 30, 5'7", average build, trustworthy, enjoys talking on the phone, cooking, dancing, dining out, seeks mature, reliable, truthful SM, who loves kids. Ad#.8658

EXPECTS HONESTY
Average build SWF, 26, 5'6", long blonde hair, blue eyes, enjoys rollerblading, camping, downhill skiing, hoping to meet a SM, to be compatible with. Ad#.2254

GREGARIOUS
SW mom of two, 20, 5'5", 170lbs., brown hair, fun-loving, student, enjoys downhill skiing, walking, movies, seeks open-minded, fun-loving SM, who likes children. Ad#.3842

ACTIVE & BUSY
Attractive, truthful SW mom, 21, 5'8", brown hair, blue eyes, relaxed, enjoys reading, writing poetry, kids movies, seeks sincere, honest, communicative SM. Ad#.9644

NICE SMILE
SWF, 35, 5'7", 125lbs., brown hair, hazel eyes, cheerful, enjoys long walks, listening to music, dancing, doing crafts, seeking honest, caring, humorous SM. Ad#.1504

COMPATIBLE?
Easygoing SWF, 42, 5'4", blondish hair, green eyes, employed, enjoys reading, taking walks, dancing, seeks honest, communicative SM. Ad#.3634

NON-JUDGMENTAL
Tall East Indian SF, 24, 120lbs., blonde hair, blue eyes, employed, enjoys darts, shooting pool, taking walks, dining, dancing, seeks nice, honest SM, who's easy to get along with. Ad#.9226

GET TO KNOW ME
Intelligent SWF, 33, 5'10", 160lbs., long brown hair, blue eyes, employed, enjoys playing darts, cards, exercising, seeking honest, sincere, loyal SM. Ad#.3443

HOPELESS ROMANTIC
Bubbly, fun-loving SWF, 39, 5'2", salt and pepper hair, blue eyes, witty, enjoys camping, long walks, cuddling, country music, seeks caring, family-oriented, affectionate SM, who likes kids. Ad#.9917

BECOME FRIENDS FIRST
Open, honest SWF, 22, 5'5", average build, bluish-green eyes, educated, enjoys playing sports, music, outdoor activities, wants to meet a SM, who is easy to get along with. Ad#.8656

NEEDS A LITTLE TLC
Gentle SWF, 62, attractive blonde, classy dresser, enjoys good conversations, quiet evenings, knitting, crafts, seeks honest, trustworthy, sincere S gentleman. Ad#.7360

DESERVES THE BEST
Happy-go-lucky SWF, 30, 5'4", 125lbs., brown hair, green eyes, enjoys skating, biking, working out, movies, wants to meet a sensitive SM, who will treat her right. Ad#.7526

LOVES FINE DINING
Happy-go-lucky, romantic SWF, 39, 5'2", nice smile, can be serious, loves joking around, walks, cooking, crafts, seeks intelligent, caring, stable, good-looking SM, with no dependents. Ad#.2855

CARES ABOUT PEOPLE
Humorous SWF, 35, 5'1", 135lbs., brown hair, blue eyes, fun-loving, stable job, likes car racing, gardening, dining out, seeks communicative SM. Ad#.7283

FAMILY TYPE PERSON
Open, easygoing SWF, 49, 5'7", not afraid of hard work, enjoys crafts, gardening, skating, seeks active, honest, caring SM. Ad#.8314

ENJOYS A GOOD LAUGH
Sensitive SWF, 24, 5'8", full-figured, brown hair, blue eyes, likes Bingo, dancing, sports, seeks a responsible, stable SM, who likes children. Ad#.2034

DOESN'T WANT HANG-UPS
SW mom, 41, 5'9", heavyset, enjoys needlepoint, bowling, swimming, baking, cooking, walks, seeks honest, trustworthy, sincere SM. Ad#.5667

NO HANG-UPS HERE
Petite SWF, 46, 5'3", blonde hair, blue eyes, very bubbly, likes photography, old-fashioned romance movies, seeks honest, compassionate, happy SM. Ad#.8069

HAPPY & HEALTHY
Adventurous SWF, 54, 5'3", 120lbs., blue-eyed blonde, enjoys golf, gardening, home life, music, cards, seeks relationship with an open-minded, caring, warm, content SM, who's also healthy. Ad#.9438

ANYTHING IN COMMON?
Outgoing SWF, 52, 5'4", blonde, blue eyes, N/S, social drinker, loves people, animals, talks, travel, movies, dining, walks, seeks sincere, romantic, secure SM, to share ups & downs. Ad#.5535

FROM DAY ONE!
Caring, honest SWF, 24, 5'8", brown hair, green eyes, enjoys movies, sports, seeking kind, caring, committed SM. Ad#.4395

BUBBLY DELIGHT
Chipper SW mom, 36, 5'2", 150lbs., employed, hobbies are sports, crafts, seeks honest, well-groomed, easygoing SM, to share smiles with. Ad#.5879

SOCIALLY AWARE
SWF, 46, 5'5", blonde hair, blue eyes, enjoys skiing, skating, bowling, seeking communicate, caring SM. Ad#.9875

FOR CASUAL DATING
Professional SWF, 39, petite, dark auburn hair, green eyes, N/S, social drinker, loves country music, dancing, board games, most sports, interested in meeting honest, sincere SM. Ad#.4391

LIKES TO SPOIL PEOPLE
Very petite, attractive SWF, 36, 5'3", blonde hair, hazel eyes, loves sports, music, movies, candlelight dinners, seeking SM, for soul mate. Ad#.8849

NO DOUBT ABOUT IT!
Good-looking, employed SWF, 21, 5'3", long blonde hair, blue eyes, enjoys dancing, music, cards, swimming, seeking fun-loving, communicative, career-oriented SM. Ad#.3477

NEAT APPEARANCE
Petite, small-boned SWF, 57, shy at first, loves music, reading, pets, music, cooking, country drives, hoping to meet considerate, kind SM. Ad#.9310

LIKES TO LAUGH
Outgoing, fun-loving SWF, 30, 5'5", 130lbs, brown hair/eyes, nurse, enjoys walks, the outdoors, seeks positive, humorous, carefree SM. Ad#.8920

VERY ROMANTIC LADY
Understanding SWF, 32, 5'5", 150lbs., brown hair, blue eyes, enjoys dancing, singing, fishing, seeks compatible SM, who loves children. Ad#.8337

PETITE BRUNETTE
Blue-eyed SWF, 38, 4'11", medium build, likes baseball, cooking, going to hockey games, hoping to meet a SWM, who is honest, humorous & romantic. Ad#.9119

Males Seeking
Call
1-900-451-3959 Ext. 12
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JOLLY SOUL
SWM, 47, 5'8", 200lbs., full head of hair, friendly, happy, enjoys fishing, golf, boating, stock car races, seeks honest, caring S/DF. Ad#.1771

STAND BY ME
Outgoing SWM, 33, 6'4", 270lbs., brown hair, blue eyes, professional, enjoys sports, seeks honest, trustworthy, caring SF. Ad#.5815

SHARE MY TIME
Slim SWM, 43, short hair, shy at first, enjoys working on radios, the outdoors, sports events, seeking nice, friendly, sweet SF. Ad#.5269

NEW ADVENTURES
Soft-hearted SWM, 38, 6', 190lbs., brown hair, green eyes, attractive, enjoys horseback riding, rollerblading, biking, seeking personable, romantic SF. Ad#.8746

MISSING PERFUME
Professional SWM, 55, 5'9", 175lbs., N/S, social drinker, fun-loving, hobbies range from dining out, fishing trips, seeks open-minded, adventurous SF. Ad#.6755

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NC	Native Canadian	♥	Double Dater		

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PLEASANT SMILES
SWF, 37, 5'8", trim build, happy-go-lucky, good-humored, employed, hobbies are movies, reading, dancing, seeks honest, compassionate, witty SF. Ad#.5876

COMMUNICATIVE?
SWM, 29, 5'4", 165lbs., brown hair, blue eyes, fun-loving, outgoing, enjoys walks, cooking, outdoor activities, dancing, seeks honest, good-humored SM. Ad#.8066

NICE & HANDSOME
Chipper SWM, 33, 6', 160lbs., brown hair/eyes, employed, enjoys his boat, fishing, sports, outdoor recreation, seeks bright, well-rounded, pretty SF. Ad#.2102

LOVES CHILDREN
SW dad, 37, 6', 180lbs., outgoing, shy, enjoys fishing, cooking, horseback riding, seeks honest, straightforward SF. Ad#.7930

DETERMINED
Witty, passionate SWM, 38, 6', 165lbs., brown hair, blue eyes, mustache, physically fit, employed, enjoys his children, the outdoors, reading, movies, seeks honest, attractive, listening, slim SF. Ad#.8019

FROM THE HEART
Humorous, helpful SWM, 26, 5'10", bulky, strong, enjoys sports, building models, walking, playing cards, seeks honest, attractive, funny, talkative SF. Ad#.9731

AVID GOLFER
Retired SWM, 56, 5'8", in great shape, wants to meet a compatible SF, to share a caring relationship with. Ad#.9768

SETTLING DOWN
SWM, 40, 5'10", 150lbs., brown hair/eyes, retired, likes quiet times, swimming, woodworking, politics, seeks dependable, understanding, sincere, truthful, thoughtful, considerate SF. Ad#.9215

DON'T ARGUE!
East Indian SM, 25, 5'8", 175lbs., brown hair, hazel eyes, friendly, humorous, enjoys working on cars, camping, some sports, seeks easygoing, sociable SF. Ad#.2255

TO BE CONTENT
Friendly SWM, 44, 5'7", 170lbs., brown hair/eyes, likes fishing, hunting, playing cards, looking for an honest SF, who likes to talk and is interested in a long-term relationship. Ad#.9525

COMMON GROUND
Athletic, easygoing, employed SWM, 25, 5'10", 175lbs., brown hair, hazel eyes, enjoys sports, movies, dancing, seeking communicative SF, athletic a plus. Ad#.4586

FROM THE HEART
Physically fit SWM, 33, 5'9", brown hair, blue eyes, likes to joke around, enjoys country music, snowmobiling, skiing, collecting toys, seeks honest, sensitive SF, to enjoy what life has to offer. Ad#.8169

ENTERTAINING
Witty SWM, 39, 5'9", 160lbs., golden blond hair, blue eyes, enjoys working out, cycling, shooting pool, looking for an easygoing, attractive SF, who is serious about looking for a possible relationship. Ad#.9005

FOR TRUE LOVE
Very truthful SM, 37, 6'2", 190lbs., light brown hair, green eyes, enjoys the outdoors, quiet times, a glass of white wine, seeks a compatible SF, who has good morals and values. Ad#.2304

I FIX CARS
Tall, blond SWM, 47, heavy build, in good shape, clever, thoughtful, articulate, enjoys travel, dining out, movies, seeks sensible, even-tempered SF. Ad#.2113

COMMUNICATION
Humorous SM, 36, 6'2", 190lbs., brown hair, bluish-green eyes, enjoys reading, walks, the outdoors, seeking sincere, honest, monogamous SF. Ad#.4304

WILL CALL YOU
SWM, 40, 6'3", 190lbs., blond hair, blue eyes, shy, likes the outdoors, tennis, country living, seeks honest, caring, attractive SF. Ad#.7478

CAN'T GO WRONG!
Caring, honest SWM, 33, 5'9", 165lbs., well-built, goatee, secure job, enjoys working around the house, skating, sailing, walking, looking for an honest SM, for relationship based on friendship. Ad#.5772

NEW BEGINNINGS
SWM, 39, 5'9", 140lbs., light brown hair, blue eyes, enjoys music, reading, board games, walking, wants to meet a sensitive, N/S SF, who is willing to give a new relationship a chance. Ad#.9290

GREAT OUTLOOK
Attractive SWM, 35, 5'10", spontaneous, enjoys a lot of outdoor activities, sports, looking for a good-looking SF, who wants to enjoy every moment as it comes. Ad#.7276

ENJOYS LIFE
SWM, 37, medium build, easygoing, professional, enjoys cross country skiing, ceramics, Bingo, reading, seeking emotionally stable, fun-loving SF. Ad#.1352

PEOPLE PERSON
Easygoing, good-looking SWM, 25, 6', 190lbs., enjoys skiing, golfing, wants a serious relationship with a humorous, attractive, respectful SF, who he can trust. Ad#.8243

DEPEND ON ME
Humorous, outgoing SWM, 30, 6'1", 175lbs., curly brown hair, green eyes, honest, likes boating, fishing, mountain biking, hiking, seeks truthful, outgoing, attractive SM. Ad#.9457

COUNTRY LIVING
Fit SWM, 34, self-employed, enjoys movies, reading, TV, gardening, seeking honest, trustworthy SF, to share quality time. Ad#.9510

COMMON SENSE
Sensible SWM, 27, 5'7", medium build, dark hair, employed, enjoys long walks, movies, dining out, traveling, seeking honest, sincere, caring SF. Ad#.6443

WELL-DRESSED FELLOW
Happy-go-lucky SWM, 48, 5'8", 208lbs., enjoys fishing, golf, walks, seeks SF, with similar interests. Ad#.8238

LIKE WHAT YOU SEE?
SWM, 25, 6', 200lbs., brown hair/eyes, fun-loving, caring, enjoys biking, golf, seeks sweet, kind, gentle SF. Ad#.4283

LOVES CHILDREN
SWM, 47, 5'6", 150lbs, brown hair, blue eyes, easygoing, enjoys watching sports, auto racing, the outdoors, seeks honest SF, for quality time. Ad#.8372

READY FOR ADVENTURE
SWM, 25, 5'9", 175lbs., brown hair, blue eyes, truthful, friendly, enjoys camping, cooking, seeks honest, humorous, sensitive, romantic SF. Ad#.3303

WELL-ORGANIZED
Clean-shaven SWM, 27, 6', 190lbs., enjoys working on the computer, dining out, listening to music, looking for compassionate, low-keyed SF, for friendship, possible relationship. Ad#.9758

JUST GIVE ME A CALL!
Cute, outgoing SWM, 30, brown hair, blue eyes, basically leads a normal life, enjoys dancing, volleyball, soccer, wants to meet a pretty SF, for possible relationship. Ad#.8768

ROMANTIC EVENINGS
Easygoing, employed SWM, 33, 6', 160lbs., brown hair/eyes, enjoys bowling, camping, fishing, sports, seeking honest, open SF, with old-fashioned values. Ad#.3866

A SOUL MATE
Outgoing, happy SWM, 26, 5'10", 180lbs., clean-shaven, attractive, likes movies, moonlight walks, biking, jogging, seeks straight-acting, fun, clean, good-looking, humorous SM, 18-25. Ad#.9711

GET TO KNOW ME
Tall, outgoing, employed SWM, 27, light brown hair, blue eyes, enjoys darts, shooting pool, swimming, seeking honest, outgoing, trustworthy SF. Ad#.6710

ROMANTIC-AT-HEART
Hardworking SWM, 45, 5'9", 145lbs., brown hair, hazel eyes, enjoys golf, dining out, working with wood, cooking, travel, seeks supportive, caring, humorous SF, with similar interests. Ad#.5273

ARE YOU THE ONE?
SWM, 35, 6'2", brown hair, hazel eyes, outgoing, romantic, enjoys long romantic walks, star gazing, cuddling on the couch, seeks honest, compatible SF. Ad#.2092

HAS A GOOD JOB
Easygoing, fun-loving SWM, 39, 5'11", 155lbs., doesn't drink very much, drug-free, enjoys bowling, boating, skiing, skating, wants to meet honest, caring SF, with a good sense of humor. Ad#.1847

THINK ABOUT IT
Employed SWM, 40, 5'10", 180lbs., short hair, hobbies include good talks, sports, hiking, seeks well-groomed, honest SM, for friendship, possible relationship. Ad#.8436

FUN TO BE WITH
SWM, 39, 5'7", brownish-red hair, brown eyes, easygoing, fun-loving, loves cooking, sports, working with horses, seeks happy-go-lucky SM. Ad#.8618

HEART OF GOLD
SWM, 37, 6', blond hair, blue eyes, outgoing, likes to laugh, enjoys camping, hiking, sports, seeks friendly, trustworthy SF. Ad#.4066

READY TO SETTLE?
Fun-loving SWM, 35, 5'11", blond hair, blue eyes, enjoys camping, fishing, hiking, seeks honest, trustworthy, compassionate SF, who will be there for him. Ad#.5973

PERSONALLY YOURS
SWM, 34, 5'2", blond hair, blue eyes, humorous, optimistic, enjoys golf, tennis, weightlifting, seeks funny, open-minded, communicative SF. Ad#.1944

TAKE A CHANCE
SWM, 30, 5'8", 160lbs., honest, communicative, romantic, affectionate, enjoys TV, movies, music, seeks honest, outspoken, understanding SF. Ad#.3091

HAS A BIG HEART
Funny DWM, 32, 6', 170lbs., employed, likes doing reasonable things on the spur of the moment, looking for honest SF, willing to compromise and talk. Ad#.7295

HONESTY A MUST!
Outgoing, employed SWM, 37, 5'10", 200lbs., dark brown hair, blue eyes, enjoys long walks, movies, the beach, seeks fun-loving, romantic SF. Ad#.1340

COMPATIBLE INTERESTS?
Fun-loving WM, 28, 6'2", 210lbs., brown hair, blue eyes, self-employed, enjoys skiing, the outdoors, seeking easygoing, communicative M. Ad#.1749

SOFT-SPOKEN
Good-looking SWM, 39, 5'11", 163lbs., self-employed, enjoys fishing, camping, swimming, quiet times, sports, TV, music, seeks attractive SM. Ad#.8204

STOP! RESPOND!
SWM, 27, 5'5", 130lbs., brown hair, blue eyes, employed, enjoys art, photography, seeking SF, with a good personality, for fun times. Ad#.7809

SHY TENDENCIES
SWM, 29, 5'11", 175lbs., brownish-blond hair, employed, enjoys reading, cooking, antiques, seeks honest, caring SM, to share interests with. Ad#.9800

Obituaries

CROWDER - Mary Alice

Passed away at St. Joseph's Villa on Tuesday, February 4th, 1997.

Mrs. Mary Alice Crowder, in her 96th year, born in Williamstown, Ontario; formerly of 314 Eighth Street West.

Dear daughter of the late Joseph Roderick and the late Alice Pidgeon.

Beloved wife of the late Hubert Crowder.

Loving mother of John (Edward) Crowder (Rita); Leonard Crowder; Robert Crowder (Cecile); Kathleen Barnabe and Mrs. Yvonne Laroches, all of Cornwall; Kenneth Crowder (Joan) of Whittier, California and Mrs. Loretta Legroulx of Pomona, California.

Also survived by ten grandchildren and nineteen great grandchildren.

Predeceased by one daughter, Jennie Crowder and by four brothers, John, William, Charles and Henry Roderick.

The funeral took place on Thursday, February 6th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., West Branch to the Memorial Chapel, Cornwall. Spring interment in Notre Dame Cemetery.

CHARLEBOIS - Alfred (Fred) Hector

Passed away at the Hotel Dieu Hospital on Thursday, February 6th, 1997.

Mr. Alfred (Fred) Hector Charlebois, in his 89th year, born in Les Cedres, Quebec, of Glen-Stor-Dun Lodge; formerly of Martintown.

Dear son of the late Procule Charlebois and the late Alexina Lalonde.

Beloved husband of the late Jeanne Lily Dicaire.

Loving father of Lucille (Mrs. Don Sayyeau) of Cornwall; Claude Charlebois (Faye) of Dartmouth, Nova Scotia; Roger Charlebois (Helene) of Orleans and Robert Charlebois (Anita) of St. Zotique, Quebec.

Dear brother of Oliver and Andre Charlebois and Helene (Mrs. Alex Corriveau), all of Cornwall and Antoinette (Mrs. Arthur Landry) of Grande-Anse, New Brunswick.

Also survived by eleven grandchildren and five great grandchildren.

Predeceased by two brothers, Idola and Gerard Charlebois and by seven sisters, Mrs. Edmeria Lapointe, Mrs. Germaine Lessard, Reverend Sister Alida Charlebois, Mrs. Alice Brunet, Yvonne Charlebois, Mrs. Therese Landry and Mrs. Marie-Anne Dufresne.

The funeral took place on Monday, February 10th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., East Branch to St. William's Church, Martintown, followed by cremation. Reverend Thomas Villeneuve of St. Williams' Church officiated, assisted by Reverend Gerald Poirier.

The pallbearers were Michael Sayyeau, Carolyn Sayyeau, Joel Charlebois, Julie-Ann Charlebois, Sylvie Charlebois and Melanie Charlebois.

MARION - Cecile Aurore

Passed away at the Hotel Dieu Hospital on Sunday, February 9th, 1997.

Mrs. Cecile Aurore Marion, age 77 years, of Sandfield Place, Cornwall.

Beloved wife of the late Albert Hector Marion.

Dear daughter of the late Albert Longtin and the late Roseanna Beauvais.

Loved mother of Gisele (Mrs. Fernand Lebrun) of Williamstown and Jean-Guy Marion (husband of Francine) of Niagara On The Lake, Ontario.

Dear sister of Yvonne (Mrs. Victor Dionne); Simone (Mrs. Theo Gravelle); Marguerite (Mrs. Art Lalonde); Marie-Rose (Mrs. Jim MacDonald), all of Cornwall; Therese (Mrs. Gerald Lalonde) of Courtney, British Columbia; Armand Longtin (husband of Verna) of Orillia, Ontario and Gerard Longtin (husband of Marie) of Woodstock, Ontario.

Sadly missed by five grandchildren, Julie, Sophie, Martin, Paul and Luc.

Predeceased by three brothers, Ernest, Aurel and Robert.

The funeral took place on Wednesday, February 12th, 1997 from the Wilson Funeral Home, 822 Pitt Street, Cornwall with the Mass of Resurrection with Commendation and Farewell celebrated by Reverend Rene Dube in Holy Cross Roman Catholic Church. Rite of Committal at a late date in St. Therese D'Avile Parish Cemetery, Marionville, Ontario.

The pallbearers were Yves, Benoit and Leo Marion, Paul and Martin Lebrun and Ken MacDonald.

HARRIS - Milas

Passed away at the Janet MacDonell Memorial Pavilion on Friday, February 7th, 1997.

Mr. Milas Harris, age 81 years, retired Courtaulds employee.

Beloved husband of the late Verna Hawn.

Dear son of the late Eva Alguire and the late Gordon Harris.

Loving father of Gordon Harris (husband of June) of Kincardine, Ontario; Grant Harris (husband of Carol) of Long Sault, Ontario and Sharon (Mrs. Cerdan Leger) of Cornwall.

Dear brother of Lillian Steele of Newington.

Sadly missed by six grandchildren and seven great grandchildren.

Predeceased by two sisters, Golden Steele and Beulah Kehoe and by one grandson.

The funeral took place in the parlours of the Wilson Funeral Home, 822 Pitt Street, Cornwall on Saturday, February 8th, 1997. Reverend Terry Dunlop of Knox-St. Paul's United Church officiated.

LANDRY - Marie Therese

Passed away in hospital on Monday, February 3rd, 1997.

Mrs. Marie Therese Landry, in her 67th year, born in Cornwall, of 684 A Hamilton Crescent.

Dear daughter of the late Ovila Dube and the late Clara Matte.

Beloved wife of the late Bruno Landry.

Loving mother of Michel Landry (Jocelyn) of Casselman; Jean Guy Landry (Diane) and Denis Landry (Francine), both of Cornwall.

Dear sister of Adrien Dube; Antoinnette (Mrs. Jean-Paul Charbonneau); Irene (Mrs. Owen Hart); Adrienne (Mrs. Roland Landry) and Rita (Mrs. Gaston Champagne), all of Cornwall and Estelle (Mrs. Ron St. Louis) of Morrisburg.

Loving grandmother of four grandchildren, Melanie, Daniel, Benoit and Marc Landry.

Predeceased by one brother, Albert Dube.

The funeral took place on Thursday, February 6th, 1997 from the M. John Sullivan Funeral Home, 341 Pitt Street to Nativity Co-Cathedral for Mass at 10 a.m. Spring interment in Nativity Parish Cemetery. Monsignor Rejean Lebrun, Pastor of Nativity Co-Cathedral officiated.

The pallbearers were Jacques Landry, Tom Murphy, Claude and Robert Champagne, Alain Charbonneau and Jean-Charles Landry.

MARTIN - Euphemia (Mimi)

Passed away at Primrose Manor on Tuesday, February 4th, 1997.

Mrs. Euphemia (Mimi) Martin, in her 87th year, born in Moose Creek, Ontario, formerly of 118 Fourth Street East, Apt. #301 and 36 Baldwin Avenue.

Dear daughter of the late Jean-Baptiste Guertin and the late Mathilde Lamarre.

Beloved wife of the late Donat Edward Martin.

Loving mother of Robert R. Martin of Ste-Therese, Quebec and Denise J. Martin of Cornwall.

Dear sister of Mrs. Mathilde Brisebois of Casselman.

Loving grandmother of Eric Martin of St-Placide, Quebec; Francois Martin of Rimouski, Quebec and Dominique Martin of Longueuil, Quebec.

Predeceased by two sons, Jean and Emile Martin; three brothers, Wilfrid, Louis and Anthime Guertin and by five sisters, Mrs. Imelda Gibeault, Mrs. Yvonne Drouin, Mrs. Maria Lauzon, Mrs. Thais Beaulac and Miss Elizabeth Guertin.

The funeral took place on Thursday, February 6th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., East Branch to Nativity Co-Cathedral, Cornwall. Spring interment in Nativity Parish Cemetery. Monsignor Rejean Lebrun of Nativity Co-Cathedral officiated, assisted by Deacon Stephan Gamache.

The pallbearers were the Nativity Guards.

WILSON - Lola Jenny Marion

Passed away at the Hotel Dieu Hospital on Thursday, February 6th, 1997.

Lola Jenny Marion Wilson, in her 79th year, born in Goulburn Township, of 1610 Pitt Street; formerly of 3 Sunnyside Avenue.

Dear daughter of the late James Roy Wilson and the late Lily Anderson.

Dear sister of Howard Wilson (Beatrice) of Micksburg, Ontario and D'Arcy Wilson (Irene) of R.R. #1 Long Sault.

Predeceased by three brothers, Sylvester, Frank and Elwin Wilson and by two sisters, Mrs. Evelyn Gillespie and Mrs. Eunice Kellogg.

The funeral took place on Saturday, February 8th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., West Branch to the Memorial Chapel, Cornwall. Spring interment in St. Lawrence Valley Union Cemetery. Reverend Terry Dunlop of Knox-St. Paul's United Church officiated.

INGRAM - Marie Elizabeth

Passed away at her residence on Thursday, February 6th, 1997. Mrs. Marie Elizabeth Ingram, in her 59th year, born in Bainsville, Ontario, of 650 Hamilton Crescent.

Dear daughter of the late James Richardson and the late Christina Trickey.

Beloved wife of the late Vincent Ingram.

Loving mother of Julie (Mrs. Marc DeMontigny); Laurie Cadieux; Mrs. Bonnie Biddle and Vincent Ingram Jr., all of Cornwall and Jeanie Gougeon of Glen Walter.

Dear sister of John, James and Herbert Richardson, Mrs. Pearl Pottery and Christina (Jean) O'Byrne.

Also survived by twenty grandchildren.

The funeral took place on Monday, February 10th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., West Branch to the Memorial Chapel, Cornwall, followed by cremation. Reverend Garry van Bruchem of Knox-St. Paul's United Church.

Mrs. Ingram was formerly employed as a Red Cross Homemaker and also as a cook at Heritage Manor.

LAUZON - Vernon (Cricket) Archibald

Passed away at the Ottawa General Hospital on Sunday, February 9th, 1997. Mr. Vernon (Cricket) Archibald Lauzon, in his 60th year, born in Cornwall, Ontario, of 43 Frost Avenue, Long Sault.

Dear son of the late Leonard Lauzon and the late Hilda Kyer.

Beloved husband of Shirley Major.

Loving father of Mark Lauzon (Leslie-Anne) of Ingleside and Pamela Squire of Long Sault.

Dear brother of Leonard Lauzon (Paulette); Joan Lauzon and Marilyn Belanger, all of Cornwall.

Loving grandfather of Brittany and Jordan.

Dear nephew of Mrs. Edna Scott of Cornwall.

Predeceased by one brother, Clayton Lauzon.

The funeral took place on Thursday, February 13th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., West Branch to St. Pius X Church, Long Sault, followed by cremation. Reverend David Ostler of St. Pius X Church officiated.

The pallbearers were Steven Lauzon, Terry Lauzon, Warren Belanger, Burns Major, Dean Major and Brian Major.

LAPIERRE - Richard George

Passed away at the Cornwall General Hospital on Saturday, February 8th, 1997. Mr. Richard George Lapierre, in his 48th year, born in Cornwall, of 1117 Captain MacDonald Road.

Dear son of the late Joseph Lapierre and the late Mary Dore.

Beloved husband of Wendy Thompson.

Loving father of Joseph Lapierre (Tracy) of Cornwall and James Lapierre of Ottawa.

Dear brother of Arthur Durocher; Helen (Mrs. Gerald Delorme); Theresa (Mrs. Brimo Levac); Irene (Mrs. George Cholette) and Claira (Mrs. Emile Cholette), all of Cornwall; Beatrice (Mrs. Denis Gauvin) of Long Sault; Pauline (Mrs. George Piette) of Morrisburg; Anna Boileau of St. Andrew's West and Claudette (Mrs. Ronald Potter) of Oshawa.

Loving grandfather of Jordan.

Predeceased by one brother, Leo Durocher.

The funeral took place on Tuesday, February 11th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes Ltd., West Branch to the Memorial Chapel, Cornwall, followed by cremation.

The honourary bearers were Daniel Gauvin, Guy Potter, Greg Potter, Darin Hill, Ian Levac and Lee Levac.

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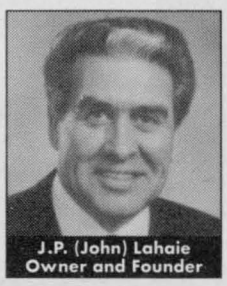
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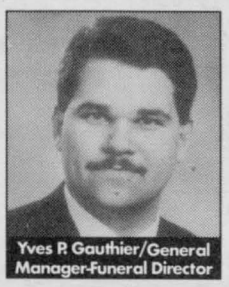
Owner and Founder


Claudette R. Lahaie
Owner-Funeral Director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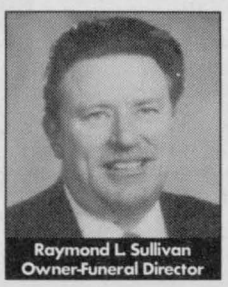
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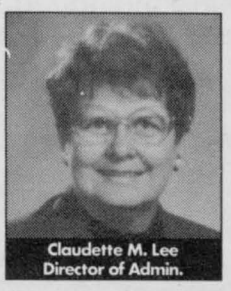
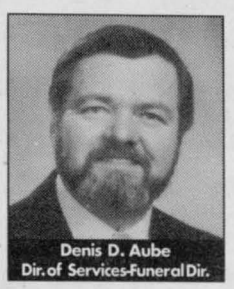

Claudette M. Lee
Director of Admin.


Denis D. Aube
Dir. of Services-Funeral Dir.

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"Turn to a Friend"

Bridge Results

Seaway City Bridge Club
March 17/97

N/S
1. Jocelyn Campbell - Louis Rioux
2. Gloria Blanchard - Reina Drouin
3. Jean Forbes - Jean Stokes

E/W
1. Fernande Cardinal - Gabrielle Tremblay
2. Hermine Ladouceur - Rita Struthers
3. Roxanne Danis - Janice Keen

Independent Bridge Club
Mar. 19/97

N/S
1. Adelaide Hunter - George Bissonnette
2. Jean Forbes - Joyce Harrison
3. Brunelle MacDonald -Louis Rioux

E/W
1. Ben Bouvier - Madan Seth
2. Jeannine Leroux - Laurette McAlear
3. Ida Cadieux - Georgette Lauzon

Cornwall & District Bridge Club
March 20/97

1. Kirk Malette - Voyteck Pomykalski
2. Richard Fawthrop - Ron Jenne
3. Jeanine Alain - Everett Wells
4. Nelsa Kalil - Jeana Reilly
5. Margaret Campbell - Barbara Taylor

Senior Citizens Bridge Club
Mar. 21/97
Club Championships

1. Yolande Boutin - Bert Mosher
2. Dora Barrington - Hermine Ladouceur
3. Jean Boileau - Pat McIntosh
4. Terry Forsyth - Carol Reus
5. Joyce Harrison - Louis Rioux
6. Mabel Chan - Diana Macaulay
7. Gloria Blanchard - George Bissonnette

Seaway City Bridge Club
March 24/97

N/S
1. Jean Forbes - Jean Stokes
2. Hermine Ladouceur - Jeannine Leroux
3. Yvonne Bergeron - Jean Boileau

E/W
1. Kay Barlow - Lyette Ladouceur
2. Florence Bergeron - Rita Struthers
3. Emma Farlinger - Gabrielle Tremblay

Cornwall Community Bridge Club
March 24/97

1. Margaret Campbell - Carol Reus
2. Bob Dalgleish - Steve Lassner
3. Jocelyn Campbell - Diana Macauley
4. Barbara Taylor - Richard Fawthrop

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- P.I.P.
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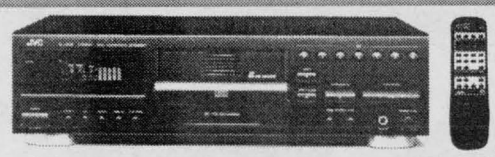
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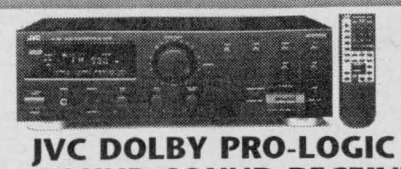
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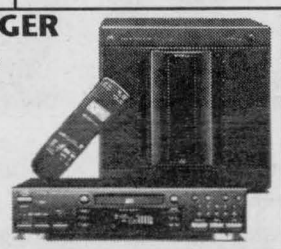

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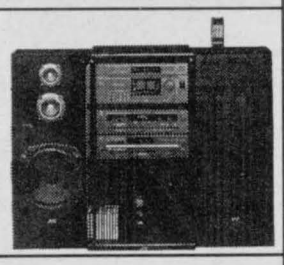

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