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SEAWAY NEWS

November 17, 2000 VOLUME 14, ISSUE 46 SERVING CORNWALL AND AREA

Alumni Office Opens at College



The hall was full for a small ribbon cutting officially opening the new Alumni Office at St. Lawrence College. Some of the dignitaries in attendance were Rick Shaver, Alumni Association President; Sophie Lauzon, Student Union President and Tyler Forkes, Alumni & Development Officer.

For related story, please see page 2.

Story & photo by Chris McPhee

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Alumni Office Opens at College

The Cornwall Branch of the St. Lawrence College Alumni Association held a small ribbon cutting ceremony on November 7th, for its first alumni office on campus. The office, which is now situated at M207, will be the planning centre for future campus Alumni activities.

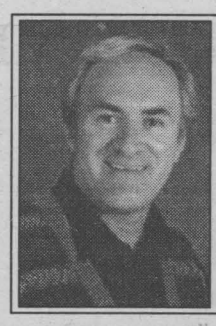
Tyler Forkes, Alumni and Development Officer for the college said, "We have over 50,000 alumni from the three campuses and we only have 50% of their current addresses. We are also very excited to have Rick Shaver on board as our President of the Alumni Association."

"I am very pleased to be working with the College in the creation of a local branch for Cornwall," stated Rick Shaver. "The focus is to progress and to continue to grow. Alumni can help their alma mater in many ways, such as: sharing career information in class presentations, providing work placement opportunities, offering guidance, and raising funds for special campus activities." According to Shaver, many past graduates want to do something for their College. Now they'll have a place where they can meet, and plan strategies to get involved."

"I would like to welcome Rick Shaver, and to thank him for his dedication," added St. Lawrence College President Volker Thomsen. "It is very symbolic that an alumnus takes on such an important role at St. Lawrence."

At the opening, Shaver announced a reunion dinner that is being planned for March 1st, 2001 at the Best Western Parkway Inn. He hopes to have 200 alumni, former teachers and staff come together for an evening of 'catch-up'. "This dinner is also an opportunity for groups of old friends and classmates to share an evening out together. We never seem to get around to doing that."

Tickets for the dinner will be available for $30 per person by contacting the new alumni office at 933-6080, ext. 2571.



Music Update

Yvan **BRUNET**

Johnny Cash "Solitary Man" - American/Sony. The Man in Black is a legend but his voice has weakened immensely the past few years as witnessed on this so-so recording featuring a few covers and a few original tracks.

Various Artists "75 Years of The Grand Ole Opry" - MCA. Two separate volumes which sport great moments in country music history recorded live on stage at the Grand Ole Opry through the years featuring: Hank Williams, Bill Anderson, Lefty Frizzell, Ernest Tubb, Vince Gill, Bill Monroe, Chely Wright, Travis Tritt, etc.

Various Artists "New Country 7" - WEA. Super compilation of country hits by the Dixie Chicks, SheDaisy, Paul Brandt, Jo Dee Messina, The Wilkinsons, Dwight Yoakam, Toby Keith and the country beat goes on.

Cliff Richard "The Whole Story: His Greatest Hits" - EMI. The title of the double album says it all: "Living Doll," "Devil Woman," "She's So Beautiful," "Daddy's Home" plus 42 other hits. Awesome!

Lonestar "This Christmas Time" - BMG. The lads who had a big hit with "Amazed" are back with their first Christmas album which includes countrified renditions of holiday favourites and three original songs that beckon some attention.

Various Artists "Jazz" - Verve. "Jazz" (a 10-part TV series) revolves around the stories of compelling personalities such as Louis Armstrong, Benny Goodman, Billie Holiday, Charlie Parker, John Coltrane, Duke Ellington and several other jazz giants whose swing and dance music is featured on this CD. There's much to enjoy!

Greg Vail "Just The Way You Are" - Delta/Time Life. Turn saxophonist Greg Vail's romantic music on then stroll down the Paris boulevard of your dreams, with stops at cafes along the way for piquant sips of Pernod. Now that's life!

James Armstrong "Got It Goin' On" - Hightone. California bluesman James Armstrong has crafted a great album that overflows with solid songs, powerful vocals and Robert Cray-esque guitar licks. All in all, authentic blues skillfully rendered.

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NORTHRIDGE FARMS AAA CANADA BEEF
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BULK
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LOCAL

Canada Post Appoints A Local Area Manager

Michel Billette has recently been appointed Canada Post's new local manager of Retail and Mail Operations.

Billette assumes responsibility for Canada Post's 44 offices located in the Cornwall, Alexandria, Lancaster, Chesterville, Winchester, Embrun and Casselman areas.

According to Paul Keery, Director of Operations, East Ontario Local Areas, Billette will be the "Mr. Canada Post" in the Cornwall area. Anything to do with Canada Post, from the delivery of the mail, to supervising outlets operated by our private-sector partners, to generating new business will fall under his direction. He will be the single point of contact for all Canada Post business in his area. This will translate into a better local presence of Canada Post in the community and by improved customer service.

Billette has held various positions in Montreal, Toronto and Ottawa during his 28 years with Canada Post. Before assuming his new position in Cornwall, Billette was manager of special projects at the Ottawa Mail Processing Plant.

Billette says his new position will allow him to make decisions about the business in the area and to adapt Canada Post policy and procedures to local situations. "Pilot projects which we've done have proven that we can provide better service to our customers when a local flavour is applied. That's going to be my role."

Food Drive At The Parade

It is that time of year again and so the call for help goes out to everyone to help fill the shelves at the Food Bank. This year the staff of The Bowling Palace of Cornwall have decided to throw their efforts behind a "Two-Tonne Food Drive" for the Agapè Center.

As entrants in this year's Santa Claus Parade, The Bowling Palace of Cornwall is asking parade enthusiasts to bring a non-perishable food item. Members of The Bowling Palace will pick up these items along the parade route. We are hoping that the well-known generosity of the people of Cornwall will be out in full force.



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The success of SigmaPoint Technologies is due to its uncompromising dedication to product quality and technical support throughout all phases of manufacturing.

SigmaPoint Technologies, located on Marleau Avenue, started operations one year ago, and is already looking at increasing its number of employees from 75 to 150 within the next six months.

"This fast paced industry is going to require key people in order to fulfill its mandate. Successful candidates will require the necessary skills in the area of technicians and technologists with focus on electronics and troubleshooting," states Dan Bergeron.

Trends are showing that the high-tech OEM's in both Montreal and Ottawa are outsourcing more of their manufacturing to firms such as SigmaPoint Technologies who specialize in providing not only the assembly, but also the final test and system operations.

SigmaPoint is seeking to hire college graduates as they become available to meet the growing demand.



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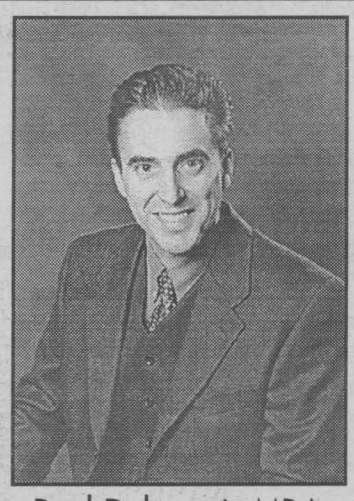

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Paul will be at this location every Wednesday between 9 am and 5 pm.

For more information to to setup a no obligation meeting to review your current portfolio an investment strategy, please contact Paul Debanné at 933-3215 or e-mail. debanp@tdbank.ca

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Computer Corner

John **LESTER**

As Christmas approaches more and more people are looking for the perfect gift for that home computer user. Unfortunately there are a lot of pit falls if you don't know much about computer technology. It's hard to buy an accessory or software program for a computer if you don't know what RAM is, or how much hard drive space is left on Juniors computer etc., etc., etc..

Here are a few guide-lines if you are going to be purchasing computer accessories or software this Christmas season.

All software packages list the "Minimum System Requirements". A typical list is like this.....

Operating System: Windows 95/98
CPU Type and Speed: Pentium 166MHz
Hard Drive Space: 40 MB
Memory: 32 MB
CD-ROM Speed: 4X
Other Needs: DirectX 6.0

Remember these are just the minimum requirements. Most game software packages will also give you a list of "Recommended System Requirements". If you want the game to operate smoothly I suggest that your system match these specifications. There is nothing more disappointing than spending $60 on a game and have it run like a slug on your computer. Or even worse is that your $60 game needs $500 in computer up-grade to run!

Unfortunately if you are not computer literate you are going to have to rely on the computer user to give you the computer specifications. You will also have to know these specifications if you are considering the purchase of a hardware accessory such as a scanner, digital camera, web-cam or joystick. Many of these new, and fun, accessories require a USB port and Windows 98 or ME to function. If the system you have at home is more that a couple of years old you may not be able to use them.

If you are really confused and don't want to mistake, gift certificates are fool proof.

For a list of computer hardware terms and definitions please feel free to e-mail me a jlcomputers@on.aibn.com

Marketing And Advertising Seminar

The Cornwall Business Self-Help Centre, a facility jointly funded by the City of Cornwall's Economic Development Department and the Ontario Ministry of Economic Development, Trade and Tourism, along with the Business and Industry Training Services at St. Lawrence College are presenting a seminar for prospective entrepreneurs called "Marketing and Advertising."

This presentation features information and advice from Mark Kulick, a Business Consultant with the Cornwall Economic Development Self-Help office, Rob Lalonde, from Persuasive Design, and Bob Peters, of Webtech. The seminar provides pertinent data for anyone interested in learning about marketing and advertising a business.

The Seminar is scheduled for Thursday, November 23rd, 2000 from 6:30 p.m. to 9:30 p.m. at St. Lawrence College, Moulinette Hall, Room 264. For information, call 933-0074.

Five CCVS Grads Receive Province's Aiming For The Top Tuition Scholarships

Post-secondary education these days is an expensive undertaking. Five graduates from Cornwall Collegiate and Vocational School just received a little help with this expense in the form of tuition scholarships. Through the Ministry of Training, Colleges and Universities' Aiming for the Top Tuition Scholarship program, Josee Denis, Jegan Mahendralingam, Mallory Ouellette, Andrew Seidel and Mark Van Beek may receive up to $3,500 per year, for up to four years, to further their education.

Aiming for the Top is a new program that the Ontario Government has introduced to reward students graduating with top marks from their high schools, and who plan to continue their studies at an Ontario college or university. Students who maintain an 80 per cent average at the post secondary level have an opportunity to qualify to receive these scholarships.

As these CCVS graduates begin their college or university careers, their Aiming for the Top Tuition Scholarships will provide both concrete financial support and recognition of their academic achievement.

LOCAL

OHS/Seaway Valley Medics Products Distribution Makes Donation



Paul Stefik (left) of OHS/Seaway Valley Medics Products Distribution donated and presented a first aid kit to the RCAF Wing 424 on September 19th, 2000. Accepting the kit is Pete Poirier, 1st Vice-President. With this generous gift also comes a full year's replacement of contents.

Story & photo by Joan Poirier

Poirier, Clingen Join Local Health Unit

The Eastern Ontario Health Unit (EOHU) announced recently the hiring of Keith Clingen and Jean Poirier for the newly-created, key positions of community relations officers.

From 1995 to 1999, Clingen, of Martintown, was special assistant to Noble Villeneuve, then Provincial Minister of Agriculture, Food and Rural Affairs. For 32 years, he worked in radio broadcasting, notably with a Cornwall radio station. Clingen is also a past president of the Cornwall Chamber of Commerce.

Poirier, currently President of the Association Canadienne Française de l'Ontario de Prescott et Russell, was the member of the Legislative Assembly for Prescott and Russell from 1984 to 1995. Prior to that, Poirier worked as economic development officer within Prescott and Russell. A graduate of environmental studies from the University of Waterloo, Poirier was parliamentary assistant to the Environment Minister and Official Opposition critic for that ministry.

Dr. Robert Bourdeau, medical officer of health and Director General of the EOHU, underlined the community relations officers important role. "We've created these new positions to ensure that public health issues are on the public's agenda," said Dr. Bourdeau. "It's important that we raise awareness of the Health Unit's mandate and issues in order to reach public health goals."

"We're delighted that Mr. Clingen and Mr. Poirier have accepted to join our team. We're confident they'll provide a strong link between the health unit and the general public, including educators, business owners and elected municipal and school officials, among others," said Dr. Bourdeau.



Breakfast Meeting On Property Assessment

The Cornwall Chamber of Commerce announced recently it will host a breakfast meeting on Tuesday, December 5th, 2000. Guest speaker will be Renée Picard from the Ontario Property Assessment Corporation (OPAC) who will present highlights of the new Assessment Roll.

OPAC recently completed a province wide assessment to update the value of all properties from a valuation date of June 30th, 1996 to a valuation date of June 30th, 1999. The values will be used by municipalities when they calculate property taxes in 2001 and 2002.

To inform property owners about the re-assessment, the Chamber has invited Ms. Picard to its December Breakfast meeting. During her presentation, she will offer information designed to clarify the new assessment.

The meeting will be held in the Cabaret Room of the Best Western Parkway Inn and Conference Centre beginning at 7:30 a.m. The cost of the session is $10. and includes a continental breakfast.



LETTERS TO SANTA

It's that time of year again. Soon the jolly old man himself will be making the long trip to deliver presents to all the girls and boys. We will once again be publishing your little one's letters to santa in the weeks leading up to Christmas.

You can send your letters to:
Seaway News
329 Second Street West,
Cornwall, Ont. K6J 1G8



or you can e-mail them to:
santa@cornwallseawaynews.com



Air Cadet Wing 325 Is Number One



THE PRESTIGIOUS DOCTOR WESTMAN TROPHY - Cornwall's Air Cadet Wing 325 is this year's winner. Representing the 115 cadets of the unit are (in clockwise order, starting at '7:00') FSgt Sophie Heuston, Sgt Stephanie Michaud, Capt. Ian Baitz (325's Commanding Officer), FSgt Steven Willis, WO1 Nick Legault, WO2 Peter Briffet and FSgt Amanda Gadbois.

Photo by Nick Wolochatiuk

By Nick Wolochatiuk

The prestigious Doctor Westman Trophy has been awarded to Cornwall's Air Cadet Wing 325, recognizing it as being the tops in proficiency of the 104 squadrons in the OPC (Ontario Provincial Committee) jurisdiction. Activities evaluated include drill, band, community involvement and community service.

The sponsors of 325 Wing, the Kiwanis Club of Cornwall and RCAFA Wing 424, have been well rewarded for their support of the 115 cadets now in the unit. It is the fourth time an Eastern Ontario Air Cadet unit has won this award. Cornwall has been a runner-up three times since 1980.

When Captain Gerald "Jerry" Joanisse, 325's Training Officer, was asked to explain the unit's success, he summed it up in one word, 'involvement.' "We owe it to everyone's dedicated involvement. The Kiwanians and the RCAFA support us financially, helping to cover costs that are not funded by the Department of National Defence and the Air Cadet League of Canada (a civilian non-profit corporation)."

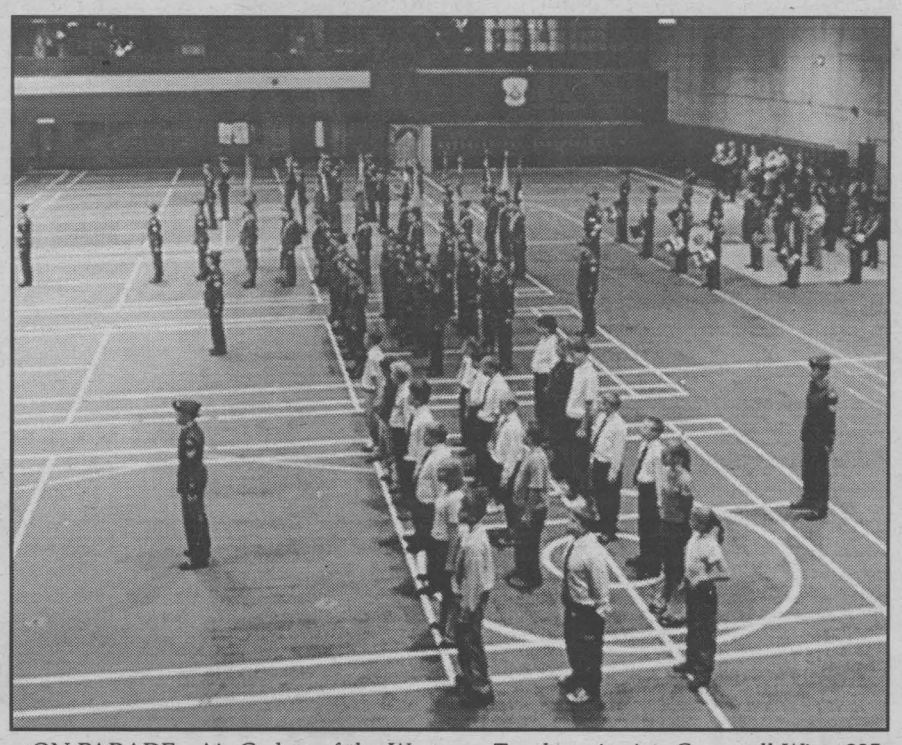
Joanisse continued with his 'involvement' outline. "The involvement of our staff officers and civilian instructors has been vital. The cadets themselves are involved through their attendance in weekly Wednesday evening gathering at the Cornwall Armoury and Saturday afternoon activities during the school year. In addition, many cadets go to summer camps in bases such as Trenton, Cold Lake (Alberta), Bagotville (Quebec) and exchange programs in the United States and England. This year we graduated two powered flight pilots and a glider pilot."

The 115 Cornwall Air Cadets are part of the 26,000 spread across the nation, making the Air Cadets the largest youth organization in Canada. The closest other Air Cadet units are to be found in Lancaster and Alexandria.

You will see some of the Cornwall Air Cadets in the Christmas parades of Cornwall and Morrisburg, the Remembrance Day ceremonies, the Battle of Britain annual commemoration, the Hotel Dieu Teddy Bear Picnic, the Cornwall Flying Club's Fathers' Day breakfast fly-in, glider flying at the Alexandria Airport and tree planting in selected rural areas.

If you are invited to purchase an Air Cadet lottery ticket to make you eligible to win a minivan, or if you are approached by a cadet on their April tag day, you have an opportunity to become a supporter of a valuable youth program.

If you have a son or daughter between the ages of 12-18 who might be interested in becoming part of the Air Cadet program, call (613) 937-0189 for further information.



ON PARADE - Air Cadets of the Westman Trophy winning Cornwall Wing 325 meet on Wednesdays in the cavernous Cornwall Armoury. Flight Three (foreground) are recent recruits who have not yet received their uniforms. Parade is the finale of each Wednesday's varied activities.

Photo by Nick Wolochatiuk

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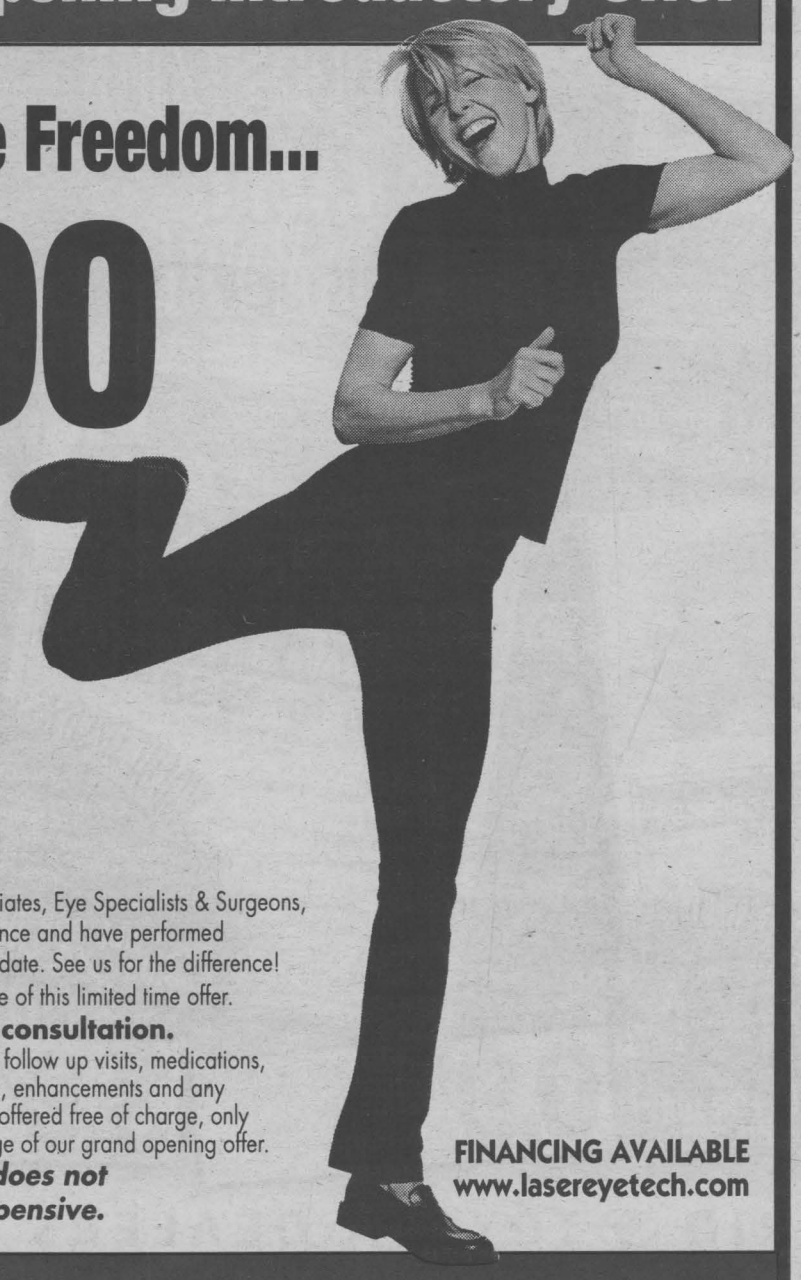

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6 cyl, auto, air, p.w., p.l., tilt, cruise, cass, low km
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LOCAL

Candidates Meet Youth



Students at St. Lawrence College got the chance to ask a few pertinent questions to the candidates of the recent election. Twenty-four various candidates were in attendance. In the photo (clockwise from the left) Dawn Harvey (Business Management student), Marc Bigras (Electro-mechanical Engineering student), Sophie Lauzon (Student Union President), Eugene Cardinal, Syd Gardiner and Andre Rivette got into a bit of a discussion before the meeting in the student lounge.

Story & photo by Chris McPhee

The St. Lawrence College Student Union recently held an 'All Candidates Meeting' in their student lounge. Twenty-four candidates from mayors, councillors, and school board trustees each spoke for two minutes then answered questions from the students.

"Approximately 60 per cent of our population is local people," said Student Union President, Sophie Lauzon. "We spent three weeks, with the help of Pat Finucan, (Director of Academic Operations for the College). We want our fellow students to be more aware of municipal issues and to understand the importance that we place on the partnerships between our College, the City of Cornwall, and the school boards in our region."

"I'm very happy that the students are taking an interest in local politics," added Pat Finucan. "It is important that everyone be well informed before they show up at the voting polls."

Pat Martin Appointed To The United Way



MARTIN

Mr. Tim Kirkby, 2000 Campaign Chair for the United Way of Cornwall and District is pleased to announce the appointment of Pat Martin as Division Chair of the Industrial Division of the current fundraising campaign to support the 19 member agencies.

In making this announcement, Mr. Kirkby stated that the Industrial Division is the largest division of our fundraising campaign and he has every confidence that Ms. Martin will handle this area of responsibility quite adequately and improve the financial results accordingly.

This is Ms. Martin's first year with the United Way and under her leadership this division will grow and set a new fundraising record.

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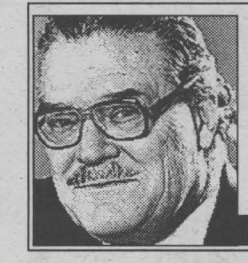
EDITORIAL

OPINION

Is There An Alternative To The Grits? And What's The Likely Makeup Of The Next House Of Commons?



Doug **FISHER**

My last column argued that the second Jean Chretien government has been a poor one. Its concluding advice was: don't vote Liberal!

This advice is negative, and some will think it unfair, in particular because the preceding argument did not deal with the question millions of voters are asking: is there a reasonable alternative to Chretien and the Liberals? In part, such voters mull and fret because only the Liberal party has roots and loyal backing across the land.

Surely it is now apparent a large number of citizens recognize the Chretien Liberals as often sleazy, arrogant fudgers. They are not reassured, however, by the other choices, in particular the Canadian Alliance and Stockwell Day.

Opening up this topic of choosing the Alliance helps us scout the likely makeup of the next House of Commons.

Beyond a fairly sure Alliance harvest of 80 of the 88 seats in the West, Quebecois voters seem certain to return Gilles Duceppe and at least 40 other Bloc MP's to Ottawa. Voters outside Quebec with worries over unity should factor that prospect in their reckoning.

The Bloc is a Quebec phenomenon, whereas those of us beyond Quebec have four other parties to weigh simply because they have full or close to full slates for the 301 ridings.

PC's And NDP Will Survive

It's now obvious (at least to me) that neither the Progressive Conservatives led by Joe Clark nor the New Democrats led by Alexa McDonough will be wiped out in this election. But having said that, it's almost as clear that neither party can win more than a score of seats.

If the Alliance garners 80 seats in the West, the Bloc 40 in Quebec, and the NDP and the PC parties as many as 15 each, this would still mean about half the MP's would be Liberals. The House would hover on the border of majority-minority status. This would likely push Chretien to get assurance from another caucus - probably the NDP's - to gain and keep the confidence of the House for any workable length of time (as Pierre Trudeau did between 1972 and 1974).

Most of us have noticed the Liberals' slow slide of 10 points in opinion polling in the first three weeks of the campaign. If this slippage continues, as is probable, and the Liberals run at 36-37 points on election day, the Alliance is almost sure of some breakthrough in Ontario, say with anywhere from five to 15 seats. Such Alliance gains would almost guarantee a parliamentary arrangement between the Liberals and NDP.

Of course, it would take what seems impossible - a breakthrough to 45 or more Ontario seats - for the Alliance to attain the most MP's and the right to try to form a government and gain the confidence of the House. And that impossibility may be fortunate for both the Alliance and the country.

Why so? Think about how briefly a Day government without a majority could function with four opposition parties attacking it because each one detests the main Alliance proposals as wrong, and even evil.

Rather late in the day, Chretien and his handlers have faced up to a revealed riddle in the campaign: many citizens are jaded with the prime minister, doubting his aims, disturbed by his vanity, suspecting dishonesty in his party's fundraisers.

So, suddenly Chretien is talking "team." It is not his team as we've known it for seven years - the small crew in his PMO which directs the government, and has been able to take the ministry and the House for granted using the Liberal dogmas on loyalty and a tight discipline in the caucus.

National Popularity

Abruptly, the image of a cherished, nationally popular prime minister has widened to circle him with a grand crowd of eager backbenchers and a forceful cabinet.

Paul Martin, the genius in Finance, is in ascension, again! Allan Rock continues firm as the guardian of national health. John Manley, promoter of our high-tech tomorrow, has turned his genius to global affairs. Add to them the bonus of returnee Brian Tobin, set to redeem seats in the Atlantic region.

Naturally, Chretien scoffs at the dearth of both experience and talent in Alliance ranks and the reactionary views of Day and any team he would lead into the next House.

With just a dozen days to the vote, what do such reactions by the PM signify to electors who want to cast a sensible vote? They might remember that: a) Jean Chretien left behind a handy majority; b) the Liberal caucus preferred an election next year; c) the cabinet has been more studded with mediocre MP's than any in modern memory; d) a government caucus has never been so tightly reined, not even in Trudeau's salad days.

Letters *to the* Editor

Liberals Still Leading The Polls Despite Stripping Billions

Dear Editor,

You have to like the Liberals. Still leading the polls by a large margin despite: (1) stripping billions in health care from the provinces; (2) doling hundreds of millions in funding schemes, often to their friends; (3) nearly losing our country in a referendum and presently taunting them to try again; (4) denying veterans respect and money; (5) exciting gays only to deny them gay marriages; (6) only lowering taxes because of elections and the threat of a real political opponent; (7) instead of simply paying off a chunk of the national debt, they try to use the money to buy our votes.

Let's see what the polls say after the televised debates. Should change a few minds.

Raven Van Leishout
Cornwall

Why Do We Need Teachers' Colleges They Don't Work Anyway



Meanwhile
Fred
SAGEL

So Americans are coming to the conclusion that teachers' college isn't all that useful, eh?

Maybe it's time the same thought struck Canadians.

For a long time now, teachers' unions have made a big deal about the Bachelor of Education degree which, by all objective standards, is not doing much to raise the standards of teaching in our poor public schools. They are wrong. And perhaps it's time we re-examined the whole notion as to whether teachers' colleges are even needed.

Consider this: if you want to teach in a private school in this country, you don't need to go to teachers' college. What private schools look for are teachers who know their subject matter and can teach it – not whether those same teachers have gone through what is probably the easiest degree on earth to obtain.

American state governments are coming to the same conclusion. Not only that, the most recent research bears out their views.

In a lead story in *The New York Times* recently, it was revealed that a growing number of states and school districts in the United States are short-circuiting the usual route to teacher certification with their own courses that put new teachers in the classroom after as little as three weeks.

And guess what? The new system works.

Officials in Kentucky, Massachusetts and Pennsylvania and the cities of Baton Rouge, Louisiana, Kansas City, Missouri, Kansas City, Kansas, Los Angeles, California and New York City have all recently started their own teacher-training programs and legislatures in other states are considering bills that would allow them to do the same. So far, the results have caused acclaim.

"Schools of education have long had a reputation as the least rigorous branch of undergraduate education with lower admissions standards and fewer graduation requirements than other professional schools," notes *The Times*.

The same is true in Ontario where teachers' colleges are regarded by many as a sheer waste of time, except for those people who are hoping to teach in the elementary school system where methods of teaching are more useful.

Critics say the courses spend too much time on pedagogy and not enough on content – that is, too much on how to teach without enough on what to teach. A math major, for instance, would be required to take more math courses than a math education major, whose course load might include sociology of education or theory of curriculum design.

"When teachers come into the classroom," says Michael Lane, a former Teach for America teacher who is coordinating the Massachusetts program for the Boston public schools, "a lot of it is trial by fire and an intelligent self-reflective person can handle that. Our people are coming through with the content area expertise. You don't get that in education school."

Precisely.

With retirements, growing enrollments and reductions in class size, the public schools in this country will have to hire about 250,000 new teachers in the next decade and with educational options like vouchers and charter schools starting to catch fire, there is now an increased willingness to experiment with teacher education.

"The teacher education people just can't escape the idea that the college or university experience is what it takes for teachers to be successful. Teachers' college doesn't do much," says Clayton Wilcox, the deputy superintendent for hiring in Louisiana.

The whole idea of being certified as a teacher is a hoax largely perpetrated by the teachers' unions in Ontario and elsewhere in the country. There are many well-qualified people who could easily teach a classroom and come equipped with a far broader knowledge than most existing teachers, who have gone through teachers' college.

Heck, college professors and those teaching university don't have to attend this extra year and many of them are excellent teachers. Why can't this be done in high schools?

Why is it mandatory to go to teachers' college? Why not make all teachers better educated by making them take a Master's degree instead of wasting all that time at teachers college?

The private schools do not insist on teachers' college as a prerequisite to teaching. And, as the results readily show, those schools produce far better students than the public schools. It is hardly fair to suggest that abolishing teachers' college will be an experiment that might end in disaster before we know it if those schools have been hiring without that certification certificate.

Wouldn't you rather have a teacher with a Master's degree in history than, say, a candidate who has only a BA in history but comes equipped with a degree from teachers' college? Somebody who is a good academic but a poor teacher can be weeded out in the hiring process. That's what's done in private schools now.

Of course my suggestions will raise the hackles of the teachers' unions. But when have they ever been receptive to change? They are the dinosaurs of the modern educational age, resisting almost every new initiative that comes their way unless it happens to benefit them personally.

Mr. Harris, are you listening? Change is in the air. This is a good way to continue your Common Sense Revolution.

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Editorial

Cornwall... A Great Place To Be

1998 was a good year in Cornwall. We conquered Ice Storm '98, the economy was on a roll, and employment was steadily increasing. We rolled into 1999 and the good news flowed as the community continued to grow and to flourish. Now, it's the year 2000 and we should feel good about ourselves and our city.

Why shouldn't we? After years of challenging times, we're now in the New Millennium and poised to become one of Ontario's high growth cities in the 21st century.

There may be some folks who'd say yeah – what's so great about Cornwall? Let's face it, many people outside the city have never heard of us. So here's a thought. If someone were to ask us about Cornwall, what would we tell them?

We could start by telling them that Cornwall is a great city and its people are winners. We'd tell them about a city that can meet a challenge. We'd tell them about the boom times of the Seaway project and how we 'toughed' it out when the boom times stopped. It takes winners to do that.

We'd tell them that Cornwall is a city that can weather tough times. How about the recession of the late '80's and early '90's? Over 20 industries shut down and close to 2,400 people were put out of work. That was tough. Did the people of Cornwall quit? Not at all. We hunkered down and fought our way through it all. It takes winners to do that.

And now we're in the year 2000. What could we tell people about Cornwall in the 21st century?

For openers, we'd tell them about a clean safe city, one that has won awards for its environmental projects. We'd tell them about the Ontario Winter Games when a blizzard stranded hundreds of visitors in the city. We'd tell them how folks opened their doors and took care of strangers because they needed our help.

We'd talk about the Special Olympics. We'd tell them that Cornwall was the toast of Canada for putting on the best games ever. We'd tell them about hundreds of New York State teachers who hold their convention, year after year in Cornwall. Why? Because they're treated like family.

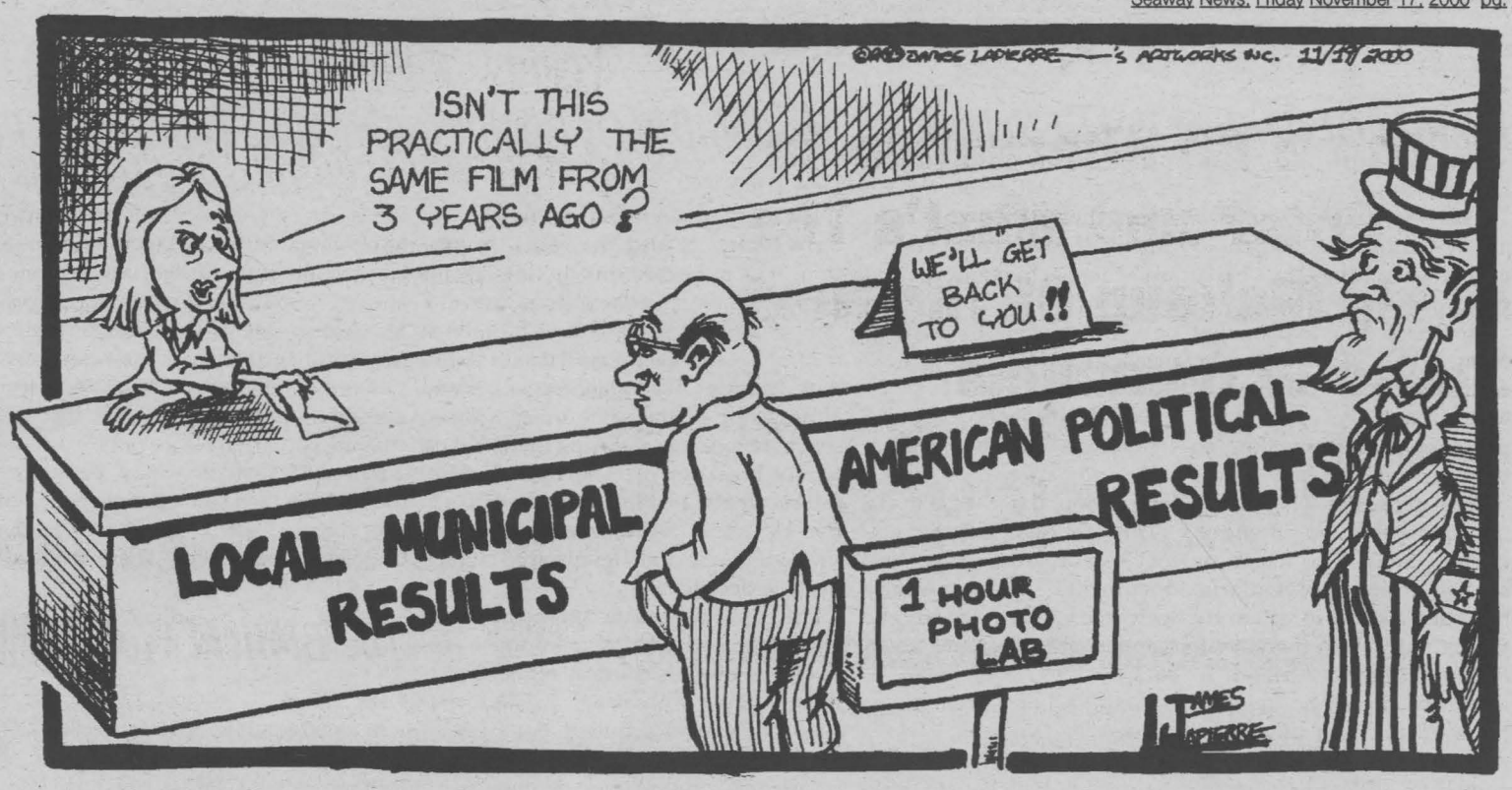
There's something else we could do. We could bring these folks down to Lamoureux Park on Cornwall's beautiful waterfront. They could stroll down the many pathways with the green grass and award winning gardens surrounding them.

Finally, we could tell them about the firms that have moved to Cornwall because they checked us out and found out what a great place it was. Firms that are creating jobs and bringing new people and helping our city to grow even more.

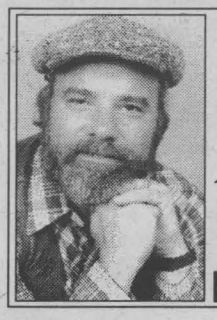
Cornwall is a good city, a caring city, a city that has met many challenges and beat them all. It still has a few left to overcome but chances are pretty good that we'll beat them too.

It's simple, really. We who know Cornwall know it's a great place. And we're not about to let anyone tell us different. So, hats off to all of us, for a job well done. The future has much promise for us and our community.

Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words. All letters are subject to editing and must bear the writer's name, address and phone number for verification. The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.



Curbing The Beast



Basic Black

Arthur **BLACK**

Don't knock capital punishment. It's a potential parking space.

Anon.

That's it. I am formally swearing off driving my car into the city forever. Henceforth, I will hitchhike, ride my bike, hail a cab or charter a chopper but I am not going to drive downtown. Actually, it's not the driving that's so horrendous (although it's bad enough) – it's the parking. Park on the street? Forget it – not in prime time, anyway. On streets with no meters, the cars are packed so tight on both sides of the road you couldn't slip an Ace of Spades between the bumpers.

Then there are those 'special' side streets, sporting signs like: ONE HOUR PARKING ON ODD-NUMBERED DAYS EXCEPTING WEEKENDS, HOLIDAYS AND DAYS CONTAINING THE LETTER "D" BETWEEN 0700 AND 0900 HOURS RESTRICTED TO VEHICLES WITH GREEN WINDSHIELD STICKERS UNLESS OTHERWISE POSTED, OFFER VOID IN COMMONWEALTH COUNTRIES AND AMERICAN PROTECTORATES, POST NO BILLS OR FLYERS. And it's only going to get worse.

I read a report in the paper that says the city of Vancouver attracts so many new vehicles each year that it would take a parking lane 60 miles long to park them.

I've got news for you, chum: I have driven, albeit reluctantly, through the chrome and tin-lined streets of Vancouver. Some days there's not enough space to park a roller skate. And I know it's no better in cities like Toronto, Calgary and Montreal – worse, if anything. Parking is a nightmare. What are we going to do about it?

Henny Youngman came up with one answer. "I've solved my parking problem," the comedian wisecracked. "I bought a parked car."

I heard of someone who came up with an even more creative solution – a wealthy looking woman who walked into a bank on Toronto's Bay Street one day and asked to see the Loans Officer. "I'm going to London on business for two weeks and I'd like to borrow $5,000." "Certainly, madame," oozes the Loans Officer, "providing you have some kind of security for the loan." The woman reaches into her purse and pulls out a set of car keys. There is no mistaking the insignia on the ignition key – it's the familiar Rolls-Royce logo.

The woman leads the officer out the front door and sure enough – there's a Rolls-Royce Silver Cloud sitting by the curb. She hands over the ownership and her insurance certificate. Everything is perfectly in order. The officer agrees to accept the car as collateral. He has a clerk drive the car into the bank's underground parking garage.

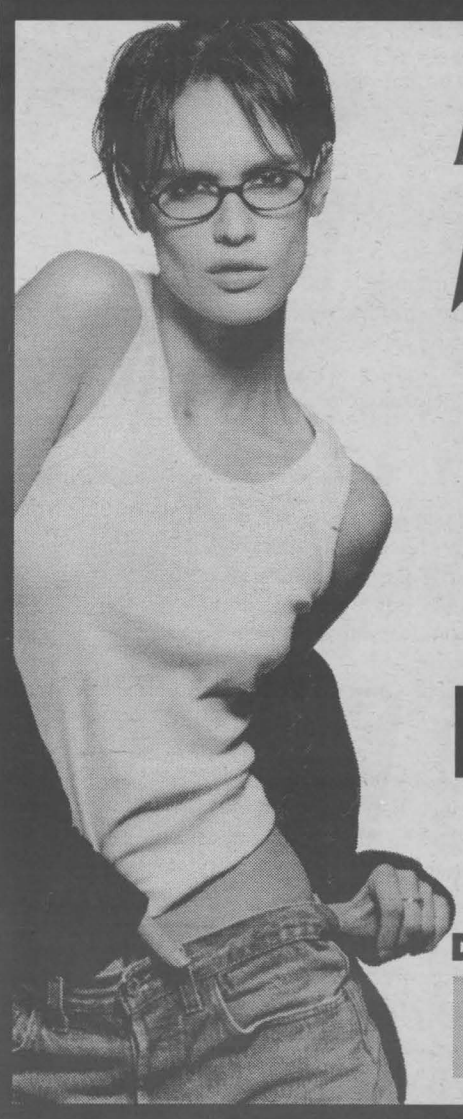
As soon as she's out of sight, the loans officer calls the bank president and all the other management flunkies into the vault and tells them about the dumb blonde who just put up a $250,000 automobile as collateral for a $5,000 loan.

Two weeks later the woman returns to the bank, repays the $5,000 loan plus the interest, which comes to $15.41. The loans officer, trying not to smirk, says, "Madame, we're delighted to have your business but you have us a little perplexed. We, ahhhh, ran a security check regarding your background while you were away and discovered that you are, well, extremely wealthy. A multi-millionaire, in fact. We're just wondering why you would bother to borrow $5,000?"

Retrieving her car keys, the woman replies with a smile, "Where else in downtown Toronto can I park my car for two weeks for only fifteen bucks and expect it to be there when I return?"

LETTERS TO THE EDITOR
on page 10

Year End Clearance



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LETTERS TO THE EDITOR

History Of Central Public School

Dear Editor,

I am writing a History about Central Public School and researching the early principals and teachers.

Mr. Theobald was principal from 1912 to 1927 when he retired, and Mr. F.B. MacMillan was appointed principal. I am appealing to your readers for any information about Mr. Theobald.

I know that he attended normal school or teachers school in London, Ontario, but I don't know if his family is originally from there, or if he had relatives or friends in this area. If anyone has pictures or letters or any information, it would be welcomed.

There is a chapter devoted to the teachers past and present. Some have already provided me with short CV's about themselves and their careers. If you have taught or are still teaching at Central and you would like to be a part of Cornwall's history, please, I would like to hear from you.

Former students may also contact me with their memories and anecdotes about their school days at Central.

This is a photographic history so photographs and documents are especially welcome. They will be scanned onto disc and given back.

Please call or write:

Debbie Ledoux
1125 Fourth St. E.
Cornwall, Ontario
K6H 2K5
933-0336

Availability Of Birth Control and The Sexual Revolution

Dear Editor,

The silly notion that availability of birth control caused the sexual revolution which began during the 1960's seems to have its adherents as was evident in a recent letter to the editor. Birth control became easily available in populous countries like Japan, Singapore and Hong Kong at the same time, with no sexual revolution occurring there and no family breakdowns. The Birth Control pill became available during the1950's in the U.S. and without setting off an immediate sexual revolution, which began a decade later.

The condom became commonly available some 140 years prior to the 1960's sexual revolution, courtesy of the clergyman and librarian, Giancomo Cassanova, who acquired notoriety as one of history's great lovers. Ancient documents on papyrus describe birth control methods used around 1850 BC while archeological evidence suggests the practice going back to around 5,000 BC. Birth control methods were available long before the onset of the 1960's U.S. sexual revolution. This was not even the first sexual revolution in human history; a famous earlier one began in ancient Rome at the time of the Emperor Diocletian. One of the common themes occurring during periods of sexual revolution is the behaviour of political leaders and the contempt by which they treat citizens.

Rampant sexuality may be more a means by which some people cope with the horror their political leaders bestowed upon them. There have also been prolonged periods of human history without rampant sexuality and where birth control was also easily available, like through the period known as the enlightenment and leading into the industrial revolution era during the 19th century and early 20th century. Even during the Eisenhower years of the 1950's, Americans felt positive and hopeful under a leader who offered them safety and security...and no sexual revolution occurred despite easy availability of birth control.

Harry Valentine

The Biblical View Of Witchcraft And Wizards

Dear Editor,

In the Monday, November 6th, 2000 issue of the Standard-Freeholder, the Editor condemns Pastor Ken Lonsdale of Emmanuel Baptist Church on how he plans to attend a meeting of the school council at Rothwell-Osnabruck School in Ingleside. Pastor Lonsdale is against the Harry Potter novels by British writer J.K. Rowling and would like the books banned.

I have not read any of the Harry Potter books, but I confess that I have been troubled by the way children are so "caught up" in a wizard. I saw on television how hundreds of young children, many in wizard costumes, flocked to see J.K. Rowling when she was in Toronto.

Jesus said, "I am the way, and the truth and the life." (John 14:6). Should Pastor Lonsdale not be allowed to present the Biblical view of witchcraft and wizards?

Second Peter, Chapter 2 talks about false prophets: "And many will follow this licentiousness, and because of them the way of truth will be reviled."

Ephesians 6:11 states, "Put on the whole armour of God that you may be able to stand against the wiles of the devil. For we are not contending against flesh and blood but against the principalities, against the powers, against the world rulers of this present darkness, against the spiritual hosts of wickedness, in the heavenly places."

Yes, we can be tolerant but there is a danger of us becoming so tolerant we actually stand for nothing.

Yours truly,
Mary Sproul
Cornwall



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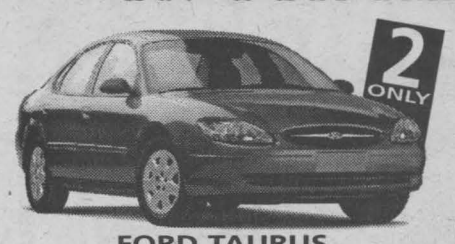

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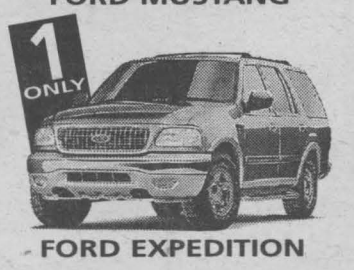

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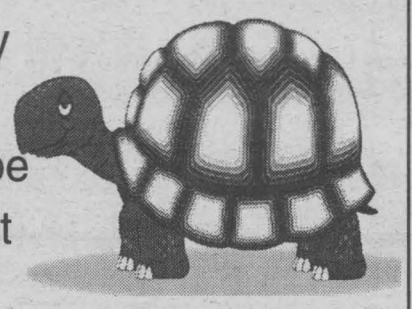

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Notes from Parliament Hill

Art **BABYCH**

O Caption, my caption...

Thanks to the magic of closed captioning, Election 2000 voters were able to view the debates of the political leaders without being forced to listen to the shouting matches themselves. While media pundits fell over each other to explain who won the debates to voters who watched it all on TV anyway, none looked at it from the perspective of closed captioning, revealing a serious deficiency in election reportage. None, except your humble servant, that is. And our findings show that the leaders uttered a total of 20,660 recognizable words during the two-hour English-language debate. By extrapolation (all five were usually speaking at the same time) we can easily rationalize an overall word count of at least 100,000. The word "health" was spoken 92 times in the debate and viewers got "sick" four times. "Respect," -- in word, if not in deed, -- was mentioned in 39 instances. "Liar" was communicated thrice, all by Canadian Alliance leader Stockwell Day while taking aim at a Liberal Party attack ad. Unfortunately, "Truth" was spoken on only seven occasions during the entire debate. An extra benefit of watching the debate on closed captioning was that viewers could enjoy their own favorite music at the same time as the leaders' espoused their campaign promises -- something appropriate for the occasion, like Tales from the Vienna Woods.

Do not adjust your votes ...

A "technically adjusted" version of the Liberal Party's attack ad against the Canadian Alliance is now playing at a TV station near you. The original 30-second ad was pulled because it was "technically inaccurate," according to Liberal Party spokesperson Francie Ducros. The first ad left the impression that a quote claiming Alliance leader Stockwell Day "helped to impose a law that opens the door to U.S. style private health care" came from the Globe and Mail, a blatant... how you say?...untruth. "It was a technical mistake," said Ducros. While the explanation falls far short of Day's repeated challenge to Prime Minister Jean Chretien to "pull the ad or call me a liar," it boldly goes where no reporter has gone before. Now, for the first time, the media can blame those highly infrequent (trust us!) misquotes on nasty technical glitches.

And the spinner is...

Governor General Adrienne Clarkson presided over the GG's Literary Awards at a ceremony at Rideau Hall. "We're part of Canada's literary heritage and we're part of what fine writing is, as creators and readers," Clarkson, formerly the host of CBC's Adrienne Clarkson Presents, told those gathered. It was rumored that this year's winner in the fiction category was the Liberal Party's Red Book III. But the gossip can't be confirmed by us, having boycotted the ceremony upon learning we did not receive a single nomination.

Gone with the hot air...

Canadian Alliance leader Stockwell Day entertained the media on the election trail by listing movie options such as "Gone in 60 Seconds: A movie about the Liberal policy statement of the day," and "Risky Business: Any HRDC investment." Our list, however, is more complete. It includes "Referendum and Referendumber: A Canadian political party struggles to develop a coherent policy on referendums to allow the public to have a say only to discover there already is one. It's called a general election." And then there's the movie "Almost Famous: The autobiography of Canadian Alliance leadership hopeful Tom Long," and "Stockwell's Angels: three sexy female private eyes use their feminine charm and professional skills to thwart a highly skilled gang of chocolate milk throwers but fail miserably.

Media advisory...

To Parliament Hill journalists: In line with the policy developed over the past seven years, access to Prime Minister Jean Chretien is restricted unless you can prove you are a cast member of This Hour has 22 Minutes – The Prime Minister's Office.

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LIFESTYLES

Police Chief Tony Repa Returns As Chairperson Of Bowl For Millions

Plans are underway for the 2001 Big Brothers and Big Sisters Bowl for Millions.

Larry Sharron, President of the Big Brothers and Big Sisters of Cornwall and District is pleased to announce that Cornwall Police Chief Tony Repa is returning for a third year as the chairperson of the 2001 Bowl for Millions. Chief Repa has been an active member of the Bowl for Millions Committee for the past four years.

Sharron explains, "Bowl for Millions has been the major fundraising activity of the Big Brothers and Big Sisters of Cornwall and District since 1979."

The 2001 Big Brothers and Big Sisters Bowl for Millions in the City of Cornwall will take place on Saturday, February 3rd, 2001 at Olympia Bowl, Nativity Lanes, and the Bowling Palace of Cornwall.

The 2001 Glengarry Challenge Cup will be held at the Alexandria Lanes on Sunday, February 11th, 2001 with Joanne Nadeau serving as coordinator.

The 2001 Counties Challenge Cup will take place at the Chesterville Bowling Lanes on Sunday, February 11th, 2001 with Dave Bird serving as coordinator.

Chief Repa is challenging residents of Cornwall and the Three United Counties of Stormont, Dundas, and Glengarry to take part in Bowl for Millions on a team of five or six co-workers, friends, fellow students, committee, club, or family members.

Chief Repa says that a variety of prizes has been lined up for the 2001 Bowl for Millions with the grand prize being $500 donated by the Rotary Club of Cornwall.

Executive director, Brian Lynch, states that the public's continued participation in Bowl for Millions will be greatly appreciated by the local agency and the children it serves.

Lynch says, "Funds raised through Bowl for Millions will enable our agency to continue the work of providing adult friendship and guidance to children in need from lone parent families in Cornwall and SD&G."

More information on the 2001 Bowl for Millions can be obtained by contacting the agency office at 933-8035 or by dropping by the office at 101 Third Street West, Cornwall.

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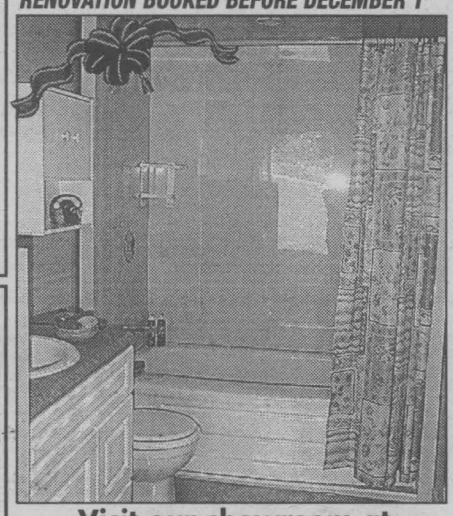

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Thanks For Being There

Who feels like getting up at 7 a.m. on a rainy Friday morning and heading down to a Community Hall for breakfast? On November 10th, 2000, 150 people cheerfully did so at Nativity Hall to celebrate their Good Neighbours.

Following an awareness campaign backed by steadfast sponsors and encouraged by local media during Good Neighbours Week in October, 101 deserving people were nominated by their friends and neighbours to receive a certificate and be invited to join them at the Seventh Good Neighbours Recognition Breakfast.

The atmosphere was warm, the food and the music were good and the stories were being shared. Those who could not make it received their awards by mail.

What seems for some a small act of kindness means the world to the lucky recipient and many were only too happy to have the opportunity to say, "Thanks!"

If you have not experienced the pleasure of such a gathering, take heart, next year you will get another chance to celebrate those who take time to reach out. It really brightens any day!



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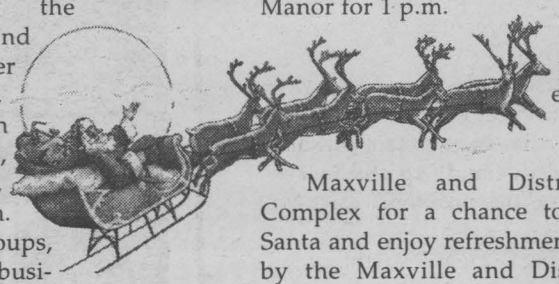
Annual Santa Claus Parade

The Annual Santa Claus parade, sponsored by the Maxville and District Chamber of Commerce, will be held on Sunday, November 19th, 2000 at 1:30 p.m. All interested groups, individuals and businesses are encouraged to parti-cipate. Please have your float at the Maxville Manor for 1 p.m.



After the parade, everyone is invited to the Maxville and District Sports Complex for a chance to visit with Santa and enjoy refreshments provided by the Maxville and District Lions Club.

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Fundraising Breakfast/Rally
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Bob Runciman - Stockwell Day's Campaign Co-Chair
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Saturday, November 18th
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$25.00 per person
(Income Tax receipt will be Issued)
CANADIAN ALLIANCE CANADIENNE

Annual Meeting Of The Friends Of Crysler's Farm Battlefield

Historian Donald E. Graves will be at the McIntosh Country Inn and Conference Centre, Highway 2, Morrisburg on Saturday, November 25th, 2000 to autograph copies of his book Field of Glory: The Battle of Crysler's Farm, 1813.

Graves is one of Canada's foremost military historians and has written extensively on the War of 1812. Field of Glory has been favourably reviewed as "history as it should be written" and is the first book-length treatment of this little known but pivotal battle in which a heavily outnumbered Anglo-Canadian army defeated an American force that had been descending the St. Lawrence River on its way to attack Montreal.

The action on John Crysler's farm on November 11th, 1813 ended the American invasion attempt of Canada and dispersed the largest marshalling of U.S. forces seen until the American Civil War.

The book signing will be part of the annual general meeting and election of officers of the Friends of Crysler's Farm Battlefield, a non-profit association whose mission is to increase awareness of the event through public education and the continued operation of the Battlefield Memorial Building adjacent to Upper Canada Village. The meeting starts at 2:30 p.m.

The story of the battle and of the work done by the Friends is contained on the group's new web site, www.cryslersfarm.com, launched during the week of November 11th.

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New Supervisor At Treatment Centre

Pierre Guindon, President of the Children's Treatment Centre, announced on November 8th, 2000 that Robert Smith will be leaving as the Program Supervisor for the Children's Treatment Centre. He was recalled to his former position at the Children's Aid Society as a Supervisor.



Outgoing Program Supervisor, Robert Smith (right) congratulates Dr. Geoff Langford and welcomes him to the new position. Mr. Smith is being summoned back to his former job at the Children's Aid Society.

Story & photo by Chris McPhee

Mr. Smith, who has been on secondment to the Children's Treatment Centre from its inception, has played a major role in establishing this program.

"His departure will be a great loss, and we will definitely miss him at the Centre," said Pierre Guindon.

The position will be filled by Dr. Geoff Langford, a Psychologist who has provided clinical consultation for the staff at the Centre on a volunteer basis since 1996. Dr. Langford has extensive experience in dealing with children's issues, having served as a Psychologist for the Upper Canada District School Board, Director. of the Child Development Centre and the Director of the Psychology Department at the Cornwall General Hospital.

"We are pleased to have someone who not only has firsthand knowledge of the work done by the Centre staff, but also has the knowledge and expertise necessary to assume the position," said Mr. Guindon.

"I am looking forward to this challenge," said Dr. Langford. "This is a great chance to do a lot more therapy and get back to helping children."

The Children's Treatment Centre is a community-funded and supported treatment agency dedicated to the prevention and treatment of child abuse.

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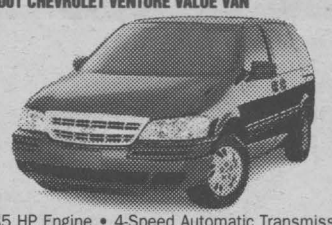

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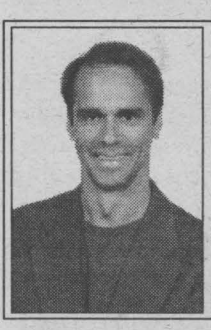
Smoking And Your Teeth



Ask The Dentist

Louis **CARDINAL** *BSc, DDS, FAGD*

If you thought that smoking's main effect was the staining of your teeth, please read on attentively. More than 4,000 different chemical compounds are found in tobacco smoke. Furthermore, according to Health Canada, more than 50 are known carcinogens. Smoking remains the number one preventable cause of death and disease in Canada. The worst outcome from smoking is cancer, and although oral cancer is not as common as lung cancer, it is nevertheless very harmful.

Smokers should remember that if they are lucky enough to avoid cancer, they nevertheless will suffer from many other deterious effects of smoking. Periodontal disease (gum disease), which leads to tooth loss, is extremely common in smokers. Many treatments for this condition are unsuccessful with smokers because the poisons from the tobacco weaken the body's immune system, thereby decreasing the healing process to the point that many surgeons will avoid extensive treatments on these individuals. Furthermore, smokers will accumulate more tartar thereby requiring more extensive cleanings which are often painful since the exposed roots (caused by the gum disease) are sensitive.

Smokers inevitably have bad breath from the tobacco itself and secondarily from the gum disease. They often try to mask this with lozenges, mouth wash, chewing gum, candies or breath mints. Over time, this habit causes decay and/or tooth erosion.

Smokers are also poor healers, this being witnessed by the high incidence of dry-socket infections following tooth extractions. Anyone who has experienced a dry-socket will understand the frustration and suffering experienced from this practically untreatable condition.

Smoker's palate is a term used to describe the appearance of many smokers' palates. The roof of the mouth typically looks pale and develops raised white bumps with red spots in the centre. Although most cases of smoker's palate are not serious, severe forms can progress to oral cancer. Often seen in smokers is a hairy tongue which is very unappealing. This condition is caused by an overgrowth of the tiny projections on the tongue's surface. Germs, bacteria, and food debris usually accumulate thereby causing bad breath. Furthermore, smokers have a significant reduction in their ability to taste food, often compensated by increasing salt and spices in their diet.

When an individual unfortunately smokes for many years he or she usually develops what is called smoker's face. Many physicians and dentists recognize this look from a distance. The face wrinkles prematurely around the mouth, eyes and neck, simply from the continuous act of inhaling. In addition, their skin lacks blood flow, resulting in a pale, unhealthy appearance.

It is important to stress that I have only briefly covered some of the symptoms associated with smoking as they pertain to dentistry. However, it is safe to say that most, if not all dental and medical conditions are aggravated by smoking. If you are a smoker, please ask your dentist to evaluate the effects it has had on your oral cavity.

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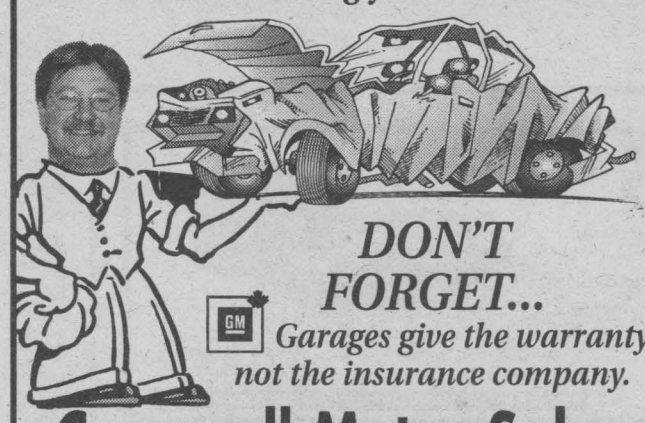

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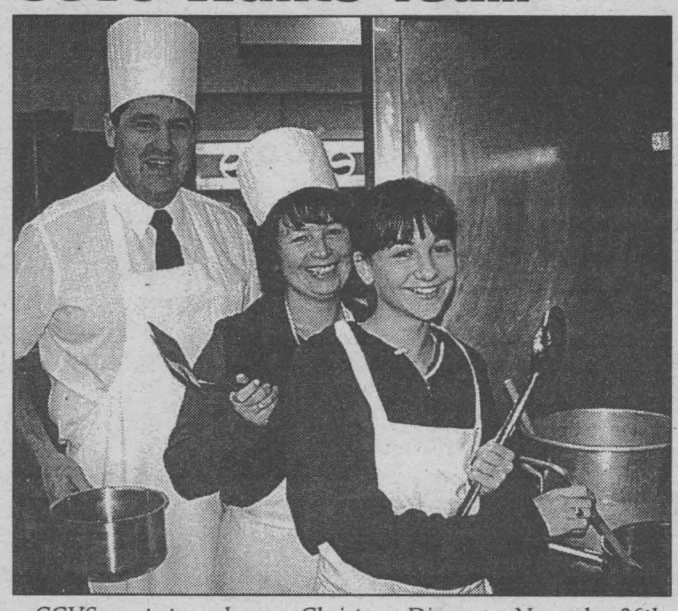

CCVS wants to cook you a Christmas Dinner on November 26th. The buffet-style meal will have all the fixings. In the photo, Principal John Danaher, 'helps mix it up in the kitchen' with Shirley Ferguson (centre) from the School Council and Student Council Representative, Melissa Vanrumpt.

Story & photo by Chris McPhee

CCVS wants you...to come to dinner! CCVS High School is kicking off the festive season with a big Christmas Dinner on November 26th, 2000. It will be a full turkey buffet-style dinner with all the trimmings. Last year they held a Harvest Dinner that was a big success.

"This year, we decided to do the meal a bit later," said Principal John Danaher. "We have a lot of support from the community this year, and with all the work from the School Council, this should be even more successful."

Melissa Vanrumpt, Student Council representative, added, "I hope there is a big turnout, because all the proceeds are going to student bursaries and activities."

"The dinner will run from 3:30 p.m. to 7:30 p.m.," expressed Shirley Ferguson, parent on the School Council. "We are already selling tickets and our Christmas Basket Raffle is being drawn on December 15th. Anyone may pick up their tickets at Clark's Shoes on Pitt Street, or by contacting a School Committee member. If they don't get a ticket, they are more than welcome to show up at the supper and enjoy our feast."

National Child Day November 20th

It's the time of year again for Canada to celebrate National Child Day.

During this year's celebration, various activities will take place in these four communities for our children and families.

All day on this November 20th, the community will notice clowns distributing balloons to all local schools, participating businesses and agencies. Many schools will be participating with special activities. A special millennium presentation by the Hotel Dieu Hospital to two babies born on January 1st, 2000 in Cornwall and Sparky will also be visiting all of the sick children at the Hospital this National Child Day. Look for our banner in the Santa Claus parade this November 18th, made by the students at l'Héritage High School. Many local restaurants are offering specials or discounts to our children.

At the Eastcourt Mall the celebration will continue! From 6 p.m. to 8 p.m. with a talent show featuring local talents, face painting, draws, clowns and various information booths will be on display as well. Roll back the years and come and join in the fun this year for National Child Day. We are looking forward to seeing you and your families enjoying the activities!

Long-Term Care Building Opportunity

The Ministry of Health and Long-Term Care is pleased to announce the final phase of the Ontario government's commitment to build 20,000 new long-term care beds through the

2001 Long-Term Care Bed Allocations

Under the new requirements, applicants must:
- own, have on option to buy or lease, or have a long-term lease on land
- demonstrate that they meet the Ministry's financial, development and operational requirements

Applicants are invited, but not required, to attend an application information session conducted by Ministry staff, held in

OTTAWA
Thursday, November 23, 9:30 am - 12:30 pm
St. Laurent Complex
525 Côté Street

To receive a copy of the application package or for more information call toll free **1-888-720-1010 (416-314-0400 in Toronto)** or visit our web site: **www.gov.on.ca/health**

New long-term care beds are available as follows.

Brant	32 beds	**Muskoka**	70 beds
Durham	89 beds	**Niagara**	102 beds
Essex	137 beds	**Ottawa/Carleton**	210 beds
Frontenac/Lennox/ Addington	32 beds	**Parry Sound**	109 beds
		Peel	642 beds
Haliburton/Northumberland/ Victoria	159 beds	**Peterborough**	76 beds
		Simcoe	100 beds
Halton	387 beds	**Sudbury/Manitoulin**	32 beds
Hamilton/Wentworth	270 beds	**Toronto**	2,334 beds
Lambton	32 beds	**Waterloo**	275 beds
Middlesex	32 beds	**York**	278 beds

Staff will be available at all information sessions to answer questions in French. Submission of completed applications will be due by January 31, 2001 at 5:00 p.m. to the Ministry of Health and Long-Term Care, 415 Yonge Street,10th Floor, Toronto, M5B 2E7.
Successful applicants will be identified in Spring 2001.
All applications will be assessed on the same basis.

Ontario
Ministry of Health and Long-Term Care

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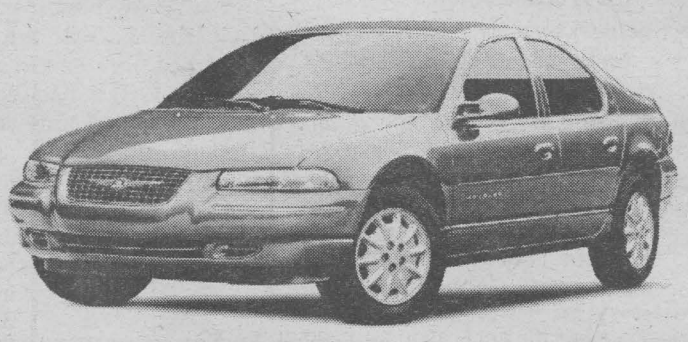

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• 4-speed automatic transmission • Air conditioning
• Next-Generation dual air bags • Full length centre console
• AM/FM stereo cassette with six speakers • Tilt steering
• Power windows, locks, mirrors • Side-door impact beams
• Speed control • Complimentary tank of fuel[Ω]

0.8%†† purchase financing up to **48 months** on all 2000 Chrysler Intrepid models.

2000 Chrysler Intrepid
"The family sports sedan for the driving enthusiast"
22C Package Includes: • 200HP aluminum 2.7L V6 engine
• 4-Speed automatic transmission • AM/FM stereo cassette
• Air conditioning • Power windows, locks, mirrors
• Tilt steering • 16" wheels • 4-Wheel disc braking system
• Next-Generation dual air bags • 3 year or 60,000 km warranty
• Speed control • Complimentary tank of fuel[Ω]



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Your Holiday Shopping HEADQUARTERS

Santa's Best Friend

Santa Claus had already been criss-crossing the starry skies with eight reindeer for 120 seasons by the time the poet Robert L. May created the red-nosed reindeer, Rudolph, for him. The way May tells it, Santa put the bright-nosed deer at the head of the team to light their way on a dark, foggy night. After all, when Santa can't see, Santa can't get the job done! Rudolph has played a crucial role in this very important mission ever since his creation in 1939.



Jewellery Is An Ever-Popular Gift

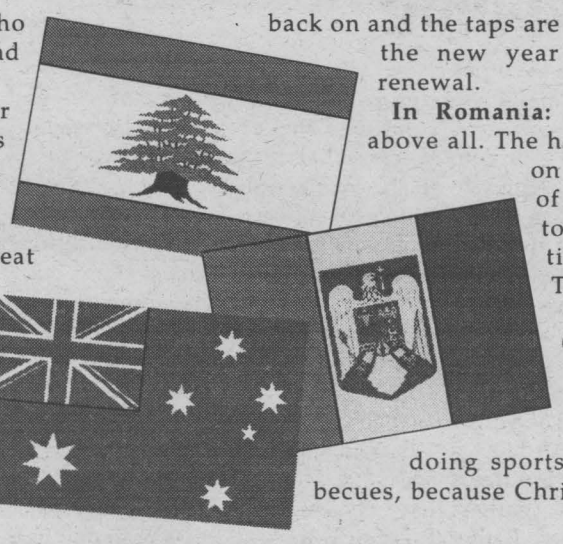
We usually associate jewellery with a special event, such as a wedding, anniversary or engagement. But it also makes a great gift for other occasions. Whether you have children, teens, adults or elderly friends and family on your Christmas list, there is definitely an item of jewellery out there that would make the perfect gift for each individual.

Nothing else can represent the strength of your friendship, affection or love as clearly as a piece of jewellery. For example, a ring or chain would be appropriate for your best friend, and a stylish bracelet for your niece or nephew. Luckily, there's no need to spend a lot of money, for jewellery comes in all price ranges, as well as in all styles.

Nothing is immune to the shifting phases of fashion, but you can just as easily find classic pieces as modern styles of jewellery. For men and women alike, the right piece is bound to be a hit. Jewellery is a classic gift that has never lost one wit of its long-lasting popularity, and jewellers' shops are well stocked with gift ideas, providing new ones every year.



Christmas Customs From Around The World



In Lebanon: The person who brings gifts is called Papa Noel, and he arrives by sea...

In Poland: Parents hide hay under the place settings. Whoever finds the longest stalk will be married within the year. An extra place is set at the table in case anyone drops by, because no one should eat alone...

In Armenia: At five minutes to midnight, the lights are turned off and all the taps are turned on to empty out the water pipes. Families wait in silence for the new year to begin. At midnight, the lights are turned back on and the taps are turned off again. That way, the new year begins with a complete renewal.

In Romania: Christmas is for children above all. The holiday starts around 6 p.m. on Christmas Eve, as groups of children start going door to door singing carols or putting on plays, dressed as the Three Kings.

In Australia: On Christmas morning, children open a red stocking filled with goodies and gifts. They spend the day doing sports, surfing, and having barbecues, because Christmas comes in summer in

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Christmas Tips And Tricks

The holiday season is ripe with surprises and unexpected events. Some of these surprises are less festive than others, and to prevent them from putting a damper on the festivities, here are a few tips and tricks to keep in mind.

If a guest spills a glass of wine on the new carpet, one way to prevent a stain is to cover it with salt. But that technique leaves another mess to clean up. Instead, try pouring carbonated water on the spot and sponging it dry. Repeat. With a good shampoo, the carpet will be as good as new.

Cats tend to nibble on plants, but if your kitty feasts on the lush Christmas poinsettia, he may suffer from stomach cramps and diarrhea. Poinsettias are toxic to humans as well, so keep a close eye on visiting toddlers.

To prevent candles from dripping onto the tablecloth, place a few sprigs of cedar or spruce at the base of the candlesticks, using straight pins. But make sure you blow out the candle before the flame gets too close to the greenery.

LETTERS TO SANTA

It's that time of year again. Soon the jolly old man himself will be making the long trip to deliver presents to all the girls and boys.

We will once again be publishing your little one's letters to santa in the weeks leading up to Christmas.

You can send your letters to:
Seaway News
329 Second Street West,
Cornwall, Ont. K6J 1G8

or you can e-mail them to:
santa@cornwallseawaynews.com

Santa's Look

It's everyone's favourite image of Santa: a roly-poly man in a bright red suit trimmed with white fur. But who designed this smashing ensemble? If Christian Dior had been alive at the time, he would surely have coveted the assignment. But the credit goes to an illustrator and cartoon-artist named Thomas Nast, who worked for Harper's Weekly. It wasn't until 1886 that Nast finally saw his design printed in colour.

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Your Holiday Shopping HEADQUARTERS

Give Healthy Holiday Gifts

(NUE) – Winter is the time of year that can wear us down, from chilling temperatures to the flu season and holiday stress. But it also can be a warm time – from sitting in front of a fireplace, to cuddling up with a favourite blanket and book, drinking a cup of hot cocoa or tea, as well as giving gifts and spreading other holiday cheer to end out the year.

When thinking of buying your gifts this holiday season, why not give something to keep your family and friends happy and healthy? Things like vitamins, herbs and energy bars make revitalizing stocking stuffers, while things like teas, books, bath items and candles make relaxing gifts. And there's one place on the Internet you can go to find all the healthy gifts for everyone you know. Just log on to VitaWarehouse.com. There you will find a variety of products – all discounted – including items for sports nutrition, weight loss, pets and homeopathic remedies.

The best part about shopping online is you can avoid the bad weather, parking problems and cranky kids by staying inside, in the comfort of your own home. That will keep you happier and healthier this holiday season, too.

Learn To Simplify Your Holiday Shopping

(NUE) – It may seem as if summer just ended, but the shopping malls are already putting up holiday decorations. You know what that means – time to start thinking of gift ideas. Thanks to online shopping, you don't have to face the malls, but it can still be hard to narrow down your search. Anyone who has ever used an Internet search engine knows how difficult it can be. You'll receive hundreds of links, as well as questions asking you to narrow your search. How can you do that if you're not sure what you want to find? Now, a new web site has made your life much easier. Top100websites.com gathers together the best Internet sites. Rather than producing hundreds if not thousands of Internet addresses, this web site, as the title says, lists the top 100 in any given area.

Take shopping. Multiple categories are listed: online stores, auctions, autos, clothing, computers, electronics, home furnishings and toys. Within each of these divisions, you'll find 100 web sites with thumbnail descriptions. One of the names is bound to spark ideas you can use in gift giving.

Click "online stores." You can begin your shopping excursion by getting shopping tips. Consumer World and Consumer Reports present information you need before making purchases. Find the best value and check out the safety of different products.

Other web sites at online stores bring you choices of suppliers for books, music, clothing, even groceries. You don't have to run to different stores to find the perfect cashmere sweater or the yoga for abdominal workout video. It's available through a few clicks.

For the kids in your life, there's a very special web site. Click on "toys." You have choices of name brands like Toys-R-Us, or E-Toys, all the way to doll hospitals and toy shopping tips.

Maybe you'd rather not narrow down your shopping to one category. Try "other products." You'll be surfing through the web without surfing over thousands of Internet addresses. These links include dependable standbys such as Sears, Spiegel and K-Mart. Or visit a coupon and discount link like Dealtime. There's even a web site where you can buy your wrapping paper and greeting cards. All that's left for you to do is wrap everything up.

The Pleasures Of The Bath

Beauty products have a lot more to offer than just a nice smell. Each item has its own range of beneficial effects, transforming bathtime into a spa session involving essential oils, bath salts or foaming bath gel. These products bring added therapeutic value to what is often the most relaxing ritual of the day.

Foaming bath gels are relaxing, bath salts stimulate the circulation, and essential oils are powerful substances inspired by a Japanese therapeutic tradition. Marjoram, lavender and ylang-ylang essential oils are ideal for promoting relaxation, relieving stress and daily tensions, whereas eucalyptus, peppermint or pine essences, are wonderful for eliminating toxins from the body.

After the bath, prolong the relaxation by applying a massage oil. Warm it up in the palm of the hand, then use circular motions to massage the limbs, always moving toward the heart.

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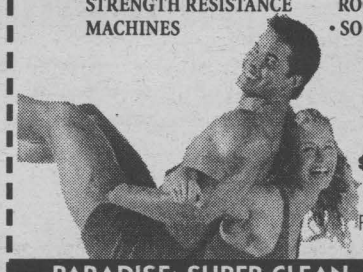

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Needle Danger

A seven year old is facing medical tests after he and his friends found and played with a discarded syringe.

It happened in Ottawa, but local health officials warn that it could just as easily have been in Long Sault, Casselman, Vankleek Hill or Russell.

"Syringes or hypodermic needles can be found just about anywhere...parks, schoolyards, parking lots, playgrounds. The problem isn't limited to big cities so neither should the warning be limited to big cities," says Gisele Martin of the Eastern Ontario Health Unit.

The health unit, along with other community partners has spearheaded the local DON'T TOUCH...GO TELL! campaign, to encourage children to report found needles – without ever touching them. Posters are available for schools and community groups by calling Health Line/Appel-santé at 1-800-267-0852.

High School Chatter

Ashley **BABCOCK**

GVSS Remembers

On Friday, November 10th the student body of General Vanier Secondary School gathered in the facility's auditorium for the school's annual Remembrance Day assembly. The assembly pays tribute to the sacrifices made by soldiers of past wars, and serves to educate and remind students of the atrocities that ravage the human race during times of war.

The assembly commenced with a small speech prepared and presented by the event's organizer, Mr. Terri Legge, which told the students of the assembly's purpose as a solemn reminder of the tragedy of war, and to honour the soldiers who toiled amidst realms embathed in terror and plagued by gory death for their country and the freedom of future generations. He then proceeded to recite Strange Meeting, the last poem written by Wilfred Owen, a well-known poet who fought and died in the first world war. The recital of the poem was augmented by the portrayal of Wilfred Owen as he questioned the value of Britain's involvement in the war, and later on his parents reception of his death notice in the year 1918. The script was acted out by students Natasha Walia, Bryce Daigle, and Daylan Adams. Mr. Legge went on to recite excerpts from a poem entitled My Sons by an ordinary man by the name of W. G. Young, who had two sons serving overseas. The assembly proceeded with a presentation of the song Imagine by John Lennon, which was performed by students Jayna Hart, Alana Russell, and Jordan Poapst. The assembly also included the ceremonious laying of the reef by Principal Janice Meyer who was accompanied by student Stewart McPhee and the performance of the national anthem followed by a moment of silent reflection on the lives lost to war.

Mr. Legge has a great passion for history and many years of teaching about the history of war have given him a deep understanding and appreciation for the sacrifices that have been made during war. This year's assembly will be the thirteenth Remembrance Day assembly that he has organized. All scripts and speeches were prepared by Mr. Legge and required extensive research on his part. He believes that Remembrance Day is a day of great importance, and states that, "Remembrance Day is one of the most important days of the year because it allows us to reflect on those men who gave up their day-to-day lives, and to defend the freedoms that we have, and sometimes forget how hard it has been to maintain. They gave their lives so that we could pursue our dreams and future without worrying about having to defend those freedoms."

Hopefully everyone who attended the assembly will walk away from the event with a greater appreciation for the sacrifices made by others so that we are able to live in a world of freedom and opportunity. Continuing celebration of Remembrance Day will help to ensure that future generations will learn of the hardship and courage with which their freedom was won and the true lack of glory in the vile act of war.

Homeopathy and WARTS



Paulette Poirier
Homeopath

This 7 year old was having problem with warts, about of them, all over her toes. This crop of warts were smooth and large. They got cought in her socks then they would bleed and hurt. they were such a nuisance.

She took the remedy Dulcamara, and within 5 weeks the warts were completely gone. She was very relieved to be able to get rid of them without having to go through the lazer treatment to have them removed.

Keep in mind that Homeopathy treats the person, and not the disease, so two people with the same problem may require different remedies.

QUESTIONS?

Paulette is available every Tuesday for more information between 2 pm - 5 pm

at ***Jean Coutu, Cornwall***
5 Ninth Street East (at Pitt)
938-7339

ASK YOUR PHARMACIST

Your pharmacist is your medication expert and can provide advice and information on a wide range of health issues



Paul Trottier
Pharmacist

CHOLESTEROL & HEART DISEASE

If you have high blood cholesterol, you are more likely to have a heart attack or stroke.

What is Cholesterol?

Cholesterol is a waxy fat substance that is present in your blood and in your body's cells. Your body needs cholesterol to work properly. But too much can cause fatty deposits (plaque) to build up on your arteries and block the flow of blood. If arteries are blocked, a heart attack or stroke can occur.

Most (80%) of the cholesterol in your body is made by the liver. The rest comes from cholesterol in foods you eat. Only foods with animal fat (e.g. meat, seafood, cheese) contain cholesterol. Foods from plants (e.g. fruits, vegetables, grains, nuts) do not.

How Can Cholesterol Be Both "Good" and "Bad"?

Lipoproteins carry cholesterol through your blood. There are two types: low denisty lipoproteins (LDL) and high density lipoproteins (HDL). LDL is the "bad" cholesterold because it clogs up your arteries. HDL is "good" because it takes the bad cholesterol away from blood vessels.

Understanding Cholesterol Levels

You want the level of your good cholesterold (HDL) to be high and your bad cholesterol (LDL) to be low. You can't feel it if your LDL cholesterol is high - you'll need a blood test to measure it.

How Can I Control My Cholesterol?

Diet is key. Your liver makes cholesterol from all the fats you eat. It is important that you reduce the total amount of fat you eat not just foods with cholesterol.

- Eat a low-fat fiet (no more than 30% of daily calories) - eat less meat and saturated fats, cook with little or no fat, choose low-fat foods.
- Eat more vegetables, fruits, whole grains, cereals and legumes.
- Lose weight if you are overweight - extra weight can lower your HDL.
- Be active - exercise helps to control your weight and increased HDL.
- If you smoke, quit - smoking increased LDL and decreases HDL levels.

Cholesterol Lowering Medications

For some people, changing what they eat and staying active are not always enough. Your doctor might prescribe a medicine to lower cholesterol. Discuss with your doctor and pharmacist how to take it and what side effects you might expect. Medicines work best with a healthy lifestyle - you will still need to follow a low fat diet and stay active.

For more information ASK YOUR PHARMACIST

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Boost Your Shot At A Healthy Winter

Want to know if it'll be a good winter? Forget the Farmer's Almanac. The best way to ensure you'll enjoy this winter is right under your sleeve: Roll it up and get a flu vaccine, and you'll really boost your shot at a healthy winter.

Shot is Best Defense

"The flu vaccine is safe, effective and the best way to fight the flu," says Gisele Martin of the Eastern Ontario Health Unit. She says it's especially important that people in the high risk group get immunized against the flu. "You can't underestimate the seriousness of influenza. For people in the high risk group, it can be especially life-threatening," said Martin.

New Clinics For All Coming Soon

This November, for the first time, the free flu shot will also be available to the general public.

Dates of these new clinics will be advertised soon. For more information call the Health Line/Appel-santé at 1-800-267-0852.

High Risk Group

The following people are advised to get the free flu shot at local clinics held throughout the five Counties: (October 17th to 27th):

- People 65 or older;
- People with chronic diseases;
- Residents and staff of homes for the aged, chronic care facilities;
- Adults and children with chronic diseases, heart or lung disease, diabetes, cancer, immunodeficiency (including HIV), immunosuppression, renal disease, anemia and blood diseases.

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Useful Health News

So many women suffer from menopausal symptoms like miserable night sweats, unending hot flashes and frequent sleeplessness. People who have high cholesterol are looking for ways to lower it in a battle against heart disease. Others out there are trying to lose weight. And some folks want to improve their memory function. If you are one of these women or men, you may be wondering what can help you. Well, ponder no more. There is a lot of medical news online to assist you with your health concerns. Some of it includes:

- Soy isoflavones - which help prevent osteoporosis and other menopausal symptoms. Certain types of soy products are approved by the Federal Drug Administration in their capacity to fight cholesterol and heart disease by lowering the bad form of cholesterol (low density lipoproteins) and raising the good form of cholesterol (high density lipoproteins) at the same time.
- A new weight loss product has been developed that burns existing fat so your body doesn't store it.
- According to the American Academy of Neurology, long term use of anti-oxidants has important anti-aging effects on the human brain and can prevent debilitating diseases like Alzheimer's.

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Michael Logan Wins Ontario Heritage Award

Cornwall's Michael Logan has been honoured for his contributions toward heritage with the Annual Ontario Heritage Foundation's Community Recognition Award.

The program allows municipalities to recognize individuals who have made significant contributions to built, cultural and natural heritage preservation in their communities. By their participation, Cornwall City Council demonstrates its appreciation of the individuals who are playing leading roles in preserving local heritage in this community.

This year's award recognizes Logan's sensitive rehabilitation results in applying an adaptive reuse to the Cline House at 208 Second Street East. It has been a heritage-designated property since 1979 and was formerly a part of the Cornwall Public Library.

While the Cline House has undergone many alterations and changes since the residence was erected in the late 1850's, the adaptive reuse to the gallery and gift shop has been conducted in a manner that preserves the reasons for its heritage designation. Through advice and verification of Cornwall LACAC, work has been done in a consistent and reversible manner, preserving such interior architectural details as its decorative ceiling, wall paneling, door and window mouldings and fireplace.

Cornwall LACAC recognizes that this adaptive reuse, consistent with the reasons for the Cline House's heritage designation, will support the preservation of a part of Cornwall's heritage into the future.



Michael Logan, center, owner of Logan's Gallery at Second and Amelia Streets, receives his Ontario Heritage Foundation's Community Recognition Program Award from Cornwall LACAC Chairman, Dennis Carter-Edwards (left) and Mayor Brian Sylvester. The award is given annually for significant efforts in heritage by people in the community.

(LACAC photo by Bill LaSalle)



Amazing Grace

Pastor Bob
BURGESS
Pastor New Life Covenant Church

"Therefore, whatever you want men to do to you, do also to them, for this is the Law and the Prophets." Matthew 7:12.

I wrote on this theme a few weeks ago and for some reason I keep finding reason to come back to this same theme as I live my daily Christian life.

The other day I was walking in a park and enjoying a leisurely stroll when I came across an overturned garbage can with junk and stuff scattered all over. At first I was simply going to avoid it and thought to myself that someone is paid to pick up those messes and was walking away to leave it to the 'caretaker.' However, I began to think maybe this would be a good time to practice "doing unto others" and I turned around and began to pick up the mess. Why am I sharing this? Because I realize now that there are a number of things we can do in our everyday life that will "do unto others" without necessarily involving people. We often think of acts of kindness to people and that's true, but look around you and you will see many ways you can help someone without anyone ever knowing about it. How about going into a public washroom and picking up the paper lying on the floor? How about uprighting a neighbour's garbage can in the ditch or in the middle of the road? How about an overturned mailbox on a corner that you set up straight? The list goes on and on...

I was thinking the other day how good it would be to have a "kindness day". Maybe we should ask the city to proclaim a certain day or even a week as "kindness day."

I am finding it to be contagious and enjoyable and most of all, I find that I'm changing in the middle of all of this. I'm sure the caretaker in the park is happy I helped him, but most of all, I walked away with a little sense of joy down in my heart.

I believe God put these things in the Bible for our own benefit as much as for others. Christianity is really quite simple and is meant to be lived in small ways such as I'm describing. Yes, we need to go to church and celebrate with others, but we need to put some action to our Christian lives.

So in closing, let me encourage you to look for ways to do little acts of kindness and I guarantee that your life will not be the same.

As always, remember God loves you! He really, really does!

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SEAWAY SPORTS



ICE CHIPS

by Bill Gallant

Coaching the Cornwall Royals over their years in junior hockey was handled by several local and area sportsmen. They included Vince Labreque in the City Jr. League and the Ottawa-Hull Jr. League, the late Jim Larin who guided the Royals while in the Central Junior League that included that memorable trip to Halifax for the Memorial Cup playdowns. Then just before the 60's ended the team joined the Quebec Major Jr. League with Jim Larin returning as the bench boss to be followed by Orval Tessier for the start of the 70-71 season. The following year, after winning the Memorial Cup, Tessier surprised everyone by announcing he was accepting a coaching role with the Quebec City Remparts of the QMJHL. Enter Ron Racette from Orleans, Ontario. As a junior, Ron played his hockey in Buckingham then joined the Boston Bruins' organization and was sent to the Victoriaville Bruins in Quebec when the team won the Quebec Jr. "A" Championship. Ron also played Senior hockey with two Allan Cup winners in Sherbrooke and Drummondville. Then following his two seasons as the Sherbrooke coach, Racette was named the Royals' mentor. He guided the team to second place after the regular season. The Royals finished just behind Tessier's Remparts and they had some terrific talent, like Yvan Bouillon, who won the team's scoring race with 104 points, and Blair McDonald who scored 63 goals, a team record. Gary MacGregor was here, as was Captain Bob Murray, Al Sims, John Wensink and others. In the opening playoff series that season, the Royals met the Montreal Jr.'s and with MacGregor's overtime goal in game four at the Forum, the Royals swept the series in four straight. It was tougher for Racette and the Royals in the next round for many reasons. Bouillon was out with a separated shoulder, Al Sims and others were on the sidelines with assorted injuries. That was also the season when the big bad Sorel Hawks had 6' 2", 205 pound Carlo Torresan who collected over 400 minutes in penalties in the regular season. It was clear that the series was going to be a rough one. The Royals were ready with John "Moose" Wensink and the best of seven series opened at the Water Street Arena and it was a brawling affair. There were 15 fights in the opening period. Royals won and the fisticuffs continued in Sorel as the Hawks tied the series. Then the fans were treated to plenty of great hockey in game three as "Mac" and "Murray" each scored 6 points in a 15-5 victory, and they won in Sorel and wrapped it up with a win back in Cornwall.

In the finals it was a meeting of Ron Racette's Royals against the Tessier coached Remparts from Quebec City. There were 13,000 fans waiting for the Royals in the opener in Quebec and the Remparts won. In game two, MacGregor scored his 3rd playoff hat-trick to tie the series. Brawling reared its nasty head in games two and three then "Mac" notched another hat-trick to tie the series 2-2. NHL coach Scotty Bowman's brother, referee Jack Bowman, stirred up some controversy in game 5 in Quebec when Royals Bob Murray tried to cover up a loose puck to help goalie Mario Viens in the Royals nets, and the Remparts were awarded a penalty shot. They scored and went on to win the game. Dan Lupenette scored the hat-trick back at the WSA to notch the series at 3-3. The goalie's took over in the seventh game back in Quebec as the Royals' Mario Viens and the Remparts' Pierre Perusse put on a show. Mario in particular faced 50 shots and the fans were treated to an excellent game. The Remparts won and Tessier was ready to take his second trip to the Memorial Cup, this time as the Quebec City Coach. For the record, the Remparts lost to the OHA's Toronto Marlies in the final game in Medicine Hat, Alberta. Racette was back to guide the Royals the following year (73-74) and Tessier returned as the GM!!



Bantam "B" Freshmart Royals

On Sunday, November 12th, 2000 John Julien Kupczyk and Matt Lefebvre goals gave the Freshmart Royals their second straight win, beating the Char-Lan Bantam "B" Rebels 2-1. Assists for Cornwall came from Steph Quenneville and Chris Matte. Chris Gadbois was working hard on his first shut-out of the season in nets for the Freshmart Royals, but with 29 seconds left in regular play, Char-Lan was able to light up the clock with their only goal of the game.

The Freshmart Royals will be back in action Wednesday night against the Morrisburg Lions, looking to increase their streak to three in a row.

Player of the game was Chris Gadbois.

Wal-Mart Peewee B Royals

The Wal-Mart Peewee B Royals split a pair of games over the weekend. On Friday, the Royals skated to win against Long Sault Selects winning 4-1. Scoring for the Royals were Matt Chausse, Jason Gillis, Vince Quesnel and Shane Jeaurond. Jason Marion contributed with 2 assists for the Royals. Long Sault's lone goal was scored by Andre Filion.

The Royals travelled to Kemptville on Sunday to face the Kemptville Wild Cats. The game was a see-saw battle with both teams exchanging goals entering the last half of the third period tied at 3-3. Kemptville won the game on a penalty shot by J. Storrey with less than a minute to go in the period. M. Carmichael also netted a hat trick for Kemptville. Cornwall scoring came off the sticks of Marc-Andre Piette, Carey Soares and Vince Quesnel. Matt Chausse had 2 assists for Cornwall.

Cornwall Kinsmen Girls Hockey Association 17th Annual Tournament

The Cornwall Kinsmen Girls Hockey Association will be hosting its 17th Annual Women's Hockey Tournament on Thursday, Friday, Saturday and Sunday, November 16th to 19th, 2000 at the Bob Turner Memorial Center, the Cornwall Civic Complex and the Si Miller Arena.

A total of 58 teams will compete in the 11 different divisions from Novice House League (8 and 9-year-olds) right up to Midget "AA" Competitive (16 and 17-year-olds).

Fifteen teams representing the Cornwall Kinsmen Girls Hockey Association will be competing with teams from Kanata, Nepean, Brockville, Peterborough, Belleville and Napanee, Ontario as well as U.S. entries from Lake Placid and Syracuse, New York, Burlington and Stowe, Vermont and Wolfeboro, New Hampshire.

Action gets underway Thursday evening at 7 p.m. with three local games at the Civic Complex and continues Friday at 4 p.m. at all three arenas throughout the weekend, and concludes with 11 championship games on Sunday afternoon, again at all three arenas. Eleven Cornwall teams will see action Friday including all six competitive teams. Cornwall teams were not gracious hosts last season as they swept all the competitive divisions as well as the Novice House League Division.

Cornwall Midget "C" Typhoons take on Hawkesbury Hawks at 5 p.m. at the Civic Complex, followed by the Atom "A's" against Kanata at 8 p.m. and the Bantam "A" Typhoons and Peterborough Sports at 9 p.m. Also at the Complex over at the Si Miller Arena the Bantam "C" Typhoons face Brockville Angels at 5 p.m., the Peewee "A" Squad takes on the Ottawa NCCP Capitals at 7 p.m. and the Midget "AA" Typhoons open defense of the Midget "AA" title at 10 p.m. versus the Brewster Academy Varsity Bobcats from Wolfeboro, New Hampshire.

On Saturday, November 18th, all three arenas will see action from 8 a.m. to 11 p.m. The championship games on Sunday begin at 2 p.m. and conclude around 7 p.m.

As in past years, the Midget "AA" Division will feature some of the top female hockey teams in the province including Belleville Bearcats, Napanee Crunch, the Ottawa NCCP Capitals and of course Cornwall's own Midget "AA" Typhoons. Brewster Academy is a new entry from New Hampshire and the final entry is the Lake Placid Rockets, a team that is always expected to provide some exciting quality hockey.

Admission to all games is absolutely free and the action will be fast, furious and above all "female."

SEAWAY Scoreboard

Bridge Results

Alexandria Bridge Club, Nov. 7th, 2000

N/S
1. Don Crawford - Lorne Norman
2. Lorna & Homer Grant
3. Elizabeth Marjerrison - Jim Campbell

E/W
1. Rene Belanger - Michel Duplantie
2. Gerri Tibbals - Ron Allison
3. Madeleine Theoret - Colette Lanthier

Nov. 14th, 2000

N/S
1. Joan & Gilles Lapointe
2. Don Bond - Jim Campbell
3. Don Crawford - Lorne Norman

E/W
1. Rene Belanger - Michel Duplantie
2. Nora Ruth - Sheila Pickett
3. Gerri Tibbals - Ron Allison

Martintown Goodtimers Bridge Club, Nov. 7th, 2000

N/S
1. Jean & Jim Campbell
2. Audrey Blair - John Roulston
3/4 Joan Owen - Phil McGrath } tie
3/4 Jeanne Plouffe - Andre Bergerin } tie

E/W
1. Del Roulston - Doris Lambert
2. Penny McLeod - Joan Turner
3. Allan McLeod - Henryk Rzepczyk

Nov. 14th, 2000

N/S
1. Isobel Quail - Homer Grant
2. Audrey Blair - John Roulston
3. Jean & Jim Campbell
4. Norah Ruth - Marion Thompson

E/W
1. Jean Murray - Jane Troop
2. Gerrie Tibbles - Ron Allison
3. Penny McLeod - Joan Turner
4. Del Roulston - Margaret Hamlett

Cornwall & District Bridge Club, Nov. 6th, 2000 (Overall)

1. Steven Lassner - Jeannine Alain
2. Suzanne Haslett - Kirkwood Mallette } tie
2. Maureen Walker - Barbara Taylor } tie
2. Nelsa Kalil - Lydia Legault

Nov. 9th, 2000 (Overall)

1. Bruno Carriere - Richard Baird
2. Barbara Taylor - Brian McCartney
3. Jeannine Alain - Richard Fawthrop

Independent Bridge Club Nov. 7th, 2000

Section A
N/S
1. Lucille Sabourin - Janice Keen
2. Adelaide Hunter - George Bissonnette } tie
2. Peggy Seymour - Velma MacDougall } tie

E/W
1. Inez Hatfield - Rhea Petry
2. Fern Cuerrier - Margaret Kennedy
3. Fern Emerton - Anne Paulin

Section B
N/S
1. Brunelle MacDonald - Mona MacPhee
2. Norma Daigle - Rona Maynard
3. Bert Chaussé - Yolande Boutin

E/W
1. Georgette Beaulieu - Therese Latour
2. Charles Lawn - Fern Blain
3. Rudolf Denis - Roger Pinard } tie
3. Eva Kittle - Mardie Davies

Kinsmen Centre Social Duplicate Club Nov. 9th, 2000

N/S
1. Bev Sherwood - Marilyn Dorman
2. Val Shannon - Anne Woods
3. Jean Fox - Gail McDougall

E/W
1. Marie Savoie - Tom Swift
2. Wynn Cleary - Norma Rouleau (aided by Myrna Carpenter)
3. Phyllis Fourney - Shirley MacDonald

Cornwall Seniors Duplicate Bridge Club Nov. 10th, 2000

Section A
N/S
1. Terri Lalonde - Charmaine Quenneville
2. Margaret Evans - Terry Forsyth
3. Mabel Chan - Lydia Legault

E/W
1. Nelsa Kalil - Charles Lawn
2. Marielle & Yvan Morrissette
3. Fern Blain - Ben Bouvier

Section B
N/S
1. Brunelle MacDonald - Huguette Arsenault
2. Marjorie Raymond - Yolande Boutin
3. Rita O'Brien - Bert Chaussé

E/W
1. Fern Cuerrier - Pauline McKinnon
2. Flo Bergeron - Rita Struthers
3. Kay Barlow - Grace Leroux

Terri's Bridge Club Nov. 13th, 2000

N/S
1. Kay Barlow - Bert Chaussé
2. Charmaine Quenneville - Bob Evans
3. Joyce Harrison - Jean Stokes

E/W
1. Sue Payette - Alice Marleau
2. Lyette Ladouceur - Madan Seth
3. June Boyd - Jessie Boyd

United Counties Ladies Basketball

Nov. 9th/00 - St. Lawrence High School

Game #1

	Rayco Sports	48	Star Gazers	40
Top Scorers:	Faye Brunet	13	Karen Francis	16
	Angela Martell	12	Stephanie Richars	12
	Norma Lefebvre	9	Sharlee Thomas	8

Game #2

	St. Lawrence College	56	Rat's Nest	39
Top Scorers:	Lucie Michaud	14	Genevieve Tibi	13
	Erin Nixon	12	Susan Shannon	12
	Tammy McDonald	8	Lisa French	6

Game #3

	Cornwall Gravel Pits	32	Grower Direct	27
Top Scorers:	Catherine Gagnon	13	Sam Schuler	7
	Carol Duchesne	4	Debbie Handy	6
	Cathy Grant	4	Nancee Cruickshank	4

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SEAWAY SPORTS

Upper Canada Mortgage Seaway Valley Major Atom "AA" Rapids

The Upper Canada Mortgage Seaway Valley Major Atom "AA" Rapids split a pair of games on the weekend. In Maxville on home ice the Rapids defeated the Ottawa Sting 6-1. The line of Devin Brunet, Mathieu Parisien and Nicolas Spagnolo had a stellar night. Brunet played a spectacular game firing in four goals and one assist while Spagnolo scored twice and earned two assists. Parisien assisted on four of the goals and Nicholas Gaudet got two helpers. Goalie Philip Perkins was a standout between the pipes with help from defencemen Shawn Fontaine, Jymie Jasper, Gaudet and Corey Piché.

On Saturday, the Rapids were defeated 6-1 in Gloucester by the undefeated, first place Rangers. Nathen Mondoux got the lone goal with Shane Avery earning an assist.

Computer Sense/Rebels Char-Lan Novice Travelling Team

The Computer Sense/Rebels Char-Lan novice travelling team was completing a two game road trip with a stop in Winchester last Monday. It was the first meeting of the year between the two teams. The Computer Sense/Rebels won the first battle 6-1. The first period belonged to the visitors who out-scored their opponent 2-0. The first goal was a creation of Thomas Lang, unassisted. The second one came from Chad Galliott assisted by Jonathan Jasper. In the second frame, Maxwell Ming capitalized on a rebound from Tylor Spink to give the Rebels a 3-0 lead. North Dundas played a strong second period and were able to cut the lead to two goals when Brandon Buma scored. Justin Hanes and Philip Duncan assisted on the play. But Char-Lan hit hard in the third period with three unanswered goals. Reid Lepine with two and Maxwell Ming with his second of the night closed the scoring. The Spink brothers, Tyson and Tylor, each collected an assist in the period. With that win, Char-Lan improved their record to 5-1-1 in the Upper Canada novice B league.

Cornwall Radiator Auto Centre Minor Bantam AA Rapids

The Rapids won one of two this past week. Playing the Ottawa Sting on their home rink, the game turned into a goaltender's duel with Stefan Guindon, the Rapid's goalie, coming out on top in a 2-1 victory. Glen Belmore, a Major PeeWee callup, scored for the Rapids, assisted by Pat Lemay and Todd Perry. Brock McBride scored the winner late in the game, assisted by Ian Boots and Lemay.

On Sunday, the Rapids lost in a shoot out 6-4 to Rideau St. Lawrence. Scoring for the Rapids were Lemay with two, Brett Liscomb and Liam Tyrell with singles. Assists going to Boots, McBride, Josh Legue and Liscomb with two.

Club 55+ Action

Frank Sanderson kegling for the Wolves in Club 55+ action at Olympia Bowl rolled singles of 217 and 228 only to be on the losing end of a 2-1 count. Ron Davies chipped in with a 201 single.

Other highs rolled: Cliff Duquette 228, Maurice Desrosiers 226, Clarence Stang 225, John Peters 222, Len Marleau 213, Don Silmser 211, Val Currie and Eric Dunn 208, Eva Carter 203, Cliff Merpaw and Raymond DeRepentigny 202 each.

Attendance winners: Tom Fagan, Bill Thompson and Lucille Foubert.

Dibblee Construction Novice "B" Royals

The Dibblee Construction Novice "B" Royals played in Char-Lan on Friday night. The game ended in a 3-3 draw.

On Sunday, at the Si Miller in a rematch, the Royals lost in the last few minutes of play 3-2. Goals were recorded by Tyler Barnhart (SD&G Concrete) 3, Tyler Legue (D'Alessio Exporting) and Mathieu Rochon (Midway Motors) each recorded one. Colin Poirier (Roy's Studio) earned 3 assists, while Dominick Coyle (Dave's Reliable Signs), Taylor Filion (Midway Motors), Joey Porporo (Malyon Excavation), Tyler Prieur (CIBC) and Jérémie Spagnolo (A&W) each recorded one.

Lola's Pub and Grub Peewee A Royals

Lola's Pub and Grub Peewee A Royals were beaten Saturday in Goulbourn 6-1 with Brad Crepeau getting the only goal.

On Sunday, the Royals hosted Gloucester in an exciting game that ended 5-4 for the Rangers. Tyler Maxwell had two goals, Scott Cameron and Neil Brady had one each. Cory Gove and Christian Champagne each had two assists.

The Royals travel to Pembroke this weekend for the Silver Stick Tournament.

CIBC Wood Gundy Minor Peewee AA Rapids

The CIBC Wood Gundy Minor Peewee AA Rapids travelled to Kingston and dropped a closely fought contest 4-1 to Kingston. The Seaway Valley team allowed two first period goals but rallied in the third on a goal from Eric Marion and assist to Christopher Ayotte to close the gap to one goal. The team allowed two goals late in the game after coming close to tying the game.

The CIBC Wood Gundy squad played in Maxville on November 12th, 2000 and played a strong game in tying the Gloucester Rangers 3-3. The great goaltending of Nicolas Filion and the hat trick from Derrick Villeneuve helped the Seaway team to earn a point. Assists in this game went to Christopher Ayotte, Charles Laplante and Eric Marion. Both teams face off next week in Gloucester.

Char-Lan Novice Travelling Team

Cornwall Royals and the Computer Sense/Rebels Char-Lan novice travelling team played a back-to-back series. The Sense team came up on top recording a win and a tie during the match up.

In the first game, Cornwall and Char-Lan skated to a 3-3 tie. The home team scored first with a goal from Chad Galliott. An assist went to Alex Bosse. Cornwall took the lead with two goals from Tyler Barhart. Collin Poirier and Joey Proporo each recorded an assist. Char-Lan came back to tie the game late in the third period with a goal from Reid Lepine unassisted. Nine seconds later, Tyler Legue scored to give Cornwall a 3-2 lead. Char-Lan pulled their goalie for an extra attacker, and Reid Lepine tied the game for the Rebels with 5 seconds to go in the contest. Chad Galliott assisted on the play. Ryan Bissonnette, in net for Cornwall, was solid all night multiplying the key saves. The shots on nets were 21 to 9 in favour of Char-Lan.

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√ Tire rotation
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A Monthly Review of Entrepreneurial Women in Cornwall and Area



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Building Business ... Are You Working Your Business Card?

(NC)—Your business card—a simple piece of paper, just 2" by 31/2" in size—it's an incredibly important part of promoting your business. Make sure you get your cards working effectively for you.

Easy as it sounds, the first rule of business cards is "Never leave home without them!" Because you never know who you'll meet. So even on weekends or holidays, make sure you have several of your cards in your wallet.

Naturally, if you're attending a trade show or conference, make sure you have enough cards to cover all the bases – writing your name on a scrap of paper just doesn't cut it!

But when and where do you hand them out? The confusing answer is, it all depends.

If you're in a consumer-related field, you need to get your name seen everywhere: bulletin boards at libraries, grocery stores and your church are a good start; enclose them with mail or if you're paying local bills; pass them out at parties and to friends. When you need a steady supply of new contacts, your business card can get your name out in a hurry.

However, in a business-to-business environment, you'll have to change your tactics. Never pass out cards indiscriminately . . . you want to be sure that those you give cards to, are people you actually want to talk to in the future.

The second rule of business card etiquette is that during a conversation, the senior person should initiate a card exchange – if they don't want to talk to you again, chances are they won't ask for your card. So make sure your business card is really wanted . . . or it'll be wasted.

Larry Davies, CIBC's Small Business Director for South-Western Ontario, notes "Business cards are used as a way of remembering people, and for them to remember you. So take a moment to study the card before filing it away. If possible, write a small note as a reminder of where you met the person and any other information that will tweak your memory later."

And another point – always carry cards (both your own and those you might collect at a function) in an appropriate case . . . because who wants a dog-eared or stained remembrance of their last meeting with you?"

Finally, in some cultures, the business card is seen as an extension of the person presenting it. Make sure you display the correct respect when exchanging cards with these individuals. And since most people are proud of the accomplishment their card announces, this 'respectful' approach is one you could easily apply at all times.

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How To Make Time For A Home Business

If you sat down and figured out how much time you waste every day, you'd probably be surprised. Despite all the running and gunning you do, there is still probably a lot of time when you're not productive at all. And maybe you don't want to be. But there is a lot of extra cash in those idle hours you spend in front of the television, playing games on the Internet, downing beers at the local bar or gabbing on the phone. Fitting a second job into your schedule is easier than it sounds. Start by making a list of what you do every day and how long each activity takes you. Think of time as your most valuable asset, because it is. Organize and prioritize by deciding what has to be done, what you want to get done and what can wait. This applies to paying bills, answering letters, and doing household chores and errands. Coordinate your daily schedule the night before. This will help you focus on the things you want to get to and save you time as you map out your activities and your itinerary the following day. Once you start listing and planning what you want to do and then actually do what you set out to do, you'll probably find you have extra time to handle virtually any kind of home-based business. When you start planning and become involved in an additional project - in a time-efficient, organized way - do what has to be done immediately, and don't try to get done in a week what should really take you an hour. Plan out on paper what you have to do and when you're going to do it. Becoming more efficient will make things easier and free up time to do those things you like to do and it will give you more money to do them. To learn more about how you can make extra cash and to get the best home business tips, visit a web site like www.YouWinIt.com.

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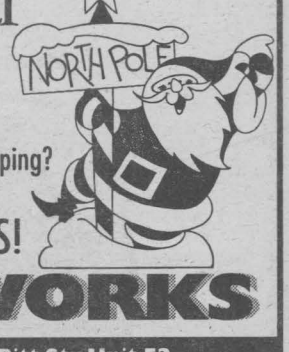

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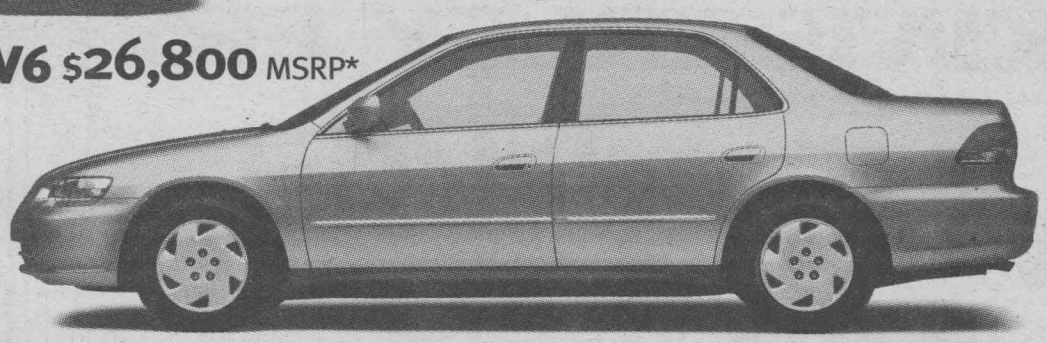

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***BAKE & CRAFT SALE** is being held on Saturday, Nov. 25th, 9:00a.m. to 2:00p.m., Chateau Gardens, Lancaster. Everyone welcome. Hosted by Chateau Gardens Volunteers.

***BARB'S SINGLES** dance schedule: Saturday, Nov. 18th; "Regular Dance". Dances are held at the Navy Club, 30 Sixth St. East. Info: 933-5903.

***BAZAAR** featuring baked goods, crafts, white elephant table, etc., will be held on Friday, Dec. 1st, 9:00a.m. to 1:30p.m., second level of Hotel Dieu Hospital. Hosted by the Auxiliary.

***BIRTHRIGHT.** Pregnant? Need help? Free pregnancy tests. Confidential. Counselling. Info: 938-2028.

***CELEBRONS LA JOURNEE** Nationale de l'enfant le 20 nov., à Le Centre Familial, "Ensemble, un pas à la fois". Tous sont bienvenues. Info: 938-2000.

***CENTRE CHARLES-EMILE CLAUDE** activités pour novembre: lundi: "Danse en Ligne" (débutant); mardi: "Dards" mardi soir 7h; "Danse en Ligne" (avancée) pratique de musique le 7 et 2; mercredi: "Danse en Ligne" (pratique); jeudi: "Pétanque"; vendredi: "Sac de sable". Info: 932-1035.

***CHILDREN'S AID SOCIETY** of S.D.&G. Board of Directors will hold their monthly meeting Wednesday, Nov. 22nd. Info: 933-2292.

***CHRISTMAS TEA & TABLE SALE** is being held on Wednesday, Nov. 29th, 1:30p.m.; St. Columban's Parish Hall. Hosted by St. Columban's CWL. Everyone welcome.

***CORNWALL & DISTRICT BRIDGE CLUB** meet every Thursday at the Masonic Temple at 7:30p.m. Call 932-3498 for information.

***CORNWALL QUILTERS GUILD** will meet on Monday, Nov. 20th, 7:00p.m. at the Cornwall Seaway Lions Club, 123 Fortier St. Anyone interested in quilts/quilting is welcome. Info: Cathy, 931-1598.

***CORNWALL SENIOR CITIZENS CLUB** 119 Pitt St., activities for November: Monday, "500" 1:00p.m.; Tuesday: "Crib" 1:30p.m.; Thursday: "Bingo" 1:00p.m.; Saturday: "Dance" 8:00p.m. Everyone welcome. Info: 932-0980.

***GAMBLERS ANONYMOUS** hold meetings Friday evenings, 7:30p.m., Knox St. Pauls United Church. Info: Don 938-8131.

***GIRL GUIDE YARD & BAKE SALE** at Trinity Anglican Church, is being held on Saturday, Nov. 25th, 8:00a.m. to 3:00p.m. Everyone welcome.

***NDP RIDING ASSOCIATION** is hosting a "Meet The Candidate" Party at the Knights of Columbus Hall, Second & Amelia St., Saturday, Nov. 18th, 8:00p.m. Everyone welcome. Info:- 933-8410.

***NEARLY NEW SHOPPE** regular hours: Tuesday's and Thursday's 2p.m. to 4p.m. and 7p.m. to 9p.m. at Trinity Church.

***NEWCOMERS CLUB** "Book Club" is being held on Wednesday, Nov. 22nd, 8:00p.m. Info: 933-6782. New members are welcome.

***NICOTINE ANONYMOUS** for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

***OVEREATERS ANONYMOUS** hold meetings Monday evenings, 7:30p.m., at Knox St. Pauls United Church. Info: Georgette 938-1311.

***P-FLAG** is a mutual aid group for those who wish to show support for their gay/lesbian, bisexual or transgendered family members and friends. Meetings are held every two weeks, on Wednesday at 7:30p.m. Info: 1-877-874-4424.

***PEER SUPPORTS GROUP** open to individuals who have experienced mental illness or mental health problems and who are looking for information, peer support and sharing of coping skills and strategies. Monday evenings 6:00p.m.; 29 Second St. East. Info: 933-5845.

***PEU IMPORTE LES RAISONS** de ta séparation ou de ton divorce, l'expérience est pénible, voire même traumatisante. Risque et viens te joindre à notre groupe, Joie de Vivre du Canada Inc., secteur francophone, d'Alexandria-Cornwall, 305 Baldwin. Info: Marcel (932-4615), Pauline/Yvon (938-7527).

***SOUTH STORMONT CHAMBER OF COMMERCE** will hold their next meeting on Tuesday, Nov. 21st, 7:00p.m., Osnabruck Hall, Rothwell-Osnabruck High School, College St., Ingleside. Guest Speaker: Jack Wilson, CA and Representative of Stats Canada. Everyone welcome.

***ST. LAWRENCE INTERNATIONAL STAMP CLUB** will hold its monthly stamp meeting on Tuesday Nov. 21st, 7:00p.m., Knox St. Paul's Church, 108 Second St. East. Info: 938-0973. Anyone interested in stamp collecting is welcome.

***TCF (THE COMPASSIONATE FRIENDS)** hold monthly meetings every third Wednesday of each month at 7:00p.m., St. John Bosco School (west side entrance). Info: 938-7570.

***VICTORIAN ORDER OF NURSES PROSTATE SUPPORT GROUP** meet every second Thursday of the month, 7:00p.m. V.O.N. Office, 205 Second St. E. Information and discussion for Prostate Cancer patients, newly diagnosed and their loved ones. Info: 932-3451.

*** ST. PETER'S CWL LUNCHEON -** soups, sandwiches & pies. Saturday, November 25th from 11 am to 2 pm. Also bake table. Everyone welcome.

Glen Walter Fire Dept.
Harvest Dance
$8.00 per couple
Sat., Nov 25th 8pm
at K of C Hall in Glen Walter
Live Band AM./FM.
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for info call 933-5465
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STD TRI COUNTY CRAFTS'
Christmas CRAFT SALE
NOVEMBER 24 - 25 - 26
CORNWALL CIVIC COMPLEX
FRIDAY: 10:00 a.m. - 9:00 p.m.
SATURDAY: 10:00 a.m. - 5:00 p.m.
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Implementation Of Defibrillators In Township Of South Stormont

By Jos van Diepen, Fire Chief - St. Andrews Fire Department, on behalf of the Reeve and members of Council of the Township of South Stormont.

The Reeve and the members of Council for the Township of South Stormont are pleased to announce the expansion of emergency medical services throughout the municipality. The municipality is purchasing four defibrillator units employing state of the art technology both in terms of their advanced capability and ease of use. A more complete technical summary is available from Jos van Diepen, Fire Chief of the St. Andrews Fire Department. Along with the defibrillators, purchasing includes arrangements for advanced medical trauma bags. As well, each unit will be further supported by an oxygen airway management system. These units enjoy new ease of use and safety features.

As part of the Cornwall General Hospital's base hospital program, these units will be located at the four fire stations in South Stormont; St. Andrews West, Newington, Long Sault and Ingleside. Training in the use of the new equipment will have been completed by mid-November 2000. The equipment is expected to be in place and operational by the beginning of December 2000. Firefighters responding to these medical emergencies have received medical training consisting of standard first aid and CPR as well as extended medical training and certification to operate the defibrillators and oxygen airway management system. This additional training is ongoing and firefighters will be required to recertify annually. Firefighters will be called upon to support the existing regional ambulance service whenever the ambulance is delayed. Firefighters will respond to a medical emergency and provide emergency medical care until the arrival of the ambulance.

The objective is to arrive on the scene of a medical emergency ahead of the ambulance and initiate primary medical care until ambulance attendants assume control. Every second counts in these situations. Statistics show that the chances of survival increase from 7 per cent to 10 per cent for every minute that the fire department is able to provide care for heart attack victims ahead of the ambulance. Furthermore, with the assistance of the fire services, the on-scene time of the ambulance is reduced by three to four minutes, thus allowing for quicker access to the hospital's more advanced care. As some locations within the municipality are not within immediate access, an expedient response is essential.

We need the public's participation for this program to be successful. We ask the public to be considerate when encountering a green flashing light. It could be your neighbour, or a loved one that is in need of immediate medical attention. Please remember that every second

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ENTERTAINMENT

What goes up....must come down. That's true of both the Halloween decorations and the municipal election signs. They are now making way for the Federal Election sign posting that has already begun and will last until after November 27th, and the glittering Christmas decorations that will soon be lighting up our city. After all, there are just over five weeks until the December holiday season.

Congratulations once again to the new AM station the "Jewel" that has returned to its original frequency of 1220 on the Cornwall dial. I'm told that there will be a few days of "teasing" recorded music and announcements and then the official sign-on festivities on November 24th. Those of us who grew up listening and dancing to the music of the 50's and 60's, and who also remember the big bands and those other familiar oldies, will surely be part of a very large audience.



Entertainment - Special Events & Restaurant Review - By Bill Gallant

The next **Seniors Dance** at the **K of C Hall** on Amelia Street will be held on December 13th. It's to be a Christmas Dinner & Dance with all the trimmings, including the usual spot dances and prizes and a "special" pre-dance meal. Duke and Claudette have arranged another great evening and all members are invited to join in the pre-Christmas celebrations.

Just a couple of weeks to go and we will welcome back the **Festival of Trees 2000**. It will begin on November 30th and last until December 3rd. This is the fifth annual festival sponsored by the Lung Association and it will be held at the Cornwall Armoury. This year's event features **Santa's Secret Shop** where the young folks can purchase gifts as well as a holiday gift area for adults. Included this year will be a December 1st breakfast for the business community, plenty of Christmas singing, dancing and carolling and much more.

The next **Singles Dance** at the **Navy Club** on Sixth Street East is just a couple of weeks away. It will be a Christmas Dance and is scheduled for December 2nd. While there, you can also inquire about a possible New Year's Eve Dance. Just ask "Barb" at the door for information.

We are certainly not going to complain about this current weather trend, but those busy weather prognosticators do not sound too promising for the next few weeks. The long-range statistics are calling for cooler temperatures and a good helping of that white stuff. Oh well, it was due to happen, so get the shovels out folks.

Until next week, g'Day and g'Night.

The Schizophrenia Society Receives New Information



John Matthews (left) from the local Schizophrenia Society, welcomed Dr. Paul Roy and Claudia Hampel (nurse) to Cornwall to speak on his new program to aid schizophrenia patients. The local chapter holds monthly meetings to help the public with information on new techniques.

Story & photo by Chris McPhee

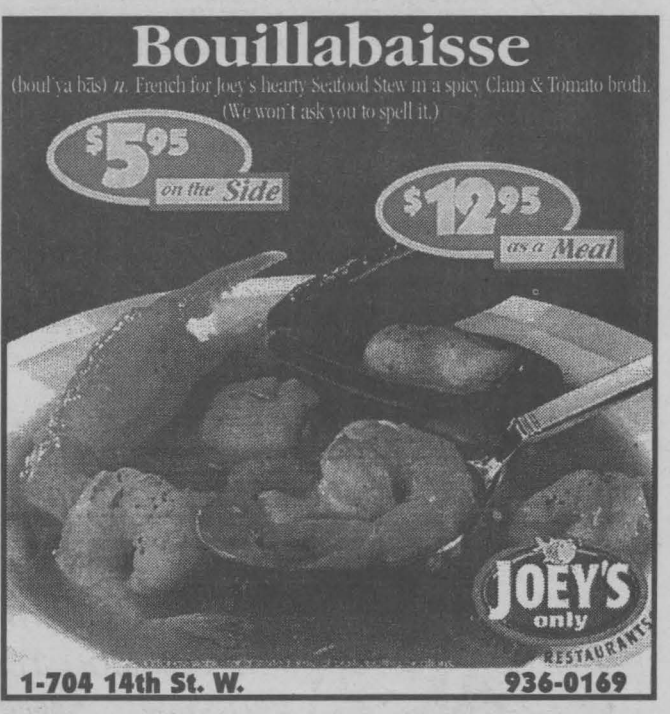
The Schizophrenia Society of Ontario held their monthly meeting and received some new information from Dr. Paul Roy of Ottawa. The guest speaker was possible due to monies donated from the United Way. The Cornwall Chapter has been named as one of the agencies aided by the United Way and has been in existence since 1991.

"We hold our meetings every second Tuesday of each month. Thanks to the United Way, we can bring in wonderful speakers to inform people of this very misunderstood, but very treatable mental illness," said John Matthews, president. "There is new research going on all the time and these guest speakers bring valuable information to us, the people that need it."

Dr. Paul Roy is the Medical Director of the Ottawa First Episode Psychosis Program which is situated in the Ottawa General Hospital. He has a new strategy to get patients help sooner than they do now, and it targets people between the ages of 17 and 40. "We need to get these people as soon as possible," Dr. Roy stated.

Meeting Postponed

Cornwall and Seaway Valley Tourism regrets to advise that the Conventions, Meetings and Sport Tournament Workshop scheduled for Thursday, November 16th, 2000 has been postponed. If your organization is still interested in attending this workshop at a later date, please contact the Tourism Office at 938-4748.

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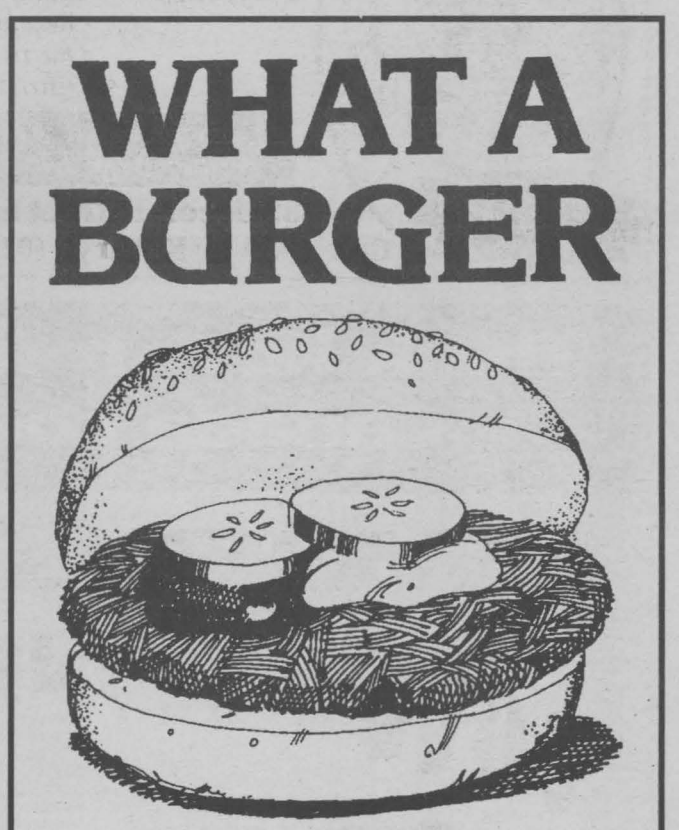

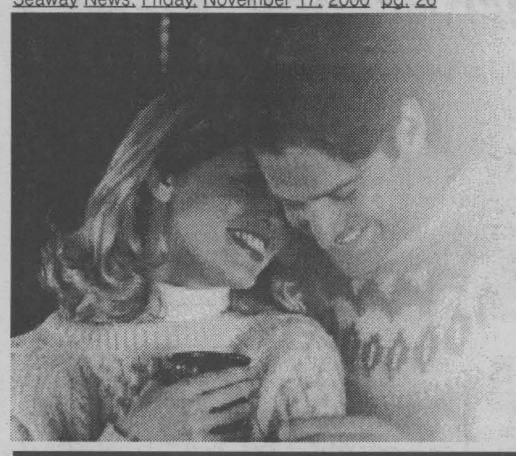

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NOW MEET THE BEST
I'm an easygoing, outgoing and fun-loving, SWF, 20, 5'2", who enjoys working, long walks, quiet times and spending time with my children. I'm seeking a hardworking, responcible, SM, 22-26, who enjoys children. Ad#: 6690

VERY LOVING
Short, SWF, 19, who is nice, funny and very outgoing. Some of my hobbies include swimming, sports and much more. Seeking an honest, romantic, SM, over 20. Ad#: 5887

DREAM DATE
5'5", SWF, 18, with short blonde hair who is very sweet, shy and quiet. I like music, long walks, drawing and painting. Looking to a loving, caring, SWM, 18-23, for a possible relationship. Ad#: 1571

NIGHT LIFE
I'm a SWF, 20, outgoing, down to earth, and humorous. I enjoy singing, dancing, art, music, and more. I'm looking for an outgoing, SM, 19-25, who is honest, attractive, and enjoys going out for a good time. Ad#: 9757

ROMEO, ROMEO!!!
I'm a SWF, 23, easygoing, and caring. I enjoy biking, hiking, dancing, movies, and romantic evenings. I'm looking for a humorous, easygoing, trustworthy, SWM, 23-30. Ad#: 7432

CINDERELLA'S BALL
I'm a SWF, 29, 5'6", blue eyes and red hair, who friends say is kind, caring, compassionate and humorous. In search of a tall, SWM, 30-45, who enjoys animals, children and the country. Ad#: 5836

LOVE'S MAGIC
Quiet at first, SWF, 19, 5'2", with blue eyes, brownish-red hair, likes rollerblading, horseback riding and clubbing. I'm seeking a SWM, 22-29, to get to know. Ad#: 8385

WONDERFUL
I'm an attractive SWF, 57, humorous, and a great personality. I enjoy swimming, camping, crafts, dancing, the beach, romance, and spending time with loved ones. I'm looking for a SWM, under 65, who is caring, understanding, N/S, affectionate, romantic. Ad#: 1429

SHARE MY DREAMS
SWF, 33, 5'5", 150lbs., with long brown hair/eyes, has an easygoing personality, likes having fun, hobbies are dancing, movies and long walks. I'm seeking an honest and caring, SM, 19-40, who loves children. Ad#: 9019

LET'S MEET
SWF, 31, 5'4", who is described as very responsible, dedicated and a hardworker, enjoys sketching, walks, reading and visiting. Seeking a SM, 30-40, for companionship and friendship. Ad#: 9855

SOFT-SPOKEN LADY
Petite, SWF, 48, hazel eyes, with a very quiet personality. I love country music, camping and traveling. Searching for a SWM, 50-55, with similar interests. Ad#: 7000

UNFORGETTABLE
Outgoing, friendly, open-minded, SWF, 37, 5'7", slender, with light brown hair and hazel eyes. I'm hoping to meet an honest, caring and trustworthy, SWM, 34-45, preferably over 6', who enjoys children. Ad#: 7864

MAKE A FRESH START
I am a N/S, SWF, 33, 5'2", who is shy, happy and honest. Some of my hobbies include playing darts, bowling, movies and going for walks. I would like to meet a SWM, 39-45. Ad#: 9144

VERY GENUINE
N/S, SWF, 60, 110lbs., 5'1", with long brunette hair. I love dancing, cooking, barbeques, movies and entertaining. Hoping to meet a SWM, 55-65, who is honiest and likes dancing. Ad#: 7155

HOPELESS ROMANTIC
SWF, 33, 5'3", 135lbs., with hazel eyes, funny, hobbies are watching movies, reading and listening to music. I'm hoping to find a romantic, SWM, 29-37, who enjoys cuddling, candlelit dinners and much more. Ad#: 8818

GOOD LISTENER
SWF, 49, brunette and friends say I am bubbly, fun to be with and compassionate; I enjoy dancing, canoeing, bowling, working out, etc. Searching for a SWM, 47-55. Ad#: 6134

WHAT A LADY!
Short, blonde haired, SWF, 43, blue eyes, fun-loving and a great personality, I like swimming, biking, skiing and walking my dog. I'm looking for a SWM, 35-50, who is spontaneous, humorous and honest. Ad#: 1615

PRETTY & PERFECT
I'm a SWF 30, I'm easygoing and fun. I'm interested in sports, and playing the guitar. I'm seeking a SWM 28-37, who is honest, loving, not afraid to speak there mind, and enjoys the same things I do. N/S please. Ad#: 9459

INCREDIBLY CUTE
I'm an understanding and outgoing, SWF, 21, with brown hair/eyes, 5'9". I enjoy working out, walking, quiet times and more. I'm seeking a SWM, 19-25, with a great personality. Ad#: 6182

WIN YOUR HEART
SWF, 21, 5'6", 125lbs., with long brown hair/eyes, crazy, spontaneous and outgoing, seeking an attractive, tall, fun, SWM, 23-29. Honest and straightforward, I enjoy reading, long drives/walks, being outdoors. Ad#: 8466

FALL IN LOVE
Fun, humorous, SWF, 49, 5'1", with short black hair, brown eyes, hobbies are camping, dancing, crafts and crocheting. I'm in search of an honest and trustworthy, SWM, 45-55, who likes having fun. Ad#: 6610

VERY LOVING
SWF, 35, 5'2", with brown hair and blue eyes, has a very nice personality. Some of my hobbies are biking, country music, slow dancing and playing cards. Very honest, I'm seeking a SWM, 29-37. Ad#: 3432

AGE IS JUST A NUMBER
Hoping to meet an honest, thoughtful, SWM, 75-80, I am a kind, friendly, compassionate, WWWF, 75, retired, with white hair and blue-green eyes. Hobbies are card games, sports, traveling and computers. Ad#: 1697

COMPASSIONATE
5'3", SWF, 50, blonde hair, my personality is fun, bubbly and very easygoing. I like golfing, nature, traveling and socializing. Seeking a slim, honest, SWM, 45-55, for a possible relationship. Ad#: 7845

SIMPLY ALLURING
I am a tall, SWF, 34, brunette, with brown eyes, who is confident, outgoing and easygoing. Hobbies are reading, walking, karaoke, and I'm seeking a friendly, SWM, 25-35. Ad#: 8502

BE PART OF MY TOMORROW
I'm a fun-loving, SWF, 35, who's interested in meeting an honest, SWM, 34-40, for a possible relationship. My favorite activities include dancing, long walks, movies and country music. Ad#: 1015

HONESTY TOP MY LIST
I am a funny, crazy, SWF, 40, 5'3", 110lbs., with blue eyes, who enjoys reading, walking, dancing and knitting. I'm hoping to meet an honest, SWM, 41-42, with similar interests, for companionship. Ad#: 2444

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, who is easygoing, honest, and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

LOTS OF LOVE
SWM, 25, 5'7", with long blonde hair and brown eyes, considered romantic, spontaneous and open-minded. I'm interested in meeting a SM, 25-40, who is friendly, outgoing and full of surprises! Ad#: 4927

YOUNG AT HEART
Outgoing, honest and caring, retired, SWF, 65, 5'2", medium built, blonde, blue eyes. My hobbies are the arts, crafts, gardening, traveling and much more. I'm looking for a loving and caring, SWM, 59-69. Ad#: 2324

LOVES LIFE
SWF, 51, 5'6", blonde hair, hazel eyes, outgoing, has a zest for life. Some of my interests are dancing, long walks, traveling and sports. Seeking a SWM, 42-50. Ad#: 7120

SHARE MY WORLD
SWF, 34, 5'3", 130lbs., with blonde hair, green eyes, easygoing, intelligent and personable, seeking an honest, fun-loving, SWM, 34-48. My interests include camping, reading and the great outdoors. Ad#: 7059

ONE ON ONE
I'm a tall, honest and humorous, SWF, 18, looking for an honest, cheerful and caring, SWM, 18-23. My hobbies are bowling, walking, rollerblading and more. Ad#: 6848

SIMPLY ALLURING
I am an outgoing, friendly, sensitive, SWF, 45, tall, with brown hair and blue eyes, who enjoys others. I'm hoping to find a tall, communicative, SWM, 40-60, who enjoys traveling and quiet times. Ad#: 7795

SENSITIVE & CARING
Outgoing, spontaneous, SWF, 55, who enjoys life to the fullest. I am searching for a SWM, under 65, who is also spontaneous and creative. Ad#: 4182

NO HEAD GAMES!
Honest, fun to be with, SWF, 44, 5'6", with blonde hair, enjoys walking, movies and my dog. I'm hoping to meet a SWM, 40-65, for friendship first. Ad#: 2186

LET'S CUDDLE
SWF, 43, I am 5'1", with brown hair/eyes. My personality is very pleasant and fun-loving. I like bingo, camping, swimming, long walks and more. I am hoping to find a SWM, 40-48. Ad#: 3349

SOCIABLE LADY
5', SWF, 39, who is bubbly and loves having fun, hobbies are playing darts, gardening, boating, camping, dancing and much more. Very sincere, I'm looking for a SWM, 40-50, who is fun-loving and honest. Ad#: 2933

COUNTRY AFFAIR
I have a bubbly personality, and I am a SWF, 50, 5'3", full-figured, with blonde hair, brown eyes. Hoping to meet a sensitive, funny and honest, SWM, 40-60, who loves country music. Ad#: 4646

RESCUE MY HEART
SWF, 49, 5'5", slim, with blonde hair, blue eyes, likes gardening, cooking and traveling. I'm in search of an honest, open, sincere and hardworking, SWM, 45-52. Ad#: 2475

WAITING FOR YOU
SWF, 20, 5'9", fun, honest and caring, enjoys dancing, singing and walks. Looking for a SM, 20-30, who is compassionate, honest, loves art and music. Ad#: 8420

RADIANT
Active, sociable, retired, SWF, 56, 5'2", attractive, with brown hair, hobbies are biking, walking and going to the gym. Sincere and honest, I'm seeking an attractive, true, outgoing, SWM, 48-60, who can express himself well. Ad#: 2103

QUITE THE ROMANTIC
SWF, 38, 5'3", with blonde hair, brown eyes, kind, caring and compassionate. I'm in search of a SWM, 34-44, who has a beautiful soul. Ad#: 5685

TO THE POINT
Honest, good humored, SWF, 50, 5', with hazel eyes and red hair, she enjoys all types of sports, seeks an honest, trustworthy, SWM, under 60, who's family-oriented. Ad#: 1295

HEAR MY WORDS
SWF, 50, 5'5", with dark brown eyes, has an pleasant personality, easygoing and intelligent, enjoys biking, crafts, horseback riding. I'm seeking an honest, adventurous, SWM, over 45, for a possible monogamous relationship. Ad#: 5636

MEANINGFUL
SWF, 38, 5'7", with brown hair, my personality is fun to be with, caring and respectful. I am looking for a SWM, over 35, for a possible relationship. Ad#: 7869

SERIOUS REPLIES ONLY
I'm a brown haired, SWF, 42, 5'1", who's outgoing and easy to get along with. I enjoy going to bingo, long walks, dining out, the outdoors, movies and stock-car racing. I'm seeking an honest, good looking, SWM, 36-48, who loves children. Ad#: 2428

THERE WHEN YOU NEED ME
I'm looking for a humorous, loving, caring and gentle, SBM, 18-19. I'm a short, funny, SWF, 18, who enjoys sports, walks on the beach, camping and more. Ad#: 2411

DOWN-TO-EARTH
I am N/S, SWF, 36, who is interested in meeting a SWM, 34-40. I am 5'6" with hazel eyes and a bubbly personality. I love the outdoors, biking, camping and swimming. Ad#: 3884

GENUINE
I'm a 5'2", SWF, 50, with curly hair and brown eyes. I'm told I am bubbly, sincere, honest and attractive. I would like to meet a sincere, SM, 45-65, who will build a relationship on honesty and trust. Ad#: 2417

CHEMISTRY
SWF, 26, 5'4", with blonde hair, blue eyes, enjoys camping, long walks and having fun with friends. I'm seeking a SM, 27-31, with similar interests. Ad#: 3239

EXQUISITE
I am a brown haired, hazel eyed, SWF, 23, who is open-minded and passionate. Some of my interests are socializing, music and fun. I would like to meet a SWM, over 20, to spend quality time with. Ad#: 5709

LOVELY LADY
I'm a SWF 57, who enjoys reading and the theater, I love animals and people, but not very interested in sports. Seeking a SWM, 50-67, who shares the same interests, and I expect the person to give just as much as I do. Ad#: 1657

DELIGHTFUL
I'm a SWF, 34, brunette, tall, friendly, outgoing and very confident. I like romantic walks, dancing, shooting pool, reading, watching movies, sports and camping. I'm very honest and looking for a sincere, attractive, employed SWM, 25-35. Ad#: 2106

HONESTY TOPS MY LIST
I'm a humorous, friendly, talkative, retired SWF, 60, seeking a kind-hearted SWM, 59-65. My hobbies are camping, fishing, walking and travekling. Ad#: 2159

OLD-FASHIONED
5'5", SWF, 35, I am sometimes crazy, funny, loyal and honest. I enjoy walking, dining out, dancing and biking. I'm hoping to meet a faithful, romantic, fun, SWM, 30-45. Ad#: 9928

FEEL AT EASE
Hello, I'm a caring, loving, SWF, 38, 5'7", with brown hair and hazel eyes, hobbies are walking, reading, visiting friends and family. I'm looking to meet a tender, loving and caring, SWM, 40-50. Ad#: 7563

DAZZLING
I am a SWF, 27, 5'10", with blonde hair and blue eyes. Easy to get along with and I enjoy walking, cycling and working out. Seeking a SWM, 25-32, who is loyal and trustworthy. Ad#: 5814

ALLURING PERSONALITY
Call this 5'3", blonde, blue eyed, attractive, SWF, 56, whose personality is easygoing, interests are dancing, walking and knitting. I'm seeking a trustworthy, fun-loving, affectionate, SWM, 50-60. Ad#: 8340

ALWAYS WITH YOU
I'm 5'5, sensitive and caring SWF, 47. My hobbies are fishing, boating, traveling, dining, and much more. I am hoping to find a tall, honest and open SWM, 42-48 who enjoys having fun and life. Ad#: 3631

ARE YOU THE LOVING TYPE?
I'm an attractive, SWF, 29, 5'1", with brown hair and hazel eyes, seeking a funny, attractive, SWM, 30-40, who enjoys having fun. My hobbies include dancing, kids sports and dining out. Ad#: 3142

CARING & SWEET
I'm a honest, serious and hardworking SWF, 51, seeking a sociable SWM, over 45. My hobbies are the outdoors, dancing, traveling and rummage sales. Ad#: 8927

DREAM DATE
SWF, 20, 5'6", with long brown hair and eyes, outgoing, adventurous and social. I like working out, long moonlight walks and country music. I am looking for a SWM, 20-30, with a great personality. Ad#: 6638

I DON'T BITE
I'm a fun, outgoing, SWF, 18, with reddish-blonde hair, hobbies are long walks on the beach and dining out. I am hoping to meet a cute, fun, SWM, 18-22, who is ready for a commitment. Ad#: 4099

MAGNETIC
Happy, fun, SWF, 49, 5'7", blonde hair and blue eyes, hobbies are dancing, singing, gardening and walking. I'm seeking a sincere, loving, SWM, 49-60, to share a fulfilling relationship. Ad#: 5235

MAKE IT POSSIBLE
Fun, practical, caring, SWF, 19, 5'6", 135lbs., with dark hair and changing eyes, hobbies are rollerblading and the outdoors. I'm seeking a spontaneous, adventurous and honest, SWM, 20-32. Ad#: 2937



EXQUISITE
SWF, 40, 5'4", with dirty-blonde hair, outgoing, good humor, enjoys life to the fullest, hobbies are skiing, biking and the wilderness. I'm seeking a supportive, fun, SWM, 19-48, who is sports-oriented. Ad#: 4254

ONE SWEET DAY
Kind, sensitive, SWF, 30, 5'9", slim, with blonde hair, blue eyes, enjoy gardening, horseback riding and spending time with family. I'm seeking a tall, N/S, SWM, 29-36, who enjoys the simply things in life. Ad#: 8728

TRUE...AND ALL FOR YOU
Others find me a quite friendly, outgoing, bubbly, SWF, 60, 5'1", slim, with auburn hair and brown eyes. Retired, I'm hoping to find a N/S, SWM, 56-65, who loves the outdoors, dancing and theatre. Ad#: 9702

GENEROUS AT HEART
Fun, happy, easy going, SWF, 40, 5'8", brown hair and eyes. My hobbies are cooking, pool, walks and much more. I'm looking for a SWM, 40-45. Ad#: 2647

VERY DEPENDABLE
Fun, loving, caring, kind, honest SWF, 35, dark hair/eyes, 5'6", full-figured. My hobbies are golfing, swimming, reading, dancing and much more. I'm looking for a working SWM, 33-42. Ad#: 8096

DELIGHTFUL
N/S, SWF, 19, looking for a a SWM, 19-23, for a possible relationship. I'm 5'2", funny, outgoing and I enjoy skiing, camping, hiking, horseback riding, dancing and more. Ad#: 9932

HONESTY, CARING & LOVE
I'm a blonde, blue eyed, fit, SWF, 39, who is told to be sponataneous, humorous and sensitive. My hobbies are working out and spending quality time with that special person. I'm looking for an open-minded, SWM, 36-49. Ad#: 9040

END THE SINGLE LIFE
I'm an emotional, average-looking, SWF, 31, 5'2", who's seeking a SWM, 29-40, for a possible committed relationship. My hobbies include a variety of crafts, reading, the outdoors, computers and gaining new knowledge. Ad#: 7527

SEARCHING
I am a 5'2", SWF, 35, who friends say is bubbly and very nice. I enjoy sports, slow dancing and long walks. I would like to meet a SWM, 33-40, who is open and honest. Ad#: 5157

ARE YOU A MATCH?
Honest, straightforward, SWF, 33, 5'2", 140lbs., brown hair and eyes, hoping to meet an honest, sincere, SWM, 34-40, for a possible relationship. I enjoy wood-working, crafts, sports and anything new. Ad#: 8226

LOVES TO LAUGH
SWF, 43, I am 5'4", with brown hair, blue eyes, and my personality is shy, quiet, romantic, spontaneous. My interests are golfing, swimming, camping and movies. In search of a SWM, 42-48, for a possible relationship. Ad#: 4014

VERY LOVING
Hi guys..I'm a SWF, 18, N/S, who has blonde hair and hazel eyes. Very outgoing and I like writing and socializing. I'm looking for a good looking, funny, SWM, 19-23. Ad#: 7791

SO HOW ARE YOU?
I'm a slim, SWF, 34, 5', green eyes, who's described as being shy, very easygoing, caring, N/S, non-drinker, hobbies are horseback riding, drawing and country music. I'm seeking a trusting, caring, N/S, non-drinker, SWM, 30-42, who's fun to be with. Ad#: 5321

EVERYTHING YOU WANTED
I am a funny, romantic, SWF, 18, 5'6", 130lbs., with brown hair, blue eyes, who enjoy singing, dancing and listening to music. Seeking an honest, responsible, SM, 18-23, who isn't afraid to commit. Ad#: 7786

FABULOUS
Hello, I am a SWF, 39, with blonde hair, shy, easygoing and honest, I sometimes enjoy reading, movies, going for long walks and dining out. I'm interested in meeting a SM, under 48. Ad#: 3077

ALL THE ABOVE
SWF, 36, 5'9", medium built, with hazel-blue eyes, honest, sincere and easygoing, enjoy Straightforward and happy, I'm hoping to find a sensitive, caring, ambitious, SWM, 25-45, who likes children. Ad#: 3619



Males Seeking Females

CLASS ACT
I'm a SWM, 61, 5'6", average build, humorous, friendly, and caring. I enjoy theater, writing, photography, nature, and classical music. I'm looking for a SF, 45-64, who is easygoing, outgoing, enjoys theater, nature, and the good things in life. Ad#: 8594

FOUS HERE
56 year old, 6' tall, SWM, who is very happy and pleasant. I enjoy socializing, sports, skiing, woodworking and reading. I am hoping to meet a SF, under 56, who is easygoing. Ad#: 3305

HOPLESS ROMANTIC
I'm a SWM, 50, brown hair and eyes, friendly, easygoing, and loyal. I enjoy playing music, the outdoors, dancing, cooking, and movies. I'm looking for a SWF, 35-40, who is attractive, caring, and enjoys cuddling up on the couch with a good movie and me. Ad#: 4982

AT THIS POINT IN MY LIFE
Humorous, easygoing and joyful, SWM, 39, 5'9", attractive, with blonde hair, blue eyes, in good shape, enjoys skiing, dining out and going to the movies. I'm seeking an attractive, SF, over 19, who is honest, pleasant and bubbly. Ad#: 5860

ALWAYS ROMANTIC
I'm a good-looking, funny, sensitive, 5'9", SWM, 25, interested in meeting a SWF, 22-25, who enjoys racing cars, movies, long walks and much more. Ad#: 2074

UNBREAK MY HEART
I'm an open, trustworthy and caring, SWM, 27, who enjoys working out, quiet evenings and more. I'm seeking a caring, loyal and nice, SWF, 19-35. Ad#: 2877

HERE HE IS....
If you are a SWF, 29-36, who is attractive, caring and communicative, call me. I'm a tall, dark haired, spontaneous, easygoing and caring, SWM, 32. I enjoy hockey, stock car racing, camping, etc. Ad#: 4345

A ROMANTIC AT HEART
Widower, 69, secure, active and healthy, enjoys homelife, biking, traveling and good conversation. I'm interested in meeting an affectionate, caring lady, over 55 years, for friendship and possible relationship. Ad#: 1174

UNDER THE SILVER MOON
I'm an energetic, athletic and supportive, SWM, 21, 6', who enjoys skate boarding, dirt bikes, movies and relaxing. I'm seeking a SF, 19-40, who is willing to committ into a loving and honest relationship. Ad#: 8372

I'M A GEMINI
SWM, 45, feel like 30, slim, blond hair and blue eyes. Straightforward, I enjoy staying active, the outdoors, country life, playing pool, etc. I would like to meet a SWF, over 25, for a sincere relationship. Ad#: 4308

ALWAYS THERE!
SM, 27, 5'9", athletic, straightforward and responsible. My hobbies include working out, rollerblading, music, movies, etc. Seeking a SF, 23-35, honest, ambitious and outgoing. Ad#: 1352

UP TO LIFE'S CHALLENGES
SWM, 41, 6'1", with blue eyes, brown eyes, trustworthy, fun to be with and funny, hobbies are golfing, camping, traveling. I'm looking to meet a caring and trustworthy, SWF, 32-42, with similar likes. Ad#: 4146

GAMBLE ON ME
I am an easygoing, fun-loving and sensitive, SWM, 39, 5'7", 190lbs., with brown hair, hazel-green eyes. I'm in search of an attractive, fit, SWF, 28-45, who is open, warm and has a positive outlook on life. Ad#: 9930

HE'S YOUR GUY
If you are a SWF, who is looking for a SWM, 28, call me. I'm 5'9" with blond hair, blue eyes, funny, witty and very sociable. My interests include hockey, movies, rollerblading and dancing. Ad#: 1570

COMPASSIONATE SOUL
I'm a SWM, 43, who is seeking a caring, relaxed and easygoing, SF, 30-52. I'm 5'9", with brown hair and blue eyes. Friends say that I'm serious, quiet and humorous. My hobbies are walking, music, movies, reading, concerts, bowling and trying new things. Ad#: 1467

EXTRA NICE
SWM, 45, 5'10", I am very caring, humorous and I am hoping to meet a SWF, 45-55, who is honets and loves having fun. I enjoy boating, traveling, walks, drives and golfing. Ad#: 9253

CHARMING GENTLEMAN
SWM, 79, 6'1", 187lbs. fit and a N/S,. I enjoy evenings at home golf and winters in Florida. I would like to meet a honest, outgoing and passionate, SWF, under 79. Ad#: 9476

SEIZE THE MOMENT
Fun-loving, easygoing, SWM, 48, 6', fairly attractive, with blond hair, enjoys traveling, tennis and ball games. I'm in search of an honest, loyal and intelligent, SWF, 25-55, to do things with. Ad#: 2276

HOPING YOU HEAR MY WORDS
SWM, 26, tall, with brown hair, blue eyes, friendly, outgoing, hobbies are weight-lifting, reading and movies. I'm looking for an honest, caring and happy, SWF, 18-26, to do things with. Ad#: 1630

HELLO LOVE
SBM, 40, 5'11", with brown eyes, black hair, nice, personable, hobbies are movies, theatre and quiet evenings at home. I'm in search of a pretty, SF, 20-39, who is self-assured and independent. Ad#: 8159

VERY STABLE
5'9", SWM, 27, with long brown hair, easygoing, I have a variety of interests and hobbies to share with a SWF, 24-32. Ad#: 6390

CHEMISTRY
SWM, 25, I have brown hair, brown eyes, and friends think I am honest, loyal and passionate. I am looking for a SWF, over 18. My hobbies are music, sports and spending time with my children. Ad#: 7772

SPONTANEOUS
I'm a self-employed, honest and trustworthy, SWM, 51, 5'8", 147lbs. My interests include swimming, boating, sailing, motorcycles, exercising, nature, animals and more. I'm looking for a tall, slender, beautiful, intelligent and sweet, SF, 30-42. Ad#: 1071

BE TRUE TO ME
I'm a romantic, honest and compassionate, SWM, 36, who would like to meet loving, romantic and open-minded, SWF, 22-37, to share the joys of life with. My favorite activities include home decorating, long walks and long drives. Ad#: 9804

LET'S HOOK UP
SWM, 23, 6'3", with blond hair, blue eyes, hobbies are surfing the net, long walks, movies, music and hockey. I'm seeking an attractive and lovable, SWF, 18-25, with a great sense of humor. Ad#: 3749

ROMANTIC MOMENTS IN TIME
I'm an easygoing, SWM, 39, who is patiently waiting to hear from an honest, SWF, 26-32, who enjoys sports, nature and pool. So, what are you waiting for? Call me. Ad#: 2525

SEARCHING FOR YOU!
Easygoing, secure, responsible, SWM, 28, 6'3", 190lbs., athletic, with brown hair, hazel eyes, affectionate, enjoys water-sports, traveling and winter activities. I'm looking for a thin, fun-loving, SWF, over 19, who enjoys the outdoors. Ad#: 1142

DON'T PASS ME BY
6' tall, SWM, 45, attractive, warm, spontaneous, sensitive and fun to be with. I love children and animals. I'm seeking a SWF, 35-45, who likes outdoor activities and sports. Ad#: 3224

NONE BETTER
SWM, I am 46, with salt & pepper hair and hazel eyes. I'm bubbly and I have a great sense of humor. I like camping, hiking and more. I would like to meet a good-hearted, SF, 40-55, to grow old with. Ad#: 5802

HONESTY & COMPASSION
I'm an honest, compassionate and friendly, SWM, 38, N/S, interested in meeting an easygoing, SWF, 26-39, social drinker. I enjoy swimming, movies, dining out and more. Ad#: 7221

LIKE TO TALK ?
I'm a good-looking, funny, humorous and yet quiet, SWM, 49. I'm looking for a tall, slender, highly conservative, SWF, 35-45, who enjoys to talk and listen. In my spare time, I enjoy animals, good conversation, the outdoors and more. Ad#: 4729

TRUSTWORTHY
SWM, 40, 5'6", with brown hair/eyes, well-trimmed beard and mustache, I'm a very nice, easygoing guy. I like bowling, camping, dining out, concerts and long walks. Seeking a SWF, 34-42. Ad#: 6665

JOIN MY FAMILY
I'm a SWM, 47, 5'8", hazel eyes, reddish/brown hair. I enjoy spending time with my fabulous children, and being spontaneous. I'm looking for a SWF, 38-48, who is passionate, romantic, applies herself to her job, and has good family morals and values. Ad#: 6671

THIS IS IT
6'2", SWM, 35, with long hair and I am hummorus, fun and very helpful. My hobbies are off-roading, walking my dog and more. I would like to meet a SWF, 27-35, who is outgoing and fun. Ad#: 1531

NO DEMANDS
SWM, 19, with brown hair. Sweet, nice, open-minded and I will offer trust to a relationship. Seeking a very nice, SF, 18-24. Ad#: 2523

HOLDING HANDS
I'm looking for a romantic, SWF, 55-65. I'm a muscular, unpredictable, self-employed, SWM, 46, who enjoys walking hand and hand, quiet times, movies, car racing and romantic moments. Ad#: 8409

DREAMING OF YOU
SWM, 34, 5'10", 185lbs., with brown hair, described as being easygoing, honest and fun to be with. Seeking a communicative, SWF, 24-39, and I enjoy sports, biking, long walks. Ad#: 5031

VERY ACTIVE
N/S, SWM, 21, I am 5'10", with brown hair, blue eyes, funny and social. I am hoping to meet a SWF, 19-25. I enjoy clubbing, movies, sports and working out. Ad#: 7685

CRAZY FOR YOU
I'm an outgoing, honest, and down-to-earth, SWM, 20, My hobbies are partying, playing the guitar, and going to the movies. I'm looking for a SWF, 19-22, who is spontainious, fun to be with, attractive, and has a great sense of humor. Ad#: 4776

Females Seeking Females

ONE YELLOW ROSE
SWF, 20, 5'9", 160lbs., with blonde hair, blue eyes, fun to be with, seeking an honest, trustworthy, SWF, 20-26. I enjoy long walks with my daughter and singing. Ad#: 3775

GIVE ME A CALL!
SWF, 23, 5'7", with blonde hair, blue eyes, outgoing, fun to be with and honest, seeking a caring, compassionate, truthful, SWF, 20-30. I enjoy soccer, playing darts, music and dancing. Ad#: 1726

GENUINE
5'7", blonde haired, blue eyed, SWF, 31, who is kind and honest. Long walks, movies and friends are a few of my interests. Searching for a kind-hearted, SWF, 25-31. Ad#: 5000

PERSONABLE
Call me..I'm a SWF, 25, 5'5", with blue yes, sandy brown hair and I have a great personality. I am looking for a SWF, 27-30. I like dancing, walking, biking, romance, movies and more. Ad#: 9219

HUGS & KISSES
I'm a SWF 34, I enjoy sports, singing, dancing, movies, and long walks. I'm seeking a SWF 19-30, who shows there feelings, and shares the same interests as I do, and likes children. Ad#: 5169

I SHOULD HAVE TOLD YOU
I'm a nice looking, full-figured, SWF, 23, outgoing, very easy to get along with, likes cooking, long walks, swimming and talking for hours. I'm seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

NONE BETTER
Outgoing, clean, humorous, full-figured, fun-loving, honest, SWF, 25, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 19. Ad#: 1835

LOOKING FOR A FRIEND?
Easygoing, humorous, SWF, 29, 5'6", with brown hair and hazel eyes, enjoy music, sports and dancing. I am seeking a SWF, over 19, for a friendship first. Ad#: 5784

JOYS OF LIFE
I am a N/S, SWF, 27, 5'3", who is generous, caring and kind. I enjoy walking, gardening, camping, music, hockey and more. I would like to meet a SWF, 26-35, who has similar qualities. Ad#: 2887

TO THE POINT
Caring, honest, loyal, single white female, 22, looking to meet a single Asian female, 18-35, who enjoys reading, music and hanging out with friends. Ad#: 7562

HOOKED ON LOVE
Caring, sensitive, SWF, 29, 5'2", with brown hair/eyes, has a great sense of humor, hobbies are sports, reading and quiet dinners. Looking for an honest, caring, SF, 19-45, who doesn't mind listening. Ad#: 5007

Males Seeking Males

ALL FOR YOU
I'm an honest, compassionate and affectionate, SWM, 35, 120lbs., I enjoy sports, walking, movies, music and spending time with my loved one. I'm looking for an honest, compatible, SM, under 35, who also enjoys spending time with the person they love. Ad#: 1602

A WONDERFUL LIFE AWAITS
I'm a fun-loving, honest and clean, SWM, 35, 5'11", who is seeking an honest and caring, SWM, 32-45. My hobbies are collecting antiques, dining out and movies. Ad#: 8440

COMMUNICATION
Outgoing, caring and romantic, SWM, 46, 5'6", 138lbs., with brown hair, blue eyes, honest and sincere, enjoys movies, walks, romantic nights. I'm seeking an understanding, SWM, 25-40, who can talk his problems out. Ad#: 9206

HOPES & DREAMS
Be true to me, I'm an honest and sincere, SWM, 22, 5'10", 150lbs., who enjoys a wide variety of interests. I'm interested in meeting an attentive, SWM, 18-30, for a possible relationship. Ad#: 3307

TO THE POINT
Easygoing, SWM, 42, 5'7", with reddish hair, brown eyes, seeking an honest, fun, SM, over 19. My hobbies are raising horses, reading and watching movies. Ad#: 4365

HAPPY
Well-adjusted, single white male, 34, tall, with brown hair, enjoy skiing, biking and jogging. I am seeking an honest, single white male, over 24, with a good sense of humor. Ad#: 9519

ONE STEP AT A TIME
SWM, 20, 6'1", 140lbs., with brown hair, green eyes, describe as being passionate and funny, likes military, soccer and more. I would be interested in meeting a SM, 19-28, who is fun to be with. Ad#: 3419

HERE'S THE OPPORTUNITY
The future looks bright if you leave a message with this SWM, 23, 5'10", 145lbs., who's a hardworker, honest and extremely sincere. He's interested in sharing the joys of life with a SM, over 19, who's interested in a committed relationship. Ad#: 1817

OPENNESS & HONESTY
Well-organized, SWM, 24, 6'1", 170lbs., with brown hair/eyes, has a good sense of humor, who likes movies, walks, baseball and hockey, is seeking an outgoing, SWM, 18-30, who is fun to be with. Ad#: 5939

OUTGOING
This outgoing, humourous SWM, 24, 5'11", 150lbs, likes hockey, movies and much more. Seeking someone who is compassionate, outgoing, 18-22, who has similar interests. Ad#: 4343

MANY OPTIONS
5'5", SNCM, 29, 145lbs., with short black hair and brown eyes, is very outgoing, caring and romantic. He is looking for a SWM, 19-35, who is sincere, open minded and understanding. Ad#: 4197

HEAR ME OUT
SWM, 20, 5'10", 150lbs., with short black hair enjoys being outdoors. Spends time playing and watching hockey. Looking for a SWM, over 19, who is outgoing and confidential. Ad#: 1757

M- Male, B - Black, D - Divorced, F - Female, EI - East Indian, C - Christian, W - White, A - Asian, S - Single, WW - Widowed, N/S - Non-smoker, NC - Native Canadian

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To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

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Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

MAYBE YOUR MOTHER is right - you should meet someone nice and settle down. Misty River Introductions can help. Call 613-257-3531.

MALE, EARLY 60's - Financially secure. Seeking widow around same age, non-smoker, social drinker, enjoys movies, dining out, live theatre, casinos. Friendship for now. Permanent relationship possible. Please send photo & phone number. CC2030.

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SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

2 BDRM DOWNSTAIRS apt. Quiet, very reasonable rent. Parking. No pets. Ideal for quiet single or couple. References req'd. Call after 1pm 932-2135.

BACHELOR APT, semi-furnished. Available immediately. 439 Water St. East. $275/mth, plus utilities. No pets. Call 933-3402.

WEST END - 3 bdrm semi-detached. Washer/dryer hook-up, freshly painted, gas heat. $450/mth, plus utilities. Call 932-0829.

1012 FIRST ST. E. 2 bdrm upstairs apt. Great for quiet pensioner or couple. Hardwood floor in livingroom, fridge & stove, parking. $425/mth, plus utilities. Also, 202 Prince Arthur, upstairs 1 bdrm apt, fridge & stove, $295/mth, pay own utilities. 933-4780.

AVAILABLE DEC. 1ST - Centrally located. 2 bdrm, 2 storey apt. Large shed, yard, 2-car parking, washer/dryer hook-ups. Newly renovated. $615/mth, utilities included. Across from park. Sorry no dogs. 938-3433.

INGLESIDE VILLAGE. 1 bdrm apt. Fridge, stove, carpeted, laundry room, security bldg, plug-in parking. References. Call 933-8404.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

CONVENIENT WALKING to downtown & bus stop. 1 & 2 bdrm apts available in clean quiet bldg. Fridge, stove, heat, hot water included, hardwood floors throughout. First & last required. (613)543-2401.

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3 BDRM APT, 219 Alice, heat & lights paid. Also, 3 bdrm apt, R.R.1 Bainsville, lights included. For info, call 932-5689 or 347-1760.

LARGE 3 BDRM APT. Country living in Summerstown. Washer/dryer hook-ups. $425/mth, utilities not included. Free parking. Evenings, 347-7375 or 931-1173.

THE ULTIMATE. Pensioner or quiet student. Spacious 1 bdrm basement apt. Car parking. Bus stop at door. Terrific location behind Hotel Dieu Hospital. Close to college. Fridge, stove, washer, dryer & utilities included, $380/mth or $435/mth, fully furnished & garnished w/pots & pans, ironing board, etc. or $345/mth + 10-hrs. of weekly light duties. References. Avail. anytime. Call Suzanne 933-8382.

ONE BDRM & 2 BDRM APTS on Walton. Available immediately. Fridge & stove. Use of backyard. $350. & $375/mth, plus utilities. No dogs. Call 936-6961.

APT FOR RENT - Available immediately. Fridge, stove, fully furnished. Parking, utilities, cable included. Call after 4:30pm 933-5720.

104 JOBIN, very large 2 bdrm apt, fridge, stove, ample parking, coin-operated washer/dryer. 23 Arthur St., 1 bdrm apt, fridge, stove coin-operated washer/dryer, $415/mth, everything included. Call 938-7286.

THREE BDRM APT on Walton. Upstairs, large basement. $460/mth, plus utilities. Available now. No dogs. Call 936-6961.

INGLESIDE - Now available, 1 & 2 bdrm apts with [illegible] RENTED [illegible] persons, with fridge & stove. Exceptional good rents. Call 347-3247.

244 ALICE ST. 2 bdrm upstairs apt. $475/mth, includes utilities, fridge & stove. Available immediately. Call 931-3256 or 938-4776.

413 WATER ST. E. Small main floor 2 bdrm apt. Just renovated. No appliances or furniture supplied. $400/mth, utilities included. Available anytime. Call 933-7516.

AVAILABLE IMMEDIATELY - 1 bdrm main level apt. 200 Carleton St. $420/mth, utilities & parking included. Call 346-0877.

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TO SUB-LET, large 3 bdrm semi w/carport. Close to all amenities. $850/mth, plus utilities. Call 932-6949.

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328 Bedford, bsmt, $350 incl., avail. immed.
16A 6th St. W, 1 bdrm, prk, yard, $315+, Immed
Peter St., 1 bdrm mn flr, w/d hkups, $450 incl. Immed
99- 1/2 Race st. 1 bdrm upst, $400 incl. Immed
29 4th St. E., mnflr, 1 bdrm, $425 Included, Immed

TWO BEDROOM'S
140 4th St. W. main fl, no appli, $600 incl., avail Jan/01
521 Carleton, 2 bdrm upsts., balcony, $485 incl., Dec/00
453 B 2nd St. W, 2 bdrm, no appli, $400 incl.
324 -A 1st St. W., 2 bdrm upst, prk, yard $560 incl. immed.
42 Anthony, lrg, upstrs, no appli, parking, $450+

THREE BEDROOMS
Carleton St., 3 bdrm main flr., FAG, hkups $500+
14th St. W. lrg. 3 bdrm, bsmt, no appli, hkup, $500 +

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HOUSES, TOWNHOUSES, SEMI'S

Avonmore, 3+1 bdrm, yard, prk, gar, $600.00+
3 Lennox, 2 bdrm, no prk, no yard, $525.00 Incl
Fourth St. E., 3 bdrm, prk, no yard, $550.00 + Immed
Summerstown, 3 bdrm, prk, yard, $600.00+Immed.
Gillespie Ave, 2 bdrm, appli, prk, yard, $525.00+Dec
708 Glengarry 3 bdrm yard, prk, attach garage $650+
Williamstown 2 bdrm single home rec room $650+

COMMERCIAL
Sydney St, Downtown, Office Space 1000 sq. ft., $650 +

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2dr., auto.
$225 mth $0 down
Taxes and Warranty Included
O.A.C. 99% financing over 60 mths

00 MAZDA, ext cab, 4dr, 6cyl, auto, black, 4000 km $20,800
98 PLYMOUTH VOYAGEUR EXPRESSO, van, 4dr, loaded, ... $15,995
98 PLYMOUTH VOYAGEUR, auto, air, ... SOLD $[illegible]
98 PONTIAC SUNFIRE, 2dr, green, 60,000 km, ... SOLD $[illegible]
98 DODGE NEON, 4 dr., platinum, auto, air, 64,000 km, ... $9,995
98 SATURN WAGON SW2, loaded 52,000 km, ... $14,995
97 MERCURY SABLE, 4dr., loaded, silver, ... $9,995
97 CHEV MALIBU, 4dr., loaded, 6cyl, 80,000 km, ... SOLD $[illegible]
97 GMC JIMMY SLT, 4dr, loaded, black leather, ... $21,995
97 VOLKSWAGON JETTA, diesel, 4dr., air, 5spd., ... $15,995
97 CHEV EXT CAB, 8 cyl, short box, 67,000 km $16,995
97 HONDA CIVIC, 4dr., LX, auto, air, silver., ... $13,995
97 CHEV. REG. CAB P/U, auto., 6 cyl., air $13,995
97 CHEV. 4X4 P/U.., reg. cab, 5 spd., ... $14,995
96 CHEV BLAZER, 4dr., 4x4, loaded, champagne ..... SOLD $[illegible]
96 GMC JIMMY, 4 dr., green, 4x4, loaded $15,995
96 TOYOTA CAMRY LE, 4 dr., loaded, ... $15,995
96 VOLKSWAGEN JETTA, 4 dr., white, 5 spd., air, ... SOLD $[illegible]
95 CHEV SILVERADO, ext cab, 2wd, short box, 97,000 km ..... SOLD $[illegible]
95 CHRYSLER INTREPID, 4dr., loaded, ... $8,995
95 FORD EXPLORER XLT, 4X4, loaded, ... $15,995
94 FORD AEROSTAR VAN, auto., air, ... $5,995
93 BUICK ROADMASTER, loaded, silver, ... $8,995
92 HONDA ACCORD, 4 dr., auto, air, very clean, ... $8,995
91 FORD TAURUS, 4dr, auto, white, ... SOLD $[illegible]

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HOROSCOPES

November 19 - 25

Aries – March 21/April 20
Think before you speak when meeting with an important person early in the week, Aries. He or she can offer you a great opportunity - if you don't upset him or her. So, be courteous, and keep your unusual opinions to yourself. Biting your tongue definitely will be worth it.

Taurus – April 21/May 21
Your temper gets the best of you when a loved one involves you in a sticky situation. While you need to let off some steam, don't stay angry at this person for very long. He or she doesn't mean to cause you any harm. Try to calm down, and work with him or her to resolve the matter. Libra plays an important role.

Gemini – May 22/June 21
Everyone seems to be pulling you in a different direction this week, Gemini. Instead of stretching yourself too thin over the next few days, you should set your priorities. Only help those who really need it; the others can get by on their own. That special someone takes you out late in the week. Enjoy yourself!

Cancer – June 22/July 22
A problem at work upsets you during the middle of the week. While the higher-ups put a lot of pressure on you to rectify the situation, don't take your bad mood home with you. Keep your priorities straight, and remember that your personal life is much more important than your job.

Leo – July 23/August 23
Don't hold a grudge against an acquaintance who makes an honest mistake on Thursday. He or she doesn't mean to cause you any problems. Realize this, and try to work with this person to set things straight. Your efforts will be appreciated. A loved one needs your help with a family matter. Do what you can for him or her.

Virgo – Aug 24/Sept 22
You have an important personal decision to make this week, Virgo, and you shouldn't take it lightly. Be selective, and do what is best for you. If you're not sure exactly what that is, turn to a loved one for advice. He or she has your best interest at heart. Scorpio plays a key role on Friday.

Libra – Sept 23/Oct 23
Don't get upset by a close friend's comments on Tuesday. He or she is joking and just wants to make you laugh. Don't take this ribbing to heart, because it doesn't mean anything. A loved one asks you an important question. Answer honestly.

Scorpio – Oct 24/Nov 22
Try not to let your ego get the best of you when a close friend thanks you for your assistance with a financial matter. Be humble - not conceited - if you want to remain close with him or her. A business associate reveals his or her true feelings for you. Let this person down gently. Aries plays an important role.

Sagittarius – Nov 23/Dec 21
Things are going to get hectic this week, Sagittarius, when several people need you to do things for them. Don't stress out, because there's no need to panic. You can do it all if you just stay calm and get organized. Those involved will be impressed with how you handle everything.

Capricorn – Dec 22/Jan 20
A family friend turns to you for advice on how to handle a sticky situation. Give him or her your honest opinion, and try to help as much as you can. Your efforts will be appreciated and rewarded. That special someone asks you an important question late in the week. Don't worry -it's not that question!

Aquarius – Jan 21/Feb 18
You're on your own this week, Aquarius, and that's just how you like it. You have the chance to set your own agenda and make quite a bit of progress toward a personal goal. Take advantage of this. You meet an interesting person during the weekend. Get to know him or her better.

Pisces – Feb 19/March 20
Everything isn't as rosy as it seems this week. Don't be fooled by some of the things that those closest to you are saying. They're keeping something from you. Try to find out what it is, because it involves you.

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2 - APARTMENTS FOR RENT

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AVAILABLE DEC. 1ST - Outstanding 3 bdrm bungalow. Wooden floors, big backyard, patio, shed, natural gas, nice central area, bus stop. One small pet allowed. $595/mth, plus utilities. References. Call Suzanne, 933-8382.

3 BDRM HOUSE, newly renovated. Large yard. Available Dec. 1st. $540/mth, plus utilities. No pets. 914 McConnell. Local call 361-0248.

AVAILABLE JAN. 1ST - 2 bdrm bungalow. $700/mth, plus utilities. Doug's Auto Sales, Cedarville Rd, Avonmore. Call 346-2057 or 360-4293.

2 BDRM HOUSE w/garage. $600/mth, plus utilities. Fridge, stove, freezer & dryer included. Gas heated. 27 Kent Ave. Long Sault. Avail. Dec. 1st. Call 534-8520 evenings & weekends.

5 HOUSES FOR SALE

WEST END - Granite block 5 bdrm home, 1-1/2 bath, partially finished basement, central air, inground pool, wood-burning fireplace, garage. $87,000. Call 936-8050 after 2pm.

1132 CARLETON ST. 4 bdrms, new garage w/recroom, skylight, 200-amp, re-insulated, central air, pool, new roof, cupboards galore. Quiet neighbourhood. 6.5% mortgage. $81,900. Call 932-3819.



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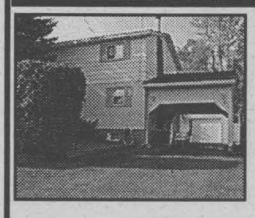

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22 ARTICLES FOR SALE

TOSHIBA 2000 DT brand new lap top computer, K62, 64 mg ram, 4.3 G.B., 24X CD, 12" UTFT. Paid $2,500. Will sell for $1,800. Rainbow vacuum system, 1-yr-old lifetime guarantee. Better than Electrolux. Paid $2,000. Will sell for $800. Call office 933-5062.

EUROPEAN COLOGNE 4711 at Craft & Bake Sale on Saturday, Nov. 18th, 10am-4pm, Martintown Community Centre.

USED, COMPLETE 10' modular kitchen cupboards, upper & lower units c/w sink, taps, countertop, stove vent & stove. Reasonable price. Call 534-2455.

FIREPLACE SCREEN 25"H x 36"W. Call 525-3349.

FRIDGE, NEW, 9-mths, white, 8.1 cu.ft., glass slide out shelves, $800. Stove, almond, $150. Call 933-4276.

DOUBLE BED, 2" white tubular steel w/painted floral porcelain head & foot bed frame, boxspring & mattress. Like new. $200. Call 936-1639.

HUNTER EDUCATION and Canadian Firearms Safety, FAC courses and tests. Call 346-1289.

GESTETNER 312 PRINTING machine. $300. or best offer. Call 932-6590.

1987 CHRYSLER LE BARON, in running condition, $300. Bell Express Vu system, $225. RCA satellite receiver, $200. 30-watt stereo w/CD, $150. Stereo w/CD, $90. or trade on all items for car. 932-9369.

SMALL WHITE SINK for bathroom. Call 525-3349.

UPRIGHT LESAGE PIANO, totally reconditioned & refinished in mahogany with new keyboard. Has an excellent soundboard. Priced to sell at $350. Call 932-4781.

GOOD T.K.E. COMMERCIAL stainless steel upright freezer, approx. 4'x4', only $300. Also, like new, 25" horse collar. Call 937-0201.

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HARDWOOD ASH-TRAY stand w/brown ashtray, 24" high. Call 525-3349.

DOLL FURNITURE & accessories for Barbie scale & porcelain dolls. Plastic model kits. Mrs. G's Doll House, 407 Water St. East. 936-8088.

ARTICLES WANTED

WANTED



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16 INCOME PROPERTIES

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17 LOTS/LAND

2 LOTS SIDE-BY-SIDE. Antoine St. Corner lot 70x120. Other lot 65x120. City water on property. Ready to build. Call 933-3402.

BUILDERS WANTED! 19-1/2 acres vacant land just off Edgar St. Priced to sell! Many lots possible. Call Latreille Real Estate, 938-3800.

21 YARD/GARAGE SALES

YARD SALE/CRAFT SALE - Saturday, Nov. 18th, 9am-1pm and Sunday, Nov. 19th, 9am-1pm. 1-A Lefebvre.

MOVING SALE - 34 Saunders, Long Sault. Furnishings, appliances, garden tools, antiques, lawn furnitures, crafts & supplies. Friday, Saturday & Sunday, Nov. 17th to 19th, 10am to 4pm.

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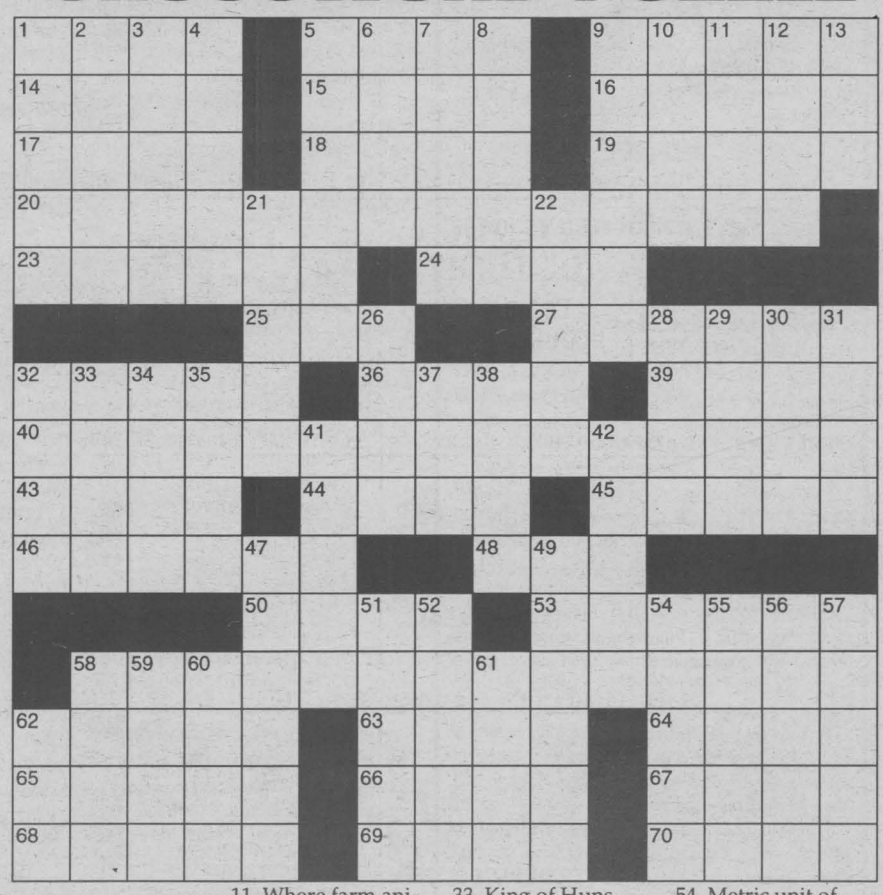

CLUES ACROSS

1. Run-in
5. Western Samoa's currency
9. Biu-Mandara
14. Cover with asphalt
15. Textiles
16. Remove
17. Portuguese nurses
18. Soaks
19. Line
20. Blabs
23. Asian country
24. Do quickly, esp. in a hospital
25. Patty Hearst's captors
27. Of the lower back
32. Torquato ____, Italian poet 1544-1595
36. Comes at the very end
39. Fish related to cod
40. Cole Porter subject
43. ____ mater, one's school
44. Military disguise (abbr.)
45. Thoughts
46. The ____ effect
48. Dutch ____ disease
50. Kiln
53. Repudiate
58. Malevolent
62. Sheep cry
63. Jai ____, sport
64. Previously owned cars
65. Fill with high spirits
66. Baby napkins
67. Spews from volcanoes
68. Town in Surrey, England
69. Ribbon or cloth worn around the waist
70. Gives sight

CLUES DOWN

1. An involuntary muscular contraction
2. Grassy plain
3. He tried, but to no ____
4. Flux density unit
5. Any bone of the tarsus
6. To aid and ____
7. Slats
8. Positive possession
9. Monetary unit
10. A general location
11. Where farm animals live
12. Egyptian goddess
13. Football official (abbr.)
21. Brand-name disinfectant
22. Sew together
26. ____ Romeo, sporty car
28. Picked apart
29. Anger
30. Hani
31. Allows
32. Despot
33. King of Huns (Scandinavian)
34. Seen as a fool (slang)
35. Hit, esp. across the face
37. Automated teller
38. Foot attire
41. Atlantic or Pacific
42. Auras
47. Hang around
49. Somewhat late
51. Thrusts, esp. with a knife
52. Purposes
54. Metric unit of work or energy
55. Take back words
56. Christopher ____ of "Superman"
57. Icelandic poems
58. Adversities
59. Wife of Jacob
60. Not on time
61. Catches
62. Bumble or honey

solutions on pg. 30

26 FARMERS MARKET

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26 FARMERS MARKET

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DRY FIREWOOD. Pine & cedar lumber. Joint & pine flooring. Cedar rails & posts. Hardwood flooring. Robertson's Sawmill, Martintown. Call 528-4262.

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30 HOME SERVICES

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EXCELLENT STARTER $56,900 (A-MLS 0054) Well-kept 2 bdrm starter home with possible 3rd bdrm, loads of closet space, spacious kit. w/lots of cpbds, many updates. A must see! MOE LEMIEUX 932-9386

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337 A,B SIXTH ST. E. $69,900 (A-MLS 0156) Maintenance-free triplex with updated interior. 2 units pay utilities. 3-4pc. baths. MAURICE DROUIN 933-6146

22 MECHANIC ST. MAXVILLE $39,900 (I-MLS 1219) 3 bdrm village home. Some new windows & 3 new doors & large back porch. MAURICE DROUIN 933-6146

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38 ST. LAURENT LONG SAULT $94,900 (M-MLS 0076) Psst! Best kept secret in Long Sault. At only 4 yrs. old, you have to take a look. MONIQUE WILLIAMS 932-7196

19167 GORE RD. $124,900 (J-MLS 0079) Say goodbye to city cramp, say hello to country. Minutes from the city. Call to view MONIQUE WILLIAMS 932-7196

$89,900 (A-MLS 0161) Fabulous neighbourhood, inground pool, large yard & over 1500 sq. ft., 3 bdrm brick bung. Must See!! MONIQUE WILLIAMS 932-7196

$89,900 (A-MLS 0167) If space is what you need, this is the perfect house for you. 1485 sq. ft., large yard, det garage & many updates. Call to view MONIQUE WILLIAMS 932-7196

WE HAVE THE KEY TO YOUR NEW HOME!

COMPARE! $49,900 (A-MLS 0033) Recent windows, siding, doors, large master bdrm, & living rm, detached garage. DAVID COX 930-9251

1305 QUEEN ST. $106,500 (A-MLS 0142) Feel like a Queen in this 3 bdrm. backsplit home. 2 baths, fin. rec rm, large lot. SHERRY McCULLOUGH 937-0891

$159,000

BE YOUR OWN BOSS! (M-MLS 0171) St. Andrews Confectionary Store with living quarters, post office & pizzeria. Great potential. JACK ROY 931-1290

ATTENTION BUILDERS
LOCHIEL ST. REDUCED $139,000 (A-MLS 0127) 4 acres of development land. Draft plan for 15 lots. TODD THOMPSON 938-2121

607 AUGUSTUS $49,900 (A-MLS 0138) Great 3 bdrm bung with hdwd flrs throughout. New shingles & re-insulated TODD THOMPSON 938-2121

214 SIXTH ST. E. REDUCED $59,900 (A-MLS 0139) Ex, centretown 3 bdrm starter home. Top of the line appliances incl. Beautiful oak kit. TODD THOMPSON 938-2121

SOLD

800 1st - GREAT TRIPLEX $59,900 (A-MLS 0132) Solid block income property, updated windows & electrical TODD THOMPSON 938-2121

OPEN HOUSE SUNDAY 3 - 4:30

1207 OSBORNE AVE. $84,900 (A-MLS 0164) 3 bdrm brick bung, Riverdale location, unspoiled basement, large lot, garage SHERRY McCULLOUGH 937-0891

SOLD

6139 RUTH ST. GLENDALE SUBDIVISION (J-MLS 0136) "Welcome" to this 3 bdrm. raised bung. Like a formal dining rm? Want a fin. bsmt? SHERRY McCULLOUGH 937-0891

14 PINE LANE $65,500 (A-MLS 0157) Snuggle in...for Winter! Cozy & comfy 3 bdrm, 1-1/2 storey located on quiet lane, close to centretown; features gas fireplace SHERRY McCULLOUGH 937-0891

2 BAY GARAGE (A-MLS 1192) Established, fully equipped, 2-bay garage, centretown area with good parking & extra income from rented house JACK ROY 931-1290

211 ALICE $69,500 (A-MLS 1225) Real Moneymaker! 5 unit updated apt. building grossing $25,000 GERRY PILON 931-3555

213 ALICE $64,500 (A-MLS 1226) Duplex on full lot with dbl. garage, whirlpool & sauna in main unit GERRY PILON 931-3555

140-144 BELMONT $99,900 (A-MLS 0141) Great revenue. Live in 3 bdrm home with garage & collect rent from four 2 bdrm units next door GERRY PILON 931-3555

NEW LISTING

WATERFRONT ONLY $59,500 (J-MLS 0174) Approved septic & drilled well with 1 bdrm. cottage ORVAL BROWNELL 932-7061

NEW LISTING

$56,500

203 EASTON (A-MLS 0177) 2 bdrms, hardwood & ceramic floors, gas heating, det. garage. ORVAL BROWNELL 932-7061

804 CARLETON $109,900 (A-MLS 0137) Close to all amenities. Large 1250 sq.ft. bung. with modern rec room, woodstove, 2 baths, central air. ERIC PEDERSEN 938-9690

OPEN HOUSE SUNDAY 1 - 2:30

PARKWAY ESTATES NEW PRICE...$139,900 (O-MLS 0012) Just west of Long Sault,1472 sq. ft. brick bung, 2-car garage, hdwd flrs, serviced lot 100x200 ERIC PEDERSEN 938-9690

NEW LISTING

WESTLEY'S POINT $74,900 (J-MLS 0178) Many updates on this 3 bdrm. bung, modern kit. with lazy susan, 2 decks, 14x30 insul. garage with wdstve. Extra lot with boathouse across road incl. MIKE DeBOER 938-7802

SUPER DUPLEX $119,900 (A-MLS-0100) A must to see, 2-3 bdrm. units, custom built, rec room, large lot. MIKE DeBOER 938-7802

COUNTRY CHARM $57,000 (O-MLS 0022) This 2 bdrm, 1-1/2 bath home is situated on large well-landscaped lot w/ garage MIKE DeBOER 938-7802

LONG SAULT $84,900 (M-MLS 0051) 3 bdrm bung features garage, rec rm, close to beaches & park MIKE DeBOER 938-7802

OPEN HOUSE SUNDAY 1 - 2:30

6610 VIVIAN CIRCLE BAYVIEW ESTATES NEW PRICE $124,900 (J-MLS 0149) Large pie shaped lot with dbl car garage, 3 bdrms, 2 baths, large elevated patio deck. ERIC PEDERSEN 938-9690

683 AMELIA $68,900 (A-MLS 0169) Spotless 3 bdrm bung, new kit cabinets & flr., hdwd flrs. throughout, new paved drive ERIC PEDERSEN 938-9690

PARKWAY ESTATES
Just West of Long Sault
BUILDING LOTS 100'X200' - $39,900 (O-MLS 0028) Paved roads, municipal water, excavation & backfill of foundation. Installation of sewage disposal system, sod front yard & top soil. ERIC PEDERSEN 938-9690

SUNSET PARK (off Power Dam Dr.) $33,500 (A-MLS 0059) 2 bdrms, oil heat, large kit, new roof. $145 monthy charge for taxes. ERIC PEDERSEN 938-9690

HOBBY FARM $134,900 (M-MLS 0032) 1400 sq. ft. bung on 35 ac. with 30x30 garage. Home has fin basement & is only 4 yrs. old MIKE VANDERMEER 938-2121

HOBBY FARM $144,900 (M-MLS 0116) A-frame style home on 18 acres with dbl. garage & small horse barn. Very unique property MIKE VANDERMEER 938-2121

INGLESIDE $93,900 (O-MLS 0122) A 1400 sq. ft. bung with sunken living rm, large bath with whirlpool, beautiful river view from deck & more MIKE VANDERMEER 938-2121

LONG SAULT $79,900 (M-MLS 1213) Spacious 3 bdrm raised bung with carport, home was built in 1989 & is priced to sell MIKE VANDERMEER 938-2121

INGLESIDE $84,900 (O-MLS 0036) 2+2 bdrm brick bung. with attached on hedged lot. Great value for the money MIKE VANDERMEER 938-2121

RR 1 ST. ANDREWS $97,500 (M-MLS 0166) bung. on 1 acre with triple car garage & sunroom addition. Shows very well. MIKE VANDERMEER 938-2121

NEW LISTING

LONG SAULT $99,900 (M-MLS 0181) 3 bdrm. brick bung, lg. living rm with cathedral ceiling, fin. rec rm. with gas frpl, enclosed carport, fenced lot, more. MIKE VANDERMEER 938-2121

NEW LISTING

MINI FARM - $74,900 (M-MLS 0172) Large 3 bdrm. home with det. garage & small horse barn on almost 2 acres MIKE VANDERMEER 938-2121

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40 AUTOS FOR SALE

1984 FORD LTD Crown Victoria, V-8. Good running condition. Still insured. Asking $400. Must see. Only 9,000 miles. Call 528-4684.

1983 GMC S15 pickup truck, 4-wheel drive. Asking $1,500. Also, Maytag washer, $40. Call 932-1297.

UNBEATABLE BARGAIN - 1988 Chev Celebrity. Original reasonable km. Fantastic mechanical condition. Good body. Quality motor, 2.8 multi-port V-6 motor. Motor purrs. Safetied, $1,795. Call Suzanne 933-8382.

1997 SILVERADO, V-8, extended cab, 3rd door, all equipped, $17,995. 1994 Nissan extended cab, auto, air, $5,995. 1993 Tempo, 4-dr, auto, $2,995. 1992 Sundance, 4-dr, auto, $3,495. 1991 Topaz, 2-dr, auto, $1,995. 1990 Plymouth Caravan, V-6, auto, $2,995. 1990 Dodge mini van x-Bell, $1,495. as is. 1989 Escort, 4-dr, standard. 1988 Dodge, highrise roof,captain seats, all equipped. 1988 Dodge van 250, x-Bell, $895. as is. 1978 Chev pickup 4X4 w/plow. Apply Bill's, 17-Sixth St. West, 932-6481.

1993 MAZDA 626, 4-dr, 5-spd, standard transmission, taupe. Excellent condition. Call 534-5672.

4 SNOW TIRES on rims that will fit 1998 or newer Honda Accord, V-6. If interested, call 938-3934 or 932-4602.

AUTOS FOR SALE

1993 CAVALIER. 1992 GMC Safari Van. 1989 Cadillac Sedan Deville, auto, sold certified. Gravel Motors, 1404 Pitt St. Call 932-4850 or 932-4211.

TIRED OF BEING offered second rate vehicles, especially with a credit problem. Call Car-o-line Auto's, now toll-free 1-877-820-5598. Over fifty 90's vehicles to choose from.

1997 CAVALIER Z24 - 143,000 km, black, fully loaded. With safety, $7,500. negotiable Call 525-4402 after 6pm.

41BABYSITTING

BABYSITTING AVAILABLE to babysit in my home. Bilingual. 24-yrs. experience. Will give receipts. References available. Call Denise, 937-3789.

42 CHILD CARE

ARE YOU SEARCHING for an excellent child care provider for children 4-yrs & up? I supply savoury nutritious meals, exciting colourful snacks, easy to do relaxing crafts. Pleasurable games in a spacious warm home. Smooth educational outings for your child. I am seasoned with patience, love, maturity & responsibility. Reasonable price. I give receipts. Call Suzanne, 933-8382.

57 DJ'S

QUARTER TON'O'FUN D.J.'s. Music for all occasions. Over 20 years experience. Reasonable rates. We are the Music Heavyweights. Andre: 938-6252 or Gaetan: 936-8665.

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25. SLA
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43. Alma
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50. Oast
53. Abjure
58. Ill-intentioned
62. Bleat
63. Alai
64. Used
65. Elate
66. Bibs
67. Lava
68. Esher
69. Sash
70. Eyes

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12. Isis
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22. Baste
26. Alfa
28. Chid
29. Rage
30. Akha
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32. Tsar
33. Atli
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35. Slap
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42. Nimbi
47. Loiter
49. Latish
51. Stabs
52. Telia
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56. Reeve
57. Eddas
58. Ills
59. Leah
60. Late
61. Nabs
62. Bee

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68 CARTING/ MOVING/STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

MOVING? Or need to pickup a big item? Need to rent a trailer or a driver w/a trailer? Unbeatable price. Call Suzanne 933-8382.

69 COURSES/ LESSONS

MUSIC LESSONS: Guitar. Violin. Banjo. Bass. Mandolin. Hawaiian-Dobro. Teacher with lots of patience for beginners. Book now; to play something for Christmas Season. 932-1347.

71 HALL RENTALS

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, over-head projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $500. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

76 PETS/ LIVESTOCK

BEAUTIFUL PUPPIES: Terry-Poos, Cock-A-Poos, $175. Call 527-3246.

AUCTIONS

AUCTION SALE
WEDNESDAY, NOVEMBER 22ND
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Household items, furniture, glass, collectibles, antiques, many misc. articles
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BEAUTIFUL PUPPIES - Collie/lab mix. Very nice appearance. All are black & white. $25. each. Call 346-5482.

ADORABLE PUPPIES: Tiny Pomeranians, $300. Teacup Maltese, $400.-$450. Pekinese, $275. Cocker Spaniels, $200. Dachshunds, $250. Pomeranians, $175. Call 527-3246.

85 PERSONALS

MARRIAGE PROBLEMS? Is your relationship in crisis? Need help? Call Gene, 933-7720. Couples counselling.

SPIRITUAL COUNSELLING. Free. If you can't deal with wreakage of past or deep wounds of your life. Call Celeste, Energy Blocks Worker, 938-6199.

TAROT CARD READINGS + free Tea Cup/Crystal Ball. The mind suffers, the body cries out. Past energy blocks alleviated. Phone Elantis 938-6199.

92 NOVENAS

WITH THANKS TO ST. JUDE and the Sacred Heart of Jesus for favours received. L.N.



ANTIQUE AUCTION SALE

of the estate of the late RAY BURGESS
St. Mary's Centre, Williamstown, Ontario
SATURDAY, NOVEMBER. 25th • 10AM

Four door, two drawer cupboard with rattail hinges & side columns; pine one door cupboard; one door wardrobe with drawer; 2 door cupboard; four door glazed pine cupboard; fancy needle work table with fine tapered leg; cherry one drawer lamp table; tilt top pie crust table; top half of corner cupboard with original blue paint; 7 oak chairs with lion motif on harp; oak mirrored back round glass china cabinet with claw foot; four drawer dresser with brass lion head pulls; burled walnut veneered buffet; mini corner cupboard with carved door; small glass door hanging cupboard; 4 poster bed; dentist cabinet on brass base; serving table with marble top; washstand with marble top & gallery; mahogany buffet; misc. tables including black cherry gate leg table; drop leaf tables; primitive washstand; blanket boxes; oak display case; glazed door bookcase; dressers; victrola; Layton upright grand piano & bench; gun stock stool; dry sink; oak church pew; rockers including arrow back rocker signed by "maker John Laduseur" Vankleek Hill; collection of canes; lap desk; two Stuart McCormick paintings "The Old Mill on The Garry" & "Stooking in Glengarry"; Ingram mantle clock; Waterbury calendar clock; ginger bread clock; Tiffany style table lamp; sterling vanity set; Staffordshire flow blue washbowl & pitcher; glass ware; china; brass; linen; Eaton's tea caddy; good selection of books; Barbara Ann Scott doll; child's wicker pony seat; cups & saucers; 48 pcs. of crystal; two hanging lamps; some sterling; dishes; flatware; clock cases; good assortment of picture frames; prints; many crocks; sleds; snow shoes; 3 drawer national cash register; easels; butter bowl; tole ware; tin bath tub; winnower; small two wheel coffee grinder; 8"x12" cylinder concert music box; cast iron parlour stoves; cast iron pots; old hinges; door knobs; hardware; clamps; coal oil lamps; lanterns; books & magazines; pulpit; shelving from old store; ginger bread pcs; curling rocks; carpets; shutters including twelve 6' antique shutters stripped; misc. hand tools; chairs that need restoration; this is a partial listing as they are unearthing many more interesting articles.

Terms: Cash or Acceptable Cheque - Canteen

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98 PLYMOUTH VOYAGEUR, like new, 75 km, nice green colour, call for details, compare price ..... FIRM **$12,850**

97 FORD RANGER SPORT MODEL, rear outside fenders, auto, black, a real beauty with sport wheels only 88 km, look at truck! ..... FIRM **$9,850**

95 CHEVROLET LUMINA APV, 3.8 liter, 116 km, like new **$8,200**

95 CHEVROLET LUMINA APV, 3.1 liter, 99km, like new **$7,800**

95 EAGLE VISION TSI, fully loaded, leather Int., whole sale priced ..... FIRM **$5,500**

95 FORD ESCORT WAG, 105 km, auto, air, p/w, ... FIRM **$6,375**

95 NEON, 120 km, 5spd, save money ..... FIRM **$3,300**

95 SATURN SLI, 4dr, like new, 125 km, 5spd **$5,800**

94 FORD MUSTANG LX, black, sport wheels, 6 cyl, 5 spd, check price., **$5,975**

91 JEEP YJ SPORT MODEL, $2000 sound system included, 2 tops, only 80 km, 5 spd, 6 cyl, ... **$6,750**

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SPECIAL OF THE WEEK

Extended, V3.3L V6, Fully loaded, dual sliders, rear heat & air, 88,000 km's
1996 PLYMOUTH GR. VOYAGER SE
$12,500

1998 PLYMOUTH NEON Hi-line, 4dr, 4cyl, auto, air, fold down seats, 46,000 km's, **SOLD**

1998 CHRYSLER INTREPID ES full equipped - one owner only 28,000 km's

1998 CENTURY Custom, 4dr, V6, loaded, 106,000 km's, p-seats

1998 MALIBU LS 4dr, V6, loaded, p-seat, 76,000 km's

1997 CHEV CAVALIER 4dr, auto, air, 50,000 km's

1997 BUICK LESABRE custom, 4dr., V6, full load, 69,000 km's,

1997 NISSAN ALTIMA 4 [illegible] fully loaded, 9[illegible] owner **SOLD**

1996 CHRYSLER LHS, 4[illegible] P-seat, le[illegible] **SOLD** 89,000 km's

1996 FORD TAURUS GL station wagon, full load, local owner

1996 EAGLE VISION ESI V6, loaded, auto, temp air, 114,00 km's

1996 TOYOTA CAMRY 4 cyl., 4 dr., auto, full load, 94,000 kms, nice car

1996 OLDSMOBILE 88 ROYALE LS 4 dr., V6, loaded, p.s, 90,000 km, Florida winters

1991 MERCURY GR.MARQUIS 4dr., loaded, 1-local owner

SOLD CORSICA PB, R., only 82,000 km's

1990 OLDS REGENCY **SOLD** loaded, 2 power seats, 112,000 km, local owner

1985 CADILLAC SEDAN DE VILLE V8, 4dr, loaded, no rust, 123,000 miles, (rebuilt motor), have to see

VANS

2001 GR. CARAVAN SPORT 3.3L V6 auto, dual sliders (1 AWER) power lift gate, load leveling quad seats, side air bags, CD, security alarm new, 500 km's take a look

1998 PLY. VOYAGEUR V6, air, cruise, tilt, p. locks dual sliders, 46,000 kms

1997 PONTIAC TRANSPORT extended, full load, power slider, modular seating, p-seat, 2-tone, 78,000 km, dual sliders

1996 GR. VOYAGEUR SE 3.3L V6, auto, fully loaded, dual sliders, rear air, ext. model, nice van, 88,000 km's

1995 CHEV ASTRO VAN V6, 2 tone, loaded, local owner,

1994 FORD AEROSTAR EXTENDED **SOLD** [illegible] all wheel drive rear heat & air, 124,000 kms

TRUCKS

1993 GMC SL PICK UP V[illegible] **SOLD**



With every $1000 purchase, receive a ballot for YOUR CHANCE TO WIN A 50" BIG SCREEN TV
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- **98 CHEV BLAZER LT** 4dr., leather 4x4, loaded $23,500
- **98 FORD ESCORT SE** 4dr., auto, A/C, only 41km $10,350
- **97 PONTIAC GRAND PRIX GTP** 4dr., auto, loaded $15,650
- **97 DODGE NEON** 4dr., stick, red $6,950
- **97 GMC JIMMY SL** 4dr., 4x4, low km's $15,500
- **97 PONTIAC SUNFIRE** 4dr., auto, white $8,900
- **97 LINCOLN TOWN CAR** Signature Series, leather, should I say more? $24,500
- **97 DODGE AVENGER** 2dr., stick, nice car $10,950
- **97 PONTIAC SUNFIRE** 2dr., auto, green $8,950
- **97 JEEP CHEROKEE LIMITED** 4dr., auto, leather, gun metal colour $24,750
- **96 MERCURY GRAND MARQUIS GS**, 4dr., loaded, only 82k $12,950
- **96 SUBARU OUTBACK WAGON** auto, heated seats, & mirrors must see! $14,650
- **96 FORD WINDSTAR GL** 3dr., quad chairs, rear air, full load, ... $8,950
- **95 HYUNDAI ACCENT** 4dr., stick, cheap $5,950
- **95 PONTIAC GRAND AM SE** 4dr., auto, loaded $8,900
- **95 CHEV CAVALIER** 2dr., stick, red $7,500
- **95 CHEV ASTRO** 7 pass, great ride, sacrifice $9,750
- **95 FORD BRONCO XLT** Eddie Bauer, 2dr,. leather, full, full, load $14,500
- **94 PONTIAC GRAND PRIX SE** 4dr., auto, full load $6,950
- **94 FORD PROBE GT** 2dr., auto, 6cyl, grey $8,900
- **93 PONTIAC TRANSPORT SE** 7 pass, fully equipped, extra clean $7,950
- **93 MERCURY SABLE WAGON** loaded, CD player, great shape $5,995
- **92 CHEV SILVERADO** auto, extended cab, 4x4, 350 ..... $14,650
- **91 FORD F150** extended cab, long box, red, only $5,250
- **90 GMC SIERRA SL** reg cab, 4x4, loaded only, 130 km $12,950
- **90 GMC SIERRA SLX** reg. cab, 4x4, cab included $9,950

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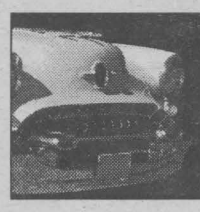


YOUR AUTO CORNER

Ride Control Safety

It's late at night and you've been driving so long you're getting a little drowsy. Blinding oncoming headlights cause you to drift far to the right, until your wheels are on the rough shoulder. But you never lose control.

You may have avoided an accident because you wisely had taken care of your car's tires, steering, suspension and shock absorbers.

Many accidents attributable to driver error might have been prevented if the vehicle had been more 'forgiving' if every safety and performance function had been effective.

Ride control, essentially the ability of the wheels to remain in contact with the road surface, helps the driver steer and brake safely out of a predicament. This is a function of each component connected to the wheels, from steering and suspension parts to the tires. Among these inter-related parts are the shock absorbers or struts. Their role in this drama is to keep the wheels from bouncing or the body from bobbing on irregular road surfaces. Once a wheel loses contact with the road, steering and braking action disappear. You've lost control!

Most people driving cars with worn shocks are unaware the condition exists. Then, suddenly, the driver notices his or her vehicle handles poorly. A recent inspection of 356 vehicles disclosed 44 per cent had ride control parts visibly in need of replacement, mostly due to leaking.

Symptoms of ride control problems are excessive roll or sway on turns, excessive front-end drive in braking, bobbing or bouncing of wheels on rough road surfaces and bottoming out of the rear end on bumps.

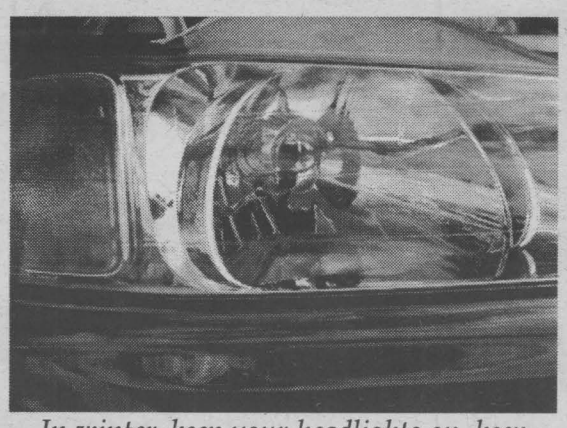
To be sure your vehicle's ride control system is sound, periodically check the tire pressure and the ride height, to be sure springs and suspension pars support the vehicle properly.

You should also check the shock absorber mounting hardware for damaged or missing parts, especially the rubber bushings and check for shock or strut leakage or dents in the exterior.

In addition to the safety considerations, strong shock absorbers and struts help extend tire life and reduce the wear of other components. And they make driving more enjoyable.

Winter Driving Requires Patience

No matter how many years experience you may have, winter driving takes some getting used to. In winter conditions, it is much wiser to slow down and, above all, to leave a generous distance between yourself and the car ahead of you. Patience is key.



In winter, keep your headlights on, keep your distance, and be a patient driver.

Everyone knows it is necessary to be more careful when driving in the winter. Still, some people will continue to drive at high speeds on icy roads, even during a snowstorm. Other drivers seem to think that their car is indestructible. What may seem like a minor detail, such as keeping the windshield clean and installing winter tires, is actually an important measure to ensure your safety. Don't forget that the afternoon sun can be blinding on a wintry day, and that a dirty windshield reflects more light than a clean one.

Finally, it is crucial to drive slowly to avoid patches of black ice, a treacherous and invisible winter road hazard. No matter what kind of car you drive, patience is in order for winter driving.

Investigating New Winter Tires

Too many motorists wait for the first snowfall to start thinking about winter tires. But by then, the choice is rather limited, as others have snapped up a good part of the inventory.



The end of the summer or beginning of fall is the best time of the year to investigate the new types of tires on the market. By then, the major manufacturers have delivered their new stock to distributors and retailers.

More and more motorists are demanding winter tires for their cars and trucks. And the tire developers come out with new and more revolutionary products every fall, which is an advantage for consumers who care about their safety and that of their passengers.

If the prices scare you, just remember that technology is progressing quickly, and sometimes it costs a little more. But the new tire technology has been developed to help you maintain control of your vehicle in snowy, icy conditions, and it is hard to put a price on safety.

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- **'89 OLDS CUTLASS CIERA,** V6,141 kil .REDUCED $2,795
- **'89 FORD AEROSTAR,** 7 pass, V6 . AS IS SPECIAL $695
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- **95 FORD AEROSTAR SPORT,** low kms $6,950
- **94 PLYMOUTH VOYAGEUR,** Full load, beautiful, $5,495
- **94 CHEV LUMINA APV,** full load, pwr seat . $7,995
- **93 PONTIAC TRANSPORT,** 5 pass, full load $5,995
- **93 G.M.C. SONOMA,** reg SOLD ,995
- **92 DODGE CARAVAN,** 7 pass., great buy .. $3,995
- **90 CHEVY ASTRO VAN,** 7 pass., auto,. $3,995
- **90 FORD F-150,** S/C long box, ... AS IS $3,995
- **90 CHEV TRACKER,** 4x4, auto, certified 4,495

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Ifft brings experience to Morgan-McClure

David Ifft brings 29 years of experience to Morgan-McClure Motorsports. Morgan-McClure Motorsports has named veteran mechanic David Ifft its interim crew chief through the season closing NAPA 500.

Ifft, who joined Morgan-McClure for last weekend's Checker Auto Parts/Dura Lube 500 at Phoenix International Raceway, came to Morgan-McClure with 29 years of racing experience.

Labonte's championship a team fulfillment

Bobby Labonte's NASCAR Winston Cup Series championship clinching run on Sunday was a thing of beauty and a microcosm of his season. Labonte's fourth place run in the Pennzoil 400 was oh-so-subtle, but equally power-packed and deadly.

Stewart's win doubles Gibbs' pleasure

NASCAR Winston Cup team owner Joe Gibbs had plenty of reason to smile at the conclusion of the Pennzoil 400 presented by Discount Auto Parts Sunday at Homestead-Miami Speedway.

Championship day a model for Atwood

Ray Evernham knows what it's like to win NASCAR Winston Cup championships, and he knows what it's like to build championship teams. Evernham's rookie charge Casey Atwood scored his career first NWCS top-10 finish in only his third start.

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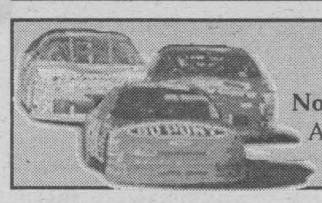

SCHEDULE

November 19 NAPA 500
Atlanta Motor Speedway ESPN-PRN 1:00 pm

track talk

Martin brushes off run-in with Rudd

Some days it's better not to cross Mark Martin's path, but on Sunday after he earned a hard and hotly-fought-out third place in the Pennzoil 400 presented by Discount Auto Parts at Homestead-Miami Speedway, Martin was fairly mellow.

Labonte wins first NASCAR Winston Cup title

Fourth place on Sunday assured Bobby Labonte of first place in 2000. Labonte clinched his first Winston Cup Series championship to overshadow a dominating performance by teammate Tony Stewart, who won the Pennzoil 400 for the second straight year.

Rudd's crew goes long way to start second

On the day after the Checker Auto Parts/Dura Lube 500 Ricky Rudd simply fumed, working his frustration out moving earth on his 38-acre farm on a bulldozer. His Robert Yates Racing teammates, meanwhile, were hammering on his wrecked race car.

Earnhardt Jr.: A Style All His Own

Earnhardt Jr. is putting the finishing touches on a remarkable rookie season, winning three races, including The Winston all-star race. In the process, he has become one of the sport's most popular drivers, following in the footsteps of his famous father.

Titles not built in a year

As an emotional Robert Yates accepted the NASCAR Winston Cup Series championship trophy at last year's banquet in New York, you could see that the accomplishment he had worked almost a lifetime for meant more to him than he could explain.

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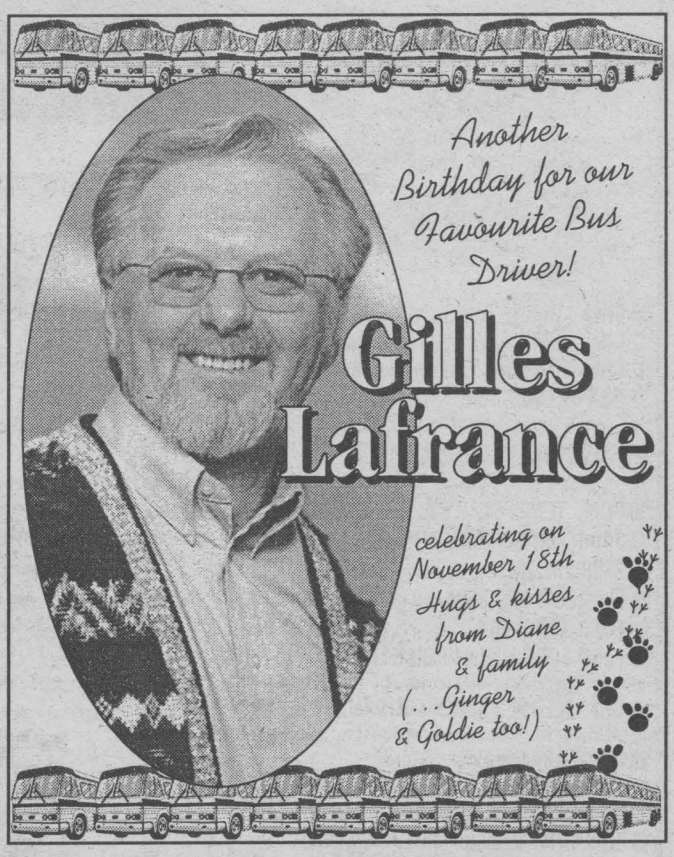
RACE RESULTS

Unofficial Race Results Race: Pennzoil 400 Track: Homestead-Miami Speedway
Race No.: 33 Date: November 12, 2000

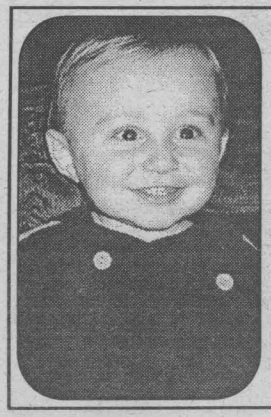
Pos	No.	Driver	Sponsor/Make	Points	Bonus	Winnings
1	20	Stewart, Tony	Home Depot Pontiac	185	10	$291,325
2	12	Mayfield, Jeremy	Mobil 1 Ford	175	5	$206,825
3	6	Martin, Mark	Valvoline/Cummins Ford	165		$161,625
4	18	Labonte, Bobby	Interstate Batteries Pontiac	165	5	$129,575
5	26	Spencer, Jimmy	Big Kmart/Route 66 Ford	160	5	$105,575
6	28	Rudd, Ricky	Texaco/Havoline Ford	155	5	$86,375
7	24	Gordon, Jeff	DuPont Automotive Finishes	146		$83,725
8	1	Park, Steve	Pennzoil Chevrolet	147	5	$70,375
9	93	Blaney, Dave	Amoco Pontiac	138		$48,625
10	19	Atwood, Casey	Motorola Ford	134		$47,925

LET'S CELEBRATE
Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News
Gedoro's Fine Dining in Casual Comfort
Join us for your 1st celebration of the Millennium and receive .... • free cake • free photo card and a chance at our monthly draw!!
SPECIAL SURF & TURF From $12.95 Plus other daily specials
This week's winner JANICE & RONNIE pick up your prize at Gedoro's!
TO PLACE YOUR AD
Phone or Write Your Ad of 24 words or less and enclose $9.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week
DEADLINE: 5 PM TUESDAY

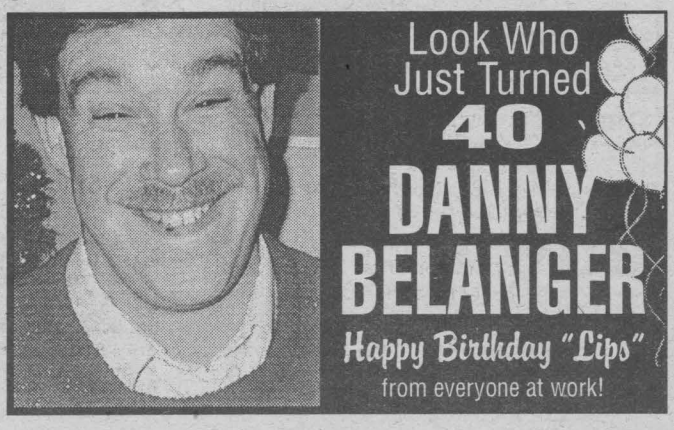
25th Wedding Anniversary Celebration
in honour of
Janice & Ronnie Dingwall
Saturday, November 25th, 2000
Finch Arena - 8pm-1am
~ Everyone Welcome ~











Cornwall and Area LAW and ORDER

Crime Stoppers

Each week Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on all crimes, not just the crime of the week.

Seaway Valley Crime Stoppers, in cooperation with the Regional Task Force, is asking for your help in combatting the contraband trade. Smuggling is multi-facetted with criminals transporting drugs, cigarettes, alcohol, weapons, illegal aliens and other commodities.

If you have specific knowledge of persons involved in these activities, get involved in keeping your community safer and call Crime Stoppers.

Don't make the mistake of thinking that these crimes don't create victims. We are all victims; our children have easier access to alcohol and drugs, jobs are lost (19 distilleries closed in the past ten years with 22,700 jobs gone), lost tax revenue causing cutbacks in government services.

Remember, if you have specific information in relation to the smuggling of any type of contraband, call Crime Stoppers and if your information leads to an arrest, you are entitled to a cash reward.

Reward payments are set up to protect your anonymity. We do not have call display, we do not record conversations and you are always anonymous. Call Crime Stoppers at 937-8477 and for long distance callers 1-800-265-8477.

Cornwall Police Service

Breach of Undertaking

A 37-year-old Augustus St. woman was arrested and charged with breach of undertaking and breach of probation after she allegedly attended a Pitt St. residence. Police were called when she attended the residence contrary to the release conditions of her undertaking. By doing so she also breached the conditions of her probation of keeping the peace and being of good behaviour. The woman was taken into custody and later released to appear in court on Dec. 18/00.

STATS

Break & Enter - Residential

-Nov. 8; Chevrier Ave.: CD rack containing 80 CD's.

-Nov. 13; Lynwood Crs.: Sanyo VCR, Sony Play Station and games, a wedding band with engagement ring welded to it, family ring with four stones, gold chain with #1 sister pendant, 24-kt gold droplet earrings with hearts and a gold St. Laurent watch stolen.

-Nov. 13; Elm St., Ingleside: culprits forced their way into house, proceeded to drink beer and play cards. Nothing taken.

Break & Enter - Commercial

-Nov. 12; Cornwall Beagle Club, Cty. Rd. 24, S. Stormont: 2 shot guns and 2 cases of beer stolen.

-Nov. 13-14; Pitt St.: quantity of cigarette cartons, Panasonic portable CD player, serial no. SLS202, two Citizen CD players, serial numbers JCD4082 and JCD4086.

Stolen Vehicles

-Nov. 8; Pitt St.: 2000 Chevy Silverado pickup truck, red, 4-door, stepside with running boards stolen.

-Nov. 13; South Branch Dr.: 1985 Oldsmobile Cutlass, 4-door, green in colour stolen.

Theft from Motor Vehicles

-Oct. 28; Alexandria Sports Palace: ladies purse containing an undisclosed amount of cash and personal papers stolen.

-Oct. 31; Sixth St. E. 400 block: power tools taken.

-Nov. 1; Fourth St. E. 400 block: Power Acoustics CD player and Cobra model 148 CB radio taken.

-Nov. 1; Pitt St. 1300 block: Honda generator and floodlights taken.

-Nov. 1; Second St. W. 1000 block: Sach Dolman 16" chain saw, Mastercraft socket set, split axe and hand saw taken.



Ontario Provincial Police

Driving Conditions

With the cool weather upon us, it is time to adapt new driving habits to conform to the road conditions. Easy does it will get you there. Give yourself plenty of room to stop. Drive with control and be prepared.

Check your brakes, tires, battery and muffler. Make sure that your windshield defrost system and wipers are working well and that you have anti-freeze solvent in your windshield washer container.

Have an emergency kit in your vehicle. This kit should consist of a scraper or brush, shovel, booster cables, sand or salt, first aid kit, flashlight, flares, blanket or sleeping bag, extra clothing, tow rope, a supply of non-perishable food, candles and matches, and an emergency supply of prescription drugs if necessary.

The three key elements to safe fall and winter driving are: "Stay alert, Slow down and Stay in control." Avoid situations where you may have to brake suddenly.

Warning To Motorists

A reminder for motorists travelling on a 4-lane highway with no median or barrier that you must come to a complete stop when you encounter a stopped school bus with its overhead red lights flashing. Traffic in both directions and on all 4 lanes must stop.

Motorists not respecting the law will be dealt with accordingly. It's the law and the safety of our children depend on you.

Minor Injury to Youth

-Nov. 6/00: At 3:45 a.m. a 3-year-old youth from Alexandria was crossing the Main St. of Alexandria when a 1992 Cadillac came onto Main Street from Anik Street and struck the child. The youth received minor injuries and was transported to the Glengarry Memorial Hospital by ambulance for treatment of minor injuries to his head. The driver of the 92 Cadillac was a 40-year-old male from the Hamlet of Glen Robertson. No charges.

Car Crash Claims Life

-Nov. 8/00: At 4:30 p.m. a 1997 Lexus was eastbound on Hwy. 401 near Lancaster when the lone male driver left the roadway, entered the median, came back onto the roadway crossing over into the south ditch. The Lexus continued rolling over and came to rest against a tree. The 44-year-old male driver from Macedon, New York was pronounced dead at the scene. The SD&G OPP are continuing the investigation with the assistance of the OPP Technical Traffic Unit. Speed is suspected as a contributing factor in this crash.

Car Destroyed By Fire

-Nov. 12/00: Volunteer members of the South Glengarry Fire Department responded to a call for a car on fire on the Second Line Road near the municipal dump in North Lancaster. Found were the burnt remains of a Ford Mustang, maroon in colour. Nobody was around. Victim is unknown. Identification of car is to be made with the assistance of the OPP Auto Theft Unit.

Anyone with information is requested to contact investigating officer Prov. Const. Gilles Ruest of the SD&G OPP at 1-888-310-1122 or Crime Stoppers at 1-800-265-TIPS.



SANTA ARRIVES TODAY!

Experience the Magical Arrival of Santa at 7:00 p.m.

Crafts begin at 6 p.m. / Entertainment at 6:30 p.m.

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Historically Cornwall's voters have, on average, picked six aldermanic candidates to vote for. ***This time - little difference, the typical voting Cornwallite checked off 6.6 names.***

Phase I & Phase II are now completed at Brookdale Centre which means that the Scotiabank has now moved.

Reader went to the City of Cornwall website last Thursday to get a list of the candidates for Councillor ... although the website proclaimed election update ... **no list was to be found!!**

Do you find that when driving through Toronto, what with 12 lanes of fast moving traffic, you get a little tense? Then what you need is a little Pavarotti! Yes! That's what our friend **Bob Whittaker** does! Just let the mellifluous tones of Luciano pacify your frazzled nerves and before you know it, you're in Bowmanville.

Cornwall Motor Speedway's Race for Children gave the Kiwanis Club of Cornwall a very generous cheque last week!! We thank all those who donated to our work for children.

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Congratulations to the Reeve and the members of Council of the Township of South Stormont (October version) ***for expanding emergency medical services throughout the municipality.*** Four new defibrillator units for the the four fire departments.

In regards to Scuttlebutt of October 27th, "Retailers Beware" this caller finds if offensive. I chose not to work by choice. *To insinuate that those of us who make this decision are thieves is simply not true.*

Guess what? **Work is finally being done at Woodhouse Museum!**



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Nothing makes you listen more carefully to your neighbour's conversation than to hear your name mentioned.

Are you making cookies for that special someone this Holiday season? If you're mailing them, pack them in popcorn. They will be less likely to crumble and your recipient will have two snacks instead of just one.

Thought for the week ... do not ask for fulfillment in all your life, but for patience to accept frustration.

Brenda Sloat

Seaway News wishes our American friends a Happy Thanksgiving on November 23rd.



Scuttlebutt

Hello ... Is There Anyone Out There?

We want to remind everyone out there that this is **your public forum** ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8

by Fax 933-0024

or E-mail your little ditty to us at scuttlebutt@cornwallseawaynews.com

Hey Seniors! Come join us! Ontario Senior Games - S.D.&G. District 8 Local competition. Winter Games 2001 Skating 55+ on Monday, December 11th, 2000 at the Long Sault Arena by the water tower. Spread the word ... info: 933-6951.

Not so long ago, men used to remove their hats when entering a building, in the presence of women and when sitting down for dinner? *What happened?* Over the years, men seem to think that it is no longer important to do this. Teaching little boys to remove their hats at the dinner table starts at home. So, come on Moms & Dads ... teach your sons good manners so that they can grow up to become well-mannered and respected men. It seems that now proper etiquette is not a top priority with a lot of boys and men. With a new year approaching, let's look forward to more "hatless" men at the dinner tables, especially in restaurants.

Did you know ... according to some historians, the custom of giving Christmas presents is relatively recent. *Gifts used to be exchanged at New Year's instead of Christmas!*

Remember the slogan, "Gee, Mr. Christie you make good cookies" ... now it's ***"Gee Mr. Green, you sure make good chili sauce."***

Weather Wit: Weather Forecaster ... a person who climbs the ladder of success wrong by wrong.

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On November 18th, 1959, the Board of Broadcast Governors created the first Canadian-content rules for TV.

Cornwall Kiwanis Club members are out in the community canvassing for items for their Christmas Auction set to open as a 'Silent Auction' on November 19th at Cornwall Square. Any business that would like to join in may call 933-6951 for pick up of articles.

It's never too early or too late to start a "Family Tradition". Try setting aside one night every week (or two) for a special dinner: Picnic in the living room, candlelit supper, or perhaps a backwards meal - serving dessert first. Have everyone declare the best things that happened to them that week.

Here's a neat trick: Do you have a kitchen or bathroom drawer that always sticks? Make it glide more easily by applying a thin coat of liquid soap to the runners.

Make your holiday party the one everyone talks about. Send out your invitations and request an RSVP with enough advance notice. This will give your guests a chance to book the special date into their calendar. Also, decorate everything with a theme, from paper plates and glasses to napkins and table covers. Remember, you set the mood.

The 'Trout Quarry' committee will hold its last meeting for this year on November 28th, 2 p.m. at the Raisin River Conservation Authority - Gray's Creek. Volunteers welcome. 1,500 more rainbow trout were stocked this October 5th.

Things not-to-do when you're feeling blue:

- Don't call your parents unless it's a big problem. They'll keep asking about the problem for the next six months.
- Don't weigh yourself.

Vote/Votez Guy Lauzon



CANADIAN ALLIANCE CANADIENNE

Authorized by Edward Lauzon, Official Agent for Guy Lauzon

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.

The "Smile" can be accessed via the internet too!

http://www.advantagesadvertising.com

Your own submissions are always welcome!

Send them to

smile@advantagesadvertising.com

A henpecked husband was advised by a psychiatrist to assert himself more.

"You don't have to let your wife bully you," he said, "now, go home and show her you're the boss."

The husband decided to take the doctor's advice. He went home, slammed the door, shook his fist in his wife's face, and growled, "From now on you're taking orders from me! I want my supper right now, and when you get it on the table, go upstairs and lay out my clothes. Tonight I am going out with the boys. You are going to stay at home where you belong. Another thing, you know who is going to tie my bow tie?"

"I most certainly do," said his wife, smiling sweetly. "The undertaker."

TRISHA ROMANCE

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At our small-town library one day, I sat my daughters down with their books while I went to choose some for myself. I glanced over at the children and saw my younger daughter tearing a sign off the wall. I rushed over, scolding her as I stuck the sign back up. Then I noticed what it said: "Please do not leave young children unattended."

Help protect our wildlife: Here are a few tips:

- Appropriately dispose of environmentally toxic items: plastic bags, balloons, batteries, paint, varsol, antifreeze and oil can cause suffering and even death while fishing lines, plastic six pack holders and yogurt contains trap or entangle wildlife often causing death.
- If you find a young animal who appears to have been abandoned, seek professional advice from a wildlife rehabilitation centre or a veterinarian. Remember fawns, baby rabbits, fledgling birds and other young animals are often left alone while their parents are gathering food. The parents will return for their offspring, often as soon as you leave the area.

For our history buffs ...

- JFK was assassinated on November 22nd, 1963.
- The Outlaw of the Old West, "Billy The Kid" was born on November 23rd, 1859.

OBITUARIES OBITUARIES

MOQUIN - Gerald Bernard

Passed away at the Ottawa Hospital, Civic Site, Ottawa, Ontario on Monday, September 4th, 2000.

Mr. Gerald Bernard Moquin, in his 60th year, born in Cornwall, Ontario and formerly of 1032 Larin Avenue, Cornwall.

Dear son of the late Alcide Moquin and the late Irene Burgess.

Beloved husband of Lorraine Moquin (nee Seguin).

Loving father of Daniel Moquin of Ottawa, Ontario, Michelle Halle (Mario) of Cornwall, Ontario and Jo-Anne Fortier (Jeff) of Ottawa, Ontario.

Dear brother of Annette (Mrs. Edgar Tessier) and Monique (Mrs. Marcel Bray) both of Cornwall, Ontario.

Loving grandfather of Matthieu, Chanelle and Madison.

Also survived by sister-in-law, Mrs. Anita Moquin of Cornwall, Ontario.

Predeceased by his brother, Lloyd Moquin.

The funeral took place on Friday, September 8th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to Ss Martyrs Canadiens Church with cremation at South Branch Crematorium. Rev. Real Leveque of Ss Martyrs Canadiens Church officiated.

The pallbearers were Jack Coleman, Marc Farley, Daniel Moquin, Eddy Moquin, Pete Tessier and Paul Morin.

DION - Wilson Jr.

Passed away at his residence on Friday, September 8th, 2000.

Mr. Wilson Dion Jr., in his 44th year, born in Leamington, Ontario and formerly of Guy Street, Cornwall, Ontario.

Dear son of the late Wilson Dion Sr. and the late Jeannine Desnoyers.

Loving father of Chad, at home.

Dear brother of Marcel Dion (Barb), Gertrude Dion (Ahmad), Richard Dion all of Cornwall, Ontario and Rolland Dion (Linda) of West Virginia.

Also survived by his grandchildren.

The funeral was held on Tuesday, September 12th, 2000 from the chapel of the M. John Sullivan Funeral Home followed by cremation. Rite of Committal took place in Notre Dame Cemetery on Saturday, October 7th, 2000.

OBITUARIES OBITUARIES

THEORET - Irene

Passed away at the Cornwall General Hospital, Cornwall, Ontario on Tuesday, September 5th, 2000.

Mrs. Irene Theoret, in her 70th year, born in St. Andrews West, Ontario and formerly of 506 St. Felix Street, Cornwall, Ontario.

Dear daughter of the late Frank Perras and the late Marie Ange Belanger.

Beloved wife of Jean Paul Theoret.

Loving mother of Richard (Rick) Theoret (Lyne), Joanne Theoret and Norma (Mrs. Richard Geneau) all of Cornwall, Ontario, Gilles Theoret (Diane) of R.R. #1, Long Sault, Ontario and Michel (Mike) Theoret (Nicole) of Surrey, B.C.

Dear sister of Maurice Perras (Cecile) of Vanier, Ontario, Alphie Perras of Apple Hill, Ontario and Roger Perras (Grace) of St. Andrews West, Ontario.

Sadly missed by grandchildren, Patrick, Jason, Justin, Luc, Marc, Luc and Rachel.

The funeral took place on Friday, September 8th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to St. Felix de Valois Church with cremation at South Branch Crematorium. Rev. Roger Desrosiers of St. Felix de Valois Church officiated.

The pallbearers were Bernard Gadbois, Rene Lauzon, Bert Cardinal, Raymond St. Denis, Jacques Moise and Robert Lemire.

OBITUARIES OBITUARIES

BILLINGS - Margaret Patricia

Passed away at the Janet MacDonell Pavilion, Cornwall, Ontario on Saturday, September 9th, 2000.

Margaret Patricia Billings, in her 63rd year, born in Ottawa, Ontario and formerly of Ninth Street West, Cornwall, Ontario.

Dear daughter of the late Lawrence Sullivan and the late Lillian Dillabough.

Beloved companion of Hugh Ross.

Loving mother of David Billings (Norma) of Cornwall, Ontario and Deborah Ann Woods (John) of Kingston, Ontario.

Dear sister of Russell Sullivan (Ruby), Goldie Leneau (Charlie), Lyle Sullivan (Sandra), Bill Sullivan (Joyce), Jimmy (James) Sullivan (Patsy), Susan Duperron (Donnie), Lilly Bates (Barry), Beverley Wade (Tim) and Mary Kilford (Bruce).

Sadly missed by grandchildren Matthew, Shannon and Adam.

Predeceased by her brothers, Joe and George Sullivan.

The funeral was held on Monday, September 11th, 2000 from the chapel of the M. John Sullivan Funeral Home followed by cremation. Rite of Committal will take place in Maple Ridge Cemetery, Chesterville, Ontario.

The pallbearers were the M. John Sullivan Staff Bearers.

OBITUARIES OBITUARIES OBITUARIES

MARTINEAU - Sir Knight Aldoria (Al)

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Sunday, September 10th, 2000.

Sir Knight Aldoria (Al) Martineau, in his 74th year, born in Farm Point, Quebec and formerly of Cornwall, Ontario.

Dear son of the late Joseph Martineau and the late Albina Lamarche.

Beloved husband of Georgette Martineau (nee Lescard).

Loving father of Michel Martineau (Lise), Andre Martineau and Rachel Gudelis (John) all of Cornwall, Ontario and Danielle Martineau of Hawkesbury, Ontario.

Dear brother of Levina Mayer of Hull, Quebec, and Jean Paul Martineau (Marguerite) of Cornwall, Ontario.

Survived by sisters-in-law, Lucille Larocque-Martineau of Hull, Quebec and Lise Clement (Léo) of Lac Cayament, Quebec.

Sadly missed by grandchildren Philippe, Brahms, Joel and Jenna.

Predeceased by his brothers, Gerard, Alcide, Euclide, and Aurele, and sisters, Noella, Ange-Emma and Leonie.

The funeral was held on Thursday, September 14th, 2000 from the M. John Sullivan Funeral Home to Ste. Therese de Lisieux Church for a Concelebrated Funeral Mass, followed by Rite of Comittal in Notre Dame Cemetery. Rev. Denis Vaillancourt, Rev. Rene Dube, Rev. Gerald Poirier and Rev. Raymond Dumoulin concelebrated. Also present in the sanctuary was Deacon Marcel Aube.

The pallbearers were Brother Knights from Council 8459 Ste. Therese de Lisieux. Honour Guard was formed by Brother Sir Knights from Assemblé Marcel Renaud #2224.

Mr. Martineau was a retired Millwright employed by Domtar, a Member of the Knights of Columbus Council 8459 Ste. Therese de Lisieux, a member of the Fourth Degree Marcel Renaud Assembly #2224.

LADOUCEUR - Annette

Passed away at the Tsiionkwahnonhsote Nursing Home, Cornwall, Ontario on Thursday, September 21st, 2000.

Mrs. Annette Ladouceur, in her 80th year, born in Alexandria, Ontario and formerly of R.R. #3, Cornwall Island, Ontario.

Dear daughter of the late Isaie Boisvenue and the late Jeannette Cuirrier.

Beloved wife of the late Floride Ladouceur.

Loving mother of Lucien Ladouceur (Monique) and Fleurette (Mrs. Camille Martin) both of Cornwall, Ontario and Joseph (Joe) Ladouceur (Joan) of Saratoga, California.

Dear sister of Donat Boisvenue (Jeanne), Rene Boisvenue (Lucille) and Mrs. Ida Lefebvre all of Alexandria, Ontario and Mrs. Rita Labrecque of Cornwall, Ontario.

Sadly missed by grandchildren Gilles, Denis, Johanne, Natalie and Eric, and great-grandchildren Sarah, Phillippe, Patrick, Natasha and Nycholas.

Predeceased by her brother, Bruno Boisvenue and sisters, Mrs. Delia Charlebois, Mrs. Clara Brunet, Mrs. Pearl Lalonde, Mrs. Laurette Attendue and Miss Jeanne Boisvenue.

The funeral took place on Saturday, September 23rd, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to Nativity Co-Cathedral with burial at Notre Dame Cemetery. Mgr. Rejean Lebrun of Nativity Co-Cathedral officiated.

The pallbearers were Gilles Martin, Denis Martin, Yves Cardinal, Eric Ladouceur, Michel Boisvenue and Jean-Marc Boisvenue.

OBITUARIES OBITUARIES OBITUARIES

VAILLANCOURT - Yves Adrien

Passed away at his residence in Cornwall, Ontario on Friday, September 15th, 2000.

Mr. Yves Adrien Vaillancourt, in his 57th year, born in Dalhousie, Quebec and formerly of 1615 Gerald Street, Cornwall, Ontario.

Dear son of the late Raymond Vaillancourt and Yvette Rozon.

Beloved husband of the late Mary Ellen Lecour.

Loving father of Julie and Michele Vaillancourt both of Cornwall, Ontario.

Dear brother of Jacques Vaillancourt (Diane) of Mercier, Quebec, Raymonde (Mrs. Jacques Prieur) of Sainte-Justine-de-Newton, Quebec, Mrs. Jocelyne Addison of Ville Lasalle, Quebec and Ms. Johanne Vaillancourt of Valleyfield, Quebec.

Sadly missed by many nieces and nephews.

The funeral took place on Tuesday, September 19th, 2000 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to Christ-Roi Church with burial at Notre Dame Cemetery. Rev. Rene Dube of Ste-Croix church officiated.

The pallbearers were the Nativity Guards.

Jesus Is In The House



Father Allan
MacDONALD
Blessed Sacrament Parish

Once there was this very wealthy young man. He lived in a great, elaborate house with dozens of rooms. Each room was more comfortable and more beautiful than the one before it. There were paintings and sculptures, crystal chandeliers and golden ornate railings on the stairs. More beauty than most have ever seen. One day he decided to invite the Lord to come home and stay with him. When the Lord arrived, this young man offered him the very best room in the house.

The room was upstairs and at the end of the hall. "This room is yours, Jesus! Stay as long as you like and you can do whatever you want in this room. Remember Jesus, it's all yours." That evening after he had retired for the night there came a loud knocking at the front door. The young man put on his robe and made his way downstairs. When he opened the door he found that the devil had sent three of his demons to attack the man. He quickly tried to close the door but one of the demons kept sticking his foot in. Sometime later, after a great struggle, he managed to slam the door shut and returned to his room totally exhausted.

Can you believe that, the man thought. Jesus is upstairs in my very best room sleeping while I am down here battling demons. Oh well, maybe he just didn't hear. He slept fitfully that night. The next day things went along as normal and, being tired as he was, the young man retired early that evening. At about midnight, there came such a terrible ruckus at the front door that the young man was sure that whatever it was would tear the door down. He stumbled down the stairs once again and opened the door to find there were dozens of demons now trying to get into his beautiful home.

For more than three hours he fought and struggled against the demons from hell, and finally overtook them enough to shut the door against their attack. All energy seemed to fail him. He really didn't understand this at all. Why won't the Lord come to my rescue? Why does he allow me to fight all by myself? I feel so alone. Troubled, he found his way to the sofa and fell into a restless sleep.

The next morning he decided to inquire of the Lord about the happenings of the last two evenings. Quietly, he made his way to the elegant bedroom where he had left Jesus. "Jesus," he called as he tapped at the door. "Lord, I don't understand what is happening. For the last two nights I have had to fight the demons away from my door while you lay up here sleeping. Don't you care about me? Did I not give you the very best room in the house?" He could see the tears building in Jesus' eyes but continued on, "I just don't understand, I really thought that once I invited you in to live with me that you would take care of me and I gave you the best room in my house and everything. What more can I do?"

"My precious child," Jesus spoke so softly. "I do love and care for you. I protect all that you have released into my care. But when you invited me to come here and stay, you brought me to this lovely room and you shut the door to the rest of your house. I am Lord of this room but I am not Master of this house. I have protected this room and no demon may enter here."

"Oh Lord, please forgive me. Take all of my house – it is yours. I am so sorry that I never offered you all to begin with. I want you to have control of everything." With this he flung open the bedroom door and knelt at Jesus' feet. "Please forgive me Lord for being so selfish." Jesus smiled and told him that He had already forgiven him and that He would take care of things from now on.

That night as the young man prepared for bed, he thought, "I wonder if those demons will return. I am so tired of fighting them each and every night." But he knew that Jesus said that He would take care of things from now on. At about midnight, the banging on the door was frightening. The young man slipped out of his room in time to see Jesus going down the stairs. He watched in awe as Jesus swung open the door, no need to be afraid. Satan stood at the door, this time demanding to be let in. "What do you want, Satan?" the Lord asked. The devil bowed low in the presence of the Lord. "So sorry, I seem to have gotten the wrong address." And with that, he and the demons all ran away.

Author unknown.

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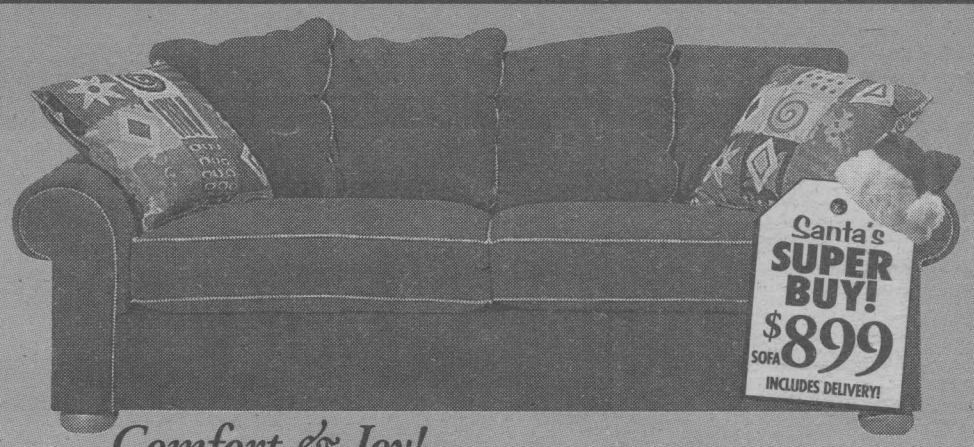

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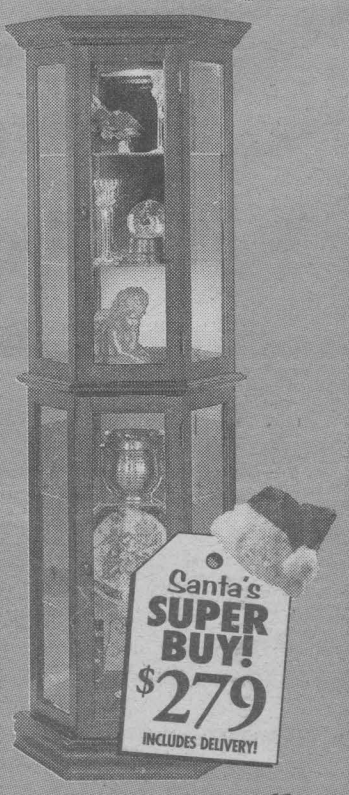

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