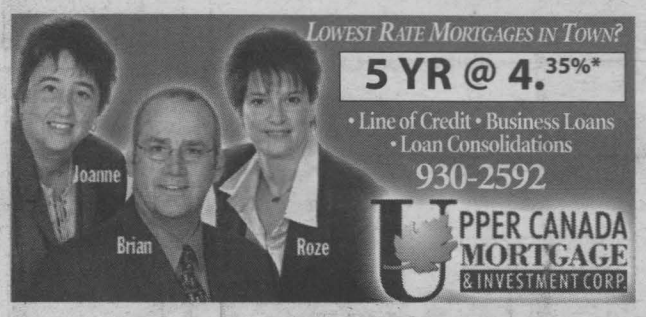
Only 1 Chance
To Get Your 2nd Chance
Let the professionals help!
Call Larry At
930-3858
Motuman CHRYSLER DODGE JEEP
2205 Vincent Massey Drive
MAR19042



Lowest Rate Mortgages in Town?
5 YR @ 4.35%*
• Line of Credit • Business Loans
• Loan Consolidations
930-2592
Upper Canada Mortgage & Investment Corp.

BUILD YOUR LAST DECK FIRST...
with a Fiberglass deck
• no maintenance
• no staining
• no painting
• no rotten boards ...
O. CHARLEBOIS
ALUMINUM PRODUCTS INC.
"Where Installation Makes The Difference"
840 Campbell St.
932-1571
MAR19043

SEAWAY NEWS

Your Community Paper Since 1985

March 19, 2004 | Volume 19, Issue 27 | Serving Cornwall and Area | www.cornwallseawaynews.com

March Break Chess Camp

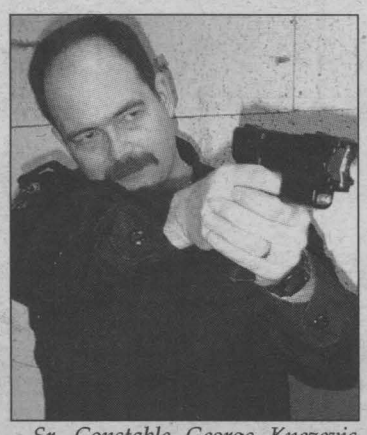


Over 20 kids participated in the seventh annual Chess Camp held by Au Diapason Inc. at the Nativity Hall in Cornwall during the March Break. Left to right: Taylan Yu, 10; Ayman Shahein, 12; Chess Coach, Curtis Peterson, 17; Mikey James, 13; Tommy James, 18 and Amir Shahein, 11. Raymond Lacroix, one of the organizers, said "Au Diapason Inc. is in the 16th year of organizing chess tournaments at schools and chess activities for kids in general."

There will be a chess tournament held at area schools Monday to Friday, March 29th to April 2nd, 2004 with over 650 participants. A summer Chess Camp is scheduled for the weeks of July 5th, 12th and 19th, 2004. Children ages six to 18 are welcome.

Photo by Jennifer Barrie

Zapping The Suspect



Sr. Constable George Knezevic demonstrates the new Advanced Taser gun. Cornwall Community Police Service now have two of them which will be used to help bring suspects under control, for their safety and for the safety of police officers. Photo by John Divinski

"We have evolved." With that statement, Deputy Police Chief Dan Aikman announced the Cornwall Community Police Service has taken delivery of two Advanced Taser M26s at a cost of just over $700 each, as part of a continuing commitment to protect the residents of our community. "We are continually looking to utilize the latest technology in order to increase the safety of both the general public and our officers. When we are faced with people who are either enraged, combative or are emotionally disturbed, the Advanced Taser will provide an effective less lethal tool that we can give our officers in order to reduce the possibility of injury to the officer and the suspect," said Aikman. The two tasers are in the hands of the Cornwall Emergency Response Team (CERT), and according to Senior Constable George Knezevic, the tasers have been used on several occasions already, including a recent street fight between two groups of people in a parking lot off Montreal Road.

The taser renders a suspect helpless by creating an "electro-muscular disruption," which allows officers to move in and subdue the subject. At the same time, the effect is temporary and harmless overall and does not affect those nearby. For instance, pepper spray, used by police, certainly subdued suspects, but it also affected police officers who were in the vicinity of the residual spray.

The Advanced Taser is shaped like a handgun and operates on eight "AA" batteries. It generates 50,000 volts and 26 watts of electricity (0.162 Amps). It sounds lethal, but police point out that it's the amperes that are deadly and the amps of taser are minimal. The taser is designed merely to disorient a suspect, not to harm him or her.

Kinsmen Minor Girls Recreational Softball Association
REGISTRATION
Now is the Time to Register
Call Mark McDougall
932-7051
Leave message
If you are between the ages of six and sixteen, interested in participating in a relaxed, fun summertime sports activity while making new friends, then we have the sport for you
KINSMEN GIRLS SOFTBALL
No Experience Necessary
Enthusiasm An Asset
Registrations Accepted in the Order Received
Kinsmen Minor Girls Recreational Softball Assoc.
"Where Girls Just Want To Have Fun"
MAR19041

TARKETT LAMINATES
$1.89 sq. ft.
includes foam
20 Yr. Warranty
Styrotile Sales
400 2nd St. W. 932-8545
Hours: Mon.-Fri.: 9:00am-5:30pm Sat: 9am-3pm
MAR19042

INTEL PENTIUM IV
• Intel Pentium IV 2.8 GHz CPU and Intel Fan
• Genuine Intel 865 GLC Motherboard - 800 FSB
• 512 MB DDR RAM
• 120 Gigabyte Hard Drive
• Intel Extreme 3D Video
• 52x32x52 CDRW Drive
• 16 Bit Sound
• Speakers & Subwoofer
• 10/100 LAN Controller
• ATX Case w/300 Watt P.S.
• 17" SVGA Monitor
• Microsoft Multimedia Keyboard
• Microsoft Optical Mouse
• Microsoft Windows XP Home Ed w/CD-ROM
• 3 Year Parts/5 Year Labour Warranty
$1369
Waiting For Your Income Tax Refund?
Take it home for $51.16 per month OR Don't Pay 'til June 2004* OAC
See dealer for details
Computer Sense Inc.
7 South Branch Rd., Cornwall
Tel.: 938-0878 Fax: 938-9287
www.computersense.on.ca
MAR19042

CHECK OUT ALL OF OUR SPECIALS
0% FINANCING ON MOST 2004 MODELS
ONLY 2 2003s LEFT
MAKE AN OFFER!
03 F250 CREWCAB 4x4
03 EXPLORER SPORT
Ontario's Drive Clean
The only authorized Ford dealer offering DRIVE CLEAN in the Seaway Valley
From oil changes to major overhauls & everything in between... Have your Ford vehicle looked after by the Ford experts. We also service all other makes & models.
S.G. WELLS & SONS LTD.
Ford
Highway 2, Ingleside 537-2287
MAR19042

FRESH PRODUCE

Product of Peru
Asparagus $1.49 lb. $3.28/kg

Product of Costa Rica
Honeydew Melons $1.49 ea.

Fresh Baked
Parisienne Bread $1.99 ea.

In the Deli!
Kolbossa Ham, Coil or Loaf $4.99 lb. $1.10/100g

FARM BOY

*Announcing our Beef & BBQ Bonanza Contest! Visit **www.farmboy.ca** and subscribe to **"From The Pantry"** for your chance to win a barbecue and $500 in beef! Already a subscriber? Forward "From The Pantry" to a friend and get an extra entry! Enter today!*

www.farmboy.ca
814 Sydney St., Cornwall 938-8566

MEAT SHOP

Boneless Skinless
Chicken Breast $3.88 lb. $8.55/kg

Northridge Farms AAA Beef
Outside Round Roast $2.99 lb. $6.59/kg

Claudel
Brie Cheese $7.99 lb. $1.76/100g

Ready to Eat Fruit with Dip!
Fruit Dipper Large $6.49 ea.

Specials in effect from Saturday, Mar. 20th to Friday, Mar. 26th. We reserve the right to limit quantities. While supplies last.

LOCAL

Secret LEATHER Sale!

Saturday
2 Hours Only!
7am-9am
NO GST
On Furniture & Mattresses
An amount equal to the GST will be deducted at the time of purchase

Also Available in

Ivory Leather Sofa
Sleek design with padded arms and shaped front.

599.97

Loveseat $579.97
Chair $549.97

The BRICK®

50 Best Managed Companies



1525 Pitt Street • 932-2751
www.thebrick.com

MAR19042

Registration Opens For Encore Seniors' Education Centre

Registration is now underway for the "Spring Mini Term" at Encore Seniors' Education Centre, both in Cornwall and Alexandria. The diversified four-week program includes a broad range of recreational study groups and workshops.

Among the returning leaders at the St. Lawrence College campus are Ross Conners, billiards; J.P. Laperle, golf; Oz Muma, sketching; Bev Leroux, yoga; Carmen Romo, conversational Spanish; and Dr. Scott Savage, the Encore Chorus. These are all four-week study groups. Joddy Campbell plans a longer class for beginner's bridge.

Workshop leaders include David Smith, guitar; Homer Grant, how to gamble at the casino; Diane Lunan, spring gardening; Suzanne Blackburn, her experiences as the wife of a federal M.P.; Bruce Doran, bugs and diseases such as the West Nile virus and Lyme disease; Dr. Norbert Ferre, boating safety; Toyoko Marshall, Ikebana; Dr. Scott Savage, opera; and Rev. Gary Stokes, Third Testament, significance of apocryphal Christian writings.

Robin Axten will lead two computer workshops: 1) files and folders review; and 2) e-mail basics. His assistants are Jean-Louis Rochette and Jack Seguin. Webmaster Doug Hill offers a hands-on session dealing with Encore's online forums and live chat. His assistant is Anne Collins.

In Alexandria, Hertha Fellner von Feldegg will lead a five-week session on antiquars and grave robbers. Shorter workshops will include Myles Gallant, garden ponds; Dane Lanken, local history; Lorna Foreman, cooking for "wheat watchers;" Bert van Barneveld, whirligigs; and Thelma Woosey, container planting. A representative from the Friends of Glengarry Trails Association will lead a nature walk.

To learn more about cystic fibrosis, put one of these in your mouth and breathe.

Now that you know more about **cystic fibrosis,** won't you please help?

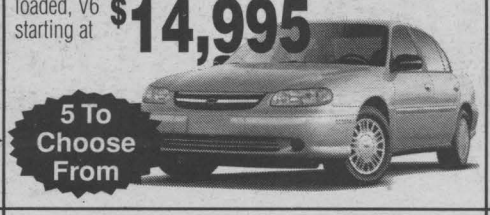
Canadian Cystic Fibrosis Foundation
1-800-378-CCFF
www.cysticfibrosis.ca

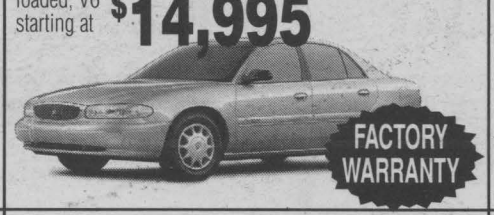
UNBELIEVABLE DEALS
From Your Used Car Superstore

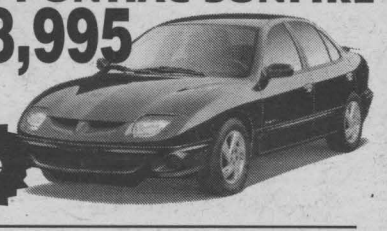
LARGEST SELECTION OF USED CARS IN SD&G

2003 MONTANA extended, full load starting at $20,995

5 yr. 100,000 km Powertrain Warranty

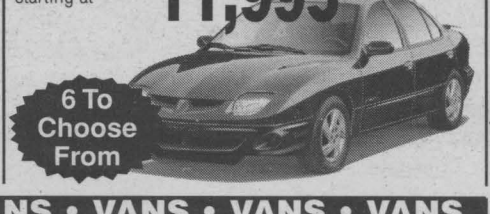
2003 CHEV. MALIBU loaded, V6 starting at $14,995

5 To Choose From

2003 BUICK CENTURY loaded, V6 starting at $14,995

FACTORY WARRANTY

2002 PONTIAC SUNFIRE 4 dr. starting at $8,995

8 To Choose From

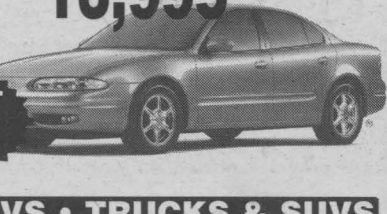
2003 CHEV. IMPALA 4 dr., loaded, V6 starting at $16,995

3 Models In Stock

2003 PONTIAC SUNFIRE 4 dr., auto, air starting at $11,995

6 To Choose From

2003 BUICK RENDEZVOUS loaded, 7 pass. starting at $23,995

FULLY EQUIPPED

2002 OLDS ALERO 4 dr., loaded, V6 starting at $13,995

LAST ONE!

VANS • VANS • VANS • VANS • VANS • VANS • VANS

03 Pontiac Montana, extended, loaded, ... starting at **$20,995**

02 Pontiac Montana, loaded, V6, warranty **$19,995**

02 Pontiac Montana, white, GM warranty **$18,995**

01 Chevrolet Venture, low kms, super clean **$13,995**

TRUCKS & SUVS • TRUCKS & SUVS • TRUCKS & SUVS

02 Cadillac Escalade, leather, AWD, 7 passenger, loaded, ... **$58,995**

01 GMC Sierra Ext. Cab, 5.3L, perfect for towing, ... **$20,995**

00 Cadillac Escalade, white, loaded, leather, ... **$28,995**

99 GMC Sierra Ext. Cab, step side, 4x4, loaded, sport red, ... **$23,995**

95 GMC Sierra Ext. Cab, auto, air, ... **$12,995**

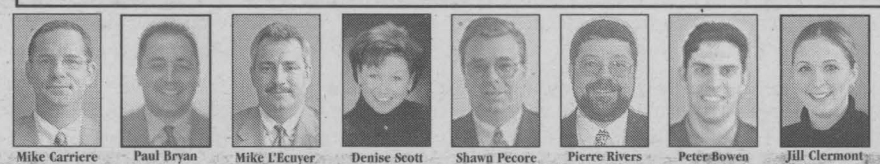
*All prices are plus taxes and Admin. Most models are ex-daily rentals

MAR19042

GM Brookshell PONTIAC BUICK GMC

Where Everybody Gets a Great Deal!

Corner of Brookdale & 13th Ave. 932-1724 • 1-877-716-0479


Mike Carriere, Sales Manager; Paul Bryan, Used Car Sales Manager; Mike L'Ecuyer, Leasing & Sales Consultant; Denise Scott, Leasing & Sales Consultant; Shawn Pecore, Leasing & Sales Consultant; Pierre Rivers, Leasing & Sales Consultant; Peter Bowen, Leasing & Sales Consultant; Jill Clermont, Leasing & Sales Consultant

ONTARIO'S DRIVE CLEAN Repair facility

Monday to Thursday 9am - 8 pm; Friday: 9am - 6pm; Saturday: 9am - 3pm www.brookshell.gmcanada.com

LOCAL

Marketing And Advertising Seminar

The Cornwall Business Enterprise Centre, a facility jointly funded by the City of Cornwall's Economic Development Department and the Ontario Ministry of Economic Development and Trade, along with the Business and Industry Training Services at St. Lawrence College are presenting a seminar for prospective entrepreneurs called "Marketing and Advertising."

This presentation features information and advice from Mark Kulick, a Business Consultant with the Cornwall Business Enterprise Centre, Rob Lalonde of Persuasive Design Inc., and Bob Peters of Webtech. The seminar provides pertinent data for anyone interested in learning about marketing and advertising for a business.

The seminar is scheduled for Thursday, March 25th, 2004 from 6:30 p.m. to 9:30 p.m. at St. Lawrence College, Moulinette Hall, Room 264. Registration takes place from 6 p.m. to 6:30 p.m.with a fee being charged to offset the costs of the facility, literature and refreshments.

To pre-register, call the Business and Industry Training Services at (613) 933-4693, extension 2178.

Ice Booms To Be Removed

Ontario Power Generation wishes to advise hunters, anglers and recreational boaters on the St. Lawrence River that ice booms will be removed from narrow stretches of the river between Iroquois and Prescott, between Wednesday, March 17th and Tuesday, March 30th, 2004.

These booms, which were placed in the river off Galop Island, in the North Channel at Iroquois, off Johnstown and near Prescott last November, are chain-and-wood devices used to prevent the build-up of ice during the winter. They ensured an even freeze on the river, helping to improve power generation during the winter months.

All users of the river should take extra care in the narrow reaches where the work is being undertaken to remove the booms.

Ice booms are placed in the same narrow reaches of the St. Lawrence River each November and removed in the spring when the ice has melted, before the St. Lawrence Seaway shipping season commences.

Ontario Power Generation would like to remind boaters to take every precaution around its dams and generating stations, and to practice safety on Ontario's waterways.

WOW MARCH MADNESS SALE



SONY 42" LCD Projection TV Now $3299.99 reg. $3999.99

STAR CHOICE™ $99 With FREE Installation

CELL PHONE $0

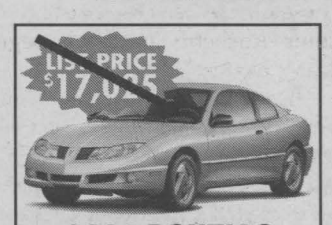


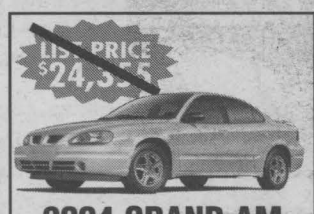
Bill MITCHELL TV Audio

STEREO plus ELECTRONICS

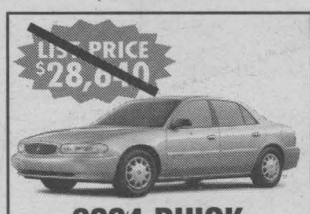
1410 Pitt St. N. MAR19044 938-0485

MARCH MADNESS 0% Financing up to 48 mo. AND LEASE FOR AS LOW AS 5%

2004 PONTIAC SUNFIRE COUPE SL

LIST PRICE $17,025
• 5 YEAR/100,000 KM POWERTRAIN WARRANTY
• 5 Speed Getrag Manual Transmission • Air Bags • Spoiler • Rear Folding Split Seat • PASSLock Theft Deterrent System
SMARTLEASE per month /48 months
$154* $0 security deposit
or
CASH PURCHASE PRICE
$10,998‡

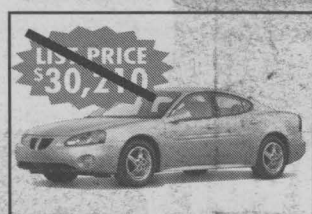
2004 GRAND AM SEDAN

LIST PRICE $24,355
• 2.4 litre twin cam 150 HP engine • 4 speed auto. trans. • Power door locks • CD • 4 wheel independent suspension • air conditioning • rear folding split seat
SMARTLEASE per month /48 months
$198* $0 security deposit
or
CASH PURCHASE PRICE
$18,998‡


LIST PRICE $30,595
★★★★★ FIVE STAR SAFETY RATING. Pontiac Montana has a 5-Star rating for the frontal occupants in the side-impact test
ENERGUIDE The most fuel efficient van in its class
2004 PONTIAC MONTANA
•3.4 litre V6 185 HP engine • 4 speed automatic transmission • 5 yr/100,000 km powertrain warranty • air conditioning • CD stereo • power door locks/ mirrors/ windows • tilt wheel • ABS brakes
SMARTLEASE per month /48 months
$198* $0 security deposit
or
CASH PURCHASE PRICE
$24,798‡

2004 BUICK CENTURY

LIST PRICE $28,640
• 3.1 litre V6 175 HP engine • 4 speed auto. trans. • 6 passenger seating with quiet interior • 6 way power driver's seat • AM/FM stereo cassette and CD • keyless entry • ABS brakes & more
SMARTLEASE per month /48 months
$228*
or
CASH PURCHASE PRICE
$22,998‡

2004 SIERRA REG. CAB PICK-UP

LIST PRICE $27,270
• Automatic • 4 wheel ABS brakes • Locking differential • much more
SMARTLEASE per month /48 months
$285*
or
CASH PURCHASE PRICE
$23,170‡

2004 PONTIAC GRAND PRIX

LIST PRICE $30,210
•loaded with 3.8L V6 • wide track • 16" aluminum wheels • power driver's seat • and more
SMARTLEASE per month /48 months
$298*
or
CASH PURCHASE PRICE
$24,998‡

*48 month lease at 20,000 kms per year, downpayment or trade $1,780 for Sunfire, $2,165 for Grand Am, $4,670 or Century, $2,420 for Grand Prix, $4,240 for Montana, $2,150 for Sierra. Freight, taxes and registration fee are extra. $0.12 per excess kilometer. ‡Cash purchase price in lieu of reduced financing rates. Freight, taxes and registration fee not included.

MAR19042

GM Brookshell PONTIAC BUICK GMC

Where Everybody Gets a Great Deal!

Corner of Brookdale & 13th Ave. 932-1724 • 1-877-716-0479


Mike Carriere, Sales Manager; Paul Bryan, Used Car Sales Manager; Mike L'Ecuyer, Leasing & Sales Consultant; Denise Scott, Leasing & Sales Consultant; Shawn Pecore, Leasing & Sales Consultant; Pierre Rivers, Leasing & Sales Consultant; Peter Bowen, Leasing & Sales Consultant; Jill Clermont, Leasing & Sales Consultant

ONTARIO'S DRIVE CLEAN Repair facility

Monday to Thursday 9am - 8 pm; Friday: 9am - 6pm; Saturday: 9am - 3pm www.brookshell.gmcanada.com

Multi-Grain Bread 450g 99¢ PER LOAF 2 per customer

Buns Master Bakery®
900 Pitt Street, Cornwall 938-6341
Fresh Baked On The Premises Daily
Specials expire March 25th, 2004
MAR19043

Apple Pie $2.49 2 per customer

LOCAL

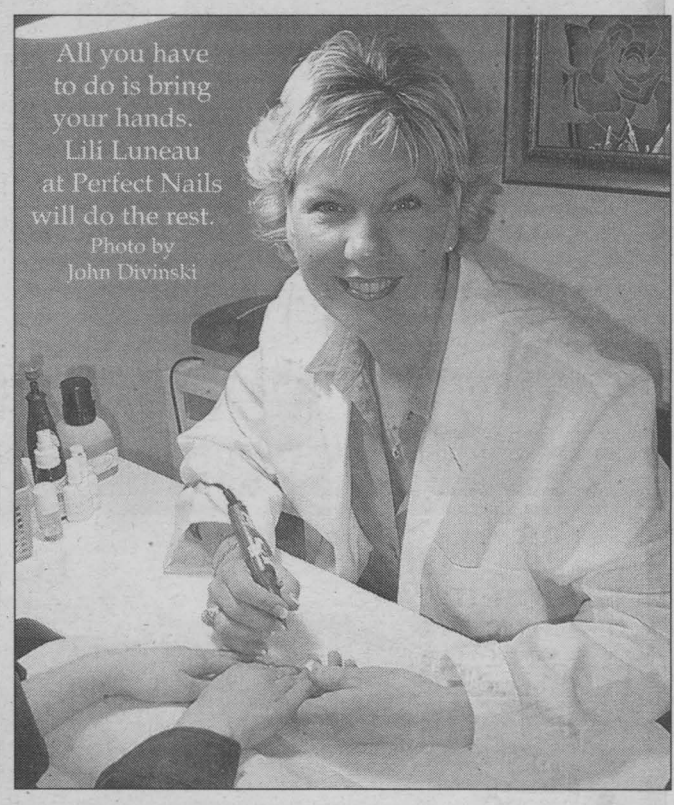
Perfect Nails, A Hands-On Experience

Lili Cossette Luneau knows hands and she knows nails, and she believes Cornwall and area customers deserve the best. With 10 years of experience in hand and nail care, Lili, owner of Perfect Nails at the Cuts N' More Salon at 720 14th Street West, is a newcomer to Cornwall, having come from Montréal. "Using your hands is a universal way to communicate and as a result, they are constantly on display in all sorts of situations. I believe that's a main reason to be perfect, right to the tips of your fingers," says Luneau. "Whether it's for your work or just to have a nice appearance, nothing is more beautiful than having nice hands and nails." She says Perfect Nails will provide that for you in a sterile and clean environment. As a matter of fact, Lili is quite fussy about the cleanliness. She says, "There is no danger of infections because everything is sterilized before and after nail installations."

Perfect Nails is located in a nice private area of Cuts N' More and there you can order a hand massage, a manicure or permanent nails installation. Lili points out that "after the new nails are extended with resin tips, you'll be free of care for almost three-weeks!" In our hustle-bustle world of today, it's good to hear that we can look so good with so little maintenance. Nail installations are done without pain and very gently, utilizing a French technique that Lili has learned from the Beauty and Health Academia of Montréal, where she graduated in 1994. If you're not happy with the way your hands look, then the timing is perfect to head to Perfect Nails where there is a spring special for new installations. It's only $32 for French Tips or $45 for long extensions.

If you're thinking of making some changes with the way your hands and fingers look, then don't make a move until you've talked to Lili Luneau at Perfect Nails. She is more than willing to find out what your needs are and then develop a plan to bring those hands of yours back into the world where they can be admired. Not only will she perform magic on your hands, she has no problem teaching you a "few tricks" that you can use to maintain that new look at your fingertips.

Lili Luneau's Perfect Nails at the Cuts N' More Salon, 720 14th Street West, is open 9 a.m. to 5 p.m., Mondays and Tuesdays; 9 a.m. to 8 p.m., Wednesdays and Thursdays; 9 a.m. to 6 p.m. on Friday and 9 a.m. to Noon on Saturday. Call Lili at (613) 936-0664 for an appointment. The way to perfect hands and nails is waiting for you at Perfect Nails.



Clean, safe drinking water is up to you.

If you serve your community, you have a responsibility to serve your community clean drinking water.

Everyone has a stake in clean drinking water. Our families and friends; our clients and customers. Under Ontario's new *Drinking Water Systems Regulation*, owners of drinking water systems now must comply with strict water quality and operating standards.

If you own or operate a business or service facility of any kind that serves the public and relies on its own source of water, then you are affected by the regulation.

Mobile home parks, campgrounds, small hotels, gas stations and places of worship are some of the establishments subject to the regulation. So are children's camps, schools, hospitals and any social care facility. In short, any place where the general public has access to a drinking water system, such as a washroom, drinking water fountain or shower.

You are also subject to the new regulation if you own or operate a system that supplies drinking water for a seasonal or permanent community of six or more residences.

We all share the same water resource. Small drinking water systems now join municipalities, industries and the agricultural community in doing their part to protect the quality of Ontario's drinking water.

Find out what you need to do as a responsible provider of clean, safe drinking water.

Call 1-800-565-4923

Ontario



Fun Event For The Whole Family

The Maxville Recreation Committee is proud to announce a fun event for the whole family, whether hockey fans or not. On Saturday, March 20th, 2004, the Ottawa Senators' Alumni will be playing the NGS Braves at the Maxville Sports Complex.

Come on out and watch the NHL stars of yesteryear take on the future stars from our local minor hockey association, the NGS Braves.

All proceeds from this event will go towards Maxville's new Outdoor Recreation Facility.

Women Entrepreneurs Dinner Meeting

The next dinner meeting of the Women Entrepreneurs of Cornwall and Area will be held on Thursday, March 25th, 2004 at the Ramada Inn from 6 p.m. to 9 p.m. The guest Speaker for the evening will be Mr. Ronald McClelland, Barrister and Solicitor, who will speak on The Personal Information Protection and Electronic Documents Act. For information call (613) 932-1175.

Did You Know?

If you are a resident of the Township of South Stormont, YOU have your very own Historical Society dedicated to two special projects.

1. The preservation of a building of important historical significance. Now known as The Raisin River Heritage Centre in St. Andrews West, this 1906 former day and boarding school, had been scheduled for destruction 26 years ago. Concerned people formed **CORNWALL TOWNSHIP HISTORICAL SOCIETY** to protect and preserve this unique structure, successfully having it designated as a Heritage Building.

2. Extensive reparation and renovation has been done. The entire third floor is a museum. Donated artifacts and displays depict life of the early settlers, their home and farm implements, clothing and school, including 200 miniature wood carvings of buggies, carriages, farm machinery, toys and a cheese factory. One room contains historical photographs.

This important project is now in jeopardy. Many of the founders and members are no longer able to participate in activities like hosting tours (including Apples & Art), greeting visitors, helping with repairs, upkeep, etc. We are being totally honest here. We desperately need renewed interest and volunteer help. It is essential that we preserve the physical history of those who settled this young country while still available to us. **PLEASE HELP.** We are friendly, have great speakers, fun, treats, 6 meetings and 2 pot-lucks a year. We are interdenominational, interracial and inter-everything-else including age.

Phone 534-2463 Dale or 932-2546 Theresa.

See Community Calendar this week.

Seaway Profile

Advertorial



President's Triple Crown

Cornwall Motor Sales Is A Winner

Cornwall Motor Sales has done what only 99 other General Motors dealerships across Canada were able to do! Their outstanding performance in 2003 earned them the "President's Triple Crown status." GM President Michael A. Grimaldi, in a letter to the Cornwall Motor Sales team recently said, "You are at the forefront of excellence amongst dealerships across the country. The road to success requires enthusiastic leadership, a winning plan and strong teamwork. Each member of your staff has made a vital contribution to the overall success of your dealership and has helped you attain this achievement."

The awards don't come easy. As mentioned, only 100 GM dealerships out of 750 across the country are recognized for the President's Triple Crown status. Every month, points are awarded for high volume of new vehicle sales, but more importantly, points are awarded based on customer feedback. Bonus points are awarded if your customer service, in all categories of sales and service, exceed the average and you must exceed on a monthly basis over the course of a year. All GM dealerships take part, and Cornwall Motor Sales at 2695 Brookdale Avenue North, was named the top dealer in Eastern Ontario.

We at Cornwall Motor Sales are thrilled with the special honour, and are very proud to be part of this exclusive group of dealers. We are winners thanks to the dedication of our employees and to the recognition from our loyal customers. Together they made this special award, possible.

Cornwall Motor Sales provides the customer with the best in sales and service for over 90 years in Cornwall. Chevrolet, Cadillac, Oldsmobile – names that mean trust and dependability for the motoring public, have always been the stock and trade of Cornwall Motor Sales. But there is more to a dealership than just names of products. There is the integrity of its employees both in the showroom and in the service area. It's the amenities that a dealership provides such as comfortable waiting rooms and shuttle services for those that need a ride. It's giving the customer the information they need to make an informed choice about their next vehicle and then following that up with support and service through the years of trouble-free motoring. Cornwall Motor Sales has prided itself on those attributes and they have been recognized by GM Canada with the coveted President's Triple Crown status in 2003. Congratulations to the team at Cornwall Motor Sales who know what they have to offer you. Now, you might want to go with a winner, too. Visit Cornwall Motor Sales at Brookdale Avenue and Highway 401 in Cornwall and see what a winner is all about. Don't forget to pass along your congratulations too, for a job well done!

Optimum USED VEHICLES
CORNWALL MOTOR SALES

Optimum Used Vehicles by GM

What Is Optimum?

- Something new in used vehicles
- Program designed by GM to reduce the risk when buying used
- Select group of GM used car dealers

What Does It Mean To You?

- Your vehicle has received a painstaking 150 point inspection
- It's covered by manufacturer's warranty with minimum 3 months or 5,000 km warranty
- 24 Hour Roadside Assistance
- If it's not the right vehicle for you, change it within 30 days or 2,500 kms
- We spend more on your vehicle before you buy it, so you won't have to after

03 CADILLAC DEVILLE — white, loaded, only 22,000 kms, Stk#P3115 — $41,950*

02 CHEV. MALIBU — loaded, 40,000 kms, Stk#P3017 — $13,950*

02 SEVILLE — only 23,000 kms, Stk#3237A — $39,950*

01 OLDS INTRIGUE GL — loaded, 58,000 kms, Stk#4212A — $14,950*

00 CADILLAC DTS — night vision, fully loaded, Stk#P4013 — $32,950*

00 CHEV. CAVALIER — auto, air, CD, 15,000 kms, Stk#4113A — only 15,000kms*

03 ESCALADE ESV — GM exec., fully loaded, Stk#P4019 — $72,950*

03 VENTURE EXT. — fully loaded, 7 pass., Stk#P4018 — $20,450*

03 MONTANA EXT. — loaded, 7 pass, Stk#P4011 — $21,650*

03 ESCALADE EXT. — SOLD — $54,950*

02 RENDEZ VOUS CX — all wheel drive, loaded, Stk#P3085 — $23,950*

01 SILVERADO EXT. CAB — 8 cyl., auto, air, tilt, cruise, CD, 79,000 kms, Stk#P3123 — $19,950*

03 BUICK CENTURY — loaded, Stk#P4017 — $18,950*

03 CHEV. IMPALA — loaded, 23,000 kms, Stk#P4014 — $19,950*

03 PONT. GRAND AM — loaded, 26,000 kms, Stk#P4007 — $15,950*

03 OLDS ALERO GL — loaded, Stk#P4005 — $15,950*

01 CHEV. MALIBU — V6, loaded, 39,000 kms, Stk#3454A — $12,950*

02 CHEV. MALIBU — V6, loaded, Stk#P3018 — $12,950*

01 CHEV. CAVALIER — auto, air, CD, 50,000 kms, Stk#4245A — $10,950*

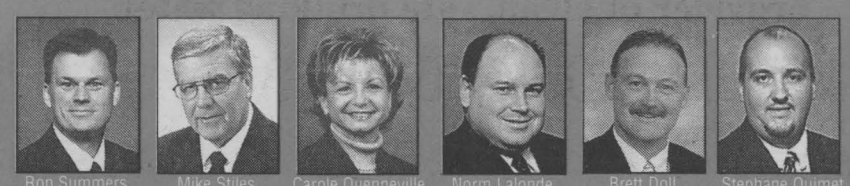
00 PARK AVENUE — loaded, 76,000 kms, Stk#P3071 — $17,950*

PRESIDENTS TRIPLE CROWN

CORNWALL MOTOR SALES

GMS The name people have trusted for over 90 years.

All used vehicle prices are plus taxes, licence and administration.



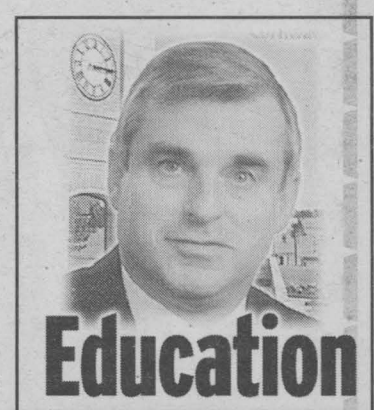
Ron Summers | Mike Stiles | Carole Quenneville | Norm Lalonde | Brett Doll | Stephane Ouimet

Experience The Difference, The "Optimum" Difference

Brookdale Ave. & Hwy. 401, Cornwall • (613) 933-3000

LOCAL

Volunteering - The Right Track



Just about this time last year, numerous students were commenting in local newspapers that completing their 40 hours of volunteer work was stressing them out. Comments suggested that it was real tough to find opportunities to work as a volunteer and that when and if you did find an opportunity, the work was mostly menial, boring or emotionally draining, as I recall.

The Eastern Ontario Training Board partnered with numerous community sponsors soon after this whining and approximately 75 students received an opportunity to spend their 40 hours of volunteer work as members of the Balloon Festival Team, working as part of balloon crews, ground crews, security helpers, information providers and other such jobs. Maybe the most interesting part was the opportunity to meet April Wine and ABBA-Gold groups.

The students involved in the experience offered very positive comments about their experience. That having been said, I'm sure that some of them were not really that impressed, but at the same time, they did get an opportunity to complete their hours doing something that had the potential to be fun while gaining experience and most likely feeling good about themselves.

Some of the important things to remember when looking at volunteering is the fact that interning and flat-out working for free are good ways to get your foot in the door or simply trying to pick up some new skills.

"Volunteer work tends to be one of the more visible ways to network because it gives you an opportunity to develop and demonstrate skills," said Katharine Hansen in her book A Foot in the Door. "The experience you list on your résumé does not have to be paid experience."

The easiest way to find work-for-free opportunities is, of course, with non-profit groups. Leading an environment exploration crew, helping illiterate people learn to read or working with a host of other community organizations can provide or hone the skills you'll need in your next job.

A range of opportunities -- both internships and volunteer jobs – with non-profits can be found by contacting the Eastern Ontario Training Board at (613) 932-0210 or e-mail to denist@eotb-cfeo.on.ca. You can also find organizations through your school board, city hall, community care access centre and many others.

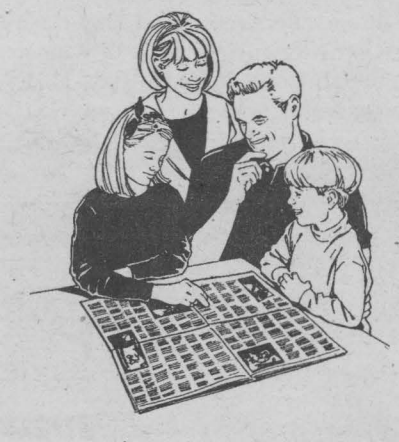
But what if you're more interested in a paycheck than in community service? Working for free might still be an option. Try out the idea with smaller organizations. Larger ones probably have too much bureaucracy to make the plan work.

Make sure you "wow" your boss. Whether you end up with a job at the place you're volunteering, or just come away with a fistful of references, you want to make sure you leave a good impression.

By the way, I have checked around with numerous agencies to find out how many requests they have been receiving from students who want to offer their services. Guess what? Only one stated that they have had a request. One fact is certain, since the inception of the volunteer hours requirement, this Training Board has yet to receive one offer of volunteerism by a student.

For those of you who have done your 40 hours or have placements, I commend you for your actions, and on behalf of those that you have helped directly or indirectly, we take this opportunity to thank you and wish you well as you take your next step towards the world of work and hopefully a very fulfilling career.

WILL YOU OPEN YOUR HOME TO FOSTER OR ADOPT?



We need you to help us meet our goal

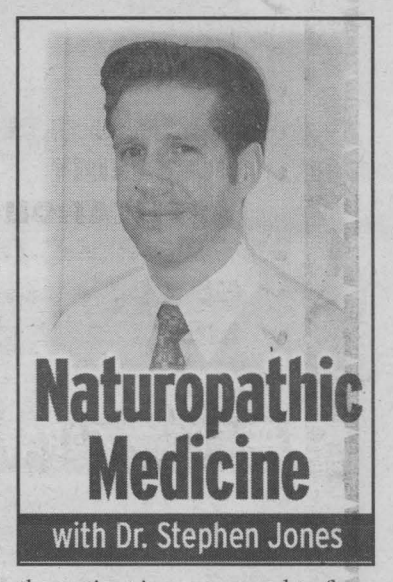
FOR EVERY CHILD... A FAMILY

Next information night
March 22nd - 7 pm &
April 19th - 7 pm
Call to register

The Children's Aid Society
La Société de l'aide à l'enfance
of the United Counties of / des comtés unis de
Stormont, Dundas & Glengarry 932-3986
www.fosteradoptwinningkids.com

MAR19042

Vitamins: The 'Natural' Doc Says "Buyer Beware?"



You did not read the headline wrong – as a health care provider specifically trained and licensed in the use of natural medicines, I feel a responsibility to frequently warn patients and those in the general public about the need to ask questions about the natural health products they are using and those they are buying these from in the first place. Allow me to explain why.

In a recent Statistic Canada survey, it was reported that some 54 percent of Canadians use 'natural' health products.

The problem, however, is that less than 10 percent of those surveyed reported that they actually sought the advice of a health care provider trained and specifically licensed in the use of these medicines. Natural products are often purchased on the 'advice' of a friend, an article in a magazine, a sales person or a health care provider whose training is not exclusively in natural medicines. Medical doctors, nurses and even chiropractors do not study these medicines in detail or write governmental examinations in their use.

The result is that patients may purchase natural medicines that they do not need, or worse yet, that could interact with their existing medications. As significant a concern to myself, is that patients may purchase what they are told are good quality products that, in fact, are of low quality. The reason for this concern is that the current legislative environment still allows for questionable products to be sold and marketed with unproven claims.

In late 2003, Health Canada released long overdue policy guidelines regarding natural medicines. These guidelines will direct how products are to be manufactured, how they will be tested, what claims can be made on the labels and what ingredients (beside the natural medicine) actually exist in the products. This last one is critical, as many popular brand names have been shown to have numerous non-medicinal "binders and fillers" which impair the usefulness of the medicine. These are similar to adding sawdust to a cake mix, and have been shown to be a potential problem with many products currently sold in Canada. They can actually trigger reactions in sensitive people and prevent the medicine from working. The unfortunate point here, is that the new Health Canada policy guidelines will be introduced over six years, allowing for some of the problems mentioned above to continue in the near future.

Perhaps the most disturbing trend witnessed of late, however, is the sale of basic vitamins of low quality sold through the offices of health care providers. While it is true that licensed practitioners are able to provide their patients with 'neutraceuticals' (natural medicines that serve to replace common drugs) which are not available at regular pharmacies or health food stores, one must be clear on how these are different from the products that could be bought at a store. A 'neutraceutical' is a specially formulated medicine that is only available through a licensed health care provider due to their formulation. On occasion, these can actually be simple vitamins. When this is the case, however, they are of a form or dosage superior to over-the-counter brands and are intended for specific patients (such as those very sensitive to the 'binders' in common, over-the-counter vitamins).

What has been witnessed of late are basic daily vitamins that are no better in quality than those at the local store being sold for prices in the range of $60 (for a month supply) when the same can be bought for $25 at a store. Perhaps more troubling is when the patient is encouraged to 'buy into' the sale of these products by their health care provider. Participation in 'multi-level' (a.k.a. 'pyramid') plans are not allowed by licensed health care providers and is something the health care provider could lose their license over.

So, ask yourself why you are using a natural health product, who told you to use it, what training they have in the use of the medicine, why a particular brand is recommended, what this brand has that others do not and what interactions this medicine will or could have on other drugs you are using (or if the person recommending it has been trained to know of interactions).

Future articles will explore this topic in more detail to assist the reader in learning what to look for on labels and what traps to avoid when buying a natural medicine. You deserve to be given the information about natural medicines to make the right choice for your personal health. Good luck in that pursuit and in optimal health.

If you have questions about this column or want to see future columns on a specific topic, please call or write the Seaway News or e-mail Dr. Jones at dr.jones@millenniumhealthcentre.com.



Turn on the jets of your new Beachcomber Hot Tub, and your backyard will become your instant vacation spot. And now with hundreds of dollars in Factory Promotion Savings, you can afford to relax. There's never been a better time to restore your sanity in a Beachcomber Hot Tub.

COME SEE OUR MANY NEW HOT TUB STYLES AND SPECIALS FOR SPRING

Brookdale 9th Cumberland 7th
ROY'S POOLS & HOT TUBS
410 Seventh St. W., Cornwall
933-0411

BEACHCOMBER HOT TUBS

Hours: Mon.-Fri. 8-5; Sat. 8-1; Sun. Closed
www.beachcomberhottubs.com
MAR19042

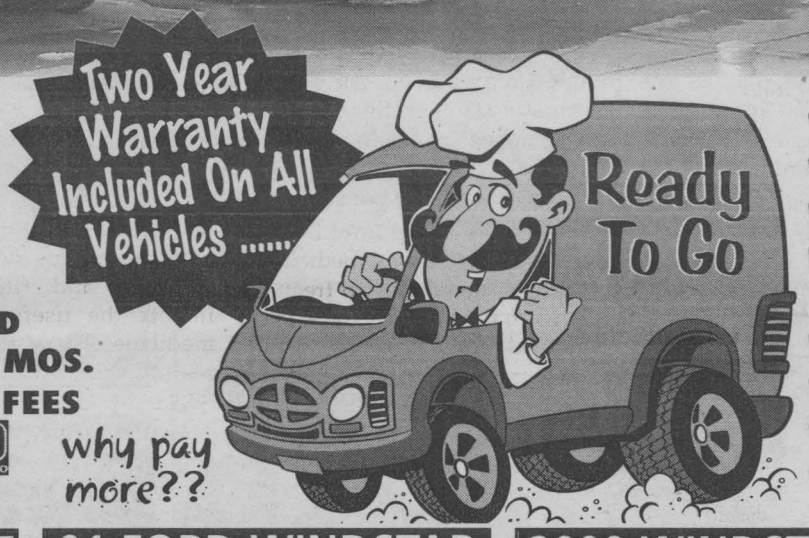
HOT TUBS | GAS GRILLS | GARDEN FURNITURE & ACCESSORIES | POOL SUPPLIES

VAN & TRUCK SALE



- ✔ NO HIDDEN FEES
- ✔ NO HASSLE
- ✔ NO FINE PRINT
- ✔ NO PRESSURE
- ✔ NO CREDIT APPLICATION REFUSED
- ✔ NO PAYMENTS FOR 6 MOS.
- ✔ NO ADMINISTRATION FEES
- ✔ MEMBER OF UCDA ASSOCIATION OF ONTARIO

why pay more??



- ✔ TWO YEAR WARRANTY INCLUDED
- ✔ CLEAN AIR CERTIFICATES
- ✔ LOW MILEAGE
- ✔ 120 PT. SAFETY INSPECTION GUARANTEE
- ✔ FRESH INVENTORY
- ✔ RELIABILITY
- ✔ ALL PRICES CLEARLY MARKED
- ✔ LOW PRICES

99 GRAND CARAVAN SPORT



TWO YEAR WARRANTY

one owner, loaded, p.w., p.l., tilt, cruise, 16" alloy wheels, power seats & quad seating, 129,000 kms

Only **$9,995**

01 FORD WINDSTAR



TWO YEAR WARRANTY

one owner, loaded from door to door, p.w., p.l., tilt, cruise, air, 118,000 kms

Only **$9,995**

2000 WINDSTAR SEL



TWO YEAR WARRANTY

one owner, loaded, p.w., p.l, tilt, cruise, CD, quad seating, dual air & heat, keyless entry, 79,000 kms

Only **$12,995**

02 CHEV VENTURE



TWO YEAR WARRANTY

one owner, loaded, 4 dr, auto, air, tilt, cruise, p.w., pdl., CD player, keyless entry

Only **$10,995**

99 CARAVAN

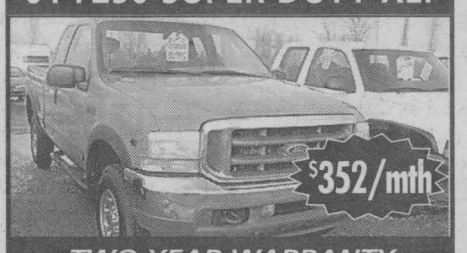


TWO YEAR WARRANTY

1 owner, loaded, 4 dr., pw, pdl, tilt, cruise, air, AM/FM cass., 2 to choose from

Your Choice **$7,995**

01 F250 SUPER DUTY XLT

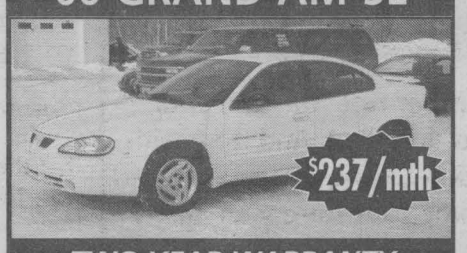


TWO YEAR WARRANTY

quad cab, 4x4, loaded, 1 owner, V8 5.4L, auto, air, pw, pl, tilt, cruise, 4 dr., short bed, two tone paint, new tires, 92,000 kms

Only **$17,995**

00 GRAND AM SE

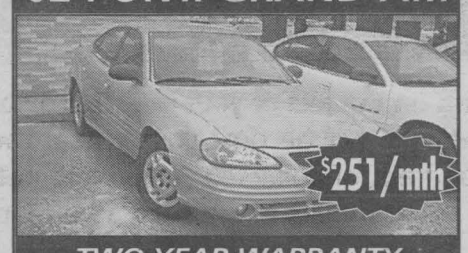


TWO YEAR WARRANTY

V6, loaded, one owner, only 57,000 kms, auto, air, p.w., pdl, tilt, cruise

Only **$10,995**

02 PONT. GRAND AM



TWO YEAR WARRANTY

one owner, auto, air, tilt, cruise, CD, 18,000 kms, bal. of GM warranty 'til 2005

Only **$12,995**

SAVE 50% OR MORE

drive a two or three year old car at 1/2 the price of new or less and let someone else pay the depreciation!

1/2 COST OF NEW!

$1,000 down 7.29% for 72 months on 2001 vehicles over $12,500
$1,000 down 8.29% for 60 months on 2000 and older vehicles under $12,500



Alexander Auto

1759 Vincent Massey Dr.

938-8514

License & taxes extra on all vehicles.

MARCH12042

C'est la vie

brought to you by The Cornwall Youth Centre and Seaway News

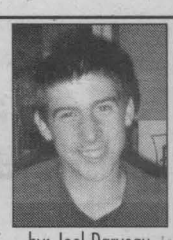
This Month's Theme: Discrimination

If you or someone you know needs support or assistance concerning this month's subject, please contact:
French: L'équipe psycho-sociale 938-7112
English: Child and Youth Counselling Services 932-1558

Cornwall Youth Centre Inc. / Maison des jeunes
499 Henry Street, Cornwall Ontario, K6J 5A2 Tel: 1-613-938-4999 Fax: 1-613-938-0549

Cornwall Youth Centre Inc.
Studio 13-18
Maison des Jeunes

Trivia


by: Joel Darveau

1- What year did Canada abolish laws of discrimination?
A) 1945 b) 1868 c) 1988 d) 1969

2- Men and women can be paid the same amount of money.
True False

3- Which one of these is not an act of discrimination?
A) Harassment B) Hate message
C) Give a compliment D) Not accommodating, for difference

4- When a pregnant woman is discriminated against, what kind of discrimination is it?
A) Sex B) Colour C) Religion D) Age

Send your answer, name, age, and telephone number to teen_cestlavie@hotmail.com to be entered in a prize draw!

Discrimination

by: Marge Laprade – Coordinator of services and volunteers in English Sexual Assault Support Services for Women of SDG&A

One of the most covert forms of violence is discrimination (used here interchangeably with oppression) even though there are overt forms, such as gay bashing, ethnic cleansing (murder), etc. It includes all oppressions against language (francophone speaking people in Canada), race, age, colour, beliefs, ability, sex, and sexual orientation to name a few.

Discrimination is not widely thought of as being violent in nature. A close comparison would be: the act of domestic violence wherein the woman is not hit but is psychologically barraged with insults and put-downs; threats; stalking or sexual harassment (Forms of bullying, not unlike in schools, which will be dealt with a little further in this article). Oppression is a result of social power imbalance.

In North America, according to the Power Flower, a tool used to measure power in society (check at your local library), power lies in a very exclusive group. Male, white, anglo-saxon, English, Christian, nuclear family, upper-middle class, males aged 40 to 50, females aged 20 to 30, post-secondary educated, able, industry oriented, Great Britain ancestry, North American and heterosexuality are the dominant and desirable traits.

The largest form of oppression is the one against women who make up 50 percent of the population.

If you include children too (half of the children are male), then the percentage is even higher (probably closer to 65 percent). Okay, let's include races other than white, religions other than Christianity, sexual orientation other than heterosexuality, ages other than 20 to 40, and languages other than English. The amount pushes up to a conservative estimate of 90 percent. That puts the supposedly "normal" in the minority, population wise. This 10 percent operate in a position of privilege. In school, discrimination usually starts with smaller differences, such as, weight, hair colour, poorness, looks, personality, etc.

Among young people the biggest vehicle used for discrimination is bullying. Bullying by peers is the single most cause of teenage suicide. This has been going on for years and until recently was not seriously looked at as violence. In the past very few bullies were held accountable for their actions. Those who were bullied were simply told to fight or flee. Now some schools are actively involved in prevention by doing poster campaigns, educating youth and practicing Zero Tolerance.

As suggested in the opening paragraph, bullies at school or in the playground become the bigger bullies later in the home and out in the world. When all schools get on the bandwagon, only then will there be less bullying and a reduction in discrimination (let alone violence) in society itself.

Differences are what make up this world. Each person (child or adult) is unique. Next time when you want to say something critical about someone from a different country or race, or with a different sexual orientation or religion, ask yourself 'Am I being discriminatory?' For the same matter, call someone on his/her discrimination.

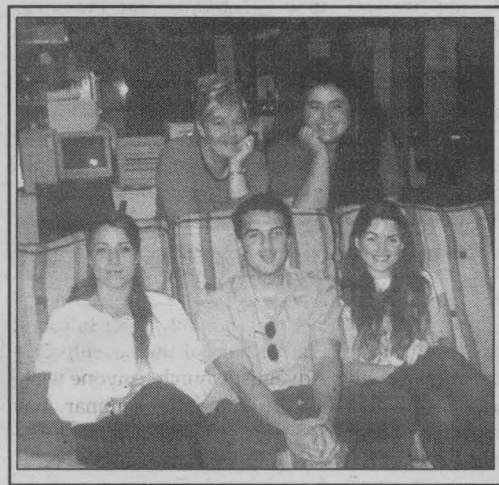
It is everyone's responsibility not to permit or not to be a party to discrimination.

Information and support line
(English): (613) 932-1603
24 hours/7 days 1-800-461-8192

We're All Unique

By: Patrick MacMillan

Although it would be nice for all the world's people to get along, differences will occur for the rest of eternity. Many people say that everyone is different, but one thing that all people share is their tendency to be unique as homosapiens. Discrimination occurs when people make fun of other people's differences, and chances are everyone has been discriminated against at one point in their lives. Discrimination can be learned at home, at school, and many other places. Things we can learn to discriminate against can be age, gender, race, social status, etc. Not everybody fits into a category that makes them a target for discrimination, but whether we know it or not, we are all discriminated against in our own way. It can be done to our face or behind our backs. My age puts me in a position to be called 'little people' by the grade nines and tens, but not so long ago, when I was in grade six, I was the older one who pointed my finger at the younger ones. Now I know that it was wrong and have learned that what goes around comes around.


Left to right: Natalie Francis - facilitator, Norma Rivet - Youth Worker/Volunteer Supervisor, Philip Doyon - facilitator, Josée Delisle - Coordinator, Katie Dennison, facilitator

Youth Centre Bulletin Board

A bit about the Centre: The Centre offers FREE bilingual services to all youth between the ages of 9 and 18 yrs on a weekly basis. Call us for more information.

Did you know: The Youth Centre provides field placement opportunities to College and University students, and provides high school students with co-op placement opportunities.

Volunteering Opportunities: Attention Youth: Looking for somewhere to start or to complete your mandatory 40 hours of volunteer work for school? Give Norma a call!

Upcoming Events: The Youth Centre team and Youth Committee will be attending a TYPS conference in Guelph March 26th to March 28th, 2004. The Centre's youth are preparing their Easter chocolate fundraiser. Look for us at Sears and Zellers in the upcomming weeks. Your support is very much appreciated!

Special Notes: The Youth Centre would like to thank Seaway News and the Justice Department of Canada for helping us with our newspaper project.


Tara Coon



If you or someone you know needs support or assistance concerning this month's subject, please contact:
French: L'équipe psycho-sociale 938-7112
English: Child and Youth Counselling Services 932-1558

Did you know?

1. In Fiscal Year 2002, (the U.S) EEOC received 9,046 charges of national origin discrimination. Including charges from previous years, 9,952 charges were resolved, and monetary benefits for charging parties totaled $21 million (not including monetary benefits obtained through litigation).
2. National origin discrimination means treating someone less favourably because he or she comes from a particular place, because of his or her ethnicity or accent, or because it is believed that he or she has a particular ethnic background. National origin discrimination also means treating someone less favourably at work because of marriage or other association with someone of a particular nationality.

Hidden Word Search

by: Kevin Burgess

R	E	T	A	L	I	A	T	I	O	N
H	L	C	M	D	B	G	E	N	I	E
A	A	O	A	T	L	E	A	D	L	G
R	W	L	N	Y	T	H	S	I	L	A
A	G	O	!	S	U	A	E	V	E	T
S	N	U	S	E	X	T	N	I	G	I
S	O	R	A	C	E	E	O	D	A	V
M	R	G	R	O	U	P	I	U	L	E
E	W	O	R	K	W	O	M	A	N	R
N	O	I	G	I	L	E	R	L	A	H
T	P	R	O	H	I	B	I	T	E	D

Tease	Woman	Negative	Work
Harassment	Prohibited	Retaliation	Law
Illegal	Individual	Race	Group
Colour	Wrong	Religion	No
Age	Sex	Man	Hate

The message is

___ ___ ___ ___ ___ ___ ___ ___
___ ___ ___ ___ ___


Kevin Burgess

Send your answer, name, age, and telephone number to:
teen_cestlavie@hotmail.com
to be entered in a prize draw!

Last Month's winner:
Jessica Lupien
CONGRATULATIONS!
The secret message was:
Don't abuse

Dreadful Discrimination

by: Melanie Burgess


Melanie Burgess

Discrimination affects us all whether or not you want it to. You can be a victim or you can be the offender. If you really think about it, you know a lot more about discrimination than you think. How, you're wondering? The answer is simple. In today's world you can find acts of discrimination anywhere you turn. Whether it's on the television, the radio, the newspaper, the Internet, your workplace or even your own home, it's all the same. These horrible acts are based on the following: race, national or ethnic origin, colour, religion, age, sex, sexual orientation, marital status, family status, physical appearance, mental or physical disability, and pardoned conviction. These actions are prohibited by The Canadian Multiculturalism Act of 1988. It states: "every individual is equal before and under the law and has the right to the equal protection and benefit of the law without discrimination and that everyone has the freedom of conscience, religion, thought, belief, opinion, expression, peaceful assembly and association and guarantees those rights and freedoms equally to male and female persons." Therefore discrimination is and always will be illegal in Canada. So next time you see someone being discriminated, stand up for them because you would never want to be the victim and you know that one person can make a big difference.

Nomination And Annual General Meeting

Mr. Don White, President of the Stormont-Dundas-South Glengarry Federal Liberal Association recently announced that the Liberal nomination meeting and Annual General Meeting would be held at 7 p.m. Thursday, March 25th, 2004 at the Best Western Parkway Inn, 1515 Vincent Massey Drive, Cornwall.

"Our current Member of Parliament for Stormont-Dundas-Charlottenburgh riding, Bob Kilger will be acclaimed the Liberal candidate for the soon to be created riding of Stormont-Dundas-South Glengarry," said Mr. White.

Mr. Kilger has declared his intent to seek re-election and has filed all the necessary documents with Federal Liberal Party officials in compliance with party rules in seeking the nomination.

"Mr. Kilger was first elected in 1988 and was re-elected in 1993, 1997, and 2000, he has served the constituents of Stormont-Dundas-Charlottenburgh riding with integrity and distinction, we are very pleased and fortunate that he is seeking re-election," said Mr. White.

The Annual General Meeting for the Federal Liberal Association will result in the creation of the new executive for the newly named riding of Stormont-Dundas-South Glengarry.

The general public, past and current members of the Liberal Association within this riding are welcome to attend the meeting.

Wellness Seminar Offers Help

Are you in your late 30s or early 40s? Are you overwhelmed with time constraints and others' high expectations? Do you feel caught up in a rut, either in the workplace or at home? Are you in need of new challenges but are uncertain whether you can live up to them?

Mid-life transition which begins in the late 30s or early 40s is often characterized by insecurities and struggles, physical change, self-evaluation and a reassessment of one's lifestyle, values and priorities. This time of transition offers middle-aged adults a unique opportunity to chart a new course in life.

The Wellness seminar will accompany participants on this journey to a more fulfilling and meaningful life.

Filled with innovative and practical techniques, the seminar combines a wealth of healthy lifestyle and human development information with the excitement and support of small group interaction. Some practical wellness skills you'll discover include: how to facilitate the transition to a healthier lifestyle. How to deal with chronic strains like time constraints and pressures. How to forgive yourself. How to live with others' high expectations.

The three-session seminar on "Mid-Life Adulthood and Wellness" begins Friday, April 2nd, 2004 at 7 p.m. and continues Saturday, April 3rd, 2004 at 2 p.m. and Sunday, April 4th, 2004 at 10 a.m. A vegetarian buffet will follow on Sunday. Each session will last for one and a half hours. It will be held at the Seventh Day Adventist Church. Anyone wishing to attend the seminar may pre-register by calling (613) 933-1380 Monday through Thursday from 4 p.m. to 7 p.m.

A seminar registration and materials fee of $5 per person will be charged. This is a non-profit seminar sponsored by the local Adventist community services.

Agape Gets Help

The Agapè Centre in Cornwall is $500 richer, thanks to a donation from the Cornwall Kiwanis Club on Thursday, March 11th, 2004. The money is the result of a successful Kiwanis fundraiser earlier this year that featured Elvis Presley impersonator Gino Monopoli in concert at the Cornwall Civic Complex. Representing the Kiwanis Club, Gerry Grant (left) presents the cash to Agapè Executive Director Judy Dancause who says the money will be used to purchase food for the centre. Dancause went on to say that she is becoming increasingly concerned about keeping ahead of the demand for food or a meal at the centre. "This past February, 847 people made up of adults and children, were serviced by the centre compared to 542, a year earlier. The trend continued in January and December as well," she said. She attributes part of the increase to the "working poor," referring to those that are holding down a job but still can't make ends meet. Dancause says the centre welcomes any and all donations from the general public.

Photo by John Divinski



SEAWAY HYUNDAI
Formerly Cornwall Hyundai

Ask our sales staff about our
SUPER SPECIALS
we are offering when you purchase or lease a new or used vehicle
DURING THE MONTH OF MARCH
PLUS If you currently own a Hyundai vehicle, get the details about our
$1,000 Loyalty Program

0% purchase financing up to 60 months on selected models†

HYUNDAI Win

LONGER LASTING PROTECTION:
5-Year/100,000 km Powertrain Warranty • 3-Year/Unlimited km 24-Hour Roadside Assistance Program includes fuel delivery service, flat tire changing, lock-out service, towing service and more. Just one toll-free call away, 24 hours a day.

2004 ACCENT GS
• 1.6 litre, multi-valve DOHC engine • 5 speed manual overdrive • Dual front airbags • 60/40 split folding rear seat • Dual manual remote control side view mirrors • Dual cup holders • 4 wheel independent suspension • and much, much more. CHECK OUT THE GREAT LEASE RATES ON THE 3 DR. ACCENT GSi AND 4 DR. GL.
POWER STEERING
0% PURCHASE FINANCING UP TO 48 MONTHS OR $0 DOWN PAYMENT
LEASE FROM $149* per mo./60 mos.
$0 security deposit. Freight & PDE incl. MSRP $13,295**

2004 ELANTRA GL
•2.0 litre COHC, CWT 16 valve engine • Dual front airbags • 5 speed manual overdrive • 60/40 split folding rear seat • AM/FM/CD stereo • Remote fuel door and trunk release • Dual cup holders • 4 wheel independent suspension • and much more
0% PURCHASE FINANCING UP TO 60 MONTHS OR LEASE FROM $159* per mo./60 mos.
$0 security deposit. $1,995 down payment. Freight & PDE incl. MSRP $15,625**

2004 SANTA FE
• 2.4 litre, 16 valve DOHC 4 cylinder engine • 5 speed manual transmission • Front wheel drive • 4 wheel disc brakes • 16" alloy wheels with BF Goodrich® tires • AM/FM/CD stereo • Power windows/ door locks/ dual heated outside mirrors • and much, much more.
0% PURCHASE FINANCING UP TO 48 MONTHS OR LEASE FROM $199* per mo./60 mos.
$0 security deposit. $2,995 down payment. MSRP $21,095**

2004 SONATA GL
• 2.4 litre DOHC engine • Power windows/door locks/ dual heated outside mirrors • AM/FM/ CD with 6 speakers • Air conditioning • Cruise control • Automatic transmission with SHIFTRONIC™ • Keyless entry with alarm • and much, much more.
0% PURCHASE FINANCING UP TO 60 MONTHS OR LEASE FROM $205* per mo./60 mos.
$0 security deposit. $2,495 down payment MSRP 22,395**

DEMO SPECIALS

2004 SONATA GLX
List Price $28,615 including freight & PDE

2004 SONATA GL
List Price $25,015 including freight & PDE

2004 XG350
List Price $34,215 including freight & PDE

COME SEE OUR NEW LOCATION ON ROSEMOUNT AVE.
Where we have ample parking space for all our customers.
Our modern facility allows us to show off our new and used vehicles as well as our new parts & service departments.

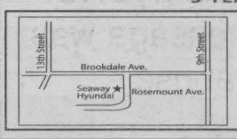
Linda, Bob, Michael ~Leasing & Sales Consultants~, Melissa Bus. Manager

HYUNDAI Win

*Leasing program available from Hyundai Financial Services based on new 2004 Accent GS/Elantra GL/Tiburon/Sonata GL/Santa Fe GL I4 FWD/XG350 MSRP from $3,295/$15,625/$20,495/$22,395/$21,095/$32,995, annual interest rate of 0.12%/0.61%/3.45%/0.86%/3.81%/2.62%, $149/$159/$239/$205/$199/$359 per month for a 60/60/60/60/60/60 month walkaway lease. Total lease obligation of $8,940/$11,535/$16,335/$14,795/$14,935/$25,235 and optional purchase price of $4,673/$4,997/$7,037/$8,204/$8,718/$10,363. Down payment of $0/$1,995/$1,995/$2,495/$2,995/$3,695 plus first monthly payment required. $0 security deposit on all models. 2004 Accent GS lease price calculated after deduction from MSRP of $350 wholesale lease credit (wholesale lease credit available on advertised Accent GS model only). Freight and PDE for Accent, Elantra and Tiburon included, for Sonata, Santa Fe and XG350 extra. All applicable taxes, license and $350 lease acquisition fee extra. 20,000 km allowance per year applies. Additional charge of $0.10/km. **2004 Accent GS/Elantra GL/Tiburon/Sonata GL/Santa Fe GL I4 FWD/XG350 MSRP from $13,295/$15,625/$20,495/$22,395/$21,095/$32,995. All MSRP prices exclude freight, license, PDE, and all applicable taxes. Dealer may sell for less. †0% purchase financing available on all 2004 Accent, Tiburon, Santa Fe, and XG350 models for up to 48 month terms, up to 60 month terms on all 2004 Elantra and Sonata models. Financing example: $10,000 at 0%/0% per annum equals $208.33/$166.67 per month for 48/60 months. COB is $0.0/$0.0 for a total obligation of $10,000.00/$10,000.00. By selecting the advertised 2004 Accent GS purchase financing offer over lease consumers are forgoing the factory wholesale lease credit. If $350 credit was applied to 2004 Accent GS financing offer effective annual interest rate would be 1.31% over 48 months. All purchase and lease offers are for a limited time, OAC and may not be combined with any other offer. See dealer for details.

GRADUATE REBATE PROGRAM

3 YEAR UNLIMITED ROADSIDE ASSISTANCE / $750 GRAD REBATE / FULL SERVICE DEPARTMENT



SEAWAY HYUNDAI
701 ROSEMOUNT AVENUE 933-8135

MAR19042

Spring Special
Buy any pair of Carhartt Jeans and get a FREE T-SHIRT
Spring Stock Arriving Daily
THE WORKS
Capital City Centre, 812 Pitt St., Unit 53
932-0461
MAR19043

Free Discover Bible Guides

- *Where is God when people are suffering and dying?*
- *When a person dies, what then?*
- *What is the secret of a happy life?*
- *Is there hope for our chaotic world?*

DISCOVER THE ANSWERS to these and hundreds of other questions that affect your life and happiness from a source you can trust - the Bible - in 26 beautifully illustrated DISCOVER Bible Guides

❑ Yes!

I would like to receive the *FREE* Discover Bible Guides without cost or obligation.

Name: _____

Address: _____

City: _____

Prov.: _____

Postal Code: _____

❑ I prefer to receive the guides in French

DETACH THIS CARD AND MAIL IT TODAY
P.O. Box 1416
Cornwall - K6H 5V4

Internet Discover Bible Guides
http://www.discoveronline.org/schools/365

MAR19042

SEAWAY NEWS

Your Community Paper Since 1985

Telephone: 613-933-0014
Fax: 613-933-0024
Email: info@cornwallseawaynews.com

R.N. Aubry: Publisher
Rick Shaver: General Manager, Editor

Established in 1985
Published by: Seaway News, A Division of J.G.F. Holdings
329 2nd St. W., Cornwall, ON, K6J 1G8

34,818 papers circulated throughout Cornwall, Alexandria, Long Sault, St. Andrews, Lancaster and surrounding areas each Friday by Ad Bag Cornwall.

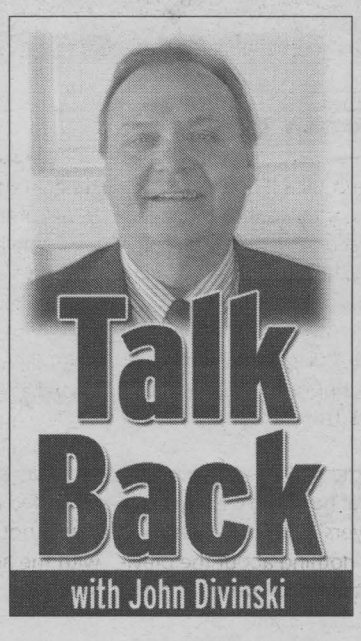
Seaway News is a member of the Ontario Community Newspaper Association and the Canadian Newspaper Association.

The contents of this newspaper are protected by copyright and may be used only for personal non-commercial purposes. All other rights are reserved and commercial use is prohibited. To make any use of this material you must first obtain the permission of the owner of the copyright. For further information, contact the Seaway News at 613-933-0014.

The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertising beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise, and beyond the amount paid for such advertisement.

GENERAL NOTICE: Copyright in letters and other materials submitted to the Publisher and accepted for publication remains with the author, but the Publisher and its licenses may freely reproduce them in print, electronic or other forms.

Playing Politics, Signature-Gate, And Playing Hockey



Interesting letter in last week's Seaway News. Writer Ed Allard alludes to something I said during the last municipal election saying that those who did not take the time to vote would get the candidates or government they deserved. However, Ed questions whether or not this is the government that those who did vote, really deserve. It's a good point and I don't think our municipal government has scored any points yet, in the first couple of months of existence. By the way Ed, Councillor Korey Kennedy's so-called antics, you can bet, are being egged on by a few councillors who just don't want to make the accusations he has. They are "playing politics" through Mr. Kennedy who says what he has to say, the way he wants to say it. He's not a puppet but he is being "used" to a certain extent.

Mr. Allard's letter and others this past week have been excellent. I urge everyone to use the pages of Seaway News to have your say on the issues of the day. Suggestions and criticism are always welcomed either by snail mail or e-mail by going to our website at www.cornwallseawaynews.com.

****

Speaking of shenanigans at the City Council table, the "signature-gate" affair involving our mayor allegedly at a local restaurant with a business developer on December 30th, 2003 will continue. Some questions though. Who does business on Friday, December 30th, 2003 between Christmas and New Year's and the day before another holiday weekend? A waiter and the owner of the restaurant in question remember watching the mayor sign off his bill. When a bill is delivered to you at a restaurant, how often does your server stand over you to watch you sign a bill? Usually, they move on to other customers and come back after you've been given a chance to sign your bill. How did Councillor Kennedy get the bill in the first place? Let's face it, there is possible wrongdoings on both sides of the fence here. There are two places it could have come from as I see it–the restaurant or inside City Hall, both of whom have denied any knowledge of same. We haven't heard the last of this one yet.

****

At the Monday, March 8th, 2004 City Council meeting, Councillor Korey Kennedy did not ask Mayor Phil Poirier for his resignation because he wasn't there. Next opportunity is Monday, March 22nd, 2004. Stay tuned.

****

Was it just me or was the Monday, March 8th, 2004 City Council meeting one of the smoothest running meetings so far this term for our rookie-laden team?

****

Speaking of budgets and spending money, the federal government could have saved $43 million in 2003 simply by dumping the office of Governor-General. Adrienne Clarkson's expenses for the office totaled that much. Why don't we just get rid of the office? It's an office that made sense, I suppose when we were part of the British empire but it's time to grow up. We're on our own in Canada and we really don't need a titular Queen's representative, who doesn't really do anything anyway, except spend $43 million in one year.

****

It is not cool to be a Liberal at this time. The scandals being unearthed within the federal government will be the downfall of the party, assuming we can find something to fill the void. We still do not have any opposition that is known and strong. Maybe it's time for a short term minority government. We've had some dandies over the years and if I recall correctly, they got a lot done in their short tenures because everyone had to listen to everyone else and cooperate with each other – something that hasn't been done in the House of Commons in years.

****

Todd Bertuzzi of the Vancouver Canucks should have received an automatic year-to-date suspension. That would have made him eligible to return in March of 2005 (barring any lockout).

****

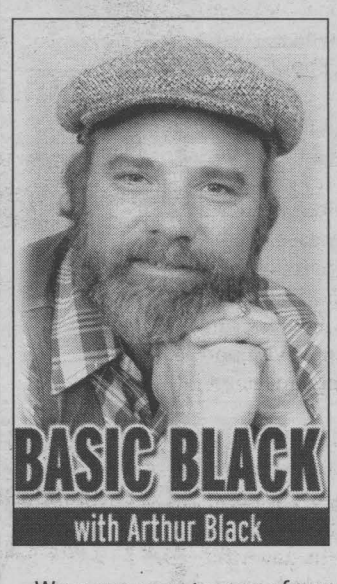
Cornwall is open for business and we welcome all -- as long as you don't put it in my neighbourhood. Thus Home Depot doesn't have a home just yet. It's now in the court of the Ontario Municipal Board. Progress, Cornwall style.

****

I'm John Divinski.



What Were They Thinking?



Only two things are infinite. The universe and human stupidity. And I'm not sure about the former.
-Albert Einstein

We come now to one of my favourite human categories: Dumb Moves, or What Were They Thinking? What, for instance, was that 28-year-old woman from Houston, Texas thinking as she tootled along in her cherry-red SUV near Blaine, Washington last month?

Well, actually we know what she was thinking. She thought she was on her way to Vancouver, Washington. She was half right. She was headed for Vancouver, for sure, but the other one. Vancouver, British Columbia, 400 kilometres to the North. Our intrepid voyager steadfastly ignores all tell-tale clues such as signs reading "This Way to Mountieland", "Large, Foreign Country Ahead," and "Last Chance to Change Greenbacks into Funny Money." She pulls up to the Canada Customs booth and smiles serenely at the attendant. Ignoring, no doubt, her order of an Egg McMuffin with fries, the Canada Customs agent asks her to pull over to a search bay for a security check.

That's where officials open her glove compartment and find…a live hand grenade. The border crossing at Blaine, Washington goes into total, full-terror-alert lockdown for one hour.

Now we don't know that the woman actually placed the hand grenade in the glove compartment, but somebody - her husband? A trick or treater? John Ashcroft? - did.

And my question is: what were they thinking?

What, for that matter, was Dale Robin Hersh of Franklin Lakes, New Jersey thinking when he arrived at Sao Paolo airport on an international flight from the states recently? When he was told that new Brazilian customs procedures required him to be fingerprinted and photographed - just as all Brazilian citizens must be when entering the U.S. -- Mister Hersh snarled, said some bad words, glowered at the camera and held up his identification card for the photographer. As well as his middle finger, conspicuously extended.

If Mister Hersh had been a mob Capo, a Hell's Angel or a defenceman for the New Jersey Devils, one might understand his Cro-Magnon intemperance. But Mister Hersh is a pilot with American Airlines. He knows the airport drill better than most. And he not only knowingly committed a jailable offence - he provided photographic evidence of the commission of the crime!

What was he thinking?

As it turned out, he didn't do jail time, but he did have to fork over a U.S. $12,750 fine for showing contempt to authorities. Still feeling witty, Mister Hersh?

Speaking of rigid digits, you know those impossibly dumb Spam ads you get from time to time offering penis enlargement pills -- the ads that nobody could ever possibly be stupid enough to fall for? Wired magazine did a little survey and found one online purveyor who had taken orders from 6,000 customers. These mutts paid an average of $100 for two small bottles of bogus tablets. Only works for Pinocchio, guys…

And since we're down in the nether regions, I'd like to offer a special What Were They Thinking Commemorative Plaque to the folks at the B.C. College of Physicians and Surgeons. A urologist with the college was quoted in my morning paper recently as to how doctors are "re-examining issues surrounding the procedure of circumcision". Seems the medical community is considering the radical hypothesis that circumcising baby boys might…hurt.

"I did circumcisions as an intern - the kid screamed for a bit, you put a soother in his mouth and that was it," said the doctor. But that was 40 years ago, when parents were routinely told that infants couldn't feel pain. Now, the urologist says he feels terrible. "We now know that circumcision is far from painless for the infant. The evidence is now overwhelming that circumcision is extremely painful."

Hmmm. A razor-sharp scalpel sawing away at the genitals of a newborn infant…

Painful, you say? Astounding.

Why did you think the infants screamed, doctor?

What were you thinking?

Editor's Note: Letters To The Editor are always welcomed. Unfortunately, space is limited to print letters, therefore, please keep your letters to the point. Also, some issues and viewpoints change with time, therefore we will attempt to print all letters within 2 weeks. Letters dated after 14 days will not be printed.

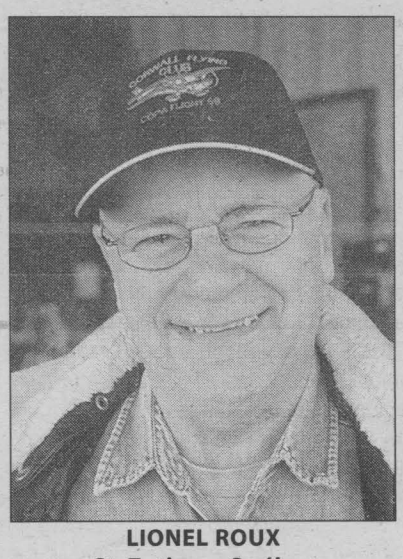
Seaway News welcomes Letters To The Editor. Letters should be no longer than 200 words.

All letters are subject to editing and must bear the writer's name, address and phone number for verification.

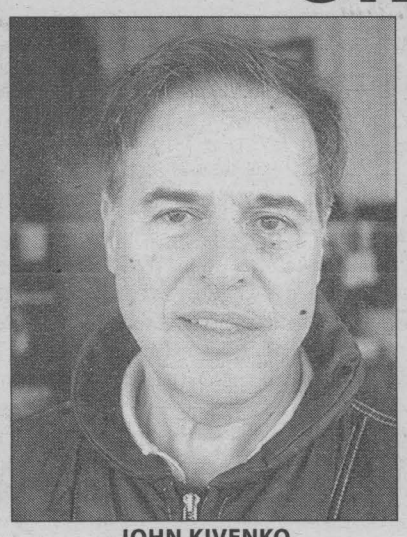
The views expressed by columnists, guest editorialists and/or Letters To The Editor are not necessarily the views of this newspaper or its publisher.

Send letters to:
editorial@cornwallseawaynews.com

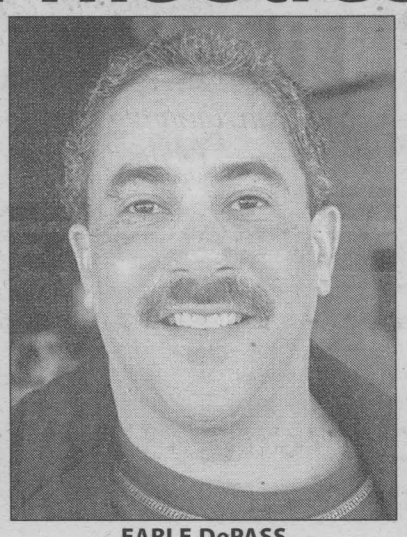
On The Street...



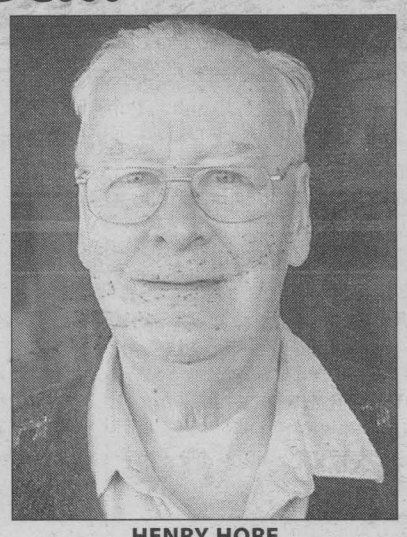
LIONEL ROUX
St. Zotique, Québec



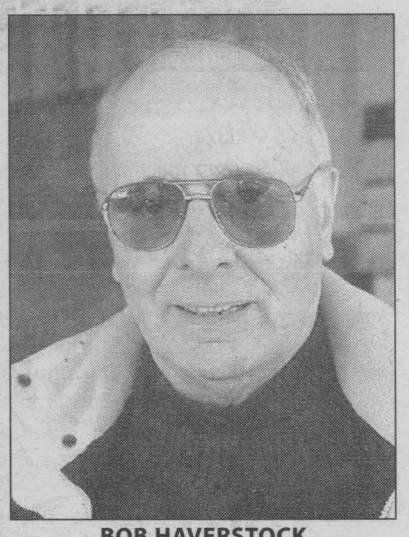
JOHN KIVENKO
Loch Garry



EARLE DePASS
St. Andrews West



HENRY HORE
Currie Hill



BOB HAVERSTOCK
Bainsville

We asked: "How often do you check your e-mail in-box?"

Most people check to see what letters have been delivered to the mailbox at the end of the driveway as soon as we get home and answer the telephone as soon as it rings. However, the way we respond to e-mails is not necessarily the same.

Lionel Roux says, :Twice a day is enough for me, once when I get up in the morning, and once again when I get home from work. There's nothing so pressing that I have to check more often than that. However, because John Kivenko's e-mail is delivered to his workplace in Montréal, he's always online and checks his about 100 times a day. Similarly, Earle DePass of Nav Can has to deal quite promptly with his 20-30 each day, but at home it's just once when he arrives home, another time just before bed, then another as part of the ritual of starting a new day.

For Henry Hore it's been a battle. "It took me three weeks before I could get my new computer's e-mail program to work, but since then it's just been deleting 99 percent of what comes in - spam, spam, spam!

Dealing with computers has been much easier for Bob Haverstock: "In my 16,000 horsepower office, I had three people to take care of any in-coming messages from my computers: a co-pilot, a navigator and a flight engineer. (Haverstock used to fly a four-engine Lockheed Electra on Arctic ice patrol missions.)

And how often do you respond to the electronic "You've Got Mail" prompt?

Photos by Nick Wolochatiuk

letters TO THE editor

Tell It Like It Is!

Dear Editor,

The following e-mail was sent to the Mayor and all councillors to remind them not to play games with re-assessment. I hope your reporters will do likewise and expose them every time they talk about a small tax increase based on last year's tax rate rather than give us the true picture by ignoring increased assessments.

If they insist on quoting a tax increase based on last year's tax rate, force them to give two figures: 1) tax increase based on last year's tax rate; and 2) average tax increase with increased assessment, and use this figure when reporting to your readers.

From: Bill Boyer

To: N. Bhargava; Huguette Burroughs; Joel Cote; Glen Grant; Korey Kennedy; Perry Lalonde; Jacques Lemire; Mark MacDonald; Leslie O'Shaughnessy; Mayor Phil Poirier; Chris Savard

Sent: Tuesday, March 2nd, 2004, 4:32 PM

Subject: Assessment 101 - Tell Us The Truth When Quoting What The Increase In Property Taxes Will Be

Every time I hear a member of council say that they are trying to keep the tax rate the same, it makes me very upset because it is totally false and intentionally misleading.

They never talk about increased assessments which is an automatic tax increase in itself. If assessments are revised every two years, we have an increase of at least five percent to 10 percent per year. I'm sure the reasoning would be different if the real estate market would turn around and property values went down 10 percent. Would council reduce our taxes by 10 percent? I don't think so!

Telling us that the tax rate has increased by 2.5 percent (as they did last year) is, in my opinion, (and the opinion of many others), a complete and intentionally false statement to make it look like the tax increase is minimal when it actually isn't. According to the Cornwall Chamber of Commerce, in a letter to the editor dated December 3rd, 2003, tax revenue for the City for that year increased by more than nine percent. And the City claims taxes only went up 2.5 percent. Must be a new form of math.

Increased assessment (in the form of new construction) was welcomed in the past because it spread the tax burden and theoretically reduced our taxes. Now municipalities are using re-assessment as new assessment in order to collect more tax dollars which represents a higher percentage increase than what they are claiming. They simply refuse to adjust the tax rate to reflect the true tax increase. For those of you who don't believe this logic, think of when assessments at market value came into effect (which increased the average residential dwelling from about $5,000 to $100,000), Using today's logic, they could have increased our taxes by 20 times. Obviously, the tax rate was adjusted to reflect the new tax base but council simply refuses to do that now in order to collect more money.

Increased assessments does not necessarily translate into increased taxes. It is very simple. If all assessments go up equally by 10 percent and the City budget remains the same, there is no tax increase as the tax rate should be changed to reflect the new assessment base. However, the previous council, in its sneaky way, simply claimed a tax increase of 2.5 percent based on the previous year's tax rate and completely ignored increased assessment due to re-assessment. They did that so they could increase their budget by more than nine percent. Most are no longer sitting around the council table, and justly so. Using this logic, council could keep the tax rate exactly the same and claim no tax increase (but keep increasing assessments by 10 percent which results in a tax increase of 10 percent…talk about being hypocritical).

I can understand that sometimes it's necessary to increase taxes, but you should be truthful to the citizens of Cornwall and quote what the increase in the budget actually is instead of hiding behind revised assessments to sneak in higher tax increases. At this rate, our taxes will go up by at least five percent to 10 percent a year due to re-assessments (tax grab), and if they increase the tax rate by just two percent, you are looking at an average tax increase of seven percent to 12 percent per year. That is simply unacceptable and suicide for the City.

I hope that a few members of council will take the initiative to clearly state to the public what the tax increase will be compared to last year's budget rather than play games and report tax increases based on the tax rate. Those of you who have the courage to do that will be re-elected simply because you stood up for what was right and you were honest with the citizens of Cornwall. Those of you who don't are simply not being truthful.

I urge all Cornwall citizens and the local media to continue to remind councillors that we are fed up with this kind of double talk.

Increased assessment does not translate into increase taxes if all assessments go up proportionately and the City budget stays the same.

Tell it like it is!

Bill Boyer, Cornwall

Being Fed A Line

Dear Editor,

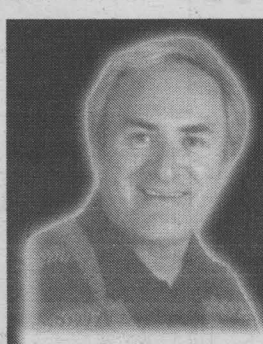
This past week, two local Eastern Ontario MPs distributed tens of thousands of taxpayers dollars to unquestionably good causes. A cynic might suggest they're buying votes for the upcoming spring election, but actually they were simply disposing of part of the billions of excess dollars their government annually screws out of employers and workers through the EI fund. They can pay the debt down next year.

Meanwhile, Parliament Hill's conspicuously absent prime minister has been criss-crossing Canada at taxpayers' expense assuring Canadians he knew nothing about the previous Liberal administration sponsorship scandal.

Paul Martin has promised third tier politicians from cities, town, and rural Canada a return of their expenses on the GST. He knows municipalities are financially hurting…he left Mulroney's tax in place, even after his government promised to scrap it. He also has promised them money from gas taxes. Historically, four cents on the dollar of this tax has been used to repair and build roads in Atlantic Canada assuring they get the Liberal vote.

As Paul Martin disassociates himself from a previous scandalous Liberal regime, we are being fed a line for the next federal election. You're not voting Fiberal with the new logo with the accent aigu…you're voting for Paul Martin.

Glen Runions, Cornwall



Canadian Trivia

with Yvan Brunet

HISTORICAL DATA

Match the historical data with the historical dates.
Write your choice of letters A-G inside [ ].

1. [ ] The 68-year old hockey arena (Maple Leaf Gardens) was up for sale
2. [ ] Free trade went into effect
3. [ ] The City of Bytown was renamed Ottawa
4. [ ] Ancestors of present-day Inuit people began moving into what is now Canada's Northwest Territories
5. [ ] The Treaty of Aix-La-Chapelle has Louisbourg returned to France
6. [ ] Riots in Montréal due to the suspension of hockey star Maurice "Rocket" Richard
7. [ ] Comte de Frontenac became Governor General of New France/Québec

NICKNAME/KNOWN AS

A. 1955
B. 1050
C. 1989
D. 1748
E. 1999
F. 1855
G. 1672

CDN-61

ANSWERS: 1(E) • 2(C) • 3 (F) • 4(B) • 5(D) • 6(A) • 7(G)
Score on 7: [ ]

Your hometown weekly newspaper since 1985. Serving: the City of Cornwall; Alexandria; Apple Hill; Avonmore; Bainsville; Berwick; Chesterville; Dunvegan; Finch; Green Valley; Ingleside; Lancaster; Long Sault; Lunenburg; Martintown; Maxville; Monkland; Moose Creek; Morrisburg; Newington; North Lancaster; South Lancaster; St. Andrew's West; St. Isidore; Summerstown; Williamsburg; Williamstown; Glendale; Winchester; and Winchester Springs and Cornwall Island.

HOURS: Mon. - Thurs. 8:30 am - 5:00 pm; Fri. 8:30 am - 4:00 pm

Published weekly by Seaway News and distributed by D&D Distribution.

WARNING: The Publisher will not be responsible for any errors in any advertisement after one insertion.

Readers are advised that on occasion ads run in our publications that may require an initial investment. Example: work at home ads, or ads offering information on jobs, government homes, or vehicles. As a rule, we try to screen these ads, however, we urge you to investigate the company's claims thoroughly before sending any money and proceed at your own risk.

The Publisher reserves the right to edit, revise, classify or reject an advertisement. Seaway News also reserves the right to refuse or to cancel any advertising for any reason at any time, with no notice.

Reproduction rights of ads produced by the Seaway News are the property of the Seaway News and may include material produced and protected by copyright from syndicated services. Permission of the publisher must be obtained before copying any of the material from any issue of the Seaway News.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS ocna

letters TO THE editor

Enough Already, Bob Roth!

Dear Editor,

Enough already, Bob Roth! No one doubts that the Catholic clergy played a role in child molestation as revealed by Project Truth, however there were other elements to the investigation that did not involve the Church.

Certainly the Church has worked hard to address the problems within. Not just the Catholic Church. Your month in, month out diatribe against the Catholic Church is wearing thin. You misrepresent facts and serve up a platter of half-truths in your column. Recently you wrote: "The inquiry is supposed to look at a number of people and institutions which failed to protect public interest." That should have read: "An inquiry is supposed to look at a number of people and institutions to determine if they failed to protect public interest and then make recommendations to correct such failure." You have already judged our police, courts, governments and others.

Two successive Attorney Generals have advised two successive governments that a release of information through a public inquiry, while a court case is pending, would put conviction of the guilty at risk. Did you report that? No, you reported the fix is in.

You state that no other media in the area reported the recent settlement between Catholic Brothers and abused complainants. Perhaps that is because Dick Nadeau, the author of an infamous website where innocent people were named as child molesters, is not the most credible source of information.

Your constant bashing of the Catholic Church, your constant misrepresentation and "out of context" reporting, your constant singling out of one element in a very complex issue, all head to a lack of credibility in your ramblings. The Bishop had to correct your misinformation just last week. It's clear to me that you have displayed an anti-Catholic animus in your column. It's time for either honest, in perspective reporting from you, or a muzzling of your writings.

Mike Oliver

Must've Missed The Fine Print

Dear Editor,

With the closing of the Cornwall Kia dealership, I would like to let owners know you are to take your vehicle to the nearest dealer (Brockville) for warranty work. If you happen to need overnight service, you are responsible for your own transportation while the repairs are being completed. I must have missed that on the small print when purchasing a new vehicle.

Dean Maxwell, Ingleside

What Has Happened To This Great Country

Dear Editor,

In response to Mr. MacDonell's letter, you asked what has happen to this great country. It's been ten years of Liberal rule, and lies, scandals, money laundering, corruption, with a PM who acted like a dictator, you did as he wanted or you were turfed. But then many were bought with billions of our money to turn their heads as they saw the scandals and corruption going on.

The only way we can get an honest party in, is to vote this one out, and if the next one has scandals and broken promises then vote them out. Then they will get the message, if they want to stay in power, they will have to have honesty and integrity.

Liberals have been famous for broken promises, like the first year Mr. Chrétien promised to get rid of the GST and free trade. Instead he scrapped the helicopter deal which cost us half a million, then cut billions from our health care and services. That's when this Liberal party should have been turfed. But thanks to dedicated Liberal voters, you have created a party of lies, scandals and corruption. And some MPs are still praising Jean Chrétien. Hmmm, I wonder what they are looking for?

Bill Kielec, Newington

Possible Revenue?

Dear Editor,

It would be nice to contact the former people who made an offer in the past and were turned down for rental space in the Civic Complex for a casino. New council, this is something good for American tourists across the border should it come up at a council meeting. The revenue could possibly offset Civic Complex expenses.

Raymond Fortier, Cornwall

All Three Centres Should Be Bilingual

Dear Editor,

A public meeting will be held on Friday, April 23rd, 2004 and a petition is being circulated concerning three centres: Centre de Santé communautaire de l'Estrie or Community Health Centres located in Alexandria, Cornwall and Crysler, Ontario. The centre in Crysler is bilingual, while those in Alexandria and Cornwall are unilingual-French.

Having their own administration, these centres are funded as a group by the Ontario Ministry of Health and are independent of clinics run by doctors or hospitals. They are the only centres of their kind east of Ottawa. These Health Centres offer a multi-discipline system of health care, the doctors being salaried rather than paid per patient-visit and able to give ample time to each patient. Doctors' directions for care are followed up by "Nurse Practitioners" who have their own appointment schedules and who may treat patients themselves if a doctor's services are not deemed necessary, but they always keep the doctors informed of their actions. Nurse practitioners can even write prescriptions within a limited range of medications, including antibiotics.

The Alexandria/Cornwall Centre de Santé communautaire de l'Estrie form a successful system which needs to expand its existing francophone service to patients able to communicate in French who possess Ontario health cards. Unfortunately, there are no similar health centres in the area serving anglophone patients which is the reason we are writing this letter. The Centre de Santé communautaire de l'Estrie offer their clients expertise in several disciplines: physiotherapy, diet, chiropody and mental health (Ottawa centres have exercise programs which are even offered to the elderly) all funded via OHIP, with great benefit to people who can avail themselves of the services. At the health centres in our area, patients are required to speak French to receive treatment.

This system was established for the Cornwall centre in 1991 when neither the Alexandria nor Cornwall primary care facilities had bilingual staff at all times. A mandate was given to the Centre de Santé communautaire de l'Estrie to offer medical treatment and to promote medical education to the francophone population, a mandate which is still funded by the Ontario Ministry of Health with no changes envisaged.

Recently, a steering committee has been formed in Cornwall called the "Emerging Community Health Centres" which has the goal of obtaining funds for a feasibility study to duplicate the francophone Centre de Santé system for English-speaking residents. It should be mentioned that the MPP for North Glengarry does not support any addition to a unilingual service.

The "Breath-Savers" club, supported by the Fresh-Air Association of Eastern Ontario, wishes to make sure the public is aware of the immense change in the concept of primary health care made available at Alexandria and Cornwall for francophones since 1991. Though this service is discriminatory, many anglophones are unaware that they are being discriminated against.

Members of the public are invited to sign a petition at the Maxville Community Hall on Tuesday, April 23rd, 2004 at 7 p.m. supporting the "Centre de Santé" system with provision that it be made bilingual to serve also the English-speaking community in the Cornwall, Alexandria, and Winchester area.

For further information, e-mail your support with your name and address to the e-mail address below. If enough interest is shown in Cornwall, a public meting will also be arranged.

Ronald Clare, Chair, Breath Savers Maxville
freshair@ontarioeast.net

Rock And Punk-Rock Bands

Dear Editor,

In regards to the success of the recent Nickelback concert, it would be a good idea to bring in rock and punk-rock bands, such as the Ataris, Gob, Simple Plan, etc., who would appeal to teenagers and young people.

A good number of teens have jobs, therefore they would be able to afford these concerts and the Civic Complex would profit also.

Mrs. C. Campbell, Cornwall

Don't Do As I Do, But Do As I Say

Dear Editor,

It seems like old times whenever I hear this statement. It was first put to me by my drill instructor in the Army back in the fifties. But now it seems to be a general statement that can be used of our politicians (not all, mind you). It was the speech from the throne. One of the issues was emission control, and how we as Canadians need to do whatever we can to reduce the pollution that is created by our vehicles. The camera was then switched to outside the Parliament building to show all the MP cars that were kept running while the throne speech was going on. "Don't do as I do, but do as I say," is the message that comes across. But listen, there is one who will tell you just the opposite.

He'll tell you be ye followers of me and do as I do, and say. His name? Jesus, I am so glad that I have one that I can put my faith, my confidence in, and know that whatever He requires of me to do He will do it with me. Love your neighbour. He did. Pray for those who persecute you and despise you and say all manner of evil against you. He did. Turn the other cheek. He did. And then to top it all off, He paid the supreme sacrifice on Calvary just so you would be able to join Him in Heaven. Yes, you can do what He says because He does. And oh, by the way, He really keeps His word.

Ken Mac Aleese, Cornwall

Harrow High 100 Year Reunion

Dear Editor,

Tell your family and friends! The call is out to all former students, teachers, administrators and staff of Harrow District High School in Harrow, Ontario, to come back to Harrow from Friday to Sunday, May 21st to 23rd, 2004 and help us celebrate a century.

From the day in 1904 when the Harrow Continuation School first opened its doors, thousands of students have streamed through those doors and then fanned out to live, work and leave a lasting impression across the country and around the globe.

The Victoria Day weekend of 2004 will see a huge gathering of former classmates, friends and teachers getting together to reminisce, eat, drink and be merry.

The HDHS 100 Committee hopes to see all generations, young and old, along with their family members, back at the school for a weekend kicking off with a wine and cheese reception Friday evening, May 21st, 2004, welcoming ceremonies Saturday morning, May 22nd, 2004, displays of memorabilia and nostalgia, food and activities, a dance and café Saturday night, and closing activities Sunday morning, May 23rd, 2004. Registration will begin around Sunday, February 15th, 2004 so keep an eye on our website, www.harrowhighreunion.com for updated information.

Until then, we need to know where you are! Please let us know your current name, name when you attended Harrow High, the years you attended, address, phone number, fax number and e-mail address for a list currently being compiled. Please add contact information for any other former students or staff you may have.

The information can be mailed to: HDHS 100, Box 928, Harrow, Ontario, N0R 1G0; faxed to 519-738-3326 or e-mailed to hdhs100@mnsi.net. If you would like us to mail or fax you program and registration information, let us know. Also let us know if you have any memorabilia you would be willing to loan for display.

Cecil McKenzie, Harrow, Ontario



ROTH INVESTIGATES

Bishop Needs To Come Clean. Diocese Involved In Court Case

EDITOR'S NOTE: Bob Roth is a freelance journalist who investigates and writes on issues concerning local communities. This week he investigates the recent court case involving the Diocese of Alexandria-Cornwall. This issue continues to linger in the Cornwall area and closure of this situation is long overdue, for both the parishioners and people of Cornwall and area. Mr. Roth's viewpoint is that of his own and does not reflect the viewpoint of Seaway News.

It's time for Bishop Paul-Andre Durocher to come clean. Despite last week's letter to the editor plus statements made in the local daily this week, the Diocese of Alexandria-Cornwall was very much directly connected to a recent court case that saw the Catholic Church engage in yet another hush-hush settlement with four men alleging sexual abuse by priests in this diocese.

And I have the court documents to prove my case.

Readers will recall that I wrote a column on Friday, March 5th, 2004 entitled "Catholic Church Makes Secret Settlements In Local Child Abuse Allegation Cases."

That is a fact.

Last week the Bishop wrote a letter to the editor to this paper suggesting mis-impressions were given about the role of the diocese in the most recent settlement. The Bishop's letter states as follows:

"The men who brought the suit against the college sued the religious order, the Clercs de Saint-Viateur. They originally sought to drag the diocese into this suit, but after discovery the diocese was dismissed from the suit. This is a clear indication that the diocese had nothing to do with this situation and that the plaintiffs recognized and acknowledged this fact. From Mr. Roth's account, it seems the suit was settled recently."

This week, in the daily, the Bishop was quoted as saying the diocese was dropped from the suit in May.

In fact, I have in my personal possession, court documents which prove the diocese remained a part of this suit right up to January 30th of this year, well after the settlement was made.

Bear with me folks. This is long and complicated, but the truth must come out!

The Bishop's letter gives the impression the diocese was "dismissed" from the action and then a settlement was reached. In fact, precisely the opposite is true.

Two "defendants" are listed in the lawsuit. One "defendant" is "Les Clercs St. Viateur," which is the Roman Catholic priest teaching order that ran the Catholic secondary school, College de Cornwall. The other "defendant" clearly named on court documents is "The Episcopal Corporation for the Diocese of Alexandria-Cornwall, in Ontario, Canada."

The Bishop is morally obliged to publicly acknowledge these facts to his parishioners.

It is also a fact that an out-of-court settlement in this case was reached on January 15th, 2004. I have the report of the mediator, Peter Annis, in hand to prove it. Only after this out-of-court settlement was reached did the court dismiss the case, on January 30, 2004, against both the priests and the diocese. In fact, you will see on this page, the signature of diocesan lawyer David Sherriff-Scott, which appeared on a "consent" document, dated January 27th, 2004, to have the case dismissed by the court. I also have the actual "dismissal" document, dated January 30th, 2004 - a good 12 days after the settlement was made - wherein the court dismisses the case against both "defendants," including - and I quote - "the Roman Catholic Episcopal Corporation for the Diocese of Alexandria-Cornwall in Ontario, Canada."

As I said in my original column, I do not know how much money was involved in the settlement nor do I know which arm of the Church technically signed the cheque. And the reason I don't know the details is because the Church (in whatever incarnation - diocese, religious, agency, college or whatever) has made a secret deal AGAIN and has imposed a gag order AGAIN on the plaintiffs, which means they will have to give back all of their settlement money if they talk publicly about their alleged abuse.

This is all so deja vu.

It is precisely such a settlement and gag order exposed in 1994 that started the whole Project Truth investigation. Even then, we at least found out how much hush money had been paid out - $32,000. Now, we don't even know that.

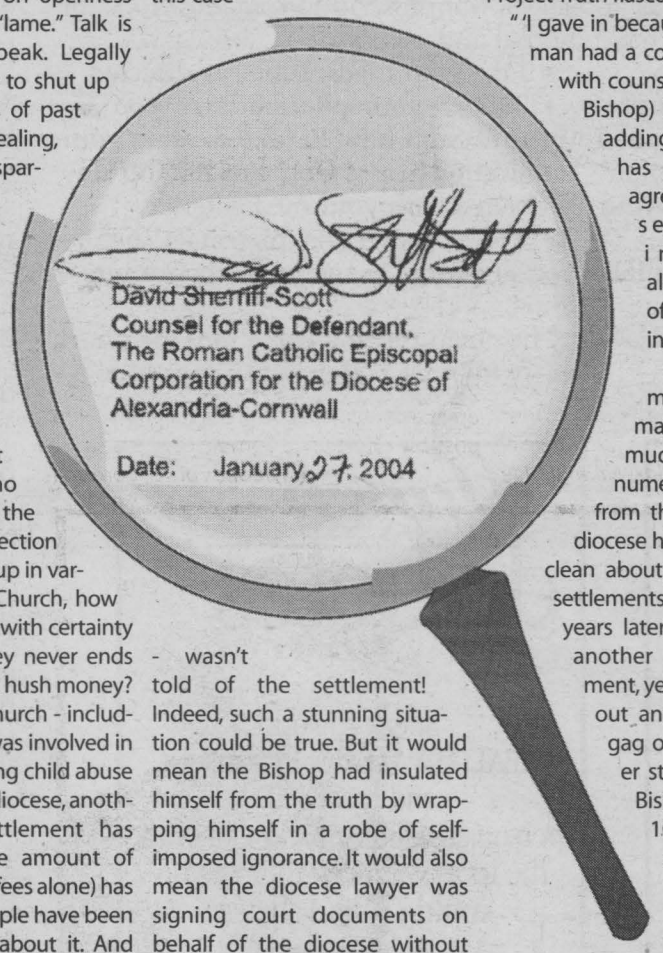
Is it any wonder that I call church "protocols" on openness and transparency "lame." Talk is cheap. Deeds speak. Legally compelling people to shut up about their stories of past abuse is neither healing, nor open, nor transparent.

What particularly irks me is Bishop's Durocher's attempts to dodge the moral issue here by dancing around technicalities. It matters not who technically signed the cheque. Since collection plate money ends up in various parts of the Church, how can the Bishop say with certainty that diocese money never ends up paying out such hush money?

The fact is the Church - including the diocese - was involved in a legal case involving child abuse allegations in this diocese, another hush-hush settlement has been made, some amount of money (in lawyers' fees alone) has been paid, and people have been forbidden to talk about it. And parishioners are not entitled to know about it. (But there is no "coverup," mind you.)

As critics have continuously pointed out, it is precisely this secret payoff, gag order approach that keeps from public view the full extent of child sexual abuse allegations within the Church.

Extremely noteworthy is the Bishop's implicit contention he knew nothing about the settlement. In his letter he says, "From Mr. Roth's account, it seems the suit was settled recently." The question parishioners must be asking is: How come Roth found out before the Bishop? Parishioners are being asked to believe that the diocese - even though named "defendant" in this case



- wasn't told of the settlement! Indeed, such a stunning situation could be true. But it would mean the Bishop had insulated himself from the truth by wrapping himself in a robe of self-imposed ignorance. It would also mean the diocese lawyer was signing court documents on behalf of the diocese without telling the Bishop. Ask yourself this: if I could find out about a church settlement within the diocese, how come the Bishop couldn't? How far can the elasticity of credibility be stretched before it snaps? How vigorously is the Bishop trying to get to the bottom of child abuse allegations within the diocese?

In his letter, the Bishop talks much about what has or hasn't happened regarding child abuse allegations since he became Bishop less than two years ago. But how historically shallow is he making his dive for the truth? I quote the local daily, January 15th, 1994, wherein the paper wrote about the hush-money diocese payout that sparked the Project Truth fiasco. I quote:

"'I gave in because this young man had a considerable bill with counselling,' (former Bishop) Larocque said, adding the diocese has in the past agreed to similar settlements involving alleged victims of child-molesting priests."

Similar settlements! How many? How much? Despite numerous requests from the faithful, the diocese has never come clean about these "similar settlements." And now, 10 years later, we have yet another secret settlement, yet another payout and yet another gag order. In another striking parallel, Bishop LaRocque 10 years ago also claimed ignorance of the gag order within the settlement.

Yes, indeed, hasn't the latest finely written Church "protocol" propelled us into a new age of openness and transparency.

In the latest case, it is quite possible that the give and take of negotiations resulted in Les Clercs St. Viateur assuming all responsibility for the settlement. We just don't know. It's all a big Church secret. But making parishioners look under all of the shells to find where the financial pea is hidden, is nothing more than an exercise in moral distraction. Who cares which "arm" of the Church gave out parishioners' money and demanded silence among the signators? When a single limb is gashed, does blood not seep from the whole body?

This jurisdictional jostling is nothing more than another Church back-flip in the gymnastics of coverup. Dodging the moral issue by emphasizing jurisdictional matters ("it's not my department") is precisely the moral escape route taken by Pontius Pilate. No amount of jurisdictional hand-washing can cleanse the Bishop of his responsibility to exercise leadership here.

The facts of the matter are thus: the Bishop, as head of the diocese, was directly involved in a legal case involving four men connected to his diocese alleging child abuse by priests. The diocese lawyer was dispatched. He remained legally connected to the case to the very end. A settlement was reached. A gag order was imposed. Money was paid out. Then, and only then, was the diocese "dismissed" from the court case. Which tentacle of the Church octopus actually signed the settlement and coughed up the cash is secondary.

The Catholic Church, as an entity, needs to come clean about this latest settlement in the Diocese of Alexandria-Cornwall. And it is up to Bishop Durocher to demand such full disclosure. No matter how you cut it, this secret settlement and unconscionable gag order took place on his turf under his watch.

connected to our communities

For over 17 years, Seaway News has been covering the events in your community. Each week, advertisers use Seaway News to promote their sales. Our editorial staff covers the issues and events in your home town. When you need to advertise a local event, use the paper that reaches your community.



SEAWAY NEWS
Your Community Paper Since 1985
329 Second Street West • Tel: 933-0014 • Fax: 933-0024
www.cornwallseawaynews.com
jun20031

Rx Pharmacy Week

Make The Most Of Your Medicine

Talk to your Pharmacist!

- when you're in the hospital

You go to your pharmacist in the community pharmacy to help you with questions about your medications and health care. The Canadian Pharmacists Association reminds you that you can count on your pharmacist when you're in the hospital too.

Your hospital pharmacist acts as an important line of defense, and works as a core member of the team to protect and improve your health. Doctors and nurses rely on the advice and expertise of the hospital pharmacist to tailor medication regimens to help you get the best from your care. Make sure to speak to your hospital pharmacist if you have questions about your drug therapy.

Whether it's in the hospital, community pharmacy, nursing home or extended care facility, or out-patient clinic, a pharmacist is there to take care of your health.

Make the most of your medicine…talk to your pharmacist.

- about your health checklist

The Canadian Pharmacists Association and your pharmacist remind you that there are important steps you can take together with your pharmacist to help you enjoy better health:

- Choose a pharmacy that meets your needs and continue to use only that pharmacy.
- Keep your pharmacist up to date on any prescription, nonprescription or herbal or natural health products (NHPs) you are taking.
- Ask your pharmacist to help you select nonprescription medications or herbal and NHPs.
- Take your medications as directed.
- Talk to your pharmacist if you are unsure about how to take or store your medications or if you are having any problems with your medications.
- Never leave the pharmacy before you know the answers to all your questions.

The next time you come into the pharmacy to buy a cough syrup or cold remedy, something for a headache, or any over-the-counter medicine, take the time to talk to your pharmacist to make sure it's the best way to treat your symptoms.

Your pharmacist – the medication expert – can provide advice and information about choosing, taking and storing your medicine so you always get the best from it. He or she can also help you decide when not to take medications.

Make the most of your medicine…talk to your pharmacist.

- about taking your medications properly

The benefits of working with your pharmacist are far-reaching.

An increasing number of Canadians are taking medication to control one or more chronic conditions, such as diabetes, heart disease or asthma. Taking your medications properly allows these conditions to be managed, helping you feel better and minimizing long-term complications. Your pharmacist is a medication expert and, in addition to helping you understand your medications, can help you avoid or solve their potential side effects.

New and advanced drugs are becoming available every day. More are becoming available over the counter without the need for a prescription. When it comes to taking medication properly and safely, the right information is essential for your good health.

The Canadian Pharmacists Association reminds you to make the most of your medicine…talk to your pharmacist.

If you're like millions of Canadians who've had a prescription filled this year, you've seen first hand just one of the many services your pharmacist provides. Your pharmacist can do much more for you than you've come to expect.

As the most accessible health care provider in the community, your pharmacist is often your first point of contact with the health care system and is an excellent source of information.

In addition to advice and information about the best way to take your medicine, your pharmacist can help you with a variety of other health concerns, including help with conditions such as diabetes, asthma, high blood pressure or high cholesterol. He or she can provide sound, up-to-date advice on staying well and preventing disease. Your pharmacist can also help with lifestyle changes…for example, quitting smoking.

Pharmacists work in many settings: in the community pharmacy, in hospitals, nursing homes or at the outpatient clinic. The Canadian Pharmacists Association reminds you that whenever you have questions about how to make the most of your medicine, or need help with your health care, talk to your pharmacist.

You'll find it all, even a friend...
In your time of need you can count on us. Evenings, weekends, holidays.
Now Open Saturdays 'til 9pm
OPEN 365 DAYS A YEAR
JEAN COUTU
You'll find it all...even a friend!
5 - 9th Street East 938-7339
MAR5044

March Is diabetes Month
Speak to your HEALTHWATCH® Pharmacist and receive a personalized information kit with the tools you need to help you control your diabetes.
Make an appointment to have your monitor checked.
SHOPPERS DRUG MART
CORNWALL SQUARE 938-6060
MAR5043

FULLERTON DRUG STORES
For all your health and beauty needs.
Friendly, professional service.
10% Discount for Seniors
FREE DELIVERY
Two Convenient Locations
170 Pitt St., Downtown Cornwall
932-6843
820 McConnell Ave.
McConnell Medical Centre
933-7233
FREE MONTHLY CLINICS
march5043

Do You Have Old Prescriptions In Your Medicine Cabinet?
Expired prescriptions or medication should not be taken. Clean out your medicine cabinets and stop in to our pharmacy and we will check and dispose of expired medication. We are here to help you.

Medical Arts Pharmacy
2 Locations to Serve You
173 Montreal Road • 932-6501
30 - 13th St. E. • 933-0670
(DRIVE THRU)
MAR%044

Guardian™
PHARMACIE EASTCOURT PHARMACY
1380 Second St. E.,
Cornwall, Ontario
PRESCRIPTIONS
We Process Most
MAJOR DRUG PLANS
MON. - FRI.
9:30 a.m. - 6:00 p.m.
SAT.
9:30 a.m. - 6:00 p.m.
937-0956
SN2

SPORTS, TRAVEL AND ENTERTAINMENT ALL ON ONE PAGE.

2004 NISSAN SENTRA

At first glance, the **2004 Nissan Sentra** comes across as a practical, stylish and affordable sedan. Look again. Sentra offers plenty of room, a smooth ride, and is loaded with features you'd expect on a car with a much higher price tag.

Lease your 2004 Nissan Sentra 1.8 and *destination and delivery is included*. For a limited time get *No Security Deposit*. Or choose financing as low as 2.8%† and get *No Payments for 90 days!!***

With over 40 standard features like 126-HP 1.8-Litre DOHC Engine • 15" Wheels • 8-Way Driver's Seat • Air Conditioning • 60/40 Split Folding Rear Bench Seat • 100-Watt CD with AM/FM Audio System.

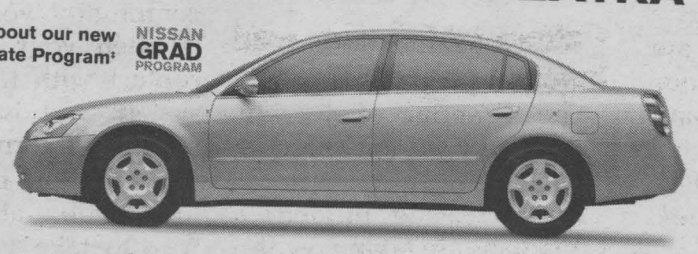
Ask about our new Graduate Program‡ NISSAN GRAD PROGRAM



60 month lease for only **$199** per month **$995** down or equivalent trade.*

2004 LIMITED EDITION NISSAN ALTIMA 2.5 S EXTRA

Ask about our new Graduate Program‡ NISSAN GRAD PROGRAM



48 month lease for only **$269** per month **$4,112** down or equivalent trade.*

Hurry in for your last chance on a great deal on a 2004 Altima – the 2005's are on the way.

The 2004 Nissan Limited Edition Altima 2.5S Extra comes with **$1,000 in No-Charge options***** like 16" Alloy Wheels • 8-Way Power Driver's Seat • Steering-Wheel-Mounted Audio Controls • Speed-Sensitive Volume Control • Anti-Theft System • and over 60 additional features.

Lease your 2004 Nissan Altima 2.5S Extra and *destination and delivery is included*.
For a limited time get *No Security Deposit*.
Or choose financing as low as 2.8%.†

Feed your desire. Set your soul free.

2004 NISSAN PATHFINDER "CHINOOK"

The **2004 Pathfinder "Chinook"** will take you wherever you need to go.

Loaded with everything you'd expect from a Pathfinder, plus a long list of added features like an award-winning 240-HP 3.5-Litre DOHC V6 Engine • Power Sunroof • "All-Mode" 4-Wheel Drive • "All Terrain" 4-Wheel Anti-Lock Braking • 16" Alloy Wheels • Bose® Audio System with 6-Disc In-Dash CD Changer • Electronic Compass & Outside Temperature Display • and over 50 additional features.

Lease your 2004 Nissan Pathfinder "Chinook" Edition and *destination and delivery is included*. Or choose financing as low as 3.8%.†



48 month lease for only **$377** per month **$5,523** down or equivalent trade.*

Change is on the horizon.

2004 NISSAN MAXIMA



48 month lease for only **$419** per month **$4,270** down or equivalent trade.*

The **2004 Nissan Maxima**. Do what you'll remember. Cozy up to temptation. Blow past gentility, but keep the grace. Resolve to live, not just exist. Introducing the next revelation.

Lease your 2004 Nissan Maxima SE and *destination and delivery is included*. Or choose financing as low as 3.8%.†

The flagship Maxima is loaded with over 70 standard features like an award-winning 265-HP 3.5-Litre DOHC V6 Engine • 18" Alloy Wheels • 4-Wheel Power Disc Brakes • ABS • Heated Front Seats • SkyView™ Roof • Bose® Audio System with 6-Disc In-Dash CD Changer (320-Watt with 8 Speakers)

2004 NISSAN QUEST



48 month lease for only **$362** per month **$4,685** down or equivalent trade.*

Moms have changed. So has the **2004 Nissan Quest**. Spontaneous. Flexible. Sensuously cool. A vehicle which understands you didn't become a different person when you became a parent.

Lease your 2004 Nissan Quest 3.5 S and *destination and delivery is included*. Or choose financing as low as 3.8%.†

Quest is loaded with over 70 features like an award-winning 240-HP 3.5-Litre DOHC V6 Engine • 4-Wheel ABS • Groundbreaking Fold_Away™ 2nd and 3rd Row Seats • 150-Watt CD with AM/FM Audio System • Heated Front Seats • Side Curtain Airbags • Available DVD and Navigation System • Available SkyView™ Roof

Visit your local Nissan Dealer or www.nissan.ca for details.

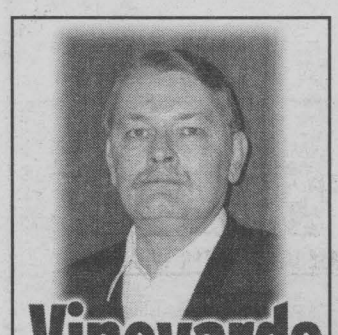
All offers are O.A.C, available for a limited time, may change without notice and cannot be combined on new 2004 Sentra (C4LG54 BK00), Altima (T4VG74 AE00), Maxima (U4SG74 AE00), Pathfinder (5CRG74 AE00) and Quest (V6RG74 AA00). *48-month lease on all 2004 Altima/Maxima/Pathfinder/Quest with ALR's of 5.0/5.0/3.9/5.3%. 60-month lease on all 2004 Sentra with ALR of 2.4%. Lease based on a maximum of 96,000/ 120,000 km with excess charged at $0.10/km. Licence, insurance, registration fees, PPSA and taxes are extra and must be paid at the time of transaction. Dealer may sell/lease for less. Not all vehicles/offers are available at all Dealerships. ‡Nissan Graduate Program available on 2004 Sentra/ Altima models. **No finance payments for 90 days on Sentra. ***$1,000 in extra value reflects price difference between 2.5 S Convenience model versus 2.5 S Extra model. †2.8/3.8% purchase financing available for 36 months on above models. Financing examples: $30,000 at 2.8%/3.8% per annum for 36 months equals $869.79/$883.05 per month. COB is $1,312.60/$1,789.91 for an obligation total of $31,312.60/$31,789.91. If the cash purchase prices are not taken, and the vehicle is financed, the effective interest rate is 6.0% for Sentra. Vehicles not exactly as shown and used for illustration purposes only. Nissan, the Nissan Brand Symbol, "SHIFT_" tagline and the Nissan model names are Nissan trademarks.

NISSAN

SHIFT_

LOCAL

Aussie Reds Great Choice For "Chili" Weather



Today we'll continue our look at wine matches, some unusual, for traditional winter meals. If you're thinking, "Winter meals? It's March!" you've forgotten some of the surprises Old Man Winter can provide before he makes his exit. We're not necessarily out of the snowy woods yet!

One perennial favourite we've only mentioned in passing is chili con carne. Around our household it appears regularly between late fall and early spring, then disappears, only to return as someone's contribution to the annual potluck at the lake. There are as many variations as there are cooks, but the basics remain the same.

Chili, whether mild or very spicy, highlights rich, savoury and spicy flavours. We're talking forceful food flavours - spices, herbs and other tastes that talk, and sometimes, bite back. Depending on the recipe, you can also include sweet and tangy flavours in the mix, resulting in a quite complex taste experience.

The proper wine will match the dish's richness, complement and add layers of complexity to the flavours and accentuate subtle flavours. Great food wines do this by matching the main components of wine, richness, flavour and acidity to their dinner partners.

Beer is often chosen as a partner for chili. It is a good choice because its hoppy bitterness acts very much like wine's acidity with food. However it can rarely match the flavour and complexity enriching capacity of wine. Where it does shine is in matching the extreme spiciness and heat of five alarm chili and suicide wings.

Choices for white wines to serve include German Riesling, Alsatian Riesling and Australian Semillon. Just remember to match the weight of your dish to your chosen wine. Reds to select from include Rhone reds, Shiraz, Sangiovese, Malbec and Merlot. Our selections both hail from Australia.

Wolf Blass Eaglehawk Cabernet Shiraz Merlot (CSPC#589564) combines the intense fruit, rich flavour and bracing acidity needed in a great food wine. The Eaglehawk line is known for their fruit driven style and this is no exception.

The nose is complex and open with a combination of plum, red berry fruit and oak aromas. The wine itself is medium bodied with rich berry, plum and dry strawberry fruit, subtle oak overtones and just a dash of spice. Round and luscious with a soft, lingering finish this is a medium bodied red that drinks much bigger.

Rosemount was the winery that led the stampede of Australian wines onto the North American scene with some stunning vintages of Shiraz in the early 1980s. It should come as no surprise that Rosemount Diamond Blended Shiraz Cabernet 2002 (CSPC# 214270) offers up such superb quality at a reasonable cost. It is easy drinking wine at its best, fresh, fruity and bursting with flavour.

Black cherry and plum fruit flavours dominate the palate with just a touch of spice and a slightly herbaceous quality. Soft tannins and generous acidity balance the ample fruit to produce a soft, rounded wine with a long flavourful finish. Keep this one in mind for the summer around the barbecue, it just lights up meat flavours.

Other matches include a number of wines we've discussed here recently. These include Trapiche Malbec 2002, Trapiche Merlot/Malbec 2003, and Tyrell's Long Flat Red Cabernet/Shiraz/Malbec 2002.



Guidance Counselling At L'Heritage



As a student in high school, where do you think your future lies? Do you have it all figured out? Do you have all the necessary qualifications to pursue the particular career you want? All these questions can be answered. All you have to do is take the time to visit the guidance counsellor at your school.

Mrs. Wendy Lalancette is the guidance counsellor at l'École secondaire publique L'Héritage. She helps students make the right career choices, course selections, and life choices. She gives them moral support and encouragement.

Students who want to figure out what they want to be will seek answers. That's when Mrs. Lalancette might suggest them to do a co-operative education placement to gain experience, do volunteer service, and take a summer job in a field of work they consider interesting. If students wish to know more about themselves, she also suggests they complete personality, career, and learning skill tests.

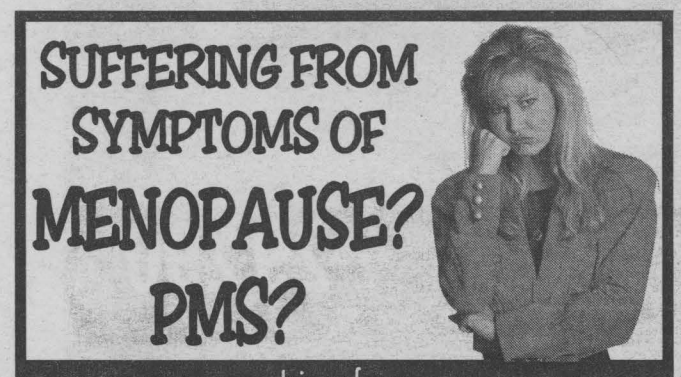
Most of the students who ask Mrs. Lalancette for advice are in grade 12. Some of them already know what they want to be, while others do not. Statistics show that people change jobs many times because they can never figure out what job appeals to them the most. That's why it is important to know what interests them while they're in school, because when they enter the workplace, going back to school becomes considerably difficult.

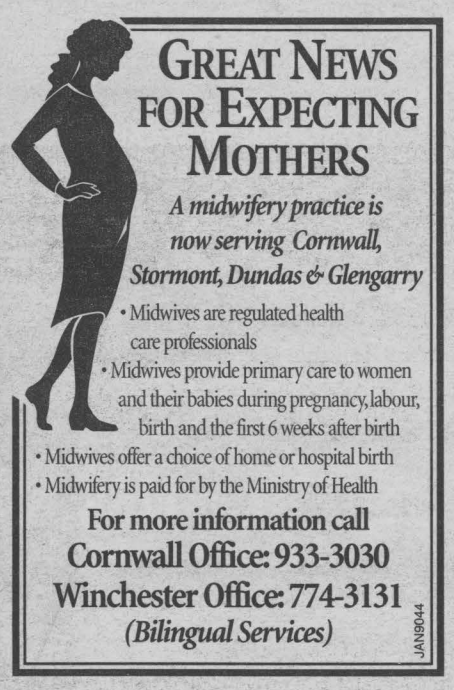
Being a guidance counsellor is a demanding job. "You have to be organized. Mrs. Wendy Lalancette used to teach Biology, Mathematics, grades nine and 10 Science, Parenting, Sociology, and Nutrition. Now, instead of teaching students, she guides them into making the right choices for and in their education. Even though her job can be difficult at times, it is worthwhile because she realizes that she is helping the students.

Since L'Héritage is a small school, everybody knows everyone, and that's what makes it a family. People help each other out, encourage each other, and accomplish things together.

"Try to get work experience! Be informed! Get information on life so that you can make wise choices. Don't be afraid to ask questions. Go and see the guidance counsellor at your school to help you sort out your future. It's your future here!" says Mrs. Wendy Lalancette.

Being a child, you don't have to worry about anything. As you're growing up, life will start to hit you, and you will be wondering about what road you're headed for in life. You need to set goals and do your best to reach them. When you realize you can do this, that's when you will know anything is possible.







Medication Tips For Children

Medicines, or medications, are drugs that help you ... they can keep you from getting sick ... when you are sick, they can make you better.

Your pharmacist cares about your health and knows all about medicines. If you are sick and your doctor writes a prescription for a medication, take it to your pharmacy or drug store. Your pharmacist makes sure you are taking the right medicine and talks to you and your parents about how and when to take it.

Using Medicine Safely

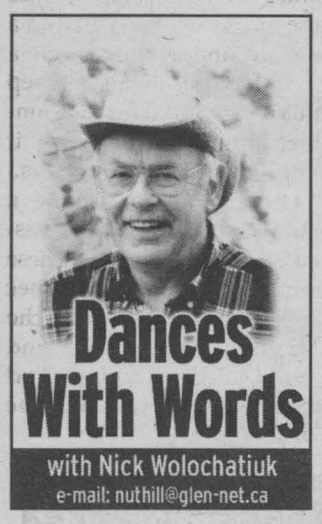
- Always take your medicine as your doctor and pharmacist tell you to - no more and no less!
- Even a little too much medicine can hurt you.
- Sometimes medicine tastes bad, but it can make you feel better when you're sick.
- Some medicine looks like candy so you must be careful - ask an adult before you take any.
- Cough drops are medicine, not candy - ask your parents before taking them.
- Take only your own medicine. Do not share your medicine - not even with your best friend.
- Do NOT take anything from strangers. Only your parents should give you medicine (or another adult your parents say is OK).
- Keep all medicines in a safe place - away from young children so they won't be hurt.
- Don't keep medicines in the bathroom. Bathrooms get hot and steamy, which is not good for medicines.
- Old or unused medicines should be taken back to your pharmacy for safe disposal. Don't throw medicines in the garbage or flush them down the toilet.

If you have questions about any medicine, ask your pharmacist for help.

MAR19044



This Week's Special Classifieds Section



Have you ever thought of how you would use the classified want ad sections of a local or national newspaper, or of magazines such as Canadian Geographic, National Geographic or Aviation Week, if you were given free access to them? I have!

Here are some of the ads I would place - no kidding, I'm serious about every one of these!

Trade: Will trade left-hand work gloves that are in near perfect condition for an equal number of right-hand gloves in comparable condition.

Barter: Will exchange services of a dentist, plumber, electrician or lawyer for equivalent value in my skill areas as writer, photographer, canoeing instructor or unskilled laborer.

Needs A Good Home: Nine-foot high artificial Christmas tree; some assembly required; will donate to a deserving charity or benevolent institution.

Good Home Available: Willing to give permanent home for a wide variety of perennials, and deciduous and coniferous saplings. Blue spruce, red maple and cedar given preference. No Manitoba maple or hybrid poplar need apply.

Ashes For Free: A pail per week of hardwood ashes are available from November to March inclusive.

Free Grass: No, not that kind! Send your goat over to graze, or come pick it up for your compost pile. Available weekly, from April to July inclusive. Guaranteed free of herbicides and pesticides.

Well-Qualified Tester Available: Will do long-term field testing of hiking equipment, canoes, cameras, Volkswagen Westfalia campers, pickup trucks, ethnic foods and airline services. Have extensive experience related to all of the above.

Driver Available: Will drive your vehicle anywhere, in exchange for direct travel expenses, and return air fare if a one-way delivery. Preference given to destinations in British Columbia, California, Florida, the Atlantic Provinces, Northern Canada and Alaska.

Ballast Available: Does your airplane fly lop-sided, left-side heavy because there's no one sitting beside you in the right-side seat? I offer a 185-pound free of charge solution. En route, I can read charts, look out for other traffic, search for information in the CFS (Canada Flight Supplement), spell you on the stick, take photographs of and provide commentary on geographic being encountered and provide generally scintillating conversation.

Will Build Inukshuks: Have experience; can show three examples of my most recent work and photographs of many other inuksuit; fee negotiable, depending on location, height required and availability of suitable sedimentary rock. Can supply the building material if required. Any inukshuk I create comes with a one-year guarantee against acts of God, including earthquakes, blizzards and thunderstorms.

Guest Speaker Available: Willing to do slide-illustrated presentations on a wide variety of topics, including aviation, travel, bicycle touring, Adirondack hiking, 35 mm photography, journalism (reporting and columns). Can be after-dinner, and evening or day workshops.

Photographer Available: Have extensive experience in doing aircraft (especially air-to-airs), homes (interior, exterior and aerials), weddings, pets, artworks, portraits and family reunions. Also have experience in doing the landscapes, peoples and architecture of the local area, plus California, British Columbia, Morocco, France, Switzerland, Germany, Ireland. Willing to do other locales.

Spunky Woman Wanted: Must be able to use and maintain chain saw and lawn mower. Must show competency in preparing a wide variety of meals and appetizers, especially Ukrainian, Chinese, Italian and Moroccan. British cooks need not apply! Should be able to install, update and trouble-shoot various computer software and hardware. Ability to read maps, proofread and critique manuscripts and type hand-written material a definite asset. Please feel free to state any additional qualities you may possess. Smokers, boozers, drug users, Bingo players, couch potatoes, kvetches, sour pusses, cold fish and anyone who acts like a senior citizen need not apply. Serious inquiries only - one-night stands need not apply. Must have current pilot licence, including float rating. Must own an amphibian aircraft, with preference given to types such as Turbo-Beaver, Turbo-Otter, Grumman Mallard, Canadair CL-415 and Shin Meiwa SS-2A. Send complete outline of performance data (of the plane) and recent picture of it when submitting your application. The successful applicant will be given a full-time permanent position.

Unlike most of my columns, these items are not in alphabetical or chronological order. I'll let you figure out their order of significance. If you or any of your associates wish to respond to any of the above classifieds, send me an e-mail to nuthill@glen-net.ca or a letter to R.R. 2, Williamstown, Ontario, K0C 2J0.

Carpet Cleaning
Easter Specials
STEAM CLEAN 3 ROOMS *
GET 1 ROOM FREE
or Steam Clean Couch & Chair and Get 1 Chair FREE
*smallest room free
bonus FREE DEODORIZER WITH SPECIALS
Bill's Steamex
Carpet & Upholstery Cleaning
over 25 years experience
938-0701
MAR19044

GMC BUILDING LEGENDS
WE'VE LINED UP FIVE POWERFUL REASONS TO DRIVE A CANYON.
IN-LINE 5 HAS MORE HORSEPOWER THAN ANY V6 IN ITS CLASS
GMC CANYON
Canyon Crew Cab 4WD model shown
GMC CANYON CREW CAB Standard Vortec 2800 In-Line Four-Cylinder Sequential Fuel Injection Engine
CREW CAB 4WD STARTING FROM $29,290▲
EDITOR'S MOST WANTED VEHICLE AWARD – EDMUNDS.COM
GMC SIERRA
SMARTLEASE $268* per month
GMC SIERRA EXTENDED CAB R7F
285 HP Vortec 4800 V8 Engine 4 Wheel ABS Locking Differential Standard Driver Info Centre
CASH PURCHASE PRICE $31,698▼
0%‡ PURCHASE FINANCING
WARD'S 10 BEST ENGINES 2002-2004
Envoy XL SLT model shown
GMC ENVOY
SMARTLEASE $368* per month
GMC ENVOY SLE R7E 275 HP Vortec 4200 Engine Autotrac – Fully Automatic 4x4 System 4 Wheel ABS Disc Brakes Power Windows/Locks Dual Zone Air Conditioning
CASH PURCHASE PRICE $39,998▼
0%‡ PURCHASE FINANCING
WORLD'S MOST ADAPTABLE SUV
GMC ENVOY
Envoy XUV SLT model shown
GMC ENVOY XUV SLE
275 HP Vortec 4200 Engine Power Sliding Roof Midgate with Power Glass Drop & Swing Tailgate Water Resistant Cargo Area
STARTING FROM $41,555▲
PONTIAC BUICK GMC
GM
For the latest information, visit us at gmcanada.com, drop by your local Pontiac • Buick • GMC Dealer or call us at 1-800-GM-DRIVE. *Based on a 36/48 month lease. A down payment or trade of $4,800/$4,800 (Sierra Ext Cab 2wd R7F/Envoy SLE R7E) is required. Annual cost of borrowing of 0.5%/0.9% per annum. Option to purchase at lease end is $20,104/$20,053 plus applicable taxes. Annual kilometre limit of 20,000 km, $0.12 per excess kilometre. Other lease options available. ▼Freight ($1,050/$950), licence, insurance, registration, PPSA, administration fees and taxes not included. ▼The SMARTLEASE/GMAC purchase finance rate are not available with and are not calculated on the "Cash Purchase Price" shown. The difference between the price for the SMARTLEASE/GMAC Purchase Financing offer and the "Cash Purchase" offer is deemed under provincial disclosure laws to be a cost of borrowing, whether or not the same represents actual interest, and is required to be expressed as an annual percentage which is 3.77%/1.82%. ‡Financing on approved GMAC credit only. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $10,000 at 0% APR, the monthly payment is $208.33 for 48 months. ▲Based on MSRP of base 2004 GMC Canyon Crew Cab 4WD/Envoy XUV SLE 2WD. (Freight, taxes, PPSA and administration charges not included). ▼‡▲Offers apply to 2004 new or demonstrator models of vehicles equipped as described. Offers apply to qualified retail customers in the Ontario Pontiac • Buick • GMC Dealer Marketing Association area only (including Outaouais and excluding Northwestern Ontario). Dealer order or trade may be required. Dealers are free to set individual prices. Limited time offer which may not be combined with other offers. Certain exceptions apply. See your dealer for conditions and details. ®Registered trademark of General Motors Corporation. TD Canada Trust licensed user of mark. Visa International Service Association/TD Canada Trust and GM licensed user of marks. ®Trade-mark of The Toronto-Dominion Bank.

Tides Of Time In Bloom

Story by Linda Mikolayenko

The Canada Blooms Flower and Garden Show in Toronto earlier this month attracted a large number of visitors, including a group from the Seaway Seniors of Cornwall. But before the doors of the Metro Toronto Convention Centre opened to the public, an area resident was one of hundreds of volunteers that helped to transform over six acres of concrete into 'paradise' in just six days.

Roxanne Westenbroek, a certified horticulturalist and landscape designer who makes her home in Ingleside, represented Landscape Ontario, a horticultural trades association that produced the event in conjunction with the Garden Club of Toronto.

"The amount of work that is accomplished in such a small timeframe takes an extraordinary amount of teamwork," says Westenbroek.

Westenbroek was primarily involved in the logistics of dispatching the vast number of plants to the 30 feature gardens, but also had the opportunity to design a small garden of her own.

Using the show's theme of 'Tides of Time,' she chose plants to represent different eras, illustrating how plant styles come in and out of fashion. The garden included a colourful array of cedars, boxwood, begonias, tulips, paperwhite narcissus, muscari and a new variety of pansies.

"The waves of plants also symbolize our individual journeys through time," says Westenbroek. "The plants lead off in various directions and are interrupted by other plant groups to show how our lives route, re-route and continue like waves."



The "Tides of Time" theme at Toronto's Canada Blooms is reflected in this garden designed by Roxanne Westenbroek of Ingleside. Photo submitted by Charlie Dobbin



Roxanne Westenbroek, a certified horticulturalist and landscape designer, represented Landscape Ontario at Canada Blooms in Toronto. Photo by Linda Mikolayenko

Joey's Only Tops In Ontario



The gang from Joey's Only gathers around the cake to celebrate the local franchise achieving Tops In Ontario amongst all franchises for sales of the Fat Fish Decals, in support of the Alzheimer Society.

Photo submitted by Craig Smith

Joey's Only Seafood Restaurant went over the top for Alzheimer Awareness Month in January 2004. The restaurant set a lofty goal of selling 800 "Fat Fish" decals to paste up around the store, in support of the Alzheimer Society, and was pleased to sell out all 800. Then came the big surprise a few weeks later when they learned that they had placed third in Canada, and first in Ontario amongst all Joey's Only Restaurants, in sales of the little fish decals.

"We were thrilled!" smiled co-owner Dean Brush. "But the victory belongs to all of our staff, who helped to sell the decals, as well as my parents, who tirelessly kept encouraging people to buy them. Also, we got great support from We Care Home Health, Manoir McConnell Manor, Seaway News, and Chateau Gardens Nursing Home."

Being tops in Ontario brought a little reward to the local franchise. "Head office bought a big cake for us, to congratulate us," offered Dean. "But it's not about getting a cake, it's knowing that we had a lot of fun while supporting a great cause. Half of the $800 raised will stay in the local community, while the other half will go towards national research towards a cure for Alzheimer's. Next year we're going for 1,200 sold!"

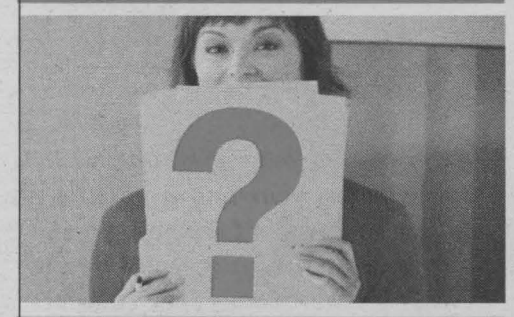
Directors At Risk

The risk to volunteer directors in 2004 has never been greater. Long hours, a lack of spare time, and transgressions in the boardroom are causing more and more people to hesitate before committing.

To address this growing issue, the Cornwall and Area Chamber of Commerce in partnership with the Eastern Ontario Training Board are presenting a half day seminar entitled, Complementary Model of Board Governance. The seminar is designed to reduce the risk to volunteer directors, increase the operational efficiency of boards, and enhance volunteer director satisfaction.

Leading the seminar will be Mr. Tom Abbott, President of Association Management Consultants. A volunteer, senior staff person and consultant for over two decades, Abbott has worked with over 250 volunteer groups and is a recognized authority in the field of association management.

Honda
GEAR UP FOR SPRING EVENT



BUYING A CAR? ASK A LOT OF TOUGH QUESTIONS. BETTER STILL, ASK US.

LET US SHOW YOU THE SMARTER WAY TO BUY.
It starts with a smart price, but you also need to consider resale value, fuel efficiency, safety ratings and more. Let us walk you through The Smarter Way to Buy. The closer you look, the better Honda looks.
www.hondaontario.com

2004 ACCORD LX-G SE
$26,800** MSRP
The Special Edition Accord includes fog lights, special alloy wheels, a 6 disc in-dash CD player and Special Edition Badging.
INCLUDES $2246‡ IN NO CHARGE FEATURES
$298* Per month for 48 months with $4,463 down. Freight and P.D.E. included. $0 security deposit.

2004 PILOT GRANITE
ALL NEW MODEL
$38,800** MSRP
You'll love driving it.
You'll love looking at it.
$448* Per month for 48 months with $5,713 down. Freight and P.D.E. included. $0 security deposit.

2004 HONDA ODYSSEY LX
$32,200** MSRP
Feel the surge of a 240 hp, 3.5 litre, 24-valve V6 VTEC™ engine.
$348* Per month for 48 months with $4,361 down. Freight and P.D.E. included. $0 security deposit.
3.8%** Lease and purchase financing available on the 2004 Honda Odyssey.

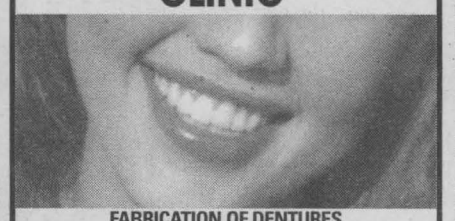
2004 SPECIAL EDITION CIVIC
$16,800** MSRP
The Special Edition Civic includes air conditioning with micron air filter, CD player, power locks and Special Edition Badge.
$188* Per month for 48 months with $2,207 down. Freight and P.D.E. included. $0 security deposit.
3.8%** Lease and purchase financing available on the 2004 Civic.
INCLUDES $1700‡‡ IN NO CHARGE FEATURES

Ontario Honda Dealers
THE SMARTER WAY TO BUY.

HONDA

HCFI Now don't forget to read this stuff, it's important too. Lease and finance offers are available, on approved credit, only through Honda Canada Finance Inc., until March 31, 2004. Lease payments shown are for 48 months and include $1,095/$1,240/$1,240/$1,010 for freight and P.D.E. with 96,000 km allowance (12¢/km exceeding 96,000 km applies). *Based on a new 2004 Special Edition Accord Sedan LX-G, Automatic/Pilot Granite, 5-speed Automatic/Odyssey LX/Special Edition Civic Sedan, 5-speed Manual (model CM5644E-SE package/YF1814E/RL1854PK/ES1534PX) $298/$448/$348/$188 per month for 48 months. A.L.R. 5.8%/5.8%/3.8%/3.8% (total lease obligation of $18,767/$27,217/$21,065/$11,231). Down payment or equivalent trade of $4,463/$5,713/$4,361/$2,207 (zero down payment plans available), plus first monthly payment required. Option to purchase at lease end for $13,400/$19,012/$15,778/$8,400 plus taxes. **MSRP does not include freight and P.D.E.($1,095/$1,240/$1,240/$1,010). *3.8% conventional financing is available on all new, in-stock 2004 Civic Sedans and Coupes (Offer excludes 2004 Civic Hybrid and SiR) / Odyssey for 24, 36, 48, and 60 month terms. Financing example: $20,000 at 3.8% per annum equals $366.53 per month for 60 months. C.O.B. is $1,991.80 for a total obligation of $21,991.80. Down payment may be required. ‡Calculation for $2,246 in no charge features is $2,946 - based on dealer installed accessory pricing. Additional charge to consumer is only $700. Savings to consumer is $2,246. ‡‡Calculation for $1,700 in no charge features is: Civic DX Coupe/Sedan with manual transmission is $16,100. Value of additional SE features is $2,403 - based on dealer installed accessory pricing. Additional charge to consumer is only $700. Savings to consumer is $1,703. */**/* Taxes, licence, insurance, registration and maintenance fees are additional. Dealer may sell/lease for less. †See Car and Driver magazine January 2004. ††See Car and Driver magazine March 2004. †††Source: Association of International Automobile Manufacturers of Canada. See your neighbourhood Ontario Honda dealer for details.

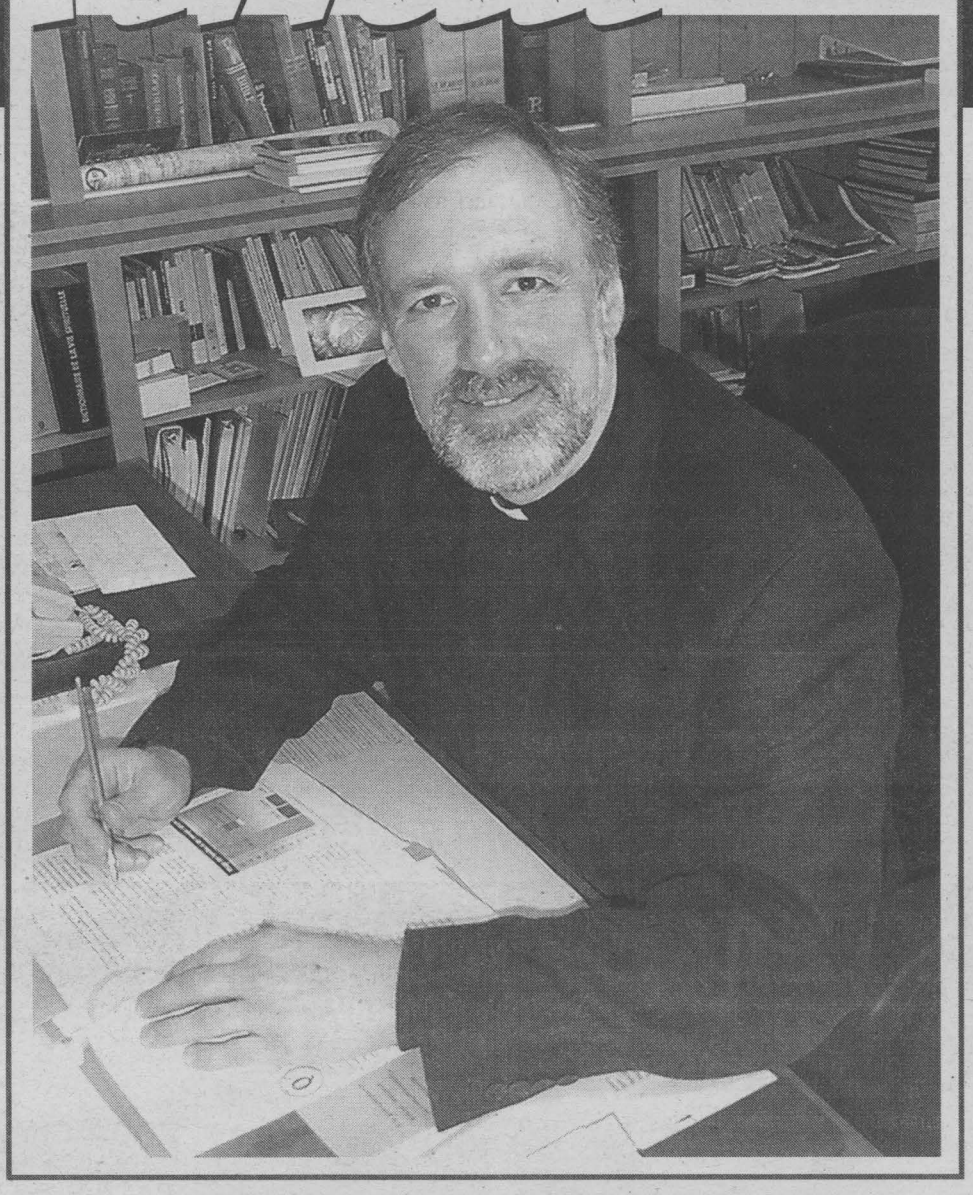
DENTUROLOGIST CLINIC



FABRICATION OF DENTURES, PARTIALS AND IMPLANTS.
Same Day Repairs
SN4
1073 PITT STREET
938-7721
Christos Markou D.D Denturologist
www.cmarkou.ca

Formax Plastic Inc.
is pleased to officially announce
"THE SHADOW® EFFLUENT FILTERS"
We Invite You To Visit Our Plant and Demonstration
Monday, March 22nd 10am-11am
at 295 Industrial Blvd., Alexandria
MAR19048
Failed or Failing Septic System? Not Anymore!
Can't Afford To Replace Your Existing System?
You No Longer Need To!
WHY REPLACE? REJUVENATE!
BUY DIRECT FROM THE MANUFACTURER AND SAVE$
SEE THE LATEST AND MOST COST EFFECTIVE SEPTIC PRODUCTS IN THE SEPTIC INDUSTRY TODAY!
The Only Septic Product Line of It's Kind In North America, Built by Canadians For The Canadian Climate
•525-1610•

FOCUS Cornwall Q&A



Forty-nine year old Paul-André Durocher has been Bishop of the Alexandria-Cornwall Diocese for the past year-and-a-half. He became a priest in 1982 and took on the role of bishop in the Church almost five years ago. He comes from a family of nine, sporting six brothers, including himself, and one sister. His mother and father currently reside in Hawkesbury. Having spent a large part of his Church service in Northern Ontario, Bishop Durocher moved into a diocese where there was controversy within the Church and where some very tough decisions had to be made about the future of some parishes. Seaway News sat down with Bishop Durocher recently to talk about his commitment to the Church and to life.

S.N.: In reading your background, we noticed that prior to your church calling, your goals centred around being a teacher or a professional singer.

DUROCHER: I was studying classical music. I did work with orchestras with the opera chorus at the National Arts Centre in Ottawa for a number of summers as a student. I did some solo work, recording for the CBC, so it was basically in the classical field. I fell in love with classical music through choral singing. I wanted to be a choral singer or director but then, through my studies, I started moving towards opera and solo recital work. But at the same time, I was struggling with the idea of the priesthood. I thought of priesthood since I had been a child, so it was always there in the back of my mind. There came a point when I was about 22, I told myself I had to be honest with myself and go see if the Church wasn't more my place than music. I stopped the music business and entered seminary and during my four years there, I really felt this was my place.

S.N.: How does a young child have this "calling" that they may want to enter the priesthood?

DUROCHER: I grew up in Tecumseh, Ontario, just outside of Windsor in Southwestern Ontario. Tecumseh was a place where a lot of guys became priests. The Morand family is from there and there are six boys in the family, all who went into the priesthood. It was kind of a normal thought in that milieu. The priest in our parish at the time was a wonderful man and he impressed me and I wanted to be like him. Later on, as a teenager, I started thinking of the priesthood again, but now more in terms of service and building a better world. I was 16 years old in 1970 with the Vietnam War and the hippie movement and I wanted to do my share to make the world a better place and I believed that the Church and the priesthood could contribute to that.

S.N.: As a young man, was dating and girlfriends part of your lifestyle?

DUROCHER: Oh, I dated, I had girlfriends. There are still some women, who are young in my mind, that I still think fondly of with great affection. There was never anything terribly serious. I never got close to engagement or anything like that.

S.N.: You have a large extended family and one that seems to be successful and flourishing. Have you ever missed not experiencing that part of your life?

DUROCHER: There's no doubt that in choosing celibacy, you're basically choosing not to have a family and there are times when I am with other people, who do have a family such as my brothers with their kids, I cannot be there and be indifferent to that and feel that I'm not missing anything. I feel that there was a choice there and I had to leave something behind. But at the same time, what I've embraced is so enriching to me personally and so life-giving that I don't sit here pining, day after day. I don't see my celibacy as a burden but rather as a gift.

S.N.: Should priests be allowed to marry?

DUROCHER: In the Catholic Church, we already do have priests that are married. The Ukranian Catholic Church allows priests to be married. The Latin tradition, to which I belong, and the majority of Canadian Catholics belong, has a tradition that is 1,500 years old, that priests be chosen from among those that are called to celibacy. This is hard perhaps for people to understand. If I was simply accepting celibacy as a condition that I had to endure in order to become a priest, then my celibacy would have been terribly painful for me and for others. I have raised my celibacy as a call that has worth and dignity and value in and of itself. Thirty years ago, the Pope put the marriage question to a gathering of bishops and about 80 percent said there should be no rule or policy change. What I am saying is that I am fine with the tradition but I'm also saying that it would be worthwhile studying the question again.

S.N.: How do you view the health of the Catholic Church?

DUROCHER: Since the mid-60s to the present day, I think the Catholic Church has had great difficulty facing the reality of the world and difficulty facing its own problems particularly in the area of mismanagement of sexual abuse cases. It's a hard time to be a member of the Roman Catholic Church right now but it's an exciting time also.

S.N.: You closed three parishes in this area recently and a lot of people felt betrayed but yet, understood.

DUROCHER: That's the feeling I got. On the one hand, great sadness that their parishes had been closed but at the same time a realism that decisions had to be made. I used to make a joke that the people in Cornwall were telling me you have to close two or three parishes but don't close mine. Some still feel I didn't make the right decision and I respect that but the decision was made at the end of a long consultation process.

S.N.: What is Pope John Paul II like?

DUROCHER: I have met with the Pope, one on one, when I and other visiting bishops were given 15-minute private audiences. What struck me when I first saw him, four years ago, is that he really is Polish. The solidity of his body and the size of his hands, the squareness of his face. He made me think of an old Polish miner, many that I've known as I grew up in Timmins. Actually, the Pope, as a teenager, had worked in a rock quarry. The second thing that struck me was that he is weak, there is no doubt about that, but he is very present. I remember at one point we were talking about the institution of marriage and the problems couples face in today's society. I can still remember the last thing he said to me, 'What can we do to help them?'

S.N.: What's the inside of the Vatican like?

DUROCHER: The Vatican is like a big museum. Most of the buildings were built in the 15th, 16th and 17th centuries and basically they've been kept in that state. Very ornate but just like walking in a big museum. The Pope's dining room table is an ordinary table and we bishops had an ordinary meal with the Pope. They served us wine but I noticed the Pope wasn't drinking wine. I asked his assistant what the Pope was drinking and he said, 'Oh, he's Polish. The Pope likes beer." So it's very simple in a way.

S.N.: Do you have hobbies so you can escape the rigors of your job?

DUROCHER: I play golf occasionally, I like to play the piano at least a half-hour each day and I'm a voracious reader.

S.N.: What's your definition of Heaven?

DUROCHER: My definition of Heaven is living in a perfect community where each person is fully and totally themselves but at the same time is in full and total relationship with all the others around him or her.

Unbelievable Warehouse Direct Prices
POIRIER FURNITURE BEST BUYS
LA-Z-BOY Rocker Recliner $399
Largest selection of La-Z-Boy recliners in Eastern Ontario!
HOTPOINT STYLE BY DESIGN
super special $849 pair
Washer - 2 speed, 12 cycle commercial quality
Dryer - 5 cycles, commercial quality
(not exactly as shown)
MOFFAT 16" c.ft. FRIDGE $499
(not exactly as shown)
mar19044
HURRY IN! Limited Quantities of these LOW LOW Prices - In-store financing OAC
POIRIER FURNITURE 711 Montreal Road • 932-6550



CHRYSLER

INTREPID SE

CASH PURCHASE FOR
$19,998**

• 2.7L DOHC 24-VALVE V6 200HP ENGINE • AIR CONDITIONING • AM/FM/CD STEREO
• SENTRY-KEY® THEFT DETERRENT SYSTEM • KEYLESS ENTRY • CRUISE CONTROL



2004 Chrysler Pacifica

CASH PURCHASE FOR
$39,800††

LEASE FOR
$499† per month for 36 months with $0 DOWN PAYMENT

- 3.5L V6 24V MPI engine
- Air conditioning with dual zone control
- Rear-folding 3rd row seating
- Keyless entry • AM/FM/CD stereo
- Power windows, locks and mirrors
- Security alarm and Sentry-Key® Theft Deterrent System

OR CHOOSE
0% Purchase* or lease Financing
36 month lease
48 month purchase

2004 Chrysler Sebring Sedan

CASH PURCHASE FOR
$18,998**

- 2.4L DOHC 24V engine
- Air conditioning • Keyless entry
- Power windows, locks and mirrors
- Cruise control • AM/FM/CD stereo
- Sentry-Key® Theft Deterrent System
- Multistage driver and front-passenger air bags

OR CHOOSE
0% Purchase* or lease Financing
36 month lease
60 month purchase





2003 Chrysler PT Cruiser

CASH PURCHASE FOR
$18,998**

- 2.4L DOHC 16V SMPI engine
- Air conditioning
- AM/FM/CD stereo
- Tilt steering
- Sentry-Key® Theft Deterrent System
- Multistage driver and front passenger airbags

OR CHOOSE
0% Purchase* Financing for 60 months.

FULLY TRANSFERABLE
7 YEAR 115,000 KM WARRANTY
‡
The best protection we've ever offered on all 2003 and 2004 models. 7 year or 115,000km powertrain warranty. Plus 24 hour Roadside Assistance.

FINANCING PROVIDED EXCLUSIVELY BY
CHRYSLER FINANCIAL CANADA

VISIT YOUR NEIGHBOURHOOD CHRYSLER, JEEP®, DODGE RETAILER OR CHRYSLER.CA **Wise customers read the fine print:**

*, **, † These are limited time offers which may not be combined with any other offer except Graduate Rebate and apply to retail deliveries on new in-stock 2003 and 2004 vehicles. Retailer order/trade may be necessary. Financing subject to approval by Chrysler Financial Canada. Chrysler Financial Canada is a member of the DaimlerChrysler Services Canada Group. See retailer for complete details and conditions. Chrysler Intrepid shown with optional rims. * 0% purchase financing for up to 60 months on 2003 Chrysler PT Cruiser, 2004 Chrysler Sebring Sedan and Chrysler Intrepid models, and up to 48 months on 2004 Chrysler Pacifica. Example: $30,000 @ 0% APR/48/60-month term; monthly payment is $625.00/$500.00. Cost of borrowing is $0. Total obligation is $30,000. If customers choose 0% purchase financing, they forego incentives available to cash purchasers. The effective interest rate, factoring in these incentives, could be up to 4%. † Lease is based on a 36 month term. Total lease obligation/lease interest rate is: $18,235 Chrysler Pacifica 26M (0%). Lease includes freight. Kilometres limited to 61,200; charge of $0.15/km for excess kilometres. **, †† Cash purchase is valid only for 2004 Chrysler Pacifica 26M, 2004 Chrysler Sebring Sedan 24H and 2003 PT Cruiser 28E. *, **, †, †† Excludes license, insurance, taxes, registration and retailer charges. *, **, † Excludes freight. ‡ 2004 Chrysler, Jeep and Dodge vehicles are backed by the best protection we've ever offered: a 7-year or 115,000 kilometre$^{\Delta}$ Powertrain Warranty plus 24-hour roadside assistance+. Basic Warranty coverage is for 3 years or 60,000 kilometres$^{\Delta}$. $^{\Delta}$Whichever comes first. +Some conditions including a deductible may apply. Offer does not apply to vehicles sold for certain commercial uses or to Ram SRT-10 models. See your dealer for details. ® Jeep is a registered trademark of DaimlerChrysler Corporation used under license by DaimlerChrysler Canada Inc., a wholly owned subsidiary of DaimlerChrysler Corporation.

CHRYSLER
Jeep
DODGE
FIVE STAR

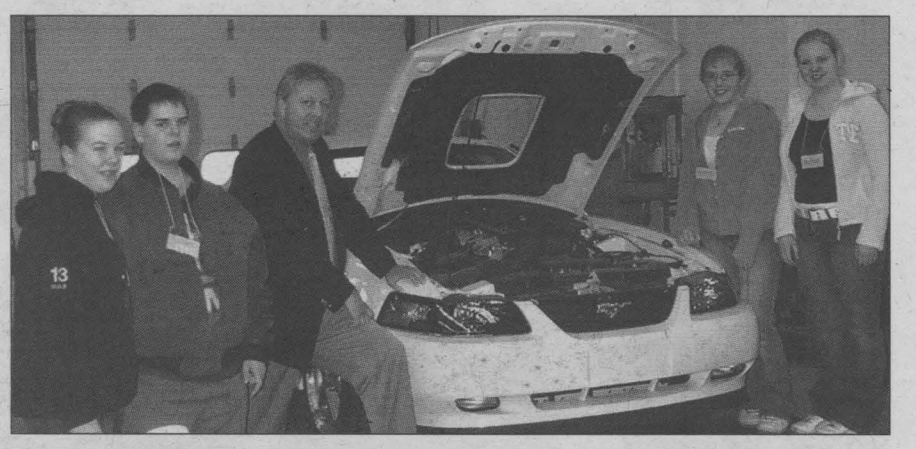
LOCAL

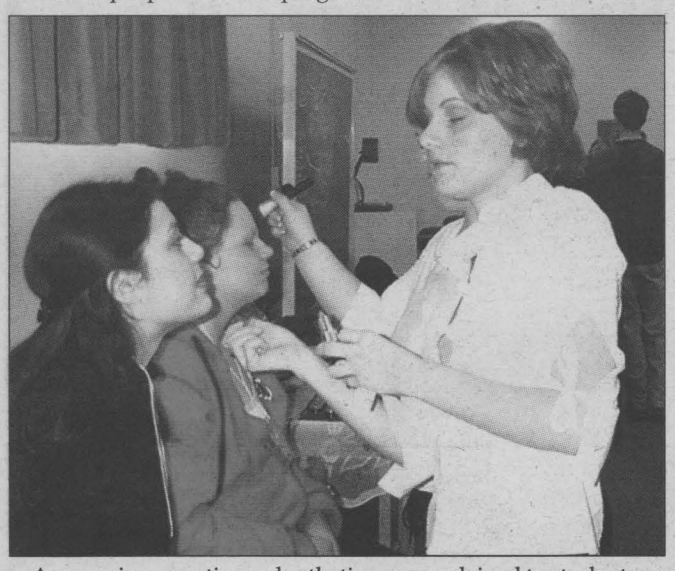
Learning About The Apprenticeship Program

Over 1,200 Grade 10 students from the SD&G area converged on St. Lawrence College Tuesday, March 2nd, 2004, participating in the third annual Ontario Youth Apprenticeship Program which allows students to experience various trades first hand. Marc Schaefer, OYAP Coordinator tells Seaway News, "There is a need for tradespeople, and this program meshes well with the career exploration course the students must take as part of their career planning."

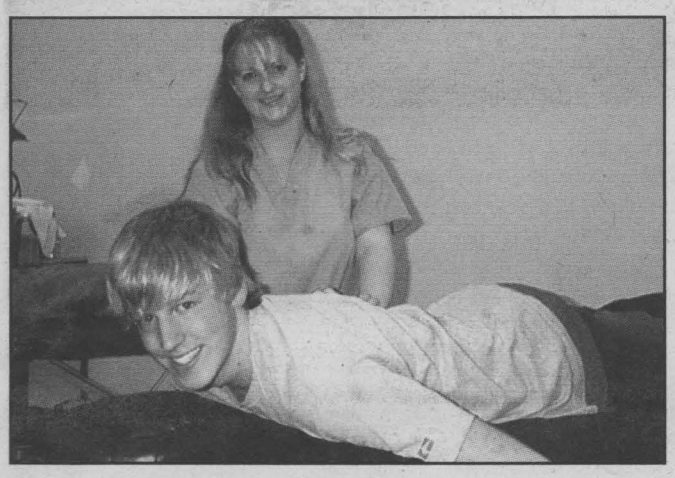
In the automotive sector, Healy Motors Manager Denis Moquin (third from left) gives North Dundas District High School students an automotive orientation session. Left to right: Rebecca Hoogeveen, James Larabie, Denis Moquin, Stephanie Servage, and Shelley McLaughin. Moquin said "This is a terrific opportunity for students from Cornwall and area to pick up career ideas in the automotive industry."

Photos by John Divinski





A career in cosmetics and esthetics was explained to students as part of the third annual Ontario Youth Apprenticeship Program at St. Lawrence College on Tuesday March 2nd, 2004. Sara-Jean Jodoin (right), an esthetics student at Elegance College, explains the art of applying make-up to Cynthia Sybdea (left) and Melanie Desjardins (centre), both students from Vankleek Hill Collegiate Institute.



St. Lawrence College hosted the third annual Ontario Youth Apprenticeship Program on Tuesday, March 2nd, 2004, as some 1,200 students from SD&G High Schools "sampled" some occupations available to them. One of the more popular demonstrations was in the field of massage therapy. Coralee McDougal-Lalonde, a student at Elegance College demonstrates massage techniques on lucky volunteer Nathan Rutherford of Vankleek Hill Collegiate Institute. "This gives us a good opportunity to see what we want to do," said Rutherford.

Seaway Valley World Harvest Church
People Are Important
Cornwall Civic Complex (Eadie Room)
100 Water Street East, Cornwall
Phone # 933-9973
Every Sunday 10 a.m. Celebration Service
Sunday School Available (Ages 5-12)
Pastor: Rev. Brian Jacques
JAN23043

Olde World Folk Art Studio
MARCH WORKSHOPS
Held at Glen-Stor-Dun Lodge, Cornwall
CHILDREN'S WORKSHOPS (ages 7 & up)
Polish Pisanki ~ Sat., Mar. 27 ~ 1:30-3:30 pm $16
Bavarian Folk Art (Bauernmalerei) ~ Sat., Mar. 27 ~ 11am-1pm $18
ADULT WORKSHOPS
Polish Pisanki ~ Wed., Mar. 24 ~ 6:30-8:30 pm $35
Ukrainian Pysanky ~ Mon., Mar. 29 ~ 6:30-8:30 pm $35
613-330-7863 email:oldeworld@ureach.com
MAR19043

MENTAL HEALTH CRISIS LINE
LIGNE DE CRISE EN SANTÉ MENTALE
1-866-996-0991
English & French Service
Toll Free • 24 Hours a Day
WHY SUFFER IN SILENCE?
JAN09041

Dodge Caravan
Canada's Favourite Minivan.
$5,000 Cash Rebate
or
0% Purchase Financing for 60 Months
2004 DODGE CARAVAN ANNIVERSARY EDITION
• 3.3L 180 hp V6 engine • air conditioning • cruise control • AM/FM/CD stereo • power windows, locks and mirrors • Sentry-Key® theft deterrent system • multistage driver and front passenger airbags • 7 passenger seating • 7 year or 115,000 km powertrain warranty. Plus 24 hour Roadside Assistance
OR LEASE AT 0% for 48 months plus $3,250 cash back

Low Km Lease ... All The Extras Included

$0 down 48 months	$2,000 down or trade equivalent	$4,000 down or trade equivalent
$362.34	$320.64	$279.86

Low km lease includes freight, PDI, no hidden fees +taxes OAC

2004 Dodge Caravan ANNIVERSARY EDITION
Appearance Package
• Chrome wheels and side mouldings • Leather wrapped steering wheel • Satin silver instrument panel • New slate grey interior
DVD System

FULLY TRANSFERABLE 7 YEAR 115,000 KM POWERTRAIN WARRANTY
THE BEST PROTECTION WE'VE EVER OFFERED ON ALL 2004 MODELS.
7 YEAR OR 115,000KM POWERTRAIN WARRANTY. PLUS 24 HOUR ROADSIDE ASSISTANCE.
‡ GM, FORD, HONDA AND TOYOTA DON'T MATCH IT.

Lawrence Cayer | Ken Green | Jack Notman | Bill Osborne | Collette Poulin | Keith Green | John Bolton

Notman CHRYSLER DODGE JEEP
www.notmanchrysler.com
MOPAR
CHRYSLER FIVE STAR SERVICE
2205 Vincent Massey Drive
938-0934
march19042

Fundraising And Friendship: The Order Of The Eastern Star



Members of the Order of the Eastern Star take a moment to pose with the guest of honour at a birthday celebration for Jessie Rodger. From left to right: Leona Millward, Joyce Branchaud, Nancy Rutley, Shirley Roy, Mary Murray, Jessie Rodger, Ann Runions, and Ivy Poirier.

Photo by Linda Mikolayenko



A Strawberry Social hosted by The Order of the Eastern Star 50 years ago, June 29th, 1954 at the home of Mabel Youngs. Back row (left to right): Blondine Hurley, Laura Hamilton, Luella Gillie, Golda Matheson, Nellie Youngs and Ola Scott. Middle row (left to right): Florence Snelgrove, Rita Brydges, Madge Wilson, and Elizabeth Boynton. Front row: Margaret Riley, Nelda Youngs, Douglas Youngs, and Mabel Youngs.

Submitted photo



Community Showcase

with Linda Mikolayenko

Jessie Rodger is known for her shortbread. So when an appeal went out before Christmas for contributions of home-made cookies for the Canadian soldiers in Afghanistan, she went right into action. Rodger and seven other women of the Cornwall Chapter of the Order of the Eastern Star ended up baking 55 dozen cookies.

With her dedication, Rodger, exemplifies the spirit of the Eastern Star, an organization that strives to make a difference around the world and in its home community. Celebrating her 90th birthday on Thursday, March 25th, 2004, she is the oldest and longest serving member of the local group. She has been a member for 57 years, 44 of them as treasurer, a position she still holds.

"We've done a lot of good work over the years," says Rodger, "it's too bad to see it going down."

The Cornwall Chapter celebrated its 74th anniversary in January, but a few weeks ago, the members made a motion to close the chapter and consolidate with another in the area. A small group of them recently gathered to share their memories of what the Eastern Star has meant to them and to the community.

"Our whole purpose for being is to raise money for benevolence," says the current chief officer, Worthy Matron Ann Runions.

But that has become harder and harder to do. In the 1960s, the chapter had a membership of well over 200; now it has fewer than 20 active members, and they are mostly over the age of 70.

The major method of fundraising has been catering banquets and luncheons and teas.

"We supply all the desserts for the banquets at our own expense, and then we have to do the dishes, by hand," says Ivy Poirier, Associate Matron.

With only three new members in the last five years, it was all becoming a bit too much, so last month the group auctioned off the tools of their trade including a meat slicer, a salad maker, Royal Albert china and silver tea sets. If members wanted a souvenir for themselves, they had to bid like everyone else. Runions ended up with two sets of silver candle holders, but Poirier says, "I couldn't bid because I was in the kitchen."

Not to miss out on one last fundraising opportunity, Poirier sold coffee and doughnuts and tarts at the auction and earned the group an additional $78. When the proceeds of the day are added to the reserves in their bank account, the Order of the Eastern Star will have over $16,000 to disburse to charitable causes.

Over its history, a few of the many beneficiaries of the Eastern Star's efforts have been the Cornwall General Hospital, the Heart and Stroke Foundation and the Canadian Cancer Society. In its early years, during the Depression, the women made clothing for the men in the House of Refuge on Cornwall's Eleventh Street, and during the War years, they provided knitting for those serving overseas.

Yet, for all its generosity, the group is not well-known in the community, says Poirier.

"We were accused of being a secret organization. That's not right," says Mary Murray. "We're an organization with secrets."

"Just like the Masons and Knights (of Columbus)," adds Joyce Branchaud.

The Order of the Eastern Star is the largest fraternal organization in the world to which both men and women belong. Locally, the majority of the members are women and most of the officer positions are held by them. To be a member, you must be at least 18 years old. Men must be Master Masons and women must be closely related to a Master Mason. It is not a religious organization, although belief in a Supreme Being is required and business is never conducted without an open Bible on the altar nor the presence of the flag of the country where the meeting is held.



At the age of 90, Jessie Rodger is the oldest and longest serving member of the Cornwall Chapter of the Order of the Eastern Star.

Photo by Linda Mikolayenko

In addition to all their fundraising, members are challenged with memory work, an essential part of the ritualistic ceremonies that express the principles of the Order.

"There are pages and pages of ritual work (to memorize)," explains Dot Cote. "It's all biblical stories."

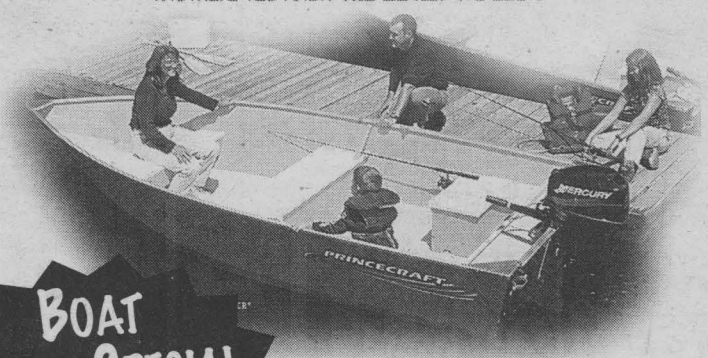
Runions recognizes that the Order of the Eastern Star has a harder time appealing to the women of the younger generation.

"It's not their thing," she says. "People prefer social organizations."

However, the current members treasure their experience, citing the feeling of camaraderie as they work together, side by side, as one of the greatest benefits.

That's what Jessie Rodger values as well. "The friendship," she says, "mostly the friendship. Friendships that last for years."

Special Spring Prices
Right Here in Our Showroom
Why see only part of an inventory at the Sportsmen Show when you can see our total product line right in our showroom!
MAR19042
BOB'S CYCLE CORNWALL Ltd.
www.bobscycle.ca
5614 Hwy 138, Cornwall 938-7244
Toll Free 1-877-938-7224

AHOY MATES!
Introducing our new line of boats
PRINCECRAFT
The More You Know The Better We Look

BOAT SHOW SPECIAL $6350 incl. boat, motor, trailer
Princecraft Yukon
14'3" long, 68" beam
powered by a 20HP Mercury motor.
See us at the Sportsman Show
B&D SMALL ENGINES LTD.
1440 10th St. E.,
Cornwall, Ontario
938-7745
MAR19043

Claude's SMALL ENGINES LTD.
203 Eleventh St. W.
Cornwall 933-0275
Sneak Preview on our fantastic new Sportsman 700 EFI You have to see this ATV to believe it!!
Come Join Us at the
Spring Outdoor Sports, Golf & Boat Show
Cornwall Civic Complex March 26th - 27th- 28th


MAR19042
Financing Available OAC
POLARIS The Way Out. MISTY RIVER Johnson. EVINRUDE. BOMBARDIER

LOCAL

Holmium Laser Closer To Reality

The Cornwall Community Hospital Foundation is very pleased to announce that a generous gift of $25,000 from Scotiabank has pushed the total amount raised for a Holmium Laser over the $100,000 mark. The Foundation set a goal of $150,000 for the Laser when the campaign was initiated in early November 2003.

On Thursday, March 11th, 2004, Connie Vardy, Manager of the Cornwall Branch of Scotiabank, presented the $25,000 cheque to John Irvine, Chair of the Foundation and Andrew Neuner, CEO of the Cornwall Community Hospital.

Mrs. Vardy noted in her remarks that, "The contribution to assist with the purchase of the Laser was an opportunity for Scotiabank to give something back to the community." The availability of the Laser right here in Cornwall will allow patients to be treated in Cornwall instead of the need to travel to Ottawa or Montréal.

Mr. Irvine commended Mrs. Vardy and Scotiabank for their most generous donation. "The citizens of Cornwall and area will benefit tremendously from this major contribution toward the purchase of the Holmium Laser," stated Mr. Irvine.

Dr. Yassa, Specialist of Urology stated that a Holmium Laser is used for a wide variety of surgical applications and procedures including benign prostatic hyperplasia. It is also extremely effective in fragmenting urinary and gallbladder stones of all compositions, making it an ideal multi-purpose surgical tool. This new unit, once purchased, will be useful in the Emergency Department or the Operating Room.

A cheque for $25,000 from Scotiabank in Cornwall was presented Thursday, March 11th, 2004, to the Cornwall Community Hospital Foundation, to help purchase a $150,000 Holmium Laser. Over $100,000 has been collected to date. Left to right: Andrew Neuner, CEO Cornwall Community Hospital; John Irvine, Chair of the CCH Foundation; Connie Vardy, Manager of the Cornwall branch of Scotiabank; and Dr. Samir Yassa hospital specialist of urology. Photo by John Divinski



Development Of Local Environmental Projects Is Encouraging

Numerous local partners including the Raisin Region Conservation Authority, St. Lawrence River Institute of Environmental Sciences, Resource Stewardship SD&G, Eastern Ontario Model Forest, Ducks Unlimited and Ministry of Natural Resources have been extremely busy developing projects to be put forth to potential funding sources. These projects specifically address local environmental concerns that are outlined in the Stage 2 Remedial Action Plan (RAP) for the St. Lawrence River (Cornwall) Area of Concern.

The St. Lawrence River Restoration Council (SLRRC), as the entity charged with overseeing the implementation of the RAP, recently reviewed the following project proposals: Lake St. Francis/St. Lawrence River Tributary Restoration Project; Wildlife Monitoring and Sustainability Fund Coordinator; Natural Heritage Strategy; Woodland Update and Old Growth Forest Management Strategy; Bacteria Contamination Assessment and Remediation; Akwesasne Shoreline Project; Charlottenburgh Park Project; Charlottenburgh Park Septic System Study and Implementation; Fish Communities projects; Efficacy of Buffer Zones; Water Efficiency; Mercury Management Methods; and Wetland Evaluation and Acquisition.

As efforts continue to reduce contaminants, eliminate undesirable vegetation and encourage revitalization of indigenous species and their habitat we come closer and closer to attaining our objective of restoring the health of the ecosystems (delisting) in the St. Lawrence River (Cornwall) Area of Concern.

"We are extremely proud of what we have accomplished so far," states Chantal Whitaker, RAP Implementation Coordinator. She further adds, "I'd be more than happy to present the details to any interested business, industry, corporation or community group."

All meetings of the St. Lawrence River Restoration Council are open to the public and residents are encouraged to get involved!

The 8th Annual Boat And Sportsman Show

CORNWALL CIVIC COMPLEX
MARCH 26TH, 27TH & 28TH, 2004

Fishing & Hunting Exhibits
•Ottawa Archery
• Rainbow Sports
• Manotick Bait & Tackle
• Bass Fishing Tools
• Fishing Hut
• Yatahe Tackle

March 26th 4pm-9pm
March 27th 10am-9pm
March 28th 10am-5pm

ADMISSION: Adults $4.00
Seniors & Students $3.00
Children under 12 FREE (with Adult)

FUN FOR THE KIDS
• Lunker Club Trout Pond
• Air Gun Range
• Lazer Shooting Range
• Nudell Bush Archery Range

plus... much more!

Marine Exhibits by:
• B&D Small Engines Ltd.
• Claude's Small Engines
• Port-Lewis Marina
• Pirate Cove Marina
• Hurst Marina
• Power Marine Centre

FOR MORE INFORMATION CALL 613-936-1157

Need a Hitch?
Tonneau Cover?

APPLE Auto Glass
FEATURING NOVUS WINDSHIELD REPAIR SYSTEM

OFFERS
FREE INSTALLATION
on the purchase of
EXTANG Tonneau Covers
CURT Trailer Hitches
Bug Deflectors, Vent Visors
during the
Spring Outdoor Sports, Golf & Boat Show ... see you there!

CHECK OUT THE PIAA WINDSHIELD WIPERS

KROWN BODY MAINTENANCE PROGRAM
8 Sunnyside Avenue
933-8812

MAR19042

SD&G Highland Dance Association

Indoor Competition

The SD&G Highland Dance Association held their first of four indoor competitions at Glengarry District High School in Alexandria on Saturday, December 6th, 2003. The judge for the day was Gillian MacDonald, the pipers were Amy Garson and Sean Wereley. The results for the day were as follows:

Primary 5 and Under

Ashley Belair: 1st sword, 1st pas de bas, 1st pas de bas highcuts.

Anna Parks: 2nd pas de bas, 3rd pas de bas highcuts.

Sarah Jackson: 3rd pas de bas, 2nd pas de bas highcuts.

Brianna Ladouceur: 4th pas de bas.

Primary 6

Robyn Evrall: 1st fling, 1st pas de bas, 1st pas de bas highcuts.

Emma Jackson: 2nd fling, 1st sword, 2nd pas de bas, 1st pas de bas highcuts.

Hannah Poirier: 3rd fling, 2nd sword, 4th pas de bas, 2nd pas de bas highcuts.

Holly Alguire: 3rd pas de bas.

Michaela Smith: 5th pas de bas.

Bryanna Nixon: 6th pas de bas.

Beginner 8 and Under

Heather Ernst: 1st fling, 3rd sword, 1st seann truibhas, 2nd lilt.

Shawna O'Neill: 2nd fling, 1st sword.

Nicole Bouvier: 3rd fling, 4th sword, 5th seann truibhas.

Michaela Paradis: 4th fling, 3rd seann truibhas.

Melanie Cholette: 5th fling, 4th sword, 2nd seann truibhas, 4th lilt.

Rachel Houlzet: 6th fling, 6th sword, 4th seann truibhas, 3rd lilt.

Gabrielle Lanthier: 1st lilt.

Sarah McGrath: 2nd sword.

The trophy winner was Heather Ernst.

Beginner 10 and Over

Laura McIntosh: 1st fling, 2nd sword, 5th seann truibhas, 2nd lilt.

Emma Thompson: 2nd fling, 1st sword, 1st seann truibhas, 1st lilt.

Alison Shaw: 3rd fling, 1st sword, 2nd seann truibhas, 3rd lilt.

Kelsey McLeod: 4th fling, 3rd sword, 3rd seann truibhas, 5th lilt.

Emily Kitagawa: 5th fling, 4th seann truibhas, 4th lilt.

Jordan Racine: 4th sword, 5th seann truibhas, 6th lilt.

Michelle McMillan: 5th sword.

The trophy winner was Emma Thompson.

Novice 9 and Under

Marissa Charbonneau: 1st fling, 1st sword, 1st seann truibhas, 1st lilt.

Madison MacDonald: 2nd fling, 2nd sword, 5th seann truibhas, 3rd lilt.

Jessica Duperron: 3rd fling, 4th seann truibhas, 4th lilt.

Emma Adams: 4th fling, 3rd seann truibhas, 5th lilt.

Kelsey Lee: 3rd sword, 2nd seann truibhas, 2nd lilt.

The trophy winner was Marissa Charbonneau.

Novice 12 and Under

Hannah Gibson: 1st fling, 2nd seann truibhas, 1st lilt.

Anna Brooks: 2nd fling, 2nd sword, 4th seann truibhas, 4th lilt.

Mareena MacPherson: 3rd fling, 1st sword, 1st seann truibhas, 4th lilt.

Lora MacNaughton: 4th fling, 3rd sword, 4th seann truibhas.

Brianna Campbell: 5th fling, 4th sword, 6th seann truibhas, 2nd lilt.

Alexandra Batchelor: 6th fling, 6th sword, 6th lilt.

Leigh Dunn: 5th sword.

Emma Gibson: 3rd seann truibhas, 3rd lilt.

The trophy winner was Mareena MacPherson.

Novice 13 and Over

Jessica McBride: 1st fling, 1st sword, 2nd seann truibhas, 3rd lilt.

Lisa Brooks: 2nd fling, 3rd sword, 1st seann truibhas, 1st lilt.

Sarah Burnell: 3rd fling, 2nd sword, 3rd seann truibhas, 2nd lilt.

Sarah Caregie: 4th fling, 5th sword, 5th seann truibhas, 5th lilt.

Lillian Wheeler: 5th fling, 4th sword, 4th seann truibhas, 4th lilt.

There was a tie for the trophy between Lisa Brooks and Jessica McBride.

Intermediate 11 and Under

Stephanie Wright: 1st lilt, 2nd flora, 3rd jig.

Tianna Pidgeon: 2nd lilt, 1st flora, 1st jig, 1st hornpipe.

Claire Boteler: 3rd lilt, 4th flora, 2nd jig, 3rd hornpipe.

Robin Barillaro: 4th lilt, 5th flora, 4th hornpipe.

Breanna MacDonald: 5th lilt.

Sabrina Bray: 5th lilt, 5th jig.

Rebecca Rutley: 3rd flora, 6th jig, 5th hornpipe.

Alyssa Matheson: 6th flora, 4th jig, 2nd hornpipe.

Kelsey McIntosh: 6th jig.

The trophy winner was Tianna Pidgeon.

Intermediate 12 and Over

Hannah Glover: 1st lilt, 4th flora, 1st jig, 3rd hornpipe.

Danielle Mellon: 2nd lilt, 3rd flora, 2nd jig, 1st hornpipe.

Caitlyn O'Boyle: 3rd lilt, 4th jig, 2nd hornpipe.

Meghan Johnston: 4th lilt, 2nd flora, 5th hornpipe.

Danika St. Denis: 5th lilt.

Shelagh Connolly: 6th lilt, 5th flora, 3rd jig, 4th hornpipe.

Kimberley Mercer: 1st flora.

The trophy winner was Hannah Glover.

Premier 11 and Under

Kerry McDougall: 1st scotch measure, 1st village maid, 2nd jig, 2nd hornpipe.

Jessyca Evrall: 2nd scotch measure, 2nd village maid, 1st jig, 1st hornpipe.

Jennie Glaude: 3rd scotch measure, 3rd village maid, 3rd jig, 3rd hornpipe.

Marena Bray: 4th scotch measure, 4th village maid, 4th jig.

Shelby Ladouceur: 5th scotch measure, 5th village maid, 5th jig.

Sara MacLeod: 6th scotch measure, 6th village maid, 6th jig, 5th hornpipe.

Kaitlyn Pietrantonio: 6th jig, 4th hornpipe.

Alexandra Lanthier: 6th hornpipe.

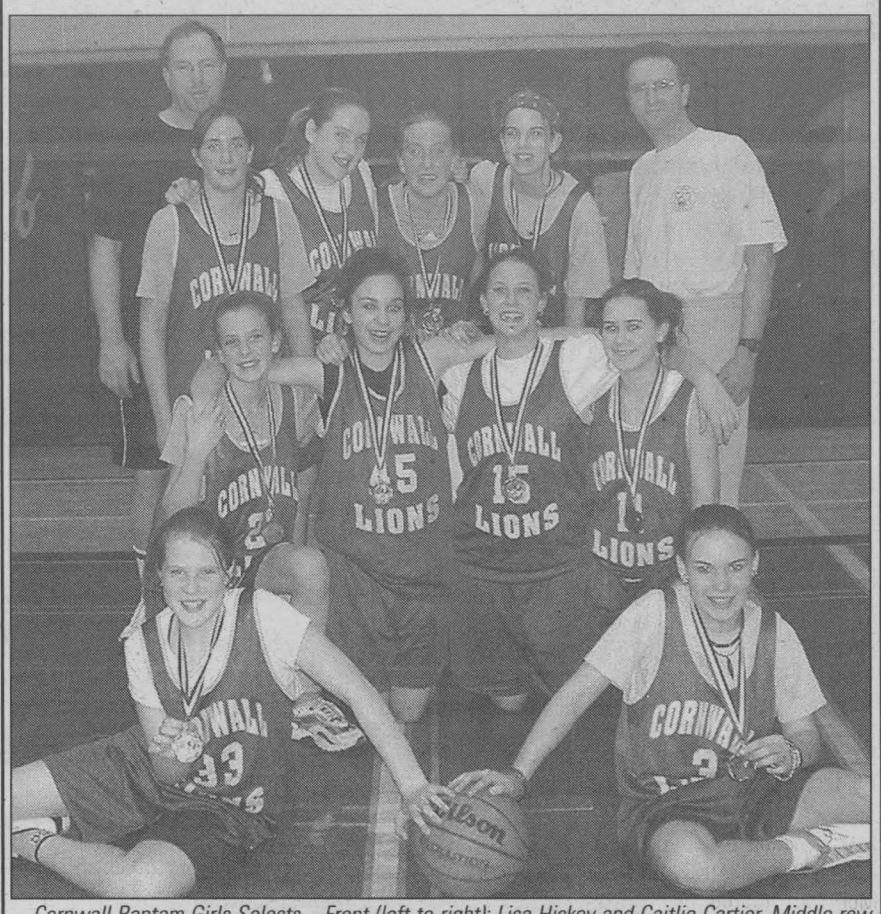
There was a tie for the trophy winner between Jessyca Evrall and Kerry McDougall.

The runner-up was Jennie Glaude.

Cornwall Bantam

Girls Selects Basketball

In their very first sanctioned tournament on Saturday, February 28th, 2004 in Kemptville, the Cornwall Bantam Girls Selects basketball team won Bronze. After defeating the Barrhaven Blue Devils 45-29, Cornwall was in a three-way tie with the Kemptville Warriors and Barrhaven. A total points for and against left the Cornwall team six points short of winning the Silver medal. Leading the tournament in scoring for Cornwall was Sarah Lalonde with 22 points, followed by Monica Armstrong and Melanie Jodoin with 16 points each, Amanda Girling 14, Caitline Cartier 13, Amada Lavallée and Chantal Ouellet each had eight points. Amanda Lavallée was selected to the all star tournament team for showing leadership and consistent high level of play. Sound defence was played by Kelsey White (three points), Lisa Hickey and Sophia Bissonnette (two points).



Cornwall Bantam Girls Selects—Front (left to right): Lisa Hickey and Caitlie Cartier. Middle row (left to right): Sophia Bissonnette, Amanda Lavallée, Melanie Jodoin, and Kelsey White. Back row (left to right): Brian Hickey (coach), Monica Armstrong, Gabi Tieman, Sara Lalonde, Amanda Girling and Alan Armstrong (coach). Photo submitted by Alan Armstrong

Club 55+ Action

By Lee Kirkey

Alex Robinson showed everyone he can bowl and have fun at the same time rolling a nice 330 single, and Vern Eastman had fun also with a 326 single. Way to go, guys!

Maurice Champagne 286; Conrad Godard 283; Harvey Primeau 278; Roma Amelotte 277; Bill Thompson 276, Harold Millward 267; Anita Bissonnette 270; Gilles Cadieux 262; Ken Laperle 258; Maurice Desrosiers 253; Terry Dupuis and Joe Arsenault 249; Earl McCullough 245; Cliff Duquette 244; Art MacRae 242; Lucille Foubert 241; Lee Johnston 217; Marion Johnston 200; Maurice Champagne 728; Anita Bissonnette 726; Conrad Godard 714; and Alex Robinson 708.

Attendance Winners: Rene Amelotte, Jim Rogers, Ovila Samson, Harvey Primeau and William Ackermans.

Men's Major Bowling

The battle for first place in the Men's Major Bowling League continues with only two weeks left in the season. Recently, Doug's 2/4 humiliated Filion Trophies 19-2 to regain first place. The Dumoulin brothers led the attack with Scott having 347-313-895 and Mark 319-838. Ron Snyder rolled 696 for Filion's.

Paul's Pals beat up on Yum Yum Chips 17-4. Leading the Pals were Al Gordon 306-859, Matt Waugh 340-787 and Warren Waugh 717. For the chipmen, they had Peter Marion 301-791 and Justin Lowery 727.

The last match was a squeaker, Tirecraft Auto won 11-10 against Paquette Glass. Pacing the auto centre were Mort Belmore 731 and Gene Desrosiers 710. The glassmen were led by Dale Abrams 344-816 and Luc Lebrun 763.

Char-Lan

Bantam "B" Rebels

In the semi-finals of play, the Char-Lan Bantam "B" Rebels met with a very strong Alexandria team. The first game of the four-point series resulted in a 2-2 tie played in Williamstown. Scoring for Char-Lan was Mike Robertson (2) assisted by Shawn Fontaine, Grant MacDougall (2) and Will Lang.

The second game played in Alexandria came as a 3-1 win for the Char-Lan team. Scoring for Char-Lan were Mike Robertson, Shawn Fontaine, and Andrew MacKay. Assists went to Grant MacDougall, Mike Robertson, Ryan Delorme, Shawn Fontaine, and Dylan Munro.

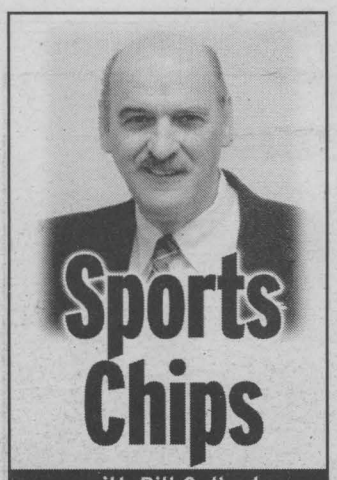
The third game was a very fast-paced, exciting game with the Rebels coming out on top, 2-0. Andre Gaucher was a key player in nets. Picking up the two goals for Char-Lan was Mike Robertson, and Will Lang got the lone assist.

Spring Has Sprung!
New LACROSSE equipment
Just In! Trade & Save $$$
PLAY IT AGAIN SPORTS
37 9th St. East
936-2020
Open 7 days a week
piascorn@datacom.ca FEB20042

GRUMPY'S BALL LEAGUES
Men's Slo-Pitch • Mixed 3 Pitch
All "Past" and "New" teams
call 534-8125 to register for this season.
Leave a message. Ask for Dave.
Very limited spots available.
MAR19042

Physical LIMITS FITNESS CLUB
120 Ninth St. East, Cornwall, ON K6H 2T9
All New Classes & Seminars for Spring
ENROLLMENTS ARE LIMITED
Stott Pilates with Susan Woodard
Cardio Boxing with Jon Jon McCarthy
Fat Loss Seminar with Tom Irvine
LADIES ONLY
Secrets to lose fat around the arms, hips and stomach
Physical Limits offers the best club, the best price and guarantees your results through the famous Revolution Training System
PHONE 932.4766 FOR MORE DETAILS
www.physicallimits.com | www.revolution-training.com
mar19043

PLAYOFF ACTION CATCH THE FEVER
Box Office Open
Mon.-Fri. 12 noon - 5 pm
Colts 930-9300
CORNWALL COLTS JR. "A" HOCKEY
SI MILLER ARENA
Box Office Open Sunday at 4 pm
Adults $9.00
Senior/Student $8.00
Children (under 12) $5.00
accompanied by an adult
www.colts.on.ca
NEXT HOME GAME
Game 5 (if needed)
Sunday, March 21st
7:00 pm at Si Miller
COGECO 11 SEAWAY NEWS JEWEL
MAR19044



In the early days of hockey action at the Water Street Arena, we had some terrific hockey teams like the Cornwall Flyers, the Calumets, the Emard Petros and the Lancaster Dodgers. Later we saw the Cornwall Junior team that was formed by Larry "Red" Lascelle, with top-notch coaches like Vince Labrecque, Neil Burke, and others.

Today we are featuring one of the best local teams assembled by "Red" for participation in the CJL (Cornwall Junior League) with several well-known skaters. This was the squad that won the first championship for Lascelle's entry in the league. The year was 1961-62 and many readers will undoubtedly be able to recognize most of the players in today's photo.

It was one of the first teams to don the Cornwall Royals' jerseys and they played against teams from Brockville, Morrisburg and the Alexandria Glens.

The goalie in the photo is Rene Bissonnette, and others you will no doubt recognize, like Captain Bob Grant and the hot line of Ron Martelle, Ron Branchaud and Lawrence Lapierre. Go ahead and try your memory at identifying the others.

We can tell you that the team won their semi-finals against the Morrisburg entry in four straight wins. Bernie Larue enjoyed the game in particular as he scored six goals in one of the games and Ron Branchaud added a five-goal effort. The finals pitted the Royals up against Brockville for the league championship series. There were over 1,000 excited fans at the WSA when the Royals captured the series with a 4-3 victory and their first ever Junior championship.

The team followed that up with a stellar showing with wins against Arnprior and Embrun in the ODHA playoffs. The season ended when they met the powerful Ottawa Montagnards and lost out in the best of five series.



Now we are about to follow the Cornwall Colts in their attempt at winning their playoff round. It promises to be another exciting hockey playdown and we urge you to get tickets and take your seat in the stands to cheer on our current hockey heroes and the upcoming action in the CJHL championship.

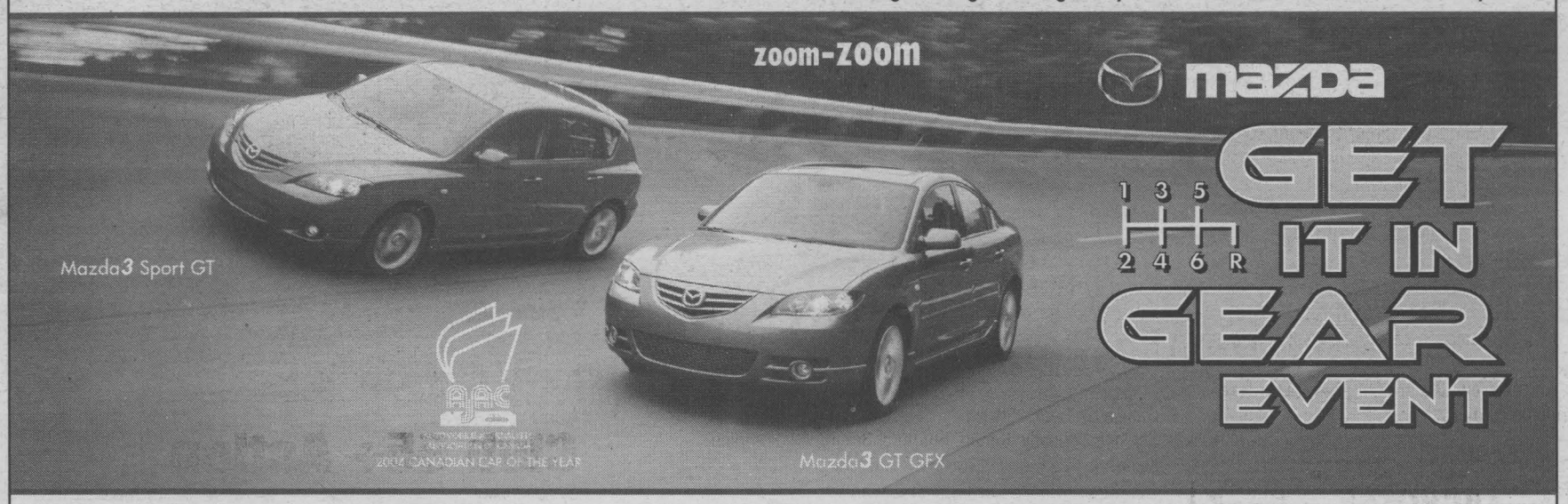
Cornwall

Major Bantam Boys

The Cornwall Major Bantam Boys defeated Kanata 85-73 and Osgoode 73-44 in basketball action recently. Lions' centre, David McDonell scored an amazing 41 points in Cornwall's win over Kanata. With Cornwall missing three of their four forwards, McDonell had to play most of the game and showed he was up to the task with a magnificent performance. David scored no fewer than nine points in each of the four quarters and dominated the game with rebounding and block shots as well as his scoring. While he did most of his damage inside, McDonell frustrated the defense by also stepping outside to hit several shots. Jordan McAllister added 24 points in the game including 10 straight points in the forth quarter to help the Lions pull away. Skyler Chretien had 10 and Matt Daalder sunk a 30-foot shot at the buzzer.

In the Osgoode game, the Lions put on a shooting clinic. Osgoode played zone most of the game and the Lions made the best of it by hitting an incredible 16 three-point shots. Every Lions player scored with Jordan McAllister leading the way with 14 points. Skyler Chretien had 12, Dave McDonell had 11, Vincent Duchesne-Giguere had nine, Matt Daalder had eight and Michel Viau had six. All six different players scored three-point shots with McAllister and Chretien each hitting four.

With a fresh new line-up of award-winning vehicles in our showrooms, there's never been a better time to experience Mazda exhilaration.
So get it in gear and get to your Mazda dealer for a test-drive today.



THE ALL-NEW 2004 MAZDA3 AND MAZDA3 SPORT

2.9% PURCHASE FINANCING FOR 36 MONTHS† -AND- MAZDA3 WELL EQUIPPED FROM $16,195** 2004 AJAC CAR OF THE YEAR AWARD FOR BEST NEW ECONOMY CAR

AJAC AUTOMOBILE JOURNALISTS ASSOCIATION OF CANADA

MAZDA3 SPORT WELL EQUIPPED FROM $20,185** 2004 AJAC CAR OF THE YEAR AWARD FOR BEST NEW SPORTS COUPE (UNDER $35,000)

2004 AJAC CAR OF THE YEAR AWARD FOR BEST NEW FAMILY VEHICLE



GT-I4 model shown

2004 MAZDA6 GS-I4

• 160-hp 2.3L I4 engine with VVT • Sport automatic transmission • 4-wheel disc brakes with ABS • Traction control • Tilt and telescopic steering • Lease payment includes freight and P.D.E.

NO PAYMENTS FOR 90 DAYS ON LEASING▼ AND FINANCING▼▼

3.8% PURCHASE FINANCING FOR 60 MONTHS† -OR- LEASE FROM $258* PER MONTH/48 MONTHS WITH $3,950 DOWN PAYMENT AND $0 SECURITY DEPOSIT

"THE MIATA IS STILL THE BEST FORMULA FOR A ROADSTER THAT PUTS DRIVING PLEASURE BEFORE ALL ELSE, WITH RELIABILITY, PRACTICALITY, AND BEAUTY IN THE BARGAIN." – Automobile Magazine♦♦♦



GT model shown

2004 MAZDA MX-5 MIATA GX

• 1.8L SVT engine • Power door locks, windows and mirrors • Front and rear stabilizer bars • Rear glass window with electric defogger • Power-assisted 4-wheel disc brakes

NO PAYMENTS FOR 90 DAYS ON LEASING▼ AND FINANCING▼▼

1.9% PURCHASE FINANCING FOR 36 MONTHS† -AND- WELL EQUIPPED FROM $27,895**

2004 AJAC CAR OF THE YEAR AWARD FOR BEST NEW SPORTS/PERFORMANCE VEHICLE



2004 MAZDA RX-8 GS

• Rotary engine • Power assisted 4-wheel ventilated disc brakes with ABS • Sport tuned suspension • 18" aluminum alloy wheels • Bose® 9-speaker premium sound system with 6-disc changer

NO PAYMENTS FOR 90 DAYS ON LEASING▼ AND FINANCING▼▼ -AND- WELL EQUIPPED FROM $36,795**

LIMITED TIME OFFER.

READY TO ROLL
OUR PRE-DELIVERY COMMITMENT MEANS EVERY NEW MAZDA IS CHECKED OUT, GASSED UP, AND FITTED WITH FLOOR MATS.
ROADSIDE ASSISTANCE PROGRAM Ask about the Mazda peace of mind promise standard on every new Mazda.
MAZDA LEADERSHIP WARRANTY 3 years or 80,000 km comprehensive warranty, 5 years or 100,000 km powertrain warranty.

mazda
www.mazda.ca

*Taxes extra, first month payment required, 20,000 kms/year. See dealer for details

CORNWALL mazda WHERE SALES ARE BUILT ON SERVICE
ZOOM-ZOOM 1405 Rosemount Ave. 933-6210
MAZDA GRADUATE PROGRAM
XCornwall Mazda Brookdale Ave. Rosemount Ave.

ASK ABOUT OUR LOYALTY OFFERS FOR EXISTING MAZDA CUSTOMERS.
GRADUATES GET AN ADDITIONAL CASH AWARD OF UP TO $1,000 TOWARDS A PURCHASE OR LEASE.

MAZDA Personal LEASE

▼No lease payments are required for the first 90 days on new 2004 Mazda6, 2004 Mazda MX-5 Miata and 2004 Mazda RX-8. Your dealer will make your first month's payment. On the 91st day following delivery of a participating vehicle, lessee will start making 47 monthly lease payments. Offer only available on 48 month leases. Contact your dealer for program details. ▼▼No payments for 90 days applies to Purchase Finance offers on new 2003 models and new 2004 Mazda6, 2004 Mazda MX-5 Miata and 2004 Mazda RX-8. No interest charges will apply during the first 60 days of the finance contract. After this period interest starts to accrue and the purchaser will repay principal and interest monthly over the term of the contract. †1.9% Purchase Financing/36 months is available on new 2004 Mazda MX-5 Miata. Finance examples: for $10,000 at 1.9% Purchase Financing the monthly payment is $285.99 for 36 months, C.O.B. is $295.64 for a total of $10,295.64. 2.9% Purchase Financing/36 months is available on new 2004 Mazda3 and Mazda3 Sport. Finance examples: for $10,000 at 2.9% Purchase Financing the monthly payment is $290.37 for 36 months, C.O.B. is $453.32 for a total of $10,453.32. 3.8% Purchase Financing/60 months is available on new 2004 Mazda6. Finance examples: for $10,000 at 3.8% Purchase Financing the monthly payment is $183.26 for 60 months, C.O.B. is $995.60 for a total of $10,995.60. Other finance rates available. **Starting MSRP available on the 2004 Mazda3 GX, Mazda3 Sport GS, MX-5 Miata GX, and RX-8 GS. Excludes freight and P.D.E. Offers cannot be combined. *Offers available on retail lease of new 2004 Mazda6 GS-I4. For other models see your dealer for details. Lease payment includes freight and P.D.E. of $925 for cars. Total lease obligation for the 2004 Mazda6 (G4LDB4AA00) is $16,076 including down payment or equivalent trade of $3,950. 20,000 km per year mileage allowance applies; if exceeded, additional 8¢ per km applies. 25,000 km leases also available. License, insurance, registration, taxes and other dealer charges extra. Dealer may sell/lease for less. Dealer order may be necessary. Offers available from March 10, 2004 for a limited time only. Lease and Finance O.A.C. for qualified customers only. See your dealer for details. ♦♦♦Automobile Magazine February 2002. Bose® is a registered trademark of Bose Corporation.

MAZDA GRADUATE PROGRAM

T-SWP – Tax Advantaged Cash Flow

Canadians are constantly faced with the ongoing challenge of finding legitimate ways to minimize their annual tax bill. When it comes to retirement savings, investors have long depended on RRSPs as the primary vehicle for their savings. When saving for their children's education, they often turn to RESPs. And for tax-efficient monthly cash flow in a non-registered account, they have Fidelity T-SWP™ – a tax-efficient systematic withdrawal plan.

T-SWP is a non-registered investment service that allows you to receive monthly cash flow from one of nine leading Fidelity mutual funds. In this capacity, it is similar to traditional systematic withdrawal plans. Where it differs is in its tax efficiency.

With traditional systematic withdrawal plans, you will be subject to annual tax on the monthly income the systematic withdrawal plan provides. For its part, thanks to the unique structure of its monthly distributions, T-SWP allows investors to defer taxes until they redeem the investment – at which point they'll pay capital gains. Those distributions consist primarily of "return of capital," which is treated as part of the original investment and is therefore not subject to tax.

Fidelity T-SWP on balanced funds offers a blend of growth and income. They provide a monthly cash distribution of approximately 8.0% of the net asset value (NAV) of the fund per year. While the rate will fluctuate with the actual NAV, the ultimate goal is to maintain the cash-flow rate in the range of 7.5% to 9.0% of the NAV.

Fidelity T-SWP on equity funds offers a diversified approach to investing. With this option, investors assume more risk than with balanced funds in exchange for the potentially higher cash flow and ending account value.

T-SWP on equity funds provides a monthly cash distribution of approximately 8.0% of the fund's NAV per year. While the rate will fluctuate with the actual NAV, the ultimate goal is to maintain the cash-flow rate in the range of 6.0% to 10.0% of the NAV.

Through T-SWP, you can enjoy a relatively high level of monthly cash flow, reduce your short-term tax bill, and participate in the growth potential of mutual funds.

This article was prepared and paid for in part by Fidelity Investments Canada Ltd. for the financial consultants at First Choice Insurance & Investments/Cartier Partners Financial Services.

Disclaimer : This article offers general information with regards to financial planning and is not meant to offer advice to a specific person or situation. You should always consult a financial planning professional before making a decision on the suitability of any products, concepts or strategies presented.

Read a fund's prospectus before investing. Mutual funds are not guaranteed; their values change frequently and past performance may not be repeated. Investors will pay management fees and expenses, may pay commissions or trailing commissions, and may experience a gain or loss. A return of capital reduces an investor's adjusted cost base. Capital gains taxes are deferred until units are sold or until the ACB goes below zero. Investors should not confuse this cash-flow distribution with a fund's rate of return or yield. The monthly cash flow distribution of $0.10 per unit is not guaranteed, will be adjusted from time to time, and also will include income. Fidelity will aim to keep the cash flow between 7.5% and 9% of the NAV each year for a balanced fund and 6% to 10% of the NAV for an equity fund. While investors in T-series will be able to defer some personal capital gains, they must still pay tax on capital gains distributions that arise from the sale of individual fund holdings by fund managers, and on interest and dividend distributions. T-series will also pay a distribution that must be reinvested in December, consisting of income and capital gains.

SPONSORED IN PART BY: Fidelity INVESTMENTS

FIRST CHOICE INSURANCE & INVESTMENTS
CARTIER PARTNERS FINANCIAL SERVICES



Kerry Adams 346-1095
Gailand D. Poapst CFP, CLU, CH.F.C., RHU, CFSB 932-3137
Aulf A. Robitaille CFP 932-3137
Mary Hume 346-5606
Dan Quenneville 938-1344

CALL AN *INDEPENDENT* FINANCIAL SERVICES CONSULTANT FOR ACCESS TO PRODUCTS FROM OVER 100 COMPANIES TO IMPLEMENT YOUR FINANCIAL PLANS.
FEB27041

LOCAL

New Executive Superintendent


Don Fairweather

Veteran educator Don Fairweather will become a member of the Director's staff as he has been appointed the Upper Canada District School Board's new Executive Superintendent of Education, effective Monday, March 15th, 2004. He will report to Director of Education David K. Thomas and work from the Board's Central Administration Building at 225 Central Avenue West in Brockville.

Mr. Fairweather has served as the Board's Eastern Region Superintendent of Education since the creation of the Board in 1998. He served as the Superintendent of Schools with the former Stormont, Dundas and Glengarry Board of Education from 1995 to 1997. From 1993 to 1995 he was Principal at North Dundas District High School.

Mr. Fairweather has a successful history of community involvement having volunteered with such groups as the United Way (Member of the Board of Directors in SD&G), Easter Seals Society (Ball Hockey Team participant), St. Lawrence College (Board of Governors), South Stormont Minor Hockey Association (Referee), Heart and Stroke Foundation (Canvasser) and the Canadian Cancer Society (Campaign Chair - Dundas County).

Great Lakes Sustainability Fund Springs Into Action

The Raisin Region Conservation Authority (RRCA) is pleased to announce the receipt of $73,400 from the Great Lakes Sustainability Fund (GLSF).

Thirty-five thousand dollars has been allocated to the Lake St. Francis/St. Lawrence River Tributary Restoration Project to enable the implementation of two additional manure storage facilities and the planting of 20,000 native trees and shrubs. Twenty thousand dollars will support Wildlife Monitoring and Sustainability by constructing another 130 metres of sinusoidal channel and a 40 metre diameter pond with associated loafing sites at the Cooper Marsh habitat restoration site. Ten thousand dollars will be provided to evaluate the septic system at Charlottenburgh Park as well as $5,000 to design bilingual interpretive signage describing the fish and wildlife habitat restoration efforts at the site. The remaining $3,400 will see a new educational pamphlet on proper disposal of household waste especially those containing mercury.

"This extra contribution will ensure that momentum of ongoing projects is not lost" states Roger Houde, General Manager of the RRCA. He adds that "The Charlottenburgh Park project is a major endeavour and the additional funds move us further along in the established work plan."

All projects subsidized by the GLSF must address specific RAP recommendations which bring us ever closer to meeting the delisting criteria for the St. Lawrence River (Cornwall) Area of Concern.

For a New Toyota or a Used Vehicle


Tom Everson

Come See Me At Our New Location 1875 Brookdale Ave.
Cornwall TOYOTA 932-1106
JAN23042

Music Update


with Yvan Brunet

Eric Clapton "Me And Mr. Johnson" WEA. On his latest outing, Eric Clapton covers 14 of the 29 songs which Robert Johnson (the most mythic figure of the blues) recorded in his lifetime. For blues aficionados, it doesn't get any better than this: "Traveling Riverside Blues," "Milcow's Calf Blues," "Love In Vain," "Little Queen Of Spades," and so on. All in all, the set finds Clapton once more at the crossroads of blues and rock. Grrrreat!

Various Artists "Girls Night Out 3" Sony. Great compilation album featuring 18 hits from your favourite female superstars: Pink (Trouble), Jewel (Stand), Alicia Keys (You Don't Know My Name), Jennifer Lopez (I'm Glad), Beyoncé (Crazy In Love), Celine Dion (I Drove All Night) and the like.

Pitch Black "Pitch Black Law" Universal. Pitch Black's new album is probably as street as it gets. Most of the tracks feature rough, hard lyrics as well as some raw production. Though the five rappers don't embarrass themselves lyrically, they'll never be accused of being revolutionary. All in all, an album sporting a few highlights: "To Be The Best," "R You Ready" (with Busta Rhymes) and "Got It Locked" (with Roxy Brown).

Various Artists "The Dreamers" Nettwerk. 1968 Paris student riots is the setting for Bernardo (Last Tango In Paris) Bertolucci's latest drama film "The Dreamers" concerning a young American who befriends a set of French twins. The soundtrack sports English as well as some French hits from the late 60s by the likes of Jimi Hendrix, Edith Piaf, The Doors, Charles Trenet, The Grateful Dead, Michel Poinareff, The Steve Miller Band and lots more. Bound to rekindle some fond memories.

Various Artists "From The Girls" Nettwerk. The title of the album "From The Girls" says it all. A great compilation of hits by some of your favourite female performers: "I'm With You" by Avril Lavigne, "Cornflake Girl" (live) by Tori Amos, "Angel" by Sarah McLachlan, "Come Together" (live) by Macy Gray, "Thank You" by Dido and so on. All in all, a fine assortment of sweet voices which swagger along with powerful beats and haunting lyrics that hold you in awe through most songs.

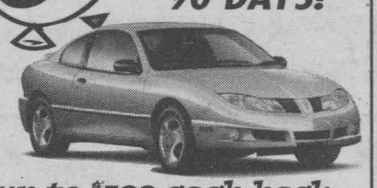
GRATUIT
COURS INFORMATIQUE
Un apprentissage personnalisé et axé sur vos besoins!
•Windows
•Internet
•Courriel
•Création de pages Web
•Word
•Excel


MAR19041

Centre de formation pour adultes
J'aime apprendre inc.
305, avenue Baldwin
Cornwall (Ontario)
932-0165
Début: avril 2004
Durée de la session: 10 semaines

FINIR TES ÉTUDES À LA MAISON T'INTÉRESSE?
La distance, les obligations familiales ou les conflits d'horaire t'empêchent de participer à un programme de formation?
J'aime apprendre inc. peut t'aider!
GRATUIT
formation, ordinateur et Internet
MAR19041
Les places sont limitées!
Pour plus d'information, téléphone à Christine ou Sylvain au (613)932-0165
Centre de formation pour adultes
J'aime apprendre inc.

Second Chance on a Fresh Auto Loan
as low as 0%
96.5% Success Rate
No Payment For 90 DAYS!


MAR19042

up to $500 cash back
• Bankruptcy
• Collection
• Repossession
• No credit
• Bad credit
• Charge off
• 1st time buyer
• Slow payer
Call Larry 930-3858 (anytime day or night)
Auto Loan Services
Rates may vary from 0% to 33.9% O.A.C. - Notman Chrysler Dodge Jeep

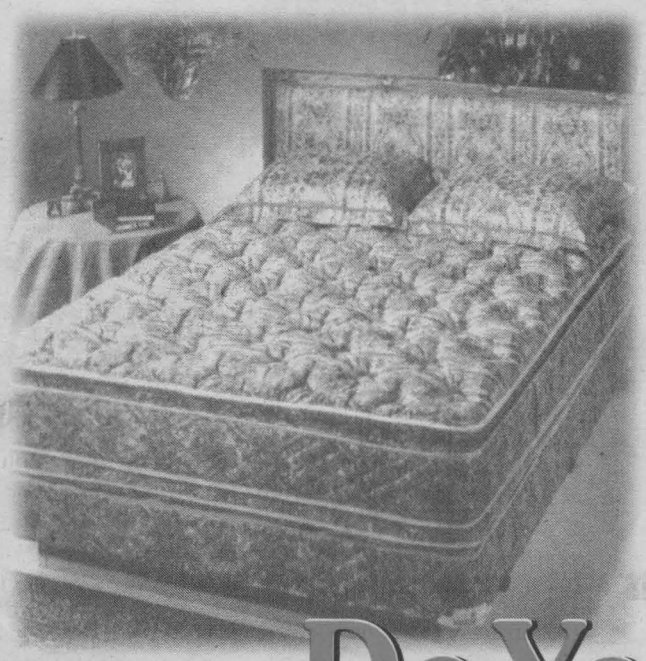


Great News

The Spring Renovations Special

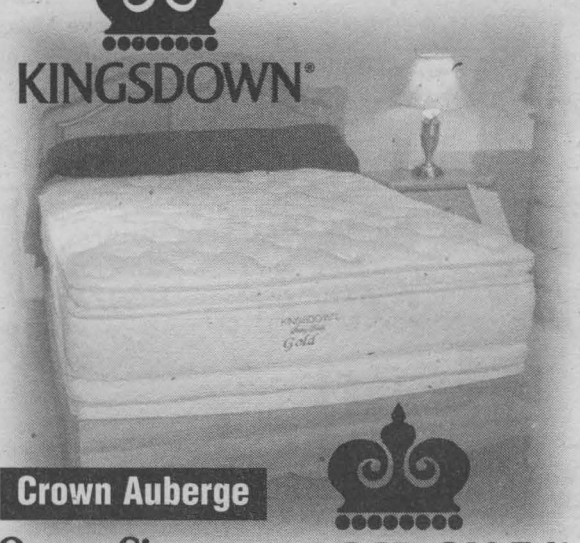
has arrived just in time for Normand Lalonde's

24th ANNIVERSARY SALE





Do You Sleep To Live?



KINGSDOWN®

Crown Auberge

Queen Size Mattress & Box Spring with Pillow Top

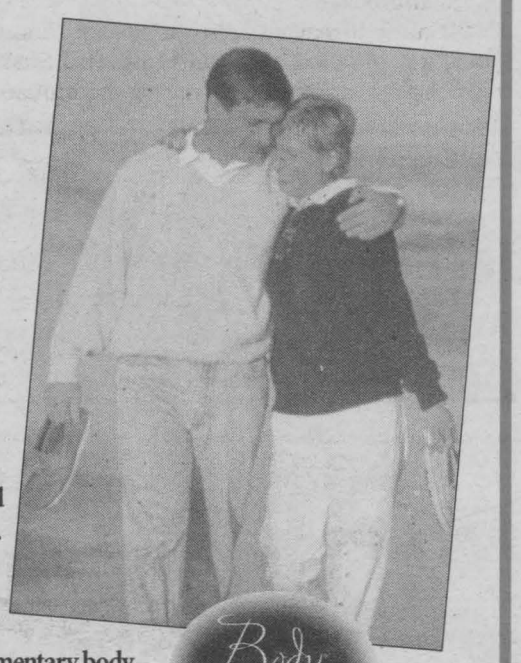
KINGSDOWN®

Starting At $1097



KINGSDOWN®

Discover a way to strengthen your immune system, increase your memory and improve your reaction time without adding even one activity to your daytime routine. Healthier sleep can become a reality when you have a sleep system that conforms ideally to your body. **DormoDiagnostics™** assesses your unique characteristics to obtain comfort and support data necessary to specify the ideal Body System™ bed. So you can improve the quality of your sleep and enhance your quality of life. Ask for your complimentary body profile and start living better today!



We've Got A Bed For Every Body™

40,000 SQ.FT. SHOWROOM

Your Choice of Payment from THE GIANT on furniture, & mattresses

FINANCEMENT accord D Desjardins

OPTION 1	OPTION 2	OPTION 3
36 Months, Interest Free OAC taxes due on delivery	No Down Payment No Payment 'til March 2005	Pay Cash & We Pay The Taxes Due On Delivery

You're Just 30 Minutes from Great Savings . . . Exit 9 on Hwy 401 at St. Zotique . . . FREE DELIVERY ~ FREE INSTALLATION

MAR19042

NORMAND LALONDE

AMEUBLEMENT FURNITURE

1120 PRINCIPALE ST. - ST. ZOTIQUE P.Q.

(450) 267-3250

1-877-267-3250

MasterCard VISA Interac

Spirit Of Giving Continues In Cornwall



In photo, front (l-r): Maurice King, Canadian Tire; Marty March, Foundation Coordinator, Canadian Tire; Kay Stone, Treasurer, Big Brothers and Big Sisters; Dave Hill, President, Big Brothers and Big Sisters; and Brian Lynch, Executive Director of Big Brothers and Big Sisters. Individuals in background are employees of Canadian Tire.

Photo submitted by James Lavigne

Although the holiday season has passed, the spirit of giving continues for many families in need in Cornwall. At an event held recently, Canadian Tire Associate Dealer James Lavigne presented Big Brothers and Big Sisters with a cheque for $5,000 raised through the Canadian Tire Foundation for Families' The Family Tree program. During the holiday season, at Canadian Tire stores across Canada, five dollars from the sale of every full-size artificial tree was donated to the Canadian Tire Foundation for Families to benefit local charities. Canadian Tire Financial Services donated an additional five dollars when tree purchases were made using a Canadian Tire Card or Options MasterCard.

The Family Tree program is a national fundraising initiative of the Canadian Tire Foundation for Families and has raised $836,000 this year to help provide food, shelter, clothing and essential goods to families facing difficult circumstances in communities right across the country. The program has raised more than $3.9 million since the program began five years ago.

"The holiday season is a special time of year full of giving and hope. Through The Family Tree program, we are able to extend the warm spirit of the season and help our charitable partners at Big Brothers and Big Sisters continue to provide critical services throughout the year to families in our community," says Canadian Tire Foundation Chairperson Marty March.

The Canadian Tire Foundation for Families is a charitable organization with a clear objective: helping families when they need it most. Its mission is to provide a helping hand to families in need, ensuring that life's basic needs are met - food, shelter, clothing and essential goods. In addition to community fundraising events and initiatives, the Canadian Tire Foundation for Families also provides a crisis response network, ready to go to work in times of natural disaster or crisis.

CONGRATULATIONS
Salesperson of the Month



MAR19042

Brett Doll

Sales & Leasing Consultant

We at Cornwall Motor Sales, are pleased to announce that Brett Doll has combined Sales & Service to the highest degree and has been named Salesperson of the Month for February 2004.

CMS CORNWALL MOTOR SALES

Brookdale at 401 933-3000

Sixth Place Finish

Safe handling of all firearms and good marksmanship are standards of the Cornwall Kiwanis "325" Squadron shooting team, who were pleased with their sixth place finish in the air division of the Eastern Ontario Area Air Rifle Shooting Competition. Forty-seven teams from Air, Army and Sea cadets competed shoulder to shoulder at various locals in Eastern Ontario. The Cornwall Armoury was home to the Zone 19 competition, Sunday, February 1st, 2004. Results of the individual team placements were not confirmed until recently, when all targets were scored, verified and tabulated.

The squadron co-sponsors, The Kiwanis Club of Cornwall, and Wing 424 RCAFA were pleased with the success of "325's" team.

The "325" marksmen with their rifles are (front row) AC Christopher Ducas (left), and LAC Michael Rodgers. Back row, left to right: Captain Gerald Joanisse, Senior Range Officer and squadron Public Affairs Officer; LAC Alexandro Bragaglia; WO1 Christopher Peck; Sgt. Johnathan Seguin; and Civilian Instructor Shari Joanisse, Range Coach and marksmanship instructor. WO1 Christopher Peck, led the team's effort as the top shot for the squadron's team.



Photo submitted by Gerald Joanisse

LET'S Celebrate

Each week, every Let's Celebrate ad will be entered into a draw for a Gedoro's Dining Card (Value $135.), courtesy of Seaway News.

WINNER BEVERLEY ROBERTSON
Bring in your winning photo & Pick up your prize at Gedoro's

Gedoro's
Fine Dining in Casual Comfort
EARLY BIRD SPECIALS - 4pm to 6pm
ALL WEEK LONG!
See Our Great Selection of 2 Dinners for $20.04
Includes 2 Garden Salads & Bread Bar from 4pm
See restaurant for full details. no discount or promo on these specials
158 Pitt St. 938-2791

To Place Your Ad : Phone or Write Your Ad of 24 words or less and enclose $9.50 handling charge, plus $7.50 for a photo. Over 24 words, 25¢ per additional word, per week

DEADLINE: TUESDAY - 5 P.M.

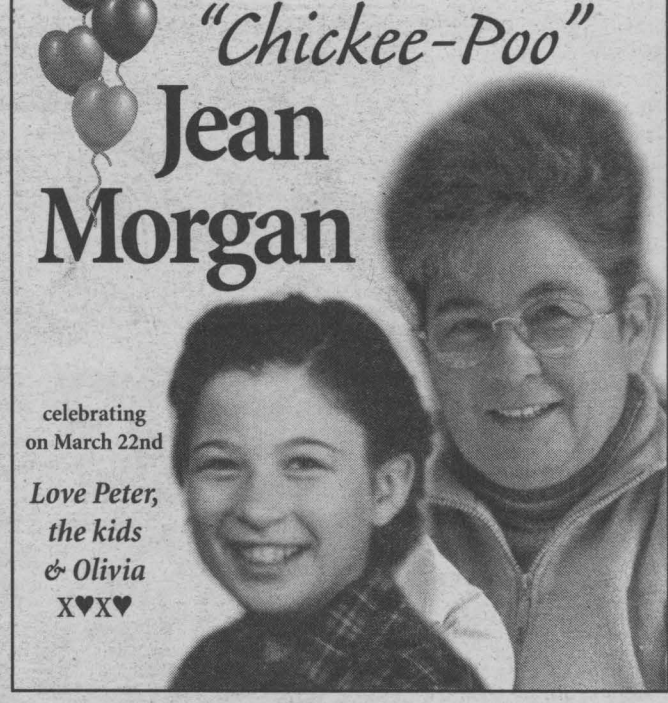


Still Looking Cute at 40!
Happy Birthday
Nancy Kenny
celebrating on March 21st
from your family



Happy 60th Birthday
Beverley Robertson
celebrating on March 20th
Love, family & friends

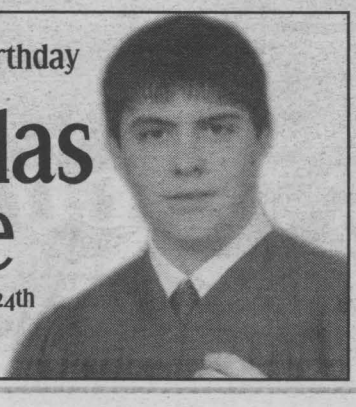
Happy 60th Birthday
"Chickee-Poo"
Jean Morgan
celebrating on March 22nd
Love Peter, the kids & Olivia
X♥X♥



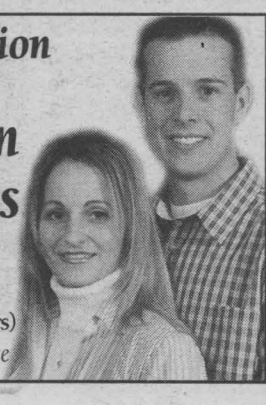


Congratulations
Tabitha Higham
on recently receiving your Diploma in the RN Program at St. Lawrence College and on recently passing your Provincial Exam
Way to go Tabby! Love Gran, Jason & family

Happy 15th Birthday
Nicholas Blue
celebrating on March 24th
Guess Who!



Wedding Reception
in honour of
Joanne Cameron & Jason McManus
Saturday, March 20, 2004
9pm-1:30am
Knights of Columbus, 205 Amelia (Upstairs)
DJ-Hot/Cold Buffet -Everyone Welcome



COMMUNITY DIGEST

Sponsored by Seaway News

e-mail: comevent@cornwallseawaynews.com

"A PERSON OF WORTH WORKSHOP" Christian perspective by Fran Sabourin will be held on Monday, March 29th, 7:00p.m. to 9:00p.m., at 2134 Pitt St. (basement hall back entrance). Presented by the Family/Women's Ministries of Cornwall SDA Church. Register by calling 346-0222 (please leave your name and phone number). No charge for this event. Everyone welcome.

"ADULT SUPPORT GROUPS" for those who have lost a child, spouse, loved one to suicide will be held at the Bereaved Families of Ontario at 144 Pitt Street starting Tuesday, April 6th for a period of six weeks. Free of charge. Anyone interested in attending may call to register 936-1455.

AGAPE CLINIC - AGAPE CENTRE will be held on Friday, March 19th, 11:00a.m. until 3:00p.m., at the Agapé Centre on McConnell Ave. A registered nurse from the VON will be available to give general health counselling. Appointment call the Agape Centre at 938-9297. Walk-ins also accepted.

CLUB CULTUREL CANADIAN CORNWALL SENIORS CROQUET CLUB located at 44 Edward Street (inside the "Trailer") play Bridge, Euchre and their favourite game of Nine. Fully bilingual group. Any Senior who would like to view their facility may do so and feel free to join them in a game of cards. For more information call 933-7904 between 2:30p.m. and 5:30p.m.

CORNWALL NEWCOMERS CLUB (CNC). New to the Cornwall area? Looking to get out and about and make new friends? The Cornwall Newcomers Club is a club for women who wish to partake in various activities. Everyone welcome. Information: Ilana 534-9124.

CORNWALL SENIORS CLUB - SENIORS WELLNESS CLINIC will be held at the Cornwall Seniors Club, 119 Pitt St., on Monday, March 22nd, 11:00a.m. until 3:00p.m. A registered nurse from the VON will be available to give general health counselling. Clinic is open to all Seniors. Information: Pierrette or Lauraine of the VON Office at 932-3451.

CORNWALL TOWNSHIP HISTORICAL SOCIETY meetings will resume on Tuesday, March 24th, 7:30p.m., in the Raisin River Heritage Centre (behind the school in St. Andrews). Everyone welcome. Information: Dale 534-2463.

DO YOU NEED SOMEONE TO TALK TO? If your life has been changed because someone you care about has Alzheimer Disease or a related disorder, come to the Glen-Stor-Dun Lodge on the last Wednesday of every month in the Tea Room, 6:00p.m. Information call the Alzheimer Society at 932-4914.

EASTER SPRING LUNCHEON AND BAKE SALE is being held at Trinity United Church, in Ingleside on Saturday, April 3rd, 11:30a.m. to 1:30p.m. Admission. Everyone welcome.

EUCHRE PARTY starting Thursday, March 11th, 1:30p.m., at the Navy Club, 30 Sixth St. East (across old Food Basics). Everyone welcome. Information: 933-6787.

GLENGARRY TOASTMASTERS "SUPPER CLUB" hold their next meeting on Wednesday, March 24th in the Berkshire Security Boardroom, 6 St. George Street, Alexandria. 5:45p.m. to 7:15p.m. Information: Sandra 347-1799 or Bob 938-0775.

HERITAGE ARTS & CRAFTS SHOW AND SALE is being held on Friday, March 19th, 12:00noon to 9:00p.m., and Saturday, March 20th, 10:00a.m. to 5:00p.m., at the Cornwall Civic Complex. Everyone welcome.

MAXVILLE COMPLEX FIDDLE CEILIDH featuring Germain Leduc of Valleyfield will be held on Friday, March 19th, 7:00p.m. The Waltz Jig, Reel King and others. Sponsored by the Fresh Air Association. ***"Ceilidh Oil Portrait Presentation"*** to the family of Bev MacQueen and Donald Macleod will be held on Friday, April 16th. For more information on these events please call Ron Clare at (613) 527-5223.

NAVY CLUB, 30 Sixth St. East has a ***"Dance"*** every Sunday, 6:30p.m. to 11:00p.m., dress is casual, free admission. Good o'l Country Music. Everyone welcome. Information: 933-6787.

NEW FRIENDS & ACQUAINTANCES (N.F.A.A.) have ***"Bowling"*** on Sunday, March 21st and 28th, 6:45p.m. at Nativity Hall, 301 McConnell; ***"Walking"*** every Monday, Tuesday, Wednesday, and Thursday at the Cornwall Civic Complex, 6:30p.m. SHARP. Information: Barb 933-5902.

PEER SUPPORT GROUP (Canadian Mental Health Association) is open to individuals who have experienced mental illness or mental health problems and who are looking for information, peer support and sharing of coping skills and strategies. Meetings are held Monday evenings 6:00p.m. to 8:00p.m. at the Starbright Centre, 343 Pitt St. (behind M. John Sullivan Funeral Home), and Wednesday afternoons 1:00p.m. to 2:30p.m., at the offices of Canadian Mental Health Association at 329 Pitt St. Information: 933-5845.

S.D.G. ARMY CADETS fundraising meal, Sunday, March 21st, from 4:30 p.m. to 6:30 p.m. at the Royal Canadian Legion, Cornwall, Ontario.

S.D.G. GENEALOGICAL SOCIETY meeting will take place on Tuesday, March 23rd, 7:00p.m. in Room 2 at Trinity Anglican Church Hall, 105 Second St. West. Please use parking lot door of the Church Hall. Information: Robert 933-6025.

ST. ANDREW'S/ST. MARK'S UNITED CHURCH on Johnson Crescent, in Long Sault are having their ***"Ham Supper"*** on Sunday, March 28th, 4:00p.m. to 6:00p.m. Admission. Everyone welcome.

SEAWAY TOASTMASTERS CLUB hold their next meeting on Tuesday, March 23rd, 7:00p.m., at the Cornwall Armoury on Fourth St. East. Everyone welcome. Information: Gerry Flaherty at 360-5578.

WISDOM ON WINGS -- WORLD STORYTELLING DAY presented by the Friends of the Sanctuary is being held on Saturday, March 20th, 2:00p.m., at the Upper Canada Migratory Bird Sanctuary on Hwy. 2 between Ingleside and Morrisburg. Storytelling performance featuring tales about birds by Linda Mikolayenko. Children must be accompanied by an adult. Free of charge. Information: Dallas at 346-1577.













SMALL BUSINESS PROFILE

Jas-Mar Means "Service And Quality"

Jim Cicchini and his sons Mark and Jeff live by the phrase, "Service and Quality at the right price." It has made Jas-Mar Paint and Decorating Centre at 240 Pitt Street in Cornwall, the "go-to" store when you're thinking of redecorating your home. Proudly, the Cicchinis make every effort to deliver on their promise of the best service and quality at a price you can afford. Jim Cicchini points out that Cornwall is in the midst of an upswing and a lot of people are upgrading their present homes or moving into newer or bigger ones. That means redecorating and Jas-Mar is there to serve. Jim says customers have some terrific ideas about what they want to do with their homes, they just aren't sure, at times, how to go about it. The Cicchinis are there to offer assistance but Jas-Mar also has on staff, interior decorator Karen Marshall who has been with the local business for the past year. Karen previously owned her own decorating business in Ottawa for many years before joining the team at Jas-Mar in Cornwall.

The trends show, when you're talking redecorating at this point, you're talking fabrics, blinds and the hot item right now, interior California shutters. Jas-Mar has a terrific wall display of these items which come in colours of white, ivory and almond and carry a 25 year warranty with them. Fabrics are a hot item as well. Jas-Mar has a huge selection of fabrics as customers opt for window treatments with the "sheer verticals and horizontals" as far as blinds are concerned. Wooden blinds seem to be very contemporary right now as well. It really doesn't matter what the trend or what your needs are, Jas-Mar Paint and Decorating Centre will be able to meet your needs. Jim Cicchini says "customers are more conscious of what is available in the marketplace," and Jas-Mar has strived to stay on top of market trends and preferences. Case in point, Jas-Mar has a huge selection of Para Paints in 2,400 different shades, along with Canadian Heritage colours. Jas-Mar has also added 30 new colours from the Group of Seven Canadian Artists. You can see for yourself by visiting Jas-Mar at 240 Pitt Street in Cornwall, or if you're just getting started on some redecorating dreams, why not have the team come to your home where you can show them what you have in mind and they'll come back with a free estimate for the work. By the way, for those that prefer the traditional decorating mode of some fresh paint and some new wallpaper, then look no further than Jas-Mar. They really do have it all, in product and service and can deliver when they say, "service and quality at the right price." Visit the Cicchini's interior decorator Karen Marshall and consultants Linda St. Germain and Tracy Chisholm at Jas-Mar Paint and Decorating Centre, 240 Pitt Street in Cornwall, with 12 free parking spaces at the back of the building for your convenience. You can call them at (613) 933-8924 or visit their website at www.jas-mar.com.



Mark Cicchini (left) and Jeff Cicchini display contemporary wooden shutters, one of the more popular items available at Jas-Mar Paint and Decorating Centre on Pitt Street in Cornwall.

Photo by John Divinski

JAS-MAR
PAINT BLINDS WALLPAPER SHUTTERS
vinylbilt SHUTTERS
Save 30%
Vinylbilt® Shutters
Net Price Includes PST & Installation Cost
LIMITED TIME OFFER
Easy to clean and virtually maintenance free, Vinylbilt® shutters are the perfect solution
SHOP AT HOME SERVICE AVAILABLE
www.jas-mar.com
240 Pitt Street 933-8924
MAR19042

There's No Place Like Home
AUNTIE EM'S
ALL DAY CROP PARTY
MARCH 27th
Don't Be Disappointed-Book Your Spot Now!
New Stock has Arrived!!
Come & see the new exciting word print paper.
18919 King's Road Martintown 528-1401
MAR19044

RIMS OF ALL KINDS
go to
www.tirecraft.com
CUSTOM WHEELS SECTION TO VIEW YOUR VEHICLE WITH DIFFERENT RIMS
If it ain't broke, we won't fix it.
TIRECRAFT®
www.tirecraft.com
• Brakes • Transmission • Alignments • Complete Service
1920 McConnell Avenue 932-0456
Over 160 locations across Canada
MAR19042

Buy any tanning lotion over $22.99 and Receive 1 FREE TAN
Until March 31st
Cuts n' More
Locally Owned and Operated
FAMILY HAIRSTYLING & TANNING SALON
SEAWAY VILLAGE PLAZA (beside Joey's Only) 936-0664
MAR19042

New Stock - Just Arrived
DRUM SETS
from $399.99
(cymbals extra)
Cornwall's No. 1 Music Store
104 Pitt St. 933-0205
MELODY MUSIC CENTRE
Since 1963
MAR19042

BATHROOMS and KITCHENS
Made Affordable
• Acrylic Tubliners
• Acrylic Wall Systems
• Custom Showers
• Cultured Marble
• Accessories & Faucets
COMPLETE BATHROOM PACKAGES
930-2135
VIB BATHTUB LINERS INC.
The Smart Choice
Kitchen Re-Nu
• New Cabinets
• Cabinet Refacing with over 60 styles of doors
• Counter Top Replacement
• FREE Estimate and Layout
930-4887
24 Blackadder Drive, Cornwall
MAR19043



For all Your Advertising Needs
Call Rick, Robin, Bill or Arlene
SEAWAY NEWS
Your Community Paper Since 1985
329 Second St. West 933-0014 fax: 933-0024
e-mail: info@cornwallseawaynews.com www.cornwallseawaynews.com

Classifiedplus

Deadline: Wednesday, 12 noon

933-0015

MasterCard VISA Interac AMERICAN EXPRESS

Circulation: 34,818 copies
Deadline: Wednesday, 12 noon
classified@cornwallseawaynews.com

COMPANIONS CORNER

SECURE, SINCERE SWM, early 50's, well fit, has lots of TLC to give, really would like to meet SWF, well-fit, to share life with. CC2232.

AUTHENTIC SWM, attractive, interesting, appearance & fitness conscious, passion for pleasing. Desires slim, intelligent, appealing lady friend, 30-45, to share relationship, involving both mental & physical stimulation. Serious only. 938-3534, (7pm-9pm).

COMPANIONS CORNER

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • DVD's & MORE!
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena South 2 miles to Don's Orange Mini Mart
315-764-7145 sn4

COMPANIONS CORNER

N.F.A.A. (New Friends and Acquaintances) is a non-profit association that provides a safe and friendly environment for unattached people in Cornwall and area to meet one another while promoting a healthy lifestyle. Activities such as: walking, bowling, dinners & movie night, etc. For more info, call Barb @ 933-5902.

• Discreet • • Convenient • Affordable Shopping 18+!
www.sextoysmailorder.com
FREE CATALOGUE
1-800-567-8296
FAB13044

2 APTS/CONDOS FOR RENT

CLEAN & COZY, near St. Columban's Church, upstairs bachelor apt, hardwood floors, $350/mth, plus utilities. Near Nativity Church, 1 bdrm downstairs apt, heated, washer/dryer hook-ups, parking, $495/mth, plus electricity. Call 933-4780.

DOWNSTAIRS 1 BDRM APT, 3-pc. bath, full basement. $385/mth, electric not included. Good location near Hospitals & stores. Great for senior. Call 534-2374.

SPACIOUS 1 & 2 BDRM APTS. Clean & quiet. Reasonable rents, locker space, parking, coin-operated laundry. References required. Call 931-2633.

2 APTS/CONDOS FOR RENT

ACE PROPERTY MANAGEMENT 1991
"Let us find you a place at no charge!"
936-1533
MAR19044

BACHELOR/ONE BEDROOM
Christie St., 1 bdrm. upst., appl., neat, $525 incl.
444 Augustus St., 1-1 bdrm., fridge/stove, porch, $550 incl.
16-A Sixth St. W., 1 bdrm., gas, fridge/stove, $475 incl.
29-C Fourth St. E., 1 bdrm., main flr, f/s $475 incl.

TWO BEDROOM
2478 Edgar St., 1-2 bdrm., appl., BBE, deck

3 BDRMS/HOUSES/SEMI
Carleton St. N. Executive style, 3 bdrm, 5 appl, sunrm, $695+
Jarvis St, Executive style, 3 bdrm, upper floor, no appl, w/d hkups, shared garage $900 incl.
234 Second St. E., 3 bdrm., no appl, BBE, w/d hkups $515 +

805 MARLBOROUGH ST. N. (SECURITY)
Bachelor, top flr, balcony, f/s, $430 incl.
Utilities, appliances, parking, coin laundry included

LE DOMAINE APT. PITT ST. (SECURITY)
2-2 bdrm, main flr, $675 incl. and upper flr $650 incl., avail. immed.
Utilities, appl., parking, coin laundry included

440 CUMBERLAND & 245 YATES
2 bdrm apts. avail. Immed. $625 incl.
Utilities, appliances, parking, coin laundry included

3&4 bdrm. townhouses avail.
3 levels, no appliances, w/d hkups, small yard

Visit our Website:
www.acepropertymanagement1991.com

INGLESIDE, 1 BDRM APT. $440/mth, includes utilities & basic cable. Also, 2 bdrm apt, Riverside Heights near Morrisburg, $650/mth, includes utilities. Call 543-3604.

2 BDRM APT. available. Fridge, stove, utilities & parking. Security bldg. Centre town. $585/mth, rental deposit & references. New owners, 363-2865 or 930-0167, evenings or weekends please.

LARGE 1 BDRM mainfloor apt, 52 Lefebvre. Available immediately. $435/mth, plus utilities. Washer/dryer hook-ups in basement, no pets. References req'd. Call 527-1906.

SECURITY BLDG. Apts for rent. Bachelor, 1 & 2 bdrms, starting @ $410/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. No pets. Call Monday-Saturday, 8am-8pm, 933-9471.

APARTMENTS FOR RENT
bachelor, 1&2 bdrm., utilities included
security bldg., video surveillance
call 932-7891
Mon. - Fri. 9:30 - 4:30
sn3

2 APTS/CONDOS FOR RENT

LEFEBVRE. Large 2 bdrm apt. Spotless, new carpets, appliances, parking. Heat included, $499/mth. 938-7444.

EXECUTIVE STYLE, 3 bdrm apt. Carleton St. North. 5-appliances, sunroom. $695/mth, plus utilities. Call Ace Property Management, 936-1533.

AVAILABLE APRIL 1ST, upstairs 2 bdrm apt. Laundry room, parking. $475/mth, pay own utilities. First & last month req'd. Call 528-1148 or Cell#936-7088.

2 BDRM UPSTAIRS APT, 1204 Easton Ave. Available May 1st. Washer/dryer hook-ups. No pets. $520/mth, hot water paid. Call 937-0977.

64 LENNOX ST. Large 2 bdrm 2-storey duplex. Mainfloor laundry hook-ups, parking & yard. Across from park on quiet street. Available March 15th. $495/mth, plus utilities. Call 346-0824.

4 HOUSES FOR RENT

LUNENBURG
2+1 bdrm, built-in appliances, garage.
$750/mth + utilities.
Available immediately
534-2876
MAR1904H

DOWNTOWN CORNWALL, 2 bdrm house with garage, appliances included. $750/mth, plus utilities. First & last month req'd. Non-smokers & references. Available April 1st. Call 931-3292.

VACATION HOMES FOR RENT

NEW CHALET in Ste. Agathe in the Laurentians. Five minutes from ski hill. Reserve now. Many summer activities. Call 931-2043.

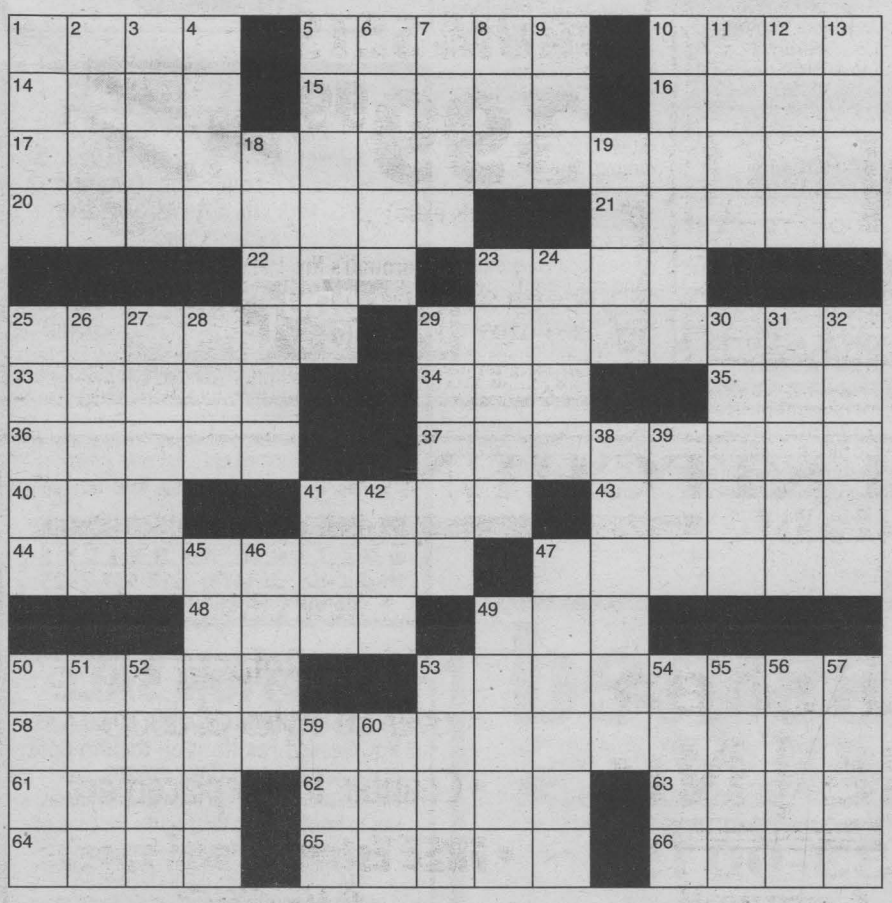
BUY IT SELL IT FIND IT IN THE CLASSIFIEDS

CALL 933-0015 TO PLACE YOUR CLASSIFIED AD

CROSSWORDS

CLUES ACROSS
1. South Africa monetary unit
5. Wet nurses
10. Civil rights organization
14. Double-reed instrument
15. Bundles
16. Frees from moisture
17. Rocky's buddy
20. Impassively
21. In a way, bent
22. "Partridge Family" Susan
23. Protection
25. Animal disease
29. Travelling or commercial
33. Good Gosh!
34. Leaf of the talipot palm
35. One indifferently out of more than two
36. Max __, Dadaist painter
37. Madder family tree
40. Indian hemp
41. Canadian flyers (abbr.)
43. Herring gull genus
44. Tackles
47. Capital of the Philippines
48. The back side of the neck
49. Language of the Dali region of Yunnan
50. The preliminary stage
53. National capital of Liberia
58. Charisma
61. Wager
62. Emanations
63. Groundless
64. Sew up the eyelids of hawks and falcons
65. A name given to a product or service
66. C C C

CLUES DOWN
1. Fleeces
2. Border
3. "__ contendere," to plead no contest
4. A small wooded hollow
5. Stomachs
6. Hardy
7. Dinker (slang)
8. The world of the dead
9. Compass point
10. In a way, loves
11. Reptile (abbr.)
12. Cause cell destruction
13. Utilized
18. Broadest
19. A female horse
23. Civil and religious leader of an Islamic state (archaic)
24. __ Ladd, actor
25. In a way, smells
26. Of agriculture
27. Canadian ski resort
28. Subconsciousnesses
29. Soul and calypso songs
30. New Zealand native
31. Declare invalid
32. Lake South Africa
38. Chennault, for one
39. Main ethnic group of China
41. Type of tide
42. After "B"
45. Coating for wood or metal
46. Monetary unit of W. Samoa
47. Staffed
49. Louise __, American poet
50. Blats
51. __ Frank's diary
52. The scene of action
53. Hare-like rodent of the pampas of Argentina
54. About organ of hearing
55. See (Latin)
56. A small island
57. City in Iowa
59. Place for scientific research
60. Austrian river



HOROSCOPES

March 21st to March 27th

ARIES – March 21/April 20
Important people will listen to what you say this week, Aries, so speak carefully. A visit from an old friend reminds you of a past adventure. It's okay to reminisce.

TAURUS – April 21/May 21
Life moves in cycles, Taurus, and for you, the good times are just beginning. It's important that you put the past — and those longstanding grudges — behind you to succeed.

GEMINI – May 22/June 21
You've got the blues this week, Gemini, so it's unlikely you'll be the life of the party. That's okay — even you could use some quiet time once in a while. Take this time to rejuvenate your spirit.

CANCER – June 22/July 22
Even hardworking Cancers like you need to take a break. Take a day off and go enjoy yourself outdoors. The romance you've been searching for may find you.

LEO – July 23/August 23
You've pushed yourself a great deal and have achieved a lot. Go ahead and brag — you've earned the right, but don't let it go to your head.

VIRGO – Aug 24/Sept 22
A flagging romance has you feeling down in the dumps, but your natural resiliency will have you up and about again in no time — just in time to meet someone new.

LIBRA – Sept 23/Oct 23
Recent weeks have been good to you, and there's no reason why your luck shouldn't continue. However, life hasn't been so kind to others. Take time to share your good fortune.

SCORPIO – Oct 24/Nov 22
Now that your finances are in order, put money concerns out of your mind for the moment and go have a little fun. The key word here is "little" — moderation is key. A loved one is planning a romantic getaway.

SAGITTARIUS – Nov 23/Dec 21
Your high energy days are fewer this week, Sagittarius, so you should carefully consider how you exert yourself. Friends look to you for advice. Do your best.

CAPRICORN – Dec 22/Jan 20
It's easier to keep promises to yourself if you make them this week, Capricorn. An impromptu trip leads to financial opportunity.

AQUARIUS – Jan 21/Feb 18
This week, you'll find yourself questioning a lot of what you've always believed in, Aquarius. This is a good thing, as it forces you to take a good look at your lifestyle.

CAPRICORN – Dec 22/Jan 20
There's only so much you can do on your own, Pisces. There's real value in teamwork this week if you're of a mind to give it a college try.

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES
- $9.00/week 24 words or less, (25¢ each additional word per week).
- $16.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 12 noon before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $28.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 12 noon Wednesday.

Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

Mail pick up, no charge.

Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

~~~~~~~~~~~~~~~~~~~~~~~~~

Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area
~~~~~~~~~~~~~~~~~~~~~~~~~

EXIT REALTY SEAWAY

506 Pitt Street, Cornwall Call 937-4445

www.exitrealtyseaway.com 24 hour browsing



Lana Barnes
Broker 551-3545



Ginette Campbell
Sales Rep. 551-3321



Henrietta Duvall
Sales Rep. 930-5372



Judi Auger
Assoc. Broker 930-3536



Dawna Bamford
Sales Rep. 937-0739



Theresa Mahaffy
Sales Rep. 360-8560



Cynthia Joubert
Sales Rep. 551-2496
www.cynthiajoubert.ca



Mike Auger
Sales Rep. 551-2469



Hana Novotny
Sales Rep. 937-4445



JoAnne Riel
Sales Rep. 360-1259



Tamara Lee Johnson
Sales Rep. 360-6380



Brian Carter
Sales Rep. 360-3494



Maggie Nuttall
Sales Rep. 363-6449



Shelley Brown
Sales Rep. 330-3954

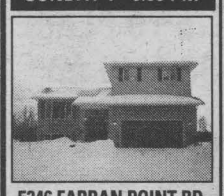


Jake Lefebvre
Sales Rep. 937-4445



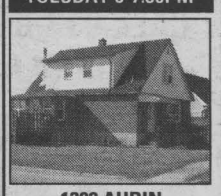
Donna Bates
Sales Rep. 930-0888

OPEN HOUSE SUNDAY 1 - 3:00 PM



5346 FARRAN POINT RD, INGLESIDE
Peace & tranquility awaits you at this lovely 3 bdrm brick home. Features include open concept, hdwd floors, oak kit., fin. rec room, 3 baths, large lot & above ground pool. $179,900/#1509
YOUR HOSTESS JOANNE RIEL 360-1259

OPEN HOUSE TUESDAY 6-7:30PM



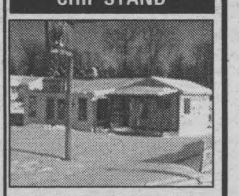
1302 AUBIN
This 3+2 bdrm home has lots to offer. Good location w/fully fenced yard w/above ground pool, new flooring throughout, some new windows, garage & more.
$94,900 / #1537
YOUR HOSTESS SHELLEY 330-3954

FULLY SERVICED BUILDING LOT



BUILDING LOT
Just minutes from Cornwall. Good for people commuting to Ottawa for work. 222x192 and surrounded by forest.
$24,900 / #1474
CALL SHELLEY 330-3954

LORETTA'S CHIP STAND



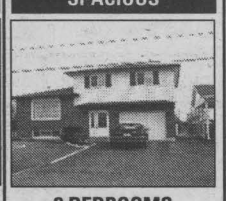
WELL ESTABLISHED
Fully loaded, owned land, bathrooms, just turn the key and start selling!
$69,900 / #1508
MAGGIE NUTTALL 363-6449

WELL ESTABLISHED LOCAL BUSINESS

BUSINESS FOR SALE

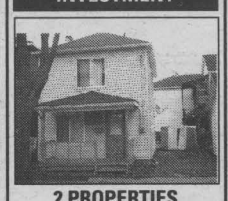
BUSINESS FOR SALE
Good income and turn-key business
Call 1-800-581-4240
Home Code 1354
$50,000 / #1464
JUDI AUGER 930-3536

COMFORTABLE & SPACIOUS



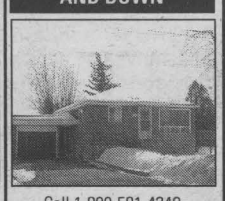
3 BEDROOMS
Call 1-800-581-4240
Home Code 1361
$149,900 / #1497
JUDI AUGER 930-3536

GREAT INVESTMENT



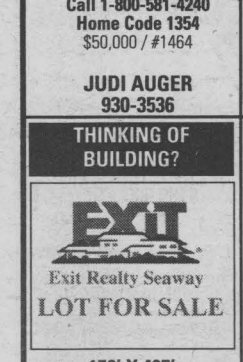
2 PROPERTIES 1 LOT
Call 1-800-581-4240
Home Code 1355
$96,000 / #1456
JUDI AUGER 930-3536

FINISHED UP AND DOWN



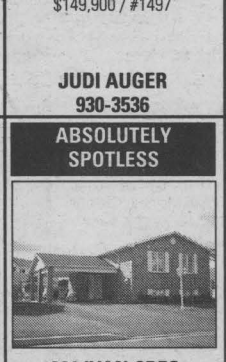
Call 1-800-581-4240
Home Code 1366
$107,000 / #1523
JUDI AUGER 930-3536

THINKING OF BUILDING?



150' X 495'
Check out this lot near Summerstown Station
$12,000 / #1466
JUDI AUGER 930-3536

ABSOLUTELY SPOTLESS



281 IVAN CRES.
4 yr. old 2+2 bdrm, fully bricked bung. Forced air gas, main floor laundry, full 8 foot basement insulated & drywalled. Excellent location & carport.
$157,900 / #1426
CALL GINETTE 551-3321

BEAUTIFUL LOCATION



4 ROBERTSON AVE.
Many recent updates. 3 bdrms, fin. basement, garage, forced air heating, corner lot, paved driveway, bright driveway. Come see it & make an offer.
$114,900 / #1439
CALL GINETTE 551-3321

2 HOUSES SAME LOT



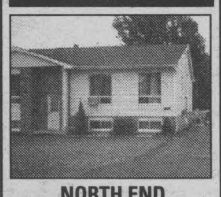
6225 55th AVE. BISHOP'S POINT
Year round home with river access, 2 houses, same lot, 1-3bdrm, 1-2bdrm, oak cupboards, oak hdwd floors, furniture included. Won't last long. $109,900 / #1536
CALL GINETTE 551-3321

GET READY FOR SUMMER 6795 ST. FRANCIS LANE



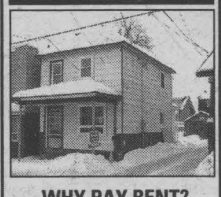
Excellent view of St. Lawrence w/river access & docking rights. 2 bdrm year-round home or cottage. Recent flooring, roof reshingled 2001, wood pellet stove, peaceful location w/attractive sundeck on large corner lot. $99,900 / $1458
CALL GINETTE 551-3321

NEW LISTING



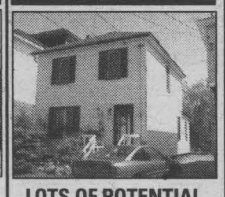
NORTH END SEMI DETACHED
Bungalow with 2-plus 1 bdrm and 2 baths, fenced yard, shed and double paved drive. A pleasure to view.
$84,900 / #1538
CALL HENRIETTA 930-5372

ATTENTION RENTERS



WHY PAY RENT?
You could own this clean and cozy 3 bdrm home for as little as $220.61 per month if you qualify and save, save, save.
$39,900 / #1510
FOR MORE INFO CALL BRIAN CARTER 360-3494

STARTER HOME



LOTS OF POTENTIAL
3 bedrooms, 2 bathrooms, this house has potential and is close to all amenities.
$54,900 / #1519
CALL THERESA AT 360-8560

PROUD SUPPORTERS OF HABITAT FOR HUMANITY

Thinking of Selling A House?
EXIT REALTY GOES THE EXTRA MILE!

Classifieds

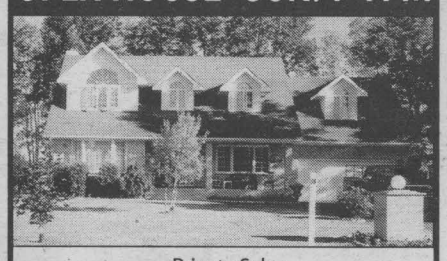
CALL 613-933-0015

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon

5 HOUSES FOR SALE | 5 HOUSES FOR SALE | 8 REAL ESTATE | 8 REAL ESTATE | 8 REAL ESTATE

OPEN HOUSE - SUN. 1-4 PM



Private Sale
Prestigious Beaver Glen Estates
off Headline Road West
Civic 16855 Beaver Dam Drive
Executive, all brick, 2700 sq. ft. home. Custom built by owner. Double attached garage plus new 26'x32' detached garage. Beautiful 1 1/2 acre treed lot.
Nothing missing here. Immediate possession.
$359,900 *2% paid to agents*
932-0766 or 528-1464 or 361-0101
MAR19043

WATERFRONT



19010 Cty. Rd. 2, Summerstown, ON
With over 2,200 sq. ft. of living space and 88 ft. of waterfront, this gorgeous 3 bdrm home is equipped with maple/pine/ceramic flooring, whirlpool and sauna, two gas fireplaces, gazebo and much more.
Asking $279,000 - Call 613-931-1979 for more info.
MAR19044

18 - ROOMS | 22 ARTICLES FOR SALE | 22 ARTICLES FOR SALE

ROOM FOR RENT in quiet building. $350/mth, cable included. One block from downtown. Gentleman preferred. Call 330-6698 or 930-4834.

BABY GRAND PIANO, upright, for sale. Excellent condition. $3,000 firm. Call 360-0235.

BOSS - BR8 DIGITAL 8-track recorder. Record up to 64 virtual tracks. Record your own CD. $425. Call 938-1029, after 5pm.

04 HOUSES FOR RENT | 8 REAL ESTATE | 22 ARTICLES FOR SALE

R2000 HOME, 2,000 sq.ft. townhouse plus garage. Available May 1st. $1,050/mth, electricity separate (approx. $150/mth), 3 bdrms, 2-1/2 baths, closed in backyard, close to all amenities, near park. Donald St. area. 931-2886.

BAINSVILLE AREA. 3 bdrm year round cottage, boat house on channel to Lake St. Francis. Priced to sell! Try your offer! Call Latreille Real Estate Inc. 938-3800.

SCUBA EQUIPMENT: Genesis XL BC, XXL 2-pc. wet suit, size 10 boots, size 10 gloves, size L fins, XL hood, 30-lb. weight belt & dive knife. Purchased May 2002, used 3 times. Asking $800. for all. Hockey Equipment: Itech 6.5 Jr. LH trapper, RH blocker, 30" goalie pads ($450/set), goalie thigh protectors ($20), Bauer 1000 men's 10 player skates ($75), 1 TPS goalie adult small chest protector ($50). Snowboard: snowboard boots Lamar size 7 ($100), Killer Loop size 5 ($40), Trip 54" snowboard c/w bindings ($125). Serious inquiries call 938-2639 after 5pm or weekends.

Poppy's Pawns Plus

Top Prices Paid For Fine China, TV's, VCR's, CD's, Movies, Tools, Antiques, Small Furniture
We Pawn, Buy, Sell & Trade
224 Pitt Street 933-2333

5 HOUSES FOR SALE | 6 HOUSES WANTED TO BUY | 8 REAL ESTATE | 13 OFFICES/ STORES/BLDGS | 18 ROOMS

FOR SALE OR RENT with option to buy, double tenement, 25 Arthur St. Front unit has 3 bdrms, back unit has bachelor. Heated garage. Small downpayment. Financing available. Call 528-1148 or 936-7088.

SEMI-DETACHED, 9-yr-old bungalow, 3 bdrms. 31 Sandfield North, Alexandria. Suitable for seniors. Alarm system, A/C, partial hardwood floors, 2 full baths, finished basement with gas stove. By appointment, call 525-4514.

614 FRASER AVE. 1100 sq.ft. brick, 3+1 bdrms, hardwood floors, 2 baths, finished basement (poss. in-law suite), nat. gas, A/C, carport, double drive, fenced, landscaped lot, many updates. $134,900. Call 938-3937.

WANTED: FIX ME UPPER, 2 or 3 bdrm house. Reasonable price. Also, willing to give camping trailer on seasoned lot for deposit plus cash. Call 938-7267.

SAVE MONEY NOW!
Refinances, purchases and debt consolidations. Pay off high interest loans & credit cards.
5 Year Mortgage 4.35%
UPPER CANADA MORTGAGE
930-2592
SN1

STORE FOR RENT - Approx. 1,000 sq.ft. Available immediately. Le Village area. For more info, call 528-4030.

ROOM TO RENT. Shared kitchen, TV in room w/cable included. Parking. Call 933-9122.

IMPALA MOTEL & RESTAURANT - Lancaster. Under New Management. Rooms for rent. Cable TV. Cooking facilities. Extremely comfortable rooms, only $375/mth. Great place to live. 347-2028.

22 ARTICLES FOR SALE | AUCTION SALES | AUCTION SALES

DOG KENNEL, 24"x24". Insulated dog house with siding. $150. for both. Call 933-5599.

2 RADIO CONTROLLED PLANES w/motor & radio. 1-Tippman 98 paintball gun w/2C02 tanks & helmet. 1993 Plymouth Voyageur, needs head gasket. Call 346-2495.

LOVE SEAT, green/burgundy plaid & lamps. Call weekdays after 5pm or weekends anytime, 938-8478.

SOLID OAK double pedestal table set, 6 windsor back type chairs, 2 captain style. Paid: $4,650. (6-mths-old). Will sell for: $2,300. Call 933-4798.

CULLIGAN WATER COOLER, Celsius, white, w/top cover, $125. Call 932-6661.

RAY SMITH AUCTION

33 Queen Street, Crysler ~ 346-5483 ~ 361-0206

WEDNESDAY, MARCH 24th at 6:30 PM
Viewing from 5:00 PM same day
Included with our regular Wednesday night auction will be sold two partial estates consisting of bedroom sets, dining room set, kitchen set, glass front corner cabinet, bookcases, small tables, La-Z-Boy chair, couches, large RCA colour TV, Sears colour TV, stereo system, pictures, books, set of Royal Albert Celberty dishes, dishwasher, and several boxes of smalls not unpacked at press time.
Auctioneers note: Good quality items with furniture in like new condition.
Owner/ auctioneer not responsible for loss or accidents.
Heated hall with seating, canteen and washroom.
To arrange consignments or to book your personal sale date call:
613-346-5483
MAR19042

HOUSE SALE

PAT & EVELYN O'NEILL
Sunset Drive - Civic No. 16090
Island 17, Long Sault, Ontario
WED., MAR 24th & THURS., MAR 25th
8:30am-5:00pm

Pine kitchen table & benches; wicker chairs; washer; dryer; fridge; microwave; Deacon's bench; misc. chairs; end tables; sofa; leather La-Z-y Boy; bookcase; brass lamps; glassware; china; prints; Last Supper sculpture by Austin; doll collection; hall trees; Joan Levy-Earl paintings; water colour by H.A. Valentine; milk cans; dressing mirror; cook books; chest of drawers; picture frames; Tole painted PCs; many all occasion decorations; snow shoes; press back rocker; wash stand; wicker pcs; pine boxes; hospital bed; wardrobe; other misc. articles.

Terms: Cash, Cheque, VISA, M/C, Interac

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com
MAR19042

Classified plus

933-0015

MasterCard VISA

Circulation: 34,818 copies
Deadline: Wednesday, noon

SEAWAY NEWS

classified@cornwallseawaynews.com

AUCTION SALE

SATURDAY, MARCH 27TH, 10:00 A.M.
1 km West of Fassifern on the 6th Conc. of Kenyon Civic #20202
From Alexandria travel North on Hwy 34 approx. 6 kms to Fassifern, turn West on the 6th Conc. of Kenyon. Watch for signs.

MACHINERY & HOUSEHOLD EFFECTS

To settle the estate of the late Fernand Lacombe we offer for sale the following: New Holland #210 manure spreader, M.F. 3 p.t.h. belt driven mower, M.F. side delivery rake, M.F. 2 furrow plow, Ford #530 square baler, 13 run I.H. grain drill on steel, Allied automatic stooker, stook forks, spike tooth harrows, flat top hay wagon, hay wagon running gear, 2 wheel utility trailer, tandem trailer 8'x17' like new, I.H. drag disc, round bale feeder, 2-200 gal fuel tanks, quantity of good used tin, walking plow, rabbit cages, milk cans, log chains, approx. 2 wagon loads of small tools and farm related items, 1989 Pontiac Sunfire automatic 114,000 kms sold as is, quantity of scrap iron, modern round oak table with 4 matching chairs, 2-3 pc. bedroom sets, oak glider rocker, electric La-Z-Boy chair, freezer, wardrobe, dishes and small kitchen appliances.
Many other articles too numerous to mention.

Owner & auctioneer not responsible for loss or accident.
Terms: Cash or Cheque with proper I.D.

Peter Ross Auction Services
Ingleside, Ontario Tel: 537-8862
www.theauctionfever.com
MAR19042

CALL 613-933-0015

Classifieds

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon

REAL ESTATE | REAL ESTATE | REAL ESTATE | REAL ESTATE | REAL ESTATE | REAL ESTATE | REAL ESTATE | REAL ESTATE | REAL ESTATE

WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM

RE/MAX CORNWALL REALTY INC.
www.remax-cornwall.com
649 Second Street East 938-8100



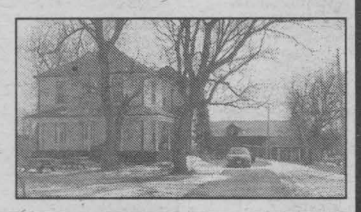
Marjet Rogers
ASSOCIATE BROKER
Don't Make A Move Without Me!!
Please call Marjet 360-1323
email: rogers@remax-cornwall.com

HOBBY FARMS - TAKE YOUR PICK!



CEADERGROVE ROAD, WILLIAMSTOWN
18th Century Home with stone fireplace, bathrooms, modern office, 4 bedrooms, great barns, fenced fields, pond
$239,000

PARAGON ROAD, CORNWALL
Century Home, 4 bedrooms, 42 acres, pond, large barn
$225,000



I JUST SOLD... • 19152 Short Road, Summerstown • 314 Gloucester

WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM WWW.REMAX-CORNWALL.COM

22 ARTICLES FOR SALE

3-PCE. WALL UNIT for TV. Nordic track exerciser. Call 933-7667.

HUNTER EDUCATION and Canadian Firearms Safety, FAC courses and tests. Also, Topographical maps for sale. Call 346-1289.

NICE TRAILER on beautiful lot at T & I Campground. Boat docks, swimming. Home away from home resort. $2,500. furnished w/paddle boat. 938-7267. Spoil yourself..

COMPLETE SET OF cupboards & white countertops, pine finish, approx. 60-ft. Included double stainless steel sink & Jenn-Air stove on island. $850. or B.O. Call 346-5574.

23 ARTICLES WANTED

WANTED: New or used tanning bed for home use. Call 525-0854 or 933-0014, ext. 228.

26 FARMERS MARKET

ROUND BALES OF HAY, $15/bale. Older hay, $5/bale. Oats, $10/hundred. Pile of straw in round bales, buyer's offer. #15399 Cooper Road, North of Lunenburg.

HAY FOR SALE. Small square bales, 2002 second cut, dry, no mould. $1.50/bale. Call 525-0854 for details.

23 ARTICLES WANTED

WANTED



Old Fishing Lures & Wooden Duck Decoys
Old Blue Flower/Bird Crocks & Jugs, Traps
Snowshoes
938-8839
mar5044

26 - FARMER'S MARKET

CEDAR & PINE LUMBER. Hardwood lumber. V-joint Pine & Cedar siding. Hardwood flooring. Specialty orders. Shavings, bags or in bulk. Firewood, split & delivered. Robertson's Sawmill, Martintown. Call 528-4262.

26 - FARMER'S MARKET

BEEF FOR SALE BY QUARTER. Per pound: Front $1.40/lb. Hind $1.60/lb. Gov't inspected, cut, wrapped, delivered. Farmer direct, no growth hormones, flavourful. Guaranteed. Call 931-9300.

30 HOME SERVICES

LIGHT HOUSEKEEPING available in the South Glengarry & Cornwall areas. Reasonable rates, lots of experience & references are available. Call 931-1676.

FURNITURE REPAIR & REFINISHING. Antique furniture as well. 25-yrs experience. Free estimates. Good rates. Call Dalton @ Village Furniture Shoppe, 933-9155 or 931-2043.

30 HOME SERVICES

DOMINIQUE TAN'S PAINTING
(Residential & Commercial)
Warranty & FREE Estimates
NO TAX! On all jobs booked before April 1st
Call **930-3508**
MAR12043

MEAL PREPARATION. Let "What's Cooking" do the work for you. We buy the groceries, prepare your meals & deliver to you. Call Jennifer, 938-8008 or Leslie, 931-1684.

WILL DO LIGHT HOUSEWORK. Call for more info, 938-2962.

LARRY LALONDE PAINTING. Residential. Commercial. Interior. Exterior. Free estimates. Call 936-9047.

NO SPACE IS TOO SMALL!

THE PERFECT HANDYMAN. Inside/outside renovations. Building of garage, deck & additions. Free estimate. Call Robert, 525-2197.

STRIPALL - Century Home Restoration. Furniture stripping, refinishing & repairs. Staircases, floors, doors, archways. No job too big or small, antique or not. Kitchen cupboards completely restored & refinished starting @ $1,500. Free estimates. Long Sault, 534-8494.

CALL 933-0015 TO PLACE YOUR CLASSIFIED AD

CROSSWORD SOLUTIONS

R	A	N	D	■	A	M	A	H	S	■	A	C	L	U
O	B	O	E	■	B	A	L	E	S	■	D	R	Y	S
B	U	L	L	W	I	N	K	L	E	M	O	O	S	E
S	T	O	L	I	D	L	Y	■	■	A	R	C	E	D
■	■	■	■	D	E	Y	■	C	A	R	E	■	■	■
R	A	B	I	E	S	■	S	A	L	E	S	M	A	N
E	G	A	D	S	■	■	O	L	A	■	■	A	N	Y
E	R	N	S	T	■	■	C	I	N	C	H	O	N	A
K	I	F	■	■	R	C	A	F	■	L	A	R	U	S
S	A	F	E	T	I	E	S	■	M	A	N	I	L	A
■	■	■	N	A	P	E	■	B	A	I	■	■	■	■
B	A	S	A	L	■	■	M	O	N	R	O	V	I	A
A	N	I	M	A	L	M	A	G	N	E	T	I	S	M
A	N	T	E	■	A	U	R	A	E	■	I	D	L	E
S	E	E	L	■	B	R	A	N	D	■	C	E	E	S

HOMES OF THE WEEK

Century 21 SHIELD REALTY LTD.

465 PITT ST
938-2121



MONIQUE WILLIAMS
Sales Rep. 551-1152



TODD THOMPSON
Sales Rep. 938-2121



JACK ROY
Sales Rep. 931-1290



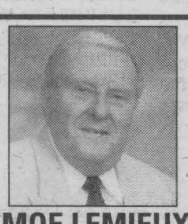
ERIC PEDERSEN
Broker 938-9690



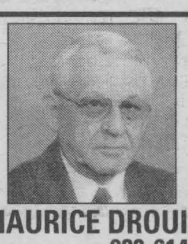
SHERRY McCULLOUGH
Sales Rep. 938-2121



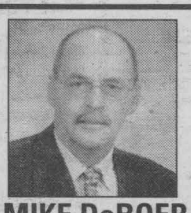
BROOKE MacCRIMMON
Sales Rep. 938-2121



MOE LEMIEUX
Sales Rep. 932-9386



MAURICE DROUIN
Sales Rep. 933-6146



MIKE DeBOER
Broker 936-3124



MICHAEL VANDER MEER
Assoc. Broker 938-2121



4439 McGILLIS RD $64,900
(Formerly Cornwall Twp Rd 38) (M-MLS Z3598) Move-in condition. Immaculate 1,100 sq ft, 3 bdrm with addition on 120x202 lot. Screened porch & many updates. Call for details.
MONIQUE WILLIAMS 551-1152



1909 CONCORDE AVE. $169,900
(A-MLS Z4710) SUNRISE ACRES. Located in a great family neighbourhood, this home boasts pride of ownership. It will live up to all of your expectations.
MONIQUE WILLIAMS 551-1152



19412 CTY. RD. 2, SUMMERSTOWN $84,900
(J-MLS Z4332) Spring will be here soon! Wonderful country property just minutes from the city. This wonderful home is ready & waiting for you.
MONIQUE WILLIAMS 551-1152



80 CARRAWAY CR., MORRISBURG $79,900
(P-MLS A0673) A pleasure to show - A treasure to own. 2 storey end unit townhouse. .Move-in condition. Many renovations since 2002. Call Monique to view.
MONIQUE WILLIAMS 551-1152



20067 CTY RD. 18, ST. RAPHAELS $114,900
(J-MLS A0166) Beautiful 5 bdrm home, 2 full baths, tastefully decorated, loads of hdwd floors & trim.
TODD THOMPSON 938-2121



1307 NOTRE DAME $109,900
(A-MLS A0555) Excellent 3 bdrm bung with att garage & fin bsmt. This property is ready to move in.
TODD THOMPSON 938-2121



203-207 MILITARY RD., LANCASTER
(J-MLS A0481) Large 3 bdrm apartment plus 3 stores... all rented. Excellent investment.
JACK ROY 931-1290



2343 EMILY CR.
(A-MLS Z4517) Large bright 3 bdrm semi, cathedral ceilings, modern kit, gas frpl, att garage, full lot..
ERIC PEDERSEN 938-9690



INVESTMENT! - $47,000
(A-MLS Z1620) Maint-free dbl tenement. Central location. Gas heat. Excellent long-term tenants.
ERIC PEDERSEN 938-9690



COUNTRY PROPERTY $259,000
(L-MLS A0013) Solid brick 4 bdrm home, over 2,800 sq ft, main flr family rm, 5 baths, 2 car garage. Would consider exchange.
ERIC PEDERSEN 938-9690



GREAT LOCATION PRICE REDUCED
(A-MLS A0204) 4 steel buildings on 14.6 acres. Located at 3265 McConnell Ave & South Branch Rd.
ERIC PEDERSEN 938-9690



HOBBY FARM AVONMORE AREA $134,500
(M-MLS A0489) HOBBY FARM with 94 acres..
ERIC PEDERSEN 938-9690



603 JAMES ST., $119,000
(A-MLS Z4525) Excellent family home! 1+2 bdrms, 2 baths, det garage, 16'x32' ingr pool, fully fenced backyard.
SHERRY McCULLOUGH 938-2121



238 MEADOWVALE CR. $89,900
(A-MLS A0239) Established neighbourhood! Family subdivision. 3+1 bdrm semi, 2 baths, partly fin rec rm. Interested?
SHERRY McCULLOUGH 938-2121



808 KENYON
(A-MLS A0751) Award Wining Design! 5 bdrms, 3 baths, 3 frpls, sunroom, spacious & gracious. Excellent family location. Call now for your personal tour.
SHERRY McCULLOUGH 938-2121



1212 QUEEN
(A-MLS A0757) Feel like a king living on QUEEN! You'll love vacationing in your backyard this summer. Wanna sneak a peak?
SHERRY McCULLOUGH 938-2121



217-A-219 BELMONT NEW PRICE - $85,900
(A-MLS A0286) Well-maintained triplex. Some recent updates (electrical, plumbing, roof, flooring), parking.
MOE LEMIEUX 932-9386



GREAT DUPLEX $79,900
(A-MLS A0303) Some recent updates, dbl drive, dbl patio deck, det dbl garage.
MOE LEMIEUX 932-9386



208-A CARLETON $49,500
(A-MLS Z1886) 2-2 bdrm duplex with fridge & stove included, rear parking & close to college & bus. Live in renovated unit & other helps pay mortgage.
MAURICE DROUIN 933-6146



246 TOLLGATE RD. E. $84,900
Move-in condition. 2 bdrms, many recent updates, main flr laundry, garage & more.
MIKE DeBOER 936-3124



9 INDUSTRIAL RD., INGLESIDE IMAGINE YOUR BUSINESS HERE! $149,900
(O-MLS A0101) 5,600 sq ft, in-floor heating, 2-14' doors, 18' ceilings, 400 Amp 3-phase electrical. OWNER SAYS SELL.
MIKE DeBOER 936-3124



WATERFRONT $129,900
(J-MLS A0011) Your Chance! 2 bdrm bung in move-in-condition. Too many updates to mention. Boathouse with lift. Call for private viewing.
MIKE DeBOER 936-3124



NEED SPACE? $99,900
(A-MLS A0294) West end of City. One building 7,000 sq ft & one 3,000 sq ft on serviced lot. Approx 0.5 acre.
MIKE DeBOER 936-3124



HWY. COMMERCIAL $159,900
(A-MLS Z4724) 2800 sq.ft. building with det garage. Heavy traffic area with lots of parking.
MIKE VANDER MEER 938-2121



COUNTRY CHARMER $134,900
(O-MLS A0702) Spacious home on a 1 ac lot with dbl car garage. Many features include hdwd flrs, family rm, fireplace, pool & more.
MIKE VANDER MEER 938-2121



100 ACRE HOBBY FARM $125,000
(O-MLS A0755) Fairly new bungalow with cathedral ceilings throughout. Located north of Ingleside.
MIKE VANDER MEER 938-2121

Home of the Week

"AWNINGS"
Pay No Taxes Til Apr. 30/04
RAINSTREAM
MAR19042
313 Balmoral Ave
(613) 932-0817

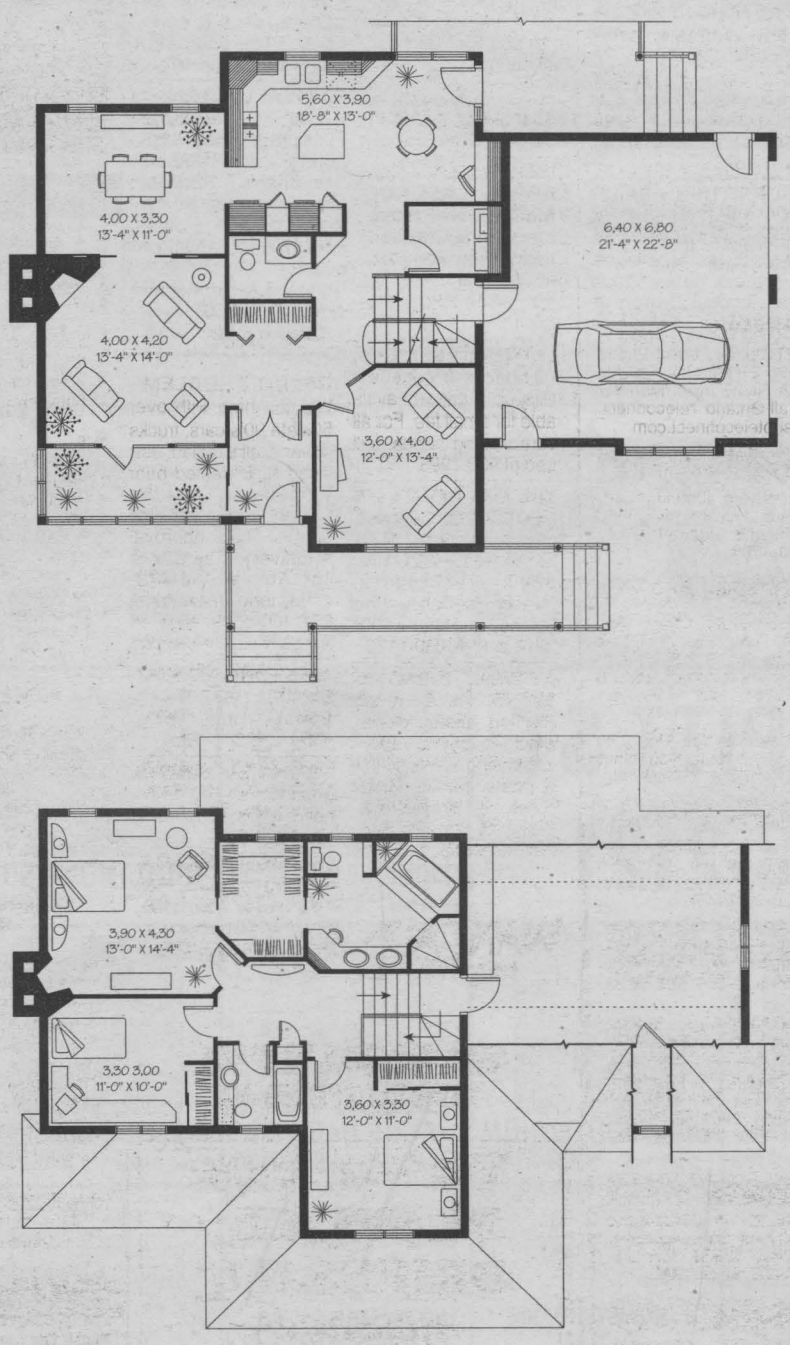


Sunroom Brings The Outdoors In

PLAN NO: DRA015
WIDTH: 56'
DEPTH: 38'
©Copyright SELECT HOME DESIGNS

· Two covered porches will entice you outside, while inside a special sunroom on the first floor brings the outdoors in.
· The foyer opens on the right to a comfortable family room, which may be used as a home office.
· On the left, the living area is warmed by the sunroom and a cozy, corner fireplace.
· A formal dining area lies adjacent to an efficient kitchen, with central island and breakfast nook overlooking the back porch.
· The second level offers two bedrooms served by a full bath.
· A spacious master suite with walk-in closet and luxurious master bath completes the second floor.
· This home has a daylight basement.

To receive a 288 page book featuring over 350 beautifully illustrated home and cottage plans, including this design, for only $9.95 (including shipping, handling and taxes) mention this newspaper via email at sales@selecthomedesigns.com, or call toll-free 1-800-663-6739 or fax 604-881-2114. We accept Visa/Mastercard/AMEX. To use cheque or money order, make payable to Design for Living, c/o this newspaper, 102 - 9440 202nd Street, Langley, B.C., Canada, V1M 4A6.



Insulation: What's In It For You?

(NC)—Understanding insulation is vital for home comfort, protecting the environment and saving on energy costs. "All insulation products are based on a single basic principle: heat moves from warmer to colder areas," says John Peterson, Insulation Expert, Owens Corning.

Adequately-insulated homes save money for homeowners every month and helps conserve vital energy resources: Energy efficient homes help the environment through lower rates of air pollution emissions heating, air conditioning and ventilation.

Adding insulation to the attic, to walls, floors, basements and crawl spaces may be the best way to improve your home's energy efficiency. Improving efficiency prevents your furnace or air conditioner from working over time.



How much insulation is enough? Insulation is measured using R-value – a measure of resistance to heat flow. The higher the R-value, the better the insulation will resist heat flow. Basements should be insulated at a minimum of R-20, while attics should be insulated to a minimum of R-40 to R-50.

Insulation can be made from a variety of materials and usually comes in three types: batts, loose-fill and rigid foam boards. Each type is made to fit a different part of your house. The professionals at Owens Corning offer all three main forms of insulation with properties suited to specific insulation jobs:

1. Fiber Glass PINK® Insulation batts are easily installed in accessible spaces such as exposed wall cavities in the basement and in some attics. Batts can be cut and shaped to fit in irregular spaces.

2. PROPINK™ Loosefill Fiber Glass Insulation is excellent for filling irregular or inaccessible spaces. This insulation must be blown in by an experienced technician.

3. Celfort® 200 Extruded Polystyrene Insulation is rigid board insulation. In addition to being lightweight, easy to cut and handle, insulating boards have a high insulating value. Board insulation is great for both interior and exterior jobs.

Preventing Energy Loss

(NC)—"It's important that your insulation is as continuous as possible, with no gaps or thin spots to allow heat to escape," says David Flood, Insulation Expert, Owens Corning. "Homeowners can gain valuable savings, as well as help protect the environment, by lowering their home's heat and air leakage." This becomes difficult when you have to deal with ducting, wiring, plumbing, small spaces and special features in your house.

Air movement and leakage areas in a typical home include the chimney, bathroom fans, plumbing vents, soffit vents, dyer vents, blower doors, ceiling light outlets, air conditioning units and vents, air extraction fans in the kitchen, around windows and the furnace.

To prevent energy loss, insulate these small areas. Small bags of Owens Corning Multi-Purpose Insulation work well for these tasks. Simply cut or tear pieces of insulation to fit in or around the problem so that the overall thickness and R-Value is maintained. Here are some other easy tips:

- Split insulation and pass it behind and in front of electrical wiring where the cable passes through the centre of wall studs.
- Cut insulation to fit around electrical boxes and seal the vapour retarder penetration.
- Slip insulation behind plumbing lines in exterior walls.
- Wrap insulation around ductwork and hold in place with duct tape to prevent heat loss.
- Use sealant in small spaces around windows and doors.

Tiling Around a Bathtub



When it comes to tiling around your bathtub, simply do-it-yourself! Read on to see how.

The following tips will save you money:
-The key to tiling is a prepared, clean surface.
-Start tiling at the back wall. Why? The tiles on the sidewalls will cover the joints in the corners for a cleaner appearance.
-When starting on the back wall begin at the center rather than an end. Why? You will have a symmetrical pattern.
-Leave room for a small space at the bottom for silicone caulking.
-There's no need to place the tile all the way up to the ceiling. Only tile the areas that will be prone to wetness.

Also, save yourself some money.
-Start from the centre and move outwards. Allow them to touch and twist them into place.
Enjoy the ambiance of your newly tiled bathroom.

Perkins-Caron
RONA Home Centre
1100
Marleau Ave
938-3300

CALL 613-933-0015

Classifieds

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon



NETWORK CLASSIFIEDS

"Advertise Across Ontario or Across the Country"

BUSINESS OPPS.

OWN A FULL SERVICE, Home Based Travel Business FT/PT. No Experience Necessary. Exceptional training and support. $8,900-$12,900. For free information CALL Travel Professionals International, Doug Rielly @ 1-800-799-9910.

INVENTORS - PRODUCT IDEAS NEEDED. Davison is looking for new or improved product ideas or inventions to prepare/present to corporations for licensing. FREE INFORMATION PACKAGE. 1-800-544-3327.

JOIN OUR TEAM - TrueValue Hardware, Country Depot, V&S Options. No Franchise Fees - receive Yearly Dividends. On-going field support. New & existing locations. Call TruServ Canada TODAY - TOLL-FREE 1-800-665-5085. www.truserv.ca

Making Money Online, Work From Home Make real money Great earning potential $$$$$ Take Action Now Call 1-888-939-3973 or visit www.2successcheering.com

GREAT CANADIAN DOLLAR STORE franchise opportunities. With more than 100 stores across Canada, we offer one of the most thrilling and affordable franchises to own. To learn more, visit our website: www.dollarstores.com or call toll free 1-877-388-0123.

EDUCATIONAL OPPS.

BE AN INTERIOR DECORATOR with our great home-study course. Call today for your FREE brochure. 1-800-267-1829. www.sheffieldschool.ca Sheffield School of Interior Design, Ottawa, ON

EMPLOYMENT OPPS.

WORKER'S COMP PROBLEMS? WE GET RESULTS! For FREE consultation CALL our Toll-Free number 1-888-747-6474. Serving all Ontario.

$$$CHOCOLATES$$$ DE LUXE QUALITY CHOCOLATE. Often imitated, never equaled. Since 1982. Sell chocolate bars and new products. Make full $$$. Fundraising services available. 1-800-383-3589.

CHEAP TELEPHONE RECONNECT for only $49.95/month! No refusals, no gimmicks. Free long distance calling card with hookup. Call Phone Factory toll free 1-877-336-2274; www.phonefactory.ca

FINANCIAL SERVICES

REDUCE INCOME TAXES - $50,000 loan. Interest payment only, tax deductible, no margin call investment loan @ 5.25% i.e. $216 per month. www.beyondrrsps.ca or CALL 1-800-480-0012

FOR SALE

SAWMILLS $3,495.00- LumberMate-2000 & LumberLite-24. Norwood Industries also manufactures utility ATV Attachments, Log Skidders, Portable Board Edgers and forestry equipment. www.norwoodindustries.com - FREE Information: 1-800-566-6899 Ext. 400 OT.

DON'T PAY A CENT for 60 Days! IBM Pentium 4 for Only $1 a Day! Fast Delivery! Almost Everyone's Approved! Call Toll-free 1-866-259-1171 www.BrandsNOW.com

CONGRATULATIONS, YOU'RE APPROVED, Get a Genuine MDG Horizon Computer System with a 17" Samsung Monitor for only $899 or just 81 cents per day. No Money down, Don't Delay, Call Today! 1-800-236-2504

SPECIAL OFFER - Buy 3 get one FREE. Coral Calcium "Extra". Dare to compare. We have 560 mg of calcium from coral calcium; www.curecanada.com; 1-866-319-0708, Calgary.

KIDS LOVE HELICOPTERS! Helicopter tours over downtown Toronto are a learning experience of a lifetime. March Break Family Heli-Packages. Flights year-round from Toronto Island Airport. www.HeliTours.ca 1-888-445-8542

EVERYTHING YOU WANT TO KNOW about Ontario communities is now at your fingertips! Check out the Web's pre-eminent, unique guide: InfoOntario - Your information gateway to community information, news, events, festivals, attractions and local business. www.InfoOntario.com

HEALTH

DO YOU HAVE DIFFICULTY GETTING IN AND OUT OF THE BATH TUB? Enjoy a bath again with an AQUATEC BATTERY POWERED BATH LIFT - the safest way to bathe! Call toll free 1-888-687-2390 or 905-479-0391 for brochure, rebate coupon and closest dealer.

HEALTH SERVICES

TELEHEALTH ONTARIO. Free access to Registered Nurses, 24 hours a day, seven days a week, in over 120 languages. Call toll free 1-866-797-0000. TTY 1-866-797-0007. www.HealthyOntario.com

HELP WANTED

ATTENTION: Work from home using your computer. FT/PT. Unlimited income potential. No experience necessary - we coach you personally. For more information CALL TOLL-FREE 1-888-226-5702 www.successconverter.com

CAMP COUNSELLOR VOLUNTEERS NEEDED this summer at Camp Trillium for children with cancer and their families. Join in the fun! An unforgettable experience. 1-888-999-CAMP www.camptrillium.com

WORK FROM HOME ON YOUR COMPUTER. Training provided. Full or Part Time. No Experience Required. Start today. Visit our website now. www.MyHomePCJob.com. Code: A1

CRUISE SHIP JOBS - Free meals, room, flight, uniform, world travel. Earn $$ US/month. Now hiring! Call: 613-741-5801. Visit: www.cooljobsinparadise.com

A-Z DRIVERS WANTED

AZ DRIVERS REQUIRED - US SOUTH & WEST LANES, No East Coast. Full-time permanent positions. Team rates $0.48 + Bonus, Single rates $0.38. Call us TOLL-FREE 1-888-213-3375 www.transportjobs.net

CRAFTS

NEW UNIQUE TOP QUALITY easy to paint CRACKLE ART KITS. Great for beginners and experienced. Includes simple detailed instructions and cut, basecoated wood pieces. See complete collection at www.heartstringscreative.com. Become an instructor earn EXTRA income. 800-268-9727

LEGAL SERVICES

YOUR IDEAS ARE A VALUABLE ASSET. At Patents Pending[a] we've been safeguarding Great Canadian ideas for over twenty five years. Patents, Trademark & Copyright-1-866-PAT-PEND.

MISCELLANEOUS

DISCONNECTED PHONE? Do You Need Phone Service? Reconnection $28.31 Monthly Service $49.95! Paying Too Much Now? Free Transfer From Other Companies! Call Ontario Teleconnect. 1-800-456-0643. www.ontarioteleconnect.com

LOGS

CEDAR LOGS WANTED. Buying standing-roadside-or delivered to our yard. Trucking available. Best prices paid. Large volume required. Gerry 613-543-2666, Fax 613-543-4258.

PAY TELEPHONE SERVICES

STUNNING PSYCHICS & MEDIUMS! Past, Present, Future. Love, Business & Reconciliation. Call 1-900-451-9602 - $3.99/minute OR Toll-Free 1-866-752-7779 & pay by cheque/credit card & receive 5 minutes FREE. 18+, 24/7. www.psychicmedium.ca

CANADA'S TOP PSYCHICS...Are You Ready to Believe in Psychics Again? Call Now, You Won't Be Disappointed! 1-900-451-7070. $2.95/min. 18+

PERSONALS

Gambling too much? If you or someone you know has a problem with gambling, call the ONTARIO PROBLEM GAMBLING HELPLINE (OPGH) toll-free, 1-888-230-3505. www.opgh.on.ca

Are drugs and alcohol affecting your life? Information about treatment services is available. Call the DRUG AND ALCOHOL TREATMENT INFORMATION LINE (DART) toll-free, 1-800-565-8603. www.dart.on.ca

DIVORCE SURVIVAL STRATEGIES... Before spending large sums on legal fees, call THE FAMILY LAW CENTRE. Our lawyers will outline your options & offer proven strategies to help safeguard your assets & defend your child custody & access rights. Don't be a victim! "Separate Smart". Uncontested Divorce $398 + Disbursements. Toll-Free 1-866-459-4529.

STEEL BUILDINGS

FACTORY BUILDING SALE! "ROCK Bottom Prices!" Priced to sell. Beat next price increase. Go direct/save. 25x30. 30x40. 35x50. 50x120. Others. Pioneer 1-800-668-5422. Since 1980.

VACATION/TRAVEL

4th NIGHT FREE in WHISTLER, B.C. - Affordable & luxurious ski vacation rentals. Book your weekend getaway or winter vacation now. Call 1-800-516-9591 www.ResortQuestWhistler.com/netclass

RIVERBOAT CRUISING - St. Lawrence River. The hassle free way to travel. Unpack once, relax & enjoy. Included: Shore excursions, great meals & nightly entertainment. 5 & 6 nights. Private Staterooms. From $1,464.00. DIAL-A-BROCHURE 1 (800) 267-7868.

TIMESHARE RESALES - Rii® Stroman - Since 1979. Buy-Sell-Rent-Exchange. World Wide Selection. CALL NOW! 1-800-201-0864.

TIMESHARE RESALES -- 60-80% off Retail! Best Resorts and Seasons! Call for FREE catalogue! 1-800-496-5964. Browse online for over 400 worldwide properties--www.holidaygroup.com

WANTED

CASH! COLLECTOR BUYS GUITARS made before 1970. Paying $400.00 to $15,000.00 + for certain models by Gibson, Fender, Martin, Gretsch, Epiphone and National. Call Steve 1-800-964-3544

• It's Affordable • It's Fast • It's Easy • One Bill Does It All

• Northern Ontario $79 • Eastern Ontario $140

• Western Ontario $130 • Central Ontario $136 • All Ontario $395

• National Packages Available • Call this paper for details!

30 HOME SERVICES

BASEMENT LEAKING? Call the experts. Waterproofing from inside, no costly digging. Cracks sealed by injection. Interior weeping tile for block walls. All work guaranteed. Free estimates. J. Craig. 1-866-613-3078. Serving all Eastern Ontario.

RILEY'S PAINTING. Now specializing in new homes. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20-yrs. exp. Reasonable rates. 938-8839. Pager#930-8851.

WE'RE BACK! HANDI LADIES. We do things you don't have time to do. Heavy-duty cleaning, walls, floors, windows in & out and much more. Keep it, you may need us. Call 936-9362 or 936-9150. Nice gift idea.

MICHAEL'S WINDOW MAINTENANCE, thermal replacement, cranks, latches, adjustments. Call 931-2293.

MASONRY, WOOD-STOVE projects, stone, brick & blockwork, foundation parging, cement step repairs, chimneys & repairs. Reasonable rates, free estimates. Call John, 933-7748. 31-yrs-experience.

HANDYMAN - Snow removal, driveways, roofs. Lawn cutting & eavestrough cleaning. Interior painting. Tree, hedges, trimming. Odd jobs. Call Kirby, 938-5444.

CLOTHING REPAIRS, Alterations & Lettering. Pick-up & delivery available for small fee. For all your sewing needs, call Leo at 933-7995.

TIM MACDONELL'S FLOORING. Ceramic, carpet, hardwood, vinyl, laminates, VCT tile. Small renovations. Reasonable rates. Free estimates. Home: 931-3213 or Cell: 330-1173.

ACTION RENOVATIONS. We do it all. Roofing, siding, doors, windows, drywall repairs & painting. Ceramic tile & patio decks. Brick block & stonework. Chimney repairs, etc. Call 930-0053.

WANT ADS *work WONDERS!*

35 BUSINESS OPPORTUNITY

TRY WATKINS! All natural gourmet foods, spices, extracts, liniments, salves & more. Catalogue, products & business opportunity available for independent retailers. Call Toll Free: 1-877-872-9364.

PRINTING/GRAPHIC FRANCHISE: Owner looking to retire!! A full Service Centre w/accounts. No exp. nec. Company training, support. Low invest. 1-800-645-3006.

38 HELP WANTED

ESTHETICIAN NEEDED with own clientele. Space available. Call Cassy-O's Hair Design, 3040 Pitt St. 937-3999.

ATTN: WORK FROM HOME ONLINE. $500-$2,500/mth P/T; $3,000+ F/T. For more info, call 1-800-672-7081 or visit: www.createyourdreamlife.com

TRAINING BONUS AVAILABLE. No experience necessary. $25-$75/hr. PT/FT. Call 1-800-416-5218 or www.tinyurl.com/35seo.

WATKINS ASSOCIATES NEEDED. Flexible hours. $500-$1,000/mth P/T; $2,000-$4,000+ F/T. Start while keeping your current job. Visit: www.makeanewstart.com

40 AUTOS FOR SALE

CREDIT PROBLEM - We can help with over 50, late 90's cars, trucks or vans, all safetied, serviced & "E" tested prior to delivery. Only the highest quality vehicles offered. 24-hr approval & delivery. Call Car-o-line Auto's, 613-448-2488, long distance 1-877-820-5598. Now on line www.car-o-line.com

1999 FORD ESCORT, $4,000. 1987 Toyota Camry, parts only, $300. Call 347-3924.

1990 CHEV LUMINA, good running condition, new brakes, $700. as is. Call 932-6357.

1992 CHEVY SILVERADO pickup truck, 305 V-8, auto, P/S, P/B, gray w/gray interior. $5,000. Call 933-4798.

CALL 933-0015 TO PLACE YOUR CLASSIFIED AD

The War Amps
PLAYSAFE/ DRIVESAFE *messages*

PLAYSAFE DRIVESAFE

Child amputees know that accidents can happen anywhere. That's why they say to children "Spot the danger before you play. PLAYSAFE!" And to adults, "DRIVESAFE!"

To order your 2004 key tags, a *Spot the Danger!* video or the *PLAYSAFE Interactive* CD-ROM, contact The War Amps.
E-ZEE ACCESS: TEL.: 1-800-250-3030
FAX: 1-800-219-8988
Or visit our Web site at www.waramps.ca
Charitable Registration No.: 13196 9628 RR0001

COMING EVENTS

Bereaved Families of Ontario – Cornwall & Area
invites you to share this special evening with
Betty Healey - local author of **roadSIGNS**

Join us with Betty for an evening of remembering and reminiscing, of learning the importance of recording our stories.
Wednesday March 31st at the Cornwall Library
6:30 p.m.
Cost $20.00 which includes Betty's signed copy of her book
For tickets call 936-1455

MAR19043

AUTOS FOR SALE

ATV, 1997 HONDA Foreman 400, 4,600 kms, new tires, passenger seat & footpegs, $3,800. 2001 Honda Foreman 450 ATV, 3,600 kms, new tires, passenger seat & footpegs, $5,200. Call 525-0734.

Spring CRAFT SALE
Morrisburg & District Arts & Crafts Association
Friday, March 26th ~ Noon - 7 p.m.
Saturday, March 27th ~ 10am-5pm
Morrisburg Legion Hall - Free Admission
Door Prizes ~ Lunch Available
MAR19042

SEAWAY Scoreboard

editorial@cornwallseawaynews.com

Terri's Bridge, Mar. 1st, 2004

N/S
1. Marjorie Raymond - Yolande Boutin
2. Maureen Walker - Carol Reus
3. Kate Colbran - Joddy Campbell
4. Charmaine Quenneville - Lydia Legault
5. Adelaide Hunter - George Bissonnette

E/W
1/2. G. Lauzon - Marie Godard
1/2. Norma & Fern Blain
3. S. Payette - M. Colbran
4. F. Emerton - Ruth Edgerton
5. Ruth Orkin - Joyce Egan

Mar. 8th, 2004

N/S
1. B. Taylor - Bill Blackadder
2. Suzanne Hazlett - Homer Grant
3. Adelaide Hunter - George Bissonnette
4. Elsie Dykerman - B. Long
5. P. Seymour - Roy Parmalee

E/W
1. S. Payette - Joddy Campbell
2. M. Scrimshaw - D. MacDiarmid
3/4. Janice Keen - Lydia Legault
3/4. Ben Bouvier - Fern Blain
5. Cecile & Raymond Michaud

Audrey's Friday Night Bridge, Mar. 5th, 2004

1. Jean & Jim Campbell
2. Jacquie Thibert - John Roulston
3. Henryk Rzepczyk - Audrey Blair

Mar. 12th, 2004

1. Jacquie Thibert - John Roulston
2. Grace Leroux - Evelyn McPhail
3. Françoise & Bob Govan
4. Peggy Seymour - Hugette Arsenault

Charmaine's Duplicate Bridge, Mar. 10th, 2004

N/S
1. Janice Keen - Lydia Legault
2. Carol Reus - Maureen Walker
3. George Bissonnette - Bill Blackadder
4. Brunelle MacDonald - Mona MacPhee
5. Mabel Chan - Margaret Evans

E/W
1. Ruth Orkin - Joyce Egan
2. Grace Leroux - Marion Lemieux
3. Fern Blain - Charmaine Quenneville
4. Gail Dugas - Claudette Ladouceur
5. Yolande Robinson - Estelle Loney

Williamstown Bridge Club, Mar. 10th, 2004

1. Jacquie Thibert - Audrey Blair
2. Jim Campbell - Elizabeth Marjerrison
3. Evelyn McPhail - Grace Leroux

Leisure Arts Duplicate Bridge, Mar. 9th, 2004

Section A

N/S
1. Carole Hughes - Marjorie Leroux
2. Tom Swift - Reid Campbell
3. Rodney & Susan Rivette
4. Joan MacDonald - Cecile Michaud

E/W
1. Elaine McDonald - Gabrielle Raymond
2. Estelle Loney - Ethel Bingley
3. Michele Harris - Janine Rossini
4. Roxanna Danis - Bev Robertson

Cornwall & District Bridge, Mar. 11th, 2004

1. Mabel Chan - Nelsa Kalil
2. Denise Fournier - Brian McCartney
3/4. Margaret Evans - Heather Grant
3/4. Barbara Taylor - Rick Fawthrop

Cornwall Senior Citizens Bridge, Mar. 12th, 2004

Section A

N/S
1. Peggy Seymour - Gerry Johnston
2. Rita Watzenboeck - Helen Alguire
3/4. Ray Lefave - Rita O'Brien
3/4. George Bissonnette - Adelaide Hunter

E/W
1. Marvin Scrimshaw- Harry Jarrett
2. Lyette Ladouceur -Hermine Ladouceur
3. Therese Latour - Huguette Arsenault

Alexandria Bridge Club, Mar. 16th, 2004

N/S
1. Elizabeth Marjerrison - Jim Campbell
2. Suzanne Lambert - Michel Paquette
3. Viviane Campbell - Les Atkinson

E/W
1. Jean Campbell - Don Crawford
2. Mel Watt - Jean Larocque
3. Estelle Brazeau - Albert Leonard

Martintown Goodtimers Duplicate Bridge, Mar. 16th, 2004

N/S
1. Brunelle MacDonald - Lyette Ladouceur
2. Jim & Jean Campbell
3. Bob Evans - Vince Semenovicus

E/W
1. Audrey Pasco - Barbara Ross
2. Jacquie Thibert - Del Roulston
3. Isobel Quail - Joan Turner

United Counties Ladies Basketball

March 11th, 2004 - St. Lawrence Intermediate School

Cornwall Gravel	**40**	**Golf Zone**	**39**
Carole Blais	12	Tonya Jodoin	15
Cindy Ingram	8	Christine Piche	8
Michelle Sabourin	6	Genevieve Tibi	5
Star Gazers	**48**	**Flowers Cornwall**	**26**
Karen Francis	22	Barbara Montour	8
Arlene Thomas	8	Debbie Handy	8
Geraldine Jacobs	6	Josee Seguin	6
Veronica Jacobs	6		
Rayco Sports	**22**	**Laframboise**	**22**
Norma Lefebvre	8	Vicki Lalonde	10
Angela Martel	5	Gail McDonald	4
Ann Petepiece	4	Helen MacIsaac	3

Alexandria 8 Ball Pool League

Team Standings - March 16th, 2004

TEAM	GP	P	W	L
Strikers (Alexandria Lanes)	88	2986	19	3
Crazy 8s (Atlantic Hotel)	88	2955	19	3
Lupino Inc. (K. of C. Club)	88	2952	18	4
Sprinters (Frenchie's Place)	88	2780	15	7
Squires (K. of C. Club)	88	2749	13	9
Larocque Boys (Alexandria Lanes)	88	2673	12	10
The Wolves (Legion)	88	2671	10	12
Tigers (Atlantic Hotel)	88	2664	10	12
Tequila Crows (Champions Pub)	88	2546	6	16
Legionaires (Legion)	88	2486	3	19
Wild Gamers (Champions Pub)	88	2322	5	17
Shooters (Frenchie's Place)	88	2320	2	20

Faith Can Move Mountains



"So Jesus said to them, for assuredly, I say to you, if you have faith as a mustard seed, you will say to this mountain, 'Move from here to there,' and it will move; and nothing will be impossible for you." Matthew 17:20.

I remember once meeting a young couple who wanted to get married. The young man said to me, "Can you do a wedding without mentioning God?" "Why?" I asked. He replied, "Because I don't believe in Him and don't want God in my life." What a statement, and I was immediately saddened to think that this young couple about to get married and raise a family didn't want God in their lives, a life without faith in God. I spent the next hour telling them about God and His love for them and they finally agreed to allow "God" in the marriage ceremony.

Today, many people are like this young couple. Many people are trying to face life without "faith in God." You see, we were made by God to live a life with faith in who He is. We were not designed to try and make it on our own. Life is really about living with "faith in God" as our anchor. We were never made to try and be "our own god" but to allow "God to be God" in our lives.

You see, without faith in God, people are forced to have faith in something else. For some it's their money, others it's their jobs, and others just in themselves. I can assure you that any of these can easily disappear either through calamities or stock crashes or whatever. But faith and trust in God will never fade away.

For you and I to have faith in someone, we need to know them. I'm not talking here about "blind faith" but a faith which comes from knowing God and letting Him know you. It's about a life that sees things from God's perspective. It's about a life who anchors one's life in the love of God and His faithfulness to us.

Living faith is what I'm suggesting for you today, and if you would like to live this way, pray with me today: "Dear God, I do want to have faith in You for my life. It's hard at times believing in someone that I can't see or touch. However, I am willing to learn how to trust in You. Please help me in my unbelief and come into my life and teach me how to have faith in You. Help me to understand the reason Jesus came to earth and to die on a cross for me. Amen."

Remember as always, God loves you! He really, really does!

Second Thoughts

1. God helps us face the music even when we don't like the tune!
2. Faith is to the soul what a mainspring is to a watch!
3. The man who believes in nothing but himself lives in a very small world!
4. Conscience is what hurts when everything else feels good!

Things To Be Thankful For

1. God's love and care in my life, especially when I don't deserve it!
2. Hot chocolate when you just come in from shoveling snow, with toast and peanut butter!
3. Snow tires in a snow storm and a good car heater!
4. A good night's sleep, waking up refreshed and fresh coffee brewing!

Amazing Grace is a non-profit faith ministry whose desire is to bring God and His gift of salvation through His Son, Jesus into every area of life. You can reach us at: Amazing Grace, P.O. Box 22036, Cornwall, Ontario, K6J 4P0 or e-mail us at amazinggrace@cnwl.igs.net. Remember again that God loves you! He really, really does!

SALONS FUNÉRAIRES
Munro & Morris
FUNERAL HOMES LTD.


Yves P. Gauthier
Owner/Funeral Director

MAXVILLE
20 Main St., 527-2898
ALEXANDRIA
Main St. S., 525-2772
LANCASTER
46 Oak St., 347-3629
www.munromorris.com


Alistair M. MacDonald
Owner/Funeral Director

OBITUARIES

LAPERRIÈRE - Paul Arthur

Passed away at the Cornwall Community Hospital McConnell Site, Cornwall, Ontario on Saturday, February 7th, 2004. Mr. Paul Arthur Laperrière, in his 75th year, born in Trois-Rivières, Québec and formerly of Cornwall, Ontario. Dear son of the late Nicholas Laperrière and the late Lorette Laperrière. Beloved husband of Denise Colette Laperrière (Gagné). Loving father of Mario Laperrière (Chantal) of Ange-Gardien, Québec and Jimmy Laperrière (Sonia) of Cornwall, Ontario. Dear brother of Reverend Father Jean Laperrière of Québec, André Laperrière (Huguette) and Gaetan Laperrière and Monique (Mrs. Jules Lepine) all of Trois-Rivières, Québec. Also survived by grandchildren, Geneviève, Melanie, Patrick and Eric, and several brothers-in-law, sisters-in-law, nieces and nephews. Predeceased by brother, Jacques Laperrière (Hélène Levasseur) of Trois-Rivières, Québec, and sisters, Mrs. Huguette Spenard (wife of the late Marcel) and Mrs. Thérèse Pelissier (wife of the late Camille). The funeral took place on Tuesday, February 10th, 2004 from Lahaie and Sullivan Cornwall Funeral Homes West Branch with cremation at South Branch Crematorium. Mr. Laperrière was the founder of Laperrière Plumbing/Mechanical. A Memorial Mass was celebrated on Saturday, February 14th, 2004 in Ste. Thérèse de Lisieux Church. Most Rev. Paul André Durocher officiated.

PATERSON - David

Passed away at St. Mary's Hospital of the Lake, Kingston, Ontario on Sunday, February 1st, 2004. Mr. David "Major" Paterson, in his 66th year, formerly of Cornwall, Ontario. Dear son of the late Charles Paterson and the late Ada (Tupper) Paterson. Beloved husband of 46 years to the former Marilyn McCormac. Loving father of Rick Paterson (Kathy) of St. Petersburg, Florida, Patricia Robertson (Randy) of Kingston, Ontario and Linda Paterson of Cornwall, Ontario. Cherished brother of Charlie (Ger Linda), Robert (Heather), Gordon (Jeanette), Winnie (Charlie), Francis (Bob) and Ruth (Tim) all of Kingston, Ontario. Dear Grampa and Grumpy to Mandy, Brittany, Jarrett, Christopher and Corey. Predeceased by sisters Audrey (Jim), Verna (Charlie) and Mary (Jack) and grandchild, Brandon. Rested at Wilson Funeral Home. Funeral services were celebrated in St. Paul's Anglican Church, Kingston, Ontario on Thursday, February 5th, 2004 with the Reverend Dr. David Ward as celebrant. Reflections and remembrances of David were shared by his brother Gordon, grandson Jarrett and son Rick. Musical tributes were by the St. Paul's Choir and organist Mollie Brow with readings for the funeral by John Harrison. Interment took place in Cataraqui Cemetery, Kingston, Ontario. The pallbearers were Ron Desjardins, Bob Dulmage, Wayne Walker, Ian Brodie, Bill Wilson, and Bernie Gadbois. Funeral arrangements were under the care and direction of Wilson Funeral Home. David was Past President of RCAFA Wing #424, Cornwall, member of the Royal Canadian Air Force Search and Rescue Unit, and member of the Ontario Provincial Police Veterans Association.

BRENNAN - Alice Mary

Passed away at St. Joseph's Villa, Cornwall, Ontario on Friday, January 30th, 2004. Mrs. Alice Mary Brennan, in her 95th year, born in Fournier, Ontario and formerly of Cornwall, Ontario. Dear daughter of the late Alfred J. Andrews and the late Jane McCulloch. Beloved wife of the late George J.G. Brennan. Loving sister of Miss Harriet Andrews and Miss Zita Andrews, both of Cornwall, Ontario. Also survived by nieces and nephews, Yolande Robinson, Janie Lieczkiw, Donald, Michael and Lee Andrews, Mary Dunlop, Cathie Ginnies and Linda Lee MacPhee. Predeceased by brothers, Ernest, Luke, Donald, Newark, Alfred (Skip) and Vincent Andrews, and sister, Mrs. Grace Chevrier. The funeral took place on Tuesday, February 3rd, 2004 from Lahaie and Sullivan Cornwall Funeral Homes West Branch to St. Columban's Parish Church with burial at St. Columban's Parish Cemetery. Rev. Dan Van Delst of St. Columban's Parish Church officiated. The pallbearers were Matthew Robinson, Sean Dunlop, Terry Dunlop, John Robinson and Joseph Robinson. Mrs. Brennan was a graduate of Brescia Hall, Western University, London, Ontario and Gold Medalist in French and English, a member of the St. Columban's C.W.L. and former President of the Hotel Dieu Hospital Auxiliary.

MOWAT - William (Bill)

Passed away at the Cornwall Community Hospital McConnell Site, Cornwall, Ontario on Thursday, January 29th, 2004. Mr. Bill Mowat, in his 63rd year, formerly of Cornwall, Ontario. Dear son of the late William Mowat and the late Ruth (Baker) Mowat. Beloved and devoted husband of 38 years to the former Ruth Pitman. Loving father of David and his wife Renate of Ottawa, Ontario. Dear brother of Garry of Calgary, Alberta. Also survived by niece, Colleen and nephew, Craig. Predeceased by brother, Robert. Rested at Wilson Funeral Home. A Masonic Memorial Service was held during the visitation. A private family funeral service followed in the chapel of Wilson Funeral Home. Interment to take place at a later date in St. Andrews United Church Cemetery, Williamstown, Ontario. Funeral arrangements were under the care of Wilson Funeral Home. Bill was a retired educator for many years at CCVS, and Member of Masonic Eastern Lodge No. 707, Cornwall.

SABOURIN - Roger

Passed away at the Ottawa Hospital - General Campus, Ottawa, Ontario on Tuesday, January 27th, 2004. Mr. Roger Sabourin, in his 60th year, born in Cornwall, Ontario and formerly of Cornwall. Dear son of the late André Sabourin and the late Beatrice Boutin. Beloved husband and best friend of 36 years to Monique Sabourin (Villemaire). Loving father of Natalie Sabourin of Ottawa, Ontario, and Eric Sabourin at home. Dear brother of Rolland Sabourin (Rollande) of Ottawa, Ontario and Robert Sabourin (Aleida) of Lancaster, Ontario. Also survived by granddaughter, MacKenzie, brother and sisters-in-law, Cecile Latour (Donald), Elaine Cuerrier (Bruno), Rita Bergeron (Robert), Madeleine Blanchard (Art McArthur), Nicole Amelotte (Dwight) and Robert Villemaire, several nieces and nephews, sister-in-law, Joyce Sabourin and "special" cousin, Doris ("Sis") Jodoin. Predeceased by brothers, Bernard (Jeanne), Fernand (Gloria) and Donald Sabourin. The funeral took place on Saturday, January 31st, 2004 from Lahaie and Sullivan Cornwall Funeral Homes East Branch to St. Peter's Parish Church with cremation at South Branch Crematorium. Rev. George Maloney of St. Peter's Parish Church officiated. The pallbearers were Bruce Dunlop, Joel Amelotte, Perry Blanchard, Paul Latour, Pierre Sabourin and Rick Sabourin. Mr. Sabourin was the Co-Founder of S.D.G. Sanitary Supplies.

KISNICS - Edgar (Eddy)

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Wednesday, December 24th, 2003, age 77 years. Beloved husband of Emily Jakobsons. Loving father of Andy Kisnics (Carol) of Cornwall, Ontario. Sadly missed by grandchildren, Mark, Brad (fiancé Angel Giroux), Ryan and great-grandchildren, Brejana, Kylie, Sebastian and Hunter. Rested at Wilson Funeral Home. Funeral services were held in the chapel of Wilson Funeral Home on Tuesday, December 30th, 2003. Reverend Peter Hincke of St. Matthew's Lutheran Church officiated. Interment followed in Woodlawn Cemetery. The pallbearers were son Andy Kisnics and grandsons Mark, Brad and Ryan Kisnics. Funeral arrangements were under the care of Wilson Funeral Home. Eddy was a retired employee of Morbern Inc.

LANDRIAULT - Pauline

Passed away suddenly at the Hotel Dieu Hospital, Cornwall, Ontario on Tuesday, December 23rd, 2003, age 63 years. Dear daughter of the late Angus Deschamps and the late Eva Poirier. Beloved wife of Normand Landriault. Loving mother of Diane Smallegange (Marten) of Ayton, Ontario and Robert Landriault (Nicole) of Ottawa, Ontario. Dear sister of Yvonne Dakin (Robert) of Red Deer, Alberta, John Deschamps (Audrey) of Arnprior, Ontario, Rita Wise (Milton) of Huntsville, Ontario, Fred Deschamps (Lorraine) of Cornwall, Ontario, Augustus Deschamps of Brockville, Ontario, Simone Bamsey (Ralph) of Port Hope, Ontario, Leo Deschamps (Diane) of Prescott, Ontario, Arthur Deschamps of Port Hope, Ontario, Bernie Deschamps of Toronto, Ontario and Michael Deschamps (Lynn) of Port Hope, Ontario. Sadly missed by grandchildren, Zachary, Sabrina, Nicholas, and Eric. Predeceased by brother, Louis Deschamps. Relatives and friends were received at Wilson Funeral Home. Funeral services were held in the chapel of Wilson Funeral Home on Saturday, December 27th, 2003. Musical selections were performed by Rosemary Brown. Rite of Committal followed in Notre Dame Cemetery. Funeral arrangements were under the care of Wilson Funeral Home.

1964 40 years 2004 ans



J.P. (John) Lahaie
Owner & Founder

Claudette R. Lahaie
Owner & Funeral Director

Raymond L. Sullivan
Owner & Funeral Director

THE FOUNDERS

Lahaie & Sullivan continues to be the leading funeral service in the area... And we thank you.

We appreciate your support and friendship and we will continue to personalize our services to each family's preference. The choice is always yours at both our locations.

• NO GST •

On the occasion of our 40th anniversary, all our funeral and pre-arrangement packages will include a 7% discount to offset the GST.

East Branch
614 First Street East
933-2841

40 YEARS 1964 • 2004

West Branch
20 Seventh St. West
932-8482

LAHAIE & SULLIVAN
SALONS FUNERAIRES CORNWALL FUNERAL HOMES
The Pre-arrangement Specialists
www.lahaiesullivan.com
mar5041

CALL 613-933-0015

Classifieds

CALL 613-933-0015

Deadline: Classified Word Ads: Wednesday at noon

SEAWAY NEWS

Your Community Paper Since 1985

329 Second St. West
933-0014 fax: 933-0024
e-mail: info@cornwallseawaynews.com
www.cornwallseawaynews.com



for all your advertising needs call Rick, Robin, Bill or Arlene

41 BABYSITTING

WILL BABYSIT in my home, Monday-Friday. Bilingual, non-smoking, CPR, First-Aid, 13-yrs. experience, part & full-time welcome, fenced yard, references & receipts. Call 931-3228.

PART-TIME BABYSITTER WANTED to come to our home (St. Andrews) for 3-hours in afternoon. Must have own transportation. Call Angie, 932-7673.

43 BOATS/MOTORS

1987 16-FT. BASS BOAT, with new sun canopy (teal green), 1996 70-h.p. Johnson motor, tilt & trim, low hours, marine radio, alarm system. 1-owner. $9,500. Call 932-6357.

Credit Problem? Need a Car?



- Personal Bankruptcy
- No Credit
- Bad Credit
- Confidentiality
- Guaranteed Vehicles

We have the solution!

Get a Second Chance at Credit.
Call Yves 1-613-632-4125

1-866-632-4555

OC24033

Classified Advertising DELIVERS

NEED A CAR? CREDIT PROBLEMS? NO PROBLEM!

Call Sue 933-1955

She's just a phone call away



*Please note all financing subject to approval



Any model

- Bankruptcy
- Collection
- Repossession
- No credit
- Bad credit
- Charge off
- 1st time buyer
- Slow payer

CORNWALL SUZUKI 353 Pitt Street 933-1955

MAR12042

A SHORT DRIVE FOR QUALITY AND SATISFACTION

--- CARS ---

03 Pontiac Sunfire, 4 dr., 4 cyl., full load, 25,000 kms
01 Olds Alero GL, 4 dr., V6, auto, loaded, spoiler, p. seat, CD, 49,000 kms
00 Chrysler Intrepid, 4 dr., V6, loaded, p. seat, CD, 86,000 kms
00 Chrysler Cirrus LX, 4 cyl., auto, full load, 58,000 kms
00 Buick Lesabre Custom, 4 dr., loaded, p. seat, local trade, 45,000 kms
00 Ford Taurus SE, V6, auto, loaded, p. seat and pedals, 52,000 kms
00 Chrysler Cirrus LX, 4 dr., 4 cyl., auto, loaded, 1 owner, 74,000 kms
00 Pontiac Sunfire, 2 dr., 4 cyl., auto, air, CD, 63,000 kms
99 Ford Escort SE Wagon, 4 dr., 4 cyl., auto, air, 46,000 kms
99 Sunfire GT, 2 dr., 4 cyl., standard, loaded, CD, 73,000 kms
98 Chev Lumina, 4 dr, V6, SOLD loaded
98 Chev Malibu, V6, au SOLD
97 Chrysler Concorde LXI, 4 dr., loaded, CD, p. seats, 122,000 kms
95 Buick LeSabre Custom, 4 dr, V6, loaded, local trade

--- TRUCKS, VANS ---

01 Pontiac Montana, 6 cyl., auto, loaded
92 Pontiac Transport, 3 SOLD traded

COAST TO COAST WARRANTY

WE VALUE OUR NAME! Image MOTORS
Quality New & Used Cars
1 km west of Long Sault on Hwy #2
(613) 534-3940

MAR19042

CREDIT CENTRE

IF YOU'VE BEEN TURNED DOWN FOR A CAR LOAN, COME & GET:

APPROVED

BANKRUPTS, COLLECTIONS, DIVORCE, NO CREDIT
"Rob" specializes in all of them!!
1-866-596-8399
(full confidentiality)

MAR19043

Alexandria Ford

SERVICE CARD DIRECTORY

INCOME TAX RETURNS
Call today and find out how you can get your taxes done for **FREE!**
Call Joel at 937-4566
JOEL FORTIN
BOOKKEEPING AND TAX SERVICES
• E-FILE PERSONAL & BUSINESS RETURNS
• CERTIFIED QUICKBOOKS® ADVISOR
mar19041

MDR Grass Cutting
•LAWN CUTTING AND BAGGING•
•LAWN DETHATCHING•
•LEAF CLEAN-UP•
•COMMERCIAL-RESIDENTIAL•
Raymond Rose Jr.
347-2145 or 551-0884 (cell)

HANDYMAN
Gary C. Lefebvre



Residential & Commercial Renovations, Repairs & Maintenance
INSURED
2241 Pitt Street, Cornwall, Ontario
Tel: 933-0978
Pager: 613-937-5317

DOLPHIN PLUMBING
"We'll drain your pipes not your wallet"
Plumbing & General Repairs
~ Free Estimates ~
25 years experience
MIKE GADBOIS
931-9383
936-3291
feb20044

SEAWAY NEWS
For All Your Advertising Needs



Call Bill Snelgrove
933-0014

INTERIOR DECORATING



Suzanne Roy
Int. Decorator
• In Home Consultation
• Colour Matching
• Paint & Wallpaper
Open 7 days a week
Perkins - Caron
RONA Home Centre
1100 MARLEAU AVE. 938-3300

Additions & Sunrooms
by
"Menard Renovation"
A DIVISION OF
Menard Bros & Associates Ltd
1100 Marleau Avenue, Suite 200
Cornwall, Ontario, K6H 2W8
www.menardbros.on.ca
The Menard Group
Since 1955
932-5565 ext.25

TAX RETURN AT HOME
Done right away in your home, or I will pick it up, find all deductions, E-File it and return it to you!
Almost 25 years in business
Single $25 ~ Pair $45
Call Vojto 347-1052
FEB6044

Outdoor Needs Inc.
CALL NOW FOR YOUR
• Spring Yard Clean-up
• Garden Tilling
• Yard Maintenance
• Grass Cutting



~Insured~
Walter Williams
613-551-7854
MAR5043

WWW.NORTHERN LOG HOMES.NET



Nothing Beats Living In A Log Home
General Log Homes
613-575-2277
FEB13044

Labrador
SPRING & DISTILLED WATER & ACCESSORIES
931-2234
Serving Cornwall & S.D. & G.
FREE DELIVERY

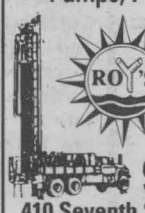
A-1 TUB & TILE



RESURFACE
Your Complete Home Remodeling Specialist
• basements • decks
Specializing in bathrooms, ceramic & hardwood flooring
Qualified water damage restoration tech.
Applied microbial remediation tech.
Water and mould removable for insurance claims.
FREE ESTIMATES - INSURED
Phone 613-936-3622
Fax 613-936-6677
MAR12044

COMPUTER PROBLEMS?
Computer slowing down?
Frequently freezes or locks up?
Fatal Errors? Illegal Operations?
TIME TO CLEAN YOUR COMPUTER!
Back-up, Format, Reload
• Data Backup • Updated Drivers
• Latest Security Patches • Computer Runs FASTER & BETTER • Home Pick-up & Delivery
terry@kyte.ca 936-1555
www.kyte.ca
JAN16044

WELL DRILLING
FREE ESTIMATES
Pumps, Pools & Spas



ROY'S SINCE 1956
933-0411
410 Seventh St. W. Cornwall

Brookshell
Where Everybody Gets a Great Deal!



Let me show you one of our fine new or used vehicles
Jill Clermont Sales Consultant
Corner of Brookdale & 13th Ave.
932-1724 1-877-716-0479

www.valleywoodshop.com
CUISINES DE QUALITÉ



Quality is our priority
Since 1994
Satisfaction is our goal
QUALITY KITCHENS
by:
VALLEYWOODSHOP
613-931-3437
#18413 SOUTH BRANCH ROAD, (COUNTY RD. 19)
CORNWALL
jan24032

HELP WANTED

THE VIRTUAL EMPLOYMENT CENTRE OF EASTERN ONTARIO

CORNWALL PRACTICE FIRM

The perfect approach = the perfect JOB!!!



JOB SEARCH
+
EMPLOYABILITY TECHNIQUES
+
PRACTICAL WORK EXPERIENCE
=
SUCCESS FOR FINDING EMPLOYMENT

NO COST

Limited working stations available

Call Carole (613) 938-6611 ext. 30
Email... info@autoglobale.ca

This project is funded by the Government of Canada

feb6041

UNIQUE Personnel Services

PROFESSIONAL DRIVER
Class 1 (Flat-Bed)

Unique Personnel Services is presently looking for a professional driver, full time employment, running in the U.S.

The following qualifications are required:
- One year verifiable experience
- Good driving record
- Good attitude
- Criminal search certificate

We offer:
- 0.38¢ / mile
- Carrier based in Hawkesbury area
- Full benefits package
- Home every week

If you meet all of the above requirements, please contact us at

1-888-288-8884 Monday to Friday between 8:30 am and 4:00 p.m. or by E-mail: cthibault@uniquepersonnel.com or Fax resume to: 1-514-631-2847

MAR19043

Villeneuve Milk Transport
A-Z DRIVER NEEDED FOR LOCAL DAY RUN

We Offer:
- Competitive wage
- Full benefits
- Pension
- Uniforms

We Require:
- 2 years verifiable experience
- Clean driver abstract
- Professional attitude
- Must work weekends

For more information please fax résumé to:
Martial Brabant
Fax: 613-538-2417
Phone: 613-538-2461
or in person at:
17504 Dyer Road
Maxville, Ontario

MAR19043

SUMMER EMPLOYMENT FOR POST-SECONDARY STUDENTS

Must have a good personality & be bilingual.
Start $8/hr.

Apply at:
Campbell Pools
450 Seventh St. W.
Cornwall

OWNER OPERATOR WANTED

$1.15 per mile loaded or empty paid weekly. No paint code. No NJ or NY City. Home every weekend. Fuel cap. Clean abstract and U.S. Experience.

Contact 1-800-246-5453

MAR19043

CALL 933-0015 TO PLACE YOUR CLASSIFIED AD

BAR HELP WANTED

Full & Part-Time Bartender/Waiter
Part-Time Cook

Apply at "Grumpy's" in Long Sault
Sunday, March 21 11am - 12 noon

MAR19042

62 MUSICIANS

ON YOUR WEDDING DAY, compliment your guests during dinner with soft romantic live music. Let "Quiet Moments" be part of your Special Day by creating the perfect ambiance to remember. You certainly deserve it. Call Robert 932-7536 or (613) 330-3481. rc_quietmoments@hotmail.com

68 CARTING/ MOVING/STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

69 COURSES/ LESSONS

BEGINNER BRIDGE LESSONS. Play bridge at your first lesson. 10 weeks, evenings 7pm-10pm, Mondays or Wednesdays starting week of April 26th, 2004. Call Myrna: 932-7662 or Rita: 932-4716.

CORNWALL'S LEADING MUSICIAN - piped on par with Gold Medalist Collin Roy MacLellan. Call me if you would like to learn the pipes. Bruce Bateman, 933-9317.

71 HALL RENTALS

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service. Hall Rental: $60. For reservations, leave message, 938-0040 or 938-8894.

72 HEALTH/DIET/ BEAUTY

MY HUSBAND & I LOST 84-lbs. & 38" in 4-months. You can too! Call Stel for consultation, (613)-925-4209.

74 LOST & FOUND

REWARD: LOST, black & white female cat, 6-mths-old, 7-toes. Vicinity of 4th St. & McConnell Ave. on Monday, March 15th, 2004. Call 938-6251 if found.

FOUND: Pair of skates & hockey socks, approx. 2-weeks ago outside of business at 1916 Pitt St. Owner may claim by calling 933-9362 between 11am-11pm.

76 PETS/ LIVESTOCK

BEAUTIFUL PUPPIES: Shelties, Pomeranians, Pom-mixes & others. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

76 PETS/ LIVESTOCK

FOR SALE: Eskimo toy-size dog, 3-yrs-old, female, spayed, white. Very cute, affectionate, playful, energetic & protective. $25. includes supplies. Call 362-0705 or 936-2492.

CALL 933-0015 TO PLACE YOUR CLASSIFIED AD

COURSES

Canadian Red Cross
Cornwall Branch

FIRST AID/CPR TRAINING

"Learn It Before You Need It"

Our next scheduled course is:

Standard First Aid/CPR Course
April 24th & April 25th

Call Now To Register! • 932-0231

MAR19042

COURSES

UPPER CANADA District School Board

Picture Yourself Graduating



EARN YOUR GRADE 12 DIPLOMA

T.R. LEGER SCHOOL OF ADULT, ALTERNATIVE AND CONTINUING EDUCATION

The T.R. Leger School, with over 400 graduates last year, is a leader in adult and alternative education both locally and provincially.

Call to register

Since 1979 our grads have gone on to
- college/university
- apprenticeship in the trades
- the workplace

Call today to make an appointment for a free prior learning assessment. Secondary school credits are awarded to adults, aged 19 and over, for previous schooling and work experience.

Our Programs Include:
- Computers
- Mathematics
- Science
- English
- Social Sciences
- Career Studies
- Visual Arts

Call your local campus as follows:

Alexandria	525-1700
Cornwall (Windmill Point)	937-0120
Morrisburg	543-2375
Winchester	774-0222

T.R. LEGER SCHOOL Adult, Alternative and Continuing Education

David McDonald, Chair — *Learning Together* — David Thomas, Director

MAR19042



Prince

Prince Foods L.P. is a North American leader in the processing and the packaging of uncooked and pre-cooked bacon products. Every year, with the support of over 800 employees (throughout all divisions), the company produces more than 60 million kilograms of bacon products of all kinds. This includes over 300 trademarks worldwide.

CURRENTLY HIRING

B Class Refrigeration or 4th Class Stationary Engineer

Weekends (Saturday, Sunday, Monday, and Tuesday) or weekends only (Saturday and Sunday)

Job Description:

Ammonia based Industrial Refrigeration plant.
Reciprocating compressors and screw compressors.
Take all measures necessary to manage, operate and maintain a plant in a safe and efficient manner. To notify the owner or user of the measures taken.
Coordinate special jobs with sub-contractors.
Basic mechanic skills and experience required.
Willing to work with the existing maintenance team.
Be part of the on-site emergency response team.

Requirements:

1 year experience with ammonia and/or glycol system is an asset.
Practical knowledge of ISO, HACCP or similar programs
Experience with a computerized preventative maintenance program.
Must be reliable.

PRINCE FOODS L.P.
Human Resources Service
2330 Industrial Park Dr.
Cornwall, ON K6H 7N1
Fax: 613-933-3050
hrprince@hotmail.com

PRODUCTION LINE WORKERS

Perform different manual tasks on an assembly line.
Good manual dexterity.
Must be available to work days or evening.
Experience on a production line an asset.
Capable of functioning in a manufacturing environment for a 40-hour work week.

NEW

ASK US ABOUT OUR TRANSPORTATION PROGRAM
(within city limits)

We are looking for prospects that are energetic and enthusiastic about working in an ever-expanding and dynamic company. If you are looking for experience in manufacturing, Prince Food L.P. is the place.

• WE ARE NOW ACCEPTING APPLICATIONS FOR SUMMER EMPLOYMENT •

MAR19043

Five Day Weather Forecast

Friday
- Cloudy Periods
- High: 3°C • Low: -6°C

Saturday
- Rain & Snow
- High: 5°C • Low: -6°C

Sunday
- Rain & Snow
- High: 2°C • Low: -4°C

Monday
- Cloudy Periods
- High: -3°C • Low: -11°C

Tuesday
- Cloudy
- High: 1°C • Low: -15°C

SALES PERSON

Seaway News has a new sales position now available on its sales team.

Self-motivated, enthusiastic, hard-working individual required to maintain and develop account list in Cornwall and area.

Compensation based on experience and sales volume.
Please submit résumé to:

Rick Shaver, Seaway News by 5 pm, Friday, March 26th.

SEAWAY NEWS
Your Community Paper Since 1985

933-0014 • 933-0024 (fax) • info@cornwallseawaynews.com

AUTO CORNER

National Car Rental
• Competitive daily, weekly & monthly rates
• Insurance replacement vehicle program
• Customer pickup & return in service area
• Direct billing to your insurance company
Had an accident? Need some wheels? WE CAN HELP!

1520 Vincent Massey Dr.
933-2460
Locally owned and operated for over 25 Years.
mar5044

Spring Tire Care Tips And Advice

(NC)—Keeping your tires well maintained is key to safe spring driving. Here are the Uniroyal Tire Doctor's prescriptions to help answer your tire questions, and keep you moving at high gear all season long.

Dear Uniroyal Tire Doctor,

I've done a lot of extreme-weather driving with my current set of tires and I'm starting to feel a difference in the handling performance. I'm thinking about replacing the tires this spring, but I'm not sure if my decision is premature. How can I tell when it's the right time to replace my tires?

Sincerely,
In Need of a Change?
Vancouver, B.C.

Dear In Need of a Change?,

Knowing when to replace your tires can be tricky. It's difficult to determine the right time based on kilometres alone, since the longevity of your tires depends on your driving and maintenance habits, as well as the type of tires and climate in which you live. That said, there are two common ways to tell if it's time for a replacement. First, check the treadwear indicator, which is a series of raised rubber bars running across the tire's tread design at the bottom of the grooves. If you can see them, it's time to start looking for new tires. Another way to check is to place a penny into the most shallow tread groove with the Queen's Crown side down. If the top of the Queen's head remains visible, it's time to replace the tire. If you're still unsure, or decide it is time to replace your tires, head to your local tire dealer and let an expert help find the right tire for you.

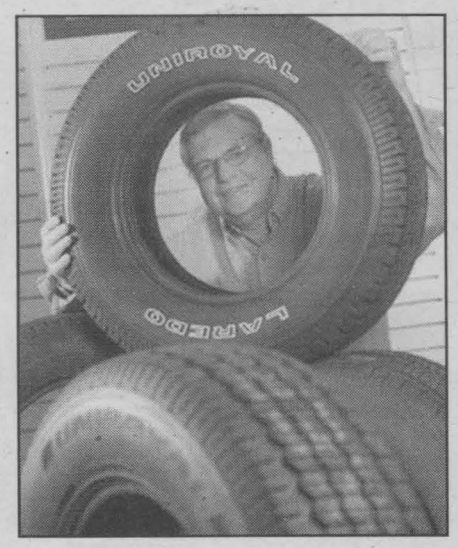
Dear Uniroyal Tire Doctor,

I bought my all-season tires four years ago and have been happy with the performance. Recently, however, I have been experiencing trouble steering and feel as though my car is veering to the left, even when I hold the wheel straight. Should I consider replacing my tires, or is there a less expensive solution?

Sincerely,
Driving Out of Line,
Niagara Falls, ON

Dear Driving Out of Line,

Sounds like your tires are in need of a wheel alignment check-up. Wheel alignment is one of the most overlooked components of tire care and safety. Proper alignment ensures all four tires and wheel assemblies are pointed in the right direction and following the right track. When tires are misaligned, it becomes increasing difficult to steer and drive straight. Be sure to check your wheel alignment every 25–30,000 kilometres or every spring, when potentially damaging potholes are common. Alignment, however, is only one piece of the tire maintenance puzzle. Remember to also have your tires rotated every 10,000 kilometres and let a professional check your tire pressure every month — together this will ensure a smooth and safe ride.



Pothole Prevention Tips

(NC)—You can't steer clear of every pothole – but if you see a large one coming, here are some driving tips from the Uniroyal Tire Doctor:

•Keep a firm grip on the wheel. The impact of hitting a pothole can sometimes jerk the steering wheel.

•Brake hard with caution to reduce your speed as much as possible before you make contact with the pothole.

•At the last second, take your foot off the brake and roll through the pothole. This will help reduce the impact along with possible wheel damage and tire misalignment.

SEAWAY HYUNDAI
HOME OF QUALITY USED VEHICLES UNDER $11,000

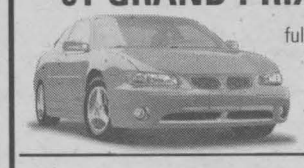
2002 Accent GS, auto, cassette, & more, stk#: A0009 — $9,995† — $0 DOWN $108*/biweekly
2002 Accent GS, auto, cassette, & more, stk#: A0010 — $9,995† — $0 DOWN $108*/biweekly
2000 Tiburon, great sporty car at a great value, stk#: A0011 — $0 DOWN $129*/biweekly
2002 Ford Focus, auto, & more, stk#: A0006 — $9,995† — $0 DOWN $108*/biweekly
2000 Toyota Corolla, auto, air, CD, & more, stk#: A0008 — $0 DOWN $125*/biweekly
2000 Windstar LX, LOADED! Great van, stk#: A0004 — $0 DOWN $124*/biweekly
MAR19042
So many more to choose from!!!
All with a minimum of 3 months/5,000 km warranty!!!
*60 month financing with $0 down payment at 6.9% †Plus taxes, licence & administration
SEAWAY HYUNDAI
701 Rosemount Ave., Cornwall • 933-8135

MONROE SENSA-TRAC


Shocks & Struts
BUY 1 GET 1 1/2 PRICE
When installed in our service department
offer expires March 27, 2004
ONTARIO'S DRIVE CLEAN*
We Are A Full Service Drive Clean Facility.
Inspection & Repairs
JIFFY AUTO SERVICE
On The Wings Of GOODYEAR
ONTARIO'S DRIVE CLEAN
"BEST PRICES GUARANTEED"
2 LOCATIONS TO SERVE YOU BETTER.
Pitt St. & 6th St. 938-1300
1300 Marleau Ave. (next to Esso station) 933-7722
On The Wings Of GOODYEAR
We accept all competitors lifetime warranties and discount coupons. *Some conditions apply. Due to the overwhelming value of this promotion, an appointment may be necessary. May not be combined with any other offers or discounts.
BRAKES / ALIGNMENT / SHOCKS / EXHAUST / OIL CHANGES / SAFETY INSPECTIONS / DRIVE CLEAN
MAR19044

PICK OF THE WEEK

01 GRAND PRIX GTP



full load, leather, moonroof, low kms

VANS

01 PONTIAC AZTEK
loaded $13,995

01 FORD WINDSTAR LX
5 dr., loaded, Ford credit lease return $11,900

01 PONTIAC MONTANA
5 dr., loaded, two tone paint, ... $12,900

00 PONTIAC MONTANA
two tone paint, extra clean, pwr s... REDUCED $12,900

00 DODGE CARAVAN
5 dr., great shape..... $9,999

98 WINDSTAR GL
quads, rear a/c, ... $5,495

TRUCKS

01 CHEV BLAZER LT
4 dr., 4x4, loaded, factory warranty,..... $17,900

01 CHEV SILVERADO Z71
4x4, ext. cab, long box,..... $21,900

00 CHEV TRACKER
4 dr., auto, 4x4, loaded,..... $12,900

96 CHEV BLAZER LT
4 dr., leather, 4x4,..... $7,999

88 CHEV 1500
reg cab, 4x4,..... AS IS $4,900

CARS

03 PONTIAC GRANDAM SE
4 dr., 6 cyl., full load, wheels, spoiler, red colour, 39,000 kms, GM Lease Return, ... $13,900

01 PONTIAC GRAND AM SE
low kms, 4 dr., V6, ... $11,900

01 CHRYSLER INTREPID ES
loaded, mint shape,..... REDUCED $12,900

01 FORD TAURUS SE
fully loaded, adjustable pedals, ... $9,999

01 PONTIAC BONNEVILLE
4 dr., loaded, moonroof, ... $14,995

01 OLDS AURORA
4 dr, 4L., moonroof,..... $17,950

01 FORD FOCUS SE
Mags, spoiler cd & more, ... $9,900

01 CADILLAC DEVILLE DHS
pearl with leather, full load,..... Call for appointment

00 HYUNDAI TIBURON SE
auto, p. sunroof, wheels, ... SOLD $7,950

00 HYUNDAI ACCENT
low kms, factory warranty, ... $5,950

00 PONTIAC BONNEVILLE SLE
sharp, luxurious car, moonroof, ... $14,995

00 CHRYSLER NEON
auto, air, factory warranty,..... $7,999

00 CHEV IMPALA LS
4 dr., 3.8 L., pwr seat, fully equipped, 70,000 kms... $13,900

00 HYUNDAI TIBURON SE
auto, p. sunroof, wheels, very sporty, 5 spd, 80,000 kms, ... $9,950

99 CHEV CAVALIER Z24
auto, air, moonroof ..... SOLD $7,995

98 OLD AURORA
black, sunroof, loaded, ... $12,900

97 BUICK SKYLARK
6 cyl., 4 dr., fully loaded, very good condition, must see, only 106,000 kms..... $6,995

94 EAGLE VISION
auto, air, cruise ..... SOLD $5,500

All vehicles come Certified & Emission Tested
ALL OFFERS SERIOUSLY CONSIDERED
On The Spot Financing & Warranties Available
†All prices exclude taxes & admin. fee.
*$1,600 down payment or equivalent trade, financing 7.59% over 60 months OAC

BAD CREDIT? WE CAN HELP!!! UCDA ASSOCIATION OF ONTARIO
Midway MOTORS
933-2449 cell: 551-0023 1714 Vincent Massey Dr
"Your friendly dealer, who gives a little more & takes a little less"

Suzuki Swift
Even the payments are surprisingly compact

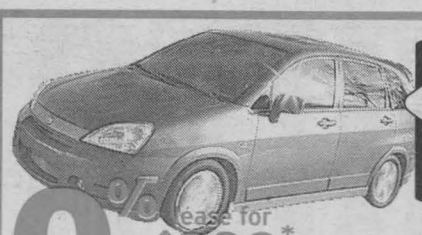


THE SUZUKI EDGE
CD PLAYER STANDARD
IT'S TRUE

. 5 Doors
. 103 HP
. Tilt Steering
. Height Adjustable Driver Seat
. Seating for 5

0% lease for $176 per month/60 months
purchase financing for 60 Months**
$0 security deposit.
Freight & PDE incl.

The new Suzuki Aerio Fastback.
More power. Less price.



THE SUZUKI EDGE
5 YEAR ROADSIDE ASSISTANCE
IT'S TRUE

· Powerful 155 HP
· AM/FM/CD Player with 6 Speakers
· Power Windows/Mirrors
· Tilt Steering

0% lease for $209* per month/60 months with only $415 down payment
purchase financing for 60 Months**
$0 security deposit.
Freight & PDE incl.

MAR19042

CORNWALL SUZUKI 353 Pitt Street 933-1955

Limited time offer to qualified customers on approved credit (OAC) to lease a 2004 Suzuki Swift MT. The lease payment is based on a 60 month term at $176 per month (total lease obligation $10,554 including down payment) with 100,000 km mileage allowance ($0.10/km for excess mileage). Annual lease rate is 1.6% with $0 down payment. *Limited time offer to qualified customers on approved credit (OAC) to lease a 2004 Suzuki Aerio Fastback S MT. The lease payment is based on a 60 month term at $209 per month (total lease obligation $12,951 including down payment) with 100,000 km mileage allowance ($0.10/km for excess mileage). Annual lease rate is 2.6% with $415 down payment. First month's lease payment is required at lease inception. Lease payments include freight and P.D.E. ($995). $0 security deposit. Participating dealers may lease for less and have additional conditions, details and end of lease purchase options. Lease offers are available through FinancialLinx for a limited time only and cannot be combined with any other offer. Other lease terms and offers available through Suzuki Canada Credit:**0% purchase financing for up to 60 months on all 2004 Suzuki Vitara, Swift, XI-7, Aerio models is available to qualified customers O.A.C. through Suzuki Canada Credit or Bank of Nova Scotia. Finance example: $10,000 at 0% APR for a 60-month term; the monthly payment is $166.66; cost of borrowing is $0; total lease obligation is $10,000. Down payment may be required. This is a limited time offer and cannot be combined with any other offer. Lease and finance offers do not include, license, insurance, acquisition fees, administration fee, security registration fees and any applicable taxes. See participating dealer for details. Vehicle may not be exactly as shown.

NASCAR THIS WEEK

MAR19044



Early Bird Specials - 4pm to 6pm
ALL WEEK LONG
Choice of 2 Dinners for $20.04
Includes 2 Garden Salads & Our Self-Serve Bread Bar
• 2-6oz. New York Sirloin Steaks
• 2-Large Fish & Chip Dinners
• 2-Pizza Combos
• 2-Baked Lasagnas
• 2-1/2 lb. B.B.Q Rib Dinners
no discount or promo on these specials
Gedoro's Fine Dining in Casual Comfort
158 Pitt Street 938-2791

BURNING ISSUES

- NASCAR officials keep saying it despite the fact that it makes no sense. It's impossible to have "random drug testing based on reasonable suspicion." Either the testing is random or it's based on suspicion. You can't have it both ways.
- It's hard to figure out some of our colleagues in the media. First they allege that Matt Kenseth's consistency resulted in the championship system being changed. Then they repeatedly ask Kenseth if he feels "vindicated" by two early victories. He's just racing every week, same as last year. What say let's move on?
- What makes Atlanta noteworthy is that the most popular driver, Dale Earnhardt Jr., won the race. Had anyone else won, everyone would be talking about what a boring race it was. Earnhardt aside, it *was* a pretty tame affair.
- Want to make Nextel Cup racing better? Change it from cars to trucks. Or make the cars less aerodynamically slick. At the least, make them less alike.
- Next up is a grand old track, Darlington. Here's a major concern: Soft walls have been installed there, and the track is so tight that there is very little room for the space taken up by the new walls. Every inch counts at Darlington, where the cars often run inches from the wall. Those inches aren't there anymore.
- The Craftsman Truck Series has provided great racing so far, but the early season schedule is so sparse. The next race isn't until April 17. It's tough for the series to build momentum.
- NASCAR officials keep declaring that there is no requirement from TV networks that the field consist of 43 cars, yet, every week, it's obvious that some serious recruiting is going on. The sport has never been more popular, and yet it's never been harder for many teams to find sponsors. Costs are rising at an alarming rate.
- One prominent team official estimates that the new "softer" tire compounds will result in teams spending 40 percent more for tires this year.

WHO'S HOT AND WHO'S NOT

- **HOT:** Matt Kenseth has finished in the top 10 in all four races. ... Dale Earnhardt Jr. and Kasey Kahne have both scored three top-five finishes in four tries. ... Dave Blaney finished 11th Sunday at Atlanta, despite his Bill Davis Racing team being expected to run only four more races because of sponsorship problems.
- **NOT:** A quick glance at the points standings features a few glaring underachievers. Michael Waltrip is 36th after the first four races. Robby Gordon is 32nd. Rusty Wallace is 22nd. It is, of course, early. ... "Field-filler" Joe Ruttman completed only six of 325 laps Sunday, but he still won $54,071.

IN THE SPOTLIGHT

CASEY MEARS

Nextel Cup Series, No. 41 Target Dodge Intrepid

Finally up front

Can Mears keep his performance at high level?

By Monte Dutton
NASCAR This Week

Casey Mears' father, Roger, raced in the Indianapolis 500. His uncle, Rick, won the 500 four times.

So what is 25-year-old Casey doing in NASCAR?

"I'd love to run the Indy 500 someday," conceded Mears, who, like Kevin Harvick, is from Bakersfield, Calif. "I miss open wheel a little bit, but I've got to tell you, I'm so happy with where I am. In the past, the last couple of years, I was trying to convince myself of that.

"This year, I'm really happy. I'm really pleased with where I'm at right now as far as the team I'm with and what's going on. I'm really happy with stock-car racing in general and NASCAR Nextel Cup. I'm in a good place right now, and I'm happy with what I'm doing. I'm having a blast during the races. There's always someone to race with whether you're running 40th or in the top five."

Mears isn't often running 40th these days. He led 37 laps at Atlanta Motor Speedway before retiring late in the race due to engine woes. A week earlier, he had a career-best seventh-place finish in Las Vegas.

But he realizes that he has to continue to run up front. He feels some pressure to maintain his status, especially considering the fact that, prior to Las Vegas, he had never finished better than 15th in a Cup race.

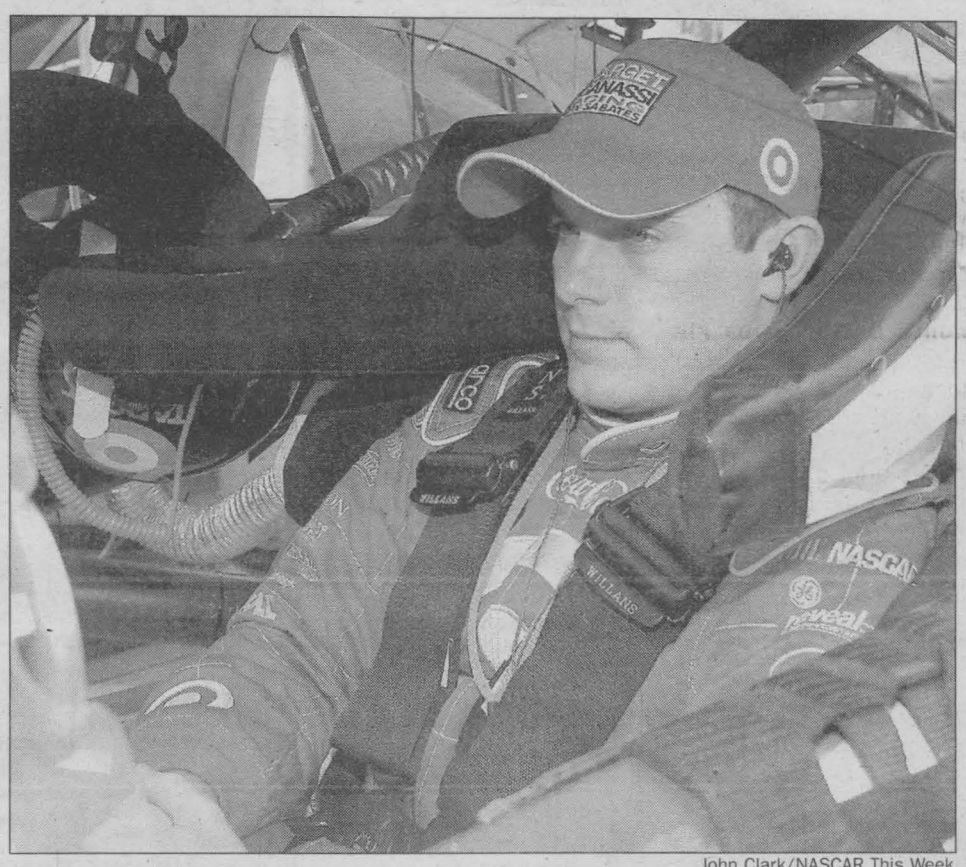
"I think it's kind of a given, isn't it? In this kind of motorsports and motorsports in general, you've got to perform," Mears said. "If you're not putting the numbers on the board and you're not running well, you're not going to get that next job, and you're not going to keep the one you've got because somebody below you wants it real bad, too.

"I think having the season we had last year, definitely this season is very important, probably more so than last year for sure on performing and doing well."

Mears drives the No. 41 Target Dodge Intrepid for owners Chip Ganassi and Felix Sabates.

"Chip is a guy who likes to win races and run up front, and he gives us everything he can for us to go do that," Mears said. "For sure, there was some pressure to do well this year, but I'm not trying any harder this year than I was last year. I've learned so much now. I think the team has improved all the way around from the motor program to the chassis, even aerodynamically. We've just improved all the way around.

"Everything is just starting to come together. I think last year, jumping in the Cup series as soon as I did, we struggled and rightfully so, looking back on it now and knowing what I've learned. ... I want to win races, and I want to run well. Whatever everybody else thinks doesn't get to me too much."



John Clark/NASCAR This Week

Before a failed engine relegated him to a 34th-place finish, second-year driver Casey Mears led 37 laps and ran in the top 10 for much of Sunday's Golden Corral 500 at Atlanta Motor Speedway.

BRAND NEW TRADE-INS

1999 HONDA CRV EX
automatic, air conditioning, power windows, power door locks, tilt steering, cruise control, am/fm/cd, green, 149,000 kms, stk# 230453A
4x4
$302*

2001 HONDA CIVIC LX
2 door, automatic, air conditioning, power windows, power door locks, tilt steering,cruise control, am/fm/cd, green, stk# 240111A
LEASE RETURN
$326*

2003 HONDA CIVIC LX
4 door, manual, air conditioning, power windows, power door locks, tilt steering, cruise control, am/fm/cd, silver, stk# 240112A
FRESH TRADE
$326*

MAR19042

Cornwall Honda

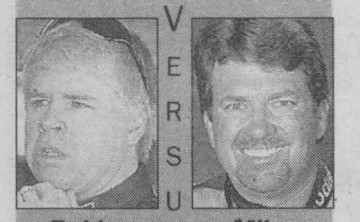
1200 Brookdale Ave., Cornwall
www.cornwallhonda.com
933-7558

*plus licencing with $2000 or trade equivalent. Financing at 7.35% for 60 months OAC.

Ask us about Tires for Life!

NASCAR THIS WEEK

FEUD OF THE WEEK



Bobby Hamilton VERSUS **Mike Skinner**

Bobby Hamilton and Mike Skinner, two former Cup series drivers, tangled twice during the final nine laps of Saturday's Craftsman Truck Series race at Atlanta Motor Speedway.

Hamilton won both of those altercations and the race as Skinner, falling short in a bid to give Toyota its first victory, crossed the finish line sideways in second place.

"It was exciting for both of us," Hamilton said. "I went for the win, he went for the win and, today, I was lucky enough to come out on top."

Indeed, it was an exciting finish.

"They'll be lucky if they have half the race we had," Skinner said, referring to Sunday's Nextel Cup race.

NASCAR This Week's Monte Dutton gives his take: "Actually, there seemed to be no lingering bad will. Hamilton noted that the return of Skinner 'brings a lot of excitement back to this series,' and Skinner just chalked it up as 'one of them racin' deals.' "

YOUR TURN
LETTERS FROM OUR READERS

A little advice

My two cents' worth on (NASCAR's) rules and regulations:

Points — First thing, no one should get points on caution laps. That's not racing. Five (bonus) points on leading a lap under caution (should not be allowed), only under green-flag racing. ... If a driver wipes out another car intentionally ... he should have points taken away, and the same for bad conduct in the pits or on the track. ... Same points system, with minor changes. Not the 10-race shootout. All you work for in the beginning, to be wiped out, that's not good.

Restrictor plates — They should not be allowed on a car that races. It's not a race if you make all the cars run the same speed. Why don't you go to smaller carburetors or a V-6? Slow them down in the gears.

Safety — Don't let cars pit on caution-flag laps, only under the green flag, and the pits will be 95 percent safer. I'm sure the pit crews would like it a lot better, and the race might even turn out a lot better and safer. ... Try it in one race, and I think everyone would like it much better.

Ivey Evans
Fruitland Park, Fla.

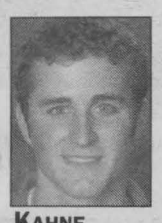
Thanks for putting some thought into solving a few of what you perceive as the sport's problems.

Kahne building stock-car career off open-wheel past

Once upon a time, a trickle of open-wheel drivers made their way into NASCAR competition, often at the behest of automobile manufacturers hoping to shore up their factory efforts.

The trickle has become a tidal wave.

The runner-up finisher in two of the four races, 23-year-old Kasey Kahne of Enumclaw, Wash., joins a club that already includes four-time champion Jeff Gordon, 2002 champion Tony Stewart, 2002 Raybestos Rookie of the Year Ryan Newman, Robby Gordon, Casey Mears, Dave Blaney, John Andretti and Larry Foyt.



KAHNE

Kahne, who replaced the semi-retired Bill Elliott at Evernham Motorsports, is quick to point out that he really isn't an overnight sensation.

NUTS AND BOLTS

"So far it's been great," said Kahne, who finished third Sunday at Atlanta after second-place runs at Las Vegas and Rockingham. "I know it can turn bad at any time. I've had a lot of good things happen in racing, but I've also had a lot of bad things. I've learned a lot. My first year in Busch, I think I did everything wrong you can do in a Busch car and get away with it or not get away with it. We don't have to go through a learning curve like that (with this team)."

Busy every May: Not only is Robby Gordon going to compete, for the fourth consecutive year, in both the Indianapolis 500 and the Coca-Cola 600 on the same day. Not only does Gordon drive a Richard Childress-owned Chevrolet in Cup, but he owns his own Busch Series team as well as the Indy 500 entry.

And now, we learn that Gordon is considering making the Indy team a full-time competitor in the Indy Racing League.

"I'm sure if we established a good, strong team, and the guys worked good together, we would entertain the opportunities," Gordon said. "Right now, we are a well-funded Indy 500 effort where we can go there and be competitive."

He said he might continue competing on the IRL circuit after Indy with another driver behind the wheel.

"I can honestly say right now we don't have anything," Gordon said, "but if we do a good enough job with our sponsors we have now and the team — go there and be very competitive — you never know what happens."

■

Effects all over: A profane interview on Performance Racing Network in Las Vegas had far-reaching implications.

After the March 6 Busch Series race, the remarks made by Johnny Sauter netted him a $10,000 fine and a forfeiture of 25 points in the series. In addition, PRN, the radio network affiliated with Bruton Smith's Speedway Motorsports Inc., announced plans earlier this week to begin broadcasting its schedule of races with a built-in, seven-second delay.

■

The big 6-0-0! Ken Schrader of Fenton, Mo., became the 16th driver in Cup history to reach 600 starts.



SCHRADER

"Occasionally you reach a number, which is really all it is, that someone will label a milestone, and then they'll ask you to reflect back," Schrader said. "When we started out racing in Cup over 20 years ago, I never thought about start number 600. Shoot, I was just worried if I would get start number two.

"Honestly, I just feel fortunate that I have been able to race for this long at this level. Not everyone has had that kind of opportunity, so I guess it's pretty neat to know I'll be one of the few who were fortunate enough to get to 600."

The most recent of Schrader's four victories occurred in 1991 at Dover, Del., but he won in Atlanta earlier that year.

FAN TIPS

Watkins Glen International, the historic New York road course, is asking fans to share their memories of the Glen via photographs and written words.

Essays will be judged, with winning entries featured in programs sold at the Sirius at the Glen, a Nextel Cup race scheduled for Aug. 15, and the Zippo U.S. Vintage Grand Prix, scheduled for Sept. 12. Winners will receive a copy of the program and two general-admission tickets to either of the two race weekends.

Photos will be used weekly as part of the track's Web site — theglen.com — and will be returned once used on the site. Deadline for essays is May 2. They may be submitted via e-mail at racingtheglen.com or by mail to, Essay Contest, Watkins Glen International, P.O. Box 500T, 2891 County Route 16, Watkins Glen, N.Y. 14891.

WHAT'S UP NEXT

NEXTEL CUP SERIES

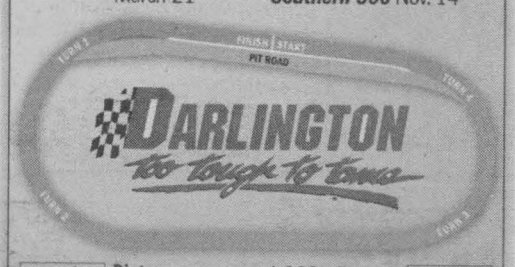
What: Carolina Dodge Dealers 400
Where: Darlington (S.C.) Raceway (1.366 miles), 293 laps/400.238 miles
When: Green flag drops just after 1 p.m. Sunday
Last year's winner: Ricky Craven
Qualifying record: Ward Burton, Pontiac, 173.797 mph, March 22, 1996
Race record: David Pearson, Ford, 132.703 mph, May 11, 1968 (400 miles)
Most recent race: So far, the season boils down to a reunion of the Class of 2000. That's when Dale Earnhardt Jr. and Matt Kenseth were rookies in NASCAR's premier series. Earnhardt's victory in Sunday's Golden Corral 500 at Atlanta Motor Speedway evened the series so far at two wins apiece. Earnhardt ran away with the latest battle, but Kenseth remains ahead in the war. His sixth-place finish preserved the points lead, and in its own way — Kenseth overcame a miserable start — was as impressive as Earnhardt's victory. Dodge drivers and teammates Jeremy Mayfield and Kasey Kahne finished second and third, respectively. Earnhardt led the final 16 laps and 52 of the final 60. He never led until the 214th of 325 laps.

BUSCH SERIES

What: Diamond Hill Plywood Co. 200
Where: Darlington (S.C.) Raceway (1.366 miles), 147 laps/200.802 miles
When: 1 p.m. Saturday
Last year's winner: Todd Bodine
Track qualifying record: Ryan Newman, Ford, 170.301 mph, March 16, 2001
Race record: Michael Waltrip, Pontiac, 138.140 mph, Sept. 5, 1992
Most recent race: Chevrolet driver Kevin Harvick won the March 6 race at Las Vegas. The Busch Series was off last week and prepares for four consecutive races before its next off week.

DARLINGTON DATA

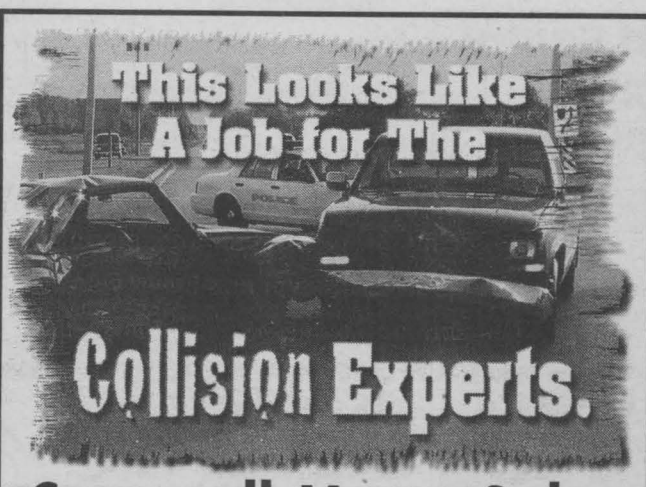
FOX — Carolina Dodge Dealers 400 — March 21 — Mountain Dew Southern 500 Nov. 14 — NBC



2° Banking in straights

Distance:.....1.366 mile oval
Length of frontstretch:. ...1,229 ft.
Length of backstretch:. ...1,229 ft.
Miles/Laps:..400.2 mi. = 293 laps

Turns 1-2, 23° turns 3-4, 25°

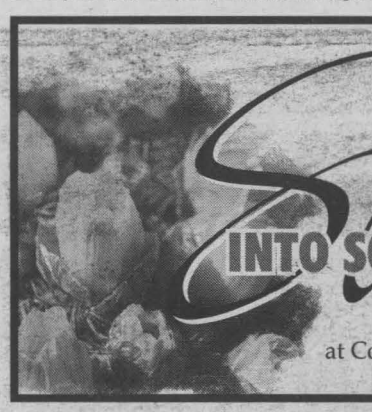


Cornwall Motor Sales
COLLISION CENTRE
SPRING CLEAN UP $70 plus tax
CARS, VANS & TRUCKS
Precision Frame Straightening • Custom Colour Matching • Insurance Specialists
"The Only GM Body Shop In Cornwall"
Cornwall Motor Sales
COLLISION CENTRE
PAUL RENAUD, Collision Centre Manager
5 Eighth St. East • 930-9393
Paul Renaud
Collision Centre Manager
MAR19042

Drive It. You'll Get It.
3.9% APR up to 60 months
On All NEW 2004 Volkswagens including Diesels plus...
61 MPG†
Transport Canada Rated on Diesels Only



Drivers wanted.
*3.9% offer pertains to 60 month finance terms on all 2004 Volkswagens purchased through participating Volkswagen dealers. Purchase example: $20,000 financed at 3.9% for 60 months, monthly payment is $367.43, cost of borrowing is $2,045.80 and total to be repaid is $22,045.80. Down payment may be required. Insurance and applicable taxes are extra. Other special rates apply. Offer ends April 5, 2004. Finance plans available through Volkswagen Finance on approved credit. †Transport Canada estimated fuel mileage: 4.4L/100 km highway, 5.6L/100 km city for a TDI with manual transmission. Estimated highway range of 1250 km based on 55 litre fuel tank capacity. Your mileage may vary.
JACK MACDONELL MOTOR SALES
"Your Hometown Volkswagen Dealer"
632 Pitt St., Cornwall 933-3483
Visit Our Website at www.cornwallvw.com
MAR19043



Spring INTO SOME GREAT SHOPPING!

at Cornwall's Premier Shopping Complex

CUSTOMER Service Centre

For your shopping convenience we are pleased to offer a variety of services:

Information, Wheelchairs, Strollers, Gift Certificates, Gift Wrapping & Lost & Found

Available at our Customer Service Centre located in the Administration Office on the second level.

cornwall square

The Centre of Our City!

Visit Us Today!

Over 70 Stores & Services including a Food Court!



Scuttlebutt

Mondays & Tuesdays

order any 3 topping Pizza at regular price and get the

2nd ONE FREE

Domino's Pizza

933-0313

~Fast FREE Delivery~

mar5044

Poor **Shawn Lauzon.** The **"Habs-fan-for-life"** has been forced to become a "closet **Maple Leafs** fan." Ask him why.

Congratulations to **Ann Perron** who has been named Director of Education for the **Catholic District School Board of Eastern Ontario.** She will replace retiring **Greg McNally** in May 2004.

Cornwall's downtown isn't as "dead" as you might think. Just ask **Jim Cicchini,** owner of **Jas-Mar Paint and Decorating Centre** on Pitt Street. His business just celebrated its first anniversary at the downtown location, boasting their best year for sales in 16 years.

THE FISHING HUT

410 A Cumberland St.

933-4636

MAR12044

FISHING & HUNTING LICENCES

- Turkey Licences
- Redwing Tackle
- Phantom & Balsa Floats
- Gamu Octopus & Single Egg Hooks
- Spawn Sacs & Floats

24 hr - 7 Days Bait & Supplies Dispenser 2 Locations

8am-4pm 7 days a week

www.fishinghut.ca • E-mail: info@fishinghut.ca

Do you have a Scuttlebutt item? If so, e-mail it to scuttlebutt@cornwallseawaynews.com.

Charles Lant is no longer handling day to day affairs at **Mark McDonald's constituency office,** so that's why it's closed.

It was interesting to note that "Mr. Liberal," **George Assaly** was not at the town hall-type meeting held by Prime Minister Paul Martin in Cornwall on Tuesday, March 2nd, 2004. How come?

Do you need someone to talk to? If your life has been changed because someone you care about has **Alzheimer Disease** or a related disorder, come and join the **Alzheimer Society!** From 6 p.m. to 8 p.m. on the last Wednesday of every month in the Tea Room at **Glen-Stor-Dun Lodge.** Please call ahead to **Laurie Sullivan** for more details, and to reserve your space. Other support opportunities are also available across the five Eastern Counties.

A sure sign of spring: Potholes and doggie 'doo' everywhere! A note to pet owners who do not pick up after their dogs in the winter, do you think that doggie 'doo' melts with the snow? Be responsible...take along a bag!

Reminder that the **Heritage Valley Arts and Crafts Show and Sale** takes place at the **Cornwall Civic Complex** Friday and Saturday, March 19th and 20th, 2004 with free admission.

Thought of the Week: "Man's way leads to a hopeless end - God's way leads to an endless hope."

At a mall, I ran into a friend I hadn't seen in years. I looked at the little girl standing by his side and asked, "Jack, don't you also have a son?"

"No," he replied, "We have two daughters. My wife is constantly asking me if I want to try one more time for a boy, and I say, 'No, I'm perfectly happy with my two beautiful girls'."

I leaned over to Jack's daughter and said, "What's your name, honey?"

Jack answered for her, "This is Billie, and Bobbie is at home with her mommy."



~Available at Logan's Gallery~

Buddy by Chantal Poulin

LOGAN'S GALLERY Gift Shop

204 2nd St. East

938-3629

A Gallery Like No Other

MAR19044

Realizing I had put off doing my laundry for too long, I stuffed all my clothes into a new laundry bag my mother had given me. On the way to the washers, I bumped into a friend who stopped to chat. Noticing letters stencilled on the bag, he straightened the material and read, "One more day and I'll be naked."

Looking back at me, he smiled and said, "I'll see you tomorrow."

To all the people writing to Scuttlebutt about their friends and neighbours and their adventures to Florida or a sunny tourist spot, Scuttlebutt will not run their names until they return home. Then we will have some fun with some of the great stories.

RITA PILON LEGAL SERVICES

Member of the Paralegal Society of Ontario

AFFORDABLE ASSISTANCE

Divorces, Wills, Power of Attorney, Traffic Tickets, Adoption, Small Claims Court, Completion of Court Documents, etc...

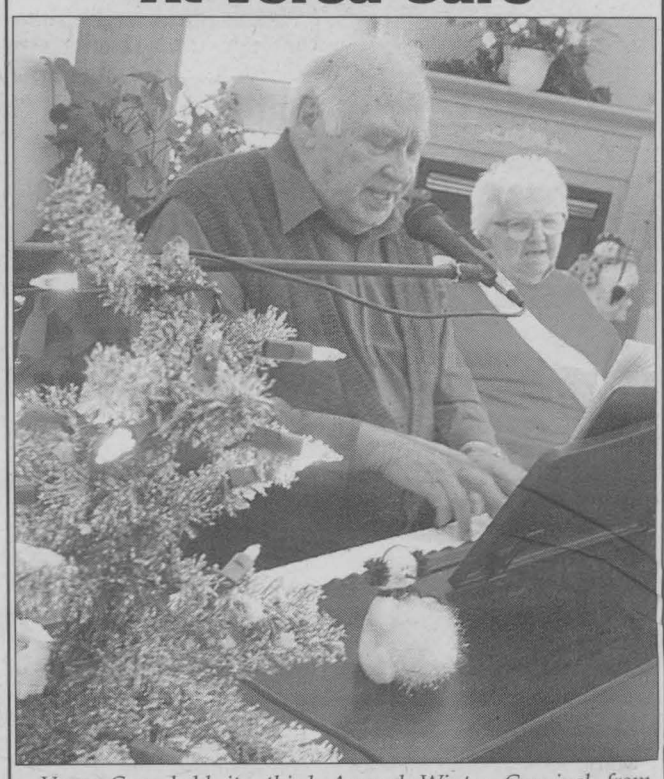
EVENING & SATURDAY APPOINTMENTS AVAILABLE

938-9212

Better Business Bureau

SN4

Celebrating Winter At Versa Care



Versa Care held its third Annual Winter Carnival from Monday to Friday, February 16th to 20th, 2004. Residents and staff enjoyed festivities like taffy pulling and bingo, with entertainment like Magical Mark and Les Gailurons. On Wednesday, February 18th, 2004, they held their annual Snowflake Tea with music provided by Sandy Lawrence (playing piano in photo). Also in the photo is Helen Fraser who was Winter Carnival Queen.

Photo by Chris McPhee

It will soon be Easter...let's *put the Christmas decorations away.* Peter Cottontail does not want to say hi to Santa!

"To some blind souls, all cats are much alike. To a cat lover, every cat from the beginning of time has been utterly and amazingly unique." -Jenny de Vries

Children's Treatment Centre Cheque Presentation



A cheque for $800 was presented to the Children's Treatment Centre on Tuesday, March 16th, 2004, as part of a Kiwanis Club fundraiser "King Sings for Kids," starring Elvis impersonator Gino Monopoli, held in February. Dr. Stephen Jones (left) Chair of the Kiwanis Club event presents the cheque to Pierre Guindon (right) President of Children's Treatment Centre.

Photo by Jennifer Barrie

Here are a few of "Life's Little Annoyances" I'm sure we've all experienced at one time or another...

- You bend down to tie your left shoelace, only to get up and trip over the right one which magically came undone.
- Those little order form cards that fall out of magazines.

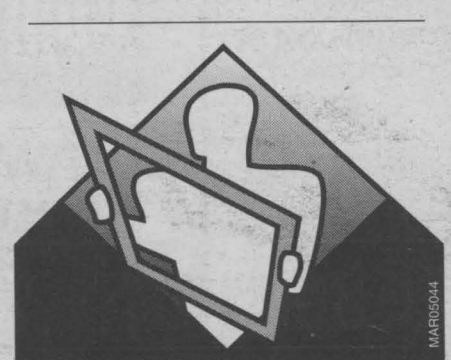
Lots of **St. Patrick's Day** activities in the city during the last week. A good time had by all who joined in!

The **Chamber of Commerce Spring Home and Garden Show** coming soon...watch for details.

Did you know that **Tim Hortons** "Roll Up The Rim To Win" promotion is in its 18th year?!

Pet Tip of the Week: "A good pet sitter does much more than provide your pet with food and water while you're away from home. They also spend quality time with your pet, give him/her exercise, and know how to tell if your pet needs veterinary attention."

Spring is almost here...two days to go!



MAR05044

DEMPSTER'S Frameworks

25% Off - Custom Framing

35% Off - Custom Lamination

Mon. & Tue.	Wed.	Thur.	Fri. & Sat.	Sun.
10-4	Closed	10-8	10-4	Closed

938•6947 1007 Montreal Rd., Cornwall, ON K6H 1E1

Seaway Pet Corner



"A girl's best friend." Eileen Chisholm (age 10) of Lunenburg, with "Shirley" (two years old), Spring 2003.

Photo submitted by Colette Chisholm

Bring in your favourite pet photo along with a small caption and we'll publish it so all our readers can enjoy it too!

Drop in to our office at 329 Second Street West.

DEADLINE IS TUESDAY 5PM

One Book, One Community

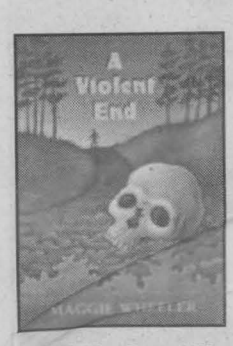


Maggie Wheeler, author of A Violent End.
Submitted photo

They may not all be on the same page but it is hoped that for the month of April, the citizens of Brockville will at least be reading from the same book.

As part of its centennial celebrations in 2004, the Brockville Public Library has chosen A Violent End by Eastern Ontario author Maggie Wheeler for its first One Book, One Community project.

Since it began in Seattle, Washington in 1998, the One Book, One Community concept has rapidly spread across North America and the United Kingdom. Brockville Public Library's One Book, One Community is the first event in Eastern Ontario.



Everyone is invited to read A Violent End, and then join in the discussions and events relating to the novel, the Lost Villages and the construction of the St. Lawrence Seaway. Copies of this psychological mystery are available at the Brockville Public Library and at Leeds County Books, as well as at other area libraries and bookstores.

Margaret Williams, CEO of the Brockville Public Library, says this adult literacy project promotes much more than just a love of reading. One Book, One Community is a community builder that stimulates discussion within the community. "Maggie's novel and our criteria were a perfect match," she comments. "We wanted a living Canadian author who would be available for discussion. This character driven mystery and the history of the Lost Villages during the building of the St. Lawrence Seaway 50 years ago will appeal to both adults and older teenage readers."

Maggie Wheeler is honoured to have her novel selected, but is also excited by the dialogue and discussion One Book, One Community is sure to generate. "We are, in this part of Eastern Ontario, very connected to the St. Lawrence River," she explains. "I'm looking forward to learning more about the impact that the construction of the Seaway had, both historically and culturally, in the Brockville area."

On Saturday, April 3rd, 2004, Ms. Wheeler will be available at Leeds County Books in downtown Brockville to sign copies of A Violent End.

On Wednesday, April 21st, 2004 she will be at the Brockville Public Library to read from her book, answer readers' questions and share stories about the history behind it. A member of the Lost Villages Historical Society will also be on hand to talk about the St. Lawrence Seaway and Power Project and the flooding of the Lost Villages. A tour of the Lost Villages area that was flooded 50 years ago is being arranged and there will be a draw for two free tickets on the bus.

Cadet Wins OCNA Award



Left to right: Sgt. Alexander McDonald of the Kiwanis Air Cadets shows his award to fellow cadets, Flight Sgt. Ashley Finnamore and Leading Air Cadet Brendon Barr while at the Cornwall Armoury on Wednesday, March 10th, 2004.

Photo by John Divinski



Sgt. Alexander McDonald of the Kiwanis Air Cadets displays his award at the Cornwall Armoury on Wednesday, March 10th, 2004.

Photo by John Divinski

Retail Closings During Easter Weekend

Shoppers and merchants are reminded that under the Retail Business Holidays Act (the Act), both Good Friday, April 9th, 2004 and Easter Sunday, April 11th, 2004, are among the eight days annually when most stores must be closed.

The Act, administered by the Ministry of Consumer and Business Services, exempts some retail operations. Flower shops, gas stations and book or magazine stores under 2,400 square feet with a maximum of three employees, are among exempted businesses.

Stores may be open in locations established as tourist areas by specific municipal bylaws. Any questions about tourist designations or local hours of retail operation should be directed to the Municipal Clerk's office in the specific jurisdiction.

Minimum fines for opening on prohibited days of retail operation are $500 for a first offence, $2,000 for a second offence and $5,000 for a third or subsequent offence. Retail outlets found guilty may be fined up to $50,000 or the total amount of gross sales for the day, whichever is greater. Enforcement of the Retail Business Holidays Act is the responsibility of local police services.

END OF WINTER PRICE FREEZE

THE TEMPERATURE IS RISING BUT OUR PRICES ARE AS LOW AS EVER. COME IN AND WARM UP TO THESE HOT DEALS.

02 FORD MUSTANG CONVERTABLE
auto, 6 cyl., air, cruise, pwr. grp., stk: 4603
$196 biweekly

01 CHRYSLER PT CRUISER LTD.
auto, air, leather, loaded, stk: 23-491-1
$133 biweekly

02 FORD TAURUS SE
auto, 6 cyl., air, cruise, CD, pwr. grp., stk: 4566
$118 biweekly

01 FORD FOCUS ZTS
auto, 4 cyl., air, cruise, CD, pwr. grp., stk: 23-132-1
$72 biweekly

03 PONTIAC GRAND AM
auto, 6 cyl., air, cruise, pwr. grp., stk: 4723
$135 biweekly

01 FORD RANGER
stk: 4726 (not exactly as shown)
$135 biweekly

02 FORD F150 XLT
auto, 8 cyl., 4x4, air, cruise, pwr. grp., stk: 4707-1
$189 biweekly

03 FORD WINDSTAR SPORT
auto, 6 cyl., air, cass./CD. pwr. grp., stk: 4702
$179 biweekly

01 GMC SIERRA 1500 SL
stk: 24-256-1 (not exactly as shown)
$151 biweekly

01 FORD ESCAPE XLS
auto, 6 cyl., air, cruise, pwr. grp., stk: 4724-1
$127 biweekly

01 FORD RANGER XLT
4 spd., 6 cyl., 4x2, silver, stk: 24-260-1
$156 biweekly

00 FORD WINDSTAR SEL
auto, 6 cyl., air, cruise, cass./CD, pwr. grp., stk: 4661
$128 biweekly

03 CHRYSLER GRAND CARAVAN SPORT
auto, 6 cyl, air, cruise, pwr. grp., stk: 4678
$178 biweekly

01 CHRYSLER NEON
stk: 23-353-2 (not exactly as shown)
$82 biweekly

*Payments are based on a bi-weekly (130 payments) 60 month purchase with $2000 down, plus tax, admin., 7.99% A.P.R.O.A.C. Prices are plus taxes, example $10,000 at 7.99% over 60 months + $299 admin fee + 15% taxes + $2000 trade or downpayments = total cost $12,092.60 with $2,171.75 C.O.B. 130 payments of $93.02. Rates may vary.

HOURS
Mon to Fri
9 am - 9 pm
Sat
9 am - 5 pm

EMBRUN FORD
www.embrunford.com
608 Notre Dame, Embrun, Ontario K0A 1W0
Sales & Service: 613-443-2985 • 1-800-443-9779 • Collision Centre: 613-443-2500

OTTAWA
EXIT 79
EMBRUN FORD
HWY 138
HWY 417
CORNWALL

mazda **GET IT IN GEAR EVENT** ZOOM-ZOOM



2004 MAZDA MPV GX
with Convenience Package
· 200-hp 3.0L DOHC V6 engine · Air conditioning · Steering wheel audio controls · 2nd row Side-by-Slide™ seats and 3rd row Tumble-Under™ seat · Dual sliding door with power windows · Lease payment includes freight and P.D.E

GT GFX model shown

HIGHEST IMPACT PROTECTION RATING POSSIBLE*

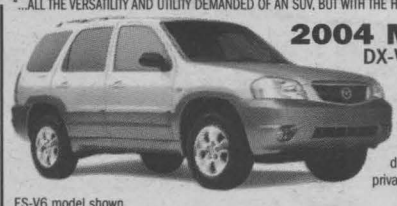
NO PAYMENTS FOR 90 DAYS
On leasing▼ and Financing▼▼

0% Purchase Financing for 48 months†

-or-

LEASE FROM $299* per month/48 months with $4,595 down payment and $0 Security Deposit

"...ALL THE VERSATILITY AND UTILITY DEMANDED OF AN SUV, BUT WITH THE HEART AND SOUL OF A SPORTS CAR". - National Post



2004 MAZDA TRIBUTE
DX-V6 with Appearance Package
· 200-hp 3.0L DOHC V6 engine · Automatic transmission · Air conditioning · Power door locks, windows and door mirrors (heated) · Keyless entry · **Appearance Package:** Roof rack, cruise control, overhead console with dual storage bins, 16" 6-spoke alloy wheels and privacy glass · Lease payment includes freight and P.D.E

ES-V6 model shown

NO PAYMENTS FOR 90 DAYS
On leasing▼ and Financing▼▼

0% Purchase Financing for 48 months†

-or-

LEASE FROM $249* per month/48 months with $4,695 down payment and $0 Security Deposit

"BEST SELLING IMPORT COMPACT PICK-UP TRUCK IN CANADA FOR 17 YEARS RUNNING."•••



2004 MAZDA B3000
DUAL SPORT CAB PLUS
· 3.0L 154-hp engine · Air conditioning · 4-wheel ABS, limited slip axle · Raised chassis · 15" alloy wheels · Lease payment includes freight and P.D.E

NO PAYMENTS FOR 90 DAYS
On leasing▼ and Financing▼▼

0% Purchase Financing for 48 months†

-or-

LEASE FROM $199* per month/48 months with $4,995 down payment and $0 Security Deposit

*Taxes extra, first month payment required, 20,000 kms/year. See dealer for details

CORNWALL mazda

WHERE SALES ARE BUILT ON SERVICE

DEALER OF DISTINCTION 2003

1405 Rosemount Ave.
933-6210

MAZDA GRADUATE PROGRAM

XCornwall Mazda
Rosemount Ave.
Brookdale Ave.

Leon's SINCE 1909

MARCH PRICE BREAK!

STILL GOING STRONG!
Don't Miss It!

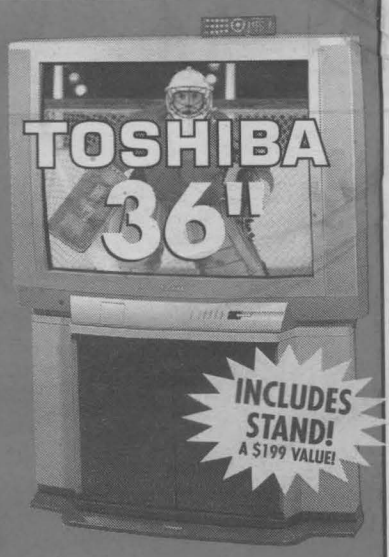
Leon's introduces March Price Breaks for adults!
Because why should kids be the only ones that get a break this month!

Our Integrity Pricing Means You Get Local Delivery At No Extra Charge!
See store for delivery included areas.



Lowest Price Ever!
- Stylish silver cabinet with side speakers
- ColorStream component video input
- Front surround sound
- Glow-in-the-dark universal remote

PRICE BREAK!
$999
INCLUDES DELIVERY





Wow! All Leather Sofa!
Features genuine Italian leather all over with pillow top seats and arms.
Chair $699 Loveseat $879
Custom colours available at extra charge.

INCREDIBLE!
$899
INCLUDES DELIVERY

PLUS DON'T PAY FOR ONE YEAR!*

No Money Down!* 0% Interest! No Monthly Payments! On Everything In Our Showrooms!

Leon's SINCE 1909
CANADA'S ONLY FURNITURE SUPERSTORES

1360 Marleau Avenue, Cornwall 932-2684

HOURS: Monday to Friday: 9am-9pm
Saturday: 9am-6pm; Sunday: 11am-4pm

*O.A.C. All applicable taxes and a processing fee of $55 (Eg. $1500 purchase with $55 PF equals an APR of 3.67%) are due at the time of purchase. Balance is due one year from the date of purchase. All items available while quantities last. Prices, terms and conditions may vary according to region. Selection may vary from store to store. Pick-up discounts not available on some items. See store for delivery included areas. Set-up of RTA and electronics not included. Not applicable to previous purchases and markdown items. See store for other convenient payment options. †Custom orders require 25% deposit.