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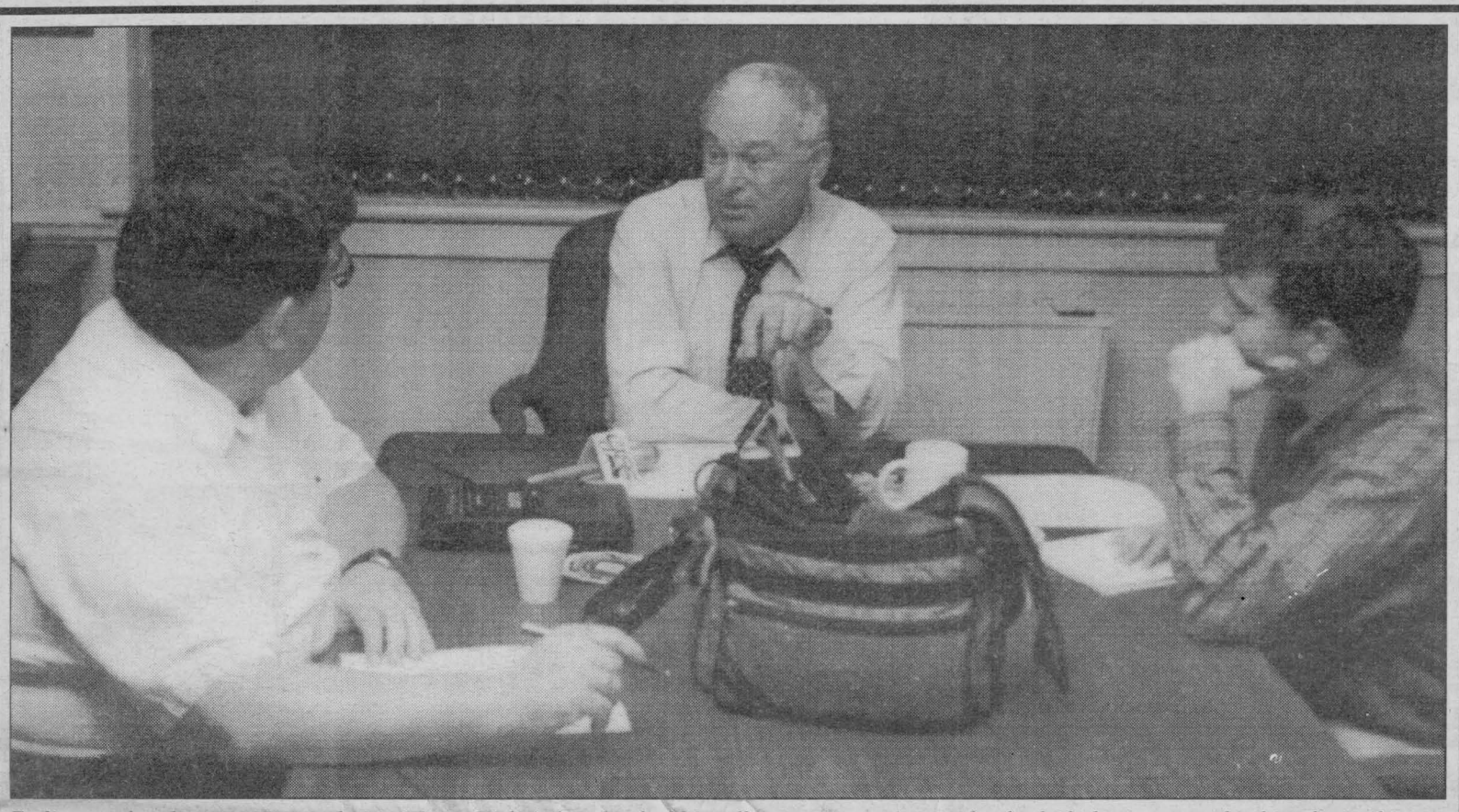
SEAWAY NEWS

OCTOBER 12, 1997 VOLUME 11, ISSUE 41 SERVING CORNWALL AND AREA



Ending weeks of rumors & speculation, Mayor Dick Aubry thanked his colleagues & constituents for the faith they expressed in him during his terms of office as Alderman & Mayor of Cornwall. At a media conference on Friday, Mayor Aubry stated he would not seek re-election and that he was effectively retiring from politics at the end of November.

(Aubrey Johnson)

Mayor Aubry To Retire

Today I am announcing my political retirement effective the end of this term.

I have been involved in municipal politics some 19 years. Since first elected in December 1974, the people have returned me to office, in the position of Alderman, on eight occasions. I sincerely thank them for their display of confidence in me.

As well, I have thoroughly enjoyed these past months serving as Mayor but now look forward to pursuing other endeavours of interest to me. However, I take my leave with a sense of pride & accomplishment in the following items in particular:

- I was President of Cornwall Electric & on the negotiating team when we acquired St. Lawrence Power in 1988.
- The Audit Committee, Council's watchdog originated from an idea of mine.
- My involvement in the "Privatizing" of Tourism & Convention Services.
- I was President of Cornwall Electric when we started Cornwall District Heating - CDH.
- Being Mayor & President of Cornwall Electric now when we've just signed the MOU with Consumers Gas is a very significant achievement.

I want to acknowledge and thank City Hall staff for their help and assistance. We are fortunate in this community to have the dedicated professional staff we have. Special thanks to Joyce and Linda who kept we out of trouble.

I want to thank my family and friends for their support over the years. They've been great.

Cornwall has been good to me, in return, I have strived to give back to this community. I believe I have discharged my duty & obligation of serving my fellow citizens.

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Pat O'Connor AIDS Awareness Walk



Pictured above are some of the 120 walkers who walked in the recently renamed "Pat O'Connor AIDS Awareness Walk" held last week in Cornwall. Along with Awareness, over $7,000 was raised for United Counties AIDS Project (U.C.A.P.) which will be used for local education and care.

Rotary International To Host Youth Exchange Seminars

Rotary International will host three Youth Exchange Seminars October 8th from 7:30 pm to 9:30 pm at Flanders Inn in Massena; October 14th from 7:30 pm - 9:30 pm at Victoria Rose in Gananoque; and October 16th from 7:30 pm - 9:30 pm at the Presbyterian Church in Arnprior. The purpose of these seminars is to inform Club Members of the many details of the Youth Exchange Program. Since we are dealing with young people who are going through a very challenging year, it is very important that their support at the Club level is well informed. This is not always the case, which is the basic reason for the seminars. Chairs and members of the Club YE Committee, Councillors, Host Parents or Prospective Host Parents, International Service Directors or anybody else interested or involved in Youth Exchange is recommended to attend. For more information contact: Jim Pellegrino 315-764-0561 or Tom Sullivan 315-764-0295.

Diamond Shape Reflects Personality

What does your diamond engagement ring say about you? You have impeccable taste, that's a given. You're honoring a centuries-old custom that symbolizes a pledge of eternal love and commitment. And you're part of the 85% of Canadian brides who receive a diamond engagement ring – giving Canada the highest diamond engagement ring acquisition rate in the world.

But does that diamond say more? Can you learn anything about the wearer's personality based on their choice of diamond shape?

Most definitely, according to gemologist Saul Spero, in his classic book, Diamonds, Love and Compatibility. After surveying some fifty thousand women, Spero claims that certain personality types are drawn to particular diamond shapes.

There are seven different diamond cuts, including the classic round Brilliant and six other shapes called "fancies" – the elegant Marquise (oblong with pointed ends); the bold Princess (square); the rectangular Emerald; the perfect Pear; feminine Oval; and the romantic Heart-shaped diamond.

And, according to Canadian jewellers, fancy shaped diamonds are increasing in popularity as women seek a fresh twist on the classic – a diamond that says something about who they are…

Round Brilliant Stands Test of Time

The timeless, seductive silhouette of the round Brilliant makes this the most popular of all diamond shapes. Renowned for its sparkle-appeal and versatility, the round Brilliant shows its size better than the fancies. It's the stone of choice of an empathetic, dependable woman whose first priority is always her husband, children, and family.

Marquise Most Popular Fancy Shape

Peoples Jewellers say the Marquise is this year's favorite fancy shape. And, if this stunner captures your heart, you may have something in common with Madame de Pompadour, Louis XV's mistress, after whom the stone was named. Women attracted to the Marquise are sexy, outgoing, impulsive and zestful with a passion for life's challenges. But watch out – this oblong stone's pointy ends indicate a sharp temper.

Regal Squares

The second most popular shape is the Princess, or square cut. Bold and aggressive, this almost architectural four-cornered shape is bright and scintillating. Similarly, there's the rectangular Emerald cut whose distinctive shape emphasizes the stone's transparent beauty. If you're drawn to the clean lines of the Princess of Emerald, you're an efficient leader who is disciplined and highly organized (if not a little stubborn). One of the most exquisite Emeralds, the "Jonker Diamond," formerly owned by deposed King Farouk of Egypt, mysteriously vanished after his overthrow. The whereabouts of the "Red Cross Diamond," a charming canary yellow square, is also unknown. Once owned by a member of a European Royal Family, this famous diamond was desired by Indian princess because of its striking unusual hue.

The Graceful Oval

The contrasting rounded silhouette of the Oval catches and reflects light from all directions. Its twinkle is sure to catch the eye of the feminine, individualistic and creative woman who is at her best when employing her artistic talents. While she's also organized and disciplined, she's not afraid to let loose and show her wild side. One of the world's most splendid Ovals, the Koh-1-Noor diamond is a whopping 105.60 carats. It resides in the Crown Jewels in the Tower of London.

Penchant for a Pear

Sporting a tear-drop Pear? You're in good company with Elizabeth Taylor. An adventurous, gregarious hype, you like to be liked and have a wide circle of friends and acquaintances. Once your community and social obligations have been met, you love unwinding in the comfort of your home. The famous Taylor-Burton pear-shaped diamond made its 69.42 carat debut as a pendant gracing the celebrity's neck. It was sold in 1979 for $3 million and was last reported to be in Saudi Arabia.

Romancing the Heart

Not surprisingly, the woman who favors the fanciful Heart-shaped diamond is a true romantic. Sensitive and emotional, you epitomize femininity and your passionate nature inspires creativity. Be warned though, this personality type is prone to over-dependency on her mate.

When shopping for a diamond engagement ring, experts suggest you and your partner choose your top three shape preferences. Then, peer a little closer and see if any of them reflects your true personality. As a result, you'll purchase a beautiful, timeless gem that reflects not just your true love but your true self.

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In & About CORNWALL

The Lung Association Says Thanks for Giving

Thanksgiving - it's a time of turkey dinners, fall leaves, bountiful harvest and a time to reflect on the things that make our lives happy and complete. At this time of year, The Lung Association asks its previous Christmas Seal Campaign donors to donate generously to this year's campaign. These donors know The Lung Association has made great strides in research and treatment of lung disease. The Lung Association is one of Canada's oldest health charities, founded in 1904 to stop the spread of tuberculosis. With that disease under control, the Lung Association now works to prevent and treat all forms of lung disease, including asthma, emphysema and lung cancer. Make a point to be at the Brookdale Mall on October 18th at 11:00 am for the fourth annual Karaoke Christmas Seal Kick Off. Come and meet the mayoral candidates, who will take part in the second annual Lick & Stick competition to raise awareness of the importance of the Christmas Seal Campaign to help in the fight against lung disease that has killed over 33,000 Canadians since last year.

Small Business Week

As part of Small Business Week, the Cornwall Chamber of Commerce will hold a Business to Business Showcare on October 23. The Showcase will take place from 2 - 7 pm at the Civic Complex. The format is a mini-trade show and provides the opportunity to exchange business cards and make and expand contacts in the business community. To book space or for information, call 933-4004.

Car Seat Clinic

The Kinette Club, Kiddie Proofers and Brookshell Pontiac will be holding a Car Seat Safety Clinic on Saturday, October 11th in the parking lot of Brookshell on Brookdale Avenue. The clinic will take place between 10 am and 2 pm. The inspection is free of charge and takes about 30 minutes. A trained inspector will check for proper installation, age of seats, recall information and the proper use of locking clips and tether straps.

Sunshine Foundation Holds Fundraiser

Mikey's Fun Factory was the site of a fundraiser for the Sunshine Foundation last weekend. $1,225.60 was raised by people playing mini-putt. The Sunshine Foundation grants wishes to terminally ill children and last weekend airlifted 80 children, including 5 from the Cornwall area, to Florida's Disneyland for a day. The Foundation has granted more than 3,400 wishes across Canada in the past 10 years.

Curbing Crime in The Community

The Cornwall Youth Residence is expanding one of its programs in an attempt to curb underage crime. The Residence has expanded to include Phase 2 (16 to 17 year old) young offenders where previously only Phase 1 young offenders (12 to 15 year olds) were helped through the program. The program has already benefited two Phase 2 young offenders. The program is voluntary and the offenders meet with a caseworker where they agree on a contract to decide what they must do to pay for the alleged crime. A panel of community residents then must approve the contract. Young offenders who complete the program do not receive a criminal record and while accepting responsibility for the crime, they gain a stronger sense of right and wrong while completing their penance.

Lights of Hope Keeps Shining

The Pediatric Group, Auxiliary to the RHSJ Health Centre is set to officially launch their 9th annual campaign. A Family Fun Day is scheduled for Saturday, October 18 at Mikey's Fun Factory between 11 am and 2 pm. The admission is $3.00 and includes mini putt, hot dogs, drinks, and face painting. All proceeds go to the Lights of Hope. The Lights of Hope is the major fund raiser for the group and has to date raised more than $126,000 for local pediatric care. The goal this year is to raise $15,000 for much needed equipment for the children's unit at the Hotel Dieu Hospital. Anyone making a minimum donation of $2.00 gets their name into the draw to win the prize package now on display at Maynard's Your Independent Grocer. A $10 donation gets you your own light. Corporate donations are also very welcome and tax receipts are issued for donations of $10 or more. Donations can be made at Maynard's, Business Office at the Hotel Dieu Hospital or by mail to P.O. Box 94, Cornwall, K6H 5R5. The success of the campaign has been credited to the generosity of the community and support of the sponsors. The sponsors for this years campaign are: Maynard's Your Independent Grocer, Variety 104.5, Hometown 1220, Mikey's Fun Factory and the Ontario Electric League (Seaway Chapter). The group hopes to see everyone out at Mikey's Fun Factory on the 18th to help make the lights the brightest yet.

Out For A "Big" Bike Ride To Raise Funds

They were out early Saturday morning. A large group of volunteers on a very large bike, riding through town having a great time and raising a lot of money for stroke research. The staff at the Bank of Montreal organized the third annual Big Bike Ride for Stroke Research. The nine teams took part in the fundraiser this year are: Bank of Montreal (all branches); Hotel Dieu Hospital; Cornwall General Hospital; Wal-Mart; Glen Productions; Deloitte and Touche; Morbern Industries; the Cornwall Police Association; and St. Lawrence High School Interac Club.



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HALLOWE'EN COSTUME CONTEST
Saturday, October 25th at 10:30 am

PRE-REGISTRATION REQUIRED
Pick up your entry form at participating merchants October 8th - October 21st and drop off at the Administration Office Monday to Friday between 9 am and 5 pm
Open only to children 4 - 12 years of age.
Maximum of 250 entries — Enter early!



Costume Categories
• Scariest
• Funniest

cornwall square

Tasting Notes: Single-Malt Scotch Whisky

(NC)-Here's a review of two classic single-malt scotch whiskies that can make excellent gifts or add elegance to your entertaining.

Laphroaig & Glendronach

There's something alluring about single-malt scotch whiskies. It could be in the poetic descriptions on the labels, or simply in the enormous variety available. Here's a toast to two of Scotland's finer single malt whiskies - Laphroaig and Glendronach.

Produced by distilleries located many miles apart, both whiskies are considered classics. The unique taste of each testifies to the rich diversity available in single malts. The malts vary according to the source of the water used, the amount and smokiness of the peat, the type of storage casks and length of aging, and of course the personal touches of the distillers themselves.

Laphroaig (pronounced "lafroyg") comes from the Isles of Islay, off the west coast of Scotland, while Glendronach is distilled in the east in a region known as Speyside.

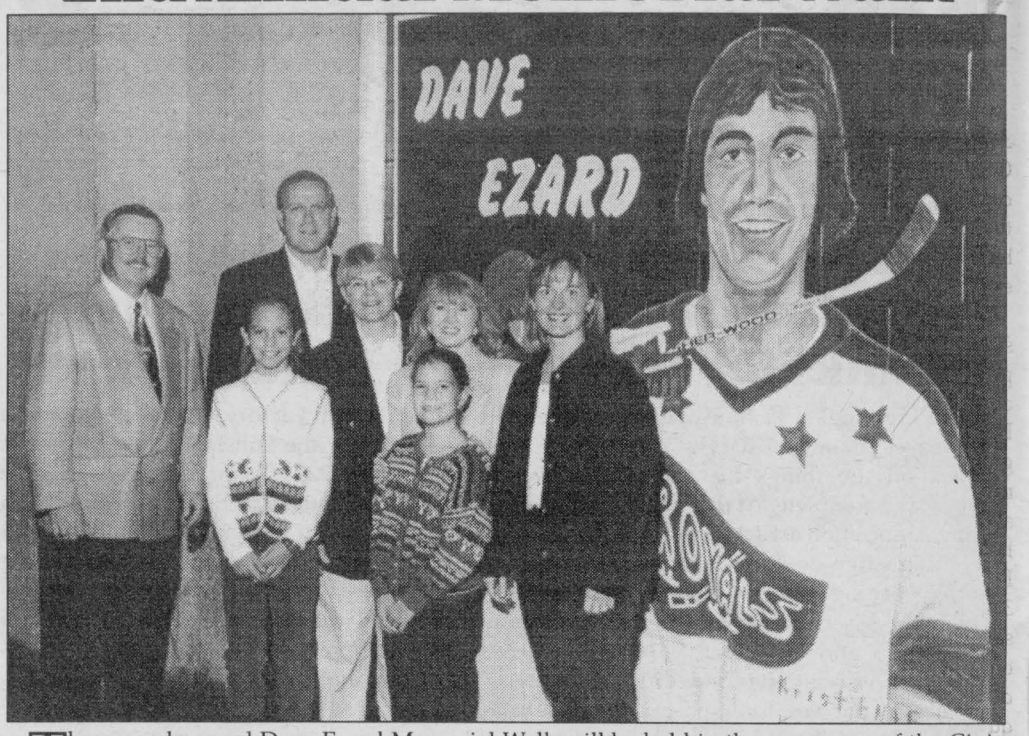
Laphroaig enjoys worldwide acclaim and is known as the definitive Islay malt whisky to which all malt appreciators eventually graduate. It epitomizes the taste of Islay - a rich, smoky, fully-peated flavour. But it's the light touches of salt and iodine - there's a hint of seaweed in the bottle-that impart the aromas that make this scotch unique.

In contrast to Laphroaig with its smoky, peaty, seaside strength, Glendronach is an elegant scotch of a more subtle nature. It's rich red-gold colour delights the eye and presents a perfect balance to the palate. Very rich and complex, with an initial burst of sherry, Glendronach is malty and lightly peated with hints of lingering oak and smoke flavours. These velvety nuances in flavour simply add to its sensory pleasure.

Each scotch has its devotees. While some swear by Laphroaig and the other Islay single malts, others appreciate the more rounded, elegant and easily approachable Glendronach and its kin.

Regardless of which you prefer, both offer fine examples of the best in Scottish whisky.

2nd Annual Memorial Walk



The second annual Dave Ezard Memorial Walk will be held in the concourse of the Civic Complex on Sunday, March 15th, 1998. This popular indoor walk in memory of the ex-Royals defenceman raises funds for liver disease research.

Pictured above are Paul and Mary Connolly, co-chairpersons of the walk; Bob Kilger, MP and his wife Bernice, patrons of the walk; Mary Baril with children Kayla and Kristen Ezard.

(photo by Aubrey Johnson)

Colour Your World, Profitably

by Evan Wood

(NC)-We live in a colorful world. Color attracts our attention, engages, and elicits a response. It is for these reasons that businesses today are incorporating color into their business documents and presentations.

The use of color is critical to a home-based business-especially those that market creativity-because its effective use can separate a profitable business from one that merely survives. Color is the new standard in business communications, changing the way people and companies exchange information.

But if you're not a color expert, how do you choose the best color tools and then how do you use color effectively, so that documents look professional rather than garish?

Today's small business computing tools make color use easy. Most business software comes with built-in clipart and color capabilities. More compelling, however, are today's low-cost color scanners, printers and all-in-one devices that provide you with the ability to bring original images into your work, incorporate them into your documents and print them out in vibrant full-color.

Scanners let you add images to your work with the push of a button or a few mouse clicks. The HP ScanJet 5p color flatbed scanner is as easy to use as a photocopier; one touch of the start button and the scanning process is launched. Scan in a client's logo, a colorful graphic, or a photograph, then drop the scanned image where you need it in a proposal, a presentation or even your own web site.

While scanning gets color into your documents, a color printer gets the document out of your PC. Photo-realistic-quality color inkjets are available today for as little as $400, compared to a $600 laser printer. Excelling at printing photographs, inkjet printers also offer sharp black text output when you're simply printing out a letter.

All HP DeskJet color printers come with HP ColorSmart, software that senses the document being printed, then automatically adjusts color density, saturation and hue so that your work looks its best every time.

Color all-in-one products handle color printing and scanning, but they also provide color copying, which eliminates the need to visit the copy shop when you need color copies. Color all-in-one products, like the OfficeJet Pro 1150C, are document productivity stations, and give home business owners all the color tools they need in one space-saving unit.

Clearly, color is a vital communications tool for home businesses. When used correctly, you will be able to communicate your ideas to clients more effectively, and ultimately, attract more business.

Evan Wood is the small business product manager at Hewlett-Packard (Canada) Ltd. For more information about HP products, call 1-800-387-3867 or visit HP's Small Business/Small Office web site at http://www.hp.com

CANCER RESEARCH

Mother's Nutrition Affects Newborns Risk of Cancer

(NC)—The Cancer Research Society has awarded a research grant to Dr. John Heddle of York University. He is studying the effects of prenatal and maternal nutrition as it relates to the future risk of the infant to develop cancer after birth. This is just one of seventy grants that are currently providing new discoveries through the funding of The Cancer Research Society.

Eighty cents of every dollar received goes directly to research on cancer. Please help Dr. Heddle and the hundreds of other researchers who have dedicated their lives to finding the answer to this dreadful disease.

Please send your tax-deductible donation to:
The Cancer Research Society Inc.
200 Isabella St., Suite 305, Ottawa, Ontario K1S 1V7
e-mail: crs@cam.org

The Lunch Beverage Quiz

What beverages are best for your child at lunch?

Answer True or False to the following statements:

1. White milk, chocolate milk and real fruit juices are all nutrient-rich lunch time beverages.
❑ T ❑ F

2. Chocolate milk has all the benefits of white milk and no more sugar than fruit juice.
❑ T ❑ F

3. Colas and other soft drinks are made with sugar and water and offer minimal nutrition.
❑ T ❑ F

4. Milk's 15 nutrients essential for good health can't be matched by any other beverage.
❑ T ❑ F

5. Milk is an excellent way to replenish your child's energy after sports.
❑ T ❑ F

Answers: They're all true! An enriched lunch means an enriched education, and nothing enriches nutrition more than milk. Your school can be part of the Elementary School Milk Program. Call Dairy Farmers of Ontario at 1-888-730-MILK for details - and then ask your school how you can purchase milk for your child's lunch.

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Youth Service Canada Update



Pictured above are Tonie Wheeler; Coordinators Jane Dennison, Denis St-Jean and Kristi Masson.

September was an eventful month for Youth Service Canada and Cornwall. Not only did Y.S.C. complete the tree pruning in the Finch recreational trails, but participated in several events throughout the month.

Tonie Wheeler, along with several other participants, planned, organized and operated a booth at the 1997 Fall Home & Trade Show with great success. No prize winning this year but there's always next year. Tonie also hosts the Y.S.C. Trivia Program on Variety 104.5 at 3:40 p.m. every Monday and says the program is catching on and there's always students eager to respond to the questions.

The Hazardous Waste Depot, held on September 27th, did not go unnoticed to Y.S.C. Yes, they were there too, helping out Partir d'un Bon Pas, and the City of Cornwall do its job.

Several of Y.S.C. participants were preparing their Mentoring Program in some of the public and separate schools. They will get the students involved by demonstrating in very interesting ways what they have learned over the last few months. They will begin in the month of October says Michelle Verchey, Y.S.C. participant, who would also like to thank the individuals such as Ken Sawka who helped her develop an activity pamphlet for the students. The activity pamphlet accompanies the new Discover Cornwall pamphlet that Y.S.C. developed.

Todd Ridell and Julie Flaro are continuously assisting Dr. Brian Hickey in his research on bats and frogs, but also assisted in the preparation of the underwater telecast on September 17th. Students in their classrooms were able to ask scuba divers questions about conditions of the St. Lawrence River.

You will be able to catch Y.S.C. in the upcoming Santa Claus Parade in November and again at the Hazardous Waste Depot in October.

Y.S.C. is also organizing an appreciation day for all the partners who have assisted throughout the program.

Stay Safe on Halloween



(NC)-After Christmas, Halloween is probably the next most exciting time of the year for children. Stay Alert...Stay Safe® would like to remind parents and kids to turn up their radar and heed the words of Bert and Gert, the Alert Twins, to always "stay alert and stay safe".

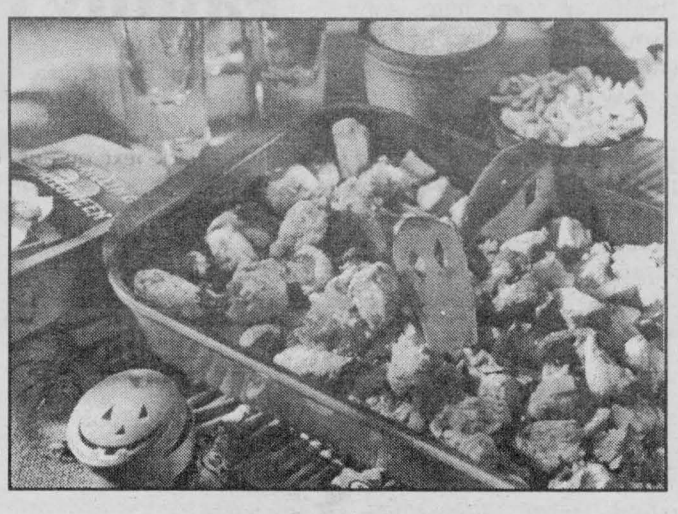
Here are some important safety tips from Stay Alert...Stay Safe, the national street-proofing organization founded in 1987 and funded through the Canadian Tire Child Protection Foundation. Parents and kids should discuss these tips to ensure a safe and happy adventure on Halloween night.

- Wear make-up instead of a mask so you can see properly.
- Go trick or treating with family or friends. Let people know your route.
- An adult should check the treats you collect before you eat them.
- Walk-don't run and look all ways before crossing the street-trick or treat on one side of the street, then the other side.
- Only go to homes with their lights on.
- Don't go anywhere with a stranger.
- If someone invites you alone into a house say "NO THANKS".
- A flashlight will help light your way.
- You'll walk more easily in a short costume.
- Do you know where the Block Parent homes are in your area? Check before going out to trick or treat.



Make sure the Stay Alert ...Stay Safe program is part of your child's school curriculum. For more information or your free streetproofing booklet call SASS at 1-800-301-SASS or call the Canadian Tire Child Protection Foundation at 1-800-748-8903.

Quick & Easy Hallowe'en Curry





1 tbsp. vegetable oil
6 boneless chicken breasts cut into bite-sized pieces
1 small onion, chopped
2 tsp. minced ginger
2 garlic cloves, minced
1 tsp. each ground cumin and turmeric
1/2 tsp. salt
1/4 tsp. each ground cardamon, ground cloves and cinnamon
1-1/2 cups well drained, chopped, canned plum tomatoes
1-1/2 tsp. Tabasco brand pepper sauce
1/4 cup plain yogurt
2 tbsp. finely chopped coriander
cooked rice

Toppings: toasted slivered almonds, toasted flaked coconut or currants (optional)

Heat oil in a large frying pan over medium/high heat. Add chicken, onion, ginger, garlic, spices and salt. Cook, stirring frequently until chicken is no longer pink. Stir in tomatoes and Tabasco pepper sauce. Crush tomatoes with the back of the spoon. Cover, simmer gently 10 minutes, stirring occasionally until the chicken is cooked through and flavours blended. Remove from heat. Gradually whisk in yogurt and coriander. Serve over rice, sprinkled with almonds, coconut or currants if you wish. Curry can be prepared the night before. Stir in yogurt and coriander just before serving.

Serves 6 to 8.

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More Flexibility for Registered Educational Savings Plans

Changes in the 1997 Federal Budget make it more attractive to invest in Registered Educational Savings Plans (RESPs) — but only for some people.

"It all depends on your tax situation," says Karen Slezak, CA, a senior manager with Deloitte & Touche in Toronto. Before you invest in one of these plans, she advises, ask your chartered accountant about the various types of plans available, their terms and how these terms may affect your particular situation.

RESPs are tax-sheltered plans that can help you accumulate funds to pay for your children's (or grandchildren's) post-secondary education. Under these plans, parents or grandparents can contribute a certain amount of money each year per child. Although these contributions are not tax deductible, any income earned on the contributions is accumulated tax free within the plan. Then, when the child attends college or university full time, income can be distributed from the plan to finance all reasonable education costs. The child will pay tax on this income only if it, plus any other income the child receives in any one year, isn't offset by the various tax credits the child is entitled to. Even then, any income will likely be taxed at a much lower rate than if it had been attributed to the parents.

According to Gary Teague, CA, a principal in the Toronto office of Coopers & Lybrand, the 1997 Federal Budget increased the maximum annual RESP contribution to $4,000 from $2,000, although the overall total contribution per beneficiary remains capped at $42,000. "Parents with sufficient funds will now be able to contribute $4,000 a year when their child is young, thereby enhancing the tax deferral opportunity, as greater amounts of income can accumulate within the plan prior to the child attending college or university. Parents who don't have the funds in the early years are allowed to catch up in later years by making higher contributions."

Slezak explains that another change the budget made is to allow contributors to recover the accumulated income in the plan if all intended beneficiaries are not pursuing higher education by the time they turn 21 and the plan has been running at least 10 years. Previously, they would get back their original contributions only.

"If you find yourself in this situation and you have unused RRSP deduction room, you can now transfer up to $40,000 of the accumulated RESP income to your RRSP without penalty." Unfortunately, if you've used up your RRSP room, you'll have to pay tax on any transferred RESP income. Furthermore, you'll have to pay a special 20% tax on it. "In total, you could pay out more than 70% in taxes on the accumulated income, a hefty amount for those in the top tax bracket," she warns.

On the other hand, adds Teague, the ability to transfer the accumulated income or to receive it personally, "at least alleviates the previous problem that, if the intended beneficiary didn't use the money for post-secondary education, the income was forfeited to other post-secondary students or an educational institution."

For the average parent, say Slezak and Teague, "the changes are beneficial but not overly advantageous." Although RESPs are becoming more flexible in many respects, they stress it's best to seek sound professional advice before committing your money "because you can never be sure what the future will bring for your children."

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$ FINANCIAL MATTERS $

Take a "Talk It Out" Approach to Family Finances

(NC)-Think how often you've heard a parent try to head off a problem between quarreling kids by saying, "You have to talk about it and work it out." Two outcomes generally result: Either the kids continue to fume, don't talk and won't play together, or solve their differences and get along famously.

It seems adult should take the "talk it through" page from their own parenting books when it comes to resolving some of their own issues. Though paying for a child's post-secondary education is a top priority among Canadian parents, only six per cent of parents in a 1997 Trimark/Environics survey had begun to contribute toward those costs.

Research suggests help with those expenses could often be just a conservation away. A 1996 Trimark/Angus Reid poll found that 65 per cent of respondents would likely contribute to a grandchild's education. Yet in the 1997 Trimark/Environics survey of parents age 35 to 55, 99 per cent of the respondents hadn't talk to their parents or in-laws about contributing to a grandchild's education plan.

The survey results don't surprise Toronto family therapist Rhonda Katz: "Baby boom generation kids were raised to be independent, to go out and fend for themselves, get a good job. The idea of asking for help from parents goes against their notion of what independence should be about. And though parents' natural inclination is to help their kids, they are often reluctant to raise that willingness. They're afraid of being controlling or interfering."

Trimark has prepared a free new booklet that can help encourage talking about money and finances across the generations as a means of planning for and solving financial needs. With input from a panel of psychologists and money behavior specialists, including Katz, the You and Your Family...Talking About Money booklet prompts self-awareness of spending, saving and investing behavior. It's an excellent accompaniment to Trimark's Legacy for Learning program, which outlines how to help make post-secondary education cost less burdensome.

To receive a free copy of the You and Your Family...Talking About Money booklet or details on the Legacy for Learning program, contact your financial adviser or call Trimark at 1-800-465-3399.

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On the Money
with Gordon Pape

PAPE'S TIP: *"Get cash for your old Canada Savings Bonds by contributing them to an RRSP."*

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- **Rate guarantees.** Last year's CSB issue offered a new innovation: escalating 10-year guaranteed minimum rates. If it's repeated this year, it will be a big attraction for RRSP investors.
- **Future protection.** If interest rates rise in the future, Ottawa is likely to adjust the CSB rate accordingly to prevent mass redemptions.

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How to get cash for old compound-interest bonds without selling them:

Step 1: Open a government-sponsored CSB-RRSP. You can get an application form from your financial institution.
Step 2: You'll receive an RRSP contribution statement for the face value of your bonds, plus accrued interest to date.
Step 3: Claim the deduction when you file your 1997 tax return next April.

You've accomplished two goals: Turned part of your CSB investment into immediate cash and tax-sheltered your future interest earnings.

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For more information on investing and personal finance, visit the Gordon Pape web site at http://www.gordonpape.com. For specific advice, consult an appropriate financial professional.

LOOKING BACKWARD



By Stuart L. Manson

Honey Thievery in Dundas

Nineteenth Century soldiers are well-known for their thirst for spirituous liquors. But for the American army that invaded this part of Upper Canada in the autumn of 1813, it was not the intoxicating effect of alcohol that was craved. The enlisted men of the yankee regiments were more aroused by sweet taste of honey, and stopped at nothing to acquire it en masse.

While marching down the north shore of the front of SD&G, the unwelcome visitors took part in the general sort of pillage and plundering that one might expect from an army of the era. They ripped up fences for camp fires, helped themselves to supplies and raided storage areas that contained the fruits of the recent harvest. On a personal note, when they reached Cornwall Township they stole or destroyed all kinds of material, food and even a "new English rifle" from Hector Manson, my great-great-great-great grandfather.

But in Dundas, more specifically in the townships of Matilda and Williamsburg, it was a perverse interest in honey that gripped their attention. When they looted farms where beehives were kept, they usually devoured all that their stomachs could hold, and then some. It was said that the honey had such an effect on them that they "staggered like drunken men."

Historian James Croil, with questionable objectivity, noted in 1860 that some of the American troops were so inebriated with honey that when they later fought at the Battle of Crysler's Farm, their performance was less than soldierly. Croil added that those that fell during the battle were even more indecent, "their bloated corpses presenting a disgusting aspect, as the honey with which they were gorged oozed from their mouths, their noses, and even from their ears."

The Americans were not satisfied with eating their pilfered honey in situ. Whole beehives were carried off to be enjoyed later on in the campaign. One lady from Dundas, after first being robbed by the invaders of a box of "trinkets and money" discovered that one of her beehives was missing. She demanded that the commanding officer find it and a general search was carried out.

Each boat was combed for the stolen property. Eventually the absent hive was found in the possession of one of the soldiers, concealed in a blanket with the honey and the bees still inside! Instead of being flogged for his crime (which was the standard consequence), the Colonel of his regiment thought of a more appropriate and creative punishment. The soldier was instructed to remove the blanket and return the hive to its original spot.

The bumbling recruit did as he was told - he raised the beehive to his shoulders and ran as fast as he could to perform the duty. In the words of an American officer who was present, the bees "attacked the first flesh and blood to be met with, which was that of the robber's face and hands... the punctures he received from the angry swarm were about as numerous as the pores in that part of his skin which was exposed to their stings."

The American army then left our shores, never to return, leaving generations of Dundas honey for the lawful consumption of its own residents. If our neighbours to the south again feel the urge to dip into the golden stuff, I am sure the honey producers of Dundas would be willing to provide them with as much as they require. For a price, of course.

~ ENERGY FACTS ~

(NC) - For hundreds of years, uranium was used only to colour glass and pottery. In fact, it was only in 1939 that two scientists discovered that the process of fission in uranium creates energy. With the help of others they found a way to free the energy. The heat resulting from fission is used to boil water and create steam which drives turbines to produce electricity.

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Ontario Hiking Day



Ontario Hiking Day falls on the first Sunday of October every year. Organized by Hike Ontario, the objectives are to introduce people to the activity of walking and hiking and to the health benefits associated with these activities. This year, the Raisin Region Conservation Authority held a nature walk at Gray's Creek led by biologist Dr. Brian Hickey.

Pictured above are Jacques Legault, Roger Houde, Andy Code, Josianne Agh of the Raisin Region Conservation Authority, with biologist Dr. Brian Hickey.

(photo by Aubrey Johnson)



Opinion

SEAWAY NEWS
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Tough Talk With Quebec Necessary; Cooper Marsh Saved

Regular readers of this column will recall that I have written more than a few pieces on the approach that should be taken towards separatists in Quebec. I've always been of the opinion that "tough love" was what we needed, not the constant, craven knee-bending that had become the standard stance of so many federal politicians.

That's why my hat is off to Unity Minister Stephane Dion who is pulling no punches in his frank dialogue with the separatists.

Some have argued that such tough talk would only alienate Quebecers. In fact, that hasn't been the case. According to a poll released last week only 44 percent of Quebecers would vote for separation if a referendum were held today. In short, support for separation is sliding as is the popularity of Quebec leader Lucien Bouchard.

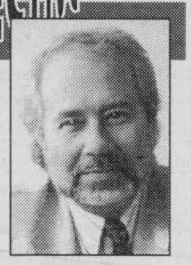
I firmly believe that support is slipping away because people like Dion are finally telling it like it is, e.g., if Quebec leaves, it can't count on using the Canadian dollar or the Canadian passport, or any Canadian social services. Most significant – if Canada is divisible, so is Quebec. The Cree who inhabit most of Northern Quebec have already held their own referendum and voted overwhelmingly to stay within Canada. Other areas, with significant Anglophone populations, have indicated they too would stay in Canada.

In other words, separation would create an unprecedented calamity – both socially and economically.

It's about time we started to talk about these real economic issues. Separation will not make Quebec any more culturally secure than it is now. It has virtually all the powers it needs under the provincial jurisdiction to administer cultural affairs. Why risk an economic catastrophe?

In my view, our federal politicians should continue to emphasize the economic arguments because the "constitutional" debate never does anything but divide us. I am disappointed that once again that the notion of "distinct society" has reared its head.

PERSPECTIVE



By Bob Roth
SEAWAY NEWS

During their recent meeting in Calgary, the premiers outside Quebec mused about whether acknowledging the "unique character" of Quebec would be a declaration sufficient to keep Quebec in Confederation.

Whether it's "distinct society" or "unique character" is hardly the point. The point is, would people actually destroy a nation over a couple of words? Have we become so spoiled and so self-indulgent that we don't realize the gift and blessing that Canada represents for all 10 provinces?

As I've professed before, every province has its uniqueness or distinctiveness. In fact, every human being is unique. What kind of an ego needs to be told he or she is more unique than others?

When will supposedly grown and educated men stop playing this childish game?

On a completely different note, I want to congratulate the St. Lawrence River Institute and the municipalities of Lancaster Village, Lancaster Township and Charlottenburgh Township for the new partnership they have created to keep the educational programs at Cooper Marsh alive. This property, owned by the Raisin Region Conservation Authority, is one of the few remaining, protected wetlands in Ontario and is a first-class educational facility. Provincial cutbacks made it difficult for the RRCA to keep up the programs – and that's when the new partnership stepped in.

Educational programs already designed and delivered by the RRCA will actually be expanded, providing young and old with some very "unique" and "distinctive" opportunities in ecological studies.

Good work and good luck.

AIDS FORUM



By Pat O'Connor
SEAWAY NEWS

Hello everybody! Some scarry news last week out of McGill University AIDS Centre. A substantial amount of people on triple drug "cocktail" to keep them alive are finding that HIV, the virus that causes AIDS, has developed a resistance to their "miracle drugs". Enthusiasm was high last year when these new anti-viral drugs called protese inhibitors were thought to be a possible cure. Now they are finding the battle has just begun once again, as this tricky virus has begun to defeat these drugs in some people.

As with any new drug, long term side effects are usually not known, and with the powerful drugs used to treat HIV infection, they have not had the proper length of lab tests to prove how long they can outsmart the virus. As I am on the triple drug "cocktail", this came as quite a shock to me.

Potese Inhibitors taken with other Anti-Viral drugs have the power to block replication of HIV, therefore lowering the amount of HIV in one's body to nearly undetectable levels. There are new grounds to expand HIV testing so that a person will know which drug is resistant to the virus.

In some people the drugs have not worked as multi-drug therapy's are not for everyone. Some cannot tolerate the often severe side effects of these cocktails and some cannot maintain a gruelling schedule of pill taking, that can seriously erode a person's quality of life. You must take these pills on time, day after day. One dosage missed, can trigger the virus to adapt.

My combination therapy includes about 20-25 pills daily. It seems all day long I'm taking pills at different time intervals. The pill taking is relentless and there is no taking a "day off". Each day I fill my pockets with pills and go about my day. There have been days when I have to run home from town to just take my pills.

The side effects are a lot less severe for me now, though fatigue is still a major hurdle each day.

Any questions or comments are welcome at AIDS Forum. You can write me, care of Seaway News. Be well everyone.

P.S. It's flu season and if you have a weak immune system, check with your doctor about a flu shot!

Pat is a local resident living with HIV. You may send in questions to Aids Forum here at the Seaway News address. Pat also does public speaking at no charge to any interested groups and can be reached through this newspaper or at his home.

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SEAWAY NEWS LETTERS TO THE EDITOR

Do You Believe in Unqualified Teachers?

Dear Editor:

Would you send your child to an unqualified doctor? "Of course not," you say, "there is no such thing as an unqualified doctor." Doctors have to go to school for years and pass tests in order to become qualified.

Why would you send your child to an unqualified person in the classroom? Notice the use of the word "person". There are no unqualified teachers, just as there as no unqualified doctors.

Every qualified teacher that has come into the system since the 70's is required to have a four-year honours degree and further year of university study. Teachers who came in before that had one year of study in Teachers' College, but were always told that it would be a good idea to get more qualifications.

It took me 14 years to get my degree. My family watched me as I tried to be a wife, mother, teacher and student at the same time. Since then, I have taken more courses and am now a Computers in Education specialist, as well as a specialist in Religious Education. I also have a Science course and have attended many professional development seminars in order to keep current.

John Snobelen can take all that away if Bill 160 passes. He can replace me with an unqualified person, or he can reclassify me if he wishes, so that I am no longer a teacher.

If John Snobelen thinks that I worked all those years in order to have him take it away, he'd better think again.

Yours sincerely,
Ariane Carriere,
President, S.D. & G.
OECTA

"Snowball"in - Don't Trust Him!

Dear Editor:

Education Minister John Snobelen and his "bud" Mike Harris are doing it again - misleading the public. He and other irresponsible media personnel would like you to think that teachers are whining again about the length of the school year and day and salaries. WRONG! This is not a collective agreement battle so money has nothing to do with it. Teachers are fighting Bill 160 because it is about to become law - a law that would give the government total control and unprescidented power over the education system. Here are some issues this 200+ page bill is hiding which are not publicized.

1. Non-teachers: can anyone teach? Maybe, but that's not the issue. Should they be trained? Well let's look at other jobs. A journalist needs special schooling even though anyone can write a story. A hairstylist must receive special training even though anyone can cut hair. A homecare worker must obtain certain qualifications even though anyone can take care of an elderly person. Even the minor hockey association is moving towards only using certified coaches even though anyone can coach. So, why is it so hard to understand that a teacher of our youth should receive special schooling and be certified? Isn't it ironic that governments for decades have required teachers to have university and teaching degrees but suddenly says that it's okay to be unqualified now?

2. Prep-time: I'm tired of trying to defend my prep time by saying that I plan classes, plan other events, mark, work cooperatively with other teachers on courses, individualize programs, complete other administrative work, call parents, etc. So let's look at other jobs. Should a firefighter be paid even when they are not fighting a fire? Should a sales clerk be paid even when they are not serving customers? Should a bartender be paid when no one is in the bar? Should a journalist be paid when they are travelling to or waiting for a story? The answer is of course! Part of these jobs require stocking shelves, taking inventory, paperwork, inspecting equipment, travel time, etc. It allows them to work more efficiently. So does my prep time. There are other aspects of my job. But the government would like you to believe that this is a "perk" and hopes to cut up to 10,000+ teaching jobs by reducing it.

3. Class size - They tell you that class sizes average 15 students. Ask any of your children right now how many classes of 15 they have ever had! Reality is that most classes range from 30 - 40. They say that they want to limit class sizes. So do the teachers! But they won't say what that limit will be. Do you trust their "formulas?"

This government wanted to create a crisis in education. They tell you that we are lagging behind other places like Korea. How were these tests done? Who wrote them? Who made them up? (by the way John, Korea is a country and Ontario is a province with a very different culture and societal norms. Make your comparisons relevant!). This government also says that teachers are professionals then says that we are not capable of running the education system! They have "back to basic" programs (which are nothing new!) but do not provide the resources to execute them. They say that they want to improve education but want to remove $2 - 3 billion. This is a government who said that they wouldn't touch the classroom (they also said they wouldn't touch health care). Bill 160 is about attacking teachers to pay for their promised tax br ak. So before you go "bashing" teachers, learn the issues around Bill 160. We are fighting for our students and your children. By the way, did you enjoy (or notice) your last break?

Bruce Ciccarelli,
Cornwall.

More Liberal Party Lies

Just when you think an ounce of common sense might have filtered through to the brains of those Liberals running the Federal government in Ottawa, you are amazed once again by their strange antics.

The latest case in point: the Defence Department is embarking on a plan to buy new helicopters for the Canadian navy, equipment that is sorely needed for those in charge of the country's huge coastline.

But this is not the problem. What is so galling is that the expenditure is going ahead about four years after those same Liberals assailed the previous Conservative government for its decision to buy almost a similar type of helicopter, vetoed the project after they got into office, and cost the Canadian taxpayer about $480 million in cancellation fees for their silly election promises.

That's right. $480 million. And now they're going to resurrect the entire exercise once again.

It is becoming increasingly clear that this Liberal government - the worst in almost three-quarters of a century - is about to break another of its promises. This has become a regular pattern for these people. They have left behind a field of broken promises, starting with their promise to cancel the GST, get rid of NAFTA, institute childcare reform and so forth.

Why aren't people rising up in revolt over such antics? Pure and simple, they are nothing but Liberal Party lies.

Not much, I suppose, can be expected from a party led by Jean Chretien, a man who has no vision, no ideas and not a clue as to where he wants to take the country. All he seeks is power for power's sake.

The next folly that the government will commit will come from what it does on deficit reduction. Just watch.

While the deficit may be actually tamed this year - and for that you can thank only one person, Paul Martin, and not the

MEANWHILE...

Fred Sagel



rest of this motley crew - the Liberals will probably use the money as an excuse to fund more of their pet projects instead of exercising fiscal responsibility and cutting taxes.

The thought that they might follow the ideas of the Reform Party, which does have fresh thoughts and ideas, is an anathema to these folks. Reform wants the government to cut the payroll tax premiums in the Employment Insurance fund and to lower income taxes generally.

The Liberals have said that they will put half of any budget surplus toward new program spending, sending out a clear signal that they once again intend to open the nation's wallet and start spending. Reform says no.

Reform wants program spending reduced to $94 billion by 1999 from its current $104 billion. To prevent a return to imprudent spending policies, it wants to make balanced budgets mandatory, except in the case of national emergencies. But the Liberals nix that one too.

Reform's discussion paper on fiscal economic policy directions released a few weeks ago is an entirely sensible document. It notes that the last time the federal government was in surplus was way back in fiscal 1969-70. But the Trudeau Liberals frittered that away by increased spending, which led to budget deficits - 27 since then - and a crushing national debt that is now around $600 billion or $20,000 for every man, woman and child in the country.

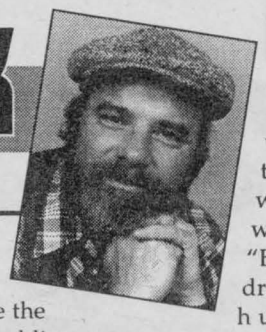
This has also resulted in steadily increased taxes at just about every level - personal and corporate.

Reform says that while the average income of Canadians rose by 822% between 1961 and 1996, their average tax bill increase 1,168%. That is why it so strongly wants to reduce personal taxes, which would spur investment and growth.

But will the Liberals listen? Of course not. After all, these are the folks who lied about the GST, the NAFTA, and Pearson airport deal and now the helicopters. Don't Canadians get it?

With Liberals in charge of the country for most of the last 100 years, it is no wonder that the 20th century never belonged to Canada.

BASIC BLACK



By Arthur Black
SEAWAY NEWS

Anything that can go wrong, will

Murphy's Law, right? Wrong. Everybody *thinks* that's Murphy's Law but it isn't. It's Finagle's Law. Murphy's Law, first promulgated by a U.S. Air Force engineer in 1949, states "If there are two or more ways of doing something, and one of those ways can result in a catastrophe, then someone will do it."

The fact that Finagle's Law has been swallowed up and re-christened Murphy's Law is a priceless demonstration of Murphy's Law in action.

The original Murphy's Law has spawned a litter of mongrel offspring. There's Murphy's Corollary, which states "Left to themselves, things tend to go from bad to worse."

And Murphy's Constant: "Matter will be damaged in direct proportion to its value."

Not to forget the Quantized Revision of Murphy's Law: "Everything will go wrong all at once."

Well, I hate to make the Murphy waters any muddier, but I'm here to tell you that there was a Canadian Murphy's Law long before the U.S. Air Force version. And our version was a helluva lot more powerful. As a matter of fact, thanks to our Murphy's Law, thousands of people in Canada have criminal records they otherwise wouldn't have.

And they owe it all to Emily F. Murphy of Edmonton, Alberta.

Back in the 1920's, Mrs. Murphy was a juvenile court judge and a scribbler of sorts, penning several articles for Macleans Magazine.

She was also an idiot, a flaming racist and a zealot slightly to the right of Attila the Hun.

Emily Murphy's pet bugaboo was the demon drug, marijuana. She wrote about it under the pen name Janey Canuck. Some of her pearls of wisdom included the observation that marijuana users were "non-white and non-Christian, wanting only to seduce white women."

"Behind these dregs of humanity" thundered Mrs. Murphy, "is an international conspiracy of yellow and black drug pushers whose ultimate goal is the domination of the bright-browed races of the world."

Guess which side of the hash pipe Mrs. Murphy lined up on.

The scary thing about Mrs. Murphy (aside from the fact that she somehow managed to infiltrate the top floor of the Canadian justice system) is that nobody dismissed her for the raving lunatic she was. On the contrary, Macleans magazine published her frothings. She got a publishing contract and put out a book about marijuana.

And because of Mrs. Murphy, marijuana got demonized. A relatively harmless barnyard weed metamorphosed into the Demon Drug. A fiendish fix which, Mrs. Murphy assured her readers "has the effect of driving (smokers) completely insane. The addicts lose all sense of moral responsibility and are immune to pain...become raving maniacs, liable to kill or indulge in any form of violence using the most savage cruelty."

A gullible Canadian public — and government — bought every word. Mrs. Murphy's incendiary ravings were the only reason marijuana was ever made illegal in Canada.

"A decision was made without any scientific basis, nor even any real sense of social urgency, placing cannabis on the same basis as the opiate narcotics, and it has remained so to this day."

My words? Nope. That's a quote from Justice Gerald LeDain's Royal Commission report of 1972.

Let me leave you with another quote. This one comes from Charlie Mackenzie, retired but not forgotten leader of the regrettably dormant Canadian Rhino Party and the chap from whom I poached the story of Emily Murphy. Charlie sez we should look at it this way:

"In 1923, marijuana smoking was relatively unknown in Canada...no one outside of a few jazz musicians used it to get stoned. Today, according to the RCMP, 5 million Canadians use it daily for no other purpose. "If no one smoked it in 1923 when it was legal, and 5 million smoke it today when it's not, something's gone wrong. Ergo, Murphy's Law."

Now that just breaks me up — but somehow I don't think Mrs. Murphy would be amused.

Bilingualism Is Meant To Unite

Dear Editor:

Awful, awful, awful in Ontario a predominant English province, children in Elementary School in Williamstown are not allowed to speak English even at recess.

A ruling made by a cyclop mentality or a bully in the schoolyard.

Bilingualism is responsible because the emphasis is based on two languages, namely in Canada between French and English. A narrow concept. Linguilistic fluency involves more than two languages.

Bill 101 in Quebec rejects bilingualism, unilingualism is the result - Quebec French at any cost.

Bilingualism, meant to unite, has produced separation. The English voice in Canada faces no threat from Quebec French, however, legislation of School boards are intimidating our school children with Quebec French instructions. Recently in Lancaster, only francophones were allowed on the School Board.

Compliments are not in order to Michel Pilon in his reply to my letter a short time ago. He should resign.

Awful, awful, awful to intimidate children and adults using bilingualism of Quebec French origin in Ontario. Variations of language enforcement in employment is used to the disadvantage of anglo-Ontarions. Stop this now.

P.V. Nathan
Cornwall, Ont.

National Debt

Dear Editor:

Why is it when we are supposed to be getting our national deficit down, the government is trying to convince us we need submarines that are kind of obsolete. The submarines cost us a billion dollars.

Canada already bought hundreds of rubber-tired armoured tanks which are already in mothballs, but they ordered hundreds more!

The huge National companies are tripling their huge profits.

Canada must borrow all this money and pay interest, because we don't have the money even to cut our grass or maintain roads!

Let's get the national debt going down first.

Peter J. Van Leishout.

Letters to Editor During Elections

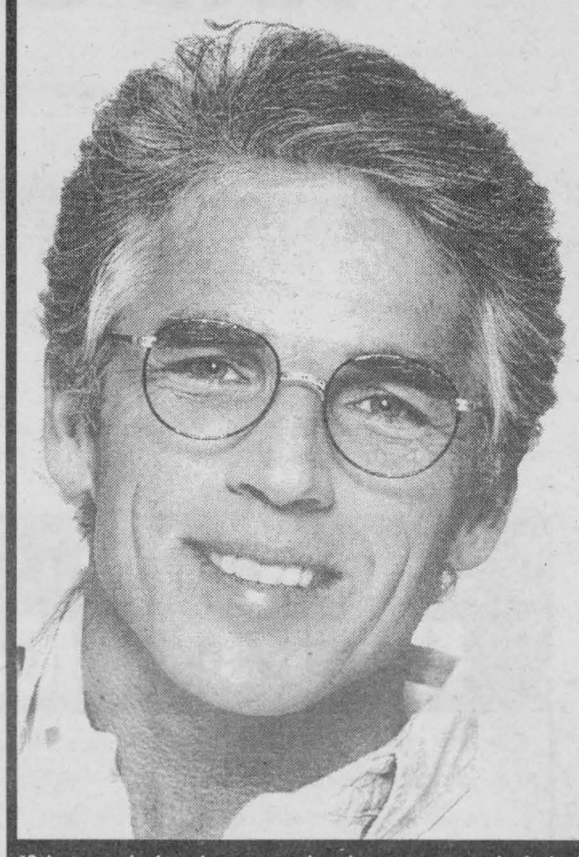
The policy of this newspaper is to not publish letters to the editor from political candidates during an election period. An election period is defined as nomination day until election day.

The Publisher

The views expressed by columnists and/or letters to the editor are not necessarily the views of this newspaper or its publishers.

To ensure publication, submissions should be no longer than 350 words and include a title.

*3 FOR 1
EYEWEAR



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KALEIDOSCOPE

By H.B. Kanters
SEAWAY NEWS

Babies Are Beautiful

There's a wonderful game I play with myself whenever I'm in a shopping centre or grocery store. I look around for someone with a baby and then find a way to say something nice to the person carrying that baby. Usually it's a young mother, and usually she is delighted to start up a conversation about her baby. There is a real shortage of babies in Canada - anyone waiting to adopt knows this, and hundreds of Canadians arrange for adoption from countries around the world every year.

Noticing babies wherever I go tells me that in contrast to all the problems thrown at us on TV and other media, the world is still right on track. Babies are proof that God still believes in people.

One of my first comments to whoever is holding the baby I have picked out is to guess its age. This is easy to learn because although each baby is unique, all babies follow a specific sequence of steps in their first year developmental patterns. Once you know the major signs to look for, you rarely miss - and the mother, father, grandparent or older sibling is so pleased to tell you more.

Here are the highlights of a baby's growth patterns during its first year of life:

FIRST THREE MONTHS

The size of the baby will automatically tell you whether or not it's under three months, and the type of carrier being used may be a good second clue. How actively the baby is looking around will tell you how close to reaching three months this particular little human is. If Baby is sleeping, just say something nice to the mother and look for another baby.

AT 3 AND 4 MONTHS

Most babies discover their hands at three months and lift their heads at four, so look for these obvious signs. When relaxed, they tend to babble and play with their hands, using their fingers as a fascinating toy. When you speak to them in a soft voice, they will focus their eyes directly on your face, for they now react positively to strangers as long as mommy is holding them. This very noticeable interest in another, strange human face is very brief at first, it lengthens as baby moves through month four, and it always depends on the baby's emotional state at the moment. Scientists tell us that genetically initiated pattern-recognition is going on inside the baby's brain and that is why they soon learn to recognize the important people in their lives on sight.

AT 5 and 6 MONTHS

This is the cute stage we notice in all babies because after all these months of being the centre of attention, baby has been thoroughly socialized. When relaxed, babies now seek active participation, they babble and coo in response to you. If baby is holding a rattle or bottle and waving it around, you can be certain he or she is at least six months old. Before that, all babies will reach for objects, but holding and waving is more advanced. Most babies will now sit with good support and for longer and longer periods of time, as they go through this cute stage.

Most babies will start drinking from a cup at seven months (at home), and they all start to deliberately drop objects and wait for you to pick it up so they can do it again. Throwing things a little distance away is the next wonderful thing babies discover all on their own.

At eight months most healthy babies learn to sit without support and some have really good sitting coordination and will play with their hands or a toy for increasingly longer periods of time. When you hand an eight month old child an object and she takes it, looks at it and then transfers it to the other hand in a very deliberate manner, then you know you've got a really smart little person to deal with. This is also the time when a small, soft toy starts turning into a favourite and baby won't go to sleep without holding on to it.

NINE MONTHS AND UP

At nine months all babies babble a great deal and begin to say certain syllables over and over. This is the beginning of language, and all babies, all over the world, no matter what language the parents speak, make the same babbling sounds and syllables at nine months. However, after only a few weeks of this, each baby begins to imitate only the sounds heard in the language of its environment. Most babies try to stand by themselves at nine months also.

At ten months babies creep and crawl easily, and special safety precautions must be taken. They will also start to feed themselves with a spoon if given the chance - making a mess of it is part of the learning process.

At eleven months some babies walk easily, some smile at you and wait to be carried around. All babies walk when their spine and legs are ready to carry them upright, and it is foolish to turn this accomplishment into competition. By this time babies have formed a very strong attachment to their parents, and unless truly necessary they should not be left in the care of strangers very often. Our society dictates what individual parents do, but the truth about what babies really need hasn't changed in thousands of years.

All cultures on earth celebrate a child's first birthday in recognition of the wonder that has actually taken place in such a short time. All children now love to hear music and react to it physically. They like to meet people, as long as mother or father is there, and most show a real sense of humour. They also experience fear, anger and frustration, and loneliness, just as adults do, although they may demonstrate it differently. Most importantly, however, one year old children will exhibit a great sense of joy in being alive if we have done our job reasonably well.

As pointed out in the beginning, Canada has an alarmingly low birth rate. If we really believe that children are our most valuable resource, then we should practice what we preach, both individually and as a society.

Most of us feel powerless over the existing economic hardships that face many young parents today. At times we tend to criticize carelessly and without giving thought to the fact that the world really has changed - things really are very different for young families today.

However, we also have a choice every single day: we can choose to bring sunshine into someone else's life, and that is the idea behind this 'Guess the baby's age' game I play in the shopping malls. All it takes is thirty seconds here and there. Try it and watch the magic it brings to your day.

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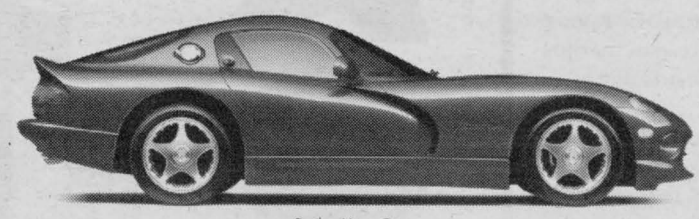

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Campaign Office Opens



Phil Poirier, running on a nine-point economic renewal platform, officially opened his campaign office on October 6th, 1997, at 23 Second Street East, Cornwall.

(photo by Aubrey Johnson)

Cardinal For Council



CARDINAL

Gilles Cardinal announced recently that he will offer his candidacy as councillor for the City of Cornwall in the November 10th municipal election.

Cardinal is 54 years of age, lived most of his life in Cornwall and is a graduate and former teacher at St. Lawrence College.

It's time for new ideas and new leadership at City Hall.

If elected Gilles will work hard to ensure that taxes are lowered as much as possible and to bring new industries into our area.

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Shawn Blanchard

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McDonald to Run in South Glengarry



MCDONALD

Who am I? I bring to my candidacy for election to South Glengarry council, a solid background of municipal and business experience ... nine years on Lancaster Township council and thirty-eight years with Sun Life Assurance Company of Canada.

Born in Glengarry, I came "home to Glengarry" permanently when I bought a home on Lake St. Francis, a few years before retiring from my career in Group Benefits Administration with Sun Life in Montreal. I was almost immediately drawn into local municipal politics. Urged by friends, I ran and won a seat on Lancaster Township council in 1988, in 1991 I was acclaimed to council and in 1994 fought an election for the position of councillor.

I am very excited by the challenges facing South Glengarry council which will be responding to the needs of more than 11,000 voters in the newly formed municipality.

South Glengarry officially begins operation January 1st, 1998. The new township was born through amalgamation of Charlottenburgh and Lancaster townships and Lancaster Village, which have a proud century-and-a-half history of operating as separate municipalities.

Committee Work:

- Represented Lancaster on the Public Action Committee (PAC) since 1988, part of the Canada-U.S. Joint Action initiative to clean-up Great Lakes pollution. The local PAC advises on measures to reduce pollution along the St. Lawrence River from Cornwall to the Quebec border.
- Cooper Marsh committee, giving local input into marsh activities and examining means to make the "Marsh" self sufficient.
- Lancaster Waste Management committee, set up recycling facilities at the Township's land fill site.
- Lancaster Joint Fire committee, extended fire protection coverage with a new volunteer fire station in North Lancaster.
- Green Valley Community Centre, initially represented the township on the citizen committee for building the center.

Reasons to vote for Janet McDonald ... • strong background and experience in the municipal and business fields.

- Committed to building tax base through residential and commercial growth in South Glengarry.
- Committed to maintaining and improving roads and services.
- A desire and commitment to serve the community of South Glengarry.

Shoniker Seeks Seat



SHONIKER

This is my official announcement that I will run as councillor in South Glengarry in the upcoming municipal election.

I feel that with all the changes that are happening, I will be a definite asset to the council.

I am a long time resident of Charlottenburgh. I am married with 3 boys. I have a college education and am employed as an electrician.

I sat on Charlottenburgh Township Council as a councillor from 91 to 94.

I feel very strongly that council members today have to be responsible to the rate payer they serve. I feel I have well demonstrated these qualities when I sat on council from 91 to 94.

Green to Run for Council



GREEN

Tom Green recently announced his candidacy for City Council. Green is presently employed by the S.D. & G. Public Board of Education as Vice-Principal. Green did not seek election in '94 because of a change in Administrative duties.

Green, a veteran city alderman for nine years claims that municipal experience along with three years of examining issues from outside the political arena, qualify him to seek a seat at the next council table.

The former alderman states that cities are being pushed into more difficult straits every year by Federal and Provincial Governments that unload responsibility for programs onto municipalities without giving them the revenue to pay for it. With this new era of provincial downloading and mandatory regulations come new concerns. The need for the city to forge ahead with neighbouring municipalities as it relates to the amalgamation of services is of utmost importance.

Green added another important area is the need to practice and support open and honest communications between council and other levels of government, among council, a management group and a work force that are committed to making Cornwall a better place to live, work and play. Council can ensure this having policies in place to make it happen.

While on council, Green served on numerous committees: Chairman of the Planning Advisory Committee, Chairman of the C.A.O. Evaluation Committee, Treasurer of the Cornwall Public Library Board, Member of the C.A.S. Board of Directors, Chairman of the Civic Complex Review Committee, Vice-Chairman of the Raisin Region Conservation Authority, Member of the Cornwall Police Services Board. He has also been active with the Ontario Public School Teachers' Federation serving on the local executive, working on committees at the Provincial Level as Chairman and presenter of workshops.

Green sums up his platform by stating, "My commitment is to work to the best of my ability drawing upon my experience and my dedication; and to be accountable to the rate payers and listen to their concerns."

Ballantine's A Scottish Tradition

(NC)-The international reputation of Ballantine's is a tribute to founder George Ballantine-an innovative and hardworking Scotsman who began selling quality whiskies from his small grocery store in Edinburgh, Scotland in 1827.

By the time he moved to Glasgow in 1865, George Ballantine counted members of the British Royal Family among his discerning clientele. Over time, Ballantine's gradually became one of the best-selling Scotches in the world. The Ballantine's distillery is located in Dumbuck, near Dumbarton, Scotland.

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MERCREDI, le 22 OCTOBRE/97 - WEDNESDAY, OCTOBER 22/97
For clients whose family names starts with the letters A through L.

Afin de faciliter les choses, nous demandons aux personnes dont le nom de famille commence par A à L de bien vouloir se présenter mercredi, le 22 octobre.

9:00 a.m. - 3:00 p.m.
Bureau de santé de l'est l'Ontario - Eastern Ontario Health Unit
rue 1000 Pitt Street, Cornwall

JEUDI, le 23 OCTOBRE/97 - THURSDAY, OCTOBER 23/97
For clients whose family name starts with the letters M through Z.

Ceux dont le nom de famille commence par M à Z sont priés de venir jeudi, le 23 octobre.

9:00 a.m. - 3:00 p.m.
Bureau de santé de l'est de l'Ontario - Eastern Ontario Health Unit
rue 1000 Pitt Street, Cornwall

MERCREDI, le 22 OCTOBRE/97 - WEDNESDAY, OCTOBER 22/97
Maxville Manor, Community Flu Clinic 1:00 p.m. - 3:30 p.m.
- Clinique pour la communauté, Mechanic Street, Maxville

Creg Quay, Community Flu Clinic 1:00 p.m. - 3:30 p.m.
- Clinique pour la communatué, Bainsville

JEUDI, le 23 OCTOBRE/97 - THURSDAY, OCTOBER 23/97
Bureau de santé de l'est de l'Ontario 9:00 a.m. - 3:00 p.m.
- Eastern Ontario Health Unit
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Community Update

*AL-ANON/ALATEEN If someone you love or are dependent on has a drinking problem, you can see what it's doing to them; if you're also concerned about what it's doing to you, call 937-4880.

*ALCOHOLISM IS A DISEASE, help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 613-938-1984.

*ALZHEIMER SOCIETY OF CORNWALL presents an Information & Support Session on Friday Oct. 17th, 1:00p.m. to 3:00p.m., 12 York St. For details call 932-4914.

*ALZHEIMER SOCIETY'S BREAKAWAY DAY PROGRAM in Alexandria and Winchester is seeking participants and volunteers.

*BIG BROTHERS & BIG SISTERS upcoming event: Sunday Oct. 26th, 1:00p.m. to 4:00p.m., annual Halloween Party, Jazz Magnolia. They are also looking for volunteers for the Santa Claus Parade Committee. For more info call 933-8035.

*BLOCK PARENTS OF CORNWALL will meet on Thursday Oct. 16th, 7:30p.m. at the Police Station, 340 Pitt St. Volunteers needed. Info: 933-2885.

*CANADIAN DIABETES ASSOCIATION Cornwall branch, will be presenting an information evening on "What's New with Diabetes" on Wednesday Oct. 15th, 7:00p.m. St. Joseph's Villa. For more info call 938-7497.

*CENTRE CHARLES EMILE CLAUDE activities for October: Thursday Oct. 16th 2:00p.m., Health Presentation, Sunday Oct. 19th, Fall/Winter Fashion Show 2:00p.m. in Nativity School Gymnasium. To obtain advanced tickets call 932-1035.

*CNIB is in need of volunteers to assist visually impaired individuals with grocery shopping once or twice a month. Call 936-2300 for more information. Your help is appreciated.

*COMMUNITY CANCER SUPPORT NETWORK meets every third Thursday of the month at their NEW LOCATION: Central Public School (Amelia St. entrance) 7:30p.m. For more info contact Sheila at 932-3451.

*CORNWALL ECUMENICAL CHOIR has begun rehearsals for "Messiah". If you enjoy singing this kind of music, please attend rehearsals at Knox St. Paul's Church every Tuesday at 7:30p.m or call Dorothy Forrester 534-2815.

*CORNWALL MEALS ON WHEELS needs volunteers to fill vacancies in its delivery system. If you have two free hours a month between 11 a.m. and 1 p.m., please come and help us. Call 932-4810

*EX-FATHERS, a support & action group promoting fairness for fathers after separation and divorce, meets Tuesday Oct. 14th, 7:30 p.m., Room 133, CCVS, 437 Sydney St. All fathers welcome. Info: 931-2104.

*HOPE IN LOVE/REFLET-LUMIERE, a non-profit organization in support of couples who wish to nurture their relationship, have weekly meetings Wednesday evenings, 8:00 pm, Centre j'aime apprendre, 305 Baldwin Street, Info: 937-0829 or 938-6364.

*MINUS ONE CLUB OF CORNWALL an organization for Widows, Widowers, etc., are holding a dance on Saturday Oct. 18th, 9:00p.m. until 1:00a.m., McDonell's Inn, Eamers Corner. For more info call 938-1298. Everyone welcome.

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*CORNWALL WHEELS TO MEALS Day Away for seniors providing door-to-door transportation, nourishing meals, crafts and activities. Every 1st and 3rd Wed. of each month. Info: 930-9292

*DANFORTH COLLEGIATE & TECHNICAL INSTITUTE is celebrating its 75th Anniversary and a Reunion will be held at the school on May 2, 1998. Any former students are asked to contact Arthur B. Kelly 416-691-8375.

*EMOTIONS ANONYMOUS a self-help support group meet on WEDNESDAYS only from 7:30-8:30 p.m. at St. John Bosco School, 113-8th St. West.

*EMPLOYMENT & EDUCATION RESOURCE CENTRE offers the following upcoming "Resume Workshop" Tuesday Oct. 14th, "Job Search Workshop" Wednesday Oct. 15th, both scheduled 9:00a.m. to 4:00p.m. Call 933-9675 to register. Everyone welcome.

*FRIENDS OF SCHIZOPHRENICS SDG Chapter are holding their next meeting on Tuesday Oct. 14th at 7:00p.m. in the Library at General Vanier, 1500 Cumberland St. Everyone welcome. For more info call 933-3546.

*GLEN STOR DUN LODGE has many volunteer positions open to individuals who are interested in giving a couple of hours a week to assist in recreational activities, dining and exercise programs. Orientation & Training provided. Please call the Volunteer Dept. at 933-3384.

*GLENGARRY WALKING CLUB If you're looking for a partner or would just like to walk with a group, there are regular walks every Wednesday night at 7 p.m. starting at the Alexandria Island Park.

*JOIE DE VIVRE/JOY OF LIVING, a support group for separated, divorced, widows & widowers living without a partner, hold meetings each Friday at 7:30 p.m. Info: 936-1502 or 932-2522.

*JOY OF LIVING a support group for separated, divorced or widowed people hold weekly meetings Friday evenings, 8:00p.m. at Holy Cross Church Hall (corner of Leonia & Easton). For more info call Helen 936-6697 or Richard 937-4156.

*Lancaster & District Curling Club are hosting a Wine & Cheese Night on Friday Oct. 24th 7:30p.m. to 9:30pm. Everyone welcome. Special invite to former members. Help celebrate our 35th anniversary.

*MIKEY'S FUN FACTORY are hosting a Family Fun Day on Saturday Oct. 18th 11:00a.m. to 2:00p.m.$3./person. Proceeds to the Lights of Hope campaign. For more info call 938-1619.

*NICOTINE ANONYMOUS for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

*PARENT FINDERS will no longer meet monthly for support or help in your search (Adoptees, Birth Mothers, Birth Fathers). Contact 933-9186 or 931-2916.

*PEER SUPPORTS GROUP open to individuals who have experienced mental illness or mental health problems and who are looking for information, peer support & sharing of coping skills & strategies. Monday evenings from 6 to 8 pm at 29 Second St. East. Info, call 933-5845.

*ROYAL CANADIAN LEGION, BRANCH 297 holds Darts-Round Robin Play, every Monday afternoon at 1:30p.m. For more info call Cliff at 932-0932. Everyone welcome.

*ROYAL CANADIAN LEGION BRANCH 297 upcoming events: Sunday Oct. 12th Cabbage Roll Dinner, $3.99, Wednesday Oct. 15th Branch General Meeting 7:30p.m., Oct. 17th-19th, District Legion Convention. EVERYONE WELCOME. For more info call 933-4965.

*SD&G DEVELOPMENTAL SERVICES CENTRE is in need of volunteers to assist individuals with physical and/or development challenges towards meeting their needs for friendship and recreational activities within the community. Info 937-3072

*SEAWAY SENIORS upcoming events: Tuesday Oct. 14th, Blood Pressure Clinic, 11:00a.m., Wednesday Oct. 15th, meeting on Accu-Vote System. For more info call 932-4969. Everyone welcome.

*ST. ANDREW'S-ST.MARK'S UNITED CHURCH Johnson Crescent, Long Sault invites everyone to their annual Fall Rummage Sale on Saturday Oct. 18th, 9:00a.m. to 1:00p.m. For more info call 534-2571.

*ST. JOSEPH VILLA 14 York St. hold a Card & Euchre party every Thursday for St. Lawrence Seniors Club. Free parking on York St. Everyone welcome!

*ST. LAWRENCE COLLEGE is holding its annual Open House on Wednesday Oct. 15th, 10:00a.m. to 2:00p.m. For more info call Bert Ruest at 933-6080 ext. 2532. Everyone is welcome to attend.

*THE ALEXANDRIA CANCER SUPPORT NETWORK meets monthly on the 3rd Tuesday of the month at 7:30 p.m. at the Glengarry District High School. Information & support for cancer survivors & supporters. For more info contact Lise at 346-3513. Everyone welcome.

*THE LUNG ASSOCIATION is recruiting volunteers for this year's Festival of Trees '97. If interested in volunteering please call 932-4999 or 1-800-450-5202.

*CENTRE YORK CENTRE is looking for volunteers to assist with Supervised Visits. Info, 933-1253.

Mail to: SEAWAY NEWS - 329 Second Street West, Cornwall, Ontario K6J 1G8
Tel.: (613)933-0014 Fax: (613)933-0024 E-mail: snews@seawaynews.on.ca

Susan Carter Seeks Second Term on City Council

Creating jobs and fighting tax increases will continue to be Susan Carter's major focus if re-elected.

"My experience as Alderman has prepared me to meet the challenges that the City will be facing during the next three years," said Carter.

"Ensuring that the effects of the "Mega Week" Provincial downloading are cost neutral and managed effectively will be some of the issues facing the next Council." Carter lists several initiatives which can be developed to encourage economic growth for the citizens of Cornwall. She includes continuing to develop strategies to reduce the "red tape" associated with starting a business, reviewing how businesses are taxed, working in partnership with the private sector to create the electronic, high tech infrastructure necessary to create jobs of the future, and creating opportunities in technology and education for our youth and underemployed.



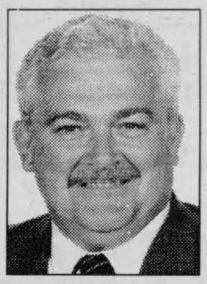
CARTER

During her first term as Alderman, Carter chaired the Planning Advisory Committee and the Official Plan Review Committee. She continues to serve on the board of the Cornwall Public Library, the Le Village BIA and many other boards and committees including Image Enhancement and Economic Development.

When asked about accomplishments during her first term of office, Carter lists the new Cornwall Public Library, and the new 20 year Official plan for the city. Carter has a background in economic development which gives her a strong interest in creating a positive environment for the growth of existing businesses and enhancing opportunities for new businesses to locate here.

Gardner Runs For Councillor

Cornwall is headed for a very exciting future. Such initiatives as Team Cornwall, the Chamber of Commerce and the City teaming up to portray a positive image, should soon begin to bear fruit. More must be done to ensure labour is welcomed to the team.



GARDNER

Personally I will support initiatives aimed towards beginning the ethanol plant construction, a new pool, a downtown hotel or waterfront hotel, a new curling club, repair of highway #2 and a kidney dialysis machine. I would like to see the city take the initiative in bringing a Federal, Provincial and Municipal team together to influence the Provincial Government to build a new jail in Cornwall (mega or otherwise). If the General Hospital is to be closed, we must not wait until it is a done deal before we begin to lobby the Provincial Government for restructuring money (which was promised) in order to replace the lost jobs with new ones.

On the Cornwall Electric issue, I strongly support selling as the alternative will be too risky. Unlike the Cornwall Aces fiasco, which cost the Cornwall taxpayers well over 3 million dollars, keeping Cornwall Electric would mean borrowing millions of dollars on behalf of the taxpayers with no guarantees of return after de-regulation.

I am married with 3 adult children and I am fluently bilingual. I have been involved in minor sports in Cornwall and I am 2nd Vice President of the SD&G Resource Centre for Injured Workers. I have supported the Kidney Foundation and I am on the Canada Committee; having acted as M/C of the Canada Day celebrations. I have also been involved in numerous Glen Productions and seniors shows.

Politically I have been involved in Provincial and Federal elections which has given me a wide spectrum of what our community is all about. The experience I have gained with different levels of Government will prove most beneficial when dealing with local, municipal issues.

Sabourin Seeks Another Term as Trustee

SD&G Separate School Board Trustee Denis Sabourin announced that he will seek a Trustee position on the newly amalgamated Stormont, Dundas, Glengarry, Prescott, Russell, Leeds, Grenville and Lanark Separate School Board.

"I believe there is still a meaningful role for school board trustees despite proposed changes in the education act. I also feel I can continue to make a positive contribution on behalf of all stakeholders in the catholic education system," said Sabourin.

First elected to the trustee position in 1991 representing Roxborough Township,



SABOURIN

Cornwall Township, the Village of Maxville and the Town of Alexandria, Sabourin was re-elected in 1994.

"Under the amalgamation process, the boundaries for trustee representation have changed and I look forward to the opportunity to represent catholic school supporters in Stormont Dundas," said Sabourin.

"Education is facing very difficult times," said Sabourin. "I believe I have the experience to make the decisions necessary to ensure the future of catholic education and that students and catholic education supporters concerns are heard and addressed in the most effective manner possible."

Janette Abbey Runs As Councillor In South Glengarry



ABBEY

As a retired individual with 17 years on village council I can promise a great contribution to the continuity of the new township of South Glengarry.

I will utilize presently available land towards upgrading our sewer and water in the new township of South Glengarry. Which would enhance development and therefore enable the taxes to remain stable.

With the compatibility within the three municipalities of the Township of South Glengarry, there lies a great future for the area to prosper.

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DICK AUBRY

Transit Communications Ltd. is a Cornwall Company involved in bus advertising and also publishes the Cornwall and Region Visitor Map.

For More Information Call:
DICK AUBRY
933-3561

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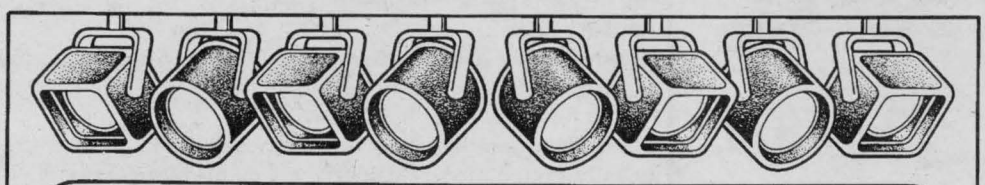

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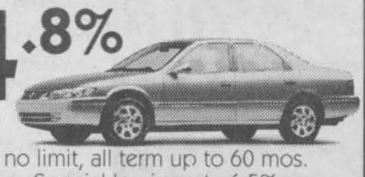

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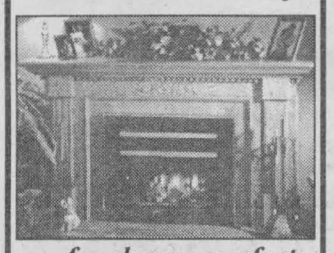

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FEATURE PROFILE

Want A Shiny, New Long-Lasting Bathtub in Hours ...

Since 1991, VTB Bathtub Liners Inc., has been supplying the residents of Cornwall and surrounding areas, with Affordable Alternatives in Bathroom Renovations.

VTB's technology involves a top quality acrylic bathtub, tailor measured and trimmed to fit snugly on top of your old chipped and stained bathtub. This sturdy bathtub insert means you can have a new tub in only three hours. And there's little mess because Dave and Charlie are sticklers for cleanliness.

Among the many advantages of tub inserts are that they save hundreds of dollars compared to a traditional bathtub replacement; and they last a long time; colours include white and bone.

Easy maintenance is another plus ... the shiny acrylic wipes clean with windex or dish detergent. And bath water retains its heat longer because the acrylic doesn't transfer heat as easily as steel or cast iron tubs.

A recent client tells how she loved her bathroom except for the old brown coloured tub. To have it removed and replaced would have cost her over a thousand dollars plus the price of a new tub and the inconvenience and messiness involved in tearing the tub out from the wall. She was thrilled to discover VTB. And even more thrilled to let the VTB guys in one morning as she left for work and arrive home later that day to a gleaming new white tub.

If you're tired of looking at those old tile walls, let VTB install a beautiful 3 or 4 piece matching wall system directly over your existing tiles and ceiling area.

Dave and Charlie love their work and it shows in the shine of new bathtubs and wall systems all over Cornwall. If you too want a new bathroom in as painless a way as possible, call VTB at 930-2135.

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Rollers and Brushes What's the Difference?

(NC) Where do I start—the ceiling or the walls? What should I use a roller or brush? These are just two of the many questions you may ask yourself before you start painting your home. At C-I-L Dulux, we know what a challenging and rewarding experience painting can be and that's why we're providing some simple tips to make your next paint job easier.

It's generally a good idea to paint a room in the following order: ceiling, walls, doors, windows, radiators and baseboards .

For the best results, always take the time to read the label instructions carefully. Paint product improvements and new developments are constantly being introduced, so the way you applied paint yesterday may not be right for the product you buy today. Make you sure prepare the area properly as this will have a major effect on how long the job will last, as well as how good it looks. Remove all furniture, pictures, plants and loose items to create a safe and neat work area and then cover it with drop sheets. And, make sure you wear proper clothing including a hat, gloves and protective eye wear.

It is important to ensure that steps and ladders are properly positioned. Ladders should be a foot out for every four feet high. Never try to overreach — that's when accidents happen. Paint in good daylight to avoid any missed patches. When painting, try to complete a whole area (wall, door, etc.) at once, or you will leave marks owing to different drying times.

Rollers are ideal for painting large areas and brushes get right into corners or edges. For the best results always, use good quality brushes and rollers since it directly effects the quality of the finished job and the ease with which the paint is controlled and applied.

When using a brush, dip up to one third of the bristles in the paint to load the brush. The brush should be held like a pen, leaving a free wrist to move in both directions. When painting with latex products use a synthetic brush; when painting with alkyd products use a bristle brush.

Like brushes, there are several types of rollers to suit different paint jobs. A roller will cover walls and ceilings quickly and evenly. Pour a moderate quantity of paints into a clean roller tray. To load the roller, roll it backwards and forwards in the paint tray, pushing it up to the top of the slope to remove excess paint in only one direction.

The roller should rotate freely and not skid over the surface. Apply with criss-cross strokes to the surface, ensuring a smooth start and finish to each stroke. Hurried roller movements will cause "splatter". Blend the edges of the next application while the paint is still wet, or a hard edge will show.

When cleaning, latex paint can be cleaned from hands and tools with water and alkyd paint can be cleaned from hands and tools with paint thinner. When finished, use a brush spinner to dry your brushes and rollers.

Used properly, brushes and rollers will create a surface which will look great. For answers to any questions about painting, including what types of rollers and brushes to use, ask your local paint dealer or call 1-800-D-U-R-A-B-L-E.

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Home Renovating Tips

Store wood panels flat, under cover or inside.

(NC)—All wood products will gain or lose moisture according to the humidity of their environment. This is a natural characteristic of wood.

Wood panels have been manufactured at a low moisture content of about 4%. You can protect your investment by caring for these products during construction.

To maintain quality, wood panels should be protected from getting wet during building. Store bundles indoors or under cover, with enough support to keep them flat.

Better yet, purchase wood panels or have them delivered just before you are ready to use them.

Protect panel edges and corners, especially for tongue and groove panels.

Leave a 1/8" (3.2mm) gap between panels during installation to allow for expansion. This includes engineered wood panels such as Oriented Strandboard and Waferboard.

To ensure quality and value, look for a grade stamp before purchasing lumber.

(NC)—Canadian lumber that has been grade stamped will meet the applicable building code requirements for strength and appearance. The stamp includes the grade, moisture content, species group, mill identification and grading agency.

Slope of grain and location of knots are some of the characteristics used to judge the strength of dimension lumber. For Canadian dimension lumber, No. 1 and No. 2 have the same strength, but No. 1 has a more pleasing appearance. Lumber is usually sold as No. 2 and Better, which means both No. 1 and No. 2 are present.

The grade stamp also indicates the moisture content at the time of manufacture. Lumber stamped S-GRN has a moisture content exceeding 19%, and is the most economical choice where shrinkage can be tolerated.

S-DRY means the lumber has a moisture content of 19% or less, and is recommended where the long-term straightness and dimension of the lumber is important.

Ask your retailer to help you select the wood product that is most suited to your needs. After all, it's your renovating dollar!

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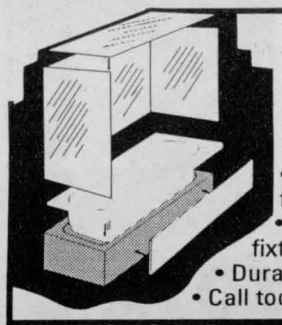

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PLUMBING TIPS



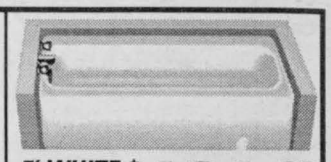
SAFETY IN THE BATH

(NC)-If you have small children, ensure that your water heater temperature is kept low. A child's skin can scald in a second from water that is too hot.

After filling the bath and before the child gets in, run cold water through the tap to cool it off. This will prevent an accidental burn if the child touches a hot faucet.

Never leave your child unattended in the bath - not even for a moment.

Consider a shower faucet with pressure-balanced shower valve. This will regulate the water pressure and keep water temperature constant even if there is a sudden demand for water elsewhere in the house (such as from a flushed toilet).



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Forest Fest '97



The fourth annual Forest Fest was held at the McKinnon Forestry Centre on October 5th. A fun day for the whole family included kids activities, lumberjack competitions and great entertainment.

Pictured above is Robert Palmer who was back to finish the bear carving he started at Forest Fest '96.

(photo by Aubrey Johnson)

Oliver's Hat in the Ring

Mike Oliver, a local community and labour activist, has decided to seek a seat on City Council in the November election.



OLIVER

Mike is deeply concerned about the ongoing downloading of both services and responsibilities by the provincial government onto municipalities like Cornwall, municipal taxation is a regressive or of taxation, and is not meant to fund ambulance services, education and health care cost, fire and police costs, social services and other provincial responsibilities. These essential services have to meet universal standards, so they must be funded provincially says Oliver. He adds that we have to know in advance what impact the downloading will have on Cornwall before it is implemented and up to now I have not seen a united call from Council demanding those figures.

Oliver says that he is also concerned with economical development as a priority issue for the new council. He states that we have lost far too many good paying full time jobs. Many of which were replaced by minimum wage part time jobs. He states that we must focus on Cornwall's positives like location and available experienced workforce to attract employers and investors who are committed to the long term in Cornwall.

Finally, Oliver is concerned about the lack of balance on Council, he states that while business was well represented, as it should be given the importance of that sector to the community, he felt that only a couple of Councillors regularly brought forward the concerns of the workers in this community. He further states that although his background is in labour, he would not be a one dimensional representative on Council, but would strive to ensure that all voices were heard.

Oliver has served on numerous boards and committees over the past ten years in this area, including provincial and municipal government committees, which leaves him with a good understanding of how all levels of government work. He has successfully raised funds for numerous charities and groups to help improve the quality of life in Cornwall.

LARRY'S SPECIAL OF THE WEEK



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Pet Points

Finding the Perfect Pet Just Takes a Little Research

Angora, Siamese or tabby? When you're selecting a cat as a pet, it can be a difficult decision. There are 80 breeds of domestic cats to choose from, each with its own characteristics. So, how can you decide which type is best for you?

With the help of a new feline encyclopedia, "Catworld" (Penguin Reference), you can find your perfect match. Featuring almost 1,000 entries, author Desmond Morris, a zoologist, offers information on feline anatomy, behavior, biology, folklore, history, literature and art.

Morris also includes his own list of "The 100 Best Cat Books," as well as lists of cat-related anthologies, collections, publications, films and societies. He also relates tales about famous cat lovers, cat haters and cat fearers.

Before you rush into getting a cat, find out which breed is best for you. Here's some information from Morris' book to get you started.

Burmese Cat — A muscular, athletic animal, the Burmese has short hair and a glossy, rich, dark-brown coat. It has a rounded head with wide-set ears and golden-yellow eyes. Considered by many to have a personality close to that of a Siamese, this cat is active, sociable, intelligent, curious and bold.

Maine Coon Cat — One of the first truly American breeds, this is a big, tough, outdoor, cold-country cat. It has a long body with a relatively small head. Well-muscled and strong-boned, it has a long, heavy, silky protective coat with a luxuriant tail. It is described as hardy, rugged, loving, faithful and playful.

Persian Cat — Considered a luxury breed of domestic cat, the Persian has a uniquely rounded shape with a woolly coat, short body, stocky legs, bushy tail and broad head. It is generally placid and friendly.

Ragdoll Cat — This large, long-haired cat acquired its name because, when held, it goes limp and becomes completely relaxed and floppy. It is the most docile of all cat breeds.

Siamese Cat — The best known of the ancient cats of Siam, the blue-eyed Siamese has a highly characteristic shape, being slim, elongated and angular. It has a unique coat pattern; its body is light in color, but its extremities are dark. This cat is described as unpredictable, demanding, noisy, lively, domineering and graceful.

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'94 DODGE SPIRIT, 64,000 km, mint condition	$9,995
'93 MERCURY TOPAZ GS, low km	$5,995
'92 CHEV LUMINA APV, 7 bucket seats	$9,995
'92 CAVALIER RS, V6, black	$6,495
'90 OLDS. CUTLASS CIERRA, V6, loaded	$5,995
'89 LINCOLN CONTINENTAL, Signature Series	$6,695
'89 PONTIAC SUNBIRD, convertible,	$5,595
'89 PLYMOUTH VOYAGEUR, 7 passenger	$4,995
'89 PONTIAC S SOLD	$4,595
'89 MERCURY SABLE, 4 dr., V6, loaded	$4,295
'89 FORD TEMPO, auto., brown	$2,695
'88 PONTIAC BONNEVILLE SSE, loaded, low km	$5,995
'88 PLYMOUTH VOYAGEUR, V6, 7 passenger	$4,995
'88 OLDS 98 REGENCY BRHM., white	$4,595
'88 HONDA ACCORD EXI, loaded, one owner	$3,995
'88 OLDS CALAIS INT'L, black	$3,395
'88 MERCURY SOLD	$2,995
'87 BUICK PARK AVE., loaded, white	$3,995
'87 PONTIAC 6000, V6, silver	$3,495
'87 FORD BRONCO, auto., red	$2,995
'87 CADDY DE SOLD IAL	$1,995
'87 OLDS CALAIS, two tone AS IS SPECIAL	$1,995
'86 HONDA CI SOLD	$2,695
'86 CHEV CELEBRITY, auto., white AS IS SPECIAL	$995
'85 DODGE CARAVAN, grey	$2,695
'84 OLDS REGENCY 98, brown	$2,495

Buy - Sell - Trade - Lease To Own
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1447 Pitt St. North, Cornwall

CORNWALL AND AREA CAR CARE

Surviving a Canadian Winter

Tips to Prepare Your Vehicle for the Cold



It's a well-known fact that every year a large majority of the more than 15.5 million vehicles on the road are caught unprepared for the first blast of really cold weather. Don't be caught unprepared. Spending a little bit of time and effort now, can save you time, effort, frustration, and even money later on.

Here is a quick list of things to check before that first nasty blast of winter:

Cooling System

If it hasn't been done in a while, flush out your cooling system with a good chemical cleaner and put in fresh anti-freeze. Remember to use the anti-freeze in its proper proportions. Pure anti-freeze (most often made of ethylene glycol) does not cool or protect as well as the proper mixture of water and anti-freeze which is described on the anti-freeze container. And don't forget to check containers, belts, hoses, the pressure caps and thermostat.

Battery & Electrical System

If your battery is more than a few years old, have it checked. Cold weather is hard on batteries. Be sure connections are clean and tight. Corroded or loose connections can give the symptoms of a weak or dead battery.

Engine

Is it time for a tune-up? Faulty wiring, worn spark plugs, a sticking choke or emission control devices that need attention, can all lead to hard starting. A diagnostic check-up of the engine can be a good winter pre-investment.

Oil & Filter

Dirty oil can give you trouble in the winter. Now's the time to change it. Change the oil filter too! And don't forget to check the other filters on your car, including the fuel, air and transmission filters. (The transmission filter should be changed with the transmission fluid when it is changed during regular preventative maintenance.)

Tires

For every 5° Celsius of temperature drop, your tire pressure decreases by one pound. Tires which are under-inflated by only eight pounds can reduce gas mileage by five percent and cut tire life by 25 percent or more. Check your tire pressure regularly.

Emergency kit

And don't forget to carry an emergency kit in your vehicle during the winter months, it could save your life.

Following these simple tips will help you to survive another Canadian winter.

THE CAR DOCTOR

Peter Millard



Clip-popping Pickup

(NC)—My half-ton 1987 Ford F-150 pickup is in excellent condition, except for one problem: I have had to replace the power steering seal a number of times.

I understand from my technician that the spring clip that holds the seal in place keeps slipping out, and in one particular instance, it was actually broken. His explanation: an abnormal pressure increase when the wheels are turned too far. What do I do?

J.Q.—St. John's, NF

The problem with the clip and seal on your truck may be linked to the groove the clip fits into. If this groove is worn, it may be allowing the clip to pop out. The sure (but expensive) cure is to replace the power steering box with a new or rebuilt assembly. A less expensive fix is to continue replacing clips and seals, and if possible, avoid abnormal steering loads such as full-lock, tight radius turns.

94 FORD RANGER XL $8,995
4 cyl., auto., 76,000 kms.
may not be exactly as illustrated

97 GRAND CARAVAN SE, 4 dr., loaded, 30,000 km	$23,900
96 HONDA CIVIC, 2 dr., 5 spd., 75,000 km	$11,900
94 FORD ASPIRE, 4 dr., auto, clean	$5,995
93 CHRYSLER INTREPID, fully loaded, 110,000 km	$9,995
93 OLDS ACHEIVA, 4 dr., 4 cyl., loaded, 110,000 km	$6,950
93 MERC. TOPAZ GS, 4 dr., auto, air, 90,000 km	$6,450
93 MERC. TOPAZ GS, 2 dr., 4 cyl., auto., air	$5,900
93 CHEV. CAVALI SOLD air, 100,000 km, cert.	$5,500
93 CHEV. LUMINA, 4 dr., 6 cyl., 109,000 km	$7,777
92 CHRYS. 5th AVE., mint., cond., look	$10,500
91 HONDA CIVIC, 2 dr., auto, 30,000 km	$4,250
91 PONTIAC SUNBIRD, 4 dr., auto, 90,000 km	$4,250
91 CAVALIER WAGON, mint cond., 99,000 km	$5,850
91 EAGLE TALON TSI, 160,000 km	$6,500
91 CHEV. LUMINA, 4 dr., 6 cyl., 110,000 km	$5,500
90 FORD TAURUS, one owner, loaded, 130,000 km	$4,500
90 MUSTANG LX, 4 cyl., auto, loaded, 110,000 km	$3,800
90 CHEV. LUMINA, 4 dr., 6 cyl.,	$2,850
89 SUNBIRD LE, 2 dr., auto, clean car, 100,000 km	$3,495
89 CADILLAC COUPE DE VILLE, mint, mint,	$8,450
89 HONDA ACC SOLD 5 spd., loaded	$3,995
89 OLDS DELTA 88 BROUGHAM, clean, 160,000 km	$3,900
88 PLYMOUTH SUNDANCE, 4 dr., auto, 125,000 km	$2,950
88 TAURUS, UNREAL! 45,000 km	$4,000
87 CADILLAC FLEETWOOD, loaded, leather	$4,450
83 PORSCHE 944, absolutely mint, all recond.,	$9,995

CAR LOCATE SERVICE We Can Get Any Make or Model

TRUCKS & VANS

97 GRAND CARA SOLD loaded, 30,000 km	$24,500
95 WINDSTAR GL, full load 46,000 km	$16,900
94 FORD RANGER XL, 4 cyl., auto., 76,000 km	$8,995
94 CHEV. SILVERADO, Reg. Cab 4X4, 75,000 km	$19,900
93 GRAND CHEROKEE LTD., loaded, 91,000 km	$21,500
93 JEEP GRAND CHEROKEE, limited, 117,000 km	$17,995
93 PONTIAC TRANSPORT SE, 7 pass., air, 98,000 km	$11,500
92 FORD AEROSTAR XLT, Eddie Bauer, 100,000 km	$8,850
92 GRAND VOYAGEUR SE, loaded, 72,000 km	$12,900
89 AEROSTAR XLT, Ext.	$5,450
89 BRONCO XLT, full size, mint	$?,???
87 CHEV. S10, 6 cyl., auto.,	$3,450
87 CHEV. BLAZER, Extra Clean	$3,850
86 DODGE CARAVAN, 7 pass., clean	$2,850
85 PLYMOUTH VOYAGER, As is	Best Offer

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FRONT: Brake Pads, Discs, Calipers
REAR: Brake shoes/pads, Drums/discs, Calipers
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Radiator
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Thermostat
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$29.95* Oil Change Included for most cars and light trucks



Past employees and students mingled with guests and friends at the 25th Anniversary of the Richelieu Day Care on October 4th. The day care started in 1972 with sixty-five children and now has a full enrollment of forty-two. Pictured with Supervisor Sharon Lalonde is former employee Lucille Bellefeuille and students Ryan and Alexander with clowns Quynh Tran, Chelsea Tardiff and Andrea Samson.

(photo by Aubrey Johnson)

Chocolate Milk:
Tasty, yes. But nutritious?

(NC)- Young taste buds love the smooth, cold taste of chocolate milk. But if you hesitate to order it for your kids, these facts may surprise you.

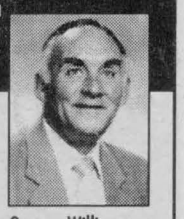
✔ Chocolate milk delivers the same essential nutrients as white milk and is included within Canada's Food Guide to Healthy Eating.

✔ Chocolate milk contains no more sugar than an equal serving of unsweetened orange juice.

✔ A single cup of either chocolate or white milk contains at least half of the Vitamin D your child needs for the day, and as much as half the calcium.

✔ A cup of chocolate milk contains about the same amount of caffeine as decaffeinated coffee.

Nothing beats milk when it comes to your child's nutrition.

GEORGE'S SPECIAL OF THE WEEK
1992 GRAND VOYAGEUR SE

George Williamson

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CORNWALL BRIDGE

By Bert Mosher

A Word About Standard American

The vast majority of bridge players play a system called Standard American. Some of us use this system whether we know it or not. At one time it was called Culbertson, then it was called Goren, and then it evolved into Standard. (Occasionally some of us play sub-standard, but that is another story).

Several years ago, the American Bridge Teachers Association took a very large survey to determine what was "Standard". After compiling the returns, they sent out another survey to confirm and fine tune the findings. The results was modern day Standard. Copies of their published report are available.

Remember that your opponents are entitled to know what system you are using. This applies to games played in a social setting as well as in clubs. When sitting down, how long does it take to say "We play Standard American, Five card majors."

If you play Four card majors, let them in on it. Bridge players are very ethical as a whole and we keep no secrets from our opponents. When we win, it's because of skill alone (in Duplicate) or a combination of skill and cards (in rubber). Be ethical and enjoy your game

Next week's schedule: Regular games at all clubs. If you would like a list of the clubs in this area, please give me a call. This list is also available at the library. If you need a partner you may call Kay Barlow at 933-0400.

Coming Events:

* Thurs., Oct. 16 - Canadian Open Pairs Qualifying
* Fri., Oct. 17 - Local Charity Game
* Mon., Oct. 20 - Club Championship (Open Pairs)
* Fri., Oct. 31 - Silver Point Game
* Oct. 24, 25, 26 - Howard Cunningham Memorial Tournament.

If you have a query, question, or comment, please call me at 932-1700. I'll try to obtain an authoritative answer to your question.

Bridge Results

Independent Bridge Club
Oct. 1/97
Section A

N/S
1. Jocelyn Campbell - Claudette Rousseau
2. Ben Bouvier - Charles Lawn
3. Dora Barrington - Terry Forsyth

E/W
1. Muriel Contant - Terri Lalonde
2. Marian Lloyd - Mona MacPhee
3. Jessie Boyd - Pat McIntosh

Section B

N/S
1. Bert Chausse - Joe Loney
2. Adelaide Hunter - George Bissonnette
3. Yolande Boutin - Hermine Ladouceur

E/W
1. Madan Seth - Keith Walker
2. Anne Paulin - Jean Stokes
3. Annie Laurie Cameron - Mildred Cleary

Cornwall & District Bridge Club
Oct. 2/97

N/S
1. Bruno Carriere - Barbara Taylor
2. Jeanine Alain - Kirk Malette
3. Jocelyn Campbell - Maureen Walker

E/W
1. Richard Baird - Brian McCartney
2. Lydia LeGault - Claudette Rousseau
3. Mardie Davies - Marian Lawn

Senior Citizen's Bridge Club
Oct. 3/97
Section A

N/S
1. Rita O'Brien - Bert Chausse
2. Colombe Amelotte - Reina Drouin
3. Georgette Lauzon - Marian Lemieux

E/W
1. Fern Emerton - Anne Paulin
2. Hermine Ladouceur - Lyette Ladouceur
3. Pauline Pinard - Roy Parmalee

Section B

N/S
1. Jocelyn Campbell - Jean Forbes
2. Dora Barrington - Pat Cunningham
3. Jessie Boyd - Rhea Petry

E/W
1. Jeannine Alain - Diana Macaulay
2. Muriel Smith - Charles Lawn
3. Norma & Fern Blain

Seaway City Bridge Club
Oct. 6/97

N/S
1. Jocelyn Campbell - Rhea Petry
2. Dora Barrington - Alma Lauzon
3. Kay Barlow - Bert Chausse

E/W
1. Lyette Ladouceur - Rita Struthers 75.5%
2. Ruth Edgerton - Margaret Kennedy
3. Muriel Contant - Terri Lalonde

No Bridge Monday, Oct. 13th at the Chateau

Cornwall Community Bridge Club - Oct. 6/97
1. Jeanine Alain - Barbara Taylor
2. Nelsa Kalil - Lydia LeGault
3. Richard Baird - Brian McCartney

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937-0956

Building Body and Brain

(NC)-You know milk is a nutrition powerhouse. Buying milk for your child at elementary school as part of their lunch pays big dividends as a mid-day source of nutrition. But do you know how milk does a body good? Where do the 15 nutrients contribute to your child's good health? (Circle all correct answers).

1. Vitamin A
a) skin
b) eyes
c) immune system

2. Vitamin D
a) teeth
b) bones
c) aids in absorbing calcium

3. Calcium
a) muscle contractions
b) maintaining blood pressure
c) bones

4. Zinc
a) wound healing
b) growth
c) digestion

5. Vitamin B12
a) red blood cells
b) gastrointestinal
c) nervous system

Ask your school how you can purchase milk at lunch for your child. Information on how your school can enroll in the Elementary School Milk Program is available from Dairy Farmers of Ontario at 1-888-730-MILK.

Answers: all of the above

Kristlyne's Talent Agency & COSTUME SHOP
NOW OPEN IN ALEXANDRIA/CORNWALL
Fall ~ Winter 97-98 Program
Acting, Modelling, Dance, Guitar, Voice and Singing
All classes will begin the week of September 29, 1997 and will run 8 months (approx. 30 weeks)
COME IN & REGISTER ANYTIME OR CALL TO REGISTER.
ALL COSTUME RENTALS PRICED AT $10.00 - $25.00 MAX.
ALL STUDENTS REGISTERED BY NOVEMBER 15TH WILL BE FEATURED IN THE 1998 ANTIQUE CLASSIC CAR CALENDAR
We are a registered talent agency associated with Toronto, Montreal and other Canadian agents for films and T.V. commercials, casting directors, professional photographers. Members of CMTC
Home of KRISTA DUFRESNE
Starring on Television in GOOSEBUMPS "Vampires Breath" and 2 Bell Mobility commercials
Also CARILYNE HEBERT - Starring in Video Clip ELLE ET DIRA by Johanne Blouin and many print ads. Also an award dancer
Cheryl Dufresne, 162 Pitt Street (Above Gedoro's) Cornwall, Ontario (613)938-0187 or 938-6727
Aline Gareau-Hebert, 16 Main Street (beside the Hub of Glengarry) Alexandria, Ontario (613)525-9967 or 525-1361

WOMEN IN BUSINESS

A Monthly Review of Entrepreneurial Women in Cornwall and Area

UNBELIEVABLE PRICES

Brand Name Jeans

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Fran's Sport 'N Denim

35 Second St. E. (next to the new library) 936-6699

REGULAR HOURS Mon. - Wed. 10-6 Thurs. & Fri. 10-8, Saturday 10-5

OUR MOTIVATION IS SIMPLE:
WE WANT TO GIVE YOU A FREE AMOENA® BRA.

Purchase a selected Amoena breast form during Breast Cancer Awareness Month and take home a FREE Bra.

AFTER BREAST SURGERY many women are motivated to wear Amoena Breast forms. And we have a special offer for that spirited group. Purchase a new, selected Amoena breast form during October and receive a FREE Amoena bra.

AMOENA Offer Ends October 31st

Madelaine's Mastectomy Boutique

Madelaine Blondin C.F.B.O.C. 2903 Marleau Ave. 938-1116



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Business Mgr.

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Victorian & Lace Lingerie

"Cornwall's Favourite Lingerie Store"



Victorian & Lace Lingerie is celebrating three successful years in business with a "tax free" anniversary sale. Mark these dates on your calendar – Oct. 22, 23, 24, and 25.

"We want to thank our customers, and show them how much they are appreciated" states owner Rita St. Pierre. Montreal and Toronto styles are arriving daily now at "Cornwall's Favourite Lingerie Store" in preparation for the fall and winter season.

"We are a high quality lingerie store where you will enjoy personalized service in a friendly, relaxing atmosphere", says Rita.

Lingerie for ladies in all walks of life is available in the shop from small sizes right on up to 3XL and the range of clothing available is astounding.

Everything from comfy flannelette to terry lined satin robes and cuddle satins to teddys, satin nightie and wrap sets can be found.

Also available are everyday items such as bras and panties, slips, camisoles, panty hose and even slippers.

A line of casual sweaters and accessories has been added this fall, just in time for Christmas gift-giving. With the crowds expected this year, now would be a great time to start your Christmas shopping at the reduced prices available during this annual sale.

"We try to meet the needs of the discriminating buyer, but at a price that is distinctly competitive," Rita says. "Of course we also cater to that special person, the bride."

Victorian and Lace has established a special niche for brides and Rita is inviting all future brides to drop in and register their choices. She points out that lingerie showers are becoming very popular in that they allow the bridal attendants and mother of the bridegroom to choose something extra special for the bride.

Rita proudly notes that all her merchandise is of superior quality, made for the discerning customer that wants something more than department store quality.

Our store is overflowing with beautiful fashions because we want to give our customers the best possible selection at the best possible price. A visit to our store is a "must" for everyone, male or female. Many "holiday fashions" have started to arrive – bustiers, lacey chemises, velour bra and panty sets, velour robes, just to name a few.

Your purchase entitles you to a daily draw for a beautiful piece of lingerie. Check the ad on this page for our extended hours for your shopping convenience.

"I have learned that in the business world you have to give a lot of yourself to be successful. The positive comments from our satisfied customers is proof that "quality does count" in today's competitive economy. Being chosen as "Cornwall's Favourite Lingerie Store" has been the icing on the cake."

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"Where irresistible smiles begin"

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FREE DELIVERY OPEN 7 DAYS A WEEK

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Victorian & Lace Lingerie

Cornwall's "Favourite Lingerie Store"

Invites you to take advantage of their

Anniversary Specials



October 22, 23, 24, & 25, 1997

*All purchases are TAX FREE

Enter daily draw for lingerie.
Free gift to first 10 customers every day of sale.

* We pay the taxes

Gift Certificates Available

100 Pitt St. 938-2708

Extended Sale Hours
Wed. 9:30 - 5:00
Thurs. & Fri. 9:30 - 9:00
Sat. 9:30 - 5:00



FEATURING

Mon. to Wed. Senior Perms Only $29.95
- Senior Rates Start at Age 55
10% Discount Everyday of the Week
Haircuts: $6.50 Children, $8.50 Adults
YES! We accept Competitor Coupons



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BARB'S "Introductions"

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At The NAVY CLUB
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OCTOBER 11 "Thanksgiving"
Bring a Canned Good to Donate

OCTOBER 18
Regular Dance

NOVEMBER 1 "Halloween"
Dance to 'Alley Cat'

Doors Open at 6:30 • Dress Code In Effect
For More Info. Call 933-5903

For Christmas or Any Occasion

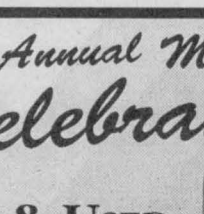
Fruit & Gourmet BASKETS

BARBARA'S FLOWER BOUTIQUE

213 Cumberland 933-5902

1st Annual Mustard Celebration





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Grant DODGE CHRYSLER JEEP

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Rolling ... Rolling ... Rolling ...



"And you'll look sweet, upon the seat, of a bicycle built for ... 30!!!" This bike, built in Calgary, has been responsible in the last three years for raising over $1,000,000.00 for research into Heart and Stroke disease. Pictured above are some of the peddlers who volunteered to ride on October 4th.

(photo by Aubrey Johnson)

Service Award for Canpage

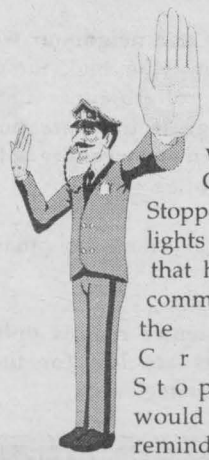
Canpage Communications, Cornwall, Ontario has been honoured with a Ruby Award of Excellence for eight years of outstanding, award-winning service, determined by the Canadian Association of Message Exchanges, Inc. (CAM-X).

The award follows more than six months of testing by a team of independent, specialized judges contracted by CAM-X to evaluate message services across Canada. Companies were judged on their courtesy, response time, accuracy and overall service to their clients - the crucial factors associated with service excellence in telephone messaging services.

Formed in 1964, CAM-X has been conducting this quality service program since 1989. Canpage was presented with this award at CAM-X's 33rd Annual Convention in Saskatoon last week.

CAM-X would like to congratulate the staff of Canpage Communications on their proven high quality level of service to their customers.

Crime Stoppers



Each week, Crime Stoppers spotlights a crime that has been committed in the area. Crime Stoppers would like to remind you that we need information on all crimes - not just the crime of the week.

If you have information on crimes already committed, those about to occur, or on the whereabouts of wanted persons, call Crime Stoppers and you could be eligible for a cash reward.

Your anonymity is guaranteed. When you call, you are assigned a code number. Your call will not be traced or recorded, and the identity of the informant is never known. Crime Stoppers ... it's your program, and it works. Help Crime Stoppers stop crime. Call Crime Stoppers at 937-8477 (TIPS) and for long distance call 1-800-265-8477 (TIPS).

HOROSCOPES

October 12-18

Aries – March 21/April 20

To get what you want this week, Aries, you need to get straight to the point. Don't let others tell you what you need; you know yourself best. That special someone wants to cool things down for a while. Don't get upset. This is not a permanent breakup. Libra plays a key role.

Taurus – April 21/May 21

While you'd much rather be at home, it's not an option this week. Both professional and personal matters throw you into the social arena all week long, Taurus. Try to make the best of it. You meet an intriguing individual at one of the gatherings. Be yourself to win his or her heart.

Gemini – May 22/June 21

Patience is what you really need early in the week, Gemini. It seems as if everyone you know is turning to you for emotional and financial support. Don't let them down, but don't let yourself down either. You have to think of No. 1. Pushing yourself too hard only will make things worse.

Cancer – June 22/July 22

Although you're usually not the one to make the first move, you take the initiative early in the week. You realize that you need to be aggressive to get what you want. Don't let a jealous loved one stand in your way. A close friend sends you a little pick-me-up later in the week.

Leo – July 23/August 23

Your arrogance gets you in trouble this week, Leo. You need to remember that you're not the only one who is talented. You must control your ego. A loved one needs your help to deal with a family crisis. Remain calm, and try to be rational. Capricorn and Libra play key roles.

Virgo – Aug 24/Sept 22

Something that you find brings back fond memories and puts you in a good mood for the entire week. Share your happiness with loved ones and friends. A close friend is going through a rough time. Try to comfort him or her. Aquarius plays an important role later in the week.

Libra – Sept 23/Oct 23

A prudent comment early in the week tips the scales in your favor, Libra. Friends and relatives are on your side, and things go smoothly at work. Nothing can stop you now. That special someone wants to spend more time with you. Don't get nervous; you know that this is what you really want. Sagittarius and Leo play key roles this week.

Scorpio – Oct 24/Nov 22

A loved one needs your help this week, Scorpio. Don't let him or her down; nothing is more important than this. You receive a bonus at work for all of the effort you've been putting in lately. Isn't it nice to be appreciated? You get an interesting letter from an old friend late in the week.

Sagittarius – Nov 23/Dec 21

Happiness is the name of the game this week, Sagittarius. You're in a great mood, and everything is working out well for you. Enjoy it while it lasts. A close friend sets you up with someone. Try not to be nervous; you're sure to have a good time. Cancer plays a key role.

Capricorn – Dec 22/Jan 20

Set a good example for your younger relatives. They look to you for guidance; don't steer them in the wrong direction. A loved one shares a secret with you. While it shocks you, you must keep it to yourself, or else there will be a lot of tension at an upcoming family gathering.

Aquarius – Jan 21/Feb 18

You're on the go early in the week, Aquarius. Don't let your hectic schedule distract you from your responsibilities. A close friend asks for your advice about a personal relationship. Be honest with him or her. However, don't get caught in the middle of a lover's quarrel. Virgo plays a role.

Pisces – Feb 19/March 20

It seems as if everyone you know is holding you back this week, Pisces. No matter how hard you try, you just can't seem to get ahead, and no one will help you. Don't get discouraged; things will change before the week is over. That special someone showers you with romance late in the week.

Help Available To Beat The Bug

Winter's looming large and you may already be thinking of digging out the protective cold weather gear. But what about protection against that other seasonal foe ... the flu?

"Getting your flu shot before winter ought to be as natural as digging out your winter boots and coat," says Gisele Martin of the Eastern Ontario Health Unit. "That one bit of protection can go a long way in ensuring a healthy winter."

The flu bug isn't picky: it'll bite anyone, but Martin says some people are more vulnerable to it than others. Seniors, residents of nursing homes or chronic care facilities, and adults or children with diabetes, cancer, anemia, immunodeficiency (including HIV infection) or chronic heart, lung or kidney diseases, for example, are at greater risk of influenza's serious or life-threatening effects.

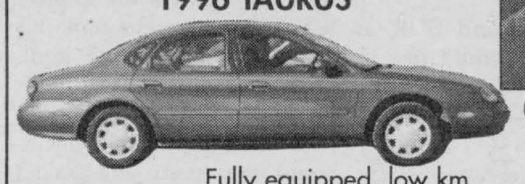
The health unit provides free flu vaccines to anyone in this high risk group. Others may obtain the vaccine from their family doctor.

"Influenza isn't a severe cold. It's much worse and can be deadly. Pneumonia is the most common complication of influenza, and each year it accounts for about 5,000 deaths in Canada," says Martin.

The annual flu shot is the best protection, she says, adding that it prevents flu in about 75 percent of those who received the vaccine, and usually reduces the severity of illness in the others.

"These vaccines are very safe. Most people have no reaction or side-effects whatsoever. Those who do, generally simply experience a mild, temporary soreness around the injection, or a mild headache. That's a small price to pay compared to the potentially fatal effects of influenza," said Martin.

For more information about the flu or information about flu shot clinics in your area please call the Health Line at 1-800-267-0852.

GILLES' SPECIAL OF THE WEEK
1996 TAURUS


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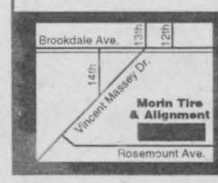

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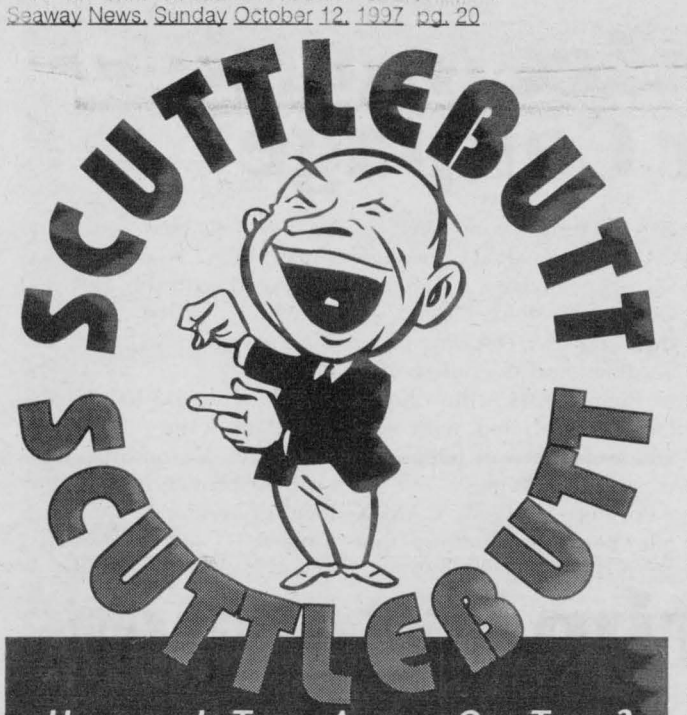

HELLO ... IS THERE ANYONE OUT THERE?

We want to remind everyone out there that this is your public forum ... we need to hear from you, so mail, fax or drop off your little anecdote or gossip to:
329 2nd St. W., Cornwall, Ont, K6J 1G8 Fax 933-0024

A huge Thank You to my dear, sweet, loving brother ... **"The Jersey Farmer"** for taking me out to lunch (even if you were a few weeks late)! Thanks!! *Love your wonderful sister!!*

Harold ... what did you do with Peggy? What rink was that you left her at??

Management and Staff at Seaway News would like to wish everyone a very Happy Thanksgiving.

Thought for the week ... The person with the proper outlook on life has nothing to fear in life or in death.

The diary of Nova Scotia merchant Simeon Perkins, in an entry dated October 12, 1787, apparently records the first UFO sightings in North America. Perkins wrote that many people along the Bay of Fundy had reported seeing "ships in the air".

Something to remember: when you get something for nothing, you just haven't been billed for it yet!

To the young man who delivered my Sears catalogue Wednesday, October 8 at 9:25 am on McKenzie Street - when you took my gas can and filled up your car you committed theft. If you needed gas, you could have at least left a note. Fortunately my neighbours look out for us. I am now in possession of your license number. What should I do?

Seaway Sammy hangs his head in shame! We recently stated in Scuttlebutt that students hired for the summer on a horse farm east of Cornwall were not paid. Seaway Sammy was not very vigilant in pursuing details any further and apologize to all the horse farm owners east of Cornwall and regrets any misinterpretations this may have led to.

Did you know: when British explorer Martin Frobisher landed at Anne Warwick Island in the Arctic on July 30, 1578, while trying to discover a north-west passage, the ship's chaplain, the Reverend Wolfal, conducted the first Thanksgiving service celebrated in North America.

We know what everyone is going to have in their lunches next week. Turkey sandwiches, turkey soup, turkey casserole, turkey something!!

Obviously new to her job, the young waitress did not know what side dishes came with my brother's dinner. She consulted her supervisor, who told my brother the choices while the waitress took his order. "Do you have it all written down?" the older woman asked the waitress before she left. "You remembered the salad and baked potato? Do you want me to check it for you?"

At this point, my brother started to laugh, and then promptly apologized to his waitress. "I'm sorry, but I couldn't help it. She sounded just like my mother."

"Actually," the waitress replied, "she's *my* mother".

I would like to know what a city truck was doing on Sunday, October 5 at 3 pm on the bicycle path (2 men in truck) collecting garbage. Don't they get paid double time and a half for Sunday? Seems to me that the job of collecting garbage could be done on a weekday when workers get paid regular wages. The city must have lots of money to waste, so how come property taxes are supposed to be increased? If taxpayers' money was spent more economically, there would be no talk of tax increases.

PHOTOGRAPHIC RESTORATION



Bring in your cherished family photos & we will bring them back to life!



LOGAN'S GALLERY LOGAN'S GALLERY

A gallery like no other ...
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Cornwall
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Seems items for sale at a few of our local shopping centres during outside sidewalk sales were "free for the taking" recently, as no one was supervising them. Anyone could just help themselves to many items out on display. I wonder how many $$$ are lost during these "unsupervised sales". If it's a shortage of employees, there is surely enough unemployed people in our area who would be happy to work.

At a party: "I just got engaged, but I don't know what to call her. "Fiancée" is too stuffy in the '90s. I think I'll call her my "intendo".

Thanks to a neighbour we now know who took the 2 pairs of rollerblades from our garage. If they are not returned in one week we will call the police.

Rust ruins more tools than overuse.

Ron Chenier reports only 40 tickets are left for the William Bailey event.

WHAT CREATURES ARE LURKING IN YOUR CARPET?



DUST MITE
(Not actual size thank goodness)

Spread the carpet fiber yarns apart and look deep and see! Each day I pull out pounds and pounds of sandy soil out of the base of your neighbor's carpets. It's in yours too! Not only that, your family starts breathing dust mite debris, poliens, pollutants, fungus, spores, bacteria, and a long list of other really gross stuff. Once your carpets natural filtering ability gets full, it's time for a thorough cleaning for your health's sake! We offer you the most thorough cleaning ever – or it's FREE!

933-9303
"THE RED CARPET TREATMENT"
Consumer Awareness 930-9688
Carpet and Upholstery Cleaning

Taxes make up a big portion of what we pay for gasoline. In the US taxes are about 1/3 of the price; in Canada approx. 1/2 and in France fully 80% of what consumers pay for a litre is taxes.

A good idea: to keep sinks and tubs running free, pour a cup of full-strength bleach down the drain every two weeks. The bleach will disintegrate drain cloggers and keep sinks smelling fresh.

Are you bored? If you have some free time to spare and you love animals, the O.S.P.C.A. - SD&G Branch, Cornwall Shelter are always looking for volunteers for a variety fo functions. Please drop by at 550 Boundary Road or call them at 936-0072 / 936-1851 for more information.

A candle loses nothing by lighting another candle.
Fr. James Keller

To the person(s) who went around the neighbourhood in the east end around Holy Cross and Hamilton Cres. throwing eggs at houses, would you not have been better to fry the egg and eat it? I know who you are and the next time you will lick it off my door.

Bouquet of roses to the girls at Creg Quay Landings Restaurant, namely Sophie, Cheryl and Louise for a perfect October 4th reception. Job well done.

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Helpful hints: to get rid of a tough grease stain on a garment, sprinkle talc on the stain and let it sit. The talc will absorb the oil stain in just a few minutes. Afterward, simply flick the powder away and launder.

Danforth Tech will be celebrating its 75th Anniversary and a Reunion will be held at the school on May 2, 1998. In order to make this event a success, we wish to locate as many former students and teachers. Contact the school by writing to: Danforth 75th Anniversary, 800 Greenwood Ave., Toronto, Ontario M4J 4B7. Voice/ fax: 416-393-8042; e-mail: dan75@interlog.com; www.INTERLOG.com/~DAN75.

Hiccups - everybody gets them. They are caused by a stimulation of the vagus and phrenic nerves, which control contraction of the diaphragm muscle under the ribs. Everyone has a favourite cure. Here are a few you may want to try: put a teaspoon of sugar in your mouth and let it dissolve; hold an ice cube or cold can of soda against either side of your throat for no more than a minute; plug your ears for 20 seconds; or simply hold your breath.

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PROP. K. Locey

Mini putt, hotdogs, drinks and face painting all for $3.00 per person is no joke. It is true. On Saturday, October 18th from 11 am to 2 pm a Family Fun Day is planned at Mikey's Fun Factory. All the proceeds from this event will go to the Lights of Hope Campaign. Bring the family and friends, play 18 holes and have some lunch. But most importantly support a great cause while having fun.

A thank you to Dr. M. Viezel and the staff at the St. Lawrence Valley Animal Hospital for their care and compassion at the recent passing of our dog "Beau". Your kindness will always be remembered.

Our friend Aimé Leblanc is in hospital in Ottawa after a bad fall on the ice. Keep up your spirits Aimé and get well soon.

SEAWAY SMILE!

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" ... a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.htm
(Your own submissions are always welcome!)

Life Lines

• Redneck rules: When approaching a four-way stop, the truck with the biggest tires has the right of way.
• "If love is the answer, could you rephrase the question?" —Lily Tomlin
• Good graffiti: No matter how good she looks, some other guy is sick and tired of putting up with her crap.
• It's a fact: The word "samba" means "to rub navels together."
• Say what? Help stamp out, eliminate and abolish redundancy!
• Anagramatic: Snooze Alarms = Alas! No More Z's
• Working definition: Jitterati: Employees in office with 200-proof coffee.
• CompuSpeak: Friends don't let friends drink and delete.
• Working definition: Cube farm: An office filled with cubicles.
• Observation: Nobody's ugly after 2 a.m.
• TouristSpeak: The weather is here. Wish you were beautiful.
• Better bumper sticker: Go ahead and honk. I'm reloading.

Gilles Metivier's campaign team consists of ... Garry Brunet is the campaign chairman; Bill Pickard, Chief Financial Officer; Donald White and Stephan Kolbinger, Fundraising Co-ordinators; Ann Marie Levesque, Phone Canvas Chair; Gerald Samson, Poll Co-ordinator; Tony Oliver, Committee Room Chair; Rudy Longtin, Sign Chair; David Kelly, Advertising and Media Relations.

Mayor Aubry will be attending the Cornwall General Hospital "Celebrity Luncheon", held on October 17th at St. John's Presbyterian Church Hall. He will be among many other celebrities and guests who will be serving tea and coffee ... wonder if he will stay to help with the dishes!

Hey ... heard about Cornwall's best kept secret for lunch?? Try Lola's on Pitt Street in the old A&W. Best of luck Sharon & Mom.

What Do These Famous People Have in Common?

Edwin "Buzz" Aldrin	Astronaut
Diane Arbus	Photographer
Alexander The Great	Monarch
Tai Babilonia	Figure Skater
Honore de Balzac	Writer
Roseanne Barr	Actress
Rona Barrett	Columnist
Charles Baudelaire	Poet
Ludvig Van Beethoven	Composer
Brendan Behan	Poet/Playwright
Irving Berlin	Composer
Hector Berlioz	Composer
John Berryman	Poet
William Blake	Poet
Charles Bluhdorn	Gulf & Western
Napoleon Bonaparte	Emperor
Van Wyck Brooks	Writer
John Brown	Abolitionist
Anton Bruckner	Composer
Art Buckwald	Humorist
John Bunyan	Writer
Robert Burns	Poet

These people are believed to have suffered from depressive disorders in various forms. Yet they are known and remembered, not for their illnesses, but for their achievements.
MENTAL AWARENESS WEEK - OCT. 12 - 18, 1997

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air., auto., cass., p. locks & windows, fully loaded
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1997 PLYMOUTH NEON
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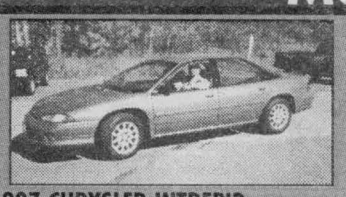
air., auto., cassette, 2 dr.
$12,900



1997 DODGE NEON
(stk #PV1503)
air., auto., cassette
$12,900



1997 CHRYSLER INTREPID
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air., auto., cass., p. locks & windows, fully loaded
$18,900



1996 CHRYSLER LHS
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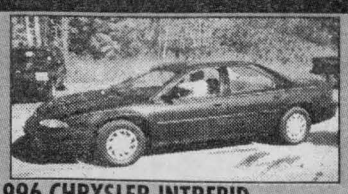

1996 CHRYSLER INTREPID
(stk #PV1422)
air., cass., p. locks & windows, fully loaded
$17,800



1996 CHEVROLET CAVALIER
(stk #PV1455)
air., auto., cassette
$11,900



1996 DODGE GRD CARAVAN LE
(stk #PV1497)
air., leather, p. locks & windows, fully loaded
$24,600



1995 GMC G1500 W/T
(stk #PV1447)
2 wd., auto., cass., V6
$13,400



1995 HONDA CIVIC LX
(stk #97346A)
4 dr., 5 spd., cass.
$14,300



1995 CHEVROLET BLAZER LT
(stk #97430A)
air, cass., leather, cruise, tilt, fully loaded
$28,300



1995 CHRYSLER INTREPID
(stk #PV1478) air., auto., cass., p. locks & windows, loaded, spoiler
$14,900



1995 CHEVROLET LUMINA
(stk #PV1491)
air., auto., keyless entry, tilt, cruise, fully loaded
$14,600



1995 JEEP YJ "SE"
(stk #PV1501)
5 spd., cass., 2 tops, alarm
$17,900



1995 CHRYSLER CONCORDE
(stk #PV1506)
air, auto., p. locks & windows, fully loaded
$16,900



1995 CHRYSLER INTREPID
(stk #PV1508)
air., cass., p. locks & windows, fully loaded
$14,800



1995 DODGE CARAVAN 24T
(stk #PV1509)
air., cass., tilt, cruise, auto.
$16,200



1995 CARAVAN BASE
(stk #PV1512)
air., cass., auto.
$16,000



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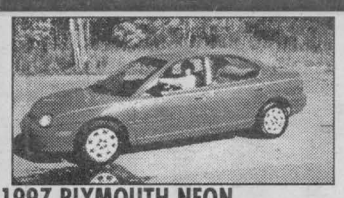


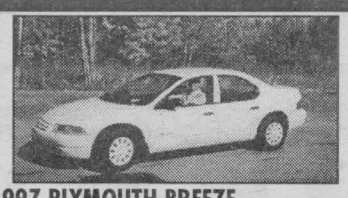
1997 PLYMOUTH NEON
(stk #PV1462)
air., auto., cassette
$12,900



1997 DODGE GRAND CARAVAN SE
(stk #PV1467)
air., auto., cass., p. locks & windows, fully loaded
$23,900



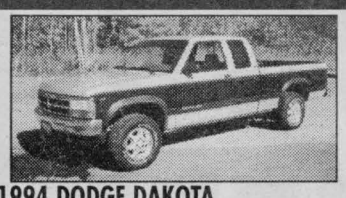
1997 PLYMOUTH VOYAGER SE
(stk #PV1475)
air, auto., p. locks & windows, fully loaded
$23,700



1997 PLYMOUTH BREEZE
(stk #PV1493)
air., auto., cass., tilt, cruise
$17,300



1997 PLYMOUTH BREEZE
(stk #PV1494)
air., auto., cass., tilt, cruise
$17,300



1994 DODGE DAKOTA
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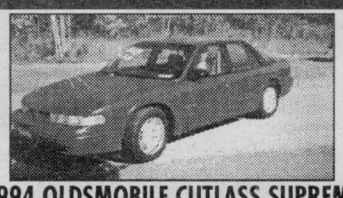
c/c, slt, 4x4, auto., V6, air, fully loaded
$17,800



1994 OLDSMOBILE CUTLASS SUPREME
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$13,900



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air., cass., tilt, cruise, V6, fully loaded
$14,900



1994 CHEVROLET LUMINA APV
(stk #PV1511)
air., cass., tilt, cruise, fully loaded
$13,800



1994 DODGE DAKOTA
(stk #PV1514)
V8, auto., cass., trailer tow
$13,900



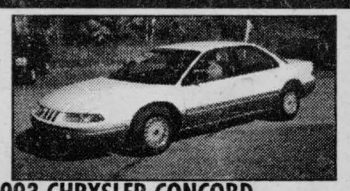
1993 PLYMOUTH VOYAGER SE
(stk #1313A)
auto., air, V6
$13,800



1993 GMC SAFARI SLC
(stk #97184A)
auto., air, cass., cruise, tilt
$13,700



1993 PLYMOUTH VOYAGER 24T
(stk #97319A)
air., auto., cass.
$13,600



1993 CHRYSLER CONCORD
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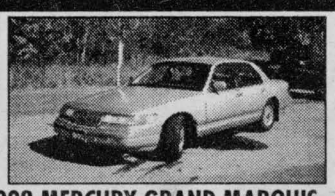
air., auto., tilt, 3.3L
$12,600



1993 BUICK CENTURY CUSTOM
(stk #97577A)
air., cass., auto., V6, fully loaded
$11,700



1993 CHEVROLET ASTRO EXT
(stk #98033A)
air., cass., tilt, cruise fully loaded
$13,000



1992 MERCURY GRAND MARQUIS
(stk #1393A)
air., cass., auto., tilt, cruise, fully loaded
$10,300



1992 PLYMOUTH VOYAGER SE
(stk #97585A)
auto., air, cass., tilt, cruise
$9,400



1992 GMC JIMMY SLE
(stk #98006A)
4x4, air, cass., auto., tilt, cruise fully loaded
$15,200



1992 EAGLE VISTA
(stk #PV1499)
2 dr., auto., cass
$5,700



1991 VOLKSWAGEN JETTA
(stk #97541A)
4 dr., diesel, 5 spd., cass.
$8,200



1991 GMC SIERRA 2WD
(stk #98056A)
c/c, CLC, air., cass., cruise fully loaded
$15,600



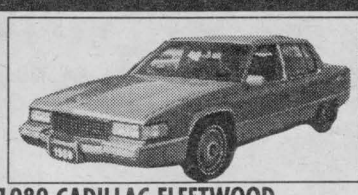
1991 BUICK REGAL CUSTOM
(stk #PV1476A)
air, cass., tilt, cruise, fully loaded
$8,000



1990 PONTIAC GRAND AM SE
(stk #97070A)
2 dr., air, cass., tilt, cruise, fully loaded, as is
$4,500



1990 DODGE GRAND CARAVAN LE
(stk #97530A)
air., cass., tilt, cruise, fully loaded
$8,000



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(stk #97119A)
air., cass., p. locks & windows, fully loaded
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- TAXES INCLUDED
- NO SECURITY DEPOSIT

NO CHARGE 10 oil and filter changes

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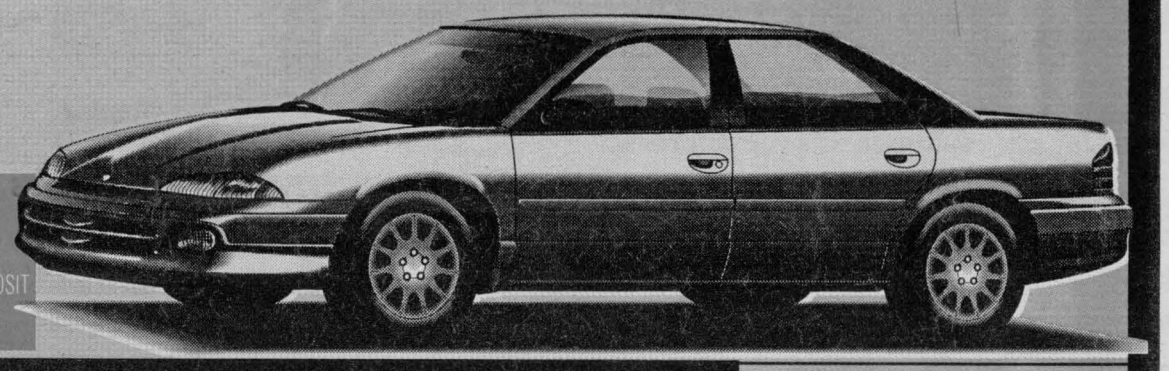
$19,999

$259 PER MONTH FOR 30 MONTHS

PLUS $3,724 DOWNPAYMENT OR EQUIVALENT TRADE $300 SECURITY DEPOSIT AND $790 FREIGHT



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$19,799*

$759 spoiler, hood guard, pin stripe

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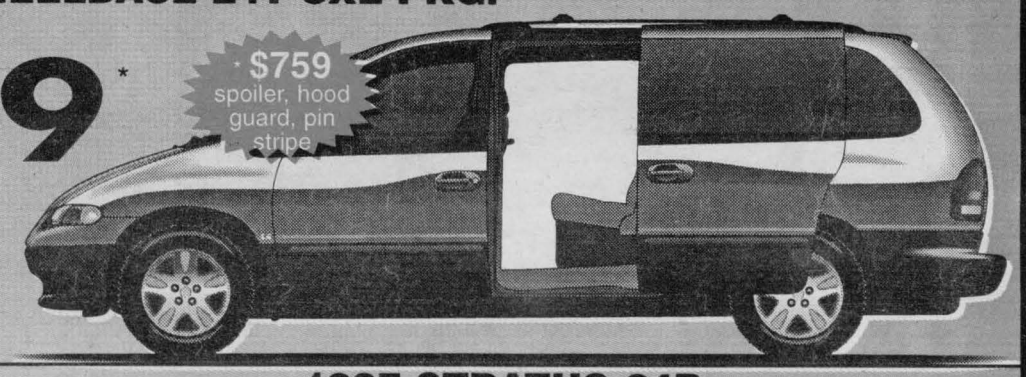
PLUS $2,343 DOWNPAYMENT OR EQUIVALENT TRADE $275 SECURITY DEPOSIT AND $840 FREIGHT





1997 STRATUS 24B

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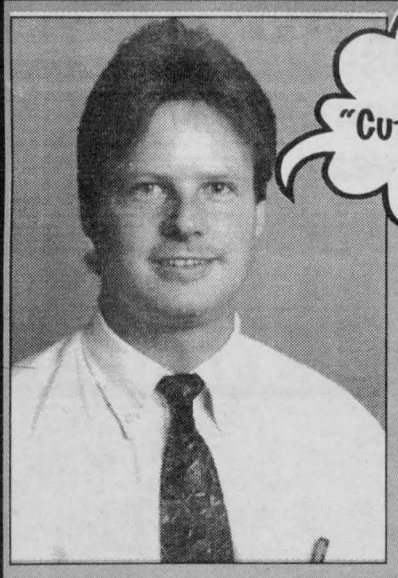

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- Check and adjust engine drive belts
- Check coolant condition and strength
- Inspect front & rear brake system
- Inspect all fluid levels
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- Inspect suspension - shocks, struts, power steering components, hoses and steering linkage.
- Inspect electrical system - battery, wipers, washers, horn, lights, block heater and clean battery terminals
- Road test and report results.

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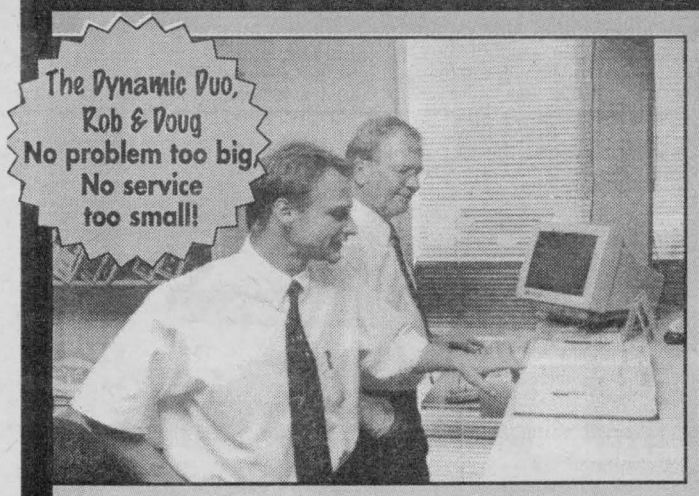
FREE GIFT WITH EVERY SERVICE DURING THIS SPECIAL - knife, dash duster etc.







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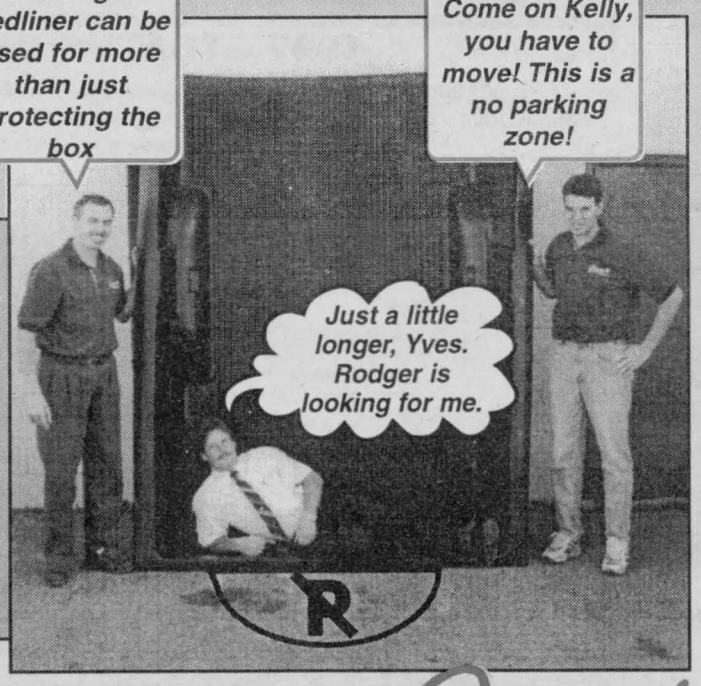

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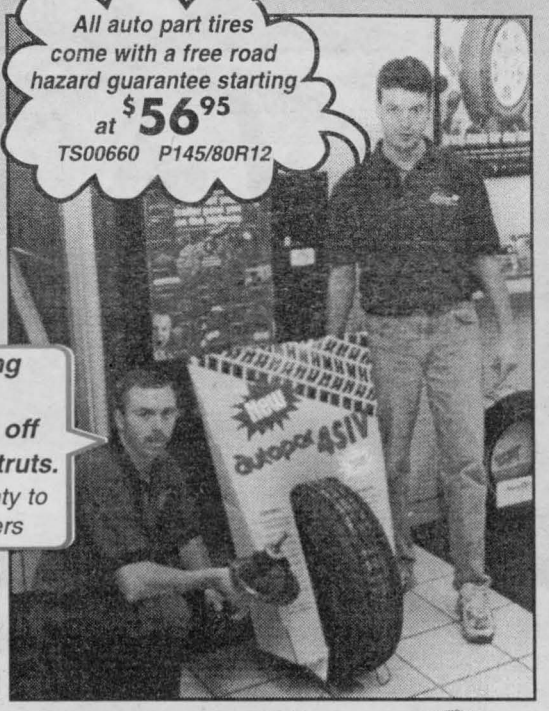

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Skates of Gold



Cornwall skater Dana Grant and his partner Marjolaine Mineau won first place in the Junior Figure 8 Autumn Skate competition held on September 26th & 27th in Ottawa.
(photo by Aubrey Johnson)

Cornwall Auto Stop AA Peewee Minor Rapids

The skates are sharpened and just the right curve has been put on the sticks as the Peewee Minor Rapids started their season this year. On September 25th, the Rapids started their season with a road trip to the B.A. Scott Arena to play the Ottawa West Golden Knights. At the end of a fast skating game, the boys had to settle for a 2-2 tie. Patrick Decoste had the first goal with assists going to Matthieu Bergeron and Brennan Barker. Second goal credits go to Chris Laperle with an assist to Ryne Gove.

Saturday, September 26th, again the Rapids took to the highway to travel to Kanata where they won a well fought game 6-2. A pair of goals were scored by Chris Laperle and singles for Neal Wereley, Brennan Barker, Pat Decoste and Jason Leger. Three assists went to Ryne Gove, while other assists went to Scott Bonneville, Doug Dewar, Robert Marion, Tony Murray and Shane Perry.

Their next away game was played in Orleans on September 29th. Excellent goaltending by Chris Decoste and Jared Amyot gave them a well deserved shut-out winning the game 2-0. Ryan Kuhn-Lalonde pocketed both goals with the assists going to Joshua Cook, Doug Dewar and Chris Laperle.

Their home opener was on October 5th where they met Kingston. Despite solid goaltending by Jared Amyot and a strong team effort, they lost 5-4. Neal Wereley came to play with 2 goals (one unassisted) and also assisted on a goal by Ryne Gove. The tying goal was a penalty shot taken by Ryne Gove. Ryne sailed down the ice to tuck one in behind the Kingston netminder. Game assists went to Chris Laperle and Ryne Gove. Late in the third period, Kingston managed to score another giving them the win.

Golden Age Bowling

Top team singles for the day in the Olympia Golden Age league saw the Rhinos total 1083. Kegling for the Rhinos were: Harold Purcell 162, Joe Arseneault 308, Bea Poirier 175, Jessie Rodger 144, Bea Scott 170 and Bob Eamer 124.

The Raccoons rolled the highest team triple for the day, totalling 3109. Team members were: Pearl Leroux 395, Vernon Eastman 724, Chellis Scott 563, Adrien Seguin 542, Helen Neville 442 and Irene Latreille 443.

What could be our first upset of the season saw the Camels captained by Myrtle Godard edge the Deer (Roy Julien) for a 2-1 win.

Highs rolled: Lionel Boileau 217, Rene Amelotte 215, Thelma Goulet 211, Terry Fellows 210, Art Brand 209, John Peters 209, Therese Beaudette 208, Adrien Seguin 208, Raymond Menard 207, Eleanor Dennis 206, Bill Wilson 205, Dawn Pidgeon 204, Veronica Boileau 201, and Jo Akkermans 201.

Weekly attendance winners were: Eric McCartney, Irene Latreille and Lionel Boileau.


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'97 Reg Campbell Slo-Pitch League Awards

"B" Division Regular Season Champions: **Grumpy's Sports Bar.**

"A" Division Regular Season Champions: **Winner's Pub.**

"B" Division Playoff Runner-ups: **Grumpy's Sports Bar.**

"B" Division Playoff Champions: **Riverfront Diner.**

"A" Division Playoff Runner-ups: **La Rick's Bar.**

"A" Division Playoff Champions: **Winner's Pub.**

Individual Team MVPS: Dennis Boreland (Benoit Mechanical); Mark Whitford (Bill's Sports Bar); Todd Hall (Bistro 226); Scott Guppy (Bob Auline's); Tony Joseph (Eastside Mario's); Alain Desrochers (Freeman's Sport 'N Print); Robin Leblanc (Gator's Sports Bar); Corey Tait (Grumpy's Sports Bar); Fran Maynard (La Rick's Bar); Mark Shaver (Leon's /Avco); Spike Bissonnette (Riverfront Diner); Paul Longchamps (Simmons); Luc Lalonde (Towne Hall); Jamie Normand (Winner's Pub).

Executive of the Year: **Copain Labrecque.**

Umpire of the Year: **Sylvain "Sparky" Bougie.**

"B" Division Sportsmanship Award: **Kevin Bryan,** Grumpy's Sports Bar.

"A" Division Sportsmanship Award: **Randy Martelle,** Eastside Mario's.

"B" Division Regular Season MVP: **Leo Gatien,** J.D. Benoit Mechanical.

"A" Division Regular Season MVP: **Dan Desjardins,** La Rick's Bar.

"B" Division Playoff MVP: **Jake Labrecque,** Riverfront Diner.

"A" Division Playoff MVP: **Paul Jackson,** Winner's Pub.

Player of the Year: **Greg Cooper,** Winner's Pub.

HOCKEY COACHING TIPS

Presented by 3M

Body Contact and Body Checking

If you coach hockey which involves body contact, one of your greatest challenges is teaching players proper checking skills.

Checking is an advanced skill which must be taught only after players master skating skills. To ensure players learn in a safe, non-threatening environment, checking should be taught using a four-step progression: positioning/ angling, stick checks, body contact and body checking.

In positioning/ angling, teach players to read the degree of puck control and control skating speed to force the puck carrier in the desired direction. The angle and speed of approach puts the defender in a position to utilize stick checks like the poke, sweep and hook checks and the stick press and lift.

Progress to body contact only when players can control and contain a puck carrier without body contact. To develop contact confidence, match players in size and ability and use drills like bumping in pairs. Players should never hit opponents by going in the opposite direction or push opponents into the boards.

Body checking should only be taught to skilled, mature players. You are responsible for instilling respect in your players, teaching them to never hit opponents from behind and to keep their arms, elbows and sticks down.

Teach players proper techniques for the shoulder, hip and roller checks and the hit and pin. Ensure your players are always aware of the "danger zone", the 3-4 metres in front of the boards and teach them to absorb checks with the arms and body.

For more information on improving your coaching skills, contact the Canadian Hockey Association, 613-748-5613, or the Coaching Association of Canada, 613-748-5624; or write to the associations at 1600 James Naismith Drive, Gloucester, Ontario K1B 5N4.

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SUNDAY noon - 4 pm

Small Business Week®

Small Business Self-Help Office



As big businesses continue to downsize and many sectors of the economy suffer devastating cuts, the time, it seems, has come for small businesses.

One of the only sectors to experience a positive job creation situation in the last recession, more and more people are unleashing their entrepreneurial spirit - and finding solid support for their ideas.

In Cornwall, the support is available through the Small Business Self-Help Office which opened in early 1994 as a joint venture funded by the city and province.

The office is a place where prospective entrepreneurs can go to get information and assistance from an experienced consultant on starting up a small business in the Cornwall - SD&G area.

"I like what the concept does - it gives free consultation to somebody who really has a good idea, but from there is lost and doesn't know what to do," says Business Self-Help Consultant Mark Kulick.

"If we can educate them before they get into it so they're prepared for as many things as possible, then they've got a better opportunity of being successful."

So if you've been secretly harbouring a business idea but don't quite know how to get the ball rolling, a visit to the Business Self-Help Office could just set your dreams in motion.

The office is open between 8:30 am and 4:30 pm Monday to Friday, however, appointments to see a consultant should be made in advance. The office also offers a number of seminars.

For details on upcoming seminars call the office at 933-0074.

Business Depot Launches Innovative Small Business Service

Business Depot, Canada's largest retailer of office supplies, is launching a series of seminars for small and home-based businesses. The Small Business Success Network is a new program designed for business owners and entrepreneurs to enhance their business skills, promote their business and develop new contacts. Individuals can sign up for four seminars at a cost of only $149 by calling toll-free at 1-800-400-9981 or by faxing an application that can be picked up from any participating Business Depot store in Ontario.

"As a retailer that helps small businesses thrive by offering brand name office products at Every Day Low Prices, it only seemed natural to develop the Small Business Success Network," says Doug Laphen, Vice President of Marketing at Business Depot. "Our goal is to help businesses and home office entrepreneurs to find solutions, and these events will accomplish that by offering our customers networking opportunities and stronger business skills."

The events will be available in most of Ontario and will cover a wide range of topics. Developing Marketing Strategies and Tactics, Communicating More Effectively, Developing Effective Selling Skills and Increasing Personal Confidence are the first four of an array of events. Each session will hold up to 150 Attendees and will be hosted by a successful small business or home office entrepreneur during a 2-1/2 hour morning session. Attendees can be confident that the hosts will offer valuable insight into running a small business, as they themselves have undergone the challenges of building their own business successfully. Each session also includes breakfast, a handout of presentation materials and a quarterly newsletter.

"These events are an effective and affordable way to entrepreneurs to promote their business, meet and mix with other small business people like themselves and learn ideas that are both practical and proven tools to success," says Doug West, Director of the Small Business Success Network. With 10 years of experience in business education and training, West stands behind the value of these events. "We guarantee that there is an event to help any small business improve day-to-day operations and to enhance the personal skills entrepreneurs need to reach their objectives."

Unlike many other business associations, which often charge a series of expensive fees, the Small Business Success Network provides four events at the low price of only $149. Individuals can sign up by faxing an application that can be picked up at any Business Depot location in Ontario, or they can call toll-free at 1-800-400-9981 to register.

Canada's largest office products retailer was founded in Toronto in 1991 by Jack Bingleman, a former president of Beaver Lumber. Currently the chain operates 98 stores across Canada under the banners STAPLES, STAPLES The Business Depot, Business Depot and Bureau En Gros.

For interview opportunities or further information, please contact Doug West, Director of the Small Business Success Network at (905) 681-6878; 3540 Commerce Court, Unit #2, Burlington, Ontario L7N 3L7.

Small Business Week

A History of Celebrating Canadian Entrepreneurs

For the past 17 years, the end of October has come to mean something special to small business owners across the country, and to the Business Development Bank of Canada. It has come to be a time when the Bank - with the help of national and local co-sponsors - have organized Small Business Week®.

While this one-week celebration of entrepreneurship attracts tens of thousands of small business people, its origins are somewhat more modest. The story begins in British Columbia in 1979 when the Bank's Lower Mainland branches (Vancouver, North Vancouver, Vancouver East, New Westminster, Langley, Abbotsford, Chilliwack and Richmond) pooled their resources to hold small business management sessions under a Small Business Week banner.

While the main reason for combining their efforts was to save money, the B.C. branches quickly realized they had struck something remarkable. Business people were not only interested in learning how to better manage their businesses, they wanted to meet their fellow entrepreneurs, and attract public attention.

Business people wanted to tell the country about the important economic benefits they produce. They wanted to tell people about the jobs they create, about the products they develop and about the new markets they explore. Most importantly, they were anxious to tell people that small business had come of age; that they were just as committed, daring and innovative as their big business counterparts.

Riding high on the success of the 1979 experience, Bank staff in British Columbia repeated Small Business Week in 1980 and tripled the number of sessions held for local business. In 1981 the Week was adopted nationally by the Bank and endorsed by the Canadian Chamber of Commerce.

Since that time, the Bank and the Canadian Chamber of Commerce, along with local co-sponsors, organize business fairs, exhibits, workshops, conferences, luncheons, award ceremonies and much more.

Each year a theme is chosen for Small Business Week which reflects the current interests of small business. This year's theme is **Powering Growth, Building Success.**

As the theme suggests, Small Business Week '97 will identify and discuss solutions that are available to entrepreneurs as they tackle the challenges of the new economy and to the many opportunities offered by export markets.

Small business is fuelling Canada's economic growth, sustaining job creation and marking out a new path to prosperity. With ideas that are often daring, innovative processes and an ability to reach out to foreign markets, many Canadian entrepreneurs are poised to meet the challenges of the global business environment.

OCTOBER 20-25, 1997

POWERING GROWTH BUILDING SUCCESS

Calender of Events

Friday, Oct. 17 - *Breakfast with Special Guest the Honourable John Manley M.P. Minister of Industry*
Presented by Team Cornwall
Best Western Parkway Inn - 7:30 am to 8:45 am
Call 933-4004. Tickets $8.00

Mon., Oct. 20 - *Business Planning For The Active Entrepreneur*
Presented by Francis Loughheed
St. Lawrence College, Room A352 - 9:00 am to 4:00 pm
To register call Annette at 933-4693, ext. 2256

Tues., Oct. 21 - *Open House*
Presented by Mail Boxes Etc.
7-841 Sydney Street - 8:00 am to 7:00 pm
Call 933-9696 or Fax 933-1987

Reception for participants and graduates of the Self-Employment Assistance Program
Presented by St. Lawrence College
St. Lawrence College - 7:00 pm to 9:30 pm
Call Annette to register 933-4693, ext. 2256

Wed., Oct. 22 - *The Secrets To Success as an Entrepreneur*
Featuring Special Guest "Mr. William E. Bailey"
Presented by Ron Chenier & Associates
Best Western Parkway Inn - 1:00 pm to 5:00 pm
For ticket information call 932-1007

Preparing a Business Plan Seminar
Presented by Cornwall Economic Development Self-Help Office and the Centre for Business and Industry Services
St. Lawrence College - 6:30 pm to 9:30 pm
Call 933-0074

Canadian Economic Health as Influenced by Independent Business, Government, Lobbyists and the Public
Featuring Brian Grey, Vice President CFIB
Presented by the Investors Group
Cornwall Civic Complex - 7:30 pm to 8:30 pm RSVP. Marla Robitaille 933-7777

Thurs., Oct. 23 - *Business to Business Showcase '97*
Presented by the Cornwall Chamber of Commerce
Cornwall Civic Complex - 2:00 pm to 7:00 pm
Admission $2.00 or two business cards. For details call 933-4004.

Worldwide Lessons in Leadership
Presented by the Centre for Business and Industry Services
St. Lawrence College, Room A352 - 11:00 am to 6:00 pm
Call 933-4693, ext. 2256

Friday, Oct. 24 - *Dealing Effectively with People Workshop*
Presented by P3 Learning
Cornwall Civic Complex - 9:00 am to 4:00 pm
To register please call (514) 453-5107

Worldwide Lessons in Leadership
Presented by the Centre for Business and Industry Services
St. Lawrence College, Room A352 - 11:00 am to 6:00 pm
Call 933-4693, ext. 2256

Scotiabank: How To Manage Your Bank Manager

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The Role of the Bank

As you are putting together your financing proposal, ask yourself "What kind of financing do I really need? Is it debt or is it equity?" If it is equity financing you need, ask your banker for information on alternative sources of such funding.

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A banker's role is normally to deliver debt financing. For you to manage your bank manager effectively, you must clearly understand this function, as well as the differences between debt and equity. Debt financing does not provide the capitalization your business requires, but assists with the day-to-day operating requirements.

Small Business Week®

A Business Banker

At Scotiabank, we deal with a wide variety of businesses. Our bankers are experienced and sensitive to the needs of Independent Business. Scotiabankers are trained to evaluate all aspects of your proposal.

We have systems in place to ensure your request gets a second review from another experienced banker. We will also visit your place of business to gain firsthand knowledge of your company's operations.

Providing Information

Communications must work in both directions to be effective.

If you have agreed to provide your banker with specific information from time to time, and you cannot meet the reporting duties, inform your banker of the delay and give a date when the information will be available. This will build a relationship and create trust between you and your banker.

A Small Business: Astro Printing

Astro Printing Service has been providing our community with quality design and printed products since 1976. As a small business that grew to be Cornwall's largest commercial printing operation, Astro has always kept in mind the full range of products that customers demand. Customers want quick service at a competitive price while still expecting the highest standards in quality.

To remain competitive in today's market, a large selection of services must be offered. Graphic Design and Imaging provided by qualified Graphic Artists working with the latest technology available, press equipment that is well maintained and run by Press Operators with the experience and knowledge to uphold quality and consistency and a Finishing and Binding Department to bring it all together. From beginning to end, Customer Service remains the root to upholding the clients satisfaction.

Marc Ladouceur and the staff at Astro Printing take pride in celebrating Small Business Week and wishes our community growth and prosperity.

Preparing A Business Plan Seminar

The Cornwall Economic Development Self-Help Office and the Centre for Business and Industry Services are presenting a "Preparing A Business Plan" Seminar on Wednesday, October 22nd, 1997 at 6:30 pm at St. Lawrence College, Moulinette Hall – Room 264. Guidelines and good advice on preparing an excellent plan will be discussed. The fee is only $20. Book early. Limited seating.

To Register Call (613) 933-0074 or
1-800-CORNWAL or 933-4693, ext. 2256

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Cornwall Civic Complex
October 23, 1997

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Peewee "A" Royals On A Roll

The Cornwall Peewee "A" Royals training camp opened on September 8th. Over 55 very talented young men came to tryout, only 15 were to be chosen. Coach Al Laframboise knew he had some tough decisions ahead of him. When the final cuts were made, the following young men earned the right to wear the Peewee "A" Royals jersey: Micheil Belmore, Ryan Freeland, Brant Garrow, Cory Hamilton, Chris Hart, Jeff Laframboise, Luc Langlois, Peter Larin, Shawn Mainville, Dave McCourt, Cory Plumadore, Sean Plumondon, Shawn Pollard, Ryan Roy and Troy Sinfield. Joining Coach Laframboise are Tom Hart, Assistant Coach; Larry Garrow and Art Sinfield, Trainers; Gord Plumondon, Manager. Congratulations to all the players and the best of luck for the 1997-98 season.

The Peewee "A" Royals opened their pre-season play against Nepean on September 21. Although they lost 7-3, coach Laframboise was pleased with his team's first outing.

Scoring for the Royals were Troy Sinfield, Cory Plumadore and Ryan Freeland. Assists went to Jeff Laframboise (2) and Peter Larin.

The very next night, the Royals met Brockville, winning with no problems 8-4.

Scoring for the Royals were Ryan Roy and Freeland (2), Sean Plumondon, Luc Langlois, Cory Hamilton and Micheil Belmore. Assists went to Belmore, Sinfield and Plumadore (2), Langlois, Roy, Laframboise, Hamilton and Plumondon (2).

After three hard workouts, the Royals opened the season against East Ottawa easily winning 5-2. The scoring was done by 5 different players: Chris Hart, Belmore, Plumondon, Roy and Langlois. Brant Garrow picked up an assist.

Two days later the Royals played another exhibition game against Brockville with just 13 players. Goalies Dave McCourt and Shawn Pollard made some fine saves to support what appeared to be a tired group of Royals. Let's just say they won 4-3 with two assists coming from Shawn Mainville.

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SEAWAY Scoreboard

Fall Sailing Series - Final Race Results

The final race of the Fall Series and the 1997 sailing season was held recently. The 10 knot wind allowed the racers to sail from Long Sault, through the Rapids section and from there through Cut F to Guindon Park and back to Long Sault. This difficult course lasted two and a half hours and challenged all the boats. We congratulate Lloyd Chaput and his tireless crew for winning by over two minutes.

	TIME			Corrected		
Finish	Elapsed	Handicap				Points
12:59:10	02:29:10	0.746	Chaput	1.8546	01:51:17	0.75
01:00:05	02:30:05	0.758	Williams	1.8961	01:53:46	2.00
01:04:34	02:34:34	0.761	Runnals	1.9604	01:57:38	3.00
01:03:49	02:33:49	0.765	Witherspoon	1.9612	01:57:40	4:00
01:08:34	02:38:34	0.755	Bougie	1.9953	01:59:43	5.00
12:59:43	02:29:43	0.802	Togneri	2.0012	02:00:04	6.00
01:09:25	02:39:25	0.768	Matt	2.0405	02:02:26	7.00
01:14:18	02:44:18	0.746	Jeaurond	2.0428	02:09:34	8.00
01:11:34	02:41:34	0.802	Randlett	2.1596	02:09:35	9.00
01:19:34	02:49:34	0.765	Maloney	2.1620	02:09:43	10.00
did not finish		0.742	Harte			12.00

Cornwall Golf & Country Club

Tied for 1st
Leo Andre
Graeme Doig
Bill Manning
Roy McDonald

Marcel Bissonnette
John Boyd

Don Egan
Reg Evans

2nd Place
Wilf Quinn
Bunny Peters
Leon Lemire
Ken Stewart

Men's Commercial Bowling League

INGLESIDE BOWLING LANES

Max Auto Parts	70 + 9 = 79	*High Triple:*
Heagle Plumbing	62 + 16 = 78	Mike Brunet 315
Bruce Anderson Con.	56 + 17 = 73	*High Single:*
Causeway Auto	54 + 19 = 73	Randy Leclair 731
Computer Sense	57 + 11 = 68	Ingleside Lanes and
Craigs Electric	54 + 10 = 64	Causeway Auto had strong
Gauthiers	48 + 10 = 58	nights making the standings
Ingleside Lanes	31 + 18 = 49	that much closer.

Cornwall Tire Novice Ready For The New Hockey Season

Coaches Gilles Ayotte and Andre Corriveau made their final selections for the 1997-98 squad after a long week of tryouts. Returning to this year's team are Eric Lemire, Christopher Ayotte, Jesse Corriveau, Pat Mainville, Cory Thomas and goaltender Nick Filion. The new additions to the Cornwall Tire Novice this year are Mario Bissonnette, Devin Brunet, Vincent Quesnel, Brook DiGiosia, Jarrett Racine, Nick Gaudet, Cory Piche, Pat Quenneville and Scott Gallant.

The team disputed four exhibition games winning all four of them with a 2-0 win over South Stormont 6-3 and 8-1 victory over Char-Lan and defeating the 1997 league champions from Casselman 4-1. Scoring in the four games were Lemire (9 goals), Corriveau (3 goals), Ayotte (2 goals), Di Giosia (2 goals) with singles going to Mainville, Gallant, Quesnel and Brendon Bureau. The goaltenders Nick Filion and Pat Quenneville were sharp in sharing the duties in allowing only 5 goals in the four games.

Special thanks to the team sponsor Cornwall Tire and to Brunet Brothers for supplying the team with practice jerseys and supplies.

"AA" Major Atoms Get Roll'ed Down

The Seaway Valley "AA" Major Atoms continued to rack up the numbers in the loss column, dropping a 4-2 decision against the Citoyen de Hull. Patrick Lemay opened up the scoring in the first period, on an assist by Josh Legue. It seemed as though the Rapids had the wind in their sails, until Hull fired in three fast ones within a three minute time frame, late in the first. The second period was scoreless, with both teams exchanging goals in the third. Well known aerobics instructor David Snively would have been pleased with the arm stretches of the Hull referee. A total of twelve penalties were called, eight against the home town Citoyen and the remaining four against the good guys. Also scoring for the Rapids was Brent Lariviere on a Chris Baldree assist. Rapids home opener will be this Sunday at 1:30 pm in Maxville. Hope to see you there.



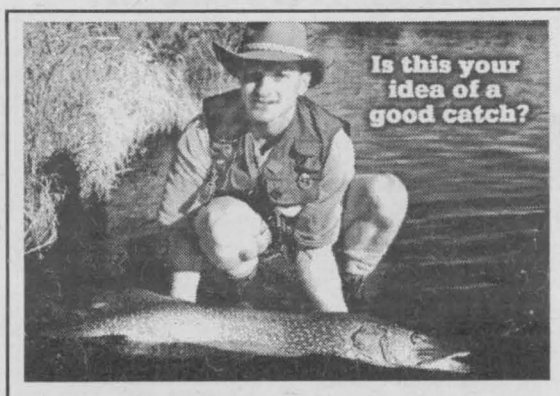
Atom "A" Royals

The 1997-98 Royals went to training with over 49 players showing up from around the district. After a week of hard workouts, only 15 young bloods were left standing.

Coach Ron Belmore had some hard and tough decisions to make, after many pots of coffee and late nights, his team was put together, with such names as Chris Gadbois, Josh Ingram, Brad Crepeau, Josh Brownlee, Scott Cameron, Cody Legue, Glenn Belmore, Cory Gove, Sebastien Cholette, Pierre - Luc Marleau, Chris Matte, Jancik Lalonde, Ian Boots, Joel Langlois and Corey Bough.

After many workouts, the Royals played their one and only pre-season game, winning 3-1 with what Coach Belmore called a total team effort.

The rest of the coaching staff read like this: Assistant Coaches Gilles Crepeau and Tony Ingram; Trainers Ron Boots and Carey Bough and Manager Louise Gadbois.



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True Grit ...

The SD&G Bergeron Electric U-17 girls soccer team thought the season was over but NO – the Ottawa Carleton League said that one more game was needed to see who was the top gun of the two halves of the 16 team division. Under blue sky, at high noon, the Nepean City and Blazers gunslingers gave it their best shot and when the smoke cleared – Blazers had won 3-2 for the league's division championship.

Nepean City Stingers had only lost one game, had won their grouping and were champions of two tournaments. Blazers had won their grouping, were champions of one tournament and had lost only one game – that was to Nepean in a nail-biting 2-1 game. The Blazers were missing three players. Josee Dicaire reflected the team spirit when she said "We play the game!" They called up two U-15 girls and took to the field, DETERMINATION etched on their foreheads.

Nepean showed they hadn't lost the touch. Within five minutes their star playmaker (#2) set up a breakaway and Nepean was up 1-0. Blazers came back and within minutes served notice the game was not over. Krissy Mitchell sent a corner kick towards the Nepean net... Michelle Bergeron, on the far post, moved to the ball and headed it directly into goal... perfect execution of kick and header. The play continued hard and fast up and down the field. Blazers got a break on a free kick about 35 yards out – just right for Monique Paquette who sent her bomb high and into the far corner of the net to give the Blazers a 2-1 lead.

The Nepean coach shifted his star #2 to centre forward and she came deadly close to scoring. Lisa St. Denis had made a diving save on a cross ball. The tipped ball danced away to her right... the crazy bouncing eluded #2 as she kicked the ball into the outside of the post.

At half-time the Blazers coach changed his game plan. Julie-Anne Piette was to shadow #2 no matter where she went while the rest of the Blazers used a 3-3-3 formation. Julie-Anne did the job perfectly; #2 was neutralized and highly frustrated by this unexpected turn.

Nepean still had teeth though and got through to tie the game at 2-2. Two Blazers were hurting – Michelle Bergeron with a knee injury and Kim Leblanc with a sore ankle – but they went back in... couldn't let the team down.

Collisions were frequent and hard but none so hard as when Monique Paquette met the opponents at the ball... you could feel the pain of the Nepean players. Monique is rock hard. This quiet and unassuming person owns centre midfield, plays 90 full minutes at top speed and effort and doesn't back off from anyone for one iota. At about the 75 minute mark, the ball came her way, Nepean players by now held off a half step and it was enough for Monique to chip a shot to Krissy Mitchell. Krissy had been double teamed all game by Nepean defenders but this time she had only their sweeper to beat. No single person stops Krissy. With a burst of speed and a few deeks she left the sweeper behind and put the ball into the net – she made it look so easy.

Nepean is not a top-rated team for nothing. They stormed back to try and tie the game. The Stingers were deep in Blazers territory when the final whistle blew. They didn't know that history had not been on their side – no team has ever scored more than two goals on this Blazers team.

Well, for sure this time it's the last game of the season... and a good example to the coach and the parents about the meaning of "grit".

A heartfelt thanks goes to the U-15 girls, Katie Mano and Jackie Charbonneau who more than held their own throughout the game. They meshed well with the team and gave the U-17 the needed breather.

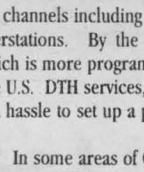
Noteworthy were the "old" couple who hugged and kissed parents of both teams at half time. Blazers were suspicious when they spotted the hairy legs on MADAME BOJO and then the jig was up when "she" (Roland) lost her bosom. Perfect ending to the crazy antics of several of the Blazer parents during the season – great fun was had by all. Now it appears that several of the daughters may need therapy to get over these "moments" by their normally staid parents! Then again ladies, it may be easier just to ground your parents for a few weeks.



LEAGUE CHAMPIONS

The Bergeron Electric S.D. & G. U-17 Girls Blazers are (front l-r): Kim Leblanc, Marie-France Rioux, Krissy Mitchell, Jana Munro, Hannah Papp, Tonya Marsolais, Lesley Knight, Allison Kirkey. Second Row: Nancy Kirkey (Manager), Julie-Anne Piette, Rachelle Desjardins, Michelle Bergeron, Lisa Tran, Monique Paquette, Joseé Dicaire, Ron Bergeron (Coach). Third Row: Lisa St-Denis and Corinne Michaud.

FB UPHOLSTERY



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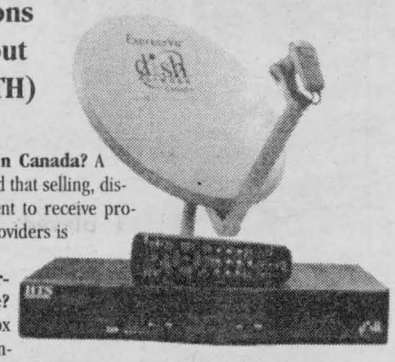
The top ten questions consumers ask about direct-to-home (DTH) satellite



1) Are U.S. Dishes Legal in Canada? A federal court judge recently ruled that selling, distributing and installing equipment to receive programming from the U.S. DTH providers is legal in Canada.

2) Can I switch my U.S. service to a Canadian service? No. Direct-to-home set-top box technology differs from one company to the next. Even in the case of ExpressVu and EchoStar who shared the same technology, the companies' systems are not programmed to receive each other's signals.

3) Why would I buy a Canadian service when I can buy a U.S. DTH service that offers better and more programming? When you buy a Canadian DTH service you have access to the best of both Canadian and American programming. ExpressVu, for example, will offer up to 100 channels including U.S.specialty services - Golf, Speedvision, Playboy and the Superstations. By the winter of next year, ExpressVu will offer up to 180 channels, which is more programming than any North American service presently offers. As for the U.S. DTH services, not only is the legality of their service in question, but it's also a hassle to set up a phony U.S. address to receive programming.

4) Will I get any local programming? In some areas of Canada, local stations will be available. In most cases, television viewers will be able to pick up their local programming using an off-air antenna, which can be connected to your ste-top receiver.

5) Can I get Internet access? ExpressVu's set-top box is now Internet ready with a high speed data port. The company expects to deliver the service when it moves to a more high powered satellite in the fall of 1998.

6) What's the difference between cable and DTH? DTH delivers the best of both Canadian and U.S. programming to homes using a set-top box and 24" (60cm) dish which receives signals directly from the Anki E2 satellite. Cable, on the other hand, transmits programming through miles and miles of fibre optic cable.

DTH delivers a quality digital picture and CD quality music that is not offered by your cable company. Most communities receiving DTH can expect to pay less for their monthly programming than they are currently paying for cable services. ExpressVu, for example, offers consumers a range of monthly programming packages to choose from theat vary in price, from as low as $7.95 to an all-inclusive package of $45.95.

7) Can two or more television sets receive satellite signals? Yes. You can hook up multiple television sets to your DTH system. ExpressVu offers a dual LNBF antenna with their 4500 and 5500 models which can be connected to two separate set-top receivers. More than two televisions can be added by using a multiswitch.

8) Why can't Canadian DTH services offer the same channels as the U.S. services? Canadian programming regulated by the Canadian Radio and Television Commission (CRTC) to encourage and support Canadian culture. Any program that is distributed in Canada requires a license to broadcast from the CRTC.

9) Will I be able to bet HBO? HBO does not have rights to broadcast in Canada. But you should know the Canadian move station - The Move Network (TMN) - offers more first-run studio movies that all three of the U.S. major pay television networks - HBO, Showtime and Starz.

10) Will my satellite receiver be obsolete in a year? The DTH satellite system you choose should be set up to receive software upgrades from the DTH company and include features such as high speed data port to accommodate future technological developments. ExpressVu will offer a free hardware upgrade when the company moves to their high powered satellite in the winter of 1998.

Street Smart Means:

Being Seen at Night

(NC)—Pedestrian "inconspicuity" (the inability to be seen) is a significant factor in vehicle fatalities among children. In fact, the majority of all drivers involved in nighttime accidents sum up its cause in one simple sentence: I didn't see the person."

What accounts for such needless tragedy? More often than not, the victim wore low visibility clothing, including white. Despite widespread belief to the contrary, white is not easily seen by drivers at night. ***Additionally,*** young adult drivers are already losing their ability to see well in darkness. By the time middle age arrives, the eye's ability to adjust quickly to darkness is even more impaired.

Alcohol is, another serious factor in all accidents. So, kids walking home from school, the bus stop or a friend's house or trick-or-treating at night have a lot going against them.

Ideally, of course, youngsters shouldn't be out alone after dark, but with so many working parents, it's impractical to assume that children can be accompanied after dark at all times. Therefore, the street smart message here is: "Be seen at night!"

- Children believe that if they can see the car, the driver can see them. Impress upon the child this isn't so.
- Look for clothes, shoes and accessories with retroreflective material. Kids wearing garments, hats and gloves with such trim are highly visible to approaching motorists.
- Customize-for-safety the head and footwear, knapsacks, T-shirts, pants and jackets your child already owns by sewing on a wide strip of retroreflective material.
- Glue a strip to the toe and heel of all shoes.
- Make sure the retroreflective material offers 360 visibility. Excellent angularity allows the child to be seen at wide angles from the light source, adding an extra margin of safety.
- Provide your child with a flashlight, demonstrate its use and insist it be used.
- Practice walking facing traffic and show your child how to hug the side of the road.

This "Street Smart" message comes to you from 3M Canada Personal Safety Products. For more information contact 3M at 519-452-6715 or write to 3M Personal Safety Products, P.O. Box 5757, London, Ont. N6A 4T1

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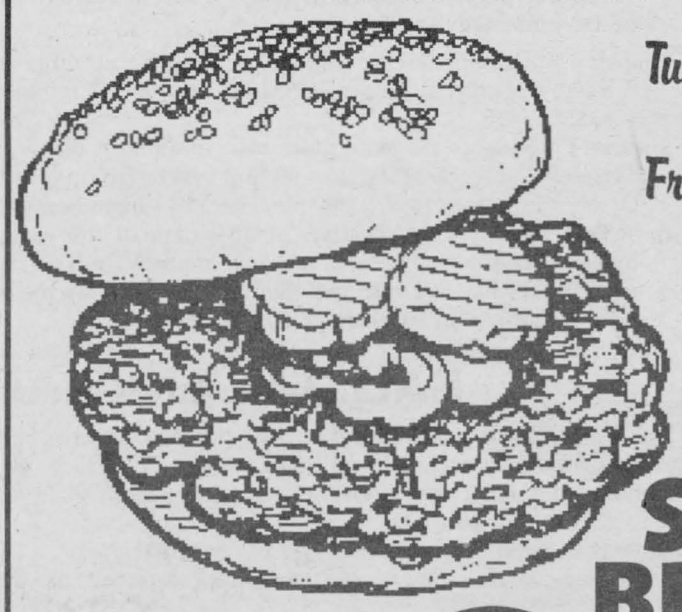

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News for Residents & Businesses

Council Meeting

Tuesday, October 14th, 1997
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Become informed on YOUR local government.
Available on Community Channel 11

Planning Advisory Committee

Monday, October 20th, 1997
at 7:30 pm

City Hall Council Chambers

Starting A Small Business in SD&G

The Cornwall Economic Development Self-Help Office and South Dundas Economic Development Commission, are presenting a Starting A Small Business Seminar on Wednesday, October 1st, 1997 at 6:30 pm at Baldi's Deli, located in the Iroquois Plaza, Iroquois.
Guidelines and good advice on making your business a success will be discussed. The fee is only $20.00. Book early. Limited seating.

To Register Call (613) 543-4558
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Cornwall Economic Development

SOUTH DUNDAS

Fall Leaf and Yard Waste

As part of the City of Cornwall's Waste Reduction Strategy, Fall leaf and yard waste is restricted from disposal at the City Landfill Site. Consequently, fall leaf and yardwaste will not be collected at the curb by the regular waste collection contractor.

We Need Your Help!!

Householders are encouraged to:

- utilize mulching techniques to reduce volume
- utilize backyard composting techniques. The City still has a limited quantity of backyard composters for sale at $15.00 per unit.
- deliver leaf and yardwaste (PLEASE no shrubs, large branches or brush) to the City's Composting Facility located at the Landfill Site on Cornwall Centre Road West between 8:00 am and 4:30 pm - Monday through Friday and 8:00 am to 12:00 noon on Saturdays.

Please de-bag all leaf and yardwaste contained in plastic bags as all plastic bags will not decompose.

- Alternatively, the City will provide leaf and yardwaste collection during the following five (5) week period:

OCTOBER 14, 1997 THROUGH NOVEMBER 14, 1997

Leaf and yard waste will be collected on the same day as the regular garbage/blue box collection day. Bundled shrubs, large branches and brush will be collected via regular garbage collection.

- In order to control contamination, leaf and yardwaste must be contained in the following manner for special collection:
- **Approved compostable paper bags**
- **Clean returnable containers, i.e.: garbage containers**
- **Clear plastic bags**

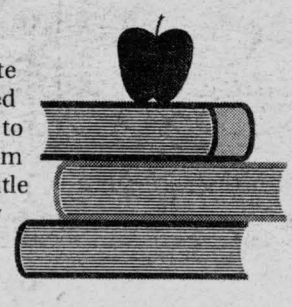
Approved compostable paper bags and/or clear plastic bags may be purchased at local retail outlets.

Please note that leaves and yardwaste contained in non-transparent (green) garbage bags will not be collected via special collection or regular garbage.

For further information please call 937-1777

Let's Celebrate Ontario Library Week

October 20 - October 26



The Cornwall Public Library cordially invites you to celebrate Ontario Library Week. Take advantage of the activities planned during the week of October 20 - October 26, 1997. Monday to Friday, listen to CJSS - Today's Best Country between 4:15 pm and 4:30 pm and try your chance at Match the Author/ Title Contest. Come and meet the Cornwall Colts on Monday evening. Tuesday evening will find you in the company of writer Gisèle Grignon, local author, who will discuss her book "Are we having fun yet?"

Internet anyone? Register at the information desk for the Wednesday evening Internet orientation session with Guy Cuerrier and Frank Weiler. The library gallery will be full of books and baked goods on Thursday, October 23 as the Friends of the Cornwall Public Library gear up for their second annual Giant Book 'N Bake Sale.

On Saturday, October 25 in the morning, francophone kids 6 years and up can join "Décoration de citrouilles" (maximum: 20). In the afternoon take in a game of chess or dress up in your Hallowe'en costume and drop-in to "Spooky Storytime". Come in anytime during that week and be sure to fill a ballot to be eligible for our daily draws. For more information call the library at 932-4796.

Glen Stor Dun Lodge Celebrates Activity Professionals Week October 12 - 18

Live for today - laugh out loud - love each other - learn something new each day.

Activity Professionals Week was introduced to provide a forum for education, networking and standard setting for individuals currently employed in the field as Activity Directors, Assistants or Consultants. These professionals are currently working in Long Term Care Facilities, Day Centres and Retirement Homes.

Activity Professionals provide programs that meet the physical, emotional, social and spiritual needs of clients. They promote and maintain their self esteem and fulfill their obligation of improving the quality of life for them.

Memberships are available to practicing professionals, students and other health related disciplines. For information about becoming a member of this Association, please contact Linda Geisel at 933-3384.

Upcoming Leisure Arts Classes at the Kinsmen Municipal Centre

Kreative Kids Encore: a seven week program for all 7-12 year olds interested in the visual arts program begins on Thursday, October 23rd from 4 - 5:30 pm and ends on December 4th. Fee: $25.

Snapshot Workshop: develop creative use of light and composition in your photographs through this one day on site workshop. Saturday, October 18th from 9:30 - 3:30. Fee: $55.

Survival Cooking: adults learn quick tasty and hearty dishes, like harvest soup, stir fry, casserole and coffee cake (low fat and vegetarian options). Bring a lunch! Saturday, October 18th from 10:00 - 2:00 pm. Fee: $25 + ingredients.

Basic Bead Polymer Crash Course: for all with no or little experience working with polymer clay. Learn the basics of can making, color mixing, how to apply designs and make basic shapes. Finish two pieces of jewellery by the workshop's end. Saturday, October 25th, from 10:00 am - 4:00 pm. Fee: $40.

HALLOWE'EN CRAFTS

Hallowe'en Crafts: original and creative projects centered around a Hallowe'en theme. Saturday, October 25th, from 1:00 - 2:30 pm. Fee: $10.

Hallowe'en Baking: bake a scrumptious spooky surprise. (Ages 6 - 12). Sunday, October 26th, fromm 1:00 - 4:00 pm. Fee: $12.

Ghostly Centrepieces: a gorgeous ghost centrepiece set in a clay pot for indoors or out. (Ages 6-12). Thursday, October 30th, from 5:00 - 6:30 pm. Fee: $10.

Registration takes place in person at the Kinsmen Centre, located at 412 Fifth Street East.
Don't' wait to register, enrollment is limited.
Classes may be cancelled due to insufficient registration.

For more information on these and other workshops, contact Jeff Hughes at 933-3586.

BULLETIN

from the City of Cornwall

Garbage Takes A Holiday Too!!



NO COLLECTIONS ON
MONDAY, OCTOBER 13, 1997

Collection pickups will be a day later.

Example:

Monday's collection will be on Tuesday
Tuesday's collection will be on Wednesday ...

NOTE: Fall leaf and yard waste collections commence on
Tuesday, October 14, 1997

Blue Box Reminders



Put your FULL BLUE BOX at the curb no sooner than 7:00 pm the night before and not later than 6:00 am on collection.

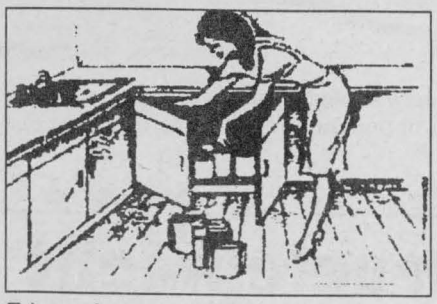
PLEASE PUT YOUR BLUE BOX OUT ONLY WHEN FULL.

HOUSEHOLD HAZARDOUS WASTE DAYS

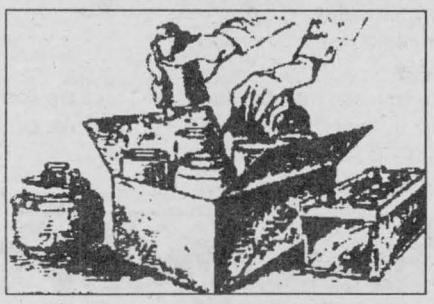
Saturday, Oct. 25 - 8:00 am to 5:00 pm

These dates are your only opportunities to safely dispose of household hazardous waste in 1997

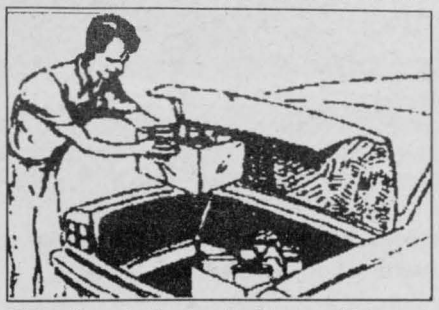
TAKE A STEP IN THE RIGHT DIRECTION



Take a few minutes to go through your kitchen cabinets, basement and garage. Remove all unwanted pesticides, cleaners, aerosols, oils, batteries, paints and solvents.



Make sure these products are tightly sealed and in their original containers. Never mix any of these materials together.

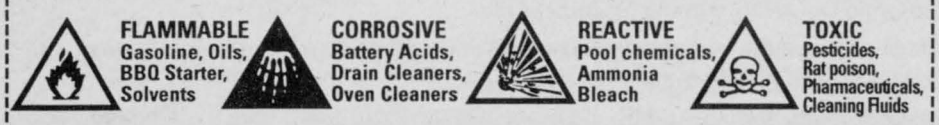


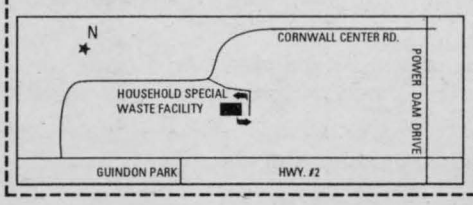
Place them in the trunk of your vehicle and drive carefully to your Household Special Waste (HSW) Facility.



At your HSW Facility, there will be trained professionals who will receive, package, transport and store the materials safely and in compliance with all regulations.

Hazardous waste from commercial or industrial establishments shall not be accepted.





The City of Cornwall Household Special Waste Facility is located at the City's Landfill Site at 2590 Cornwall Center Road West.

For further information please contact the City's Environmental Services Department at 937-1777.

Public Skating

BOB TURNER MEMORIAL CENTRE
Saturday 8:00 - 10:00 pm

October 11
October 18
October 25
November 1
November 15
November 29
December 13
December 20
December 27
January 3, 1998
January 10
January 17
January 24
February 7
February 21
February 28
March 7

CORNWALL CIVIC COMPLEX
Sunday 1:00 - 2:30 pm

October 12
November 9
November 16
November 30
December 7
December 14
December 28
January 4, 1998
January 18
January 25
February 8
February 15
February 22
March 1
March 15
March 22
March 29

Cost:
Children $1.50
Adults $2.00



Senior's Public Skating

CORNWALL CIVIC COMPLEX
Wednesday's 2:00 - 4:00 pm

Cost: Free

October 15, 1997	December 3	February 4	March 25
October 22	December 10	February 11	April 1
October 29	December 17	February 18	April 8
November 5	January 7, 1998	February 25	April 15
November 12	January 14	March 4	April 22
November 19	January 21	March 11	
November 26	January 28	March 18	

TENDERS

TENDER NO. CPS-REC-01 **Supply and installation and maintenance of Computer Equipment for the Cornwall Police Service**

Closing Date:
November 4, 1997
@11:00 am

Persons interested in bidding are requested to obtain the necessary tender documents from Cornwall Police Service Headquarters, 340 Pitt St., Cornwall, Ontario, Main-desk front lobby, during regular business hours (08:30 - 16:00). The lowest or any tender not necessarily accepted. Further information may be obtained by contacting Mr. Norm Boucher at 613-933-5000, ext. 409.

REQUEST FOR PROPOSALS

PROPOSAL NO 97-R10 **Design and Construction Supervision of the Renovation Work of the Justice Building**

Closing Date:
November 4, 1997
@2:00 pm

Persons interested in bidding are requested to obtain the necessary Proposal Documents from the Purchasing Department, 340 Pitt Street, 2nd Floor, Cornwall, Ontario or by telephoning (613) 932-6252, extension 320

REQUEST FOR QUOTATIONS

QUOTATION NO 97-Q64 **Supply of Gasoline & Diesel Fuel**

Closing Date:
October 16, 1997
@2:00 pm

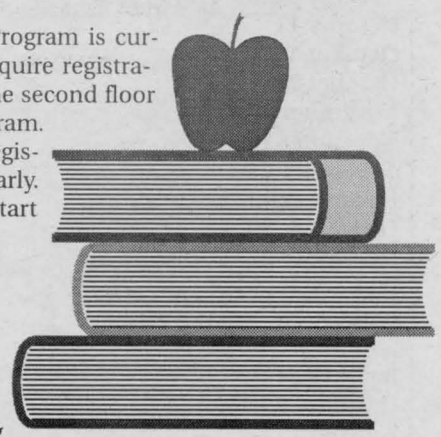
Persons interested in bidding are requested to obtain the necessary Quotation Documents from the Purchasing Department, 340 Pitt Street, 2nd Floor, Cornwall, Ontario or by telephoning (613) 932-6252, extension 320

CITY HALL

News for Residents & Businesses

Children's Programs

at the Cornwall Public Library



Registration for the Fall Session of Children's Program is currently in progress. All programs listed below require registration to be made in person at the YAC desk on the second floor of the library before the start date of the program. each child must have their own library card to register. Enrollment is limited so please register early. Children must be the specified age before the start date of the program.

Kid's Corner:
Mondays, October 6 - November 24
10:00 - 10:45 am
Ages 3 - 5
Send you kids to the corner - the Kid's Corner that is! Preschoolers will delight in this exciting library storytime where a theme is presented each week through books, songs, films, rhymes and crafts. We ask that parents/ caregivers remain in the building while their child is in the program.

Time For Twos:
Tuesdays, October 7 - November 25
10:00 - 10:30 am
2 year olds and an adult escort
This is a special storytime for terrific two year olds and an adult escort. Toddlers will love all of the great stories, songs, activities, games and rhymes being shared in this action packed program.

Le Coin Des Petits
les mercredis, 8 octobre - 26 novembre
10 h - 10h45
Ages: 3-5
Quarante-cinq minutes remplies de contes, chansons, jeux, rimes et bricolages pour les enfants francophones. Les parents ou gardiens devront rester dans la bibliothèque lorsque leurs enfants sont dans un programme.

Babytales:
Thursdays, October 9 - November 27
10:00 - 10:30 am
Ages 12 - 23 months and an adult escort.
They're never too young to be read to! This library program will familiarize infants and their caregivers with books, rhymes, games, creative movement and songs that will keep every baby bouncing.

The Grab Bag Club:
Mondays, October 6 - November 24
3:45 - 4:30 pm
Ages 6 - 8
Join the Grab Bag Club and shake up your after school hours. This is a fun-filled forty-five minutes of stories, activities and games galore.

G.A.S.P. - Great After School Program : (bilingual)
Tuesdays, October 7 - November 25
3:45 - 4:30 pm
Ages 9 - 12
This session, make some sensational stationery and awesome writing accessories.

Sleepytime Stories: NEW
Thursdays, October 9 - November 27
7:00 - 7:30 pm
Family Program (children 3 and under must be accompanied by an adult)
Come in your PJs and bring your favourite stuffed animal to this evening storytime for the entire family.

SUPER SATURDAYS NEW

Le centre fa milial "A partir d'un bon pas" présente:
Cerf volant en papier
samedi 27 septembre
14 h - 14h45
Ages: 6 ans et plus
Maximum: 35
Amusez-vous à fabriquer votre propre cerf volant en papier.

Le centre fa milial "A partir d'un bon pas" présente:
Décoration de Citrouilles
samedi 25 octobre
10 h - 10h45
Ages: 6 ans et plus
Maximum: 20
Décorer une citrouille pour l'Halloween en utilisant des matériaux recyclables.

Spooky Storytime:
Saturday, October 25
2:00 - 2:45 pm
All ages (children 3 and under must be accompanied by an adult)
Come dressed in your Hallowe'en costume and be prepared to be scared in this spooky storytime! Boo!!

A Bunch of Munsch!:
Saturday, November 15
2:00 - 2:45 pm
All ages (children 3 and under must be accompanied by an adult)
Join us as we share a bunch of stories by popular Canadian author Robert Munsch.

Le centre fa milial "A partir d'un bon pas" présente:
Ficelles et bagatelles
samedi 22 novembre
14h - 14h45
Ages: 6 ans et plus
Maximum: 35
Confectionner une guirlande de ficelles pour la saison des fêtes qui approche.

Deck the Halls: (bilingual)
Saturday, December 6
2:00 - 2:45 pm
Ages 6 and up
Drop in and help us make some ornaments to decorate the library's Christmas tree. You can even make a decoration to take home.

Le centre fa milial "A partir d'un bon pas" présente:
Ange de Noël
samedi 13 décembre
14h - 14h45
Ages: 6 ans et plus
Maximum: 35
Venez fabriquer un personnage angélique pour votre arbre de Noël.

Santa's Story Stop:
Saturday, December 20
2:00 - 2:45 pm
All ages (children 3 and under must be accompanied by an adult)
Ho! Ho! Ho! Join us for a wintery library storytime. Who knows? Maybe Santa will make a special stop!

Check-Mates:
Every Saturday
2:00 - 4:00 pm
All ages
Want to learn how to play chess, pick up some new strategies or just practice your game? Drop-in every Saturday afternoon, take on an opponent and get some tips from chess tutor Cliff Labre.

Waterfront Development Information Meeting

Wednesday, October 22, 1997
Cornwall Civic Complex
7:30 pm to 9:00 pm

The City of Cornwall Waterfront Development Committee cordially invites the public to attend a general Waterfront Information Meeting. The meeting will be held **from 7:30 pm to 9:00 pm on Wednesday, October 22, 1997 McLeod Room at the Cornwall Civic Complex.**

Items of discussion concentrating on current activities of the Committee include the following:

1. 1997 Project Updates including the East Front Recreational Trail, Eco-Park/ Gardens and Historic Plaquing.
2. Wood House Museum Relocation Study.
3. Overview of the tentative 1998 Waterfront Development Budget and development of a project priority listing.
4. Comments from the public and other agencies (comment sheets will be provided at the meeting).

The focus of this information session is on projects which are centred along the Waterfront from Lamoureux Park to the east end of the city, including the moving of the Wood House Museum from its present location.

Further details of this meeting may be obtained by contacting the City of Cornwall Planning Department at 932-6252, ext. 328.

BULLETIN

from the City of Cornwall

ELECTION DAY IS MONDAY NOVEMBER 10, 1997

VOTING STATIONS ARE OPEN FROM 10:00 AM - 8:00 PM

WHY VOTE? This year, the Ontario government transferred more responsibility to the municipal level. The representatives you elect in municipal elections will be responsible for budgets totalling millions. How this money is spent on services such as policing, drinking water, roads and sewers, recreational services, etc ... largely determines our day-to-day quality of life. Your vote is important.

97 MUNICIPAL ELECTIONS MUNICIPALES

YOU CAN VOTE IF YOU ARE:
- 18 years old
- a Canadian citizen
- a resident of the municipality from September 2 to November 10, 1997
- a non-resident owner or tenant of a property in the municipality from September 2 to November 10, 1997 (non-residents cannot vote for school board trustees)

WHO MAY VOTE?
Any resident or residential property owner may vote, as long as your name is on the voters list. This list reflects the spring 1997 enumeration. You can check the list in your city, township or village office starting September 2, 1997.

WHO WILL YOU VOTE FOR?
- City: you elect a mayor and 10 councillors, who will represent your municipality
- School Board: trustees are elected from one of the four new district school boards (e.g. English language public school or French language separate school but not both). (Non-residents cannot vote for school board trustees).

WHERE DO I VOTE?
In October you will receive a letter advising you when and where to vote. If you haven't received a notice, call the City's Election Office at 930-2787, extension 309.

CAN SOMEONE ELSE VOTE FOR YOU?
If you are unable to get out to vote on Election Day, you can appoint a friend or family member - called a proxy - to vote for you. Your proxy must register after October 10 and before voting day. A person who votes as a proxy is still entitled to their own vote. A proxy can only vote for one other person, unless those persons are family members. The proxy expires after voting day. A person who has been appointed as a voting proxy shall complete an application in the prescribed form including a statutory declaration that he or she is the person appointed as a voting proxy and present the application and the appointing document to the clerk at the clerk's office, in person Sec. 44(5) MEA 1996. Call your local elections office for more information.

CAN YOU VOTE EARLY?
Yes. For residents of Cornwall, you can vote at the Advance Polls at the Cornwall Public Library on the following dates and times:

Thursday, October 23	12:00 noon to 9:00 pm
Friday, October 24	12:00 noon to 9:00 pm
Saturday, October 25	10:00 am to 5:00 pm
Saturday, November 1	10:00 am to 5:00 pm

Senior Citizens residents from the locations listed below, will have an Advance Voting Station on Saturday, November 1st located within their buildings. Only residents of these buildings shall be permitted to vote at these locations:
120 Augustus Street; 24 Augustus Street; 210 Augustus Street; 15 Edward Street; 41 Amelia Street; 540 Adolphus Street; 600 Glengarry Boulevard

For residents living in the townships and villages surrounding the Cornwall area, please refer to your advance voting location posting available to you from your municipal office.

NEW WAY TO VOTE - SO EASY!
This year, the City of Cornwall is using an automatic vote tabulation system. Voting will be fast and results even faster. The chance of counting mistakes is eliminated. Each system costs $7,000 but pays for itself in two elections. here's how to use it.
1. You get one secret ballot with all the options clearly marked.
2. Use the pen provided.
3. Make your choice by filling in the oval symbol beside the name.
4. Put the ballot into the "secrecy" folder and take it to the Senior Deputy Returning Officer, who will insert the ballot into the automatic system to record your vote.
5. Your ballot is now recorded. each system automatically totals as it goes.
6. When the polls close, the totals from all the polls are sent electronically to the Municipal Election Office to be added together by a central system. Results should be available within an hour after the polls close.

BRING VOTER LETTER WITH YOU TO THE VOTING CENTRE
YOU ARE ENTITLED TO VOTE ONLY ONCE
There are severe penalties for bribery, corrupt practices or interfering with electoral process.

EMPLOYEES TO HAVE THREE CONSECUTIVE HOURS FOR VOTING
An elector whose hours of employment are such that he or she would not otherwise have three (3) consecutive hours to vote on voting day is entitled to be absent from work for as long as is necessary to allow that amount of time. The absence shall be timed to suit the employer's convenience as much as possible.

DEDUCTION FROM PAY PROHIBITED
The employer shall not make deduction from the employee's pay or impose any other penalty for the absence from work (Section 50(3)).

NOTICE OF WARDS, ADVANCE VOTING LOCATIONS, VOTING BY PROXY
Notification letters will be mailed to all households prior to voting day. This letter will indicate the number and voting location you will be reporting to. Please bring your Notification letter with you to the voting location on voting day.

ADVANCE VOTING LOCATIONS
If you are unable to vote on election day, you may vote at an advance voting location. Please refer to the local municipal information box on this ad for the details on the advance locations in your municipality or check your Notification Letter when you receive it.

MONDAY, NOVEMBER 10th, 1997 IS MUNICIPAL ELECTION DAY
Voting Hours are 10:00 am to 8:00 pm

PROXY VOTING (Section 44(1))
A person who is entitled to be an elector in a local municipality may appoint another person who is also so entitled as his or her voting proxy. using the prescribed form.

WHO CAN BE A VOTING PROXY?
The person you appoint as voting proxy cannot be appointed in more than one voting proxy and cannot act as a voting proxy for more than one other person. Sec. 44(2) MEA 1996. The restriction in clause 44(2) does not apply if the proxy and the other person are spouses or siblings of each other, parent and child or grandparent and grandchild.

HOW IS A VOTING PROXY APPOINTED?
A person who has been appointed as a voting proxy shall complete an application in the prescribed form including a statutory declaration that he or she is the person appointed as a voting proxy and present the application and the appointing document to the clerk at the clerk's office, in person Sec. 44(5) MEA 1996.

WHEN CAN A VOTING PROXY BE APPOINTED?
The appointment of a voting proxy may be made only after nomination day and does not remain in force after voting day. The application may be presented at anytime when the clerk's office is open: on the day of an advance vote held under Section 43, it shall be open for this purpose from noon to 5:00 pm.

HOW OFTEN MAY ELECTORS VOTE?
Section 51 MEA 1996 states the following ".. An elector whose name appears on the voters' list for a voting place is entitled to vote there subject to the following rules - An elector may vote in only one of the voting places established for the area of jurisdiction of the municipality or local board as the case may be. However, an elector who is entitled to vote in more than one of the local municipality forming part of an upper-tier municipality is entitled to vote in one voting place established for each of the local municipalities for offices on the local councils, even if the holders of the offices would or could under certain circumstances also be members of the upper-tier council. An elector is entitled to vote only once on a by-law or question and may vote only in accordance with the information relating to him or her on the voters' list."
For other information on voting entitlement, please contact the appropriate Clerk or Elections Office, at the locations indicated in this notice. Instructions on voting procedures will be available at each Voting Centre.
This Notice is issued jointly by the local Municipal Clerks of South Glengarry, North Stormont, South Stormont and the City of Cornwall.

FINANCIAL ANALYST
(term position September 1 - April 30)

The Corporation of the City of Cornwall is currently recruiting for the position of Financial Analyst (Term position - September 1 to April 30) for the Finance Department.

The Financial Analyst (Term Position) will provide timely and accurate financial information; monitor and analyze revenue and expenditure general ledger accounts; and analyze and reconcile balance sheet accounts.

The successful candidate will possess Grade 12 education or equivalent, and graduation from a two-year Community College program (Accounting) or equivalent; possess 2-4 years experience in a related field; must have strong computer skills with extensive experience with spreadsheet applications; and must possess strong verbal and written communication skills.

The City of Cornwall offers a competitive salary and is an equal opportunity employer.

Please submit full resumes until Tuesday, October 21, 1997 to:
The Corporation of the City of Cornwall
Human Resources Department/ File #9709
360 Pitt Street
Cornwall, Ontario K6H 5T9
Fax: (613) 932-2448

SEAWAY BARGAINMART

DEADLINE: THURSDAY 4 P.M.

933-0015

Circulation: 31,499 copies

MasterCard VISA

Ontario Community Newspaper Association

BLANKET CLASSIFIED ADVERTISING

ALL ONTARIO INSERT
188 Newspapers, Min. Cir. 1,499,490

CROSS CANADA INSERT
590 Newspapers, Min. Cir. 4,623,738

CALL FOR DETAILS

SEAWAY NEWS Tel.: (613) 933-0014
Fax: (613) 933-0024
e-mail: snews@seawaynews.on.ca

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $8.50/week 24 words or less, (25¢ each additional word per week).
- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 4 pm Thursday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Published weekly and distributed by Seaway News, 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

WIDOW, EARLY 60's, loves travelling, Country Music, dining out, quiet evenings at home. Looking for male companion in 60's to love and trust. CC1800.

FRIENDS FIRST. Lesbian, 49, owns car, brown eyes, nice smile, faithful, loyal. Seeks feminine Lesbian for companionship, maybe more. Hopeful. Give it a chance. CC1801.

ATTRACTIVE, HANDSOME Ottawa male, seeking female companion for friendship & fun relationship. Reply CC1799.

BI-MALE, SUBMISSIVE, adventuress, cross-dresser, discreet. Seeking gay male or dominate female or couples for role play. S & M, B & D. Any age, race, size. CC1798.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • MUCH MORE
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd., Massena
South 2 miles to Don's Orange Mini Mart
315-764-1954

RETIRED GENTLEMAN, 60 yrs. Financially secure, 5'6". Looking for lady, late 50's, thin, non-smoker, social drinker for sincere relationship, dining out and travel. Please send photo and phone number. Serious inquiries only. CC1797.

CLASSIFIEDS WORK
CALL 933-0015

2 APTS/CONDOS FOR RENT

1 BDRM BASEMENT APT. 4-pce bath, fridge, stove, cable. All utilities included. $375/mth. Available now. No pets. Please call 938-1743.

AVAILABLE NOV. 1ST, 3 large bdrm apt. Hardwood floors, 4-pce bath, laundry hook-ups, new windows, balcony. Good location. No pets. $625/mth, heated. Call 937-3216.

CHARMING, 2 BDRM upstairs apt. 218 Prince Arthur. Oak cupboards, diningroom, laundry hook-ups, parking. $495/mth, plus utilities. Phone 937-4046, after 6:00 pm. No pets.

AVAILABLE IMMEDIATELY, upstairs 1 bdrm apt. Fridge, stove & utilities included, $390/mth. Phone 931-2806.

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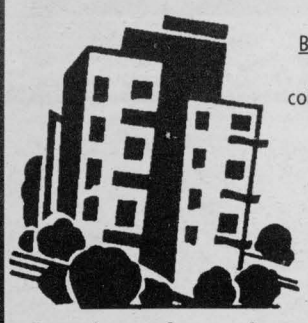

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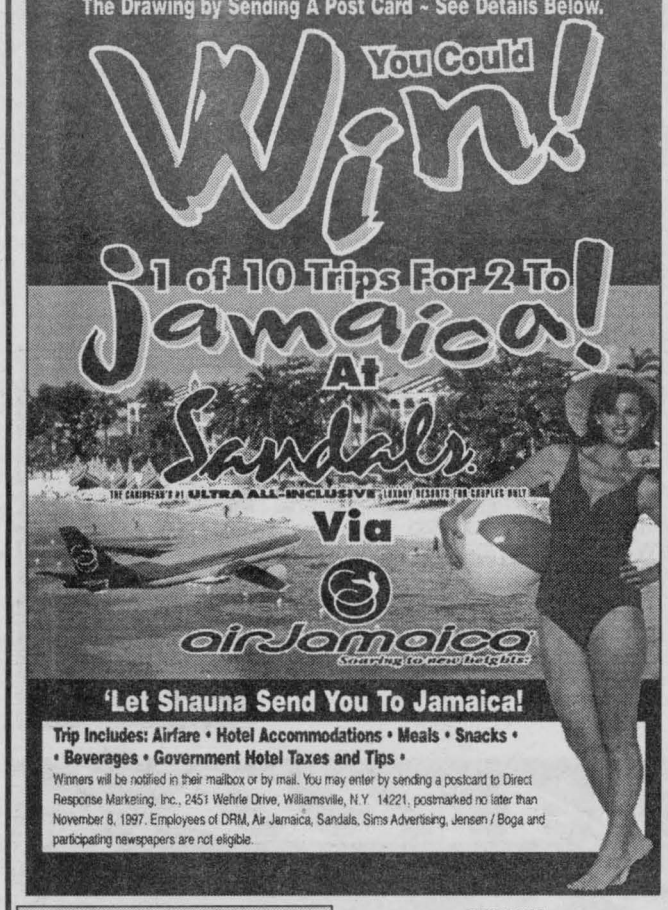

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Humorous, kind, caring SWF, 31, 5'9", 150lbs., brown hair, blue eyes, employed, enjoys playing darts, pool, baseball, watching hockey, would like to meet an honest SM. Ad#.6058

OPEN & HONEST
Happy, fun-loving SW mom, 27, 5'6", 140lbs., brown hair, green eyes, enjoys animals, seeks honest, sincere, faithful SF. Ad#.7250

RESCUE MY HEART
Funny SWF, 22, 5'4", full-figured, brown hair, blue eyes, hobbies include bicycling, dancing, movies, horseback riding, seeks handsome, honest, loyal SM. Ad#.9811

IS IT YOU?
SWF, 64, 5'2", 130lbs., enjoys biking, walking, seeking kind, loving, positive SM, for possible relationship. Ad#.5071

OPEN YOUR HEART
SWF, 31, 150lbs., brown hair, blue eyes, funny, open-minded, enjoys dancing, baseball, fishing, camping, long walks, seeks honest, sincere, kind SM. Ad#.7848

NATURE LOVER
SWF, 37, 5'7", brown hair, hazel eyes, caring, good-humored, enjoys boating, skiing, biking, camping, swimming, seeks communicative, stable, honest SM. Ad#.7390

SOFT-HEARTED...
Good-looking SWF, 36, 5'7", 155lbs., brown hair, green eyes, loving, understanding, enjoys crafts, home life, dancing, traveling, seeks romantic, spontaneous SM. Ad#.3403

FRIENDS FIRST
Slim GWF, 23, green-eyed blonde, funny, outgoing, homemaker, enjoys walking, dining out, snuggling, seeks honest, sincere, trustworthy SF. Ad#.3761

STOP HERE FIRST!
Friendly, cute SWF, 27, N/S, outgoing, humorous, fun-loving, employed, enjoys photography, playing guitar, sports, seeks nice SM, who is easy to get along with. Ad#.9836

LET'S MEET FOR COFFEE
SWF, 32, 5'9", brown hair, blue eyes, humorous, sensitive, caring, employed, enjoys playing darts, shooting pool, baseball, seeks honest, caring, sensitive SM, with similar interests. Ad#.6848

MUST LOVE KIDS
SWF, 20, 5'10", long brown hair, blue eyes, enjoys TV, socializing, seeking outgoing, kind, gentle, faithful SM. Ad#.4004

QUIET MOMENTS
Cute SW mom, 36, 5'3", 110lbs., brown hair/eyes, fun-loving, employed, enjoys long walks, cooking, movies, outdoor activities, seeks fun-loving, faithful SM, who's serious about a relationship. Ad#.9326

IMPECCABLE
Sensitive SWF, 33, 5'2", 120lbs., blonde hair, green eyes, enjoys music, reading, dining out, taking walks, seeks honest, humorous, tall SM, for possible relationship. Ad#.7650

WILLING TO LISTEN?
Caring, trustworthy SWF, 45, 5'5", 122lbs., blonde hair, gray eyes, employed, enjoys quiet evenings, walks, learning new things, seeks humorous, open, honest, romantic SM. Ad#.1213

FAIRY TALE ROMANCE
SW mom, 40, 5'6", 145lbs., sincere, loyal, faithful, enjoys fishing, camping, dancing, movies, seeks family-oriented, commitment-minded SM, with similar qualities. Ad#.9545

WINE & DINE ME!
Fun-loving, sincere SWF, 24, 5'7", brown hair, hazel eyes, enjoys dancing, camping, sports, cards, movies, the beach, seeks playful, fun-loving, employed SM. Ad#.9325

STRAIGHTFORWARD
SWF, 39, tall, good-looking, employed, hobbies include crafts, biking, walking, golf, seeks honest, outspoken, up-front, fun-loving, smart SM, 5'10"+. Ad#.1221

Males Seeking

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GREAT SENSE OF HUMOR!
Happy-go-lucky, disabled SWM, 31, black hair, brown eyes, active, enjoys sports, fishing and various outdoor activities, seeks an honest SF, who likes to cuddle and laugh. Ad#.5267

HONEST AND CARING
Attractive SWM, 39, 5'7", 151lbs., brown hair, green eyes, employed, enjoys motorcycling, weekend travel and quiet times at home, seeks honest, affectionate SF, to spend time with. Ad#.9130

JUST WANT TO BE HAPPY
SWM, 27, 5'10", 135lbs., long brown hair, green eyes, kind-hearted, enjoys sports, fishing, biking, seeks communicative SF, who likes cuddling and watching movies. Ad#.8306

MAKE MY DREAMS COME TRUE
Good-looking SWM, 31, 5'10", brown hair/eyes, kind, sensitive, caring, employed, enjoys movies, biking, walking, seeks honest, open, sincere SWF, who can just be herself. Ad#.7437

PLEASANT APPEARANCE
SWM, 48, blue eyes, neat, secure, sensible, retired, has a variety of interests, seeks intelligent, trim, independent, mature SF, for friendship first, maybe more. Ad#.8535

DETAILS LATER
Nice SWM, 32, 5'8", 190lbs., brown hair, hobbies include fishing, taking short walks and enjoying the outdoors, seeks fun-loving, good-hearted SM. Ad#.6869

MY FUTURE IS YOURS
Healthy SWM, 32, honest, enjoys playing cards, going for walks and much more, seeks nice SM, to share laughter, talks and fun times together. Ad#.5189

DESERVING
SWM, 33, medium build, enjoys photography, drawing, seeking caring, sincere, loving SF, for possible relationship. Ad#.1093

WORTH A TRY
Honest, caring, affectionate SWM, 39, 5'7", 150lbs., brown hair, green eyes, enjoys motorcycles, traveling, the beach, seeking faithful, easygoing SF. Ad#.9230

SERIOUS REPLIES
SWM, 32, honest, sincere, student, enjoys playing cards, long walks, dining out, seeking healthy, fit, employed SM. Ad#.2071

CHEMISTRY?
Good-humored SWM, 35, 5'2", employed, enjoys bodybuilding, quiet evenings, time with the family, seeks open-minded, spiritual, outgoing, sensible SF. Ad#.7374

WHAT A LIFE!
Nice SWM, 48, 5'8", brown hair, good-humored, hobbies are fishing, taking walks, seeks non-judgmental, warm-hearted, witty SF. Ad#.2203

SOMEONE TO BE THERE
Honest, funny SWM, 25, 6'5", medium build, brown hair, blue eyes, likes collecting antiques, fixing old vehicles, birds, animals, seeks honest, caring, sincere SF, with same interests. Ad#.6860

OLD FASHIONED
Clean-shaven SWM, 38, 5'9", 195lbs., salt and pepper hair, conservative, hobbies include camping, hiking, outdoor activities, looking for a confident, self-assured SF. Ad#.7973

LET'S CUDDLE
Blond SWM, 36, 6'1", hazel eyes, congenial, self-employed, hobbies are hockey, quiet evenings, movies, wishes to meet a trustworthy, truthful, loyal SF, children welcome. Ad#.5943

ALL THIS AND MORE
Sensitive SWM, 40, 5'9", 160lbs., long wavy blond hair, blue eyes, enjoys music, fitness, cycling, nature walks, shooting pool, seeks talkative, spontaneous SF. Ad#.6585

VERY ROMANTIC
Athletic, good-looking SBM, 29, 6', 185lbs., adventurous, hobbies include baseball, running, weightlifting, movies, seeks open-minded, adventurous SWF. Ad#.5090

VERY CARING AND LOVING
Outgoing, friendly SW dad, 25, 5'7", 140lbs., physically fit, healthy, N/S, non-drinker, interests include the outdoors, the movies, TV, would like to meet warm, understanding SF, must like kids. Ad#.8372

CELEBRATE LIFE
Employed, easygoing SWM, 30, 6', brown hair, blue eyes, enjoys swimming, hockey, bowling, children, seeks honest, fun-loving SF, for possible relationship. Ad#.4967

I'LL BE THERE
SWM, 31, 5'6", 180lbs., brown hair, hazel eyes, witty, outspoken, likes bowling, fishing, candlelit dinners, seeks honest, faithful SF, with similar interests. Ad#.9161

COUNTRY LIVING
Clean-cut, self-employed SWM, 35, 6', 180lbs., brown hair/eyes, honest, trustworthy, enjoys the movies, dining out, country music, gardening, reading, seeks family-oriented, sincere, caring SF. Ad#.8817

BACK TO NATURE
SWM, 42, 6'2", 190lbs., shy, reserved, N/S, never married, enjoys quiet evenings, country life, tennis, camping, skating, looking for honest, romantic, active, caring SF. Ad#.3247

A GOOD PARTNER
Shy, easygoing SWM, 35, 5'8", 180lbs., brown hair/eyes, employed, enjoys art, photography, music, reading, seeks honest, kind SF, who likes to communicate, no game players. Ad#.4141

ZEST FOR LIFE
Physically fit SWM, 40, 6', blond hair, blue eyes, easygoing, understanding, communicative, enjoys golf, skiing, martial arts, seeks outspoken, open-minded, adventurous SF, 5'4"+, N/S. Ad#.9019

AVAILABLE
SWM, 33, 6',175lbs., blond hair, green eyes, attractive, open-minded, mature, adventurous, employed, lives in Brockville area, likes sports, movies, seeks SF, with similar traits. Ad#.7098

SIMPLE LIFESTYLE
SWM, 35, 6'4", honest, understanding, self-employed, loves animals, dining out, movies, gardening, seeks sincere, trustworthy SF, no head games. Ad#.9952

SPEND TIME WITH ME
Honest SWM, 48, 5'10", 185lbs., blue eyes, easygoing, employed, enjoys golfing, music, dancing, skiing, cooking, would like to meet honest, faithful, dedicated SF. Ad#.6116

FOR THE GOOD TIMES
SWM, 40, 5'6", 170lbs., brown hair/eyes, open, generous, enjoys long drives, boating, camping, dining out, seeks honest, decisive SF. Ad#.9310

WEEKENDS FREE!
Self-employed SWM, 41, 5'9", 140lbs., long dark hair, enjoys camping, fishing, hockey, movies, seeks humorous SM, with a slim build. Ad#.6758

WILL YOU SHARE WITH ME?
SWM, 42, physically fit, pleasant, kind, fun, self-employed, considerate, likes wood crafts, looking for truthful, trustworthy, outgoing SF. Ad#.8879

BROCKVILLE/ST. LAWRENCE
SBM, 39, 5'8", 155lbs., clean-shaven, employed, enjoys the outdoors, farming, seeks compatible, trustworthy, spontaneous, fun SM. Ad#.1497

DOWN-TO-EARTH
SW dad, 41, 5'9", 165lbs., brown hair, blue eyes, glasses, mustache, employed, enjoys golf, playing pool, horseshoes, sports, reading, seeks honest, humorous SF, who likes kids. Ad#.8929

HE COOKS TOO!
SM, 27, 6', 205lbs., green eyes, employed, enjoys martial arts, weightlifting, cooking, music, dancing, seeks, nice, kind, funny, generous, loving, compassionate SF. Ad#.9018

SOUND APPEALING?
Quiet SWM, 38, medium build, a bit shy, hobbies include water skiing, biking, traveling, wishes to meet a happy, smiling, funny SF, with a zest for life. Ad#.3738

COMICAL & FRIENDLY
Good-humored SWM, 48, 240lbs., mustache, short hair, hobbies are fishing, taking walks, joking around, racing cars, seeks nice, honest, witty SF. Ad#.2212

SO HANDSOME
Easygoing, employed SWM, 43, 5'11", 170lbs., dark hair/eyes, plays golf, squash, wishes to meet his soul mate in an attractive S mom, with children who are 14+. Ad#.2455

I KNOW YOU'RE OUT THERE!
SWM, 39, 6', blue-eyed blond, outgoing, fun to be with, enjoys camping, canoeing, darts, volleyball, seeks honest, trustworthy S/DF. Ad#.4398

HIGH MORAL STANDARDS
SWM, 49, 5'9", 165lbs., brown hair, green eyes, personable, compassionate, retired, enjoys sailing, carpentry, travel, computers, seeks sincere, honest, flexible SF. Ad#.9718

HOPES AND DREAMS
Employed SWM, 33, 5'9", brown hair/eyes, muscular build, easygoing, hobbies include bicycling, flea markets, wishes to meet loyal, sincere, faithful SM, who is compatible. Ad#.8086

WANTS TO TRUST YOU
SWM, 50, 5'10", 210lbs., brown hair, blue eyes, quiet, funny, professional, likes reading, music, astronomy, hunting, fishing, seeks stable, honest, mature, compatible SF, for long-lasting relationship. Ad#.8171

DEVOTED DAD
SW dad, 26, outgoing, friendly, self-employed, enjoys sports, romantic evenings, time with his daughter, the outdoors, seeks loyal, trustworthy SF, who loves children. Ad#.9934

DARES TO BE DIFFERENT
Pleasant, easygoing, shy SWM, 38, 5'7", 175lbs., reddish-brown hair, enjoys sports, cooking, seeks truthful, honest, friendly SM. Ad#.6354

RETURN MY CALL
SWM, 37, 5'7", brown hair, hazel eyes, can be quiet and happy, enjoys traveling, camping, movies, playing cards, seeking honest, fun-loving SF. Ad#.8284

CIRCLE THIS AD
SWM, 57, 5'5", 170lbs., blue-eyed blond, peppered beard, enjoys nature, traveling, social events, writing prose and poetry, museums, seeking sharing, independent SF. Ad#.1541

LADY OF MY DREAMS?
SWM, 37, 6', 190lbs., thinning brown hair/eyes, easygoing, employed, enjoys horseback riding, fishing, hunting, seeks feminine, well-dressed, independent SF, for possible relationship. Ad#.4380

SEARCHING FOR YOU
Attractive SWM, 40, 5'9", 175lbs., blond, blue eyes, quiet, self-employed, enjoys reading, golf, outdoor sports, seeks honest, attractive SF, with similar interests. Ad#.3004

HONEST AND SINCERE
Attractive SWM, 35, 6', 190lbs., blue-eyed blond, employed, enjoys dining out, working around the house, seeks attractive, trustworthy SF, who knows what she wants out of life, children a plus. Ad#.6229

MEET THE RIGHT PERSON
Outgoing SW, 40, 6', brown hair, blue eyes, loves camping, the outdoors, boating, canoeing, fishing, seeks outgoing, honest SF. Ad#.6710

LIKES BASEBALL & HOCKEY
SWM, 37, 6', 190lbs., brown hair, easygoing, well-rounded, employed, enjoys horses, the mountains, seeks open-minded, self-sufficient, classy, feminine SF. Ad#.6590

GOOD CHOICE
Upbeat SWM, 36, 5'10", 190lbs., brown hair, green eyes, fit, joker, hobbies are working out, hockey, golf, fishing, wishes to meet an affectionate, sharing, open SF. Ad#.1365

HAPPY-GO-LUCKY!
Tall SWM, 38, blue-eyed blond, outgoing, likes to joke around, enjoys darts, volleyball, camping, seeks honest, trustworthy, humorous S/DF. Ad#.4066

LIVE FOR TODAY
SWM, 35, 5'11", 185lbs., brown hair/eyes, humorous, optimistic, employed, enjoys sports and the great outdoors, seeks trustworthy, outgoing SM. Ad#.1435

OPEN YOUR HEART
Humorous, upbeat SWM, 35, 5'6", 185lbs., short blond hair, self-employed, enjoys swimming, sports and fast cars, seeks honest, trustworthy SF. Ad#.1983

COMMON INTERESTS?
Somewhat shy SWM, 38, 5'8", 165lbs., brown hair, blue eyes, student, enjoys biking, camping, dining out, seeks petite, honest, communicative SF. Ad#.4981

BE HAPPY WITH ME
Cheerful, upbeat SWM, 39, 5'11", 165lbs., black hair, hazel eyes, employed, enjoys bowling, flea markets, seeks honest, levelheaded, spunky SF. Ad#.1847

DAZZLING PERSON!
SWM, 27, 6'1", 140lbs., romantic, adventurous, self-employed, enjoys biking, movies, dancing, horseback riding, seeks honest, faithful, talkative, marriage-minded SF. Ad#.9210

VALUES INTEGRITY
SWM, 32, 6'6", 265lbs., blue-eyed blond, quiet, humorous, enjoys golf, boating, camping, hiking, movies, seeks honest, communicative SM. Ad#.8057

MEET ME FOR DINNER!
SWM, 41, 5'10", 160lbs., blond, blue eyes, happy, honest, enjoys working out, golf, softball, skiing, movies, seeks SF, with a positive outlook on life. Ad#.9526

HONEST & SINCERE
Easygoing, laid-back SWM, 34, 5'10", 160lbs., brown hair, blue eyes, employed, enjoys baseball, bowling, music, seeks trustworthy SF, with similar interests, for long-term relationship. Ad#.9510

TRUE HAPPINESS
Fun-loving, honest SWM, 36, 6'2", 185lbs., light brown hair, greenish-blue eyes, enjoys nature walks, movies, fine dining, good conversation, seeks trustworthy SF, kids welcome. Ad#.2024

FRIENDSHIP FIRST
SWM, 35, 6'2", 190lbs., blond hair, N/S, enjoys country life, nature, outdoor activities, seeks SF, 23-35, who is honest, romantic and caring. Ad#.7478

COULD BE COZY
Easygoing SM, 48, 5'10", 175lbs., physically fit, good-natured, enjoys fishing, dining out, hockey, seeks loyal, trustworthy SF, to spend time with. Ad#.9118

SWEET VOICE
Comical, fun-loving SWM, 30, 5'11", 186lbs., long brown hair, employed, hobbies are reading, music, movies, seeks honest, exciting SM, for friendship. Ad#.4210

RARE FIND
Handsome, spontaneous, humorous SWM, 29, enjoys sports, coffee houses, camping, seeks determined, honest SF. Ad#.1901

CONSIDERED GOOD-LOOKING
Friendly, outgoing, humorous SWM, 32, 5'10", brown hair, green eyes, enjoys the outdoors, sporting events, movies, looking for spontaneous, honest SM, with integrity, to share interests with. Ad#.7276

THE PERFECT GIRL?
Good-looking, down-to-earth SWM, 30, 5'10", brown hair/eyes, employed, likes relaxing at home, movies, walking, jogging, seeking trusting, kind-hearted, childless SF, who's not a phony. Ad#.9711

COMPASSIONATE
Well-built SWM, 30, 5'7", outgoing, humorous, gentle, artistic, open-minded, hobbies are playing guitar and swimming, seeks understanding, witty SM. Ad#.9010

DAZZLING
Well-built SWM, 38, 5'7", 190lbs., humorous, easygoing, employed, enjoys cooking, biking, walks and hiking, seeks honest, sincere, witty SM. Ad#.8546

BASICALLY HONEST
Harmless SWM, 39, 5'8", 180lbs., brown hair, blue eyes, happy, humorous, enjoys flea markets, old furniture, auctions, seeks cheerful, healthy SF. Ad#.7670

GOING MY WAY?
Humorous SWM, 40, 5'9", 140lbs., long dark hair, brown eyes, self-employed, likes fishing, camping, outdoor sports, seeks dependable, nice-looking, personable SM. Ad#.6566

BIG TEDDY BEAR
SWM, 33, 6'4", 270lbs., blue eyes, adventurous, honest, enjoys sports, comforting times, TV, seeks outgoing, straightforward, caring, bashful, witty SF. Ad#.5415

SINCERE ABOUT THIS
Slim SWM, 40, blond hair, green eyes, enjoys going to the lake, swimming, camping, seeks kind, caring SW mom, who has goals in life. Ad#.6868

LIKES REDHEADS
SWM, 38, 5'10", dark brown hair, blue eyes, mustache, fun-loving, outgoing, employed, likes outdoor activities, seeks honest, humorous SF. Ad#.1368

BEST FRIENDS
SWM, 33, 6'1", 175lbs., short brown hair, blue eyes, likes to joke, self-employed, likes four-wheeling, hiking, walking, movies, traveling, seeking trusting, dependable SM. Ad#.2826

GOAL-ORIENTED
SW dad, 30, 6'2", 125lbs., brownish-blond hair, blue eyes, easygoing, employed, enjoys time with son, walks, movies, seeks easygoing, funny, happy SF, who likes kids. Ad#.6456

ROMANTIC AT HEART
Young-looking SWM, 42, 5'8", 155lbs., enjoys dancing, sports, playing cards, biking and movies, seeks sincere, honest, affectionate SF, with a spontaneous nature. Ad#.6768

TEACH ME TO DANCE!
SW dad, 25, 5'10", brown hair/eyes, fun-loving, compassionate, enjoys electronics, radios, cars, seeks honest, open-minded SF, who is good with kids. Ad#.9524

COULD THIS BE YOU?
Athletic SWM, 36, blue-eyed blond, medium build, easygoing, spontaneous, employed, enjoys hiking, biking, fishing, seeks easygoing, honest, loyal SF, who is a little shy. Ad#.2202

GOOD TO KNOW
Good-looking SWM, 25, 5'10", employed, enjoys biking, taking walks, movies, hanging out with friends, seeks down-to-earth, honest SM. Ad#.8326

ADVENTURESOME
Professional SWM, 48, 5'10", 210lbs., humorous, outgoing, enjoys motorcycling, camping, the outdoors, seeks honest, friendly, spontaneous SF. Ad#.8158

LIFELONG HOPES
Shy-natured, sensitive SWM, 40, 5'9", 135lbs., romantic, enjoys sports, model building, seeks honest, affectionate, loving SF, to relate with. Ad#.3797

NICE & HANDSOME
Chipper SWM, 33, 6', 160lbs., brown hair/eyes, employed, enjoys his boat, fishing, sports, outdoor recreation, seeks bright, well-rounded, pretty SF. Ad#.2102

COMMUNICATION
Humorous SM, 36, 6'2", 190lbs., brown hair, bluish-green eyes, enjoys reading, walks, the outdoors, seeking sincere, honest, monogamous SF. Ad#.4304

ARE YOU THE ONE?
SWM, 35, 6'2", brown hair, hazel eyes, outgoing, romantic, enjoys long romantic walks, star gazing, cuddling on the couch, seeks honest, compatible SF. Ad#.2092

COMPATIBLE INTERESTS?
Fun-loving SWM, 28, 6'2", 210lbs., brown hair, blue eyes, self-employed, enjoys skiing, the outdoors, seeking easygoing, communicative SM. Ad#.1749



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KENMORE WASHER/DRYER, almond. Excellent condition. $250. Call 938-3934.

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1 BLACK WROUGHT IRON chandelier. 8 lights, oval shape. Phone 938-8301.

ALMOND KENMORE refrigerator. 10 yrs old. Good condition, works well. $200. Call 931-2640.

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114,000 BTU high efficiency oil furnace. Well maintained with 200-gal oil tank. Call 933-0909.

BURGUNDY LEATHER sofa & recliner chair, $800. Call 932-9936.

1993, 29 FT. Powler trailer. Bunk model with air, awning hitch. Excellent condition. $14,000. 2500 Honda Generater with cover. Low hours, excellent condition. $750. Call 932-4732.

CHIR-O-MED WHIRLPOOL, portable, like new. Boston Breeze oil burner, must be combined with wood stove, ideal for home, cottage or garage. 3 sections of decorative black wrought iron dividers, 1 section 3' wide, 2 other sections, each 18" wide. Phone 525-3349.

WATER COMFORT water softener, $400. Electric baseboard all sizes & thermostat, from $10 to $20. Water bed, almost new, small patch needed when was emptied, $50. Remington chainsaw, small, $40. Metal lazy susan for kitchen cupboard, $5. Snowmobiles, as is, 1979 Polaris Gemini, 1 cyl, $225. 1976 Bombardier Everest, 440 cc, $400. 1976 Bombardier Everest, 340 cc, $500. Husky Bolens double track, easily restored, $300. Small wood stove, 16X20 airtight, glass door, $125. Large wood stove, Free Flow, airtight, $175. Sears Riding mower, 8 hp, 32" cut, $175. Call Marcel after 6:00 pm, 525-3092.

SAMSUNG SYNCMASTER 3" colour monitor & matching keyboard, $200. Fax/Copier machine Sharp UX-172, $250. Smith/Corona electronic typewriter, $50. Canon MP210 adding machine, $35. G.E. answering machine, $25. Package deal, $500. 932-4005.

COMPUTERS & ACCESSORIES, new & used...486DX100, $875, memory 32 mg, $160, P200 $1700, new, 2.5 gig hd. 250 new, MSOffice Pro 97, $250. more...Call 937-3955.

USED RAILROAD TIES, $5. Ideal for landscaping, retaining walls, etc. Also available, switch ties from 9 to 16 ft, utility poles. Delivery at nominal cost. 613-346-5574.

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CASH $$ REWARD for antique & old fishing lures, reels, minnow traps, etc. Make my day. Call today. 938-2600, after 6:00 pm or leave message.

STEEL BUILDING DISTRESS SALE
Must sell 2 brand new all steel quonset buildings. Never erected. One is 30x40. Sacrifice prices.
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6 ARTICLES WANTED

WANTED
Wooden & antique fishing lures, rods & reels, tackle boxes, magazines.
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7 AUCTIONS

AUCTION SALE
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Saturday, October 18th at 11 a.m.
located just north of Cornwall, ON at
17645 Headline Rd. E. at General Truck Repair
1980 Freightliner model 3406B, 400 cab, 1973 26' Winnebago motorhome, 1985 GMC 5 ton dump truck, 2 pull pavers, cargo trailer, riding lawn tractor 16 hp Roper, 1978 RX7 Mazda, 1985 Astro van, 1986 Astro van, 1 ton dump with flat deck, David Brown tractor #950, used truck tires, 45' storage van, 40' ladder, 550 Airco welder, 42" bunk for heavy tractor, aluminum fuel tank, drill press, dolly legs, circular saw, 11x24.5 tires, 11x22.5 tires, hoses, air lift, truck wind tunal, parts, shop tools, 4 portable 2 way radios with chargers, parts, bull Mack vibrator roller, tandem rear ends,Pepsi machine, Reliance electric power motor reducer, office desks, dividers, truck air seat, new & used rims for 1 ton GM & Ford, air filters, oil filters, 7' roller door for garage, 10x20 used tires, 11x22 used tires, plus a lot of other small items
Owner & Auctioneer not responsible for loss or accidents.
TERMS: Cash or Good Cheque
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AT FIBEREZ BATHWARE AND DAVE'S RELIABLE SIGNS
235 Saunders Drive, Cornwall, ON
Directions: Take 2nd Street East to the Saunders Power Plant, right at Saunders Drive. (Watch for Signs)
SATURDAY, OCT. 18 • 9:30 AM
TO BE SOLD STARTING AT 9:30 A.M. AT DAVE'S RELIABLE SIGNS: 60 gal. elec. hot water tank; 250 gal. gas tank and pump; 80,000 b.t.u elec. furnace; 40' storage trailer, Cold Weather elec. panel; 16 h.p. Club Cadet lawn mower, cold weather cab and snow blower; 12 h.p. Canadiana lawn mower c/w twin baggers; misc. double pole sign frames, steel square tube posts.
TO BE SOLD STARTING AT 10:30 A.M. AT FIBEREZ BATHWARE: Approx. 54 units of bathware products consisting of modular tub/showers, whirlpool baths and shower stalls in white, bone and grey colours, some of these units have a slight imperfection. There will be a minimum price placed on these units. No GST or PST will be charged on the sale price.
NOTE: Articles will move quickly. Plan to be there on time so as not to miss these special buys. Units will be sold inside. Rain or shine.
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Thurs., Oct. 16 & Fri., Oct. 17
8:30 a.m. to 5:00 p.m.
Glass door drop front three drawer secretary; mirror back hall seat; Grandfather clock by Howard Miller Clock Co.; mantle clock; buffet; heirloom cedar chest; coal oil lamps; smoking stand; marble top table with brass; maple glass door china cabinet with buffet; end tables; coffee tables; dining room table & chairs & buffet; dishes; glassware; sofa & chair; lamps; wash bowl & pitcher; glass ware; dishes; 2 matching gliders; 3 T.V.'s; corner what knot shelf; linens; chiffonier; queen size automatic adjustable bed, dresser & night stands; brass cherub lamps; books including 6 volumes W.W. 2 "The War in Pictures"; kitchen table & chairs; shelving units; 3 fridges; 3 stoves; freezer; bar fridge, portable dishwasher; washer & dryer; wringer washer; 2 Franklin stoves; Kenmore microwave; Filter Queen vacuum; sewing machine with cabinet; Kenmore BBQ; lawn furniture; lawn mower; antique tool box; tools; chrome table & chairs; other misc. articles.
CAR: 1981 Trans Am 305, auto., 124,000 kms., good condition, not winter driven.
Terms: Cash or Acceptable Cheque.
FLORA GRANT DUMOUCHEL
Auction Services
Ingleside, Ontario
537-2925

9 FARMERS MARKETS

APPLES FOR SALE. Pick your own. $2/basket. Sabourin Road, Glen Walter. Open afternoons, evenings & weekends. Call 931-2423 for more info or leave message.

13 AUTOS FOR SALE

1989 TOYOTA Celica GTS. Low kms, extra clean, loaded, electric sunroof, A/C, 5-spd. Safetied, $7,200. 930-9257.

1988 MERCURY COUGAR XR7. Mint condition, loaded, 302, 116,000 km. White ext./blue interior, Never winter driven. Call 931-3299, after 5:00 pm.

1973 PONTIAC FIREBIRD Formula, 350, 4 speed, good condition. Hasn't been driven in 7 years. $4,500. or best offer. Ph: 931-3299

1990 MERCURY TOPAZ, 4-dr, auto, new tires, new brakes, new exhaust, good condition, $2,200. safetied. 1989 Pontiac 6000, 4-dr, auto, air, good condition, $3,200. safetied. 1989 Chev Corsica, 4-dr, auto, V-6, cruise, air, good condition, $2,200. safetied. Gerard Poirier Auto Sales, 613-525-1656. AH 1-613-874-2440.

1986 PLYMOUTH VOYAGEUR 7-passenger, auto, 4-cyl. 1985 Chev S-10 pickup, club cab, 6-cyl, auto, sunroof, cap. 1985 GMC S15 pickup, club cab, 6-cyl, auto. 1988 Cadillac Elegance, 4 door, 8-cyl, loaded. 1992 Chevrolet Lumina APV van, 6-cyl., auto, a/c, cruise, tilt steering. Vehicles sold are certified. Accept trade-in or best offer. Gravel Motors, 407 Guy, 932-4211.

14 AUTOS WANTED

CASH PAID for unwanted scrap, cars, vans, trucks. Amount depends on year & model. Call 931-9049.

18 BUSINESS OPPOR.

I NEED HELP. Overwhelmed. Will help you get started. Earn 6-figure income. Fantastic support. No selling. Not MLM. Recorded message. 1-800-322-6169, ext. 8302.

I NEED SOMEONE to learn my business in Cornwall. Must have leadership ability & strong desire for above average income. Fax resume to: Box 120 at 613-937-1987.

WELL ESTABLISHED Bakery and Pastry shop for sale. Edelweiss Pastry Shop, East Court Mall, Cornwall. No experience necessary. For inquiries, call 933-3843.

Looking for a good business opportunity?
For sale – well established 5 yr. old business. Up and running well. Central Cornwall. Reason for selling – ill health.
Serious inquiries only
938-6958 after 6 p.m.

FOR SALE, $64,000, 1,300 sq.ft. main building with apartment plus 24X32 insulated steel garage/workshop. Parking for 6 cars. Will sell with or without existing business. 938-8521 or 933-4084.

21 HELP WANTED

WORKING ROCK BAND needs roadie immediately. Must be reliable & available to travel weekends. Salary negotiable. Call Dave at 933-8437 or Mike at 933-3837.

HOMEWORKERS NEEDED! To assemble our products. Free supplies. Start immediately. Free details. Send SASE: Q.S.E., 117T15-1057 Steeles Ave. West, North York, Ontario. M2R 3X1

CENTRE YORK CENTRE is a supervised access centre which provides a safe, neutral environment for children to visit with noncustodial parents. As well, in cases where there can be no contact between parents, monitored exchanges occur. We presently have some openings for energetic, new VOLUNTEER board members who are looking to help children whose parents are in need of supervision. Meetings are held monthly at noon hour. Send your resume to:
Dr. Raymond Legault,
R.H.S.J. Health Centre,
840 McConnell Avenue,
Cornwall, Ont. K6H 5S5
For info. call 938-4240 ext. 2235

Retail Performance Group
We are looking for reliable, self motivated people to do Customer Service evaluations in National Retail Outlets on a contractual basis. May also include merchandising projects. Access to a fax machine is a definite asset. For more information call: 1-905-827-9080 ext. 2016

NOW RECRUITING
International corporation expanding in the Cornwall area. We are recruiting three people who are honest and neat to call on our present customers and contact potential new accounts. Earnings potential of $250 per week while learning.
Call 613-932-6023

HAIRDRESSER WANTED. Rent-a-chair in brand new modern shop. Downtown. Be your own boss. $99/wk, includes GST. Call 933-0274 or 937-3253.

LEADING TELECOMMUNICATIONS company seeks part-time representatives to sell & promote cellular phones for blitz project, November & December, at retail in the Cornwall region. You possess excellent selling skills, have a background in retail, are outgoing & bilingual. Candidates must be flexible, mobile & available to work evenings & weekends. Full training provided. $10/hr. + bonus. Please fax resume to: 514-270-8175.

LOOKING TO HIRE experienced D.J. Call Ray at 938-1962.

23 HOME SERVICES

STRIPALL FURNITURE, stripping/refinishing and repairs. Our specialty is antiques. Free estimates. Call 534-8494.

TOO TIRED to do your housework? Call me for a professional job; light or heavy housework. For more info, call 932-7854.

DOES YOUR WOOD FURNITURE need repair or refinishing? You want custom built, all handmade. Reasonable rates. Call 528-4048 or leave message.

CORNWALL AUTO STOP

BUY OR LEASE

BUY - SELL - EXCHANGE USED VEHICLES

FINANCING ON THE SPOT

HOURS: Mon. - Fri. 9 - 9; Sat. 9 - 5; Sun. 11 - 4
3260 St. Andrews Road **936-1848**

THIS WEEK'S SPECIAL
92 CARAVAN LE



Fully Loaded, 7 pass., 3.3L, 169,000 kms
~~Reg. $8,450~~
SPECIAL ... $7,950

WARRANTY PROTECTION
COAST TO COAST Services
FULLY INSURED FOR PEACE OF MIND
(Applies to most vehicles)

91 OLDSMOBILE NINETY-EIGHT REGENCY



Fully loaded, V6, 3800, 130,000 kms., mint condition, safetied
$9,850

92 MERCURY SABLE GS



Fully loaded, 3.0L, V6, silver/blue, safetied
$5,995

91 CAVALIER SE



4 dr., auto., A/C, 1 owner, 115,000 kms, safetied
~~REG. $5,450~~
SPECIAL ... $4,995

90 OLDSMOBILE NINETY-EIGHT REGENCY



Fully loaded, V6, 3.8L, 89,000 kms, MINT, MINT, MINT, safetied
$6,450

89 PONTIAC 6000 LE



auto., elec. locks, A/C, V6, 2.8, multi port, A REAL GEM, safetied
$4,995

89 FORD TAURUS WAGON



LOADED, 108,000 kms, EXCELLENT COND., safetied
$4,995

90 DODGE SPIRIT



A/C, cruise, new tires, 133,000 kms., safetied
FOR ONLY ... $4,995

89 DYNASTY



A/C, burg./burg. 142,000 kms, safetied
$3,995

90 FIREFLY



4 dr., 118,000 kms., CHEAP ON GAS, safetied
ONLY ... $2,800

85 RIVIERA



Fully loaded, moon roof Get ready for Winter, safetied
~~REG. $3,495~~
SPECIAL ... $2,995

89 GMC SAFARI SLE



ALL THE POWERS, FULLY LOADED, 7 passenger, 4.3L, MINT, MINT, MINT
$7,450

90 MAZDA PICK UP



5 speed, 100,000 kms, DEALER MAINTAINED, safetied
$4,750

88 FORD F-150



New Paint, V8, 145,000 kms, READY TO WORK, safetied
$5,850

CHEVY S-10



YOUR CHOICE ... auto., or standard, V6 or 4 cyl.
AS IS SPECIAL

23 HOME SERVICES

MIKE'S TREE PRUNING, cutting and removal, general yard work, eavestrough and chimney cleaning. Free estimates. Call Mike 931-1251.

Little for Little $
CONSIGNMENT SHOP
Quality Infant/Children's Clothing - Boys / Girls
409 Marlborough St., Cornwall 938-3624

HIRE AN EXPERIENCED woman to do your house cleaning & make life much easier for you. References. Phone 933-6128, ask for Germaine.

PAINTING, ODD JOBS, wallpapering and maintenance. Light truck available. 20 years experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager #930-8851.

Mrs. Dressup
(Costume Shop)
NOW OPEN
Choose from all kinds at affordable prices
SO COME ON DOWN
to Mrs. Dressup
505 Ridgewood Dr.
938-6618
and ask for Colette
Monday to Friday 10 a.m. - 8 p.m.
Saturday 10 a.m. - 4 p.m.
Sunday 12 p.m. - 4 p.m.

ROBERT THE PERFECT HANDYMAN- Reg. Looking to renovate or build. Look no further. We specialize in siding, roofing, drywall, garages, decks, garden sheds & much more. No job too small or too big. We also secure tin roofs. Call Robert at 525-2197 or Numeric Pager #930-8720. Free estimates & work guaranteed. References available.

HANDI LADIES WORK FOR YOU. Handy Ladies are here for you to do the things you don't have time to do. Heavy-duty cleaning, walls, floors, ceilings, windows in/out and more. S.D.& G. area. Call 936-9362 or 936-9150. Save it.

BRICK WORKS. We are a Cornwall based restoration company specializing in all types of masonry repairs. Services: Chimney sweep; Brick and Block; Pointing; Parging; Minor repairs. Please call Bob for a free, no obligation estimate. Telephone 930-9812.

J.R. RESTORATION, Roofing, chimneys/repairs, brickwork, framing, door & windows, ceramic tiling, carpentry, siding, painting. Free estimates. Call J.R. 613-938-7742.

J and G TREE SERVICE. Trimming and Removal. Decks, patios, fences, carpentry. Specialize in backyards where bucket booms can't go. George, 933-4798. Jody, 936-0798.

24 BABYSITTING

MOM OF 2 has home daycare, just off Wales Rd. Great location for Ingleside & Long Sault area. 6 yrs experience. With references. Quality care. 534-2244.

NON-SMOKER, MOTHER OF ONE willing to babysit children in my home anytime. Lots of TLC. Good & healthy meals & snacks. Lots of toys. Big back yard. References available. Lynn St., East end. Call 938-0460.

25 CHILD CARE

A CHILD'S SECRET GARDEN Day Care Centre. The daycare of the arts. We offer music, drama, art & dance in the tradition of progressive European Schools. Full day, half day programs & alternate days. Call 936-6730.

26 BOATS/ MOTORS

1988 LARSON SENZA, 175, V-8 OMC Cobra, sport interior, clean & fast. $10,500. with trailer. Call 528-4038, leave message.

34 HOUSES FOR RENT

FREE RENT FOR OCTOBER. Available immediately, large 2 storey 2 bdrm apt. Fridge, stove, yard, storage space, parking. No pets. Pay own utilities. $475/mth. References req'd. 933-1312 or 933-3394.

3 BDRM BUNGALOW. 2 acre lot. Country setting in the city. Full basement. Appliances if needed. Washer/dryer hook-ups. Close access to 401. Phone 933-4319.

3 BDRM SEMI-DETACHED, 1 1/2 bathrooms. $580/mth, plus utilities. No pets. Available Dec. 1st. Call 936-0184.

AVAILABLE IMMEDIATELY. Side of double tenament. Clean, 3 bdrm, large kitchen, gas heat, $450/mth, pay own utilities or $575/mth, utilities included. 930-9185.

3 BDRM HOUSE, includes parking, washer/dryer hook-ups, finished basement. $575/mth, pay own utilities. Call 938-6671.

2 BDRM BUNGALOW. Refurbished. Large picturesque lot. Private. Finch Village. Ideal for retirees. References. No pets. Aug. 1st. $700/mth, plus utilities. Call 984-2308.

SIDE OF DOUBLE TENEMENT for rent. 3 bdrms, kitchen, livingroom, basement, bathroom, own driveway. Avail. Oct. 1st. $500/mth. About 1.5 miles east of St. Andrews, at light post #17691. Phone 933-4291, after 5:00 pm.

35 HOUSES FOR SALE

422 HILBERT. Cedar & brick bungalow. 3+1 bdrms, attached garage, carport, pool, extra large lot. Must be seen! Asking only $110,000! Call Latreille Real Estate at 938-3800..

SAVE MONEY NOW!
Refinances, purchases and debt consolidations.
Pay off high interest loans & credit cards.
5 Year Mortgage • 5.95%
UPPER CANADA MORTGAGE
930-2592

BOTH PRICE REDUCED! Private sale.Triplex on Alice, partly renovated. Also, 4 bdrm brick house, good location, 537 Adolphus. Low downpayment. Financing available. Phone 932-2135.

CALL 933-0015 TO PLACE YOUR CLASSIFIED AD

LOOKING TO BUY OR SELL TO SETTLE ESTATE: Reduced to $72,000 Hobby Farm 50 acres, 2 story 3 bedroom home with new services, small barn and shed Avonmore area.
$79,500.00: 4 bedroom 2 story home with large detached workshop Avonmore.
75 ACRES $39,500.00: Payne River at back, 20 pasture, balance bush and Domtar plantation, Finch township.
H.M.S. REALTY INC. 346-5721

FOR RENT

218 11th St. W. 3000 sq. ft. front store plus 10,000 sq. ft. or less storage or workshop can be divided.

218 11th St. W. 10 offices for rent. $200 each/mo. Heat & lights included.

408 Pitt St. 3000 sq. ft. top floor 1,200 sq. ft. lower front office.
410 Pitt St. store for rent 1,300 sq. ft. heated

Rooms for rent w/facilities.

414 Pitt St. Bachelor Apts. & room to rent with facilities, starting at $200./mo.

Call 936-8667 or 933-1907

38 OFFICES/ STORES BLDGS.

685 CORNWALL CENTRE RD. 3 work shops with offices for rent, 12.5 ft. high overhead doors, air supplied. $350. & up. Call 932-0481.

STORE FOR RENT, divided in 3 rooms. Corner of Pitt & Third. Parking. Ideal location. Available immediately. Phone: 932-2135.

55 OFFICE EQUIP /FURN.

COMPUTER TRACTOR PAPER, 14-7/8"X8-1/2", 3,500 sheets/box nonperforated. Call Tom 933-0014.

FAX PAPER FOR SALE, Telefax 4000, 5000 + 9000 rolls. Call Tom 933-0014.

57 DJ'S

D.J. STEVE, a member of The Wedding Specialist Group. For all your wedding & party needs. Great tunes at a great price. 937-3499.

QUARTER TON'O'FUN D.J.'s. Music for all occasions. Over 20 years experience. Reasonable rates. We are the Music Heavyweights. Andre: 938-6252.

POWER SOURCE DJ's. Professional, mobile, DJ's. Music for all occasions. Specializing in stags, weddings. Karaoke available. Don't take a chance, book in advance. Call now! Ray: 938-1962 or Rod 936-0652.

59 LIVE ENTERTAINMENT

CORNWALL'S LEADING BAGPIPER. 1987 World Champion Band offered me a position. Learn Amazing Grace in 8 lessons. For lessons, cassettes, weddings, funerals. Bruce Bateman, 613-933-9317.

68 CARTING/MOVING /STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

69 COURSES/ LESSONS

SHOTOKAN KARATE SCHOOL. Courses for everyone. John Sanfield MacDonald Public School, 581 Cheryl St., off Hwy.#138, 6:30-7:45 p.m., Tues-Thurs., 6 yrs & up. $15/mth. Phone 937-0998.

VIOLIN TEACHER
Seeking new students for fall.
Inquiries call 933-7380

CRAFT COURSE starting Oct/97 during the day. Learn how to make your own Christmas gifts & save money. Phone 933-6128, ask for Germaine.

CALL 933-0015 TO PLACE YOUR AD

RE/MAX cornwall realty inc 938-8100



17105 St. Andrew's West. Reduced by $20,000. This custom 5,000 sq. ft. executive residence located on 12 acres. Must View to Appreciate.



19750 Fraser's Point, waterfront log home on very private setting. Panoramic view of St. Lawrence



29 Vin Vista Drive, custom designed residence, dbl. att. garage offering two levels with fantastic view of "Bay"



15504 Manning Road, classy executive many custom features, 2 garages, manicured, 125'x422' lot.



610 Fourth St. East, Elegance plus convenience for the discriminating family, 4 bdrms., att. garage, located private 1/2 acre site



1201 Service Rd. City "horse farm" very private, 35 acres w/3500 sq. ft. exec. residence, dbl



18217 South Branch Road., Secluded classic Tudor residence, dbl. att. garage, Val Mar pool, tennis court, located on 27 acres w/over 2800 tree plantation.



BETTY

CALL
Betty Abraham
Sales Rep
932-0808
Sheila Gatien
Sales Assoc.
931-2850



SHEILA

COURSES/ TRAINING

Enrol Now
Education WORKS OBC
Ontario Business College
55 Water Street West
Cornwall
Business Administration
8 Month Diploma Program
932-4194

Enrol Now
Education WORKS OBC
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Cornwall
Law Clerk
12 Month Diploma Program
932-4194

REAL ESTATE AUCTIONS

REAL ESTATE AUCTION
SATURDAY, OCT. 25
11:00 pm sharp
14 Main Street, Avonmore

TO BE SOLD ON SITE: Large charming century home on a great lot with plenty of mature maple shade trees, attached double garage with loft. Built-in stove, oven and dishwasher - bathrooms up and down, office and laundry room on main floor. Wrap around glassed-in porch and efficient 5 yr. old F.A. oil furnace, combined with airtight wood stove in family room make this lovely old house cozy and remarkably easy to heat. Approved well and septic system (new in 1989). This property would suit a large family, professionals who work out of the home, or even as a Bed & Breakfast business.
This property **will be sold** subject only to a minimum bid of $50,000.
TERMS: $1,000 deposit - balance due on closing. November 28/97. (later closing date is possible)

OPEN HOUSE
Saturday, October 18th • 4:30 - 6:00 p.m.

Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

REAL ESTATE AUCTION
SATURDAY, OCT. 18
11:00 am sharp
328 Second St. West, Cornwall

TO BE SOLD ON SITE: exceptional residential/ commercial mix in desirable location - large paved parking area. Currently used as a real estate office and residence. Zoned special use 20 - perfect for professionals. Original century home fetures maintained and modern upgrades make this unique property a must see. State of the art kitchen and bathrooms; extras include garburator, 4 skylights, stove, fridge, dishwaser, cathedral ceilings in family room and master bedroom, double whirlpool tub, beautiful hardwood flooring, 6 bedrooms, ssunroom, natural gas fireplace ('97), garage, etc.
This property **will be sold** subject only to a minimum bid of $125,000.
TERMS: $1,000 deposit - balance due on closing on or before November 28/97.

Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

REAL ESTATE AUCTION
SATURDAY, OCT. 18
3:00 pm sharp
407-409 Montreal Rd., Cornwall

TO BE SOLD ON SITE: combination residential/ commercial property. #407 is a house with 3 bdrms. upstairs. Vacant Oct. 1st - was rented for $500 plus utilities. F.A. gas furnace, 3 yrs old; roof 2 yrs old; 200 amp service.
Unit #409 is currently rented out as a jewllery/watch repair store at $300/mo. plus utilities. Private driveway. The property is in good condition and is in the heart of "Le Village". This offering represents a great opportunity for an investor or someone who needs good affordable housing.
This property **will be sold** subject only to a minimum bid of $25,000.
TERMS: $1,000 deposit - balance due on closing on or before November 28/97.

Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

NOTICES

CA ONTARIO

NOTICE

John Overton Matthews, of Cornwall, was expelled from the Institute of Chartered Accountants of Ontario on July 25, 1997, by order of the Institute's discipline committee, after having been found guilty of breaches of the Institute's rules of professional conduct.

As a consequence, Mr. Matthews is no longer a chartered accountant and is no longer entitled to use the designation "chartered accountant" or the initials "CA".

The Institute of Chartered Accountants of Ontario is the governing body of chartered accountants in the province, and, among other things, is responsible for enforcing standards of competence and conduct in the interests of the public and the profession.

71 HALL RENTALS

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, over-head projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $400. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

73 LEASES/RENTALS

WHITE STRETCH LINCOLN LIMOUSINE. Available for all occasions. Decide what you want to do, get a price per occasion, not per hour. Gaetan, 613-525-2580.

74 LOST & FOUND

LOST: GOLDEN RETRIEVER in Bonville area on Oct. 5th. Answers to Jake. Please call 937-2693.

76 PET LIVESTOCKS

BROWN EGG LAYERS, also year old white egg layers. Call 347-3489 for more information.

CHOCOLATE LABRADORS. Ready to go. CKC Registered. Top quality. American Lineage. Dewormed. Vaccinated. Call 613-678-2976.

CALL 933-0015 TO PLACE YOUR AD

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Enrol Now For Fall
Quality Career Training For Over A Century
Education WORKS OBC
ONTARIO BUSINESS COLLEGE
College Diploma Programs In:
Business, Health Care, Legal & Specialty Services
Financial assistance may be available.
Graduate In Months, Not Years!
Free Province-wide Employment Support Services
Call OBC today!
(613) 932-4194
Ontario Business College
55 Water Street West
New To Cornwall

LONELY? WHY NOT GET A PUPPY. Beagles, Poodles & others. Vet certified. Shots & dewormed. Boarding. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

DALMATIAN PUPPIES, 4 mths, CKC registered. Vet certified. Written guarantee. Excellent family pet. $275. Avonmore, 346-0030.

BELGIAN/QUARTER-HORSE GELDING. 3 yrs old. 16 h.h. Broke to drive. Working under saddle. Hunter Jumper prospect. Gentle willing temperment. Asking $2,200. 938-6381.

FOR SALE: HORSES, 3 mths & 3 yrs. old. Also, 2 mth old kittens, assorted colours. Call 932-6785.

85 PERSONALS

TAROT CARDS & Tea Cup Readings by Madame Mona. For more info or appointment, call 937-0219.

PSYCHIC - PROFESSIONAL. Relationships, career, money, love, health. Complete advice in all matters. Confidential, 613-933-9122.

PSYCHIC CLINIC STARRING Elantis Alan featuring: Tarot Cards, Tea Cup, Crystal Ball, Total Body Relaxation, Pain Relief, Holistic Healing, Reiki, Spiritual Reader & Adviser. Confidential. 938-2918.

YOUR AD COULD BE HERE ... CALL 933-0014

88 CARDS OF THANKS

THANK YOU FROM Shawna Collins-Campeau for all the beautiful gifts from family, friends & neighbours. Love, Shawna from Osnabruck Centre.

92 NOVENAS

THANK YOU ST. JUDE & the Sacred Heart of Jesus for prayers answered. S.L.

Cornwall Moose Lodge to Host 1999 Convention

The Cornwall Lodge of the Loyal Order of Moose will host the Ontario Moose Association Annual Convention from September 9th to 12th, 1999. Convention Chairman Mike Crowder has been working closely with the Cornwall & Seaway Valley Tourism office for the past several months to win the right to host the convention in Cornwall. "The tourism office has been wonderful - they've helped us out a great deal" stated Crowder. "I'm so excited that we have been awarded the convention. Because it'll be in '99, we're calling it "the great one" and we know it will be just that. The Ramada Inn, where it will be headquartered, has everything we require to make 1999 one of the best conventions ever".

This will be the first time the local lodge will host an event of this size, with 500 delegates, both men and women, expected to attend. In 1984 they hosted the first ever mid-term conference. Tom Blakey, the Regional Director for Eastern Canada, is pleased to be returning to Cornwall in 1999. "With 44 Moose Lodges in Ontario, and with the reputation Cornwall has as a friendly host city, I feel confident that the '99 convention will be well attended".

The Cornwall Branch was chartered in 1971 and presently has 210 members, while the local ladies chapter has 117 members. Anyone interested in becoming a member should call 938-0666 or drop in to the Lodge at 443 Eleventh Street West.



Century 21 SHIELD REALTY LTD. Century 21
465 PITT STREET
938-2121 933-5154

TODD THOMPSON Sales Rep. 938-0640
HENRIETTA DUVALL Sales Rep. 537-2638
GINETTE CAMPBELL Sales Rep. 932-1609
JUDI AUGER Sales Rep. 931-3293
CHARLES SAYYEAU Sales Rep. 933-1558
GERRY PILON Sales Rep. 931-3555
ERIC PEDERSEN Broker 938-9690
MIKE DeBOER Broker 938-7802

We Have The Key to Your New Home

55 MILLE ROCHES REDUCED TO $89,900
(M-MLS 4847) Shows well, open to offers
TODD THOMPSON 938-0640

$99,900 1708 CUMBERLAND
(A-MLS 4949) 3 bdrm. bung., central air
TODD THOMPSON 938-0640

CENTRETOWN $79,900
(A-MLS 5236) Excellent starter home. Many Updates!
TODD THOMPSON 938-0640

18 & 20 BALDWIN $85,000
(A-MLS 5260) Brick dbl. tenement, 3 bdrms. ea., let tenant help pay mortgage, good investment!
DIANE BENOIT 930-4880

NEW LISTING $22,500 IMMEDIATE POSSESSION
(A-MLS 5266) 2 bdrm., mobile home in good condition, includes propane stove & fridge
DIANE BENOIT 930-4880

GOOD EAST END LOCATION
(A-MLS 5270) Move-in condition, large eat-in Kit., fin. bsmt., det. garage
DIANE BENOIT 930-4880

INGLESIDE $59,900
(O-MLS 5269) 174 acres rural land, drilled well on property.
HENRIETTA DUVALL 537-2638

INGLESIDE $109,900
(O-MLS 5117) Great country bung., over 1800 sq. ft.
HENRIETTA DUVALL 537-2638

114 JOBIN AVE. $75,900
(A-MLS 5238) Excellent home for 1st time buyers. Newly renovated interior, 2 bdrms., lg. workshop/garage and lot.
GINETTE CAMPBELL 932-1609

877 LAFLIN AVE. $104,900
(A-MLS 5103) Beautiful 4-level split featuring 3 bdrms., rec rm, fireplace, pool, dbl paved drive, much more
GINETTE CAMPBELL 932-1609

DUPLEX $61,900
(A-MLS 4925) Good location, many improvements, large owner's unit
MIKE VANDERMEER 534-2950

NEW LISTING COUNTRY $119,900
(M-MLS 5247) 1288 sq. ft. raised bung., on high one acre lot w/garage
MIKE VANDERMEER 534-2950

AVONMORE $74,900
(L-MLS 5218) Unique century hoe w/many improvements & beautiful landscaping
MIKE VANDERMEER 534-2950

MOOSE CREEK $79,900
(L-MLS 4992) 1575 sq. ft. split w/att. garage on well-treed lot.
MIKE VANDERMEER 534-2950

MOOSE CREEK $119,900
(L-MLS 5210) Duplex w/garage, water & sewer to be paid.
MIKE VANDERMEER 534-2950

TOP THREE PRODUCERS FOR THE MONTH OF SEPTEMBER

MICHAEL VANDER MEER Assoc. Broker 534-2950
SHERRY McCULLOUGH Sales Rep. 937-0891
DIANE BENOIT Sales Rep. 930-4880

IF YOU NEED HELP SELLING OR PURCHASING A HOME, GIVE ANY ONE OF OUR AGENTS A CALL!!

COUNTRY DUPLEX $107,000
(MLS 5170) 3 bdrm. bung., with 2 bdrm apt. only 3 yrs. old.
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$55,900
(A-MLS 5204) 4 bdrm. unit & full bsmt. & 2 bdrm. upstairs unit.
MIKE VANDERMEER 534-2950

COUNTRY $104,900
(M-MLS 5245) 3 bdrm. split on well-landscaped lot w/garage, pool, C/A & more
MIKE VANDERMEER 534-2950

ULTRA MODERN $229,000
(J-MLS 5149) 1800 sq. ft. exec home on 2.63 acre lot, North of Lancaster
MIKE VANDERMEER 534-2950

$79,900 4 BDRMS.
(O-MLS 5139) 89 acres, approx. 60 acres bush.
MIKE VANDERMEER 534-2950

REPOSSESSED $47,200
(A-MLS 5178) Mostly brick, many improvements.
MIKE VANDERMEER 534-2950

SEMI-DETACHED $71,500
(A-MLS 5224) Markell-built, fin. bsmt., priced to sell!
MIKE VANDERMEER 534-2950

NEW LISTING RIVERDALE $96,900
(A-MLS 5284) 3 or 4 bdrm. on 100'x100' lot with waterview, hdwd floors, Becker man kitchen & more.
MIKE VANDERMEER 534-2950

3 BDRM. SEMI $72,000
(A-MLS 4945) Reduced and available immediately.
JUDI AUGER 931-3293

COMPARE & SEE!
(A-MLS 5211) 3 bdrms., large lot. Lots of house for $115,500.
JUDI AUGER 931-3293

COZY BUNGALOW
(J-MLS 4919) 2 bdrm., garage, recent septic, siding & more
JUDI AUGER 931-3293

1700 SQUARE FEET
(J-MLS 5082) 1700 sq. ft. home with recent addition, large garage, minutes from Cornwall.
JUDI AUGER 931-3293

IMMACULATE
(A-MLS 5081) 3+1 bdrm. home, choice area, fin. bsmt. & garage
JUDI AUGER 931-3293

FULLY LOADED!
(M-MLS 5252) 3 bdrm., fireplace, 8-man hot tub, large workshop
JUDI AUGER 931-3293

NORTH LUNENBURG $79,900 (O-MLS 4912)
3+1 bdrm., rec room, pool, wood stove.
CHARLES SAYYEAU 933-1558

NORTH END REDUCED $75,000
(A-MLS 5146) Great starter or retirement home, 2 bdrms, 6 appliances, large yard, many extras
CHARLES SAYYEAU 933-1558

NEW PRICE $94,500 CENTURY HOME
(A-MLS 5261) 7 bdrms., possible rooming house
CHARLES SAYYEAU 933-1558

2343 EMILY CR.
(A-MLS 5250) What a Deal! Attention newlyweds! Gorgeous 2-storey semi w/att. garage, gas frpl, & 5 appliances included.
SHERRY McCULLOUGH 937-0891

851 KENYON CR. $174,900
(A-MLS 5253) "Cozy as Mom's homemade apple pie" beautiful 2-storey, 3 bdrm., 3 baths, sunken LR, open concept Kit., fenced yard & dbl att. garage
SHERRY McCULLOUGH 937-0891

1307 GALLINGER $89,900
(A-MLS 5251) Bung., 3+1 bdrm., brick, 2 baths, garage, fin. bsmnt.
SHERRY McCULLOUGH 937-0891

NEAT AS A PIN!! 502 10TH ST. E. $69,900
(A-MLS 5201) 1+2 bdrms., 1-1/2 storey, main fl. laundry rm., FAG heating, gas frpl.
SHERRY McCULLOUGH 937-0891

521 CARLETON
(A-MLS 4662)"6-Unit" retro fit approved!
SHERRY McCULLOUGH 937-0891

433 VICTORIA AVE. $65,500
(A-MLS 4804) 2-1/2 bdrm., charming decor, dbl. det. garage, fenced yard, great starter home.
SHERRY McCULLOUGH 937-0891

311-315 PITT $99,900
(A-MLS 4911) Great downtown location; has 2 stores & 2 apts.
GERRY PILON 931-3555

MURRAY HILL HOTEL $350,000 (A-MLS 5202) 32 units & 2 bdrm owner's apt., Maxi's Pub & lic. dining room.
GERRY PILON 931-3555

242 8th STREET EAST $59,800
(A-MLS 4796) Spacious 3 bdrm. home on large lot, gas heat.
GERRY PILON 931-3555

6141 RUTH, GLENDALE $97,500
(J-MLS 5076) 6 yr. old 3 bdrm. brick bung., 1300 sq. ft., open concept.
GERRY PILON 931-3555

RIVERVIEW LOTS
One with owned waterfront and two with R.O.W. to river, near Cornwall Golf, From $60,000
GERRY PILON 931-3555

747 MONTCALM $84,500
(A-MLS 5258) This semi has 1134 sq. ft., att. garage, inground pool, rec rm. with frpl, & whirlpool
GERRY PILON 931-3555

$209,000 - 2400 Sq. Ft.
(A-MLS 4914) 2-car garage, sunken family rm., covered patio deck, large working kitchen.
ERIC PEDERSEN 938-9690

706 GLOUCESTER $59,900
(A-MLS 5145) Mthly payments of $415, gas heat, hdwd floors, new 200 amps.
ERIC PEDERSEN 938-9690

NEW LISTING $138,900
(A-MLS 5280) Completely brick backsplit, family rm., gas frpl., pool, garage.
ERIC PEDERSEN 938-9690

LONG SAULT $79,900
(M-MLS 4560) Great family home, centre hall plan, fireplace, hdwd floors, sunroom, great kitchen, close to park
MIKE DeBOER 938-7802

495 PITT ST. $99,900
(A-MLS 5144) Commercial property, large corner lot, many potentials
MIKE DeBOER 938-7802

Let's Celebrate

This Week's Winner: MARC D.

BONUS

Every Let's Celebrate Ad will be entered in a draw and a weekly winner will win a

Gedoro's Fine Dining in Casual Comfort — Dinner Club Card

plus ... a Gedoro's mug!

TO PLACE YOUR AD: phone or write your ad of 24 words or less and enclose $8.50 handling charge, plus $7.50 for a picture. Over 24 words, 25¢ per additional word, per week. Deadline is 5:00 pm Wednesday.



Happy 22nd Birthday to a terrific son

PAUL TAILLON

who will be celebrating on October 13th.

Love Mom & Dad & Ginger too!!

P.S. Still cute as a button!!

RAN-GAL PHOTOFINISHING
Did You Know?
We Offer Custom Enlargements... 5x7 to 12x18!
AGFA — Nothing Escapes AGFA Film — Located At — Brookdale Mall

1st Anniversary

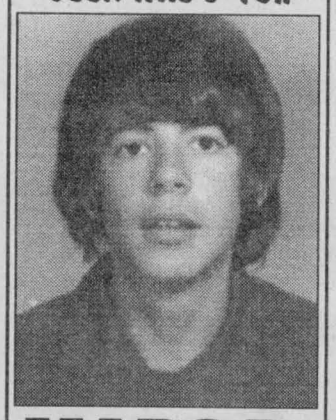


Chris and Kim Villeneuve

(nee Richardson) were married on October 12th, 1996. Kim is the daughter of Nicole and Wayne Richardson of Cornwall and Chris is the son of Barbara (Ted LeGallais) of Long Sault and Ray Villeneuve of Moose Creek.

40th Anniversary
IN HONOUR OF
Percy & Amelia Lalonde
who celebrated on October 5th, 1997
Congratulations on celebrating 40 wonderful years and many more to come!
Friends & Family

LORDY, LORDY Look who's 40!!

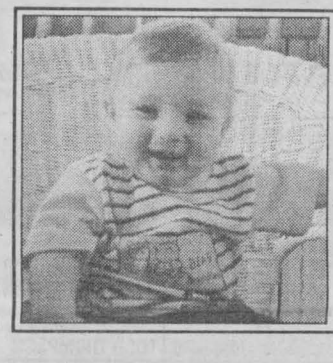


MARC D.
celebrating on October 12th
Love Jeannette, Justin, Joanne & Julie

Happy Anniversary
Congratulations to
Mike & Theresa McAnany
celebrating their 25th Wedding Anniversary on October 7th

Happy 1st Anniversary
Stéphanie & Allain Thibault
on October 12th.
You were married the year of our 25th! You only have 24 years to catch up!
Love Mom, Dad & Mélanie





Happy 1st Birthday to a super boy!
DYLAN JACKSON
who celebrated on October 9th
Love Mom Jeanne & Daddy Daryl

HAPPY BIRTHDAY TO
DARRIN CRYDERMAN
who celebrated his
30th Birthday on October 10th
Love Dad, Mom, Vicky, Brennan, Matthew and Grandma Woods

"The Noble Experiment"

(NC)-Here's a quick look at the history of Prohibition in America:

- Dubbed "The Noble Experiment", Prohibition was put into effect January 16, 1920 and lasted 13 years, until December 5, 1933.
- Liquor was commonly smuggled in jute sacks, which were lightweight and strong. They would also sink if thrown overboard.
- Liquor was smuggled by car, truck, boat, in pants pockets and even under clothing.
- By the end of the first year of Prohibition, there were twice as many "speakeasies" in the U.S. as there had been legal drinking establishments before Prohibition.
- In 1925 alone, agents seized over a million gallons of liquor and almost 7 million gallons of beer!

You can capture the spirit of the roaring 20's and Prohibition this fall with the Special Edition 'Gates' Bottle of Canadian Club Whisky. The Prohibition Era bottle contains 15 year old whisky and embodies all of the qualities and looks of the original Gate bottles which were smuggled into the U.S. in the late 1920's and early 1930's.

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Obituaries

KONYNENBERG - Gerrit "Dutchy"

Mr. Gerrit "Dutchy" Konynenberg passed away at the Hotel Dieu Hospital on Thursday, September 11th, 1997, age 59 years, of Cornwall; retired employee of Bell Canada.

Beloved husband of Joy Jarvis.

Dear son of the late Aart Konynenberg and the late Willempje Visch.

Loved father of Cindy (Mrs. Mark Wilson); Wendy Konynenberg, all of Cornwall and Stephen Konynenberg (husband of Laurie) of Oromocto, New Brunswick.

Dear brother of Wim Konynenberg (husband of Puck); Dick Konynenberg (husband of Corrie); Fred Konynenberg (husband of Elma), all of Holland and Aartje (Mrs. Gerard Timmerman) of Brantford, Ontario.

Sadly missed by three grandchildren, Shawn, Kayla and William.

The funeral was held in the Chapel of the Wilson Funeral Home, 822 Pitt Street, Cornwall, on Saturday, September 13th, 1997 at 11:00 a.m. Reverend Terry Dunlop of Knox-St. Paul's United Church officiated. Interment at Pleasant Valley Cemetery, R.R. #3 Ingleside, Ontario.

The pallbearers were Colin Marshall, Archie MacDougall, Herb Leonard, Reg Jones, Gerald MacDonald and Bill Cashion.

O'FARRELL - Anna Mae

Mrs. Anna Mae O'Farrell passed away at her residence, St. Andrew's West, Ontario, on Monday, September 1st, 1997, age 72 years.

Beloved wife of the late Vincent O'Farrell.

Dear daughter of the late Ann McDairmid and the late John MacPhee.

Loving mother of Dermid (Donna Lee) of R.R. #2 South Mountain, Ontario; Donna (John Dwyre) of Kingston, Ontario; Anne (John Howison) of R.R. #3 Mallorytown, Ontario; Patricia (Rob Fillion); Joan; June, all of Ottawa, Ontario; and Mary (Francis Bowers) of Orillia, Ontario.

Dear sister of Sadie (Mrs. Joseph O'Keefe) of Cornwall.

Loving grandmother of Sean, Tara, Kylie, Shane, Jonathon, Marnie, Erin, Cassie, Hayley and Patrick.

Predeceased by brothers, John James, Dairmid and Angus Joseph.

The funeral took place on Thursday, September 4th, 1997 from the Wilson Funeral Home, 822 Pitt Street, Cornwall with The Mass of the Resurrection with Commendation and Farewell celebrated by Reverend Robert MacDonald, co-celebrated by Reverend Kevin Maloney, Reverend George Maloney and Reverend Kelvin Maloney in St. Andrew's Roman Catholic Church, at 11:00 a.m. Rite of Committal in the Parish Cemetery.

The pallbearers were John O'Keefe, Brent McPhee, Ralph Anderson, Jim Lawson, Joe O'Farrell and Francis Perreault.

The Ladies of the Catholic Women's League, St. Andrew's Parish, formed an honour guard for their late sister at St. Andrew's Church on the morning of the funeral.

WALSH - Phyllis Margaret

Passed away at the Cornwall General Hospital on Wednesday, September 10th, 1997. Mrs. Phyllis Walsh, age 83 years, of 30 Bedford Street, Cornwall; former member of the Canadian Women's Army Corps.

Beloved wife of the late John Patrick (Knobby) Walsh.

Dear daughter of the late Charles Goodliff and the late Clara Immel.

Dear sister of Grace Miller of St. Catharines; Inez (Mrs. Blair Allen) of Listwell, Ontario; Doris (Mrs. Hugh McKean) of Oakville; and Jean (Mrs. Doug Rutherford) of Beamsville, Ontario.

Dear aunt to many nieces and nephews.

Interment at St. Lawrence Valley Union Cemetery at a later date.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

ROSS - Erma Pearl

Mrs. Erma Pearl Ross passed away at the Parisien Manor on Sunday, September 14th, 1997, age 94 years.

Beloved wife of the late Donald Ross.

Dear daughter of the late Wilson Runions and the late Gertrude Alguire.

Dear mother of Floyd Ross (Anne) of Cornwall; Howard Ross (Cecile) of Hamilton's Island; Donalda (Mrs. Donnie Hollister) of Ingleside; Grace (Mrs. Paul Bowman) of Cornwall and Lillian (Mrs. John Moss) of Caledonia.

Dear mother-in-law of Erma Ross of Cornwall.

Dear sister of Elva (Mrs. Harold Casselman) of Cornwall.

Also survived by grandchildren, great grandchildren and great great grandchildren.

Predeceased by one son, Donnie Ross; brothers, Leslie Runions and Donald Runions and by sisters, Lillian Campbell and Ella Bethune.

The funeral was held in the Chapel of the Wilson Funeral Home, 822 Pitt Street, Cornwall, on Wednesday, September 17th, 1997. Pastor Gordon Findlay of First Baptist Church officiated. Interment at Woodlawn Cemetery, Cornwall.

The pallbearers were Ricky, Dave, Dale, Steven, Andrew, and Randy Ross.

LAFAVE - Joan Mary

Passed away at the Cornwall General Hospital, Cornwall, Ontario.

Mrs. Joan Mary Lafave, in her 55th year, born in Cornwall, of 611 Second Street East, Cornwall, Ontario.

Dear daughter of the late John Garlough and the late Hilda Merkley.

Beloved wife of Douglas Leonard Lafave.

Loving mother of Douglas Lafave Jr. (Penny) of Cornwall; Steven Lafave (Krista) of Cornwall; Sean Lafave (Brian) of Ottawa; and Mrs. Karen Amyotte.

Loving grandmother of five grandchildren, Carrie-Lynn, Kayla, Tyler, Jenna and Bailey.

Dear sister of Joey Garlough (Pat) of Cornwall; Billy Garlough (Kim) of Calgary, Alberta; Mrs. Hazel Mitchell; Mrs. Beatrice Lecuyer; Bernice (Mrs. Wayne Clark) and Annie (Mrs. Noel Vaillancourt), all of Cornwall; Sheila (Mrs. Don Poisson) of Saskatoon, Saskatchewan; Judy (Mrs. Doug Sampson) of Regina, Saskatchewan and Jean (Mrs. Jean-Guy Bissonnette) of Valleyfield, Quebec.

Also survived by many nieces and nephews.

Predeceased by her step-mother, Laura Decaire; one brother, Johnny Garlough and by two sisters, Mrs. Jessie Roberts and Mrs. Shirley Ullman.

The funeral took place on Tuesday, September 16th, 1997 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to the Memorial Chapel, followed by cremation at the South Branch Crematorium. Reverend Joyce Blackburn of Trinity Anglican Church officiated.

O'NEIL - Anna Jean

Mrs. Anna O'Neil passed away at the Parisien Manor on Thursday, September 18th, 1997, age 64 years.

Beloved wife of Allan (Nick) O'Neil.

Dear daughter of the late Hurley A. Dow and the late Katherine Bethune.

Loved mother of Pamela Trevino (David) and Shelley Bovington (Kenneth), both of Cornwall.

Dear sister of Angus Dow (Ann) of Scarborough; H. Alexander Dow (Marjorie) of Addison, Ontario and Pearl MacKay (Donald) of R.R. #2 Cornwall.

Also survived by six grandchildren, Cory Trevino; Robert, Barbara and Richard Bovington; Dawn and Kristi.

The funeral was held in the Chapel of the Wilson Funeral Home, 822 Pitt Street, Cornwall, on Monday, September 22nd, 1997 at 11:00 a.m. The Reverend Ross Davis officiated. Interment at St. Andrew's United Church Cemetery, Williamstown, Ontario.

The pallbearers were David and Corey Trevino; Glen and Ryan MacKay; Robert Bovington and Wayne Waters.

The honourary pallbearer was Richard Bovington.

HUNTER - Bernice

Mrs. Bernice Hunter passed away at the Cornwall General Hospital on Friday, September 19th, 1997, age 73 years.

Beloved wife of Harvey Hunter.

Dear daughter of the late Lawrence McGillivray and the late Irene Dennis.

Loving mother of Linda McDonell (Bruce) of Williamstown and Brenda Putnam (John).

Dear sister of Joyce Ruest (Douglas) of Cornwall.

Also survived by eight grandchildren: Carrie, Shane, Kirk, Marty, Kent and Laine McDonell and Krista and Ben Putnam.

Predeceased by two brothers, Aubrey and Leslie McGillivray and by one sister, Laurie Chausse.

The funeral was held in the Chapel of the Wilson Funeral Home, 822 Pitt Street, Cornwall, on Monday, September 22nd, 1997 at 2:00 p.m. The Reverend Andrea Harrison of St. Andrew's United Church, Williamstown officiated. Interment at St. Andrew's United Church Cemetery, Williamstown, Ontario.

The pallbearers were friends of the family.

PIDGEON - Archie Joseph

Passed away at the Hotel Dieu Hospital on Tuesday, September 16th, 1997. Archie Joseph Pidgeon, age 72 years, of R.R. #1 Williamstown, Ontario.

Beloved husband of the late Carmel Malloy.

Dear son of the late Joseph Pidgeon and the late Lila Fournier.

Dear father of Carol Pidgeon, Marion Pidgeon, Richard Pidgeon, all of Williamstown; Judy Pidgeon; Theresa Gow of Cornwall; Edward Pidgeon (Cathy) of R.R. #1 Cornwall; Cathy Seguin of Glen Walter; Barbara Hope of Martintown and Debbie Geneau of Summerstown.

Dear brother of Eugene Pidgeon, Marie Mayer, Isabel Parisien, Eva Dapratto, all of Cornwall and Alcid Pidgeon (Dawn) of Williamstown.

Sadly missed by fifteen grandchildren and nine great grandchildren.

Predeceased by one daughter, Diane; two brothers, Aldema and Gilbert and by one sister, Alice.

The funeral service was celebrated by Reverend Denis Lefebvre of Precious Blood Roman Catholic Church in the Chapel of the Wilson Funeral Home. Rite of Committal at Notre Dame Cemetery.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

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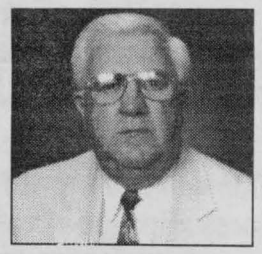
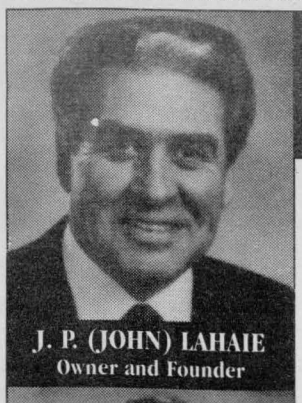
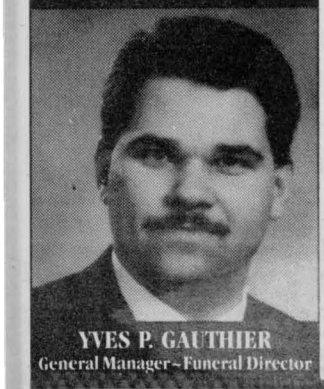

RONALD WILSON
Director
822 Pitt Street
938-3888


J. P. (JOHN) LAHAIE
Owner and Founder

CLAUDETTE R. LAHAIE
Owner~Funeral Director

YVES P. GAUTHIER
General Manager~Funeral Director

DON'T RISK IT

TURN TO A FRIEND AND WRITE IT DOWN

The time following the death of a family member is extremely emotional causing people to forget wishes discussed earlier. Simply telling a relative or friend your preferences about casket selection, clothing, burial, cremation, etc. is not enough.

Don't take chances. Scheduling the time now to discuss pre-arrangements, writing them down with us, and having a copy made for your family is one of the most loving things you can do.

Besides, a Lahaie & Sullivan pre-arrangement plan is a tax shelter (all interest earned is income tax free), freezes the price at the current level, and allows you to make easy installments to suit your budget.

For emotional and financial peace of mind, don't risk it. Turn to a friend. Call Lahaie & Sullivan Cornwall Funeral Homes today.

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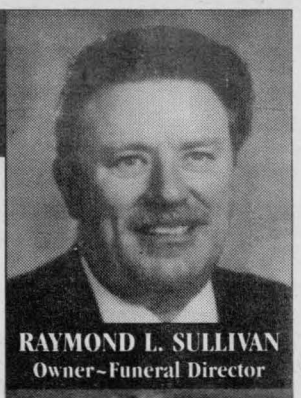
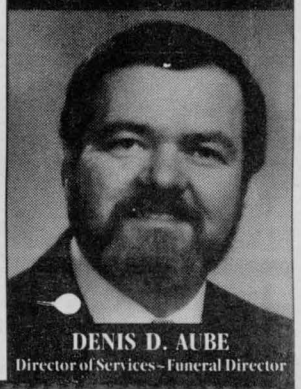

RAYMOND L. SULLIVAN
Owner~Funeral Director

CLAUDETTE M. LEE
Director of Administration

DENIS D. AUBE
Director of Services~Funeral Director

SEAWAY NEWS ENTERTAINMENT

A pair of great dances this Saturday, October 11th. Just in time to celebrate an early Thanksgiving is the ***SINGLES DANCE*** at the Navy Club on Sixth Street East. You are asked to bring along a canned goods donation to this special Singles Dance event. This will aid the food bank and in turn you will enjoy the evening.

They will be getting together at 6pm at Nativity Hall this Saturday evening to enjoy a cocktail hour and supper. The occasion is the St. Joseph's School of Nursing Re-Union. Following the meal everyone will dance to some terrific music until closing time.

The Mixed Dart Tournament is scheduled for this Sat.afternoon (Oct.11) at the R.C.A.F.A. with registration between 12 noon and 12:30pm. The tourney begins at 1pm sharp and everyone is invited to watch or participate.

If these keys get sticky its because while typing I'm thinking about the Chicken N' Rib special at Bob Auline's. Its an all-you-can-eat gourmets delight available daily from 11am until closing. Drop by and fill-up on the special or any of Bob Auline's many menu items. They are at 1617 Pitt Street.

This weeks movies at Brookdale Cinemas feature Turn, The Edge, Peacemaker, and My Best Friend's Wedding. At the Port Theatre on Montreal Road, in its second week, is Kiss The Girls.

The new SPOT RESTAURANT on Tollgate Road continues with their daily breakfast special, and the Mon.-Fri. Lunch specials. The Spot also features their Thursday night, "2 can dine for $8.99" special.

The '97-'98 edition of the Cornwall Colts seem to have gotten things together again with their winning ways. Since the changeover in front office personel however they still have to improve on their communication network. It has no doubt been difficult to replace the excellent performance of Ken McLaughlin from past seasons, but simply sending a hockey schedule to folks like us seems like such a natural and easy communicating skill. The season is well underway and I would appreciate hearing from someone soon!!!

Here's a great Thanksgiving Special offered by BORDERLINE BAR & GRILL at the RAMADA INN. On Sunday, Oct.12, you can enjoy their Brunch between 11am-2pm, and the Dinner includes soups, salads, sirloin of beef, ham & turkey with the trimmings, and is served between 5pm-10pm.

The folks at CHATEAU Cornwall will be enjoying a Birthday Celebration on Fri. Oct. 17. All the residents that are having a birthday during this month will be able to celebrate that event together starting at 2pm with some terrific music, cake and other fun things. Family and friends will also be invited to join the festivities for the afternoon. Happy Birthday to all the celebrants.

Time is drawing near for the Fats Waller Broadway Musical, AIN'T MISBEHAVIN'. The great "swing era" is re-lived at Aultsville Theatre on Sunday, Nov.9 at 8pm. Tickets available at the Civic Complex Box Office.

JAZZ MAGNOLIAS is inviting everyone to their Thanksgiving Brunch and Diner. The Brunch is an all-you-can-eat affair with turkey, ham, eggs, pancakes, bagels, salads, pumkin pie and more... for the Diner you will enjoy the traditional Roast Turkey Dinner with all the trimmings. Its a taste of New Orleans at 1541 Vincent Massey Drive.

Hockey fans will be able to take their usual places in front of the TV this Saturday night when the NHL season features a pair of games. The Canadiens will host Eric Lindros and the Philly Flyers, while the Leafs are in Edmonton. Both games will be on CBC-TV starting at 8pm. This will be followed by the New York Rangers game against the Canucks from Vancouver. Many will probably alternate with the weekend Baseball games so, for sports fans at least, its a busy weekend.

For everyone this is the weekend when we also take some time to give thanks, and reflect on the past year and enjoy family and friends. In this little corner of the world things are beginning to look up. The Cornwall economy seems to have been given a kick-start with the Memorandum Of Understanding, and potential sale of our electric facility, hopefully the Big Guy up above will shine down on us and everyone will enjoy some peace, harmony, love and hapiness in the year ahead. HAPPY THANKSGIVING TO ALL and from my house to yours, G'DAY and G'NIGHT.



Entertainment - Special Events & Restaurant Review - By Bill Gallant

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ATLANTIC CITY: Nov. 2 - 5th
3 Breakfasts, Cash Bonus, canc. & health ins. A FEW SEATS LEFT $275
CHATEAU MONTEBELLO & HULL CASINO:
Nov. 22 & 23
Luncheon buffet at Chateau Montebello, dinner at Hull Casino, $10.00 coin bonus, overnight lodging in Gatineau Larose Flea Mkt. with 150 booths .. $135
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Hull Casino includes luncheon buffet $21
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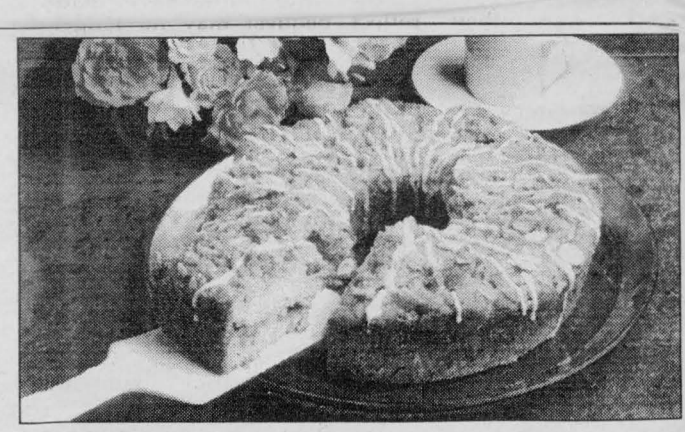
Almond Streusel Cake

25 minutes preparation,
30-35 minutes baking
Makes 16 servings



Transform a plain cake into an irresistible delight with a crumbly almond streusel.

Streusel:
1 cup firmly packed light brown sugar
1 cup sliced almonds
1/4 cup all-purpose flour
3 tablespoons butter or margarine, melted
1 teaspoon grated orange zest

Cake:
1/2 cup (1 stick) butter or margarine, softened
1/2 cup granulated sugar
3 large eggs
1 teaspoon grated orange zest
1/2 teaspoon vanilla extract
2 cups all-purpose flour
1 teaspoon baking powder
1 teaspoon baking soda
2/3 cup orange juice

Glaze:
1/2 cup confectioner's sugar
2-1/2 teaspoons orange juice

1. Preheat the oven to 350° F. Grease a 9- or 10-inch tube pan.
2. To prepare the streusel, in a medium bowl, mix together brown sugar, nuts, and flour. Stir in the butter and zest.
3. To prepare cake, in a large bowl, using an electric mixer set on medium speed, beat together butter and sugar until fluffy. Add eggs, 1 at a time, beating well after each addition. Beat in zest and vanilla.
4. In a large bowl, mix together the flour, baking powder, and baking soda.
5. Reduce mixer speed to low. Alternately beat flour mixture and orange juice into egg mixture, beginning and ending with flour.
6. Spoon half of the batter into prepared pan. Sprinkle with half of the streusel. Top with the remaining batter and streusel.
7. Bake until a toothpick inserted in center comes out clean, 30 to 35 minutes. Transfer pan to a wire rack to cool completely.
8. To prepare the glaze, in a cup, stir together confectioners' sugar and orange juice until smooth.
9. Turn the cake out onto a serving plate, placing it right-side up. Drizzle with the glaze.

Baking Tips

For a different streusel mixture, substitute chopped walnuts for the almonds.

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Is Your Will Obsolete?

Adapting to reflect your life today

(NC)—In the early days of television, the sets were large and costly and the screens very small. Few people owned TVs and viewing times were limited by the scarcity of programs and broadcast stations.

Nevertheless, television quickly replaced radio in the lives of millions. Where once they were a rarity, today's TVs are found in virtually every home. Improvements are still being made, making the technology of just a few years ago seem old fashioned—even obsolete.

This brief reminder of television's history illustrates a point about wills: a will drafted even a few years ago may no longer meet your needs or wishes.

Like the television sets of years past, your will and other estate plans were the best they could be—at the time they were made. But changes in your life may have simply made your plans "obsolete" and in need of revision.

Only the first step

Making your estate plan and your will in the first place is commendable. Often this very important step is put off until too late, which can cause your heirs unnecessary heartache and expenses.

Once your will is drafted, however, you've taken only the first step. Wills should be reviewed periodically to make sure they reflect changes in your life. If it was drafted some years ago, does it reflect your current situation and interests?

Changes do occur

The fact is, circumstances change throughout your lifetime. A review of your will allows you the opportunity to update your plans to reflect new situations.

When you selected the executor (or executrix, if a woman) for your estate, your choice was based on the best person available and willing, at the time, to handle your affairs. Is that person still able and willing now?

Should that person be unable to act as your representative, the province will have to select another person to do so. And it may be someone you would not have chosen. Naming an alternate executor provides one solution.

- **Your property changes.** The sale or purchase of a business can considerably alter your estate and affect your will. The purchase of land in another province, the inheritance of a sum of money, or a reduction in assets are other "property events" that probably call for a review of your will.
- **Your marital status changes.** Marriage, the death of a spouse, or a divorce is a major change in your life. Your will should be altered to reflect such a change as soon as possible.
- **A child or grandchild is born.** An addition to the family may affect the intentions reflected in your will. Revisions can be simple and should generally be made with the assistance of a qualified lawyer.
- **Your interests change.** Over time, we may lose touch with people. Those to whom you have made a bequest may no longer be your first choice. Your favourite charitable concerns can also change. You want to add charitable bequests in keeping with your interests.

What if you outlive your beneficiaries?

Consider the possibility of having no beneficiaries who survive you. Selecting a final or residuary beneficiary is an excellent way to make a gift that lives on. For example, leaving part of your estate to a health charity or an environmental group like Greenpeace would be a lasting legacy for generations to come.

When to review

Regular reviews are the only way to make sure your will is still up-to-date. Certainly a review is called for whenever any of the major changes mentioned take place. In the absence of major developments, a quick review every few years can prevent your will and other estate plans from becoming obsolete.

Four ways to give through a will

As you review your plans, keep in mind four popular forms a bequest can take. These may be used for charitable bequests or distributions to any heir.

1. *Percentage of your estate.* This is the most flexible way to give—the gift automatically fluctuates with the size of the estate.
2. *Fixed Amount.* This is the most common type of bequest, and is simply stating: "I leave $1,000" to whatever person or organization you choose. Of course, you may change the amount at any time.
3. *Specific Property.* Securities, real estate and personal property can all be given through a will.
4. *Residue of your estate.* This is a gift of whatever property is left over after other bequests have been fulfilled or if heirs predecease you.

For a free copy of the booklet "A Gift to Future Generations", and more information about wills and estate planning, please write to Greenpeace Canada, 1726 Commercial Drive, Suite #220, Vancouver, B.C. V5N 4A3.

POET'S CORNER

Wally Howard

Retirement

I will retire in a day or two;
I have so many plans ahead and
Many of these ideas I will review;
Still, I am wondering what to do
With all the time I will have on hand.

When I retire I will travel far
To those countries I could only dream.
By boat, or by plane, or in my car
From Montreal West to Zanzibar
And all of the places in between.

When I retire I will write about
The gourmet foods, or how to cook
Weiners and beans with some sauerkraut
Or some bacon and eggs but do not doubt
There's not a meal I would overlook.

I will take my fitness in my stride.
I will walk, or jog, or maybe run;
Do sit ups; push ups; bend side to side,
I'll swim the length of the pool with pride
And I'll only ride my bike for fun.

I'll do some work as a volunteer
In an old peoples habitation.
I will help them out and bring them cheer
And I promise to do this next year
When I can find the inclination.

I'll take an Art course and learn to paint,
Though an artist I will never be;
Sure, a Rembrandt or Van Gogh I ain't
But, I'd really make the painting quaint
And I'll hang it in a gallery.

Making a model is really neat
And a boat can be a work of art;
Or a ship in a bottle replete
With spars and rigging is no great feat
As long as I will know where to start.

The game of golf could take all my time;
It is something that I've just begun;
Over the fairways the ball will climb
And my swing should land it on a dime,
I may even get a hole-in-one.

Poker's a game I would love to play
Or perhaps at Bridge I'll have a fling
And hand or two nearly every day
And with some wins I'll be on my way
To get the points and that master thing.

I do need to fix that front door lock
And the back door too, is kind or scarred;
Even the bell don't work, you'll have to knock.
The time is wrong so I'll fix the clock
And that darn lamp that is in the yard.

I'll grow some beans in my nice garden,
Cauliflower and cabbage would be fine.
I'll pick the peas before they harden,
The onions too, and with your pardon,
They will be the best because they're mine.

I am sitting here for two whole weeks
And wondering what I'd overlook,
But, I'm sure that things are not so bleak
It's only my head that feels so weak
So I'll just sit back and read a book.

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