SEAWAY NEWS

NOVEMBER 1, 1993 VOLUME 7, ISSUE 44 SERVING CORNWALL AND AREA

Inside Today...

Opinion/Editorial 8
Home Improvement...10
Business 18
Restaurants 22
Sports.....1B
Chamber of Comm....4B
Classifieds.....6B

BEN-DAV
AUDIO VIDEO
• SALES • SERVICE • INSTALLATION •
SEE OUR NEW CINEMA WIDE
PIONEER
PROJECTION MONITORS
45" - 55"
MON. - FRI. 9-9 SAT. 9-6
1315 Brookdale Ave. 933-7244

20th Annaul Banquet & Awards Night
Big Brothers/Big Sisters

The Big Brothers and Big Sisters of Cornwall and District celebrated twenty years of service in Cornwall & SD&G at its 20th Annual Banquet and Awards Night on Saturday October 16 at the Ramada Inn in Cornwall.

Walter MacLean, President of the local agency, paid tribute to the 121 Big Brothers and Big Sisters presently matched.

Brian Lynch, Executive Director of the Big Brothers and Big Sisters of Cornwall and District told the Big Brothers and Big Sisters that by being there for their Littles and serving as a role model and by helping them to develop a positive self identity, they were making a difference in the lives of many young people and their families in the community.

The 1993 Big Brother of the Year is Jean-Pierre Lalonde, who has been a Big Brother for the past 10 years. The 1993 Big Sister of the Year is Josee Parent-Doutre who has been a Big Sister for five years.

The 1993 Honourary Big Brothers/Big Sister of the Year is Angelo Towndale, the founder of the local agency who called together the first meeting of interested citizens in the fall of 1972 and who did superb volunteer work for the agency from 1973 until 1986.

Another highlight of the Annual Banquet was the presentation of service awards to Big Brothers and Big Sisters, including 10 year awards to Linden Aitken, Peter Collins, David Conway, Jean-Pierre Lalonde, Raymond Price, David Shillito.



HALLOWE'EN DECORATIONS

Many houses and stores were dressed up for Hallowe'en recently. A real nice display could be seen at LOEB's on Vincent Massey Drive.

(photo by John Schaeffer)

Beach Club
TANNING
BEST PRICES ANYWHERE!
Sessions As Low As
$2.75
262 PITT ST. 932-3007
* Clip This Ad For A Free Session *

LIQUIDATION
TO THE PUBLIC
CARAVAN
CONCORD
INTREPID
SHADOW
DYNASTY
CARAVAN
CONCORD
INTREPID
SHADOW
DYNASTY
CARAVAN
STARTS SAT. Doors Open 9 am - 3 pm
SAT. OCT. 30th to NOV. 2nd
DIRECT SALES TO THE CUSTOMER ONLY
LIMITED INVENTORY
FIRST COME . . . FIRST SERVED
PRICE . . . Less of the Cost
SPECIAL STOCK
DEMONSTRATORS • EXECUTIVE • USED VEHICLES
ON THE SPOT APPRAISER
ON THE SPOT FINANCING AVAILABLE
INTREPID
Package 22-C. 4-ONLY
3.3 V6, Auto., 4 Speed, Power Windows, Power Mirrors, Air, Tilt, Cruise, Fully Loaded, Low Mileage.
Reg. Price $21,995. SPECIAL $18,999.
GRAND CARAVAN SE
Package 28-D. 3-ONLY
3.3 V6, Auto., 4 Dr., Power Door Locks, Air, AM-FM Stereo Cassette, Luggage Rack, Tilt, Cruise, Fully Loaded, Low Mileage.
Reg. Price $23,950. SPECIAL $18,999.
GRANT
DODGE • CHRYSLER • JEEP
1515 Pitt Street
Cornwall, Ont.
Tel.: (613) 938-0934
Fax: (613) 938-8851

RCA
YOU COULD SAVE UP TO $100
ends Nov.21/93
SCRATCH & WIN
OR WIN YOUR PURCHASE
Model F31631SE
31" ColorTrak Plus
• 37 button Master Touch® universal remote
• XS™ Stereo sound
• 5 jack video/audio monitor
• closed captioning
• channel labeling
• commercial skip
you could pay only
$1099
33" PICTURE TUBE
Model F27671SE
27" ColorTrak Plus
• Picture-in-Picture
• 41 button Master Touch® universal remote
• XS™ Stereo sound
• 5 jacks video/audio monitor
• closed captioning
• stand not included
you could pay only
$649
29" PICTURE TUBE
See Dealer for a complete list of eligible models. ®Registered Trademark. †SRS and (") are registered of Hughes Aircraft Company. VCR Plus+ is a registered trademark of the Gemstar Development Corp. Some antenna and most cable systems require one time channel guide setup. See dealer or owners manual for complete details. *VCR or second tuner required.
1410 Pitt St. N.
933-3133
Bill MITCHELL TV
Mon. to Thurs. 9 - 6
Friday 9 - 9
Saturdays 9 - 5
WHERE SERVICE MAKES THE DIFFERENCE

BASIC BLACK



By Arthur Black
SEAWAY NEWS

Are you a sports fan?

I'm a semi-fan, I guess. I don't much care who's in front in the National League West (Hell, I don't know which teams are even in the National League West) -- but I kind of like the characters that professional sport throws up every once in a while.

Canada's provided its share of sports characters: sprinter Harry Jerome, swimmer Victor Davis, hockey clown Eddie Shack.

Then there are the legendary characters who transcend borders. Tennis brats John McEnroe and Jimmy Connors ... Golf loons like Chi Chi Rodriguez ... Not to mention Vince Lombardi, Casey Stengel, Yogi Berra.

Even the owners of sports franchises sometimes make it in the Great Characters Hall of Fame. Toronto Maple Leaf fans will not soon forget - or forgive - what a gross buffoon named Harold Ballard did to their team.

And then there's George Steinbrenner - the New York Yankees' answer to Harold Ballard.

But they're all going to have to shift over and make room for a newcomer. It won't be long before the sports world will be abuzz with the doings and saying of Ma Junren.

Ma Junren?

You read right. It's an odd name, but you might as well get used to it, because come the 1996 Olympics, chances are Ma Junren's name will be on the front page, never mind the sports page.

Ma is a sports coach in Liaoning Province which is way out in the boondocks of northeastern China. He coaches a team of female runners there and chances are exceedingly good that nobody would ever have heard of Ma Junren in Beijing must less in Canada, except for one small thing.

Ma's girls keep winning races.

And not just winning - blowing them wide open.

Just last month one of Ma's runners by the name of Wang Junxia broke the world record for women in the 10,000 metre run. Mostly when records topple, they are shaved by only tenths or even hundredths of a second.

Wang Junxia sliced an incredible forty-two seconds off the record. The same week, another Liaoning team member set a world record in the women's 1500 metre race, and a half second behind her was Wang Junxia.

How come? China's never been a powerhouse in world sport outside of ping pong. Why the sudden surge? Suspicious outsiders are beginning to whisper the dreaded s-word that blindsided Ben Johnson's sprinting career.

But they want to be very careful talking about steroids around coach Ma. He doesn't take kindly to such talk.

Ma is kind of an oriental Don Cherry - small but very mouthy. And he dresses in a fashion that makes Cherry look like a wallflower. Ma favours neon-coloured racing jackets, heavy on the orange and black checks. And he gets very annoyed when anyone suggests "his girls" performances are chemically enhanced à la muscle-bound amazons that used to represent East Germany. "We don't want any East German instruction," he shouts. "We don't want to walk using a foreign walking stick."

So how do the members of Ma's team manage to run so fast? Ma swears the secret is a drink made from "dong qiong sya cao".

Before you rush out to buy some, you might want to know that it's basically a potion made out of crushed worm. A rare and costly worm to be sure, but a worm.

That's not the whole secret of course. Ma says brutally hard work is the rest of the prescription. His runners run at least a marathon (26 miles) every single day. And they are expected to run Ma's way - by applying the running "technology" of animals.

"I studied the sika deer and the ostrich to understand the principles of running," says Ma, who is quite happy to tootle his own horn. "My ... technique is the most advanced in the world."

Bound like an ostrich, run like a deer, eh? Sound familiar - sort of like: "Float like a butterfly, sting like a bee."

Which, if memory serves, was the motto of another sports phenomenon not known for his modesty. A chap called Cassius Clay.

QUALITY USED CARS
From Your
VOLKSWAGEN
Dealer

'93 VOLKS Corrado VR, 6-green met, sunroof
'92 VOLKS Eurovan CL, 5-spd, cruise
'92 VOLKS Jetta S/R, low mi., 5 spd.
'92 VOLKS Jetta Turbo Diesel, Ext. warr
'92 VOLKS Jetta, air, 5-spd, alloy wheels
'92 VOLKS Golf, 4-dr, 5-spd
'91 VOLKS Golf GTI, sunroof, cruise
'91 VOLKS Jetta diesel, 5-spd
'91 VOLKS Passat GL, auto, sunroof
'91 VOLKS Passat CL, 5-spd, air
'90 CHEV Lumina Eurosport, 3.1, load'd
'89 VOLKS Jetta Flair, 5-spd, air
'89 VOLKS Jetta Flair, auto
'89 FORD Taurus "L", auto, air, cruise
'88 VOLKS J SOLD , 5-spd, mint
'86 VOLKS Golf GL, auto, sunroof, 4-dr

JACK MACDONELL MOTOR SALES LTD.
632 PITT ST. CORNWALL
933-3483

Always A Great Deal
With A Great Deal of Service
MAC'S MARINA
Boat Sales & Service
PRINCECRAFT
Sportsboat
ALUMINUM BOATS
INSIDE & OUTSIDE
BOAT & MOTOR
STORAGE
AVAILABLE
MERCURY OUTBOARDS
Set The Water On Fire
South Lancaster 347-2788

WE TEACH YOU TO DRIVE AND SURVIVE
Next course starts Nov. 30th
Call 937-4400 today.
Young Drivers of Canada

Delaney Bus Lines

Cornwall Midget "A" Delaney Bus Lines won their 5th and 6th straight games of the year. With Jacob Dionne in nets, Delaney won 6-4 in Nepean. Goal scorers were Pierre Rozon, Melvin Pyke, Eric Fontaine, Chris Lumley, Scott Grant and Chad Beauregard.

Delaney then won 6-3 at home against Aylmer. Goal scorers were Eric Fontaine with 2, Chris Proulx, Chad Beauregard, Greg Pedersen, and Mike McNally. Jacques Lavoie played nets for Delaney.

The team continued their winning ways with a 7-2 victory over Hawkesbury. With strong goaltending from Jacob Dionne, Delaney came back from a one goal deficit. Eric Fontaine scored 3 goals, Greg Pedersen scored 2 and Chad Beauregard and Rodney Besner each scored one.

LOOK WHAT JUST BLEW INTO TOWN
A BRAND NEW SPEED SHOP
SPEED-PLUS
— PERFORMANCE AND AUTO PARTS —



DRESS UP
QUALITY CHROME ACCESSORIES
Edelbrock
SPECTRE MAGNABRAID COMBO KIT
MOROSO

ELECTRICAL
Auto Meter
ACCEL
Accel Wires
Accel Yellow Wire

IGNITION
NOS
MSD IGNITION SYSTEMS
Holley

EXHAUST
HOOKER
Hooker Headers
Competition most models
Super Competition most models
Blackjack Headers
ACI RACER COMPONENTS INC
PRO STREET FUEL CELL
MANLEY
Race Flo Intake/Exhaust Valves

ENGINE KITS
PERFORMANCE KITS
SEALED POWER
BASIC RERING KIT
RINGS, FEL-PRO GASKETS
Cast Moly
B&M
K&N
Fluidampr

OPENING SPECIALS
Buy A Chrome Dress Up Kit & GET A FREE air cleaner
Buy a Complete Cam Lifter & Gasket Kit & GET A FREE timing chain & gears
Buy A Set of Rims & GET A FREE set of lock nuts

1967-1980 RE-RING KITS*
incl. rings .030
full gasket set
rod bearings .010
Prem Kits (reg. $174.99) $120
Economy Kits (reg. $161.18) $100

TIMING CHAINS & GEARS
Double Roller 350 Chevy $45.95 $28.00
1980 & Up 2.8 Chevy $80.00 $52.00

*limited sizes
while quantities last


Terry Morrow


Eric MacGillis


Robert Marchand

WHEELS
CENTER LINE RACING WHEELS
Center Line
Auto Drag Wheel
Satin Finish. Polish avail
CRAGAR
Cragar Street
Star Chrome Wheels
CHROMED STEEL
Complete Line Of Body Panels
We have 160 suppliers.
Shop around & then come & see us.
We will always match or better any competitors prices.
425A Fourth St. W.
(Next to Cylinder Head Factory)
933-9735

Reduction of Public Health Services

Members of the Board of Health were faced with a difficult decision of markedly reducing public health services to end the year with a balanced budget.

Priorization of programs and services and careful scrutiny of the financial statements were the main topic of discussion at the program and finance committee meetings Wednesday afternoon.

On October 7th, the Health Unit received its budgetary approvals for 1993. The approval was $365,000.00 less than the forecasted need to deliver the Public Health programs and services with only two months left in the fiscal year. There are a few alternatives available to balance the budget. After compiling savings accumulated over the last few months and reallocating some moneys, the Board still faces an anticipated shortfall of some $115,000.00.

For the first time in the known history of the Health Unit, the Board of Health is faced with the very difficult obligation of laying off employees to meet its financial obligations. It is with great reluctance that some 20 employees will be either temporarily layed off or have their hours of work reduced between now and January, 1994. However, we are confident that most of the people affected will be recalled after the Christmas holidays.

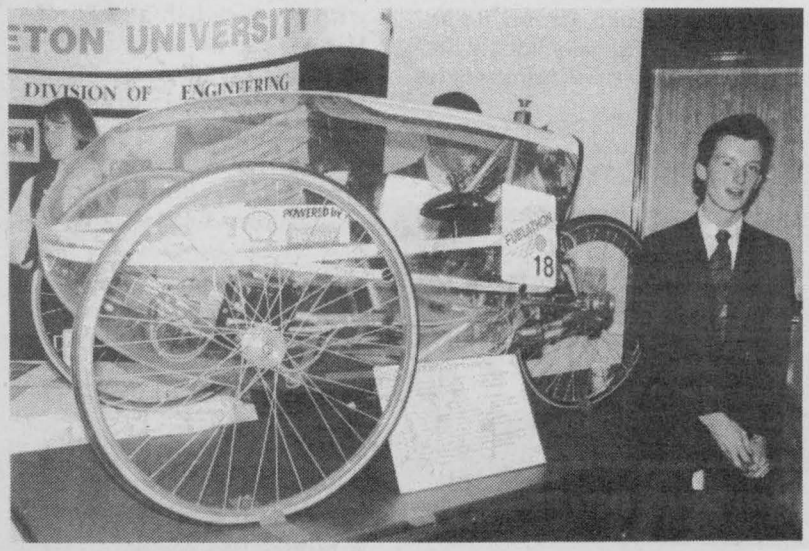
These measures are not related to the savings to be made under the Social Contract as the Health Unit has not yet been informed by the Ministry of the magnitude of the expenditure reduction target under the Act.

The activities most likely to be affected are public education programs, health promotion initiatives, community development, routine visits to day care centres and residences for the elderly and requests for public education and information sessions outside regular working hours.

On the other hand, we are maintaining all our activities related to Communicable Diseases, Watch-Me-Grow and Young Adult Clinics, Healthy School and Health in the Workplace initiatives, hosptial liaison, speech therapy and health protection activites in public establishments.

At this point in time, the services related to the Home Care Program, Addiction Assessment & Referral program and activities related to our mandate in protecting the environment are not affected.

Alternate Fuel Vehicles





Alternate fuel vehicles were displayed at the Civic Complex recently and were presented by Cornwall Energy Efficiency Team. Pictured above are Carleton University's "Super Mileage Mobile" and Queen's University's "Sun Quest Solar Energy Vehicle".

(photos by John Schaeffer)

DON'T
WAIT WEEKS!
4 HOUR CHAIN REPAIR
& RING SIZING
First-on-finest diamonds
fraser
jewellers ltd.
13 Second St. W
932-8714

RIDGEWOOD
FACTORY OUTLET
OPEN SATURDAYS ONLY 8 - NOON
CLEARANCE SALE!
ENTERTAINMENT CENTRES
$89.00
$99.00
$49.00
- NO CHEQUES -
WHILE QUANTITIES LAST!
VISA
3305 LOYALIST ST.
- INDUSTRIAL PARK -

GLORIA'S TRAVEL

TORONTO SHOW TOUR December 4-5 "SHOWBOAT".
Get the last of your Christmas shopping done at the Eaton Centre, Yorkville & Cullen Barns ... plus Dress Balcony Seats to the Broadway Extravaganza "SHOWBOAT". *VERY LIMITED SEATS*
PER PERSON Twin $220 Triple $210
Quad $205 Single $265

CARTAGENA COLOMBIA Jan. 24 - 1 or 2 wk. HOT! Hot! Hot!
All Inclusive * Club Decameron ***
Gloria returns for her fifth stay at this fun filled resort. Excellent weather & excellent food at a great price make this the HOT DEAL OF THE WINTER again this year. 70 persons in our group last year and many want to return. REGISTER NOW ....
Price includes all hotel tax & service charges & Canadian Departure tax & bus from Cornwall to airport return.
1 Week $859 only 8 seats left - 2 Weeks $1179 only 8 seats left

ESCORTED LONDON SHOW TOUR
March Break - March 11 - 19/94
Includes: bus Cornwall - Mirabel return; British Airways to London return; 7 nights Royal National Hotel; 2 theatre vouchers; escorted by Andy & Shirley Trasuk $859 p.p.
THERE IS STILL LIMITED SPACE ON OUR FEBRUARY & MARCH BREAK CARRIBEAN CRUISES

Gloria's Travel Service
147 Montreal Road, Cornwall
932-2224



Gloria Charbonneau

There's only one Jeep And... There's only one Jeep 4X4 Sale
And it's On Now
At Your Value Leaders

1994 Jeep Cherokee Sport 4X4



$21,494*
- 4.0 L High Output, 190 hp Engine
- Command-Trac 4-Wheel Drive System
- Sport Decor Package
- Centre Floor Console with Arm Rest
- AM/FM Stereo Cassette
- 4 Speed Automatic Transmission
- Air Conditioning
- Roof Rack
- Child Protection Rear Door Locks
- Tinted Glass

1994 Jeep Grand Cherokee SE 4X4



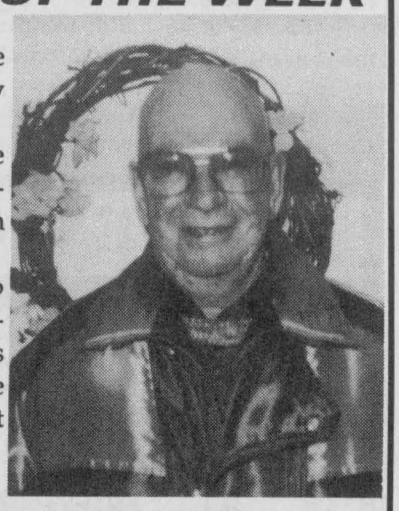
$24,994*
or $448.21† per month
(48 month term, no down payment)
- Driver's Side Airbag
- Side Impact Door Beams
- 4.0 L High Output 190 hp Engine
- 4-Speed Automatic Transmission
- Command-Trac, 4-Wheel Drive System
- Air Conditioning
- Cruise Control
- AM/FM Stereo Cassette
- Leather Wrapped Tilt Wheel
- 4 Wheel Anti-Lock Brakes
- Sport Steel Wheels with All-Season Radial Tires
- Roof Rack
- 60/40 Split Rear Seatback
- Rear Wiper Washer
- Aero Design Halogen Headlights
- Bodyside moulding

Jeep
Eagle

See Your Jeep & Eagle Dealer Today!

*Suggested retail prices for 1994 Jeep Cherokee Sport 4X4 with option package #26E and for 1994 Jeep Grand Cherokee SE 4X4 with option package #26D. Prices exclude freight, license, registration and taxes. Prices may change without notice. Dealer may sell for less. †Monthly rate based on MSRP for 1994 Grand Cherokee SE model with Option group number 26D. Montly rate excludes freight of $575. Subject to approval by Chrysler Credit Canada, Ltd. Security deposit equal to one monthly payment will be required. Leasing must be for personal use only. Buy-back not required. Lessee responsible for metreage exceeding 100,000 km, at a rate of $0.06 per kilometer.
*†Prices exclude freight, license, registration and taxes. Offer valid for a limited period and applicable only to vehicles in stock at Dealer and for personal use. This offer replaces and cancels any other offer and cannot be combined. See Dealer for details.

Canadian Cancer Society SD & G Unit
VOLUNTEER OF THE WEEK



Spencer Ward joined the Canadian Cancer Society a few years ago as a volunteer driver.

Spencer is very reliable and is always ready and willing to drive patients, even on short notice.

Drivers like Spencer help make our transportation convenor's job easier because it is very important for us to have dependable drivers to transport our patients.

THANKS SPENCER, WE NEED YOU!!!

Local Students Given Opportunity to Study Abroad

"Qualified high school students are offered a unique opportunity to spend an academic year or summer holiday in Scandinavia, Germany, France, Switzerland, Britain, Holland, Spain, Portugal, the Czech Republic, Poland, Mexico, Japan, Australia, New Zealand or the United States are part of the ASSE International Student Exchange Program" announced Marta O'Reilly, Ontario Coordinator fo ASSE-Canada.

"Until a few years ago, only a fortunate few could afford to spend a school year or summer abroad. Now, ASSE has changed all that," continued Mrs. O'Reilly.

Students, 15 to 18 years of age, qualify on the basis of academic performance, character references and a genuine desire to experience life in another country with a volunteer host family in Europe, Japan, Australia, New Zealand, Mexico or the United States.

"ASSE host families are carefully screened to provide a caring environment in which a student can learn the language and the culture of the host country," explained Mrs. O'Reilly. Summer exchange students usually live with a family who speaks some English. Having a foreign language is not necessary as the students receive language and cultural instruction as part of the ASSE program. ASSE students attend the regular high school classes along with their new teenage friends. "ASSE students learn by living the language and the culture of their new host country," explained Mrs. O'Reilly.

The nonprofit, public benefit ASSE International Student Exchange Program is affiliated with the Swedish and Finnish Ministries of Education, is approved by the Australian and New Zealand Departments of Education and works in cooperation with the Provincial and Territorial Ministries of Education in Canada.

ASSE also provides opportunities for Canadian Families to host a students from another country and culture. With ready assistance from local area representatives, Canadian host families can experience a new adventure by adding an ASSE exchange student to their daily family living. "This is an excellent way for a family to become aware of other cultures and countries and a wonderful means of enriching the lives of the children in the family with a new brother or sister from a country they may only read about in school," says Mrs. O'Reilly.

Students or families interested in receiving more information about the ASSE program should contact:

Trudi Switzer
Box 9607
Summerstown, Ont.
K0C 2E0.
(613) 931-1972
or call ASSE-Canada at
1-800-361-3214 (toll free)

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

IT COULD TAKE YOU TEN YEARS TO REALLY APPRECIATE THIS AD

97% OF CHEVY TRUCKS BUILT IN THE LAST TEN YEARS ARE STILL ON THE ROAD TODAY.

1994 CHEVY FULL SIZE "WORKTRUCK"



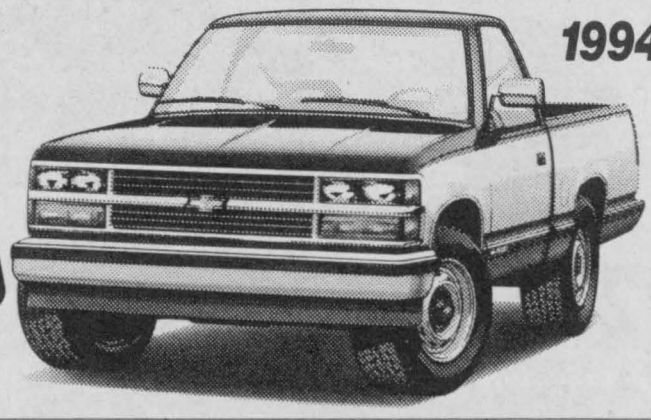
CHEVROLET VALUE BEST PRICE

- Rear wheel anti-lock brakes
- 4.3 litre EFI V6 engine
- Painted rear bumper
- Cloth seats
- Pulse wipers

PURCHASE ONLY $13,695†

OR SMARTLEASE NOW $249 PER MONTH/36 MONTHS*

1994 CHEVY FULL SIZE 4x4 PICKUP



CHEVROLET VALUE BEST PRICE

- Rear wheel anti-lock brakes
- 5.0 litre EFI V8 engine
- AM/FM cassette
- Automatic transmission
- Tilt/cruise
- Plow prep package
- Rally wheels
- Lock differential
- Cold climate package

PURCHASE ONLY $22,995†

Goodwrench Service Plus

PETRO-CANADA • Special discounts, available through Petro Canada retailers for SmartLease customers

THE GM 3-YEAR/60,000 KM† NO DEDUCTIBLE TOTAL WARRANTY †WHICHEVER COMES FIRST

Roadside ASSISTANCE** 24 HOURS A DAY ON 1993 MODELS

Available 24 hours a day. Professional help is only a phone call away. 365 days a year.▲

THE NEW FINANCIAL VEHICLE.

Earn 5% towards the purchase of a new GM car or truck. Applications available at your nearest dealer or TD Bank branch.

**Used under licence. The GM card is a trademark of General Motors Corporation

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

Home of everyday value pricing!

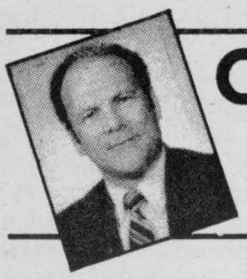
*Based on 36 month GMAC lease for vehicle equipped as described. Monthly payment does not include all applicable taxes. License and insurance not included. Minimum down payment of $2665.55 which includes security deposit of $300 is required. Some mileage conditions apply. Kilometres are limited to 24,000 km per year. Cost of additional kilometres is $0.05/kilometre. Offers apply to qualified retail customers only. Other terms and contracts also available. See your participating dealer for complete details. †Prices for Chevy Full Size Work Truck and Chevy Full Size 4x4 Pickup equipped as described. ▲ Freight ($795/$795), license, insurance and taxes not included. Offers apply to 1994 new or demonstrator models. Dealer may sell/lease for less. Offers apply to qualified retail customers only. These limited time offers may not be combined or used with any other offer. See Dealer for complete details. ▲Some charges may apply. See Dealer for complete details.

NOW PLACING AN AD IS EVEN EASIER FAX IT! Fax # 933-0024

We'll take your idea and design a package for you to help you sell more.

FOR ALL YOUR ADVERTISING NEEDS CALL RICK SHAVER 933-0014





Christianity Alive

by Bob Burgess, pastor
New Life Covenant Church
(A Spirit-Filled New Testament Church)

"But without faith it is impossible to please him." (Heb. 11:6)

Faith is the key that unlocks a Christian's walk with God. This scripture in the Bible states that "without faith it is impossible to please God." Many people go to church on Sunday, but how many truly exercise faith in believing God and what He says. How many simple go to church out of habit or tradition without ever exercising faith as a way of life.

I'm reminded of the story of Peter in the boat as he saw Jesus walking on water. Peter said, "Jesus if that be you, call me to come to you," and Jesus simply said, "come". Peter in obedience and in faith to Jesus, simply got out of the boat and stepped on the water. Peter did not question nor even see the depth of the water, but in simple faith, trusted Jesus' word and came towards him. Peter was sure that what Jesus had said would and could happen. He knew that if Jesus said, "come", that shomehow, Jesus would take care of him. The story goes on to say that Peter suddenly took his eyes off Jesus and saw the wind and the waves and got scared and began to sink. He let go of his faith in Jesus and began to look at his surroundings and fear gripped his heart and faith left and he began to sink. Many Christians begin their walk of faith, but soon as things get a little rough, they also get scared and begin to sink. We need to maintain faith in God, faith in His promises to us His church, faith in His love for us, faith in His faithfulness and we will not sink like Peter, but continue to walk above our problems and circumstances.

The story continues in Matt. 14:30 that when Peter began to sink, he cried out to the Lord and said "save me". Jesus heard him and stretched out His hand and saved Peter and said to him, "O thou of little faith, wherefore didst thou doubt?" Christian if today you are sinking, simply cry out as Peter did and ask Jesus to save you and He will.

Faith is the main ingredient for a victorious walk with God. Faith is the energy of the Gospel and will become your strength as you daily exercise your faith in a faithful and loving God.

Thoughts To Ponder

1. We are not made rich by what is in our pockets, but by what is in our hearts.

2. Our faith in God may not be great, but our faith is in a great God.

3. God formed us; sin deformed us; Christ transforms us.

Child's Place Nursery School



The Monday afternoon group from this Nursery School visits the senior citizens at the Sandfield Nursing Home once a month. On this visit they celebrated Hallowe'en together. Pictured above, seniors Jeanne Legault and Jimmy Boudreau look on as Kaylan Champagne, Jenna Carter and Jonathan Lalonde have their faces painted by teacher Kim McNeil. Both children and the seniors seem to enjoy these outings.

(photo by John Schaeffer)

EXERCISE in the COMFORT OF YOUR HOME





* Treadmills
* Skiers
* Steppers Of All Kinds
* Exercise Bikes
* 9 Station Work Out Gym



See Our Selection Today

Home hardware

Cornwall
Corner Pitt
& 13th St.
932-3225

Ingleside
Shopping
Plaza
537-2233

Aux Habits Dorion

150 Harwood Blvd
Dorion Que. 514-455-3170
OPEN SUNDAY 12 noon - 5 pm

GREAT RENOVATION SALE

REDUCTION ON ALL OUR IN-STORE MERCHANDISE

GET UP TO 60% off

WAREHOUSE PRICES

GREAT VARIETY OF

SUITS
SPORTS JACKETS
PANTS
SHIRTS
SWEATERS
CARDIGANS
TIES
LEATHER COATS
SHORT COATS
3/4 COATS
3 SEASONS RAINCOATS
OVERCOATS
BELTS
SHOES

FREE ALTERATIONS ON THE SPOT!

THE TRIP IS WORTH IT!

Music Notes

by Morley Seaver

Junkhouse - Strays (Sony Music)

No bio sheet with this one but from the list of thank you's on the sleeve, this band is definitely Canadian. Hard blues-based rock is what Junkhouse delivers, and they do it well. You can hear smidgens of other bands in here, most notably, The Tragically Hip. Nice delivery and good songs. Probably a great live band.

Clint Black - No Time To Kill (BMG)

He of the black hat is back with his fourth record and it's a great improvement over his last (although it still did a couple of million units). This one puts Black back in the big leagues again. Black is a great songwriter and this time he gives us some of his best stuff. "Thinkin' Again" is great, as is the title track. "A Bad Goodbye" is a duet with Wynonna that is already a successful single. Back to front, this is a winner.

Oleta Adams - Evolution (Mercury/ Polygram)

Oleta Adams opened some eyes during "Sowing the Seeds..." tour with Tears for Fears. Her solo record appears shortly after and it rocketed up the charts and hung around for quite awhile. Her newest record is a bit more laid back but not a bit less wonderful. Oleta has a voice that is just so full that anything she sings is great. As a bonus, the songs included are all good. Six of them she penned herself. Others come from the likes of Billy Joel and James Taylor. Fans of mid-seventies Joel/Streisand/ King/ Flack, run and pick this up.

Harem Scarem - Mood Swings (Warner Music)

Harem Scarem scored a minor knockout last year with their hit "Slowly Slipping Away". They're back with their brand of melodic hard rock and "Mood Swings" will probably do big business as well. Hopefully they can overcome the pitfalls that befell others like Coney Hatch and Streetheart. Harol Hess has a great voice and the songs are all radio-friendly so they should be around for a while.

The Beatles 1962-66/1967-70 (Apple/ Capitol)

Finally, years after all of the other Beatles material has been committed to compact discs, we now have the red and blue albums. With all tracks digitally remastered, these two compilation records have most of the essential tracks by the fab four. It's simply awe-inspiring to listen once again to these tracks. Music doesn't get any finer.

El Seven Nite Club - Various (Hypnotic/A&M)

Every second Tuesday at the Rivoli in Toronto is El Seven Nite Club night. Backed by Big Sugar, guest vocalists take on a variety of songs, from light-jazz to soul. This recording contains some performances by Rebecca Jenkins, Lee Aaron, and Ken Whitely, all taken from these shows.

Aaron Tippin - Call of the Wild (BMG)

Tippin scored big with last year's "Ain't Nothing Wrong With The Radio". His third record displays more of the fine songwriting we've come to know and the playing is tight and crisp. While he will never be confused with Vince Gill in the vocals department, he can still ge the job done. Highlights include, "Working Man's Ph.D." and the title track.

The Hooters - Out of Body (MCA)

The Hooters, hailing from Philadelphia, feature two of rock's best songwriters; Rob Hyman and Eric Bazilian. Their first record did extremely well, buoyed by several Top 10 singles, such as "All You Zombies". Their newest record contains more of the well-crafted rock songs that have graced their three previous records. "Twenty Five House A Day" and "Shadow of Jesus" are great. "Boys Will Be Boys" features old songwriting partner, Cyndi Lauper.

Fishing For A Real Deal?
CHECK THE CLASSIFIEDS
Call 933-0015 to place your ad!!

NO G.S.T. SALE!

SAVE UP TO 50%

We Carry WATERBED FOAM REPLACEMENT MATTRESSES in Super Single, Queen Size & King Size

THE OMEGA

39" Box & Mattress	Reg. $289	$169.00
48" Box & Mattress	Reg. $329	$189.00
54" Box & Mattress	Reg. $329	$189.00

THE COMET

39" Box & Mattress	Reg. $439	$259.00
54" Box & Mattress	Reg. $589	$289.00
60" Box & Mattress	Reg. $689	$369.00

THE CHIRO

39" Box & Mattress	Reg. $529	$289.00
54" Box & Mattress	Reg. $639	$389.00
60" Box & Mattress	Reg. $799	$459.00

KING SIZE BOX & MATTRESS

Orthopedic 20 year guarantee	Reg. $1399	$799.00
Seville 25 year guarantee	Reg. $1699	$999.00
Dynastie Lifetime guarantee	Reg. $1999	$1299.00



BERGERON SLEEP SHOP
1005 First St. East
932-2214

SAVINGS SELECTION SERVICE

SHOWROOM OPEN
Mon. - Thurs. 8-8; Fri. 8-6; Sat. 9-4

CORNWALL HONDA

YOUR CHOICE FOR A NEW HONDA

NEW 1993 HONDA ACCORD LX

Accord Sedan LX Coupe equipment includes cruise control, driver's side airbag, four-speaker stereo with cassette, full wheel covers, power steering, power brakes, dual remote control mirrors, a 2.2 litre 125 horsepower engine and more.

$263.00/mo. or PURCHASE FROM $14,588*

- DEMO SALE -

Save over $3000
1993 HONDA ACCORD EX-R, 4 dr., executive driven sedan, fully loaded, no options missed. $22,495*

Save over $3,500
1993 HONDA ACCORD LX, sedan, 4 dr., auto., air $17,495*

94's ARE IN STOCK WITH MORE ON THE WAY

* frt., pdi, lic, taxes extra
** price based on 80 mo. lease, 24000 km/yr. warranty, security deposit, 1st mo. w/optional buy back OAC, see dealer for details.

CORNWALL HONDA
"THE DEALER WHO CARES ABOUT YOU"
1200 Brookdale Ave. 933-7558 1-800-268-6571
18 Years of Quality Service to the Honda Customers of Cornwall & Area



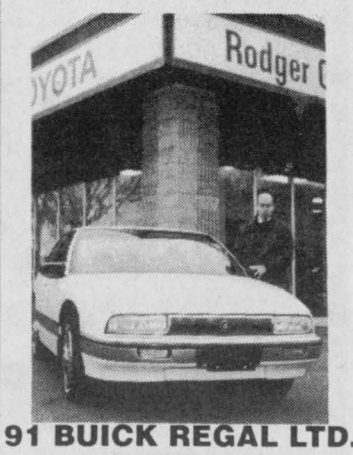
STAY IN SCHOOL

Did you know...?

(NC)—Almost 40% of dropouts were age 16 or younger when they left high school and 32% had Grade 9 education or less.

NC

THE TRUST STARTS HERE!!



91 BUICK REGAL LTD.
V6, auto O/D, loaded
$14,995

RODGER GRANT TOYOTA
353 Pitt (at Fourth)
932-1106

HOROSCOPES

Oct 31-Nov 6

ARIES – March 21/April 20
Your busy schedule may be taking its toll on your health. It would be wise to cancel a few plans and give yourself some rest. Exercise will help you achieve peace of mind. A difficult situation is easily resolved with diplomacy. A family member's changed attitude will surprise you.

TAURUS – April 21/May 21
Things may not seem to be going your way, but if you stick to your guns, everything will work out in the long run. It's important to delegate responsibility — at work and at home. Remember, in a team, everyone must carry their load. A Cancer of the opposite sex is in the picture.

GEMINI – May 22/June 21
Determination and ambition will get you far this week. You will be able to tackle numerous projects with success. A friend needs your help but doesn't know how to ask. Extra sensitivity on your part will be important and helpful. Your love life looks very good. Romance is in the air.

CANCER – June 22/July 22
You may be caught up in a misunderstanding that affects both your home and working situations. Honesty is the best policy in this matter. As long as you keep your priorities straight, you should be okay. You must curb spending. Unexpected expenses are bound to surface.

LEO – July 23/August 23
A hectic schedule will keep you energized. Even though you'll be putting in a few extra working hours, your social life should be quite lively, too. Opportunity for new romance is abundant. Telling white lies to make yourself look better or more interesting could get you in trouble.

VIRGO – Aug 24/Sept 22
Just because you're unhappy with a certain situation doesn't mean everybody else is, too. You must consult associates before making any changes in business. You're not going to win any popularity contests with a negative attitude. A more cheerful approach to life is what you need.

LIBRA – Sept 23/Oct 23
A long-term family dispute will finally be resolved. You will realize that a compromise could have been reached long ago. Start making plans for an upcoming event. It will be here sooner than you think. You will gain a better understanding of a loved one's attitude or behavior. Exercise will take up a good portion of your time.

SCORPIO – Oct 24/Nov 22
Unforeseen circumstances could have a major impact on your week. Strength and self-reliance will help you through. Unfinished business will be completed with success. An estranged lover will try to contact you. This will put your emotions to the test, but do not weaken.

SAGITTARIUS – Nov 23/Dec 21
A productive week is in store for those Sagittarians involved in creative work. A general feeling of happiness will stay with you throughout the week. You will enjoy an unusually socially active weekend. A chance meeting with a Pisces could lead to a new romance.

CAPRICORN – Dec 22/Jan 20
All talk and no action won't get you anywhere. If you really want a change in your life, you must make it happen. A phone call on Tuesday could be significant. Be sure to choose your words carefully. Giving out personal information should be avoided as much as possible.

AQUARIUS – Jan 21/Feb 18
The hum-drum of daily routine may be getting to you. Play hooky one day this week and have some fun! You deserve it. Any misunderstandings in a love relationship can be worked out without much hardship. Spend time with family members. A celebration of some sort is in store.

PISCES – Feb 19/March 20
Know who your friends are. Your tendency to trust the wrong people could work against you if you're not careful. Think twice before lending out personal property, especially items you'll need for business. Seek the advice of a professional before making any major purchases.

YOUR BIRTHDAY THIS WEEK
The next 12 months:
This year will be tame compared to the last few. There will be a few changes in your life, but nothing major. Although it may not be eventful, there are lots of happy times in store. You will probably make a few new friends, too. Travel should play a big role, especially in the spring. A trip to Europe is very possible. Luck will be following you most of the year. Be sure to enter any contests or lotteries you come across. Winning a major item — like a car or a boat — is very possible. A family member will reach a major milestone. Finances look good. Money should be less of an issue than ever before.



BIRDS OF A FEATHER

by Debra Gillet

The Mallard

by Debbie Gillet

No other duck is so widely known as the Mallard. It inhabits much of the earth's north-temperate zone. In captivity the Mallard is the ancestor of most varieties of domestic ducks. Unfortunately, it is a favourite with sportsmen, particularly in the West. The Mallardsclose relative, the Black Duck, resides in the Atlantic Provinces.

The Mallard's diet is varied, consisting of vegetation, seeds, insects, and small aquatic animals. They feed at the water's surface, or by "tipping up" (upside down) to reach the shallow pond bottoms. Mallards are very fond of grains, wild rice and corn. They serve a useful function by eating mosquito larvae.

During breeding season the male shows off their plummage. The head and neck is a bright emerald green, with a narrow white collar. The lower neck and breast is chestnut, while there is a violet wing patch bordered by a white bar. The Mallard's bill is greenish yellow, and its legs are orange. In summer the males undergo a molt and turn dark brown.

Female Mallards are buff coloured and streaked with dark brown on the top and sides of the head. Their upper parts are dark brown, with feathers broadly edged with buff. The linings of the wings are white. There are U-shaped markings on the breast feathers.

When in flight, the whitish outer sides of the Mallard's tail are visible over quite some distance. Like most ducks it springs directly into the air from the water.

The female's voice is a loud "quack", while the male's is similar but softer and higher pitched. The Mallard is about 23 inches long.

These ducks are the most adaptable, frequenting marshes, ponds, small and large lakes, quiet waters of rivers and flooded land in treeless and wooded country. They can also be seen on land, especially grain fields. Mallards can exist quite happily on very little water. Although they prefer fresh to salt water, these ducks do visit salt water areas, especially in winter.

Mallards usually nest on the ground near water. Sometimes they will nest far away from waterand even sometimes in a tree. They will make their nest with grasses, reeds and leaves, lining it with down (soft under feathers).

The female will lay 5 to 15 eggs, which are dull greenish or greyish buff to near white in colour. After laying the last one, she will inclubate them for about 28 days.

The Mallard breeds in the provinces of British Columbia, Alberta, Saskatchewan, Manitoba, Ontario and parts of Quebec. In the winter they reside in the southern parts of these provinces, along with Newfoundland and the Maritimes.

Summer Photo Contest Winners

The first Regional Summer Photo Contest was a great success - if quantity and quality of the photographs are any indication. Residents of Cornwall and the Seaway Valley submitted a total of 87 photographs between May and September 1993.

The Cornwall Regional Art Gallery has created a special exhibition of the winning photographs that will be displayed at the Gallery, at 164 Pitt Street, in Cornwall from October 19th to the 23rd. At a Special Official Opening of the exhibition on Monday October 19th to the 23rd. At a Special Official Opening of the exhibition on Monday, October 18th, winners received their prizes; cameras sponsored by Gaby of Cornwall. Gaby's also sponsored enlargements of all the winning photographs presently on display at the Gallery and winners will receive these enlargements after the closing of the exhibition.

The Cornwall Regional Visitor & Convention Bureau is pleased to announce the 6 winners of the 1993 Summer Photo Contest "Images of Cornwall and the Seaway Valley":

1 - Grand Prize Winner: Marc Chalfoux, Cornwall.

5 - Category Winners:

* People - Lyn Brunnette, Cornwall.

* Waterfront & Waterfront Activities: Sandra Winchester, Long Sault.

* Festivals, Events & Attractions: Micheline DesGroseilliers, Cornwall.

* Picturesque Scenery: Christiane Gervais, Ingleside.

* "Hidden" Tourist Attraction: Yasmin Jessa, Cornwall.

The Photo Contest Judges also chose 5 additional photographs from those that were entered, to be given an honourable mention. These photographs will also be on display at the Gallery during the exhibition.

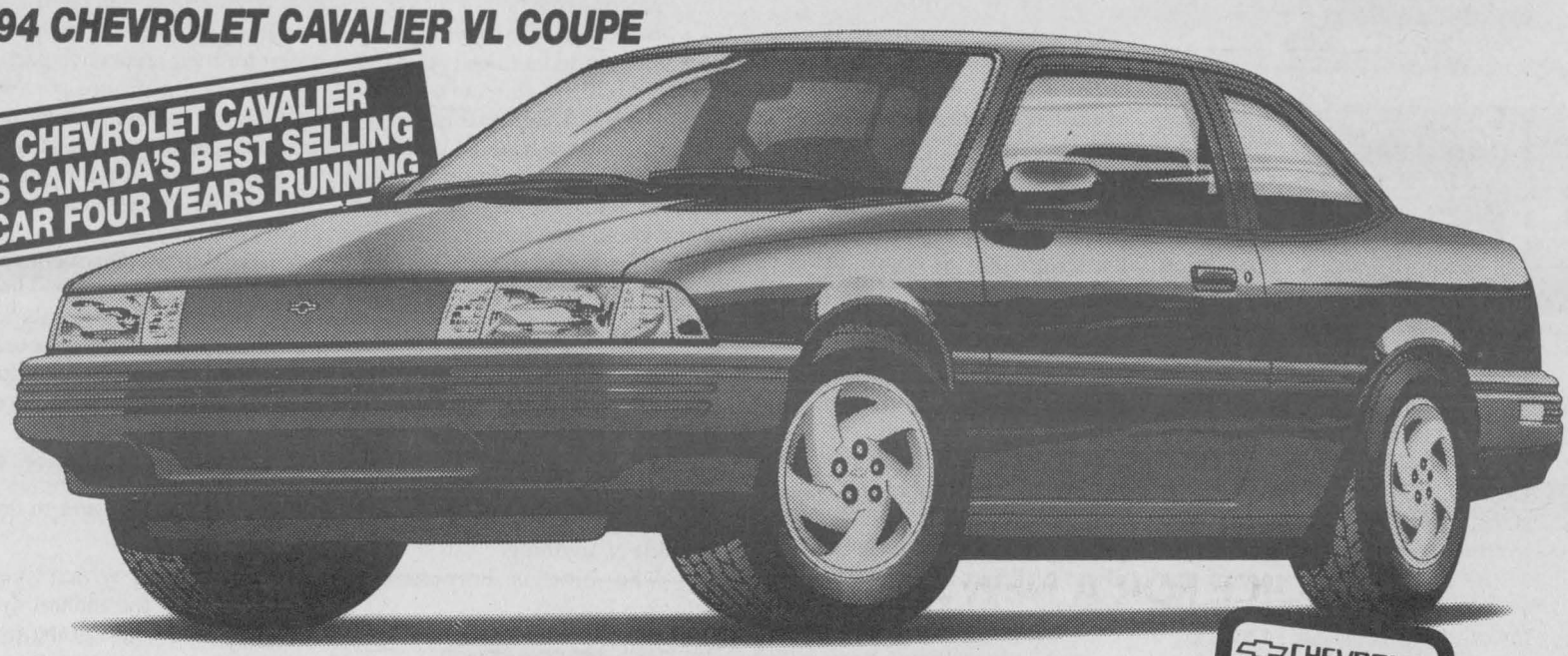
Honourable Mentions: Miriam Baburic, Monkland; Sultan Jessa, Cornwall; Betty McRoberts, Winchester; Estelle Mercier, Alexandria; Judy Scheffer, Cornwall.

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

238,000 CANADIANS CHOSE CHEVROLET CAVALIER OVER CIVIC, ESCORT, TEMPO AND SHADOW.* ISN'T IT TIME YOU DID?

1994 CHEVROLET CAVALIER VL COUPE

CHEVROLET CAVALIER IS CANADA'S BEST SELLING CAR FOUR YEARS RUNNING



Chevrolet Cavalier comes equipped with a 2.2L engine • 4 wheel anti-lock brakes • Power locks • Tinted windows • Front reclining buckets seats • Scotchgard™ fabric protector • 24 hour Roadside Assistance, and more.

SMARTLEASE NOW $175 PER MONTH FOR 36 MONTHS**

CHEVROLET VALUE BEST PRICE

1994 CHEVROLET CAVALIER VL SEDAN



SMARTLEASE NOW $209 PER MONTH FOR 36 MONTHS**

Chevrolet Cavalier VL sedan comes equipped with a 2.2L engine • Standard 4 wheel anti-lock brakes • Air conditioning • Automatic transmission • AM/FM stereo cassette • Tinted windows • 24 hour Roadside Assistance, and more.

Goodwrench Service Plus

Ask About SMARTSTEP†† Your first payment on us

††First month SmartLease payment will be waived for qualified purchasers. Minimum down payment applies.

THE GM 3-YEAR/60,000 KM† NO DEDUCTIBLE TOTAL WARRANTY †WHICHEVER COMES FIRST

Roadside ASSISTANCE 24 HOURS A DAY ON 1993 MODELS

Available 24 hours a day. Professional help is only a phone call away. 365 days a year.*

THE NEW FINANCIAL VEHICLE.

Earn 5% on the purchase of a new GM car or truck. Applications available at your nearest dealer or TD Bank branch.

*Used under licence. The GM card is a trademark of General Motors Corporation

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

Home of everyday value pricing!

*Data based on Compusearch Total Cavalier Retail Registrations 1988 - 1993. **Based on 36 month leases for Cavalier VL Coupe and Cavalier VL Sedan respectively, equipped as described. Total down payments of $2,114.72 and $3,047.35 are required. Security deposit of $300 is included in total down payment. Freight ($570) included in lease payment. Other terms also available. Offers apply to qualified retail customers only. Some mileage conditions apply. License, insurance and taxes not included. Offers apply to 1994 new or demonstrator models. Dealer may lease for less. These limited time offers may not be combined with any other offers. Vehicles may not be exactly as shown. Dealer trade or factory order may be required. See Dealer for details. *Some charges may apply. See Dealer for details.

WANT ADS work WONDERS!

CALL 933-0015 to place your ad

PERSPECTIVE



By Bob Roth
SEAWAY NEWS

Stormont-Dundas Plays It Safe By Picking Kilger, Shunning Reform

There was an element of unreality in the election night comments of Stormont-Dundas Reform Party candidate Annette Turner.

As the early returns came in, Turner told an Ottawa Citizen reporter that "people here are sick and tired of the old-line parties dictating to them. These are votes for a new Canada."

Well, if Stormont-Dundas residents are "sick and tired of the old-line parties," they have a funny way of showing it. Almost 36,000 of the approximately 43,000 people who cast their ballots did so for those three old-line parties - 27,000 in fact voting for one of the oldest parties of all, the Liberals.

Reform received only 14 percent of the vote, which means Turner will lose her election deposit. She needed 15 percent.

Even the Conservatives, annihilated in most of Canada, managed to finish second in Stormont Dundas with about 7,500 votes compared to Reform at about 5,900. That's not much more than the COR party (a one-election wonder in Stormont-Dundas) got in 1988. This begs the question of whether Reform is merely the latest vehicle for a protest vote, or whether it is here to stay. Other parties (e.g. the Progressives) have rode out of the west into Ottawa before, only to disappear by the next election.

It is, therefore, important for Reformers not to delude themselves about the significance of their showing in Ontario. There will be those who will say that going from zero to 14 percent in Stormont-Dundas isn't bad, that it represents a base. However, it is worth noting that this "base" could be nothing more than the traditional discontent you will find anywhere at any time. The NDP, for example, was able to score around the 14 percent mark in this riding federally - but that "base" never grew. (In fact, the NDP got less than three percent of the vote locally this time around. Garnering less than 1,200 votes, the NDP's David Moss just wasn't there. The party could have run a cardboard cut-out and received as many votes.)

Already there is talk about Reform replacing the Conservative Party. The total annihilation of the Conservative party in Canada is, indeed, a significant development in the course of Canadian history. This is the first time since Confederation that the party has lost "party" status by not getting the required 12 seats.

But those who think the Tories have faded forever from the scene should think twice. The Conservative Party is an institution in this country. It has money. More importantly, it has many friends who have money. I wouldn't sign the death certificate just yet.

If Reform hopes to fill the void, it will have to adapt to the Ontario political environment. It must come to grips with the fact that its policies do not sell well in Ontario. Westerners are a different breed of people. They have been sending protest parties to Ottawa for decades. Ontario, as we have seen, is quite different - much more traditional.

Two issues in particular did not serve Reform well in rural Ontario - their position on social programs and their position on farming.

Reform's policy of ending farm subsidies could not help but scare off many farmers; threats to supply management due to the GATT agreement have already made many fearful for their livelihoods. However, farmers are an increasingly smaller percentage of the voting public. What really hurt Reform was the perception that the party was going to attack social programs, particularly medicare. In my view, Reform will never gain major inroads in Ontario until it recognizes that Ontarians are very fond of our national medicare system. With all its shortcomings, it is still one of the best health care systems in the world. People do want the system made more efficient, but they don't want it destroyed with user fees and extra-billing; Reform would allow the provinces to implement such practices.

Reform must be credited with forcing debate on many issues of concern to Canadians - crime, constitutional nonsense, government waste, the need to empower people, to name just a few.

Whether it survives to fight another election, however, depends on whether it is willing to listen to the message delivered by Ontario voters last week. And make changes accordingly.

CLAIRE HOY

By Claire Hoy
SEAWAY NEWS

Wow!

A Liberal win was no surprise. Nor was a Bloc Quebecois and reform party surge.

Or, for that matter, an NDP collapse.

But the Tories?

From 152 seats a dissolution to two - count 'em, two.

Anybody who tells you that was expected isn't telling you the truth.

Just before election day, for example, inside Liberal numbers showed they expected Kim Campbell's Tories to plunge to 18 seats, pretty bad, but a long way from what really happened.

Clearly, the big story of this election was, for a change, right in the country's heartland - Ontario.

I never thought I'd live to see Ontarians vote 98-1 for anybody.

Even after the fact, it's still hard to believe.

Traditionally, Ontario is split between the two major parties. In 1988, for example, Brian Mulroney's Tories won 46 Ontario seats, while John Turner's Liberals won 43 and the NDP, 10.

Even during the lopsided Diefenbaker sweep in 1958, when there were only 57 opposition seats in the Commons, 18 of them were in Ontario.

Not this time.

Only one seat - Reformer Ed Harper, Simcoe Centre - is not Liberal.

While Campbell must carry the can for the bulk of this humiliating defeat, fact is, she was hampered in Ontario especially by the ghost of Brian Mulroney and the presence of Bob Rae.

Ontarians, clearly, had had enough of both the Tories and NDP. In addition, featuring the Bloc holding us up to ransom in a minority government, Ontarians also opted for a majority.

Hence, the unparalleled result.

One of the truisms of Canadian political history is that you can't win a majority without winning Quebec.

Not any more.

But that was specifically because Ontario had been split and Quebec normally voted in a block - as opposed to a Bloc, that is.

So now we have a Commons with the separatists in opposition and the Reform representing most of the West, both strong, ideological parties with interests that are direct opposites in almost every way.

The Bloc wants to destroy Canada; the Reform wants to strengthen federalism, and if Quebec doesn't want in, they should fish or cut bait.

The Bloc is left-of-centre on social issues; the Reform isn't on that side of anything.

The Bloc is French; the Reform is English.

On the other hand, both parties, at least so far, have been one-man bands - Bouchard for the Bloc and Preston Manning for the Reform.

Canadians are basically unfamiliar with the bulk of the Reformers and Blocheads, but it's safe to say that both causes contain some wingnuts who, under the glare of media attention, will make it difficult for their leaders to maintain what so far has been a civil, relatively reasonable public personna for their respective parties.

Manning promises to be an opposition with a difference. He won't come to town and oppose for the sake of opposition. He'll only oppose things which are bad. Dream on, Preston.

He'll soon discover that for all his hopes, the system doesn't work this way. If he wants to get his message out - and of course he does - then the only way to do that over the long haul is to make some noise.

Sweet reason only goes so far in politics.

As for Bouchard, he too is in a bit of a bind.

For a party which lives off the notion that the federal system doesn't work, what's going to happen to him as opposition leader if in fact he gets things done for Quebec?

How will he manage to achieve Quebec goals in Ottawa while at the same time convincing Quebecers the system doesn't work for them?

Audrey McLaughlin no doubt is thrilled that for the first time her party is actually ahead of the Tories, but given the results, and the NDP's six percent of the vote, the reality is that this was almost as disastrous for her gang as it was for Kim Campbell's bunch.

The only blessing in this whole thing for Campbell is that she lost her own seat.

Pity. I would have preferred for her to win and have to come back here and face the music for what she - with the help of Mulroney and others - have wrought on this once-proud party.

In her concession speech, Campbell began with the quip that "It's a good thing I didn't sell my car."

Indeed. It might have been a better thing, for her party at least, had she stayed on the Vancouver school board.

Perhaps that's what she meant about recovering from the election results and starting over again.

Vancouverites should watch for her name in the next school board elections. After all, how many trustees can boast about having been prime minister, eh?



Canadians honored

(NC)—Canadians are speaking out loudly and clearly from the podiums of the world.

Two Canadians were recently awarded the coveted Certified Speaking Professional (CSP) designation from the National Speakers Association.

Peter Urs Bender, the author of *Secrets of Power Presentations* and **Brian Lee**, know popularly as Mr. Enthusiasm, were recognized through the endorsement of their appreciative audiences. Only eight Canadians have ever received this prestigious distinction.

The 3200 members of the National Speakers Association are dedicated to promoting the highest standards in professional public speaking. The Arizona-based organization enforces a strict Code of Ethics for the speaking professionals comprising its membership and encourages the continuing development of professional presentation skills.

Toronto-based **Peter Urs Bender** gives keynote addresses and seminars to business groups across Canada, the United States, Europe and Asia. His best selling book, *Secrets of Power Presentations*, is published by The Achievement Group.

In the last 24 months, Mr. Enthusiasm, **Brian Lee**, based in Calgary, has spoken 279 times in 47 states and provinces in 12 countries. He has written three books and his seminars are available on audio tape and video cassette.

SEAWAY NEWS
Serving Cornwall and Area Since 1985
PUBLISHED WEEKLY BY SEAWAY SHOPPING NEWS LTD.
329 - 2nd St. West, Cornwall, Ontario K6J 1G8
President: R.N. Aubry ... **Vice President:** R.E. Shaver
Distribution Manager: Tom Aubry
Marketing Representatives:
Bill Snelgrove ... Arlene Hulls ... Bill Doherty
Office: 933-0014 Classified: 933-0015 FAX: 933-0024

SEAWAY NEWS
LETTERS TO THE EDITOR

Dear Editor:

On behalf of the Cornwall Transit Drivers, we would like to call upon the citizens forCornwall to again help us help those in need.

Nowadays, the season of giving is with us all year round, but more so during the Christmas season.

Starting November 8th to November 13th there will be a food drive to help the less fortunate. The Agape Center will provide us with barrels that will be placed in the buses on all the main routes.

Also on Nov. 11th there will be a City Coach on display for all to see at Marynard's Your Independent Grocers and on Nov. 12th we will be at Lada's Your Independent Grocers.

This food drive is put on by the transit drivers themselves, who volunteer their time and effort. We can't do it without your help. Please help us help others.

Denise Martel
Cornwall

Dear Editor:

Bereaved Families of Cornwall and Area is proud to announce they are now a member agency of the United Way.

It is through the continuing support of your media and the commitment of many dedicated people that our self help/mutual aide organization exists and continues to grow.

I would like to take this opportunity to recognize the valuable volunteers who make this happen:

The Board of Directors: Marilyn Macauley, Dr. David Kaufman, Dr. Patricia Kaufman, Brian McKinley, Barbara Russell, Donald Derry; Lori Hollingworth, Lyle Ferguson, Claude McIntosh, Darlene Baker, Marie Noelle-Lanthier, Peter Barkway, Shelley Adams, Debbie Rochon, Sherry Oakes.

The Facilitators: Sally Deslauriers, Kathy McGrath, Evelyn Emory, Brian Robertson, Mary Dowker, Micheline Lalonde, Sylvia Shaver, Sherry Oakes, Barbara Russell, Shelly Brown, Joanne Ledoux.

The Librarian: Shirley Herdman.

The Office: Margaret Nesbitt, Annie Adams.

There are so many other people that must be recognized at this time for their continuing support behind the scenes: the teachers, custodians and office staff of C.C.V.S. with honourable mention to Chef Hill and his staff; Barbara Ann Zummach; Michel Bourdeau; Ellery Nesbitt; Levis Strauss; Dave MacDonald; Barry Brownlee; Fairbairn Funeral Home; The Navy Vets; Cornwall Police Club; Cornwall Rotary Club; St. Lawrence College; E.A.P.; Bill Emory; The Public School Board; The Christian Council; Firn MacDonald; Debbie Gordon; Jean Huckabone; Linda Thomas; Tyler Filion; Chantal Filion.

To all of you advocating for Bereaved Families of Ontario, Cornwall and Area, and not mentioned by name in this letter, we deeply appreciate your support.

The most important people of all and the reason we exist are the Bereaved. It is through their loss and their pain that they reach out and in doing so, help themselves and help so many others.

November is Bereavement Awareness month and as "We Remember" our fallen comrades we never forget our deceased loved ones.

Once again, we really appreciate all your support. Thank you.

Yours with appreciation,
Sharon E. Filion
Coordinator
Bereaved Families of Ontario
Cornwall and Area

Dear Editor:

Here's how we put Canada back to work and at the same time clean up our government overspending, overtaxation and deathly deficit financing.

1. Allow Canadian Trade Associations like automobile manufacturers associations or grapegrowers associations or needle trade associations or telemarketing associations to set high duty rates for imports to Canada for products and services produced by their members and workers in Canada. The effect of this Goverment of Canada policy would drastically restrict imports of goods and services that Canadians can produce in Canada and would put Canada back to work.

2. Cancel Free Trade Agreements and stop subsidizing or taxing exports like wheat natural gas or lumber or freight. Get the government out of the export business. Responsible producers can and will negotiate their own export sales.

3. Outlaw all barriers to trade, labour movement and finance between provinces. Real competition between provinces and Canadian businesses will take care of price gouging. Real competition includes breaking up monopolies like Bell Canada, CN/Cp Rail, Loblaws, Rogers Cable and Big Beer.

4. Make good use of all the technologies the rest of the world offers at a fair price, not at the price of takeovers by multi-national drug, chemical or phone companies. Restrict foreign ownership to 5% of any industry.

5. Legislate 5% maximum prime interest rate. This alone would reduce the deficits $30 billion per year. Free up $150 billion RRSP savings tax free for private investments and cancel tax reductions for RRSP purchases.

6. Decentralize big government. Reverse the wrong Trudeau philosophy that Big Government in Ottawa knows best. Bureaucrats in Toronto, Ottawa, indeed Washington do not know best. Towns and municipalities, can set their own spending and taxing priorities on most things without control from Toronto or Ottawa.

7. Apply swift and severe punishment to politicians, bureaucrats or businesspeople for abuse and corruption.

8. Create a whole new export industry. Clean environment systems for paper mills, chemical companies, farms, sewer systems and transportation. Government can legislate environment and pollution controls and policy. Business can implement the policies, not governments. Put teeth in the legislation with government responsibility to close offenders. The world is ready to clean up its act. Why shouldn't Canadian industry lead the way in providing and exporting the technology to clean up environments? Why shouldn't Canadian workers create and develop technology and systems for environmental cleanups with a push from Canadian governments? A push, not more bureaucracies.

9. Stop letting the government take over the operation of anything - from Via Rail, to Hibernias, to electricity generation. Government can and should make responsible rules then let private business and citizens implement those policies, (not regulations) to succeed or fail for individual profit or loss.

Canada is failing! We need a Responsible Revolution. These are positivie actions that are possible.

Our pioneer spirit can be revived. Let's go back to work at real jobs, Canadians serving Canadians. Not with a fence around Canada and not with good or services provided by Pakistan - style one dollar per day child labour. These bold changes can create hundreds of thousands of jobs, can put billions of dollars in consumers' hands again and can get us back on the road to being honest with each other again.

Sincerely,
Stan Body
Cornwall

The views expressed by columnists and/or letters to the editor are not necessarily the views of this newspaper or its publishers.

ADS FROM OUR PAST

FIRST PORT OF CALL FOR BANKING SERVICE IN CORNWALL

The Bank of Montreal's streamlined banking facilities in Cornwall are a far cry from the modest quarters of the Seaway City's first bank. The year was 1857. And William Mattice, storekeeper, mayor, and member of Parliament was appointed agent for the B of M in the fledging municipality. It was common practice in those days for the Bank of Montreal's executive to appoint prominent citizens to take charge of a local office. In his general store, Mr. Mattice catered to the banking needs of merchants, housewives, and farmers of the district, setting a high standard of service.

Significantly, on the site of William Mattice's store stands the new St. Lawrence Seaway Authority Building. The contrast between the two marks the remarkable economic growth of the Seaway City. Today, with three branches to serve the citizens of Cornwall and district, the Bank of Montreal is proud to be an active partner in the city's rapid progress.

BANK OF MONTREAL
Canada's First Bank

"MY BANK" TO 3 MILLION CANADIANS
B of M

Main Office, 159 Pitt St.: L. P. BIRRELL *(Manager)*
McConnell Ave. & Montreal Road:
ROLLAND DAOUST *(Manager)*
Pitt & 14th Sts.: FRANK ARMSTRONG *(Manager)*

Ads From Our Past is a feature of Seaway News. If you have an old ad in an old book our journal you'd like to share with our readers, please drop it off to us at 329 Second St. West., Cornwall.



HOME IMPROVEMENT

SEAWAY NEWS
DOUG & MAGGIE'S CORNER

Doug & Maggie Fobert of St. Clair Paint & Wall Paper

You wish to decorate an office, but don't know where to start. Choosing a colour is the first step. Pick a colour scheme that will create a refined atmosphere condusive to work that will tie in with those items that cannot be changed. I would not pick bright clear colours, but would prefer greyed subtle tones.

Today's look includes Hunter Greens, which are easy on the eye, soothing, relaxing and gives the decorator many patterns to work with. These include plaids, paisleys, hunting scenes, wildlife prints, decoy borders. Hunter Green comes in many hues including Northland Green (my favourite), Pickering Green, Tennis AnyOne and many lighter shades. Use neutrals such as grey, green greys, white or cream with greens for that well decorated look.

Greyed blues including China Blue, Smokey Blue, and Antwerp Blue give a deep colour selection to form a decorating base. Brush stroke patterns, swirls, marble looks and paint faux finish all make for a timeless decorated look with blues. Wallpaper pattern books to examine for these colours include Symmetry, Carey Lind Stripes and Borders, and Grayson Manor.

Warm earth tones, peaches, rusts, and browns lend themselves to restful masculine look when used with the Southwest style. Nutmeg, Deep Coral, and Brick Dust are all reminiscent of Arizona and adobe huts. Wallpaper patterns selected from Sante Fe 3, Sacramento, or Barcelona reveal a wealth of ideas.

To decorate that office choose a colour scheme first then look for patterns to set a style. Colour schemes alternative to these above include black with white and red; wholly neutral including Taupe Star, Silver Lining; or grey and rose popular for contemporary to soft flowery patterns. Select a colour that fits your office style and reflects your interests.

Haley's Handy Hints



Need a good recipe for a car shine? Try the cornstarch trick!

If you're one of those energetic people who insist on washing and polishing their own car, then here's a little tip that I'm sure will come in handy. The next time you're cleaning your pride and joy, and you've got to the polishing stage, sprinkle two teaspoons of cornstarch onto your buffing cloth. You'll find that when you buff, this should add that extra shine you've been looking for. Evidently the cornstarch helps remove any extra polish buildup. Neat huh?

And here's some more good advice. Don't save your umbrella for a rainy day. Instead keep it in your car for a sunny day! I'm sure we've all at some time or other experienced third degree burns on the back of our legs from a hot car seat. Well, next time you have to park your car in the hot sun, leave an open umbrella on your car seat. This will help keep your seat cool until you return.

Still on the subject of cars, here's a handy winter tip. Always keep a couple of roof shingles in the trunk of your car. You never know when you are going to have to refoof a house ... no, seriously, if you keep two or three roof shingles in your trunk you'll find they really come in handy when you need that extra bit of traction under your wheel to get out of that snowdrift. And it's less messy to keep in your car than sand.

Now before I go, let me leave you with another quick winter car tip from the "I can't believe it's so obvious" department. Next time you park your car in the carage on a cold winter's night, make sure you reverse the car in. That way if your battery needs a boost in the morning the car will be facing out, making the battery more accessible ... and you more amenable!

To order Graham Haley's 120-page "Home Reference Book" send ... $9.95 cheque or money order (+$2.00 ea. tax & shipping) to:

Haley's Handy Hints
Box 114, Station Z
Toronto, Ont. M5N 2Z3
or call: 1-800-665-3692.

MEE MARKERY Electrical Equipment
For
• All your Electrical Needs
• Competitive Prices
• Technical Assistance
26 Ninth St. W.
(across from Olympia Bowl)
938-8816

CHANDLER'S LIGHTING LTD.
NOW LOCATED AT
1 CORNWALL CENTRE RD.
WE SPECIALIZE IN SERVICING NEW HOMES AND COMMERCIAL BUILDINGS
BEST PRICES IN TOWN!!
OUR SERVICE FEATURES
• Complete Product Availability ... Domestic & Imported
• Best Possible Discounts Passed On To Our Customers
• In-Home Design Service
• Personalized Appointments For Selecting Fixtures
• Ceiling & Wall Fixtures
• Table & Floor Lamps
• Track & Recessed Lighting
• Outdoor Lighting
LARGEST LIGHTING STORE IN CORNWALL
• Decorative Ceiling Fans & Accessories
• Mirrors
• Factory & Custom Made Lamp Shades
• Pedestals & Sculptures
• Range Hood Fans
• Bathroom & Attic Fans
• Door Chimes & Door Bell Buttons
• Complete Assortment of Light Bulbs
Hwy. 138 · Cornwall Centre Rd. · CHANDLER'S LIGHTING · Hwy. 401 · Brookdale Ave.
NEW LOCATION
1 Cornwall Centre Rd., Cornwall
933-4231

ANTIQUE TUB?
Lots Of Restored Antique Tubs Available
930-2135

SANIDUCT CANADA
SINGLE HOME SYSTEMS from $149.95
AIR DUCT CLEANING AND SANTIZING
Reduces Dust/Kills Germs, Molds & Mildews
Cornwall 936-1782

VTB inc.
BATHTUB LINERS & WALLS
• Acrylic made-to-measure liners & walls fit directly over existing tub & tiles.
• Easy to clean
• Will not disturb existing tub, tiles, plumbing fixtures or floor.
• A unique alternative to the high cost of bathroom remodelling.
930-2135

Energy EnviroTIPS

When buying appliances, check the Energuide label. The lower the rating, the less energy it uses.

• • • • •

The overdrive or fifth gear on your car, saves fuel and engine wear during fast highway travel.

For Energy Saving Ideas At Home Or At Work
Cornwall's Energy Efficiency Team
933-0000
A Community Program in Co-operation with the Ontario Ministry of Environment & Energy

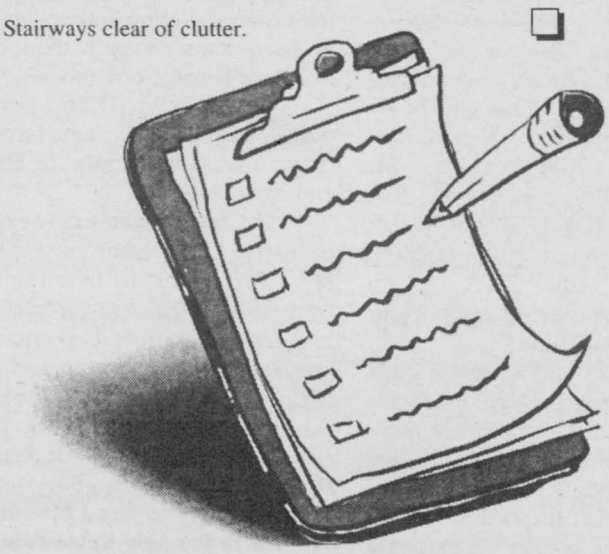
CHILDREN HOME ALONE

NATIONAL SCHOOL SAFETY WEEK

Home Safety Checklist

(NC)—A safe home will help diminish potentially dangerous situations which can develop and threaten your safety when home alone. Do this safety check with a parent.

	YES	NO
Locks secured on all windows and doors.	❑	❑
Smoke alarms on each level of your home.	❑	❑
Fire extinguisher within easy reach.	❑	❑
Broken electrical cords replaced.	❑	❑
Clearly written instructions for using appliances.	❑	❑
Safety kit in case of an emergency.	❑	❑
Flashlight with batteries that work.	❑	❑
Stairways clear of clutter.	❑	❑



This material was taken from an activity booklet called Children Home Alone, sponsored by the Canada Safety Council, Canada Mortgage and Housing Corporation, and Reliable Life Insurance. It provides practical ideas and advice to children who have to spend time at home alone after school on how to overcome their fears and anxieties, while at the same time promoting responsible behaviour, and greater safety awareness. **NC**

MPP REPORTS



By John Cleary
SEAWAY NEWS

Parks Of The St. Lawrence Must Re-Open

Area residents and tourist operators will recall when the Parks of the St. Lawrence announced in February of 1990 the closures of five parks due to low occupancy levels and fiscal restraints. The parks affected included Charlottenburgh, Farran, Brown's Bay, Grenville and Nairne/ Morrison. This past summer, the St. Lawrence Parks Commission announced that two more parks, Raisin River and Adolphustown, would be closing leading to further tourism losses.

Since the initial closure announcement, I have been working to try to have the provincial government consider all options to re-open the parks - an arrangment where the municipality would take full responsibility for operation, while the Commission would take in a percentage of revenues. Osnabruck Township leased Farran Park and made a profit in its' first year, and also operated Nairne/ Morrison. After this first season, however, the government has been reluctant to entertain any other options for re-opening the parks that remain closed.

Throughout 1991, I attempted to interest the NDP in taking action to consider wider leasing opportunities so that the parks would re-open. In March of 1991, I asked the Minister of Toruism & Recreation Peter North to commit to a thorough review of all options that would see the re-opening of the parks, including parnership and single-source leasing.

In July of 1992, I coordinated a meeting with the Minister over the re-opening of Charlottenburgh Park; at that time, Mr. North shared my view that it would be a positive step to re-open the park; he advised me that 5 year leases of the closed parks, with municipalities as the "middleman", would remain the government's best offer. The Minister suggested that 20 year leases, as proposed by private investors, could not be secured by the government due to unpredictable economic circumstances in the future.

At that time, I had suggested that the government consider arrangments directly with the private sector, if municipalities were not in a position to operate the parks. This alternative was not met with enthusiasm, despite the fact that all parties agree that by re-opening the parks, tourism would increase and spin-off effects would be felt.

Since then, I have spoken numerous times in the Legislative Assembly about the role of the Parks of the St. Lawrence and the need for park space in order to draw tourists and residents alike. When the current Minister of Culture, Tourism and Recreation Anne Swarbrick announced a new tourism strategy in June of this year, I was hopeful that the government had finally realized the benefits of a strong tourism industry for Eastern Ontario. Given the fact that tourism is $16.9 billion business in Ontario, I believed that a new era was dawning and cooperation would be the norm.

However, I have been asking Ms. Swarbrick to consider the various possibilities for opening the parks but each request has been stonewalled. Individuals have described to me their dissatisfaction with the NDP government's close-minded approach to tourism, which effectively bars the private sector from sharing in the opportunities for investment and profit. To say that privately-run tourist operators dealing with the Parks Commission have been given the "cold shoulder" is an understatement.

From the many examples shared with me, it seems obvious that once again, the NDP government is attempting to stifle the private sector, when economists say that big government is not the key to future competitiveness. The small and medium-sized investor will pave the way to a brighter economic future, although the province does not seem to recognize and reward those attempting to stimulate our local economy.

I have been trying to gain a meeting with the Minister for months now, so that I and an interested municipality can discuss the potential for re-opening two parks. Despite the fact that municipalities were earlier invited to state their interests openly, the Minister has not even answered three separate letters requesting such a meeting. Again last week, I rose in the Legislative Assembly to remind the government about the need to promote tourism in Eastern Ontario. I am completely at a loss to explain why there is such a lack of concern on the government's part to foster our tourism potential. I assure you that I will continue to encourage negotiations between the government, the Parks Commission and interested parties.

Please contact me at 404 Montreal Road, Cornwall, Ontario K6H 1B7, if you would like to support my efforts or offer any comments or suggestions on how to build a better tourism industry in our area.



YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

WHEN EVERYTHING IS GOING UP IN PRICE, WE'RE LOWERING OURS.

1994 CHEVY LUMINA VAN

Chevy Lumina Van comes with a restyled front end and dash • 7 passenger seating • 3.1L V6 engine • Air conditioning • Driver's side air bag • 4 wheel anti-lock brakes • 24 hour Roadside Assistance, and more

CHEVROLET VALUE BEST PRICE

PURCHASE ONLY $16,999†
SMARTLEASE $269 PER MONTH/48 MONTHS*



1994 CHEVY ASTRO

Chevy Astro comes equipped with a 4.3L V6 engine • 8 passenger seating • 4 wheel anti-lock brakes • Air conditioning • Rally wheels • AM/FM stereo cassette • Power locks • Reclining captain's chairs • Tinted windows • Driver's side air bag • Rear heater • 24 hour Roadside Assistance, and more

CHEVROLET VALUE BEST PRICE

PURCHASE ONLY $17,695†
SMARTLEASE $279 PER MONTH/48 MONTHS*



Goodwrench Service Plus

PETRO-CANADA

Special discounts, available through Petro Canada retailers for SmartLease customers

THE GM 3-YEAR/60,000 KM† NO DEDUCTIBLE TOTAL WARRANTY
†WHICHEVER COMES FIRST

Roadside ASSISTANCE 24 HOURS A DAY ON 1993 MODELS
Available 24 hours a day. Professional help is only a phone call away. 365 days a year.▲

THE NEW FINANCIAL VEHICLE.
Earn 5% towards the purchase of a new GM car or truck. Applications available at your nearest dealer or TD Bank branch.
†Used under licence. The GM Card is a trademark of General Motors Corporation

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

Home of everyday value pricing!

*Based on 48 month leases for Lumina Van and Astro respectively, equipped as described. Total down payments of $3,863.55 and $4,332.74 are required. Security deposits of $325 are included in total down payment. Freight ($745) included in lease price. Some mileage conditions apply. Prices for Lumina Van and Astro equipped as described. Freight ($745) not included in selling price. † Licence, insurance and taxes not included. Offers apply to 1994 new or demonstrator models. Dealer may sell/lease for less. Offers apply to qualified retail customers only. These limited time offers may not be combined or used with any other offers. Vehicles may not be exactly as shown. See Dealer for details. ▲Some charges may apply. See Dealer for details.



Computer World
by T.A. Steynor

Accounting for Non-Accountants

For most small business owners accounting is a frustrating process. Fortunately for the accounting novice, a new generation of powerful, easy-to-use accounting software can help you keep accurate books and records for almost any small business. You can master these programs even if you do not understand accounting rules and jargon, and better yet, the programs do not cost thousands of dollars. Several are priced below $200.

The new low cost accounting programs take the information you enter in and perform the necessary accounting work. For example, to pay your phone bill you write a cheque on the screen and the software automatically knows to debit phone expense and credit cash. Plus, it automatically updates your balance sheet and income statement so your financial statements are always current.

When choosing accounting software, you need to decide whether accrual or cash accounting will work better for you. You would be well advised to ask your accountant about this. The size and nature of your business is also important in selecting accounting software. For example, a home business that only accepts cash has different needs from a retail store that manages credit sales, inventory, purchasing and has employees who need to be paid. Some packages offer these features and some do not.

Once you get past the basics, there are other questions you should ask. Does your business operate on a calendar or fiscal year? Do you need to compute sales taxes for multiple provinces plus GST? Are several discount and shipping terms offered? Many programs are highly flexible and have built-in support to help you tackle these issues.

There are two categories of accounting software: personal finance and business accounting. It may sound surprising, but personal finance software is used by many small businesses. It is often called cheque book software, because its primary focus is on cheque writing. The top software sellers in this category are Intuit's Quicken and Microsoft's Money. These programs can be bought for less than $75.

These programs record financial transactions and prepare computer generated cheques. The software keeps a running total of the cheque book balance which makes reconciling your bank account a snap. They will also keep a list of your payees so that you can call this information up every time you write a cheque.

The personal finance programs will also keep track of your investments, credit card charges, home mortgage and other loans. You can develop a budget and compare your actual expenses to your budget. For many small businesses this is all the accounting they need to do.

Once a business gets a little bigger, it will need more financial information and should move up to a business accounting package. These cost from $60 to just under $500. The best known programs in Canada include ACCPAC Simply Accounting, Businessvision II, DacEasy Instant, MYOB, DacEasy Accounting and QuickBooks.

All of them provide a complete accounting system but some of them have more features than others. For example, if you need to track inventory make sure there is an inventory module in the program you select. If you need an order entry program to handle your sales and inventory, make sure the program will handle your needs.

Determining which financial reports you need is also important. Make sure the software will give you the information you need to manage your business. You also need to check the types of business forms the software supports. Some will let you print on plain paper, others will support preprinted business forms that are available from companies like NEBS Business Systems. A few lock you into using only their forms.

Ease of use is essential for doing small business accounting. This means logical menus that are easy to follow. There should be sample charts of accounts that you can customize quickly to suit the needs of your business.

One of the most important ease of use considerations is deciding between DOS and Windows accounting software. More DOS programs are available right now but this is changing fast.

The advantage of using a windows based program is that the screens look and work just like the forms you use every day. To pay a bill you fill in a cheque on the screen. To create an invoice you fill in an invoice on the screen. This makes things easier to understand.

Accounting software does not replace the professional accountant. You may very well need some professional help to set up your computerized set of books.

However, accounting software can help you control and understand your finances better, which may even help you make more money. In future weeks, we will take a more detailed look at some of the more popular accounting packages.

T.A. Steynor, CPC, is President of T.A. Steynor Consultants Inc.

Making Waves Hair Design & NOW Tanning

Grand Re-opening Specials

$5.00 off ALL PERMS $5.00 off FACIALS

Clip This Coupon and Save!!!
1/2 off TANNING MEMBERSHIP
Reg. $55.00 - NOW $27.50 with coupon

Specials Valid Until December 1, 1993

We Are Now Pleased To Offer Complete Hair Care, Esthetics & Tanning Services

NEW HOURS:
Tues.-Fri. 9 am - 9 pm
Sat. 8:30 am - 3 pm

1916 Pitt St. (Where One Stop Video Used To Be) 936-9283

Music Galore At St. Andrew's Concert

The music of the Scottish Highlands will be featured at this year's Annual St. Andrew's Concert on Friday evening, November 5th at 8 pm at Glengarry District High School in Alexandria, sponsored by The Glengarry Highland Society and The Glengarry Gaelic Choirs. This year the adult choirs will be joined by over 100 children from local schools in singing the songs which are part of the Celtic heritage of Glengarry, where most of the original settlers were Gaelic-speaking Scots.

There will be plenty of English interspersed throughout the evening, for those whose Gaelic may be a little rusty. The program will include stories and readings which will illustrate the Highland background of Glengarry. A re-enactment of a fulling bee will take place on stage, showing how the cloth was prepared to the acccompaniment of Gaelic work songs.

Mouth music, "port-a-buel" (prounounced "porsht-ah-bale") tunes sung for dancing, will feature Highland dancers, and there will be a tribute in words and music to the MacCrimmons,

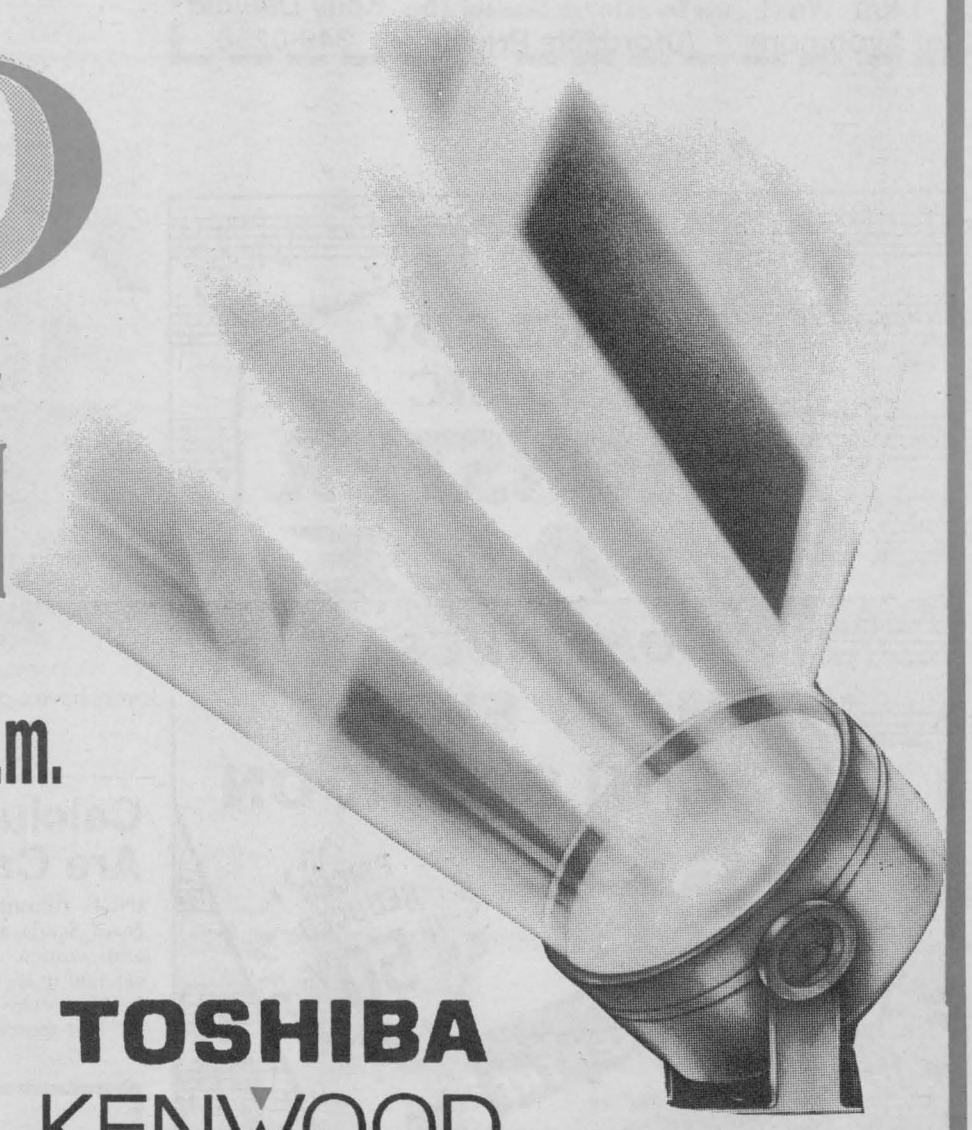


$75.00 value Windshield Replacement
INS. PRICES (in shop only)
We pay the $50. deductible
PLUS we give you $25 Cash Back
YOUR WINDSHIELD COSTS YOU NOTHING
NO overcharge to ins. co.
120 TOLL GATE WEST
936-2481
PRO AUTO GLASS and TRIM
We will adminster your claim for you

NEW LOCATION

GRAND RE-OPENING

Wednesday, November 3rd, 1993 - 9 a.m.



Everyone is cordially invited to visit us at our Grand Re-Opening and enjoy some special savings throughout the store. Our new, more spacious location will allow us to better serve our customers and feature new lines of high quality electronic products. Stop in and see us soon.

TOSHIBA
KENWOOD
SAMSUNG
MITSUBISHI
GENERAL INSTRUMENT
SHARP.

LIVE REMOTE BROADCAST SATURDAY
CFLG 104.5 FM

HOURS: Mon. - Wed. 9 - 6
Thurs.; - Fri. 9 - 9; Saturday 9 - 5

BE SURE TO SEE OUR INCREDIBLE HOME THEATRE ROOM AND EXPERIENCE THE MOST INCREDIBLE SIGHT & SOUND IN EASTERN ONTARIO - ADMISSION IS FREE!!!

SHONIKER ELECTRONICS

514 PITT ST. CORNWALL MasterCard VISA **933-3440**

K.D.'s Kids
MATERNITY
CHILDREN'S CLOTHING • GIFT BASKETS
15% OFF ALL MERCHANDISE
With This Coupon
expires Jan.31/94
1 km West of Avonmore
Open Sundays 1 to 4 p.m. Closed Mon. & Tues.
Affordable Prices
Kelly Daalder
346-0258

Bird Sanctuary





A popular place to visit on a Sunday is the Bird Sanctuary during feeding time. Youngsters and nature lovers have a great time watching Canada Geese feeding on corn before continuing their journey to the south.
(photo by John Schaeffer)

MELODY MUSIC
MONSTER SALE
CONTINUES .....
ALMOST EVERY ITEM IN STOCK ON SALE
PRICES REDUCED up to 50%
MELODY MUSIC CENTRE
104 Pitt St. Promenade
933-0205

OFFICIAL OPENING
CORNWALL'S WATERFRONT REDEVELOPMENT INFORMATION CENTRE
3 McConnell Avenue
The Old Cotton Mill
MONDAY NOVEMBER 1, 1993
4 pm to 8 pm
The opening of the Community Information Centre is an opportunity for you, the citizens of Cornwall, to review the Waterfront Redevelopment Plans. Your continued input into this project will ensure that the community's goals are achieved.
COME AND MEET
the many community groups involved.
4:00 pm
- Press Conference & Ribbon Cutting
4:00 pm - 8:00 pm
- Tour of Office and Review Plans
- Waterfront Committee Members, city staff and elected officials will be on hand to answer your questions and record your suggestions.
OUR MISSION STATEMENT
To create an active waterfront, a "people place" with a focus on Redevelopment, Quality of Environment, Heritage Preservation and Economic Revitalization.

Calcium: Are Canadians getting enough?

(NC)—According to recent surveys in Nova Scotia and Quebec, many men and women aren't getting enough calcium in their diets. And the reason for this seems simple: milk products, the best source of calcium, are underconsumed by Canadians. Without milk and milk products, it is extremely difficult to obtain enough daily, bioavailable calcium.

A national Angus Reid Survey reports that 44% of Canadian adults do not consume the minimum recommended two servings of milk products a day. As well, preliminary results from the Quebec Nutrition Survey indicate that the average adult in that province consumes only 1.6 servings of milk products a day. Other nutrition surveys have found that a large number of children and adolescent girls do not meet their calcium needs.

Sufficient calcium is essential for children and adults to build and maintain healthy bones. The body needs a constant amount of calcium to keep the heart, nerves and muscles functioning properly.

Bones can be likened to a calcium bank: if sufficient calcium is not provided by the diet, the body will take what it needs from the bones. A consistent lack of calcium helps set the stage for osteoporosis, the development of thin, brittle, easily breakable bones. About one in four women after menopause and one in six men over 60, develop this disease.

Two to four servings of milk products per day, as recommended in the new Canada's Food Guide to Healthy Eating, is all it takes to ensure enough calcium in the diet. There are other good sources of calcium—broccoli, sardines and kale—but the calcium from the majority of plant sources is poorly absorbed by the body.

Nutrition EQUALS HEALTH

WINTER TUNE UP

Marcel Bedard
Service Manager
OIL LUBE FILTER
$18.95
(most cars)
WINTER TUNE-UP CHECK UP SPECIAL
V8 - $49.95
V6 - $42.95
4 Cyl. - $39.95
PLUS PARTS
Cars w/air cond. $15.00 extra
LOU POULET MOTORS
Sales, Service & Clean Up Centre
105 Emma St., Cornwall, Ontario
937-0033

Break, Enter & Thefts Dominate Crime Stoppers This Week

STORMONT - Cornwall

Crime Stoppers needs your help in solving a break, enter and theft at Rose Mechanical at 1150 Montreal Road, Cornwall on Saturday, October 16/93 between 4 p.m. & 9:30 p.m. Stolen property includes an electric typewriter and adding machine.

DUNDAS - Chesterville

Crime Stoppers needs your help in solving a break, enter and theft at a private residence on Gray Road, Chesterville, which occurred on October 20 or 21/93. Stolen property: 12 volt battery charger Motomaster, Chicago Pneumatic 1/2 drive air wrench, Ingersol-Rand 3/8" Air Ratchet, Black & Decker variable speed jigsaw, 4" Makita grinder, 2 Makita palm grinders, Makita 3/8" variable speed drill, Craftsman 3/8" variable speed drill, Black & Decker 7" skill saw, Winchester 12 gauge pump action shotgun - Serial #L487023, Lee Enfiled 303 Mark 4 Serial #361594, 22 calibre Cooey Serial #6869, 10 1/2 HP MTD riding lawn mower. Vehicle possibly involved - full size pick up, white in colour.

GLENGARRY - Williamstown

Crime Stoppers needs your help in solving a break, enter & theft at St. Mary's Center in Williamstown on Saturday, October 24/93 between 1:30 a.m. & 9:00 a.m. Culprits gained entry by forcing an exterior door, once inside forced entry was used for all rooms. Value of stolen property approx. $1100. consisting mainly of alcohol.

Crime Stoppers will pay up to $1,000 cash for information leading to the arrest of persons responsible for these crimes or any other unsolved case. Callers do not have to reveal their identity or testify in court.

Crime Stoppers Can Be Reached By Calling 534-8477 or 1-800-265-8477

SUPERIOR AUTO GLASS & TRIM
Windshields, & Windshield Repairs, Window Tinting, Sunroofs, Auto Upholstery, Customized Auto and Truck Accessories.
100% Locally Owned & Operated
We Accept Competitor Coupons
Located Behind Budget Rent-A-Car
451-2nd St. W.
933-8616
MADICO
Mike Dagg Manager
Dwayne Gearing Assistant Manager

Black's Back By Popular Demand

by Linda Turk

Arthur Black's new book, Black By Popular Demand, is funny, irreverent, and right on the money. He carries a curmudgeon's banner proudly, saying, "When you get to be fifty, you're entitled to be a curmudgeon, and the rest of you are just curmudgeons in training."

His book's cover is a saucy bare-shouldered parody of a recent controversial photo involving Kim Campbell and her legal robes. It exposes an anchor tattoo on Black's own shoulder, and he chuckles when he agrees this is a great photo. "Kim Campbell's going to be jealous, I think."

But then what can you expect of a man who dedicates his book this way: "This book is reverentially dedicated to Canada's eighteenth Prime Minister, Martin Brian Mulroney, for giving 27 million Canucks what they need most from him: a wave goodbye."

Black works out of Toronto three days a week, preparing his popular Saturday morning CBC radio show, Basic Black, heard by over 500,000 listeners each week coast to coast.

The 50-year-old Black now lives in his hometown of Fergus, Ontario, with his family and their pets: a dog named Rufus and a cat named Lassie.

He says he likes everything about Fergus, except the 7 am bagpipe practices - "a terrible caterwauling" he calls it, but an inevitable part of living in the town that hosts The Highland Games.

He can't miss it, though, because the early mornings are when he does his writing for his radio show, his books, and a column that appears in 60 Canadian newspapers.

Black says his writing, including his four previous books, has taught him self-discipline but also the need to loosen up a little. "I used to be terribly earnest, like most young people in the sixties. I used to preach a lot, because, of course, when I was younger, I knew everything.Then I started to hear what sounded like crickets, a lot of clicking noises, and I realized it was the sound of people turning off their radios, so I thought I'd better try to approach the same subjects but with more compassion and humor."

His humorous side has received attention from the literary community, earning him more than one nomination ofthe prestigious Stephen Leacock Medal for Humour.

His subject might be the CBC itself, Canadian politics (a bottomless well for comments and criticism) or the supermarket tabloids, but it's always relevant, always human and always funny.

CCVS Report

by Lara Smiltnieks

Happy Hallowe'en everyone! Woo-hoo-hoo, I'm so excited. This is the best day of the year! The atmosphere is so groovy: corny costumes - everybody looks like a geek on Hallowe'en, crackly leaves under your feet and, of course, comparing and trading the goodies; dumping out your pillowcases on the floor and arranging all your candy into pretty patterns. I love, love, love it! I have so many memories of Hallowe'en; I remember once we were bobbing for apples at a party and this girl with a green witch-face ruined it for everyone else because he make-up came off in the water and was swirling around. It was gross.

On Friday we had a pumpkin-carving contest. Each homeform carved at least one pumpkinand at noon they were judged in the categories of: scariest, most original, most artistic, best Junior, and best overall.

Well, as much as I love Hallowe'en, I guess that there is more to life. For instance, the Rep. Company is putting on eight one-act plays Nov. 4 & 5 and Nov. 8 & 9. I guess that is kind of, sort of like Hallowe'en because some people will probably be in costume at least.

And YES, the Mr. Poirier has finally arranged with Ottawa to have the Improv team go to the semi-finals. (Also, sort of like Hallowe'en).

Finally, congratulations to Andrew Loucks for aggressively spiking the ball at the volleyball tournament in Gananoque a week ago. There must've been a lot of blood - Hallowe'en!

Well, that's it. Now go out and have yourselves the most ooky, kooky, spooky, bazooky Hallowe'en ever!

ADVERTISING IS MORE THAN JUST LUCK



call BILL DOHERTY for rates & info.

SEAWAY NEWS 933-0014

For EXPERT RELIABLE SALES & SERVICE



Let us Tune-Up Your Chainsaw, Snowblower .....

B&D Small Engines Ltd.

1440 10th St. E. 938-7745

Do you pay more for produce that has been sitting in a warehouse?

We certainly don't.

WE THOUGHT WE WOULD REMIND YOU OF WHAT MAKES US DIFFERENT FROM THE COMPETITION.



ONE OF THE ORIGINAL FOUNDING PARTNERS GETS UP AT 3 AM DAILY & DRIVES TO THE MARKET WHERE HE PERSONALLY SELECTS THE FRESHEST, HIGHEST QUALITY PRODUCE AVAILABLE FROM THE MANY GROWERS & IMPORTERS. UNLIKE GROCERY CHAIN STORES, WHO WARE-HOUSE EVERYTHING FOR WHO KNOWS HOW LONG, WE SHIP FRESH PRODUCE DIRECTLY TO OUR STORES. THERE IS NO MIDDLE MAN WHICH ELIMINATES SUBSTANTIAL COST. THESE SAVINGS ARE THEN PASSED ON TO YOU, OUR CUSTOMERS. THIS IS WHY WE NOT ONLY HAVE THE FRESHEST PRODUCE, BUT WE ALSO HAVE THE BEST PRICES.

IF YOU'RE LOOKING FOR FRESHNESS, VALUE & HOME GROWN QUALITY FOR YOUR FAMILY, LOOK NO FURTHER.

Come and reap the benefits of a fresh market

CARROTS	10 lbs/.88
FLORIDA WHITE GRAPEFRUIT	6/.99
FIELD CUCUMBERS	4/.99
BARTLETT PEARS	.79 lb
RIB OF TENDERLOIN PORK CHOPS	2.39 lb
NEILSON 1 LT ORANGE JUICE	.89¢
SCHNEIDER BLUE RIBBON BOLOGNA	3.39 lb
BLACK FOREST HAM	4.99 lb
EDAM CHEESE	3.59 lb

FARM BOY

814 SYDNEY ST. CORNWALL

STORE HOURS
MON. TO FRI. 8 AM - 9 PM
SAT. 8 AM - 6 PM
SUN. 9 AM - 5 PM

SPECIALS IN EFFECT UNTIL SAT. NOV.6/93

2 LOCATIONS TO SERVE YOU BETTER

NOVEMBER SPECIALS

TYLENOL Extra Strength Tablet 500 mg 100 $6.99



Hi-Dri Towel 2's $1.09

TYLENOL Cold Daytime or Nighttime Relief 12 $3.49



ANACIN Tablet 100 $5.09



REMBRANDT WHITENING TOOTHPASTE 100 ml $7.19

OBUS FORM BACKREST Low Back Pain $59.99

ROBITUSSIN Cough Syrup 250 ml $6.69



LISTERINE Mouth Wash 1 litre $5.29



medical arts pharmacy DRUG MART

173 Montreal Rd. 932-6501
1278 Pitt Street 933-0670

Early Bird Christmas Specials

SAVE OVER 50% per session

TANNING SESSIONS as low as $2.27

SUNDAY SPECIAL
Members $2.50
Non Members $3.50

OPEN 9 - 9

PARADISE TANNING
Paradis du Bronzage
"A Tropical Tan All Year Long!"
720 14th St. W., (Seaway Village) 930-2445

United Way Announces Chair of Industrial Central Sector



Mr. Kazi Marouf is pleased to announce the appointment of Mrs. Elise Wells as the Chair of the Industrial Central Sector. This is Mrs. Wells' first year with the United Way and we are very pleased to have a person with her background to assist us in the fundraising campaign.

25th Anniversary



It's a double celebration as Cornwall Mazda, a Division of Rosemount European Motor Sales, celebrates its 25th Anniversary as well as its 25th year in Canada. The company has increased facilities from 2500 sq.ft. to 8500 sq.ft. and now have room for 9 cars in the service bay area. The business employs 12 full time and one part time employee.

(photo by John Schaeffer)

Kid's Korner
"We Care About Kids"



Check Out Our Full Line Of Perego Battery-Powered Cars!

AMISCO

$299.99 Double Bunk



Layaway Now For Christmas Cars!
Eastcourt Mall
1380 2nd St. E.
Layaway Available
938-6457

Johnson's Antiques Minor Peewee Rapids

Johnson's Antiques Seaway Valley Minor Peewee Rapids finished a hard week with three games played in four days.

On Saturday, Oct. 16th they played against the Ottawa Valley Titan in Kingston and it was a difficult lose to take. Jean-Sebastien Laroque led the scoring with two goals, Nigel Newland scored once and Kirk Andrews worked hard for two assists in the 5-3 loss.

The Rapids came back the next day to win 4-3 in Maxville against South Ottawa. Kurt MacSweyn scored the two first goals, Kirk Andrews and Jeff Legue each added one.

The hardest game was played against Nepean - the undefeated first place team. The Rapids submitted to an 8-2 loss even though they never stopped playing. Sylvain Matte and J.S. Laroque each scored one goal.

Hard working players who set up the 9 goals in these three games were: Kyle McAllister (3 assists), Kirk Andrews (2), Derrick Wagar (2), Donnie Patenaude (2), Jeff Leque (2), Travis Albers (2) and Nigel Newland (1).



Fishing For A Real Deal?
CHECK THE CLASSIFIEDS
Call 933-0015 to place your ad!!

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



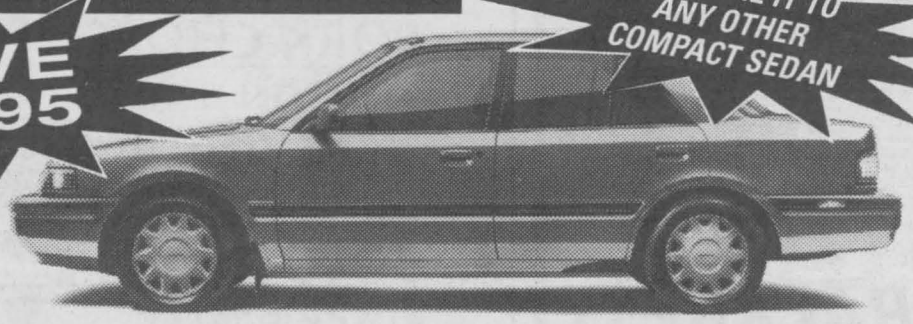
Differences: 1. Cloud is moved. 2. Flag is reversed. 3. Cart is missing. 4. Visor is different. 5. Club is longer. 6. Rule book is added.

The Best Deals are at CORNWALL MAZDA

1993 MAZDA PROTEGE DX

SAVE $1895

COMPARE IT TO ANY OTHER COMPACT SEDAN



- Automatic W/Overdrive
- Power Steering
- AM/FM Cassette
- Much More!

NOW ONLY $12,995

FINAL CLEARANCE ON THE FEW REMAINING 93's

1968 · 1993 25 mazda

Serving Cornwall for 25 Years
One of the best full warranties. 3 Yr./80,000 Km bumper bumper.
5 Yr.100,000 Km. major components. No deductible. *Plus Freight, PDI, Taxes & Lic.

Cornwall Mazda
1405 Rosemount St. 933-6210

ATTENTION

WOMENS' SELF DEFENCE
STREET SAFETY
- a practical view -
Instructed by
Mr. Richard Donnelly
23 years experience



Group Rates - Bring A Friend!

Tri-County Karate & Self Defense
145 Montreal Road 937-1769

Seaway Fairytale: Spoof, Greed, and Corruption

by Peter John Robertson

Morrisburg author J.R. Peterson has written and published "Screwing Brian", a lighthearted fairtyale to chase away recessionary blues.

In the story, the economy's on the skids and after an especially brutal winter the people of Awatto are mad at the politicians. Sound familiar?

When Ron Beaver is called in to fix the plumbing in CD (Chief Deputy/Company Director) House one freezing night, he and his mildly dyslexic daughter, Sperri, stumble across a computerized TV network designed by the Brotherhood of Big Business and politicians (BRAIN for short) to cheat the people and rob them blind.

With their friend, electronics expert Volk Alessio, the Beavers work against the clock to turn the tables on the Chief Deputy, Marvin Botteliche (aka Bootlicker, Bushlicker, etc), and his cronies, by the time he gets back from sunning himself in the South.

So this teasing tale is about little guys making the point to the big guys in suits that it's not good enough for elected officials to be greedy cheats: everyone deserves a fair shake and a spot in the sun.

There are a lot of laughs and fun and games with names, including Trueman Gritz ("Marvellous Marvin's "country cousin") and his Defence heavy General (Nukem) Neusants, the monstrous BLT (Bottom Line Tax), and more. And, of course, Awatto backwards spells ...

If the story's title rings bells, that's okay, says the author. Except that the story is a fairytale and so timeless, he insists: corruption and greed are always ready to stage a comeback, when we're not looking.

"Screwing Brian" is on sale as a Christmas stocking suffer special for $3.95 in Cornwall and Coles the Book People and the Sanctuary Book Shop on Pitt Street, and at Pier 31, Old Authors Farm, the Leader, and Cook's Corner in Morrisburg (as well as other centres in Eastern Ontario)

GVSS NEWS

by Senta Smiltnieks

Howdy folks! How is everyone's Hallowe'en so far ... happy? I hope so! I haven't yet decided what I'll be doing this evening. I hope my boyfriend and I won't have to hand out treats like my mother would like us to do!

GV was full of Hallowe'en spirit last week! On Tuesday, the Student Council held a "Mummy Wrap". This is where you get to wrap up your best best friends (or greatest enemies) in toilet paper. Thursday was pretty spooky! It was Dress-Up Day and GV had numerous original costumes and spooks! (They were costumes, right?) On Friday, we held Morbid Day. Basically, everyone looked totally depressing. What a great way to begin our week-end!

All of you arts-loving freaks out there must have loved Jim Welsh, the poet and author who visited our school Wednesday afternoon. I enjoy the arts myself and I'll be auditioning for Bethany Harper's The Spirit of Literature production tomorrow. The play is to compete in the Sears Drama Festival later in the school year. (Bethany, if you're reading this I'd like a part).

Now I think I'll brag about our school's excellent athletes. At the X-country SD&G championships, Leigh-Ann MacDonald placed 1st in midget girls and Penny Peters came in 3rd. Our midget boys team placed 2nd, and our junior boys team placed 4th. Overall, the midget girls team placed first out of ten high schools competing!

Well Cornwallites, I hope you all have a fun evening, but don't do anything I wouldn't do.

EXOTIC EXPOSE
Adult Books
St. Lawrence County's Adult Centre
Full Line Of
Doc Johnson Marital Aids
Swinger Mags
Video Tapes (Sales & Rentals)
NEW 15 CHANNEL VIDEO ARCADE
OPEN 12 noon-10 pm daily
Follow Rt. #37 to Rt. #56
South 2 miles to Don's Orange Garage
315-764-1954

CABLE NOTES

Monday November 1
6:00 Nellam Ghar
6:30 Bereaved Families Special #1
7:00 Prime Time Sports Cards presented by Fantasy Realm Comics & Cards - Live
8:00 Q & A: Questions & Answers

Tuesday November 2
6:00 Connoisseurs
6:30 Kinsmen TV Bingo
7:30 The Big Brother/ Big Sisters Annual Awards Night
8:00 Colts Talk - Live Phone In
8:30 War Amps Special: "Never Again"

Wednesday November 3
6:00 Cornwall City Council of October 26th
7:30 As Time Goes By - Remembrance Day Special
8:00 German Diary TV

Thursday November 4
6:00 Nellam Ghar
6:30 Colts Talk
7:00 Bereaved Families Special #1
7:30 Prime Time Sports Cards presented by Fantasy Realm Comics & Cards
8:30 Q&A: Questions & Answers

Friday November 5
2:00 Connoisseurs
2:30 War Amps Special: "Never Again"
3:30 The Big Brothers/ Big Sisters Annual Awards Night
4:00 CHIP Talk
4:30 As Time Goes By - Remembrance Day Special
5:00 German Diary TV

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

EXECUTIVE STARTER KIT

ACHIEVA AND CUTLASS SUPREME COME COMPLETE WITH THE FEATURES YOU WANT MOST AND THE QUALITY AND VALUE YOU EXPECT.

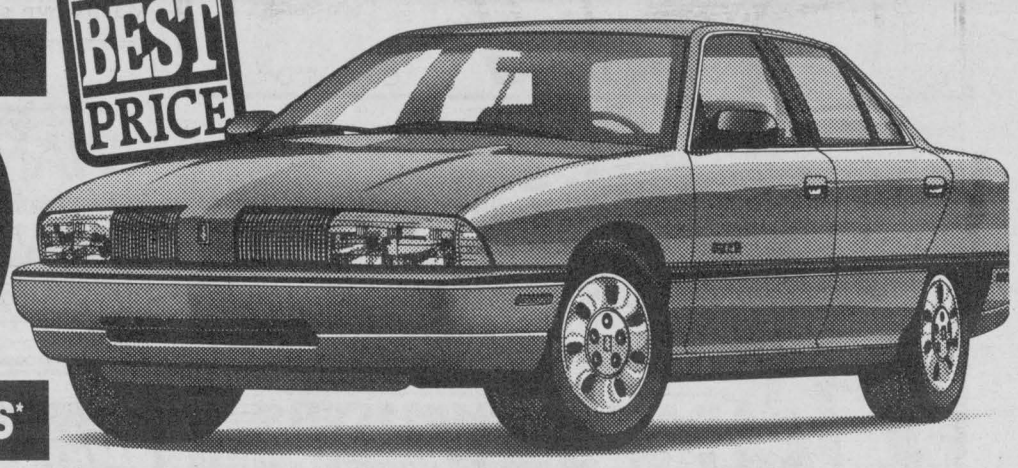
1994 OLDSMOBILE ACHIEVA S

SMARTLEASE NOW

$269 PER MONTH FOR 36 MONTHS*

Oldsmobile VALUE BEST PRICE

Oldsmobile Achieva S comes equipped with a 2.3L engine • 4 wheel anti-lock brakes • Air conditioning • Automatic transmission • AM/FM stereo cassette • Tinted windows • 24 hour Roadside Assistance, and more.



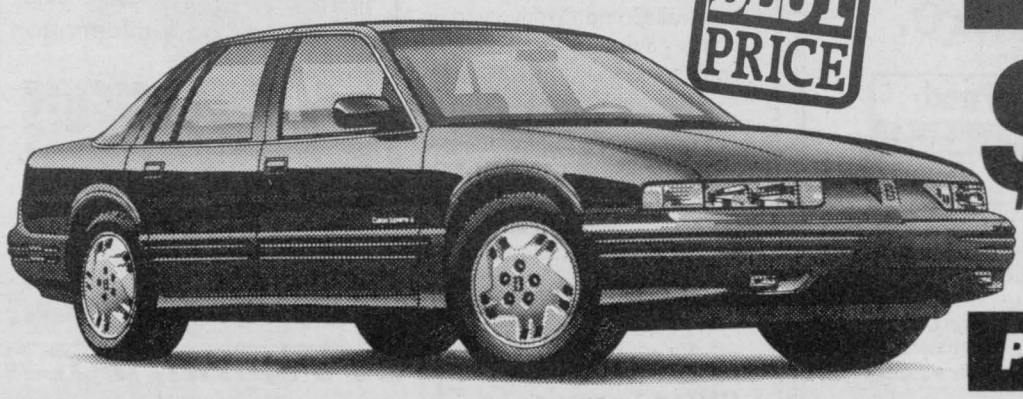
1994 OLDSMOBILE SUPREME SL

Oldsmobile VALUE BEST PRICE

Oldsmobile Cutlass Supreme SL comes equipped with a 3.1L V6 engine • 4 speed automatic transmission • Driver's side air bag • Sport appearance package • Remote keyless entry • Power windows • Air conditioning • Standard 4 wheel anti-lock brakes • AM/FM stereo cassette • 24 hour Roadside Assistance, and more.

SMARTLEASE NOW

$339 PER MONTH FOR 36 MONTHS*



Goodwrench Service Plus

PETRO-CANADA • Special discounts, available through Petro Canada retailers for SmartLease customers

THE GM 3-YEAR/60,000 KM† NO DEDUCTIBLE TOTAL WARRANTY †WHICHEVER COMES FIRST

Roadside ASSISTANCE 24 HOURS A DAY ON 1993 MODELS
Available 24 hours a day. Professional help is only a phone call away. 365 days a year.*

THE NEW FINANCIAL VEHICLE.
Earn 5% towards the purchase of a new GM car or truck. Applications available at your nearest dealer or TD Bank branch.
*Used under licence. The GM card is a trademark of General Motors Corporation

YOUR LOCAL CHEVROLET • GEO • OLDSMOBILE DEALERS

Home of everyday value pricing!

* Based on 36 month leases for Achieva S and Cutlass Supreme SL respectively, equipped as described. Total down payments of $3,081.55 and $3,713.15 are required. Security deposits of $325 and $400 are included in total down payment. Freight ($595 and $695) included in lease price. Other terms also available. Offers apply to qualified retail customers only. Some mileage conditions apply. License, insurance, and taxes not included. Offers apply to 1994 new or demonstrator models. Dealer may lease for less. These limited time offers may not be combined with any other offers. See Dealer for details. * Some charges may apply. See Dealer for details.



Lant On Business - Finance - Taxation

Since the month of October is now coming to a close, this will be my last column dealing with Finance, for 1993. As a result of your telephone calls, I have kept a list of subject matters that are most important to you, the readers of this column. In reviewing the list, I noted that deposit insurance is at the top of the list.

The Canada Deposit Insurance Corporation (CDIC) is a federal Crown corporation that was created in 1967 to protect the money you deposit in member financial institutions. The CIDC's members are banks, loan companies and trust companies. Since space is limited, I will only touch on some of the highlights. CDIC insures deposits you make with their members. Anyone may get a list of the Member Institutions by contacting the CDIC. Insurable deposits include the following: a) savings and chequing accounts; b) term deposits such as guaranteed investment certificates (GIC's) and debentures issued by loan companies; c) money orders; d) drafts; e) certified drafts and cheques; f) travellers' cheques issued by member institutions. In order to be eligible for deposit insurance protection, your deposit must be payable in Canadian currency, in Canada. Please note that it must also be repayable no later than five years after the date of deposit. It is also important to note that not all deposits and investments offered by the members of the CDIC are insurable. The Canada Deposit Insurance Corporation does not insure the following; a) foreign currency deposits (savings accounts, chequing accounts and term deposits); b) term deposits that are locked in longer than five years; c) bonds and debentures issued by governments and corporations; d) debentures issued by a chartered bank; e) investments in mortgages, mutual funds and stocks; f) treasury bills. In quoting from the CDIC's brochure in regards to basic protection is the following. "The maximum basic protection that you can have with the same member is $60,000 (principal and interest combined). The $60,000 maximum, therefore, applies to all of the insurable deposits that you have with the same members. Deposits are not unsured separately in each branch office of a member." Also the CDIC does provide separate protection for joint deposits, trust deposits and deposits which are held in registered retirment savings plans (RRSPs) and in registered retirement income funds (RRIFs). Since space is limited, I would suggest that you call the Canada Deposit Insurance Corporation. The telephone number is toll free and is as follows: 1-800-461-CDIC. You can request the following brochures: a) Information brochure; b) Membership brochure.

I would like to deal with one final matter in regards to finance. One question that has been asked repeatedly is the following: What is the most important factor in picking a financial adviser? According to a Gallup poll which was done for the Atlanta-based International Association for Financial Planning, "Honesty" was the top criterion Americans used in selecting a financial adviser. Fifty-three percent of respondents picked "trust/ethics" (honesty) which ranked well above second place "good advice/results" at twenty-four percent.

During the month of November, my subject topic will be taxation. It is very important to me to know what the readers of this column want me to write on. Please let me hear from you as I will always welcome your suggestions. There are so many tax topics to write on and space for each write-up is limited. What I might consider important, may not meet with your approval.

My final thought for this week's column comes from a quote from the late Mark Twain who said "Golf is a good walk spoiled."

YOUR MONEY

How retired emigrant is taxed

By Patrick Fellows

☐ I am 63 and retired. I have lived in Canada for 32 years and am considering returning to Australia. My question concerns the transfer of Canadian pensions to that country.

My annual income is about $24,000, made up of a company pension, two insurance annuities and Canada Pension. Have you any idea of what taxes and penalties would be involved? Would I have to pay in both countries?

I also have $20,000 in a credit union. What happens when cash is transferred to another country?

B. H.

☐ Some items of income that are paid in Canada will be subject to withholding tax before being transmitted to Australia, but as the countries have a tax agreement, you will not be double taxed.

Private pension payments will be subject to 15 per cent withholding, as will annuity payments. Canada Pension disbursements will continue as usual with nothing withheld.

You will be able to apply for Canadian old age pension when you reach 65. Since you have lived at least 20 years in Canada after age 18, you can have the pension sent abroad permanently. Tax is not withheld.

You will have to file a return and pay any income tax owing before leaving, but cash transfers should be no problem and can be arranged through a bank.

If you have an RRSP, withdrawals from the plan as a non-resident would be taxed at 25 per cent. Tax from an RRSP annuity or standard RRIF payments is withheld at 15 per cent.

Emigrants are normally considered to have disposed of taxable properties in Canada (maybe you have none) at fair market value and may be subject to capital gains tax, but can elect to have liability deferred until actual disposition.

For more information, ask Revenue Canada for a copy of the Tax Guide for Emigrants.

☐ I will be 60 this year and have tried hard to find employment but without success. My unemployment insurance will expire in a few weeks and I have used up any money saved. I inquired at the local welfare office and was told I will be entitled to $580 a month, but with $335 for rent, telephone, etc. there won't be much left for food.

The welfare office said I will have to collect my Canada Pension at 60 and this will be deducted from welfare benefits. This will put me in an even worse situation because I will lose 60 per cent of Canada Pension by taking it early.

Do I really have to take the pension to qualify for welfare? Will it really be deducted from my entitlement? I have a $20,000 RRSP, but drawing on this will reduce welfare. Any suggestions?

A. G.

☐ The only suggestion is that you collect your Canada Pension when you reach 60. If you are not going to be working, there won't be any additional contributions to the plan and if current interest rates prevail, there won't be much inflation growth.

Perhaps more significant, however, is the fact that postponement means that by the time you are 65 you will have missed a lot of payments, which will take quite a few years (to middle or late 70s maybe) to make up at a higher payout. What if you don't live that long?

Rules on pensions and UI benefits are rigid. In welfare, individual circumstances count a lot and you'll have to be guided by whatever local officials tell you.

At age 65, old age pension and provincial benefits are available. Until then, welfare is a last resort, but it will take into account what limited resources you already have.

Perhaps the job market will pick up. Your hand printing is suggestive of a draftsman, maybe an architect, although age works against you.

RRSP insured

☐ I have $65,000 in a GIC, $13,000 in an RRSP and $10,000 in a chequing account at one bank. I also have $41,000 in an RRSP at a credit union

The bank manager wants me to transfer my credit union RRSP to his bank, which would make total accounts of $129,000. Will they be covered by deposit insurance? I've received different opinions.

P. L.

☐ Your RRSP(s) would be covered at the bank so long as they are in deposit-type securities. They are insured separately from other deposits for up to $60,000 per person at one institution.

Your regular accounts are also protected for $60,000, so you have a bit of uninsured exposure in this department.

☐ *Questions on money and investment problems may be sent to Your Money, The Toronto Star Syndicate, 1 Yonge St., Toronto M5E 1E6. Not every question can be answered but all will be considered for use in the column.*

Mutual Funds • RRSP's GIC's RRIF's Call Professional Investments 932-9847



Cecil McNally

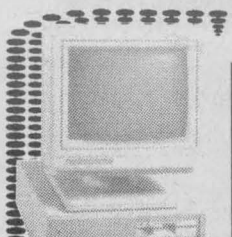


Luke Bedard

407 Pitt St. Suite 3 — Cornwall, Ontario

WANT ADS *work WONDERS!*

CALL 933-0015 to place your ad



FALL SPECIALS

486 DX40 Computer System

includes
- 4 mg RAM
- 130 mg hard drive
- 2 floppy disk
- Super VGA monitor and card
- mini tower case
- DOS
- mouse pkg.

$1700.00

ADAMS COMPUTERS

936-8357 ... *for a system to fit your needs & budget*

Transit Communications Ltd.



DICK AUBRY

Transit Communications Ltd. is a Cornwall Company involved in bus advertising and also publishes the Cornwall and Region Visitor Map.

For More Information Call:
DICK AUBRY
933-3561

Newspaper Advertising Gets Results ...



Call ARLENE HULLS for rates and information

SEAWAY NEWS

933-0014

Mortgage securities or GICs? You compare.

Industrial Mortgage Securities Fund				
1 year	3 year	5 year	10 year	since inception
16.5%	15.9%	10.9%	12.8%	13.8%

GICs are a secure investment.

But they've traditionally offered low comparative returns. Which is why many Canadians looking to build returns and preserve capital are choosing **Industrial Mortgage Securities Fund**.

The Mortgage-Backed Securities which form the backbone of the Fund's portfolio are government guaranteed. Yet your investment is both cashable and transferrable at any time into other types of mutual funds managed by Mackenzie should your objectives change.

For information on Industrial Mortgage Securities Fund and the full range of Mackenzie-managed income opportunities, call us today at the number below.



Phil Hale

Mackenzie
The Industrial Group of Funds
Brightside Financial Services
504 Pitt St., Cornwall, Ont. 938-7782

Important information about this offering is contained in the Fund's simplified prospectus. Obtain a copy from us and read it carefully before investing. Unlike GICs, unit value and investment return for mutual funds will fluctuate. The indicated rates of return to Sept. 30 1993 are the historical annual compounded total returns, including changes in unit value and reinvestment of all distributions, and do no take into account sales, redemption, or optional charges payable by an investor which would have reduced returns. Past performance is not necessarily indicative of future returns. From March 1, 1993 at least 50% of the Fund's portfolio will be mortgage-backed securities, before that date government bonds comprised the major portion of the portfolio.

ONE STOP SHOP FOR HOME OR OFFICE

- Furniture & Office Equipment
- Stationery Supplies
- Arts & Crafts
- Party & Entertainment
- Specialty Papers & Cover Stocks
- Classroom Aids

PLUS MUCH, MUCH MORE ! !
- *FORM BOARD, BRISTOL BOARD, COROPLAST - Up to 48" X 96"*
- *IN-HOUSE CUTTING & HOLE PUNCHING SERVICES*
- *COMPUTER & TYPEWRITER RIBBONS (All makes & models)*
- *SPECIALTY PENS & MARKERS FOR EVERY NEED*
- *CUSTOM MADE RUBBER STAMPS*
- *PRE-PACKAGED ZIP LOCK, FREEZER & PAPER BAGS IN NUMEROUS SIZES*
- *FAX, COPY AND COMPUTER PAPER*
- *FACIAL TISSUES, ROLL TOWELS*
- *TOILET TISSUE, GARBAGE BAGS*
- *DISPOSABLE PLATES, GLASSES, KNIVES, FORKS, SPOONS*

BUSINESS HOURS: MON.-FRI.; 7:30-5:00; **SAT.: 8:00-12:00**

GLENAN **STATIONERS LIMITED**
34 EIGHTH ST. WEST, CORNWALL
FAX; 613-933-5483
TEL.; 613-933-4853

High Technology On A Low Budget: How Small Business Can Capitalize on Technological Change

Small businesses which automatically disdain new technology on the assumption that it is almost certainly too costly and/or too complex for their requirements may well be making a serious - and potentially fatal - error.

Low-priced high-tech solutions, which can be as simple as a neighbourhood retailer's computerized cash register or a self-employed professional's PC and fax machine, are now within the financial means of virtually every viable small business. On a slightly more sophisticated level, relatively inexpensive CAD/CAM (computer-aided design/computer-aided manufacturing) systems can help a business work better, smarter and faster. If you haven't yet jumped on the technology bandwagon, it's likely that your competitors have - and that they now hold a competitive edge.

There's Something For Everyone

For less than $3,000, shopkeepers can buy what is in effect a personal computer attached to a cash register. These devices will not only calculate the bill and punch out a receipt - they also maintain records of GST and provincial sales taxes collected, keep track of inventory, keep tabs on shrinkage, maintain a customer database and print out mailing labels on demand.

Small manufacturers, too, can turn to affordable high tech solutions. For instance, a programmed logic controller or PLC - which "tells" production equipment what steps for follow - cost more than $50,000 only a few years ago. Today a typical PLC offers 10 times the capability at about 10 percent of the cost.

Computers are, of course, already in widespread use by small firms of all sorts. And more small businesses may soon be required to automate as a condition of doing business with clients who've adopted electronic data interchange or EDI, as it is commonly known. By enabling the supplier's computer to talk directly to the client's, EDI slashes delivery times and eliminates the reams of paperwork traditionally associated with order-taking. EDI is already in common use by large companies, especially in the auto industry, and is spreading rapidly.

Carefully Evaluate Your Needs

If your company is in the market for a new computer system, the experts advise that you give careful thought to exactly what you want to use the technology for and what equipment you might want to expand into over the next few years before making any buying decisions.

If, for example, the main purpose is to facilitate the writing of reports and letters, you won't need massive power because word-processing takes up relatively modest amounts of memory and speed. On the other hand, if graphics and databases are the focus of your work, you'll want more speed and memory and the capacity to expand.

The experts also advise you to involve the end users of the technology in the buying decision, and to ensure that adequate training is provided. Proper implementation is key to any technology acquisition. Many people by nature are resistant to change - they want to do things the way they've always done them. Fear of the unknown can paralyze a workforce.

Emphasize that the aim of acquiring the technology is to boost the workers' productivity, not to replace them - that the changes will make the company more productive and safeguard jobs. However, if you do anticipate job cuts in a certain area as a result of automation, set up a good communications plan, to let workers know as soon as possible. And try to schedule installation during a slow period, in case the new equipment is late arriving or doesn't function properly. You can't afford to have your accounting function paralyzed or to lose production and miss delivery dates - whatever the case might be.

Be thorough and do your homework when you're deciding what system or systems to buy. Visit trade shows to see what off-the-shelf technology is available that will fulfill your requirements. Most common applications are readily available.

If the solution you're seeking is especially complex, consider seeking expert advice from consultants. Quite often, there are federal or provincial government programs that will pick up a portion of the consultant's tab - especially if you happen to be in the manufacturing sector.

Finally, keep in mind that automation is not always the answer. Before you buy, weigh the available options. It may be more cost effective to hire an outside computer service to do the job for you.

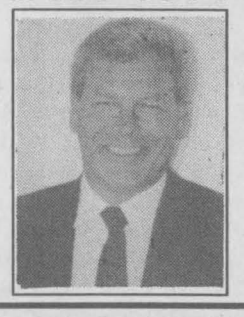
We'll Help You Design The Perfect Ad To Suit Your Needs

For All Your Advertising Needs

call

BILL SNELGROVE

at 933-0014





Gailand Poapst,
CLU ChFC
c/o Great West Life
14 Third St. East
Cornwall, Ont. K6H 2C7
Bus: 932-3137
Fax: 936-0907



Mark McDermid
M. McDermid Insurance
& Investments
14 Third St. East
Cornwall Ont. K6H 2C7
Bus: 932-3137
Fax: 936-0907



John Millard
Millard Insurance &
Investments
RR 2 Ingleside
Ont. K0C 1M0
Bus: 537-8660



Mario Lalonde
MDL Insurance &
Investments
2 Gagne Cres.,
P.O. Box 806
Casselman Ont. K0A 1M0
Bus: 764-2194



Robert H. Leger
Insurance & Investment
Services
14 Third Street East
Cornwall, Ont. K6H 2C7
Bus: 932-3137
Fax: 936-0907



Stephen Mesman, B.A.
Mesman Insurance
& Investments
401 Mercier Ave.
Cornwall, Ont. K6K 1J9
Bus: 938-0571
Fax: 938-2874



Mary Hume
c/o Great West Life
14 Third Street East
Cornwall, Ont. K6H 2C7
Bus: 932-3137
Fax: 936-0907



Richard Quesnel
Richard Quesnel
Insurance & Investments
92 Kenyon Street
Alexandria, Ont. K0C 1A0
Bus: 525-1263
Fax: 525-4101

THE AGF HIGH INCOME ALTERNATIVE TO A GIC.

AGF

With GIC interest rates so low, it makes good sense to consider a conservative alternative that can provide you with a much higher monthly income.

The aim of AGF High Income Fund is to provide you with the highest possible monthly income while minimizing the risk to your long-term savings. The average annual compound rate of return for the three years ending September 30, 1993 was 10.5% (2 year: 10.5%, 1 year: 7.6%).

AGF High Income Fund provides the individual investor with the same advantages of sophisticated fixed income diversification as the large institutional investor.

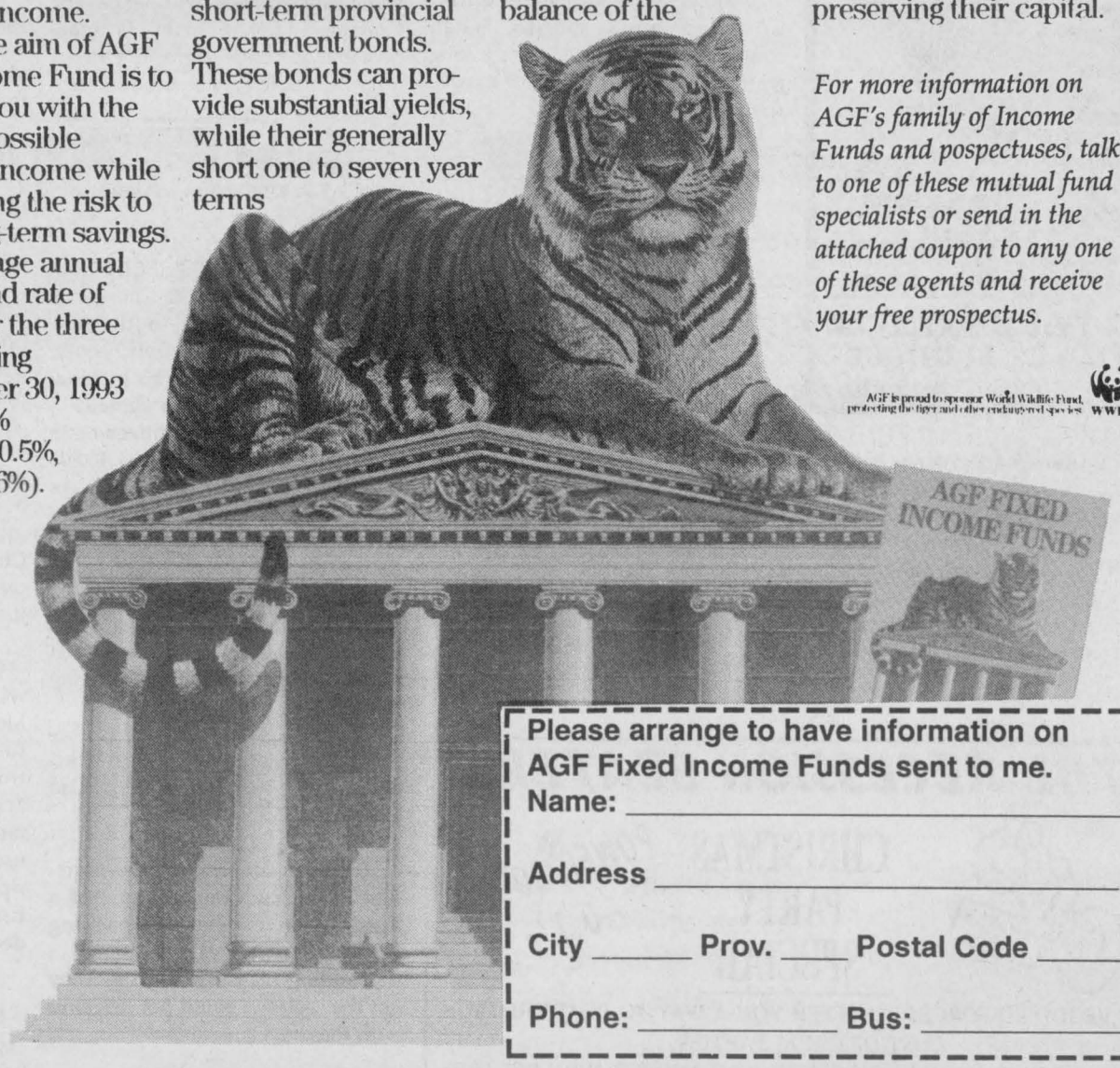
Approximately 50% of the fund's assets are invested in short-term provincial government bonds. These bonds can provide substantial yields, while their generally short one to seven year terms protect you against the loss of your capital.

Currently 25% of the fund is invested in the preferred shares of major companies whose higher dividends are enhanced by the after tax benefits of Federal Income Tax credits. Most of the balance of the fund is invested in NHA mortgage-backed securities and other conservative income vehicles.

With current low GIC yields, AGF High Income Fund provides a prudent haven for anyone seeking a high monthly income while preserving their capital.

For more information on AGF's family of Income Funds and pospectuses, talk to one of these mutual fund specialists or send in the attached coupon to any one of these agents and receive your free prospectus.

AGF is proud to sponsor World Wildlife Fund, protecting the tiger and other endangered species. WWF



Please arrange to have information on AGF Fixed Income Funds sent to me.
Name: _____

Address _____

City _____ Prov. ____ Postal Code _____

Phone: _____ Bus: _____

For More Information, Call One of These Associates of

BALANCED PLANNING INVESTMENT CORPORATION

In rebut to item of Kilger signs at Immaculate Conception elementary school. To set the record straight ... the children had been asked to bring these signs from their own homes which were then used in a school project! That someone would view it as underhanded political tactics is unfortunate.

Required reading ... for teachers, educators & concerned parents ... "School's Out" by author Nikiforuk.

Wonder why??? ... **Paul Fixter**, a well known hockey-minded individual, has departed from the PR office of the Aces?

According to Russell Roundpoint (Mohawk Council's intergovernmental liaison officer), natives view themselves as an "independent" nation with their own language, laws etc which is one reason why they don't vote ... considering Canada a foreign nation. This view then begs the question ... do they consider educational, medical, housing, public assistance benefits as "foreign aid"?

Cornwall Transit drivers sending out condolences to ... **Todd Lalonde**, one of Cornwall's "last Conservatives" ... who hasn't been seen since the election!

Steve Burns has been named chairman of 1994 Service Club Council Curling Bonspiel slated for January! *Kamjab raho!* , Steve!

SCUTTLEBUTT



Sandy & Judy Hamilton were both *one hour late* for work, on Monday, as a result of **Judy** reading the Seaway News on Sunday. *She re-set their clocks ... got mixed up with the weeks & the forwards/backwards hour.*

Another caller said it would have *helped a lot if the date had been included!* And also *"suggested" we goofed with the forward/backward.

From his hiding spot ... Sammy agrees whole heartedly that the **date should have been included** &, with apologies, reminds everyone that it **"IS" Sun., Oct.31st** that you lose an hour's sleep by setting your clocks **back** *(which still translates into spring forward & *fall back!)*

Also reminding one & all that Sun. Oct. 31st is also the night that the **ghouls & ghoulies** (and, maybe, even Robert Goulet!) will be stalking the streets in search of *sweet things* ... keep it a fun night & drive with caution!

The Paquette Collection



Winter Project

Armand Paquette is a man strongly attracted to the past and nature. Paquette's art is unique and heart warming and one admirer described his art as "being like fine music."

LOGAN'S GALLERY LOGAN'S

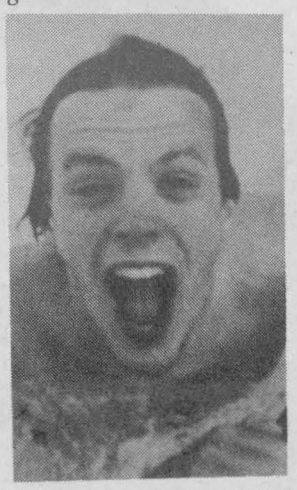
A gallery like no other ...

224 Pitt St. 938-3629

Tickets are now available for the *Cornwall Cystic Fibrosis Chapter* **"Beef Raffle"** ... if interested, see any C/F or Kinsmen/Kinette.

Oh, the ironies of life ... Bouchard serving as "Her Majestys*Loyal* Opposition"! Mulroney would certainly be the first to question the use of *"Loyal"* .

Concerned about meningitis? Covering one's mouth, when coughing or sneezing, goes a long way to cutting the spread of the *diseasing*!!



"Gottcha!" ... **Andy Griffiths** ... celebrating his*"20th"* on Oct.29th. From your loving brothers: Ron, Jim, Ken & sister Nancy & friend Darren.

FLOWERS



for all occasions
• fresh • silk • plants
✓ Bilingual Service
✓ 24 Hr Answering Service
CASH & CARRY SPECIALS
We Also Make Delicious Fruit or Gourmet Baskets To Send For Any Occasion
BARBARA'S FLOWER BOUTIQUE
213 Cumberland St. 933-5902

Now here's a driver who isn't afraid of flaunting his personal license plate ... PURPLE-Z! On Mon., Oct. 25, approx. 3-3:30 pm, north Pitt St. ... found things a little too slow & passed on the *right shoulder* ONLY to drive a few hundred feet to turn left!

The Cornwall Telephone Pioneers wishes to thank all those who donated books for the Used Book Sale held on Oct.15. A total of $602.37 was raised & will be donated to various Cornwall charities at Christmas.

"Dog Killer" ... Sat., Oct.23, approx. 10 pm, Cons. 9 near 4-corner store on Avonmore Rd. "We are sickened & saddened by the loss of a member of our family ... our pet of 8 years was killed. The cold-blooded driver did not even have the decency to stop. You know who you are & we hope you can sleep well knowing what you did."

Hey Grandparents!
Here's A Christmas Idea!!
Have you ever thought about an ongoing gift. For as little as $100.00, you can start a savings plan for Education, Savings, or Retirement.
For more information, please call Ruth Brodie at Industrial Alliance 932-7495
A partner you can trust for financial security

There is a "stop" sign at Sydney (Cornwall Square) that is causing some consternation with taxpayers. Considering that "arret" is unacceptable on "stop" signs, in Ont. ... what is it doing there & how much did it cost? A patient 3 to 4 week wait, by this caller, for the removal or replacement of this sign has not resulted in any action to date from City Hall.

While on the subject of City Hall, a receptionist was asked how is it she did not greet in "both" languages as opposed to french only. She then responded with ... "How long have you been in Canada?" (the caller was a Cndn. citizen of 38 years with a Spanish accent). If this is a bilingual city, someone has neglected to inform this "little lady"... and the latter is from a caller whose first language is french! *(A few lessons on telephone manners wouldn't hoit either*, says Sammy!*Would hate to have a tourist or visiting dignitary be at the receiving end of that kind of an attitude!!)*

A *speedy recovery* to our good friend down the street at S-F ... **Tim Creswell**.

In praise off *standard transmission*.. Two scum buckets jumped a Toronto driver who was obeying the law (stopped at a red light) ... demanding his car & money. They got the cash but could not drive off with the car ... !

How's this for marketing strategy ... YIG's coffee cups, for one & all to use, supplied in City Hall's lunch/coffee room.

Welcome back ... **Mark & Faye Allott** ... franchisees of the 5th Wheel Truck Stop. It's an open invitation to friends & past customers to come on in and "give & get" a big*"howdy"*. **Mark** is also taking this opportunity to let us that we can soon look forward to the return of some of 5th Wheel's ever-popular promotions.

Canada Post had to dispatch security guards to handle the crowds applying for temporary Christmas mail sorting jobs. Hopefuls included ex-managers & those Canadian citizens with advanced university degrees. In the crowd, a 46 year old recent immigrant from Sri Lanka, who trained in pharamacy & has been unemployed for 6 months.

How do _____ (your choice hair colour) sign their letters? ... with an X & a ... *"P.S. Let me know if you don't receive this."*

Congrat's ... **Jean-Pierre Lalonde**, '93 Big Brother of the Year & ... **Josee Parent-Doutre**, '93 Big Sister of the Year!

For a supposedly "peaceful people" ... this caller wonders why it is *some* natives resort to threats of violence in reaction to those things they don't agree with.

It's accolades to those Cornwall Transit drivers who volunteered their time to chauffeur visiting police officers attending the funeral of officer Alain Desforges.

There won't be a "dry eye" in the house as Cornwall bids adieu to ...**Mark & Rita** who are leaving for parts unknown & ...*"just a step ahead of the sherriff !* **Mark**, who worked at Courtaulds & **Rita**, who became quickly involved in the community both thoroughly enjoyed & will miss **Sammy, Scuttlebutt & Cornwall.** Wishing these "short-time residents" success wherever their roads may lead!

Of course "they love Canada" ... wifie (wives?) & 4 offspring of Mohammed Farah Aidid who enjoy the benefit of welfare benefits & those Somali refugees who are apparently making "multiple" welfare claims to support arms to be used against UN peacekeepers. The rip-off goes unchecked & will continue until the provincial gov'ts decide to pull the plug.

Sonny Herrington happy to "spread the word" & let Sammy know that construction of the new Cornwall & District Navy Vets building is well on its way & everything is *right on schedule*!

JOB OPPORTUNITY
If you like animals, I have a great job for you.
932-6656
for more info.



City not gaining any points on this one! We have received several calls regarding the plight of Mr. Urgel Faubert & the fence law issue. The gist ... the city won't go after property owners who nurture noxious weeds ... the city won't do anything about those properties that resemble the city dump ... but the city will go after someone whose only crime is enhancing his property. It must be time to change this inane bylaw!

News view from the Land of Oz ... the shrill, shrieking, screeching of teens as they stormed the Alberta legislature, this past week, in reaction to govt's proposed cutbacks to educational funding. "It's *my right* ... Education is *supposed to be free* "! Sammy suggests teachers place more emphasis on teaching this so-called-future-generation the pragmatics of economics ... they may be shocked to learn there's a "real world" out there & not even dying is *"free"* altho it is *"a right"*!

S.D. & G.
DEFENSIVE DRIVING SCHOOL
• Insurance Reductions • Individual Lessons
No Peer Pressure • Picked Up At Home or School for Driving
Complete Course: 25 hrs. in Class, 10 hrs. Driving
Class Starts: SAT., NOV. 6/93
$375 (INCL. GST)
812 Pitt St., Unit #60, Cornwall, Ont.
933-5004

This caller p.o.'d with the broadcasting world who constantly "accuse" the outside world of being "uncaring" over the results & casualties of the 100's of civil wars taking place around the world. Why not try *"fed up"* which would be closer to the truth. Billions & trillions of $$$'s in aid, support in arms & human resources has done nothing for these countries who have been fighting some of these wars for **generations**. Point your editorial fingers & voices to those countries, their leaders & their citizens ... "they are the uncaring ones"!

THE RECESSION BEATERS
Odie's SPORTS BAR
CHRISTMAS PARTY SPECIAL
POWER SOURCE D.J.'s
HAVE JOINED FORCES TO OFFER YOU A WAY TO BEAT THE HIGH COST OF GREAT PARTIES. . .
CALL BEFORE YOU BOOK ELSEWHERE AND SEE WHY WE ARE THE RECESSION BEATER!
Odie's (Steve) 936-0878 ~ ~ We Cater To Your Party Needs ~ ~ Ray Leroux 938-1962

Let's Celebrate

- **Birthday's**
- **Anniversaries**
- **Announcements**
- **Births**

Send Yours In By 5 pm Wednesday to: "LET'S CELEBRATE EDITOR"



To our daughter ... **Angela Deschamps,** celebrating her ***15th*** on Oct. 30th. ***Angela,*** *you've grown up to be a very special young lady. We are all so very proud of the way you have conducted yourself through your teen years & for excelling in school & and all of your other interests.* Lots of love & happiness, Mom & Step-Dad!



The **"first forty"** *were fun* ... now comes the hard part (starting Nov. 1st). The STAFF!



Happy "20th" to our handsome & loving son ... **Andy**! From Mom, Dad, Mari & nephews, Robbie, Blair & Bradley (in Newfoundland). *"Hope it's your Best Year ever, sweetheart. We love you so very much!*

It's **"Cuillerier** Corners" ... Family & friends sending out best wishes to ... **Art**! And a happy birthday to ... **Lucille** of Apple Hill who remains as young & beautiful as ever! From hubby, Romeo & all your children. *God Bless & have a Nice Day!*

Julie Lamothe (Nov. 3rd) ... **Betty Willis** (Nov. 4th) ... looking forward to birthday cake this week!

It's another year for ... **Guy Willis** (Nov.4).

Alice Griffith ... looking forward to her special day on Nov.8th.

Happy day on Nov. 11th ... **Sheri Ann Mitchell**!

Happy birthday to *Our Queen of Karaoke* ... **Patty Gallant** on *Nov. 6th!* Mom, Cookie, Corey, Christopher, Steve & Kevin.

Congrat's to **Big Brothers/Big Sisters** ... who celebrated *20 years service* in Cornwall & SD&G.

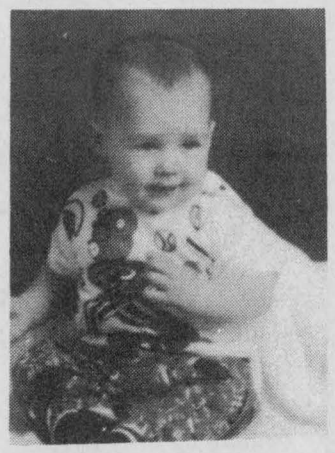
Happy Anniversary wishes to ... **Beverly & Leo Fobert** on Nov.9th.

Cornwall Transit drivers sending along *congratulations* to **Todd Lalonde** on his recent engagement to ... **Vicki Rouleau**.

Rumour mill ... **Craig D'Alessio** recently tied the knot while vacationing in Jamaica.

Julie Ryan & Derek Guindon thrilled with arrival of son ... **Austyn** on Sept.25th/93.

What can I say Erika ... this is my favourite picture of my little girl, but you're not "8" anymore! Hope you have a terrifc "18th" Birthday! Love Mom, Dad, Jeff & Scott.



*Happy **1st** Birthday* to our precious son ... **Steven Villeneuve** ... on Nov. 1st. *We love you, lots* ... Mom, Dad & Big Sister Trisha!





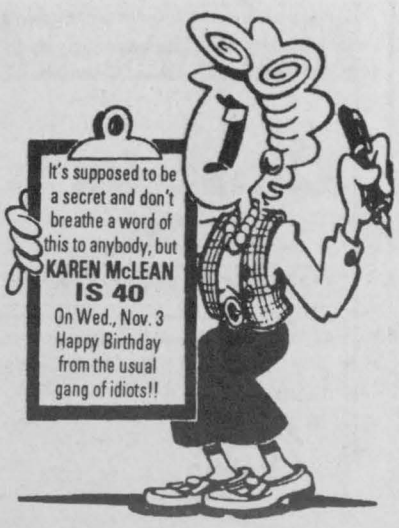
"Hooray, hooray ... daddy's (aka **Doug MacMillan**) *turning **40** today* (Nov. 3rd).



Lordy, lordy. Look who's **fhhh-horty** at last ... **Penny Lafave** on *Nov. 1st.* From all your friends!

PROST (Dutch) *"Your health"* ...

BELATED WISHES going out to ... **Christopher Lortie** (Sept. 15) ... **Kris Champagne** (Oct. 13) ... **Christian Lavergne** (Oct. 20) ... **Matthew Landry** (Oct. 23) & **Marc Labelle** (Oct. 30) ... from you PeeWee 'B' Navy Vets Hockey "buddies" & Coaching Staff!



BALLOONS & BOUQUETS

Come In & Join Us For Our

Grand Opening & BALLOON BURSTING CEREMONY

Saturday November 6th at 2 pm

at our

NEW LOCATION

216 PITT ST., CORNWALL

Enter our Draw For A Floral Arrangement

REFRESHMENTS 10 am - 4 pm FREE BALLOONS

936-7763

Fall Into The Season "LEAF"

The Weight Behind

- Medically Screened
- Safe Easy Weight Loss
- Eat Regular Food
- Guaranteed Weight Loss

HOURS: Mon.-Fri.: 9 a.m.-7 p.m. Sat.: 9:a.m. - 1 p.m.

CALL TODAY FOR YOUR FREE CONSULTATION

BEVERLY HILLS

Weight Loss Clinics

933-3314

1916 PITT ST. N.

HERITAGE PLAZA

(CORNER OF PITT & TOLLGATE RD.)

* Applies to full program only.

*New Clients *Excludes Products



LOSE UP TO 30 lbs for only $5.95* per week new clients only

NISSAN NISSAN NISSAN NISSAN

ATTENTION

GRANT NISSAN

USED CAR CLEARANCE IS ON NOW!

OVER 35 TO CHOOSE FROM AT LOW LOW PRICES

EXAMPLES

1992 MERCURY TOPAZ GS, Stk. #2954A 4 dr., auto., a/c, cruise. ..... $ 7,850

1991 FORD AEROSTAR, Stk. #PV393A V6, 7 pass., a/c. $11,225

1990 PONTIAC 6000 SE, Stk. #2878A V6, fully loaded. ..... $ 6,965.

1989 OLDS CUTLASS INTERNATIONAL, Stk. #2824A Fully Loaded! Only 82 km. ..... $ 9,669.

1989 FORD THUNDER BIRD LX, Stk. #2997A Fully Loaded! Digital dash. ..... $ 8,448

EVERY OFFER WILL BE CONSIDERED!!

WHOLESALERS WELCOME

GRANT NISSAN

700 ROSEMOUNT AVE., CORNWALL 933-7555

NISSAN NISSAN NISSAN NISSAN



Gedoro's

Fine Dining in Casual Comfort



Book Your CHRISTMAS PARTY

NOW! weekend dates still available!!

Also Holiday Family Parties or Get Togethers

PAPA'S PARTY PARLOUR has
- stage
- sound system
- dance floor
- seating up to 80 people

CALL NOW!! BOOK EARLY!!

Join Us In The THE OLD CRABSHACK SALOON

158 Pitt St., Cornwall 938-2791

Milk cause mucus theory mostly in the mind

(NC)—Does cow's milk produce mucus as so many people believe? A series of Australian studies found no hard evidence of this despite assertions to the contrary by believers in the milk-mucus effect.

In the initial study, Dr. Carole Pinnock and her colleagues in Adelaide, Australia, exposed 51 healthy adults, ages 18 to 35, to a common cold virus. Each day, during a 10-day period, the researchers recorded respiratory symptoms and intake of both milk and dairy products. This included the recording of the weight of daily nasal secretions, an objective measure of respiratory tract congestion.

"Believers" in the milk-mucus effect reported considerably more symptoms of respiratory congestion but did not produce more nasal secretions than "non-believers".

Nutrition EQUALS HEALTH

In a second study, 169 healthy adults were asked to describe the sensations they experienced after drinking milk. More "believers" reported difficulty in swallowing and thickness of mucus than "non-believers". The perceived milk-mucus effect required only one glass of milk or less and lasted less than a few hours.

The researchers then replaced the milk with a non-cow milk drink without informing the study's participants. They wanted to determine if the participants would report the same effects after drinking a non-dairy product with the same taste and mouth-feel.

After drinking either a glass of milk or non-milk soy drink, a similar percentage of both "believers" and "not-believers" reported increased sensations of coating of the mouth, the need to swallow a lot, and thicker saliva.

Although some people firmly believe milk causes mucus, there is no evidence to back this up. There is evidence, however, that even non-dairy milk substitutes can create the same perceived sensations that lead people to believe in the so-called milk-mucus effect.

Apple Cranberry Crisp, an old fashioned favorite that's always in style

(NC)—There are some fall evenings that call out for an old fashioned fruit crisp. This recipe for Apple Cranberry Crisp makes just such a treat.

Made with sliced apples, so plentiful at this time of year, and fresh or frozen cranberries, this dessert features a crispy oat topping. Not only do fibre-rich oats add crunch and taste to a classic dessert, but they are among the most nutritious and versatile of processed cereals.

FUN WITH FOOD

Wonderful anytime, and quick and easy to make, this family favorite will never go out of style. You can change the fruit to suit the season and your family's tastes.

Apple Cranberry Crisp

Crisp Topping:		
3/4 cup	175 mL	ROBIN HOO OLD MILL C
1/3 cup	75 mL	ROBIN HOO All Purpose F
1/3 cup	75 mL	lightly packed brown sugar
1/4 cup	50 mL	butter
Fruit:		
5 cups	1250 mL	sliced apples
1 cup	250 mL	cranberries, fresh or froze
1/2 cup	125 mL	granulated su
2 tbsp	30 mL	water
1 tbsp	15 mL	lemon juice
1/2 tsp	2 mL	cinnamon

Topping: COMBINE oats, and brown sugar. Cut in butter pastry blender until mixtu crumbly.

Fruit: COMBINE all ingred TURN into greased 1 1/2 qt (casserole.

SPRINKLE crisp topping e over fruit. BAKE at 375°F (190° 35-40 minutes, or until fruit is t Serve warm or cold with pla whipped cream or ice cream.

MONSTER BINGO

SAT. NOV. 6/93

NATIVITY HALL 7 pm

doors open at 5 pm

$9500 total prizes

$300 Early Bird — Bonanza Max $1000

4 Specials $300 — Jack Pot $3000

20 Reg Games $200

Pkg. includes Specials/ Bonanza extra

SD&G RESOURCE CENTRE FOR INJURED WORKERS

$40 pkg. available at Nativity Hall

SD&G Resource Centre & Mitchell's Store, Pitt St. N.

License #P932086

938-9111

Book Now For Christmas

CALL 936-8666

Catering For All Occassions

BackStage Restaurant & Lounge

Menus To Suit Your Needs

100 Water Street Cornwall 936-8666

WET T-SHIRT TOURNAMENT of CHAMPIONS



8 well rounded weekly Champions compete for $500 in prize money

THURS. NOV. 4/93

doors open at 4 p.m.

MAXI'S PUB

1620 Vincent Massey Drive 933-1650

CORNWALL OPEN CHESS TOURNAMENT

Nov. 6 & 7, 1993

An E.O.C.A. Grand Prix Event

SEE International Masters Alexandre Lesiège & Deen Hergott

Best Western Parkway Inn

Saturday Nov. 6th 9 am - 2 pm - 7 pm

Sunday Nov. 7th 9 am & 2 pm

5 ROUND SWISS SYSTEM

For Further Information or Registration Call Raymond Lacroix

938-6364

There's only one way to come out ahead of the pack.

QUIT

Improving your odds against Canada's #1 killer

CONTACT US FOR MORE INFORMATION

Entertainment Consultants International

TEL.: 933-1166

presents

Cornwall's Best & Biggest 2 for 1 Dining & Discount Book

LAST CHANCE

TOTAL SAVINGS OF OVER $3,000 ALL FOR ONLY $28.00 + GST

FEATURING 20 OF THIS AREA'S FAVOURITE RESTAURANTS

RESTAURANT		DAYS	#OF VISITS	RESTAURANT		DAYS	#OF VISITS
A & W	(Buy 1 Get 1 Free)	7 Days	10	Glendale	(Buy 1 Get $10.00 off 2nd)	7 Days	20
Ramada Inn	(Buy 1 Get 1 Free)	7 Days	30	Club 37	(Buy 1 Get 1 Free)	7 Days	20
Crossroads	(Buy 1 Get 1 Free)	7 Days	10	Ponderosa	(Buy 1 Get 1 Free)	7 Days	20
Backstage	(Buy 1 Get Free)	7 Days	10	Loo Wah	(Buy 1 Get 1 Free)	7 Days	20
Pizza Hut	(Buy 1 Get Free)	7 Days	10	Hum's	(Buy 1 Get 1 Free)	7 Days	20
Moviola Café	(Buy 1 Get 1 Free)	7 Days	20	Harv's Diner	(Buy 1 Get 50% off 2nd)	7 Days	20
Lancaster Inn	(Buy 1 Get 1 Free)	7 Days	20	Freddy's	(Buy 1 Get $5.00 off 2nd)	Weekdays Only	10
Ruest Restaurant	(Buy 1 Get 1 Free)	7 Days	20	Kenny Chan's	(Buy 1 Get 50% off 2nd)	7 Days	10
Ralph's Restaurant	(Buy 1 Get 1 Free)	7 Days	20	China Inn	(Buy 1 Get 2nd Free)	Tues.-Wed.-Thurs. only	10
Fat Albert	(Buy 1 Get 2nd for $1)	7 Days	20	Pancho & Lefty's	(Buy 1 Get 2nd Free)	7 Days	20

1 BOOK = $30.00 Each
2 BOOKS = $27.50 Each
3-4 BOOKS = $25.00 Each
5-9 BOOKS = $24.00 Each
10-19 BOOKS = $23.00 Each
20 OR MORE BOOKS = $22.00 Each

SPECIAL BONUS

Fantastic Cleaners .....20% Off All Cleaning
Reliable Weed .....20% Off All Lawn Service
Aerobics & Iron .....1 Free Week + 1/3 Off 6 Months or 1 Year Membership
Trigger Shooting Ranger ...25% Off Range Time
Bob's Vac Shop .....15% Off Any Vacuum Repairs

CALL TO PURCHASE OR RESERVE YOUR BOOK TODAY!

Limited Quantities

Book Valid Until Dec.1/94

933-1166

LAST CHANCE

• LUNCH • DINNER •

Daily Specials

• STEAK • LOBSTER • • SEAFOOD •

• BURGERS • PIZZA
• CHICKEN IN A BASKET

Chase Mills Inn

CLOSED MONDAYS

Cornwall, St. Lawrence, 37, CHASE MILLS, Ogdensburg

Sorry No Credit Cards
1-315-322-8982
Mein Road
Chase Mills, N.Y.

Calendar of COMMUNITY EVENTS

Community Events Sponsored by
Canpage Communications
24 Hr. Answering Service & Pager Rental
408 Pitt St., Cornwall 938-3867 Fax: 938-9645

* **FRIENDS HELPING FRIENDS** is in need of Beds, single & double, Dressers, Living-room and Kitchen sets, Lamps, Bed & Bath Linens and basic household items to help fire victims and referral clients. Donations may be dropped off at 1106 Cumberland St., Mon-Fri. from 10-5pm or call 936-1888.
* **TRI-COUNTY LITERACY COUNCIL** offers free reading groups in Crafts, Student Newsletter, and a series of mini-workshops on topics such as psychology, first-aid, budgeting and more. To register or for information call 932-7161.
* **OVEREATERS ANONYMOUS** meet every Wednesday at 7:30pm at Milles Roches Hall, 801 4th St. E., Room 111. Info: 932-1936
* **GLEN-STOR-DUN-LODGE** needs volunteers for Day-Away Program, Activity Assistant, Day Away Volunteer, Telephone Assurance Program, Bingo Helpers. If interested call 933-3384 between 8-4pm, Mon.-Fri.
* **CORNWALL WHEELS TO MEALS** Day Away for Seniors provides door to door transportation, nourishing meals, crafts and activities, every 1st and 3rd Wednesday of each month. Info: 930-9292
* **KNIGHTS OF COLUMBUS COUNCIL NO 10974** hold Bingo every Wednesday afternoon from 2:30-4:30pm at the Cornwall Bingo Palace.
* **ST. COLUMBAN'S CATHOLIC WOMEN'S LEAGUE** will hold a euchre every Friday afternoon in the parish centre. Prizes, refreshments, all are welcome.
* **SEAWAY SENIORS,** 205 Amelia St., Weekly activities: Mon. 9:30am Beginners Line Dancing ; 10:30am Seniorsize; 1:00pm Beginners Bridge; 1:30pm Cribbage. Tue. 10am Intermediate Line Dancing; Noon-Lunch; 1:30pm Euchre; Wed. 10am Tap Dancing & Chess, 1:00pm Bridge, 1:30pm Knitting Club: Thur. 9:30am Walking Club, 1:00pm Darts. Everyone welcome. Info: 932-4969
* **SEAWAY TOASTMASTERS** meet every Tuesday evening from 7-9pm at TCTI on Montreal Rd. Visitors welcome. Info: 936-2945
* **BESTVIEW HEALTH CARE CENTER** is looking for anyone interested in volunteering to be drivers on outings, assisting with daily activities, and making crafts with the residents. Weekdays, weeknights and weekends are available. Info: 933-7420
* **ST. LAWRENCE CHAPTER OF O.A.R.N.A.** will be having a meeting at Glen-Stor-Dun-Lodge on Mon., Nov. 1st at 8pm. All R.N.A.'s and student N.A.'s are welcome. There will be a Christmas Gift exchange. ($6.00 max)
* **BLESSED SACRAMENT C.W.L.** will sponsor a euchre on Wednesday, Nov. 3rd at 1:30pm in the parish hall, Tollgate Rd. Prizes, lunch, all are welcome.
* **EASTERN STAR REBEKAH LODGE # 48** will hold a euchre at 7:30pm on Nov. 2nd at 305 13th St. W . Cornwall.

CORNWALL NAVY VETS on 6th St. E. will hold a euchre plus cribbage night on Tuesday, Nov. 2nd at 7:30pm sharp. Everyone welcome.

* **LUNENBURG & ST. ANDREW'S 4-H CLUB** will hold their first meeting on Nov. 3rd from 7-9pm at the Lunenburg Community Center for boys and girls ages 10-21 yrs. Info: 534-2769 or 932-0888
* **BONNEVILLE LIONS CLUB** will hold a Euchre on Nov. 3rd. Prizes, lunch, everyone welcome.
* **ST. JOHN BOSCO CATHOLIC WOMEN'S LEAGUE** are holding a rummage sale in the parish hall on Thursday, Nov. 4th from 5-8pm and Friday, Nov. 5th from 10am-1pm.
* **LAN CHAR CENTRE,** Lancaster, will hold open euchre on Fri., Nov. 5th at 1pm. Lunch & prizes. Everyone welcome.
* Weekend with the "Doves" for children (15yrs. & up) of **SEPARATED, DIVORCED, OR BEREAVED PARENTS** on Nov. 5, 6, 7th. Info: 938-9322
* **CORNWALL CHORAL WORKSHOP '93 CONCERT** will be held Nov. 6th at 7:30pm at Knox St.Paul's United Church . Info: 936-1161 or 938-5756
* **THE PEDIATRIC GROUP OF THE RHSJ HEALTH CENTERS** presents Ronald McDonald's "McRockin" to kick off their "Lights of Hope" Campaign, Sat., Nov. 6th at 1pm at GVSS Auditorium. Everyone welcome. Free admission, donations accepted. Info: 938-5089.
* **FRIENDS HELPING FRIENDS** late night Bingo will be held on Nov. 6th at the Cornwall Bingo Palace. Info: 936-1888
* **ST. CROIX PARISH,** Annual Supper will be held on Sunday, Nov. 7th between 4-7:30pm in the parish hall, 108 Anthony St. Everyone welcome.
* **ST. COLUMBAN'S PARISH** invites everyone to their annual Turkey Supper on Sun., Nov. 7th from 3:30-7:30pm at St. Columban's parish centre, 40 5th St. W.
* **LUPUS SUPPORT GROUP** starting in Cornwall on Nov. 8th at 7pm at the Bob Turner Memorial Center, 504 4th St. E. Two guest speakers. Info: 933-1081
* **CORNWALL HANDICAP CLUB** will hold it's monthly meeting on Nov. 9th at 7pm in the R.C.A.F. Wing. New members welcome.
* **BEREAVED FAMILIES OF ONTARIO-CORNWALL** will hold their monthly Support & Share Night on Nov. 11th in the library at CCVS School, 437 Sydney St., Cornwall from 7-9pm. We are a member agency of the United Way. the campaign is on. Please Give Generously. Info: 936-1455
* **INTERLINK PROGRAM** looking for senior singers. First meeting: Mon., Nov. 1st, 1:30 pm at Seaway Seniors Club, 321 Amelia St. Info: Rita/932-4969 or Joanne/938-5845

DEADLINE: Wednesday at 3:00 pm

ATTENTION: RE COMMUNITY EVENTS NOTICES. Deadline: Wed. prior to Sun. publication, 3 pm. Copy must be legible (printed or typed). Text to contain only "basic" information (Who, What, Where, When & telephone contact if required). Minimum wording, please! Notices can be mailed in, or brought into the office or faxed (933-0024). Notices will not be taken over the phone. Thank you. Please Note: Only one week per insertion, permitted.

Community Events is not intended to supplant paid advertising, and inclusion is restricted to non-profit charitable organizations. Events should have a "Community Wide" appeal to all segments of our readership. All items submitted will be reviewed by the advertising department. The Seaway News offers a very reasonable advertising rate for charitable organizations who wish to place a display advertisement.

THE RELIGIOUS HOSPITALLERS OF ST. JOSEPH HEALTH CENTRE OF CORNWALL
LE CENTRE DE SANTÉ DES RELIGIEUSES HOSPITALIÈRES DE ST-JOSEPH DE CORNWALL

CPR TRAINING

Be ready to act and save a life in a choking or heart emergency at home, at work, or at play. Call Hotel Dieu Hospital today for information, telephone 938-4240, ext. 3344 8:00 am to 4:00 pm, Monday to Friday. Group requests are welcome.

THE HEALING RELATIONSHIP

"The Healing Relationship", a conference on Christian healing led by Vina Sweetman and team, will be held at St. Matthew's Presbyterian Church, Ingleside, November 12-13. Sponsored by the Order of St. Luke. For information call (613) 537-8659.

MOTHERS-TO-BE



For You and Your Baby On the Way
Nov. 21
1 pm - 4 pm
A WELCOME WAGON BABY SHOWER at RAMADA INN
805 Brookdale Ave. (former Holiday Inn)
For a Free Invitation Call Hazel 938-9645

Glen CABARET
presents
OPENING NIGHT
Written by Norm Foster - Directed by Marion Barnes
PLACE: Glen Building 8:15 pm
DATE: Oct. 28th, 29th, 30th, Nov. 4th, 5th, 6th, 1993
PRICE: $7.00
CALL 937-GLEN
Monday to Friday: 10 am - 6 pm
Glen Tradition - a comedy to entertain you

FATHER KEVIN MALONEY and the Parishioners of St. Columban's Parish invite you to their annual
TURKEY SUPPER
Sunday, November 7th
3:30 - 7:30 pm
at St. Columban's Parish Centre
40 Fifth St. W.
Everyone welcome!

HERITAGE VALLEY CHRISTMAS
ARTS, CRAFTS & ANTIQUE GLASS SHOW & SALE
150 DISPLAYS
November 5 - 6 - 7
Friday & Saturday 10 am - 9 pm
Sunday 10 am - 5 pm
$25.00 Door Prize Daily
FREE ADMISSION
CORNWALL CIVIC COMPLEX
SALONS A, B, & C
CONCOURSE, THE HALL OF FAME
Donations to Palliative Care, Cornwall and Eastern Ontario Children's Hospital



SEAWAY NEWS

ENTERTAINMENT

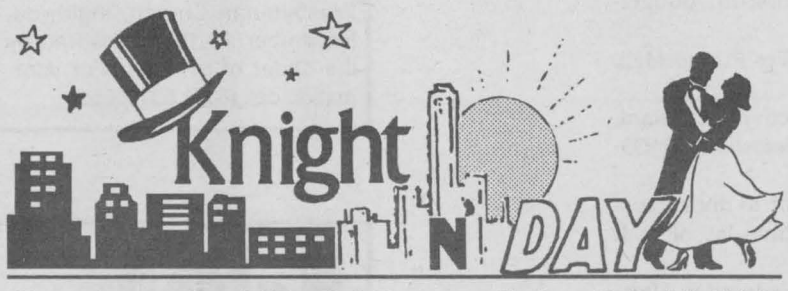
MARLBOROUGH LAUNDROMAT
WASH 75¢
DRY 25¢ 12 min.
Wheelchair Accessible
Attendant On Duty
13 Marlborough St. North

PORTO Bello
Ask About Our
All Inclusive
WEDDING PACKAGE
Including Free D.J.,
Hotel Room &
Complimentary
Bottle of Champagne
1710 Vincent Massey Dr. 932-0070

TALENT CONTEST
Sing Along With
LANDMARK
Thurs. - Fri. - Sat.
Enter Our Karaoke Contest
Finals On Nov. 18
$300 Prize
QUINN'S
St. Andrews W.
936-0766

WE'LL HELP PAY YOUR BILLS
by making your business more efficient.
Join the many clients who have profited from our expertise.
Call now for a free initial consulation.
T.A. STEYNOR CONSULTANTS LTD.
7 South Branch Rd.
Cornwall 932-6513

MICHELIN
Because so much is riding on your tires.
go with GUINDON
des gens de chez nous
1300 Pitt St. 933-6763
Apple Hill 527-2844



Entertainment - Special Events & Restaurant Review - By Bud G. Knight

Everything from chess to the introduction of a new sound in the city. That's what this week's meanderings here are all about. We start with the "coming out" of a new band for our area to be called ***PITT STREET TROLLEY.*** The title was inspired by the new mural painted on the building on Second Street. Lead singer and the chief trolley conductor I guess, is Syd Gardiner. The group of five with Ken, Gil, Nelson and Claude have been working on this introduction day for the past year. As the ***TROLLEY*** rolls on you will hear a great mixture of Rhythm and Blues, Light Rock and some Country with good harmony and good humour. So, if you have a wedding or some event in the offing please give ***SYD*** a call at 932-5524 and talk over your entertainment needs. Good luck ***TROLLEYMEN*** and go get 'em.

From the "Old Belt Line" to another great ***LANDMARK*** in our area. How's that for a segue? ***LANDMARK*** is the headlining group for this weekend at ***QUINN'S INN*** at St. Andrews West. They will be playing on Thursday, Friday & Saturday and now ***YOU*** get a chance to "Sing With Landmark" in a talent contest for prizes. Drop by ***QUINN'S*** or call for more info.

The movie fare at Brookdale Cinemas this week spotlights three holdovers with ***COOL RUNNINGS*** starting its 5th smash week in Cinema-One at 7 pm & 9 pm and also the weekend matinee. Starting a 4th week in Cinema-Two is ***DEMOLITION MAN*** at 7 pm - 9:10 pm with the matinee showing ***SECRET GARDEN*** on the weekend. In Cinema-Three, also in week three is ***THE BEVERLY HILLBILLIES*** at 7 pm & 9 pm and the matinee. Next to the stage at Aultsville Hall for the first in the '93-'94 Carousel Concert series. On Saturday November 13th at 2:00 pm it will be ***AL SIMMONS*** in "Something's Fishy at Camp Wiganishie". Al is a multi-talented musician, singer, comedian, magician and inventor. You can catch this wacky guy as he attends pretend camp. Tickets are available at ***LE BOOK STOP*** at 167 Pitt Street or call 537-2540 or 938-3628 for information.

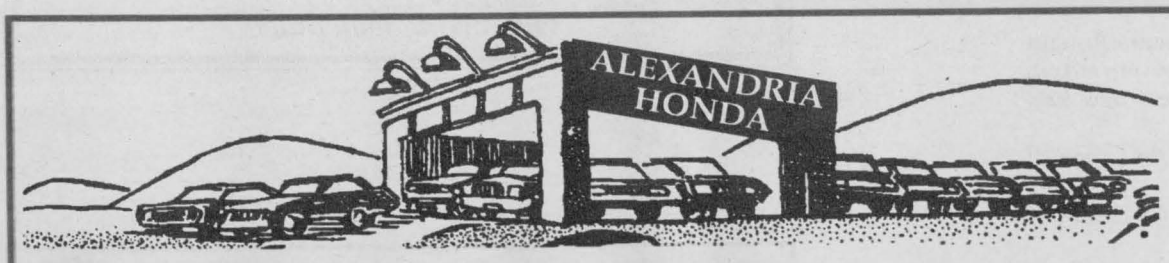
Here is some news about something quite different for Cornwall and area. It's the Cornwall Open Chess Tournament that is an EOCA Grand Prix Event and matches International Masters Alexandre Lesiege and Deen Hergott. The rounds will be held on Saturday November 6th at 9 am, 2 pm and 7 pm and on Sunday at 9 am & 2 pm. Register at the site at ***BEST WESTERN PARKWAY INN*** between 8:30 am and 8:45 pm. If you require more information call Raymond Lacroix at 938-6364.

Some fun things are planned for the next few weeks at ***CHEZ LOUISE*** at 373 Montreal Road. On November 13th it's a Celebrity Talent Showcase from 9 pm - 1 am. Starting on Thursday November 25th it will be ***KARAOKE*** running 4 consecutive Thursdays. There will be $300 up for First Prize as four finalists are selected each week with (12) competing in the grand "sing-off" just before Christmas. ***CHEZ LOUISE*** continues to offer the usual good eatin' specials too, so drop by soon and sample the food and the fun.

Consider yourself warned about getting early tickets for the next great concert at Aultsville Theatre with ***FRANK MILLS*** Christmas Concert on November 26th. This award-winning pianist and composer, accompanied by Cornwall's Centennial Choir, will perform a host of seasonal and audience favourites, including of course, the ever-popular Music Box Dancer. Great seasonal, easy-listening and you can purchase tickets starting Nov. 1st. Tickets and information at Ran-Gal Photofinishing at the Brookdale Mall or call 938-7779. There are several terrific Christmas and Holiday Concerts on the November-December schedule and we will be telling you about them next week. G'Day and G'Knight.

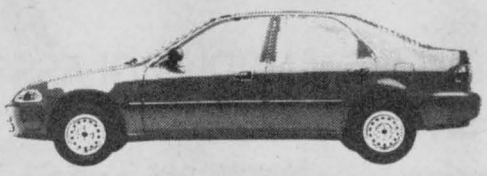
Last Week:

- Eastern Ontario Health Unit reducing work force.
- Locals hopeful Clinton cigarette tax will discourage smuggling.
- Crysler residents protest pullout of community's only bank.
- City officer killed in fiery cruiser, train collision.
- Cornwall's longest running gas war continues.
- Liberals swept back into power.
- Suzanne Legault & Allan Regnier big winners at Cornwall Tennis Club's fifth Glenan Open Singles Tournament.
- Three unidentified bodies found inside burning car near Glen Robertson.
- Martelle sees Kilger's win as boon for city's waterfront development plans & fight against smuggling.
- Toll booth attendant threatened with weapon in smuggling-related incident.
- Boxcar fire started by children still smouldering after two days.
- Hundreds attend funeral of officer Alain Desforges.
- City of Cornwall may have overpaid premiums to Ontario's Workers' Compensation Board for a number of years.
- Cornwall Twnsp. sends letter of concern to Solicitor-General over loss of "free" policing.
- Annual Chamber of Commerce Santa Claus Parade looking for entries.



GARAGE SALE

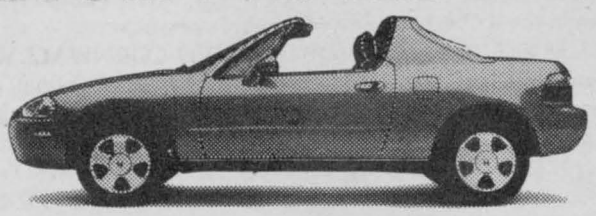
OVER 35 NEW 93's MUST BE SOLD TO MAKE ROOM FOR THE 94's!



CIVIC SEDANS
Starting From $11,495*

ACCORDS Starting From $13,888*





Civic del Sol
Starting From $14,888*

Better Value By A Country Mile

439 MAIN ST. S.
ALEXANDRIA

ALEXANDRIA HONDA

*Freight, Taxes, License, PDI Extra.
See Dealer For Details

5 YEARS WARRANTY 100,000 KM

525-4900
1-800-267-2333

SEAWAY SPORTS

CANADIAN SPORTS

Staffs suffer through hard times as expansion dilutes pitching pool

By Dave Perkins

Where has all the pitching gone?

Specifically, where are all the middle relievers? These guys used to be a dime a dozen.

They weren't quite good enough to start somewhere and didn't have the single big "out" pitch — the Gossage fastball, the Sutter splitfinger or the Righetti slider — to close out games. But everybody had one or two of them.

Now, almost nobody has them. They have become a prized commodity.

To hear the managers tell it — and they harmonize like the Tanglewood choir on this topic — nearly every team in the major leagues could use someone to handle the seventh and eighth innings.

What happened here? Why is there such a shortage of pitchers to do a grunt, unglamourous kind of job? Where did they all go?

"Colorado and Miami," answers Mike Hargrove, the Cleveland manager, who could, by the way, use another good set-up guy if he knew where to get one.

"There's less of a pool of pitchers available. Everybody's looking at retreads. Everybody's trying to plug a hole with someone who's never been successful or they're trying to do it with kids."

Cito Gaston, who could, by the way, use another good set-up guy if he knew where to get one, agrees that expansion is the main culprit.

"There's 20 guys right there taken in the draft and there's another 20 at Triple A (replacing them)," Gaston said.

Young pitchers who should be in the bullpen, learning, are starting games. Veterans who have been released by one team are snapped up by another team to relieve young starters who shouldn't be starting.

At last count, more than 60 pitchers working in the majors had been released by at least one big-league club.

It has all become a particularly vicious cycle.

There isn't enough good pitching, so kids are rushed to the big leagues. The failure rate increases because the young pitchers don't obtain the proper groundwork in the minors. When they fail, more young pitchers are rushed in to take their places.

Think back not so long ago, to the year Jimmy Key broke in with the Blue Jays. The Jays did not rush him. He spent a year in the bullpen, tossing 62 innings in 63 games. (Does anyone remember Key saved 10 games?)

Key learned to pitch from watching, from getting his feet merely wet. But he didn't get dunked in water that was over his head.

"That used to be the way everybody tried to do it," Hargrove said. "That was the Baltimore way when they had all that great pitching. Everybody came in and spent time in the bullpen, learning.

"We tried to do that with Tommy Kramer over here," Hargrove says. "Yeah, he got a month, month and a half in the bullpen, then he went into the rotation."

That is how things have changed. A Jimmy Key got a full year back in 1984. The Indians, theoretically in not so different a position — young, building and perhaps close — from what the Jays were in then, can't afford the luxury of doing the same thing.

Now look at Mike Timlin. Because of his great arm he was fast-tracked to the majors, arriving after only 17 games above Class-A ball.

Eventually, it caught up to him. When he began to struggle, he didn't have the experience to fall back on.

There are a few Mike Timlins out there: Rushed and now reloading.

Without getting all boring with numbers, you should know that the pitching numerals show an almost grotesque dropoff compared to last year.

ERA is up 41 points in the American League and 54 points in the National League.

Or put it this way: The average ERA in the AL last year was 3.94. This year, only one team (Boston) is below that.

In the NL, only Atlanta and Los Angeles are below last year's average of 3.50.

Hits in both leagues have risen to more than one an inning in each league. Walks are up. Home runs are up. Way up; 20 per cent in the AL and 35 per cent in the NL.

NL batters had clobbered 1,504 taters in the first 1,738 games. Last season, they hit 1,262 in the entire 1,944-game season.

The Blue Jays' relative lack of pitching has been a favorite topic in this space for a while now, but the target should be much larger. The Jays are far from the only ones having trouble getting people out.

Clarke Brothers Return

Once again the House-Laughton Hoops Classic will bring together several of the best Canadian university basketball teams in the nation on Friday, November 5 and Saturday November 6 in the Ravens Nest.

The fourth annual tournament will feature the St. Francis Xavier X-Men, defending Canadian Interuniversity Athletic Union (CIAU) champions, and the 1992 CIAU semi-finalist, University of Ottawa Gee Gees.

The tournament will also showcase the Simon Fraser Clansmen from Burnaby, British Columbia, who compete in the National Association of Intercollegiate Athletics (NALA) in the western United States. The Clansmen, arguably with one of the strongest Canadian basketball programs are led by four former Ottawa area high school stars: Steve Anderson, Dave Munro and Sean O'Brien from Sir Robert Borden H.S. and Brian Leonard from Glebe Collegiate. The "homecoming" continues for the X-Men with Brian Lee from Sir Robert Borden H.S. and the Clarke brothers, Michael and Sean, from St. Joseph's H.S. in Cornwall.

The host Carleton University Ravens are targeting an Ontario Universities Athletic Association (OUAA East) playoff spot this year and will be led by OUAA East All Star Taffe Charles who was the nation's seventh leading scorer with 23 points per game.

An added note of interest is X-Men coach Steve Konchalski and Clansmen coach Jay Triano have recently been inducted into the Canadian Basketball Hall of Fame. Konchalski coached and Triano played on the Canadian National Team under former head coach Jack Donohue.

Opening night matchups on November 5 will see the Ottawa Gee Gees battle the Simon Fraser Clansmen with tip-off at 7:05 pm while the Carleton Ravens take on the St. Francis X-Men at 9:05 pm. The final is on Saturday November 6 at 9:05 pm, preceded by the consolation game at 7:05 pm.

Navy Vets Play Doubleheader

The Peewee "B" Royals played out in Kemptville this weekend. They played well in the first 2 periods before the more experienced Kemptville team overcame them in the 3rd bringing the score to 6-0. Cornwall returned the favour and hosted Kemptville on home ice. In town Kemptville met up with a more spirited team. Cornwall notched the first goal by Jeff Greffe but the Royals then fell asleep in the 2nd period which enabled the Kemptville team to capitalize on their scoring chances by scoring four goals.

The Royals came back in the 3rd with Pat Johnson's goal. Kemptville got the last goal with 21 seconds left in the game to bring the score to 5-2 in favour of the visiting team.

CORNWALL COLTS

JR. "A' HOCKEY CLUB

Colts Host Kings & Senators

by Ken McLaughlin
Colts Director of Public Relations

There are five teams in the Robinson Division. Imagine a race that's so close and competitive that a victory could move a team up two places in the standings. That's the situation your Colts are in as the Robinson Division is the most wide-open it's been in years. In a situation like this, the parity makes our fans the big winners, as you are guaranteed an exciting, high tempo hockey match in the best hockey setting in Cornwall, the Water Street Arena.

This week, your Colts play three important games, two against teams from the Robinson Division. Thursday, November 4, the Yzerman Division leading Pembroke Lumber Kings make the long drive south to play at the Water Street Arena in a 7:30 pm start. The Lumber Kings are an improved team and it should be an interesting game as your Colts just played in Pembroke last Sunday. The game is sponsored by Rookie Season Sports Card Shop on Montreal Road. Be sure to buy a program to get in on over $300.00 in prizes.

Friday, November 5, we travel to Hawkesbury to play division rivals the Hawks. Another game that means so much to your Colts as we chase Gloucester, who leads the Robinson Division.

The Ottawa Junior Senators visit the Water Street Arena on Sunday, November 7, for another very important Robinson Division match-up. The Senators have lost the nucleus of their powerful team from last season, but they are still very competitive. Earlier this season, Ottawa defeated Cornwall 4-3 at the Sandy Hill Arena. The Senators will find out that things are very different at the Water Street Arena. This game is also sponsored by Rookie Season Sports Card Shop. Remember Rookie Season and Cornwall Colts means prizes, prizes, and MORE prizes! But only with a lucky program. Get yours as you come in the door.

Be sure to tune in to Rogers Community 11 on Tuesday, November 2, at 8 pm for edition #3 of Colts Talk. We'll be updating you on all the news and important information about Cornwall's Jr. "A" Hockey team. As always, we welcome your calls during this live show. All callers will have a chance at two tickets to our November 4 home game against Pembroke.

With two big home games this week, your Colts are ready to make their move to the top of the C.J.H.L. Fans, plan to attend these games and we'll show you how excitement, atmosphere, value for your money, and support for a local business all combine to bring you the total entertainment package - Colts hockey at the Water Street Arena.

Catch The Exciting ACTION
at the Water Street Arena

NOVEMBER HOME GAMES

THURSDAY NOVEMBER 4 Pembroke Lumber Kings 7:30 pm
Game sponsored by: Rookie Season Sports Card Shop
SUNDAY, NOVEMBER 7 Ottawa Jr. Senators 7:30 pm
Game sponsored by: Rookie Season Sports Card Shop
THURSDAY, NOVEMBER 11 Brockville Braves 7:30 pm
Game sponsored by: Rookie Season Sports Card Shop
TUESDAY, NOVEMBER 16 Smiths Falls Bears 7:30 pm
Game sponsored by: Stereo Plus Audio Video
THURSDAY, NOVEMBER 18 Cumberland Grads
"Si Miller Night" 7:30 pm
Game sponsored by: Rookie Season Sports Card Shop
TUESDAY, NOVEMBER 23 Hawkesbury Hawks 7:30 pm
Game sponsored by: Rookie Season Sports Card Shop

Adults $6 Students/ Seniors $5 Children (12 & under) $1
Tickets On Sale At The Colts Box Office in The Water Street Arena
Mon. 9 am - 5 pm; Tues. (game day) 9 am to game time; Wed. 9 am - 8 pm; Thurs. (game day) 9 am - game time; Fri. 9 am - 5 pm; Sat. 10 am - 3 pm; Sun. (game day) 11 am - game time

PHARMACIE EASTCOURT PHARMACY
1380 Second St. E., Eastcourt Mall
PRESCRIPTIONS DAILY
We Process
Ontario Drug Benefit • Assure Card Ontario Blue Cross
• WCB • Green Shield • Prudential • RX Plus
• DVA • Confederation Life
MON. - SAT.
9:30 am - 9:00 pm
937-0956

CLASSIFIEDS WORK ... TO PLACE YOUR AD
CALL 933-0014
READ THE CLASSIFIEDS WEEKLY

Tri-County Karate
2nd Quarter
(Nov.-Dec.-Jan.)
Winter Registration
Tri-County Karate & Self-Defense
145 Montreal Road (downstairs) , Cornwall 937-1769
REGISTRATION ON NOW.... REGISTRATION ON NOW....
TRI-COUNTY KARATE & SELF DEFENSE
"A Divisional Member of Cleroux Karate Dojos"
Compare these courses & training programs that meet your needs year round.
* Specializing in Juniors & Intermediates – Traditional & Competition Karate for National & Provincial Levels.
* Non-contact Safety oriented.
* Fully equipped (Dojo) Training Facility.
* Nationally Certified Instructors.
* Official Certification for Each Level.
* Tournament Season September - June yearly.
* Positive Atmosphere * Bilingual Instruction.
* Jr. classes are held Tues. & Thurs. 5:30 – 7 p.m. & Saturday 10-12 noon 5 hours a week for $25.00 a month (based on 3 month membership).
* Insured.
* Association fees applicable.
* Ask about specially priced packages available with your new membership.
ALSO AVAILABLE
Professional Afternoon Classes, Women's Self-Defense Programs, Open training throughout the week
HOURS
Mon.-Thurs. 10-10 >>>> Sat. 10-2
Located at
145 Montreal Road (downstairs)
937-1769
"Experience the difference tradition makes"
Bring in top section and receive 10% OFF your membership fees
(New members only)

PRIME TIME SportsCards
Monday, November 1st, 1993
Live Call In With
Thom Racine & Bob Scranton
FANTASY REALM Comics & Cards
ROGERS Community 11

Sub Bay Tie Another On Weekend

On Sunday the Sub Bay Bantam "A" Royals travelled to Hull and had to settle for a 4-4 draw.

Hull opened the scoring at the ten minute mark of the first period but within two minutes Corey McAllister and Jean Greggain gave the Royals a 2-1 lead. Hull came back and got the equalizer at the three minute mark. The tie was short lived when Dan Dupuis and Jean Greggain worked the puck to Travis Young who slapped it over the goaltenders shoulder for a 3-2 lead to end the period.

At the 5 minute mark of the second, Hull tied the game. However, Jamie Herrington made a fast rush down the left side and set up Emanuelle Leo to make it 4-3 for the Royals.

During the third period the Subs were served a two and a five minute penalty and survived having to play two men short for two minutes. With 3 minutes remaining, Hull put a lucky shot past goaltender Shawn Martelock for the tie. And again the Royals were deprived the win with three minutes remaining in the game.

Peewee "A" Royals Lose Games To Fall Behind Pack

Cornwall came up against some tough competition as they played 6 games in 11 days and continued on their losing skid. First they played the Nepean Raiders and came up shorthanded in a 7-0 loss. Cornwall then played the East Ottawa Voyageurs and fell by the score of 8-0. In the third game, the Royals met up with Osgoode-Rideau and once again lost 10-0. Cornwall played in Hull in their next contest and came up short and lost the game 8-0. The Royals finally recorded a goal in Spencerville by Noland Garrow, but still lost by the score of 3-1 in an exhibition match. In the final game of their busy schedule, Cornwall played host to the Cumberland Barons and were defeated 6-0.

The coaching staff would like to remind the players that better things are to come and the best thing to do is remain focused on the game. We have confidence in you and we know your parents do too. You all know it can be done also, so keep working hard and remember dedication to the sport will come from the heart.

Good luck guys, we know you can do it.

The Cornwall Peewee "A" Royals next action is Thursday in Hawkesbury against the Hawks. They will then be attending the Lake Placid Cup from Oct. 29-31 and will be hoping to bring the gold home. Next home action for the Royals is on Wednesday Nov.3rd at 8:20 pm vs Aylmer at the Water Street Arena.

HOLLYWOOD video
SERVICE DEPT.
WE REPAIR ALL MODELS:
VCR'S CD PLAYERS
CAR RADIOS CASSETTE DECKS
CAMCORDERS NINTENDOS
STEREOS AND MORE...
Brian Bogora
Electronic Engineering Technologist
EASTCOURT MALL
1360 SECOND ST. E.
937-0038

Hunt Insurance Bantam "B" Royals

On September 26th, the Royals won 8-7 against Alexandria in an away exhibition game. Jason Leduc had three of the goals and Adam Vachon added a pair. Scoring one each, Nick Dixon, Shawn Labelle and Wayne Disotel. Darryn McPhail had a strong game in net.

On October 3rd, the Royals lost 12-8 against Morrisburg in a home exhibition game. Jason Leduc and Jonathan Pitt scored two, Randy Rogers, Adam Vachon, Shawn Labell and Chad Nixon all had singles.

In another exhibiton game, the Royals lost 5-1 to Long sault. Cornwall scored first with one second left in the first period, but the Long Sault team came out hot scoring three in the second and two in the third period. Cornwall's lone goal was scored by Wayne Disotel.

In a hard fought game, Hunt's tied Morrisburg 7-7, coming back four times to tie the score. The Royals went ahead 7-6 in the third but could not hold on as Morrisburg tied it with 4 minutes to play. Nick Dixon and Jason Leduc scored two while Jonathan Pitt, Chad Nixon and Adam Vachon each had singles. Darryn McPhail and Joel Peterson split the goaltending duties and both played well.

A special thank you to Hunt Insurance for sponsoring the Bantam "B" team from coaches Roger Motard and Mike Bissonnette; manager Gary Vachon; parents and players of the Hunt Insurance Bantam "B" Royals.

par T golf
The Incredible Golf Machine
DON'T BE BORED
Spend Some Time With Your Friends Having Fun ...
• 5 Indoor Golf Simulators
• 12 Famous Courses
• Fully Licensed
• Open 7 Days A Week
OPEN 9 am to 11 pm
• League Play • Driving Range
• Snack Bar • Club Storage
• TOURNAMENTS • FUND RAISING CALL US FOR DETAILS
THIS CHRISTMAS REMEMBER A GIFT CERTIFICATE FOR THE GOLFER!!!!
Pebble Beach
Pinehurst
Beldry
green fee only $21.00
par T golf
The Incredible Golf Machine
341 Balmoral Ave., Cornwall
937-GOLF

Good Start for Kohler Royals

The new-look Cornwall Kohler Royals began the 1993-94 hockey season on a positive note, going 3-0 in exhibition play.

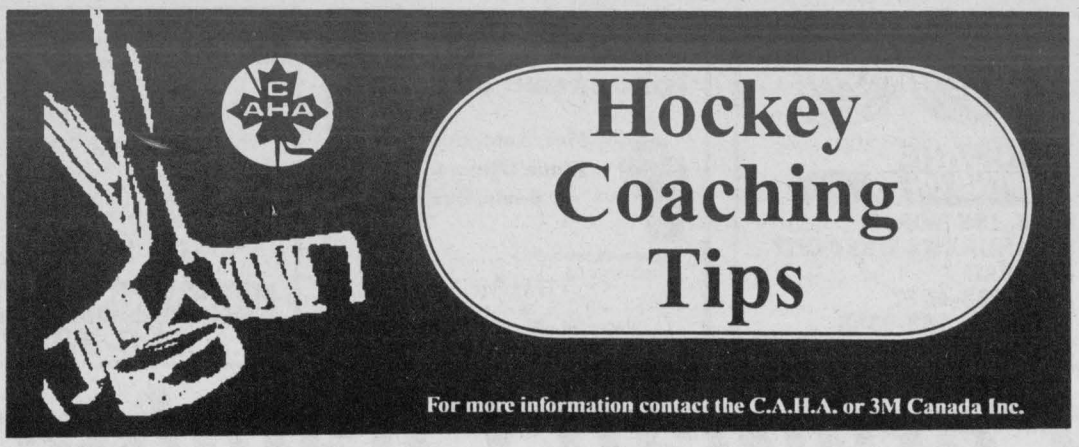
After falling behind 1-0 early in the first period of the regular season opener, Cornwall dropped a high flying South Stormont team 5-2. Stuart Cruickshank, Bill Cooper, Brant Garrow, Troy Sinfield and Patrick Turcotte all notched a goal apiece, with helpers going to Sinfield (1) and Turcott (2). Puck stoppers Chris Kaddie and Bryan O'Shaughnessy were solid between the pipes. Peter Barnett provided the offensive spark for the Flyers, scoring both goals.

The Cornwall team then offered Char-Lan a scoring clinic, beating the Rebels 8-1. Scott Bonneville, Cooper and Garrow each provided single markers, with Sinfield adding two and Turcotte getting the hat-trick. Marc Bernier and Dan Roth both supplied two assists with helpers coming from Cruickshank, Ryan Freeland and Marc Stogaitis. Kaddie and O'Shaughnessy had their shutout bid spoiled when Timothy Owens put Char-Lan on the board with 1:32 remaining in the game.

The Royals coaching and support staff, players and parents would, at this time like to recognize the Kohler Corporation for their considerate and continued contribution to the team.

WANT ADS work WONDERS!
CALL 933-0015
to place your ad

MASSENA TIRE COMPANY
Complete Car Care
All Major & Minor Repairs
20% EXCHANGE ON CAN. FUNDS
CARBURETOR REBUILDS
Electronic Diagnostic Repairs
Hercules/Kelly Tires
Plus All Other Major Brands
Hours: Mon. - Fri. 8 - 5 Sat. 8 - 12
Paul B. Morrow - Tibor V. Bocskor
1-315-769-3829
157 Center St. Massena, N.Y.



Getting Started in Coaching

Is this your first time coaching hockey? Were you recruited to coach on registration day? If so, there is help available.

As a first-time coach, you will have a major influence on your athletes. Not only will you affect the development of their hockey skills and long-term enjoyment of the game, you will also play a role in their development as people. It is important that you have effective resources to guide you through this first season.

The first thing you should do is obtain a copy of the booklet, "Getting Started in Hockey", produced by the Coaching Association of Canada and the Canadian Amateur Hockey Association (CAHA), and sponsored by 3M. Available through the CAHA Resource Centre (1-800-667-CAHA) or your Branch office, this booklet is a valuable resource.

"Getting Started in Hockey" includes the following features to make your first season a successful one:

* five (5) sample practice plans

* checklists to co-ordinate pre-season details, check players' equipment, and maintain your First Aid Kit.

* forms to organize your player directory, medical information and Emergency Action Plan.

* information outlining your role as a coach, and tips to help you communicate with players and parents.

* material devoted to teaching basic hockey skills and Fair Play principles.

To get you started, obtain the following information from your league convenor as soon as possible:

- age range and level of your players
- number and location of practices and games
- insurance considerations
- special rules for your league

While "Getting Started" is an excellent resource, it doesn't replace coaching certification. Ask your Branch about the next National Coaching Certification Program (NCCP) Clinic in your area.

Good luck coach!

Rapids Clash With Titans, Down Golden Knights

Having conceded a 6-3 win to the Ottawa Valley Titans in Richmond, the Seaway Valley Healy Motors Minor "AA" Bantams bounced back in their own backyard, overpowering the Ottawa West Golden Knights 3-1.

Capitalizing on one-sided penalties in the first period, the Titans registered three goals to counterbalance Yves Ruest's solo end-to-ender. Despite Nick Poitras' powerplay goal and Kurt MacDonald's marker in the third frame, the Rapids had to settle for a moral victory.

Halfway through the first period, Pierre Tranchemontagne deked the goalie to open the scoring against the Golden Knights. The Seaway fans were on pins and needles in the second period, as the Knights took advantage of careless give-aways and threatened to take control of the game. Netminder Gerry Goulet saved the day however, blocking close-range shots as well as freezing the puck whenever there was a scramble in his neighbourhood. Nick Grady raised the ante before the period closed.

Though the Knights cut the Rapid's lead to one goal and desperately attempted to muscle their way to a tie, Tranchemontagne neatly tucked in the insurance goal in a third period marred by a plethora of roughing penalties.

CJHL
CENTRAL JUNIOR "A" HOCKEY LEAGUE

STATISTICS AS OF OCTOBER 25, 1993

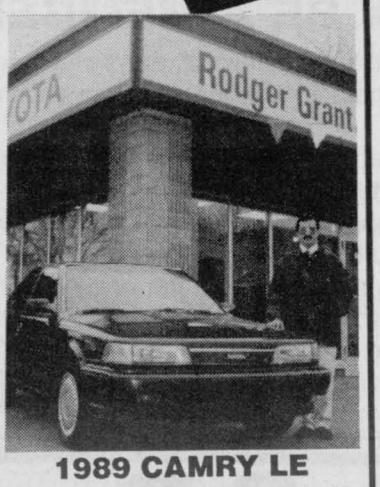
Standings	GP	W	L	T	GF	GA	PTS	BP
Robinson Div.								
Gloucester	13	9	3	1	92	54	19	-
Hawkesbury	14	5	8	1	68	64	12	1
Cornwall	12	5	6	1	61	65	11	-
Cumberland	13	5	7	1	67	85	11	-
Ottawa	15	4	9	2	61	74	11	1
Yzerman Div.								
Pembroke	15	10	5	0	89	65	20	-
Kanata	14	8	5	1	77	70	18	1
Smiths Falls	11	7	3	1	50	48	16	1
Nepean	14	7	7	0	69	90	14	-
Brockville	13	3	10	0	57	76	9	3

BP-Bonus Points

Game Scores -Oct. 18 - Oct. 24

19/10	Pem	4	at	Nep 3
20/10	Kan	5	at	Ott 4
21/10	Haw	1	at	Kan 3
	Nep	6	at	Cor 5
22/10	Cor	3	at	Glo 5
	Cum	8	at	Bro 6
	Ott	5	at	Haw 3
	Pem	4	at	SF 5
23/10	Nep	9	at	Cum 5
24/10	Bro	2	at	SF 5
	Ott	1	at	Pem 4
	Cum	5	at	Nep 7
	Haw	5	at	Glo 3

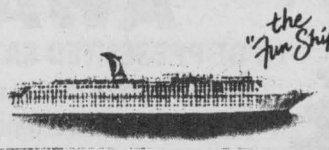

"I will work harder to earn your business than any other salesman"
Michael J. Stiles
Call me at 933-3000
CORNWALL MOTOR SALES
Brookdale at the 401

THE TRUST STARTS HERE!!


1989 CAMRY LE
V6, auto., privacy glass, loaded
$9,995
RODGER GRANT TOYOTA
353 Pitt (at Fourth)
932-1106

MARLIN ORCHARDS & GARDEN CENTRE
Apples Apples Apples
Fresh Apple Cider
Homemade Style Jams - Jellies - Pickles
Lots of Christmas Gift Ideas For The Gardener
Gift Certificates Always Available
Open 7 Days A Week 9 - 5
Hwy 2 - Just East of Cornwall 931-1213

ALGONQUIN TRAVEL EXCLUSIVE

SURPRISE
ONE DAY CRUISE SALE!


SAVE UP TO $1,000. PER CABIN
7 DAY CRUISES
Regular from $1024 US with Air
Carnival
THE MOST POPULAR CRUISE LINE IN THE WORLD!
Saturday November 6th
call
ALGONQUIN TRAVEL
Cornwall Square 938-6260
YOUR BEST ALL-INCLUSIVE VACATION VALUE!


IT'S A WINNER IN THE OUTBACK. AND OUT FRONT.

The car above is a Hyundai Elantra. It won the Australian Rally* two years in a ro-outclassing all showroom stock competitors.
The car below is also a Hyundai Elantra. It/s a winner in styling, performance and value, also outclassing all competitors.
For 1994, the Hyundai Elantra GLS family sedan sets new standards in quality and value; front to back, inside and out. The Elantra is a winner. From a roomy, ergonomically styled interior, wrapped up in a sleek, redesigned body, to the latest safety features such as a driver's side airbag and available anti-lock brakes. And it's powered by a 124 HP, 16-galve DOHC engine.
The new Hyundai Elantra is backed by our comprehensive 24 Hour Roadside Assistance Program and one of the best warranties in the business.
So visit you nearest Huundai dealer and see just why the 1994 Elantra outclasses the competition.
Outback or out front.
HYUNDAI
Where The Smart Money Goes.
*Team Australia Elantra has been a Group N Showroom Stock category double class winner 1991 and 1992 in the Australian event in the World Rally Championship.
Gregoire Hyundai
628 Pitt Street, Cornwall 936-6660

FIBEREZ Bathware
235 Saunders Dr.
Cornwall,
933-3525

CMS Gee
CORNWALL
MOTOR SALES
(1989) LTD.
Brookdale Ave. & Hwy. 401
933-3000
A Booster of Cornwall

IGG
PROPANE
DEPEND ON US
HWY. 138 NORTH
ST. ANDREWS WEST ONT.
KOC 2AO
(613) 933-4877
FAX (613) 933-9363
1-800-665-9882

McCosham
Insurance Brokers
Fire, Auto, Commercial,
Home Owners, Tenants,
Boats, Business
YOUR INSURANCE BROKER UNDERSTANDS
JIM MCCOSHAM
21 Water St. W., Cornwall, Ont.
932-5430

Canpage Communications Ltd.
· 24 Hour Telephone
Answering Services
· Pagers
· Voice Mail
· Alarm Monitoring
FIRST MONTH FREE!
938-3867

SOLUTIONS
"Targeting Your Employment Needs"
• Temporary and Permanent
• Office, Industrial & Professional
• Human Resource Services
1170 Pitt St., Ste. 2
Cornwall 936-2728

Cornwall Chamber of Commerce ... Update

Help Save Our Environment
Friends of the
Environment Foundation
Canada Trust
THE HOME OF FRIENDLY SERVICE
CORNWALL SQUARE 933-1433

Proud to Be a Member
of
The Chamber of Commerce
Brookshell
... the dealership where the customer is the BOSS!
PONTIAC BUICK GMC
Corner of 13th & Brookdale 932-1724

THE
Great-West Life
ASSURANCE COMPANY
14 3rd. St., E. Cornwall 932-3137
Gailand Poapst CLU, Ch.F.C.
Mark McDermid
John Millard
Jonathan Oxley CLU
Mario Lalonde
Robert Leger
Suzanne Quenneville
Mary Hume

Cake
Decorator's
Paradise
Renald & Helene Bombardier
owners
369 11th Street East
936-2310

MAYNARDS
your INDEPENDENT GROCER
NOW AVAILABLE
√ Post Office √ Banking Machine
Shop Maynards and Find Out Why
People Are Changing Supermarkets
9th & Pitt St., Cornwall

Cornwall Chamber of Commerce
EST 1890
COMMITTED TO PROGRESS

CORNWALL'S
CITIZEN
OF THE YEAR
AWARD
TO BE PRESENTED SATURDAY JAN. 22/94
At the Cornwall Chamber of Commerce
Business Excellence Award Dinner

Do you know someone who has enriched our lives by performing outstanding services to the community?

Forward his or her name with your sealed submission no later than 5:00 pm Friday January 7, 1994 to:
"Citizen of the Year Committee"
P.O. Box 338
Cornwall, Ont.
or
Deliver to:
Cornwall Chamber of Commerce
132 Second St. East, Cornwall
For more information phone
933-4004

Sixth Annual Business Excellence Awards Evening Featuring the 22nd Citizen of the Year Award

The Annual Business Excellence Awards evening is coming up fast and preparations are well underway.

The Chamber of Commerce presents these prestigious Awards of Excellence to recognize private business and industry in Cornwall and area, which are deserving of special attention for their continued business excellence and achievements in 1993.

Activities of recognition are left to your discretion, but to assist you with your selection process a listing of suggested criteria is available at our office.

The Awards will be presented in the following six classifications:

- Small Business of the Year
- Executive of the Year
- Salesperson of the Year
- Industry of the Year
- Business of the Year
- New Entrepreneur of the Year

The winners of these outstanding awards will be announced at the Annual Business Excellence dinner scheduled for January 22, 1994. Nomination forms are available at the Chamber office.

Deadline for submissions is January 7th, 1994.

WHY BE A MEMBER OF THE CHAMBER?

- the Chamber of Commerce will lobby municipal, provincial or federal governments on behalf of Chamber members.
- the Chamber will include pertinent information about your business in the Chamber of Commerce Membership Directory and Buyer's Guide
- the Chamber will provide valuable networking opportunities through seminars and breakfast/luncheon meetings with fellow Chamber members and business associates.
- the Chamber will provide the opportunity for you to contribute to a multitude of business-oriented committees within the community.
- the Chamber will offer substantial member discounts at such prestigious events as the Annual Home and Trade Show; last year's show sparked $5 million dollars in retail sales in the local economy.
- the Chamber mandate is to promote and sponsor programs to improve the economic and business affairs of our community. Your membership dollars enable us to do this.

933-4004

BUYING - OR - SELLING


Rick Shaver


Bill Snelgrove


Arlene Hulls


Bill Doherty

See the Seaway News before you purchase any advertising.
With a circulation over 30,000 we can deliver your sales message to your market.

SEAWAY NEWS 933-0014
Chamber Member Since 1985

Canadian Tire Associate Store
JOHN R. BARJAROW LIMITED
7 NINTH STREET EAST, CORNWALL, ONT. K6H 6R3
(613) 933-0592
• AUTOMOTIVE • SPORTING GOODS
• HARDWARE • HOUSEWARES

John D. WARNER INSURANCE BROKERS INC
HOME - BUSINESS - AUTO
"OLD FASHIONED" SERVICE
Special rates
for non smokers & for non-drinkers
932-7210
230 Sydney St., Cornwall

CORNWALL ELECTRIC
"Customer Service is our Priority"
1001 Sydney St.
932-0123

SEARS
Expect more from Sears
Cornwall Square
938-9305

Di Girolamo
Builders' Supplies
• Drywall
• Insulation
• Roofing Materials
• Brick & Stone
• Landscape Products & Accessories
423 TOLLGATE RD. W.
937-0335

VISITOR INFORMATION CENTRE SUMMARY REPORT

The Cornwall Chamber of Commerce Visitor Information Centre had a very successful 1993 summer season!

For the period July 1st - September 3, 1993 the Visitor Information Centre served in excess of 1735 visitors from Cornwall and around the world.

The tourism staff provided resource information on community and area attractions; special events; accommodations; restaurants; and tourism related businesses. Promotional material was received from 141 tourism related businesses/event organizers within the City of Cornwall and the United Counties of Stormont, Dundas and Glengarry.

The Chamber of Commerce worked in cooperation with tourism partners in areas of advertising, tourism ambassador training, program sponsorship and brochure development.

Establishing the Visitor Information Centre was a number one tourism action plan priority to serve the tourism industry in Cornwall and area. It has served to increase public awareness and civic pride in our community, to enhance the profile of the Cornwall and area tourism industry and most importantly, to provide opportunity for economic growth.

A special thank you to all who participated, and the many associations and members of the tourism industry who helped make the first season of the Visitor Information Centre a success.

See you next year!

The Cornwall Chamber of Commerce Nominations for 1993/1994.

The Chamber Elections are approaching fast. Here is the list of Nominees for the Board of Directors to-date:

Mike Boudreault, Domtar Fine Papers
Keith Clingen, Tri-Co Broadcasting
Dana Conley, Maynard's YIG
Caroline Dexter, CFI
Donna Flanigan, Ferns Travel Agency
Thomas Heslop, Bank of Montreal
Brian Hunt, Hunt Insurance Brokers
Ray Jette, Poirier Furniture
Brian Ladas, Ladas' YIG
Robert Lefebvre, Royal Bank
Bruce Maynard, Maynard's YIG
Alain Miroux, Parkway Inn
Gerry Owen, Canada Trust
Andre Pommier, Pommier Jewellers
Lucille Ricci, Brookshell Pontiac Buick
Rick Shaver, Seaway Shopping News
Michael Sullivan, Bank of Nova Scotia
Karen Symes, The Sign Factory
Robert Winn, Cornwall Electric

The official ballot will be mailed to all Chamber members November 1st, 1993. The deadline date for ballots is November 26th, 1993 at 5:00 pm. Please note that faxes will not be accepted.

Don't forget to vote!

Furniture Plus
A Member of The Cornwall Chamber of Commerce
CAMERON'S FURNITURE
3050 Pitt St. 932-2751

Proud to be supporting our Community.

✓ SATELLITES
✓ HOME STEREO
✓ TELEVISIONS
✓ ANTENNAS
✓ SALES & SERVICE
SHONIKER ELECTRONICS
514 Pitt St. 933-3440

CORNWALL LOCK & ALARM
· RESIDENTIAL & COMMERCIAL
· HARDWIRE & WIRELESS
· STATE-OF-THE-ART LOCAL MONITORING
· SALES, SERVICE, LEASING
QUALITY PRODUCTS
· DSC · SUR-GARD
NAPCO · AREX
FREE ESTIMATES 527 Pitt St. 936-2356

LONGEVITY ACRYLICS INC
R.R. 1 SUMMERSTOWN, ONT.
(613) 931-1615



Santa Claus Parade Confirmed

Planning for this year's Santa Claus Parade is well under way, and arrangements with the jolly old man from the North Pole have been confirmed for Sunday, November 14th, 1993.

The parade will start at 1:00 p.m. from the east parking lot of the Cornwall Civic Complex and finish at the Royal Canadian Legion on Second Street. The parade will reach the Legion at approximately 2:00 p.m.

Santa Claus Parade Kits are now available at the Chamber office. Have you or your business colleagues considered participating this year? Call Janice Peters of Chris Charlebois for more information at 933-4004.

Seaway Telecom Ltd.
Your local UNITEL representative.
Saving you money on your LONG DISTANCE CALLS.
Call us for a telephone estimate of your LONG DISTANCE SAVINGS!
937-3036

HOWARD SMITH CREDIT UNION LTD.
2 Branches to Serve You
321 2nd St. W.
CORNWALL 932-7350
Shopping Plaza
LONG SAULT 534-8381

ARS VitalAire
Madelaine Blondin
Certified Mastectomy & Surgical Garment Fitter
127 Augustus St. 938-1116

√ RESIDENTIAL
√ COMMERCIAL
√ INDUSTRIAL
The Lowest Cost Monitoring Available
STROBE SECURITY SYSTEMS
Bob Hart 534-8134

Salon Funéraire Ltée
BOULERICE Funeral Home Ltd.
serving & caring since 1954
218 Montreal Rd. 932-5455

SEAWAY BARGAIN MART

DEADLINE
Thursday 4 pm
933-0015
NOTE: Late ads (if taken) will be placed at the end of the classified section)

CLASSIFIED ADVERTISING RATES
PHONE: 933-0015
Classified Advertising (G.S.T. included)
CASH RATES
- $7.00/ wk 24 words or less, (21¢ each additional word).
- $12.00/ 2 wks. 24 words or less, (19¢ each additional word).

DEADLINE: - Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occured, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisment.

NOTE TO CLASSIFIED ADVERTISERS
Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 25 words or less and enclose $24.00 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 25 word, 19¢ per additional word. Mail to Companions' Corner, Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8. Mail pick up, no charge. Mailed replies: $5.00

For Readers: to respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

35 YR. OLD GENTLEMAN likes quiet but playful lifestyle. Seeks secure woman 30-40 yrs. for companion & possible long term relationship. CC 1502.

ATTRACTIVE, unattached, full-figured lady, 50ish, varied interests, good values, honest, non-smoker looking for unattached gentleman, 5'10" min., 50-60 for friendship & committed relationship. Also a non-smoker. Serious replies only. CC 1498.

CC 1482 & CC 1493, please arrange to pick up your mail.

COMPANION/ roommate wanted by senior female, 70's. Seeking compatible, clean, gentleman to share apt. $250 per mos. + half of utilities. CC 1507.

HONEST, GOOD LOOKING MALE, 20. Non drinker, non smoker, still at home. Looking for someone special age 16 to 25. Photo please. CC 1503.

I AM AN ATTRACTIVE, European, blue-eyed brunette, single, mid-thirties, looking to be that "special someone" in your life. I have a great sense of humour and find life on this earth much too short. I'm looking to meet a single, stable gentleman, mid-thirties to fifties who is out to have a life full of fun and fulfillment. Send me a note and a picture & let the fun begin. CC 1501.

ROMANTIC, intellectual, physically active, 45, non-smoker, male, varied interests, simple & sophisticated, seeks a loveable lady confidante slim/medium build for companionship, friendship, adventure. CC 1499.

SENIOR LADY looking for line-in companion/friend. Own bedroom & use of kitchen facilities. Seniors need only apply. CC 1506.

SINGLE MALE, early thirties, attractive, quiet & away from the bar scene. Looking for female w/similar qualities & one who wants a good, honest relationship for a change. Photo & phone number appreciated. CC 1500.

SINGLE MALE enjoys dancing, nature, sports. Seeks lady with similar interests. All letters answered. Photo appreciated. CC 1504.

SINGLE, open-minded, hazel eyed, free spirited female looking for friendship and/or relationship with same. Phone number and photo appreciated. CC 1505.

1 NOVENAS

PRAYER TO THE BLESSED VIRGIN (Never known to fail). Oh, most beautiful flower of Mt. Carmel, fruitful vine splendor of Heaven, Blessed Mother of the son of God, Immaculate Virgin, assist me in my necessity. Oh, Star of the Sea, help and show me, herein you are my Mother. Oh, Holy Mary, Mother of God, Queen of Heaven and Earth! I humbly beseech you from the bottom of my heart to succor me in this necessity. There are none who can withstand your power. Oh, show me herein you are, my Mother. Oh Mary, conceived without sin, pray for us who have recourse in thee (3x). Holy Mother, I place this cause in your hands (3x). Holy Spirit, you who solve all problems, light all roads so that I can obtain my goal. You who gave me the divine gift to forgive and forget all evil against me and that in all instances, in my life, you are with me, I want in this short prayer to thank you for all things as I confirm once again that I never want to be separated from you in eternal glory. Thank you for your mercy towards me & mine. The Person must say this prayer 3 consecutive days. After 3 consecutive days, the request will be granted. This prayer must be published after the favour is granted. M.W.

THANK YOU ST. JUDE for favour received. P.S.

ST. JUDE NOVENA. May the Sacred Heart of Jesus be adored, glorified, loved and preserved through the world now and forever. Sacred Heart of Jesus, pray for us. St. Jude, Worker of the Miracles, pray for us. St. Jude, Heart of the Hopeless, pray for us. Say this prayer 9 times a day for 9 days. By the 8th day your prayer will be answered. Publication must be promised. Thank you to St. Jude. S.L.

2 APTS/ CONDOS FOR RENT

1 BDRM. APT. avail. Nov. 1. Fridge & stove incl. All util. paid. Parking. Quiet area. Close to bus & shopping. 936-2508.

1 BDRM. FOR LEASE. Central. Close to all ammenities. Ample parking. references required. Leave msg. 932-8588.

1000 SQ.FT. Large 2 bdrm. apt. Whirlpool, close to downtown, laundry room, fridge, stove & all utilities incl. $575 mo. Avail. Dec. 1/93 or Jan. 1/94. Ph: 938-8888.

2 BDRM. APT. on Alice St. Large living room & kitchen. Parking. Avail. immed. 932-2135.

AVAIL. DEC. 1st. 2 bdrm. upstairs apt. $550/mos. incl. util. Close to college. 938-1684 or 937-3705 leave msg.

AVAIL. IMMED. 1 or 2 bdrm. apts. $325-$430/mos. + util. Fridge, stove, parking incl. Call for app't after 6 pm 931-3374/931-2594.

AVAIL. NOV. 1 2 bdrm. upstairs apt. Renovations done. New energy efficient gas furnace. Fridge & stove. Close to bus, shopping, schools. $400/mos. + util. Quiet mature couple preferred. No pets or parking. 933-3022 leave msg.

CONVENIENCE STORE+ 1 bdrm. apt., 1300 Montreal Rd., $590/mo. incl. heat. 938-6165.

OVER 150
FRIDGES - STOVES
WASHERS - DRYERS
TO CHOOSE FROM
ALL PRICED TO GO
Guaranteed Lowest Prices
We'll meet or beat any written estimate.
The Oldest Established Dealer in Cornwall



GERARDS USED FURNITURE & APPLIANCES
Mon. - Fri. 9-6
Saturday 9-5
427 4th St. W. Cornwall
936-9300

BRIGHT, MODERN, CLEAN. 1 & 2 bdrm. apts. in small building; convenient, quiet, pollution free location. Coin-operated laundry, locker space & parking. Very reasonable rents. 931-2633.

CLEAN 1, 2 & 3 BDRM. APT.S First & last months rent required. Ph: 932-6386.

FURNISHED 2 BDRM. APT. 4 pc. bath, carpeted, private entrance, parking, electric heat. Utilities paid. $460 a month. Avail. now. Call 938-0456.

JUST RE-DECORATED, 2 bdrm. upstairs apt. Private parking. Heat & electricity paid. $500/mo. Avail. Dec. 1/93. Call 933-8204 before 9 pm.

SENIORS 10% DISCOUNT. 1 bdrm., fridge, stove, heat, lights, air cond., incl. Laundry facilities. Security building, central location. Ph. 938-2576 between 9 - 5 p.m., Mon. - Fri.

SEVENTH ST. WEST AREA. Nice small one bdrm. apt. Suitable for student or single person. Fridge & stove supplied. $350/mos. plus utilities. Avail. Dec. 1/93. Ph: 1-673-2514.

TWO 2-BDRM. APTS. Freshly painted, parking. Avail. Nov. 1st. Alice St. location. $350 & $375/mos., pay own util. Call Mon.-Fri., 9-5 pm. 938-2576.

4 YARD/GARAGE SALES

315 HOOPLE AVE., Saturday Nov. 6 (10-3). Fridge, stove, iron bedstead, dresser, household items and tools.

Published weekly and distributed by Seaway Shopping News Ltd., 329-2nd St. W., Cornwall K6J 1G8. The Publisher will not be responsible for any errors in any advertisement after one insertion.

Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

There shall be no liability for non-insertion of an advertisement beyond the amount paid for such advertisement.

The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area
Locally Owned

You were spotted shopping at LOEB CLUB PLUS™ Seaway. You're a winner!

WIN
A LOEB Pizza
Large, Deluxe
14"
Regular Crust



YOU'RE A WINNER

Check this week's photo. If you are in one of these photos, clip out this ad and bring it to the Ready Wall at LOEB CLUB PLUS™ at 1400 Vincent Massey Drive. You will receive a LOEB Pizza, Large, Deluxe, 14" Regular Crust compliments of LOEB CLUB PLUS™ and Seaway News.
Open Mon. - Sat.
8 a.m. - 10 p.m.

CLUB plus™ LOEB Seaway

5 ARTICLES FOR SALE

16 CU.FT. HOTPOINT FRIDGE, almond, 3 yrs. old. Asking $375. Ph. before 8:30 pm 933-8204.

1980 OLDSMOBILE SEDAN. Good winter car (as is), $600. 1 serger sewing machine, 4 thread, $250. Call 543-3244.

1987 FORD, 16 hp tractor, 42" cut lawn mower and snow blower, plus trailer, with cab. PH: 938-0298. $1800 neg.

28" GOLD STOVE. 2 pc. sectional couch. Chrome table w/4 chairs. Six drawer dresser. Ph: 931-2338.

8" TABLE SAW w/out motor; paint shaker; 5x6 thermo picture window; snow plough blade for ATV; hospital bed; dressers; ladies 3 wheel bicycle; white storm doors; velour couch & rocker; small boat; 8' fluorescent light; Ford van rotors; 231 V6 heads; Doc Martin shoes, size 5. 938-7267.

ALPINE PULL OUT CASS. DECK W/CD Cont. Stereo. Alpine 2 ch. 60 watt amplifier. 2 Alpine 6x9, 3 way speakers. Almost like new, only 8 months old. Legit sale. Reasonable price, must sell. Cally anytime 932-0459. If not home, leave a message.

ANTIQUE ELECT. 1 PC. STOVE incl. oven. Asking $100. To view: 417 Water St. W. 933-1065.

APPLIANCE BLOW OUT! Super clean. Written warranty. Every day low prices. 2 dr. fridges, $195 up. Large stoves, $145 up. Large washers, $145 up. Large dryers, $95 up. Colour TV's, $95 up. Also couches, beds, tables & other furniture. Akar's Used Appliance, TV-Furniture. 12-6th St. East. 938-1355.

BEES WAX CANDLES, ceramics, gold, jewellery, crafts & much more at Bonville Flea Market, every Sunday from 10 am to 5 pm. Booths available. 937-FLEA.

CHALEREAUX AIR-TIGHT WOODSTOVE w/blower & pipes, $400. 6 yr. old Coleman heat-pump. Make an offer. Reason: converting to gas. 938-9292.

CLOSE OUT SALE! Silk flowers & plants. Baskets & containers. Glass display cabinets. Trellis, etc. Make an offer. Everything goes. Call 938-4865.

MOM'S FLEA MARKET
NEW MERCHANDISE ONLY
Toys - Games
Hunting & Fishing Equip.
Household Items
Lots of Stocking Stuffers
Be Sure To Enter Our Monthly Draw
SEE YOU SOON!!
166 Montreal Road
933-9407

COMPUTERS IBM COMPATIBLES. Bought, sold, rented. Complete systems: XT/$500, 286/$775, 386/$814, 486/$976. Programs, $2.50/disk. Blank disks, 45¢ each. Deal with the owner. Dealers welcome. By appointment please. Crazy Horse, 1247-2nd St. West. 932-6343.

CONTEMPORARY SOFA & CHAIR, grey, excellent condition. Paid $1000, asking $550. 2 yrs. old. 1216 Queen St. or 932-8857.

DOLLS. DOLLS. DOLLS. Porcelain dolls starting at $34.95 and up. Also medium & large-size metal doll stands & many other dolls available at Mrs. G's Dollhouse Shoppe, 407 Water Street East. 936-8088.

EARLY BIRD SPECIAL. 18 compartment, well constructed Purple Martin houses for the bird lover on your gift list. 932-8902.

ELECT. F.A. FURNACE w/plenum. Utility trailer, 4x6, as is. 537-2986.

FREE PICK UP of unwanted fridges, stoves, washers, dryers, freezers, colour TV's or furniture for recycling (depending on model & location). 932-8023.

FRIDGE, $50; stove $50; table w/4 chairs $50; 5 pc. sectional couch, $200, brown velour; hand held cellular phone $175; table saw $125; Yorx 2001 gym set $175. Call 938-8888.

FROST FREE FRIDGE. 600 watt generator. 78 Ford camper van, fully equipped. 85 Chrysler Fifth Ave. Metal detector. Call 984-2626.

GOALIE PADS 31" leg, (D & R), $175 or B.O. Nintendo machine, 8 games, Genie, SNES, 5 games, boxes, booklets, incl. Beaver's outfit, large, $10. Ph: 347-1815.

HEAVY DUTY WASHER and 2 dryers. Call after 5 pm at 931-2423 or 932-3520.

HOT POINT FILTRA PLUS built-in dishwasher. Color panels. White/almond. 2 wash settings, regular and pots & pans. 3 yrs. old. Like new. $300. After 5 pm 937-4732.

LONG BLACK PERSIAN LAMB COAT w/dark grey mink collar. (size 18) $200. Ph: 932-6153.

LOOKING TO REMODEL, repair or build new. Electrical, plumbing and painting. Call J.L. Construction for all your needs. Big or small. Free estimates. 933-9898.

MOVING BOXES & moving supplies for sale. St. John's Transfer, 725 Boundary Road. 933-1492.

"RAILROAD TIES" ideal for flower beds, garden plots, driveways, posts, etc. 8' lengths, $3 each. Switch ties also available. 2 miles north of Harrison's Corners on Avonmore Rd. 346-5574.

SEALY POSTURPEDIC electric adjustable single bed w/massage. Like new. Paid $1600, asking $900. 933-0281.

SLIPPERS FOR SALE. Women & men/ $4.00. Children & babies/ $3.00. 836 York St., Cornwall anytime or phone 932-8225.

VILLAGE HOBBY & TROPHY SHOP has dart supplies & acces. Dart cabinets w/your name engraved on it. 335 Montreal Rd. 936-0176.

WATER DISTILLER REPAIRS. Keep this ad for future reference. Ph: 931-1432.

WE PAY THE GST & PST on all dollhouse kits (in-store merchandise only) until Sat. Nov. 6th at Mrs. G's Dollhouse Shoppe, 407 Water St. East. 936-8088.

WEDDING DRESS, size 10. Never worn or altered. Paid $500. Asking B.O. Ph: 933-7026.

WOODSTOVE "ACORN RANGER" AIRTIGHT with fan, $350. 2 sets of skis with bindings, 160 cm & 150 cm, $50 each. Ladies ski boots, size 7, $25. Child's Cooper helmet with Itech, $25. Call 938-8954.

6 ARTICLES WANTED

BUSHIDO KARATE CLUB. Needs used karate GI's, all sizes required. Also needs gloves, headgear, kicks, pads. Call 938-2220 evenings.

TOP DOLLAR paid for your fridges & stove depending on make, model & condition. 936-9330.

WANTED: to lease idle lands within 20 miles of Cornwall for tree plantations. Call Domtar Forestry Services at 938-4664 (Cornwall).

8-FLEA MARKETS

BONVILLE FLEA MARKET
OPEN SUN. 10 a.m. - 4 p.m.
Hwy. 138 at Bonville
Vendors Welcome
937-FLEA

9 FARMERS MARKETS

WOOD SPLITTER FOR RENT. Perfect working cond. $45/day. Min. delivery charge. Call Ray or Sue at 931-2105.

13 AUTOS FOR SALE

1975 CHEV 1 TON CAB & chassis, body completely redone, $1650. 1973 GMC 5 ton 2-car carrier. Runs & works well, $5500. 1980 GMC 1/2 ton, new body & paint. 1 owner. $3250 safetied. Larry at 534-2096 before 5 pm or 534-2626 after 5 pm.

1984 ACADIAN SCOOTER. Standard. Good cond. Asking $1200. Certified or B.O. Call 932-1198.

87 PONY, 4 spd. $1000 or B.O. Certified. 932-6656.

1986 FORD TAURUS GL, 4 cyl., 115,000 kms. Asking $2400. Ph: 930-9359.

1988 FORD MUSTANG LX. 5.0, 4 spd., auto. Pioneer stereo. Asking $7500 safetied. 936-6966.

1990 FORD TEMPO. 4 cyl., auto., 4 dr., 56,000 kms. Still on warranty. $5500 or B.O. or would trade down for car or truck & cash. After 2 pm 932-7147.

83 TOYOTA TERCEL, $1250 certified. 528-4476.

87 PONY, auto. $1850 certified. 528-4858.

1992 FORD TAURUS GL, 4 dr., 3.8L, V6, auto., cruise control, air cond., Premium JBL stereo system, power windows and door locks, 4 wheel ABS brakes, driver and passenger air bags, 15" aluminum wheels, 6 way power drivers seat, remote fuel and trunk release, power outside mirrors, 140,000 kms. Asking $11,000. Call 984-2881.

CLASSIFIEDS WORK
CALL 933-0014

SEAWAY NEWS
PROFESSIONAL GUIDE

AESTHETICS
Pedicures, Tips
Make-up, Waxing,
Aromatheraphy
... by appointment only ...
Products by Laboratoire Dr. Renaud
"November Special"
Free Manicure With Facial including vial & peeling
Gift certificates avail.
SUE'S AESTHETIC BOUTIQUE
113 Augustus **936-9374**
"for that gentle & prof. touch"
Sue Newton R.E., R.N.A.
w/footcare course

CHIMNEY SERVICE
Have you checked your chimney/fireplace lately?
Need repairs? Broken flue?
Bad flashing? Cleaning?
Free Estimate
J.R. RESTORATIONS
938-1465

DAY CARE
TRINITY DAY CARE
is now accepting
Winter Registrations,
ages 2 - 5 yrs.
Licensed, qualified teachers w/a knowledge of sign language.
Subsidizing also available.
Non-denominational
105-2nd St. West, Cornwall
936-0847

FLOWERS/ FRUIT BASKETS
Fresh & Silk flowers for any occasion.
Fruit & Gourmet baskets for home, hospital & business gifts.
Wedding Specialists.
BARBARA'S FLOWER BOUTIQUE
213 Cumberland
933-5902

HAIR STYLIST
DONNA'S HAIR STYLING
In the comfort of your home or mine. Qualified hairstylist, professional products, reasonable prices. By appointment only, Mon.-Fri.
Ph: 938-3760

KARATE
Setting the standards
* (trad. & compet. style)
* Chito Shin Kai Karate
* Nat. Certified Instructors
* Fully Equipped - 2500 sq. Dojo
* Est. 1989 and 24 yrs. exp.
* Course: Jrs., Ints., Srs.
* Traditional quality guaranteed
TRI-COUNTY KARATE & SELF DEFENSE
145 Montreal Road
"With Your Best Interests At Heart"
937-1769

LOG HOMES
GENERAL LOG HOMES & Solar Electric Products
Kiln-Dried Quality
Pre-Cut /Lifetime Warranty
Save $$$ During Our "Time is Money Sale"
Free Delivery & Presorting
Call now
613-575-2277
Mon.-Sat. 9:00 am - 9:00 pm
Authorized Kuhns Bros. Builder/Dealer

MASONRY
LYN'S RENOVATIONS
All foundation repairs: cracks, weeping tile, pardging.
Interlocking bricks.
Sidewalks.
Roofing. Vinyl siding & windows.
Work guaranteed.
Free estimate.
10% discount
Call John 936-8482

NURSERY SCHOOL
CHILD'S PLACE
is now accepting registrations Qualified staff provide a stimulating child-centred program full of arts and crafts, stories, music activities and creative learning. Visit our centre at **412 5th St. East** or call **933-1910** to see the quality of care we provide.

PLASTERING
J.R. PLASTERING
Experienced in plastering, drywall and painting.
Free estimates.
Call J.R. **525-0112**

PRESSURE CLEANING
"Under New Management"
CANADIAN RESTORATION SERVICES
Exterior cleaning of brick, wood, aluminum, etc.
Graffiti removal.
Garage & industrial floor degreasing. Clean & seal interlocking brick. Insured.
Free estimates & demo.
932-9113
A division of Gerald Menard Renovations

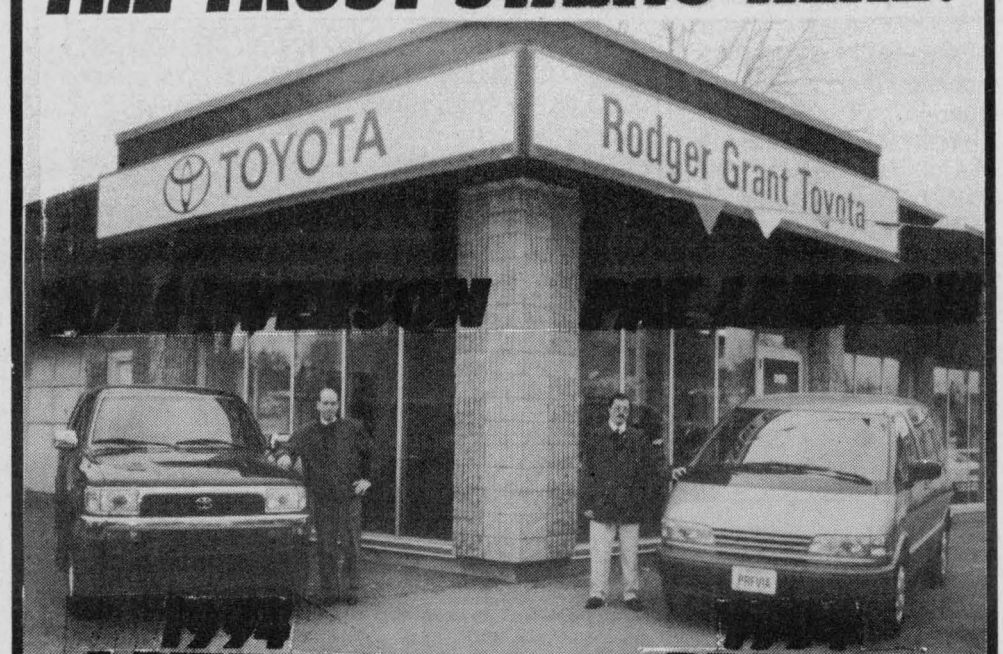
RENOVATIONS
ROOF BUSTERS & RENOVATIONS
Shingle roofs, drywall, patio decks, siding, etc.
Work guaranteed.
Free estimates
Richard Longtin
936-2713

SNOW REMOVAL
MR. "D's" PRO LAWN CARE & SNOW REMOVAL
Now booking for snow removal.
Reasonable Rates
Driveway & walkway incl. in prices.
No GST
937-4890 or 936-7330

WATKINS PRODUCTS
Delivered to your door
* Spices, extracts, cleaning products, personal care, more
* Practical and delicious Christmas gifts for everyone
For FREE catalogue call
Independent Representative
Sue Robertson
938-7865

BONUS BUY 5 WEEKS GET 1 WEEK FREE

THE TRUST STARTS HERE!



1994 4 RUNNERS from $22,948*

1994 PREVIAS from $24,748*

WE PROMISE

*Plus Frt., PDI & Taxes

RODGER GRANT TOYOTA

353 Pitt (at Fourth) 932-1106

GERARD POIRIER AUTO SALES, 129 Kenyon St. West., Alexandria, Ont. 1-874-2440 OR 525-1656. 1986 Chevette, 4 dr., auto., 103,000 km, very good condit. $1500 safetied.

MILLER HUGHES Ford



- 3.0L V6 engine
- Automatic
- Air Cond.
- AM/FM Stereo
- 3 yr./60,000 km warranty
- Sport Appearance Pkg.
- Cloth Bucket seats

DRIVE FOR ONLY $293 per month

* plus taxes, 24 mo. lease with 25,000 km free per year, freight, tax, license extra

711 Pitt St. 932-2584

PARTS. 1986 Buick motor, V6, 3.8 & straight 6, 250 cc. Farm tractor. 1215 Bedford. After 3 pm phone 938-6040.

UP TO 40% OFF TIRES. 30% paid on U.S. Funds. 1500 new & used tires in stock. Tire repairs, $5.00 & up, while you wait. New & used truck caps bought & sold. 138 Motor Sales. 938-4865.

CANADIAN CANCER SOCIETY / SOCIÉTÉ CANADIENNE DU CANCER

Please Give Generously

17 - GARAGES



D & K SERVICES

MOTORS, TRANSMISSIONS USED & REBUILT INSTALLED

LABOUR RATE - $30 hr.

FREE - FREE - FREE - FREE - FREE

pick up & delivery within 50 km of Cornwall

932-6656

18 BUSINESS OPPOR.

WE'VE FOUND THE BUSINESS OF THE 90's! Canadian company seeking bright, energetic people wishing to make a serious income (full or part time). Call 537-8989 for 24 hr. recorded message.

20 EMPLOYMENT WANTED

SECRETARY/RECEPTIONIST available on Tuesdays & Fridays for Cornwall area. Seven years experience. Can use Wordperfect 5.0 & 5.1. Beginners Lotus. Unilingual. Two years Federal Government experience. Ph: 936-6878 (home) or 933-0014 (work).

CAREER OPPORTUNITY

GRANT NISSAN needs one lucky person to become a part of their sales staff.

Ask for Mario Roy, in person or phone for an appointment.

Experience a plus, but not a necessity.

700 Rosemount Ave. 933-7555

21 HELP WANTED

ALERT! STAY HOME make money! You assemble Canadian products & earn up to $627. per week! Amazing recorded message reveals details. Call 705-739-7184 (ext. 15).

ROUTES AVAILABLE

CORNWALL

- Water, 1st, Bedford, Cumberland
- Carleton, Walton
- Dover, Hoople, Wallrich, Edythe

COUNTRY

- Lancaster
- Green Valley
- Avonmore

If Interested In One Of The Listed Routes Please Call Tom at 933-0014

EARN UP TO $346.00/WEEK to assemble Christmas and holiday decorations year round, at home. Work available across Canada. For more info. send a self-addressed stamped envelope to Magic Christmas - 130 Slater St. ste 750, ext. 401, Ottawa, Ontario, K1P 6E2.

EXCELLENT INCOME! $200-$500 weekly. Assembling products at home. Fully guaranteed. No experience. Call 1-504-641-1114 (Ext. H-1124) 24 hours.

LIVE-IN HOUSEKEEPER for elderly lady. Send name, phone number & qualifications to: Box 8902, c/o Seaway News, 329 Second St. W., Cornwall K6J 1G8

LOOKING FOR A CHANGE? Prepared to work hard for a career opportunity? No experience necessary. Call 937-4499.

NOT ENOUGH MONEY? Rush self addressed stamped envelope: Homeworkers, P.O. Box 933, Cornwall, Ontario K6H 5V1.

OVERSEAS JOBS! Excellent pay/benefits. Hiring men & women. First $75,000 tax free! Serious enquiries. 504-646-4505 (Ext. I-506) 24 hours.

START YOUR OWN PROFITABLE mail order business. Work from home part-time, full-time or spare-time. 1000% profit. Free details. SASE Dept. SN, 1536 Scott Street, Ottawa, Ont. K1Y 2N5.

VOLUNTEERS NEEDED to drive visually impaired individuals to local medical appointments. It only involves one or two trips a month. Please call CNIB at 936-2300.

22 HOME SERVICES

CHIMNEYS CLEANED, any size. Now is the time before the snow flies. Call Dave at 937-3706 anytime.

DAVE'S RENOVATION, Electrical, Painting, Plumbing, odd jobs. Reasonable rates. 938-2045 or 932-1090.

ERNIE'S CLEAN UP SERVICE. Basement,s garages, yards. Painting. Drywall. Roofing. Also will do moving. 938-1684.

EXPERIENCED BAKER will do all kinds of homemade baking. Call 936-6824.

HANDY LADIES: READ ME! Treat yourself or someone you know to a house cleaning. Heavy duty cleaning walls, ceilings, floors, cupboards, windows inside/out. Will do general cleaning weekly. Will also do yard maintenance. Don't be shy, give us a try! 936-9362 or 938-8673.

HANDYMAN. Clean yard, paint, repair roof, fences, siding. Odd jobs or small projects around homes or cottages. 938-1982.

J.R. RESTORATION. Chimneys/repairs, brickwork, foundation repairs, roofing, carpentry, siding, painting. Free estimates. Call J.R. 938-1465.

MIKE'S CHIMNEY REPAIR & foundation parging. Also brick repair. Free estimate. After 5 pm 933-5829.

PAINTING: RECESSION SPECIAL OFFERING NEW PRODUCT. Now available. Odorless, pollutant-free, ozone friendly! $40 per room per coat plus paint. Free estimates. 20 years experience. After 6 pm 938-8839.

PROFESSIONAL SEAMSTRESS will sew for your or teach you how to create your own fashions & kids clothes also. Private lessons available. Inquire 534-2045.

REPAIRS TO ELECTRIC motors, household appliances, power tools, etc. Free estimates. Dallas McIntosh, Apple Hill 527-2894.

RICHARD'S RENOVATIONS. We do all types of work like siding, roofing, decks, patios, verandahs, garages & sheds. Inside work: hardwood flooring, drywall, joints, decorative mouldings, doors & bifolds, etc. Free estimates. Call Richard, 8 am - 6 pm (613) 525-1415.

SMALL APPLIANCE REPAIR. Have your tape deck, microwave, VCR, serviced quickly & reasonably. Free pick up & delivery upon requrest. After 6 pm 931-3518.

THE PERFECT HANDYMAN. Builds patio decks, verandahs, sheds, garages, additions etc. Sheds: 8'x8'/ $900; 8'x10'/ $1150; 8'x12' /$1350; 10'x12' /$1450; 12'x12' / $1750. All finished w/vinyl siding, shingled roof & dble. Doors from 32"-72". Also specializing in vinyl siding, roofing. Free estimates. Guaranteed customer satisfaction. References available. Call Robert 525-2197 or (613) 932-3496.

WOMEN DO- IT-NEATER Need painting or wallpapering done before the holidays? Don't wait until the last minute. Call Lesley 937-0955.

WORKERS ARE AVAILABLE for odd jobs including snow shovelling, yard work, lawn mowing, garage & basement cleaning. Contact Employment Support Services & ask for Diane 938-9550.

23 BABYSITTING

MOTHER OF TWO WILL BABYSIT one child (aged 1-4), my home, full time. Fenced in yard, playroom, baby-proofed home. For information please telephone 933-9781.

WANTED: children to babysit in my home in Summerstown. Lots of experience and T.L.C. Reasonable rates. Meals & snacks provided. For appointment or more info. 931-1216.

24 CHILD CARE

RIVERDALE AREA. Will keep children in my home. Close to schools, parks. 936-0101 for more info.

27 RV'S/MOTOR HOMES

USED CLASS "A" & CLASS "C" MODELS avail. Some units are bank repossessions. Try your offer. After 5 pm call 938-3664.

CLASSIFIEDS WORK ... SELL ANYTHING

FAST ... CALL 933-0015

34 HOUSES FOR RENT

2 BDRM. HOUSE avail. now. One mile from Maxville on 2 acre lot w/pond. Recently renovated. 2 wood stoves. After 6 pm and before 8:30 pm 1-527-2839.

3 BDRM. BRICK bungalow. Avail. Nov. 15. Dining & living rooms, kitchen. Laundry facilities. $850/mos. incl. util. Contact Bob 930-2323 leave msg.

35 HOUSES FOR SALE

468 MEADOWVALE by owner. 7 yr. old, 1700 sq.ft., 4 bdrm., 2 bath. Asking $125,000 or B.O. Moving Nov. 30th. Call 933-2793.

28 ACRES - barn & well, $29,900.
MOBILE - remodelled, country
REDUCED - 2 bdrm., country $41,900
REDUCED - 3 bdrm., Moose Creek,
LUNENBURG - 3 bdrm., $69,900.
NEW CONST. - 3 bdrm., 1.79 acres.
NEW CONST. - South Branch Rd., city services. $96,000 includes GST
SUBDIVISION - 20 lots, $99,900.
COUNTRY - 3+1 bdrm., 1 acre. $114,900. Double car garage.
ST. ANDREWS - reduced - bungalow.
4 PLEX - $20,064 yearly income.
IN-LAW SUITE - & full home,
ELGIN - 3 bdrm. $119,900.
NEW CONST.- 1322 sq.ft. brick bung.
SPLIT LEVEL - great family home,
LOG HOUSE - country, treed lot,
A-FRAME - 4.14 acres, beautiful.
WOODS LANE - immaculate 3 bdrm. with main floor family rm, attached garage, finished basement and more. This home is well decorated & well maintained. A truly spotless home, just turn the key and move the furniture in. Asking $129,900.



Buying Or Selling CALL
Michael Vander Meer
938-2121 (Office)
534-2950 (Home)
CENTURY 21 SHIELD

FOR SALE OR RENT@ $875/mos. + util. 10 min. from Cornwall, country house. 3+2 bdrm. w/airtight wood stove on 3 acre lot. Att. garage. Tower 35'. Paved road. Nice location to start business. No down payment. Call for appt. 347-2577

FOUR BDRM. BRICK HOUSE w/garage on Adolphus for sale. Vendor take back. Quiet area. Ph. 932-2135.

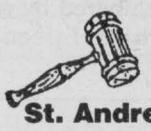
VIEW OF ST. LAWRENCE. Reduced to $99,400. Renovated 4 bdrm. home, garage, large lot. Ingleside.
REDUCED TO $23,500. Approx. 26 acres, frontage on 3 roads.
BUILDING LOTS from $10,000
COUNTRY LIVING. Only $28,000 for this 3 bdrm. mobile.
MONEY MAKER. 4 rental units in Cornwall. Motivated seller. Asking $80,000.
2-1/2 ACRES on Hwy. 43, only $9,300. Commercial
Due to Recent Sales We Need Listings Now!! Thinking of Buying or Selling?
call HERB or GERRI SCHWARTZ
346-5721 or 346-2377
representing
Sauve Real Estate Ltd.



REAL ESTATE AUCTION

SATURDAY NOV. 13 - 11 am SHARP!
Gore Rd., RR #1 Summerstown
(1 mile east of Summerstown Rd.)

110 acres of vacant land incl. 25 acres mixed bush. Approx. 920 ft. frontage on Gore Rd. Severance potential for excellent high building lots.
This property **WILL BE SOLD** on the above date subject only to a minimum bid of $45,000.
Terms: $1000 deposit - balance due on closing Nov. 30/93



Realty Broker/ Auctioneer
Carson Chisholm
Auction Services Ltd.
St. Andrews West **937-0201**

37 HOUSES WANTED TO RENT

BUNGALOW for middle-aged couple. Quiet. Own 1 dog & 1 cat, housebroken, tied when outside. Ph: 932-3410.

38 OFFICES/ STORES BLDGS.

400-2200 SQ.FT. 2nd floor office space avail. on Pitt near 1st. Will remodel to suit. Leave message 932-8588.

4000 SQ.FT. BLDG. for rent - lease - sell. Ideal for small business. Ample parking. Central location. Call 933-9457.

Looking for Reasonably Priced Office Space?
Give us a call at
CITY CENTRE PLAZA
812 Pitt St.
938-2576

4000 SQ.FT. BUILDING located in Long Sault Shopping Plaza Can be split into 2 units. Sep. electrical. Air conditioned. Lease $6/sq.ft. Great location, great area. 534-8177.

740 sq.ft.
Office space
Whole or part
Turnkey ready
A/C, heat
CALL MARCEL
938-3838

950 SQ.FT. OF PRIME RETAIL or wholesale space plus 400 sq.ft. of att. warehouse space. High traffic area, private entrances & loading doors. All this for only $725/mos., everything paid. Ph: 10-5 pm 936-8088.

OFFICE 1200, 1625 & 3000 SQ.FT. Ready for occupancy. Heated & air conditioned. Carpet & drapes furnished. Located at 408 & 410 Pitt St. Call 938-4877 or 933-1907. **WAREHOUSING.** 1,000 to 2,000 sq.ft. Retail/wholesale or manufacturing. Plenty of parking. Receiving & shipping at truck level. Apply 218-11th St., West or tel. 938-4877.

CLASSIFIEDS REALLY WORK.... CALL 933-0015

39 OUTSIDE CANADA

2 BDRM. CONDOMINIUM for rent. Orlando, Fla. Avail. Jan./94. After 6 pm, Pauline at 938-2821.

TIME-SHARE CONDO. New Smyrna Beach, Fla. Beautiful new unit. 2 bdrm. Sleeps 6. Beach-side w/pool. Close to all major attractions. 938-0982.

41INCOME PROPERTIES

4 PLEX. Brick. 20 yrs. old. Maintenance free. Parking. Revenue $20,500/yr. Asking $149,800. Central. Private sale. 537-2015 no agents.

764-766 YORK ST. Duplex. Large owner's unit. Private parking. $11,400 possible gross income. Tenant helps you buy! Price reduced $74,900. Call Latreille Real Estate, 938-3800

PRIVATE SALE: TRIPLEX on Alice St. Gross income over $14,000 per year. Tenants pay their own utilities. Vendor will take back first mortgage. 932-2135.

42 LOTS/ LAND

ATTENTION BUILDERS! 6 acres, St. Andrews area. Possibility of 5 lots. Bush & creek. Asking $25,500. Financing avail. Call Latreille Real Estate 938-3800.

43 ROOMS

FURNISHED ROOM includes all util. $190/mo. Seniors & pensioners welcome. Quiet area. Close to college. 938-3510 or 932-0482.

44 ROOM & BOARD

SUITABLE FOR MIDDLE-AGED or elderly person. Quiet home. Phone: 932-3410.

46 REST/NURSING HOMES

VILLA MOOSE CREEK REST HOME. 24 hour supervision with R.N.A. For more information call Mrs. A. Lanthier, Administrator. 538-2844.

48 COMMUNITY SERVICES

ADDICTED? ALONE? AFRAID? Want to quit but need help? Cornwall Detox Centre, 305 Montreal Rd., Cornwall. THE FIRST STEP, 24 hr. service. 938-8506.

ALZHEIMER SOCIETY of Cornwall & District need more members, more volunteers, more donations & more involvement. Drop into our office at 12 York St., 3rd floor or tel: 932-4914. In Hawkesbury/1-632-4349.

BIRTHRIGHT CORNWALL. Pregnant? Unsure? Need someone to talk to? Call 938-2028. All our services are free & confidential.

COMMUNITY LIVING - Stormont County is currently looking for volunteers to support individuals with developmental disabilities in a variety of activities. Please call Pam McIntosh at 938-1702.

DOES YOUR MOTHER/ FATHER'S DRINKING bother you? You are not alone. Call 937-4880 for "Alateen" or join us every Thursday nite at 7 pm at 101 Anthony (basement of Holy Cross Church Hall).

EMOTIONS ANONYMOUS have meetings every Tuesday and Thursday from 8 - 9 pm. For more info. 938-8325 or 938-2952.

HAS SOMEONE'S DRINKING been affecting you? You are not alone. Call 937-4880 for information meetings.

HIV &/OR AIDS. Are you concerned or afraid? Do you need help in coping or just afraid? No name, no address required. Please call 10 am to 8 pm at 1-800-267-7432 or write U-Cap, Box 362, Cornwall, K6H 5T1.

IF YOU ARE INTERESTED in forming a parent support group through "Tough Love" for Morrisburg and surrounding areas, beginning Aug. 25, call Susan at 543-2675.

TROUBLED BY YOUR TEEN'S BEHAVIOUR? You are not alone! Come to a parent support group "Toughlove". Meetings every Thurs. 7 pm at Bob Turner Centre (upstairs). For more info. Susan at 937-3407 (evenings) or 933-8030 (days).

VOLUNTEERS NEEDED. A.B.L.E. A service provided to assist individuals with developmental handicaps in meeting the "needs" for friendship. For further information, please call 936-6780.

53 FARM MACHINERY

FARM MACHINERY for small or hobby farm. Plow, disc, cultivators, seeder. 534-2171.

54 ANTIQUES

WE BUY ANTIQUES of all kinds. Toys, 1950's or older. Dishes, furniture, dolls, tools, guns, jewellery, advertising signs, old golf sticks, we also buy complete household and clean-out everything. M & G Antiques, Hwy 138, South of Monkland. Ph. 346-5768

57 DJ'S

GREAT MUSIC FOR DANCING. Weddings, anniversaries. Music of all kinds. Call & book now. Call your D.J. at 932-6661.

LEROY'S D.J. SERVICE. "New to Cornwall". Specializing in parties & wedding.s Accepting bookings now. Book early for the holidays. 936-2090.

POWER SOURCE DJ's. Professional, mobile, DJ's. Specializing in stags, weddings & any special occasion. Also featuring karaoke. Power Source DJ's - big enough to serve you better. Call now. Ray: 938-1962 or Rod 936-0652.

SOUNDS SPECTACULAR. Professional mobile D.J. and light show. Still a few dates left for Christmas parties. Call Steve or Melissa at 936-2191.

59 LIVE ENTERTAINMENT

TOM WILSON & BORDER BLUEGRASS in concert. Sunday, Nov. 7, 1993 at 2 pm at Upper Canada Playhouse, Morrisburg. Gospel & secular foot-stompin' bluegrass music. Tickets $10. Playhouse 543-3713. Doug Fleming 233-2994. Group rates 233-2994.

65 MISC.

SEEN A RARE BIRD LATELY? Record dates, time, species, area & please call 936-8088 between 10 am - 5 pm Mon. to Sat.

67 CARTING/MOVING /STORAGE

CHRIS' MOVING SERVICE. Good worker. Low rates. 932-2214.

MOVING? CALL PAYLESS Moving & Storage. Local & long distance. Low, affordable rates. Don't be disappointed. Book early. 933-6470 or 1-800-463-2768.

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 725 Boundary Rd. 933-1492

68 COURSES/ LESSONS

DO-IT-YOURSELF CRAFTS, Long Sault. Classes for Christmas decorations, centre pieces, etc. will begin Nov. 2 to be held Tues., Wed., Thurs. from 7-9:30 pm Afternoon classes from 1-3:30 pm. Must register now. $5/class + materials. Info. 534-8894, 5 Johnson Cr. Supply store open from 1 - 5 pm, Tues. to Thurs.

ECONOMIC ENCOUNTER, common-sense money management & craft workshops. Where? Roxmore Public School, Avonmore, Ont. When? Nov. 13 (Sat.) 1993. Registration 9 - 9:30 am. Cost: $3/person. Bring bag lunch. Free coffee & muffins. Door prizes. Men & women welcome. Further info. contact Luella: 346-5906; Sandra: 984-2218; Pauline: 984-2513; Margaret: 534-2003. Sponsored by Stormont Women's Institute.

LEARN DECORATIVE TOLE PAINTING at former Di's Country Crafts Tole Painting Studio, Finch. Beginners sessions starting Thursday, Nov. 4 from 7 - 9:30 pm. For more info. or list of sessions offered call Diana or Mike 984-2690.

71 HEALTH/DIET/ BEAUTY

ELECTROLYSIS by certified Electrologist. 10 min. $9.00; 20 min, $15.00; 30 min. $20.00; 60 min. $35.00. Waxing also avail. Wed., Fri. & Sat. 9-5, Thurs. 'til 8 pm. Evening appointments available. Free consultations. Please call 936-9071.

75 PETS/ LIVESTOCKS

AUTRALIAN SHEEP DOG/ SHEPHERD cross, 5 wk. old puppies to give to a good home. Ph: 346-5656.

BEAUTIFUL PUPPIES. Poodles, Toy Pomeranians, Shelties, German Shepherds others. Boarding. Bridlewood Kennels, Hwy.#43, second farm east of Highland Road. 527-2074.

HUMANE SOCIETY. Right now the Humane Society has cats looking for a good home. Give us a call and pick up a "friend". 936-0072.

MIXED BREED PUPPIES. Dalmation/black lab/ collie/ shepherd. $20 dewormed, will be 50-70 lbs. as adults. All colours. 346-2452 leave message.

78 BIRTHS

GUINDON-RYAN, Derek & Julie wish to announce the birth of their son, AUSTYN, 8 lbs., 5-1/2 oz. on Sept. 25th/93 at the Hotel Dieu Hospital. Proud grandparents: Barb & Larry Lalonde, Jeanette & Tom Ryan, Fran & Paul Guindon.

CANADIAN CANCER SOCIETY / SOCIÉTÉ CANADIENNE DU CANCER

Please Give Generously

84 PERSONALS

A LOOK INTO THE FUTURE with Mona. Tarot cards & teacup readings. For more information on this, telephone 937-0219. Reasonable & bilingual.

LOCAL BIRD WATCHERS. Are you interested in joining a bird-watching club in Cornwall? Call 936-8088 between 10 am - 5 pm, Mon.-Sat.

"MOTHER FIGHTS TO GET CHILDREN BACK". Fighting for nearly 5 yrs. to get her four daughters back from CAS has formed a Cornwall based group called "Parents Keeping Families Together". If you have an opinion or do not agree with CAS, please write to Box 7796, C/O Seaway News, 329 2nd St. West., Cornwall K6J 1G8

86 CARDS OF THANKS

CAMPBELL, CRAIG. The family of the late Craig Campbell wish to express their many thanks to relatives, friends and neighbours for cards, flowers, food, donations, visitation, attendance and support at the funeral, and gratitude to the pall bearers. Our appreciation to Brothers Earl Covell and Ron Dod for their comforting message. Thanks, too, to Derry Funeral Home for their competence and sympathy at this time. Your support and kindness will always be remembered. Byron, Bertha and Campbell family.

88 IN MEMORIUM

I think of her in silence.
Her name I oft recall.
There is nothing left to answer
But her picture on the wall.
Being remembered by son Arlen Alguire, Eileen & family.

Did you know that 1 in 25 Canadians is a carrier of a defective gene causing cystic fibrosis? Chances are 1 in 4 that a child born of two parent carriers will have CF. Support CF research.

Canadian Cystic Fibrosis Foundation

Business Card Directory

ECONO / RENO
renovations
painting - drywall
decks - fences
FREE ESTIMATES
936-1810

D&D CONSTRUCTION
DEMOLITION
NEW HOMES / RESIDENTIAL
ADDITIONS / COMMERCIAL
RENOVATIONS / INDUSTRIAL
Patios - Cement Breaking - Drilling - Finishing
Fully Insured - Free Estimates
For Prompt Efficient Service Call
932-8238 - Dwight Poitras
Financing Available
"I Call Does It All"

SEARS®
Carpet & Upholstery Cleaning
Special **$59**
2 rooms & a hallway
USE YOUR SEARS CARD
1 Water St., E 936-2218

National Auto League
The Ideal Christmas Gift For The Person Who Has Everything
- Sign & Drive Emergency Roadside Assistance
- Out-of-Province/Country Medical Plan
- Year Round starting at $49 & $98 Family
- Drug/dental/group benefit plans

404 Hoople St., Cornwall 936-9426

Sachs - Dolmar CHAINSAWS


FREE
Makita 3/8 Cordless Drill with any purchase!
starting at ... $299.00
TUNE - UPS
✓ Snowblowers
✓ Skidoos
✓ Chainsaws
MARK'S SMALL ENGINES
926 Carleton St. (off Marleau)
938-9222

Phil Hale
Independent Financial Advisor
Free Consultation - No Obligation
Business **938-7782** Residence **931-1753**

Investment Alternatives
504 Pitt Street, Cornwall, Ontario K6J 3R5
Brightside Financial Services

Windows • Doors
• Siding • Patios and Decks
• Drywall • Plastering
• Painting Interior & Exterior
NO JOB TOO BIG OR TOO SMALL
938-3603
Special Discounts For Seniors
WE DO IT BETTER
CORNETT Renovation
15 Years Experience
ALL WORK GUARANTEED

THE COMPUTER SHOP
- UPGRADES -
286 to 386 SX33 **$289**
286 to 386 DX40 **$359**
286 to 486 SX25 **$419**
386 to 486 SX25 **$349**
9 Main St., Maxville 527-1390

K-C'S CLEANING
Let Casey Clean Your:
- Apartment Building (Halls & Stairs
- Newly Built Homes
- Offices (After Hours)
- Empty Houses & Apartments

After You Move Out Or Before You Move In!
Call Casey at 938-2487

John Wayne's Aerial Service
TREE CUTTING & TRIMMING
STUMP REMOVAL
• FREE ESTIMATES
• FULLY INSURED
John Van Riel
938-6967
Wayne Cooper
938-7928


SANTONY HOME IMPROVEMENT
SPECIALIZING IN:
• Ceramic Tile and Marble Work
• Bathrooms • Kitchens • Entrances
• All Floors and Walls
• Cement Finishing
• Interlocking Stones
• Renovations • Additions
Tony Sanseverino
Tel: (613) 932-4429

D&D TREE CUTTING
PRUNING,
TREE CUTTING &
STUMP REMOVAL
SERVICE
FREE ESTIMATES
FULLY INSURED **932-8238**

VCR & TV SERVICE
A & C T.V. SERVICE
Free Estimates, Repair T.V.'s, VCR's, Remote Controls, Microwave Ovens, Telephone Answering Machines. Special $19.99 cleaning VCR. Same day service. (10% discount for seniors).
15 2nd St. E. 933-9232

Minder's Keepers
We care for your home and pets in your home while you are away.
• Security for your home.
• The kennel alternative
Fully Insured 936-8871

L & M GUNS REG'D

Firearms bought, sold traded & repaired
Your BROWNING Dealer
Tyotown Rd. **931-2010**

RETIREMENT PLANNING
Savings Plans
RRSPs · RRIFs
The Mutual Group
Facing Tomorrow Together

Robert (Bob) Blanchard
932-1268

BIG DUDES
OIL & WAX UNDER-SPRAY
Protect Your Car From Rust & Winter Corrosion. Do It A Favour "Oil" It Today!
For Appointment
938-7743

WELL DRILLING
SINCE 1956
ROY'S
Energy Efficient Heating & Cooling
Water Heat Pumps
Pools & Spas
410 Seventh St. W. Cornwall **933-0411**

MOLLY MAID
"Specializing in House Cleaning For Particular People"
- Domestic Light Housekeeping on a Regular Basis.
- Bonded
- Insured
- Uniformed
- Equipment & Transportation Provided

938-3591

DIAL-A-JUG
SPRING WATER
DISTILLED WATER &
ACCESSORIES
Serving Cornwall & S.D.& G.
FREE DELIVERY
932-3866

Lancaster Pharmacy
QUALITY PHOTO FINISHING
"24 Hours Photo Service
209 Military Rd. Lancaster **347-3971**

H. ARMSTRONG WOODWORKING
RESIDENTIAL • COMMERCIAL
Interior Renovations
Kitchen Cabinets
Office Furniture
Furniture Repairs
INGLESIDE • 537-2425

Cinderella HOUSE CARE
Residential & Commercial FREE ESTIMATES
- Reasonable Rates
- Work Guaranteed To Your Satisfaction

House Cleaning With That Little Bit of Magic
938-2940

J.F. CAMERON BACKHOE SERVICE
ASPHALT PAVING & SPRAYING
No Job Is Too Big Or Small
Free Estimates
933-7337

HERITAGE HARDWOOD FLOORING
Installation - Refinishing
Sanding - Staining
Free Estimates
Dan Fogarty
R.R.1 Apple Hill 525-0055
15 Years Experience
"Quality Is Our Commitment"

Obituaries

CAMPBELL
Craig Aldon

Passed away in hospital on Tuesday, October 19th, 1993. Mr. Craig Aldon Campbell, in his 28th year, born in Winchester, Ontario, of 205 Hoople Avenue, Cornwall. Beloved son of Byron Campbell and Bertha Stewart. Loving brother of Condon Campbell, Miriam Campbell, Alanna Campbell and Carolyn Smith.

The funeral was held on Thursday, October 21st, 1993 from the Parlours of the Derry Funeral Home Inc. to Cassburn Cemetery, L'Orignal. Reverend Earl Covell, Brother of the Brethren Church of Rideau Ferry officiated, assisted by Brother Ron Dods who offered the prayers of committal at the cemetery.

The pallbearers were Mark Pitts, Ian, Trevor and Wilson Stewart, Julian Traista and Gary Smith.

CLINE
June Amelia

Passed away at the Cornwall General Hospital on Friday, October 15th, 1993. June Amelia Cline, in her 70th year, born in Cornwall, of Riverview Manor; formerly of 2440 Hurontario Street, Mississauga, Ontario. Dear daughter of the late Clarence Gallinger and the late Antoinette Lalonde. Loving mother of Gary Cline (husband of Lynda) of Brampton, Barbara (Mrs. Brian Didorak) of Mississauga and Richard Cline. Dear sister of Mrs. Dorothy Greer of Toronto. Predeceased by two sons, Michael and Charles Cline, one brother, Wallace Gallinger and by one grandson, David Didorak.

Rested privately at the Cornwall Funeral Homes, West Branch, 20 Seventh Street West, followed by Cremation.

DESFORGES
Constable Alain
(Ontario Provincial Police)

Passed away accidentally in Casselman, Ontario on Sunday, October 14th, 1993. Constable Alain Desforges, in his 30th year, born in Cornwall, of 129 Markell Crescent, Cornwall. Dear son of Lucien Desforges and Suzanne Auclair of Cornwall. Beloved husband of Guylaine Ouellet. Loving father of Jean-Sebastin at home. Dear brother of Andre Desforges of Val-Belair, Quebec, Lise (Mrs. Ken Lewis) of Montreal, Monique (Mrs. Paul Ryan) of London, Ontario and Sylvie (friend of Gilles Laprade) of Cornwall. Dear son-in-law of Rejean Ouellet and Monique Pelletier of Cornwall.

The Full Police Honours Funeral took place on Wednesday, October 27th, 1993 from the Boulerice Funeral Home Ltd., to Nativity Co-Cathedral, Cornwall, followed by Cremation. Reverend Rene Dube of Nativity Co-Cathedral officiated, assisted by Reverend Roland Ouellet of Alma Parish in Lac St. Jean, Quebec, Reverend Jacques Labelle, Reverend Rheal Bisaillon and Reverend Marcel Larouche.

The Commanding Officer in charge of the pallbearers was Sgt. Marcel Belanger.

The pallbearers were A/Sgt. Langis Lebel, Cst. Norm Leblanc, Cst. Norm Marion, Cst. Serge Goddard, Cst. Andre Hebert and Cst. Ray Seguin.

The Honourary pallbearers were Cst. Ghislain Ouellet of the R.C.M.P., Sgt. Brian Cunningham, Cst. Aline Denis, Cst. Wayne Niemi, Cst. Jean Laliberte, Cst. Roger Cayen, Cst. Diana Hampsen and Cst. Hussian Pasha.

The Insignia Bearer was Cst. Julie Munro.

The Headdress Bearers were Cst. Michelle Brochu and Cst. Tony Collard.

IRVINE
Irene Sadie

Passed away at the Cornwall General Hospital on Sunday, October 24th, 1993. Mrs. Irene Sadie Irvine, in her 88th year, born in Avonmore, Ontario, of 332 Second Street West, Apt. #202, Cornwall. Dear daughter of the late Henry Steele and the late Margaret Campbell. Beloved wife of the late Garnet Irvine. Loving mother of Douglas (and his wife Grace) of Brockville. Loving grandmother of three grandchildren and five great grandchildren. Predeceased by two brothers, Campbell Steele and by three sisters, Dorothy MacMillan, Annie Russell and Laura Helmer.

The funeral was held on Wednesday, October 27th, 1993 from the McArthur Bros. & MacNeil Ltd. Funeral Home, 428 Second Street East, Cornwall to the Chapel and to St. Lawrence Valley Union Cemetery, Ingleside. Reverend Terry Dunlop of Knox-St. Paul's United Church officiated.

The pallbearers were Carl Gifford, Bob Irvine, Al Munro, John Lea, Donald Angus McLennan and Ronald McMillan.

MARTEL
Eva Rose

Passed away at the Hotel Dieu Hospital on Sunday, October 17th, 1993. Mrs. Eva Rose Martel, in her 85th year, born in Cambridge Twp., Russell, Ontario, resident of Sandfield Place, 220 Emma Street, formerly of St. Felix Street. Dear daughter of the late Arthur Gignac and the late Rosanna Trudeau. Beloved wife of the late Romuald (Parfait) Martel. Loving mother of Florian Martel (husband of Edith Dobbin), Rena (Mrs. John Taylor), both of Cornwall and Fernande (Mrs. Wayne Widrick) of Massena, N.Y. Loving grandmother of ten grandchildren and fourteen great grandchildren. Predeceased by three brothers and by three sisters.

The funeral took place on Wednesday, October 20th, 1993 from the Boulerice Funeral Home Ltd. to St. Peter's Church, Cornwall, interment in Nativity Cemetery. Reverend George Maloney of St. Peter's Church officiated.

The pallbearers were John Taylor, Michael Ramsden, Robert Browing, Robert Taylor, Matthew Ramsden and Brian Poirier.

McDONELL
Kenneth Lawrence

Passed away at his late residence on Saturday, October 23rd, 1993. Mr. Kenneth Lawrence McDonell, in his 70th year, born in Ottawa, of 1900 Montreal Road, formerly of 525 Adolphus Street. Dear son of the late Donald Joseph McDonell and the late Lena Dresye. Loving uncle of Dianne (Mrs. Gordon Schoenherr) of Edwards, Ontario, Kevin Trudell (Stephanie), Michael and Virginia, all of Toronto and Donald Trudell of Sault Ste Marie.

The funeral took place on Monday, October 25th, 1993 from the Derry Funeral Home Inc., to St. Columban's Church and St. Andrew's Parish Cemetery. Reverend Rory MacDonald of St. Columban's Church officiated.

The pallbearers were Francis Nevin, Ken Kennedy, Gordon Schoenherr, Leonard Schoenherr, Kevin Trudell and Grant Myers.

Mr. McDonell was a retired Courtaulds Employee and a member of the Knights of Columbus.

McGLYNN
Thomas Thomson

Passed away in hospital on Thursday, October 21st, 1993. Mr. Thomas Thomson McGlynn, in his 88th year, born in Lancashire, England, of Glen-Stor-Dun Lodge, formerly of Charles Street. Dear son of the late Bartholomew McGlynn and the late Sarah Tinnion. Beloved husband of the former Nancy Warwick. Loving father of Colin McGlynn (Mary) of Ottawa, Barbara (Mrs. Richard Lizette) of Massena, N.Y., Maureen (Mrs. Charles Adams) of Cornwall and Margaret (Mrs. Dr. Norman Marcon) of Toronto. Loving grandfather of sixteen grandchildren and eight great grandchildren. Dear brother of Jack McGlynn of B.C., Joseph McGlynn (Jean), Vincent and Albert McGlynn and Mary (Mrs. Vincent Lauzon) all of Cornwall. Predeceased by one daughter, Mrs. Gail Tuttle (Brian), one grandchild, two brothers, Bert and James McGlynn and by two sisters, Anne and Mrs. Sally Boileau.

The funeral was held on Saturday, October 23rd, 1993 from the Derry Funeral Home Inc. to St. Francis de Sales Church and to St. Lawrence Valley Union Cemetery. Reverend Gary Ostler, Pastor of St. Francis de Sales Church officiated, assisted by Deacon Reverend Mr. Gordon Bryan.

The pallbearers were Philip and Charles Admas, Kevin McGlynn, Dr. Norman Marcon, Tony Marcon and Richard Lizette.

Mr. McGlynn was a retired machinist employed by Courtaulds.

MONTROY
Ruby Noella

Passed away at the Hotel Dieu Hospital on Saturday, October 16th, 1993. Mrs. Ruby Noella Montroy, in her 67th year, born in Aultsville, Ontario, of 1419 Aubin Avenue (former retired employee of the C.S.R. Department at the Hotel Dieu Hospital). Dear daughter of the late Charles Crites and the late Grace Loucks. Beloved wife of Mitchell Montroy. Loving mother of Linda (Mrs. Ronald Marcil), Sylvia (Mrs. Mel Girard) and Gale (Mrs. Bill McNally), all of Cornwall. Loving grandmother of Paul, Julie and Jean, Natalie, Wendy and Lisa, Michael, David and Matthew and great grandmother of Joshua. Dear sister of Harold Crites (husband of Alice Lascelle) and Mrs. Dorothy Cadieux, both of Cornwall. Dear step-sister of Junior Beaupre, Edna (Mrs. Sterling Kelly) and Marjorie (Mrs. Douglas Melvin) all of Morrisburg. Predeceased by one brother, Douglas Crites and by one sister, Mrs. Adiena Cleary.

The funeral took place on Tuesday, October 19th, 1993 from the Lahaie and Sullivan Cornwall Funeral Home, West Branch to St. Columban's Church, interment in Notre Dame Cemetery. Reverend Kevin Maloney of St. Columban's' Church officiated, assisted by Reverend George Maloney.

The pallbearers were Paul Marcil, Jean Marcil, Michael McNally, Carey Collette, Luc Lalancette and Shawn Filion.

PAQUETTE
Irene

Passed away on Thursday, October 14th, 1993. Mrs. Irene Paquette, in her 69th year, born in Cornwall, of 351 Tollgate Road. Dear daughter of the late Emile Hebert and the late Albertine Villeneuve. Beloved wife the late Jean Alarie Paquette. Loving mother of Fernand (husband of Pauline Burelle), Denise (Mrs. Ronald Blanchette), John Jr. (husband of Paulette Leroux), Robert (husband of Jocelyne Sabourin) Gilbert (husband of Therese Beaudin), Ruby (husband of Terry Killoran), Michel (husband of Louise Denis) and Ms. Irene Guillemette (fiancee of Daniel Pilon), all of Cornwall. Loving grandmother of eighteen grandchildren and one great grandchild. Dear sister of Rodolphe Hebert (husband of Georgette Amell), Therese (Mrs. Laurent Bray) and Claudette (Mrs. Sterling Blue), all of Cornwall. Predeceased by one daughter, Mrs. Florence Gauthier.

The funeral took place on Monday, October 18th, 1993 from the Boulerice Funeral Home Ltd., to Ste. Therese de Lisieux Church, followed by Cremation. Reverend Rheal Bisaillon of Ste. Therese de Lisieux Church officiated, assisted by Reverend Raymond Dumoulin.

The pallbearers were Robert, Rudy, Guy, Gilbert and Michel Paquette and Daniel Pilon.

DERRY
Funeral Home Inc.
326 Augustus Street
Cornwall, Ontario K6J 3W5
(613) 933-1411
FUNERAL DIRECTORS
Lise Durocher John Sullivan
Donald Derry

RICHARDSON
Julia Marie Autumn

Passed away at the Children's Hospital of Eastern Ontario. Julia Marie Autumn Richardson, in her 3rd month, born in Ottawa. Beloved daughter of Pierre Gareau and Katina Richardson. Dear granddaughter of Peter Leclair and the former Jo-Ann King and Claude Gareau and the former Nicole Lacombe.

A private funeral took place on Wednesday, October 20th, 1993 from the Lahaie and Sullivan Cornwall Funeral Home, West Branch to the Memorial Chapel, interment in Woodlawn Cemetery.

SNIDER
Donald Boyd

Passed away at the Ottawa General Hospital on Sunday, October 10th, 1993. Mr. Donald Boyd Snider, in his 71st year, born in Lancaster Twp., of South Lancaster. Dear son of the late Benjamin Snider and the late Mamie Wightman. Beloved husband of the late Violet Perry. Loving father of Blair (and his wife Cheryl) of Bainsville. Special friend of Marilyn O'Connor. Loving grandfather of two grandchildren. Dear brother of George Snider, Connie Sandilands, Audrey Fisher and Sheila Field. Predeceased by one brother, John and by two sisters, Jessie Maude and Norma Fisher.

A memorial service was held on Sunday, October 17th, 1993 in the Lancaster Legion Hall. Reverend Don Chishom of Brockville officiated.

Prevention through research and education.

Support

THE LUNG ASSOCIATION

Are You *Prepared?*

Do you know what Canada Pension Plan and D.V.A. benefits your family would be entitled to in the event of your death?
☐ yes ☐ no

Do you know how you can save money and have peace of mind by paying funeral expenses in advance?
☐ yes ☐ no

Are your personal records organized so your family will receive the insurance and other benefits you've provided?
☐ yes ☐ no

Do you know how to shelter funds for funerals before applying for Government Benefits?
☐ yes ☐ no

Our counselors can help you be prepared by answering questions and assisting you with all the details of funeral planning.

Start now "Being Prepared." Get your free copy of
"What Every Family Should Know"

C F H

LAHAIE & SULLIVAN
CORNWALL FUNERAL HOMES

EAST BRANCH
614 FIRST ST. E.
933-2841

Owned and Operated by The Lahaie and Sullivan Families

WEST BRANCH
20 SEVENTH ST. W.
932-8482

Yes, please send me a free brochure
English ☐ ☐ French
Name_____
Address_____
City/Prov._____
Postal Code_____ Phone_____ (Optional)

BRIDGE RESULTS

The Independent Bridge Club - October 20/93

N/S
1.Marion Gagnon - Jean Forbes
2. Marjory Raymond - Percy Page
3. Jessie Boyd - Hermine Ladouceur
4. Jean Boileau - Jeanine Leroux
5. Vera Boland - Gabrielle Tremblay
(3, 4, 5 tie)

E/W
1. Ruth Edgerton - Margaret Laviolette
2. Grace Leroux - Pauline Pinard
3. Norma Rouleau - Roger Payette

Friendly City Bridge Club Oct. 20/93

N/S
1. Margaret Evans - Carol Reus
2. June Anderson - Marion Lloyd
3. Mildred Cleary - Mildred Morin

E/W
1. Eva Kittle - Mona MacPhee
2. Jim Barlow - Fern Blain
3. Gordon Lanctot - Madan Seth

Seaway City Bridge Club Oct. 21/93

N/S
1. Hermine Ladouceur - Marjory Raymond
2. Emma Farlinger - Alma Lauzon
3. Yvonne Bergeron - Jean Boileau

E/W
1. Joyce MacGaughey - Hazel Seale
2. Adelaide Hunter - Margaret Laviolette
3. Vera Boland - Fern Emerton

Cornwall & District Bridge Club - Oct. 21/93
Canadian National Team of Four Final

1. Richard Baird, Kirk Malette, Brian McCartney, Voyteck Pomykalski
2. Margaret Campbell, Barbara Taylor, Fernando Llano, Therese & Bruno Carriere

Regular Game
N/S
1. Eileen Arbuthnot - Mildred Cleary
2. Jean Forbes - Charmaine Quenneville

E/W
1. S. Aiken - L. Manske
2. Lydia LeGault - Claudette Rousseau

Senior Citizens Bridge Club - Oct. 22/93

N/S
1. Dora Barrington - Mildred Cleary
2. Ruth Edgerton - Marjory Summers
3. Colombe Amelotte - Reina Drouin

E/W
1. Carol Reus - Bert Mosher
2. Krystyna & Robert Zacios
3. Ben Vouvier - Sue Robertson

Cornwall Community Bridge Club Oct. 25/93
Canadian National Team of Four Final

1. Denise Fourier, Sharon Tessier, Joanne & Bob Matott
2. Margaret Campbell, Jeana Reilly, Therese & Bruno Carriere
3. Richard Baird, Kirk Malette, Brian McCartney, Voyteck Pomykalski
(2, 3 tie)

Regular Game
N/S
1. Mildred Cleary - Margaret Evans 72.7%

2. Jessie Boyd - Hermine Ladouceur
3. Mildred Atchison - Marion Lawn

E/W
1. Jean Forbes - Charmaine Quenneville
2. Margaret & David Griere
3. Yvonne Boyer - Fern Emerton

31st Annual Bridge Tournament

Close to 300 bridge players attended Cornwall's 31st Annual Bridge Tournament held at the Civic Complex on Oct. 22-24/93.

This tournament is now known as the Howard Cunningham Memorial Sectional. It is because of Howard's hard work and dedication to bridge that so many of us are now enjoying the game at the various bridge clubs in the city.

Tournament Results
Friday Oct. 22/93 - Ladies Pairs

1. Margaret Campbell - Barbara Taylor (Cornwall)
2. Jocelyn Campbell - Charmaine Quenneville (Cornwall)
3. Pat Cunningham - Jean Guy (Cornwall)

Open Pairs

1. Bruno Carriere - Brian McCartney (Cornwall)
2. Eileen & Ted Withers (Toronto)
3. Fern Blain (Cornwall) - Madan Seth (Potsdam, NY)

Saturday Oct. 23/93 Afternoon
Seniors Pairs

1. Margaret Campbell (Cornwall) - Carol Reus (Summerstown)
2. James Campbell (Moose Creek) - Bill Campbell (Edmonton)
3. Ellen & Ray Fleming (Montreal, PQ)

Stratified Pairs "A"

1. Richard Baird - Fernando Llano (Cornwall)

Stratified Pairs "B"

1. Denise Fournier - Brian McCartney (Cornwall)

Stratified Pairs "C"

1. K. Bhatia - Rashid Khwaja (Kirkland, PQ)

Saturday Evening Oct. 23/93
Stratified Pairs "A'

1. Donald Kersey - Greg McKeller (Kingston)

Stratified Pairs "B"

1. Ann & Peter Osborne (Brockville)

Stratified Pairs "C

1. Gordon Lanctot (Cornwall) - Bert Mosher (Lunenburg, Ont.)

49er Pairs

1. Margaret & David Griere (Cornwall)
2. James Campbell (Moose Creek) - Bill Campbell (Edmonton)

Sunday Oct. 24/93
Stratified Swiss Team "A"

1. John Gillespie - Georgina Pickett (Ottawa)
Heather Packett - Mike Petras (Nepean)

Stratified Swiss Team "B" & "C"

1. Bob Dalgleish - Steve Lassner (Cornwall)
Ron Jenne (Potsdam, NY) - Lionel Pascal (Deux-Montagne, PQ)

Harry Jarrett Trophy Winner
Steve Lassner

The elderly could be like "light bulbs"

(NC)—The goal for the elderly is to "shine like light bulbs —brightly and productively until the end, when they go out," says an American scientist from the USDA Nutrition Research Center on Aging at Tufts University.

Dr. Jeffrey Blumberg recently told a group of nutritionists and health care experts gathered in Toronto that, "Today, the mean life expectancy for people living in developed countries is about 75-80, and the major reason for illness and death are diseases which could be prevented through better nutrition and exercise."

Blumberg said with better knowledge of the nutritional requirements of the elderly, "we can really begin to separate biology from chronology. The changes of old age have less to do with age than with environmental factors such as diet and physical activity."

Blumberg noted that there is a nutritional gap between what seniors need to eat to stay healthy and what they actually eat. The causes for this inadequate nutrition are many and varied, including poor nutrition knowledge, socioeconomic barriers, isolation, depression, and physical disability.

Blumberg added that there is a need for specialized nutrient-dense foods, that taste good and are priced appropriately for this population.

Source: Vitamin Information Program of Hoffmann-La Roche Limited

CANADIAN CANCER SOCIETY / SOCIÉTÉ CANADIENNE DU CANCER
Please Give Generously

Michel Menard, D.D.
DENTURIST
Immediate Appointments
Dental Repair
Complete, Partial & Soft Plates
at
"Smiling Prices"
50 Ste. Catherine
St. Polycarpe, P.Q.
1-514-265-3332

Our Sincere Thanks
® THE LUNG ASSOCIATION
Memorial donations were received during the month of October in memory of: Jennifer Valade, Jeannette Charlebois, Lorette Lamoureux, Mary-Ann Marion, Pauline Mitchell, Robert Toohey, D.D. Cameron and Carl J. Downing

BILLY'S BINGO HALL
The Hall That Started It All
Open 7 Days A Week
Located On Rt. 37, Hogansburg, N.Y.
1-518-358-2106
Operated By The St. Regis Mohawk Tribe
COUPON
This coupon is good for
1 FREE GREEN JACKPOT SPECIAL
Limit 1 Per Person Per Visit
Expiry Date November 30, 1993
TWO SESSIONS DAILY
12:30 p.m. and 7:00 p.m.
Door Open 1-1/2 Hours Early
$4, $8, $12 & $18 Packages
JACKPOT
Each Session
Progressive Bonanza
Jackpot Each Session
Pull Tab Tickets and Refreshments Available

Seaway Senior Citizens Centre Presents
The Gusé Family
Saturday November 20, 1993
2 pm and 7:30 pm $10.00 general admission
Aultsville Hall, St. Lawrence College



They are an appealing, vivacious group featuring father, Jim, and his children Nicole and Shane. Nicole was the winner of the Southwestern Ontario, Ontario and Canadian stepdance championships - all in one year. Their high-energy performance includes singing, dancing, and instrumentals. The group has had continued success with this entertainment package. Their toe-tapping performance has been enthusiastically received by audiences around the country and now it is your turn. If you have enjoyed the Gusé Show in the past you will certainly be thrilled with the show they have planned for us! So join us at St. Lawrence College for an unforgettable show!

For more Information & Reservations Please Call
Seaway Senior Citizen Centre at
932-4969