SEAWAY NEWS

October 12,1992 VOLUME 7, ISSUE 41 SERVING CORNWALL AND AREA

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Wasn't That A Party??

by Gisele Grignon

Party, party, party. It's a tough job, but Carole Parisien's got to do it.

As owner of the Party Animal, Parisien knows a thing or two about throwing a grand gala or an intimate tete a tete.

Since 1989, Party Animal has been providing clients with theme party decorations that will long be remembered by their guests. With portfolio in hand, Parisien consults with her clients who want help with just about anything from trade shows to anniversary parties. But Parisien says the bulk of her business is devoted to weddings.

"We try to do whatever the couple wants. We'll reflect the theme in the centrepieces and in the entranceway, and we can even provide Roman Columns."

One of the more interesting weddings Parisien has worked on had a true fairy tale quality. "The bride was having a fall wedding and wanted a Cinderella theme," says Parisien. So Party Animal provided a "pumpkin coach" for all of the tables, made entirely of balloons.

"When you think of weddings, you think of white lace, but a lot of brides are starting to try different things."

That attention to detail doesn't go unnoticed by guests, she says. "People are finding that they get more of a response if they put a bit of attention into the hall. It says, "come and party with us, we really want to make this a special event. This way we're thanking you for coming in. We want to show you a good time." It shows that the hosts are putting a little more effort into it."

But getting the hall ready is only half the job.

"If the wedding is finished at 1, we'll go in about 12:45 and start handing out the balloons, which make a nice keepsake for the guests. We go back for the clean up so the bride or her parents don't have to worry about that," says Parisien.

She counts on the "patience" of friends to give her a hand to many of the jobs. "My friends are always there for me. They've helped me out through thick and thin," admits Parisien.

Pariesien says she's learned a lot since the business started as a singing telegram service.

Not the least of which is watching your step as you climb the ladder to success. Last year Parisien broke her heel in a fall and will not allow her workers to climb at all now. "I've been limping since last May. It's been a long haul, but thanks to my helpers, I've been able to make it through. But I don't allow anybody else to climb."



The Party Animal in Person: Carole Parisien's friends dubbed her "The Party Animal" and the name stuck.

Comite Canada Committee Announces Co-Chairs

The Stormont-Dundas Comité Canada Committee is pleased to announce that Ms. Katherine Burke, Dr. Gerry Rosenquist and Mr. Pierre Landry will act as co-chairs of the Committee.

Ms. Burke, a teacher at St. Lawrence High School, is Secretary to District 21 of the Ontario Secondary School Teachers' Federation and has also worked on behalf of the Inter-Agency Council on Smoking and Health, the Canadian Cancer Society, the Annual Children's Aid Bike-A-Thon and Vagabond Theatre.

Dr. Rosenquist, a well-known area physician and resident of Morrisburg, has been involved with numerous community organizations and charities. He is presently active with Upper Canada Playhouse and St. Paul's Lutheran Church. He is also a member of the Physicians' Advisory Board of MDS Laboratories.

Mr. Landry is a resident of Cornwall and former chairman of the SD & G. Roman Catholic Separate School Board. Mr. Landry is currently Executive Director of Equipe Psycho-Sociale of the Children's Mental Health Centre of SD & G.

Each of these individuals bring a wealth of personal experience and community involvement to the committee. Their dedication and commitment for a strong and united Canada will greatly assist the efforts of the committee to obtain public support in favour of the Constitutional Agreement in the October 26th national referendum.

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SYLVIA'S SCENE

By Sylvia Hall
SEAWAY NEWS

Fall is here. The leaves are brilliant and the colours are a joy to behold. Unfortunately they also need to be raked and the grass needs cutting one more time. The garden beds need cleaning out, and the bulbs need to be planted. I notice that when I plant bulbs there are squirrels watching me from the trees, all ready to dig them up the minute I step indoors. So I protect those special tulip bulbs from the top of the soil, but then the mice and the moles gather them up from under the soil.

To add insult to hard work, we have a dog who feels she must retrieve anything that is buried. Nice juicy spring flowering bulbs are to her, a special gourmet delight. She also likes to dig a comfortable area on freshly tilled soil, on which to lie and soak up a little sun. She has been listening to T.V. ads that say "We do it all for you". There go some more carefully planted perennials. Sheer delight in August was one glorious dark red lily. We were supposed to have had 12 of them.

No wonder the garden and nursery people keep sending me there lovely colourful catalogues. They know that if you live in the country you have to satisfy the appetites of all the creatures who store food, and hope you get a few golden daffodils, tulips and crocuses for your own pleasure. How do they know? They sell small wire cages in which you carefully place each bulb prior to planting. I've seen some of those cages absolutely empty in the spring. You have to do better than little cages to fool creatures with sharp teeth and claws.

One old fashioned remedy was to surround the bulbs with moth balls. That's fine if they don't wash up to the surface, and very young children in the area mistake them for mints and eat them. I've tried moth flakes but they only work to keep skunks away, which is great if marauding skunks are your problem. This summer our problem was porcupines.

We were appalled to be greeted one morning on our way out by our other dog. Very small and rather old. She looked not only very strange but obviously in great distress. She had an odd looking silver face. Her nose, face and mouth were covered with quills. What a gruesome sight. A face and jaw sprouting a silver, sharp prickly beard. Our day's schedule was cancelled as we sped off to the Vet. Then the worry that this elderly pet would survive the anesthetic necessary for the removal of the quills inside her mouth as well as outside. She was a sorry looking sight. That evening when she was carried indoors, still groggy and hungry and thirsty. Will she learn from this experience? Who knows. Though she is small and elderly she seems to think her job is to keep our house safe from tigers.

Is she too different from humans who feel they have to go on the offensive at the least insult or act of belligerence from someone who is not of their race, creed or colour. Maybe the porcupine meant no harm, but it was on the dog's territory so she reacted. Animals do this instinctively. We who are blessed with human brains and supposedly a higher intelligence are supposed to know better.

Having read the Canadian crime reports recently, I don't think we do.

Maybe porcupine quills would be less lethal, but have more lasting reminders than knives or bullets. I think Mother Nature is smarter than we are, and I do hope she protects my bulbs.

LifestyleCapsules

QUICK WEIGHT LOSS ... Is it for You? (Part 2)

by Hans Diehl, DrHSc, MPH
Nat Shah, MD

The way to prevent damaged muscle tissue is to make sure a diet contains not only enough protein for daily needs but also enough carbohydrate to prevent muscle tissue loss. For an average person this translates to eating at least 200 calories of protein (50 grams) and 600-800 calories of carbohydrate a day. The body cannot use fat (fatty acids) for 100% of its fuel needs.

What kind of weight loss can be expected from a diet like that?

Moderately overweight people usually lose one to two pounds a week, and seriously overweight persons may lose a little more. Slow and steady weight loss on a well-balanced diet does not throw the body into the mode of "starvation metabolism." Binges and failures are much less frequent, and feelings of deprivation become manageable for most people. And chances are good that the weight lost is real *fat.*

Perhaps the most important aspect of slower weight loss is that it allows time for people to establish new and more healthful habits of eating. It the weight loss is to have any chance of being *permanent,* a lifestyle consistent with maintaining the new weight must be achieved.

Many people are so desperate to lose weight that they have no patience with slow programs. Wouldn't a series of quick weight losses be better than none at all?

The truth is that it would be less harmful to health to keep the weight in the first place. Losing and regaining weight, yo-yo like, over and over, is one of the most harmful things one can do to the body. Muscle tissue is gradually depleted, and because muscle tissue is where fat is burned, the person becomes increasingly unable to lose weight.

Of even more concern are the psychological consequences. Enduring years of repeated failure and humiliation produces emotional scars that often remain for a lifetime.

But the saddest part is that the people seduced by the magic of quick weight loss offered by the merchants of misery *do* shed pounds initially, but they invariably end up weighing more than they did before.

However, this should not minimize the fact that overweight persons carry increased health risks. They have *more* heart disease, hypertension, diabetes, gall bladder disease, and cancer than do people of normal weight.

So, get started. Be patient. *And do it right* with proper nutrition and exercise.

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BASIC BLACK



By Arthur Black
SEAWAY NEWS

This morning I left my house in the country at 6:30 so that I could catch a bus that drove due east for two hours and ultimately dumped me in the bowels of the Big City where I made my way to my office, my desk and my telephone. As soon as I got to my telephone I called Harry.

Harry and I had a 10 o'clock meeting, but Harry wasn't in yet. His secretary figured he was probably caught in traffic somewhere between his office (just down the hall from mine) and his home, which is in a small town about as far east of the city as mine is west.

I hung up and pondered the absurdity of the situation. Here were two worker drones, Harry and Yours Truly, dutifully plodding towards the big smoke from opposite directions at the crack of dawn through traffic jams, exhaust fumes and varous vignettes of vehicular mayhem ... just so we could sit down across a desk and talk business.

To quote an old wartime slogan: Was This Trip Really Necessary? Why didn't we both stay home in our pyjamas and do our business long distance?

Well, because Harry and I are commuters, that's why. We belong to that loony benighted stratum of citizens who earn their paycheques in the city but lay their heads in the boonies. There are dozens of good reasons for commuting to work - cheaper accommodation, clean air, the sight of actual wildlife other than cockroaches and sewer rats - but commuting comes with a hefty price tag: twice a day you have to gird up your seat belt, check your vital flueds (gas, oil, windshield washer), take a death grip on the steering wheel and Make The Trip.

But do we have to? Every day that I drive into the city I see literally hundreds upon hundreds of cars doing the same thing mine is - chugging down the road to and from the city in pathetic chrome-to-chrome daisy chains that stretch over the horizon in both directions.

And for what? Oh sure, some commuters have jobs that absolutely require them to bring themselves physically into the city each day, but some of us - in fact, probably most of us - are makinbg the tiresome, smelly, dangerous and expensive trip to town to do something that we could just as well accomplish at home.

Let's face it: most of us salaried stiffs don't earn our daily bread by being hewers of wood or drawers of water any more. Most of us these days - be we inventory clerks or managing editors - are pushers of paper or wranglers of electrons. Our secret weapons are the telephone, the personal computer and the fax machines.

And phones, PCs and faxes work just as well out behind the barn as they do in a skyscraper at Bay and King.

What would happen if all the commuters who could do their job from home, didn't go to the office tomorrow? The savings would be astronomical. In Britain, a report called "Strategic Workstyles 2000" has just been published. It claims that if British commuters worked from their homes Britain would save more than 45 billion in fuel costs and have 9,000 fewer road accidents to contend with.

It's starting to happen over here. Last month, the president of the Treasury Board announced a pilot project that will allow employees of the federal government the option of working from their homes, linked to their offices by telephones and computers. "It can improve many aspects of life for Canadians" said Treasury Board president Gilles Loiselle. "It can be good for family life, reduce environmental damage and encourage energy conservation."

He may be right. Unfortunately, I can't think about it any more. Too tired. I have to get to bed so I can get up early tomorrow and leave the house at 6:30 to catch a bus that will drive .....

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NOTICE

APPLICATION FOR A TRANSITIONAL AUTHORIZATION

(pursuant to subsection 24(2) of the federal Pulp and Paper Effluent Regulations under the Fisheries Act)

Notice is hereby given of the receipt by the Director, Environmental Protection, federal Department of the Environment, Ontario Region, of application for transitional authorization filed by Domtar Specialty Fine Papers, Cornwall, located in the Province of Ontario, for a period commencing on December 1, 1992 and ending on December 31, 1995.

This application requests that a transitional authorization be issued pursuant to the Pulp and Paper Effluent Regulations to permit temporarily the deposit of deleterious substances, comprising matter exerting a biochemical oxygen demand (BOD) and effluent that is acutely lethal to fish, in excess of the regulated limits.

Any person, body or group who has an interest in the application may obtain information by contacting the Director:

Mr. Simon Llewellyn, P.ENG.
Regional Director
Environmental Protection-Ontario Region
25 St. Clair Ave. East, 7th Floor
Toronto, Ontario M4T 1M2
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(This application constitutes a proposal to which the Federal Environmental Assessment and Review Process Guidelines Order applies.)

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Flanagan Pop Quiz

By: Mike Flanagan

Autumn is here! Time to preview the new bathing suits! Well, not quite yet ... but soon! Check you own personal style with a quiz that revisits great moments in ...

FASHION

1. What famous designer's lucky number was 5? a) Christian LaCroix b) Keith Varty c) Gabrielle "Coco" Chanel d) Paco Rabanne

2. Who, in 1947, introduced the New Look, emphasizing long hemlines and full skirts? a) Elsa Schiaparelli b) Christian Dior c) Hubert de Givenchy d) Edith Head

3. What was the most talked-about item of the 1957 season? a) Seamless hosiery b) Bermuda shorts c) The "sack" d) The pillbox hat

4. As "Mod" wear dominated 1965, what designer introduced the "Mondarian" dress? a) Yves St. Laurent b) Pierre Cardin c) Courreges d) Arnold Scaasi

5. What did Mary Quant introduce? a) The go-go boot b) The miniskirt c) The granny dress d) The topless swimming suit

What was the hot fabric item of 1971? a) Silk b) Double-knit c) Velour d) Leather

7. Who was credited with popularizing shorter hair for women in 1976? a) Mary Lou Retton b) Dorothy Hamill c) Princess Di d) Liza Minnelli

8. What film created a fashion statement in 1983? a) "Flashdance," with ripped clothing b) "Saturday Night Fever," with polyester suits c) "The Breakfast Club," with stonewashed denim d) "Alien," with the Wet Look

9. What made a surprising comeback in 1987? a) Bell-bottoms b) Corsets c) Paper dresses d) Tie-dyed apparel

10. What Italian city is an important fashion hub? a) Parma b) Genoa c) Florence d) Milan e) Rome

11. What shoe style from the 1940s returned in the '70s and is back again this fall? a) The Cuban hell b) The open-toed pump c) The platform d) The combat boot

12. What item is considered an essential for fall '92? a) The white shirt b) The black dress c) The Angora sweater d) The latex bustier

SUPERBAD: What French fashion designer introduced the binkini in 1946?

ANSWERS: 1-c, 2-b, 3-c, 4-a, 5-b, 6-d, 7-b, 8-a, 9-d, 10-d, 11-c, 12-a.

SUPERBAD: Louis Reard.

IN FACT: According to the Harper's Index, 75 percent of American women wear the wrong size bra.

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THE NEW CONSTITUTIONAL AGREEMENT

THE HIGHLIGHTS

Over the past two years, federal, provincial, territorial and Aboriginal leaders have consulted with thousands of Canadians and concerned groups from coast to coast. These consultations included Royal Commissions, participatory conferences, parliamentary hearings, and hearings in the provinces and territories held by provincial and territorial legislatures. Federal, provincial, territorial and Aboriginal leaders have agreed unanimously on August 28, 1992 in Charlottetown on a package of constitutional proposals that recognizes the equality of all Canadians and represents all of our interests. The agreement is now before Canadians.

A Social and Economic Union

The agreement proposes that the new Constitution would contain a statement of key economic and social objectives shared by all of the governments in the federation. The objectives include comprehensive, universal, portable, accessible and publicly administered health care, adequate social services and benefits, high quality primary and secondary education and reasonable access to post-secondary education, collective bargaining rights and a commitment to protecting the environment. The economic policy objectives to be entrenched would be aimed at strengthening the Canadian economic union; the free movement of persons, goods, services, and capital; ensuring full employment and a reasonable standard of living for all Canadians; ensuring sustainable and equitable development.

Avoiding Overlap and Duplication

Exclusive provincial jurisdiction would be recognized in the areas of forestry, mining, tourism, housing, recreation, municipal affairs, cultural matters within the province, and labour market development and training. In addition, to ensure the two levels of government work in harmony, the government of Canada commits to negotiating agreements with the provinces in areas such as immigration, regional development and telecommunications. Federal-provincial agreements on any subject could be protected by the Constitution from unilateral change.

Distinct Society

The new Canadian Constitution would recognize the distinct nature of Quebec, based on its French language, unique culture and civil law tradition.

In the reformed Parliament, the Senate would reflect the equality of the provinces while the House of Commons would be based more on the principle of representation by population. As well, various provinces would be assured a minimum amount of seats in the House of Commons.

Parliamentary Reform

The proposed Senate would be made up of six elected senators from each province and one from each territory. Additional seats would provide representation for Aboriginal peoples. The reformed Senate's powers should significantly increase the role of the elected Senators in the policy process.

The proposals recognize that Aboriginal peoples have an inherent right to self-government and that the Constitution should enable them to develop self-government arrangements and to take their place in the Canadian federation. The proposals recognize Aboriginal governments as one of the three constitutionally recognized orders of government in Canada. In addition, the proposals provide for a negotiation process between Aboriginal leaders and provincial and federal governments to put this right into effect. The recognition of the inherent right would not create any new rights to land, nor dilute existing treaty rights.

Aboriginal Self-Government

Now that Canada's federal, provincial, territorial and Aboriginal leaders have reached a consensus, it is the right of all Canadians to understand the new proposals. Call the toll-free number below to receive an easy-to-read booklet on the new constitutional agreement or a complete text.

It's your right to know what the constitutional proposals say, before voting on October 26.

FOR INFORMATION CALL: 1-800-561-1188

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Canada



QFA Board Backs "YES" Vote

"Approving the Charlottetown Agreement is a question of citizenship rather than one of political partisanship", noted Quebec Farmers' Association president Peter Riordon. "A "YES" is essential to attain economic stability and, for Quebec's English-speaking communities, respect for their minority language status," he continued. Riordon's comments were made following the QFA Board of Directors' decision to back the "YES" vote in the upcoming referendum on constitutional renewal.

In the QFA Board's view, it is seen that a "NO" vote in the referendum will significantly increase the chances of a provincial government being elected in 1993 that would actively pursue policies leading to the independence of Quebec. "This would bring into doubt the future of Canada and possibly the right's of those wishing to remain Canadians," Riordon said. In addition, the QFA Board believes that a "NO" vote would not only continue but potentially worsen present economic conditions, especially so for the supply managed sectors of the agricultural industry.

Whilst recognizing that some individuals may have reservations about the agreement, the QFA Board considers it to be an acceptable working plan for Canada, especially considering all the diverse interests accommodated as a result of the negotiations. In particular, the provision for the protection of minority language communities within Canada is an important and necessary assurance, and one that would be otherwise difficult to obtain in a greatly decentralized or divided Canada.

Gallery Opening



Logan's Gallery situated at 224 Pitt St. has officially opened for business. The art gallery and custom frame shop has both originals and prints, and a variety of other artistic creations perfect for gifts. Pictured here at the opening is the owner of the gallery, Mike Logan, with Canadian artist and special guest Mia Lane whose originals and prints will be on display until November. The painting is entitled, "Motherhood", an original by Lane.

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SEAWAY NEWS

DOUG & MAGGIE'S CORNER

Doug & Maggie Fobert of St. Clair Paint & Wall Paper

If you live in a home with an unfinished basement and are not quite ready to develop it, a great way to make the space more user friendly is to paint the concrete floors and walls.

A paint job not only lightens and brightens the typical cave like appearance of basements, it also seals the concrete. Unsealed concrete is a continuous producer of dust. This concrete dust drifts throughout the house. While this is not a serious problem by any means, it does exist and a paint job will eliminate it.

Most people paint the floor but never think of the walls. Painting the walls makes a tremendous difference in the look and feel of a basement, transforming it into a much lighter, warmer feeling, space.

First vacuum the walls to remove dust and loose material. The next step is optional, as it may prove difficult, but highly recommended because it makes the job much easier. Wet down a section of the wall that you are going to paint first by rolling water on with a fluffy roller or misting it with a garden hose. The hose can be attached to your clothes washer faucet.

Concrete draws the moisture out of latex paint and subsequently it does not have a chance to cure properly. Wetting the walls down so they are quite damp when painted helps prevent this process and allows the paint to cure properly. The result is a longer lasting, better wearing, paint film.

A nice side benefit of wetting down the walls is that you use less paint and it goes on much easier.

Apply the paint with a split foam roller. Work on sections that are about three feet wide. A nylon or polyester brush should be used to cut down from the ceiling and around pipes and other protrusions. Roll at least three full roller loads of the upper half of the three foot section using a large M or W motion, and then do the same on the bottom half. Continue across the wall in this manner and pre-wetting or re-wetting the concrete wall with water, as necessary.

Prepare your floor for painting by first vacuuming and then, if it is dirty or greasy, washing with T.S.P. and hot water followed by a rinse with clean water.

The next step in the preparation process is to etch the floor. Don't skip this step. Remember when floors are poured they are power trowelled to a very smooth and shiny surface which makes paint adhesion difficult.

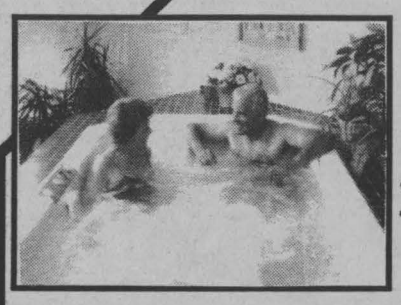
Etching microscopically roughens the surface of the concrete so that the paint has a tooth to adhere to. Etching also neutralizes the alkalinity on the surface of the concrete. If this is not done you run a high risk of premature paint peeling.

Preparation is not complete. Allow the floor to dry for at least forty-eight hours before painting. To be sure the floor is thoroughly dry leave a rubber or plastic mat on it over night. If when you remove it the next day there is a damp outline of the mat, or a damp spot, then the concrete needs more drying time.

Use floor paints for the floor. Polyurethane floor enamel costs a bit more but it is more resistant to scuffs, scrapes, and wear and tear than oil based enamels and will last two to three times longer. Polyurethanes are also available in hundreds of colours so you can be a little more daring in your colour scheme than the old battleship grey. Acrylic latex floor paints are easy clean up and environmentally friendly.

Use a brush to cut in from the walls and around protrusions. Roll the paint on with a low pile roller; about a 7 mm pile is recommended.

The painting is a two coat process. Thin the first coat and apply the second coat full strength. Allow twenty-four hours between coats but re-coat no later than forty-eight hours after the first. Use mineral spirits to thin polyurethane or oil floor paints. Use water to thin latex floor paints.



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We all know the feeling, chills, fever, aches and pains. It all spells the flu. It is a highly contagious disease that affects the whole body. For healthy adults and children the flu can be a moderately severe illness keeping the sufferer in bed for 5 to 10 days. But for those considered to be in the high risk group the flue can be life threatening," said Margaret Alexander, Executive Director of The Lung Association Eastern Counties.

Vaccination is the single most effective means of preventing or minimizing influenza. "This is particularly important for the high risk group which includes: everyone over the ages o 65, anyone with lung diseases such as asthma, emphysema, chronic bronchitis, cystic fibrosis, heart or kidney disease of metabolic diseases such as diabetes. Over 5 million Canadians are considered to be part of this group," added Margaret Alexander. However, only about 30% of these individuals receive vaccine annually. it is estimated that 5,000 Canadians die each year from influenza and pneumonia complications.

Vaccination should also be considered by health care providers and other individuals who are in contact with the high risk group. Your doctor will tell you whether or not you should be vaccinated. An annual vaccination is required since the virus strains change annually. The flu season usually occurs between November and April. The best time to receive influenza vaccine is October. If you would like more information about influenza contact the Lung Association at 932-4999.

The Lung Association is Canada's oldest voluntary not-for-profit health promotion organization. First established in 1904 to control the spread of tuberculosis, today we are concerned with the prevention and control of all lung disease. The Lung Association's education and research programs are supported by donations to Christmas Seals and by other voluntary contributions.

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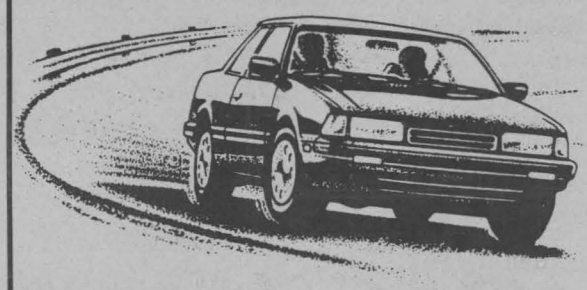

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MPP REPORTS



By John Cleary
SEAWAY NEWS

Amendments to the Ontario Labour Relations Act, Bill 40, received second reading in the Legislature last July amidst extensive controversy. Many people expressed fear that the amendments would not only impair workers rights, but also create a negative atmosphere for investment in the province.

The five weeks of public hearings over the summer session proved equally contentious as even more opposition to the proposed labour amendments echoed across the province. While the NDP only allowed one in five of those who wanted to speak an opportunity to actually present their views, the message of the public hearings was obvious: Do not proceed with the current NDP plan. Instead, introduce legislation that encourages business and economic recovery.

During the fall session of the Legislature, my colleagues in the Liberal caucus and I will continue to push the NDP government to introduce policies that will bring Ontario working again. For us, this means joining the strong chorus against the NDP government's plan to overhaul the Ontario Labour Relations Act while offering some sensible changes to the NDP Bill.

The Liberal amendments to Bill 40 will increase freedom of choice for workers by guaranteeing a secret ballot for union certification where 30 percent of workers support unionization to ensure a fair and democratic process.

The Liberal caucus opposes the ban on replacement workers which the NDP plan recommends. We believe its inclusion may wreak a devastating effect on jobs and business in Ontario. Sepcifically, if businesses, particularly time-conscious businesses, fear that their ability to compete will be threatened by these provisions, they may relocate to other jurisdictions.

Further, we regard the work environment as one of cooperation and understanding. Workers should be allowed to choose the work environment of their preference without fear or intimidation. As such, there must be a commitment that separate bargaining units for full and part time workers would only be consolidated if a majority of members of both groups vote in favour.

Finally, it is imperative to change the purpose clause of the Act to restore the balance between labour and business.

At a time when Ontario needs cooperation between the workplace partners, it is incomprehensible why Bob Rae would be polarizing business and labour as the NDP's current version of Bill 40 will clearly do. As such, my colleagues and I will be reminding Bob Rae that Ontario can only recover from the recession if the economy is managed wisely, and that means creating a productive atmosphere for both employees and employers.



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PERSPECTIVE



By Bob Roth
SEAWAY NEWS

NDP's MacDonald Resigned Because He Didn't Get Full Support

In the wake of my last column on the surprise resignation of Mark MacDonald as the NDP candidate for Stormont-Dundas, some new information has surfaced which sheds new light on this subject.

As I suspected, it appears that MacDonald did not get the full support he needed in fighting the so-called "free speech" issue which NDP spokespersons say is the reason for his resignation.

In fact, more than one source has informed me that there is a split within the local NDP hierarchy and some members didn't want MacDonald to be their candidate in the first place. Apparently, they wanted Dave Moss, who was unable to attend the nomination date which was set by the federal riding association. Apparently, some of these New "Democrats" actually tried to get MacDonald to defer from seeking the nomination. There was also a challenge to the legality of the nomination meeting.

As I indicated in my last column, MacDonald got into hot water when he criticized the city's record on labour relations. Mayor Martelle, in effect, told him to stay quiet on the issue (since MacDonald is a city employee) or else he would be fired.

My sources tell me that MacDonald tried to grieve this threat but his union executive (the firefighters) refused to support him. That was his first disappointment.

Then, given the backbiting going on within the NDP itself, MacDonald resigned as the NDP candidate.

Given this new information, attempts by NDP riding association leaders to portray this incident as a "free speech" issue ring even more hollow. The real issue is that neither the union nor the NDP gave MacDonald the full support he needed to wage this battle.

I guess I'm not surprised. The past year or so has not been a good one for old NDPers who once believed that the party stood on principle. That the "free speech" issue was so easily abandoned does not suprise me given the 180 degree turn the party has made on so many issues provincially:

• A cabinet minister admits lying and slandering a doctor and instead of demanding her resignation, the premier spends hundreds of thousands of taxpayers' dollars to defend her at a public hearing (which concluded that, indeed, she lied).

• Despite years of opposition to gambling as a tax on the poor and an invitation to criminal activity, the party is now opening gambling casinos in Ontario.

• Despite numerous righteous speeches being delivered while in opposition against Sunday shopping, the party has implemented Sunday shopping.

• Despite its commitment to "the people" and the "grass roots" the party brass overruled its own provincial council (a meeting of the "grass roots") to push Sunday shopping through.

• Despite its assurances for years that public auto insurance would save consumers money while not endangering any jobs, the party abandoned its position on the basis that it was too expensive and would endanger jobs.

• Despite assurances while in opposition that it would not raise tuition fees for university students, it did.

• Despite its criticism of previous governments' cutbacks in hospital transfer payments, the NDP's own cut-back policies have continued to close hospital beds.

I could go on, but it pains me too much.

What disappoints so many people about the NDP experiment in Ontario is that this government seems so much like the other governments. People voted NDP because they wanted something different, a new approach. If we wanted broken election promises and cabinet ministers who lie, we didn't have to elect an NDP government; the other parties had already proven themselves quite capable of delivering such goods.

As for the predictable defence that times have changed and therefore promises can't be kept; well, let me just point out that this has been the same excuse used by every other party since Confederation to justify broken promises. And, in fairness, maybe the NDP is right. There is truth to the NDP contention that federal cutbacks in transfer payments have left the province to pick up the the tab. And there is also the reality of a North American recession to deal with. Mind you, such considerations don't explain abandonment of the "integrity" issues. And one might have expected the party to come up with something more novel as a fundraiser that the "evil" it spent a lifetime denouncing while in opposition.

Frankly, I don't believe that any of the other provincial parties would do a much better job. Governments of every political stripe throughout Canada are having exactly the same problems. Still, I am saddened. While the NDP was in opposition, we at least had hope that things could be different.

SEAWAY NEWS
LETTERS TO THE EDITOR

Dear Editor:

I would like to bring forward, to your readers, my personal reflections on the present constitutional debate. Having gathered some basic information pertaining to the accord through various communication medias, I find it very unfortunate of the orientation this whole situation seems to be taking. Scare tactics and manipulation from both sides to influence our judgement makes this whole debate repugnant and disgraceful. I'm not surprised that the people of our country have totally lost confidence in the credibilty of our politicians. Their verbal confrontation, surely demonstrates all the turmoil that this country is now experiencing. We are being wasted to the account of diplomats and bureaucrats, who in turn have totally forgotten who exactly they serve. I also find displeasure in the speculation of future factors from both sides that are hard to measure or prove. This interpretation based on fear surely demonstrates the lack of solid leadership within our country. If only a real leader could emerge maybe then could we build a solid future, with prosperity, dignity and respect of everyone involved. Our present leaders are leaving us with an ever growing debt, an everlasting burden of bureaucrats. Straining taxes are leaving us in an atmosphere of constant battle among ourselves which is counter-productive to the growth of this nation. Another element that I would like to bring forward, is the cultural heritage of the French and Aboriginal people. Personally I find this issue hard to understand, because people are distinct because they are different. A cultural heritage cannot be imposed, it has to be transferred from generation to generation to people that are willing to love it and cherish it. In this matter, I have no personal quarrel in giving to the French and the Aboriginal people all the tools needed to promulgate and develop their cultural heritage. Especially, if this issue is not resolved in a respected fashion, it will be a cause for continuous tension that will last forever.

Now in my final preamble, I would like to enumerate in point form, various clauses that I find important in this debate.

1. Senate Reform: I find that this chamber, should be totally abolished, it's an archaic system of relics that is counter productive to this country. A tax burden.

2. Parliamentary Reform:

a) I would liked to have seen in the constitution, a law restraining the federal government of over budgetizing in their fiscal year, (in other words no continuous deficit)

b) Also to have a total reform of the legislative and government procedures. May I remind you that the referendum is only a tool to scan the general view of the population on a specific project. The accord would still have to be ratified by each provincial legislation before it became law.

3. Individual Rights: May I remind you that the right's of the women and the handicapped were not clearly identified in the accord.

4. The Social Charter: Broadly open to interpretation may result in continuous court battles. We are all open to virtue, and I'm positive that all the minimum service to the people in need and our poor will never be abolished, but can we afford universal programs to all, without crippling our future generations.

5. Court Battles: In my view the full accord seems to be based on interpretation and negotiation, which can only result in long and painful court battles. And I strongly hope that the legal text of the proposal be issued to each citizen of this country for their own review. I personally want a legal binding text as I have no trust in our politicians especially after their 20 year track record.

6. The Third Level of Government: One of the most important and costly elements of the accord package. In this proposal of the establishment of an aboriginal self-government. May I remind you that the department of Indian Affairs in Ottawa, are spending toward the legitimate cause of the aboriginal peoples. Billions of dollars are spent within one department of the Canadian government. Could you imagine the cost for a third level of government? Personally, I would have like to have seen the aboriginal minister with a mandate to protect all the cultural heritage of the 600 tribes. In conclusion to this matter, I would like to say that I do not want to be held responsible for all the aboriginal problems because of the way some of my despicable ancestors have treated them. I'm for a total justice for all citizens of this country without prejudice or discrimination.

In conclusion I would like to say that my only concern is for the welfare of our youth and future generations. I strongly hope that this torn country will overcome these problems for the common good and prosperity for all the citizens of this nation.

Yvan Léger,
Cornwall.

Dear Editor:

"Crooks don't tell on Crooks"
"Resign, resign, resign!"
"Option three, stop stealing"

Someone carried these signs to Parliament Hill, someone shouted these words on Parliament Hill.

Someone else carried the sign "Kealey was right", to Parliament Hill.

For further information concerning the above events and the background behind the scene watch the "Community Events" column in this paper.

"Find out why"
"Find out when"
"Find out more about 'Whistle Blower' Glen"

Sincerely,
Muriel McCaskill,
Dalkeith.

Dear Editor:

I was thrilled to have my recipe chosen for a first prize. The gift certificate I received is being well spent.

Thanks so much to both Seaway News and to Farm Boy.

Sincerely,
Norma O'Collin



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CLAIRE HOY

By Claire Hoy
SEAWAY NEWS

Here comes Clyde.

Wells, that is.

Premier of Newfoundland. Hero of the anti-Meech Lake forces. Canada's most stubborn politician.

A man more theological than political in the traditional sense.

A man still wildly popular in much of Canada, and just as wildly unpopular in other areas.

A man whose endorsation of the Charlottetown accord is more akin for a firm Maybe than a solid Yes.

But, so desperate are the Yes forces in this thing, Brian Mulroney recently swallowed his personal enmity toward Wells to convince him through a telephone conversation to get out there and help the Yes forces.

His intervention may, or may not, be helpful.

It all depends upon how many Ifs Wells throws in before telling people they should support the deal.

Based on the record so far, there are bound to be many, many Ifs.

Still, most of those speaking on behalf of the Yes side so far - particularly Mulroney, Joe Clark, Robert Bourassa, Bob Rae and Mike Harcourt - have been so incoherent and/or incompetent, they've been helping the other side more than their own.

Wells is not likely to be that stupid in his presentation.

(A personal confession here: I've just finished a book on Wells, which will be out within the next couple of weeks, which gives me both a thorough personal knowledge of the man, but also a strong personal interest in his being noticed).

That being said, since Wells certainly commands more respect than the band of partisan marauders who have been attempting to sell the deal so far, it can't help but assist the Yes side overall.

Unless, of course, the controversy over his making a "deal" with Mulroney to toughen up the proposed Senate powers backfires.

Thing is, many who oppose the accord argue - correctly, it says here - that changes are being made in the deal agreed to Aug. 28 by Ottawa, the provinces and aboriginal leaders.

This is one of the strongest arguments against the deal - the fact that it is not actually a deal at all, but is simply a working paper which will be used, as the referendum question spells out, as "the basis" for a final deal. If Canadians were presented with the final deal first and asked their views, that would be one thing.

But that's not the case.

Instead, they're being asked to approve what essentially is a blank cheque. One provision alone - the agreement in principle for aboriginal self-government, could dramatically alter our society and cost us billions. Who knows what it means? Certainly not all those guys who signed the deal and are now attempting to foist it upon the public, mainly by fearmongering predictions of doom and gloom.

At least we won't get that from Wells.

Whatever his reservations about the deal, he'll argue from a position of principles.

He has already publicly attacked Mulroney, Clark, et al for scaremongering, so he's not likely to take that counterproductive tact himself.

Wells has agreed to campaign for the deal in British Columbia and Alberta, provinces where he's extremely popular and the accord isn't.

He's also considering campaign stops in Ontario and Manitoba.

If Wells were completely convinced this accord is a good idea, a good deal for Canada, his invervention would be tremendously valuable for the Yes side.

But it remains to abe seen how helpful it will be for them to have people listen to Wells' half-hearted support.

He has already insisted in public that the legal text must be available to Canadians before the Oct. 26 referendum.

And he's said that if the text does not conform with what he and the others agreed to in August, he won't support it.

All of which does not add up to a vigorous endorsement of this deal from a guy whose opinion matters to many Canadians, less so to many of those who cheered him in Meech and are no doubt feeling somewhat betrayed by his agreement to sign the Charlottetown accord.

Not long ago, expalining the need for a legal text, Wells said: "I can't tell the people of this province exactly what I think of the proposal until I know exactly what it is."

If Wells means that - and he always insists he means what he says - then he certainly won't be able to tell the people of Newfoundland how to vote before Oct. 26.

Why not?

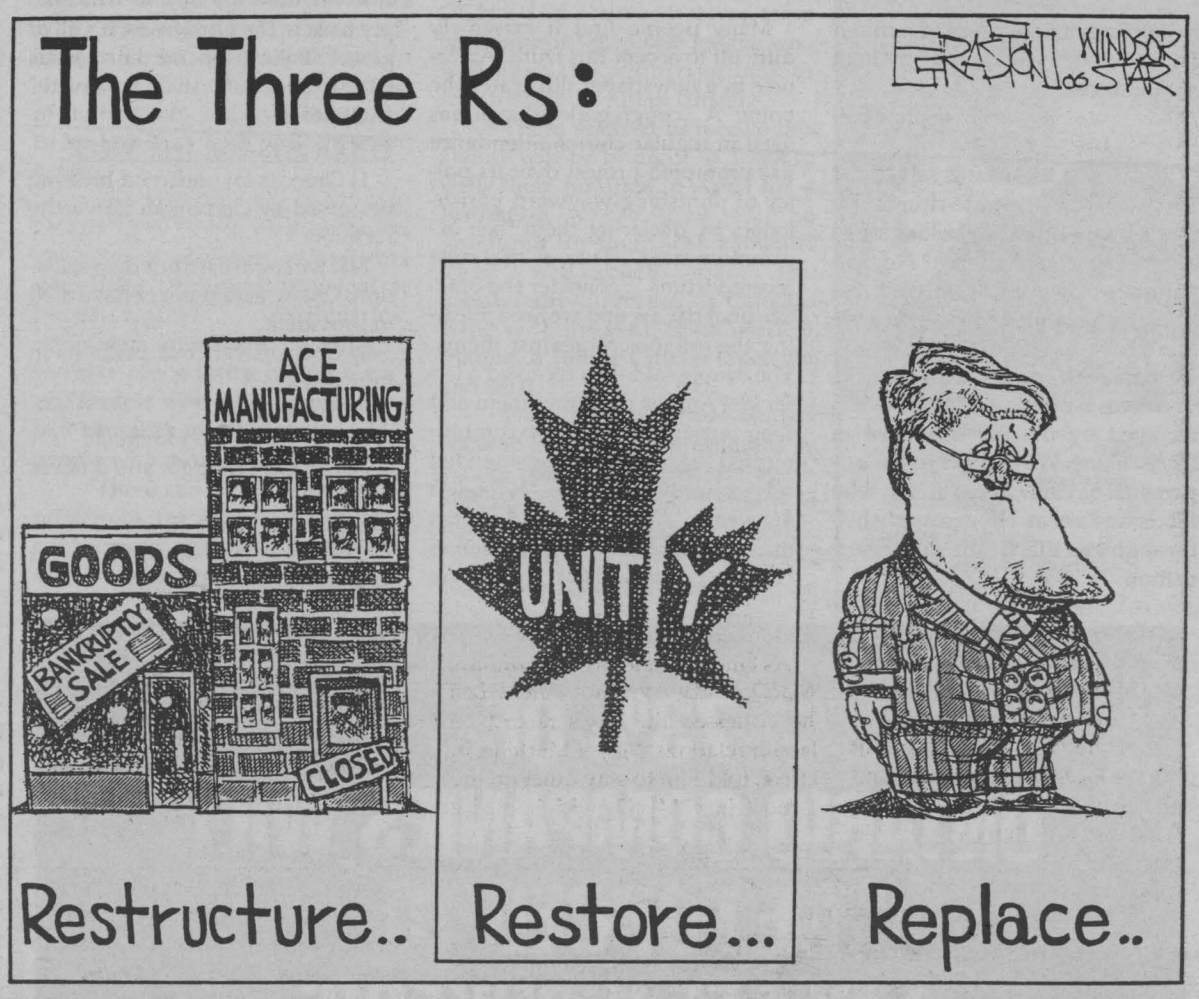
Because the legal text will not tell you precisely what native self-government is, just to name one major fuzzy area.

It can't tell you.

The politicians who agreed to this, and the natives who accepted it, don't know themselves.

Talk about signing a blank cheque.

Not for me, thanks.



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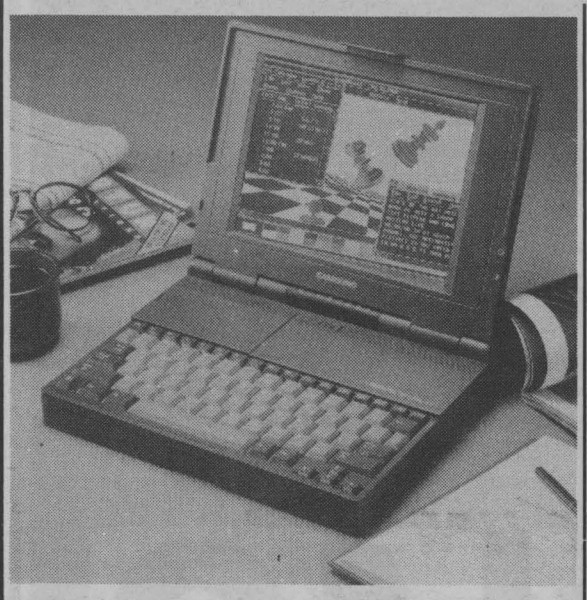

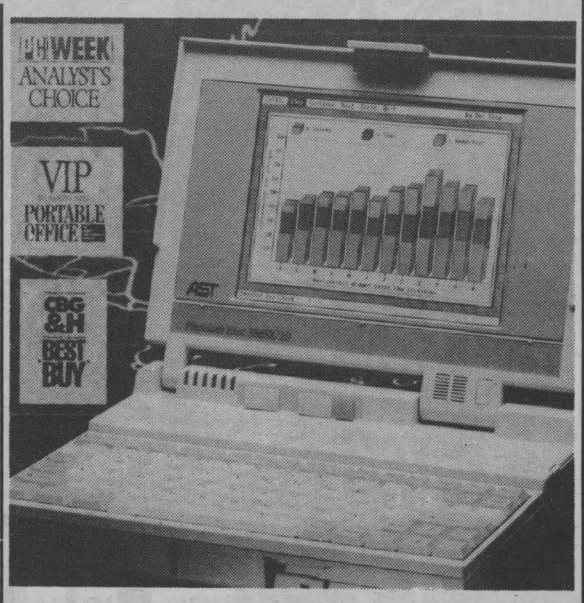

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United Way of Cornwall & District



Mr. Kazi Marouf, Campaign Chairman, is pleased to announce the appointment of Mr. Hugh McAlear as Chairman of the Government Sector for the 1992 fundraising campaign.

This area covers the Federal, Provincial and Municipal Governments and Mr. McAlear is also responsible for a Section in the Industrial area. He has handled this area of responsibility for the past three years and under his leadership there has been a significant growth in this sector. Mr. Marouf said he is pleased in making this announcement, to have a person with Mr. McAlear's qualifications on this fundraising team.

Mr. McAlear was born in Cornwall and attended St. Lawrence College as well as the University of Ottawa. He currently workds at the Canada Employment Centre as Counselling Co-ordinator. He is a member of the Cornwall Blazers Soccer Club; Employment & Education Resource Centre (Board of Directors); Career Exploration Centre (Advisory Board); Career Apprenticeship Program For Students (Advisory Board); Stay in School Initiative (at Risk Students); I.A.P.E.S. - International Association of Personnel in Employment Security. He has also held positions with the United Way in the past.



Christianity Alive

by Bob Burgess, pastor
New Life Covenant Church
(A Spirit-Filled New Testament Church)

"For by grace are ye saved through faith; ... not of works, lest any man should boast."

(Eph. 2:8,9)

Some may ask what is salvation? Do you get it by going to church? By paying your tithes? By belonging to a certain group or church? No, Salvation is a free gift from God. Because it is provided by His grace, we don't have to work for it. We can't earn it. There's no way we can make ourselves worthy of it. Rather, it is received by placing our trust in Christ alone. We accept Him as our personal Saviour, recognizing who He is and what He accomplished through His life, death, and resurrection.

Many people find it extremely difficult to accept this truth. An article in a newspaper illustrates the point: "A ... congregation that prides itself in regular church attendance has prompted protest over its policy of punishing wayward parishioners by declaring them "self-excommunicated". Two of the most recent victims ... consider the practice unchristian, and we are appealing the judgement against them... The couple said they received a letter last August declaring them and their teenage sone "self-excommunicated" because they had attended services only four times in the last 41 weeks. The letter said, "That means you are declaring yourselves non-Christians and that if you were to die, you would not be in Heaven, but you would be spending eternity in Hell."

Now, it is important to attend Church regularly. But to imply that eternal life depends upon it reveals an erroneous view of salvation. Let's never forget, eternal life is enjoyed by all who recognize that they cannot save themselves, and who simply trust in the Lord Jesus. It's all of grace! "Believe on the Lord Jesus Christ, and thou shalt be saved." (Acts 16:31).

THOUGHTS FOR THIS WEEK:

1) Grace is an unearned blessing bestowed by God on an unworthy recipient.

2) If we could earn our own salvation, Christ would never have died to provide it.

3) God answers our petitions in four ways:

a) No not yet.

b) No, I love you too much.

c) Yes and I thought you'd never ask.

d) Yes and here's more.

Remember as always, God loves you, He really, really does.

"Real Radio" on CFLG-FM 104.5



For readers who wonder where cheery, chatty, cordial radio shows with music you can hum to went, they're back. Beginning Sunday, Oct. 4 a four-hour weekly program called "Real Radio" makes its debut on 104.5 CFLG-FM Cornwall.

Real Radio co-hosts are veteran broadcasters Fred Davis (of Front Page Challenge) and award-winning Judy Webb. The half conversation, half music program offers something for everyone, including an assortment of bigtime personalities and contributors. Among them are fresh-from-CBS Bill McNeil, commentator Bob Hesketh, cooking expert Bonnie Stern, consumer advocate Barbara Klich, music archivist David Lennick, movie buff Richard Rotman, and humourist Michael Magee.

"Speaking as a long-time musician", said Davis, "the idea of a group of intelligent broadcasters bringing good music and intelligent information back to radio is like manna from heaven."

Real Radio's musical spectrum includes selected material from the '30s through to the '60s and even current music in the same arena, for example, the art of Lind Rondstadt and Harry Connick Jr.

While the program is aimed at listeners who are over 50, Real Radio may well attract an audience of far-wider demographic proportions; the kinds of people who yearn for or who still remember and savour radio as a broader-based medium.

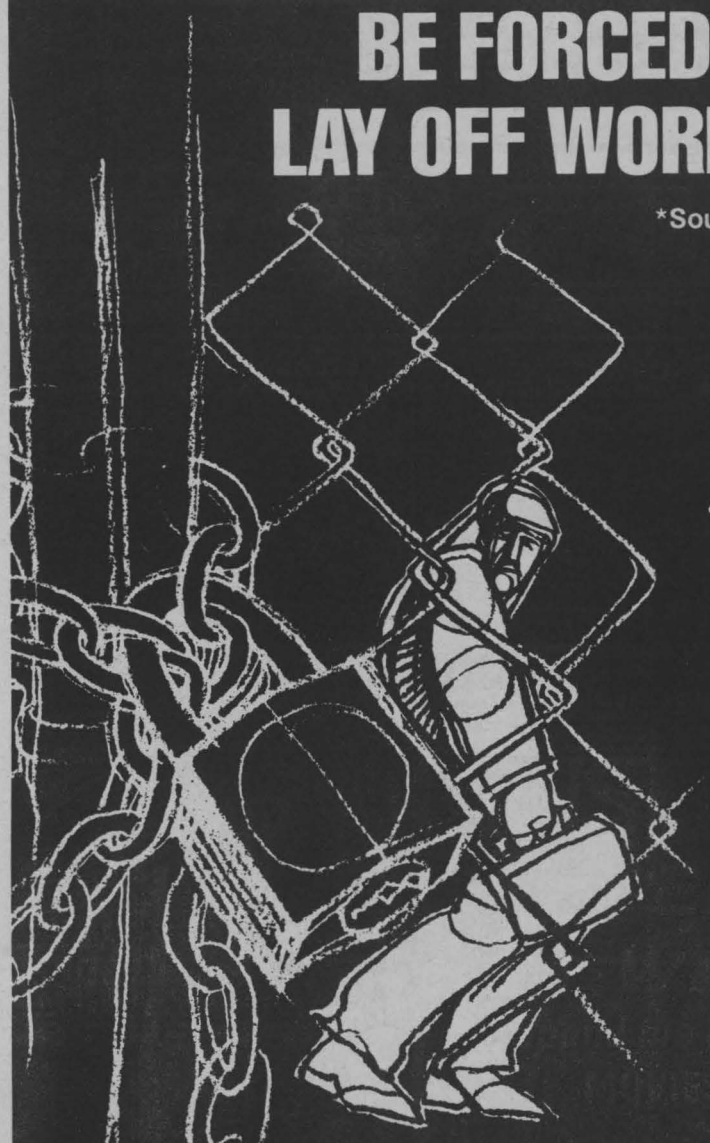
"Canada's upper demographics are tremendously under-served despite their sheer volume, their spending power, and their eagerness for information," said Real Radio co-creator Alan Mayer. Mayer asserted, with some credibility, that these people have an enormous appetite for radio aimed specifically at them; that they will take time and gear themselves toward hearing such programming.

The target listeners control 80 percent of Canada's money, have 75 percent of all the money in Canada's banks and trusts, travel more than anyone and buy nearly half of all luxury cars. And, as baby boomers age and join them, those statistics are likely to get even more impressive.

Fred Davis and Judy Webb excel in real conversation, putting it in a package fit for the '90s. There's a magic blend of hearing real people in real conversation about things that matter to them and in a way that makes it relevant, contemporary and - yes - even hip for audiences.

73% OF ONTARIO COMPANIES WILL BE FORCED TO LAY OFF WORKERS.*

*Source Ernst & Young Survey, 1992



You can't legislate economic growth. But governments can create a healthy environment for businesses to thrive and expand and thereby make more jobs. The proposed changes to Ontario's labour laws in the NDP government's Bill 40 does exactly the opposite.

Many companies fear their survival is threatened by the government's biased and hostile labour legislation. In fact, 73% of the firms in Ontario expect to lay off employees. That's a loss of one in every twelve jobs they now provide. Up to 295,000 Ontario jobs could go.

KILL THE BILL 40

BEFORE IT KILLS YOUR JOB

Speak out against Bill 40. Call the Coalition to Keep Ontario Working.
1-900-273-0050 (50¢ a call). Or write or phone your MPP:

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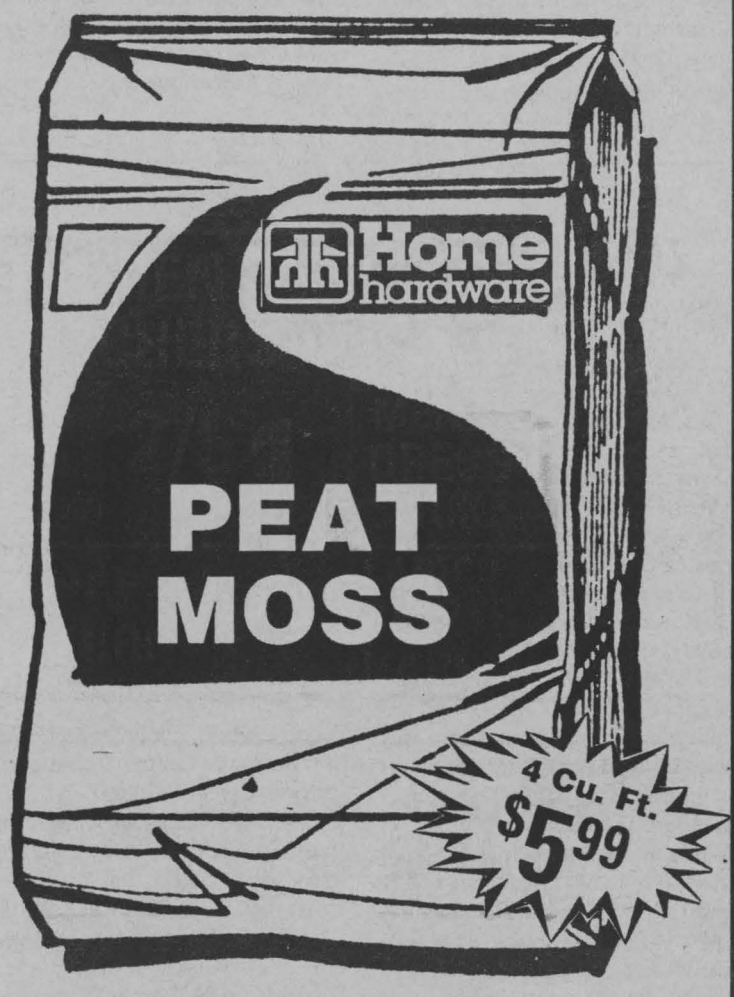

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1992 Ontario Junior Citizen's Program

Each year Ontario proves the tired old cliche, young people just aren't any good, to be a lie.

The vehicle communities across the province use to prove the outstanding character of today's young people is the Ontario Junior Citizen of the Year Awards.

For 12 years the Ontario Community Newspapers Association has co-ordinated and sponsored the program which recognizes and salutes Ontario's finest young citizens.

Newspapers across the province support the program by advising their readers of the campaign which is now under way.

Individuals or organizations are invited to nominate young people for this award which will be presented to up to 12 individuals and one group at the OCNA's annual convention in April 1993 in Toronto.

The group award is given, at the judges' discretion, to a youth organization that has made a significant contribution in some way. The organization does not have to be officially sanctioned in any way and can in fact be a group of individuals who just happened to be together and took decisive action.

Nominees for the individual award have in the past included heroes and heroines, youngsters who have overcome physical or psychological difficulties, volunteers who have contributed to their community in some way and leaders who initiated programs and activities which daunted older people with more resources.

There can be as many as 300 nominees for these awards and each nominee is acknowledged with a certificate.

Nominees must be between the ages of six and 18, but other than that, there are no rules.

Forms are available by contacting the OCNA at The Ontario Junior Citizens Program, P.O. Box 451, Oakville, Ontario L6J 5A8, or by phoning (416) 844-0184.

Nominations should include any supporting documentation - letters of support from police or fire officials, school staff, medical personnel, family or the groups or individuals directly affected by the nominee.

This year Bell Canada is co-sponsoring the event with the OCNA and representatives from both groups will select judges who will have the agonizing task of selecting 1992's Junior Citizens.

Those selected to receive this award will be brought to Toronto with their families in April for a luncheon where they will be honoured for their achievements. They will each meet the Lieutenant-Governor of Ontario who will present them with a plaque, a Junior Citizen lapel pin and $200.

Over the years this award has become increasingly prestigious as young people demonstrate again and again that there are no limits to their imagination, talent, courage, generosity and energy. Submissions for this award must be in by October 31. As the number of entries is always very high, it is difficult to deal with late submissions.

For more information on this program, or advice on nominating a potential Junior Citizen, please contact the OCNA.

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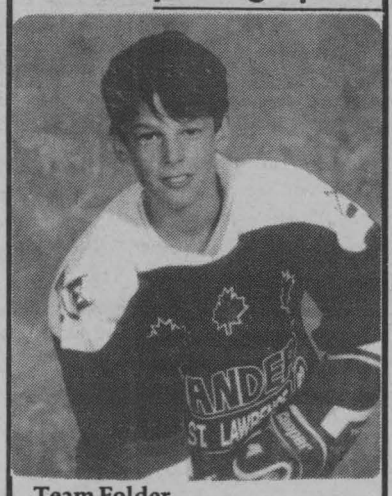

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Martintown & District Horticulture Society

By: Jean Butler

Saturday, September 26th was the Annual District Meeting where the seven societies in District 1 come together to report on their societies past year's activities. From this interaction we learn what was tried by the different groups and hopefully take home some new ideas. This year the Russell Horticulture Society were the gracious hosts.

We started off about 8:30 a.m. with Onagh Ross (1st Vice) being the driver. Along for the day were, Yvette Taillefer (Secretary), Jean Butler (Publicity), and Nancy Colbran (Flower Show Convener). We also brought along a gorgeous arrangement on the theme of Thanksgiving, that Sylvia Thomson had made (representing our Society). The meeting was held at the United Church in Russell. Registration at 9:30 a.m. along with coffee and donuts.

The Russell Horticulture President Trudy Lentz welcomed everyone (about 80) and also Reeve/Mayor of Russell Township, Gaston Patenaude gave his warm welcome along with OMAF reps. Joanne Newman and Andre Lemay.

Ross Connors, District Director of District 1 was introduced and took over the meeting.

A warm welcome was also extended from the Ontario Horticulture Association by Metje Mabee who is the new 2nd Vice President.

Informative guest speakers, Matthew Saunders "The Batman", loves bats and told us why we should appreciate and have more respect for his furry friends. Matthew is busy teaching at schools, etc., the usefulness and improving the image of bats, all over the country. His job is to relocate (not kill) bats and constructs bat houses to provide roosting sites for bats. He had a large and interesting slide presentation. His main job I believe is moving bats from people's dwellings. HIs business is called Bat Check, P.O. Box 1243 Kingston, K7L 4Y8.

We then enjoyed a delicious lunch served and prepared by the ladies of Russell.

Back to business, Keith Boyd from the Russell Museum, told us all about Russell today and showed us slides of "The Russell Fire" of 1915. The final speaker of the day was Margaret Varga from the Ottawa Poison Centre and she talked on "Toxic Plants" as well as other poisons. This Ottawa Poison Centre handle all concerns with poisons with a 24 hour toll free telephone number 1-800-267-1373, covering our 5 countries and even get calls from the Arctic.

Prizes for the Arrangements went to; 1st - Wendy Rozon of Williamstown, 2nd - Dorothea Connors of Maxville and 3rd - Trudy Lentz of Russell.

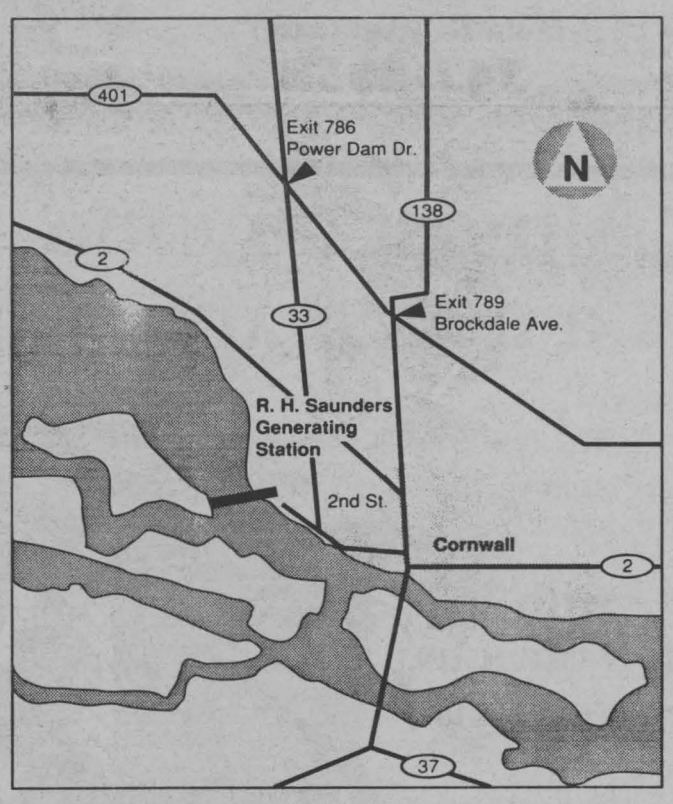
District Trophy went to Alfred Horticulture Society and the Thom Trophy for Junior Work went to Russell. These trophies are based on your 1992 Society's activities.

Thelma Woosey of Vankleek Hill who is the present District 1, 1st Vice will be officially taking over District Director of District 1 in June 1993.

NOTICE

ENVIRONMENTAL ASSESSMENT ACT
MODIFICATION OF THE R. H. SAUNDERS GENERATING STATION
CORNWALL DYKE CLOSURE STRUCTURE

Ontario Hydro is planning to modify the Closure Structure at the R. H. Saunders G. S., located near the City of Cornwall. Hydro proposes to install hydroelectric generating equipment at the existing Closure Structure, which will have a capacity of about 850 kW.



Ontario Hydro has prepared an Environmental Assessment of the modification project in accordance with the Class Environment Assessment for Modifications to Hydroelectric Facilities under the Ontario Environmental Assessment Act and hereby gives notice of its plans to proceed with this project.

The Environmental Assessment document also provides information on the project for the relevant federal authorities, to enable them to conduct an initial assessment under the federal Environmental Assessment and Review Process Guidelines Order (EARP).

Copies of this report are available for public review at the Ontario Hydro Eastern Region Office, Belleville, the R.H. Saunders Generating Station, and the Cornwall Public Library, 2nd Street, East, Cornwall. Comments or concerns regarding the project may be submitted in writing within 30 calendar days of this announcement to receive consideration.

Please address your comments to:

M. S. Yu
Supervisor Environmental Support
Small Hydroelectric, Dam & Penstock Rehabilitation
700 University Avenue
H10 G01
Toronto, Ontario
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S.D. & G. Highlanders Association Formed

In a joint statement issued today by LCol. R.J. Brooks and A. Malcolm MacDonald, it was announced the The Stormont, Dundas and Glengarry Highlanders now have a new Association for everyone who have ever served with the Regiment. The new Association is called "The Glens' Association". It was formed early this year. The first meeting of the Association was held last June and the following were elected to the Executive:

President - A. Malcolm MacDonald
Vice President - Henry Kyte
Secretary - Alf Lee
Treasurer - John Hickey

Committee Chairmens:

a) Entertainment - Dan Darling
b) Public Relations - Michael Lamoy

The purpose of the Association is to continue the close comradeship among former members from all ranks of the Regiment. Anyone who has served in the past with the Highlanders are invited to join. The Association will assist the Regiment in any way it can.

Next year, the Stormont, Dundas and Glengarry Highlanders celebrate their 125th Anniversary of its formation as a Regiment. The Regiment is preparing for this Anniversary year.

We encourage all former members of the Regiment to join the Association and if you wish any further information, please contact any members of the Executive.

The first event which the Association is sponsoring, is a concert by the ROTEL Group of Ottawa on November 7th, 1992. This concert will be followed by a dance. All events are to take place at the Armory. More information will follow.

Civitan Club Annual Meeting

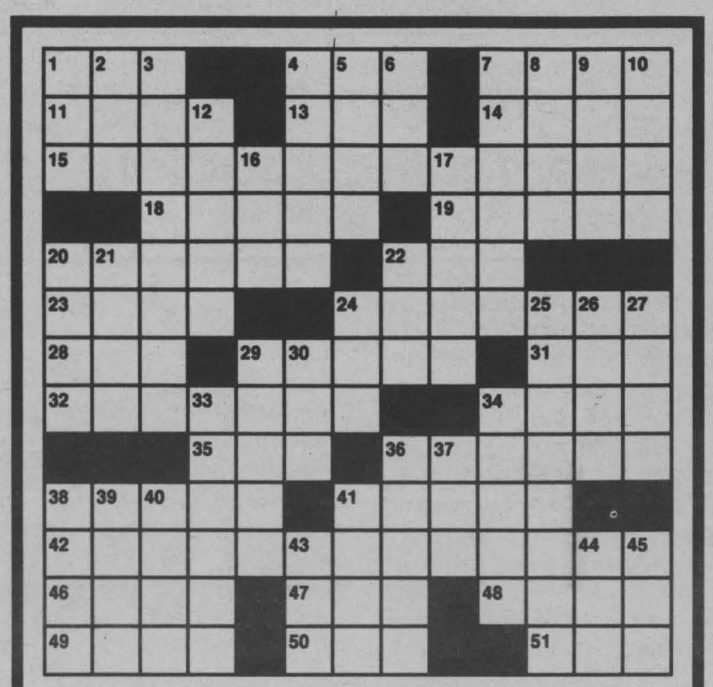
Cornwall & District Civitan Club met last week at Papa Gedoro's to hold their Annual Meeting and Awards Banquet with Reg Menard acting as Master of Ceremonies. In attendance were the Governor of Canadian District East of the Smiths Falls, Ontario Club and Lt. governor Fred Applebee of the Chateauguay, Quebec Club. Outgoing President Audrey Johnston thanked the members for their support over the past year as well as their involvment in the community through Civitan.

The Governor, assisted by the Lt. Governor, installed the new executive in a traditional and very impressive candlelight ceremoney. 1992-1993 President Wayne Flaro asked all members for their participation and involvement and expressed a positive attitude about Civitan's growth for the next year.

Serving on the Executive Board are President Wayne Flaro; Secretary Audrey Johnston; Treasurer Sandra Menard; Directors Channing Keyer and Charlie Vivarais.

Special Awards were presented to Chairman Tony Marleau for the best service project and Larry Poirier for the best fund raiser. Audrey Johnston received a Club Honour Key for dedicated service to Civitan over the past years. Special gifts were given to Tony & Len Marleau, Doris St. Denis, and Joanne Thompson. These members have given more than twenty years of service to Civitan and the community. The 1991-1992 Executive Board received recognition for their leadership and service over the past year. Governor Dave Splane discussed the great growth in the organization over the past year and talked of plans for Citivan's future. The Cornwall & District Club is to be commended on its contribution to the community. It has an excellent history and a great future and is the fastest growing International Service Organization in the world.

THE TV CROSSWORD



ACROSS
1 Carey of "Barney Miller"
4 Stockton's state: abbr.
7 "There Is Nothing Like a —"
11 QED word
13 Speed
14 Dry
15 Tom Bosley role
18 Mandel of "Good Grief"
19 "Kate and —"
20 Grins
22 Turkish title
23 Arthur of "Blondie"
24 John of "20/20"
28 Ripen
29 Erin O'—-Moore
31 Golf gadget
32 Gardenia of "Breaking Away"
34 Zhivago's love
35 "One Day — Time"
36 Actress Merle
38 Safe
41 Actor Williams
42 Series with Susan Lucci
46 "Then There Were —"
47 Business VIP: abbr.
48 Ward of "Sisters"
49 Brand
50 Swindle
51 Relatives

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1 Ump's relative
2 "...a man — mouse?"
3 "The Phil Silvers Show" bigwig
4 Lemmon of "Duet"
5 Adjutant
6 Geter or Carrillo
7 Larry Hagman series
8 Seed coat
9 Series or skirt
10 "The — of Night"
12 Oarlock
16 Lamb's mom
17 "— Train" (Bond)
20 Certain European
21 Three wise men
22 Had dinner
24 Use a chair
25 "—: The Next Generation"
26 Architect Saarinen
27 Thin
29 White of "The Golden Girls"
30 Genetic letters
33 News host, Ned
34 Starring roles
36 Heavenly hunter
37 Barbara — Geddes
38 Johnson and Heflin
39 Lotion additive
40 Forearm bone
41 Telly Savalas role
43 300, in Rome
44 Actor Wallach
45 Woods of "China Beach"

Answers to Last Week's Puzzle

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Influenza Facts

• Those at highest risk include everyone over the age of 65 and anyone with chronic medical conditions such as lung (disease such as asthma, emphysema, chronic bronchitis, cystic fibrosis), heart, or kidney disease or metabolic disorders such as diabetes.

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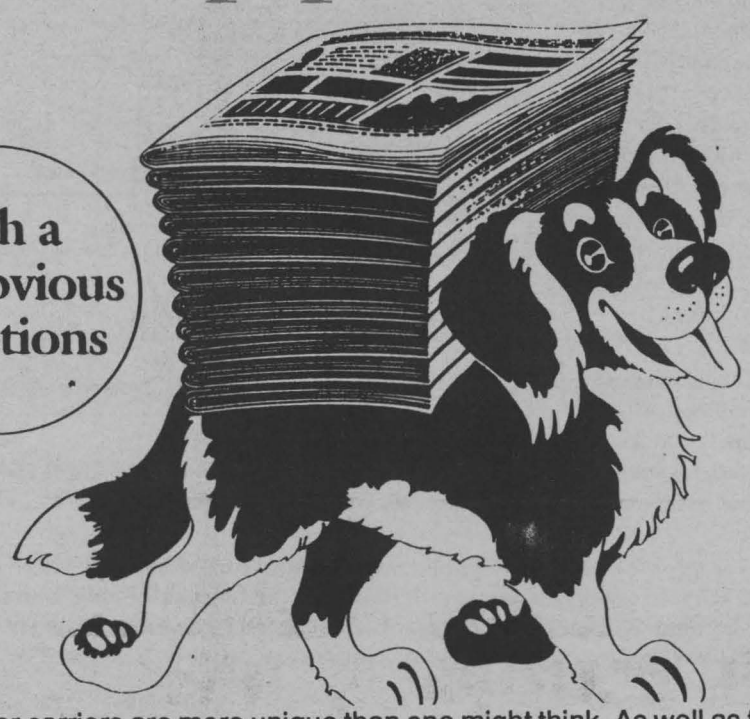

with a few obvious exceptions

Our newspaper carriers are more unique than one might think. As well as the younger boys and girls who deliver the paper before and after school, you'll find senior citizens, housewives and even business folks.

Nowadays, more and more people are discovering that joining our team offers the opportunity to make some good money, meet some nice people and work flexible hours.

For the younger set, having a carrier route teaches good business sense and responsibility. For older people a carrier or motor route provides a diverse and interesting pastime, as well as a chance to earn extra cash.

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Lights of Hope Kick Off

The Pediatric Group of the Auxiliary to the R.H.S.J. Health Centre officially launched their 4th annual Lights of Hope Campaign on Saturday October 10th. Ronald McDonald was on hand to help kick off the ceremony by performing a Magic Show and Concert at General Vanier Auditorium at 1:00 p.m. Chairman of the Lights of Hope Campaign will be Joan Levy-Earle.

Sponsors for this year's Campaign are Farm Boy, CJSS/CFLG, Ontario Electric League, McDonalds, Employees of Levis Strauss & Co., Kiwanis Club, Cornwall Lions Club and the Optimist Club.

Last year the Pediatric Unit of the Hotel Dieu Hospital treated over 2500 children. Children were able to receive the medical care they needed, without having to travel out of the City. Parents were spared accommodation costs to be near their children. The Lights of Hope give the children of Cornwall the opportunity to remain in the City when needing medical care.

All funds raised in this campaign are used to purchase equipment for the Pediatric Unit of the Hotel Dieu Hospital, the only unit serving children in our community. In previous years, Lights of Hope have helped to provide a pediatric ventilator, Ivac Pumps, and fold-out chairs for parents to sleep on when staying overnight with their children.

This year, our goal is to light 2500 lights on a series of trees located at the front entrance of the Hotel Dieu Hospital and provide our children with a newly equipped Day Surgery Unit. Each light sold will help renovate and furnish a section of the Day Surgery Unit to ensure optimum care of children requiring day surgery.

Every $10.00 donation will light a bulb on a tree and brighten a child's life in the Day Surgery Unit.

Catch the spirit, light a child's life. Buy a light and invest in our children and their future.

Donations may be made by cash or cheque (payable to Lights of Hope) at:

LIGHTS OF HOPE
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K6H 5R5

FARM BOY
814 Sydney Street,
Cornwall, Ontario
K6H 3J8

or:

THE BUSINESS OFFICE
HOTEL DIEU HOSPITAL
840 McConnell Avenue
Cornwall, Ontario
K6H 5S5

Annual Banquet and Awards Night Salutes Big Brother and Big Sister Volunteers

The 19th Annual Banquet and Awards Night of the Big Brothers and Big Sisters of Cornwall and District took place on Saturday October 3 at the Holiday Inn in Cornwall.

Eileen Cook, President of the local agency, paid tribute to the 117 Big Brothers and Big Sisters presently matched.

Brian Lynch, Executive Director of the Big Brothers and Big Sisters of Cornwall and District, told the Big Brothers and Big Sisters that by sharing their friendship with their Little Brothers and Little Sisters they were helping them to develop greater self-esteem, to do better in school, to get along with others, and to grow up to be responsible citizens.

The 1992 Big Sister of the Year is Mary Luykx and the 1992 Big Brother of the Year is Perry Lalonde.

The 1992 Honourary Big Brother/Big Sister of the Year is Hermann Rogalsky for his active involvement in the Big Brother/Big Sister Bowl for Millions over the past eleven years.

Another highlight of the annual banquet was the presentation of service awards to Big Brothers and Big Sisters, including a 10 year award to Big Brother Jeffrey Sliter and a 15 year award to Big Brother Don Primeau.

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1988 HONDA ACCORD EXI, 4-dr, auto, power pkg, Florida winters
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Fads, Fashion & Flair



by Margaret Victoria Lough

Proprietor of
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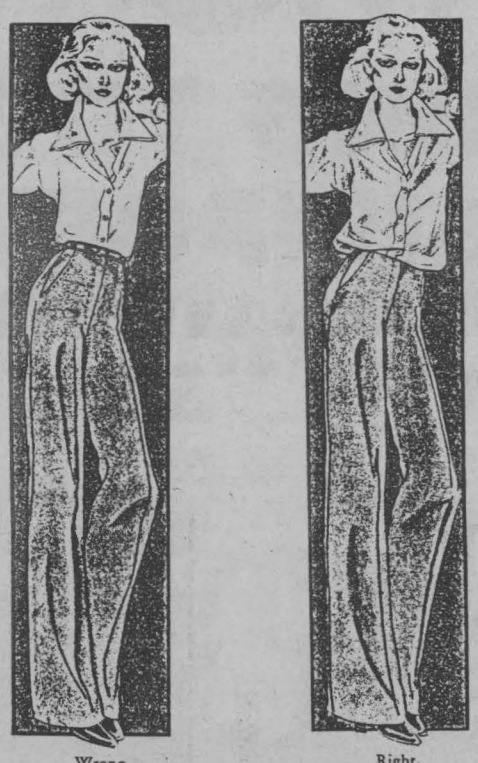
For those of you who did not get a chance to read last week's issue we are continuing this week on tips to help camouflage figure faults. Last week we discussed problem areas with neck and shoulders, this week we will discuss the waist and hips.

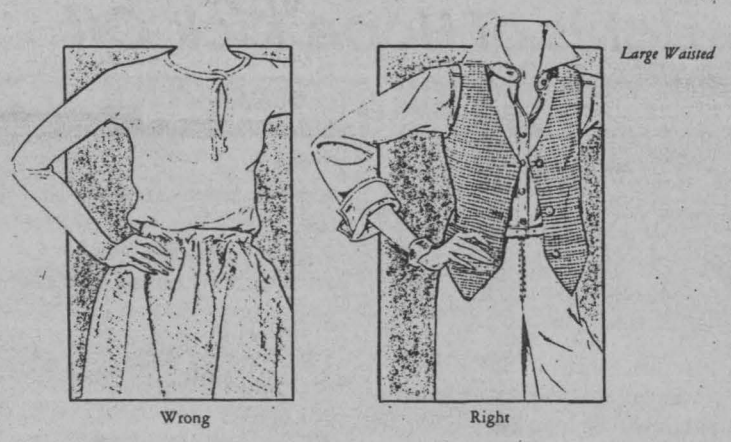
Waists: The three types of waists are long, short, and in-between. The first present problems in a balance figure, however with a few tips they can be easily altered.

Short waists are not exclusive to short figures but can happen to tall women as well. If you are short waisted, wear tops of the outside and wear narrow belts matching your top colour to gain length in the waist. "No Waist" dresses and unfitted jackets are best.

Short Waisted



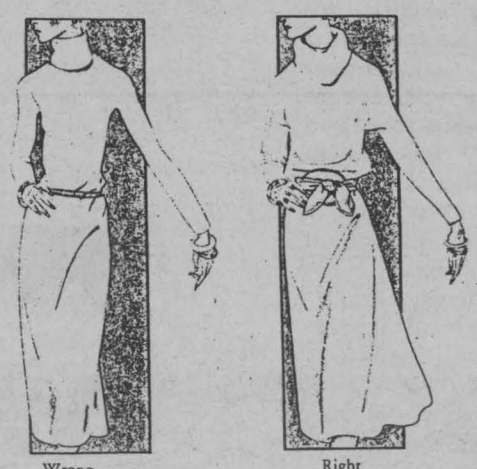
Wrong Right



Wrong Right

Large Waisted

If you are long waisted, again unfitted clothing is best. You do not want to draw attention to the waist area. High waisted pants and skirts, wide belts that match the colour of your pants or skirts also look great on you.

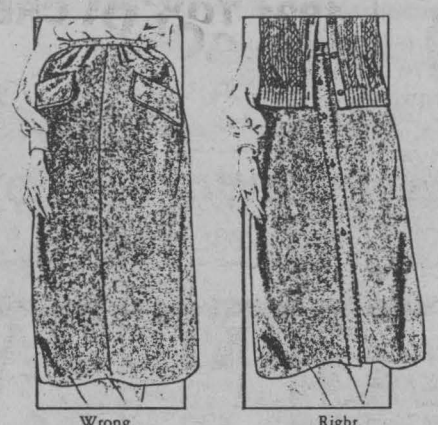


Wrong Right

Long Waisted

Hips: An area where women complain about most! Too wide, too round, or not enough.

Imagine having to complain about hips that are not wide enough! I'm sure many women out there wish they had such a complaint. However narrow hips give a no waist look. To add fullness to the hipline try straight cut pants with pleats and side pockets. Overblouses that are belted at the waist, soft flowing skirts and jackets with peplums.

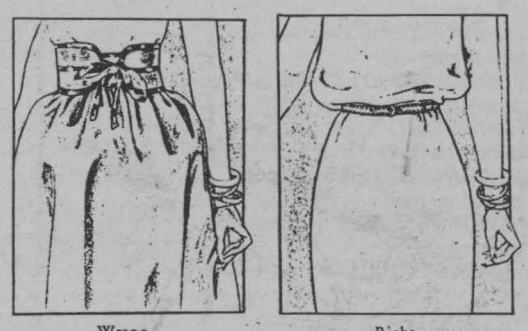


Wrong Right

Wide Hips

If your hips are twelve or more inches larger than the waistline consider yourself as being full hipped. Your first challenge with this figure is to conquer the impulse to emphasize that tiny waist. Try wearing a narrow belt loosely to help create an illusion rather than accentuating your hour glass figure. Wide hips are best in full flowing skirts and A-Line dresses. Avoid figure hugging dresses.

Hourglass Figure



Wrong Right

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Shirley Brunet recently improved her hairdressing career by relocating to Magicuts located in Woolco in the Brookdale Mall. Shirley invites all her past clients to visit her at her new location. Thank you.

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CCVS NEWS

by Mandi Gosling

Move over Derek! There's a new kid on the block who has the pleasure of informing all our readers of past, present and future Raider news - that's me Mandi Gosling! Actually this is only a one-shot deal and your forever devoted reporter Derek Herbert will be back as soon as he can find his pencil. AHEM! and now for the news.

Elections for Grade 9 representatives were held this past week and Students' Council would like to thank the brave candidates and congratulate the winners Mark Heley and Maggie MacDonald. Congratulations guys!

Last weekend our junior boys volleyball team got their feet wet in their first tournament hosted by La Citadelle. Team member Neil Martindale said "It was fun". Now there is a wonderful example of Raider Spirit.

Yearbooks have been selling like hot cakes so get yours soon. They cost only $23.00 and capture absolutely priceless moments.

On Wednesday we held our annual Raider Recognition day Assembly where we formally honoured those diligent students who attained the highest marks in all classes. Congratulations to the many winners.

Grapefruit anyone? The annual Citrus Fruit Drive has begun. This year the choir will be running this scrumptious frundraiser independently. So if you just happen to have a craving for some freshly squeezed orange juice, make sure to see a choir member - fast!

Do you know what time it is? It's time to dig through that closet your mother has relentlessly been telling you to clean and find your dancin' shoes. Students' Council is hard at work planning our first dance of the year. The date is October 23 at 7:30 and the theme is going to be Hallowe'en so be prepared for anything. Ha! Ha! Ha!

Another week has passed and another is about to begin and so we trudge through this journey called life... (how depressing). Also, just to brighten up your day, report cards come out on October 27 so hit the books and impress your parents. That's all folks.

HOCUS-FOCUS BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Headband is changed. 2. Arm is raised. 3. Visor is added. 4. Rearview mirror is larger. 5. Light is missing. 6. Sign is different.







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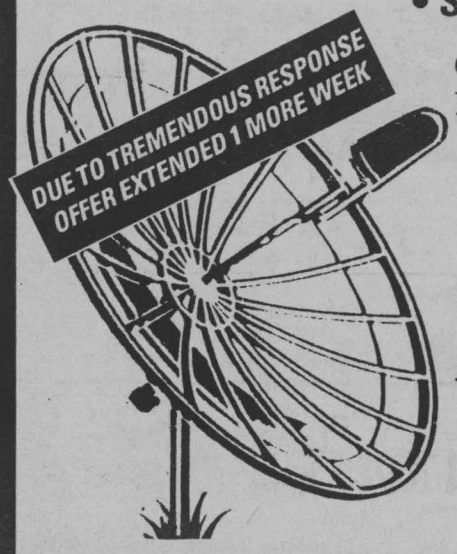

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SDG Business Development Centre

In our last column we looked at a general overview of the world of franchising, probably the fastest growing form of enterprise in North America.

In today's article, we'll take a closer look at what franchising actually is.

Despite the mystique that has developed in the past decade about franchising, it remains, essentially, a marketing technique used by many companies to distribute products or services.

The franchiser supplies the product or service to the franchisee who in turn makes it available to the public.

When you enter into a franchise agreement of "buy a franchise", you are, in effect, buying an ongoing relationship with the distributing company, the franchiser.

This relationship is based on the tried but true premise that mutual contribution leads to mutual benefit.

In many cases, franchisers simply make exclusive licenses available to franchisees to market their products in specific locations or areas.

This is known as "product distribution" franchising.

However, many franchising operations have extended this concept into a more rigid and all-encompassing arrangement known as "business format" franchising.

Under this set-up, the franchiser provides the franchisee with a total package including training, trademarks, logos, standard design for buildings, standard furnishings, colour schemes and uniforms for employees, marketing plans, operating systems, formulas and continuous advice.

The franchiser dictates how the business will be operated by the franchisee including pricing policy, standards of cleanliness, hours of operation, sources of supply, hiring and training practices, quality of service and so on.

In return, the franchisee must usually pay an initial franchise fee and continuing fees on a royalty basis to the franchiser as well as adhering strictly to the rules/guidelines set out by the franchiser.

The franchisee can enjoy a great sense of business autonomy while knowing that the franchiser is always available to assist and guide him.

On the other hand this sense of business autonomy must always be tempered with the knowledge that, in the final analysis, the franchiser is the ultimate boss.

However, it should be remembered that the franchise relationship offers substantial benefits to both parties.

In our next column, we look at some of those benefits.

For more information about the SDG Business Development Center and the services it provides, contact the office at 932-4333.

Test Your Horse Sense

by D.L. Smith

Score one point for a correct answer to each of the first five questions. The last question counts five points. Score yourself as follows: 0 - 1, poor; 2 - 4, average; 5 - 6, above average; 7 - 8, superior; 9 - 10, very superior.

1. Where in the ancient world would one have found Cleopatra's Needles, a collection of obelisks? a) Cairo b) Troy c) Heliopolis d) Athens.

2. When did the Department of Labour become a separate department within the U.S. Government? a) 1787 b)1848 c) 1913 d) 1933.

3. Which 1950s sci-fi movie was based on Shakespeare's "The Tempest"? a) "Space Warp" b) "Forbidden Planet" c) "Lost In Space" d) "Attack of the Killer Tomatoes"

4. In which century (A.D.) was Islam founded? 1) 1st b) 7th c) 12th d) 16th.

5. What does syntax deal with? a) construction of sentences or phrases b) the selection of leadership c) colours d) a levy on booze or cigarettes.

6. Match the state in this paragraph to its official tree in the following paragraph. Score one point for each correct answer. a) Louisiana b) South Dakota c) South Carolina d) Washington e) Utah v) bald cypress w) western hemlock x) palmetto y) blue spruce z) Black Hills spruce

ANSWERS

1. Heliopolis 2. 1913 3. "Forbidden Planet" 4. 7th 5. Construction of sentences or phrases

6. a) Louisiana - v) bald cypress; b) South Dakota - z) Black Hills spruce; c) South Carolina - x) palmetto; d) Washington - w) western hemlock; e) Utah - y) blue spruce.

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Charley

There is simply no substitute for high quality and style; they are qualities that span time. In the music business, in which one-hit careers are all too frequent, quality and style are the touchstones upon which long careers are built.

Few would argue that, when it comes to quality and style, Charley Pride is a master. Having completed more than twenty years as a major recording star, Charley is one of a handful of men - Waylon Jennings, Conway Twitty, Merle Haggard and several others - whose popularity and creativity have endured and continued to flourish all through the ebbs and flows of fad and fashion that have shaped country music for the past two decades.

I've very proud of what I've done in the past," Pride explains. "But when some people reach a point in their careers as I have, they tend to maybe back off or not care as much. My philosophy is (to) either do it right or get out. That's why, as far as I'm concerned, the next ten years are the most critical for me. I really intend to match or hopefully even surpass what I've done already. I'm still here, still very much competing, still very much in motion. I'm not just talking about competing with other country artists, but competing in the entire world of entertainment. Even now, I still have the same nervous, excited feeling about my career that I had when I started out. It's the very same feeling I used to get when I was a baseball player, and I'd step up to home plate in the ninth inning of a one-to-nothing game."

Pride, with his rich, expansive and marvelously textured baritone has long been recognized as one of the most skillful and emotionally accurate vocal interpreters in the country field. Time and time again, his artistry has translated into commercial success. Between 1969, when he first hit the number one spot in the singles charts with "All I Have To Offer You (Is Me)" and 1984, when he commanded the number one spot with "Every Heart Should Have One", he has scored more than 36 number one singles. In fact, he is only a couple of number one records away from being Billboard magazine's all-time record holder in that category.

Dozens of charttoppers Charley has scored in the past nineteen years stand now as modern classics. "Kiss An Angel Good Morning" (a million-selling crossover single in 1971), "Is Anybody Goin' to San Antone?" (1970), "(I'm So) Afraid of Losing You Again" (1969), "I'm Just Me" (1971), "Amazing Love" (1973), "Mississippi Cotton Picking Delta Town" (1974), "Somebody Loves You Honey" (1978), "When I Stop Leaving (I'll Be Gone)" (1978), "Burgers and Fries" (1978), "Mountain of Love" (1981), and "You're So Good When You're Bad" (1982), are just a few of Pride's many memorable hits.

In the course of his career, Pride has also turned in some of the most moving performances of Hank Williams classics ever committed to vinyl. His 1969 version of "Kaw-Liga", for instance, was a top-five hit; his 1980 version of "Honky Tonk Blues" was a number one single; and his memorable 1980 LP "There's A Little Bit of Hank In Me" was similarly a number one album and certified gold.

"I grew up following the masters, ever since I was knee-high," says Pride. "I listened to Ernest Tubb, Eddy Arnold, Hank Williams, George Jones. I developed my own style by learning from them, not imitating them. B.B. King, Sam Cooke, Brook Benton - they were some of my other favourites. From country-gospel, and the blues, which I think is the basis of all American music, I developed my own style."

Pride's vocal artistry and his unique style have translated into a broad-based appeal such as few other artists have enjoyed. He has sold more than 20 million albums and five million singles thus far in the course of his career. Twelve of his 40 LPs have gone gold in the U.S. market. Worldwide, he has earned 31 gold and four platinum LPs (including one quadruple platinum). he was recently awarded the first "Golden Opal" Award in Australia for album sales in excess of one and a half million in that nation alone. He is listed in the Book of Lists as one of the top fifteen all-time world record sellers.

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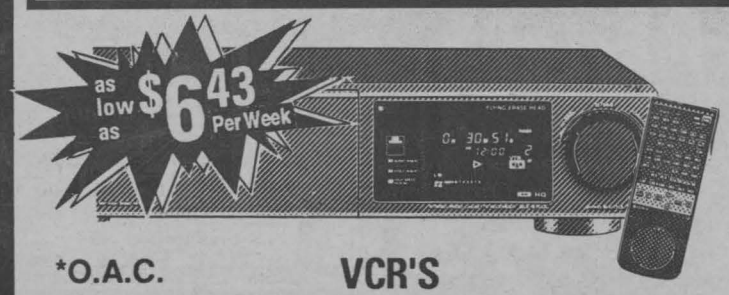

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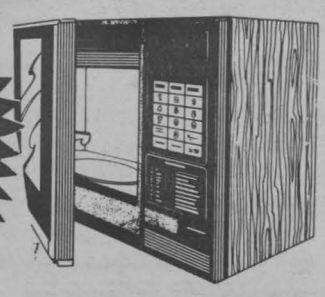

20" TV with remote as low as $8.99 Per Week

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CABLE 11

Cornwall Colts Hockey

Wayne Thompson and Gilles Gibeau host our coverage of the Cornwall Colts. This week the Colts play the Brockville Braves. Friday at 6 pm.

Cornwall City Council

Live gavel to gavel coverage of Cornwall City Council. Stay on top of the issues in our community. Due to the Thanksgiving Holiday Council will meet Tuesday at 7:30 pm

Kinsmen TV Bingo

Kinsmen TV Bingo offers you the 3 chances to win with prizes of $100, $200 and $300. Pick up your cards at your favourite convenience store. All proceeds support Kinsmen community projects. Tuesday at 6:30 pm.

To Condone or Condemn?

This program is produced by The Eastern Ontario Health Unit and looks at the issue of the installation of condom distributing machines in high schools. On the panel of this live phone in show will be Dr. Robert Bourdeau, Medical Officer of Health. Wednesday at 8:30 pm.

SIDS Group Special

Host Sherry Oakes and her guests Dr. Eva Deri and Micheline Lalonde examine Sudden Infant Death Syndrome. You can call in with your questions during this live phone in. Wednesday at 7 pm.

The Cornwall Chamber of Commerce Luncheon

Coverage of Reform Party Leader Preston Manning's address at this event. Tuesday at 6 pm.

Remember if you have a comment about the programming on Rogers Community 11, be sure to call our Response Line at 932-1433.

Or if you are interested in learning all about television production, then become part of our volunteer production crew. Call Scott Meyers for details at 932-1632.

Monday October 12
NO PROGRAMMING - HAPPY THANKSGIVING

Tuesday October 13
6:00 Cornwall Chamber of Commerce Luncheon with Guest Speaker, Preston Manning
6:30 Kinsmen TV Bingo
7:30 Cornwall City Council - Live

Wednesday October 14
6:00 Prime Time Sports Cards presented by Fantasy Realm Comics and Cards
7:00 SIDS Group Special - Live Phone In
7:30 A New Environment
8:00 German Diary TV - Drehscheibe Europa
8:30 To Condone ... or ... To Condemn? The Issue of Condom Distributing Machines in High Schools, A Live Phone In Presented by the Eastern Ontario Health Unit

Thursday October 15
6:00 Cornwall City Council of Oct. 13/92
8:00 Optimist Wildcats Football

Transit Communications Ltd.



DICK AUBRY

Transit Communications Ltd. is a Cornwall Company involved in bus advertising and also publishes the Cornwall and Region Visitor Map.

For More Information Call:
DICK AUBRY
933-3561

Reform Party Says Veto Provisions Will Entrench "Imperfect" Accord

Future generations will have difficulty changing the constitution because of the veto given to all provinces August 28 in Charlottetown, Annette Turner, Reform Party candidate for Stormont-Dundas said.

Section Five of the Charlottetown accord calls for a new amending formula which will require unanimous consent from Parliament and all provincial legislatures to make any change to national institutions.

"This provision forever ensures Canada will be saddled with a very rigid constitution," said Turner. "This deal will entrench serverely flawed national institutions and make them impossible to reform in the future."

The current amending formula for most legislation is satisfactory because it requires the consent of Parliament and at least seven provinces representing 50 percent of the population, said Turner.

Because of the inflexibility of the amending formula, Canadians would then have to live with inadequate institutions, such as the 1.5 Senate, and undemocratic practices such as Quebec's guarantee of 25 percent of House of Commons seats.

According to Turner, campaigning on the "No" side, Quebec's demand for a veto led to all provinces being granted veto power through the unanimity rule. This formula would create a "constitutional difficult to reform, masquerading as an attempt at provincial equality."

The Reform Party has always been opposed to a constitutional veto for any one province, "Turner said. "But we have also opposed giving a veto to every province, which would create a barrier to democracy and foster ill-will among provinces in the future."

"The Yes forces admit their deal is not perfect," Turner said. "Why would they saddle Canadians with an amending formula that will entrench these imperfections?"

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Medium & Hot flavors
Authentic Zesty taste
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Choose from Cows, Monkeys & more
Makes noise when hand held
Kids Love 'em, ages 5 and up!
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$3.00



Truckload Buyout! $3.75
6 pc. Beverage Set
Assorted sizes
"Country Basket" design
Compliments any kitchen
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"G.E." 2 Pack Audio Tape Cassettes
90 Minutes, High Fidelity
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For home, car, office
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"Nintendo" Candy Halloween Treats
Fun Mario Brothers Gum
4 Colors, many varieties
Collect & save all designs
Compare at 49c
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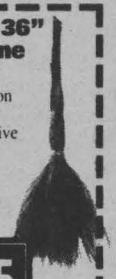
Scented 36" Decor Pine Brooms
Fresh Cinnamon Scent
Many Decorative Uses
Direct Import Closeout!
Compare at $3.99
$1.75 WITH COUPON



"Rich 'n Radiant" 1 Gallon Shampoo
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Leaves Hair Soft & Shiny
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"Vick's" 30 count Cough Drops
Menthol cough suppressants
They coat, calm & soothe
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Lemon & Ice Blue
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Semi-moist, No artificial flavors
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A tasty Halloween Treat
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Factory Closeout! Potpourri Candles
Deluxe 6 pack, 3/4" high
Top quality, great scent
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Assorted 6 pack
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Make delicious Halloween treats
Compare at $2.49
$1.25





"Ecko" Insulated Baking Pan
15 1/4" x 10 1/4" Cookie Pan
Non-Stick, "Baker's Secret"
1st quality, compare & save
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"Faberge" 3 pack Soap assortment
Choose from "Babe" "Brut" & "Organic" 2.5oz. bars,
Economy Packs
Compare at $1.89
$1.00

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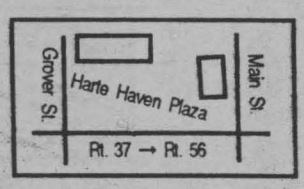

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CHEAP

SCUTTLEBUTT

Water, water everywhere ... & not a drop to drink! On Oct. 6th, this caller at 153 Lefebvre St. (an apartment building) had a water main burst! A call was immediately placed with the city to "turn it off"! They were informed that a "man" couldn't be sent around until Wed./Oct. 14th ... at which point these people had to do some frantic scrambling to find someone to "bail" them out of a (bad) wet situation!

Par T Golf's co-owner is John "Mason" ... not "Madison" (he was an American President ... AND his first name was "Thomas)! Wasn't that fun???

Reader wishes they would "co-ordinate" the traffic lights on Water Street1

Seems the phone's been a-ringin', at Murphy's, since Bob has decided to keep his banquet hall! Book your event early ... don't be disappointed.

Murphy's Inn
Complete Banquet Facilities
- NOW TAKING BOOKINGS -
• Weddings • Stags
• Meetings
933-2744 917 2nd St. W.
Catering Optional
Licensed to 295 People
Call Today

She's had it ... their first baby ... Christopher, on Tues./ Oct. 6 (6lbs. 15 oz.) to Joanne & Denis DeSerres ... & he's a "sweetie"! Congrat's to first time grandparents George & Aline DeSerres ... first-time Uncle Mark & Aunty Robbin. With love from Great-Aunt Judy & Uncle Sox.

We hear Bolton's TV will be moving (Oct. 16th) ... to their new premises on Hwy. 138 (just behind the old store). Good luck ... Gord & Jack ... in your new location!

Congrat's going out to Rachel Hagen... on your recent promotion to ... (take a deep breath) National Project Co-ordinator for the Canadian Parks & Recreation Association.

Kinsmen losing their "Bingo Caller" ... Ray Leveille who's off to Timmins for a placement with Midas! Good Luck!

KEITH'S PITT STOP
Come One - Come All!
OCTOBER BREAKFAST SPECIAL $2.25
2 EGGS, TOAST, HOMEFRIES, BACON/SAUSAGE/HAM, COFFEE OR TEA
5:30 a.m. to 8:00 a.m.
NEW HOURS
Mon. - Fri. 5:30 a.m. - 4:00 p.m.
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315 Pitt St. 938-1607

A small town is a place where ... it's no sooner "done" than "said"!

Floral Expressions
25% OFF all Silk Arrangements
373 11th Street East
Rideau 936-1550

Very quick thinking by Keith Bechevaise last week when his brother fell off his bike and suffered a head injury ... Keith knew enough to call an ambulance. Brotherly love or well educated ... definitely both?!



CORNWALL COSTUME SHOP
OVER 2000 ADULT COSTUMES TO CHOOSE FROM
OVER 150 CHILDRENS COSTUMES
HALLOWE'EN - PARADES - PARTIES
Reserve Early For Best Selection
PROP: Bev Cote
Serving Cornwall & Area for 9 Years
3260 McConnell N. at South Branch Rd.
OPEN: 7 Days A Week 11 am - 9 pm
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One advantage of bowling versus golf ... you're not as likely to lose a bowling ball!

What's in a name? But then, what's in a container? As Kevin W. & Rick S. recently "spotted" toting water ... uhhhh ... gas .... uhhhh ... containers?

Best wishes to ... Jody & Angie Landon (nee Coleman) ... who wer e wed on Oct. 10th!

Clear the streets! "Nin the Pin" legally licensed to drive ... more gray hair for mom!

This caller passing along her appreciation for a store manager like ... Bill Willis of LOEB-IGA ... who made a point of bringing in caffein-free coke upon special request! That's "customer service".

To the "life of my life" ... Dwight ... on our 25th Anniversary, Oct. 14). See you for dinner, dear! Love, Bern!

This is directed to the "Shylocks" who ripped off our church & myself for $50 on a washer that should have been slated for the dump. The washer was meant for a young mother with 2 young children! Bless your christian hearts!



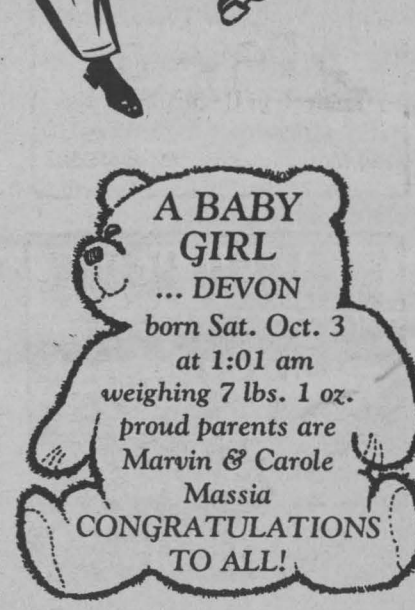
To our "special girl" ... Angel. A very happy 10th on Oct. 14th! Lots of love, mom, dad & Stefan.



Poirier Jewellers
EASTCOURT MALL
933-3170
1 HOUR RING SIZING & CHAIN REPAIR
By 2 Goldsmiths TO BETTER SERVE YOU

Has anyone met the 'lounging' Canada Customs Officer at the Cornwall Crossing? The feet are sticking out of the kiosk, the individual is "laid back" (not quite horizontally), the fancy blue sunglasses really don't go with the uniform and his ability with the English language is, to say the least, incredible!! Quote: "Where do you'se live, what did you'se spend? (sucks on straw in a can of Coca-Cola) How long have you'se (suck, suck) been in the (another couple of sucks) States?" After a few more sucks at the can while he mentally works out the replies, "Okay, you'se can go": unquote. This is "unedited" ... & Sammy anticipates the "powers-that-be" at Customs will take note of this & handle this "source of embarrassment" accordingly & with immediacy! P.S. are these people not 'trained' on manner demeanor & how to carry a uniform.

A "very special" thank you to ... our Chris Gallant! A "sooper trooper" who came through & kept her kool!



Much-ado was & is made with reference to "how will quebec react if the ROC (rest of Canada) votes 'no'! This caller doesn't hear anyone suggesting how the Rest of Canada "should react" when Quebec votes 'non'!!!!

It's a "name change" ... Patricia at "PhotoGo" tells us that their name will change, shortly, to "Patricia Photo"! Continued success.

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SINGLE HOME SYSTEMS from $149.95
AIR DUCT CLEANING AND SANITIZING
Reduces Dust/Kill Germs, Molds & Mildews
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Congratulations to Bob Roth for some very timely articles in recent months. Although not always a fan ... his columns in the past few months have been very thought-provoking and , in my opinion, well thought out. "New Fan".

Verrry interesting ... impact of a car crash at just 10 mph is equivalent to the force of catching a 200 pound bag of cement tossed from a 1st story window!

Laura's Florists
TRY US ... YOU'LL LIKE US
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FREE City Wide Delivery
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127 Augustus St.

Tammy & her 2 children sending out "thank you's" to ... Shannon, for helping us get a washer & ... Ivan, for having a washer for us ... & to the delivery man for delivering it. We're very, very grateful & appreciative!

Winter & Xmas are not far behind & if you're looking for "Pure Wool" for your knitting needs ... Heather at Heather's Knitting Nook (Morrisburg area) will be more than happy to help you!

SIXTEEN PERCENT!! That's Rogers "rate increase" taking effect on Jan. 1st! Totally unwarranted in these economic times, says this very irrate reader! On the lighter side ... George Bush said "read my lips ... no increases". Rogers Cable also said "no increase" with the addition of the extra channels... but we didn't see their lips move!

Giving "thanks" & celebrating this weekend ... Dawn & George Shaver ... happy 38th anniversary, you two!

What did the doe say when she came out of the woods? "I'll never do that for two bucks, again!

Paaarty time ... Dwayne Fox (Oct. 10) ... Shirley Kirkpatrick (Oct. 11) ... John Cook (Oct. 13) ... Robert Cornett (Oct. 14) ... Ruth Johannesen (Oct. 16) ... Julie Billard (Oct. 17)! Happy day, one & all!

Now that you're turning "50" ... the hair on your head looks "pretty nifty". Keep your "Labatt's 50" until you reach sixty. Happy birthday ... Lou! Love ... your "Better Half".

Birthday Greetings ... Linda Swift (Oct. 15) ... Bonnie Ritchie (Oct. 15) ... AND Pat Zeran (Oct. 18). Are they ALL "29"??

Happy "43rd" Birthday to Gary Meek ... hear you took your training wheels off one week early ... Get Well Soon ... from your training partners at Aerobics & Iron!

Special Birthday wishes to Amanda Collins ... she is celebrating her first year as a teenager (13) on Oct. 15th ... Have fun Mom & Dad, Heh - Heh!!!!

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• Prints • Custom Framing
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Now Open at 224 Pitt St.
✔ Trisha Romance
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Let Them Know It With A Delicious Gourmet Fruit Basket.
Green Planters Also Recommended For This Occasion
BARBARA'S FLOWER BOUTIQUE
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KRYSTAL'S COSTUME SHOP
DROP & SEE OUR EXQUISITE LINE OF COSTUMES
Costumes, Make-up & Accessories For Chidren & Adults
Very Good Rates
Reserve Now For Best Selection
938-0609
Mon. - Sat. 9 -9; Sunday 10 - 2
200 Balmoral (Near CN Station)
Prop. Doug & Sue Delage

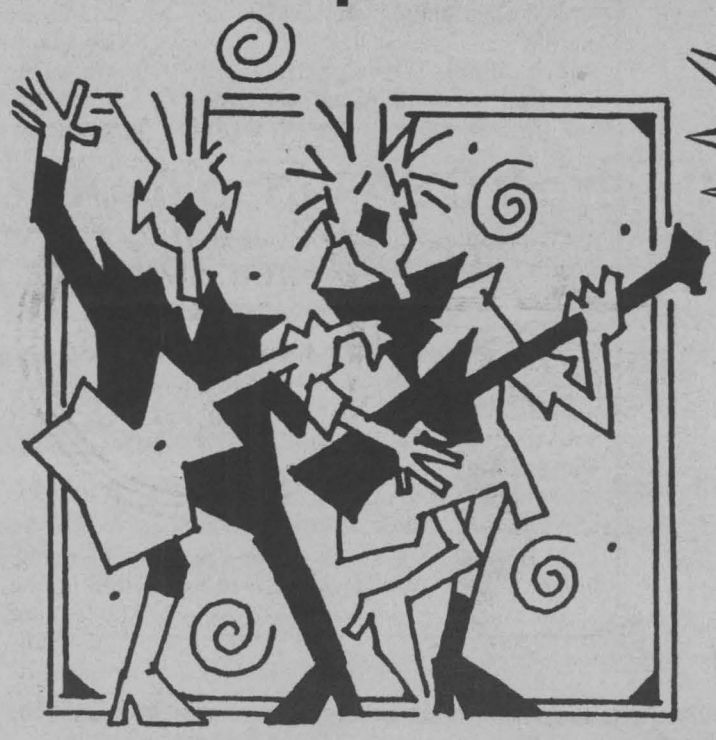
And here is the other-side-of-the-story ... this is in response to the bus driver who reported those autos who ignore stopped school busses ... a "twack" to the complainant & Sammy. This driver called to say that the driver "waved this & other cars on "! "Next time, Sammy, take the name & tel number of the driver making the the charges in order that we may be able to defend ourselves." From lic. #359-FYN!

KARAOKE

TALENT CONTEST
In Support Of
MISSING CHILDREN'S NETWORK

SAT. OCT. 17, 1992

Knights of Columbus Hall
205 Amelia St., Cornwall
8 pm - Midnight



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Proceeds to the Missing Children Network. Donations accepted at the door.
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ENERGY HINTS

Taking Care Of The Cold Ones



Vacuum Your Refrigerator!
Vacuum the condenser coils at the back every six months. Dust and dirt on the coils make the appliance work harder and use more electricity.

Check The Temperature
The best temperature for the fresh food compartment of your refrigerator is 3° C (37°F - 42° F). Both your freezer compartment of your refrigerator and your freezer should be kept at 18° C (0°F).

Location, Location! Your Freezer
Keep your freezer in a dry, heated and insulated area. If it's kept in an area where temperatures fluctuate, it could damage the compressor.

CORNWALL ELECTRIC

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Focusing on environmental and special needs 1

Seniors and safety

(NC)—Although seniors make up only 10 per cent of the population (a percentage that is steadily growing as the baby boomers age), they sustain 30 per cent of all accidental fatalities and 25 per cent of all accidental injuries. Accidents are preventable if appropriate precautions are taken.

CSA is participating on a Consumer and Corporate Affairs Canada working group to determine the most viable means of promoting safer and better designed household products, and to develop ways of making industry aware of the product needs of seniors. Watch for an article in our fall issue that will provide practical tips on home safety for seniors.

Some products may not meet the special needs of persons with specific disabilities, or some products may be difficult for children or seniors to use. These may be electrical products commonly used in the home, or other devices with which such individuals come into contact.

CSA's Environmental Program

(NC)—CSA's Environmental Program involves many committees in consensus standards development, and we congratulate the many committee volunteers whose dedication and efforts continue to benefit all Canadians.

CSA is committed to providing solutions to environmental problems through active participation in the development of related standards, both national and international. One such new initiative involves work with the Strategic Advisory Group on the Environment (SAGE) of the International Organization for Standardization (ISO) and International Electrotechnical Commission (IEC). Some areas in which SAGE is active include environmental labelling, management systems, auditing and performance evaluation, the environmental aspects of product standards, and life-cycle analysis. Canada is the convenor of the SAGE sub-group on environmental labelling.

New CSA Video Available for Loan

(NC)—"Making Our Mark on the World" is the title and theme of CSA's new corporate video. It is designed to provide an overview of CSA to individuals and groups such as consumers, educators, students, manufacturers, the business sector and regulatory authorities. Along with a companion brochure, the video is available for loan, free of charge, in VHS format in both English and French from CSA offices across Canada (Vancouver, Edmonton, Winnipeg, Toronto, Montreal, and Moncton). To borrow the video, please contact the CSA office nearest you.

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For
- *All your Electrical Needs*
- *Competitive Prices*
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(across from Olympia Bowl)
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Basement To Attic and From Wall To Wall

Your One Stop Home Improvement Store

Mon. - Thurs. 7 am - 6 pm
Friday 7 am - 9 pm
Saturday 7 am - 5 pm

1100 Marleau Ave. 938-3300

Going Birdie



Mrs. "G's" Dollhouse Shoppe and Wild Bird Emporium had a grand re-opening recently. The store is now under new managment and has expanded by including a large variety of bird supplies.

Pictured above is new manager Renee Vaicekonis holding onto a bird house which can be purchased in her store along with a number of other collectable items.

by Kris Koolstra

Medical Health Fair

The St. Lawrence Centre is hosting a Medical Health Fair on Saturday and Sunday, October 17 and 18. Many local hospitals and health care providers will be on hand to discuss their services.

There will be FREE Blood Pressure checks, FREE finger printing and other free services. Many displays and exhibits will be available for questions and information. "This is an excellent opportunity to find out more about the excellent medical services offered in our community", said Pat Portolese, General Manager of the St. Lawrence Centre.

Some of the displays and exhibits include: CPR, Peri-Natal Unit, Physical Therapy, Neuro-Rehabilitation, Traumatic Brain Injury, Hearing Aids, Home Medical Equipment, and more. If you have questions this may be your opportunity to find the answers.

The show will concur with regular St. Lawrence Centre hours and run from 9:30 a.m. to 9:00 p.m. on Saturday, and from 11:00 a.m. to 5:00 p.m. on Sunday.

For more information please contact the Customer Service Booth at the St. Lawrence Centre, (315) 764-1001.

Upper Canada Playhouse Lottery Calendar Winners

Sultan Jessa	Cornwall, Ontario	Sept. 27	$20
J.S. Johnston	Morrisburg, Ont.	Sept. 28	$20
Martine Briggs	Morrisburg, Ont.	Sept. 29	$20
Peter Willsher	Cornwall, Ont.	Sept. 30	$125
David Salmon	Cornwall, Ont.	Oct. 1	$20
Harold Ball	Cornwall, Ont.	Oct. 2	$20
Stephen O'Donohue	Berwick, Ont.	Oct. 3	$50
Early Bird 1993 Lottery Calendar Winner			
Franklin McCorkell	Ottawa, Ont.	Oct. 1	$100

$ Lots of Values $
All Over The Lot!

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90	JEEP CHEROKEE PIONEER 4X4, 4 dr.	$15,995
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89	EAGLE VISTA, 4 dr., 5 spd.	$ 4,995
89	JEEP YJ, 5 spd., 6 cyl., hard top	$10,995
89	GMC 1/2 TON PICK-UP, Fully loaded	$12,995
88	ACURA INTEGRA, 4dr., LS	$ 8,995
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88	EAGLE PREMIER LX, loaded	$ 8,995
87	OLDS CIERRA BROUGHAM, 4dr.	$ 6,995
87	PLYMOUTH VOYAGEUR, low km.	$ 5,995
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84	SUZUKI 4X4	$ 2,584
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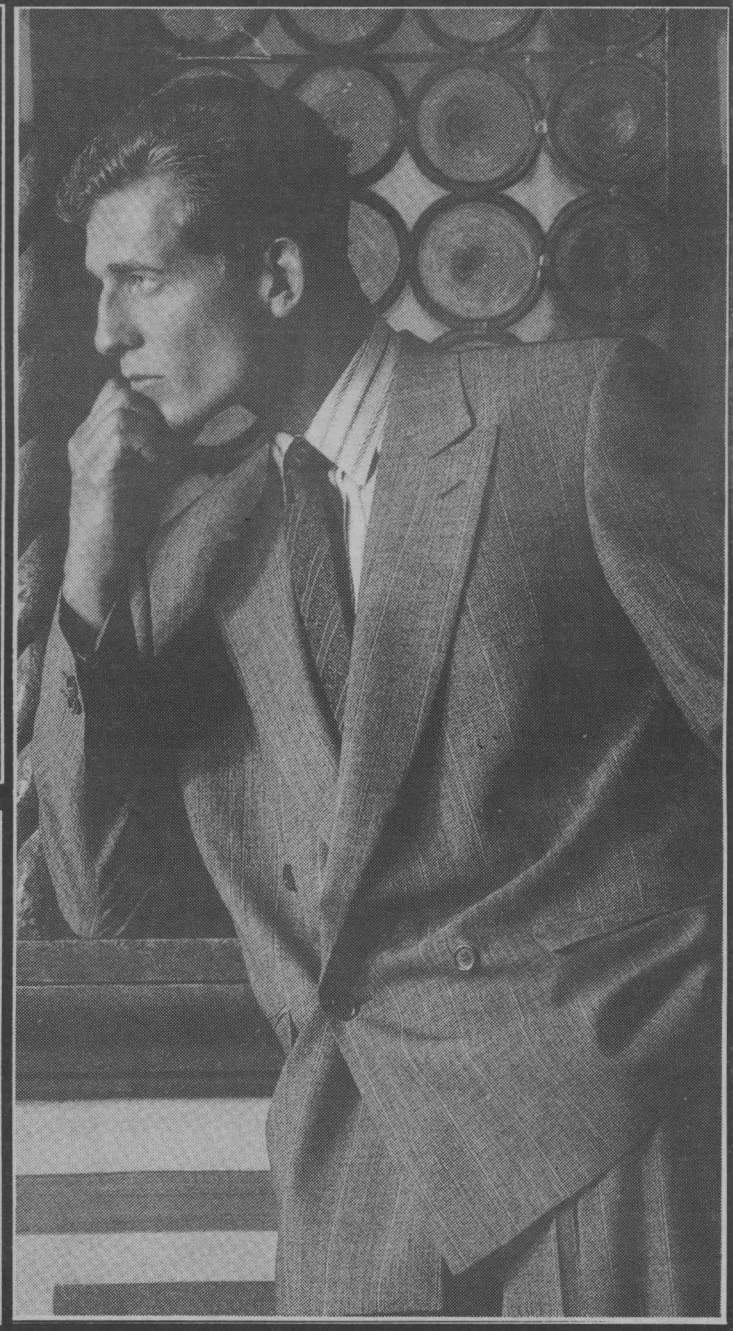

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SEAWAY NEWS
COMMUNITY EVENTS

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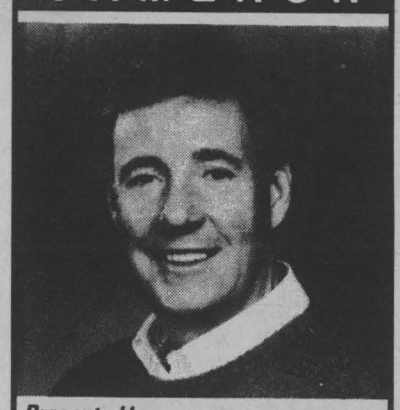
* NOTICE TO COMMUNITY EVENT ADVERTISERS. DEADLINE: Wed. prior to Sun., publication 3 pm. Copy must be legible (printed or typed). Text to contain only "basic" information (Who, What, Where, When & telephone contact if required). Minimum wording, please! Notices can be mailed in, or brought into the office or faxed (933-0024). Notices will not be taken over the phone. Thank you. Short & sweet makes better reading.

*SUPPORT GROUP FOR "EATING DISORDERS" meet every Wed. at 7:30 pm at Mille Roches Hall, 801 Fourth St. E. Room 11. For more info. call 932-1936.

IN CONCERT

Thursday, October 22 8 pm
AULTSVILLE HALL
Reserved Seating Tickets at Ran-Gal Photo, Brookdale Mall 938-7779

JOHN ALLAN CAMERON



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Best Western Parkway Inn
LOEB IGA Seaway
A Shantero Production
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*BONVILLE LION'S CLUB have Euchre every 2nd Wed. of the month at the Bonville Lion's Club Hall. Everyone welcome. Starting at 8 pm.

* 325 CORNWALL KIWANIS ROYAL CANADIAN AIR CADET Squadron is looking for new recruits. Young adults ages 12 - 18 are welcome to join. Wed. at 6:30 - 9:30 pm at the Cornwall Armoury, 505 4th St. E.

* C.W.L. CARD PARTIES - BRIDGE EVERY TUESDAY AFTERNOON and euchre every Friday afternoon at St. Columban's Parish Centre.

* CORNWALL REGIONAL ART GALLERY are offering adult & children's Art classes. To register, please call 938-7387 or drop in at 164 Pitt St.

* SKATE WITH THE CORNWALL SKATING CLUB Saturday at the Civic Complex starting Oct. 24th. Evening. Info. 932-5921.

* THE TRI-COUNTY CHESS CLUB is there for all who wish to enjoy, Wed. evening from 7 - 9:15 pm at the Cornwall Collegiate & Vocational School, 437 Sydney St. Chess sets are supplied. Info: 938-6364.

*GLENGARRY ARTS & CRAFTS ASSN. 23rd Anniversary. new show dates. Sat. & Sun. Oct. 24 & 25 at St. Mary's Center, Williamstown Ont. from 10 am - 5 pm.

* ORDER OF THE EASTERN STAR Fall Tea & Sale at the Masonic Temple Second St. E. Wed. Oct. 21 from 2 - 4 pm. Reservations: 534-2288/ 932-8051.

*ST. COLUMBAN'S CATHOLIC WOMEN'S LEAGUE Dessert Bridge party on Wed. Oct. 14 at 7 pm at the Parish Centre. Admission $3.00/person. Prizes & tasty desserts

* ST COLUMBAN'S RUMMAGE SALE on Thurs. Oct. 22nd from 9 am to 7 pm at the Parish Centre. Bargains galore. Clothes, books, housewares, etc.

*MAXVILLE UNITED CHURCH Anniversary Supper on Sat. Oct. 17 from 4:30 - 7:30 pm. Adults: $8.00. Children: (6-12) $4.00. Five & under, free.

* O.S.P.C.A., SD & G branch, monthly meeting on Wed. Oct. 14, 8 pm at the Legion Hall, corner of 2nd & Cumberland Sts. New members are always welcome.

* THE 2ND ANNUAL CHORAL FESTIVAL sponsored by the Glengarry Chapter/Heart & Stroke Foundation on Sunday Oct. 18 at 2 pm. Held at Finnan's Cathedral, Alexandria Ont. Freewill donation.

* A BAKE SALE (morning coffee & tea sold) at the Nor'Westers & Loyalist Museum, Oct. 24 from 10 - 12 am. Williamstown Museum. Fundraising.

* GLEN STORE DUN LODGE VOLUNTEERS needed for french day away. Volunteer on Wed. Bingo helper for Saturday & activity helper needed. Info: 933-3384 from 8 - 4.

* THE NORDIC SKI CLUB of Cornwall Inc. Annual Registration on Monday Oct. 19 between 7 - 9 pm at the R.C.A.F. Wing, Water St. W. East entrance.

* SHANTERO PRODUCTIONS/ SECOND CITY to perform in Brockville & Cornwall. Brockville Arts Centre on Friday Nov. 13. reserved seating tickets on sale at the box office, 342-7122 and Cornwall's Aultsville Hall on Saturday Nov. 14. Reserved tickets Ran-Gal Photofinishing, Brookdale Mall, 938-7779. Tickets are $18.50. G.S.T. incl. Info: 346-2622.

* LONG SAULT FRIENDLY CIRCLE "Tartan Tea & Bazaar" at Christ Anglican Church, Long Sault. Sunday Nov. 1st from 2 - 4 pm.

* A FALL GARAGE SALE sponsored by the Knights of Columbus & the C.W.L. Oct. 17 from 8 am - 3 pm at St. Andrews West, Parish Hall. Proceeds to purchase new equipment for St. Andrews Fire Dept.

* CORNWALL TOWNSHIP LIONS CLUB & The St. Andrew's Fire Dept. are having a casino night at Quinn's Inn, St. Andrews West on Oct. 23 from 8 pm - 1 am. Proceeds to purchase new equipment for the St. Andrew's Fire Dept. Everyone welcome.

* ST. FRANCIS DE SALES C.W.L. RUMMAGE SALE at the Parish Hall, 434-2nd St. W. Thursday Oct. 15 from 6 - 8 pm and Friday oct. 16 form 10 am - 1 pm.

* BLOCK PARENTS OF CORNWALL meeting Tuesday Oct. 13 at 7:30 pm at the Police Station, 340 Pitt St. Info: 933-2885/ 932-8857.

* OPEN HEART SOCIETY MEETING Oct. 15 at 7:30 pm at St. Joseph's Villa. Speaker: Chant White. Anyone pending surgery is invited to attend. Also a bazaar on Saturday Oct. 31 from 10 am - 4 pm at St. Joseph's Villa. Bake table, crafts, white elephant & many more. Everyone welcome.

* THE PARISIONERS OF ST. CATHERINE of Siena, Greenfield are having a turkey supper on Sunday Oct. 11 from 4 - 7:30 pm in the Church Hall. Everyone welcome.

*BLESSED SACRAMENT C.W.L. are holding a rummage sale in the parish hall, Tollgate Rd. Saturday Oct. 17 from 10 am - 2 pm.

* THE AUXILIARY TO THE CORNWALL GENERAL HOSPITAL invites everyone to their apple extravaganza/luncheon/bazaar at Caldwell Hall, St. John's Church on Friday Oct. 16 from 11;30 am - 1:30 pm. $4.50 p.p.

* THE ROYAL CANADIAN LEGION are having western nite Friday Oct. 23 from 9 pm - 1 am. beef shoot - country encore. Halloween Dance will take place on Oct. 30 from 9 pm - 1 am. Songbird Karaoke. Prizes. Members & guests. Free admission.

* THE PARISIONERS OF ST. MARY'S CHURCH in Williamstown are having their annual Roast Beef Harvest Supper on Sunday Oct. 18 from 4 - 7 pm. Everyone welcome. Adults: $8.00/ children 6 - 12 $4.00/ under 6 free.

* COUNTRY & WESTERN TALENT SHOW, Sat. Oct. 24 at Lakeside Inn, Ingleside Ont. Music: Johnny Brunet & The New Country ramblers 9 pm - 1 am. Proceeds to assist: C.K.O.N. Radio Station. Donations at the door.

*LES GENS D'ICI, Cornwall's francophone theatre, presenting, Le Saut de 5 Heures by Bill Daily. Oct. 15, 16, 17 at St. Columban's Hall, 40 - 5th St. W. at 8 pm. Reservation & info. 932-3546/938-1788. Tickets: $6.00 p.p.

*SEAWAY TOASTMASTERS invite you "Learn Public Speaking & Gain Confidence" every Tuesday from 7 - 9 pm. Transport Canada Training Centre, 1950 Montreal Rd. Visitors welcome. Info: 931-1598/ 936-2945.

* LIVING WITH CANCER support group meetings every 1st and 3rd Tuesday of the month at Chateau Cornwall (downstairs) Info: 932-1283.

*THE LUNG ASSOC. sponsoring their gym & swim program for asthmatic children at the Holiday Inn each Wed. of Oct. (14, 21, 28) 6:30 pm . Info: 932-4999.

* THE IOTA CHI CHAPTER OF BETA SIGMA PHI has resumed its bi-weekly meetings for 92-93. Model meeting Oct. 14, new members welcome. Info: 936-0883 after 5 pm on weekends.

* CORNWALL AERO MODELLERS monthly meeting Tuesday Oct. 13 at 7:30 pm at Murphy's Inn. Anyone interested in building, flying radio controlled model aircraft is welcome. Info: Bruce 932-8902.

* SEAWAY SENIOR CITIZENS CLUB 1201/ annual dinner/dance Oct. 14 at 5:30 pm. Music by Linda. Members $8 p.p., non-members $9. Tickets must be purchased by Tuesday Oct. 13. Advance tickets sales only. 932-4969.

* CORNWALL SENIOR CITIZENS CLUB 353/ 119 Pitt St. Dinner/dance Sat. Oct. 17 at 5 pm. $3 members/guests $6.00 p.p. Music 8 - 11 pm.

*UNITED COUNTIES MUSEUM photography workshop Oct. 17th (10 am - 4 pm) & Oct. 24 (10 am - 12 pm). Some experience with your own 35 mm camera & flash is recommended. Registration: $20.00 per participant. More info: 932-2381

* SCOTTISH COUNTRY DANCING classes Wednesday at 7:30 pm at 505 Fourth St. E. Armoury. Everyone welcome. Scot or not.

* A EUCHRE PARTY will be held on Sunday, October 18th at 8:00 pm at St. Raphael's Parish Centre. Prizes and refreshments, everyone welcome.

* RUMMAGE SALE on Wed. Oct. 14 from 9:30 am - 2 pm at the Church of the Good Shepherd, First & Marlborough St. Everyone welcome.

* ONTARIO FRIENDS OF SCHIZOPHRENICS, SD & G Chapter meeting Oct. 13 at Chateau Cornwall, 41 Amelia St. at 7 pm (side door). Guest speaker: David Leonard, Chapter Co-ordinator Bill Jefferies Fund. Everyone welcome.

* HEART SMART COOKING COURSE Tuesday Oct. 13, 20 & 27 at St. Lawrence High School from 7 - 9 pm. Cost $12.00. Call 932-0857 for registration. No school on Thanksgivign Day Oct. 12. Soccer tournaments, Jr. Boys & Girls Oct. 14 at Viscount Alexander P.S.

* EUCHRE sponsored by Eastern Star Rebekah Lodge #48 Tuesday Oct. 13 at 7:30 pm at the I.O.O.F. hall 305-13th st. W. Everyone welcome.

* THE CORNWALL CAROUSEL ROUND Dancing Club is holding an introduction to round dancing night, Oct. 13th at Viscount Alexander Public School, 1401 Dover Rd. All interested couples are most welcome 6:30 - 7:30 pm.

* THE CORNWALL FULL GOSPEL Business Men's Fellowship Brunch meeting at Best Western Parkway Inn, Sat. Oct. 17 at 10 am. $10 p.p. Guest speaker Ron Hartman. info: 933-2465.

*KALRIM KARAOKE & TALENT SHOW sat. Oct. 17 at Knights of Columbus Hall, 2nd & Amelia (downstairs). Proceeds to Missing Children Network. Register at Kalrim Cycles & Sports, 850 Boundary Rd. 937-4488. Donations accepted at the door.

* LES GENS D'ICI, Information Night, Monday Oct. 26 at 7 pm at Freddy's Banquet Hall. Light lunch. Info: 938-1788.

*CRAFT SALE Glen Stor Dun Lodge Oct. 23 from 10 am - 3 pm. Main dining room. Everyone welcome.

* THE HOLY CROSS GOLDEN AGE CLUB monthly supper on Tuesday Oct. 20 at 5 pm followed by cards, at the Church Hall. All welcome.

* HARVEST BAZAAR sponsored by C.W.L. Oct. 26 from 1 - 4 pm at the Parish Hall, St. Andrews W. Quilt draw, white elephant stalls. All welcome.

* U.C.W. RUMMAGE SALE, sat. oct. 17 at St. Andrews/ St. Marks United Church Hall, Long Sault from 9 am - 12 noon. Everyone welcome

* POLISH ANNUAL FALL DANCE/ sponsored by the Cornwall Polish Allicance. Oct. 17 from 9 pm - 1 am at the Knights of Columbus Hall. $10 p.p. Hot buffet incl. dance. Proceeds to charity. Bialo-Czerwoni white & red.

* EUCHRE sponsored by Precious Blood C.W.L. Sunday Oct. 26 at 7:30 pm. Parish Hall, Glen Walter. Prizes, lunch. All are welcome.

*LA LECHE LEAGUE MEETING, Wed. Oct. 14 at 7:30 pm at 442-3rd St. E. Discussion: The Baby Arrives. Babies welcome. Info: Cathy 932-2956/ Martha 534-8414.

*DOWN MEMORY LANE'S production of "Beauty and the Beast" Dec. 5th & 6th at 1 pm Aultsville hall. This show is for everyone to see.

* THE S.D.& G. HISTORICAL SOCIETY meeting on Wed. Oct. 21 at the Garden of Eatin. Speaker: Earl Myers. Dinner at 6 pm/meeting at 7:30 pm. Speaker at 8 pm.

* CORNWALL CHRISTIAN WOMEN'S CLUB will meet at the Porto Bello, 1710 Vincent Massey Drive for desert & coffee, Wed. Oct. 14 at 7:30 pm. Featured fashio show/ creations suki from Montreal plus music & speaker. $6.00 p.p. reservations essential. Call 528-4656.

*EUCHRE will be held at the Long Sault Legion Br. 569 at 2 pm Sunday Oct. 18. Prizes & hot lunch. Everyone welcome.

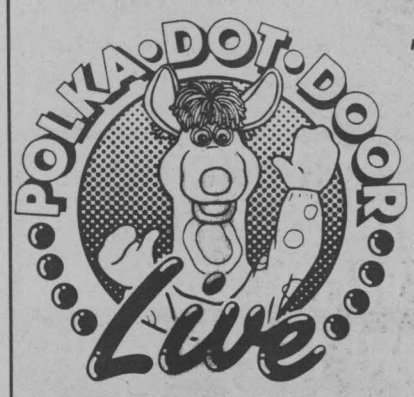
* TRI COUNTY HORSE CLUB TRAIL RIDE Sunday Oct. 18 at St. Lazare. Everyone to meet at corner of Summerstown Rd. & County Rd. 18 at 11 am. Info: John 931-2863.

WHAT'S NEW? LOOK AND SEE!
Glengarry Arts and Crafts Assn. 23rd Anniversary
"CRAFT AND GIFT SHOW"
New Show Dates:
Sat. & Sun. - Oct. 24th & 25th/92
New Location: ST. MARY'S CENTER
Williamstown, Ontario
10 a.m. to 5 p.m. daily
New Atmosphere: Meet and chat with your favouite artisan. Lots of Free Parking!
Still the "1st & Best in Glengarry!"

CJSS 1220 AM

In Support of The Lights of Hope Campaign — THE LIGHTS OF HOPE CAMPAIGN

Presents



Tuesday, October 20, 1992
5:30 p.m. & 7:30 p.m.
at
Aultsville Hall Theatre
St. Lawrence College
Cornwall

Tickets $7.50 advance
$9.50 at the door
Includes GST

New, Exciting Show!
Gairey Richardson & Polkaroo

Special Guests

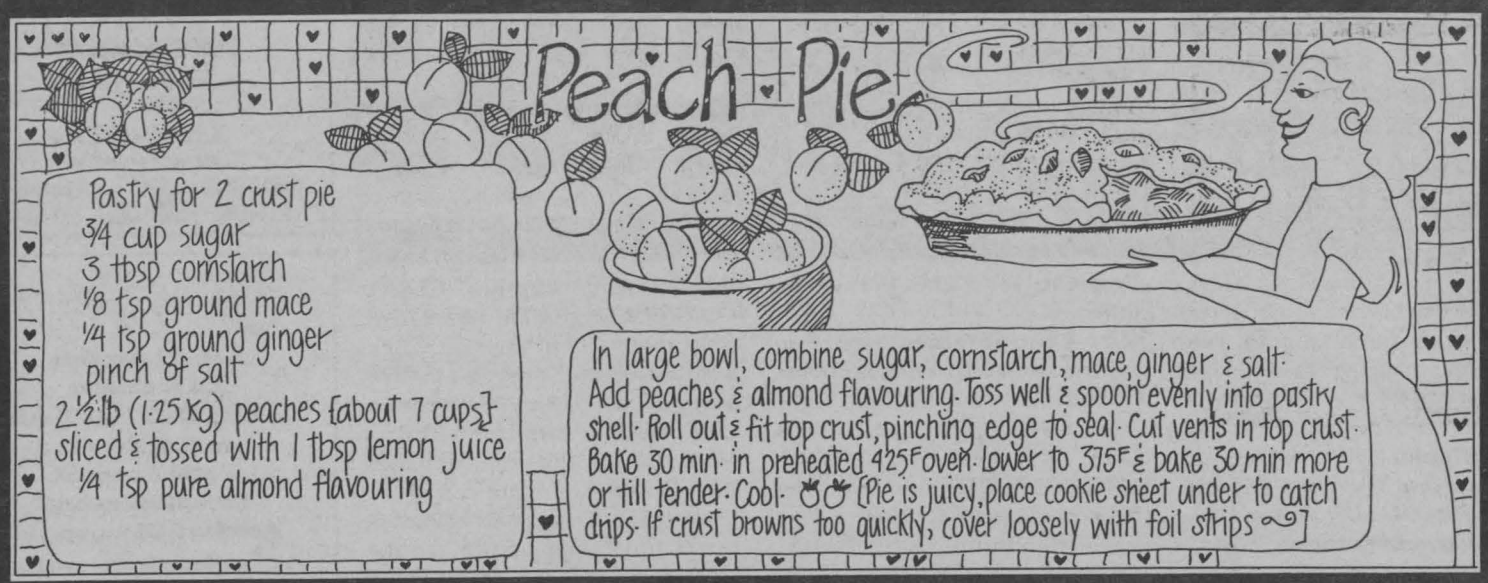


Tickets are available at:

Brockdale Mall
Information Centre

RECIPIX

Frances Beaulieu



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Influenza Facts

• There are over 5 million Canadians (roughtly 22% of the national population) who are considered at high risk of serious illness or death.

Flaky Pumpkin Tarts give a new twist to an old favorite

(NC)—Whether you use fresh or canned filling, nothing beats that classic fall dessert, Pumpkin Pie—except for Pumpkin Tarts—when you want an easy way to present individual servings.

Made from a no-fail pie crust mix to which you need only add water, this pastry is as light and flaky as if it were made from scratch. But it's ready in just a fraction of the time.

Pumpkin Tarts will be a great hit at a Halloween Party or on Trick or Treat Night before the little witches and goblins head out to make the rounds.

If you use fresh pumpkin, prepare it by washing and cutting in half, crosswise. Remove seeds and strings. Place on a cookie sheet, cut side down, and bake in a 325°F oven for an hour or until tender. Scoop pulp from the skin and puree in a food processor or blender.

Pumpkin seeds make a tasty roasted snack. Just wash and dry them, spread on an oiled cookie sheet and sprinkle with garlic salt. Place sheet under broiler for about five minutes on each side or until brown.

FUN WITH FOOD

Pumpkin Tarts

1 box	1	ROBIN HOOD FLAKY Pie Crust Mix (2 envelopes)
2	2	eggs
1 cup	250 mL	lightly packed brown sugar
1/2 tsp	2 mL	salt
1 1/4 tsp	6 mL	cinnamon
1/4 tsp	1 mL	nutmeg or ginger
1 cup	250 mL	evaporated milk or light cream

Whipped cream to garnish, optional

PREPARE pastry according to package directions. Roll out thinly half at a time; cut into rounds and fit into tart tins or muffin cups. Make 3 dozen shells in total.

BEAT eggs lightly to blend. Add remaining ingredients, mixing until smooth. Pour filling onto pastry shells, filling almost full.

BAKE on bottom shelf at 375°F (190°C) for 15-20 minutes, or until filling is set and pastry is light golden. Cool. Garnish top with whipped cream if desired. MAKES 3 dozen tarts.

If your group is planning a bake sale, Robin Hood Multifoods will send you a free Bake Sale Kit with best selling recipes and money saving coupons for Robin Hood All Purpose Wheat & Oat Flour along with publicity, packaging and pricing tips to help make your event a great success. To order, print your name, address, postal code, date of bake sale and organization on a piece of paper and send to: ROBIN HOOD BAKE SALE KIT, P.O. Box 2152 Station A Toronto, Ontario M5W 1H1. Limit one Bake Sale Kit per group. Please allow four weeks for delivery. Offer valid until December 31, 1992 or while supplies last.

"Ghost Nibblers" for a healthier Hallowe'en

(NC)—Hallowe'en is not an easy time for children with diabetes. They cannot eat sugary treats, but like all other children, enjoy trick-or-treating, going to Hallowe'en parties and dressing up.

As an alternative to sugary treats, try individual packets of peanuts, sunflower seeds, potato chips, popcorn, pretzels, sugarless gum or mints, or unsweetened boxed fruit juices. Non-edible Hallowe'en treats might include stickers, pens, erasers, coupons, balloons, buttons, baseball or hockey cards, and comic books.

The following "Ghost Nibblers" recipes from Toronto's Hospital for Sick Children make tasty Hallowe'en party treats. Some of the recipes contain modified amounts of sugar, which have been calculated as part of the total food value.

LIVING WITH DIABETES

Pumpkin Chocolate Chip Cupcakes

1 1/2 cups	375 mL	flour
1 tsp	5 mL	baking powder
1/2 tsp	2 mL	salt
1 tsp	5 mL	cinnamon
1/2 tsp	2 mL	nutmeg
1/4 cup +		
2 tsp	80 mL	brown sugar
1 cup	250 mL	semisweet chocolate chips
1	1	egg
3/4 cup	200 mL	skim milk
1/4 cup	50 mL	vegetable oil
1/2 cup	125 mL	pumpkin, mashed

In a large bowl, combine flour, baking powder, salt and spices. Add brown sugar and mix until smooth. Stir in 3/4 cup chocolate chips.

In a separate bowl, combine egg, milk, oil and pumpkin, blend thoroughly. Add to dry ingredients, stirring just until moistened.

Spoon into paper-lined, Hallowe'en muffin cups, filling three-quarters full.

Bake at 400°F (200°C) for 18 to 20 minutes. Allow cupcakes to cool. Makes 18 cupcakes.

Decorate the cupcakes with *Whipped Orange Frosting* and use remainder of the chocolate chips (1/4 cup) for the face.

1 Iced Cupcake = 1 Starchy Choice; 1 Fruits & Vegetable Choice; 1 Fats & Oils Choice; 3 g Protein; 20.5 g Carbohydrate; 8 g Fat; 672 kJ (160 Calories).*

*This value includes 1 tbsp of Whipped Orange Frosting

Whipped Orange Frosting

1/3 tsp	2 mL	unflavoured gelatin
1/4 cup	50 mL	cold water
1 cup	250 mL	whipping cream
3 pkg	3 pkg	artificial sweetner
1 cup	250 mL	orange skim milk yogurt
1 tsp	5 mL	vanilla

In a small saucepan, sprinkle gelatin into water. Heat, stirring constantly, until the gelatin is dissolved. Cool to room temperature.

In a chilled bowl, whip cream until soft peaks form, beat in sweetner and vanilla. Fold in yogurt; then gradually fold in gelatin mixture. Chill until serving time.

1 serving—15 mL (1 tbsp) = 1/2 Fats & Oils Choice; 1.5 g Carbohydrate; 0.4 g Protein; 2.0 g Fat; 100 kJ (24 Calories).

Chicken Rice Bake

(NC)—A delicious 'any night' dinner that is so easy to prepare.

Chicken Rice Bake

1—10 oz.	1—284mL can	cream of chicken soup
1—42 g		envelope onion soup mix
1—10oz.	1—284mL can	mushrooms, drained and chopped
1 1/3cups	325 mL	Milk
3/4 cup	175 mL	uncooked long grain rice
1-11-ounce	1-312g	package frozen peas and carrots, thawed
2 1/2 to 3 lb. 1.25 to 1.5 kg		cut up broiler-fryer paprika

Place cream of chicken soup in a bowl. Blend in onion soup mix and mushrooms. Gradually stir in Milk. Reserve 1/2 cup (125 mL) of the soup mixture; set aside. Stir uncooked rice and vegetables into remaining soup mixture. Turn into a 2-quart (2 L) shallow rectangular baking dish. Arrange chicken pieces on top. Pour reserved soup mixture over chicken.

Sprinkle with paprika. Cover with foil. Bake in preheated 375°F (190°C) oven 1 to 1 1/4 hours or until rice is tender.

Makes 4 to 6 servings.

Milk makes good food better.

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QUINN'S INN
In Historic St. Andrews W.
LIVE ENTERTAINMENT
THIS WEEK IN THE PUB
9 pm - 1 am
Thurs. Oct. 15 - Karaoke
Fri. Oct. 16 - Bob & Ducky
Sat. Oct. 17 - Mike McAnany
EVERY THURSDAY 5 - 10 pm
- WINGS N THINGS -
DAILY LUNCHEON SPECIALS
COMPLETE BANQUET FACILITIES
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Cornwall Township Lions Club
LION'S HALL BONVILLE
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PACKAGE DEAL $9.00
9 REGULAR GAMES ... $35.00 5 SPECIALS ...$50.00
1 EXTRA SPECIAL ... $1800
If Won in 6 numbers (Over 6 numbers - 10 of Extra Special)
1 JACKPOT $250.00 1 BONAZA 2 SHARE THE WEALTH
We Use Bingo Sheets with dabber system
EVERY THURSDAY
Early Bird 7 pm
Regular Bingo 8 pm

Canadianna
CLUB RESTAURANT
Thanksgiving Feast
Monday, October 12th - 4 p.m. - 9 p.m.
Roast Turkey, Potato, Gravy, Dressing, Vegetable, Roll, Cranberry Sauce & Homemade Pies.
CHILDREN UNDER 12 - 1/2 PRICE!
$9.95 Adults
1514 2nd St. W. 936-2554

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Mexicali Rosa's
58 Pitt St. 937-3000
Closed Thansgiving Day

SEAWAY NEWS
ENTERTAINMENT

"OH GIVE ME A HOME WHERE THE BUFFALO ROAM!" Okay that's easy, it's the *LAKESIDE INN* at *INGLESIDEi* and those burgers are lean, chemical free, tasty and at $3.95 you can't go wrong. The *LAKESIDE* is on Hwy. #2 & Farran Rd. and they also offer great "wings" made to order every Thursday night with *KARAOKE* featured on Friday from 9 pm - 1 am.

Here's the movie fare planned for this week at *BROOKDALE CINEMAS:* Steven Seagal, the tough guy with the pony tail, is back in action in a new movie called *UNDER SIEGE* and it's showing in Cinema #3 at 7 pm & 9 pm. The other two films are holdovers with *LAST OF THE MOHICANS* at 7 pm & 9:10 pm in Cinema #1 and *MR. BASEBALL* with Tom Selleck in number two. The Sat. & Sun. matinees are same as above in No. 1 & 2 and the Cinema #3 feature will be *3 - NINJA'S.*

CHEZ LOUISE on Montreal Road invites everyone to come and hear and watch the next *CELEBRITY TALENT SHOWCASE* on Oct. 17th. While there you may wish to try any of their specialties from the menu. My advice is that you go early for a great meal and stake your claim on a good seat for the entertainment. Sometime over the next few days I hope everyone will take some time to catch some of the kaleidoscopic scenery that's available *FREE OF CHARGE* in our midst. You may want to take a drive along any of the country roads to get the best view or perhaps along the St. Lawrence River or maybe even aboard a two-wheeler on the bike path. With many, the changing seasons means a new run of TV programs to watch. They too come in different shapes and colours. One can choose from the Bush-Clinton-Perot *PROMISES* to the Great Canadian Constitution Saga, or pick from some re-runs to the changing sports seasons. Soon we will be watching baseball, hockey and football all the same time. Here's a *FREE OFFER* from the *HOLLYWOOD VIDEO STORES.* It's an Arsenio Hall Communication production called *"TIME OUT"* and is designed to educate everyone about *AIDS* and the *HIV* virus. Hollywood Video is offering this video on a *FREE RENTAL* basis at the two Cornwall locations at 1274 Pitt Street and at Eastcourt Mall. Recent statistics indicate how rapidly *HIV* and *AIDS* is spreading among young people between ages of 13 and 24 yet many still aren't aware that this deadly virus can happen to them. *"TIME OUT"* features Arsenio, Magic Johnson and some guest appearances by Paula Abdul, Tom Cruise, Luke Perry and others.

The program combines information and entertainment including some straight talk, vignettes and music. *KNIGHT 'N DAY* salutes the *HOLLYWOOD VIDEO STORES* and everyone connected with this film and we urge anyone interested to take advantage of the *FREE* video offer. Something else that changes with the season are the hours of operation at many establishments. Here's the new change at the *CANADIANNA RESTAURANT* on Second Street West. New hours for Monday and Tuesday are 8 am - 2 pm and for Wednesday through Saturday it will be 8 pm - 9 pm with *PERCY SMITH* playing some appropriate dining music on Fri. & Sat. You can still drop by for an early morning breakfast until 11:30 each morning to partake of any of their lunch specials. Speaking of specials the *CANADIANNA* Thanksgiving Day Special features Turkey with all the usual trimmings at $9.95 for adults and half-price for children.

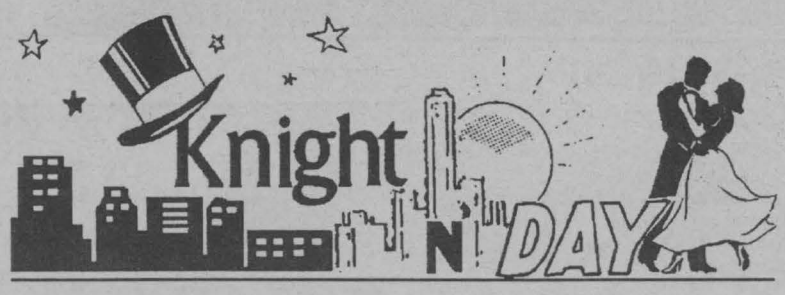
LA RICK'S on Montreal Road wishes to invite the ladies to their *LADIES NITE* on Saturday with prizes and surprises. *GERRY CORVELL* and *MEMORY LANE* play every Thursday through Sunday from 9 pm - 1 am. We stopped by the newly opened *LATOURS* Restaurant at 155 Montreal Rd. the other day and sampled the soup and coffee. As usual *HARVEY* gave the place his personal decorating touch and the menu-mix is perfect for the hours open. *LATOUR'S* closes each day at 6:45 pm but methinks maybe breakfast offerings could come soon. Try the hot soup on your next visit.

LA MAISON on Montreal Road features the group *VISION IN THE SKY* this week on Thurs. to Sun. from 9 pm - 1 am with *KARAOKE* every Wednesday with prizes.

Here's some great news. The *K&D DINER* on Marleau Ave. are now offering Bar B-Q Chicken. A quarter BBQ with fries and the veggie of the day for $5.75. *K & D* are open 6 am until 3 pm Mon. - Fri. and they offer great homemade *JUMBO MUFFINS* daily.

We close today's review with a short poem: My parents told me not to smoke ... I don't. Nor listen to a naughty joke ... I don't. They made it clear I musn't wink at pretty girls ... I don't. Or ever think about intoxicating drink ... I don't. To flirt or dance is very wrong ... I don't. Chase girls, wine and song ... I don't. Kiss no girls ... not even one, I don't even know how it's done. You wouldn't think I have much fun ... I DON'T.

Gotta go. G'Day and G'Knight.



Entertainment - Special Events & Restaurant Review - By Bud G. Knight

Last Week:

- Local gas stations report a dramatic increase in sales since prices dropped by approx. 3¢ a litre.
- Lorraine Lapointe, a Martintown dairy farmer, seeking seat on Ontario Milk Marketing Board.
- Enumerators out knocking on doors to register voters for Oct. 26 referendum.
- Eastern Ontario Health Unit urging seniors to get their flu shots.
- City will reduce fees charged to area municipalities on waste deposits at Cornwall's recycling centre.
- Mary Luykx named Big Sister of the Year at 19th Annual Big Brothers/Sisters banquet.
- More than 1500 Pro-Lifers took part in first ever International Life Chain which spanned 2 kilometres.
- Local teachers believe larger classes along with insufficient training will harm children if Ont. High Schools accept destreaming.
- Gas war ends, prices on rise.
- In spite of cool & wet summer, apple crop does well.
- Promoters warn Cornwall's reputation on line if ticket sales for Pride's concert don't improve.

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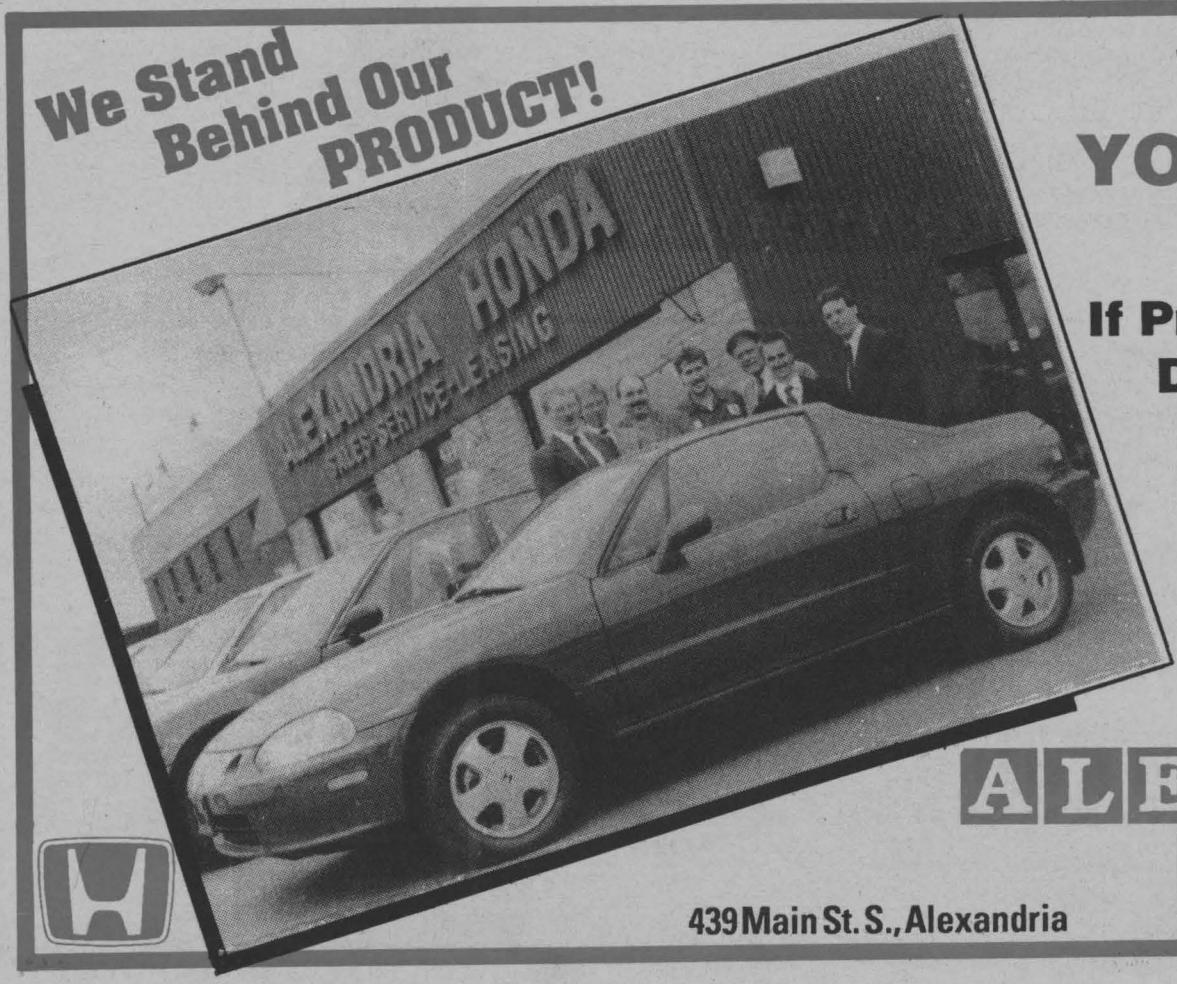

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SEAWAY SPORTS

Monday October 12, 1992 Section B

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CANADIAN SPORTS

Long-term deal doesn't mean Lemieux will last

By Jim Proudfoot

Mario Lemieux figures the totally amazing contract the Pittsburgh Penguins are about to give him will be the last of his career in the National Hockey League. Covering a seven-year period, the deal will extend through the 1998-99 season. Lemieux will be 33 at the finish.

But a possibility he mentioned in letting the cat out of the bag — is that he won't be around nearly that long.

Le Merveilleux has been blissfully free of his customary back miseries this month, skating for hours on end at training camp. But bitter experience assures him those problems are bound to recur, just when he least expects them. And he makes it abundantly clear the agony he has endured in the past will force him out of hockey the next time it strikes, or the time after that. See what he means? He is not prepared to go through another seven years if they're to be anything like the last seven.

The Penguins had undertaken to rewrite the Lemieux contract earlier this summer, even before two developments brought matters to a head.

Lindros moved to the pinnacle of the NHL salary list when he signed with Philly for $3.5 million annually. Then, when Wayne Gretzky was driven into idleness by a spinal ailment of his own, Lemieux became unquestionably the most important athlete in professional hockey. At a measly $2.4 million a year, therefore, Lemieux was scandalously undervalued in relative terms.

So, the Pittsburgh club has apparently committed itself to an arrangement which would average out at about $6 million a year, once bonuses and deferred income had been totalled up — and if he managed to complete the full seven seasons. Lemieux would remain on the Penguins payroll well into the 21st century, long after he'd quit playing, collecting those handsome annuities.

Since assuming control of the Pittsburgh franchise last winter, Howard Baldwin has made it a priority to keep Lemieux happy. Maybe you suppose that would go without saying. But there are NHL organizations, the Edmonton Oilers as an example, that would be looking to sell him for an enormous sum about now — and then complain because their attendance is dropping.

Lemieux was on the point of forsaking hockey last May when an opponent's slash fractured his hand and eliminated him from the Penguins' playoff lineup. As it happened, he did return and played a major part in a second successive Stanley Cup victory. But he had been on the point of announcing his retirement — giving the NHL the mother of all black eyes — when Baldwin and general manager Craig Patrick intervened. They promised Lemieux they would head up the struggle to eliminate thuggery from the NHL. And it did happen.

But who knows how Baldwin and Patrick really felt? The cleanup which the NHL subsequently instituted was inspired by Lemieux, and the strength of his convictions. It was like this $42 million contract of his, a way of preserving a vital asset.

CJHL CENTRAL JUNIOR "A" HOCKEY LEAGUE

Statistics as of October 5, 1992

Standings	GP	W	L	T	GF	GA	PTS	BP
Robinson Div.								
Ottawa	8	6	2	0	60	38	12	-
Hawkesbury	8	4	1	1	32	24	9	-
Cornwall	8	4	4	0	39	52	8	-
Gloucester	5	1	3	1	24	22	5	2
Cumberland	5	1	4	0	21	33	2	-
Yzerman Div.								
Nepean	8	6	2	0	57	38	12	-
Pembroke	6	4	2	0	33	22	9	1
Brockville	3	2	0	1	13	11	6	1
Kanata	6	1	4	1	28	34	4	1
Smith Falls	7	0	7	0	21	54	0	-

*BP bonus points

Colts Preparing For A Busy Fall

JR. "A"

by Ken McLaughlin
Colts Director of Public Relations

Your local Jr. "A" Hockey Club will be keeping busy both on and off the ice this month. With eight home games and six road games, along with various public appearances, your Colts may well be the busiest Jr. "A" Team in the CJHL.

With eleven games completed in the 1992-93 CJHL season, we've played near .500 hockey. This statistic is right on track with our first season goal of, hopefully, winning as many games as we lose. We'll worry about the playoffs when that time comes.

The Colts have already beaten the defending CJHL Champion Kanata Valley lasers (6-5 OT) and the always powerful Gloucester Rangers 5 - 4. Both of these victories took place on the road. Hopefully, some of our out of town heroics will rub off on our home games so we can reward you, our local Colts fans, with many memories at the Civic Complex.

Our October public appearance schedule begins at the Cornwall Public Library on tuesday, Oct. 20 when three Colts players will appear from 7:30 pm to 8:30 pm to help celebrate national library week. Later that week, the entire Colts organization will be at Farm Boy on Sydney St. on Saturday Oct. 24 in support of the Lights of Hope campaign. A barbecue will be held and an autograph and picture taking session will run from 1 pm to 3 pm. This is your first chance to meet "The Future of Jr. "A" Hockey" and support a worthy charity at the same time. Please plan on attending this event.

The response to our spectacular opening ceremonies has been nothing short of incredible. From the brilliant laser show, to the shiny stretch limo, to the stirring rendition of "O Canada" by Cassandra Togneri, the night was a total success, regardless of the final score of the game. 2,476 fans joined us at the Civic Complex to mark the return of Jr. "A" Hockey in Cornwall and welcome their team home. Thanks to all of you for helping to set a CJHL regular season attendance record. We hope you will continue to support us.

This upcoming week sees your Colts play two games. On Wednesday, we'll be in Ottawa to play the Jr. Senators at 7:30 pm. On Thursday October 15, the Brockville Braves visit the Civic Complex at 7:30 pm.

Thanks again for supporting "The Future of Jr. "A" Hockey".

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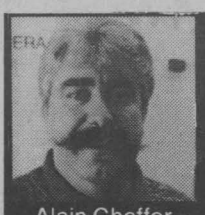
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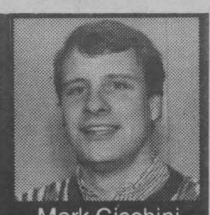
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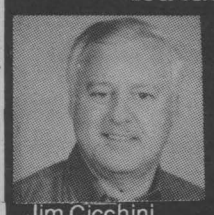
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Sports Hall of Fame

Louise Clark Golfing

Louise Clark has been one of Cornwall's best golfers for three decades. She joined the new Summer Heights Golf Club in 1966 and promptly won their first Ladies' Championship. The next two years also saw the Championship trophy in her possession. Another two wins would come in 1970 and 1971, giving her a total of five Ladies' Championships in six years.

Participants in the O'Keefe Tournament at Summer Heights were also very familiar with Louise Clark. She won that event four years in a row, beginning in 1968. In addition to the O'Keefe, Louise won numerous other tournaments at the Summer Heights Golf Club. Among these was the Ladies' Invitational in 1986 and 1987.

Summer Heights is not the only course where Louise has won. She was the Ladies Champion at the Cornwall Golf and Country Club seven times, beginning in 1974 and as recently as last summer.

The Lions Club recognized her splendid years of golf by naming her Golfer of the Year in 1987.

Louise was very active in bowling. For a number of years, she held the high average in the Ladies' City Five Pin Bowling League. She has played softball as well, on both the City League and on the Bell Telephone Team.

Louise Clark's list of championships is probably not yet finished. However, what she has accomplished so far has already earned her a place in Cornwall's Sports Hall of Fame.

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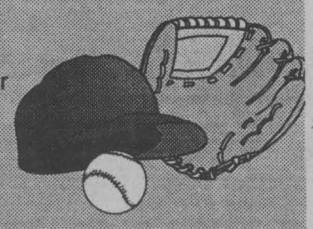
Minorities on top

There are very few minorities – blacks and Hispanics – in leadership roles in Major League Baseball. Only three of the 26 active teams have minority managers.



Own: Owners, GM: General manager, M: Manager, C: Coaches, SD: Scouting director

National League	Own	GM	M	C	SD
Atlanta	0	0	0	2 of 5	0
Chicago	0	0	0	2-6	0
Cincinnati	0	0	0	1-5	0
Houston	0	0	0	2-5	0
Los Angeles	0	0	0	0-5	0
Montreal	0	0	1	2-5	0
N.Y. Mets	0	0	0	1-6	0
Philadelphia	0	0	0	1-5	0
Pittsburgh	0	0	0	0-5	0
St. Louis	0	0	0	1-5	0
San Diego	0	0	0	0-5	1
San Francisco	0	0	0	2-5	0
Colorado	0	0	N/A	N/A	0
Florida	0	0	N/A	N/A	0

American League	Own	GM	M	C	SD
Baltimore	0	0	0	1 of 5	0
Boston	0	0	0	1-5	0
California	0	0	0	2-8	0
Chicago	0	0	0	0-6	0
Cleveland	0	0	0	2-7	0
Detroit	0	0	0	1-6	0
Kansas City	0	0	1	2-7	0
Milwaukee	0	0	0	2-5	0
Minnesota	0	0	0	0-5	0
N.Y. Yankees	0	0	0	0-6	0
Oakland	0	0	0	1-6	0
Seattle	0	0	0	2-6	0
Texas	0	0	0	2-6	0
Toronto	0	0	1	1-6	0

SOURCE: Miami Herald

Fighter foiled at 11th hour

By Randy Starkman

Toronto light heavyweight Egerton Marcus was all dressed up with no place to go.

Marcus ran into another detour in his quest to become a world champion on the weekend in Las Vegas when his NABF light heavyweight title bout with Art Baylis was postponed. The card was cancelled at the last minute after main eventer Simon Brown fell ill just hours before his fight.

"I had my gloves, my boots on — everything on," said Marcus. "My mind was all programmed into the fight. And the next thing I know I can't go out.

"At first, I was kind of down. I thought, 'Hey, I want my title.' But everything happens for a reason. I can't dwell on what didn't happen. I have to dwell on what's going to happen."

Marcus has been hindered by hand injuries and bad luck since he fought his way to a silver medal with a broken right hand at the 1988 Seoul Olympics. He has rushed back into action several times, only to be set back again by hand problems.

"I've got to be patient," said Marcus. "Not being patient has been my downfall in the past. I'm going to get there anyway. Whether it happens today or tomorrow, I'm still going to be the champion."

The injuries have limited Marcus to eight fights (all victories), but he has still managed to build a good reputation in boxing circles.

"He's the most experienced 8-0 fighter in the world," said Kathy Duva of Main Event, the outfit which manages Marcus. "When he finally does get going, he's going to get paid back. Fate must have something good in store for him."

Duva said they hoped to reschedule the bout as soon as possible. One possibility is the undercard of the Evander Holyfield-Riddick Bowe title clash on Nov. 13.

Olson layoff over: Egerton Marcus' Olympic teammate, Scotty Olson of Edmonton, returns to action Dec. 12 after a long layoff with a hand injury to defend his USBA flyweight title against Jose Luis Zepeda.

Olson, who is 23-0 with 19 KOs, will be featured as part of a pay-per-view tripleheader with IBF super flyweight champ Michael Carbajal and heavyweight Tommy Morrison.

Olson is being showcased with Carbajal, his Olympic nemesis, as part of a buildup to what promoters hope will be a lucrative showdown in mid-1993.

Advice for fighters: Boxing brothers Chris and Greg Johnson are wading carefully through boxing's shark-infested waters before embarking on their pro careers.

Arnie Boehm, who coached Chris Johnson en route to his bronze medal performance at the Barcelona Olympics, is among those advising the Kitchener fighters.

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The opponent...catching you off guard, hitting your weak spots, relentlessly wearing you out.

We're not discussing the opposing team, at least not the one on the sports field. We're talking about a team of bacteria that huddle in locker rooms throughout gyms and health clubs, waiting to attack one of your most vulnerable spots—your feet.

That's why proper foot care is so important. By taking precautions and including foot hygiene in your game plan, you stand a better chance against suffering from common foot complaints.

Athlete's foot is the most common fungal infection of the skin, so it's not just confined to athletes. The infection usually starts between the toes, thriving where the skin is warm and moist. Symptoms include itching, cracked or scaly skin, small blisters, and red, irritated skin patches. If left unchecked, it can spread to other parts of the body.

Athlete's foot can be treated with an over-the-counter product with tolnaftate, such as one from Dr. Scholl's: it stops the itch by killing athlete's foot fungus on contact. Preventive measures include keeping feet clean and dry, changing socks regularly and using foot powder designed to control perspiration.

Amateur athletes also should give their feet some extra care. If you're the type that heads for the gym at lunchtime, finishes the afternoon at work and then goes directly out for the evening—don't forget that your feet are working hard, too. In fact, the sweat glands in your feet are pouring out half a pint of perspiration each day. While you want the glow of a good workout to stay with you, you don't need the embarrassment of foot odour on your trail.

Using a foot deodorant spray or powder will help keep busy feet feeling cool and smelling fresh, but fitness buffs who like a heavy workout may need added protection. One way to keep odour in check is with Odour Attacker Super™ insoles from Dr. Scholl's which absorb perspiration and control odour by helping to prevent the growth of odour causing bacteria.

Remember, the proper training program and the right equipment will help you play your best and reach your performance potential. The right hygiene, especially when it comes to foot care, can help assure you of the winning edge.

For a free booklet on foot care, write, "Dr. Scholl's Footcare Guide"
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Sports facts

Baseball playoffs

Most League Championship Series winners managed:

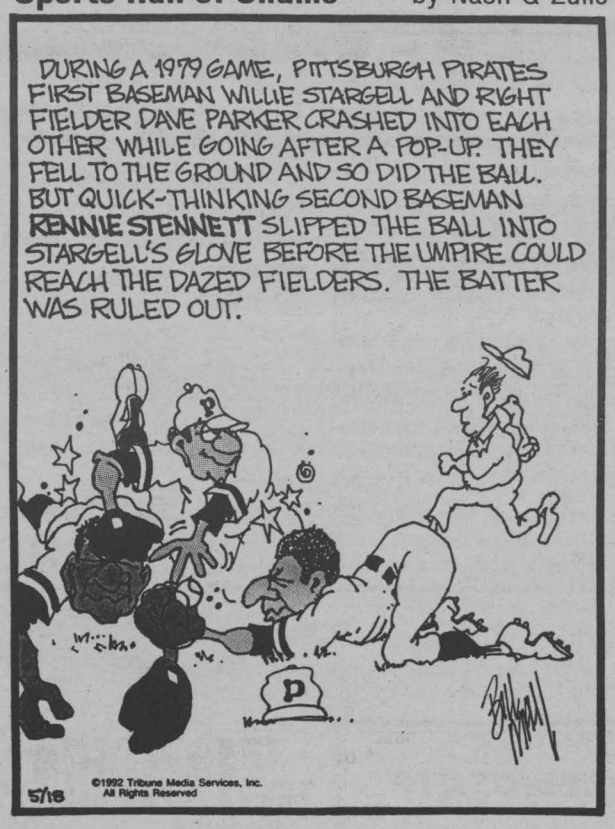
Both leagues: 5
Sparky Anderson, Cincinnati (NL), '70, '72, '75-76; Detroit (AL), '84

National League: 4
Sparky Anderson, Cincinnati, '70, '72, '75-76
Tommy Lasorda, Los Angeles, '77-'78, '81, '88

American League: 4
Earl Weaver, Baltimore, '69-71, '79

SOURCE: The Complete Baseball Record Book

Sports Hall of Shame by Nash & Zullo



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Cleary Calls For End To City Strike

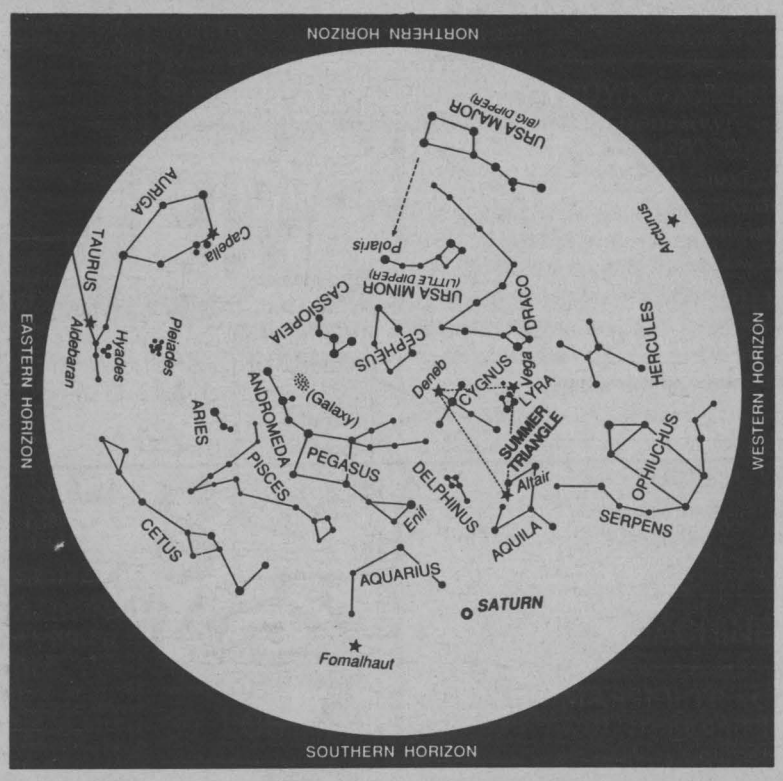
John Cleary, Member of Provincial Parliament for the Cornwall area, has called upon the Minister of Labour to intervene in a labour dispute between the City of Cornwall and the striking workers of CUPE Local 234.

In contacting Labour Minister Bob MacKenzie, Mr. Cleary clarified, "this dispute has gone on far too long. Not only does the City need to have these workers reinstated, there are also many individuals and families personally suffering as a result of this labour strike".

The city's 110 workers who belong to CUPE Local 234 went on strike last January 14, 1992. Previous to the strike, the union members had been without a contracts since March 31, 1991.

Mr. Cleary concluded, "I implore you, as the Minister of Labour and your labour relations advising team to offer any assistance you may to resolve this most long-standing dispute".

STARGAZING OCTOBER



Sample the Sky of October

The seasonal march of the constellations, a result of the Earth's annual trek around the Sun, causes a continuous westward shift of heavenly bodies. Too small to be noticed over a night or two, the difference is easily seen by comparing star maps from successive months. For example, *Arcturus*, summertime's brightest star, is setting in the northwest at map time this month and the Summer Triangle has vacated its September occupation of the meridian.

A happy consequence of this westward movement is the emergence of Auriga and Taurus after a long absence from the evening sky—they rise in the east in late evening, soon to be followed by other brilliant winter constellations. Face north to find Ursa Major's familiar dipper-shaped outline skimming the horizon. While the Big Bear is too low to be at its best, the sprawling W of Cassiopeia is prominently displayed in autumn.

Sample the season's special offerings with binoculars. Near the eastern horizon, above brilliant *Aldebaran* and the large V defining the horns of Taurus, lies an exquisite star cluster, the Pleiades. A cloudlike feature even in a moonlit sky, its tiny dipper-shaped outline—the brightest stars shrouded in a misty glow—is beautifully revealed in binoculars. Taurus boasts a second cluster, a somewhat coarser group called the Hyades located near *Aldebaran*. Scan between Perseus and Cassiopeia for the twin swarms of stars appropriately called the Double Cluster. The Summer Triangle remains well placed for scrutiny, and the Andromeda galaxy is high in the east. When the sky is very clear and the night dark and moonless, the soft glow of the Milky Way bridges the northeastern and southwestern horizons.

Face south an hour or so before midnight to find the Great Square of Pegasus, a large formation of four fairly bright stars prominently located a little east of the meridian. A constellation seldom resembles its namesake, but little imagination is required to "see" the forequarters of the mythical Flying Horse. The beast flies upside down—the Great Square defines his body, two lines of fainter stars radiating from the northwest corner represent his forelegs, and the neck and head with *Enif* marking the nose extend from the southwest corner.

While the figure is called the Great Square of Pegasus, the star at its northeast corner belongs officially to Andromeda. These constellations, along with Cassiopeia, Cepheus, Perseus and Cetus, are also linked by legend. Certain versions of the myth of the Royal Family have Perseus mounted on Pegasus when he swoops down to rescue Andromeda from the Monster of the Sea (Cetus). More appropriately, however, the wonderful Flying Horse—said to have sprung from the blood of Medusa who was decapitated by Perseus—became the steed of Bellerophon, a hero famed for slaying a terrible fire-breathing Chimera.

Planets

Mercury and Venus are near the western horizon as twilight deepens, both too low to be seen with ease. By far the brighter planet, Venus is more suitably located late in the month. A two-day-old Moon occults Mercury at 15h UT on the 27th. Regrettably, this occultation occurs too near the horizon to be seen with ease and, in Canada, is visible only from the east coast. Saturn is low in the southeast at sunset and sets in the west after midnight. Mars, near Gemini's *Pollux* and *Castor*, rises several hours later and is high in the southeast at dawn. Look for Jupiter shortly before dawn; rising about two hours before the Sun, it is low in the southeast at sunrise.

Calendar

d	*h*	*Universal Time (UT)**
3	14	FIRST QUARTER
6	08	Saturn 5° S. of Moon
11	18	FULL MOON; Hunters' Moon
18	15	Mars 3° N. of Moon
19	04	LAST QUARTER
21	19	Orionid meteors†
24	00	Jupiter 7° N. of Moon
25	21	NEW MOON
27	15	Mercury 0.5° S. of Moon
28	15	Venus 0.4° S. of Moon

*Remember to convert to local time.
†Swift, usually faint, Orionids are at their best the three nights centred on the peak date.

Mary Gray
Curator, Astronomy

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CORNWALL TOWNSHIP RESIDENTS
All Cornwall Township Residents serviced by Laidlaw Waste Systems Please note that your garbage collection schedule for the week of October 12, 1992 - October 16, 1992 will be as follows.
Monday and Tuesday collection will be picked up on Tuesday, October 13, 1992. Wednesdays collection will remain unchanged.
Please place your garbage out by 7:00 am on your collection day.

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Automotive Dismantlers & Recyclers Association



Tracy Struthers, daughter of Joyce Struthers, of Long Sault, Ontario has been awareded a scholarship by the Automotive Dismantlers & recyclers Association (ADRA) Scholarship Foundation in Fairfax, VA. The scholarship will go toward furthering Tracy's studies at Trent University, Peterborough Ontario.

Amell Auto Parts, St. Andrews West, where Joyce Struthers is employed, sponsored Tracy in ADRA's national scholarship program.

The ADRA Scholarship Foundation makes grants for post-secondary school education for dependent children of ADRA direct member employees. This year the ADRA Scholarship Foundation awarded over $27,000 in scholarships to 26 selected students. Since its inception in 1963, the ADRA Scholarship Foundation has helped over 500 students go to college.

Selection of students is based on academic qualifications and need. Each student applies to the ADRA Scholarship Foundation, which reviews the application and makes its determination with the help of a professional consultant.

Founded in 1943, ADRA is the international trade assocaition representing automotive recyclers in North America, Europe, Asia, Afraica, Australia and the Far east. Automotive recyclers dismantle, process, and recycle parts and fluids from cars, trucks, buses, motorcycles, farm and construction equipment. Scrap metals and other automotive materials are recycled, reducing the burden on our nation's landfills. This also results in cost-effective alternatives in automotive repair. Recycling more than seven million motor vehicles per year, this $4 billion a year industry continues to be a leader in the environmental push towards a "greener" tomorrow.

Sound the Pibroch John Allan's Coming

Cape Breton's favourite son, John Allan Cameron will perform Oct. 20 - 22 in Kingston, Nepean and Cornwall. John Allan is renowned for his relaxed performance style - he sings, plays, chats and jokes on stage as if each audience member was a personal friend. Since his early coffee house days, he's collected quite a kit bag of songs, performing everything from Hank Williams classics to traditional folk ballads. And he's a very accomplished instrumentalist, as well. When John Allan plays a selection of Celtic tunes on the 12-string guitar, it's as if you can hear the bagpipes and smell the heather.

John Allan has hosted his own TV show, played to capacity crowds around the world and produced several shows for the Canadian Armed Forces Overseas. This September John Allan was presented the C.F. Martin Humanitarian Award by the Canadian Country Music Association. A man of many talents and crowd pleaser extraordinarie, John Allan will perform at Kingston's Grand Theatre on Oct. 20 - reserved seating tickets at the box office 530-2050; on Oct. 21 at the Centrepointe Theatre in Nepean - reserved seating tickets at the box office 727-6650; and at Aultsville Hall in Cornwall on Oct. 22 - reserved seating tickets at Ran-Gal Photofinishing, Brookdale Mall 938-7779. For more information, call (613) 346-2622.



HOROSCOPES

Oct 11-17

ARIES – March 21/April 20
Your romantic life has been rather rocky lately, but now most of the obstacles should be cleared away. You could be looking forward to a vacation in the near future, and all the planning you do now will save time later on. If you are thinking of moving, then a discussion with a financial consultant would be a wise course of action.

TAURUS – April 21/May 21
Fatigue might be creeping in and affecting your performance at work, so it might be a good idea to take all the time off you can in order to recuperate. You should take special care of your health now. If you're thinking of leaving your job, keep your intentions to yourself until you're certain something else is lined up.

GEMINI – May 22/June 21
This is the time to capitalize on your energies and enthusiasm, and to take major steps towards achieving some of your long-term goals. You might find yourself in the middle of an argument that has been going on for some time. Try to keep on neutral ground.

CANCER – June 22/July 22
You could be particularly happy this week when a long-term plan finally comes to fruition, and you can feel free to go out and celebrate. Social events can be especially rewarding, and the time spent with close friends will bring much joy.

LEO – July 23/August 23
If you are short on cash this week, don't feel that you have nobody to turn to. A family member or friend (who you've helped so many times before) would be happy to return the favor. Your Leo pride could get in the way of a close friendship, so try to give in a little.

VIRGO – Aug 24/Sept 22
This week you could find yourself with the presence of someone very special. A social event during the week might introduce you to a person who will have a great deal of influence in your future. This person will either be a Taurus or Leo, and the influence will have to do with business.

LIBRA – Sept 23/Oct 23
This week, there could be a pleasant surprise involving flowers. Some good news from overseas could lead you to make a start on a hobby that you've been considering for some time. Your intuitive capacity will come to the fore this week, and you may be approached with some delicate confidences from a friend.

SCORPIO – Oct 24/Nov 22
You may feel as if nobody understands you, but — be honest — do you really try to be understood? Make your intentions clear, and your communication problems will disappear! A letter, or some other form of communication, from a long lost friend or forgotten relative, will be one of the highlights of this week.

SAGITTARIUS – Nov 23/Dec 21
Care must be exercised with all tax and/or insurance matters. Any oversight could put you in an unfavorable situation. This is a good time for romance, and you could be pleasantly surprised to find that you and your mate share a common interest. An unexpected check is in the mail.

CAPRICORN – Dec 22/Jan 20
Emotionally, this could be a turbulent time, with misunderstandings and frustrations abounding, and the signs of apology not yet present. You have a tendency to be hardheaded; don't let this ruin a valuable friendship. If you keep calm and try to be more flexible, everything should turn out okay.

AQUARIUS – Jan 21/Feb 18
If you are thinking about buying a car or any expensive household equipment (or even a new house), it might be wise to take some qualified advice first, or you may end up paying too much. At home, there could be some minor upsets, but a telephone call early in the week will put you in excellent spirits. Concerns about a family pet will be alleviated.

PISCES – Feb 19/March 20
There may be important discussions about finances and commitments, and you are likely to be the one who has to take the initiative. You will be looked upon with great respect as you divulge your intentions and plan of action. It might be a good time to redecorate or at least rearrange the furniture, as you are becoming bored with your surroundings.

YOUR BIRTHDAY THIS WEEK
The next 12 months:
What a great year this will be for you! Romance, career advancement, travel and increased finances will be just *some* of the highlights! Something you've been hoping and praying for will finally come true, and this could prove to be a major turning point in your life. A long-term creative pursuit will finally bring in a profit for you. The extra income you start receiving will bring you much closer to that major purchase than you might have thought previously.

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STORMONT
Ingleside: On Sept. 11/92 between 12 midnight and 6 am, the Beckers Store in Ingleside was broken into. 98 cartons of cigarettes were stolen. If you have information on this or any crime, you could qualify for a $1000 reward. Call Crime Stoppers at 534-8477

DUNDAS
Chesterville: On Sept. 23/92 at 4:45 am, Mike Dean's Superstore was broken into. The suspect was scared off by the owner who was inside at the time. Suspect is a white male, 5'8", heavy set with a black beard, driving and older model GM pick-up, light brown or tan in colour. Call Crime Stoppers at 1-800-265-TIPS (1-800-265-8477).

GLENGARRY
Alexandria: Sometime over night Oct. 2/92 someone entered Lalonde's Furniture Store via a door at the rear of the store. The stolen items include: 2 Carosel CD Players, 4 Citizen VCR's, 4 Citizen 20" colour TV's, 2 Nikko 28" Colour TV's, 3 Microwave Ovens, 1 AM/FM Stereo Cass., W/Detachable Speakers, 1 Technics Equalizer. Total value stolen approx. $6,000. Call 1-800-265-8477 Today.

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Sea Cadets

Lt. Comm. Hank Biles CD, a professor of Marine Engineering at St. Lawrence College and an ex-navy man of 30 years, has officially taken over command of RC (sea) CC Stormont Sea Cadet Corps.

Stormont Sea Cadets are boys & girls between the ages of 12-18 years. Training consists of band, guard, first aid, citizenship, seamanship, range, swimming, canoeing and of course sailing.

The Corps are sponsored by the navy league, PND, the Legion & the navy vets, as a result there are no cost to join or for uniforms.

Anyone interest i n joining, can visit the Corps on Monday nights, 6:30 - 9:30 p.m. or call 932-8516.



Lt. Comm. Hank Biles, CD and Cadets of Stormont salute reviewing officer Lt. Col. David S. Higgens, CD.



Cadets of Stormont on parade at the Cornwall Armouries, Mon. Sept. 21st/92.

Influenza Facts

• Influenza and pneumonia account for 70,000 hospital admissions and 1,000,000 bed days each year. It is estimated that influenza costs $500,000,000 per year in Canada.



(Left to Right) Congratulations from Lt. Col. David S. Higgens, CD to Lt. Comm. Hank Biles, CD, the new commanding officer fo RC (sea) CC, Stormont.

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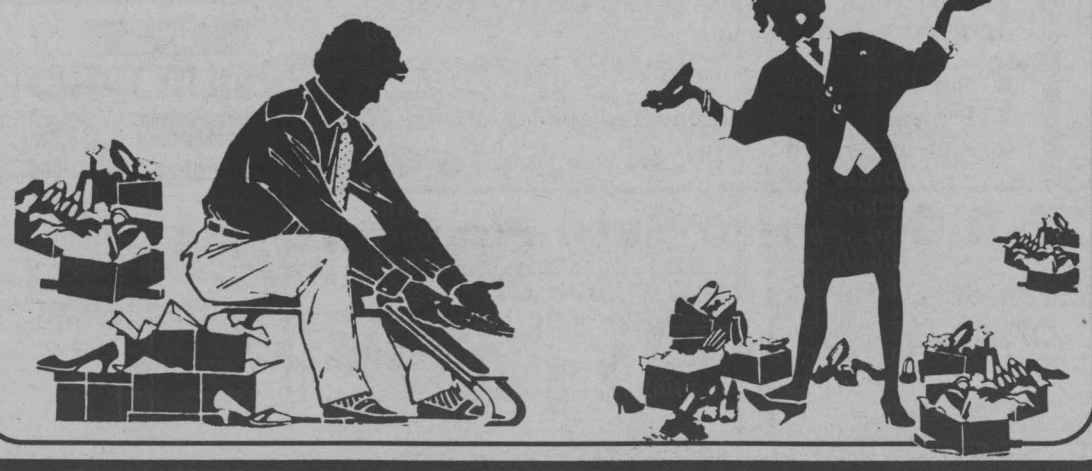

IN OTHER WORDS

BY MICHAEL A. TEDESCO T.M.

The solutions to the word-clues are names, places, or general words. To solve them, replace each of the words that appear in the groups below with other words. Use synonyms (different words that mean the same thing) — antonyms (words that mean the opposite) — or analogous/related words that spring to mind.

Example: Faucet-Donkey-Sapling / Tap-Ass-Tree

Answer: TAPESTRY!

DUO — UNCLE — CAPE..... (General Word)

PORK — HIM..... (General Word)

PEACEFUL — PORTION — INTENDED.(General Word)

DUSK — YES — SMALL TRUCK.....(Name)

ANSWERS:

PAIR-AUNT-HOOD / PARENTHOOD
CALM-PART-MEANT / COMPARTMENT
HAM-HER / HAMMER
DAWN-NO-VAN / DONOVAN

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Seat Belts Save Lives

Drivers who don't wear a seat belt while travelling on Ontario roads are 16 times more likely to die in a collison than if they were wearing one, Shelley Wark-Martyn, MPP for Port Arthur said today on behalf of Transportation Minister Gilles Pouliot at the ministry launch of seat belt awareness month.

"Unbelted travellers are also six times more likely to be injured and require hospital care," said Wark-Martyn. "This is the message we are trying to drive home during the annual seat belt education and enforcement campaign."

This year's campaign is aimed at the approximately one million drivers in Ontario and their passengers who do not wear seat belts. The latest statistics from Transport Canada indicate seat belt use among Ontario drivers dropped two percent between November 1991 and June 1992. With a usage rate of 81 percent, Ontario joins New Brunswick as the provinces with the lowest use in Canada.

The campaign is also targeted at parents and care-givers who do not buckle up children correctly in child safety seats.

Police forces across the province will be using education and enforcement to increase public awareness. The penalty for not wearing a seat belt ranges from $60 to $500 and drivers are responsible for passengers under the age of 16 in their vehicle.

"The societal and medical costs of not using a seat belt or child restriant in a collision are enormous," said Wark-Martyn, "to say nothing of the immeasurable pain and suffering caused by collisions."

"Safety cannot be legislated. Education is the key to changing people's attitudes about seat belts. That is why the October seat belt campaign is so important."

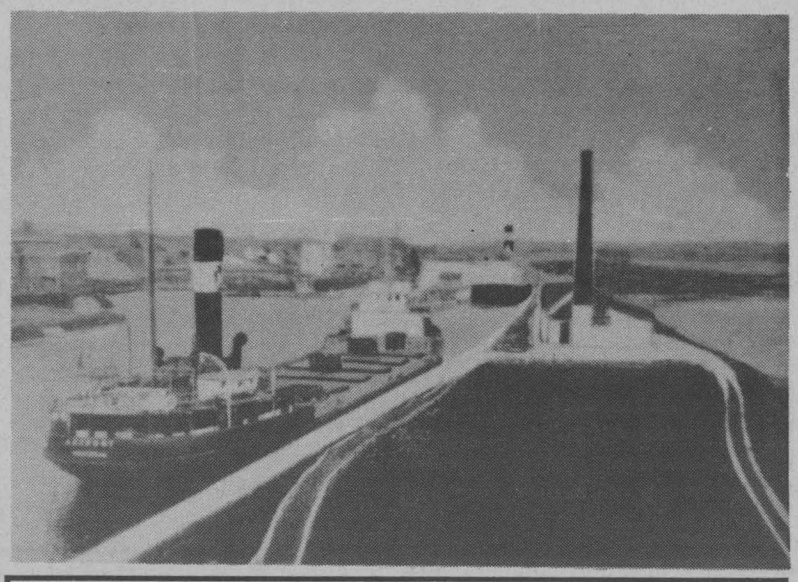
The campaign slogan, Seat Belts Save - Les ceintures ça sauve, refers to a whole range of health and safety issues. People who buckle up and ensure their children are buckled up correctly are saving lives; saving money spent on medical and insurance costs; time lost from the workplace, home and school; and the law enforcement time spent investigating collisons and in the courts.

The annual campaign is a co-operative effort of the ministries of Transportation, Health and the Solicitor General, the Ontario Association of Chiefs of Police and The Insurance Bureau of Canada. Activities are being planned in co-operation with police forces across the province to promote seat belt use.

S.D. & G. Historical Society

Former canal side Waterworks Pump House Supervisor and Alderman Earl Myers will address the S.D. & G. Historical Society about the old Waterworks Pump House, located on the south bank of the canal across from Domtar and Lock 18, at the Society's monthly meeting to be held Wednesday October 21 at 8 pm at the Garden of Eatin' on Pitt Street.

Constructed between 1886 and 1887 the Pump House was used until the Filtration Plant was opened in 1958. It was demolished in 1962.



Obituaries

HARKIN
S/Sgt Stanley (Ret.)

Passed away at the Cornwall General Hospital on Sunday, September 27th, 1992. Mr. Stanley Harkin, Staff/Sergeant, Retired, Cornwall Police Department, in his 67th year, of 3461 Marydale Street, Cornwall. Dear son of the late Rose O'Byrne and Alfred Harkin, Fournier, Ontario. Beloved husband of the late Liliane Laura Senecal. Loving father of Richard (Sandra) of Ottawa, Perry (Frances) of Kanata, Ontario, Ms. Marie Harkin (Andre Talbot) of Quebec City, Quebec, Alin of Vancouver, British Columbia. Dear grandfather of Philippe, Marianne, Patrick and Emma. Dear brother of Harold of Edmonton, Alberta. Predeceased by one brother Ernie. The funeral took place on Wednesday, September 30th, 1992 from Wilson's Funeral Home to Blessed Sacrament Roman Catholic Church. Reverend Norman Loney, Police Chaplain officiated. Rite of Committal Notre Dame Cemetery, Cornwall. The active pallbearers were S/Sgt. Stan Willis, S/Sgt. Brian Kirkey, Cst. Ron Swerdfeger, S/Sgt. Jean Legroix, S/Sgt. Rick Carter, S/Sgt. Luc Brunet. The Honour Guard consisted of Chief J.C.C. Shaver, Deputy Chief Joe St. Denis, Inspector Stuart MacDonell, Cst. Gerry Kirkey (Ret.), Detective Maurice Allaire (Ret.), Cst. Gaston Durivage (Ret.), Cst. Yvon Cardinal (Ret.), Sgt. Claude Lortie, Sgt. Fred Carrier, Ontario Provincial Police, Spc. Cst. Silmser, Sgt. Darcy Dupuis, S/Sgt. Claude Snider (Ret.), Detective Roger Pilon (Ret.), Cst. Herb Aitken (Ret.), S/Sgt. Gary Derochie, Cst. Marcel Piché (Ret.), Alderman Ray Lalonde and Francis Guindon.

WASSON
Harvey Kilburn

Mr. Harvey Wasson passed away at the Hotel Dieu Hospital on Friday, September 11, 1992. Mr. Harvey Wasson of RR#1, Cornwall. Beloved husband of the former Rita Justason. Dear son of the late Manzer Wasson and the late Margaret Sissons. Loved brother of Clayton, Bangor, Maine; Bruce & Herman, both of St.John, New Brunswick; Mrs. Irene Kraft, Burlington, Ontario; Freda (Mrs. Murray MacKness), London, Ontario. Predeceased by one sister Mrs. Maxine Jenson. Funeral services was held in the chapel of the Wilson Funeral Home on Sunday, September 13, 1992 at 1:30 pm, followed by cremation. If so desired, donations to the Palliative Care outreach of the Hotel Dieu Hospital would be appreciated by the family.

BRANCHAUD
Rosario (Brass)

Passed away at the Hotel Dieu Hospital on Friday, September 25th, 1992. Mr. Rosario (Brass) Branchaud, in his 70th year, of 311 Adolphus Street, Cornwall. Dear son on the late Oscar Branchaud and the late Bertha Bisaillon. Beloved husband of Fern Casey. Loving father of George (Grace) of Orleans, Ontario, Betty (Mrs. Bob Barrie) and Diana (Mrs. Bill Paquette) both of Cornwall. Dear brother of Bernie (Louise) of Gatineau, Quebec, Bob (Ellen) of Cornwall and Ms. Georgette Villeneuve. The funeral took place on September 29th, 1992 from the Chapel of Wilson's Funeral Home. Rev. Fred Rennie of St. John's Presbyterian Church officiated. The creamated remains were placed in the Woodlawn Cemetery Columbarium on Saturday, October 3rd, 1992. Committal was officiated by Rev. Fred Rennie. Mr. Rosario was a retired Courtaulds employee.

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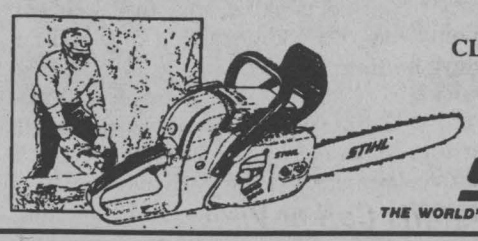

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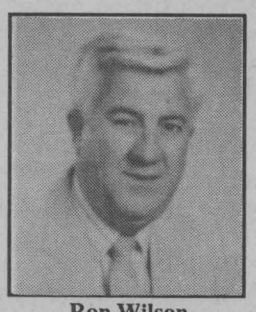

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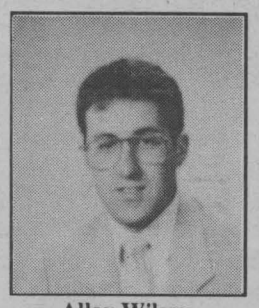

Allan Wilson
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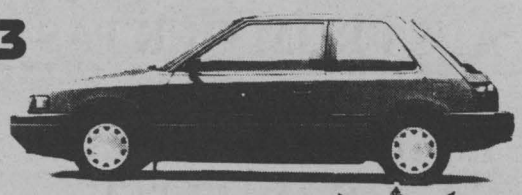

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1405 Rosemount Ave. 933-6210

SEAWAY NEWS
LETTERS TO THE EDITOR

Dear Editor:

It has become obvious that across Canada the state of labour relations are simply pitiful and what occurred in Yellowknife recently is a sign of these strained relations.

There is no doubt the murderers must be caught and severely punished no matter who they are.

It must be said however, that all those who would allow social acceptance of the situation that existed in Yellowknife must take their share of the responsibility. Societal values encouraging (and in many cases forcing) men and women to replace other hard working people while labour disputes exist are often brought on by unscrupulous employers who are willing to inflict hardships on their employees and to communities in general simply to further their need for more power or profit. It seems to be true that, in many cases, absolute power has corrupted absolutely.

In the last year, two major grocery stores have been closed in this area and quickly reopened. The decision makers obviously knew that the state of the economy would allow them to cut employee wages and raise food prices without much controversy.

This phenomenon, occurring because people require employment at an unprecedented rate, recently allowed a radio station owner to force his employees into submission over power issues that any reasonable employer would never even have thought of.

An intransigent city leader, seemingly supported by his loyal flock, is at this very moment inflicting incredible hardship on his employees, their families and on the community of taxpayers he so proudly states he is being fiscally responsible to, only because he knows there are contractors aching to turn a large profit at the city's expense and that replacement workers are willing, due to their won economic hardships, to compromise themselves because they require work. Union busting tactics are becoming much too evident.

To interject a personal touch, on July 3, 1991 my wife was terminated from a position she held with a local maid order firm because the (like everyone else in the Cornwall office) questioned why workers in the Montreal office received $65 per week more than the Cornwall employees for doing the same work. The answer from the head office was quite clear, "Cornwall is a Welfare town. If you do not wish to work we will find many others who do not mind working for even less pay". My wife was subsequently pegged as the trouble maker and was terminated while on a week's vacation. I'm ashamed to say this was not contested due to monetary constraints but I take heart in the fact that we know we will never be desperate enough to take someone else's job while they are on a picket line fighting for what they believe is right and for what could help other workers in the future.

In my mind there is little doubt that people such as the top decision makers in businesses such as the grocery stores, that Mr. P. Emard, that Mr. Martelle, that the owners of such firms as the mail order company and that governments such as Mr. Mulroney's who do nothing but encourage such confrontations must all take responsibility for incidents like the one that occurred in Yellowknife even if they had no direct link.

They use people to take advantage of their workers all because of the economic times presently facing everyone.

I can only hope Mr. Bob Rae stops compromising real soon and passes the much needed labour reform laws before other horrible incidents occur.

Sincerely,
Gerald Roy,
Cornwall.

Dear Editor:

When is it going to stop, this lack of responsibility in our society? Because we do not act in a responsible way, the alternatives are choices that make our lives a little bit easier for us to live with.

Are we above God's law, the teachings of the Bible? Has the human race gotten so low so as to snuff our a life that hides in a mother's womb? Animals are more protective of their offspring than humans are. Abortion kills innocent victims who cannot speak or defend themselves, and why? Because males and females do not want to accept responsibility for their actions. Pro Choice gives you death. Pro Life gives you alternatives. Once the unborn child is killed it is over except for the guilt that you must live with, that is if you have a conscience.

The unborn child with Pro Life can be given up for adoption to couples who pray to have a family but cannot.

Every child in a mother's womb is a gift, no child is unwanted. That gift may not be meant for you but for some couple who cannot concieve a child.

If you cannot accept the responsibility of raising a child, try not to be selfish also. If your plate is full and you are not hungry, would you throw it in the garbage knowing someone sitting next to you was starving? You made one mistake do not make another.

That unborn child who has not entered into our world may just be the person who finds a cure for aids, cancer, M.S. He or she may be the person who helps this world become a better place to live in. What right do we have to premeditate a murder of a defenseless innocent victim. Where do we draw the line? Who's next? Seniors, handicapped people because we do not want to be responsible for their care.

For those who it is too late and have had an abortion, God loves you and forgives you. Just ask Him for help.

To you doctors who perform abortions, are you not there to save lives or does money distort your feelings? Take a look at your hands, were they not to be used for healing? You hide behind the laws of men to commit murder and to gain wealth, for you I can only pray that you have a change of heart.

Thank you
William Joseph
Cornwall.

Dear Editor:

Well, fellow Canadians and brethren of all categories unlimited, we're only a few weeks away from the mortal deadline of Oct. 26 (I feel that the word Referendum has really been used up to the cord), - a date that will break or make our Great Country, "Mon Pays, Le Canada" ... A Mari Usque Ad Mare ... from sea to sea, meaning of course, from Atlantic to Pacific!!

Somehow, Charlottetown seems so far away, yet it's the very cradle of Confederation! For some strange reason, too many "so-called Canadians" do not understand or fully comprehend the meaning of the word unity! "La raison a parfois des côtés bizarres". So who's fault is it? Where lies the blame? Should we point the finger at Ottawa for supposedly failing to promote National Unity? Why the obvious over-all lack of great love for our National Flag and Anthem? Love of Country starts in primary school, also in the family. Educators develop in children, later to be adults, a sense of coherence and patriotism.

I say it takes about twenty years to form a citizen, a real one proud to carry that name. We all remember Adolf Hitler, don't we? The little Corporal started back in 1933 to brainwash his country's Youth Corps. We all know the sad results. A nation really harvests what it sows.

Could it be that we are a nation of individuals? "Une Nation d'iondividualistes?" It could very well be that we don't have as our primary goal "The National Interest". You mean to tell me that because of purely selfish priorities, out west or down east, that we Canadians are willing and foolish enough or downright stupid to even want to try to tear this great country of ours apart? Methinks it's high time - urgent - that we apply the good ol' horse medicine: a super huge tube of crazy glue to cement this nation together - coast to coast for evermore.

Yours very truly in Canada,
André Al. Pettigrew
Lancaster

Dear Editor:

What is this world coming to when a person has his freedom of speech taken away? Our forefathers fought to ensure us that God given right; here is a man who makes a career out of commenting on issues and subjects that not everybody agrees with, yet nobody every told him that he is not allowed to speak.

Mayor Ron Martelle should be wearing a one-inch square moustache, have his hair cut considerably, click his heels and raise his hand when he calls meetings to order or addresses the public.

I'd like to know who he thinks he is telling Mark MacDonald not to comment on subjects. It is no wonder he can't settle the city strike with that attitude. I used to blame the city workers for this strike but I have changed my view. Mr. Martelle, I don't doubt that you are the sole reason for this strike continuing.

City council where are you? Wait, I've figured it out. You must be under orders not to comment on issues. Congratulations Mr. Mayor, you are doing a hell of a job! Don't worry council, keep a stiff upper lip. He may let you talk tomorrow, but until he says so, remember mums the word.

The mayor restricted Mr. MacDonald from commenting because he worked for you. Well Mr. Mayor, you work for us, remember that. But I'm not going to ask you to stop commenting because I'm rather amused at the ignorance shown by you. Denis Carr, I am so sorry you lost. I'm sure you could do a lot better job.

Yours Truly,
Pat Morrissette,
Cornwall

Dear Editor:

In the September 24, 1992 edition of the Ottawa Citizen, the Business Section carried a headline which read "Steel Giant Buckles". The reference was to the loss of approximately 800 jobs in Hamilton, Ontario at the Hilton Works in that city.

By contrast, the September 25, 1992 edition of the same paper, featured another headline which read, "P.M. Bourassa say smelter isn't bribe." The reference here was to a 1.4 billion aluminum smelter opened in Sept-Iles, Quebec. The federal government was reported to have poured 120.3 million dollars into this project in the form of direct and indirect grants. Normally, one might be offended at what seems to be an attempt to influence the "YES" vote, but since these two "honest" gentlemen have denied that there was no such intention, we should now breathe a sigh of relief.

As an aside to this story, there is a breakdown of the funding involved, and it seems that each of the 530 jobs created will cost 160,000 dollars. At those prices it might have been more expedient to place these people on retirement, a move which would have eliminated a lot of administrative headaches.

There is a growing feeling out there that the unity campaign will proceed, no matter what the cost, to the exclusion of economic realities, and that is sad. It is difficult to become enthused over the referendum issue when the economy should be occupying the Tory Government's total attention. Mulroney, in defending the expenditure in Sept-Iles stated, "The 125 million in federal money that went into the plant "pales into insignificance" when compared to funds the government has invested in the rest of Canada." Is Mulroney referring to the funds involved in the maintenance contract taken from Winnipeg and relocated in Montreal? Perhaps he is referring to the money involved in the relocation of the "Space Center" from Ottawa to Quebec. Perhaps it is possible that the P.M. is referring to the 150 million dollars he is about to spend on the forthcoming referendum. Quebec of course, is holding its own referendum. Isn't it nice to be distinct, whatever the cost?

In closing, may I say that the premise for a referendum is an interesting one in that no one has seen an official transcript of this so-called deal, but we are expected to vote on its acceptability. Is this another of those "trust me" deals of our fearless leader. On the Free Trade issue Brian said "trust me, there will be jobs, jobs, jobs." He was right, there were, but we forgot to ask whether we were to get these jobs or whether we were to lose them. We know now. A news release on Saturday September 26, emphasizes the lengths the Mulroney government will go to push through this unity package. It has been revealed that the Governor-General's office has been soliciting funds for the "YES" vote factions, and I'll bet you thought that the office of the Governor-General was above politics. It was until the Mulroney group took over.

It seems that the office of the G.G. permitted Peter C. Newman to send out a letter asking for funds to support the "YES" vote and promised tax receipts for the donations. This has all the earmarks of an illegal use of the G.G.'s office, and tax relief for contributors. Where does this government draw the line. Unquestionably, the integrity of the governmental process in Canada has become an object of scorn, with democracy becoming the victim of an egotistical prime minister. To paraphrase a famous writer, one could say that Mulroney suffers from the delusion that he is God ... there is no cure for that sort of thing, short of an election.

Yours Truly,
Sadie Dumond
for The Organization of
Concerned Canadian Citizens

Dear Editor:

Dark alleys, disarming an avengeful gang member, encountering mutilated bodies, calming hysterical masses; law enforcement personnel accept these stressful, sweaty, brow-beaten situations as just part of their duty. Our police put their lives on the line every day they go to work. How many of us can brag that each day we make some contribution to the good of our society, let alone overtly expose ourselves to not only criticism but vehement verbal abuse and constant targets for those who are disgruntled, disturbed and demented?

It is high time that we showed our appreciation for what these people do. Yes, they are just like you and I with feelings, families and friends. Let's get off their case about prejudice and justifiable causes to always explain their behaviour. It seems that now the criminals have more rights than their victims and other law-abiding citizens. If we are breaking the law then we should pay the consequences!

My goodness folks! Wake up! Without laws and our beloved law enforcers, our country would soon be in the hands of those who are the more violent and the most aggressive. I for one would not want to raise a family in such a society.

To those who are concerned, I tip my hat and offer you my grateful support.

Sincerely,
B. Mallory
Midhurst, Ont.

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SEAWAY NEWS
LETTERS TO THE EDITOR

Dear Sir:

As the October deadline for the referendum vote nears, we are bing inundated by warnings of doom and gloom by Mulroney and Clark, the "Stan and Ollie" team from the Tory party. It borders on the extraordinary that all the warnings about voting "NO" are made by people who are aware that a transcript of the unity deal, up to this point, has not been made public. It raises the obvious question "How can we vote on something we have not seen?"

If we believe Clark and Whatizname, then we may expect the earth to open up and swallow all the "NO" voters. The "YES" voters will all be saved by divine intervention, or by Mulroney, which is much the same thing. it is difficult not to take shots at Mulroney. His dishonesty has become legend. George Bernard Shaw once said "He knows nothing and he thinks he knows everything. That points clearly to a political career". He was not referring to Mulroney, of course, but the similarities make one wonder. I always thought that a referendum was a voting device which permitted the maximum input from the electorate as a guide to important decision making. The ideal method, if one is honest, is to have the voting process free of coercion, threats, end of the world scenarios, or any other form of pressure. The Tory party unfortunately does not share my view. As a matter of fact the women's groups who have opted for the "NO" vote are in danger of losing their government funding unless they vote "YES". Actions like this place a tremendous strain on the term "honesty". The "YES" faction in this unity business has admitted that the deal is not perfect. The suggestion to hold one's nose and vote the affirmative puts a crushing burden on faith. Would it not be in the best interest's of the country to go back to the drawing board and come up with something more acceptable, and more honest.

There is a very strong feeling that this deal accomodates Quebec at the expense of the other provinces (the veto and the 25% share of seats awareded in perpetuity, are cases in point). With a diminishing population Quebec does not require 25% for the future, but still the increasing demands by that province find great favour with the P.M. and Joe Clark. A good starting point for the negotiations in Charlottetown would have been in insistence of the federal government to have Bill 178, the langauge bill in Quebec, rescinded. It attempts to strengthen one language by subordinating or suppressing another. That sort of thinking is narrow and ill founded. A language should be able to sustain itself without attacking another. In Ontario an enormous amount of money is spent on French services and education and those expenditures are accepted by the populace as legitimate, so why the zenophobic attitude in the province of Quebec.

Many concessions have been made to bring Quebec into the Canada framework but I am at a loss to say what Quebec offers in return.

There will be great difficulty in unifying this country if one of the major player's insists upon being distinct to a point where they will separate rather than agree to reasonable terms.

The "YES" faction is spending an inordinate amount of money in pursuing its goals (taxpayers' money, I might add). Is it possible that the "NO" faction is unfunded? If this is the case then the term referendum becomes a misnomer.

Yours Truly,
Ken MacDonald
Cornwall

Dear Editor:

Referendum Oct. 26th/92. Will it be a good day for Canada? or a bad day? As for Mr. Mulroney it could be the worst day of his life, it could be Meech Lake all over again and frankly I hope it is.

I trust that we all remember the doom and gloom by both Mr. Clark and the P.M. if the Meech lake did not go through, well it didn't but the sun was shining the next day and the birds were singing in the trees, all was well in this great country of ours. No doubt about it Mr. Mulroney was devastated but out of all the chaos this scheming politician had already devised a plan that would help Quebec and its leaders, hence this referendum.

I would like to know what Quebec wants after the referendum? Full stewardship of Canada? Why not? It is as good a guess as anything else. Canadians have wasted enough time and money in this train of thought. If the government would concentrate on the economy for a while and forget about this referendum until things settle down, I'm sure everything would fall into its proper place.

It's amazing how one man in charge can really upset everything in this country he claims he loves so much. He (the P.M.) says it's all for Canada but his actions say Quebec and if that is his ulterior motive then the NO vote must win and, although we may lose Quebec, we still have Canada. Actually the province of Quebec needs Canada far more than Canada needs Quebec. No one should be ashamed of voting "No" in this referendum. After all one is only giving one's opinion and that's what democracy is all about.

The two letter word "No" will have drastic implicatiosn if we don't use it on the referendum ballot on Oct. 26/92. Let's be very fair about this whole mess. I know that the majority of premiers agreed to it but only Mulroney did it whole-heartedly. The rest of them were of the opinion "well if we have to we will", some even said that they could hold their noses while they signed. Now that is not the way to sign such an important paper is it? Clyde Wells said that although he will vote for the "yes" side he is in full accord with what Pierre Trudeau says about the Quebec politicians. Again I ask readers (if any) is that any way to make a decision as important as this one? I do not think so!

I would be amiss if I did not talk about Mr. Trudeau's comments. Frankly I am not a friend of that gentleman. To me he sort of screwed up this country by repatriating the constitution and this stupid Bill of Rights which so far has been proven to do more harm than good to the people of Canada and many believe that is should be known as the Bill of Wrongs. Then there is the metric system. That did not help the working people, but who is paying for it? You are correct, the working people. But like Clyde Wells I think "P.E.T." does a good job when he blasts the Quebec politicians.

But let's go back to the referendum. If this deal is so good for the nation, why does the P.M. spend millions of dollars scurrying across the country with every Tom, Dick and Joe Clark in tow. I'm sure that Mr. Mulroney is trying to force the people to accept his "Alice in Wonderland" story. Don't let him do it!

I see by the papers that the P.M. was on the west coast trying to encourage the aboriginals to vote "yes" for him at this time. That's all he wants but then I remembered the old Indian saying "white man speaks with forked tongue" which remains true today as it did in the days of trading pelts for cheap baubles. So beware my friends, of the man with the glib tongue. Mr. Mulroney has cried "wolf" so many times and changed his tune that most Canadians just can't trust him anymore and that includes me.

Respectfully Yours
Fred Upton
Cornwall



HeartHealth Myth #9: A bran muffin is a healthier snack than a doughnut.

Sure bran muffins are supposed to be good for you. But if you've selected one of those large cake-like muffins, it's probably laden with saturated fat — maybe more than you'd find in a doughnut.

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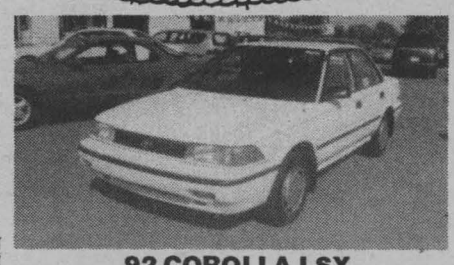

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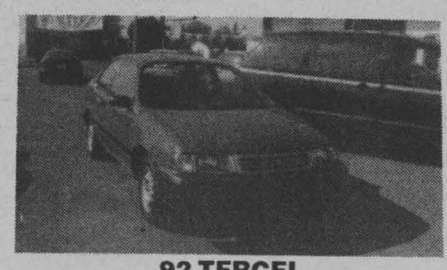

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4 cyl., E.F.I., 1.5L, standard, P.B., dual mirror, elec. rear def. Only a few left. Stk #2572
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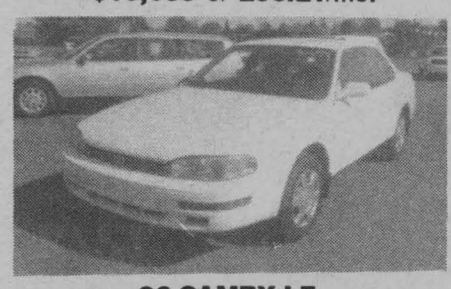

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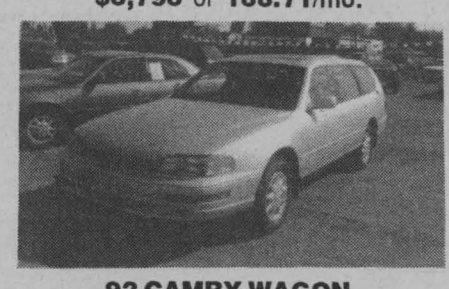

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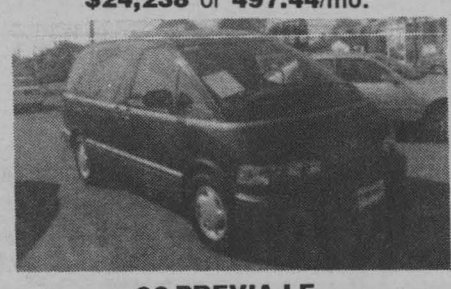

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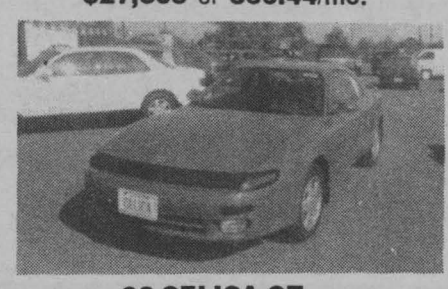

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DEADLINE: - Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occured, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

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To Place Your Ad: write your ad of 25 words or less and enclose $21.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 25 words, 19¢ per additional word. Mail to Companion's Corner, Seaway News, 329 - 2nd St. West, Cornwall, Ontario K6J 1G8. Mail pick up, no charge. Mailed replies: $5.00.

For Readers: to respond to an ad, send your letter to the appropriate CC number, c/o Seaway News, 329 - 2nd St. West, Cornwall Ontario, K6J 1G8.

BI CURIOUS LADY, mid-20s, athletic, petite, sensitive, Torontonian professional of Philippine origin wishes to meet discreet, fair, compatible, classy lady to discuss mutual concerns/interests in experimentation.Reply to CC 1315.

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MALE, MID 20's, bi-curious. Seeks other males for fun, friendship and perhaps more. Photo & phone appreciated. Discretion assured. Reply to CC 1317.

1 NOVENAS

THANK YOU to St. Jude for favour received. B.B.

THANK YOU ST. JUDE & Sacred Heart for prayers answered. V.K.

ST. JUDE NOVENA. May the Sacred Heart of Jesus be adored, glorified, loved and preserved through the world now and forever. Amen. G.A.

THANKS TO ST. JUDE, St. Christopher and everyone for favours received. V.T.

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GENERAL VANIER AREA. 2 bdrm. apt. on 112 Lottie St. Fridge & stove incl. Carport & backyard. $570/mos., util. incl. Call Jean Leger & leave message. 933-7302.

3 BDRM. APT. downstairs, east end location. Close to everything, need references. 1st & last month's rent. $400 a month. Utilities extra. Available now. For appointment call 518-358-9712. No pets.

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2 BDRM. APT. upstairs at 225-B Guy St. Available Nov. 1/92. $300 monthly plus utilities. First & last month. No pets. Call after 6 pm 932-3530.

FURNISHED 3 BDRM. APT. beautiful residential area, all utilities included. Retired couple preferred. Maintenance free. $455 monthly. Call 932-0019. Avail. December 1st.

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10% DISCOUNT
Modern one bedroom apts. (Security building) heat, lights, air-conditioning & parking incl. Each apt. features a 4 pc. bath, Westinghouse fridge & stove. Laundry facilities available. Central location.
For further details call: **938 2576**
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23 LEFEBVRE ST. 2 bdrm. apt. Fridge & stove incl. $345 + util. Avail. Dec. 1st. Call Bob 930-2323 or Jean 933-7302 (leave message).

5 ARTICLES FOR SALE

MOVING BOXES & moving supplies for sale. St. John's Transfer, 725 Boundary Road. 933-1492

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FREE REMOVAL of fridges, stoves, washers, dryers, color TV's & furniture (depending on model & location). 932-8023.

APPLIANCES GALORE. Good selection. Tested, cleaned, guaranteed & reasonably priced. Also some furniture. AKAR'S USED APPLIANCE. 938-1355, South Br. Road, Cornwall.

SINGER INDUSTRIAL sewing machine, $300. Leave message. 936-2205.

NEED THAT NEW KITCHEN or bathroom or new basement bathroom? Call us for any household needs. Interior or exterior, big or small. Free estimates. Call J.L. Construction 933-9898.

COMPUTERS IBM COMPATIBLES. Bought, sold, rented. Complete systems including: HD & monitor; XT/$425; 286/ $736; 386/$820; 486/$1036. Programs $2.50/disk. Blank disks, 45¢ each. Crazy Horse, 1247 - 2nd St. West. 932-6343 by appointment.

CARPETS ... CARPETS! Don't wait 'til xmas. City Carpets has carpeting as lot as $4.95/sq.yd. Compare anywhere. Good commercial 2003. Available in 18 colours. Only $6.95/sq.yd. Also available in 15' widths Stain Magic Plush carpeting, 50 colours, only $10.95/sq.yd. Call 938-0480 or 932-8192 for an estimate.

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ALL KINDS OF SPORTS CARDS and non sports cards for sale from 1990 to 1992. Please call 984-2906 for information.

QUALITY CD PLAYER. Denon model DCD 1460 with remote, $475. Dual-1229 turntable, $125. Wide carriage portable electronic typewriter, $175. 937-4900.

BRITTANICA ENCYCLOPAEDIA SET with atlas and bookcase. Special price now $250. Sony Beta video camera package, will trade for a Skidoo. Also Engine stand, rocking chair for sale. 938-7267, 938-1377.

SPEAKERS 3/4 " to 16". Also speaker systems. Hi power, hi fi EPI, $300. Med. power Hi Regall $200. Dinaco A10, $150. Also cabinet designed x-overs, designed & built subwoofers too. Call 936-9425.

DINING ROOM SET w/hutch, new condition. Cost $2,800, sacrifice $900. Fridge & stove (brown), both $650. 6000 B.T.U. air conditioner, $100. Info: 932-8526. No answer leave message.

GIRL'S BEDROOM SET, bureau, mirror, dresser. Also dining room set w/6 chairs in solid birch. 938-7322.

KING SIZE WATERBED w/bumper pads. Includes headboard w/mirror. Immaculate condition. $425 or B.O. 936-8318.

GRAND RE-OPENING SALE! Mrs. G's Dollhouse Shoppe & Wild Bird Emporium. New, exciting products for "Dollhouse Fans" & "Wild Bird Enthusiasts" alike. 407 Water St. East. (next to "All For A Dollar") 936-8088.

WHITE G.E. STOVE in excellent condition. $180. Call 932-8659

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Locally Owned

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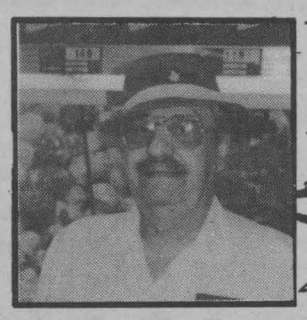

YOU'RE A WINNER! ! !

WIN A PACKAGE OF 8 LOEB REGULAR QUARTER POUNDS

YOU'RE A WINNER!!!
Check this week's photo. If you are in one of these photos, clip out this ad and bring it to the Ready Wall at Loeb IGA at 1400 Vincent Massey Drive. You will receive a pkg. of 8 Loeb Regular Quarter Pounds. Compliments of Loeb IGA and Seaway News. Open Mon. - Sat. 8 am - 10 pm.



Watch For Your Photo

CLARINETS STUDENT MODEL Bettoney "A". Semi-pro wooden Leblanc "A" professional buffet R13 Bb, pro. buffet Bb w/g# trill w/silver keys. Academy "Eb" alto. No reasonable offers refused. Call 936-9425.

FORCED AIR ELECTRIC FURNACE, plus 40 gal. hot water tank. $100. Both in excellent condition. Call 933-4967.

TECHNICS 6 PC. STEREO SYSTEM $1000. Computer & word processor & printer, $900. Teak dining set, $550. Kirby vacuum system, $450. Call 937-3864.

TACKAMINE ACOUSTIC 6 string guitar c/w hard case. New $800 or best offer. 938-3640.

TOP OF THE LINE Sears 10" table saw. Call 932-4768.

SHOTGUN,12 gauge pump, $125. 22 rifle single shot, $25. Golf bag & cart, $30. Trunk nearly new, $25. Call 933-2618.

AEROBICS & IRON MEMBERSHIP, $200 & also Nordic track ski machine, $100. Call after 4 pm 931-3143.

40 GAL. 3 yr. old elect. energy efficient water heater. Forced air, oil furnace with tank, pipes. Good chimney bricks. 80 gal. cold water tank. Offers 932-2712.

LARGE FRIDGE & FREEZER COMBINED. Frost free, energy saver, $250. Call 527-2886.

REFRIGERATOR, stove, washer, dryer, bookcase, freezer, dressers, rocking chair, desk, cabinet, grinder, Kerosene stove, bar, stook, couch, loveseat, coffee table, 5 hp roto tiller, cedar posts, violin w/case, bow. 75 acres of good land on Kings Road. Call 528-4328.

SALE
FRIDGE & STOVE Sets $469
10 CU. FT. FRIDGE $269
WASHERS & DRYERS 20%- 50% off
COLOURED STOVES 1/2 price
LOTS OF USED MATTRESSES
LIVING ROOM SETS - BUNK BEDS
BEDROOM SETS -DRESSERS
DINING RM. SETS - PORTABLE DISHWASHERS
GERARDS USED FURNITURE & APPLIANCES
Hwy 2 & Wales Rd. 534-2247

CHEST FREEZER, $150. Call 938-8210.

1978 440-B YAMAHA SRX. Factory-twin pipes, carbs, fuel pumps, 100 plus HP. New clutch & track. Starts first pull. Very fast. $800 firm. Pioneer stereo, 125 watts/channel, turntable, dble. cass. deck, 150 watt speakers. Stand. 3 yrs. old. $700 or. B.O. After 6 pm 346-2344.

ANTIQUE STAIR RAILING & rungs. Skates (all sizes). Myer jet water pump. Sleeper-sofa & matching chair. Lazy-boy chair. 938-2346.

FRANKLIN WOOD STOVE, excellent condition w/damper & pipes. Call 932-5082.

APARTMENT SIZE WASHER & DRYER, $400. Regular sized washer & dryer, $350. Dehumidifier, $60. Bass CB Radio w/antenna, $150. Call 932-6764.

MTD RIDING MOWER, 10 hp, 38" cut. Asking $675. Call after 3:30 pm, 537-8420 or 537-2767.

6 ARTICLES WANTED

BATHROOM FIXTURES. 5' tubs, sinks, ceiling light fixtures. In good condition & reasonably priced. 938-0228.

9 AUTOS FOR SALE

DRUGLORD TRUCKS $100. 86 Bronco, $50. 91 Blazer, $150. 77 Jeep CJ, $50. Seized vans, 4x4's, boats. Choose from thousands starting $25. FREE INFORMATION - 24 hour hotline. 801-379-2935. Copyright #ON105KC.

L.F. AUTO SALES
3064 Pitt St. N.
90 CHEV. LUMINA 4 dr., V6, air.
89 FORD TAURUS 4 dr.
89 PONTIAC BONNEVILLE
89 CHEV. CELEBRITY
88 CHEV. CAVALIER
Deals, Deals, Deals
933-1315

CHEAP! FBI/U.S. SEIZED. 89 Mercedes, $200. 86 VW, $50. 87 Mercedes, $100. 65 Mustang, $50. Choose from thousands starting at $25. FREE Information - 24 Hour Hotline. 801-379-2935. Copyright #ON105JC.

1969 RAMBLER. Needs work. As is 938-0950. Best offer.

305 CU.IN. REBUILT 275 runaway. B.O. 1973 Moto-ski w/340, apart. $125 or B.O. 1923 Ford Frame & Pinto I.F.S.T. bucket, $150 or B.O. Sun visor & skirts for 49 - 50 Chev. Pontiac, $150 or B.O. Call after 5 pm 528-4760

1981 MUSTANG. 4 cyl., std., running cond. Asking $300. After 5 pm 936-8921.

4 GOODYEAR EAGLE GT+4. P215-60R16 low profile radials. Like new, $175. Firm. Call 937-4890.

MINT WORKHORSE. 1981 Ford 3/4 ton pickup F-250. 4 speed manual, completely redone, new panels and paint, red/black. Needs little for safety. Sold as is $2,650. Tel: 937-3864.

1987 NISSAN KING CAB w/cap. 2.8L, 4 cyl., stand., 5 spd. transm. 109,000 kms. Ex. condit. asking $5900. Call evenings 938-2744.

1988 AEROSTAR XLT, excellent condition. Well maintained, 7 pass., fully equipped, 125,000 km all highway. B.O. over $7,500. Call 936-3927 leave msg.

1976 DODGE VAN. A-1 condition with safety check. Also raised roof. 524-2745.

1978 BUICK ELECTRA. Good running condition, $350 as is. Call 931-1292.

1980 PONTIAC GRAND PRIX. B.O. call 938-9109.

BEST DEALS
439 MAIN St. S. ALEXANDRIA
OPEN ALL DAY SATURDAY
GRAND SLAM DEALS!!!
92 Ford Taurus, 6 cyl., auto, air, PW, AM/FM cass., 4 dr. $16,495
92 Ford T-Bird, V6, air, auto, AM/FM Stereo cass., PW/PD $15,995
91 Ford Explorer, V6, auto, AM/FM Stereo cass., PW/PD, loaded, 2-many options to mention!
91 Toyota Tercel, 4 dr. sedan, auto, 25,000 km., 4 cyl, AM/FM cass - $9,995
91 Honda Civic Hatchback, Cass, 29,000 Km., Lots of factory warranty. Priced to sell
91 Mercury Tracer LS, 4 cyl., air, tilt, cass., only 45,000 Km. Very, very clean. Priced to sell
90 Chev Caprice Classic, V8, auto, O/D, vinyl roof, pwr seat. Too many options to mention, MINT CONDITION
90 GMC S-15 Pick-up, auto, 4.3L, PS/PB, radio cass., PW/PD, Tilt, cruise, 49,000 Km.
89 Pontiac 6000 wagon, V6, air, cruise, tilt, PW/PD, auto, 70,000 Km. - $7,995
89 Toyota Tercel, 4 cyl., Hatchback, 5 spd., gas miser.
89 Accord EXi Special Edition, Loaded, 40 K, leather interior. Mint Condition.
89 Pontiac 6000 LE, V6, 6,000 Km. Clean Car!!!
88 Camaro, V6, auto, spoiler, 80,000 Km., T-tops, very, very clean, never winter driven. HURRY! Won't last long.
88 Cadillac Fleetwood Brougham Elegance, Very, very, clean, Need We Say More!!
87 Olds 98 Regency Brougham, far too many options to mention, only 62,000 Km., Mint condition.
87 Pontiac Sunbird, 4 dr., sedan, auto, very clean, low mileage, safetied. - $4,795
86 Olds Calais, PS/PB, auto, AM/FM cass. Great car for winter - HURRY
86 Buick Sommerset, V6, air, auto, loaded, very clean.
84 Dodge Charger, 2.2L, 5 spd., clean, Great Winter Car, $2,495 Safetied.
83 Chev Citation, auto, 4 dr., AS IS - $545
ALEXANDRIA HONDA
Open Saturday til 5:00 pm
525-4900
1-800-267-2333

1990 FORD CUSTOM VAN, full size, raised roof, fully equipped, including TV & VCR, 88,000 km all hwy. Bought new March 1990 for $43,000. B.O. over $19,000. Call 936-3927 leave message.

1984 TURISMO, mint condition, new all season tires, new exhaust, freshly painted, safetied, standard. Call between 9 pm and 11 pm 936-0817.

1982 FORD CARGO VAN. Good running condition. Many new parts. Asking $2,800 or best offer. Call 937-3702, leave message.

1976 BUICK CENTURY clean, runs well, good motor & body. Good winter car. Call 932-5082.

1985 TEMPO L, student special, 5 spd., runs great, good condition. $1200. 936-8318.

10 BOATS & MOTORS

WOULD LIKE TO PURCHASE BOAT LIFTER in good condition. Please call evenings 347-2649 or 347-7146.

18' DORAL BOAT. 150 hp Merc. including all accesories. B.O. over $4,000. Please call 936-3927 leave message.

ONE TIME OFFER - 18' BOAT. Buying house. Mint, low hours, 1987 Vanguard Calais, open deck, 120 h/p in/outboard, has sleeper seats. Was asking $9500. Now $7500. No room for leeway. 938-9222 days or 933-7788 evening.

14 BUSINESS OPPORTUNITIES

A GOOD NEWS Direct Mail Advertising agency can earn you $35,000-$72,000 yearly. Total job security. Immediate earnings. Full training. Head office support. Cornwall exclusive. Investment: $7400. No overhead, royalties, inventory. Recession-proof. Free Info-Kit (416) 248-5555 collect.

17 HOME SERVICES

MAN WITH PICK-UP TRUCK, will clean basement, do painting, roofing, etc. Please call Ernie at 938-1684 or 937-3705.

THE PERFECT HANDYMAN. Looking for someone to build your deck, verandah, patio, garage, etc? Your choices & tastes are his limits. Want to renovate? Can't afford to pay contractor prices? Shed prices available. Vinyl finish w/shingle roofing. 8'x8'/$900. 8'x10'/$1150. 8'x12'/$1350. 10'x12'/$1450. Free estimates. Guaranteed customer satisfaction. Specializing in roofing & vinyl siding. Call Robert at (613) 525-2197.

LOOKING TO INSTALL THAT HARDWOOD FLOOR? Only you'll know how little it costs. Call Luc for your estimate. 931-2058.

PAINTING, ROOFING, DRYWALL. Chimney cleaning & repairing, pargeting. Rec rooms. Hardwood flooring. No job too big or too small. I do it all. 937-4709.

20 FARMERS MARKET

GROUND FEED shelled corn, barley, oats, wheat, mixed $7.00/100 lbs. Your bags. 9 am - 5 pm. Closed Sundays. George Crites 527-5393.

CEDAR KINDLING WOOD for sale. $20 you pick up or $30 cord delivered. Call 346-2120.

22 FARMS FOR SALE

GREAT FARM. 100 acres for beef or horse farm. Carefree 1400 sq.ft. , 4-bdrm. home. Barn 92 x 40, ties 50 head. Silo, milk house. Payne River runs through farm. Now empty. Financing avail. Call Germain Leduc at 931-2816, sales rep. for Realty World Four Action.

CHAPEL ROAD: hobby farm, 22 acres, Century log and frame house, 4 bdrms., 2 bathrooms, 200 amp service. $127,000 M.L.S. Call Sauve Real Estate Lancaster office 347-1633.

25 DJ'S

SPECTRUM OF SOUND. Professional Disc Jockey Service. Music for all occasions. Cornwall & area. Now booking for Hallowe'en. Call Brian at (613)932-5093.

GREAT MUSIC FOR DANCING. Weddings, anniversaries. Music of all kinds. Call & book now. Call your D.J. at 932-6661.

TIFFANY'S ENTERTAINMENT. "We've Got The Beat". Live band & D.J. w/over 12 yrs. experience. We have the best in the "World of Music" at an affordable price. Call Ben Young (1-613) 932-7363.

POWER SOURCE DJ'S. Professional, mobile DJ's. Specializing in bars, stags, weddings and any special occasion. Call now for your special rate & light show. Book now with Ray at 938-1962 or Rod at 936-0652.

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Earn Extra Cash This Fall
CORNWALL
- Riverdale, Blakely, Kennedy, Stokes, Grant
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- Victoria, Adolphus, Water, Gloucester

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- Williamstown
- Lancaster
- Green Valley
- Apple Hill
- Ingleside
- Morrisburg
- Chesterville



SEAWAY NEWS
CALL TOM 933-0014

27 GARAGES

OLD GARAGE OR WORKSHOP WANTED. Will move for free, will pay, small cash for one in good condition. Call 932-9198 or 535-2236.

28 USED FURNITURE

DELAGE USED FURNITURE. Refrigerators, stoves, washers & dryers, wall units, entertainment stands, box spring & mattress, dressers, living room set, etc. 427 Fourth St. W. 936-8948.

31 HELP WANTED

ALERT! STAY HOME make money! You assemble products & earn up to $627.00 per week! Amazing recorded message reveals details. Call 705-739-7184 (ext. 15)

ALASKA JOBS! EARN UP TO $30,000 in 3 months fishing salmon. Also construction, canneries, oil fields plus more! For immediate response, call 1-504-646-4513, extension K506 (24 hours).

VOLUNTEERS NEEDED A.B.L.E. NEEDS YOU as a volunteer to assist individuals with developmental handicaps in meeting the "needs" for friendship. For further information please call 936-6780.

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OVER 400 VIDEOS AVAILABLE
Hwy 2 Glen Walter 931-2418

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GAS & OIL ADDITIVES
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small size
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For Prompt Efficient Service Call
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• FULLY INSURED
John Van Riel
938-6967
Wayne Cooper
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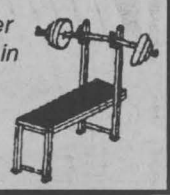
Rick
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It's TUNE-UP TIME
• Snowblowers
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100% Customer Satisfaction

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Complete Paint Shop
TOM'S AUTO BODY
Hwy. 138, Monkland 346-2124

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Accessories
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We care for your home and pets in your home while you are away.
• Security for your home.
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CORNETT SATELLITE & ANTENNA
Your Communication Centre
IN BONVILLE 933-4566 HWY. 138
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MODIFY YOUR OLD SYSTEM & RECEIVE 18 TO 24 CHANNELS WITH THE BEST OF CHANNEL MASTER PRODUCTS ALSO COMPLETE SYSTEM WHICH INCLUDES:
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BONVILLE
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5 Children Per Staff Member
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CHILDREN - 1-1/2 to 5 yrs.
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Restaurants • Small Parcels
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$3.50 per delivery
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Ask for Gerry
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AIR DUCT CLEANING & SANITIZING
• Reduces Dust
• Kills Germs, Mold & Mildew
• Allergy Sufferers Breathe Easier
• Your Home Has A Fresh Air Feeling
Cornwall 936-1782

HAIR STYLIST has chair available for rent. For further information 534-2646.

MAN FOR GRASS CUTTING, odd jobs & snow removal. Pay $6.00/hr. Apply to Box 932, c/o Seaway News, 329 - 2nd St. West, Cornwall K6J 1G8

32 HOUSES FOR RENT

FOR RENT (two locations): 3 bdrm house on Third St. W. High basement, large living room dinette. Available from the end of October. Ideal for working people. Also two bdrm. apt. on Alice, main floor, parking, fridge and stove. Available from the end of September. No cats and dogs. Reference needed. Phone 932-2135.

SMALL TWO BDRM. BUNGALOW in Lancaster Village. nice lot, central location. For rent. Call 347-2045.

TOLLGATE RD. 1 yr. old, 2 bdrm. semi-detached w/whirlpool bath. $675/mos. 1st and last month's rent required. 931-1488.

LANCASTER MacLACHLAN'S PRINT 3 bdrm., bungalow, fireplace, oak cupboards, fridge & stove included, utilities extra, $700 monthly. References available. Nov. 1/92. Call 538-2298.

LANCASTER WATERFRONT, 2 bdrm. home. Large kitchen, utilities extra. Available Nov. 1/92. $700 monthly. References. 538-2298.

CRYSLER. Executive, luxurious 4-bdrm. house. Many, many extras. $159,000. Tel.764-5577 or 764-3635 or 443-2116.

PRIVATE SALE. 3 bdrm. brick. Close to all amenities. Oversized lot and workshop. Negotiable. 346-2543, leave message.

2 HOUSES FOR SALE (private). The owner will take back first mortgage. Low down payment for qualified buyers. (1) on Third St. West. 3 bdrm., high basement, $62,000. (2) on Adolphus St. Brick, 4 bdrm., garage, fenced back yard, ideal location. $78,500. Only serious enquiries. Phone 932-2135.

PRIVATE SALE: Hill Island. Quality built, all brick, raised 1750 sq.ft. bungalow w/garage. 3+1 bdrm., 4+3 pc. bath. 2 min. from GVSS. $134,900. Tel: 933-4717.

1973 MOBILE HOME, 14'x70', avail. in spring or summer of 1993. Must be moved by August 93. Price reasonable & negotiable. 534-2728.

TRIPLEX, completely renovated. No agents please. Two 3 bdrm. units & a 2 bdrm. unit. Rental income/year $20,100. Good first morgage. $20,000 gov't grant transferrable. 932-8192 or 938-0480 evenings.

NEWLY CONSTRUCTED. Semi detached, 3 bdrm., 2 baths. Private drive. $79,900. Call Sheila at 931-1488. Sales rep. Century 21/Shield Realty Ltd. (S 3318)

JUST LISTED: South Lancaster, 3 bdrm. bungalow, heat pump, wood stove, 200 amp. service, well treed lot, and many other items all for $79,000. M.L.S. Call Sauve Real Estate Lancaster Office, 347-1633.

CENTRALLY LOCATED. Good starter or retirement home. 2+2 bdrm. bungalow, 3 p.c bath, rec room, hardwood floor in living room. $64,500. Call 528-4219 or 932-4658 (leave message).

34 HOUSES WANTED TO BUY

WANTED SMALL HOUSE in need of repair (have an RV motor home plus cash). Wanted small lawn tractor. Also insulated chimney. Reasonable price. 938-7267 or 938-1377.

39 LOST & FOUND

FOUND: gold photo pendant, 14th St. area. Call 932-3291.

40 LOTS - LAND

3 LAKEFRONT LOTS. 2 lakeview lots, 6 adjoining lots. Private. No agents. After 5pm. 537-2047

CASSELMAN, lot for sale w/panoramic. 85x200'. Tel: 764-5577 or 764-3635 or 443-2116.

BUY NOW, build later. 10 minutes from town, excellent building lot, 120'x209' with beautiful pine trees, next door to brand new homes. Reduced to only $10,000. Telephone 931-2816.

WE HAVE BUILDING, wooded, and waterfront lots. For further info. call Sauve Real Estate, Lancaster office, 347-1633.

LOTS FOR SALE: Wellington St. east, fully serviced for semi detached or single. 70 ft. frontage. Call 931-1292.

42 MACHINERY

MASSEY TRACTOR No. 44 with front end loader. Runs well. $950. Call 527-2886.

48 MOVERS, STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 725 Boundary Rd. 933-1492

INDOOR STORAGE cars, boats, motorcycles, etc. Call 936-1458.

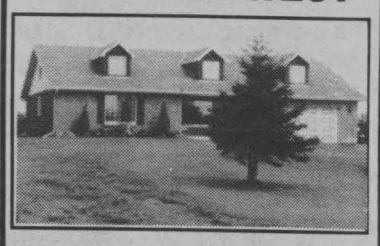
49 NOTICES

GUITAR LESSONS
Are you paying too much for your lessons?
Learn to play - not pay!
Best Prices In Town!
Call ROD'S GUITAR STUDIO
20 Years Experience
931-1771

WANT TO LEARN TO DRIVE with professional instructors? Call Ecole de Conduite Alexandria et Hawkesbury Driving School. Now covering Cornwall. Full defensive course available or individual. 936-3628.

VILLA MOOSE CREEK REST HOME. 24 hour supervision with R.N.A. For more information call Mrs. A. Lanthier, Administrator. 538-2844.

HEADLINE WEST



Beautiful 1520 sq.ft. quality home, patio looks off 28' X 13' living room, with fireplace, master bedroom 22' X 13', double insulated garage, new paved drive, oak cupboards with appliances. All this and more on hill top lot 120' X 200'. Asking $112,900. Could vacate soon.



Call **GERMAIN LEDUC** representative **931-2816**

REALTY WORLD™ THE RESULTS PEOPLE. FOUR ACTION 936-0909

SEAWAY NEWS ACTION DIRECTORY

A convenient reference to local businesses and services.

ALARM SYSTEMS

Complete Alarm System
$549.00
installed
Locksmith & Guard Service Avail.
ATTACH ALARM
936-2483

DAY CARE

FREE TO BECOME DAY CARE CENTRE
"The Better Alternative In Child Care"
For Children 16 months to 5 yrs.
Open 7 am - 6 pm
Licensed with qualified staff.
Speaking French, English & knowledge of sign language
Catered Meals
938-1776

TRINITY DAY CARE
"Children Are #1"
Ages 2 - 5 yrs.
Arts & crafts, stories, games & planned activities for each age level.
Licensed, Qualitifed teachers with a knowledge of sign language.
Subsidizing also available. Non-denominational
105 - 2nd St. West, Cornwall
936-0847

FOUNDATION

JOE'S FOUNDATIONS
Chipped, cracked, leaking, unfinished foundation?
For repairs & parging
Call "Joe" Sauve at
932-8160
Reasonable Rates. Free Estimates

KARATE

Setting the Standards in the Tri-Counties
TRI-COUNTY KARATE/SELF DEFENSE
1520 Cumberland St., Cornwall
(Vincent Massey Public School)
- Visitors Welcome-
Seminars/Clinics/Demonstrations avail.
613-937-1769

KENNELS

DONIHEE'S LABS
Black, yellow, chocolate puppies.
Registered Labrador Retrievers
BOARDING
Call Debbie or Pat 931-2175
Hwy. 2 East RR 1 Summerstown

LAWNCARE

MR. "D's" PRO LAWN CARE
Lawns cut, raked & trimmed.
Complete range of lawn care maintenance. Quality work.
Reasonable rates. Free estimates.
No GST.
937-4890 or 936-7330

LAWNCARE

DANDY LAWN CARE
Experienced, professional lawn care. Complete range of services.
Free estimates
347-2656 or 930-0096

NURSERY SCHOOL

CHILD'S PLACE NURSERY SCHOOL
Now taking registrations.
Children, ages 2-1/2 to 5, will enjoy half day classes which include arts & crafts, music, story times & free play.
Mornings or afternoon programs for 1, 2 or 3 days per week.
933-1910

OIL UNDERSPRAY

HN OIL & WAX UNDERSPRAY
Protect your car from rust & winter corrosion.
Do it a favour "oil" it today!
For appointment
938-7743

PRESSURE CLEANING

"Under New Management"
CANADIAN RESTORATION SERVICES
Exterior cleaning of brick, wood, aluminum, etc. Graffiti removal.
Garage & industrial floor degreasing. Clean & seal interlocking brick. Insured.
Free estimate & demo
932-9113
A Division of Gerald Menard Renovations

RENOVATIONS

ROOF BUSTERS & RENOVATIONS
Shingle roofs, drywall, patio decks, siding, etc.
Work guaranteed. Free estimates
Richard Longtin 936-2713

REPAIRS & RENOVATIONS

GOLDSTAR CONSTRUCTION & RENOVATION
Specializing in patio decks & porches. Free estimates
932-0906

SMALL ENGINE REPAIR

It's time for tune-ups for chainsaws & snowblowers. Tune-up "Specials" are available.
LAFAVE'S SMALL ENGINES
RR 2 Lunenburg Ont.
613-346-5491

BONUS
For Every 5 Weeks Placed, Receive One Extra Week. Call Today To Place Your Ad.

PUBLIC NOTICE

TOWNSHIP OF OSNABRUCK
P.O. BOX 340
INGLESIDE, ONTARIO
KOC 1MO

Township Landfill Site will be open free to the Public on October 15th, 16th and 17th, 1992

- Township will not be picking up any Heavy Garbage on these days.
- All household appliances, refrigerators and freezers, to have door removed, gas removed from refrigeration units and be accompanied by certificate from qualified person stating removal has been done.
- Fencing materials shall be free of wooden posts.

Composters

Composters are now available and may be obtained by contacting the Muncipal Office, Monday to Friday, 8:30 am to 4:30 pm for further information.

Residents whose names are on the Waiting List, as of September 28, 1992, may pick up their composter at the Municipal Garage, Osnabruck Centre, on October 10, 1992, between 9:00 am to 1:00 pm.

Remaining composters will be sold on a first come first serve basis on October 17, 1992, 9:00 am to 1:00 pm.

Larry Ezard
Road Superintendent

INVITATION TO TENDER

Invitation to tender for the Provision of Bar and Tuck Shop Services seven (7) days per week for TRAMESA CORPORATION at the Transport Canada Training Institute, Cornwall, Ontario.

Sealed tenders for the above listed services addressed to Mr. Denis Brunet Managing Director, Transport Canada Training Institute, 1950 Montreal Road, Cornwall, Ontario, K6H 6L2 will be received until 15:00 hours local time Friday, November 6, 1992.

The contract will commence on or about December 01, 1992, for a period of three years.

Tender documents may be obtained from Mr. Denis Brunet, Managing Director Tramesa Corporation, 1950 Montreal Road, Cornwall, Ontario, during the hours of 8:00 am to 4:00 pm.

A pre-tender briefing and site inspection will be held at 4:15 local time on October 14, 1992 at the Transport Canada Training Institute, Cornwall, Ontario.

Further information may be obtained from Mr. Denis Brunet, telephone number (613) 936-5000 of fax number (613) 936-5010

50 OFFICES, STORES BUILDINGS

OFFICE 1200 & 1625 SQ.FT. Ready for occupancy. Heated & air conditioned. Carpet & drapes furnished. Located at 408 & 410 Pitt St. Call 938-4877 or 933-1907. WAREHOUSING. 1,000 to 6,000 sq.sft. Retail/wholesale or manufacturing. Plenty of parking. Receiving & shipping at truck level. Apply 218-11th St., West or tel. 938-4877

COMMERCIAL SPACE AVAIL. 533 ... North. 1175 sq.ft. Ide... store or shop. For more info...nation, call 932-7907. RENTED

STORE FOR RENT with a bachelor apartment upstairs on Pitt & Third. Ideal location. Parking. Phone: 932-2135.

51 PERSONALS

VOLUNTEERS NEEDED. A.B.L.E. A service provided to assist individuals with developmental handicaps in meeting the "needs" for friendship. For further information, please call 936-6780.

HIV &/OR AIDS. Are you concerned or afraid. Do you need help in coping of just afraid? No name no address required. Please call 10 am to 8 pm at 1-800-267-7432 or write U-Cap, Box 362, Cornwall, K6H 5T1.

IF SOMEBODY'S DRINKING bothers you, you are not alone. Call Alnon/Alteen. 937-4880.

EMOTIONS ANONYMOUS have meetings every Tuesday from 8 - 9 pm. For more info. 938-2952.

ADDICTED? ALONE? AFRAID? Want to quit but need help? Cornwall Detox Centre, 305 Montreal Rd., Cornwall. THE FIRST STEP, 24 hr. service. 938-8506.

TROUBLED BY YOUR TEEN'S BEHAVIOUR? You are not alone! Come to a parent support group "Toughlove". Meetings every Thurs. 7 pm at Bob Turner Centre (upstairs). For more info. Susan at 937-3407 (evenings) or 933-8030 (days).

A LOOK INTO THE FUTURE with Mona. Tarot Cards and tea cup readings. For more information on this, telephone 937-0219. Reasonable and bilingual.

52 PETS, LIVESTOCKS

BEAUTIFUL PUPPIES. Poodles, Toy Pomeranians, Shelties, German Shepherds others. Boarding. Bridlewood Kennels, Hwy.#43, second farm east of Highland Road. 527-2074

HUMANE SOCIETY. Right now the Humane Society has cats looking for a good home. Give us a call and pick up a "friend". 936-0072.

LABRADOR PUPPIES, ready Oct., KCK registered. Also: farm fresh lamb for freezer. Cut & wrapped to order. Delivered. Approx. 40lbs. 932-1161.

FEMALE GERMAN SHEPHERD PUP for sale. Good watchdog and good with children. Call 932-6785.

53 REAL ESTATE

DISTRESSED SALE
2 - Only - Must Sell!
2 Quonset Arc Style Buildings
Brand New - Never Erected
1 is 40' X 50' -
PRICED LOW TO SELL
1-800-465-1544

HOUSES FOR SALE
On Brookdale. 2 on same lot.
1-3 bdrm., living room, kitchen, 3 pc. bath, full size basement.
1-1 bdrm., large living room, kitchen, 3 pc. bath., full size basement. Both vinyl sided.
Call 933-4013 for info.

55 ROOMS FOR RENT

ROOM FOR RENT, shared facilities $250 monthly or complete basement $350 monthly. Available Nov. 1st. Call 938-3626.

EQUIPMENT TENDER

TOWNSHIP OF OSNABRUCK
P.O. BOX 340
INGLESIDE, ONTARIO
KOC 1MO

The following equipment to be sold by sealed tenders, and shall be received by Township up to 4:30 pm on October 26, 1992. Tenders should be cleary marked "Equipment Tenders" and submitted to Larry Ezard, Road Superintendent.

1 - 1600 gal. Water Tank - equipped with 4 cylinder Wisconsin Engine (running order).
1 - 1975 White Single Axle equipped with dual purpose dump with salt and sand unit, one-way plow and wing.
1 - 1980 International Single Axle (wreck) equipped with dual purpose dump and salt and sand unit, one-way plow.
1 - 6 foot Massey Ferguson Mower
1 - "V" Plow
1 - 1977 Ford Cab and Chassis
All above equipment and vehicles sold where is, as is.
All successful bidders to remove items from Township yard no later than November 13, 1992.

Larry Ezard, Road Superintendent

ROOMS WITH FACILITIES. Private entrance. Furnished, heated. Apply 414 Pitt St. Apt. 15 or call 938-4877.

58 SNOWMOBILES

1987 ARTIC CAT Jag, 440 snowmobile. Good condition. $2,000 firm. 984-2877.

61 SUMMER PROPERTIES

SUNNY FLORIDA. 3 bdrm., 2 bath, dble. wide, close to beaches, shops. $46,000 American includes land & more. Call Margaret Schreiber Realtor. 904-761-7555 or 1-800-881-8822 and ask for Margaret Schreiber.

62 COUNTRY PROPERTIES

$51,500 MOOSE CREEK. Mobile home. Insulated garage (18'x28') w/oil furnace on 200' x 120' surveyed lot. Approved septic system. Buy this charming property for only $374/month w/$2600 as down payment. Call Michel Glaude at Sauve Real Estate Ltd. 525-1536 or 525-2940.

65 TRAILERS, CAMPING EQUIP.

TERRY TRAILER 25-1/2 ft. Could sleep 8. Located Zephyr Hills, Florida, 54 - West. Take food, move in, everything there. $3,000 U.S. plus shed, $500. Call 537-8265.

136 Second St. E.
Cornwall
933-6524

MacMillan & Howes
Real Estate Ltd.

195 Main St. S.
Alexandria
525-3039



NOW HERE'S RECENTLY UPGRADED 4 bdrm. home surrounded by trees, overlooking the valley on 90 acres east of the village. For storage or for animals you must see the barn! Asking $164,900.



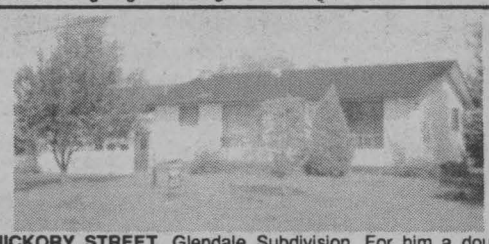
COME AND SEE THIS GREAT STARTER home with over 1000 sq.ft. and 2 bdrms. This home has recently been remodelled. Call to view, you won't be sorry! Asking $44,900.



OVER 1900 SQ.FT. OF LIVING SPACE in this 2 storey home on 408 Hilbert in the north end of Cornwall. Fireplace in family room, formal dining room, 2 baths, finished rec room. A fenced inground pool, deck, double attached garage on a large lot. Asking $159,900.



SEYMOUR STREET. Duplex 2 and 1 bdrm. units newly renovated, vinyl exterior, fenced back yard. Asking price of only $68,000.



110 HICKORY STREET. Glendale Subdivision. For him a double attached garage, adaptable as a shop and for her there's a bright spacious kitchen. Also features 3 bdrm. and a screened porch for summer enjoyment at the back. Call to view. Asking $82,500.



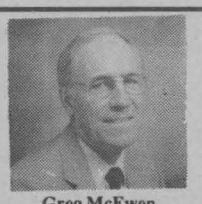
RR1 MORRISBURG. Large custom built raised bungalow, finished rec room with woodstove. Nice size 58x153 lot on the water and many more extras. Call for more details. Asking $199,900.

LOTS:

- **$ 11,400:** each 150' x 300' vacant building lots, Apple Hill area
- **$ 11,900:** 418'x418' treed lot W. of MacMillans Corners
- **$ 15,000:** vacant 300'x300' building lot, Newington area
- **$ 15,000:** each, 2 one acre treed building lots, near McCuaigs Crn.
- **$ 15,000:** Nice high treed building lot, 150'x404'
- **$ 16,000:** vacant lot 115'x162', frontage on 2 County roads
- **$ 16,900:** vacant building lot, 200' x 155' North Lancaster
- **$ 17,500:** building lot, well located, near schools, church & bus stop
- **$ 19,500:** each 2 - 150'x300' lots on N. side of Glen Fallock Rd.
- **$ 19,500:** building lot 70'x500' on Fraser St., St. Andrews
- **$ 21,000:** nice high building lot, 150'x300' Martintown
- **$ 24,000:** 120'x679' lot on Richmond Drive
- **$ 26,500:** vacant building lot 105'x200', St. Andrews West.
- **$ 27,000:** 43.9 x 144 lot on Victoria Avenue
- **$ 27,500:** each. 2 vacant lots, N. side Beaverbrook, Martintown
- **$ 29,800:** each, 2 lots 51'8 x 112' on Walton Street
- **$ 29,900:** vacant lot, 157'x314', east McCuaigs Corners
- **$ 31,000:** Building lot, 134 X 200 Headline Road West
- **$ 32,500:** Building lot, 170' x 347.5' South Branch Road
- **$ 40,000:** 10.76 acres, Williamstown area
- **$ 40,000:** Vacant building lot, fronting on McConnell
- **$ 45,000:** cedar covered hilltop 175'x300' lot, Martintown area
- **$ 49,000:** approximately 64 acres on S. side of Post Road
- **$ 49,900:** high wooded 13-1/4 acres, S. Branch, Williamstown
- **$ 50,000:** each, 2 building lots. Fully serviced subdivision
- **$ 57,000:** 67 acres, West of Alexandria
- **$ 59,900:** nicely treed village lot 356.11' x 689.16'
- **$ 65,000:** vacant building lot 2.92 acre Pitt St. North
- **$ 85,000:** 16.9 acres, ideal land for residential subdivision
- **$ 95,000:** 13-3/4 acres, waterview, access to the St. Lawrence
- **$100,000:** 39 acres, prime for subdivision, Martintown area
- **$110,000:** 40 acres, subdivision potential, Headline Road East.
- **$150,000:** 13.75 acre building lot, good river view, water access

Century 21

SHIELD REALTY LTD.
465 Pitt St. 938-2121



Greg McEwen
Sales Rep.
527-5655 Res.



MAIN ST., MAXVILLE. Approx. 450' commercial space with attached 3 bdrm. living area. Listed at $49,900. Try an offer, vendor says sell. Call Greg McEwen 527-5655 Res. (MLS 3333)



LOOKING FOR A QUIET PLACE in the country, take a look at this 5 bdrm. home on approx. 1 acre lot in Maxville area. Listed at $64,500. Make an offer. Call Greg McEwen 527-5655 Res. (MLS 3475)



JUST LISTED! 3 bdrm. home in Maxville with large kitchen, attached garage on lot 150'x100'. If you're looking for a reasonably priced family home, don't miss this one listed at $63,500. Call Greg McEwen 527-5655 Res. (MLS 3497)

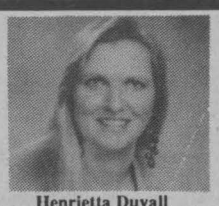


Marcel Pilon
Sales Rep.
932-5614 Res.



43 7th ST. WEST. Double tenement, maintenance-free exterior, large yard. Excellent buy at $57,500. Call Marcel Pilon 938-2121 Bus. (MLS 3435)

12 ACRE BUILDING LOT
1258' frontage on Service Road, Charlottenburgh Township. Possible severance. Priced $21,500. Call Marcel Pilon 938-2121 Bus. (MLS 3097)



Henrietta Duvall
Sales Rep.
938-2121 Bus.



NORTH CORNWALL. 4 levels fully finished, fireplace, games room, 2 baths, landscaped. Family transferred. $138,900. Contact Henrietta 938-2121 Bus. (MLS 3476)

16 ACRES, great building lot, 421' frontage, some bush. County Road #18, Osnabruck Township. $24,900. Contact **Henrietta** 938-2121 Bus. (MLS 3458)



RR #1 CORNWALL. Over 3600' frontage on 2 roads. 178 acres with 4 plex. $325,000. For details contact Henrietta 938-2121 Bus. (MLS 3492)



Sherry McCullough
Sales Rep.
937-0891 Res..



3 BDRM. CANADIANA STYLE HOME. Double attached garage. 3 baths, large serene lot, backs onto Hoople's Creek Conservation Area. Beautiful peaceful subdivision. Sherry will arrange a showing by dialing 938-2121 Bus. (MLS 3313)



1738 SQ.FT. of living space is inviting a new family to enjoy. Main unit is owner-occupied. Upstairs could be rented to a family member. Call Sherry 938-2121 Bus. for further details. (MLS3314)

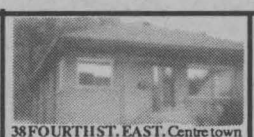
HANDYMAN SPECIAL
$25,000 WILL BUY THIS HOME. Lot 53'x168', nicely treed. Septic approval is available. Call Sherry today 938-2121 Bus. (MLS 3462)



35 DUNBAR AVENUE - FIRST TIME HOME - SOLD - ...t afford ... y & a half ... & clean 3 bdrms. ... possession is available. Asking $75,900. Dial Sherry for info. on purchasing your first home today 938-2121 Bus. (MLS 3374)



1411 LOCHIEL. Price has been adjusted on this 1700 sq.ft., 3 bdrm., 4 level split home located in a prestigious subdivision. Features FAE heat, main floor family room, fireplace, 2 baths, rec room, fenced lot. Call Sherry today 938-2121 Bus. (Exc 3396)



38 FOURTH ST. EAST. Centre town location, close to all ammenities, 3 bdrm. brick bungalow. A stones throw away from CCVS school. Features 2 baths, FAG heating. Excellent retirees home. Sherry would be happy to show this cozy home by dialing 938-2121 Bus. (MLS 3416)



1527 CHAMPAGNE. Five bdrm. raised bungalow on quiet street in Cornwall's north end, close to Vincent Massey, GVSS and St. Joe's Schools. 2 baths, nice private well-treed yard. Dial Sherry to arrange appointment to view. 938-2121 Bus. (MLS 3418)



105 FENNELL CRESCENT. SPACE, SPACE, SPACE ... 4 bdrm., 2 storey home in quiet location. F.A.G. heating, 2 baths, and single garage. Sherry will arrange a showing at your convenience. 938-2121 Bus. (Exc 3424)



1307 OSBORNE (Riverdale area) - Clean as a whistle! Beautiful spacious brick bungalow, large private lot, 3+1 bdrms., 2 baths. Dial Sherry for your appt. on this exclusive listing today. 938-2121 Bus. (Exc 3439)



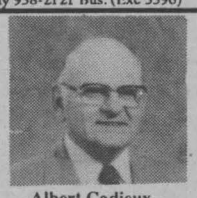
103-105-105A PRINCE ARTHUR. Two properties for the price of one! Monthly income $1,250 yearly. Gross income $15,000. Duplex plus single family dwelling. Call Sherry for a return on your investment today. 938-2121 Bus. (MLS 3432)



ABSOLUTELY BEAUTIFUL country setting. 3.6 acres of well-treed yard. View this stately, Georgian-style 5 bdrm., 2200 sq.ft. home. Double car garage with workshop. Inground pool, plus many charming features. Sherry would be proud to set a showing time for your viewing. 938-2121 Bus. (MLS 3317)



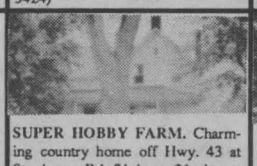
801 LAFLIN. Beautiful 3 bdrm. semi-detached in superb area. A must to view. Call Sherry today for info. on this good value. 938-2121 Bus. (Exc 3500)



Albert Cadieux
Sales Rep.
932-8279



122, A,B, - 124 A,B, CARLETON. 6 plex in good condition, all rented. Yearly gross income $29,940. 2 storey garage rented. Asking $159,000. Call Albert Cadieux 932-8279 Res. (MLS 3407)



SUPER HOBBY FARM. Charming country home off Hwy. 43 at Strathmore Rd. 3 bdrms., 2 baths, attached garage with loft. On over 17 tillable acres with outbuildings. Only $98,900. Gladys Mesich 534-2765 Res. or 938-2121 Bus. (MLS 3487)

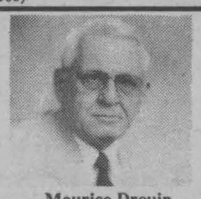


FULLY RENOVATED 5 bdrm. on 1-1/2 acres. Main floor family room with wet bar and fireplace. 2+ car garage with heat and water. Outbuildings. Call for list of many extras Gladys Mesich 534-2765 Res. or 938-2121 Bus. (MLS 3483)



SPOTLESS MOBILE HOME on nicely landscaped 1.4 acre lot. new 27' pool. Carries for less than rent. Just outside Maxville. $52,900. Call Gladys 534-2765 Res. or 938-2121 Bus. (MLS 3494)

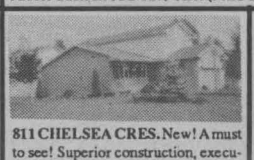
COUNTRY LOTS
MLS 3459 - Village lot $12,000
MLS 3022 - 10 beautiful, wooded acres-surveyed, $22,000 V.T.B.
MLS 3056 - 42 acre farm land, some bush - $26,00 V.T.B.
Call Gladys Mesich 534-2765 Res or 938-2121 Bus.



Maurice Drouin
Sales Rep.
933-6146 Res.



410 - 416 GUY ST. - GOOD INCOME. 9 unit property with ample parking. ideal for handyman. Close to many amenities. Asking $131,900. Call Maurice Drouin 933-6146 Res. (MLS 3378)



811 CHELSEA CRES. New! A must to see! Superior construction, executive home, many all oak cabinetry. Family room, fireplace, patio, 2 rec rooms., c/v, c/a, air exchanger, dbl. att. garage & much more. Call Maurice drouin 933-6146 Res. (Exc 3440)



NEW EXECUTIVE. 4 bdrm., indoor pool, rural property on a 2 acre treed, well manicured lot. Only minutes from city. Call Maurice Drouin 933-6146 Res. (MLS 3472)



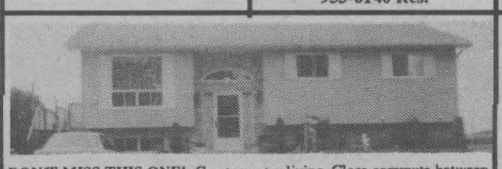
REDUCED
32 YATES. Solid proven 2 bdrm. home. New roof on verandah, porch and garage. Low heating cost. Ideal starter home. $42,500. Call Maurice Drouin 933-6146 Res. (MLS 3379)



Shirley Godard
Sales Rep.
938-2626 Res.



NEW CONSTRUCTION. Brick/vinyl quality raised split entry bungalow. 3+2 bdrms., 4 pc. & 3 pc. baths. 1200+ sq.ft. GST included. Downpayment $15,000. V.T.B. at 9% for 3 yrs. Call Shirley Godard 938-2626 Res. (MLS 3409)



DON'T MISS THIS ONE! Great country living. Close commute between Ottawa/Cornwall. 2 yr. old raised bungalow. 3+1 bdrm., finished family room & living room in bsmt. with bar. Venmar to bsmt. Double car garage. Approx. 7 acres of land. Move right in condition. Willing to exchange bungalow in Long Sault or St. Andrews area. Reduced to $104,900. Call Shirley Godard 938-2626 Res. (MLS 3200)



DUPLEX - 2 bdrm. units. Repairs to be done. Must be sold. Asking $41,900. Call Shirley Godard, Sales Rep. 938-2626 Res. or 938-2121 Bus. (MLS 3109)



Moe Lemieux
Sales Rep.
932-9386 Res.



117 - 7th STREET WEST. $245,900. "Cheers Too". Established restuarant business with liquor license trade. Excellent breakfast. Also two rental units. Call Moe Lemieux 938-2121 Bus. (MLS 3410)



PARAGON RD. $179,900. Bungalow with over 2300 sq.ft., oak kitchen cupboards, built in appliances. Well landscaped, double garage, 65 acres, double sided fireplace. Call Moe Lemieux 932-9386 Res. (MLS 3411)



Robert Denis
Sales Rep.
930-2323 Res.



JUST MOVE IN! 3 bdrm. bungalow, large rec room, many renovations. 200 amps service, forced air electric, 2 -4 pc. bath, hardwood floors, paved drive, garage, interlocking brick patio. Only $77,000. Call Robert Denis 930-2323 Res. (MLS 3412)

FIRST TIME BUYERS - $470/MTH. 3 bdrm., 2 storey with updated kitchen cabinets & counter, some new flooring, washer/dryer, freezer, new fencing & deck, garage. Can you afford not to buy? Call Robert Denis 930-2323 Res. (MLS 3009)

IF YOU LOVE TO ENTERTAIN, here's a fully finished 3 bdrm. brick bungalow with oak kitchen, large pantry, dishwasher, 2 skylights, rec room with wet bar & woodstove. Asking $92,500. For private showing, call Robert Denis 930-2323 Res. (MLS 3443)

COMMERCIAL BUILDINGS
Restaurant - bar.
$225,000 (MLS 3498)
DUPLEXES - TRIPLEXES. Too many to mention. Call Robert Denis for more information 930-2323 Res.

SHOULD HAVE is what you'll say if you don't see this renovated bungalow. Oak kitchen with dishwasher, 4 pc., 2 pc. baths, woodstove in rec room. Only $77,000. Call Robert Denis for private showing 930-2323 Res. (MLS 3300)

SPACE! SPACE! AND MORE SPACE! 5 bdrms., 1975 sq.ft., 2 storey home, woodstove in living room, large lot 89'x120', workshop garage 30' x 24'. All this for only $79,000. Call Robert Denis 930-2323 Res. (MLS 3362)

COMFORT IS WHAT COUNTS, and you will find it in this new 3 bdrm. bungalow, modern kitchen with many cupboards & counter space, large deck and excellent location. Priced to sell at $96,000. Call Robert Denis 930-2323 Res. (MLS 3395)

IF UNIQUE IS WHAT YOU SEEK, you will have to see this 4 bdrm. log home, 1 - 1/2 bath, built in appliances on a beautiful country setting in front of the Raisin River. Perfect home for a growing family. Call Robert Denis 930-2323 Res. (MLS 3467)

THE THEME IS ROOMINESS. Plenty of room for the family in this 3 bdrm., storey and a half in a country like setting. Main floor family room with woodstove, French doors leading to enclosed porch, large lot. All for $55,900. Call Robert Denis 930-2323 Res. (MLS 3449)

Gerry Pilon
Sales Rep.
938-6076 Res.

HOTEL BUSINESS. Great potential for right party in this prime downtown location licenced for 233. Asking $295,000. Call Gerry Pilon 938-6076 (MLS 3012)

210-212 LOUISA. large 3 bdrm. home on full lot plus revenue from 2 bdrm. Only $59,500. Call Gerry Pilon 938-6076 Res. or 938-2121 Bus. (MLS 3045)

1328 LOCHIEL! 5% mortgage available. Quality custom built split level with oak kitchen, oak trim. Great location and abutting to quiet park. $189,500. Call Gerry Pilon 938-6076 Res. (MLS 3398)

PRIME BUSINESS LOCATION
at 9th St. & Cumberland.
Lot 91'x215', building 2000 sq.ft.
Reduced to $220,000.
Call Gerry Pilon 938-6076 or 938-2121 (Exc 3311)

30 DUNBAR. 3+1 bdrm. bungalow with rec room, garage and beautiful private yard. Asking $79,900. Call Gerry Pilon 938-6076 Res. (MLS 3454)

Roy Carriere
Sales Rep.
933-6583 Res.

BUYING OR SELLING?
Go with experience.
Call Roy Carriere
933-6583 Res. or
938-2121 Bus.

1025 McCONNELL AVE. Brick bungalow, 2+2 bdrms., family room with woodstove, 2 bathrooms, large dining room, new windows, wired garage, double paved drive. Call Roy Carriere 933-6583 Res. or 938-2121 Bus. (Exc 3488)

4 PLEX. Yearly income $17,880. Tenants pay their own utilities. On a full lot, parking for 6 cars. Good cash flow. Asking $112,900. Call Roy Carriere 933-6583 Res. or 938-2121 Bus. (MLS 3344)

3104 POIRIER ST. Nice side-split level home, 3 bdrms., fireplace in family room, garage, etc. Next to city pool & tennis courts. Call Roy Carriere 933-6583 Res. or 938-2121 Bus. (Exc 3485)

32 LEONIA ST. Nice duplex in good condition. Live in the 2 bdrm. main floor apt. with main floor laundry room, plus full basement. Upstairs rented @ $425. Call Roy Carriere 933-6583 Res. or 938-2121 Bus. (MLS 3446)

42 WINE CR., BAYVIEW ESTATES (off Purcell Rd.) 3+1 bdrms., brick, family room with fireplace, attached garage, 2 baths, etc. Call Roy Carriere 933-6583 Res. or 938-2121 Bus. (MLS 3052)

HOBBY FARM supreme, tree lined driveway, double garage, main floor family room, barn on 4.37 acres. Only $69,900. Call Michael DeBoer, Broker, 938-7802.(MLS 3482)

NEW CONSTRUCTION - NORTH OF INGLESIDE. 3 bdrms., porch across front, large lot 250' x 400'. Only $79,900. Call now! Michael DeBoer 938-7802 Res. (MLS 3456)

320-322 ANDRE AVE. Excellent duplex. Paved drive, garage, rec room. Great for owner-occupied. Asking $69,900. Call Michael DeBoer 938-7802 Res. (MLS 3450)

Marilyn Dorman
Sales Rep.
933-4799 Res. 938-2121 Bus.

618 PESCOD. 1500 sq.ft. raised bungalow near park & schools. Contact Marilyn Dorman 933-4799 Res. or 938-2121 Bus. (MLS 3429)

39 ACRE HOBBY FARM. Large barn and several outbuildings. 1254 sq.ft. home. Contact Marilyn Dorman 933-4799 Res. or 938-2121 Bus.(MLS 3452)

COUNTRY HOME NEAR NEWINTON. 2 storey 1400 sq.ft. with barn and outbuildings. Contact Marilyn Dorman at 933-4799 Res. or 938-2121 Bus. (MLS 3451)

NEW LISTING - NORTH END. Immaculate bungalow, 2 baths, finished basement, fenced yard. Contact Marilyn Dorman 933-4799 Res. or 938-2121 Bus. (MLS 3496)

Jean Leger
Sales Rep.
933-7302 Res.

PURCELL RD. E. OF THE CORNWALL COUNTRY CLUB. Fresh paint and new broadloom make this 2200 sq.ft. home a pleasure to show. Call & ask for Jean Leger 938-2121 Bus. (MLS 3242)

1100 PITT ST. Commercial lot with building. 190' fronting Pitt Street & 110' fronting 11th Street. Asking $285,000. Call & ask for Jean Leger 938-2121 Bus. (Exc. 3495)

16 OUELLETTE DR., LONG SAULT. This immaculate 1270 sq.ft. bungalow must be seen to be appreciated. Finished rec room, office, extra bathroom, new broadloom & so much more. Call & ask for Jean Leger 938-2121 Bus. (MLS 3474)

Michael Vander Meer
Sales Rep.
534-2950 Res.

MONEYMAKER! 4 plex grossing $19,944 annually and tenants pay own utilities. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3414)

NEW CONSTRUCTION. 3 bdrm. bungalow for only $78,900. Call Michael Vander Meer for all the details 534-2950 Res. or 938-2121 Bus. (MLS 3477)

1500 SQ.FT. with many upgrades, garage, woodstove & new kitchen. All for only $58,900. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3438)

CENTURY STONE HOME. North of Ingleside on a 2.62 acre lot. Plenty of charm & character in this 1675 sq.ft. century stone home. Asking $62,500. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3394)

1241 NOTRE DAME. 1200 sq.ft. starter on full lot. Main floor laundry room. Large family room. Asking $56,900. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3343)

CORNWALL TOWNSHIP. 5 yr. old, 4 level split on a beautifully landscaped lot just 10 minutes from town. many features including double car attached garage. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (Exc 3406)

YOUR AD HERE.
Call me and find out the full range of listing services I have to offer. Free evaluation of your property, no pressure. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus.

80 SAUNDERS. Attractive split level located on one of the nicest lots in Long Sault. Full services including gas, cable, water & sewer. Reduced to sell - good deal. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3308)

MALIBU LANE. 3 bdrm. bungalow with new siding, shingles and windows. R.O.W. to river with docking. Asking $66,700. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3425)

BUNGALOW & SHOP on a 75'x125' lot located in Avonmore. Asking $35,900. Call Michael VanderMeer 534-2950 Res. or 938-2121 Bus. (Exc. 3484)

RR 2 LUNENBURG. 4 bdrm. with main floor family room with fireplace, 2 car garage. Eat off the floor condition. Asking $79,900. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (MLS 3421)

CENTRAL. 3 bdrm. with many upgrades and loaded with original woodwork. Asking $58,900. Call Michael Vander Meer 534-2950 Res. or 938-2121 Bus. (Exc. 3484)

RIVERDALE. 1230 sq.ft. brick bungalow. Priced to sell, dare to compare. Asking $91,900. Call Michael Vander Meer 937-4575 Res. (MLS 3444)

LONG SAULT. 4 level split featuring main floor family room, 2 pc. ensuite, main floor laundry, paved drive, 2 car garage, fenced yard, high efficiency gas hot water & furnace. Call Michael VanderMeer 534-2950 Res. or 938-2121 Bus. (MLS 3301)

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THEY'RE EXCITING!

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7 inches $1.99
13 inches $3.49

ALL DRESSED
Dressed in our Sunday best, every day of the week! Includes everything in the closet, but still not too spicy with all-beef salami, bologna, ham, fresh lettuce, onions, tomatoes, olive oil and our own special cheese. Try this one on for size!
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13 inches $4.39

ROAST BEEF
Hold on tight to this stampede of tender roast beef, crisp lettuce, onions, mushrooms and green peppers, all rounded up with our very own special cheese. It packs a wallop, but it's nothing you can't handle, Pardner!
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13 inches $4.99



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