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SEAWAY NEWS

14th Anniversary

September 10, 1999 VOLUME 13, ISSUE 37 SERVING CORNWALL AND AREA

An End of An Era



On Tuesday, August 31st, a huge crowd gathered at Rosie Magoo's Country Bar to mark the end of one chapter in the history of radio in Cornwall and the beginning of a new one. After 54 years, Cornwall's first AM radio station signed off the air. CJSS began as CKSF Radio on February 15th, 1945. In 1959, the call letters were changed to CJSS. On June 6th, 1999, 1220 CJSS officially switched to the FM band and began broadcasting as 101.9 The Blaze.

Pictured in front of an evolution display of the radio station's illustrious Cornwall career are Paul Vincent, General Manager of Tri-Co Broadcasting; Paul Emard; Anne-Marie Emard; Kevin Wilson; Mayor Brian Sylvester and former CJSS morning show announcer; John Bolton, morning host and Program Director and Bill Gallant.

Story & photo by Aubrey Johnson

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Prince Breaking New Ground



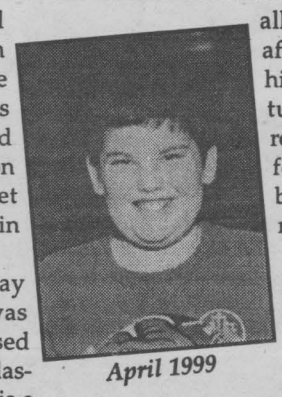
Pictured at the ground breaking ceremony are (l-r) Mark Boileau, Dept. of Economic Development, Cornwall; M.P. Bob Kilger; Mayor Brian Sylvester; Marcel Héroux; Alain Héroux, General Manager; Paul Fitzpatrick, Department of Economic Development, Cornwall.

A well known bacon specialist throughout Canada and abroad, Mr. Marcel Héroux started his own operations called Prince Foods Inc., in Princeville, Quebec in 1985. Prince Foods processes over one million, nine hundred thousand (1,900,000) pounds of fresh sliced bacon per week, along with precooked bacon. With a workforce numbering over 700, modern and well structured production methods and a very strict quality control, Prince Foods is able to meet with all production demands. Prince Foods currently supplies over 200 private brand names which are produced according to the client's own specifications. Prince Foods Inc. has quickly earned its reputation as the expert in the industry because of strict attention to detail, firm adherence to the highest quality standard and relentless demand for the best customer service. Mr. Héroux's vision for his enterprise was to become the country's largest supplier of bacon. Marcel Héroux, company president of Prince Foods, announced on August 27th, that it is establishing a new meat processing plant in Cornwall on a 7 acre site on Industrial Park Drive. The new plant will serve as an additional bacon slicing and packaging facility which will complement its existing Quebec sites and will also serve as an additional bacon slicing and packaging facility which will compliment its existing Quebec site and will also serve as Prince Food's major distribution centre for other parts of Canada and the United States.

Story & photo by Aubrey Johnson

Fundraiser To Help Family of Cancer Victim

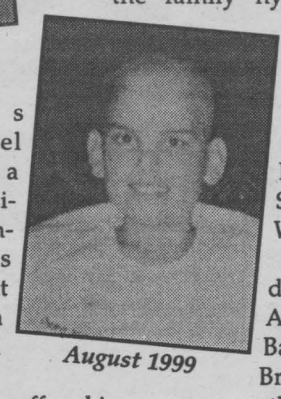
On Saturday, September 11th, 1999 a benefit dance will be held for Abraham Altieri (age 11), at Snail's Pub, behind Kastners, on First Street East in Cornwall.



April 1999

Since May when he was first diagnosed with neuroblastoma (which is a malignant tumor composed principally of cells resembling neuroblasts that give rise to cells of the sympathetic nervous system), his parents, Deana and Michael have been travelling back and forth to C.H.E.O. for Abraham's chemotherapy treatments. One of them is always with him at the hospital, sleeping on a chair in his room, while the other parent remains at home with his two younger sisters, Tessie (10) and Sabrina (2). In between the treatments, usually about ten days after, he develops a high grade temperature and has to return to the hospital for 5 to 10 days, before the fever is reduced.

This has caused a financial drain on the family as Michael is on a disability pension as a result of a brain tumor that he suffered in the mid 1980s. Deana's sick benefits have run out.



August 1999

In October, Abraham has to spend at least 8 weeks in Toronto's Hospital for Sick Children, for a bone harvest. This will involve removing his bone marrow and then replacing it due to his low blood and platlette counts.

This is not the first time that Deana and Michael have faced a tragedy with one of their children. Thier first son, born on July 21, 1986, died at C.H.E.O. from left sided hypoplastic heart syndrome on July 23rd, 1986.

Tickets for the fundraiser are five dollars and can be purchased from family members or from Zip's Restaurant at 1916 Pitt Street near Minute Auto Wash.

People can also make donations in trust for the Abraham Altieri fund at the Bank of Nova Scotia at Brookdale Avenue or any other branch of Nova Scotia in Cornwall.

Your support will be greatly appreciated.

Gospel Music Jubilee



BAKER

"Gospel Music Jubilee", is an evening of gospel music which will be held on September 18th at 7 pm at the Cornwall Pentecostal Church (Hall). This evening is being organized by the Contemporary Gospel group "Walk By Faith".

The evening is a celebration and thanksgiving featuring:"Walk By Faith", along with special guest Country Gospel recording artist Trevor Baker, nominated for best male vocalist by the Canadian Gospel Music Association. The evening will also feature Sue Kingston, Sandy Hiltz, Myles Wilson and a mime presentation by Melissa Montsion.

The variety of music for this evening will be from Old Time Gospel Hymns, Country, Folk and Contemporary songs and a mime that is sure to please everyone. Admission is free.

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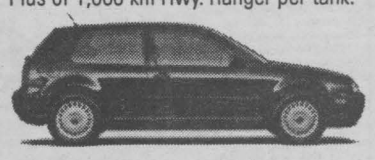

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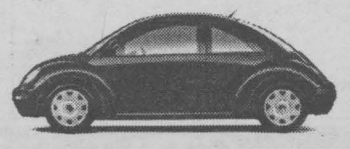

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Harvest Time

Gourds are an annual, frost-susceptible, warm season species predominantly of the genus Cucurbita of the Cucurbitaceae family, are closely related to cucumber, muskmelon and watermelon and are used primarily for decoration, although some hard-shelled varieties are turned into drinking cups. They are harvested in autumn and waxed or varnished for preservation. The yellow-flowered gourd, the most common type found in Canada, produces small, smooth or knobby fruits in several shapes and colours. Bottle gourds may reach a length of 1.5 m and are used in India as sounding boxes for certain musical instruments. The smooth loofah has a fibrous interior that can be used like a sponge for scrubbing and cleaning.



Pictured is Beth Flaro with a sampling of the gourds she has cultivated and Hal has varnished.

Other gourds include, the fig-leaved gourd, the chayote gourd, the bitter gourd and the ornamental, wax, Okeechobee and cucuzzi gourds. Gourds are cultivated as are pumpkin or squash. In general, it seems the key to the "gourd" label is whether the fruit in question will dry properly or has unusual ornamental value.

Beth Flaro and her husband Hal of Ingleside, planted a small amount of gourd seeds that had been given to them, in an area of their flower garden situated to the west side of their attractive home situated on Hickory Street.

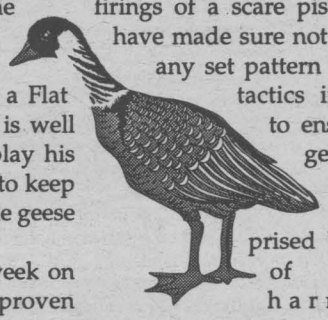
Planted last fall in October, the seeds lay dormant in their beds until the unusual growing season of this year.

Much to the surprise of the Flaro's, six different varieties of ornamental gourds have invaded a space measuring approximately 21x24 feet, completely covering the outdoor patio and engulfing the Flaro's picnic table as well.

Beth stated she had started the project for Thanksgiving 1999 and it seems that with frequent watering and no fertilizer to stimulate their growth, Beth's gourds will be available for many of her friend's tables for Thanksgiving as well!

Story & photo by Aubrey Johnson

Fall Geese Flocking To "Greener Pastures"



In an effort to diminish the number of geese carousing on the fairways, staff at the Upper Canada Golf Course have secured the services of Harley, a Flat Coated Retriever who is well trained and eager to play his part in an overall plan to keep the greens green and the geese in safer areas.

Now is his second week on the job, Harley has proven himself as a "pro" on the course. Once released, he quickly scatters the geese to neighbouring grounds; even those geese that have sought refuge in the creek that winds its way through the course, soon find that Harley is as fast a runner in water as on land.

Harley's services are being used by Golf Course staff in combination with scheduled firings of a scare pistol. Staff have made sure not to keep any set pattern of scare tactics in order to ensure the geese are duly surprised by each of these harmless intrusions into their gatherings. In order to alleviate some of the pressures of the job. Harley's owner Rod Davidson has also made available the services of "Ceilidh", another Flat Coated Retriever of similar expertise.

The result to date? Not only have the geese departed at every attempt made to persuade them into choosing alternative gathering spots, they have also decided to start meeting in these other areas in the first place, and are not even showing up at the course on some occasions. Most likely on their list for preferred meeting spots is the nearby Upper Canada Migratory Bird Sanctuary, a safe haven that includes daily corn feedings offered in the fall.

The Golf Course program is likely to be carried on through September, with the ultimate goal of keeping the greens green for the benefit of golfers this fall, and of protecting the geese from wayward golf balls by sending them on to "greener pastures".

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Ontario Provincial Police

GLENGARRY COUNTY

BREAK AND ENTER

On 01SEP99 police were called to the scene of a break and enter which had occurred at a business premises in South Glengarry Township.

Overnight an entry had been made into the Par 3 Golf Course, which resulted in the theft of food items from the building.

Const. C. Legere is investigating this incident.

HOME REPAIR SCHEMES

With the approaching of the fall, many homeowners are looking to complete minor repairs around their residence to prepare for winter.

These repairs may include roofing, window replacement and paving of their driveways.

In the past there have been a number of reports made to police in the Tri-Counties where repairs or paving was not completed to the satisfaction of the customer, or where money had been given to the contractors and there was a great delay in completing the work. These customers found that on occasion work had been done that may not have needed to be done, and the cost to complete repairs could increase dramatically as the job continued. In cases where these workers had just been " in the area" it is very had to locate them at a later date.

Residents are reminded to be cautious of people offering them unsolicited "deals".

Be sure to specify the type of work to be done, and a time frame for this work to be completed.

Dealing with local contractors should provided not only better after sales service but also allows you to have a contact person within your area should problems develop at a later time.

STORMONT COUNTY

During the past week police officers in Stormont County responded to 93 calls for service.

North Stormont – 21
South Stormont – 56
Provincial Highways – 16

BREAK AND ENTER

On 30AUG99 police received a report of a break and enter which had occurred in South Stormont Township.

Over the previous weekend, an entry had been made into a garage at a private residence located along County Road 31 in the township, which resulted in the theft of a chainsaw and power tools.

Const. R. McGillis is investigating this incident.

On 06SEP99 police began an investigation into a break and enter which had occurred in North Stormont Township.

Over the weekend a forced entry had been made into a residence in the village of Finch, which resulted in the theft of home entertainment and personal items from the home.

Const. A. Everaars is investigating this incident.

On 30AUG99 police received a report of a theft, which had taken place in North Stormont Township.

During the day on 26AUG99 and entry had been made into a shop area of a barn at an 8th concession residence, which resulted in the theft of tools from the property.

Const. D. Budzinski is investigating .

THEFT

On 03SEP99 police began an investigation into a theft, which had taken place in the Newington area of South Stormont Township.

Between 29-31AUG99 approximately 80-90 sheets of 4x8x1/2" plywood was taken from a building site along Wales Road.

Const. D. Cousins is investigating.

DUNDAS COUNTY·

During the past week police officers in Dundas County responded to 112 calls for service.

Matilda Ward – 17; Mountain Ward - 10; Williamsburg Ward – 14; Winchester Ward - 15; Village of Iroquois – 11; Village of Chesterville - 10; Village of Morrisburg – 11; Village of Winchester – 7; Provincial Highways – 17

BREAK AND ENTER

On S05SEP99 police received a report of a break and enter which had occurred in South Dundas Township. Overnight a forced entry had been made into the Matilda recreational building in Brinston, which resulted in the theft of food items, chocolate bars and chips, from the building. Const. D. Petryna is investigating.

THEFT OF AUTO

On 30AUG99 police began an investigation into a stolen vehicle from South Dundas Township. During the early morning hours of 30AUG99 a 1988 red Ford _ ton pick up had been taken from the driveway at a private residence located along Irena Road. The vehicle is further described as having white pin stripping, roof lights, and chrome side rails along the box.

This vehicle has not yet been recovered.

Cornwall Police File

for the week of August 29th - September 4th

Break-ins Residential

- Belmont St, 200 block, August 29th - Fisher receiver, cassette deck, CD player and speakers taken
- Sixth St. W., 300 block, August 29th - Sony car stereo taken.
- Shirley Ave., 500 block, August 31st, attempt.
- Cumberland St., 100 block, September 1st.
- Pine Lane, 0 block, September 1st, 1 male arrested.

Break-ins Commercial

- Tenth St. E., 800 block, August 30th.
- Second St. E., 0 block, September 2, 1 male arrested.

Stolen Vehicles

- Bedford St., 1200 block, September 1, 1997 Ford F-150 white pick up truck taken.
- Vincent Massey Drive, 1600 block, September 1 to 2, 1991 Dodge Campber van, white. Recovered.

Theft From Motor Vehicles

- Vincent Massey Drive, 1700 block, August 30th - four wheel assemblies and CD player taken.
- Dundee Ave., 700 block, September 2nd, wallet and identification taken.

Robberies

- Cumberland and Fifteenth, August 31st - two male youths, approached an 18 year old make riding his bicycle, demanded his waist pouch, the pouch was pulled from his waist and he was slapped across the face. Two male youths arrested.

Tip Of The Week: Six people between the ages of 17 and 35 have been charged with trespassing on CN property and due to their age, 9 youths were warned and their parents contacted. The Pitt St and McConnell St. overpasses are clearly marked that trespassing is prohibited. You must recognize the dangers associated with trespassing on CN property. The trains cannot stop as a car would and they cannot turn to avoid someone crossing their path. We ask for your cooperation in stopping the trespassing. Parents can talk to their children and teens, tell them of the dangers and the consequences of trespassing.

Crime Stoppers

STORMONT

This week Crime Stoppers is asking for your help in keeping drugs off our street.

This time of year is the harvest season for marijuana. Plantations can vary in size from only a few plants, to areas of more than an acre. The persons responsible for the activity seek out an obscure area where their activities do not attract attention. Often the marijuana plants are inter-mingled with other "cover" crops which aid in preventing detection.

Cultivation and possession of marijuana is a criminal offence.

Crime Stoppers is asking for your help in identifying the two persons responsible for the armed robbery at the Becker's Store, 1504 Pitt Street at approximately 00:45 hours on Saturday morning, August 28th, 1999. Both young males are described as 5'4", small builds and young voices. Suspect number 1 was wearing a white spandex type nylon mask over his face, a long sleeved burgundy t-shirt and was carrying a knife. Suspect number 2 was similar in size and was wearing a mask and t-shirt. Cash and cigarettes were taken in this robbery. The two young suspects were last seen running eastbound along the bike path.

REMEMBER: if you have specific information in relation to the smuggling of any type of contraband, call Crime Stoppers and if your information leads to an arrest, you are entitled to a cash reward. Reward payments are set up to protect anonymity. Call Crime Stoppers at 937-8477 and for long distance calls 1-800-265-8477.

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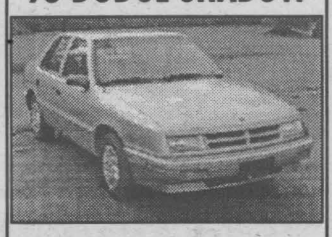
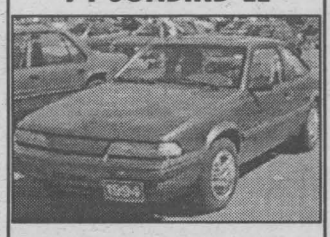


auto., air, cass, only 85,000 km

only $6950

94 SUNBIRD LE



2 dr., air, auto., cass, 81,000 km

only $9450

94 GRAND AM SE



4 dr., auto, air, tilt, cruise, p. locks

only 79,000 km

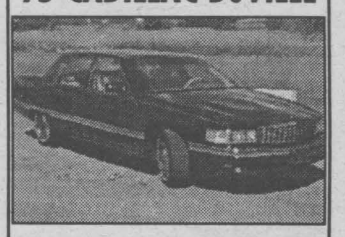
93 CADILLAC DeVILLE



fully equipped

reduced $13,450

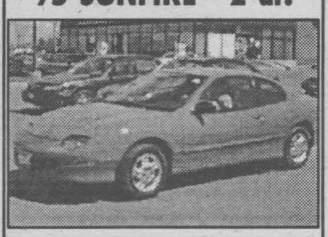
95 CADILLAC DeVILLE



fully equipped, 90,000 km

reduced $24,450

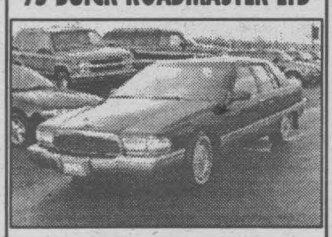
95 SUNFIRE - 2 dr.



auto, air, cass, cruise, p. locks

only 44,000 km

95 BUICK ROADMASTER LTD



leather trim, fully equipped, 65,000 km

only 65,000 km

95 GRAND PRIX SE



fully loaded, 65,000 km

only $13,950

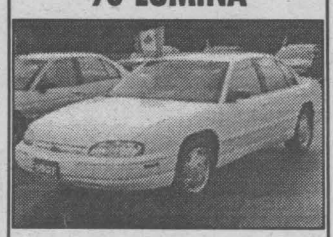
96 CAVALIER - 2 dr.



4 cyl., 5 spd., air, cass

only $9950

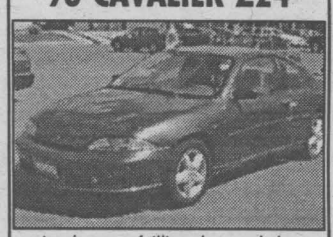
96 LUMINA



air, cass, tilt, cruise, door locks

only $12,950

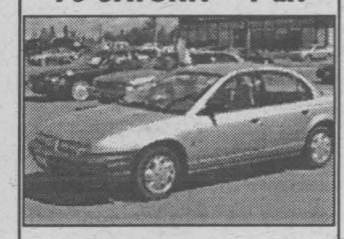
96 CAVALIER Z24



auto, air, sunroof, tilt, cruise, p. windows

only 48,000 km

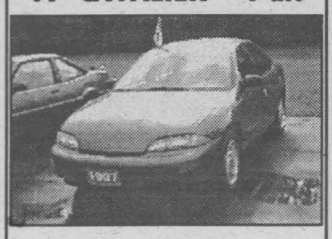
96 SATURN - 4 dr.



auto.,air, cass, 71,000 km

reduced $10,950

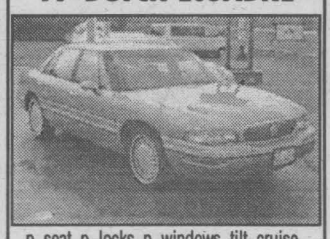
97 CAVALIER - 4 dr.



auto, air, cass

only 48,000 km

97 BUICK LeSABRE



p. seat, p. locks, p. windows, tilt, cruise, 68,000 km

reduced $18,850

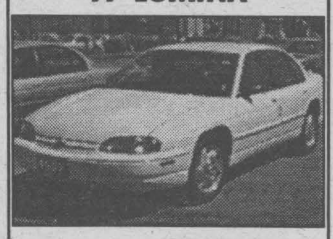
97 BUICK SKYLARK



V6, p. seat, p. locks, tilt, cruise, p. windows

only 40,000 km

97 LUMINA



air, cass, tilt, cruise, p. windows, 2 to choose

only $15,555

98 MALIBU



V6, air, cass, p. locks, tilt, cruise, alum wheels

only $16,550

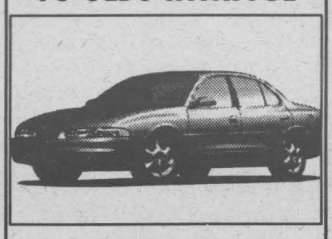
98 GRAND PRIX SE



3.1 V6, air, tilt, cruise, p. locks, p. windows, only 29,000 km

reduced $18,950

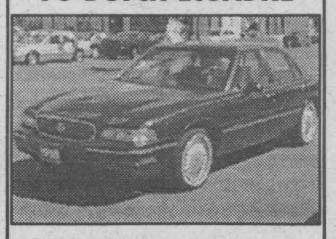
98 OLDS INTRIGUE



loaded, only 21,000 km

reduced $20,950

98 BUICK LeSABRE



p. seat, p. windows & locks, tilt, cruise

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loaded with 18,000 kms

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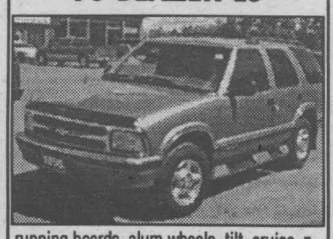
96 BLAZER LS



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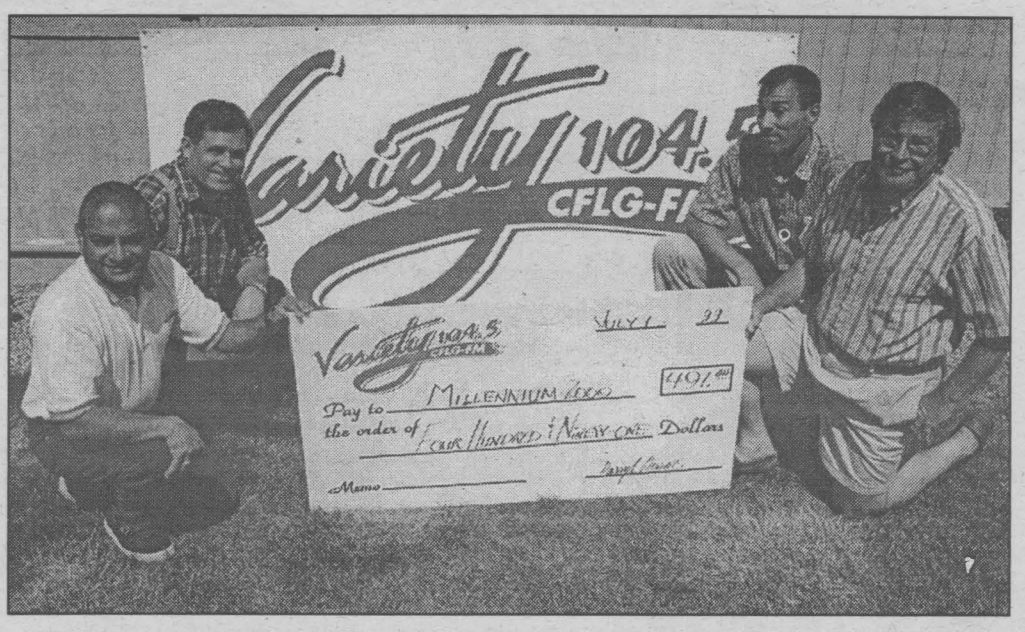
T.R. Leger School Gearing Up For Fall Semester

The T.R. Leger School's Windmill Point Campus is gearing up for a busy fall trimester. Guidance counsellors have noticed a steady influx of new adult and alternative students returning to school. Registration at most T.R. Leger campuses began on August 30th and will continue during the month of September.

Unlike traditional secondary schools, the T.R. Leger School cannot forecast its September enrolment with the same accuracy. Incoming principal Brenda King, indicated that: "We expect to enrol at least 250 full time students in Cornwall when all registrations have been completed. We are halfway there now so I am very pleased with the response after the first week. Many adults, and students under 21 are discovering that an education in an alternative setting accommodates their learning style."

The T.R. Leger School offers most credit programs leading to a grade 12 diploma obtainable in regular schools. The continuing demand by adults for computer training has meant that the T.R. Leger school now offers the latest version of Windows (Win '98), MS Office '97 and Corel Suites 8. The school is also offering a new Business Preparation Program wherein students will take a business credit such as entrepreneurship or accounting as part of their package.

Dunkin' For Dollars



On July 1st, at Lamoureux Park during Canada Day festivities, Variety 104 raised $491. with their dunk tank for the Millennium 2000 Project.

"The Millennium 2000 Project is going well," states Peter Morgan, "and the money is coming in. The campaign starts up in earnest again in September."

Over $350,000 dollars has been raised so far which is slightly ahead of the projections of the fundraising committee.

Pictured with (frt. l) Darryl Adams of Variety 104 are Peter Morgan, Rick Saaltink and Wes Libbey of the Millennium 2000 Project committee.

Story & photo by Aubrey Johnson

Funding Announced for Export Development

The Honourable Don Boudria, Minister of State and Leader of the Government in the House of Commons and Bob Kilger, Chief Government Whip, M.P. Stormont-Dundas-Charlottenburgh, announced on behalf of the Honourable Jane Stewart, Minister of Human Resources Development Canada, $122,100. in funding to help develop the export industry in the five county region.

Prior community initiatives, developed in partnership with the Cornwall and Hawkesbury Human Resources Centres, indicate considerable growth potential for local business that get into the export market, particularly in the agriculture sector.

"This funding, plus $38,000. cash and "in kind" contributions from community partners, make up the Local Labour Market Partnership that will allow for the hiring of export development professionals -- one with expertise in manufacturing and the other an expert in the agricultural sector," said Mr. Boudria.

"The objective of this project is to encourage, support and enhance the ability of small and medium businesses in the Counties of Stormont, Dundas, Glengarry, Prescott and Russell to become successful exporters," said Mr. Kilger.

Under the direction of the Export Development Steering committee, the two professionals will provide intensive facilitation for companies through seminars and information dissemination, in order to adequately develop "export ready" businesses in each sector.

This project involves a one-year partnership with Human Resources Development Canada, S.D.&G. Community Development Corporation and Economic Development, Prescott-Russell Community Development Corporation, Prescott-Russell Economic Development, City of Cornwall Economic Development, Prescott-Russell, Stormont, Dundas & Glengarry Federations of Agriculture, Ontario Ministry of Agriculture, Food and Rural Affairs, Hawkesbury Economic Development, and the International Trade Centre in Toronto.

The project is expected to be in operation by Mid September.

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KALEIDOSCOPE

By H.B. Kanters
SEAWAY NEWS

Car Stuff & Other Concerns

Last year from August to just before Christmas my trusty little old Escort Wagon made the trip to Ottawa and back a total of sixty two times. This was not because I like to see the miles pile up, but because I tend to follow my doctor's orders. By the middle of December I had cost the Ontario Health Care System another hundred thousand dollars and then came a wonderful, early Christmas present: "normal life expectancy," said one of those smart looking research doctors at the Ottawa Cancer Clinic, "now don't go and get hit by a bus." After nearly twenty years of dealing with the poisonous side effects of too many mercury fillings, suddenly I could make plans for a more normal future.

During that first week of driving to Ottawa last summer, I suddenly noticed the steering wheel shaking whenever I accelerated suddenly, and also if the speed went over 100. When I came home that very day there was an advertisement flyer in my mailbox for an autoshop in Apple Hill. That is how I got to know the folks at Apple Hill Tire & Auto, for I was smart enough to go there right away. The owner's wife, Paulie, drove me home and picked me up again early the next day, after the proper repairs on the vehicle had been done: two new ball joints and one new outer tie rod for a total cost of $328 and my car was safe to drive again. I wasn't even late for my appointment with that high-tech medical equipment in Ottawa, later in the day.

Apple Hill Tire and Auto is located on the north end of the little village of Apple Hill, Civic #3711, just before you get to the 43 Highway which comes from Alexandria in the east and goes west towards Monkland where it crosses the 138 Highway coming from Cornwall in the south. The shop is listed under Maxville and the phone number if 613-527-1975. There is a reason for this very detailed information: had it not been for that flyer in my mailbox, chances are very good that I would have driven back to Ottawa the next day and only remembered the shaking steering wheel once I was on the highway. Michel and his car guys probably saved me from having a very serious accident, for he simply told me the car was not safe to drive. He said "I wouldn't let my wife drive that car right now, and you shouldn't either." Now there's a mechanic who cares, and that is why anyone reading this should consider taking their car business out to Apple Hill. Good mechanics are hard to find, and these young people work as a team, and they know what they are doing.

One other important detail: in anticipation of extensive mileage in the next few weeks and months, I had taken my care in for an oil change and lube job. This was in one of the well known chains in Cornwall, the last week of July, 1998. I sat there and watched them service my car, they had it up on the hoist - and they should have noticed the unsafe condition of those ball joints during the lubrication. But they didn't and that is why I now take my car to Apple Hill, and I want others to do so. It may cost you a bit to stick with your old car, but Michel will check it out and always tell you like it is. That's just the kind of man he is, actually he's more into cars than Tim "the Toolman" Taylor on television.

Back in February, my little Escort needed a new alternator and at that time I thought about doing something about the rust on that thirteen year old, trusty machine. The two front doors could easily be replaced, Michel told me. But then two months ago when I came in once again for an oil change, my mechanic was all excited and told me about a car meant just for me, a well kept Mercury Topaz. All it needed was a bit of a paint job.

Earlier in my life I bought five brand new cars, always five or six years apart. None of them ever cost more than 25% of what was then my yearly income. Today I wouldn't dream of getting a new vehicle, much too much depreciation for one thing. Besides that I now like old cars and I know that you can get a really good used car for under three thousand dollars. Certified.

My little Topaz is getting a new paint job this week and I will have to get used to driving an automatic again, with cruise control, even. There are many advantages to getting older and living by yourself, for instance running several vehicles does not increase your insurance payments much, so I think I'll keep the Escort licensed, too.

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EDITORIAL OPINION

PERSPECTIVE

Cornwall: From "Dodge City" to "Nuke 'Em" City



Bob **ROTH**

Mayor Brian Sylvester asks rhetorically: Why did the government choose the eve of a long weekend to announce a proposal to move radioactive waste through Cornwall?

The mayor further asks: Why is the weapons-grade Russian plutonium and U.S. nuclear waste being routed through the city after a government department, itself, warned against it?

The answers are all too obvious.

If you want to move dangerous material through the country, enter at a point that is economically depressed and politically backward.

In other words, send it to Canada's Hooterville.

Any city that gives away millions in taxpayers money to professional hockey teams, has staffers who lose files (not to mention money), whose councillors drone on ad nauseum over whether to retain the antique term "alderman", and which dubbed itself "Dodge City" due to its alleged level of violence, must have a permanent "hit me" sticker on its forehead.

So what better port of entry to choose for the world's most dangerous product?

Watch out folks, Dodge City is about to become "Nuke 'Em City."

Last week, the government and Atomic Energy of Canada Limited (AECL) announced Cornwall was being considered as a port of entry for Russian-made nuclear fuel containing plutonium.

The Russian waste — from nuclear warheads — could be unloaded in ships at Cornwall and then trucked to AECL's facility in Chalk River where the material would be used in tests to determine if it can be burned by Candu reactors.

U.S. nuclear waste would also come through Cornwall.

Now for the government double-talk. Natural Resources Minister Ralph Goodale is cooing assurances, noting that a lot of hazardous material passes through the country.

"Given the safeguards...Canada can have confidence in the security of this particular shipment as well as they have in all of the others."

This comment comes hot on the heals of the International Great Lakes St. Lawrence Mayors' Conference in May that passed a resolution calling the federal government's attention to one of its own reports. In 1998, the Standing Committee on Foreign Affairs and International Trade warned against accepting such nuclear waste.

"The government rejects the idea of burning MOX fuel (the nuclear waste) in Canada because this option is totally unfeasible."

With the way Russia is being run these days, it is preposterous for any Canadian official to guarantee the safety of nuclear waste. Can we really trust the Russians to store and load this deadly material?

And what about the possibility of theft? Or terrorism?

Weapons-grade plutonium is not just another hazardous product; it carries potentially devastating consequences.

Why Canada wants to become the dumping ground for one of the world's most deadly toxic wastes is anyone's guess.

Why they've picked Cornwall as the point of entry, requires no guesswork at all.



NOTES FROM PARLIAMENT HILL



Art **BABYCH**

A suit for the senator ...

Oh, to have some of that influence now. Senator Michel Cogger, indisputably a man of conviction, is facing a $23,000 lawsuit for allegedly not paying his rent. The suit against the Conservative senator was filed in a Quebec court recently by the law firm of Rouleau and Doss. The sixtyish Cogger, currently appealing his 1998 conviction on a charge of influence peddling, still has another 14 years of "hard labour" to serve in the rent-free Upper Chamber before he's forced by age to retire. Whatever happened to the rack?

Tunnel vision...

Nothing like mining a good story for all it's worth. Especially when it's about digging a luxurious new tunnel under Parliament Hill at taxpayers' expense. Press gallery freelancer Tim Naumetz unearthed the details of the $3.6 million tunnel to connect the East Block and the Centre Block early this summer. The story surfaced in Southam newspapers including the National Post a couple of days later and the scribe was duly rewarded for getting the dirt on the underground operation. But to his and other gallerians' surprise, the article was recycled in the Post only weeks later in what was obviously an editorial gaffe. The moral of the story? Don't try to improve on a hole in one.

Say it ain't so

Publinet has given notice. As of Oct. 4 no more freebie information from Today on Parliament Hill. The newsletter service published by Informetrica Ltd, a private economic forecasting and consulting firm, has been a popular website source of information for journalists and the public at large. It provided all the details on the whos, whats, wheres and whens on the Hill each day. Now the only question left by its decision to drop the service is: why?

Say, whatever happened to ...?

If the usual coterie of Hill insiders is right, the House of Commons will resume its current session as scheduled Sept. 20 even though the Liberals want to push the date back by three weeks to Oct. 12. Given that MPs have already been away from the Hill since June 11 -- more than a quarter of a year -- reporters may be forgiven if they refer to the resumption of sittings as a Parliamentary reunion instead.

Return of prodigal Sun ...

Expect former Ottawa Sun publisher Mark Bonokoski to apply for membership in the press gallery soon. After a three-month "spiritual pilgrimage" to his home town of Torquay, Sask., Bonokoski has been resurrected as Sun Media's national affairs columnist. He had resigned from the newspaper in May after Quebecor's takeover of Sun Media. But three months in Torquay, just a gopher's walk from the North Dakota border, was enough to convince Bonokoski -- like the prodigal son -- to return to Ottawa. Was it the water?

Spread your tiny wings and disappear ...

After a $180-million upgrade, Canada's famed Snowbirds aerobatic team is having its wings clipped, according to Jane's Defence Weekly. Defence budget cuts are cited as the reason no more planes are being assigned to the fleet of 14 Tutor aircraft based in Moose Jaw as of 2002. The cuts will give the Opposition more fodder in its attack on the government's defence policy -- if the House of Commons ever resumes its sittings.

Blondes have more job offers

Natural brunette Sean Dearn, elected president of the unparliamentary press gallery only a couple of months ago, became a blonde a few weeks back and immediately got a new job. The gregarious radio reporter for CJAD in Montreal and CFRB in Toronto left Ottawa to become general manager of a large, independent radio network. Don't search for it on your radio dial unless you can pick up Bosnia. Dearn will be based in Sarajevo, home-away-from-home for Canadian peacekeepers. What prompted him to accept a job in Bosnia? Only his hairdresser knows for sure. Vice-president Lina Dib, of TVA, assumes Dearn's duties as gallery president.

Seaway News welcomes letter to the editor. Letters should be no longer than 400 words, are subject to editing and must bear the writer's name, address and phone number for verification.

The views expressed by columnists, guest editorialists and/or letters to the editor are not necessarily the views of this newspaper or its publisher.

MEANWHILE

Ontario Nurses Association in Trouble

It's either me or--make no mistake about it--the Ontario Nurses Association is in big trouble.

I've known for a long time that the union representing the majority of Ontario's nurses has been decidedly weak and ineffective, but I didn't realize how much so until I had my own little encounter with ONA's people last week.



Fred **SAGEL**

And make no mistake about it: however critical I've been of other public sector unions, the one thing you have to admire about them is that they are loud and vocal and stick up for their issues. But not ONA; it is the weak sister of unions and doesn't stick up for its members very well at all.

It is no wonder that nurses--who are overworked and underpaid--are not getting effective representation.

Just ask any student in labour relations about which union is the weakest and they'll tell you it's ONA--a group that has a reputation for being secretive, self-indulgent and out of touch with its members. After all, ordinary nurses in Ontario haven't seen much benefit from their union.

But even I, who teach labour relations law, didn't know how bad the situation was.

A couple of weeks ago, I found out that a Toronto nurse was planning to launch a radical campaign for the presidency of the union to shake it out of its doldrums. After finding out more, I decided to do a free-lance article about the election.

So I left a message at ONA's headquarters in Toronto for the current president, Barb Wahl, to call me. I had done the same about a year beforehand because I planned to do a column on the plight of nurses in Ontario. I didn't receive a return call then and I sure didn't get one when I tried to get in touch with her a couple of weeks ago.

Pretty apathetic, I thought. If Ms. Wahl and her people can't call back to somebody who has sympathy for their position, how could they possibly stand up and fight for their members?

But things got worse.

I called the public relations people for some information on the election. I spoke to two of them and asked some very straightforward questions: how much is the president paid, what are the election procedures, how do candidates campaign and when was the last time they had a contested election for the post?

Every union I've ever called has at least had the courtesy to answer. But not ONA. They're afraid of something. The public relations officials didn't know the answers to my questions, said they'd get back to me and then I waited . . . and waited . . . and waited.

Finally, when I did call back and got one of the public relations people, she told me that if I wanted information on the election, she wasn't going to give it to me unless I met them together with my editor.

Yep, that's what they told me: instead of coming forth with straightforward facts, they balked. They were obviously reluctant. They might as well have told me to get lost, because they weren't prepared to share one iota of information on their upcoming election.

Well, all that did was confirm to me just how weak and ineffective this union really is. If I were a nurse, I'd be worried about their sluggishness, secrecy and failure to get their message out.

What have they got to hide? And why hasn't the union membership been better informed? ONA, its leadership and its bureaucracy strike me as people who just want to keep their little organization going for their own purposes, not those of the membership.

No wonder a strong and outspoken challenger from within their ranks is launching a revolutionary campaign to overthrow the current president and throw the existing rascals out.

Stay tuned. I'll have more in the future.

Letters to the Editor

They Came, They Studied, They Conquered

To The Editor:

They came, they studied and they conquered the outside world. Those were the many illustrious graduates of Cornwall Collegiate and Vocational School over the years. This time out we salute a graduate from 1975.

The 1970s produced one particular lady we may never have found if it wasn't for the upcoming Cornwall Collegiate and Vocational School Millennium Reunion, Oct. 8, 9 and 10.

Wendy DeMos who left Cornwall shortly after graduating in 1975. Wendy went on to develop her skills through 25 years of dealing with people and the world in general around her.

While at CCVS she was part of the group, Johnny Vitalis and the Brylcream Kids with VO5 and Conditioner. But if you're expecting some dumb individual because of the roll she played, you're in for a pleasant surprise. When she left Cornwall, Wendy studied Behavioural Science, got a BA in English Literature at Carleton University and a journalism degree at Algonquin College.

Her musical talents were obviously inspired by the people around her. Considering the immensity of these talents it's highly unlikely they came from her stint as a greaser. She plays several instruments and sings like a bird but her talents don't end there. She's also an extremely gifted songwriter and this gift was fully displayed in her first recording, To Dream Again, an album of great, original folk music. You can read about it at www.cyberus.ca/~wendy-demos. We're told album two is on its way.

Wendy has sung in Wakefield, Que., the Ottawa Folk Festival, the Quinte Spirit Music Festival in Napanee, as part of the Gems of Ottawa series, Rasputin's Folk Club and other Ottawa sites. She has done some of the college circuit in the U.S. and shared a stage with such greats as Harry Youngs and the Noblemen, Malaika and Ian Tamblyn. She also sang her way through a two-month tour in Ecuador, Peru and Bolivia.

Wendy's journalism skills have allowed her to write for the Ottawa Citizen and the Ottawa Sun. She has also written for CUSO and while in the Caribbean wrote a newsletter for the Directorate of Women's affairs. If this isn't, enough Wendy also co-wrote and performed Grumpy Gretel Discovers Magic, a musical/mime show that included many of her songs and was voted Best Children's Theatre at the 1997 Manotick Fringe Festival.

Wendy Demos will be returning with the former greasers. More about the CCVS reunion can be found at www.ccvsalumni.com.

Bill LaSalle

Price-Fixing vs. National Extortion

Dear Editor:

So, the government is going to launch a Federal Inquiry into alleged price fixing in the Petroleum Industry. Canadians, please stop being so naive!! Here's the truth...

1. The world price for a barrel of crude oil is about $18.00 American. Because of "Trade Agreements" covertly signed over the last 32 years, Canada must now buy its own crude oil back from foreign-owned and controlled oil companies, and pay for it in American dollars! Considering a currency exchange rate of 45%, Canadians must pay $26.00 per barrel for their own crude oil. Guess who pays this extra $8.00 in the price in their gasoline? Who realizes that these manipulated Trade Agreements, plus a manipulated currency "exchange", adds 45% to the base price of a barrel of Canadian crude oil? This is not the oil industry's doing!

2. Provincial and Federal taxation on petroleum products, add another 54% tax onto the selling price of gasoline. This is not the oil industry's doing!

3. In 1973, the Federal government decided to add a $1.00 "Energy Tax" on every gallon of gasoline sold, "so that Canada would become an energy self-sufficient nation in 20 years" ... Pierre Trudeau, 1973. Again, this has nothing to do with oil industry! It's now 1999. Two questions: Since Canada has always been an energy self-sufficient nation, why are Canadians being systematically denied any benefit from this fact, and where is the $245 billion in the $1.00 per gallon "Energy Tax" collected since 1973? These questions cannot be answered by the oil industry, because they had nothing to do with it! So why is the Federal government launching an Inquiry into price fixing in the oil industry?

Of the oil companies, the U.S. government, the U.S. Federal Reserve and the money-mongers at the Currency Exchange, none are nearly as responsible for this public extortion and economic betrayal, as the government of Canada! To be blunt, the last 32 years of Federal governments have economically crippled this nation with oppressive taxation, sold-out Canada's natural resource sectors to foreign interests, devolved our Constitutional Rights as Canadian citizens, economically divided Canada with Provincial trade barriers, and have legally divided us into three "distinct" societies: the Québécois, the Aboriginal and the rest of us, the "none-of-the-above's".

The price of gas? Only dolts or traitors would sell-off a nation's entire natural resource sector to foreign interests! Only fools "Agree" to pay a foreign price to buy their own crude oil and subsequently pay a 45% currency exchange fine!! And only a crippled democracy allows their government to levy another 54% tax (fine) on top of this 45% currency exchange fraud, on every gallon of gasoline they buy! Adding insult to injury, is a 15% GST/PST fine, levied against every Canadian consumer. And the Federal government is going to launch an Inquiry into what? Oil industry, price fixing? I submit that the real villain; the real extortionist here, is the government of Canada itself!

Question posed: Why can't we democratically stop the government from selling-out this nation for 50 cents on the dollar and concealing 32 years of monetary duplicity, with the systematic application of rippling, national taxation? Fact: Every Prime Minister thrown out of office by the people since 1967, has simply moved back to Quebec where they came from! With friends like these, who needs friends? What Canadians desperately need to restore their subjugated and manipulated economy, is a functional democracy! With a real democracy, Canadians could begin to repair the monetary debauchery undertaken by 32 years of rogue, duplicitous, Federal government leaders from Quebec and their national destroying, separatist cronies!

Sincerely,
K. Rose,
Alexandria.

BASIC BLACK

They Don't Sing 'Em Like They Used To

A reporter once asked Mel Torme, the silken-throated jazz singer, why he persisted in singing "the old songs" - the ones written in the 30's, 40's and 50's.



Arthur **BLACK**

"Because they,re better songs than anything written today" Torme replied. He pointed out that "the old songs" were really poems, written by word masters at the top of their craft. Old time songwriters actually thought about what came out of singers mouths.

"Beautiful melodies are lovely, but they're just the icing. The lyrics are the cake."

The Velvet Fog knew whereof he crooned. Popular songs written by the greats - Cole Porter, Johnny Mercer, Hoagie Carmichael, Canada's own Gene Lees - are elegant and beautiful and profound "themes and thoughts and verses so well-crafted they make you want to carry them around in your head, polishing them like the gems they are.

Then there's modern pop music "the stuff written since the 50's. Oh, sure, some of it's catchy and cute, but most modern pop lyrics are as flimsy and forgettable as used Kleenex.

And much of it is downright atrocious.

Remember Donovan? In his pop song "I Love My Shirt, he penned some of the dumbest song lyrics ever to violate an eardrum?

Do you have a shirt that you really love One that you feel so groovy in

You don't even mind if it starts to fray That only makes it nicer still.

In a song called "Take The Money and Run", The Steve Miller band once burped out a narrative that included this verse: Billy Mac is a detective down in Texas

You know he know just exactly what the facts is

He ain't gonna let those two escape justice He makes his living off other peoples taxes. Anybody who'd try to rhyme Œtaxes, with ŒTexas, ought to be sent directly to the Lubbock Elementary School of Songwriting.

In the song "Live and Let Die", Paul McCartney takes the Preposterous Prepositioning Prize with his line

But in this ever-changing world in which we live in But for flat-out pretension, nothing I've heard can touch the lyrics of the flatulent melodrama MacArthur Park in which Richard Harris, to his everlasting shame, warbles

Between the parted pages and were pressed In love's hot, fevered iron

Like a striped pair of pants

If that one doesn't shatter the Gagometer nothing will. Puts me in mind of something a famous lyricist by the name of Pierre Augustin Caron de Beaumarchais once said: "Today, if something is not worth saying, people sing it."

Pierre made that observation apropos a performance of the opera "The Barber of Seville."

In 1775.

Plus ca change!

United Way of Cornwall & District



KIRKBY

Mr. Ray Lalonde, President of the United Way of Cornwall and District is pleased to announce the appointment of Mr. Tim Kirkby as Campaign Chair for the 1999 fundraising campaign which is scheduled to commence shortly.

Mr. Kirkby has served as a Division Chair in the Government section of the past four campaigns.

In making this announcement, Mr. Lalonde stated how pleased he and the United Way Board of Directors were, in having a person with Mr. Kirkby's skills to head the fundraising campaign for 1999.

United Way Centraide

Mr. Kirkby is a Professional Engineer employed by the Federal Government, and directly responsible for Public Works Canada, Cornwall Office, and is currently on a special assignment to the National Office.

Mr. Kirkby was born in Kingston and has spent the last 17 years in Cornwall. He has been involved in numerous activities and served on boards and committees.

The "Nitty Gritty" of Y2K

The Y2K (year 2000) bug represents potential disruption in the delivery of some services. However, let's not lose sight of the fact that these disruptions are a temporary bump (or pothole) in the road - not the end of the world. The City of Cornwall Municipal Y2K Committee is working closely with agencies, businesses and various levels of government to ensure the safety of our citizens. The articles (which will appear until the new year) are to help you and your loved ones better prepare should something occur. For further information, contact the Emergency Planning Officer at 930-2787, ext. 372.

Heavy Workloads

Heavy workloads, long hours and the pressure to accomplish difficult tasks quickly are inherent in emergency and disaster work. Occupational stressors can arise from:

- Time pressures - especially in rescue and emergency medical situations in which a time limit exists on the victim's chance for survival, time pressures may be great;
- Responsibility overload _ especially for those with supervisory or command responsibility, a multitude of tasks, all with high priority, may need to be done simultaneously with no one to whom they can be delegated;
- Physical demands _ rescue work requires physical exertion, strength, stamina and endurance where hours are long and work conditions adverse;
- Mental demands _ the work requires good judgment, clarity of thinking, and the ability to make accurate calculations, set priorities, and make decisions in chaotic situations;
- Emotional demands _ workers are exposed to traumatic stimuli and victims under stress. They must keep their emotions under control in order to function. They must make painful, life-or-death decisions and work in the presence of anger or fear;
- Work area _ this can range from low-pressure, such as a staging area, to high-pressure, such as a triage area or morgue;
- Limited resources _ lack of personnel, equipment, funding;
- High expectations _ from the public and from rescue response personnel themselves.

MINIMIZING STRESS

A Critical Incident Stress

EFFECTS DURING A DISASTER

The following guidelines are suggested for minimizing stress effects among emergency response workers and maximizing performance during a disaster operation:

- Staff Rotation _ Limit workers' time in high-stress assignments such as body removal or morgue work to two hours at a time. PS workers involved in providing grief support to loved ones at a morgue or hospital or who are assigned to telephone help lines should be limited to four hours of work at a time.
- Rest Periods _ Provide 15 to 30 minute rest periods every two hours. Breaks from the action will help decrease the possibility of injury, fatigue and emotional strain.
- Comfort and Care _ On breaks, try to provide workers with the following: A place to sit or lie down away from the scene; Warm food, high protein snacks and beverages, preferably juice; Shelter from weather, dry clothes; An opportunity to talk about their feelings with co-workers or a chaplain.

CRITICAL INCIDENT STRESS DEBRIEFING

Dr. Jeffrey Mitchell of the University of Maryland, a disaster psychologist, defines Critical Incident Stress as: ``Any situation faced by emergency service personnel that causes them to experience unusually strong emotional reactions which have the potential to interfere with their ability at the scene or later ... all that is necessary is that the incident, regardless of type, generates unusually strong feelings in the emergency service worker.''

Debriefing (CISD) is a structured meeting of emergency response personnel involved in a critical incident and facilitated by a trained (CISD) team. The purpose of the debriefing is to:

- Lessen the impact of major events on emergency service personnel
- Accelerate normal recovery in normal people who are experiencing normal stress after experiencing highly abnormal events or incidents.

The CISD meetings are not ``gripe'' sessions; nor are they a critique of what happened. The format for the meetings, in general, deals with what happened to the individuals during the event; how they felt at the scene; and what their reactions were afterwards. In addition to providing a supportive environment that allows emergency workers to deal with stress reactions, the debriefing provides education about acute stress and its normal effects. the participants learn specific stress management techniques for coping with their responses.

CISD meetings should optimally occur within 72 hours of the incident but can be done any time after the event. However, the greater the delay between the incident and the debriefing, the greater the likelihood of delayed or prolonged stress reactions.

Excerpted from: Personal Services, Psychosocial Planning for Disasters, Minister of Supply and Services Canada, 1990

Submitted by Siobhan Sexton, Ice Storm Community Support Worker for Leeds, Grenville and Lanark District Health Unit

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Cornwall Must Not Be Port of Entry

Mayor Brian Sylvester issued the following statement as a result of the announcement recently by the Government of Canada on the transportation of mixed oxide (MOX) fuel.


SYLVESTER

"Early this afternoon (September 2nd), my office received by fax a press release and background information issued by the federal government dealing with the possible transportation of mixed oxide (MOX) fuel in Cornwall. This was my first notification of such action. Contact was made with the office of Mr. Bob Kilger, MP in Ottawa who facilitated a briefing over the telephone with officials from Transport Canada and Natural Resources Canada.

While I understand the rationale of the Government of Canada's participation in an international non-proliferation initiative, I have grave concerns on this substance being unloaded at the Cornwall Harbour and then transported by truck through the streets of Cornwall. I am not alone in voicing my concerns in this matter. In May of this year, I attended the International Great Lakes St. Lawrence Mayor's Conference at which a resolution condemning such shipments was adopted unanimously by delegates. In addition, from the media articles that I have read, it would appear that the federal government is proceeding with the AECL testing involving MOX contrary to reports that such action is not economically feasible.

As outlined in the documents made available, part of the process for this issue involves a 28 day consultation period by Transport Canada who must review and approve the transportation plan submitted by Atomic Energy of Canada Ltd. (AECL). Having reviewed the AECL transportation plan, it is clearly stated that three Canadian ports of entry were considered: Montreal, Halifax and Cornwall. I cannot accept the conclusion that Cornwall is the preferred option and that other options were not considered. In this regard, I have already asked Mr. Kilger and federal officials to seek other alternatives that the ones presented today.

The City of Cornwall will continue to dialogue with Mr. Kilger and the various federal government departments involved. However, I wish to reiterate that in my view, Cornwall must not be the port of entry for this substance.

In the days ahead, I will consult with Council to finalize a formal response to the Government of Canada."

Environmental Facts

Did you know?

(NC)—*Wood-framed houses are warmer in the winter and cooler in the summer.*

Wood has the greatest thermal resistance, or R-value, of common framing materials. The unique cellular structure of wood traps air, giving it superior insulating properties. In comparison, steel conducts heat 400 times faster than wood.

Some builders are experimenting with steel framing. However, steel studs lower the R-value of a wall by as much as fifty percent. Even with extra insulation on the outside of the steel studs, heat loss occurs at intersections such as windows and doors. Heat also travels through the steel studs to the foundation and the roof, significantly reducing the thermal efficiency of the house.

Before you buy a new home, ask the builder what framing materials were used.

After all, you'll be the one paying the heating bills.

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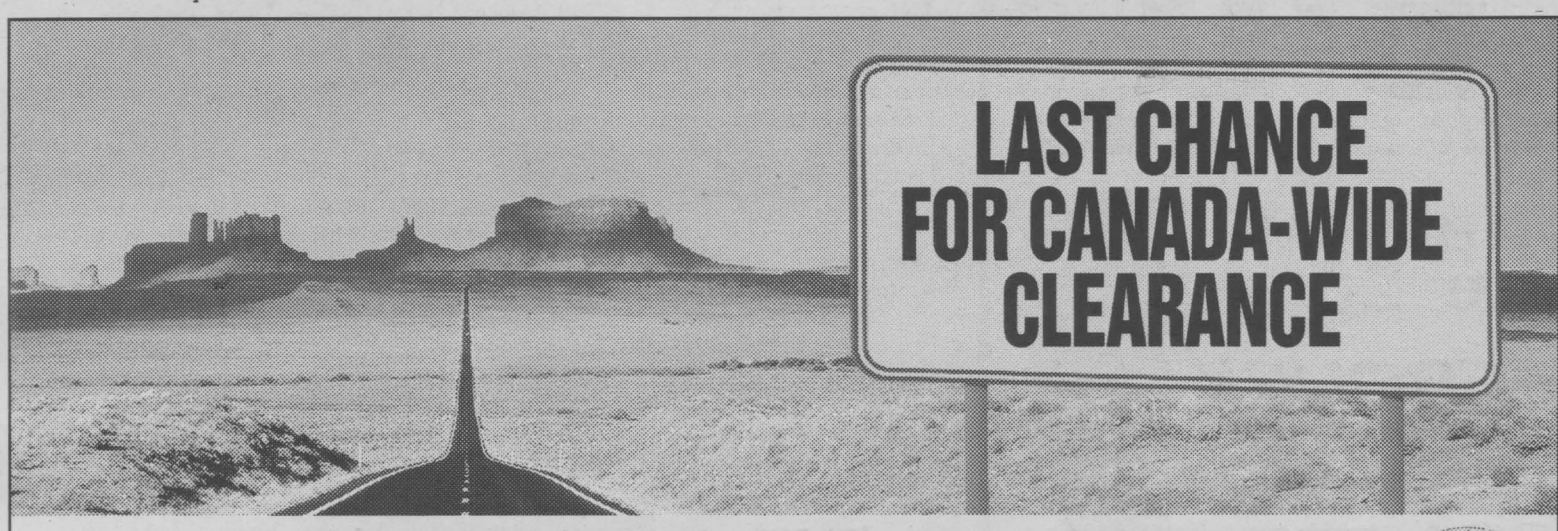

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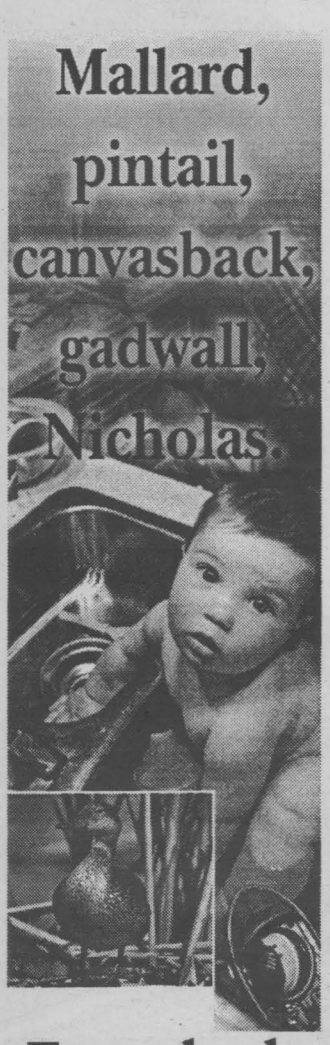

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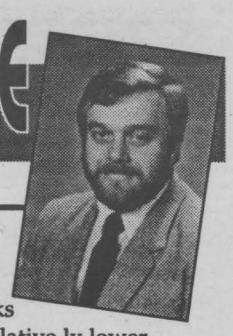


By Mark McDermid

Seven Strategies for Success

Mutual funds have become a preferred investment in recent times. Yet few investors practice the seven proven strategies for success. Here they are:

1. Find a Good Investment Professional.

Research shows that investors who work with an Investment Professional generally have better returns than investors who go it alone. That's because an Investment Professional is dedicated to helping clients reach their financial goals and has the professional expertise needed to help you achieve yours.

2. Put Time On Your Side.

The earlier you start, the better. That's because you'll have the power of compounding working for you. No matter how old you are, the important thing is to get started now.

3. Have a Plan and Stick With It.

It's the nature of the market to have ups and downs. Some people are spooked by this and tend to panic. They end up buying high and selling low, the exact opposite of a good strategy. Remember, investing is a long-term process, not a series of reactive trades.

4. Make Systematic Investments.

Small amounts, invested on a monthly basis, can add up to big gains over the long term. That's because fund prices fluctuate, and you'll be buying some units at lower prices than others. Over time, your average price-per-unit will probably be lower than if you had made a single lump sum investment. Ask your Investment Professional about dollar cost averaging.

5. Be Realistic

If you want to make large returns, you must be prepared to take relatively higher risks. However, if you are a conservative investor, and cannot bear the thought of losing any capital you'll probably sleep better if you buy mutual funds with risks that are relative ly lower.

6. Diversify

A well-balanced portfolio contains stocks, bonds, and short-term investments. By spreading your investment over these three investment types, you'll minimize the risk of having all your eggs in one basket. You'll also be in a position to take advantage of the different rates of return that come with different investments.

7. Review Your Goals Once a Year

Your financial situation will naturally change from year to year. You and your Investment Professional can fine-tune your investments to reflect your evolving needs and tolerance for risk. Be sure your portfolio gets its annual checkup.

Mark McDermid is an independent financial advisor sponsored by Balanced Planning Investment Corp.

SD&G Highland Dancing Association - Aug. 8/99

The SD&G Highland Dancing Association recently held their second summer competition at the Williamstown Fair. Pipers for the day were Amy Garson from Ottawa, and Kirk Johnstone of Montreal. Judge for the day was Marilyn Wright.

Winners for the day were as follows:

Primary A:

Fling: first, Sara MacLeod, second, Megan MacLeod; third, Saxon Ireland.

Sword: first, Megan MacLeod; second, Sara MacLeod; third, Marena Bray.

Pas de Bas: first, Rebecca Rutley; second, Sara MacLeod; third, Marena Bray.

Pas de Bas High Cuts: first, Sara MacLeod; second, Rebecca Rutley; third, Saxon Ireland.

Primary B:

Pas de Bas: first, Mariko Bown-Kai; second, Jessyca Everall; third, Erika Landry.

Pas de Bas High Cuts: first, Jessyca Everall; second, Erika Landry; third, Mariko Bown-Kai.

Beginner 8 and under:

Fling: first, Kerry McDougall; second, Katlin Soundry; third, Chelsea McGregor.

Sword: first, Kerry McDougall; second, Kelsey Campbell; third, Ashley Kyer; .

Seann Truibhas: first, Kerry McDougall; second, Kelsey Campbell; third, Katlin Soundry.

Flora: first, Kerry McDougall; second, Kelsey Campbell; third, Katlin Soundry.

Trophy winner: Kerry McDougall.

Beginner 10 and under:

Fling: first, Katie Glaude; second, Kristine Boucher; third, Kaitlyn Shaw.

Sword: first, Kristine Boucher; second, Kaitlyn Shaw; third, Katie Glaude.

Seann Truibhas: first, Katie Glaude; second, Kristine Boucher; third, Emily Nuftall.

Flora: first, Kaitlyn Shaw; second, Katie Glaude; third, Kristine Boucher.

Trophy winner: Katie Glaude.

Beginner 11 and over:

Fling: first, Kari Lynn Rutley; second, Catherine Smallman; third, Mallory Wasson.

Sword: first, Catherine Smallman; second, Kari Lynn Rutley; third, Mallory Wasson.

Seann Truibhas: first, Kari Lynn Rutley; second, Meghan Scoular; third, Mallory Wasson.

Flora: first: Kari Lynn Rutley; second, Catherine Smallman; third, Megan Scoular.

Trophy winner: Kari Lynn Rutley.

Novice 9 and Under:

Fling: first, Jessica MacDonald; second, Shelby Rigby; third, Stephanie Massia.

Sword: first, Jessica MacDonald; second, Shelby Rigby; third, Emily Arcand.

Seann Truibhas: first, Jessica MacDonald; second, Shelby Rigby; third, Michiko Bown-Kai.

Flora: first, Shelby Rigby; second, Stephanie Massia; third, Jessica MacDonald.

Trophy winner: Jessica MacDonald.

Novice 11 and Over:

Fling: first, Samantha Robb; second, Stephanie Kaleta; third, Emily Rowland.

Sword: first, Samantha Robb; second, Jessica Cattanach; third, Kristen Morrison.

Seann Truibhas: first, Kristin Morrison; second, Stephanie Kaleta; third, Seanna McMartin.

Flora: first, Kristin Morrison; second, Emily Rowland; third, Stephanie Kaleta.

Trophy winner: Kristin Morrison.

Intermediate 11 and Under:

Fling: first, Jessica Frankland; second, Kelsey Jeaurond; third, Leah Dick.

Sean Truibhas: first, Leah Dick; second, Kelsey Jeaurond; third, Tamiko Bown-Kai.

Flora: first, Kelsey Jeaurond; second, Leah Dick; third, Teal Gove.

Lilt: first, Kelsey Jeaurond; second, Leah Dick; third, Tamiko Bown-Kai.

Trophy winner: Kelsey Jeaurond.

Intermediate 12 and Over:

Fling: first, Nikolina Duvall; second, Megan Gareau; third, Sarah Staples.

Seann Truibhas: first, Nikolina Duvall; second, Sarah MacDonald; third, Sarah Staples.

Flora: first, Nikolina Duvall; second Megan Gareau; third, Sarah Staples.

Lilt: first, Nikolina Duvall; second Megan Gareau; third, Sarah Staples.

Trophy winner: Nikolina Duvall.

Premier 11 and Under:

Fling: first, Kelly Vanderburg; second, Jennifer MacDougall; third, Lindsay Boisvenue.

Seann Truibhas; first, Kelly Vanderburg; second, Jennifer MacDougall; third, Lindsay Boisvenue.

Flora: first, Kelly Vanderburg; second, Jennifer MacDougall; third, Lindsay Boisvenue.

Scotch Measure: first, Kelly Vanderburg; second, Jennifer MacDougall; third, Alana MacDougall.

Trophy winner: Kelly Vanderburg.

Premier 13 and under:

Fling: first, Kia Marin; second, Sean Werely; third, Shannon Potvin.

Flora: first, Sean Werely; second, Kia Marin; third, Shannon Potvin.

Seann Truibhas: first, Sean Werely; second, Kia Marin; third, Shannon Potvin.

Scotch Measure: first, Kia Marin; second Sonja Silnovitch; third, Shannon Potvin.

Trophy winner - Kia Marin.

Premier 15 and under:

Fling: first Laura Donlan; second, Jessica Henderson; third, Elizabeth Fraser.

Flora: first, Laura Donlan; second, Elizabeth Fraser; third, Jessica Henderson.

Seann Truibhas: first, Laura Donlan; second, Jessica Henderson; third, Elizabeth Fraser.

Scotch Measure: first, Laura Donlan, second, Elizabeth Fraser; third, Jessica Henderson.

Trophy winner: Laura Donlan.

Premier 16 and over:

Fling: first, Heather MacLeod; second, Kristen McNaule; third, Bridgette Lafave.

Flora: first, Heather MacLeod; second, Kristen McNaule; third, Bridgette Lafave.

Seann Truibhas: first, Heather McLeod; second, Kristen McNaule; third, Vicky Johnstone.

Scotch Measure: first, Heather McLeod; second, Kristen McNaule; third, Bridgette Lafave.

Trophy winner: Heather McLeod.

CCVS REUNION

October 8, 9, 10th, 1999

The Reunion Organizing Committee looks forward to your participation in the Alumni Reunion '99 at Cornwall Collegiate and Vocational School on October 8th - 10th, 1999 in Cornwall. Reunion '99 will salute the school entering its third century of education and service in this community (1806-1999), as well as celebrating the coming Millennium.

The Organizing Committee has scheduled the weekend events to encourage class and club reunions, with time also for family and other friends.

If you have an opportunity to browse the Reunion Website at www.ccvsalumni.com you may discover many acquaintances whom you will be able to contact prior to the celebration.

The Reunion '99 Office at CCVS will be staffed daily and welcome your contribution.

REUNION '99 SCHEDULE

FRIDAY, OCTOBER 8, 1999

12:00 noon - 7:00 pm	Registration - CCVS Cafetorium Souvenir Selection & Pick Up Registrants visit Year Rooms
7:00 pm	Reunion Launch - Front of CCVS
8:00 pm	Alumni - Peelee Island Wine & Cheese

SATURDAY, OCTOBER 9, 1999

9:00 am	Golf Tournament (registration limited)
10:00 am	Registration - CCVS Cafetorium Souvenir Selection & Pick Up Registrants Meet in Year Rooms
11:00 am	Parade of Decades with Antique Car Club
noon	Athletic Field - BBQ
1:00 pm	Athletic Field - Football Game Cafetorium - Alumni & Students Talent Show Dance Studio - Room 103 - Walk Abouts
8:00 pm	Civic Complex - Dances of the Decades

SUNDAY, OCTOBER 10, 1999

11:00 am	Registrants meet in Year Rooms
noon	Cafetorium - Ecumenical Service
2:00 pm	Farewell & Millennium Salute

Registration forms, souvenirs and memorabilia will be available at the Reunion, at Clark's Shoe Store (Pitt Street) and at the Cornwall Square.

Registration Form - CCVS Reunion - October 8 - 10, 1999

Register by September 1st to receive a Memory Bonus Gift

NAME: _____ (FIRST NAME) / _____ (FAMILY NAME) / _____ (MAIDEN NAME)

ADDRESS: _____ CITY: _____

PROVINCE: _____ COUNTRY: _____ POSTAL CODE: _____

GRADUATED/ LEFT CCVS: _____

PHONE: _____ FAX: _____ E-MAIL: _____

Reunion Registration is $30.00 per person. Mail registration form & $30 cheque to:
CCVS Alumni Reunion, 437 Sydney Street, Cornwall, Ontario, K6H 2H8, Canada
e-mail registration form to: info@ccvsalumni.com



Bill Snelgrove
Class of '69



Rick Shaver
Class of '75

seaway news

committed to our community

In 1998 these young people from across Ontario were recognized for their acts of heroism and outstanding community service.

Nominations are now being accepted for the 1999 Ontario Junior Citizens Awards



ONTARIO JUNIOR CITIZEN OF THE YEAR AWARDS

There are young people in our community who have risen to the challenge.

If you know a young person, aged 6 to 18, who is involved in worthwhile community service; a special person who is contributing while living with a limitation; a youth who has performed an act of heroism; or a 'good kid' who shows a commitment to making life better for others, doing more than is normally expected of someone their age – help us recognize their contribution – nominate them today!

Nominations will be accepted until October 31, 1999. Contact this newspaper or the OCNA at 905-639-8720, Loc. 230.

ocna

HOME INC. SPRUCE VALLEY INC.

College News

Along with several thousand students, St. Lawrence College interim president Charles Labarge had his first day back at school Tuesday.

In his first day on the job, Labarge visited each of the college's three campuses in Cornwall, Brockville and Kingston. He met with faculty, staff and students and toured each of the sites to get a feel for where he will be working for the next year.

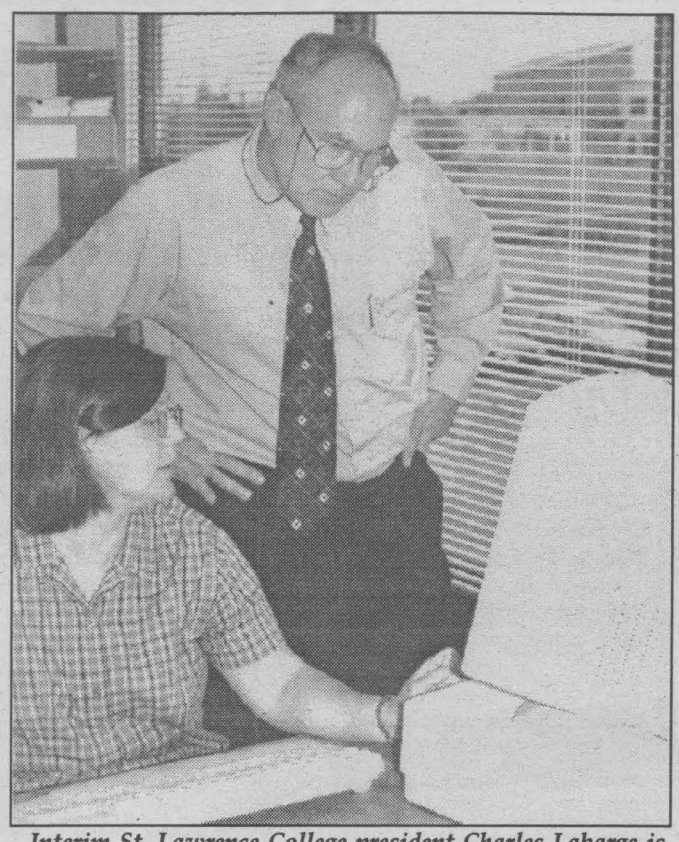
Labarge has taken over the presidency from Dan Corbett on an interim basis, until the college fills the post permanently. That is expected to take place by the summer of 2000.

Labarge comes to the college from a post as president and CEO of Mobility Canada, a consortium of cellular affiliates of the Canadian telephone companies.

He has been a member of the board of governors of Seneca College in the Toronto area and has been on an advisory committee at the University of Waterloo.

In another education-related activity he was part of a joint effort by government, educators and the private sector which looked for better ways to prepare youth for employment.

He said in an interview that one thing he will focus on as president will be to "connect young people with the education that will make them employable." He noted that St. Lawrence is doing well in this area with 86 percent of its graduates finding employment.



Interim St. Lawrence College president Charles Labarge is seen here checking out reference facilities in the library on the Cornwall campus. Library technician Jessie Robertson explains the system to Labarge.

Piling It Up for United Way

The Raisin Region Conservation Authority, in partnership with the Cornwall United Way, once again this year will coordinate their second annual wood sale at Guindon Park on Saturday, October 2nd. The sale, which begins at 8:00 a.m., will continue until all the wood is sold.

Buyers will be reminded that a maximum of 10 cords, at $25.00 per cord, will be their personal allotment. Delivery, within a reasonable distance, is available for $5.00.

The wood being sold is an accumulation of the by product of Ice Storm '98, and an estimated 2000 cords are available for purchase.

The proceeds from this environmental initiative will help the United Way continue its mandate of financially assisting its 16 member agencies. "Special events haven't stopped this year," states Ray Lalonde, President of the Cornwall United Way, "and if last year's positive response is any indication, this year's fund raising events will be very good for the United Way."

"From a conservation viewpoint," states Roger Houde, General Manager of the Raisin Region Conservation Authority, "it's not something that we want to see, with all these trees being removed. But, we are embarking on a new long term program over the next two to three years, to replace the trees which have been cut. Using these trees for the United Way and the community is a positive step in the rejuvenation process."



Pictured are Ray Lalonde, Keith Jodoin, Roger Houde and Andre Rivette, RRCA Firewood Coordinator for Ice Storm '98.

Story & photo by Aubrey Johnson

ONTARIO JUNIOR CITIZEN OF THE YEAR AWARDS

Deadline - Oct. 31st, 1999

Contact this community newspaper for details.

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FARM BOY

ASK THE DENTIST



Louis Cardinal, BSc, DDS, FAGD
SEAWAY NEWS

Why Replace Missing Teeth?

Losing a single tooth will rarely alter your ability to masticate food. However, given enough time this missing tooth usually creates problems. First of all, the adjacent teeth will drift because teeth lean against each other. This drifting is usually accompanied with tilting which alters the forces of mastication.

Furthermore spaces are created between the teeth and food impaction becomes a problems causing cavities and gum inflammation. Eventually more teeth are lost and a domino effect takes place. Remember that one lost tooth renders the opposing bitting tooth non-functional, since it takes two opposing teeth to chew food. Imagine the loss of function when four teeth in a row are removed. It really means that eight teeth are no longer involved in mastication. Add the fact that we have 32 permanent teeth and you have lost 25% of your efficiency from the loss of 4 teeth. What happens next is that the remaining teeth take on a heavier load.

Surprisingly many individuals adapt remarkably well. However time usually takes it's toll and the remaining dentition starts to break down, and more dental work is required to simply maintain this stressed out dentition. The fillings get larger until crowns are the only option. Many individuals develop headaches since there is a strong relationship between the dentition, the muscles of mastication and the facial muscles. It is very common to see patients with some missing teeth to also have head and neck pains.

Missing teeth can also alter one's speech and appearance.

Therefore missing teeth should be replaced as soon as the area has healed. A dental bridge is a fixed unremovable replacement, and is very similar to real teeth. A dental implant is even more natural and does not involve the adjacent teeth as seen with bridges. When many teeth are missing it is often more convenient to fabricate a removable partial denture, since all the spaces are filled with one appliance and further additions can be done if more teeth are lost. Obviously when no teeth are left, full dentures are required.

Only your dentist can provide all of these options and I encourage you to discuss with your dentist what best suits your needs.

" Dr Cardinal accepts any inquiries at tel:938-8451 or fax:938-7647 and welcomes you to visit his webb site at www.netcom.ca/~cardina3 for other dental topics."

ONTARIO JUNIOR CITIZEN OF THE YEAR AWARDS
Deadline - Oct. 31st, 1999
Contact this community newspaper for details.

Eastern Ontario Health Unit
Bureau de santé de l'est de l'Ontario



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DR. A. JAMES WOOD
Avonmore Veterinary Clinic
75 Main Street, Avonmore

DR. PIERRE Y. LaPENSÉE
Chrysler/Casselman Vet Clinic
Casselman Fire Hall
677 St. Joseph Street, Casselman

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Dundas Veterinary Services
Fire Hall, Industrial Drive, Chesterville

DR. MICHAEL VIEZEL
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DR. VALERIE HARRISON
St. Lawrence Valley Animal Hospital
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DR. PETER TROPEA
St. Lawrence Valley Animal Hospital
Fire Hall, Cornwall Island

DR. MICHELE DUTNALL
Morrisburg Animal Hospital
Ingleside Fire Hall 1 Maple St., Ingleside

DR. DANIEL GUILLET
Lancaster Veterinary Clinic
4 Maple Street, Lancaster

DR. IAN R. MacNAUGHTON
Martintown Animal Hospital
Fire Hall, Martintown

DR. KELLY ST-DENIS
Morrisburg Animal Hospital
Fire Hall (Corner of St. Lawrence & 5th Street), Morrisburg

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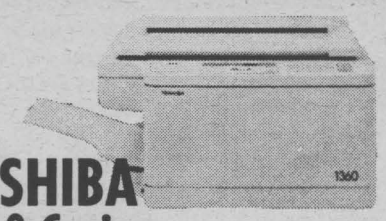

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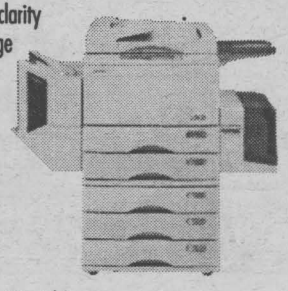

See dealer for details. Lease period is 48 months. O.A.C. Payments do not include applicable taxes. Optional purchase at the end of lease period. Some restrictions may apply.

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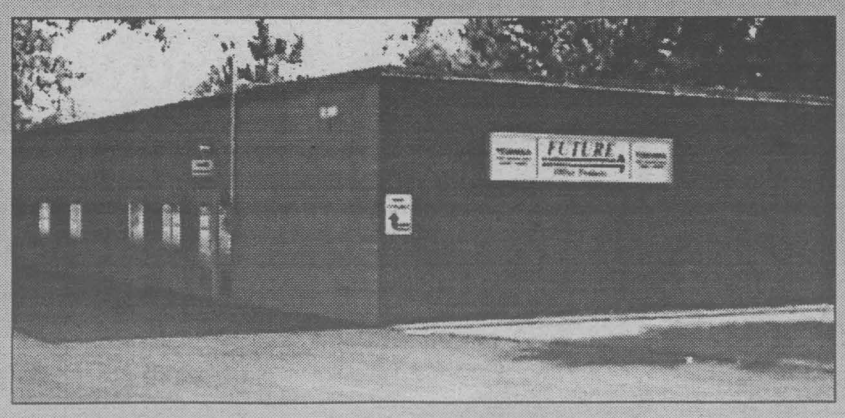
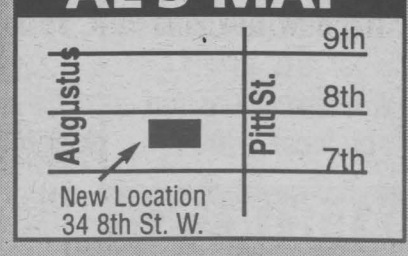


FUTURE Office Products

AL'S MAP



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Women IN BUSINESS

A Monthly Review of Entrepreneurial Women in Cornwall and Area

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The Works



Nancy Spurr

The "sole" of the success of "The Works", situated at 812 Pitt Street, Unit 53, in the Capital City Centre, is a remarkable combination of style, comfort and high quality workmanship of work boots and clothes conveniently displayed for the utmost of visibility for the client. Co-owners Nancy Spurr and Brenda Chisholm realized from the very beginning that a high quality product line was only one of the factors necessary for success. They understood that strong distribution network and a reliable and reputable supplier base was the other key component and would be essential in making certain their exceptional footwear and clothing would find its way to their Cornwall customers. Accordingly, the two partners, through strong business ideas and close relationships with suppliers such as Carhartt, Tough Duck, Sorel, Terra and Red Wing enable them to continue to forge even closer partnership with loyal dealers. The Works' unparalleled selection of styles and sizes continue to grow to meet the demands of their clients. Their extensive product line includes safety boots, work pants, coats, coveralls and overalls for all seasons. In addition, The Works engages in custom orders for qualified large-order customers. Since its founding over a year ago, The Works has been obsessed with providing quality, comfortable footwear and clothing for every occasion. Every product available at The Works meets the highest industry standards and are designed with maximum comfort, fashionable styling and consistent performance in mind. The company's dedication to this philosophy is reflected in the superior, genuine articles in the comprehensive line of footwear and clothing available with today's budgets in mind. Some stores dabble in workwear ... at The Works, they make it their business to outfit Cornwall's worker in today's good lookin', hard workin' styles. Whether you're a lineman, logger, hunter or outdoor enthusiast, browse through the store for boots or clothing that fits your needs. For your shopping convenience, The Works is open Monday to Wednesday from 10 a.m. to 5 p.m.; Thursday and Friday from 10 a.m. to 7 p.m. and Saturday from 9 a.m. to 3 p.m.

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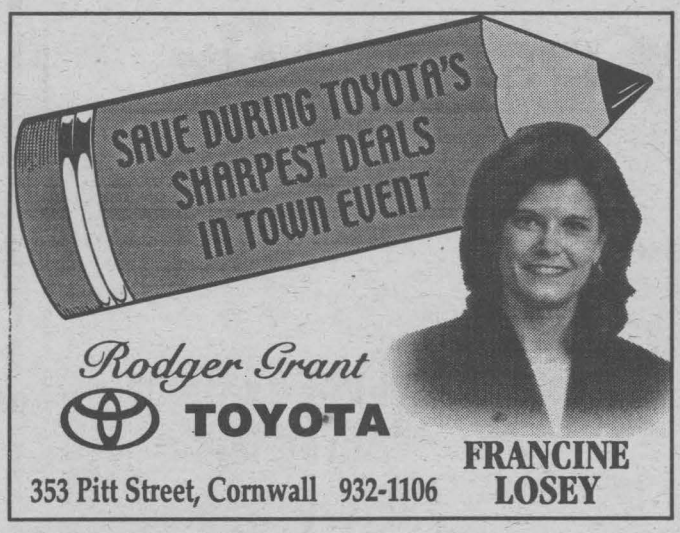

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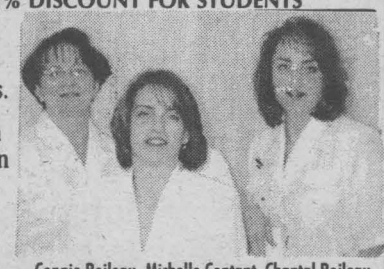

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23rd Annual Cornwall Chamber of Commerce

FALL HOME SHOW

September 17, 18, 19, 1999

WIN

a Valor Portrait Fireplace with custom Vissan mantle

(hearth and ceramic tile – Value $5,000.00)



plus

Cornwall Civic Complex
Friday, September 17 – 4:00 P.M. to 10:00 P.M.
Saturday, September 18 – 11:00 A.M. to 9:00 P.M.
Sunday, September 19 – 11:00 A.M. to 5:00 P.M.

Admission:
Adults $3.00 • Seniors $2.00 • Student $2.00
Children under 12 accompanied by an adult FREE

$1,000.00 *Local Shopping Spree*
$500.00 *in merchandise from Sears Canada Inc.*
$300.00 *Local Shopping Spree*
$300.00 *Maynard's Grocery Shopping Spree*
$300.00 *prize from Bell Canada*

A side of beef from Stormont Cattlemen's Association

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BROOKDALE MALL Brookdale Avenue at the International Bridge Cornwall, Ontario
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FALL HOME SHOW SPECIAL
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See Us at The Show



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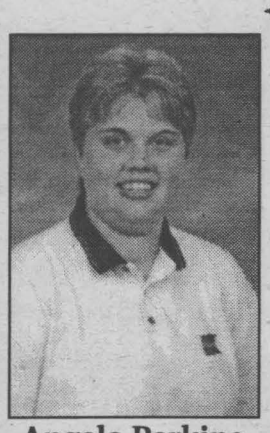

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Agriculture Displays a Must for Show Visitors

An annual favourite at the Fall Home Show is the S.D.&G. Agri-group. Each year, this collection of local growers brings the bounty of the earth directly to the public.

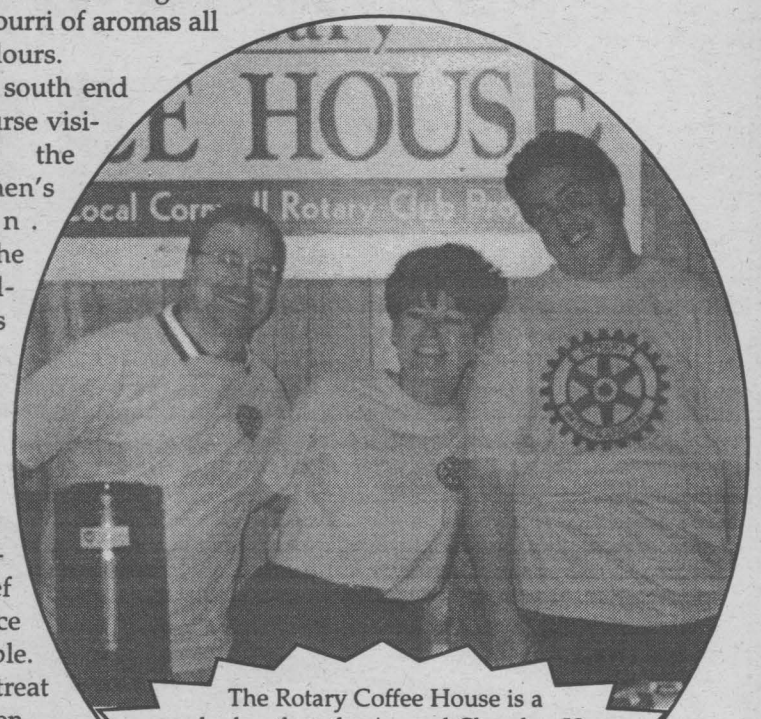
A stroll through the Agri-group's display in the Civic Complex Salon is to travel the farms of the United Counties with their tantalizing array of local produce. There's golden drizzly-good honey, inexhaustible choices of preserves, and fresh fruits and vegetables.

Crunchy delicious apples featuring Dundas County's own world renowned McIntosh will be in abundance along with many other varieties as well. The sharp and pungent taste of cheeses will not be overlooked and visitors can sample everything from Eastern Ontario's world famous cheddar to succulent goat cheese.

The scent of fresh and dried herbs will waft in the air, delightfully blending with the other quintessential Fall fragrances. It's an irresistible pot pourri of aromas all fused in a riot of colours.

Elsewhere, in the south end of the lower concourse visitors will find the Stormont Cattlemen's Association. Showcasing the wholesome goodness of Ontario's very own beef, the Cattlemen are once again offering whole side to some lucky Show visitor.

Just Think! A freezer full of delicious, nutritious beef fine enough to grace the most elegant table. It's just one more treat in store for you when you visit the Chamber of Commerce Fall Home Show.



The Rotary Coffee House is a popular booth at the Annual Chamber Home & Trade Show. All proceeds from the sale of coffee go towards local Cornwall Rotary Club projects. Make sure you stop by and sample some of their products and help support a good cause.

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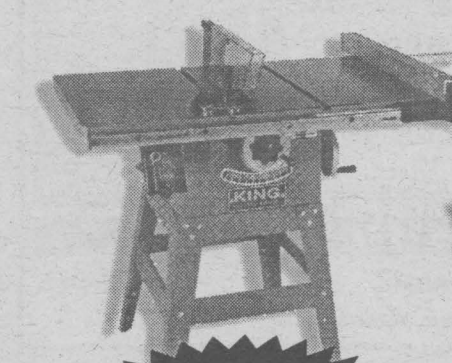
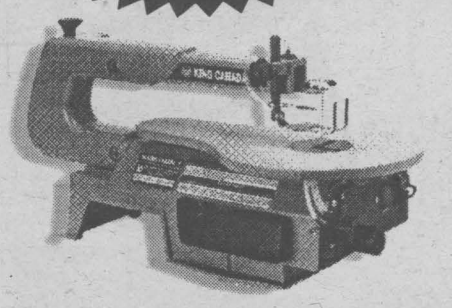


Table Saws

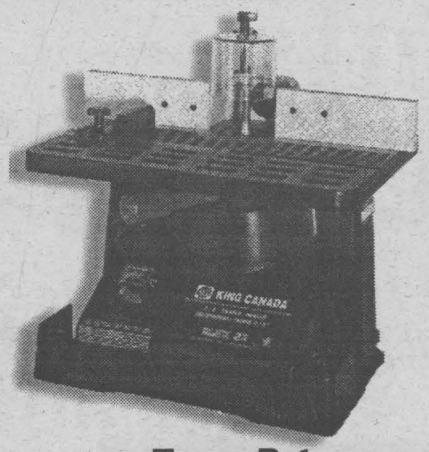


Wood Lathes

What A Christmas Gift!



Scroll Saws



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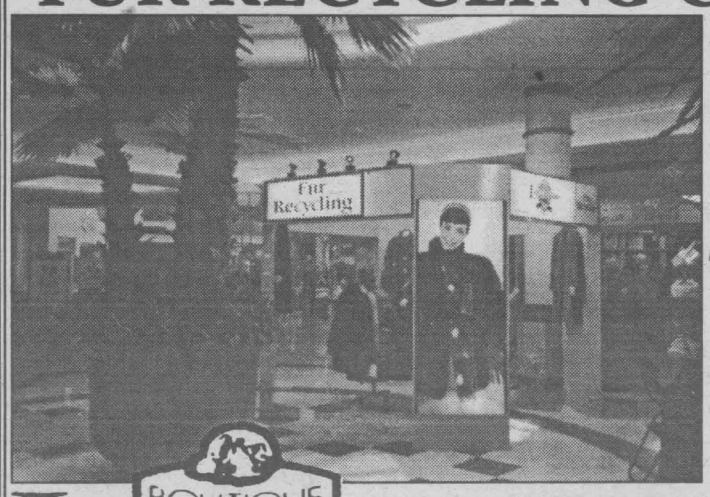

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A Spectacular Fire ... Place At The Fall Home Show

It'll be worth the price of admission just to get a chance to win the grand prize at this years Chamber of Commerce Fall Show. The 1999 Grand Prize is a gorgeous $5000 state-of-the-art built-in gas fireplace from Cameron's Pools, Fireplaces and Kitchens.



From Valor, one of Britain's oldest manufacturer of heating products, this beautiful New Portrait Fireplace combines beauty to grace any living or family room along with new standards of excellence in efficiency and safety of operation.

Mike Pilon, Cameron's Sales Manager has trouble hiding his enthusiasm about the unit. "The New Portrait Fireplace sets a new benchmark for quality in gas fireplaces. The Valor people in Birmingham, England have had an outstanding reputation since 1890 and this exquisite unit is their crowning touch."

To give a continuous fire without overheating a room, the New Portrait has an adjustable flame. It maintains a gentle and even heat while bathing the room in the warm glow that only a real fireplace can give. What's more, its industry leading control system requires no electricity and uses no fans giving it additional value during power outages which, of course, Cornwall well remembers.

The fireplace comes with a custom designed mantle and beautifully crafted hearth and surround. It is guaranteed to enhance any home. The fireplace will be on display throughout the show.

WIN

a Valor Portrait Fireplace with custom Vissan mantle

(hearth and ceramic tile – Value $5,000.00)

plus

$1,000.00 *Local Shopping Spree*

$500.00 *in merchandise from Sears Canada Inc.*

$300.00 *Local Shopping Spree*

$300.00 *Maynard's Grocery Shopping Spree*

$300.00 *prize from Bell Canada*

A side of beef from Stormont Cattlemen's Association

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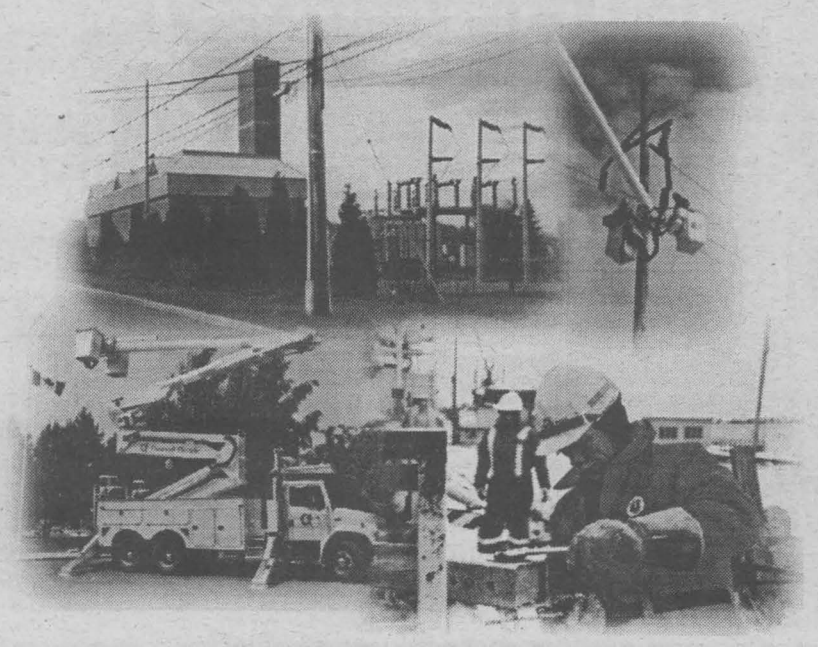

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23rd Annual Cornwall Chamber of Commerce

FALL HOME SHOW

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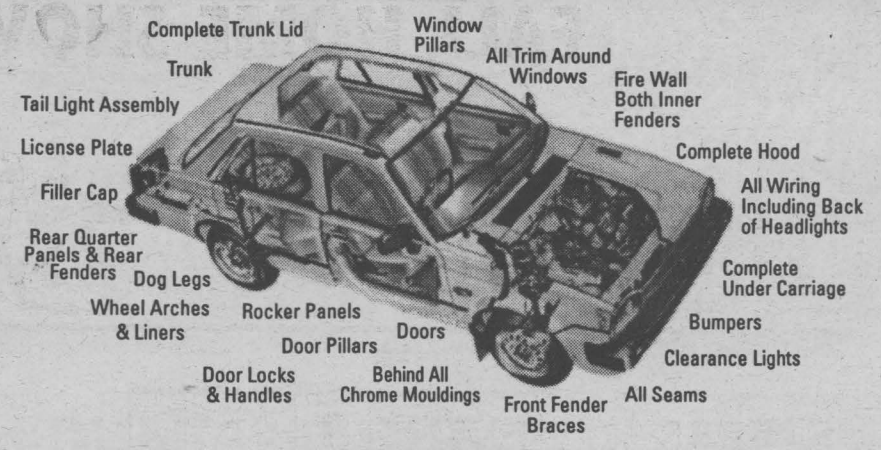

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Fibre Puts Cornwall On The Information Turnpike At The Home Show

Visitors to the Fall Home Show will wonder why a thin piece of wire, festooned with banners has been strung from the salon to the arena floor. By checking out either the Glen-Net or Cornwall Electric booths, they'll quickly learn that this is not just ordinary wire.

Fibre is the advanced telecommunications tool that will put Cornwall in the middle of the information highway. To be on that highway is to be an competitive player in the global action of the 21st century.

Most people will think only in terms of business when they ponder such things. However, our Fall Show visitors can find out how they, too will be better off because of this ultra thin piece of glass derivative with its amazing capabilities.

Home computers are becoming increasingly common with them, access to the Internet. Fibre can make it happen faster, and much cheaper, and every household will enjoy the benefits.

Consumers in Cornwall and surrounding region may not notice, but the local businesses they patronize can benefit from such advanced telecommunications links. Our local industries will find fibre to significantly reduce their costs. When that happen, everyone can benefit.

So, when you visit the Chamber's Fall Home Show, be sure to check out Glen-Net and follow the wire to Cornwall Electric. See what happens when we use glass to bring us closer together.

Hot Harvest Pies At The Home Show

The coming of Fall means another scrumptious bounty of fresh Ontario Fruits. Because of that, we have a special treat for Home Show visitors. Mr. Robert Lavigne, one of the premier chefs at the Best Western Parkway Inn & Conference Centre will be on hand to offer terrific baking tips for those special harvest pies.

Two quintessential favourites for young and old alike are steaming hot and sinfully delicious apple and pumpkin pies. Chef Robert will demonstrate how to prepare these delectable Fall treats and give visitors valuable tips on how to get cloud-flaky crusts and tart juicy fillings.

It's not often people have a professional chef right at their fingertips. As well as offering tips on baked goods, Chef Robert will be available to field all kinds of cooking questions from the audience. He encourages people to toss out that perplexing cooking dilemma and he'll do his best to provide answers.

Located in the main concourse, the demonstrations will take place at various times during the Show. Visitors will have no trouble finding the Parkway Inn's head 'cuisinier'. They need only follow the tantalizing aroma of home baked pies patiently browning in the oven. What's more, recipes will be available so folks can take the goodness home with them.

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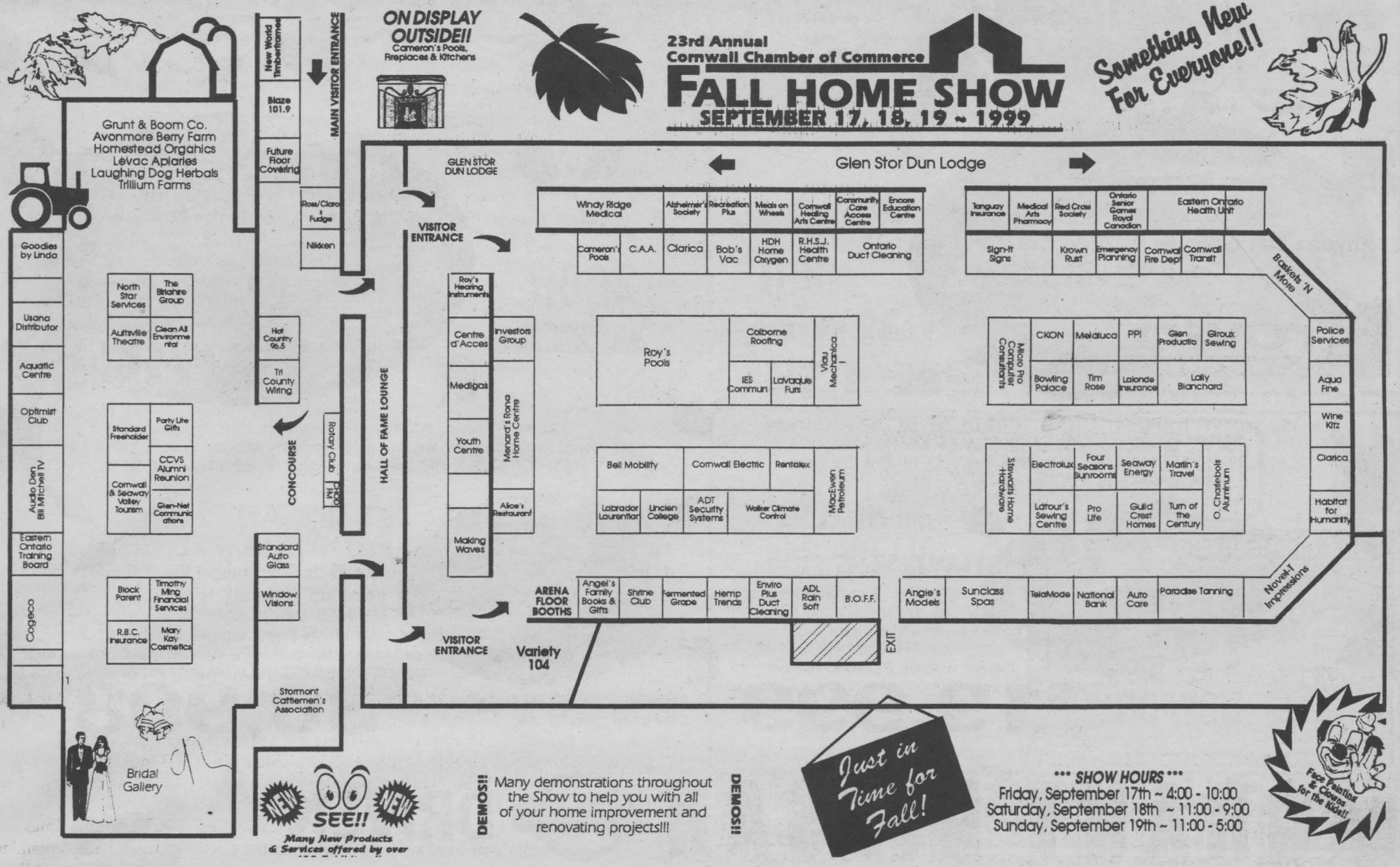
23rd Annual Cornwall Chamber of Commerce
FALL HOME SHOW

23rd Annual Cornwall Chamber of Commerce
FALL HOME SHOW



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NOTICE: *in stock units only * sale prices in effect until Sept. 18/99 or while quantities last * prices are for straight purchase or lease with no trade
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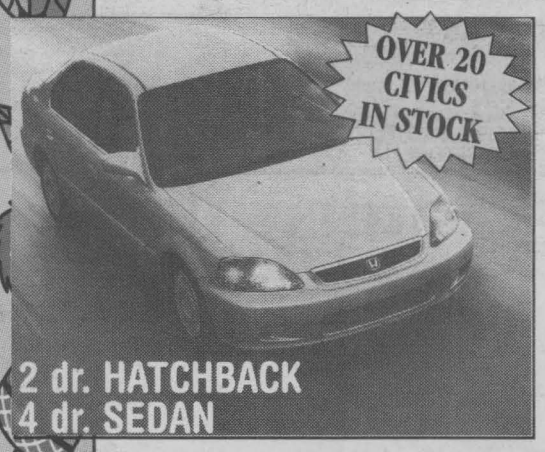

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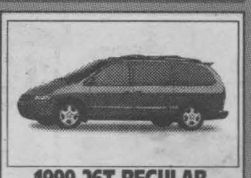
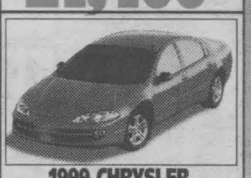
LEASE FOR $279 ‡ a mth for 36 mths plus $3,500 downpayment or equivalent trade and $855 frt. No security deposit. or $0 downpayment for $377 a month
OR PURCHASE FOR $24,988 ‡‡



1999 26T REGULAR WHEELBASE MINIVAN
LEASE FOR $229 ‡ a mth for 36 mths plus $3,457 downpayment or equivalent trade and $855 frt. No security deposit. or $0 downpayment for $328 a month
OR PURCHASE FOR $21,466 ‡‡

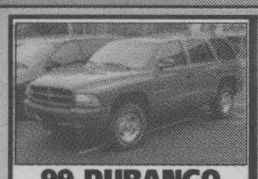


1999 DODGE RAM QUAD CAB
$1,500
FACTORY TO RETAILER INCENTIVES ON ALL DODGE RAM PICK-UP TRUCKS



1999 CHRYSLER INTREPID 22C
LEASE FOR $269 ‡ a mth for 36 mths plus $3,500 downpayment or equivalent trade and $810 frt. $325 security deposit. or $0 downpayment for $369 a month
OR PURCHASE FOR $22,288 ‡‡

‡‡ see dealer for details



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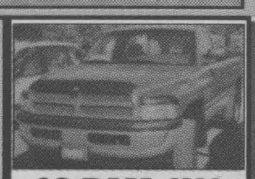
EXECUTIVE CAR
fully loaded
$34,900

DEMO SPECIAL
Prices never seen before
99 Concorde
99 Caravan Sport
99 Durango
99 Grand Cherokee



98 RAM 4X4
$23,400

CLEAROUT ON 98's
Ram 4x4, Concorde, Sebring, Avenger, TJ
We Always GIVE you BIG VALUE for your trade-in

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2205 Vincent Massey Dr.
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GYMNASTICS
REGISTRATION/
OPEN HOUSE
Sat., Sept. 4th 11am - 2 pm
Aug. 31st, Sept. 2nd, 7th, 9th
from 5 pm - 8 pm
NEXT 12 WEEK SESSION STARTS SEPT. 11th
Age divisions 1 to 15
New members welcome
Cornwall Gymnastic Club
1020 Montreal Rd., Cornwall
933-4356

September Events At Frogtown Raceway

HOGANSBURG, NY - A busy month of racing is set for September at the Frogtown International Speedway in Hogansburg, as three more events remain on the schedule.

Saturday, September 11th is the final Saturday night show of the year, with racing getting underway at 7:30 PM. Dwyer's Generation to Generation and Frito-Lay presents Twin 15s for the DIRT Pro Stocks along with a 20-lap First Time Winner's Challenge in the 358 Modified division. The Semi-Pro, Bandits and Enduro cars will also be in action, with Kids Rides set for intermission.

Sunday, September 19th racing starts at 2PM, as Agway Energy Products presents an afternoon of Fall Championships along with a Demo Derby, which has been added to the schedule by popular demand! The Pro Stocks are featured in a 50-lap $500 to win main event-the best payoff ever offered in the North Country for the DIRT Pro Stocks. The Semi-Pro and Bandits each go 25 laps. For the Semi-Pro division, Can-Am IMCA Hobby Stocks, DIRT Pure Stocks under 360 cubic inches, Brockville Novice Stock cars and Airborne Strictly Street and Flying Tiger cars are legal! Also on the schedule is a 25-lap Enduro paying $200 to win and a special Ladies Enduro. It's also Student Day, with all high school and college students with ID admitted at half-price-just $3 ($4 CAN)!

Frogtown concludes its season on Sunday, September 26th at 2PM with the CKON/Massena Building Supply "Ironman Enduros!" Always one of the most eagerly anticipated events of the season, this year there will be two 50-lap Ironman Enduros, each paying $500 to win! Also on the schedule is a full show of racing for the Pro Stocks, Semi-Pro and Bandits.

Frogtown International Speedway is in Hogansburg, NY, one mile east of the International Bridge to Cornwall, ONT. From Route 37, turn south onto Frogtown Road, next to the Mohawk Bingo Palace. For race day weather info, call 518-358-9017. Drivers seeking rules for Enduro cars or the Demo Derby may call Bill Smith at 518-483-0929.

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now buying
GOOD USED HOCKEY GEAR
37 Ninth St. East
(next to Maynard's YIG)
936-2020

THACH-TRAN'S TAEKWON-DO/KARATE CLUB
REGISTRATION
Tues. Sept 14 to 16 from 8pm, Sat. 18 - 2-3pm
at 120 9TH ST. E.
MARILYN'S AEROBICS & PHYSICAL LIMITS
938-7970 • 932-4766
CLASSES BEGIN TUES. SEPT. 14
12 WEEK SESSIONS: Tues &Thurs 8-9pm&Sat 2-3pm
Junior (14 & under) - Twice a week: $60
Adult (15 & over) - Twice a week: $95
Adult (15 & over) - 3 Times a Week: $120
Instructors/ Sensei
Thach Tran - 4th Dan Black Belt • Kim Tran - 1st Dan Black Belt
•••• OPENING SPECIAL •••
Sign up for a year and receive a free uniform
See us for full details
2 Class Try Out For New Members Only
LEARN THE ART OF SELF-DEFENSE WHILE DEVELOPING SELF-CONTROL, SELF DISCIPLINE, HEALTHY BODY, SPIRIT & MIND
Visitors Welcome to Watch

INSIDE THE CORNWALL COLTS

By David Murphy



The Colts roster continues to shrink. Cuts are the norm after exhibition games and the Colts are no exception, trying to get the team that's going to represent Cornwall in the CJHL, ready to compete. Head Coach Al Waga rhas said that team chemistry won't be a problem. With several returning players and a good bunch of rookies, the coach is confident that every important "gel" factor will come about before the end of the month, when the team has a handful of regular season games under its belt.

"The players have played their hearts out this week," said Wagar. The coach continued, "the ones trying to make the team have given everything they've got and that's all you can ask."

The more I watch this team, the more I see a championship calibre club ready to make a solid run at the CJHL crown. That's not to put too much pressure on the players, but hey, if you've got it, flaunt it. Several fans have mentioned they liked what they saw at the Blue/ White game and that's usually a sign of better things to come. There's one more home exhibition game before the team kicks off the regular season with two road games, so watch for the cuts to continue and the ever shrinking Colts roster will eventually stabilize and you'll see this year's squad work some magic.

RINK RAT INFO ... Sincere condolences go out to the Kirkey family. Cal will always be in the hearts of everyone associated with hockey ... the Colts final exhibition game is this Sunday at home against Hawkesbury ... the first broadcast on 101.9 The Blaze is set for next Thursday from Kanata ... season schedules are available at the office ... it's still not too late to pick up season tickets ... the players move into their new/ old digs at the Si Miller Arena this coming week.

UPCOMING GAMES

Hawkesbury, Sun. 12th - 2 pm

Kantata, Thurs, 16th - 7:30 pm (broadcast on 101.9 The Blaze)

Gloucester, Tues, 21st - 7:30 pm (broadcast on 101.9 The Blaze)

Squirts Boys Travelling Team



TEAM: Top Notch Design
NAME:
Adam Bergeron - No. 15
FAVOURITE PLAYER:
Wayne Gretzky
FAVOURITE TEAM:
Montreal Expos
HOBBIES:
Soft Ball & Roller Blading

KNIGHT HAWKS

32,445 HOMES every week
Seaway News readers get full value of all advertising dollars spent with them.
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VERIFIED CIRCULATION CONTROLLED
SEAWAY NEWS
— serving cornwall & area since 1985 —



SEAWAY Scoreboard

Cornwall Golf & Country Club

SEPT. 1, 1999
Senior Men
1st Place:
John Sosnkowski, Percy Davis, Stu Baker, Laurent Decarie
2nd Place:
Andre Vigeant, Bob Leger, Reid Campbell, Leo Andre
3rd Place (tie):
Ray Lefebvre, Geoff Taylor, Fred Hofman, Si Miller
John Boyd, Bill Morin, Phil Everson, Fern Pitre

SEPT 8, 1999
Senior Men
1st Place:
Bob Leger, Jim Bentham, Marcel Bissonnette, Jack Curran
2nd Place:
Bert MacLean, Cliff Jackson, Bryson Comrie
3rd Place:
Vic Villeneuve, Urbain Bourgon, Bill Marlin

14TH YEAR CARLETON CUP MATCHES
OUTAOUAIS, AUGUST 31, 1999
Members of the Cornwall Team:

		TEAM	PTS
Alex McAllister	2	Outaouais	45
Murray Marcino	1	Cornwall	26
Bob Britton	0	Carleton	25
Don griffiths	2	Hawkesbury	24
Bill Dickie	4	TOTAL	120
Phil Everson	0		
Bud Cook	5		
Ivan Morin	6		
Robert Barrie	6		
Ken Robertson	0		
TOTAL	26 points		

The method of scoring was as follows: each man playing match play against a member of the three clubs, scoring two (2) points for each match won, one (1) for each match halved and no (0) points for a loss. Maximum points each player can win is six (6).

Bridge Results

Independent Bridge Club
August 25/99
N/S
1. Claudette Rousseau - Marion Lawn
2. Bert Chausse - Muriel Smith
3. Jean Forbes - Myrna Carpenter
4. Maureen Walker - Carol Reuss
5. Lyette Ladouceur - Brunelle MacDonald
5. Ida Cadieux - Ruth Edgerton

Seaway City Bridge - August 30/99
N/S
1. Brunelle MacDonald - Roy Parmelee
2. Jeannine Leroux - Grace Leroux
3. Charmaine Quenneville - Jean Forbes
E/W
1. Evelyn Warren - Rita Watzenboeck
2. Georgette Lauzon - Adelaide Hunter
3. Rita Struthers - Lyette Ladouceur

Alexandria Bridge Club - August 31/99
N/S
1. Jim Campbell - Elizabeth Marjerrison
2. Don Crawford - Joseph Friedberg
3. Bill Smith - Jeanine Berthieume
E/W
1. Robert & Krystyna Zacios
2. Ray Rochon - Michelle Lapage
3. Homer & Lorna Grant

Alexandria Bridge Club - September 7
N/S
1. Jim Campbell - Elizabeth Marjerrison
2. Peggy Seymour - Ida Cadieux
3. Norah Ruth - Grace Leroux
E/W
1. Robert & Krystyna Zacios
2. Homer & Lorna Grant
3. Rene Belanger - Michel Duplantie

Independent Bridge Club
September 1/99
N/S
1. Rita O'Brien - Yvonne Bergeron
2. Joyce Harrison - Jean Stokes
3. Joe Loney - Bert Chausse
E/W
1. Florence Bergeron - Marion Lawn
2. Inez Hatfield - Rhea Petry
3. Marjorie Raymond - Yollande Boutin

Cornwall & District Bridge Club
September 2/99
N/S
1. Margaret Campbell - Carol Reus
2. Barbara Taylor - Voytek Pomykalski
3. Francis Jenne - Jeana Reilly
E/W
1. Audrey Blair - Kay Colbran
2. Gord Snook - Michael Snook
3. Janice Keen - Eva Kittle

Batter Up!



The Cornwall Knights of Columbus avidly sponsor the Cornwall Minor Mixed Softball Association, made up of 34 teams, with participants aged from 5 to 19. Actively promoting a team sport such as softball allows the Knights to demonstrate the advantages of working with peer groups and the activity associated with good sportsmanship. These associations will teach the participants the necessary discipline to achieve their goals in life through the dedicated efforts they put into enjoying a day on the field. The Knights of Columbus was founded in 1882 in New Haven, Connecticut, by Father Michael J. McGivney, a parish priest at St. Mary's Catholic Church. In less than 120 years it has grown to include 1.6 million members around the world, including the United States, Canada, the Philippines, Mexico, the Dominican Republic and Guam. In 1998 alone, the Knights worldwide have donated over 55 million hours of service to charitable causes.

Pictured is the recent game between 1st and 2nd place contestants, the Jays and the Expos at the Optimist Park on August 21st.

Story & photo by Aubrey Johnson

Heaslip Hops To Frogtown Win

HOGANSBURG, NY - Dave Heaslip of Smith Falls, ONT captured his the 358 Modified feature win on Bombard's Fuel Service/NorthNet night at the Frogtown International Speedway, while Mike Perrotte of Morrisonville clinched the 358 Modified track championship title with a second-place finish. Eric Gauvreau of Chelsea, QUE won the Pro Stocks, Louie Jackson of Hogansburg won the Semi-Pro, Kurtis McPhee bested the Bandits, while Jody Swamp won the Enduros and Jamie St. Mary of Malone won the Demo Derby.

The Modifieds put on one of their best races all season, with Craig Ormsby of Schuyler Falls leading the first seven laps of the event. Dave Heaslip made his move to the top spot on lap number seven, while Simon Marcoux in third spot tried to hold off a hard-charging Mike Perrotte. Perrotte swept past Marcoux for third spot on lap 12 and a lap later moved past Ormsby for the runner-up spot. While a couple of cautions for minor incidents tightened up the field, Heaslip was able to maintain a two car-length lead over Perrotte throughout the event. Brian McDonald of Cornwall tried to hold off Gatineau, QUE's Pierre Dagenais for third, but Dagenais got by on lap 18. As the checkered waved, Heaslip raced to the win with Perrotte right behind. Dagenais scored third, McDonald fourth, while Craig Ormsby beat Kingston's Todd Stewart to the line by a bumper for fifth spot.

It looked like the Gauvreau brothers would again finish first and second in the Pro Stocks, with Eric leading the way, but on the final lap brother Denis got sideways coming out of turn two and dropped from second to seventh in the final run-down. Eric Gauvreau captured the win, his fourth of the season, while Pro Stock point leader Steve Francis hustled for second spot, with Sid Harmer, John Greene and Mike Allen rounding out the top five.

The Semi-Pro feature was outstanding, with two and three-wide racing throughout the event. Louie Jackson and Duane Brainard, in a heated rivalry for the track championship, both powered past Tim Allen and Mike Trombley for the top spots halfway through the event. From there on out, Jackson maintained a two-car length lead over Brainard in the final laps to capture his fifth Semi-Pro feature win. Brainard was second, followed Greg Snyder, Andy Heywood and Pete Backus. A post-race technical inspection found both Brainard and eighth-place finisher Mike Trombley to have altered the mounting points for their shocks, with both drivers fined all prize money and half the night's points for the infraction.

The Bandits put on a great battle, with Kurtis McPhee of Cornwall cutting through lapped traffic to win an incredible ninth feature of the season.

Richard Brunelle of Long Sault, ONT finished second, with Westville's Bryan Loeb finishing third. Cornwall's Ann Pecore scored a career-best fourth-place, while Ellenburgh's Peter Cename finished fifth.



SPEED ZONE

by David Murphy

This is it. The final Speed Zone column of the 1999 racing season. Time flies when you're having fun and it's hard to believe we've lived through 17 weeks of racing at the Cornwall Motor Speedway. Last week I congratulated Danny O'Brien on his modified track championship. It's his 2nd in a row and 3rd overall at Ron Morin's Speedplant.

Alexandria's Marc Therrien picked up the late model championship in style. The driver of the popular N-17 pushed his car into the winner's circle, cementing him as track champion. It was his 2nd feature win of the season and it goes to show that you don't have to win every week to be the points leader. Consistent, good, hard driving will help in any championship pursuit.

Jody Beckstead, from Lunenburg, won the Duke Stock Championship. Once again, a sign that consistent driving can lead to a title. Beckstead won 5 feature races this year at Cornwall, but hadn't won in over a month.

Robin Laframboise, from Cornwall, won his 2nd straight Rookie Stock Championship. If I'm not mistaken that means Laframboise won't be able to compete in that class again. By winning consecutive championships, Laframboise proved he's got the ability to move up to another class.

Here's a wish for all the drivers to enjoy their off-season (read: hockey season) and the fans look forward to seeing them again next year.

Get Closer To The Action!

930-9300

CORNWALL COLTS JR. "A" HOCKEY

at the Ed Lumley Arena
Cornwall Civic Complex
Adults $6.00
Seniors/Students $5.00
Child (under 12) $3.00
accompanied by an adult

EXHIBITION GAME
Sun., Sept. 12
2:00 p.m.
HAWKESBURY HAWKS

COGECO SEAWAY NEWS BLAZE 101.9

Basketball Registration

Sponsored by the Cornwall Lions Club

Bob Turner Centre

Saturday, September 4th & 11th
9:00 am until Noon

*Limited Enrolment – Come Early!

Mites .....6-8 yrs .....(born 91 - 93)
Minor Bantam .....9-11 yrs .....(born 88-90)
Bantam .....12-13 yrs .....(born 86-87)

* All leagues have separate boys and girls divisions.*

NEW THIS YEAR - GIRLS MITES DIVISION

** Health cards required at registration
$45.00/Player (or Family Discount)

In cooperation with Bell Raptorball

Program run by the Cornwall United Counties Basketball Association

CORNWALL MARTIAL ARTS SCHOOL

105 Third St. W. Cornwall, Ontario K6J 2N9
Instructor: Claude Bourdeau Phone: 613-936-1952
Classes & Fee Schedule
Starting September 13, 1999

FEES

MARTIAL ARTS	MONTHLY	3 MONTHS
15 yr. & under	$25	$55
16 and over	$45	$120
STUDENTS 16 and over	$35	$90
2nd & 3rd child	$15	$30

Parents are welcome to participate with their children for the same rate as the youth

MARTIAL ART	AGE GROUP	CLASSES	
		Mon. & Wed.	Sat.
JUDO & JIU JUTSU	6 to 10	6 to 7pm	9:30 to 10:30am
	11 to 15	7 to 8pm	10:30 to 12 noon
	15 & over	8 to 9:30pm	10:30 to 12 noon
		Thurs.	Sat.
NIN JUTSU	6 to 15	6:00 to 7:00pm	1 to 2pm
	16 & over	7 to 9pm	2 to 3:30pm
BASIC KARATE	6 to 14	Tues. 4:30 to 5:30pm	Fri. 6 to 7pm
AIKI-JUTSU	15 & over	Tues. 5:30 to 6:55pm	Fri. 7 to 9pm
		Sun.	10 to 12 noon
T'AI CHI CHUAN	Tuesday	7 to 9pm	
	Cost	$75 for 3 months	

Register Before September 11th & Receive 10% off the 3 Month Fee

HOCKEY EQUIPMENT SALE

1 DAY ONLY

be there!!!

SEPTEMBER 11th

NIKE

HOCKEY DAY

SEPTEMBER 11th

Nike Hockey Representative on Staff for
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• Equipment Demonstration
• Drawings & Prizes

SPORTEC

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Shop Wisely in the Back To School Sales

"Going out of business ... lowest prices ever ... everything must go." The ads are many and they're always tempting, but never more than at this time of year when parents are faced with the challenge of getting children equipped to go back to school.

"There is a lot of press about retail closures, the bargains available and the other stores rushing to match prices," says Raymond Houde, Executive Director of the Family Counselling Centre in Cornwall. "Even in a quiet year, the sales around the back-to-school season are almost as persuasive as at Christmas, with much of the advertising aimed at children - particularly teens and pre-teens. With this year's additional media attention around the possibility of once-in-a-lifetime bargains, families need to be especially careful to counteract the hype with some common sense planning.

Mr. Houde offers these simple tips to help you and your family avoid the hype, as well as to begin installing good spending habits in your children over the long term:

• make a budget and stick to it. It's the golden rule of wide money management. "There's perhaps no better time than back-to-school when it's as important to stress to your children that needs should outweigh wants in determining spending priorities," says Mr. Houde. When it comes to clothes, taken an inventory of what is on hand, what can be extended over the coming year and what new items are really needed. Build your budget around the needed items, shop for the best deals and use any surplus to fund some of the wants. It is an incentive for children to think hard about the kinds of items - or the labels - they can "live with" in order to be able to have some of the things they "can't live without".

• involve children - especially teens - in the budgeting process. You will be developing good future skills and you will be helping them to take ownership of the choices and inevitable trade offs that will have to be made. When it's their decision, you are less likely (although not completely unlikely) to hear complaints after the fact.

• Allow the children to use their own money to "trade up". If you are willing to pay $25.00 for suitable jeans, allow the child to spend their own money for the extra needed to buy "designer label" jeans if the name is important to them. "Make sure you don't let this get out of hand," says Raymond Houde. "Don't let your children cash in their entire bank account to be the best dressed kid in school. Nevertheless, this exercise can quickly and effectively show your child the very real costs of succumbing to peer pressure."

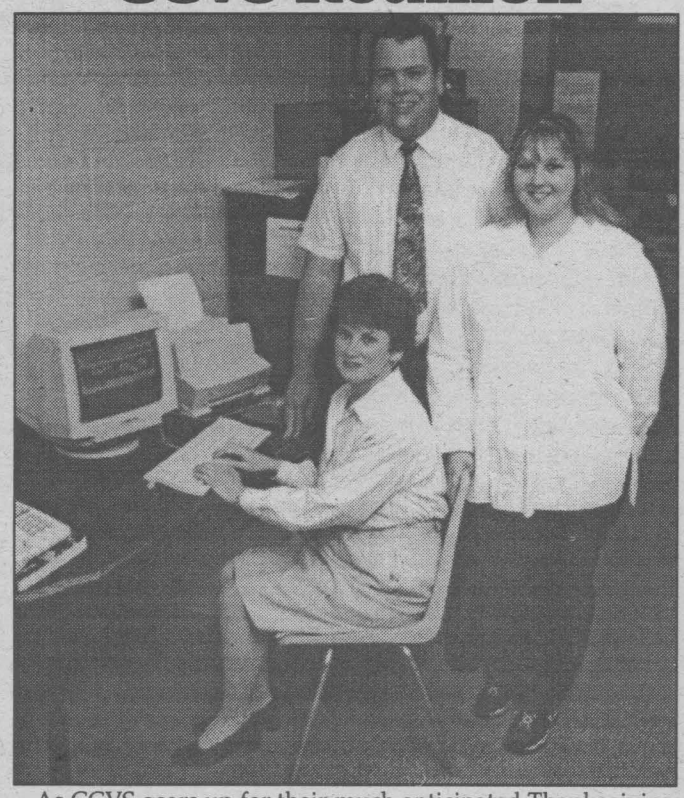
• postpone your back to school shopping until children really are back to school. This is especially true in relationship to store closing sales. If you wait, not only are you likely to get prices that are just as good - or even better, but you will actually know what supplies you need, saving unnecessary expense. Don't forget, either, that you don't have to buy for the whole year at once. Take the time to shop around for the items that aren't needed right away and remember that the ongoing cost of clothing, supplies, school trips and the like should be part of your annual budgeting.

• in building your back to school plan, don't forget about the expenses for extra-curricular activities. Music, sports and clubs often carry costs for equipment rental or purchases, uniforms, etc, which must often be paid during the first week of school. September is also the time when most lessons, sports and other activities resume along with their own registration fees, so don't forget to factor them into your family's budget.

"With proper planning and the consideration of your children as partners in the back-to-school process," says Mr. Houde "you can focus on your real budgetary goals and needs, not those created by a sales opportunity, and give your family a valuable learning experience even before classes start."

"Helping you manage your debt" is a series of articles provided by member agencies of the Ontario Association of Credit Counselling Services. All agencies provide a range of no or low cost services to help people solve their financial problems and improve their consumer and money management skills.

CCVS Reunion



As CCVS gears up for their much anticipated Thanksgiving weekend reunion, which will play host to over 3,000 past alumni, people are reminded that tickets are going fast and can still be purchased at CCVS thanks to the untiring efforts of committee members such as Linda Olsen, Mandy Biddle and Ken McLaughlin.

Story & photo by Aubrey Johnson

MUSIC UPDATE



By Yvan Brunet

M.C. Mario "99 In The Sun" Sony. Still another new cutting edge MC Mario dance album bubbling over with good vibrations: "The Word Is Grease" (The Team), "La Copa De La Vida" (Ricky Martin), "Big Big World" (Angelica), "Romie" (Beenie Man) and the beat goes on!

Santana "Supernatural" Arista/BMG. Guitarist Carlos Santana is back with still another great offering filled with music that once again defies all cultural boundaries. The album with "Put Your Lights On", "Do You Like The Way" and "The Calling" featuring Everlast, Lauryn Hill and Eric Clapton respectively is a constant celebration of the human spirit. Grrrreat!

Def Leppard "Euphoria" Universal. Def Leppard's new album, ten months in the making in a home studio in Dublin, crashes out of the speakers like a rock 'n' roll Godzilla defying you not to get swept along by its joyous primal drive. Three tracks were co-written by Shania Twain's husband Mutt Lange. Sounds far more like vintage Leppard than the group's last offering.

Carol Welsman "Inclined" Justin Time. Canadian singer/pianist Carol Welsman has just delivered a mix of classic standards and original compositions in a versatile repertoire including swing, Latin, R&B, pop and jazz. An extraordinarily talented musician.

Various Artists "Columbia Jazz" Columbia. This 4-CD box set is a collection of Columbia Jazz's treasures from the 50's and 60's. All in all 47 tracks of incredible jazz music from the likes of Louis Armstrong, Miles Davis, Bill Evans, Charles Mingus, Stan Getz, Bud Powell, Dexter Gordon, Dave Brubeck, Tony Bennett, George Benson, Gerry Mulligan and still more. Awesome!

Steve Wariner "Two Teardrops" Capitol. There is no doubt that Steve Wariner is indeed a country singer's singer and a country guitarist's guitarist. Witness this fresh offering that bubbles over with tender and romantic songs such as "Talk To Her Heart", "If You Don't Know By Now" and title cut.

Dwight Yoakam "Last Chance For A Thousand Years" WEA/REPRISE. This is Dwight Yoakam's second "best of" compilation featuring 90's hit songs: "Turn It On, Turn It Up, Turn Me Loose", "Suspicious Minds", "A Thousand Miles From Nowhere" as well as a few new songs such as Waylon Jennings' "I'll Go Back To Her" and Queen's classic "Crazy Little Thing Called Love." A treat for fans.

Susan Crowe "A Pilgrim's Mirror" FESTIVAL/CORVUS. Nova Scotia singer/songwriter Susan Crowe, ably backed by some of Canada's finest musicians from Chilliwack's Bill Henderson to Spirit of the West's Geoffrey Kelly is back with a handful of instantly indelible tunes which are so genial, they embrace you like old pals.

Sarah Brightman "EDEN" EMI. Sarah Brightman, the angelic voice that catapulted Andrea Bocelli into the limelight sometime back presents "Eden" a great collection of 16 songs in 6 languages. Check out winners such as "Deliver Me" (Beloved), "Il Mio Cuore Va" (My Heat Goes On/a duet with Richard Marx), "Nessum Dorma" (Puccini) and the title cut. Brilliant!

Various Artists "Big Daddy" SONY. The music featured on the soundtrack of "Big Daddy" starring Adam Sandler as a young man who has spent his whole life avoiding responsibility will strike the right chord with anyone who experiences this must-see comedy: "Sweet Child of Mine" (Sheryl Crowe), "When I Grow Up" (Garbage), "Ga Ga" (Melanie C) and so on.

Dokken "The Very Best of Dokken" WEA/RHINO. Sixteen of the very best signature hard rock tracks from the band's six albums for Elektra/Columbia recorded from 1983-1995 plus Don Dokken's solo Geffen album. A treat for fans.

Wynton Marsalis "Marsalis Plays Monk" Columbia. The set finds Wynton and his septet covering 13 Thelonious Monk classics from "Monk's Mood" to"Reflections" plus a Marsalis original " In Walked Monk". Incredible as always!

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Join us for the new semester
Course begin Tuesday, September 7th
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For information, call Larry Wells
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SOLUTIONS

1 S	2 A	3 C	4 K	■	5 S	6 E	7 P	8 T	9 A	■	10 S	11 O	12 D	13 A
14 E	P	E	E	■	15 E	M	E	R	Y	■	16 O	P	A	L
17 E	A	R	L	18 Y	R	E	T	I	R	19 E	M	E	N	T
20 P	R	O	T	E	I	N	S	■	■	21 M	A	C	A	O
■	■	■	■	22 M	E	D	■	23 M	24 A	I	L	■	■	■
25 H	26 O	27 R	28 D	E	S	■	29 S	I	X	T	I	30 E	31 T	32 H
33 A	P	I	A	N	■	■	34 T	E	L	■	■	35 R	H	O
36 V	I	C	T	I	37 M	■	38 A	N	E	39 M	40 O	N	E	S
41 E	N	E	■	■	42 A	43 C	T	S	■	44 O	B	E	S	E
45 S	E	S	46 T	47 I	N	A	S	■	48 C	R	I	S	E	S
■	■	■	49 I	D	O	L	■	50 A	R	A	■	■	■	■
51 E	52 N	53 E	M	Y	■	■	54 E	P	I	L	55 E	56 P	57 S	58 Y
59 G	O	D	B	L	60 E	61 S	S	A	M	E	R	I	C	A
62 I	N	G	E	■	63 C	R	O	C	E	■	64 G	N	A	R
65 S	E	E	R	■	66 T	O	P	E	S	■	67 O	G	R	E

POET'S CORNER

K.J. Boivin

Holocaust – Remembered

On this, the Fourth Day of May
To the sweet people of Israel
Slaughtered by the Hun Nation
In the 'Camps', in the Ghettos,
In the Towns, and on the Street
And the hypocrites and liars were here,
our own... in denial,
Yet could hear the horror cries
of slaughtered innocents...
In pious eye and ear deny...

On this the Fourth Day of May,
We keep our heads in silence
In sadness do remember those
Millions of Israel that cry for remembrance.
At the slaughtered poets, workers and
merchants... all
At Dachau, Buchenwald, Treblinka,
Auschwitz and hundreds more...

On this, the Fourth Day of May,
Raise a mighty protest at this
planned duplicity, this complicity...
By this, Our Dominion Government
Complicity and then denial the
Existence of the Nazi Monstrlsity...
That well thrive, here, on the
graves of the millions dead...

On this, the Fourth Day of May,
When Six Million ghosts cry out...
Our hearts should leap with remorse,
Our soul should cry out 'Remember'
The sweet people of Israel...
That history will recall
Of man's greatest crime against one People.

KEEPING HEALTH IN MIND

Overcoming Loneliness

Keeping Health in Mind is a monthly newspaper column made possible with the help of Seaway News and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

What is loneliness? The dictionary says lonely means "solitary, isolated, disconnected, sad, because without friends or company". But really, loneliness can be hard to define. It is a state of mind, and it can mean different things to different people.

For some, loneliness can emerge when our relationships with others change, such as when a loved one dies, or friends and family move away. It can also occur through life changes like retirement, a move, or illness and disability. All of these things can cause a change in routine, capabilities and the availability of social contact - which can lead to loneliness.

So what can we do to keep loneliness at bay? Do something about it. Remember, loneliness is a state of mind. Nobody can make someone else stop feeling lonely, so you must create new situations, activities and friends - new connections and ways of belonging.

First things first: take care of the basics - your health. It's hard to have the energy to make positive changes in your life if you're feeling run-down or tired. Adequate sleep, good nutrition, and regular exercise are all key parts of maintaining good health.

Second, look at why you might be lonely. Is it that you've recently had a major change in your life? Are you finding it harder to get around than you used to? Once you've identified some possible barriers, look at practical ways of overcoming them, such as finding alternative transportation, planning to have someone accompany you, or looking at less expensive outings.

Now consider, what do you want? What might appeal to you? Then give it a try. Initiate contact with others, instead of waiting for them to come to you. Become a volunteer, there's always a need, and sometimes giving your time to someone else can improve your own confidence and self-esteem. Learn a new skill or take a course - at any age. This could even be learning to cook, if that's something you never really did before.

Do things you enjoy: playing cards, walking, letter writing, or anything you like. This doesn't mean you can't include activities you enjoy doing alone. While improving your social life may be the most obvious way to alleviate loneliness, it's not always realistic to count on someone else being around. But if you are busy doing things you enjoy, even alone, you will feel less lonely.

If you try something and it doesn't work - keep trying. The real key to feeling less lonely is active living. Active living involves striking a balance among the activities in your life that improve your physical and mental health, and those that provide friendship and companionship. It means taking an active role in your own life.

Sometimes loneliness can be hard to overcome on your own, so don't be afraid to reach out, and ask for help - from friends, family or a community organization.

It may take some work, but even if you feel like you're alone, you don't have to feel lonely.

Erin Pecknold, B.Sc., O.T. (C) Occupational Therapist, Tri-County Mental Health Services.

AMAZING GRACE



By Bob Burgess, Pastor New Life Covenant Church

"Be anxious for nothing, but in everything by prayer and supplications, with thanksgiving, let your requests be made known to God; and the peace of God which surpasses all understanding, will guard your hearts and minds through Christ Jesus". Philippians 4:6&7

Be anxious about nothing and pray about everything is the essence of what the above verses are saying.

Prayer is our lifeline to God. Prayer for the Christian is like water to a fish, or the air that we breath. Noticed I said prayer and not prayers (plural). For many people, they relate their prayer life as to the number or quantity of words they say or repeat to God. They somehow believe that if they say it enough times or that God is counting on the number of prayers we say before He will answer. Sorry to say, but that's not real praying. Praying is simply talking to God. Praying is letting God know what is going on in your heart, your life and your concerns. To pray means to let God know your needs and believe in His infinite wisdom and love to answer your requests to Him.

We here at New Life Covenant Church believe in prayer and do pray about everything. We have a special section in the church where we put up pictures and write out people's needs and pray for them. We also have a prayer box where people deposit their prayer requests and they as well are prayed over frequently.

Maybe you have some prayer needs that you would like us to pray for on your behalf. Maybe someone is sick or discouraged, in need of God's intervention. We would count it an honour and a privilege to pray for your requests.

You can do one of two things: a) call us at the church (938-3262) and give the secretary your prayer needs. We don't need names, if you want to remain anonymous. b) you can write us at New Life Covenant Church, 150 Boundary Road, Cornwall, Ont. K6H 6J5 and let us know your need, and we will be happy to place your request in our prayer box.

We as Christians believe in prayer, but mostly believe in God who answers prayer. Write us today.

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CORNWALL CAMPUS

Registration Deadline: September 16, 1999

The following courses are offered by video or audio teleconferencing from Ottawa to the Cornwall Campus.

Faculté des ARTS - Faculty of ARTS
ENG 1100 CJ WORKSHOP IN ESSAY WRITING (3 cr.) TUE: 16:00-19:00 (Sept.- Dec.)
PHI 1101 CJ REASONING AND CRITICAL THINKING (3 cr.) WED: 19:00-22:00 (Sept.- Dec.)
SRS 2594 CJ ANTHROPOLOGIE DE LA RELIGION (3 cr.) LUN: 16:00-19:00 (sept.- déc.)

Faculté des SCIENCES SOCIALES - Faculty of SOCIAL SCIENCES
CRM 1300 CJ INTRODUCTION TO CRIMINOLOGY (3 cr.) MON: 16:00-19:00 (Sept.- Dec.)
CRM 2305 CJ POLICE IN MODERN SOCIETY I (3 cr.) THU: 19:00 - 22:00 (Sept. - Dec.)
PSY 1101 CJ INTRO. TO EXPERIMENTAL PSYCHOLOGY (3 cr.) MON: 19:00-22:00 (Sept.- Dec.)
PSY 2106 CJ QUANTITATIVE METHODS IN PSYCHOLOGY I (3 cr.) TUE: 19:00-22:00 (Sept.- Dec.)
PSY 2505 CJ DÉVELOPPEMENT DE L'ENFANT (3 cr.) JEU: 19:00-22:00 (sept.- déc.)
SOC 2309 CJ CANADIAN SOCIETY (3 cr.) THU: 16:00-19:00 (Sept.- Dec.)
SOC 2509 CJ PSYCHOLOGIE SOCIALE (3 cr.) MAR: 16:00-19:00 (sept.- déc.)

Faculty of HEALTH SCIENCES
NSG 3108 CJ INTRODUCTION TO NURSING SCIENCE CONCEPTS AND THEORIES (3 cr.) MON: 16:00-19:00 (Sept.- Dec.)
NSG 3302 CJ RESEARCH IN NURSING AND HEALTH (3 cr.) TUE: 19:00-22:00 (Sept.- Dec.)
NSG 4316 CJ CONCEPTS AND STRATEGIES OF ELDER CARE (3 cr.) WED: 16:00-19:00 (Sept.- Dec.)

Sciences de l'éducation - maîtrise
EDU 5590 CJ Intro. à la recherche en éducation
EDU 5638 CJ Principes d'élaboration et de gestion de projets éducatifs
EDU 5653 CJ Théories et modèles de l'apprentissage

For more information, please call: 938-6989.

Local Company Cleans Up On Home & Garden TV

Enviroclean Ceilings & Walls, a young local company was recently invited to "Just Ask Jon Eakes", a home improvement show on HG TV (Home & Garden Television) to demonstrate their innovative cleaning methods.

"Ceiling and wall cleaning is not what it used to be" according to Terry Baker, President of Enviroclean Ceilings and Walls. "We are in the age of the enzyme", says Terry. "The toxic chemicals we presently find under our sinks will soon give way to products such as ours. Harsh bleaches and detergents are hard on our environment, to produce and to use. The under the sink products also bring on asthma attacks in some people as well as trigger allergies. Our enzymes are biologically engineered and are very effective in breaking down kitchen greases, nicotine, skin flakes, dust mites, mold, mildew and decaying organic matter. They leave no lingering odour or residue and are biodegradable."

"The application of our product is as important as the enzyme itself. Our product consists of two components that once mixed have a shelf life of 10 to 15 days. Our professionals can clean an average home in a matter of hours, compared to conventional methods that could take days or weeks. Enviroclean Ceilings & Walls have franchises in Ottawa and Toronto and are looking to expand across Canada."

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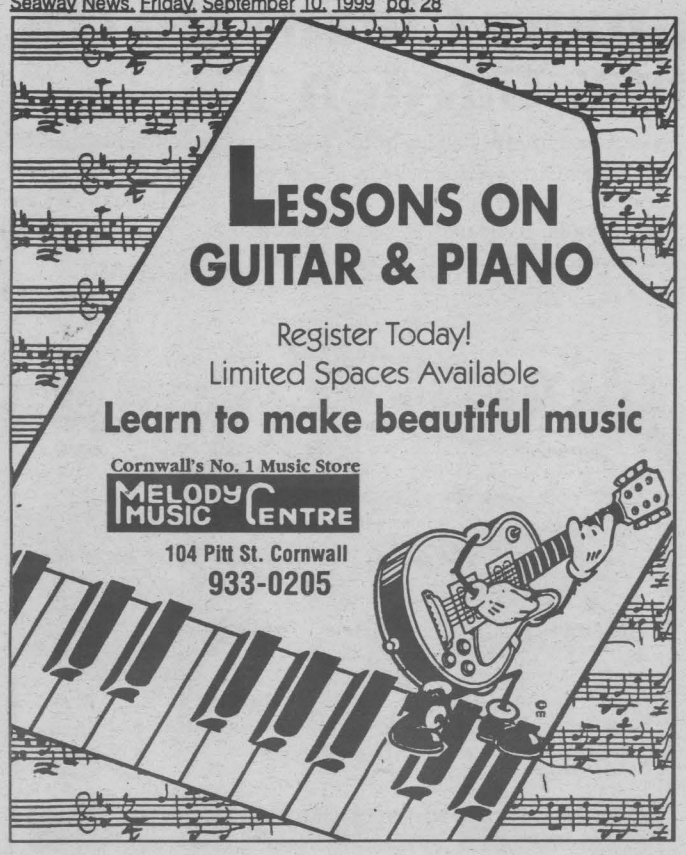


HOROSCOPES

September 12-18

Aries – March 21/April 20

Think before you speak when it comes to a family matter this week, Aries. Loved ones are trying to deal with an important situation, and your off-the-cuff comments just will make things worse. A close friend turns to you for advice. Be honest with him or her. Leo plays a key role.

Taurus – April 21/May 21

Don't let an acquaintance's criticism deter you from going after what you really want. If you are strong and determined, you surely can reach your goals — no matter what this person says. An interesting stranger asks you out late in the week. While you're intrigued, say no. He or she is hiding something.

Gemini – May 22/June 21

Patience is a virtue for you early in the week, Gemini. A business associate has to make an important decision that will affect you. Don't try to pressure him or her to get what you want, because your efforts could backfire. Just wait to see what this person decides. Don't worry — things will work out in your favor.

Cancer – June 22/July 22

Don't doubt your abilities this week. You're an intelligent person who knows what to do. When a problem arises at work, take charge of the situation. You can handle it. The higher-ups will be impressed with your efforts. Another Cancer plays a key role this weekend.

Leo – July 23/August 23

A close friend confides in you about a personal problem. Try to help him or her deal with the situation. Most importantly, keep these conversations to yourself. What's going on is nobody's business. Telling others will just hurt this friendship. That special someone has a surprise for you late in the week. Enjoy!

Virgo – Aug 24/Sept 22

Don't be too hard on yourself when you make a mistake that gets a loved one into hot water. This person clears up the situation easily and isn't upset with you at all. So, don't be upset with yourself. A coworker asks you out on a date. Don't get involved with him or her, because it is sure to strain your professional relationship.

Libra – Sept 23/Oct 23

While you like to be in charge, Libra, that's not how it is when a family problem arises during the middle of the week. Let those who know best handle the situation. Your job is to watch and learn.

Scorpio – Oct 24/Nov 22

A close friend needs your help with a romantic problem early in the week, Scorpio. Do what you can, but don't lie for this person. That only will cause more problems. The person whom you've been seeing wants to take a break. Don't get upset. This actually will strengthen your relationship.

Sagittarius – Nov 23/Dec 21

You face a minor setback when it comes to reaching a personal goal this week, Sagittarius. Don't let this get you down. Look at the bright side of things, and start working even harder. Diligence and determination are your keys to success. Aquarius plays an important role on Wednesday.

Capricorn – Dec 22/Jan 20

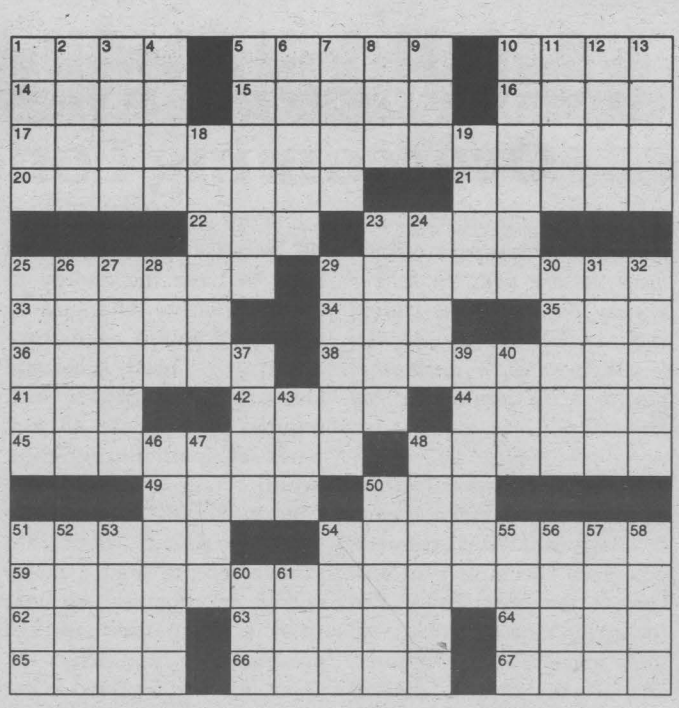
Don't be shy when a close friend introduces you to an intriguing person on Tuesday. This person is just as happy to meet you as you are to meet him or her. If you stay calm and be yourself, you're sure to make a good impression. A loved one asks you an interesting question. Answer it honestly.

Aquarius – Jan 21/Feb 18

Don't criticize a close friend when he or she makes a decision that you don't like. This person has to do what he or she thinks is best. While you disagree with the choice, try to be supportive. Your efforts will be appreciated. Leo plays a key role.

Pisces – Feb 19/March 20

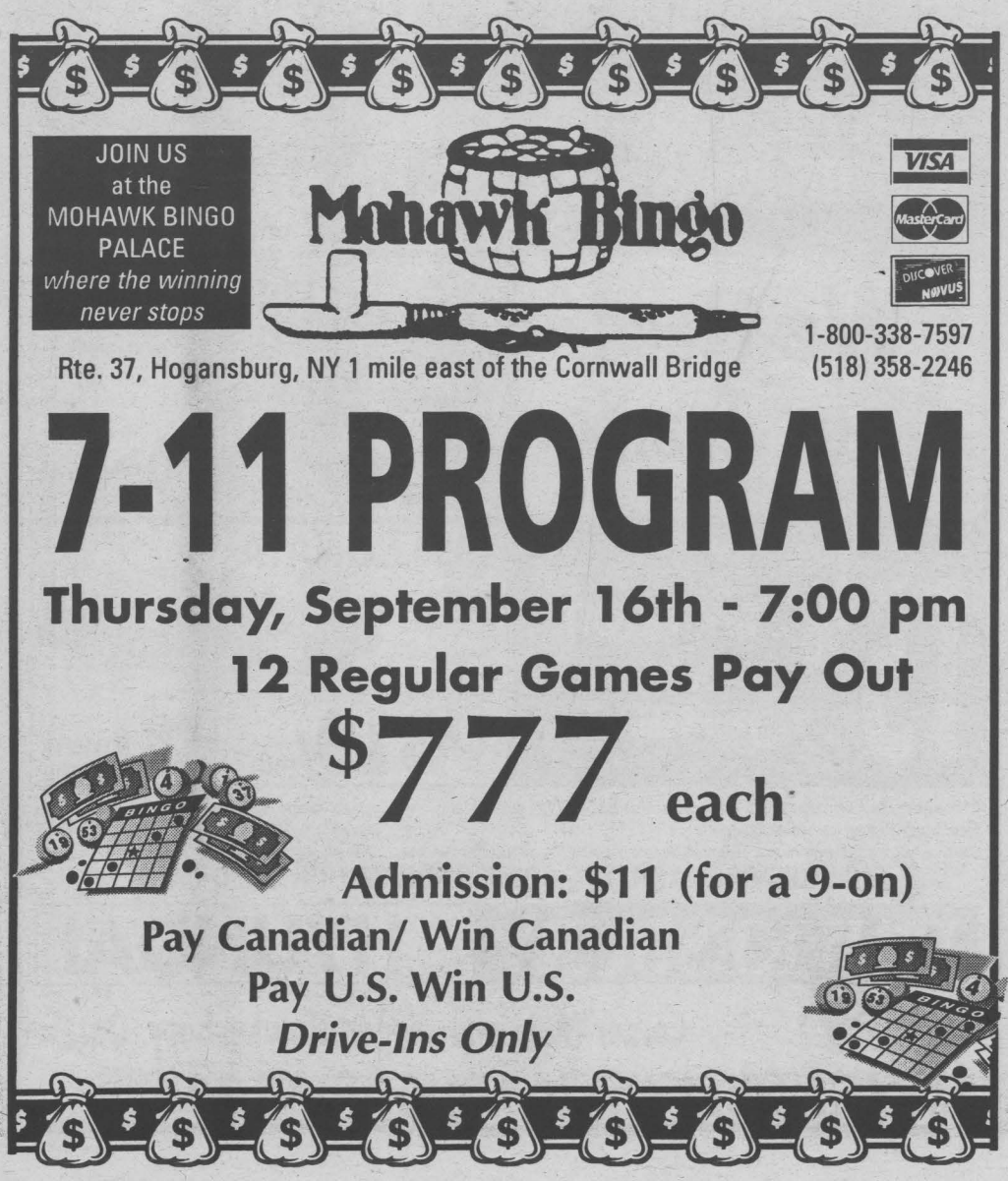
Keep your sense of humor about you this week, Pisces. It will get you through some difficult situations at both work and home. Those closest to you will be impressed with how quickly you bounce back from these adversities. The person whom you've been seeing wants to intensify the relationship. Say yes!



Clues ACROSS
1. Encase
5. Members
10. Pop
14. Fencing sword
15. Mineral
16. Opaque gem
17. Toiler's utopia
20. Organic compounds
21. S. China seaport
22. ____ student, learns healing
23. Content
25. Crowds
29. Ordinal
33. About bee
34. Cablegram, abbr.
35. Greek letter
36. Person who is tricked or swindled
38. Flowers
41. East northeast
42. Recreates
44. Corpulent
45. Provencal verses
48. Emergencies
49. Paragon
50. Macaws
51. Hostile person who tries to do damage to you
54. Neurological disease
59. Berlin hit
62. German woman's name
63. Jim ____, rock singer
64. Growl
65. Person with unusual powers of foresight
66. Uses
67. Giant

Clues down
1. Flow
2. S. American armadillo with three bands of bony plates
3. Mackerel
4. European
5. The sum of a finite or infinite sequence of expressions
6. Better
7. Canoodles
8. Denotes three
9. Scottish County, abbr.
10. Cushitic
11. Oil cartel
12. ____ Carvey, comedian
13. Vocalist
18. Mocha citizen
19. Utter sounds
23. Bearings
24. Crossbar
25. Individuals
26. Declare
27. Cereals
28. Audiotape
29. Quantitative facts
30. Sea eagles
31. Not those
32. Tubings
37. Hand (Spanish)
39. Esprit de corps
40. Faith
43. UC Berkeley
46. Add trees
47. Romantic interlude
48. Transgressions
50. Keep up
51. Armor plating
52. Not one
53. Meet
54. Stock purchase plan
55. Consequent
56. Sharp high-pitched metallic sound
57. Blemish
58. Agile, lively
60. Shock treatment
61. No seats available







SEAWAY NEWS ENTERTAINMENT

Ahh...September! The month we approach with mixed emotions. For some there's sadness because it represents the closing of many of the great summertime pastimes. Swimming, suntanning, or simply just leisurely poking around in the backyard or at the cottage. For others September invites us to complete those last minute chores that you promised you would finish all summer long. Or perhaps you look to the start of the autumn season on Sept. 23rd, and the falling leaves and the changing colors that Ma Nature shares with us. We can recommend the *APPLES & ART STUDIO AND HERITAGE TOUR* slated for Sept. 25 & 26. Travelling around you can enjoy stopping in at several locations to view the local art and many heritage sites. There will be plenty of pottery, sculptures and paintings. Watch for more information on the tour.

Good Luck to the organizers and participants in this Saturdays *CHILDREN'S WISH FOUNDATION POKER RUN*. If you read this early enough and would like to register you have until 11am on Sat. Sept. 11th. The location is at Knights Of Columbus on Amelia Street and the cost is $15:00 donation to the Children's Wish Foundation Of Canada. For more info you can call Terry at 938-9428.

This Saturday (Sept. 11) is also the night for the annual Chowdown event at the *RCAF, WING 424* on Water Street. There will be plenty of country style cookin' with meatloaf, bologna, baked beans and other tasty items. Country music, the old and the new, will highlight the night and it all starts at 5:30pm. Prizes will be awarded to the best-dressed guy & gal and couple. So wear your country duds, and get ready to toe-tap into the night. Members and the public are reminded that space is limited so call ahead for ticket info at 932-5334.

This Saturday is the night that the *B.C.SINGLES DANCES* close out the Summer season. The dance at the Navy Club on Sixth Street East will have An End To Summer theme and all the usual fun features are scheduled, including spot dances.

YE OLD ENGLISH FISH 'N CHIP SHOP features daily specials and are located at 9 First Street E., just around the corner from Pitt Street. You can eat-in or take-out. Steak & Kidney Pie, Beef & Mushroom Pies and of course authentic English Syle Fish & Chips are only three of their menu items.

Say...can someone tell me where the logic or even justice is when our city comes down hard on pet owners that walk their dogs along the pathway at Lamoureux Park.....BUT when they allow the man participants, including countless canines, to free access to all of the open space of the park, when the annual dog show comes to town?

Is it because the city makes a few sheckles from the event, or is it because they believe these dogs are so-called purebred animals and so carefully groomed, that they are exempt from the poop & scoop by-law? I can tell you that very early Saturday morning (6a.m.) while boating by I had a clear view of the early-morning rituals of these doggies and owners, including their sunrise bark-off, as they paraded around all parts of the Lamoureux Park greenery, and simply allowed their pets to drop their calling cards all over the area...and very few owners stopped to pick-up. Just asking!!

Incidentally that early morning boat ride was the start of the long boat ride to the Summerstown and Lancaster waters to begin our participation in the annual Knights of Columbus at Glen Walter's *FISHING DERBY*. Happy to report that I and daughter Kim took the top spot in the pike category. It was a great fishing day and an equally great derbie. Good job gang !!!

Sad to see the sudden closing of the Amarillo Restaurant at Pitt and Second last weekm although it's hard to understand what could have gone wrong. Hopefully someone will come along soon and reopen with a new operation at that location. It's long been a popular corner for the downtown lunch crowd and visitors, and with the right mix of food and decor it can still be a busy spot. How about an early morning breakfast and noon hour luncheonette????

Until next week, G'day & G'night.



Entertainment - Special Events & Restaurant Review - By Bill Gallant

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1/4 Oven Roasted Chicken Breast $6.95
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Half Rack of Ribs $9.95
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1/2 Rack of Ribs & Chicken Finger Filets (2) $9.95
1/2 Rack of Ribs & Fresh Cut Chicken Wings (6) $10.95
1/2 Rack of Ribs & Grilled Skinless Chicken Breast $11.95
above served with fries, coleslaw, Gedoro's special sauce and our self serve bread bar

COMBINATION PLATTER
1 full rack of ribs - 1-1/4 Roasted Chicken Breast - 2 Finger Filets - 6 Wings - Fries - Sauce - Coleslaw - Bread Bar $19.95
NEED MORE? EXTRA RACK OF RIBS with platters $9.95

COMBINATION PLATTER
1 full rack of ribs - 2-1/4 Roasted Chicken Breast - 4 Finger Filets - 12 Wings - Fries - Sauce - Coleslaw - Bread Bar $24.95

EARLY BIRD SPECIAL
4 TO 6 PM DAILY
FREE Cream Pie with each dinner on this menu and if you would like cream pie with your combination or family platters, it's only .99¢ for each person

SENIORS CUT PRIME RIB ... $9.95 Every day from 4 pm
CHILDREN'S MENU from $2.99
DON'T FORGET Every Tuesday from 4 pm -15¢ Steak Night

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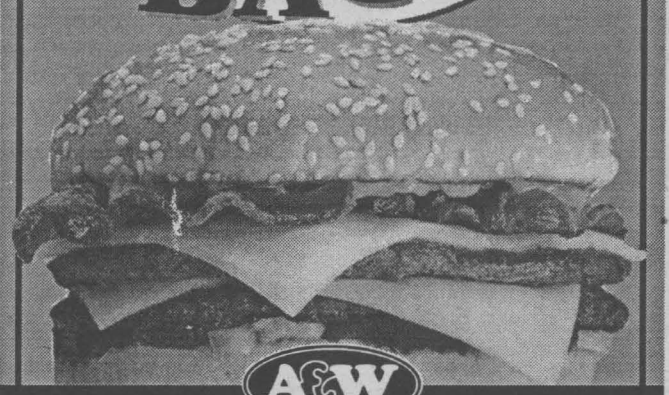
DOUBLE DOUBLE CHEESEBURGER with BACON IT'S BACK!



A&W

Once again, you can enjoy the Double Double Cheeseburger with Bacon for a limited time. Think about it - two deliciously grill seasoned patties, the first topped with processed cheddar and the second topped with processed swiss. Add crisp smoky bacon and you've got it - the irresistible Double Double Cheeseburger with Bacon. But you'd better hurry, because after October 3, it'll be gone.

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Hello … Is There Anyone Out There? We want to remind everyone out there that this is your public forum … we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8 or by Fax 933-0024 or E-mail your little ditty to us at snews@seawaynews.on.ca



SCUTTLEBUTT

Attention Aspiring Quilters: **Free quilting seminar at Latour's Sewing Centre.** Still a few spots left … so call soon to reserve yours.

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Wow! Some people know how to treat a customer. I was searching for a special gift. One store recommended another. I thought that was great. In the eleventh store **(KAB Boutique)** on Pitt St., Aline not only recommended stores, she got on the phone and called several places for me, that may have it. Now that's customer service. *Thanks Aline.*

P.S. I never found it.

Caller recently travelling on Hwy 417 with the cruise-control set at the speed limit, was astonished that **almost every car was passing her at horrendous speeds.** This is very alarming considering all the traffic accidents lately. To all drivers, please slow down. Getting to your destination five minutes faster is not worth an accident or a fatality.

From the "What They Did Before They Were Stars" file … The last place you'd expect to find a Hollywood hunk is in a barber shop with a broom in his hand. But long before he lit up the screen with Julia Roberts and Whitney Houston, that's how he earned his first dollar, at age 11. Who is he?

Smart website: The easiest way to get directions MapQuest (www.mapquest.com) … whether you're going to the next town or out of state, MapQuest creates detailed directions for your route. You can also get information on 20,000 Mobil Travel Guide-rated hotels and restaurants and attractions in your destination city.

Harlan's First-Date Dynamic: One faux pas cancels out three good impressions.

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It is a shame that on Sunday, September 5th, on Cty. Road 18, two innocent people were sent to hospital due to negligence of animal owners. Let this be a lesson to you all. If you own a duck, goat or cow, it is your responsibility to keep your animal safe, which in turn will keep our roads safe and lucky that no lives were lost.

Helpful Hints: What to do with a small plastic kiddy pool when the weather turns too cool to swim? Fill it with your child's water toys and summer clothes and store it beneath his/her bed until next summer.

Pet Tips: A clean, well-groomed coat helps prevent summer skin problems. Brush your cat's fur to keep it tangle-free. If your dog's coat is heavy, trim it to one inch long; any shorter leaves him/her unprotected from the sun.

Lyn Laundrie (Parent) employed as a sales rep. for the Standard Freeholder for the past six months … the latest terminated at 44 Pitt Street.

Still with 44 Pitt Street (Standard Freeholder) … **Danielle Gervais (Roy)** is now on staff. Good luck Danielle!

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What a great idea! First, stop the trains from blowing their whistle when going through town and then prevent the ambulance from using their sirens when rushing to the scene of an accident where a train hit a car because the driver was not aware that a train was coming!

Councillor Claude Poirier whose termination as Manager of Nativity Hall was effective earlier this year, has been unemployed. Rumour has it that the Councillor is negotiating with the City for the rental of the Civic Complex restaurant. Stay tuned …

Did you know: Escape artists Harry Houdini (1874-1926) was an American magician who could quickly free himself from apparently escape-proof devices, including leg-irons, ten pairs of handcuffs, jail cells and nailed crates. His most sensational feat consisted of escaping from an air-tight tank filled with water.

"Henry, why are you looking so worried?"

"I received a letter today saying: 'The next time I see you with my daughter, I'll break every bone in your body.'"

"No problem. Just keep away from the girl."

"There's just one problem. The note was anonymous."

The pedestrian crosswalk at Glengarry Boulevard and Second Street East still does not work. Many walkers frequent this area. **What do we have to do to have this looked into?**

A concerned walker.

Did you know that the earth is not round. It's slightly flattened on the top and bottom.

A: Denzel Washington.

Sunday, September 12th is Grandparent's Day. Don't forget to call or visit your grandparent(s) and help them to celebrate their special day.

Thought of the week … Don't despair. Even the sun has a sinking spell every night, but it rises again in the morning.

Customer: "Waiter, what's the difference between the regular menu and 'Today's Specials'?"

Waiter: "Two days."

Edward's Law of Federally-Funded Projects - for any public project overseen by a board, committee or commission, more time will be spent studying, cataloguing, reporting on and administering the project than working on the project itself.

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SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" … a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.htm
Your own submissions are always welcome!
Send them to smile@nivek.ca.

A Case For The Police

The phone rings at Police headquarters.

"Hello?"

"Hello, is this Police?"

"Yes. What do you want?"

"I'm calling to report my neighbor Tom. He is hiding marijuana in his firewood."

"This will be noted."

Next day, the Police comes over to Tom's house. They search the shed where the firewood is kept, break every piece of wood, find no marijuana, swear at Tom and leave.

The phone rings at Tom's house.

"Hey, Tom! Did the Police come?"

"Yeah!"

"Did they chop your firewood?"

"Yeah they did."

"Okay, now it's your turn to call. I need my garden plowed."

Read to Ride



Pictured with Robert Hubsher, CEO of the Cornwall Public Library, are Ginette Girard, a special space Traveller and winners of the bicycles, Kayla Brown, Emily Delaney, Melissa Derouchie, Amanda Gee, Alexandra Martell, Patrick Rioux and Sharon Spencer.

The Cornwall Public Library's summer reading club attracted 402 members, aged 3 to 14, this past summer, who, collectively, read an impressive 8001 books from July 5th to August 20th!!! Club members were enrolled under the Read to Ride program initiated by Claude and Allison Emard of Fantastic Cleaners and for every book read, members had a chance to win one of seven bicycles, by filling out a special ballot form. As well, members could participate in the CPL Space Academy which was an interactive reading game. Inside a specially constructed space craft, kids had to spin the wheel and were asked a question relating to the book they were reading. Ginette Girard, Programming & Public Relations Coordinator for the library stated, "kids like to compete and in this regard the competitive level was higher because bicycles could be won. Reading is still in if the right approach and programs are offered … the kids will be right there!" For the younger members who could not read, parents were encouraged to read to them, which fostered the closeness kids and parents need.

Story & photo by Aubrey Johnson

LET'S CELEBRATE

Bonus Every Let's Celebrate Ad will be entered in a draw and a weekly winner will win a

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DEADLINE: 5 PM TUESDAY

Happy 2nd Birthday Ashley Slaney



celebrating on September 16th
Loads of love,
Mommy & Daddy XOXOX

Happy 25th Wedding Anniversary



Vernon & Sandra Julien
(nee Derouchie)

They were married at St-Therese's Church on September 14th, 1974. They have three children, Kyla, Matthew & Alex.

Love Mom

Happy 1st Wedding Anniversary Penny & David Sanderson

on September 12th

Loving wishes from your families & friends



Happy 1st Anniversary to a
Special Husband
on September 11th



Love Always & Forever ... Gabie

Happy 60th Wedding Anniversary



Reine & Aurele Lalonde
(nee Marier)

They were married on September 10th, 1939 at St. Felix de Valois Church, Cornwall. They have ten children: Robert, Ronald, Roger, Rita, Richard, Reina, Louis (deceased), Jean-Paul, Diane and Suzanne; twenty-seven grandchildren and eighteen great grandchildren.

Happy 60th Birthday Ron Cavener

celebrating on September 14th

and Best Wishes to Ron & Sally

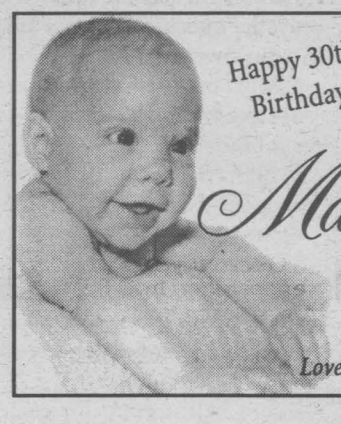
on their 37th Anniversary
on September 15th
Happiness Always
- from family & friends

Happy Birthday Linda Lalonde

celebrating another one on September 10th

My, oh my, how the years go by,
Seems just like yesterday we were in school!
Now we are in the prime of our lives,
Hope it's not downhill from here!

Love Bern.



Happy 30th Birthday *Cheryl MacKinlay*

who celebrated on September 9th
Your cartwheeling days are over!
Welcome to the third decade!
Love & best wishes, Mom, Liz & Monty

MIXED PARTY

in honour of

Sheri-Lynne Marini and Mark Edwards

Saturday, September 11th, 1999
McDonell's Inn, Cornwall Centre Road
9 pm - 1am
D.J. ~ Light Lunch ~ Everyone Welcome



Glengarry Highland Games Millennium Patrons Program

The new Millennium Patrons Program for the Glengarry Highland Games is off to a roaring start with close to $37,000 collected at this year's Games. One of the most generous patrons won the trip for two to Scotland, plus $1,000 spending money.

Stuart Pollock of Waterloo, a former Maxville resident who was a piper with the Glengarry Pipe Band, became a Gold Corporate Sponsor of the Patrons Program, donating $1,000. He was rewarded by winning back his $1,000 plus a trip for two to Scotland. The contest for the trip was open to all those who signed up as patrons before 5 pm, July 31st. Stuart intends to take the trip next spring, expanding the prize to include his parents, Howard and Elaine Pollock of Maxville, and his sister Melanie.

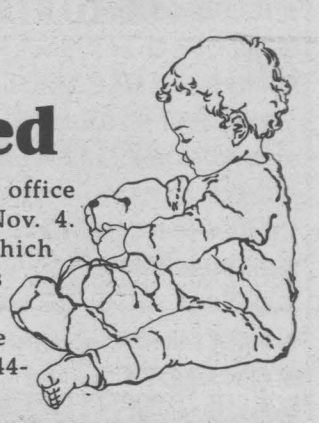
"We're very pleased at the response to the Patrons Program," says Jim MacEwen, outgoing President of the Glengarry Highland Games. "We are now in the process of drawing up a list of projects we would like to see the funds applied to. We'll let the patrons know what the priorities are as soon as possible, but in the meantime, I want to thank all those who supported us. The patrons have ensured that the Glengarry Highland Games will enter the new century on a strong financial footing."

Approximately 400 people signed up for the Patrons Program, the majority donating at the $100 level, which allows them special privileges for the Millennium Highland Games next August 4th and 5th. The Millennium Patrons Program is still soliciting new patrons, as many more are needed to finance major projects, such as a new grandstand.

For $25, an Individual Patron will receive a card, recognition in the official program and be invited to a special Patrons Evening this winter. For $100, an Individual Sponsor will receive the same privileges, plus admission to the grounds on both days of the 2000 Glengarry Highland Games, a free program, admission to a separate Sponsors' Hospitality Tent with complimentary refreshments, admission to sponsors' parking, close to the grounds and a tax receipt.

Funds raised by the Millennium Patrons Program will go towards maintaining the aging infrastructure at the grounds, such as repairs to the heritage grandstand. Existing facilities will be expanded to meet visitor's needs, with consideration given to more bleachers, washrooms or a second grandstand.

Parenting Concerns Addressed



(WINCHESTER) Got a parenting concern? Get a PET. Not the cute and cuddly variety _ the practical and helpful kind. PET stands for Parent Effectiveness Training, a timely course by Dr. Thomas Gordon. It's being offered by the Eastern Ontario Health Unit, weekly at the Winchester office from Sept. 16 to Nov. 4. Cost is $40 which includes materials and text books. To register, or for more information, call 744-2739.



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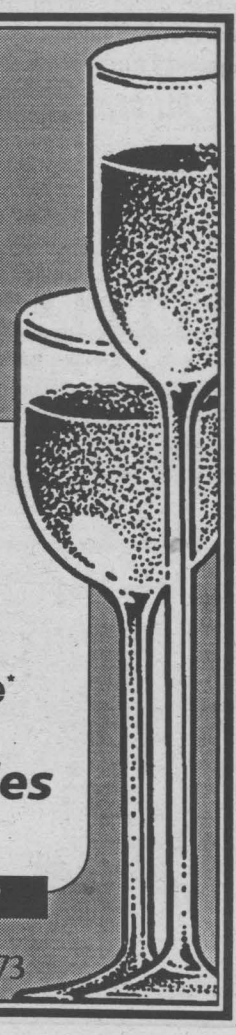

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93 TOYOTA TERC SOLD $6,600
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Check Your Brake IQ

Brakes are the most critical safety item on a vehicle. After tires, they are the leading vehicle defect reported at highway accidents, according to some studies North American studies. But how much do you know about your brakes? Find out by taking this simple brake quiz. It could save your life.

1. If your car pulls to the left when brakes are applied:

a) your left front tire may be under-inflated

b) your right front brake is not working properly

c) your left front wheel bearing may be failing

d) all of the above

The correct answer is d'.

2. When brakes squeal you should

a) replace all pads and linings

b) have the rotors resurfaced

c) ignore the noise, its normal, and turn up your radio

d) have a mechanic/automotive service technician check it out

e) all of the above

The correct answer is d'. A brake inspection may disclose that one of the other answers also applies. Brake squeal is a common problem, indicating a need for corrective measures. Only a thorough brake inspection can reveal the true cause of the problem.

3. Brake fluid is the master cylinder reservoir should be checked and replenished as needed. When doing so, you should use:

a) whatever good brake fluid you may have in your garage

b) a good quality brake fluid meeting the specifications recommended in your owner's manual

c) a quality grade 20 weight motor oil

d) all of the above

The correct answer is b'. Always use brake fluid from a freshly opened container. Use only the specific grade of oil recommended in your owners manual.

4. Most brake lining pads are now made of:

a) steel wool-like strands in a heat resistant resin binder

b) high friction, heat resistant asbestos fibre

c) ceramic based friction material

d) any or all of the above

The correct answer is a'. Asbestos, now considered a hazardous waste, has not been used in brake linings for a long time.

5. Do you understand your ABS brakes, answer true or false:

(Score half a point for each of the following)

a) Even with ABS, on a slippery road I should pump the brakes for maximum stopping power.

The correct answer is false'. The ABS system will pump only the brake or brakes on wheels that are slipping. The other brakes remain fully applied, so you'll stop faster. The ABS system can pump the brakes that need to be pumped many times a second.

b) When I press down on the pedal on a slippery day, I feel the pedal press back against my foot and I hear a humming noise. This means the brakes are failing.

The correct answer is false'. This is normal, and tells you that the ABS system is working. Use a firm steady pressure on the brake pedal.

What's your score?

If you have five correct answers you have an excellent knowledge of brakes. Congratulations!

If you scored four correct answers you have a very good understanding of brakes. You should be proud of your knowledge.

If you have three correct answers you have a passing knowledge. Be careful, or seek professional guidance.

If you scored less than three correct answers, brush up on your car care tips, or be sure to have your vehicle properly and regularly maintained by a trained automotive service technician.

Rev Up Your Car Safely and Properly

(MS) — The winter months, which bring cold temperatures, tons of ice, freezing rain and snow, often make driving treacherous. No one wants to be stuck in the cold with a flat tire, empty gas tank or dead battery.

To avoid any catastrophes on the road, be sure to drive safely and slowly on icy winter roads. It's wise to keep the gas tank full, especially in frigid temperatures, and carry a spare tire and jack in the trunk. It also is important to keep a set of jumper cables in the car in case you need to jump-start your battery, giving your car that needed boost of energy to make it to the service station to be checked.

According to Prevent Blindness AmericaTM, when attempting to jump-start the car, keep sparks, flames and cigarettes away from the battery at all times. Wear eye protection, and be sure you don't lean over the batteries during jump-starting. Additionally, be sure the vent caps are tight and level; if available, a damp cloth is placed over the vent caps; the vehicles are not touching; and both electrical systems are the same voltage. It also is extremely important to make sure you don't jump-start if fluid is frozen.

The following steps for attaching the cables, courtesy of Prevent Blindness, will help you get your car started again.

1. Clamp one jumper cable to positive (+) terminal of dead battery. Do not allow positive cable clamps to touch any metal other than battery terminals.

2. Connect positive (+) cable to positive (+) terminal of good battery.

3. Connect second cable [negative (-)] to other terminal [negative (-)] of good battery.

4. Make final connection on engine block of stalled vehicle (not to negative post) away from battery, carburetor, fuel line, any tubing or moving parts.

5. Stand back from both vehicles. Start vehicle with good battery — then start disabled vehicle.

6. Remove cables in reverse order of connections, beginning by first removing cable from engine block or metallic ground.


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Is Your Battery Cranky?

When the cold weather comes, most of us slow down a little and do some of that good old Canadian grumbling. Your car battery is no exception. Your engine is more dependent on electrical power than ever before. It seems as though every single engine function runs off a computer.

All those computers, electrical clocks, etc. maintain a power drain on the battery, whether you drive the car or not. That's why you can sometimes end up with a flat battery (even if you didn't leave the lights on) after a prolonged ski trip, for example.

Here are some common questions and answers, reported by Car Care Canada.

What's the white powder that I see on my battery terminals?

That powder is corrosion, and it acts as an insulator. When you get enough of it on the battery posts, no current can get through and your car won't start. You can clean it off with a wire brush, or with battery post cleaners available at all automotive stores. You can also clean off your battery with a solution of baking soda, which will counteract the acid in the electrolyte. When the posts are clean, give them a coating of battery terminal grease to keep the corrosion from recurring.

My battery is called maintenance free, but it isn't really, is it? Actually, yes. Other than keeping corrosion off the terminals, there is very little you need to do to a good battery. It's no longer necessary to check each pot and top up with distilled water. The battery pretty much holds its own electrolyte level. Here's how the battery works. It consists of lead oxide on the positive plates, lead on the negative plates, submerged in an electrolyte (dilute sulphuric acid). The chemical reaction between the plates within the electrolyte creates the electricity, and the reaction reverses when the battery is charging so that the components regenerate themselves.

How long will my battery last? It varies depending on how much you drive and how rugged the winter is where you live. Batteries should last four years, and will sometimes hold on longer.

In really cold weather, will my battery freeze?

Yes. The electrolyte is acid, diluted with water. A fully charged battery will freeze at about -65 C (-80 F), and a fully discharged battery at about -12 C (+10 F). Keeping your battery clean and charged is good policy. If the battery does freeze, it is likely to crack the case. That means a new battery.

I've heard that the battery can recharge itself. Is that true? Not exactly. When you crank hard to try to start a reluctant car, the battery acid gets weak near the plates inside, eventually not producing enough power to turn the engine over. If you let the battery recuperate for 15 minutes, the acid will redistribute around the plates and you'll be able to generate some more power. So if you leave the lights on, all may not be lost. Give it 15 minutes and try again you may be able to start after all. But then drive for 20 minutes or so to give the alternator time to recharge your battery. The other trick used by people in really cold climates is to take the battery out of the vehicle and into the house to warm it up. Compared to 27 C, a battery at -18 C has only about 40% of the cranking power.

When my battery quits, should I buy the same kind of battery? You may not need to buy a battery at all. Your battery is called a storage battery because it stores electricity, which your vehicle draws out like money from a chequing account. If your alternator stops making deposits, you have no overdraft protection! Even a loose belt (driving the alternator) or a faulty voltage regulator can cause the battery to discharge. There may be an electrical short circuit, or a bad cable.

The first thing to do is check the battery your garage has a tester that takes out all the guesswork. If you do need a new battery, go for the highest Cold Cranking Amps (CCA) you can get for your vehicle. CCA refers to the cranking output at -17 C for 30 seconds. It may take 300 - 400 amps to start your car, so on a cold morning you'll be happy if you chose a battery rated at 500 CCA over one rated at 400.

Care of Car Finishes

Do you ever wonder "what's the best way to look after my paint job?" Well, here are a few points to consider. Modern car finishes are very resistant to all normal forms of atmospheric attack provided a simple maintenance procedure is followed. They will retain their colour, gloss and protective qualities throughout the life of the vehicle.

However, car finishes are not that resistant to some foreign material, deposits such as calcium chloride and other salts and chemicals from industrial chimneys.

WASHING

Many contaminants which will attack a paint film are water soluble. They can be removed before any harm is done by washing with plenty of water and a few drops of detergent. Frequent washing is the best safeguard against unseen contaminants. At the same time it ensures the regular removal of dirt, dust and traffic film. Washing with warm water and detergent will remove the gummy deposits that fall from trees in the summer months. Silicone and wax removers will remove tar or grease type stains, as well as other contaminants.

POLISHING

A car finish will eventually lose some of its gloss and an accumulation of traffic film will occur but normal washing will restore the original lustre of the paint film.

CONTAMINATION

The amount of contamination a car is exposed to will vary according to climate, location and existing conditions with, for example, manufacturing centres more open to contamination than rural areas. Contamination may come from a number of sources such as:

a) airborne "industrial fallout" and "acid rain".

b) the vehicle itself

c) highways and surrounding areas.

WATER DAMAGE

Water left lying on the surface for long periods of time can have a detrimental effect on the paint coating. The resulting contamination would be water spotting and will not be visible immediately. This can occur if the car is kept in a poorly ventilated garage. Without adequate garage ventilation, it is preferable to keep the car outside under a carport.

INDUSTRIAL FALLOUT

The term industrial fallout was first used to describe the minute particles discharged from the smokestacks of smelters and other manufacturing plants. Of course it is in no way confined to these areas. Strong winds can carry the particles for many miles and in the presence of moisture, and particularly if they are the least bit magnetic they can easily become attached to the paint surface. Soon they may discolour or pit the surface of the paint. If allowed to remain they may penetrate right down to the primer or even to the metal itself.

Regular and frequent washing is the best safeguard against attack. Where there is light contamination and the particles are not embedded in the film, they can be removed by compounding and polishing. Severe contamination may require the use of chemical cleaners or in extreme cases the repainting of the car.

ACID RAIN

"Acid rain" is the term given to rain containing particles from manufacturing and chemical industries. Some of the particles may be acidic or alkaline in the presence of water, eg. sulphur dioxide will dissolve in water to give an acidic solution, while a mixture of cement dust and water is strongly alkaline. Such particles will attack paint films. The attack may take the form of discoloured spots due to attack on the pigment. For example, some reds will develop a blue tone if attacked by acids and a brown discolouration if attacked by alkali.

Some pigments are more sensitive to attack than others. The aluminum flake in metallic paints is particularly prone to attack by both acid and alkali. The use of a clear topcoat such as polyurethane clearcoat, will help shield the aluminum from the contaminant.

Polyurethane enamels have the best chemical resistance of all refinish topcoats.

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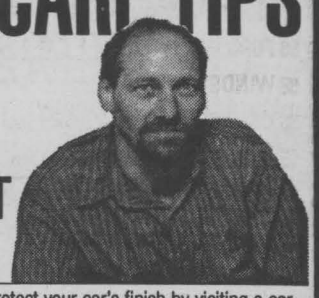

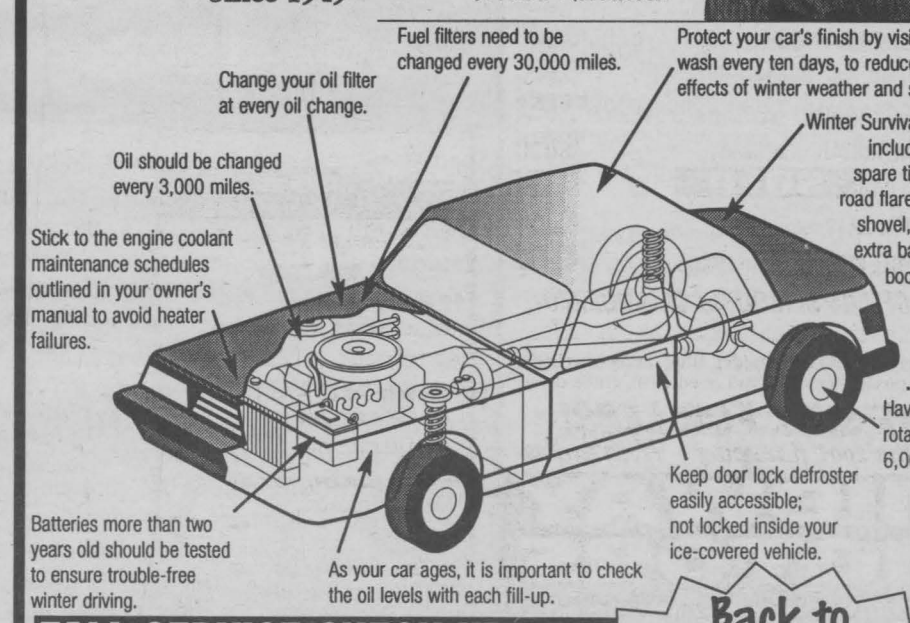

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all for only... $29.95
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Back to School Special!
Give Mom & Dad a "BRAKE"
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on brake and suspension work
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THIS MONTHS WINNER OF A DINNER FOR TWO AT GEMINI CAFE
Mrs. Gould
Cornwall

850 BOUNDARY ROAD, CORNWALL 932-3883 AFTER HOURS: 938-8247

COMMUNITY UPDATE

*AUXILIARY OF THE CORNWALL GENERAL HOSPITAL are holding a Yard Sale on Saturday Sept. 11th, 8:00a.m. at the back of the hospital.

*BARB'S SINGLES "End of Summer Dance" is being held on Saturday Sept. 11th, 8:30p.m., Navy Club, 30 Sixth St. E. Info: 933-5903.

*CANADIAN COUNCIL OF THE BLIND hold meetings the first Monday of each month, at the Salvation Army in the basement, 7:30p.m. Info 936-1966.

*CENTRE CHARLES-EMILE CLAUDE "Danse Gratuite" le 16 septembre à 20h au Centre pour ramasser des items pour notre vente de garage qui aura lieu le 2 octobre. Tarif d'entrée sont des items pour notre vente de garage. Tous sont invités et bienvenus. Renseignements: 938-6730 or 932-1035.

*CENTRE FAMILIAL ENSEMBLE, UN PAS A LA FOIS activité pour septembre: "Pampering Day/Journée de beauté" ardi/Tuesday 14 Sept., 1h/1:00p.m.; Quilles/Bowling" mardi/Tuesday 21 Sept., h/1:00p.m.; "Mini Putt", mardi/Tuesday 28 Sept. 1h/1:00p.m. Info: 938-2000.

*CHEVALIERS DE COLOMB, Conseil #8859 SS-Martyrs-Canadiens déjeuner mensuel, dimanche le 12 septembre, après la Messe de 10h dans la salle d'église. Tous sont bienvenue.

*CORNWALL AERO MODELLERS will be having their monthly meeting on Monday Sept. 13th, 7:30p.m. at the RCAFA Bldg., Water St.W. Anyone interested in building and flying radio controlled model aircraft is welcome to attend. Info call 932-8902.

*CORNWALL & DISTRICT Horticultural Society will be holding their next meeting on Tuesday Sept. 14th, 7:00p.m., at the Navy Club, 30 Sixth St. East. Everyone welcome. Info: Rachel 936-8038, or Ginny 528-4679.

*CORNWALL OLDE CAR CLUB Cruise Night meetings: Friday Sept. 10th, Canadian Tire Parking Lot, 6:00p.m.; Wednesday Sept.15th, at 7:00p.m. A&W, Vincent Massey Dr. Info: 931-2637.

*CORNWALL SENIOR CLUB #353 119 Pitt St., weekly activities: Monday: "Fitness Class", 9:00a.m.; "500" 1:00p.m. Tuesday: "Crib" 1:30p.m., Wednesday: "Euchre" 1:00p.m., Thursday: "Bingo", 1:00p.m., Friday: "Darts", 1:30 p.m. Saturday: "Dance" 8:00-11:00p.m. Info: 932-0980.

*CORNWALL SWINGING B's are holding Free-Trial Nights, September 14th, & 21st, 8:00-10:00p.m., Gladstone Public School, 825 McConnell Ave. A fun, easy way to exercise, socialize, make new friends. Information: 525-2892, or just walk in.

*CYCLE FOR AUTISM bike-a-thon will be held on Sunday Sept. 26th starting at Cornwall Civic Complex. Registration now taking place, wheelchair accessible. Registration 9:00a.m. Wrap-up festivities include: music, refreshments, food, allocation of prizes and acknowledgements. $20. fee (ages 12 & under $10.) to: ASO - UPPER CANADA CHAPTER, Box 343, Cornwall, Ont. K6H 5T1

*DINER'S CLUB LUNCHEON for Seniors is resuming once more at the Martintown Community Centre Wednesday Sept. 15th, 12:00noon. Reservations by Monday Sept. 13th. Call Lan-Char Seniors Support Centre at 347-1175. All seniors welcome.

JOIE DE VIVRE/JOY OF LIVING INC.
Support Group for separated, divorced or widowed people.
Meetings held every Friday at 8:00 p.m.
(Starting September 10th, 1999)
At Holy Cross School, 124 Anthony St.,
Info: Call 931-2887 (Dola) or 936-2487 (John)
(P.S.) Special Invitation to all Members)

REMINDER
CORNWALL FINE WINES
TRUCKLOAD SALE
on 20LT Pure Juice Wines
Saturday, September 11th - 9 a.m. to 1 p.m.
Phone 932-7010 to Reserve Your Order
September Specials
WHITE
Chablis..... $72.00
Chardonnay.. $76.50
Valid 'til Sept. 30
RED
Cabernet Sauvignon $76.50
Vieux Chateau Du Roi (Chateau Neuf Du Pape) . $72.00
Club Card Now Available
Make 10 Batches or Buy 10 Home Kits (at Reg. Prices) & Receive 11th FREE
Christmas is Fast Approaching!
Don't Forget Your Wines The Sooner It's Made - The Better It Will Be!
Compare Our Prices To Other Brew On Premises and YOU'LL BE PLEASANTLY SURPRISED!!
"Ray & Monique, with over 15 years experience, are here to serve you"
CORNWALL FINE WINES
24 - 9th Street East 932-7010
(across the street from Maynard's YIG)
HOURS: Monday - Friday 10 am - 8 pm
Saturday 9 am - 4 pm

*FRIENDS OF THE SANCTUARY present "Waterfowl Day" Sunday, Sept. 26th, 10:00a.m. to 4:00p.m., at the Upper Canada Migratory Bird Sanctuary. Everyone welcome. Info: 534-2808. Raine or Shine Event.

*GLBT PRIDE PARTY are holding a Fall Dance on Friday Sept. 24th. Info: 937-3504. Proceeds donated to P-Flag Cornwall.

*HERITAGE HOUSE MUSEUM presents "The Margaret Ruhland Heirloom Lace Collection" until November 14th. Collection of textiles and lace. Open daily from 11:00a.m. to 4:30p.m.; located next to the Rideau Canal on Old Slys Road in Smiths Fall. Info: 613-283-8560.

*JOY OF LIVING English Support Group, for separated, divorced or widowed people hold meetings every second Friday of the month, 8:00p.m., Holy Cross School, 124 Anthony St. Info call 938-9578 or 936-1502.

*KNIGHTS OF COLUMBUS, COUNCIL 11347, St. John Bosco Church, 847 York St. are holding their monthly breakfast, Sunday, Sept. 12th, in the Parish Hall, after the 9:30am & 11:00am masses. Everyone welcome.

*KNIGHTS OF COLUMBUS Council #8859, SS-Martyrs-Canadiens invites everyone to their Monthly Breakfast on Sunday Sept. 12th, after the 10:00a.m. Mass in the Church Hall.

*KNOX ST. PAUL'S UNITED CHURCH are holding a Mini Market, on Saturday Sept. 18th, 10:00a.m. Lunch served. Everyone welcome. Info: 933-5851.

*LOYAL ORDER OF MOOSE Cornwall Lodge 1367, 443 Eleventh St. West, presents Sunday Morning Breakfast served every Sunday, 8:30a.m. to 11:00a.m. Everyone welcome.

* MULTIPLE SCLEROSIS SOCIETY SUPPORT GROUP Cornwall District, next meeting will be held on Tuesday Sept. 14th, 7:30p.m. at Chateau Cornwall , 41 Amelia St. Everyone welcome. Info: 938-6777.

*NAVY CLUB DINING NIGHTS: Wednesday: Spaghetti Night 4:30p.m.; Thursday: Navy Club Weekly Suppers 5:00p.m.; Friday: ChooChicken Night 4:30p.m.; Sunday: Charity Diner's Club, 5:00p.m. Charity of Month: Big Brothers/Big Sisters. Everyone welcome. Info 930-2060 ext. 6289.

*NAVY CLUB Recreation Events: "Sunday Brunch" , Sept. 12th, 9:00a.m. - 1:00p.m.; "Navy Cribbage & Euchre", Sunday Sept. 12th, 1:45p.m. Info: 930-2060 code 6289.

*OUTDOOR GROUP upcoming September events: "Bird Watching & Hike at Cooper Marsh", Thursday Sept. 16th, 6:30p.m. Info: 347-3677; "Hike at St. Lazare" Sunday Sept. 19th, 10:00a.m. Info: 347-3677; "Hike in Summerstown Forest" Friday Sept. 24th, 8:00p.m. Info: 347-3677; "Backpacking Camping in Bon Eco" Friday Sept. 24th, 5:00p.m. Info: 938-3614.

*S.D.&G. STUDENT ASSISTANCE ASSOC. is seeking saleable articles for a fall yard sale to be held at 23 Lefebvre Ave., on Oct. 1st-2nd. Rain Date: Oct. 8th-9th. For drop off or pickup of articles call 933-1614.

*SCHIZOPHRENIA SOCIETY OF ONTARIO S.D.G. Chapter, next meeting will be held on Tuesday Sept. 14th, 7:00p.m. in the library at General Vanier. Everyone welcome. Info: 933-3546.

* SEAWAY SENIORS KEENAGERS upcoming schedule: Monday September 13th, Chateau Cornwall, 2:00p.m.

SEAWAY TOASTMASTERS: *would you like to improve your Public Speaking & Leadership Skills? The next meeting will be held on Tuesday Sept. 14th, Murphy's Inn, 7:00p.m. Info: Bob Kikkert at 938-0953.

*ST. ANDREW'S C.W.L. will be hosting the Alexandria-Cornwall Diocesan Executive Meeting to be held in the parish centre on Thursday Sept. 16th, 7:30p.m. Info: 347-3482.

*ST. ANDREW'S PRESBYTERIAN CHURCH presents an "End of Summer Musical Concert & Hymn Sing" on Sunday Sept. 12th, 7:30p.m. Everyone welcome. Info: 932-4431.

*ST. LAWRENCE SENIORS holds Shuffleboard every Tuesday, at 9:00a.m., Cornwall Armouries. Contact Nelson Durochie at 933-4807. Parking at rear.

*ST. MATTHEW'S LUTHERAN CHURCH are holding their Annual Spaghetti Dinner, Saturday Sept. 18th, 5:00p.m. Info: Sybille 933-0830.

*THE COMPASSIONATE FRIENDS Cornwall Chapter, will hold their monthly meeting on Wednesday Sept. 15th, 7:00p.m., St. John Bosco, 137 Eighth St. West (side door entrance). Info: Sue 938-5925.

*TRINITY UNITED CHURCH Ingleside are holding their Autumn Turkey Supper, on Sunday Sept. 26th, 4:30p.m. - 7:00p.m. Take Outs Available.

*VON BREAST CANCER SUPPORT GROUP will be holding their next meeting on Thursday September 16th, VON Office, 7:00p.m., 205 Amelia Street, Everyone welcome. Info: Sheila Airey 932-3451.

*WOMEN ENTREPRENEURS of Cornwall & Area next meeting will be held on Thursday Sept. 16th, 6:00p.m., Ramada Inn. Information and registration: 933-2885.

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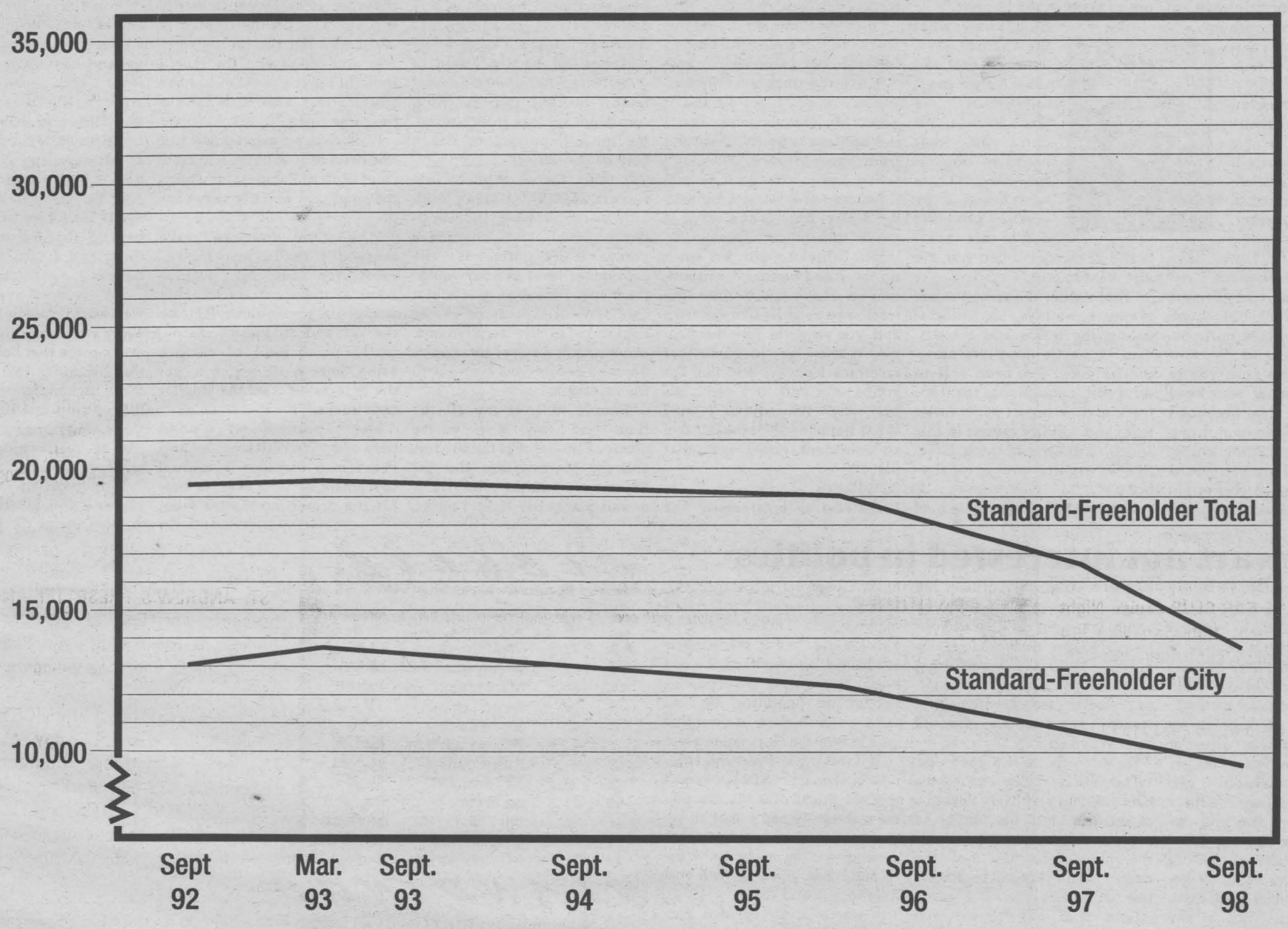
TASTE AND TENDERNESS YOU CAN TRUST EVERY TIME
The consistent goodness of Northridge Farms beef begins with hand-selected cattle grown in the magnificent grasslands of Alberta. Careful processing and aging then bring to your table all the flavour, all the wonderful tenderness born on the western prairies. For taste and tenderness you can trust ... every time.

YOU'RE A WINNER!
Check this week's photos. If you are in one of these photos, clip out the ad and bring it to the courtesy desk at Farm Boy. **You will receive a Northridge Farms Rib Steak** compliments of Farmboy and Seaway News.
SEAWAY NEWS "Your Community Weekly Since 1985"
FARM BOY

and the audit says ...

what's happening here?



	TOTAL	CITY	ALL OTHER
Sept. 1992	18311	12959	5352
Mar. 1993	18570	13334	5236
Mar. 1996	18274	12643	5631
Sept. 1997	16038	11042	4996
Sept. 1998	14481	9982	4499

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Seniors Cut Prime Rib
everyday from 4 pm $9.95
NOW SERVING
Oven Roasted Chicken from $6.95
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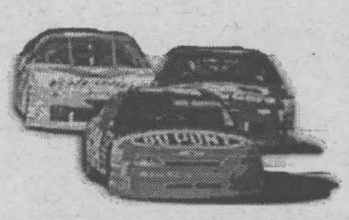
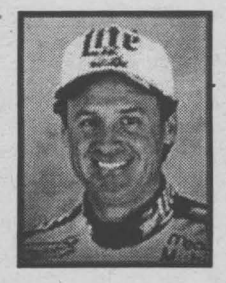
NASCAR Winston Cup NEWS



NASCAR Winston Cup Series

No Pressure On Wallace At Richmond

For Rusty Wallace, "Silly Season," is just that, silly. Such an attitude comes only with job security, which, due to years of prosperity, Wallace will likely always enjoy.



Others however, aren't so lucky. Already in 1999 several drivers have lost their current rides for next season, but Wallace's appeal to both sponsor and team, coupled with his ability to go to Victory Lane, have served him well for years.

"It concerns me that (drivers are let go so often), but, thank God, I'm not involved in it personally," Wallace said. "Man, if you don't perform now, you've got a gun pointed at your head and it's a tough deal because I tell you what, Monday morning the sponsors are calling going, 'Hey, look. What are you gonna do about this?' And you might say, 'Well, you know, this particular day my Chevrolet just is not as good as a Ford or a Ford's not as good as my Pontiac.'

"You know what the sponsor says, 'I don't care if you run a Volvo, get it out there. We want to win. We don't care what brand of car you run. We don't care what brand of tire you've got. We don't care what brand of motor oil you run. We just want to win.'

"That's what the sponsors are saying nowadays, so, unfortunately, the teams and the drivers, if they're not performing, they're gone. I've been able to do good enough on the race track and own part of this race team and solidify myself in this sport, so there's nothing I feel like I've gotta prove to anybody."

Wallace has accumulated 49 career victories over the past 15-plus years, and there are few tracks on which Wallace is more dominant that at this weekend's venue, Richmond International Raceway.

"I like the track a whole lot," Wallace said. "I get around it good. My chassis setup that I use up there is pretty consistent from race to race. Although we've had to change it several times it's never something really, really big. It's always a minor adjustment, I think.

"But I think to win that much up there and be that consistent, you've really gotta like the track, you've gotta like the town and you've gotta like the people. When I get to go to that racetrack I always feel like I'm gonna win and, if I can't, it's like why? Why didn't I win? What happened? Because I feel so confident going into that place."

Wallace's affection for Richmond is warranted. The driver of the No. 2 Miller Lite Ford has won at the .75-mile oval six times, the most of any active driver. Heading into Saturday night's Exide Select Batteries 400, he has posted 14 straight top-10 finishes. Several factors weight into reaching consistent success at Richmond, the most important of which may be confidence.

"I think there's a lot to (my success at RIR)," Wallace said. "You've gotta have the confidence level and nowadays you've really gotta have the confidence level in your equipment too. I mean, if you're not confident in the car or in the engine or in the aerodynamic combination you've got, you're doomed before you ever get to the racetrack.

"People look at me all the time and say, 'Boy, you're always consistent at the Bristols and the Martinsvilles and the Richmonds and the road courses and places like that.' I mean, you try to be, but sometimes things happen that you can't be that consistent. I went to Bristol this year, sat on the front row, and had a flat tire on the right rear and didn't win the race. I thought I had a car I could have won the race with. Richmond is the same thing."

Wallace has mastered RIR like few drivers ever have, and crew chief Robin Pemberton claims the enigma is actually very simple.

"The secret you can't give away, it's really just Rusty," Pemberton said. "He's just so good at the short tracks. He's just got a tremendous feel for the car and it doesn't matter, really, what kind of car we bring there & he seems to get the best out of it on the smaller race tracks."

The professional bond between Wallace and Pemberton includes a mutual agreement -- whatever is best for the driver, no matter what that circumstance may be, is what they'll work to achieve.

"You have to be able to adjust," Pemberton said. "Rusty Wallace is a great driver, talented, and he's really great on the short tracks and the intermediates. The speedways are things that I have probably been able to help a little bit on, but as far as our chemistry goes, my main goal is to really give him whatever he needs or feels that he needs for a racecar. Never let it be said that he wanted something and I said no you can't have it.

"We've done everything that we can to give him every car, every type of spring and shock, every piece that bolts on the car that he thinks that he needs to make it handle or make it go fast or stop fast or whatever it takes. That's my main thing is just to really give the driver whatever he asks for."

That type of respect only comes with job security.

Stewart not interested in politics

When asked to address his series of run-ins with the media this season, NASCAR Winston Cup Series Raybestos Rookie of the Year standout Tony Stewart used the logic of an American icon -- Popeye the sailor man.

"I am what I am, take me or leave me," said Stewart, driver of the No. 20 Home Depot Pontiac. "If you don't like what you get, shop around the garage and there are 50 other guys and you can find what you're looking for. I always get in trouble when I lose whether I blew an engine or got crashed or whatever and that's when I stick my foot in my mouth. Then everybody seems to be like a vulture flying over my head. If I accepted losing why would you want me to drive your race car? There are times I get sick of being politically correct. I got into Winston Cup because I wanted to be a race car driver. If I wanted to be a politician I would be in Washington."

Stewart's choice is a good one. Whether or not he could solve the national debt will likely never be established, but his ability to drive a race car was indisputable the moment he first took the reigns of the Joe Gibbs Racing ride.

Stewart, 27, has eclipsed even the most impressive rookie records in 1999. He has rolled up seven top-5s and 15 top-10s in 24 starts, only failing to finish once. In comparison, Jeff Gordon, an accomplished rookie in 1993, tallied six top-5s and 10 top-10s while falling out of eight races prematurely.

Still, Stewart isn't satisfied. Victory Lane beckons him.

"You have to keep the fact that I haven't won yet in perspective," said Stewart, slowly contemplating his words. "I'm fortunate to be a rookie and have as many top-5s as I have. If we don't win, it won't break my heart, but it will be a little bit disappointing because we've been so close. It's my first year in Winston Cup, not my last.

"If it was my last year and I didn't win, then I'd be disappointed. I thought Bristol was the one that we realistically had a shot at. We ran good at Loudon and that's coming up. You never know the second time around. We'll just have to wait and see."

Stewart's unprecedented success has resulted in legions of followers, something he wasn't expecting but has enjoyed none the less.

"I had no clue it would be this way," Stewart said. "It's been the best part of it. When you go out and get that kind of reception at driver introductions, it's worth a tenth of a second each lap for the rest of the day. It's neat to have that kind of support.

NEXT RACE
Sun. Sept. 11
Excide Nascar Select Batteries 400
Richmond
ESPN 7:30 pm

RESULTS

Official Results Race: The Pepsi Southern 500 Track: Darlington Raceway

Pos	Car	Name	Sponsor	Points	Bonus	Money
1	99	Jeff Burton	Exide Batteries	175	10	$1,148,170
2	22	Ward Burton	Pontiac	170	5	$96,155
3	12	Jeremy Mayfield	Mobil 1	165	5	$70,320
4	6	Mark Martin	Valvoline	160	6	$74,065
5	16	Kevin Lepage	TV Guide	155		$63,510
6	42	Joe Nemechek	BellSouth	150	5	$57,005
7	4	Bobby Hamilton	Kodak	146		$57,935
8	2	Rusty Wallace	Miller Lite	142		$49,925
9	33	Ken Schrader	Skoal	138		$47,260
10	1	Steve Park	Pennzoil	134		$45,130
11	94	Bill Elliott	McDonald's	130		$43,785
12	20	Tony Stewart	Home Depot	127		$46,620
13	24	Jeff Gordon	DuPont Automotive Finishes	124	5	$53,410

STANDINGS

Unofficial Standings After Goody's Headache Powder 500 Bristol Motor Speedway
Race No. 22 / August 22, 1999

Pos	Driver	Pts	7	Dale Earnhardt	3044	14	Ken Schrader	2366
1	Dale Jarrett	3573	8	Rusty Wallace	2740	15	Sterling Marlin	2360
2	Mark Martin	3360	9	Terry Labonte	2740	16	Wally Dallenbach	2333
3	Bobby Labonte	3259	10	Mike Skinner	2660	17	Bobby Hamilton	2306
4	Jeff Gordon	3222	11	Ward Burton	2550	18	Jimmy Spencer	2283
5	Tony Stewart	3196	12	Jeremy Mayfield	2468	19	Bill Elliott	2245
6	Jeff Burton	3107	13	John Andretti	2372	20	Michael Waltrip	2233

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- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Wednesday 5 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 5 pm Wednesday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

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The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS

Serving Cornwall and Area

COMPANIONS CORNER

VERY SHY BILINGUAL MALE, 27, 5'8", 220 lbs, brown hair/eyes, honest, employed. Likes walks, outdoors, spectator sports. Seeking special lady for friendship, relationship. Photo please. CC1954.

DWM, 53, 5'8", 200 lbs. Seeking possible long-term relationship with SWF 40+. Friends first. Enjoy walking, working out, fishing, x-country skiing, dining out, country music, bowling. CC1953.

SWM, UPPER FIFTIES, N/S. Seeks SF, 40-56, who enjoys Theater, Arts, Classical Music, etc. For compatible friendship. CC1952.

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2 APTS/CONDOS FOR RENT

AVAILABLE NOV. 1ST - 2 bdrm apt. Washer/dryer hook-ups, fridge, stove, parking. All utilities paid. Call 932-8850.

231 PRINCE ALBERT. Newly renovated, one & two bdrm apts. Available now. Partially furnished. Near St. Lawrence College with or without utilities. $335/mth to $475/mth. Call 933-0560, leave name & call-back number.

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3 BDRM SEMI. Maple Ave. Gas heat. Washer/dryer hook-ups, large backyard. $450/mth, plus utilities. Call 932-3016 or 932-0829.

SPACIOUS 2 BDRM apt, 2nd floor. Quiet location. 19A Louisa. Laundry hook-ups. No pets. $485/mth, with utilities. Available now. Phone 931-1041.

AVAILABLE IMMEDIATELY or Oct. 1st. 2 bdrm. upstairs apt. Washer/dryer hookups, parking. $435./mth utilities included. Call 933-8169.

LONG SAULT. Available now. Bright 2 bdrm apt. Fridge, stove, carpeted, storage, parking, laundry room. $479/mth & $500/mth. Quiet. Private building. 534-3999.

2-BDRM APT, $579/mth. 3-bdrm apt, $645/mth. Both heated, fridge & stove, carpeted. For quiet couple. Both available now. Call 932-4485.

2 BDRM. UPSTAIRS, fridge & stove, pets permitted, laundry hookup, parking, yard, clean and bright, walking distance to college and malls. $525/mth utilities included. Call Frank 931-2327.

AVAILABLE OCT. 1ST - newly renovated 1 bdrm upstairs apt. Includes fridge, stove, heat, hydro & parking. Call 933-3718.

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97 DODGE DAKOTA 4x4 REG CAB 5 spd, 6 cyl	$15,995
97 FORD ESCORT, 4 dr., auto., air, 47,[illegible]	SOLD $11,995
97 DODGE NEON, 4 dr., auto., air, 50,000km	$10,995
97 SONOMA Z77 EXT. CAB 6 cyl., auto, 57,000km	$16,995
96 CHEV LUMINA VAN very clean, air, 80,000km	$14,995
96 CHEV 2500 SERIES EXT. CAB, short box, air, tilt, cruise, 3/4 ton	$17,995
96 BUICK REGAL, 4 dr., loaded, dual air, 6 cyl.	$12,995
96 MAZDA MX3 2 dr., 4 cyl., 5 spd, air, [illegible]km	SOLD $12,995
96 CHEV CAVALIER Z22 2 dr., red, 2 models to choose from	$10,995
96 DODGE NEON, 4 dr., auto, air, low k's, very clean	$7,995
95 CHRYSLER CIRRUS LX, 4 dr., loaded, V6 motor	$10,995
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95 CHEV CORSICA, 4 dr., auto, air, 60,[illegible]	SOLD $8,995
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*Baldwin St., upstairs bach, furn, appli, parking, $350 incl.
*Carleton, 2-1 bdrms., apli, front porch, parking, $325 incl.
*107 7th St. W., studio, main floor, appli. $360 incl.
*North End, lrg. 1 bdrm. bsmt 4 appli. centra air, gas heating new kit $525 incl.
*303 Carleton, 1bdrm., upst., apli., $325. Incl.
*412 Gloucester, 1 bdrm, apli, parking $390 +
*213-A Montreal Rd, 1 bdrm, upst. apli, $450 incl.
*521 Carleton, 2-1 bdr, apli, basement, $335 + lights
*410 1/2 Gloucester, 1 bdrm, apli, parking, $350 incl.
*Moose Creek, 1& 2 bdrm, parking, yard, $525. Incl.
*2nd St. W., 3-2 bdrms, main fl., upst, apli, $507-535 incl.
*318 Carleton, 2 bdrm duplex, main floor, parking $400+
*316 Belmont, 2 bdrm, basmt, $425 Incl.
*23-A Lefebvre, 2 bdrm, apli, yard, parking $500 incl.
*328 Carleton, 2 bdrm, upstairs, parking, $400 incl.
* 1336-A Alfred, 2 bdrm., bsmt, parking, yard. $550+
*500 Walton, 3 bdrm, main floor, front yard, park, $600 +
*1112-A 2nd St. W., 3 bdrm, duplex, upst., apli, park., $475+
*210 14th St. W., 3 bdrm, basmt, upst., pkg, $450-495 +

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325 Gleeson Ave. (SECURITY)
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425 11th St. West (SECURITY)
1-2 bdrm, mn flr, balcony, security bldg, apli.,$575. incl.

805 MARLBOROUGH ST. N. (SECURITY)
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329 Brookdale, 2 bdrm semi, pkg, yard, $495.+
325 11th St. E., 2 bdrm house, parking, yard, bsmt, $500.+
215 Augustus St., 3 bdrm semi, hrdwd fl., parking, $650 +
Bowille Area, 3 bdrm., 2 storey, garage, barn, central air, large yard, $650+

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COUNTRY LIVING, Williamstown. Semi-detached, 2 bdrms, finished basement, large lot. $625/mth, pay own utilities. Available Oct. 1st. References req'd. Call 347-2636.

1 & 2 BDRM APTS. Laundry, storage, balcony. References req'd. Call 933-9180 or 932-2331.

3 BDRM APTS, immediate or Sept. 1st. 210-14th St. West, large, 6-plex, carpeted, laundry hook-ups, yard, parking, balcony. Nearby schools, bank, bus, medical clinic. 1 @ $450/mth, plus utilities. 1 @ $495/mth, plus utilities. Call Ace Property Management, 936-1533 or leave message.

AVAILABLE NOW - West end, 33 Gulf St. 2 bdrm apt. 4-pce bath, enclosed front porch & yard, parking. $500/mth, plus utilities. 534-3932, evenings.

DOWNSTAIRS. Small 2 bdrm apt. Upstairs large 2 bdrm apt. Good locations. From $400/mth, everything paid. Call 933-7516.

CLEAN, QUIET ROOM located near Walmart. Private bathroom & kitchen. No smoking. No pets. Working mature quiet person preferred. $80/wk. Call 932-0518.

FOR RENT/SALE - 213 Brookdale. 3 bdrm semi. Large kitchen, 4-pce bath, F.A.O. Parking in rear, washer/dryer hook-ups. $530/mth, pay own utilities. Price: $43,000. 938-1931.

INGLESIDE, AVAILABLE immediately. Ideal for young couple or single person. Clean 2 bdrm apt w/fridge, stove & parking. Reasonable rent w/utilities included. Call 613-347-3247.

623 ST. FELIX, 1 bdrm upstairs apt, $400/mth, plus utilities. 621-A St. Felix, 1 bdrm basement apt, $425/mth, utilities included. No pets. References. Call 347-3248.

SECURITY BLDG. Apts for rent. Bachelor, $375/mth. 1 bdrm, $425/mth. 2 bdrm, $550/mth. Includes fridge, stove, heat, electricity, parking, laundry room in building. 933-9471.

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INGLESIDE - 2 BDRM basement apt, 1-1/2 bath, fridge, stove, laundry hook-ups. $350/mth, plus utilities. 2 bdrm apt, $325/mth, plus utilities. Both avail. immed. References. Call 534-2875.

1008 GRAND AVE. Available Oct. 1st. Clean 2 bdrm upstairs, 4 pce bath, washer/dryer hookups, storage, parking, quiet area. No pets. $450/mth plus utilities. 938-8607.

DOWNSTAIRS 2 BDRM apt. $400/mth, plus utilities or 2 bdrm house. Call 938-1569 or 936-0372.

FREE MONTHS RENT. 226 St. Felix or 533 Cumberland. 2 bdrm upstairs apt. Washer/dryer hook-ups. $325/mth, plus utilities. Call 347-7741.

2 BDRM, JOBIN, $585/mth, incl. utilities & basic cable. 1 bdrm, Ingleside, $400/mth, incl. utilities. 2 bdrm apt in Riverside Heights, near Morrisburg, $495/mth, incl. utilities. Call 932-0717, work or 543-3604, home.

4 YARD/GARAGE SALES

PARISIEN MANOR. Parking lot. Saturday Sept. 11th, 8:00a.m. till 12:00noon. 439 Second St. East, Marlborough St. entrance.

YARD SALE, 637 Grantwood Ave. Saturday, Sept. 11th, 8am to 12 noon. Something for everyone.

LARGE GARAGE SALE, Saturday, Sept. 11th, Cornwall Pentecostal Church, 208 Second St. East, 8am to 2pm. Rain or shine.

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13 AUTOS FOR SALE

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FREE ESTIMATES
(613) 931-3269



3 ROOMS OR COUCH & CHAIR $60
A BETTER WORLD CARPET CLEANING
John D'Amours
A FAMILY BUSINESS SERVING CORNWALL AND AREA SINCE 1987
A BETTER WORLD
938-8888 24 HOURS

CORNWALL SPRING
Class "A" Mechanic
Safety Inspection
SUSPENSION & TRUCK MAINTENANCE
TRUCKS, PICK-UPS, CARS, TRAILERS
NEW & USED TIRES
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D&D CONSTRUCTION
• New Homes • Additions
• Complete Roofing • Installation Repair
• Renovations • Snow Removal
• Demolition • Foundation Repairs
• Complete Concrete Work
Fully Insured - Free Estimates
932-8238



YOU COULD BE ADVERTISING YOUR BUSINESS HERE ...
CALL RICK SHAVER at 933-0014

AUTOS FOR SALE

1991 MERCURY SABLE, 4-dr Sedan, power windows/brakes, air-conditioning. Very good condition. Call 932-4745.

CREDIT PROBLEM & tired of being offered second rate vehicles. Call Car-o-line Auto's, 613-448-2488.

1986 FORD F-350 truck. 4-dr, crew cab, 1-ton dually 8 cyl, standard, custom paint job. Mechanics truck - well maintained. Super shape, no rust. Call Mike 932-3883 days.

Bank Says No? We Say Yes!

- YES we accept all credit applications.
- YES to discharged bankrupt.
- YES to disability income.
- YES to poor credit or no credit.



Re-Establish Your Credit & Get Driving. Call Now

INSTANT CREDIT HOTLINE 1-877-332-4477

Toll-Free Automatic Service
Call 24 Hours

THE BANK SAYS NO! WE SAY ✓YES!

AUTO LOANS FOR GOOD PEOPLE
must be employed & have downpayment or equivalent trade

EXPERIENCED CARS BY MIKE COOK



FEATURE OF THE WEEK
93 CHEV LUMINA,
4 dr., auto, A/C, only 85,000km
$9,995‡



not exactly as illustrated

MILLER HUGHES
SINCE 1956 WWW millerhughesford.com

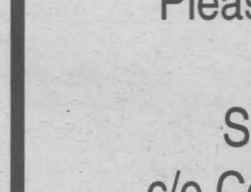
711 Pitt Street 932-2584
‡ taxes extra

S.D.&G. AUTO SALES
3064 Pitt Street 932-9139

92 PONTIAC GRAND PRIX, 4 dr., V SOLD	$6,995
90 AEROSTAR XL, V6, 7 pass., loaded,	$5,650
90 OLDS CIERRA SL, 4 dr., V6, auto.,	$2,800
89 OLDS. DELTA 88, V6, auto., loaded,	$4,500
89 OLDS. CALAIS, 4 dr., auto., air,	$3,650
88 PONTIAC BONNEVILLE SSE, 4 SOLD	$4,850
88 DODGE RAM D-50, 5 speed, r SOLD	$3,650
88 JEEP YJ HARD TOP, 4x4, like new,	$7,995
93 GMC EXT. CAB SL, V8, 4x4, air, stereo,	$15,900
91 GMC JIMMY SLE, 4x4, V6, l SOLD	$8,995
95 CAVALIER, 4 dr., auto., air, SOLD	$8,995
97 FORD ESCORT LX, 4 dr., auto., air,	$8,995
94 CHRYSLER INTREPID, 4 dr., auto., loaded,	$8,350
98 FORD WINDSTAR GL, 50,000 k SOLD 3.8 V6, loaded,	$19,500
95 CHEV. SILVERADO EXT, 4x4, l SOLD	$22,500
94 MERCURY SABLE WAGON, 7 pass., loaded,	$7,450
93 CHEV. CAVALIER, 4 dr., auto., a SOLD	$4,995
93 DODGE GRAND CARAVAN SE, 7 pass., loaded, 3.3 V6,	$8,350
92 FORD AEROSTAR XL, 7 pass., Ext., 4.0 V6,	$7,650
92 GMC SLE PICKUP, 305, V8, loaded,	$8,950
91 PONTIAC SUNBIRD LE, 2 dr., V6, auto.,	$4,650
89 MERCURY SABLE, 4 dr., V6, au SOLD	$3,950
86 MERCURY COUGAR, 2 dr., auto SOLD V6, only 55,000 kms,	$2,995
94 MERCURY GRAND MARQUIS, 4 SOLD GS, loaded,	$9,450
97 MERCURY GRAND MARQUIS L SOLD only 50,000 kms,	$21,500
91 CHEVY CAVALIER RS, 4 dr., auto., air,	$4,450
91 BUICK REGAL LTD., 4 dr., loaded,	$6,900
90 OLDS CUTLASS SL, 4 dr., loaded,	$5,395
90 DODGE BELL VAN, 4 cyl., auto SOLD	$2,450
94 FORD CROWN VIC. LX, 4 dr., l SOLD	$11,300
88 TOYOTA TERCEL, 2 dr., coupe, auto.,	$2,950
91 PLYMOUTH VOYAGER, 7 pass., SOLD ue,	$7,995
95 MONTE CARLO, 1 owner, V6, a SOLD loaded, low kms,	$8,950
98 FORD WINDSTAR GL, 38,000 k SOLD 3.8 V6, loaded,	$18,900
91 PONTIAC SUNBIRD GT, 2 dr., V SOLD	$5,995
89 FORD TAURUS L, 4 dr., SOLD	$3,950
97 PLYMOUTH VOYAGER, Sport, V SOLD	$14,500
90 PONTIAC BONNEVILLE SSE, 4 SOLD	$5,995
91 CHRYSLER DYNASTY, 4 dr., V6, SOLD	$5,450
88 FORD F-150 LARIAT, V6, loade SOLD	$5,725
88 OLDS. CIERRA SL, 4 dr., loade SOLD	$2,950

And The Construction Sale Continues!!
Thousands of Late Model Vehicles at Our Disposal Every Week
FORD - GM - CHRYSLER

1992 OLDSMOBILE SIERRA, 4-dr, auto, V-6, fully equipped, 108,000 km, $5,300. safetied. 1991 Chev Cavalier, 4dr, auto, 104,000 km, very good condition, $3,600 safetied. 1990 Pontiac Grand Prix LE, 4-dr, auto, V-6, fully equipped, $3,200. safetied, very good condition. Gerard Poirier Auto Sales. New location: 2 km east of Alexandria on Lochiel Road towards Glen Robertson. 525-1656 or after hours 874-2440.



21 HELP WANTED

WE ARE LOOKING FOR key people to expand our Financial Services business in this area. Experience not necessary. We will train. For an interview, please call Micheline at 931-3124.

EARN $200.,$300.,$500. or more per week, assembling product in the comfort of your own home. Send self-addressed stamped enveloppe to: O.P.H., 6-2400 Dundas St. West, Suite 541, Ref. 671, Mississauga, Ont. L5K 2R8.

23 HOME SERVICES

J.R. RESTORATION, Roofing, chimneys/repairs, brickwork, foundation repairs, framing, door & windows, ceramic tiling, carpentry, siding, painting. For all your renovation needs. Call J.R. 613-938-7742.

MIKE'S TREE PRUNING, cutting & removal, general yard work & cleaning. Will do demolition. Eavestrough, chimney cleaning & repair. Free estimates. Firewood for sale. Call Mike 931-1251.

RENOVATIONS, BUILDING & addition needs, roofing, siding, drywall, decks, sheds, garages, patios. Call Robert The Perfect Handyman, 525-2197. Free estimates & customer satisfaction.

HANDI LADIES WORK FOR YOU. Handy Ladies are here for you to do the things you don't have time to do. Heavy-duty cleaning, walls, floors, ceilings, windows in/out and more. S.D.& G. area. Call 936-9362 or 936-9150. Save it.

RILEY'S PAINTING. Drywall & ceiling repairs, water damage, wallpapering & odd jobs. Light truck available. 20 yrs experience. Reasonable rates. Call after 6 p.m., Residence, 938-8839. Pager#930-8851.

ERNIE'S CLEAN-UP SERVICE. Cedar hedge trimming, fencing, roofing, painting, snow blowing, yards, basements, lawn cutting, tree cutting. 938-1684.

24 BABYSITTING

MOTHER OF ONE willing to babysit. Shift-work welcomed. Reasonable rates. In the town of Monkland. 7 yrs. experience. Call Gina, 346-1031.

MOM OF 2 will babysit in my home. Smoke-free environment. Nutritious meals & snacks and lots of fun learning. Call Carry, 933-7361.

GO TO WORK worry free. Full-time day care available. North end. Large playroom. References. Receipts. Non-smoking. Call Rita, 933-2803.

EARLY CHILDHOOD Certificate with First Aid & CPR. Babysitter situated between College & Sears. Flexible hours & receipts available. Call Linda, 938-4942.

25 CHILD CARE

VICKIE'S HOME DAY CARE - Professional care in a home setting with over 22 yrs. experience. References available. Receipts given. Ingleside area. Call 537-9585.

26 BOATS/ MOTORS

SAIL BOAT, 20' w/sails, motor & trailer. Sleeps 2-3. In water & ready to sail. Includes balance of dockage for season. $2,500. Call 938-1029, best time between 5:30-6pm.

34 HOUSES FOR RENT

EAST END, single house. 3 bdrms, two 4-pce baths, newly painted, back yard for garden, parking. References. $600/mth, no utilities. Call 932-4376.

116 PRINCE ALBERT - Avail. Oct. 1st. 3 bdrm house with garage. Washer/dryer hook-ups. $650/mth, heat included. Pay own electricity. No pets. Local call 361-0248.

FOR RENT
Great For Semi or Retired Couple



1100 sq. ft. Lower Unit, 2 bedroom, large living room & kitchen, 4 pc. washroom, gas fireplace, private yard & new custom built utility shed, snow & grass done by landlord. Avil. Nov. 1.

938-1616
ASK FOR ROGER

779 YORK ST. Available Nov. 1st. 2 bdrm house. $575/mth plus utilities. Call 936-2103.

2 BDRM BUNGALOW on private lot. Available Sept. 1st or Oct. 1st. Country setting. Fridge, stove, storage shed, private driveway. $450/mth. Call 538-2840.

3 BDRM BUNGALOW. Bathroom w/washer/dryer, open-concept kitchen w/patio door to deck, rec-room, woodstove, 2-car garage. Avail. anytime. $650/mth. Toll free: 1-888-356-4010. #16402 County Road #18.

35 HOUSES FOR SALE

2 BDRM BUNGALOW - 320 St. Felix. Newly renovated, central air, 6'-4" basement, gas heated. Low down payment. $46,000. Call 932-3530.

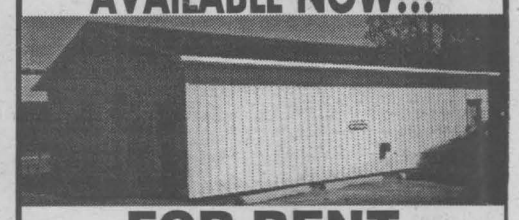
GREAT DEAL - 1-1/2 storey, 4 bdrm brick home on large lot. Featuring central air, new windows & kitchen, hardwood floors, etc. 162 Emma Ave. $89,500. Call 937-3965.

SAVE MONEY NOW!
Refinances, purchases and debt consolidations.
Pay off high interest loans & credit cards.
5 Year Mortgage • 6.80%
UPPER CANADA MORTGAGE
930-2592

WATERFRONT PROPERTY on Lake St. Francis, Lancaster. 20 mins. from Cornwall. Lovely 3 bdrm house, year round living. Lot 3.43 acres beautifully landscaped. TV aerial & satellite dish. Many extras. Boat lift, docks. Storage bldg 30X40. Available immediately. 347-7224.

COZY 3 BDRM HOME. Large kitchen with Jennair, island, built-ins & oak cupboards, airtight woodstove, 2 bathrooms, double paved driveway. $53,000. firm. Call 346-2421.

AVAILABLE NOW!!!



FOR RENT
storage, 1050 sq.ft., central, dry, cement floor, large garage door **$500** per month.
Call Mr. Aubry 933-0014

Cornwall Motor Sales Service Department
is expanding and immediately requires a
FACTORY TRAINED TECHNICIAN
with a minimum 5 years experience

This is a career opportunity with a good benefit package with excellent renumeration. We provide excellent working conditions in a very safe environment.

Please bring resume to:
Gerry Loiselle
Service Manager
c/o Cornwall Motor Sales
Brookdale and 401

IMMEDIATE OPENING

Grant Dodge Chrysler has an immediate opening for a part-time service advisor, Friday, Saturday and Monday.
Approximately 25 hours per week.
Applicants should have customer service experience.
Apply in person between 9:00 am and 11:00 am.
Ask for Kelly Sinnott

GRANT • DODGE • CHRYSLER • JEEP
2205 Vincent Massey Dr. 938-0934

WE CAN BUILD ON YOUR LOT OR IN...

LYNWOOD FOREST
DEAN DR. & JO-ANN CRES.
Sunrise Acres
THE FAIRWAYS
MENARD BROS. & ASSOCIATES LTD.
932-7686 ext. 127
938-0031 (after hours)
Give Guy Menard a call today...
Visit us at: www.menardbros.on.ca

21 - HELP WANTED

CAREER OPPORTUNITY

Local Automotive Dealership is looking for dynamic, personable salespeople to join our sales force. The successful applicants must be motivated, self starters, wanting to succeed. Experience not necessary, we will train. Excellent remuneration package and company benefit package available.
All resumés will be viewed in confidence.
Please send resumés to:
Attn: Salesmanager
1200 Brookdale Ave.
Cornwall, Ont.
K6J 4P4

38 OFFICES/ STORES BLDGS.

STORE FOR RENT - approx. 1,000 sq.ft. Currently being used as Travel Agency. Excellent location. Reasonable rates. Call 528-4030.

INSULATED WORKSHOP for rent. 1,400 sq.ft. with 10-ft. overhead door. Alarm system. Oil furnace. Located on Service Road off Boundary. $375/mth. Call 938-3558.

REAL ESTATE WANTED

Qualified buyer looking to purchase St. Lawrence River front residence or prime river lot. Within 10-15 min. east of Cornwall. Reasonably priced. Call 938-8839 (leave message)

41INCOME PROPERTIES

TRIPLEX FOR SALE

711 Amelia

1 - 3 bdrm, 1400 sq. ft. apt. on ground floor with 1-1/2 bathrooms. 2-2 bdrm apts. upstairs. Meets requirements of Retrofit Fire Code. New roof just installed. Ideal for owner occupied.

$89,900.00

933-2828

ROSS ST. Newer 4-unit apt bldg. Large 2-bdrm units. Good income. Price reduced. Owner anxious to sell! Asking $160,000. Latreille Real Estate Inc. 938-3800.

42 LOTS/ LAND

GREAT PRICE - Private sale. Approved building lot. 2.76 acres on Hwy. #2, 1 mile west of Ingleside. Asking $13,000. Call Gilles for more details at 938-7071, leave message or E-mail: gilles@datacom.ca

49 COMING EVENTS

AUTUMN TURKEY SUPPER, Trinity United Church, Ingleside, Sunday, Sept. 26th/99, 4:30-7pm. Adults, $9. Students, 6-12 yrs, $4. Children, under 6 yrs, Free. Take outs available.

57 DJ'S

D.J. STEVE, a member of The Wedding Specialist Group. For all your wedding & party needs. Great tunes at a great price. 937-3499

POWER SOURCE DJ's. Part of the professional group of D.J.'s. Specializing in stags, weddings & any other special occasions. Karaoke & lights available. Call Ray 938-1962/Rod 936-0652.

58 WEDDING PRODUCTS

CATHARINE'S CREATIONS. Invitations from .75¢ each. Rentals available - Arch, $85. Wishing Well, $25. Pillars, $60. Artificial cake with fountain, $85. Pew bows, $30. Cathy Orchard, 937-3521.

68 CARTING/MOVING /STORAGE

U-DO-IT STORAGE. Save money on heated storage by renting a room & handling your own goods. A division of St. John's Transfer, 950 Boundary Road. 933-1495.

69 COURSES/ LESSONS

SHOTOKAN KARATE - Courses for everyone. John Sandfield School, 581 Cheryl St. Classes: Tues-Thurs, 6:30 to 7:30, mixed. 7:45 to 8:45, 16 & up. $15/mth. Call 937-0998.

MUSIC LESSONS: Guitar. Violin. Banjo. Mandolin. Bass. Dobro. Teacher with lots of patience for beginners. For sale: Acoustic Guitar at half price, $1,500. 932-1347.

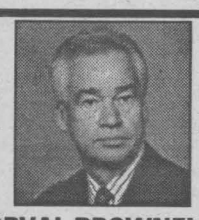
Century 21

SHIELD REALTY LTD.

465 PITT STREET 938-2121 933-5154



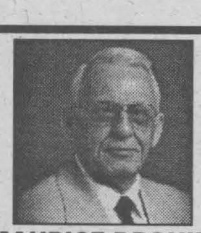
CHARLES SAYYEAU
Sales Rep. 933-1558



ORVAL BROWNELL
Assoc. Broker 932-7061



HENRIETTA DUVALL
Sales Rep. 537-2638



MAURICE DROUIN
Sales Rep. 933-6146



GINETTE CAMPBELL
Sales Rep. 932-1609



JUDI AUGER
Sales Rep. 931-3293



SHERRY McCULLOUGH
Sales Rep. 937-0891



MICHAEL VANDER MEER
Assoc. Broker 938-2121



MOE LEMIEUX
Sales Rep. 932-9386



JACK ROY
Sales Rep. 931-1290



TODD THOMPSON
Sales Rep. 937-0292



ERIC PEDERSEN
Broker 938-9690



GERRY PILON
Sales Rep. 931-3555



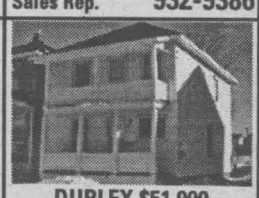
ROGER VIAU
Sales Rep. 932-1325



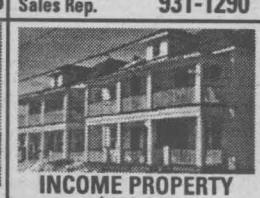
MIKE DeBOER
Broker 938-7802



73 MONACO CR. $289,000
(A-MLS 0806) Indoor pool in this exec hme in excellent condition
GERRY PILON 931-3555



DUPLEX $51,900
(A-MLS 0716) Great income property or live in one, rent the other
CHARLES SAYYEAU 933-1558



INCOME PROPERTY $229,000
(A-MLS 0715) Two 4-plex = 8 units. Great deal! Money maker!
CHARLES SAYYEAU 933-1558



9-9A GLOUCESTER $79,500
(A-MLS 0921) Well-maintained brick buplex. Spacious units
ORVAL BROWNELL 932-7061



2136 TOLLGATE
(A-MLS 0816) F.A. Electric, 1-1/2 baths, 2+1 bdrms.
ORVAL BROWNELL 932-7061



PRIVATE COUNTRY LIVING $89,000
(O-MLS 0837) Air cond. bung., attractive hdwd flrs & oak cabinets w/large shop on this 1/2 ac lot
HENRIETTA DUVALL 537-2638



BRING AN OFFER INGLESIDE $98,900
(O-MLS 0747) 3 bdrm brick bung built in '92. Finished rec room. What A Deal!!
HENRIETTA DUVALL 537-2638



A REAL GEM! $127,900
(A-MLS 0923) Country setting within city limits is this 3 bdrm family home. Family rm w/wdstve, living rm frpl, rec rm patio doors to large patio
MAURICE DROUIN 933-6146



311-A CARLETON $41,900
(A-MLS 0328) Alum. & vinyl exterior, 2 bdrms. each unit Solid Income
MAURICE DROUIN 933-6146



220-220A CARLETON $29,900
(A-MLS 0320) 1 bdrm each unit, minimum exterior maintenance Good Income
MAURICE DROUIN 933-6146



203-A CARLETON $49,900
(A-MLS 0316) 2 bdrms. ea. unit, cement block ext., good income
MAURICE DROUIN 933-6146



6238 MAPLE ST. $89,000 McLAUGHLIN'S PT.
(J-MLS 0829) Excellent year round home featuring 4 bdrms., frpl, large living rm, full lot, Riverfront access & much more
GINETTE CAMPBELL 932-1609

CHINA INN $69,900 RESTAURANT & BAR
(A-MLS 0937) Excellent turn-key operation featuring well established Rest. w/Karaoke set up. High traffic location, lots of great opportunity. Must call today for details!
GINETTE CAMPBELL 932-1609

CHEZ LOUISE $219,000 RESTAURANT & BAR
(A-MLS 0938) Excellent business opportunity. Rest. w/entertainment & licenced bar. High traffic location, good income, lots of parking. A Must See
GINETTE CAMPBELL 932-1609



NEW CONSTRUCTION
(M-MLS 0851) 3 bedrooms, open concept, gas heat, rec room & more.Long Sault, $135,900
JUDI AUGER 931-3293



LIKE A DOLL HOUSE!
(A-MLS 0457) This clean, modern home is well worth the $365/mtg. payment it would cost to live here. Only $49,900
JUDI AUGER 931-3293



BAYVIEW ESTATES
(J-MLS 0956) Hdwd flr, open concept, fin bsmt, frpl, pool & more. Priced to sell at $110,000
JUDI AUGER 931-3293



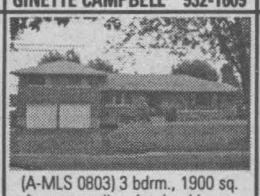
FAMILY WANTED!
(M-MLS 0929) Immaculate & well-designed home with ceramic entrance, formal dining, fin bsmt, workshop, office area & 4 baths. All for $175,000. Call Judi today
JUDI AUGER 931-3293



2 ACRES
(L-MLS 0850) 7 yr. old open concept home, Rec room & extra bdrm. downstairs. Rombough Rd.
JUDI AUGER 931-3293



PURCELL RD. $132,900
(J-MLS 0831) 4 bdrms., main flr. family, 2200 sq. ft. Call To View
JUDI AUGER 931-3293



(A-MLS 0803) 3 bdrm., 1900 sq. ft., very well maintained home with gas heat & recent updates. $129,900. Call Judi to view.
JUDI AUGER 931-3293



SPACIOUS 3 BDRM.
(A-MLS 0898) Oak kitchen cabinets, rec room & 160 foot lot. Excellent value $67,900
JUDI AUGER 931-3293



BALDWIN
(A-MLS 0961) Lovely home in mint condition, fireplace, C/A & hdwd flrs. Call Judi quick.
JUDI AUGER 931-3293



VALUE PACKED!
(M-MLS 0957) 3 bdrms, gas frpl, 2 baths, dbl car garage & 5 min from Cornwall
JUDI AUGER 931-3293



(J-MLS 0942) Sitting on 2 acres & only 5 min. from town. Excellent condition. Call Judi to view
JUDI AUGER 931-3293



A RARE FIND! $119,900
(A-MLS 0917) Riverdale location. 2-3 bdrm units, close to schools, bus route & park
SHERRY McCULLOUGH 937-0891



NEW PRICE...$62,000
(A-MLS 0926) Buyer Friendly! Start With Me!
SHERRY McCULLOUGH 937-0891

BRING BACK THE SPARKLE? AND YOU'LL HAVE MADE A SMART INVESTMENT. $32,900
(A-MLS 0951)
SHERRY McCULLOUGH 937-0891

434 CLINE AVE. $129,900 A HARVEST OF FEATURES!
(A-MLS 0959) Gas frpl, main flr family rm, screened-in sunporch, abv. grd pool, oak kit. & railings, 2 baths & 3+1 bdrms.
SHERRY McCULLOUGH 937-0891

LONG SAULT $101,900
(M-MLS 0927) Absolutely immaculate 3 bdrm brick bung in the heart of Long Sault. This one is definitely not a drive by.
MIKE VANDERMEER 938-2121

PARK AVE. $39,900
(A-MLS 0922) 2 bdrm located near college. Great starter home or rental income property.
MIKE VANDERMEER 938-2121

PARAGON RD. $86,900
(J-MLS 0662) 116 acre hobby farm, 4 bdrm. home in need of repairs
MIKE VANDERMEER 938-2121

LAKEVIEW HEIGHTS $119,900
(M-MLS 0863) Spacious family home with att. garage on large lot just minutes from town
MIKE VANDERMEER 938-2121

CENTRAL
(A-MLS 0935) Spotless 3 bdrm home, 28x30 garage, superior landscaping. "A Gardener's Dream"
MIKE VANDERMEER 938-2121

WELL-MAINTAINED
(J-MLS 0905) Bung. with 1200 sq. ft. spacious kit., dining rm, living rm, huge family rm overlooking patio deck & above ground pool in nicely landscaped backyard.
MOE LEMIEUX 932-9386

136 GARDNER $81,900
(A-MLS 0958) Cozy 3 bdrm bung. w/over 900 sq. ft. Roof recently reshingled, C/A, det. garage, fenced yard, nice lot, good location
MOE LEMIEUX 932-9386

58 LEONIA $81,900
(A-MLS 0932) 1000 sq. ft. bung., hdwd. flrs., recent FAG furnace, wdstve, det. garage, fenced yard,
MOE LEMIEUX 932-9386

KING'S ROAD $209,000
(J-MLS 0732) Large ranch style bung., nestled on 54 acres. Very private
JACK ROY 931-1290

FINCH AREA $79,500
(N-MLS 0907) Affordable 3 bdrm. bung., with finished rec room, satellite dish, new gas furnace and hot water tank
JACK ROY 931-1290

MUST BE SEEN!
(A-MLS 0745) 2-storey with completely renovated interior
JACK ROY 931-1290

$175,000
(N-MLS 0800) Looking for a business in a great location? Building over 3600 sq. ft. & live next door in an 1800 sq. ft. move-in cond. home. A Must View!
TODD THOMPSON 937-0292

$250,000
(J-MLS 0830) Beautiful renovated top to bottom home along with a commercial bldg. to start your own business in a great location. Hwy. #34
TODD THOMPSON 937-0292

WELL ESTABLISHED TOWING COMPANY $189,000
(A-MLS 0648) Includes land, building, trucks & more
TODD THOMPSON 937-0292

22A, B SEVENTH ST. $57,900
(A-MLS 0790) Excellent 2-2 bdrm side by side duplex. All renovated
TODD THOMPSON 937-0292

TRIPLEX REDUCED ... $94,900
(A-MLS 0791) $18,000 gross, shows good, invest in your future
TODD THOMPSON 938-0640

132-A JARVIS $119,900
(A-MLS 0813) Immaculate duplex with 2-3 bdrm units, updated windows, dbl. det. garage. "A Must View!"
TODD THOMPSON 937-0292

414 McCONNELL $47,900
(A-MLS 0842) Excellent well-decorated starter home in very good cond., early possession
TODD THOMPSON 937-0292

COMMERCIAL PROPERTY $110,000
(J-MLS 0637) Great location on Hwy 2, E. of Glen Walter, lot 300x636. 2 separate entrances, 2 buildings
ERIC PEDERSEN 938-9690

GREAT VALUE $127,900
(A-MLS 0822) 3 bdrm split-level, quiet location, lg. treed lot 52x130
ERIC PEDERSEN 938-9690

Hwy. 2 - 1 Mile E.of Summerstown $79,900
(J-MLS 0649) Well-kept 3 bdrm., modern kit., large living rm, hdwd flrs., frpl, dining area
ERIC PEDERSEN 938-9690

226 PRINCE ARTHUR $57,000
(A-MLS 0848) Clean 3 bdrm. on full lot w/garage/workshop, fenced yard
GERRY PILON 931-3555

DENNY'S SMOKE SHOP

MONTREAL RD.

(A-MLS 0947) Well-established confectionary with a very good income. Ideal family business
GERRY PILON 931-3555

33-33A GULF $69,000
(A-MLS 0875) 2 bdrm. updated dbl tenement on full lot w/large yard
GERRY PILON 931-3555

511 BLOSSOM PARK $99,900
(A-MLS 0946) 3 bdrm brick bung. in prime location; has in-law suite & good mtg. oac.
GERRY PILON 931-3555

NEW LISTING (A-MLS 0960), **304-13TH ST. WEST,** Side-Split, **$94,500**
(O-MLS 0903), **38 ST. LAWRENCE, INGLESIDE,** great view of the river, 4 bdrms., **$79,900**
(M-MLS 0925), **KING'S RD., ST. ANDREW'S,** Excellent building lot (553'x567'), **$35,000**
(A-MLS 0884), **792 DUNDEE AVE., NORTH END** Full services, private drive, **$72,500**
ROGER VIAU 932-1325

DAFOE ROAD, INGLESIDE $99,900
(O-MLS 0909) The one you've been waiting for. Hobby farm, 55 acres, good home, outbuildings, on paved road
MIKE DeBOER 938-7802

ST. ANDREW'S WEST TWP. RD. 38 $101,900
(M-MLS 0838) Only 15 minutes from town. This delightful bung has everything you need. Rec rm w/wdstve, all freshly redecorated, 24x32 dbl. door gar., insul., heated & wired
MIKE DeBOER 938-7802

LONG SAULT $64,900
(M-MLS 0952) 3 bdrms, family rm, efficient gas heat, large private 60x125 lot
MIKE DeBOER 938-7802

COURSES/ LESSONSS/

T.R. LEGER SCHOOL
Windmill Point Campus
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EVENING COMPUTER COURSES

WINDOWS 98 BASICS - 15 hours each
3 Start Dates: Sept. 20, Oct. 26 & Nov. 29

COREL WORDPERFECT 8 - 15 hours each
Start Dates *Level 1*: Sept. 21 & Nov. 10
Level 2: Oct. 7

MICROSOFT WORD 97 - 15 hours each
Start Dates *Level 1*: Oct. 18 - *Level 2*: Nov. 3

SPREADSHEETS (EXCEL OR QUATTRO PRO)
15 hours each
Start Dates *Level 1*: Oct. 5 - *Level 2*: Oct. 26

EXPLORING THE INTERNET & E-MAIL
9 hours each
3 Start Dates: Oct. 5, Nov. 3 & Nov. 29

CREATING WEB PAGES - 15 hours Starts: Nov. 16

MICROSOFT ACCESS 97 - 15 hours Starts: Oct. 18

MS POWERPOINT 97 - 9 hours Starts: Nov. 22

SIMPLY ACCOUNTING - 15 hours - Starts: Oct. 18

Times: 6:00 p.m. to 9:00 p.m. - Twice Weekly
Cost: 15 hours: $85 - 9 hours: $50 + GST

For more information and to register call Diane at 937-0120

UPPER CANADA District School Board

T.R. LEGER SCHOOL
of Adult, Alternative and Continuing Education

Software Specialist/ Business Systems Analyst Program

This 40 week innovative program being offered at Brockville, Cornwall and Kingston Campuses is designed to concentrate on the technical aspects of computer systems in a business environment. Graduates from the SS/BSA Program will qualify for consideration as a member of an organization's Information Systems support team in positions such as Junior Systems Analyst, Programmer Analyst, Software Developer, Local Area Network Administrator, Help Desk or Technical Support Technician, or in self-employment as an Independent Consultant.

St. Lawrence College

Business & Industry Training Services

For information please call:
Brockville:
(613) 345-0660, ext.3148
Cornwall:
(613) 933-6080, ext.2153
Kingston:
(613) 544-5400, ext.1364

ST. LAWRENCE COLLEGE SAINT-LAURENT BROCKVILLE CORNWALL KINGSTON

ISO 9001 Registered

Business and Industry Training Services

and **Human Resources Development Canada** are providing training to

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Eligible recipients will benefit from 8 weeks of in-class instruction on business skills, and receive up to 36 weeks of mentoring. Participants will have access to experienced and proven entrepreneurs who will guide them in the establishment of their new venture.

You may qualify if you:
are currently receiving employment insurance benefits;
or received unemployment insurance in the last 3 years;
or received maternity/parental benefits in the last 5 years
and want to return to the workforce.

INFORMATION SESSIONS
Wed., Sept. 8 at 2:30 p.m. or Mon., Sept 13 at 10:30 a.m.
M264, Cornwall Campus
There's still time to apply!

For more information please contact Louise Boulay at (613) 933-4693, ext. 2153.

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71 HALL RENTALS

CORNWALL SEAWAY LIONS CLUB HALL, 123 Fortier St. Available for banquets, parties, showers, anniversaries, weddings, meetings funerals. Services available: catering service, podium, overhead projector, VCR, T.V. Fee: $50/event, free if bar sales exceed $500. For reservations, call Lion John Dewar, 613-932-1631 or leave message, 938-0040.

74 LOST & FOUND

FOUND: SET OF KEYS with folding scissors approx. Aug. 30th at The Fishing Hut. Owner may claim by calling, 933-4636.

76 PET LIVESTOCKS

AUSTRALIAN SHEPHERD puppies, ASCA Registered. Himalayan kittens, CCA Registered. All vet checked and 1st shots. Breeder direct. Call 931-2806.

BEAUTIFUL PUPPIES & adult dogs. Shih Tzu's, Shelties, Terri-Poos, German Shepherds & others. Bridlewood Kennels, Hwy#43, second farm east of Highland Road. 527-2074.

RING UP PROFITS WITH THE CLASSIFIEDS

PAWS R US KENNEL. Registered puppies. Skye Terriers. Cockers. Maltese. Miniature Dalmations. Huskies. German Shepherds. Miniature American Eskimo. Chow-Chow, Labs & others. 1-yr. written guarantee. Delivery available. 819-647-2118.

FOR SALE: One black Pomeranian. 8 weeks old. Dewormed. Ready to go. Call 938-2962.

85 PERSONALS

DON'T YOU DESERVE TO meet someone nice? Call Misty River Introductions - Cornwall's traditional matchmaker. 613-257-3531.

TAROT CARD READINGS - + free Tea Cup or Crystal Ball. Reiki + therapy here. Natural healing. The mind suffers & the body cries out. Just call Elantis, 938-6199.

92 NOVENAS

THANK YOU TO ST. JUDE, the Sacred Heart of Jesus & the Blessed Holy Spirit for favours received. L.N.

TO PLACE YOUR AD CALL 933-0014



AUCTIONS

HOUSE SALE
Mr. Vincent Eastman
531 BURTON AVENUE, CORNWALL, ONTARIO
Between 5th & 6th (off either Augustus or York)
Tuesday, September 14th
8:30 a.m. to 5 p.m.

4 pc. bedroom set consisting of double bed, vanity & stool; dresser & chest of drawers with tear drop pulls; sofa & chair; oak Morris chair; cedar chest; crocks including Farrar & Soule jug, St. John's, PQ; floor lamps; hall tree; linen; bedding; glass; dishes; kitchen ware; antique tools; early 20" birch bark canoe; child's circa 1930 air flow wagon; garden tools; lawnmower; lawn glider; twin beds; new cross country skiis like new; other misc. articles.

Terms: Cash or Acceptable Cheque

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com

AUCTIONS

REAL ESTATE AUCTION
SAT., SEPT. 25th - 11 am Sharp!
19157 Hay Rd., Summerstown Station

TO BE SOLD ON SITE: beautiful 2+2 bdrm. bung. (built in 1977) on a well landscaped lot 106x202. Front is white granite stone with marble sills - massive fireplace of same materials, central air cond., attached garage, new roof in '96. Motivated vendor has already built out of town.
This property **WILL BE SOLD** subject **ONLY** to a minimum bid of $50,000.
TERMS: $1,000 deposit. Balance due on closing November 1, 1999

OPEN HOUSE: SAT, SEPT. 18 - 1 to 3 pm

"Have Gavel Will Travel"
Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201

HOUSE SALE
Mr. & Mrs. Robert & Betty Sher
111 FIRST STREET EAST, CORNWALL, ONTARIO
(corner of First & Sydney)
Wednesday, September 15th
8:30 a.m. to 5 p.m.

Washstands; buffets; misc. tables; porch rocker; bedroom sets; sofa & chair; kitchen set; stove; portable washer; kitchen ware; garden tools; other misc. articles.

Terms: Cash or Acceptable Cheque

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com

AUCTION SALE
TOOLS, AUTOMOTIVE, MACHINERY
Bernie & Aline Racine
McCONNELL AVENUE NORTH, 1/4 mile north of Cornwall - McConnell Avenue & 401 Overpass - just north of the 5th Wheel Truck Stop
Sat, Sept. 18th - 10:00 a.m.

1979 Mercedes, as is; two riding Hako propane sweepers; steel weighing scale, 15,000 lb. capacity; heavy duty floats, as is; H.D. trailers, as is; 5' Bolens grass flair; 4' Bolens snow blower; elec. winch; large commercial glass flair with cutter; pallet trolley; large selection of automotive parts for older model cars; contractor tools; motor oil; trailer axles; 6" planer; table saw; building materials; assort. of lumber; construction equipment; "skip lift" handicap lift 600 lb. capacity; large assort. of interlocking bricks; small assort. of steel; commercial insulated doors & frame; block & tackle; new & used tires; large assort. of nails, etc; gate heads; cement buggy; Ford dump truck, as is for parts - has new motor; motorized lawn roller, as is; metal shelving; 19' house trailer; blacksmith forge; antique tools; large flood lights; plexiglass; large flat to wall cupboard; ice cream parlour tables; wooden lawn chairs; glass ware; other misc. articles too numerous to mention.

Terms: Cash or Acceptable Cheque - Canteen
Owner or Auctioneer Not Responsible for Loss or Damages

FLORA GRANT DUMOUCHEL
AUCTION SERVICES
Ingleside, Ontario 613-537-2925
www.theauctionfever.com

AUCTIONS

AUCTION SALE
Saturday, September 18th - 10 a.m.
Household effects along with complete liquidation of Muriels of Morrisburg (The Flower Shop) to be held at the residence of proprietor
7 Maud Street, Morrisburg, Ontario
3rd street south of lights

Antique hall seat; parlour table; highboy; sideboard; washstand; Queen Anne chair; loveseat (to be reupholstered); knick-knack shelf; plant stands; dressers; refrigerator & stove; matching Kenmore washer & dryer; microwave; couch & chair; wall unit; T.V.; assorted lamps; pictures; Kenmore upright vacuum; air conditioner; assortment of dishes & kitchenware; Christmas ornaments; elec. hot dog maker; assort. of hand & power tools; lawn & garden tools; 10" bandsaw; Makita router; 3-2door coolers (1 with new compressor); display counter; 16'x4' luminated sigh; shelving; cash register; assort. or dry flowers and accessories; vases; crafts; many beautiful dry floral arrangements; ornaments; assort. of live plants & baskets. *"Many great Christmas ideas"*

Owner & Auctioneer not responsible for loss or accident
Proprietor: Doug Vasey - Auctioneer: Peter Ross
Terms: Cash or Good Cheque - Canteen

PETER ROSS AUCTION SERVICES
Ingleside 537-8862 Fax: 537-9436

Classifieds GET THE JOB DONE! Buy • Sell • Trade • Rent • Hire

PRIVATE TUTOR - Canadian Dyslexic Society certified using the Orton/Gillingham SMT method. Children, teens & adults. Call 525-1209.

NEXT AUCTION
WEDNESDAY SEPT. 15TH
starting at 6:30 pm
Household items, furniture, glass & misc. articles.
Ray Smith Auction Hall
33 Queen St., Crysler, Ont
For info. or to consign
613-346-5483

REAL ESTATE AUCTION
SAT., SEPT. 25th - 4 pm Sharp!
309 Eighth St. East, Cornwall
To settle the estate of the late Arthur E. Burgess

TO BE SOLD ON SITE: very good older home, clean bright and well maintained, roof redone in '97, central air cond., FA oil heat and hot water, mostly new windows, Florida type sun room, beautiful original pine flooring under existing cover. Great lot. 74'x212' (irreg.)
This property **WILL BE SOLD** subject **ONLY** to a minimum bid of $25,000.
TERMS: $1,000 deposit. Balance due on closing October 29, 1999

OPEN HOUSE: SAT, SEPT. 18 - 10 am -noon

"Have Gavel Will Travel"
Realty Broker/Auctioneer
Carson Chisholm Auction Services
St. Andrews West 937-0201



MEET SEAWAY SINGLES WITH SEAWAY NEWS AND DATEMAKER

To place your FREE ad and be matched instantly with area singles, call

1-800-769-7167

24 Hours a Day - Every Day - No Operators - No Waiting!

To listen to area singles describe themselves and to respond to ads, 24 hours every day call

1-900-830-1003 *Only $2.19 per minute*

This will be charged to your monthly telephone bill. You must be 18 years of age or older and have a touchtone phone.



Today's Listings Seaway SINGLES
FEMALES SEEKING MALES

SO HOW ARE YOU?
Slim, SWF, 33, 5', with green eyes, described as being shy, can be very outgoing, caring, loving, hobbies are horseback riding, drawing and country music, is seeking a shy, trusting, caring, SWM, 29-42, who is fun to be with. Ad#: 5321

GENTLEMEN...
Be part of my tomorrow. I'm a 5'1", 110lb., WWF, 59, who's seeking a kind and caring, SWM, 55-63, for a possible relationship. My hobbies include living life, the outdoors, woodwork, sewing and going to the movies. Ad#: 8895

CHASING A DREAM
Set the mood for this caring and loving, SWF, 21, 5'3", 140lbs., who enjoys sports, spending quality time with family and friends, by giving her a call. She's looking to meet a caring and loving, SWM, under30, for a possible relationship. Ad#: 1722

CLASSY LADY
Brunette haired, brown eyed, N/S, SWF, 55, who likes to go for rides and hold hands. She is looking for an honest, financially secure, SWM, 55-60, who likes dancing and country music. Ad#: 5514

DON'T PASS ME BY
Do you believe in love? If so, then you could be the perfect match for this soft-spoken, SWF, 56, 5'6", who enjoys dining out, dancing and just enjoying life. She would like to share her interests with a SWM, over 48. Ad#: 2768

NO HEAD GAMES!
SWF, 21, 5'5", 190lbs., with brown hair, green eyes, fun, easygoing, honest and caring, is in seaarch of a caring, sincere, SWM, 21-38. She enjoys long walks, romantic dinners and music. Ad#: 3808

LET'S MINGLE
Do you enjoy life and good conversation? If so, then you could be the perfect match for this somewhat-shy, SWF, 33, 5'7", who's looking to meet an honest and sincere, SWM, 28-40, for a possible relationship. Ad#: 5844

VERY INDEPENDENT
Medium built, SWF, 23, 5'7", with brown hair/eyes, reliable, honest, doesn't play head games, enjoys long walks, conversations and movies, is seeking a mature, honest, SWM, 23-30, who is employed, for friendship first. Ad#: 3751

ELEGANCE BEYOND A DOUBT
Share the joys of life with me. I'm a SWF, 19, 5'6", who's seeking an outgoing, SWM, 18-23. I enjoy socializing, dancing, reading and occassionally going to a party. Ad#: 5320

NICE CHANGE
She's a SWF, 22, 5'4", who enjoys music and helping others in the time of need. She's interested in meeting a life-loving, SWM, 21-25, for a possible long-term relationship. Ad#: 5709

HEART OF GOLD
I'm considered to be a patient, fun-loving and caring, SW mom, 26, who enjoys meeting new people and living life to the fullest. I would like to meet a SBM, 26-35, who enjoys children and knows how to treat a lady right. Ad#: 6793

ONE IN A MILLION
Classy, attractive, curvacious, SWF, 39, 5'8", with long dark golden blonde hair, is a kind, caring, generous and funny, a take charge type of person, who enjoys country music, is hoping to meet a SWM, 35-46, with similar qualities. Ad#: 5967

SPONTANEOUS
SWF, 28, 5'3", short brown hair, green eyes, with a nice smile, has a friendly appearance and likes to joke around alot, is seeking a caring, SWM, 26-35, N/S, who has their own life. Ad#: 3535

TRANQUILITY
Here is a SWF, 29, 5'6", blonde hair and blue eyes, is easygoing and enjoys many things. Searching for a SWM, 29-38, who would be honest, loyal, enjoys children and the outdoors. Ad#: 3792

TOP OF THE LINE
SWF, 37, 5'7", 140lbs., with brown hair, hazel eyes, has a great smile and personality, hobbies are walking, music, romance, is seeking a personable, SWM, 35-47, who enjoys life. Ad#: 3472

HERE SHE IS...
Good looking, SW mom, 32, 5'4", with hazel eyes, has an outgoing personality, likes joking around, enjoys working out, walks, movies and playing cards. Hoping to meet a SWM, 28-37, for friendship first. Ad#: 7905

GENTLEMEN...
If your a SWM, 21-32, then set up a time and day, and we'll discuss a possible long-term relationship. I'm a SWF, 26, 5'7", 135lbs., who enjoys long-walks, going to the movies and meeting new and exciting people. Ad#: 8211

LOVELY
Average built, 5', SWF, 22, with blonde hair, blue eyes, shy, honest, can be outgoing, enjoys sports, biking and walking, is seeking an honest, SWM, 20-30, N/S, who can communicate. Ad#: 7126

A LITTLE SHY
Friendly, SWF, 38, 5'2", with hazel eyes, hobbies are gardening, cooking and grooming animals, feels she will bring honesty to the relationship. Looking for an honest, true, SWM, 32-42, to get to know. Ad#: 1834

ALL YOU SINGLE GUYS...
Are you classified as a liar and a cheater? If so, then this may not be the ad for you, because this SWF, 38, 5'7", 118lbs., would like to meet an honest, kind and considerate, SWM, 35-40, for a possible relationship. Ad#: 6557

MEANINGFUL
Finally...a SWF, 35, with brown hair and brown eyes who is professional who enjoys camping, swimming and soccer. Looking for an open-minded, SWM, over 33, who enjoys life and children. Ad#: 3622

SHY NATURED
Quiet friendly, easygoing, SW mom, 22, 5'8", 130lbs., with hazel eyes, enjoys walks, bowling and dancing, is seeking a fun loving, SWM, 20-30, to get to know. Ad#: 4300

CIRCLE THIS AD
She's an outgoing, medium-built, SWF, 30, 5'2", who enjoys walking, playing cards and spending quiet-evenings at home. She's seeking a personable, SWM, 30-40, to share the various joys of life with. Ad#: 7879

MAN OF MY DREAMS
60, SWF, NS, retired, attractive, slim. Seeking single tall, attractive gentleman who is honest, caring, sincere, humorous. Interests could include dancing, walking, golfing, dining out, cooking together, traveling for companionship. Ad#: 7117

SEARCHING
SWF, 50, is 5'7", who has a good sense of humor. Would like to spend quality time with that special someone who's a SWM, 45-55. Ad#: 2976

WHAT MORE DO YOU NEED?
Outgoing, friendly, SWF, 19, 5'6", 125lbs., with brown hair/eyes, loves singing, dancing, acting and cooking, will bring humor to the relationship. Seeking a fit, self-sufficient, SM, 20-26, who has it together. Ad#: 7137

TIRED OF BEING ALONE...
Then contact this hardworking, SWF, 25, who's interested in meeting a SM, 18-26, for a possible relationship. She enjoys honesty, the outdoors, socializing and sharing those special times with someone. Ad#: 2430

A RAY OF SUNSHINE
This SWF, 54, 5'5", 135lbs., has the seal of excellence and enjoys camping, boating, long-walks and living life. She's interested in meeting a kind, caring and personable, SM, 47-65, who shares similar interests, for a possible relationship. Ad#: 2841

SEEKING FRIENDSHIP
I'm a 59, retired DWF, 5', 105lbs, dark brown hair and eyes, I enjoy new places, drives, dancing, live theatre, movies, nature, and more. Prefer to meet someone 50-63, easy to get along with, intelligent, well groomed and not too heavy set nonsmoker. Ad#: 4054

HONEST & TRUSTWORTHY
Fun-loving, SWF, 29, 5'8", 145lbs., with hazel-green eyes, can be serious at times, enjoys running, nature, animals, traveling and photography, is seeking an interesting, fit, SWM, 27-37, who has respect. Ad#: 6056

NONE BETTER
5'6", SWF, 35, who is a warm and caring person, who enjoys rock concerts, camping and cuddling. Wants to meet a SWM, 35-40, who is honest and loving. Ad#: 4517

LOVE AT FIRST SIGHT
Open your heart to this down-to-earth, fun loving, SW mom, 23, 5'9", with brown hair and blue eyes, a N/S, non-drinker, who enjoys laughing and good conversation. She's interested in meeting an open minded, SWM, 25-32, for a possible relationship. Ad#: 7831

HEAR ME OUT
Humorous, employed, WWW mom of one, 35, 5'4", non-drinker, who likes movies, dancing, outdoors, hopes to meet an honest, reliable, SM, 30-45, who is a non-drinker. Ad#: 1483

HEART & SOUL
SWF, 38, 4'10", 103lbs., with blonde hair, blue eyes, romantic, adventurous, spontaneous, loves traveling, camping, boating and swimming, is seeking a SWM, 37-45, who has the same qualities and interests. Ad#: 3428

AT THIS POINT IN MY LIFE
Sensitive, kind, caring, SWF, 38, 5'1", 110lbs., with brown hair/eyes, enjoys the outdoors, cooking and reading, is seeking a gentle, caring, emotionally stable, SWM, 32-45, with a good sense of humor. Ad#: 8260

READY TO SETTLE DOWN
Easygoing, SW mom, 26, 5'3", 150lbs., with brown hair and blue eyes, who likes trying new things, is hoping to meet a romantic, SWM, 22-28, who's willing to settle down. Ad#: 5596

GENTLEMEN...
Take notice that this quiet-natured, SWF, 29, 5'3", is single? She would like to meet a marriage-minded, SM, 30-40, for a possible life-long relationship. She enjoys dining out, children and spending quality time with that special someone. Ad#: 8099

CARING & SENSITIVE
SW mom, 27, 5'3", 140lbs., with brown hair, blue eyes, has an outgoing personality, likes having fun, is hoping to meet a respectful, SM, 28-32, who likes to cuddle. Ad#: 5121

CIRCLE THIS AD
The future looks bright if you give me a call. I'm a SW mom, 18, who's interested in a possible long-term relationship with a SM, 18-30. My hobbies include spending quality time with family and friends, living life to its fullest. Ad#: 1140

HONESTY IS MUST
I'm a 36 year old, employed single white Mom, I'm 5'1", 100lbs., I enjoy camping, gardening and slow pitch. I'm seeking an honest, romantic white male, 33-39, and wants to spend time with my daughter and myself. Brockville area. Ad#: 4933

CITY GIRL!
I'm. a well-built, 5'10", SWF, 19, who's interested in meeting a SM, 20-29, for a possible relationship. I enjoy horseback-riding, the outdoors, reading and listening to music. Ad#: 2689

ENJOYS LIFE
She's an honest, sensitive, SW mom, 30, 5'7", 135lbs., with brown hair/eyes, who likes reading, spending time with her kids and going to the beach. She is seeking an honest, romantic, SWM, 30-38, who is a N/S. Ad#: 5941

DOWN-TO-EARTH
Attractive, fit, loyal, SWF, 38, 5'7", 118lbs., with blonde hair, blue eyes, who likes nature, horseback riding, motorcycles, is hoping to meet an honest, monogamous, SWM, 34-39, with integrity. Ad#: 6037

ON THE RIGHT TRACK
Your looking for a special kind of gal, like maybe this professional, SWF, 36, 5'8", 140lbs., who enjoys music and camping. If so, why look any further. If your a SWM, 35-40, your probably the man of her dreams. Ad#: 2283

WHAT A LADY!
Do you enjoy life and a good laugh? So does this SWF, 62, who's interested in meeting a SWM, 55-65, for a possible long-term relationship. Her hobbies include dancing, the outdoors, camping and picking wild flowers. Ad#: 4310

ELEGANCE BEYOND A DOUBT
Be true to me. I'm a kind and loving, SWF, 43, who would like to meet a kind and truthful, SWM, 40-50, to share the joys of life with. my hobbies include dining out, long-walks, gardening and most importantly enjoying life to the fullest. Ad#: 9298

LOOKING FOR MR. RIGHT
Fun-loving, open-minded, SWF, 18, 5'8", 150lbs., with blonde hair, green eyes, likes playing pool, bowling and hockey games, is seeking an outgoing, fun, SM, 19-23, for a possible long-term relationship. Ad#: 5474

HEAVEN IF YOU HEAR ME
SWF, 49, 5'8", 135lbs., with brown hair/eyes, has an easygoing personality, can be shy, enjoys camping, fishing, crafts and driving, is seeking an honest, upfront, truthful, SWM, 45-60. No head games. Ad#: 7432

SOULMATE SEARCHING
SW mom, 37, blonde, with brown eyes, have been told she's attractive, is hardworking, honest, emotionally stable, is seeking an honest, trustworthy, mature, SWM, 34-42. Her hobbies are crafts, reading, gardening and watching movies. Ad#: 2245

SIMPLY IRRESISTIBLE
Slim, SWF, 28, 5'9", with sandy blond hair, blue eyes, is a very positive, kind person, whose hobbies are painting, gardening and horseback riding, is seeking a tall, supportive, kind, trusting, SWM, 28-33, who is a N/S. Ad#: 1151

GOOD VIBES
This happy-go-lucky, positive thinker, SWF, 37, 5'6", 150lbs., has hazel eyes. She enjoys going for walks, playing with her family, gardening and more. Looking for a tall, honest, sensitive, SWM, 36-44, N/S, for a possible relationship. Ad#: 3357

THOUGHTFUL
Faithful, SWF, 32, with brown hair/eyes, who likes swimming., tennis, volleyball, is hoping to meet an honest, trusting, SWM, 33-43, who will not lie to me. Ad#: 4513

HERE'S YOUR OPPORTUNITY
End the single life with this kind and caring, SWF, 31, 5'4", 140lbs., who enjoys reading, cross-word puzzles and the outdoors. She would like to share life with an employed, SWM, 35-40, who's ready for a possible long-term relationship. Ad#: 1424

RADIANT PERSONALITY
She's a petite, SWF, 57, who's interested in meeting a SWM, 55-63, for a possible long-term relationship. She enjoys cooking, baking and spending quality time with that special someone. If interested, leave her a message today. Ad#: 8792

HAS EVERYTHING BUT YOU
I'm a professional, SWF, 29, 5'6", 145lbs., who enjoys the outdoors, the beach and spending quality time with that special someone. I'm interested in meeting a SWM, 25-40, for a possible life-long relationship. Ad#: 1437

BORED WITH TRADITION...
Then give this SWF, 34, 5'5", a call. She's looking to meet a kind and considerate, SM, 30-38, for a possible long-term relationship. She enjoys music, romantic walks, cooking and the great-outdoors. Ad#: 8403

REACH FOR THE STARS
Would you believe that this blue-eyed blonde SWF, 18, 150lbs., is single? She's interested in meeting a SWM, 18-23, for a possible long-term relationship. Her hobbies include shooting pool, socializing and meeting new and exciting people. Ad#: 7025

COMMON BOND
Retired, SWF, 67, 5'5", with dark, brown hair, who likes bingo, cards and dining out, is hoping to meet an easy-going, SM, over 65, with similar interests. Ad#: 8031

NO GAMES!
Out-going, SW mom, 26, 5'6", 140lbs., with long brown hair and blue eyes, likes to enjoy things as they come, hobbies includes anything outdoors, is seeking a "real", SWM, 27-38. Ad#: 6623

WALK INTO MY LIFE
Friendly, outgoing, SW mom, 45, 5'5", 128lbs., with blonde hair, green eyes, in good physical condition, likes cross-country skiing, fishing and biking, is seeking a mentally/financially stable, SWM, over 40, who is not afraid to show his feelings. Ad#: 7425

EASY TO GET ALONG WITH
Shy, SW mom, 35, 5'2", with brown hair, eyes, who likes watching movies, quiet evenings and camping, is looking for an employed, caring, SWM, 35-48, who knows what they want in life. Ad#: 4261

WIN ME OVER
SWF, 32 ,5'3" , 130Lbs., reddish-brown hair, green eyes, is a positive person , easygoing, life is very important. Enjoys swimming and walking. Seeking a SWM, 25-35, who is honest and knows what they want in life. Ad#: 6398

ONE PINK ROSE
SWF, 21, 5'3", 150lbs., with brown hair, green eyes, is fun, easygoing, honest and caring, who likes music, cooking, long walks, is seeking an easygoing, honest, sincere, SWM, 21-32, who do not play head games. Ad#: 3266

BE KIND TO MY HEART
If you believe in true love, then you might consider giving me a call. I'm a SWF, 21, 5'3", 150lbs., who enjoys the outdoors, meeting new people, music and cooking. I'm interested in meeting an honest and sincere, SWM, 21-30, for a possible relationship. Ad#: 6029

GENTLEMEN...
I appreciate honesty. I'm a SWF, 21, 5'3", 150lbs., who's looking to meet an honest, sincere, SWM, 21-30, for a possible relationship. My hobbies include the outdoors, living life, cooking, dancing, reading and meeting new people. Ad#: 9821



Did You Know.. You can actually LISTEN To people who placed ads on this page?
Call the 900# above to hear what they have to say. If you're interested, leave them a message and they'll call you back!

TELL NO TALE
Employed, SWF, 29, 5'2", 110lbs., with brown hair/eyes, who enjoys baseball, biking, skiing, is seeking a caring, responsible, SWM, 32-38, who is family-oriented. Ad#: 7118

GIVE HER A CALL
This fun-loving, easygoing, SWF, 21, 5'3", 165lbs., with brown hair and green eyes, N/S, social drinker, who enjoys walking, cooking, listening to music and having a romantic evening with that special someone, is seeking an honest, sincere, SWM, 21-28. Ad#: 1168

REACH FOR THE STARS
Outgoing, humorous, easygoing, employed, SWF, 47, 5'3", with brown hair/eyes, loves gardening, spending quality time with her children and much more. She is looking for an easygoing, honest, romantic, SWM, over 40. Ad#: 7063

HEART, MIND, BODY & SOUL
Attractive, medium built, 5'8", SW mom, 33, with brown hair/eyes, has a bubbly personality, who likes to laugh, hobbies are country music, camping and moonlight walks, is seeking an employed, stable, romantic, SWM, 35-45, who has a spiritual mind. Ad#: 2807

SYMPHONY UNDER THE STARS
Employed SWF, 36, N/S, 5'5", 115lbs, with brown hair/eyes, enjoys snowmobiling, horseback riding, working out, reading, and learning novel interests. She is looking for a sensitive, romantic, caring, helpful, talkative, SWM, 30-43. Ad#: 7762

PHONE ME NOW
SWF, 19, 5'4", with a medium build, is easygoing, tends to be serious, enjoys walking, aerobics, relaxing and watching t.v., is seeking a kind, generous, thoughtful, SWM, 21-26. Ad#: 7844

MY ONE TRUE LOVE
Outgoing, happy, bubbly, attractive, self-employed, SWF, 30, smoker, 5'7", 120lbs., with blonde hair, hazel eyes, loves rollerblading, scuba diving, working out, hunting, fishing and much more. She is seeking a secure, sensitive, SWM, 31-50. Ad#: 5195

LOVE AWAITS
A social, personable, N/S, 33, SWF, with a medium build, who enjoys walking in the moonlight, camping and country music, she seeks an open-minded, honest, N/S, SWM, 35-45, for a serious relationship. Ad#: 6716

HELLO, I'M...
Caring, honest, easy to get along with, SW mom, 30, 5'2", 125lbs, with brown hair/eyes, is seeking a caring, trustworthy, SWM, 36-38. Likes cooking, walking and spending time with her kids. Ad#: 7794

COUNTRY GIRL AT HEART
SWF, 38, 5'6", 118lbs., with blonde hair, blue eyes, playful, easygoing, enjoys her horses, antique and long drives, is seeking a gentle, attractive, SWM, 35-45, with a good sense of humor. Ad#: 3656

GRACE & ELEGANCE
The future looks bright if you leave a message with this SWF, 59, 4'11", who's waiting patiently to hear from a spontaneous, SWM, 58-63. She enjoys cycling, the outdoors and trying new and exciting things. Ad#: 2533

BE YOURSELF
Physically fit, SWM, 47, 5'6", 140lbs., blue eyes, brown hair, spontaneous, loves to laugh, adventurous, enjoys golf, swimming, biking, dinning out. In search of that special, good looking, energetic, easy to talk to, SWF, 25-44. Ad#: 4871

HEART, MIND, BODY & SOUL
I'm a hardworking, SWM, 28, 6', 187lbs., who's seeking a personable, kind and caring, SWF, 20-28, for a possible life-long relationship. I enjoy the outdoors, socializing and sharing those special times with family and friends. Ad#: 1605

CHOOSE ME
SWM, 40 years old is 6' tall, fit and youthful. Kind, compassioante and interesting. Likes music, movies, theatre and body building. Looking for a kind, SWF, 28-40, who is slim and attractive. Ad#: 3448

DESERVING
I am a SWM, 38, 5'11", with brown hair/eyes and good looking. Good hearted and very good natured. Enjoys music and outdoor activities. Is hoping to meet an honest and caring SF, 26-42. Ad#: 6450

ATTENTION LADIES..
You should call this N/S, SWM, 28, with dark hair and hazel eyes. He is outgoing, caring and responsible. Is looking for is SWF, 20-28, who is N/S, non-drinker and very outgoing. Ad#: 9296

ATHLETIC
Employed, SWM, 33, 5'10", 180lbs., with brown hair/eyes, who likes sports and much more, is hoping to meet a SWF, 22-38, who has a good head on her shoulders. Ad#: 8225

FUN & HAPPINESS
SWM, 26, 5'8", 185lbs., with blondish-red hair, brown eyes, fun-loving, likes to joke around, enjoys weight-lifting, wrestling and movies. Seeking a sincere, truthful, SWF, 19-30, to get to know. Ad#: 2308

BRING HAPPINESS
Shy, funny, SWM, 22, 5'11", 225lbs., with blond hair, brown eyes, enjoys wrestling, collecting hockey and basketball, is seeking an honest, nice, SWF, 22-32. Ad#: 3141

TRUE BLUE
Outgoing, SWM, 30, 5'8", 155lbs., enjoys camping, fishing and playing hockey, is in search of an outgoing, fun, SWF, 18-35, who likes the same things. Ad#: 2821

HEY, YOU NEVER KNOW
SWM, 43, 5'9", 180lbs., with dark hair, blue eyes, serious, likes to laugh, hobbies are reading, movies and sports, feels he will bring honesty to the relationship. Seeking a down-to-earth, SWF, 35-45, who likes talking. Ad#: 2136

HIGH ON LIFE
Brown haired, hazel eyed, easygoing, SWM, 28, likes sports, camping and dining out. Brings humor to a relationship. Seeking an easygoing, N/S, SWF, 21-28, who likes trying new things. Ad#: 4230



Today's Listings Seaway SINGLES
MALES SEEKING FEMALES

PHONE ME NOW
SWM, 26, 175lbs., with brown eyes, enjoys cooking, camping and long walks, is seeking a SWF, under 29, who he can talk too. Ad#: 1862

VOYAGE TO ETERNAL LOVE
Medium built, SWM, 26, 5'11", 185lbs., with brown eyes, funny, humorous, easy to get along with, likes camping, biking and working out, is seeking a funny, loving, caring, SWF, 20-28. Ad#: 3091

PROFESSIONAL
5'8", 155lbs., muscular, brown hair and blue eyes. SWM, 48, outgoing, enjoys people. Interests are playing sports, long walks and watching sunsets. Is looking for a SWF, 39-51, who's honest, truthful and looking for a long-term commitment. Ad#: 8472

AVERAGE JOE
Level-headed, SWM, 45, 5'9", 125lbs., with brown hair, mustache, who likes camping, fishing, movies, is hoping to meet an honest, adventurous, open-minded, SWF, 35-45, to get to know. Ad#: 1841

LOVES ON THE WAY!
I'm a blue-eyed blonde, SWM, 28, 5'7", 135lbs., who enjoys long-walks, cycling, sports and watching TV. I would like to meet a SWF, 19-33, who shares similar interests, for a possible relationship. Ad#: 2338

ATTENTIVE
Muscular built, SWM, 37, 5'11", 190lbs., with hazel eyes, strong, independent, honest, likes working out, cooking and the outdoors. Looking for an attractive, loyal, SWF, 24-39, for a long-term relationship. Ad#: 9787

WELL READ
Stocky built, SWM, 52, with brown hair, blue eyes, quiet, fun, dependable, hobbies are music, crosscountry skiing and astronomy, is looking for an intelligent, adventurous, 38-48, who is fun to be with. Ad#: 1246

HERE'S TO NEW BEGINNINGS
I'm a fun-loving, SWM, 22, 5'2", 140lbs., who's seeking a life-loving, SF, 19-27, to share the joys of life with. I enjoy the outdoors, in-depth conversation and sharing those special times with family and friends. Ad#: 1935

FEEL YOU'RE THE ONE?
Outgoing, 6', 175lbs., SWM, 22, with a slim build, enjoys a good laugh, hobbies are hiking, skiing and riding, is seeking a nice, sincere, SWF, 19-26, who doesn't play games and enjoys the outdoors. Ad#: 1781

SOFT HEARTED
Medium build, SWM, 60, 5'8", retired, easy to get along, likes working around the house and on cars, is seeking an easygoing, kind, SWF, 46-56, for a possible long-term relationship. Ad#: 5181

I'LL BE THE GENIE...
To make all your dreams come true. I'm a sociable, SWM, 36, 6', 185lbs., who's seeking a down-to-earth, SF, 26-38, for a possible long-term, committed relationship. I enjoy a wide variety of interests and I'm waiting to share them with you. Ad#: 8632

TRUE BLUE
Outgoing, SWM, 40, 6'1", 230lbs., with blond hair, blue eyes, loves to laugh and is fun to be with, enjoys the outdoors. Seeking an honest, trustworthy, SF, over 19, for a possible long-term relationship. Ad#: 2858

SOFT HEARTED
Medium built, SWM, 60, 5'8", 175lbs., with salt/pepper hair, has an easygoing personality, enjoys working around the house, is seeking a small built, SWF, 46-54, who is easygoing and nice. Ad#: 8219

OLD FASHIONED GUY
Attractive, blond, blue eyed, SWM, 36, 6', 190lbs., hobbies are working around the house and dinner parties, will bring stability to the relationship. Seeking a secure, fit, SWF, 29-39, who is a romantic. Ad#: 7005

IMPECCABLE
160lbs., 6'1", brown haired/eyed, SWM, 19, is outgoing and has a great sense of humor. Likes cooking, spending time with family and socializing. Seeks a SWF, 18-25. Ad#: 5661

WORTH A TRY
Green eyed, SWM, 29, is outgoing, humorous and sometimes funny. Interests include rock climbing, archery and just the outdoors. Very honest and is looking for a SWF, 27-33, with similar interests. Ad#: 9549

PHONE ME NOW
Green eyed, SWM, 19, 5'11", 165lbs., with a medium build, has a humorous personality, hobbies are biking, reading and drawing, is seeking a SWF, 19-23, with similar interests. Ad#: 1027

THOUGHTFUL
Long haired, 5'8", SWM, 24, is very caring and understanding. He likes candle light dinners, spending time with friends, long walks and much more. Seeks an attractive, thin, SWF, 20-26, for a long term relationship. Ad#: 8314

LADIES...
Open your heart to this sociable, SWM, 38, 5'9", 170lbs., who's interested in meeting a kind and caring, SWF, 29-50, for a possible relationship. He enjoys camping, children, socializing and spending quality time with that someone special. Ad#: 5074

ATTENTION LADIES...
Set the mood for this outdoorsy, SWM, 28, 5'7", 140lbs., who enjoys life, the outdoors and meeting new and exciting people, by giving him a call. He's looking to meet a personable, kind and caring, SWF, 23-33, for a possible life-long relationship. Ad#: 8819

DREAMING OF YOU
Trustworthy, understanding, SWM, 43, 6', 260lbs., with brown eyes, easy to get along with, eager to meet new people, self-employed, enjoys mountain-biking, swimming and playing pool. Seeking a SWF, 27-40, with similar characteristics. Ad#: 3219

ONE STEP AT A TIME
Shy, quiet, humorous, tall, employed, SWM, 28, 6', 160lbs, enjoys watching sports, fishing, going on tours, and much more. He seeks an honest, caring, SWF, 19-28. Ad#: 2856

SHOW ME THE WAY
SM, 28, 5'6", 130lbs., with brown hair/eyes, goatee, easygoing, outgoing, hobbies are hunting, fishing, swimming and long walks in the country. Seeking an honest, SF, 25-40, to get to know. Ad#: 3121

GET BACK TO ME
Intelligent, concerned SWM, 40, 5'9", 170lbs, blue eyes, blonde hair, enjoys the great outdoors and living life to the fullest. Seeking an open minded, communicative, intelligent SWF, for a possible relationship. Ad#: 7555

HOPES & DREAMS
He's a clean, SWM, 54, 5'10", 190lbs., who enjoys laughing, the outdoors and meeting new and exciting people. He's seeking a SWF, 54-59, who shares similar interests, for a possible long-term relationship. Ad#: 1698

PRINCE CHARMING
I'm a brown-eyed, SWM, 24, 5'9", 132lbs., who would like to spend quiet evenings with an honest and caring, SF, 18-45, who's interested in a possible long-term relationship. I enjoy the outdoors, building models and a variety of sports. Ad#: 1724

MOONLIGHT
SWM, 35, 6'2, blond hair and blue eyes, is loving and romantic. Enjoys movies, going to the park and would like to meet a SWF, over 18, who is honest and caring. Ad#: 3304

HONESTY IS THE KEY
6'3", brown haired, blue ayed, attractive, SWM, 44, enjoys boating, flying and fishing. Seeking a slim, SWF, 30-45, who knows what she wants in life. Ad#: 9034

RELIGION IS A PLUS
SWM, 50, 6'1", 215lbs, brown hair/eyes, well built, fit, hobbies includes table tennis, poetry and country life activities, is seeking an honest, loving, caring, SWF, 30-48, who's also intellectual. Ad#: 3742

MELODY OF LOVE
He's an easygoing, kind and caring, SWM, 36, 6', 190lbs., who's interested in meeting a life-loving, SWF, 26-38, for a possible long-term relationship. He enjoys country-lifestyle, meeting people and sharing special times with family and friends. Ad#: 8162

WALK INTO MY LIFE
The time is right to call this good looking, SWM, 39, with a great personality. His hobbies include hockey, the outdoors movies, etc. Is looking for a SWF, 35-45, who is honest, humorous and fun. Ad#: 6311

MAKE IT POSSIBLE...
I'm a caring and honest, SWM, 39, 5'6", 150lbs., who enjoys sports and living each and everyday to the fullest. I'm interested in meeting a SWF, over 19, for a possible life-long relationship. Ad#: 5536

NO DEMANDS
SWM, 29, 5'7", with a medium build is outgoing and likes fishing, biking and long walks. Will bring open mindedness and caring into a relationship. Looking for a SF, 24-33, who doesn't play head games. Ad#: 6393

EVERYTHING YOU WANTED
Shy, up-front, SWM, 60, 5'8", 175lbs., enjoys walking, bowling, camping and movies, will bring honesty to the relationship. Seeking a well mannered/groomed, SWF, 19-60, to get to know. Ad#: 4098

RESERVED
Employed, SWM 23, 6', with brown hair, blue eyes, who likes music, auto racing and much more, is seeking a trusting, SWF, 19-26, for possible relationship. Ad#: 5918

INTERESTED IN ME
Be part of my tomorrow. I'm a SWM, 31, 5'10", 210lbs., who would like to meet a SWF, 29-38, who enjoys dining out, listening to music, walks on the beach, fine wines and candlelit dinners, for a possible relationship. Ad#: 2799

FUN-LOVING
Open-minded, hardworking, SWM, 26, 6', 200lbs., with brown hair, blue eyes, who likes partying, camping and much more, is hoping to meet a faithful, SWF, 23-30, who enjoys life. Ad#: 4958

OPEN-MINDED
Easygoing, SWM, 33, 6'1", 212lbs., with brown hair, green eyes, machine operator, who likes fishing, long drives and the great outdoors, is hoping to meet an honest, thoughtful, SWF, 24-35, who is ready to commit. Ad#: 1865

THE DIFFERENCE
I'm a hazel-eyed, kind and personable, SWM, 24, who's interested in meeting a personable, SWF, 20-34, for a possible relationship. I enjoy sports, outdoor activities and socializing with that special someone. Ad#: 9408

COUNTRY LIVING!
I'm a brown-eyed, self-employed, kind and caring, SWM, 40, 5'9", 155lbs., who's interested in meeting a personable, SWF, 29-39, who enjoys life and living each and everyday to the fullest, for a possible, fun-loving relationship. Ad#: 5813

HIGH ON LIFE
SWM, 28, with blond hair and blue eyes, 6'3" and medium built. He is very spontaneous. Enjoys reading, television, bike riding with his daughter and camping. Seeks a SF, 20-32, who is laid back and likes children. Ad#: 7302

THE TIME IS RIGHT
5'10", SWM, 39, with a muscular build and brown hair enjoys life. His hobbies are reading, cooking, cycling and quiet evenings. He is looking for a SF, over 19, for a long term relationship. Ad#: 9685

CONTACT ME
SWM, 25, 5'10", blue eyes, with a slim build, friendly, outgoing, enjoys candlelight dinners, reading and running, is seeking a friendly, honest, outgoing, SWF, 18-24. Ad#: 9610

WALK INTO MY LIFE
Life could get interesting with this sociable SWM, 39, 5'7", who enjoys the outdoors, the theatre and in-depth conversation. He's interested in meeting a SF, 33-42, for a possible long-term relationship Ad#: 1642

Females Seeking Females

ONE STEP AT A TIME!
Are you classified as a liar and a cheater? If so, then this may not be the right ad for you, because this SWF, 34, wishes to meet an honest and faithful, SWF, 19-38, for a possible life-long relationship. Ad#: 2620

STILL LOOKING
This SW mom, 22, with brown hair and brown eyes, is outgoing and easy to talk to. She would like to meet a SWF, over 19, to be there for her. Ad#: 5972

FIND OUT TODAY
SWF, 26, wuth brown hair and brown eyes, is very easygoing and enjoys walking and socializing. Would like to meet a trustworthy, loving, SF, 19-45, to spend time with. Ad#: 8876

TELL NO TALES
Tall, 5'10", SWF, 26, with blonde hair, very friendly, outgoing person, enjoys basketball, baseball and working out, is seeking an honest, SWF, 19-29, who can share their feelings. Ad#: 5052

NONE BETTER
Outgoing, clean, full-figured, fun-loving, honest, employed, SWF, 23, smoker, 5'9", enjoys aerobics, swimming, socializing, singing and much more. She is seeking a fun-loving, understanding, loving, open-minded, SF, over 25. Ad#: 1835

I SHOULD HAVE TOLD YOU
Nice looking, full-figured, SWF, 23, is out-going, very easy to get along with, likes cooking, long walks, swimming and talking for hours, is seeking a clean, open-minded, pretty, SF, 25-50. Ad#: 2180

YOU CAN COUNT ON ME
Fun-loving, easygoing, SWF, 21, smoker, 5'10", with dark hair, enjoys reading, watching movies, and going out. She is in search of a sincere, honest, easygoing, SF, 19-30. Ad#: 5790

PASSION FOR JOYS OF LIFE
Call this easygoing, humorous, SWF, 28, 5'5", 167lbs., with brown hair and hazel eyes, smoker, social drinker, who likes to read, draw, and sports. She is searching for an easygoing SWF, 29-42, who is great with kids. Ad#: 6882

PATIENTLY WAITING
If given the chance... This SWF, 18, 150lbs., would love to meet you. She's interested in meeting a SWF, 18-26, for a possible relationship. She enjoys sports, reading, computers and laughing. Ad#: 8411

Males Seeking Males

HERE'S THE OPPORTUNITY
The future looks bright if you leave a message with this SWM, 23, 5'10", 145lbs., who's a hardworker, honest and extremely sincere. He's interested in sharing the joys of life with a SM, over 19, who's interested in a committed relationship. Ad#: 1817

IN SEARCH OF YOU
SWM, 39, 6'1", 170lbs., with brown hair/eyes, likes having fun, enjoys sports and music, feels he will bring safety to the relationship. Seeking an honest, SM, 25-55, to get to know. Ad#: 2336

FIND OUT
This SM, 23, 6', 195lbs, dark brown hair/eyes, enjoys playing pool, music, swimming, biking, more. Seeking an easygoing, honest, humorous SM, 19-35, to see what happens. Ad#: 5666

SHARE LIFE WITH ME
Focus on this SWM, 20, 5'9", 130lbs., with brown hair, hazel eyes, who is easygoing. He is looking for a trustworthy, honest and sincrere, SWM, 20-30. Ad#: 7268

OPENNESS & HONESTY
Well-organized, SWM, 24, 6'1", 170lbs., with brown hair/eyes, has a good sense of humor, who likes movies, walks, baseball and hockey, is seeking an outgoing, SWM, 18-30, who is fun to be with. Ad#: 5939

OUTGOING
This outgoing, humourous SWM, 24, 5'11", 150lbs, likes hockey, movies and much more. Seeking someone who is compassionate, outgoing, 18-22, who has similar interests. Ad#: 4343

MANY OPTIONS
5'5", SNCM, 29, 145lbs., with short black hair and brown eyes, is very outgoing, caring and romantic. He is looking for a SWM, 19-35, who is sincere, open minded and understanding. Ad#: 4197

HEAR ME OUT
SWM, 20, 5'10", 150lbs., with short black hair enjoys being outdoors. Spends time

OBITUARIES

PAYETTE - Aurore

Passed away at Maison Cora in Montreal, Quebec on Wednesday, August 18th, 1999.

Mrs. Aurore Payette, in her 85th year, born in Plantagenet, Ontario, formerly of First Street East, Cornwall.

Dear daughter of the late Albert Hebert and the late Clara Viau.

Beloved wife of the late Rolland Payette.

Loving mother of Robert Payette (husband of Anne) of Lachine, Quebec.

Dear sister of Jean-Paul Hebert and Mrs. Jeanne Crégheur, both of Ottawa; Mrs. Yvonne Poupard and Georgette (Mrs. Arthur Lavoie), both of Bourget, Ontario.

Loving grandmother of Suzanne.

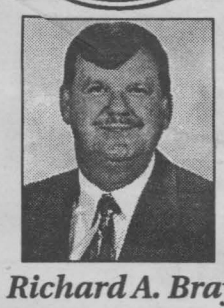
The funeral took place on Friday, August 20th, 1999 from the Boulerice Funeral Home Ltd., 218 Montreal Road, Cornwall to St. Felix de Valois Church at 2 p.m. Interment in Nativity Cemetery, Cornwall. Monsignor Rejean Lebrun, Rector of the Co-cathedral of the Nativity officiated.

The pallbearers were Suzanne Payette, Arthur Lavoie, Donnie Liboiron, Raymond Payette, Fernand Viau and Hans Krause.

SAUVE - Vivian Georgette

Passed away at the Ottawa Civic Hospital, Ottawa, Ontario on Tuesday, August 10th, 1999.

SALON FUNÉRAIRE LTÉE
BOULERICE
FUNERAL HOME LTD.



Richard A. Bray
Funeral Director
218 Montreal Road
932-5455
Our Family serving your family since 1954

OBITUARIES

Mrs. Vivian Georgette Sauve, age 64 years, born in Cornwall, of 17 Alice Street, Casselman; formerly of Beach Avenue, Cornwall, Ontario.

Dear daughter of the late Wilfred Hart and the late Marie Roy.

Beloved wife of John Sauve.

Loving mother of Gary Sauve (Lorraine) of Ottawa; Verlynn Sauve of Kingston and Vickie Sauve-Dicke (Dr. Frank Dicke) of Toronto.

Loving grandmother of Stephane, Kieran and Liam.

Dear sister of Norman Hart of Mayne Island, British Columbia; Darquise Sloan of Duncan, British Columbia; Doreen (Mrs. Graham Myers) of Cornwall, Ontario and Jocelyn (Mrs. John Ezard) of Kingston, Ontario.

Also survived by many nieces, nephews, cousins and friends.

Predeceased by one sister, Janet Ladouceur.

The funeral took place on Saturday, August 14th, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to St. Peter's Church, followed by cremation. Reverend George Maloney of St. Peter's Church officiated.

The pallbearers were The Nativity Guards.

DUMOULIN - Gail Blanche

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Wednesday, August 11th, 1999.

Mrs. Gail Blanche Dumoulin, age 42 years, born in Cornwall, of 1123 Cumberland Street, Cornwall, Ontario.

Dear daughter of Paul Lauzon and the late Pauline Filion.

Beloved wife of Michael Dumoulin Sr.

Loving mother of Michael Dumoulin Jr. of Cornwall and Lisa Dumoulin, at home.

Dear sister of Nicole (Mrs. Gary Ferguson) and Lise (Mrs. Andy Jodoin), both of Cornwall.

Also survived by her family friend, Sharry Van Slyke of Cornwall.

The funeral took place on Saturday, August 14th, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to the Memorial Chapel, followed by cremation.

GUEVREMONT

OBITUARIES

- Jeanne Celina

Passed away at the Montfort Hospital, Ottawa, Ontario on Saturday, August 14th, 1999.

Mrs. Jeanne Celina Guevremont, age 86 years, born in Montreal, Quebec, of 336 Cote Royale Crescent, Orleans, Ontario.

Dear daughter of the late Adjutor Loranger and the late Emma David.

Beloved wife of the late Roger Guevremont Sr.

Loving mother of Luc Guevremont (Diane) of Orleans, Ontario. Loving step-mother of Pierre (Madeleine) Guevremont and Jean-Roger (Marguerite) Guevremont Jr., both of Cornwall.

Loving grandmother of Gilles, Charles and Josee Guevremont, all of Orleans.

Predeceased by one sister, Mrs. Fernande (Jean) Loranger-Gregoire.

The funeral took place on Tuesday, August 17th, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to St. Felix de Valois Church. Interment at Nativity Parish Cemetery. Reverend Roger Desrosiers of St. Felix de Valois Church officiated.

The pallbearers were The Nativity Guards.

JESMER - Pauline Armine

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Saturday, August 14th, 1999.

Mrs. Pauline Armine Jesmer, age 73 years, born in Alexandria, Ontario, of 332 Second Street West, Cornwall, Ontario.

Dear daughter of the late Joseph Currier and the late Angelina Richer.

Beloved wife of the late Rodolph Jesmer.

Loving mother of Richard (Sandra) Jesmer, Andre (Patricia) Jesmer and Vivian (Mrs. Donald Godard), all of Cornwall.

Loving grandmother of Tammy, Melissa, Julie, Michel, Lynn, Stacey and Stephanie and three great grandchildren, Daniel, Mathieu and Chloe.

Predeceased by three brothers, Gabriel, Arthur and Raymond and by four sisters, Mrs. Laurette Therrien, Mrs. Annette Campeau, Mrs. Theresa Duval and Mrs. Ida Latour.

The funeral took place on Tuesday, August 17th, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to St. Martyrs Canadiens Church. Interment at Notre Dame Cemetery. Reverend Romeo Major of St. Martyrs Canadiens officiated.

The pallbearers were The Nativity Guards.

LEPAGE SR.
- Paul Emmanuel

Passed away at the Brantford General Hospital, Brantford, Ontario on Tuesday, August 17th, 1999.

Mr. Paul Emmanuel Lepage Sr., age 75 years, born in Riviere du Loup, Quebec, of 287-F Dunsdon Street, Brantford, Ontario.

Dear son of the late Louis Lepage and the late Ursula Ouellette.

Beloved husband of Helen Lepage (Cameron).

Loving father of Paul Lepage (Debora) of Cornwall; Patrick Lepage of St. George, Ontario; Joel Lepage (Pam) of Brantford and Lois Lepage (fiancee of Dana Anderson) of Airdrie, Alberta.

Dear brother of Alice (Mrs. Fred Deguire) of Montreal, Quebec.

Predeceased by one infant daughter, Mary Ellen Lepage; and by two brothers, Albert and Luc Lepage.

The funeral took place on Saturday, August 21st, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to St. Columban's Church. Interment at Notre Dame Cemetery. Reverend Kevin Maloney of St. Columban's Church officiated.

The pallbearers were Tom Cleary, Mike Cleary, Cameron Wood, Sean Cameron, Jeff Bates and Steven Conroy.

DALEY - Ronald Earle

Passed away at the Hotel Dieu Hospital, Cornwall, Ontario on Wednesday, August 18th, 1999.

Mr. Ronald Earle Daley, age 61 years, born in Cornwall, of 60 Anthony Street, Cornwall.

Dear son of Agatha Rivier and the late Morris Daley.

Beloved husband of Pauline Daley (Delorme).

Loving father of Linda Daley-Bissonnette of Cornwall.

Loving grandfather of Derek and Tyler.

Dear brother of Brian Daley and Sharon (Mrs. Brian McPhail) of Cornwall.

The funeral took place on Monday, August 23rd, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to St. Peter's Church, followed by cremation. Reverend George Maloney of St. Peter's Church officiated, assisted by Reverend Louis Groetelaars and Reverend Kevin Maloney.

The pallbearers were Leo Filion, Wayne McGlynn, Arnold Fobert, Don Primeau, Marcel Belanger and Gaston Gaudet. A large honour guard comprising of the Knights of Columbus, Council 755 was in attendance.

Mr. Daley was a retired employee of the Maintenance Planning Department of Domtar Fine Papers. He was a member of the Knights of Columbus, Council #755.

PARISIEN - Laura Marie

Passed away at Sandfield Place, Cornwall, Ontario on Thursday, August 19th, 1999.

Mrs. Laura Marie Parisien, age 95 years, born in Dalkeith, Ontario, of 220 Emma Avenue, Cornwall.

Dear daughter of the late Emmanuel Brunet and the late Marie-Jeanne Seguin.

Beloved wife of the late Arthur Parisien.

Loving mother of Maurice Parisien (Jacqueline) of R.R. #1 Cornwall; Remi Parisien (Rona) of Pilon's Point; Victor Parisien (Helen) of Cornwall and Suzanne (Mrs. Marshall Frank) of Maggie Valley, North Carolina.

Loving grandmother of twelve grandchildren and sixteen great grandchildren.

Dear sister of Mrs. Marie-Louise Power of Cornwall.

Predeceased by two brothers, Euclide and Zephyr (Pat) Brunet and by five sisters, Gloria and Lydia Brunet, Mrs. Delia Guertin, Mrs. Clara Decoeur and Mrs. Blanche Spencer.

The funeral took place on Monday, August 23rd, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to St. Francis de Sales Church. Interment at St. Columban's Parish Cemetery. Reverend Gary Ostler of St. Francis de Sales Church officiated, assisted by Reverend Raymond Dumoulin.

The pallbearers were Richard Parisien, Andre Parisien, Gilles Parisien, Marc Parisien, Jason Blanchard and Pierre Parisien.

SEIFERT - Maria

Passed away at Versa Care Nursing Home, Cornwall, Ontario on Thursday, August 19th, 1999.

Mrs. Maria Seifert, age 92 years, born in Pantschowa, Yugoslavia, of 201 Eleventh Street East, Cornwall, Ontario.

Dear daughter of the late Thomas Wendel and the late Maria Wendell.

Beloved wife of the late Nicolas Seifert.

Loving mother of Mrs. Mary Muller of Cornwall and Mrs. Elizabeth Jakob of Toronto.

Loving grandmother of Nick and Henry Muller, Sonya Hornung, Sylvia Muirhead and Arnold Jakob; seven great grandchildren, Jonathan, Stephane and Lindsay Ann Muller; Ceilith Muirhead; Eric, Chris and Michael Hornung and one great great grandchild, Emily Hornung.

The funeral took place on Monday, August 23rd, 1999 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to the Memorial Chapel. Interment at Woodlawn Cemetery. Reverend Peter Hincke of St. Matthew's Lutheran Church officiated.

The pallbearers were The Nativity Guards.

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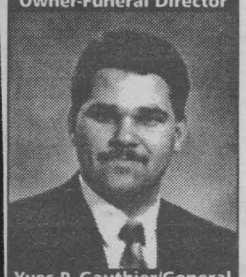
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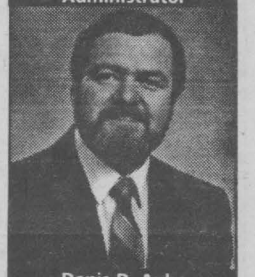
Denis D. Aube
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Successful Season for Local Dance Team



Pictured: Tina Ashby, Amy Boileau, Claude Beaupre, Kelly Fry, Stephanie Fry, Nicole Lalonde, Christa Lebrun, Cathryn Matthews, Alexandra McCullough, Jo-Anie McCullough, Lisanne McCullough, Josee McCullough, Tana Montgomery, Alanna Pollard, Chantal Pollard, Adele Quesnel, Jennifer Regnier. Missing: Jennie Liddle, Jennifer Lacombe, Melanie Verville.

The Studio "C" Showstoppers, a dedicated group of twenty girls between the ages of eight and nineteen, have attended competitions in Montreal, Ottawa, Niagara Falls, Buffalo, Orlando Florida and most recently Toronto. The team, which has been in existence for eight years, has always done well, but the last two years have been exceptional, not only at competition but also entertaining at local events. You may have seen them in the Worldfest Parade or Arts In The Park, the Rotary Club Pancake Breakfast, Festival of Trees, Winter Carnival or the Mayor's Picnic.

"It's kind of hard to miss us," laughs Candy Woods Pollard, owner of Studio "C" Dance School where the girls study tap, jazz, ballet and lyrical. "We're like a purple army in our warmup suits."

Studio "C" owned and operated by Pollard, has gained a reputation as a quality studio in the Cornwall area. Studio "C" offers students the opportunity to be examined, in jazz and tap, by the Canadian Dance Teachers Association (CDTA). These exams, which ultimately lead to a teachers' degree in dance, are unique to Pollard's studio. No other dance school in the area is associated with CDTA and therefore cannot offer these exams. Many Showstopper team members take these exams explains Pollard. They make for a more technique-oriented philosophy of dance and much of the team's success can be accredited to this training.

And success abounds in this team. The Showstoppers boast a record of 76 gold and silver awards for the 1998 and 1999 season. In addition to the normal category trophies, the team also received additional awards such as "Top Production" and "Top 10 of the Day" plus 3rd and 5th place "Regional Championships" in Toronto earlier this summer.

"The competitions are great and the winning is always exciting, but I think the girls are mostly out there to have fun," states Pollard. "When they go out to perform and show the judges and audiences just how much they love to dance, that's when the hard work really pays off. The awards are just a bonus."

Although the competitive team is a large part of the studio, the recreational classes are actually its lifeblood. Many of the school's students dance once per week and simply enjoy the exercise and the music. Pollard loves what she does - "it's remarkable to see a youngster shed their shyness and become self-confident enough to go out on stage and perform. They quickly learn to adapt to different situations such as dancing on a stage or on the street, indoors or outdoors, with lots of space or very limited space, and that confidence continues to grow year after year. I love to watch them blossom into self-confident, poised young ladies and gentlemen."

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