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SEAWAY NEWS

May 24, 1998 VOLUME 12, ISSUE 21 SERVING CORNWALL AND AREA

SUCCESSFUL FUNDRAISER



OSAID, the Ontario Students Against Impaired Drivers, in collaboration with the Ontario Provincial Police, traditionally hold fundraising events to offset the costs involved associated with putting on a memorable prom. This year, the students of Char-Lan High School, in Williamstown, put on a successful car wash at the Lancaster McEwen Gas Bar to raise funds to hire limousine services to ensure safe passage of the students during prom festivities.

Pictured with supervising teacher Craig Carlisle are students Mandy Roy; Lindsey Robertson; Katie MacIntosh; Heather Kennedy; Andrea Pilon and Lancaster O.P.P. officer, Hugh McClements.

(photo by Aubrey Johnson)

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FULL CARD GAME
plus $250 T-GAME
plus $150 X-GAME
plus $100 SMALL BOX GAME
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Hostas (20 Varieties).. $2.49-$5.99
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Flats (Styrofoam) $2.49
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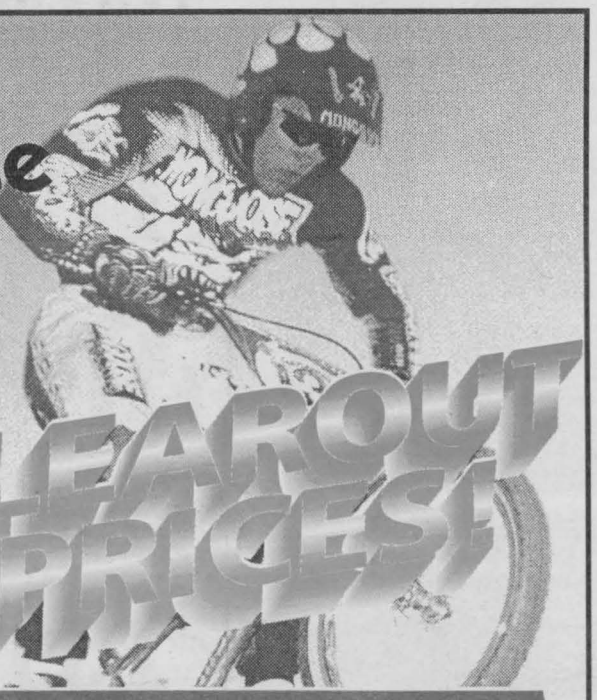
All '97 Mongoose Bikes In-Stock At CLEAROUT PRICES!

MONGOOSE BICYCLES
YES, WE REPAIR ALL MAKES OF BIKES!
SPORTEC
405 9th St. W., Cornwall 938-9314

LIFESTYLES

A Welcome New Trend In Children's Design

The problem: you know that your child will soon outgrow everything — including clothes, shoes and room decorations. However, you also want to have a room that reflects your child's interests and that makes him or her feel good. Is there a solution to this dilemma? Thanks to a new design trend in products for decorating kids' rooms, there is a simple way to compromise that should leave everyone happy.

Leading home design companies are offering wallcoverings and fabrics for children that are more sophisticated, yet still retain those wonderful, imaginative designs and fun colors that kids love. The difference is that now these products have been designed to "grow" with the child.

Experts recommend choosing a "neutral" wallcovering such as a stripe, small polka dots, scattered stars or geometric shapes that will still be appropriate when your toddler is a teenager. Once the walls are covered, let your child choose a crazy border that reflects his interests and personality — whether it be teddy bears or trains, crayons or balloons.

Borders are easily removable and inexpensive and can be changed as your child grows and his tastes change. With a neutral sidewall, the entire look of a room is transformed with a different border and accessories. In fact, with many of these designs that are simple, yet sophisticated, you may want to use them all over the house, not just the kids' rooms!

Consider the following guidelines when decorating your child's room:

•Accessories — Let your child chose the borders and accessories. This will make everyone happy as you choose the big budget items and your child chooses less costly items.

Look for lots of fun throw pillows — they're virtually indestructible and add color and comfort. Add a window treatment and comforter that can also "grow" with the child, yet is still fun and appeals to their imagination.

•Great design — Good collections offer lots of colors — primaries, pastels, brights and desert tones — so you can mix and match virtually all of the designs in each color spectrum.

In choosing a design, look for movement that engages the imagination and colors to which your youngster is attracted. After all, they'll be living with it.

•Versatility — Ask this question: "Will I have to completely change the wallcoverings, curtains, comforter, etc., every few years?" If the answer is yes, look for a compromise. You could go broke trying to keep up with your child's changing tastes.

How versatile are the wallcovering designs you choose? Develop a mental picture of how you would like the room to look in a couple of years — can it be done with the products you've chosen? Can low cost items be replaced as your child grows?

•Durability — This requires little explanation...make sure the wallcovering is scrubbable!

Calcium Is Not the Only Nutrient Important for Bone Health

by Dr. Daniel J. Crisafi PhD., ND., MH

(NC)—We are all aware of the effects of osteoporosis as well as the need to exercise and ensure we get enough calcium in our diet in order to prevent this potentially debilitating disease.

Of course, calcium is important to help ensure healthy bones. Unfortunately, another mineral, magnesium, is often overlooked. The body needs magnesium to activate an enzyme involved in forming calcium crystals in the bone as well as for the conversion of vitamin D, a vitamin necessary for healthy bones, into its active form. Magnesium is also needed for the proper activity of the parathyroid, a gland that is very important in the body's capacity to use calcium. As a matter of fact, in one study, published in Israeli Journal of Medical Science (17:1123-5, 1981) nearly 80% of all women suffering from osteoporosis were magnesium deficient.

The bones are only about 12-13% calcium. They are also composed of something called the bone matrix, which in turn is made up of collagen and chondroitin sulfate complexes. Vitamin C and silicon are needed for the production of collagen, a very important protein. According to some authors, formation of the bone matrix is more severely affected by a deficiency in the trace element silicon than by calcium deficiency. Studies by Dr. Edith Carlisle on silicon biochemistry, presented at the Ciba Foundation Symposium in 1985, have shown that increases of silicon in low calcium diets may actually result in an increased bone mineralization. Vitamin C is also essential for the production of collagen. Because of this, it has an essential role to play in the formation of bone tissue. Vitamin C helps improve the absorption of calcium by providing an acidic environment in which calcium is best absorbed.

As mentioned earlier, vitamin D is necessary for the intestinal absorption of calcium as well as for its use by the body. Studies have shown that vitamin D levels are lower in women suffering from osteoporosis and that supplementation is definitely helpful.

Supplements, whatever the quality, do not replace the need for an appropriate diet and adequate exercise for bone health. However, when a supplement is used, either to prevent, halt or slow down osteoporosis, it should ideally supply the vitamins, minerals and trace-elements that have a role to play in keeping your bones strong and healthy. This is why when patients ask me what Calcium formula I recommend I tell them Osteo Formula by Quest, as it contains all the above ingredients in one convenient tablet.

KEEPING HEALTH IN MIND

Mary Shean, O.T., Occupational Therapist
Tri-County Mental Health Services

Make an effort every day to make a positive difference in someone else's life. Your first encounter with someone else, either in person or by telephone, needs to be one that the other person remembers for the rest of the day because you made a difference – you made a good impression.

How do we do this? Start the day with looking after ourselves. Do a few exercises, walk the dog or go for a walk, hear the birds sing, feel the warm breezes, give a hug, ask for a hug – do something that feels good for you. We all have strengths as well as things we say or do that may not be great. Concentrate and build on your strengths, work on the less appealing parts, and remind yourself that you are human. List your strengths and good points and pin them on the mirror or refrigerator so you always know and remember you have great qualities. Keep a "Grateful Journal". Keep a private and separate book and at the end of each day record 5 things you are grateful for from your day. As hard and as discouraging and as bleak as our levels seem some moments, there is always something for which we can be grateful and thankful. We need to be thankful first before we can give bits away to add to someone else's day. Without replenishing ourselves, we're like a car running on empty – we burnout, become stressed out, sometimes depressed, and generally not wonderful company. It is not being selfish to take time for ourselves – it is a necessity. The benefit of giving, and having something to give is that someone else feels good but we also feel good because we were able to help make that difference in someone else's day. So if you have a complement or a thank you or an "I'm thinking of you" thought, give it away. Holding onto it in your own mind benefits no one.



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54" & 48" matt $149
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Many others in stock to choose from
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MORRISBURG
12421 County Road #2

May 31: World No Tobacco Day

What's under your plate may be as important as what's on it, if you're dining locally next week.

Placemats bearing the Smoke Free Works For All Of Us message were coloured by local Grade 3 and 4 students and are being distributed by the Eastern Ontario Health Unit (EOHU) to participating restaurants that offer delivery services.

"The placemats are a gentle, practical reminder of the importance of smoke-free environments. Restaurants, where families order pizza and other take out foods are the ideal vehicle for delivery for this message," says Sandra Labelle of EOHU. The placemats are added to all pizza orders and other deliveries.

"These businesses have gone out of their way to show they value their customers by supporting healthy initiatives."

Labelle says this year's May 31 World No Tobacco Day Campaign focuses on the risks of second-hand smoke and the slew of potential health hazards that accompany it.

"It's especially important to remember that the risks associated with second hand smoke are even greater for children. They often don't have a say in their environment, so it's up to adults to speak up for them."

Up In Smoke: Second Hand Smoke Risks

- Lung and bronchial infections from second hand smoke were the number one reason for children visiting hospitals in the five counties last year.
- Babies in smoking households are twice as likely to have respiratory problems.
- Babies born to women smokers are nearly a half pound lighter at birth than babies born to non-smokers. Low-birth weights are often associated with health problems.
- Smoking boosts the rate of miscarriage and infant death.



Summer is here
Are you ready for it!

WAL-MART PHARMACY presents
Sun Awareness Day

Friday, May 29th 1998
11 am - 3 pm
WAL-MART PHARMACY

Drop by and get answers to:
- What does an Atypical mole look like?
- What is an SPF?
- What to do if a baby gets a sunburn?

Did You Know? that Skin Cancer is the most common cancer in Canada?

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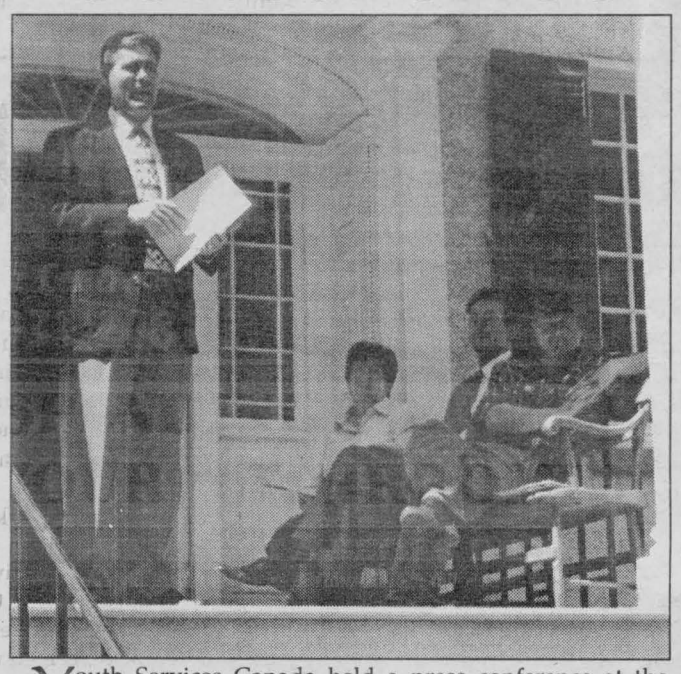
BROOKDALE MALL

YSC Press Conference



Youth Services Canada held a press conference at the Inverarden Regency Cottage Museum on May 14th, to introduce the first annual Cornwall Homecoming Festival '98. Hosted by Ian Bowering, Curator of the S.D. & G. Historical Society, the conference invited the general public to celebrate the local heritage of the Tri-County area and to experience the friendly Seaway Valley's history and sights.

Pictured at the conference are Mayor Brian Sylvester with Curator Ian Bowering, Ian Parkinson and HRDC Project Coordinator, Pauline Bookout.

(photo by Aubrey Johnson)

SD&G Resource Center Elect New Executive

The new executive for the SD&G Resource Center For Injured Workers recently elected were Sue Ingram (Treasurer), Beate Wildraut (First Vice President), Mike Rivette (President), Syd Gardner (Second Vice President), Gail Marsolais (Secretary), Rolly Rivette, Claude Aubin, Glen MacMillan, Aline Elderbroom, George Zabizewski, Nancy Belanger, Roger Laframboise, Bernie Marsolais.

The Resource Center held it's annual meeting and elected a new executive committee. Mike Rivette newly elected President said he was anxious to get back to work and make the Center a success. "I'm looking forward to the first Board meeting so we can get down to business. I'm hoping to make a difference. With the Board elected I feel we have a good team and should be able to meet our objectives."

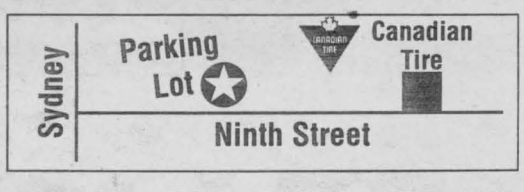
The Center also recognized the efforts of previous President and now 1st Vice President Beate Wildraut as Mike Rivette presented her with a plaque in recognition of all of her services. The Center and Beate also received a plaque from the SD&G Labour Board.

The resource center is a tool which can facilitate the plight of injured workers in the SD&G area. They will facilitate life for not only the injured worker, but his or her families.



Spring Clear Out Sale

WHERE CANADIAN TIRE PARKING LOT



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Pierre Rivers, Leasing & Sales Consultant
Roger Campeau, Leasing & Sales Consultant
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The Day the Music Died

The new Aultsville Theatre Management Committee is starting to feel discouraged with the response from the community. In particular the businesses of this area. A few weeks ago motivational speaker Mike Vance told over two hundred businessmen "Could you imagine what it would be like to go to Disneyland and not hear any music or to watch a parade and not hear a tune. This just may be the scenario if the committee to save Aultsville doesn't get any more support".

One of our committee members asked if they could have a few minutes to plead our case in front of Team Cornwall. The committee member was turned down. Again it makes one wonder where the priorities are even for a group like Team Cornwall. A lot of people are saying they can't afford the $100 dollars for the Don Harron Catherine McKinnon show. Committee member David Runions asked "will people be able to afford to travel to Ottawa, Montreal, or Toronto to see many of the shows that will no longer be coming here to Cornwall?" That's what it is coming to. Terry McRae from Shantero productions states that he will simply take all the great shows that he has brought to Cornwall to other cities. Bob Rothgeb stated "that they will have to pay more than just a ticket price if people have to go to another city to see a show. I just can't understand why people aren't supporting this cause."

We have just received notice from the City of Cornwall that they will be willing to provide an administrative person to help run the daily duties of the theatre. But we're not out of the woods. We must generate enough revenue to guarantee the ongoing cost of the theatre, and right now that is not looking great. If people can't afford to go to the Gala evening then they are being asked to make whatever donation they can. Right now nothing is too small. Committee members are dumfounded from the lack of support. It is getting to the point that the committee is asking themselves does this area really want Aultsville Theatre or should they let it be turned into a health club.

Other good news to the Gala evening of June 5 is comedian Valerie Rosedale has committed to coming to Aultsville. She is distant country cousin to Charlie Farquharson and a comedian who plans to take this community by storm. She states she feels that the arts are a needed element in a community, and she is willing to do anything to help the evening of comedy and music. She has even offered not to strip if there is a good turn out. She is asking all to help to save Aultsville Theatre. "Come on Cornwall. This town has lost so much in the last few years. It isn't any wonder why no new business is locating to this area." If you want to help your committee call 938-4897. 933-8313 or 534-2782.

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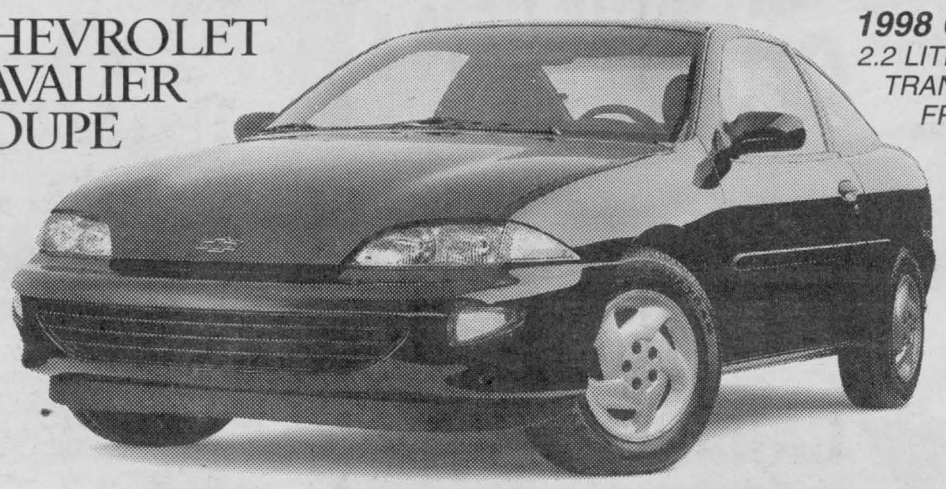

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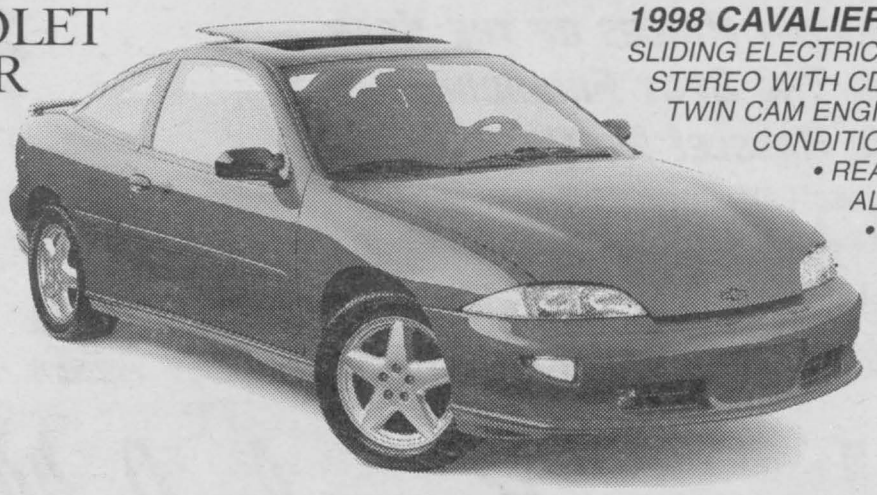

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Call today 1-800-914-5665 for yourself or a friend living with cancer.



Last year, children from Cornwall visited CHEO 2,874 times

All good reasons to support the CJOH Telethon for CHEO, May 30 and 31



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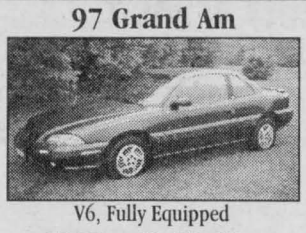

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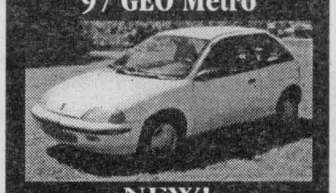

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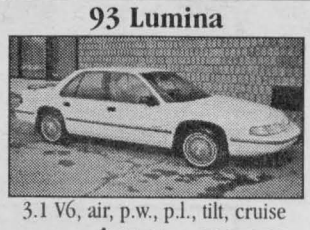

3.1 V6, air, p.w., p.l., tilt, cruise
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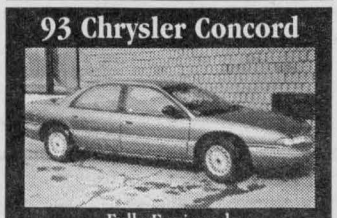
93 Chrysler Concord



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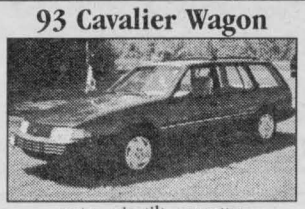
93 Cavalier Wagon



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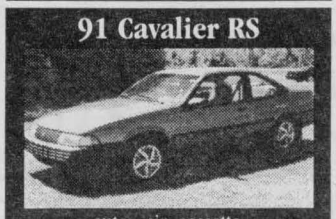
91 Cavalier RS



auto., air, cassette
REDUCED **$6,650**

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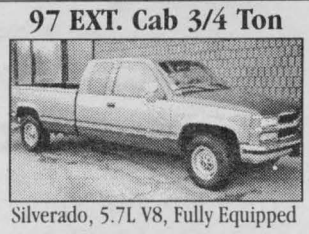

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96 GMC 4X4 SLE



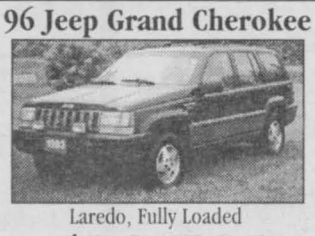
Extended Cab, 5.7L V8, Fully Equipped
REDUCED **$26,500**

95 Blazer LT



2 To Choose From, Fully Equipped
REDUCED **$24,500**

96 Jeep Grand Cherokee



Laredo, Fully Loaded
only **$26,500**

95 Suburban LT 3/4 Ton



Leather, p.seat, CD & All
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TIP OF THE WEEK:
"Stocks will fluctuate, but the boom will last until at least the year 2000."

Why stocks will keep going up

Many conservative analysts think the stock market has gone up too far, too fast in the past few years. They think stock prices are doomed to come crashing down, as they did in 1987 when stocks fell 22.5% in just one day.

However, trends in stock prices last longer and go further than most investors ever guess. Trends end when underlying causes and conditions change. Here are three leading causes of the 1990s stock market boom – all which still apply today.

CAUSES OF THE BOOM

1. Open economy. Worldwide economic and political liberalization has opened up vast markets for western technology and brand-name goods.
- Rising foreign demand will eventually spur a boom in Canadian resource industries.
- Meanwhile, imports of simpler goods from newly liberalized countries help hold down our inflation. Asia's current economic turmoil is a ripple in the trend.

2. New technology. Computer and communications technology has produced a productivity bonanza.
- Productivity (the average value of goods or services produced per hour worked) has soared in the 1990s as companies make full use of today's technology.

3. Maturing baby boomers. The boomers were a drag on the economy in the 1970s and 1980s when they began entering the workforce. They had to be shown what to do, which cut productivity. They all tried to buy a first home at the same time, so they pushed up house prices and mortgage rates. Their incessant demands lead to roaring government spending and deficits.
- In the 90s boomers are middle aged and the drawbacks are reversed. Boomers know how to do their jobs, which pushes up productivity. They are making and saving more money than ever, which cuts interest rates. This pushes up tax collections, which cuts budget deficits.

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Patrick McKeough is author of *Riding The Bull* and editor of The Successful Investor, a monthly investment newsletter. For further information, call 1-800-579-4246 or visit **http://www.thesuccessfulinvestor.com**

Cheap Ways to Build Your Inventory

(NC)—If you don't have enough cash to build a good inventory, here are some ways around it.

Get goods on consignment or pay a deposit

To build confidence, you need to move some product first. Start with the most popular items, and once you've sold some of these, ask your supplier to increase your consignment amount so you can carry all items.

Failing that, offer to make a small deposit to secure the items. This way you can carry more inventory for the same outlay.

Get extended credit

Try and negotiate a longer float period. 90 days between order and payment due may give you more time to turn over your inventory.

Small Business
SECRETS

Put up your assets as security

You may decide to offer your assets to your supplier as additional security for your line of credit, securing more inventory. Prompt payment for goods sold means you don't risk these assets.

Get working capital from the government

At least three programs offered by the Business Development Bank of Canada (BDC) can provide loans to improve your working capital. The Micro-business program provides up to $50,000 to small business. The Student Business Loans Program provides interest-free loans up to $3000. And BDC term loans can provide money to cover the gap when your operating cash has gone toward fixed assets.

FINANCIAL FUTURES

Choosing a Good Financial Consultant is the Most Important Investment You'll Ever Make!



MING

Many people spend more time planning for a vacation or buying a sofa than they do planning their financial future. When they finally decide it's time to put their financial house in order, they don't know where to start.

Where do you start?

Start by getting some professional help. You shouldn't hesitate seeking professional financial advice any more than you would avoid seeing a doctor when you're sick. A professional financial consultant can help you set up a financial plan. He or she can help you determine which investments are best suited to achieve your financial goals, establish a savings program to build your assets, and explain potential risks and rewards of various investments.

What is the benefit?

Probably the most important contribution a financial consultant can make is to help you stick to your plan. Research conducted by Dalbar Financial Services found that during an 11 year period ending June 1995, U.S. investors with a financial consultant held their funds longer, and earned almost 17 per cent more in total cumulative return than those who purchased their funds directly. Not all investments are created equal and some are clearly better than others at achieving certain goals. A good financial consultant can help you determine the best products to suit your needs.

Where do you look?

Finding a financial consultant is no different from finding a doctor. Ask about the consultant's experience, track record, services, investment approach and fees. And don't be afraid to request for credentials and references. Remember, it's your money and your future. If the person you're considering makes you feel like your wasting his or her time, chances are, you're wasting your money.

Interview any financial consultant you're interested in to be sure he or she fits your style and investment needs. They must be someone you trust, and someone who can tailor a portfolio or plan to meet your personal requirements. A conscientious consultant will use the initial meeting to discuss your financial situation, goals, objectives and risk tolerance level and provide you with an increased understanding of the financial world.

What do you ask?

Consider asking the following specific questions:

- How do you put together a properly diversified portfolio of funds?
- How much will it cost me after commissions and fees?
- Will I receive an annual review of the fund performance and strategy?
- Will you check with me regularly to see if my needs have changed?

Who is best to help?

Most people would also benefit from working with an independent financial consultant. Why independent? You can think of an independent financial consultant as your travel agent to the financial world. He/she will shop around and get you the best product/deal that suits Your needs. For instance, if you called up Air Canada for a flight, do you think they would tell you that there is a better deal/schedule/etc. with Canadian. Also like dealing with a travel agent you pay the same price for your ticket/service whether or not you receive the benefits of the agent/consultant. The consultant will generally not charge you a fee and is paid from the financial institution that you decide to do business with, much like a travel agent is paid.

If you're ready to get your finances in order, start by investing in professional help. Ultimately, seeking out a financial consultant is the most important investment you'll ever make.

Timothy Ming is an Independent Financial Consultant in Cornwall. Timothy is affiliated with W.H. Stuart and Associates.

Moving Expenses

(NC)—You may claim eligible moving expenses to change residences within Canada, providing the move is at least 40 kilometres (using the shortest normal route) closer to a new job, business location in Canada, or a post-secondary institution at which you begin full-time attendance.

The claim amount is limited to the individual's income from the new business or employment, or to the extent of the student's taxable scholarships, fellowships, bursaries, prizes and research grants, in the year of the move or in the following year. If the individual is reimbursed in whole or in part, the full amount of the moving expense is claimable as a deduction only if the reimbursement amount is also included in calculating the individual's income.

Eligible moving expenses include: travel costs, including reasonable amounts for meals and accommodation to move the individual and members of the household; storage costs for household effects; costs for up to 15 days for temporary board and lodging near either residence; the cost of cancelling a lease at the old residence; selling costs of the old residence; legal fees; and transfer taxes or taxes on registration of title to the new residence, provided that the individual or spouse is selling or has sold the old residence as a result of the move.

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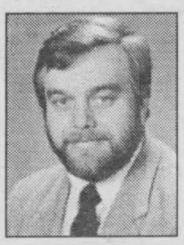

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Moose Lodge Makes Donation



Moose Lodge, 1367, a definite profile of neighbourhood service and leadership, continues its mandate of serving the Cornwall community, by presenting a $200.00 cheque to the (RCSCC) Stormont Sea Cadet Corps to offset expenses incurred in keeping the group's costs to a minimum. Pictured are Community Services Chairman Don Denneny; Governor Emile Murphy; RCSCC rep. Linda Marin and Administrator Charlie Denneny.

(photo by Aubrey Johnson)

Zellers Moonwalk Fundraiser for Cystic Fibrosis Captures Award

Zellers Inc. has won The Canadian Centre of Philanthropy's "Imagine New Spirit of the Community Partnership Award" for its collaboration with the Canadian Cystic Fibrosis Foundation (CCFF). Moonwalk is a national walk-a-thon organized by Zellers employees across Canada to raise funds for cystic fibrosis. This year's Moonwalk will take place on Sunday, May 24th at Zeller's Eastcourt Mall store at 11:00 am.

It is estimated that if each Zellers employee walks 10 kilometres, together all employees would more than cover the 240,000 miles to the moon and back. More than two thirds of Zellers 42,000 employees usually take part.

Zellers and the Foundation created Moonwalk and the centrepiece of an annual campaign that has netted approximately $12 million for cystic fibrosis research over the last 12 years. In addition to Moonwalk, Zellers employees organize local CF awareness events.

"We are very fortunate to have such a wonderful corporation citizen as a partner, " said Cathleen Morrison, Executive Director of the CCFF. "Zellers generously allocates staff time to the campaign, which last year raised over $1 million, 10% of the Foundation's revenues."

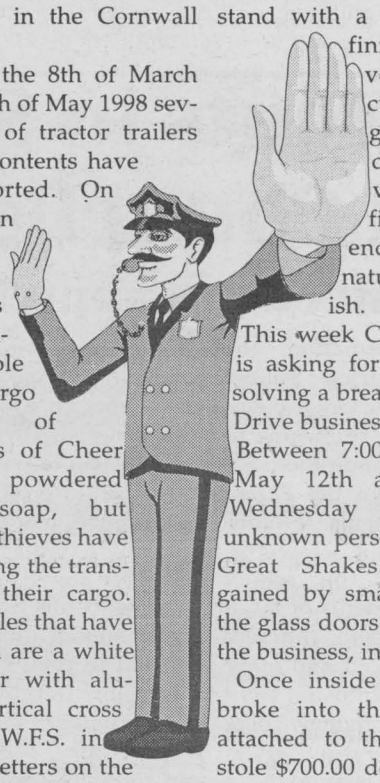
Each Zellers store manages its own fundraising events and involves local suppliers, such as Cardinal Meats for wieners for hotdogs after Moonwalk, as well as Kinsmen and Kinettes for all their much needed help. Employees encourage customers to sign pledge sheets, make contributions to CF, donate Club Z points to cystic fibrosis, and help raise awareness about this fatal disease.

"We encourage every citizen of Cornwall to contact Zellers to find out how to participate." quoted Noreen Richer of the Cornwall C.E. Chapter.

Cystic Fibrosis attacks the lungs and digestive system, taking the lives of more Canadian children and young adults than any other inherited disease. Unfortunately, it is still fatal. One in every 25 Canadians carries the gene for CF.

Crime Stoppers

Seaway Valley Crime Stoppers needs your help in solving several thefts of tractor trailers in the Cornwall area.



Between the 8th of March and the 10th of May 1998 several thefts of tractor trailers and their contents have been reported. On one occasion the thieves broke the padlocks on the trailer and stole only the cargo consisting of 1200 boxes of Cheer and Tide powdered laundry soap, but mostly the thieves have been stealing the transports and their cargo. Some vehicles that have been stolen are a white 1997 trailer with aluminum vertical cross members, W.F.S. in large blue letters on the trailer with Ontario plate #S18131 and also a red 1987 Convoy 20' container trailer with Quebec plate D23210. Two other stolen trailers have been recovered in the Montreal area.

This week Crime Stoppers is asking for your help in solving a residential break in.

On Thursday the 7th of May a private residence on Arlington Road in South Glengarry was broken into.

Stolen property: an oak chair, cabinet & telephone stand with a natural wood finish, a maple veneer corner cupboard with glass doors, a dresser with a varnished oak finish, and an end table with natural wood finish.

This week Crime Stoppers is asking for your help in solving a break-in at a Plaza Drive business.

Between 7:00 pm Tuesday May 12th and 7:00 am Wednesday May 13th unknown persons broke into Great Shakes. Entry was gained by smashing one of the glass doors at the front of the business, in Iroquois.

Once inside the suspects broke into the coin boxes attached to the games and stole $700.00 dollars in quarters. Also stolen were 6 - 1 litre bottles of pepsi and 10 lbs of hamburger.

If you have information that can assist in solving these or any other crime call crime stoppers and you will be entitled to a cash reward... reward payments are set up to protect your anonymity.

Call Crime Stoppers at 937-8477 and for long distance calls 1-800-265-8477.



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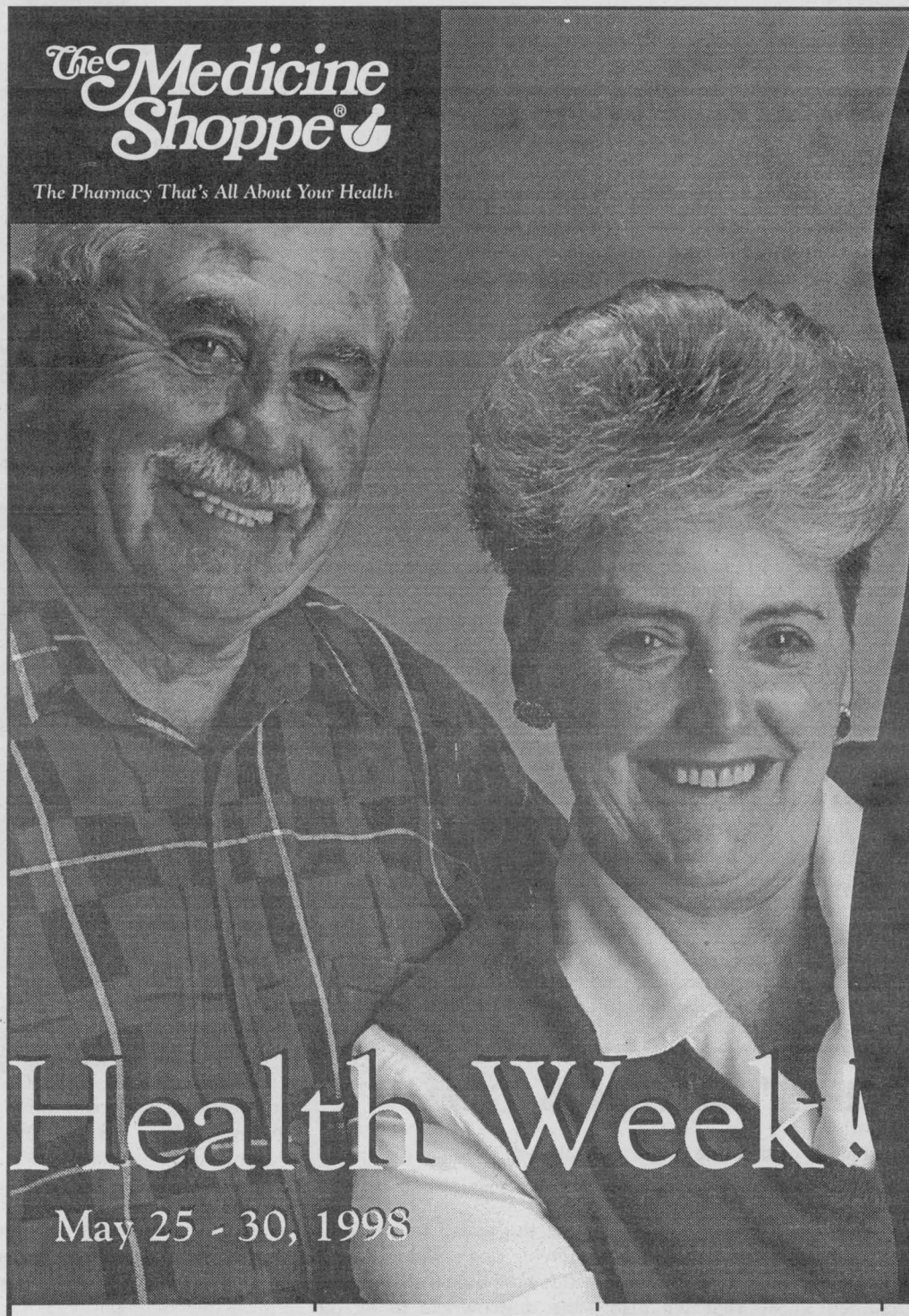

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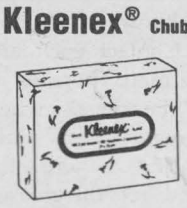

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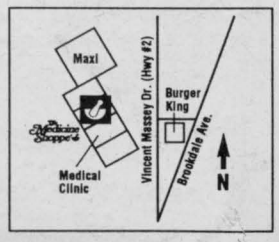

Opinion

SEAWAY NEWS
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Martelle Becomes Mouthpiece for US Tobacco Lobby

PERSPECTIVE



By Bob Roth
SEAWAY NEWS

Well, well, well.

Now it all makes sense.

Last week, I commented on the illogic of former Mayor Ron Martelle who was in town to say that lowering legitimate taxes was the way to combat smuggling. In my view, such an approach amounts to caving into crime.

I found it puzzling that Mr. Law and Order would take this position. Now I'm not nearly as puzzled.

The Globe and Mail's Washington bureau reported last week that Martelle is working with the US tobacco industry to defeat a new US anti-smoking bill, including the tax hike that goes with it.

Remember that mysterious TV commercial Martelle was in town shooting? Well, that was a lobbying piece for the US tobacco industry.

The industry is battling the proposed bill which, among other things, would raise the price of a pack of cigarettes $1.60 (US).

In the 60 second commercial being aired throughout the US, Martelle warns Americans that high cigarette taxes turned the City of Cornwall into a crime ridden smuggler's den.

"You'd think, you could move to a town like Cornwall to get away from crime, but when Canada raised taxes on cigarettes, smugglers were everywhere," Martelle says, perched in a downtown Cornwall restaurant.

"The criminals that showed up in Cornwall threatened my life and the lives of my family. We had to have police protection around the clock. All because a tax that was supposed to protect our teenagers from smoking ended up endangering all of us."

Then comes the punch line - "All that and teen smoking didn't ever go down."

Talk about misleading information.

The statistics clearly show that smoking among teenagers did go down. Then it bounced up again when the taxes were lowered.

As Rob Cunningham, senior policy analyst with the Canadian Cancer Society in Ottawa, told the Globe, regarding Martelle's comment: "That statement about (teen smoking) is incorrect and irrefutably so." Cunningham accused Martelle of "engaging in typical tobacco industry misinformation."

I find it particularly ironic that Martelle would talk about threats on his life when the number one cause of preventable death and illness is smoking.

Many more people are killed by tobacco than by smugglers.

I must say I am frankly appalled that the former mayor would lend himself to this cancer stick schtick on behalf of the tobacco industry.

The facts show that cigarette smoking steadily declined in Canada, under high taxes, until 1995.

Cunningham pointed to a market study done by cigarette maker RJR Macdonald showing smoking rates for 19 to 20 year olds fell from 33.4 percent in 1988 to 29.2 percent by 1995. That rate jumped back to 32.3 percent in 1996.

Since the tobacco industry, itself, claims it does not target young people in its advertising, what is the reason for this increase? The answer: the tax cuts made cigarettes much more affordable for young people.

In other words, many young lives are now being "threatened" thanks to a political cave-in to criminals and the tobacco lobby.

Meanwhile, Ron Martelle continues to do what he always did best as mayor - sound off unconstricted by the facts.

SEAWAY NEWS
LETTERS TO THE EDITOR

Family Law Killed Couple

Dear Editor:

The Coroner's inquest is digging into the history of Randy Iles who killed his ex-partner Arlene May and then himself. As it turns out Iles had been a stay-at-home dad. Typically the primary care giver is the one who gets custody of the child once the couple splits. But family law rules apply only to the benefit of mothers, so Randy Iles lost. His first wife said, "I made life difficult. He wanted visitation rights so I made it as difficult as possible for him to attain." No family law court came to Iles' rescue from this Black Widow. In fact, Iles lost custody for three children from three different ex-partners. It really doesn't leave much to hope for does it? After being beaten down three times, who can blame him for seeking justice on his own terms?

When a man has been abused by his spouse, the courts and then had his children alienated, and his status reduced to a wallet, he loses control, seeking only to stop the pain. He becomes under the control of the pain and acts without awareness of consequences let alone the fear of consequences. These ex-fathers experience a host of problems such as substance abuse, depression, dropping out, suicide, and of course violence - all of which are attempts to make the suffering go away. Ex-fathers are not to blame.

Family law killed Randy Iles and Arlene May. I hope that message gets through to the Coroner's jury.

Yours Sincerely,
Lloyd Gorling
Founder, Ex-fathers
Williamstown

Wanted: Parents to Sit on School Councils

(Non-Catholics need not apply)

Dear Editor:

School Councils were mandated by the Ministry of Education Memorandum 122 back in 1996. This was done with the intention of increasing parental input into the education of our children. It was done to establish a system of parent groups across the province. It requires the Principals of each school to send out notices to all parents/ guardians interested in applying for the Council. An election is then held. Each Council is made up of a minimum of six elected parents (each Council can stipulate more if they feel the need), a Principal, student, teacher, non-teaching and community rep. In the case of the Catholic boards a Parish Rep is also included.

With amalgamation, the Catholic District School Board of Eastern Ontario was born. They are proposing to put a restriction on the position of Chair of the Parent School Councils. Non-Catholics are not acceptable. Even though the school accepts the students of families of mixed faith, different cultures, divorced and other single parents plus let's not forget, their tax money. There is no consideration given that the Chair should be a dedicated and responsible parent in the school community. That they uphold the interests of all parents and students. The only criteria they are interested in is that they have been baptized Catholic. All parents or guardians in this system should have the right, if nominated by the other elected parents, to sit as Chair. If this is not so I would question the values we are teaching our children about ethics, discrimination and fair play.

The two largest Catholic Boards in the province were faced with this decision and after parental outcry it was decided to revise their policies. Our Catholic boards and Councils are here to serve all needs of our parents and students, it must be recognized that there are many branches on this community tree and you can not cut off the flow of life to one branch without first discovering if it will not kill the tree.

Judy Grunwald
Parent
Cornwall

Dog Owner Speaks Out

Dear Editor:

I am writing this letter in response to an article I read in the Standard Freeholder concerning the building of skate board facilities in the east parking lot of the Civic Complex.

I was quite pleased to read in the Freeholder the other morning that our city fathers were agreeing to a request to allow a skate board facility to be built in the east parking lot of the Civic Complex. This has been long overdue. The teenagers of this fine community have had no place to enjoy their leisure pastime.

It is now time for the responsible dog owners to band together and let city council know that we also require space for responsible dog walking. The waterfront between the Complex and the Seaway International Bridge is just beautiful. It is a people park. I have seen many parks in different Canadian and American cities that have passive parks that permit dog walking. They have plenty of refuse containers and the park land is well maintained and none the worse for wear for allowing dog walking.

It is now time for all responsible dog owners to let our feelings be known at city hall. Be vocal. Contact each and every alderman. There is an old adage "the squeaky wheel gets the grease". Let's make this situation where the squeaky paw gets the grease.

Kevin Murray
Cornwall



Where Are We Headed?

Dear Editor:

I hope Bob Roth runs for a copy of the Declaration of Independence with its 1st Amendment clause as he again writes (April 26th) that "separation of church and state is a fundamental principle of our society." Those five words were taken out of context from President Jefferson's speech, 1802. He said "the First Amendment has erected a wall of separation between church and state to keep the government out of church affairs but never to keep Christian principles out of government," meaning the government could no longer dictate to the churches what they could teach or not teach in their schools as was done in Europe then. The people had fled this persecution to America, seeking freedom of religion. With both the government and the churches and school, for about 186 years, acknowledging God daily, USA became a prosperous, well educated, respected worldwide pattern, because "it is He (the Lord) who giveth thee (anyone) the power to get wealth." (Deuteronomy 8:18). See also Joshua 1:8, 3 John 2.

Since certain unbelievers used these five words, with the same understanding as Bob, the Bible, prayer and the 10 commandments were removed from the schools in 1962, due to their lobbying. Can't we see the horrific results? Spitballs and gum have been replaced by guns, drugs, disrespect, alcohol, teenage pregnancies, dropouts, murder even by the very young, abortions, dysfunctional homes and billions spent in social services and crime prevention and keeping Russia quiet, banks run by foreigners, etc. has resulted. The US is no longer respected throughout the world. All this has affected Canada, with lost innocence and lost childhood in both countries. Are we really interested in child abuse and its root cause? As King David said "Thy word is a lamp unto my feet and a light unto my path." (Ps 19:105).

Imelda Wheeler
St. Andrews

The views expressed by columnists and/or letters to the editor are not necessarily the views of this newspaper or its publishers.

To ensure publication, submissions should be no longer than 350 words and include a title.

Are The People Listening?

So you think you can trust Prime Minister Chretien and the federal Liberals, eh?

Think again.

Here is the latest evidence: just a few days ago, Mr. Chretien said that he "didn't listen to the polls" which indicated that a majority of Canadians thought the Hepatitis C victims were being poorly treated by his government's decision to compensate only some of them for the bad blood they received because the Canadian Red Cross didn't screen blood supplies properly.

Bold statement. Never listen to the polls because they're irrelevant, he said. A sign of a courageous leader.

But it was all too good to be true.

Just like many of the other fibs he had told, this one was far from the truth as well.

On Wednesday of last week, it was revealed that the Liberal government has been spending scads of money on polling to find out what people are thinking. And it showed Mr. Chretien to be pulling off another Pinnochio move.

The government spent $29,000 - can you imagine? - to test a Canada Day logo on focus groups and another $25,000 to measure the readership of a media supplement touting the benefits of Mr. Chretien's overseas trade missions.

It turned out that Canadians obtained this information courtesy of the Reform Party, which used the Access to Information Act to determine that Mr. Chretien's government increased its spending on public-opinion research by 64 percent during the final two years of its first mandate.



And what does this say? It undermines the Prime Minister's contention that his Liberals do not govern by opinion poll or focus groups.

Mr. Chretien has long asserted that he has little use for opinion surveys, going so far as to suggest that a leader cannot be effective if he employs polls in place of instinct and vision.

Nice try.

Because the information obtained by Reform shows that the ever-lying Liberals spent $11.8 million on public opinion research projects in 1996-97, up from $7.2 million in 1994-95.

When the Reform Party embarrassed the government with this latest news, people in the Prime Minister's office tried to play down the whole matter.

Charles Guite, his chief government research man, said it would be "foolish" to launch major government programs without first testing the waters of public opinion.

Fair enough. But why lie about it? And why spend so much of taxpayer's money on Canada Day logos and other meaningless stuff such as the readership of media supplements talking about Mr. Chretien's overseas trips?

This is a government that apparently can't do much without resorting to polling. It's a wonder that cabinet ministers can make it to the bathroom without consulting the polls. And maybe they do.

The hogwash that spews forth from the PMO is enough to make your head spin. It is usually a combination of half-truths, downright lies, denials, obfuscation and silence. And that is what the Liberals call leadership.

I have an idea for them: why don't they look at some real leaders to see how the country should be governed? How about Frank McKenna's government in New Brunswick? Or Mike Harris' crew in Ontario? Or, for that matter, Roy Romanov's government in Saskatchewan? All are far more creative examples of leadership.

Mr. Chretien loves to talk out of both sides of his mouth. He says one thing and does another. He is not playing straight with the Canadian people. And this latest little exhibition of wasting $11.8 million on polls shows that.

Are people listening to this stuff? Or is the government going to have to do an opinion poll to figure out how to pull the wool over their eyes once again?

AIDS FORUM



By Pat O'Connor
SEAWAY NEWS

Hello everybody. Someone asked me last week why I decided to go public with my illness, being HIV+. Let me tell you a short story.

It was back in the spring of 1991. I had just given up my job which was one of the hardest things I ever had to do. I enjoyed my work being General Manager of Fifth Wheel Truckstop, and I enjoyed working with the people who worked for me. I had started taking AZT in the fall of 1990. Its affects on me were drastic. Fatigue and severe headaches were a daily affair, which is why I had to quit working. It was also the first time since being infected in 1985 that I had taken any form of medication. Psychologically it was devastating as I was reminded 6 times a day that I was facing a life threatening illness.

Six months after leaving work the headaches were very bad. I was going into the hospital for some tests and was to stay overnight for some more tests in the morning. I was nervous and scared about just going into the hospital. It was Kingston General, the same hospital my clinic was in.

After some tests the first day I was shown to my room. The first thing that struck me odd was the large Bio-Hazard sign on the outside of my hospital room door. A Bio-Hazard sign is to warn people to be extra careful of the patients blood and body fluids. Its usually a small sticker on the patients info sheet in the room. I noticed about a dozen other rooms on the floor with the same large sign on the door. I was to learn as I suspected that they were all AIDS patients. I was furious!

As the night went on I fell asleep and woke up to my odd dinner on my table. No one had woken me up to eat it when it was hot. Also while walking down the hall I felt the nurses at their station staring at me as if they were going to see something different. To top off my story that night, no one, not one single nurse came into my room to see if I was OK or needed anything. It was maddening and made me feel worthless and dirty.

When Sally my doctor arrived the next morning, with her entourage of interns, I was not in a good mood. "How was your evening" she asked. As I finished telling her what happened and how I felt, "like a leper", one intern said that was odd as hemopheliacs are usually treated better than others on the floor. He continued to say we were innocent victims, contracting HIV, not like "others".

I was quite disgusted at this and when I thought about how I was treated and felt, I wondered about the people down the hall and how they were being treated and how they must feel. I told Sally that day that I had to start speaking to people about HIV/AIDS. There were too many myths and fears, even in a hospital! It was a big decision which would affect my life dramatically. I will continue this story next week as I'm very tired the past few weeks. The heat is going to be a problem this summer, but it sure beats the cold.

Thanks to Julie and Bodine Amyot for asking me to speak at Marville Public. The students were good and asked many good questions. I was waiting for someone to ask if I'm bald because I have HIV. They asked!

And special and good thoughts go out to my friend Rodney who is having surgery this weekend. Get better soon and have positive thoughts. I will have some for you.

Take care all and be well.

Pat is a local resident living with HIV. You may send in questions to Aids Forum here at the Seaway News address. Pat also does public speaking at no charge to any interested groups and can be reached through this newspaper or at his home. For information on HIV/AIDS and Anonymous Testing sites, please call 1-800-267-7432.

"Seaway News...Helping to Educate Our Community."

BASIC BLACK



By Arthur Black
SEAWAY NEWS

Put an argyle sock in it.

May the God of the Tundra forgive me. May the Frigid Furies who guard the spirit of the Great White North have mercy on my soul. I am about to utter the starkest of Canadian heresies.

Here it is: I've heard enough of Stan Rogers.

There. I said it.

Not that I don't admire the man. He was a fine writer of songs with a wonderful ringing voice and a mesmerizing presence in concert, not to mention on cassette, LP and CD.

It's just that I've....heard enough of him. For a while.

And that goes for the Barra Macleans, the Rankins, the Irish Rovers, most of Sarah McGlaughlin -- for any musical group within ten feet of a fiddle, a bodhran or a penny whistle.

It's Celtic Overload that I'm suffering from. Every time I turn on the radio I hear Celtic music.

I'd like, just for a while, to hear something -- anything -- else.

And before you accuse me of petty nationalism or outright racism, allow me to

present my own, impeccably plaid Celtic credentials.

The name is Black. I hail from the heather-clad hills and misty lochs of Clan Gregor.

As my uncle Iaian so inelegantly put it, years ago: "Fear not my boy -- you come from a long Lowland line of porridge-eaters, deer poachers and sheep molesters."

"Celtic". It's certainly a venerable word. The first references appeared in Ancient Greek and Roman times, when the word was used to describe the barbarian hordes of what would one day become Western Europe.

Julius Caesar refined the term, using it to refer specifically to the barbarian hordes of 'middle Gaul' -- in other words, much of what became modern-day France and Germany.

Somehow, in the intervening two millennia, the term came to describe the barbarian hordes who spoke a guttural family of languages including Welsh, Gaelic and Breton.

And there's at least one expert who thinks the whole notion of "Celtishness" -- bagpipes, shillelaghs, tartans and leprechauns -- is a crock. As flat as a pint of day-old Guinness.

Simon James, an archeologist at Durham University in England, maintains that use of the label 'Celtic' is historically unfounded. He says it was part of a very "simple and attractive picture" that our ancestors invented for themselves -- pleasant, but essentially bogus.

James claims we've put the cart before the horse; that we've created a mythical Celtic culture and romantically superimposed it onto what he maintains were essentially mere 'fringe communities' of ancient Britons.

And I'm sure I don't need to tell you that Professor James has to be very careful which pub he chooses to have a pint in, of an evening. There are Celtic patriots who would cheerfully run him out of town on a greased caber.

I don't know whether James is on to something or not -- but I do know that anyone -- archeologist or barfly -- wants to think very carefully before telling Celts that they're a crock. Anyone -archeologist or barfly -- attacks any culture's identity at their peril.

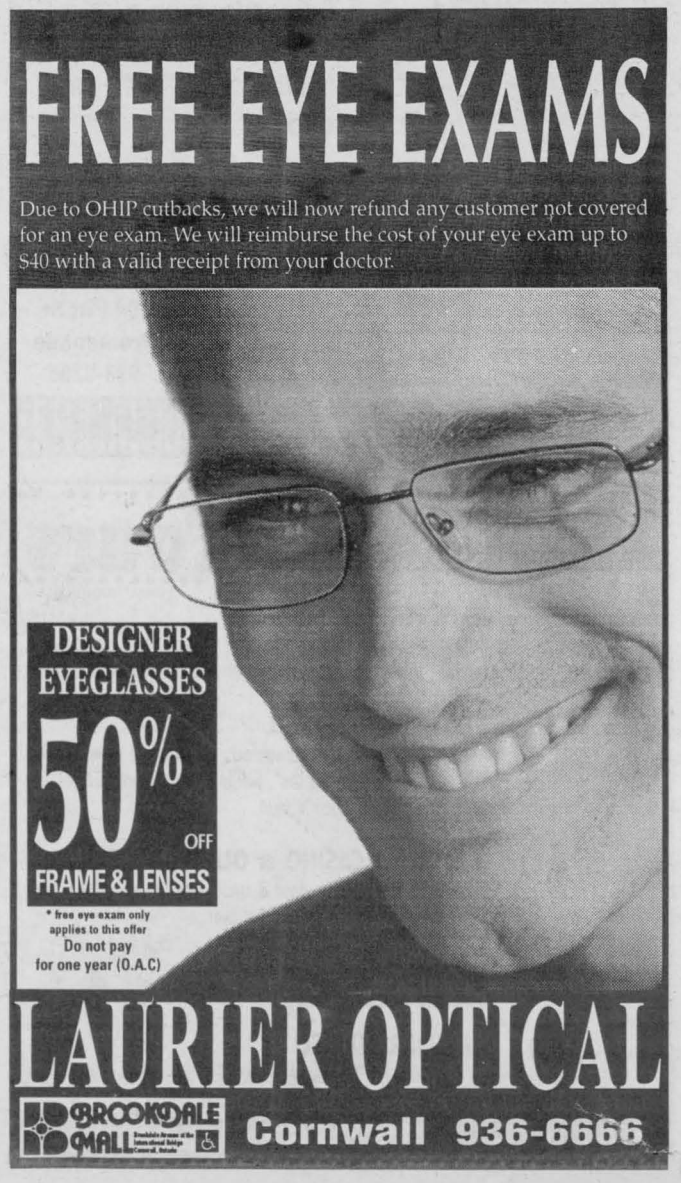
This is a lesson that Ralph BenMergui knows far better than I do.

You know Ralph -- the guy who hosted the hapless Friday night CBC TV show a few years back. The critics roasted poor Ralph unmercifully. Finally, he bailed from the Friday Night slot in a hail of bad reviews and slim ratings. But he's still with the CBC. Nowadays, Ralph fronts a daytime talk show on the tube. Recently, the topic for discussion was: "Celtic Music: Enough Already".

Apparently not. The phone lines lit up, the studio audience hissed and Ralph was forced to retreat once again, confessing that he had ah, perhaps underestimated the fervour of Celtic music fans. Last week on the show, Ralph was apologizing all over the place.

And rightly so. The Celts have a long history of honourable behaviour.

Ben Murgui....that's a Highland Scots clan, isn't it?



SEAWAY NEWS ENTERTAINMENT

Congratulations to the organizers of the annual ***PIKE TOURNAMENT*** the past weekend. They have been doing it for the past ten years and the event just keeps improving. Great weather, great prizes and a great mix of fishermen made for a very successful tourney. I know that my six-and-a-half pounder wasn't in the running for the top ten, so that means several 8-9 & 10 pounders were caught and qualified for the cash prizes. A tip of the hat to the South Lancaster Fish & Game Club, Raisin River Marine and several other individuals who help out each year.

Read this early enough and you may still have time to attend the next ***B.C. SINGLES DANCE***. It's a dress-down denim affair at the Navy Club on Sixth Street East this Saturday evening, May 23rd. Next dance will feature the 50's & 60's music coming on Friday, May 29th.



Entertainment - Special Events & Restaurant Review - By Bill Gallant

Tough to see all three Canadian ***NHL*** teams fall by the wayside in the Stanley Cup Playoffs. It was still a good effort though on the part of the Oilers & Senators. Edmonton in particular should be the League's up-and-comer team to watch. They have new owners, great young skaters and Edmontonians are terrific fans and supporters. For the cup ? ***DETROIT*** still looks strong, Hasek continues to amaze everyone, so it's still anyone's cup. The Eastern Conference final between Buffalo & Washington should be a fast paced series. Four strong teams, albeit somewhat bruised, head into the finals and we should see some exciting hockey on the tube.

Sports is the number one entertainment this weekend at the Anowarakowa "Turtle Dome" as the ***AKWESASNE THUNDER*** open their home schedule in the Ontario Major Lacrosse League. It's a 7:00 p.m. start as the Thunder host Brookin Redmen. No it's not a major storm across the river folks but we should expect to see the Thunder roll on saturday night. Good Luck !!

A good mix of film fare is on the big screens this week at local and area theatres. At the Brookdale Cinemas, at ***BROOKDALE MALL***, see ***HORSE WHISPERER***, ***QUEST FOR CAMELOT***, and ***TITANIC***. At the Port Theatre on Montreal Road, in its third week, ***DEEP IMPACT***. And at the Colonial Drive-in this weekend Friday & Saturday, it's ***TITANIC & HARD RAIN***.

I was fortunate this past week to have a front row seat for a scene that looked like something out of a Disney film when a mother duck and her 11 ducklings, all in a row, were wandering about in my back yard. It was apparent that the mallard duck was confused as she tried to lead her family to some form of shelter under some shrubbery and then led her flock out the other side and headed for the busy Pitt Street traffic. We were able to block her exit and get her pointed in the direction of some dense bush in back and hopefully safety for the family. It was a scene I will never forget and I can only hope that mama and her brood are indeed safe and able to reach maturity in the backyard thicket. Ahh nature is so wondrous !!!

Good luck to ***CAPTAIN BILL MACLEAN*** and his staff at the Edgewater Inn as they prepare for next Saturday's ***LOBSTER FEAST '98***. The Edgewater is still one of the great riverside locations along Highway Two and we wish the new owners all the best in their endeavours. The Lobster feed will be an all-you-can-eat event including clam chowder, assorted salads, bread and garlic butter. Also featured for entertainment will be a live band on Saturday, May 30th. The restaurant will be open each day from 8 a.m. and will offer breakfast, lunch and and a full course dinner. Smooth sailing Captain Bill !!!

Happy Birthday to all the folks celebrating at the ***CHATEAU CORNWALL*** this week as they share some cake, music and fun on Friday. It's the monthly Birthday Party shared by the birthday celebrants and their family and friends.

The members of the ***R.C.A.F.A.*** are also getting ready to assemble at the Wing for their monthly Birthday Bash on Sunday, May 31st. All members and guests are in for the usual fun, food and festivities at the "party" and this week they will offer something special with a summer cook-out on the patio featuring dogs and burgers. The music and hilarity begins at 2pm.

The ***LOBSTER FESTIVAL*** at ***GEDORO'S*** on Pitt Street continues with their menu of delectable morsels from the sea, including the whole lobster special or you can choose the surf and turf meal of a great steak or prime rib dinner at the regular price and then add a whole of half lobster at reduced prices. Always a fine menu of tasty items available each day at Gedoro's and if you prefer you can enjoy your meal outside on the patio.

The ***SEAWAY SENIORS*** are presenting their 10th anniversary variety show, ***"THERE'S NO BUSINESS LIKE SHOW BUSINESS"*** this Saturday, May 23rd. It's a full music, comedy and dance revue and stars the cast of senior citizens. The location is the stage at Aultsville Hall at St.Lawrence College with shows at 1:30 p.m. and again at 7:30 p.m.

Until next week, G'Day and G'Night.

Order of the Eastern Star Makes Donation



Making the presentation on behalf of the Eastern Star is Ann Runions, Worthy Matron and Ronald Armstrong, Worthy Patron. Accepting the donation on behalf of the Canadian Cancer Society is Mr. Bob Denis, Cornwall Branch President.

From l-r: is Bob Denis, Cornwall Branch President, Ann Runions, Worthy Matron and Ronald Armstrong, Worthy Patron.

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Summertime Seafood Specials!

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Take Out
Free Delivery
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Mon.-Sat. 11 am - 8 pm
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Managed by Ray & Clara Henstock

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FATHER'S DAY

Sunday, June 21st

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June 21-25 $495 Can. — CAPE COD (few seats left)
5 days, 4 nights, 4 full breakfasts, 4 dinners, Martha's Vineyard, tour of Boston, Provincetown, Hyannis, etc. evening entertainment

July 3-6 $495 Can. — STRATFORD FESTIVAL
4 days, 3 nights, 3 buffet breakfasts, 3 dinners, 2 shows, "Julius Caesar", "Man of La Mancha", Fiddle & Step Dance Festival, city bus tour, St. Jacob's Flea Market

May 31 $60 — MONTREAL CASINO or OLD MONTREAL
3:30–6:30 p.m., plus seafood & roast beef dinner buffet & floor show at Manoir de Bleury Le Bouthillier

July 8 $20 — CASINO NIGHT IN HULL
Departure 4:00 p.m. Cornwall

Jan 4-17/99 — HAWAII & MEXICO
13 day cruise $2,990 Inside cabin; $3,375 Outside cabin includes round trip air fare from Montreal & port charges.

CALL ROSE ~ 933-3567 (mornings & evenings)

Eddie May

Murder Mystery Dinner

Saturday, June 20th
6:30 PM
Ramada Inn,
Brookdale Ave.
Simon Fraser Ballroom
Tickets Just $35.00

Sponsored by The Ontario Business College Business Students

Tickets are available at:
North Hollywood Video
1274 Pitt St.
936-0304

Ontario Business College
55 Water St. W.
932-4194
or from any Business Students

Everyone Welcome

Minister of Justice Announces Youth Justice Strategy

OTTAWA, May 12, 1998 -- Anne McLellan, Minister of Justice and Attorney General of Canada, today released the government's proposed strategy for youth justice renewal.

"The current system is not working as it should in many significant areas. We need to do more to prevent youth crime in the first place, to develop meaningful responses to youth crime that emphasize responsibility and respect for the victim and the community, and to deal more firmly and effectively with violent and repeat young offenders," Minister McLellan said. "Canadians want a youth justice system that protects society and that helps youth avoid crime or turn their lives around if they do become involved in crime. The government's youth justice strategy will accomplish this."

The strategy is based on three key directions that work together to better protect the public: * prevention; * meaningful consequences for youth crime, including targeted measures for violent and repeat offenders; and * intensified rehabilitation.

Key proposals include: * replacing the Young Offenders Act with a new youth criminal justice act that will put public protection first and that will command respect, foster values such as accountability and responsibility, and make it clear that criminal behaviour will lead to meaningful consequences; *a strong prevention component linked to other federal government initiatives aimed at children and youth, including the $32 million Crime Prevention Initiative, National Children's Agenda, and response to the Royal Commission on Aboriginal Peoples; * encouraging the development of a full range of community-based sentences and effective alternatives to the justice system for non-violent young offenders that foster respect, emphasize responsibility to the victim and community, help youth understand the impact of their actions, and allow them to see a clear connection between the offence and its consequences; * expanding the offences for which a young offender would be liable to adult sentences from murder, attempted murder, manslaughter, and aggravated sexual assault to include a pattern of serious violent offences. In addition, the age limit for young offenders who are presumed to be liable to adult sentences would be lowered from 16 to 14; * permitting the publication of the names of all young offenders who have been convicted and qualify for an adult sentence. Publication of the names of 14- and 15-year olds convicted of murder, attempted murder, manslaughter, aggravated sexual assault or who have a pattern of convictions for serious violent offences could also be permitted; * establishing a special sentencing option for the most violent, high-risk young offenders. The regime would require these offenders to participate in intensive rehabilitation and treatment programs and be subject to extended periods of controlled supervision in the community once released; and * reducing the legal complexities in determining whether voluntary statements by youth can be admitted as evidence.

The government's new youth justice strategy also proposes provisions that would simplify and streamline procedures so that the system works more efficiently, placing less of a burden on victims and families, and ensuring that young offenders see a clear connection between their offence and the sentence they receive.

Emphasis will also be placed on providing more support to victims, ensuring better victim notification and improving public participation and information in the youth justice system.

"We are responding to calls for necessary changes to the law, but we are doing much more than that," Minister McLellan said. "Our new youth justice strategy looks beyond legislation and even the youth justice system itself to explore ways society as a whole can address youth crime and associated factors such as poverty and child abuse."

The Minister indicated that the provinces and others working in the youth justice system will be immediately consulted on the development and implementation of the proposals, and that detailed measures, including new legislation, will follow.

The government's strategy responds to recommendations made by the House of Commons Standing Committee that conducted a year-long review of Canada's approach to youth justice. The Committee travelled across Canada hearing from victims' organizations, the law enforcement community, municipal and provincial officials and many others on how Canada's youth justice system could be improved, and issued its report in April, 1997.

Minister McLellan expressed her thanks to the members of the Standing Committee, including its chair, Shaughnessy Cohen, M.P.

IMPORTANT INFORMATION ABOUT BUILDING A BETTER HEALTH SYSTEM IN STORMONT, DUNDAS & GLENGARRY AND PRESCOTT & RUSSELL COUNTIES.

Why are changes being made?

Ontario's health system must change to keep up with peoples' needs. That is why the Ontario Government created an independent, volunteer body called the Health Services Restructuring Commission.

We are medical professionals, hospital administrators, academic health science professionals, former hospital board members and other experts. We are making difficult decisions to improve Ontario's health services for present and future generations.

Ontario is spending $18 billion in public funds on health care this year. We are finding ways to get the best possible health system that our tax dollars can buy.

Preserving the best health care

Ontario's health care services are second to none. We want to keep it that way. But the population, technology and knowledge about health have changed. Growth in suburbs, as well as increasing numbers of seniors, are changing where health services are needed and hospitals are located. The health system must adapt, or it will falter.

Planning change carefully, one step at a time

On May 13, the Commission announced preliminary recommendations to preserve and enhance the local health system. The Commission has consulted local hospitals and the District Health Council of Eastern Ontario. The distinct needs of the community have been carefully addressed.

Summary of recommendations to date

During the past two years, the Commission has recommended across Ontario:

- Over $1.4 billion in hospital building improvements.
- Over $700 million to be spent annually in new community services in areas such as rehabilitation, mental health and home care.
- The addition of almost 17,000 nursing home beds and services to support another 24,000 people in their homes.

Enhancing Eastern Ontario health services

The Commission's recommendations include:

- All hospitals will remain open, and will receive a total of $31 million for renovation and expansion projects.
- Health services will be enhanced with $6.5 million annually for services such as rehabilitation, home care and mental health.
- The Cornwall General Hospital will provide acute, rehabilitation and mental health services and Hotel Dieu Hospital will provide complex continuing care and sub acute care.

Rural needs will be met

- Hôpital général de Hawkesbury and District General Hospital, the Glengarry Memorial Hospital in Alexandria and the Winchester District Memorial Hospital will be reviewed as rural hospitals under the Ministry of Health's *Rural and Northern Health Care Framework*. The Commission will make a decision on their roles in light of this Framework.

Feedback invited

The Commission welcomes comments on the recommendations by June 15, 1998.

We have more information available

BUILDING A BETTER HEALTH SYSTEM IN ONTARIO

This advertisement was placed so that people can know more about these important changes. If you would like additional information about health services renewal, you can call toll-free anytime to request an information package at 1-888-534-8396, or write to 56 Wellesley St. West, 12th floor, Toronto, Ontario, M5S 2S3 or visit the Web site at www.hsrc-crss.org.

HEALTH SERVICES RESTRUCTURING COMMISSION

Seaway Profile

~ AD/EDITORIAL SUPPLIED BY ADVERTISER ~

Bill MITCHELL TV & Audio Authorized PIONEER Dealer

It's a new era at Bill Mitchell TV and Audio at 1410 Pitt Street in Cornwall as the well established audio and video store joins a number of other stores in Canada in offering the fine Pioneer brand.

Sales Manager Troy Hickman, says as a Pioneer brand dealer the locally owned stores will have a complete line of car audio, big screen televisions, home audio systems and DVD players with all of them backed by the Pioneer name.

The marriage between Pioneer and Bill Mitchell TV and Audio didn't come quickly. The local store was approached first about 15 months ago to carry the Pioneer line.

"Pioneer approached us again and we felt there was a need to fill a void for our customers while at the same time promoting Pioneer in the Cornwall market," Troy says. "We welcomed Pioneer with open arms because they are one of the most recognized names in the industry."

will find a knowlegeable and friendly staff ready to answer any questions you may have regarding your purchase.

Troy says Bill Mitchell TV and Audio has always been known for the provision of excellent service and that tradition continues to this day with the



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March 24, 1998

Bill Mitchell T.V. & Audio
1410 Pitt Street
Cornwall, Ontario
K6J 3T8

Dear Bill

Just a short note to express on behalf of Pioneer Electronics of Canada Inc., our sincere thanks for your continued support of Pioneer Products.

As you know, recent events in your marketplace have resulted in Bill Mitchell T.V. & Audio and Adventure Electronics now being the only Pioneer dealers in the City of Cornwall. As such Bill Mitchell T.V.& Audio and Adventure Electronics are now the only retail establishments in Cornwall that are authorized to promote, sell and install Pioneer products.

Any other business in Cornwall holding itself out to be an authorized Pioneer dealer would be misleading the public. Consumers purchasing from unauthorized dealers may be left without the benefit of the manufacture's warranty.

Pioneer products have always maintained a strong reputation across Canada. Your continued support will only enhance this reputation and contribute to overall customer satisfaction. Lets both keep up the good work.

Regards,

Wayne Hinge

Wayne Hinge
Ontario Sales Manager Home Entertainment

Bill Mitchell TV & Audio also carries other brands including Sony, Yamaha, Zenith, Hitachi, RCA, Paradigm and Clarion - names that cover virtually any kind of audio or video system you may want.

"Large screen TV's are becoming popular with the general public because of the feeling of being in a theatre right at home," Troy says. "Because of that our Digital Satellite systems are more popular than ever. Both Star Choice and Express View can be obtained from Bill Mitchell TV & Audio with a wide variety of program packages to choose from.

The ice storm earlier this year caused a lot of damage to standard antennas so now people are looking a digital satellite as an alternative.

Should you purchase from Bill Mitchell TV and Audio you

entire second floor of the shop given over to service.

Our business started on the concept of providing good service and we continue to offer that to our customers as one of the only independents that sell & service audio/visual systems in the Cornwall area.

Bill Mitchell TV & Audio started in 1958 as a hobby by Bill Mitchell Sr. At that time television was still in it's infancy and most homes purchased their first TV, creating a demand for service.

Bill Sr. worked at the paper mill at the time and offered his services to those who had problems with their television sets. The business thrived because of Bill's attention to detail and the way he went out of his way to keep the customer happy.

In 1966 things got to the point where Bill decided to establish his shop at its current location and the business has never looked back.

In 1987 Bill retired and left the business in the hands of his two son's Bill Jr. and Dave Mitchell. Together the two brothers continue on the tradition of their father adding new products and services as they become available.

Adding the Pioneer product line to the fine line of products already available at Bill Mitchell TV and Audio is just another example of how the boys continue in their father's footsteps.

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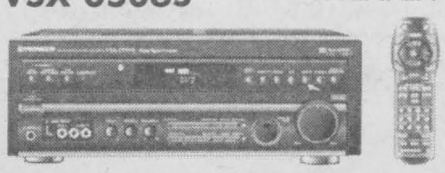
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• 100 watts x5
• 5-D Theatre
• Studio Hall, Jazz Arena
• super bass
• smart remote
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SALE $519

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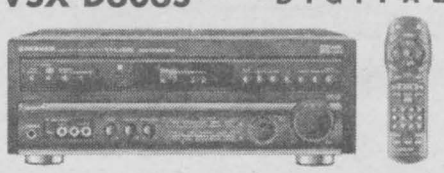
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• 100 watts x5
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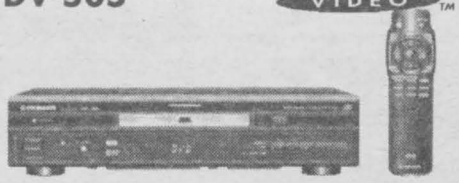
• Digital Video Disc CD player
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• plays audio CD's
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DEH-345
- AM/FM CD player with Supertuner III
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- pre-amp out
- 35 watts x 4

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PIONEER®
2 Channel Power Amplifier
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- 300 watt max power
- bass boost
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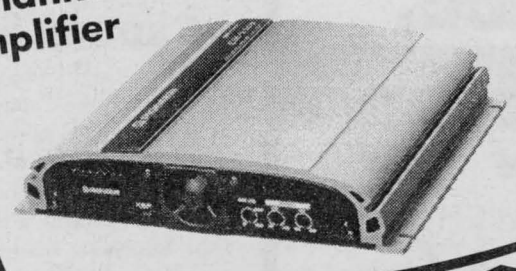

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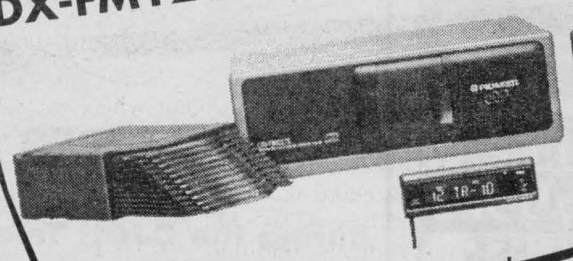

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- 40 watts x 4
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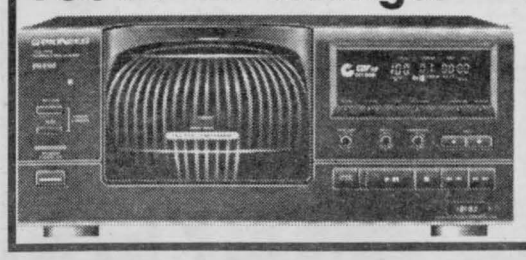

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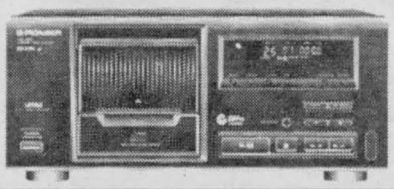

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Around the Counties

Shortage of Workers

The Township of South Stormont Recreation Department is facing a shortage of workers to help clean up after the January ice storm. The Department is having a tough time finding enough workers from the Ontario Works program as it tries to clean up Farran Park. Some days only one or two workers have shown up.

Second Place Winners In Envirothon Competition

Glengarry District High School students Vivianne David, Scott Cameron, Gordon Williamson, Jarrett Healy, Kara MacLeod and Emily Carr finished second in the SD&G Envirothon Competition held at the MacKinnon Forestry Centre. The competition tests the teams on five environmental issues: aquatics, forestry, soils, wildlife and a current environmental issue which was watershed management. The team from Glengarry District High School accumulated 220 points, while Cornwall Collegiate and Vocational School accumulated 232 points.

Canada Science Fair Winner

Maple Ridge Senior Public School student Adrian Maler took part in the Canada Wide Science Fair in Timmins recently and returned home with a silver medal. Maler's project is entitled Fractals Everywhere You Look and it explores the world of fractals which are components of form that are infinite. For example a triangle which is made of smaller triangles, which are made of smaller triangles, etc. Maler showed how fractals occur in nature such as in ice crystals. Competing in the Junior Category for grades 7 to 9, the public school student wins a $300 prize.

North Glengarry and United Counties Splitting

North Glengarry Reeve Grant Crack would like to see the elimination of county government and the unification of Glengarry. According to Crack, the township would save money if it seceded from the United Counties. With the county government taking over the policing, he feels that municipal planning could be next to be taken over. Crack says people have to be aware that local councils could be dissolved.

Water Meters Considered in South Dundas

The Villages of Morrisburg and Iroquois may soon have water meters as South Dundas Council is looking at a proposal from a water metering company. The meters could be installed at no charge. A proposal was made that only the commercial sector of Morrisburg receive the water meters for now. Commercial users in Iroquois are already metered.

Alexandria Recreation Committee Meeting

The Alexandria Recreation Committee will hold its first meeting on Tuesday, May 26th at 7:30 pm at the Glengarry Sports Palace. A board of directors will be established at the meeting as will a budget and priorities for recreation activities in Alexandria. Members of the public are welcome to attend.

Plant Sale A Success

A plant sale held at Morrisburg Public School was a great success as $850 was raised this year. The money is being raised to replace the playground equipment. Last year the event raised $500. The school is looking at raising approximately $6,000 for the new play structure and hopes to have enough money to replace the structure by this summer or during the school year next year.

Friendship Garden Getting New Colour

The Friendship Garden in Morewood Square is getting some new colour added to it thanks to the First Morewood Guides, Brownies and Sparks who have grown flowers from seed and planted the flowers in the garden recently. The garden is a volunteer project and the next stage of the project will involve park paths and paving stones and benches.

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Around the Counties

Upper Canada Village Opens Season

Upper Canada Village in Morrisburg opened its 1998 season in grand style by celebrating Queen Victoria's birthday. There was music, games and an 1860s baseball game last weekend during the opening ceremonies. The Village has a creative list of programs for this season including "Music Then and Now" to be held on July 11th, August 1st and August 22nd. There will also be a drama program taking place on July 25th, August 1st and August 29th.

Ontario Heritage Foundation

The Ontario Heritage Foundation (OHF) has paid tribute to heritage conservation in Stormont, Dundas and Glengarry County by presenting conservation easement markers. Former Foundation Board member Joan Johnston, and the Foundation's Easements Property Administrator, John Hogbin, made the presentations recently at the Martintown Grist Mill, one of the three properties recognized with an OHF heritage easement marker. The Ruins of St. Raphael's Church, located on County Road 19, west of Williamstown, also receives markers. The marking of easement properties is a new activity of the Foundation. These markers are the tangible sign of both the owner's and the Foundation's joint commitment to the protection of a heritage property. A heritage conservation easement is a voluntary legal agreement that recognizes an owner's desire to conserve the heritage character of a site. It places specific restrictions on the use and development of the site to preserve its heritage features.

Winchester Hospital Staff Pleased

The Winchester District Memorial Hospital will retain its corporate status and will be reviewed under the Ministry of Health's Rural and Northern Health Care Framework, according to a report released by the Health Services Restructuring Committee. The hospital has developed a strategic plan for the hospital and they presented their plan to the commission last fall. The commission didn't give the hospital any direction but they did encourage the hospital to continue what it is currently doing.

Aggressive Drivers Targeted by OPP

There were 70,243 automobile collisions in Ontario in 1997, with 614 people being killed and 24,257 being injured, and aggressive driving was a major factor in them. The local OPP will be targeting these aggressive type of drivers from May 15th to 29th. Aggressive driving includes speeding, following too closely, failing to yield the right of way, unsafe lane changes and passing and disobeying traffic signs. These driving habits increase the risk of collisions and injuries or death.

Bowlers Raise Funds For Children's Wish Foundation

The Peer Helpers Bowl-A-Rama raised $1,024 for the Children's Wish Foundation. This on-going fundraiser for the SD&G high school students have been taking place for the past nine years. This year the event was organized by Tagwi High School. The team that comes in last place over the course of the day is the team that organizes the event for the following year. Five schools took part in the fundraiser this year. The Seaway Spartans placed first; second was Rothwell-Osnabruck; third was CCVS; fourth was Tagwi; and fifth was St. Joseph's.

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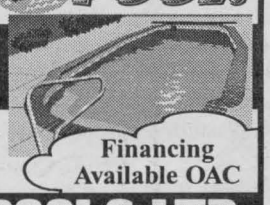

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OUR PARK uses • Resort Homes or Park Model Homes built to government certified, "Standard CAN/CSA-Z241 Series-02". • Supplied with Ontario Hydro approved electric of 220V. 50 Amp. service, each with their own meter. • Regularly inspected, government approved water supply. • Ministry of the Environment and Health approved septic system. • Bell telephone service at each site. • Master antenna system hook up at each site. • Propane gas service in the park. • Large lots with street lights and access to Park services.

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TO CELEBRATE WORLD NO TOBACCO DAY MAY 31, 1998, THE FOLLOWING RESTAURANTS HAVE AGREED TO BE NON SMOKING FOR THIS ONE DAY OF THE YEAR.

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Highway # 43 - 346-0375

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CREG QUAY RESTAURANT
Bainsville - 347-2705

CASSELMAN

CASSELMAN RESTAURANT
703 Principale Street - 764-2988

CORNWALL

BRUYERE'S
1225 Brookdale Avenue - 933-4800

CORNWALL

CHINESE BUFFET CORNWALL
1315 Second St., East - 937-3332

GEDORO'S
158 Pitt Street - 938-2791

MEXICALI ROSA'S
58 Pitt Street - 937-3000

REMINGTON'S DELI & BAR
101 Montreal Road - 933-7008

ROMA'S PIZZERIA
200 McConnell Avenue - 933-5545

TANDER BUFFET RESTAURANT
2130 Vincent Massey Drive - 938-8738

WILLIAM WONG'S
208 Montreal Road - 933-6222

LANCASTER

DAIRY QUEEN
Lancaster - 347-7404

INGLESIDE

VILLAGE DINER
R. R. # 3 - 534-2986

IROQUOIS

BALDI'S RESTAURANT
Iroquois - 652-1613

LITTLE RIKKI'S PIZZA AND SUBS
Iroquois - 652-2225

RUSSELL

GEORGE'S RESTAURANT
477 Concession Street - 445-3395

Restaurants listed below are smoke-free restaurants

ALEXANDRIA

DAIRY QUEEN
Alexandria - 525-3351

CASSELMAN

SUBWAY
631 Principale Street - 764-0454

CORNWALL

DAIRY QUEEN
1307 Pitt Street - 938-6772

RAMADA INN BORDERLINE
805 Brookdale Avenue - 933-8000

THE GREAT CANADIAN BAGEL
800 Cumberland Street - 937-0736

CORNWALL

TIM HORTON
Ninth Street East and Sydney St.
938-0889

EMBRUN

SUBWAY
685 Notre-Dame - 443-0616

HAWKESBURY

MCDONALD'S
1580 Cameron - 632-9393

PETIT PAIN
245 Main St., East - 632-4486

PIZZA PIZZA
213 Main St., East - 632-3030

LONG SAULT

SUBWAY
Highway # 2 - 534-3952

MONKLAND

PIZZA HUT / SUBWAY
Monkland - 346-2620

MORRISBURG

SUBWAY SUB
Morrisburg - 543-2299

VILLAGE CAFÉ
Upper Canada Village
Highway # 2 - 543-3735

ROCKLAND

LES JARDINS BELLE RIVE
2950 Laurier Street - 446-7122

ROCKLAND

MCDONALD'S
2686 Laurier Street - 446-7416

SUBWAY
2085 Laurier Street - 446-3333

RUSSELL

COUNTRY LANE TEA PARLOUR
243 Castor Street - 445-0388

SUNFLOWER CAFÉ
133 Concession Street - 445-1528

VANKLEEK HILL

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111 Main St. East - 678-6892



These businesses take your health to heart. You can thank them by visitng them on May 31st

Community Update

***ADOPTEES-BIRTH MOTHERS-** BIRTH FATHERS. Do you need help or support in your search? Call Parent Finders at 933-9186 or 931-2916.

***AL-ANON/ALATEEN** If your life is affected by someone else's drinking, we can help you do something about it. Contact 937-4880.

***ALCOHOLISM IS A DISEASE,** help is available. If you want to drink that's your business, if you want to stop that's ours. Phone AA today at 613-938-1984.

*** ALEXANDRIA CANCER SUPPORT NETWORK** meets every third Tuesday, 7:00p.m., Glengarry District High School (front entrance). Peer support for cancer survivors and their supporters. Info: call the V.O.N. Office at 525-1214.

***ALZHEIMER SOCIETY'S BREAKAWAY DAY PROGRAM** in Alexandria and Winchester is seeking participants and volunteers.

***BLOOD DONOR CLINIC** sponsored by the Masonic Order will be held on Wednesday May 27th, Trinity Church Hall, 1:30p.m. to 8:00p.m. For appointment, call 1-800-264-0680.

***CANADIAN FEDERATION OF UNIVERSITY WOMEN** Cornwall & District meet at the Thompson-Bethune House in Williamstown at 4:00p.m. for a tour of the house. Dinner to follow at Creg Quay 6:00p.m., call 931-1847 if you need a ride.

***CENTENNIAL CHOIR OF CORNWALL** is presenting their Spring Concert on Friday May 29th, 8:00p.m., General Vanier School Auditorium. Admission.

***CENTRE CHARLES-EMILE CLAUDE** holds sandbag games Friday's 1:30p.m., beginner line dancing Wednesday's 1:30p.m., Tai-ji Monday's 2:00p.m., advanced line dancing Tuesday evenings 7:30p.m. For more info call 932-1035.

***CENTRE FAMILIAL PARTIR D'UN BON PAS** is organizing a Bazaar on Saturday May 30th, 7:00a.m. until 12:00noon at Rose des Vents School. Info call Suzanne at 938-2000.

***CENTRE YORK CENTRE** is looking for volunteers to assist with Supervised Visits. Info, 933-1253.

***CNIB** is in need of volunteers to assist visually impaired individuals with grocery shopping once or twice a month. Call 936-2300 for more information. Your help is appreciated.

***CORNWALL & AREA LUPUS SUPPORT GROUP** will be holding their next meeting on Tuesday May 26th, 7:00p.m., Seaway Lions Club, 123 Fortier St. For info call 933-1081 or 543-2590.

***CORNWALL MEALS ON WHEELS** needs volunteers to fill vacancies in its delivery system. If you have two free hours a month between 11 a.m. and 1 p.m., please come and help us. Call 534-8883.

***CORNWALL OLDE CAR CLUB** weekly Cruise Night Wednesday May 27th, 6:00p.m., A&W Restaurant Vincent Massey Drive. Info call 931-2637.

***EMOTIONS ANONYMOUS** a self-help support group meet on WEDNESDAYS only from 7:30-8:30 p.m. at St. John Bosco School, 113-8th St. West.

***FUNDRAISERS** for the Cubs of Ste-Croix/St-Félix held on May 30th, 1998 at MacEwen/Racine's gas station (corner of 11th Street East & McConnell) from 8:30 a.m. to 2:30 p.m.; car wash, B.B.Q.

***GLEN STOR DUN LODGE** has many volunteer positions open to individuals who are interested in giving a couple of hours a week to assist in recreational activities, dining and exercise programs. Orientation & Training provided. Please call the Volunteer Dept. at 933-3384.

***GOOD NEIGHBORS** will be serving a free luncheon to the less fortunate of Cornwall on Saturday May 30th, 11:30a.m. to 2:30p.m., St. Matthew's Lutheran Church., 1509 Second St.W. Info call Britt at 936-0440 or 931-2169.

***GREAT SOUTH NATION RIVER RALLY** being held Sunday June 7th. Proceeds donated to Winchester Hospital & CHEO. Info call 984-2512.

***HOST FAMILIES NEEDED.** A group of first time visitors from Japan are looking for good homes, for one week in the Cornwall Area. If you are interested or for info call Jeannine Callan at 932-4673 or E-Mail Ian Callon: icallan@yomogi.or.jp

***JOY OF LIVING** a support group for separated, divorced or widowed people hold weekly meetings Friday evenings, 8:00p.m. at Ste. Croix School, 124 Anthony St. For more info call Helen 936-6697 or Richard 937-4156.

***KNOX ST. PAULS CHURCH WOMEN** are holding a Spring Luncheon & Craft Sale, Wednesday May 27th, 11:00a.m. to 1:00p.m. Admission. Everyone welcome.

***MCKINNON FORESTRY CENTRE** is a heritage forest education centre dealing with industry's role in a working forest. Located south of Apple Hill, McKinnon is owned and operated by Domtar Forest Products. For more info call 528-4430.

***NICOTINE ANONYMOUS** for people who have quit smoking or have the desire to quit smoking. Call 937-3593.

***OVEREATERS' ANONYMOUS** hold weekly meetings at Knox St. Paul's United Church, Library Room every Monday & Thursday Evening, 7:30p.m. For more info call Louise at 937-3812.

***PROBUS CLUB OF CORNWALL & AREA** will hold its monthly meeting on Thursday May 28th, 10:00a.m. at the Navy Vets Bldg., 30 Sixth St. East. New members and guests welcome. For info call 936-1273.

***PROSTATE CANCER SUPPORT NETWORK** meetings are held every second Thursday, 7:00p.m. Central Public School (Amelia St. entrance). For info call Sheila Airey at 932-3451.

***S.D.&G. GENEALOGICAL SOCIETY** meeting will be held on Tuesday May 26th, 7:00p.m., Trinity Anglican Church Hall, Room 2. For more info call 933-6025.

***S.D.G. STUDENT ASSISTANT ASSOCIATION** are holding a Yard Sale on Saturday May 30th, 8:00a.m., Royal Academy of Hockey, Fourth & McConnell. Donation items required. Phone 933-1614 for pickup.

***S.D.&G. VOLUNTEER CENTRE** is recruiting volunteers to meet the needs of the community. If you're interested in volunteer work for different organizations, please call the Volunteer Centre today at 933-8162.

***SD&G DEVELOPMENTAL SERVICES CENTRE** is in need of volunteers to assist individuals with physical and/or development challenges towards meeting their needs for friendship and recreational activities within the community. Info 937-3072

***SEAWAY M.E./FM CHAPTER FOR FIBROMYALGIA & CHRONIC FATIGUE SYNDROME** holds their next meeting on Wednesday May 27th, 7:00p.m., Cornwall Seaway Lions Club, 123 Fortier. St. Info call 933-8601.

***SEAWAY POTTERS GUILD** cordially invites everyone to an exhibition of works in clay: Vernissage Friday June 5th, 7:00-9:30p.m., June 2nd-July 1st, Sunday-Friday 1:00-5:00p.m., Saturday 10:00a.m.-5:00p.m. Nor'Westers' & Loyalist Museum, Williamstown.

***SEAWAY SENIORS,** 205 Amelia Street upcoming events: Hull Casino, Monday June 1st, departing 9:30a.m., Dinner/Dance Wednesday June 3rd., 5:30p.m. Info call 932-4969.

***ST. JOSEPH'S VILLA** are in need of Volunteers to assist residents to and from appointments, crafts, bingo. Ceramic Helpers are also needed. Any help is appreciated. For info call Charlene Andrews at 933-6040 ext. 193.

***ST. LAWRENCE SENIORS CLUB** Smoke Free Bingo and Euchre at St. Joseph Villa Auditorium. Bingo every Monday & Friday 1:15p.m., Euchre every Thursday 1:15p.m. Wheels to Meals every second Wednesday of the month. Doors open 10:00a.m. Info call Mary 938-2215.

***T.R. LEGER SCHOOL** has received the fall program calendars. Evening courses begin on August 26th. To receive program call 937-0120.

***TAWGI SECONDARY SCHOOL** will be holding its 25th Reunion, Victoria Day weekend, Friday May 21st & Saturday May 22nd, 1999. Please contact the school in order to be on mailing list. 346-2122, or fax 346-0193.

***TCF CORNWALL-THE COMPASSIONATE FRIENDS** a support group for Bereaved Parents (children of any age) , meets every third Wednesday, 7:00p.m. St. John Bosco School Library beginning in May. Info call 933-5591.

***TRI-COUNTY LITERACY COUNCIL** annual General Meeting to be held on Wednesday May 27th, 7:00p.m., 29 Second St.East. Everyone welcome. Info call 932-7161.

***VON PALLIATIVE CARE VOLUNTEER PROGRAM** can help ease the burden of dealing with serious illness through dedicated and helpful volunteers. Volunteers have the time and energy to help you through this difficult time. For more info on this free service call Sue MacDonald at 932-3451.

***WALK FOR LIFE** will take place on Sunday May 31st. Prolife supporters are asked to meet at the Church of the Good Shepherd at 2:00p.m. For info call ProLife Cornwall at 937-0536.

***YOUTH SERVICE CANADA** is organizing the Cornwall Homecoming Festival '98 which takes place from June 24th-30th in the city. Any business that wishes to sponsor an event call before May 30th at 933-8171 and ask for Youth Service Canada.

MARVELOUSLY MUSTARDIZED PRICES ... MEANING MADE EXTRA HOT!

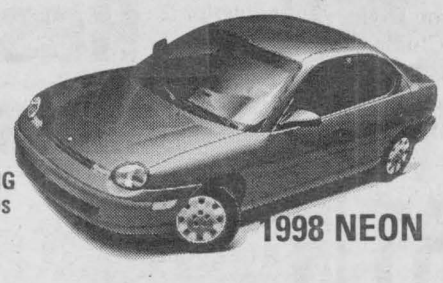
0% FINANCING UP TO 48 MOS



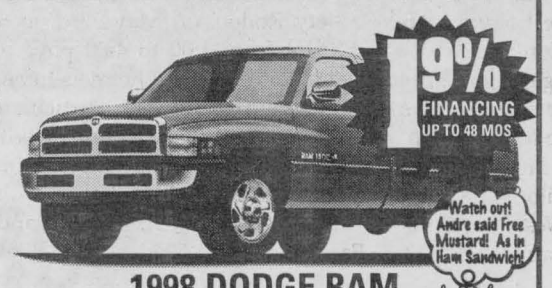
1998 GRAND CARAVAN Short Wheel Base

Yum Yum Rodger said Custard!

0% FINANCING UP TO 48 MOS



1998 NEON



1.9% FINANCING UP TO 48 MOS

1998 DODGE RAM

Watch out! Andre said Free Mustard! As in Ham Sandwich!

Rodger Grant "CUTS THE MUSTARD" EVERY TIME!

GRANT : DODGE : CHRYSLER : JEEP

2205 Vincent Massey Dr.

938-0934

HOROSCOPES

May 24-30

Aries – March 21/April 20

Your dreams become reality early in the week, Aries. Things go well for you both professionally and personally. You make great strides in your career, and that special someone finally responds to your advances. Enjoy yourself, because this is your time to shine. Libra plays a key role.

Taurus – April 21/May 21

Don't fly off the handle when a business problem arises during the middle of the week. Stay calm, and try to come up with a rational solution. Getting angry only will make things worse. A close friend wants to be more than just friends. Say yes. You know you feel the same way.

Gemini – May 22/June 21

A family matter has you on edge this week, Gemini. Instead of dwelling on the problem, think of other things. There's only so much worrying one person can do. An old friend calls you out of the blue. Make plans with him or her. It is sure to be a fun time. Virgo and Sagittarius play important roles.

Cancer – June 22/July 22

Be prepared, Cancer, because it is going to be a long week. A business matter takes up almost all of your time. Instead of complaining about it, work diligently to get it done. Your efforts will pay off. As for romance, you're in the fast lane. That special someone splurges on you. Let him or her know how much you appreciate everything.

Leo – July 23/August 23

Keep your eyes and ears open this week, Leo. There's a lot going on, but you're not exactly sure what it all is. Ask the right questions and you'll find out. However, don't be too aggressive, or you'll push people away. Those old feelings come back when you run into a friend you haven't seen in a while. Make plans with him or her.

Virgo – Aug 24/Sept 22

Your desire for perfection gets you noticed by important business associates and opens new doors for you. Stay focused, and you'll really enhance your career. A loved one introduces you to an interesting stranger. Be yourself, and you are sure to make a good impression.

Libra – Sept 23/Oct 23

Don't let a disagreement with a family member put you in a bad mood. Snap out of it, and look toward the future. A business venture brings you an unexpected windfall. Splurge a little on yourself, but don't forget to save some money. You're going to need it in the near future. Leo plays a key role.

Scorpio – Oct 24/Nov 22

Don't be intimidated by someone you meet early in the week. His or her bark is much worse than the bite. Just be yourself, and you will win him or her over. Late in the week, that special someone has a romantic evening planned, but you have to cancel. Don't worry; he or she will understand.

Sagittarius – Nov 23/Dec 21

Even though an associate may not appreciate it, you have to be blunt when talking with him or her about a problem at work. It is the only way to correct the situation. A close friend needs a favor from you. Be supportive and helpful - even if you get put in an embarrassing situation. Taurus plays a key role later in the week.

Capricorn – Dec 22/Jan 20

Don't be too stubborn when it comes to a financial matter this week. Listen to what those involved have to say before making up your mind. There's a lot of potential here. A family member disagrees with a decision that you make. Let what he or she says go in one ear and out the other. You don't have to explain yourself to him or her.

Aquarius – Jan 21/Feb 18

You are in a bind this week, Aquarius. You've got a lot to do and nowhere near enough time to get it all done. Now is the time to get organized. Set your priorities and work from there. It's the only way to get anything done. The person you've had your eye on asks you out. Say yes.

Pisces – Feb 19/March 20

Motivation is the key word this week, Pisces. You have to go after what you want, instead of just letting life pass you by. A profitable opportunity is available to you -w don't let it slip away. Aries plays a key role.

WE'VE SLATHERED ON THE MUSTARD ... drive a ram today!



Francine Losey

GRANT • DODGE • CHRYSLER • JEEP

2205 Vincent Massey 938-0934

Ice Storm Assistance Boosts Eastern Ontario Tourism

The Ontario East Tourism Association (OETA) received $262,000 from the Canada-Ontario Business Recovery Assistance (COBRA) program recently to assist their marketing efforts in the United States in the aftermath of the January ice storm.

Ontario Minister of Economic Development, Trade and tourism Al Palladini and Leeds-Grenville MP Joe Jordan, on behalf of Canada's Industry Minister John Manley, announced the contribution during Kick-off '98, the inaugural launch of the Eastern Ontario tourism season.

OETA, formed in 1975, markets Eastern Ontario on behalf of its 270 members.

"This funding will enhance our own advertising campaign in targeted markets of the northern United States," said Palladini. "We want to ensure that our American neighbours aren't discouraged by Ice Storm reports and realize that Eastern Ontario's tourism industry is open for business."

The Ministry of Economic Development, Trade and Tourism launched a new tourism campaign last week with the new slogan "Ontario - More to Discover". The campaign includes a 30 second television spot which highlights Eastern Ontario attractions.

The OETA advertising campaign which includes print and television, is slated to begin mid-May and will run until July 31, 1998 in selected US markets.

"I am pleased to see this business recovery program offering several elements of assistance, addressing both eligible fixed expenses and damage costs for businesses, while also taking into consideration business and tourism marketing needs," noted Mr. Jordan. "This marketing campaign, which targets visitors for the northern US will let the audience know that tourism operators in the region are ready for their business, and the tourism experience in eastern Ontario is every bit as good this year as it has been in the past.

COBRA, a $50 million program, is designed to provide a safety net for those small business and tourist operators in Eastern Ontario that incurred significant losses during the ice storm and are not covered by private insurance or any other government program. The deadline for applying for assistance is July 31, 1998. Information is available by calling 1-888-745-8888.

Five Steps to a Healthier Heart

(NC)—1. Be Smoke-Free

If you smoke, you greatly increase your chances of suffering from heart disease or stroke. Ask your doctor to help you quit. Protect your children by talking to them about the dangers of smoking. Demand smoke-free work spaces, restaurants and other public places.

2. Eat a Healthy Diet

Choose lower fat dairy products, leaner meats and foods prepared with little or no fat. Make fruits, vegetables, breads and cereals a part of your diet - they are nutritious, low in fat and calories and are a key source of dietary fibre. Limit salt, alcohol and caffeine. Eat a healthy diet and feel great!

3. Know Your Blood Pressure

You could have high blood pressure without knowing it. Obvious signs are not always present. High blood pressure can lead to a stroke or heart disease, but it is controllable. Have your doctor check your blood pressure.

4. Get Physically Active

Regular physical activity helps your heart and blood vessels work better. Exercise also helps to maintain a healthy body weight, and control your blood cholesterol and blood pressure levels. Choose activities that are accessible and enjoyable. Rediscover the fun of physical activity - for your heart's sake!

5. Take Time to Relax

By managing the stress in your life, you reduce the risk of heart disease and stroke. Try relaxation techniques, stress reduction programs or regular physical activity. Learn to set priorities and manage your time. Don't try to be superhuman!

Bike Safety Rodeo



Cornwall Police Services, in collaboration with State Farm Insurance and the Cornwall Optimist Club, will be holding a Bike Safety Rodeo, on May 23rd, at the Civic Complex east parking lot from 1:00 to 4:00 p.m. Children aged 5 to 12 must bring their bikes and helmets to be allowed to participate in a hands-on safety course. Participants in the rodeo will earn a bike licence certificate, complete with photo.

Pictured are Cornwall Police Services Constable Pierre Pilon, with Olivia Ingram, grade 5 student at St. Columban's West; Optimist President Norm St. Pierre and Diane Laframboise, State Farm Insurance Chair for the Bike Rodeo.

(photo by Aubrey Johnson)

If you are expecting your first baby, expect us to help.



YOU ARE INVITED TO A

FREE

Baby Steps Seminar

ON INFANT NUTRITION

Wednesday, June 10, 7:00 - 9:00 pm
Parkway Inn & Conference Centre
1515 Vincent Massey Drive

Conducted by a nutrition expert, our free seminar will answer your questions on pregnancy, infant nutrition and infant care.

Draw Prizes: Evenflo® Car Seat & more! Plus every expectant mother in attendance will receive a free gift package valued at *$25.*

For Registration Information, please call:

1-800-883-6042

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$9.99 6 litre pail Reg. 14.99



- covers 540 square feet
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100% Acrylic

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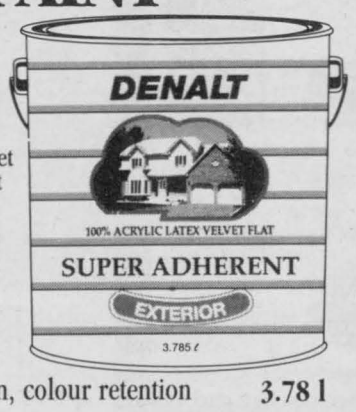
$32.99 gloss



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- soap & water clean-up

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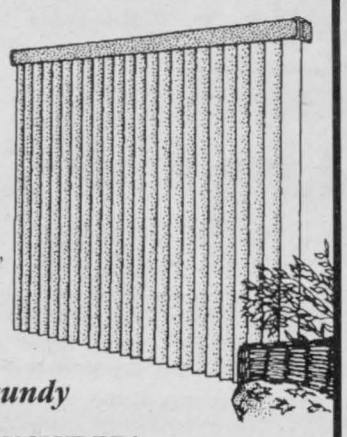

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- Wallpaper
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CORNWALL SQUARE 938-6869

Mon. - Fri. 9:30 - 9; Sat. 9:30 - 5:30; Sun. Noon - 5

B.C.'s Campion is Making Waves!

BOATING with Sandy Currie



(NC)Canada designs and produces some of the world's best boats. That comes as no surpriseCanadians have been using our abundant waterways for transportation and pleasure boating since the first canoe was built. Today this fine tradition continues, although the building materials are more likely sleek fibreglass than birch bark.

One of the country's most innovative builders is Campion of Kelowna, B.C. They have a full-time design and R&D department that has won the company respect (and business) all over the world. The company's 1998 catalog shows off their original boat designs and proves that made-in-Canada boats can compete with any worldwide.

One new boat that particularly caught my eye is the Allante 705. Neil Gilbert, Campion's designer, is a long standing boater himself, so he designs boats that really work. The 705 has very exciting styling, but it also delivers excellent performance, incredible handling and exceptional fuel economy. Neil refers to it as raceboat performance in a family boat! The look is both smart and sensible. The steering station is completely original with the instruments and gauges arranged to look dynamic and positioned for easy use. The 705 has some brand new ideas like hidden docking lights and molded in air intake. The huge swim platform will make any family smile. And for those who need a refreshment, the cockpit wet bar is equipped with an integral faucet.

Campion did a great job with this boat and the others in its lineup. It's no wonder this Canadian company is really making waves here at home and throughout the world's boating market.

Windshield Special



$189 on most domestics $199 on most imports

Installed Top Quality Glass & Materials. Call for Details.

WE WILL COVER A PERCENTAGE OF YOUR DEDUCTIBLE

INTERPROVINCIAL AUTO GLASS



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at Voyageur Bus Terminal next to MTO

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Ice Storm Disaster Relief $1,235 Richer



Peter Morgan, Chairman of the Ice Storm Relief fund for our area receives a $247cheque from Dick Aubry, President of Seaway News. Seaway News contributed $1.00 for each response returned from a recent Marketing Research Study. The 247 receives a $4 for $1 matching grant... so the total is $1,235.

Diane Desjardins of Cornwall, won the $75.00 gift certificate for dinner for 2 at Gedoro's. The certificate was also an incentive to send in the survey.

(photo by Aubrey Johnson)

LAST CHANCE!
TOYOTA
RED TAG DAYS END MAY 31st

98 CAMRY CE lease for $298* per month for 48 months freight & P.D.E. included Only $1,950 down



• Air Conditioning • Automatic Transmission • Power Windows and Door Locks • AM/FM Cassette Stereo • Cruise Control

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FINANCING 4.8% LEASING 5.8%

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FINANCING 4.8% LEASING 5.8%

98 Corolla VE lease for $222* per month for 48 months freight & P.D.E. included Only $1,950 down



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FINANCING 4.8% LEASING 4.8%

98 Rav-4 lease for $278* per month for 48 months freight & P.D.E. included Only $1,500 down



• Dual Air Conditioning • 5 Speed Manual Transmission • Intermittent Wipers • Full Time 4-Wheel Drive • 2.0 litre 16 valve EFI Engine • AM/FM Cassette Stereo

98 4-RUNNER



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98 Tercel CE lease for $186* per month for 48 months freight & P.D.E. included Only $888 down



• 5 Speed • AM/FM Stereo Cassette • 60/40 Fold Down Rear Seat • Intermittent Wipers

*See dealer for details

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M.P.P. REPORTS



By Noble Villeneuve

Budget 1998: Committed to the concerns of Ontarians.

QUEEN'S PARK – The 1998 Ontario Budget was presented yesterday in the Legislature by Finance Minister Ernie Eves. The budget demonstrates the Harris Government's commitment to eliminate the deficit, create jobs, support priority services such as education and health care, expand work for welfare, and lower taxes. In fact today the government introduced another 36 tax cuts for a total of 66 tax cuts in less than three years.

"A tax cut is the best job creation program," said Noble Villeneuve MPP for S.D.& G and East Grenville. "Today our government took further steps to ensure that there's a job for everyone in the province who wants one."

The government proposes to accelerate the final phase of its promised 30 per cent income tax cut. The last installment would be introduced a half year ahead of schedule on July 1, 1998. Most of the tax reduction would go to the nearly three million middle-income taxpayers in the province, those who earn between $25,000 and $75,000.

The Harris Government continues to demonstrate fiscal responsibility. The 1997-98 Ontario deficit will be $5.2 billion. The deficit for 1998-99 will be $4.2 billion, $0.6 billion lower than the target set in the Balanced Budget Plan. The Balanced Budget Plan will ensure the deficit is eliminated by the year 2000-01.

As a result, the Ontario economy continues on a record setting pace. Between February 1997 and February 1998, 265,000 jobs were created in Ontario, the largest number of jobs ever created in a 12 month period in the province.

"Overall, 1998 promises to be one of the best years in history for job creation," said MPP. "Today Ontarians believe, as we do, that our province is once again the best place in the world to live, work and invest."

The 1998 budget takes additional steps to ensure that health care is not only modern, but available, timely and close at hand. The Ontario Government will spend $18.5 billion on health care, up $300 million from the 1998-99 spending announced in December 1997.

The province will now spend $1,639 to meet the health needs of each Ontarian, compared to $125 spent by the Federal Government.

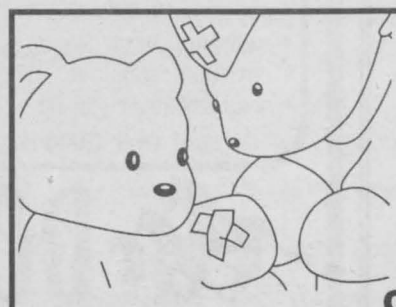
The government is taking steps to help more students realize their potential. An additional $583 million will be directed in the classroom. A $1.2 billion Class Size Protection Fund will end the trend toward larger class sizes and ensure that the average class size, on a board-wide basis, is no larger than 25 students in elementary school and 22 students in secondary school.

More than 240,000 people have left the welfare roles since the Harris Government came to office in 1995. The budget renews the government's pledge to help free people from welfare dependency. The Learning, Earning and Parenting Program will provide $25 million in child care subsidies and other supports to help single parents on welfare finish school. An additional $10 million will be made available for child care assistance for other participants in Ontario Works.

The 1998 budget recognizes that all Ontarians have the right not just to be safe, but to feel safe. The Harris government is initiating a community policing partnership with municipalities which will result in the hiring of hundreds of new front-line police officers. The government is also initiating a rural crime prevention strategy, and considering a proposal to more than double fines for running red lights.

"For three years, all Ontarians have worked together to renew the foundations of our province's economy," said Villeneuve. "With the basics back in line, Ontario can once again become the kind of place we all want for ourselves and our children: confident, prosperous, and big-hearted."

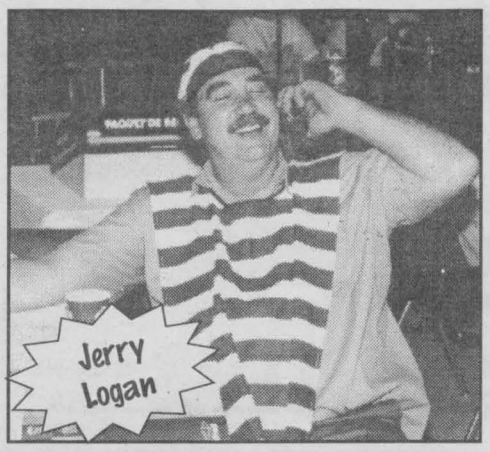
For more information please contact: Jon Hamilton at 416-326-6439



Last year, children from Cornwall visited CHEO 2,874 times

All good reasons to support the CJOH Telethon for CHEO, May 30 and 31

Children's Hospital Foundaton
La Fondation de l'Hôpital pour enfants







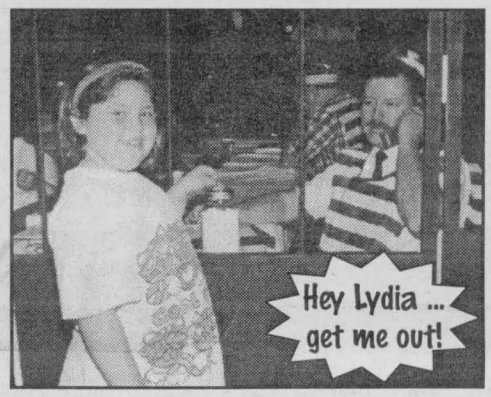
JAIL-N-BAIL

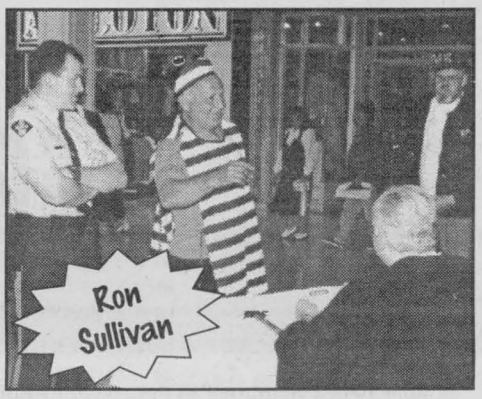
CANADIAN CANCER SOCIETY | SOCIÉTÉ CANADIENNE DU CANCER

JAIL 'N BAIL - WHAT IS IT??

Jail-N-Bail is a registered fundraising event to assist the volunteers of the Canadian Cancer Society raise funds for cancer research. The event will be held Thursday, June 4th at Brookdale Mall. Selected community citizens are "arrested" by the Cancer Police (sometimes off duty police officers) and escorted to a "jail" set up in a shopping centre or high traffic area.

Jailbirds face a judge for sentencing at which time the recommended bail is set. The bailiff then incarcerates the jailbird. Jailbirds are allowed not one phone call, but many phone calls to their friends, family, work colleagues to collect bail money to "arrest" cancer and of course bail themselves out of jail. Incarcerations may last from 15 minutes to a few hours. Jailbirds are encouraged to collect pledges before their day in court to expedite their jail experience.This is a fun day for all and a great way to raise funds to beat cancer ... you can make a difference in the fight against cancer.





The Poor Get Poorer

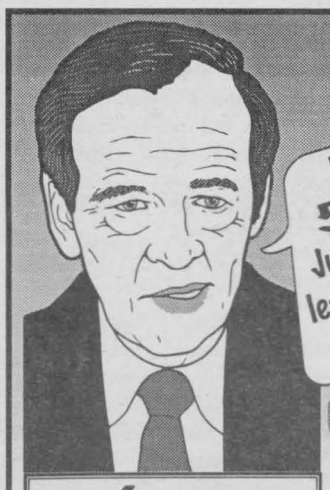
YOUR HEALTH
AIDS and HIV

(NC)—In Canada those with HIV who are poor get sick more quickly than those who are better off. Research has also shown that people with HIV who have lower incomes don't live as long as those with higher incomes.

Because of their cost, HIV drugs, even new treatments such as AZT replacement drug dT4, are not universally affordable, even for those who hold down regular jobs. Many people living with HIV are forced to quit work and turn to social assistance programs to cover the high cost of treatment.

Private health benefit plans, such as those provided by employers, often exclude "pre-existing conditions", meaning that people living with HIV often don't have access to this type of health coverage. In addition, if someone living with HIV can access this type of plan, they may lose their coverage when they get sick.

1998 HONDA CIVIC HATCHBACK



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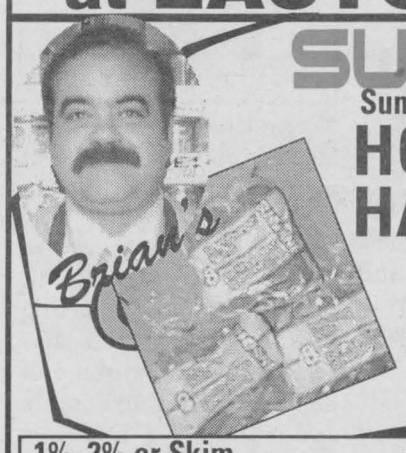

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Sunshine HOT DOG/ HAMBURG BUNS
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Blossom BUTTER salted or unsalted $2.69 lb.

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Iceburg LETTUCE 99¢ ea.

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$2.18/kg.



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Pillers Assorted COLD CUTS $3.49 lb.
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Carver's BACON $1.99 500 g.

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$5.05/kg.

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$5.05/kg.

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Prices in effect Saturday, May 23rd until Friday, May 29th/98

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SEAWAY Sports

Akwesasne Karate Kids Invited to World Class Tournament



Three of Akwesasne's youth are headed to Stuggart, Germany to compete in a World Class Karate Tournament in late October 1998. The three competitors, Alicia Cook, Roy Oakes and Cullen Laughing, were invited to be on Team Canada's entry to try and come home with some medals. They have been in Tom Flemming's Kanienkehaka Karate Club for the past two years and have grown in this short time to be in world class competition. A lot has to be said for Mr. Flemming's determination to build a Karate Club in Akwesasne. He is one of the best instructors the sport has in North America and is one of the toughest, but he also has a heart of gold. Mr. Flemming's goal of having an all Native Club has gradually materialized, but he still would like more adults to enter into this challenging sport.

The group will first stop over in Paris, France to give a demonstration to the French citizens in this fabled city. The excitement is already starting to build for these fine athletes, who have been practicing with more advanced students in Winchester, Ontario. They will have to be at their best in this tournament as 50 to 60 nations are scheduled to enter. They will be fundraising to help offset expenses, so if one of the club members comes around for a donation or has a raffle ticket, please be as generous as possible so they can show the world Akwesasne is there to win.

The club would like to thank the Kawehnoke Recreation Centre for the free use of their facility and to Mr. Tom Flemming and Elvi Edwards for their expertise and free classes. Akwesasne wishes all the best to these outstanding athletes.

- SUMMER SPECIALS -



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fully equipped, 3.8L, V6, auto, white with grey interior, 15,000 km
Lease for only $352.71* /mo
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Peter Mantha Wins Frogtown Opener



HOGANSBURG, NY - Peter Mantha, Jr. of Gatineau, PQ won the 25-lap 358 Modified main event in the season opener at the Frogtown International Speedway this past Saturday night. A large crowd flocked to the 3/8-th mile clay oval and a very tacky track surface produced some fast, very competitive racing.

In the Modified main event, Ovide Doiron took the lead on the initial green flag, with Peter Mantha and Del LeGrow close behind. Doiron and Mantha quickly began pulling away as the rest of the field jockeyed for position. Dave "the Slip" Heaslip moved around Kyle Jacobs for fourth position and had set his sights on Del LeGrow when the first caution flag waved for Mark Hitchcock, who came to a halt in turn four with a flat tire. Hitchcock was able to pit, get a new tire and return to the track without losing a lap. When racing resumed, Heaslip slipped by LeGrow for third spot, but up front, Pete Mantha began applying the pressure to Doiron. Several times Mantha pulled up to Doiron's back bumper, but he couldn't develop the momentum for the pass into first spot. However, Heaslip showed he had a very fast car as he steadily began reeling in the top two cars. The field again slowed for a caution on lap ten-this time for Mike Reyelle's stopped racer-and the restart found Mantha trying to use the high line to get around Doiron's #40 Modified. Doiron made a valiant run, sticking to the low groove, but Mantha was able to make the pass for the lead heading into turn three on lap eleven. Once out front, Mantha stretched his lead out to several car lengths. Doiron settled into second position, while Dave Heaslip tried to close in on Doiron's car. Mantha had opened up a large lead until a lap 19 caution when Mike Reyelle and Billy Cook tangled on the backstretch.

On the restart, Doiron challenged for the lead, but Mantha again pulled away, with Doiron and Heaslip again trying to catch the leader. In the closing laps, some great duels developed further back in the field. With just two laps to go, Kyle Jacobs and Brian McDonald worked around Del LeGrow for fourth and fifth position, while Mark Hitchcock made a great charge from the back of the field to claim sixth spot on the final lap. Mantha crusied on to take the checkered flag unchallenged, while Doiron, Heaslip, Jacobs and McDonald rounded out the top five. In victory lane, Mantha said, "The car was running great and the track was very smooth." Doiron and Mantha won the Modified heat racers. The Late Model feature was perhaps the best of the night, with a great duel between Ron Morin and Dan Jalbert throughout the 20-lap event. Morin jumped to the lead from the initial green flag, but Jalbert was hounding Morin from the opening lap. The two raced side-by-side for several laps, with Jalbert pulling into the lead on a lap four restart. Morin again moved to the front on a lap 9 restart.

Morin opened up a slight lead, while Jalbert fended off a low-side pass by rookie driver Lee Ladoucuer. Ladoucuer kept the pressure on Jalbert for second, with Morin just a car length ahead of them. Jalbert's great run came to an end when his car broke on a lap 18 restart-while Jalbert limped into the pit area, Morin cruised on for the win, while Ladoucuer claimed second spot.

The Street Stock division also had a fantastic two car duel between Jody Swamp and Louie Jackson. Jackson took the early lead, but Swamp was able to swing into the lead on lap six when Jackson was slowed by lapped traffic. Jackson made several strong runs for the lead, but Swamp was able to hold him off and capture the win. Marcel Pecore of Cornwall claimed the Rookie Stock win.

Next week, the Frogtown International Speedway hosts the presitigous Akwesasne Fuels Memorial Cup race. The 50-lap Modified main event is a PROLONG Super Lubricants Syracuse Qualifier. The Late Models, Street Stocks and Rookie Stocks will also be in competition, with racing starting at 7:30 PM.

Frogtown International Speedway is located in Hogansburg, NY, just one mile east of the International Bridge to Cornwall. From Route 37, turn south at Frogtown Road (next to the Mohawk Bingo Palace). For race day weather information, call (518) 358-9017.

Modified Feature: PETER MANTHA, JR., Ovide Doiron, Dave Heaslip, Kyle Jacobs, Brian McDonald, Mark Hitchcock, Delbert LeGrow, Roy Tarbell, Rob Winters, Leon Gonyo, Brian Herne, Buck White, Mike Perrotte, Sandy Roberts, Billy Cook, Mike Reyelle. DNS: Jerry Skebo, Tom Jock, Jr.. Late Model Feature: RON MORIN, Lee Ladouceur, Darryl Steele, Steve Francis, Sid Harmer, Dan Jalbert, John Brainard, Joel Herne, Dick Planty, Joey Ladouceur, Scott Kocher, Tom Benedict, Corey Tarbell, George Renaud, Billy King. DNS: Mike Allen.

Street Stock Feature: JODY SWAMP, Louie Jackson, Duane Brainard, Keith Coughlin, Jamie Martin, Brian Moulton, Mike Wilson, Paul Ellis, Chris Jones, Pete Backus, Keith Middlemiss.

Rookie Stock Feature: MARCEL PECORE, Kurtis McPhee, Ronnie Tyo, Jr., Ron Gireaux, Casey Swamp, Robin LaFromboise, Mitch Jock.

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Power Pucks™ with ECT 2029™ allow pools to operate with less chlorine. A 5.6 kg of Power Pucks will last as long as a 7 kg or ordinary chlorine pucks. And, Power Pucks contain water clarifiers to add sparkle to your pool water.

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BioGuard.
2 Free Bags of Shock
Using BioGuard® once a week will make your water sparkle like never before. To prove it, we'll give you 2 free bags of BioGuard Lite ($15 VALUE) with your purchase of a 5.6 kg of Power Pucks.
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*Not all models are available in all widths.

Olympia Golden Age Bowling

Highlights of the evening at the Olympia Golden Age bowling banquet was when corsages & boutonnieres were presented to 14 bowlers who reached the over 80 club. Recipients were: Elsie Kyer; Margaret Leonard; Edith Edwards; Adrien Seguin; Art Brand; Lawrence Markell; Alice Williams; Irene Latreille; Seymour Boileau; John Wood; Eleanor Morris; Gabe O'Brien; Robert Summers and Alma Carter.

Year end awards:

• Yearly high triples: Shirley Eastman, 702; John Wood, 875.

• Yearly high singles: Betty Dunn, 281; Gerry Ouimet, 363.

• Yearly high average: Thelma Goulet, 194.5; Roy Julien, 236.5.

• Greatest improvement: Loretta Markell, 18; Bob Eamer, 22.

• Bowler of the year: Tannis Girard; Joe Arseneault.

President, Bill Wilson in his remarks congratulated the winners and to the rest, maybe next year. To the ladies on the executive; Shirley Eastman, Simone Kearns and Eleanor Dennis a very special thanks for their assistance for a job well done.

What can you say, words cannot express our thanks to Eric Dunn, our league secretary for the excellent job (as always) per stats.

To our PR man, George Belmore, thanks for getting our scores and points of interest in the local papers, creating interest not only within, but also outside the league.

In closing, Bill wishes everyone a good summer and hopes to see everyone next season.

Cornwall Knighthawks Fastpitch League



Cornwall Knighthawks, Mites Division fastpitch team, in the O.V.M.S.A. played their first two games. On Friday May 15th at Long Sault vs. Kanata. Cornwall Knighthawks opened their home opener with Chad Kilger of the Chicago Blackhawks and city Administrator Richard Allaire both throwing the first pitches to open the game.

Cornwall Knighthawks lost 14-8 to Kanata. Steve Moskal #91 scored a home run for the winning team.

Saturday May 16th, Cornwall Knighthawks travelled to Orleans for their second game against Orleans (B) which after 5 innings came out victorious with a score of 17-11.

Good base running and home runs from Jordan Amelotte #11 and Sean Lepage #8 resulted in their win.

When You Aren't There To Help

St. John Ambulance

First Aid & Safety Tips

(NC)—Even very young children can learn and understand what to do in case of an emergency. As early as possible, teach your children:

• their address and telephone number

• your proper names ("mommy" and "daddy" don't help in an emergency)

• how to use local emergency phone numbers, and when to use them (that is, they are not for entertainment)

• how to use a pay phone—you don't need money to call emergency services.

There are many different types of emergencies. Talk to your children about what to do if:

• they lose a favourite toy

• the cat gets stuck in a neighbour's tree

• a friend falls and cuts himself

• mommy or daddy falls and can't get up

• they see a fire in the house

Teaching your children basic safety rules can help keep them out of serious mishaps. And knowing what to do—even when an adult isn't around to help—will prove invaluable in an emergency.

St. John Ambulance teaches first aid, CPR and health promotion with a focus on safety. For more information about child safety, contact your local St. John Ambulance office.

ask the VET

Friskies

Q **Summer is approaching. What should I be doing for my pet during hot weather?**



A *There are a few important things to consider in order to protect your pet during hot weather. Pets become easily dehydrated during warm weather. Make sure water is available to them at all times and that they have a shady place, out of the sun. When exercising them, keep in mind that during hot weather exercise should be limited, since too much can lead to a heat stroke.*

When your car isn't moving, keep your pet out of it. The inside of a sealed car reaches extremely high temperatures; if a pet is left inside for even a short period of time, death or serious injury can result. If your pet must remain in the car, make sure the windows are left partially open and that you check on them at frequent and regular intervals. Be sure to leave water for them inside the car.

During the summer months, pets are exposed to certain poisons that can be harmful to them. Pesticides that are used on lawns are poisonous and your pet should be kept from a lawn that has been sprayed for several days.

Fleas are more apparent in the summer, so check regularly and consider using a preventative measure such as Program, a pill they take once a month during flea season.

Most of all - use your common sense. Keep pets cool, hydrated and safe. If you follow these guidelines, then your pet is likely to be healthy and happy.

Tips The three most common diseases of geriatric cats are diabetes, hyperthyroidism and kidney disease. If your cat drinks took much, eats large quantities of food but loses weight, goes off food completely or begins to vomit, see your veterinarian immediately.

For More Information About Your Pet ... Contact

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FANTASY REALM and SEAWAY NEWS

BASEBALL POOL



FANTASY REALM Comics & Cards

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RK Name	HR	RS	RBI	HITS	TP	DF
1.Patterson Doug	113	428	445	752	1738	231
2.Cox Colleen	127	427	441	739	1734	250
3.Sayyeau Charles	111	417	451	751	1730	208
4.Perras Lloyd	111	424	445	748	1728	208
5.Borland Dennis	112	411	457	741	1721	212
6.Lamer Andrew	115	431	419	747	1712	208
7.McDonald Dorothy	116	432	434	730	1712	204
8.Baker Dale	129	425	426	723	1703	205
9.Rombough Kevin	119	422	422	739	1702	248
10.Coleman Joyce	115	422	422	738	1697	215
11.Lalonde Christi	125	417	422	730	1694	211
12.MacMillan Ronald	109	428	428	726	1691	223
13.Levere Gail	118	419	428	722	1687	196
14.Laiyiarche Brunu	93	429	416	748	1686	213
15.Makinson Sue	117	418	433	714	1682	215
16.Seguin Rick	116	411	427	723	1677	199
17.Decoste Brenda	116	417	420	722	1675	217
18.Stewart brandon	121	410	422	721	1674	213
19.Aubry Nelson	107	426	417	723	1673	203
20.Sayyeau Monique	117	398	438	719	1672	201
21.VanPutten Brian	130	421	411	707	1669	242
22.Boisvewue Andre	122	390	418	736	1666	253
23.MacMillan Shannon	98	426	411	730	1665	230
24.Marsolais Brad	98	426	411	730	1665	230
25.McGillivray Rob	98	422	412	731	1663	235
26.Plamondon Iesley	113	416	413	721	1663	179
27.Varin Chris	124	409	415	714	1662	233
28.Tremblay Cassandr	113	409	423	710	1655	221
29.MacDonald kim	112	427	401	714	1654	202
30.Makinson Stacy	128	405	415	702	1650	205
31.Bourdon Fern	115	403	432	697	1647	202
32.Makinson Bill	108	416	404	719	1647	234
33.Sommerville Jerry	108	405	413	719	1645	170
34.Bray Sarah	103	387	428	726	1644	230
35.McDonald Jim	117	408	413	705	1643	187
36.Bellair Rose	87	430	398	727	1642	230
37.Bowen Pam	99	415	401	723	1638	236
38.Lamer Shelly	122	391	423	702	1638	205
39.MacDonald Brian	112	404	402	720	1638	170
40.Taylor Sandra	122	383	438	695	1638	231
41.Filion John	116	387	422	712	1637	179
42.Bourdon Ray	116	401	428	691	1636	191
43.Saucier Dan	119	389	423	705	1636	191
44.Cox James	115	370	453	698	1636	203
45.McGillivray Jarre	105	399	411	717	1632	209
46.Brunet Nicole	103	421	399	708	1631	198
47.MacDonald B.	102	403	409	715	1629	217
48.Taillon Sandra	94	397	404	733	1628	201
49.Girard Sylvian	113	413	405	696	1627	186
50.MacMillan Sandra	111	398	428	688	1625	206
51.Crowder Wayne	95	422	400	706	1623	209
52.Lalonde Joel	118	405	400	699	1622	188
53.DesForges Denise	95	390	412	724	1621	198
54.Johnson Don	102	422	397	699	1620	212
55.Lalonde Gilles	102	398	412	706	1618	216
56.Ross Dale	108	412	408	690	1618	230
57.Nicholson Dana	95	406	401	714	1616	205
58.Abry Dich	95	405	400	714	1614	200
59.Dore Rock	109	402	413	688	1612	204
60.Stewart Don	120	397	409	686	1612	192
61.Seguin Tiffanie	98	393	401	720	1612	246
62.Aubry Tom	114	399	399	695	1607	205
63.Dirven Barry	119	386	409	692	1606	194
64.Crowder Chris	129	394	411	671	1605	230
65.Collins Robert	96	410	392	705	1603	231
66.Beaulieu Paul	109	402	396	696	1603	240
67.Dore Cheryl	108	412	391	691	1602	240
68.McCartney Lois	104	392	405	700	1601	202
69.Campbell Joe	106	390	408	695	1599	203
70.Collins Eva	118	376	420	683	1597	214
71.MacMillan Amanda	107	399	405	686	1597	212
72.Bourgeois Daniel	115	382	411	688	1596	193
73.MacMillan James	96	403	391	706	1596	218
74.Gillissie Diane	96	399	408	691	1594	183
75.Webb Jeff	95	395	413	689	1592	195
76.Lafave Randy	123	371	423	674	1591	210
77.Majeu Paul	105	400	404	681	1590	211
78.Waldroff Kevin	116	379	407	687	1589	193
79.Lefebvre Romeo	97	400	392	699	1588	215
80.Allott Matthew	121	402	399	664	1586	226
81.Cholette Marc	113	386	394	692	1585	240
82.Lapierre David	113	390	403	678	1584	192
83.Larue Bernie	106	389	393	695	1583	187
84.Stewart Amanda	111	386	397	688	1582	186
85.Lalonde Elaine	111	394	392	681	1578	184
86.Lalonde Suzanne	116	377	415	670	1578	185
87.Bray Charlie	110	399	385	681	1575	234
88.Lewis Darrel	115	391	391	678	1575	178
89.Belmore Carmel	116	389	388	681	1574	230
90.Villeiueuve Clif	109	403	380	679	1571	204
91.Sequin Gerald	107	377	392	693	1569	199
92.Lalonde Gates	126	385	395	663	1569	204
93.Tremblay Geneviev	104	388	396	681	1569	204
94.Muro Arlene	100	378	396	693	1567	214
95.Labrosse Chris	101	391	395	680	1567	189
96.O'Conner Pat	103	370	400	694	1567	213
97.Flaro David	99	402	386	677	1564	234
98.Gillissie Gerry	101	392	394	675	1562	183
99.Taillon Dale	101	387	395	679	1562	176
100.Leblanc Robert	106	393	404	655	1558	207
101.Alquire Donna	99	381	401	676	1557	201
102.Boyle Andrew	107	405	375	670	1557	249
103.McGlynn Helene	108	384	382	683	1557	197
104.Branchaud Mike	96	395	378	686	1555	236
105.Murphy Fred	117	408	368	662	1555	232

Largest Weekly Gain - 253 points
Andre Boisvenue is this week's winner

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Watch for our weekly winners published. *Complete listings at Fantasy Realm each week.*

SEAWAY Scoreboard

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Cornwall Golf & Country Club
Senior Men

1st Place: Adolf Schmidt, Frank Bickner, Ben Bouvier, Percy Davis
2nd Place: Leo Daigneault, Roger Lalonde, Ken Stewart, Gerry Lalonde
3rd Place: Kevin Eves, Bunny Peters, Bill Burns, Reg Bussiere

NASCAR ONLINE
follow us weekly as we give up to date results and this weekends favourites & schedule

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RESULTS

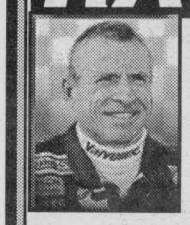
Official Race Results (with position, car, name, sponsor, make, lap, pts., bns., status, money)

1. (6) Mark Martin, Valvoline/Cummins, Frd, 70, $257,500, Running
2. (18) Bobby Labonte, Interstate Batteries, Pon, 70, 100,000, Running
3. (88) Dale Jarrett, Quality Care/Ford Cr, Frd, 70, 57,500, Running
4. (99) Jeff Burton, Exide Batteries, Frd, 70, 30,000, Running
5. (2) Rusty Wallace, Miller Lite, Frd, 70, 27,000, Running
6. (40) Sterling Marlin, Coors Light, Chv, 70, 25,000, Running
7. (94) Bill Elliott, McDonald's, Frd, 70, 73,000, Running
8. (7) Geoff Bodine, Philips Consumer Com, Frd, 70, 21,500, Running
9. (4) Bobby Hamilton, Kodak Film, Chv, 70, 20,500, Running
10. (98) Rich Bickle, Thorn Apple Valley, Frd, 70, 19,500, Running
11. (21) Michael Waltrip, Citgo, Frd, 70, 19,500, Running
12. (24) Jeff Gordon, DuPont Refinishes, Chv, 70, 83,500, Running
13. (28) Kenny Irwin, Texaco Havoline, Frd, 31, 18,000, Accident
14. (5) Terry Labonte, Kellogg's, Chv, 31, 28,000, Accident
15. (10) Ricky Rudd, Tide, Frd, 31, 18,000, Accident
16. (12) Jeremy Mayfield, Mobil 1, Frd, 12, 77,096, Engine
17. (1) Darrell Waltrip, Pennzoil, Chv, 9, 18,000, Engine
18. (43) John Andretti, STP, Pon, 9, 18,000, Accident
19. (3) Dale Earnhardt, GM Goodwrench Serv +, Chv, 9, 18,000, Accident
20. (36) Ernie Irvan, Skittles, Pon, 2, 18,000, Accident

SCHEDULE

May				
24	Coca-Cola 600	Charlotte Motor Speedway	TBS	6:05 p.m.
31	MBNA Platinum 400	Dover Downs Int. Speedway	TNN	12 p.m.
June				
6	Pontiac Excitement 400	Richmond Int. Raceway	ESPN	TBA

RACE WINNER



Jeff Gordon who appeared to have an insurmountable lead as he began the final lap of The Winston, ran out of fuel as he entered Turn 1 and Mark Martin shot into the lead and on to victory in Saturday's all-star event at Charlotte Motor Speedway.

"I saw him slow and I knew that was the white flag, not the checkered flag," an excited Martin said after earning his first-ever win in The Winston. "When I saw him slow, I said, `Oh, he's going to make a race of it. He's going to let me get up there and make a show here.' And he never started going again. I couldn't believe it." Martin, who collected $257,500 for the win and led twice for 31 laps, has now won $1,205,640 at the 1.5-mile trioval. He was the 10th different winner in The Winston's 14 years. Gordon said his Chevrolet running out of gas was a "pretty embarrassing" situation. "I know one thing, we had an awesome race car," said Gordon, who led twice for 36 laps in the 70-lap event. "I knew if we could get out and get some clean air we would be OK. Unfortunately, on the white flag lap, the thing started sputtering and there wasn't anything I could do. I saw Mark coming and I said, 'Well, Mark, it's all yours.'" Until the final lap, Gordon had dominated the final 10-lap segment. He started on the pole after taking only two tires on the optional pit stop that came at the end of the second 30-lap segment. Martin, who won that segment, chose to take four tires. That left him restarting in sixth. Gordon, Dale Jarrett, Bobby Labonte, Bill Elliott, and Michael Waltrip all took two tires and restarted first through fifth, respectively. The race restarted on lap 61, but NASCAR ruled Gordon jumped the green flag, so the field was put back under yellow and the cars realigned. Once the green flag was waved, Martin quickly moved through the field and by lap 67 had taken over third. He then started battling Labonte for second, and eventually won that duel with the Pontiac driver. "If I could have held off Mark for another lap, I would have been in good shape," Labonte said. "He tried me on the outside once over there (Turn 4) and I knew that was where he was going to go. My car didn't get a good run off the bottom and his didn't get a good run off the top. The next lap, he got by me because I didn't get a good run off the bottom and he did. "I thought we were going for third instead of second. I didn't know it would turn out we were going for the lead. We not only messed up the lead, but gave up the lead. That's frustrating. "To come home second, two years in a row ain't bad. We're awfully excited about that and we had a good run. We stayed out of trouble and stayed in the top three or four all night long. That gives us some confidence for next week." Gordon ended up 12th in the race that had five lead changes among four drivers, six cautions, and five wrecks that sent Dale Earnhardt to the hospital and saw the rear of Terry Labonte's Chevrolet erupt in fire. Earnhardt and John Andretti slammed into the Turn 1 wall. Andretti spun and collected Earnhardt after Darrell Waltrip's Chevrolet blew an engine, dumped fluid on the track, and Andretti hit it.

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Grumpy's Mixed 3 Pitch League

Bad News Bears	6	Silver Bullets	15
Norgaard Braves	22	Dew Drop Inn	11
Grumpy's Sport Crest	12	Odd Fellows	8

Mixed 3 Pitch League Standings

CANADIAN DIVISION

TEAMS	W	L	T	PTS
Silver Bullets	2	0	1	5
Sault - A-Side	2	1	0	4
Grumpy's Sports Bar	1	2	0	2
Grumpy's Sport Crest	1	2	0	2
Heagle Trucking	0	2	1	1

COORS LIGHT DIVISION

TEAMS	W	L	T	PTS
Norgaard Braves	3	0	0	6
Bad News Bears	2	0	1	5
Dew Drop Inn	1	2	0	2
Oddfellows	1	2	0	2
Jim Morgans Tree Removal	0	2	1	1

Cornwall Minor Baseball Assoc.

GAME #1: Cubs 7 - Blue Jays 7

	Hits	R.S.	R.B.I.
Zachary Bourgon	2	1	1
Guy Delorme	2	1	0
Nicholas Marion	2	0	1
Kristopher May	1	1	0
Stephane Fortin	0	0	0
Michael Friozzi	2	0	2
Andrew Potvin	2	2	2
Valerie May	0	0	0
Justin Pharand	2	1	0
Joshua Schalund	1	0	1

GAME #2: A's 13 - Cubs 9

	Hits	R.S.	R.B.I.
Nicholas Marion	3	2	1
Michael Friozzi	2	2	1
Joshua Schalund	1	1	0
Andrew Potvin	2	1	3
Zachary Bourgon	1	1	1
Justin Pharand	1	0	1
Guy Delorme	2	1	1
Stephane Fortin	2	1	0

Summerheights Golf Links

Warm temperatures, great course conditions and 104 golfers hilighted the opening day tournament at Summerheights. Ladies low net of the day Karen Anderson and Mary Marjerison - 57, Ladies low gross of the day - Helen Doll Greer and Nancy Loiselle - 80, Mens low net of the day - Al Wilson and Bob Rowe 55 1/2, Mens low gross of the day - Gerry Murphy and Kelly Williams - 70.

LADIES

LOW GROSS

"B" Class

Alice Grant , Nicole Landriault 88

LOW NET

Pat Gallinger, Nicole Menard 57-1/2, Jean Weber, Elaine MacCrimmon 60-1/2

"C" Class

LOW NET

Linda Lafleche, Carm Verville 64

MEN

LOW GROSS

"A" Class

Mike Leger, Denis Marion 71

LOW NET

Todd Hagen, A.J. Villeneuve 63, Alain Seguin, Yvon Longtin 64

"B" Class

LOW GROSS

Shane Greer, Bob Grant 75, Yvon Lemire, Gary Bingley 80

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In & About CORNWALL

New Assistant CAO

Richard Allaire, Chief Administrative Officer, is very pleased to announce that David Fielding has been selected to fill the position of Assitant Chief Administrative Officer. Mr. Fielding is the third Department Manager to be selected for this two year appointment and will commence immediately. Mr. Fielding is a graduate in Civil Engineering from the University of Waterloo. He started working for the City of Cornwall in 1978 as the Design Engineer for the Department of Engineering Services. In 1987 he was promoted to Manager, Engineering Services. In 1992, David successfully completed a Public Administration Course through the University of Western Ontario and received the Award of Excellence from the Ontario Municipal Administrator's Association. In 1996, he became responsible for Environmental Services and the Traffic and Treatment Plant, Water Treatment Plant, Solid Waste Collection, Reduction Programs, Traffic Functions and Parking Enforcement. Some of Mr. Fielding's new duties will be to assist the CAO in providing research, review, and recommendations on a variety of corporate issues and to provide information to Council, Department Managers, staff and the public on the Corporation and its affairs.

Selkirk Reunion

In the summer of 1999, Selkirk, Manitoba will be filled with thousands of people of all ages who are coming back to their roots. Anybody who has ever gone to school in Selkirk over the past century has been invited back to the town, whether they live down the street from their old school, in the next city or halfway across the world. From July 8th to 11th, the 99 Years of Class reunion will bring old and new friends together with exciting activities such as paddle-wheel boat cruises, baseball and golf tournaments, a family picnic, pancake breakfasts, tours of local sites, dances and much more. Organizers have already been planning for more than three years to make this the biggest and best reuinion held in Canada or even the world. "We're hoping to break a record for the biggest school reunion ever," says Rob Cox, 99 Years of Class committee chairman. "If you ever went to school in Selkirk, anytime in the past hundred years, you don't want to miss this!" Former students are being asked to register in advance for the reunion. For more information check out the 99 Years of Class website at www.sor.mb.ca/99yofc or call the hotline at (204) 482-1999.

Health & Wellness Clinic

Fullerton Drug Store is hosting a Health and Wellness Clinic Day on Baby Care on Wednesday, May 27th at the 170 Pitt Street location. This clinic is designated to give information to mothers on breastfeeding, infant care and various medical problems that your baby might encounter. Feel free to bring in your child. As well, the Fullerton Drug Store at 820 McConnell Ave (Medical Centre) is hosting a clinic on Foot Care on Thursday, May 28th. A nurse will be available to assess and provide on-site foot care on callouses, corns, warts, ingrown toenails, etc. Please call ahead to book an appointment for foot care at 933-7233. Both clinic days will be held from 9 am to 3 pm.

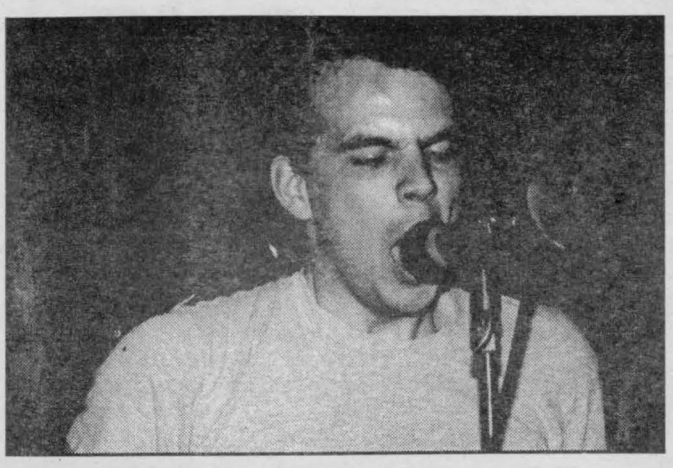
Bike-A-Thon Coming Soon

The annual Bike-A-Thon in Cornwall is scheduled for May 30th this year. Proceeds from the annual event are shared between the Children's Aid Society (CAS) and the SD&G/Akwesasne Children's Treatment Centre. Last year the bike-a-thon raised $27,000. The day gets underway at 9 am for cyclists and 9:15 am for walkers, joggers and runners.

Wheel-A-Thon

The Cornwall Handicap Club is planning its annual Wheel-A-Thon for 1998. The event will take place at the Brookdale Mall from 10 am to 3 pm on June 20th. The Wheel-A-Thon is the club's main fundraiser and although they have not set any financial objective for this year, Doris Turner, the club's veteran organizer has stated that the club "will appreciate all the help we can get." The club consists of members with all types of disabilities from the visually impaired to hearing impaired, as well as those with mobility and hidden disabilities. The club has helped people purchase wheelchairs, walkers, canes, crutches, porch lifts and they have built ramps for those in need.

Drug Free Concert



On Friday, May 29th there will be a drug free concert for area teens in the gymnasium of Memorial Park Public School, 235 Third Street West in Cornwall. The concert will feature local punk band Push Over, metal band Hybrid and from Ottawa, Three Penny Opera. Three Penny Opera are a high energy group set to release their first CD on May 30th. Tickets will be sold at the door starting at 6 pm for $6 or just $5 with the donation of a non perishable food item. Everyone is welcome. Call Maggie at (6130 938-7763 or email vitaminm@cnwl.igs.net for more information.

Heritage Conservation



A heritage conservation easement is a voluntary legal agreement that recognizes an owner's desire to conserve the heritage character of a site. It places specific restrictions on the use and development of the site to preserve its heritage features. The Ontario Heritage Foundation (OHF) has paid tribute to heritage conservation in S.D. & G., by presenting conservation easement markers. Presentations were made on May 17th, at the Martintown Grist Mill, which is one of three local properties recognized by the OHF. The ruins of St. Raphael's Church, as well as Fraserfield, located on County Road 19, Williamstown, were the other two properties awarded an easement. Pictured are Colleen Kennedy, Friends of the Ruins; John Hogbin, Foundation Easement Property Administrator; Ernest Higginson, Chair, Martintown Mill Preservation Society and former Foundation Board Member Joan Johnston.

(photo by Aubrey Johnson)

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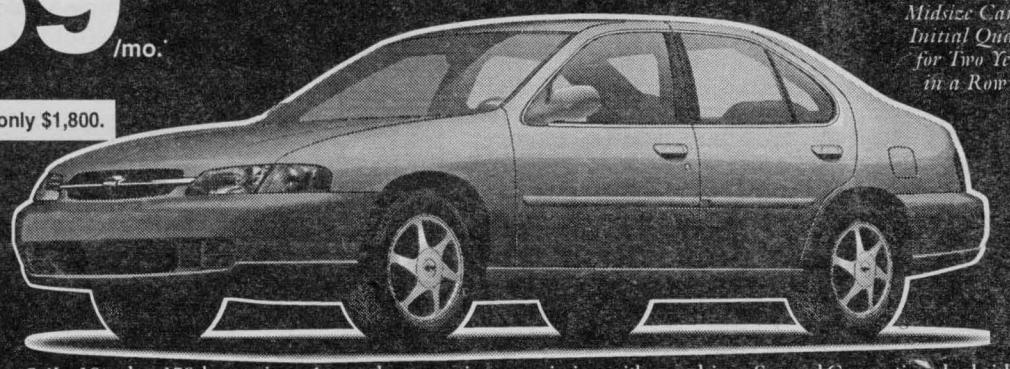
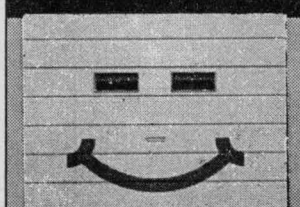
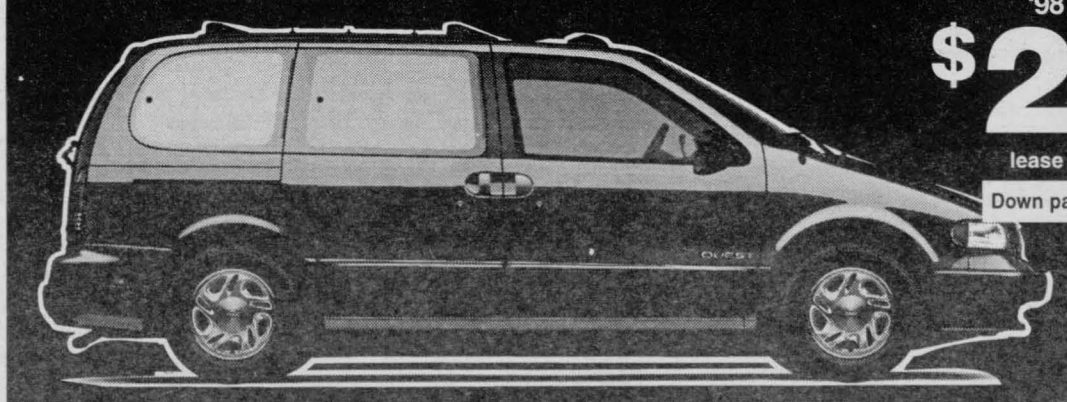


Affordable luxury • 2.4L., 16-valve, 150-hp engine • 4-speed automatic transmission with overdrive • Second Generation dual airbags • CFC-free air conditioning • Front disc/rear drum brakes • Front and rear stabilizer bars • Cruise control • Power windows with driver-side auto-down • 2-speed + intermittent wipers • Dual cup holders • Tilt steering • Child-safety rear door locks • 60/40 split-fold rear seat • Power door locks • Smart Doors locking logic with anti-lockout • Luxury style wheel covers • Colour-keyed outside mirrors • Illuminated entry system with fade out feature • Woodgrain trim • Upgrade cloth bucket seats • Upgrade door trim cloth • 24-hour roadside assistance with toll-free hotline and much more



It doesn't get any sweeter than this.



'98 QUEST EX
$289/mo.
lease for 36 months.
Down payment only $2,900.

Fully equipped luxury • 3.0L., V6 engine • 4-speed automatic transmission with overdrive • Second Generation dual airbags • CFC-free air conditioning • 7-passenger seating with sliding 3rd row seat • Variable intermittent wipers • Rear intermittent wiper • Power steering and brakes • **Family Comfort Package** - 8-way power driver's seat, Quad captain's chairs, 2 extra cup holders, Rear heater/air conditioning with second row controls, and more • **Power & Convenience Package** - Anti-theft system, Second row audio controls, Rear cargo net, Cruise control, Flip-up liftgate glass, Privacy glass, Keyless remote entry system, Panic alarm, Power door locks/windows, Power heated mirrors, Roof rack • 24-hour roadside assistance with toll-free hotline and much more

See Grant Nissan today for these great "No-Nonsense" leases.

Life is a journey. Enjoy the ride. NISSAN

GRANT NISSAN

700 Rosemount Ave., Cornwall (613) 933-7555

Smart people always read the fine print. And they always price their seatbelts. "Limited time offers. Special "No Nonsense" 36 month leases on '98 Altima GXE (T4R67S 3A100) A.I.R. 5.8%. $259 a month. Quest XE (VGL78 CK00) A.I.R. 5.8%. $289 a month with down payment of Altima $1,800, Quest $2,900 or equivalent trade. 1st payment Altima $259, Quest $289, security deposit due at lease signing. Leases based on maximum of 60,000 km. Excess km charged at 8¢/km. All offers through Nissan Canada Finance Inc. to A.C. and exclude tax, O.P.P. licence, insurance and taxes. The Altima has the highest ranked mid-size sales, Customer Index and Sales Performance and Appeal Initial Quality Studies 1997 Altima based on Total APEAL 752 customer responses indicating 3 problems reported per 100 during the first 3 months of ownership. Dealers may sell or lease at individual selling price. See your Nissan Dealer for details.

Hello … Is There Anyone Out There? We want to remind everyone out there that this is your public forum … we need to hear from you, so mail, fax or drop off your little anecdote or gossip to: 329 2nd St. W., Cornwall, Ont, K6J 1G8 or by Fax 933-0024 or E-mail your little ditty to us at snews@seawaynews.on.ca



SCUTTLEBUTT

The **OSPCA** will be holding it's 2nd annual **TRUNK SALE** (Large Yard Sale) on June 13th (Rain Date June 14th) from 8 a.m.-2 p.m. at the Cornwall Civic Complex (East Parking Lot). Parking space is $10.00. If you would like more details or if you would like to donate items for us to sell, call Monique at (933-2011).

Payless Moving & Storage
Local - Long Distance - Overseas
Short Term & Long Term Storage
For as low as $12 per month
933-6470

The Children at Three

For decades, researchers from the University of Wisconsin have followed the development of 961 residents of New Zealand, from birth onward. They performed extensive evaluations of them every two or three years, reports Psychology Today. The ones that engaged in "risky" behaviour at age 21 (for instance, abusing alcohol, driving recklessly, having unprotected sex with multiple partners of having violent-crime record) showed "undercontrolled" temperaments when they were three years old.

Globe and Mail.

Did you know: Asthma is a lung disease in which the airways tighten and become inflamed, leading to coughing, wheezing and shortness of breath and if not managed properly, can be fatal. Each year in Canada approximately 500 people die from Asthma. It is estimated 80% of these deaths are preventable.

From an upset 10-month old baby boy on Hebert Street. "I'm very upset at the person who stole my exersaucer on Tuesday, May 19th, I'm learning how to walk in my exersaucer and it helps me to strengthen my legs. **Thanks to you, I'll probably be crawling for the next two months."**

Signed, Defenseless.

Did you know: J. Paul Getty, at one time the richest man in the world, had a pay phone in his mansion.

Two guys are bungee-jumping one day. The first guy says to the second, "You know, we could make a lot of money running our own bungee-jumping service in Mexico." The second guy thinks this is a great idea, so the two pool their money and buy everything they'll need - a tower, an elastic cord, insurance, etc. They travel to Mexico and begin to set up on the square. As they are constructing the tower, a crowd begins to assemble. Slowly, more and more people gather to watch them at work. The first guy jumps. He bounces at the end of the cord, but when he comes back up, the second guy notices that he has a few cuts and scratches. Unfortunately, the second guy isn't able to catch him, he falls again, bounces and comes back up again. This time, he is bruised and bleeding. Again, the second guy misses him. The first guy falls again and bounces back up. This time, he comes back pretty messed up - he's got a couple of broken bones and is almost unconscious. Luckily, the second guy finally catches him this time and says, "What happened? Was the cord too long?" The first guy says, "No, the cord was fine, but what the hell is a pinata??"

Included in the $12 million the Liberal government in Ottawa spent in 1996/97 just before the last election on public opinion polls was: $63,520 to assess the smoking behaviour of francophones in Canada. ***Doesn't that make you feel better?***

Loose tea or bags? Purists who think loose tea leaves must be superior to tea purchased in bags are in for a surprise. It turns out that the smaller, pulverized pieces of leaf particles in tea bags release more flavonoids (compounds linked with lower disease risk) than the larger, loose leaves.

High school students from Japan are looking for good homes while they visit the Cornwall area for one week. Also, if you're interested in staying in a Japanese home or visiting Tokyo or Kyoto, reply early. Space is limited, call Jeannine Callan, 932-4673 or e-mail Ian Callan, icallan@yomogi.or.jp

Sign of the times: We are now living in such a fast-paced world that some people are forgetting (or don't have time) to be polite anymore.

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FIRST AID & CPR Training
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- Fast hassle free recertifications
- Hands on sensible approach
- Excellent supplemental job skills
- Competitive rates
FOR COURSE INFORMATION
CALL 933-6924
PARA-TECHS Ontario
Authorized provider of the Canadian Red Cross

Re: Saturday, May 16th, 1998 … to La bartender in an east-end bar, when one customer strikes another right in front of you, you are required to bar that person from the premises. *It makes one wonder what else you let your friends get away with.* Shame on you for your lack of professionalism.

SEASONAL CAMPSITES

Now Booking For 1998 Season
Note: All lots have an excellent view of the St. Lawrence.
One half hour drive from Cornwall.
A quiet adult camp at Morrisburg.
Now in our thirty first year.
Also: *Trailer Rentals on Site*
For Information Call
1-800-570-3077

To the person(s) who always has something to say about the Eastend Pizzeria … I would like to inform them that I am now the new owner of the dog that was the "treatment of inhumane ways." This little loveable dog was someone's pet for nine years. If one had asked, they would have known that this person was making sure his "little girl" was being adopted by a good home. I find it very "inhumane" to have no feelings for someone who has to give up their pet of nine years. There is no need to worry or phone about "your health concerns", the little dog is now adapting to her new family. Whatever you mean with all those write-ups, one will never know. After hearing someone using a dog to be vindictive to an individual just proves to myself and others that there is more to this than a "dog or food" problem. *Games are to be played in fair and fun, not sore losers trying to ruin ones' career.*

For our gardeners: Rose bushes thrive on the nutrients found in banana peels. Simply cut peels into pieces and bury them near your rose bush. Hint: For best results, use two or three banana peels per bush. Also, if you have a drooping palm or fern in your home, revive it by adding 2 tbsps. of olive oil near the root of the plant once a month.

Here's another caller who applauds and enthusiastically supports the Cornwall Square decision to eliminate smoking. Way to go *CHRIS*! Now, let's hope that both Brookdale and Eastcourt Malls follow Savard's terrific leadership and create smoke free, fresh air malls for all to enjoy. And, ya never know, no butts in the mall may turn out to be a nifty way to send an encouraging message to our valuable young people 'cause it's true what they say … smoking isn't *Cool* anymore.

Caller upset with downtown bingo hall players recently after she accidentally forgot her purple spring coat. When she returned the next day to pick it up, it was gone. This is the second time this happens. *If you can afford to play bingo, you can afford to buy your own clothes.* Please return it to the bingo hall.

Spotted practicing his swing recently was **TOM GREEN**, soon to be retired vice-principal at Rothwell Osnabruck. Frankly, I'd still bet $2.00 on **GUY LEGER**.

Research shows that *education is the key to managing asthma properly and living safely with it.* Better educated asthmatics have fewer hospital visits and have better control over their asthma.

LOCEY'S DELIVERY SERVICE
Monday - Saturday 9am-10pm
NOW OPEN Sundays 11am-10pm
• BEER • LIQUOR
• LETTERS • PARCELS
• PERSONAL ERRANDS
• ETC.

Your Need Is Our Deed…
"Fast & Friendly Service"
930-9221

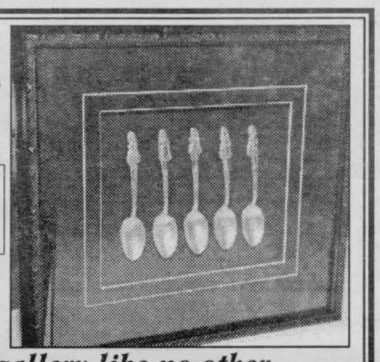
SF reports John Denneny Fastball League is folding due to lack of sponsorship … Not True!! ***The real cause is lack of player interest.***

Did you know that chicken soup was considered an aphrodisiac in the Middle Ages?

WHAT CREATURES ARE LURKING IN YOUR CARPET?

DUST MITE
(Not actual size thank goodness)
Spread the carpet fiber yarns apart and look deep and see! Each day I pull out pounds and pounds of sandy soil out of the base of your neighbor's carpets. It's in yours too! Not only that, your family starts breathing dust mite debris, pollens, pollutants, fungus, spores, bacteria, and a long list of other really gross stuff. Once your carpets natural filtering ability gets full, it's time for a thorough cleaning for your health's sake! We offer you the most thorough cleaning ever – or it's FREE!
933-9303
"THE RED CARPET TREATMENT"
Consumer Awareness 930-9688

Carpet and Upholstery Cleaning

Preserve your memories like these quintuplet spoons
Custom Framing
Photo Restoration
"Preserving Memories is My Business"
LOGAN'S GALLERY

A gallery like no other …
LOGAN'S GALLERY 224 Pitt St., Cornwall 938-3629

SEAWAY SMILE

Every week, the "Smilers" at AdVantages Advertising author "Seaway Smile" … a little bit of humour to get your week off to the right start.
The "Smile" can be accessed via the internet too!
http://www.nivek.ca/advantages/smile.htm
Your own submissions are always welcome!
Send them to advantag@nivek.ca

Slowgunz

- I can please only one person per day. Today is not your day. Tomorrow isn't looking good either.
- I love deadlines. I especially like the whooshing sound they make as they go flying by.
- Am I getting smart with you? How would you know?
- I'd explain it to you, but your brain would explode.

Someday we'll look back on all this and plow into a parked car.

- There are very few personal problems that cannot be solved through a suitable application of high explosives.
- Tell me what you need, and I'll tell you how to get along without it.
- Accept that some days you're the pigeon, and some days you're the statue.
- Needing someone is like needing a parachute. If he isn't there the first time you need him, chances are you won't be needing him again.
- I don't have an attitude problem. You have a perception problem.
- Last night I lay in bed looking up at the stars in the sky and I thought to myself, "Where the heck is the ceiling?!"
- My Reality Check bounced.
- On the keyboard of life, always keep one finger on the escape key.
- I don't suffer from stress. I'm a carrier.
- You're slower than a herd of turtles stampeding through peanut butter.
- Do not meddle in the affairs of dragons, 'cuz, like you are crunchy and taste good with ketchup.

If you stay at a gambling table long enough the math of gambling becomes inescapable, you lose. **Americans, on average, lose $185 each on legal gambling every year.** That's $185 for every man, woman and child.

Every child you know is a good reason to support the **CJOH Telethon** for CHEO. The 15th annual telethon will begin at 7 p.m., Saturday, May 30th and end at 7 p.m., Sunday, May 31st. Last year, the telethon raised $2.4 million. Let's show our support!!

You know you're in a small town when … • you get married and the local paper denoted a quarter page to the story • you drive into a ditch five miles from town and word gets back before you do • you miss a Sunday at church and receive ten get well cards • someone asks how you feel and then listens to you.

Have you noticed that man size Kleenex has been getting thinner and thinner as the years go by?

Let's not forget **"World No-Tobacco Day"** on May 31st. A good way to a healthier and happier you!

Looking for something to do … contact the Humane Society at 936-1851. *They're always looking for volunteers.* Also, if you have some extra bedding flowers, they would be greatly appreciated by the staff and volunteers. You can drop them off at 550 Boundary Road, Cornwall.

PROMOTIONAL GOLF PRODUCTS
and much more!
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55 Water St. W. Suite 240
Cornwall,ON 938-8591

He who postpones making the most of his life is like the man who waits for the river to run out before he crosses.

Horace.

A little Canadian trivia: A: What famous quiz game was invented by three Montreal area journalists?

A: Trivial Pursuit.

Malayan Proverb: Don't think there are no crocodiles because the water is calm.

To all the foolish males out there who find it invigorating to squeal your tires at every corner ... **when you grow up**, you'll see how silly this is and how much it cost you in tires.

Seaway News would like to wish our U.S. friends and customers "South of the Border" a very **Happy Memorial Day** on May 25th.

What a great idea: I send many get-well cards to hospitals, never knowing when the person will return home. So, instead of using my return address, I use the person's home address. This way if the card must be returned to the sender, my friend will get it.

Thought for the week ... There is no "I" in team!!

Did you know: the Royal Montreal Golf Club which was established in 1873, was the first golf club in North America.

Congratulations to **ROCH SEGUIN** on his first "hole in one" No. 1 at Archie's, using a 3 wood. Good shot big guy!!

Can you believe it ... calling for frost ... right after the long gardening weekend!

A big thank you to **PHIL CLOUTIER** of Dupuis Lincoln, Mercury in Casselman, for service above and beyond the call of duty, on the purchase of my car. Thanks Phil.

A. McDonald

Shame, shame, to the couple at the Credit Union last week, **who drove away while holding their infant on their lap,** while the car seat sat empty in the back seat.





RAN-GAL PHOTOFINISHING
Did You Know Ran-Gal Offers
12 exposures for $3.95, 24 exposures for $5.99,
36 exposures for $8.95.
AGFA Nothing Escapes AGFA Film
Located At
BROOKDALE MALL

Happy 5th Birthday to a precious little girl

Jessica Legault-Denneny

who celebrated on May 22nd,

Love Mammy & Pappy
Mommy & Daddy XXX



CONGRATULATIONS! to Mrs. Mary Fuller, of Potsdam, New York who was the winner in the "Pamper Mom" Contest sponsored by the St. Lawrence Centre Mall. 300 letters were received but the letter from Mrs. Fuller's daughter was judged as the best. Mary received her special day of pampering on May 19th, at St. Lawrence Centre

PRIEUR-ANTOINE

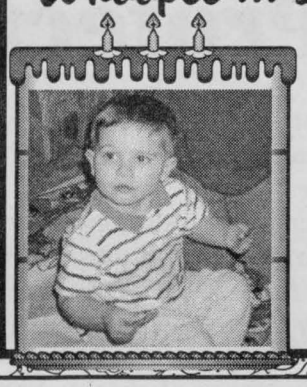
Lori & Jeff are pleased to announce the birth of their son

Drake Alexander Antoine

born May 3rd, 1998 ~ 5 lbs., 13 ozs.

Proud cousins Coty, Austin, Taylor & Zachary

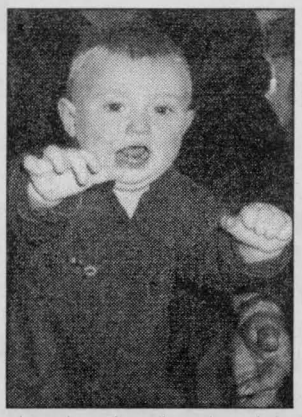
Whoopee ... Look At Me,



Jacob Willard

I'll be 3 on the 27th of May

Love, Nana & Papa XXX



Happy Birthday

Skylar Banville

A Great Big 1 & On The Run!

on Friday, May 22nd

Love & Kisses, Mom & Dad & ALL the grandparents

Eastern Ontario Health Unit
Bureau de santé de l'est de l'Ontario

LET ART RESEMBLE LIFE... WITHOUT SMOKE!

To celebrate World No Tobacco Day 1998, on May 31st, Grade 3 and 4 students have drawn their idea of a smoke-free environment. When you order take-out from the following restaurants, you will receive a number of their laminated drawings to use as placemats:

CORNWALL:

- *CORNWALL BAR B-Q PIZZERIA RESTAURANT* - 436 Second Street West - 933-1000
- *EAST END RESTAURANT* - Eastcourt Mall - 932-4270
- *MID-WAY SUBS & RESTAURANT* - 501 Cornwall Centre Road - 936-0323
- *NAPOLEON DELICATESSEN* - 1 Montreal Road - 932-4604
- *NORTH END PIZZERIA* - 1542 Pitt Street - 933-5200
- *OLYMPIC PIZZA* - 1255 Pitt Street - 932-2323
- *SUB BAY* - 1007 Montreal Road - 936-8866
- *2-4-U PIZZA & PASTA* - 1420 Pitt Street - 936-2006

LONG SAULT:

- *PAPA NIKOS PIZZERIA & RESTAURANT* - Highway 2 - 534-2273

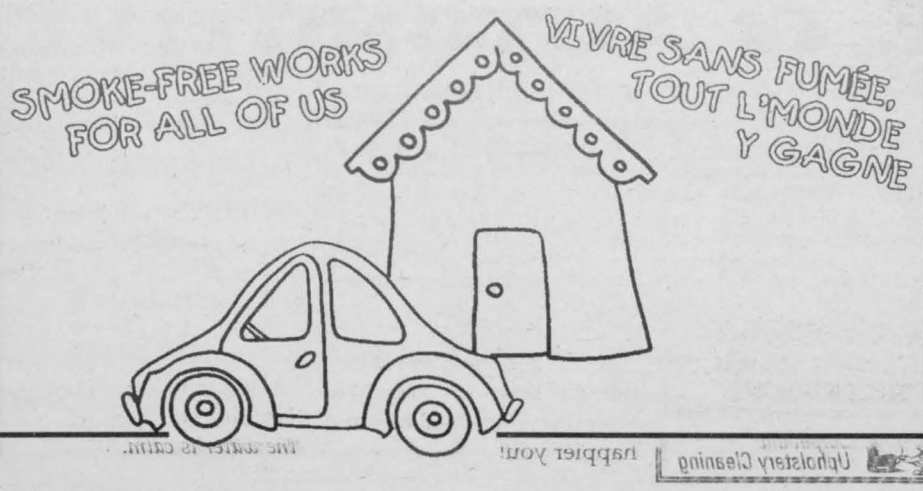
INGLESIDE:

- *MILANO PIZZERIA* - 15 Dickinson - 537-9777

ST-ANDREWS WEST:

- *D & D PIZZERIA* - R. R. # 1 - 932-8005

Please encourage these businesses that take your health so much at heart by ordering take-out the week preceding May 31st, 1998.



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Call with your vehicle's serial number for any outstanding recalls that may occur on your vehicle ... REPLACED AT NO CHARGE
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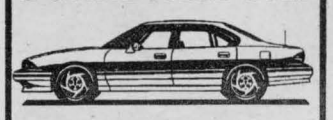
1995 PONTIAC BONNEVILLE SSEI

fully, fully equipped, black with grey interior, only $16,000
ANDY'S AUTO SALES
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938-8968


DONNA HUIZINGA has recently joined our Sales Team (formerly in Service Dept.)
See her today!!
Miller-Hughes Ford
711 Pitt St. 932-2584

AUTO MART

Treat Your Car To Enhanced Protection

(MS) — It's often been said that the best thing you can do for your car is to change the oil. The lifeblood of your engine, motor oil provides a thin liquid barrier between engine parts to reduce friction and damaging metal-to-metal contact in your engine. Without it, your engine would die a premature and costly death. As the average price of new cars continues to increase, it's a good idea to take the necessary steps to protect your investment.

Although motor oils do an excellent job, there is a simple step you can take to give your engine an extra margin of protection in severe engine-operating conditions. Whether you change your own oil or have it changed by a professional, using an oil additive like STP® Oil Treatment is an easy way to provide extra protection when the going gets tough. The product provides an extra antiwear agent, viscosity improver, corrosion fighter and acid inhibitor, plus a dispersant that helps to maintain engine cleanliness. The exclusive formula also helps reduce oil consumption in oil-burning cars.

"Excessive engine wear can lead to serious and expensive problems," says STP product manager Greg Mostoller. "Therefore, it's a good idea to give your oil some extra protection, especially under extreme operating conditions. Simply add one bottle of STP Oil Treatment to four or five quarts of oil when it's time for an oil change."

The original treatment is formulated for cars and light trucks with more than 36,000 miles. For cars less than four years old, try STP Newer Car Oil Treatment. For four-cylinder cars, which work harder and run hotter than six- and eight-cylinder engines, STP 4-Cylinder Oil Treatment provides extra-high stress lubrication.

THE CAR DOCTOR

Peter Millard



Whiny Wipers

(NC)—Is there any remedy for squeaky windshield wipers? Also, is there a special solution you can add to the windshield washer fluid to clean the windshield without damaging the car's paint?

E. L. D.—St. Romuald, QU

When wiper blades are worn, they'll squeak as they travel across the windshield. The only remedy is to replace them. Before using the new blades, thoroughly clean the windshield with a detergent solution and rinse with cold water to remove any road film and residue that could cause the wipers to skip or streak.

There are washer fluid additives with detergent that will also clean the windshield, but they are no substitute for regular hand-cleaning.

Get More For Your Money
'91 BUICK RE SOLD $6,995
4 dr., loaded
'90 PONTIAC GRAND AM 4 dr., blue $5,595
'90 FORD AEROSTAR LX 8 pass., low kil. $4,995
'90 MERCURY SABLE 4 dr., V6, blue $4,995
'90 MERCURY TOPAZ 4 dr., low kil. $3,695
'89 OLDS CUTLASS SUPREME INT, loaded $5,995
'89 LINCOLN CONTINENTAL, REDUCED $4,995
'89 CHEV BER SOLD $4,995
auto, white
'89 PONTIAC SOLD $4,995
turbo, convertible
'89 OLDS CUTLASS CIERA, 4 dr., white $4,695
'89 CHEV S-10 PICK-UP, white, 5 spd std. $3,995
'89 CHEV BER SOLD $2,495
V6, 5 spd.
'88 CADILLAC DEVILLE, low km, maroon 4.5 L $6,495
'88 DODGE CA SOLD $4,995
V6, black.
'88 BUICK REGAL CUSTOM, Low kms. $4,595
'88 PONTIAC SOLD ULA, ...$3,995
T-top.
'88 DODGE SHADOW, 4 dr., auto AS IS SPECIAL $1,995
'87 BUICK PARK AVE, 4 dr., white, loaded $3,895
'87 OLDS DELTA 88 BROUGHAM, maroon. $3,595
'87 PONTIAC SOLD $2,995
blue
'87 DODGE CARAVAN, 5 pass., maroon. $2,995
'87 TOYOTA C SOLD $2,495
4 dr, auto, over dr
'86 CHRYSLER LEBARON, auto AS IS SPECIAL $1,495
'85 GMC S15, V6, long box, auto $2,295
'85 BUICK LESABRE LTD loaded AS IS SPECIAL $1,495
'85 CHEV CAVALIER, 4 dr., auto, blue $1,595
'84 MERCURY CAPRI, 2 dr., auto AS IS SPECIAL $995
'84 HONDA BIKE, 650 cc, Nightwawk $1,995
'16 FT FISHING BOAT, fiberglass, trailer, fishfinder $1,995
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V8, auto, ps, pb, reg cab, matching cap
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96 FORD TAURUS GL, 4 dr., V6, loaded 105,000 km $10,900
96 FORD ESCORT LX WGN, 4 cyl., auto, mint $9,450
95 CHEV CAVALIER, 2 dr., auto, air, 40,000 km $11,500
95 MERC. SABLE GS, 4 dr., full load, 99,000 km $9,450
95 MERC MYSTIQUE GS, 4 dr., loaded, very nice $8,995
95 OLDS ACHEIVA, SOLD $8,995
95 FORD ESCORT WGN, auto, air $7,995
94 CHRYSLER CONC SOLD , extra clean $11,200
94 TAURUS WAGON, 8 pass. 3.8L, loaded 110,000 km $8,450
94 FORD TAURUS GL, 3.8L, loaded, white, red guts $7,450
94 ESCORT LX, 2 dr., stick, mint 100,000 km $6,450
93 MERCURY TACER LTS, full load $5,650
92 OLDS ACHIEVA, SOLD $6,995
92 TOYOTA PASEO, 2 dr., 5 spd., sporty, 130,000 km $6,995
92 PONTIAC GRAND PRIX, 4 dr., loaded, certified $5,850
90 EAGLE TALON TSI, 5 spd., loaded, 100,000 km $6,795
90 TOYOTA COROLLA, 4 dr., auto $4,995
90 CHEV CORSICA LT, low km, certified $3,650
89 CHRYSLER DYNASTY LE, 4 dr., V6, 135,000 km $3,995
89 GRAND AM SE, 2 dr., auto $3,450

TRUCKS & VANS
97 F150 XLT 4X4, ext. cab, short box, stepside $24,500
97 DODGE CARAVAN SE, 4 dr., V6, air, cruise, tilt $15,800
95 WINDSTAR GL, full load 46,000 km $16,900
94 FORD EXPLORER XL SOLD ise, 110,000 km $14,200
94 PONTIAC TRANSPORT SE, van $11,200
94 CHEV LUMINA A SOLD $9,450
94 AEROSTAR XLT, ext SOLD $8,450
94 AEROSTAR, 5 pass., air, 100,000 km $7,850
93 DODGE DAKOTA LE, ext cab, air, V8, mint $10,900
93 PONTIAC TRANSP SOLD $9,900
93 AEROSTAR XLT, ext SOLD chair, loaded $8,750
93 AEROSTAR, 5 pass., air, 130,000 km $6,850
92 GMC SLE 4X4, ext cab, short box, 92,000 km $16,500
91 FORD F150 XLT LARIAT, burgundy, low km, mint $8,800
90 AEROSTAR, 150,000 km, certified $3,450
87 RANGER, Little Big Bear $2,850
80 FORD F150, stepside, runs great $2,650
We can get any make or model, thousands of vehicles at our disposal, weekly
- On the spot financing - Warranties
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McCONNELL TIRE & AUTOMOTIVE
1920 McCONNELL AVENUE • 932-0456 (Across from Fifth Wheel Truck Stop)
SAVE YOUR AUTOMATIC TRANSMISSION!!
Most automatic transmission problems are caused by oxidized automatic transmission fluid which creates DEPOSITS in critical areas such as the valve body.
Valve body spool with HEAVY DEPOSIT BUILD-UP
Valve body spool AFTER BG PF5 SERVICE
The key to long, trouble-free transmission life, is a regularly scheduled (every 50,000 km) BG PF5 Power Flush and Fluid Exchange Service. This service dissolves deposits from critical transmission components and flushes them harmlessly away with the old fluid!
Sample of old, oxidized ATF
ATF sample after conventional "drain & fill" service
ATF sample after BG PF5 service
Ask for the BG PF5 Power Flush and Fluid Exchange Service

SEAWAY BARGAINMART

DEADLINE: THURSDAY 4 P.M.

933-0015

Circulation: 31,764 copies

MasterCard VISA

Ontario Community Newspaper Association

BLANKET CLASSIFIED ADVERTISING

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188 Newspapers, Min. Cir. 1,499,490

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590 Newspapers, Min. Cir. 4,623,738

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Fax: (613) 933-0024
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CLASSIFIED ADVERTISING RATES
PHONE: 933-0015

Classified Advertising (G.S.T. included)

CASH RATES

- $8.50/week 24 words or less, (25¢ each additional word per week).
- $15.50/2 weeks. 24 words or less, (23¢ each additional word per week.).

DEADLINE: Thursday 4 pm before publication. The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its servants or otherwise and there shall be no liability for non-insertion of advertisement beyond the amount paid for such advertisement.

COMPANIONS' CORNER

To Place Your Ad: write your ad of 24 words or less and enclose $26.50 plus your name, phone and proper mailing address (postal code) (this is only for our records). This will be for 2 insertions. Over 24 words, 23¢/ additional word/week. Deadline is 4 pm Thursday.

Mail to Companions' Corner, Seaway News,
329 Second St. West, Cornwall, Ontario
K6J 1G8.
Mail pick up, no charge.
Mailed replies: $6.00

For Readers:

To respond to an ad, there is "no charge", just send your letter to the appropriate CC number, c/o Seaway News, 329 Second St. West, Cornwall, Ontario K6J 1G8.

COPY CHANGES

Customers are allowed one copy change prior to ad publication. Copy changes, after the ad has been published, are treated as a "new ad" and will be paid for accordingly. On "sold" items, no credits are issued. However, in the case of cancellations, once an ad has been placed and paid. There is no refund or credit given.

NOTICE

It is our wish to serve you through the classifieds, however, Seaway News can't possibly verify the legitimacy of all ads. **DO NOT SEND MONEY OR GIVE YOUR CREDIT CARD NUMBER** to any company offering employment. Legitimate firms do not charge potential employees for a job.

Opportunities to earn money at home by assembling products, etc. should be examined carefully. Check references of these companies. Do not send money or give your credit card number until you are satisfied you are going to get what you bargained for.

LET THE BUYER BEWARE.

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Advertising is accepted on the condition that in the event of a typographical error, that portion of the advertising space occupied by the erroneous item together with reasonable allowance of signature will not be charged for but the balance of the advertisement will be paid for at the applicable rate.

In the event of a typographical error advertising or services at the wrong price(s), goods or services need not be sold. Advertising is merely an offer to sell. The offer may be withdrawn at any time.

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The Publisher reserves the right to edit, revise, classify or reject an advertisement.

The views of contributing writers are not necessarily the viewpoints of this newspaper or its publishers.

Letters to the editor are welcomed. They may be reprinted with changes in spelling or grammatical construction. All letters must be complete with signature, address and phone number. If not, they will not be printed.

SEAWAY NEWS
Serving Cornwall and Area

COMPANIONS CORNER

SF, 49, BLONDE, slim build, non-smoker. Sense of humour, enjoys walking, dancing, dining, sports, etc. Looking for male w/same interests for honest & trusting long-term relationship. CC1846.

UNATTACHED MALE, good humour, non-smoker, upper 50's, likes dancing, dining, walks, movies, home life, etc. Seeking lady, 48-62, to enjoy life with. Please send phone number. CC1844.

SINGLE, SLIM, attractive female, sporty outdoor type. Looking for attractive, well established male, honest & sincere, non-smoker, 48-54. Please leave phone number. CC1842.

ATTRACTIVE, PASSIONATE, sensuous, loving, busty, 5'8", blonde/brown, SWF, 44. Camping, fishing, boating, swimming, music, pampering. Seeking honest, trustworthy male for longterm monogamous relationship. CC1843.

AMOROUS HEARTED, single, handsome 36 yr.old male, N.S., 5'11", 165 lbs, not into bar scene or games. Enjoys outdoors, quiet times, walks & just being with that special female with similar qualities. Please reply with photo. CC1845.

ADULT ENTERTAINMENT
✓ Lingerie
✓ Adult Books
✓ Novelties
• Marital Aids • Lotions
• Video Tapes • Magazines
• CD's • MUCH MORE
EXOTIC EXPOSE
St. Lawrence County's Adult Centre
OPEN 12 NOON - 10 pm daily
Corner of Rt. #56 & Town Ridge Rd.,Massena
South 2 miles to Don's Orange Mini Mart
315-764-1954

2 APTS/CONDOS FOR RENT

INGLESIDE & LONG SAULT. 1 & 2 bdrm apts, $300/$350/mth, fridge & stove supplied, parking. Available immediately. Call 534-2875.

AVAILABLE JUNE 1ST, 1 bdrm upstairs apt. East end. $375/mth, no utilities. Call 932-9701.

ONE BDRM APT, close to college. Freshly redecorated & partially furnished. Stove, fridge, etc. $350/mth plus utilities. Apply at 231 Prince Albert or call 938-2725 or 933-0560.

BACHELOR APT w/fridge, stove & utilities included, $395/mth. Also, large, clean & freshly painted 2 bdrm apt, washer/dryer hook-ups, $580/mth, utilities included. Call 938-3936.

14 ADOLPHUS. 1 bdrm upstairs apt. Available July 1st. $325/mth, no utilities paid. Call 938-9739.

3 CHAMBRES, CUISINIERE refrigerateur et stationnement inclus. Chauffage non-inclus. Libre le 1 juillet. $600 par mois. 938-5416 ou 930-2463.

AVAILABLE JUNE 1ST. Newly renovated large 1-bdrm apt. Fridge, stove & utilities included. $400/mth. Adults preferred, very quiet location. Call 931-2806.

DARN NICE 1 & 2 BDRM APTS. Available now. Spacious, clean, quiet. Parking, laundry facilities. Rents starting at $299/mth. Call 931-2633.

2 BDRM APT, 244 Alice. $440/mth, heat & electricity included. Diningroom. Available immediately. Call 932-4329 or 938-4776.

APARTMENTS FOR RENT
bachelor, 1&2 bdrm.
security bldg., video surveillance
bachelors from $399 incl. util.
call 932-7891
Mon. - Fri. 9:30 - 4:30

AVAIL. JUNE 1ST, 2 bdrm upstairs apt. Washer/dryer hook-ups, parking, large verandah. $395/mth, pay own utilities. No pets. 216-A McConnell, north of Montreal Road. 933-4347.

AVAILABLE IMMEDIATELY. 1 bdrm apt. First St. E. $400/mth, utilities included. Fridge, stove & parking available. References req'd. Call after 6:00 pm for appointment, 932-7055 or 931-2594.

AVAILABLE JULY 1ST, clean upstairs 2 bdrm apt. Large kitchen w/laundry hook-ups, 4-pce bath, storage in basement, garage. $445/mth, plus utilities. Call 933-8368 after 5pm.

UPSTAIRS 2 BDRM APT. Very clean, carpeting, washer/dryer hook-ups, 4-pc. bath, parking. $525/mth, heat & lights included. Avail. immediately. Adults preferred. 1204 Churchill. Call 933-0244.

3 BDRM UPSTAIRS APT. Washer/dryer hook-ups & parking. $525/mth, plus utilities. References. Call 932-1610 or 937-0398.

625 ST. FELIX, freshly painted 1 bdrm upstairs apt. $400/mth, plus utilities. 714-A Marlborough, 2 bdrm basement apt, $350/mth, plus utilities. No pets. References. 347-3248.

AVAILABLE IMMEDIATELY, 3 bdrm semi, almost new. 2207 Tollgate West. $650/mth, plus utilities. References required. Call for appointment after 6:00 pm, 931-2594.

CLOSE TO DOWNTOWN CORNWALL, quiet bldg, 1 & 2 bdrm. apts. Renovated washrooms, freshly painted throughout. Hardwood floors, heat, hot water, fridge, stove, parking included. (613)543-2401.

2 BDRM BASEMENT apt. $590/mth, utilities included, avail. July 1st. Plus 2nd floor apt, $475/mth, utilities extra, avail. June 1st. 104 Jobin. No dogs. Call Jean-Guy, 613-675-2307 or Cell# 613-852-5493.

LONG SAULT. Available July 1st, 1 bdrm basement apt. Fridge & stove, electricity & heating included. $360/mth. Call 534-8332 to view.

INGLESIDE, 2 BDRM clean apt. Rent, electric & heat inclusive. Bargain: 1 month free rent. Close to shopping centre. Available immediately. Call 613-347-3247.

AVAILABLE JULY 1ST:
3 bdrm. apt.
$525/mo. + utilities.
Call after 7 pm
938-2199

1542 PITT ST. Two 2-bdrm apts. Both available immediately. Washer/dryer hook-ups, 4-pce bath, 1-car parking. $350-$375/mth, plus utilities. Call 938-4880 or 933-5200.

DOWNTOWN APT. Heated, fridge, stove, parking, storage space, hardwood floors. Quiet adult bldg. Call 933-4319.

EAMERS CORNERS, large 1 bdrm basement apt. Fridge, stove, heat, hydro included, $450/mth. Parking, large yard. Near bus stop. Available June 1st. Call 938-8839, after 6:00pm.

74 PINE. Large 2 bdrm upstairs apt. Double entrance, front & back verandahs, parking, washer/dryer hook-up in storage area. Avail. July 1st. $475/mth, includes hot water. Call 932-5349.

MARKETPLACE

"Advertise Across Ontario or Across the Country"

ANNOUNCEMENTS

Raising a child? Let the famous Dr. Spock help you with the NEW REVISED DR. SPOCK'S BABY & CHILDCARE. Available where books are sold.

BUSINESS OPPS.

$150,000/yr potential as an information broker. Canada's fastest growing Franchise. Exclusive opportunity. Profit from "the year 2000 bug", employment and computer based training. 1-888-679-2201.

AMAZING FACT. The Internet will grow by 2700% in 24 mo's. Earn up to 15k/mo. with Canada's fastest growing Internet Franchise. Full training. Investment Req'd. 1-888-678-7588.

START YOUR OWN business or expand your operation with ArmorThane Coatings, Canada's #1 sprayed-on truck bed liner. Exclusive dealership opportunities available now. Call 1-800-363-6100.

CAREER OPPS.

LEARN AUCTIONEERING. Classes held August 15-21, '98. For information contact: Southwestern Ontario School of Auctioneering, R.R. #5, Woodstock, Ontario N4S 7V9. 1-888-673-6999.

CAREER TRAINING

COMPUTERS. No previous computer experience necessary. Exciting opportunities now available in computer programming. We will train suitable applicants. Call CMS toll-free1-800-477-9578.

EDUCATIONAL OPPS.

BE A SUCCESSFUL WRITER... with our great home-study course. Call today for your FREE BOOK. 1-800-267-1829. The Writing School, 38 McArthur Avenue, Suite 3031, Ottawa, ON K1L 6R2.

EMPLOYMENT OPPS.

DRIVERS & BROKERS - JOIN OUR TEAM. Canada/U.S. experience & AZ license or Class 1 required. C.A.T. TRANSPORT INC. 1-800-363-5313.

FOR SALE

SAWMILL $4895 SAW LOGS INTO BOARDS, planks, beams. Large capacity. Best sawmill value anywhere. Free information 1-800-566-6899. Norwood Sawmills, R.R 2, Kilworthy, Ontario P0E 1G0.

HELP WANTED

DEREGULATION... Imagine every time someone picks up the phone/surfs the net/gets paged/watches cable TV/uses hydro - you GET PAID. CALL 800-363-1683.

ATTENTION! WEBCRAWLERS. 49 people needed to complete health surveys. P/T & F/T income from home. Log onto: www.newbody.net. Use access code #4000 to complete application or call 1-888-353-1953.

BINDERY PERSON: FULL TIME. Dwight Muskoka. Min. 1 year exp. Wages neg. Fax resume to M. Aben, 705-635-2700.

SALES HELP WANTED

$ATTENTION STUDENTS$ Make a lot of money selling chocolate bars. New products available. Nothing to pay in advance. Fast delivery 1-800-383-3589.

PAY TELEPHONE SERV.

HAVE YOU CONSULTED REAL CLAIRVOYANTS and mediums before? Then come discover the unexplicable experiences of Karononna Zanmort (Inc.), 28 years experience; very precise. She can describe and give you your sign. Learn from her other well known mediums and clairvoyants. To find out your future, CALL 1-900-451-9602. 18+, $4.99/min., 24 hrs/7days.

OUT OF TOWN PROPERTIES

ONTARIO PROPERTIES TO BE SOLD for unpaid taxes. Farms, cottages, building lots, acreages, homes, etc... VISIT: www.taxsaleproperties.com.

STEEL BUILDINGS

PIONEER MANUFACTURED steel buildings. The brand you can trust. We won't squeeze you into just any building. Pricing that can accommodate any budget. Call 1-800-668-5422.

FUTURE STEEL BUILDINGS. 100% Galvalume Steel, guaranteed 20 years. Engineered to last a lifetime. Invest in the best. Many models. Free estimate Factory-Direct. 1-800-668-8653 ext 536.

WANTED

BUYING STERLING SILVER CUTLERY, sets or single pieces, silver teasets, napkin rings, Moorcroft, Gouda, jewellery, Hummels, Royal Doulton, silver plate. For private appointment 1-800-267-2732, 514-684-3528.

ROYAL WINTON china wanted with little flowers all over it. Amazing prices for breakfast sets, t-pots, unusual items. No cups and saucers. 905-641-2080 collect anytime.

• It's Affordable • It's Fast • It's Easy • One Bill Does It All
• Northern Ontario $76 • Eastern Ontario $138
• Western Ontario $130 • Central Ontario $134 • All Ontario $390
• National Packages Available • Call this paper for details!

DAN'S PICK OF THE WEEK!
96 SEA-DOO SPEEDSTER
twin motors, mint condition, with trailer
ONLY $13,995

QUALITY PRE-OWNED VEHICLES

98 DODGE RAM 3/4 TON, diesel, quad cab, several avail. ..... **CALL**
97 DODGE DAKOTA 4X4 P/U, auto, air, tilt, cruise, 26,000 km .. **$21,500**
96 CHEV Z71 4X4, ext cab, p/u, turbo diesel, 40,000 km **$29,995**
96 NISSAN PATHFINDER SE loaded with CD player **SOLD** .. **$23,995**
96 CHEV REG CAB P/U SLE, loaded, 31,000 km **$19,995**
95 CHEV BLAZER 4X4 auto, air, black ..... **SOLD** .. **$19,500**
95 FORD WINDSTAR, 7 pass., red, air **$14,995**
95 FORD TAURUS SE, 3.8 L motor, loaded with leather ... **$10,995**
95 DODGE NEON, 4 dr., air, tilt, cruise 88 **SOLD** ... **$8,995**
94 GMC EXT CAB P/U, 2 w.d., blue, long box **$14,995**
94 DODGE CARAVAN SE, a.w.d., ext van, air, tilt, cruise **$13,995**
94 CHRYSLER INTREPID, loaded, 3.3 L motor, 61,000 km **$11,995**
93 FORD CHATEAU CLUB WGN, full load **$14,995**
93 FORD F150 4X4, V6, auto, red ..... **SOLD** .. **$10,995**
93 PONTIAC SUNBIRD, 4 dr., air, only 55,000 km **$7,995**
93 PONTIAC SUNBIRD, 2 dr., auto, black, sport wing **$6,995**
92 HONDA PRELUDE SR, 5 spd., low kms, very clean **$14,995**
92 GRAND AM SE, 4 dr., auto, V6, loaded, 84,000 km .. **$8,995**
92 GRAND AM SE, 4 dr., auto, air, tilt, cruise, 111,000 km **$6,995**
92 MAZDA B2200 P/U 4 cyl., 5 spd., very clean **SOLD** ... **$4,995**


DAN LAUZON

FITZGERALD MOTORS LTD.
125 Cornwall Centre Rd., Cornwall
932-4514
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The Seaway News brings you:

Date Maker



To place your FREE ad and be matched instantly with area singles, call

1-613-247-7144 Ext.12

24 Hours a Day!

To listen to area singles describe themselves or to respond to ads, call

1-900-451-3959 Ext.12

ONLY $2.19 per minute will be charged to your monthly telephone bill.
You must be 18 years of age or older and have a touchtone phone.

Females Seeking Males

UNTIL NOW
Do you like going for walks and sharing time with a special someone? Well, so do I! If you are a fun-loving SW mom, 22, 5'5", 180lbs., with light brown hair, and are seeking an honest, outgoing SM, give me a call. Ad#.5547

GREAT QUALITIES
DWF, 60, 5'2", 145lbs., brown hair, green eyes, enjoys crafts and flea markets, looking for honest, respectful SM. Ad#.4485

A GREAT SMILE
Honest, sincere SW mom, 22, 5'9", short brown hair, blue eyes, a part-time student, enjoys skiing, reading and writing poetry, seeking loyal, sincere, intelligent SM. Ad#.1117

YOUTHFUL SPIRIT
Attractive, friendly SWCF, 65, 5'6", 120lbs., auburn hair, enjoys dancing, country music, long walks, the outdoors and swimming, seeking a humorous, easygoing, retired SWM. Ad#.5188

YOU AND ME!
SWF, 60, 5'2", employed, enjoys knitting, sewing and crafts, seeking honest, easygoing SM, to spend time with Ad#.7353

POLICE OFFICER WANTED
SWF, 27, 5'3", red hair, blue eyes, enjoys weightlifting, writing and cooking, seeking honest, caring SM. Ad#.7877

TAKE A CHANCE
Attractive, honest SWF, 35, brown hair/eyes, lives in Cornwall, employed, enjoys biking, playing pool and camping, looking for special, loving SM. Ad#.7437

AFFECTIONATE
SW mom, 31, enjoys dancing, crafts and playing with her son, seeking honest SM, who loves children. Ad#.7856

MAKING EACH OTHER HAPPY
Easygoing SWF, 37, 5'6", brown hair/eyes, enjoys good humor, home renovations, bicycling and more, seeks a SM, who is self-confident and content, for friendship and companionship. Ad#.8324

SHARE INTERESTS
Easygoing SF, 27, light brown hair, green eyes, enjoys long walks, listening to music an dining out, seeking a communicative, caring, employed SM. Ad#.9311

IS IT FATE FOR YOU & ME?
SWF, 45, 5'2", full-figured, brown hair, blue eyes, likes talking over coffee and helping people, seeking respectful, kind-hearted SM, who has a good outlook on life. Ad#.6935

TOGETHERNESS
Active SWF, 50, 5'3", 115lbs., brown hair, blue eyes, enjoys biking, rollerblading and going for drives, seeking outgoing caring SM. Ad#.9138

WILLING TO COMMIT?
Kind-hearted, independent SWF, 49, 5'6", dark hair, blue eyes, enjoys going to church, reading and outdoor activities, seeking an honest, faithful SM, who likes children. Ad#.9911

CREATIVE MIND
Independent, trustworthy, professional SWF, 43, 5'5", full-figured, dark brown hair, hazel eyes, enjoys nature, painting, drawing and writing childrens stories, seeking a respectful, non-judgmental SM. Ad#.9489

COULD THIS BE YOU?
SWF, 28, 5'7", sandy blonde hair, blue eyes, fun-loving, sincere, honest, employed, enjoys spending time with friends, gardening, outdoor activities, seeks SM, with similar interests. Ad#.6847

JUST BE HONEST
Slender SWF, 52, 5', short brown hair, green eyes, easy to get along with, employed, enjoys sports, movies, going for drives, seeks caring, gentle SM, for friendship first, maybe more. Ad#.1901

LIFE IS TOO SHORT
SWF, 35, 5'7", 138lbs., long sandy brown hair, hazel eyes, funny, enjoys boating, walking, biking, seeks honest, trustworthy, caring SM, for friendship and companionship. Ad#.9610

CALL AND WE'LL TALK!
Easygoing, fun-loving SWF, 30, blonde hair, blue eyes, employed, enjoys outdoor activities, movies, dining out, seeks honest, fun-loving SM, with similar interests. Ad#.7624

FUN TO BE WITH
Attractive, full-figured SW mom, 32, dark hair, brown eyes, easygoing, honest, employed, enjoys golf, playing cards, spending time with her son, seeks understanding SM, with a good personality. Ad#.9259

YOUNG AT HEART
Attractive SWF, 55, 5'4", 147lbs., employed, enjoys fishing, camping and biking, seeks an honest, sincere, respectful SM, N/S. Ad#.6481

BE THE ONE
SW mom, 28, easygoing, a student, enjoys camping, movies, family activities and more, seeks an easygoing, trustworthy, faithful SM, who likes children. Ad#.9145

LIKES HAVING A GOOD TIME
SW mom, 20, 5'9", brown hair, blue eyes, funny, outgoing, a homemaker, enjoys swimming, playing the piano and horseback riding, seeks a kind, caring SM, who knows the meaning of love. Ad#.5681

LET'S TALK
Attractive, outspoken SW mom, 30, 5'6", 160lbs., brown hair/eyes, enjoys life, biking, spending time with her children and dancing, seeks a humorous, respectful SM. Ad#.8457

GREAT SENSE OF HUMOR
SW mom, 26, 5'4", 140lbs., light brown hair, blue eyes, easygoing, fun-loving, homemaker, enjoys quiet times, walking, dancing, seeks honest, sincere SM, who likes children, no game players. Ad#.9411

LOOKING
Outgoing, bubbly SWF, 25, 5'10", short brown hair, green eyes, enjoys car races, reading, long walks and the outdoors, seeking a humorous, enjoyable, spontaneous SM. Ad#.9511

THE REST OF OUT LIVES...
SWF, 20, 5'5", 195lbs., blue-eyed blonde, caring, sincere, enjoys cooking, swimming, dancing and singing, seeks marriage-minded SM, for possible relationship. Ad#.7236

LIKES TO JOKE
SWF, 33, 5'9", 120lbs., long dark reddish-brown hair, green eyes, happy, outgoing, employed, enjoys dancing, singing, shooting pool, seeks non-judgmental SM, with similar interests. Ad#.4741

COUNTRY GAL
SWF, 25, 5'6", 130lbs., blue-eyed blonde, outgoing, open-minded, enjoys spending time with her child, long walks, movies, weightlifting and listening to music, seeking an honest, faithful, trusting SM. Ad#.5880

RELATES WELL
Dedicated SW mother, 25, brown hair, blue eyes, likes country music, dancing and spending time with her children, in search of a marriage-minded, loving SM. Ad#.8681

GIVE ME A CHANCE
SWF, 27, 5'6", blue-eyed blonde, fun to be with, employed, enjoys rollerblading, skiing, swimming, seeks compatible, independent, employed SM. Ad#.9747

LOOKING FOR HAPPINESS
Attractive SW mom, 23, 5'4", 105lbs., long brown hair, big green eyes, employed, enjoys travel, music and sports, seeks honest, sincere, outgoing SM. Ad#.8100

A HUMANITARIAN
Pretty SWF, 34, 5'4", dark brown hair, green eyes, bubbly, open-minded, employed, enjoys singing, writing, nature walks, seeks honest, creative, fun-loving SM. Ad#.7657

READ THIS ONE FIRST!
SW mom of two, 26, 5'4", brown hair, hazel eyes, down-to-earth, happy, cheerful, employed, enjoys watching television, phone chats, walking, seeks honest, sincere, romantic SM. Ad#.5140

LIKES HAVING FUN!
Cute SW mom, 22, 5'5", long dark hair, brown eyes, happy, smart, student, enjoys mountain biking, surfing the net, seeks trustworthy, reliable SM, with a good sense of humor. Ad#.8876

FRIENDS FIRST...
Retired SWF, 58, 5', light brown hair, blue eyes, humorous, enjoys walking, rollerblading, country drives, seeks compatible SM, with a good sense of humor and similar interests. Ad#.6318

QUIET TIMES
Personable, quiet SWF, 42, 110lbs., long brown hair, employed, enjoys cooking, baking, watching hockey, dancing, seeking personable, respectful SM. Ad#.9819

STILL SEARCHING
SWF, 32, 5'5", 125lbs., brown hair/eyes, open-minded, enjoys playing billiards, movies, going out with friends, sporting events, seeking non-judgmental, humorous SM. Ad#.8920

DANCE WITH ME
Humorous, fun-loving SWF, 25, 5'3", strawberry blonde hair, blue eyes, enjoys dancing, long walks, movies and spending time with family and friends, seeking outgoing SM. Ad#.2560

WALK HAND IN HAND
Friendly SWF, 26, 5'6", 125bs., loves fishing, nature walks, reading, biking, looking for secure, honest SM, who enjoys being around family and friends. Ad#.6168

JOY OF LIVING
Adventurous SWF, 41, blonde, brown eyes, enjoys reading, walking, dining and dancing, seeks humorous, honest SM, who is good with kids. Ad#.5109

TRUE HAPPINESS
SWF, 28, brown hair/eyes, fun-loving, honest, sincere, employed, enjoys country living, the outdoors, animals, seeks honest, trustworthy, fun-loving SM, who has a carefree attitude. Ad#.8149

LIFE IS FULL OF WONDERS
Quiet, shy SF, 22, 5'7", brown hair, enjoys dancing, music, interested in meeting honest, sweet SM, who likes animals and country life. Ad#.9394

STOP HERE FIRST!
Friendly, cute SWF, 27, N/S, outgoing, humorous, fun-loving, employed, enjoys photography, playing guitar, sports, seeks nice SM, who is easy to get along with. Ad#.9836

IMPECCABLE
Sensitive SWF, 33, 5'2", 120lbs., blonde hair, green eyes, enjoys music, reading, dining out, taking walks, seeks honest, humorous, tall SM, for possible relationship. Ad#.7650

WILLING TO LISTEN?
Caring, trustworthy SWF, 45, 5'5", 122lbs., blonde hair, gray eyes, employed, enjoys quiet evenings, walks, learning new things, seeks humorous, open, honest, romantic SM. Ad#.1213

STRAIGHTFORWARD
Attractive SWF, 39, tall, employed, hobbies include crafts, biking, walking, golf, seeks honest, outspoken, upfront, fun-loving, smart SM, 5'10"+. Ad#.1221

GLEAMING EYES
SWF, 41, 5'7", brown hair, blue eyes, easygoing, enjoys outdoor recreation, playing cards, dancing, seeking honest, humorous SM, with good qualities. Ad#.5287

Males Seeking Females

WORTH A TRY
Take the time to respond to this SM, 33, 6'2", 175lbs., with brown hair/eyes. He's seeking an honest SF, to enjoy rollerblading, going for walks and movies with. Ad#.1983

SIMILAR INTERESTS?
This personable, friendly SWM, 36, is looking to connect with a happy-go-lucky, old-fashioned SWF. His interests are dancing, long walks and watching movies. Ad#.4980

ABLE TO COMMIT?
A contented, easygoing SWM, 26, 6'2", 191lbs., brown hair, green eyes, is searching for a fun-loving, attractive SWF, to share his life. His hobbies are fishing, working on cars and motorcycles. Ad#.5324

ATTENTION LADIES
Humorous SWM, 42, 5'9", 165lbs., dark hair, enjoys golfing, playing horse shoes, seeking outgoing, kind SF. Ad#.6670

I KNOW WHAT I WANT!
Hardworking, attractive, romantic SWM, 35, 6', 190lbs., blue-eyed blond, employed, enjoys working around the house, dining out, cooking and candlelit dinners, seeks stable, trustworthy SF. Ad#.9373

TALK TO YOU SOON
SWM, 25, 5'8", 150lbs., brown hair/eyes, has a good personality, employed, has a variety of interests, seeking an honest, attractive, sincere SF. Ad#.9866

TELL ME ABOUT YOURSELF
Laid-back SWM, 34, 5'10", 200lbs., self-employed, hobbies include photography and electronics, seeking the right lady to settle down with. Ad#.3844

VERY FINE
Easygoing, fun-loving SWM, 49, 6'2", 250lbs., brown hair, glasses, retired, enjoys sports, country music, movies, the theatre and long walks, seeks an outgoing SF, with similar interests. Ad#.3805

SOUND GOOD?
Outgoing SWM, 39, tall, 210lbs., blond hair, blue eyes, self-employed, enjoys reading, fishing, going out with friends, seeks an honest, easygoing SF. Ad#.5973

ANYTHING AND EVERYTHING
Fun-loving SWM, 25, average looking, enjoys camping, hiking, long walks, working on cars, reading, writing and more, seeks a sincere SF, for a possible relationship. Ad#.8262

COME ON AND CALL!
SWM, 43, blond hair, N/S, enjoys country music, tennis and skating, seeking honest, romantic SF. Ad#.7048

OUTGOING
Handsome SWM, 62, 5'11", 190lbs., enjoys dancing, walking, biking, loves to travel, seeking honest, sincere, truthful SWF, N/S, for possible relationship, 52-62. Ad#.5782

OUTDOORS TYPE
Kind-hearted SWM, 27, 5'10", 185lbs., long brown hair, green eyes, humorous, enjoys watching hockey, biking and fishing, seeks an honest, caring, trustworthy SF, to settle down with. Ad#.8325

FAMILY-MINDED
SWM, 25, 6'3", 195lbs., enjoys long walks, watching movies, animals and spending time with his child, seeking an honest, faithful, straightforward SF. Ad#.9713

SPEND TIME WITH ME
SWM, 28, 6'2", 190lbs., muscular, easygoing, kind-hearted, employed, enjoys the outdoors, dining out and sporting events, seeks an honest SF, to enjoy life with. Ad#.9210

SEEKING SOUL MATE
Humorous SWM, 40, 5'9", brown hair, blue eyes, enjoys music, concerts, seeking SF, N/S, to spend time with. Ad#.9479

COME ON CALL!
You have nothing to lose! SWM, 31, 5'7", 180lbs., employed, enjoys rollerblading, ice hockey and candlelit dinners, seeking honest SF. Ad#.9765

LET'S TALK SOON
Kind, considerate SWM, 43, 5'11", enjoys crafts, seeking honest, caring, loving, honest SF. Ad#.7767

SINCERE
Athletic SWM, 38, 5'9", 170lbs., brown hair, enjoys hiking and woodworking, seeking fun-loving, responsible SF. Ad#.7846

WORTH THE CALL
Outgoing, caring SWM, 31, 5'10", 170lbs., black hair, green eyes, enjoys playing sports, watching movies and quiet times at home, seeking an honest, loving, respectful SF. Ad#.9041

TREAT ME RIGHT
Fun-loving, caring SWM, 27, 6', 225lbs., brown hair, hazel eyes, an employed student, hobbies are spending time with his friends and biking, seeking an outgoing, personable SF. Ad#.5169

COULD WORK OUT
Romantic SWM, 41, 5'10", 180lbs., physically fit, employed, enjoys golf, movies, long walks, watching hockey, seeking an easygoing SF, for a long-term relationship. Ad#.9009

CARING AND LOVING
Humorous, outgoing SWM, 32, 5'10", 175lbs., employed, enjoys fishing, sports and other outdoor activities, seeking faithful, hardworking, honest SF. Ad#.8656

I'M YOU MAN!
Outgoing SWM, 43, 5'9", 175lbs., blonde hair, blue eyes, enjoys woodworking, camping and traveling, seeking easygoing SF. Ad#.1230

SPEND THE DAY WITH HIM
SWM, 50, 5'11", slim build, sharing and faithful, likes sports, walking, fishing, boating and camping, seeks a SF, with similar interests. Ad#.9496

HONESTY COUNTS
Outgoing SWM, 41, 150lbs., long brown hair, mustache, fit, enjoys making people laugh and a variety of other interests, seeks an outgoing, understanding SF, with a nice personality. Ad#.9314

JUST PERHAPS
Seek commitment, loves his children, gentle SWM, 56, 6', 200lbs., brown hair, professional, enjoys outdoor activities, classical music, movies and model railways, seeking a sensitive, warm, caring SF. Ad#.9898

ALLOW ME...
Outgoing SWM, 37, 5'11", 180lbs., brown hair/eyes, enjoys boating, cars, dining out, the outdoors and more, seeking an outgoing, attractive SF. Ad#.2757

WANT TO CUDDLE?
Handsome, adventurous SWM, 35, 6', 175lbs., enjoys golfing, hockey, movies and candlelit dinners, seeking a romantic, attractive SF. Ad#.2093

HELLO, LADIES
Handsome SWM, 40, 5'10", brown hair, blue eyes, employed, enjoys fishing, boating, the outdoors and movies, seeking an honest, open-minded, trustworthy SF. Ad#.5332

WORTH A TRY
SWM, 34, 5'10", 180lbs., dirty blonde hair, blue eyes, enjoys working on cars and fishing, seeking outgoing SF. Ad#.8916

FUTURE HOPES
Physically fit SWM, 42, 5'9", 178lbs., self-employed, enjoys fishing, hunting, sports and dancing, looking to meet an understanding SF, to share companionship and conversation. Ad#.4283

SPARKLING PERSONALITY
Attractive SWM, 28, blue-eyed blond, shy at first, employed, enjoys fishing, outdoor sports, camping, seeks sincere, honest, caring SF, for friendship first, maybe more. Ad#.4860

GREAT SENSE OF HUMOR
SWM, 36, brown hair, blue eyes, kind, loveable, funny, employed, enjoys talking to people, riding motorcycles, seeks honest, truthful, passionate SF, for friendship first, maybe more. Ad#.6476

DON'T PASS THIS ONE BY
SWM, 62, 5'10", 190lbs., easygoing, retired, enjoys dancing, fishing, gardening, seeks nice, humorous, personable SF, who likes the outdoors and country music. Ad#.7861

NEW POINT OF VIEW
SWM, 34, 6'5", 280lbs., black hair, moustache, fun-loving, professional, hobbies are hockey, football and bowling, seeking a non-judgmental SF. Ad#.5815

LOOKING FOR LOVE
Shy and quiet SWM, 38, employed, enjoys fishing, golfing, long walks, dining out and more, seeking a caring, affectionate, truthful SF. Ad#.9219

WORTH THE CALL
Tall, slim, handsome, easygoing SWM, 25, employed, enjoys playing hockey, working out and spending time with friends, seeking a trusting, honest, respectful SF. Ad#.9425

PRETTY SMILE A PLUS
DW dad, 34, 6', 165lbs., brown hair, blue eyes, mustache, witty, straightforward, self-employed, enjoys camping and other outdoor activities, seeks slender SF, who likes to laugh and have fun. Ad#.9124

LIKE ME FOR ME
Attractive SWM, 25, up-beat, employed, enjoys walking, biking, movies, seeks trustworthy, honest, faithful SF, who is loving and supportive. Ad#.9226

MANY WISHES
SWM, 39, short dark brown hair, shy at first, employed, enjoys skate boarding, long walks and traveling to the mountains, seeking a nice SF, to share his life. Ad#.4637

HOPELESS ROMANTIC
SW dad, 40, 6'2", 240lbs., long brown hair, blue eyes, enjoys spending time with his kids, dancing, dining out and NASCAR, seeking a truthful, affectionate SF. Ad#.9119

NEW HORIZONS
Handsome SWM, 34, 6', 190lbs., short hair, brown eyes, enjoys working on his car and truck, sports, walking in the woods, canoeing and more, seeking an honest, friendly SF. Ad#.5956

ARE WE COMPATIBLE?
Happy SWM, 35, 6'2", dirty blond hair, blue eyes, mustache, likes stargazing, candlelit moments and romantic times, in search of an idealistic, high-spirited, sincere SF, children welcome. Ad#.8848

DREAMS COME TRUE
SWM, 36, 5'6", 128lbs., brown hair, blue eyes, happy, fun-loving, funny, employed, enjoys music, movies, shooting pool, seeks honest, truthful, passionate SF. Ad#.8467

LIKES GOOD JOKES
Easygoing SWM, 55, 5'9", 165lbs., self-employed, enjoys collecting old horse-drawn farm machinery, auctions, animals, seeks true, honest SF, for companionship, children welcome. Ad#.7383

I'LL TREAT YOU RIGHT
Employed SWM, 42, 5'8", 160lbs., dirty blond hair, easygoing, enjoys shooting pool, playing cribbage and walking, seeks a lovely, honest SF. Ad#.1149

CARING GUY
SWM, 36, 5'10", 180lbs., short brown hair, hazel eyes, beard, caring, fun to be with, employed, enjoys biking, working out, computers, seeks trustworthy, sincere, friendly SF. Ad#.4210

FAIRLY GOOD SHAPE
Quiet SW dad, 41, 5'7", 165lbs., gray hair, non-drinker, enjoys skating, playing hockey, walking, fishing, seeks compatible, funny, quiet SF, to spend time with. Ad#.9949

WARM AND FRIENDLY
Inquisitive SWM, 38, 5'9", 160lbs., light brown hair, blue eyes, employed, enjoys nature walks, playing billiards, working out, music and movies, seeking a non-judgmental, romantic SF. Ad#.6582

I SPEAK MY MIND
SWM, 40, 5'6", 130lbs., brown hair, blue eyes, easygoing, employed, enjoys snowmobiling, fishing and dining out, seeks an honest, understanding SF, to build a future with. Ad#.5558

LET'S TALK SOON
SWM, 25, heavyset, long hair, easygoing, friendly, enjoys, camping, going out with friends, dining out, motor cross, music and movies, seeks a nice, honest SF. Ad#.8306

SILVER FOX
SWM, 65, 5'11", slim build, blue eyes, friendly, shy, enjoys woodworking, outdoor sports and gardening, seeks romantic, affectionate SF. Ad#.8112

GET BACK TO ME
Attractive SWM, 28, 6', 180lbs., brown hair/eyes, easygoing, employed, enjoys watching movies, spending time with friends, relaxing, seeks open-minded SF, who likes trying new things. Ad#.3348

CHECK THIS ONE OUT
Attractive, tall SWM, 40, brown hair, blue eyes, employed, enjoys camping, fishing, playing cards, seeks honest, sincere, trustworthy SF, who loves to cuddle. Ad#.4398

COULD THIS BE YOU?
Slim, humorous, good-natured, professional SWM, 50, has old-fashioned values, enjoys science, reading, current affairs, seeks slender, affectionate SF, for serious relationship. Ad#.5879

IN REALLY GOOD SHAPE
SWM, 25, brown hair, hazel eyes, easygoing, a bit shy, employed, enjoys driving his car, time with his dog, seeks loving, honest, faithful SF, who is ready to settle down, no game players. Ad#.8613

A REAL TRUE HEART
Attractive, employed SWM, 36, 5'6", 160lbs., salt and pepper hair, blue eyes, mustache, enjoys playing cards, shooting pool and board games, seeks a down-to-earth, honest SF, with good family values. Ad#.8548

LIKES TO LAUGH
Happy-go-lucky SWM, 41, blue-eyed blond, employed, enjoys playing cards, bowling and spending time with friends, seeks an honest, fun-loving SF, who likes to cuddle. Ad#.9558

HAPPINESS GUARANTEED
Friendly SM, 45, 5'8", 180lbs., brown hair, blue eyes, employed, likes fishing, sports, dancing and most outdoor activities, seeking an honest SF. Ad#.9800

BUILD UP TRUST
Laid-back, kind-hearted SWM, 44, 5'10", brown hair, hazel eyes, likes weightlifting, singing, motorcycles and outdoor activities, in search of a pleasant, pretty, open SF. Ad#.9619

DO WE SHARE INTERESTS?
Approachable, honest SWM, 44, 5'10", 200lbs., employed, likes weightlifting, playing the guitar, motorcycles, singing and fishing, seeking an upfront, sincere SF, for a possible long-term relationship. Ad#.9719

CALL AND WE'LL TALK
SWM, 48, 5'5", 155lbs., employed, enjoys golf, travel, quiet family times, seeks attractive, slender, trustworthy SF, with similar interests, to share life with. Ad#.3589

TIME WILL TELL
SWM, 44, humorous, enjoys laughter and comedy, camping, fishing, movies and traveling, seeking a happy, talkative SF. Ad#.2106

TIRED OF BEING ALONE
Self-employed DWM, 53, 5'6", 160lbs., blue eyes, happy-go-lucky, enjoys watching television, going out, seeks nice, pretty, honest SF, to spend time with. Ad#.6270

OPTIMISTIC ATTITUDE
Humorous SWM, 37, 6'2", 185lbs., brown hair, bluish-green eyes, enjoys reading, writing, long walks, nature, good conversations and more, seeking compatible, honest SF. Ad#.2423

LIKES TO JOKE
Handsome, personable, sensitive SWM, 29, 5'8", 200lbs., enjoys collecting sports cards, reading comic books, woodworking, seeking attached WF. Ad#.5360

LEAVE A NUMBER
SWM, 49, 160lbs., 5'8", brown hair, hazel eyes, fun-loving, honest, sincere, self-employed, enjoys crafts, gardening, camping, seeks SF, to share life with. Ad#.6746

SOMEBODY SPECIAL
SWM, 49, 6'1", 185lbs., brown hair/eyes, friendly, loving, kind, employed, enjoys good conversation, dining out, quiet times with friends and family and more, seeks happy, articulate SF, to share good times with. Ad#.9776

HAS A SERIOUS SIDE
SWM, 41, 5'9", 165lbs., brown hair, blue eyes, humorous, employed, enjoys dancing, shooting pool, movies, seeks honest SF, with a good sense of humor, to fall in love with. Ad#.8364

ANSWER MY AD
SWM, 26, 6', brown hair/eyes, good sense of humor, employed, enjoys listening to country music, reading, watching movies, seeking compatible, talkative SF. Ad#.5329

YOUR INTERESTS?
Hardworking SW dad, 32, 6'1", 190lbs., brown hair/eyes, employed, enjoys long walks, biking, time with his daughter, movies, seeking caring, honest, fun-loving SF, who enjoys children. Ad#.3345

HONESTY IS KEY
Humorous SWM, 48, 5'8", heavyset, brown hair, blue eyes, moustache, enjoys good conversation, gardening, long walks, seeks honest, faithful, straightforward, humorous SF. Ad#.1314

AVAILABLE
SWM, 33, 6',175lbs., blond hair, green eyes, attractive, open-minded, mature, adventurous, employed, lives in Brockville area, likes sports, movies, seeks SF, with similar qualities. Ad#.7098

HONEST & SINCERE
Easygoing, laid-back SWM, 34, 5'10", 160lbs., brown hair, blue eyes, employed, enjoys baseball, bowling, music, seeks trustworthy SF, with similar interests, for long-term relationship. Ad#.9510

TRUE HAPPINESS
Fun-loving, honest SWM, 36, 6'2", 185lbs., light brown hair, greenish-blue eyes, enjoys nature walks, movies, fine dining, good conversation, seeks trustworthy SF, kids welcome. Ad#.2024

ADVENTURESOME
Professional SWM, 48, 5'10", 210lbs., humorous, outgoing, enjoys motorcycling, camping, the outdoors, seeks honest, friendly, spontaneous SF. Ad#.8158

LIFELONG HOPES
Shy, sensitive SWM, 40, 5'9", 135lbs., romantic, enjoys sports, model building, seeks honest, affectionate, loving SF, to relate with. Ad#.3797

Females Seeking Females

TELL ME ABOUT YOURSELF
SWF, 34, dirty blonde hair, blue eyes, enjoys camping, swimming and movies, seeking outgoing SF, who is fun to be with. Ad#.3866

ANYONE THERE?
Attractive SW mom, 24, slender build, blonde hair, hazel eyes, enjoys long walks, swimming, going for coffee and more, seeks an honest, trustworthy SF, who is fun to be with. Ad#.4781

ME AND YOU!
SWF, 28, brown hair, hazel eyes, enjoys camping and biking, seeking out SF, who has a zest for life. Ad#.9325

COMPLETE LOVE
Fun-loving, understanding SWF, 33, 5'3", blonde hair, blue eyes, employed, enjoys fishing, camping, boating, bike riding, watching movies and long strolls, looks for loyal, independent SF. Ad#.8216

UPBEAT AND POSITIVE
Blue-eyed blonde SWF, 34, 5'6", 145lbs., good sense of humor, hobbies are sports, reading, long walks, movies, searching for a compatible, truthful, funny, sincere SF. Ad#.8445

FRIENDS FIRST
Slim SWF, 23, green-eyed blonde, funny, outgoing, homemaker, enjoys walking, dining out, snuggling, seeks honest, sincere, trustworthy SF. Ad#.3761

Males Seeking Males

TIME TOGETHER
SWM, 38, 5'10", 170lbs., enjoys golfing and computers, seeking easygoing, friendly SM, to spend time with. Ad#.9849

ROAD TO ADVENTURE
Attractive, easygoing SWM, 26, 6', 175lbs., blond hair, green eyes, enjoys golf, movies, quiet times at home, long drives and more, seeks an open-minded SM, who is a nice guy. Ad#.5090

WILL IT COME TO BE?
Relaxed SWM, 18, student, likes working out, hiking and spending time with friends, in search of an outgoing, happy SM. Ad#.3541

DIAL MY NUMBER
Tall, handsome, physically fit SWM, 24, shy at first, employed, hobbies include outdoor activities, downhill skiing, dining out and more, seeking an honest, trustworthy SM. Ad#.7519

KEEP IN TOUCH
SWM, 37, 6', 170lbs., fun-loving, enjoys laughter and comedy, dining out and listening to music, sports and more, seeking an honest, outgoing SM. Ad#.9847

HAS A SERIOUS SIDE
SWM, 31, 5'11", 190lbs., brownish-blond hair, brown eyes, likes to joke and have a good time, employed, enjoys reading, watching movies, seeks honest, sincere, humorous SM. Ad#.9810

NOT TOO SERIOUS
SWM, 34, 6'1", 175lbs., short brown hair, blue eyes, easygoing, self-employed, enjoys outdoor activities, seeks trustworthy SM. Ad#.2203

TALK TO ME!
SWM, 36, 6'3", 210lbs., easygoing, fun-loving, self-employed, enjoys boating, skiing, long walks, seeks honest, upfront SM, who has a good personality. Ad#.7735

SOUND INTERESTING?
SWM, 28, 5'6", 150lbs., dark hair, easygoing, employed, enjoys sports, building models, cooking, seeks SM, who is easy to talk to. Ad#.3903

DAY BY DAY
Spontaneous SWM, 35, 5'11", brown hair, green eyes, employed, hobbies are watching sports, seeking an honest, humorous, adventurous SM. Ad#.9345

DESCRIBE YOURSELF
Athletic, physically fit, SWM, 18, blue-eyed blond, humorous, fun-loving, enjoys singing, weightlifting, having fun, seeks down-to-earth SM. Ad#.6849

ATTITUDE IS IMPORTANT
Self-employed SWM, 42, 6', 200lbs., hobbies include fishing, dirt biking, playing cards, anything sports-related, looking for fit SM. Ad#.7318

TOTAL HAPPINESS
SWM, 19, brown hair, green eyes, student, enjoys sports, playing guitar, seeks personable, physically fit, slim SM, with similar likes and dislikes. Ad#.9061

I KNOW YOU'RE OUT THERE!
SWM, 19, 145lbs.,blond, blue eyes, easygoing, enjoys a wide variety of interests, seeks honest, trustworthy, understanding SM. Ad#.9538

GOOD TO KNOW
Handsome SWM, 25, 5'10", employed, enjoys biking, taking walks, movies, spending time with friends, seeks a down-to-earth, honest SM. Ad#.8326

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AVAILABLE IMMEDIATELY, 2 bdrm apt, 223 First St. West. $400/mth, plus utilities or $550/mth, utilities included. Washer/dryer hook-ups & parking. Call 936-9422.

WEST END, 2 bdrm upstairs apt. Washer/dryer hook-ups. Parking. Please call 534-2932.

MCCONNELL, AVAIL. June 1st or July 1st, 2 bdrm upstairs apt. Close to stores, bus, bank. $400/mth, utilities included. Call 933-3738.

NEAR HOLY CROSS Church, 1 bdrm upstairs apt. Fridge, stove, parking. Very clean. $395/mth, plus utilities. Call 933-4780.

1222-A CUMBERLAND. 2 bdrm basement apt. Quiet, mature person or couple preferred. $585/mth, heat & lights. Laundry hookups. No pets. Avail. June 15th. Call 938-5066.

AVAILABLE JULY 1ST, 2 bdrm main floor. Close to college. 105 Guy St. Washer/dryer hook-ups, fridge, stove, parking. $400/mth, plus utilities. Call Linda, 938-3860.

AVAILABLE JULY 1ST, one bdrm apt. Stove, fridge, parking. Private entrance. Bus stop at door. Non-smoker. $450/mth, includes utilities. First & last month required. Call 938-3205.

RIDLEY AVENUE. Bright, large 2 bdrm apt. Freshly painted, wall-to-wall carpet, fridge, stove, parking, all inclusive. Immediate. Please call between 12-8 pm, 938-7286.

PRIME LOCATION, central 2 bdrm. Gas fireplace, ensuite laundry, fridge, stove. Tastefully appointed. Available May 1st. $690/mth, plus utilities. Contact Markell Properties, 938-3886.

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AVAILABLE JUNE 1ST. Large upstairs one bdrm apt. New windows, clean, fenced-in backyard, parking. Quiet person preferred. Fridge, stove & utilities included, $490/mth. 938-6200.

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YAMAHA ELECTRIC PIANO, YPP-35. Like new, with stand & adaptor, $300. Call 938-1029.

VIDEOS FOR SALE: Our entire stock of movies must go. Prices range from $3. & up. Final clearance ends May 30th. Visit Hollywood Video, Eastcourt Mall location.

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PORTABLE WHIRLPOOL Chir-O-Med, like new, Swivel t.v. stand W26" X H 27 1/4" X D 13 1/2", Oil Burner Boston Breeze. Must be combined with wood stove. Ideal for home, cottage, or garage. Call 525-3349.

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11 LANDSCAPING

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1995 MERCURY MYSTIQUE GS V-6, loaded, automatic, keyless entry, anti-theft, traction control, 56,000 km. Like new. Balance of warranty. Asking $12,950. Call 930-2168.

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360 cu. in. V8 engine, 4 spd., auto, with class "B" motorhome conversion, drop floor, raised roof, 3 way refrigerator, hot water heater, 4 burner stove w/oven, microwave, furnace, double bed, toilet, colour TV & VCR, stereo, dash air & roof air, awning, toilet & sink, 80,000 miles. Excellent condition. $25,000.
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1979 CHEV 1/2 TON, 4-wheel drive with 7 1/2 ft. plow, utility trailer, 4 1/2 x 7 1/2 ft, removable racks. Also, 7 ft. & 6 ft. picnic table; 1 bridge 10 ft. long. Call 933-4582.

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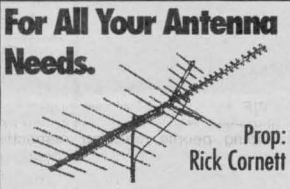
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Civic No. 16263
SAT. MAY 30th
10:00 am

Round pedestal table with 3 leaves; 6 chairs; oak mirrored back buffet; 4 pressback chairs; parlour tables; blanket box; Doherty piano; piano stool; 2 great art deco hanging lamps; small stretcher base table with drawer; Boston rocker; clock shelf; hooked rugs; 7 pc. wash bowl set; floor lamp; trunks; quilts; washstands; dressers; comb. wardrobe & chest of drawers; beds; pine kitchen table with drawer; rod back chairs; beds; glass front book case; games board made by Albert Mullen dated Jan. 28, 1918; toy wooden airplane; crocks; pictures; snow shoes; violin; treadle sewing machine; misc. chairs; 1930 sofa & 2 chairs; cameras including miniature Mighty Toko 145; photography by Alex Mullen; good assort. of books; butter churn; large cast iron pot; wringer washer; electric stove; dryer; 2 Adirondack chairs; Renfrew 3 or 4 H.P. gasoline engine on truck; Renfrew standard gasoline engine on truck; honey extractor; 5 H.P. rotor tiller; snow blower, as is; two 1 furrow ploughs; other misc. articles.

Terms: Cash or Acceptable Cheque.
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HOUSE SALE
Dr. Bill Taylor
40 First Street West
(corner of First & Augustus)
Cornwall, Ontario
Wed., May 27th & Thurs., May 28th
8:30 am - 5:00 pm

English kneehole burl walnut buffet; double pedestal dining table; 6 English chairs with lion head finals and lion paw; Cranberry Victorian fountain with marble base; marble top server; Victorian settee; 2 wing-back chairs; Coalport figurines; M31 Peekanes; 2 Beswick horses; Austria china "Victoria" place setting for 10 with covered & open veg. dishes, cream & sugar & gravy boat; 2 prayer chairs; marble top coffee and end tables; lamps; French ladies desk; 11'8"x8'9" area rug; 10'x12 area rug; brass wood box; bedroom sets; lawyers desk for two; oak office desk; press back magazine rack; trunks; Empire mirror; press-back pottie chair; set of 4 Hunt scenes; wash bowls & pitchers; true steamer trunk with ironing board; pictures and picture frames; child's session grandchild clock; Lladro figurines; Oriental pictures; 4 prints of the late Benjamin Chee Chee; blanket box; variety of books; horse brasses; freezer; copper pots; 3 air conditioners; lawnmower; alum. ext. ladder; other misc. articles.

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TWILIGHT AUCTION SALE
Our Lady of Grace Church "Garage"
Ingleside, Ontario
Thurs., May 28th
6:00 pm

Antique one door jam cupboard; maple table & 4 chairs; fridge; floor lamps; sofa; computer table; large folding tables; coloured T.V.; bookcases; single beds; dressers; coffee & end tables; rod back rocker; metal & wooden storage cabinet; coffee urns; bicycles; delicious baked goods; a good assortment of perennials; more articles arriving after press time. If you wish to donate please call 537-2638. All proceeds go to the building committee.

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WELL KEPT 4-BDRM brick bungalow on 57 acres, excellent water. No agents. Call for appointment 931-2480.

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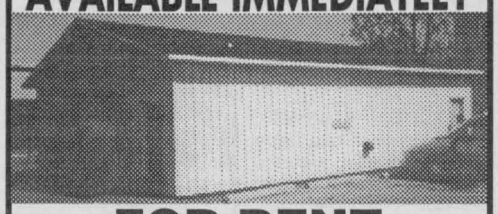

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92 NOVENAS

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Bridge Results

Independent Bridge Club
May 13/98

N/S
1. Jean Forbes - Terry Forsyth
2. Helen Alguire - Eileen Beaudette } tie
3. Jean Boileau - Jeannine Leroux } tie

E/W
1. Claudette & Guy Drouin
2. Jessie Boyd - Rhea Petry
3. Georgette Beaulieu - Theresa Latour

Cornwall & District Bridge Club - May 14/98

1. Jocelyn Campbell - Charmaine Quenneville
2. Jeanine Alain - Barbara Taylor } tie
3. Lydia LeGault - Claudette Rousseau } tie
4. Audrey Blair - Louis Rioux

Senior Citizens Bridge Club
May 15/98
Section A

N/S
1. Jean Boileau - Pat McIntosh
2. Verna Beaulieu - Yvonne Bergeron
3. Peggy Seymour - Keith Walker

E/W
1. Lyette Ladouceur - Brunelle MacDonald
2. Fern Emerton - Anne Paulin
3. Helen Alguire - Emma Farlinger

Section B

N/S
1. Margaret Evans - Muriel Smith
2. Yolande Boutin - Bert Mosher
3. Jocelyn Campbell - Terry Forsyth

E/W
1. Claudette Rousseau - Maureen Walker
2. Jessie Boyd - Rhea Petry
3. Marielle & Yvan Morrissette

Cornwall Community Bridge Club - May 18/98

1. Heather Grant - Ken Guy
2. Margaret Evans - Nelsa Kalil
3. Jeanine Alain - Margaret Grieve
4. Barbara Taylor - Voyteck Pomykalski

Martintown - May 12/98

N/S
1. Jean & Jim Campbell
2. Dorthey Bourdon - Rudi Mertl
3. Isobel Quail - Bert Mosher
4. Jacqueline Emburg - Andre Bergevin

E/W
1. Mary Fobert - Henry Rzepczyk
2. Penny McLeod - Joan Turner
3. Laurette Keir - Margaret McLeod
4. Betty Argyle - Barbara Philp

Seaway Seniors-May 13/98

N/S
1. Rolland Fobert - Armand Rivard
2. Madeleine & Raymond Rivest
3. Margaret & Sam Wolynec

E/W
1. Gerry Johnson - Henry Rzepczyk
2. Laurette Keir - Margaret MacLeod
3. Masie Collette - Marie Lemieux

Audrey's Supper Delicate
May 15/98

N/S
1. Audrey Blair - Margaret Kennedy
2. Bob Govan - Les Kimball
3. Jean & Jim Campbell

E/W
1. Marion & Charles Thompson
2. Dorothy Fawthrop - Nora Ruth
3. Lydia Johnson - Audrey Pasco

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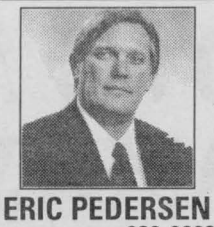
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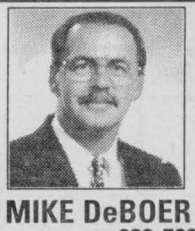
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JUDI AUGER 931-3293


REDUCED FOR QUICK SALE $88,000
(A-MLS 0189) 3+1 bdrm., rec room, gas frplc., fenced yard, cheaper than renting
JUDI AUGER 931-3293

OPEN HOUSE
SUNDAY 2:15 - 4:00 P.M.

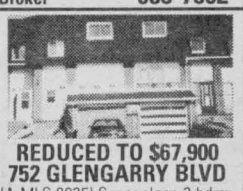
MOVE-IN CONDITION
404 4th St. West $69,900
(A-MLS 0141) Well-maintained 2-storey w/over 1000 sq. ft., fin. rec. rm, attached garage.
MOE LEMIEUX 932-9386


JAG'S EATERY $134,900
(L-MLS 0170) Restaurant, ice cream parlour & bar. Excellent business venture, turnkey operation, all equipped & ready to go.
MOE LEMIEUX 932-9386


HOOPLE AVENUE $78,900
(A-MLS 0203) 2-storey dbl. tenement, in good condition, dbl. drive w/det. garage, 2-100 amp breakers, F.A. oil heat
MOE LEMIEUX 932-9386


3115 NORTHDALE $75,900
(A-MLS 0130) 5 yr. old Markell built townhome, end unit, 3 bdrms., fin. rec rm w/office, laundry rm.
MOE LEMIEUX 932-9386


NEW LISTING $64,900
614 RIDLEY
(A-MLS 0294) Nicely decorated bung., 2+2 bdrm., fin rec. rm., hdwd. flrs, patio deck, good location.
MOE LEMIEUX 932-9386


REDUCED TO $67,900
752 GLENGARRY BLVD
(A-MLS 0035) Super clean 3 bdrm. townhouse in beautiful condition. Many updates & renovations
GINETTE CAMPBELL 932-1609


NICELY DECORATED
$75,900
(L-MLS 0236) 3+1 bdrm. bung. in Roxborough Gardens. Many inclusions.
GINETTE CAMPBELL 932-1609

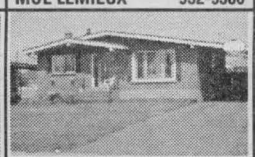
GRANDPA BILL'S $54,900
(A-MLS 0284) Well established chipstand now for sale. Excellent income, high traffic location, new equipment, fully insulated, own your own business, owners will consider some financing.
GINETTE CAMPBELL 932-1609


SOLD
AVONMORE $72,900
(L-MLS 0263) 16541 Hwy. 43, very clean country home, lot 249'x152', garage, recent windows, roof, 200 amps & flooring
ALBERT CADIEUX 932-8279


746 LYNN $74,500
(A-MLS 0248) 1076 sq. ft. brick & vinyl, end unit townhouse, patio deck, fenced yard
ALBERT CADIEUX 932-8279


1804 DEWHURST
NEW PRICE $67,500
(A-MLS 5285)
ORVAL BROWNELL 932-7061


ISLAND 17 $134,900
(J-MLS 0102) Year round residence
ORVAL BROWNELL 932-7061


436 LEITCH $92,500
(A-MLS 0279) Great location, 3+1 bung., gas heat, C/A, fireplace, inground pool
ORVAL BROWNELL 932-7061

NEW LISTINGS

MacLAUCHLAN'S PT.
(G-MLS 0305) Just west of Westley's Pt., now $59,900. Waterview 2 bdrm. winterized cottage, right of way to Lake St. Francis
MAURICE DROUIN 933-6146


220-220A CARLETON
(A-MLS 0320) A Starter's Handyman's Special who wants an income, detached garage
MAURICE DROUIN 933-6146


613 CHAMPLAIN DR.
$114,900
(A-MLS 0257) 3+1 bdrm. brick bung., rec rm w/wet bar, heat pump, kidney-shaped pool, sauna, cedar closet, hdwd flrs.
JACK ROY 931-1290


1212 SYDNEY $93,500
(A-MLS 0249) Clean as a whistle. 3 bdrm. bung., lots of hdwd flrs w/oak trims, back patio to fenced yard, mature trees, close to many amenities.
JACK ROY 931-1290


NEW LISTING 4 PLEX
(A-MLS 0291) In good condition; over $21,000 gross, centretown; low vacancy rate, many updates.
JACK ROY 931-1290

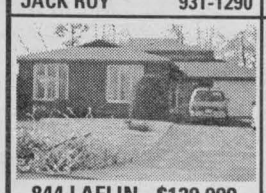

NEW LISTING $72,900
704 MONTCALM COURT
(A-MLS 0321)
large 3+1 bdrm., semi, pool
TODD THOMPSON 938-0640

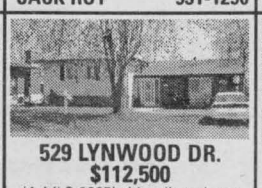

127 MARLBOROUGH
$77,000
(A-MLS 0273) 5 bdrms., gas heat, frpl, beautiful interior
TODD THOMPSON 938-0640


257 LAFRAMBOISE
$75,000
(A-MLS 0103) 2+1 bdrm., semi, frpl. in living room, excellent condition.
TODD THOMPSON 938-0640


44-46 BALDWIN $92,900
(A-MLS 0233) 3 bdrm. dbl. tenement with dbl. garage
GERRY PILON 931-3555

DENNY'S SMOKE SHOP
(A-MLS 0234) Montreal Road, well-established confectionary with a very good volume. Ideal family business.
GERRY PILON 931-3555


844 LAFLIN $129,900
(A-MLS 0247) 1300 sq. ft. backsplit with dining rm & rec rm with frpl
GERRY PILON 931-3555


529 LYNWOOD DR.
$112,500
(A-MLS 0267) sidesplit on large lot in great area. Oak kit. with built-ins.
GERRY PILON 931-3555


NEW LISTING $69,900
405 MARLBOROUGH
(A-MLS 0319) 2 bdrm., 2 baths, beautiful sun room, french doors off dining room, eat-in Kit., many inclusions,
SHERRY McCULLOUGH 937-0891

NEW LISTING $49,900
724 MARLBOROUGH
(A-MLS 0317) 5% down & payments of approx. $310.00/month Why not own instead of rent?
SHERRY McCULLOUGH 937-0891

851 KENYON CRES.
$169,900
(A-MLS 0119) Exec. 3+1 bdrm., 2-storey, 3 baths, fin. family rm., dbl att. garage
SHERRY McCULLOUGH 937-0891

1307 GALLINGER
$84,900
(A-MLS 0185) 3+1 bdrm. brick bung., garage, large lot, FA heating
SHERRY McCULLOUGH 937-0891

759 GUY ST.
$118,500
(A-MLS 0196) 4 level split, 3 bdrms., FAG heat, hdwd floors, spacious
SHERRY McCULLOUGH 937-0891

HANDICAP ACCESS
$109,000
(A-MLS 0209) Bright 2+1 bdrm. brick bung., gourmet kit., many built-ins, upgraded bath, 2 gas frplcs., patio deck level w/sunroom
SHERRY McCULLOUGH 937-0891

515 5TH ST. E. $75,000
(A-MLS 0266) charming home, 2 bdrm.s, FAG heat, updated kit., formal DR, garage, gorgeous lot
SHERRY McCULLOUGH 937-0891

SUNRISE ACRES
$119,000
(A-MLS 0293) 2+2 bdrm. raised bung., 2 baths, att. garage, fenced lot
SHERRY McCULLOUGH 937-0891

OPEN HOUSE
SUNDAY 1:00 - 3:00 P.M.

1317 STORMONT $199,500
(A-MLS 0058) Owner transferred, exec. home, quality throughout
ERIC PEDERSEN 938-9690

33-35-37 7th ST. WEST
$160,000
(A-MLS 0151) Comm. & Res., 2 office buildings, garage plus house, centrally located, plenty of parking
ERIC PEDERSEN 938-9690

449 12th St. W. $108,900
(A-MLS 0280) Loads of house, lg. brick & stone bung., modern Kit. & Bath, rec rm., frplce, gas heat, central air, garage 21'x38'.
ERIC PEDERSEN 938-9690

1536 WINDSOR $77,500
(A-MLS 0205) Spotless, semi-detached, 2 baths, oak cpbds., det. garage, new windows & doors
ERIC PEDERSEN 938-9690

NEW LISTING $54,900
(A-MLS 0259) Maintenance free, 3 bdrm., gas heat, dining room. Priced to Sell
ERIC PEDERSEN 938-9690

EAST END $98,900
GREAT LOCATION
(A-MLS 0309) 3+1 bdrm., whirlpool bath, hdwd. flrs., pool & more
MIKE VANDERMEER 534-2950

RR2 INGLESIDE $119,900
(O-MLS 0168) 1288 sq. ft., cedar bung., on 5.33 acres with double car garage.
MIKE VANDERMEER 534-2950

OLD ORCHARD $85,900
(A-MLS 0157) 2 bdrm. bung., with fireplace & hardwood floors
MIKE VANDERMEER 534-2950

NEW LISTING
RIVERDALE $82,900
(A-MLS 0155) 3 bdrm. brick bung., new windows, fenced yard, "Priced To Sell"
MIKE VANDERMEER 534-2950

AVONMORE $72,900
(L-MLS 0182) Family home loaded with character. "A Must See"
MIKE VANDERMEER 534-2950

SUPER HOBBY FARM
$147,700
(O-MLS 0208) 56 acres reforested; large Victorian home, very private
MIKE VANDERMEER 534-2950

$128,900
(M-MLS 0039) 1288 sq. ft. raised bungalow on high one acre lot with garage
MIKE VANDERMEER 534-2950

MOOSE CREEK $109,900
(L-MLS 0027) Duplex with garage, water & sewer to be paid.
MIKE VANDERMEER 534-2950

ULTRA MODERN
$219,900
(J-MLS 0173) 3+1 bdrm. exec. home on 2.63 acre lot, North of Lancaster
MIKE VANDERMEER 534-2950

MOVE-IN CONDITION
(A-MLS 0270) Duplex. Let tenant help pay mortgage. New windows. "A Real Treat To Show!
DIANE BENOIT 930-4880

LOOKING FOR A LARGE BUNGALOW?
(A-MLS 0276)3 bdrms., large Kit., fenced yard, heat pump, above gr. pool, close to shopping. "A Must View!"
DIANE BENOIT 930-4880

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MIKE DeBOER 938-7802

DEVELOPMENT POTENTIAL! INGLESIDE
(O-MLS 0296) Zoned for semis or townhomes; 8 semis or 11 townhomes, paved rd., services at rd., no rd cuts needed, plus parcel zoned for 2 eight unit apartments.
All for $97,000
MIKE DeBOER 938-7802

907 RIVERDALE AVE.
$154,900
(A-MLS 5298) A lot of living to do and lots of room for it in this 5 bdrm., 2 storey traditional. Close to schools & park.
MIKE DeBOER 938-7802

330 LOUISA
REDUCED $39,900
(A-MLS 0221) Why rent? When you could own this cozy updated home for as little as $1995 down and $265 per month.
MIKE DeBOER 938-7802

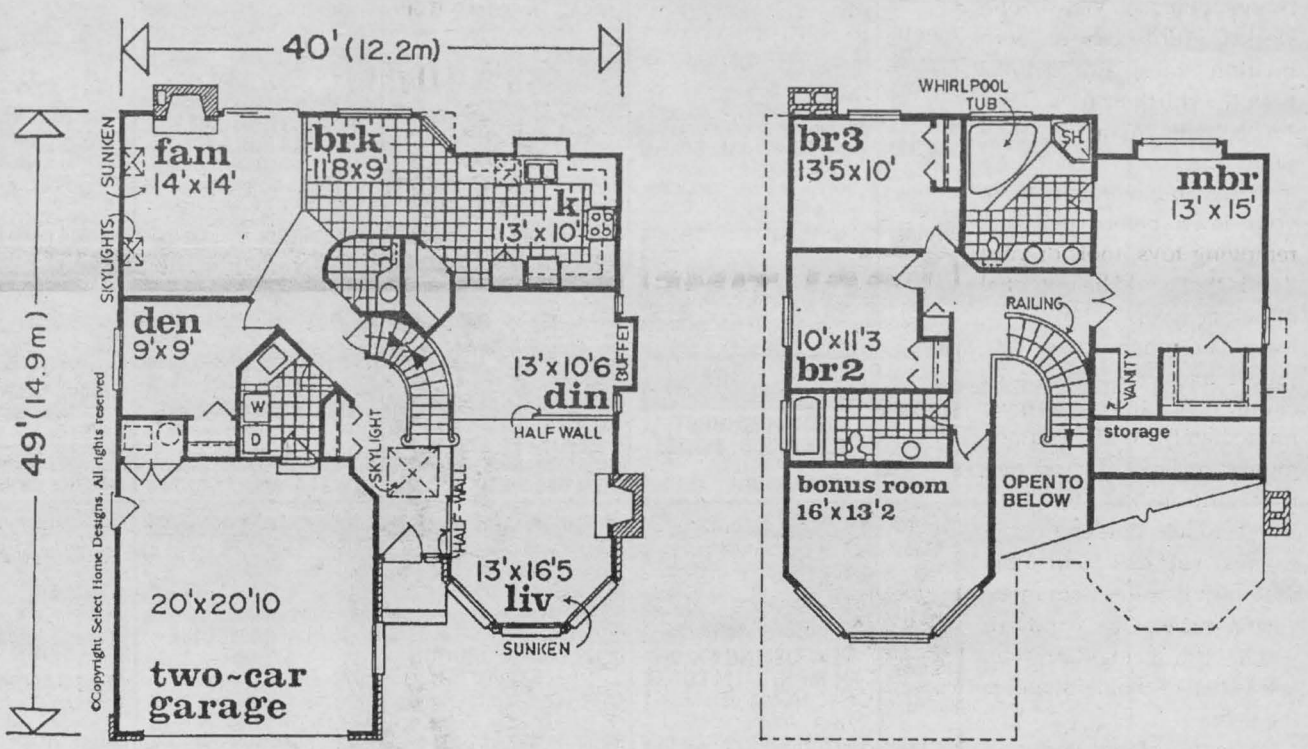
EXCITINGLY NEW
$124,900
(M-MLS 0112) the warm, cozy living room says "stay awhile". Also features 1-1/2 bath, main floor laundry, eff. gas heat, new home warranty.
MIKE DeBOER 938-7802

NORTH OF INGLESIDE
$99,900
(O-MLS 0036) on paved road, lovely raised bungalow with patio doors to large deck and 2.5 acre lot. Only 2 yrs. old.
MIKE DeBOER 938-7802

FEATURE
Design of the Week



BAY WINDOWS ADORN EXCITING FAMILY HOME



first level 1227 sq.ft. **second level 938 sq.ft.**

RELEASE DATE: MAY 24-30, 1998
NATIONAL RELEASE
PLAN NO: 1989-2145
WIDTH: 40' DEPTH: 49'

DESIGN FOR LIVING
BAY WINDOWS ADORN EXCITING FAMILY HOME

©Copyright SELECT HOME DESIGNS

- Sweeping curved staircase dominates skylit foyer.
- Sunken living room rests in windowed bay.
- Half wall separates dining room from living room.
- Kitchen with walk-in pantry and breakfast room overlooks sunken family room.
- Skylights and sliding glass doors brighten family room.
- Den or office, conveniently located to a two-piece bathroom could easily double as a guest room.
- Master bedroom features a walk-in closet and bath with whirlpool spa, twin vanity and shower.
- Bonus room with expansive windows provides an additional 212 square feet.

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SPRUCE UP FOR SPRING!

Add Beauty, Durability to Kitchen Countertops

Ceramic tile shows up in so many bathrooms because it withstands moisture and abuse better than other wall and floor materials. So it should come as no surprise that designers today are specifying ceramic tile for the kitchen, too.

Sink backsplashes and countertops are logical spots for ceramic tile, thin stone, marble and other tiles. But to ensure a tile job that lasts, designers recommend functionality and durability over trendy tiles that may quickly go out of style.

There aren't many styles of tile you can't use in kitchens. However, it's important that the consumer understands that what is trendy today may not be tomorrow. It is usually a wiser investment to go for a look that will last, as opposed to the latest trend.

And tile countertops are catching on. Tile countertops and backsplashes are typically offered as an upgrade from laminates in new-home construction, and that seems to be popular.

While tile is very durable, tile jobs won't last unless a water-resistant underlayment such as cement board is used. Moisture can seep through grout or joints, so sealing with a tile and grout sealer can help prevent moisture damage and alleviate any concern about hard-to-clean grout lines. And with the advent of water-resistant cement backer boards, homeowners are seeing less water damage and longer-lasting tile jobs.

Green and Growing

PGR: Parental Guidance Required

By Dr. Ellen Henke
John Deere Lawn
& Garden Expert

It seems like just about everything carries a rating these days... movies, television shows, toys... what's next? Riding mowers and lawn tractors? Not really, but if so, they'd be rated PGR: Parental Guidance Required.

Most children think that these big powerful machines look like lots of fun. While mowing and caring for your lawn can be a lot of fun, riding mowers are serious cutting tools that should be treated with respect.

The golden rule in mowing is this - NEVER take children or passengers on any age on riding mowers. And never allow young children to operate a mower or any type of lawn equipment. In fact, John Deere recommends that children remain indoors under the supervision of another adult during mowing time. Pets should also be kept out of the mowing area. And always check behind you when backing up with your riding mower to make sure the coast is clear.

The best way to teach your children about mowing safety is to set a good example yourself. Before you mow, make sure you're dressed correctly. Flip flops, swimsuits and shorts don't provide much protection from flying objects. Wear long slacks, sturdy shoes with traction soles, and a shirt with the shirttails tucked in.

Check to ensure that all safety shields and guards are in place and working. Walk your lawn before mowing, removing toys, tools or yard debris that could be potential mowing hazards. If twigs, leaves or other debris clog your mower's discharge chute, turn off your mower immediately. With a riding mower or lawn tractor, turn the ignition key to "off". Don't touch hot engine or exhaust surfaces Remember that flesh is softer than metal – never use your hands or feet to clear a clog. Carefully use a stick or tool to dislodge the debris.

Navigate safely on slopes. With your riding mower, you should mow up and down slopes for greater stability. And never mow when the lawn is wet. Make time to take precautions – for your safety and the safety of your family.

And someday, when your children are responsible enough to handle lawn chores, use the operator's manual to teach them mowing safety and proper maintenance. Remember: mowers are rated PGR – parental guidance is *required*!

HOME BUYERS TIP

Low Maintenance

(NC)—Home buyers considering the purchase of a home have many choices to make; one of the most significant is whether to buy a new home or a previously owned, older home. New homes are constructed with low-maintenance materials for homeowners who are too busy to do extensive home work. And every new home built in Ontario comes with the Peace of Mind Advantage of New Home Warranty Protection.

For more information on buying a new home visit Ontario New Home Warranty Program's (ONHWP) website at www.newhome.on.ca.

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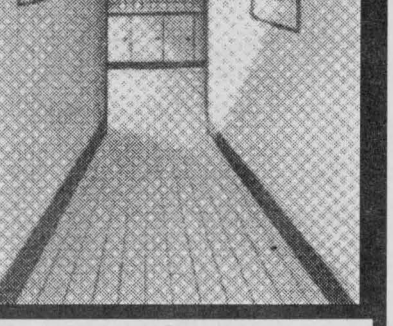

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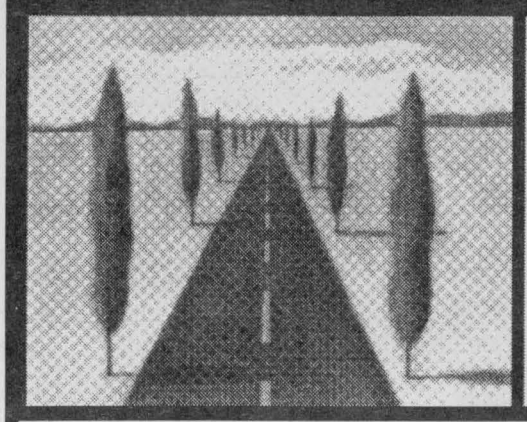

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SPRUCE UP FOR SPRING!

Need More Living Space? Don't Forget Your Basement!

(NC)—According to an expert in renovating older homes, hydronic, radiant floor heating is one way to help transform a dingy basement into a luxurious additional living area.

If you are running out of room in your home, but don't have the space to expand, this can make a once-neglected basement a highly enjoyable room without the hassle of finding a bigger house.

"With the installation of a hydronic heating system in the floor of your basement, the comfort level of the entire house can be dramatically improved," says Yuill MacGregor of Yuill Built Inc., a contractor who specializes in renovating older homes. "The basement will no longer be the 'cold sink', but will increase the warmth throughout the entire house".

Radiant underfloor heating utilizes an efficient, compact boiler that pumps heated water through small-diameter plastic tubes embedded just underneath the floor's surface.

By removing the door that usually closes off the basement from the rest of the house and opening up the entrance, as well as lowering the basement floor and finding just the right amount of lighting, Yuill says, you add another level of usable space, and the heat generated from the floor increases the air flow throughout the house.

"This is a great way to utilize the modern hydronic heating technology to make use of an often neglected area of the home," Harald Prell, Chairman of the Hydronics Marketing Group, says, "especially when you don't have room to expand."

Hydronics, or heating with hot water, has many options available to homeowners, from attractive wall or baseboard radiators to underfloor tubing used for basement comfort or even driveway snow melting.

For more information on heating with hydronics, please contact the Hydronics Marketing Group, c/o Barrow Communications. Tel. (519) 836-6183. Email. results@pgbarrow.com

How to Install Window Screening

1 On large flat surface use utility knife or scissors to cut screening at least 1" larger than the frame.

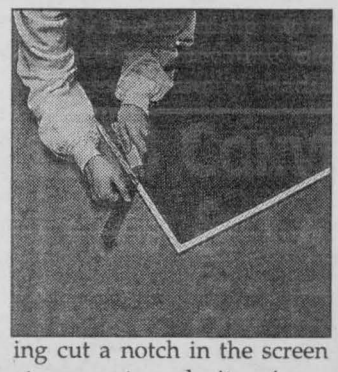
2 With Fiberglass screening take spline and screen installation tool and carefully roll spline into the groove. Keep the end of the roller pointed to the outside edge of the frame.

2a. With aluminum use you



roller to crease the aluminum screen into the groove and then roll spline into the groove as above.

3 Use screw driver to tuck screen and spline into corners. With aluminum screening cut a notch in the screen at corners to make it easier.





4 Use your utility knife to trim off excess screening. This information is brought to you by Bay Mills—Canada's only insect screen manufacturer.—(NC)

Do It Yourself Repairs

ummertime is the optimum season for putting those home improvement plans into action. However, hiring a professional for simple home maintenance repairs can lead to hefty expenses. As a result, more consumers are completing home improvement projects themselves. Caulking is a simple home repair technique that can start any do-it-yourselfer on his or her way to a better-conditioned home.

Here are a few easy-to-follow caulking tips that should make any "do-it-yourselfer wannabe" take note:

•Check around the kitchen and bathroom sinks, bathtubs and toilets for minor cracks and holes. Many people forget to look around such fixtures, which can be the source of unexpected leaks. These cracks and holes should be resealed when first detected to avoid further wear and tear.

•Remove old caulk from the areas between sinks, toilets and the wall with a putty knife. Next, wipe the area clean with a damp cloth and allow to dry.

•Apply a good siliconized caulk to seal the areas around sinks, tubs and toilets. Some new products can be squeezed straight from the bottle. Adjustable flow dispensers make caulking easy even for novice home repairers.

•Wipe up excess caulk with a damp cloth and allow to dry. Properly sealed areas around bathroom and kitchen sinks, tubs and toilets will help prevent leakages. Most caulks are paintable and handy for other home repair projects, such as sealing around windows and door frames, indoors and outdoors.

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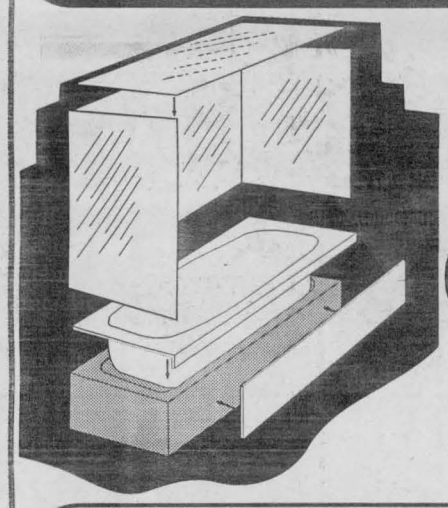

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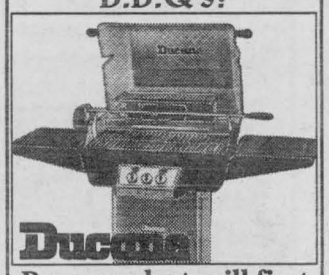

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Obituaries

BARKAUSKAS - Martha

Passed away after a courageous struggle with cancer, at the Janet MacDonell Pavilion, on Sunday, March 22nd, 1998.

The former Martha Wolff, age 72 years. Wife of the late Pranas (Frank) Barkauskas.

Loved and sadly missed by sisters Freda (Jonas) Gudelis; Katharina (the late Roma) Sauve, both of Cornwall; Dora Roth; brother Rudolf Wolff, both of Fulda, Germany; and by her sister-in-law Aldona Vaicekonis of Cornwall.

Predeceased by her parents Rudolf and Dorothea (Pappert) Wolff and by one sister, Ida (the late Georg) Lomb, both of Fulda, Germany.

Also loved and sadly missed by her nieces and nephews Diana (Ranny) Shayler; Gaby (Wolf) Paschek; Juergen (Joy) Zaczyk; Linda (Sean) Adams; John (Rachel) Gudelis; Michel Sauve and Al (Renee) Vaicekonis, all of Cornwall; Dahlia (Murray) Puhacz of Scarborough; Gunter (Anita) Lomb; Georg (Verena) Lomb of Fulda, Germany.

Funeral services were celebrated in St. Matthew's Lutheran Church, on Wednesday, March 25th, 1998 by Reverend Steven Olson. Rite of Committal at a later date in St. Lawrence Valley Union Cemetery.

The pallbearers were Sean Adams, John Gudelis, Danny Olszewski, Jason Paschek, Michel Sauve and Juergen Zaczyk

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

GRANT - Carol

Mrs. Carol Grant of Cornwall passed away at the Ottawa Civic Hospital, on Sunday, March 29th, 1998, age 48 years; Manager of Guillevin International, Cornwall office.

Beloved wife of William (Bill) Grant.

Loved mother of Kimberly and Christopher Grant, both at home.

Dear daughter of Howard Munro of London and the late Dora White.

Dear sister of Blair Munro (Brenda); Jimmy Payette (Colleen); Peter Payette, all of Cornwall; Ricky Payette of Petawawa, Ontario.

Also survived by her mother-in-law, Helen (McDermid) Grant and her Aunt Beryl Brown (Jerry), both of Cornwall and numerous nieces and nephews.

The Mass of the Resurrection with Commendation and Farewell was celebrated in Blessed Sacrament Roman Catholic Church, on Thursday, April 2nd, 1998 by Reverend Kelvin Maloney, assisted by Reverend Claude Halle, Chaplain Hotel Dieu Hospital; Reverend Mr. Gordon Bryan; Reverend Mr. James Blomely and Reverend Mr. Leo Thibault, Vice President of Finance, Guillevin International. Rite of Committal in St. Lawrence Valley Union Cemetery, Ingleside.

The pallbearers were employees of Guillevin International, Roland Dixon, Denis Grenon, James Goudie, Larry Shaver, Jim Hynes and Raymond Giguere.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

NUGENT - Francoise (Frances)

Mrs. Frances Nugent of Crysler passed away at the Winchester District Memorial Hospital, on Monday, March 30th, 1998, age 62 years.

Beloved wife of the late Robert Nugent.

Loved mother of David Nugent (Candy) of Berwick; Suzanne Richer (Fern) and Patrick Nugent, both of Crysler.

Dear daughter of the late Rosario Benoit and the late Mabel Provost.

Loved sister of John Benoit (Gaye); Hubert Benoit (Ghislaine); Michel Benoit (Nicole), all of Crysler; Madeleine LeVoguer (Rae); Louise Fox, both of Ottawa; Adele Jackson (Norm) of Cold Lake, Alberta and Claire Wilson (Ronald) of Cornwall.

Sadly missed by her grandchildren, Lyle and Warren Nugent and Eric and Sasha Richer.

Also survived by her brother-in-law, Gary Nugent (Sharon) of Finch and her sister-in-law, Margery Abrams (Vincent) of Cornwall.

Predeceased by one brother, Andre Benoit.

Rested at Notre Dame Du Rosaire Parish Hall, Crysler. The Mass of the Resurrection with Commendation and Farewell was celebrated by Reverend Claude Thibault, assisted by Reverend Mr. Pierre Aube and Reverend Mr. Marcel Aube in Notre Dame Du Rosaire Roman Catholic Church on Friday, April 3rd, 1998. Rite of Committal in the Parish Cemetery at a later date.

The pallbearers were her nephews, Jacques Benoit, Michel LeVoguer, Roch Benoit, Paul Benoit, Garry McRae and Richard Fox.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

BAKER - Margaret Christina (Tina)

Mrs. Margaret (Tina) Baker of Cornwall, passed away at Parisien Manor on Sunday, March 15th, 1998, age 99 years.

Beloved wife of the late Frank Baker.

Dear daughter of the late Daniel Richardson and the late Mary Ann Lyman.

Dear mother of the late Corbett Baker.

Predeceased by her brother Herbert Richardson and sister Lil Clark.

A graveside service will be held at a later date in Precious Blood Parish Cemetery, Glen Walter, Ontario.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

LAVALLEE - Carmen

Passed away at the Versa Care Centre, Cornwall, on Tuesday, April 7th, 1998.

Mrs. Carmen Lavallee, in her 67th year, born in Cornwall, formerly of 220 Jarvis Street.

Dear daughter of the late David DeLamirande and the late Violette Labrecque.

Beloved wife of Arthur Lavallee.

Loving mother of Thomas of Toronto; Linda (Mrs. Georgeo Rossi) of Cornwall; Donna (Mrs. Karl Swerkot) of St. Eustache, Quebec; Diane of Montreal; Pierre, Michelle and Monique (Mrs. Paul Charbonneau), all of Cornwall.

Loving grandmother of nine grandchildren: Donna-Ray, Alexander, Andreas, Jennifer, Jessica, Christian, Vanessa, Andrew and Domenico.

Predeceased by two daughters, Roxanne and Sylvia.

The funeral took place on Tuesday, April 14th, 1998 from the Boulerice Funeral Home Ltd., to Holy Cross Church at 11:00 a.m., followed by cremation. Reverend Rene Dube, Pastor of Holy Cross Church officiated.

The pallbearers were Jacques Leblanc, Gerard Labrecque, Marcel Labrecque, Roma Labrecque, Yvon Lavallee and Paul Guenette.

Members of Les Filles d'Isabelle, Cercle Notre-Dame-du-Perpétuel-Secours #1028 formed an Honour Guard at the funeral mass.

Mrs. Lavallee was a member of Les Filles D'Isabelle, Cercle Notre-Dame-du-Perpétuel-Secours #1028.

LEFEBVRE - Colombe J.

Passed away at the Ottawa General Hospital, Ottawa, Ontario.

Mrs. Colombe J. Lefebvre, in her 59th year, born in Apple Hill, Ontario, of R.R. #1 Summerstown, Ontario.

Dear daughter of the late Simon Filion and the late Gabrielle Rose.

Beloved wife of Roland Lefebvre.

Loving mother of Rock Lefebvre (Marie-Noelle) of Cornwall and Richard Lefebvre of Guelph.

Loving grandmother of Tina, Ryan and Chantal.

Dear sister of Raymond Filion (Reina) of Alexandria; Rita Bean of Ottawa and Denise (Mrs. Marcel Fortier) of Embrun.

Also survived by her mother-in-law, Mrs. Cecile Pilon.

The funeral took place on Friday, April 3rd, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, East Branch to Blessed Sacrament Church. Interment at Notre Dame Cemetery. Reverend Kelvin Maloney of Blessed Sacrament Church officiated.

The pallbearers were Mark Lefebvre, Gilles Lefebvre, Robert Lefebvre and Marcel Fortier.

LESSARD - Ann Mary Anselm

Passed away at the Hotel Dieu Hospital, Cornwall, on Saturday, April 4th, 1998.

Mrs. Ann Mary Anselm Lessard, in her 74th year, born in Eganville, Ontario, of 41 Amelia Street, Cornwall.

Dear daughter of the late Steven Green and the late Anna Finnucan.

Beloved wife of Clayton W. Lessard.

Loving mother of Brian Lessard (Kim) of L'Ange-Guardien, Quebec; Bruce Lessard and Mark Lessard (Suzanne), both of Ajax; Paul Lessard (Mary-Frances) of Calgary, Alberta; David Lessard (Allison) of Victoria, British Columbia; Terri Lessard-Lapointe (Rob) of Cornwall; Linda (Mrs. John Diebel) of Espanola and Mary-Ann Antle (Greg) of Smiths Falls.

Loving grandmother of fourteen grandchildren.

Dear sister of George Green (Bea) and Phillip Green (Lucy), both of Sudbury; Merville Green (Edna) of Whitney and Frances (Mrs. Bill Burns) of Iron Bridge, Ontario.

Predeceased by an infant daughter, Camille Lessard and by two brothers, James (Jim) and Desmond Green.

The funeral took place on Monday, April 6th, 1998 from the Lahaie and Sullivan Cornwall Funeral Homes, West Branch to St. Columban's Parish Church. Interment at Notre Dame Cemetery. Reverend Kevin Maloney of St. Columban's Church officiated.

The pallbearers were Brian Lessard, Bruce Lessard, Mark Lessard, Paul Lessard, John Diebel and Cameron Burns.

MURPHY - Roger

Passed away at his residence on Monday, March 30th, 1998.

Mr. Roger Murphy, in his 58th year, born in Cornwall, formerly of 132 Adolphus Street.

Dear son of the late Dominique Murphy and the late Regina Lavictoire.

Beloved husband of Francoise Payette.

Loving father of Earl Jodoin (husband of Louise Bates); Robert Murphy (husband of Linda Blaney); Penney Murphy (wife of Francois Tardif) and Sandra Murphy, all of Cornwall.

Dear brother of Emile Murphy (husband of Georgette Leroux); Rollande (Mrs. Gerald Tessier) and Lilliane (Mrs. Lionel Page), all of Cornwall.

Loving grandfather of Lisa, Kyle, Shannon, Lindsey, Sean and Kaitlyn.

Also sadly missed by many nieces and nephews.

The funeral took place on Thursday, April 2nd, 1998 from the Boulerice Funeral Home Ltd., to St. Columban's Church at 10:00 a.m., followed by cremation. Reverend Louis Groetelaars of St. Columban's Church officiated.

The pallbearers were Bob Alguire, Shawn Alguire, Russell Churchill, Terry Murphy, Wayne Tessier and Claude Giguere.

WOLLENWEBER - Rudolf F.

Mr. Rudolf F. Wollenweber passed away at the Hotel Dieu Hospital, on Friday, April 3rd, 1998, age 70 years; retired maintenance manager B.A.S.F.

Beloved husband of Carmella (Egan) Wollenweber.

Loved father of Rudolf (Rudy) Wollenweber (husband of Karen) of R.R. #1 Long Sault.

Predeceased by his parents Rudolf Wollenweber and Maria Bevers.

A private funeral was held in the Chapel of the Wilson Funeral Home.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

WARK - Ann Euphemia

Mrs. Ann Wark of Cornwall passed away at the Hotel Dieu Hospital, on Wednesday, April 1st, 1998, age 88 years.

Beloved wife of Roy Wark.

Dear daughter of the late James Cole and the late Ann Storing.

Dear mother of David Wark (Barbara) of Peterborough; Harvey Wark (Claudette) of St. Luc, Quebec and Jean (Mrs. Merrill Morrell) of Calgary.

Dear sister of Glen Cole of Florida and Thelma McClure of Deep River.

Sadly missed by five grandchildren and five great grandchildren.

Predeceased by one daughter, Sandra and by brothers Gordon, Hilton, Clifford and Bill and by sisters Mabel, Corrine and Inez.

A memorial service was held at the Kingdom Hall of Jehovah Witness on April 4th, 1998.

The funeral arrangements were under the care and direction of the Wilson Funeral Home, 822 Pitt Street, Cornwall.

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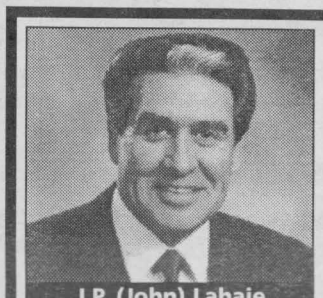
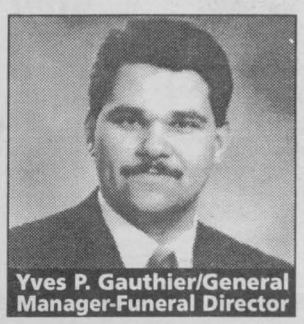


J.P. (John) Lahaie
Owner and Founder



Claudette R. Lahaie
Owner-Funeral Director



Yves P. Gauthier/General
Manager-Funeral Director

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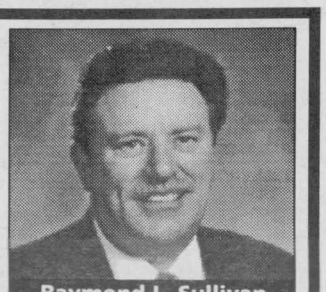
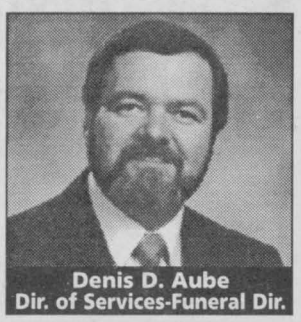


Raymond L. Sullivan
Owner-Funeral Director



Claudette M. Lee
Director of Admin.



Denis D. Aube
Dir. of Services-Funeral Dir.

Complementary Medicine is the Future of Health Care



Quest for Health
Dr. James Balch, MD
co-author of Prescription for Nutritional Healing

(NC)—As a physician and pioneer in the area of alternative/complementary medicine I am often disappointed by individuals who promote their form of health care as the only option. More and more we are beginning to recognize that for health care to survive that we must draw on all are as and modalities of healing and truly coin the next phase of medicine as "complementary care".

Most would agree that if one is in a serious car accident that you would seek the care of a medical doctor and possibly a surgeon, to reset bones and do surgery. This is where traditional medicine is succeeding with great leaps and bounds and as a physician and surgeon for 30 years I am proud of these advancements in acute care. However, where we have faltered as a profession is in the area of preventative medicine and chronic care. As a profession this is where we could all learn from the naturopaths, herbalists, and homeopaths about using some of their chosen modalities that are safe and effective and often free of side effects for many of these chronic, non-life threatening disorders.

No longer should we draw lines and commiserate amongst ourselves about the problems within our health care system, but instead take the time to inform ourselves about appropriate health care options for our own unique and personal health challenge and support it with all the complementary therapies that are appropriate. Knowledge is power and it's time we all band together as physicians and complementary care providers to provide as many appropriate options for you, the public. One such company that comes to mind that has been working towards this is Quest Vitamins, a division of Boehringer Ingelhiem a traditional pharmaceutical company that is leading the way into the next millennium of health care, providing preventive products in the form of vitamins, minerals and herbs as well as acute care respiratory products. Boehringer and Quest Vitamins exemplify the change that is taking place and companies like this and others need to be supported in order that we all achieve what we are looking for—optimum health for ourselves and our family.

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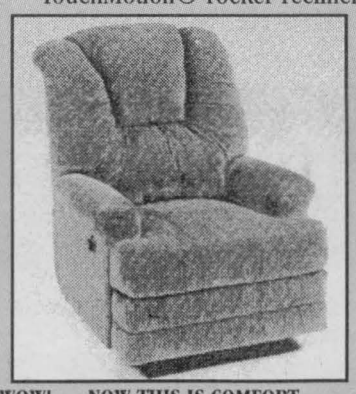

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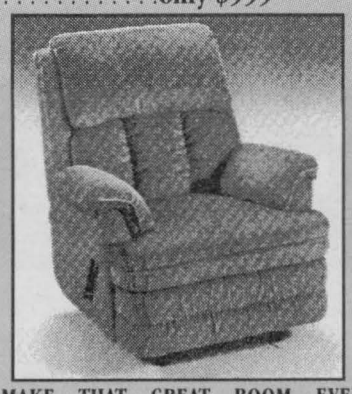

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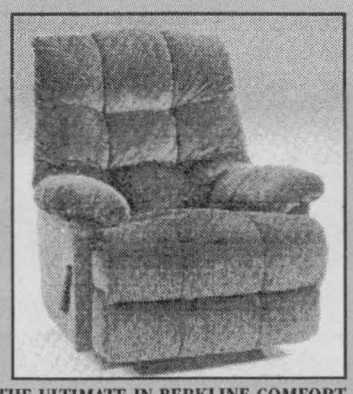

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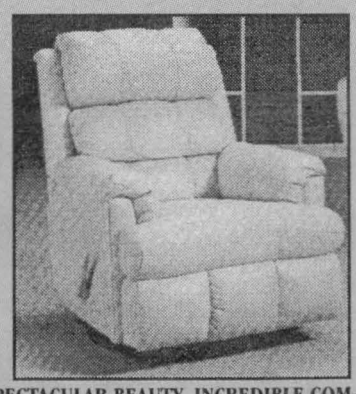

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