

"Know Your Antiques" new column Page 7



Spartans heating up for finish Page 8



Figure skaters at Brockville Page 9

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The Leader

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VOLUME 139 NO. 7 WEDNESDAY, FEBRUARY 12, 2003 MORRISBURG, ONTARIO

Health Minister impressed at Winchester Hospital

WINCHESTER – After a tour of Winchester District Memorial Hospital Tuesday, Health Minister Tony Clement is convinced that his government "will continue to jump through hoops to make sure the (Renewing the Vision) project stays on track."

Hospital administrator André Rodier spoke to the accomplishments of the hospital.

"We are all driven by the same common vision of providing the community with a high quality and expanding health care facility," he said. "We have taken concrete steps to make it happen."

Part of those steps include the Renewing the Vision Campaign to renovate and expand the hospital.

"The Hospital Foundation is responsible for taking the initiative to raise this community's share of the costs," said Rodier, reporting $11.5 million of the $15 million community goal has been raised, clearly demonstrating the high priority the community gives to the project.

Clement called the fund-raising effort impressive.

"There is always a community component, but I've never heard of having 90 percent of the money in one year," said Clement. "Having the local community so involved is encouraging."

Clement spoke to staff and hospital supporters telling them that having seen this hospital and its plans for the future "with my own eyes has given me an excellent understanding of the challenges of community hospitals."

He spoke of the goodwill, compassion, and accountability so important to a successful community hospital, and important to the province as a whole.

"Hospitals are built on goodwill and compassion, and have embraced accountability, to staff, patients, and the community, making them able to improve succeed and serve."

Clement offered congratulations on behalf of the Ernie Eves government to Winchester District Memorial Hospital on receiving highest possible marks on a recent patient satisfaction survey.

"You should be proud of the accomplishment," he said of the hospital being one of only three community hospitals in the province to receive the rating.

WDMH recently announced the hiring of an Obstetrician Gynecologist, a recruitment process that has taken two years.

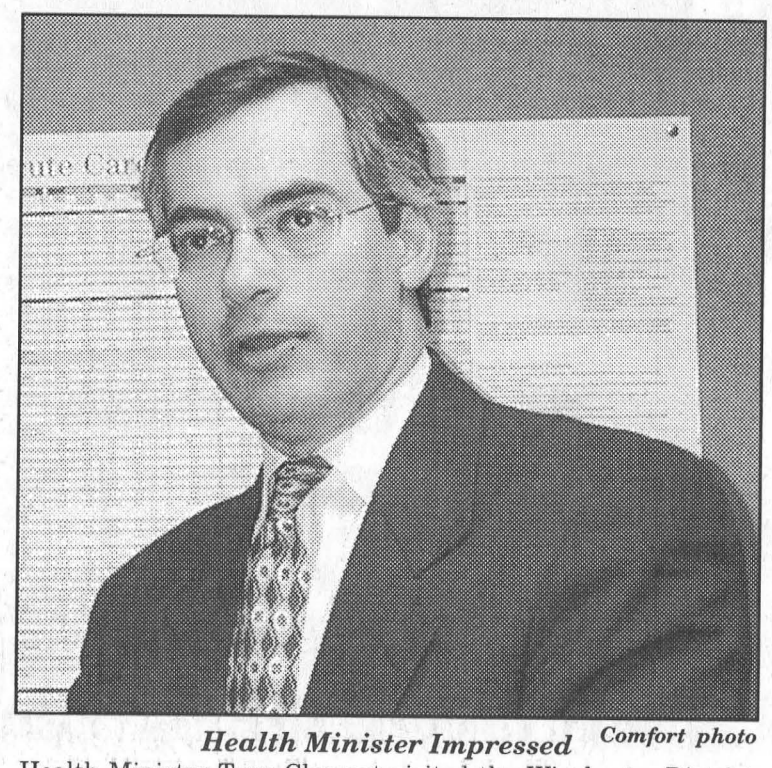
"It's a constant battle," he said of the difficulties of doctor shortages.

He explained that province wide the government has pursued policies with an aim to making a positive difference.

"For example, we are increasing the number of medical school places by 30 percent," he said. "We are also accelerating certification of foreign trained doctors."

During his hour-long visit, Clement was made aware of the proud history of the hospital, and the increasing health care needs of the over 156,000 residents served by the WDMH.

"I am here to look and learn. It's important to see with my own eyes what health care means to this community."



Comfort photo

Health Minister Impressed

Health Minister Tony Clement visited the Winchester District Memorial Hospital Tuesday. He spoke to staff and hospital supporters in the cafeteria, discussing health care issues and the important role of community hospitals. Clement was impressed with the progress of the Renewing the Vision Campaign, adding that the province will try to ensure that the project stays on track.



Comfort photo

They Have Landed

Aliens were sighted at Morrisburg Public School last week. Creatures from every planet gathered as part of a grade 6 science and art project. Students in Sarah Barclay Thomas' science class each chose and researched a planet. The challenge was to build a creature suited to the climate and terrain of that planet. Eleven-year-old, Tyler Stewart studied Mars, and built a Martian complete with "claws to climb the ice cliffs, a shovel to dig meteors that he eats, jets to move around, and suction cups on his feet to walk on the ice. His tail is the symbol of Mars, and the eyes on top of his head represent the two moons."

Farmers plan for emergency

WILLIAMSBURG–The Townships of South and North Dundas are organizing an emergency management workshop for the agricultural sector of Dundas County to be held at the McIntosh Inn in Morrisburg Thursday, February 13.

With the assistance of the Dundas Federation of Agriculture, members of Dundas County farm organizations are being invited to participate in the emergency management workshop from 10 a.m. until 3 p.m.

People attending will consider the types of disasters that could have an impact on their farm operations and what might be the resulting consequences.

"Farm operations have changed dramatically since the Second World War," says Bill Shearing, emergency management coordinator for the two townships. "The farm community's ability to be self reliant is hampered by the size of today's farms and the reliance on technology to increase productivity."

"The ice storm of 1998 showed what could happen in a major disaster," he says. "Changing weather patterns are increasing the threat of drought conditions in Ontario. A drought in our area would create major problems, not only on our farms, but with our agriculture related businesses."

The workshop will have the participants consider items that might be part of a farm emergency response plan. Representatives of Provincial ministries have been invited to assist in providing information on emergency management resources available to the agricultural sector.

Disasters caused by nature, technology and man are becoming more common. Today's farm operations can be affected by a number of possible hazards, and the impact of these hazards can have serious consequences on the social and economic well being of the farm community.

It is important that the agricultural sector follows the four pillars of emergency management – prevention, preparedness, response and recovery.

It is important especially when it is understood that emergency management in Canada is based on the principle that the initial responsibility rests with each individual not government. Public safety begins at home.

The upcoming emergency management public education workshop is an element of the community emergency management programs of the

— continued on page 2

Secondary teachers favour strike action

TORONTO– On Monday, February 3, 2003, secondary teachers voted overwhelmingly (92%) in favour of a strike in an effort to move negotiations forward and settle their contract with the Upper Canada District School Board.

Secondary teachers in Upper Canada have been without a collective agreement since September 1, 2001.

Three days of negotiations were scheduled for February 4, 5, and 6. No strike date has been set at this time.

"I think the strong strike mandate is an indication that teachers are frustrated that this is taking so long. They are anxious to resolve the outstanding issues and put negotiations behind them," said Carson Kilpatrick, President of the Teachers' Bargaining Unit of District 26 of the Ontario Secondary School Teachers' Federation.

"Now that the government has announced additional funding for this school year specifically for negotiations, we believe the school board is in a position to conclude negotiations and provide stability to the school system in Upper Canada," said Rhonda Kimberly-Young, Vice President of the Ontario Secondary School Teachers' Federation.

Winchester Hospital delivers obstetrician

WINCHESTER– For a little over two years the community has been patiently awaiting the arrival of the newest addition to the Winchester District Memorial Hospital family. February 17, 2003 is the date of the expected arrival.

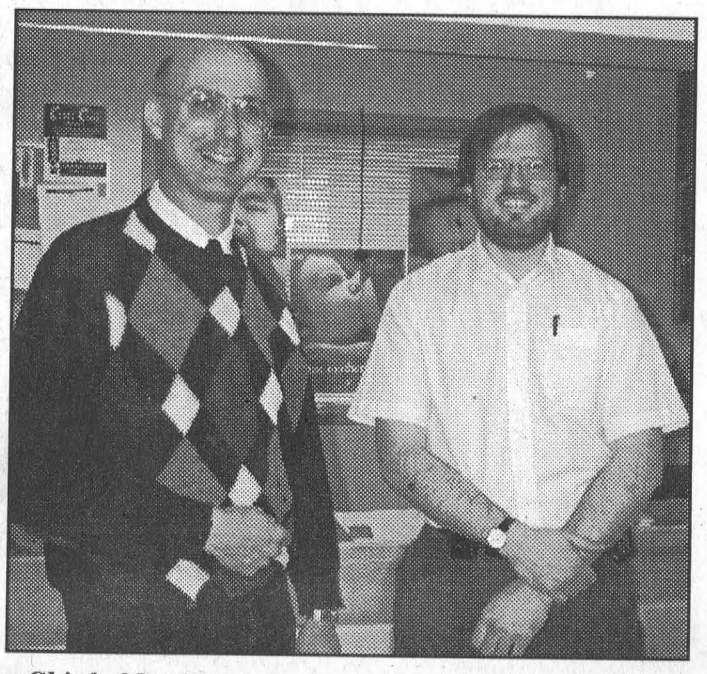
Winchester District Memorial Hospital administration is pleased to announce that Dr. Griffith (Griff) Jones is joining the staff in the capacity of Obstetrician Gynecologist.

Dr. Jones was born and raised in Montreal, Quebec. Upon completing high school, he moved to London, England where he did undergraduate and postgraduate studies in medicine, specializing in obstetrics and gynecology.

In 1998, Dr. Jones undertook a Fellowship at Ottawa General Hospital in maternal fetal medicine, i.e. working with high-risk pregnancies. Upon completion of his Fellowship, Dr. Jones returned to Leicester, England where he practiced medicine and served as a consultant with a teaching hospital in that community. Dr. Jones applied to practice medicine in Canada under the International Medical Graduates program.

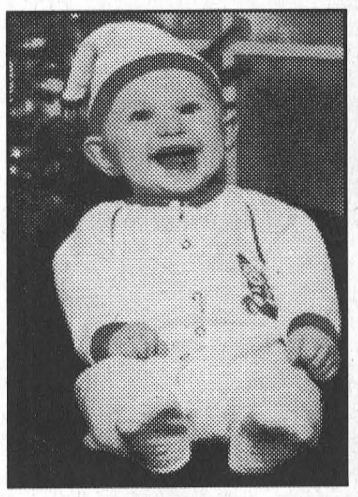
Since Dr. Rosenquist retired from obstetrical practice in December 2000 the hospital's board of directors has been seeking an obstetric specialist. By bringing Dr. Jones to WDMH the board is filling an important need and Dr. Jones' expertise in high-risk pregnancies is a further asset to the WDMH community.

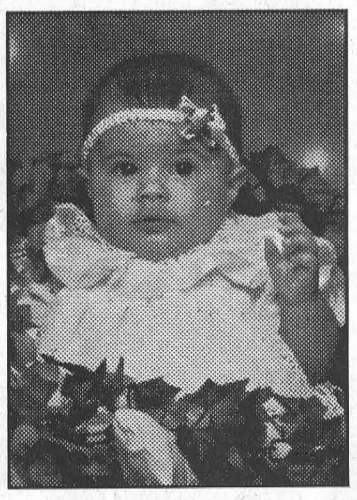
Patients will be able to contact Dr. Jones directly for obstetrical cases and by physician referral for gynecological cases. Dr. Jones will maintain his client office within the hospital.



Chief of Staff, Dr. Charles Adamson (left) welcomes Dr. Griffith Jones (right) to the staff at WDMH.

Happy 1st Birthdays





Scott Sooley
Feb. 13 /03
&
Harley Heustis
March 29 /03

With Love from Nanny Ferguson & Family

NDP party honours Trevor Tolley

MORRISBURG – Saturday night in Morrisburg local NDP party members and friends gathered at the McIntosh Inn to honour Trevor Tolley, a 25 year volunteer of the local Stormont Dundas and Charlottenburgh riding association.

Special guest speaker at the event was riding association youth president Adam Giambrone.

Tolley stepped downed as the NDP Stormont-Dundas-Charlottenburgh riding association president last year after serving two terms. Giambrone and riding association president presented Tolley with a certificate on behalf of provincial leader Howard Hampton.NDP leader Jack Layton announced on Tuesday, February 4 the new caucus responsibilities for the NDP team saying the new team's clear focus will create the real debate that Canadians deserve from their politics.

"Whether it is war, private hospitals or meeting Kyoto's requirements, the Liberals and Alliance simply agree," said Layton. "I believe Canadians deserve better from their politics–they deserve a debate again. And our new NDP team will be bold in our choices, creative in our approach and can't wait to get started."

A the press release issued last Tuesday says "the NDP team contains several new approaches, most notably the creation of five advocacy team.

Dixon's Corners Public School News Letter

DIXON'S CORNERS – We would like to thank all the community members who read during literacy week. It was a great success. Not only did the community contribute but the teachers also did a wonderful job.

Mr. Barkley's class created beautiful "big books" to read to the primary class.

Ms. Jordan's class wrote historical nonfiction stories. Many students are still writing chapters for their creation.

Ms. Nantais, Mrs. Duprau, Mrs. Beckstead and Mrs. Houseman made a cycle story. Each class would add a few pages to eventually create a master piece.

All the primary classes did a Robert Munsch study as well.

We would like to thank all the parent volunteers who helped during literacy week and are still helping at school.

Dixon's Corners will be contributing eight posters to the "Science On the Wall" for the science fair. Students will be bringing information home this week.

Happy Valentine's day to all our readers and supporters in the community!

Penny Levesque
Vice Principal

Lost Villages to meet

INGLESIDE – Monday, February 17 is "Heritage Day", and the Lost Villages Historical Society will hold its annual dinner meeting to celebrate the occasion.

President Jim Brownell and members of the society invite all members and friends to celebrate the rich history of Stormont, Dundas and Glengarry at this annual event, to be held at St. Matthew's Presbyterian Church in Ingleside.

A social hour kicks off the evening at 6 p.m., and dinner will be served at 6:30 p.m.

Dinner will be followed by a presentation from South Stormont mayor Jim Bancroft.

The public is cordially invited to attend, and reservations ($12 per person) may be made by contacting Rita Canough at 537-2388.

Farmers plan

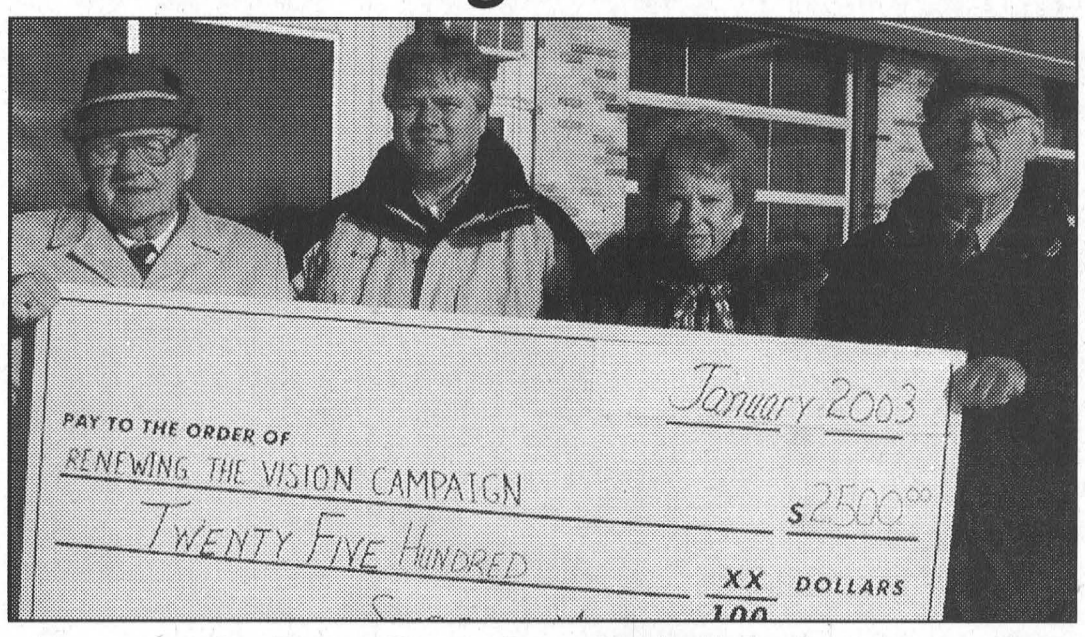
— continued from page 1

Townships of South and North Dundas, each of which has the common aim of protecting the social, economic and environmental well-being of the communities in the event of an emergency.

"With major transportation corridors (401, railways) and several high pressure natural gas lines located in Dundas, we need to be prepared," says Gordon Garlough a member of the Dundas County Federation of Agriculture in a press release.

Rural Dundas residents are invited to take part in the event. There is no registration fee and lunch will be served by the sponsors.

Renewing the Vision



Another Booster Shot for Renewing the Vision Campaign

Local campaign committee members for the Winchester and District Memorial Hospital's Renewing the Vision Campaign, Earl Baker, (left), Joan Farlinger and Mike McInnis (right) accept a cheque for $2,500 from David Cassell who said he and his wife Cindy were happy to be able to make the donation through their Strader Motor Sales business.

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$4,500	Net Annual Income	$7,267
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n/a	Increase over GIC Yield	61.49%

This chart has been prepared to help you understand how insured annuities work. The values shown here are illustrative only and are not a guarantee of the future. Figures as of Nov. 2002.

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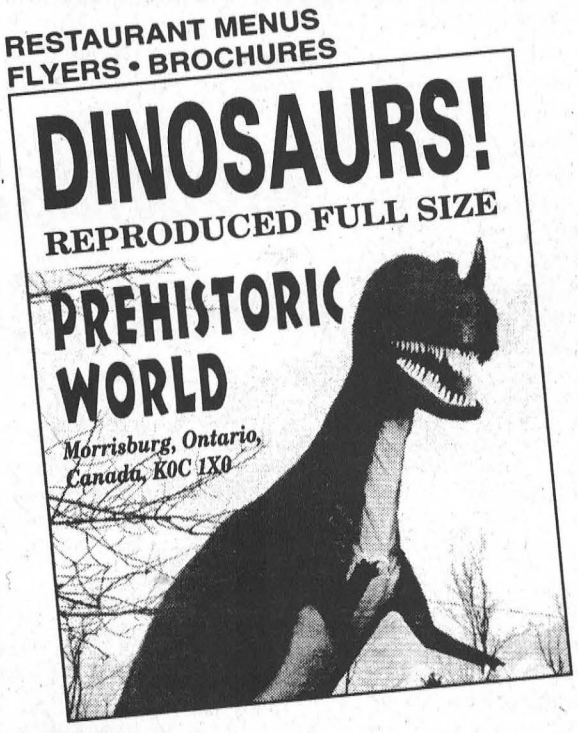

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Letter to the Editor

Heart and Stroke President's Message

Dear Editor,

Once again this year your newspaper provided an insert to help make your readers aware of the work the Heart and Stroke Foundation does, the successes that have been achieved, and the need for funding for continued research. I thank those involved for this service.

With bypass surgery and balloon angioplasty, many with heart disease have been helped, and exciting new advances are being made that will help others. These include working with genes to promote better health, and growing the patient's muscle and stem cells in a lab, then injecting them into the damaged area where they can replace dead heart cells.

Half of the strokes that occur are not due to smoking, heart disease or diabetes. Researchers are trying to discover the other causes, especially biological and genetic.

Further, a massive study being done at over 20 hospitals monitors and evaluates all stages of stroke treatment. Stroke is the leading cause of long-term disability and has a huge effect on a patient's family as well. Within a year, half of the primary caregivers develop an emotional illness. Fewer than half of the victims return to work, causing the family financial stress as well. In Canada, over four million dollars is the estimated annual cost of strokes.

During February, a neighbour will call on the public seeking a donation to assist in the research that the Heart and Stroke Foundation makes possible. I hope you will be able to help.

Thank you.

Steve Thompson,
President,
Dundas County Chapter
Ontario Heart and Stroke Foundation

Will "Bill" Smail

A resident of Brinston and lifetime of the area, Will "Bill" Smail passed away on Monday, February 3, at the Winchester Hospital. He was 82 years of age.

Born May 10, 1920, at Matilda Township, he was the son of the late Albert Smail and the former Annie Coons.

On May 20, 1949, he married Evelyn Rupert, at Lunenburg, who survives.

Bill was an honourary member of Friendly Brothers Masonic Lodge #143, Iroquois. Initially he was a member of the Williamsburg Masonic Lodge #480, but when the Williamsburg Lodge surrendered its charter, Bill transferred to Iroquois. He celebrated 50 years as a mason on June 17, 1998. Bill served as District Deputy Grand Master of Eastern District in 1960-1961. He was a shriner with the Karnac Temple in Cornwall for the past 26 years, and a member of the Royal Canadian Legion Branch #538 for the past 27 years.

Even though Bill was born and lived his entire life in Brinston, he had a wide circle of friends and acquaintances. He found it very easy to strike up conversation and this allowed him to make many friends during his lifetime.

During the years before Bill's stroke, he and Evelyn loved to go visiting, often for dinner, or a game of cards, or a snowmobile ride. If he and Evelyn were not at someone else's home, someone was visiting them. Following the births of their grandchildren, Bill and Evelyn enjoyed many trips to Ottawa and Edmonton to visit their family.

Along with his wife, Evelyn, he will be sadly missed by his children Gary (Judy) of Edmonton and Kathy (Tom) Manion of Nepean; by his grandchildren Robyn, Lesley, Shawn, and Andrew; as well as by many nieces and nephews.

He was predeceased by sisters Greta Reid and Jean Payne and brothers Orville, Harry and Dudley.

Friends called at the Marsden and McLaughlin Funeral Home, Williamsburg on Tuesday, February 4, from 2-4 and 7-9 p.m. A Legion service was held on Tuesday at 6:30 p.m., and a Masonic service was held at 8:45 p.m. The funeral service was held at Brinston United Church, on Wednesday, February 5, at 11 a.m., with Rev. Yvonne Willis officiating.

A spring interment will be held at Sprucehaven Cemetery, Brinston.

Pallbearers were Lorne Strader, George Tibben, John Zandbergen, Bert Smail, Ron Smail, and Tom Burns. Honourary pallbearers were Graham Garlough, John MacIntosh, Dwain Hess, Bill Zandbergen, Raymond Smail and Bill Smith.

Donations to the Brinston United Church or Winchester Hospital would be appreciated by the family.

Melvin McIntosh

A resident of RR2 Ingleside and lifetime of the area, Melvin McIntosh passed away at Ottawa General Hospital on Friday, February 7. He was 72 years of age.

Born February 20, 1930, at Williamsburg Township, he was the son of the late Earl McIntosh and the former Ada Williams.

On June 14, 1952, he married Anna McPhee at St. David's Church, Wales, who survives.

Melvin enjoyed visiting with family and his many friends throughout the area. He was a carpenter and a farmer.

Along with his wife, Anna, he will be sadly missed by his daughter Shirley Richer (Robert Schanck) of Lachine, Quebec, by a son George at home; by his brothers and sisters-in-law Donald (Audrey) McPhee of Winchester, Clinton McPhee of Iroquois, Doreen Williams of Ingleside, Lloyd McPhee of St. Catharines, Dorothy (Charles) Pitcher of RR2 Ingleside, and Rena (Ritchie) Warren of RR2 Ingleside; as well as by many nieces and nephews.

Friends called at the Marsden and McLaughlin Funeral Home, Williamsburg, on Sunday, February 9, from 2-4 and 7-9 p.m. The funeral service was held at the funeral home on Monday, February 10, at 11 a.m., with Rev. Sandy Macpherson officiating.

Interment will be at Pleasant Valley Cemetery.

Donations to the Lung Association or the Ottawa Regional Cancer Center would be appreciated by the family.

Seaway Singers offering music camp scholarship

MORRISBURG–Once again, the Seaway Valley Singers are pleased to announce that they will be offering a Junior Summer Camp Scholarship in the amount of $400. Stephanie Cochrane, a student of Iroquois Public School, was the lucky recipient of last year's scholarship.

Stephanie attended a five-day music camp sponsored by "Choirs Ontario" in Bolton. The campers ranged in age from junior 9-12, to teens 12-18. The camp curriculum included a variety of activities, but its main focus was daily rehearsal and a final concert presentation.

If you or a family member are interested in applying for the SVS music camp scholarship, you simply need to fill out an application, and provide registration information - details concerning the camp name, location, and schedule.

The camp scholarship is available to any child between the ages of 8 and 18, interested in attending a one-week summer camp with a music (vocal or instrumental) focus.

George Davies, the SVS president can be contacted at 613-543-3336 for an application form and additional information.

The choir is just beginning rehearsals for their spring concert, and it will be a special one since it will officially mark their 10th anniversary! New members are always welcome. Rehearsals take place every Wednesday at 7:30 p.m. sharp, in Lakeshore Drive United Church in Morrisburg.

Break and Enter

SOUTH DUNDAS–On Feb. 8, 2003 police were called to the scene of a residential break and enter, which had occurred at a South Dundas Township home.

During the evening an entry into the Safford Road residence resulted in the theft of jewellery, home entertainment items and alcohol.

Const. A. Burtch is investigating this incident.

Vehicle Recovered

SOUTH DUNDAS–Shortly before midnight on Feb. 9, 2003 police were called to the scene of a motor vehicle collision, which had occurred on Highway 401 near the Morrisburg exit.

On arrival police located an abandoned 1995 Chrysler Neon at the scene.

Further investigation revealed the vehicle to have been stolen from the City of Ottawa.

The OPP canine team were called to assist in the investigating officers in locating the involved person who had fled the scene.

No arrests have been made in connection with this incident and the investigation by Const. S. Lamarche is continuing.

Traffic Update

DUNDAS COUNTY – In the past week, police were called to investigate 29 motor vehicle collisions in Dundas County.

Other investigations resulted in the issuance of two 12-hour driver's licence suspensions and two charges under the Liquor Licence Act.

No arrests were made in connection with alcohol related drinking and driving offences.

The Leader welcomes all Letters to the Editor of local interest. Letters must be brief, signed by the writer and include the writer's phone number. We reserve the right to edit, condense or reject any submission.



Congratulations

We, the Bjergso family, would like to congratulate Karen on her recent award of the Queen Elizabeth II Commemorative Golden Jubilee Medal for her charitable works. Also on receiving her R.C.M.P. 20 year service pin.



MORRISBURG–While the feeders are still empty of visits from finches and red polls, with the exception of the American yellow finches, there was sure a huge flock of sparrows in for snacks on the weekend.

In fact the surrounding hedges were full of sparrows and their songs could be heard indoors even with all the windows locked up tight against Saturday's wind.

Speaking of indoors, Ivan and Alice McNairn at Morrisburg's east end report a visit from a European Starling. Their visitor flew throughout the house, until it finally found the open door to return to the great outdoors.

Alice warns that when you slip out to pick up the paper, even for a brief second, it is maybe best to close the door behind you.

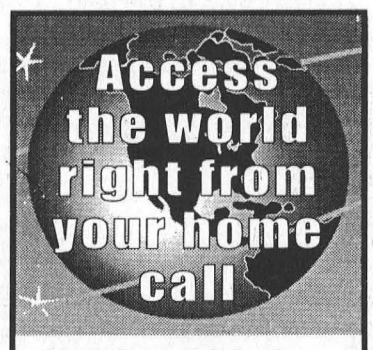
No calls of robin sightings this week, but we figure the robins have retreated back to the bushes and the protection they offer.

We've also noted how smart the local flock of pigeons has become. The cold days sees them at the back of the Morrisburg Shopping plaza where they perch for extra warmth along the hydro wires running to the stores.

We've been noticing the house plants are unusually thirsty. Must be because the house is so dry at this time of year. We've even given those who like it a misting as we find it helps keep the spider mites at bay.

Seed catalogues are the order of the day as everyone looks forward to and dreams of the not so far off planting season.

Keep those calls coming. All tips, sightings and information are welcome. Call Bonnie or Rebecca at 543-3611 or fax us at 543-3643.



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2002 **Century** (6 to choose) beige, charcoal, silver, maroon & white, all fully equipped, power seat & more, from 7,900-28,600 kms. **Sale Priced from $19,195.**
2002 **Intrigue** (7 to choose) maroon, silver, teal, dark blue & white, all fully equipped including power seat, fold down back seat & more, 18,000-28,500 kms. **Sale Priced from $17,895.**
2002 **Grand Prix SE & GT** (4 to choose) fully equipped, buckets, power seat, CDs & more, 17,000-30,000 kms. **Sale priced from $18,395.**
2002 **Alero GL,** (3 to choose) 4 dr., green, red & silver, V6, auto., air, power seat, fully equipped, 19,000-26,600 kms. **Sale Priced from $17,595.**
2002 **Cavalier VLX** (8 to choose), 4 dr., red & sandrift, well equipped, 15,000 & 38,000 kms. **Sale Priced from $13,695.**
2002 **Grand Am,** 4 dr. (3 to choose), maroon, teal & green, V6, auto., air, fully equipped, 29,000 & 34,500 kms. **Sale Priced from $17,495.**
2002 **Cavalier,** 2 dr., silver, auto., air, CD, well equipped, 28,000 kms. **Sale Priced $14,395.** SOLD
2002 **Impala,** (4 to choose) silver, white, green & bronzemist, fully equipped, custom trim, power seat & more, 19,000 to 31,000 kms. **Sale Priced from $19,200.**
2002 **Malibu,** (3 to choose) 4 dr., V6, auto., air, p.w., p.d.l., tilt, cruise, CD, alum. wheels, rear spoiler & more, 17,000-24,000 kms. **Sale Priced from $16,895.**
2001 **Malibu,** white, aluminum wheels, rear spoiler, fully equipped, 41,000 kms. **Sale Priced $13,195.**
2001 **Impala,** sandrift, deluxe interior, dual power seats, 3.8V6, aluminum wheels, fully equipped, 40,000 kms. **Sale Priced $20,800.**
2001 **Malibu,** bronzemist, well equipped, V6, auto., air, p.w., p.d.l., tilt & cruise, rear spoiler& more, only 16,000 kms. **Sale Priced $17,900.** SOLD
2001 **Malibu,** beige, fully equipped, 41,500 kms. **Sale Priced $13,695.**
2001 **Intrigue GX,** bronzemist, fully equipped, 33,000 kms. **Sale Priced $16,695.**
2001 **Malibu LS,** silver, fully equipped, leather interior, power sunroof, only 6000 kms. **Sale Priced $18,700.**
2001 **Impala,** dk. blue, fully equipped, power seat, custom trim, 39,000 kms. **Sale Priced $18,995** SOLD
2001 **Regal LS,** silver, fully equipped, 3.8V6, alum. wheels & more, 33,200 kms. **Sale Priced $19,995** SOLD
2001 **Grand Am SE,** white, V6, auto, air, fully equipped, 12,500 km. **Sale Priced $18,995** SOLD
2001 **Aurora,** black, 4.0L V-8, fully equipped, 22,000 kms. **Sale Priced $32,300.**
2001 **Alero GL,** 4 dr., bronzemist, V6, auto., air, power seats, alum. wheels, rear spoiler, fully equipped, 35,000 kms. **Sale Priced $15,995.**
2000 **Sunfire,** 2 dr., black, auto., air, CD, rear spoiler & more, 43,500 kms. **Sale Priced $11,295.**
2000 **Cavalier,** 4 dr., sandrift, auto., air, cassette, tilt & cruise, keyless entry, rear spoiler & more, only 29,000 kms. **Sale Priced $11,995.**
2000 **Impala,** maroon, fully equipped, custom trim, power seat & more, 45,000 kms. **Sale Priced $17,995.** SOLD
2000 **Grand Prix GT,** 4 dr., silver, fully equipped, cloth buckets, power sunroof, chrome wheels & more, 61,700 kms. **Sale Priced $19,495.**
2000 **Intrigue GX,** 4 dr., fully equipped, rear spoiler, remote start & more, 55,600 kms. **Sale Priced $14,995.**
2000 **Lesabre Custom,** lt. blue, fully equipped, cloth interior, 44, 300 kms. **Sale Priced $20,995.**
1999 **Sunfire,** 4 dr., green, 4 cyl., auto., tilt & cruise, cassette & rear spoiler, only 33,000 kms. **Sale Priced $9,900.** SOLD
1999 **Intrigue GL,** bronzemist, 3.8 V6, fully equipped, tempmatic air, power seat, new tires, 69,000 kms. **Sale Priced $14,995.**
1995 **Grand Am SE,** 4 dr., teal, V6, auto., air, tilt & cruise, rear spoiler & more, 92,000 kms. **Sale Priced $7,295.** SOLD

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2002 **Chev Silverado LT Ext. Cab 4x4,** 4 dr., blue, 5.3 V8, leather interior, "ON" STAR, fully equipped, only 14,000 kms. **Sale Priced $38,500.**
2002 **Jimmy 4x4,** 4 dr., dk blue, well equipped, 38,700 kms. **Sale Priced $26,600.**
2002 **Montana Ext.,** sandrift & grey, quad captain's seats, front & rear air, well equipped, 28,500 kms. **Sale Priced $24,200.**
2002 **Buick Rendezvous** (2 to choose), blue & white, fully equipped, 22,000 kms. **Sale Priced $25,495.**
2001 **Chev Silverado LS Ext. Cab 4x4,** grey, 5.3V8, bucket seats, fully equipped, 48,500 kms. **Sale Priced $28,900.** SOLD
2001 **Tracker LXT 4x4,** 4 dr., red, auto., air, p.w., p.d.l., tilt & cruise, well equipped, 51,000 kms. **Sale Priced $17,995.**
2001 **Venture Ext.** 4 dr., fully equipped, front & rear air, 41,000 kms. **Sale Priced $20,495.**
2001 **Chevy Pickup Stepside, Short Box,** black, V6, auto., air, 5 speed, trailer pkg. & more, 20,000 kms. **Sale Priced $18,495.**
2001 **Safari SLT,** 2 tone bronze, AWD, power seat, quad captain's chairs, front & rear air, fully equipped, 40,000 kms. **Sale Priced $25,495.** SOLD
2000 **Venture LT Ext.,** 4 dr., maroon, fully equipped, power seat, power side sliding door, front & rear air, quad captain's seats & much more, 53,500 kms. **Sale Priced $20,800.** SOLD
1999 **Silhouette GLS Ext.,** dk. teal, fully equipped, quad captain leather seats, 82,000 kms. **Sale priced $18,495.**

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Memories of the Big Scoop

Recently we ran a story and picture of the maquette for the old Morrisburg Dairy mural which is sponsored by the Pinkus family and which will go up on the east wall of the Pinkus Plaza sometime this spring.

The mural, painted by Ross and Anne Gervais of Hallville, features Hank and Les Presley as they scoop those monstrous ice cream cones of days gone by.

And what memories it brings back of the weekly Sunday afternoon family drives that inevitably ended at the Morrisburg Dairy for a double scoop cone.

For some of us the memories go even deeper, in fact they go elbow deep into those Morrisburg Dairy buckets of ice cream. For, you see, we were one of many students who, over the years, found summer employment at the local dairy.

Our memories are of Sunday afternoons, with nothing but a sea of faces on the other side of the counter, (and it was a very long counter) as we scooped cones, nonstop, and we mean nonstop, from 12:30 until 5 p.m. We had three freezers, each holding five or more flavors and each packed with four containers of those flavours. At the far west end of the counter we made milkshakes, sundaes and banana splits.

When we first started work, the pay was $1 an hour and cones cost 10 cents a scoop. We remember when the price went up to 15 cents for one scoop and 10 cents more for the second. Milkshakes, and not ones like today that you can't suck through a straw, sold for 25 cents. We also didn't have the luxury of scooping one cone at a time and handing it off to the customer. No sir. We were holding a bouquet of cones in our hand, and thought it a big breakthrough when we were able to hold seven in our mitt at one time. Incidentally, we were never able to catch Inez Gurnhill or Mary Disotell who were topping it at nine.

And don't think we didn't build scooping muscles and develop ice cream rashes. All was well as long as we didn't run out of the ice cream in the freezers that kept it the right temperature for scooping. Oh, and the best part of the job was of course eating the product. *BMc*



Morrisburg Seniors Eight-ender, Feb. 27th, 1985
Left to right: Arnold Shaver, second; Jim Bain, third; Mac Currie, skip; Ed Foster, lead.

Seen 'n Heard Around the Town

Around the Town a couple of weeks ago, we heard a rumour that the Chungs had sold their restaurant, Lee's Tavern Dining Lounge, and are planning a move to Toronto. Just recently Mei Chung heard the same rumour. She wondered how these kind of rumours get started, as she says there is no truth in this one at all.

•••

For your enjoyment, The Leader is introducing another new column this week, "Know Your Antiques". The weekly column is being provided by Richard Herrington of Cornwall, a certified appraiser who has 25 years of buying and collecting antiques experience. Richard received his appraisal diploma from Asheford Institute of Antiques in Toronto on May 6, 2002. Since graduation, he has been busy setting up his business Herrington's Antique Appraisals. Who knows, maybe thanks to Richard's column you'll find that old dish sitting in your basement is an antique worth taking care of. If there is a particular topic you would like Richard to cover, you can call him at 938-2182 or e-mail him at rickherrington@hotmail.com

The Winchester Hospital Renewing the Vision Campaign has received another big boost thanks to a donation from the members who participate in the annual Merkley Reunion. Reunion members have announced a $525 donation to the campaign.

•••

On Sunday, February 23 the St. Mary and St. Cecilia Schools are hosting a Pancake Breakfast from 10 a.m. - 1 p.m. at the Morrisburg Legion. Members of the community are invited to come out and treat themselves and their families to some hot pancakes.

•••

Got some family heirlooms at home, that perhaps should be receiving some special care? If that's the case you should mark February 22 on your calendar as a reminder to head down to the old Morrisburg High School for a workshop being hosted by the Morrisburg and District Historical Society. The workshop will feature local archival technician Susan Peters and will enable local residents to learn about the basic care of family heirlooms such as photographs, Christening and wedding dresses, books, newspapers, documents and other items. Preregistration is required by calling Susan Peters at 543-2830. The cost is $10.

The Leader Blast from the Past

Compiled from The Leader's files

1993

Les Cruickshank, owner of the Lockewood Heights subdivision requested a zoning amendment that would permit semidetached housing, or two units in one building with a common wall, as well as single family dwellings. It was expected that of the first 35 units for sale, on the property just off Highway 31 north of Morrisburg, 12 would be semidetached.

Gary McInnis had moved his new business Gary's Automotive from north of Glen Becker to the Notman building on Highway 2 west.

The Seaway High rink of Jon Ball, Spencer Cooper, Jeff Casselman and Joshua Adams won the Regional Schoolboy championship and would advance to the Provincial championship later in February.

With still a few games to go the Morrisburg Junior B Lions had wrapped up the St. Lawrence division championship.

Suzanne Robertson and Vito Traversa had purchased and were now in the process of renovating the new Skyways 750 truck stop, formerly the Exxon Gas Station on Highway 31, just north of the 401.

1983

The February 9 issue reported that the Ministry of Municipal Affairs and Housing told Morrisburg municipal council that it did not agree with plans from a local developer to establish an 80 unit subdivision. An amendment was proposed that would allow developer Paul Hill to substitute septic tanks for the required sanitary sewer system. The proposal had come about because the extension of the Morrisburg sewer system for Hill's proposed site north of Highway 2 was beyond the financial capability of the municipality.

Morrisburg reeve Bill Dillabough petitioned council to forward a letter to Cornwall Cablevision requesting the company take a serious look at providing cable TV in Morrisburg.

Work was under way at Upper Canada Village to transplant and restore a grist mill. The project was under the direction of Chris Porter who was curator of Industry and Commerce at the village. The project began in 1978 and called for an opening in June of 1984. The mill was relocated from North Augusta where it was owned by Dr. Charles Danby of Kingston. The exact age of the mill was not known, but it predated 1877. Prior to the demolition students working on the project had labelled all timbers, corner stones and important portions of the various materials that would be affected in the move. Demolition took three months and thousands of piece were trucked to Upper Canada Village where the rebuilding began in October.

The chances of making a last minute advance in the Alex English Jr. B division standings were eliminated when the Lions lost three consecutive games.

1973

The February 9 issue reported that the Bernard Brunt rink had eliminated entries from Winchester, Prescott and Brockville at Gananoque and then had advanced to defeat the Ottawa District winners to capture the Ontario Curling Association Colts Division Championship in Lancaster. On Bernie's team were Allen Brunt, Hal Eamon and Danny Cassell.

The Morrisburg girls, resplendent in their new blue and gold sweaters donated by the Morrisburg Ladies Auxiliary of the Legion, edged Iroquois 2-1 in local broomball action. Rosie Casselman scored the two Morrisburg goals and Diane Hutt answered for Iroquois.

Chuck Irvine scored a hat trick to lead the Morrisburg Lions to an 8-5 win over the Prescott Saints. The Lions were in first place in the South Division with 41 points. Prescott was second with 34 points. Michael Bourgeois of Embrun led the scoring race with 63 points. Brian McNairn and Gary Hess of the Lions were next with 53 and 51 points respectively.

Hockey fans were delighted to note that the Montreal Canadiens opened the scoring in Los Angeles on a goal by Larry Robinson. For Larry, it was his first goal since moving up to the NHL. It was thought the day February 3, 1973 and the time 13:27 of the first period would not likely soon be forgotten by the former Metcalfe Jet star.

Parker and Betty Locke of Williamsburg announced the marriage of their daughter Wendy to James Arthur Casselman son of Mr. and Mrs. Arthur Casselman.

1963

Pictured on the front page of the February 8 issue was Arnold "Red" Lawlor, son of Mr. and Mrs. Arnold Lawlor of Morrisburg. Red was a member of the Clarkson Tech hockey team which had an impressive 11 win-three loss record.

The Morrisburg Midgets were well on their way to winning the league championship with four wins and one tie against Prescott, 2-2. The tie was a come from behind effort, and Steve Casselman scored both goals. In the last six games played goaltender Joe Billings had posted five shutouts.

Also pictured on the front page was the rink of Hulda Hummell, Elaine Van Allen, Marjorie Johnston and Betty Hess who had scored the first eight ender in the history of the Morrisburg ladies curling club.

At the annual banquet of the Williamsburg Senior Softball club, Rae Casselman, coach of the Pioneers was presented the F.M. Cass Trophy for the team EOSSA league championship. Gord MacMillan was named the Pioneers most valuable player.

1953

The issue reported Donald Kyle was acclaimed Deputy-Reeve of Williamsburg Township, succeeding Keith Schell who had resigned.

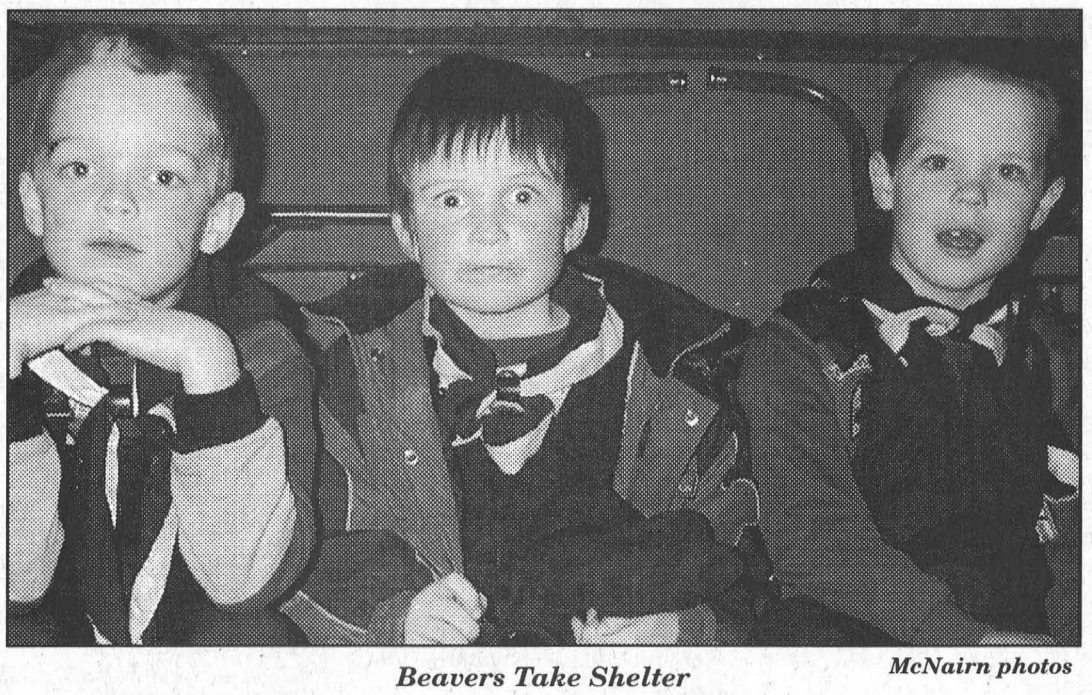
A letter to the editor from former councillor A.M. Jarvis complained about a number of items in town. "We pay over $3,000 for a town cop, such as it is. When you want him, he's in Florida or some place else. We have a town foreman, a retired farmer as a non-experienced snow plough driver tearing up concrete bases, and lawn and sod that people work hard at to look nice.

1943

The February 12 issue reported the local junior hockey team was striding along in a freewheeling fashion with a couple of lopsided victories over Winchester 11-1 and Inkerman 13-3. Gerry Crober scored seven goals in the two games, Junior Cassell connected for six and Tommy Tindal added four.

The Harry V. Redden Coal Company announced the arrival of a load of Ambricoal which was selling for $14.50 per ton.

Residents of the area were urged to swing and sway, Burton Heward's Way, at the Iroquois Town Hall on February 19. Modern and old-time dancing was to start at 9 p.m. and admission was 40 cents.



Beavers Take Shelter ***McNairn photos***

Beavers representing 14 area colonies were at the old High School in Morrisburg Saturday to participate in the Upper St. Lawrence Valley Area Winter Fun Day complete with skiing, dog sledding, snow shoeing, tug of war and indoor crafts. Organized by the Morrisburg colony and sponsored by the Morrisburg Legion and the Morrisburg and District Lions Club the day's activities were opened by South Dundas mayor Johnny Whitteker who provided each participant with a South Dundas Township pin. Also on hand was District Commissioner Maurice Renaud who stressed a Safe Day, and Paul Gunther, the 1st Morrisburg group chairman, welcomed and thanked everyone for supporting the event. He insisted each person "Have Fun". Carol Hart, Morrisburg's senior Beaver leader, who organized and directed the event single handedly, started the day's activities. Close to 25 volunteer helpers were thanked, along with Morrisburg Public School principal Jack Barkley who provided the use of the school's washrooms. Several local merchants, Harland Veinotte Trucking and Hartley's Sport Shop all gave generously to make the event a success. The Winter Fun Day provides badge opportunities and each Beaver receives a participation badge for a Commissioner's Event. Unfortunately, the day's activities had to be cut short due to Saturday's high wind, but Hart pointed out the Scouting Hall in the Old High School saved the day. The local Beaver colony includes 12 Beavers and Keeo (second year Cub) Simon Nolan. In the above photo, three Beavers take cover in the Scout Hall where all got together for songs to end the day.

Brockville Presbyterial Women's Missionary Society meets here

MORRISBURG– "Remember! Rejoice! Respond!" This was the theme for the Annual Meeting of the Brockville Presbyterial Women's Missionary Society held recently at Knox Presbyterian Church, Morrisburg. President Margaret Reynolds, conducted the meeting.

Devotions, on the theme "Remember who we are," were prepared and delivered by Debra Ann McBride. She encouraged us to rejoice in what God has given us and to trust that He will lead us safely through the new year remembering always, that the source of joy is the Lord!

Four Bible Study groups, led by Mary Moorhead, Ruth Kirkwood, Lois Beaton and Judy Messenger, examined Biblical passages which supported our theme for the day.

Synodical president, Sheila Paterson, brought greetings from this group and announced that the 2003 Synodical meeting will be held in Montreal in April. Four delegates and two alternates from the Brockville Presbyterial were named to attend this April meeting and Debra Ann McBride was named to attend Council to be held at Crieff Hill's from May 4-7. In her report of the last Council meeting, Margaret Reynolds reported that "Making Connections - India," will be the study for 2003-2004.

The annual report was presented and adopted and it was agreed that again this year, a donation be made to Gracefield Camp and that Easter cards be sent to past members who are no longer able to attend meetings.

After enjoying a delicious lunch provided by the Morrisburg ladies, Presbyterial members were encouraged to look at the book table which had been set up by literature secretary, Catherine Blatch. Books for personal reading or to help with auxiliary meetings could be ordered, purchased or borrowed. Catherine, during her morning literature report, urged us to show a video outlining the work of the WMS, to our congregations. She also introduced two books, "Gifts and Graces," that tell about the lives of many Presbyterian women.

The afternoon speaker was Glen MacMillan from Cornwall. He is the vice-chairman of Habitat for Humanity Seaway Valley, a locally run affiliate of Habitat for Humanity International.

It is a nonprofit, ecumenical Christian housing organization helping to provide low income, working families with affordable homes. The houses are sold to those in need at no profit and with no interest charged.

Volunteers provide most of the labour, and individual and corporate donors provide money and materials to build Habitat houses. Partner families themselves invest hundreds of dollars of labour - "sweat equity" - into building their own homes and the homes of others.

Their mortgage payments go into a revolving Fund for Humanity that is used to build more homes.

In Cornwall, Habitat runs a ReStore to which Home Depot donated damaged items. These new items are recycled or repaired and the public can purchase many restored products at greatly reduced prices. All of the proceeds from the sales go towards building new homes.

Mr. MacMillan was thanked and given a donation for the work of his organization.

Donna Wilson conducted an In Memoriam service for four members who had passed away during the last year. Following this, Henny Donkersteeg gave the nominating committee report and the Officers for the coming year were installed by the Rev. Darren May.

The president gave the courtesies for the day and announced that the next Presbyterial meeting will be held in Lansdowne on March 27, 2003.

Life In The Marketplace

Rev. Jean Udall
M.Div., B.Th.
Lakeshore Drive Church

Perspectives



Rev. Jean Udall

There was a man feeling poorly, so he went to the clinic for a complete checkup. When it was all over, his wife asked what the doctors had decided was the problem.

The man replied, "They wouldn't tell me a thing but I heard one of them say they'd find out for sure at the **autopsy!**"

Not all news is good news! As Rabbi Harold Kushner says: Bad things do happen to good people. Sooner or later, every heart gets broken. And even the youngest among us know what **big hurts** feel like!

For Christians, the **Book of Job** is probably our best reference for 'worst life' scenarios! Job lost everything – his wealth, his wife, his health, and every last one of his ten children.

And so, he cries out, "My days come to an end without hope. My life is like the wind. I'll never see happiness again!' **What's a person to do with losses like that?** What are we to do with hurts that break our hearts – **especially hurts we didn't earn?**

Well, if you've been there, done that - you've probably gotten angry, maybe even at God. In the face of immense tragedy we cry to God, "I did my part. I went to church, played by the rules, kept my "insurance policy" with You paid up in full!

"How could You let me down like this?" There's a childish side to human nature that makes us think we can manipulate God and curry favour with little bribes, like pious prayers, happy hymns, and well-scrubbed faces.

And, too often, when the inevitable happens, and bad times come, many will get so angry at God that they walk away - from God, from the church, from everything they once thought to be good and right and beautiful.

And the **anger** poisons our life and kills our love! A tough 'pay-off' for being disappointed simply because we couldn't buy good luck from God. **So how ARE we to respond to the hurts and losses that stab our hearts?**

How about by receiving them without fear, naming them with eyes wide open, taking them in, not running away. Know that pain is a part of life and **walk through it with God!**

God never promised that we would be insulated from pain. Nowhere in our Christian beliefs do we say God promises us a rose garden. We are no more immune to pain than the atheist.

But God HAS promised to walk with us, sharing the power and courage needed to live this life with compassion, grace, and love. **God's promise** to those daring enough to trust – even in the bad times – is that God will give us power to do what we need to do.

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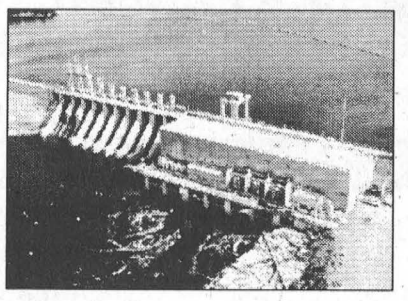

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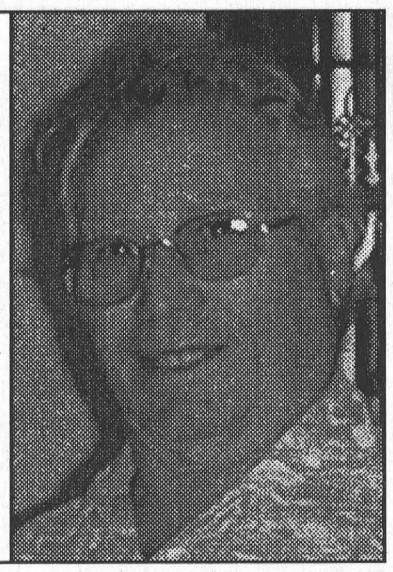

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EXTENDED BUSINESS HOURS

February is Heart & Stroke Month

Local doctor presents "heart" scenario

Submitted by
Graham A. Jacques M.D.

MORRISBURG– STAT! CODE BLUE! ICU!...The PA system blared as the nurses hustled me out of the room. My head whirled.

I'd seen him just a couple of days ago, and he looked great! But this morning they called from the hospital to say he'd been admitted with chest pain. I came right up, and he did not look well–pasty, grey and very weak.

The doctor said he'd had a heart attack, a big one, and it didn't look good. I went in to see him, and he looked awful. I asked him how he felt, and he whispered weakly "great".

He looked so small on the pillow, and had all these tubes attached to him. I felt so scared. Then he looked even paler, collapsed back on the pillow, and I heard some loud beeping from the nursing station as a nurse rushed over, looked at him and yelled "STAT!".

I was quickly led away down the hall as the resuscitation team came running. I waited and waited, then a nurse came in, and I knew right away, from the look on her face that it wasn't good.

She squeezed my hand and said, "The doctor will be right in." In a minute the doctor came in. I vaguely knew him. He worked with my doctor. He looked a bit haggard and worn.

"I'm so sorry Mrs. Smith, but we couldn't save your father. He'd had a pretty big heart attack, and unfortunately, his heart was in pretty bad shape. He wasn't all that old, either, was he?"

No, he wasn't, but he wasn't one to look after himself either.

"Mrs. Smith, why don't you make an appointment with your own doctor? I think she'd like to talk to you about your own risk for heart disease. Just call our main office tomorrow morning and book an appointment. I'll tell her what happened. Once again, I'm so sorry about your father."

"Hello, Mrs. Smith. I'm so sorry to hear about your father. I talked with my colleague about what happened. Apparently, there wasn't much anyone could do."

"It was all so fast, doctor, that I'm still not sure what happened."

"Well, you probably know that he had a massive heart attack. Then he had a cardiac arrest, and unfortunately, he couldn't be resuscitated. He was fairly young too."

"Yes, he wasn't yet 60, but he really didn't care for himself. We all miss him so dreadfully."

"I'm sure you do. He was a very active man in the community, one of the best fund-raisers around. He really didn't know how to say "no" did he?"

"That's it. He never took the time to look after himself. He just looked after everybody else."

"Yes. And you take after your father, don't you?"

"Well I guess I did miss my last physical, but I had a board meeting to prepare for. I know, I'll try to do better!"

"Why don't we just take a look at your risk factors. Fortunately, though you missed the medical, you did get in for the lab work. We know you have at least one risk factor, your father. Now, what about your mother?"

"She's pretty healthy to the best of my knowledge, although like me, she's overweight. Her mother died at 75 of a stroke."

"Okay. Any brothers or sister with health problems?"

"Well I do have a brother who has high cholesterol, is overweight, and he smokes - like me!"

"Anyone with diabetes?"

"No, we are luck that way, I guess."

"First let's check your blood pressure. Hop up here, and we'll see what it is.

H'mn. 155/95, that's not so good. We'll check it again in one month."

"Now let's look at your lab results. Your cholesterol is high at 6.5 and it's the bad cholesterol. The LDL, that's high too at 4.3. Your triglycerides are normal, but only just, and your good cholesterol is below normal at 0.95. All in all, that adds up to trouble. You are at high risk for heart disease. On top of that you smoke, and I know you don't exercise nearly as much as you should."

"So what you are saying, is I might be in the same boat!"

"Yes, the Titanic!"

"So what can we do? It hurts so much to know that he's gone way too early. What can I do so I don't do this to my kids?"

"You certainly do have your work cut out for you, but it is not impossible. The first thing we should do is control your blood pressure. We'll check it in a month and in a month again. If it remains high, then we will treat it."

"In the meantime, attack the smoking problem. I've got some information here on the various ways to quit, and the aids to do so. You read this, then we'll decide together on the best approach. Remember it will take some time and probably a number of tries before you succeed, but I know you are very goal oriented, so you'll probably prove me wrong and quit for good on the first try!"

"Thanks for the vote of confidence. So, what's next?"

"Next we have to look at diet and exercise. This means a change in your lifestyle and that's difficult. But I want you to think about this. Your father died early, and with a lot of his work unfinished. If you spend some time on a regular basis looking after yourself, instead of ignoring your health, I'll bet you will, in the end, do far more work of better quality, and you'll enjoy it more too. Use that type "A" personality your father gave you."

"And maybe my kids won't have to bury me quite so early as I did with my father."

"That's it! You've got the idea. Now just go do it girl!"

Mischief

IROQUOIS–On Feb. 2, 2003 police were called to the St. Cecilia's Separate School in the Village of Iroquois.

Damage was sustained to a window in a door at the school. No entry had apparently been made into the building.

Damage is estimated at approximately $200.

Const. T. Kingston is investigating.

Cornwall & Area Housing Corporation
Société de logement de Cornwall et de la région

Tel: (613) 938-7717 - TOLL FREE / SANS FRAIS 1-800-267-2435
Fax: (613) 938-6280

1916, rue Pitt Street, #11
Cornwall, ON – K6J 5H3

TENDERS

Serial No.	**PT 2003-006**	**INSTALL AUTOMATIC DOOR OPENERS Various Projects**
	PT 2003-007	**REPLACE AIR MAKE UP SYSTEM 24 Augustus Street, Cornwall**
	PT 2003-008	**UPGRADE 12 WASHROOMS 29 Gloucester St. S., Cornwall**
	SFT 2003-304	**REPLACE DOMESTIC WATERLINES 517 Mill Street, Winchester**
	SFT 2003-305	**REPLACE DRYERS Various Projects**

Tenders will be received for the above until **TUESDAY, FEBRUARY 25, 2003 at 2:00 p.m.** by the Cornwall and Area Housing Corporation at 1916 Pitt Street, Unit 11, Cornwall, Ontario, K6J 5H3, c/o the Manager, Capital Works & Maintenance, John Robinson, from whom details and specifications may be obtained or telephone (613) 938-7717, quoting the serial number as above. The lowest or any tender not necessarily accepted.

Disponible en français

Williamsburg W.I. meets

-submitted by E. Ruth Algire

WILLIAMSBURG – Five guests and 17 members answered the roll call at the January meeting of the Williamsburg Women's Institute, when it was Prince Edward Island's turn to be featured.

Facts mentioned included the red soil, over 500 churches, lobster dinners, the tourist industry and the new bridge.

Secretary, Marjorie Thom, read a letter from her new pen pal who has a tourist business in PEI. The old railroad bed is now used as part of the Trans Canada Trail and is called the Confederation Trail.

Abegweit, meaning Cradle of the Waves, was once the name of the settlement where Charlottetown now stands, as well as being the name of the ferry which preceded the bridge.

The motto for the meeting was "Every day in our lives is a day in history". This was well illustrated by the display of Williamsburg W.I.'s Tweedsmuir History Books which have been laminated and bound.

Jean Casselman, Tweedsmuir History Curator, was convener of the program. She introduced Elizabeth Porter who is in charge of the Dundas branches of the United Counties libraries.

Mrs. Porter gave a history of the libraries and explained that the newly-bound history books would soon be on display in the library for all to see.

Although some of the smaller libraries have been closed, Williamsburg keeps very active. Beverley Richmire is the librarian and keeps track of everything by computer. A computer is also available to students or anyone who wishes to use it.

Special guests at the meeting were Helen Hess, one of the first secretaries for the Tweedsmuir History Books, and Gladys Garlough and Janice Gillard who have been very helpful in indexing the books.

Lunch was served by Isobel Williams, Ruth Algire and Hilda Garlough.

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E.g., $20,000 contract purchase price, no down payment, financed at 0% annual percentage rate for 365 days, no monthly payments, cost of borrowing is $0 or 0% and total to be repaid is $20,000. After the one year (365 day) payment deferral consumer has the option of paying $20,000 or re-financing at 7.98% annual percentage rate for e.g., 48 months, monthly payment is $488.18 cost of borrowing is $3,432.64 or 5.49 % per annum and total to be repaid is $23,432.64. This is a sample calculation only. Down payment or equivalent trade may be required for re-financing based on approved credit from Ford Credit. Financing not available with any other offer. All purchase financing offers exclude freight, licence, insurance, administration fees and all applicable taxes. ††100 day payment deferral and 0% purchase financing on most new in-stock 2003 Ford vehicles, excluding Lincoln, Econoline, Excursion, Expedition, Mustang Mach 1, SVT vehicles and F-Series above 8500 GVW to retail customers, on approved credit from Ford Credit. †After the first 100 day payment deferral, 0% purchase financing is still available on all new in-stock 2003 Focus/Taurus/Grand Marquis/Ranger/Explorer/Escape/Windstar/F-Series under 8500 GVW for the remaining 36 month term. All other vehicles require a 4.9% - 8.9% purchase financing (varies depending on vehicle and particular model) for 36/48/60 months (purchase financing period varies depending on vehicle and particular model) to retail customers, on approved credit from Ford Credit. E.g. $20,000 financed at 0% annual percentage rate for the first 100 days, monthly payment is $0, cost of borrowing for the first 100 days is $0 and total still owing after the first 100 days is $20,000. After the first 100 days $20,000 financed at 5.9% annual percentage rate for 48 months, monthly payment is $469, cost of borrowing is $2,512 or 5.40% per annum and total to be repaid is $22,512. This is a sample calculation only. Down payment or equivalent trade-in may be required based on approved credit. All purchase financing offers exclude freight, licence, insurance, administration fees and all applicable taxes. Financing not available with any other offer. ‡Lease selected new in-stock 2003 Focus/Taurus/Windstar for an annual lease rate of 0% for the first 30 days only, then for the remaining term of the 36 or 48 month lease contract lease period varies depending on vehicle and particular model) a rate of between 0.9% and 5.9% (varies depending on vehicle and particular model) will be required from Ford Credit to qualified retail lessees, on approved credit. Conditions of a mileage restriction of 60,000/80,000 km over 36/48 months apply. A charge of 8 cents per km over mileage restriction applies, plus applicable taxes. No down payment or security deposit required. Ford Motor Company of Canada will pay the first month's payment. All lease offers exclude freight, licence, insurance, administration fees and all applicable taxes. Lease offer may not be combined with any other offers. E.g. Lease a new in-stock 2003 Windstar Sport and make no lease payment for 30 days and then for the remaining term of the 48 month lease contract, lease for $480 per month based on an annual lease rate of 3.9% from Ford Credit to qualified retail lessees, on approved credit. Total lease obligation is $23,040. Optional Buyout is $13,094.25. Total Cash price without lease is $32,575. Cost of borrowing is $3,557.33 or 3.98% per annum. This is a sample calculation only. A charge of 8 cents per km over mileage restriction applies, plus applicable taxes. $0 down payment required. $0 security deposit required. First month's payment waived. Windstar Sport lease offer excludes freight ($1,025), licence, insurance, administration fees and all applicable taxes. Dealer may sell or lease for less. Limited time offers. Offers may be cancelled at any time without notice. Some conditions apply. See Dealer for details. Dealer transfer may be required. 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EASTER SEALS

$20 million investment

TORONTO – The Easter Seal Society of Ontario announced last week that it will aim to invest more than $20 million over the next five years in innovative Camp and Recreational Choices for children, youth and young adults with physical disabilities.

Under its "More Choices for More Kids" vision, Easter Seals plans to rebuild its Merrywood camp near Perth as Canada's premier Outdoor Adventure Camp for children with physical disabilities. The investment will include new winterized camper cabins, a new swimming pool, the redevelopment of the lakefront, and a new recreational building.

The Woodeden camp near London will be transformed into the nation's first all-year residential Sports & Recreational Camp offering a high ropes course, a climbing wall, a large gymnasium and a 24-camper winterized cabin in addition to existing camper accommodation. Woodeden will also offer March-break and weekend programs for patients, children and youth. The Lakewood camp on Lake Erie will offer expanded fine arts, archery and water sports programs this summer.

In addition, families on the Easter Seals' registry not choosing to send their child to and Easter Seals camp can apply on a first-come-first-served basis for up to $500 toward the cost of alternative summer recreational choices, such as: day camp, horseback riding, computer camp, lessons such as swimming, music or theatre; or other residential camps.

By 2007, more than 2,000 children and youth are expected to enroll annually in camp and Recreational Choices, compared with only 614 in 2002.

Our "More Choices for More Kids" is an ambitious endeavour to provide a greater number of children with the opportunity to participate in more activities and to lead more independent lives," said Easter Seals' President and Chief Executive Officer Charlotte Gibson. "This vision will put Easter Seals in a position to offer kids what they have repeatedly told us they want - more thrilling camp experiences and a broader range of exciting non-camps challenges."

The plan, based on extensive research and consultation with stakeholders and the children themselves over the past two years, will position The Easter Seal Society, Ontario as the camp and recreational leader in the disabilities field in North America.

The "More Choices for More Kids" vision will be seeded by the $5.2 million in net cash realized from last year's property sales and current bequests restricted to Woodeden camp use. Easter Seals will raise a further $15 million to enhance and operated camp and Recreational Choices.

The dollars acquired from the sale of an Easter Seals camp in northern Ontario have been reserved to assist with travel cost, ensuring that campers from northern Ontario have the opportunity to attend camps in southern Ontario.

Today over 20,000 children, youth and young adults in Ontario live with a physical disability and they're striving for independence, acceptance and achievement.

For 80 years The Easter Seal Society, Ontario has been assisting these children and youth by helping them to purchase costly equipment needed for mobility and communication, and by providing access to critical information, research and specialized camp and recreation experiences.

Easter Seals is dedicated to helping kids with physical disabilities succeed.

Ask your Financial Planner

Submitted by: The Investment Planning Counsel

Last time we focused on the probability of disability, consequences, objectives and strategy involved in a risk management plan. Statistics reveal that the probability is high and consequences can be financially and emotionally disastrous. The question one might ask is whether it is sufficient to rely on government sponsored programs. These plans offer fairly universal access to disability insurance. However, the conditions for receiving benefits are very restrictive. Government plans offer limited protection as part of a social security benefit. A working person who relies solely on government plans has very little protection for non-work related injury and disability.

This segment contains an overview of what you can expect from government disability benefits - CPP, EI, WSIB and the Ontario Disability Support Program (ODSP).

Canada Pension Plan: A disability pension is provided to CPP participants who are unable to work due to a severe and prolonged physical and mental condition. This entails a medically determinable impairment in which physical or mental disability is so severe and prolonged that she is unable to regularly pursue any substantial gainful employment. The pension is payable to age 65 when it is converted to a retirement pension or to date of recovery. Eligibility requires a person to have contributed in four of the last six years. The benefit is based on a flat rate portion - $345.24 and an earnings related portion equal to 75% of the retirement pension that contributor would have received at age 65. Children of the disabled contributor under age 18 or between 18 and 25 and attending school full time receive approximately $175 monthly each. The waiting period is 3 months. Benefits are related to taxable income.

Employment Insurance: All workers covered by Employment Insurance are entitled to a sickness benefit in case of injury, illness or quarantine. Coverage extends to employees who pay EI premiums. Self-employed do not qualify. Benefits amount to approximately 55% of insurable earnings. The benefit scale changes every year. Benefits are payable from the 15th day of disability to the 364th day. EI disability can be of benefit during the early weeks of disability. EI benefits are second payer benefits. This means that any income received by a claimant from CPP, Worker's compensation or a group plan reduces dollar for dollar the amount of EI benefit. EI benefits are not second payor where there is coverage under an individual disability plan.

Workmen's Safety and Insurance Benefit - Workers' compensation is paid by provincial WC boards. Employers pay the premiums which are assessed according to the level of risk of the business. Benefits are paid only on an injury or sickness that is job related. For example should a person who works in a business covered by workers' compensation fall from a ladder while cleaning eves troughs and suffer a disabling injury he does not have a WCB claim. Benefits can be payable for life. Benefits are not taxable income. Maximum benefit is 90% of eligible earnings but of course not everyone receives the maximum benefit. The waiting period is 0 days.

In all instances the burden of providing the required degree of disability rests with the claimant.

The Ontario Disability Support Program: This is a social assistance sponsored program for persons with disabilities. It is not an insurance program as qualification is not dependent on contribution or employment. To qualify you must be at least 18, qualify financially and have a substantial physical or mental impairment that is continuous or recurrent and is expected to last one year or more. You may qualify if you are 65 and do not qualify for OAS, reside in a psychiatric facility or in a facility under the Developmental Services Act. A single person could get as much as $930 monthly.

Your own risk management plan will reveal that reliance on government benefits alone will generate a material deficit in your monthly budget in the event of a disabling event. In the next segment I will investigate the differences between individual and group disability insurance contract and in the process identify common features of both.



MORRISBURG – Today we will look at the definition of "what is an antique". The Oxford Dictionary defines an antique as an object of considerable age, made in an earlier period.

American and Canadian customs define an object as an antique only if it was made before 1930, thus it is exempt from duty on importing into North America.

However, most antique dealers will tell you the definition is anything over 100 years old. In the rest of the world, age requirement ranges from 250- 900 years.

The word "antique" in the United States and Canada is used as a marketing "hyper adjective" to enhance the perceived importance and selling price of anything old. To me, there are four factors that comprise a true antique: age, beauty, rarity and historical significance.

Antiques of today continue to be the best investment in England, United States and Canada. Most collectors collect for the fun, but for the avid it is a business. As you purchase more to add to your collection, you become more knowledgeable and it continues to be more fun.

The thrill of the new find or the thought of adding to your favorite collection will keep you craving for more. Most antique shops are very reputable, knowledgeable and are quite willing to help you out in the purchase of a certain antique. You should trust them openly and respect their guidance.

You must, and I stress "must", watch out for the reproductions that are slowly coming onto today's market. Reproductions and fakes are now a thriving business in the antique world.

There are no hard or fast rules on how to avoid being deceived. Many very significant makers are having their wares reproduced to look exactly as it was made 100-200-300 years ago.

Only a specialist in his or her expertise field can truly tell you if you have purchased an original antique. Maker's marks, stamps, dates, signatures, labels, shapes, styles and materials used can often identify most antiques.

There are many excellent well-illustrated books on antique identification. I will talk later on this subject and give you a few hints on how to avoid errors in judgment when purchasing.

If you own something that you suspect is worth a lot of money, pay for a professional appraisal which will add value to your item. It will increase marketability. This is especially true for furniture, paintings, estate jewellery and other antiques.

Why would anyone even consider letting the buyer set the value and selling price? That is why you have to have a certified antique appraiser to evaluate your article, authenticate it and give you an exact appraisal value for insurance replacement purposes. The "Antiques Roadshow" of today is a prime example.

Down the road, I will introduce you to the many fine collectibles available to you to start your collection or business and what to look for when purchasing. If you have an antique that you would like me to write an article on, just e-mail me at the address below.

What do you have hiding away in some lonely place in your house? It may be worth a small fortune. Check it out. Talk to you next week about our first collectable, "Lambeth Doulton Pottery".

Always remember: "Buyer beware".

submitted by Rick Herrington
rickherrington@hotmail.com

Building & Renovation Program

Start Date: Mid April (to be confirmed)

Our Building & Renovation Program will be 5-month full-time and will consist primarily of hands-on learning. The course outline has been created in conjunction with industry input to address the high demand for skilled workers in this field.

Graduates will be prepared to work for developers, contractors, or construction specialty companies to name a few.

Focus will be on building construction, inside and outside finishing, carpentry, and common electrical, plumbing, heating/air systems. Within the curriculum, we will also cover blue print reading, building codes as well as power tool and construction safety.

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AUCTION SALE

Saturday, February 15th, 2003 at 10:00 A.M.

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Selling on behalf of trustees in bankruptcies and other consignors:

Restaurant Equipment: Popcorn machine; (2) Perfect Fry Machines; Bar Fridge; (2) Stainless Steel tables; Chest freezer; 3' Prep table; Hot dog machine.

Office Equipment: Photocopier; fax machine; shelving; desks; chairs; file cabinets; safe.

Miscellaneous: Patio furniture; Walk behind trimmer; Extension ladders; Clothes dryer; Leaf blower; Small wood chipper; Mountain bike.

New Items: Dining tables; entertainment centres; bookcase; coffee and end tables; knick knack cabinets; microwave stands; china cabinets; bed frames.

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Viewing: February 14, 2003 at 9:00 a.m. to 4:00 p.m.

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St. Joseph's Secondary School

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Grade 9 Information Night

at 1500 Cumberland Street, Cornwall
(613) 932-0349

Tuesday, February 18, 2003
7:00 p.m. to 9:00 p.m.

Program
7:00 p.m. - Short presentation in the auditorium
7:45 p.m. - Tour of school facilities
Teachers will be available to answer questions on the school's programs and activities.

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Church Directory

The Presbyterian Church in Canada
KNOX PRESBYTERIAN CHURCH
Morrisburg, Ontario
Minister: Rev. Darren May
Church 543-2005 Home 543-0142
Organist: Gary Postma
Sunday, February 16, 2003
11:00 am. - Morning Worship
11:00 am. - Sunday School
Everyone Welcome!
Nursery Available

Morrisburg Pentecostal Tabernacle
Pastor: Rev. Duncan Perry
Office 543-2681
Sunday, February 16, 2003
9:45 a.m. - Family Bible Hour
10:45 a.m. - Morning Worship
6:00 p.m. - Evening Worship
Tuesday –
7:00 p.m. - Bible Study & Prayer
Friday –
7:00 p.m. - Youth Aflame
Come And See What Jesus Can Do For You!!

Williamsburg United Church
Minister
Rev. Sandy Macpherson
Organist
Susan Barkley
Sunday, February 16, 2003
10:30 a.m. - Welcome to Worship with Us!
Sunday School & Nursery Available
Third Sunday Each Month
8:00 a.m. – Men's Breakfast

The Anglican Parish of Morrisburg-Iroquois-Riverside Heights
invites you to worship with us this Sunday
St. James, 20 High St., Morrisburg
St. John the Baptist, Lakeview Dr., Iroquois
Holy Trinity, Riverside Heights
543-3904
The Rev. Bill Byers, Rector
The Rev. Pat Martin, Assistant
Visitors welcome, Members expected
Sunday, February 16, 2003
8:00 a.m. – St. James'
9:15 a.m. – St. James'
11:00 a.m. – St. John's
11:00 a.m. – Holy Trinity
7:30 p.m. – St. James'

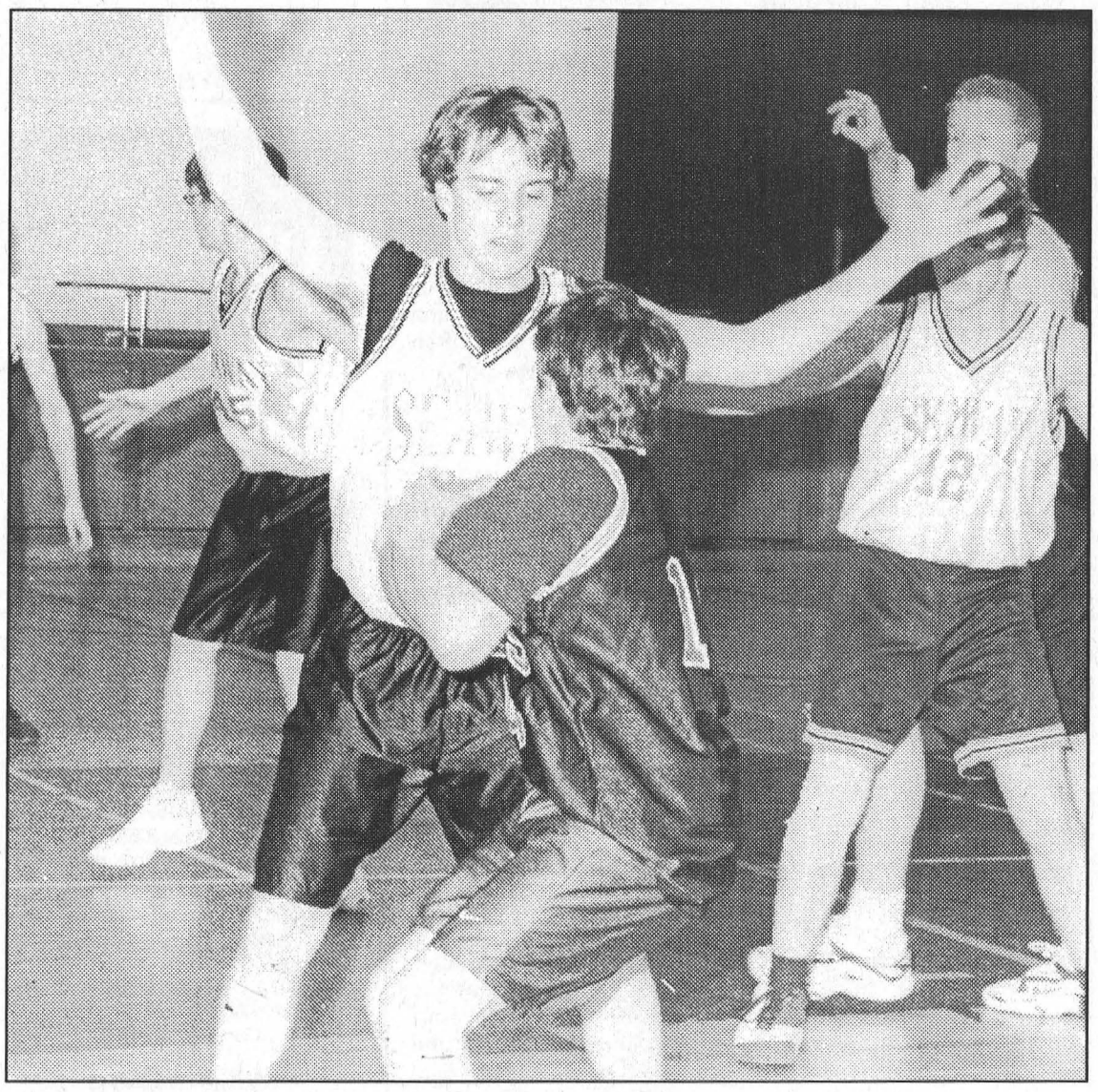
Roman Catholic Churches
Rev. Fr. Sebastian Arikat
Phone: 543-2544
St. Mary's, Morrisburg
Saturdays - 7:30 p.m.
Sundays - 11:00 a.m.
St. Cecilia's, Iroquois
Sunday - 9:00 a.m.
Confessions before weekend masses

St. Lawrence Evangelical Lutheran Parish
Pastor: Rev. Jo Barkley-Probst
Office: 543-3154 or Office: 543-2480
WORSHIP & LEARNING
Sunday, February 16, 2003
ST. PAUL'S, Morrisburg
9:30 a.m. Worship
10:15 a.m. Sunday School
7:00 p.m. Sharing Our Faith
ST. JOHN'S, Riverside Heights
11:15 a.m. Worship

The United Church of Canada
LAKESHORE DRIVE UNITED CHURCH
Morrisburg, Ontario
Rev. Jean Udall, Minister
Office Telephone 543-3079
Organist & Choir Director
Joanne Minish
Sunday, February 16, 2003
10:30 a.m. - Worship Service
Children's Chatter, Sunday School

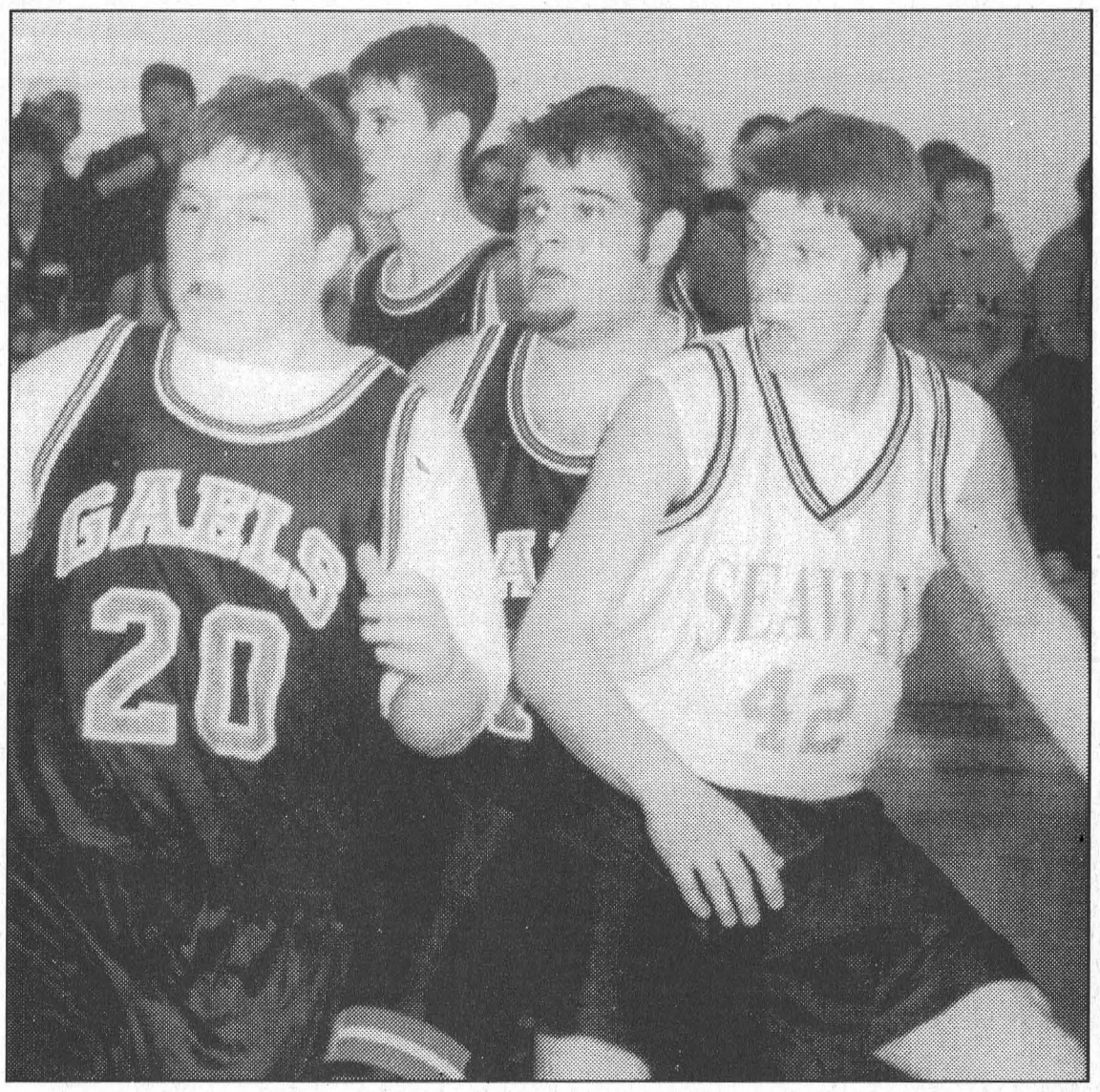
Christian Reformed Church
Williamsburg, Ontario
Pastor Rev. George Rowaan
Tel: 448-2351
rowaangj@ncf.ca
Sunday, February 16, 2003
9:30 A.M.
Elder Ype VanderVeen
Sunday School for Children ages 3-9
7:30 P.M.
The Message and Meaning of Daniel
Daniel 10
Child care always available
Please be our guest this week
Monday 7:30 p.m.
Cadets Boys Club: ages 10-13
GEMS, Girls Club: ages 10-13
Wednesday 7:00-9:30
High Impact Youth Ministries
High School age and beyond
Thursday 9:30 a.m.
Ladies Coffee Break Bible Study

Leader Sports & Leisure



Shutting Down the Shooter

Seaway District High School's Kyle Jarvis blocks a Glengarry shooter during last Wednesday's junior basketball game. The Junior Spartans won the game 66-26. Ryan Perrault led the scoring with 14 points and Jarvis contributed 13.



Senior Spartans on Home Stretch

The Seaway District High School senior Spartans posted a strong 79-22 win over the visiting Glengarry Gaels at Seaway last Wednesday as they head towards the end of the season in first place in the A school division. Above is Seaway's Chris Douma (42) who had a 12 point game.

Seaway Spartans look strong in home stretch

IROQUOIS – The basketball season is heating up at Seaway District High with both of the boys team picking up wins over Glengarry last Wednesday.

The Spartans won their games quite handily, the Seniors 79-22 and the Juniors 66-26.

The Senior win puts Seaway firmly in first place in the A school category with an undefeated record. They have one game remaining on their schedule before playoffs and that was in North Dundas yesterday (Tuesday).

Details of the North Dundas game were not available at press time.

Because North Dundas is an AA school the game won't matter in the Spartans standings, explained coach Mark Lewis last week.

"The North Dundas game won't matter for us other than for pride," said Lewis. "And that matters.

As for the 79-22 win over Glengarry last week, Lewis said Glengarry is a soccer school. "They don't have the same commitment to basketball."

"We played well today, but there were still a lot of mistakes. They made us look good."

All of the Spartans saw action in Wednesday's game. Lewis alternated his starters and second string players in the quarters, as he readies the team for the playoffs.

"All the kids were on the scoreboard today," said Lewis. "The second string guys came in (second and fourth quarters) and played well," said Lewis. "They played under more control than they have in a long time. They only scored seven points in the second quarter, but played much better in the fourth quarter."

The Spartans went to work on their opponents building a 28-3 lead in the first quarter and holding a 35-10 advantage at the half. They dropped another 27 points in the third to move ahead 62-17 in the third.

Scoring for the Spartans was a well-distributed effort. Ben Byvelds and Chris Douma dropped 12 points each and Nick Radu backed them up with 11. Neil Edwards produced 10 and Brian Law nine.

Landon Sheppard was the top Gaels shooter with nine points.

Lewis was happy with the shooting he received from Steve Claxton which, he pointed out, produced a career high eight points.

Lewis has been keeping the Spartans busy in tournament action. They met tough opposition in Ottawa last weekend losing to Sir Robert Borden by 27 points and to Louis Riel by 17 points.

In their third game they beat Ashbury College, the only A school in Ottawa, by 13 points.

Coming up they will be competing in the Cougar Classic in Ottawa.

"You have to play in these tournaments to get ready for playoffs," says Lewis.

The SD&G semi-final will be played at Seaway on Monday, February 17 and the final on Wednesday, February 19.

"I'll be very disappointed if we aren't in the final game," says Lewis. "With the exception of R-O we have won pretty handily over all the teams.'

The playoff setup will have first and fourth squaring off in the semi-finals. Lewis expects Seaway will meet Tagwi.

"We are one of the top single A schools in the area," says Lewis. "If we play good basketball at the right time we could go to the all-Ontario. But we are going to take it one game at a time."

The Junior Spartans also produced a strong 66-26 win against the visiting Gaels last Wednesday in a division that is seeing a very tight race to the finish line.

The win pushed the Junior Spartans record to 4-3, which could give them either a second or third place finish said coach Trevor Thompson who co-coaches the team with Hugh Porter.

In Wednesday's effort all of the Spartans posted points on the scoreboard.

Ryan Perrault led with 14 points and Kyle Jarvis dropped 13. Craig Douma produced 10 and Dan Toonders nine.

The top Glengarry shooter was John Magoon with 18 points.

The Junior Spartans have worked hard on their play since the season began and their progress is obvious as they head into the home stretch.

They have some good ball handlers and some good height.

"Against the large school we match up pretty well," says Thompson. "They are working hard. It is nice to see them work hard and enjoy it."

The Juniors were also in North Dundas yesterday for their final game of the regular season.

Lions, Wolves in final showdown Friday night

MORRISBURG – It's two up, two down and two to go for the Morrisburg Junior B Lions, as they skate into the final weekend of regular season play and their biggest game of the year this Friday night against Akwesasne.

The Lions posted a pair of wins this past weekend over Kemptville on home ice Friday night, 7-6, and in Winchester over the Hawks Sunday, 6-5.

These two wins against Akwesasne's one win, one loss weekend puts the Lions precariously in fourth place, one point up on the Wolves who have three games left on their schedule to the Lions' two.

"We play them this Friday night," says Lions coach Garry Beckstead. "We'll either be up three or they'll be up one."

Friday night is our biggest game of the year, says Beckstead, adding, it is a must win situation.

"We've been playing playoff hockey for the last few weeks and you can say Friday night is the seventh game."

"If 18 kids show up to play hockey with their Lions crest, we can win it."

A win would put the Lions up three points and then all eyes would be on Saturday night's game between Akwesasne and Kemptville.

The Lions knew what they had to do this past weekend if they were to head into their final encounters with any hope of a fourth place finish, and says Beckstead, "We scratched and clawed our way to the two wins."

Friday night the Lions struck early against the 73s to take a 2-0 lead into the second period on goals by Charlie Froment (power play) and Wayne Garlough.

Cody Casselman and Matt Bergeron provided the assists on the Froment tally and Jason Denio and Kelly Beckstead provided the help to Garlough.

Early in the second Froment struck again to boost the Lions advantage to 3-0, with Matt McBean providing the assist on this one.

The 73s got one back at 2:36 but the effort was cancelled at 4:55 when Garlough hit for his second from Denio and Matt Bailey.

The 73s took charge of the remainder of the second period coming back for a pair to cut the Lions lead to 4-3 as they headed into the third.

The 73s evened the playing field seven minutes into the third period on a power play goal from Curtis Forbes.

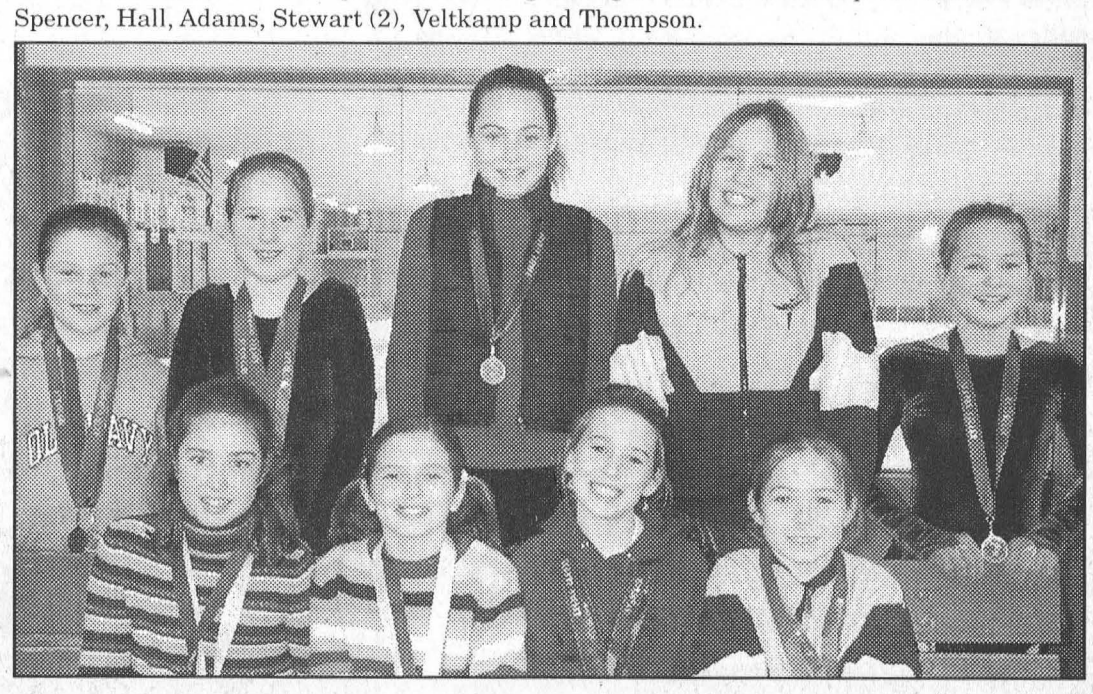
Jason Denio put the Lions back on track pushing them ahead 5-4 at 7:17 and then striking again 37 seconds later for a two goal cushion.

— continued on page 9



Trophies By the Armful ***McNairn photos***

Morrisburg and District Figure Skating club skaters had a big day Saturday, February 8 at the Seaway Valley Interclub competition in Kemptville finishing amongst the top clubs. Bringing home first place silverware, above l-r, were Hayley Mills, Amy Veltkamp and Jessica Thompson. Hayley scored a pair of firsts in Pre-Preliminary Ladies and Pre-Preliminary Elements (flight 1), Amy had her first in Preliminary Elements, and Jessica posted firsts in Preliminary Ladies and Pre-Preliminary elements (flight 2). In total the 13-member Morrisburg team brought home five firsts, six seconds and two thirds. In the photo below are the team members, front l-r Kelsey Hall, Meghan Adams, Brianna Stewart and Jessica Thompson. Back l-r are Amy Veltkamp, Hayley Mills, Courtney Thompson, Hilary McQuaid and Brooke Spencer. Alex Leroux, Kristen Phifer, Kaitlyn MacDonald and Lori Casselman were not available for the photo. Producing strong skates for second place finishes were Spencer, Hall, Adams, Stewart (2), Veltkamp and Thompson.



Lions, Wolves big showdown Friday

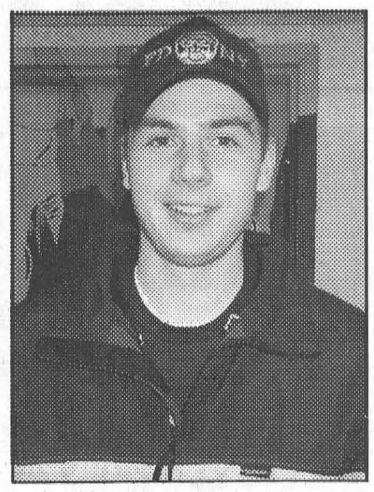
— continued from page 8

Kelly Beckstead and Garlough helped out on the first counters and Garlough and Matt Bailey provided the set up on goal number two.

Still the Lions were unable to hold off the Kemptville attack. The 73s got one back from Andrew Miller at 13:32 to cut it to 6-5 but that would be it. The Lions defence then tightened up in front of Jamie Lalonde, and Lalonde would give up nothing more.

The 73s pulled their goaltender with just over a minute left in the game, setting the stage for Denio to score the Lions seventh goal in the open net and complete his hat trick with help from Bailey.

The extra attacker finally paid off with a Kemptville goal with 20 seconds left on the clock, but that was it, and the



Jason Denio

Lions claimed their second consecutive win against the 73s in their last two matches.

The Lions were assessed five minor penalties, and the 73s sat out five minors and a 10 minute misconduct. The 73s struck for two power play goals while the Lions had one.

Andrew Miller and Adam Spirk had two goals each for the 73s, and Curtis Forbes and Brett Brady had singles.

Sunday in Winchester it was more of the same as the Lions jumped to a 2-1 first period lead. Again they had problems keeping it together in the second.

They struck three times in the frame and gave up four goals to the Hawks to head into the final tied five all.

Fans were on the edge of their seats throughout much of the third. Finally with 8:53 left on the clock Froment, with help from Matt Bergeron and Kelly Beckstead, connected for what turned out to be the winner.

The Lions received another big effort from Jason Denio who counted three times. Singles were scored by Matt Bergeron, Cody Casselman and Froment.

Captain Wayne Garlough picked up three assists and Bailey provided two. Single assists went to Froment, Matt McBean, Marc Lemire, Justin Elliott, Nick Desneves, Matt Bergeron and Kelly Beckstead.

The Lions outshot the Hawks 46-35. Jamie Lalonde was in net for the Lions, and Gregg Griffith and Mike Robillard both saw action for the Hawks.

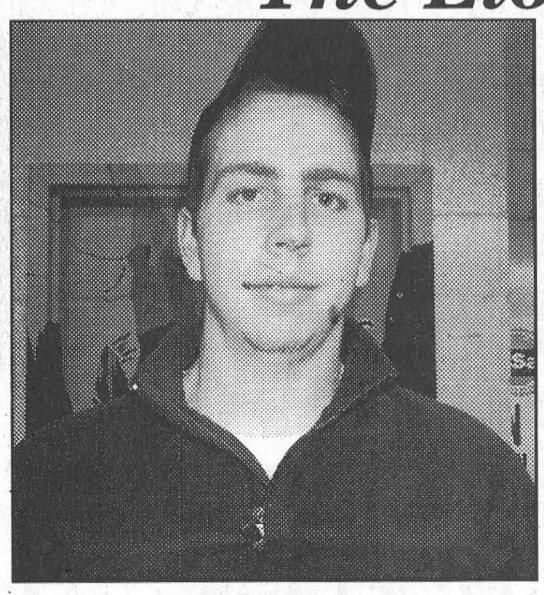
Alain Michaud scored twice for the Hawks, and Darren Trenholm, Stefan Gravelle and Nik Paas had singles.

Both teams drew 12 minor penalties, and the Hawks sat out two 10 minute misconducts.

Coming up in their final weekend of the regular season, the Lions host Akwesasne Friday night. Game time is 8:15. Sunday, February 16 they are on the road to Alexandria for a 1:30 p.m. game.

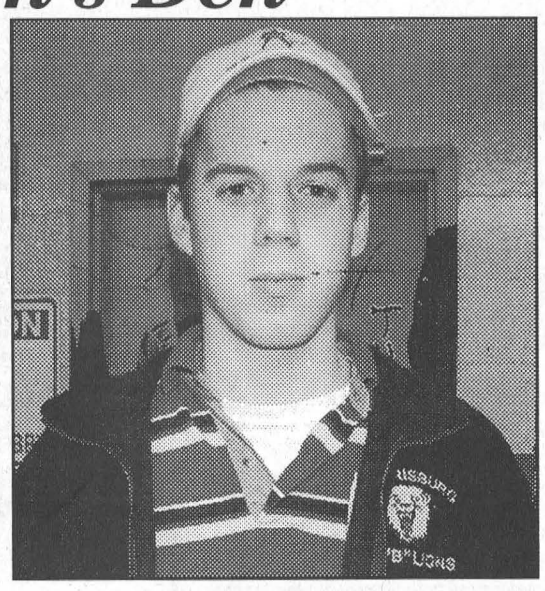
Friday night's game is a must-win situation for both teams, and Beckstead hopes to see a large hometown crowd in the stands to cheer the Lions to the win.

The Lion's Den



Matt McBean

Matt is 20 years old and lives in Morewood. A defenceman, he played for the Metcalfe Jets and was picked up by the Lions late this season. He played his minor hockey in the North Dundas system and is a graduate of North Dundas High School.



Matt Van Egmond

Goaltender Matt Van Egmond is 17 years old and attends CCVS in Cornwall. He says he has not decided what he will do after high school, but hopes to play Junior A hockey next year. He played his minor hockey with the Seaway Valley Rapids.

JR. B SCOREBOARD

St. Lawrence Division

	GP	W	L	T	Pts
Alexandria	43	24	14	3	53
Char-Lan	43	23	17	2	49
Kemptville	43	19	15	4	47
Morrisburg	43	19	21	1	41
Akwesasne	42	18	20	3	40
Winchester	42	14	23	3	33

Rideau Division

	GP	W	L	T	Pts
Brockville	42	29	6	5	65
Gananoque	42	26	13	3	55
Westport	43	25	16	2	50
Athens	43	18	19	3	42
South Grenville	42	18	21	2	39

Teams losing in overtime or shootout receive one point

Results

Friday, February 7–
Akwesasne 3 at Alexandria 5
Kemptville 6 at Morrisburg 7
Saturday, February 8–
Alexandria 6 at Char-Lan 4
Winchester 2 at Akwesasne 6
Sunday, February 9–
Alexandria 3 at Kemptville 0
Morrisburg 6 at Winchester 5



Season Just Keeps Getting Better

Morrisburg and District Figure Skating Club members are having one of the most successful seasons in many years. They kicked it off last November as points winners at their home tournament and have kept it rolling ever since. On the weekend of January 25-26 a large team competed at the Precious Edges competition in Brockville where they again skated away with the points win. First place skates during the competition were registered by Alisha Vanthoof, Kristen Stewart, Morgan Spencer, Kelsey Baxter, Leah Wells, Jessica Thompson, Kelsey Hall, Meghan Adams, Courtney Thompson, Brooke Spencer and Kelsey Hall, Hayley Mills and Jessica Thompson, and Meghan Adams and Amy Veltkamp. Pictured above are the club's senior skaters who were, front l-r, Amy Veltkamp, Meghan Adams, and Brianna Stewart. Back l-r are Hilary McQuaid, Courtney Thompson, Kaitlyn MacDonald and Hayley Carr. In the photo below are the Intermediate Skaters. They included front l-r, Morgan Spencer, Gillian Beatson, Haley Van Allen and Janice Stevens. Back, l-r are Brooke Spencer, Hayley Carr, Kelsey Hall and Jessica Thompson.



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Sr. Men's or Sr. Lady's (65 yrs. of age)	**$595.00** + $41.65 (GST) = $636.65	**$515.00** + $36.05 (GST) = $551.05
Sr. Couples (1 - 65 yrs. of age)	**$875.00** + $61.25 (GST) = $936.25	**$725.00** + $50.75 (GST) = $775.75
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Junior (16-18 yrs.)	**$165.00** + $11.55 (GST) = $176.55	
Juvenile (8-15 yrs.)	**$115.00** + $8.05 (GST) = $123.05	
Student (full-time, max. 25 yrs.)	**$275.00** + $19.25 (GST) = $294.25	

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COMING EVENTS

CANADIAN CLUB OF MORRISBURG AND DISTRICT
An AGM fundraiser entertainment evening on Wed., March 5, at 7 p.m., at the Williamsburg Christian Reformed Church Hall. Turkey dinner and local entertainment. $18 per person. For tickets call Clara Edwardson at 774-2407 or Doug Grenkie at 543-2922, before Feb. 28th. 7-8c

COMMUNITY DIABETES INFORMATION SESSION
Prevention of complications. What can you do? Wed., Feb. 19, 7–8:30 p.m., Conference Room, lower level, W.D.M.H. Speaker: Brenda Quaile, RN BA CDE. All welcome. 7c

LAKESHORE DRIVE UNITED CHURCH SHROVE TUESDAY
March 4, pancake supper, 5–7 p.m. Pancakes, sausage, coffee, tea, juice. $5 adults, $3 under 12. Everyone welcome. 7-9p

WEEKLY BINGO

BINGO
Monday night bingo every week at Riverside Heights. Doors open at 6:15. Bingo starts at 7:30. Everyone welcome, 18 and over.

BINGO
Sponsored by Morrisburg Legion Branch 48 Ladies Auxiliary every Thursday, 7:30 p.m. in the Legion Hall. 20 x $30 games; 3 x $50 specials; 3 x 50/50 games; Bonanza pays 60%; Winner Take All. Jackpot $30 Cross Game, continued until full card for $300 - consolation $100. If 60 present Jackpot goes for $300.; 70 people - $400.; 80 people - $500.

COMING EVENTS

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 543-3484 or 652-1414. ALANON–for families of alcoholics, 543-3484 or 652-1870. Meeting every Thursday, 8 p.m., Lakeshore United Church. 46tfc

MORRISBURG & DISTRICT HISTORICAL SOCIETY SPECIAL INFORMAL WORKSHOP
On care and handling of family artifacts, old high school, second floor, Sat., Feb. 22, 2–4 p.m. Cost $10 (material costs). Pre-register, Susan Peters, 543-2830. Fund raiser for Historical Society - Family Jewels Archival Preservation Kits. Kits designed by archivist for storing: quilts, wedding & christening gowns, photographs, documents, etc. Great wedding, graduation or baby gifts. 5-8c

MORRISBURG & DISTRICT CO-OPERATIVE PRESCHOOL A BERRY DELICIOUS FUNDRAISER
Blueberries, raspberries, cranberries. To order please call Donna Sage MacDonald at 543-3085 or Cassandra Barry 543-3465. Deadline to order February 14, 2003. 7 Fifth Street, Morrisburg. 4-7c

ROYAL CANADIAN LEGION BR. 48, MORRISBURG UPCOMING EVENTS
Sweet Hearts Dance
Fri., Feb. 14, 8 p.m. in the Veteran's Lounge, music by Craig Saddlemire.
Euchre Tournament
Sun., Feb. 16, 1:30 p.m. Fee: $5.
Chinese Food Dinner
Sat., Feb. 22, starts at 5 p.m. Limited to first 100. $12.50 per ticket. Tickets must be purchased by Sat., Feb. 15. 7c

THINK SPRING!
THINK DUNDAS TOURS, IROQUOIS
March 28-29: Gardening Festival in Brantford, Ontario. An indoor show with 12 gardens, including "Bloomin' Holland", also Gardeners' Marketplace, seminars, demonstrations, Dutch Clock Flower Auction, food and entertainment. Brantford Casino next door. Visit Farmers' Market also. $199.00 p.p.t. includes admission, 2 meals, all transportation and GST. Call us at 613-652-2005. Ont. Reg. # 50010710. 7c

HERITAGE DINNER MEETING LOST VILLAGES HISTORICAL SOCIETY
Mon, Feb. 17, 6 p.m. St. Matthew's Presbyterian Church, Ingleside. $12 per person. Guest speaker: Mayor Jim Bancroft, South Stormont. Reserve by calling 537-2388 by Feb. 14. All welcome. 7c

THOUGHT OF GOING TO HAWAII?
Call Winchester Travel to see what we have planned. 774-2424 or 1-877-774-2424. 6-7c

MIXED PARTY
In honour of David Brown and Melanie Derouchie, Sat., Feb. 15th, 8:30 p.m., Morrisburg Legion, $5.00 at the door. 6-7p

GIGANTIC GARAGE SALE
Entire stock must go 10% to 70% off. 143 East Morrisburg Mall. 7p

HELP WANTED

HELP WANTED–A retired teacher or college student with Special Ed background to work with my son 3 or 4 hours per week. Pay $15 per hour, negotiable. Phone 543-3647. 7p

HELP WANTED–Experienced painter needed for part-time/full-time work. Contact Dennis Merkley at Merkley Painting. 543-2243. 6-7c

D. FORTIER TRANSPORT INC.
Is now accepting applications for owner/operators to pull B-Train dump trailers within a 700 mile radius of Cornwall Ont. If you would like to earn up to $20,000 per month and not have to pay for base plates, fuel tax reports, New York road tax, or tolls, then check the following criteria. Own or willing to purchase a late model highway tractor; 2 years verifiable experience; clean record to enter the U.S.; have a professional, dedicated and positive attitude. Call or fax Dennis: phone 613-938-7138 or fax 613-932-8512. 6-8p

HELP WANTED – Full time farm labourer for large horse breeding farm. Experience an asset but not necessary. Please call evenings 543-0396. 6p

BIRTHS

LABRECQUE–Roland and Shelley (Renshaw) are thrilled to announce the safe arrival of their precious little boy, Revelin Franklin, who was born January 17, 2003, at the Queensway Carleton, Ottawa, Ontario, weighing 6 lbs. 13 ozs. and 20 1/2 inches long. Rev. is welcomed with lots of love by very proud grandparents Bill and Alice Renshaw of Morrisburg and Leo and Julie Labrecque of Falher, Alberta. 7p

CARD OF THANKS

HUTT–I would like to thank everybody who came to visit both in Winchester and Ottawa Hospitals and for cards, gifts and phone calls. Thanks to Dr. McLean, Dr. Prins and nurses at Winchester, also Dr. Masters, Dr. Greene and nurses who took care of me at the Heart Institute in Ottawa.
–Betty Hutt 7p

BOYD–The family of the late Pauline Boyd would like to thank everyone for their acts of kindness and words of comfort shown to each of our families. Thanks to Rev. Jean Udall, Parker Funeral Home, ladies and gentlemen of the United Church for providing the lunch after the funeral and W.D.M.H. for personal care. A special thanks to the Community Access Centre for all their help.
–Sandra McIntosh and Joyce Coons 7p

IN MEMORIAM

WHITTEKER–In loving memory of Jean who passed away February 12, 1988.
To-day recalls sad memories,
Of a dear one gone to rest;
And the ones who think of her to-day,
Are the ones who loved her best.
–The Whitteker family 7c

FERGUSON–In loving memory of a dear husband, father, grandfather and great-grandfather, Ross, who passed away February 11, 1994.
February comes with deep regret
It brings back memories we'll never forget.
Life is hard as years pass by.
Our memories of you will never subside.
You are always in our thoughts
It's hard to believe nine years have gone by
And we've said our final goodbyes.
–Loved and sadly missed by wife Bernadette and family 7p

WANTED TO RENT

FARMS WANTED TO RENT in Dundas County. Competitive rent paid for productive parcels of tiled land. Phone 543-2312 6tfc

WORK WANTED

WORK WANTED–Looking for work in area - auto maintenance, security, etc. ACZ licence. Contact Emery 543-2971, fax 543-4140. 7-8p

WORK WANTED–Fully licenced carpenter and cabinet maker. Large or small jobs. Home repairs. Furniture. Reasonable rates. Phone 613-543-3533. 46tfc

WANTED

WANTED–Baby crib, good condition. Please call 613-652-4134. 7-8p

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FOR RENT–Heated rooms, monthly and weekly including free cable and local phone calls. Open all winter. St. Lawrence Inn, Morrisburg. Phone 543-0969. 2-9p

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FOR RENT–Luxury 1 bedroom apt. available Jan. 1, 543-3655. 51tfc

FOR RENT–One bedroom apartment in Ingleside. Phone 543-3604. 51tfc

FOR RENT–2 bedroom, 1/2 double, in Williamsburg, available March 1st. $440 per month plus utilities. 535-2578. 6-7p

FOR RENT–2 bedroom basement apt., Morrisburg, $400 plus utilities. Apply to Box 367, Morrisburg, Ontario K0C 1X0. 51tfc

FOR RENT–Commercial space available in Morrisburg. Phone 613-925-4270. 42tfc

FOR RENT–Apartments assorted sizes, in Morrisburg. Phone 543-3598, Thom Realty Ltd. 44tfc

FOR RENT–Party tent, 20' x 30', yellow and white. Rent for garden parties, family parties, anniversaries, etc. $175 per day or $275 for the weekend. Also 45 gal. barbecue drums for rent. Morrisburg and District Lions Club, call Bruce at 535-2460. otfc

DEATHS

SMITS, Sjors–On Sunday, February 9th, 2003, at the age of 37, Joseph Franciscus 'Sjors' Smits of R.R.# 2, Berwick. Beloved husband of Anja (Nyland) Smits. Dear father of Tessa, Romy, Armand, Marinda and Cerro. Dear son of Herman and Lucie (Egberts) Smits of Holland. Dear brother of Wynand and Paul Smits both of Holland. Visitation will be held at the Brownlee Funeral Home, Front Street, Finch, on Thursday from 2–4 p.m. and 7–9 p.m. Mass of Christian Burial will be celebrated at St. Bernard's Roman Catholic Church, Finch, on Friday, February 14th, 2003, at 11 a.m. 7c

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DEVELOPMENTAL SERVICES CENTRE

The Board of Directors of the S.D.&G. Developmental Services Centre is looking for one (1) prospective volunteer to represent the anglophone community of Dundas County.

All interested candidates should submit their request accompanied with a resume by **February 26, 2003** to:

Nominating Committee
S.D.&G. Developmental Services Centre
775 Campbell Street
Cornwall ON K6H 7B7

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at 7:30 p.m.
Park Drive Villa, Williamsburg
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Second Annual Deputy Premier Dinner
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Wednesday, Feb. 26, 2003
RAMADA INN, CORNWALL
Cash Bar 6:00 p.m.
Dinner 7:00 p.m.
For tickets contact any PC Riding Association Executive or call the PC Action Centre at 613-936-8037 or 1-888-805-9788
Tickets $100.00 per person with tax receipt.

TURF AND EQUIPMENT OPERATIONS
February 24 to March 18, 2003
In accordance with industry demand, St. Lawrence College Business & Industry Training Services, Cornwall will provide a unique academic and hands-on program to prepare individuals for employment in the golf course industry, parks as well as grounds maintenance/ management for municipalities.
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Cost is $650 (materials included) and registration is recommended a.s.a.p. Please contact us today for more information or schedule an interview at (613) 933-6080 (toll free 1-866-470-8814) ext. 2308 or 2178.

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Seaway midgets start season strong

CORNWALL – The Seaway midget boys basketball team started their season off in a big way on Friday, February 7 when they produced three wins at a league tournament held at St. Joseph's and General Vanier high schools.

Shane Barnett led the Spartans to their first win of the day over Tagwi Secondary School 39-20. Barnett produced 15 points, while Colin Tupper chipped in six.

Sheldon Beckstead had an excellent game distributing the ball to register 10 assists, and Max Hollands and Andrew Adlington both scored four points while playing superb defense in the win.

In Seaway's second game, they defeated an excellent team from Char-Lan District High School 44-41.

Jordan Tryon, Scott Speer and Shane Barnett each scored eight points, and Sheldon Beckstead had another outstanding game at the point guard position.

The Spartan's other guard, Johnathan Locke scored five points in the fourth quarter to help seal the victory. Andrew Hart, Craig Duvall and Todd Irven all played well in the Spartan's victory.

Adam Barton led Char-Lan with 12 points, and Charlie Laplant scored 11.

Immediately following the Char-Lan game, the Spartans met head on with the North Dundas Devils. They started well, jumping into an 8-2 lead, but sloppy play resulted in a 27-19 Devils lead with just four minutes remaining in the game.

At the four minute mark, coach Rob Currier substituted in Colin Tupper, Andrew Addlington, Johnathan Locke, Jordan Tryon and Shane Barnett, a move that resulted in some inspired play.

The Spartans turned the game around, outscoring the Devils 12-3 in the final four minutes, to claim a narrow 31-30 victory.

Also playing well during the game were Alex Dekleine and Jacob Sparling.

Overall the day was a huge success with three hard-earned victories, said coach Currier.

In a new format this year the midget boys will only play five league games in two different tournament type set ups, before their playoffs.

Midget Golds improve record

WINCHESTER–The Midget Lions House #2 Gold continue to improve their record which currently stands at 7 wins, 6 losses and 8 ties.

On January, 29, the Lions went to Winchester for a 2-2 tie.

Tylor Norgaard scored the Lions first goal assisted by Kyle Weegar and Mathieu Baron hit for goal number two on a pass from Dan McLaughlin.

The Lions dealt Long Sault a big upset on January 30, beating them on their own ice 5-0.

Brandon McKendry put the first one in on a Norgaard assist, minutes into the first. Morrisburg never let up. Damon Barkley counted the second goal helped by Greg O'Neil, who then scored his own assisted by Derek Baldwin to put the Lions up by three before the end of the first period.

Baldwin put in number four assisted by Anthony Lemaire and O'Neil. McLaughlin finished it off with Derek Baldwin assisting.

February 8, the Lions tied Lewisville on their ice. The Lions first goal was from McKendry assisted by Lemaire and Baron.

Late in the second Matt VanMoorsel netted the tying goal on a pass from Baldwin.

Riverside Darts

RIVERSIDE–**Double Trouble-10 wins.** Outs: Cecil Tyo 5, Debbie Helmer 3, Kevin Richmire 2. H.S. Tyo 134.
Rosebuds-6 wins. Outs: Darren Tyo 5, Terri Sypes. H.S. Tyo 121, Sypes 101.
Arabs-5 wins. Outs: Linda Birch 3, Tony Barkley 2 and H.S. 132, 125.
Lumber Dummies-4 wins. Outs: Pat Hart 3, Ernie Beckstead and H.S. 134.
Pointless-8 wins. Outs: Dennis Baker 5, Elizabeth Markell 2, Arnold Keeler.
Roundups-5 wins. Outs: Alex Hart 3, Chalie Hancock 2. H.S. Franke Bealne 140, Hart 128.
Canadian Team-4 wins. Outs: Peter Montroy 2, Cecil Keeler 2, H.S. Montroy 140.
2 Guys-6 wins. Outs: Lyle Beckstead 5, Elva Baker.
Two Chicks-6 wins. Outs: Cindy Montroy 3, Dalton Hart 2, Duane Kirker. H.S. Kirker 147, Montroy 114.
Fun Gang-5 wins. Outs: Merle Burke 2, Carl Markell 2, Floyd Elliott.
Eric's Bombers-8 wins. Outs: John Hitsman 3, Eric Sypes 2, Gale Scarbo 2, Vera Burke. H.S. Sypes 120.
Born to Cry-5 wins. Outs: Doreen Montroy 3, Dave Svendsen, Jeff O'Neil and H.S. 125.

Double Trouble	235	The Canadian Team	200
Rosebuds	233	2 Guys & 2 Gals	192
Arabs	216	Two Chicks	188
Lumber Dummies	204	Fun Gang	184
Pointless	201	Eric's Bombers	178
Roundups	201	Born to Cry	137

THE WEEK IN CURLING

It's taken most of the season, but the Parnell Cup is back in Morrisburg! The senior men's team of Sid Morrell, Don O'Brien, Neil Williams and Tony Toonders succeeded in Prescott, winning both of their games against Lancaster and Cornwall. Our other team of Bob Bedingfield, Pete Zeran, Jack Dikland and Gerry Thompson had a little trouble with a Prescott team and another Lancaster foursome, but everyone reported a pleasant day, and the cup is home.

Wally McDonald, Alice and Steve Thompson and Bonnie Cameron-Wright competed in the Sweet Tooth Bonspiel in Smiths Falls. They lost their first game against Carleton Place with the last rock, but defeated Perth handily to finish third on the day. The prizes were tasty and the trip to Hershey's afterward added to the event.

Two junior teams competed in the Big Four competition in Russell last Saturday. Jeremy Schnurr, J.J. Hollister and Warren Schneckenburger made up one team, losing both their matches. Colin Tupper, Natalie McDonell, Rebecca Robichaud and Sarah

Toonders won their first game, but missed out going to the final by one rock. Better luck next year!

Three of our little rock foursomes played last weekend in Brockville, and two competed Sunday in Prescott. Nobody phoned in the results, so we can't provide any more details. Sorry, you'll have to ask them!

Allan Brunt was able to help us out with our list of Honorary Life Members recently. According to his records, they include J.E. Christensen (1953), Fred S. Broder (1963), Charles Crober (1968), Ed Casselman (1971), Lorne Kinkaid (1975) Margaret Bowman (1979), and of course Jim Fraser (1999) and Bernie Brunt (2002). We hope the list is now complete and would like to display it in the Club in some appropriate way.

Two-time Brier champions Ferby, Ryan and Howard are back this year. Should be fun! In other national play, the two Saskatchewan junior teams won in Ottawa over the weekend and will represent Canada at the World Championships in Switzerland next month. Several of us were able to take in games at the Rideau and Ottawa clubs last week, and were treated to some great shot-making and showy practice sessions.

In upcoming news, club executive and centennial committee meetings were held Tuesday night, two senior mixed teams will be in Winchester for a bonspiel on

Wednesday, and Brockville senior men are coming to the home club for a friendly match on the same day.

Drop in this Saturday at the Morrisburg Club if you get a chance. The Merkley competition, featuring two local men's rinks and two from each from Russell, Winchester and Metcalfe are playing. Many of these teams will be in the City of Ottawa Bonspiel next month. Good curling to all!

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We thank you for your interest, but only those applicants considered for an interview will be contacted.

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The Parks of the St. Lawrence, an agency of the Ministry of Tourism and Recreation manages recreational areas from Kingston to near the Quebec border. This tourism driven organization encompasses the internationally acclaimed Upper Canada Village and Fort Henry, 12 campgrounds and day-use area parks, Crysler Park Marina, Upper Canada Golf Course, Upper Canada Migratory Bird Sanctuary, Long Sault Parkway, 1000 Islands Parkway, St. Lawrence Bikeway and a variety of dining and shopping experiences.

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file no. SLPC-CS/M&O 2/03 (1)

JOB DESCRIPTION: To participate in the planning process and ensure the implementation of horticulture, landscaping, roads, forestry and mowing operations throughout The St. Lawrence Parks Commission by supervising staff in the operation and maintenance of the roads, fleet, greenhouse, Queen Elizabeth Gardens, various landscaping projects, turf management, woodlands operations, beach, main entrance, pest control and preparation, planting and maintenance of the displays throughout the parks and attractions. To participate in the management and assist in the operation of the SLPC's grounds maintenance capital program. To provide technical analysis and support to management and staff.

QUALIFICATIONS: Demonstratable ability to manage the operations of a maintenance services section; excellent combination of administration, decision-making and problem resolution skills to: plan, manage and coordinate staff and contractors on numerous general and special maintenance projects; to organize and allocate manpower and equipment; to plan and administer budget; highly developed communication and organizational skills to: prepare reports, make presentations, negotiate contracts, resolve disputes; deal tactfully and effectively with senior management, staff, co-workers, numerous contractors, government agencies and the public; broad in-depth knowledge of the maintenance practices and principles as they apply to major responsibilities assigned; significant administrative and managerial ability to direct staff by providing guidance and training, measuring and evaluating performance, scheduling work assignments and time off; knowledge of Occupational Health and Safety Act and regulations that apply to the work and knowledge of any potential or actual danger to health or safety in the workplace to ensure compliance when performing supervisory responsibilities; holder of a valid Landscape Exterminator's licence issued by the Ministry of the Environment; valid Class D driver's licence.

In your application/résumé, please indicate specifically how your experience, skills and knowledge relate to the duties and qualifications stated above. Applications/résumés quoting **file no. SLPC-CS/M&O 2/03 (1)** must be received by no later than **Friday, February 21, 2003** at **4:30 p.m. SEND TO:** Human Resources Division, The St. Lawrence Parks Commission, 13740 County Road No. 2, Morrisburg, Ontario, K0C 1X0, telephone (613) 543-3704, fax (613) 543-2847, e-mail Pierre.Pinet@parks.on.ca.

We thank all candidates for applying, but only those selected for an interview will be contacted.

The St. Lawrence Parks Commission is an equal opportunity employer.

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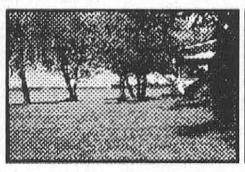
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IROQUOIS – This renovated home is presently two apartments, each containing a living room, eat-in kitchen, 2 bedrooms and bathroom, main floor has full use of basement. Upgrades include most windows, pine floor refinished in master bedroom and living room on the main floor. Home easily converted back to single family home. Asking $87,000. MLS


MORRISBURG – 1640 sq. ft. three bedroom bungalow. Living room and master bedroom with hardwood floor under carpet, eat-in kitchen 11' x 19'. Family room in basement 19' x 28'. Many upgrades, most windows, gas furnace. Gas fireplace in living room. Lot 135' x 140' ASKING $159,000 MLS

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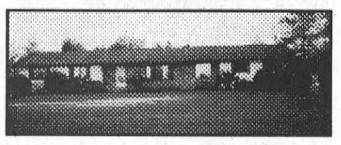
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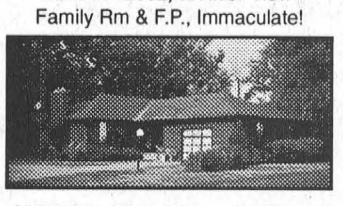
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South Dundas Athletics Club partners with Heart Health

MORRISBURG – We all know "The Little Engine that Could", that kept saying over and over again, "I think I can, I think I can".

This is the attitude Sean Butcher adopted to establish an athletics club in South Dundas for the purpose of promoting healthy lifestyles.

Butcher's goal was to make the fitness facilities available at the Operating Engineers Training Institute of Ontario (OETIO), just east of Morrisburg, open to the general public.

He approached the Heart Health Coalition of Dundas with his idea and a partnership was established between the coalition and the OETIO to pursue the idea.

Norman Stewart then joined the effort to further research this proposal and to obtain the cooperation of the OETIO and its Union.

A committee of interested citizens was gathered and the South Dundas Athletics and Recreation Association (SDARA) was created. The mission of SDARA is to assist everyone to develop a healthy lifestyle and athletes of all ages to excel at their chosen sports to obtain an ultimate fitness level, while fostering teamwork and the building of lasting relationships with their peers.

The committee has been successful in establishing themselves as a non-profit organization, on electing a board of directors (from interested citizens) and obtaining grants and donations from various sources.

The facility is now open to the public and an official launch is being planned for the near future. This facility will provide the citizens of South Dundas with a resource centre and many opportunities to train and increase their knowledge of fitness and healthy lifestyles.

This small idea has grown to include the support of the community and various organizations. SDARA is current planning many future projects.

The Healthy Rhythm Coalition of Dundas is pleased to have been associated in the development of this initiative and salutes Sean Butcher and Norman Stewart for taking to heart the health of the citizens of South Dundas and fostering the enhancement of healthy lifestyles.

The Coalition looks forward to partnering with SDARA in the future.



Representing the Morrisburg Figure Skating Club at the Junior level in Brockville front l-r, were Morgan Hass, Morgan Baxter, Alisha Vanthoof, Logan Patterson and Jessica Bass. Back l-r, are Mikayla MacMillan, Kayla Vanthoof, Leah Wells, Kelsey Baxter, Kristen Stewart and Katherine Lee.

Two ties for Bantam C Lions

ALEXANDRIA– The Morrisburg Bantam C Lions travelled to Alexandria February 2 and Louisville February 8, tying both of their road games. The Lions won at home on February 3.

Alexandria took an early 2-0 lead in their building, scoring two goals in the opening period.

The Lions cut the lead in half by the end of the second period. Andrew Adlington netted the Lions first goal with the help of Jarrell Green and Sheldon Beckstead.

Beckstead scored the tying goal early in the second with Craig Duvall drawing the lone assist.

The Lions defeated Louisville 4-1 in Morrisburg.

Louisville opened the scoring with their only goal midway through the second period.

The Lions lead 3-1 by the end of the second period, scoring three goals in four minutes. Green scored first. Scott Speer assisted. Duvall added two quick markers. Isaac Streit and Brandon Elliott assisted on the first. Colin Chesbro and Adlington assisted on the second.

Beckstead scored the final goal of the game for the Lions. Adlington and Chesbro earned the assists.

A trip to Louisville resulted in a three all tie.

Louisville held a three goal lead by the ten minute mark of the final period.

The Lions came from behind to tie the game, mounting a comeback in the final eight minutes of the game.

Duvall opened the scoring with Ryan Morrow and Streit assisting. Speer scored unassisted on the powerplay. Chesbro counted the tying goal with under two minutes remaining. Adlington earned the assist.

Peewee C's split games

FINCH– The Morrisburg Pee-Wee C Lions travelled to Finch for a regularly scheduled game February 1, where they were handed a 3-0 loss by their hosts.

But the Lions offence was back on track February 6, when they went to work on thier visitors from Massena for a 5-1 win.

The game was tied at one when the opening period ended. Massena's goal was scored by Bobbie Littlejohn unassisted, and Drew Morrow scored for the Lions, with Drew Hutt drawing the assist.

The Lions added three goals in the second period. Pat Chesbro scored two, one assisted by Hutt and Thomas Corden, and the other assisted by Derrick Thompson. Connor Hodgson also scored assisted by Nathan McDonnell and Hutt.

The lone goal of the third was scored by Hutt with help from Corden.

Seaway hosts troupe

IROQUOIS – On February 15 at 2 p.m. Seaway District High School will be hosting a performance by the Freetong Players from Sierra Leone, West Africa.

This professional troupe of six actors and musicians are touring Southern Ontario to tell the story of their country's recent civil war and devastation. The group's aim is to increase student awareness and understanding of global issues, in particular, Sierra Leone.

Through drumming, story telling, dancing and dramas, they will not only relate the difficult story but also the hope that these people have for rebuilding their country which is now at peace.

The partnership aspect of the project is to twin Seaway with a school in Sierra Leone so that letters and pictures might be exchanged and bridges of understanding and hope be built.

It is also possible that Seaway will send school supplies to children who have little but a stool and perhaps a worn book.

Philosopher, Edmund Burke, once said, "Nobody made a greater mistake than he who did nothing because he thought he could do little."

It is hoped that Seaway High can do even "a little" or even "a lot" for the children of Sierra Leone.

The Seaway Global Outreach Team, led by Karen Koivumaki and Mrs. Gardiner, are hosting the Freetong Players for lunch prior to the performance.

All interested parents and members of the Seaway community are invited to attend the 2 p.m. show.

Last year the Seaway Global Outreach Team organized the "Bucks for Bikes" project which raised enough money to repair and send 50 bikes to Honduras for Partners For Children in Development led by George Jackson.

The bikes were purchased for a nominal fee by people who needed transportation to get to work.

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