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The Iroquois Post

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Belleville Public Meeting Extended

TORONTO - A two-day meeting between the people of Eastern Ontario and nine provincial cabinet ministers to discuss the future developments of the region has been extended due to overwhelming public response.

The public meeting, at the Four Seasons Hotel, Belleville, on February 17th and 18th was originally scheduled from 9 a.m. until 5:30 p.m.

The Honourable Allan Grossman, Provincial Secretary for Resources Development said today that a Monday evening session will be held from 7:30 until 10:30 to accommodate an increased number of groups and individuals who have requested an opportunity to speak with the ministers who form the Ontario Cabinet Committee on Resources Development.

"We have already received more than 80 written responses and well over 40 organizations have requested an opportunity to make a verbal presentation," said Mr. Grossman, who chairs the Resources Development Cabinet Committee.

Briefs and submissions on a wide range of topics have been submitted from throughout Eastern Ontario. Subjects generating most public interest appear to be industrial development, tourism and agriculture. "We have been contacted by many town councils, as well as business, labour, farming and conservationist groups," Mr. Grossman remarked.

Mr. Grossman expects the public dialogue will provide the ministers with "esential information to guide us in the development of policies affecting Eastern Ontario's physical and natural resources.

The Committee's previous public meeting in Eastern Ontario, held at Smiths Falls in February, 1973 was responsible for spurring the introduction of needed government assistance programs, he noted.

The Eastern Ontario Development Corporation was established in the summer of 1973 "largely as a result of interest shown by delegates to the Smiths Falls meeting," Mr. Grossman said.

From December, 1973 to December, 1974, the EODC made 110 loans totalling $17,166,000 under its various incentive programs.

During the first year of the distribution of these loans, projections called for the creation of 932 jobs. By the fifth year of operation, 2,200 new jobs a year are expected to be created.

Of the seven loan categories administered by the Corporation, its Business Incentives Program accounted for the greatest number of loans in the first year. Forty-one loans were administered under the program for a total of $9,914,000. The tourist industry received 32 loans, totalling $3,136,000.

Mr. Grossman also pointed out that delegates to the Smiths Falls public meeting had, through their proposals, helped to expedite the founding of the Small Business Operations Division of the Ministry of Industry and Tourism. The division gives advice to small businesses in the areas of general business management, marketing and advertising.

"I believe the creation of these programs is solid evidence of the value of public meetings to the people of Ontario," Mr. Grossman said.

Ministers attending the Belleville meeting with Mr. Grossman will be: William Stewart, Minister of Agriculture & Food; Leo Bernier, Minister of Natural Resources; Jack McNie, Minister without Portfolio and Chairman of the Ontario Manpower Co-ordinating Committee; Claude Bennett, Minister of Industry & Tourism; William Newman, Minister of the Environment; Dennis Timbrell, Minister of Energy; John Rhodes, Minister of Transportation & Communications; John MacBeth, Minister of Labour.

Time to Claim 1974 Ontario Tax Credits

Once again it's income tax filing time and for many Ontario residents it's time to claim their 1974 Ontario Tax Credits.

"The Ontario Tax Credit System is a program designed to contribute greater fairness to provincial and municipal taxation" Arthur Meen, Minister of Revenue, commented this morning. "OTC, as we call it, relates tax credits to an individual's ability to pay taxes. This year we expect to return about $375 million dollars to Ontario Taxpayers by means of this system of tax credits. "That's about $75 million more than last year," the revenue minister noted.

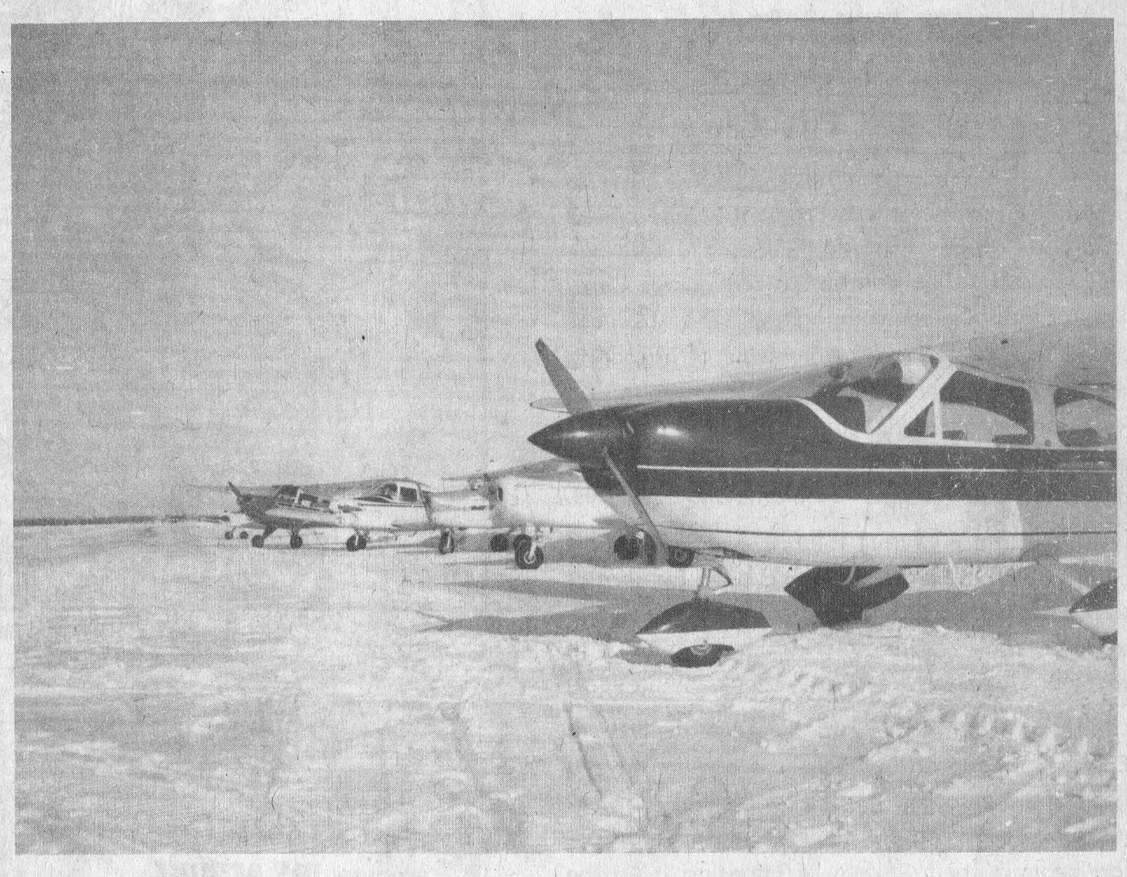
The Ontario Tax Credit System (OTC) consists of three credits:

1. PROPERTY TAX CREDIT - This credit may be claimed by most homeowners, tenants, roomers, and boarders.
2. SALES TAX CREDIT - Any Ontario tax filer over age 16 on December 31, 1974, may claim this credit if he or she is not claimed as a dependent on the income tax return of any other Ontario resident.
3. PENSIONER TAX CREDIT - Most residents 65 years of age and older can claim this credit which amounts to $110 for a married couple and the same for a single person.

In order to claim Ontario tax credits, an Ontario resident must file the federal income tax return, even if the individual has no taxable income. The Ontario tax credit form is attached to a federal income tax return and both forms must be completed and mailed together, in the pre-addressed envelope provided , to the federal government's taxation data centre in Ottawa.

The Ontario tax credit form is simple to complete and the calculations required are not dif-

see Tax Credits pg. 8



We've heard of Sunday Visitors but

The Municipal Airstrip was busy last Sunday as guests literally dropped in to see John Ross of Elizabeth Drive.

A total of 8 planes belonging to the Montreal Chapter of the Experimental Aircraft Association made the trip.

Quality of Life Concern of New Ministry

In December of last year, Ontario's Premier William Davis announced the formation of a new Ministry of Culture and Recreation within the Ontario Government. In the words of the Premier: "One of Ontario's most precious resources is its quality of life, based on a rich and diverse cultural history. It is our goal to preserve and enhance that vital and vibrant quality."

The Honourable Robert Welch, one of the most senior and capable men in the Cabinet, has been appointed Minister of Culture and Recreation. This reflects the importance of the new Ministry, and the impact which it will have on all parts of the Province.

The prime objective of the new Ministry will be to focus on ways in which both individual and community involvement in cultural and recreational pursuits can contribute to the overall quality of life in our Province.

In order to achieve these objectives, six main areas of involvement have been identified. The first area, heritage conservation, will be welcomed by all of us who admire and wish to preserve the worthwhile examples of the talent and ingenuity of the past.

The second programme area relates to the cultural and performing arts. With the steadily increasing standard of living which we enjoy here in Ontario, there is a greater demand for more and better facilities throughout the province. As funds permit, the Ontario Government intends to meet the need for the facilities, and expand opportunities for cultural fulfilment.

The Ontario Council on Multiculturism will also form a part of the new ministry. The objective of the council, which was created some months ago, is to advise the government on ways to promote our cultural heritage.

A variety of programmes related to citizenship will be further components of the Ministry of Culture and Recreation. Residents who require help from the government, but who are unsure of where to turn, may now get assistance from the new Ministry Citizens Inquiry Bureau. A further programme area will relate to use and will involve the Youth Secretariat which is being transfered from the cabinet office to the new ministry. Through the Youth Branch a liaison will be created between young people and the Ontario Government. This department will also be responsible for the co-ordination of a summer employment programme for students.

The final programme area will be sports and recreation, and this area will receive added emphasis by the government.

Legislation has recently been introduced to establish the Ontario Lottery Corporation as a Crown Agency to develop and manage a provincial lottery in Ontario. The net proceeds from the lottery will be used by the government to support programmes for physical fitness, sports, recreation and culture in Ontario. The corporation will be responsible for determining the price of tickets, sales arrangements, the size of the prizes and the frequency of the draws.

Based on the experience of lotteries held elsewhere, the Ontario government expects that sales could reach $100 million within the next couple of years. Approximately 40% of this will be returned in prizes. The payment of operational expenses and sales commissions will amount to about 20%, and the remainder--between $40 and $50 million--will be made available for sports recreation and cultural programmes.

The establishment of the new Ministry of Culture and Recreation is a reflection of the high priority placed by this government on the promotion of physical fitness, sports, recreation and cultural activities of all kinds. The revenues received from the lottery will be used to further stimulate these programmes above and beyond the considerable expenditures that the government is already making in this field.

A wide variety of cultural and recreational programmes have long been provided by the Ontario Government involving several ministries. By putting them together in a single ministry, they will receive much greater emphasis in response to their increasingly significant role.

Ontario's Plowmen to Meet in Toronto Next Week

Over 650 delegates are expected to attend the 65th Annual Meeting of the Ontario Plowmen's Association at Toronto's Royal York Hotel on February 17th and 18th.

The two-day program in cooperation with the Agricultural and Horticultural Societies Branch, Ontario Ministry of Agriculture and Food, gets under way on Monday morning with a director's meeting. In the afternoon, President Len Jefferson, Fergus, will give his address, followed by the treasurer's report and the report of the Secretary-manager, Mr. E.A. Starr, Director of Agricultural and Horticultural Societies Branch.

Mr. H.J. Stanley, Milton, agricultural representative for the Region of Halton, will give his report as secretary of the local committee of the 1974 International Plowing Match. Changes in the prize list will be discussed. Mr. Alfred Hall, secretary, World Ploughing Organization will then address the convention. An evening dinner and entertainment will conclude the first day's activities.

On Tuesday, February 18th, delegations will be present from the Region of Durham where the 1975 International Plowing Match and World Ploughing Contest will be held from September 23rd to 28th on the Ransom, Robson and neighboring farms, Oshawa.

Delegations will also be present from Bruce County, host in 1976, from Frontenac County, host in 1977, from Huron County, host in 1978, and from Kent County, host in 1979.

There will also be delegations from Elgin, Oxford, Simcoe and Wellington Counties seeking the International Plowing Match for 1980 and following years. Mr. Walter Beath, Chairman, Region of Durham, Oshawa will address the delegates.

The program will conclude on Tuesday with a luncheon. Guest speaker will be Mr. Robert Eaton, M.P.P., Parliamentary Assistant to the Hon. Wm. A. Stewart, Minister of Agriculture and Food.

News Briefs

New Posting for Veteran OPP Officer



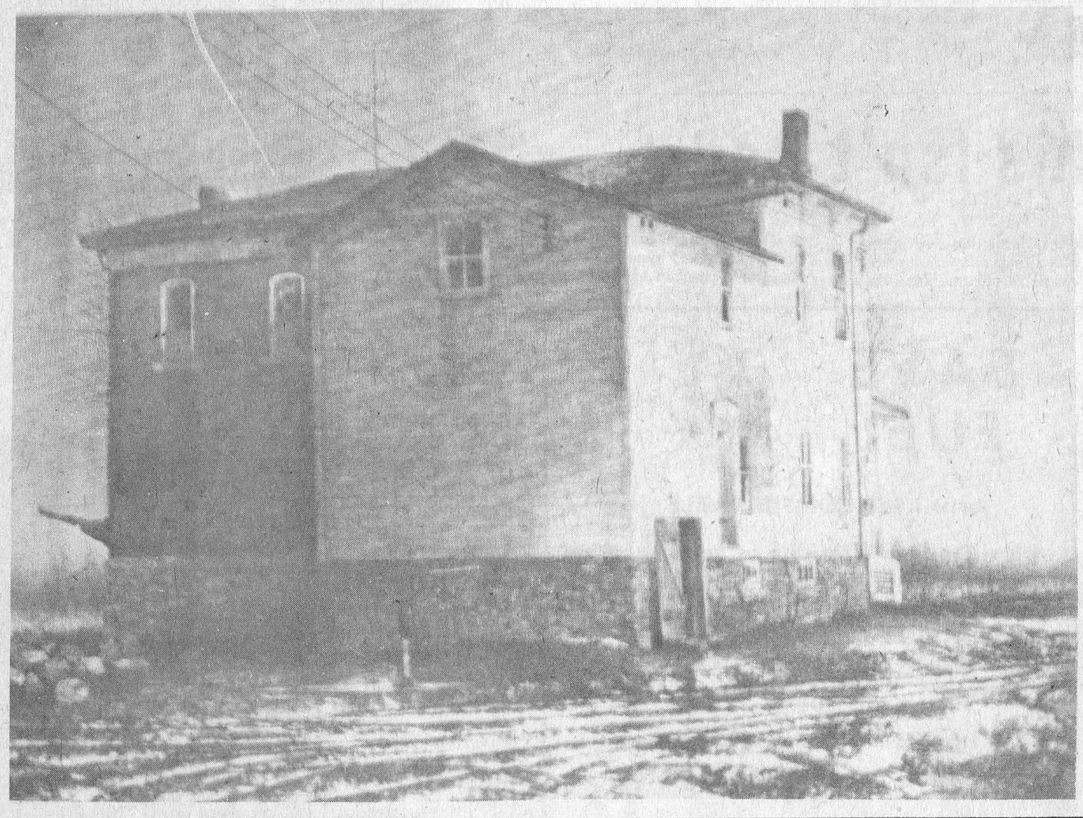
On January 20th, 1975, Sgt. W. H.W. Eady assumed new duties at the Ontario Provincial Police Detachment, Bell's Corners, Ottawa. Sgt. EADY, a native of Renfrew had been stationed in Morrisburg for over 16 years. His promotion to the rank of Sergeant became effective December 24th, 1974.

New Minimum Wage Effective May 1st.

The Honourable John P. MacBeth today announced new minimum wage rates for Ontario which will come into effect on May 1st, 1975.

He added that the Ministry is preparing a booklet for distribution to employers in the province outlining in detail the intention

Local Colour Added to Postal Campaign



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The painting of Eddy's Place is the creation of Murray Smith of Ottawa, son-in-law to Mr. and Mrs. Eddy Duncan. Mr. Smith chose his father-in-law's house in Brinston to represent Ontario in the Postal Department's national campaign to promote the Postal Code. Mr. Smith is employed as an artist by the department and will be painting one picture in every province.

the EDITORIALS

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Dissension Not The Answer

Now that everyone has had some time to digest the Provincial government's announced land bank in Edwardsburg Township the bickering will start. The Ottawa Citizen quotes Cornwall authorities as claiming their initiative has been taken away and their chance of attracting more industry greatly reduced. The Gananoque Reporter, in a recent editorial, states that the city fathers of that picturesque town have a bad case of "the why not us" syndrome and so it goes.

How much of this rhetoric is simply municipal politicking is hard to tell but the authorities would be far better advised to expend energies in some constructive planning and get on with the job which will have to be done.

An industrial park was sorely needed in Eastern Ontario and obviously it had to have a geographical location - the provincial government chose it. Without comment on the particular location, their wisdom of choosing it, in the way they did, is borne out by the quarrelsome attitude of various municipal governments.

The potential benefits to the various communities are limited only by the scope of their own thinking and ability to plan. The spin-off from this development, when it is started, will extend from Kingston to Cornwall and spread northward. Secondary and support industries will be looking for a home and will establish themselves in the communities which have had the foresight to plan and the initiative to bring their plans to fruitation.

The negative attitude displayed by others does not appear to exist on our own Council in Iroquois and we urge Council to take the initiative. There is a job here for everyone; Council, Service Clubs, Church groups and any other organization which has an interest in the prosperity of their community. The local businessmen should be thinking of a Businessmen's Association so that they too have a collective input into the planning.

Growth in the area is inevitable, all that remains to be determined is when and what kind of development do we want? When, may be a variable factor but the decision on what kind of development rests with the community and their ability to plan together.



SAY, I JUST DISCOVERED ANOTHER USE FOR THE HOCKEY STICK - SCORING!



Bill Smiley

Liberation my armpit!

By BILL SMILEY

THIS, apparently, is Women's Liberation Year, or something of the sort. So be it.

Aren't you getting a little sick of it all? I mean *you*, and I don't care whether you're a man or a woman or a hermaphrodite.

Don't worry chaps; I am not afraid. I have a northern hideout, an old atom bomb shelter, with three women laid on: one to bathe me, one to dress me, and one to cook for me. So I'm going to say exactly what I want to, and let the chippies fall where they may.

First, I take a look at my own family, to see which women need liberating. Answer? Zero.

My wife needs liberating like I need a kick in the groin. Ever since I met her, she has been, not removing *her* chains, but applying mine. I clank when I walk.

She doesn't need to be liberated. She needs to be tied up. She has made it quite clear that she is: smarter than I about everything from making out the income tax return to screwing in a light bulb; better looking than I (and all we have to do is look in a mirror); more artistic than I (she's always frigging with the color thing on the television while I bellow 'I don't care if it's all purple, shut up and watch the program'); and in better shape than I. I always concede the last-named without a fight. I invariably say, "Boy, I could never scrub the kitchen in half an hour, like you. Dear. It would probably take me half the afternoon." And I'm right. So there's no conflict of interest there.

She also has a joint account, the house is in her name, the car is in her name, and if I dropped dead tomorrow, she'd have so much insurance she could give Jackie Onassis a run for her money. Liberation my arm pit!

My daughter is in the same boat, or category. She alternately bullies and wheedles her father and her husband. She takes nothin' offa nobody, especially male cops. She is in a career course, and she is using, or kicking out of the way, every male who stands in her path. With one exception. She is being used and pushed around by the only male who could do it, her year-old, walking son, Pokey. And there is the only hope I see for the future of the male.

Looking further afield, I remember two dames who were so liberated you wondered who was wearing the pants in the family, in both cases.

One was my mother. She called the shots in our family from the time she put on her wedding ring. She decided which of the kids would be licked, and she did the licking. She decided what speed my dad should drive at. She pulled us through the Depression. My dad was a sweet, gentle chap like myself and always sat in the rumble seat on each new family enterprise.

My mother-in-law was the same. With a combination of tempers, tirades and tears, she made my father-in-law walk on eggs until he didn't feel comfortable unless he had an egg underfoot.

Ditto with my sisters and sisters-in-law. They bully and needle and haggle their men unmercifully. They continually make them feel that they (the women) had poor luck in the draw, and make veiled and usually imaginery references to the great chances they had to marry someone worthwhile, who turned out to be somebody.

And this phenomenon is not something new, something of the 20th century. Queen Boadicea, if anyone remembers her, had a great time smashing up Roman legions until she died of an overdose of woad.

Lady Macbeth was no shrinking, unliberated violet. She was more or a shrieking, liberated violent.

Queen Elizabeth I diddled her would-be lovers for years and ran a growing empire with a velvet glove in an iron fist.

Madame de Pompadour literally ran the French empire in the days of the 15th Louis, and she wasn't even married.

Nobody is weeping over Jackie what-ever, who bounced from a U.S. president to a Greek billionaire. Nor are many tears shed over the way poor little, helpless Liz Taylor has been mistreated by five or six or seven husbands.

Of course, all these women had charm, and drive, or both, and weren't too much concerned about the cost of hamburg. That's what the Women's Lib is going to hit me with, among other things.

One last example. I know a lot of women teachers. You think they need liberation? Like hell. They smoke and drink and swear like sailors and swagger around in comfortable pant suits while the men strangle in shirts and ties. And the real clincher is that they make as much money as men, and frequently more. Top administrative jobs are open to them. They don't want them.

Why? Not because they can't handle them. Most of them would do a better job than the dim-witted males who now inhabit these posts. No. It's because they don't want to give up their feminine perks: staying home for two days with a sniffle; shooting off to the hair-dresser once a week; breaking into tears when everything becomes Too Much For Me.

I have always treated a woman as a woman first and a person second. I have used the same treatment with old men and little kids.

If I have to start treating women as people first and women second, I know who is going to complain the loudest. The women. And the second loudest complaint will be from yours truly. It will destroy all the mystery and glamor and excitement which are the only things that make life worthwhile.

Men, rally around. For years, both sexes have been equal, but women have been more equal than men. Now, all they want to do is widen the gap.

Some of my best friends have been women, but how would you like your son to marry one?

I once started a national campaign for PORK (Parents of Rotten Kids). It was fairly successful.

Once more I appeal. Last time most of the joiners were women. This time, I want the men of Canada to stand up and be counted as members of my new organization. Don't nobody be scared.

It will be called: Men! Attack Female Independence. Anonymously. In short, MAFIA!.

The Argyle Syndicate Ltd.

As Ripoffs Go, This Isn't Bad

Whether you drink wine or not, recent developments in its pricing show all too clearly how some governments are quick to add to inflation as long as the benefits accrue to them, says an editorial in The Financial Post. Consider, for example, the sly hand of the Ontario Liquor Control Board. When the higher excise taxes decreed in Ottawa's November budget were combined with existing federal sales taxes, the price of wine to the Ontario board went up by just about 7¢ a bottle. Was Ontario perturbed on behalf of consumers in the province? Not a bit. It automatically applied its 109% markup to the new base price, blithely levied its 10% sales tax and then, unannounced and apparently unobserved, it stuck on a couple more cents per bottle to garner for itself a total of 13¢ per bottle extra.

The federal 7¢ increase was transformed to a 20¢ hike. By contrast, the Quebec Liquor Corp. raised its price (effective Jan. 13th) by only 5¢ absorbing part of the federal increase. Jacques Desmeules, QLC's obviously enlightened president, states: "We have successfully avoided the inflationary double taxation used elsewhere to give our customers a decent break." Now there's a sophisticated policy. Quebec's increase is the lowest in Canada. Ontario's the highest.

In between are the rest of the provinces. Manitoba's overall hike, for instance, works out to 10¢ a bottle. While Ontario's wine importers are grumbling about the increase, winery executives in that province are all smiles. Of the 20¢ per bottle increase on their products, 9¢ will be returned to them to help offset dramatically higher costs. In effect, this means that Ontario's markup on provincial wines has been reduced from 65% to 59% while the markup on imports has increased to approximately 110%.

The competitive base for imports, in other words, has been subtly shifted in favor of local producers. Some importers are still hopeful that price relief is on the way. Submissions to a review of wine pricing, being carried out quietly by the Ontario government, apparently recommend a reduction in overall markups and a pricing system wherein the markups become smaller as the wines become more expensive. That makes sense from the consumer's point of view.

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Walter Baker, M.P.

Reports To Grenville Carleton

A Big Week in Parliament

Last week will be remembered by Canadians for two events. The first to be announced was a "Green Paper" on Immigration and the second was the intervention by Provincial and Federal Governments into the Syncrude Project. To say that it was a big week is an understatement.

What is this "Green Paper"? It is not supposed to be a statement of policy but rather a statement of options that are to be discussed by Canadians and chosen by Governments. It asks us what kind of Country we want in terms of people who immigrate, under what circumstances may they come in, what criteria will apply and in what numbers will they be permitted to join us. This vast document seems to start from the premise that the receiving nations have a choice - the choice will be made by our Government and put before Parliament and eventually voted upon. The Government has asked for discussions and dialogue and you can be sure that will occur. In presenting policy options the Green Paper suggests that one option is to continue the present system and a variation would be adding a greater degree of selectivity to meet job requirements in Canada. The other two options involve quotas - either annual quotas on the basis of regions or annual quotas set on the basis of different categories of immigrants. There is a case made for a special emphasis on maintaining a flow of French speaking immigrants because of the fact that the proportion of French speaking population is falling.

There is no doubt that these and other factors will create a lively debate in Canada - but to what extent all of this will lead to change from the present policy remains to be seen. I am bound to say that when one cuts through the verbiage - all four volumes of it - the basic theme seems to be that control should continue with perhaps more precision. One can be forgiven if one wonders aloud why we discuss immigration when we have not set national population guidelines for Canada. The cart seems to be a little ahead of the horse.

The second matter is Syncrude - the costly and highly technical operation to extract a synthetic oil out of the Athabasks Tar Sands. For some time we were told by Government and industry that we were self-sufficient in oil - and by these bland statements most of us assumed that we were talking about fossil or conventional oil. A study by the National Energy Board told us that in terms of conventional oil we are living in a fool's paradise. In effect, it is said that if we are to be self-sufficient we must tap the Tar Sands. The oil companies began to drop like flies as they faced tremendous costs and they came to the Government to bail them out or they would quit and go home. We will never know what went on behind the closed doors but we do know that Canada, Ontario and Alberta are now the partners of the oil companies to the extent of 30%. We know that Ottawa's initial commitment is $300 million; Ontario's is $100 million and Alberta's is $200 million and the companies keep a 70 per cent interest. It was admitted in Parliament under heavy questioning that the cost in dollars to each Government would probably increase with inflation. It becomes clear that:

a) the Tar Sand petroleum will be at a price close to the world price so that the investment can be paid off;
b) that Syncrude will receive a special tax break to help it along;
c) that the Government partners will have many more companies approaching them for help on bended knee, and;
d) that in terms of our requirement for money for other public undertakings we have committed ourselves to a project that will require a growing portion of our national wealth.

The transaction has been soundly condemned as a bad business deal by Alvin Hamilton of the Conservatives and a sell-out by the N.D.P. Perhaps there is truth in both points of view - the time bomb is the world price for oil. If we are locked into a project which by its terms must deliver oil at a high price, what happens to our investment if the oil producers abroad start to lower the price.

Even the Energy Minister MacDonald damned it with faint praise Speaking as an Ontario Member, I am concerned about the security of supply and Mr. Hamilton has said that only that aspect can justify such a potential cost and questionable deal. It was a busy week in Parliament and we will debate its results for many years.

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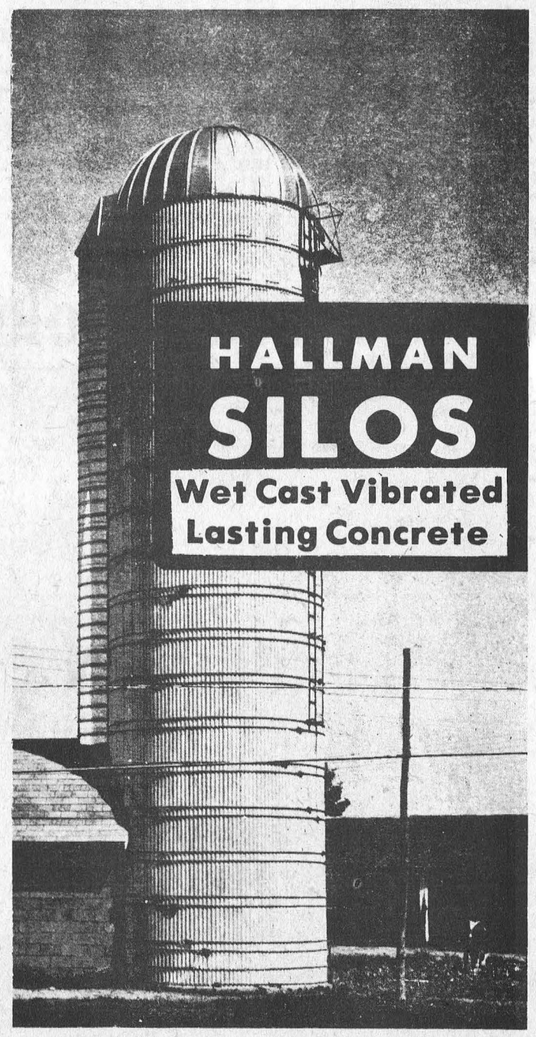

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Bird Notes

E.G.A.

Nature Signals Changing of Seasons

Man has always looked to the behaviour of wild creatures for signs regarding the changing seasons, and this has given us some of the odd customs which we now take for granted. Ground hog day, for instance. Did the Ground hog see his shadow on February 2nd? If he dared to put his nose outside on such a cold day, he would certainly have seen his shadow in our part of the country, and toddled off to bed for six more weeks.

While the awkward Starling is nobody's candidate for Bird of the Year, believe it or not, he is the first to show a sign that Spring is coming. All winter he wears a speckled coat, and a dark-coloured bill. Now, as the seasonal change approaches, the speckles are fading, and the bill turns to a gay yellow. Sure enough, several Starlings are already showing these welcome signs.

Incidentally, although they are rather ungainly birds on the ground, in flight they are really graceful. "Everything is beautiful, in its own way".

Meanwhile business at the feeders is brisk. The competition is keen among the Bluejays, Grosbeaks and Chickadees, with slight altercations now and then, as to who got there first. When Big Blue shows up, the small birds respectfully withdraw to a nearby branch, to wait their turn.

Do-it-yourself feeders are easy to come by. A coconut split in halves will provide two neat containers; when bound with nylon cord or yarn, and hung on a convenient branch, they are perfect for Tree Sparrows and Chickadees. A suet ball will also be appreciated by Chickadees, and to watch one of these tiny acrobats hang by his "heels" to eat in an upside-down position is something to give you, your smile for the day.

Sometimes the birds seem slow to recognize a new feeding station, but the Sparrows will lead the way. Patience is the name of the game.

First Sighting

A robin has been seen by an observer who lives just west of Iroquois. Good news indeed!

In Memoriam

ST. PIERRE - In memory of a dear sister, sister-in-law and Aunt, Dorothy St. Pierre who passed away one year ago, February 8th 1974.
Sister in heaven quietly at rest
with God's grace you now are blessed
Although this year has passed away
Our thoughts are with you on this day.
Ever remembered, Keith, Marion and Carson. 34-1c

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Mrs. C.W. McInnis Celebrates Birthday

Mrs. Chas. W. McInnis of 21 Ottawa Street, Morrisburg, was the recipient of many greetings and good wishes on the occasion of her 80th Birthday on Friday January 31st. The members of Moonlight Chapter of the Eastern Star of Iroquois paid a surprise visit to her home, Sister Edna Bebee, Worthy Matron, Sister Marjarie Shaver, Past District Deputy, Sister Nelda Brown, Past Worthy Matron, Sister Vi Hare and Sister Stella Seeley presented Ethel with a beautifully decorated Birthday Cake on behalf of the members of the Star. Sister Ethel has been their organist for the past seventeen years and was pleased to render this service to the chapter.

Greetings were also brought by Wilhelmina Cleary and Helen Rupert of Lunenburg Senior Citizens Club, Mrs. Shirly Walsh and Helen McMillan of Ingleside Club, Mrs. Velma Casselman of Morrisburg Club, and Mrs. Leiverdink of Helping Hands Club of Brinston.

While Ethel was busy receiving greetings by phone the postman covered the table with Birthday cards from the Churches where she played the organ for over sixty years. Just recently the Iroquois Lions Club presented Ethel with a beautiful Taranium in a large glass bowl in recognition of her services as pianist for the past five years at their regular meetings.

Other beautiful gifts were received from relatives and friends. The many callers at her home were Carleton and Isabel McInnis and Scot, Ruth and Ormond McConnell of Winchester, Thelma and Gordon Metcalf and Shari of Bal 'd Durfe, Landon, Vera, Mary and Ronnie McInnis, Bonnie and William McConell of Winchester, Royal and Mrs. Merkley, Kimp and Mrs. Beckstead, Mr. and Mrs. Douglas McInnis and Lester and Karen.

Ethel expressed thanks to all and humbly repeated:

"Count not your age by the years you live
But by the happiness you give
Bring cheer to others on lifes way
And count each Birthday as one more mile
Upon the road of things worthwhile."

Obituaries

Native of Iroquois, Educator Dies in Edmonton

EDMONTON - Funeral services were held February 5, for M.E. LaZerte, 89, a former dean of education at the University of Alberta, who died Sunday, February 2nd. Born in Iroquois, Ontario, he began his teaching career in Hardisty, Alta. He obtained a PhD from the University of Chicago in 1927. He later joined the University of Alberta and was named dean of education in 1942.

Haddo Sno-Drifters

Haddo Sno-Drifters held their rally on Sunday, February 9th. Although it was a bright sunny day, 51 drivers braved the 0 degree temperature to compete for the 11 trophies donated by Lee Shaver, Vern Speer, Ford McCaslin, M & M Recreation, Evans & Hale Electric and Haddo Sno-Drifters. The winners were: 1st - George Burchell, over-all winner, 2nd - Ed Burchell, 3rd, Gary Tracey, 4th - William Dodge, 5th - Ron Whittiker, 6th - Jim Burchell, 7th - Gary Whitteker, 8th - Philip Thompson. Safest driver - Freddie Osler, The Longest Time - Stephen Barkley, The Youngest Driver - Stephen Barkley.

LEGION BRANCH 370 BINGO
TO BE HELD
EVERY MONDAY 7:30 p.m.
LEGION HALL, IROQUOIS
15 REGULAR GAMES - $5 PER GAME
3 SHARE-THE-WEALTH GAMES
3 SPECIAL GAMES - $10 PER GAME
1 JACKPOT $100 - SPLIT 4 WAYS
WINNER-TAKE-ALL GAME
Plan To Attend This Evening of Fun at the Legion Hall

sunday services in the churches

CHRISTIAN REFORMED CHURCH WILLIAMSBURG, ONT.

Sun., Feb. 16
9:30 a.m. Text: Matthew 16—Ver. 21, 22 & 23. Theme: — Jesus prepares the desciples for His death.
10:30 a.m. Sunday School
2:30 p.m. Belgic Confession — Articles 33, 34, 35 — Theme: Tht Place of the Sacraments in the Church.

Anglican Church of Canada Parish of Iroquois and Morrisburg

Rev. Francis N. Gooch, B.A.
Telephone 543-2867

ST. JOHN'S - IROQUOIS

Ash Wed., Feb. 12
8 p.m. — Act of Penitence for 1st Day of Lent and Holy Eucharist.

1st Sunday in Lent—Feb. 16
8 a.m. ..... Holy Eucharist
11 a.m. ..... Litany & Address

IROQUOIS PASTORAL CHARGE UNITED CHURCH OF CANADA

Rev. W. Brian Gee, B.A., B.D., ThM.
Organist: Mrs. George Fowler

Sunday, Feb. 19
11 a.m. — Worship and Church School
12 noon — Board Meeting

THE PRESBYTERIAN CHURCH IN CANADA KNOX CHURCH, IROQUOIS

The Rev. John J. Hibbs, B.A., B.D., M.Th., Pastor
Mrs. M. Casselman, Organist
MINISTRY OF WORSHIP, EDUCATION AND OUTREACH
Midweek Youth-Adult Program
SUNDAY
Church School ..... 9:45 a.m.
(Kindergarten thro. Grade 12)
Worship Service ..... 11 a.m.
(Adult Nursery Supervision for Children 4 years and under)
VISITORS AND NEW CHURCH FAMILIES WELCOME!

ST. ANDREW'S CHURCH South Mountain
Mrs. Arnold Shaver, Organist
SUNDAY
9:30 a.m. ..... Service of Worship
(Adult Bible Class Following)
YOU ARE MOST WELCOME!

UNITED CHURCH OF CANADA Matilda Pastoral Charge

Rev. L.D. Joyce, M.A., Ph.D., Th.D
9:45 a.m. ..... Hulbert
11 a.m. ..... Brinston
2:30 p.m. ..... Hainsville

ST. MARY'S CHURCH
Rev. F.M. O'Connor, P.P.
Saturday ..... 7:30 p.m.
Sunday ..... 11 a.m.
Confessions Friday 8 to 9

ST. CECILIA'S CHURCH
Sunday ..... 9:30 a.m.
Confessions Friday 7 to 7:45

PROCLAMATION
BADEN-POWELL WEEK

WHEREAS the Boy Scouts and Girl Guides will be joining with Scouts and Guides across the world to celebrate Scout-Guide Week, February 16 to February 23;

WHEREAS the Cornwall and District Council of Boy Scouts and the Eastern Division of the Girl Guides of Canada wish to honour Lord and Lady Baden-Powell, the founders of the two movements as well as all those active in these movements in our community.

By virtue of our office, WE Gerald J. Parisien and J. C. Whitteker, hereby proclaim the week of February 16th to 23rd as BADEN-POWELL WEEK.

We urge all citizens to lend their interest, their support and their co-operation to the Boy Scouts and the Girl Guides to make the work of these two movements a success.

GERALD J. PARISIEN.
Mayor,

J. C. WHITTEKER,
Warden, United Counties of
Stormont, Dundas and Glengarry

IROQUOIS WINTER CARNIVAL
FEBRUARY 21st. to 23rd.

Schedule of Events

Friday, Feb. 21st.
AMATEUR NIGHT /PRIZES

ENTER NOW!

ACTION HOT LINES
Amateur Night Phone
John McAllister 652-4337
Ron Fader 652-4373
Registration by February 18th

Sunday, Feb. 23rd.
SKATING RACES AT 2:00 P.M.
Followed by public skating
OLD TIMERS HOCKEY GAME 8:00 P.M. — 9: P.M.
Cardinal Arena: Bus Service to the Arena Will Be Provided by Ken Strader Bus Lines
Bus leaves Johnny's Spot at 7:30 p.m.

Saturday, Feb. 22nd.
1:00 p.m. CHILDREN'S FILMS
Followed by Hot Chocolate and Goodies
2:00 p.m. LOG SAWING AND TUG OF WAR
Contests Sponsored by the Iroquois Fire Department
3:30 p.m. SKATING
5:00 p.m. BROOMBALL
9:00 p.m. LION'S CLUB CARNIVAL DANCE
Featuring George Barkley and his Country Cousins

SNOWMOBILE RALLY
SATURDAY, FEB. 22ND. AT 1 P.M.
FOLLOWED BY DINNER & DANCE AT LEGION HALL
ADVANCED TICKETS NOW BEING SOLD
SEE ED HITCHISON OR DUANE KIRKER
SPONSORED BY IROQUOIS LEGION BRANCH 370

SOCIAL and PERSONAL

HANESVILLE

The Ladies from Hainsville who went to the Creative Stitchery Summary Day at Chesterville saw many beautiful displays.

Rachel Ann Van der Weide spent Wednesday afternoon with Mrs. Irene Lewis.

Mrs. Christine Kaluza of Cornwall spent the weekend with her daughter Janet Van der Weide.

Mr. Clifford Fader and family visited with Mrs. Maud Fader at the Roebuck Home.

The Hainsville Explorers enjoyed an afternoon of sleighing and tobagganing at Upper Canada Village.

PITTSTON

Mrs. Robert Sloan and Mrs. C. Marlatt attended the Grenville County Summary Day in Spencerville, Township Hall, Thursday afternoon, "More Ideas For Sewing Knits."

Mr. and Mrs. Mack Fetterly, Iroquois, were dinner guests recently at Mr. and Mrs. Larry Conlin.

Mrs. Hilda Wilson, Iroquois, Earl Marlatt visited Mr. and Mrs. C. Marlatt, Sunday afternoon.

Gordon Connell, Spencerville, visited George Montgomery recently.

Pittston U.C.W. held their meeting Wednesday evening at Mrs. Gary Roddick, with a good attendance. The president, Mrs. Gary Roddick, opened with a poen. Teach us to Love more and Hate less. Mrs. C. Marlatt was in charge of devotion presenting the two builders, Solid Rock or Shifting Sands, based also on Luke 6 verses 46-49, closing with prayer. Roll call brought out a variety of answers, What your first teacher was, and first school. Business dealt with and World Day of Prayer discussed, Mrs. Fred Taylor was remembered on her birthday by U.C.W. Then Mrs. Roddick brought out Highlights of Mission Study Kit. What it means and Where it Begins. At the conclusion the hostess, served, broiled, open face buns, of chicken, chopped ham, topped with cheese and pickles and coffee. A social time followed.

SHANLY

Mr. and Mrs. Tom Armstrong of Spencerville were Tuesday dinner guests of Mr. and Mrs. Walter Pitt.

Ralph Miller returned home on Friday following surgery in Brockville St. Vincent Hospital.

Mr. and Mrs. Ross Riddell attended the Henderson, Wallace wedding on Saturday in Prescott.

Congratulations to Mr. and Mrs. Hally Welch on the birth of their son Alastair on Tuesday February 4th in General Hospital, Brockville.

Mr. and Mrs. Robert Hutchison and sons of Brouseville spent Monday with her aunt Mrs. Ernest Pitt.

Mr Wayne Hamilton returned home Friday from a week in Chatham in connection with his work with Consumer and Corporate Affairs, Ottawa.

Mr. and Mrs. Randy Bilz and Kerrow returned from a two week's holiday with her parents, Mr. and Mrs. Nosske, in Pembroke.

On Sunday February 9, Mr. and Mrs. Stanley Wallace attended the 90th Birthday party for his brother Allie Wallace held at the home of Mr. and Mrs. Morley Ball, Brockville.

The U.C.W. with friends held a quilting in Sunday School Hall, with "Pot Luck" dinner on Wednesday and completed 2 quilts for Regional Hospital Smith's Falls. Another quilting this Wednesday as three more quilts to be done.

New Day Care Centres for Over 3,000 Children

TORONTO -- Approval of another 19 grants for children's day nurseries, totalling $3,169,700, were announced today by Rene Brunelle, Ontario's Minister of Community and Social Services.

To date, or since mid-October the ministry has approved day care grants to 99 centres. The 100% capital grants, estimated at a cost of $12,119,070 will create new day care places for an additional 3,100 children.

The new grants announced today go to municipalities, an Indian Band, and charitable and co-operative day care organizations.

Grants approved for municipalities include the Regional Municipality of Niagara, Regional Municipality of York, Regional Municipality of Ottawa-Carleton, Town of Hanover, and Metropolitan Toronto (two grants for nurseries on O'Connor Drive and Hollis Avenue). A grant was also awarded the Saugeen Indian Band at Chippewa Hill.

Grants to charitable and co-operative organizations went to four Associations for the Mentally Retarded, including the Oshawa and District Association, the Burlington and District Association, the North Halton Association and the St. Thomas-Elgin Association, the E. L. M. Children's Centre Inc., Glencoe; Five Counties Children's Centre, Peterborough; Erin Mills Community Ministries, Mississauga; Ashworth Square Co-Operative, Mississauga; Campus Child-Care Co-Operative of Guelph, Inc.;

see DAY CARE pg 5

FUNERAL SERVICE
W. E. FITZSIMMONS
IROQUOIS Established 1924
"SERVICE IS OUR MOTTO"
652-4452 652-4577

WINCHESTER WINTER CARNIVAL '75

THURSDAY, FRIDAY, SATURDAY, SUNDAY

FEB. 20th.--21st.--22nd.--23rd.

WIN A TRIP TO MONTREAL—

Accommodation for four persons in Popular Motel Suite including dinner arrangements on Friday and Saturday evenings.

TICKETS — $5.00—

Entitles holder to admission to Carnival Events.

HIGHLIGHTS OF THE CARNIVAL—

Thursday evening:
Queen Contest

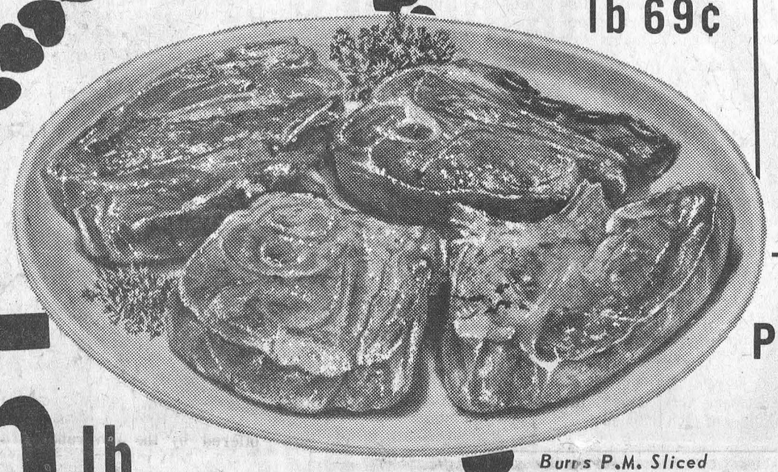
Friday evening
Inkerman Rockets and Winchester Juniors take on Town League All-Stars

Saturday evening
Old Timers Hockey — Morrisburg Combines vs. Town League All - Stars

Sunday afternoon
Conn Organ Skating Party and Family Party

Who Says Supermarkets Aren't Sentimental? We're All Heart

S & F



CHOICE
PORK LOIN
No. 1 Loins
WHOLE LOIN CUT IN CHOPS
OR
CUT IN CHOPS AND ROASTS
1.05 lb

Lean Rib Stew lb 69¢

Maple Leaf 6 oz.
Cooked Meats
6 Varieties
35¢ Each

Fresh
Pork Liver lb 39¢

Burns P.M. Sliced
Back Bacon lb $1.59

FOOD VALUES THAT MEAN More for You

Burns
Cello Wieners lb 69¢

Fresh
Pork Hocks lb 49¢

Burns Pride of Canada
Breakfast Bacon lb $1.29

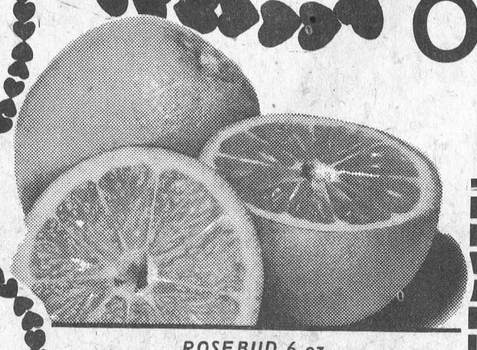
Du Brisson Short Shank Ready to Eat 5-7 Lbs.
SKINLESS HAM
Either End lb 99¢ Centre Cuts lb $1.12 Centre Slices lb $1.19

Burns S.P. ½ Cryovac
COTTAGE ROLLS
lb 98¢

BAKERY DEPT. Christie's Fresh Date
TURNOVERS
Pak of 9
61¢

Provigo
KETCHUP
32 oz. Bottle
89¢

FLORIDA 125's
ORANGES
doz. 49¢



LYNN VALLEY
19 oz. Standard
PEAS
27¢

ROSEBUD 6 oz.
RADISHES 12¢

V.R. 6/7
TOMATOES
LB. 49¢



FROZEN FOODS
Highliner Boston 14 oz.
Bluefish in Batter 79¢
York Beef, Chicken, Turkey 8 oz.
Meat Pies 35¢
Snowcap Hash Brown 2 Lbs.
Potatoes 29¢
Farmhouse 24 oz.
Raisin Pies 89¢

Clark's 19 oz.
PORK & BEANS
45¢

Bick's 64 oz. jar
Crunchie
DILLS
99¢

Big 53 oz. Bottle
Pepsi Cola
Serve Cold and Frosty
53¢ PLUS DEPOSIT

Man-Sized Food Savings for VALENTINE'S DAY

MIRACLE WHIP—32 oz. Salad Dressing $1.28
HABITANT—28 oz. CREAM OF TOMATO SOUP 42c
PROVIGO—Pak of 8 Rolls Bathroom Tissue $1.69
COLGATE—100 ML Size Tooth Paste tube 99c
SUMMIT—28 oz. Tin PEACHES 65c
UTOPIA—28 oz. Tin Canned TOMATOES 59c
KRAFT 16 oz. Pk. Sliced Cheese $1.35
BETTY CROCKER Fruit Helper pk. 49c
TANG ORANGE DRINK—Pouch of 4 envelopes CRYSTALS $1.15
PROVIGO Jelly Powders ea. 23c
SUNLIGHT—32 oz. Liquid Detergent 2/$1.67
VOLUE—19 oz. Standard Peas 34c
OPAL 19 oz. Tin Cream Corn 29c
MOTHER PARKER'S —1 lb. COFFEE $1.09
YORK—32 oz. Jar Bread and Butter PICKLES 62c
PROVIGO—64 oz. Bottle Pure Orange Juice 94c

BLUE BONNET 3 LB. PK.
Margarine
$1.99

Lancia Lunch
A MEAL IN A MINUTE
3 Flavours to Choose From
19¢

BICK'S BIG 48 OZ. JAR
Sauerkraut
WINE CURED
79¢

MARY LOU 1 LB. PARCHMENT
Margarine
43¢

SALADA TEA BAGS
Tea Bags
PAK OF 100
79¢

SHIRRIFF'S 12 OZ. BOX
INSTANT MASHED
Potatoes
69¢



Ann Landers

Dear Readers: Several weeks ago the Kansas City Times sponsored my lecture to the students of Washington High School in Kansas City, Kansas. I was given a copy of the school's paper, The Washingtonion. That issue carried a quiz on veneral disease. In my opinion that quiz should be reprinted in every high school paper in the United States and Canada. Here are the questions in the form of multiple choice. The correct answers can be found at the end.

1. V.D. is transmitted by: (a) Sexual relations with an infected person, (b) Toilet seats, 9c) Kissing.

2. If not treated, gonorrhea may turn into syphilis: (a) True (b) False

3. The largest number of reported cases of communicable diseases in the United states last year was: (a) Measles, (b) Chicken pox, (c) Gonorrhea, (d) Syphilis.

4. A person with V.D. will have: (a) Symptoms all of the time, (b) Symptoms part of the time, (c) No symptoms, ever.

5. If you get syphilis and see a doctor he (or she) can: (a) Help you some but not cure you, (b) Cure you some of the time, (c) Cure you all of the time.

6. The symptoms of syphilis and gonorrhea are: (a) Usually painful (b) Almost always noticeable (c) Often hidden (d) Almost always hidden

7. If a man and woman both get gonorrhea: (a) The man will notice symptoms first, (b) The woman will notice symptoms first, (c) They will both notice symptoms at the same time.

8. The symptoms of gonnorhea may be: (a) A sore on the sex parts, (b) Discharge from the sex parts, (c) A rash on the body.

9. The symptoms of syphilis may be: (a) A sore on the sex parts, (b) A rash on the body, (c) Sore throat, (d) All of the above.

10. Once you have had syphilis or gonorrhea you can catch it again: (a) Yes, (b) No, (c) Only gonorrhea, (d) Only syphilis.

11. If a pregnant woman has syphilis and it is not treated, her baby: (a) will always be born with syphilis (c) Will never be born with syphilis.

12. Veneral disease can be a serious problem: (a) Only to people who are careless, (b) Only to people who don't behave properly, (c) Only to teenagers and young adults, (d) Anybody and everybody.

13. It is correct to say: (a) A "negative" blood test always means you don't have syphilis, (b) A "positive" blood test always means you do have syphilis, (c) If you have syphilis, sooner or later your blood test will be "positive."

14. V.D. education in the schools will: (a) Make young people curious and lead them to experiment with sex, (b) Teach them that the disease can be cured and make them less careful about protecting themselves against it, (c) Provide them with accurate information so they will know how to avoid the disease and emphasize the necessity of seeing a doctor if they should become infected.

The correct answers are as follows: 1. (a) 2. (b) 3. (c) 4. (b) 5. (c) 6. (c) 7. (a) 8. (b) 9. (d) 10. (a) 11. (b) 12. (d) 13. (c) 14. (c)

If anyone who reads this test suspects he (or she) has V.D., please go the the City or County Health Department for testing and free treatment. Your parents will NOT be notified.

Ann Landers discusses teen-age drinking--its myths, it realities. Learn the facts by reading, "Booze and You--For Teen-Agers Only," by Ann Landers. Send 50 cents in coin and a long, stamped self-addressed envelope to Ann Landers, P.O. Box 1400, Elgin, Illinois 60120. Copyright 1975 Field Enterprises, Inc.

CALENDAR OF EVENTS

Wanna do something different? Plan now for a nice evening of dancing in May. The Morrisburg Masonic Lodge (Excelsior No.142) is sponsering a dance at the Morrisburg arena on Saturday, May 24th featuring the famous Glen Miller orchestra. As there will be a limited number of tickets sold, we suggest you plan your party and purchase your tickets now. Contact any member of the Masonic Lodge or one of the following: Bill Shearing, 543-2265; Ray Guse, 543-2023; Brian Foss, 543-2224; Les Cruickshank, 543-2978. 34-2c

WHAT ARE YOU DOING FOR LENT?

Why not attend the Holy Year Mission, conducted by REV. JULIAN PHELAN, O.F.M. Cap.

To be held in St. Cecilia's Church, Iroquois, from February 24th to February 28th and in St. Mary's Church, Morrisburg, from March 3rd to March 7th. The Mission will begin each evening at 8:00 p.m.

All are Welcome to attend! 34-4c

CASH BINGO

To be held every Wednesday night, starting October 9, at Williamsburg Legion Branch 538 (Boucks Hill). Everyone Welcome. Admission $1.00 tfc

MENTALLY RETARDED ASSOCIATION MEETING

A meeting has been arranged by the Mentally Retarded Association of Dundas on February 18th at 7:30 p.m. at the Seaway Valley School Hulbert.

Parents and any interested person are invited to attend to discuss the future of the pre school and adult training program. 34-1c

ST. PATRICKS TEA AND BAZAAR

The Catholic Women's League Annual St. Patricks Tea and Bazaar, Monday March 17th 1975, Morrisburg Civic Centre, 4:00 p.m. to 9:30 p.m

Bingo, Fish pond, games, Entertainment, Door Prizes, food, Fun for the whole family.

All are Welcome to attend! 34-5c

ANNUAL EUCHRE AND BRIDGE

The Annual Euchre and Bridge sponsored by the Order of the Eastern Star will be held Wednesday, February 19, at 8 p.m. in the Civic Centre. All proceeds directed to charitable work. 34-1p

ABILITY FUND, MARCH OF DIMES

Please support the Ability Fund, March of Dimes when the Canvasser calls this week. Thank you. 34-1p

The Iroquois United Church Women will sponsor a Bake Sale on Friday, February 14 beginning at 1 p.m. at the Iroquois Civic Centre. Please mark your calendar now to reserve that date to favour us with your patronage.

ANNUAL BANQUET AND DINNER DANCE

Stormont-Dundas Women's PC Annual Banquet and Dinner Dance at MacDonell's Inn, Cornwall on February 28th - Speaker: The Honourable Robert Welch - Bar at 6:00 p.m. Dinner at 7:00 p.m., Orchestra - The Nowickyjs. Admission $5.00 per person. Tickets available, Gorrell & Grenkie 543-2922. Tickets to be picked up by February 21st. Everyone is invited.

MEETING OF HADDO SNOWMOBILE CLUB

There will be a meeting of the Haddo snowmobile club Sunday, February 16th at 8:00 p.m. All members please attend. 34-1c

A quarter-inch opening along the bottom of an outside door results in a heat loss equivalent to that from a nime-square-inch hole in a wall. Weatherstripping helps to conserve energy and saves you money.

Home Poisonings: Placing the Blame

TORONTO - Each year, an estimated 100,000 persons are involved in accidental home poisonings. Close to half require medical attention. Many suffer disabling illness. It is particularly tragic when children are involved in home poisonings - a situation that is all too frequent.

"Let's place the blame where it belongs," states Pat Coomey, Manager of the Ontario Safety League's Family Safety Department. "It is simply carelessness ...carelessness on the part of those who should know better."

It has been estimated that there are some 200,000 potentially harmful products sold for home use. Most of them are relatively safe when used as directed and intended, and when necessary precautions are taken to protect young children.

Children are naturally curious. Hospital reports show that they consume cleaning fluids, pills, medicines, rodent and insect killers, furniture polish, detergents and just about anything else within their reach.

"These products," says Ms. Cooney, "are dangerously tempting if stored in such familiar things as pop bottles, jars and other food containers and placed under sinks and on low shelves."

Most prescription and over-the-counter drugs come in safety containers with child-resistant lids. They should not be transferred to other containers such as the old style bottles and boxes

"Don't let the name fool you," warns Ms. Cooney. "Child-resistant does not necessarily mean child-proof and all medication, no matter how harmless you think it is, should be kept locked and out of reach of children."

All household cleaning products should also be kept locked and out of sight.

"Children are not discouraged by a bad taste or foul odour. They have been known to consume large quantities of cleaning agents, insecticides and other materials regardless of unpleasant taste and smell."

Children should not be left unattended when these products are in use. If you must leave a household chore for a moment, take the child with you. "It only takes a few seconds for a tragedy to occur," Pat Cooney points out.

"Don't let your child find out the hard way that anything that isn't food is poison."

Day Care Centres

from page 4

Queen's University Co-Op Day Care Centre, Kingston; and Nolalu Co-Operative Nursery School, a farming community located 40 miles west of Thunder Bay.

The current trend in setting up day care centres is to integrate physically handicapped children with normal children.

The grant approval to the Regional Municipality of Ottawa-Carleton will provide places for 50 children, ten of whom will be handicapped. The new nursery for the Town of Hanover will provide places for 40 children, and similarly provide for ten handicapped children. The Five Counties Children's Centre in Peterborough, sponsored by nine local Rotary Clubs, will provide 36 places for children, with a program that will integrate physically handicapped and normal children in equal numbers.

Delegates Chosen

Seaway Community Service Committee, meeting Monday evening at the Lutheran Church hall in Morrisburg named Mrs. Harry Pepers of Morrisburg and the Reverend E. Earle Eaton of Chesterville delegates to the Ontario Anit-Poverty Coalition Conference to be held at St. Catharines Feb. 14th to 16th.

The meeting opened with prayer offered by the Reverend F.N. Gooch, host minister. Matters for discussion and report included "Meals on Wheels" for Morrisburg, well-drilling in the Dundela area, and Saturday morning classes at Dixon's Corners School, which are proving popular.

TODAY'S HEALTH

Myths about cancer cause needless fears

by David Woods

Cancer.

Even the word itself strikes a note of fear in many people. But, like many fears, this one also has its roots in misleading or inadequate information.

Consider, for example, the headlines one sees each year claiming all kinds of miraculous "cures" for cancer.

We may never discover one single outright cure, since cancer is a complex disease which comes in many forms. But many of these *are* curable — not by miracles but with existing medical science; even more important, the Canadian Cancer Society points out that as much as 80 per cent of all cancers could be prevented.

How can cancer be defeated?

First of all, by avoiding such risks as cigarette smoking and excessive exposure to sunlight, which are known to be associated with cancer.

Second, by collaborating with the health team in detecting cancer *early* — when it's much more amenable to treatment. You can do this by having regular medical and dental checkups, having a bowel examination, and reporting to your family doctor any change in your normal state of health — such as unexplained weight loss or bleeding, lumps or sores that don't heal, persistent coughing, hoarseness, or difficulty in swallowing. Women should do a monthly breast self-examination and should have a regular Pap Test as well.

These are all sensible health precautions. And the chances of cure are excellent if one of them should happen to reveal cancer in its early stages.

In the meantime, medical researchers all over the world are working on an answer to the problem of what actually *causes* cancer.

They know what it is — a family of hundreds of different diseases characterized by abnormal growth of cells; they have found no evidence that it is caused by bruises or injuries, or that it is acquired by heredity; they know that the incidence of some forms, particularly lung cancer in men, is increasing.

But most important, they've shown us that, using currently available techniques such as surgery or radiation, more and more forms of cancer can be successfully treated.

But its prevention and early detection remain very largely the responsibility of each individual.

Dollars & Good Sense

by William J. Martin
Special Consultant to AVCO FINANCIAL SERVICES

Recently, I've discussed ways to shop for food more efficiently. If you are willing to pay close attention to some details at the store, the savings can be significant.

As you walk down each aisle, don't just grab the most familiar looking labels and drop them in your cart. Instead, compare what you usually buy with the store's own private label brand. The quality may vary to some small degree, but you can usually count on saving from 10-15% on the price.



Another way to check the value you are getting is to read the product labels. Pay especially close attention to the section marked ingredients. By law all the ingredients have to be listed in order of quantity used in the product. This means that the beefiest beef stew will list beef first.

And make it a habit to use those unit pricing stickers on the shelves. They break down product prices on a per unit basis for simple comparison, eliminating the need for a calculator to determine if 7 oz. of ketchup at 79¢ is a better buy than 12 oz. at $1.19.

And if the store runs out of an advertised special, be sure to ask for a raincheck. These are often good indefinitely, so it pays to stockpile them.

Just being a careful shopper may be all that's necessary to cut your food bill. Give it a try.

Readers' questions are welcome and should be sent to Box 5857, London, Ontario.

KIDS LOVE OUR BACK-TO-SCHOOL ARCTIC WEAR.

Yep! Kids love Arctic Wear. Moms do, too. 'Cause they can take the rough 'n tumble life. And they'll keep that chilly wind at a comfortable distance. Come get the kid sized one and two-piece suits, jackets, sweaters, gloves and insulated boots with ice grabbing Gripper soles. Just look what Arctic's done with a little warmth and understanding.

STRADER TRADING POST

Year after year it's the Cat

Carmen Road
Iroquois, Ont. K0E 1K0
652-4498

Want to ease the income tax squeeze?

It's as simple as R.R.S.P. With a Registered Retirement Savings Plan you may be able to reduce your taxable income by up to $4,000 every year until you retire

SOUND INTERESTING

For Full Information call

ROGER COULTER 652-4535
IROQUOIS, ONTARIO
Or Contact

Prudential
THE PRUDENTIAL INSURANCE COMPANY OF AMERICA
1320 Carling Ave., Ottawa, Ont.

Buying and borrowing can sometimes cause problems.

This is what Ontario is doing to protect you.



There are basic common sense rules for buying and selling. Unfortunately, people don't always know these rules or follow them, and that allows unscrupulous sellers to take advantage of people.

Common sense is your best defence. But you have another defender, too. Two pieces of legislation have been passed by your Ontario Government in order to help you.

The *Consumer Protection Act* is designed to protect you from problems that may arise when you buy goods or services, or borrow money. It is administered by the Consumer Protection Bureau, which also handles complaints and inquiries about questionable business practices, and it controls:

- registration of itinerant sellers (i.e., door-to-door salesmen)
- contracts over $50 where delivery of goods, services or payment has not been completed
- full disclosure of credit terms
- special discounts for getting friends to buy (referral selling)
- unsolicited goods (including unsolicited credit cards)
- false or misleading advertising
- penalties for offences

The *Consumer Reporting Act* is another law designed to protect you. It gives you the right to know what credit and personal information about you is on file with companies, and an opportunity to have inaccuracies corrected, and prohibits consumer reporting agencies from using information unless it is stored in Canada. According to this Act, you are entitled to request in writing that the contents of your file and the sources of information be disclosed to you.

Your Ontario Government has also prepared two easy-to-understand booklets that describe the Consumer Protection Act and the Consumer Reporting Act. The booklets explain these two important Ontario laws more fully.

If you would like copies, write to:

Ontario Consumer
Queen's Park
Toronto, Ontario M4Y 1Y7

Ministry of Consumer and Commercial Relations
Sidney Handleman, Minister

Government of Ontario
William Davis, Premier

MARDI GRAS CARNIVAL DANCE
FEATURING OBERKRAINER BAND FROM
GERMAN HOUSE - BONNIE GLEN
HIGHWAY 43 — ALEXANDRIA
SAT. FEB. 15th.
FROM 8:45 ON
ADMISSION $3.25 INCLUDES BUFFET LUNCH
33-2c

LET US CAPTURE EVERY MOMENT FOR YOU WITH A Bridal Album



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Announces the addition of a Custom Color Lab to better serve their customers. In the future all color work will be done in our own Lab which means shorter delivery time plus lower cost per print. We will also offer fast service on Enlargements from your favorite Color or Black & White Negatives, at competitive prices.
FOR FURTHER INFORMATION PHONE 613-652-4564

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Plannin' See LANNIN
H. S. LANNIN LTD.
GENERAL CONTRACTORS
Phone 774-2830 - Winchester

OPPORTUNITY SAVINGS PROFITS RESULTS THEY'RE ALL IN CLASSIFIED

FOR SALE

PHENTEX - All colors - small 57¢ -- large 99¢ per ball.
D & K Fabrics - Morrisburg Mall. 33-2c

BRISTOL BOARD--All Colours-25¢ per sheet. Iroquois Post, 652-4806.

APPLES for sale. Smyth Orchard, Dundela Phone 652-4089 7-tfc

NEEDLE POINT Tapestries and crewel kits -- 30% off.
D & K Fabrics - Morrisburg Mall 33-2c

BALED STRAW - A quantity of baled straw and oats. Ronald Prosser - 657-4745.

PRICE REDUCTIONS on all army type parkas. Also one and two piece snow suits.
D & K Fabrics - Morrisburg Mall 33-2c

RUBBER STAMPS Made to your specifications. Fast Service. -- Iroquois Post 652-4806.

NOW receiving weekly shipments large variety first quality fabrics for spring and summer wear.
D & K Fabrics - Morrisburg Mall 33-2c

PERSONAL ADDRESS LABELS-Different styles and colours. Iroquois Post 652-4806.

ORLON FLEECE and Polyester fur -- 58 inch wide. For blankets, cushions etc, -- 15% off.
D & K Fabrics - Morrisburg Mall 33-2c

FOR SALE — Size 12 girls white skates; Size 14 boys winter coat; New davenport, gold. $189.00. New box spring and mattress 4'6" - $159.00. Stephenson's Furniture, Brinston—Phone 652-4710. 34-2p

PRICED TO SELL — 11 head of Purebred and Reg. Black Angus. Phone 1-346-5654 34-2p

ENDS of Martins Velvet -- reduced to clear, $2.50 a yard.
D & K Fabrics - Morrisburg Mall 33-2c

VACUUM CLEANERS and FLOOR POLISHERS; also Rug Conditioners for sale. Apply Ralph Coulthart Morrisburg.
Will demonstrate in your home. 44-tfc.

25% OFF Kenwood baby blankets and throws.
D & K Fabrics - Morrisburg Mall 33-2c

ENVELOPES--All sizes, Singly or by the carton--Iroquois Post 652-4806

WE AGAIN have stock of shredded polyester stuffing for cushions, toys, etc.
D & K Fabrics - Morrisburg Mall 33-2c

Craftsman 10" Radial Arm Saw - with three blades, carbide tipped rotary planer, 1/2 drill chuck, numerous moulding cutters, sanding head and discs. This saw will do just about anything you desire. $250.00 or offers will be considered. Phone 652-4367. 34-1p

COME IN and check the many specials not advertised.
D & K Fabrics - Morrisburg Mall 33-2c

LARGE selection brushed, printed and faded denim at reduced prices.
D & K Fabrics - Morrisburg Mall 33-2c

ADDRESS LABELS - 1,000 Address Labels, Name, Address, Postal Code, any 4 lines $3.50 Remit to J.D. Enterprise, 15-A Easton St., Cambridge, Ontario N1R 1G3 29-8c

MOBILE HOMES
New and used, reasonable, Can be seen anytime at Godkin's Mobile Home Park, 3 miles west of Inglaside on Highway No. 2 Several choice serviced lots available Tel. 613-537-2609 17 tfc

CARS FOR SALE

FOR SALE — 1970 Ford Pickup; V8 - Automatic, radio and 41,000 miles. Asking $1,500.00. Contact Victor Wagemans or Walt Wagemans - Mutual Products - 543-2961 33-3c

2 cars: 1971 Plymouth wagon; green with woodgrain vinyl trim; V8, P.S.
1972 Plymouth Scamp, blue, V8, P.S., P.B.
Both cars with radio, and 7 tires. Contact Dr. John Marston, Box 651, Morrisburg. 34-3c

SERVICES

FURNITURE REFINISHING
Stripping - Repairs - Free estimates. Carman Refinishers, 652-4602 Iroquois 14-tfc

ART SANGER'S UPHOLSTERY SHOP
Corner of Duncan & Hwy. 2
Free samples available. Free estimates. Phone 543-3266 34-tfc

PAINTING LESSONS
John McDiarmid, instructor — Landscape, Knife Techniques — Starting March 5-6 — Further details, contact Craft House — 652-2177 33-4p

"MEALS ON WHEELS"
If you are a senior citizen, handicapped, or post - operative person. "Meals on Wheels" is available for you! Monday through Friday, a hot, fully nutritional meal will be brought to your home during the noon hour. Cost is minimal. Telephone 652-2123 daytime or evenings. 34-4c

FOR RENT

FOR RENT — 3 room apartment gas heated, gas stove. In Brinston Phone 652-4710 — $65.00. 34-2p

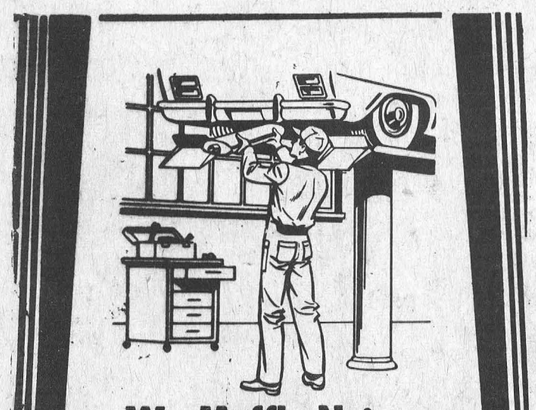
FOR RENT — 3 bedroom heated apartment available February 15 tenant pays own utilities. Suitable for couple or small family. References required. Phone 652-2114 34-1p

WANTED

WANTED TO RENT
LOCAL businessman requires house to rent in or near Iroquois. Phone 652-4806 28-tfc

WORK WANTED

17 year old, good worker, with references wants farm job. Call 652-4264. Ask for Gerald. 34-2p



We Muffle Noise, Reduce Pollution

We check out your muffler for excess noise and your exhaust for harmful fumes. Check is free. You pay for parts and labor if needed.

Dodge CHRYSLER
Drive with Smiles
Fatiely's
A COMPLETE AUTOMOTIVE SERVICE
On Highway No. 2 At Carman Road
JUST SOUTH OF THE WATER TOWER
652-4661 — IROQUOIS

EMPLOYMENT OPPORTUNITIES



LEARN TO DRIVE TRACTOR TRAILERS

LEARN TO DRIVE TRACTOR TRAILERS

* Now you can train right here in Canada.
* Tuition Tax Deductible.
* Placement assistance guaranteed.
* Training available in French or English.

For application and interview, write Safety Department, The Canadian Institute of Tractor Trailer Training Ltd., 150 Edward Street, Box 68, Cornwall, Ontario or call 613-933-5621—

Conseil d'Education des Comtes de Stormont, Dundas & Glengarry County Board of Education

requires

a) TEACHER
—Mathematics (Levels 1&2)

b) PART-TIME TEACHER

from now until the end of the year

—Communications & Business Procedures

at

SEAWAY DISTRICT HIGH SCHOOL

Written applications will be received by:

Mr. R.G. Doyon,
Interim Principal,
Seaway District High School,
Box 100,
IROQUOIS, Ontario K0E 1K0
Tel: (613) 652-4344

S. W. Libbey, Chairman

T. R. Léger, Director

Conseil d'Education des Comtes de Stormont, Dundas & Glengarry County Board of Education

requires immediately

TEMPORARY FULL-TIME TEACHER

for period commencing April 1, 1975 to June 27, 1975 to teach Grades 1 - 2 level

at

CHESTERVILLE PUBLIC SCHOOL

Written applications will be received by:

Mr. W.G. Barton,
Principal,
Chesterville Public School,
Box 489,
College Street,
Chesterville, Ontario K0C 1H0
Tel: (613) 448-2224

S. W. Libbey, Chairman

T. R. Léger, Director

Conseil d'Education des Comtes de Stormont, Dundas & Glengarry County Board of Education

requires immediately

TEACHER

—Level 1 Geography
—Level 1 English

at

SEAWAY DISTRICT HIGH SCHOOL

Written applications will be received by:

Mr. R.G. Doyon,
Interim Principal
Seaway District High School,
Box 100,
Iroquois, Ontario K0E 1K0
Tel: (613) 652-4344

S. W. Libbey, Chairman

T. R. Léger, Director

WOOLLEN MILL OPERATOR
ARTISAN 3 - $13,107-$13,569

The St. Lawrence Parks Commission requires an individual to operate a mid 19th century waterpowered woollen mill in an authentic manner and to demonstrate the operations of various machines related to the manufacture of woollen blankets. Location: Upper Canada Village (7 miles east of Morrisburg).

Applicants should have completed 10 (preferably 12) years of progressive education and a recognized apprenticeship as a millwright or have an acceptable combination of training and experience. Additionally, they must have the ability to demonstrate a craft and have a good command of the English language so as to answer questions of visitors to Upper Canada Village.

This position is open to both men and women.

Resumé should be forwarded to the General Manager, The St. Lawrence Parks Commission, Box 740, Morrisburg, Ontario, K0C 1X0, by February 28, 1975.

Ontario Public Service
Ontario

HELP WANTED
DEPENDABLE MAN WHO CAN WORK WITHOUT SUPERVISION. Earn $14,000 in a year plus bonus. Contact customers in IROQUOIS area. Limited auto travel. We train. Airmail H.D. Dick, Pres., Southwestern Petroleum Canada Ltd., 87 West Drive Brampton, Ontario L6T 2J6.

Conseil d'Education des Comtes de Stormont, Dundas & Glengarry County Board of Education

requires immediately

CLERK-TYPIST

at

SEAWAY DISTRICT HIGH SCHOOL

Salary Scale: $4900 - $6500

Written applications will be received by:

Mr. R.G. Doyon,
Interim Principal,
Seaway District High School,
Box 100,
Iroquois, Ontario K0E 1K0
Tel: (613) 652-4344

S. W. Libbey, Chairman

T. R. Léger, Director

NOTICES

NOTICE

NOTICE TO CREDITORS AND OTHERS

TAKE NOTICE that all persons having claims against the Estate of CORA EDITH SMITH, late of the Village of Iroquois, in the County of Dundas, Spinster, Deceased, who died on or about the 21st day of December, 1974, are hereby notified to file proof of their claims with the undersigned on or before the 6th day of March, 1975, after which date the undersigned will distribute the Estate of the said deceased with reference only to the claims of which they will then have had notice.

DATED at Morrisburg, this 6th day of February, 1975.

Ronald Smith,
Cardinal, Ontario,
Executor,

By his solicitors,
McInnis & MacEwen,
Morrisburg, Ontario.
34-3c

ENTERTAINMENT

WINCHESTER THEATRE

THURS-FRI-SAT FEB. 13-14-15
"CLEOPATRA JONES"
Starring Tamara Dobson as a type of James Bond. A good action show.

MON-TUES-WED FEB. 17-18-19
"THE PLEASURE GAME"
"THE PLEASURE MACHINES"
A pair of sexy comedy pictures, Restricted to 18 years and over.

REAL ESTATE

Ontario Hydro

PROPERTY FOR SALE
VILLAGE OF IROQUOIS
Ontario Hydro is offering for sale Lot 1, Registered Plan 40, in the Village of Iroquois, Known as Store No. 1 in the Iroquois Shopping Centre.

This is rectangular lot of approximately 3,367 square feet and is improved with a one story shopping centre store containing approximately 2,400 square feet.

Further information and arrangements for viewing may be obtained by writing to Ontario Hydro, 420 Dundas St., East, Belleville, Ontario, attention of Mr. C.N. Davis,—telephone 968-6721.

Offers to purchase must be submitted in a sealed envelope as follows:

W.E. Raney, Secretary
Ontario Hydro
620 University Avenue
TORONTO, Ontario
M5G 1X6

and marked:

Tender for Village of Iroquois Property

and must be received by the Secretary no later than 4:00 p.m. Eastern Standard Time on Tuesday, March 4, 1975.

Offers to purchase must also be accompanied by a certified cheque payable to Ontario Hydro for at least 3 per cent of the amount of the offer. Cheques will be returned to the unsuccessful bidders.

Offers submitted must allow until March 20, 1975, for acceptance or rejection and must be withdrawn until after that date.

The highest or any offer not necessarily accepted.

Somerville & Somerville
Real Estate
KEMPTVILLE 258-2946

IN JOHNSTOWN, large residental lot 116' x 168' on north side of Second Street. Perfect for your new home and garden. Asking $5,750. Offers invited.

IN MORRISBURG, old double brick home, on well treed double lot 140' x 120', 4 bedrooms and bath, living room, dining room and kitchen. Offers invited.

Call: ANNA STACEY
Sales Rep. 652-2186
32-4c

W. C. MacDONALD & ASSOCIATES
REAL ESTATE LIMITED
Real Estate Brokers
Winchester, Ontario

IN IROQUOIS — 3 bedroom new bungalow on large lot. Features fireplace, concept living-dining, built-in stove, fridge. Owner must sell. Must be seen to be appreciated. SOLD

NEW LISTING. 3 miles from Iroquois plaza, a beautifully well kept country home on 2 acres of high land. 3 bedrooms, 4-pc. bath, all carpeted upstairs. Kitchen, large panelled living room, dining room and 2-pc. bathroom downstairs. OFA furnace, TV tower, large garage. On paved road. Call for an appointment.

NEW LISTING. 38 acre farm with older frame house in need of repair, has excellent metal barn, large garage. All land cleared, well drained. In Matilda Township four miles from Iroquois, on paved road.

100 ACRES IN MATILDA, 70 acres cleared, has large deep pond on property. ALSO 40 acres of light bush half mile from paved road, near Glen Stewart. Severed and surveyed.

FOR FAST RESULTS
CALL TO LIST YOUR PROPERTY
Sales Representative
KEN KIRKBY
Phone 652-4395

LEGION BRANCH 370
LADIES NIGHT
SAT. FEB. 15
LEGION HALL
Music Supplied by Rythm Incorporated
Couples Only

Floyd Fisher
REAL ESTATE BROKER
MORRISBURG, ONTARIO
Bus. 543-2044 - Res. 543-2989

IROQUOIS - New listing - Four bedroom home in good location opposite park. Has new siding and kitchen. A real family home. Call for appointment.

MORRISBURG AREA - New listing - On three acres, a 4 bedroom well maintained country home with modern conviences. Has a small barn and double garage. Must be seen to be appreciated.

MORRISBURG - New listing - Brick bungalow, two bedroom, living and dining rooms with a partially finished basement. A well kept property in a good location.

CHESTERVILLE - Produce business - Large volume in dairy products, vegetables, meats, etc. A good opportunity located opposite post office. Call for further information.

SALESMEN
J. Allison 543-2969
A. Bolton 543-2002
H. Fisher 543-3213

CARDS OF THANKS

Letters and cards, are a pleasure to receive at any time.
No words can express my appreciation of your good wishes, 1,500 miles away from home. We will look forward, to returning to Morrisburg, early in March.
To our friends, in our home area, and in Florida, we say thank you, for your interest and prayers.
Beualah & Bill Marshall 34-1c

I wish to thank all those who sent me cards and visited me while I was a patient in Winchester Hospital. Special thanks also to Dr. Chande, Dr. Marston and the nursing staff.
Clara Pepers. 34-1p

I would like to thank all my friends and relatives for their cards and get well wishes while I was a patient in the Ottawa Civic Hospital. Thanks again,
Anne Hartle. 34-1p

We would like to express our sincere thanks to Rev. F. O'Connor, relatives, friends and neighbours, for their acts of sympathy during the loss of mother and grandmother who passed away January 31st in Holland.
These kind deeds will long be remembered, and were greatly appreciated.
The Groniger Family. 34-1p

We wish to express our thanks and appreciation to all those who helped us (and are continuing to do so) during our past and continuing troubles. These include Mr. and Mrs. Cooke Sisty, Mr. and Mrs. Bruce Bradley. Miss Ann Yee, the Meals on Wheels program, the snow clearing service (Mrs. Baker V.O.N.), the Red Cross Homemaker service and last, but not least, the Reverend John Hibbs for his inspirational guidance and Dr. H.B. Prins for his excellent medical attention.
Louisa and Andy Anderson. 34-1p

I would like to thank all my friends and neighbours for their kindness. Also, thanks to the Ladies' Auxiliary for the lovely flowers sent to Picton on the passing away of my dear sister Viola. Thank you.
Fern Goodmurphy. 34-1c

I would like to say a sincere "Thank You" to all who visited me, sent cards, letters, flowers, plants and gifts during my stay in Winchester Hospital. Special thanks to Dr. Marston, nursing staff, clergy who visited me, Brinston U.C.W. and those who brought food to my home. These kindly acts were greatly appreciated.
Mrs. Delmar Adams. 34-1p

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Plannin' A New Cottage
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Plannin' See LANNIN
H. S. LANNIN LTD.
GENERAL CONTRACTORS
Phone 774-2830 - Winchester

Edward Beckstead
BUILDING CONTRACTOR, GENERAL REPAIR WORK
PHONE 652-4726
R.R. 2 BRINSTON, ONT.
26-tfc

CONTACT US FOR RATES ON
Farm Fire Insurance—Dwelling, Contents, Outbuildings, Cattle & Machinery.
LORNE MELLAN
BRINSTON ONTARIO

FOR INFORMATION ON—
LIFE INSURANCE
INCOME PROTECTION
RETIREMENT PLANS
— CONTACT —
ROGER COULTER
43B Beach Ave., Iroquois
Phone 652-4535
Representing The Prudential Insurance Co.

DIANA'S FLOWER SHOP
SAY IT BEST WITH Flowers
MORRISBURG 543-2566

MONUMENTS
Where You Buy The Best For Less
Satisfaction Guaranteed
No. 1 Granite Only
Cemetery Lettering
Dwight H. Crowder
Williamsburg, Ontario
Phone 535-2683

BUSINESS DIRECTORY

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WEDDING & COMMERCIAL
24 hr Service on B&W Processing
M & J COLE PHOTOGRAPHY
RR1, Brinston Rd., Iroquois
Phone 1-613-652-4564

PAINTING, POTTERY & WEAVING
the country studio
Audrey 543-3324 Marion 652-4594 Libby 537-2685
Corner of High and 2nd St
Morrisburg, Ont.

ORGANS and PIANOS
CONN ORGANS
LESAGE PIANOS
SALES AND SERVICE
ROY FAWCETT
WINCHESTER 774-2205

ERIC'S CARPENTRY CABINETMAKING
Renovation & Repairs
INDUSTRIAL RESIDENTIAL COMMERCIAL
Custom Build Cabinets and Buildings
Rec. Rooms & Kitchens Built to Your Specifications
for free estimates call:
652-4162—Iroquois
Prov. of Ontario Carpenter's License
34-12p

EX-SERVICE PERSONNEL

Interested in full or part-time work in the Chesterville Area.

Qualifications: Good health - must have served in the Armed Forces or R.C.M.P. Age not a factor.

Enquire: Canadian Corps of Commissionaires
38 Clarence St.
Kingston, Ontario—542-2981
ALSO
WINCHESTER, ONTARIO
774-2715

ADMINISTRATOR

Applications are invited for the position of full-time Administrator of a 111 bed Nursing Home.

The successful candidate will be responsible for directing all day to day activities of the Home and will report to the Board of Directors.

Full employee benefits and salary commensurate with training and experience.

The ideal candidate will have sufficient secondary education with previous administrative experience in a related field.

Copies of the necessary Application Form may be obtained from Mrs. Jeanne Johnson, Manager of the Home at R.R. 1, Cornwall, and completed applications should be forwarded prior to February 15, 1975 to the undersigned and be plainly marked as to contents.

The Chairman,
Board of Directors,
St. Lawrence Sanatorium,
R.R. 1, Cornwall, Ontario

Classified Advertising Rates

All forms of classified advertising: For Sale, For Rent, Wanted, Cards of Thanks, Engagements, Birth Announcements, Coming Events, etc. are 5c per word (Minimum of $1.00 for 20 words or less for the first insertion and 4c per word for additional insertions (Minimum of 75c)

All classified Advertising is on a cash basis only. Advertisments may be taken over the phone or by mail if you have established a standing account with us and these will be subject to a 25c service charge.

In Memoriams $1.50 minimum (includes 4-line verse) plus 50c per 4-line verse thereafter.

Wedding and engagement announcements, when accompanied by a photograph are charged at $4.00 per picture.

Deadline for Classified advertisments is 11 A.M. Tuesday of week of issue.

POST SPORTS PAGE

Game of the Week

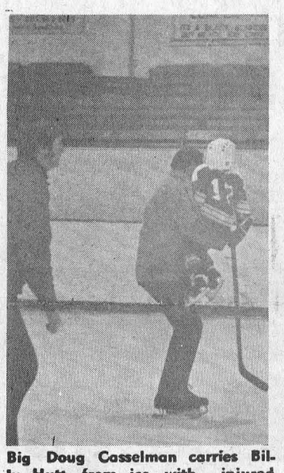
The Iroquois Types played the Morrisburg Peanuts February 10th as part of the Morrisburg Winter Carnival festivities. The visiting team came away with a resounding 5 to 1 victory.

Jeff Veltcamp scored a hat trick with Tim Cassidy accounting for the other two Iroquois tallies.

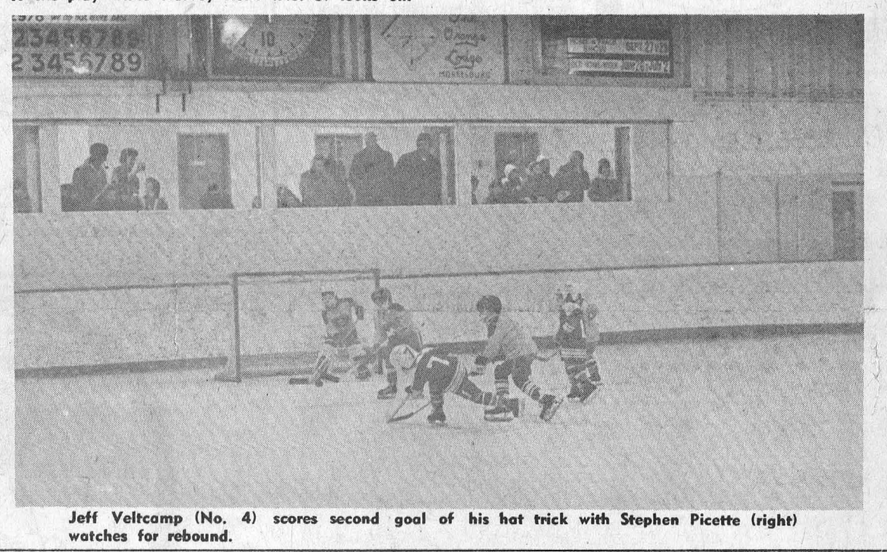
Billey Buckling played another outstanding game in nets before a large and enthusiastic crowd.



A Morrisburg player bangs home the single goal put past Billy Buckling. Darin Eden (No. 10) races to catch up to the play while Harvey Kolff (No. 5) looks on.



Big Doug Casselman carries Billy Hutt from ice with injured knee. Billy was OK however and rejoined game a few minutes later.



Jeff Veltcamp (No. 4) scores second goal of his hat trick with Stephen Picette (right) watches for rebound.

Matilda Recreation Report

Trophies Awarded at Matilda Rally

Matilda Recreation Committee Snowmobile Rally

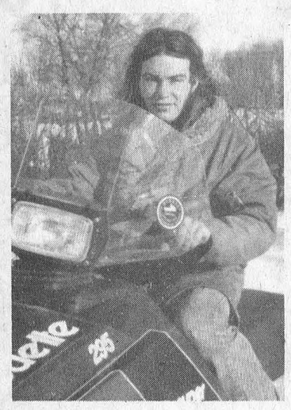
The Matilda Recreation Snowmobile Rally was held on December 28th, at Brinston Memorial Hall with 65 entries participating.

The Winners of Trophies and doners are as follows:

1) Clarence Code Trophy won by Bob McIntosh.
2) Ault Brothers Trophy won by Morris Henophy.
3) Hulbert Snowmobile Club Trophy won by Keith Cassel.
4) Lee Shaver Trophy won by Lawrence Larocque.
5) Matilda Recreation Trophy won by Ronnie Hutt.
6) Haddo Snowmobile Club Trophy was won by Jean Shaver.

Doner's of merchandise are as follows:
1) C & L Feeds
2) Rooney Feeds
3) Tibben M & F Equipment
4) Matilda Co-op

A delicious stew meal was served and enjoyed by all, the Recreation Committee would like to express their thanks to all those who donated food



Snowmobile Raffle

The highlight of the evening during the Dance was the drawing of the winning ticket for the Allouette Snowmobile.

The lucky winner was Teddy Wardle from South Mountain.

The committee would like to take this opportunity to thank the people who bought tickets on the machine.

Skating Rink

This year Matilda Recreation along with the Seaway Community Service Club has reopened the rink at Brinston for public use.

RINK SCHEDULE IS AS FOLLOWS: Monday to Friday afternoons 1:00 p.m. to 4:00 p.m. Public Skating Monday to Friday evenings 6:00 p.m. to 8:30 p.m. Public Skating 8:30 p.m. to 10:00 p.m. Hockey or Broomball.

Saturday Morning - Hockey, 12 years and under, 9:00 a.m. to 12:00 a.m. Saturday afternoon - Hockey , 13 years and 18 years 1:00 p.m. to 4:00 p.m. Saturday Evening, Family Skating, 7:30 p.m. to 10:00 p.m.

Sunday Afternoon, Hockey, 1:00 p.m. to 4:00 p.m. Sunday Evening, Family Skating 7:30 p.m. to 10:00 p.m.

Family tickets are available for the price of $2.00 at the rink. It is hoped that the people of the township will make use of the facilities.

Community Scoreboard



PEE WEE "B"
Feb. 9, — CARDINAL
Iroquois 3 Cardinal 2
Iroquois goals scored by:
Kevin Palmer 1
(Assisted by Dale McMartin and Danny O'Neil)
Robert Jackson 2
(Assisted by Doug Buely)
Future Games:
Exhibition game Fri., Feb. 14 — Morrisburg vs Iroquois in Morrisburg at 6 p.m.
League game Sun., Feb. 16— Osnabrook vs Iroquois in Cardinal at 6 p.m.

Upper St. Lawrence PEE "A"
Feb. 9—Cardinal
Kemptville 0 Iroquois 6
Iroquois goal scored by:
G. McMartin 2
(Assisted by S. Brennan (2)
S. Brtnnan 1
(Assisted by G. McMartin)
K. Whittiker 1
(Assisted by B. Graham)
P. Moran 1
P. Van Boven 1
(Assisted by B. Graham)

Upper Canada Atom
Jan. 22—Cardinal
Iroquois Novice 2 Cardinal 1
Iroquois goals scored by:
R. Francis 1
(Assisted by A. Lee)
W. Traynor 1
(Assisted by C. McDermid, M. Veltkamp)
Cardinal goalie playtd an outstanding game, stopping at least 20 shots in first period alone.

Jan. 25—Cardinal
Iroquois Novice 1 Morrisburg 1
Iroquois goal scored by:
D. Hall, assisted by R. Francis & M. Veltkamp
K. Ault played very well in goal in a closely matched game.

Jan. 25—Chesterillt
Iroquois Novice 2 Chesterville 3
Iroquois goals scored by:
R. Francis 1
(Assisted by D. Hall)
T. Picotte 1
A tough game to loose

Feb. 1st — Cardinal
Iroquois Novice 3 Cardinal 1
Iroquois goals scored by:
M. Veltkamp 1
(Assisted by J. Kirker)
R. Francis 1
(Assisted by M. Vtltkamp)
M. Veltkamp 1

Feb. 1st — Cardinal
Iroquois Novice 3 Iroquois Atom 1
Iroquois goals scored by:
D. Hall 1
(Assisted by R. Francis & B. Byers)
W. Traynor 1
(Assisted by C. McDermid, & T. Picotte)
C. McDermid 1
(Assisted by W. Traynor)

IROQUOIS TYKES
Feb. 9 — CARDINAL
Iroquois 5 Cardinal 0
Iroquois goals scored by:
Jeff Veltkamp 3
Tim Cassidy 1
Steven Byers 1

Feb. 10
Iroquois 5 Morrisburg 1
Iroquois goals scored by:
Jeff Veltcamp 3
Tim Cassidy 2
The game against Morrisburg was played for Carnival Week before a very large crowd.
Billy Bucking recorded his second shut-out of the season against Cardinal.

Feb. 8—CARDINAL
Cardinal 2 Iroquois 1
Iroquois goal scored by Steven Byers.
Team Standings—
As of Tuesday, Feb. 11
The Tykes have won games and lost games. All of which are Exhibition games.
Upcoming Games
Feb. 15 — Iroquois vs Prescott at Prescott from 12 noon to 1 p.m.
Feb. 15 — Morrisburg vs Iroquois at Cardinal from 5 p.m. to 6 p.m.

Upper St. Lawrence Atom "A"
Tuesday, Feb. 4—Cardinal
Prescott 0 Iroquois 5
Iroquois goals scored by:
Mark Nesbitt 2
(Assisted by David Cherry)
Kevin McEwen 1
(Assisted by T. Patterson)
Tim Patterson 2
(Assisted by K. McEwen and N. Nesbitt; S. Adams and K. McEwen)

Wed., Feb. 5—Spencerville
Iroquois 2 Edwardsburg 2
Iroquois goals scored by:
Tim Patterson 2
(Assisted by S. Adams; M. Nesbitt)

Exhibition
Sat., Feb. 8—Cardinal
Prescott 0 Iroquois 6
Iroquois goals scored by:
Kevin McEwen 2
(Assisted by S. Adams and T. Patterson)
Tim Patterson 4
(Assisted by David Cherry; Kevin McEwen; S. Adams (2)
Brian Froats was in goal for his 11th shutout and came up with many fine stops during the game. All defencemen played a strong game to help defeat the Golden Triangle League entry.

Sun., Feb. 9—Athens
Iroquois 5 Athens 2
Iroquois goals scored by:
T. Patterson 3
(Assisted by Kevin McEwen (2)
F. Lee 1
(Assisted by N. Nesbitt)
T. Waddell 1
(Assisttd by K. McEwen and T. Patterson)

BANTAM DIVISION
Wed., Jan. 15—Chesterville
Iroquois 3 Chesterville 5
Iroquois goals scored by:
Kim Adams 2
Bruce Armstrong 1
Exhibition Game
Sun., Jan. 19—Ogdensburg
Iroquois 4 Ogdensburg 3
Iroquois goals scored by:
Wayne Styles 1
Bruce Armstrong 1
Stephtn Bueley 1
Robin Adair 1

Tues., Jan. 21—Cardinal
Kemptville 2 Iroquois 2
Iroquois goals scored by:
Robin Adair 1
Stephen Moffat 1

Mon., Jan. 27—Cardinal
Iroquois 1 Cardinal 2
Iroquois goal scored by:
Kevin Prentiss 1

Tues., Jan. 28—Cardinal
Iroquois 0 Athens 1

Tues., Feb. 4—Cardinal
Iroquois 1 Brockville 3
Iroquois goal scored by:
Stephtn Bueley 1

Team Standings as of Feb. 2nd

Team	Points
Morrisburg	38
Edwardsburg	37
Prescott	31
Athens	25
Iroquois	23
Cardinal	17
Brockville	11
Chesterville	7
Kemptville	5

Novice 'B' House League
Feb. 8 — Prescott
Iroquois 3 Parktrs Cleaners 0
Iroquois goals scored by:
Darin Smith 2
Todd Lowry 1
Our team played a strong game with Jeff Whitteker recording his first shut-out. The Saturday prior, Iroquois tied the Cleaners with Darin Smith scoring our only goal unassisted.
Upcoming Game
Sat., Feb. 15 — Iroquois vs Prescott Coffee Shop at 11 a.m.



Matilda Bowling League

Doves	41824
Cuckoos	41442
Robins	41352
Owls	40707
Larks	40518
Wrens	40438

HIGH SINGLES—
Norman Tinkler 285
Joan Toupin 258
HIGH TRIPLES—
Clarence Code 654
Joan Toupin 750

Br. 370 Bowling League
Team Standing Feb. 7th

Sandals (G. Kirker)	76
Jolly Hoppers (C. Easter)	70
Hush Puppits (H. Easter)	69
Grasshoppers (J. Helmer)	65

HIGH SINGLE—
Bonnie Lanthier 313
Duane Kirker 292
HIGH TRIPLE—
Cora Easter 780
Tony Easter 703



BRIDGE WINNERS
LADIES—
Helen Bouck Laura Burgess
GENTS—
John Dixon Lorne Bouck



HULBERT SNOWMOBILE DRAG RACE RESULTS
Sun., Feb. 9th
65 MACHINES COMPETING
A-STOCK Fan — 1st, Steve Shaver, Alouette; 2nd, Ron Simzer, Snow-Jet .
B-STOCK Fan — Mac Casselman, Rupp; 2nd, Ray Smygwaty, Alouette.
C-STOCK Fan — 1st, Frank Warden, Rupp; 2nd, Mac Casselman, Rupp.
D-STOCK Fan — 1st, Bert Smail, Rupp; 2nd, Mac Casselman, Rupp
OPEN STOCK Fan — 1st, Ltroy Empey, Boa-Ski; 2nd, Bert Smail Rupp.
MOD-A — 1st, Jim Thompson, Yamaha.
MOD-B — 1st, Steve Shaver, Alouette; 2nd Sandra Johnston, Alouette.
MOD-C — 1st, Dean Ault, Arctic-Cat; 2nd Doug Millard, Alouette.
OPEN MOD. — 1st, Horace Roskell, Ski-Doo; 2nd, Jim Thompson, Yamaha.
POWDER PUFF STOCK - Fan— 1st, Edna Empey, Boa-Ski; 2nd Cecile Lalandt, Ski-Roule.
POWDER PUFF FREE-AIR — 1st Edna Empey, Boa-Ski; 2nd Shirley Belanger, Sno-Jet
F.A. 0-300 — 1st David Shaver, Alouette; 2nd Steve Shaver, Alouette.
F.A. 300-350 — 1st Brian Montgomery, Ski-Doo; 2nd, Sandra Johnston, Alouette.
F.A. 350-400 — 1st, Leroy Empey, Boa-Ski; 2nd, Bert Smail Rupp.
F.A. 400-440 — 1st, Dean Ault, Arctic-Cat; 2nd, Ed Shaver Ski-Doo.
F.A.-OPEN — 1st, Dean Ault, Arctic-Cat; 2nd Jim Graham, Arctic-Cat.

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Sports Slants

by Leo DeBellefeuille

Mr. and Mrs. Lloyd A.J. Lowry, better known to all the community as Collen and Lloyd, Drayton Ontario has gained a wonderful family. Thus, likewise a loss for Iroquois.

Since coming to this village, Colleen and Lloyd, from the start of their residency, pitched in and did yeoman work for their new community in service work to many organizations - church - recreation - service clubs etc.

A family of this nature, with their community at heart at all times, are few and far between. Their absense will be certainly felt by all of the community. This scribe on behalf of all citizens, wishes to congratulate Lloyd upon his advancement and new position with the Royal Bank of Canada.

As much as one hates to admit, time has come to bid farewell to Shannon, Todd, Lisa, Colleen and Lloyd Lowry, to them may we simply say So Long and not Good Bye, and folks remember your memories will always linger with us plus the welcome home mat and gates of Iroquois will always be waiting for your return for future visits. Good Luck!

Three local promotions that we would like you to help by supporting are the Grenville-Dundas Broomball League of which a local team sponsored by Johnny's Spot is a member. This team is conducting a 50-50 Draw which will be held Sunday March 16th. Tickets are available from all team members or at Johnny's Spot in the Plaza.

The Iroquois Minor Hockey Association are also sponsoring a 50-50 Draw to be held Friday February 14th. Tickets are available from all players, coaches, the executive or at Styles and McIntosh in the plaza.

Finally, the students of Iroquois Public School are selling chocolate bars for the promotion of School Sports and activities. Lets get behind these young people and support their worthwhile efforts.

Since our first column last week, the response was quite favourable. Many readers, remarked they were pleased it was going to become a regular feature of The Post.

Ken Thompson would like to see some Junior "A" hockey, but has not a schedule of such leagues. If any league in the area would drop us a schedule - we will keep you posted. If hockey fans wish to see some good minor hockey games involving our own Iroquois teams, give Ted Styles a buzz. For the benefit of hockey fans who wish to take in a few major Junior "A" Hockey games, simply call the Cornwall Royals ticket office in Cornwall at 932-8682 or 932-4422. The Royals home games are played on Thursday nights at 8 p.m. and Sunday at 7:30 p.m.

In future columns, we are planning full coverage on Jeff Beaupre and his Badminton Club, Johnny's Spot Girls Broomball Team, and the Knox Presbyterian Young Peoples Billiard Club, photos and full details - Watch for these stories.

The proposed $7.2 million Cornwall Civic Sports Complex got a good shot in the arm recently. It was officially announced that the lowest tender for piling work was $194,795. The estimate had been set at $306,000. A substantial saving.

The Cornwall Chamber of Commerce are drawing plans for a major Regatta to be held July 20th. The regatta will be similar in style to the famous Vallyfield Annual Regatta.

Who knows, the day may come, when Iroquois will be able to stage such an event during the Summer Carnival. Something for the Recreation Committee to investigate. Iroquois has all the resources for such a project.

What a tremendous week we could have, The Annual Fly In and Breakfast, Annual Fast-ball Tournament, Tennis Tournament, Lawn Bowling Tournament, Bar B. Que's and Regatta, Beer Garden and Street Dances - yes a true dream of "Old Home Week." What do you think?

We wish to congratulate The Royal Canadian Legion Iroquois Branch 370 upon the success of their 5th. Annual Snowmobile Rally held recently. Well done fellows!

Did you know that New York Rangers and Detroit Red Wings are the only teams in the NHL to have one general manager for all their Stanley Cup Victories? Remember, they were Lester Patrick and Jolly Jack Adams!

Darcy and Randy Rota, are cousins, and not brothers as some fans so think. Jack McCartan was the first pro player to sign with the WHA.

A Memorial - On the night of February 21st, 1974 hockey was dealt a fatal blow as Myles Gilbert "Tim" Horton, was killed in an automobile accident. He was not only a valuable team leader to the Buffalo Sabres, with whom he finished his career, but also to the sport itself, in which he had performed for 22 seasons.

The late Tim Horton, who ranks third in the NHL for most games played (at time of death) was an inspiration to the Sabres in their late season drive last winter to earn a play off berth. "One last thing I want to do for the Sabres, is help bring them to the play offs". He made that quote one year ago. Well, Tim's wishes come true. The fine Buffalo Sabre hockey club have been playing hockey in his memory and have not only made the playoffs in 1975 but are in first place in their division. Perhaps, mainly due to the inspiration of a great man born at Cochrane, Ontario, January 12th 1930. Tim Horton set NHL record for assists in Stanley Cup by a defenseman with 13 in 1961-62, also record for points in playoffs with 16 in 1961-62, First All Star in 1963-64 - Second All Star in 1953-54-1962-63. Tim Horton - R.I.P.

It may be old news, but Bobby "Golden Jet" Hull's indentification with people and campassion for them was illustrated for the umpteenth time last January 18th, following an apartment house fire in Winnipeg the night before. Mr. Robert Marvin Hull gathered his fellow Jets together at morning practice, collected $145.00 in cash from them, plus childrens clothing, suits, bedding etc. to give to the 16 families that were left homeless in the blaze that claimed 9 lives. It is people the likes of Tim Horton and Bobby Hull that makes one feel real good that they are connected with Sport. And always remember, until next week "If You play Sports be a Good One."

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Annual Convention of Ontario Agricultural Societies

The annual two-day convention of the Ontario Agricultural Societies will be held this year on February 19th and 20th in the Royal York Hotel, Toronto, with over 1,400 delegates expected to attend.

President D.L. McTaggart will lead off the Convention as chairman of the opening sessions on Wednesday, and the day's guest speaker will be Mr. Stan Darling, M.P., Burks Falls. The morning's activities will include the coloured photographic competition slide-showing and presentation of prizes.

In the afternoon there will be an address by Dr. George Fisher, Kemptville, followed by a panel discussion on "What makes a Successful Fair", under the chairmanship of Mr. H.A. Telfer, Paris. A question and answer period will follow.

Highlighting the Ladie's Section on Wednesday will be the address of the president, Mrs. G. Garlow, a film on cake making, a panel discussion on the "Queen of the Fair Competition" and a skit entitled "Information Please"

The evening's activities will be in the Royal York's Canadian Room, with a floor show, an introduction to the "Queens of the Fair" and a dance.

On Thursday morning the general meeting will take place in the Canadian Room with a review of the Agricultural Societies Act and Regulations followed by a secretaries' and managers' forum with Mr. Stuart Hall as moderator. The Ladies' Section features a panel discussion entitled "Ontario Fair Squares", with Mrs. Milton Cornish as moderator, and an exhibition of handicrafts.

The luncheon will be held in the Canadian Room and guest speaker will be the Hon. Wm. A. Stewart, Minister of Agriculture and Food. The convention will conclude after the luncheon.

Presbyterian Women Install New Officers

The monthly meeting of the Presbyterian women was held on January 27th 1975, in the church-hall of Knox Church.

The President, Mrs. Marlene Shearer, welcomed everyone to the first meeting of the new year.

Rev. J.J. Hibbs installed the officers for the coming year. Opening hymn, 581, "Where Cross the Crowded Ways of Life."

The scripture lesson was read by Mrs. Judy Barnhartd. Mrs. Marie Mearns led the group in prayer. Group 1 conducted the study "City Traffic" which examined four types of urban ministry the Presbyterian Church is involved with. Closing hymn #310 "For All the Saints". A business meeting followed. A social time concluded the meeting.

Correction

In the Wednesday, February 5th issue of the Post in the article on "Public Speaking Winners", the 1st place winner from grades four to six should read Suzanne Beavers and the 3rd place winner from grades seven to eight should read Joanne Beavers.

SPECIAL VALUE DAYS

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Early Detection Of Learning Difficulties

"Early Detection of Learning Difficulties" was the topic of the general meeting of St. Mary's St. Cecilia's C.P.T.A. held on Wednesday, January 22nd, at St. Cecilia's School.

Mrs. Shirley Redmond, primary consultant, and Mr. Ron Beehler, consultant for student services of the S.D.&G. Roman Catholic School Board outlined a pilot program that is being implemented with children at the kindergarten level. The objective is the early detection of difficulties encountered in the areas of their physical, intellectual, emotional and social development.

This program involves a continous observation of each child by the teacher, consultants, clinical staff, and parents -- each contributing to the total development of the child.

It is to be hoped that future difficulties in learning might be overcome through such an awareness of each child.



General Meeting Of Canadian Legion
LADIES' AUXILIARY & MENS' BRANCH
Thursday, February 20th
8:00 P.M.

Separate School Board To Re-Evaluate System

Mr. Gilles Metivier announced today that in co-operation with the Ministry of Education, the Stormont, Dundas and Glengarry Roman Catholic Separate School Board is undertaking a comprehensive evaluation of its educational system. This undertaking is of considerable importance and will extend over the remainder of this school year and on into the next.

The major emphasis in this evaluation is at the local level. It is hoped that all segments of the community will become involved with the internal phase of the exercise which should lead to a better understanding of our school system and also develop positive recommendations that will be beneficial to our students.

As the project progresses, it is hoped that parents and ratepayers will join teachers, students, trustees and the administration in taking part in the evaluation of the school system.

Appointed by the Separate School Board as internal committee co-chairmen are Roger R. Davidson and Shirley A. Redmond. Mr. Davidson is Vice-principal of Ecole Intermediaire Jean XXIII. and Mrs. Redmond is Primary Consultant for English schools. The project is a parallel undertaking in both linguistic sectors of the Board. Mr. Davidson will serve as co-chairman for the French sector and Mrs. Redmond for the English sector.

The Board feels that Mr. Davidson and Mrs. Redmond will establish the necessary climate, confidence and co-operation to facilitate the successful completion of the Co-operative Evaluation Program of the Ministry.

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Tax Credits

from pg. 1

ficult. When a person has determined those credits for which he qualifies, he adds them up and deducts 2% of his taxable income from that total to arrive at his net Ontario tax credits.

"If people have questions about Ontario tax credits, I urge them to call us. Last year, my staff answered over 40,000 inquiries and the same service is available this year," Mr. Meen said.

Outside Metropolitan Toronto, the tax credit information centre at the Ministry of Revenue can be reached free-of-charge by Dialing "0" and asking the operator for Zenith 8-2000. Letters should be addressed to: Guaranteed Income and Tax Credit Branch, Ministry of Revenue, Queen's Park, Toronto, Ontario M7A 2G1.

SING? DANCE?
PLAY AN INSTRUMENT?
TELL A GOOD STORY?

These are a few of the talents we know you have and we want to hear about it: Please contact either John McAllister at 652-4337 or Ron Fader at 652-4373 by Tuesday, February 18th for entry forms.

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Refreshments provided by Iroquois W.I.
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