IRVING H. MILLER LTD.
216 Bridge St. P.O. Box 610,
Cardinal, Ontario K0E 1E0
Tim Cassell
Registered Insurance Broker
Office: 657-3205
Home: 652-2895
Toll Free: 1-866-640-9114
37167

Curling season rocks to a halt with Awards Banquet **6**



Visit the ORCC with us as we begin our tour of the facility **12**

RIVERSIDE PONTIAC BUICK
Cruise The Roads In Style!
North of 401
925-5941
1-800-924-9410
R-37362

PUBLICATIONS MAIL AGREEMENT NO. 0040012382

LEE SHAVER
BOX 482
IROQUOIS ON K0E 1K0

11-2005

The Iroquois Chieftain

Wednesday, April 13, 2005 *"Serving the Seaway Valley"* **Vol 24 No 15 Price $1.00**



Local Canadian Tire Associate Dealer donates

Last week, Peter Oliver, Canadian Tire Associate Dealer in Morrisburg presented a cheque to Diana Pethick of the South Dundas County Food Bank in the amount of $2,000. She was very pleased saying, "This cheque will help a lot."

Chieftain Photo by S.L.Johnston

Dundas County Food Bank gets help

By Sandra Lee Johnston
Chieftain Staff Reporter

Peter Oliver, CTC Associate Dealer in Morrisburg presented a cheque to Diana Pethick of the Dundas County Food Bank. He was acting along with Foundation for Families Coordinator, Victoria Davidson when he gave $2,000 to help the Food Bank out.

The funds were raised through the Family Tree Program that ran during the holiday season 2004. Five dollars from the sale of every full size artificial Christmas tree was donated to the Canadian Tire Foundation for Families to benefit local charities. Canadian Tire Financial Services donated an additional $5 when tree purchases were made using Canadian Tire Card or Options Master Card.

Peter topped up the funding and the foundation matched it. "This is an annual event that CTC sponsors each year," said Peter. "We try to have a fundraiser active through each season, spring, summer and fall and we try to support various charities in the community. including the hospice, and the food bank.

Diana spoke to Peter in glowing terms, saying, "You give back to your community, this is just great, what you do, it is giving back personified. It is a truly wonderful commitment." To which Peter

• **Please turn to Page 2**

South Dundas Councillors concerned with murals and hospital spending

By Joyce Morris
Chieftain Staff Reporter

Councillor Sandra Bailey of Ward 4, Morrisburg would like to receive some firsthand feedback from the Winchester Hospital concerning how the $70,000 donation from the municipality is being spent. She said she supports all the construction and expansion plans the hospital has in place, but at the same time would like to know that the money donated is being spent on services to patients, as well as education of staff. Council will invite Mr. Smirle co-chair of the fundraising campaign to report at a future meeting.

There are 17 murals in South Dundas and there is financing and plans in place to create one more, the George Jowett Mural in Riverside Heights. There is some concern at this time about the cost of mural upkeep. They officially belong to the township and so council will discuss options to come up with a plan for their next meeting. Council is anxious to see a plan for the promotion of the murals as a tourist draw.

Lorna Siebert, treasurer of the township reported that a one time only financial adjustment for the year 2003-04 has been received. "This $189,017 will be banked into the general working reserves to help off set future budgets," noted Siebert.

Sgt. Bootsma spoke to council about the authority of the OPP force to lay charges on the spot for Fish and Game Violations. "Once this happens the Game Warden is then notified of the charge," said the Sgt. She noted there are more hunting than fishing charges laid. She continued reporting that there were no ATV complaints over the winter season. Then she spoke about an issue that has been on the minds of several councillors, "In this year's plan of surveillance for both Morrisburg and Iroquois malls, each officer on the force will do a certain number of hours of foot patrol. "Complaints from both these locations dropped off when they started doing foot patrols," said Bootsma.

The Morrisburg Fire Station reported that they are purchasing a new fire pumper from Techno Feu Inc. for $203,000. The station itself is donating $30,000 from their own

• **Please turn to Page 2**

Fatal motor vehicle collision north of Iroquois

Shortly after 8:30 am on Monday morning, April 11, 2005, members of the Stormont, Dundas and Glengarry OPP were called to the scene of a single vehicle collision, which had occurred on County Road 16, northeast of Iroquois.

A 1991 Oldsmobile, driven by Gilda F. Shay (nee Casselman) aged 44 of RR1 Iroquois had been north bound on County Road 16 when her vehicle left the roadway, rolling into the east ditch and striking a hydro pole. Mrs. Shay, the only occupant of the vehicle, sustained fatal injuries as a result of the collision.

An OPP Technical Collision Investigator has been called in to assist in the ongoing investigation.



It is Daffodil Month

Cancer volunteers will be knocking on doors this month canvassing for the Cancer Society. These young ladies: Kassie Murphy, Jenna Yates and Megan Prunner volunteered to sell the symbol of the Cancer Society, the yellow daffodil in Morrisburg. We snapped a photo as we bought our bunch at Mike's ValuMart on Saturday.

Chieftain Photo by S.L.Johnston

Continued from the Front

South Dundas

fundraising efforts towards the truck.

Public Works Super, Hughie Garlough submitted a plan for road salt management. Some 900 tonnes were used during 2004. Then there were some 29 individual inspection reports with conclusions presented to council regarding the Gilmer Road and Branch Road bridges, both of which will need to be replaced in the near future.

The Association of Municipal Tax Collectors of Ontario passed and then asked South Dundas to support a resolution amended by the province to commence in the taxation year 2006. Specifying that once a property reaches its current value assessment, it remains at that level regardless of future assessments, this was forwarded to the Premier, Honourable Greg Sorbara, Honourable John Gerretsen, Municipal Finance Officers Association, the Association of Municipal Managers, Clerks and Treasurers of Ontario.

A lengthy discussion ensued regarding a petition by CEUDA (Customs, Excise, Union, Douanes, Accise) for support from all municipalities, villages, and cities along the US-Canada border. There are 200 unguarded roads to the states. In 139 border locations there are no backup security in place to support solo officers on duty. It is reported that as many as 1,600 crossings are not reported. Many are smuggling points and cost the country a lot of revenue. Border Patrol was once strictly responsible for customs. The RCMP have been filling in as needed, but do not have the resources to man borders and cannot be expected to fill the mandate with the expertise the customs has established. RCMP Detachments along the border have all been closed.

The meeting ended with the passing of three bylaws, one a utility easement for the land between the water tower and that owned by CTC. The Works Dept. uses this to access the municipal site. The other was to widen Marine Station Road, while the third allows the Parks Dept. access to maintain a storm sewer that runs across the Mable property.

Foodbank

responded, "it is great to be in a position to help."

Diana confided to the media that the shelves are looking bare at the Winchester office of the Food Bank. "This is a slow time of the year for donations of food. Some people continue to give, like the Curves drive was great, but we need someone to step up and say that every May they will do a food drive or make a special donations so we know we can count on enough to replenish the shelves at this time every year." She continued saying that she was at North Dundas District High School this week and Seaway next week to encourage students to pitch in and help coordinate food drives.

She mentioned the annual tea and fashion show at Matilda Hall later this month and a terrific job it does to raise funds to help the food bank, "It takes on a life of its own, that's for sure!" She also added that the food bank and the House of Lazarus to raise funds for both are sponsoring a walk.

She mentioned the annual tea and fashion show at Matilda Hall later this month and the terrific job it does to raise funds to help the food bank, "It takes on a life of its own, that's for sure!" She also added that the food bank and the House of Lazarus to raise funds for both are sponsoring a walk.

It is nice to report a little good news every now and then. The committee working to help disadvantaged youngsters with sports equipment is also getting under way and Peter is enthusiastic about the results that will be realized here as well. Certainly everyone agrees hockey season is when the most help is necessary to help involve children up to 12 years of age who would otherwise miss out on the game due to lack of financial support for equipment, but baseball and soccer will be warm weather sports some children can expect to play with a little help from this group.

It is terrific we have people who care so much in our community.



Beauty can be found in very strange places

A crystallized ice skim will succumb to the sun's warming rays as the day wears on. The water freezes slightly each night as the temps drop and then turns to water as the warmth of the sun works its magic. Beautiful designs can be seen if one takes the time to look carefully at such mundane items. Like silver streaks when the light catches it, you will be amazed at how lovely things look.

Chieftain Photo by S.L.Johnston

LEEDS & GRENVILLE – PRESCOTT – BROCKVILLE
9-1-1
POLICE – FIRE – AMBULANCE
EMERGENCY SERVICES

Grenville Christian College
Instilling Christian Values in Academic Excellence
Join us for an
Open House
LAST STUDENT LED TOUR BEGINS AT 3 P.M.
Sunday, April 17th from 2:00 - 4:00 p.m.
"Meet & talk with students & teachers"
• University preparatory curriculum balanced with Christian values
• A family environment where students study and socialize together
• Strong music, visual & dramatic art and athletic programs
• Student to teacher ratio 7:1
• 100% graduate placement rate in post-secondary education (2004)
• JK to Grade 12 - boarding from grade 7
• Wide range of summer camp programs available
• Payment options to suit individual needs
• Busing daily from various regional locations
• National Scholarship Program for new students
37719-14-05
NOW REGISTERING FOR
Summer Performing Arts Camp
SPACES ARE LIMITED!
Visit our web site for more GCC Program information
(613) 345-5521 ext. #3351
cradford@grenvillecc.ca
www.grenvillecc.ca

Winchester District Memorial Hospital
Leading and Learning Partners in Quality Healthcare

Winchester District Memorial Hospital is a 70-bed facility that provides primary and secondary healthcare services to people who live in the counties of Dundas, Stormont, Russell (south western portion), Grenville (eastern portion) and the south east portion of Ottawa. The Hospital has been serving the community since 1948.

CALL FOR APPLICATIONS TO THE BOARD OF DIRECTORS
The WDMH volunteer Board of Directors, on behalf of the community, provides stewardship to the organization. The 18-member Board is accountable to the community:
- to ensure that the Hospital develops and fulfills its Mission
- to ensure that the Hospital protects its assets; and
- for the ethical conduct of the organization

As a member of the Board of Directors you will:
- focus on the Hospital's future and vision.
- be responsible for excellence in governance.
- ensure quality care and services and prudent use of resources.
- practice the values of Winchester District Memorial Hospital.
- adhere to a sense of group responsibility.

As a Board member you must be (18) years of age or more, agree to become a voting Member in good standing of the Corporation (a corporate membership fee of $10.00 is payable to the Hospital), and be a resident of or be employed in the catchment area. You must be willing to commit to approximately 10 hours each month to serve the Board.

Ideally, candidates will bring prior experience in governance as a board member, managerial knowledge and strategic planning experience, understanding of health policies and system needs, issues and trends, and an understanding of the diverse needs of population served.

Winchester District Memorial Hospital Board of Directors is accepting applications for a minimum of two-year terms from the community for vacancies on the Board. If you would like to be considered for one of these Board positions, please forward your resumé to Christine Cross by April 26, 2005. More information is available by calling 613-774-1049. Send your application by email to ccross@wdmh.on.ca Fax, 613-774-0453, or mail at 566 Louise St., Winchester, Ontario K0C 2K0.

47350-15-05

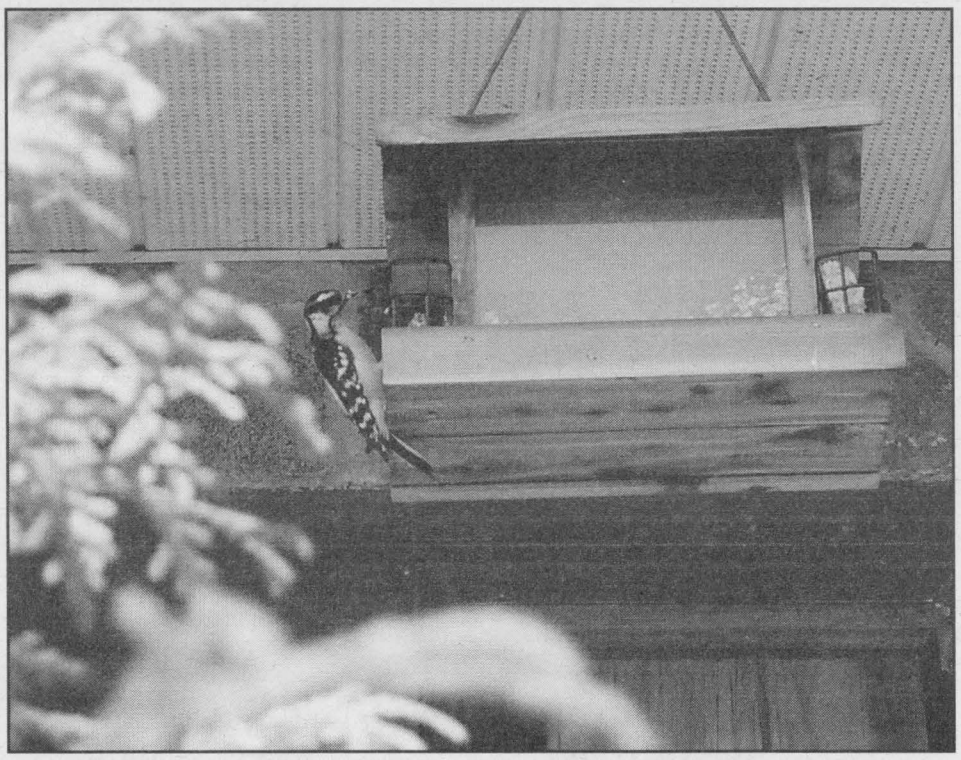
St. Lawrence Area Birdwatching

by Birds Anonymous

A new birder from the Iroquois area called to report a Grackle that he felt was unique. This bird has two white feathers in his tail. He comes all alone to the feeder area and this marks the second or third year he has come back to the same yard.

A Morrisburg bird watcher called to let us know her regular birds are back and she and her husband are happy to see them back in this part of the woods. She reports that where this writer saw the Wild Turkeys a while back, along County Road 31 last year about this same time she noted 25-30 searching for corn under the snow cover. She says that lately she has counted only 4-5 (same as me) of the clumsy creatures. When harvesting takes place some corn is missed and the birds dig to locate it so they can enjoy a treat each winter. She also mentioned Deer on the way to Long Sault along County Road 2, actually East of the Craft Barn area; at least five of these delicate animals were counted. She tells us it is normal to spot them on the runway along the road and on the Upper Canada Golf Course. As the weather warms they seem to move farther back into the bush area, they seem to know golfers will soon hit the greens.

It is like I heard on the weekend, "How do the birds know when to return north and how do they come to the same locations year after year?" I have been told they remember and it is very likely we get the same birds year after year. Any of your feathered friends look familiar? Monday morning the birds at our place were wearing long johns, mittens and toques, it was quite cold as I refilled my feeders. A small Blue Heron was seen at Doran Creek and a pair of Canada Geese seems to be heralding their intent to start a family in the swamp near our home.



A sweet treat for this woodpecker

This small woodpecker was focused on his sweet treat as he continued to pounce on the suet, even as I snapped his picture. Woodpeckers are interesting birds, quite fascinating to watch as they use their beaks to dig, pound and eat. The suet is all but beaten, as there are several birds that have their meals from it each day.

Chieftain Photo by S.L.Johnston

Our Irena birder reports a number of big Blue-headed Blackbirds (Grackles perhaps?) have been taking baths at a water source at the neighbours. She noted three Juncos under the seed bell and three Gold Finches who are sporting a brighter yellow colouring lately. A Song Sparrow has come back, or is just now making his presence known. These little fellows will remain quiet and not draw attention to themselves throughout the winter. Then as spring arrives their chirp and trill can be heard from low perches on bushes and posts. Three Wild Turkeys were seen walking across County Road 16 (Brinston Road) as she drove south. Mistaking them for deer from far off, when they finally strutted across the roadway, they turned and flew back into the bush along there. Three big Blue Jays were in the yard and she tells us the Phoebes are back, they were seen enjoying the spider webs under her awning. She says they try to nest under there each year and always seem to get washed out, she is hoping they go to the neighbours instead where chances are better for a permanent home. A pair of House Finches came by, and she explains how gorgeous red the male was coloured. Three Tree Sparrows were seen still in the area.

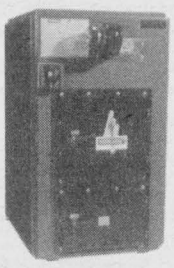
"They will soon be leaving," she adds. A pair of Mallard Ducks was swimming about the pond east of her home along Rowena Road. She informs us that the Pussy Willows are opening along the roads. She was told that when you cut these furry fellows and bring them inside, you should put them in water, allow them to open fully and then take the water away. Apparently this system has been tried and works, they actually keep for a longer period of time. She concluded our conversation by saying people in the Brinston area have been sighting a lot of Snow Geese...after breeding in the Arctic Tundra these birds migrate south to spend the winter at traditional wintering grounds, they must surely be headed back north.

Since the new owners have *The Chieftain* for sale in their other newspaper offices, I got a call from a Kemptville resident who wanted to let me know she had seen Mergansers (cool ducks) both the Hooded and Common variety and was happy to find a Kingfisher perched on her dock the other morning. These belted fellows are medium sized birds with large bushy heads and stout pointed bills. Seeing one dive for food is awesome, as they have a distinctive way of zeroing in on their prey and make no mistake when they go up very fancifully, dip their wings and plunge head first into the water after whatever they have in their sights. Disappearing below the surface, the Kingfisher comes up with a fish in his bill every time. And did you know the parents will drop fish into the water to teach their young how to catch them? Once they have the knack they are chased from the area by the parents to find their own home territory. Thanks to all who call: you are the lifeblood of the column, keep the phone ringing at 652-2235, and leave a message if I am out.

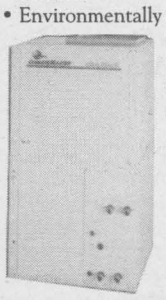
BUILDING... REMODELLING...
NEED A NEW HEATING SYSTEM?

We Sell, Service and Install

WOOD FURNACE
Quiet, Clean & Safe
Newmac's solid fuel furnaces provide you with efficient heating and quiet, automatic operation delivering clean, warm air throughout your home for total comfort.



HEAT PUMPS
Geothermal Units
- Low Energy Cost
- Reliable
- Environmentally Sensitive
- Quiet Operation
- Flexibility
- Highest Comfort Summer & Winter



Buy With Confidence
Call THE STOVE STORE unmatched
WE ARE W.E.T.T. CERTIFIED
Hours: Mon. - Fri. 9 am - 5 pm; Sat. 8:30 am - 2 pm
6 Beverly St., Spencerville
613-658-3101
website: www.thestovestore.net
Come to our showroom - Over 60 units on display
51991-14-05

The Vinaigrette
Fine Dining Eatery & Sports Pub
The entire staff would like to welcome Chef Gord Atkinson. As the former head chef of "Big Daddy's", Elgin St., Gord is an exciting addition to Paul, Jamie, Natasha & Jim, The Vinaigrette's exceptional culinary team. Spring is here at last, be sure to reserve for our fabulous Mother's Day Buffet Brunch. Come in and check out your favourite sports on our New 52" BIG SCREEN T.V. - Dance & Sing the night away every Thursday & Friday with Karaoke Dave!
Watch for tons of great features including $2.50 Tuesday, Lobster Boil, Ladies Nite, Our New Happy Hours Menu, Patio Grand Opening, NASCAR Sundays
and so much more...
Reservations Always Recommended ~ 258-3455
"Live Entertainment in our Dining Room"
Friday's enjoy house favourite Bob Pepin
Saturday & Sunday Cool Jazz with Madée
Howard Johnson
County Road 43 1 km east of Hwy 416 at Howard Johnson Motel
44767-15-05

The Chieftain Editorial Page

Editorial

It's Daffodil Month

We have all been touched by cancer in some way. Whether through a personal diagnosis or through someone we know. This is why the Canadian Cancer Society works in communities across the province to fight this horrific disease as well as helps those living with the disease.

This year marks the 25th anniversary of Terry Fox's Marathon of Hope for cancer research. Commemorating this auspicious event, millions of $1 Coins depicting him running on a barren stretch of highway went into circulation a week ago last Monday. The first general-circulation currency ever issued by the Royal Canadian Mint featuring a Canadian, some 11million are out there somewhere, and another 9 million will be produced for September release. Terry set out from St. John's with a plan to run across this country to raise money for cancer research after he lost his right leg to the disease. He was forced to stop near Thunder Bay on September 1, after being diagnosed with lung cancer. He passed away June 28, 1981 at only 22 years of age. Since then $350 million has been raised for his cause in his name. A true Canadian hero, we need to tell our young people about this courageous young man and what he did. A monument stands proudly to this young man who boldly went where others feared to tread…who dared to do what could not be done.

Statistics show that one in three of us will be diagnosed with some type of cancer during our lifetime, and the odds are leaning towards one in two: not great odds to be missed by the devastating news. The good news is that more people are in fact living with cancer or better yet beating the odds and winning their battle with it. Early detection remains the best odds against cancer.

One of the most important fundraising drives sees 42,000 volunteers going door to door in neighbourhoods everywhere raising funds through your donation to fight against all types of cancer. The Mission Statement of the Canadian Cancer Society says it is "a national community based organization of volunteers, whose mission is to eradication of cancer and the enhancement of the quality of life of people living with cancer."

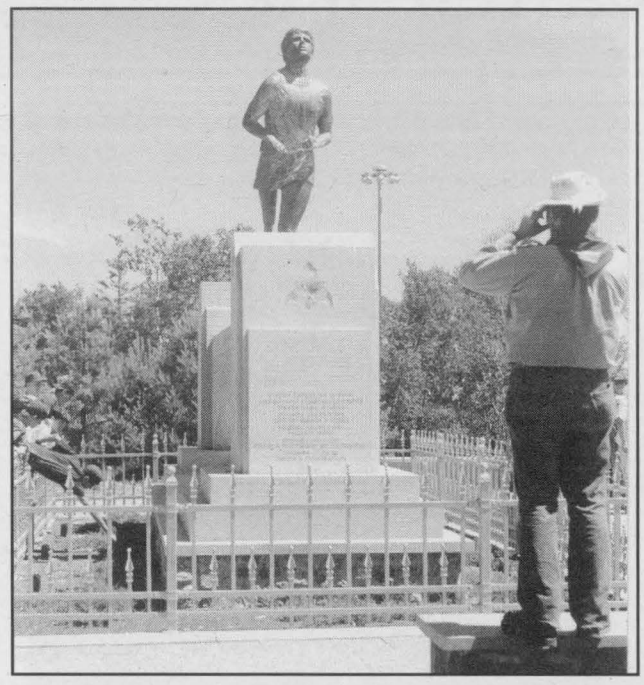
The sight of bright yellow daffodils is a welcome sign of spring. As gardening expert and TV broadcaster Mark Cullen says, "As a gutsy flower that will even poke through the snow to bloom, the daffodil is also a symbol of hope for people living with cancer and their families." Buying a bunch of colourful daffodils shows your support for those living with cancer. Donating when your neighbour calls funds cancer research and community services that help people living with the disease and their families.

Daffodil Days (March 31-April 3) kicked off a month of cancer awareness and fundraising. When asked to support the fight against cancer, please be as generous as possible. In our house we know the sting of the disease as a young man, a close friend of our son was taken from us far too early after a courageous battle with cancer on several occasions as it went into remission and then returned with a vengeance. A fine lady known by the editor all my life was also ravaged by cancer and went to a better place where she no longer feels the pain. The confidence and positive attitude these two had, was unbelievable. Their strength and determination not to let cancer beat them was awesome, and right to end they never gave up.

Screening and early detection can save lives. The Canadian Cancer Society has an information service where a trusted source provides answers and information from cancer information specialists. The number to call is 1-888-939-3333 Monday to Friday 9am to 6pm. Knowing what community resources are out there is vital to living with cancer and helped the families of those who endure cancer.

Even as we watch the news we learn that Max Keeping is fighting a battle with cancer.

Continued on Page 5...



A tribute to a real Canadian hero, Terry Fox monument at Marathon, Ontario. *Chieftain Photo by .L.Johnston*

Spring has finally sprung at Swampview



The sun provides warmth these days as the temperatures begin to climb. The days are longer as the sun remains in the sky later each evening, isn't it great? Birds are playing the mating game as they prepare to nest. Honking huge flocks of Canada Geese fill the blue skies. Only tell tale patches of snow remain and as the day begins and the sun comes into view over the swamp, the mist created when cold and warm meet drifts upwards as day breaks. Sunday the blue of the sky was interrupted by three white smoke tails as three jets flew eastward streaking the sky in perfect harmony, it was beautiful artistry in motion.

The college son was home briefly and then his gal pal arrived from school in London as her ride dropped her here at Swampview. He enjoyed supper at home and took time to drop in to see the grandparents for a bit, gassed the small car up, got some details in order for a video essay due next week and grabbed some frozen food, a jug of milk and was on his way back to the Seaway City. Our visits with him are brief, but appreciated. He has more testing and so seems to be constantly studying for them, reviewing material and going over notes. He is keeping the average up over the first class mark and his folks could not be any prouder of him and his efforts at school. A call from him and one from his gal to wish the old writer a Happy Birthday were welcome and then a card came which was very thoughtful, certainly not deserved, but wow, brought a smile to this old face!

The number one son and the promotion at work seem to getting on very well lately. Leaving for work in the early morning darkness is heavy stuff, but he gets home at a reasonable hour and his supervisor took time to welcome him in a nice manner, so with the raise in pay and the new pants (uniform changes with added responsibility), all

Continued on Page 9...

Looking Back....

Forty Years Ago:
April 1965:

Not too often we can venture this far back in the archives, but here goes this week, enjoy…

Peter Stokes, supervisor for the restoration of the Carman House met with Iroquois Council to discuss a three-part plan of restoration aimed at getting the house ready as part museum and part craft house. The estimation of cost brought this phase of the project in at about $5,000. A Centennial grant was to cover almost half this cost. Council had budgeted some $3,000 to cover costs at the Carman House. Window sash restoration true to the period, reconstruction of the hearth and chimney and Dutch oven as well as road repairs, a parking lot, veranda removal and landscaping were on the agenda this year. Although over the past few years the house had become known as the Carman-Forward House, would officially be known as the Carman House.

The Dundas County Association for Mentally Challenged Children received its charter and the hope for a school to be established to open in September was anticipated.

Twenty Years Ago:
Wednesday, April 10, 1985:

The Jean Parisien out of Toronto was the first down bound ship to pass through the Iroquois Locks as the season got underway.

A car rally hosted by the Iroquois Matilda Lions Club netted them $1,000 in profits as 52 of some 56 who began the trek completed the run. Some $200 was donated to the MS Society, Cornwall Branch. First prize went to Maddy MacDonald and Dianna Finnerty while David and Kathy Myers came in second place.

Stephen Carkner, a 13-year old Grade 7 student at IPS was working on the sixth edition of his epic comic book featuring himself, school mates, a space knight (Rom), the enemy Wraiths and their destructive weapons all battling for possession of the planets.

An agreement was reached between the International Woodworkers of America and management of Iroquois Enterprises, which called for a 6.8 per cent increase in the first year and 6.6 per cent in the second of a two-year contract. Included as well was an incentive program and additional life insurance coverage and an increase in the company share of safety boots. George Jackson, owner was disappointed that the deal was ratified by only 55 per cent of the employees, "It was a generous settlement in comparison with most other settlements in the area and above the inflation rate."

Seaway District High School hosted their annual Air-Band competition. Among the stars on stage were Motley Crue (Shawn Lapier) Bruce Springsteen and his E-Street band (Lyle Schell), Madonna (Elke Watts), KISS (Chris McDermid, David Bailey and Bruce Froats), Ernie Beckstead and Robert Merkley as RATT and Wild Things (Tabitha Judson, Karen Gowanlock, Darlene Hall and Sophia Burgos). Winners went on to Cornwall to compete.

Student speakers representing the Iroquois Legion, Branch 370 won an unprecedented three first places out of a possible four at the Zone G-3 speak off. Mary Dulmage and Nikil Chande (IPS grades 4-6 & 7-8) and Catherine Whittaker (SDHS grade 9-10) all brought home gold. The only person to score higher than a branch 370 speaker was a Kemptville youth who edged SDHS's Joanne VanAllen at the senior level.

Matilda Township was bracing for a 3-mill increase of the county levy to residents. One mill in the township equaled $5,000. No figures were available to tell how much this would

Continued on Page 8...

The Iroquois Chieftain

Published every Wednesday by Runge Publishing Inc.
Serving the Seaway Valley

P.O. Box 529
Iroquois, ON K0E 1K0

Member of the Ontario Community Newspapers Association and the Canadian Community Newspapers Association. Also a member of the Audit Bureau of Circulations

Director of Group Publishing & Sales
Bryan Wiltsie
Associate Publisher
Diane Banks
Managing Editor
Sandra Lee Johnston
Office Manager - Heather Paveley
Advertising - Sharron Bolte

Circulation / Classified Manager - Barb Lawson
Production & Layout - Wilbur Bastian - Stephen Balena

Email:
PUBLISHER icpub@runge.net
EDITORIAL icedit@runge.net
DISPLAY SALES icsales@runge.net
CLASSIFIEDS icclass@runge.net
Ph. (613) 652-4395
Fax: (613) 652-2508

Deadlines:
Articles: Friday at 4pm
Display Advertising: Friday at 4pm
Classifieds Advertising: Friday at 4pm

Annual Subscriptions:
Call the Iroquois Chieftain Office for Canadian, Foreign & U.S. rates

"We acknowledge the financial support of the Government of Canada, through the Publications Assistance Program (PAP), towards our mailing costs."
PUBLICATIONS MAIL AGREEMENT NO. 0040012382
PAP REGISTRATION NO. 10882
RETURN UNDELIVERABLE CANADIAN ADDRESSES TO:
CIRCULATION DEPT
P.O. BOX BOX 529, IROQUOIS, ON K0E 1K0
icpub@runge.net

The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its employees or otherwise and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. All photographs and advertisements created by The Iroquois Chieftain staff are the property of The Iroquois Chieftain and cannot be reproduced without written consent.

Continued from Page 4

cost taxpayers. Williamsburg was handed a decrease, while Iroquois levy went up by $600.

Four township bridges had weight restrictions imposed by bylaw for the first time ever, including the Millward, Cook, Plante and Taylor Bridges.

Fifteen Years Ago:
Wednesday, April 11, 1990:

The Iroquois/Matilda Lions Club was all but ready to present their semi-annual stage show in support of WDMH. "My Three Angels" featured Charlie Marston, Glen Swerdfeger and Rick MacKenzie as the Angels, and a support cast that included Margaret Robertson and Marg Swerdfeger, Bill Rumble, Diane Orlicky, John Borris and young men Chris Scott and John Kenward who helped round out the cast.

Newly confirmed members of the Iroquois United Church included Jason Barkey, Allison Banford, Tracey Hamilton, Kirk Rumble, Brenda VanAllen, Martha Dulmage, Chris and Bob Fetterly, Dean Swerdfeger and Marianne St. Pierre. Rev. Eric Barr did the honours.

Steven Haley, son of Ross and Mrs. Haley received a Certificate of Commendation for his sustained outstanding job performance with the Bell Northern Research facility in Research Triangle Park in North Carolina. Having been a Shift Supervisor prior to being appointed Site Supervisor, Steven had carried out his duties in a most outstanding manner and had been cited by the clients on several occasions. As of March 26, 1990, Steven had advanced to Specialist of Bell Northern Research Telecommunications, a former student at SDHS, his local friends were happy to hear he was doing so well.

It was noted that peanut butter had been around for a century. Sticking to the roofs of mouths, young and old; whether chunky or smooth, eaten with jelly or honey, cooked with marshmallows and chocolate, it was proven that 55 per cent of all peanut butter eaten was done so by adults and not the youngsters we all associate with the stuff!

Iroquois Reeve John McAllister personally delivered the first blue box. With help from Cub, Ben Mustard, the Reeve handed Mr. and Mrs. Dwight Beckstead their box. Pickup started the following Monday morning. Cubs and Scouts were on duty helping deliver the boxes. Recycling Coordinator Claire Theijsmeijer was lending a hand too.

Local folks Carl and Marie (nee Zeron) Empey were acknowledged with a wedding photo as they celebrated their 45th Anniversary! (This mean in 2005 the occasion is 60 years!! Congrats kids!!).

Ten Years Ago:
Wednesday, April 12, 1995:

The annual DHI banquet saw John DeVries merge the big winner with a Herd Composite BCA of 244.0, with second place going to Francine and Jos Melenhorst of Winchester with a 233.3 Herd Composite BCA. John won for the third consecutive year.

Iroquois Council authorized the removal and relocation of the Iroquois/MatildaBicentennial project honour roll monument that sits in front of the Civic Centre. It was to move to the front of the building at a cost of $500. Suffering from deterioration and water damage, the Honour Roll was erected in 1984 by the Iroquois Legion to honour those locals who served in WWI, WWII and the Korean Conflict.

The local Scout Troop visited a regular council meeting to satisfy their citizenship badge. At this meeting Reeve Peter Swank presented his grandson, Peter and another Scout, Jeremy Johnston with certificates of recognition for completion of the highest achievement, their gold level citizenship badge.

Vicki Boivin and her sister, Val St. John became new owners at Pier 31, which they purchased from Tom Morrow.

Five Years Ago;
Wednesday, April 12, 2000:

The spring concert by the SDHS band was double the pleasure as the local school hosted another high school band from Kapuskasing, Ecole Cite des Jeunes. Under the direction of a university friend of Seaway's music teacher, Christine Flaherty, the Seaway band will reciprocate in May when the local musicians head to the far north. The language was no barrier and everyone enjoyed the adventure.

Teachers, elementary and secondary with the UCDSB were preparing for the possibility of a strike by non-teaching staff.

The Transition Board voted 7-3 to relocate the Edwardsburgh/Cardinal administration office to Spencerville.

Roy Bonisteel of Man Alive came to Iroquois to help the United Church celebrate their 200th anniversary. Recipient of the Order of Canada he delighted everyone who came out and then signed copies of his book afterwards for those who wished to purchase one.

Gary Mallan delivered some great music as the Iroquois Library hosted him. Children danced, sang and enjoyed the music.

A photo in The Chieftain expressed the feelings of most when it read, "Cruel April Fool joke" as a heavy snowfall covered the area in a blanket of white!

Editorial

Then another well-known broadcaster, Peter Jennings is diagnosed and he too promises to fight with all his being against this disease that knows no age, gender, colour or creed.

People who want to pay tribute to a loved one can do so by planting a virtual daffodil in the Canadian Cancer Society's new online Daffodil Garden. Visitors to www.cancer.ca/daffodilgarden can attach a message to the daffodil they plant in memory of or in honour of someone they know. Once at the garden, visitors can also send an e-vite to family and friends inviting them to plant their own daffodil and post a message of hope.

Rides to treatment ease the burden and drivers like the McIntoshs of Bayview Court are folks patients know they can count on to get them there. People living with cancer can get a ride to the Regional Cancer Centre at the General site of the Ottawa Hospital where they receive treatment. Living with the disease can often be rough, volunteer drivers are the lift that is needed sometimes. Making certain patients get the treatment they need when they need to be there is a vital service provided right in our own community.

The efforts of volunteers to canvas and gather donations that makes a real difference in the live of people touched by cancer. Every dollar brings researchers closer to discovering cures and better treatments, they also enable reliable information on all cancers to be released to the general public and helps provide the support to people living with cancer in meaningful ways. Donations allow everyone to grow stronger in the fight against all cancers.

SLJ

Hang this handy calendar on your refrigerator every week!

April

					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Community Calendar

IROQUOIS AND DISTRICT

May

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

A public service provided by the businesses listed here in co-operation with this newspaper

The Cardinal Mixed Dart League is sponsoring a Steak Shoot on Saturday, April 16. Registration is at 6:30pm, first game starts at 7pm. Call 657-4558 (Jeanne Fox-Dibble) Min of 6 rounds, come and join the fun.

A public Euchre will be held Saturday April 16 starting at 1:30pm. Entry fee includes a ham supper at the Cardinal Royal Canadian Legion Branch 105. Everyone welcome to come out and enjoy a day by the River.

Knox Presbyterian Church will hold its Rummage Sale on April 15 and 16th at the Civic Centre in Iroquois. Drop off items after 9am on Friday the 15th. OPEN on Friday, the 15th from 1-6pm and on Saturday the 16th from 9am until 12 noon.

Due to its popularity, The Quilt of Belonging is being held over until April 20 at the Museum of Civilization in Gallery B. Free with admission. Canada's largest and most comprehensive textile art project, a celebration of our cultural diversity should not be missed.

Chieftain Publishing
FULL PRINTING SERVICE
From Quick-Print to Full Colour including bindery & lamination
Iroquois Shopping Plaza, Iroquois ON
652-4395

CLARA'S
DRESSMAKING
9-5:30 Mon.-Fri., 9-12 Sat.
FLAGS
10% OFF
WITH THIS COUPON
St. Lawrence St., Winchester
613-774-3252 ~ FAX 613-774-1442
37192

"Everything For the Builder"
Since 1864
THOMPSON
Tim-Br-Mart
652-4478 ~ 652-2500
Dundas St., Iroquois
45572

Chieftain Stationery & Gift Shop
Iroquois Shopping Plaza, Iroquois ON
652-4395
OFFICE PRO Good People, Who Know
Purolator

Kemptville Sand & Gravel Ltd.
Screened Topsoil
Blended Garden Mix
Sand Crushed Rock Gravel
258-3422
Dump Truck Float Service
Backhoe Excavator Skidsteer
Dozer Compaction Rollers Grader
PRICE PAVING
FREE ESTIMATES
47344-15-05

Support your Community Calendar,
place your business ad for only$9.50 a week
or for 6 months @ $225
or buy a year for only $400!
What a Savings!
What a Savings!

Hang this handy calendar on your refrigerator every week!

Iroquois and Seaway Valley

Sports

Morrisburg and District Curling Club hosts Banquet and Awards at General Meeting

A Rockin' Great Group!

By Sandra Lee Johnston
Chieftain Staff Reporter

Members of the Morrisburg and District Curling Club gathered to enjoy some friendly banter, a cool refreshment and a delicious meal at the Clubhouse. After everyone was filled it was time for the General Meeting. Gerry Thompson was in charge of awards and trophies and these were presented to those deserving curlers on hand. A lot of laughter and joking mingled with the awards, demonstrating why curling is fast becoming the sport of choice.

Among the issues discussed by the membership was the delivery of telephone books in mid-July, a service that nets the club some $2,000. Also included on the agenda was the annual Yard Sale, which is held the same day the Community Yard Sale happens in Morrisburg. An organizer was needed to make this event fly. The club financial statement was read. The bar revenues were reported up from last season. A set of new Little Rocks for the younger players will be purchased.

According to President Joe McCooeye, they are the same size as the regular rocks, just not as heavy. "This way there is no jump to bigger rocks when the youngsters move up to adult curling, they are used to the size and need only adjust to the new weight."

Dale Tupper was commended on his efficient cleaning job. Sidney Schnurr has coached the Bantam and Junior programs during the season just completed," The life blood of the club" (says McCooeye). She has agreed to continue to coach the Bantams only in 2005-06, and so they need someone to step forward and take the Juniors (high school aged players).

The proposed executive for the 2005-2006 season include: Joe McCooeye as President, Grant McGann as 1st Vice, Paula Locke as 2nd Vice, Kathy Johnston as Treasurer, Kathy Norg as Secretary and Directors: Bill Magee, Ian McGillis, Gerry Thompson, John C. Toonders, Bobby Hart and Walter Reid.

President Joe spoke to the group suggesting that any good business puts a little money away each year. "We need to pay our bills and set some money aside in order to remain vibrant." To this end, he suggested that membership fees will have to be raised in 2005-06. "The bar profit needs to be set aside to meet our long term plan. We want to instill confidence in the club and need our members to be confident in their club. We want to ensure the club is solid, and here for many years," noted Joe. He thanked the League Coordinators, the icemaker, Gord and all who came out to curl, help clean up and enjoy the club. "We have a great membership here, and I am looking forward to coming back next year as your president."



Pat Lid Trophy Winners

John Allison and Joe McCooeye along with absentee teammates, Bob Brugland and Josh Laurin carried off the Pat Lid Trophy as Tuesday night's top men's team on the ice sheet. Sweeping their way to victory we give them a pat on the back for a job well done.

Chieftain Photo by S.L.Johnston

Then Gerry Thompson handed out the awards and trophies (Absentees will be recognized with an (A) behind their names…the Tuesday Night Men winners were Craig Harriman, Bob Bedingfield, Sam Laurin and Frank Lalonde, all of whom were absent. The men play for the Pat Lid Trophy and victorious were Joe McCooeye, Bob Brugland, (A), John Allison and Josh Laurin (A).

The Wednesday Night Ladies played a mixed year, with not enough people all too often when they arrived to curl, they made teams as they came. Winners were Wendy Casselman(A), Alice Thompson, Sandra Beckstead (A) and Donna Stephens

The Thursday AM Mixed Curlers play for the Bradford Trophy (October through December) and the names engraved on it this season will be Doug Brannan, Paul Dobry (A), Dan Salsman (A) and Kathy Johnston.

The Osie Villeneuve Trophy was presented to Dave Salsman, Bob Fortan, Sandra Beckstead and Elsie Guindon. (All of whom were absent). The Thursday PM curlers play for the Dodge Trophy and the winners proudly accepted their award; John and Ian Wilson, Kathy Norg and Michael Staebler.

The Friday PM Mixed first half of the season winners were Gerry and Cheryl Thompson, Rolf Lehmann (A) and Elenor Allison. They won the Robert Revie Trophy. The Friday Mixed second half of the season winners were declared a tie due to a scoring dispute, which was not reconciled… Nancy Skakum, John Toonders, John and Kathy Marston (all absent), were one team of winners and Wally MacDonald, Sue and Dave McIntosh, Jeanette

• **Please turn to Page 7**

What if one day you couldn't next week Walk?

Or maybe you couldn't speak clearly. Or your vision was blurred. That's what it's like to live with multiple sclerosis, an unpredictable disease of the central nervous system. Things you take for granted can become impossible and you don't know when or where or if it will strike again. But the research and services programs of the Multiple Sclerosis Society of Canada are providing some answers. With your help, we can connect with a cure. **1-800-268-7582**

Multiple Sclerosis Society of Canada

NATION VALLEY
MOUNTAIN TRAIL BLAZERS, FINCH NORTH STAR
SOUTH DUNDAS, WINCHESTER TOWNSHIP
SNOWMOBILE ASSOCIATION

ANNOUNCEMENT
Nation Valley Snowmobile Association
would like to announce that all trails are

OFFICIALLY CLOSED

ATVs and 4x4 trucks please keep OFF snowmobile trails unless permitted by PROPERTY OWNER. Use of trails without PROPERTY OWNER'S PERMISSION is trespassing and CHARGES will be enforced.

55847-15-05

Sandy Row GOLF CLUB

SANDY ROW GOLF CLUB

10660 Sandy Row Rd., South Mountain
(613) 989-2588

Open this weekend - weather permitting
Until then, warm up on our indoor golf simulators

LEAGUE PLAY BEGINS

Juniors Night - Mon., May 30 registration
Ladies Night - Tues., May 3 & May 10 (warm up nights)
Men's Night - Wed., May 18 (official nights begin)
Also Senior's Best Ball - Thursdays 9 - 9:30 am begins in May - weather permitting.

If anyone wishing to sign up, but can't make it on these particular nights, please phone Sandy Row for information.

Please note: You do not have to be a Sandy Row Member to participate in any of these leagues.

Memberships on sale now at "Sandy Row"

Open 7 days a week for breakfast & lunch

48259-15-05

Continued from Page 6

Curling

Paquett/Gadbloi and Rolf Lehmann were the other (all absent too).

The senior men had a good year, a good number of curlers turned out each game, always nine teams set to play and 46 players every match. The Kincaid Trophy went to Eric Orgee (A), John Wilson, Art Carkner (A) ad Jim Locke.

Next on the table was the Walter Bowman Trophy that was won by Bob Bedingfield, Gerry Thomspon, Al Gowanlock (A) and Wayne Pulfer(A). The Gerald Adams Trophy was handed to Martin Schneckenberger, Neil Williams, Gerald Wynands (A) and Dave King (A).

Bob Bedingfield, Len Bellamy, Eric Johnston and Lead-spare, Wally MacDonald won the Jim Fraser Trophy.

The senior men play for the coveted Hughie Hutchison Trophy on or near Robbie Burns Day. This year it went to the team of Sid Morrell, Jim Locke, Tony Toonders (A) and Keith Brannen (A). Sid spoke for everyone saying, "On behalf of the senior guys, I want to thank Gerry for his work with the senior club, after all we are a pretty garish group to deal with!!"

Special to the seniors is the Parnell Cup and the bragging rights that accompany its winning. An Interclub Trophy played for by teams from Morrisburg, Prescott, Lancaster, and Cornwall, Morrisburg had won four times in one year, setting a record. The 2004-05 season kicked off in Morrisburg and when the last rock curled, Morrisburg had played to an unimaginable sixth consecutive victory! Well-done guys!! Jack Dikland, John Lyon, Ray Benoit and Gerry Thompson won in November and then another Morrisburg foursome took the honours a Peter Zeran, Earl Jeacle, Karl Duncan and Dave Salsman were victorious.

Another Interclub Trophy was on the block, as the McLennan Trophy, the oldest in Cornwall, a Challenge Cup. Cornwall hosts a match with this trophy up for grabs once each season. A two-team total score affair, once again Morrisburg was victorious. The trophy remains in Cornwall with the winners names engraved on it. This year it wears, Bob Bedingfield, John Lyon, Jack Dikland and Dave King, who won both their games and Sid Morrell, Don O'Brien, Ray Benoit and Neil Williams who won one and lost one. The total of the two teams gave the local club the win.

In Club Competitions, two Morrisburg teams played, one made it to the Semi-Final Match, the Broder Trophy saw the ladies get to the semis as well before bowing out.

The Morrisburg Bantam team, the first, won the Beaver Dental Trophy over that a Morrisburg Club Bantam team has won this one!! Well done indeed.



Bradford Trophy winners

Kathy Johnston and Doug Brannan pose with their trophy for Thursday morning mixed curling. Absent are teammates Paul Dobry and Dave Salsman. Some pretty good curling takes place at the Morrisburg rink each winter.

Chieftain Photo by S.L.Johnston



Wednesday Night Lady Winners

Alice Thompson and Donna Stephens accept the trophy for their victory. Teammates Wendy Casselman and Sandra Beckstead were absent from the photo. Congrats girls, well done, keep rockin' to the same tune next season!

Chieftain Photo by S.L.Johnston

DID YOU KNOW?

A dripping hot water tap can result in additional energy costs of up to $200.00 annually. A leaking toilet can waste up to 2,000 gallons of water in a single day; that is 10-20 times more water than a household's typical daily usage.

In both situations, a simple repair will alleviate the problems and save you money.



David Durant
Licensed Plumber

GC-Toshack

1-888-547-6162
925-2922

24 Hour Emergency Service

Plumbing • Electrical • Heating • Cooling

GC-Toshack

48849-15-05

Another Great COVER-ALL



Congratulations to **Branke Holsteins**

Bruce and Keith Horsley -
owners of a 40' x 84' straw & hay storage facility, a 40' x 80' machinery storage facility and a 40' x 80' hay storage facility.

"We are very impressed on how they built our Cover-All and the workmanship of the crew. We are located in a high wind area and have never had to tighten the covers. There was no question about choosing Cover-All" Bruce Horsley

Save 10%

ORDER NOW AND RECEIVE 10% OFF Call for more details. Limited time offer.

10th Anniversary COVER-ALL BUILDING SYSTEMS OF ONTARIO

Cover-All Building Systems of Ontario 800.268.3768

Or Contact Your Local Dealer:

Derrick's Construction - Derrick Don, Inkerman - 613.989.1999

www.coverall.net

allied TUBE & CONDUIT

COVER-ALL AUTHORIZED DEALER

COVER-ALL IS A REGISTERED TRADEMARK OF COVER-ALL BUILDING SYSTEMS INC/ STEEL TUBING SUPPLIED BY ALLIED

Curling Club award winners 2005



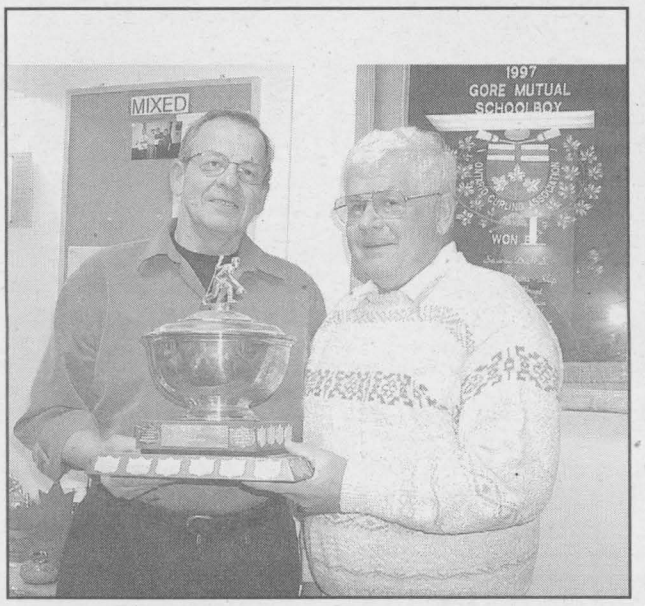
Dodge Trophy Team victors

John and Ian Wilson, Kathy Norg and Michael Staebler proudly show off their trophy for being victorious in Thursday afternoon play. It is great to see some younger blood on the sheets rockin' and rollin', sweepin' and slidin' their way to victory.



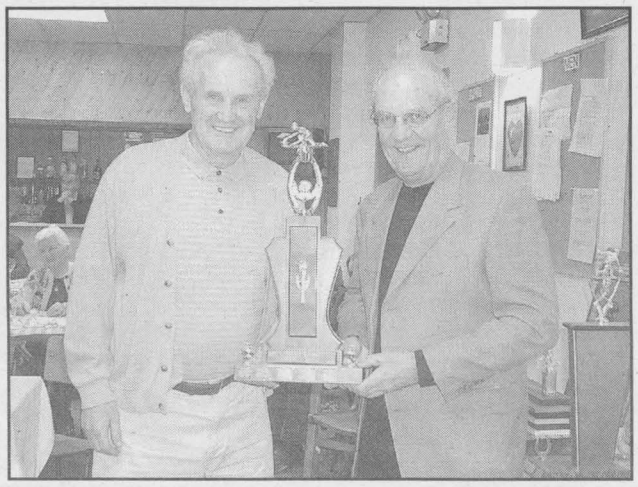
Robert Revie Trophy

Friday PM curlers vie for the Robert Revie trophy and it was Gerry and Cheryl Thompson, along with Eleanor Allison and Rolf Lehmann (absent) who took top honours during the first half of the curling season. Congrats folks!!



Kincaid Winners

The Kincaid trophy goes to the top senior men curlers and this year it was won by Eric Orgee and Art Carkner, both of whom were absent, along with teammates Jim Locke and John Wilson who are pictured with the award.



Gerald Adams Trophy Winners

Martin Schneckenberger and Neil Williams were on hand at the annual awards at the curling club and were presented with the Gerald Adams trophy. Missing are Gerald Wynands and Dave King.



Walter Bowman Trophy

Senior men Bob Bedingfield and Gerry Thompson, two of the winning foursome, hold this one. Missing are Al Gowanlock and Wayne Pulfer .

Chieftain Photo Feature by S.L. Johnston



Coveted Jim Fraser Trophy

Winning the Jim Fraser Trophy with a dependable Sapre who filled in as Lead on most occasions this team played, Wally MacDonald, helped Len Bellamy and Bob Bedingfield, who teamed with Eric Johnston (absent for photo) to claim the victory and the gold.

Garden of Eat'n
STEAKHOUSE
Licensed
Grand Re-Opening
Thursday, April 21st

Beef Entrees
All Are Charbroiled AAA
Alberta Beef
• NY Striploin Steak
• T-Bone Steak
• Filet Mignon
• Sirloin Steak
• Tenderloin Tips
• Surf 'n Turf
Also: Chicken Entrees, Veal & Rib Entrees, Seafood Entrees, Vegetarian Entrees

Celebrating 7 Years Serving
The Kemptville Area
With A New Concept
And A New Menu!

Kemptville District Hospital
In support of the Kemptville District Hospital's Diabetes Education Programs, $2.00 from each entree sold on Grand Re-Opening Day will be donated to the KDH. Come out and enjoy a Great Meal & Support your Local Hospital

Reservations: 258-9977
1-888-999-4613
2110 Oxford Station Rd.
www.gardenofeatn.on.ca
Take Highway 416 to
Exit #24 - Oxford Station

51160-1505

Livin: continued from Page 4...

seems to be going well.

The weekend gave us some time to work on wedding plans again. The maid of honour and a bridesmaid dropped by, so some planning was accomplished. The invites are all sent out, now the wait for responses… there are some invitations to the reception yet to go out, addresses and such to be nailed down and then this part of things is complete. Some checking of the lawn and what we need to do before July was discussed, I hope we can find the strength and determination to get everything accomplished in time and still be able to enjoy the big day. Flower arrangements were under scrutiny and some other items were on the table as we talked, and confirmed and argued over a number of issues related to making the day run smoothly.

There is no doubt in my mind that the weather will turn beautiful all too rapidly, summer will descend with a vengeance and in the blink of an eye the out-door things will need to be done so quickly. The time portal will be extremely short (I know how this goes!) and we will have to scurry and get so much done in a very short time period. Relatives on both sides have offered to lend a hand and we will definitely be calling upon them to bring their skills and help us out. With their help we will get everything done in marvelous order and good time and have no worries.

The birthday, ah another one, I don't feel any older, but apparently it is true. Numerous folks did not forget me and I want to thank every one of them who called, stopped me, sent cards or came by to wish me the best. The number one son and his fiancée brought both the big guy who celebrated on Monday of this week and the writer, birthday last Wednesday each a lighthouse, solar powered, that remind us of our East Coast trips. I got cash, tulips, a rose plant, movies, books, lip gloss, awesome vanilla hand cream and an insulated bag…everyone is too good to me! A family gathering to celebrate the numerous April birthdays we have will have been hosted when you read this, a sister-in-law and a brother as well as the two Swampview parents celebrate this month. A friend from my childhood also has a birthday later this month and although we do not keep in touch as we should, "Meagie, hope it's a great one!" Friends came to dinner on the weekend and we enjoyed a good meal, some chitchat and after a photo assignment the old writer had, we watched a movie, Calendar Girls. Some time to rest and relax is fleeting moments and very far in between happenings, but much appreciated for sure. Ironing was done and that too is a little R&R for this old fool who for some reason enjoys ridding clothes of their dryer wrinkles. While accomplishing those things that have to be done, I snatched a peek at the Men's World Curling Championships and how Randy Ferby's foursome won, who knows? It was wonderful though to hear "Oh Canada" played as the trophy was presented. Then the Masters Golf Tourney and a favourite of ours at Swampview that young man with the big smile, Tiger Woods wore the green jacket when the tie breaker hole was over. Neither of these sports was ever a favourite of mine, but they grow on you and I may get involved with both in the near future. Golf for me is a Mother's Day gift from a son; a fun round with brothers and that is about all. Maybe more lays ahead for me on the greens and the ice! Each morning is such a blessing to awaken to: as the sun shines, the blue sky reflects the upbeat mood and the birds are starting to sing, it all bundled up makes you glad to get outside and soak up some of the reawakening that spring brings our way. Take things as they come, keep smiling and be happy. The wisdom this week comes from Sara Henderson who said,

"Look at life as a beautiful fabric woven from wonderful rich colours and fine cloth. Make a plan, one that is full of obtainable goals for a happy life.



Woodpecker has been busy!

A Pileated Woodpecker has been extremely busy as these holes he has produced in this abandoned hydro pole prove. He can be heard when he is pounding with his strong beak as the sound ricochets across the swamp water. There are holes like this all over the pole. A winter's work well worth the trouble for him.

Chieftain Photo by S.L.Johnston

Spaces still available at UCVs Time Traveler camp

When it comes to overnight summer camps, UCV offers one of the most unique camp experiences being offered today. As a Time Traveler at UCV, not only will your child spend a week away from home, but they will also spend a week away in another century.

UCV's Time Traveler Camp draws children from all over Ontario, other parts of Canada, the USA and even from overseas. A quick look at the type of experience this camp offers soon explains what sets this camp apart from others. During the day, Time Travelers dress in authentically designed period clothes and assume the role of an 1860s child. Over the course of the week, they have the opportunity to work with village artisans such as the Blacksmith, Tinsmith, Printer, Dressmaker and Weaver as well as participate in a variety of other activity sessions in UCV.

What other camp lets participants attend a one-room school house, without worry about passing, play 19th century games, including a very old fashioned version of baseball, ride in a stagecoach, play with the village piglets or learn how to milk a cow? In the evenings, Time Travelers will take time out from their old-fashioned roles and costumes and join in a variety of fun and recreational activities with their new camp friends.

During their time at UCV, Time Travelers will eat and sleep in one of two 19th century residences known as the Blue House and the Grey House. These buildings have been outfitted with period furnishings, and modern washroom and shower facilities. The program is open to boys and girls 9-13 as of July 2005. Participation is limited to a maximum of 24 Time Travelers per week session. Each session begins on Sunday afternoon at 3 pm, and ends the next Friday at 2 pm. Round the clock supervision and direction is provided by Time Travelers staff and interpretive staff working in UCV. Cost is $455 per child. Further information and applications are available by calling 543-4328.



Total Weekender Distribution Over 121,000

Kanata Kourier-Standard
Renfrew Weekender
Stittsville Weekender
Arnprior Weekender
West Carleton Review Weekender
Barrhaven Weekender
Ottawa South Weekender
Kemptville Accent Weekender
Nepean West Weekender
Carleton Place/Beckwith /Mississippi Mills Weekender

Phone **258-3451** or email **kasales@runge.net**

12345



2005: Year of the veteran

Seventeen Cribbage players gathered at the lounge to play singles this past Saturday and for the second year in a row, Andy Acelvari claimed first spot with 1,078 points. Coming in second place was Ken Palmer with 1,072 while Garfield Wright claimed third place with 1,066. Andre Gravel proudly took the bridesmaid chair when he tallied 1,052 points. Only nine skunks were found skittering around and Darin Eden was quick enough to pick up two of them. Remember, there are only two weeks of official play left before the windup for the summer.

Thirteen tables of Euchre were played in the main hall on Tuesday, April 5 and picking up the first price was Vera Wallace while Bert De Witt nabbed second place. The door prize went to Mac Smyth and Joe Crites ended up having low score for the evening.

At Duplicate Bridge three tables were playing and at the end of the evening, high winners were Doug Grenkie and Doug Gaiser.

The Pot of Gold winner was Tony Easter who unfortunately was NOT signed in and apparently had been in the Branch earlier…

Royal Canadian Legion Newsletter

By Dar

The Friday Luncheon for this week is scheduled to be stuffed eye-of-round steak, mashed potatoes, gravy and veggies. Dessert is to be pie with a custard sauce. The FREE meal this week goes to Wilma Playfair. Chef Norma asked that it be mentioned take-outs are available.

The official opening of the War Museum in Ottawa also marks the 60th anniversary of VE Day (Victory in Europe) at the end of WWII.

On the weekend of May 7-8, in what has been designated the Year of the Veteran, all veterans have been invited to attend the museum opening. Due to space constraints, limited reserved seating is extended to Canadian Veterans plus one guest. Veterans are asked to confirm their attendance for the ionalCommemorative and Opening Ceremonies, as well as for a private luncheon provided by Veterans Affairs Canada. Call 1-866-652-9484.

Our Legion will provide a bus for any veteran in our area so they can attend and not worry about the driving. Remember comrades, you MUST contact the above phone number in order to register and be able to participate.

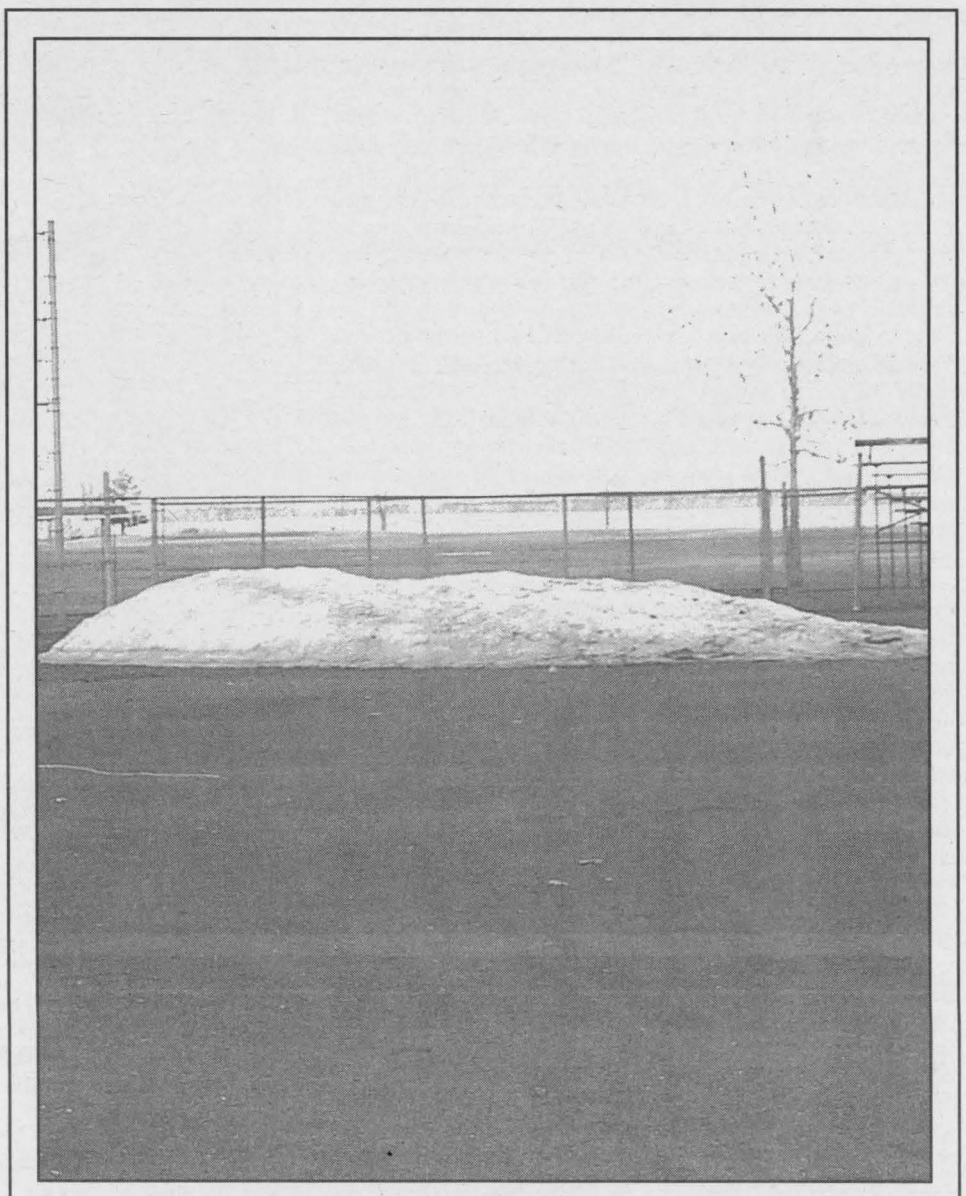
Veterans and their guests are expected to number some 2500, so please call early should you want to attend Legion Executive Meeting is set for Wednesday, April 13/05 at 7pm.

Until next week, take care.

Your donations help give someone a second chance.

HEART AND STROKE FOUNDATION

Improving your odds against Canada's #1 killer



Hangin' Tight-hangin' Tough

This pile of snow was ploughed into a heap and has been able to avoid being annialated completely by the heat from the sun. It won't be long before the ball diamonds across from the legion in Morrisburg are busy with ballgames, for now they are trying to dry up, allow the snow and ice to melt away, and disappear for another year.

Chieftain Photo by S.L.Johnston



Happy 20th Birthday Marc April 5, 2005



Happy Birthday Cindy May all your dreams come true April 26, 2005



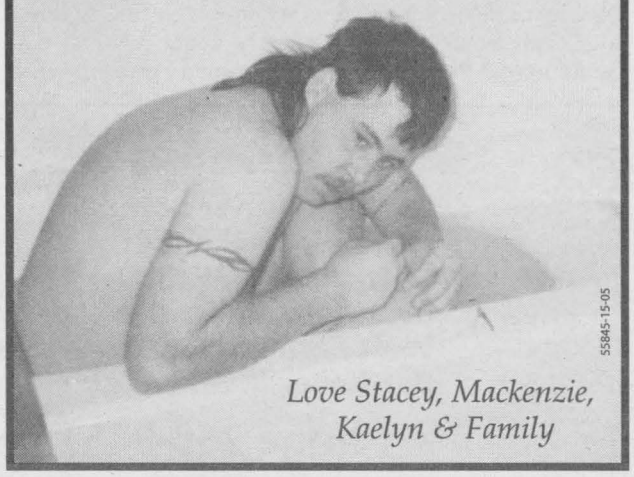
Nifty, nifty look who's Fifty. All the best for the next 50 years April 13, 2005

44766-1505

Best wishes from your neighbours

TEN-FOUR RUBBER DUCK

Happy 27th Birthday Daddy (Mark Cinnamon)



Love Stacey, Mackenzie, Kaelyn & Family

55845-15-05



Happy 40th Dad (Dennis) Love Your Family April 18th

55846-15-05



Hughie Hutchison Senior Men

Carrying home the honors of winning the Hughie Hutchison Trophy were seniors Jim Locke and Sid Morrell, who teamed with Tony Toonders and Keith Brannen who were unable to be there to join in the moment of pride as they hold the gold.

Chieftain Photo by S.L.Johnston

Municipality given five stars by auditor

By Joyce Morris
Chieftain Staff Reporter

The St. Lawrence Parks Commission Committee at the regular meeting April 4th treated members of Edwardsburgh/Cardinal Council to a presentation. Mr. Osler, Chair of the Commission Committee, explained that they are visiting all 16 of the municipalities within whose boundaries their parks lie to bring an awareness of the impact on each by the location and the operations of each park. The parks border the St. Lawrence from Quinte/Belleville to the Quebec border. Grenville Park near Johnstown is one of these locations and the partnership between the Parks and the Cooper family (who have operated the site for many years) seems to be working well.

Such partnerships are valuable to the commission and they are seeking ideas and ways of forming more relationships with companies and municipalities in the future. "There are quite a few tourist incentive programs available through the Parks Commission that people are not aware of," noted Mr. Osler. He invited council to approach them with any ideas, which might include them working with Edwardsburgh/Cardinal.

Mr. George Brown then showed a video outlining the 280 km extent of the parks and highlighted numbers of visitors to each during a season. In 2004, they hosted a total of 200,000 people at their parks, quite an increase from the previous year. About 60 per cent come from Ontario, 20 per cent from Quebec, 9 per cent from the USA, 6 per cent are international visitors and five per cent come from other areas of Canada. Upper Canada Village and Fort Henry are the two major attractions for the commission. Each of these brings in close to $1 million in revenue to the commission. However, restoration costs at Fort Henry have reached $15 million to date.

Mr. Ross Markell of Craig-Keen-Despatie and Markell presented the first draft of the Township's Annual Audit to council. Numbers are not available to the public yet, until council has given approval to the budget. Mr. Markell however did indicate that Edwardsburgh/Cardinal is in "good financial health." He said, "Your budget process is very solid and it is a pleasure to work with the submission by Treasurer Russell Trivitt." Councillor Charles Burrell congratulated Mr. Trivitt for his fine work. Final numbers to the audit will be submitted by the end of the month (April). The report has to be to the province by May 31, 2005. Mayor Taylor responded saying, "It is nice to hear we stayed on track."

Mr. Ross continued explaining the changes in regulations concerning the methods utilized to complete the auditing process. One of these is that he had to ask councillors if they are aware of any alleged fraud within the Corporation of Edwardsburgh/Cardinal. The question seemed out of place because Councillor Peter Martin pointed out, "Who in their right mind would answer that in public?

We'd have a law suit on our heads in no time!" Everyone agreed that if they did have something to say on this issue they would present it through a lawyer. Markell added, that in light of recent scandals, a higher degree of responsibility has been laid on municipal councils as far as financial awareness and disclosure are concerned, therefore the question.

This meeting adjourned with the re-nomination of Harry Cook for the Senior of the Year Award.

Dixon's Corners receives visitor

With V-P Penny Levesque

March 24 proved to be an exciting day for our Grade 2/3 class. They had a surprise visit from the Ottawa Senator's mascot, Spartacat.

The visit was part of the Ottawa Senator's Read to Success Program. Mr. Matheson's class was one of five in Ottawa-Gatineau region to win, Spartacat dropped by with pizza and drinks. He signed autographs and donated two of his favourite books to the class.

Kaitlyn Geurkink was one of 50 students picked through the Spelling with Sparty Program. She had perfect in all her spelling tests in February. She received a Senator's hat and a signed Sparty poster. Congratulations Kaitlyn!

Leah Brown won the Fair Play Award from the Toronto Raptors Basketball, Team. Leah won a portfolio, a headband, a certificate and a poster. Well done, Leah!

Public Speaking finalists will be at Inkerman April 26 at 7pm in the Dundas County Speak off.

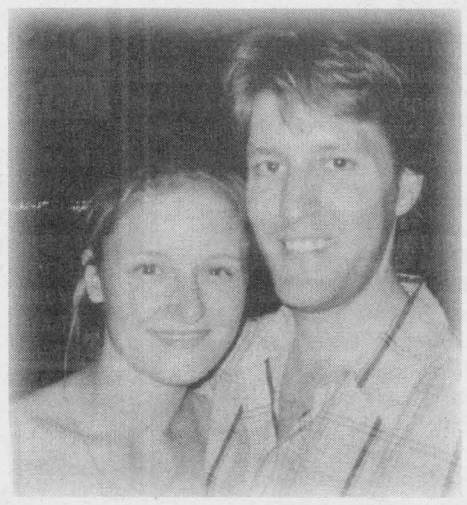
Kindergarten registration is on Tuesday, April 19. Next year's junior students will have a chance to visit Mrs. Comfort's Kindergarten class. Please call 652-4922 to schedule your visit.

The Upper Canada Learning Center is conducting a series of workshops for JK children and their parents. The sessions will run May 3, 10, 17 and 24 from 8:30am until 12:30. This is a great, FREE experience for both children and their parents to participate in a beneficial school readiness program. Call Lori at 613-551-8519 or Roxanne at 613-551-8197 for information.

April 22 is booked as an early dismissal day. School will be dismissed at 12:10. The students will NOT eat lunch at school. Staff will be involved in professional development activities throughout the afternoon.

The TV Turn Off Challenge started Monday, April 4 and continued to Sunday, April 10. It was indeed time to turn off the TV and tune into physical, academic and social activities. Hope everyone did well, and found out something about themselves and their families. Our awards ceremony was successful. Terrific Kids, Student of the Month Super Kids and Sports Awards were handed out on March 31. Leah Brown, Ryan Douma and Meghan Hester received Super Kid Awards for organizing games for the Kindergarten children. Derrick Baker also received an award for walking home a young student, each and every night. Hope you changed your clocks.

KENNEDY - JOHNSTON



Laura Lee Kennedy of South Mountain together with Roger & Sandra Lee Johnston of Iroquois take pride in announcing the forthcoming Marriage of their children Jillian Leanne and Ryan Arthur Lee on Saturday, July 16, 2005 at 4pm at the Johnston residence.

Johnston - 1505

Lawn Care & Yard Maintenance

Mowing - Weed Control - Rolling Thatching - Spiking - Fertilizer Flower Beds - Hedge & Shrub Trimming - Decks - Painting - Small Engine Tune-Ups - Small Landscape Jobs



Residential & Small Commercial

Call: Kevin (613) 652-2616

44759-1405

Winges Carpentry Service
Period Restoration Specialist

• Painting • Wood Turning
• Stair & Door Refinishing • Ceramics

Tim Winges
Pager: 780-3633
Tel: 989-4550
timberline@sympatico.ca

51151-1505

Ottawa Regional Cancer Centre-your centre of courage and expert diagnosis

"Where life is treasured and each season is a miracle!"

By Sandra Lee Johnston
Chieftain Staff Reporter

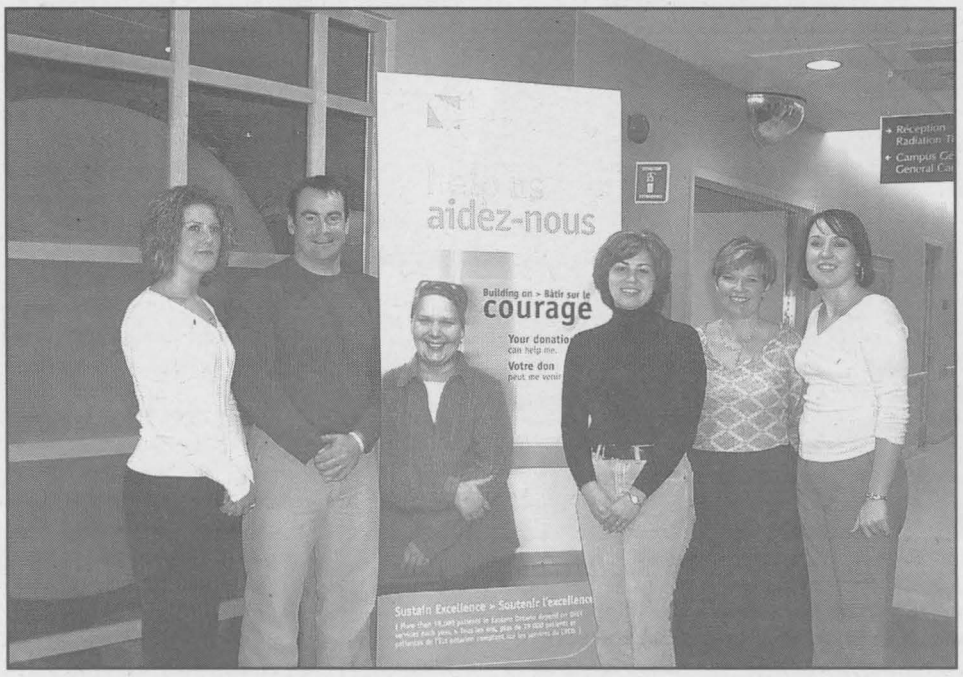
Current research shows that one in three people in Eastern Ontario will be diagnosed with cancer in his or her lifetime...as the cancer incidence rate increases; this projection is drawing closer to one in two. Clearly, diagnosis will continue to be a critical aspect of the Ottawa Regional Cancer Centre's (ORCC) on going mission.

Arranging a tour for local media, Kevin and Marilyn Spencer of Morrisburg were greeted like old friends at the ORCC. This young couple will be the main organizers behind the 2005 Volley for Cancer event. As in the past 10 years, the proceeds will be donated to help an aspect of cancer. But, the difference this summer is that instead of donating the funds to the Canadian Cancer Society, they will arrange for the proceeds to be given to the ORCC Foundation, once August 20, 2005 is history. Kevin was diagnosed with cancer and spent his hospital treatment period right here at ORCC. "The need here is so great and money talks!" says Kevin.

It was only natural that he would bring reporters here to learn firsthand what happens once the diagnosis is made. He is cancer free and his broad smile belies what he and his family have endured to get to this point. A wonderful young couple they have shown their strength and determination when life's flow was at very low ebb for them.

An interesting and informative morning was spent in the cancer centre, and we will attempt to take our readers along on this informative adventure through a series of reports, the first this week, with others to follow in consecutive weeks in April, cancer month. Certainly this is a preferable method of going to the ORCC, to learn not to be a patient.

During 2004, ORCC medical professionals treated more than 5,000 newly diagnosed cancer patients including 835 genitourinary (GU) patients (677 with prostrate cancer), 798 gastrointestinal (GI) patients including colorectal cancer, 644 lung cancer patients, 796 breast cancer patients, 326 gynecological cancer patients and 136 head and neck cancer patients. Already at full capacity, serving 19,000 patient-visits in any given year, the ORCC is 45 years old and more needed today than ever. Reconstruction took place in 1995 and a further expansion in the near future, currently has a fundraising strategy in place through the foundation.



ORCC tour concluded at foundation office

Pictured after a media tour of the Ottawa Regional Cancer Centre are Kelly Droppo (Volley for Cancer volunteer), Kevin and Marilyn Spencer, Annie Parker (ORCC Foundation-Special Events coordinator) and Melanie Yasinski (Major Gifts/Planned Giving Officer ORCC). Standing in front of the advertising poster the foundation uses to encourage support; Kelly Sauve posed for the layout. Unfortunately the breast cancer patient lost her battle before she could appreciate her own effort.

Chieftain Photo by S.L.Johnston

Speaking and listening to many world-class professionals who work here, we would on this day learn the vital role the ORCC plays in the lives of cancer patients, their families and friends. While some patients are already diagnosed when they reach the ORCC, others come to access state-of-the-art diagnostic equipment: including MRIs (Magnetic Resonance Imaging), CTs (Computerized Tomography) and PETs (Position Emission Tomography). As well, collaborative diagnostic assessment takes place here. A second opinion is always best in cases where diagnosis is life threatening. The multidisciplinary care setting at the ORCC is comprised of surgeons, radiation and medical oncologists, researchers, patient designated nurses (PDNs), social workers, allied health care professionals and rehabilitation services. Each of these will be explained as we go along.

Melanie Yasinski leads us along the sterile hallway, as bright sunshine floods the area, greenery abounds and comfy areas where people can wait, greet us as we make our way to various areas on our tour. It is readily evident that this is a place of hope. Instead of the tears and despair anticipated I am pleased to find people busily and efficiently going about their business, whether as a medical professional or a patient waiting for treatment. Huge chairs and sofas replace hard backed seats making the wait as comfortable as possible. We are greeted by smiles from patients, most wearing headgear to hide the loss of hair from treatments, and their caregivers, family members or friends also seem to be in a positive place.

Firstly we find ourselves in the Beattie Library, a key resource for medical professionals. The library offers access to the latest journals, literature and medical reference material. Patients and their families may also use this library to conduct in-depth research. The Ninon Bourque Patient Resource Centre offers a range of literature on site-specific cancers as well as information on the latest treatment options. Internet accessible, this is a wonderful addition to the ORCC.

As we make our way along pristine hallways towards treatment areas, it strikes a visitor that there is a special atmosphere pervading this centre, something special is at work here. Nurses and others hurry along past us, do a double take and stop to hug Kevin and or Marilyn. The caring and love is demonstrated unashamedly and with a freedom of choice that makes everyone feel better just watching. It is conceivable that when faced with a diagnosis of cancer these people are there to help and there is no doubt they do. Kevin tells us he came five days a week, for five hours a day when he was enduring high doses of chemo. Carrying out the same rotation for three weeks he admits, "You really get to know the people here, you are all together for such long periods of time, the professionals and the other patients and their supporters."

A day treatment center the ORCC environment encourages wellness and communication. Currently 12 medical oncologists and 14-radiation oncologists pioneer the latest cancer treatment techniques at the ORCC, but development must be ongoing to keep pace with demand and ensure continued excellence. Chemotherapy demand in 2002 saw 4,418 patients receive chemo at the ORCC.

As we make our way to the chemotherapy suite, an open concept room, we are amazed at how bright, airy and cheery it is. Innovative systemic therapy treatments, clinical trials and translational research (bench to bedside research) give patients access to the most current modalities of treatment as quickly as possible. Access to chemotherapy treatment and follow-up at outreach clinics helps keep patients as close to home as possible. Chemo has come a long way, non-invasive chemo once intolerable by most can be administered off site at community chemo clinics at Perth, Renfrew, Cornwall, Hawksbury and Winchester hospitals - some 2, 217 treatments in one year. Between 90 and 120 patients receive chemo each day at ORCC clinics. "When the renovations are complete this will double in size on the second floor allowing twice as many patients to receive treatment at one time. We will maintain the same atmosphere as we presently do, it seems to work." Patients and nurses are working together to effect treatment. Chairs in this room will all fill before the day is over. Treatments last from five minutes to all day, depending on the patient's needs. There are beds for those who need them and a family member or a friend sits alongside the patient for company, to lessen the incidence of fear and simply to support the patient. Chemo kills the cancer cells and can be administered by tablets, injections, or intravenously. "Each patient's needs are looked after on an individual basis, as much, and as long as it takes," explains Melanie. It is explained to us that chemo used to be an overnight in hospital treatment and is tailored to each patient's needs and tolerances. Now anti-noxious, it can take one treatment a day for a number of weeks or one day a week for a number of months. Chemo demand in 2002 saw 4,418 patients receive treatment at the ORCC.

It is also mentioned that clinical trials are on going at all times. The clinical trial suite has hundreds happening at any one time to learn what new meds work effectively, on whom and why. A great teaching opportunity, research advances when these trails allow for a learning situation to occur. The third floor research team is constantly working to find answers to the dilemma that is cancer. "Our chemotherapy suite is the first of its kind in Ontario and is to become a pattern for other facilities to follow," says Melanie with pride. If you have to endure chemo this would seem to be as comfortable a spot as possible, and the mood is nothing like what was expected by some. Smiles and visiting, music and books are evident as patients settle in for the duration, hoping to be on the winning side against the cancer that has invaded their being. Routines, which were once regular for these people suddenly, change so drastically, and yet they seem to be adjusting well, a testament to the entire centre and the people who do their jobs so well.

ORCC excellence in treatment emphasizes the vital connection between the treatment team, the patient and the patient's family. The culture of caring that results is a significant part of what sets the ORCC apart from other health care institutions." As we learn about the social workers and their place in the system, Kevin and Marilyn explain that when his diagnosis was made, these were irreplaceable, compassionate people in their lives. Providing one-on-one and family counselling and support group services, (between 20 and 22 support groups operate to assist patients and their families as well), they help people come to terms with their diagnosis as well as reassure them to help accept the treatment they will face. Melanie explains that four social workers serve the needs of 19,000 patients. "They are over worked, but are not deemed as necessary as more chemo."

Kevin explains the "crying hall" where a support person sits with you until you can get your bearings, answers questions or acts simply as moral support. He

• **Please turn to Page 13**

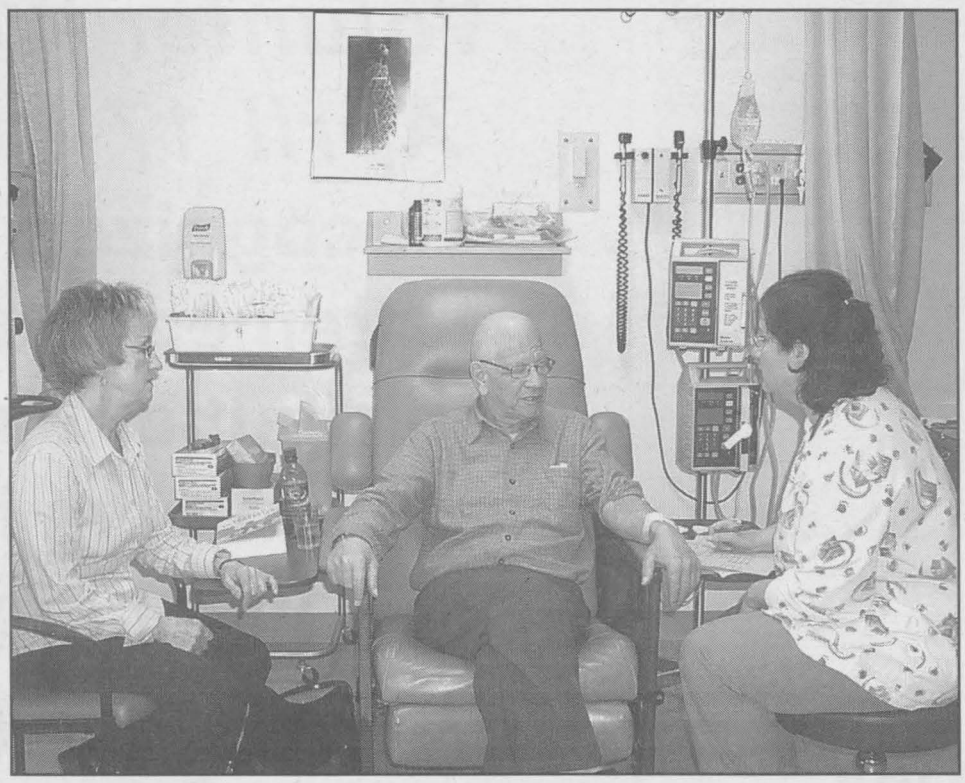
Cancer

(Continued from Page 12)

goes on to speak of the help he and his family got, how issues were discussed and some comfort resulted from the knowledge that someone was there to help. Home care was set up, it acted like safety net for us; through phone calls, they checked on us, there was constant communication and we knew what to expect, didn't waste time going back to the hospital if a reaction was expected, or something unexpected happened, we were reassured and our panic held under control, thanks to these people."

He spoke in glowing terms of his "Patient Designated Nurse", a nurse assigned to him, he had her pager number..."I could discuss meds, refills, fevers, reactions, what to expect, what was normal and what demanded a visit to hospital, my fears, my accomplishments, she held all my answers. It was nice to have someone who looked after me like that. A real personal touch was nice. You are not just a number, but a person who someone really cares about, she knew me and could help me in particular," says Kevin.

Radiation therapy is our next stop as Dr. Jayne Belanger (Clinical Coordinator-Radiology Therapist) explains one of the 10 radiation treatment machines, one a recent addition (thanks to the innovative and forward thinking designers of the original construction who included three extra rooms to be fitted a funds became available). Reporters watch as she shows how a patient lies on the bed that is raised into position so the light field can zero in on the specific area to receive the radiation. ** "A series of lasers line up on the skin or immobilization (head/neck area) when the lasers line up to marks on the shell that covers the area." She explains this is painless and the therapist on closed circuit TV from a safe room watches the patient while the 20-40 second treatment session is effected. Patients are booked every 10-15 minutes. With a demand for 61,659 visits to the radiation department in 2003, it is plain this is a vital service to patients."



Chemo Therapy at ORCC

Bernard Henri receives his daily dose of chemo as he battles cancer. By his side is his friend Odette Bourdon, both from Cornwall. They make the trek to give him the best possible chance of beating the cancer that has invaded his body. RN Pascal Plastre explains what is going to happen as the treatment proceeds.

Chieftain Photo by S.L.Johnston

She says that children usually deal better with this treatment than adults and after chemo, once started, they realize it does not hurt, it is not an issue for them, they'll even say it's a breeze for them." She adds, that some 250-280 patients receive treatment here per day, each undergoing a series of treatment specific to their needs. Once a patient completes treatment another takes their place in the rotation schedule. Each day we have a number finishing treatment and a number starting theirs. There are no gaps in the routine, things continue rolling a seamless rotation.

As we proceed to the Mold Room, the doctor tells about young people who have to endure these treatments and how strong they are when faced with such adversity. She shows us a mold that will immobilize the head or neck, and is used as well for breast and prostate cancer patients. The process from plastic form, bandages and filling. The bandages are stripped off; the forms vacuumed and fit the person exactly. "The idea is to hold the person still, the area to be treated specifically, the mold offers them no protection, just holds them still." She goes on to tell how children will take their mold home after treatments are complete and toss it, drive over it with their bikes etc. as a statement of how they feel. The mold designs dubbed, "fun shells" for the kids help their situation, as decorations are added-Spiderman etc. She pointed out that youngsters get Chemo at CHEO and radiation at the ORCC.

Another walk down the hall to our next stop brings us near the donor board where 550+ names show the support the ORCC has and continues to receive, some donors have donated $100,000 each. Corporate sponsors along with individual donors have their names embossed in stone forever-an awesome memorial of hope. Fundraising is a continuous measure throughout each year. Providing waiting room comfort, meditation areas, composure spaces, phone access, a fireplace and cozy chairs and sofas that create a sense of belonging, of home, warmth and love contribute to the holistic approach to health care experienced at the ORCC. Catering to the physical, emotional and social needs of patients and their families, the ORCC assist the state of mind of patients and their families.

• **More to come next week**

House of Lazarus to hold Sod Lifting Ceremony

By Pauline Pratt
Pastoral Director

On April 23rd at 1:30 pm the Community Garden at the House of Lazarus will have feature a Sod Lifting ceremony and dedication; and then the real work will begin. We are looking for some 'Garden' Angels who are interested in coming out to help us lift the sod after the ceremony. The garden plot measures 24 X 48 approximately and should only take a few hours to peel away the sod. As part of the Community Garden Project we are offering workshops on planning and preparing not only a garden, but also healthy meals from the garden. In conjunction with one of our partners in the project, the Township of North Dundas, we are offering the following upcoming workshops from 'Inspiration' our Community Garden Project: April 22nd 11–2Allergies & Immunity; May 3rd 11- 2 ADD & ADHD; May 26th 11–2 Weight Management; June 13th 6:30 - 9 Heart health; June 18th 10 – 1 Youth 13-18 Healthy for Life; June 23rd 10– 1 Eating Right on a Tight Budget; July 5th 11–2 Kids 7-12 'Let's Eat Healthy and July 13th 6:30 - 9 Components of a Healthy diet.

Space is limited so call to register for any of these that interests you. These workshops are open to all.

Spring is here and so is our Spring Yard Sale. We've been saving up all winter, but on April 30th our doors will open at 8 am and close at 1 pm. There will be a continuous supply of items on that day as we don't have enough room to put it all out at once thanks to the tremendous support we receive from our surrounding communities through their generous donations. This event is a major fundraiser for the House of Lazarus and we hope you will come out and see the renovations, have some fun and get some bargains at the same time. The BBQ will be on as in the past with hotdogs and there will also be snacks including muffins, coffee, tea and drinks.

In the Thrift Shop our next Bag sale takes place April 25th to 30th $5 per grocery bag of clothing. Come and see our Spring & Summer Line up. Funds raised in the Thrift Shop are used to support the programs and operations of the mission. Everyone is welcome to shop and save on our great selection of women's, children's and men's clothing. However we are currently in need of men's clothing of all sizes. So fellows if you have gently used clothes and would like to donate these to our mission they will be gratefully received.

The Annual Statistics are in for the Food Bank. We received 21,774 items last year and distributed over 28,000 items. This count does not include bread, toiletries and special items. The short fall was filled with purchased items using funds raised and donated specifically for food. At this time we are in need of canned vegetables of all kinds, canned soups, canned pasta and pasta sauces as our shelves are getting quite low.

Plans are under way for our 2nd Annual Country 5K Walk. The scheduled date is June 11th with the forms and posters ready to go for April 15th. Dundas County Food Bank will be joining us this year in the walk to raise awareness of rural poverty in our communities and of course to raise food and funds for the food banks. Pledge forms and posters will be available at both locations.

For information on these or our programs please call 989-3830

Chinese delegates to be hosted by SNC

South Nation Conservation will welcome a six-member delegation from China Thursday (April 14) interested in learning more about protecting clean water resources at source. The six delegates - including an interpreter - represent the Yellow River Water Commission (YRWC) of the Chinese Ministry of Water Resources. The delegation was to arrive in Canada April 11 for five days of examining regional water resources management approaches, including conservation authorities.

Currently involved in a province-wide source protection program, SNC has gained considerable expertise in the field over the years, including through its Clean Water Committee which funds projects designed to enhance water quality in the South Nation River and its tributaries.

"We've developed a long track record in water resources management and we're often called upon to share that expertise with other jurisdictions," said SNC General Manager Dennis O'Grady. "We're only too happy to provide what insights we can to our Chinese visitors."

The day will begin at 9:30 am with arrival at SNC's Berwick offices of Jim Gerhart from the Saskatchewan Watershed Authority. At about I I am, the YRWC representatives will arrive to be briefed by both O'Grady and Gerhart on the mandates and responsibilities of their respective agencies.

Following an informal lunch, the delegates will receive a short tour of some SNC operations in the Berwick area.

YRWC is China's largest river-based water resources management authority. With more than 40,000 staff, the commission manages resources in the Yellow River basin which extends through 12 provinces. Its mandate includes planning and construction of major flood control and water retention projects such as dams and dikes, as well as environmental assessment and resident resettlement.

National Volunteer Week 2005



Investors Group — SOLUTIONS BUILT AROUND YOU

Canada Volunteerism Initiative
Initiative canadienne sur le bénévolat

VOLUNTEER BÉNÉVOLES CANADA

We acknowledge the financial support of the Government of Canada through the Department of Heritage.

Canada

Volunteer today
www.volunteer.ca

National Volunter Week
April 17 to 23
Recognizes the tremendous contributions made by volunteers in our community

Volunteers Grow Community

Home To All Your PC Products

Mike's Valu-Mart
and
Pizza Pizza (Morrisburg)
543-0808

37579

LLOYD McMILLAN
EQUIPMENT LTD.
R.R. #2, IROQUOIS, ONT. K0E 1K0
BACK HOLES - DUMP TRUCKS - TRACK LOADER
Sand, Fill, Stone, Gravel, Screened Topsoil, Unscreened Topsoil

Specializing in...
SEPTIC SYSTEMS
We do the design, get the permit and do the installation

M.O.E. APPROVED
Spill Clean-ups of Solid Non-Hazardous Waste

Tel: (613) 652-4649 * Fax: (613) 652-1838

55837-1505

GENERAL DOLLAR & PARTY "SENSE"
Since 1994



2111 Dundas Street
Cardinal, ON. Canada, K0E 1E0

(613) 657-1764 Toll free: (800) 378-4244
Fax: (613) 657-1765
E-mail: gdollar@ripnet.com

Marj Kempffer - Owner

The little store with BIG ideas!

www.edwardsburgh-cardinalbusinessassociation.com/generaldollar

52005-04-05

Morrisburg Village Plaza
Rediscover Shopping in Upper Canada

MORRISBURG BUSINESS IMPROVEMENT AREA
www.morrisburg.ca
P.O. Box 317, Morrisburg, ON K0C 1X0

037170

S&F FOODLAND
Your Hometown Advantage

Offers A Good Variety Of Cat & Dog Merchandise (even a small selection for your Birdy)

For Your Feline: Kitty Litter, Scoopaway & Litter Liners
Assorted Wet & Dry Cat Food
Treats & Toys (and some Cat Care Products)

Dog Food Express:
Dry & Wet Dog Food, Treats, Does Your Dog Need A Brush?

Just Drop By And See What S&F Foodland Can Offer You!

GT Automotive

AUTOPRO MECHANICAL

G.T. Automotive
3018 John Street
Cardinal, Ontario
K0E 1E0
Tel: (613) 657-3116

Garry Tracey
Owner

37227

MEMORIAM · EORUM · RETINEBIMUS
LEGION

ROYAL CANADIAN LEGION BR. 370
Iroquois, Ontario

55839-1505

PharmaChoice
GILMER PHARMACY LTD.
Iroquois Shopping Plaza
652-4379
Advice for Life

46564

WINCHESTER DISTRICT MEMORIAL HOSPITAL

WINCHESTER DISTRICT MEMORIAL HOSPITAL

CELEBRATING THE CONTRIBUTIONS OF OUR VOLUNTEERS

566 Louise Street, Winchester, Ont. K0C 2K0
Phone (613)774-2422 Fax (613)774-0453

35442

National Volunteer Week 2005

About National Volunteer Week What is National Volunteer Week?

National Volunteer Week is a special time set aside in April each year to honour and recognize Canadians who donate time and energy to their fellow citizens. National Volunteer Week also raises awareness of the vital contribution volunteers make to our communities and our country,

What is the history of National Volunteer Week?

National Volunteer Week was first proclaimed in 1943. In Montreal, Toronto, Winnipeg and Vancouver, Women's Voluntary Services organized special events to draw the public's attention to the vital contribution women were making to the war effort and on the home front. In the late 1960s, the idea of a designated week to honour volunteers was revived and the focus was broadened to include all community volunteers. With local community organizations taking the lead, National Volunteer Week promotions and celebrations continues to grow.

Why celebrate National Volunteer Week?

From coast to coast, volunteers strengthen our communities. They serve on boards and committees, mentor peers, organize cultural and recreational activities, support the elderly, provide shelter, counsel youth, clean parks, coach teams, read to children, and so much more. Volunteers do the work they do because they believe in causes, equal opportunities, clean, healthy and safe community spaces, active living, and helping others. Volunteers simply aspire to make life better for others and we honour them for doing so. Volunteer Canada promotes National Volunteer Week through the Canada Volunteer Intiative funded by the Government of Canada Additional support for National Volunteer Week is generously provided by Investors Group.

THOMPSON
SUPPLYING YOUR BUILDING NEEDS SINCE 1864
TIM-BR Mart
100% CANADIAN FROM COAST TO COAST
39 Dundas Street
P.O. Box 308
Iroquois, Ontario K0E 1K0
Phone: (613) 652-2500
Fax: (613) 652-4196

MORRISBURG PLUMBING CENTRE
Matt Bilmer
- Fully Certified Master Plumber, HRV Installer
- Plumbing - Heating: Natural Gas, Propane, Oil - Gas Fireplaces
- Refrigeration & Air Condition
P.O. Box 391, 161 Main Street,
Morrisburg, ON K0C 1X0
TEL: (613) 543-3983
FAX: (613) 543-0636
47968

Hartford Retirement Centre
Lynn Hill
Administrator
Tel: 613-543-3984
Fax: 613-543-4262
Email: lhill@chartwellreit.ca
3 Fifth St., West, Morrisburg, Township of South Dundas, ON K0C 1X0
www.chartwellreit.ca
CHARTWELL SENIORS HOUSING REIT
46202-04-05

Exit 730 off Hwy 401 - Shanly Road
Box 852, Cardinal ON K0E 1E0
Tel: (613) 657-3155
Fax: (613) 657-3837
Office Fax: (613) 657-1065
730 TRUCK STOP
BOB LODGE
President
Ultramar
Everything you need conveniently at one stop!
37225

Dundas Bus Service
and Dundas Tours
Iroquois-Carman Rd.
652-2005
44732

DUNDAS COUNTY HOSPICE
not a place....
just a special way of caring
Thank You Hospice Volunteers
Our Volunteer Charitable Organization offers;
1) Services to anyone with a life threatening illness
2) Bereavement support
3) Day Hospice
4) Library material for loan
5) Equipment loan
6) Education - Palliative/Hospice Course
All services are free of charge. Anyone can make a referral by calling:
(613) 535-2215
51551-15-05

ROSS
World Wide Provider of TV Production Equipment
Ross Video Limited: P.O. Box 220, 8 John Street, Iroquois, ON. Canada K0E 1K0
Tel: (613)652-4886 I Fax: (613)652-4425 I Email: solutions@rossvideo.com
www.rossvideo.com
37142

Park Lane Seniors' Support Centre
Thanks their volunteers for their time, energy & commitment to Community Services in South Dundas
Phone: 535-2924 or Fax: 535-1104
51552-15-05

Cardinal Ladies Dart League standings

Due to a glitch in technology the dart results were too late for last week's issue.

The Go-Getters remain in first place with 114 points, while **the Queen Bees** nip at their darts with 106 points earned. **The Dart Gals** come in third with 96.5 points followed by **the Dream Team** who have accumulated 87.5 points. Closing in fast are the **Always Lucky Shots** with 85.5 points. **New Beginnings** are ready to take over fifth place as they come in with 84.5 points and the **Sexy Chicks** have 83.5 points, set to pounce and move up with each dart that is tossed. **Best Ever Babes** are in the cellar with 75 points.

Bev Toupin shot 134 while Delaine Greenough nailed 117, as each took High Scores for the Week.

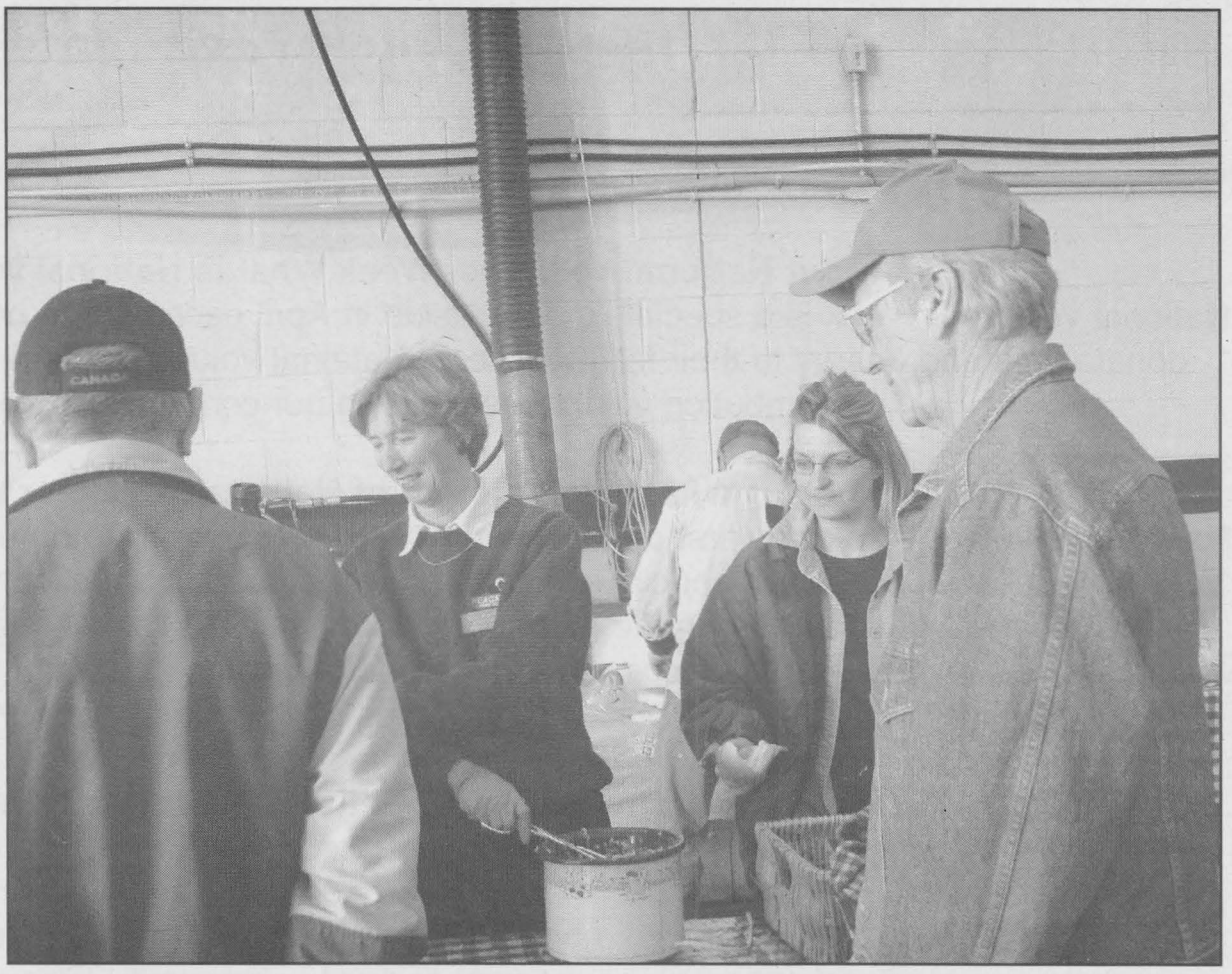
Tina Summerfield won 5 games and Diana Hoy won 4 games…Most Games for the Week.

High Score of the Year belongs to two gals; Betty Bissonette and Diana Hoy each show up with 140.

Spare High Score for the Year belongs to Emily Mariner with 144, Regular High Three Dart Finish finds Sharron Easter with 86, High Three Dart Finish Spare sees Christine Veeley with 64. Most Bulls Eyes Regular goes to Tina Summerfield with 17 and Most Bulls Eyes Spare belongs to Elaine LaFave with 6 to her credit.

The Season is winding down and the darts will soon be still until next fall. The playoffs will be played April 20 and 27th. Good luck to all the teams. The Annual Awards Banquet is scheduled for May 21 at the Cardinal Legion. A dance will follow.

GIVE SOMEONE A SECOND CHANCE.
Discuss organ donation with your family.
THE KIDNEY FOUNDATION OF CANADA



Tradition continues with Weagant Farm Supplies

Over 500 people attended the Weagant Farm Supplies' Open House on Wednesday, April 6. The fine tradition of barbecued Oktoberfest sausages continued as well, with Elsie Weagant, left and Krista McHough, right, serving up the lunch fare.

INCOME TAX TIME.....
ARE YOU READY?
NEED HELP?
LET A PROFESSIONAL TAKE CARE OF YOU!!

ALLAN BELL
& ASSOCIATES
Business Consultants
Bookkeeping, Income Tax Preparation & Planning, Financial Statements, Business Acquisitions, Computer Services Electronic Filing of Tax Returns
Store #71, PO Box 681
Morrisburg, Ontario K0C 1X0
(613) 543-3468 Fax: (613) 543-4382
aba@personainternet.com
52097-07-05

Staying one step ahead of inflation

(NC)—While many of us are aware of how declining interest rates and income taxes serve to reduce the income you receive from your investments, there is also something else at work that is not as evident but effectively erodes your standard of living. The culprit is inflation. It is a subtle, gradual force that has an adverse effect on the future spending power of your money.

Over the past 25 years, inflation has averaged approximately 4% annually. Currently, the annual inflation rate is approximately 2%. Although the latest inflation figures show relatively low inflation, over the long term a yearly inflation increase can add up to a serious drain on your buying power.

To better demonstrate the effect a 2% and 4% rate of inflation would have on your retirement portfolio, assume you currently rely on $50,000 per year from your investments to sustain your current lifestyle. Due to the rising cost of living, to afford what you have grown accustomed to, you will need to draw $51,000 from your retirement portfolio next year at the current inflation rate, or $52,000 if the inflation rate returns to historical levels. Further, over time you need to draw even more from your retirement portfolio just to stay even with inflation. So what's an investor to do?

A common and often effective antidote to inflation is to build a retirement portfolio that is primarily geared towards income generation and capital stability but includes a capital growth component as well. Equity mutual funds and common stocks have historically offered the best after-tax opportunity to stay ahead of inflation and keep income growing. And contrary to popular belief, it may be possible to include stocks or equity mutual funds in your retirement portfolio without incurring much additional risk. This is because many financial markets and asset categories do not move in the same direction at the same time, which can decrease the overall volatility of your portfolio. For instance, when bond prices decline in value, stock prices may be going up.

Staying ahead of inflation is critical and it's important that you take steps now to protect your purchasing power by finding the right balance between stocks and bonds.

For financial planning and investment information visit www.investorsgroup.com

This column, written and published by Investors Group Financial Services Inc., is presented as a general source of information only and is not intended as a solicitation to buy or sell investments, nor is it intended to provide professional advice including, without limitations, investment, financial, legal, accounting or tax advice. For more information on this topic or on any other investment or financial matters, please contact your financial advisor.

- News Canada

FARMING

68(12)

TRANSFER OF FARMLAND BETWEEN SPOUSES



In a June 25, 2004 ***Technical Interpretation***, CRA confirmed that where ***Mr. A transferred*** farm property to his ***spouse*** on a rollover basis, the ***subsequent capital gain*** on the sale of the property by the spouse would be ***attributed back*** to Mr. A and would be eligible for a ***capital gain exemption*** if it met the criteria for qualified farm property.

FARM LOSSES

In a July 9, 2004 ***Tax Court*** of Canada case, the taxpayers were eligible for a ***full deduction*** for all their farm losses, rather than the restricted farm loss treatment provided by CRA.



Trade show opened by dignitaries

Pictured are the local dignitaries who spoke as the Annual Home and Trade Show opened to the general public. From left to right are Heine Briuning, MP Guy Lauzon, Mayor Lyle Van Allen, Councillor Sandra Bailey, Upper Canada Playhouse President Ron Swank, South Dundas Economic Development Officer Ann Marie Waddell and Chamber of Commerce President Cam Martel. *Chieftain Photo by S.L.Johnston*

Local dignitaries open trade show

By Sandra Lee Johnston
Chieftain Staff Reporter

As people began filing into the Parker Building in Morrisburg to check out the Annual Home and Trade Show the stage was taken over by local dignitaries as they gathered to get the show off to a great start.

Cam Martel, President of the South Dundas Chamber of Commerce, took the microphone to thank the committee who organized the show for their hard work. "It has taken a big effort to make this happen for the community," said Cam. He also expressed appreciation to the township and their crews for their effort in making the Trade Show happen.

MP Guy Lauzon (Stormont, Dundas and South Glengarry) told everyone what a privilege and honour it was for him to attend. "It seems I am always coming here, there is always something going on in South Dundas and that speaks well for the community." He noted how much he enjoys coming to this part of the riding, suggesting that the positive attitude towards the community that shines through everyone and gets better every time he comes to Dundas County. He concluded by offering congratulations to everyone involved, "It (the show) is already a success."

Heine Bruining who referred to the area as "vibrant community" represented MPP Jim Brownell. He said, "Simply by looking at the businesses that have begun along the County Road in Morrisburg for instance, it is obvious that things are growing here." He added that it is indeed a wonderful thing to see such a wonderful Trade Show in a community the size of ours and offered his hearty congratulations.

Mayor Lyle Van Allen was next up as he noted what a pleasure it was for him to welcome everyone. He commented on the "marvelous job the organizers and volunteers had done. "I want to thank the businesses and merchants in South Dundas for taking the time and effort to come out and create the displays and to those who came out to check out the products and services available right here in Dundas County."

Ward 4, Morrisburg Councillor, Sandra Bailey commended everyone who had a booth for the excellent job they had done on their booths. It is evident that an extraordinary effort has gone into the show and I wish each of you a successful weekend."

Then it was Ron Swank, President of Upper Canada Playhouse spoke, "Thanks for inviting me tonight. I want to tell you we have a great season lined up for 2005 and a lot of work has been done at the Playhouse to improve the enjoyment of audiences.

I want to express pour accolades fro such a fine job as has been done here at the Trade Show, I hope everyone enjoys it."

Cam concluded the stage presentations by thanking Cindy and A.J. Parker, owners of the building for its use for the Trade Show. Then it was down to the booths to check out what businesses have to offer.

No risk of spring flooding in local watersheds

SNC reports that risk is over

By Theresa Roach
Advance Staff Reporter

Both the Rideau Valley Conservation Authority (RVCA) and the South Nation Conservation (SNC) have indicated that there is no chance of spring flooding in either watershed.

SNC Water Resources Specialist, Sandra Mancini says there is no risk of flooding in their area right now and adds that the water levels in Spencerville are actually decreasing right now. She says that at 7 am on Friday, April 8 the water levels in Spencerville were 11.58 metres and on April 4 at 7 am they were 12.5 metres.

"There is no rain forecast so I don't see flooding problems coming," said Mancini.

The RVCA issued a flood alert on Wednesday, April 6 due to the rain that was forecast on Thursday, April 7. Senior Water Resources Technician Patrick Larson says that the flood alert was terminated because the amount of rainfall that was recorded at the Ottawa Airport was 14.4 millimetres.

He adds that there is very little flow increase and Beckett's Landing was at its highest this year to date at 86.54 metres. Larson says the Rideau River is one metre above the navigation level and the water levels in the Kemptville Creek at Oxford Mills are above average this year at 65 centimetres as compared to 30 centimetres in 2004.

The press release issued on Friday, April 8 stated that, "flows in all streams in the Rideau Valley are declining and will continue to do so through the weekend with no rain presently forecast. Water levels in the Long Reach, down 17.5 centimetres from the peak on Tuesday, will decline gradually as flow out of the Rideau Lakes passes through."

"The weather forecast is clear well into next week so there is no risk of spring flooding. Even if we get another rainfall the levels will have gone down enough by then that it won't make a big impact," Larson said on Friday, April 8.

The release goes on to state that, "despite being in decline, stream flows are still a safety issue and caution is necessary in the vicinity of all watercourses.

Authority staff will continue to monitor conditions in the watershed and issue bulletins as warranted.

REPRINTS
OF PHOTOGRAPHS
Appearing in
The Iroquois Chieftain
Are available at our office.
Most are available in colour!
E-mail them to your family and friends
NOW on CD $10.00
Stop by or call our Kemptville Office.
The Kemptville Advance
"Serving North Grenville and Area Since 1855"
206 Prescott St., Kemptville, ON K0G 1J0
(613) 258-3451
e-mail: advertising@comnews.ca
51958-12-05

HSBC Stars on Ice
presented by SMUCKER'S
Starring
Kurt Browning
Jamie Salé & David Pelletier
Alexei Yagudin
and MORE!
Corel Centre
April 16, 2005
Show Starts at 7:30 p.m.
Box Office (613) 599-3267
Toll Free (877) 788-3267
CAPITAL TICKETS.CA
Tickets also available at Ottawa-Gatineau area Sports Expert locations
Win a trip to THE CAYMAN ISLANDS
www.hsbcstarsonice.ca
BRINGING YOU THE WORLD'S BEST
SILVER MEDALIST
at the 2005 World Championships,
performing for you live with
HSBC Stars on Ice presented by Smucker's
Jeffrey Buttle
Cast is subject to change.
*All ticket prices are subject to service charges.
An IMG Production
A4839
HSBC The world's local bank
SMUCKER'S
Europes Best
CAYMAN ISLANDS
www.caymanislands.ky/canada
Skate Canada

Volley for Cancer organizers pass on the torch

Many thanks do not seem enough to describe our sincere appreciation for the tremendous support that so many have given. Every August for the past 10 years, we have called upon you to assist in a much-needed cause, the fight against cancer and you have responded tremendously. $290,500 has been donated to the Cancer Society in aid of much needed research and in the assistance of area cancer patients. This event has grown into one of the largest private fundraisers in Ontario for the Cancer Society, an accomplishment that can only be attributed to the generosity of so many.

A heartfelt thanks goes out to the many Volleyball/Horseshoe players and their sponsors. While having fun, they have raised a big portion of the total funds. Nearly all businesses in the area and many from a distance have also contributed. Fraternal organizations and service clubs such as the Lions Clubs have supported us since the conception of Volley for Cancer. Not all assistance has come from direct financial assistance. Many businesses and individuals have donated important services/prizes and labour interacting with the event (in-kind donations) to make it an outstanding success each year.

From the Legions, bands, scorekeepers, students, food concessions, beer tent, South Dundas Snowmobile Club, auctioneer services and even washroom facilities, so much has been contributed to making this day a special function that everyone could enjoy. Thanks to all the local newspapers that have graciously printed at no charge our releases and coverage of the events.

The many ancillary events have contributed to the totals and have been given freely, many without solicitation, but in support of the event; the cause which we are all fighting. Dunk tank participants, Chico's Mad Scramble, Golf for Prizes, Bona Tremblay-Reach for the Sky, Darts and Ball for Cancer, Cornwall Olde Car Club, quilt draws, handcrafted items and the annual BBQ sponsored by Mike's ValuMart.

"We must express a sincere thank you for 10+ years of assistance and much needed support to our children: Tina and Steve Coligan and Kerry and Terry Van Allen. All our family members have supported us tremendously, without you we could not have persevered"
Carl and Ruby Van Allen

There have been so many people over the years who have contributed to the planning and organizing of Volley for Cancer: Steve Summers, Bill Kurschinski, Gordon and Robin Lane, Dave Lapier, Sue Keeler, Dean Summers, Kevin and Marilyn Spencer, Lyle Van Allen, Kelly Droppo, Karen Thompson, Cindy Brown, and Debbie Strader. There is one individual who has contributed in so many ways. His flair with the pen along with his hard work and persistence elevated Volley for Cancer to the supreme level of public foundation, many thanks and appreciation go out to Bill Kuschinski.

" We must express a sincere thank you for 10+ years of assistance and much needed support to our children: Tina and Steve Coligan and Kerry and Terry Van Allen. All our family members have supported us tremendously, without you we could not have persevered."

New ideas and new people will take Volley for Cancer to new heights. We feel Kevin and Marilyn Spencer along with their many supportive volunteers will do just that. We encourage everyone to support them and continue to fight against cancer. You may contact them at 613-543-2827.

Volley for Cancer started as an avenue to assist in the fight against cancer and to say thank you for the support shown during our personal loss. You have assisted cancer patients-you have helped in research funding-you have shown that a large community base can draw together demonstrating their generosity and sincere concern in fighting this terrible disease. You have made a difference and also given hope to all who are courageously fighting this battle. Through all of this, you have also bestowed a great tribute to our family for which we are forever grateful.

WE thank the entire community for this honour.
Carl and Ruby Van Allen.

Keeping In Touch With

The Iroquois Chieftain

FOR FAST! FRIENDLY! EASY SERVICE!

To place a Classified Word or Classified Display Ad

Call (613) 258-3451

or

Fax (613) 258-0617

Monday - Thursday 8:30 a.m. - 5:00 p.m.
Friday 8:30 a.m. - 4:30 p.m.

E-Mail:
Classicifed word ads - icclass@runge.net
Display Ads - icsales@runge.net

VISA MasterCard

51932-11-05

Come and Worship

Harmony Community Church
Missionary Church of Canada
Celebration Service - 10:30 am
Evening Service - 7:30 pm
Bible Study - Wed. 7:30pm
Hwy. 31 & Ormond Rd, Winchester 774-5170

United Church of Canada
Matilda Pastoral Charge
Brinston and Hulbert Valley
Worship - regular Sundays
Contact office for worship times - 652-4997. Clergy: Yvonne Willis

Roman Catholic Churches
St Mary's, Morrisburg
Saturday - 7:30pm
Sunday - 11:00 am
St. Cecilia's Iroquois
Sunday - 9:00 am
Rev. Father R.J. Chisholm
Phone 543-2544

Community Christian Reformed Church
Sunday Worship - 10:00 am
Evening Service - 7:00pm
Dixon's Corners, Ontario
Pastor: Rev Clarence Witten
Phone 652-2400

The Presbyterian Church in Canada
St Andrew's, St James, Cardinal, - 9:30
Knox Church Iroquois - 11am
Sunday School - 9:45 am
Rev. Geoffrey Howard
B.A, B.TH.,M.Div.

United Church of Canada
Cardinal-Johnstown
Johnstown United - 9:30am
St. Johns Cardinal - 11:00pm
Rev. Arlyce Schiebout 657-4702

Community Family Church
Iroquois Civic Centre
Every Sunday
10 am & 6 pm
Bible Study - Wednesday - 7 pm
Pastor A.R. Leavit

Anglican Church of Canada
Parish of Morrisburg/Iroquois/ Riverside Heights
8:00 & 9:15 am- St. James
11:00 am- St John the Baptist
The Rev Bill Byers, Rector
543-3904

St Peter's - St. Luke's Lutheran Church
Dunbar - St. Luke's
Sunday - 9:15 am
Williamsburg - St. Peter's
Sunday Worship & School
11:00 am
Everyone Welcome
Rev. Jo Barkley
Tel: 535-2569

Anglican Parish of All Saints
St. James Church Crystal Rock or
St. Paul's Church - Cardinal
Call 657-3400 for location of 9am Services
Rector: Rev Canon Claude Delorm

United Church of Canada
Iroquois Pastoral Charge Every
Sunday - 10:30 am
Sunday School - 10:30
Rev. Janet Evans

Philadelphia Pentecostal Church
Cardinal, Ontario
Invites you to come and worship with us!
Sunday School - 10:00 am
Morning Worship - 11:00 am
Evangelistic Service - 7:00 pm
Rev. David Gogolin

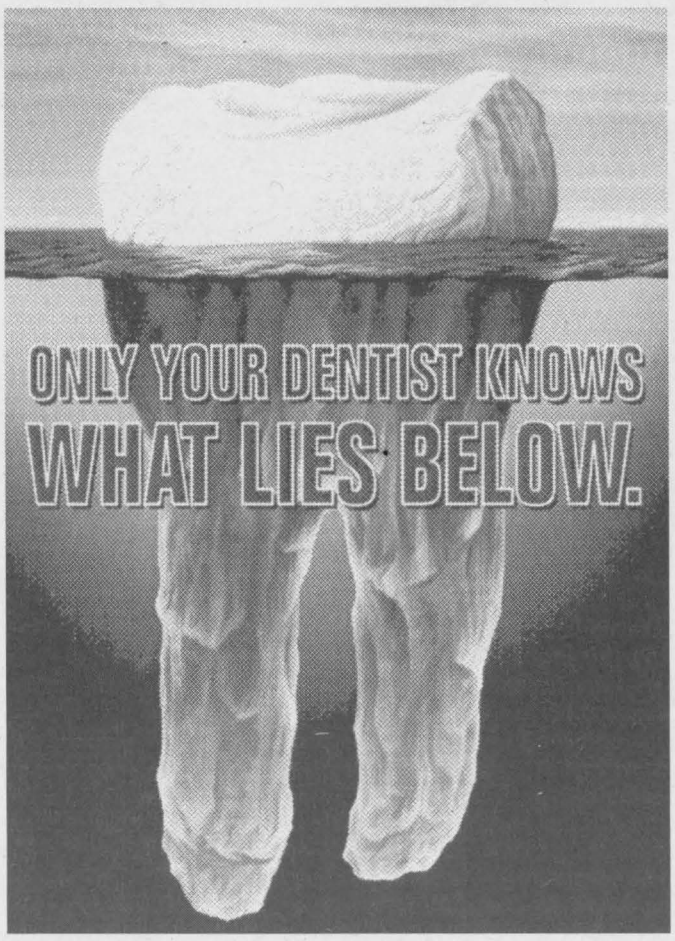
Morrisburg Pentecostal Church
Sunday 10:30 am - Family Worship & children's bible hour
Worship the word - 6 pm praise
Gathering Youth Aflame - Fri 6 pm
Pastor: Duncan Perry
Church 543-2681

Immanual Fellowship Rowena Full Gospel Tabernacle
Iroquois , On
Sunday School - 10:00 am
Morning Worship - 11:00 am
Evening Service - 7:00 pm
Bible Study - Tuesday nights Watch TBN Channel 20
Pastor Marcel Charette 535-2029

Living Word Ministries
A non-denominal Christian Fellowship
Worship: Sunday - 10:00 pm
Morrisburg Meeting Centre
Pastor: Larry Crombie 340-6252

55835-April

APRIL IS DENTAL HEALTH MONTH



April is Dental Health Month

The health of your teeth and mouth are important to your overall health. New research points to the possible connection of poor oral health to other systemic health conditions such as heart disease, diabetes, respiratory diseases and premature, low birth weight babies. It is a good time to reexamine your current oral hygiene practices.

To keep your teeth and mouth healthy, you can take the following steps: Brush and floss your teeth daily.

Visit your dental professional regularly to have your mouth and teeth examined. See your dental professional immediately if you notice any problems.

Brush your children's teeth for them, until they have the ability to write their own name (not print).

They should then be able to brush their own teeth with your guidance.

Ask your dental professional for more information about sealants that help keep your children's teeth free from decay.

Eat a healthy diet according to Canada's Food Guide to Healthy Eating.

Do not smoke. If you do smoke, make sure to visit your dental professional regularly. If you are pregnant, be sure to eat healthy foods and maintain good oral health.

This year's slogan of the Canadian Dental Association is Oral Health - Good for Life. The slogan stresses the importance of a healthy mouth to overall health. Recognizing this importance, Health Canada created an Office of the Chief Dental Officer (OCDO) in October, 2004.

The overarching goal of the OCDO is to improve the oral health status of Canadians and to increase awareness about the prevention of oral diseases.

ORAL HEALTH *Good for Life*™

Do's & Dont's

Do: Have your drinking water (well) water tested for fluoride.

- Supervise your children's brushing (dispense a pea-sized amount of toothpaste).
- Encourage children to spit out the toothpaste.
- Consult with your dentist before giving fluoride supplements.
- Store all fluoride supplements safely

Don't: Let your children 13 years of age or younger drink water or eat vegetables cooked with water containing more than 1.5mg/L (milligrams per litre) of fluoride.

- Give your child vitamin/fluoride combination products (difficult to adjust dosage)
- Let your child eat toothpaste.

Fluoride is a material that occurs naturally in your well water or is added to municipal drinking water systems. When there isn't enough fluoride in your water supply, fluoride supplements may be recommended by your dentist. Fluoride Strengthens Teeth in Two Ways: Fluoride is absorbed by teeth forming in the jaw from before birth to 13 years of age (systemic). Fluoride in the form of gels, rinses, and toothpastes can be swished or placed directly on the teeth (topical). It can reverse the very early stages of tooth decay. Topical fluoride should not be swallowed.

Rx PharmaChoice
GILMER PHARMACY LTD.
Iroquois Shopping Plaza
652-4379
Advice for Life
46564

SEAWAY VALLEY PHARMACY
Scott Lane & Gordon Lane
Vitamin & Hallmark Card Club
Buy 10 ~ Get One Free
1-888-543-2823
45 Main St., Morrisburg, Ont.
Tel: (613) 543-2823 ~ Fax: (613) 543-4580

Dr. Kim Hansen
Dr. Lance McIntosh
197 Water Street, Suite 304
Prescott, Ontario K0E 1T0 (613) 925-3428
General & Family Dentistry
A Healthy Smile is Always in Style
We Welcome New Patients
51539-1505

TEL: 652-2289
DR. K. Y. DIU
DENTAL SURGEON
IROQUOIS AND DISTRICT
MEDICAL CENTRE
IROQUOIS, ONTARIO
K0E 1K0
51540

sds Kerr
Beavers Dental
SYBRON DENTAL SPECIALTIES
Morrisburg, Ontario (613)543-3791
51538-1505

GRENVILLE PHARMACY
"Prescott's Prescription & Home Health Care Centre"
Hugh Gallaugher, B.Sc.Phm.
Beth Gallaugher B.Sc.Phm.
290 King Street W.
Prescott, Ont. K0E 1T0 613-925-2891
45527

Dr. George Carlin
Dental Surgeon
Tel.: 613-774-2616
Office Hours:
8:00 a.m. - 4:00 p.m.
By Appointment
539 St. Lawrence St.
Winchester, ON K0C 2K0
45526

Obituary

Reg Ault

Peacefully at home with his family by his side, on Sunday, March 27, 2005, Reginald Ault of Dundas Street, in Iroquois. Born in Edwardsburgh Township in 1935, he was 70 years of age. A lifetime resident of the Iroquois area, Reg was a self-employed mechanic.

Predeceased by his parents, the late Johnston and Edith Ault, as well as sisters; Ella Wedemire and Ruth Ault and a grandson, Hadden Ault, Reg was a member of the Community Family Church in Iroquois.

Mourning the loss are his children; Mark and his wife Patty Ault of Riverside Heights, Neoski Ault and Jerry of RR2, Iroquois and Ashley Ault (Netasha) of Cornwall and Carlose Ault of Kingston. Also surviving the loss are sisters; Winnie Dalanyi of Chatham, Carol Robinson of Iroquois and Theresa (Harry) Myers of Iroquois. Grandchildren, Christopher, Amanda, Merinda, Ashton and Serenity will sadly miss Reg. Also saddened by the loss are many nieces and nephews.

The family gratefully acknowledged memorial donations to the Canadian Cancer Society.

Funeral arrangements were entrusted to the Marsden and McLaughlin Funeral Home in Iroquois, where Pastor A. Leavitt conducted service on Wednesday, March 30, 2005. Cremation at Hope Cemetery in Ottawa followed.

Over 100 turn out for town hall meeting

More than 100 area residents turned out to the Cornwall Legion this past Tuesday evening to listen to local MP Guy Lauzon and Conservative Party Seniors Critic MP Helena Guergis of Simcoe-Grey present the Conservative plan for seniors.

MP Guergis told the crowd, "The Conservative Party will concentrate its efforts on three main areas: finances. Healthcare and quality of life." Many seniors in attendance talked of being concerned about their pension and their future.

Lauzon stated, "Seniors are a very important part of Canadian society! We need to be there for our seniors! They were there for us over the years and they deserve our respect and admiration!"

This was the ninth in a series of Town hall Meetings hosted by Lauzon since the beginning of 2005.

He hopes to continue hosting these public meetings on various topics.



Rideau River's annual spring flood

The Rideau River floods its banks every spring. The degree and duration of the flood varies from year to year. This year's flood has reached its peak. This photo was taken on the Kemptville Creek last week where the creek joins up with the Rideau River. The RVCA and the SNC are predicting that the worst of the flood is over.

Photo: S.Balena

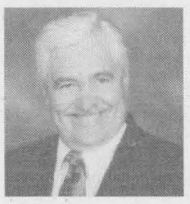
WHEN YOU NEED TO BUY OR SELL



REAL ESTATE

FAX YOUR REAL ESTATE AD TO (613) 652-2508 or CALL (613) 652-4395

JACQUES E.
ASSELIN
REAL ESTATE LTD.
Tel: 652-1784
www.asselin.on.ca
jacques@asselin.on.ca



Call our No Hassle Hotline - 24 hrs a day!
Dial 1-877-540-2055 - enter Property ID # for Details!

New Listing - Iroquois - $199,000



Beautiful Stately Home w 6 bedrms, hdwd Flrs throughout, Upgrades to Kit. & Bathrm. Recent wiring. Orginal Fireplace, Mas Bedroom w MF
I.D. #4002

New Listing - Cardinal - $474,000



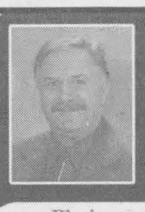
WATERFRONT HOME, w 3 Levels face the Water, 3 bedrms, cathedral ceilings, hdwd, carpet, 3700 sq. ft. 15 years old, MF Mas w ensuite, Boat Docking in place, 16' water.
I.D. #4010

$12,900. Building Lot on Scott Road 150' x 290' , High & Dry Cardinal
$17,000. Building Lot on Marine Station Rd.148' x 289'
$19,000. Building Lot w River View 148' x 289' West of Iroquois.
$25,000. Building Lot on Flegg Inlet, 101' x 220' Water Access.
$29,000. Building Lot on Coyle Drive, Morrisburg 100' x 269'
$55.000. Building Lot on Lakeshore Drive with River View. I.6 Acres
$109,000, Building Lot with Water Access on Cty Rd #2 150' x 660'
$189,500. Waterfront Building Lot on the St. Lawrence River w 4.83 Acres, mostly treed.
$300,000. Investment Property w 15+Acres with water access through hydro lease.

BUYING OR SELLING - - GIVE JACQUES A CALL
EXPERIENCE AND COMMITMENT

55831-1505

ROYAL LEPAGE
Gale Real Estate
INDEPENDENTLY OWNED AND OPERATED



Dale Charbot
Associate Broker
657-1476
SERVING BROCKVILLE TO MORRISBURG

Local Service & Big Market Exposure

Platinum Award Winner for Top 5% Sales in Canada

DALE'S DEALS OF THE WEEK

"NEW LISTING"



$194,900 - Hwy. #2 Iroquois
Country Setting - Close to Town
4 Bedrm, 3 Bath, C/Air, FamRm

"NEW LISTING"



$79,900 - Rowena Road
Affordable Rural Home
2 Bedrm+Den, Kit, LivRm

"SOLD"



Hwy#2, RR#1, Iroquois
River View - Water Access!
56 Acres! A Unique Property!

"SOLD"



Middle Street, Cardinal
Extremely Weel Kept!
3 Bedrm C/Air, Garage+River View!

**NEW LISTING: $74,900 Benson St, Cardinal - Semi-Detached, 3 Bedrm

BUYING or SELLING... call Dale!
e-mail: dale@dalesrealestate.com
www.dalesrealestate.com

Charbot-1505

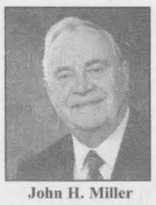
THOM REALTY LIMITED
105 Main Street Morrisburg Village Plaza
P.O. Box 294, Morrisburg, Ontario K0C 1X0
Bus: (613) 543-3598 Fax:(613) 543-4076
Email:thomrealty@mor-net.ca
REALTOR



Karen W. Gorrell
Real Estate Broker
Res: (613) 543-3195



Charles (Chuck) Barkley
Associate Broker
Res: (613) 448--3660



John H. Miller
Sales Representative
Res: (613) 543-3195



IDEAL FOR LARGE FAMILY: Open concept living room, dining room and den, with fireplace and patio door to rear deck Eat in kitchen. Three bedrooms, 2 baths on main floor. Upstairs 2 bedroom apartment or granny flat with living room, eat-in kitchen and 2 baths. Three car garage attached. **Asking $135,000.**



CENTRALLY LOCATED - just steps from schools. Renovated 4 bedroom home with living room, dining room, large eat-in kitchen, laundry, office with patio door to deck. Many upgrades, including gas heat with BBQ outlet, windows and most floor coverings. Rear deck and above ground pool. **Asking $124,900.**



MARIATOWN - Well kept home. 1870 square feet, with four large bedrooms and bath upstairs. Eat-in kitchen 17' x 17' with plenty of cupboards and patio door to rear deck, living room and foyer with laminate flooring and fireplace. Main floor laundry room and separate two pc bath. Many upgrades. **Asking $134,900.**



SEMI-DETACHED BUNGALOW - Well maintained and surrounded by single family homes. Centrally located. Two bedrooms, open concept living room, dining area and kitchen.
Full basement.
Asking $119,000

1. Vacant lot, size 75'x 150', located in the village of Iroquois just minutes from Hwy #401.
ASKING $26,500
2. Vacant lot, size 82' x 140', located in the village of Iroquois just minutes from Hwy #401.
ASKING $26,500
3. Vacant lot, size 93' x 140', located in the village of Iroquois just minutes from Hwy #401.
ASKING $26,500
4. Vacant lot, size 152'x 181', located in residential hamlet on west side of County Rd #31 north of Glen Becker with circular driveway, both entrances on Cty Rd #31. Just minutes from Hwy#401 and Morrisburg.
ASKING $25,000
5. Vacant lot, size 245'x 220', located on County Road #18 at the hamlet of Dundela.
ASKING $12,500

55843-1505

Put the power of Runge Newspapers behind your business for one price & one call! 652-4395!

Classified Ads!

Please have your stories or advertising in by Friday at 4pm.

Want Ads • Classified Display • Real Estate

FOR SALE

"BOOKS". Over 16,000 quality used books for all tastes. Low prices. The Book End, 314 Clothier Street West. Open Tues-Fri 10 to 5, Saturday 9 to 5. 258-4629.

DISHWASHER, 3 years old, excellent shape, $250. Phone 543-2829

FIREWOOD, quality hardwood and Cedar posts and rails, various sizes and lengths, delivery available. Call Jon at 258-9694

FULL COLOUR COPIES!!! Now Available... Bring in your favourite colour photos and we will photocopy them to 8 X 10 size for only... $4.95 each!!! Advance Stationery, 206 Prescott St. Kemptville., 258-4615.

GOLF CLUBS, mens right hand irons, 3-PW + SW (9 irons), $250. MLH Driver "Adams" $90, Putter $60. Gerry 258-1483

RBS USED APPLIANCES: fridge, stove, washer, dryer, dishwasher. Good prices. Warranty. Sales & Service 258-2613.

UTILITY GARDEN SHED, 4x4 up to 10x10, vinyl siding, asphalt shingles, from $300 to $1500, delivery available. Phone Peter at 258-5504.

Yuk Yuk's

On Tour

Saturday, April 23 @ 8pm

Matilda Hall, Dixon's Corners

DJ and Light Lunch to follow - Tickets $20 each available at Mustard's Variety, Iroquois, Pier 31 and Mike's Valu-Mart, Morrisburg

Age of Majority

44758-1405

WANTED

OPEN EVERY WEDNESDAY

Between 10am - 3pm

HEALTHY HOLSTEIN BULL CALVES FROM 95 TO 110 LBS

DELFT BLUE RECEIVING BARN

15370 ASHBURN ROAD

BERWICK, ONTARIO

AS OF JAN. 1st, 2005 WE WILL BE CLOSED MONDAYS

For information call

Krista at (613)987-1067

For free pickups call

Ed DeJong at

Home (613) 448-3712

Cell (613) 794-9140

47596

BUILDING MATERIALS

AT LOW PRICE! 1st quality materials, unbeatable prices! 7mm floating floor no glue 25 years $1.09sq.ft. Varnished maple hardwood floor $3.19sq.ft. 12"X12" slate tile $1.99, marble tile starting from $2.79, self adhesive tile $0.39. Moulding 8ft, casing $1.19, baseboard $1.29. Latex paint starting from $11.99. Cash and carry prices and valid from April 9-15, 2005. See our flyer at www.bargainbuildingmaterials.ca or 819-986-5720 and 613-836-6420.

www.miragefloors.com . Prefinished Wood Flooring Distribution Centre. Open to public. Saturdays and Wednesdays, 9-5, Brockville Wood Products, Flooring, K.D. Lumber, stair, re-cap system, milling & woodworking supplies, 550 King St. W., Brockville, Ont., 345-6836.

REAL ESTATE FOR SALE

4 BEDROOM SPLIT LEVEL HOUSE, 409 Joseph St. Kemptville. Open concept, L shaped livingroom and diningroom, eat in kitchen with 3 appliances, $167,900. 258-6328

FOR SALE IN IROQUOIS, 3 bedroom house, or rent with option to buy. $650 per month plus utilities. First and last in advance. Available July 1st. 535-2265.

AUTOMOBILES

CREDIT PROBLEM? We can help with over 50 late Model Cars, Trucks or Vans! All safetied and serviced and "E" tested prior to delivery. Only the highest quality vehicles offered. 24 hour approval & delivery. Call Car-O-Line Auto's (613)448-2488 or long distance 1-877-820-5598. Now on-line www.car-o-line.com

VEHICLES FOR SALE - For the nicest cars and trucks with pictures and prices, go to www.akcentmotors.com or 774-0718.

FOR RENT

1 and 2 BEDROOM APTS. available in Kemptville area. 447-2912

1 BEDROOM and 2 BEDROOM APT in Kemptville, from $650/month plus hydro. Tracy 913-7278 or 728-2000. www.clvgroup.com

1 BEDROOM APARTMENT in Prescott (25 minutes south of Kemptville), $475/month includes all utilities, fridge, stove, parking for 1, ground floor, available immediately. 989-5314.

1 BEDROOM APT, in Kemptville. very large, beautifully renovated, very clean, no pets, $700 all inclusive. References required. 868-9716.

1 BEDROOM APT, Kemptville, stove and fridge, parking, available immediately. Phone 283-3358.

2 BEDROOM RENOVATED APT. in Kemptville. Very clean, no pets, $700 plus hydro. References required. 868-9716.

2 BEDROOM APARTMENT in Kemptville. $800 a month. Utilities, water and cable not included. No pets. Non-smoking. Call Nik at 258-2046.

3 BEDROOM HOUSE in Iroquois, gas heat, close to all amenities. Call 652-2319.

3 BEDROOM HOME in Merrickville. $900 a month. Utilities, water and cable not included. No pets. Non-smoking. Available immediately. Call Nik at 258-2046.

BACHELOR APT all inclusive, $400, 2 bedroom Apt, hydro extra, $650 at 203 Prescott St. Kemptville. Call 296-3455 or visit www.rentalinfo.ca

CARDINAL: NEW SECURITY building with keypad entrance. 1 & 2 bedroom apartment, fridge & stove included. Senior discount. Call 652-2885.

KEMPTVILLE, LARGE 2 BEDROOM APT in clean quiet building. Call 258-1211.

KEMPTVILLE: AVAILABLE JUNE 1, 2 bedroom Apt., 2nd floor c/w balcony. new flooring and paint throughout, includes 2 parking spaces, water and appliances, quiet adult building, $750/month plus hydro. 989-3738.

MERRICKVILLE, 3 BEDROOM HOUSE, $950 plus utilities. 2 Bedroom Semi Detached $700 plus utilities. 269-2666 Robin.

STORAGE

10 LARGE DRY STORAGE UNITS, located centrally in Kemptville. Units available immediately. Large units for low prices! Please call 258-0695.

416 MINI STORAGE, secured fenced property, 24 hour key pad access. Various compartment sizes. 258-1146.

CONCESSION ROAD STORAGE. Large and small units, residential or commercial, heated or unheated. Also storage for trailers, boats and cars. 258-1289.

KEMPTVILLE MINI-STORAGES: large and small units, heated or unheated. 258-6464 or 258-3009.

WANTED

WANTED

Healthy Holstein Bull Calves from 95-110lbs. Delft Blue Receiving Barn, 15370 Ashburn Rd, Berwick, Ontario. Open every Wednesday between 10am-3pm. For information call Krista at (613)987-1067.

WANTED TO BUY - Estates, partial estates, odds & ends around the house, cottage or barn. We purchase antiques, furniture, glassware, china, silverware, collectibles. Most any old thing!! Get the most for your belongings. Call Bradley 297-3199.

WANTED TO BUY, old general store and gas station items, signs, bottles, oil cans, coke machines, thermometers, clocks, air and gas pumps. Also looking for old tin toys and pedal cars. 925-5048.

WANTED: Dead standing pine, cedar or spruce. Call 989-2585.

SERVICES & REPAIRS

COMPUTER TRAINING - BASIC AND ADVANCED - Windows, Word, Excel, PowerPoint, Internet and E-mail. Training is conducted locally. To register, contact the instructor, Penny Harland, at 258-5706.

INTERIOR PAINTING & DECORATING & PERSONNEL ORGANIZER, Free estimates . Please call Janet 489-2590 or 799-4240

OXFORD MILLS LANDSCAPING. Property maintenance, lawn cutting, trees, shrubs, hedges. Call Roger at 258-5772.

THE GRASS IS GREENER, quality grounds maintenance, 15 years making greener, healthier, more productive lawns locally. Weed and feed, lawn care, pest control. Call 258-9320 to improve your lawn

BUSINESS OPPORTUNITIES

DISTRIBUTORS NEEDED. Canadian developed natural pain relief topical cream. Needed by 90% of adult population in North America. Call Paul at (613) 774-1851.

PETS

PUREBRED LABS, first shots, dewormed, $400. 613-926-0461 ready to go.

HELP WANTED

416 TIRE SERVICE is now accepting resumes for all technical positions. Drop off resume at 31 Clothier St. E. Kemptville or call Keith at 859-9522. References required.

BUS DRIVERS REQUIRED for Prescott area. Please call Dundas Bus Service at 613-652-2005 for details. Training is available.

COOK WANTED. Apply at Frank's Diner, 2820 County Rd. 43, Kemptville. John or Frank 258-6460.

EQUIPMENT SALES COMPANY requires Secretary Receptionist, full time position. Please fax resume to (613) 258-9818.

FIRST CLASS COOK for fine dining establishment in Merrickville. Must be creative, have good kitchen management skills and be a team player with commitment to customer service. Salary commensurate with experience and skill. Fax resume to 269-2973.

FULL TIME DISHWASHER for busy establishment in Merrickville. This is a full time Position requiring a mature person who is a team player. Fax resume to 269-2973.

HOUSE CLEANER WANTED in Kemptville area, Fridays or Saturdays. 258-2958

INTERIOR/EXTERIOR LIGHTING MAINTENANCE COMPANY requires service rep. with electrical knowledge and clean driver's abstract. Monday to Friday and some evening shifts. 745-8711.

LOCAL CLEANING COMPANY seeking part/full time employees. Must be mature, bondable, motivated, reliable, with experience. Starting at $9.50/hour (day shifts). 989-1449.

LOCAL LANDSCAPE COMPANY is looking to hire experienced worker in installing interlocking brick and retaining walls with valid drivers licence. Please forward resume to frenk@netrover.com or fax to 258-0957

CHILDCARE

CHILDCARE AVAILABLE. Responsible mother of one, near Hwy. 416 on Totem Ranch Rd. West, Oxford Station area. Crafts, outings, always active, childcare diploma, receipts. Call Bev 258-2737.

CHILDCARE AVAILABLE in nurturing and friendly home on Shanly Rd between Spencerville and Heckston. Nutritious meals and snacks, outdoor activities. Please call Julie at 658-2612.

HONEST, RELIABLE DAYCARE available, full or part time, Dennison Rd., Oxford Mills. Call Donna at 258-4862

MOTHER OF 3 has spaces available for small home run daycare. Lots of fun and outdoor play, references available, receipts given. Call 258-0311 Danielle

WORK WANTED

HANDYMAN WITH TRUCK will clean out garage or basement, yardwork, loads to dump, deliveries, wash windows, household repairs, any odd job! For estimate call Bill 258-4301.

LICENSED CARPENTER available to do residential or commercial renovations and repairs. No job too small. Free estimates. Phone Downey Hiltz at 258-7560.

TUTOR

ART CLASSES - Spring Session at Cedar Lane Studio, 2117 Pittston Rd., Spencerville. Children's program, Saturdays 10 to noon, suggested age 8+. Youth Saturdays 1 - 3pm, 14+. Both programs offer an opportunity to learn art fundamentals in a professional art environment. This term youth program will include producing a large acrylic painting, student's choice of subject. All supplies included in both programs, except canvas fee for youth (at cost). 8 weeks starting April 30, $120.00. Second child in family half price. Adult program Monday evenings 7 - 9:30, 8 weeks starting April 25. This term we will explore a variety of media: drawing, water colour, acrylics, pastels. Many supplies included or provided at cost (paper). $18.00 per session, $120 for term. Call Mary or Tom to register or for more information - 658-2916.

COMING EVENTS

CANADIAN CLUB OF MORRISBURG AND DISTRICT dinner meeting - Wed. April 20th at 7:00pm at Morrisburg Legion. Speaker: Dr. Andrew Pipe of the Ottawa Heart Institute - "Dying Young - As Late As Possible" Individual dinner tickets $20. Contact George Edwardson 774-2407 or Doug Grenkie 543-2922 for tickets or more information.

THE ANNUAL MEETING of Reid's Mills United Church Cemetery will be held on Saturday, April 23, 2005 at 1:30pm at 6380 Belmeade Rd., Osgoode.

Thursday, May 5, 2005, 4:30pm. BRINSTON UNITED CHURCH SPRING HAM SUPPER. Adults $10, children 6-12 $5, 5 and under Free. Purchase in advance to save $1/ticket. Take-outs available. For tickets, Rita 652-2411, Debbie 774-0529, Carol McD 652-4130 or any member.

USED TACK SALE, Saturday, April 16, Rooney Feeds Ltd. Kemptville, starts 9am. EquiStation.com

WINCHESTER DISTRICT MEMORIAL HOSPITAL and Living Well with Cancer Support Group present a seminar on "Maximizing Your Health Through Nutrition", Monday, April 25, 7:00pm at Winchester United Church. Guest presenter is Shannon Olsen, Registered Dietitian. This session is designed for all individuals affected by cancer. Everyone welcome.

NOTICE

AL-ANON FAMILY GROUPS. Are you troubled by someone's drinking? For information call Al-anon 258-3049 -- Al-ateen 860-3431.

ALCOHOLICS ANONYMOUS. Do you want to stop drinking? There are no dues or fees for A.A. Membership. The only requirement is a desire to stop drinking. Phone 258-3811 or 826-2202

CARD OF THANKS

ARCAND: We would like to express our sincere thanks to all our friends and neighbours who came to help us celebrate our 60th Wedding Anniversary and especially our family who made it a very special and happy day. Thanks again for all the cards, flowers and gift certificates and wishing us well in the future.

Clarence and Pat Arcand

CORPORATION OF THE TOWNSHIP OF EDWARDSBURGH/CARDINAL

NOTICE TO RESIDENTS
AMNESTY DAY

Residents of the **Township of Edwardsburgh/Cardinal** will have an opportunity to dispose of **white good items** (refrigerator, stove, freezer, etc.) at the Scott Road Landfill site, 1225 Scott Road, on **Saturday, April 30 2005,** 8:00 a.m. to 4:00 p.m., at no charge. In addition, you may dispose of up-to four maximum 17" car or light truck tires per household free of charge.

Tipping fees will be charged for all other large items, including furniture, as usual. Hazardous waste or regular household waste will not be accepted. Proof of residency will be required.

47339-15-05

Lawrence Rooney
Manager of Public Works

ELMER THE SAFETY ELEPHANT™ SAYS

Always wear your seat belt in the car.



www.safety-council.org

A message from the Canada Safety Council.

Cornwall & Area Housing Corporation
Société de logement de Cornwall et de la région

1916, rue Pitt Street, # 11, Cornwall, Ontario K6J 5H3
Tel: (613) 938-7717 – 1-800-267-2435
Fax/Télécopieur : (613)938-6280 E-mail/courriel : info@cahousing.ca

Serial No. PT 2005-006 Exterior Landscape Upgrade
(Westgate Court) 1630 Brookdale Ave., Cornwall, Ontario

PT 2005-007 Replacement of Asphalt Shingles
Various Projects

SFT 2005-505 Parking Lot Line Painting
Various Projects

Tenders will be received for the above until **Thursday, April 28, 2005 at 2:00 p.m.** by the Cornwall and Area Housing Corporation at 1916 Pitt Street, Unit 11, Cornwall, Ontario, K6J 5H3, c/o the Manager, Capital Works & Maintenance, John Robinson from whom details and specifications may be obtained or telephone (613) 938-7717, quoting the serial number as above. The lowest or any tender not necessarily accepted.

47351-15-05

GIVE the Gift Of Sight®

Let us send your old eyeglasses to the developing world.

OPERATION EYESIGHT UNIVERSAL
1-800-585-8265
Charitable Registration # 11906 8955 RR0001

Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@twpsd.net

Carman House Museum Management Committee

The Township of South Dundas is seeking volunteers for its Carman House museum Management Committee. The Committee is responsible for the operations of the Museum, as well as establishing its long-term goals and objectives.

If you are interested, please contact the Township by Monday, April 25, 2005 by telephone, fax or email.

613-535-2673 (tel)
613-535-2099 (fax)
mail@twpsd.net

#51548

CORPORATION OF THE TOWNSHIP OF EDWARDSBURGH/CARDINAL

NOTICE TO RESIDENTS
OPEN AIR BURNING
FORMER TOWNSHIP OF EDWARDSBURGH

Residents are advised that Edwardsburgh Bylaw 94-08, being "A bylaw to prescribe the precautions and conditions under which fires may be set in open air," is in force. In part, this bylaw requires residents to obtain a permit prior to any open air burning. Permits may be obtained from the Fire Chief of the Edwardsburgh/Cardinal Fire Department. For further information, please call Jim Purcell at 658-3123 or Graham Van Camp at 657-3626 during regular office hours.

FORMER VILLAGE OF CARDINAL

Open Air Burning as defined in The Ontario Fire Code 2.6.3.4 is **not** permitted within the former Village of Cardinal.

Open Air Burning includes campfires, burning of garbage, brush, leaves, Mexican style clay pots and outdoor type fire places, etc.... only small confined fires used for the purpose of cooking and supervised at all times shall be permitted. The Edwardsburgh/Cardinal Fire Department does not issue permits-for open air burning in the former Village of Cardinal.

For further information, please call Jim Purcell at 658-3123 or Graham Van Camp at 657-3626 during regular office hours.

Jim Purcell, Chief
Edwardsburgh/Cardinal Volunteer Fire Department

47333-1505

Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@twpsd.net

Carman House Farmers' Market VENDORS

The market is located in Iroquois on Carman Road South, beside the Carman House Museum and South of the campground.

The Carman House Farmers' Market is looking for market gardeners to sell their produce. The market is open on Saturday mornings (8:00 am to 1:00 pm) from mid May to mid October.

The annual fee is $30. If you are interested or wish to have more information, please contact **the Township of South Dundas at 613-535-2673 or by email: abrown@twpsd.net**

#51547

Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@twpsd.net

2004 Water and Wastewater Report

The 2004 water and wastewater reports for the following systems are now available at the Municipal Office, 4296 County Road 31 in Williamsburg, or on the Township's website at www.southdundas.com

- Morrisburg Water System
- Iroquois Water System
- Williamsburg Office Water System
- Matilda Hall Water System
- Riverside Recreation Water System
- Stampville Centre Water System
- Morrisburg Wastewater System
- Iroquois Wastewater System

Copies are available at no charge at the Municipal Office.

#51536

Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@twpsd.net

Carman House Museum Summer Interpretive Positions (2)

The Township of South Dundas is seeking two summer students to work as interpreters at the Carman House Museum in Iroquois from the end of June to the end of August 2005.

Qualifications:

- **Keen interest in history**
- **Organizational skills**
- **Excellent people and public relation skills**
- **Housekeeping/gardening**
- **Bi-lingualism an asset**

Interested students should submit their resume (mail, fax or email) by April 26, 2005 to:

Andy Brown, CAO
Township of South Dundas
P.O. Box 160
4296 County Road 31
Williamsburg, Ontario K0C 2H0
abrown@twpsd.net
613-535-2099 (fax)

#51549

CORKERY: Recently my family and I found out what a wonderful hospital we have in our midst. My husband, John Corkery, had reached the last few weeks of his life and he came "home" from the big city hospital to the quiet, loving care of the doctors and nurses at our own little hospital. I can't say enough about the care, the patience and the thoughtfulness of this group of people. "Lean On Me" is the slogan for the fund raising for the hospital and I know for certain that this is an apt description for the foundation because we did "lean on them" and they were not found wanting. My family and I want to thank them for their loving support and kindness. We, in turn, will support them in any way we can and we hope that you will too.
Sincerely, with great respect, Janet Corkery

JONES: Denis and Gwyn Jones wish to thank everyone who helped make their anniversary so memorable. Thanks to their family for making it possible, special thanks to Kelly and Gareth for all their work.

LILLIAN ROBINSON: The family of the late Lillian Robinson, who passed away on March 24, 2005, wish to express our sincere appreciation to Rev. Blair Paterson, Pat Sugarman, Nora Whaley, Margaret Carson, Heckston United Church Choir, the ladies of the UCW who provided a beautiful lunch and Grant Brown Funeral Home. A special thank you to pallbearers, Harold Tompkins, Ricky Norton, Randy Norton, Greg Beach, Derek Robinson, Robert Robinson and honourary pallbearers, Douglas Gilmer, Dalton Gilmer and Neil Tompkins. Also, we would like to thank all the relatives, friends and neighbours for the flowers, memorial donations, phone calls, cards and food received during this difficult time. Your sympathy and kindness will always be remembered and is greatly appreciated.
The Robinson Family

LONGSTREET: The children of Mary Longstreet would like to express our heartfelt thanks to the staff of Bayfield Manor for their compassionate care of our Mother during her last years. Special thanks to those staff members who provided support and coaching to Judi and Marilyn.
Longstreet Family

MYKYTYSHYN: Jeremy and I would like to extend our heartfelt gratitude to those who expressed their condolences and shared in Cody's life. A special thank you to the Kemptville Legion and the Women's Auxiliary for providing the lovely luncheon.
Arlene Mykytyshyn

IN MEMORIAM

BOAL, ALICE: In memory of our loving mother and grandmother who passed away April 12, 1989.
The photo albums we open today
And think of days gone past,
The times so quickly passed away
But memories will always last.
Missing you today and always, Bev, Barb and grandson Bruce

COLES, RONALD, February 1984
COLES, FLORENCE, April 2002
May the winds of love blow softly
And whisper so you hear
We will always love and miss you
And wish you were still here.
Love Lillian and Bert, Ed and Bev, Rosina and Jim and Families.

LILLICO: In loving memory of Bill Lillico, 1919 - 2000.
We keep in our hearts,
The love of the past,
For there it was planted,
Forever to last.
As time passes by,
You're still by our side,
For yours was a love,
Death cannot divide.
We miss you, Love your Family

PROSSER, BEATRICE: In loving memory of our dear mother, Beatrice, who passed away April 18, 1996.
Have you ever lost a mom
Who meant everything to you?
One that you loved so very much
And miss her like we do.
Have you ever had a heartache
Or felt that awful pain?
Or shed those bitter tears
That drop like fallen rain.
If you've never had this feeling,
I hope you never do.
For when you lose a mother,
You lose a part of you.
Loved and remembered by Earl, Nancy, Sylvia, Winston, Gloria, Glenna, grandchildren and great grandchildren

GIVE SOMEONE A SECOND CHANCE.

Discuss organ donation with your family.

THE KIDNEY FOUNDATION OF CANADA

HELP WANTED

Janitorial Help Wanted:

Duties include general office and factory janitorial work. Also grass cutting, trimming, yard clean up, and some snow shovelling in the winter.

Full Time salaried position 40 hour work week (days).

Fax resume only to:
613-652-4284
(by April 22, 2005).

No phone calls please.

55848-15-05

Farm Auction

At 367 Witt Road, RR#4 Pembroke - from Ottawa, take Hwy 17 west to Pembroke, at first set of traffic lights (Hwy 41), turn left, travel south and turn right at Saar's store on to Witt Road and travel approx. 2 kms - farm is on the left.
Watch for Auction signs.
Saturday, April 23 at 10:00 a.m.
Selling our farm we offer the following: Case IH MX100C w/4WD, loader, cab; Case IH 7110 W/cab; JD 3155 w/ 4WD, cab; IH 1086 w/ torque converter, cab; IH 584 w/loader, JD 6600 combine, a full line of farm machinery, 2003 Dodge 2500 diesel truck, farm antiques and misc. articles. **This is a large sale of well maintained high quality farm machinery.**
www.theauctionfever.com
Terms: Cash or Cheque with Proper ID
Prop: Frank and Judi Witt
- Auctioneers -
Carson Hill, 821-2946,
Stewart James, 445-3269
48851-15-05

TWO FARM AUCTION
HALLVILLE & MOUNTAIN
(DUNDAS COUNTY)
Travel West of Winchester on Hwy. 43 to Hallville, then one mile East to Auction
SAT., APRIL 16
10:00 A.M. & 12 NOON
Selling for TED CEELEN at 10: A.M.
Hesston 100-90, 4WD, Cab, Air, 2400 hrs., Excellent condition; JD 7000 Planter, 4-row, Soya cups; Bush Hog Ro-Till, no-till Coulter Caddy; Ezee-On Heavy Duty Cultivator, 18', Hyd. fold, like new; Bush Hog Disc, 8 ' Offset; Gravity Wagon; Hardi 300 Sprayer, w/ Foam Marker, Fiexcoil Rate Controller; Small Gravity Wagon; Brillion Seeder; Pony Cart Harrow, 18'; Packer & Transport Kit, 12'; Allied Pipe Elevator & Undercarriage; Westfield Auger, 7"x51', pto; Fertilizer Auger; DMC Grain Cleaner.
ALSO SELLING AT SAME LOCATION FOR ALBERT KOEKKOEK
IH 986 Tractor, 18.4-38 Tires, 3200 hrs., New Clutch, excellent condition; Landoll Soil Saver, 5-Shank; Versatile Disc, 14' Rockflex Notched Front Blades, Exc. Heavy Disc; Tandem Trailer & Ramps, 12'; S-Tine Cultivator, 12'; Kverneland Semi-mount Plow, 4-furrow; MF 33 Grain Drill; Crop Cultivator, 6-row; MF Planter, 4-row.
2 miles west of Mountain Station
Selling for DOROTHY McCARGER at 12 Noon
JD 8440 Tractor, Rebuilt Engine, Good Condition; IH W4 Tractor; White 271 Rock Flex Disc, 20', Excellent; Shultz Rock Rake; Shultz Rock Picker; Kverneland Plow, 4-furrow; IH 735 Plow, 5-furrow; Gehl 1465 Round Baler; NH 166 Windrow Turner; Brandt Auger, 10"x 35', pto; JD 7000 Planter, 4-row; 2 J & M Gravity Boxes & 12-Ton Wagons, 20" Tires, new condition; 1H Grain Drill; NH 479 Haybine; Snowblower, 7'; Tandem Disc; Ford 642 S.P. Combine, w/4-row Corn, Grainhead & Flexhead; Trailer Sprayer; Dion Forage Wagon; 85 Ford Pick-up Truck, running order; Hesston Harvester, 2-row Corn & Pick-up; Old NH Square Baler; Overhead Door; Wagonload of small items.
NOTE: *Mr. McCarger was an excellent maintenance and repair man. Equipment in nice condition.*
Lunch Truck at McCarger Sale
Same Buyer Numbers for Both Sales
TERMS: Cash or Good Cheques
- AUCTIONEER -
HUGH FAWCETT AUCTIONS INC.
WINCHESTER, ONT. -- (613) 774-3363
Owners and Auctioneers not responsible for accidents
48791-14-05

UNITED COUNTIES OF STORMONT, DUNDAS & GLENGARRY

HELP PLAN THE FUTURE OF THE COUNTY FORESTS:

PUBLIC MEETING NOTICE AND OPEN HOUSES

The United Counties of Stormont, Dundas and Glengarry has commenced work on a 20 Year Management Plan for the County Forests which will contain objectives and policies pertaining to sustainable forest management, public use of the Forests, environmental protection and related matters.

All citizens and interested persons in the United Counties are invited to attend one of two open houses and provide input into the 20 Year Management Plan. Staff from the County Planning Department, South Nation Conservation and The Raisin Region Conservation Authority will be in attendance at both meetings to provide members of the public with information or answer questions related to future planning of the County Forests.

Location Date Time:

Island Park Municipal Building,
102 Derby Street West, Alexandria, Ontario
April 27, 2005
Open House: 2:30 - 9:00 p.m.
Presentation 3:00 p.m. and 7:00 p.m.

Or,

Chesterville Legion Hall, 167 Chesterville Queen Street
Chesterville, Ontario K0C 1H0
April 28, 2005
Open House: 2:30 - 9:00 p.m.
Presentations 3:00 pm and 7:00 p.m.

For further information please contact:
Martin Streit, South Nation Conservation
Box 69, 15 Union St., Berwick ON K0C 1G0
613-984-2948 (ext. 235)
1-877-984-2947
info@nation.on.ca

Michael Otis, County Planner
26 Pitt Street, Cornwall, ON K6J 3P2
613-932-1515 (ext. 219)
1-800-267-7158

51545-15-05

Just Moved?
New Baby?
Getting Married?
Just Engaged?

Know Someone who has?

We have free information & gifts reserved for you.

Hostess
Shirley 652-4056

This service is provided by the civic-minded businesses of this community

WELCOME WAGON SINCE 1930

37199

Morrisburg Figure Skating Club Awards Banquet right on edge



Preliminary Dance Skaters

Alyssa MacMillan, Gillian Beatson, Haley Can Allen, Jessica Bass, Kaila VanHoof, Logan Patterson and Mikayla MacMillan (Absent was Morgan Hass) were tops in their skating class this season. Overcoming nerves and jitters, they proved they could get the job done.



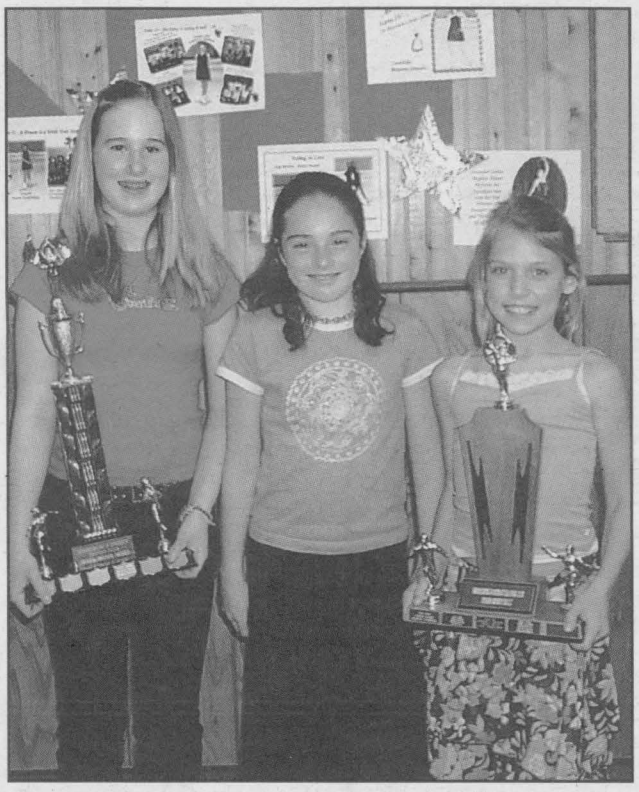
Junior and Senior Bronze Skaters

Katherine Lee is pictured, while absent were Kelsey and Morgan Baxter, all junior bronze skaters. Also we have senior bronze skaters Hayley Mills and Jessica Thompson who also showed they have that competitive edge on the ice.



Junior and Senior Silver Skaters

Meghan Adams (sr.) and Brianna Stewart (jr.) were heatin' up the ice this past season. Absent was Courtney Thompson.



Freeskate Preliminary Skaters

Bryanna Hickman-Korac, Katherine Lee and Kristen Stewart pose with their awards. Moving up the skating ladder, these ladies are gaining confidence as they go. Absent were Kelsey and Morgan Baxter.



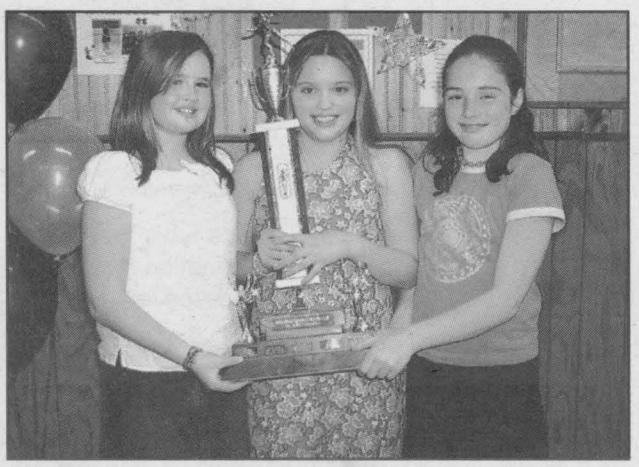
Freeskate Junior And Senior Bronze

Hayley Mills, Kelsey Hall (Junior Bronze) and Meghan Adams (Senior Bronze and Junior Silver winner) made their parents proud as they practiced and worked hard to achieve their goals.



Junior and Senior Silver Skaters

Meghan Adams and Amy Veltkamp skated to victory in Junior and Senior Silver Skills. Absent were Seniors Kathleen German and Courtney Thompson.



Skills Preliminary Skaters

Gillian Beatson, Kristen Stewart and Mikayla MacMillan. Absent from the photo was Michaela Morrow. Starting to work their way to greater heights these skaters have their sights set higher yet. *Chieftain Photos by S.L. Johnston*



Skills Junior and Senior Bronze

Katherine Lee (Junior), Hayley Mills (Senior) and Janice Stevens (Junior). Absent were Kelsey Baxter (Junior and Senior) and Morgan Baxter (Juniors).