# St. Lawrence Aews

71

# AND DUNDAS COUNTY ADVERTISER

VOLUME 30. NO 14

Oct 18

IROQUOIS, ONT., FRIDAY FEB. 22, 1918,

HIGH SCHOOL NOTES

Form 1, English Literature

WEEKLY EXAMS.

R Thompson

L Ennis

J Tallmire

E McInnis

O Nesbitt

L Payne

H Morrison

C Harkness

W Crobar

T Smyth

0 Smyth

E Briggs

E White

W Wright

E Coobar

A Bunford

A Sipes

E Coons

R Hanes

G Merkley M Beare

L McFarlan

HShaver

M Tousaw

M Edwards

B Liezert V Brouse

OShaver

O Marshall

J Barkley

M Frayne

G Locke

Nina Cooper

V Thompson

Nelda Cooper

E Strader

F Osborne

R Tousay A Merkley

L Lazerte

D Cameron

G McIntosh

DR-dmond

D Ault

A McIntoch

H Lockerbie

M Morgatioid

W Thompson

J Thompson

M McIntosh

G Tully

L Seeley

R Keck

\$1.50 PER YEAR

# \*\*\*\*\* Boots, Shoes, Rubbers

SEELY BROS., IROQUOIS માં ત્રી મોલાવી મોલાવી

# Mare You Got your Wood up Wet?

We have CROSS-CUT SAWS and LOGGING CHAINS of A 1 Quality at Standard Prices.

Is your BUILDING PAPER a little lacking? We have a Ton of Best Quality SHEATING PAPER at a price to surprise you.

Our Lines in FELT SHOES, SOXS and HEAVY RUBBERS are complete. Indications point that they will be needed when in the woods

Watch this space for our announcement of Reduced Prices in Boots and Shoes.

Specify the start productive to the start and product product

### Full Line of Hards SEELY BROS., IROQUOIS D Cassan

STEEL BRIGGS'

# Glover & Timothn Seed

## ARRIVING THIS WEEK

Prices are steadily advancing B Ault It is to your advantage to Buy of J McCarthy Once Quality Seed at the Right R Levere W Coops Price

5 one & Fisher

T,quois

# Great Bargains In

all and get prices and be B Reynolds of all kinds at Mars and all kinds of Matt- V Morgatroid A Casselman convinced. Iron Beds, , Carpet Sweepers. Bring in L Levere resses, Chairs, O-Cedarm fra ned. If you want some E Shaver M Bell your Pictures and harsh's. Undertaking and Em- J Morrison Dishes cheap call balming.

DBoy 44 S Ellis G Render Special Examination A Smith B Tnttle E Ennis J Timleck M Barton N McGown Form III, Algebra M Becksted M Wallace A Connor M Burnside E Strader

Form 4 Physics

M Doran V Ellis

### Mitilda Red Cross Society

The Matilda Red Cross Society shipped on Wednesday, Feb. 20th, the foly-

oTingarticles: 76 sits pajamas. 19 shist. 9 shets.

252 bwels, Il ficture pillows. 70 k bags. II pesonal property bags.

160 kocks, value \$1934.40 New fe members, Mrs. AE. McGruer Mrs. Cas. Hanson Mrs. hss Hanon

Donalms.

Mrs. AE. McGruer, 3 pairs socks. 64 ed dung the three months was about 63 2400. oth sides are surely to be con-13 gratuled on the splendid work done 60 and thexcellent good humor display-60 ed thrighout the contest. A "war-56 all the flies, who assisted in the knitt-

BriustoDramatic Club.

### Queions Asked Every Man Beeking Exemption

questionnair, are address. The

give the name and address of their em- Mother I'll be there." 75 ployer.

Persons engaged in agriculture are 62 required to answer the following: 62 60 on?

59 the people working on it.

57 work on the farm?

56 any, on the farm? 54 the farm (b) broken?

6. If any crops are now being saired Froom, of Shanly, 51 state the kind and number of acres 51 under each kind.

46 were raised last season? 8. How is the uncultivated land be

9. Give the number and kind of live

40 stock. the farm?

11. Does the man who works the farm own it or rent it?

51 to tate full particulars regarding his held in grateful remembrance, 49 dependants, to state the names, ages 40 and relationship of any near relatives

vice, as, if the answers he gives are not disputed, they may, without notice to him, be submitted to a tribunal for the purpose of having his exemption reconsidered. The constitution of the Mational Anthem. sidered. The questionaire must be sig 89 ned by the exemptee, which undertakes 86 that any misstatement will make him 74 liable to punishment.

Wm. Fisher, who is ill in the hos pital at Brockville, is not much improved we are sorry to report.

The monthly meeting of the Woman's Auxiliary will be held at the home of Mrs. Jas. McDonald, on Tuesday afternoon. 24th Feb., at 2 p.m. Visions welcome.

### Making Maple Sugar

The appeal of the Food Controller to produce large quantities of maple sugar and syeup this spring should receive a ready response from those who heve groves of maple tree-. While maple sugar can be made as it was in the early days of settlement, with very simple apparatus, the work is greatly reduced and better products made when a modern equipment is utilized. For the instruction of those not entirely familiar with advanced methods, the \$25.00 | Publications Branch of the Department 25,00 of Agriculture at Ottawa has issued 25.00 Bullition No. 2-B entitled "The Maple Sugar Industry in Canada". By text and illustration it makes very clear the The pitting contest was brought to operation of a maplesugar plant. The The nitting contest was brought to time to tap, he utensils to use, the reduct are the American aircraft are practising, of the orth part of the township winn all dealt with. This bulletiu is avail-64 ing. he total number of pairs knitt- for distribution to those who apply

### Shanly

DIED-There passed away at the will be served at the hall on family residence, near Shanly, on Jan. 57 Mon evening, March 4th, to which 29th, 1918, Mrs. A. Froom, in her 70th withdrawn a umbor of their West 55 ing, tother with their husbands, are year. The subject of this notice was eldest daughter of Mr, and Mrs. John in mobile warfare. Weston. When a young woman she The nr fortnightly concert will be was united in marrivge to the late held at Inston on Saturday evening, Albert Froom, and resided near Shan-Feb. 27 A play will given by the ly, on the farm where her long, active and useful life terminated. Her husband predeceased her five years ago.

Mr, and Mrs. Froom were both devoted Christians, and consistent members of the Methodist church, and attended of the Methodist church, and attended the house of worship regularly. Mrs. Exidly with a view to combing Froom exhibiting great patience dur-43 th rats of thase who have received ing her protracted, illness, constantly 42 rempt's from military servisce, ques- giving a bright, clear testim my of her 37 tonnair ave been received here by firm and cashaken faith in her Savvarious coptees, from the Registrar jour, While anticipating her release, she was invariably rely to bide His time Her large family of children

infeitre of exemption deal with y, two of her sons coming from Re-

The filmeral service at the church ge, marke to statight, full name was, lug-ly attended, upwards of 45 to kno ability hesical de Affilications fit any statestic es wint in the letter by her pastor, o ind we is nature of the work in Rev. Mr, Hauna, assisted by Rev. Mr. milico they are now engaged and in Murray, of Brinston. The sermon which they have been engaged since was based on n2d Timothy, 4;7, "I leak, a bold piercing eye, a skin that the age of 18 and the name and add-have fought a good fight." By request with fine scales and showing a certain with fine scales and showing a certain ress of their oldest grown-up relative. of deceased, the choir rendered as a amount of red pigment down the outer tary her favorite hymn, "Tell sides

brother. John Weston, of Pittston, and them. 2. Give the name, six and age of all two sisters, Mrs. A. Riddell, Morrisburg, and Mrs. Rance, of Cardinal. cs 3. Do you do any other work than Her daughters, Mrs. Thos. Armstrong, Vancamp ; Mrs. Rufus Froom, Card-57 4. What are your special duties, if inal; Mrs. Merrick Shaver, Hulbert Miss Mary, Brockville. Sons, A. C. 5. How many acres are there (a) in Froom, Regina; Carman Froom, Regina; Hardle Froom, Edgar and Royal

The floral tributes of love and esteem were beautiful, including pillow 47 .7. What kind and quantity of crops, from her sons at home, Edgar. Royal and Hardie; sprays feom her daughters and grand daughters, Mrs. Shaver Froom, Armstrong, Guy and Flegg.

A faithful wife and loving mother, with the Lord.

The family desire to thank the neigh- R. Caldwell bors and friends for their sympathy If claim for exemption was made on and aid during the last illness of their donrestic grounds, the exemptee is also mother, which sympathy will ever be

and relationship of any near relatives on active service, to state any other special circumstances connected with their domestic position, and to state their total income in the last twelve months, in cash or otherwise. They must enumerate their business and financial obligations and, if undergoing any special course of training, to state the name of the institution, the exact particulars of the ccurse and the time when it will conclude.

The questionnaire asks the exemptee to state any other facts upon which he relies for exemption from military services Willard mentorial anniversary was held in the basement of the Methodist church on Monday evening. The chatr was acceptably filled by C.E. Cameron, and a good program rendered, including a papec on "The life of Frances Willard mentorial anniversary was held in the basement of the Methodist church on Monday evening. The chatr was acceptably filled by C.E. Cameron, and a good program rendered, including a papec on "The life of Frances Willard mentorial anniversary was held in the basement of the Methodist church on Monday evening. The chatr was acceptably filled by C.E. Cameron, and a good program rendered, including a papec on "The life of Frances Willard mentorial anniversary was held in the basement of the Methodist church on Monday evening. The chatr was acceptably filled by C.E. Cameron, and a good program rendered, including a papec on "The life of Frances Willard" hy Misse Collard and Martin; recitation by Winnifred Coates; duet by Misses Eilis and Bell; solo by Mrs. Molson; duet by Messrs Bouck and Seely, and "five minute speeches" by Rev. D. O. Mac-Arthur, Rev, E. W. S. Coates and W. A, Campbell. The speakers congratulated the W. C. T, U. on the question and the time was acceptably filled by C.E. Cameron, and a good program rendered. Including a papec on "The life of Frances Willard" hy Misses Eilis and Bell; solo by Mrs. Molson; duet by Messrs Bouck and Seely, and "five minute speeches" by Rev. D. O. Mac-Arthur, Rev, E. W. S. Coates and W. A, Campbell. relies for exemption from military ser- quiet, faithful work of the past, which

## CASTORIA

For Infants and Children In Use For Over 30 Years Always bears

### Town Topics

Archie Wright, of Montreal, spent Sunday with his parents in town.

Born at Halifax, N.S., F-b. II, to Mr. and Mrs. C C. Forward, a son,

The subject next Sunday morning in the Methodist church will be "The Spirit of a Man," and in the evening, "The Angels of Mons."

A. J. Ross, of Avonhurst, Sask., is spending a few weeks in town before returning West, where he is engaged in farming operations.

Lieut. Bob Caldwell is home from Texas, where he has been receiving instruction at the U.S. aviation camp. He is on his way to the front.

Lieutenant Wilfred McGinn, is reported killed in an areoplane accident, in England, one of many who have lost their lives in this dangerous craft. No less than 31 were killed in Tayas during the past, month. in which Lieut. Bob Caldwell was an instructor. The family of Lieut. Mc-Ginn are deeply sympathized with in their bereavement.

After extensive preparations, silently and systematically carried on, it is apparent that both the Germans and the Allies are ready for the long-expected offensive on the Western front. The Germans have recently front veteran units from the first-line trenches and are busily training them

### Mating the Breeding Pen.

The shortage of labour and the trewill now, under the changed conditions show a loss. This, perhaps applies more strongly to poultry than to any other class of live stock as the securing of suitable feed is becoming more and more difficult.

In the mating up of breeding pens-these conditions should be borne in mind. Aim to use nothing but the very best birds as it is only from these that the highest results can be obtained.

The male to head the flock should e from a high producer and if possible s know that his are showing their bally hay, all the letter, Not only should snow vigous he right had bird of this description was show a fair ly broad head with a rather short ston

His mate should be vigorous females Friends present from a distance were Audrew Riddell, Morrisburg; Heward and Kenneth Nesbitt, Winchester band they are not on most farms band those pullets that start to lay 1. What kind of a farm do you work Springs, She is survived by her only first and select the breeding pens from

The ideal mating is a well developed cockerel of the foregoing description mated to young hens but if the desirable type are not available do not hesitate to use pullets, so long as they are well matnred and vigorous they will then give the best of results. — Experimental Farm Note.

### Muskoka Free Hospital

Iroquois Contributes \$42.25

The Treasnrer of the Muskoka Free Hospital for Consumptives, desires gratefully to acknowledge the followdevoted Christian and good neighbor ing contributions received in Iroquois 35 10. What would happen if you left has passed to her reward, to be forever by the Field Secretary of National San

R. Caldwell	<b>40.00</b>
M W D	5 00
Mrs. M. Crobar	3 00
D. Fink	2 00
R, S. Pelton	2 00
Dr. D. Johnston	F 00
Dr. D. Johnston Max Rabin	100
Rev. D. McArthur	1 00
Archie Sterling	1 00
Archie Sterling Mrs. R. Mcaslin	1 00
F.R. Bullis	1 00
Allan McInnis	I 00
S. Landon	P 00
Mr. Perault	1 65
Mr. Perault C, D, Marbur	1 00
Mrs.T.A. Thompson	I 00
W.E. Bolton	1 000
W.E. Bolton Kavanaugh & Hyslop	1 00
	I 00
W.F. Bell B. Sweeney	1 00
G.C. Currie	1 00
G.C. Currie	100
Rev. E.W.S. Coates	11 000
Mrs. D.A. Cameron	1 99
T I Tohnston	1.00
C. A. Cameron	3 68
MIS En I HOMPSON	.75
reev, w.s. watenorn	50
Mrs. H. Strader	.50
L, N, Tanney	
W.J. Forward	
Jos. Montpetit	
and the second	

Chosing a Car.

Choose a car with the same care as you employ a man. When you employ a person you ask for recomplete the care as ledge you will be better able to judge values in the future.

Buy a well balanced car—a car in ploy a person you ask for recommendations, for a statement that will help to identify him, to be able to judge his worth to you. You cautiously investigate his record, his reputation with former employers, his reliability in the statement of the property of the statement of the reliability in past performance of duty. You are particular about his appearance. If he gives you a bad appearance. If he may never have another chance. You are anxious to buy a car that is right ly as well as artistically.

Learning to I

same care. In the beginning, however, keep in mind that no single car tions furnished with the car. They is the only good car. No car is the are given you for the purpose of ac- London General Omnibus Company best in the world. There are many quainting you fully with the various cars of acknowledged reliability in quainting you ruly rectangular distribution quainting you ruly rectangular distribution quainting you ruly rectangular distribution and rectangular distri make and performance, and hence rule, every definition, every instrucyou should judge a car by the known tion. Have confidence in yourself reliability of its maker. Seek a car and your ability to master the knowfinancial standing, inquire of the extent of its equipment, of the number and size of its plants, of its reputation. Know how the power is delivered to the rear to 80 horse-power Diesel engines are tent of its equipment, of the number tion. It is safe to assume that only wheels. a successful car can create a large and sustained demand from the pub-

Make up your mind to the fact that a motor car presents the ideals of the manufacturer-and its worth will be in proportion to that ideal. You should seek a car that has been sincerely built-in which there is incorporated a high mechanical standard. There is purchase an automobile you make an trate! important investment.

### Like Buying a Horse

You would inspect it inside and out, and do not lose your head. You would go over it from every You should see a service man when

whereby they may become self-sup- be necessary. porting. These occupations have not yet been designated, but there are certain callings for which women are

The Saskatchewan Department of are obtained from the various garages, University Forest School, under Dean marine mischief.

The Saskatchewan Department of are obtained from the various garages, University Forest School, under Dean marine mischief. certain callings for which women are Agriculture has sent a circular letter are obtained from the various garages, well adapted. The scheme will be to officials of all urban municipalities and the rags are sent. worke under the Local War Pensions in the Province urging backyard and Committee and consideration will be vacant lot cultivation. given different local conditions.

as many temporary government officers will be no longer needed with their clerical staffs, and the same will apply to many private businesses. In this and similar occupations training would be restricted to those who have possessed knowledge of the work before marriage and could regain former proficiency. Determining factors will also be her age, education, previous occupation and apparent adaptability and her prospects of success in augmenting her income. A course of training will not be considered advisable where there are children under 16 years of age, unless adequate provision is made for their care.

The fee for the training, exclusive money of cost of maintenance if living in the

owner. And with increased know-

impression at first he may never have to buy a car that is right mechanical-

Learning to Drive Your car should be selected with the be careful how you start. In the be-After you have made your purchase ledge of driving. Learn in the be-

wisdom in the public taste. Find out how the average owner regards the car you intend buying. You intend buying you intend buying you intend buying a carefully kept secret.

That leads to axles, a weak solution of hot caustic to small in quantity for economical a carefully kept secret. learning to drive, exercise care.

Do sing of wheels, axie casings and from reepings, or if the raw material is not get nervous. That leads to axies, a weak solution of hot caustic o small in quantity for economical a carefully kept secret.

A submarine does not ordinarily children will be proud of—a car with to go through the motions of starta good name. You cannot be too ing, steering and stopping before you axles or other parts are stripped for me central collecting plant. scrupulous in your choice, when you drive your first mile—if you concen-

Hold your feet ready on the clutch Let us compare buying an auto- ence. Hold the steering wheel light- into a tank of water into which a jet Splendid Record of National Service mobile with buying a house. In buy-ly. Steer easily. Start and stop of steam is turned so as to bring the

view. You would weigh each item. you notice an unusual noise or a

n which the training is parts is concluded to considerable bet. A ter-



HOMER-WARREN, Dept. 39, TORONTO

THIS WATCH FREE WORST FOE OF TO ANY BOY

This "Railroad King" watch is an absolutely guaranteed timekeeper. It is stem wind and stem set, double dustproof back, nickel case. Regular man's size. Send us your name and address and we will send you 35 Packages of our lovely embossed Easter post cards to sell at 10 cents a set (six beautiful cards in each set). When sold send us the money, and we will send you the watch, all charges prepaid.

CYLINDER SHAPED BOMB OF IN-GENIOUS MECHANISM.

GENIOUS MECHANISM.

The "Depth Charge" is Best Remedy Yet Found For the U-Boat

HOMER-WARREN CO. DEPT. 42, TORONTO

FOR CLEANSING PURPOSES.

Utilizes Grease Removed From Motor Vehicles.

wheels, axles, and other parts of mo- 1. It still has a value as a fuel, as ginning the functions of the motor, tor buses, trucks, and other motor ve an be gathered from the fact that at hicles is now utilized in England by le North Road coach factory of the

the dashboard. Learn thoroughly the gines and other parts of vehicles, but excess available for sale. be found simple. Take your first the barest minimum, the net effect bethe cleansing plant of the London so accurately as to furnish a matheprinciples of motoring. These will now its consumption is restricted to

fected over the former practice.

and brake pedals. This adds confidare placed in a cradle and dumped of about 3 per cent. strength is ob-gineering professions in Canada, has boat.

### Removed by Boiling.

pany has a central depot for reclaim- and Belgium.

At this depot there is a battery of each of which is filled to about two-After the war there will undoubted ly be an oversupply of stenographers, FREE to Boys or Girls thirds with water which is brought up to the boiling point. The barrels up to the boiling point. The barrels of oil as they come in are drawn off ing added at a time.

### Process of Cleansing.

collected in each garage and sent once week to the central cleaning depot. The first process through which they go is the extraction of all grease and oil in a centrifugal steam heated chest. All oil, by the rotary action of this KEROSENE NO LONGER USED whence it runs into barrels for the rechest, is expressed from the rags, claiming process already described. The rags are then put into a washing machine and later into a rotary dry-

The oil gained by the reclaiming shape of a cylinder. They are steel process is not entirely suitable for use again as a lubricator, but as much of t comes from solid grease it is of a Grease removed in the cleaning of ir better quality than cleansed engine to 80 horse-power Diesel engines are Know what each lever will do. Before the war kerosene was large- in from the output of the oil reclaim-Study the use of each instrument on ly employed for the cleansing of en- 12 depot, leaving a certain quantity

be found simple. Take your first ing the saving of five-sixths of the eneral Omnibus Company has paid matical formula. lessons when there is little traffic ing the saving of the and as you increase in knowledge former consumption. Retosche, as a firsten in a very snort time, because When the bomb reaches the level at and practice venture in busy streets. On certain parts of the mechanism for lending or find. A small plant can be When the engines, gear boxes, back cted and dealt with in larger bulk at venture to descend more than 200 feet

ING W WIDOW Scheme Under Preparation by British Ministry of Pensions.

The British Ministry of Pensions is preparing a scheme under which widows of soldiers and soldiers bet than if kerosene had been bed, utilize then cochnical abilitie, but it is a skriking fact that the greater by this means they are enabled to hear the U-boat's propeller at a long of it was a sure disinfectant, whilst maintenance allowance at a maximum of Foresters and students and students are the U-boat's propeller at a long of it was a sure disinfectant, whilst maintenance allowance at a maximum of Foresters and students are the U-boat's propeller at a long of it was a sure disinfectant, whilst maintenance allowance at a maximum of Foresters and students are the U-boat's propeller at a long drain cock, the tank occasionally being paign and chose to take their place as fighting men. Some have fought in washed out and all the soldiers and students are the U-boat's propeller at a long of it was a sure disinfectant, whilst maintenance allowance at a maximum of Foresters and students are the U-boat's propeller at a long drain cock, the ta

ing oil and washing rags, and to this Of the relatively smal group of bomb is the nearest thing that has to secure a low, broad-spreading Fernow, twelve men have nade the supreme sacrifice, while twelve others three tanks erected over a furnace, have been either wounded, gassel or ANZACS LIKE WINTER SPORTS. victims of shell shock. From the Toronto school alone, there were Australians Learn to Skate During too much growth at the top the inner of oil as they come in are drawn off N.C.O.'s, and 24 privates. Indeed, the into the first boiling tank, a little be- only men who did not go were those The oil is thoroughly boiled, and promptly placed themselves at the ern Commonwealth they have seen when it overflows into the second tank service of their country and cheerfully nothing in the way of sport that ap-(by adding more oil to the first) it has accepted a tragic record of casualties pealed to them more than the hockey become almost fit for use again, but it surely stands in the forefront of all matches they have watched on the passes into a second tank and is given callings. Many have given their lives Canadian rinks. a second boiling, and then on to the whose services were sadly needed by At Cobourg, where a number of third tank, where it goes through its Canada. Letters from the wounded these men are under treatment in the a second boiling, and then on to the whose services were sadly needed by third tank, where it goes through its final stage of cleansing, and from the and from men in desolate corlast tank it is drawn off and run into ners of the field of war, thoroughly pital they have enjoyed the open air homesick and tired of the business of rink in connection with the institu-As to rags, their price to-day is fighting, nevertheless refuse to com- tions, and learned to cut a few curves much higher than before the war, plain against conditions or express rethemselves. The fine expanses of money and we will send us the money and we will send us the money and we will send you the brace-

Yet Found For the U-Boat Menace.

The so-called "depth charges," which have proved the most efficient weapon against the submarine to date, are now being manufactured in great numbers by the U.S. Bureau of Ordnance of the navy, and of larger size than any hitherto used. The latter point means, of course, that they Stars Were the Only Guide to Ice-enhold a greater quantity of high explosive and have a wider "radius of action." In other words, one of these bigger depth-bombs is capable of destroying a U-boat at a further dis-

cases of size sufficient to hold several hundred pounds of explosive. For setting them off reliance is had upon hydrostatic pressure.

### How the Bomb Works.

The depth-charge is set to go off at fifty feet beneath the surface, at 100 feet, or further down, if desired. It is simply dropped overboard. Of course, the water pressure (reckoned in pounds to the square foot) varies di-

Keep your eyes in front of you. Do on certain parts of the mechanism for lending or fuel. A small plant can be actuates a sort of trigger arrangement Keep your eyes in front of you. Do on certain parts of the mechanical to the mechani wisdom in the public taste. Find Forget everything but the car. in practical substitute. For the clean- e furnace being rubbish and shop could be more simple, though the de-

below the surface for fear lest its steel shell be crushed by the pressure. Usu-shell be crushed by the pressure of the short fifty insisted upon the first names being re-The unit is dismantled and the parts ANADA'S FORESTERS ABROAD. ally it travels at a depth of about fifty insisted tained, feet. But in any case the revolution of its propeller makes a sort of wake mobile with buying a house. In buy-ly. Steer easily. Start and stop ing a house, you would make certain gradually. Practice makes perfect. water to boiling point. Caustic soda plane or "blimp," or even, as often plane or "blimp," or even, as ofte

erseas forces of the Dominion. Nu- boat has no notion that it has been But even these people would be sur-You would consider the purchase from the angle of sturdiness, its method of construction and material used. It would be the same from an artistic standpoint. You would consider the harmony, the finish, the detail, comfort and beauty.

Cover these points in buying an automobile. Be just and careful. Be thorough. It pays, for your store thoroughess will help you to gain a good idea of automobile construction.

Select for your work and you need this knowledge. For strange places. When your car is one as a unusual noise or a grinding or binding, or when your car is one and unusual noise or a grinding or binding, or when your car is one an unusual noise or a grinding or binding, or when your car is foresters or the to onstruction and material does not seem free in running. A good driver is a good listener. The does not seem free in running. A good driver is a good listener. The does not seem free in running. A good driver is a good listener. The adage, "A stitch in time saves nine," or the top of the water. Be-foreding to lists compiled for the prescribe amber of it and drop a few depth-bombs. To garnet for scarlet fever or influenza, whilst if one of our surgeons at the removed the water. Be-fore the contents are removed the top. This best cannot be free from some through an overflow pipe of missions and inaccuracies, there are does not surgeons and the prescribe amber of it and drop a few depth-bombs. To garnet for scarlet fever or influenza, whilst if one of our surgeons at the foresters or erically, the ranks of Foresters or discovered, and it is an easy matter prised if their family doctor were to

attacked and destroyed. The depth- Begin at the top in pruning a tree

Convalescence in Canada.

The Australian soldiers, like the debarred by physical defects. The Candians, have seen a bit of the profession of forestry in the degree world in their military service, but to which the graduates and students according to the men from the south-

At Cobourg, where a number of Has all letters, figures, period and comma. Rubber type, strong and durable, from body, and a perfect feed roller. Can be used for writing letters, addressing envelopes, bill-heads, tags, etc. Send us your name and address and we will send you 30 packages of our lovely embossed Easter postcards to sell at 40 cents a package (6 lovely cards in each package). When sold send us the money (three dollars) and we will send you the package of the fine expanses of money (three dollars) and we will send you the typewriter, all charges prepaid.

As conducted by the send of the wounded and from the last tank it is drawn off and run into barrels.

As to rags, their price to-day is fighting, nevertheless refuse to complain against conditions or express representations and learned to cut a few curves themselves. The fine expanses of skating surface in Canada are a non-our conditions or express representation.

# FREE TO GIRLS



We will give this beautiful rolled gold locket and chain free of all charge to any girl who will sell 30 Packages of our lovely embossed Easter Postcards at 10 cents a package.

Send us your name and we will send you the cards to sell. When sold, send us the money and we will send you the locket and chain. Address:

HOMER-WARREN CO. DEPT. 41, TORONTO.

2,000 MILES THROUGH ICE.

circled "Endurance."

Although Sir Ernest Shackleton's ship, the Endurance, made a perilous voyage of 2,000 miles through pack ice in the Weddell Sea, scientific work never ceased. After three days' gale the ship was held fast, and then she drifted slowly on the ice to the northward. Finally she had to be aban-

Work of the scientific instruments, said Lieuaenant J. M. Wordie, who had charge of the oceanographic work, at the Royal Geographical Society, was considerably hampered by four inches of frost rime, and the position of the ship was tested by the stars.

When the ship was abandoned amid the pack ice, said Lieutenant Wordie, the crew took to the boats, but it was some months before they could find a passage through the ice, and it was not until April, 1916, that, after many

and "Wilhelm Barrier." He thought the names ought to be changed to their English equivalents, "Leopold" and

destiny and the influence of mascots ven liberally of its manhood to the In the meantime, of course, the U- pinning a good deal of faith to them.

uncanny, according to this belief would be involvable; our county asy-

Do not remove strong lower limbs if they can be given sufficient light from above. Aim to secure bearing branches throughout the main body and lower twigs will weaken and die instead of bearing fruit.



HOMER-WARREN CO. TORONTO, ONT.

### The Doings of the Duffs.



### THE AFTER EFFECTS OF LAGRIPPE

Often Worse Than the Disease Itself-Victims Left Weak, Nervous and Worn Out.

can avoid la grippe and winter colds logical conditions. by keeping your blood rich and red In many of our talks I came upon sharp pains across my back. I had uniform in size, was employed in by the occasional use of Dr. Williams' similar evidences of minute knowl- headaches, and was subject to neural- weighing gold and precious stones. Pink Pills. If you have not done this and the disease lays you low, you natural world was trivial to him, or to "Dodd's Kidney Pills helped me so can banish all its evil after effects by be neglected. This great grasp was much that I can highly recommend Mina a's Liniment Co., Limited. this same great blood-building, nerve associated with a minute accuracy, them to anyone suffering from kidney restoring medicine. This has been and it was his double habit of mind proved in thousands of cases through- that made Tennyson such a splendid Pills. Among the cured is Miss Irene thets was always present to his mind. Bootes, Portsmouth, Ont., who writes: -"I take much pleasure in recommending Dr. Williams' Pink Pills, because I have proved their worth in A Menace to the Sheep-Growing Inmy own case. Last winter I had a severe attack of la grippe and it left me weak and all run down. I had severe pains in the chest and under the arms, palpitation of the heart and attacks of neuralgia which left me with the feeling that life was scarcely worth living. I was taking doctor's medicine, but it did not help me and I was much discouraged. I was advised to try Dr. Williams' Pink Pills and began their use only on the principle that I would try anything that might better my condition. I had only been using the pills a couple of weeks when the pains began to leave me. Gradually my strength returned, my appetite improved, and in a little more than a month I felt all my old time vigor had returned. I am sincerely glad I was persuaded to try Dr. Williams' Pink grain. word to say for them."

cure the disastrous after effects of la and worrying sheep, they kill poultry, these troubles due to poor blood, such attack cattle and carry hog cholera. as anaemia, rheumatism, indigestion, for that added expense will keep many women's ailments, and the generally farmers who already have hog-tight worn out feeling that affects so many fences from starting a farm flock. neople. You can get these pills Keeping the dogs chained at night will through any dealer in medicine or by mail at 50 2000 a 1000 M Edicine will uny nignt. Payls often attack sheep in killed kelpe 2000 out it does not encourage those whose flocks have been Co., Brockville, Ont.

BRITISH USE HORSE FLESH.

Britain oreak down the insular preof the Britisher against foods number have sprung up in the Soho district, but until lately their patrons It is a recognized fact that where the have been Belgians or the proprietors stomach and bowels are in good order

there has been quite a rush of Eng- and good-natured. The Tablets are lishwomen for horse steak and chops, sold by medicine dealers or by mail and in consequence the prices have at 25 cents a box from The Dr. Wilrisen enormously, and people have liams' Medicine Co., Brockville, Ont. been paying up to 60 cents a pound for

Horseflesh does not come under the Write a sunny, funny letter meat price order of the Food Ministry at present, but if the English people Happier it is the better, continue to add it to their menu it will shortly.

In the provinces the prices are far lower than they are in the London dis- All the little home jokes spinning tricts. A story is told of a woman who failing to receive from the family We must keep the home fires burning, butcher the supply of meat for her favorite dog visited a Liverpool horsemeat butcher and obtained for a If we drown our fears and yearnings small sum more than one appetizing His to fight the nation's battle

One day, so attractive was her purchase-it could hardly be distinguished from a fillet steak—that she was tempted to cook it, but after it was LEMON JUICE IS served her insular prejudice proved the stronger. Still she remarked, "One might do worse in these hard Girls! Make this cheap beauty lotion .....

Retain All Breeding Sows.

many months and farmers are urged and tan lotion, and complexion beautito retain all breeding sows. The keep-a-pig campaign is meeting with a large measure of success. The resdrighted and tan lotion, and complexion beautifier, at very, very small cost.

Your grocer has the lemons and any drug store or toilet counter will supply therefore, that young pigs will be in comes. Yes! It is harmless. strong demand in the spring. To



TENNYSON'S KNOWLEDGE.

The Gifted Poet Possessed a Store of Scientific Learning.

Of the poet Tennyson's wide knowledge in scientific matters Sir Norman

nyson and His Friends. About the year 1866, he says, we used to devote Monday evenings to La Grippe-the name by which in- talk and to smoke. One night it hapfluenza is most generally known—is a pened that many travellers—Bates, disease prevalent throughout Canada Baines and Winwood Reade among during the winter and spring months. them-were present, and the question Anyone who has felt its pangs is not of a certain kind of dust storm came lays a strong man on his back; it knowledge on such subjects, and astortures him with fevers and chills, headaches and backaches. It leaves names of eight authors, four of whom me a wonderful lot of good," Mrs. him a prey to pneumonia, bronchitis, had declared that they had seen such him a prey to pneumonia, bronchitis, had declared that they had seen such mantle told an interviewer. "For gauging the quality of gold apart from several times. Dry with a clean cloth they dislike. consumption and other deadly dis-dust storms, although the other four three years I was in a worn-out condition to the allow i.e. carat, is derived from cloth. eases. In fact its after effects are more insisted that they simply could not be tion, often having to lay off for a day serious than the trouble itself. You produced under any known meteoro- or two.

WORTHLESS DOGS.

dustry of Canada.

Everyone loves a useful, gentlemanly dog. Such a dog is invaluable. But, Some Characteristics of the Noted one dog eats as much as a man and more than a sheep. Two dogs will eat as much as a hog on alfalfa and more than a dozen chickens. And there are thousands of dogs in the country, one for eight sheep. Sheep furnish wool and mutton, hogs make pork, and chickens produce meat and eggs.

ed to relieve the present meat shortage, and many sheep furnish wool and mutton. Hill farms are ideal for sheep raising, and almost every prairie farm is adapted for keeping a small farm flock without much extra expense for buildings or added use of

No single thing has done more to Polls, and I shall always have a good throttle the sheep industry in this word to say for them."

No single thing has done more to but there the resemblance ended. Gen. Petzir's chin gave no indication of his country than the curs which are al-Dr. Williams' Pink Pills not only lowed to run at large. Besides killing

Fences will not solve the problem, destroyed to start again.

# People ray As High As seeks. Pound For Gemand in Great Horse steaks ect of the most

To guard the baby against colds to which he has not been accustomed, nothing can equal Baby's Own Tab-In a number of districts horse meat lets. The Tablets are a mild laxative shops have been established. Quite a that will keep the little one's stom- which one might read a psalm. But of the cheaper little French restaur- that colds will not exist; that the health of the little one will be good During the past few weeks, however, and that he will thrive and be happy

The Home Letters.

To the boy somewhere in France,

Make it cheer him at first glance. Tell him of the latest winning

Of the team from Homeville High, Leave out every doleful sigh.

Bright within each khaki breast, His courage will do the rest.

Ours to work and wait and pray Then when guns have ceased to rattle Freedom shall have come to stay.

FRECKLE REMOVER

to clear and whiten your skin.

Squeeze the juice of two lemons into The demand from overseas for bacon a bottle containing three ounces of and other pork products is such as orchard white, shake well, and you to ensure a profitable market for have a quarter pint of the best freckle without sympathy, to ache with home-

ponse indicates not only that the farmers are preparing to keep more few cents. Massage this sweetly frapigs but that many people living in grant lotion into the face, neck, arms, Hutton of University College, Toronto, suburban areas are also planning to and hands each day and see how buy one or more and feed them on freckles and blemishes disappear and household garbage. It is certain, how clear, soft and white the skin be-

kill sows under present conditions, is, A good cooking fat may be made therefore, not only unpatriotic but is by taking two pounds of kidney suet may send their donations to the treasure of the society. Hugh Electronic but is by taking two pounds of kidney suet may send their donations to the treasure of the society. likely to prove distinctly unprofitable. running it through the meat grinder urer of the society, Hugh Fletcher, and rendering out the fat. This is Esq., 532 Huron St., Toronto. strained, and just before it hardens one cup of vegetable oil is added. This keeps the suet from hardening and gives it a delightful flavor so that it may be used in any kind of

## She Often Had to Lay Off For a Day

Lockyer speaks entertainingly in Ten- Mrs. Mantle Tells Why She Used Dodd's Kidney Pills.

our friends who came informally to Results, She States, Were So Good That She Recommends Them to All Sufferers From Kidney Disease.

St. John, N.B., Feb'y 18th (Special.) -Mrs. Mantle, an estimable lady livlikely to forget the trouble. La grippe up. Tennyson listened for some time, ing at 117 King St. East, this city, is starts with a slight cold—and ends and then remarked how difficult it always ready to tell of the benefit she with a complication of troubles. It was for a student to gain certain has received from using Dodd's Kid- Minard's Liniment Cures Diphtherla.

"I suffered from drowsiness and

run down and worn out.

GENERAL PETAIN.

French Commander.

his soldiers.

tinged with a little disappointment. 210,000 long tons. Before the war He might be a business man, a lawyer Italy produced about 210,000 long Minard's Liniment Cures Colds. Etc. a dozen men who could look the part more acceptably. He has a good, wholesome face. I think it must have been there that I suffered the disappointment. I had pictured him as thin-visaged and frowning, with a downward look. The prominent nose seemed not unlike Gen. Pershing's, character, as chins are supposed to do, and his head seemed of average size pound discovered by a Cincinnation and shape. His cheeks have color and chemist. It is called his eyes are kindly and brownish.

He means well to you, but no librate you ties must be taken—a glance te gloves that, He wore brown chamois aently on his hands, which were there extra

Gen. Petain does not play to the gal-leries. You are sure that he is not thinking of himself, even glim meringly: he gives the impression of being sincere in what he is doing. He is "on his job" every minute. If he is AGAINST COLDS pinning on a medal, he is looking at it and thinking of that particular thing.

Gen. Petain has not a certain mystery and magnetism that characterize Gen. Joffre, nor has he the stature. No one else can speak in that soft mosoldier. He took over the command under most extraordinary circum- they loosen and come right out. It is stances of difficulty, and has met the no humbug! It works like a charm. test splendidly.

THERE IS A DIFFERENCE !!

Can anyone who has not seen them imagine what it is like to be a prisoner in this present war? Someone, who saw the first French, English, Russian and Canadian prisoners either returned or escaped, writes of them: "They have an expression of their own, a concentrated, unuttered suffering in their eyes, an unending patience in their voices. There is all the difference in the world between them and the soldiers returned from the Front. The latter, even when severely wounded, have a proud, almost satisfied look, as if in making their supreme effort, something of the glory and exaltation of those fearful moments still clung to them. They are warriors hurt in the great game, brought gladly and triumphantly home, where they know well what welcome awaits them.

"How different is the lot of the allied prisoners? The sight of them, of any nation, is an unforgettable recurring nightmare. A voice, weak, but insistent, rings in your ears: 'Won't you help us?'

"They know what it is to do valiantly, without praise, to suffer silently sickness, surrounded by the enemy. They are the unseen heroes and we cannot guess at half their pain."

There are at present more than a is president, is appealing through the churches of Ontario for money to help provide the bare necessaries of life to these unfortunate heroes. Congrega-

"Might is right, so it is-the right to bear the burdens of the weak, to -Napier.

Minard's Liniment Cores Distemper.

The days of catalogues have come, the best of all the year, When every mail its quota brings of books from far and near,

flowers all tabled neat as wax.

We reckless grow, extravagant-no cost too high we find For this February garden we are

planting in our mind. But, mercy me! while we have dream

That miserable coal stove has gone completely out!

the alloy, i.e., carat, is derived from cloth. that of the seed of an Abyssinian carat flower, which, being exceedingly

Mansonville, June 27, '13

Yarmouth, N. S. Gentlemen,-It affords me great Dodd's Kidney Pills are purely a pleasure and must be gratifying to put the matter bluntly, the whole out Canada by la grippe victims who observer, and therefore such a poet; kidney remedy. Making the kidneys you to know that after using 36 have been made well and strong for the whole field of nature from healthy enables them to strain all the through the use of Dr. Williams' Pink which to cull the most appropriate epi-paralysis which my father was afflicted that was afflicted impurities out of the blood. That means pure blood and good health, ed with, I was able to restore him to Dodd's Kidney Pills are recommended normal condition. Hoping other sufby thousands of women who were once ferers may be benefited by the use of your Liniment, I am,

Sugar Situation in Europe.

approximately 1,400,000 long tons of A war correspondent recently saw sugar per annum from Germany and sugar and exported 50,000 tons. The ters now stand for another impera-My first impression, he says, was French production in 1917 fell to tive command, "Save or Starve."

> No humbug I Apply few drops then just lift them away

This new drug is an other comfreezone, and can now be obtained in tiny bot tles as here shown at

very little cost from any drug store. Just ask for freeze Apply a upon a terrain corn or callus and instantly the screness disappears. Shortly you will find the corn or callus so loose that you can lift it off, root and all, with the fingers.

Not a twinge of pain soreness or irritation; not even the slightest smarting, either when applying freezone or afterwards.

This drug doesn't eat up the corn or callus, but shrivels them so

For a few cents you can get rid of every hard corn, soft corn or corn between the toes, as well as painful calluses on bottom of your feet. It, never disappoints and never burns, bites or inflames. If your druggist hasn't any freezone yet, tell him to get a little bottle for vou from his wholesale house.

February Gardens.

With gorgeous blossoms on their fronts and cabbage on their backs, Their insides filled with fruits and

ed, there is no sign of doubt,

Weight For Gold.

The weight used by goldsmiths in

Sincerely yours, GEO. H. HOLMES.

Before the war England received

PAIN ? NOT A BIT! LIFT YOUR CORNS OR CALLUSES OFF

with fingers.

FREE CATALOGUE showing our full lines of Bicycles for Men and Women, Boys and Girls. MOTOR CYCLES MOTOR ATTACHMENTS

Tires, Coaster Brakes, Wheels, Inner Tubes, I,amps, Bells, Cyclometers, Saddles, Equip-ment and Parts of Bicycles. You can buy T. W. BOYD & SON, 27 Notre Dame Street West, Montreal

BSORBINE Reduces Bursal Enlargements, Thickened, Swollen Tissues, Curbs, Filled Tendons, Sore-

ness from Bruises or Strains; stops Spavin Lameness, allays pain. Does not blister, remove the hair or lay up the horse. \$2.00 a bottle ggists or delivered. Book 1 M free. ABSORBINE, JR., for mankind-an antiseptic liniment for bruises, cuts, wounds, strains, painful, swollen veins or glands. It heals and soothes. \$1.00 a bottle at druggists or postpaid. Will tell you more if you

W. F. YOUNG, P. U. F., 516 Lymans Bldg., Montreal, Can-ersorbine and Absorbine. Jr., are made to Canada.

## Dangerous Gas and Acids That Hurt The Stomach---Sour The Food Cause Dyspepsia, Indigestion

Recommends a Safe Way to Treat Stomach Trouble At Home

Many stomach sufferers who are always full of gas and whose stomachs burn with acid after nearly every meal think these things are the RESULT of indigestion when in reality they are the CAUSE.

It is just as foolish to give artificial digestents such as pepsin, etc., to a stomach full of gas and acid as it would be for a man who had stepped on a tack to rub liniment on his feot without removing the tack.

Some stomach full of gas and acid as it would be for a man who had stepped on a tack to rub liniment on his feot without removing the tack.

Some stomach to generate more gas and produce more trouble at the next meal.

If you are using digestive aids after meast drop them for a while and instead get a few 5-grain tablets of pure bisurated magnesia from any druggist and take two with each meal. Bisurated Magnesia does not digest food but will neutralize the excessive acid in your stomach, keep the food sweet and will drive the gas and sours, digestion is often delayed and stomach misery is the result. Artificial digestents will push this

# Machinery For Sale

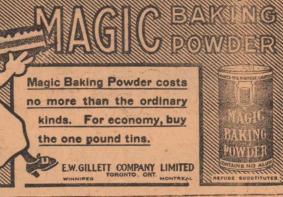
1 WHEELOCK ENGINE, 18x42. New Automatic Valve Type. Complete with supply and exhaust piping. flywheel, etc. Will accept \$1,200 cash for immediate sale.

1 ELECTRIC GENERATOR, 30 K.W., 110-120 Volts D.C. Will accept \$425 cash for immediate sale.

PULLEYS, Large size. 26x66-\$30; 12x60-\$20; 121/2x48-\$12; 12x36-\$8. 1 BLOWER OR FAN, Buffalo Make.

14 inch discharge-\$30.

REAL ESTATES CORPORATION, LTD. 60 Front St. West, Toronto ED. 7.



Oilcloth on Shelves.

If teas leaves are ground they will

HELP WANTED

FOR SALE

EEKLY NEWSPAPER IN WEST-ern Ontario. Doing a good busi-Death of owner places it on the et. A great chance for a man with Apply Box \$2, Wilson Publishing Limited, Toronto.

ELL EQUIPPED NEWSPAPER and job printing plant in Eastern rio. Insurance carried \$1,500. Will or \$1,200 on quick sale. Box 69, on Publishing Co. Ltd., Toronto.

ANCER, TUMORS, LUMPS, ETC., internal and external, cured withpain by our home treatment. Write before too late. Dr. Bellman Medical Limited, Collingwood, Ont.

A Cure for Pimples

"You don't need mercury, potash

or any other strong mineral to

cure pimples caused by poor blood. Take Extract of Roots-

druggist calls it "Mother Seigel's

Curative Syrup—and your skin will clear up as fresh as a baby's.

It will sweeten your stomach and

regulate your bowels." Get the

genume. 50c, and \$1.00 Bottles.

Doctors Recommend

Bon-Opto for the Eyes

make twice the amount of tea.

briskly and rinse with clean water for there is something about the oil-

Cleaning Wringer. When rubber rolls on your wringer To lighten the work in the pantry, become dirty so that they streak the use shelf oilcloth instead of paper. clothes try cleaning them with a cloth The oilcloth is easier to clean. moistened with kerosene. Rub Roaches will keep out of the pantry,

MONEY ORDERS.

MADE IN

Send a Dominion Express Money Order. Five dollars costs three cents. Minard's Liniment Cures Garget in Cows

"The food wanted by mankind does not exist. The word 'shortage' is not strong enough for the situation. To put the matter bluntly, the whole world is up against a nasty thing,

IIRINE Granulated Eyelids, Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. Try it in Your Eyes and in Baby's Eyes. No Smarting, Just Eye Comfort Murine Eye Remedy At Your Druggiat's or by mail, 50c per bottle. Murine Eye Salve, in Tubes 25c. For Book of the Eue - Free. Ask Murine Eye Remedy Co., Chicago

"S.O.S." Has New Meaning To-day. Gen. Petain, the French generalissimo, neighboring sources. France probestowing war crosses upon some of duced about 750,000 long tons of beet familiar "S.O.S." signal. The let-

Grated cheese and chili sauce make a good sandwich filling.

When buying your Piano insist on having an OTTO HIGEL" PIANO ACTION



At drug stores.

On Hands From Salt Rheum At Very Small Cost for

Soap and Ointment. "I was a great sufferer from salt theum on my hards. It came in small blisters between my thumb and finger and it itched terribly and kept spreading. I could not use my hands at all and the skin would crack and bleed so that I could not bend my fingers. I cannot describe what I have suffered and

that I could not bend my fingers. I cannot describe what I have suffered and the sleepless nights I had.

"Then I got the Cuticura Soap and Ointment. I only used one cake of Cuticura Soap and one box of Ointment when my hands were healed." (Signed) Mrs. M. L. Aiken, Highwater, Que. Keep your skin clear by daily use of Cuticura Soap, with touches of Ointment now and then.

For Free Sample Each by Mail ad-

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

# Should Read Mrs. Monyhan's

Letter Published by Her Permission. Mitchell, Ind.—"Lydia E. Pinkham's Vegetable Compound helped me so much during the time I

was looking forward to the coming of my little one that I am recommending it to other expectant mothers. Before taking it, somedays I suffered with neuralgia so badly that I thought I could not live, but after taking three bottles of Lydia E. Pin kham's Vegetable CompoundI was entirely relieved of

tirely relieved of neuralgia, I had gained in strength and was able to go around and do all

my housework. My baby when seven months old weighed 19 pounds and I feel better than I have for a long time. I never had any medicine do me so much good."—Mrs. PEARL MONYHAN, Mitchell, Ind.

Good health during maternity is a most important factor to both mother and child, and many letters have been received by the Lydia E. Pinkham

received by the Lydia E. Pinkham Medicine Co., Lynn, Mass., telling of health restored during this trying period by the use of Lydia E. Pinkham's Vegetable Compound.

ISSUE 8-18,

### What a Glorious Christmas Gift



Of all the gifts that the genius of man has laid at our feet, no other brings so much genuine happiness to so many people as

### The NEW EDISON DIAMOND AMBEROLA

What an endless means of delight to the children; what a source of inspiration to the young men and young women; what keen enjoyment to those of more mature years!

You know you have always promised to "Get some music for the young people." Do it this Christmas. Get an Edison Amberola and bring the joy of music to your home.

### Edison Blue Amberol Records

present over 3,000 selections, made by the leading singers, bands, orchestras and entertainers of the world.

The following include Records particularly suited to the Christmas season:

HEART SONGS — Sitent INSTRUMENTAL — Czar-Night — Sweet Christmas das (Harp) — Flower of Italy Bella — Christmas Song — (Violin) — Butterfly (Concer-christmas Time. SACRED - Lerd is My - Kiss Waltz (Saxophone)Sheeherd-Oi Sing to God
Birthday of a King-Star
of Bethlehem.

Linal-Basketef Roses (Beilt

The Rosery (Cornet).

VAUDEVILLE - Street
Watchman's Christmas -BALLADS—Once in Royal

VAUDEVILLE - Street
Watchman's Christmas Night Before Christmas Annt Dinah's Golden Wedding-Happy, That's All. David's City—When Christmas Bells are Ringing—Santa Claus—It Came Upon the Midnight Clear.

BANDS—Bells of Christmas—O Come, All Ye Faithful—Christmas at Sea—In DANCING—Beneath a Balcony Fox Trot—Perfect



T. L. McIntosh & Co., South Mountain, Ont.

# Plan to Go

## **Annual Convention**

OF THE ONTARIO BRANCH OF THE

# Dominion Alliance

N MASSEY HALL, TORGNTO

# Feb. 26-28, 1918

Cheap Railway Fare



G. T. R. TIME TABLE

No.18, daily, mail and express 4.13 a.m.

GOING EAST

25, daily except Sunday .. 8.00 p.m juice of any sort of fruit 19, daily, mail and ex. ... 10 25 p,m ter is added to dilute it.

due at 1 p, m., will be cancelled on Sun-

M. S. CASSAN, Agent

WHITTEKER, the Optician, will be 1918, from Monday noon to Tuesday

### Town Topics

James A R se is v siting friends in

Die, at Card oal, on Feb. 14 h, 19 8 Mrs. Es er A Ross. Let 78 vea s Mrs. W. Banf dh sr turn dir m

Mrs. Walter Wes on has purchase excellent temperance beverage.

Mr. Jos. Stracy's house of the point. Only among the rich and fashionable she will take possession hellst of April. are glasses used. In all other cases

new member of the Iro quois Town Council, made possible by the resigna-tion of Ald. Allan McIunis, Congrat-

The many friends of Mrs. Wm. Sterling are sorry to hear of her serious illness in the Cornwall General Hospital, where she has been confined for several months past with heart trouble.

Arthur Robertsn has bought the Arthur Robertsin has bought the comfortable stone realdence owned by the Misses Shaver, and will move to town shortly. The Misses Shaver, we understand, will occupy part of Mrs. Clay or dust colored cloth, originally George Brouse's house. We welcome to town. Mr. and Mrs. Robertson to town.

coal, broke its couplings, and went a on campaign.

The missionary anniversary was Sunday. In the morning the J- L. Bates, of Tokio, Japun ed a musterly address on the ory opportunity of the Orient.

remember, I remember The days that used to be, When porterbouse was eighteen cours
And soup bones given free;
When milk was five by the quart,
And butter twenty-four,
And bacon fifteen cents a Pound

In those brave days of yore. Because of the searcity of seed field

will be limited hereafter to those varied lem. St. Mark's is the treasure house ties and grades which are not suitable for seeding. The U. S. War Trade Board announced this ruling Feb. 18th to become effective Feb. 19th. LADDERS-Dear reader, in case your

house or barn caught fire have your ladder to help put it out. If not, we have them for you from 24 feet to 32 feet, from \$4.60 to \$6.40. Also step ladders in wing stands and precious marbles that it is easy to undestand why St. Mark's has been called the "Church of Gold." ders, ironing stands, clothes reels and sash. Anything in the wood line made to order on short notice, A. J.

And were it not for the fuel and food administrations we would be paying thirty cents a pound for sugar; coal would be twenty a ton; the cheaper cuts sixteen ounce brick; potatoes would be four dollars a bushel; and you would have to buy a dollar's worth of groceries you didn't want to get a quarter of a pound of tea at fifty cents.

ntends to adhere to the platform in its program to extend the franchise to all women was officially intimated here today. It is not certain that the necessary legislation will be introduced at the session of parliament to be called within a month, as there are certain difficulties to be cleared up in regard to the position of naturalized aliens, but the legislation will not be long.

relatives of soldiers voted. At the a remedy for the trouble. If the world next general election all qualified wom- paid any attention to the optimists en will have the right to cast a ballot. Cauadian women in Ontario and in the four western provinces have the privilege of voting in provincial contests. A Dominion franchise act is necessary to make woman suffrage general thruout the Dominion. It is estimated that from one to two million will be affected by the proposed legislation.

The ice jam in the St. Lawrence River at the mouth of the Grasse River is creating a disturbance all along the shoaes of both rivers, the back water in the St. Lawrence extending to Richard's Landing and n the Grasse River to the dam at Masena Village. At the Polly Creek below the South Sault the water was six feet over the roadway, and the railing of the bridge was carried away.
While at Richard's Landing the dock as comdletely submereged, as were farms and roads and farms in the vicin-Near the dam at Massene, celiars f houses by the Grasse River are full ip to the gaound floors, and foot bridges have to be built by the residents from their homes out to higher ground.
The water conditions have not been so bad at this point for twenty years.

### PERSIA'S NATIONAL DRINK.

Sherbet Is the Popular Beverage In That Thirsty Country.

26. "ex, Sunday "6.43 a.m The great beverage in Persia is sher-6, "mail & ex. 3.41 p.m bet, which is plentifully supplied and The great beverage in Persia is sherof which there are many varieties, from the bowl of water with a squeeze No. 7, daily except Sunday .... 1.00 p m of lemon to the clear, concentrated 8.00 p.m juice of any sort of fruit to which wa-

Note—No. 6 train going east, due at done with the greatest care, is a very important point in so thirsty a country as Persia and one to which much time is devoted. It may be either expressed from the juice of fruit freshly gathered or from the preserved extract of pomegranates, cherries or lemons, mixt the Central Hotel, Irequois, Mar. 4, ed with sugar and submitted to a certain degree of heat to preserve it for winter consumption.

Another sherbet much drunk is called guzangebben. It is made from the boney of the tamarisk tree. This honey is not the work of the bee, but the product of a small insect or worm living in vast numbers under the leaves of the shrub. During the months of August and September the insects are collected and the honey is preserved. When used for sherbet it is mixed with a five weeks top, visiting triends in vinegar, and, although not so delicious Toronto B antford Windsorano D r it, as that made from fruit, it makes an

Here's to Ald, Geo. E. Caloren, the and drunk from deep wooden spoons sherbet is served in china bowls carved in pear wood.

### SOLDIERS' UNIFORMS.

They Are Not Khaki, but "Cetton O. D.," or "Wool O. D."

In speaking of the uniforms worn by Mr. and Mrs. W.L. Hogg, ot Comber Oct., are moving to Waterloo, where Mr. Hogg is appointed manager of the Crown Bank in thattown. His many friends in Iroquois are glad to hear of the wear khaki, and, besides, the soldiers are not at all partial to the word.

The uniforms worn now are describ-Rev, T. R. Horner, pastor of the Holiness Movement at Newington, was in town Wednesday, making arrangements for the Holiness Movement convention to be held at Newington March 10th to 17th inclusive.

The uniforms worn now are described by the war department as "Cotton, O. D." or "Wool O. D." The "O. D." means olive drab and is descriptive of the color of the uniforms. Cotton uniforms are worn in the summer and wool in the winter.

by the native British troops and later Last Saturday a carloaded with soft by all British troops serving abroad or

It was later adopted by the United tion. It tore up the rails and delayed traffic consirerably. There was quite alot of stock on board the train includable qualities and because it was supable qualities and because it was supsome fine Holsteins, one valued at \$400 but no mjury was done them. The men were working all day to repeir to detect soldiers. The color of the men were working all day to repeir to detect soldiers. uniforms was supposed to merge into the color of the ground.

drab akl is lighter in color than olive super and the khaki cloth is said to se in to the cotton uniforms now being in the the army.

IS BO STAUCTURE Marie, in Venice, in the world, Its bulb shaped domes and minaret-like belfries remind the visitor of the ori-ent. It seems more like a Mohammedan than a Christian temple. In the marble columns, each one a monolite and all possessing an eventful history. Some are from Ephesus, others from corn, exports of corn to Causda, for feeding and manufacturing purposes and more than one even from Jerusaturies, and each generation tried to outdo all that had preceded it. The

Galilei and the Swinging Lamp.
The boy Galilei, sitting with hundreds of others in the Cathedral of Pisa on a Sunday morning, saw an attendant draw aside the heavy hanging lamp to light it and then let it swing. of meat would be ninety cents a pound. Many other eyes saw the same thing, butter would be a dollar for a short but there was only that pair in Galilei's head which really observed what happened. He alone noticed that as the swings of the huge lamp became smaller and smaller they always took the same time. He proved it by counting That Canada's Union government them with his pulse. He had made a struct a globe 800 feet in height-much struct a globe 800 feet in height-much pendulum clock and the accurate measurement of time.

Praise For the Growlers.

losopher, "are the boys that keep the world moving, for when folks are growling all the time the world stops At recent general election the female to ask the reason and straightway finds paid any attention to the optimists things would be at a standstill. Taking it for granted that everything's O K is the end of progress."

> Distinguishing Marks. "My dinner coat needs a button, Julia. Please attend to it tonight." "But I can't tell your dinner coat from your breakfast jacket, dear." "Why, the breakfast jacket has eggs on it and the dinner coat gravy."-

west representative south

Gentle Finality.

"What is the precise significance of the phrase 'the incident is closed?' "It's a polite way." answered Senator Sorghum, "of saying, 'What are you going to do about it?'

Everything great is not always good, but all good things are great.-Demos-

### A CONTRAST IN POLICE.

As They Are Seen In Norway, Sweden and Denmark.

In Christiania the policeman is a mild and amiable citizen in a rather shiny coat and none too neat who stands in the middle of the roadway and tries to maintain some semblance of order in the democratic muddle of the city's traffic.

In Stockholm the policeman is a walking arsenal, with sword and pistol and a brass helmet, and the arrest of a disorderly person becomes an act of state. There the policeman represents the high authority of a proud country. He fulfills his duty with a stern severity. He is the symbol of law and established order.

In Copenhagen the policeman is neither the happy-go-lucky citizen who patrols the streets of Norway nor is he a creature of resplendent glory like his colleague in Sweden. He strikes a happy medium. In this he is an excellent representative of a land where the art of sensible and peaceful living seems to have been brought to its highest perfection, where everybody seems well fed, where beggars are as scarce as very rich people and where the women live up to the best traditions of the charming china which is made in the royal residence of Denmark.-Hendrik Willem Van Loon in Century.

### DEAD, YET STILL IT LIVES.

A Most Curious Freak of Nature Is the

Vegetable Caterpillar. Among the many strange growths, apparently freaks of nature, which are to be found in New Zealand the vegetable caterpillar readily ranks among the foremost. This caterpillar is several inches in length, is hairless and does not differ essentially in appearance from some of the caterpillars of our own land.

Its claim to distinction lies in the fact that when it gets ready to die it digs a hole for itself in the earth and completely buries itself. Later a slender green shoot springs from the spot. This bears two or more leaves near its

Upon investigation it is found that the green shoot springs from the head of the dead caterpillar, and further investigation develops the fact that the body of the caterpillar is filled with

The form is retained without change, and the roots do not pierce through the skin or enter the ground. When dug up this dead yet living freak presents a most odd appearance, for the head and even the eyes of the caterpillar are distinctly seen, yet from the head is growing the green sprout, with

Simplicity of Jenny Lind. Jenny Lind must have been the most

simple, unpretending prima donna that ever lived. When she first visited England she was bound to sing only at the Royal Italian Opera + B s., and when commanded to sing ? I se, and when correspond to uces, this, she ordered her carriage and drove straight to Buckingbam palace. She handed her card to an official, who, not unnaturally, declined to take it. A higher authority happened to pass and facade are scores of variously colored took it upon himself to present it. As soon as her majesty saw it she said, "Admit her by all means." Jenny Lind appeared and said simply that she was so very sorry to be unable to sing at it better to call herself and explain. The queen was charmed with her natural manner, gave her a cordial reception and promised to be her friend.

> Jackals and Crocodile Eggs. Jackals and hyenas are very fond of crocodile eggs. The former is the more successful poacher of the two. Na-tives of central Africa say that the jackal has sixteen eyes, with one of which he watches the eggs and with the fifteen others he looks out for the crocodile. The hyena, on the other hand, being very greedy, has all his eyes on the eggs and so often falls a victim to the watchful crocodile in motionless hiding. The natives say, too, that the crocodile sometimes knocks its prey off the bank or off the canoe with its tail and then seizes it with its wide open jaws.

The Earth and Man Compared.

If it were possible for a man to conless than twice the height of the Washington monument-and to place upon any portion of its surface an atom one four thousand three hundred "The growlers," says a Georgia phi- and eightieth of an inch in diameter and one one hundred and twentieth of an inch in height, it would correctly denote the proportions man bears to the gigantic globe upon which he

Lazy Larks.

Investigation has ruined the lark's reputation for early rising. That much celebrated bird is quite a sluggard, as it does not rise till long after chaffinches, linnets and a number of hedgerow birds have been up and about for

Pa's Weakness.

Little Nell-You've got a good papa, Willie. Willie-Pa ain't so bad, but I wish he wasn't so much in love with mamma. Why, he believes everything she says about me.

Got Monotonous.

ville Courier-Journal.

"Why don't you call your hotel the Breakers any more?' "Aw, everybody had to crack an alleged joke as he paid his bill."-Louis-

Being alone when one's belief is firm is not being alone. - Averbach.

Positive—Convincing Proof

Many so-called remedies for anaemia are only so in name. Their makers are afraid to prove their claims by telling what their medicines contain.

The only way to be honest with the people is to let them know what they

are paying for. Here is the Vinol formula. When the doctor knows what a medicine contains, it ceases to be a "patent" medicine. P. Cod Liver and Beef Peptones, Iron and Manganese Peptonates, Iron and Am-monium Citrate, Eime and Soda Glycero-phosphates, Cascarin.

Any doctor will tell you that the ingredients of Vinol, as named above, will enrich the blood and banish anaemia and create strength. When the blood is pure and rich and red, the

body is strong and robust.
You can prove this at our expense hecause your money will be returned if Vinol does not improve your health.

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Farm of 30 acres, more or less, tot 19 con. 2, Matilda, 1½ miles from Irequois rural daily mail; telephone; conven ient to cheese factory and Public and High Schools. Soil, clay loam, very fertile and ingood state of cultivation, land all cleared. Large orchard of bearing McIntosh and Famuese apple trees; garden of small fruits; water in stables; silo, Fine modern house with bath, eistern, garage and driveshed. bath, cistern, garage and driveshed. A fine, small dairy farm, two neverfailing wells. For further particulars apply to owner. (Principals only,)

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Let us show you how much time and labor Delco-Light will save you in the ordinary

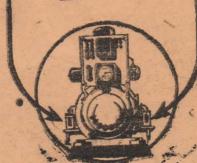
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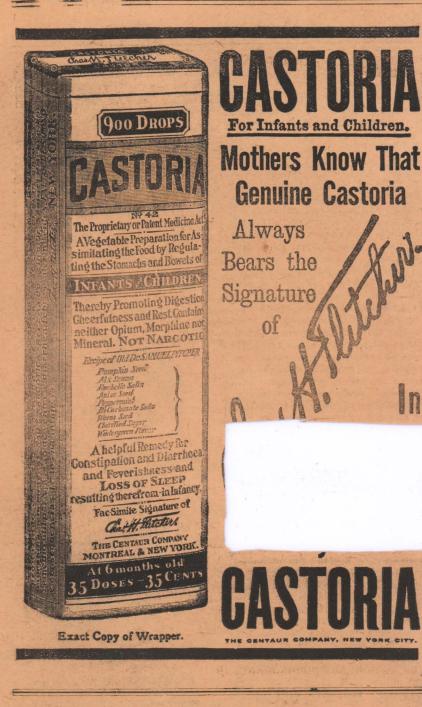
Besides the advantages of electric light, it provides power to run the churn, the separator, the washing machine and to pump water. It cuts out the daily drudgery-especially for the women.

Delco-Light is every man's electric plant-simple, compact, efficient and wonderfully economical.

It pays for itself in time and labor saved. Let us show it to you.

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The secret of success of the Graduates of Willis College is that they me the only ones trained by expert, experienced office workers for expert ffice work,

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T. A. Thompson Estate expect to consider-

erable Hard Beech and Maple Cordwood, 3 ft. long, body wood. Any person short of Fuel would do well to secure a cord or two.

Leave order at Store and it will be delivered promptly from car.

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Money to loan on Farm mortgages.

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ISSUER OF MARRIAGE LICENSES Becksted Block Iroquois, Ont,

TRY THE NEWS

R S PELTON, PUBLISHER

### Some Sayings of Lincoln

God must love common. plain-looking people, else he would not have made so many of them.

I am not bound to win, but I am bound to be true. I am not bound to succeed, but I am bound to live up to what light I have. The occasion is piled high with difficulty, and we must wise with the difficulty.

He that would be no slave must have no slave.

The work of the Plymouth emigrants was the glory of their age. While we reverence their memory, let us not for get how vastly greater is our opp

With malice toward none ity toward all, with firmness in the right -as God gives us to see the righ

No time religiously spent is eyer los If we do right. God is with us a God is with us we cannot fail

The more a man knows of theology he farther he gets away from Unrist. I have been ariven to my knees many imes beacause I realized I had no-

where else to go. I have never had a policy. I simply ricd to do what seemed best each day is each day came.

The immortal emblem of humanity is the Declaration of Independence.

Die when I may, I want it said of me I always plucked a thistle and planted a flower, if I thought a flower would

### Hainsville

Dr. R. McGregor visited his sister, Mrs. O. A. Irvine, recently, prior to going everseas.

Communion service was conducted in the Methodist church, on Snuday,

Jas. Hilliard, of Iroquois, was the guest of his daughter, Mrs. G. I. Fader, last week.

Miss L. Mullen, of Inkerman, is visiting her cousin, Miss Lazzie Mul-

W. Banford, of the Immigration Department, Toronto, spent Sunday with his family here.

Mrs. W. Banford, who has been visiting friends in the West, returned home Saturday.

Mr. and Mrs. P. S. Boyd, of Mountain, spent a few days last week with the former's parents. Mr. Boyd was Principal of Mountain school, but was selected in Class One to go overseas. He was summoned to Kingston the first of the week.

Mr. and Mis. C. Brontmire, of Irena, were the guests of their daughter, Mrs. H. Thompson, recently,

Mrs. J. Munic, of Dixor con epent Sunday with her sister. Mrs. E. Boyd.

The annual meeting of the patrons of Hainsville Butter and Cheese Fac-tory was held at the factory on Saturday, Wm, Banford in the chair. In presenting his report Mr. Fader, the auditor, congratulated the patrons on the successful business of the year, th report showed that the business of 1917 exceeded that of 1916 by \$14,000. Owing to the advanced prices of factory supplies, W. W. Reynolds, the propsupplies, W. W. Reynolds, the proprietor, insis ed on getting two cents for manufacture of cheese, which was assented to. All the old officers were re-elected as follows: Major Irvine. President; H. C. Fader, Sec'y-Treas; W. E. Boyd, Salesman, and Wesley Fader, Auditor.

"FRUIT-A:TIVES" Conquered Dyspepsis and Restored His Health.



Little Bras d'Or, C. B. "I was a terrible sufferer from Dyspepsia and Constipation for years. I had pain after eating, belching gas, constant headaches, and did not sleep well at night. I lost so much weight -going from 185 pounds to 146 pounds—that I became alarmed and saw several doctors who, however, did me no good. Finally, a friend told me to try 'Fruit-a-tives'.

In a week, there was improvement. The constipation was corrected; and soon I was free of pain, headaches and that miserable feeling that accompanies Dyspepsia. I continued to take this splendid fruit medicine and now I am well, strong and vigorous". ROBERT NEWTON.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

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CHAPTER VIII. Under Cover I. UNSEEN FORCES "We come acrost the Channel For to wallop Germany; But they 'ave n't got no soldiers-Not that any one can see. They plug us with their rifles An' they let their shrapnel fly, But they never takes a pot at us Exceptin' on the sly.

'Fritzie w'en you comin' out? This wot you calls a fight?
You won't never get to Calais Always keepin' out o' sight.

So sang Tommy, the incorrigible parodist, during the long summer days and nights of 1915, when he was imday when I first met a "butt-notcher." experience. Rifles cracked, bullets zip-zipped along the top of the parapet, great shells whistled over our of smoke rising, morning, and evening, from trench fires; the shattered trees, the forlorn and silent ruins, the ground. I wanted to lie at full length to the murderous fittle weapon known as a machine gun.

I longed to get out on top of the ground. I wanted to lie at full length long grass waving in the wind.

sonage, a creature of Tommy's own fancy, assumed a very real importance during the summer when the attractions at the Western Threatre of War were only mildly interesting. "Carl the caretaker" was supposed to be a methodical old man whom the Emperor had left in charge of his trenches on the western front during the absence of the German armies in Russia. Many were the stories told about him the sonage of the stories told about him the stories and cool green the sugar as possible and to make the supply of natural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per tural sugar which is available. In the allowance of sugar per month. Canadians, however, are still consuming between 7 and 8 pounds per capital sugar tural sugar which is available. In the sugar which is av Many were the stories told about him at different parts of the line. Sometimes he was endowed with a family. "Missus" and his "three little nippers" were with him, and together pers" were with him, and together swiper looking quite disappointed. were blocking the way to Berlin of the entire British Army. Sometimes he (To be continued.) entire British Army. Sometimes he was "Hans the Grenadier," owing to his fondness for nightly bombing par-Sometimes he was "Minnie's

ber my delight, one fine summer morn- welcome awaits them. ing, at seeing three great kites soaring above the German line. There is allied prisoners? The sight of them, and with a certain demand there is no ing above the German line. There is allied prisoners? The sight of them, reason why men and women, too, of any nation, is an unforgettable reshould not go into the bush this dummy figure of a man on their parapet. Tommy had great sport shooting at it, the Germans jiggling its "They know what it is to do valiants and the trees for their had but insistent, rings in your ears: tural riches. It is a responsibility, as duty. All available kettless, pans firing-benches, shooting over the top cannot guess at half their pain."
of the parapet. Fritz and Hans were There are at present more than true sportsmen while the fun was on, and did not once fire at us. Then the dummy was taken down, and we returned to the more serious game of the did not once fire at us. Then the dummy was taken down, and we returned to the more serious game of the did not once fire at present more than a million and a half Allied prisoners of war in German hands. The Prisoners of War Society, of which Principal that the did not once fire at use of the principal that the did not once fire at use of the did not once fire a war with the old deadly earnestness. Hutton of University College, Toronto, "made in Canada" maple sugar. I recall such incidents with joy as I is president, is appealing through the remember certain happy events in churches of Ontario for money to help childhood. We needed these trivial provide the bare necessaries of life to occurrences to keep us sane and hu- these unfortunate heroes. Congregabut such as there were, we talked of may send their donations to the treas-

for days and weeks afterward.

As for the matter of keeping out of sight, there was a good deal to be said on both sides. Although Tommy was impatient with his prudent enemy and sang songs, twitting him about always the state of the society, Hugh Fletcher, Esq., 532 Huron St., Toronto.

Rye mush is more palatable if made with half milk instead of all keeping under cover, he did not usual- water.

ly forget, in the daytime at least, to make his own observations of the Ger-Telescopic country close to a beautiful seaside Commander Curtis is a lucky master man line with caution. Telescopic sights have made the business of sniping an exact science. They magnify the object aimed at many diameters, and if it remains in view long enough to permit the pulling of a trigger, the chances of a hit are almost one hun-

dred per cent.
II. "THE BUTT-NOTCHER" Snipers have a roving commission. They mave from one part of the line to another, sometimes firing from carefully concealed loop-holes in the parapet, sometimes from snipers' nests in trees or hedges. Often they creep out into the tall grass of No-Man's-Land. There, with a plentiful supply of food and ammunition, "We're a goin' back to Blightey—
"Wot's the use a-witin' 'ere
Like a lot o' bloomin' mud-larks
Above the parapet.

We been in France fer seven months
An' 'ave n't seen 'im yet!'

supply of food and annual the supply of lood annual the suppl the passion for it grew. They kept tally of their victims by cutting

patiently waiting for something to turn up. For three months and more we were face to face with an enemy whom we rarely saw. It was a weird whom we rarely saw. It was a weird bullets experience. Rifles cracked, bullets zip-zipped along the top of the parapet, great shells whistled over our heads or tore immense holes in the trenches, trench-mortar projectiles and hand-grenades were hurled at us, and hand-grenades were hurled at us, and yet there was not a living soul to be seen across the narrow strip of No-Man's-Land, whence all this murderous rain of steel anl lead was comercial was a joy to see them there, reminding one that God was still in his heaven, whatever might be wrong with the world. It was a joy to be alive, come to us to get final lessons, and significantly and taken root in the banks of earth heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding ors. When diving we only travel at heaped up on either side of the communication trench. They were nodding to the rate of about 175 miles and hour!

Acting Fligh had taken root in the banks of earth No-Man's-Land, whence all this murderous rain of steel and lead was coming. Daily we kept careful and continuous watch, searching the long, curving line of German trenches and the ground behind them with our periscopes and field-glasses, and near-periscopes and field-glasses, and near-peris ly always with the same barren re-sult. We saw only the thin wreaths vented the murderous little weapon

long grass waving in the wind.

Although we were often within two hundred yards of thousands of German soldiers, rarely farther than four hundred yards away, I did not see one of them until we had been in the down at one and white clouds sail of them until we had been in the down at one, and white clouds sail

trenches for more than six weeks, and then only for the interval of a second or two. My German was building up a piece of damaged parapet. I the sky."

watched the earth being thrown over the top of the trench, when suddenly a head appeared, only to be immediately withdrawn. One of our snipers and evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching, too. A crawling through the tall grass to-had evidently been watching to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field to maple sugar, if it does to anything, and there should be a splendid field ately withdrawn. One of our snipers had evidently been watching, too. A crifle cracked and I saw a clour of dust arise where the bullet clipped the top of the parapet. The German waved his spade defiantly in the air and continued digging; but he remained discretily under cover corrected to the product of the parapet. This marked an epoch in my experience in a var of unseen forces. I had we are asked to save. Allies are calling upon this continent for a considerable portion of our normal domestic sugar supply. East India sugar is practically unavailtable, the last crop having been lost the pound. Beef is one of the great-londing sugar is practically unavailtable, the last crop having been lost the pound. This weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. The ground was covered weather-warped and the barrel eaten with rust. We are alling upon this continent pressed in scientific terms is fifteen allies are calling upon this continent. Allies are calling upon this continent pressed in scientific terms is fifteen that ward a clump of our normal domestic sugar supply. East India sugar is practically unavail. India sugar is practically unavail. The pound of the product was a sugar were sunk by enemy submarines.

This marked an epoch in my experiment of undered and seventy-five calories to the pound. This is labely that the pound

THERE IS A DIFFERENCE---! able lady known in polite military circles as a "Minnenwerfer." As allered who has not seen them imagine what it is like to be a prison-circles as a "Minnenwerfer." As allered who saw the first French, English, like in shape, and frightfully demonstrative. When she went visiting at the behest of her husband, Tommy usually contrived to be "not at home," whereupon Minnie weeked the house who has not seen them imagine what it is like to be a prison-er. Someone, who saw the first French, English, Russian and Canadian prisoners either returned or escaped, writes of them: "They have an expression of their own, a concentrated, unuttered and this year it will be even meater." whereupon Minnie wrecked the house and disappeared in a cloud of dense nd disappeared in a cloud of dense patience in their voices. There is all cane sugar.

One imagines all sorts of monstrous the difference in the world between Many farmers have gone out of things about an unseen enemy. The them and the soldiers returned from maple sugar-making in recent years strain of constantly watching and see- the Front. The latter, even when se- owing to the low scale of prices arising nothing became almost unbearable at times. We were often too far satisfied look, as if in making their ated maple products. The Pure apart to have our early morning inter- supreme effort, something of the glory Maple Sugar law now protects the change of courtesies, and then the constant phtt-phtt of bullets annoyed and exasperated us. I for one welcomed any evidence that our opponents were fathers and husbands and the court of the great game, brought gladly and triumphantly home, where they know well what the court of the glory and supreme effort, something of the glory and supreme effort and supreme effort s home, where they know well what sugar with maple extracts.

flying kites. Once they mounted a curring nightmare. A voice, weak, spring and tap the trees for their na-

arms and legs in a most laughable manner whenever a hit was registered. "They know what it is to do valuant- and buckets should be routed out and ly without praise, to suffer silently cleaned now. In parts of Ontario In their eagerness to "get a good bead" on the figure, the men threw sickness, surrounded by the enemy. caution to the winds, and stood on the They are the unseen heroes and we

There were not many of them, tions who have not yet contributed

### From Industrial Agent to Flight Commander

Interesting despatches of incidents then they are sent to France. We do in the lives of flying men in England all kinds of fancy performances—loop eggs, 1 cupful sour milk, ½ teaspoonare given in letters to friends written the loop, roll, make spinning nose ful soda, 11/2 cupfuls graham flour, by Acting Flight Commander Graham Waters Curtis, formerly Industrial Agent of the Canadian Pacific Railments" happen when one aeronaut Yidd way in Montreal, who is now a flying gets into the "wash, or slip-stream of instructor in England. The school in which he teaches is a vast expanse of The letters indicate that Acting Flight

That Is a later of dates, juice of one orange, ½ pint dates, juice of one orange, ½ pint of candy. Select plump dates. Wash or candy. Select plump dates. Wash or candy select plump dates.



Acting Flight Commander G. W. Curtis and his machine just after a "crash" at a training camp in England.

resort. He writes: "The view from of the high school in which he soars. the air is superb, and we often fly out He says: "We have a lot of smashes, over the sea, and dive down near the but very few deaths, considering



WAR AND FOOD SERIES, ARTICLE No. 9-MAPLE SUGAR

The term "made in Canada" applies dates. They have not advanced as

I was sorry that I went to the wil
Use of the abundant supply of naknows that she has a food product
tural sugar which is available. In which will furnish energy.

of the Dominion.

This is too much to expect at this stage and yet much can be done to increase production this spring. Can anyone who has not seen them There are great numbers of trees

With an abundant supply available "How different is the lot of the and with a certain demand there is no "They know what it is to do valiant- and buckets should be routed out and tapping begins early in March so that there is no time to be lost.

Maple sugar and maple syrup will yet be universally found in the homes of Canada, as the finest of substitutes for the sugar to which we are accus-Let Europe have the white sugar while we have our own delicious

Dates as a War Food,

One food that we frequently should give our families is the date. There are many delightful ways of serving



ing boiling water over them. They should always be carefully washed

Yiddish Date Pudding .- 1 pound cream, 1 cupful boiled rice, 1 tea- move pit. Fill cavity with an almond orange juice. Add sugar, rice, van- they are needed. Add dissolved gelatine. Fold in whipped cream. Pour into cold

2 cupful blanched chopped almonds, year. scant cupful cream cheese, 1 teaspoonful lemon juice, pinch salt. Mix the ingredients to a paste and make into balls. Serve four to each person on a nest of lettuce leaves with a mayonnaise dressing to which an equal quantity of whipped cream has been added.

FUIS And Ginseng Wanted Highest Prices Paid

N. SILVER 220 St. Paul St. W., Montreal, P.Q.

Graham Date Gems .- 1/2 cupful 11/2 pounds chopped dates, nutmeg to

spoonful vanilla, ½ box gelatine, 2-3 or walnut meat or chopped nuts and cupful water, 1 cupful sugar. Soften raisins. Close. Roll in white of egg gelatine in cold water, dissolve over and then in crushed nut meats. These hot water. Chop dates, cover with are better if made one day before wet mold. Set in cold place to harden. 500 eggs during lifetime. Her best Date Cheese Salad .- 6 dates, 3 figs, laying capacity is during her second

A healthy hen will lay from 300 to

Articles Wanted for Cash

Old Jewellery: Plate: Sliver: Curios: Miniatures: Pictures: Needlework: Lace: Old China: Cut Glass: Ornaments: Watches: Eings: Table Ware.
Write or send by Express to
B. M. & T. JENKINS, Limited

28 and 30 College Street, Toronto, Ont.

Stuffed Dates .- Serve these instead

of candy. Select plump dates. Wash



70U can ac Y complish more during the day if you enjoyable shave -an AutoStrop Every time you

own a razor that is always in per-fect condition for its blade is sharp and keen. The AutoStrop

matically. Guaranteed to Satisfy Complete Outfit \$5.00

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In addition to the outing and change, a shopping trip to Toronto may save you much money. The advantages of buying in a large metropolitan city are very many. Wider choice, newer goods, fresher commodities, special bargains, all of which mean a saving in money, in addition to a pleasurable trip.

And all time is doubly eat meed by
the fact that you can stay at the
most home-like and comfortable

hotel in Canada, and at moderate cost, and have your parcels sent direct to our check room. There is

The Walker House The House of Plenty

## It's a money-saverthis book we send you free

It's no exaggeration to call this book-

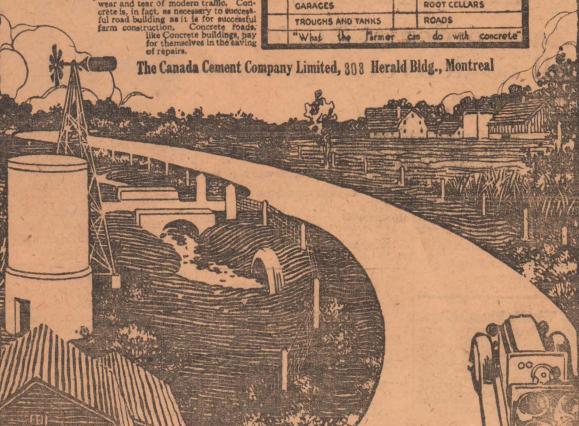
"What the Farmer can do with Concrete"-

a money-saver. It makes money by saving money—for every farmer who reads it and who acts on the advice and instructions it contains. How does it save money? Simply by telling how to build farm improvement of Concrete.

The farmer nowadays realizes that he is under a terrible handicap in his efforts to make money, if he has to be constantly sinking profits in repairs. Only by using Concrete can he have buildings that do not call for repairs and painting. Only with Concrete for his building material can he have his farm fireproof, waterproof, watertight, repair proof, vermin

In our 100-page book, there are directions which enable the farmer to construct all sorts of improvements of concrete, in odd times—with the help of his man. Send for this remarkably useful, money-saving book. Mark on the coupon the subjects which are of immediate interest to you.







Strop you realize what it means to

is the only razor that sharpens its own blades auto-



By Agronomist.

This Department is for the use of our farm readers who want the advice of an expert on any question regarding soil, seed, crops, etc. If your question is of sufficient general interest, it will be answered through this column. If stamped and addressed envelope is enclosed with your letter, a complete answer will be mailed to you. Address Agreement of Wilson Publishing answer will be mailed to you. Address Agronomist, care of Wilson Publishing on timothy hay and corn. A little corn and one part bran.

others which have not so much food with butter and seasoning. of the country, and yet it is very ex- and clean cultivation. and must be eaten by many in the keep up the dust mulch.

fertile, deep and warm.

half of July in such quantities as will the rows and not all over the beds. fold. give a summer supply from the first plantings, and from the later ones what is desired for winter.

mination and insure a more even crop. ing and appetizing. The carrot should be grown quickly to insure freedom from toughness of vegetable, being not up to quality in water which must be driven off before other cooked vegetables, 1 sliced the centre.

Culture of the Beet

The beet should have a soil made of fibrous loam, well drained and well enriched with good rotted manure. It a quick and uninterrupted growth to the soil is, the more delicate and sucinsure tenderness, and this can best be had in such a soil.

An ordinary garden soil which may have a clay base may be made better for beets by being dug deeply, chopped fine, worked into condition with the rake, and have a heavy dressing of rotted manure dug into the trench. If feasible to do so, heavy soils may be lightened by the addition of sharp sand applied when the soil has been dug and worked in with the rake.

The first early beets are raised from expensive, and several dozens will be Sow it thickly in drills, six inches or to take long tramps as soldiers likely to ask why wheat should be not easy to make the diagnosis. at the slender taproot is not broken , which is sometimes the case when they are not carefully lifted from the flats, or indoor seed bed.

something which is very necessary.

The best plan is to sow the seeds in drills one inch deep. These can be made with the hoe, which is better than the back of the rake, as it does not pack the soil in the bottom of the drill. 'Set the seeds an inch apart, in order to get a good stand, as some may not germinate, and when they have gained their third leaf they may be thinned out to two inches apart in

These plants are allowed to remain at this distance until the leaves touch,

We will give this beautiful Bracelet free of all charge to any girl or young lady who will sell 40 sets of Easter Postcards at 10 cents a set.

The Extension Bracelet is of rolled gold plate and fits any arm.

HOMER-WARREN CO.

Lessen the Lambing Losses.

according to the time their lambs are

due. Crowding around feed boxes.

jumping over ditches, pushing through

narrow gates and rough handling

when trimming the feet are likely to

Immediately before and during

lambing time, the herdsman needs to

be on the job night and day to pre-

vent the loss of lambs from chilling

and from other preventable causes. As

soon as a lamb is born the herdsman

will clean the mucus from its mouth

and nostrils. If the lamb is brought

to the ewe she will clean and dry it.

If she refuses, a pinch of salt

sprinkled on the lamb will help to

hour or two, if the lamb is too weak

to suck, it should be helped.

cause ewes to cast their lambs.

TORONTO, ONT.

to

Girls

For some unexplained reason the and used as beet greens, or sauce, Epsom salts every day or two in the sheep. carrot does not seem to be as much tops and all. This is a great delicacy of a home garden vegetable as some when properly cooked and dressed

value and are not as toothsome or en- From the time the beets come joyable in as many ways. I have no- through the soil (sooner if the weeds ticed this to be the case in many parts get the start of them) give thorough tensively grown by market gardeners crust which forms after all rains and

To get a well-grown carrot special beet is nitrate of soda, at the rate of position of foods, the principles of limited, the pupils can bring cold boilattention must be given to the soil, 100 pounds an acre, which works out nutrition and the best and safest ed potatoes in their lunch boxes and which should be light in texture, very for the small garden in the propor- ways of handling and preparing foods. the white sauce can be prepared at The carrot has a long growing sea-square of soil. It is applied by dis-food conservation and is ready and on. The early ones may be sown solving in water in the proportion of willing to do his bit in the way of sav-bringing a little milk into the school now and others successively through a gallon of water to an ounce of the ing, the educational opportunities of lunch and gives the teacher a chance the months of May, June and the first nitrate of soda, and watering along the school lunch are increased many to show that other fats than butter

Some Edible Greens

Foremost among edible greens is the Cover the seeds thinly with fine spinach. This is one of the most importsoil, and to make sure of a good con- ant crops of both the commercial and tact between it and the seeds tread home gardeners, yet it is not always as along the row to make it firm, es- choice as it can be made to be by be made a means of teaching one of beans, carrots, turnips, and so forth. pecially when planting the late ones, proper culture. By some it is regardwhen the soil may be somewhat dry. ed almost as a spring medicine, hav-Keep watered enough to maintain an ing a diuretic effect. When properly Every child knows the difference be-amounts. even moisture, which will hasten ger- cooked and served it is both nourish-

> midsummer, as it will not stand the the combustible parts of the wood can excessive heat and dryness of our be used. northern climate.

the flavor.

turing size of the variety grown.

plant is the upland cress, which is also fuel is needed. a stranger to more gardens than it soon runs to seed if left stand.

The Wholesome Endive

For a fall and winter salad and flats, or indoor seed bed.

An interesting class exercise can are few the equal of the endiversal than the same than are few the equal of the endiversal than the same than are to manure.

An interesting class exercise can are few the equal of the endiversal than the same than are few the equal of the endiversal than the same than are few the equal of the endiversal than are few the equal of the endiversal than the same than are few the equal of the endiversal than the same than are few the equal of the endiversal than the same than are few the equal of the endiversal than the same than are few the equal of the endiversal than the same than are few the equal of the endiversal than are few the end of the endiversal than are few the end of the end set them around the edges of the beds, seed bed or out of the way place, and seed bed or out of the way place, and when three inches high transplant into the garden beds (where some early for economy of space. The practice of making a hole with a stick and drawing in the garden beds (where some early of making a hole with a stick and drawing in the garden beds (where some early of making a hole with a stick and drawing in the garden beds (where some early of making a hole with a stick and drawing in the garden beds (where some early of making a hole with a stick and drawing in the garden beds (where some early of making a hole with a stick and drawing all summer by regular watering and continudropping in the seeds is not a good one, as it is difficult to provide close contact between the seed and the soil, the fall blanch by tying up heads in the fall blanch by the fall blanch by the f waterproof small paper bags, when they are dry. If done when they are potato salad by varying the flavoring flour. a dry, cool cellar and kept several

to advise persons to plant dandelion, food for children. as this so-called weed is so widely dishave any idea as to the great superiority of the cultivated sorts over the

greens with a sour dressing. yeanlings will put heat into their till the mixture thickens. bodies. The cloths need to be changed as soon as they lose their heat. It may be necessary to feed weak lambs by hand, giving a spoonful of the mother's milk every few hours. The

ewe and her lamb should be kept in a pen by themselves for a few days un-

til the lamb becomes strong.

Send us your name and we will send you the cards. When sold, send us the money and we will send you the bracelet. Address: Insecticides will surely be needed by gardeners and fruit growers. Dealers should obtain ample supplies and have them on hand ready to meet the demand so growers will not be kept waiting until a good part of their crops have been destroyed and growers should place their orders immediately, having the goods delivered as early as possible. Plant lice Several weeks before lambing should be counted on again this year. time, ewes are best divided into lots Be fully prepared.



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We will give this beautiful rolled gold locket and chain free of all charge to any girl who will sell 30 Packages of our lovely embossed Easter Postcards at 10 pents a package.

Send us your name and we will send you the cards to sell. When sold, send us the money and we will send you the locket and chain. Address: overcome her backwardness. In an

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oilmeal, some alfalfa or a little clean Growing Carrots, Beets, and Spinach. when alternate ones may be removed silage daily, or a tablespoonful of

feed, will regulate the workings of the

The tendency of mares to fatten as pregnancy advances during the winter must be guarded, else the mares may become so fat as to interfere with the development of the foal. Abortion may result from failure to guard against this condition.

Good grain rations for colts the first winter are: Two parts corn, five parts Constipation causes much suffering oats, three parts bran, and one part

The cheapest animal to raise is the

## NUTRITIOUS SCHOOL LUNCHES

By Caroline L. Hunt

considered by thoughtful people a creamed potatoes, for it requires few The best stimulant for the early good opportunity to teach the com- utensils. If stove-room and time are tion of one-third of an ounce to a yard Now that everyone is interested in school.

> where part of the lunch is prepared at bacon fat, can be used and skim milk school either in connection with the can be used in place of whole milk. course in Home Economics or other- Like potato salad, creamed pota-

tween a good fuel and a poor fuel. He knows that green wood does not Spinach is an early summer and fall burn well because it contains much

He knows that a piece of hard coal For spinach the ground cannot be of given size gives off more heat when too rich. It will give best results it burns than a piece of soft wood of when light and porous. The richer the same size even when the wood is If burned in an engine the coal culent the leaves will be and the finer will produce more power and do

more work. It may be said, there-It is best when planting spinach fore, to have more energy or more to drop the seeds rather thickly to power stored up within it. As a rule, insure a good stand, the surplus to be however, even in times of peace, it is afterward thinned out to six to eight thought much more economical to inches apart, according to the ma- use wood near the place where it is of onion or other highly flavored dilated and sometimes thickened grown and to carry coal which is far Another good greens and salad less bulky to distant places where large amount of potatoes are too well

should be, as it makes a most appetiz- eggs, wheat, potatoes, apples, and ing salad and greens, when used as others, are the fuels of the human maplants grown under glass and set out spinach is. Should be sown in rich chine. They burn within it and proat this time. These plants are not moist soil and have free cultivation, vide it with the power to walk, run, sufficient for the ordinary home gar- apart, to force leaf growth. Fre- often have to. Some are bulky and When buying them be sure quently small sowings are best, as it some are concentrated fuels and it is the concentrated fuels that we are trying to save for transportation as far as possible.

An interesting class exercise can ! energy per pound.

ing

common wild dandelion when used either as a cold salad or as boiled spoonful mustard, 1½ cups of egg carried in the lunch basket or preblood serum into the surrounding tisto cure it is to change one's residence blood serum into the surrounding tis-Heat is the best medicine for weak ingredients so as to get the lumps out fruits, it makes a good war-time dish. pressure results in the sluggish sore of potash paper, are often used with lambs. If the shed is cold, warm of the mustard. Add the other in meat, and the honey or fruits save which may not heal.

The rice saves wheat, the milk saves which may not heal.

There may also be

The lunch at school has long been A good dish to prepare in school is

can be used in cooking. Any whole-This is particularly true in cases some fat-beef drippings, chicken, or

toes can be varied by combining the To begin with the school lunch can potatoes with other vegetables-peas, the simplest and least complicated Curry powder gives variety and is facts about foods—their fuel values. not unwholesome if used in very small

Curried Vegetables

3 cups cold boiled potatoes cut into dice, 1 cup peas, carrots, turnips, or onion, 1/4 cup fat, 1/4 cup flour, 2 cups milk, whole or skim, 1/2 level teaspoon curry powder, 1/2 level teaspoon salt. Cook the onion in the fat, being careful not to brown it. Take out the onion and add the flour. Cook two or three minutes. Add the milk and cook till the mixture thickens. Add the vegetables and the seasonings and reheat.

Savory-stews in which the fiavor of a little carefully browned meat and vegetables is extended through a veins.

So far we have spoken of the use phlebitis. of potatoes as a means of saving wheat. The intelligent child will be or both, and when they are deep it is onserved rather than other cereals, A number of veins or only a single

ers and most people feel aggriev. They are usually on the lower ex-

A good class exercise consists in against gravity. The egg-yolk and skim milk dressing mentioned here offers a very good or in flour made from other cereals.

hearts, weak or Habby tissues who stand all day at their work.

In such people the veins gradu will be enlightening.

cane sugar.

funny fold-ups

CUT OUT AND FOLD ON DOTTED LINES

Each day, with sprinkling can and hose,

It's thoughtful care like this you know,

That makes the lovely flowers grow.

Into the garden Willie goes;

### Fertilziers Pay Better Than Ever

Bigger crops cannot be raised by increasing acreage; Shortage of labor makes that impossible. Grow bigger crops without increased LAND, LABOR or SEED by using

### HARAB-DAVIES FERTILIZER

Don't depend upon barn-yard manure alone. Manure is valuable, but insufficient. It helps maintain fertility-returns part of the plant foods your crops extract. Additional supplies of plant food (Fertilizer) must be added to your soil to grow more on your PRESENT acreage. Experiments have shown that the Nitrogen in only 100 lbs. of 2-8-2 fertilizer produced as much as the Nitrogen in a TON of manure.

A bushel of corn or wheat will buy more fertilizer now than before the war. Fertilizers have advanced in price less than other commodities. They pay better than ever. Write for nearest agent's address or ask for agency yourself.

ONTARIO FERTILIZERS, LIMITED

WEST TORONTO CANADA



### THIS WATCH FREE TO ANY BOY

This "Railroad King" watch is an absolutely guaranteed timekeeper. It is stem wind and stem set, double dustproof back, nickel case. Regular man's size. Send us your name and address and we will send you 35 Packages of our lovely embossed Easter post cards to sell at 10 cents a set (six beautiful cards in each when sold send us the money and we set). When sold send us the money, and we will send you the watch, all charges prepaid.

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DEPT. 42, TORONTO

## GOOD HEALTH QUESTION BOX

By Andrew F. Currier, M. D.

Dr. Currier will answer all signed letters pertaining to Health. If your or. Currier will answer all signed letters pertaining to reach. If you question is of general interest it will be answered through these columns; if not it will be answered personally, if stamped, addressed envelope is enclosed. Dr. Currier will not prescribe for individual cases or make diagnoses. Address Dr. Andrew F. Currier, care of Wilson Publishing Co., 73 Adelaide St. West, Toronto. Among them are clerks, bookkeep

Varicose Veins

When a bunch of veins which have ers, house-servants and others been inflamed and swollen break down have little active, muscular work. and become a running sore, it is a varicose ulcer.

Varicose veins are simply enlarged,

They may not cause very much ess bulky to distant places where known to be described here. They trouble or they may become inflamed trouble or they may become inflamed and give rise to all the symptoms are acceptable dishes on cold days at which attend the disease known as gerous to life.

oats, corn, rice, and so forth. One one may be varicose, appearing as nswer is that wheat can more con- dilated, knotted, bluish cords, someniently be made into bread than the times hard and sometimes soft.

unless they can have part at least tremities, but may extend to the abnot all. The time has come, unfort- sure of an abdominal tumor or a developing child in the later months of ful, rest for a week or two, lying on

Veins are poorly supported by the tissues surrounding them, their walls vated at least six inches.

Great variety can be secured in mashing the gluten out of wheat valves at short intervals to prevent I ctions for doing this can back-flow of the blood, this tendency wet the heads will rot. They can be material. Almost any vegetable be found in any good text book on being great in those having weak taken up, root and all, and stored in can be combined with the potatoes. foods. This might be followed by an hearts, weak or flabby tissues and

It would seem hardly worth while way to use egg yolks which are good It will be a failure of course but it get dilated, the valves knotted. Some-In such people the veins gradually times these veins get hard and thick, as this so-called weed is so widely dis-tributed as a pest. Yet few persons Egg Yolk and Skim Milk Salad Dress- Many ways of using other cereals and the circulation makes new paths lief that you know of for asthma? so as to reduce the amount of wheat for itself, like a brook whose channel 1/2 tablespoonful salt, I tablespoon- bread needed will occur to mother and is obstructed. Or the pressure of relieving this annoying trouble, yolks and skim milk (4 to 8 yolks, the pared at school. When eaten with sues, making them thick and hard un- to an elevation of at least 2,000 feet. rest milk). Rub together the dry milk, syrup, honey or stewed dried til a slight injury or even continued Cigarettes of cubebs, rolled in nitrate

> skin eruption around the ulcer and ed by inhaling the smoke from burnthere may be haemorrhage from time ing stramonium leaves. Even in-

> easily, and may be unable to do hard But the most effectual relief is found in a change of residence.

To preserve the color in black stockings, wash them with soap that is free from soda, and add a teaspoonful of vinegar to the last rinsing wa-

February for early plants. Keep the plants growing slowly to make able plants

FREE to Boys or Girls



TYPEWRITER

ers, house-servants and others whe Women who wear tight garters or

lift heavy burdens often get varicose veins, also sufferers from obstructed circulation in any internal organs. Bear in mind also that inflamma-

tion or abscess of the veins is always In the minor degrees of this dis-

ease there may be only moderate annoyance with a feeling of inability to bear the customary task. But even such cases must receive

attention or they will rebel and be troublesome. The external support of a rubbber pandage, carefully wound from toer

to knee is most comforting to these It should be removed and cleansed with an antiseptic solution at right

If the veins are enlarged and paina couch by day, with the foot ele-

are thinner and less resilient than rest in bed is imperative with eleva-Should actual inflammation occur,

cess must be freely opened and drain-

The disease is a surgical one and it is very important that it should be treated by one who, understands its

underlying principles. QUESTIONS AND ANSWERS.

W. K., Jr .- Is there any cure or re-Answer-There are many ways of relief when one has an attack of There may also be eczema or other asthma. Also, relief may be attainhaling simple steam will sometimes Sufferers from varicose veins tire bring relief and break the spasm.

Hogs as usual, only more so. Meat Tomato seeds may be started in is needed, and it is not yet too late to the house the middle to the last of breed sows for spring pigs. Sows that are bred now will farrow toward the them low and stocky. Too much heat last of June, -in time for the pigs to will develop tall, spindling, undesir- get the benefit of rape, soy-beans or other pasture. Late June pigs can be made to weigh 200 pounds before Christmas, if they are kept growing all the time.

Satisfactory prices for hogs are certain. Should the war cease immediately there would still be a great demand for swine, because the countries abroad whose herds have been depleted will need foundation stock with which to start again.

Because of their prolificacy, hogs furnish the best means of relieving the present meat shortage. Two litters can be produced in a year under most conditions. In four years the possible increase from one sow is 1,002 hogs. This is based on the assumption that the sow produces two litters of six pigs each in a year, and that half of the pigs are females, and that each gilt should farrow when one year

SIMPLEX LITTLE GIANT

Has all letters, figures, period and comma. Rubber type, strong and durable, iron body, and a perfect feed roller. Can be used for writing letters, addressing envelopes, bill-heads, tags, etc.
Send us your name and address and we will send you 30 packages of our lovely embossed Easter postcards to sell at 10 cents a package (6 lovely cards in each package). When sold send us the money (three dollars) and we will send you the typewriter, all charges prepaid.

HOMER-WARREN, Dept. 39, TORONTO old and every six months thereafter,

# UNLY MEDICINE MADE FROM FRUIT

### Extraordinary Success which "Fruit-a-tives" Has Achieved

One reason why "Fruit-a-tives" is so extraordinarily successful in giving relief to those suffering with Constipation, Torpid Liver, Indigestion, Chronic Headaches, Neuralgia, Kidney and Bladder Troubles, Rheumatism, Pain in the Back, Aczema and other Skin Affections, is, because it is the only medicine in the world made from fruit juices.

It is composed of the medicinal principles found in apples, oranges, figs and prunes, together with the nerve tonics and antiseptics of proven repute.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



Take a look at the fabrics we are tailoring into suits and top coats for smart dressers. You'll not find any

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## THE NEWS

Prices Right

### THE WHITE PLAGUE.

Tuberculosis Is Often the Result of Lack of Nourishment.

While tuberculosis is caused by a well known germ, we often have a right to be suspicious of its coming from want of proper nourishment. This would seem to be a forerunner of the true disease of tuberculosis.

This want of nourishment is to be accounted for in several ways. The digestive system may be naturally weak -that is, born weak. It may have been strong in early life, but abused by the use of alcohol, eating rapidly when physically or mentally tired or by gulping food without proper chewing.

A plunge bath just after eating will often arrest digestion. The drinking of ice water during a meal or iced tea and coffee will reduce the temperature of the stomach so that the natural process of digestion is interfered with. As a result, the food is not properly prepared for the organs to absorb it. Therefore it is not taken up by the blood stream as it travels through the system of arteries to build up the different tissues of the body.

There are certain things that nature demands for building up healthy bodies. We must have some nitrogen in the form of meat or eggs or beans. We must have some fats, and we must have some starches; otherwise the body will be partly starved and disease germs will thrive in the different tissues. This occurs more often in the lungs than anywhere else, but there is hardly an organ in the body that will not, under certain conditions, become tuberculous. - Dr. Samuel G. Dixon, Health Commissioner of Pennsylvania.

### TO UTILIZE THE SUN'S HEAT.

Why Not Store It In Oil In Summer and Make It Work For Us?

Of course water can be heated only to the boiling temperature, but there are many liquids that can be heated to a very much higher temperature than thing like them elsewhere any more than you will find tailoring that this without boiling. I have taken a matches our high standard. We shall tumbler of olive oil and heated it by be glad to have you step in and select the cloth and order the suit or top-coat with a voltaic battery. I placed in the tumbler of oil a test tube filled with water. In a short time the water was boiling, but the oil remained perfectly quiescent. If you store up hot oil instead of water you will have at your command a source of heat able to do all your cooking and even produce steam power to work machinery.

We have plenty of heat going to waste in Washington during the summer time, for the sun's rays are very powerful, and we do not use the roofs of our buildings except to keep off the rain. What wide expanses of roof are available in all our large cities for the utilization of the sun's rays! Simple pipes laid up on the roof and containing oil or some other liquid would soon become heated by the sun's rays. The hot oil could be carried into an insulated tank and stored. You could heat that falls upon the tops of your houses, but effect some cooling of the houses themselves by the abstraction of this heat.-Alexander Graham Bell in National Geographic Magazine.

An Audacious Schoolboy. The audacity of Warren Hastings as Westminster schoolboy in carving his name beneath the clock on the western tower of the abbey pales before the audacity of another Westminster schoolboy, who secreted himself in the abbey in fulfillment of a wager that he would sleep in the abbey, notwithstanding the report that the ghost of Bradshaw, the president of the court at the trial of Charles I., who in the time of the commonwealth occupied the deanery, haunted the building. He spent the night in the abbey and occupied his time in carving his name on the coronation chair, which bears this chair."-Dundee Advertiser.

The Call to Individuality. No man thinks his own thoughts; no man uses his own eyes; no man stands upon his own feet; no man walks alone. We go in flocks; we lean on others; we follow the multitudes blindly; we bend our necks to the yoke of public opinion; we have no self reliance. The only virtue we have is conformity. The demand of the age is for men and women of character who are self poised, self reliant, independent and self assertive. Society follows customs and routine. The redemption of the race is in the originality of individuals .-

Milton's Works.

Milton regarded the "Paradise Regained" as infinitely superior to the 'Paradise Lost" and once expressed great surprise that any one should entertain a contrary opinion. He said that of all his works the poem "On the Morning of Christ's Nativity" was his best. It was his earliest, being written in 1629, when he was twenty-one years of age.

Domestic Bliss.

"You are always reaching for something you can't afford." "You were not always of that opin

"Oh, is that so?" "I think so. At least you didn't say that when I proposed."

Too Sensitive. "What is wrong between that young

nce he carried."

engaged couple?" "He didn't like it because when he told her that he would die for her she wanted to know how much life insur-

There is one broad sky over all the world and, whether it be blue or cloudy, he same heaven beyond it .- Dickens.

### FINDING A CUMET.

One Case Where a Blunder Proved & Friend to Science

Probably the most extraordinary discovery of a comet was that of the one known as "a 1896." It happened this way, as told in Science by W. W. Campbell of the Lick observatory: Professor Charles D. Perrine discovered a comet on Nov. 17, 1895, and observed it night after night till Dec. 20, 1895, when it was lost to sight in the glare of the sun's rays. Professor Perrine and Mr. Campbell calculated its orbit for 1896, and their computations were published in the astronomical journals.

Just before dawn on Jan. 30, 1896, Perrine and Campbell watched it emerge from behind the sun at the precise spot they had predicted. On Feb. 14 a cablegram in cipher announced that Lamp at Kiel, Germany, had rediscovered Perrine's comet that morning and gave its position. This differed by twenty-four minutes of time from the position in which Perrine knew his comet to be. This was not explained for several weeks, when it turned out that in translating the cipher cablegram a mistake had been made and that the cablegram as sent placed the comet just where Perrine had observed it.

Before this error had been discovered, however, and on the morning of Feb. 15 Perrine turned his telescope to the spot indicated in the cablegram and saw a comet. He naturally supposed that Lamp at Kiel had discovered this new comet and mistaken it for the Perrine comet, and not until the error in translating the cablegram was discovered did it become evident that this was not so and that the error had actually directed the telescope to a

And, stranger still, this new comet was moving so rapidly that had Perrine directed his telescope to the spot indicated at any other time but just that morning he would not have seen and it might never have been dis-

### WHEN DEWEY WAS AT MANILA.

We Were Then Very Close to a Clash With Germany.

When Admiral Dewey's fleet was in Manila harbor in 1898, after taking the city, the only fleet which did not salute our flag was the fleet of the German government. It was heavier, gun for gun, than the American. Its attitude was so threatening that the English fleet under Admiral Chichester auchored between the two, ready to act. It was not the last time English and American fleets were to act together n defense of freedom.

In the judgment and on the authority of one of the few of those then on the ground and still living who held high positions no doubt existed in our fleet, our army or our civil administrators that the kaiser's fleet had instructions to use any opportunity for action us the Caroline islands, now in Japanese hands, a serious addition to our

future perils of the Pacific, When President McKinley came to a final decision on our retention of the Philippines he was powerfully influenced by a personal message from Lord Salisbury, not through the usual chanwe did not this German government would take them and a general war would follow, since Japan and England would act. I say this on the au-

Why Shoes Wear Out.

The average step is twenty-six to this day the following rudely cut inscription: "I, Peter Abbett, slept in mile, or 12,185 in a five mile day. A inches. This means 2,437 steps to the person weighing 160 pounds in a day has pounded into his shoes 974 tons and 1,600 pounds of meat, bone and troubles, and all this he carries above his shoes. Men buy three pairs of shoes a year. A steel hammer weighing 160 pounds coming down at that rate for four months would have to be renewed each day and would have to be fished out of the deepest hole in the earth at the end of four months

Which Was the Bigger?

the bigger? The baby was a little Biggar. Which was the bigger, Mr. Biggar or the baby? Mr. Biggar was Father Biggar. Mr. Biggar died. Was the baby then bigger than Mrs. Biggar? No, for the baby was fatherless

Invitation Declined.

his sentence and was being led out. "Poor man! Is there anything I can do for you?" asked a sympathetic woman from the audience.

"No, mum," said the prisoner, "unless you'd like to do this three years."-Detroit Saturday Night.

A Lady on Trial. "Shall I give the jury the documents in the case?" inquired a bailiff. "What have the documents got to do with their decision?" snapped the sar-castic judge. "Just give each of 'em

a photo of the fair defendant.

Its Mission. "Are you going to earth?" asked the

star of the comet. "Yes," replied the comet, "and when I get there I will a tail unfold."-Baltimore American.





## The Ford Saves the Hay and Oats the Horses Eat

T HAS been estimated that five acres of land are required to maintain one horse for a year, and that the same five acres would produce nearly enough food for two people. If 50,000 Canadian farmers each replaced one horse with a Ford, 250,000 acres would be added to the Nation's source of food supply and enough extra food made available to

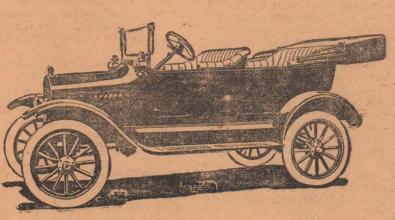
Just think what a great service this means to the country at the present time and the benefit to the farmers from the sale of food produced on

A Ford car also saves the farmer a week or more of valuable time each year, which can be used for further productive work. The Ford travels three times as fast as a horse and rig—costs less to run and keep, and is far easier to take care of. With labor so scarce and high priced, time means money, so do not delay in getting your Ford.



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### nels, that he hoped the United States Department of Railways and Canals

Ontario--St. Lawrence Canals

thority of my lifelong friend and for thirty years my beloved chief on the Philadelphia Press, the late Charles Emory Smith, then postmaster general.

—Talcott Williams in American Reviews.

SEALED TENDERS, addressed to the endersigned, and endorsed on the outside of the envelope, "Tender for Government Buildings," will be received at this office until 12 o'clock, noon, on Monday, February 18th, 1918, for the purchase of two Government buildings, will be received at this office until 12 o'clock, noon, on Monday, February 18th, 1918, for the purchase of two Government buildings in American Reviews. SEALED TENDERS, addressed to ings located on Canal lands at Iroquois

Forms of Tender, containing a description and the location of these buildings may be obtained at the office of the Superintending Engineer, Intario St, Lawerence Canals, wall, or from Mr. George Caloren, Lockmaster, Iroquois.

The Department does not bind itself o accept the highest or any tender. By order

J. W. PUGSLEY Secretary

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