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\$10.5 million pumped into ethanol plant

WINCHESTER — It finally came. The news that Seaway Valley Farmers' Energy Co-op shareholders had been hoping for was announced in Winchester on Friday (Feb. 13). The group is the recipient of \$10.5 million dollars in funding as part of the federal government's Ethanol Expansion Program.

This money should allow the construction of a Cornwall ethanol plant to finally begin, providing another market for eastern Ontario corn. The co-op, with many local cash crop farmers among its 2,800 shareholders, has been struggling for a decade to get the financing in place to get the plant built.

The Seaway contribution was part of \$78 million handed out to seven projects across the country in the first round of program funding. The Ethanol Expansion Program is intended to expand fuel ethanol production and use in Canada and reduce transportation-related greenhouse gas emissions that contribute to climate change.

John Efford, Minister of Natural

Resources, and Bob Spelling, Minister of Agriculture, were in town to make the announcement. Both credited the persistence of area MP Bob Kilger in making sure Seaway got a slice of the funding pie.

Seaway was not included in the initial five projects selected to receive funding. Kilger and a delegation which included MPP Jim Brownell, SD&G Warden Dennis Fife and Cornwall Mayor Phil Poirier met with Ministers Efford and Spelling on Jan. 7 to plead the case for the Seaway Co-op. The first round of grants was expanded to include two additional projects, including Seaway.

"We're extremely gratified by the support shown to our program," said the co-op's president, Bud Atkins. He cautioned that the ethanol plant is not a done deal. There is still documentation and due diligence to be done with the various financing sources. Atkins does not expect there will be any problems and said on Friday that, "Plant construction could begin 120 days from now."



Minister of Natural Resources John Efford was the centre of a media scrum in Winchester after he announced the first round of federal Ethanol Expansion Program funding in Winchester on Fri., Feb. 13.

The Seaway Valley Farmers' Energy Co-operative received \$10.5 million towards its Cornwall ethanol plant project.

Press Photo — James

Search on for water

WINCHESTER — The township has begun the process of looking for more water to supply the Village of Winchester. Council approved the first two phases of an environmental study report (ESR) at its meeting on Feb. 9.

It's been known for some time that Winchester is operating relatively close to the limits of its water production system. At last week's meeting, Fern Declaire of Stantec Consulting estimated that the existing well system could only support 100 to 150 additional residences in the community.

"If anything happened, we could be at risk," said Declaire. Winchester currently has three wells supplying its water. If there was a problem with one of them, water could be in short supply very abruptly.

Council is also concerned that a lack of an available water supply could discourage development in the community. While 100 new homes aren't going to be built overnight, a company interested in locating in Winchester could have very large water needs.

Part of the reason Winchester is operating close to its water limit is the loss of a fourth well which is no longer in use. "Well 4 has a capacity of four gallons per minute, which is roughly the same capacity as a private well serving a residence," said Declaire.

Declaire said the well wasn't worth the expense of keeping it in operation. Council decided to proceed with the cost of capping Well 4.

The search for a new well location will focus on the well field near Well 7, east of Winchester near Morewood. Once the ESR is complete, a public meeting will be required.

This week in the Press

Township seeking ways to prove wells are safe

WINCHESTER — Holding tanks for potable water may allow North Dundas to avoid expensive weekly water testing at municipal facilities. Council discussed the strategy at a special meeting on Feb. 13.

According to the new provincial Safe Drinking Water Act, weekly water testing is required at all recreation facilities that have their own wells. These regular tests quickly add up to thousands of dollars that council doesn't think the township can afford.

Installing holding tanks for water could be a way of saving money at the Morewood

Community Centre and the Mountain Community Centre. Water to fill a holding tank would be taken from the local municipal water supply, operated by the Ontario Clean Water Association. Water hauled to a holding tank would already have passed provincial testing standards.

Recreation director Mark Guy explained that the halls in Morewood and Mountain are used so frequently that investments in their water systems make obvious sense.

It's not quite as clear whether installing

holding tanks at outdoor rink facilities in the township can be justified. A negative test at the outdoor rink in Inkerman led to its well being decommissioned earlier this month.

Alternative water safeguards were discussed by council, including the use of devices such as ultraviolet filters. While these filters would succeed in destroying contaminants, they wouldn't change provincial requirements for weekly tests.

If a facility has a negative test, its water supply has to be kept off limits to the public

until two consecutive clean tests have been taken.

Council decided to defer any decisions on capital investments on water infrastructure to its budget deliberations, which will begin shortly. In the meantime, weekly water tests will continue.

Township staff will also work to compile a list of facilities in the township which will be affected by new water regulations. There's a concern that churches and service clubs could soon be facing the same water testing expenses as the township is now discussing.



Have a hotdog

Jamie Dalton volunteers her time behind the food counter at Mountain Winter Fun Day on Saturday (Feb. 14). Lunch was served to about 150 people, raising money for the Mountain Recreation Association.

Photo — Burgoone

Draft budget cuts deep into community services

by Chris Zabel
Press staff

OTTAWA — Road repair stands out as the most significant cut to rural services included in the City of Ottawa's draft budget. Osgoode Ward residents could see a 50 per cent reduction in general road services, including roadside ditch mowing and trash clean-up.

"These cuts could have a rather devastating effect on our community," said Osgoode Ward councillor Doug Thompson, following release of the draft on Feb. 11. He singled out roads as one of the budget items that could have the most significant impact on the ward.

To avoid a tax increase this year, the draft 2004 budget includes \$101.5 million in cuts to services. Council is scheduled to vote on the budget on March 24.

Cuts specific to Osgoode Ward include the elimination of the Metcalfe Client Service Centre, housed in the old town hall. Three staff positions are to be eliminated, reducing the level of municipal service offered in the village.

"You would no longer be able to go and pay your taxes, or get something like a permit or a marriage license," said Thompson. He added, however, that the old town hall will not close

completely, and will still house community police and the Live and Learn children's centre.

The other major loss in Osgoode Ward is all funding to the Township of Osgoode Historical Museum in Vernon. "It may not have to close, but as a museum it doesn't get money from any other source," said Thompson.

Funding to the museum had been one of the clear benefits of amalgamation with Ottawa for the rural area. The former Township of Osgoode used to fund the museum with a grant of \$7,000 annually. Initially, the city quadrupled that budget.

Although he sees these cuts as being harmful to the community, Thompson has promised his constituents that there will not be a tax increase this year, and he plans to stand by that.

"We've tried to do too much for too many with too little," said Thompson, explaining the need for drastic budget measures. In the first three years of amalgamation, he said he can see mistakes that have been made. While he said he will not vote for a tax increase, he said he hopes budget negotiations will discover different areas where cuts can be made, possibly in city staff or purchasing.

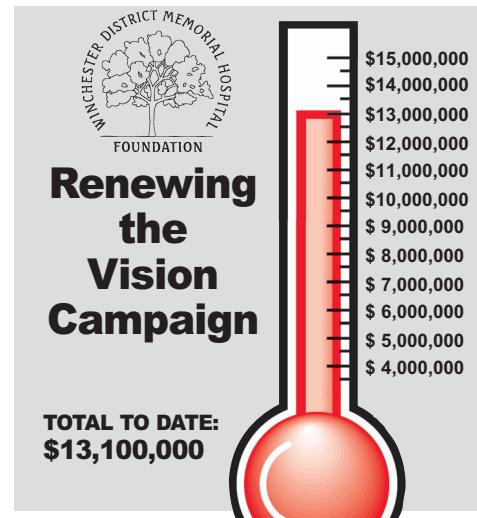
Osgoode Ward residents will have a chance to offer their input on the 2004 budget at a public meeting being organized for Mon., March 1 at the Greely Community Centre at 7 pm.

3

Bowlers topple pins to support Big Brothers/Big Sisters.

5

Mission to Congo will visit one of Africa's most dangerous areas.



SD&G delegate appointed to library association council

CORNWALL — Local library branches will benefit from the appointment of one of their own to the Ontario Public Library Association (OPLA) Council. Rudi Denham, CEO of SD&G County Library, was appointed as the council's eastern representative at the group's Super Conference at the end of January in Toronto.

There are eight regional councillors from across the province. Denham's eastern Ontario region spans the area from Pembroke to the Quebec border. Denham can't recall the last time that a council member came from this area. "It's been a number of years since SD&G has had representation," she said. Her new position requires that she travel to Toronto for meetings four or five times per year. She will serve a two-year term.

For the past two years, Denham has volunteered as the editor of the OPLA's electronic newsletter. This quarterly newsletter allows public libraries across the province to share news and special events, and discuss issues. "I consider myself lucky," she said about her position of editor. "I get all the information first."

Local branches to benefit

When asked if local library branches will benefit from her position on the OPLA council, Denham replied, "Absolutely." She pointed out that she will have better knowledge of grant opportunities and other resources.

Back in the fall, Denham helped secure the Sarah Badgely grant for SD&G libraries. This grant is issued to rural libraries to assist in early literacy programs. Denham commented that the funding has been used to foster relationships between SD&G libraries and Ontario Early Years Centres.

The OPLA has over 1,000 members, representing libraries from all regions of Ontario. It is a networking and lobbying organization which advocates the importance of the public library within the community, the rights of public library users and the freedom of information.

Of interest to North Dundas residents is that the Winchester branch will host a meeting of library Trustee Council 8 (Ottawa area) members in early May. The trustees councils work as parallel organizations to the OPLA.

Rescued dogs help provide winter fun

by Jason Burgoone

MOUNTAIN — The SDNG Dog Sledding and Carting Association raced its way through Mountain Park on Saturday (Feb. 14) as one of the main attractions of this year's Mountain Winter Fun Day.

Former Mountain resident Bernie Boucher was the driving force behind having the dog sledding association return for the sixth straight year. The group operates in Stormont, Dundas and North Grenville.

Boucher and his crew of sledding junkies provided a huge boost to the event's overall success. The group charges absolutely nothing for their appearances or rides. More than 100 dogs and 10 kennel owners made the trip from the Spencerville area to take part in activities in Mountain.

Connie and Guy Charlebois brought one of the 10 sledding teams that made the trip this year. The dogs were eager for action. "Without a passenger, dogs can usually run for five to 10 kilometres," said Connie Charlebois. All of their dogs have been rescued from situations where they were unwanted.

They began adopting dogs close to eight years ago and have continued to do so because of the com-



Guy Charlebois offered dog sled rides at Mountain Winter Fun Day on Feb. 14. He demonstrated driving techniques to a fascinated audience. Photo — Burgoone

passion they feel for the abandoned canines. This was the third year the couple made the trip to Mountain Winter Fun Day, and judging from the crowd's attendance, this probably won't be the last year.

Children began lining up early for the first of the two sledding shows. The second half of the sledding activities included the Mutt Races. Local dog owners were offered the opportunity to harness

up their four-legged companions and take a lucky youngster for a trip down the track.

Dan Bissetsmith was one of the many dog owners to participate in the Mutt Races. His golden retriever Honey carried sons Daniel and Matthew in the race.

Bissetsmith's interest in the Mutt Races stems from once owning a small team of sledding dogs while living in British Columbia.

Boucher's animals seemed to capture the hearts of his audience. "All of these dogs are recreational dogs. None of them are just for sledding," said the passionate dog owner. "All of the dogs you see here are pets first."

Boucher and his wife Wendy are also owners of unwanted or adopted dogs. The couple regularly travels throughout SD&G participating in canine events.

Memorial snow volley raises money for bursary

by Jason Burgoone

WILLIAMSBURG — Friends and residents from across Dundas County gathered to remember former Williamsburg resident Jason Hill last Saturday (Feb. 14). The occasion was the Jason Hill Memorial Outdoor Winter Volleyball Tournament at Cedar Glen Golf Course.

Six teams took part in the tournament. Many of those participating and watching were friends of Jason Hill.

Friends and family members established the Jason Hill Memorial Fund shortly after the tragic death of the young Williamsburg resident. The memorial fund is set up to aid young people in need of crisis counselling.

Mark Baldwin arrived at the event with his two horses, Jock and Pearl. The team took tournament participants for sleigh rides between matches and after play wrapped up.

The cold, windy conditions made for some quick play in the group "B" finals when Not So To Be Miracle defeated a hard fighting Steamer Beans in the third game of a best-of-three matchup. The group "C" finals saw The Greg Millards defeat the Pokemonz.

The group "A" final was the last match of the day and championship honors went to the Sweet Feet team after defeating SSCSC in three games.

Memorial tournament co-ordinator Dennis Casselman was more than happy with the success of the tournament and noted nearly \$1,000 was raised towards the Jason Hill Memorial Bursary at Seaway District High School in Iroquois.

Casselman was quick to pass on much of the credit to his fellow volunteers. Both Dan Burke and Quincy Adams toughed-out the bitterly cold refereeing duties for each of the volleyball matches.

Jason's father Jack Hill was joined by Jim and Nancy Morrell to handle the day's donations and 50/50 draw duties.



The "C" final winning team, The Greg Millards, were formed by (left to right) Katherine Adams, Jane Locke, Leah Ford, Greg Millard, Dave Millard and Toby Schwartz.



Emily McDonell bumps a ball during the group "B" finals during Saturday's Jason Hill Memorial Outdoor Winter Volleyball Tournament at Cedar Glen Golf Course.

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SD&G bowlers help Bigs become mentors

by Jason Burgoone

CHESTERVILLE — Big Brothers and Big Sisters of Cornwall and District was helped this past weekend by hundreds of local bowlers. The annual Bowling for Millions fundraiser managed to raise a total of over \$71,000 this year.

Thirty teams from local groups and businesses in the North Dundas area managed to raise nearly \$9,600. This figure is included in the grand total, which bettered the \$57,417 the event raised last year.

The funds raised will help the more than 60 children who are currently on the waiting list to find a companion. Brian Lynch, executive director of the local Big Brothers/Bigs Sisters, describes volunteers in the program as "mentors and role models."

The Chesterville Bowling Lanes was the proud host for the tournament for the 14th year in a row. The community of Alexandria also carried on their annual support of the event by gathering an additional 20 teams and raising \$4,400.

The largest part of the tournament

was held in Cornwall, and drew the largest group of donors, bringing in an amazing \$57,417 between 210 teams.

Despite having a much smaller pool of prospective donors, Chesterville resident Betty Wheeler was able to raise the most money of any participant last year with \$900. This year she was looking to outdo herself.

"I have two teams here right now, the first team is made up of friends and the second one is family," said Wheeler.

With nine children, 15 grandchildren and two great-grandchildren, some may argue Wheeler has an unfair advantage over the other fundraising participants.

Former Cornwall city mayor Brian Lynch was extremely happy with the event and was pleased to note the support of local businesses, fellow organizations, and elected officials.

Local MP Bob Kilger, MPP Jim Brownell and multiple teams from both the North Dundas and South Dundas councils were among the large group of locals to join in Sunday's action. Bowl for Millions first began in 1979 and con-



The student council at North Dundas District High School organized a team to participate in this year's Bowl for Millions in support of Big Brothers/Bigs Sisters.

Photo — Burgoone

tinues to be the major annual fundraiser for the association.

The next fundraising activity for Big Brothers and Big Sisters of Cornwall and District will be a wine and cheese auc-

tion in Cornwall on May 6.

For further details regarding the charity auction, or to volunteer, contact the Big Brothers and Big Sisters of Cornwall at 613-933-8035.

Food Bank operating month to month

WILLIAMSBURG — The need is still great. That was the message from board chairperson Diana Pethick at the Dundas County Food Bank annual general meeting in Williamsburg on Feb. 9.

The food bank is in a stronger optimistic position this year than last, thanks to the local communities which have rallied to provide resources. The situation at the food bank is by no means stable, however. "To be blunt we are still operating from month to month," said Pethick.

A flood of financial and food item donations come in every year over the Christmas holiday season, but contributions over the summer months can be very slow. Costs such as rent, utilities, insurance, and office supplies require cash on an ongoing basis.

"We have to seek a structure that provides for the continuing long term operations of the food bank, whether this is through the initiation of government support, which seems unlikely, or by longer term commitments from businesses and service clubs, and our local communities," said Pethick in her address.

One of the reasons that 2003 may have been a little bit easier for the food bank is that both the Winchester and Morrisburg locations reported a decrease in the number of clients they served. The numbers are still above what they were in 2001, however.

There are 392 children serviced by the food bank. Winchester has 164 households on its active client list and Morrisburg has 155. Most of those households include children. The financial profile of the food bank clients shows that 20 per cent receive disability, 28 per cent receive welfare, and 23.5 per cent earn an income.

To meet the challenge of questions regarding whether food bank recipients are truly in need of support, the board agreed to changes in record keeping for 2003. The coordinators at the two food bank locations increased the number of questions that they asked recipients, particularly with regard to their income level. These records, which are kept confidential, showed an increase in the percentage of food bank recipients who have income. These people earn money, but not enough to make ends meet.

The Dundas County Food Bank is a member of both the Canadian and Ontario Associations of Food Banks. This allows the local bank to share in large corporate donations from the likes of Kraft and Quaker Oats. Through the Ontario association, Dundas County continues to participate in the reclamation program. Food items withdrawn from grocery store shelves due to damaged packaging, but where the food remains unaffected, are donated by the grocery industry.

The food bank purchased more than \$11,000 of food to distribute in 2003. Add to this the amount donated locally, plus the food received through the above mentioned programs, and the total amount of food distributed gets very large. In 2002 it was more than \$75,000 worth.

The Eastern Ontario Health Unit continues to monitor both local food bank locations to ensure they meet the highest standards of public safety in the handling and storage of food.

There are over 100 community volunteers that enable the food bank to function, in addition to all those who make donations. In her remarks at the meeting, Pethick mentioned

increased support from the Christian community over the past year. The fundraising and food drives of local businesses, schools, service groups, and clubs was also gratefully recognized. Local trucking companies that deliver and help unload boxes of food were highlighted too.



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Dixon's Corners students enjoy outdoor activities

by Penny Levesque, vice-principal

DIXON'S CORNERS — Hopefully everyone in the Dixon's family had a happy and loving Valentine's Day.

The Grade 5/6 class had a memorable trip to Ecole de Neige. They had a break in the weather with fun filled days of sunshine and outdoor winter activities. The students were not only immersed in the French language, they also plunged into snow activities. Cross-country skiing, skating, winter outdoor games, sliding, and tubing were a few of the pastimes enjoyed by all.

I would like to thank the teachers and parent volunteers who chaperoned the students at Ecole de Neige. Teachers and students will sleep soundly for a week or two after all that fresh air!

Back at school, students from kindergarten to Grade 4 enjoyed a winter fun day on Tues., Feb. 10, followed by a musical instrument demonstration at North Dundas District High School on Wednesday. Everyone had a good time.

Just a reminder to parents that an evening with Michele Borba is set for March 4. This is an evening set aside for parents to hear Michele speak on building moral character for all children. This program is very worthwhile and comes highly recommended.

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Among the servers at Valentino's night organized by Discovery Bible Fellowship were Meagan Godard (left), Joe Myatte, Tomas Zollinger, Dale Pereira, Jessie Godard, Holly Pereira, Lea Zollinger, Jen Taylor and Mark Hunt. Every year the youth group serves a free spaghetti supper to mark Valentine's Day.

Press Photo — Zabel

Serving with a smile, youth group has heart

WINCHESTER — The Lions Hall in Winchester reeked of garlic last Friday night (Feb. 13). The youth group from Discovery Bible Fellowship was serving free spaghetti dinners to anyone who stopped by.

It's become a tradition for the youth group to turn the Lions Club into Valentino's Italian Restaurant for an evening each February. "It's a way to show the community that we care," said youth pastor Jevon Hawboldt.

Even though the supper was free, diners were treated to top-flight service. Hosts in dark suits greeted guests at the door and showed them to their tables. And there was an

abundant serving staff who kept the garlic bread coming from the kitchen.

Discovery Bible Fellowship meets every Sunday at Winchester Public School. Its youth group has over 20 members and meets two evenings each week.

Community outreach is a priority for the church, and often takes non-traditional forms. A free CPR course is being offered this Saturday (Feb. 21) by Rev. Andre Lauzon.

Lauzon will be hosting four classes teaching CPR basics throughout the afternoon. To reserve a place in one of the classes call 774-0721.

Police blotter

Charges laid

CHESTERVILLE — While responding to a call involving a noise complaint at an apartment in Chesterville on Feb. 14, police seized a small quantity of marijuana from an apartment resident. A 25-year-old Chesterville man will be facing a charge of possession of a substance when he appears in court in the Village of Morrisburg this March.

Stop leads to arrest

MORRISBURG — A routine traffic stop by police in Morrisburg on the evening of Feb. 14 resulted in the arrest of one man on a number of criminal charges.

Charges of impaired driving, failing to comply with the conditions of an undertaking (three counts including curfew, alcohol, and keeping the peace), and resisting police are pending against a 19-year-old South Dundas male. He was held in custody for the purposes of a show cause hearing.

Traffic update

In the last week, police were called to investigate 22 motor vehicle collisions in Dundas County. Other investigations resulted in two charges in connection with alcohol-related drinking and driving offenses, and the seizure of one radar warning device.

Ceilidh this Friday in Maxville

MAXVILLE — A ceilidh at the Maxville Sports Complex, home of the Glengarry Highland Games, will be held on Friday (Feb. 20) at 7 pm. The event is being sponsored by the Fresh-Air Association of eastern Ontario, a group organized to deter young people from smoking.

Canadian Highland, Glengarry and Cape Breton music and dance is presented every third Friday of the month.

This month, a young talented

Ottawa girl, Alexis MacIsaac, is featured. Her concert corresponds with the release of her new CD entitled *Inspired*.

The evening will include Rebeca Cook on the Celtic harp, the Sue Fay Healy VanKleek Hill Irish Dancers, and nine-year old vocalist/fiddler Rebeca Skye. Also in the show will be Allan Walker on the border pipes and the Dunvegan Ceilidh Band. For more information or reserved seats, call 613-527-5223.

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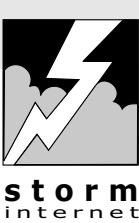
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Rural residents still allowed to have campfires

METCALFE — The rural voices speak. After five public meetings in the rural wards, city staff and fire officials supported my motion at the committee last Thursday (Feb. 12). At a joint meeting of the Agriculture and Rural Affairs Committee and the Emergency and Protective Services Committees, it was decided that rural residents will still be allowed permits for campfires, chimneys and enclosed barbecue pits.

Burning of piles of brush will be limited to the period between Dec. 1 and March 31. As well, a special category was established for burning permits for the agricultural community. I want to thank all residents who e-mailed, faxed or called in comments to members of council. The new open-air burn permit system, when passed by council later this month, will be a great system for our rural communities.

CITY BUDGET 2004

Wow! What a difference three years makes! Our former municipality, the Township of Osgoode, had its share of tough financial times, but we worked our way through them. The Township of Osgoode, along with almost all pre-amalgamation municipalities, were financially solvent when they entered the new City of Ottawa in 2001.

Three years later, the new City of Ottawa is almost bankrupt. Why did this happen? I believe there are

reasons to explain part of the financial mess. Provincial downloading, expanded requirements for the new city, and lack of funding from the federal government can account for some of the financial problems. At the city level, we have spent far too much money on legal issues such as the Sarsfield hog farm which ate up approximately \$1 million in legal fees. Tens of thousands have been spent taking councillor Shawn Little to court. Pesticide reduction has been a huge expense, and the list goes on.

The draft 2004 budget, in my opinion, has gone too far in some ways and not far enough in others. Osgoode Ward has been hard hit by the draft budget proposals, including a 50 per cent reduction in rural road maintenance, and the closing of the Metcalfe Client Service Centre.

I will not support tax increase. There are still many reductions we can make without hitting certain areas of our city structure so hard.

I will be holding a 2004 budget public meeting on Mon., March 1 at 7 pm at the Greely Community Centre. Please come out to voice your opinion.

APPRECIATION AWARDS

Help us say "thank you" to that special volunteer who has touched your life by nominating him or her for a City of Ottawa Civic Appreciation Award. If you know someone

in your community whose volunteer efforts should be recognized, please fill in a nomination form and send it back before Fri., March 26, at 4 pm.

To find out more about the Civic Appreciation Awards, or to get a nomination form, visit ottawa.ca, or pick up a brochure at any client service centre, public library or community centre.

Awards will be presented in the following categories: Citizen of the Year (youth, adult and senior); the Brian Kilrea Amateur Coach Award; arts and culture; community activism (youth, adult, senior, group); education; environment; health; heritage; humanitarianism; recreation and leisure; and rural/agriculture.

WDMH FUNDRAISER

Special thanks to Metcalfe's Vinnie Coupal for organizing a Valentine's Day euchre and dance at the Greely Community Centre. We really appreciate the work that Coupal is doing and the support of residents for the Winchester District Memori-

al Hospital Renewing the Vision Campaign.

OSGOODE CA

The Osgoode Village Community Association will hold its first annual general meeting in the Fred A. Room at the Osgoode Community Centre on March 2 from 7 - 9 pm. At this meeting, the first executive of OVCA will be elected and the constitution will be ratified.

RIDEAU HILL CAMP

Rideau Hill Camp is getting ready for its 54th summer. The camp is accepting applications for employment and camper registrations. They also invite volunteers to the camp opening day on April 17, 9 am to 3 pm. For more info, call 826-2046 or visit www.rideauhillcamp.com.

METCALFE AG SOCIETY

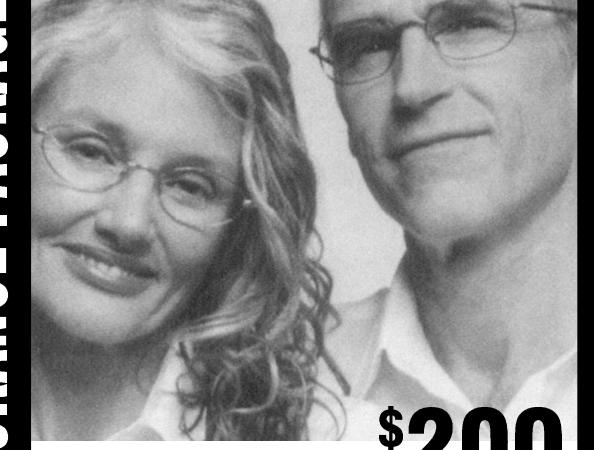
A fundraiser for the Metcalfe Agricultural Society will raise money to beautify the front gate area and purchase a sign that advertises the Metcalfe Fair all year. It will take place on Feb. 28 at 9 pm at the Metcalfe Community Centre. Tickets are \$5 and are available from any director or at the door. There will be a DJ, open mike, silent auction and light lunch provided.

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Mission to Congo seeks people to trust

by Chris Zabel
Press staff

WINCHESTER — There is a serious humanitarian crisis ongoing in the Democratic Republic of Congo, largely due to inter-ethnic violence. Yesterday (Feb. 17), Bob Van Noppen left on a flight for the Congo, as part of a team of four on a mission with Canadian Food for the Hungry International (CFHI).

Van Noppen is the owner of Winchester Automotive Services, west of the village on County Road 43. He's basically retired, having handed control of the business over to his sons. He and his wife Jannie have recently left Winchester to live in Ottawa, although Jannie is still behind the counter at the garage several days every week.

Van Noppen decided he would use his retirement to pursue an interest in missionary work. His trip to the Congo is scheduled for 10 days, with a return date of Feb. 29.

Twice a year, CFHI funds a mission to a "front line" area in the developing world. This latest effort includes Van Noppen, CFHI presi-

dent David Collins, and two men from Alberta.

While in central Africa, Van Noppen will first visit Bukavu, on the eastern border of Congo next to Rwanda. The region is so unstable that the team will only travel by plane, as a safety precaution, while they move from city to city.

"We have to find credible people to receive aid transport, so it doesn't end up on the black market," said Van Noppen. CFHI already has an infrastructure set up in the region of Congo the mission will arrive in.

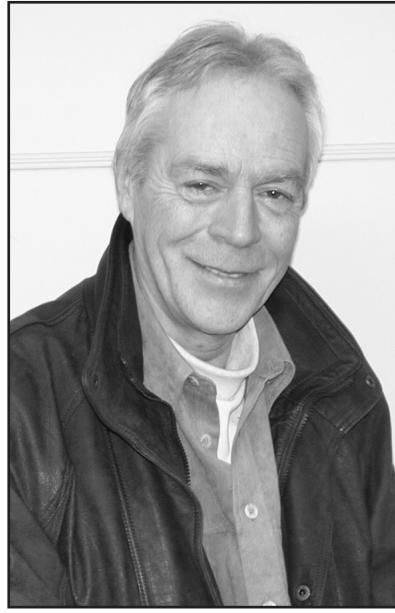
Van Noppen said there are already 40 local contacts set up for the team to meet. He will be meeting with mayors of villages, tribal chiefs and church leaders. Guides will assist in translating the local French, as well as tribal dialects.

While it's not often in the news, daily violence continues in parts of the Congo. Preparing for his trip, Van Noppen was aware of horrific acts having taken place over the last few weeks near where he will be.

There's a report of an armed group arriving in a small rural village, looking for food. They killed all the

men in the village, and kidnapped women to carry their stolen food for them. Stories of hundreds of people being killed at a time are frequent.

Talking about the inspiration for



Bob Van Noppen left for the Democratic Republic of Congo on Monday and will return on Feb. 29.

his trip to Africa, Van Noppen recalled meeting a genocide survivor from Rwanda at a conference in Amsterdam four years ago. The man was a minister who had lost limbs during an attack, and he still wanted to return to Rwanda to continue his work. "It made an impression on me. I decided that if there was ever an opportunity, in some way to do something like this, I would do it," said Van Noppen.

The mandate of CFHI is to provide aid that will assist regional development. Van Noppen said the teams sent to the areas receiving assistance have a responsibility to the charity's contributors. "It's important enough to do this ground-laying work, for the relief efforts to make any sense at all," he said. All indications are that any food shipments that aren't well directed will be stolen and misused.

Planning for his safety, Van Noppen said he felt secure working with the locals CFHI already has in place. "CFHI does have a network working the front lines, and they will be our guides," he said. "They know which areas are safe and not safe."



Read more, skate more

Miss Korn's Grade 4/5 class at Metcalfe Public School won a contest recently to go skating on the canal with Spartacat, the Ottawa Senators mascot. They also met Todd White, a player with the Senators Hockey Club. The students were given Beaver Tails, hot chocolate, and pizza as part of their prize. The students currently participate in the Spelling with Spezza and Read to Succeed programs online with the Ottawa Senators. Tyler Benson celebrates after winning a pair of tickets to the March 20 game.

Council notes from South Dundas



Council vetos one bag suggestion

WILLIAMSBURG — South Dundas will not be moving to a one-bag limit for garbage pickup any time soon. The idea was suggested by Hugh Garlough, public works manager, as he asked council to review the garbage pickup bylaw in advance of tendering the garbage pick up contract. The notion was immediately shot down by council members.

Mayor Lyle Van Allen opposed the idea. "There's already too much garbage along the roadways," he said. "It's not fair to larger families," added Johnny Whitteker, councillor for Williamsburg. Garlough pointed out that in some municipalities the limit is zero; people pay for every bag they put out.

The contract, which has been held by TCD Waste Systems since 1998, expired at the end of 2003 and is continuing on a month to month basis.

Township CAO Andy Brown estimated that a new contractor would not be in place until at least May. Garlough was in agreement, pointing out that after the tender has been awarded, the company may need up to two months to get its equipment and employees in line.

Garlough explained to council that there is currently a two-bag limit for both residential and commercial users, for curbside pickup. Anyone wishing to send more garbage must either buy tags, at a cost of \$1 for each additional bag, or pay TCD Waste Systems extra money for the pickup. TCD is not paid for any tagged garbage, and in return, can dump all extra commercial trash free of charge. TCD also picks up all St. Lawrence Corporation garbage with no charge for tipping fees.

"This is no longer acceptable," said Garlough. The township has no idea how much garbage is being disposed of. "This is also important for the provincial reporting," he added.

It was expected that council would further discuss the township's garbage pickup procedure at its Feb. 17 meeting.

Doctor shortage expected

South Dundas doctors sent council a letter asking that they be supported in their application to have South Dundas qualified under the Underserved Area Program of the Ontario Ministry of Health and Long-Term Care. The letter, written by Dr. Wayne Domanko on behalf of the physicians practicing in South Dundas, points out that the doctor's are currently all working to capacity. "Inevitably over the next few years there will be drastic shortages, as our physicians reach the age of retirement," the letter stated.

"It is crucial that South Dundas be designated as underserved, which North Dundas has already obtained by due process. This designation would perhaps enable us to entice new physicians because of the monetary incentives available to them through this program," the letter continued.

Council voted to write a letter of agreement to support the doctors in their application.

Radio request conflict?

A request by the Iroquois Amateur Radio Club caused some awkwardness at the Feb. 3 council meeting. Councillor Ron Delegarde's conflict of interest suit came into play as council began a discussion on the club's request for a solution to the radio interference they are experiencing due to the placement of township equipment on the water tower in Iroquois. The equipment in question is part of the township's wireless Internet system.

Sandra Bailey, councillor for Morrisburg, wished to discuss the problem, but said she wasn't sure that Delegarde should be present. Delegarde then left the table, and the room. Bailey then suggested that perhaps her comments should wait until council went in camera, later in the meeting. Mayor Van Allen asked her to proceed and said he would stop the discussion if necessary.

CAO Andy Brown had explained that the solution to the radio club's problem is to put up another mast on the tower and move the township's hardware to the new mast. Bailey cautioned that she did not want to see any of the township's Internet infrastructure changed until after the consultants have looked at it to prepare their independent study on the fibre optics system. Brown said that he thought it was a minor change to infrastructure but would talk to the consultant about it.

Delegarde returned to his seat and council went on to address other issues. During the same meeting, Delegarde did not excuse himself from voting on the bylaw to enter into an agreement with Lanark County Networks to complete the independent study of the fibre optic Internet system.

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EDITORIAL

WEDNESDAY, FEBRUARY 18, 2004

PAGE 6

The virtue of patience

If you believe in something, you should stick with it. Sometimes, thankfully, at the end of patience and hard work there is success. This is the case with the Seaway Valley Farmers' Energy Co-operative which last week received \$10.5 million in federal funding towards its aim of building and operating an ethanol plant in Cornwall.

The co-op has had a tough time pursuing its goal. "If something can go wrong, it will," has been the all-too-true rule of thumb. At one point, a couple of years ago when it looked like the project's financing was all but set, the head office of one of the financial institutions was destroyed in the World Trade Centre disaster, causing delay and eventually unravelling the deal. That's just to give you an example of the kind of "luck" the group has suffered.

It can be forgiven then that co-op president Bud Atkins was in danger of choking up when he thanked the federal government for its large contribution. "I've been standing in front of these people (shareholders) for 12 years making excuses," he told the *Press*. The funding should mean that construction on the plant will begin in early summer. Still, Atkins and the shareholders alike are wary of celebrating too early.

Both the federal Minister of Natural Resources and the Minister of Agriculture pointed to the persistence of area MP Bob Kilger in bringing funding to the Seaway co-op. Wisely, Kilger deferred the praise to a decade's worth of support from local politicians and the persistence of the co-op's shareholders — the grassroots.

If there is anybody who seemed to deserve government support, surely it was the little guys, the folks out in the fields growing the corn who personally invested in their future by becoming shareholders in the co-op. Seaway is the only one of the seven groups awarded support in the first round of funding that has this

level of grassroots support. But the decision apparently wasn't an easy one. The initial plan was to hand out \$60 million to a group of five projects and Seaway wasn't on the list.

Kilger led a delegation of local politicians to meet with the Ministers of Natural Resources and Agriculture in early January. He said he told the ministers what was at stake. "We're talking about an initiative, a commitment, going back almost 15 years," he emphasized. "I understood that if Seaway did not get funding in this round, then Seaway would not be around," he said to media afterwards.

"I described to them how unique this application was," said Kilger to the crowd of shareholders gathered to hear the funding announcement. "I told them that you were not Johnny-come-lately to this business. You had put your money where your mouth is," he continued.

In the end, Seaway did get a share of the funding and the co-op will forge ahead with the Cornwall ethanol plant. The co-op still faces a challenge, however. Over the past 10 years it had trouble getting financial institutions to step up and take the risk of financing the project. To truly be a success story, Seaway must stay the course and prove those lending institutions missed a golden opportunity.

There are still things that could go wrong. There always are in business. The board of directors has become more important as it must help steer the co-op to financial viability. But patience, hard work, and grassroots support are the qualities that have gotten the project this far and those same qualities will carry it through to diversify the local crop economy, create competition and decent prices for corn, and ensure the future of agriculture in SD&G.

B.J.

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Budgeting should be fun

North Dundas is probably going to hear a livelier debate surrounding the building of the budget this year. The new council of 2004 is following through on a number of promises made last fall during the election, in connection with how it plans spending.

One idea that has been repeated many times is that council's routine decisions need to be guided by strategies for the future. It makes sense that there should be five-year and 10-year goals that councillors can plan toward when making decisions. In the past, the absence of this vision for the future has most often been evident to councillors during budget deliberations.

A number of good ideas for improving council's budget debates came out of treasurer John Gareau's report to council last Friday. Gareau took advantage of the special meeting on Friday (Feb. 13) to bring up some items he didn't have time to mention at Monday night's regular meeting.

He wanted to give council a heads-up that "the auditors" were coming on Monday (Feb. 16). These are the accountants who are hired annually to review the township's finances from the previous year.

With township spending completely in order, Gareau said the preliminary auditors' report mainly commented on ways to make budget deliberations more useful and efficient. Gareau discussed with council ways he could develop a better draft budget.

"I, for one, think we need to get rid of the line-by-line budgeting," said councillor Al Armstrong. "Every expert says it's the worst way of doing it."

In the past, preparing the annual budget has required councillors to hold marathon meetings where they pore over spread-sheets of figures. Gareau basically acknowledged in his comments on budgeting that members of council aren't accountants. They shouldn't be asked to deliberate over pages of accounting information.

When Armstrong said line-by-line budgeting doesn't work, he was referring to the idea that council shouldn't be spending time debating small details. In evaluating the budgets submitted by department heads, council is asked to weigh requests for spending. In a perfect system, the items finally included in the budget will be the best investments in the community's future.

Councillor Martin Schoones agreed with the concept that council should be using its meetings to discuss larger topics than lines on spread sheets. He offered the example of the projected budget for public works. Council heard a delegation in January reporting that the money now planned for roads maintenance falls \$700,000 short of a level that would keep roads in their current state of repair. Schoones was implying that when council debates this year's draft public works budget, their time will be best spent on the larger issue, not unraveling columns of numbers.

Gareau picked up on council's desires and asked whether he could go forward with a plan to create a standard form for department heads to use in preparing their draft budgets. He said that in previous years, he'd received draft budgets in a variety of forms including handwritten documents, spread sheets, and other computer formats.

"I want the authority to go to department heads and say this is the form," said Gareau. He explained to council that he'd never been sure whether this responsibility was within the purview of his job. Council agreed that adopting a standard electronic draft budget format would be more efficient than the previous system.

Gareau went on to ask council for clarification on an issue of how departmental budgets are spent. He described a hypothetical situation where a department is budgeted \$100,000 in a year to buy two pickup trucks and a computer. "Then at year's end, they've purchased four laptops and a lawn mower."

Gareau asked council whether changes in budgeted spending should be brought to council's attention. Schoones suggested that spending changes for big-ticket items should come before council.

Council is obviously interested in streamlining the budget deliberation processes of the past. The simple reason is that hours of tedious study don't foster the best decision making. The new council is serious about making some changes in how it works, and is currently in the process of scheduling what's been described as a "visioning exercise."



The outdoor rink at Inkerman saw passionate, pure for-the-love-of-it hockey on Feb. 12 as Inkerman Public School students played a spir-

it week tournament. This game featured the Oilers versus the Canucks.

1924

When local brothers Asa and Ken Hutt returned home after an absence, they

found that they had left the door to their hen house open and their two young dogs had made short work of their white Leghorn hens. Between 70 and 80 hens were killed by the two collies, though they had never before been particularly interested in the birds and were generally well behaved.

1934

The Young People's Association of the United Church held a regular meeting with about 25 members in attendance. President Cecil Dukelow opened the meeting which featured a debate on the resolution that Canada should adopt a vigorous policy of immigration.

1944

It had been decided that a contest concert would be held between the men and women of Winchester in April. The women's division was to be sponsored by the Women's Institute and the men's by the 100 Club. All proceeds would go to the Recreation Park Fund. The WI elected a committee of Mrs. John Stewart, Miss Emma Gardner, and Mrs. W. Lannin to oversee the women's program for the event.

1954

A Winchester Township bridge collapsed, sending a snowplow over

This week in...

by Bonnie James



the edge and crashing through the ice. Consistently cold temperatures were blamed for the accident which saw the truck and plow hit the icy water of the Castor River just east of Ormond Township road No. 13. Blair Scott of Moose Creek and T.G. Hamilton escaped, but did get wet. The bridge was expected to be out of commission until the following spring and a detour was arranged.

1964

North Dundas District High School held its first indoor track meet. The shorter races were held in the long hallways, with longer races comprised of laps around the gymnasium. High jump and broad jump were also on the slate of activities. The meet finished with a timed obstacle course. More than 130 students took part.

1974

The Osgoode Winter Carnival was advertising its events, in particular a special hockey game which would pit the Osgoode Intermediates against the Kelly brothers. The nine Kelly boys were the sons of Arnold and Rita Kelly who resided between Osgoode and Manotick. The boys had a formidable amount of hockey experience. Terry and Johnny played for the Embrun Panthers; Marty played for the Metcalfe Jets; Joe, Tommy and Kenny



Elvis in Inkerman?

Inkerman resident Michael Szymanski won an Ottawa-Carleton Elvis impersonation contest in this week in 1994.

1984

Unseasonably warm, damp weather and heavy rains caused a major power failure at the Morrisburg Transformer Station, shutting off the lights for nearly 5,000 customers throughout Dundas County. The power was back on for many within an hour, but the south end of Winchester was down for about three hours, forcing many businesses to close early. Mary's Restaurant was jammed full as it was one of the few places where people could get a hot meal.

1994

Michael Szymanski, a 24-year-old Inkerman resident, had won an Elvis impersonation contest in Ottawa. He took home \$200 and was given official recognition from Graceland, Elvis' home in Tennessee. Szymanski had been an Elvis fan since he was a child.

LETTERS TO THE EDITOR

WDMH moves toward renovations

The Editor:

One of the most frequently asked questions in our area is: "When is the hospital reconstruction going to start?" Given the focus that the Renewing the Vision Campaign has enjoyed in our local press, the amazing success the fundraising campaign has experienced, and the tremendous at-the-door support this hospital receives, it certainly is understandable that there is a strong interest in what is happening and when the shovel will be in the ground.

As the chairman of the Winchester District Memorial Hospital board of directors, and as co-chair of the Renewing the Vision Campaign, I have been following this project very closely. As I write this letter, we still have not received the final go-ahead to start construction. Here are the facts as they stand today:

Officials from the regional office of the Ministry of Health, and from the capital planning branch, have reviewed the hospital's master plan and have recommended it for approval.

Representatives from the ministry have been on site and are familiar first-hand with the need in this community. They are equally familiar with the success of our fundraising campaign.

Last spring we hosted the Minister of Health and Long Term Care, Tony Clement, who expressed support for this project. This past fall, Jim Brownell, our representative in the provincial legislature, toured the hospital and publicly stated: "Winchester hospital has raised over \$12 million, and they are still waiting for an answer. And they shouldn't be."

In his maiden speech in the legislature, Brownell raised the issue of our hospital redevelopment project with Minister of Health and Long Term Care George Smitherman. Since then he has secured a visit by the minister, planned for March 16.

There is no doubt that WDMH is deserving of provincial support. This facility provides quality health care and has been a mainstay in our com-

munity since 1948. Over the last five years, the hospital has increased the scope of services, including ophthalmology, chemotherapy, urology and hemodialysis. The board intends to continue to expand the scope of services. Local access to specialty clinics and treatments reduces stress on larger facilities, such as the Ottawa and Cornwall hospitals, and provides easier access for local residents.

Everyone connected with WDMH, and with the Renewing the Vision Campaign, knows that we have demonstrated our capacity to move forward with this ambitious and worthy project. The hospital delivers quality care to its patients. In the Acute Care 2003 Reports, WDMH scored above the provincial average in the patient satisfaction survey for every indicator. This accomplishment stands out all the more when one realizes that only three out of 92 health care facilities achieved this result.

I want to assure everyone — patients, neighbors, service groups, municipal partners, donors, volunteers, and members of our hospital family — that the hospital board of directors and hospital management are actively monitoring this project, that we are staying in touch with Ministry of Health officials, and that we continue to talk regularly with our member of provincial legislature to move us forward on this project.

In the meantime, we remain \$1.8 million short of our \$15 million goal. We have several communities to canvass, and there are several outstanding special events being planned for this coming year to help raise the funds.

I want to thank all those who have taken the time to become involved in this project, who have made generous donations and pledges, who have served as volunteer canvassers, or who have organized events. We fully appreciate what a tremendous effort you have made to the campaign and we will not let you down.

Bill Smirle,
chairman, Winchester District
Memorial Hospital

Improve your burning skills

The Editor:

Every year, North Dundas fire departments respond to many calls involving chimney fires. Each incident has the potential to quickly turn into a serious fire, putting lives at risk and causing significant property damage. Such fires are preventable.

To educate local residents, the North Dundas Fire Prevention Committee is pleased to bring a free workshop about preventing chimney fires. Presented by wood heating experts and Natural Resources Canada, the workshop will cover buying proper firewood, determin-

ing if your wood burning system is up to date, and the latest wood burning technology.

The workshop will be held at the Mountain Fire Hall, on Lough Road in South Mountain. The event will be held on Thurs., Feb. 26 from 7 to 9 pm. A burn display will be held at 6:30 pm prior to the workshop.

We hope that through fire educational activities, the number of fire-related incidents in our communities will decrease and help make North Dundas a safer place to live.

Scott Patterson,
North Dundas Fire Prevention
Committee

St. Catherine's pupils rewarded for kindness



St. Catherine's Angels

St. Catherine School in Metcalfe nominates "angels" for Valentine's Day each year. Principal Anna Yates entertained students in the library on Feb. 13.

Press Photo — Zabel

UCW has lesson on Paul's letters

by Norma Wylie

WINCHESTER — Janice Hyndman welcomed the United Church Women to their Feb. 9 meeting in the library room of the church. Everyone repeated the purpose and vision.

Betty Porteous led the worship service using Paul the Apostle's letters as the theme, interspersed with prayer and Scripture. Beatrice Warren read the minutes of the January meeting and Sybil Curtis gave the treasury report. The group's phone lists were revised.

Janice read a thank-you letter from Rideau Hill Camp for the UCW's contribution to the renovated kitchen, which they reported was almost finished.

Several catering jobs were discussed and finalized. The United Church will host the presbyterian annual on April 13.

Here are some dates to remember. Unit 1 will meet at the home of Orma Earl and Unit 4 at the home of Norma Wylie, both at 7:30 pm on Feb. 23. Unit 2 will meet at Marilyn Cinnamons on Feb. 23 at 1 pm.

The meeting was closed by singing *Go Now In Peace*.

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METCALFE — St. Catherine School in Metcalfe has adopted its own tradition for celebrating Valentine's Day. The principal invites the kindest students at the school for tea in the library.

"At a tea, you visit with each other, and you chat," explained principal Anna Yates, to the party of elementary students. Yates was serving Scottish tea, which is a warm blend of tea, pineapple juice, orange and lemon, besides which there were beans and cake.

The party was meant to celebrate the actions of the students selected as being the most virtuous in the school. "As a Catholic school, we teach Christian values," explained Yates. "We also try to live them."

There were almost 40 students at the party, having been elected in their classes as the ones who best display Christian virtues. As tea was being served, the principal polled the group, asking what quali-

ties they thought had singled them out:

"Respectfulness, goodness, friendliness, and selflessness," were some of the answers. Those invited to the Principal's Tea are identified in the school as St. Catherine's Angels or Les Petit Coeures.

The students taking part in this year's tea were: Dylan Hines, Jeffrey Beaudoin, Sarah DePont, Andrew Cavan, Brittany Bekkers, Nicholas Rowan, Sarah Jensen, Justin Benoit, Kurtis Zandbelt, Ryley Gaw, Roger Scott, Keagan Rowan, Elise Solesme, Cole Marshall, Ashley Praticante, Julie Campagna, Saxon Giddings, Katlyn Van de Ven, Ashley Benoit, Hayley Martin, Connor Patterson, Joey Robinson, Kyle Buell, Chelsea Taylor, Corrina Magee, Mikaela Mueller, Ryan Beauchette, Piper MacCormack, Heather McPhee, Matthys Hofhuis, Adrianna Raats, Cameron Bishop, Madison Salmon, Justin Hubers and Ashley Urban.

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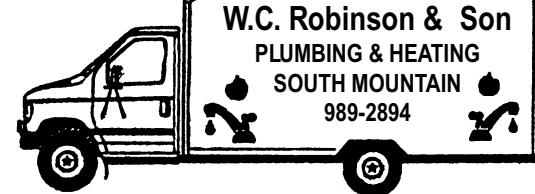
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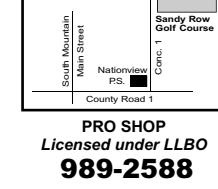


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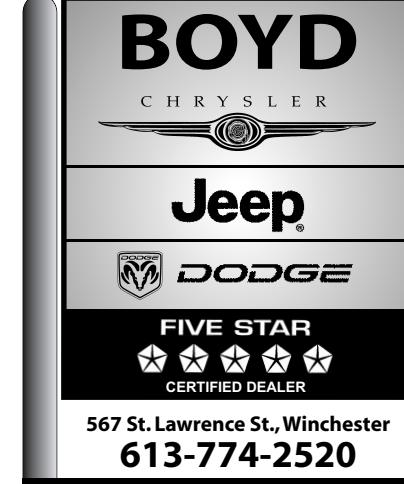
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WINCHESTER PRESS

RURAL ROOTS

WEDNESDAY, FEB. 18, 2004

PAGE 9



A workshop in South Mountain will offer advice to homeowners interested in using wood as a heat source, and tips to those who already do. Arrive early to see an outdoor demonstration comparing older models of stoves to the performance of new wood burning technology.

Popular workshops offer tips on safe, efficient wood burning

SOUTH MOUNTAIN — Eastern Ontario homeowners who burn wood for heat and enjoyment are invited to attend a workshop in South Mountain on Feb. 26. The information meeting will be delivered by trained wood heat specialists offering useful insights and tips on effective wood burning. Those attending will be treated to a dramatic technology demonstration and a range of free publications to take home.

The workshop series is being organized by the Wood Heat Organization, a non-profit group that promotes the responsible use of wood fuel at home. John Gulland, one of the organization's staff, says such workshops have proven highly popular wherever they have been offered. "People really enjoy these events because they discover that their interests and concerns about wood burning are shared by just about everyone else."

He says that typical questions are: Am I operating my stove (or fireplace, or furnace) correctly? Is my wood burning system up to date? How can I identify good firewood and how can I avoid being ripped off? "These are exactly the kinds of questions the workshop will answer," said Gulland.

The event for South Mountain and the North Dundas area will be on Thurs., Feb. 26 at the Mountain Fire Hall, which is in South Mountain on Lough Road next to the fairground. There is no charge to attend. The workshop will run from 7 to 9:30 pm. People are encouraged to arrive at 6:30 pm so they can view the outdoor burn display which shows the dramatic difference between older "airtight" and the new advanced technology stoves.

The workshop series is financed by a contribution from Environment Canada, as well as the sponsorship of several wood stove, fireplace and chimney companies, and the Ontario Ministry of Environment. "We like to involve related businesses and other agencies because these linkages help to promote the workshops and some very good ideas about

wood burning," said Gulland.

Tens of thousands of families in eastern Ontario burn firewood in wood stoves, furnaces and fireplaces. Using wood involves taking an active part in heating the home, and in addition to saving on home heating costs, tasks such as managing the firewood supply and tending the fire can be enjoyable and satisfying. But like the other energy sources, there are environmental impacts when wood is burned for home heating and enjoyment.

The main impact is the smoke. At the community level, topography and climate can conspire to trap smoke close to the ground. The pollution is visible in some eastern Ontario communities on calm winter mornings. It is also unpleasant and downright unhealthy, especially for children, the elderly and those with respiratory sensitivities. A different kind of problem arises when one household's wood smoke is so dense that the neighbors are driven indoors, and even there the smell permeates clothes, rugs and drapes. Both problems are serious and together they can give wood burning a bad name.

There are several practical steps homeowners can take to reduce wood smoke, including better fire stoking technique and upgrading to one of the new advanced technology wood stoves or fireplaces. Wood smoke can be reduced considerably if fires are built and maintained correctly. Advanced stoves certified for low emissions by the U.S. Environmental Protection Agency (EPA) emit about 90 per cent less smoke than older conventional "airtight."

The evening in South Mountain will demonstrate advanced technology stoves by operating them in the parking lot of the Mountain Fire Hall. The prepared workshop is lively, fast-paced and enjoyable. Come out and learn some new things about an old heating fuel.

For more information contact John Gulland at 613-757-2290, or local participant Joy Harbers at 535-2301.

Grothé to help enforce NMA, 40% of farm plans to be audited

ALFRED — The face of local Nutrient Management Act (NMA) enforcement will be Christian Grothé, who currently works out of the OMAF office in Alfred. He was selected for the position by OMAF, and despite the switching of NMA enforcement over to the Ministry of the Environment, he will keep the job. Agricultural producers will be pleased to know Grothé has a strong agricultural background.

NMA enforcement will be accomplished through two methods. Grothé will handle complaints, as well as the auditing of nutrient management plans. He is not yet sure where he will be based or to whom he will report.

"We are planning to audit 40 per cent of the plans," said Grothé. Some of the audits will be targeted (high environmental risk) others will be at random.

Public complaints will be made through the Nutrient Management information line at 1-800-242-4460 during business hours. After business hours, on weekends and on holidays, complaints can be made through the MOE Spill Action Center at 1-800-268-6060.

Grothé attended Macdonald College and graduated in 1978 with honors with a Bachelor of Science in Agriculture specializing in animal science. During his university years he spent his sum-



Christian Grothé, currently based out of the OMAF office in Alfred, is responsible for local Nutrient Management Act enforcement. Hired by OMAF for the job, he will now be working under the Ministry of the Environment banner.

mers training as a naval officer in the Canadian Naval reserve. He received his officer commission in 1976 and a bridge watch-keeping ticket in 1977.

After graduation from university, Grothé travelled around the world for a year. He also worked on some farms during that journey. The first farm was in New Zealand and it kept 132 dairy

cows, 150 Angus beef, and 250 ewes. A second farm, a dairy operation with Simmental cows, was in Switzerland. It also had grapes for wine making and was producing registered seed. The third farm was also in Switzerland. It was a farrow to finish swine operation with registered seed.

Upon returning home, Grothé started employment with the Quebec Co-op System as a feed formulator. He then worked as a loan officer with the Quebec Farm Credit Bureau. Grothé joined OMAF in 1984 as a farm management specialist in New-Liskeard. Over the last 20 years, Grothé has been located in Nepean, Alfred, Kemptville, Perth and Smiths Falls. He has held different positions, including dairy specialist, veal specialist, swine advisor, farm management specialist, farm business advisor, and client account officer. Since 1992 he has worked as an environmental farm plan technical advisor.

With 25 years of experience in the agriculture industry and with a very diverse background, Grothé understands the production system of modern agriculture and issues facing Ontario agriculture. He is looking forward to working with eastern Ontario farmers at safeguarding the groundwater that we all drink and the surface water that we enjoy for leisure activities

FCC workshops teaching farmers business savvy

WINCHESTER — Farm and agribusiness operators in Ontario will have a chance to build their management skills at a series of workshops this winter. For the third year in a row, Farm Credit Canada is sponsoring AgriSuccess.

The one-day workshop called "Building Your Business Plan" teaches producers how to set goals, analyze their operations, and start to build their own strategic business plans. The program is being held in partnership with the Canadian Farm Business Management Council.

"FCC is committed to the future of agriculture, and to helping farm and agribusiness operators grow, diversify and prosper," said John Ryan, the president of FCC. "As the agricultural industry becomes more complex and competitive, management and planning skills are critical determinants of success. This practical, hands-on workshop gives producers access to the tools they need to succeed."

A study in 2001 on planning in agriculture found that just 16 per cent of Canadian producers have a written business plan. By comparison, 25 per cent of American producers and 29 per cent of Australian producers have formal business plans.

The size of each workshop is limited. Individuals can attend for \$100. For \$150, a producer can bring family members, business partners and farm advisers with them to the seminar. For more information call 888-332-33101 or go online at www.agrisuccess.ca.

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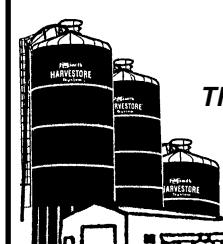
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update

'C' team whips up milk-based dishes

by Andrew Bunda

VERNON — The Vernon "C" Team held its second meeting of the year on Feb. 8 at Helen MacDonald's farm. The team had a discussion on types of milk and how to make white sauces.

After the discussion, the "C" team moved to the kitchen where members made a basic white sauce for starters, and then made cheesy fondue dip, creamy pasta, hot cocoa, and old-fashioned chocolate pudding. Afterwards members sampled the dishes, which were great! The next meeting is Feb. 22.

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Gift Shop stocked for spring

by Marjorie Phillips

WINCHESTER — The Winchester District Memorial Hospital Auxiliary's Gift Shop meeting was held in the Dilabough Centre on Feb. 12. There were seven members present, representing the entire purchasing committee.

The minutes of the last meeting, held Nov. 6, were read by secretary Doris Cross. These minutes were accepted, with the information that the Christmas donation to the main Auxiliary was \$10,000 instead of the \$5,000 which we had planned on giving.

Marguerite Fawcett, our candy lady, reported all was well. Information inquiries will be made to a new chocolate supplier. Verley Edwards, our wool and crafted goods lady, reported a need for knitters. Wool is available from Edwards for crafting baby clothes. Any interested knitters may call her at 448-2067 for details.

Frankie Burton, who looks after sundries and keeps the shelves stocked with items the patients need, said all was well. Joan Farlinger and Elinor Jordan had recently been to Toronto on

a buying trip and mentioned that the items were arriving at the Gift Shop.

Treasurer Joyce Francis read the financial statement. Through her diligence and effort, the Gift Shop has purchased a new cash register. We were lucky the two old ones were good enough to hold on until they could be replaced. The ladies seem to be catching on to the new machine and we can all breathe a sigh of relief. The new register will be able to work with a scanner in the future, should the need and opportunity arise.

One of the difficulties today is not being able to provide customers the use of plastic money. As this is such an expense for a small operation we have been looking at other means. An automatic direct payment bank machine is being investigated.

This was a short but beneficial meeting. The next meeting will be held on May 13 in the conference room of the hospital at 10:30 am. We are always looking for new people to help out so come along and see what the Gift Shop is all about.

OBITUARIES

William Duncan Thatcher

William "Bill" Duncan Thatcher of Morrisburg died peacefully at Winchester District Memorial Hospital on Jan. 26, 2004. He was 72.

He was the beloved husband of Lillian (nee Fitzpatrick). He was a loving father of Steven (Pauline) of Black Lake, Saskatchewan; Nancy (James) Perry of Orleans, David (Tracey) of Chesterville; and Brian (Lesley) of Metcalfe.

He was dear grandfather of Billy Jack, Carrie, Mark and Joshua Thatcher of Black Lake; Rebecca, William and MacKenzie Thatcher of Chesterville; Korby and Darby Thatcher of Metcalfe; and Christopher and Matthew Perry of Orleans.

He was a cherished brother of Robert (Barbara) of Toronto, and Allan (Gladys) of Kent Bridge; and brother-in-law of Joan Thatcher of Chatham. He will be sadly missed by numerous nieces, nephews and long-time friends Gordon (Nan) Lennox of Ottawa, and William (Bev) Kearns of Clayton Lake. He was predeceased by brother Jay.

Dignified, proud, respectful, Bill always had an appearance that was immaculate. Bill and Lillian met on a blind date and it was love at first sight for both of them. They went to the Beaver Barracks in Ottawa. All the military people went there for movies and bingos and on Saturday nights. It was music and dancing with the Nickelodeon. They dated for one and a half years and then married. They would have celebrated their 30th anniversary this May.

Bill had a sense of humor — merriment showing in his eyes or with the slight giggling of his shoulders. Bill loved his children and grandchildren and was proud of them. He accepted them for who they were and was proud of what they had done, not what could have been done. His good comments made them feel good about what they'd done. The family always knew they could come to Bill for advice. He'd give an unbiased opinion, whether right or wrong.

This was a family that did a lot of camping in their trailer, travelling to Vermont, Connecticut, and Crazy Horse Campgrounds. Bill loved blueprint design and drafting; military ceremonies, tinkering with motors; woodworking making tables and shelves; reading and crossword puzzles; travelling; golfing; curling; and the Legion. He was a hard worker, even in the kitchen.

Bill was in the air force for 16 years and moved around a lot. He got out in 1968 and joined the National Capital Commission in Ottawa for 21 years. In 1989 Bill moved to Morrisburg and didn't want to sit around, so he joined the Commissioners, working in RCA Victor in Prescott, Casco in Cardinal and the Emergency School in Morrisburg. He went where they put him and retired as Head Commissioner in 2000. Determined and a perfectionist, Bill was a success by the richness of his friendships and family. Everyone had a kind word for him.

A memorial service was held on Feb. 7 at the Lakeshore Drive United Church in Morrisburg with Rev. Jean Udall officiating. Spring inurnment will be at Hope Cemetery in Ottawa. During Bill's memorial service, the Legion paid tribute to Bill with their own service.

The hymns sung included How Great Thou Art and Amazing Grace. The choir sang Psalm 23, as well as a choral blessing. During the celebration of Bill's life, a poem written by Rebecca Thatcher, age 12, was read by Tracy Thatcher. A poem was also read that had been written by Gord Lennox on the occasion of Bill's 70th birthday.

Memorial donations to the Winchester District Memorial Hospital, the Canadian Cancer Society, or Royal Canadian Legion Branch #48 will be gratefully acknowledged.

Funeral arrangements were entrusted to Parker Funeral Home in Morrisburg. Condolences or donations may be made at parkerfh@personainternet.com.

Heart and Stroke Foundation of Ontario

RBC puts the ball in Inkerman's court



Dollars to volley

Inkerman Public School staff and parent volunteers gathered to receive a \$500 donation from RBC Financial Group. From left: Sue Phillips, Peggy Malcolm, Cindy Schoenfeld, principal Marlene Hunter, Darlene Sherrer, Irene Hanson, Cheryl Gibson, teacher Gillian Shaw and Barb Findlay.

INKERMAN — Last fall, Inkerman Public School received \$500 from Royal Bank of Canada Financial Group through its Employee Volunteer Grants Program. Irene Hanson, an RBC Financial Group employee at the Kemptville Branch, has been the volunteer treasurer for the Inkerman Public School Council for the past two years and a long-time volunteer in the hot lunch program.

Hanson has contributed a significant amount of personal time to the work of the school council, and once a month works on the very popular sub lunch program at the school.

Through Hanson's efforts, the school was able to obtain a \$500 donation. This money was directed toward the cost of outdoor volleyball nets and poles which have been

permanently added to the school playground.

In 1999, RBC Financial Group launched its Employee Volunteer Grants Program to recognize employees for the work that they do in their personal time by volunteering in their communities. Employees and pensioners earn grants of up to \$500 each for the charitable organization at which they volunteer. Since then, more than \$1.2 million has been donated to various charities in honor of the work and efforts of over 1,000 RBC employees.

In addition to the volleyball net, over the past year, the Inkerman School council raised funds to add a three-loop basketball pole to the primary play area, and added five wooden picnic tables and a bench to the yard.

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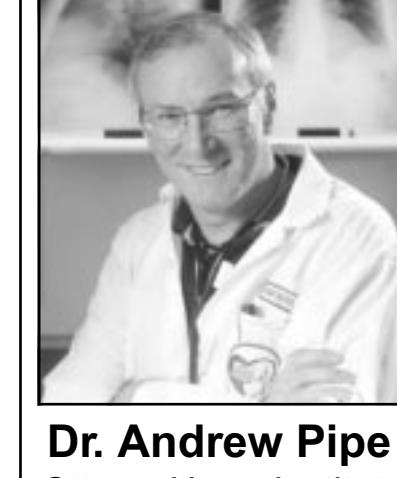
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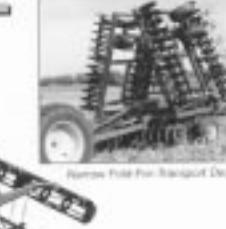
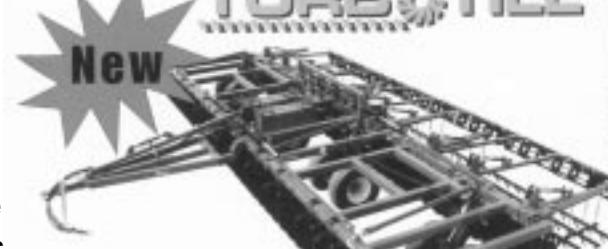
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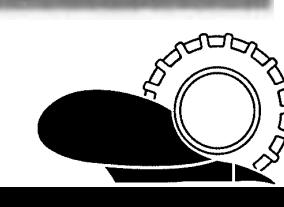


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Mountain families warm up to Winter Fun Day

by Jason Burgoone

MOUNTAIN — Families in the Mountain area celebrated a chilly Valentine's Day with members of the Mountain Recreation Committee at this year's annual edition of the Mountain Winter Fun Day. Events were staged on Saturday (Feb. 14) at Mountain Park.

There were plenty of activities for children of all ages, starting with dog sled races where the animals traveled around the Mountain Park soccer fields. The SDNG Dog Sledding and Carting Association lent their time to the event, bringing in 10 sleds and more than 100 dogs.

The admission of \$1 per person, with a maximum \$5 per family, helped Mountain Recreation organizers pay for the cost of hosting the event. A conservative estimate of 150 locals were in attendance over the lunch hour, and another 100 or so managed to make their way through the door over the remainder of the day.

For the youngest of those at the park, plenty of



Four-year-old Jacob Shepherd participates in the grapefruit bowling at Mountain Winter Fun Day. A full afternoon of activities was organized for youth.

Dan Bissetsmith helps his golden retriever Honey down the track, while sons Daniel (standing) and Matthew got a ride during Mutt Races at Saturday's Mountain Winter Fun Day.

winter activities were available to choose from on the outdoor skating rink. Many young people tried their luck in the grapefruit bowling challenge.

Some of the other games children played were the slap shot and accuracy contest, along with an egg toss and a pinata party in the late afternoon.

Terry Spratt brought his team of horses to the event from 2 until 4 pm for family sleigh rides. Prizes for all the children who participated in the day's event helped to keep them busy.

The six full-time recreation association members were helped out by more than 30 additional volunteers, in order to keep all the events running smoothly and on time. Recreation association members Patty and Steve Brogan were assisted by daughter Jamie Dalton, one of many youth volunteers.

Dalton took some time from behind the food counter to work on dog sledding skills during the Mutt Races. Pet owners harnessed their dogs to run on the sledding track, which was groomed by the Nation Valley Snowmobile Association.



What is a school board trustee's mandate?

Trustee Tidbits

by Greg Pietersma



directors, superintendents, principals, teachers and support staff.

Ultimately, trustees are accountable to their communities — which elect them — and to the province for continuous improvement in the level of student achievement in their schools.

Trustees also act as education advocates at various levels. At the local level, trustees work on behalf of the community and must consider the unique needs of that community when deciding what position to take on an issue. They encourage constituents to participate in the school system. This involves familiarizing people with the procedures for bringing their views before the board, through public or written submissions. As advocates for excellence in education, trustees may also act on constituent complaints or requests and help to find a resolution.

The above description of the role of a trustee is taken from *Educating Together, A Handbook for Trustees, School Boards and Communities*. This handbook is available on the Web at www.ontarioschooltrustees.org.

FEWER STUDENTS, FEWER SCHOOLS

At the last Operations and Finance Committee meeting, the board's planning department presented a star-

ting report on enrolment trends. The report showed that by 2017, due to a dropping birth rate, the school population would decrease by 10,000 students, which represents just less than a 30 per cent reduction.

The effect on the Upper Canada system will be considerable as this represents a loss of about 400 classrooms, or about four classes per school. It is not difficult to imagine the impact on the smaller schools. Without a significant change to the way the Ontario government funds schools, it will mean that several schools in Dundas County will close.

As a community we need to start right now discussing how we will want to deal with this. Closing schools is the most obvious option; however, schools play an important role in communities. Closing schools will also mean longer bus rides.

In an environment of having fewer students, we need to rethink how to deliver an effective education to children. This will require difficult decisions and a solution arrived at by society as a whole. We must start to think about this now.

PUBLIC MEETING

The next regular UCDSB meeting is tonight (Feb. 18) at the board office in Brockville at 7 pm.

If you would like to see a certain topic discussed at the meeting, or would like to have question answered, please forward them to me at pietersmag@ucdsb.on.ca, or to 13854 Connaught Rd. Chesterville, ON, K0C 1H0. I can be reached by phone at 613-448-9044.

Thomas new UCDSB director



BROCKVILLE — The Upper Canada District School Board will have a new director of education when David Thomas formally takes over the position on March 1. Thomas comes to the job after serving as superintendent of education with the Peel District School Board.

Beginning work with the UCDSB last December, Thomas has since been functioning in the role of designate director of education. He succeeds Gino Giannandrea, who served as director of education for the UCDSB since its inception in 1998.

"We are very pleased that Thomas has accepted the role of director, chief executive and chief educational officer for our board," said board chair David McDonald.

"The board, in consultation with our stakeholders, developed a profile of the ideal candidate and we are excited that Thomas represents the profile that was established," said McDonald. "Thomas brings with him a track record for establishing community partnerships, creating collaborative teams, developing curriculum, and also his many strengths in school reform and special education."

Thomas brings a 19-year career in education to the UCDSB. His community involvement in the Peterborough area includes work with the Peterborough Civic Hospital, and Big Brothers/Big Sisters. He has also been active at all levels of the region's lacrosse organizations.

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CRYSLER

Winter Carnival

2004

Scheduled Events

Friday, February 20

- 9 am-3 pm Ecole NDR Carnival Free Skate, Crysler rink
 6:30-9 pm DJ Dance ages 8 to 12 years, \$3.00
 9 pm-midnight DJ Dance ages 13 to 19 years, \$3.00

Saturday, February 21

- 9 am-7 pm Ski excursion to Edelweiss, Bus departs 8 am from Community Centre. Cost including equipment, bus and lift pass for ski or snowboard, ages 13 and up, \$50.00; 12 and under \$35.00. Tubing, ages 17 and under \$15.00; 18 and up \$18.00. Cost for lift and bus if you bring your own ski or snowboard equipment, \$30.00. Kids under 12 must be accompanied by a parent. Snowboards cannot be guaranteed. Lessons available on site. Bus departs Edelweiss at 3:30 pm. For info please call Pierre Thibault at 987-1129. Minimum of 30 registrations and maximum of 40.
 Young Kids Movie Bonanza (up to 12 years old)
 10:30 am-12 noon Kids Crafts, Kids Carnival Bingo, face painting (up to 12 years old)
 12:00-2:30 pm Lunch (Hotdog/pizza and drink)
 12:30-4 pm Kids Outdoor Sports Activities: (Mini-Putt, Snow Bowling, Obstacle course, Tug-o-war, Sledding, 2x4 races, etc...)
 12-6:30 pm Dart Tournament, for info call Kim, 987-5512

8 pm-1 am

Yuk-Yuks Comedy followed by Karaoke contest (doors open at 7 pm). Tickets \$15.00, available at local businesses, or from Louise Champagne 987-1062, limit of 250 tickets. Non-smoking section - Rated: A (coarse language)

Sunday, February 22

- 10 am-12:30 pm Brunch, 5 years and under free, 6 to 12 \$3.00, 13 and up \$5.00
 1-4 pm Inter-School Snow Volleyball Challenge; to be confirmed, weather permitting (trophy presented to winning school team)
 1-3 pm Kids Outdoor Sports Activities: (Mini-Putt, Snow Bowling, Obstacle course, Tug-o-war, Sledding, 2x4 races, etc...) Free skate/Kids' skating skills challenge, Crysler rink
 1-2:30 pm Euchre and Pinochle Card Tournament, registration 12 noon to 1 pm at Community Centre, \$5.00 per player
 1:15 pm Parent/child boot hockey challenge, different age categories registration at the Community Centre 1-2:30 pm
 2:30-4 pm Carnival Bonfire
 4 pm Spaghetti Supper, 5 years and under free, 6 to 12 \$3.00, 13 and up \$5.00
 4:45 pm 3 Draws for the Lottery Squares

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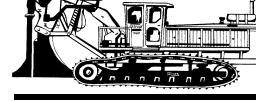
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WINCHESTER PRESS

SPORTS

WEDNESDAY, FEB. 18, 2004

PAGE 13



It was the first provincial title for the 76-year-old Winchester Club as lead Geoff Spruit (left), second Andrew Dings, skip Shane Latimer and third Philip Klein-Swomink finished with a 6-1 record at the 2004 Ontario Bantam Boys curling championship in Ajax on the weekend. The team also earned the right to take part in the 2004 Ontario Winter Games in London.

Press Photo — Van Bridger

Winchester rink wins provincial title

WINCHESTER — Skip Shane Latimer, third stone Phil Klein-Swomink, second Andrew Dings and lead Geoff Spruit have made Winchester Curling Club history.

The foursome emerged from an eight-team field of the most talented teenaged curlers in the province to earn the 2004 Ontario Bantam Boys curling championship banner.

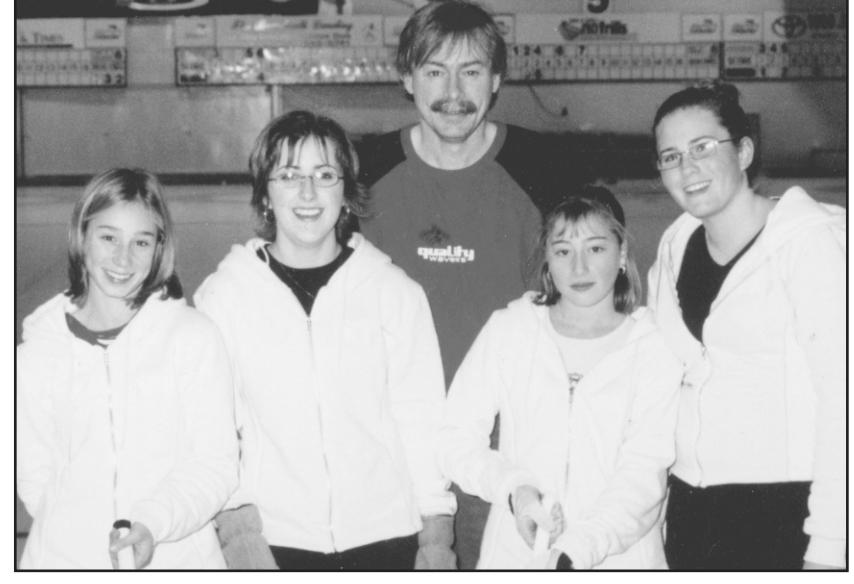
"It is the first provincial banner in the 76-year history of the Winchester Curling Club. It is amazing. I'm so proud of the boys. They are such an outstanding group of young men to work with — so polite and nice," explained coach Janine Stevenson. "They have great chemistry and look so confident out on the ice."

The Latimer foursome claimed their Zone and Regional "A" side titles to qualify for the Provincials held in Ajax last week (Feb. 18 - 22) and their Ontario title has qualified them to take part in the 2004 Ontario Winter Games in London in March.

Latimer rattled off five consecutive wins before dropping a 9-1 decision to Annandale. The WCC rink was able to rebound and drain Blue Water 6-2 in Sunday's title match.

But the glory for the WCC didn't stop with the boys' accomplishments.

The girls rink, skipped by Celeste Butler-Rohland and including Liz DeSerres, Nicole Butler-Rohland and Kelsey Erwin, played their way to a fourth-place finish in the Ontario Bantam Girls event in Ajax, which also qualified them for the Ontario Winter Games.



Going to London

Winchester Curling Club, represented by skip Celeste Butler-Rohland (left), third Liz DeSerres, coach Mark Butler-Rohland, second Nicole Butler-Rohland and lead Kelsey Erwin, finished fourth in the Ontario Bantam Girls curling championships and will join the WCC boys at the Ontario Winter Games.

Jets open post season against Clarence Creek

METCALFE — With the acquisition of the 2003-04 Metro Division regular season championship trophy the Metcalfe Jets have attained two targets aimed for in the early days of the season.

When coach Darrell Warren, assistant Bruce Buckland and general manager Kendall Skillen assumed their duties with the Jets they took aim at a berth in the annual Eastern Ontario Junior "B" Hockey League's Boxing Day tournament and then guided their club to that goal.

Next was a first place finish in the Metro Division knowing that home ice advantage in the playoffs and a week's rest would accompany the regular-season silverware. That accomplishment has now been documented.

Next, one step at a time, cautioned Warren, is to win their best-of-seven semi-final series with the Clarence Creek Beavers. The series opens tonight (Wed., Feb. 18) in Metcalfe at 8:15 pm. Game two is set for Clarence Creek Friday (Feb. 20) at 8:15 pm. Game three is a 2:15 pm matinee on Sunday (Feb. 22) in Metcalfe. The series returns to Clarence Creek on Wed., Feb. 25 for game four.

The winner of the Metcalfe - Clarence Creek series will meet the victor of the Gatineau - Ottawa West tilt, which the Mustangs lead 2-1, for the Metro championship. Clarence Creek reached the semi-final round by eliminating the Stittsville Royals 3-1 in a best-of-five quarter final set.



"We are ready — I hope. A couple of our guys were banged up, but have had a week to rest. So we will have everyone ready for this series. And I can tell you everyone is anxious to get at it," said the coach.

Warren figures his team is

more experienced and has more talent and should prevail. "We have to be very careful and not get overconfident because they have 19 guys who go out and work hard every game. That's how Clarence wins games."

Metcalfe finished in first with a record of 29-9-2-0 and 60 points. Clarence Creek came in fourth with a record of 18-21-1-1 and 38 points.

The Jets not only earned the Metro Division championship silverware but had their goaltending tandem of Matt Gauthier and Mark Hargreaves (GAA - 3.47) receive the Top Goaltenders Trophy. Veteran defenceman Ryan Clarke was deemed winner of the Best Defence-man award. Hargreaves, Adam Clarke, Jeremy McLeod and Freddie Gebara were also named as Metro Division Rookie All Stars.



Pure hockey

Students at Inkerman Public School spent Thurs. Feb 12 playing an all day hockey tourney on the outdoor rink as part of the school's Spirit Week. Above: Jenna Boyce (left), representing the Oilers,

and Cinnamon Boulanger, representing the Canucks, take a faceoff in an afternoon game that featured Grades 3 to 6. The puck was dropped by teacher John Tessier.

Press photo — James

Guy sparks Midget House Demons to Cobden title

COBDEN — Normally Adam Guy plays defence. But because his team had just eight skaters available for duty in the 2004 Cobden Cobra's Major Midget House Tournament, the blueliner was moved to a forward position.

The results were outstanding, according to North Dundas Demons coach Gary Johnson. "Adam plays defence and hadn't scored in league play. In the tournament he played forward and scored six goals."

Johnson reported his team had just eight skaters able to take part in the Feb. 8 competition but those eight were a formidable combination. "The kids played their hearts out. They won all three games and outscored the opposition by a 14-0 margin. It was a super team effort."

Johnson also noted his team is in the final run up to the playoffs and

holds a record of 18-3-1. With two games left on their sked the Demons needed just one point to guarantee a first-place finish and a first-round bye.

North Dundas opened the tourney whitewashing the Smiths Falls Bears 8-0. It was the first of three shutouts by Tyler Johnson and featured a first-period hat trick by Adam Guy, who would add one more marker in the final frame to finish the game with four goals and one assist.

Nick Honey supplied the other first-period marker as the Demons skated into a 4-0 lead. Period two was scoreless but the final stanza produced four more markers for the winners. Justin Vantvoort, Patrick Greaves, Guy and Honey put those four pucks to twine to drive the final to 8-0. Assists were earned by Vantvoort (2), Kyle Dearing (2), Norm

Merrifield, Greaves, Guy and Honey.

A big first-period offensive powered the Demons to a 5-0 win over the Nepean Raiders in their second encounter. Kyle Dearing was the scoring star cracking in three goals. Adam Guy potted the other pair and picked up an assist. Greaves (2), Zarley Hutt, Merrifield, Guy and Honey created the plays.

It was a defensive struggle in the "A" final as the Demons outlasted the host Cobden Cobras 1-0 to capture the silverware. Nick Honey's unassisted goal at 7:17 of the first period decided the championship early.

Members of the Cobden Tournament championship squad: Tyler Johnson, Brodie Lutz, Norm Merrifield, Zarley Hutt, Kyle Dearing, Nick Honey, Patrick Greaves, Justin Vantvoort, Adam Guy.

Minor Midget Demons 8-0-1 in run to playoffs

WINCHESTER — With the playoffs on the horizon, the 2003-04 UCMHL season is beginning to look bright for the North Dundas Minor Midget "B" Demons.

Jeff Derue's team stumbled out of the gate losing its first four games. There was a slight improvement in the next nine starts and the Demons carried a 4-8-1 record into the Christmas break. Since the dawn of 2004 the Winchester-based squad has fashioned an impressive 8-0-1 run and have improved their record to 12-8-2 which is solid enough to move them from seventh to third place in the league rankings.

Most recently the Demons have won four games, three by shutout, while outscoring the opposition by an 11-1 margin.

"I'm very happy with the team's progression, and it looks like we are heading into the playoffs on the right note," offered coach Derue.

Team manager Lyle Skuce noted

that the team still has a couple of games to play before starting the post season and a third-place finish would be ideal. "If we finish fourth we would have to play Akwesasne and they are stacked. No one has beat them this year."

Goaltenders Chad Kennedy and Patrick Laplante take turns stacking the pads for the Demons who are supported by a defensive crew of Will Johnson "A", Spencer Derue, Dereck Skuce and Tyson Volks. Matt Cracknell, Dean Moore and Brad Bowman patrol the right wing, while Brandon Young, Matt Simms "A" and Joey Grozelle skate on the port side. Taking the faceoffs are centres Adam Dillabough, Matt McSheffery and captain Colin Shay, who is on the injured list. Affiliate players skating with the Demons include Cory Steele, Adam Schofield and Dan Byvelds. Coach Jeff Derue is assisted by Curtis McMillan, Rod Bowman and Ralph

Kennedy. The team is managed by Lyle Skuce and Martin Laplante.

FOUR GAME ROLL

North Dundas began its four-game roll on home ice in Winchester on Jan. 28. The result was a 5-1 victory over the visiting Cornwall Royals.

Cory Steele and Spencer Derue scored in the first frame for a 2-0 lead. Cornwall netted its lone goal in the second but the Demons responded with three of their own and carried a 5-1 lead through a scoreless third period.

Matt McSheffery, Adam Dillabough and captain Will Johnson bagged the deciding three markers. Dereck Skuce, McSheffery, Dean Moore, Matt Simms and Derue provided the passes.

Next up on Feb. 4 was a trip to Cardinal and a 2-0 win over the South Grenville Rangers. Chad Kennedy got the start and the North Dundas powerplay provided both

goals in the second period. Brandon Young (from Brad Bowman at 6:29) and Matt McSheffery (from Will Johnson at 1:31) recorded the PPGs.

Patrick Laplante posted the second zero on Feb. 7 as the Demons blanked the Panthers in Kemptville. Adam Schofield used a feed from Johnson and Bowman at 9:15 of the first frame to win it. Dillabough then iced the issue connecting from assistant captains Skuce and Simms at 14:37 of the second session.

Shutout number three was registered in Winchester on Feb. 11 against the South Grenville Rangers. It was the third consecutive 2-0 decision for the Demons. Matt Simms fired in the winner after taking a pass from Dillabough and Moore at 12:23 of period two. Dereck Skuce then completed the picture netting a relay from Young and McSheffery with 13 seconds left in the same frame. Period three was scoreless.



Winchester Curling Club was well represented in the 2004 Big 4 final placing both of its rinks in the "A" showdown. Phil Klein-Swomink (left), Liz DeSerres, Andrew Dings and Kelsey Erwin emerged with the main event title.

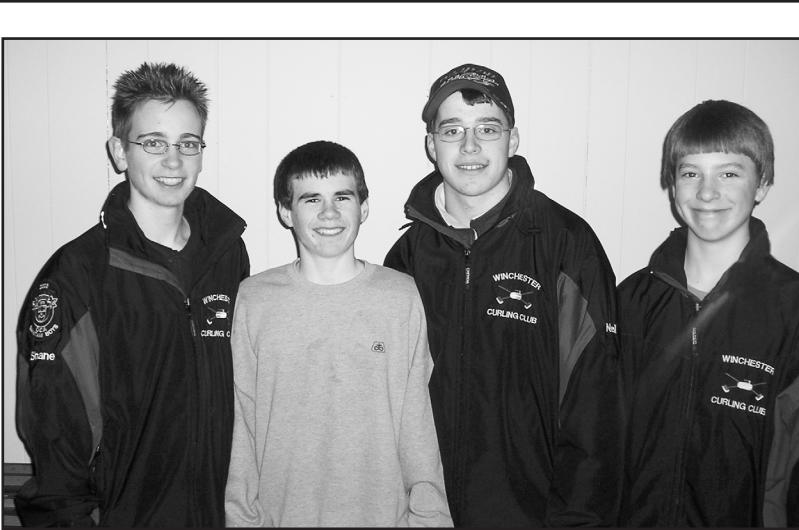
Winchester teams top Big 4 main event

WINCHESTER — Winchester Curling Club hosted and provided the top two rinks in the "A" side of the 2004 Big 4 Bonspiel.

The "A" event title went to skip Phil Klein-Swomink and his team of Liz DeSerres, Andrew Dings and Kelsey Erwin who knocked off

clubmates Shane Latimer (skip), Dave Lillco, Neil Smith and Geoff Spruit in the main event final on Feb. 7.

Junior teams from the curling clubs in Metcalfe, Morrisburg, Russell and Winchester have competed for the Big 4 title since 1996. The



The Phil Klein-Swomink rink prevailed in an all-Winchester championship match to become 2004 Big 4 winners. Settling for the silver were: Shane Latimer, Dave Lillco, Neil Smith and Geoff Spruit.

Photos — Burgoone

Flyers knock off first-place Rams, Cyclones tie Rangers

WINCHESTER — There haven't been many times this season that the Winchester Flyers or Country Kitchen Cyclones have taken points away from the Winchester Town Hockey League's top two teams. One of those rare occasions took place last week.

Both the Flyers and Cyclones earned points in the Tuesday (Feb. 10) night twin bill with the fourth-place Flyers ripping the first-place Boyd Chrysler Rams 7-4, and the number-three ranked Cyclones battling the second-place Ben's Pioneer Gas Bar Rangers to a 3-3 draw.

With just one game (played Feb. 17) left in the regular season the Rams (13-5-2) and Rangers (12-4-4) are tied for top spot with 28 points. The Cyclones (5-12-3) are third with

13 points, the Flyers (5-14-1) are fourth with 11.

The playoffs (best of three series), slated to begin on Feb. 24, will pit number one against number four in the "A" semi-final and number two against number three in the "B" semi-final.

Derek "Wendell" Holmes cracked in a Chris Williams rebound for his 35th goal of the season on a powerplay with 2:18 left in the game to give Ben's Pioneer Rangers a 3-3 tie with the Country Kitchen Cyclones.

The Rangers led the contest 1-0 at the half on a goal by Jason Valcour (from Holmes at 9:52). Holmes connected from Williams and Valcour at 21:47 of the second half and made it 2-0 for his team.

A three-goal rally ruined the shutout Greg VanDellen had going and put the Cyclones into a 3-2 lead. Craig "Bud" Holmes broke VanDellen's goose egg scoring from Robert Jordan and John Guy at 16:48. Scott Baldwin evened it up at 2-2 finishing off a play started by Johnny Morrow and Aaron Sherrer at 13:18. And Chris Van Bridger gave his team a 3-2 lead scoring on a wrap-around set up by Morrow and Guy with 10:56 left on the clock. That goal set the stage for the tying shot by Holmes which went in behind Gregg Griffith after hitting a skate near his goal crease.

FLYING HIGH

Two-goal efforts by Derek Byrd and Jay Holmes lifted the Flyers to

and support.

Metcalfe came out on top of the "B" side defeating Russell. Matt Battig, Tim Peterson, Chelsea Jamieson and Matt Donnelly curled for Metcalfe while Jeremy Griffin, Kevin Tanner, Greg Toner and Alex Holley represented Russell.

their fifth win of the season, a 7-4 decision over the Rams.

It was tied 1-1 at the break and the Flyers were cruising at 7-1 before the Rams put three late goals into Jeff Moore's net to make it a 7-4 final.

Byrd and Holmes paced the winner's attack with two goal efforts. Scott Rintoul scored once and assisted on three others. Claude Towne netted one and set up two. Jeff Hyndman supplied the other goal. Hal Thompson assisted on four goals. Chris Hart (2), and Adrian Price also picked up assists.

Dwyane Backes, Derek Rintoul, Chad Valcour and Mike Buller rang up Ram goals. Jeff Hennessy, Buller and Jason Picard each collected two assists.

Kings split games

NEPEAN — Four different scorers found the mark as the Rideau St. Lawrence Minor Pee Wee "AA" Kings skated to a 4-0 ODMHA victory over the Nepean Raiders.

Jordan Moran (Winchester), Derek Froats (Winchester), Jayson Harmer and Ryan Vincent were the marksmen, while Josh Pitt (2), Casey Crooke, Dylan Casselman (Winchester), Shayne Morden and Froats provided the passes in the Feb. 7 victory.

One day later, the Kings hosted the Seaway Valley Rapids and suffered a 4-3 setback after gaining an early 2-0 lead. Colin Halladay, Froats and Moran counted the goals. Morden, Cody Johnson, Josh Pitt and Casselman earned the assists. Michael Lalonde and Tyler Gallinger shared the goaltending chores.

Demons strong down stretch, finish third

FINCH — Justin Marion and Ethan Vankoppen took care of the scoring as the North Dundas Bantam "C" House Demons battled the NGS Braves to a 4-4 draw on the final day of their 2003-04 UCMHL season.

Sunday's (Feb. 15) tie in Finch was part of a strong four-game stretch run that saw Todd O'Connor's team register two victories and two ties. Those results were made possible by the team's strong defensive effort and solid goaltending by both Donnie Volrath and Joey Kenney. The streak also enabled the Demons to finish their campaign in third place and set the stage for the beginning of the playoffs on Friday (Feb. 20).

Marion and Vankoppen shared the four North Dundas goals com-

pleting plays engineered by captain Nolan Winter, Michael Grove, Harrison Dustan and Luc Cayer.

The day before (Feb. 14) the Demons were in Kemptville where they battled the No. Two Panthers to a 1-1 tie. Kemptville struck first at 5:23 of the second period and Justin Marion tied it up at 2:17 of the same frame after taking a feed from Joel Laplante.

Friday (Feb. 13) the Demons were at home in Chesterville where they tamed the No. One Kemptville Panthers 4-1. Vankoppen tied the score 1-1 firing in his first of two goals after taking a pass from Mitchell Shay with 10 seconds left in period two.

A three-goal final frame saluted away the 4-1 win. Kyle Jordan's unassisted shot proved to be the

winner and came at the 10:52 mark. Vankoppen snapped in a Dan Beach relay with 7:52 to play to make it 3-1 and then Beach assisted Justin Marion with the fourth marker 19 seconds before the final buzzer.

North Dundas launched its four-game run on Feb. 12 in Chesterville. The South Dundas Lions were the visitors and held the Demons to a 1-1 tie after a period and a 2-2 draw after two. Marion fired home a Harrison Dustan feed at 14:31 of the final frame to make it 4-3. He then provided the pass for Mitchell Shay who added the insurance marker at 13:35 to make it a 4-2 final.

The Demons played two penalty-free games and drew just four minor penalties in those four games.

Hawks wrap up season

WINCHESTER — The Hawks wrapped up their season this past weekend. It wasn't a particularly good season for the Hawks, so hopefully the long off-season will allow the "powers that be" the opportunity to put together a plan to get the team back to where it once was.

With the Hawks finished, their ice time is now available for use. The next couple of weeks are booked up, but after that their Wednesday and Friday times are available.

If you're looking for something for your child to do during the March Break, Sandra Pym from Everlastings will be offering five different workshops upstairs at the Winchester Community Centre. Starting Mon., March 15, there will be one workshop per day starting at 9 am. Children ages six years and up are encouraged to register. Registration can be made at the township offices Monday through Friday. For more information, give me a call.

Most of the minor hockey regular season has wrapped up and now the playoffs will begin. Come out to either the Chesterville or Winchester arenas and watch some exciting minor hockey over the next month.

Remarks

by Mark Guy,
Director
of Recreation
& Culture



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Sr. Men's or Sr. Lady's (65 yrs. of age)	\$641.00 + \$44.87 (GST) =	\$685.87	
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Juvenile (8-15 yrs.)	\$123.00 + \$8.61 (GST) =	\$131.61	
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MEN'S OR LADY'S NIGHT MEMBERSHIP	Men's or Lady's \$365.00 + \$25.55 (GST) = \$390.55	Silver: 48 passes for 18 holes \$995.00 + \$69.65 (GST) = \$1,064.65	ASSOCIATE MEMBERSHIP
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Left to right: Goaler Whitaker, Phil Douglas, Al Reeve, Don Dowell, Wayne Medaglia and Dennis Tremblay gathered at the Sandy Row Golf Club for the monthly Golf-O-Max open tournament on Feb. 7.

Sandy Row indoor golf tourney maxed out

by Jason Burgoone

SOUTH MOUNTAIN — Golfers looking to soothe that mid-winter

golf itch made their way to Sandy Row Golf Club Sat., Feb. 7 for a two-person indoor golf tournament using the club's Golf-O-Max simulator.

Tournament participants came from as far as Prescott to join in on the action. Despite club organizers having originally set the schedule for only 12 teams, they made room for 14.

"This is the second full year we've had this (golf simulator)," said Sandy Row assistant supervisor Paul Casselman regarding the popular winter activity.

Tournament participants were treated to the most realistic golf simulation program on the market at the present time. The simulator will accurately measure ball speed, distance and course position to within a tenth of an inch. "If there's a glitch in the program (which happens very rarely) you can reset the

shot," noted Casselman regarding the top-of-the-line simulator.

The winners from the Feb. 7 two-person scramble were Jimmy Strader and Jack Edmonds with the first-place low gross of -2. Bill Shaver and Rodney Pittman earned second low gross at even par. Third low gross was the team of Dean McIntosh and Phil Byrne. Bill Arvanitis won closest to the pin. The tournament was played on the Firestone course.

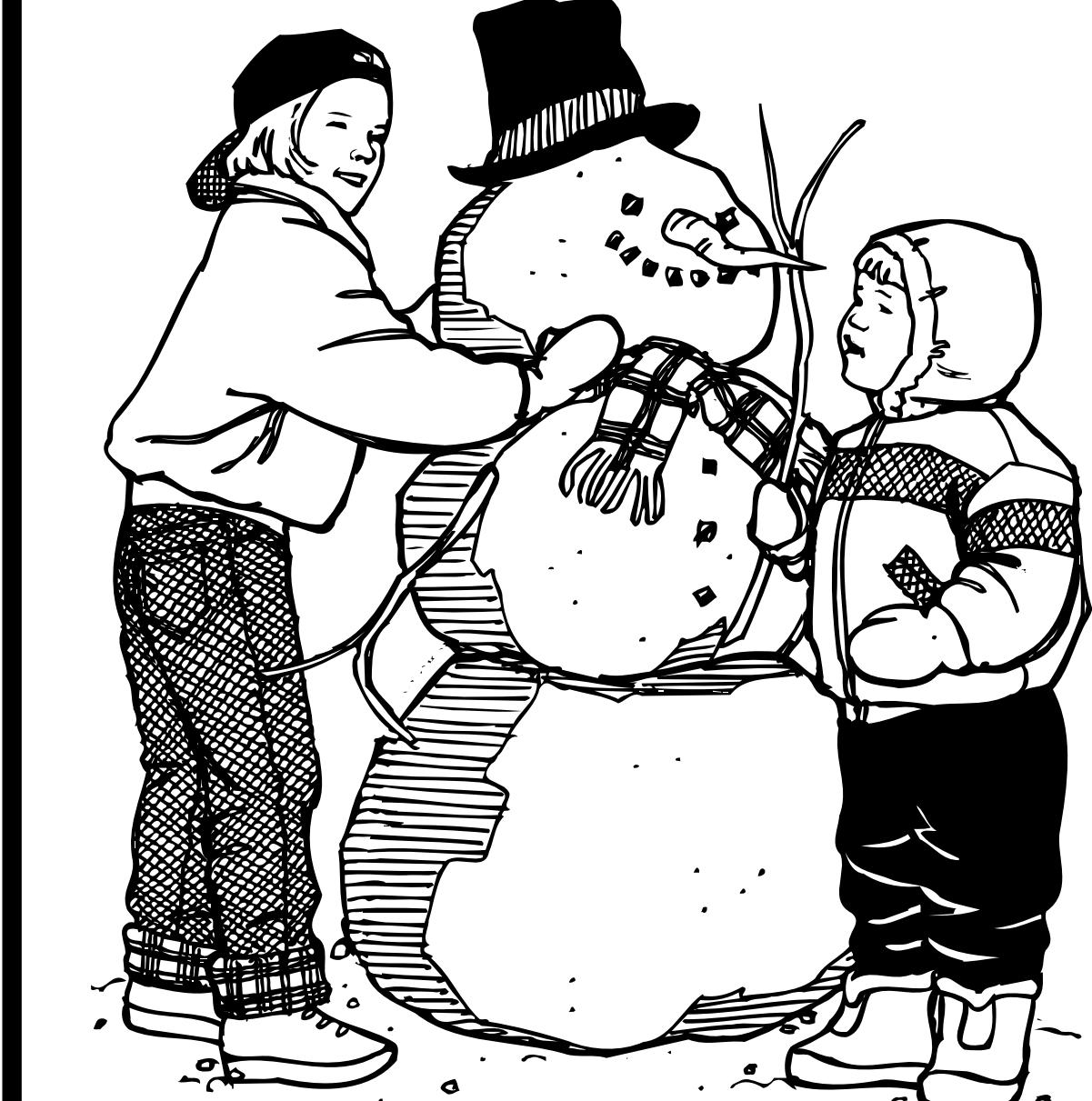
Golfers interested in booking a tee-time on the simulator are asked to book early as the waiting list has grown as quickly as its popularity. Green fees are \$12 for 9 holes and \$15 for 18 holes. Golfers are also welcome to book the driving range simulator for a half hour for \$5 or a one-hour slot for a modest \$10.

Casselman and club manager Shelley Coons have been organizing tournaments on a monthly basis and plan to continue doing so until the start of the outdoor season. Players interested in taking part in any of the remaining tournaments are asked to contact Coons at 989-2588 to book a spot.

Along with a monthly open tournament, Sandy Row management is also running winter mens and ladies leagues. The men's night takes place every Wednesday starting at 3:30 and 6:30 pm, while the ladies take to the greens at 5pm on Tuesdays.

Prior to the start of the outdoor season, tournament organizers have begun planning a four-person scramble near the end of March. "We still have to set an exact date," noted Casselman.

Lucas Roskell swings for the pin during the Sandy Row Golf Club's Golf-O-Max golf simulator tournament on Sat., Feb. 7.



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Sports Scoreboard

Eastern Ontario Junior "B" Hockey League

RECENT RESULTS

Feb. 10: Char-Lan 8 - Winchester 2
S. Grenville 4 - Westport 4 OT
Feb. 11: Brockville 8 - Westport 3
Feb. 13: Westport 6 - Athens 4
Char-Lan 6 - Winchester 1
Alexandria 9 - Morrisburg 3
Feb. 14: Brockville 5 - S. Grenville 2
Gananoque 7 - Athens 3
Char-Lan 5 - Kemptville 3
Feb. 15: S. Grenville 6 - Gananoque 3
Alexandria 6 - Winchester 2
Kemptville 8 - Morrisburg 1

FINAL STANDINGS:

Rideau:	W	L	T	GF	GA	PTS
Brockville	27	13	1	222	174	58
Gananoque	26	13	3	207	166	57
Westport	22	16	2	197	189	50
S. Grenville	21	19	3	189	172	46
Athens	6	31	4	153	249	19
St. Lawrence:	W	L	T	GF	GA	PTS
Alexandria	32	8	3	223	156	69
Char-Lan	32	10	1	214	152	67
Kemptville	30	12	2	228	137	62
Akwesasne	20	20	2	189	162	45
Morrisburg	10	30	1	164	256	25
Winchester	8	35	1	107	254	21

*Teams losing in OT receive one point

TOP SCORERS:

Rideau Division:

A.J. Howe, Bro. 32 41 73

Greg Kerr, West. 29 43 72

Steve McGlade, Athens 24 48 72

Tom Dickson, Gan. 37 33 70

Pat Doyle, Athens 32 38 70

Ryan Cartly, West. 22 36 58

Lenny Horst, Gan. 25 31 56

Alex Rees, S.G. 13 41 54

Steve Biscaro, West. 27 24 51

Brandon Kelley, S.G. 23 27 50

St. Lawrence Division:

Scott Leppard, Kempt. 43 51 94

Dominic Lamarche, Alex. 51 36 87

Alex Vidoni, Kempt. 28 47 75

Pat Johnson, Char. 26 49 75

Jason Denio, Morris. 45 24 69

Mathieu Desnoyers, Alex. 27 38 65

Steve Jarvo, Char. 30 34 64

Sam Raymond, Akw. 29 34 63

Jeremy Synott, Akw. 22 39 61

Dan Lafave, Char. 25 34 59

Brett Brady, Kempt. 29 25 54

Metcalfe Top Scorers:

Sam Majic, O.W. 44 40 84

Maxime Quesnel, Gat. 26 57 83

Pierre Luc Chener, Gat. 36 37 73

Jason Vajda, Met. 32 40 72

Mike Wallace, OW. 33 38 71

A. Decristoforo, Met. 29 39 68

Eric Lavoie, Gat. 20 36 56

James Thomas, Met. 19 37 56

Sebastien Tremblay, C.C. 18 35 53

FINAL STANDINGS:

Metcalfe 29 9 2 210 135 60

Gatineau 28 11 1 1235 163 60

Ottawa West 24 15 1 214 143 49

Clarence Creek 18 21 1 1173 176 38

Stittsville 10 30 0 152 228 21

EOJBHL Metro Division:

Metcalfe 29 9 2 210 135 60

Gatineau 28 11 1 1235 163 60

Ottawa West 24 15 1 214 143 49

Clarence Creek 18 21 1 1173 176 38

Stittsville 10 30 0 152 228 21

PLAYOFF RESULTS:

Quarter-Final Series (Best of Five)

Clarence Creek defeats Stittsville 3-1

"B" Semi-Final Series (Best of Seven)

Gatineau Mustangs lead Ottawa West 2-1

"A" Semi-Final Series (Best of Seven)

Clarence Creek Beavers vs Metcalfe Jets

Wed., Feb. 18: Clarence at Metcalfe 8:15

Fri., Feb. 20: Metcalfe at Clarence 8:15

Sun., Feb. 22: Clarence at Metcalfe 2:15

Winchester Town Hockey League:

RECENT RESULTS:

Week 20 (Feb. 10):

C. K. Cyclones 3 - Ben's Rangers 3

Winchester Flyers 7 - Boyd Rams 4

STANDINGS:

Boyd Rams 13 5 2 116 71 28

Ben's Rangers 12 4 4 94 62 28

C.K. Cyclones 5 12 3 106 110 13

Winchester Flyers 5 14 1 66 111 11

TOP SCORERS:

Derek Holmes, Rangers 35 22 58

Craig Holmes, Cyclones 26 18 44

Chris Williams, Rangers 18 24 42

Chad Valcour, Rams 26 13 39

Mike Buller, Rams 17 22 39

Derek Rintoul, Rams 11 24 35

Wes Cory, Rams 12 18 30

Scott Baldwin, Cyclones 14 15 29

Chris Van Bridger, Cyclones 13 14 27

Jeff Scott, Cyclones 11 16 27

Grant Brown, Rams 11 14 25

Winchester Town Hockey League

RECENT RESULTS:

Week 20 (Feb. 10):

Ryan's Reds 3 - CountryGirl 0

Andy's Maroons 3 - Stewart Classics 2

Double Beauty 4 - Annable's Blues 1

STANDINGS:

Double Beauty 16 1 2 57 18 34

Ryan's Reds 9 5 5 46 23 23

Andy's Foodland 6 7 6 20 51 18

Stewart Classics 7 9 3 40 4



Bringing home the hardware

Winchester Skating Club members were loaded down with trophies and medals when they returned from the recent Seaway Valley Recreational Competition on Sun., Feb. 8. The annual event, hosted this year by Perth Figure Skating Club, attracted close to 200 competitors. In total points, WSC finished in second place out of 11 local clubs participating. Representing Winchester were (front row, from left): Jannah Vanderlaan (gold - Stage 6 Freestyle, bronze - Interpretive A); Alicia Angus (gold - Interpretive A, silver - Introductory Freestyle); Alyssa Cooper (fifth - CanSkate team event), Blythe Armstrong (gold - Interpretive A, fourth - Similar Pairs A). Back row, from left: Samantha Shelp (gold - Introductory Freestyle), Victoria Gibson-Crowder (gold - Introductory Freestyle, gold - Similar Pairs A), Josie Vanderlaan (gold - Similar Pairs A, fourth - Introductory Freestyle), Jessica Vanderlaan (gold - Preliminary Shadow Dance), Alison Wheeler (gold - Preliminary Shadow Dance, bronze - Introductory Freestyle, fourth - Interpretive A, fourth - Similar Pairs A). Missing from photo: Katelyn Churchill (fourth - Stage 6 Freeskate).



Senior skaters representing Winchester at Perth were (left): Hilary McQuaid (silver - Interpretive B, bronze - Similar Pairs C) and Jessica Calder (gold - Interpretive C, bronze - Similar Pairs C). Also competing at the Seaway Valley Recreational Competition were CanSkaters Caitlin Jampen, Emma Brooks, Samantha Dignard (fourth), Kylie Jampen and Leah Maheux who participated in the CanSkate team event.

Skaters strike gold in Brockville

BROCKVILLE — Nine skaters from the Metcalfe Skating Club collected eight medals at the 2004 Brockville Precious Edges Competition.

Carly Patterson placed first in her solo and Caleigh Gallagher first in her Improv. Caleigh Gallagher added an eighth-place finish in her solo.

Changes have been made in the club for the 2003-04 season with the word "figure" being dropped from its name, which is now the Metcalfe Skating Club. The move was made to emphasize its new focus. While continuing to develop figure skaters to compete professionally, the club is also committing itself to improving the balance, agility and power of all skaters. There are programs available for everyone including adults, and hockey or ringette players.

Emily Walsh picked up a fourth-place finish, as did Kaila Holmes in

Jets smother Fire Bolts

METCALFE — In what is being described as the team's most exciting game of the 2003-04 campaign, the Metcalfe Novice "B" Jets nipped the Orleans Fire Bolts 3-2 last week.

Elliott Cheslock got the Jets started, scoring on a pass provided by Travis Smith. Neila Brenning, assisted by Eric Ross, opened up a 2-0 lead for Metcalfe. Alex Diraimo protected the Jets' lead until the final frame when the Fire Bolts struck for a pair of goals and tied the game 2-

Andy's Foodland moves up one spot in WDLHL rankings

WINCHESTER — Kim McDiarmid finished off a play started by Cathy Corkery and Laura McDonell with 1:10 left on the clock, and her goal stood up through a wild final 60 seconds to be the deciding factor in the Winchester District Ladies Hockey League contest.

McDiarmid's put Andy's Maroons up 3-1 on the Stewart Classics but wasn't the final marker counted in the 9 am Sunday morning (Feb. 15) match. The Classics stormed Carrie Nolan's net in the final minute and Diane Downey managed to squeeze a Carrie Gilmour rebound in over the line with 56 seconds on the clock. That marker made it 3-2 and created more tension in the Maroon goal area.

With no time showing on the clock, a skirmish developed in front of the Foodland net. When order was restored referees Tom Kirkwood and Robyn Sadler called three game misconduct penalties. The WDLHL executive later handed out a total of four suspensions. The longest, being two games, will carry over into the playoffs which open on Sun., Feb. 29.

On the scoreboard the result was a 3-2 win for Andy's Maroons (6-7-6) who used the two points to move into third place, one point ahead of the Classics (7-9-3).

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Friday & Saturday
February 20-21

Friday, February 20

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Chips/pop/munchies \$1 each

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12:30 - 2:00 pm, Kenmore Centennial Park Rink

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Megan Chouinard works out at the new Changes for Women facility in Metcalfe. The ladies-only gym is located on Victoria Street at the west end of town and has attracted more than 90 members since it opened on Jan. 7.

Changes for Women gym opens

by Bonnie James
Press staff

METCALFE — A new ladies-only gym opened in Metcalfe on Jan. 7 giving women of all ages and fitness levels a convenient facility to pursue their New Year's resolutions of getting fit or losing weight.

The gym features hydraulic equipment with double positive resistance. "It's the most user-friendly equipment there is right now," said franchise owner Lorraine Wilson. Changes for Women focusses on a 30-minute workout, including warm-up and cool-down. "You're in, you're out," said Wilson. The gym emphasises regular attendance. "Thirty minutes, three times a week, that's what the Heart and Stroke people recommend," she noted.

Changes for Women caters to women of all ages and all physical abilities. Members fill out a health questionnaire before they start a program and staff are trained to help create a workout routine that will fit the individual. Staff will take measurements and keep track of members' progress if people want them to. It's not mandatory.

"It's a very social experience," said Wilson. In a small community, so many people know each other that it makes for a friendly and open

atmosphere with lots of chatting and laughing.

Changes for Women is located on Victoria Street and franchise owners Lorraine and Dale Wilson have been Metcalfe residents for 15 years. "I've always looked at different ways of getting involved in the community," said Wilson, who is a police officer. She is one of the people strongly pushing for a bike path between Metcalfe and Greely. Wilson had been wanting a local gym to work out at. "I got tired of waiting I guess," she said about the decision to open Changes for Women.

"We hired local staff, we're trying to keep everything really local," added Wilson.

Changes for Women is a local company. The owner hails from Osgoode. There are franchise locations throughout Ottawa and they are coming soon to Montreal and Cornwall. Members are able to use any of the facilities.

According to Wilson, things are going really well. She is considering adding new programs in the fall and is looking for ideas as to what people would like. She had hoped the gym would reach 90 members by the end of January. "We have surpassed our goal," she said. It seems that other women had been wanting a local gym to work out at too.

Why then, are we often willing to pay dearly for a stock, while ignoring others that may be cheap now, yet could come back to reward us at a later date? Is it because we believe the expensive stock will appreciate in value more than the cheaper stock? Or, is it that we feel comfortable going with the "herd," and are inclined to put short-term returns before a well-diversified investment portfolio that can let us put money ahead and worry behind?

Shrewd investors always hold some investments that are out of favor. As a shrewd investor, it is important that you maintain a well-diversified portfolio comprised of a variety of asset classes, including fixed-income investments, for example. Portfolio diversification involves the spreading of investment

TAX TIME: Financial management strategies for a brighter, worry-free tomorrow

Financial planning for education starts at birth

WINCHESTER — With the ever-increasing costs of post-secondary education, parents are realizing the importance of starting to save for their child's educational future. An average estimate is that 20 years from now, a four-year post-secondary education will cost more than \$90,000.

The best way to start saving for a child's education is to set up a Registered Education Savings Plan (RESP). That much is straight forward. There are a range of options, however, for how to set up an RESP.

In Winchester, Larry Berry is an enrolment representative with USC Education Savings Plans. For the past four years, he's been assisting parents in making the most of investments in their children's futures, and helping to maximize government grants.

The earnings on RESPs are tax sheltered, meaning contributed money grows tax free until withdrawn by the student. Donations can be as little as \$25 per month. Donations up to \$166

are eligible for a 20 per cent matching grant through the Canada Education Savings Grant (CESG).

Berry said he decided to work with USC, because it's a relatively small company that only deals in education savings. "Large institutions like banks are not your friends," he said. "A smaller company like USC has more flexible plans to get your money back."

USC began in Calgary in 1965 when a group of university professors got together to plan for their children's educations. Originally, the company focused only on university education, but has since developed to serve all types of post-secondary education.

Money invested in an RESP will grow rapidly over the course of 18 years, between a child's birth and graduation from high school. The government will donate a maximum of \$400 each year, which is 20 per cent of \$2,000.

A parent investing \$2,000 per year

for 18 years will have saved a total of \$36,000 during the period a child is eligible for an RESP. Berry said that based on five per cent average yearly growth an RESP will be worth \$101,000. Annual growth ranges between 4.5 and 6.5 per cent.

Berry explained that he has three adult children, and he went through the process of saving money for school for each of them. He said he learned the dangers of mutual fund investing the hard way when he ended up losing money on the savings in several cases.

USC offers its clients secure investing because all of the money controlled by the company is kept in bonds. Berry said he prefers offering clients dependable growth, rather than the fluctuations of mutual fund investments. "I don't want to go down to the grocery store and run into someone whose money I lost. We supply slow, steady development," said Berry.

USC is the single largest holder of RESP funds in Canada. It's also a not-for-profit corporation.

"An agent is necessary to go through all the rules the government has in place," said Berry. The finer points of RESP investing can be confusing. Specialized computer programs are also available to project the future growth of an account according to various timelines and levels of sav-

"The idea is, the earlier you start saving, the better," Berry. "The most important fact is that you want to do it, and then we look at how much you can safely afford to invest."

Berry encourages all of his clients to ask lots of questions. During a recent interview, he was pleased to include a client's accountant. His advice is that the more people know about their RESP plans the better. "I'd love to hold a meeting in the town square if I could," said Berry. To start planning an RESP call 774-4890.

Going against the grain is important strategy

WINCHESTER — As risky as it sounds, going against the grain is an important strategy in helping to ensure your investment portfolio remains properly diversified. Diversification helps to cushion the ups and downs your portfolio could experience as part of the investment process.

Going against the grain involves diversifying your portfolio to ensure that not all your investments go in the same direction as the market: some should go up while others are going down. This will help to protect you from significant dips in financial markets. For many investors seeking quick gains, this strategy can hurt, but it shouldn't. After all, isn't our society obsessed with bargain hunting?

Why then, are we often willing to

pay dearly for a stock, while ignoring others that may be cheap now, yet could come back to reward us at a later date? Is it because we believe the expensive stock will appreciate in value more than the cheaper stock? Or, is it that we feel comfortable going with the "herd," and are inclined to put short-term returns before a well-diversified investment portfolio that can let us put money ahead and worry behind?

Shrewd investors always hold some investments that are out of favor. As a shrewd investor, it is important that you maintain a well-diversified portfolio comprised of a variety of asset classes, including fixed-income investments, for example. Portfolio diversification involves the spreading of investment

anticipating and understanding the emotions you may experience when investing, you'll be better equipped to tolerate and benefit from market fluctuations. For example, a significant loss has been proven to evoke greater emotion than a significant gain.

With investing comes a gamut of emotion; the key is not to let your emotions influence the decisions you make. Financial advisors can help clients keep their emotions in check by developing a well-diversified portfolio. If you would like to discuss how a well-diversified portfolio could help you achieve your long-term financial goals, please contact Bruce Kerr Insurance and Investments at 774-2456.

This article was written by AIM Trimark Investments.

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HELP WANTED – Village Hair Works in Metcalfe seeks a hairstylist for full or part-time work. Call 821-0917. 48-51c

HELP WANTED – Ottawa County Depot, Accounts Payable/Office Work. Full-time position, starting immediately, experience required. Drop off resume in person at 4836 Bank Street, 822-0760. 48-49c

HELP WANTED – Data Entry/Mailing Assistant for national charitable organization. Two days per week to begin. Good interpersonal and communication skills. Some lifting necessary. Send resume and references to: Office/Finance Manager, P.O. Box 29, Chesterville, ON K0C 1H0 or fax to 613-448-1845. 48c

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Card of Thanks

CARD OF THANKS - I wish to express my heartfelt thanks to the North Dundas (Winchester) Fire Department for responding so quickly to the fire call at our home on Feb. 5. It is reassuring to know the level of comfort and professionalism exhibited by the members of the department. Many thanks to all.
- Jackie Cross and Claire Elliott

48

CARD OF THANKS - I would like to thank my family, friends and neighbors for all the flowers, cards and visits while I was a patient at Winchester District Memorial Hospital. Special thanks to Dr. Slovey, Dr. McLean and Dr. Adamson. The nurses and staff were just super.
- Joyce Armstrong

48

CARD OF THANKS - We would like to thank our family for arranging our beautiful 45th Anniversary Party at McIntosh Inn. Thank you to all family, friends and neighbors for the beautiful gifts, cards and phone calls. It will be a night to remember.
- Rae and Doris Imrie

48

CARD OF THANKS - I would like to say a huge thank you to my family and friends for making my surprise 50th Birthday just that. To everyone who sent cards and gifts, my sincere thanks.
- Eleanor Smith

48

THANK YOU COUNTRYBOY
The CountryBoy graciously donated fifty ties to the Osgoode Township Male Choir. They also supply our uniforms at an unbeatable deal. We appreciate their continued community support.
- Bill Savage, Booking Coordinator

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CARD OF THANKS - My birthday party was awesome! My sincere thanks to all my relatives, friends and neighbors for their kind good wishes, cards and gifts. Thank you to my family for all their work and to Barb Davidson who served a delicious lunch. Thank you to my minister the Rev. Carol Bain and to pastors Bud and Molly McKibbin for sharing my day.
- Doris Cross

48

JANINE COACH
BANTAM PROVINCIAL CHAMPIONS
We'd like to thank you for all your encouragement and support for "your boys". You've taken them all the way - and there's still more to come! We've always felt lucky that you're not one of our boy's parents. They don't have to live with coaching 24/7. You're the best.
- Rick and Sandy, Jan and Will, Deb and Fred and Kathy and Joe.

48

CARD OF THANKS - We would like to send out our thanks to our parents, the Winchester Curling Club members, and of course our coach Janine. Janine made this all possible for us. Our parents were the backbone for the team making sure we were there and for support. Our fan club was the absolute best! Dave and Louise, Brenda and Bill, Judy, Frank and Austin, Gord and Chris, Millie, Helen, Wayne and of course Brian. Brian will attend the Ontario Winter Games as our Manager. Thanks for all the support guys!
- Shane, Phil, Andrew and Geoff

48

In Memoriam

THOMS - In loving memory of a dear father and grandfather, Henry, who passed away February 18, 1980 and a dear mother and grandmother, Pearl, who passed away April 12, 1996.
These dates are remembered
And quietly kept,
No words are needed
We will not forget.
Deep in our hearts
You both will always stay,
Loved and remembered every day.
- Forever remembered by
- Faye, Earl and Scott Hanes

48

BYERS - In loving memory of a dear son and step-son, Trevor, who passed away February 19, 1986.
A silent thought, a secret tear,
Keeps his memory ever dear.
Time takes away the edge of grief,
But memory turns back every leaf.
- Lovingly remembered by
- Linden and Beth

48

SMITH - In memory of my father, George C., who passed away February 26, 1976. I saw the snow coming down and it reminded me of my Dad. In the winter time he would take me in the sleigh over the streets of Ottawa.
- Lila Pyper and children Donnie, Edna, June, Earl, Delmer and Harold

48

CAMPBELL - In loving memory of a dear wife, mother and grandmother, Mary, who passed away February 12, 2001.
Upright and just in all her ways.
Loyal and true through all her days.
Silently suffered, patiently bore,
God took her home to suffer no more.
- Bruce,
- Glen, Isabelle, Clayton and family

48

ST. PIERRE - A loving husband, father and poppa, Lyle, who passed away February 15, 1999.
Today recalls the memory,
5 years ago you went to rest,
And those who think of you today,
Are those who loved you best.
The flowers lay upon your grave,
May wither and decay.
But the love for you lies beneath,
Will never fade away.
Gone from home, but not from our hearts.
- Love Irene, Heather, Marilyn, Sheila and Randy, and all your grandchildren

48

O'NEILL - In loving memory of our dear dad, Wilbert, who passed away February 24, 1984.
Sadly missed along life's way,
Quietly remembered every day.
No longer in our lives to share,
But in our hearts he is always there.
- Your Loving Family

48

In Memoriam

MOFFATT - In loving memory of a dear daughter, Carrie Ann, who passed away February 19, 1998.
When evening shades are falling,
And we sit in quiet alone,
To our hearts there comes a longing,
If she only could come home.
Friends may think we have forgotten,
When at times they see us smile,
But they little know the heartache,
Our smiles hide all the while.
- Love, Mom and Dad and families

48

MOFFATT - In loving memory of a dear friend, Carrie, who passed away February 19, 1998.
We think of you in silence,
We often speak your name,
But all we have are memories,
And your picture in a frame.
Your resting place we visit,
And put flowers there with care,
But no one knows the heartache,
As we turn and leave you there.
- Miss you, Garnet and Frances

48

REANEY - In loving memory of a dear wife, mother and grandmother, Jean, who passed away February 24, 2003.
God saw you getting tired,
When a cure was not to be.
So he put His arms around you,
And whispered come to Me.
- Greatly missed by Earl, Barb (Gary), Deb (Gary), Doug (Sylvie) and your 7 grandchildren

48

THOMS - In loving memory of a dear dad, Henry, who passed away February 18, 1980.
We never part with those we love,
No distance can divide.
In memories garden, day by day,
We still walk side by side.
- Lovingly remembered
- Don and Joan MacIntosh

48

Coming Events

WINCHESTER LIONS CLUB

515 Mill St. 774-2630

BINGO

Every Monday

HALF RENTAL

THRIFT STORE

Open: Tues. 9-12; Thurs. 9-12; Sat. 9-12
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SHROVE TUESDAY PANCAKE SUPPER

Williamsburg United Church, Feb. 24, 5 pm. Adults \$6, children \$2.50, under 6 free.

46-48

HORSE OWNERS

Cattle Team Penning in Avonmore this summer. Riders interested in learning or improving their skills at penning cattle call 613-346-2393 from 5-7 pm. e-mail: sgd55h@netscape.net

46

CASINO NIGHT IN HULL

March 4, \$15 per person, package included. Departure times are Morrisburg, 55 Allison Ave., 4:45 pm; Williamsburg Post Office, 5 pm; Winchester County Kitchen, 5:15 pm. Transportation by Dundas Bus Lines, proceeds go to Local 2892 fund-raising. To reserve a seat call Connie at 613-543-3737 ext. 226 from 8 am-3 pm or 613-543-3953 after 4 pm.

47-48

THE REVIVALS

Dance to 50/60s music, Sat., Feb. 28 from 8 pm-12 midnight. Iroquois Legion Branch 370. \$5 per person, light lunch. All are welcome.

48-49c

50th WEDDING ANNIVERSARY

Harry and Nellie Roosen along with their family invite friends and neighbors to an Open House on Sat., Feb. 21 from 2-4 pm at Stanley's Old Maple Lane Farm. Best wishes only.

48

"GRIEF vs DEPRESSION"

A presentation by Dundas County Hospice, focused on identifying the difference between the normal grieving process and depression. Speaker: Martha Alteridge-Buffton, Carlton University, Mon., Feb. 23, 7 pm, Park Lane Seniors' Support Centre, 4324 Villa Drive, Williamsburg. For further information please call 535-2215. We welcome anyone with an interest in this topic.

48c

INTRODUCTION TO FAMILY HISTORY

A seminar sponsored by Vernon W.I. and BIFHSGO will be held on Sat., March 6 from 10 am-3 pm at the museum of Osgoode Township Historical Society in Vernon. Course is conducted by John Reid of BIFHSGO. Cost of \$25 includes supplies and light lunch. For more information call Ann at 821-2301.

48c

WE'RE GOING TO....

China, Britain, Scotland, Italy, France, Nashville, Alaska on a cruise, Mt. McKinley, The Mediterranean with a princess, New York City and Hawaii. Want to join us? Call Winchester Travel for details 774-2424 or 877-774-2424.

48-51c

HERITAGE DAY OPEN HOUSE

On Sat., Feb. 21, beginning at 1 pm, at the museum of Osgoode Township Historical Society, located on Bank Street in Vernon. Guest speaker will be Audrey Renton, a volunteer Military Researcher at City of Ottawa Archives, Rideau Township Branch. She will speak on local military history. Refreshments served. Everyone welcome.

48c

PANCAKE SUPPER

Holy Trinity Anglican Church, Metcalfe, Tues., Feb. 24, 5-7:30 pm. \$4 adults, children \$2.50.

48

CHESTERVILLE LEGION HOT AND COLD BUFFET

Featuring turkey, Fri., Feb. 20, 5:30 pm.

48c

EUCHRE

Thurs., Feb. 26 at 8 pm. in the Lions Hall, Winchester. Sponsored by Golden Years Society. Prizes and lunch. Everyone welcome.

48

Coming Events

HALLVILLE WINTER CARNIVAL

Sat., Feb. 28, 1-5 pm, Hallville Recreation Centre and Rink. Everyone welcome. Come out and enjoy the fun.

48

"FREEZE UP, THAW OUT" DANCE

Metcalf Community Centre, Sat., Feb. 28 from 9 pm-1 am. Admission \$5. Light refreshments, DJ, and auction. Hosted by the Metcalfe Agricultural Society. Tickets and information, Bret Fitzsimons 821-4439 or Fair Office 821-0591.

48-49c

PRE-TEEN DANCE

Fri., Feb. 20 at NDDH gym. Grades 4, 5, 6 from 6-8 pm; Grades 7, 8 from 8-10 pm. Snacks available.

48c

SWAROVSKI CRYSTAL REPAIR SPECIALIST

Bring your broken crystal pieces this Saturday, Feb. 21 to the Brooklyn in Chesterly. A repair specialist will be available from 2-4 pm for consultation. Call 448-2804 for an appointment.

48c

Yard Sale

GIGANTIC GARAGE SALE

Got the winter blues? Come see us! Tractor trailer load of new merchandise just arrived. Sat. and Sun., Feb. 21 and 22 from 9 am-4 pm. Bedroom outfits, entertainment centres, CDs, antique glass, Noritake, Royal Doulton, Susie Cooper, Wedgewood. Too much to mention. West of Williamsburg on County Road 18. Watch for signs. West of Neil's Radio & TV, 4812 Flagg Road.

48

Auction Sales

SPECIAL STOCKER AND YEARLING SALE

Leo's Livestock Exchange Ltd. (Ottawa Sale Barn) Greely, Ontario Highway 31, south of Ottawa

SATURDAY, FEBRUARY 28

commencing at 10:30 am
Next Special Stocker Sale
Saturday, March 20

48-49c

(NEW! Call for consignment please!)
Special Bred Beef Cow Sale

Saturday, April 10

(Call for consignment please!)
INFORMATION & TRUCKING
Monday and Thursday 821-2634
Outside Sale Days

48c

Steven Spratt 613-822-1351
Charles J. Menard 819-983-1056
Leo Menard 819-595-2103

AUCTION SALE

To be held at the Osnabruck Centre Hall. From Highway 401 Ingleside exit #770, travel north approximately 1.5 km to Osnabruck Centre.

SATURDAY, FEBRUARY 21

commencing at 10 am
This is one of several packages to come from a prominent Morrisburg estate, name withheld at family's request.

48c

Lady's dresser; washstand; 2 chest of drawers; balloon-back chair; drop-front desk; cupboard; parlor tables; early blanket box, original paint; double wicker rocker; old highchair; large round oak coffee table; early horse hair sofa; piano stool; Victrola; early shaving mirror; half round tables; rocker; East Lake style settee; clock shelves; assorted chairs; old doors; floor lamp; oil lamps; old car radios; crocks and jugs; old Marconi radio; stereoscope; old baskets; snowshoes; Molson advertising frame; old stained glass; cast-iron pieces; tins; early apple peeler (Reading Hardware Co.); quilts; early pictures and prints including Laying of the First Stone of the Iroquois Locks by Hon. W.S. Fielding June 20, 1898; old books; old calendars; stamp collection; excellent selection of old magazines including Woman's World, Life, The Delineator, Vogue, Cosmopolitan, McCall's, and more dating back to 1914 and up; antique magazines; Griswold lamb mold; Lincoln toy vehicles; selection of glass and china including carnival, depression, ironstone, crystal and much more. Many other articles too numerous to mention.

Note: This is a partial listing only. Many boxes not yet gone through.

Owner and Auctioneer not responsible for loss or accident.

Canteen

TERMS: Cash or Cheque with Proper ID

AUCTIONEER

Peter Ross Auction Services
Ingleside, Ontario
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*Happy 100th
Birthday
Irena
Kelso
February 25*



UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

Notice to Truckers and Shippers 2004 Half Load Restrictions

Half load restrictions will be enforced on all county roads in the United Counties of Stormont, Dundas and Glengarry. It is expected that enforcement will commence **Monday, March 15, 2004**, however, should the temperature rise above zero degrees, enforcement will commence on **Monday, March 1, 2004**. **IT IS THE RESPONSIBILITY OF ALL ROAD USERS TO MONITOR SIGN POSTING FOR THE EFFECTIVE DATE** with the exception of:

- (1) South of King's Highway No. 401 on County Road Nos. 1, 14, 33 and 35;
- (2) County Road Nos. 31, 34 and 43 (former King's Highways); and
- (3) County Road No. 2 (former King's Highway) from Leeds & Grenville boundary to Lancaster.

Persons contravening this regulation will be prosecuted under Section 122 of The Highway Traffic Act.

D.J. McDonald, P. Eng.
County Engineer
26 Pitt Street
Cornwall, Ontario
K6J 3P2
(1-613-932-1515)



The Township of Osgoode Care Centre invites applications for the following positions:

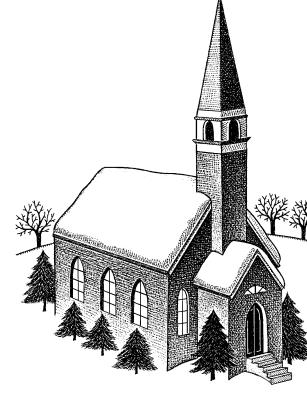
Health Care Aides/ Personal Support Workers Nurse Aides

We offer competitive salary, benefits and pension.

Applications should be submitted to the attention of

Shirley LeClair, Human Resources Manager
Township of Osgoode Care Centre
7650 Snake Island Road, Metcalfe, Ontario, K0A 2P0
Telephone: 821-1034 ext 15 • Fax: 821-0070 • E-mail:
hrm@virtualwave.com

Church Directory



CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
535-2227 or 535-2152
Retired Interim Pastor
Rev. Reimer Praamsma

Sunday

9:30 am - Morning Worship

Sunday School for children 3-5

2:30 pm - Worship Service

Please be our guest this week

47fc

WINCHESTER UNITED PASTORAL CHARGE
Minister: Rev. Bob Williams,
B.A., M.Div.

Program Co-ordinator:
Terrie Chedore

Office: 774-2512 • Manse: 774-7077

www.winchesterunitedchurch.org

WINCHESTER UNITED CHURCH

Mission: To have Jesus as the centre of our lives and to proclaim His Gospel to those around us

Sunday

10:30 am - Kid's Choir practice

11:00 am - Worship Service, Nursery and Sunday School

7:00 pm - Youth Group

Saturday

9:30 am - Junior Handbell Practice

New members welcome

10:45 am - Senior Handbell Practice

New members welcome

WINCHESTER SPRINGS UNITED CHURCH

Mission: To follow Jesus' teachings and to proclaim the Gospel News to others.

Sunday

9:30 am - Worship Service and Sunday School

A study group focusing on 'The Purpose Driven Life' by Rick Warren

Sunday, February 22

7 pm - At the Manse, 542 Cass Crescent, Winchester. All welcome.

Call Rev. Bob to register.

48c

PARKWAY ROAD PENTECOSTAL CHURCH

Parkway Road, just east of Bank St. (formerly Highway 31), Greely

Sunday

9:30 am - Sunday School

10:30 am - Worship Service

6:30 pm - Evening Service

EVERYONE WELCOME

Church Office: 821-1056

MINISTER

SR. REV. JOHN COUNSELL

41fc

HARMONY COMMUNITY CHURCH Hwy. 31 and Ormond Road

774-5170

harmonychurch@bellnet.ca

Wednesday, February 18

7:30 pm - Veronica Dewar shares about her trip to Israel

Saturday, February 21

Youth Sponsored Spaghetti Supper

Please call church to reserve

7:30 pm - Praise and Prayer Service

Sunday, February 22

10:30 am - Morning Service. Sunday School with Pastor Jerry Wallace

7:00 pm - Evening Service

Alpha Course continues

48c

OSGOODE BAPTIST AND VERNON UNITED CHURCH

8674 Bank St., Vernon

Rev. Kathy Petrie

Office: 613-821-0494

Sunday

11:00 am - Worship Service

Nursery and Sunday School

A warm welcome to all!

29fc

COMMUNITY CHRISTIAN REFORMED CHURCH

Dixons Corners

Pastor:

Rev. Clarence Witten

613-652-2400 (Church)

Sunday

10:00 am - Morning Worship

7:00 pm - Evening Service

39fc

Employment Opportunity

A local insurance firm is looking for a

Customer Service Representative

Full-time Position

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c/o Winchester Press

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CANVAS' NEWEST SINGLES' SITE launches on Valentine's Day! The first 100 to register will receive a free three-month membership. Jump on board today! Visit www.HeartToHeart.ca

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OBITUARIES

Don Thompson

Don Thompson, "Donnie" to his friends, died at Winchester District Memorial Hospital on Feb. 13, 2004. The lifelong resident of Williamsburg always said that there were not enough characters in the world; given that, he endeavored to be one of them.

He was born on May 1, 1938 to Hugh and Emma Thompson. He grew up in their Williamsburg boarding house during the Dr. Locke years. His childhood was spent travelling the streets of Williamsburg and being spoiled by the neighbors. This led to his mother asking the neighbors to stop feeding him. It was a time that molded his life, for wherever he went, he always made friends and ate well. He could talk to anyone about anything, and often did.

He attended Williamsburg Public School and Morrisburg High School and had many fine memories of his hijinx with the boys. After Grade 12, he spent a year working on a surveying crew on the Trans Canada Pipeline near Gravenhurst. He returned to finish Grade 13 and went on to Carleton University where he played on the defensive line of the Carleton Ravens football team. His university career was short-lived, so he left the area to work on the South Saskatchewan River Project as a surveyor's assistant. He kept his job until the temperature reached 40 below. Following that, he came home to sell insurance for his father.

In 1961 he started dating Jean Garlough and soon became a regular around the Garlough family dinner table. They were married on June 29, 1963 and started their life together in the old farm house on Pages Corner Road, east of Williamsburg, where they took up raising hunting dogs and beef cattle. Their first daughter, Laura, was born in 1965, and the twins, Susan and Cindy followed in 1972.

During this time, Don's career switched a multitude of times, working as a diver, gunsmith, managing car sales and driving a truck. Even-

tually he developed skills as a machinist, welder and mechanic. In 1977 he found his calling, instructing diesel mechanics and welding at Kemptville Agricultural College. He loved teaching; after all, "it allowed him to tell the same jokes year after year." He retired in 1996 and he finished his career doing part-time work with the Commissioners.

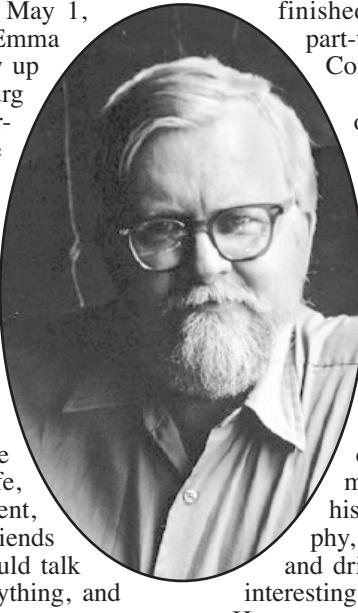
Don had a multitude of interests outside of work. He was a dedicated outdoorsman and lifelong member of the Vernon Deer Lodge. He continued to hunt with his many good friends up until last fall. He also loved to travel. It gave him the opportunity to visit museums and pursue his hobbies of photography, genealogy, good food and drink, and just meeting interesting people.

He was actively involved in many organizations. He was the past president of the Williamsburg Legion branch #538. He was past master of the Williamsburg Masonic Lodge #480, a member of Henderson Masonic Lodge, first Principal Covenant St. John Chapter RAM #113 in Cornwall, Preceptor Cornwall Preceptory, member Karnac Temple-Shriners, Cornwall SDG Shrine Club. He was also a member of the McTavish Clan.

He was a rugged individualist but he also was a Renaissance man. He loved life and was interested in everything. He enjoyed meeting people, hearing their stories and telling them new ones. He was always there to help anyone who needed it. To his family and many of his friends, he was the finest man they ever knew. He will be greatly missed.

He was loved by his wife Jean Thompson (nee Garlough), daughters Laura Thompson (Steve Martin) of London, Susan Thompson (Glen Girard) of Ottawa and Cindy Thompson (Justin Wightman) of Brampton. He was predeceased by his father Hugh Thompson and mother Emma Thompson (nee Reilly).

Arrangements were entrusted to Marsden and McLaughlin Funeral Homes Ltd.



Pauline Hess

Pauline Hess of Morrisburg died on Feb. 6, 2004 at Winchester District Memorial Hospital. She was 97.

A lifetime resident of the area, she was born in Winchester Township on March 26, 1906 to the late Amaziah Froats and Nellie (nee Fawcett).

She was predeceased by Harold Hess, whom she married on Dec. 26, 1923 at her family's home in Nation Valley.

She is survived by children Annie (Lyle) Barkley of Inkerman, Lyle (Sandra) of Windsor, Lila (Jim) Crowder of RR 2 Williamsburg, and Glendon of Trenton. She is also survived by sibling Carrie Baker of Port Perry.

She was predeceased by daughter Marion Hess; sons Hubert and Darcy; sisters Mabel Fawcett and Kathleen Summers; and brothers Winterfield, Stanley, Ferguson, Sidney and Bismark Froats.

She was sister-in-law of Pauline Froats of Ingleside; and mother-in-law of Gwen Hess of Winchester Springs and Kitty Hess of Kitchener. She will be fondly remembered by 14 grandchildren, 18 great-grandchildren and several great-great-grandchildren.

She liked to cook, quilt, knit, play bingo and visit with friends. She lived at Hartford Home in Morrisburg for the two previous years.

Friends called at the Marsden and McLaughlin Funeral Home in Williamsburg on Feb. 9. The funeral was held at the funeral home on Feb. 10, officiated by Rev. Bob Williams. Interment was at Maple Ridge Cemetery in Chesterville.

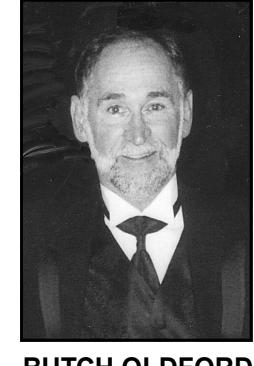
Pallbearers were Chris Crowder, Bill Hess, Donald Hess, Brian Hess, Jamie Cheney and Dan Hess. Donations to the Winchester District Memorial Hospital would be appreciated by the family.

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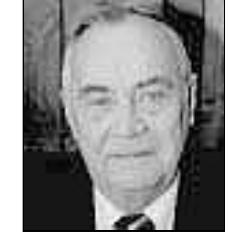
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Mountain Musings

by Shirley Mills

MOUNTAIN — The annual pancake supper at South Mountain United Church will be held on Tues., Feb. 24 with serving between 4:30 and 7 pm. This great meal includes sausage and pancakes with real maple syrup, donated by Boyds.

As a finishing flourish, there are homemade donuts. All this is available for \$5 for adults, with those under age 12 eating for \$2.50. Everyone is welcome including snowmobilers who might like to end an afternoon of fun with a good supper.

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PANCAKE SUPPER

Tuesday, February 24

4:30-7:00 pm

South Mountain United Church Hall

Come in for great pancakes, sausage and real Mennonite maple syrup! All-you-can-eat pancakes, plus make it the ultimate decadent treat with homemade doughnuts for dessert!

Adults \$5.00
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Snowmobilers
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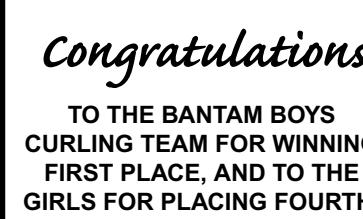
\$209,900. ONLY 22 MINUTES FROM DOWNTOWN OTTAWA, 3+1 bedroom hi-ranch, 2-car garage, woodburning fireplace in rec room, oil furnace, central air. Large deck, hedged yard, 1-1/2 baths. Look today.



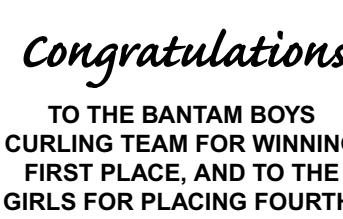
\$239,000. WATERFRONT HOME on north side of Lakeshore Drive. Hi-ranch, 2 baths, attached garage, extra garage and greenhouse at rear, wrap-around new deck, terrific view, gas heat.



\$219,000. RIVERVIEW - Built in 1999. Would you like to retire to the river? Lovely 3-bedroom with carport and single car or workshop. 2 baths and laundry on main floor. Basement undeveloped.



\$94,900. 4-BEDROOM WITH WOODSTOVE and oil furnace, very private. A large drive shed plus two other outbuildings with power and cement floors. 1.91 acres, perennials and shrubs.



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E4592

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23-353-2

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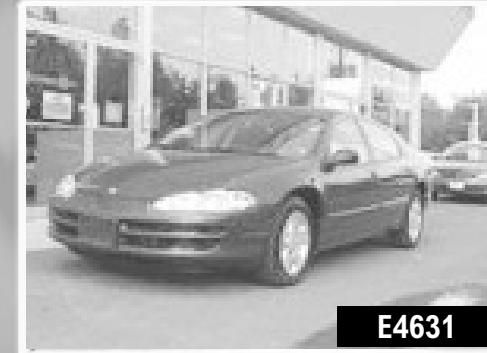


E4566

2003 INTREPID

\$150 BI-WEEKLY*

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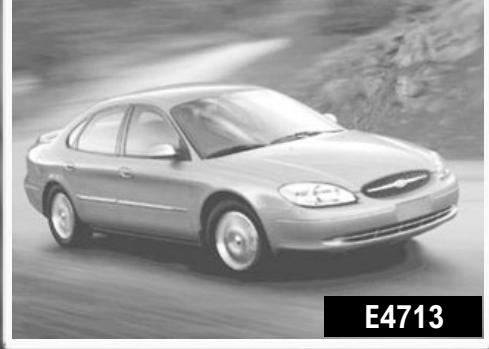
E4631

2003 TAURUS SE

\$161 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS

Not exactly as shown



E4713

2003 TIBURON

\$179 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS

Not exactly as shown



24-98-2

2000 F150 S/C

\$143 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS



23-559-2

2001 WINDSTAR SPORT

\$146 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS

Not exactly as shown



23-620-1

2000 WINDSTAR SEL

\$146 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS



E4661

2000 CAVALIER Z24

\$100 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS



E4614

2001 FOCUS WAGON

\$119 BI-WEEKLY*

\$2,000 DOWN • 130 PAYMENTS



24-005-1

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