The Chesterville Record

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CNA BLUE RIBBON AWARD 1995

Volume 101, Number 15 Chesterville, Ontario Wednesday, November 22, 1995 Single Copy 75¢ (GST Included)

This Week

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Briefly

Widowed Support draws quilt winner

CHESTERVILLE — The Widowed Support Group of Stormont and Dundas has anoucned the winner of its recent Quilt Draw. Winner of a quilt in the November 16 draw was Irene Harrington of Osgoode.

Craft sale features the region's best

CORNWALL — Cornwall's largest juried craft group is holding its annual Christmas Craft Show and Sale November 24 to 26 at the Cornwall Civic Complex. The Tri-County Craft Association's sale features the best in tole and decorative painting, pottery, wood products, silk and dried flower arrangements, weaving, clothing, jewelry, dolls, stained glass, candles, and more by local artisans and craftspeople. The show also features free parking and free admission.

SNRCA joins the 'Net

BERWICK — The South Nation River Conservation Authority has found the on ramp to the information highway. The SNRCA recently joined the Internet, and its new E-Mail address, for modem users, is SNRCA@CNWL.IGS.NET. Computer users can send and receive electronic mail from the SNRCA, and general manager Dennis O'-Grady says the system is one more way for the authority to keep in touch with schools, businesses and landowners in the watershed.

Library honors bookmark winners

AVONMORE — The Stormont, Dundas and Glengarry County Library is honoring three local people for their winning efforts in the Bookmark Contest. Alicia Hunt of Chesterville and Vicki Ouderkirk and Michael Siddall, both of Finch, were among 15 winners across SD&G who received a prize and will have their bookmark designs published and distributed. The contest was judged by local poet Debbie Beddington and Library Board member and teacher Dennis Taylor.

Blood donor clinic

EMBRUN — The Optimist Club Optimiste of Embrun is sponsoring a blood donor clinic Wednesday, November 22 at the Embrun Recreation Centre. All donors require their signed Red Cross card or photo or signature identification.

Bereaved families discuss holiday stress

CORNWALL — The Cornwall and area chapter of Bereaved Families of Ontario is holding its monthly share and support night Thursday, December 14 in the library of Cornwall Collegiate and Vocational School, 437 Sydney Street, Cornwall, from 7 to 9 p.m. The theme for the evening is "Holiday stress." Bereaved families is a support group for those who have lost a loved one through death. For more information, call (613) 936-1455.

Tips needed in monument vandalism

Crime Stoppers this week is asking for the public's help in solving an act of vandalism to a monument in Morrisburg. Overnight on August 8, graffiti was drawn on the War Monument at Morrisburg's town dock. If you have any information on this or any crime, call Crime Stoppers toll-free at 1-800-265-TIPS. If your tip leads to an arrest, you may qualify for a cash reward of up to $1,000. You do not have to reveal your identity to help solve a crime.



This year's "Timmy" for Easter Seals, Scott MacLellan, says he's just another ordinary kid who likes to play computer games and loves to swim in the summer. Scott lives in Winchester with his parents Andrea and Terry and his six-year-old sister Courtney. Scott was selected by Easter Seals for his ability to overcome unusual circumstances. His duties as "Timmy" will include participating in a parade and speaking to the Rotary Club of Chesterville who are jointly sponsoring him with Easter Seals.

Courage and honor:

Winchester youngster tackles disability with distinction, will lead Easter Seals campaign as Rotary Club's "Timmy"

Melissa Batchilder
Record Staff

Scott MacLellan has a few things to say about disabilities. And having been chosen as the Chesterville Rotary Club's "Timmy" for the annual Easter Seals campaign, Scott will have ample opportunity to vocalize his thoughts.

"Automatically when you hear the word disability," says the 10-year-old, "you look for a wheelchair, a walker or crutches." That's not the way it is, he adds with a deep breath.

Although Scott is affected by several disabling conditions including cerebral palsy and a critical lung condition, his story isn't about the things he can't do. It's about the things he can.

Being chosen as Timmy, he says, will just give him more opportunities.

Sitting at the kitchen table in his Winchester home with his mother, Andrea, Scott chooses to speak for himself. Often he scowls at her when she attempts to clarify or add something to what he has said. "Let me have a turn," he chides.

An award Scott received earlier this year can in some ways give an accurate description of the grade 5 student. "I won the Award of Fortitude," he says with his mother explaining, "it's the highest medal in Scouting," and is awarded to him for not allowing his physical challenges to get in the way of his success.

> ***"We've never focused on Scott's problems. He's always just been another member of the family."***
> **- Andrea MacLellan, mother of Scott, Chesterville Rotary's "Timmy"**

"I can't brag about myself," says Scott, "but I did get a medal with a bronze star and purple ribbon." It's pretty cool, he admits.

"When he's 20 he will realize the magnitude of what he has won," says his mother.

As well, his love of chess, computers and Tae Kwon do add to his life as the average 10-year-old. Actually, adds Andrea, as for academics he is above average.

Nevertheless there are drawbacks, he supposes, to having a disabilities. "He has had a lot of medical treatment and has had to endure a lot of hardships most kids don't have to," his mother says.

Scott says Cerebral Palsy "is like there a little piece of my brain that shrunk when I was born. Part of that piece helps my co-ordination, walking and breathing. All of those, I just can't quite get a grip on.

"But I'm still able to do a lot of things." His positive attitude is contagious.

"We've never focused on Scott's problems," explains his mother. "He's always been just another member of the family."

However, this year will be a special one as he begins his duties as "Timmy."

"I would like to say thank-you to the Chesterville Rotary Club for helping to put the rails on our porch stairs. Before I had to crawl up and it really made me embarrassed. Because of the rails, it really got me off my embarrassment."

Andrea credits the Easter Seals organization and Rotary's involvement with it for totally co- ordinating all of Scott's needs. "It's just wonderful to have such an organization out there."

Next month Scott's official duties as Timmy will begin.

☐ Please see TIMMY on page 6

Musical evening to benefit Crysler girl

Greg Hewitt
Record Staff

AVONMORE — A special evening of music Sunday will benefit a young Crysler who was paralyzed in a tragic highway accident in August.

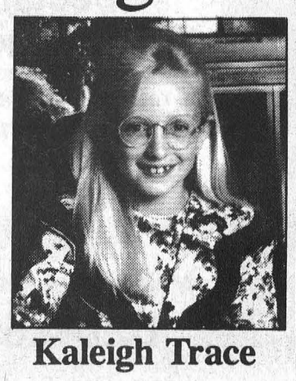
The event, called the "Super Special Sing," takes place at St. James United Church in Avonmore Sunday, November 26 and begins at 7:30 p.m. All proceeds from the event will go to the Kaleigh Trace Trust Fund.

Nine-year-old Kaleigh, who was paralyzed after an August 28 highway accident near Casselman, will attend the event with her family.

The 90-minute musical program will feature Murray MacKenzie, of Orangeville, formerly of the Newington area, who has just returned from Nashville where he recorded a music video. MacKenzie will sing some of his newest country-gospel recordings.

Also featured are Luane (Wood) Doyle, guitarist Mike Delaney, the SD&G Male Quartet, directed by Gilles Levac, and the St. James Choir, directed by Elgin Bowman, with flutist Cathy Meyers accompanying. The event is organized by Rev. Dr. Ross Davis.

Light refreshments will be served, and everyone is invited to take in the music and support the Kaleigh Trace Trust Fund.



Kaleigh Trace

The Knights of Columbus are also helping the fund, with a breakfast the same day in the basement of St. Anthony's Church in Apple Hill. The breakfast will be served from 9:30 a.m. to 1 p.m., with all proceeds to the Kaleigh Trace Trust Fund.

Tourism merger will combine best of urban and rural strategies

Greg Hewitt
Record Staff

CHESTERVILLE — Tourism in eastern Ontario will now be promoted by a single, unified body, marketing the best of the SD&G's urban and rural attractions and accommodations as a single geographic destination.

The Seaway Valley Tourism Association and Cornwall Regional Visitor and Convention Bureau have merged, and a new board of directors — with a mix of Cornwall and rural members — will begin planning for a new partnership in promoting SD&G as a tourist destination.

The new entity was formed at a meeting last Wednesday following a meeting of the SVTA and Cornwall bureau. The new association is tentatively called Cornwall & Seaway Valley Tourism, and has about 120 members from across the region.

And the merge should not be viewed as the "swallowing up" of rural SD&G's tourism machine into the city of Cornwall's, says Michel Lalonde, general manager of the Raisin Region Conservation Authority and a member of the new Cornwall & Seaway Valley Tourism board.

Lalonde pointed out that five of the 11 board members represent rural interests, and those members will have their full say at subsequent meetings of the new organization.

☐ Please see MERGER on page 2

Legion changes system after Nevada shortfall

Greg Hewitt
Record Staff

WINCHESTER — The Winchester Branch of the Royal Canadian Legion has clamped down on the way its Nevada break-open tickets are sold after an audit revealed some tickets were not being accounted for.

A November 14 audit of the Legion's Nevada sales revealed a shortfall in the number of tickets accounted for. Based on that audit, and projected over the 15 years the Legion has sold Nevada tickets, losses could have amounted to $200,000.

After consulting police, an accountant and a lawyer, the Winchester Legion's Nevada tickets are now supervised by the bar steward and accounted for on a daily basis, rather than sold by an individual and tallied less frequently.

Winchester Legion president Tom Beck explained the audit was called by a new executive, which wanted to gauge the effectiveness of the tickets, which the Legion uses to raise money for community projects. The audit was also called because the lottery licence was up for renewal.

The audit found errors in the way tickets were accounted for, and the Legion called police to investigate the matter, Beck said.

Beck stressed there was never any "fingerpointing" or suspicion of money fraud on the part of any individual. "We just felt they weren't being accounted for properly, which is quite an easy thing to do," he said.

"We never at any time thought there were any funds missing, it's just the tickets hadn't been accounted for like we thought."

☐ Please see LEGION on page 2



Six join Rotary

Club president Martin Derks, left, and District Governor Edmond Lanthier, right, inducted six new members to the Chesterville Rotary Club during the governor's visitor Mon., Nov. 13. Joining the club are, second from left, Robin Morris, Rob Berkvens, Bohus Fodrek, Betty VanDenBosch, Ron MacDonald and Craig Campbell. Photo by Birket Foster

T.R. Leger students build on success

Melissa Batchilder
Record Staff

MAPLE RIDGE — It's been fine-tuned and is running better than ever.

With the move of the T.S. Leger Alternative School from Nesbitt Road to North Dundas District High School at the beginning of the school year came many positive changes, says instructional assistant Gord MacDonald.

"Being in the high school offers us many opportunities we didn't have in our previous location," he adds.

Teacher Cheryl Williams agrees. "We have our own classroom, which is a much larger space than last year and it's more comfortable."

As well, the school which offers an alternative learning method to high school students has more resources at NDDHS. "We have the library, the cafeteria, computers, staff resources, ideas and support and a new venue in which to sell products students produce."

Wood products constructed by the class have been making a name for themselves throughout the area in the past year. Students design, build and market bird feeders, cutting boards, chopping blocks, candle holders and a host of other items.

"Students work hard to build quality items and then sell them to support the school," explains MacDonald.

Although the products can be seen at some craft sales, MacDonald invites the public to visit the shop and see where it's all done. "We have a display case set up and all are products are displayed in it."

Of course, said Williams, "we are very grateful to all NDDHS staff who have welcomed us into their school, been very supportive of our program and have made us feel very comfortable."

Despite the change in location, she adds, the rules are still the same. Students must have good attendance and cannot miss more than one day in a two week block.

As well, they must complete a certain number of lessons each week along with learning skills and producing various products in the shop.

MacDonald says this year also offers a better and more realistic opportunity to earn money through working in the shop because Futures is not sponsoring the program.

"They reap the benefits of their hard work and imaginative ideas and the onus is on themselves to produce marketable products," says Williams.

Most students have been able to sell products by word of mouth, says MacDonald. "And each student keeps an account book in which they record any transactions whether they are debits for material purchases or credits for sales."

This enables each student to keep track of where the money is going and what items are selling and how much money their company is making.

Last year, says Williams, was a very successful one for most. "Most students completed the year and students attendance improved in the program."

Currently though, students are doing their best in promoting their woodworks in addition to their academic studies. "Sales are steady," says MacDonald, "but the market is limited."

Due to the nature of the craft, such as birdhouses and chopping blocks, there is a smaller market. "Sometimes we have to cater to the kids who can pay $10 for a gift, but not $20."

The program is a positive experience for students, said MacDonald. "It's working, but we still need community support."

Inviting the public to see the shop and the students working makes it aware of what's taking place in a part of the community.

With Christmas fast approaching, several items are for sale at reasonable prices, says MacDonald. "All one has to do is just drop by the school."

Merger creates new tourism body

☐ Continued from page 1

The board plans to meet Thursday, November 23 to begin planning tourism strategy as well as logistical details, such as the election of an executive.

The new board will be responsible for the hiring of a manager and three staff members, for the determination of a permanent office location and for marketing and administration.

This must be done with refernce to a projected budget of $279,550, $150,000 of which is from the city of Cornwall, $50,000 from the United Counties and the balance self-generated from things such as membership dues.

The new organization will honor the contracts of existing SVTA and Cornwall bureau staff members, which expire December 31 and January 31 respectively. The hiring of new staff will be an open process.

Lalonde said it was logical for the two bodies to merge.

The new association will avoid duplication of tourism initiatives, and pull together the best concepts of the existing associations.

Lalonde said that previously, for example, the city of Cornwall was able to market its accommodations, but generally had to include attractions outside the city, such as Upper Canada Village, in its promotions. And similarly, Seaway Valley Tourism, when marketing attractions in rural areas, had to include Cornwall's accommodations in its approach.

But as far as designing a tourism promotion strategy, Lalonde says the new group will not "try to re-invent the wheel," but will strike a committee to maximize the best concepts of both previous groups.

Ron MacDonnell, Reeve of Lochiel Township and United Counties tourism representative, was chosen interim president of Cornwall & Seaway Valley Tourism.

The 11-member board also consists of two accommodations representatives, two attractions representatives, two food services members and two retail members, as well as Upper Canada Village's Kimberley MacLennan, and Dick Aubry, political representative from the city of Cornwall.

Other board members are Holiday Inn Express manager Brent Carruthers, Parkway Inn manager Alain Miroux, Cornwall Motor Speedway director of marketing Brian Mulligan, Creg Quay marina director of public relations Sharon McRae, Country Style Donuts owner Pieter van der Veen, South Dundas Economic Development Commission project manager Linda Bowers and Apple Hill maple syrup producer Gary Ivens.

James de Pater, who resigned as director of the Seaway Valley Tourism Association last Wednesday, said he was pleased with the makeup of the new association's board of directors.

He said he had fears some would view the change as a takeover, and not a merger, but said his fears were reduced after last Wednesday's election, in which the rural and city concerns were represented almost equally.

"When all was said and done, everything pretty much split down the middle,"

Legion

☐ Continued from page 1

Police have wrapped up their investigation, and no charges have been laid.

Nevada tickets, also know as break-open tickets, are a common fund raising tool for many organizations and charities. They cost 50 cents each, and offer prizes of $5, $10, $25, $50 and $100.

Beck said the Winchester branch of the Royal Canadian Legion pumps about $100,000 into the community yearly, through donations to Winchester District Memorial Hospital, minor sports and other organizations. Most of that money is raised through the sale of Nevada tickets.

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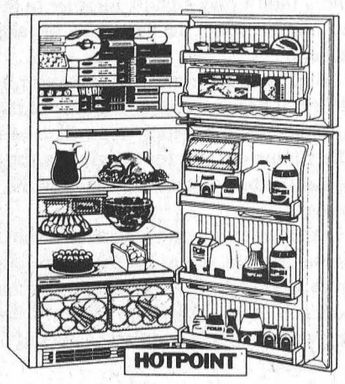

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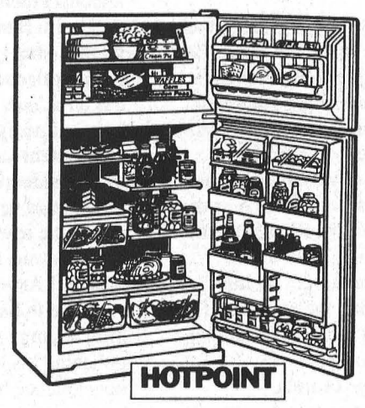

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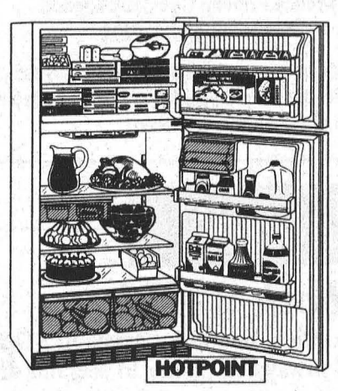

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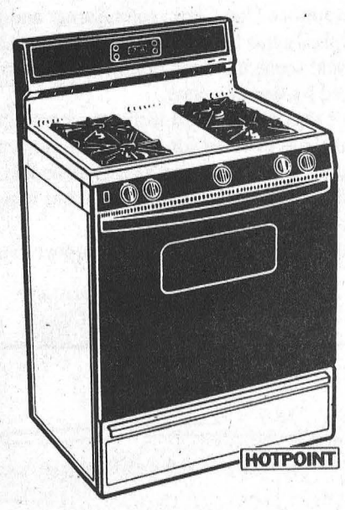

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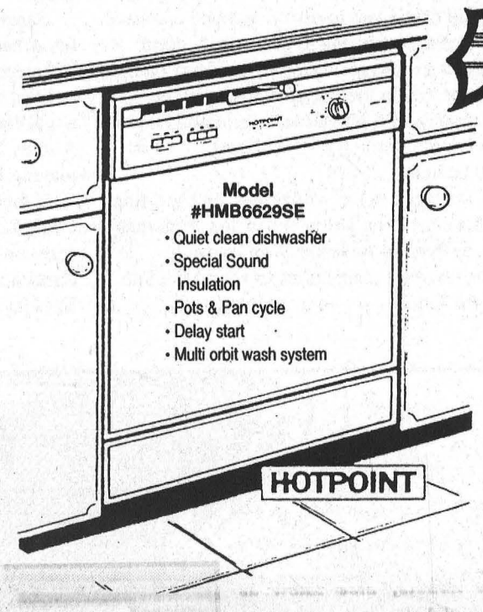

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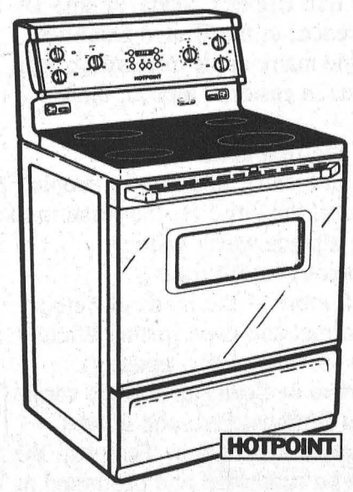

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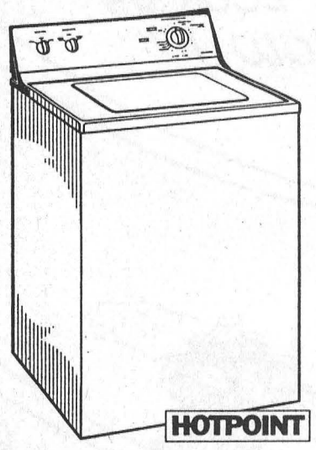

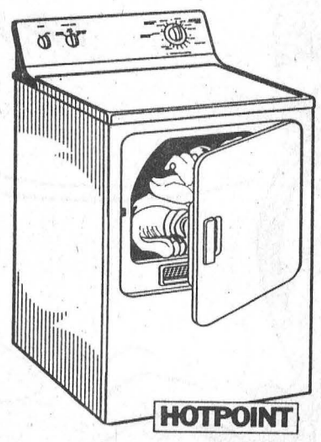

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Editorial

The best of both worlds

Regardless of what political boundary exists in SD&G in two years, there will always be plenty to see and do in the United Counties — from the city of Cornwall to its north, east and western boundaries.

From major attractions like Upper Canada Village to the Parks of the St. Lawrence, to the United Counties museum in Cornwall to the many apple orchards, sugar bushes, bed and breakfasts in eastern Ontario, there's plenty to do.

This is after all, one of the first areas settled in Canada. The area is rich in history, and rich in people. It has all the country charm, the city life, the restaurants and attractions that make a place worth visiting.

It has year-round recreation, nature trails, accommodation and much more — the kinds of things people from Ottawa, Montreal and even further afield would love to experience — if they knew about it.

It makes sense that tourism in Cornwall and the rural areas of SD&G should be administered, and indeed marketed together, as a single destination. That way, the best elements of both can be combined and promoted as a package.

And it's important that the area's attractions and charm are promoted. Businesspeople have invested their time and money in their interests, and a strong base of visitors can enhance their opportunities greatly.

Tourism has long been identified as a vast, under-utilized resource in SD&G, and the economic benefits of tourism make it worth spending money on promotion.

It's likely that those from outside the area who have already discovered what SD&G has to offer tell friends and family. But it's important a strong and effective voice for the area is in place.

Both the Seaway Valley Tourism Association and Cornwall Visitor and Convention Bureau have been working toward promoting tourism for years. Now that they have merged, and formed a new partnership, their work will hopefully be enhanced.

The board of directors of the newly-formed Cornwall & Seaway Tourism has almost an equal number of members from both Cornwall and the rural areas of the United Counties, meaning rural tourism interests have not been simply swallowed by the city of Cornwall, as some had feared.

The merger is a good idea, and hopefully, when the nuts and bolts of the new organization are sorted out, work toward marketing SD&G as a destination will be more successful than ever before.

Off The Record

St. Lucien on the road to Damascus

By Robin Morris
National Affairs Editor

In his *Study of History*, Arnold J. Toynbee noted a similarity of great leaders and prophets as they pondered their futures before re-entering society to put their visions to the test. The striking similarity among such visionaries - Moses, Christ, Mohammed and the Buddha - was what Toynbee termed their "withdrawal and return".

Although their visions differed greatly, their personal experiences were much the same: Each withdrew physically and spiritually into an inhospitable place before returning with their earth-changing news. Each chose a wilderness, either actual or metaphorical, to examine themselves and what they saw as their mission. Each underwent great physical privation as they examined their inner selves. Moses went to the mountain top before returning with the 10 Commandments. Mohammed went on his Hegira. Christ withdrew into the fastness of the wilderness for 40 days and 40 nights. Buddha spent decades under the Bo tree.

Lucien Bouchard went to Florida.

Hey, it's got lots of sand and it's hot and the place is full of the less civilized and you can have the deuce of a time trying to get a really good meal. And it's a bugger trying to windsurf on one leg. And the media there tend not to treat the every utterance of a second-rate Jefferson Davis as if it were the Sermon on the Mount.

It can be hell.

After his week in the wilderness, and sporting one of those tans you get in expensive wilderness settings, St. Lucien returned Tuesday to announce that he expects to be crowned the Sun King of the Quebec separatist movement's provincial wing to lead his people out of the 10 tribes of Canada and into the Promised Land. St. Lucien (or Benedict Bouchard as he is known in other, less complimentary, circles) was handed the national platform of the CBC for his announcement that he will seek to replace that oily old dipsomaniac Jacques Parizeau as leader of the Parti Quebecois.

The good news that came of Tuesday's announcement is that after 25 years in politics, St. Lu-Lu finally has a real job. And a membership card in another political party to add to his collection. Liberal, Tory, BQ, PQ. St. Lucy has an *a louer* sign on his soul. His personal political peregrination is like a Six Flags amusement park. His road to Damascus detours to a presidential palace.

The bad news is that he is leaving Ottawa where the rest of the country can keep an eye on his traitorous behavior to escape to Quebec's National Assembly where the fawning media will continue to build up the mythology surrounding him, adding to their duties the full-time job of polishing his halo as he spews his venom about how Quebec has been wronged for the past 200 years.

Santa Lucia was accompanied on the dais by his American trophy wife, who, the gossips say, threatened to leave him if he decided to stay in politics. (Yeah, like she'd prefer to be the wife of a real estate lawyer in Chicoutimi.) Anyway, Audrey has decided to stick it out, perhaps playing Josephine to her very own Napoleon.

If there is one thing more maddening about Louie-Louie than the sum of his parts, it is his constant condescension toward the rest of Canada as evidenced in his pronouncement Tuesday when he spoke of "federal anarchy" in the face of constitutional change in the rest of Canada; of how it will be "good for Canada" to go through the angst of his leadership so that we can come to understand the reality of Quebec. Of how we've already stabbed Quebec in the back following our protestations of love at the Oct. 27 Place du Canada rally by enticing Quebec industries to re-locate in other parts of Canada. (As if King Lucien I, Parizeau and Bernard Landry didn't play significant roles in this with their harping about the need for a racially pure Quebec).

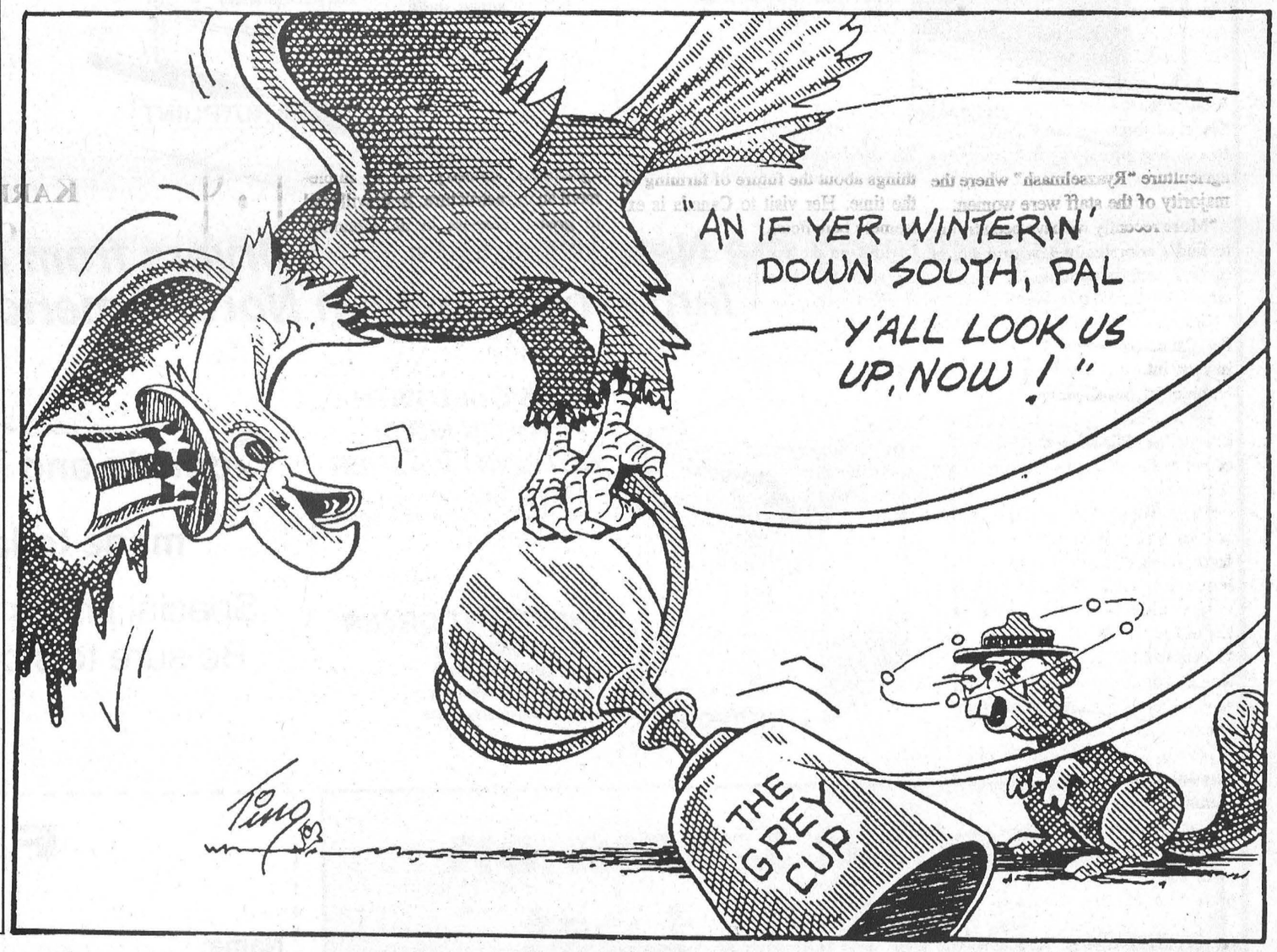
To tell you the truth, Gentle Reader, I'm just a tad sick of hearing about the Battle of the Plains of Abraham and listening to the likes of Bou-Bou as they mine the past for imagined wrongs like Bosnian Serbs constantly re-fighting the Battle of Kosovo.

Let's face it. It was between two European colonial powers. It was fought by professional armies with no long term stake in the country where it was fought and the upshot of the whole thing wasn't all that bad. It was, is, and ever shall be, Canada.

And we can mine our own past – and present – quite nicely to put the lie to the likes of St. Lucien. Since 1968 Canada, with a few brief interruptions (Joe Clark, John Turner and Kim Campbell), has been led by Quebecers and our political scene has been dominated by parties elected by that province.

We don't need to be lectured on how the country has evolved for the past 27 years as if it occurred in isolation and as if Quebec had no part – and no responsibility – for what has happened since Centennial Year.

And we don't need another prophet to tell us so.



THE FARMER'S WIFE

By Wyn Thompson

My friend just had a birthday and she received the best gift of all, she told me. A leather-bound diary, her first. Not her first diary, for she had been a diarist for over fifty years, but this one was leather.

"This was the ultimate gift," she laughed, "when I unwrapped it, I felt in league with Peyps, Wordsworth and Woolf."

My youngest grand-daughter tells me that keeping a diary is popular now among her friends. They are in the twelve-thirteen age group.

I knew that keeping a diary was a fashionable pursuit of young Victorian women who were always greatly encouraged by literate older ladies.

But, why do the rest of us bother? Why do we scribble a paragraph in a journal, the more diligent ones day after day, the rest of us as the spirit moves or as a significant event, emotion, or change in weather prods us to pick up journals and record it?

Perhaps we crave immortality. Do we want our past lives to speak to our descendants? Do we think our lives and the times we live in are really interesting and worthy of record, or that one day our writing will make us famous?

Or do we just want to use it as a tool of recall - verbal pictures that mark the path of our life.

I went to the library to see if I could gain some insight into this passion that overtakes most of us at some time or other. The librarian told me that often it is a secret passion and it is believed that there are thousands of diarist who will never confess their interest in journal keeping, diary writing, or whatever.

The librarian, even as I, confessed to being "as the spirit moves me" diarist. "But, it is a habit I can't entirely shake," she laughed, "I will go for the longest time and my diary lies dusty and unused and then, all of a sudden I'm overcome with a great urgency to record an event or my thoughts in my little journal."

"I like Simon Brett's comment best. He is editor of the Faber Book of Diaries, a select anthology of British diarist's entries, and has said, "The motivation varies enormously, but the urge is the same. Maybe, at its simplest, diary-writing is a personal way of imposing some kind of permanence or order on the chaos of the world around us."

Be that as it may, it is a trivial pursuit, harmless, not publishable. It is in the league with letter-writing, only easier and cheaper - no stamp.

I met a friend today who greeted me with, "What a interminable gray week this has been!" Her face clearly told me that she had the 'blues.'

I decided that there are two kinds of winter blues. One is cabin fever or the winter blahs that all of us northerners slide into on occasion between November first and March thirty-first.

The other winter blues are visible on any sunny day when the ground is snow-covered. So on a clear blue and gold day, when the sky is a bowl of delphinium blue, and as the short day hurries toward night, lengthening blue shadows stretch out from every tree and from every elevation, and they are designed to chase the gray blahs away.

Then as twilight settles over the countryside even the white houses and church steeples become muted shades of bluish-purple, only punctuated here and there with the yellow glow of lights blinking on in houses and barns.

I like to take a quick walk at this twilight time and see the white curls of smoke reaching up from the chimneys welcoming children and workers home.

As I walk, I think of everything I have to be thankful for, and it is a long list by the time I am finished. I am thankful for love and friends and family.

For November blues and soft indigo twilights. For the chilly sweetness of peepers in April. For my winter birds, so brave, so hungry, particularly the little chickadees that bang away at the suet cake right outside my dining room window. He cocks his head and seems to say, "Life is what you make it, Eh?"

I am thankful for books and music. And for Cat howling at the door. Well, there are so many things to be thankful for that the list is unbelievably long.

At any rate, it is good to take time to be thankful any time, for it is so easy to let the world's troubles drown one in a flood of despair.

It is time to turn back and I walk more quickly in anticipation of the warmth and fragrance of my wood fire, a savory stew simmering in the crock pot and a warm loaf of bread ready to be lifted from the bread-maker.

High in the darkening sky the white moon, calm and cold, rides through the clouds like a ghostly galleon on a sea of navy blue. Enjoy this waiting month before the celebratory month of Christmas!

To ponder: Poet Hannah More spoke of "all the peace which springs/From the large aggregate of little things."

From Russia with love:

Women share ideas, methods and friendship

Melissa Batchilder
Record Staff



Crysler farmer Dorothy Middleton hosts Russian entrepreneurs Valentina Khratova, Galina Chernikova and their interpreteur Sonia Dermid of Orleans.

CRYSLER — Russian farm women are seeing their profession in a different, perhaps more encouraging light, thanks to their Canadian counterparts.

Although Galina Chernikova and Valentina Khratova were in Canada for the past two weeks primarily to address the 7th Annual Farm Women's Conference in St. John's, Newfoundland, a part of their visit focused on learning the role of women on the average Canadian farm.

To bring a less sterile aura to this picture, it was also a time for the women to reunite with an old friend.

Canadian Farm Business Management Council executive director Dorothy Middleton was delighted to welcome the women whose homes she visited in June, 1994.

"They were invited to speak at the conference in Newfoundland as a means of sharing their ideas and way of life with women here," explains Middleton from her home in Crysler where she hosted the women following their trip east. "It also gives the Russian women an opportunity to see how farming works in Canada."

Although Chernikova isn't a farmer herself, the Russian grandmother is influential in providing opportunities to farm women, said Middleton.

Through an interpreter, Chernikova explained her role in the agriculture and entrepreneurial community.

"Since the collapse of the Soviet Union, Russian women have been adjusting to a new role in society. In this connection, my meeting two Canadian women whom I got to know last year during their visit to Ryazan oblast in order to encourage the local farm women's movement was of great assistance," said Chernikova.

As head of the Women's Club in that Russian city, Chernikova told of the Soviet period when the club belonged to a factory producing machinery for agriculture "Ryazselmash" where the majority of the staff were women.

"More recently we have been trying to find a completely new orientation for our activity suitable for the new circumstances of our lives."

Chernikova added she is grateful to the Canadian women for giving her insight into the basic steps of rural community development.

As a result of the acquired knowledge Chernikova was able to organize the Women's Club into four sections.

"Farm Women" she says encompasses the work of the Association of farm women. The "lady" group is for business women. "War Girl Friends" is for elderly women who participated in World War II and "Ryazanochki" is a group for local women who are interested in knitting, sewing, cooking and running their homes in an economical way.

As well, Chernikova is a member of women's political movement in the Duma, (Russian parliament.)

"Our farm women's association is part of this women's political movement and one of its objectives is the protection of the interest of farm women in the Duma."

The goal of the farm women's section is to provide assistance and support to families trying to develop profitable farming enterprises during the difficult transition the Russian economy is currently undergoing.

Middleton, whose involvement in agriculture stems from years on her family farm and as one of the main forces in the Canadian farm women's movement five years ago, credits the Russian women for their determination.

"Barriers don't stop these women. She (Chernikova) has taken a spark and turned it into a flame as a result of her attempts to further develop community economic development for women."

As a leading member of the "Fermerska" - Farm Women aspect of the Women's Club, Valentina Khratova said she was learning new things about the future of farming all the time. Her visit to Canada is extremely beneficial.

Although she has been on a farm for all of her 42 years, since the Soviet Union break-up she has been able to constantly improve her skills, knowledge and techniques of farming.

"The goal of the farm women's section is to provide assistance and support to families trying to develop profitable farming enterprises during the difficult transition the Russian economy is currently undergoing."

The "Fermerska" movement bases its work on the principle that each person is a unique individual and that it is only necessary to help people realize their potential.

At the Nation Farm Women's Conference, Khratova addressed farm women from across the country on the details of the work of the "Fermerska" movement.

"The movement was initiated in response to the enthusiasm of our Canadian colleagues and has already benefited greatly from the experience of farm women in Canada," said Khratova.

When Middleton visited Russia with colleague Donna Keller in 1994, they were introduced to members of local administration, public sector organizations, groups promoting organic food and the ecological movement in addition to the primary task of discussing the role of women in farming.

As a result of one of the many meetings on the latter topic, said Khratova, a group of farm women in Ryazan oblast decided to organize themselves under the title of "Fermerska." It was under the umbrella of the "Women's Club" that it came to life.

Khratova added she dreams of one day having a farm like the ones she has seen in Canada.

During the past couple of years, explained Middleton, the Canadian government has become active in helping Russians reorganize their agriculture industry and to implement an infrastructure. Both will lead to greater success in its economic market, exports and trade.

With Russia having been closed off to the world for so many years, added Middleton, "we only became aware of its athletes, space programs and medical technology." Agriculture and industries weren't brought into light for the world to see and as a result are now behind in technology and procedure.

"There's a huge market, but also a huge difficulty in tapping into it," said Middleton.

Day to day problems faced by Russian farmers are often found to be unbelievable. "If they sell their produce to the state then chances are they won't be paid. If they buy government seed, it's poor quality," added Middleton.

While in the Crysler area the women visited St. Albert's Cheese, Smyth's Apple Orchard and several other family owned and operated farms.

Both Chernikova and Khratova were eager to learn the Canadian ways, but are realistic in their approach. Their struggle to advance the farm women's movement and agriculture industry in Russia is commended by Canadians and Russians.

In reference to the Women's Club, a translator notes, there is no tradition of non-political interest groups in modern Russia, so this type of organization is without local precedents.

Hence the importance attached to the Canadian experience, said Chernikova, the visit last year of leaders of the similar organization to Russia and the opportunity extend the knowledge of the Canadian approach to common problems afforded by the forthcoming conference.

The Education Pulse

by John McEwen

Does the Minister of Education and Training know anything about the system he is responsible for?

"Ontario is the only province that still has a five-year secondary school program. Reducing this to four years will save an estimated $350 million a year." -- John Snobelen, Ontario Minister of Education and Training.

John Snobelen seems to be carrying out his own knee-jerk agenda for education in Ontario. Unfortunately, he does not have his facts straight. There seems to be a lot of that going around Queen's Park this session. Perhaps, if the Minister did his homework, he would discover that many jurisdictions in Canada and other parts of the world provide much broader and longer secondary school experience for their students -- particularly those most successful at solving youth (15 - 24 years old) employment problems. These jurisdictions range from six provinces with six years of junior and senior secondary programs, to Germany, which continues secondary school to age 19, with the option of returning for a second specialization and leaving at age 22 to 24. Germany has a youth unemployment rate of 2.3%; Ontario has 12.3% unemployment for the same age group.

John Snobelen is wrong: we do not have a five year secondary curriculum in Ontario. Consider that grade 9 is no longer part of the secondary curriculum even though the students are in the building. Snobelen wants students to start our increasingly narrow secondary curriculum at age 15 and finish at age 18. His policy will restrict educational opportunity for students when what they need is more opportunity that is broader and longer.

What Snobelen is proposing would severely limit students' ability to prepare for university and college. The proposal would also cut the rate at which students move from secondary to post secondary -- an effective limit to access to post secondary programmes. Currently, students going to university take 27.9 credits, on average, in grades 10 to OAC. Snobelen would limit that to 24 credits (21 of these are required for university admission), with only four elective credits beyond the core of 20 compulsory credits in English, math, science and social sciences. For these students, this plan would effectively kill the opportunity to study arts, a second language, computer studies, family studies, business subjects and other non-core subjects, including possibly, physical education. Students would have to choose by grade ten whether to go to university and what they will specialize in, with no margin for error. If the student experiences three failures or three changes of mind, there are no options left.

Snobelen's plan would limit our already hobbled education system even further. Rather than turn the clock back to the days when drop-out rates were much higher, the Minister should take the advice of the Organization of Economic Co-operation and Development (OECD). The OECD recommends a broader, more diversified curriculum to better prepare our young people.

Public Education Works in SD&G

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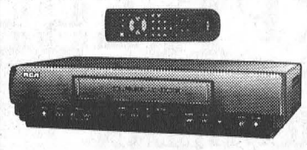

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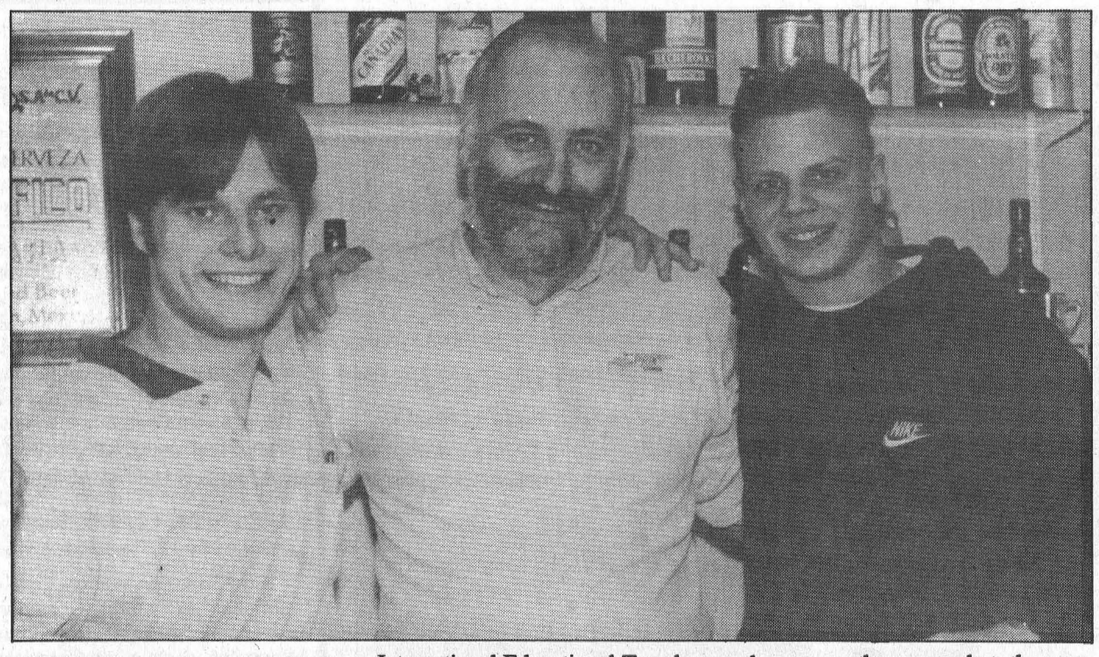
Perry Marriner

Student exchange program creates a happy family

Melissa Batchilder
Record Staff



The term "family" takes on all shapes and sizes. When Ron Smith, centre, decided to host an overseas exchange student, he had no idea he was in for the experience of a lifetime. Now he and his wife, Suzanne, are hosting Joera Johanssen, right, and Lesek Hajek, right, at their home in Williamsburg Township. Since September all have become one temporary, but happy family.

This isn't just another ordinary story about exchange students.

This is a story of a bond formed between a childless couple and two European boys who chose to spend a year in Canada. It's a story about a family.

Joera Johanssen and Lesek Hajek sit at the dining table in Ron and Suzanne Smith's home on the Whipperwill Lane in Williamsburg Township munching on cookies and toast. Ron watches both of them while quipping, "they both have good appetites."

The boys laugh and Hajek heads back to the kitchen for more toast.

Although Suzanne is at work, Ron assures the experience they are encountering is a great adventure for both of them.

"And we like it too," says Johanssen. The 17-year-old from Germany decided to participate in the ASSE international exchange student program "because I wanted to see a new culture and meet new people. It's good for my job future too. My mother suggested it."

Of course, he adds, "I like snow and skiing. Canada has lots of both!"

Hajek is also 17, "but I will be 18 soon." His home in the Czech Republic "is much different."

Fresh-faced Johanseen says he definitely misses his girlfriend back home the most while a more stern Hajek says "I miss all of home. One year is a long time."

Nevertheless they both agree that Ron and Suzanne's place is their home for now. "It's very good here...sometimes," jokes Johanssen as he gives Ron a nudge.

Having just been married a couple of years, Ron and Suzanne spotted the advertisement for hosting exchange students in the local paper. "This is our first year being involved and some how I wound up as the area representative too." Having been involved in volunteer work in the past with different organizations, Ron realized his interest in working with teenagers.

"The exchange program is ideal to further this interest," he adds.

However, they didn't expect to be hosting two students. "We only expected one, but when one of the boy's placements didn't work out we took him in as well. I guess now we've just all grown attached to each other."

This is obvious in their teasing and joking rapport they share around the table. Johanssen often poking at Hajek's broken English while Smith and Hajek tease Johanssen at any given opportunity. They all laugh when Johanseen uses "him's" instead of "his."

ASSE was established in 1976 as the American Scandinavian Student Exchange by the Swedish government to organize student exchange programs between Sweden and the United States.

Soon Denmark, Norway and Finland elected to participate. Since then the program has grown to include more than a dozen other countries including Canada.

Currently, the ASSE is affiliated with the Swedish and Finnish governments' ministries of education, co-operates closely with Canada's provincial education ministries and has been accepted for listing by the Council on Standards for International Educational Travel.

ASSE maintains 31 offices in 25 countries and accommodates more than 50,000 host families and high school age students annually in its programs.

To qualify, one must be between 15 and 18 and a half and be mature enough to adjust to the different values and attitudes of a foreign country.

As well, good student status, good health and excellent character references are required. Having studied foreign languages is helpful, but not essential.

Most important is a sense of adventure and a serious commitment to learning the language and becoming an active participation in the family, school and community life of the chosen country.

Without a doubt Hajek and Johannsen, who now attend Seaway Valley District High School in Iroquois, qualify on all counts.

Johannsen admits his perception of what Canada is has changed somewhat since he arrived at the beginning of the school year. "I thought it would be just like the USA, but it's not. It's a different culture."

Hajek agrees. "When you see Canada and America on television, they seem the same, but they are much different."

Of course, school is entirely different than what they are used to. Both boys attend grade 12 classes and are doing very well. "In the Czech Republic you take 14 classes each year. Here there are only eight. There is no semester system in Czech. It's very different."

In Germany, Johannsen would only be in grade 11. "It's okay though. In geography we learn about where we come from already. I was on the soccer team, but don't ask about the games," he laughs.

Both boys are making many friends, says Smith.

"Their friends come here or the boys go out," he adds.

"And Ron makes us work all the time," Johanssen says as he breaks up in laughter again.

"We watch movies, play sports and listen to music. And we wait for supper." This time it's Hajek getting the laugh.

Both boys write home more often than phoning because of the expense.

In order to participate in the program, students must pay their own travel expenses and other costs incurred except room and board.

There has been a big change in the household, says Smith, since the boys arrival in August and September. "It's full and noisier." Since Smith is semi-retired, he has more time to devote to the pleasure of the boy's stay.

"I take them shopping a lot. They love to shop," Smith says.

Living in a rural area is also a new experience for the boys. "Country living...yeah," says Johanssen as again he laughs. "Berlin has millions. That's where I live in Germany. But here, there is lots of space."

Although Hajek comes from a small community, "this country living is new to me."

However, both agree it's a great experience for them. In the future, both hope to be able to attend university and lead professional lives.

Meanwhile though, Hajek says he keeps busy with biking, an interest in fish aquariums, models, "and my number one hobby is shopping."

Since arriving the boys have been buying "anything electronic," says Hajek. It's cheaper here.

Hajek and Johanssen will be staying at the Smiths until the school year is finished. During that time, says Smith, "we will be taking them to different places and skiing of course."

So much to do. So little time.

"Timmy" clears hurdles with confidence

☐ Continued from page 1

"I'm going to be in a parade, maybe on a float. I might even lead the parade. I get to go to a Rotary dinner and make a speech December 11."

He appears more excited about the parade than anything else he has discussed!

When Scott was born in Nova Scotia, Andrea and her husband Terry were told the infant would probably be mentally handicapped and would never walk. Their future would be filled with hurdles.

However, a strong sense of faith and family which later grew with a daughter, Courtney, provided just the setting Scott needed to grow and excel. Today he bubbles over with ideas and thoughts about life and leisure.

"He has a wonderful sense of humor and is an A plus student," says Andrea.

Still though there are hurdles, but ones she is confident they can overcome as a family. "Scott is at an age where boys are playing street hockey and are rough and tumble. He can play, but he isn't able to run."

However, Scott does participate in a special Tae Kwon do program for disabled children in Ottawa. "I really like that," he says.

Now with this opportunity to be Timmy he has the chance to get out, meet people and stand as a role model for other children with disabilities.

No one deserves it more than Scott MacLellan.

As Timmy, Scott will be a representative for Easter Seals and will make several public appearances.

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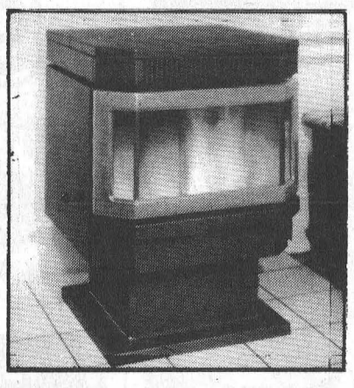

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Obituaries

Frank McMillan

Frank "Mick" McMillan, of Park Drive Villa, Williamsburg, died November 18, 1995 at Winchester District Memorial Hospital after a sudden illness. He was 91.

Mr. McMillan, who had worked as a railroad laborer, with the Department of Transport and with the St. Lawrence Parks Commission, was a lifetime resident of the Bouck's Hill area. He served overseas with the Canadian Armed Forces in World War II from 1941 to 1945, and was a member of the Royal Canadian Legion, Branch 538. He was an avid card player.

Mr. McMillan was born October 16, 1904 in Finch, son of the late Dan McMillan and Florence McMillan (Becker).

He is survived by sons Gord (Mary) of Williamsburg and Ross (Wanda) of Toronto, and will be sadly missed by grandchildren Julie McMillan of Toronto, Gary (Dana) of Williamsburg and Sherry (Darcy) St. Pierre of Maynard.

He is also survived by four great-grandchildren as well as nieces and nephews.

Mr. McMillan is predeceased by his wife, Hilda McMillan (Casselman), by sisters Belle Mauer and Irene Wells and brothers Earl and Ralph.

Funeral services will be held November 22 at Marsden and McLaughlin Funeral Home in Williamsburg, at 11 a.m. and will be officiated by Rev. Diane Raddatz. Interment will be at Old Union Cemetery, Williamsburg.

Pallbearers are Doug Casselman, Hubert Wells, Ferneley Johnston, John Whitteker, Allan Crowder and Garnet Stata.

Memorial donations to the Canadian Cancer Society would be appreciated by the family.

Thomas Ducolon

Thomas Ducolon, of Streeterpete Street, Chesterville, died November 15, 1995 at Winchester District Memorial Hospital after a two-month illness. He was 67.

Mr. Ducolon, formerly of Smiths Falls, was operator of the Smiths Falls Flea Market. He was born May 16, 1929 in Sutton, Que., son of the late David George Ducolon and Bertha Hobson.

Mr. Ducolon is survived by his wife, Audery (Durant) Ducolon, by sons Barry (Joanne) of Dartmouth, N.S., Wayne of Virginia Beach, Va., Grant (Karen) of Newington, Terry (Carolyn) of Chesterville and Gerry (Christine) of Wainwright, Alta. He is also survived by brothers George of Toronto, Al (Beryl) of Bramalea, Ont. and Emerson (Sandra) of Verdun, Que. and sister Verna of Chico, Ca., and by 10 grandchildren.

Mr. Ducolon is predeceased by two daughters, Cheryl and Wandalee.

Funeral services were held November 18 at Daniels Funeral Home in Chesterville and were officiated by Rev. Roy Harwood. Cremation followed, with interment in family plot at Maple Ridge Cemetery.

Local Cancer Society elects new officers

CORNWALL — The SDG & Prescott- Russell Unit of the Canadian Cancer Society has announced a new slate of officers.

Introductions were made at the society's annual meeting Oct. 10 in Cornwall.

Board of directors president Lionel Mercier welcomed new members and told them his dream "is for our unit to be the envy of all other units in Ontario."

Mercier also noted during the past year the increase in special events revenues and in memorium donations has compensated for the decrease in the residential campaign results.

The net increase was $24,000.

The financial results mirror the fact that more people are being touched by cancer and are supporting the society in its mission to eradicate the disease, said Mercier, along with supporting patients and their families.

A 50 per cent increase in the number of diagnosis is forecasted by the year 2000. The current rate is one in three people.

Fred Bedford of Avonmore will hold the past-president's chair and president of the North Dundas, June Schlegel of Ingleside will sit as volunteer development chairman, Karl Duncan of Ingleside was named president for the Osnabruck branch, Sharon Nugent of Finch is president for North Stormont, Margaret Ann Casselman of Morrisburg is president for South Dundas.



Hail to the chief

Stormont, Dundas and Glengarry Warden Floyd Dingwall, centre, was toasted by his counties council colleagues last Tuesday at a banquet in his honor at the Finch and District Seniors Support Centre. Dingwall, who is reeve of Finch Township, will be replaced by Matilda Township Reeve Charles Barkley, left, at a ceremony at the United Counties Building in Cornwall December 18.

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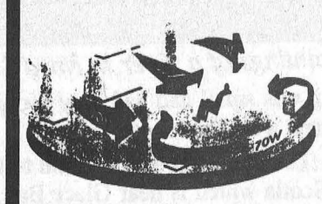

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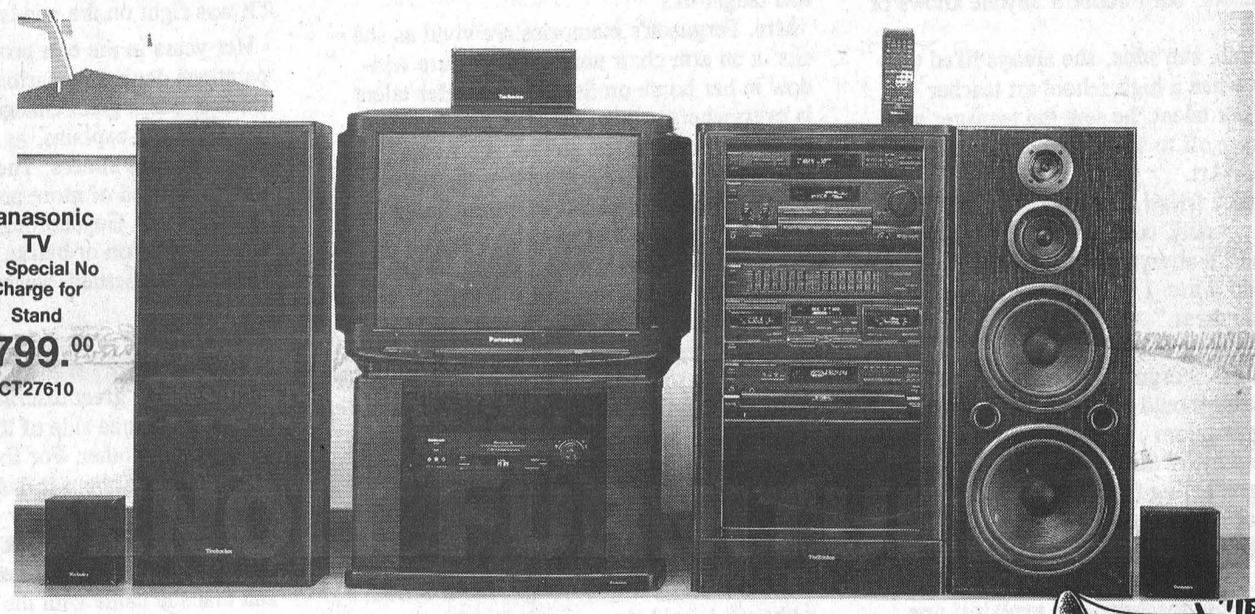

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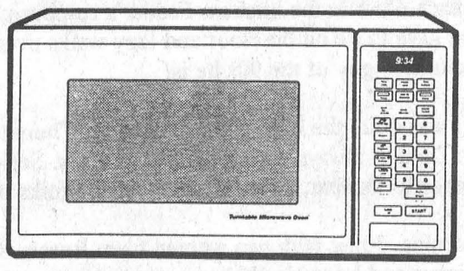

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Reflections

Virginia Ferguson shares her passion for color and detail

Melissa Batchilder
Record Staff

Not just anyone is taught by a member of the famed Group of Seven. Not just anyone has the talent.

An artist. A mother. A minister's wife. Meet Virginia Ferguson; a woman possessing the required artistic talent to have learned from Frank Carmichael.

Although he died in the 1940s, the vision he shared lived on in people like Mrs. Ferguson.

Many though might not even know her first name due to her role as the late Reverend Ferguson's wife. "People always referred to me as 'Mrs.' Ferguson. It's the minister's wife thing."

Despite her involvement with the United Church or her other interests, Mrs. Ferguson is in a many ways a woman ahead of her time. Her ideas are fresh and thoughts unique.

She gently puts her hand over her mouth as she lets out a soft giggle. Mrs. Ferguson's modesty is one of her most surfacing traits.

Having come to Chesterville with her husband in 1966, Mrs. Ferguson had to put a hold on her love affair with the Atlantic coast.

"My husband was from Sydney and we lived in Nova Scotia for several years."

In keeping with the chronological order of her life, Mrs. Ferguson returns to her youth growing up in Toronto. "I went to Riverdale High School, but I doubt if anyone knows of it."

Of course, she adds, she always liked to draw so when a high school art teacher noticed her talent, he sent the teenager and her mother off to an interview at the Ontario School of Art.

"We had a friend, a close friend of my father's actually, come and visit us. He would draw and I'd always say if he could do it, then I could do it too. I used to take pictures and then draw them."

After meeting with the principal of the art school, Mrs. Ferguson and her mother decided she should be enrolled in the Saturday morning program . "I took that class there for four years every Saturday."

Upon graduating from high school, she continued her studies at the art school full-time. "I had the same teachers then as I had during my four previous years."

One of those teachers, she explains, was Frank Carmichael of the Group of Seven. "He was a very nice many," she remembers, "and was just past middle age when he died. He died in his car only a half-hour after he had taught us."



Virginia Ferguson displays one of her favorite paintings of a piper in Nova Scotia.

Mrs. Ferguson's memories are vivid as she sits in an arm chair next to the picture window in her home on South Street. Her talent is everywhere around her; her passion for color is evident in the clothes she wears.

Paintings of Nova Scotia adorn the walls of her living room while she assures, the basement is filled with her work as well.

The Ontario School of Art in the 1940s was a wonderful place, she says. "I learned color and composition, water color, oil, sculpture, costume drawing and life drawing."

In addition to those she took a commercial course which later led to her career as an illustrator. "I illustrated history books for Copp Clark who I'm sure people here studied from."

the only way."

And then came marriage.

"We moved to Guysborough, Nova Scotia." Although it held the county's legislative seat, it was small and had only two grocery stores and a butcher shop.

Then the couple moved on to Donkin, Nova Scotia which is near Glace Bay, she explains. "It was right on the windswept coast."

Her years in the east provided dozens of paintings depicting maritime traditions. Donkin was a great change from Guysborough, she explains, as most of the congregation was miners. Their previous charge was comprised of more professionals.

However, in Guysborough there was also a large population of blacks. "When Guysborough was settled, slaves were brought to the area."

Although slavery had long been outlawed of course when the Fergusons move to the area, there was still great discrimination. "The blacks sat on one side of the church and the whites on the other. For four years my husband preached about it, but it never changed."

As well, she tells a story of their arrival in Guysborough. "This black woman approached us and told us her name was Mae and that she came with the house. She worked from 8 a.m. until 4 p.m. for 75 cents a day."

This was not uncommon in the area. When emancipation came the blacks were moved two miles into the woods and that's where they all lived.

"Every house had a black worker."

At first my husband said he wouldn't be needing her. "We couldn't afford that sort of thing. Then when she told him the price, he said he would hire her but he insisted on paying her at least $2 a day."

Mae then skirted about town and told all her friends who in turn demanded the same from their employers. Mrs. Ferguson laughs as she remembers everyone in town being put out because of the minister increasing the wage!

In Donkin though, the Fergusons learned another Maritime tradition, coal mining. "There were miners who would go to work right under their homes. It was a different group than we were used to, but it was so nice to find different people who did things in a different way.

While in Donkin, she adds, she remembers many members of her congregation traveling to Springhill, to aid in that mine's final disaster.

"It really brought tragedy home to us."

With the turning of the decade, the Fergusons moved back to Ontario - this time Spencerville - in 1959. "We were there seven and a half years before coming to Chesterville."

While in Spencerville she began teaching art at South Grenville District High School and when she moved to Chesterville she brought her classes to North Dundas District High School.

"I taught for quite some time," she says, "but after awhile I found it to be almost too much."

Since then she has concentrated on her own works, including painted windows in several churches, along with other religious portraits.

While her husband retired and later passed away in the 1980s, Mrs. Ferguson felt Chesterville had become her home. She continued to thrive.

"You do need talent to paint, but it has to be channeled properly." Teachers, she adds, have been her greatest influences in her art while her parents and husband have inspired her personally.

"Each teacher gave me something different. You take choose what works for you." Mrs. Ferguson made the right choices.

Melissa! — by Melissa Batchilder

I'm feeling rather ambitious today, (that's unusual!) so I thought I would begin my reams of ramblings on a lovely Friday morning instead of the forced late Monday afternoon tradition I seem to have fallen into.

In studying last week's column indepthly, (I don't know if that's really a word or if I just made it up,) I realized there were a few highlights of my folks sojourn to Upper Canada that I left out.

These anecdotes, but gospel truths, I bring to you now.

Y'see my father tends to be a character in his own right. Some would refer to him as "obsessive- compulsive" and others just roll their eyes. I found myself doing the latter during the fridge incident.

I have this fridge and it's a great fridge. Now granted, it's not like the International Harvester one that I had to tie shut, but it's "special" in its own way.

It all started with that strange odor. Well, I did the traditional baking soda thingy and then Javex and then I decided after two weeks that ding! Maybe I should try turning it on. Well that worked when it came to keeping things cold, which was another problem prior to this discovery. Mrs. Ron and her soulmate Linda will remember that part.

Nevertheless the odor remained. And then fadder arrived. Of course he's like a dog with a bone and can't let it go. He bleached that fridge like no tomorrow all the while insisting that you don't have enough Javex, (as he pronounces it "J'vex") in your water until the fumes are blinding you. I don't know why he doesn't just pour a capful of water in the J'vex bottle, it's the same thing.

So he scrubs, no that's wrong, he made me scrub, just like he did my whole life, and I scrub and scrub and scrub. The odor is still there. Then he decides to dry the fridge out with my hairdryer. This is vintage fadder.

Oh yeah, the breaking moment came when he located the source. And no it wasn't a rotten vegetable that could be attributed to my lack of domestic skills. In fact, it was that puddy stuff used around people's windows. What I mean is that someone at some point repaired a hole in the fridge with it. So this blob of puddy gets scrubbed and bleached and perfume sprayed on it.

Then a lightbulb goes off in fadder's head. He locates a sticker. Like I mean a sticker. And he covers the puddy with a sticker. I mean that was ingenius. No doubt Pulitzer will be awarding him for that stroke of brilliance cause now I got a stinky sticker which I've covered in an inch of baking soda.

I mean like, fadder and I should have our own t.v. repair show or maybe write a Reader's Digest book or something. That hairdryer in the fridge idea really seemed to be effective. Oh wait, now I remember exactly why the hairdryer was on in the fridge. It was defrosting it. I mean like, isn't that how everyone defrosts their fridge.

******

Now coming from the sensitive family that I do, it was no surprise that the number of times they mocked my narrow kitchen. Okay, well they weren't actually making fun of the kitchen they were making fun of mine and my mudder's cellulite- challenged figures. Of course, Cindy Crawford would be envious. I mean she has to eat to actually gain a pound from time to time. I actually absorb calories through my skin. It's true.

Anyways, back to d'kitchen. Haley-the-wonder-child was delighted to see that mudder and I could actually pass each other without a squeeze. She chirps to fadder that "mum and Izzy can actually pass each other in the kitchen. Fadder's response, "your mother must have to lie on the floor and Izzy walks over her."

What a sensitive guy of the 90s he is!

******

Y'know I was quite the little globe trotter last Thursday. Yeah, travelling to Dunbar always makes me feel worldly. Seriously and without offence to Dunbar, I was off meeting the folks of the world.

In the morning, I met with two women from Russia. One was a fashion designer and I practically had to restrain myself from ripping the clothes off her back. My dear, she had some beautiful duds on. And she was just my size.

It was awful though. I couldn't concentrate. All I kept thinking about was how I was going to get her watch onto my wrist without anyone noticing.

Of course, the other woman was slim and trim and fit as a fiddle. So I resented her. No, I'm just kidding. But she was really fit. I hate that. Kidding.

They were in Crysler visiting Roy and Dorothy Middleton after attending the 7th Annual Farm Women's Conference in Newfoundland.

In the afternoon I was in for a real treat. After spending I'm sure, four hours at least, I discovered the place I was looking for. Y'ever heard of Whippersnapper or Whipperbilly or Whipperpool Road or something like that? Well it's around here somewhere. That's all I can tell ya. I have no idea how to get back there.

Anyways, it's inhabited by lovely folks who without a doubt, must enjoy rural living. So I find Ron Smith on this road cause he's hosting two chums on a student exchange. Let's call these boys "Sunshine" and "Romeo" in exchange for trying to remember how to spell Lesek and Joera.

Sunshine is from Germany and is here "because I like to ski." Hims have aspirations. Romeo on the other hand was more intent on inhaling honey toast and going to a dance that night than hanging out with a cool chick like me.

On a more serious note, it was wonderful to see how the boys have formed a family bond with their hosts, Ron and Suzanne. I wanna go live there now and eat honey toast. Well except, I don't think I could ever find the Whipperwilly Road again.

******

Like I'm really glad I didn't grow up in Ottawa. Y'see I spent the weekend there and I was just so, um, blown away. Like there is way, way too much stuff to buy. Way, way too many people to say hello to on the street and I suppose way, way too many weirdos to link up with.

It's just amazing y'know to be in the real city again after having been frequenting under 5,000 towns for awhile. Honestly, I had to stop meself from staring. And the television. Well my dear, there must be a bijillion channels.

And of course there was that Chinese food place I dined at Saturday night. Cousin Donnie and I had to be pushed home by a snowplow after that. Wah!

It was a shame though that we didn't know this one Chinese offering had to be cooked first. Like I thought if you're gonna put stuff in a buffet, then the least you could do was cook it. Oh no, apparently watching it being cooked is some trendy thing to do. The cook could have at least stopped me before I consumed it raw! I don't know what it was other than it was white and slimey. I just figured it was some foreign food.

******

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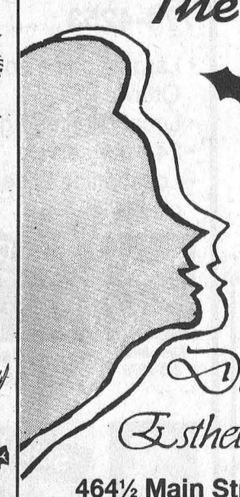

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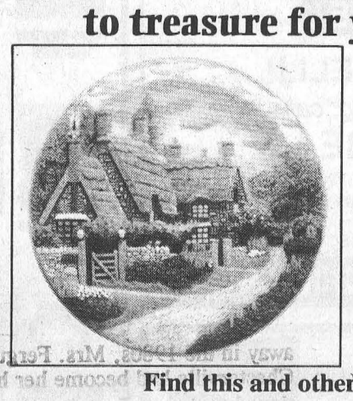

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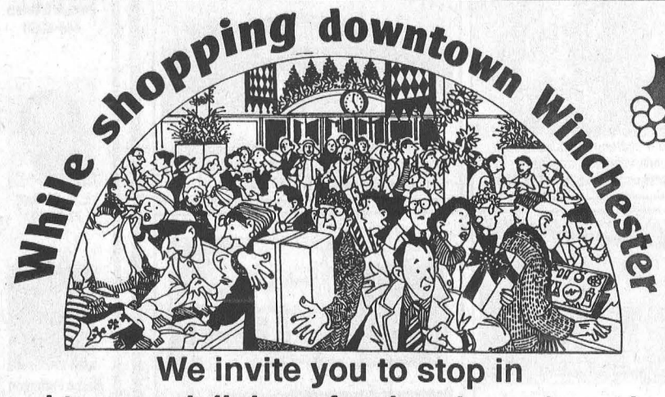

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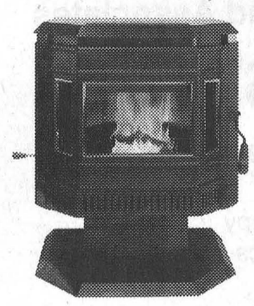

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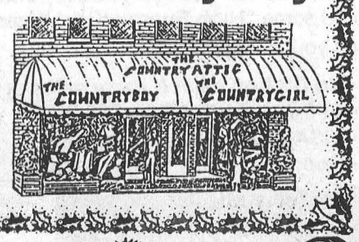

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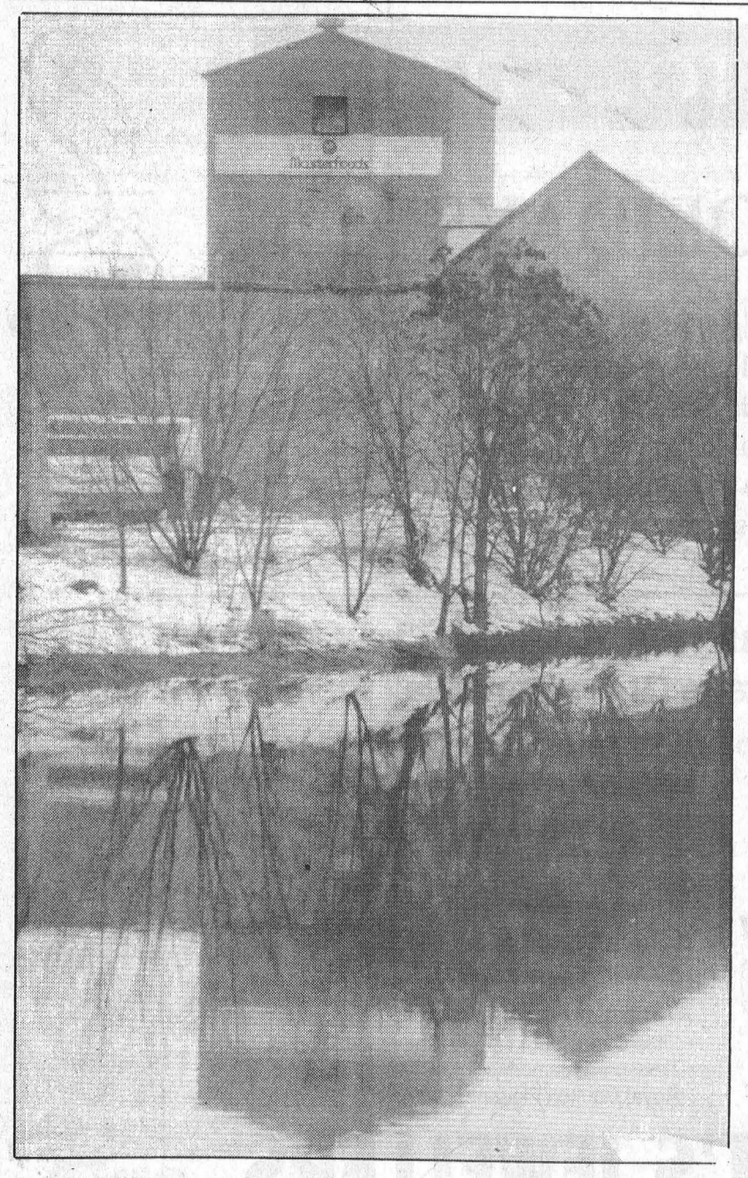

November scene

The C&L Feeds mill is one of the tallest buildings in Chesterville. Its reflection on the South Nation River along with the grey skies and early snowfall is a typical November scene.

Camaro stolen

MAPLE RIDGE — Provincial police are investigating the theft of a grey 1988 Camaro from a Maple Ridge Road home in Winchester Township November 16-17. The vehicle has Ontario plate number 386 ELO.

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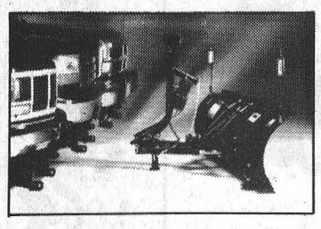

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NOVEMBER 20, 1995

Sale Every Monday at 6:00 p.m.

GOOD CALVES: 60¢ - $1.20
High Seller: $1.35/lb
Name withheld - Vanleek Hill
Good bulls up to $1.00/lb

COWS: 38¢ - 48½¢/lb
High Sellers: 49¢/lb
James Perkins - St. Eugene
Jean Marc Wolfe had one good uddered cow @ 58¢/lb

BEEF COWS: 39½¢ - 46½¢/lb
High Sellers: 49¢/lb
Dominic Aubuchon - Ste. Elizabeth
Ferme Latulippe - Dalkeith had a good cow up to 59¢/lb

BULLS: 50¢ - 57¢/lb
High Seller: 60½¢/lb
Weldehaven Farms - Grenville

STOCKERS: 65¢ - 94¢/lb
High Seller: 96¢/lb
Amie Lepine - La Plaine

LAMBS: $1.00 - $1.30/lb
High Seller: $1.52/lb
Gerd Wienche - Alexandria

"Club Big" members this week are:

Domonic Aubuchen - 1,616 lbs x 49¢ = $792;
Ferme Rexauld Inc. - 1,602 lbs x 44¢ = $705;
Gifford McNaughton - 1,794 lbs x 46½¢ = $835;
Ferme Calinette - 1,924 lbs x 48½¢ = $933;
Ferme Cote Rouge - 1,726 lbs x 46¢ = $794

Calves were hard to sell again this week with good bull calves up to the $1.35/lb. Stockers were off slightly this week. Cows were fairly strong this week with a good percentage over the 40¢/lb mark. Lambs and good finished steers sell good, if you have the good ones bring them in.

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Profile #9: _____ Profile #10: _____

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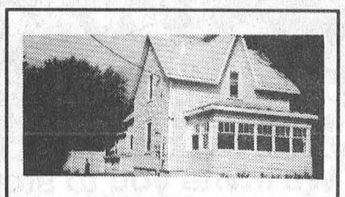
A best buy! A large 4-bedroom brick home in Winchester, sun room, verandah, attached garage on town water and sewer. Only $85,900.



Near new golf course: super 4-bedroom, California kitchen, dining room, fireplace, paved road, on over 1-acre lot. $167,000.



Opportunity knocks! Commercial/residential, super location in Winchester, $80,000.



Renovated! Renovated! Many upgrades, also new kitchen, new garage/workshop, 5 appliances included. $129,900.

BUY OR SELL - CALL EDNA OR BILL

OPEN HOUSE NOV. 25
10:00 am-4:00 pm
Leigh Morgan
LADIES' FASHIONS & WOW KIDS' WEAR

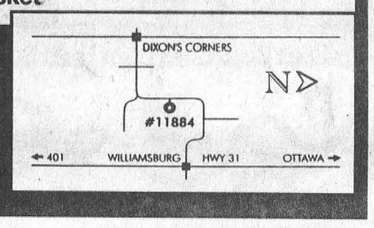


PRE-CHRISTMAS SPECIALS
SAVE UP TO 20%



Avoid trips to busy malls! Come see our in-home display. Treat yourself to a new outfit of "Classic Ladies' Fashions" and some "High Energy Kids' Wear" for those special ones on your shopping list.
• No GST on cash & carry sales or orders placed that day
• SPEEDY ONE-WEEK DELIVERY
• VISA & Mastercard accepted
• Door prize draw on gift basket

Local Rep:
LISA FROOM
613-535-2299



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Albert Gale Real Estate Limited
774-4253
• Largest office south of Ottawa
• Local full-time agents
• 24-hour service
• Local office to serve clients



Anne Allen
535-2578



Williamsburg
$93,500



Keith Droppo
448-2404



Finch
$100,000



Helen Kennedy
448-3528



Chesterville
$79,900



Joanne Legge
821-3158



Lynwood Gardens
$34,000



Shelley Lyall
989-5601



Reids Mills
$189,900



Patrick O'Brien
448-9060



Finch
$97,500



E.A. Oldford
774-3497



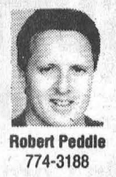
Morewood
$114,000



Bruce Patterson
821-2221



Embrun
$145,900



Robert Peddle
774-3188



Gloucester
$85,000



Shirley Ann Pyefinch
989-2993



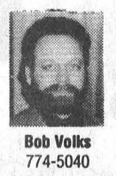
Casselman
$73,900



Larry Stevens
448-1814



Chesterville
$149,900



Bob Volks
774-5040



Winchester
$103,500

774-GALE
774-2881

record classifieds

VISA

Classified Advertising Deadline 1 pm Tuesday. Phone orders by Visa only. Call 448-2321. $4.00 + GST Minimum for 20 words. Extra Words 20¢ each.

FOR SALE

FOR SALE - At low price, liquidation! 1x3x8: .29, 14: .50, 2x4x8: .89, 12: 1.59, 2x6x8: 1.49, 12: 2.39, 2x10x12: 4.99, 16: 6.49, aspenite 7/16: 9.79, plywood 3/8: 12.49, 5/8: 19.49. For all spruce check our price. Materiaux Masson 819-986- 5720.
15

FOR SALE - Incomparable economy, hardwood flooring birch: .99, oak: 1.09, pre-varnished parquet 1st quality: 1.09, select: 1.29, masonite door: 8.95, steel: 37.95, insulation R20: 15.95, R12: 17.59, styrofoam 1": 4.29, melamine 1/4: 9.95, 5/8: 14.95. Closed every Monday. Materiaux Masson 819- 986-5720.
15

FOR SALE - Wood shavings $2.80/bale, firewood $50./cord (hardwood). Call 984-2978.
16

FOR SALE - Sheets of glass, 4x8 and larger. Starting at $50. Quintan Products 774- 3320.
36tfc

FOR SALE - Firewood, $60/cord. Call 774-3661.
29

FOR SALE - The Bonville Flea Market requires vendors for the busy fall season. Rent a heated indoor booth for only $70/month. Open every Sunday, year-round 10am-5pm. Call 937-3532.
19

FOR SALE - Firewood, we deliver. Call 984-2827.
51tfc

FOR SALE - Table and 4 chairs, glass top, 36", like new. 448-2165.
tfc

FOR SALE - Round bales of hay $9./bale. Antique parlor chairs & rocker. Call 537-2341.
15

FOR SALE - 1989 Ford Mustang LX, 5.0 L, 5-speed, AM/FM cassette, tilt steering, alarm system, never winter driven! $5,900. certified. 984-2042.
14stf

FOR SALE - More reconditioned heavy duty clothes dryers in excellent working condition, starting as low as $100. Full size microwave oven, complete with probe and instruction manual, temperature cook and defrost cycle, only $135. John Witteveen T.V.-Appliances Sales and Service, RR2, Chesterville (Dunbar) 448-2766.
15-1

FOR SALE - **Snowblowers**, Toro and Noma, 8 hp, electric start, as low as $975. Don't pay until Apr. '96. Eastern Engines, Hwy 31, Williamsburg. 535-2488.
15-1

FOR SALE - **APPLES** - Courtland, Spartan, Empire, Russetts, Red Delicious, Tolman Sweets, Ida Red, McIntosh & Bancroft. Christmas Gift Baskets, Cider, products, & gift certificates. **Smyths Orchard, Dundela. 652-2477.**
15tfc

FOR SALE - Snowmobilers you can buy somewhere else and complain about the money you spent or you can buy from us and brag about the money you saved. We have the lowest prices on all your snowmobile parts and accessories. MacDonald's Small Engine 13135 Froatburn Rd. 543-3560.
16

FOR SALE - House contents: Willis upright piano and bench, good condition; air conditioner; electric bed; living room furniture; numerous household articles. Best offer. Please call 448-1113 or 535-2015
15-1

SALE - Hazel Stoddart, 200 Queen St. W, Chesterville, Nov. 24 & 25, Fri. noon - Sat am. Maytag fridge, stove, washer, dryer, freezer, vacuum, microwave, lamps, rose chesterfield set, sofa, end tables & coffee table, linens, Christmas decorations, lawn chairs, fans, and numerous household articles.
15

FOR SALE - Slate Blackboard 4'x3.5' with oak frame, $80. Phone 984-2813.
16-2

FOR SALE - Kenmore Automatic Washer $100. Call 984-2813.
16-2

FOR SALE - Used Pegboard (good condition) 3'x7' $3. per sheet, 4'x7' $4. per sheet. 984-2813.
16-2

FOR SALE - Service age purebred bull. John & Howard Morrow, Maxville 527-3008.
16

FOR SALE - St. Bernard puppies with long hair. $400. each. For more information call 613-443- 2228.
15

FOR SALE - After 11+ yr's in business, we do know about leasing and sales, why not talk to the experts about that new or reconditioned vehicle. Bring this ad and receive $100. OFF your lease deposit. Call Car-o-line Auto's Lada, Chesterville 448-2488.

FOR SALE

FOR SALE - Used washer and dryer. 448-2032 after 5 pm.
15-1

HOUSE FOR SALE - 4-bedroom, new siding, new windows, new roof, approx. 1 acre lot, village of Chesterville. Owner will take back mortgage for qualified buyer. Call 448-2332.
15tfc

FOR SALE - Service age purebred bull, Sire: A Townson Lindy; Dam: 2 year old GP Heifer, first lactation 10075 kg milk 4.4% fat - 3.3% protein; BCA 249-293-252; 2nd, 3rd, 4th dam, all very good, high production. Phone 984-2567.
16

FOR SALE - 1990 Ski-doo Formula Mach 1, 583 rave, gas shock, new track, handle bar & thumb warmers. $3400. 448-2116
15

FOR SALE - Encyclopedia Britannica - complete volume of encyclopedias also included index volumes, annuals, medical & health annuals, 3 volume Webster dictionary set - only 3 years old & hardly ever used. $800. or B.O. 448-2116.
15

FOR SALE - Just arrived, more General Electric gas dryers, full size, with auto cycles and reversible door! A perfect mate to the General Electric heavy duty automatic washers on sale now for just $579. John Witteveen T.V.-Appliances Sales and Service, RR2, Chesterville (Dunbar) 448-2766.
15-1

FOR SALE - 2 large Arctic Cat suits, in excellent shape. Call Kraig at 448-2627.
6tfc

NOTICES

BOB's BARBER SHOP in Winchester. Mon.-Thurs. 8-5, Fri. 8-6, Sat. 8-2.
16

GETTING MARRIED? - Have your personal wedding story captured by an experienced photographer. We also take family, anniversary and personal photographs. Book early by calling Wayne LaPrade, Chesterville. 448-2852.
tfc

CAR CLEANING - For professional results let the pros at Akcent Motor Sales maintain your vehicle's appearance. Basic car wash to bumper to bumper. Reasonable rates. 774-0718.
1tfc

CREDIT PROBLEMS - NEED A CAR? - Call us - no credit application refused. Small down payment and ability to pay. Lease to own. Akcent Motor Sales, Winchester. 774-0718.
42tfc

WANTED

WORK WANTED - Carpenter with over 12 years experience available for all your carpentry needs. Additions, renovations, decks, siding, roofing, windows, doors and more. Call Andrew Lamoureux 774-5294.
26tfc

WANTED - First cut hay, mixed alfalfa/timothy. Small square bales. Call 984-2978.
16

WORK WANTED - Do you need any interior painting, odd jobs or wallpapering done? Call Allison 448-3731.
16

WANTED - Pair of White Pekin Ducks. Call 613-534- 2076
15

WANTED - Every Tuesday, healthy Holstein bull calves. Top price for good young calves between 95-110 lbs. Deliver to Delft Blue Veal Farm, Lightning St., Williamsburg, between 10am-2pm. For prices of the week phone Walt at 543-2796 Monday nights after 8pm.
45tfc

WORK WANTED - CERTIFIED CARPENTER - Quality carpentry, roofing, siding, painting, odd jobs, etc. For experience, quality and value call Dan Chambers 448-2363.
2tfc

BABYSITTER WANTED - Responsible person needed to care for 2 children, ages 3 & 6 years, preferably in my home starting Jan. 2/96, 4 days per week. Pls. respond to P.O. Box 754, Chesterville.

WANTED - Fashion jewelry advisor - 5 people needed to wear/show/sell jewelry. Fun/easy - part- time/full-time. For interview call (613) 657-3372. Please leave message.
13stf

FOR RENT

FOR RENT - 1 month free. Sublet 2-bedroom apartment. First floor with fridge, stove & laundry facilities including sundeck. Two parking plug-ins. Phone 448-1730.
14tfc

FOR RENT - 2-storey, 3-bedroom house just outside Chesterville. Available immediately. $600/month plus utilities. References required. Phone after 6 pm. 448-3399.
15

FOR RENT - 1-bedroom apartment $475., utilities included. Call 448-2611.
14tfc

FOR RENT - 2-bedroom apartment in Chesterville. Available now. Call 448-2832.
14tfc

FOR RENT - 1-bedroom apartment, fridge and stove, utilities included. $450/month. Available immediately. Phone 448-2051.
9tfc

FOR RENT - In Newington, 2-bedroom apartment. Available now. KT, LR, LDR, 2-4 pce. bath, parking, $425/month. Utilities not included. References required. Call 346-2317.
11tfc

FOR RENT - 3-bedroom apartment in Dunbar, $495/month, heat & hydro included. Available Dec. 1. Phone 821-1768.
15

FOR RENT - 2 & 3-bedroom apts. First & last, references required. Phone 448-2775
16-4

FOR RENT - Commercial/Residential 2nd floor King St., Chesterville. 2-bedroom apartment. Carpet throughout. Sun porch could be used for office space. Available Jan. 1. Rent $440. plus utilities. Phone 448-2804 from 8-5 p.m. or 448- 1023 after 6 p.m.
13tfc

FOR RENT - 2-bedroom apartment with one car garage in Chesterville. Available Jan. 1/96. First & last months rent required. Call 448-2444.
16

FOR RENT - Now available in Vars area. 3-bedroom apartment, hardwood flooring, fireplace in living room, fridge & stove, heat & hydro included. Call 835-2255 after 5 pm.
15tfc

FOR RENT or SALE - 3-bedroom bungalow in Chesterville. Carpeting, stove, fridge & freezer included. Utilities extra. 448-2576.
15

LOST

LOST - Small white female cat. Saving Street area, Newington. Please phone 346-2007.
16

LOST - Men prescription glasses in brown soft case, gray wire frame. Lost on Joseph St., Chesterville. Phone 448-4094.
15

CARD OF THANKS

CARD OF THANKS

I wish to express my appreciation to my friends and family for the cards, visits, phone calls & flowers while I was a patient in the Winchester District Memorial Hospital and the Ottawa Civic Hospital. Also my thanks to the nurses and doctors of both hospitals for their excellent care.
Many thanks to the V.O.N. and the Red Cross homemakers for their help following my surgery.

Ralph MacKenzie
15

CARD OF THANKS

I wish to thank all my friends, neighbors & customers for their cards, flowers, fruit baskets, help, kindness & concern during my recent stay at W.D.M.H. Also the nursing staff, Dr. Adamson & Dr. Rosenquist for the excellent care I received while a patient there. Special thanks to my Mom, family & my dedicated staff for all their support & help & Rev. de Bruijn for his prayers.

Kaireen Cotnam
15-1

CARD OF THANKS

I would like to thank Dr. Chande, Dr. Adamson and all the nurses on 2nd floor for the excellent care that I received while I was in the hospital. Many thanks for all the flowers and cards. A special thank you to everyone that cared for Stephanie and John. Stop in for a visit.

Lyle Servage
15

BIRTH

SMITH

Rosemary and Ron are thrilled to announce the arrival of their son, Nicolas Scott Edwin. Born Oct. 25/95. Weighing 7 lbs 15.5 oz. A brother for Sara. Proud grandparents are Ray & Shirley Heagle & Edwin Smith all of Ingleside. A special thanks to Dr. Rosenquist and the maternity ward staff at W.D.M.H.
15

IN MEMORIAMS

IN MEMORIAM

OUDERKIRK - In loving memory of a dear friend Jennifer, who passed away Nov. 27, 1994.
We do not forget or do we intend.
We'll think of you until the very end.
Forgotten by some you may be.
In memory you will always be.

Sadly missed by George and Cheryl
stf

IN MEMORIAM

FREELAND, DONELDA (DODDIE) - In loving memory of a cherished sister, sister-in-law and aunt, who passed away Nov. 23, 1994.
A golden heart stopped beating.
God broke our hearts to prove to us,
He only takes the best.
Even though we have each other,
We all still miss you so;
The hardest part of losing you
was learning to let go.
We miss your smile, we miss your laugh,
But mostly we miss you.
We share so many memories,
Of which you had a part,
And we will keep them always,
Treasured in our hearts,
But you left us to remember,
None on earth can take your place.

Sadly missed, always remembered Roy, Maralene, Hilton, Roma, Hubert, Marg, Laura-Lee, Leo and families.
15

IN MEMORIAM

BECKSTEAD - In loving memory of my sister, Kim, who passed away Nov. 27, 1993.
I laugh, I smile, I play the part,
But beneath it all is a broken heart.
I hide the tears when I speak your name,
But the ache in my heart will always remain.
Wherever I go, whatever I do, Kim
I will always love and remember you.

Sadly missed, your sister Krista
15

IN MEMORIAM

BECKSTEAD - In loving memory of a dear daughter, Kim, who passed away Nov. 27, 1993.
Beside your grave we often stand,
And try so hard to understand.
The tears we wipe away,
But the pain is there to stay.
Our hearts still ache with sadness.
Our silent tears still flow,
For what it meant to lose you,
No one will ever know.

Sadly missed and loved forever Mom & Dad
15

IN MEMORIAM

JOHNSTONE - In loving memory of a dear father, Garnet, who passed away Nov. 17, 1977.
There is a daughter who misses you sadly,
And finds the time long since you went.
I think of you daily and hourly,
And try to be brave and content.
The tears I shed in silence,
I breathe a sigh of regret.
For you were my dad and I love you,
Though everyone else may forget.

Deeply missed by your daughter Kim
15stf

IN MEMORIAM

RINGROW - In memory of a dear friend, Violet who passed away Nov. 22, 1992.
Sunshine passes, shadows fall
Love's remembrance outlasts all;
Though the years be many or few,
All are filled with remembrance,
Dear of you.

Sadly missed by her friends
15-1

IN MEMORIAM

YOUNG - In loving memory of a dear mother, grandmother, great-grandmother, Lera Young, who left us Nov. 25, 1990 and father, grandfarther, great-grandfather, Clifford Young, who left us June 25, 1987.

Gone but not forgotten The Family
15

COMING EVENTS

CHALMERS U.C.W. Christmas Luncheon & Bazaar - Sat., Nov. 25. 11:30 - 2 pm. Finch Small Community Hall.
15

MEMBERS OF DUNDAS Community Learning Centre cordially invite you to an Open House at our new office and library in the Lannin Business Building 457 Main St. East, B2, Winchester, Sat., Nov. 25 from 2 - 4 pm. Free gift.
15-1

NATION VALLEY SNOWMOBILE Association presents "Bring on the Snow Dance & Snowmobile Draw", Sat., Nov. 25 at Matilda Hall in Dixon's Corners. Music by "Winchester 44". Tickets $4.99 ea. Light lunch. Contact the member clubs: Mountain 989-6145, Winchester 774-0055, Finch 984-2593, South Dundas 652-4561, Mainsville-Pittston 652-2164, Williamsburg 774-3203.
15-2

COMMUNITY BREAKFAST - Sun., Nov. 26, 9 am to 1 pm, St. Anthony Church Hall, AppleHill. Proceeds to Kaleigh Trace Fund. Adults $3., Under 12 $2., Under 6 $1. Organized by AppleHill and Finch Knights of Columbus.
15

11th ANNUAL VERNON COUNTRY CONCERT - Sun., Nov. 26, 2 - 8 pm at Vernon Recreation Centre. Four great bands; Hi & Dri Country, Thunder Road, Southern Justice, Border Town plus 14 performers to entertain you. Also Countrytime Steppers and Tip Tap Toe. All proceeds to Vernon Community Centre. Tickets $10. each (includes lunch). Available at door or call 821-2057.
15-1

AVONMORE CRAFT SALE at Community Centre, Sat., Dec. 2, Sun., Dec. 3, 11 am - 4 pm. Lunch available.
16

SANTA CLAUS BREAKFAST - Sat., Dec. 9, 7 - 11 am. Finch Community Centre. Sponsored by Finch & District Lions Club.
17-3

TRINITY UNITED STEWARDS Christmas Bake Sale - Dec. 9, Institute Room.
15

FOURTH ANNUAL BRUNCH, Bake & Craft Sale. Sat., Nov. 25, 8:30 am - 1 pm at the Williamsburg Christian Reformed Church Fellowship Hall. Free admission.
15

CHRISTMAS CRAFT & BAKE SALE - Dunbar Recreation Center, Nov. 25, 10 am - 2 pm. Tables $10. To rent a table call Tracey 448-2686.
15

C.W.L. BAZAAR, Craft, Bake & White Elephant Tables - Nov. 25, 1 - 3 pm at St. Mary's Church Hall, Chesterville.
15

FALL DANCE & SNOWMOBILE Draw. Sat., Nov. 25 at Metcalfe Community Center. Age of majority. M.C.-D.J. Tickets 821-2385 or 774-5652.
15-2

BRIDAL SHOWER in honor of Angie Casselman. Bride to be of Paul Jackson. Sun., Nov. 26 at 1:30 pm at Berwick Hall. Everyone welcome.
15

THE CHESTERVILLE and District Historical Society is hosting a social evening on Mon., Nov. 27 at 8 pm at the Heritage Center, 14 Victoria St., in honor of the Dutch participants who took part in the oral history project documenting their experiences in emigrating to this area in the 1950's. All welcome.
15-2

O.F.S.C. TRAIL PERMITS after Dec. 1 are $100. So save $30. by buying before Dec. 1. Nation Valley Snowmobile Association Club contacts are: Mountain 989-6145, Finch 984-2593, Winchester 774-0055, South Dundas 652-4561, Mainsville-Pittston 652-2164, Williamsburg 774-3203. Remember - Buy where you ride and think snow.
16-2

MUSICAL EVENING - Fri., Nov. 24 at 7:30 p.m. St. Andrews Presbyterian Church, Avonmore. Featuring South Mountain Gospel Singers, Trevor Baker and local talent. Everyone Welcome.
15

SUNDAY BRUNCH - At the County Kitchen Restaurant, 9:30am-2pm. Corner of Highways 31 and 43, Winchester. Adults $6.95; Children under 8 years, $2.95. Call 774-2417.
tfc

SHOP AT FLAIR WITH FABRICS - For a good selection of fabrics, yarn, notions, ribbons, laces, trims, craft supplies and ready-made crafts. 6A Water St., Chesterville. 448-9032.
21tfc

SUNDAY BRUNCH - 10:30-2pm at The Heritage Cafe, Chesterville. 448-1737.
46tfc

Support Your Community Shop Locally

MTS. TRITON
CHRISTMAS CRUISE
1 Wk. Dec. 20 - 27
From $1279 Per Person
Air inclusive from Toronto.
Book any Category Cabin by Nov. 17 and Receive a Complimentary Two Category Upgrade
A Value Of Up To $400. Per Couple
For Information call:
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Lube, Oil and Filter
(Texaco Oils & Lubes)
$19.95 (most cars)
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$34.95 (most cars)
66 Main Street North
Chesterville
448-3325
10-4

HAIR LOFT
Proprietor: Karen Edgerton
Karen would like to welcome old and new clients to her new location.
Walk-ins Are Welcome
25 Main St., Chesterville
(beside Thom Travel)
OPEN
Mon. 9 - 6pm;
Tues. 9 - 8pm;
Wed. 10 - 4pm;
Thurs. 9 - 8pm;
Fri. 9 - 5pm; Sat. 9 - 2pm
448-1847

BARBERING as well as Hairdressing is available to NEW and old clients at
KAREN'S HAIR STUDIO
57 Hummel Street
Chesterville
448-2152
Just a jump across the tracks. If you know you're coming to town, call and I'll make your trip worthwhile

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Easier, Healthier, Safer
GRAIN MOVER

Ready to Vac!! as low as:
$13,100.00*
Includes Hoses and Dust Collector System
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FREE ESTIMATES, Pickup and Delivery
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4x4 Truck Plow
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COMPUTER SYSTEMS
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Brand Name Components
Competitive Prices
(Upgrading Specialist)
CHESTERVILLE 448-2997

Coming Soon to Chesterville
A Hardware Store
Watch the paper for more details.

DMC Carpentry
DMC CARPENTRY
R.R. #3, Crysler, Ont. K0A 1R0
987-2058
Renovations, Additions, Doors, Windows, Decks, Siding, and more.
SEAMLESS EAVESTROUGH
Darren Chambers

AUCTION SALES

AUCTION SALE
SUN., NOV. 26
12 NOON
170 Main St.
Alexandria, Ont. just south of high school

(All small items sold inside)
#1210 David Brown Case 80 hp tractor, front end loader, snow bucket and cab; JD #1120 tractor, cab & loader; 1969 MG Midget fully restored; 1970 Dodge 1 ton, 10,000 original miles; 1987 Dodge bell truck, ladder racks & cabinets; 1986 VW Jetta turbo diesel car; 1976 Lincoln, 55,000 original miles; Mayford lathe & stand; Rigid auto. threading machine; band saw; electric welder; torch set; all kinds electrical & plumbing supplies; electric motors; electric generators; store metal island & wall shelving; commercial air conditioner; mirrors & glass doors; fax machine; filing cabinet; desks; tables; encyclopedia; books; large freezer; wood stove; Lawnboy lawn mower; weed eater; ski boots; records & record player; stainless steel cutlery; appliance repair parts; Mercury high bay lighting fixtures; yard lights; flood lights; compressor parts; ventilating ducts & parts; display shelving on wheels; work station; electric heaters; tiller; snowblower; bicycles; fire ext.; plus a lot of other small items.

TERMS: Cash or Good Cheque
Prop: Horst Freirer
AUCTIONEER
Murray Blair
Avonmore, Ont.
Ph: 613-346-5568

15-1

AUCTION
SAT., NOV. 25
11 AM

Good selection of used & interesting small articles plus NEW tools, toys, glassware, giftware, puzzles & pillows. (Ideal Christmas presents.) A list too large to print. @AUCTIONCENTER = Ray Smith Sales Hall

33 Queen St.
Crysler

Accepting consignment for future sales. Call 346-5483.

15-1

ESTATE AUCTION
THURS., NOV. 23
6 PM
McHaffie Auction Hall
Morrisburg, Ont.

Household effects of the late Mr. E. Champagne of Long Sault.
9 pcs. dining suite, poster bed, chest of drawers, mirrored dressers, electric organ, drop leaf tables, wood rocker, small antique tables, antique chairs, crocks, wicker plant stand, wicker sewing basket, 2 electric sewing machines with cabinet, typewriter, wringer washer, upright freezer, electric stove, refrigerator, couch & chair, bookcase, large quantity sewing supplies & new material, blankets, bedding, dishes, ornament, glassware, collectables, sleigh bells, cook books, sets of dishes, small household appliances, pictures, frames, books, silverware, ladder, snow shovels, house & garden tools, many unlisted items.

AUCTIONEER
Sheila McHaffie
Mastercard & Visa Accepted
Hall Opens 5 PM

15-1



EASTERN REALITY FALL SPECIAL

(Formerly the EBI Sale)

Monday, Nov. 27

11:00 am
at Fawcett Sale Arena
Winchester, Ontario

70 HEAD

From Wayne Presley, Newington: 23 first and second calf heifers, some with heifer calves, all with full pedigrees and some fancy show prospects.

From George & Susan Ennis, Winchester: a pair of second calf cows, one by Inspiration from a VG dam, 2nd dam EX and 3rd dam VG.

From Sandy Crest, Arnprior: a GP second calver from a VG Sheik, 2nd dam EX 5E and 3rd dam EX 2E - fancy.

From Herb Henderson, Ashton: a first calf Prelude from a VG Majesty dam.

From Leela Holsteins, Perth: a fancy second calf Jubilant from 4 VG dams.

From Chestcreek Farms, Chesterville: a pair of GP second calvers both with over 200 BCA.

From Dejo Holsteins, Morrisburg: a fancy young cow by Starmaker from a VG dam - don't miss this one.

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13 Albert St.
CHESTERVILLE
Pastor: Rev. Harold J. Morden
448-2084
SUNDAY, November 26, 1995
10:00 A.M. Sunday School
11:00 A.M. Worship Service
SPECIAL MUSIC: Living Praise,
students from E.P.B.C.
GUEST SPEAKER: Rev. Randy Holm,
Professor from Eastern Pentecostal Bible College, Peterborough, Ontario
12:30 P.M. Potblessing Dinner
7:30 P.M. Praise Gathering
VIDEO: BILLY GRAHAM FILM, "EYE OF THE STORM"
Tues. 9:30 A.M. Prayer Meeting
Wed. 7:30 P.M. Family Night
- Adult Bible Study
- Kids Klub
(2 Faubert Ave.)
Fri. 7:30 P.M. Youth Group
(N.D.D.H.S.)
Affiliated with the Pentecostal Assemblies of Canada
May 1996

HARMONY COMMUNITY CHURCH
Evangelical Missionary Church
Hwy 31 & Ormond Road
774-5170
Pastor: Rev. Daniel Laronde
Associate Pastor: Rev. Bruce North
SUNDAY, November 26, 1995
10:30 A.M. Worship Service
GUEST SINGER AND PIANIST, MRS. FAYE GARNER
Super Church For Ages 1 - 12
Wed. 7:30 P.M. Bible Study
Dec. 1995

PRESBYTERIAN CHURCH
Morewood &
ST. ANDREW'S - Chesterville
Pastor: Rev. Bert de Bruijn
448-2516
SUNDAY, November 26, 1995
MOREWOOD
11:00 A.M. Sunday Worship
Nursery & Sunday School
CHESTERVILLE
9:25 A.M. Sunday Worship Nursery & Sunday School
Tues. 9:30 A.M. "Coffee Break"
Community Bible Study with full toddlers "Story Hour" program including Nursery.
Wed. 7:00 P.M. Senior Choir
Thurs., 6:30 - 7:45 P.M.
Kids Bible Clubs Grades K-6
Nov. 23 NO Prayer & Bible Study
COME EXPECTING LEAVE REJOICING
May 1996

ST. LUKE'S - KNOX PRESBYTERIAN CHURCH
FINCH
Rev. Leslie Walker
984-2210
SUNDAY, November 26, 1995
Guest Preacher: Brynn Carson
10:30 A.M. - Sunday Worship & Sunday School
Dec. 3 - 7:30 P.M. Advent Carol Service
Everyone Welcome!
Dec. 1995

ST. MARY'S CATHOLIC CHURCH
CHESTERVILLE
Father: Don Cummings
448-3262
SUNDAY, November 26, 1995
HOLY MASS
5:30 P.M. Sat. Night Vigil Mass
Sunday Morning Masses
9:00 A.M. & 11:00 A.M.
Jan. 1996

DUNBAR PRESBYTERIAN CHURCH
DUNBAR
Rev. Gregory W. Blatch
Organist: Mrs. Marjorie Thom
SUNDAY, November 26, 1995
9:30 A.M. - Sunday Service
Everyone Welcome!
May 1996

CHRISTIAN REFORMED CHURCH
WILLIAMSBURG
Rev. George Rowaan
448-2351
SUNDAY, November 26, 1995
9:30 A.M. - Communion
"THE WATER OF LIFE" Rev. 22:17
7:30 P.M. - Communion
"LIVING WATER" John 7:37
Pastor Rowaan at both services
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FAITH 20 can be viewed every morning at 5:30 am on Channel 6.
May 1996

UNITED CHURCHES
CHESTERVILLE - MOREWOOD
Minister: Rev. Roy Harwood
448-3549
SUNDAY, November 26, 1995
MOREWOOD - 9:30 A.M.
CHESTERVILLE -11:00 A.M.
EVERYONE WELCOME
July 1995

HOLY TRINITY ANGLICAN CHURCH
CHESTERVILLE
Rev. George Bruce
SUNDAY, November 26, 1995
9:30 A.M. - Morning Prayer
July 1995

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The Chesterville Record

Publicize your upcoming events/games, scores or hot players, phone or fax Sports Editor Sandy Dillich. Phone: 448-2321 Fax: 448-3260

Sports

This Week

Minor hockey round-up

Stories on page 15

Vipers derail Express for second win of the season

North Stormont Express still winless after eight weeks of EOJCHL action

Sandra Dillich
Record Staff

FINCH - The North Stormont Express have yet to pick up their first victory of the season as they were once again downed by Embrun and Long Sault.

The Embrun 72s took the Express by a 6-2 count while the Vipers defeated the Express 9-6 last Thursday night in Finch.

A three goal effort in the second round of action gave the Long Sault Vipers their second victory of the season when they downed the North Stormont Express 9-6.

Nick Lebrun scored early for the Vipers to give the visitors a 1-0 lead. But late in the opening round the Express and Vipers traded a pair each for a 3-2 contest going into the second round.

With a man-advantage, North Stormont's Jason McDonald knotted the score at 1-1 when he drilled in a feed from Julian Benoit and Chris Lefebvre at 5:33 of the first period.

Less than a minute later (4:40) Brian Deschamps put the Vipers back up by one when he finished off a play started by Matt McKinnon and Terry Lauzon.

Randy McLeod answered back for the Express when he knocked the puck into the back of the net with help from Mike Yelle.

With 3:23 left in the period, Jason Prieur handed off to Tim Donnelly for a 3-2 Viper lead heading into the second stanza.

Long Sault netminder Eric Ladouceur spent the second stanza stumping the North Stormont Express while the Vipers' dumped three into the back of the Express's net for a 6-2 lead.

Andrew Barton's second period performance was flawless for the Express until 6:14 showed on the clock and Long Sault's Nick Lebrun slid one in between the pads for a 4-2 Viper lead. Brad Nelson was also in on the play.

Just nine seconds later, Chris Proulx put the Vipers tally up to five followed by T. Graham who tapped in Long Sault's sixth and final goal of the second round with 2:39 showing on the clock.

The Vipers continued to drive to the Express's net in the third round, dumping in three more for the 9-6 victory.

Greg Savard made it a 7-2 game when he drilled in a feed from Jason Prieur at 17:25 of the third period.

Christian Charlebois put the Express back into the game when he popped in a pass from Ian Henderson and Omar Elgazzaar.

Prieur fired in a solo shot with 8:03 on the clock bringing the Vipers count up to eight.

A pair of quick ones from Henderson (5:51) and Charlebois (5:16) kept the Express alive at five (8-5).

Long Sault's Deschamps drilled in his second of two on the night when he popped in a pass from the team of Chris Kyte and Kris Campbell.

A last-ditch effort by Henderson brought North Stormont's final total up to six. Tim Roberts and McDonald netted the helpers.

72s 6 - EXPRESS 2

After letting the Express hold onto a 1-0 lead following one period of play, the 72s turned up the heat, firing six pucks into the Express's net for the 6-2 victory.

Mike Rogers (5:34 of the first) and Michael Yelle (8:02 of the second) drilled in North Stormont's only goals of the contest.

Martin Gignac was Embrun top point-getter as he potted the hat trick and added a helper to the total.





Above: Traffic was rather heavy in front of the North Stormont Express's net last Thursday night when the Express played host to the Long Sault Vipers. The Vipers picked up their second win of the season when they downed the Express 9-6. Right: A North Stormont defenceman (white) and a Viper forward grapple with each other infront of N.S. netminder Andrew Barton in anticipation of getting their sticks on the puck.

Record Photos - Dillich

Red Dogs continue to blow Chesterville Town League competition away

Sandra Dillich
Record Staff

CHESTERVILLE - The Red Dogs continue to be the hottest team in the Chesterville Town League as they posted their fourth straight victory when they embarrassed the Green Hornets 10-3.

Hat tricks from Pat Kelly and John Luimiss helped propel the Dogs into the win column for the fifth time this season.

After one period of action the Dogs had carved themselves out a 6-0 lead thanks to the steller performance of Jeff Whittaker between the posts and a not so perfect effort by Hornet goalie Ben Henry.

Pat Kelly got the scoring run underway early in the opening round (19:47) when he dumped in a feed from Scott Barkley.

Barkley then netted his own goal five minutes later with help from John Luimiss.

Luimiss was once again the feeder, this time to Kris Young at 12:44 of the first period, for a 3-0 Red Dogs lead.

Mike Gruich got his stick on one to bring to the tally up to four for the Dogs at 8:27 of the first. Barkley and Young were also in on the play.

Luimiss knocked in his first of three late in the round when he finished off a play started by Barkley and Gary Klein-Swormink.

Young brought the count up to six for the Dogs when he drilled in a feed from Luimiss and Gruich at the two minute mark.

The Hornets came alive in the second stanza, matching the Dogs goal-for-goal early in the period. But the six-point deficit proved to be too much.

Jerrold Boulanger saved the Hornets from the shutout when he nailed home a pass from Anthony Mann at 25:13 of the second stanza.

Luimiss, from Klein-Swormink and Gruich, retaliated for the Dogs less than a minute later for a 7-1 game.

Ken Byers chipped in the Hornets second goal with 22:55 showing on the second stanza clock for a 7-2 game. Don Marcellus netted the helper.

Kelly dumped in two quick ones (21:04 and 18:38) for the Red Dogs to bring their total up to nine. Picking up helpers on Kelly's two goals were Sean O'Connor, Aron Sherrer and Brad Cotnam.

Luimiss drove the Dogs into the double digits when he finished off a play started by Young and Klein- Swormink with 7:47 left until the final buzzer.

Marcellus potted one more for the Hornets but it was not enough as the Red Dogs took the Hornets with a 10-3 count.

KNIGHTS 4 - ACES 2

The White Knights picked up their second win of the season as the Black Aces suffered their second defeat in as many outings.

The Knights doubled the Aces 4-2.

An opening round goal by the White Knights held up until midway through the second stanza when the Aces knotted the score at one-all.

Darrin Kelly put the Knights on the board when he drilled in a feed from Kevin Henry at 15:54 of the first period.

On the powerplay, John Guy knotted the score at 1- 1 when he finished off a play started by Mark Cayer and Pete Van Kessel.

Kirk Tallman was quick to retaliate for the Knights giving them the go-ahead goal. Greg Kelly and Troy Helmer were also in on the play.

With the man advantage, Helmer netted his only goal of the night and put the Knights up by two (3-1). Tallman and Don Imrie netted the helpers.

Another one by Tallman, from Gary Geertsma, late in the second stanza slammed the door shut on a Black Aces comeback.

With 1:53 left until the final buzzer, Van Kessel drilled in the Aces second and final goal of the night when he completed a pass from Jason Ouelette and Kevin Williams.

McDiarmid nets hat trick in another DB victory

Sandra Dillich
Record Staff

WINCHESTER - Three from Nancy McDiarmid helped keep the Double Beauty squad at the top of the Winchester and District Ladies' Hockey League as they downed Andy's Food Town 5-3.

Amy Fraser and McDiarmid netted opening round singles within 20 seconds of each other (18:00 and 17:40) to give the Beauties a 2-0 lead just minutes into the contest.

Marilyn Collins cut the Beauties lead in half when she drilled in a feed from Nancy Beavers and Carolyn Herfkens late in the period.

Herfkens knotted the score at 2-2 at 18:30 of the second round when she finished off a play started by Margaret Bush.

The Beauties were quick to retaliate as they netted a pair within a minute of each other to regain the lead (4-2).

McDiarmid (unassisted) put the Beauties up by one at 15:20 of the second round followed by Rhonda Winters (14:28) who dumped in the insurance goal from Linda Deserres.

Herfkens brought the Food Town squad within one when she fired the puck past Double Beauty netminder Sherry Stewart at 9:45 of the second stanza. Beavers was also in on the play.

With 1:42 left until the final buzzer, McDiarmid (unassisted) dumped in the Beauties fifth and final goal of the contest.

The Beauties record now stands at 6-0-1 while Andy's Food Town is at 1-6-0.

GIRLS 2 - UNLIMITED 1

A pair from Sue Whelan gave the Country Girls their fourth victory of the season as they doubled the Sports Unlimited crew 2-1.

Whelan, on a solo play, put her first one into the twine early in the opening round.

Unlimited's Catherine Shaw matched the Girls when she fired in her first goal of the season with help from Marie Shelp and Tina Fawcett at 1:15 of the first period.

With 4:10 left until the final buzzer, Whelan finished off a play started by Barb Canham and Lorna Smith-Gove to give the Girls the 2-1 victory.

ANNABLE'S 1 - CLASSICS 0

A single from Annable's Jen Bartrand was all the Annable's needed to post their sixth victory in seven outings.

Bartrand dumped in the only goal of the contest when she finished off a play started by Terry Boyd at 9:50 of the first period.

Carrie Nolan posted the victory for Annable's.

Sports Scoreboard

Chesterville Town League

	W	L	T	PTS	GF	GA
Aces	06	02	00	12	40	36
Dogs	05	03	00	10	50	31
Hornets	03	05	00	06	36	48
Knights	02	06	00	04	29	41

	G	A	PTS	TEAM
Young	08	12	20	BA
Young	08	11	19	RD
Luimes	07	11	18	RD
Shelp	09	08	17	GH
R. Sherrer	08	08	16	BA
Henry	13	01	14	WK
Van Bridger	06	08	14	RD
Moore	06	06	12	BA
G. Kelly	03	09	12	WK
Beisheim	07	04	11	GH
Tallman	06	05	11	WK
Ouellette	05	06	11	BA
Tessier	03	08	11	WK

Winchester & District Ladies' Hockey League

	W	L	T	PTS	GF	GA
Beauties	06	00	01	13	29	06
Annable's	06	00	01	13	15	05
Girls	04	03	00	08	11	16
Sports	03	06	00	06	13	15
Andy's	01	06	00	02	12	25
Classics	00	07	00	00	02	13

	G	A	PTS	TEAM
McDiarmid	11	09	20	DB
Bertrand	06	06	11	AJ
Fraser	08	02	10	DB
Blais	05	05	10	DB
Winters	04	04	08	DB
Beavers	02	05	07	AFT
Herfkens	05	01	06	AFT
Canham	03	02	05	CG
Collins	03	02	05	AFT
Shelp	03	02	05	SU
Gove	00	05	05	CG

Finch Men's Broomball

	W	L	T	PTS	GF	GA
Bandits	05	01	00	11	29	06
Dunbar	05	01	00	10	20	08
Mel Rowe	04	02	00	08	24	15
Crites	03	03	00	07	17	14
McCorm.	02	04	00	04	11	17
Smith	01	05	00	02	09	23
Belmonte	01	06	00	02	05	36

	G	A	PTS	TEAM
Bole	05	15	20	BB
Henry	06	10	16	BB
Cardinal	02	08	10	Dun.
Gallinger	05	05	10	Dun.
Coir	06	04	10	MR
Waldroff	03	07	10	MR

Finch Ladies' Broomball

	W	L	T	PTS	GF	GA
Classisc	05	00	03	13	26	05
Finch	05	02	01	11	11	07
Crysler	03	04	01	07	05	11
Heagle	02	06	00	04	10	21
Amsing	00	08	00	00	03	27

	G	A	PTS	TEAM
Pidgeon	09	09	18	Ing.
Robinson	03	10	13	Ing.
Hunt	05	07	12	Ing.
Ledger	05	05	10	Classics
Como	03	04	07	Classics

Finch Midget Girls' Broomball League

	W	L	T	PTS	GF	GA
Ingleside	05	00	01	11	15	06
Crysler	03	02	01	07	12	09
Finch	02	02	02	07	13	08
Berwick	00	06	00	00	00	17

	G	A	PTS	TEAM
Rombough	08	04	12	Ing.
Robinson	02	05	07	Finch
Yelle	04	02	06	Crysler
Labelle	04	02	06	Crysler

East. Ont. Jr. 'C' Hockey League

Week 7 results:
Long Sault 9 - North Stormont 6
Embrun 6 - North Stormont 2
Embrun 8 - Long Sault 4
Rockland 11 - Vankleek Hill 3
Russell 7 - Casselman 5 (O/T)
St. Isidore 8 - Rockland 6

Blaine\Leroux Division

	W	L	T	GF	GA	PTS
Embrun	11	01	01	119	59	23
Cassel.	07	02	03	86	58	17
L. Sault	02	11	00	56	105	04
NorStor	00	14	00	31	96	00

Rozon\Dube Division

	W	L	T	GF	GA	PTS
Rockland	11	03	00	105	53	22
St. Isidore	10	02	01	74	54	21
Vankleek	05	06	01	60	83	11
Russell	04	08	00	48	70	08

North Stormont Intermediate Hockey League

	W	L	T	PTS	GF	GA
Aces	08	01	00	12	62	35
Merchants	04	03	00	08	39	41
Bulldogs	03	04	00	06	48	44
Eagles	01	08	00	02	18	47

	G	A	PTS	TEAM
Poapst	18	13	31	AA
Beener	11	17	28	BB
Hanson	09	15	24	AA
Villeneuve	09	14	23	FM
P. Brown	13	09	22	AA
Sinfield	06	15	21	AA
Lamarche	09	10	19	BB
Villeneuve	05	09	14	FM
DeWitt	08	05	13	FM
A. Brown	03	10	13	AA

Butting out in the workplace

TORONTO - A recent study carried out for the Health Canada's Tobacco Demand Reduction Strategy shows that many smokers would welcome smoking cessation programs offered by their companies.

The results, gathered from employees across Canada, reveal that 71 per cent of smokers would like to quit in the next year and that 42 per cent have a desire for employer support of cessation programs.

Men, employees who perceive their health as poor and those who report high level of home stress are among the first who want to quit smoking.

When probed about what prevents them from improving their health, smokers identify two major culprits: stress and the belief that improving health 'is too hard.'

Fortunately, their are ways of alleviating stress and ways of making change easier.

Too much stress? Work and home stress both take their toll on smokers.

The most commonly reported causes of work stress are mental fatigue, lack of feedback and time pressure.

Home stress, on the other hand, is caused by the lack of money, arguments with their spouse or partner and having too much to do.

Dealing with stress can mean reducing it or removing it altogether.

Stress management courses offer many helpful tips for reducing stress, not the least of which is to pursue regular physical activity.

Removing the source of stress is more difficult and sometimes requires outside support. For example, employers can remove sources of employee stress through time management, financial management, modified work schedules, marital counseling and assisted day care.

Too hard? Butting out is certainly not easy.

Some ex-smokers have found tobacco addiction more difficult to overcome than dependence to highly addictive substances such as cocaine or heroin,

Quitting is not a simple matter of willpower, as many non-smokers believe.

Smokers need to learn important skills before quitting as the following questions illustrate:

*How will smokers deal with the discomfort and pain of nicotine withdrawal?

*How will they deal with the temptation to smoke again?

*Have they developed alternative methods of coping with work and family stress?

Health Canada's 1990 Health Promotion Survey indicates that as many as four in five smokers believe that quitting would improve their health and well-being.

It is not enough to be intellectually convinced, however, since we are beings of emotions, our hearts and nerves must be willing to make the change as well.

That is where programs can help, through experiences that provide insights and teach skills. Employers are among the best positioned to provide such programs.

The highest proportion of smokers is found among 20-44 year olds, who constitute a large portion of the workforce. To top it off, many of them would appreciate help from their employers to stop smoking.

Junior Devils ousted in EOSSAA semis

Sandra Dillich
Record Staff

ERNESTOWN - The North Dundas Junior boys volleyball team found inexperience to be their nemesis when they traveled to EOSSAA to defend their SD&G status.

"It was a good effort on the part of the whole team, however, we lacked experience playing teams outside our area with varying systems," said North Dundas coach Chantal Dallaire.

Dallaire also notes that although it was a team effort at EOSSAA two players' 'talents peaked' - Rob Desormeaux and Craig Smith.

The Devils split their first two games by losing 15-9 and 15-7 to Ernestown but came back to take a pair of matches from St. John's (15-13 and 15-3).

The Devils then advanced to the semi-finals where they were ousted by TISS with scores of 15-8 and 15-12.

Dallaire sums up the Devils season by saying "it was an incredible season and we look forward to another challenging season next year."

Pin Tales

Berwick Thursday Mixed - Men's High Single, Tony Sanders 282; Men's High Triple, Tony Sanders 769. Ladies' High Single, Monique Rutley 240; Ladies' High Triple, Monique Rutley 552. **Team Standings** - Rejeanne 43; Babs 41; Lucie 39; Leah-Anne 37; Mary 25; Connie 25.

Wednesday Afternoon Ladies - High Single, Pat Monast 265; High Triple, Pat Monast 681. **Team Standings** - Elizabeth Brooks 52; Muriel Levere 34; Virley Edwards 32.5; Debbie Hess 21.5.

Community League - Men's High Single, Tim 230; Men's High Triple, Tim 605. Ladies' High Single, Sharol 215; Ladies' High Triple, Annette 563. **Team Standings** - Annette 53; Carolyn 41; Andrew 40; Pat 32; Joel 26; Sharol 18.

Les Copains - Men's High Single, Francois Leclerc 268; Men's High Triple, Francois Leclerc 701. Ladies' High Single, Cathy Fawcett 210; Ladies' High Triple, Marguerite Blanchard 529. **Team Standings** - Daniel Martel 46; Jason Beaudry 37.5; Jean-Marc Drouin 35; Francois Leclerc 33; Johnny Tremmaglia 31.5; Gilles Beaudry 29.

Finch Mixed - Men's High Single, Noel Lalonde 279; Men's High Triple, Noel Lalonde 742. Ladies' High Single, Andree St. Pierre 307; Ladies' High Triple, Gail St. Pierre 616. **Team Standings** - Jerds 47; Just Bowlers 38; Blazing Bowlers 36; M & M's 34; Rookies 30; Two Balls 25.

North Stormont Ladies - High Single, Virley Edwards 232; High Triple, Betty Smirle 609. **Team Standings** - Pat 41; Ria 39; Doris 35; Elaine 28; Beulah 25; Rae 21.

Avonmore Mixed - Men's High Single, Noel Racine 294; Men's High Triple, Gordie McRae 562. Ladies' High Single, Viola McRae 249; Ladies' High Triple, Viola McRae 623. **Team Standings** - Viola 120.5; Melba 115; Florence H. 101.5; Iva 101; Ina 98.5; Manie 93.5.

Winchester Odd Couples - Men's High Single, Jack Toustra 266; Men's High Triple, Jack Toustra 694. Ladies' High Single, Denise Chenette 218; Ladies' High Triple, Denise Chenette 568. **Team Standings** - Warriors 26; Pussy Cats 21; Alley Cats 21; Gladeators 16.

Williamsburg Mixed Friday Night - Men's High Single, Noel Lalonde 264; Men's High Triple, Noel Lalonde 774. Ladies' High Single, Dianne Hoogeveen 247; Ladies' High Triple, Dianne Hoogeveen. **Team Standings** - The Roller Coasters 46; Cathy's Cuties 45; Shooters 39; Pin Heads 38; Corn Huskers 35; Wholly Rollers 35.

YBC Peewee - Boy's High Single, Christopher Campeau 114; Boy's High Double, Tony Sanders 201. Girl's High Single, Ashley Ferguson 101; Girl's High Double, Ashley Ferguson 201. **Team Standings** - Mighty Rollers 37; Tigers 37; Mighty Ducks 33; Little Rascals 26; Rug Bugs 17.

YBC Bantam - Boy's High Single, Adam Sanders 210; Boy's High Double, Adam Sanders 346. Girl's High Single, Joanne Auger 188; Girl's High Double, Joanne Auger 298. **Team Standings** - Alley Cats 47; Rookies 44; Danger Alley 42; Grizzlies 41; Rockets 39; Power Rangers 35; Lightning Bolts 32.

YBC Junior - Boy's High Single, Michael Elshof 213; Boy's High Double, Michael Elshof 384. Girl's High Single, Jaclyn Hoogeveen 224; Girl's High Double, Jaclyn Hoogeveen 382. **Team Standings** - Skaters 33; Not Good Enough 28; Pin Heads 24; Flintstones 15.

YBC Senior - Boy's High Single, Eric Fisher 224; Boy's High Double, Alex Middleton 411. Girl's High Single, Julie Robinson 205; Girl's High Double, Amanda Whitteker 369. **Team Standings** - Hosers 18; Winners 12.

Crysler Club 60 - Men's High Single, Aurele Bourgeois 203; Men's High Triple, Aurele Bourgeois 506. Ladies' High Single, Mercedes Godard 303; Ladies' High Triple, Mercedes Godard 634.

Matilda Bowling League - Men's High Single, Leo Sabourin 236; Men's High Triple, Ed Kearns 632. Ladies' High Single, Terry Cohen 256; Ladies' High Triple, Lois Keyes 571. **Team Standings** - Bill Leclair 30; Barry Fawcett 29; Marilyn Payne 27; Jack Joustra 27; Rita Cooper 22. Hidden Score - Allen Dixon 147.

Defenders - Men's High Single, Oswald Linton 251; Men's High Triple, Oswald Linton 663. Ladies' High Single, Debbie Linton 261; Ladies' High Triple, Debbie Linton 660. **Team Standings** - Debbie 39; Stuart 30; Cathy 27.5; Kenny 27; Chris 23.5; Joel 21.

Busy Matrons - High Single, Debbie Hodgson 246; High Triple, Debbie Hodgson 625. **Team Standings** - Mary D. 42; Cheryl L. 38; Mary L. 32; Sharon S. 30.

Monday Night Men's - High Single, Jack Hoogeveen 323; High Triple, Jack Hoogeveen 801; High Average, Danny St. Pierre 227. **Team Standings** - Stingers 56; Alley Rats 51; A-Team 43; Country Boy's 37.5; Seniors 28.5; Raiders 24.

Riverside Rollers - Men's High Single, Randy LeClair 239; Men's High Triple, Randy LeClair 643. Ladies' High Single, Katie McCabe 244; Ladies' High Triple, Katie McCabe 650. **Team Standings** - Tootsie Rollers 48; Randy's Rugrats 46; Ya-Hoos 37; Tony's Tigers 35; Thundermugs 34; Dust Bunnies 31.

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Soccer 'B' Pool champs

The Maple Ridge soccer team took first place in the 'B' pool at a recent tournament held at Iroquois Public School. The soccer team is front, left: Amanda Gebara, Emily McDonell, Ashley McClure, Laura McDonell, Amanda Heuff. Middle, left: Kara-Lee Young, Wendy Ludce-McIntosh, Carolyn McCadden, Tiffany Holmes, Angie VanGurp. Back, left: Jennifer Little, Meghan Baker, Kristy Hebert, Jen Hall.

Record Photo - Dillich



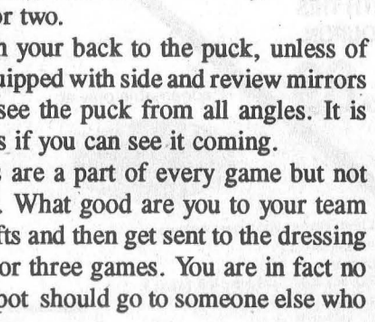
Maple Ridge xcountry team

At the recent Cross Country meet held at the Upper Canada Bird Sanctuary, the Maple Ridge runners put in a steller performance. Front, left: Daniel Meier, Wendy Locke, Emily McDonell, Kara-Lee Young, Tiffany Holmes. Middle, left: Bill Neville, Lee Worboys, Stephan Barkley, Patrick Foley, Melissa Baker, Jennifer Catellier, Sean Laing, Crystal Glassford. Back, left: Jason McIntosh, Parker Locke, John Ennis, Julian Whittam, Pamela Marrow, Fadia Mahfouz, Sarah Bjergso, Meghan Baker, Kristine Hillis, Jennifer Little. Individual winners were: Crystal Glassford: 1st - 12 yr old girls; Julian Whittam: 1st - 13 yr old boys; Lee Worboys: 2nd - 13 yr old boys. School awards went to : 1st - 13 yr old boys, 13 yr old girls, 12 yr old girls and 2nd - 12 yr old boys.

Record Photo - Dillich

Sitting on the sidelines

With Sandy With a Y



Well after some intense scrutinizing and evaluating I thought it was about time I gave coach Chad Brownlee some help in getting the North Stormont Express in gear.

No doubt these are all hockey tips coach Brownlee has told his boys but I believe it's time for a refresher course.

Skate! The fastest way to get from one end of the rink is to skate - quickly. Lately the boys have been shuffling along the ice like they have led in their pants.

Park in front of the net. Whenever the puck is in the opponent's zone put a player in front of the net, with their stick on the ice I might add, in order to create scoring opportunities.

Look before you pass. Pucks do not come equipped with radars so if you're going to pass the puck, make sure someone from your own team is somewhere in the vicinity to pick it up.

The game is called hockey not ice dancing. These guys have to realize they're out their playing hockey not in an ice dancing competition. The way these guys dance around with the puck has to make you wonder if they should not be wearing figure skates instead of hockey skates.

Defense. Defense. Defense. Everybody wants to hear their name over the loud speaker when they score a goal, but there is more to the game then just offense. There needs to be a little defense. Don't just hand the opposition the victory, help the goalie out and block a shot or two.

Face the action. Never turn your back to the puck, unless of course your helmet comes equipped with side and review mirrors which would enable you to see the puck from all angles. It is much easier to receive a pass if you can see it coming.

Stay in the game. Penalties are a part of every game but not continual game misconducts. What good are you to your team if all you do is play a few shifts and then get sent to the dressing room and miss the next two or three games. You are in fact no good to your team and your spot should go to someone else who knows how to follow the rules.

K/ND Midget 'B's bring home a pair of victories

Sandra Dillich
Record Staff

CHESTERVILLE - The Kemptville/North Dundas 73s Midget 'B' squad brought home a pair of victories when they downed Smiths Falls and Perth over the weekend.

In Friday night's home stand, the K/ND 73s blanked Smiths Falls 5-0.

Jennifer McDonald got the scoring underway midway through the opening round when she drilled in a feed from Thomas Seabrook and Calvin Hull.

A single from Jason Cecchini in the second stanza brought the 73s count up to two going into the final round.

Tyler Veley and Ben Lang were also in on the play.

The K/ND squad continued to dominate the action and dumped in three more in the final round for the 5-0 victory.

Charles Seymour, from Cecchini; Seabrook from, Darcy Roberts and McDonald; and Adam Moss from Mike Deighton and McDonald rounded out the third period scoring.

73s 8 - PERTH 5

An opening period three-point lead kept the K/ND squad alive in their Sunday afternoon contest against Perth.

K/ND and Perth skated to an 8-5 final in favor of K/ND.

With less than two minutes left in the opening round Jarette Simpson, Mike Deighton and Darcy Roberts netted singles for a 3-0 lead going into the second round.

Perth came alive in the second stanza scoring two while allowing K/ND only one more goal (4-2). Roberts potted the only K/ND goal of the period.

Perth and K/ND traded third period goals but it was not enough for Perth as the Kemptville/North Dundas squad took the 8-5 victory.

Charles Seymour drilled in three for K/ND while Thomas Seabrook knocked in a single for the win.

Bantam 'C' Demons downed by Brockville Braves

Sandra Dillich
Record Staff

CHESTERVILLE - The North Dundas Bantam 'C' Demons lost a tough one to the Brockville II Braves in last weekend's NDDMHA league action.

The Braves doubled the Demons 4-2.

After one period of action the Braves and Demons had played to a 1-1 game. Dean Kerr knocked in the lone North Dundas goal at 7:14 of the first with help from Mike Pacquette.

A pair from the Braves in the second stanza gave Brockville the 3-1 advantage going into the third round.

Todd Levers dumped in North Dundas' s second and final goal of the contest early in the round but the Demons were unable to catch up to the Braves as Brockville took the 4-2 victory.

Atom 'C' Demons take Rangers and 73s

Sandra Dillich
Record Staff

CHESTERVILLE - The North Dundas Atom 'C' Demons picked up a pair of victories this past weekend when they downed the South Grenville Rangers and the Kemptville 73s.

The Demons doubled the Rangers 4-2 and downed the 73s 5-1.

On November 11 the Rangers and Demons played to a 0-0 score following one period of action.

With eight seconds left in the second stanza, it was North Dundas's Brett Bird who opened up the scoring when he drilled in a feed from Geoffrey Paas and Patrick Dumainville.

Tyler Burke drove to the Rangers net twice in 10 seconds to give the Demons a 3-0 advantage.

Burke put North Dundas up by two when he finished off a play started by Bird at 7:24 of the third period.

Bird and Ben Mead then fed Burke his second goal of the contest with 7:14 left until the final buzzer.

Kyle Stewart knocked in North Dundas's fourth and final goal of the game with 5:32 showing on the clock. Timothy Johnson netted the helper.

With less than two minutes left in the contest, South Grenville finally put one past North Dundas netminder Robert Lacelle for a 4-1 count.

With just three seconds remaining in the game, the Rangers dumped in their second goal of the game for a 4-2 final.

DEMONS 5 - 73s 1

A second period rally by the Demons gave North Dundas their second win in as many tries when they downed the Kemptville 73s III squad 5-1 over the weekend.

North Dundas's Tyler Burke dumped in the only goal of the opening round when he finished off a play started by Scott Brannen and Trenton McBain.

Brannen fed two more goals to his teammates for a 3-0 lead with 5:35 on the second period clock.

McBain made it 2-0 at 9:13 of the second while Timothy Johnson brought the tally up to three for the Demons.

Brett Bird and McBain each dumped in unassisted singles to put North Dundas up by five before Kemptville was able to get on the board.

Matthew Tilston picked up the lone Kemptville goal with 19 seconds left until the final buzzer.

Avonmore Aces suffer first NSIHL loss

Sandra Dillich
Record Staff

FINCH - The 2-4-0 Berwick Bulldogs pulled off an upset when they downed the 6-0-0 Avonmore Aces 11-4 in last weekend's North Stormont Intermediate Hockey League action.

A 10 point effort (5 goals, 5 assists) from Yvon Besner helped propel the Bulldogs into the win column for the third time this season.

Besner started on, and completed, the hat trick before the end of the first period to give the Bulldogs a 4-1 lead going into the second round.

Mike Lamarche got the scoring underway at 12:26 of the first period when he finished off a play started by Besner.

Phil Brown was the lone goal scorer for the Aces at 4:20 of the period. Jim Brown was also in on the play.

The second period found the Bulldogs continuing to drive to the Aces net and dumping in seven more goals for the 11-4 victory.

A pair from Avonmore's Steve Carter (at 18:49 and 10:12) bracketed Dave Hanson's second stanza single to bring the Aces' tally to four.

Chipping in second round goals for the Bulldogs were: Steve Lamarche (3); Rob Lemieux (2) and Besner (2).

FINCH 7 - GOLDFIELD 4

A solid effort from the Finch Merchants gave them a 7-4 win over the fledgling Goldfield Eagles.

Finch's Craig Villeneuve and Goldfield's Larry Delgrecco traded opening round goals early in the period for a 1-1 count.

A pair of quick ones from Chris Villeneuve and Ed DeWitt put the Merchants up by two (3-1) with 8:23 showing on the clock.

Brian Brown cut the Eagles deficit by one (3-2) when he drilled in a pass from Jeremy Logten and Randy Givogue late in the round.

The Merchants (Ian McInnis) and Eagles (Jason Kilger) once again opened up the period by trading singles to bring the score to 4-3 in favor of the Merchants.

A three goal rush with under four minutes left in the contest gave the Merchants the victory.

Finch' Chris Villeneuve, McInnis and Dennis Sullivan popped in singles for the 7-4 win.

Logten (unassisted) drilled in Goldfield's final goal of the contest with 37 seconds left until the final buzzer.

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