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Several stakeholders were on hand for the $40,000 funding announcement at the Lions Hall on Wed., Dec. 6. Pictured clockwise from left are: Jeremy Gowsell representing MPP Jim Brownell, Anne Lyon of People First of Dundas County, Lion Guy Belliveau, Lion Dwayne Holmes, Mayor Alvin Runnalls, Golden Years Society president Dick Giberson, Winchester District Memorial Hospital CEO Trudy Reid, Leo president Alanna Cracknell, Trillium Foundation review team member Eldon Horner, and Lion president Dennis Carkner.
Press Photo — Duncan

Trillium grants Lions $40,000

by Meghan Duncan
Press staff

WINCHESTER — Construction has started on a new wheelchair ramp at the north east corner of the Winchester Lions Hall on Albert Street. It's part of a plan to make the hall completely wheelchair accessible, following a $40,000 grant from the Ontario Trillium Foundation.

Winchester Lion president Dennis Carkner, who is also a member of the Lions' Trillium grant committee, said he hopes construction will be complete by the end of January.

Plans also include a fully-accessible washroom, separate from the existing washroom facilities. Carkner said the grant committee has been working for about two years to secure the funding.

"The hall is currently used by the Golden Years Society, the Women's Institute, People First, and the Leos, all of whom at some time need it to be easily accessible," said Carkner. "We hope to open it up for increased use."

He acknowledged the Trillium Foundation for considering the project.

"Thanks for helping us serve our community," he concluded.

It was in 1975 that the Lions Club purchased the building. Originally Lannin's Mill, the hall was transformed to create a meeting place, specifically for seniors in the area.

"It's nice to see the money actually put to work," said Brinston resident Eldon Horner, a Trillium Foundation grant review team member.

Constituency assistant Jeremy Gowsell said a few words on behalf of Stormont-Dundas-Charlottenburgh MPP Jim Brownell, who was unable to attend.

"I'd just like to congratulate the Lions Club for their commitment to the community," he said. "And congratulations, as well, for going after this funding."

Anne Lyon, representing People First of Dundas County, noted that people drive all the way from Alexandria to take part in the People First dances, and making the hall more accessible will greatly benefit the group.

Golden Years Society president Dick Giberson agreed.

"It's certainly going to help our members tremendously," he said.

Winchester District Memorial Hospital CEO Trudy Reid noted that by 2016, 69 per cent of the population in the area will be considered the "frail elderly."

• see ACCESSIBLE on next page

Pietersma acclaimed as school board chair

by Meghan Duncan
Press staff

WINCHESTER — Dundas County Upper Canada District School Board trustee Greg Pietersma is now chair of the board.

"I'm really excited," he told the *Press* on Fri., Dec. 8. "It should be a challenging term."

Pietersma said that many decisions regarding the Boundary 20-20 initiative will be made during his time as chair.

"A lot of work will be done in the next 12 to 24 months," he explained, noting that the target date of the strategic plan to deal with declining enrollment across the board will be sometime in 2008 or early 2009.

"The plan is proactive," Pietersma said about 20-20. "It gives communities time to work with us and develop a plan for public education."

David Dargie, trustee for Athens, Elizabethtown-Kitley, Gananoque, Leeds, and the Thousand Islands, was acclaimed vice-chair, while outgoing chair David McDonald, serving Cornwall, will sit as second-vice this term.

"David (McDonald) has a tremendous amount of experience and a great rapport with the ministry (of education)," Pietersma said. "He did a fabulous job as chair, and his expertise will be of great value."

Pietersma noted that the board recently changed its governance model, and included a clause that the members could forgo the annual election meeting if two-thirds of members agree. Therefore, Pietersma could be chair for the coming two years.

In the third year of the trustee term, elections will be held.

Also, the new governance model removes the Program and Education, and Finance and Operations committees, and replaces them with a committee of the whole board.

"This should be challenging, but fun," Pietersma concluded about his new role.

Cloverdale Links subdivision has hoops to jump through

by Bonnie James
Press staff

WINCHESTER — The Cloverdale Links subdivision still has far to go before any new houses are built. At its regular meeting on Mon., Dec. 11, North Dundas council supported a recommendation that United Counties planner Michael Otis approve the subdivision plan with 23 conditions. Because the new counties' official plan is now in effect, North Dundas does not have the decision-making power to approve the subdivision plan itself.

A public meeting was held before the regular council meeting regarding the plan for the Cloverdale Links Golf Course subdivision, owned by Gib Patterson and family of Metcalfe. Those in attendance learned that the property, at lot 24, concession 10, will see 20 acres severed into lots. There are nine lots planned for Cloverdale Road and 11 for Armstrong Road.

"Adding 20 residential lots will only provide a fraction of the new housing needed," said township planner Calvin Pol at the meeting, pointing out that the township's development is increasing at a rate of about 50 new dwellings per year.

When council was asked for questions and comments, councillor Al Armstrong wondered whether the township should consider parkland, rather than accepting cash in lieu for this subdivision.

"I think it might be time for council to consider accepting parkland for some of these subdivisions," he said, noting that the planned Cloverdale Link subdivision is far away from current township park facilities.

The question spurred a little discussion, with councillor Eric Duncan pointing out that the township already owns some undeveloped parkland, including a lot in the Foxfire Ridge subdivision.

When the public was asked for input, there were a few people who voiced concerns about the planned subdivision, including Brian Stobo of Cloverdale Road.

• see HOUSES on next page



Rock on

Brad Holmes (left) and Jon Thompson were bending the brooms while representing the North Dundas District High School Devils in the 2006 Gore Mutual Zone 1 Schoolboy curling championships (Dec. 7 and 8) at the Winchester District Curling Club. More Gore Mutual coverage on page 11.

Press Photo — Van Bridger

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Press Photos — Duncan



A comfortable knee

Ten-month-old Cynthia Tupper was one of the children who visited with Santa at Winchester Home Hardware on Fri., Dec. 8. Photos with Santa were $5 and proceeds went to the Dundas County Food Bank.

Press Photo — James

Continued from the front page...

Accessible

"This is one of the organizations we think about because initiatives for seniors are a priority for the hospital," Reid said. "We've (the hospital has) become very active politically and socially in terms of access for the elderly."

The changes will also allow the Nor-Dun Seniors Support Centre, Dundas Manor, and other groups like the WDMH Auxiliary to more easily use the Lions Hall on special occasions.

The Ontario Trillium Foundation is an agency of the provincial ministry of culture. Through Ontario's charity casino initiative, the foundation is able to distribute $100 million annually to charitable and non-profit organizations in the culture, recreation, and social services sectors.

Houses

"We've already got two (subdivisions) in the area," said Stobo, wondering about the need for another.

He also raised his concerns about water quality and availability, noting that the Forestwood Heights subdivision has already run into water contamination issues.

He said he wondered if there was enough water to support 20 more lots, in addition to the existing golf course, houses, and quarry that already draw from the area.

"There's only so many holes you can poke in the ground before you hit dust," he said.

His said his other concern is with drainage, and what effect adding all those driveway culverts might have.

"We've got no drainage along there to start with," he said.

Pol assured him that studies on the issues of water quality and quantity, as well as storm runoff are among the conditions he was recommending that Counties council impose when approving the subdivision plan.

Those studies will then be independently reviewed by a consultant chosen by the Counties.

"The developers have a lot of work to do," said Pol.

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Midwives provide the personal touch

by Bonnie James
Press staff

WINCHESTER — More than 25 per cent of the babies born at Winchester District Memorial Hospital (WDMH) are helped into the world by midwives. St. Lawrence Valley Midwives have had hospital privileges at WDMH since January 2003.

"We have been growing every year," said Céline D'Arcy, a registered midwife.

D'Arcy explained that she intended to start St. Lawrence Valley Midwives in Cornwall, but wasn't able to get hospital privileges at Cornwall Community Hospital until this past September. Her search for another hospital to practice at brought her to WDMH, for which she is thankful.

"The staff (at WDMH) are amazing," said D'Arcy. "It's so family oriented and the physicians are willing to work as a team."

St. Lawrence Valley Midwives now has two offices — one in Cornwall and one on Dawley Drive in Winchester — and four midwives.

"We're one of only a few hospitals in Eastern Ontario that has a significant midwife presence," said WDMH chief of staff Dr. Brian Devin. He noted that obstetrician Dr. Griff Jones had worked closely with midwives before coming to WDMH and was a key force in helping the obstetric program to adapt. "They (midwives) have integrated well into the program," said Devin. "The intent is to grow the obstetric program at WDMH in general. They (midwives) play a significant part."

D'Arcy said she is hoping the practice will grow to include four midwives for each office.

Registered midwives complete a four-year bachelor degree in health science (a midwifery education program offered at Laurentian, Ryerson, and MacMaster universities). During clinical placements, midwifery students are required to conduct at least 60 births. St. Lawrence Valley Midwives is a teaching practice with its midwives acting as preceptors for students.

A midwife can order routine blood work and ultrasounds.

"If there are any complications, we have a clear mandate of when we need to contact a specialist," said D'Arcy.



Céline D'Arcy RM, stands beside a bulletin board showcasing some of the many babies she has helped deliver. D'Arcy is one of four midwives at St. Lawrence Valley Midwives, which has offices in Winchester and Cornwall. Carolyne VanDelst, at right, recently gave birth to Luke, assisted by Céline D'Arcy of St. Lawrence Valley Midwives at WDMH.

Press Photos — James

She said expectant mothers can self-refer themselves to the midwife practice. "Everything is paid for by the ministry of health," she added.

The midwifery philosophy regards childbirth as a normal physiological process and an important event is a family's life. It is focused on providing personalized care.

"We try to be as personalized as possible," said D'Arcy. "I think people appreciate that."

Continuity of care is another focus. An expectant mother will meet and interact with two midwives over the course of her pregnancy, developing a relationship, so she will know the midwife at the birth. With a doctor-assisted birth, it's possible a mother could end up with a physician and nurses she's never met before. "If you know the person, your stress level goes down," explained D'Arcy.

The midwife will be present throughout active labour and for several hours afterwards. A second midwife or birth attendant is also present for the birth to care for the baby.

The care extends beyond the birth with home visits for mother and baby at 24 hours, three days, and five days. Office visits are conducted at the two, four, and six week marks.

"We're always on pager," said D'Arcy, about the midwives' efforts to always be available for their clients.

The midwifery philosophy also sees the parents as the primary decision makers; a midwife provides informed choice.

"We really try to provide them with all the information, so they can make the best decision," said D'Arcy. "We talk all the time," she joked.

Midwives also offer a choice of birthplace — hospital or home. About 30 to 40 per cent of their clients choose home births, D'Arcy noted.

"With a healthy mom and baby, it's as safe both places," she said.

A MOTHER'S PERSPECTIVE

Winchester's Carloyne and Mark VanDelst recently welcomed a new baby boy into their family. Luke is a baby brother for their first son, Alex. Alex's birth was overseen by a doctor at WDMH and Luke's delivery was assisted by D'Arcy at WDMH.

VanDelst said she and her husband appreciated the midwifery approach to childbirth, treating it as a normal part of life.

"We try to be as low key and natural as possible," she said about their overall lifestyle. She explained that the personalized approach at the prenatal appointments was especially appealing.

"The appointments were longer (than with a doctor) — up to an hour — and you didn't feel pressured," she said. "If you have a million and one questions, they'll answer a million and one questions."

She noted that there were some minor complications with her pregnancy. "But because they (midwives) work with Dr. Jones (WDMH obstetrician), it went very smoothly," she reported.

She noted that one difference between a physician-assisted birth and a midwife-assisted birth was that the midwife is with you the whole time, whereas she found her doctor popped in and out of the room during her previous labour.

"She was there for you — she didn't have any other responsibilities," she said about having D'Arcy assist Luke's birth. "And she was super-crazy calm."

The midwife experience was a positive one and VanDelst noted they plan to use a midwife again for their next child.

"My husband said he felt more a part of it and was encouraged to be more a part of it," she said. "He preferred it this way, as well."

The St. Lawrence Valley Midwives are D'Arcy, Véronique Mailhot, Becca Raper, and Binh Huynh. They are accepting new clients and the phone number for the Winchester office is 613-774-3131.

"I would recommend it to anyone," said VanDelst.



Bringing light to the hospital

These students from Morrisburg Public School helped flip the switch that lit up the Winchester District Memorial Hospital Christmas Wish Tree in the visitors' lobby on Thurs., Dec. 7. The students learned about the character trait of empathy in November and were asked if they would like to make special cards to share with WDMH patients. The students arranged their own rides to the hospital to help distribute the cards. Pictured are: Brandon Bass (front, left), Parker Hart, Wade Hart, Mariam Mwai, Jessica Bass, Ryan Brown (back, left), Olivia Hart, Kennedy Gervais, and Martha Mwai.

Press Photos — James



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Bin there, done that...

Established Winchester business branches out into Kemptville

by Matthew Barbour

KEMPTVILLE — Winchester businesswoman Louise Arsenault has duplicated her successful retail store model and is presenting it to the people of Kemptville.

"We've been watching Kemptville since Highway 416 opened — we knew changes were on the way," said Arsenault, who, with her husband Ken, owns the Village Bin on Main Street in Winchester. The couple officially opened their new store, Louise and Company, on Sat., Dec. 9. It is located in the Creekside Centre, a strip mall on County Road 43.

For the most part, the new store is stocked with the same selection of merchandise as the Village Bin, but noticeably absent is the bulk food section, the namesake of the Winchester location. So a different name, Louise and Company, was chosen and Arsenault said she may consider using it in the future at the Winchester store as well.

Arsenault said planning for Louise and Company began in May of this year, "but we've been thinking seriously about this for two years, because this community really started growing after the 416 opened and there is no other store like it around here." She said that as part of her marketing research for the new location, she visited every store in Kemptville.

"She found a niche that needed filling," said Kemptville Mayor Bill Gooch, who was on hand for the grand opening. "The demographics of Kemptville have been changing — there are more new mothers and children here now and this store is an excellent addition to the community."

As with the Village Bin, Louise and Company carries party supplies and decorations, cake decorating supplies, kitchenware, bulk candy, tin signs, and a unique assortment of hard-to-find merchandise for new mothers and babies.

The new store is within walking distance of the large Shoppers Drug Mart and Canadian Tire franchises and there is talk that WalMart may be coming to the neighbourhood, but Arsenault doesn't seem overly concerned about competition from those big names.

"We carry different brands and customers will come here for the quality and service we can provide," she said.

Her husband tends to accounting details for both stores, and Arsenault will spend most of her time managing the Kemptville store from now on. The Village Bin will be managed by Loretta Van Dellen, who has worked at the Winchester store for the past six years.

While expanding to Kemptville may present new challenges, Arsenault said she plans to continue teaching prenatal classes from her home — something she has been doing since 1972.



Ken and Louise Arsenault (left), owners of the Village Bin in Winchester, opened their second store, Louise and Company, in Kemptville on Saturday (Dec. 9). Kemptville Mayor Bill Gooch performed the ribbon cutting ceremony and Wendy Chapman of the Kemptville Chamber of Commerce was also on hand to welcome the town's newest business. *Photo—Barbour*

Police blotter

Gadgets grabbed

WINCHESTER — Officers responded to a report of a theft on County Road 31 in North Dundas Township. The investigation revealed that sometime between Dec. 8 and 9, unknown suspects entered a construction site and removed a number of tools. Const. D. Budzinski is investigating.

Resistant ruckus

IROQUOIS — SD&G OPP Const. Jeff Knier had the occasion to check a vehicle in a Plaza Drive parking area in Iroquois on Dec. 6 at about 12:15 pm. The male driver failed to identify himself and caused a disturbance when he was dealing with the officer. Knier arrested the male, who became resistant and assaultive. The 20-year-old faces charges of: causing a disturbance; assault with intent to resist arrest; and failing to provide identification (under the *Highway Traffic Act*). He is scheduled to appear in Morrisburg court on Jan. 9.

Fiesty female

NORTH DUNDAS — SD&G OPP officers responded to a report of a domestic situation at a residence on County Road 3 in North Dundas on Dec. 6 at approximately 7 pm. An altercation between a 25-year-old female and her male spouse resulted in the male allegedly being assaulted. As officers attempted to arrest the intoxicated female, she allegedly became abusive — kicking and spitting — toward the officers and resisted. She is scheduled to appear in Morrisburg court on Jan. 9, facing charges of: assault; assaulting police (three counts); and resisting arrest. Const. Rick Latreille is investigating.

Tractor taken

WINCHESTER — SD&G OPP received a report that a farm tractor had been stolen from a field on Gypsy Lane in Winchester. The incident occurred between Dec. 3 and Dec. 6. The tractor is described as a red 1975 Massey Ferguson front-end loader, with a black roll bar with lights. Const. Alicia Burtch is investigating.



Sworn in South

It was standing room only when the new council of the Township of South Dundas was sworn in at an inauguration ceremony in council chambers on Tues., Dec. 5. OPP Staff Sgt. Dave Springer was on hand to swear the representatives in. The new council members took the time to congratulate one another as well and thank other candidates for running in the election, and all said they look forward to the coming four-year term. Pictured are: Deputy-Mayor Robert Gillard (front, left), Mayor Charles Barkley, councillor Steven Byvelds, and councillors Jim Graham (back, left), and Delbert Jones. The first official meeting of council will take place on Tues., Dec. 19. *Press Photo — Duncan*

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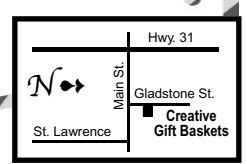


New chief of staff appointed, Dr. Devin takes over WDMH

by Bonnie James
Press staff

WINCHESTER — Winchester District Memorial Hospital recently welcomed a new chief of staff. Dr. Brian Devin took over from Dr. Gerry Rosenquist last month.

"We finished the transition between myself and Dr. Rosenquist sometime around Nov. 1," said Devin, noting that his appointment as chief of staff was actually made in late September. Devin will serve a three-year term and there is an option for a second, and final, term after that.

Devin has worked at the hospital for 11 years. He had his introduction to WDMH while he was employed by the Canadian Armed Forces, based out of Ottawa and then Petawawa. He served as a weekend physician at the WDMH emergency room, which was covered by off-staff doctors at the time.

"I'd do a few weekends a month down here," he said.

He officially joined the staff six years ago, and for the last four has served as chief of emergency. The move to chief of staff provides some changes and challenges.

"I think the major thing is how you're trying to look at the whole picture (as chief of staff)," said Devin, noting that as chief of emergency he had a narrower view. "One of the major issues is looking at quality of care for the whole hospital."

Devin explained that he will be working to implement the goals set out in the hospital's strategic plan, which was finalized about a year ago. Some of the elements in the plan include doubling the maternity care program, focusing on cancer services, pursuing more partnerships with other hospitals and organizations, and preparing for the health problems of the aging population.

"We're looking to make sure we have the right care in the right place," he said.

Part of the strategic plan is also about working to position the hospital within the new Champlain Local Health Integration Network (LHIN).

"Responding to that regionalization is going to be a challenge," said Devin, noting that there are already initiatives underway to ensure that WDMH is a leader within the LHIN.

He added that it's an exciting time to be chief of staff at WDMH.

"There are lots of changes, lots of shifts occurring at all kinds of levels," he said. "It's going to be an adventure to see a new hospital grow right out here in the parking lot."

Devin lives in South Mountain with his wife and son. He works as a family doctor as part of a group practice in Osgoode.

"We are happy to have a family physician in this position because of the role that they play in primary care," said WDMH board chair Bruce Rowsell in a recent hospital publication.

In the same publication, former chief of staff Dr. Rosenquist is quoted as saying his term was both challenging and rewarding.

"Planning a new hospital, restructuring our medical staff, recruitment and preparation for the move to electronic health records have been challenging," he said. "But there have been many rewards, too. We're going to tender in 2007 for our new building, we've recruited a new pediatrician for our community, and the strategic plan is approved. I am pleased to pass the torch to Dr. Devin with these key milestones complete."



Dr. Brian Devin was appointed as the new chief of staff at WDMH in late September. The transition between Devin and outgoing chief of staff Dr. Gerry Rosenquist was complete last month. Devin has worked at WDMH for 11 years and will serve a three-year term. *Press Photo — James*

Gastro enteric outbreak hits United Counties

WINCHESTER — The Eastern Ontario Health Unit has identified an increase in the amount of gastro enteric illness throughout the five Eastern Counties — Stormont, Dundas, Glengarry, Prescott, and Russell. Symptoms include nausea, vomiting, and diarrhea, with or without fever.

Help prevent the spread of this infection by staying home if you do not feel well, said a health unit press release. Be sure to stay home for 24 hours after symptoms have stopped. If the symptoms persist or become worse, consult your family physician.

Frequent hand washing is the best way to help stop outbreaks of this disease. Other steps include cleaning and disinfecting all contaminated surfaces and frequently touched surfaces, such as doorknobs and toilet handles. If you have been ill or have had contact with someone ill, please protect individuals at high-risk by avoiding visits to long term care homes, hospitals, and retirement residences.

For more information, please call the Eastern Ontario Health Unit at 1-800-267-7120 or at 613-933-1375 and ask for Health Line.

Arrive Alive.
Don't drink and drive.

Greely firm fined $42,000

GREELY — Willy's Roll-Offs Ltd. was fined a total of $42,000, plus a victim fine surcharge, after pleading guilty to violations of the *Environmental Protection Act* (EPA).

The company, which rents waste containers from its 2878 Stagecoach Road location and is affiliated with the construction demolition business that owns the property, was disposing of, and burning waste on-site. Justice of the Peace Louisette Girault sentenced the defendants on Dec. 7 in the Ontario Court of Justice in Ottawa.

The Court heard that on Sept. 3, 2004, a Ministry of the Environment (MOE) provincial officer inspected the Stagecoach Road property and found significant quantities of waste on site, as well as burnt waste mixed with soil. The property was not an approved disposal site, as is required by MOE. A follow-up inspection two months later on Nov. 4, 2004, found new waste on site. The officer informed both companies that the storage, processing or disposal of waste at an unapproved site was prohibited.

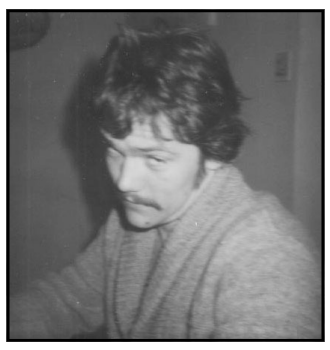
An investigation conducted by the MOE's investigations and enforcement branch revealed that in 2004, the Ottawa Fire Department had to extinguish two separate waste fires at the property. The second fire had occurred after the companies were told that the burning of waste was prohibited.

The investigation also revealed that roll-off bins containing waste had been brought to the property on at least two occasions after the companies had been informed the site was not approved to receive waste.

Following the investigation, charges were laid.

Willy's Roll-Offs pleaded guilty to one count of failing to comply with a condition of its Provisional Certificate of Approval (C of A) by failing to dispose of its waste at an approved site on two separate dates. For each of the two days of this violation of section 186(3) of the EPA, Willy's was fined $16,000, for a total of $32,000.

The property owner pleaded guilty to one count of operating a waste disposal site without a Provisional C of A, contrary to section 27(1)(b) of the EPA and was subsequently fined $10,000 for this offence.



'Boy, that guy's looking a little shifty!' Could that be 'Purp'?
Could he be turning 50?
December 22
Happy Birthday

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FINANCING PROVIDED BY Chrysler Financial

CHRYSLER Jeep DODGE FIVE STAR

Stirring the pot

Remember that new blood, new ideas pitch that Eric Duncan threw at us during the election? Well, we're glad to say he's working on it, and he's got help.

At the Mon., Dec. 11 council meeting, feathers were ruffled when the motion to move the meeting in camera sat on the table — having been moved by Estella Rose — without the signature of a seconder.

Both Eric Duncan and Al Armstrong refused to sign it.

"There isn't anything in our package about why we're going in camera," said Duncan.

Mayor Alvin Runnalls pointed out that the motion itself explained that the issue was about an identifiable staff member.

"We should have the information — employee history, job description — in advance, so we can review it," said Duncan.

The mayor replied that every council before had done things this way.

"This hasn't come up," he said.

Councillor Armstrong disagreed.

"I've asked at least five times before (to have the information about the in camera issues provided beforehand)," he said, adding that he doesn't like making decisions based on a 15 minute presentation during an in camera session.

After some more back and forth, councillor John Thompson said he would second the motion so they could go in camera and see what the issue was about — though he noted they would not necessarily have to make any decisions on it.

Duncan asked for a recorded vote, the result being that both he and Armstrong voted not to go in camera and the other three voted for the motion.

Whether you think this manoeuvring signals the formation of a JED Express alliance or not, it's clear that things will be shaken up with the new council.

Runnalls is going to have to play nicer with the other members of council. While this issue is a small one, it's an important one. Council members have the right to be as informed as possible when making decisions.

Saying, "this is the way we've always done it, therefore it's the way we should do it" — which is what the mayor's comments amounted to — smacks of both stubbornness and inflexibility. It would have been no skin off his nose to agree with Duncan and Armstrong, to ask the other members of council for their input, and to postpone the in camera session until the next meeting. If it was an issue that couldn't wait, a compromise could have been struck.

Instead, we've got two council members that were denied what seems to be a reasonable request.

While we're talking about Duncan stirring the pot a little, he also brought to council's attention a proposal to set a third meeting date for each month, suggesting that each of these "extra" meetings could have a specific topic.

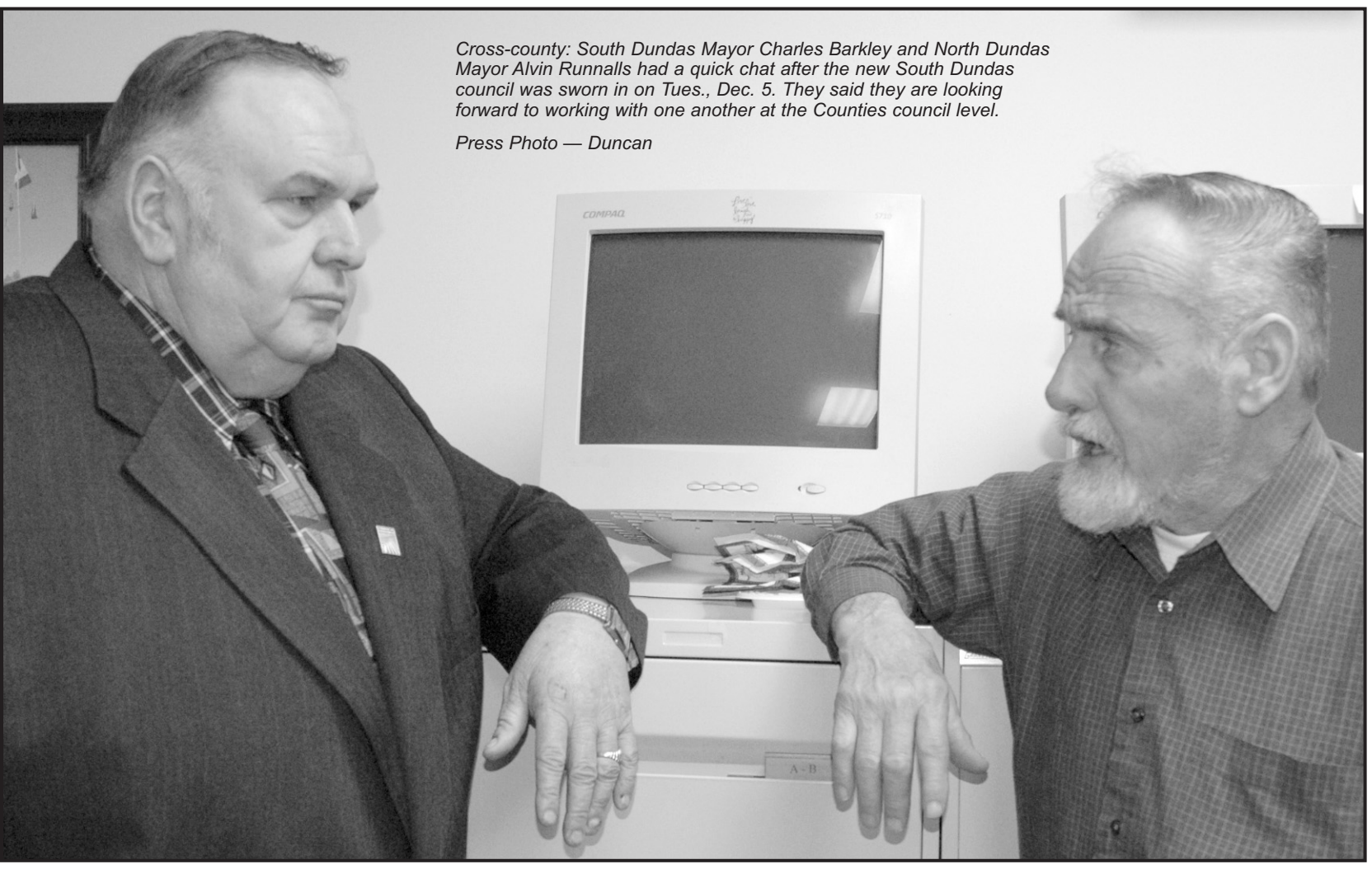
"I've been attending council meetings for nine months and one of the things I found is that council tends to be reactive to issues," he said. "I think it (extra meetings on specific issues) would help council to be more pro-active."

Duncan noted that he has a list of 15 topics that could be addressed. His idea wasn't exactly shot down, but it wasn't embraced either. The mayor noted that it was "something to consider."

After only one meeting, it's clear that Duncan plans to do exactly what he said. While he may be fresh-faced and keen, we hope the other members of council won't let him outwork them.

We don't think anyone believes that Duncan is "just some kid." He's earned his right to sit at the council table and he deserves to be taken seriously by the mayor.

B.J.



Cross-county: South Dundas Mayor Charles Barkley and North Dundas Mayor Alvin Runnalls had a quick chat after the new South Dundas council was sworn in on Tues., Dec. 5. They said they are looking forward to working with one another at the Counties council level.

Press Photo — Duncan

A writer's quest for thruthiness...

From the Other Side
by Jeffrey Morris



I am a writer.

I've tried to be other things, and I have pretty much failed at everything I have ever tried to do. But I described my train wrecks well. For I am a writer. A scribe. God has given me the gift of failing in spectacular fashion to fuel my writing. The space between the capital letter and the period at the end of the sentence is my zone. My playground. It's where I frolic.

I love our language. I love to twist it and turn it and play within it. I love to make up my own words and expressions, and I love to turn people into verbs.

I can remember the first time I did it, when the oldest From the Other Sideling was a toddler. "I picked him up and he Linda Blaired all over me and all over the room."

I remember my last two concussions as a football player in the last year that I played. I got ragdolled. Twice. But the pain and double-vision and dementia was worth it for the opportunity to describe getting digitally remastered in my own words.

I thought about words this week when I saw a report on the 2006 Word of the Year. Truthiness.

If you watch cable, you may have seen the word used on Comedy Central by satirist Stephen Colbert. It is defined as "truth that comes from the gut, not books." In other words, it's a truth you wish to be true or think should be true, not one that is proven fact.

Truthiness is brilliant. Truthiness is something you feel, not something you read. If there is one thing Canada needs right now, it is truthiness.

Right now, for example, we continue in our cultural loathing and societal implosion by banning even the mention of the word Christmas. Saying that our quest for multi-culturalism is ruining Canada is a truthiness. No one will put it out as fact and you will never read it. Instead, you will feel it. Think about the Bloc Quebecois and what they stand for. Chances are, you will find a lot of truthiness there.

Colbert, oddly enough, got into a skunk-off with dictionary purveyors Merriam-Webster last year and referred to them as the "word police" and "wordistas." Brilliant.

Thinking about Colbert and his Word of the Year has made me think about some of the things I have heard in the past year.

Podcast is certainly something you hear on a regular basis. So is Sudoku. And then you have the whole MySpace influence, though I don't really count the world of symbols and short forms used in instant massaging as a trend in language.

The challenge of staying on top of the new language and the new wave of 21st century metaphors is fascinating, and I tried to think of some of these words and expressions we use at work and at home.

There are some older expressions that have stuck. You may work in a "cube farm" as I once did, and it was always fun to do or say something outrageous to see if you could get everyone "prairie dogging." That's where everyone's head pops up above their cubical wall to see what's going on.

The company I worked for in Dallas went $250 million in debt and pretty much "Enroned" itself into oblivion. It was interesting sitting in board meetings and taking part in the "blamestorming sessions," trying to figure out what went wrong and who was responsible for it. But those sessions would always get broken up by our CEO, who would "seagull" into the boardroom. In other words, he would make a lot of noise, crap on everyone and everything, and just leave, usually taking any food that was on the table with him. Every day at that job seemed like a "salmon day," where you would swim upstream all day only to die at the end of it. We realized that any decisions we made would never be implemented, as they would crash and burn in the "adminisphere" of the company.

We were all stress-puppies at that job, knowing that we could be gone in an "ohno-second." That's worse than a nanosecond. An ohno-second is that fraction of a second when you realize you have just made an enormous mistake that will jeopardize your job. For our graphics vice-president, his ohno-second came the instant he found out that the information technolgy department had a special guy in a room who monitored what we had on our computer screens.

For others, the ohno-second usually involved the send button and the realization that you had hit "reply all."

As a writer, I will continue to play with language. But metaphors and humorous expressions are only tools to describe a truthiness. Colbert said that the world is divided — not between conservatives and liberals, but between those who think with their heads and those who think with their hearts.

You won't always agree with what we say, but I hope that our truthiness inspires you not to just read what we write, but to feel what we write.

Jeffrey Morris is publisher of the Manotick Messenger*, a sister paper to the* Winchester Press.

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2003 BLUE RIBBON



This week in...

by Meghan Duncan

1946

Mr. Maurice Hyndman of Hallville donated an overcoat during a canvass for used clothing to send for overseas relief. In the pocket of the coat he had inserted a note with his name and address on it. He then received a letter from a young man in Greece who had been fortunate enough to receive the coat. The letter was sent to Queen's University in Kingston for translation.

1956

Howard Fulton of Chesterville was elected president of the Morrisburg and District Canadian Club. He replaced retiring president M.A. Campbell.

Junior shoulder hockey pads were selling for $1.79 at Canadian Tire in Williamsburg.

1966

Federal Minister of Agriculture Joe Green, speaking to the annual conference of the Eastern Ontario Development Council, said that farming in Eastern Ontario occupied an "inferior position" in the province. Farms in Eastern Ontario were averaging $3,787 in gross sales compared with the province-wide average of $6,278. While his figures were taken directly from the 1961 census, those at the conference weren't pleased with his speech.

Vernon and Metcalfe 4-H members swept most of the prizes given out at the Carleton 4-H awards night. The Rideau Kiwanis Club Trophy went to Vernon, with 100 per cent completion. It was the second year in a row that the Vernon 4-Hers emerged as the best in the county.

Lou Supreme, the six-year-old Ayrshire bred by Robert Porteous of Winchester, won both the Royal Winter Fair Ayrshire Championship and the Inter-Breed Best Udder Class for the second year in a row. Lou Supreme was owned by Sydney Mode of Vankleek Hill.

1976

It was announced that Dundas County's new $1 million nursing home would be built in Winchester. Owner and builder John Alguire said that construction was to commence immediately with an anticipated completion of mid-June 1977.

Mike Armstrong's hat trick led the Junior "B" Hawks to a narrow 7-6 win over the Athens Aeros in a home game attended by a standing-room only crowd.

The North Dundas District High School Senior Girls' Basketball team raised close to $300 in a penny drive to help them fund a trip to Sarnia in their attempt to capture the All-Ontario Basketball Championship.

1986

Mark Smith fired in his 18th goal of the season and the marker that would stand up as the winner in an exciting 5-4 Winchester Hawks victory over the Metro Division-leading Ottawa West Golden Nights. Winchester's win, paired with Athens' 4-3 loss to the Navan Grads, moved the Hawks to within four points of the second place spot held by the Char-Lan Rebels, and into third in front of Alexandria. Kemptville was leading the standings.

1996

Bruce Walker, 35, remained in stable condition at the Ottawa General Hospital after being shot at point-blank range in a 6 pm Sunday evening assault. Walker was shot three times in the chest and arm in the backyard of the two-storey, six-unit house where he lived on Concession Street in Russell. OPP said the assailants were known to Walker, but there was no known motive for the attack.



Ault Foods Ltd. was presented with a trophy for its first-place Lion King-themed float in the annual Winchester Santa Claus Parade this week in 1996. In costume, Ryan Johnston (left), Lindsay Johnston, and their dad Steve Johnston accepted the award from Ken Francis of W.J.L. Boyd and Sons. Also pictured are: Dwayne Pemberton (back, left) and Bill Lennex.

Letters To The Editor

Food banks offer thanks

The Editor:
Another great year of support for the growing needs of the local food banks. Thank you.

This year has proven to be a challenging one for the local food banks and especially at this time. With the increase in the number of clients (15 per cent), both the Winchester and Morrisburg locations of the Dundas County Food Bank and the House of Lazarus Food Bank in Mountain are experiencing shortages of some food items. Yet at the same time we are overwhelmed with the generosity of the community support we receive from both individual and corporate donations. At this time of year we experience the very best in people and yet we also come face to face with the reality that there are many, too many, who live in very difficult financial circumstances by our Canadian standards, many through no fault of their own.

This year the rural food banks joined together to form a rural coalition through which we can work together to better serve our communities through joint advocacy, special projects, and the development of a network of partners to facilitate education to the public and ourselves. This is proving to be very beneficial for all those involved. Our first education piece was the certification of 17 food handlers from the food banks and community at large in November. It is our deepest desire that we can make a positive impact on the communities we serve as we work toward equality and justice for all. It seems to those of us who are on the front line that much of the governmental focus is on redefining poverty not resolving it. We hope to address this and other issues in the new year and the years to come.

At this time we would like to offer a collective thank you for all your support throughout the year. December is always a challenging month for many reasons. The food drives and individual food donations roll in on a daily basis through the front door and yet it never fails we distribute more items than come in during December due to the increase in demand out the back door. As those first heating bills arrive many families find December the most difficult to deal with financially and emotionally. So to those of you offer support once again we say thank you. For those of you who are in need of support, we look forward to meeting you on behalf of your community who so generously want you to know they care and wish you a very Joyous Christmas.

Merry Christmas to all and the very best of success for the new year from the Dundas Food Bank and The House of Lazarus.

Pauline Pratt
House of Lazarus executive director

What Christmas is all about

The Editor:
The Royal Bank of Canada Winchester branch would like to take this opportunity to extend a sincere thank you to Ray and Sharron Dorey, who asked local businesses and community members for donations to send to troops in Afghanistan. Allowing us to be part of their kindness and support by giving gifts and prayers to our troops overseas is what Christmas holiday spirit is all about. They took the time to box up the gifts and bring them to Canada Post — which then sent the packages free of charge. Thanks once again to Ray and Sharron from all of us at RBC.

The staff
RBC Winchester

Thanks to the Playhouse

The Editor:
Upper Canada Playhouse artistic director Donnie Bowes, with the support of the board of directors, generously donated a portion of the proceeds from the production *Lucien Snowbird* to Dundas County Hospice.

The Playhouse is an asset to our community. We receive excellent live entertainment attracting audiences both local and from across the country. This creates jobs and increases local revenue, benefitting the residents of Dundas County.

On behalf of our charitable organization, please accept our sincere thanks and deepest appreciation for your ongoing support of our cause. This donation will assist us in continuing our care for the clients in our community with a life threatening or terminal illness.

Reina De Jong
executive director
Dundas County Hospice

Simply thanks

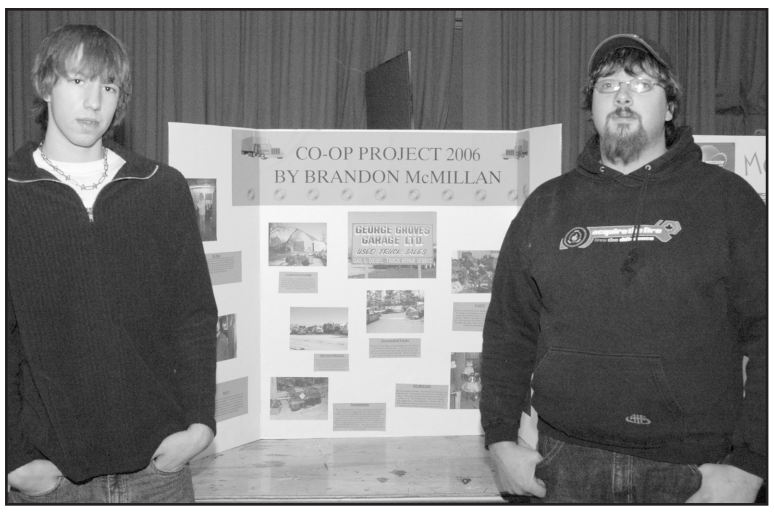
The Editor:
It's about that time of year again when people look back to see how good or bad things really were. At this time, I'd like to send a thank you to all the Vernon (and other) volunteers out there who have done some of the most thankless, unpaid tasks that exist.

To Friends for a Greener Vernon for beautifying our environment, to the Vernon Community Association for helping to bring us together, to the Osgoode Township Historical Society and Museum for helping us to remember the past, to the school councils and PTAs for helping shape our future, to the Women's Institute for helping to empower women, to the police and Neighbourhood Watch for keeping us safe, to the churches for our faith, to the Lions for more than we can name, to the Legions for our veterans and their families, to 4-H, to the Ladies Aid, to the seniors at our Friendship Club, to public health for our Walking Club, to storytime and the library, to Doug Thompson and his trusty staff because of all my e-mails and notes, to the canvassers for charity, and to those I have forgotten to list and the individual names too many to write here — a simple thanks.

Even the criticism means that you have made a difference and someone has noticed, but saying thanks can mean a world of difference to those who are underappreciated. If you say you have no time to help — bull! Those who care do and give and do some more.

At this season of giving, remember those who give all year round and thank a volunteer.

Kim Bates
a Vernon volunteer



Co-op student Brandon McMillan (left) stands with his supervisor, Dave Mayhew of George Groves Garage, where McMillan has been working throughout his co-op placement. McMillan said that the hands-on experience he received working at the garage, which was hosting a co-op student for the first time, was invaluable.

Students show skills learned at co-op fair

by Meghan Duncan
Press staff

MAPLE RIDGE — "It gives you a head start," said Grade 11 North Dundas District High School student Ashley Stewart about the co-operative education program. She was one of almost 40 students taking part in the school's co-op fair on Wed., Dec. 6.

Stewart, who is leaning towards studying interior design or even architecture, completed her co-op placement this fall at a construction company, where the hands-on work helped her comprehend how homes are laid out.

"It's great to be in the real world for a while," she said, noting, however, that working at a construction site in the cold isn't always appealing. "When you get back to school, everything else sort of seems less important."

Stewart said she plans to complete a second co-op placement next year as she tries to figure out what she wants to do.

"There are huge advantages," said co-op teacher Cindy Steele about the program, noting that she's seen a lot of students try out occupations outside gender stereotypes.

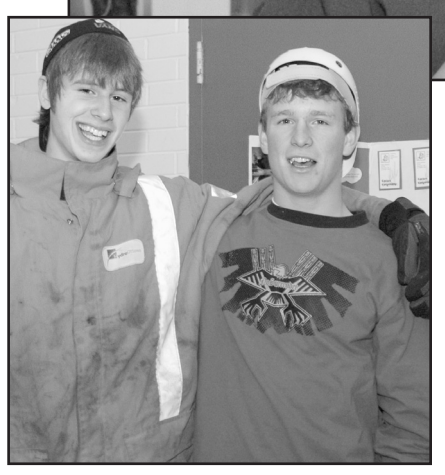
Steele explained that many students complete a co-op placement in Grade 11 and return and do another placement at a completely different occupation in Grade 12, to make sure they're headed in the right direction after high school.

She also said that the co-op program is a great way for students to get a head start on an apprenticeship — they can log hours while still getting high school credits.

"There's such a wide variety of placements," Steele said.

The co-op fair gave younger students in the school a chance to see what work placements are all about. Co-op students each set up a display and were ready to answer questions about their placements, while a slide show with pictures of students on the job played.





Above:
Anne Cunningham holds two-month-old Krispie, one of several kittens up for adoption at the Village Veterinary Clinic on Main Street in Russell, where she completed her co-op placement. After working at the vet clinic, Cunningham is planning to enter the veterinary technician program at St. Lawrence College next fall. For those who are wondering, the kitten was named Krispie after the Rice Krispies box in which it was delivered to the clinic.

At left:
Ryan Lynch (left) tried on his friend Dean Moore's gear at the co-op fair. Moore, Grade 12, completed his placement at Cactus Carpentry, and said he had a really good experience.



At left:
Ashley Stewart completed her first co-op placement at a construction company, where she said the work was sometimes hard, but rewarding.
Press Photos — Duncan

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Spring start set for new Chesterville retirement residence

by Bonnie James
Press staff



CHESTERVILLE — Construction will begin this spring on the Garden Villa Retirement Residence in Chesterville. The two-storey, 75-room complex will be built on the rectangle of property bordered by Main Street South, and Mary, College, and South streets. The property is owned by Peter Van Kessel of Chesterville and the residence will be built by Prescott-Russell Construction and Project Management (PRCPM).

"If all goes according to schedule, the facility should open around December 2007," said Michel Quesnel, PRCPM operations manager. "We're aiming to start as soon as weather permits this spring — probably in March."

Quesnel explained that Van Kessel had originally approached the firm to develop an apartment complex and subdivision on the property.

"After carefully reviewing the information, we concluded that the viability of such a project would be limited," said Quesnel. Considering the size and location of the property, PRCPM suggested a retirement residence. A feasibility study was conducted on the possibility and the results proved to be positive. Based on that data, the group proceeded to develop the project, bring on board some local partners, and incorporated the entity that will become The Garden Villa Retirement Residence.

"We really started working from scratch with him (Van Kessel)," said Quesnel. "We're getting involved from A to Z."

PRCPM has a long history of building this type of seniors residence.

"But when you build it and hand it off to someone else, you never get to see the end result," said Quesnel, noting that the company is excited to be a full partner on this venture and to have a spot on the executive committee that will run the facility. "We're looking at this (Garden Villa) as sort of a jewel in our crown."

The residence will be a significant employer and is already looking for some administrative staff.

"We're talking 30 or 40 jobs; for a small town like Chesterville that's not to be discounted," said Quesnel, noting that Chesterville has suffered job losses in the last couple of years. "That's one of the things, too, that made it (the project) important to us."

The Garden Villa's rooms, which are all named after flowers, will range in size from about 345 to 670 square feet, and all include a private bathroom. They will have individually controlled heating and air conditioning and an emergency call system in both the bedroom and bathroom.

The furnished rooms will include a bed, night table, dresser, mirror, lamp, glider chair, table and two chairs. Some rooms will have a balcony or terrace. Other options include a kitchenette, walk-in closet, or electric fireplace.

The monthly rates are predicted to be about $1,875 for the smallest units and up to $3,795 for the largest. The monthly rate includes three meals per day in the dining room, weekly personal laundry and linen service, housekeeping, 24-hour access to snacks and beverages, organized outings, transportation service, and social activities.

If required, other services such as bathing assistance, special meals to meet dietary needs, medication supervision and distribution, and room service for incapacitated residents will be available at no extra cost.

The Garden Villa will include a library, chapel, activities room, ventilated smoking room, and a doctor and nurse's office. The grounds will be landscaped with walking paths and gardens and there will be a large patio.

There will be a number of supplementary services available, for a fee. These include an on-site beauty salon, laundromat, private dining room for guests and family events, room service, dry cleaning, pharmacy, and lab services.

The Garden Villa will also run some community programs, including respite or temporary stays for ill or injured seniors who are non-residents. There are guest quarters available (bed and breakfast services) for visiting family or friends. An after-school program will allow children to visit their grandparents and engage in special activities and enjoy treats. There will also be "meet the neighbours" events where seniors from the surrounding communities are invited to take part in special events or outings.

"What you want is to get the seniors from the local area," said Quesnel. "So you have to offer services that will make them feel like part of the community."

He said it also makes sense for the residence to offer programming to non-resident seniors.

"Down the line, if they know they can trust the facility, they're going to come and stay there," he said.

The Garden Villa is currently working on its financing arrangements and is beginning its marketing campaign.

Shepherd Talk

by Rev. Dr. Floyd McPhee

The loneliest time of the year

Most people will say that Christmas, for them, is the happiest time of year. But for some people, it is the loneliest time. Many dread Christmas. While others find happiness and warmth in the worship of the church, or at home in the giving and receiving of gifts, at a Christmas dinner with family, or in the renewal of friendships at small social gatherings, many people at this supposedly happy time are more lonely than ever. They feel their loneliness more because others are enjoying themselves and they are just lonely.

Some lonely men were out in the fields one memorable evening. They sat by themselves as they kept watch over the flocks. Suddenly, St. Luke reports, "an angel of the Lord stood by their side, and the splendour of the Lord blazed around them, and they were terror-stricken." The angel said to them, "Don't be afraid! Listen, I bring you glorious news of great joy which is for all the people. This very day in David's town, a Saviour has been born for you. He is Christ the Lord. Let this prove it to you; you will find the baby wrapped up and lying in a manger."

The shepherds left the fields immediately and they found Mary and Joseph and the baby. The baby was lying, as the angel said, in a manger. It was strange to find a baby there, but even stranger to find that baby there. These rough men stared into that manger, and the strangeness disappeared. The peace of God came in. The presence of God inhabited that place, and those men were no longer strangers to God or to themselves.

Many people can tell you that this actually happens when you want to know God in that baby, that boy, that man, Jesus Christ. The loneliness goes and all of a sudden you are at home.

You know you belong. In Christ, the impossible becomes possible; the intolerable becomes tolerable; the unbearable becomes bearable. Loneliness gets company, the company of God Himself.

To the desperately lonely, the estranged, the widowed, the abandoned, the separated family, and those who for a thousand and one reasons dread this Christmas season, hear the message the lonely shepherds heard on that first Christmas Eve: "Don't be afraid! God is here. Christ is here. God is love. Not that we loved God but that He loved us and sent His Son."

If you are one of those lonely ones, let the joy of Christmas come. Take the joy of knowing Christ and pass it on. Some lonely person for whom this is the loneliest time of year could be waiting for you right now to bring the joy of Christmas.

This column is provided courtesy of the North Dundas Ministerial Association



Leo awards

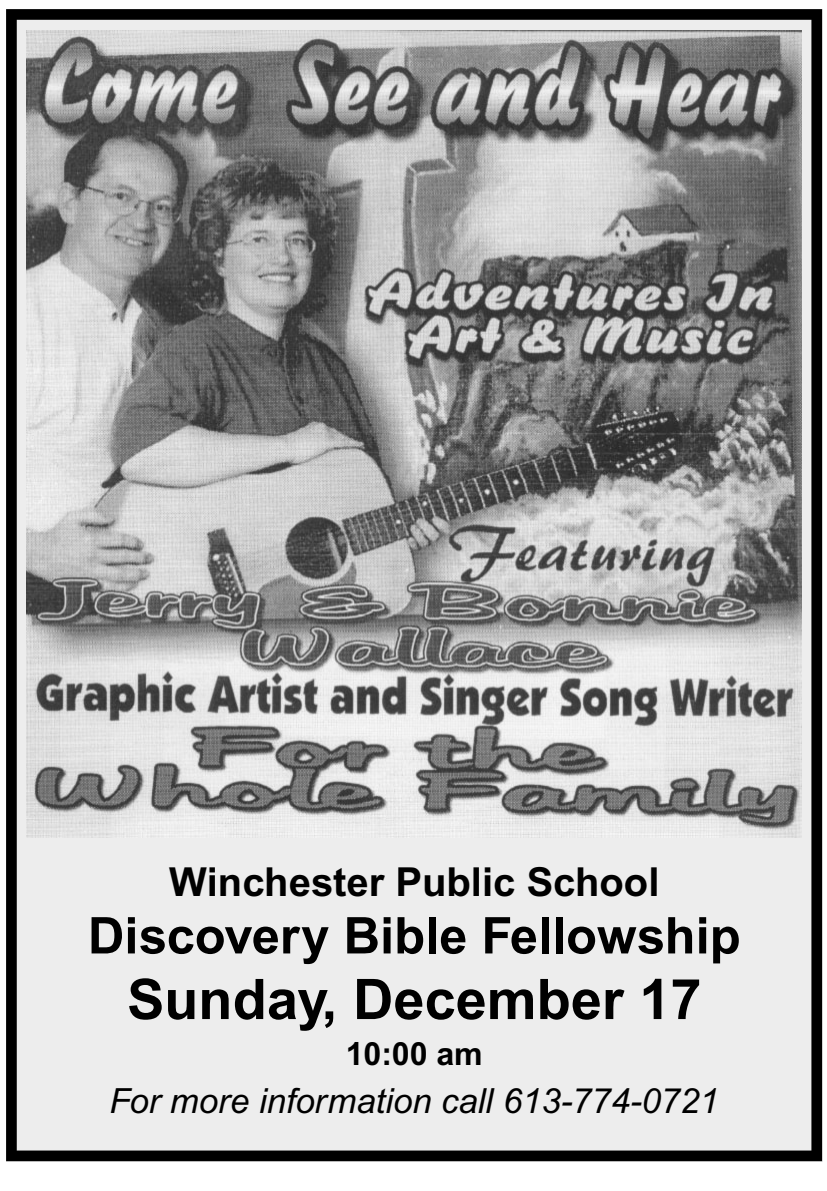
Lions Club District 4 Governor James Johnston (back, left), was on hand to help present awards to members of the North Dundas Leos Club on Wed., Dec. 6, when Stephanie Servage was presented with the 100 per cent Leos Club President award for her excellence in leadership, Chasta Findlay was awarded the silver Young Leaders in Service award for over 50 hours, new member Ally Laneville (front, left) was inducted into the club, Leo president Alanna Cracknell was awarded the silver Young Leaders in Service award for over 50 hours, and Roxanne Backes was presented with the Leo Club Advisor Award. Missing from photo: advisor award recipient Karen Thompson. The Leos worked a total of 474 hours in the North Dundas community last year.

Press Photo — Duncan



Raistrick–Clingin

Donald and Jean Clingin and Brian (Bud) and Heather Raistrick are pleased to announce the marriage of their children, Tracy and Kreg. The wedding was held at the United Church in South Mountain on October 14, 2006.



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DSCIA AGM: Johnsons named Farmers of the Year

CHESTERVILLE — In 1973, Gordon and Marilyn Johnson purchased a dairy farm in Chesterville, and 33 years later, at the Dundas Soil and Crop Improvement Association annual general meeting, were presented with the Eric Casselman Award naming them Dundas Farmers of the Year.

They currently milk forty Holsteins, with their son, Chris, his wife, Leslie, and their three daughters, on a land base of about 470 acres, on which they grow all the feed, with any surplus being sold.

At the DSCIA meeting at the Chesterville Legion on Tues., Dec. 5, it was noted that Gordon has served as a member as well as chair, among other roles, with the Dundas County Milk Producers. He has served as director for region three, and region two after realignment, of Dairy Farmers of Ontario — a position that he stepped down from in January 2006. He has also served as president of the Chesterville and District Agricultural Society, and served two three-year terms as councillor of Winchester Township. He also sits as a board member of the Agricultural Adaptation Council.

Marilyn has served as secretary-treasurer of the Dundas Federation of Agriculture for 15 years until her planned retirement from the role at the end of December. She currently serves as secretary of the Chesterville and District Agricultural Society. She is also a member of Women for the Survival of Agriculture (Winchester), and president of the Ontario Farm Women's Network.

FORAGE MASTERS

First place in the 2006 DSCIA Forage Masters Competition went to Tibben Farms in Brinston, followed by Robert Byvelds of Williamsburg (second), James Harbers of Brinston (third), and the team made up of Jeremy VandenBerg, James Harbers, Parker Havekes, and Jeff and Matt Spruit (4-H).

Tibben Farms also took first place in the High Yield Corn Competition, while Chesterville's Dennis Fife took second place and Peter and Jerry Byvelds of Hollandvale Farms in Brinston took third.

OTHER AWARDS

Jack and Mike Hoogenveen, who farm 800 acres south of Chesterville, were given one of two Soil and Water Conservation Awards. The second conservation award went to Brian, Audrey, and Matthew Enright, who farm 400 acres just outside Winchester. The conservation awards acknowledge and reward farmers who practise excellent soil and water management on their farms, as well as provide a high profile to the basic principles of conservation.

Morrisburg resident Arden Schneckenburger received this year's DSCIA Award of Merit. He farms a cash-crop, beef feedlot operation with his wife Rhonda, and three children. He has been active in various agriculture groups including: Ontario Soybean Growers; Ontario Cattlemen's Association; Ontario Federation of Agriculture; Dundas Federation of Agriculture; Ontario Corn Producers' Association; Seaway Ethanol Co-operative, 4-H, and the Dundas Soil and Crop Improvement Association. He has also chaired the Winchester District Memorial Hospital Board and the Morrisburg and District Canadian Club.

The Innovative Farmer Award this year went to Robert Byvelds of Williamsburg. The completion of a new dairy barn, which was designed and built for maximum cow comfort as well as labour efficiency, has allowed the farm to produce more milk without additional labour. He said that to be successful in farming, innovation — including experimenting and sharing ideas — is important.





Farmers of the Year

Gordon and Marilyn Johnson, above, were presented the Dundas Farmer of the Year award by Dundas Federation of Agriculture president Jackie Pemberton, above right, at the Dundas Soil and Crop Improvement Association annual general meeting at the Chesterville Legion on Tues., Dec. 5.

More awards

At left: The Dundas Soil and Crop Improvement Association presented Arden Schneckenbuger (left) with the Award of Merit, while Brian Enright and Mike Hoogeveen accepted Soil and Water Conservation Awards. Missing from Photo: Innovative Farmer Award winner Robert Byvelds.
Press Photos — Duncan

Parmalat wins big at British Empire Cheese Show

TORONTO — Hot on the heels of an excellent showing at the Royal Agricultural Winter Fair, Parmalat Canada has announced that several of its products won top honours at the 2006 British Empire Cheese Show.

"We're ecstatic about the numerous accolades Parmalat's cheeses received at the Winter Fair and British Empire Cheese Show," said Brian Hind, a vice-president of operations at Parmalat.

"These awards are the direct result of our commitment to manufacturing high-quality products with best-in-class processes. We'd like to thank our skilled and dedicated employees at our Winchester, Belleville, and Victoriaville facilities for consistently producing some of the country's best cheeses — and getting recognized for it," he continued.

Parmalat's results at the British Empire show consisted of several first-place winnings, including the honour of Grand Champion for Balderson's Five Year Heritage Cheddar in the extra mature cheddar cheese category. In the Specialty Cheese category, Balderson's Double Smoked won in the flavoured firm class and took home top honours for its Racolli Mozzarella in the pasta filata class (produced at Victoriaville).

Parmalat also stood out in the process cheese and butter categories, receiving top rankings for its Black Diamond Ribbon Slices (produced at the Belleville plant) and Lactantia 454g Unsalted Prints Butter (produced at the Winchester plant).

Parmalat scored an impressive eight first-place showings, as well as the CFF Stainless Steel Award for the cheesemaker having the highest aggregate score in all six of the cheddar cheese classes. The Grand Championship, won by Rejean Galipeau of Parmalat's Winchester plant, is awarded to the cheesemaker with the highest score in the cheddar cheese classes.

The British Empire Cheese Show has been judging entries from its members as well as cheese plants from across Canada for 79 years. Judging for the British Empire Cheese Show occurred on Nov. 30 in Belleville, Ont.

At the Royal Agricultural Winter Fair held in Toronto in November, Parmalat excelled in every class of the cheddar cheese category by winning the Grand Champion award for Balderson Stilton Cheese and the Reserve Champion ranking for Balderson Old Cheddar among others.

All cheddars were produced at Parmalat's Winchester plant.

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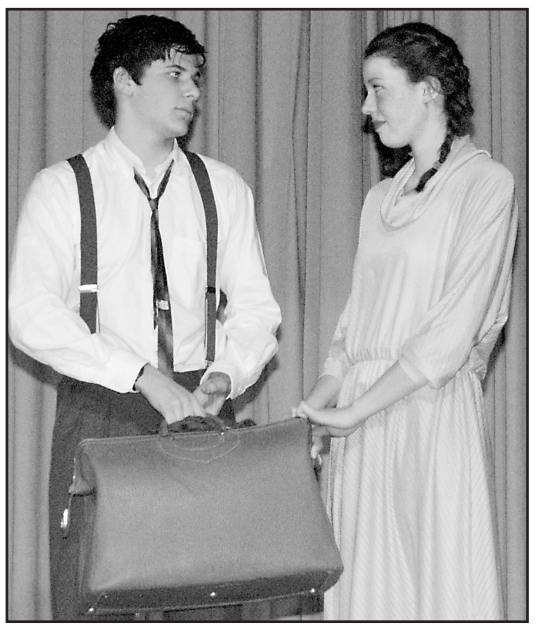
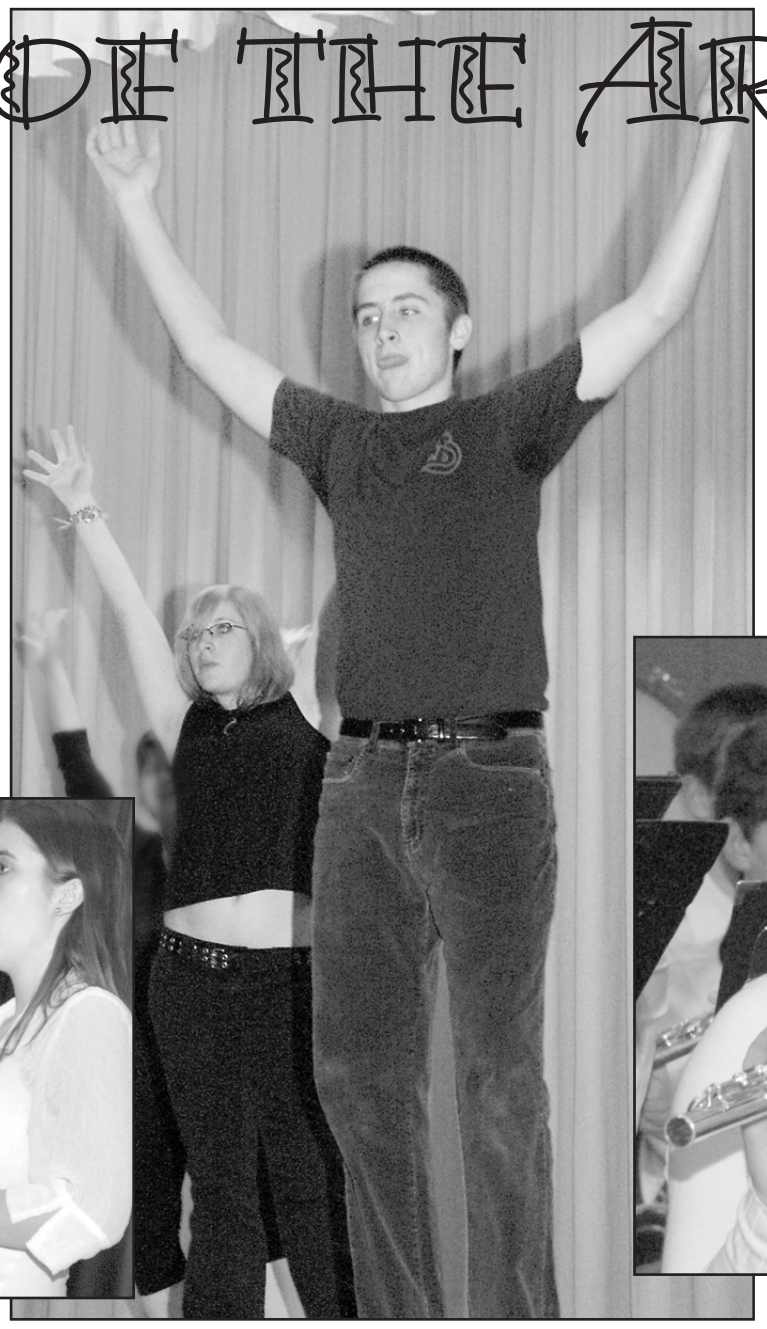


At right: *Drama students Graeme Peto (left) and Lauren Casselman performed* Cold Comfort, *directed by fellow student Sara Robertson, as part of their study of Canadian theatre.*

Below: *The North Dundas choir performed "Hands United In Peace." Members are: Frances Reid, Sierra Pemberton, Tori Debney, Jillian Sainsbury, and Caitlin Robinson.*









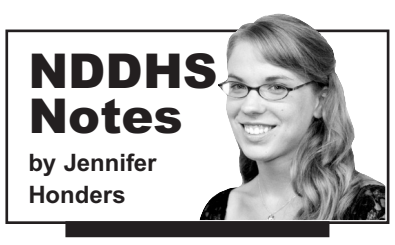
Above: *Laura Miskimin and Lee Hutten perform "The Beethoven Machine" during the North Dundas District High School Evening of the Performing Arts on Thurs., Dec. 7. The show included performances from all facets of the performing arts.*

Above left: *Shannon Simms choreographed "I Believe," in which dance students Jillian Sainsbury (left), and Erik Hutten performed.*

At left: *Lea Zollinger played with the concert band.*

Press Photos — Duncan

'Tis the season to be jolly



MAPLE RIDGE — Once a year there comes a day that every boy and girl waits for around the world. This day means many different things for many different people, but for the majority, it is a season of giving and joy; this day is Christmas.

North Dundas District High School is bustling with activity. The one main attraction this year will be the Student Council Christmas Concert. Planning for this event began in the late summer and everything is coming together in these final weeks. This concert takes place on the last day of school (Dec. 22) in the afternoon.

Previous years, students have performed skits, interpretations, sang, and danced. It promises to be a great time for all.

This event is being organized mainly by co-prime ministers Tristan Glen and Brayden McNeill. They have a keen sense of dedication and a wide variety of ideas.

Practices are taking place after school and during lunch for the various acts all this week and the next leading up to the big day. There are also two dress rehearsals scheduled for the night before and the morning of. Good luck to all of those who participate!

In addition to the flurry of activity for Christmas concert, there is an ever-present, underlying tension among the student body. The semester is drawing to a close and exams are just after Christmas. This is the time of year that projects are due and final tests are written.

Parents, your children are likely under a lot of stress. It is recommended that they receive the proper amount of sleep to avoid burnout and manage their time well. Regardless, it will probably come down to the last minute scrambling for these projects, and support from parents is necessary for a student's success.

According to author Sylvia Plath, "There must be quite a few things that a bath won't cure, but I don't know any of them."

So when the stress of it all becomes too much, remember it's Christmas and smile.

Golden Years group enjoys Lions' dinner

WINCHESTER — Golden Years president Dick Giberson welcomed 76 members to Christmas dinner at the Lions Hall on Thurs., Dec. 7 at 7 pm. Doris Cross played piano for O Canada, the Lord's Prayer was recited, and Giberson said grace before supper was served.

The Golden Years would like to thank the Lions for a delicious roast pork supper. Thank you to Doris Cross for arranging the entertainment of The Harmony Six, who performed gospel music and led Christmas singalongs. Articles for the food bank were collected at the door.

At the last meeting in November, the Golden Years donated $500 to the Country Christmas Parade of Lights.

The next meeting will be Jan. 18 at the Lions Hall. Anyone interested in joining the Golden Years is very welcome. For information, call Roberta Giberson at 613-774-4273.

Williamsburg euchre winners

WILLIAMSBURG — The Williamsburg Seniors held a euchre night at the J.W. MacIntosh Seniors' Support Centre on Dec. 6. Muriel Gow, Hubert LaPierre, and Sheila Scarbo won the white cards. Everett Froats, Betty Barkley, and Lorraine Tupper won the yellow cards.

The door prizes were awarded to Everett Froats and Irene Carr. The winners of the other draws were Sheila Crowder, Jean Hutt, Muriel Gow, and Jean Bennett.

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Spruit skips NDDHS to Zone 1 championship

WINCHESTER — For the second year in a row North Dundas District High School has earned the "A" event championship in the Upper Canada District Gore Mutual Schoolboy Zone 1 competition.

Advance to Regionals

The Devils, skipped by Geoff Spruit, swept up three consecutive victories on home ice at the Winchester District Curling Club last week (Dec. 7 and 8) to claim the Zone title and qualify for the Gore Mutual Region 1 'spiel in Trenton in the new year (Feb. 3 and 4).

Spruit and his third Phil Klein-Swormink, second Cailen Arnold and lead Kurtis Byrd opened this year's event knocking of defending champion Bowie Abbis-Mills of Carleton Place High School 9-4. North Dundas then defeated fellow NDDHS skip Jason Found 11-1 to move into the "A" title game against Calvin Collins of Seaway District High School. Spruit took the zone banner trimming Collins 8-3.

Collins and Abbis-Mills then curled their way into the "B" side event which has yet to be played.

The Found rink, co-skipped by Wade Hetherington, and including Jonathon Thompson, Zach Baker and Brad Holmes defeated Char-Lan 8-2, lost 11-1 to Spruit and were eliminated in a "B" quarter-final meeting by St. Thomas Aquinas Catholic High School's Alex Holles.

North Dundas, skipped by Dave Lillico won the Zone "A" side title in 2005. He then emerged from the Region 1 competition as the "B" side winner and finished fifth at the Ontario championships.

Zone convenor Linda Laverie reported a field of nine schools, in both the boys and girls division which forced her to schedule games in both Winchester and Morrisburg. Still there wasn't enough time or ice to finish the event on time.

"It is great to see so many schools take part," said Laverie. "But it did make it a difficult to fit in all of the games."

Sam Behm and her NDDHS foursome of Kelsey Erwin, Christina Lillico and Christine Robertson are slated to play Kelly Atkinson of Carleton Place today (Wed., Dec. 13) in a "B" side semi-final. The winner will then still have to face St. Mary's Jenna Harrington in the "B" final.

The boys' "B" side final between Seaway and Carleton Place also has yet to be played.



NDDHS skip Geoff Spruit (left), watches Kurtis Byrd and Cailen Arnold work the brooms during the second draw at the Gore Mutual Schoolboy Upper Canada District Zone 1 playdowns. Third Phil Klein-Swormink (right) provided the sweepers with instructions.

SCHOOLGIRLS

St. Mary's High School, skipped by Jacqueline Peters, defeated Brittany Elliott of Seaway, Behm (in the last end) and fellow St. Mary's skip Jenna Harrington to earn the girls division "A" championship.

Behm won her opening game against Gananoque High School, lost to Peters, and eliminated the other NDDHS entry skipped by Crystal Lillico to advance to the "B" semi-final.

Lillico and her team of Darby Ace, Kristi Sloane and Rebecca Wichers-Schreur lost to Harrington and defeated Lindsay Foster of South Grenville 12-7 before being eliminated by Behm.



Schoolboy champs

North Dundas District High School claimed its second consecutive Gore Mutual Zone 1 "A" championship defeating Calvin Collins of Seaway District High 8-3 on Friday (Dec. 8). Devils skip Geoff Spruit (left), third Phil Klein-Swormink, coach Ian Wilson, second Cailen Arnold and lead Kurtis Byrd have qualified for the Region 1 event in Trenton (Feb. 3 and 4).

Press Photos — Van Bridger

Bufton puts down 11 points, Juniors open with 43-22 win

MAPLE RIDGE — Sean Bufton drained nine first-quarter points and led the North Dundas District High School Junior Devils to an opening-day victory over the visiting Glengarry Gaels.

North Dundas officially launched the 2006-07 SD&G "AA" boys high school basketball season at home on Dec. 7 with the juniors posting a 43-22 decision over the Gaels.

The Senior Devils saw their first action on Monday (Dec. 11) when they visited the St. Joe's Panthers in Cornwall.

North Dundas broke into a 23-15 lead in the first half thanks to Bufton's nine points and six by Ben Standish. Matt Jose nailed a pair of field goals while Dylan Casselman and Justin Comeau each dunked a deuce.

Defence was the name of the game in the second half as the Devils surrendered just five free throws. Meanwhile their offence pumped 20 more points through the ring. Jeff Armstrong and Casselman each hit for a six-pack while Jose inflated his final total to eight swishing four more points. Dawson Gilchrist and Bufton each bounced in a bucket to complete the scoring.

Today (Wed., Dec. 13) the Russell Timberwolves pay a visit to NDDHS for junior and senior games. Next week (Thurs., Dec. 21) the Devils will finish the 2006 portion of their slate hosting the General Vanier Junior Vikings and CCVS Senior Raiders.

DEVILS' ROSTER

The Junior Devils are coached by Jevon Groves and include: Chris Embury, Nolan Lachapelle, Ben Standish, Jeff Armstrong, Dawson Gilchrist, Justin Comeau, Greg Lynch, Sean Bufton, Mike VanGurp, Dylan Casselman and Matt Jose.

Glens hand Hawks first home-ice loss

WINCHESTER — It was a weekend of firsts for the Winchester Junior "B" Hawks — and neither of the occurrences were positive in nature.

The Alexandria Glens secured their hold on first place in the St. Lawrence Division dealing the Hawks their first home-ice loss on Friday (Dec. 8). The 6-3 setback was not only the first loss after 10 consecutive wins on Winchester ice but it was the first time in 19 games they have absorbed back-to-back defeats.

Winchester head coach Todd Marcellus is hoping his team isn't sliding off the rails.

"Five games before Christmas we don't want to get into a funk," he said. "We have a big week playing Athens, South Grenville and Kemptville, so we have to turn things around."

Alexandria led Friday's game 2-0 after 20 minutes on goals by Mathieu Pilon and Eric Morter (PPG).

Morter and Sam Raymond pumped pucks in behind Hawks 'tender Joel Grills before Alex Campbell got the Hawks on the board at 17:57. Nick Enright and Trent McBain set up Campbell's second goal of the year which made it a 4-1 game after two periods.

The final frame was a wild and woolly affair featuring a 10-man dust up. Even Glens veteran goaltender Josselin St. Pierre and Winchester's rookie Grills went toe-to-toe at centre ice. While St. Pierre prevailed in that bout Hawk veteran Trent McBain served a heaping plate of knuckle sandwiches to his dance partner behind the west-end net.

When the dust settled, the referee had assessed a total of 60 penalties in 60 minutes of play. That included 32 to the Hawks and 28 to the Glens. Alexandria picked up three 10-minute and two game misconducts while Winchester drew four misconducts and three game misconducts.

"It was one of those frustrating games," noted Marcellus. "We got behind — again — in the first period. We can't keep putting ourselves behind the eight ball. It's too tough to battle back game after game."

The coach said the loss on home ice was bound to happen, but it was unexpected since the team had what he considered its best practice of the year on Wednesday (Dec. 6).

"The guys were flying at practice but came out flat on Friday. They were back on their heels," he said. "But they never showed any quit. Kudos to the two lines we had left after the fight — they kept pressing and got two goals."

Rookie Brodie Boulanger drew assists on his team's final two scoring plays setting up Jeff Winchester for his fifth at 12:28 and getting the biscuit to Matt Walsh who blasted in his third at the 15:44 mark. Enright and Colin Bowie also picked up assists on those goals.

J.F. Menard and Jean-Francois Fournier cracked in Alexandria's third-period markers.

Marc Andre Boucher replaced Glens starter St. Pierre while Kyle Neville gave up one goal after Grills got tossed for fighting at 6:54.

Winchester veteran Travis "Toast" Armstrong is toast for the next four to six weeks after he separated his shoulder.

THREE GAMES

The Hawks were in Athens last night (Tues., Dec. 12) to play a make-up game with the Aeros.

The Morrisburg Lions will not pay an 8:15 pm visit to Winchester Friday night (Dec. 15). The South Grenville Rangers will be here and the Lions will come to town on Fri., Dec. 22.

Sunday evening (Dec. 17) the Hawks will tangle with the 73s in Kemptville at 7:15 pm.

Mega House Tournament

North Dundas Bantam Demons capture tourney title

WINCHESTER — Adrian Lee used a pass provided by Brandon Oosterhof and Brandon DeJong to snap a 1-1 tie and lift the North Dundas Bantam House "B" Demons to a 2-1 victory over the South Stormont Selects.

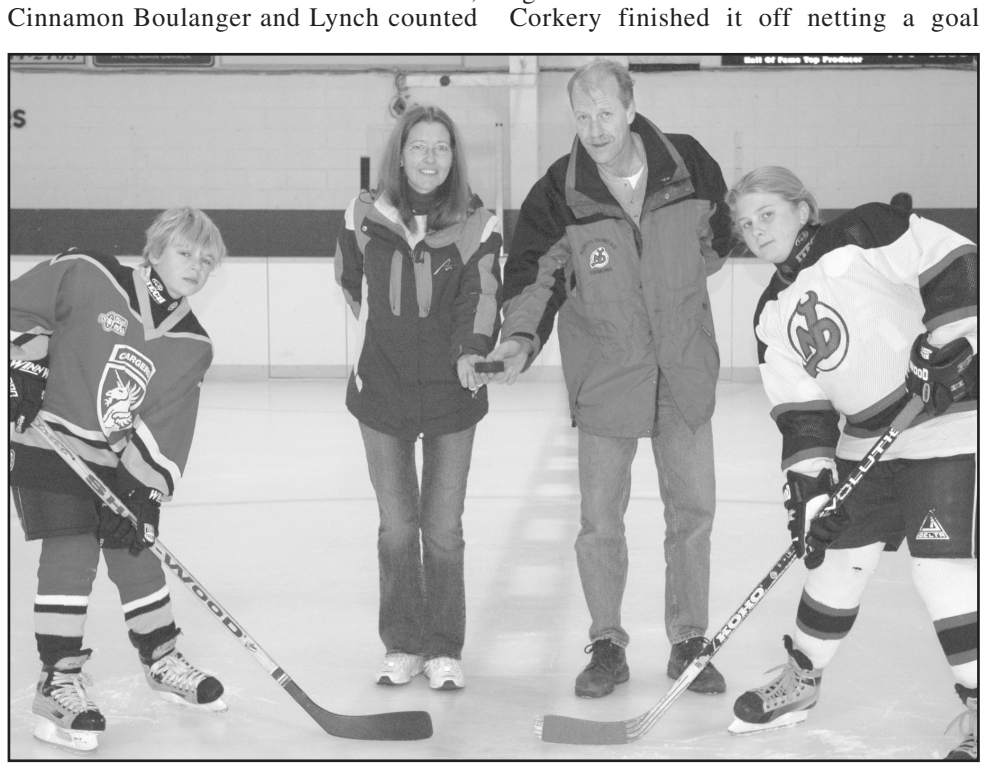
Lee's marker, recorded with 1:55 left in the second period, proved significant because it held up as the deciding goal in the Bantam House "B" championship game in the 2006 Guildcrest Homes Mega House Tournament.

The Demons' 2-1 win over South Stormont came in the "A" final played Sunday (Dec. 10) at 9 pm in Winchester. It was the only "A" championship claimed by any of the host North Dundas Minor Hockey Association squads taking part in the three-day (Dec. 8 to 10), 63-game, 41-team competition.

Myles Foster converted a pass sent to him by Hayden Moher into the first North Dundas goal at 7:36 of the opening period of the "A" final.

North Dundas whitewashed the Perth Blue Wings 3-0 in their opening game on Sunday morning. Thomas Giles registered the shutout while DeJong, Lee and Cam Shaw fired in the goals. Oosterhof assisted on DeJong's winner with 8:49 left in period one. Oosterhof (2), Jarrett Melenhorst and Greg Lynch earned the assists.

Giles just missed hatching his second goose egg as he and his mates qualified for the "A" final by knocking off Nepean 5-1 in an afternoon encounter. Oosterhof, Cinnamon Boulanger and Lynch counted first period goals. Oosterhof connected again in the second session and Jonathan Corkery finished it off netting a goal with 20 seconds left on the clock. Assists were awarded to Tyler Pellerin-Gagnon (2), DeJong (2), Oosterhof (2), James Shaw, Melenhorst, Boulanger and Emma Fraser.



Dylan Hunt Weeks (left) of the Ottawa Centre Chargers, NDMHA tournament convenor Dawna Whitehead, NDMHA president Dwayne Fawcett and Brittany Cooper representing the North Dundas Atom House "C" Demons took part in the Guildcrest Homes Mega House Tournament's official opening faceoff. The puck dropped precisely at 7 am Saturday (Dec. 9) morning at the Winchester Arena.

Press Photo — Van Bridger

Perth defeated the Arnprior Packers 4-1 in the "B" final and Kemptville took the "C" trophy beating Nepean 3-1.

"B" CHAMPIONS

The North Dundas Pee Wee House "C" Demons emerged as the "B" champions in their division doubling South Stormont 4-2.

Evan Durant, Brody Collins, Shawn Crook and Ryan Carr counted the North Dundas goals as the Demons scrambled back from a 2-1, first-period deficit to defeat the Selects 4-2. Crook, Josh Horner and Durant supplied the passes. Ryan Embury tended the North Dundas net.

North Dundas doubled the Leitrim Hawks 6-3 and dropped a 3-0 decision to the Casselman Predators in their other two outings. Durant (2), Carr, Jed Vanderlaan, Dylan Sosnowsky and Collins pegged goals against Leitrim. Assists went to Braydon Drouin (20, Durant (2), Shawn Buma and Carr.

South Dundas nipped Casselman 2-1 in the "A" game while Brockville edged Leitrim 3-2 in the "C" showdown.

• see MEGA TOURNEY on page 15

Metcalfe Jets now division's youngest team

METCALFE — You will need a program the next time you attend a Metcalfe Junior "B" Jets hockey game. The Metro Division club is under new ownership (The Canadian Rink Factory) and the new management has made many line-up changes.

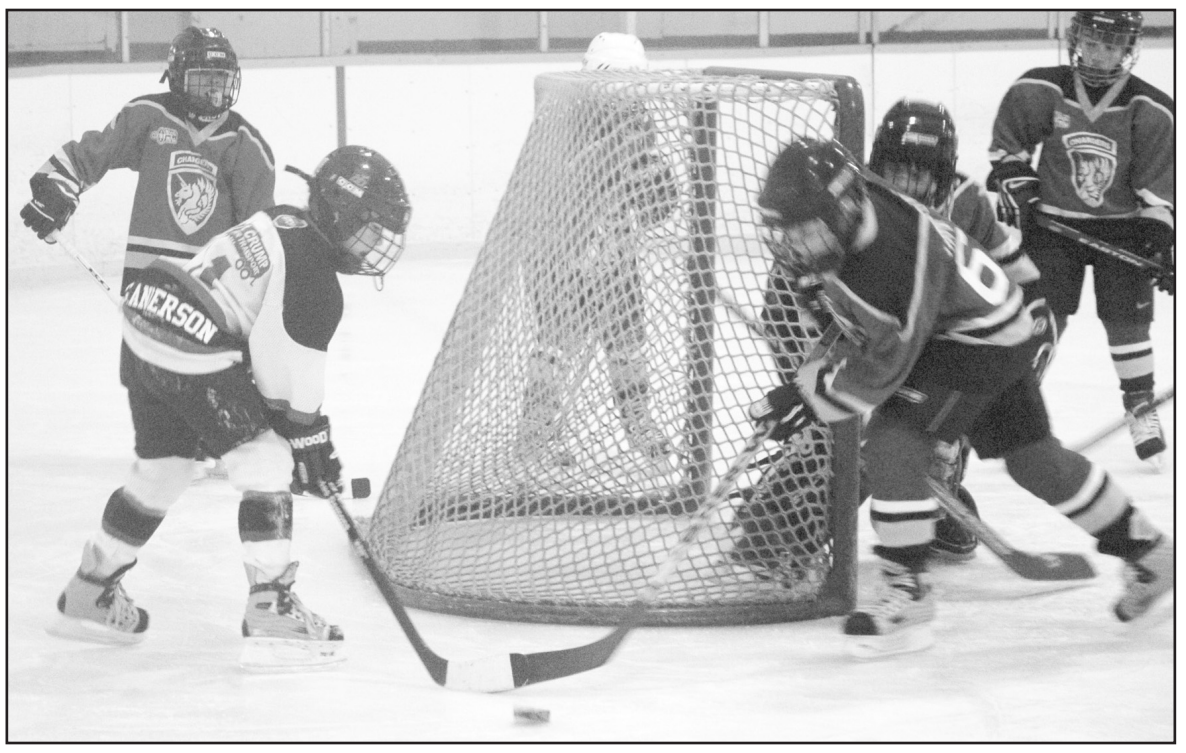
"The new team is younger; perhaps the youngest in the league with 13 rookies. What they lack in experience, they make up for in enthusiasm," noted assistant general manger Mike Newell.

Additions to the team are goaltender François Bourgeois, defencemen Nick Hughboy, Ryan Caron and Jesse Barr, and forwards Peter Shaw, Steven Powell and Dave Borden. Newell reports some of the new players are injured, but early indications show they have promise.

"When we get back to full strength this weekend, we will be ready to compete in the tough Metro Division," he added.

To facilitate the additions, the Jets dealt veteran goaltender Andrew Syrett to the Ottawa West Golden Knights, captain Ryan Carisse to the Stittsville Royals and Stephen Lewis to the Shawville Pontiacs. Veteran Jeremy McLeod is also waiting for a deal.

• see METCALFE JETS on page 15



Atom action

North Dundas forward Gavin Anderson (left) and an Ottawa Centre Charger defenceman scramble after a loose puck during an Atom House "C" game on Saturday (Dec. 9) morning. Cashelle Baldwin and Steve McSheffery shared the 5-0 shutout win over Ottawa. The Demons, paced by Brittany Cooper's six goals, qualified for their divisional "A" final in the 2006 Guildcrest Homes Mega House Tournament. *Press Photo — Van Bridger*

Kelly leads Cyclones to first place, scores three times in 5-2 victory

WINCHESTER — Aaron Kelly bagged three goals and led Bud's Cyclones to a 5-2 victory over Currie's Outlaws.

The victory, posted in the second game on the Tuesday night (Dec. 5) twin bill extended the Cyclones' undefeated record to five games (four wins, one tie) and moved them into sole possession of first place in the Winchester Town Hockey League standings.

Willy's Flyers, who are 2-2-1 in their last five starts, battled the Sherrer's Rams to a 3-3 draw in the opening game of the Tuesday night twin bill.

Top spot belongs to the Cyclones (5-3-1) who have 11 points. The Flyers (4-3-2) are next with 10 points. The Outlaws (4-5-0) are winless in their last five games and have fallen into third with eight points, one up on the Rams (2-4-3).

Nik Paas tucked in a Kelly "Rubber" Beckstead rebound at 15:51 of the first half to put the Cyclones up 1-0. The Outlaws matched that marker at 11:32 when Robyn Sadler finished a play started by Justin Heuff and Trevor Morozuk to tie it up 1-1.

Kelly converted a relay from Jarrod MacNaughton into a 2-1 lead for the Cyclones 7:38 before the break. Josh "Champ" McLean, from his blue line position, cracked in an unassisted shot while his squad was playing short-handed and opened up a 3-1 gap at the 2:27 mark. McLean then assisted Kelly on his second goal with 1:40 left in the same penalty-killing assignment as the Cyclones grabbed a 4-1 lead. Heuff scored from Morozuk with 21 seconds left in the half and the Outlaws trailed 4-2 at the intermission.

An unassisted goal by Kelly at 21:23 of the second session finished his hat trick and secured a 5-2 win for his squad. It was the fifth win for rookie 'tender Craig Moran. Terry Barkley, subbing for Chris Currie, took the loss.

ALL TIED UP

Willy's Flyers scrambled back from a 3-1 deficit and tied Sherrer's Rams 3-3 in the opening contest.

It was tied 1-1 at the half with Flyer rookie Travis Froats cashing in a pass from John Guy and Craig "Archie" Beckstead at 14:31 and Ram Darrel Moore answering at 12:04. "Pip" Davies-Lyon and Al Christophersen provided the pass.

Moore netted his second after gathering in a relay from Scott Baldwin and Christophersen at the 26:48 mark of the second half. Christophersen then made it 3-1 for the Rams scoring on a play started by John Nadobny and Aaron Sherrer six minutes and 38 seconds later.

Tory Baldwin sliced one goal off his team's deficit when he capitalized on a chance created by Jeff Lewis and Guy with 16:27 left on the clock. Lewis teamed up with Guy and Baldwin 2:38 before the final buzzer and tied it for good.

Chad Kennedy (Rams) and Colin Ion (Flyers) were the opposing netminders.

Brogan backs Midget "B" Demons in win over Rebels

WINCHESTER — Craig Brogan surrendered one second-period goal and backed the North Dundas Midget "B" Demons in a 5-1 victory over the first-place Char-Lan Rebels.

North Dundas led Monday's (Dec. 11) Upper Canada Minor Hockey League contest 2-0 after a period and 5-1 after two sessions. With the victory the Demons improved to 4-6-3 while the Rebels dropped to 11-5-0.

Jordan Barkley put the Demons on the board at 10:28 of the opening period finishing a play started by Chris Embury and Ethan VanKoppen. Jake McRoberts made it 2-0 scoring from Adam Schofield and Dan Byvelds with 2:35 left in the same frame.

A three-goal second period put the game away for the home-town Demons. Schofield buried a feed from Barkley and Mitchell Shay at 10:24 of the second session and Ryan Hutt used a relay from Michael Cross and VanKoppen to open up a 4-0 lead. Schofield's unassisted shot fired with 7:24 left in the same frame gave North Dundas a comfortable 5-0 edge before Char-Lan ruined Brogan's bid for a perfect game.

Brogan and his counterpart Rebel Andre Gaucher play flawlessly in the final frame.

Demons coach Dale Williams added bantam affiliates Justin Hanes and Embury for the match.

Myers fires three goals, Demons rip Rebels 11-2

WINCHESTER — Sheldon Myers fired in three goals and led the North Dundas Minor Midget Demons to a one-sided 11-2 win over the Char-Lan Rebels.

North Dundas blasted the Rebels goaltending for seven first-period goals and cruised to their fourth Upper Canada Minor Hockey League victory in as many games. The decision, posted in Winchester on Dec. 7, improved the Demons' record to 7-4-0.

Matt Havekes opened the scoring cracking in an unassisted shot at 11:02 of the first frame. He clicked again at the 7:58 mark to make it 4-0. Chris Embury also buried a couple of pucks in the same frame. Brandon Buma, Mike VanGurp and Myers snapped in the singles.

The Demons weren't able to dent the twine in the back of the Char-Lan cage in the second session, but fired in four more markers in the final frame to drive the final count to 11-2.

Aaron Labossiere and Myers each pumped in a pair of third-period tallies to complete the scoring.

Embury (2), Labossiere (2), Brett Baker (2), Buma, John McGlashan, Taylor Johnston and Justin Hanes all earned assists. Logan Fournier worked the nets and posted the win. Bantam affiliate players Kyle Greer and Dylan Fawcett suited up for the game.

Nationview, Boundary volleyball teams advance to tourney of champs

MAPLE RIDGE — Boundary Public School from Prescott swept the Reds from Nationview in South Mountain in two sets to claim the 2006 Southeast Regional Senior Boys Volleyball Tournament title, but both teams have qualified to represent their region at the Tournament of Champions in Brockville.

The Tournament of Champions was played on Tues., Dec. 12.

Boundary posted 25-16 and 25-17 wins over Nationview in the title match and after eliminating St. Joseph's in two sets (25-14, 25-9) in the semi-final round. They finished first in the Division "A" standings knocking off Maple Ridge (25-7, 25-10), Timothy Christian (25-7, 25-10) and Nationview (25-13, 25-14).

Nationview finished second in the same division beating St. Mary's - St. Cecilia's (25-15, 25-14) and Maple Ridge (25-14, 25-18).

Iroquois Public topped the Division "B" rankings posting wins over South Edwardsburgh (25-18, 25-8), Benson (25-8, 25-20) and splitting games with St. Joseph's (24-26, 25-15). St. Joseph's wound up in second spot thanks to wins over Benson (25-10, 25-10), South Edwardsburgh (25-10, 25-18) and splitting with Iroquois.

Nationview then eliminated Iroquois in their three-set, semi-final registering 26-24 and 15-13 victories. Iroquois took the opener 25-21.



Brushing up

NDDHS skip Crystal Lillico (right) made the call for sweepers Darby Ace (left) and Kristi Sloane as they guided a rock thrown by Rebecca Wichers-Schreur into the house during play at the 2006 Gore Mutual Schoolgirl Zone 1 championships at the Winchester District Curling Club (Dec. 7 and 8). Lillico's rink finished with one win and two losses. *Press Photo — Van Bridger*

Casselman cashes in three markers, Bantam "B" Demons tame Wolves

WINCHESTER — Dylan Casselman put together a three-goal game and powered the North Dundas Bantam "B" Demons offence in a 6-3 victory over the visiting Akwesasne Wolves.

Monday's (Dec. 11) home-ice win in Winchester improved the Demons Upper Canada Minor Hockey League record to 8-4-1 and to 2-1-0 in the last three outings.

Dylan Fawcett's goal, engineered by Matt Jarvis and Brandon Hunt with 5:28 to play in period one, got the offence started. Casselman's first goal, scored unassisted at 6:40, helped the Demons take a 2-2 tie into the third period.

Eric Prusila cashed in a pass sent to him by Jeremy Rose and Trevor Havekes at 11:23 kick-starting a four-goal third period. Casselman fired in his second and third goals at 7:25 (from Rose) and 2:36 (unassisted) to increase the Demons' lead to 5-3. Derek Simms pumped in an empty-net shot with 1:02 on the clock and iced the 6-3 victory.

Goaltender Kyle Greer got the start and registered the win.

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Belleville defeats South Dundas in Silver Stick championship game

PEMBROKE — Only the Belleville Bearcats stood between the South Dundas Lions and the championship banner at the 2006 Pembroke Silver Stick Pee Wee "C" Girls hockey tournament.

The Bearcats snapped a four-game winning string the Lions had going on the weekend (Dec. 9 and 10) and skated away with the gold medal after posting a 6-2 victory in the title match.

Michaela Morrow and Breanna Peters tapped in the South Dundas goals in the final. Randi Melenhorst and Peters drew the assists. The game was tied 1-1 after one period and Belleville carried a 2-1 lead into the final frame. Leah Wells was named the Lions' game MVP.

South Dundas outscored the opposition 12-2 posting three round-robin wins and then eliminated the Clarence-Rockland Lightning 2-1 in overtime to qualify for the championship game against the Bearcats.

Team manager Mike Van Allen reported that the girls enjoyed the Silver Stick experience, and noted it was their first trip to the prestigious tournament.

Goalie Megan Van Allen played a perfect game as the Lions opened the event blanking the Carleton Place Thrashers 3-0. All three South Dundas goals were netted in the third period. Geena Rose, game MVP, scored the winner at 9:15 after taking a feed from Wells and Leslie Ann Tupper. Morrow capped a play started by Peters and Lilly Streit and made it 2-0 15 seconds later. Peters pumped in a pass from Sydney Hass 7:47 before the final buzzer to make it 3-0.

Van Allen missed a second shut out by one in game two as she and the Lions canned Cobourg 4-1.



The South Dundas Lions, a Pee Wee "C" team composed of players from both North and South Dundas townships, earned the silver medal in their first trip to the Pembroke Silver Stick Tournament. The 2006-07 Lions are: Megan Van Allen (front); Row two (left) - Sydney Hass, Bridgette Whitteker, Chelsey Tippins, Lily Streit, Lesley-Ann Tupper; Back (left) - Allison Casselman - ass't coach, Randi Melenhorst, Geena Rose, Leah Wells, Rob Casselman - coach, Michaela Morrow, Breanna Peters, Mikayla MacMillan, Katie Beach.

Peters paced the attack scoring her team's first three goals. Lesley Ann Tupper (unassisted) cashed in the final marker with 3:04 left on the clock. Bridgette Whitteker (2) and Katie Beach collected assists. The Lions led 1-0 after two periods. Melenhorst was selected the team's game MVP.

Peters bagged two more goals leading the Lions to a 5-1 victory over the Markham-Stouffville Stars. Rose, Melenhorst and Morrow were the other goal-getters. Assists were awarded to Peters, Melenhorst, Morrow, Whitteker and Chelsey Tippins. The game was deadlocked at a goal after a period. South Dundas shot into a 3-1 lead in the second and never looked back. Morrow was the Lions game MVP.

SEMI-FINAL

Clarence-Rockland took a 1-0 lead in the sudden-death, semi-final match scoring with one second left in period one. Rose tied it up connecting on a pass provided by Melenhorst with 6:22 left in the second session. Tupper proved to be the Lions' hero cracking in the winning shot after taking a feed from Beach at 6:14 of the extra period.

St. Michael Mustangs win OFSAA Senior Girls title

KEMPTVILLE — St. Michael Catholic High School is celebrating it's first ever Ontario Federation of School Athletic Associations (OFSAA) "A" senior girls basketball title.

St. Michael posted a six-point (37-31) victory over Ottawa's Ashbury College in the tournament's gold-medal match in Dresden. The all-Ontario playdown took place from Nov. 30 to Dec. 2.

Ashbury led the title game for the first three quarters. But the Kemptville-based Mustangs rallied and posted a fourth-quarter victory, thanks in part to Genevieve Arnaud who put down 13 points for the champions. Brittany Lattanzio added eight.

Coach Chris Finner, proud of the teamwork and dedication shown by his team, said, "We've had a five-year plan with this team that started when they were in Grade 8. It's amazing to see this kind of outcome after that many years of commitment. Many other teams at the tournament had the same plan, that's why the pressure was so high. I am so proud that our team more than stood up to the challenge."

Finner noted that Alex Bradburn was a defensive star in the championship game. "Alex shut down Ashbury's top player in the fourth quarter. That's when we took the lead and won the game."

The Mustangs made it to the gold medal game defeating Niagara District Secondary School 43-37. Genevieve Arnaud contributed 16 points in that victory, while Chelsey MacMartin drained a dozen points. The coach praised the defensive effort of Alysha Bonnick, who shut down Niagara's top player. "Her success led to our success," he said.

Finner also noted that Bonnick is a nationally-ranked soccer player, a factor he felt enabled her to handle the provincial-level pressure.

St. Michael was ranked number two entering the tournament and opened by defeating Marymount Academy 52-40.

St. Michael's principal Mark Musca said, "I am very proud of the efforts of our athletes and the work that Coach Finner has done in moulding this team. Throughout the season, the girls always displayed perseverance, dedication, and sportsmanship. They should be very proud of this accomplishment."

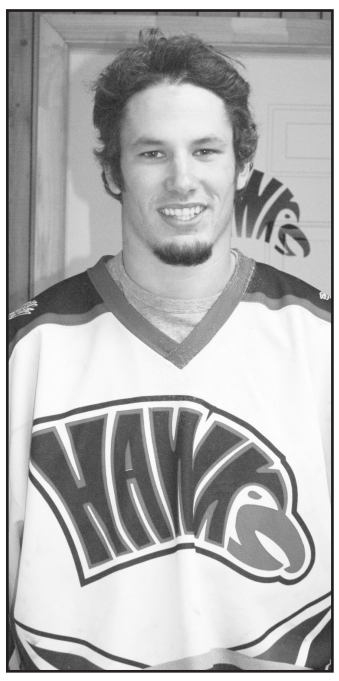
Superintendent of education Bill Gartland stated, "A very heartfelt congratulations goes to Coach Finner, his team and the St. Michael Catholic High School Community. Attaining a championship at this level demonstrates a prime example of sportsmanship and teamwork."

St. Michael's entered the tournament with a record of 33-9 against opponents from divisions ranging from single "A" to "AAAA." "The losses we had this year came against high-quality teams. That experience certainly paid off when we got to OFSAA," added Finner.

THE CHAMPIONS

The 2006 OFSSA champion St. Michael Mustangs are: Genevieve Arnaud, Alysha Bonnick, Alexandra Bradburn, Rachael Byford, Meghan Collins, Brittany Lattanzio, Chelsey MacMartin, Natalie MacMartin, Taylor McFadden, Stephanie McGuire, Amy Tenbult, Krystal Wilson.

Meet the HAWKS



Scott Bradley

No. 24, Right defence

Scott Bradley joined the Winchester Jr. "B" Hawks this season after playing two seasons in the CJHL with the Smiths Falls Bears and Pembroke Lumber Kings. He skated with the Hawks as an "AP" in 2002-03 while still a member of the North Dundas Midget "B" Demons. The 185-pound defenceman has appeared in 18 of Winchester's 19 games this season. The Morewood native has scored three goals, drawn 11 assists and collected 14 points with the Hawks. He has one PPG, one SHG, one game-winning goal and 78 minutes in penalties.



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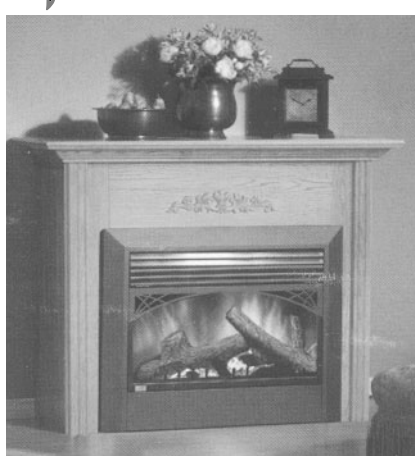

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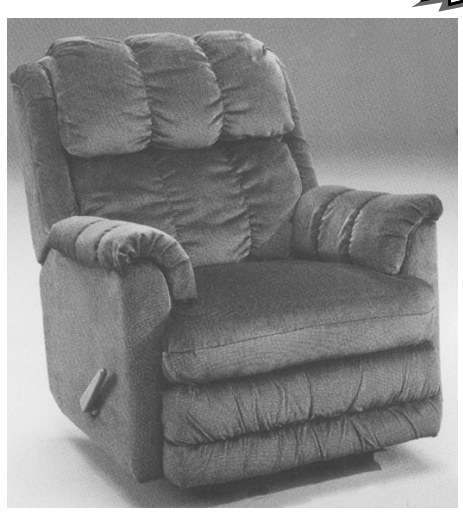

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Winning smiles

Winchester Skating Club members demonstrated some smooth skating at the Morrisburg Invitational competition on November 25 and 26. Samantha Shelp, left, won a bronze medal in Junior Bronze Freeskate while Taylor Shelp skated to a silver in Junior Bronze Freeskate. Not pictured: Jessica Calder placed fourth in Silver Interpretive and Blythe Armstrong earned fourth in Preliminary Freeskate.



Going for gold

Winchester Skating Club struck gold eight times at the Mini Edges competition in Athens on Dec. 2 and 3. The skaters also earned one silver and six bronze medals. Back Row, from left: Marina Crober - 1st Pre-preliminary Field Moves, 3rd Pre-preliminary Jump Elements, 3rd Pre-preliminary 1 Ladies B Freeskate and 7th in Pre-preliminary Spin Elements; Katie Churchill - 3rd Pre-preliminary 1 Ladies C Freeskate; Julia Smith - 1st Preliminary 1 Ladies B Freeskate and 4th Preliminary 1 Ladies Jump Elements; Sean-David Arel - 1st Introductory Mens A; Alyson Summers 1st Introductory Ladies A and 5th in Pre-preliminary Field Moves. Front row, from left: Emma Brooks - 1st Canskate Elements Stage 6 Flight 2, 3rd Canskate Stage 6 Freeskate; Alyssa Cooper - 1st Canskate Elements Stage 6 Flight 1, 1st Canskate Stage 6 Freeskate; Shaelee St. Marseille - 3rd Canskate Stage 6 Freeskate, 5th in Canskate Elements Stage 6; Erin Wheeler - 1st Canskate Stage 4 Freeskate, 4th Canskate Elements Stage 4; Joelle Menard - 2nd Canskate Stage 5 Freeskate, 5th in Canskate Stage 5 Elements; Isabella St. Marseille - 4th in Canskate Stage 4 Elements and 5th in Canskate Stage 4 Freeskate. Not pictured: Makayla Dew - 5th Canskate Stage 6 Freeskate and Blythe Armstrong - 3rd in Preliminary 1 Ladies B.

Metcalfe Jets

• continued from page 11

Metcalfe's new coaching combination of Pete Goodman, Scott Bean and Don MacDonald took the shorthanded team on the road for three games in four days, starting with Ottawa West on Dec. 7. The Jets were down 2-1 after two periods, and while they played a spirited game, came up short in the third period losing 4-1.

Jeff Kipping potted Metcalfe's lone goal scoring from Matt Crerar and Dave Walters at 13:51 of the second period.

Friday (Dec. 8) in Gatineau, the Jets competed well against a much older and more experienced herd of Mustangs. After falling behind 5-0 in the first period, they battled on even terms for the remainder of the game before losing 9-4.

Newcomer J.P. Lemay debuted with the Jets and cracked in three goals in the first period. Ryan Caron and Martin Lemay set up his first at 4:06. Lemay and Brett Holmes assisted him at 8:21 while Lemay and Nick Hughboy engineered the third goal at 11:23. Jamar Dixon added the fourth marker finishing a second-period power play set up by Crerar and Ethan Robert.

In Arnprior on Sunday (Dec. 10), Metcalfe let one slip away. A rash of penalties to the Jets wiped out while a 4-2 third-period lead and led to a 5-4 loss in overtime.

Packer Matt Pierce fired in two third-period goals to send the game into overtime and then delivered the winning goal on a powerplay with 4:41 left in the extra session.

Crerar (2), Bryson Goodman and Robert cracked in the Metcalfe markers.

The Jets (7-16-0-0) hold down fifth place in the Metro Division standings with 15 points. They have gone one and nine in their last ten games and trail the fourth-place Clarence Creek Beavers (15-10-1-0) by 16 points.

Next home game is a 2:15 pm matinee on Sun., Dec. 17 against the South Ottawa Canadians.

Mega tourney

• continued from page 11

"A" FINALISTS

Four other Demon squads — Atom House "B," Atom House "C," Bantam House "C," Atom and Pee Wee House "B" — all skated their way into their respective "A" finals only to be defeated.

The Midget House "B" Demons lost 7-3 to South Stormont in their divisional "C" showdown.

The Arnprior Rebels earned the Midget House "B" championship blanking Nepean "B" 2-0.

Atom House "B" honors went to Arnprior thanks to a 2-1 win over North Dundas. Ryan Gruich counted the lone North Dundas goal after taking a pass from Jarrett Greer.

Gavin Anderson (assisted by Brittany Cooper) was the only Demon to hit the target as North Dundas lost 9-1 to the South Grenville Rangers in the Atom House "C" title match.

Colton Stitt's unassisted shot was the only one to find the back of the West Carleton cage in the Pee Wee House "B" championship game as North Dundas suffered a 2-1 loss.

Andrew Sommerville (assisted by Brett Coburn) supplied the North Dundas offence in the "A" game in the Bantam House "C" Division. The NGS Braves rolled to a 6-1 win on Saturday evening.

Township offers Christmas break camp for kids

Remarks

by Mark Guy, Director of Recreation & Culture



WINCHESTER — The Junior "B" Hawks entertain the South Grenville Rangers this Friday night. Game time is 8:15 pm at the Winchester Arena.

The North Dundas winter program flyer has been distributed to all schools and the community, so take a look at some of the new programs we have, as well as the popular ones that are being offered once again. If you can't get your hands on a brochure you can pick one up at the township office.

We are also offering a children's Christmas Break camp Jan. 2 to 5 at Winchester Public School for ages five to 12. Many exciting activities will take place such as skating, a movie afternoon at the Old Town Hall, a special guest instructor, and loads of games and fun.

Most other programs don't start until the third week of January, but registration has already begun for all programs and the camp.

PUBLIC SKATING

If you still have your Fall and Winter Activity Guide kicking around and you're wondering about Christmas Break public skating, all the times are listed on page 23. We may add more dates. I will keep you posted.

Have a great week!

Winchester Press Sports Scoreboard

Eastern Ontario Junior "B" Hockey League

RIDEAU - ST. LAWRENCE CONFERENCE

RECENT RESULTS

Dec. 8: Alexandria 6 - Winchester 3
Kemptville 10 - Morrisburg 8
Brockville 3 - Westport 0
Dec. 9: Char-Lan 4 - Akwesasne 0
S. Grenville 5 - Gananoque 4
Dec. 10: Alexandria 7 - Morrisburg 4
Kemptville 9 - Akwesasne 8 OT
Brockville 5 - Gananoque 4
Westport 6 - Athens 4

STANDINGS

Rideau	W	L	T	GF	GA	PTS
Brockville	16	4	4	127	96	38
Westport	13	10	3	121	99	29
Gananoque	12	9	1	101	106	27
Athens	7	16	1	96	130	15
S. Grenville	5	18	0	90	148	11

St. Lawrence	W	L	T	GF	GA	PTS
Alexandria	15	3	2	153	93	34
Kemptville	14	6	0	128	99	30
Winchester	14	5	0	103	82	28
Morrisburg	13	9	1	147	132	27
Akwesasne	6	12	1	96	126	15
Char-Lan	4	16	1	71	122	9

**Teams losing in OT receive one point*

TOP SCORERS	G	A	PTS
Rideau Division			
Aaron Lynn, West.	15	29	44
Steve Biscaro, West.	20	24	44
Tom Dickson, Gan.	19	23	42
Alex Rees, Broc.	13	29	42
Tim Thomas, SG	18	16	34
Matt Dozois, Broc.	10	23	33
St. Lawrence Division			
Cory Gove, Morris.	23	36	59
Mike Moher, Kempt.	24	35	59
Ryne Gove, Morris.	17	38	55
Chad Galipeau, Morris.	27	28	55
Ben Collins, Win.	23	29	52
Bryan Vaughan, Kempt.	28	24	52
Justin Elliott, Morris.	21	23	44
Steve Cameron, Win.	18	25	43
Mathieu Pilon, Alex.	20	21	41
Sam Raymond, Alex.	18	20	38
Colin Bowie, Win.	14	23	37

Winchester Town Hockey League

RECENT RESULTS

Dec. 5: Rams 3 - Flyers 3
Cyclones 5 - Outlaws 2

STANDINGS	W	L	T	GF	GA	PTS
Bud's Cyclones	5	3	1	47	36	11
Willy's Flyers	4	3	2	32	34	10
Currie's Outlaws	4	5	0	44	45	8
Sherrer's Rams	2	4	3	35	43	7

TOP SCORERS	G	A	PTS
Robyn Sadler, Outlaws	18	9	27
Stef Gravelle, Outlaws	9	12	21
Nik Paas, Cyclones	9	12	21
John Drew, Cyclones	5	11	16
Justin Morozuk, Outlaws	3	12	15
John Guy, Flyers	7	7	14
Darrel Moore, Rams	8	5	13
Derek Vingerhoeds, Outlaws	8	5	13
Aaron Kelly, Cyclones	7	6	13
Craig Holmes, Cyclones	6	6	12

Winchester & District Women's Hockey League

RECENT RESULTS

Dec. 10: No games scheduled due to NDMHA Mega House Tournament

STANDINGS	W	L	T	GF	GA	PTS
Reds	7	2	0	25	8	14
Classics	6	1	2	20	9	14
Blues	6	2	1	19	17	13
Maroons	2	6	1	17	24	5
CountryGirl	1	5	3	19	25	5
Double Beauty	1	7	1	14	27	3

TOP SCORERS:	G	A	PTS
Barb Canham, Classics	6	9	15
Edith Dagenais, CG	13	1	14
Tara Verney, Classics	5	7	12
Amy Fraser, Blues	8	3	11
Cheryl Hamilton, Maroons	6	5	11
Amy Darling, Reds	7	3	10
Kelly Zeran, Reds	5	4	9
Eleanor Robinson, Blues	4	5	9
Pam Heuff, DB	3	6	9
Veronique Daviault, CG	1	7	8

EOJBHL

METRO - VALLEY CONFERENCE

RECENT RESULTS

Dec. 7: Ottawa West 4 - Metcalfe Jets 1
Dec. 8: Gatineau 9 - Metcalfe Jets 1
Dec. 10: Arnprior 5 - Metcalfe Jets 4 OT

Metcalfe Jets Next Home Games

Sun., Dec. 17 vs South Ottawa - 2:15 pm
Fri., Jan. 5 vs Clarence Creek - 8:15 pm

STANDINGS:	W	L	T	GF	GA	PTS
South Ottawa	17	7	1	156	109	36
Ottawa West	17	8	0	129	104	34
Gatineau	17	10	0	173	120	34
Clarence Creek	15	10	1	142	104	31
Metcalfe Jets	7	16	0	106	151	14

**Teams losing in OT receive one point*

METRO TOP SCORERS:	G	A	PTS
Shawn Tremblay, Gat.	29	43	73
Nicholas Mongeon, Gat.	27	37	64
Ryne Gulliver, SO	14	39	53

2006 - 2007 EOJBHL
Rideau - St. Lawrence Conference

NEXT
Winchester Jr. "B" Hawks Home Games

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8:15 pm

Fri., Dec. 22
vs Morrisburg Lions
8:15 pm



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Celebrating 75 Years 1930 — 2005

Christmas Greetings

CHRISTMAS GREETINGS
To all the best bunch of folks we know. We wish each and every one of you a happy, healthy and memorable Holiday Season.
– Anne and John Bradley, UK
39

Notice

WINCHESTER PRESS HOLIDAY DEADLINES
Printing
Wednesday, December 27, 2006
News and Advertising Deadline
Thursday, December 21, 2006 at 4 pm
Closed Monday, December 25 and Tuesday, December 26
Printing
Wednesday, January 3, 2007
News and Advertising Deadline
Friday, December 29, 4 pm
Closed Monday, January 1, 2007
39-41

GINI'S SEWING SHOP – 504 Main St., Winchester, 613-774-6260, will be closed between Christmas and New Years. **Happy Holidays!**
39-41c

Services

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 613-774-5415 or 613-535-2284. For families of alcoholics (ALANON), 613-448-3790 or 613-535-2284.
34tfc

VICTOR BROOKS & SON INC.
Tree services. Take downs, trimming, planting, stump removal, bucket truck, chipper rental. Free estimates. 613-535-2322.
45tfc

INCOME TAX RETURNS - E-FILE
JMP BUSINESS SERVICES LTD. Accounting, bookkeeping, financial statements and payroll. Jose Poole, Vernon, 613-821-3436. Fax 613-821-5514.
25tfc

HANDYMAN SERVICES
All types of home renovations: drywall, taping, stippled ceilings, bathrooms, rec rooms, etc. Fully insured. 20 years experience. Call Maritimer Restorations, 613-978-6416.
2tfc

CRACKMASTER CONCRETE
Leaky basement repair from inside. Cracks sealed by injection. Serving Eastern Ontario. All work guaranteed. Call Rob at 613-551-6283, 1-877-334-5737.
2tfc

R.T.K. JEWELLERS
Quality repairs on all jewellery and all makes and models of watches. 57 Main St., Morrisburg, 613-543-2688.
14tfc

SCRAP METAL REMOVAL
Will remove scrap vehicles, metal, bikes, etc. Cash paid for some. Small moves available. Call Bruce 613-443-4342 or 613-762-6555.
37-39

MARK'S ODD JOBS
Painting, refinish wood floors. 5 years experience. Phone 613-535-2026.
38-41

PLANNING A CHRISTMAS PARTY?
Fun Tymes Entertainment. Mobile DJ Carl Liscumb is now taking bookings for your company's Christmas parties. Call now! Chesterville, 613-448-1320, 613-551-9409.
39c

Help Wanted

HELP WANTED – Drivers. Apply to Milano Pizzeria, 506 Main Street, Winchester. Phone 613-774-2727.
27tfc

HELP WANTED – Part-time kitchen help and servers required. Leave message at 613-445-0880, Russell House Pub, 108 Mill St., Russell.
34tfc

HELP WANTED – Full-time, responsible, experienced person required for 90 cow, tie stall dairy farm. Duties include all aspects of dairy farming and field work on 1250 acre farm. House available. Phone 613-448-1214.
34tfc

HELP WANTED – Openings at Simcon Steel for full-time field welders. CWB tickets and driver's license an asset. Interested candidates please forward their resume by fax to 613-822-9229 or by email to karen@simcon.ca
39c

HELP WANTED – Class B Licenced Bus Driver. South Mountain area to Merivale Road, Ottawa, Monday and Friday, plus charter work available. Wubbs Transportation, 613-223-9765.
39

HELP WANTED – Part-time help on dairy farm. Mostly weekends. Phone 613-774-3813.
39

Water Softener and Rust Filter In One Unit
REPAIRS TO ALL MAKES
GUY BOURDEAU
613-774-6110

Work Wanted

G & K MOVING
Affordable and reliable, fully insured. Garry 613-821-3555.
43tfc

WORK WANTED – George's Moving, fair prices - dependable services, Ottawa and surrounding area homes, offices and apartments. George Byles, 613-821-4191.
40tfc

WORK WANTED – Karl's Moving. Reasonable rates. Seniors discounts. Long hauls in Ontario. Call 613-652-2526.
18tfc

WORK WANTED – Experienced carpenter. Additions, renovations, decks, siding, windows, doors and more. Call Andrew Lamoureux, 774-5294.
38tfc

For Rent

ROADABLE STORAGE TRAILERS
Dry and watertight. By the week or month. Delivery charge extra. Call Ed Duncan 613-989-2838.
19tfc

FOR RENT – Industrial Drive, Chesterville. 450 square feet suitable for office or store front. Available May 1. Apply Durant's Flowers 613-448-2354.
51tfc

FOR RENT – Available immediately, store or office space. Approximately 1100 sq. ft. High traffic volume. Apply P.O. Box 69, Chesterville, ON, K0C 1H0.
35tfc

FOR RENT – Office in downtown Winchester, 300 sq. ft. with 100 sq. ft. storage, $350 monthly, all inclusive. A/C, parking, storage, high-speed access, non-smoking. Please call 613-601-4651.
31tfc

FOR RENT – New retail/office space at street level in Winchester, ceramic tile and in-floor heat, 330 sq. ft., can be expanded to 500 sq. ft. Highspeed and cable ready. Phone 613-913-9670.
35tfc

Accommodation

FOR RENT – 2-bedroom apartment in clean, quiet building in Winchester. Special rate for seniors. Call 613-229-1653.
10tfc

FOR RENT – 1-bedroom upstairs apartment in Winchester, utilities included. Phone 613-297-3463.
38tfc

SHARED ACCOMMODATION AND ROOM – Metcalfe. Quiet, clean, newer semi-detached, kitchen, laundry, shared bathroom, A/C, parking. Smoke and pet free. $395 and $495 inclusive. Available immediately. Call Dan, 613-445-5591.
39tfc

FOR RENT – Winchester, Victoria Apartments, 2-bedroom, balcony, secure building, ideal for seniors. No pets. No smoking. Call 613-543-2184.
35tfc

FOR RENT – 43 Moffat Street, Morewood, 2-bedroom apartment, $500 monthly, utilities extra, on-site laundry facility, ample parking, includes appliances. Call 819-771-6433.
35tfc

FOR RENT – Modern 3-bedroom duplex with attached garage, Morrisburg, available Dec. 1, gas heat, $850 per month plus utilities. First and last, and references. Phone 613-543-2897.
36tfc

FOR RENT – Quiet, large, 2-bedroom apartment located in the heart of Winchester. $800 per month plus hydro. Available Jan. 1. Includes washer and dryer, fridge and stove. Call Mark at 613-850-6275.
38-39

FOR RENT – Room available, seniors preferred. Call 613-774-3461.
39

FOR RENT – 2-bedroom apartment in South Mountain. Gas fireplace, hardwood floors, no pets, heat included, pay hydro only. $650 monthly. 613-989-2103, 613-989-1952, 613-445-3257.
39tfc

FOR RENT – Farm house, 3 bedrooms, garage, 2 baths, available immediately, $850 per month, heat and hydro extra, no pets, references. Phone 613-989-2103.
39tfc

FOR RENT – 3-bedroom bungalow in Morrisburg, hardwood floors, gas heat, $690 per month plus utilities. Available Jan. 1. First, last, references. Phone 613-543-2897.
39tfc

FOR RENT – 3-bedroom duplex on quiet street in Morrisburg available Jan 1, $675 per month plus utilities. First, last and references. Phone 613-543-2897.
39tfc

CIDER
APPLES
APPLE PRODUCTS & Christmas Gift Baskets
Smyth's Apple Orchards
6 KM WEST OF HIGHWAY 31 AT FLASHING LIGHT IN WILLIAMSBURG
DUNDELA
OPEN 7 DAYS A WEEK
613-652-2477

Accommodation

FOR RENT – 2-bedroom apartment, located in Chesterville. Available immediately, $525 all inclusive. Call 613-543-4394.
39tfc

FOR RENT – 2-bedroom apartment in Chesterville, second floor, not suitable for children. No pets. $525 per month. Utilities extra. Call 613-795-5811.
39tfc

For Sale

WINCHESTER PRESS PHOTO REPRINTS
Photographs appearing in the *Winchester Press* are available in color. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press office, 545 St. Lawrence Street, Winchester, or phone 613-774-2524.
7stf

PIANOS AND ORGANS FAWCETT'S, WINCHESTER
Heintzman upright and grand pianos. Kurzweil digital uprights, grands and keyboards. Rebuilt pianos and organs. For appointment phone 613-774-2205, www.c360.ca/winchester
43tfc

FOR SALE – Kennebec potatoes, 50 lbs for $10. Country Kitchen Restaurant, 2159 County Rd. 31, Winchester.
37tfc

FLAIR WITH FABRICS – New Winter Stock: Fabrics, Fleece, Yarn and Candles. 3 King St., Chesterville, 613-448-9032.
33tfc

HOUSE FOR SALE – Village of Metcalfe, single family bungalow, 3 bedrooms, large private backyard. Newly renovated. Must see. 613-821-4091.
36-39

CHRISTMAS TREES
Cut your own, Balsam, Fraser Fir, Spruce, all up to 9', $30. Taller trees available. Precuts, wreaths, swags. **Johnston Brothers**, 2 locations: Porter Road and Town Line Road, both open weekends 9 am-5 pm. Porter Road only 1-5 pm weekdays. 613-802-2314. West on County Road 43 to VanBuren Road, turn left, left at the Town Line, 1 km south of the tracks.
37-40

CHRISTMAS TREES
Balsam, Fraser Fir, Pine, and Spruce. Choose and cut or select pre-cut. Weekend campfire with tractor and wagon rides (with horses on Dec. 9 and 10 from 10 am-3 pm). Handcrafted wreaths available. Patterson's Tree Farm, Iroquois, 613-652-1927.
37-39

FOR SALE – Hewlett Packard computer, complete with accessories, $125; 8 hp Sears snowblower, electric start, 25", chains, $375; 2000 340 Ski-Doo, electric start, great shape, $2,300. Call 613-774-3408.
37tfc

CHRISTMAS TREES – Pruned spruce and scotch pine. Phone 613-989-1852.
38-40c

FOR SALE – Pool table, 4'x7', cues, balls etc, $250; electric guitar with amp, case, stand, etc, $225; new dog run, $180. Phone 613-821-2805.
39-40

FOR SALE – Stainless water cooler, $189.99; fridge water cooler, $169.99; Toys-Toys-Toys; MP3 player $49.99; holographic lawn hockey players, $124.99 (3 only Toronto, Sens, Canadiens); John Deere and Coke collector items; LED candles - reg. $29.99 for $19.99; tree stands reg. $99.99 for $29.97; snowman drink dispenser reg. $69.99 for $39.99. Cotnam True Value, Chesterville. Phone 613-448-1005.
39c

CHRISTMAS PRESENTS
For those hard to buy for relatives and friends: freezer lamb cut and wrapped whole $5/lb., half $5.25/lb.; freezer beef cut and wrapped quarter (half split) $2.65/lb. Packaged cuts also available. Maple Meadow Farms 613-826-2581.
39c

FOR SALE – Manger, made of barn wood, 5' long, 5' high with star, 6 people, 4 animals and baby Jesus. $60. Phone 613-448-2452.
39

A CHRISTMAS GIFT IDEA!!!
"Who Am I To Complain? A Quick Perspective Adjustment" by Mike Harper. On sale at Seaway Valley Pharmacy in Chesterville and Fawcett's Jewellery in Winchester.
39-40c

BEADS- Wanted
seed beads and/or beaded items. Must be pre-1920. Call 613-535-2233

For Sale

HONEY FOR SALE – To Your Honey From Your Honey! A great stocking stuffer, a sweet gift, something special and sweet. Just call 613-989-2259.
39c

Automotive

VEHICLE FOR SALE – Credit problem! In-house finance is easy, just apply online and become pre-approved. For clean low mileage vehicles. www.car-o-line.com or call Car-o-line Auto's at 1-877-820-5598 or 613-448-2488.
46tfc

Farm

FOR SALE – 2006 year wheat straw. Phone 613-229-8662.
12stf

HAY FOR SALE – Large and small squares, round 5x4 bales, all inside and no rain. Some 5x4s for $15. Phone 613-821-7702.
32tfc

FOR SALE – 400 round bales of hay, 4x4, no rain. Phone 613-448-2332.
34tfc

FOR SALE – Good quality hay and straw. Round and square bales. Also wrapped square bales. Call 613-989-6031.
36-43

FOR SALE – Hay and straw, large square bales. Inkerman area. Call 613-229-0284 or 613-989-2297.
39-42

FOR SALE – Clean wheat straw, in 6' bales, stored inside, approximately 100 bales; roof for 16' Dion forage wagon. 613-984-2017.
39

WANTED – Used Patz stable cleaner, chain with 18" paddles, left hand, clockwise; used tandem spreader with end gate. Call 613-448-2275.
39

FOR SALE – 15 DeLaval blue metal waterbowls (button type) with brackets, $20 each; Patz stable cleaner chain, 18", paddle and three links, $20; 3 hp Brooks electric motor, $150. Phone 613-826-2581.
39c

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.
15tfc

Pets/Livestock

AL BECKSTEAD 3B LIVESTOCK – Dairy, beef, calves, old cows. Licensed buyer. RR #1, Oxford Station, 613-258-5100, or cell 613-246-3959.
27-41c

WANTED TO BUY – Holstein bull calves. Good prices paid. Cash. Pick-up every Monday morning. Contact Omer Poirier Livestock Inc. Call Jerome, Business: 613-525-3020, cell: 613-678-0141.
39-42c

Card of Thanks

CARD OF THANKS – Special thanks to all who called, sent cards and gifts and visited me when I was in the hospital and since coming home. They have all been a big help in my recovery.
– Mac Davidson
39

CARD OF THANKS – I wish to express my heartfelt gratitude to the staff of the Emergency Department and the I.C.U. staff of Winchester District Hospital for the excellent care I received while a patient there. Also to Dr. Archibald for his outstanding care. Your kindness and care will be remembered always.
– Barbara Blair Murphy and family
39

WANTED
Outside Customer Service & Delivery Person
Bring resume and driver's abstract to Lannin's TIM-BR Mart, 2682 County Rd. 31, Winchester

FOR RENT
2-bedroom apartment in Rosewood Apt.
Stove and fridge supplied.
Available Dec. 15.
613-774-3894 or 613-297-3463

HELP WANTED
Experienced TRACTOR DRIVER needed for snow removal
Phone
613-774-3832

CLASSIFIEDS

Read the Classified Advertising listings on-line at www.winchesterpress.on.ca

In Memoriam

MOWAT – In loving memory of a dear father, father-in-law and grandfather, Robert, who passed away December 13, 2005.
God took him home it was His will,
But in our hearts we love him still;
His memory is as dear today
As in the hour he passed away,
We often sit and think of him
When we are all alone,
For memory is the only friend
That grief can call its own.
– Sadly missed, Sherry, Neil, Kiel, Kayla and Kory
39c

CROWDER – In loving memory of a very special wife, mother, mother-in-law and grandma, Dorothy, who passed away December 15, 2004.
In our hearts and on our minds forever.
Gone but not forgotten.
– Lorne, Glen, Sharon, Beth, Jay and Pamela
39

McINTOSH – In loving memory of a dear mother and grandmother, Helen, who passed away December 10, 2005.
Those we love, don't go away
They walk beside us every day.
Unseen, unheard, but always near
Still loved, still missed and very dear.
– Always remembered by
– Marie, Adrian and family
39

Coming Events

WINCHESTER LIONS CLUB
515 Albert St. 613-774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
OPEN: 9 am-3 pm, Tuesday to Saturday
3tfc

CHRISTMAS SHOPPING AT THE FARM
Yarn, stocking stuffers, insoles, slippers and more. Open Thurs. to Sun. 11 am-4 pm. Closed Dec. 16. Elisabeth's Llama Ranch, 12057 Toyes Hill Road, west of Winchester Springs. www.llamaranch.ca
38-39

ANNUAL FIRE PREVENTION BREAKFAST
Sun., Dec. 17, from 9 am-1 pm in the South Mountain Agricultural Hall. New this year will be a Family Fun Day with children's craft and cookie decorating starting at 1 pm, with Santa at 2pm. For info contact Terry 613-989-5263 or Cindy 613-989-1219. Sponsored by North Dundas Mountain Fire Department, Mountain Township Agricultural Society, Mountain and District Lions, and South Mountain Lodge #428 I.O.O.F.
38-39

PALLIATIVE CARE COURSE
Sponsored by Dundas County Hospice, Mon., Jan. 22, 2007 to March 26, 2007, 1-4 pm at J.W. MacIntosh Seniors' Support Centre, Williamsburg. Topics: Hospice Care Philosophy, Communications Skills, Family Dynamics, Grief and Bereavement, Pain Management, Special Needs of the Aids, Cancer and A.L.S. patient, Legal Aspects, Spiritual Needs. Interested participants call 613-535-2215.
39-40c

Coming Events

LMR COUNTRY FITNESS
Come work out for only $5 per hour. You can use the treadmill, eliptical recumbent bike, rower and the 4-station home gym. No club or membership fees. Call 613-989-3626 to reserve your workout time, or for more information on programs being offered visit our website: www.lmr-countryfitness.ca
36-41c

MOUNTAIN TRAIL BLAZERS SNOWMOBILE LICENSE COURSE
Sat., Dec. 30 in South Mountain, must register by Dec. 17. Call David Plummer 613-989-2053 or mtbdvrtrng@aol.com
39c

CANDLELIGHT SERVICE
Inkerman Wesleyan Church wishes to invite you to their Christmas Eve Candlelight Service at 6:30 pm.
39-40

HANDEL'S MESSIAH
Presented by North Grenville Concert Choir and Divertimento Orchestra, Fri., Dec. 15, 7:30 pm, Winchester United Church. $20 adults; $15 seniors. Tickets at the door.
39

HALL FOR RENT
Parties, special events. Winchester Curling Club. LLBO licensed for 130 people. Kitchen, ice surface available. Call Tom Sloane 774-0321.
39c

TURKEY DINNER
Fri., Dec. 15 starting at noon until food is gone. Iroquois Legion Branch 370. Take-out available. $7 per person. All are welcome. Sponsored by Legion Ladies Auxiliary.
39c

CINDY AND FRIENDS
Invite you to the 3rd Annual Open House, at 422 Victoria Street, Winchester, Sun., Dec. 17, 10 am-3pm. Showcasing jams, home accessories, lamps, stained glass items, jewellery, mittens and baking. 613-774-5547.
39c

SANTA CLAUS COMES TO MOUNTAIN STATION PARK
Thurs., Dec. 21, 7 pm. Everyone welcome.
39c

"Say Hello to High Speed" and $ave

The Township of South Dundas has teamed up with W3 Connex Inc. to bring reliable high-speed internet at low monthly rates.

Pay only $34.95 per month for first 6 months*

AND $ave $90.00

*** Based on a 2-year contract - $34.95 for first 6 months and then $49.95 for remaining 18 months. Offer valid from October 1 to December 31, 2006.**

To request service visit the website www.w3connex.com or call 1-888-235-9326

W3Connex
Connecting Communities

CHRISTMAS SPECIAL

25% OFF ALL BIRD FEEDERS

BONUS OFFER
Additional Savings on Bird Seed with Feeder Purchase

ROONEY FEEDS LTD.
Iroquois 613-652-4382
South Gower 613-258-1567

Wedding Reception

In honour of
Kevin Sharpley and Shannon Swerdfeger
Saturday, December 16, 2006
Morrisburg Meeting Centre
12580 County Rd. 2, Morrisburg
Dancing 8 pm-1 am
Everyone welcome to celebrate



Tupper–Diaz

Josh and Catia (Diaz) Tupper were married on August 12, 2006 and now reside in Scarborough, Ontario. They would like to wish family and friends a Happy Holiday Season.

Matilda Winter Carnival
presents
Yuk Yuk's Comedy Night
Saturday, January 8, 8 pm-10 pm
***All Star DJ* will play from 10 pm-1 am**
Advance tickets $15 • At the door $20
Call Cindy at 613-652-2715 or Alen at 613-774-1038 for tickets or information



CWM STORAGE
2670 COUNTY RD. 31, WINCHESTER 613-774-2919
- Mini storage now available! (Household lockers)
- Auto storage, inside and outside
- Boats, trailers, commercial or industrial storage

STORAGE FOR YOUR EVERY NEED!
Call now for an appointment/quote

METCALFE FARMERS' MARKET
presents
'Country Christmas'
Saturday, December 16
9 am-3 pm
GREELY LEGION, 8021 Mitch Owens Rd.
Get ready for Christmas with baking, produce and crafts from local producers and artisans
Free Admission and Parking
www.metcalfefm.ca

Morewood Fire Department
Christmas Breakfast
Sunday, December 17
8:30 am-11:00 am
Morewood RA Centre
Eggs, ham, sausage, homefries, toast, coffee, orange juice
Free Will Offering • Everyone Welcome

Thank You

To the community, residents, businesses, participants, service groups, the many new volunteers and everyone behind the scenes for their part in making the 10th Annual Country Christmas Parade of Lights in Winchester one of the best!

Sponsors
Andy's Foodland
Bank of Montreal
Battlefield Equipment
Brister Group
Collins Barrow Chartered Accountants
Country Kitchen Restaurant
Geggie's Appliances and Mattresses
Hardy Seeds
Kevin Barkley Carpentry Services
Marsten Equipment Rentals
Mary's Restaurant
Paddletales Tackle
Parmalat Employee Rec. Assoc.
Pioneer Gas Bar
Pivotech Doors Inc.
Richie Feed and Seed
Royal Bank
Scotiabank (Chesterville)
Sutton's Restaurant
The Connection Warehouse Outlet
Tim Hortons Winchester
W.J.L. Boyd & Sons
Winchester Baptist Church
Winchester Golden Years Society
Winchester Home Hardware
Winchester Press
Winchester Women's Institute
Winchester/Chesterville Funeral Homes
Wouters Morning Fresh Eggs

Honourable Mention
OPP Auxiliary
Winchester Jr. B Hawks
Vince Zandbelt
Meghan Duncan
John Orton
Brian Kauk
Stephen & Leslie Ault
Hugh Fawcett
Dundas County Foodbank

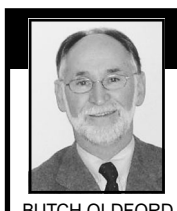
Merry Christmas and a Prosperous New Year
from the Country Christmas Parade of Lights Committee Members

Sandie Puddephat
Garnet Johnston
Sandra Cheney
Al Lummiss
Linda McMahon
Al Van Bridger
Peter Robertson
Colin Eades
Lorrie Munro
Mark Guy
Bruce Currie
Lorne Dolan

A special 'thank you' to our committee. Your dedication and hard work make 'Parade Night' a night to remember... and my job easier. ***– Sandie P.***

If we have forgotten anyone, please accept our apologies and our thanks.

ESTATE PLANNING



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ROYAL LEPAGE
613-774-3497
www.oldford.ca

Know the true value of your home and real estate!
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Broker • Real Estate Consultant

ROYAL LEPAGE
GALE REAL ESTATE
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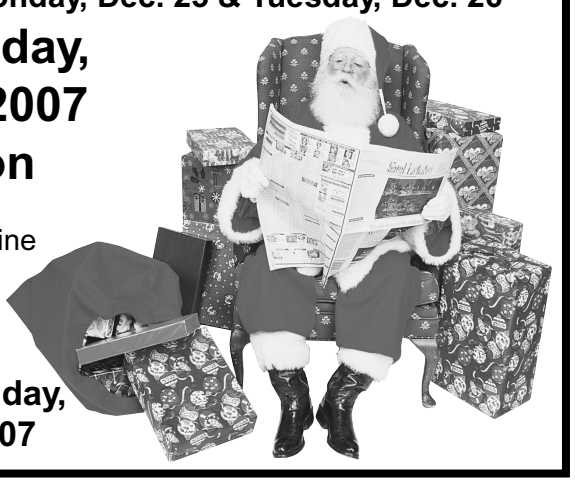
INDEPENDENTLY OWNED AND OPERATED, BROKER

'TIS THE SEASON TO SAVE'
Plush 15' Wide Carpet
$1.44 sq. ft. to $1.53 sq. ft.
While quantities last
CURRAN FLOORING CENTRE
613-448-1005 • 18 Industrial Drive, Chesterville • 613-448-2068

WINCHESTER PRESS Holiday Deadlines

Wednesday, Dec. 27, 2006 Edition
Classified advertising deadline
Thursday, Dec. 21, 2006 at 5 pm
News and display advertising deadline
Wednesday, Dec. 20, 2006 at 5 pm
CLOSED Monday, Dec. 25 & Tuesday, Dec. 26

Wednesday, Jan. 3, 2007 Edition
News and advertising deadline
Friday, Dec. 29, 2006 at 5 pm
CLOSED Monday, January 1, 2007



Church Directory



CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
Sunday
9:30 am - Worship Service
7:30 pm - Worship Service
Please be our guest this week
21tfc

HARMONY COMMUNITY CHURCH
Hwy. 31 and Ormond Road
613-774-5170
harmonychurch@bellnet.ca
Saturday, December 16
7:00 pm - Sunday School Christmas Concert. Everyone Welcome.
Sunday, December 17
10:30 am - Morning Worship
No Evening Service
Sunday School and Nursery available during Morning Service
Please call for information on mid-week services
Web: www.harmony-church.org
39c

WINCHESTER WESLEYAN CHURCH
Our Church Loves Kids, and Kids Love Our Church
Check out the updated www.winchesterwesleyan.com
Sunday, December 17
10:30 am - Special Children's Musical
12:00 noon - Christmas Potluck Dinner
6:30 pm - 4F Club - Hay ride and Christmas Carols
Pastor: Thurland Brown
Children's Pastor: Amy Morris
613-774-3137
537 Main St., Winchester
39c

UNITED CHURCHES
Rev. Bob Williams
Office: 613-774-2512 • Manse: 613-774-7077
www.winchesterunitedchurch.org
WINCHESTER SPRINGS
9:30 am - Worship Service
WINCHESTER
Sunday, December 17
11:00 am - Worship Service. Sunday School
7:30 pm - Carols and Candlelight Service - Everyone welcome
39c

NATIONSIDE PENTECOSTAL CHURCH
13 Albert Street, Chesterville
Pastor: Rev. David Charles
613-843-9653
Sunday
10:00 am - Bible Study for all ages
11:00 am - Worship Service
37tfc

THE ANGLICAN PARISH OF NORTH DUNDAS
541 St. Lawrence Street
Winchester
Please join us for Sunday Worship
8:30 am - Book of Common Prayer
10:00 am - Family Service with Music and Sunday School
"To be a living Church, united in one congregation, reaching out to God's world."
Reverend Brian Kauk, 613-774-2236
42tfc

ST. PAUL'S PRESBYTERIAN CHURCH
Winchester
Office: 613-774-3333
A warm welcome awaits everyone
Worship Minister
Rev. Dr. Floyd McPhee
Sunday
10:00 am - Divine Worship
26tfc

COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
6:30 pm - Evening Service
28tfc

DISCOVERY BIBLE FELLOWSHIP
Friendly, Caring, Accepting
Meeting at Winchester Public School
Sunday, December 17
10:00 am - Family Presentation by the Wallace Family
www.discoverybible.ca
for a complete listing of all our teen, children and other programs
39c

WINCHESTER BAPTIST CHURCH
Traditional Music-centred Services
Sunday
10:00 am - Adult Sunday Bible Study
11:00 am - Worship Service
Pre-school Sunday School
Everyone welcome
Pastors
Bud McKibbon
Mollie McKibbon
21tfc

CLASSIFIEDS

Read the Classified Advertising listings on-line at www.winchesterpress.on.ca

FALL SPECIAL
DA-MAUR CARPET CLEANING
Over 25 Years Experience
Superior In-Truck Mount Steam Cleaning
Will Professionally Clean Your House
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DEATH NOTICE

Karen Jane Reid

Employee UPS for over 10 years

Karen Jane Reid (née Moffatt) passed away in hospital after a brief illness, with her family by her side on Mon., Dec. 11, 2006. She was 50.

She was the much loved Mom of Lisa (Patrick Siew) and Gord (Melissa Cowling). She is survived by their father Allen Reid. She was the proud grandmother to Larra-Jane Rose Siew. She was the loving lifetime companion of Doug Rowan. She was the dear daughter of Shirley (née Cook) and the late James Moffatt. She was the loving sister and best friend to Jim Moffatt (Nicole). Nancy Neuman (Nelson), and Duana Moffatt (Rob Thompson). She was the cherished Godmother to Rebecca Neuman. She is also survived by Ed and Ann Rowan, sisters-in-law and brother-in-law: Kim Olive (Jamie), Greg Rowan, Debra Wells (Cordell Roberts), and Wanda Rowan (Len Burke), as well as many nieces and nephews.

Friends may call at the Westboro Chapel of Tubman Funeral Homes (403 Richmond Rd. at Roosevelt) in Ottawa on Wed., Dec. 13 from 7 to 9 pm and on Thurs., Dec. 14 from 2 to 4 and 7 to 9 pm, and on Fri., Dec. 15 from 11 am until the time of service in the chapel at 1 pm. Cremation will follow.

For those wishing, a donation in Karen's memory to the Canadian Cancer Society or CHEO would be greatly appreciated.

Condolences, tributes, or donations may be made at www.tubmanfuneralhomes.com.

REWARD $2,000
TRACTOR STOLEN

From my property, Lot 1., Conc. 5, Township of Winchester, between Dec. 2 and Dec. 6, 2006, a Massey Ferguson tractor and John Deere Bush Hog. A reward of $2,000 will be paid for information leading to the successful and undamaged recovery and return of these machines. All information confidential.

Ed Gibson, 1479 County Rd. 31,
Winchester, Ontario, 613-774-2860

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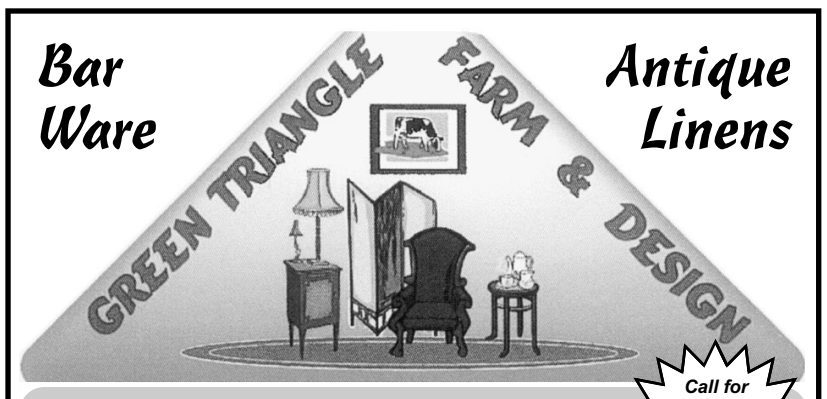

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EMPLOYMENT OPPORTUNITY

TERM POSITION

Starting approximately mid-February to end of April, accounting office requires a

Data Input Clerk

Successful candidate must have accurate computer skills, experience in income tax preparation and E-file and knowledge of Quickbooks Accounting software.

Only applicants selected for an interview will be contacted. Please send resume to: Box WP160, c/o Winchester Press, P.O. Box 399, Winchester, Ontario, K0C 2K0.

EMPLOYMENT OPPORTUNITY

The Springhill Cemetery Board is in search of a

Grounds and Maintenance Superintendent

This person would be responsible for the general care and custody of the cemetery, burials, cremains, vault storage, recording details and reporting to the Secretary Treasurer.

Interested persons are asked to submit their resume to Harold Wallace, 3574 Campbellcroft Road, Osgoode, Ontario, K0A 2W0, by January 31, 2007.

For general info call 613-821-1128.

Card of Thanks

After spending the past four months hospitalized, there are many people to thank. First to my family, for realizing my need to be in hospital.

Thanks to Dr. Burke and the 2nd floor nurses in Winchester District Memorial Hospital, for their excellent care and understanding.

Thanks to the staff in Physiotherapy for motivating me.

Thanks to the porters for transferring me to Physio.

Special thanks to my daughter-in-law, Mary, and my daughter, Linda, who had the job of taking care of my needs.

Thanks also to the many people who visited me, and the cards and treats I received. They were much appreciated.

Thanks to my family for their concern and attentiveness when I was in the Ottawa Civic for my operation. The doctors and nurses there need to be thanked for their care. Then back to Winchester Memorial for my recovery period. Again the care was much appreciated.

Next was my six weeks at the Rehabilitation Centre. The care and concern there could be rated A+. Thanks to Dr. Dudek, Dr. Wolfe, the occupational and physio therapists, the nurses and porters.

Everyone was so caring and thoughtful it seemed to make my stay pass more quickly.

Marjorie Thompson

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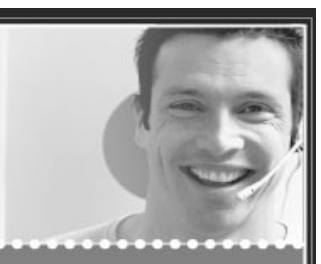

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First family fun day in South Mountain

SOUTH MOUNTAIN — The Mountain Fire Department is gearing up for its annual fire prevention breakfast, which will take place on Sun., Dec. 17, from 9 am to 1 pm at the South Mountain Agricultural Hall.

"I always look forward to it," said organizing committee member Cindy Robinson-Shoenfeld. "It's definitely worthwhile. It's nice seeing the kids out — I'm always amazed at how happy they are."

The firefighters will be cooking up a traditional breakfast, for which a free-will offering will be accepted. Sparky will make an appearance, and plenty of fire prevention information will be available.

"It's nice because the information is there, but it's a relaxed atmosphere," said Robinson-Shoenfeld.

New this year, the South Mountain Christmas Committee — comprised of members of the fire department, Lions, OddFellows, and agricultural society — has organized a Family Fun Day with crafts and cookie decorating (starting at 1 pm) to keep the kids entertained until Santa Claus arrives at about 2 pm. Poloroid pictures of children with the Big Man in Red will be available for $5, with all proceeds going to the North Dundas Snowsuit Fund.

"There's always been a good crowd," Robinson-Shoenfeld said about the breakfast, which has been going on for almost a decade. While in other years a parade has taken place after the breakfast, Robinson-Shoenfeld said that this year the committee opted to focus the attention on indoors activities for the kids.

South Mountain resident Francine Payne's first-place entry from A Country Christmas Remembered Sugar 'N Spice competition held recently in Spencerville will be on display. The beautiful gingerbread house includes everything from an edible pretzel fence to a chocolate pebble walkway. It is complete with children making a snowman and snow angels in the yard, as well as a candy cane gazebo.

"She did a fantastic job," said Robinson-Schoenfeld.

Payne said she estimates the project took about 25 hours to construct, and soon became a family affair. Her daughters Meagan and Martine both entered — and won — their respective age categories in the contest.

For more information contact Terry at 613-989-5263 or Cindy at 613-989-1219.



South Mountain resident Francine Payne's prize-winning gingerbread house will be on display at the South Mountain Christmas Committee's Family Fun Day at the Mountain Township Agricultural Hall on Dec. 17, following the fire department's annual fire prevention breakfast.

Help support Winterfest 2007

Ontario Senior Games pins a great idea stocking-stuffer

BROCKVILLE — It is the perfect gift to put in tough-to-stuff stockings, and in doing so, you are supporting a high profile not-for-profit organization.

The organizers of the Ontario Senior Games Winterfest 2007 event are hoping to drive pin sales this Christmas season to support this large scale provincial event to take place Feb. 14 to 16 in Brockville, Gananoque, Athens and Prescott.

For the cost of $10, people will receive the pin (which allows entry into all of the games events throughout the three days) as well as getting a raffle ticket for a chance to win a 2006 HHR valued at over $24,000.

"We are hoping now that Christmas is upon us, people will consider buying a pin to the Ontario Senior Games as a gift for anyone in the family interested in sport and wanting the chance to win a great vehicle," explained Winterfest 2007 co-chair Dave Dargie.

"An event of this calibre requires significant investment as we host 1,200 athletes from across Ontario, and we hope our community will show their support through the purchase of a pin and raffle ticket at ten dollars," he continued.

This collector's pin comes decoratively displayed on a card for gift giving.

A number of locations have been set up where people can purchase the pin and raffle ticket.

In addition the HHR vehicle will be on display with pins and raffle tickets available for sale at: Sat. Dec. 16 — 1pm at the Merrickville Santa Claus Parade; Jan. 25 — Cornwall Square Mall (ballot sales) Jan. 26 — Cataraqui Town Centre and Kingston (ballot sales).

The vehicle has been designed and painted by internationally acclaimed NHL mask artist Marlene Ross and features goaltender Ken Dryden during the 1972 Summit series and Martin Brodeur on the other side celebrating his 2002 gold medal at Salt Lake City. The mask Brodeur wore at the 2006 Games adorns the hood of the vehicle.

More information on the upcoming games can be found on the official web site at www.winterfest2007.com. With less than 100 days to the event, organizers look to the pin sales drive as a way to raise much needed dollars to host the event.

"Winterfest 2007 represents significant economic impact to the businesses in this community by bringing in thousands of people at typically a down time," added Dargie. "It is also a great way to promote our community as one to come back to, so our show of hospitality to these guests is key."

The group also welcomes volunteers to assist with various committees. For more information on the event or any aspect of the Games, contact general manager Laurence Bishop at 613-342-8772 ext. 8289.

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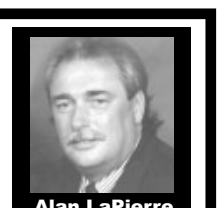

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CLASS SCHEDULE JAN. 8 - MARCH 31, 2007

MONDAY	TUES	WED	THURS	FRI	SAT
7AM BEGINNER PILATES		7AM IT TRAINING			
9AM BEGINNER PILATES		9AM IT TRAINING	9am BENEFITS FROM BALLS	9AM IT TRAINING	9AM IT TRAINING
4:30 BEGINNER PILATES	4:30 BENEFITS FROM BALLS	4:30 IT TRAINING	4:30 Toys & Pilates Level 2+	4:30 BELLY DANCE Advanced	
	BEGINNER BELLY DANCE 6:30	6:30 IT TRAINING		5:30 HIP HOP FOR HIP MENOPAUSE	
	TAI CHI 7:45	8:30 IT TRAINING		6:30 TOYS & PILATES	

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JANUARY 2007

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613-258-4001

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CORE CLASSES

Beginner Pilates
(1 hr.) This class introduces Pilates, its breathing techniques, spinal alignment, deep core muscle recruitment , and its exercises. It offers a good Pilates foundation and exercises which get progressively more intense.

Toys & Pilates Advanced
(1 hr.) An intense Pilates class utilizing balls, foam rollers, gliders, etc. An understanding of basic Pilates principles is important before attending this class.

Benefits from Balls
(45 min.) A joint friendly but very effective class for all levels of fitness using the Stability Ball and weighted balls to improve balance, strength & flexibility.

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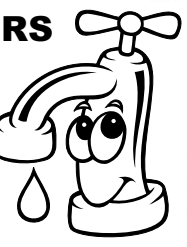



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MOREWOOD EAST: Large 5-bedroom, 2-storey home on private large country lot. Features a 20'x40' inground pool, useable barn and room to grow and play. Siding - 2005, metal roof - 1993, and new furnace. $179,900.

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WINCHESTER: 9 months old, full home warranty. Over 2,200 sq. ft. of living space. 2+1 bedrooms, 3 full bathrooms, gas heat, A/C, large oak kitchen, master bedroom with en suite and walk-in closet. 2-car garage, paved drive, 60x100 ft. lot. $239,900.



WINCHESTER: Mint-condition home, gleaming hardwood floors huge rec room with brick fireplace. 3 full bathrooms. Large eat-in oak kitchen, dining room with french doors and hardwood floors. Rec room with wet bar. Large deck. $249,000.



WINCHESTER: Brick 3 +1 bedroom bungalow, all oak hardwood throughout main level, gas fireplace, gorgeous hedged yard with mature trees, screened porch and sun room. Attached garage and self-contained basement apartment. $214,900

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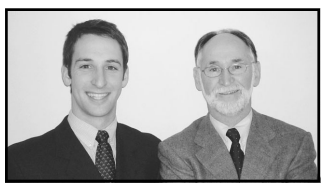

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The spirit of giving

WDMH Foundation's Carrie Barlow receives over 100 donations in the mail each day as the hospital's Wish Tree campaign hits full stride. Every donation results in a Christmas ornament bearing a loved one's name being added to the trees in the hospital's visitors' lobby. "They (the ornaments) truly represent the spirit of giving," said foundation chair Terry MacLellan during the tree lighting ceremony on Thurs., Dec. 7.

Press Photos — James

Light rail proceeds



In & around Osgoode Ward 20
by Doug Thompson

OTTAWA — The bizarre tale of the Light Rail Project is now finished. City Council voted to go ahead with the project, but eliminate the downtown section. Mayor O'Brien and senior City staff will meet with the winning bidder, Siemens, to discuss the new, lower financial costs and other changes in the contract. Osgoode Ward residents will not pay any money towards this project. Benefits to our residents include:

1. Property taxpayers in Osgoode Ward will not contribute any money to the building of the north-south light rail or its operating costs, as we are not in the transit levy system.

2. A Park and Ride system will be built at Leitrim and Albion for 1,200 spaces. This will allow people from Osgoode Ward to park and access the Light Rail System to the downtown core and Carleton University. This should take some of the pressure off of the Park and Ride at Greenboro.

3. The construction of the Strandherd Bridge has been moved up and is expected to be completed in 2008 or early 2009. This will allow for better access to the west end and redirect traffic from Mitch Owens Road.

4. There is flexibility within the contract to negotiate changes to the system.

5. The only transit cost we pay for is Para Transpo.

BRUSH PICK-UP

I am pleased to report that City staff will continue to chip brush that is brought to the end of laneways in the villages until Dec. 15. The short ice storm of Mon., Dec. 1 caused extensive tree damage in Osgoode Ward. Please call our office for details.

COMMUNITY CHRISTMAS VOLUNTEERISM

This past weekend two Santa Claus parades and the Osgoode Co-operative Nursery School's Breakfast with Santa showcased our excellent volunteer system. The outdoor activities in Osgoode were truly successful because of all the help from Gord Hawkes, Joe Banks, Jim Duquette, Jim and Renee Devenny, Matt Nesrallah, Joey Erjavec, Bob Cooper, Lori Daneliak, Rich and Linda Fisher, Trudy Quinn, Shannon McKinnon, and Lee and Judy Carey. O-Ya members all chipped in to help out.

The next day (Sunday) in Metcalfe, Bill Shepherd, Jennifer Finniss, Mr. and Mrs. Claus (Brian and Betty McGowan), Evelyn Cowan, Debra Smith, Donna Warren, Stewart Patterson, Rodney and Anne Davis (and their kids), and Laurie Ann Holmes helped organize a terrific parade and gingerbread cookie decorating event (200 participated). There were many other volunteers assisting, but thanks to those key volunteers who really do make our community so great.

FRED BROWN: A LOCAL LEGEND

Kenmore resident Fred Brown passed away recently, leaving a grieving family and countless numbers of country music fans. Fred was a great musician and singer, who played with many of Canada's greatest country and western singers. Our thoughts and prayers go to his wife Joyce, children Brenda, Heather, Carol, Connie, and Alley, along with his grandchildren and great grandchildren.

THE GIFT OF CHRISTMAS

We were very pleased to attend the Gift of Christmas performance at Bethel Pentecostal Church in Ottawa. It was an exciting evening, but even more so to see our neighbour, Heather Counsel, as part of the Singing Christmas Tree.

JUST KIDDIN' THEATRE

Children in the Metcalfe and surrounding area will be given a unique opportunity to learn drama and theatre in a 10-week session starting Wed., Feb. 14. The sessions will run from 3 to 5 pm in the council chambers at the Metcalfe Client Services Centre. Visit www.justkiddintheatre.com for details.

SOCIAL EVENTS
OSGOODE MALE CHOIR

The choir has a concert on Fri., Dec. 15 at 8 pm at Dominion Chalmers Church (corner of O'Connor and Cooper). For information, call Harvey Linton at 613-826-2338.

COUNTRY CHRISTMAS

The Metcalfe Farmers' Market presents Country Christmas on Sat., Dec. 16, from 9 am to 3 pm at the Greely Legion (8021 Mitch Owens Rd.).

COMMUNITY POLICING NEWS

Thank you to all those who took part in the Metcalfe Santa Clause Parade. It was a great turn out and the weather was beautiful.

I have just been made aware of another urban myth. An e-mail is circulating telling people that if you were using the ATM machine and someone was trying to rob you, entering your pin backwards would notify the police. This is false. The machine does not have the capability to notify police.

With the Christmas season upon us, please be careful when you're out shopping. Don't keep making trips to your car to "unload" as people could be watching you. Please keep an eye on all your credit cards and debit cards. Don't let them out of your sight. In a restaurant, always keep your cards in view. Review your all your bills. It's a busy time of year and people make mistakes.

Snowmobilers who are praying for the white stuff: make sure you have all your documents ready and they are with you at all times. Be cautious of your speeds. We will be out there periodically doing document checks and ride programs. Snowfall and machine thefts have a good correlation. Please try and secure them as best as possible. Also, take a picture and record numbers.

Contact me with any comments or concerns at 613-236-1222, extension 3787 or e-mail finnissj@ottawapolice.ca.

Const. Jennifer Finniss

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Dec. 31	10 am-5 pm	Closed
Jan. 1	Closed	Closed

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In Metcalfe, everybody loves a parade











Above: *Shelby Appleby, a member of the Metcalfe Sparks, was on the Girl Guides float.*
Top left: *Nine-year-old Cody Desbien of Osgoode joined the long line of youngsters who wanted to visit with the guest of honour following the parade.*
At left: *Nine-year-old Alexander Smith (left) and his seven-year-old brother, Connor, rode on the Metcalfe Community Association float in the Metcalfe Santa Claus Parade on Sun., Dec. 10.*

Photos — Barbour

Above: *Cassidy Reany (left) and her mother Sylvie travelled on horseback in the annual Santa Claus Parade in Metcalfe on Sunday (Dec. 10). They were among representatives from the Shilo Riding Club.*

At left: *Four-year-old Carley Milne-Servage of Inkerman was among the more than 125 children who decorated their own gingerbread cookies in the community hall following the parade.*





Above: *The Metcalfe Hornets Ringette Team was well represented in the parade.*
At right: *The Anglican Parish of Metcalfe, Greely, and Vernon presented this biblical scene.*



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