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Donation to Local Legion

Chieftain Photo by S.L.Johnston

David Lapier and Dan McLaughlin of the Marsden and McLaughlin Funeral Homes presented this beautiful display of medals to Iroquois Legion President Darlene Riddell at the Branch on Dundas Street last Saturday. The Chieftain willbegin a series of explainations of each medal next week so when you visit the museum there you'll have info on each one.

Still some opposition to water meters in S. Dundas

by Lori Roberts
Chieftain Staff Reporter

With seventy-five percent of the water metres now installed in South Dundas, Hugh George of GC Toshack met with South Dundas Council to bring them up to date. Currently 1,300 of the 1,700 metres have been installed, and George told council that although there are still a few people who are refusing to allow the workers into their homes, in general most residents are very congenial and more than happy with the work done.

The bulk of the installations remaining are classed as difficult where pipes have to be relocated or hot water tanks need to be moved. CG Toshack uses a different team of people for the difficult installations. Most cases require a water metre installer, however a licensed plumber will do the difficult installations. CG Toshack has also hired a carpenter to handle any of the cosmetic work needed in finished basements.

There are also a few homes that need outside valve work, with shut offs located at the curb. With the current amount of snow, work will be done with warmer weather. This also holds true at Hill's Trailer Park where underground pipes cannot be exposed until warmer weather.

George told council that most people have been very receptive, but there are still fifty five residents refusing the workers entry to their homes. George said that approximately one third are residents looking for more information while thirty are outright refusals. The township will be working with these residents getting the information to them in hopes of solving any problems. Residents who refuse entry however, may face penalties and it will be up to council to decide how to deal with these customers. Council has contacted some of these people and the number of refusals are going down.

Councillor Ron Delegarde brought to council's attention problems in Bridlewood. "I have had two complaints concerning workmanship from people." George assured Delegarde that they keep a checklist of complaints, and any leaks will be repaired immediately while lesser problems will be completed after all the installations are done.

Delegarde also questioned why the water metres were being installed on the horizontal rather than vertical. George answered that the specs called for horizontal installation however if spacing is a problem they will be installed vertically. He also said that ninety percent are horizontal installations with the rest requiring approval from the municipality since it goes against specs.

In Iroquois some of the current water lines are not buried deep enough and therefore residents must leave their water running in order to prevent freezing. Delegarde asked whether these residents would be responsible for paying for the water used. Rick Eamon from Thompson Rosemount Consultants told Delegarde

Please turn to page 14

South Dundas Tourism meeting is a valuable starting point

by Sandra Lee Johnston
Chieftain Staff Reporter

A day to set a course of action and encourage volunteers and key people to step forward and get involved, the importance of communications among local business people is vital in making things work to the benefit of everyone.

CEO Andrew Brown welcomed a good representation, a cross-section of the tourism industry businesses in South Dundas to the Iroquois Civic Centre on Thursday last week as they gathered to listen about and contribute to the Tourism industry in this area. "We need to get the message out there (To everyone) that South Dundas welcomes visitors, that South Dundas is worth experiencing." He suggested that tourism is a key industry in South Dundas, since we are an area rich in culture, the arts, recreation, heritage, the environment and agriculture and have a close relationship to resources like the St. Lawrence River and numerous urban centres a co-ordinated approach to tourism in South Dundas would help everyone.

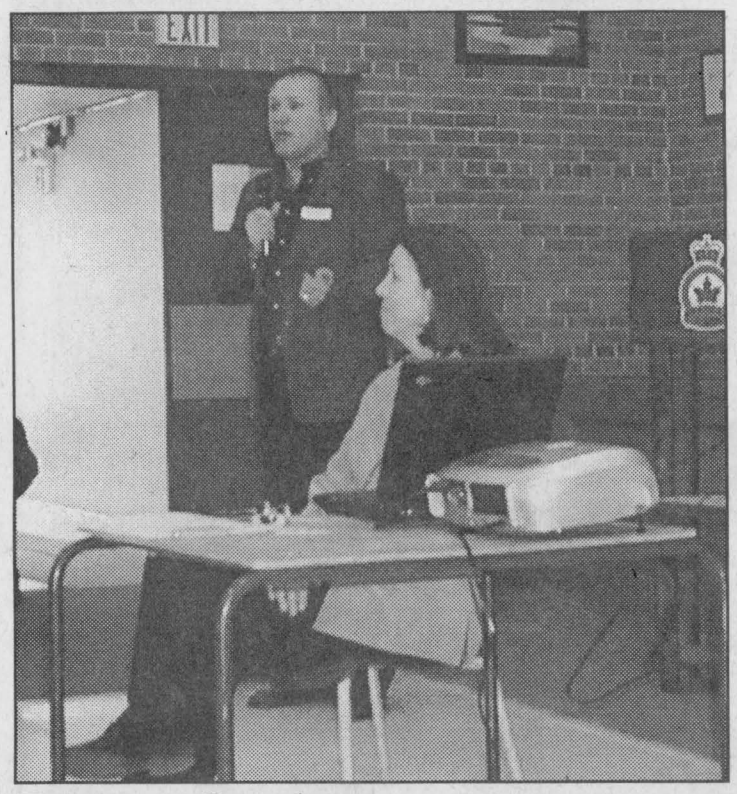
He continued advising that in order to accomplish this people involved in the industry need to work together with the Township (Website) and the Chamber of Commerce as well as one another, utilizing every available option. "A first step might well be to develop an inventory of the various attractions right down to the small retail shops and should include events, attractions, UCV, retail businesses and corner shops."

The beautification of the community might include signage, landscaping (gardening and grass-cutting) and would include community improvement projects.

Mary Eaton from the Ministry of Tourism presented a PowerPoint presentation to the gathering. She was followed by Mike Lalonde, Executive Manager of the Cornwall/Seaway Valley Tourism who also addressed the crowd.

Mary explained about the various branches of the Ministry of Tourism and Recreation as well as programs initiated from the Province that are available on a local and regional level to assist business in the tourism sector. Knowing who to call, how to contact people, where to link with support agencies and applications for funding grants were among the issues discussed. She continued offering advice on how best to access information and to get the word out in an effective way to the travelling public. "Utilizing the internet and providing a website that attracts travellers and potential customers work to best advantage,"said Mary. She suggested that multi-generational travel is in vogue and in order to entice people to South Dundas there is a need to provide info and destinations that are short trips, package deals involving cultural and heritage, festivals and events that appeal to a wide range of ages. "The one cost-variety of possibilities is an excellent sales option," Mary said. She made everyone aware that they need to be "tourism ready" meaning that if promotions are established, places of interest and all feeder businesses need to be

Please turn to page 14



Tourism Speakers

Mary Eaton and Mike Lalonde spoke to those in the tourism sector of South Dundas last week in Iroquois. Mike explains a point as the crowd listens intently A very informative afternoon, everyone left filled with exciting ideas to boost their business.

Chieftain Photo by S.L.Johnston

Iroquois Golf Club Inc. to continue operation of Iroquois Golf Course

by Lori Roberts
Chieftain Staff Reporter

Following a number of closed door meetings, South Dundas Council passed a resolution at the February 17th meeting to negotiate an agreement with the Iroquois Golf Club Incorporated to continue managing and operating the Iroquois Golf Course.

In November 2003, the Township went out to the private sector and sought Expressions of Interest to own or lease the Iroquois Golf Course. The Township entertained offers from three interested parties, but upon further analysing of the offers, Council agreed to keep the current operators, The Iroquois Gold Club Inc.

However, new financial arrangements will be required to help ensure the financial viability of the Golf Club. The Township is committed to work with the Club in restructuring the existing financial arrangements in order to ensure the continued operation of the golf course. Council will work with the golf club to work out the details as soon as possible, within the parameters of the many legal restrictions imposed on the municipality. The municipality has very limited abilities to forgive loans according to CAO Andrew Brown.

The Township also agrees that the Club will begin paying current and future property taxes on the course and the buildings. The Golf Club is currently in arrears on their taxes but continue to make payments on a loan owed to the township. All debts incurred will be restructured.

The agreement is based on a five year term, to help provide financial stability to the Club.

Edwardsburgh/ Cardinal Council

by Brianna Palubeskie
Chieftain Staff Reporter

Concerns were tabled concerning a road closure and a presentation was made from a business-related corporation to begin the most recent Edwardsburgh/Cardinal Council Meeting.

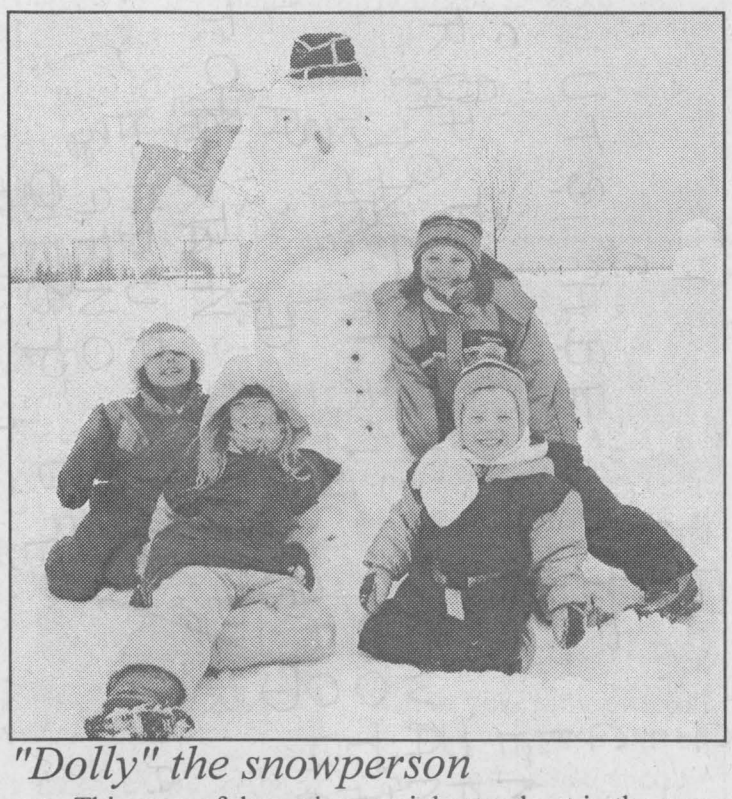
Hyndman Road resident George Panciuk began the February 16th meeting voicing his concerns over a proposed road allowance closure. Originally discussed at the December 15th Council Meeting, the road closure would be a result of a land severance along Hyndman Road. One of Mr. Panciuk's concerns is that the map provided by council showing the severance and the part of the road allowance that is slated for closure didn't show the road as it currently stands. He described the road allowance as an old army road that was built one hundred and fifty years ago.

"I don't need that road to come and go from my property," Explained Panciuk. "This road is going to cause a problem." Mayor Peggy Taylor told him she would take the matter to the Planning Committee to help look at some options. She added, "We don't want to own a road that goes to nowhere."

Heather Wallace, representing the Grenville Community Futures Development Corporation was also in attendance to make a presentation to council members. The Corporation helps potential business owners and entrepreneurs from across the United Counties get their businesses started by offering a number of programs including business counselling.

Following the presentation, Mayor Taylor reported on the February 9th meeting of the Healthy Communications Committee. This Committee will now act as an umbrella committee covering Recreation and Fitness, Health and Health Services, Environmental Concerns, Fundraising,

Please turn to page 9



"Dolly" the snowperson

This masterful creation cerainly stood out in the snow during the Morrisburg SnowFest on Saturday afternoon. These youngsters certainly showed their creativity as Dolly not only sported a cool hat, but a colourful umbrella and a beautiful feathered scarf.

Chieftain photo by Lori Roberts

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Five last minute RRSP tips

Contribute to your RSP now before it's too late. You have until March 1st this year to contribute and take advantage of a possible tax deduction for 2003.

1. Contribute now-allocate later

Contribute to your RSP now and put it into a money market fund. You can allocate you're your RSP investments later with the help of your investment advisor.

"Remember, it's important to contribute to your RSP now and get the deduction," says Mike Quinn, President and Chief Investment Officer of Bissett Investment Management. "Then you can sit down with your investment advisor later to figure out where to invest your money."

2.Contribute the maximum amount

According to the Canadian Customs and Revenue Agency (CCRA), you can contribute up to 17% of last year's income to a maximum of $14,500 in your RSP. Just check last year's tax return for the maximum amount you can contribute. Note that any unused contribution can be carried forward to the following year.

3. Don't forget to plan

You've made an RSP contribution, don't forget to do something with it. You should meet with your investment advisor to figure out your long term goals and where you will allocate your investments. "If you haven't already found an investment advisor that you can trust, ask people you know such as friends, family and work colleagues for references," says Quinn. To find out more tips on finding an advisor to help you with your investment needs, visit www.franklintempleton.ca.

4. Avoid the rush next year

"To avoid having to come up with a lump sum for your RSP next year, you can set up an automatic monthly contribution plan," says Bissett's Quinn. You can also take advantage of "dollar cost averaging" when you contribute regularly, by averaging in your investments over time.

5. Think about what to do with that tax refund

Event though that cheque hasn't come in the mail just yet, you need to plan what you will do if you get a tax refund. One option is to use your tax refund to get a jump start on net year's RSP contribution.

RRSP Tip

Benefits of PAR

Did you know that if you terminate your employment before retirement you may be entitled to a "Pension Adjustment Reversal" (PAR) in the year of termination?

"The PAR is designed to replace some of the Registered Retirement Savings Plan (RRSP) contribution room that was lost due to Pension Adjustments while you were contributing to your employer's pension plan," says Chartered Accountant Maureen F. Lafortune, Senior Manager, Tax at KPMG LLP in Sudbury.

"If you were a member of a defined contribution plan or a deferred profit-sharing plan, your PAR will be the total of your employer's contributions that have not been "vested" at the time you terminate employment."

"If you were a member of a defined-benefit plan, the calculation of the PAR is more complex and should be provided to you by the administrator of the pension plan. In either case, your employer must report your PAR to you, no later than the last day of February in the year (earlier in some cases) following your termination," advises Lafortune.

"Since a PAR will increase the amount you can contribute to your RRSP or your spouse's in the year that you terminate your participation in the plan, the sooner you know the amount of your PAR, the sooner you can take advantage of additional contributions to your RRSP."

For further information about RRSPs, contact a Chartered Accountant.

Brought to you by the Institute of Chartered Accountants of Ontario.

RRSP Tip

Carrying Forward Deductions Can Make Sense

"While it's generally advantageous to make your maximum Registered Retirement Savings Plan (RRSP) contribution every year, claiming the related deduction each year shouldn't be automatic," says Chartered Accountant Maureen F. Lafortune, Senior Manager, Tax at KPMG LLP in Sudbury.

"Keep the tax value of your deduction in mind when claiming your RRSP deductions and try to take full advantage of your ability to carry forward RRSP contributions indefinitely to claim them in the future when you may need or benefit from them more," advises Lafortune.

For further information about RRSPs, contact a Chartered Accountant.

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Bagels for sale

O'Carroll's Grocery Store in Cardinal is the place to be every other Thurday as they bring Montreal Style Bagels to the area. Here store owner Bill LaBerge presents bagel lover Kandy Dumm with a dozen of her favourite, multi-grain. The bagels are produced in Montreal by Hansel and Bagel and brought to Cardinal where sales have been phenomenal.

Chieftain photo by Lori Roberts

Montreal style bagels a hit at O'Carrolls in Cardinal

by Lori Roberts
Chieftain Staff Reporter

O'Carrolls Grocery Store in Cardinal owner Bill LaBerge seemed also overwhelmed as he talked about the newest phenomenon to hit Cardinal, the Montreal style bagels now available at his store.

LaBerge a Montreal native got the idea when a friend visited and brought some of the bagels for him. LaBerge got the idea about making the bagels available in his store when he realized that many area residents are transplanted from Quebec. He approached a friend of his who commutes between Brockville and Montreal who agreed to pick the bagels at the supplier, Hansel and Bagel and deliver them to Cardinal.

The first order consisted of fifteen dozen bagels which Bill said sold out in a day and a half. He doubled the next order, and they to sold out quickly. Bill now receives sixty dozen of the nutritious bagels every other Thursday, and business has been great.

The bagels have such a great reputation that not only are Cardinal residents purchasing them, people come from as far away as Brockville and Cornwall. People are so anxious to get their bagels that they put their names on a reserve list ensuring that Bill keeps some for them. Bill puts thirty seven dozen of the bagels on reserve for these customers.

What makes the Montreal style bagel so good. Bill explains that each bagel is handmade and then boiled in water with a touch of honey, making the flavour a little nicer and adding a nice brown colouring to the bagels. they then are transported to a brick lined oven and baked. He also explained that these bagels have no additives or preservatives, and the whole wheat and multi grain contain no eggs and are made using canola oil, therefore making them cholesterol free also.

Cardinal resident Kandy Dumm stopped by to pick up a package of multi grain which are her favourite. When asked why she prefers these bagels to other brands she was quick to answer that not only do they taste better, they are better for you. "I have cancer in my family, and with all the preservatives in food today, it is nice to know that these are so good for you."

The bagels come in a variety of flavours including cinnamon raisin, onion, multi grain, blueberry, whole wheat, plain, poppy seen and sesame seed. Bill told the Chieftain that so far the cinnamon raisin have been very popular, they all sell equally as well.

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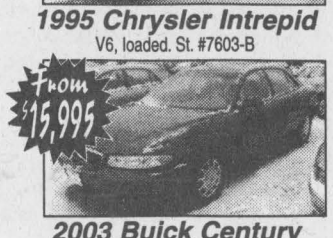
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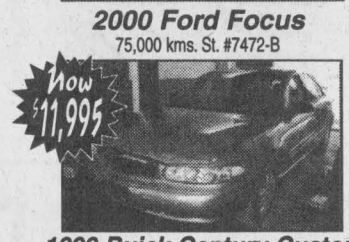
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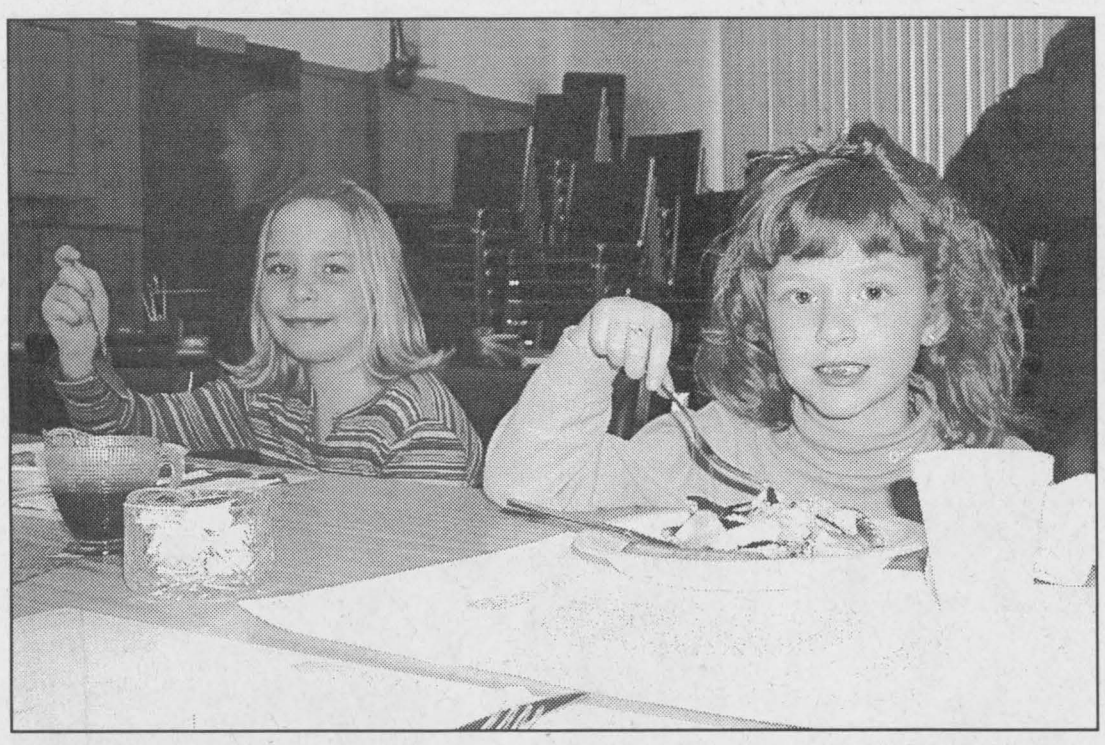

Chieftain Photo by S.L.Johnston

Catholic School Fundraiser

The Hamiaux sisters, Kristen,(8) and Samantha (6) were thoroughly enjoying the pancake breakfast on Sunday morning in Morrisburg as St. Marys/St. Cecilia Separate School hosted a fundraiser. Chris Thom was enjoying the meal with her sons:Casey (7) and Jackson, (3) at the next table.Sausages and syrup alongside the stacked pancakes looked good.

S. Dundas celebrates the 2003 CFB Harvest Project

About 50 participants and friends from nine congregations, representing four separate denominations gathered at Allan Hall, Lakeshore Drive United Church this past Sunday Evening to celebrate the 2003 harvest with a potluck supper.

The South Dundas Project-14 acres of grain corn grown on the Zambon family farm, just north of Iroquois on County Road 1, raised about $7700 for the Canadian Food Grains Bank (CFGB). The CFGB provides both emergency and development aid resources to needy areas of the world. This crop (2003) was the first year for this particular CFGB project.

In one of the participating congregations, Brinston United Church, the children developed their own project and grew a plot of potatoes as their special effort for helping others.

The South Dundas CFGB group will meet on March 20 to decide on a 2004 project. It is hoped that even more congregations will take part in the coming year.

The Canadian Foodgrains Bank, "A Christian Response to Hunger" is operated by 13 Canadian church denominations. It encourages working together, both here in Canada to raise resources and in receiving countries to deliver the assistance to needy communities.

In most CFGB and projects, the Government of Canada through the Canadian international Development Agency, CIDA, the project funds are matched at a 4 to 1 ratio. For example, $10,000 in CFGB aid funds would actually deliver with CIDA support, a total of $50,000 in actual resources for third world assistance.

St. Lawrence Area Birdwatching

by Birds Anonymous

A regular caller from the Cardinal area has reported one big Hairy Woodpecker dropping by the suet for the first time this winter. She also has a smaller Downy Woodpecker come by to enjoy a meal. A flock of European Starlings, 25-30 and anywhere from 10 to 24 Mourning Doves. The usual compliment of Sparrows, Finches and Chickadees She has a black Squirrel who comes by for a meal once in a while. Unfortunately a bird struck one of her windows and it turned out to be a Robin. They are very resilient though and usually shake off the collision and carry on with their activities. She has two female Cardinals coming by but has yet to see a male.

We have some awesome Blue Jays coming by regularly for seed. They are such a brilliant blue and often sit in the apple tree after filling themselves before leaving. Sparrows and Mourning Doves are plentiful as are the cute little Chickadees who bravely feed at the window as our cat sits inside watching them. Our two Woodpeckers, a Downy and a Hairy, both males enjoy the suet and have found the peanut butter and seed suet and are usually found at one end of the feeder or the other enjoying the sweetness of the suet cube. Our resident Squirrel continues to feed on peanuts and seeds and the Bunnies leave a pile of tracks around the yard as they race to and fro each morning and evening. They too enjoy seeds and the lettuce we toss their way along with carrots and bread crumbs.

Our Irena Caller reports that she saw a beautiful male Cardinal fly from the bush to a feeder on Rowena Road. At the same time she tells us she heard and saw a bunch of noisy Blue Jays. Seeing one Robin along County Road 16 was great for me, but she counted 20 on Flag Road Thursday evening as she took her granddaughter shopping! A pair of House Finches at her feeder along with 8 Blue Jays, 6 Tree Sparrows and 10 Juncos. She was surprised early Sunday morning when she heard something or someone on her porch. It was a fat Racoon enjoying the cat's food. He/she ambled off in search of some place to get inside from the weather, but was unable to find a spot so left, hopefully for good! Yesterday 5 Chickadees dropped by, as did 7 Mourning Doves in the afternoon. Then she counted 5 Snow Buntings along County Road 16 (Brinston Road) and was lucky enough to sight 2 Horned Larks east of Dixon's Corners- they are early, not usually here until the middle of March. I guess birds get confused too.

Keep those calls coming to 652-4395, and ensure the column continues. More birds will be coming by as the piles of snow remain. Anyone seen an Owl, we used to have regular Snowy Owls in these parts?...



Sparrows in their cedar hideout near the feeder.

Royal Canadian Legion Newsletter

By Dar

Regular play with eighteen enthusiastic Cribbage players took place on Saturday in the lounge. In first place was Darin Eden with 1066 points while a second place tie was shared by Linda McKee and Duane Kirker, both earning 1056 points. Wilf Summers came in with 1054 points and took possession of the 'bridesmaid" chair. Only three skunks were seen loitering around the premises. Reaching the three-quarter mark in the schedule, there are only eight more weeks of regular league play remaining, the presentations and dinner will follow then.

There were ten tables of Euchre being played on Tuesday evening February 17 and picking up the first prize was Marjorie Gray while Louise Crites managed to nab second prize. Jean Dunbar was fortunate enough to win the door prize and Jack Saver held low score of the evening.

At Bridge there were a total of three tables occupied and at the end of the evening, high winners were Rick and Judy Darling. The winner of the Pot of Gold was Pam Hitchinson , who was NOT signed in.

Friday's menu this week is ham and scalloped potatoes with baked beans and coconut cream torte with pineapple sauce. For the second week in a row, Willis Douglas won a free meal.

Zone Council was held at the Chesterville Legion on Saturday and Darlene attended. The Zone Convention is to be held at Merrickville on March 20 and the District Convention will be at Pembroke on April 17, 18 and 19.

Our Provincial Service Officer will be making his itinerary visit in our area during the week of March 22. Should anyone need to see him for any reason, please contact Willis Douglas at 652-4087 and Willis will set up an appointment with him for you. Please do not let this go until the last minute as sometimes he gets quite busy.

On Saturday afternoon, there is a dart tourney taking place at the Branch. It is to be a 50/50 Shoot with registration from noon til 1pm, play begins at 1 sharp. The Ladies Auxiliary will have the canteen open as usual.

On Saturday evening, this week, the popular band, The Revivals will be playing at the Branch providing music from the 50s and 60s for your dancing pleasure. A light lunch will be provided and the cost is only $5 per person. Open to anyone, come out and rock the night away. Hope to see you there!

Saturday, March 6th there will be a "Country Jamboree" from 2 through til 10pm. Organized by Dennis Whitteker, the Noble Grand of the Williamsburg IOOF, with all proceeds going to Camp Trillium, the Easter Seals Camp for youth with disabilities. A light lunch during the day will be provided by the Ladies Auxiliary. A very worthy cause, a good attendance is anticipated, for a good time for all.

St. Patrick's Day celebration is scheduled for Saturday, March 13 with the traditional meal of corned beef and cabbage with serving starting at 4pm. More on this later.

Until next week take care.

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TUES., MARCH 2 - 6:30 p.m.- Meeting @ the Cardinal Landmark Inn (suggested that we might all gather and order supper, followed by Meeting @ 7:00 p.m./

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Mon., Mar. 1 - 6:15 p.m. - Executive Meeting, 7:30 p.m. General Meeting
Tues., Mar. 2 - 7:00 p.m. - Ladies' Auxiliary Meeting
Sat., Mar. 6, 20 & 27 - Public Euchres
Sat., Mar. 13 - Ladies' Dart Tournament all day
Sun., Mar. 14 - 1 p.m.-9 p.m. - St. Patrick's Day Music Jam - Free Admission, Bring your instrument
Wed., Mar. 17 - 1:30 p.m. - Riverside Seniors
Thurs., Mar. 18 - 7:00 p.m. - Men's Inter-branch Darts
Sat., Mar. 20 - 7:00 p.m. - Mixed Darts 50-50 Shoot
Von Foot Care Clinic - March 10 and 26 - 2:00 p.m.
Every Wed., @ 7 - Ladies' Darts, Every Thurs., @ 7:30 Euchre, Every Fri., @ 7:30 p.m. Mixed Darts

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Silence is Violence

The once hidden area of human rights violations against women has come to full light. Such violations have long been known, but until recently were not approached in an integrated way.

Everyone knows what kind of human rights violations women around the world and here at home endure...abuses pertaining to health, freedom, safety, work situations and abuses in the home, in the work place, in the community and in conflict situations. But what are we doing about it?

Fundamentally women's human rights are about equality.

Non-governmental organizations like Amnesty international are crucial to the realization of everyone's human rights, having contributed considerably to the setting of international human rights standards and to the translation of these standards into laws. It is largely due to this work...raising awareness of human rights violations against women and denouncing them vigourously that action is taken to halt them.

We've all got to break the silence and protect women's rights. You may well ask what on earth you can do...first it is vital to understand that women's human rights are fundamentally linked to the issue of women's equality.

Next step back and evaluate relationships and interactions with the world. Each of us can do our part to improve unequal power relations between men and women.

Add your voice (there IS power in numbers) to the effort to speak out against women's human rights violations...lobby your elected representatives about proactive steps they can take to protect womens' human rights.

Volunteer with a local women's service or advisory organization they need your support.

March 8 is International Women's Day. If you cannot do anything to truly make a difference, then at least think about the situation women find themselves in on this and every day fo the year.

Common conditions exist for human rights violations no matter where we live. They are different, but they are the same...while young aboriginals lose their lives in Canada, so too do young gals in numerous oher countries. Stories of their deaths are scattered throughout daily news reports regularly and often the officials who should be investigating the reasons, they tend to move with apparent slowness or forget about the case all together While they claim to be dealing with the cases with the same zeal as they do others, it is sadly evident they find it easy to ignore these young women's plights. Is it that they don't care? Authorities claim that racism or economic discrimination have nothing to do with the scenerio. Why are they not tracking down the animals responsible?

Amnesty International and other human rights organizations suggest that economic, social and cultural conditions are part of a deeper, more systemic pattern of injustice within which such rights violations fall.

A staggering number of women from clearly identifiable groups have disappeared or have been murdered. These women whether in Canada or another country earned low or no wages in marginalized trades and represent a sector of society that often suffers open discrimination.

None of those missing women should be viewed as unique, they depcit the inherent realtionship between economic, social and cultural factors and peoples' or collective rights violations of the rights of people and of groups within society.

Continuing the pressure on governments to protect the rights of the most marginalized of citizens will continue to be a mandate of Amnesty International and others.

Look around and see if there is a woman or women near you who is/are being abused.

Do you know the abuser?

Can you do something to help the situation?

Stand up and do not be afraid to become involved.

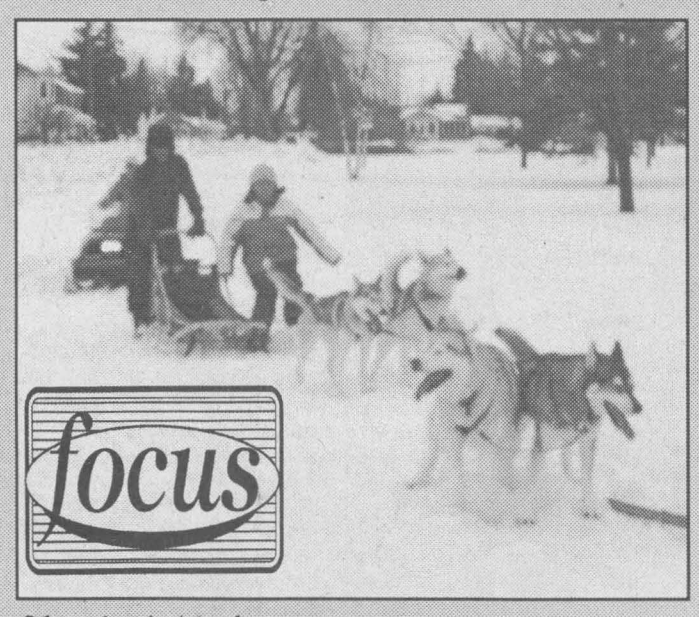
While some feel women have come a long way along the road to equality, there are those among us who know better. There is a long way to go before this is a reality in most women's lives. This is not whining, this is where it is at right now.

Things need to improve. As an example, look at the leadership race, where a woman joined two men to face off against one another. Is she being given the same courtesy as the men? Why not? Headlines are more worried about her fashion statement than her ability to lead us into the next decade.

Allowing abuse to continue is a violation, just a being silent is.

S.L.J.

1st Annual SNOWFEST action



Tough sleddin' in wet snow



Chow down with hot dogs



Dealin' at euchre table



Alisha & Kristyn & small horses



Demo and Speedo look warm



Colouring contest entries

Chieftain Photos - L. Roberts

Warmer weather teases us as sunshine bursts upon us

JUST PLAIN LIVIN'
with Sandra Lee

This weather will not last too long, take my word for it. this warming trend is nothing more than a tease. Some of us will be lulled into thinking that winter is over...but it is not. Old man Winter is not yet done with us, and he will rear his chilling hand again before spring arrives. Do not put that snow shovel away, keep those snow tires on the vehicle and keep the gloves, mitts, scarves and toques at the ready. One thing though, after speaking to some folks who had flown from Halifax on Sunday and hearing just how much snow they actually do have, how hard it was to get to the airport and what they are yet anticipating will fall from the sky, we know we are very fortunate here along the St. Lawrence. The bit of shovelling that was required at the ranch was done by the big guy since the writer was not up to the task this time. The wet snow was heavy and tough to even push aside.

Speaking about the writer, she found out that she can walk further than she imagined. The deal was that the car was due to visit the garage for a checkup. Not wanting to bother anyone at work to come and pick me up after taking the vehicle to the repairman in Cardinal, i called the parents who were able to come at 9am to pick me up. Leaving home at 8:15, the plan was for the mechanic to take a ride with me to have the problem explained as I heard it. Well, he was involved in another problem and so I had almost 3/4 of an hour to kill and figured in that time I could walk a ways and save the folks a bit of a drive. The morning was not too bad weatherwise, as I struck out. After heading eastward on County Road 2, I realized my gloves were in the car! Stuffing my hands alternately into my sleeves, I was warm enough except for the thighs which were feeling chilled and raw. The hood on my sweatshirt helped hold the wind at bay and I was making pretty good time. With no watch I was unaware of he time, so just kept striding along. Some heavy and extremely slippery ice almost had me flat on my back, so I moved from the sidewalk to the roadside pavement. This meant I had no ice to contend with only transports, trucks and cars that whizzed past, creating a lovely frigid wind.

The walk taught me that people are indeed still very thoughtful and kind. A business lady from Cardinal stopped on her way into work to make sure I was all right and offered a ride. Thanks Marj! Then a co-worker stopped as well to be sure I was okay and offer a ride as she headed the opposite direction. Visiting with residents as they carried garbage to the curb, ensuring everyone who asked about my well being I continued to walk. No sign of the folks until a car which resembled theirs was seen going east... had they come up 401 and gone to the garage? Were they headed home figuring I had another ride home? A number of 18-wheelers pass creating dust and cold and I wondered if I should have accepted a ride when offered one. Unaware still of the time, I kept the pace up, knowing that if I stopped, I would seize solidly and perhaps never walk again. Coming close to the town line, I was surprised that an old, fat lady had made it this far. Wondering if I would be walking the entire way home, I hummed, I sang and I kept hoofing it along, when the folks came into view and I realized how glad I was to see them. The rest of the trip home was much faster, more comfy and definitely warmer.

This adventure was Friday morning, early and then I spent the rest of the day and into the night wondering if I would awaken stiff and unable to move on Saturday. Thankfully I did not, and Sunday was good as well, as far as getting up, things were not any worse than any other morning.

This weekend past was not too busy, I had an assignment early Saturday morn and then on Sunday the big guy and I had the opportunity to snap a few Happy 80th Birthday photos for a lady we have known a long time. It went well and A couple of pictures were taken for this week's newspaper and the rest of the weekend was spend in pain. Although I have been told bones have no feelings, my bones hurt. The pressure points as far as the Fibromyalgia is concerned the muscles and the joints are extremely painful this past few days. Perhaps the worst things have ever been, I am puzzled as to

Please turn to page 5

the bottom line

CONGRATULATIONS GO OUT THIS WEEK TO DANA HASSON OF RR2, Iroquois who has earned a place on the Dean's list for academic achievement during the the Fall of 2003 semester. To be eligible for the Dean's List at St. Lawrence University, a student must have completed at least four semester units and have attained an academic average of 3.6 (based on a perfect 4.0 scale) for the semester. St. Lawrence, the oldest continuously degree-granting coeducational college in New York State, is a residential, liberal arts institution of 2,000 students. A graduate of Seaway District High School, Dana has made her community proud.

* * * *

JIM MUSTARD AND STAFF OF MUSTARD'S VARIETY ARE GOING TO BE having a party to celebrate along with the Ontario Lottery and Gaming Corporation representative Earle MacPherson who will honour Jim and his staff as "exceptional Retailers." Free cake, refreshments and much more are coming to Mustard's Variety on Wednesday, February 25, 2004 at 1:30pm...see you there! Remember to buy your lottery ticket while there, there is a whole lot of winning going on and you could be next!!

THE MCINTOSH COUNTRY INN IS JOINING THE HEART AND STROKE Foundation of Ontario to present, "Morrisburg Mini-Med School" and are inviting everyone to "Leap into Health" in 2004. This event is happening on February 27, 28 and 29 at the McIntosh in Morrisburg. The keynote speaker will be Dr. Andrew Pipe, Director of the Cardiac Surgery Valve Clinics at the Heart Institute and an associate professor at the University of Ottawa. He has served as a physician at 5 Olympic Games and as Chief Medical Officer to Canada's 1992 Olympic Team in Barcelona and in 2000 in Sydney Australia. Inducted into the Canadian Olympic Hall of Fame, he was the 2003 recipient of the International Olympic Committee Award for Sport, Health and Well-Being. He is a life member of the Canadian Council on Smoking and Health and served as Chair for the Canadian Centre for Ethics in Sport until recently. He has also been awarded two honourary degrees and in 2002 he was awarded the Order of Canada. Dr. Jacques will also speak on cardiology 101. There will be heart smart cooking demos, yoga, aerobics and workshops to name a few.

CONTINUED

Livin'

continued from editorial page

why now, I have not been doing anything strenuous that would create problems for the disease. The flare-up is most unsettling and I seem to be in constant pain these days. Typing as well as any movement of the arms and hands are difficult to manoeuvre where I want them to go. The worst thing after the pain is the fact that things move at a snail's pace in order to get done. My patience is thin at the best of times, but this is crazy! The tiredness that accompanies this debilitating pain seems to have a strangle hold on the old bod. No amount of sleep is enough and getting up and accomplishing anything is a tough road to hoe. I have come to realize that the most difficult thing about it is that there are no visible sign of anything being wrong with me, everything is inside and yet I am bursting with pain. Touching any one of the pressure points on my body causes unbearable pain. The lack of understanding is perhaps my biggest hurdle. Next is finding the right combination of medication and therapy to allow me to get through these times, I have yet to get to this point, but then, this is the worst period I have suffered yet. Suffering in silence is rough as I know many outt there are doing, and maybe if I continue to harp on the issues I live with others will get help as well. I see my specialist in April and hopefully he will be able to offer some advice. I know that the loss of respect coupled with the insensitivity of some people and the lack of compassion are at times as great as the physical pain and distress I must endure. Oh well another sunrise, another day.

How about these sun rises, they are spectacular. The bursts of orange and pink in the eastern sky as another day dawns are so brilliant, they take your breath away. The night sky is quite effective as well, so clear, the moon so pristine white and the stars sparkling out in the blackness are marvellous.

Son number two called several times over the past many days, to check on whether or not we were watching the hockey day in Canada, the Sens game and then on Monday as he walked to the MNR office where he is doing research for the Ministry as a class in Environmental Science. The weather was so nice and he wanted to save parking costs and enjoy the weather. It will be no time at all and he will be graduating from university, where have the past four years gone?

The number one son continues to trek to the city each day and is still smiling so things must be going well. The sunshine helps and the fact that daylight lingers later each evening is a bonus too.

The fiancee had day surgery last week and is on the mend now. We celebrated two birthdays on the weekend, hers and a friend's, despite the snow storm, we travelled to be a part of the festive time on Friday night. The Saturday evening celebration was at home. Another treat was seeing the wee great nephew. He is missing from our regular routine these days, something we are saddened about for sure. It was great to hug him and talk with him, he is going to be four soon and yet seems much older...a sign of the times maybe?

The fingers say, "Enough" and so I will cease this effort. Take care, enjoy the warmth and sunshine and keep smilin!

The wisdom this week comes from H. Jackson Brown Jr. who says, "Cherish your children for what they are, not for what you'd like them to be."



Darts for Hearts Donation

Legion President at the Iroquois Legion, Darlene Riddell presents Steve Thompson from the Heart and Stroke Foundation, Dundas Chapter with a cheque from the Darts for Hearts event held previously at the Legion. *Chieftain Photo by S.L.Johnston*

POLICE Report

CHARGES LAID

South Dundas -

Whileinvestigating a driving complaint on the afternoon of 21FEB04, a vehicle stop in South Dundas Township resulted in the discovery of a dispute between two of the vehicle occupants, which lead to a number of Criminal charges against one of the passengers.

Charges of Assault (2 counts), Uttering Threats to Damage Property (2 counts), Failing to Comply with the Conditions of an Undertaking (change of address, non-association and alcohol provisions), and Mischief Under $5,000.00 are pending against a 19 year old Cornwall woman, who was held in custody following her arrest and will be appearing in court later today in the City of Cornwall for the purposes of a show cause hearing.

ALARM / 9-1-1 UPDATE

Police responded to 5 false alarm and 6 false 9-1-1 calls in Dundas County in the past week.

Gord brown unchallenged for Concervative Party of Canada nomination

Gord Brown becomes the candidate for Conservative Party of Canada, Saturday, March 6 when the local association holds its nomination meeting at Athens District High School.

"Gord was unchallenged for the nomination," says Tim Sutton, President of the Leeds-Grenville CPC Association.

"I think this speaks highly of Gord's abilities and the respect people have for him throughout the riding," says Sutton.

"Gord has been at the forefront of uniting conservatives and I personally believe that he will be the next Member of Parliament for Leeds-Grenville."

The party will hold its nomination meeting beginning with registration noon, Saturday, March 6 at Athens District High School.

"We are encouraging all conservatives to come to the meeting," explains Sutton. "It appears that Prime Minister Paul Martin is determined to call an election for May so we will begin addressing our election plans at this meeting."

Sutton notes that it is time for all conservatives in Leeds-Grenville to show their support for their candidate and begin signing up new members in anticipation of the spring election.

"We have to come out of the nomination meeting firing on all cylinders," he says. "March 6 is a perfect time to begin our campaign."

Winchester District Hospital Auxiliary held Gift Shop meeting

By Marjorie Phillips

The Winchester District Memorial Hospital Auxiliary's Gift Shop meeting was held in the Dillabough Centre on Thursday morning, February 12, 2004. There were seven members present, representing all of our purchasing committees.

The minutes of our last meeting , November 6, were read by our secretary Doris Cross. These minutes were accepted with the following information that the Christmas donation to the Main Auxiliary was $10,000 instead of the $5,000 which we had planned on giving.

Marguerite Fawcett our Candy Lady reported all was well. Information inquires will be made to a new chocolate supplier. Verley Edwards our Wool and Crafted Goods lady reported that we are in need of knitters. Wool is available from Verley for crafting baby clothes. Any interested knitter may call Verley at 448-2067 for further details. Frankie Burton who looks after the Sundries items keeps the shelves stocked with items the patients need and she said all was well. Joan Farlinger and Elinor Jordan had recently been to Toronto on a buying trip and Joan mentioned that the items were arriving at the Gift Shop and being made ready for the shelves in the Gift Shop.

Out Treasurer, Joyce Francis read the financial statement. Through Joyce's diligence and effort the Gift Shop has purchased a new cash register. We were lucky the two old ones were good enough to hold on until they could be replaced. The ladies seem to be catching on to the new machine and we can all breathe a sigh of relief. The new register has the potential of putting in a scanner in the future should the need and opportunity arise.

One of the difficulties today is not being able to provide customers the use of plastic money. As this is such an expense to a small operation we have been looking at other means. An automatic direct payment bank machine, which would be run by the Gift Shop personnel is being investigated.

This was a short but beneficial meeting, a thank you to all who attended. The next meeting will be held on May 13, in the Conference Room of the Hospital at 10:30. We are always looking for new people to help out so come along and see what the Gift Shop is all about.

Good crowd for SnowFest

by Lori Roberts
Chieftain Staff Reporter

The day began with rain as The South Dundas Chamber of Commerce was busy getting ready for Snowfest celebrations in Morrisburg. The weather cleared however and the sun shone brightly as festivities located at the Morrisburg Legion and Waterfront Park got under way.

Many of the events focused on the youngsters with the snowman building contest bringing out a very creative group. The snow was just the right consistency as the creations took shape, "Dolly" was certainly an impressive sight with her umbrella and feather boa. Other children built snowforts and more than a few snowballs flew through the air.

A large group of children gathered in the park for a dog sled demonstration. Always a very popular event, some were even lucky enough to get a ride. One little girl was truly excited when she told her mom and aunt that she got to drive her team of dogs. The snow was very soft and the dogs had a hard time pulling but volunteers on snowmobiles helped pack the snow down a bit.

Another feature was the miniature horse sleigh rides. These little guys are no bigger than the sled dogs but were rearing to go as they pulled the children along the trail.

The Tuxedo Llama Ranch had two baby llamas on display, Demo and Speedo. With their fine disposition and sweet faces many children were encouraged to pet them. Their deep soft wool certainly kept them warm on this cool day.

For anyone feeling the chill of winter there were many activities inside the Legion as well. For the youngsters a colouring contest took place, with little ones practising their artistic flair. For the older crowd a number of tables were busy at the Euchre Tournament.

Hotdogs and chili (which looked and smelled great) filled hungry stomachs along with hot chocolate coffee and soft drinks.

The weather cooperated and a great time was had by all who attended. Congratulations to the South Dundas Chamber of Commerce and all who volunteered to make this festival a great success.

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PERSONALS

Are drugs and alcohol affecting your life? Information about treatment services is available. Call the DRUG AND ALCOHOL TREATMENT INFORMATION LINE (DART) toll-free, 1-800-565-8603. www.dart.on.ca

Gambling too much? If you or someone you know has a problem with gambling, call the ONTARIO PROBLEM GAMBLING HELPLINE (OPGH) toll-free, 1-888-230-3505. www.opgh.on.ca

DIVORCE SURVIVAL STRATEGIES... Before spending large sums on legal fees, call THE FAMILY LAW CENTRE. Our lawyers will outline your options & offer proven strategies to help safeguard your assets & defend your child custody & access rights. Don't be a victim! "Separate Smart". Uncontested Divorce $398 + Disbursements. Toll-Free 1-866-879-3529.

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Come and Worship

St. Peter's - St. Luke's Lutheran Church
Dunbar - St. Luke's
Sunday - 9:15 am
Williamsburg - St. Peter's
Sunday Worship & School
11:00 am
Rev. Mark Ehlebracht
Tel: 535-2569
Everyone Welcome

Anglican Church of Canada
Parish of Morrisburg/Iroquois
Sunday, January 25, 2004
8 am - St. James'
9:15 am - St. James'
11 am - St. John's

Anglican Church of Canada
Parish of Edwardsburgh
St. James' Parish,
Crystal Rock - 9 am
St. Paul's Church,
Cardinal - 11:00 am
Rector:
The Rev. Doug Hayman

United Church of Canada
Matilda Pastoral Charge
Sunday, February 1, 2004
Hulbert Valley - 9:30 am
Brinston - 11 am
Clergy: Yvonne Willis

United Church of Canada
Iroquois Pastoral Charge
Every Sunday - 10:30 am
Sunday School - 10:30 am
Rev. Doug Carnegie

Roman Catholic Churches
Rev. Father Sebastian Arikat
543-2544
St. Mary's, Morrisburg
Saturday - 7:30 pm
Sunday - 11 am
St. Cecilia's, Iroquois
Sunday - 9 am

Philadelphia Pentecostal Church
Cardinal, Ontario
Invites YOU to come and Worship with US!
Sunday School - 10 am
Morning Worship - 11 am
Evangelistic Service - 7 pm
Rev. David Gogolin

Community Christian Reformed Church
Sunday Worship - 10 am
Evening Service - 7 pm
Dixon's Corners, Ontario
Pastor: Rev. Clarence Witten
Phone: 652-2400

Morrisburg Pentecostal Church
Sunday 10:30 am - Family Worship & Children's Bible Hour
Sunday Night Outdoor Service in the Earl Baker Park at 6 pm
Worship the Word - 6 pm Praise
Gathering Youth Aflame - Fri. 6 pm
Pastor: Duncan Perry
Church 543-2681 Home 543-3450

The Presbyterian Church in Canada
St. Andrew's, St. James, Cardinal - 9:30 am
Knox Church, Iroquois - 11 am
Sunday School - 9:45 am
Rev. Geoffrey Howard
B.A., B.TH., M.Div.

Living Word Ministries
A non-denominational Christian Fellowship
Worship: Sunday - 10 am
Morrisburg Meeting Place
Pastor: Larry Cromie - 931-9574

United Church of Canada
Cardinal-Johnstown Pastoral Charge
Johnstown - 9:30 am
St. John's, Cardinal - 11 am
Rev. Arlyce Schiebout
657-4702
Join us for joy-filled worship

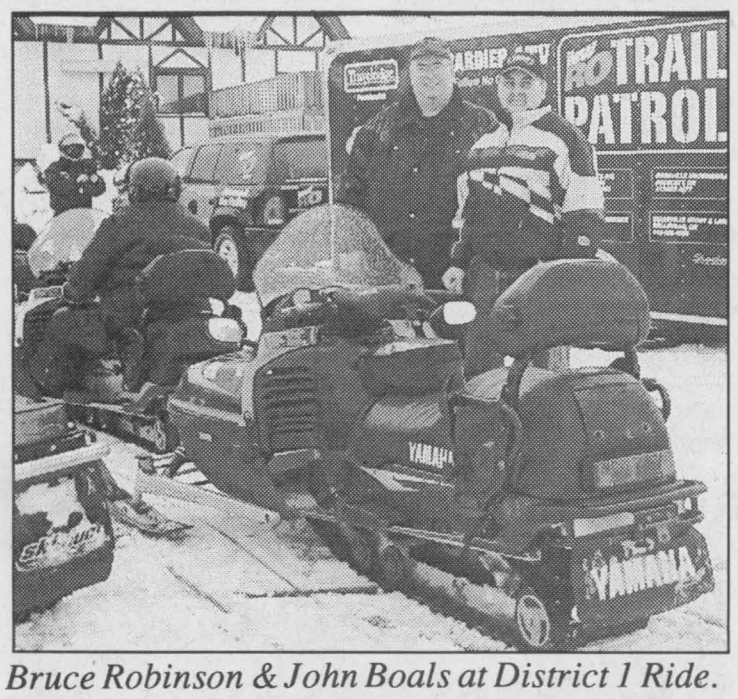
Immanuel Fellowship Rowena Full Gospel Tabernacle
Iroquois, Ontario
Sunday School - 10 am
Morning Worship - 11 am
Evening Service - 7 pm
Bible Study - Tuesday Nights
Watch TBN Channel 20
Pastor Marcel Charette 535-2029

Harmony Community Church
Missionary Church of Canada
Celebration Service - 10:30 am
Evening Service - 7:30 pm
Bible Study - Wed. 7:30 pm
Hwy. 31 & Ormond Rd, Winchester
774-5170

Community Family Church
Iroquois Civic Centre
Every Sunday
10 am & 6 pm
Bible Study Wednesday - 7 pm
Pastor A. R. Leavitt

Sports

~Curling Rockin' To Conclusion
~ATV Rally An Adventure
~District I Sno-Ride News



Bruce Robinson & John Boals at District 1 Ride.



Getting set to go despite the rain.

District Sno-Ride 2003 hosted in Morrisburg

by Sandra Lee Johnston
Chieftain Staff Reporter

The mild weather did not deter snowmobilers from gathering at the McIntosh Inn in Morrisburg as the second annual Sno-Ride involved the entire District 1, which is comprised of some 32 Snowmobile Clubs all in Eastern Ontario. Encouraged by reports that it was colder and snow was falling north of the starting location, snowmobilers started their engines and were off for a day of fun running on the excellent trails in Eastern Ontario which they are responsible for.

The idea of the Ride is to provide the volunteers from the various clubs with an opportunity for some fun. All those who came to ride are very active in their own Snowmobile Club, whether on Club executives or as groomers, they work very hard on behalf of their fellow snowmobilers.

According to District 1 Governor, Bruce Robinson, "This event allows us to put a bit of fun into their lives, allow them to enjoy the fruits of their labours as it were. They get a chance to see their neighbours' tails. The ride will take some of them into new areas."

Starting at the McIntosh Inn in Morrisburg, the riders came from Winchester, Kemptville, Rideau, Nation Valley, Osgoode, Riverside, Mountain and South Dundas, some 70 strong.

A 225 kilometer ride that would take the riders along the Riverside trail (right behind the Inn), heading west they crossed the railway tracks and continued to St. Lawrence Corporation, crossed Highway 401 and proceeded north where they hit the trail westward again. Once they reached the Nation Valley Trail they turned northward past the old Mainsville-Pittston Camp and aimed for Mountain. Once they reached Rick's Pioneer Gas they were just west of the Mountain Club House aiming for Kemptville. Continuing on the LGSA trails they reached the Kemptville Club House where a delicious lunch and heated washrooms were available. After eating they left the Club house and headed north until they reached Buritts Rapids. It was here they crossed on the controlled ice crossing into the Rideau trails. A marked T signalled the most northerly point of the Ride and the riders headed east towards Pierces Corners. The Rideau Trail took them near North Gower and they were encourage to drive into town and refuel. The next controlled ice crossing took them onto Osgoode Carleton Trails at River bend where they could stop and take a break to warm up. Heading south on the Osgoode Trails they were aiming for Mountain turning right onto Nation Valley Trails to the Mountain Club house for a well deserved stretch and walkabout. A lot of visiting and comradely took place at these stops, comparing notes, discussing the trail and the Ride as riders enjoyed a marvellous winter day on the trails. Leaving the Mountain Clubhouse, they struck east and south on Nation Valley trails to catch the T that took them south of Winchester and then south towards the Winchester Club house, as they headed south of the Club House they turned east and rode the Nation Valley trails to Highway 401, which they crossed. A right hand turn took them back to the McIntosh Inn where they had begun their Ride.

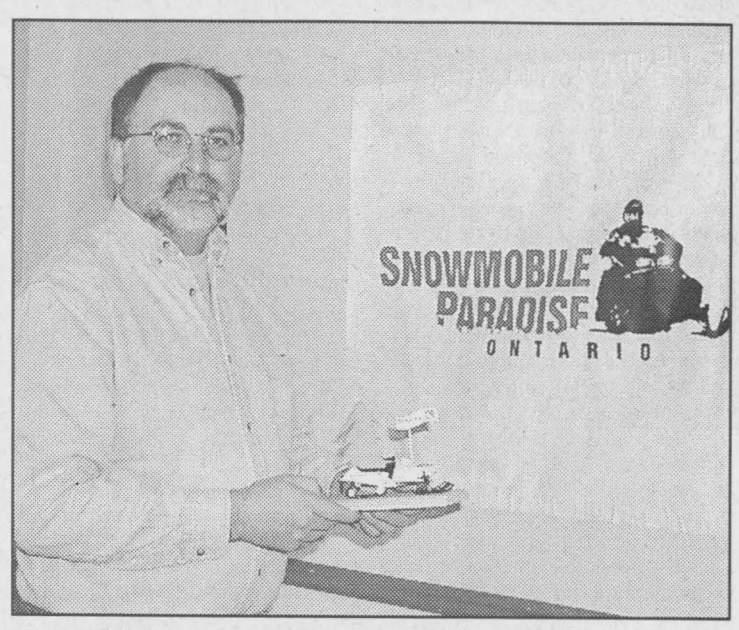
The ides of the Ride was fun, not speed and since the Ride was sponsored by the local GMC-Chevy dealers, namely; Johnston Chev/Olds in Kemptville, Jack May Pontiac Buick in Manotick and Upper Canada Motors in Morrisburg. Each dealer took part in a display of their vehicles for scrutiny by the snowmobilers. A display of trucks and trail groomers was set up at the Inn, at the Kemptville Club and River Bend Restaurant in Osgoode. These business men also provided door prizes for evening meal time. A time of fellowship followed the dinner.

Speaking to Robinson The Chieftain learned that the trails in this are awesome. "We have gotten good reports on the trails this winter, especially in this area. People are spending holidays here, touring our trails. They come from Quebec, and the USA (New York State and Pennsylvania) as well as other parts of Ontario to ride our trails, and the word out there is that the trails here are good."

Robinson was adamant that this Ride was a way of acknowledging the work of the volunteers, those who work so hard to ensure snowmobilers of the best experience possible on District 1 trails.

The dinner room was decorated with posters advertising safe snowmobiling..."Snowmobiling and Alcohol don't mix"..."One is the loneliest number-Never ride alone"...Promote your Right to Ride"..."Cross With CARE"..."Snowmobiling is a Fun Family Sport-Join Us Today"..."Ride Safe-Stay on the Trail." Each table was decorated with a marvellous snowmobile centre piece and the laughter was a sure sign of enjoyment by all.

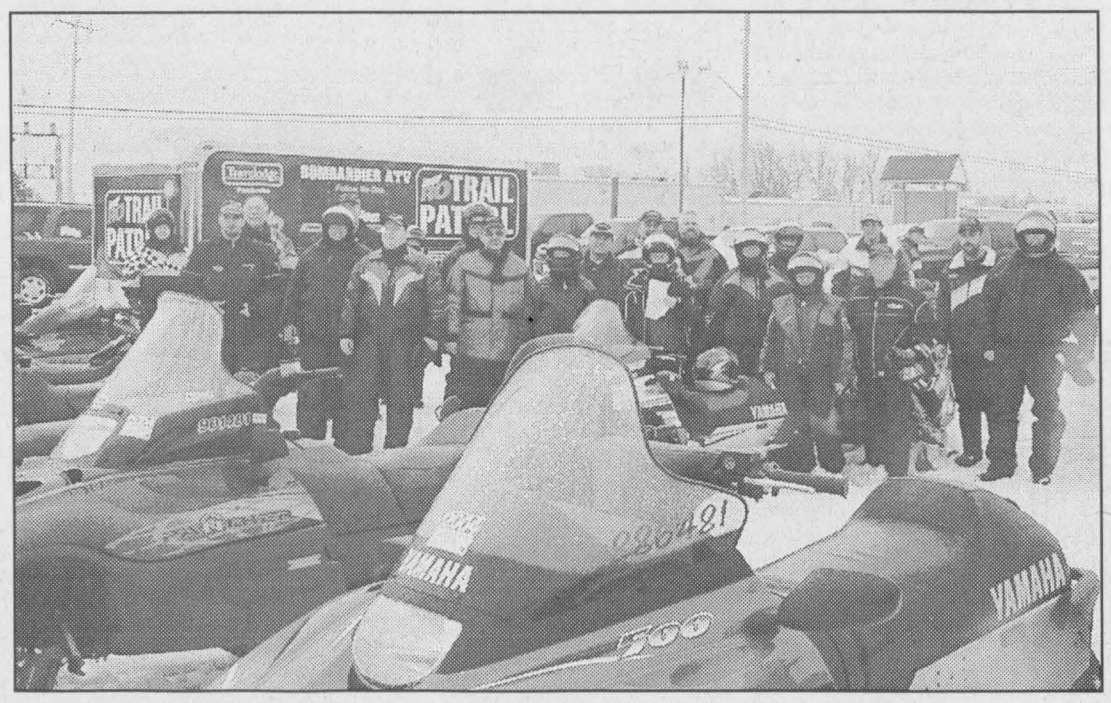
Next year the Ride should start in another locale to be fair to everyone involved.



John shows the table centerpieces off.



Snowmobilers set to head out on the trail.



Sponsored by area GMC-Chevy dealers OFSC riders set to go.

Curling News

with Steve Thompson

The Senior men are in their final draw of the season, this time for the Gerald Adams Trophy. Winners of the previous draw, for the Jim Fraser Trophy were Jack Dikland, Dave Salsman, Len Bellamy and Ken Wilson.

On Tuesday, the day ladies curled in Prescott in friendly competition. Cheryl Thompson, Betty Locke, Sandra Beckstead, Donna Stephens, Dorothy Culkin, Margaret Reynolds and Evonne Delegarde were expected to make the trip.

Over the weekend our top Little Rock team; Bobby Robichaud, Travis McMillan, Luke Whittaker and Connor Woodmass finished in first in Zone Playdowns in Metcalfe. Congratulations to the champs who now advance to the regionals in Manotick at the end of March.

The Sullivan competition, the four club-double team bonspiel for senior men was held last Wednesday in Winchester. Neil Williams, Dwight Gilmer, Gerry Thompson and Al Gowanlock dropped both of their preliminary games and did not advance to the evening finals. Bob Bedingfield, Peter Zeran, Raymond Benoit and Karl Duncan defeated Russell and Metcalfe teams on their way to the evening "A" final They lost a tight match to the other double winner, Winchester.

On Saturday, two men's teams went to Russell for the Merkley, a similar four club, two team competition. Ian McGillis, Gary Gallinger, Allan Harriman and Joe McCooeye won their first game but dropped their second. Our other team, Larry Cooper, Bob Bergland, Chris Barkley and Gerry Thompson lost their first game but won their second, moving to the "B" final after the usual delicious supper. Paired with a strong Winchester team, our local heroes emerged victorious and the shield for the "B" champs will be displayed in the Morrisburg trophy case for the next year at least.

In Daytime Mixed play, Jack Dikland, Ray Larsen, Len Bellamy and Lana Larsen have won the second draw. Play, with new teams, continues this week for the final series of matches.

On Saturday, March 13, the local club will host a mixed invitational bonspiel. At time of writing there were still five openings in this popular bonspiel. Call Steve Thompson at 543-3134 if you'd like to enter a team.

With just over a month of curling left, one Saturday remains for those interested in rentals. Monday and Sunday nights are also free should anyone wish a closing curling party. Call Steve Thompson if interested. Curling will end Thursday, April 1 with the closing matches for two of our leagues. The awards night, closing banquets and annual meeting will be held on Wednesday. March 31.

Buckingham, Raymond Benoit's former club got his old team in the provincial playdowns for the right to represent Quebec in the Canadian masters Championships, as they did last year. We met the fellows at a Senior Men's Invitational bonspiel here last month and sympathize with them in their 6-4 loss in the final.

Early play in the Tournament of Hearts, the Canadian ladies Championship suggests Team Canada led again by Colleen Jones, will be hard to beat. Expect Nova Scotia's Heather Smith-Dacey along with Ontario's Sherry Middaugh to be around for the playoffs as well.

Good curling to all.

ATV RALLY
MARCH 6, 2004
JOHNSTOWN ATV CLUB
SPONSORED BY
TIBBEN EQUIPMENT LIMITED
$10 Entry Fee For Members
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Registration - 8 A.M. to 10 A.M.
(Must have valid Insurance Card & Licence Plate When Registering)
"LUCK OF THE DRAW" RUN ~ PRIZES AWARDED 5 P.M. SHARP
FOR MORE INFORMATION CALL ANN @ 657-4766

COMMUNITY CALENDAR

Iroquois and District

A public service provided by the businesses listed here in co-operation with this paper

OWL SEASON - February 28 at 7:00 pm at the Upper Canada Migratory Bird Sanctuary. A multimedia presentation by Dr. Brian Mickey on the local owl population. Learn the habits of these beautiful, but rarely seen night time creatures. Then join Dr. Mickey on a hike through the Sanctuary and learn the different owl calls. If we are lucky resident owls will actually answer Dr. Mickey's calls. A very popular no cost event. Dress warmly.

HELPING HANDS OF MATILDA will meet on March 3 at 10:30 am at the Matilda Township Community Hall. Potluck lunch at noon. Guest speaker is Greg Smith, Alzheimer's Society.

South Dundas Chamber of Commerce presents the ANNUAL SPRING HOME & TRADE SHOW - April 2, 3 & 4 at Parker Professional Painting Canada, Warehouse Building in Morrisburg.

EUCHRE - Every Tuesday at the Iroquois Legion, Branch 370 at 7:30 pm. Everyone welcome.

EUCHRE - Every Thursday at 7:30 pm at the Matilda Memorial Hall in Brinston. A real night of fun. Call Bev at 652-2405 or Bill at 652-4201.

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Become a member volunteer and help save the Lockmaster's House and South Dundas shorelines.
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What We Are Doing
1) Seaway Heritage Park. Point Iroquois.
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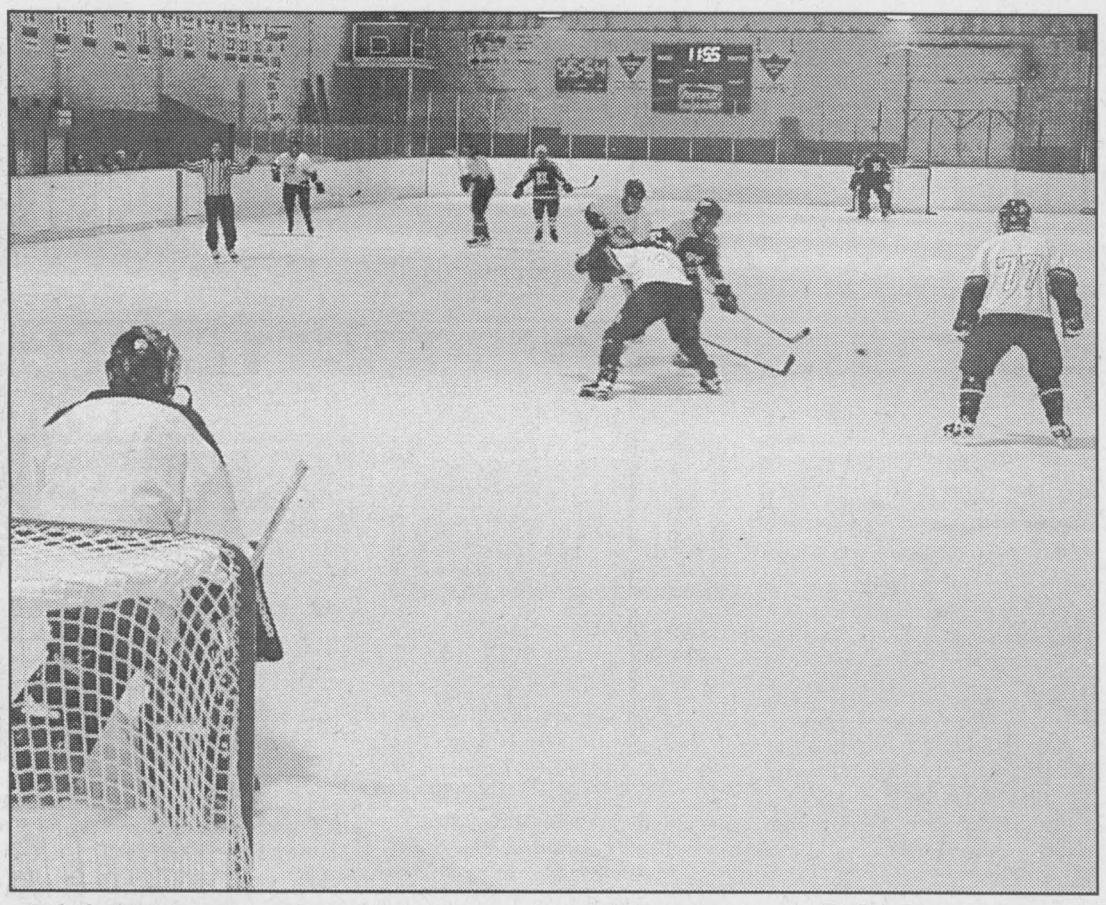
141 MAIN ST. E.
WEDNESDAY
10:00AM - 2:00 PM
543-3596



Old Timers Hockey Action

Chieftain Photo by S.L.Johnston

An Old-Timer hockey game was being played on the ice in Morrisburg on Sunday morning. The action was slower paced than the younger aged player games, but the passes were evident and the excitement remained high. Great exercise for these fellows, it was fun to watch the end to end action.

Playoff win for PeeWee B Lions

by Sandra Lee Johnston
Chieftain Staff Reporter

On Sunday, February 22, the Lions hosted the Akwesasne Wolves in their first round of playoffs and skated to a 7-1 victory.

The Lions tallied twice in the opening frame to take a 2-0 lead off the sticks of Drew Morrow assisted by Daniel Stevens and Drew Hutt. Michel Thurler potted the other goal with Daniel Stevens and Patrick Chesbro earning the assist.

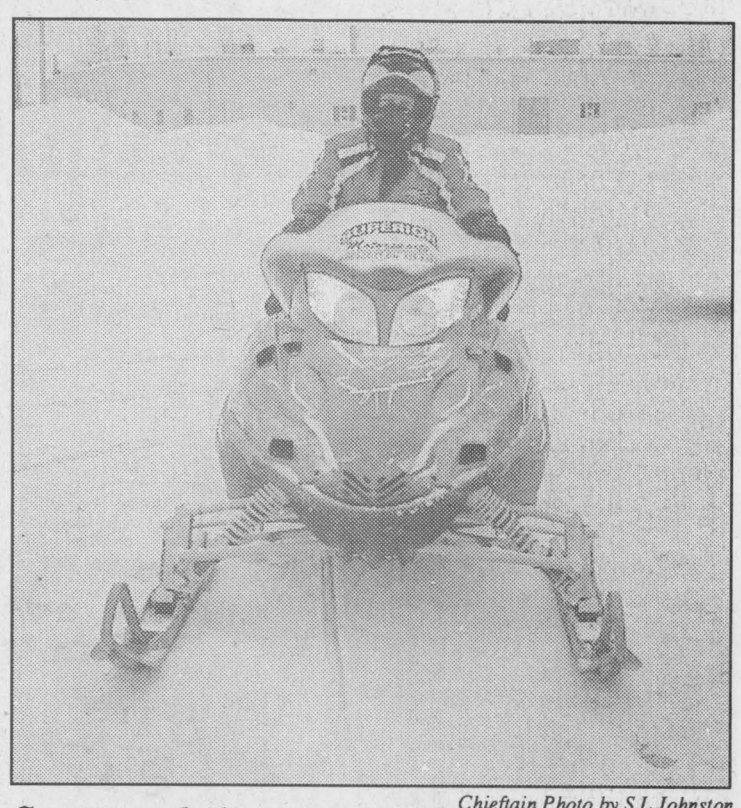
In the second period the teams traded counters with Thomas Corden doing the honours for the Lions unassisted.

In the third frame the Lions struck for four goals as Drew Hutt was aided by Drew Morrow and Tommy Keyes. Then Michel Thurler found the mesh again this time assisted by Curtis Van Allen and Daniel Stevens, Jordon McCaslin was helped by David Toonders and Connor Hodgson. The final counter came from Drew Morrow with the assist going to Jordon McCaslin and Patrick Chesbro.

Although goalie Lucas Stewart wasn't really busy in the match, he was on his game when called upon and made the saves when needed.

The playoffs are a first to 4 point series with a win being 2 points, a tie counts 1 point and a loss earns 0 points.

The Lions play next in Akwesasne on Thursday, February 26 at 7:30 at the Turtle Dome. See you at the rink.



Chieftain Photo by S.L.Johnston

Snowmobiling popular

With the snowfall we have recently found covering the ground, snowmobilers are happy. This one was heading out from the McIntosh Inn when the Girls on Snow were leaving. Sponsored by Superior Motorsport-Johnstown.

Minor Bantam Kings clinch 4th

The surprise team of the minor bantam division this year clinched 4th place on February 9 with a 3-1 victory over the Ottawa Sting.

The Minor Bantam Kings, riding a 3 game league winning streak, were ready to clinch 4th on their own. Goalie Logan Gunn held the Kings in the game in the first period, as the Kings took 4 penalties in a row. Kings' defencemen Travis Armstrong, Cliff Conquer, Ryan Morden, Bergil Naphan, and Nate Livingstone showed their defensive strength as they helped kill off these penalties. After the first period the score remained 0-0.

Early in the second period the Sting opened the scoring but Kings' Allan Waddell tied the score on a perfect pass from Aaron MacCosham. Alex Davison also assisted on the play. One minute later Ryan Morden passed to Sebastian Last, who tucked the puck over the Sting goalie, giving the Kings a 2-1 lead. Second period ended 2-1 for the Kings.

Early in the third period Allan Waddell gave the Kings a two goal lead. With defensive specialist Aaron Hopkins, Brodie Boulanger and Travis Leeson, the Kings shut down the Sting and earned a 3-1 win. With this victory the Kings clinched 4th place in a 9 team league.

On February 12 the Kings finished their regular season against the Nepean Raiders. Craig Brogan was in nets for the Kings as Nepean dominated the first two periods and lead 3-0.

Nepean ran into penalty problems and Allan Waddell scored on the power play with Colin MacLean picking up the assist. With less than four minutes left in the game, Alex Davison cut the lead to one. Quincy Evans thought he scored the tying goal 30 seconds later but was waved off as the referee lost sight of the puck. Just a minute later Cliff Conquer completed the comeback. Nepean was not going to be denied tonight as they ended a 5 game winless streak with a goal, with just over a minute left on the clock.

The Kings will start their playoffs sometime after the 22nd with Nick Pasowisty coming off the injury list, recovering from a cracked collarbone. This will be the first time all year the Minor Bantams will play with a full line-up.

CARDINAL LEGION BRANCH 105 LADIES DART LEAGUE
Wednesday, February 18, 2003

The DJ's	**94**
Foxy Ladies	**83.5**
Just Little Gals	**83.5**
Big Hot Mamas	**76**
BMT Roadsters	**74**
The Agitators	**67**
Texas Wildcatters	**66**
Hungarian Hyenas	**41**
HIGH SCORE	
Jeannie Fox-Dibble	**138**
Bernadette Cheetham	**138**
HIGH 3 DART FINISH	
Delaine Greenough	**93**
MOST BULLSEYES	
Marilyn Hoy	**12**
WEEKS HIGH SCORES	
Bernadette Cheetham	**138**
Linda Bellinger	**129**
Joyce Menard	**103x2**
MOST GAMES FOR THE WEEK	
Michele Walter	**4**
Joyce Menard	**3**

March 13, we also have a mixed dart tournament at the legion starting at 11 am (registration) $40 per team. Call 657-3066 to register.

INTERBRANCH MEN'S DART LEAGUE
February 19, 2004

Prescott 6	199
Iroquois 5	183
Prescott 1	164
Iroquois 7	130
Cardinal 4	118
Prescott 3	61
GAMES WON (3 or more)	
Tom Rae	7
Glen Adams	4
Tom Coville	4
Rick Sayeau	4
David Haynes	4
Bob Juby	3
HIGH SCORES	
Tom Rae	180-125
Tom Coville	180
Tin Gonczowski	180
Duane Kirker	140-125
Bill Hutt	140
Rick Sayeau	140
David Haynes	140
John Marchand	125
Peter Bissonette	121-120

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Getting Married?
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Thursday, February 26, 2004
South Mountain Fire Hall
2967 Lough Road (near the Ag Hall)
Burn display 6:30 pm
Workshop 7:00 pm to 9:30 pm
A non-commercial, educational event for people who burn wood at home.
Presented by some of Canada's most experienced wood heat specialists
- Learn things you didn't know about wood burning
- Take home loads of great wood heat publications
- See a dramatic burn display comparing an old "airtight" to a new technology stove

Get your questions answered
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Office Hours: Mon to Fri - 8:30 am to 4:00 pm
SCHEDULE OF EVENTS ~ MARCH * 2004
WED. Mar. 17/04 Irish Stew Dinner - Double "V" will Entertain afterwards
BREAST CANCER SUPPORT GROUP: last Thursday of every month at 7:00 pm

COFFEE BREAK	~ every Wednesday - 1/2 day of crafts, games, etc. plus lunch	$ 10.00
DINERS CLUBS	~ Monday, Wednesday, Thursday, Friday of each week	$ 5.00
EXERCISE CLASS	~ Tuesdays at 9:30 am	$ 3.00
FOOT CARE	~ Wednesday, Mar. 17 & 24	$ 15.00
HOME HELP	~ House cleaning assistance	$ 10.00/hr
MEALS on WHEELS	~ Monday, Wednesday, Friday of each week - extras can be ordered for other days	$ 4.00
MEN'S CLUB	~ Wednesday, Mar. 3 & 17 - 1/2 day of games, speakers, etc. plus lunch	$ 10.00
MOVIE	~ Friday, Mar. 5	$ 1.00
LINE DANCING	~ Fridays at 9:30 am	$ 2.50
RESPITE CARE	~ Sitters for convalescents are available upon request and assessment.	$ 6.00/hr
SING SONGS	~ Every Wednesday - 1:30 pm	
VAN and CAR TRANSPORTATION	~ Reasonable rates for groups or individuals needing transportation for medical appointments or social events, in this area and to the cities.	various rates
INFORMATION	~ On many groups & organizations which can benefit you is also available. e.g. Lifeline, Heart & Stroke, CNIB, Alzheimer, etc.	N/C

IROQUOIS DINERS CLUB: Thursday, Mar. 11 - noon - $5.00
MORRISBURG DINERS CLUB: Thursday, Mar. 25 - noon - $5.00
STAMPVILLE CENTRE
Hours of Operation - Mondays - noon to 3:00 pm and Thursdays - 10:00 am to 3:00 pm
Diners Club - Thurs. Mar. 4 & 18 - $5.00
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F25-1tc/15760

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F18-2tp/15748

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In Memoriam

CASSELMAN: In memory of our dear husband, father and brother, Thomas Casselman, who passed away February 24, 2003.

Sad and sudden was the call
So dearly loved by one and all
His memory is as sweet today
As in the hour he passed away.
Lovingly remembered, sadly missed. Enid and family and sister Patsy Jones.
F25-1tp/15758

HOLMES: In loving memory of my dear husband Basil M. Holmes who passed away February 25, 1997.

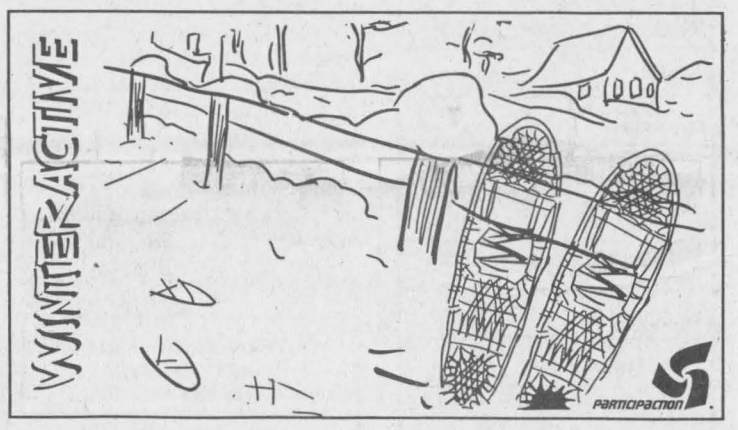
This month comes
with sad regret,
The one I love I'll never forget
You left me quietly
Your thoughts unknown.
No one knows the sorrow I share
When the Family meet and
you're not there.
You left a place no one can fill
God knows how much
I miss you.
Some day I hope to meet you
Where there is no sorrow
or heartaches
Gone to a better place.
Sadly missed by wife Phyllis.
F25-1tp/15757

Auctions

Household Auction Sale
Thursday, February 26
5:00pm
McHaffie Flea Market, Morrisburg, Ont.
Due To Size Of Sale We Will Be Starting at 5:00 pm
Antique wicker rocker; small antique stand; small wood table w/4 chairs; double mattress; bookshelves; 2 captain seats (airplane); matching dresser & chest of drawers; microwave stand; TV stand; twin bed; chest of drawers; whipper snipper; garden tools; wheelbarrow; gas cans; hand saw; coat rack; Lazy Boy chair; folding chairs; patio chairs; dehumidifier; humidifier; step ladder; drafting table & chair; set of 6 chrome chairs; router table; lady's bike; floor lamps; table lamps; brass dressing table; cement nailer; desk; exerciser; pictures & frames; coffee & end tables; small freezer (new); assorted hand tools; drills; hand lathe; kitchen appliances; bread maker; old child's trunk; records; books; cookbooks; dishes; ornaments; glassware; vacuum; fan; mirrors; golf clubs; clay pigeons; stereo; bedding ;TV; large assortment indoor & outdoor light fixtures; hardware items.
Auctioneer: Sheila McHaffie
Terms: M/C, Visa, Interac
Hall open 4pm day of sale.
Photo ID required to register.
Sale Starts at 5:00pm
F25-Kv, Iq-1tc

Household Tip by Harp

To remove a stain, wet area with lemon juice, cover it with salt and leave on until the stain fades. Repeat if necessary.



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New Catholic Women's League Council for 2004

Where Catholic Women's League Past President Carol Richer left off in 2003, new President Cathy Lortie began in 2004. In the first meeting of the year, January 19th, St. Mary's Meeting Room, business arising from 2003 minutes was dealt with and the new year's business was introduced, discussed and acted upon in quick order.

New business included a charitable donation to Canadian Aid for Chernobyl, a Brockville volunteer organization that brings to Canada for recuperative holidays young children stricken with nuclear fallout form the Chernobyl facility melt down.

Other matters included finalizing details of the St. Patrick's Bazaar to be held at the Morrisburg Legion on Saturday, March 13th, the membership drive, the annual retreat led by Father Arikat at St. Mary's, and the parishs' Communion Breakfast in April.

It was at this meeting the new council members were inducted into office. They are President, Cathy Lortie, Past President [redacted]

Convention in Kingston on May 1st and 2nd were made and ten members will be attending.

Nancy Richer, in charge of the council's membership drive reported that seventy-seven members had either renewed or signed up at present. Suzanne Strader, Spiritual Convenor suggested the initiation of a Bible Study Group during the day and Father Arikat encouraged the idea, saying it would bring greater faith and more life into the parish.

Christian Family Life Convenor, Gerry McSheffrey, requested all members and those concerned elsewhere, to write or phone Ontario senators concerning Bill C-13, which as it presently stands would sanction stem cell research, using and destroying embryonic children. The bill has been hastily passed by the House of Commons and is awaiting approval by the Senate. Senate number is 1-800-267-7362.

In his final remarks, Father Arikat asked all to take note of the Stations of the Cross held Friday evenings in Lent starting February 27th at 7 pm at St. Mary's Church. Also there is a Parish Missions of the 28th, 29th and 30th of March. Father then challenged CWL members to bring more life into the parish by promoting activities and participation with other parish members.

[redacted]

residents of Spencerville and Johnstown to the Healthy Living Centre.

Recreation also found they had a number of needs including senior fitness, a skateboard park, a soccer field and an outdoor rink in Cardinal.

On February 11th, at the Committee of the Whole Meeting, Tim Lethbridge requested that council pass a by-law to regulate all terrain vehicles in the municipality under the Highway Traffic Act Regulation 316/03. Constable Bill Robertson of the local OPP also attended the meeting to discuss the regulations.

The Spencerville Mill Foundation is also seeking permission from Council to work with Canada Post to create a franking stamp with the Spencerville Mill logo.

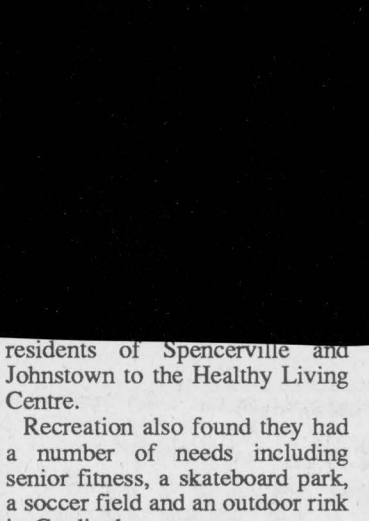
This motion was passed as was a motion to approve Port of Prescott Salary Recommendations. Council also passed a motion to consent to the removal of the playground structure at North Edwardsburgh Public School.

The motion to keep the water and sewer rates the same as 2003 rates was passed. However they decided to delay the third reading of the by-law to authorize an execution of agreement with CN Rail until the next meeting due to the absence of Hugh Cameron and Marie Thompson at the February 16th meeting.

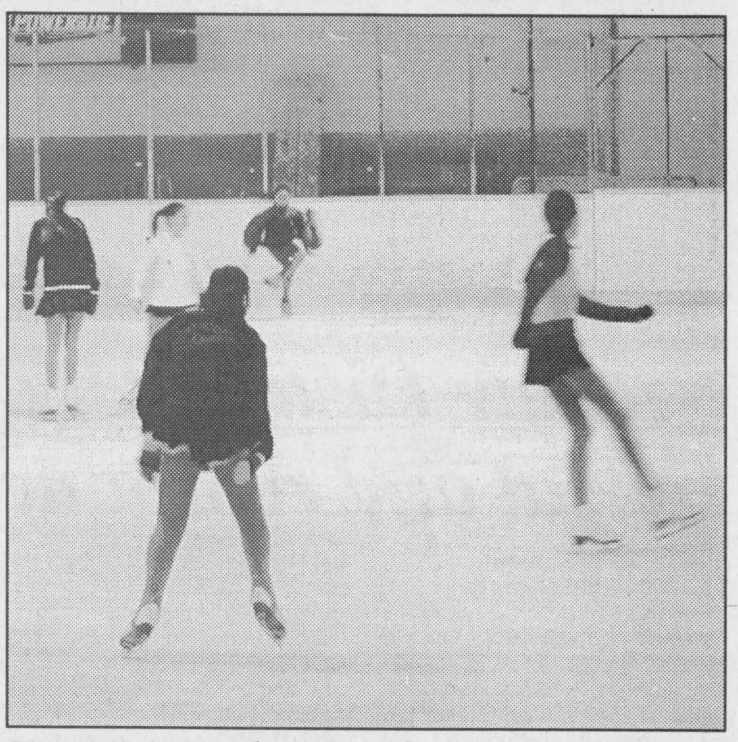
Council did proceed with the three readings of the Port Lease Agreement, and passed the motion.

At the United Counties Mayor Meeting, Mayor Taylor took part in discussions concerning priorities in their individual municipalities. "What was incredible was how similar the groups concerns were," said Taylor. One of the biggest concerns was infrastructure funding. Mayor Taylor was elected spokesperson of her group and presented the issues to Prime Minister Paul Martin, with the help of Merrickville-Wolford Mayor Doug Struthers. "It went well I guess, I was really nervous," she told council.

The next meeting of Edwardsburgh/Cardinal Council will take place on March 1 at 7:30 pm.



HAPPY BIRTHDAY
Jillian Kennedy
(Who was 23 on February 20)
And many more happy years
Love from all of us!



Practice makes perfect

These skaters are shown during warm up between competitions at the Morrisburg Figure Skating Club Invitational. The event proved successful for local talent and those skaters from other clubs. Congratulations to all winners.

Chieftain photo by Lori Roberts

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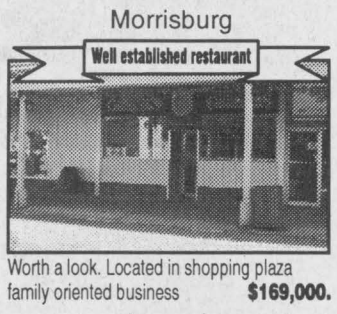


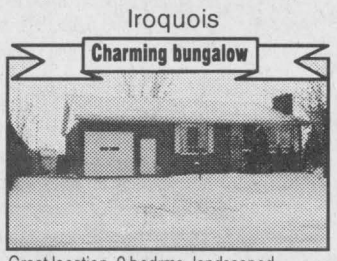
Worth a look. Located in shopping plaza family oriented business **$169,000.**

RR#1 Brinston — Recent home w 13 acres



4 bedrooms, cherry flooring, fam. rm., pool. **$152,500. Sold**

Iroquois — Charming bungalow



Great location, 2 bedrms, landscaped, gas fireplace, combo kit/din **$119,900.**

Iroquois — Stone Fireplace



Hardwood floors, M floor bedroom, recent survey, close to shopping. **$115,000**

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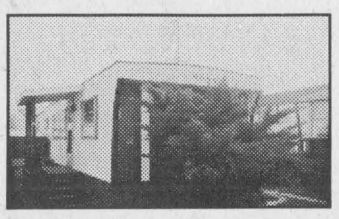
MORRISBURG - Large older home, many upgrades, 2 bedrooms on main floor, eat-in kitchen, formal dining room, living room, den, laundry and workshop. Upstairs a two bedroom granny flat. Electric chair lift. Close to St. Lawrence River on quiet dead end street. **ASKING $135,000 MLS**



MARIATOWN - Four bedroom home on Lakeshore Drive. Eat-in kitchen 17' x 17' with door to covered patio. Living room with fireplace, laundry room and 2 pc bath. Many upgrades. Forced air gas heating. Roof reshingled 2001. **ASKING $139,000 MLS**

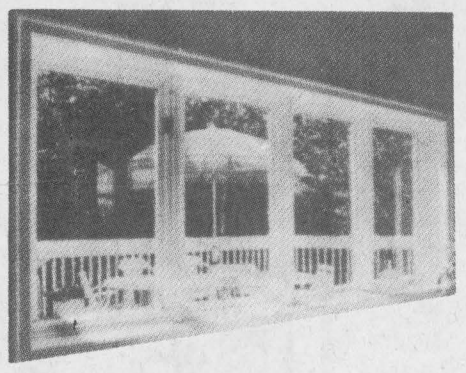


MOBILE HOME - Two bedroom home located at Hill's Mobile Village. Living room 11'3" x 16', eat-in kitchen. One garden shed and one detached workshop 8' x 10'. **ASKING $15,000 MLS**



COUNTRY LIVING - An older home with many upgrades on Crowder Road. Two bedrooms plus roughed in 2 bedroooms and bath upstairs. Living room and dining room have tongue and groove pine walls and ceiling. 40' x 10.4' deck. **ASKING $69,000 MLS**

Monthly Special



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TOWNSHIP OF SOUTH DUNDAS

Corporation of the Township of South Dundas

Part of Lot 26, Concession 9, Matilda

Notice of Public Meeting Concerning A Proposed Zoning By-Law Amendment

TAKE NOTICE that the Council of the Corporation of the Township of South Dundas will hold a public meeting on the 06th day of April, 2004 at 7:45 p.m. at the Township Office, to consider a proposed Zoning By-law amendment under Section 39 of the Planning Act.

This Zoning By-law amendment affects land in Part of Lots 26 & 27, Concession 08, former Township of Matilda as shown on the key map and temporarily rezones the subject land to permit a recreational vehicle as a second dwelling on the subject lands for a period of three (3) years in order to permit the trailer to be used for the purpose of providing temporary accommodation for a member of the family in separate accommodations. The lands will be rezoned as Agriculture - Temporary Use 2 (A-t2).

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed amendments.

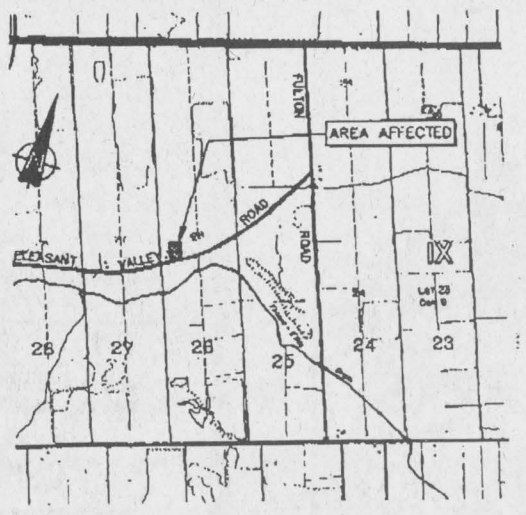
If a person or public body that files an appeal of a decision of the Township of South Dundas in respect of the proposed Zoning By-law amendment does not make oral submissions at a public meeting or make written submissions to the Township of South Dundas before the proposed Zoning By-law Amendment is adopted, the Ontario Municipal Board may dismiss all or part of the appeal.

ADDITIONAL INFORMATION relating to the proposed amendments and copies of the proposed amendments are available for inspection at the Township Office during regular office hours.

Please contact Donald J W Lewis Manager, Planning & Enforcement

DATED at the Township of South Dundas this 25th day of February 2004.

Key Map



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The Chieftain
Arts & Entertainment

~Legion Hosts Dance
~Euchre In Williamsburg
~SDHS Health Day

Seaway District High School experiences sexual and reproductive Health Day

by Sandra Lee Johnston
Chieftain Staff Reporter

Public Health Nurse, Suzanne Grisel from the Eastern Ontario Health Unit was on hand at noon last week on Thursday along with the Healthy Lifestyle Committee to provide information and answer questions for students.

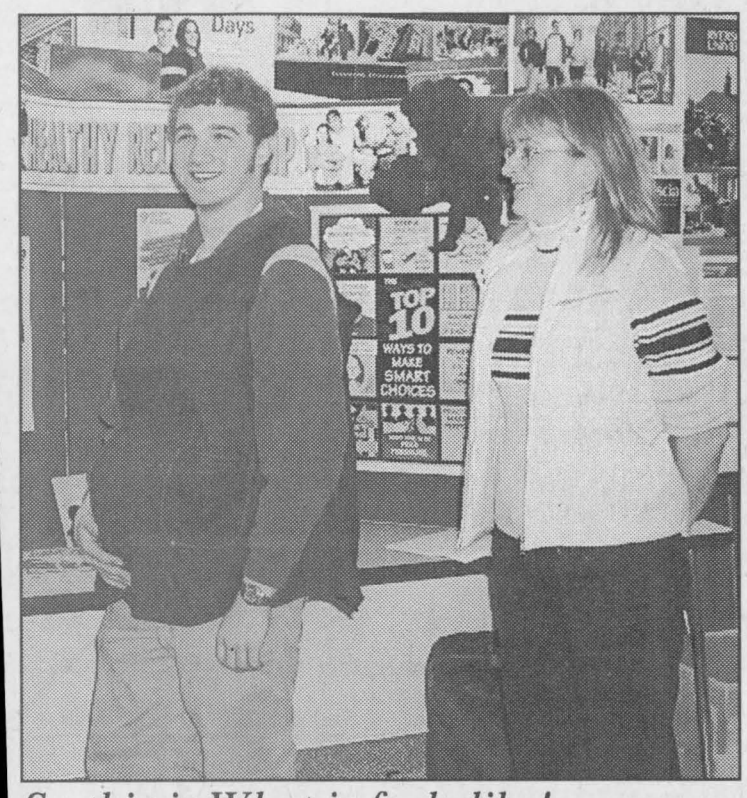
A questionnaire got students involved in the display set up near the cafeteria and created an atmosphere of communication, which Ms. Grisel says is vital for all parents and their teens. "Keeping those lines of communications open are important for parents and their children, if teens are to avoid trouble. It makes things easier and gets the message across to young people. Stressing the importance of sexually transmitted diseases and such devastating consequences, such displays have a place in the process. Young people must feel comfortable talking over problems with their folks in order to avoid trouble in the future."

Literature on oral contraceptives, AIDS, and condom usage was available. Ms. Grisel was available to answer questions or offer suggestions to the students who dropped by.

Speaking to the issue of teen pregnancy, this was also addressed. While many feel that our young people know everything they need to about their sexuality and the consequences of their actions, it is not true. Young people need to realize that young men are still responsible for their actions and young ladies are responsible for their bodies. Pregnancy is still a very real issue with young people and has to be dealt with before it happens.

As students dropped by to complete questionnaires, or to take brochures on a variety of topics related to reproduction and sexuality, it was evident that many students are aware of potential problems and how best to avoid trouble.

A method to bring a vital message across to students this seemed effective.



So this is What is feels like!

Student Council President Mark Byvelds shows how the "Empathy Belly" feels as School Nurse Suzanne Grisel explains the extra weight a baby provides a mother-to-be. Mark was a good sport for the photo, thanks!! *Chieftain Photo by S.L.Johnston*

COMING EVENTS

"THE REVIVALS"
Dance to 50/60's Music
Saturday, February 28
8 pm to 12 am
Iroquois Legion Br. 370
$5 per person
Light Lunch
All are welcome!
F18-2tc/15711

A **SPECIAL MEETING** of the **COUNCIL OF THE TOWNSHIP OF NORTH DUNDAS** has been called for Tuesday, March 2, 2004 at 7:00 pm in the Council Chambers. All members of the public are invited to attend.
F25-1tc/15759

THE REGULAR MONTHLY MEETING
of the
Dundas Federation of Agriculture
will be held on
Wednesday, March 3, 2004
at 8 pm at the
Dundas Meeting Hall, Chesterville

DFA ANNUAL MEETING
and election will be held at this meeting.

Everyone welcome
F25-1tc/15756

Shop Locally

"WALKING WITH THOSE WHO SUFFER FROM DEPRESSION" - This seminar features counsellor Theresa Ritskes from Ottawa Christian Counselling. **Friday, March 5, 2004** from 7:30 - 9:30 pm at the Williamsburg Christian Reformed Church. Refreshments will be served. Free admission. Sponsored by the deacons of Dixon's Corners Community CRC and Williamsburg CRC. For more information, contact R. Zandbergen at 652-1999.
2tc/15750

6TH ANNUAL WILLIAMSBURG FIRE DEPARTMENT EUCHRE TOURNAMENT
Saturday, March 6, 2004
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No smoking permitted in the Hall this year.
F25-2tc/15754

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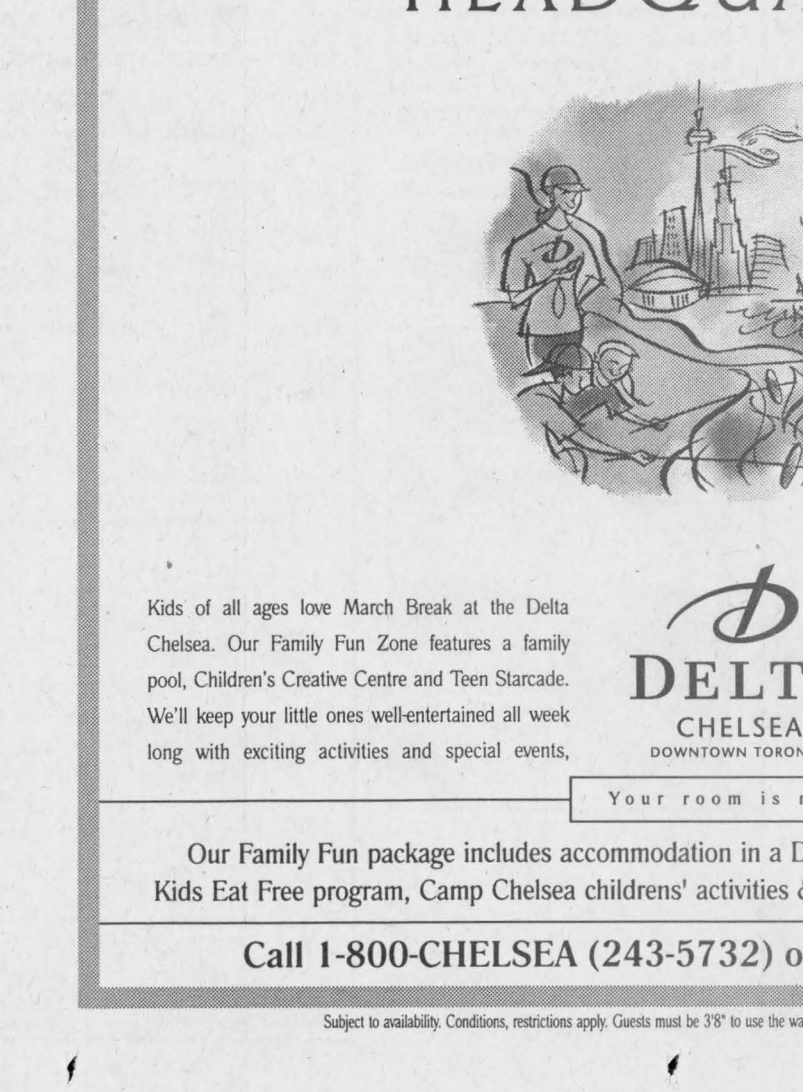

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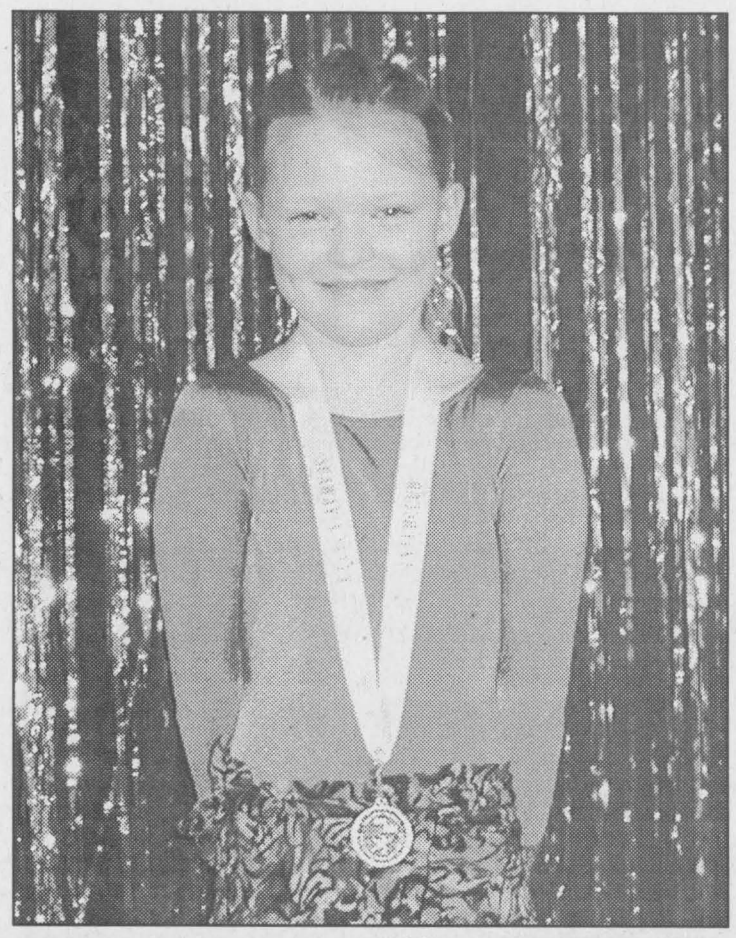

Brenna German shows of her winning medal

REPORT from Jim Brownell M.P.P.

By Jim Brownell

During the past month, I have had the opportunity to meet and interact with various people and organizations in our riding.

The Corn Producers' meeting in Chesterville, where farmers discussed the Canadian Agricultural Income Stabilization Program; an evening of tribute to Gordon Garlough, honouring his many years of contributions to agriculture in the riding and beyond; participating in the Standard-Freeholder's "Great Kids" evening; and the "Family Fun Day" at Gray's Creek Marina and Conservation Area, sponsored by the Raisin Region Conservation Authority - these are the types of encounters that almost daily remind me of the talent, energy, and resourcefulness that are hallmarks of the consituency of Stormont-Dundas-Charlottenburgh.

I am pleased to report that the Honourable George Smitherman, Minister of Health and Long Term Care, will be visiting our riding on March 16th. Scheduled visits to both the Winchester Hospital and Cornwall Community Hospital will afford these communities the opportunity to explain their urgent need for health care funding.

On February 6th, the Ontario Trillium Foundation announced funding of $1,737.500. for Ottawa and the communities of Eastern Ontario. Locally, Upper Canada Playhouse in Morrisburg, received $26,300.; the Lost Villages Historical Society received $9,700.; and the Tri-County Literacy Council received $89,600.

Ontario Trillium Investments are designed to foster and build on the power of community organizations, and the vision of their leaders and volunteers. The Foundation has an annual budget of $100 million generated through Ontario's charity casino initiative. I would like to encourage all municipalities and community organizations to explore any opportunities the Ontario Trillium Foundation might have. My office is always willing to help and supply information.

Many municipalities and agricultural producers have expressed concern over our government's decision to consolidate compliance and enforcement of The Nutrient Management Act under the Ministry of the Environment. Ensuring clean, safe water is our priority.

Our government promised to implement Justice O'Connor's recommendation, and we are acting on that promise by addressing Recommendation #11, in Part Two, of his report. Recommendation #11 clearly states that the Ministry of the Environment should be responsible for developing and enforcing regulations. The Ontario Ministry of Agriculture and Food officials will continue to provide support to MOE officials and farmers. They will continue to approve Nutrient Management Plans, as well as provide assistance and expertise in drafting them. MOE staff will be the same staff that have been trained by OMAF officials, and will simply be changing ministries.

As of January 30, 2004, Ontario farmers were able to access Canadian Farm Business Assessment Services (CFBAS). This is part of the renewal element of the Agricultural Policy Framwork Agreement that the Honourable Steve Peters, Minister of Agriculture and Food, signed with his federal counterpart in December, 2003.

Services now available include an initial consultation and a farm business assessment. Participating producers will receive up to five days of consultation with a business planning professional, and a one day follow up, for a fee of $100. As a pre-assessment, producers can evaluate their current financial situation using an electronic benchmark tool available at www.agr.gc.ca/compare <http://www.agr.gc.ca/compare> <<http://www.agr.ca/compare>>. Further information can be obtained by calling 1-866-452-5558.

Once again, my office staff and I are here to help and represent you. For information, or to express opinions or concerns related to provincial matters, my office can be reached at 416-325-0710 at Queen's Park, or at 613-933-6513 in Cornwall.

Hallville Winter Carnival

Saturday February 28, 2004

1pm-5pm

Hallville Recreation Centre and Rink

Events:

1:00 Crowning Hallville Queen and Princess

(Entries contact: Robyn Beaudry 774-6113 by Feb. 25)

Princess ages 8-10 yrs

Queen ages 11-16 yrs

1:30 Annual Chili Contest Judging by Chef Rick Blair of "The Vinaigrette"

(Entries contact : Mary Cook 989-2212)

- Puck Shoot Contest- All age categories
- Skating Races
- Toboggan Races
- Cookies Decorating For Kids in Rink house
- Egg Toss
- Craziest 'Hat' Contest
- 4:00 Family/Community Hockey Game
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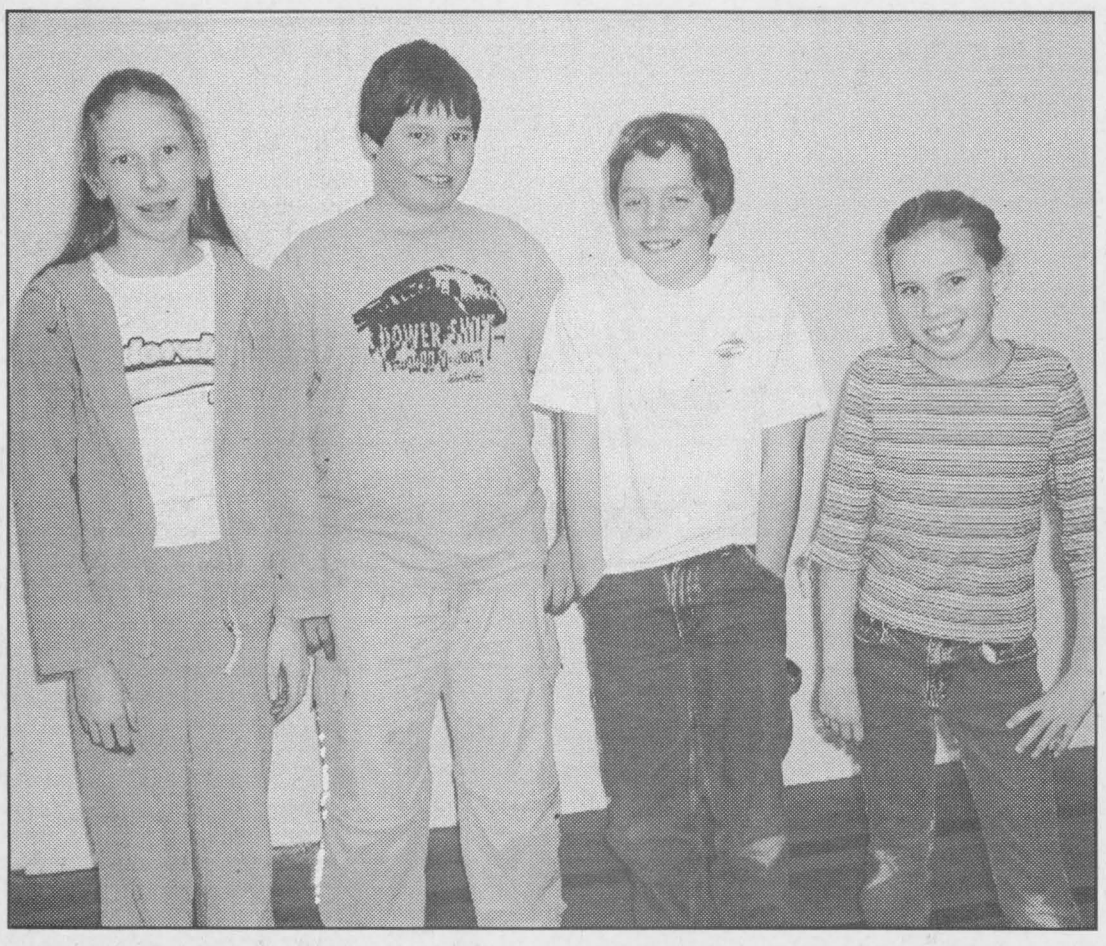

Benson P.S. talent show winners

Students at Benson Public School in Cardinal showcased their many talents during their Talent Show held last week. Here are the cream of the talented crop, Charlene Smith who showed skill by tickling the ivories on the piano. Colton Toth and Connor Elliot entertained with their comedy act delivering Red Neck Jokes, while Emma Patrick won the competition with her baton twirling skills.

Chieftain photo by Lori Roberts

Winchester District Hospital Auxiliary Report of Feb.12

By Marj Phillips

On Feb. 12, at 1:30 twenty two auxilians representing seven different communities met in the Board Room of the Winchester District Memorial Hospital for its monthly meeting .

Vice President Elinor Jordan chaired the meeting and opened it by reciting the Auxiliary Prayer.

Secretary, Dawn Oulette read the minutes of November and December. These were corrected and accepted as read.

Phil Marlow, Hospital spokesperson discussed the Strategic Planning Process and mentioned that the Government is to transfer some funds to the hospital. This money will be used for staff-safety purposes. He also informed us that the Minister of Health has accepted an invitation to visit the Hospital in mid March.

Correspondence contained the following: 1) A donation from Dundas Tours (Iroquois) which had amassed $405.05 by its traveling members being penalized $0.25 every time they said 'bus' instead of the accepted word, 'coach'! Thanks to those from Dundas Tours who looked after this. 2) The Spring Conference will be held in Cornwall on April 14. The programme looks very interesting and worthwhile. 3) There was a request to submit names to Region 9 to sit on the Regional Executive. 4) A letter from the Education Committee was encouraging a new member to attend the Fall Conference in Toronto. 5) An invitation came to submit applications for Provincial Life Membership Awards to any deserving and qualifying members of our Auxiliary.

Under the Unit Reports, Grace MaCauley, representing Chesterville (6 members) introduced a new member, Ina Poole. Grace presented a $600 cheque from the Widows' Support Group. She was pleased that at their meeting 14 members including a new treasurer were there. Dorothy Houze presented a $3,000 cheque from the Morrisburg Unit resulting from their Christmas House Tour, Bar-B-Que, Bridge Marathon and donations. There were 6 members from Winchester. Summers/Cass Bridge/Mountain unit (2 members) are hopeful that they have found a couple of younger members who are willing to carry on some of the work that has always been done in this area. Golden Valley & Greely were each represented by 1 member. Frankie Burton from Morewood presented a cheque for $125.75 resulting from their Bridge Marathon.

Of the various committee reports the following was noted.

Joyce Francis read The Gift Shop's financial statement as well as noting 531 hours from Nov.-Jan. The Gift Shop group had met that day and discussed the new cash register that had been purchased and also the need to investigate the installation of an ATM which could be used by both patients and potential Gift Shop buyers.

President Joan Farlinger in her report informed us of the following: -1) A current location for The President's Luncheon on May 20, is being sought - 2)There is to be a birthday party for Doris Cross in the Lion's Hall on Feb.14, from 2:00 - 4:00.

Joan, on behalf of our seriously ill treasurer, Graham Barkley presented the financial report.

The Sunshine Circle report was presented by Ethelwyn Carkner. She thanked the Auxiliary for the Christmas Party and mentioned two new members Freda Armstrong and Sharon Vandervun who are making valuable contributions to the programme. Ethlewyn noted that Graham has been active for 18 years and his absence is sorely felt.

Social & Special Events committee is working on the

Please turn to page 13

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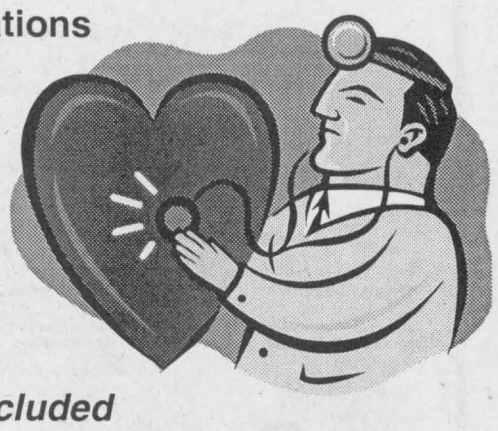

Friday 8:00p.m. keynote speaker;
Dr. Andrew Pipe
From the Ottawa Heart Institute

Saturday: 10:00 a.m. start ***Sessions free, meals not included***
- Cardiology 101: Just for Fun!
- Heart Smart cooking demo, **lunch**, research update
- Afternoon activity: ski, snow-shoe, yoga, aerobics, or nap!
- Pre-supper workshops: yoga, gardening, chiropractic and more
- **Supper** (6:00p.m.) Evening presentation (7:30) by Dr. Graham Jacques

Sunday: 11:00 a.m.-2:00p.m.
- **brunch** / cooking demo & trendy diet talk
- registered massage therapist, and other local practitioners on site
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Chieftain Photo by Lori Roberts

Cash for Life winner

Tony Renaud of Morrisburg is more than happy to show off his $1,000.00 cheque courtesy of his win in the Cash for Life Lottery. He won the money after collecting the letters to spell Cash for Life and is shown here with Angie Morrow (Manager) and Joanne Rossignol. Tony hopes his luck continues as he purchased more lottery tickets from the ladies.

Shop Canadian

R B C Financial Group donates $500 to Inkerman Public School

The past fall, Inkerman Public School received $500.00 from RBC Financial Group through its Employee Volunteer Grants Program. Irene Hanson, an RBC Financial Group at the Kemptville Branch, has been the volunteer treasurer for the Inkerman Public School Council for the past two years and a long time volunteer in the Hot Lunch Program. She has contributed a significant amount of personal time to the work of the School Council and once a month works on the very popular Sub lunch program at the school. Through her efforts, she was able to obtain this $500 donation. This money was directed toward the cost of outdoor volleyball nets and poles which have been permanently added to the school playground.

In 1999, RBC Financial Group launched its "Employee Volunteer Grants Program" to recognize employees for the work that they do in their personal time, by volunteering in their communities. Employees and pensioners earn grants of up to $500 each for the charitable organization at which they volunteer. Since then, more than $1.2 million has been donated to various charities in honour of the work and efforts of over 1000 RBC employees.

In addition to the volleyball net, over the past year, the Inkerman School Council raised funds to add a three loop basketball pole to the primary play area, and added five wooden picnic tables and a bench to the yard.

Shown the photograph taken at the cheque presentation are some of the members of the Inkerman School Council including parents, Irene Hanson, Sue Phillips, Peggy Malcolm, Cindy Schoenfeld, Darlene Sherrer, Cheryl Gibson and Barb Findlay, and Principal Marlene Hunter and Teacher Gillian Shaw.

In the photo: left to right: Sue Phillips, Peggy Malcolm, Cindy Schoenfeld, Marlene Hunter (Principal), Darlene Sherrer, Irene Hanson, Cheryl Gibson, Gillian Shaw (Teacher) and Barb Findlay.

CONTINUED

Hospital

Continued from page 12

Annual Dessert & Coffee Party to be held in the Spring. Lynn Wilson Hospital spokesperson, stated that the Volunteer Tea will be held at the Lion's Hall in Winchester on April 29 at 1:30. Dr. Slowely will lead a sing-song. To sell at the fall Bazaar Lynn is organizing the joint undertaking of making Christmas Puddings. She showed us an updated Auxiliary Volunteering brochure which she has worked on.

The Purchasing Committee has been hard at work in assessing the needs and requests from the hospital staff. Approval has been obtained on a partial list.

Dorothy Houze of the In Memorium Committee reported that some of the requested equipment has been purchased. Over the Oct. 1, -Jan. 30 period 112 volunteerd hours were offered.

The Volunteer Co-Ordinator Hilda Vandekemp said 672 hours were recorded over Dec. and Jan. She also informed of us a family in the area who had decided to donate pennies to the Pennies for Omma fund instead of Christmas Presents this year.

As there was no further business the meeting was adjourned. The next meeting will be March 11, at 1:30 in the Conference Room within the hospital, everyone welcome.

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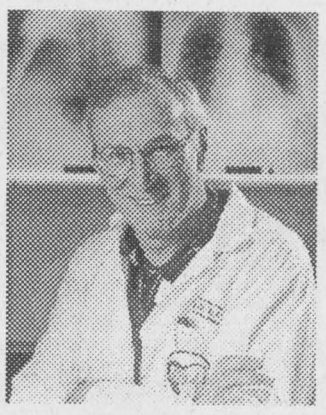
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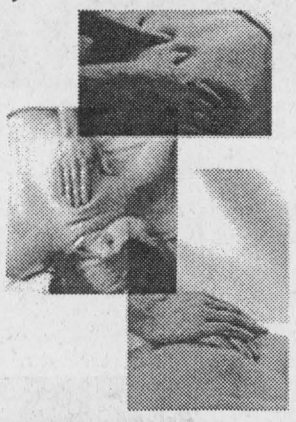
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CONTINUED FROM THE FRONT

Water meters

that with the water metres now in place the many leaks will be detected better. He also told Delegarde that the shut off bleed lines will have to be replaced in the summer months once the frost is gone. George told Delegarde that once the metres are installed a dial will indicate if water is being used. "The metres really do work, they can detect water loss in an unsealed toilet or leaky taps, this will in the long run save water and money for the township."

Eamon told council that they have done leak detection in Iroquois, using township owned equipment, and a number of repairs have been done. There were several valve and hydrant leaks in the old infrastructure which have been repaired reducing water loss in Iroquois by 15%.

Eamon told council that Thompson Rosemount is very happy with the work done by CG Toshack. "We recommended them to you because of price and because they are a local company. The work has gone very well and we would recommend them again."

When questioned by Mayor Lyle VanAllen as to when the final hook up will take place, Eamon told him that April 1, 2005 is the date the water plant will begin operation. He also would like to see council's go ahead to allow a couple of test reads of the metres and a sample bill sent to customers. This would help show what the cost will be and enable them to check for any leaks. In the case of a high price it would also allow people to try and conserve water to keep the cost down.

Tourism

open and set for visitors when they arrive. Quoting facts and figures like the domestic market accounts for 70% of our business, the USA 27%, the overseas guests 2% and Ontarians visiting Ontario account for our largest market share, "Holiday at Home" is the right message to get out; she made everyone realize we are not alone. "Grouping together will benefit everyone-cooperative initiatives yield high benefits." A call to action whereby a must see message attracts visitors would be the way to go. Working with other communities can save money and reap benefits for all.

Mike was at the podium to offer a more localized approach to the industry and suggest methods of promoting what is available here in South Dundas. He told everyone that the 1000 Islands is our "brand" and what is needed is to figure out how we can fit into this brand in order to attract people. Among his advisories were the promotion of the area as a visitor destination through working with local tourism agencies and individual partners, developing a DMO (District Marketing Organization) marketing strategy thereby increasing the economic impact of the tourism industry. "Pooling resources when advertising makes sense, since you can go bigger, add colour and be noticed when everyone puts in the pot." Mike explained his agency's huge distribution area, the number of brochures his agency places throughout the area and discussed the benefits of membership in Cornwall/Seaway Valley Tourism. "Tourism is not as visible nor structured as most businesses and so there is a need to ensure people know its value in the community, the spinoffs created by it and how everyone gains through it, enhancing the community image and the quality of life in the area," added Mike as he concluded.

Susan of the St. Lawrence Parks also spoke of partnering and co-operating as the way to go and using the 1000 Islands branding as a recognized name thereby appealing to a larger audience as a meaningful way to gain exposure for smaller businesses. "The 1000 Islands are a way to identify our region for visitors who cannot locate us very well," added Susan, who works in marketing.

Opening the floor to questions, it was learned that we a very small part of the Ontario marketplace, not considered a prime destination, places like Niagara Falls are tough to compete with. Mike noted, "This means we need to work harder here in South Dundas, we are afterall close to Ottawa and Montreal and accessible from Toronto." Mary added that her agency delivered brochures at Union Station in an effort to attract families to our area, let potential visitors know we are expecting them in S.D.

It was suggested that smaller partners could work with UCV to gain more exposure, especially in advertising like the Alight at Night campaign run in the fall and the Village throughout the summer. Jancis Sommerville advised everyone, "We will approach more local businesses to get involved in our promotions for sure." The idea of complimentary spinoffs was suggested whereby B and Bs could offer a deal when folks come to see the lights, much like the McIntosh Inn does with golf and stay deals. Advertising other activities available in the area along with the Village and the lights seemed a viable option to most.

Lynne Cooke (Casselman) spoke about the history of the area as a draw, the divers and how to encourage these people to stay around for a while.

Linda Bowers of the Tourism Association alluded to the treasures and history in S.D., but added without a big budget some options are not viable to everyone. "We must know what we have to offer, and invest time and money into promoting it as well as getting what we are missing to complete the puzzle. Collectively use the talent, and knowledge we have to showcase our rich history. How can we help one another of we are not aware of what the other person has? Each of us needs to be a part of a bigger partnership in order to prosper and succeed."

Glen Cunningham stated, "We need to look at S.D. as a whole community, not as individual businesses, there is a lot to our area. We all need to understand the community, listen to the various views and opinions and work through to a solution that fits everyone best. Hold S.D. above all else."

Linda Bowers concluded by saying, "We have the SDEC and Ann Marie available to us, she can co-ordinate another planning session, acting as a facilitator, she has the resources to get things moving on this." Anyone wanting to volunteer can call 543-4558, or email to amwaddell@twpsd.net. The website is southdundas.com

Important websites for information on the issues are www.tourismpartners.com a ministry site and www.cornwalltourism.com (Cornwall and Seaway Valley Tourism).

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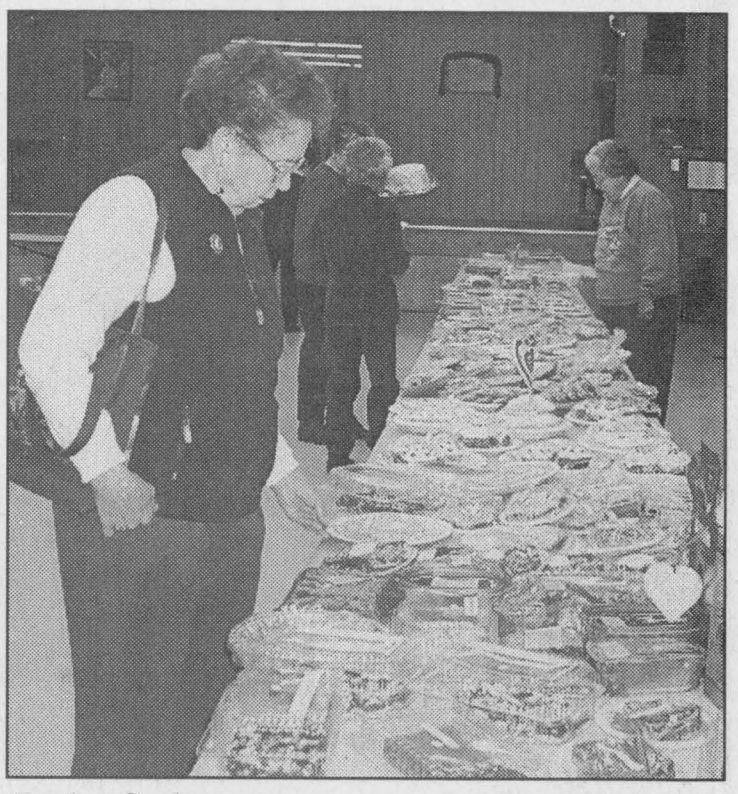
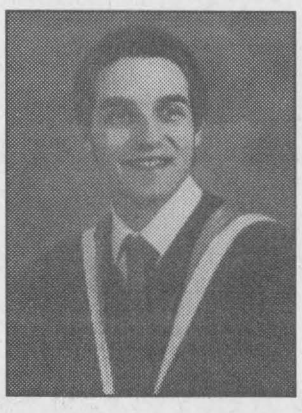


Bake Sale

The Legion hosted a very successful Valentine's Day bake sale and tea a few weekends back. Here we have a full table of wares and a group of interested customers checking out some terrific cakes, cookies and breads.

Chieftain Photo by S.L.Johnston



MILLARD - Doug and Joyce Millard are proud to announce the graduation of their son Michael Edward Millard from Wilfrid Laurier University on October 26, 2003. Michael earned a Bachelor of Arts Honours degree with a concentration in communications studies and psychology. He is currently editor-in-chief of "blueprint", the Wilfrid Laurier University magazine.

Michael is the grandson of Jane McCaslin of Iroquois and the brother of Adam, London, U.K. and Emily, Victoria, BC

Burn it Smart workshop slated for South Mountain

Tens of thousands of families in Eastern Ontario burn firewood in wood stoves, furnaces and fireplaces. Using wood involves taking an active part in heating the home, and in addition to saving on home heating costs, tasks such as managing the firewood supply and tending the fire can be enjoyable and satisfying. But like the other energy sources there are environmental impacts when wood is burned for home heating and enjoyment.

The main impact is the smoke, a problem having two dimensions, the community and the neighbourly. At the community level, topography and climate can conspire to trap smoke close to the ground. The polution is visible in some Eastern Ontario communities on calm winter mornings. It is also an unpleasant and downright unhealthy, especially for children, the elderly and those with respiratory sensitivities. A different kind of problem arises when one household's wood smoke is so dense that the neighbours are driven indoors and even there the smell permeates clothes, rugs and drapes. Both problems are serious and together they can give wood burning a bad name.

There are several practical steps householders can take to reduce wood smoke, including better fire stoking techniques and upgrading to one of the new advanced technology wood stoves or fireplaces. Wood smokle can be reduced considerably if fires are built and maintained correctly. Advanced stoves certified for low emissions by the US Environmental Protection Agency (EPA) emit about ninety percent less smoke than older conventional "airtights".

Eastern Ontario householders who burn wood for heat and enjoyment are invited to attend an evening workshop at the South Mountain Fire Station, 2967 Lough Road. There is no charge to attend. The workshop starts at 7:00 pm and concludes at 9:30 pm. People are encouraged to arrive at 6:30 pm so they can view the outdoor burn display which shows the dramatic differences between older "airtights" and the new advanced technology stoves.

The workshop series is being organized by the Wood Heat Organization Inc. A non-profit group that promotes the responsible use of wood fuel at home. John Gulland, one of the organization's staff, says such workshops have proven highly popular wherever they have been offered. "People really enjoy these workshops because they discover that their interests and concerns about wood burning are shaped by just about everyone else."

He says the typical questions are, Am I operating my stove (or fireplace or furnace) correctly? Is my wood burning system up to date? How can I identify good firewood and how can I avoid being ripped off? "These are exactly the kinds of questions the workshop will answer," he says.

The workshop is financed buy a contribution from Environment Canada, as well as the sponsorship of several wood stove, fireplace and chimney companies and the Ontario Ministry of Environment. Gulland says, "We like to involve related businesses and other agencies because these linkages help to promote the workshops and some very good ideas about wood burning."

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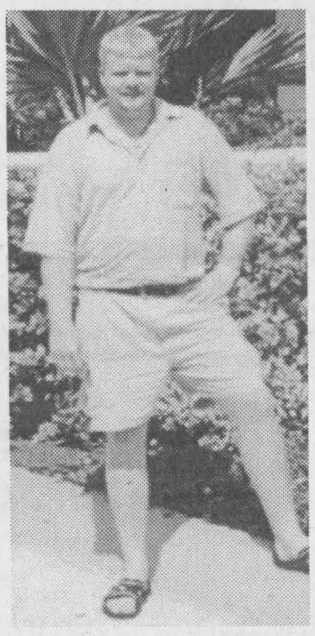

Travis
Lost: 54 lbs., 43"
Quote: "I found the staff to be very helpful and encouraging ... If I had any questions, even if I just needed to go to the grocery store and needed suggestions as to what I should buy, they would have an answer for me. I have more energy and I don't tire as quickly. I am more flexible, do not get sore muscles as quickly as I used to and my back and knees are not sore anymore. I feel better about myself and my self-confidence is better. The program helped me lose weight while eating a balanced meal, naturally, as well as how to maintain a balanced, healthy lifestyle

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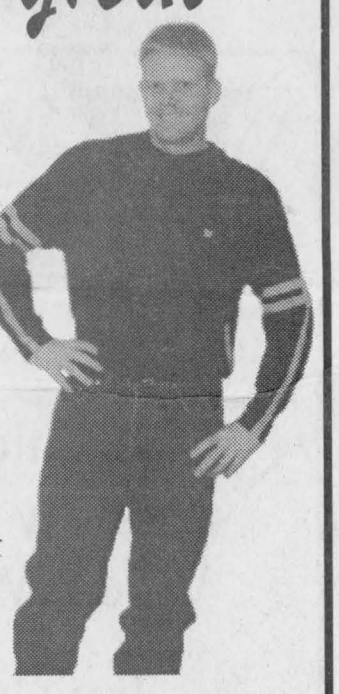

*based on full program, excludes product

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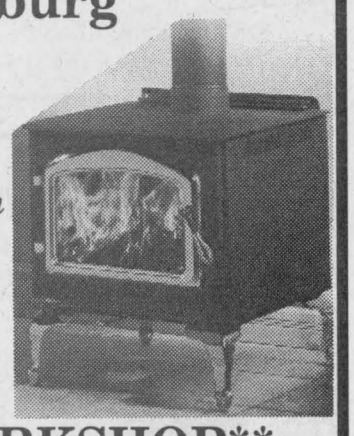

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BURN DEMO 6:30PM, WORKSHOP 7-9:30PM FREE!
Any questions, or for more info call Joy Harbers 535-2301
Hope to see you there!!!