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The Morrisburg Leader

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HOLIDAY WEEKEND OPENED WITH BANG



Pictured here is all that remained of two autos involved in a crash at Riverside Heights last Saturday, as the Labour Day holiday weekend got underway.
Vehicles involved were: a '69 Cadillac driven by Miss Bubria Witt, 38. Her passengers were Miss Patricia Paul, 22; Mrs. June Harvey 27 and her children Elliott, 4 and William 2, all of Cleveland, Ohio. Second car in the crash was a '72 Mustang driven by Joel Anderson, 28 with Mrs. Leona Anderson 22 and their 10 month old child Dana, passengers. The Andersons are from Kingston, Ont., and all three, according to police are in serious condition in hospital at Ottawa. Two-yar old William Harvey is in intesive care at an Ottawa hospital. All other passengers in the Cadillac were treated and released from hospital.

—Photos by A. Thornton

Plans Complete for New Arena Opening

The Cornwall Centennial Orchestra, an 18-piece band, will highlight the gala ball at the opening of Morrisburg's new Community Centre addition on Saturday evening. This well-known and popular band is comprised of four smaller orchestras which will specialize in rock, country and western, jazz and swing throughout the evening as well as the slower numbers. One of the features of this group of talented musicians is to play any number requested by those attending.

Dancing begins at 9 p.m. following the official opening which starts at 8 p.m. with Ed Lumley, MP officiating at the ceremonies. Many area and local officials will be in attendance.

One of the events of the evening will be the drawing for a $100 door prize. Tickets will also be on sale for a $1,000 bond draw in aid of the Zamboni Fund. This draw will be made on Saturday, Sept. 28 during the Morrisburg Trade and Home Show.

The continuous buffet, beginning at 10 p.m. will be catered to by Mrs. Theresa Barkley with food by Dominion Stores Ltd. Tickets are available from the Zamboni Committee, comprised of representatives of the Morrisburg service clubs, civic groups, sports groups, recreation committee and Community Centre Board. This committee is under the chairmanship of Bill Dillabough, assisted by Lloyd Barkley, treasurer. A complete financial statement of the opening and the dance will be published in the near future by the chairman.

On display for the first time will be fibre glass draperies hanging along the perimeter of the entire ice surface of the arena. This project is being financially sponsored by the Old Timers Hockey Team, the Lions Club and Firemen, the Chamber of Commerce and the Village of Morrisburg with Mrs. Norma Hill convening the sewing assisted by several interested civic-minded women.

All funds raised at the gala ball will go to the Zamboni Fund for purchase of fast up-to-date ice-cleaning system which will ensure a superior ice surface for hockey, figure skating and recreational skating.

Tickets which are five dollars each or ten dollars a couple will also be available at the door. For those wishing to only attend the official opening at 8 p.m. the admission is free.

C.N.I.B. Campaign for Funds Opens Sept. 9th

"Talking books are aiding blind people to read more than ever before" says Mr. John Corbett, Chairman of the Dundas County Advisory Board of the Canadian National Institute for the Blind.

In The Three United Counties talking book readers range from 8 years of age to 89. They are provided without charge with machines designed to play the special cassettes on which the books are recorded. The books are sent to the readers from the CNIB National Library and the local CNIB Advisory Board accepts thhe responsibility for keeping the machines repaired.

Beginning September 9, 1974 the CNIB will conduct its Annual Campaign for funds in The Three United Counties. The money that is raised will be used locally to give many other services beside that provided by the library. One of the objects of the CNIB is to help blind people lead happy useful lives. Through special training in useful skills to enhance their home lives, through help with education, through employment, through special recreation programs and in many other ways their lives are enriched by the services of CNIB.

Because an average of 6 Canadians lose their sight everyday the CNIB is interested in preventing blindness. In special circumstances help is given to obtain glasses such as following cataract operations or for little children afflicted with crossed-eyes. A representative of CNIB works with the Boards of Education and the CNIB works with the Health Units, the eye doctors and other organizations so that no-one who is in danger of becoming blind goes without eye care. Once a year the CNIB asks for financial support from the general public to pay for its services. Contributions to the CNIB are subject to income tax exemption. It is hoped that once again people will respond generously to the CNIB appeal. 55 legally blind persons in The Three United Counties and an estimated 100 people needing preventive eye care will benefit from public support CNIB services in the coming year.

There is still a need for canvassers for Morrisburg so would anyone wishing to volunteer their services please call Mr. John Corbett telephone 543-3300. Thanks.

"Summer Event" By U.C.W. Held At Montreal

This year's U.C.W. "Summer Event" for the Montreal-Ottawa Conference United Church Women was very capably convened by the Quebec-Sherbrooke Presbyterial U.C.W. at the College Marie Victorin in Montreal. Excellent meals and other services were provided by brother Healey and staff of the College.

The date of this year's event was August 9, 10, 11 and the general theme was, "All in the Church Family." Approximately two hundred women and some of their families attended, with sixty seven coming from the Seaway Valley area.

Some of the highlights of the event, (which everyone agreed was the best yet!) were the speakers; Dr. Merle Jordan, professor of pastoral theology, Boston University, and Rev. Peter McKeller, chairman of the Division of Mission in Canada and World Outreach, also former missionary to Sierra Leone, West Africa, and an expert on rural ministry in Canada. Dr. Jordan's talk followed the theme of the conference, "All in the Church Family" and dealt particularly with communication within the church family-constructive and destructive, also ways of dealing with anger, grief, guilt and conflict in the context of a love rlationship.

"People need to be open to love, to be themselves, glad to be alive and we can do that only when our lives are anchored in the Rock of Ages."

Besides giving excellent leadership in the Rural Ministry Workshop, Rev. Peter McKeller gave a dynamic presentation on Missions which prompted an impromtu offering to be taken for mission work.

Another highlight was the music. Everybody had fun learning new and old nonsense songs and more serious songs and hymns under the enthusiastic leadership of David Irwin of Winchester. People who had never played before were seen playing his simple instruments. Theme song of the weekend was, "Cole as a Little Child" and it was sung many times each day.

SHARE, folk group from Heckston, led in Saturday night singing and worship.

Each person attending the conference took part in two Interest Groups which included Music, Crafts, The Growing Family, Dealing with Grief and the Fural Ministry.

Saturday night was Fun Night and each presbyterial presented some entertainment. Seaway Valley's contribution was a humorous contest. An item of interest that evening was a serious, though also humorous, sketch of the Summer School since it started around thirty years ago. It was prepared and presented by Montreal Presbyterial.

Summer Event ended with a very meaningful Communion service conducted by Dr. Jordon and Peter McKeller.

Plans are already underway for next Summer's Event which will be under the leadership of the Ottawa Presbyterial.

OPPORTUNITIES FOR AREA BUSINESSMEN AT CORNWALL

Specific information on some 1,500 manufacturing opportunities from around the world is being offered area manufacturers and businessmen during a Manufacturing Opportunity Days program set for Sept. 26 and 27 at the Holiday Inn, Cornwall.

Objectives of the program, organized by the Ontario Ministry of Industry and Tourism in co-operation with local industrial commissioners, include providing information on licensing and joint venture opportunities, inventions, available contracts and surplus production facilities.

The program also furnishes information on the many other services offered by the ministry to Ontario manufacturers.

Individual appointments may be arranged through Mrs. D. Collison at the ministry's Brockville office, 143 Parkdale Ave. Telephone (613) 342-5522.

Area Man Winner of Trip to Hawaii for 2

Wilburn Robinson, well known resident of the Chesterville area, awakened to a pleasant surprise on Thursday morning, when he was advised by telephone that he was the winner of a 10-day vacation for two in Hawaii. Mr. Robinson won his prize in a draw sponsored by Morrisburg Temple Board, and his ticket was drawn on Wednesday night by Morrisburg Reeve Earl Baker. Seller's prize of $200.00 went to William Disotell Sr.

SUCCESS ASSURED FOR TRADE, HOME SHOW

At a meeting of the Morrisburg Chamber of Commerce directors on Tuesday morning it was reported that all exhibition space has been sold with a waiting list of four or five exhibitors for Morrisburg's annual Trade and Home Show on Sept. 26, 27 and 28.

Doors will open each evening at 7:30 p.m. with advance tickets remaining at three for one dollar, as in previous year. Regular admission is 50 cents.

Bill Marshall chaird the special committee meeting and Alex English reported that the Thursday and Friday evening shows will feature O'Bie O'Brien, well-known magician from Canton, N.Y. He also reported that cash door prizes totalling $100 each evening will be drawn.

On Thursday evening, Ed Lumley, MP will officially open the show following the Canadian Club dinner. Saturday's highlight will be a fashion show sponsored by Edie's House of Fashion, Casselman's Shoes and "My Little Hat Shop".

Also on Saturday evening will be the drawing for the $1000 bond in aid of the Zamboni Fund. Sponsored by the Old Timers Hockey Team a $100 draw prize from the sale of 25c programs will be given away. Organ music will be heard on the stage each evening, courtesy of Fawcett's Organs and Pianos of Winchester.

Visiting the show on Saturday evening will be a tour group from Pennsylvania who will be in the area with their mobile homes. A new feature in the food line during the entire show will be Robson's southern fried chicken.

It is hoped that centre aisle exhibitors will keep their exhibits to eye level so the stage show may be viewed from all areas of the arena.

4th Annual Meeting Held by Sr. Citizens

The fourth annual general meeting of the Morrisburg Senior Citizen's Club was held in their club room on Friday evening August 30th, presided by the retiring President Mrs. Edythe Manning. A good percentage of members were in attendance, and following the treasurer's duly audited report, a fairly long and comprehensive report of the past year's activities was presented by the president, and accepted by all the members present. The minutes of the last meeting of this past year was read by the secretary, and followed by a brief report of the annual convention of the United Senior Citizens of Ontario which was held at McMaster University in Hamilton during August 19, 20 and 21st and at which the Chairman of the Zoning Committee, Mr. Charles McGinnis, was a delegate.

Due to the fact that a nominating committee had not been selected for the election portion of the meeting, the president called for nominations from the floor, and the following members were elected to office.

President, Mr. Gordon Mulholland; 1st Vice President, Mr. Basil Glover; 2nd Vice President, Mr. Charles McGinnis; Treasurer, Mr. C. E. Manning (Re-elected); Secretary, Miss Mary Van Allen (Re-elected); President Ex-Officio,—Mrs. Edythe Manning.

The new president has decreed that the business portion of the bi-weekly meetings (Wed. afternoons and Fri. evenings) would be held once monthly (The first Fri. evening of each month.)

The first meeting of the new fiscal year will therefore be held on Friday evening September 6th, and will be precedd by a Pot-Luck Supper starting at 6:30. It is hoped that a good turnout of members and potential members will attend this first meeting and manifest their support of the new president. Membership cards are available at each meeting, and a hearty welcome is extended to all.

M. McCRACKEN SWEEPS WEEKEND GOLF EVENTS

A field of 52 golfers played in the Mixed 2 Ball Tournament last Saturday and when all the divots were replaced and scores tallied, Mae McCracken and Kevin Duvall were declared winners. — The two golfers used 88 strokes over the 18 holes and had a sparkling 42 on the front nine from the red tees. Other prize winners were Wendy MacDonald and Kurt Hemple, Alice McNairn and Blair Robinson, Marie MacDonald and Ed Laplante, Jean DeVaul and Dennis Hill, Jennie Emmerson and Tom Cheeseman, Gladys Bolton and Jack McCracken.

Mae McCracken scored again on Sunday when she teamed up with husband Jack to finish first in the annual Husband and Wife match. The McCrackens had a 5 stroke lead over the runners-up, Jean and Fred DeVaul.

Golfers are remineded of coming events over the next 2 weeks. Class "A" juniors play a qualifying round at 11 a.m. on Sunday Sept. 8th, with the 3 low scores going to the Ottawa District Championship at the Ottawa Hunt and Golf Club later on in September. At noon, the Senior Trophy Match will begin and a good field is assured for this event. And at 1 p.m., all the younger juniors will tee-off in the Hosea Droppo Jr. "B" Trophy Competition.

The ladies come into their own on Sadie Hawkins Day, Sept. 15, They must pick a male (not husband) golfer as partner and pay the tab for entry fee and lunch. Perhaps women's lib isn't what it's made out to be. The entry list is filling for this slightly unusual golf event.

The Twilight League final, played on Monday evening, was won by Bob Robinson's team of Danny Rice, Jeff Cassell and Garth Baker by a clear margin of 3 points over the hard luck quartette headed by Don Mabo with Ralph Duvall, Jeff Scully and Russell Cameron.

The final game culminated a keenly contested schedule and Club Captain Wm. Gale and Tournament Chairman Garth Baker the Monday evening games. The golfers are now looking forward to the 1st Annual Twilight Banquet and Prize Presentation scheduled for Monday, Sept. 9th at the Clubhouse.

Scouting in the Ontario Parks

A lot of people went camping on their holidays this summer. It was a great way to get away from the hectic pace of the city, and get back to the good things of nature.

The Boy Scouts of Canada has always been keen on camping. Scouts experience camping skills at an early age, and providing resources to thecmfwypetaoinwyp opportunities for using natural resources to the fullest is one of Scouting's fundamentals.

With a great number of people taking up camping these days, there is a need for the Boy Scouts to share their knowledge. A pilot project, "Scouting in the Parks", was conducted during the summer by the Boy Scouts, under a grant from the "Youth in Action" program of the Ontario Government. Visitors to Earl Rowe Provincial Park near Alliston, Ont. were able, for the first time, to utilize the camping know-how of two Rover Scouts, Donald MacDonald, 18, and Daniel Bryant, 19 —both students — provided service and assistance to park visitors from their "Camper Service Centre".

The two Rovers spent all summer helping people to set up tents build campfires, and operate portable camp stoves.

Hundreds of people, trying camping for the first time, were assisted, and the Rovers helped to make their camping experiences more enjoyable.

Each day, Daniel and Donald offered one or two lectures, hikes, nature lore demonstrations, or they shared, with park visitors, some of the skills they had picked up as Boy Scout members. The most popular demonstrations, they said, were those concerning the proper use of an axe, knife and saw; handicrafts and orienteering (use of map and compass). Once, no fewer than thirty-eight people learned macrame during a single session. It was not surprising that over two miles of hemp twine was used up over the summer.

According to Donald MacDonald, practically everyone at the park used a portable stove, but some people weren't sure how to operate them safely. A representative of the Canadian Coleman Co. had given the young men a crash course on his products, and the knowledge proved valuable. It is likely that a few burned fingers and a few singed eyebrows were saved during the summer as a result of the Rovers' guidance.

One of the more challenging jobs was assisting people who attempted to erect their own tents but made a mess of it. "They would jam two aluminum poles together, which weren't designed to fit in the first place," Daniel said. "Then they would request our help in pulling them apart," Instructions for pitching canvas tents are not usually very clear, he commented.

The Rovers told of one lady, camping alone with her children, who somehow set her tent on fire. She realized that her husband would be furious, so she called on the Rover Scouts to restore the ill-fated tent to its original quality. (At last report, Donald and Daniel were considering entering the tent repair business.)

There were from 10-12,000 visitors at Earl Rowe each weekend. Extra help came in the form of three volunteer Boy Scouts or Venturers who came to work from Friday to Sunday. The additional service they provided was appreciated.

Working on "Scouting in the Parks" meant not only sorting out campers' problems, but dealing with various organizations and government agencies. Donald complained of being swamped with paperwork — reports in triplicate, official forms, and so on. He was heard muttering, "There are more people writing **reports** on this thing . . ." (That includes, I assume, people writing stories for newspapers . . .)

Daniel said his job was frustrating sometimes. Occasionally, they would be awakened at 2 a.m. with orders to eject the town drunk from the park. Daniel was responsible for handicraft sessions besides assisting Donald in many of the demonstrations.

Donald MacDonald is, like Daniel, from Strathroy, Ont. "I'm a camping nut," he said. "We learned from a book how to make a refrigerator using two large pails —one filled with water, which evaporates and provides the cooling effect." He enters Forestry at Lakehead University in September.

What is the future of "Scouting in the Parks"? The success of the pilot project has yet to be determined; all of the agencies involved are in the process of analyzing their innumerable reports An early evaluation, though, shows that it was an unqualified success. Those closely involved with "Scouting in the Parks" want to see it expanded in future years to include more Provincial Parks —and in other provinces, too.

It looks as if a Boy Scout "Camper Service Centre" will become a familiar sight to campers, as more and more people take up the activity every year.



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Sweetie Pie



"He threw me!"

WORKSHOP HELPS MATURE WOMEN PLAN REST OF THEIR LIVES

"What Should I Do Now?"

A workshop now winding up here has proven its value in helping mature women to find new directions for their lives

Each summer, the University of Oregon sponsors two workshops of 20 students each. Like life-planning courses in colleges throughout the country, Oregon's workshops help mature women make decisions and chart their lives for long-term personal fulfillment.

In just five days, women in the small, personalized program concentrate on what they'd like to do. Beginning on a Monday, they balance interests and skills against drawbacks and responsibilities. By Friday they make their choices and their first move.

"Make a commitment," instructor Donna McKenzie, 47, tells her workshop. The women consider all alternatives: working, going back to school, volunteering, or staying at home as a housewife. "Even deciding to make no change is a choice," explains Mrs. McKenzie. "Our focus is decision-making and implementation."

Wide Age Range

Participants are guided by work shop counselors, vocational tests, and by the other women as well. Although the official course title is "Life Planning for Mature Women," and the average age is mid-forties, some women are as young as 21 or as old as 69.

"There's a lot of inter-generational learning," instructor Fran Page, 28, points out. "Women can see from one another the consequences of making different choices. There's real value in knowing what happens when a woman chooses to stay at home with the kids for 20 years."

What does happen, according to the counselors, is that women have no direction beyond motherhood. They're also likely to have a low self-image and morale, which comes through in an exercise called "life-line." According to Fran Page, "the women draw a line representing their lives. It can be straight or curvy or whatever, and the most common line has been a low dip just before coming here. Then it turns up slightly. They're near the bottom, psychologically speaking, but they're on the way up."

"Just coming here is a first step adds Donna McKenzie. "It takes gumption to leave your house and come to a college campeus. And that's an asset."

Exploring Interests

Part of the $50 course fee goes toward vocational testing. "A few women are interested in everything and they need to concentrate on just a few areas rather than the whole world," remarks Fran Page. "But more often they haven't considered many things. We try to broaden their interests."

Hidden talents are often brought into the open. One mature housewife, who thought she'd have to go to school to learn a skill, discovered she already had a viable one. "As a homemaker she always sewed, "Donna McKenzie relates. "Through our workshop she built up enough confidence to get a job as a draper's assistant. She didn't have to tackle that huge educatio system."

Mrs. McKenzie, a mother of 5 who did go back to college at 39, and Fran Page, who says her biggest decision was to end an unhappy marriage, bubble with enthusiasm about their workshop success stories. But they also warn realistically that life-plans must be flexible and have alternatives built in. "Plans must be open to change because there's new information always coming in However, you should still have a plan," they recommend.

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• The St. Lawrence Parks Commission, which cares for Old Fort Henry, Upper Canada Village, and 14 major park sites between Lake Ontario and the Quebec border, invites you to consider our riverside pastimes.

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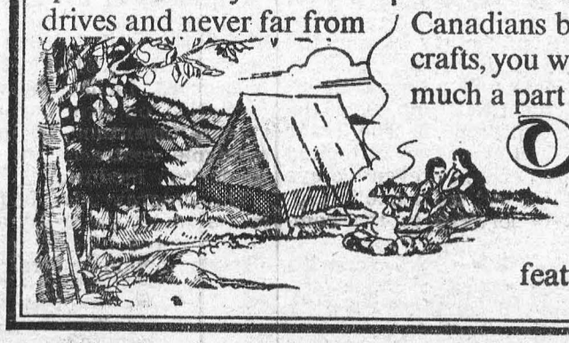

The Heritage Hwy. (No. 2), or the 401, offer campers picnic grounds, beaches, golf and many fully serviced sites.



Upper Canada Village near Morrisburg (401 exits 119 and 120), brings together in one place the story of pioneer Ontario. Among the 40 odd authentic buildings and a host of costumed Upper Canadians busy at their crafts, you will feel very much a part of the 1800's.

Old Fort Henry at Kingston, with access via exit 104, features precision drills daily by the famed Fort Henry Guard. On Wednesdays and Saturdays until Labour Day, with the exception of August 21 and 24, a spectacular sunset retreat ceremony will be staged.



To find out more about our old times—good times, write:

The St. Lawrence Parks Commission
Morrisburg, Ontario

Ministry of Natural Resources

Weekly Report

The Hungarian partridge, a plump, short winged, grey to brown game bird inhabiting the farm lands of eastern Ontario, appars to be making a slow comeback after declining to very low numbers in 1969. The reasons for such declines in the "Hun", as they are sometimes called, is not well understood but since records began on hunting success in 1950, there were two other "lows", one in 1955-56 and another in 1963-64. "Highs" and lows" are characteristic of this bird elsewhere on its range which in Ontario includes lands bordering the St. Lawrence River, Prince Edward County, the Niagara Penninsula and E s s e x County. Elsewhere on this continent it is found mainly in the southern part of the lake states and from Manitoba and Minnesota westward except for mountainous areas.

The first introduction into North America from its native Europe and Asia was made in New Jersey in the late 18th century by Richard Bache, son-in-law of Benjamin Franklin.

Many "Hun" introductions were made after the turn of this century, with those in the grain farming areas of the mid century, with those in the grain farming areas of the mid western states and provinces being the most successful. In Ontario, many introductions were made at this time but it was not until tthe late 1920's and early 1930's that these became successful in eastern Ontario producing what has since been regarded as the largest concentration of Huns in the province.

In 1973, interviews with hunters in the Winchester area, which is generally thought to be the main part of the eastern range showed an unexpected improvement in hunting success. A summer roadside survey to detect partridge abundance has been conducted by the Ministry of Natural Resources since the "low" year 1969 but the birds have been so scarce throughout this abnormally long low period that few have been detected. The survey was prompted by a desire to have reliable information on partridge abundance so that the many inquiries on the subject from such distance points as southwestern Ontario, Pennsylvania, New York and Michigan could be dealt with.

Beginning in early August this year, the Ottawa office of this Ministry initiated a random survey of 48 farms in the partridge range of the Ottawa-Carleton region. The results of the survey show that Huns are still rather scarce but are more abundant than a year ago. Since the spring 10 farms had sightings of "Huns" compared with 4 in the same period a year ago. Winter and spring observations by farmers also showed an increase. There were 12 farms with "Hun" sightings last winter compared with 11 farms the winter before. In spring there were 9 farms with partridge this year giving an increase over the 5 farms the previous spring. The greatest majority of farmers interviewed did have Huns on their farm at one time but hadn't seen any for years indicating that the population has a long way to go before it could be considered abundant once again.

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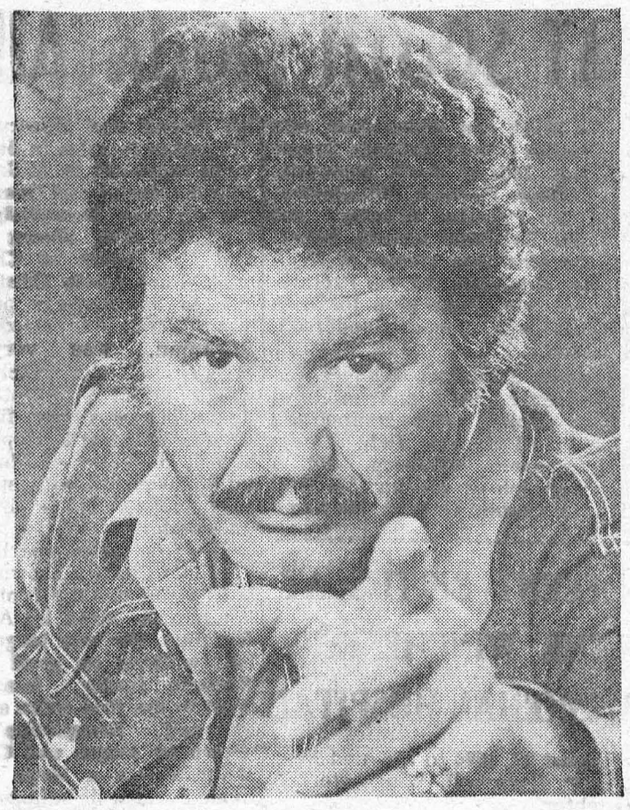

The incomparable Bruno Gerussi stars as Nick Adonidas in CBC television's Beachomber series, which returns Sunday, September 15th at 7 p.m., for its third season as a top-ranking show for family members of all ages.

Now Hear This

In mid-September, CBC Radio begins four months of musical celebrations commemorating the centennial of the birth of this century's most influential and controversial composer — Arnold Schoenberg. The composer was born Sept. 13, 1874 in Vienna, emigrated to the U.S. in 1933, taught at the University of California from 1936-44, and died in Los Angeles in 1951. CBC Tuesday Night, Music Alive, Themes and Variations, and the CBC Vancouver Chamber Orchestra will all feature music by Schaenberg in the coming months. And CBC-FM's Music of Today begins a 10-week series Sept. 11, written by the most ardent clebrant of the Schoenberg centenial, pianist, documentary-producer and story-spinner Glenn Gould

The Entertainers, Sunday, Sept. 8, has an interview with Paul McCartney about his newest album, Band on the Run, and the possibility of a much-rumored Beatles reunion.

The Ottawa Valley, with its unique traditions and folklore, is the focus of attention on CBC Tuesday Night, Sept. 10. Poet Joan Finnigan tells her personal recollections of the area where her family were pioneers. On Part II, Lennox Gavan, folksinger, songwriter, ra conteur and hotelier, sings traditional songs from Ireland and the Valley, as well as some of his own material, from his hotel in Quyon, Quebec, 30 miles from Ottawa.

The first of two programs on insanity is heard on Concern, Wednesday, Sept. 11. It includes a test that the listener can join in to find out about his level of schizophrenia, and a visit to the maximum security hospital at Penetang, Ont for the criminally insane.

1974 marks Winnipeg's 100th anniversary. It's also Mayor Stephen Juba's 60th birthday, making him mayor for almost one-fifth of the city's history and for one-third of his own life. Between Ourselves presents a profile of King Juba on Friday, Sept. 13.

Swiss-born Francoise Xenakis, wife of the Greek composer, is a playwright of some renown and her drama, She'd Tell Him on the Island, has been adapted for CBC Stage, Sept. 7. Vivien Reis plays a wife visiting her husband, Jon Granik, on an island penal colony belonging to an unnamed country run by a dictatorship.

DENTAL TOPICS

Supplied by The Canadian Dental Association

A Dental "Phrophylaxis"

The presence of calculus (tartar) - a hard foreign matter that clings to the necks of teeth — is one of the commonest causes of irritation and inflammation of the gums and tissues holding and supporting the teeth, says the Canadian Dental Association.

Calculus comes from the saliva in the form of calcium salts which are deposited like boiler scale on the teeth. In time it builds up in layers. It also comes from calcium which is released from the tiny gum blood vessels and deposited beneath the gum margins on the surface of the root.

If calculus is present the dentist removes it with a fine, sharp, hook-like instrument called a scaler. The scaler pulls, pushes and scrapes the calculus away from the tenacious grasp on the tooth. After scaling, the teeth are polished to burnish all exposed surfaces and diminish the chances for new calculus deposits to stick to the teeth. The combined procedures of scaling and polishing are called a dental "prohylaxis."

Fix-It Tip

Place a piece of heavy aluminum foil between the seat cushion and the spring on each patio chair to prevent unsightly metal rust stain on the seat cushions. The foil works perfectly on the chaise lounge springs, too. Protect the outdoor pillows from rain and dew by removing the decorative cover, wrapping the inner pillows in heavy foil, sealing the edges tightly with a double fold, then putting the decorative cover back on.

YOURS SINCERELY

BY MRS. WELLWOOD ADAM

I was reading about what is believed to be the "happiest living room in all of Scotland, U.K. It isn't a house, either! It is in a rented shop, in the centre of a small town called Newburgh, in Fifeshire, and a favourite and well-known Shire of mine.

It seems, on a cold and rainy day, something like what we can get, sometimes, during the year in Morrisburg . . . that an elderly woman was sheltering in a store door-way, she was tired and wet through. She didn't really have to be out on such a day, but she was lonely, and needed someone to talk to. And where she lived was two or three long blocks away from the shops, she had got wet and chilled walking to the shops. She dreaded, what was for her, the awful walk back.

It was one of the leading church women of the town who noticed her that wet day, and it made her think. Eventually she came up with a plan, talked it over with others, then together they found an empty shop in the main street of shops etc. It was a splendid place, just right, and close to the Clinic, and P.O., and the churches were also easy at hand. So the shop was rented, and cleaned and papered and furnished, just like any comfortable living room in anyone's home. It is now opened two days a week, so that when certain of the Senior Citizens who have to walk from their homes, come into the town, they can shelter, rest, have a cup of hot tea or coffee, and be sure of having someone to chat with there

Morrisburg has a similar idea, but the meeting place is in the Civic building with all the amenities, to a degree, for the mmbers of the Senior group there, and it is open every afternoon, and it is reasonably central.

There is so much that Canada owes to its Senior Citizens, from those in both high and low places, in government and in society.

For instance, and as a matter of interest, some of our neighbouring communities "along the line" have been ahead of Morrisburg in their planning and preparation for homes for Senior Citizens for a long time now Indeed, a few have them built and already occupied!

However, Morrisburg is slowly catching up, and with Government financial aid, I hear is to build twelve units - not a particularly overwhelming number considering there are a great many Senior Citizens elegible in this Village and surrounds.

The next important step, I should imagine, is to consider the right site for the erection of these units. Not an easy matter, and it would take some time of extremely careful planning and examination of the ground and property of the Village, and of course in agreement with the people in residence there.

The choosing of the right site is all-important, for the area, and like the little rented shop in that Scottish small town, it needs to be essentially central, as close as possible to the shopping area, the Civic building whre the daily meeting place is, the Clinic and Library, and certainly near to the Churches. It has to be remembered that not all Senior Citizens own cars, so there is often a good deal of walking done, for lifts are not always at hand when needed. And I am still reminded of the winter months and conditions outside as well as the many hot, dry days of the summer months. Our Senior Citizens as a whole must not be forced to walk two or three blocks to and fro regarding the stores, Clinic, Library, or the Churches, winter or summer. You will agree with me?

The days have long gone when buildings have been chosen or designed by a younger generation and hidden away in some rural setting, or on any frontage, or any lake shore road, with long walks for the Citizens as a result.

As I said before, any government, federal, provincial, or local, owes much to the past effort and honest work of our older citizens, now retired, who have made Canada what it has been. So nothing less than three VERY BEST's is their due. The VERY BEST of planning, culminating in the VERY BEST site, and then the VERY BEST of materials and workmanship for the building of these twelve units should be expected. It would be very nice if the units were to be in bungalow fashion, for stairs and steps are quite obsolete for older people these modern days, aren't they? And again enough ground would need to be chosen in order to add more units as the years go on.

Also, I might gently suggest that the planning committee could consult all the citizens for their valued views on a site, and particularly those of our present Senior Citizens. They are the ones who will, in time and in turn, be living out their lives in the units.

Well, these are my own individual thoughts about this all-important matter of the site. There must be very many more thinking along the same lines, and no doubt very certainly among our very mature-thinking "town-fathers". It is good to think that they will be remembering their own parents and some of the possible difficulties they reached in their later years. And, too, these chosen laders of our Community, will one day attain their golden year, if not as vet, so that a fine foundation of thought on this matter of a site with its so-needful amenities, will bring a sure harvest of serenity in the years to come.

What do you say?

REMEMBER
HELP YOUR RED CROSS
TO HELP

FRONT PAGE CHALLENGE



Moderator Fred Davis must be among the record-holders as long-run host of a long-run TV show, Front Page Challenge. The show goes into its 18th season on Tuesday, September 17, at 9:30 p.m. Davis joined the original series as moderator in the fall of 1957, a few months after the birth of Front Page Challenge.

LOCAL AND GENERAL

Mrs. Marvin Hamilton of Ochre River, Man., spent a few days visiting her cousins, Mr. and Mrs. Basil Glover.

Mr. and Mrs. Donald Mulholland, Marcia and Elizabeth of Sundbury visited Mr. and Mrs. Gordon Mulholland last week.

Lakeshore Drive United Church Sunday School opens September 8th at 10:45 in Allan Hall. Everyone of any age is welcome.

Mr. and Mrs. Basil Glover and Mr. and Mrs. R. W. Hanes returned recently from an enjoyable conducted bus tour, encircling the Maritimes, returning home via Massachusets, Maine, Vermont and New York States.

The Hon. Donald R. Irvine, M. P.P., Grenville Dundas, Acting Minister of Housing, is pleased to announce that tendrs will be advertised by the Ontario Housing Corporation on August 30th, 1974, to close on October 3rd, 1974, for 15 senior citizen units in the Police Village of Spencerville in the Township of Edwardsburg.

Alan A. Thorpe, son of Mr. Andrew Thorpe of South Mountain and the late Mrs. Thorpe has been accepted by the R.C.M.P. Alan will commence training Septem ber 9th at Regina, Sask.

The United Counties Bookmobile will be at th following area locations on the dates indicated: Monday, Sept. 16, Maple Ridge 10:00 to 12:00; Maple Ridge 1:00 to 2:00; Hallville 2:30 to 3:00; Win chester Springs 3:30 to 4:00. Tuesday, Sept. 17, Morewood C. 1:30 to 2:30. Friday, Sept. 20, Riverside Hights 9:45 to 11:15; Boucks Hill 11:30 to 11:45; Sunnybright 2:15 to 2:30; Dunbar 2:45 to 3:00; Gravel Hill 3:30 to 4:00.

Mrs. Mabel Carr is a patient in the Winchester Memorial Hospital.

Friends will regret to learn that John Rice is a patient in the Winchester Memorial Hospital.

Callers at the home of Mr. and Mrs. A. Laurin on Sunday were Mrs. T. I. Warner and family of Napanee, Mr. and Mrs. Gerry Warner and family of Toronto.

BORN — to Paul and Lind DeBruyne of Newbury, Ontario, on August 21st, a son, Jeffery Paul.

Mr. and Mrs. Glen McPherson of Picton, spent the weekend with Mr. and Mrs. John Rice and with relatives in Alexandria.

SUNDAY SCHOOL OPENS THIS WEEK AT ST. JAMES

St. James' Anglican Church will begin the 1974-75 Sunday School program with a combined Family Service and Enrolment on Sept. 8 at 10 a.m. in the Church.

Rev. Francis Gooch, Rector of the Anglican parish, said that the Christian education of children and young pople is more important than ever in these changing times. "Our program for 1974-75 promises to be interesting, perhaps even a little exciting for the younger ones", commented Mr. Gooch. He went on to say that "Parents, teachers and lay people gnerally are in agreement on the need for renewed efforts in the Christian education field".

The service on Sun. will highlight the role of children in the Church today with emphasis on the 1974-1975 program.

BLACK & WHITE SHOW AT SOUTH MOUNTAIN

The Black and White show held by Dundas County Holstein Breeders Aug. 24th at South Mountain, saw Allison Fawcett, Winchester, take the Premier Breeder and Premier Exhibitor awards, breaking the nine year record of Hugh Blaine, Mountain, for the Premier Breeder win. Runner-up for both honours was Lorne Henderson, Brinston.

Sixteen exhibitors brought out eighty-seven head and made a strong show, with competition keen in all classes. Judge Douglas Gregson, Hillsburg, did a thorough job of placing his first show in Eastern Ontario. He found his Grand and Reserve Grand Champion females in the class for three-years-old in milk. Standing first for Senior and Grand Champ-onship was Sunnylodge Dolly Rockman Ana, shown by Angus and Carl Smith of Chesterville, while Fort Lands Citation Hope was in the Reserve position for Hugh Blaine. Ana, sired by Sieling **Rockman, was very** smoot throughout, with nicely blended shoulder and a well-attached udder. This was her first Grand Champion award. Hope, a very stylish daughter of Mac Ban Citation, was tall with strong body confirmation and a firm, capacious udder.

The first prize yearling heifer, Terrdale Charity shown by Lorne Henderson was the Junior Champion female. Sired by Agro Acres Revenue, she was large and stylish, walking on good legs. The Reserve Junior female award went to the first prize senior heifer calf, **Sunnylodge** Brigitte, shown by Angus and Carl Smith. Brigitte was a large calf, deep bodied and well balanced.

The first prize yearling bull was Champion male for C. Mac Thomp son, Chesterville. He was Marmac Revenue Modular, a tall, angular, dairy type son of Agro Acres Revenue. The Reserve Champion male was the winning bull calf, Milnedale Nick shown by Franklin J. Milne. Mountain. Nick was very smooth along top and r u m p, though not quite as stretchy as the older bull.

The Best Uddered Holstein was Terrdale Majestic Arlene, who stood 4th in the aged cow class. She was shown by Lorne Henderson who also had the winning progeny of dam. Allison Fawcett showed the winning Breeder's Herd, as well as the first prize two-year-old heifer, first dry aged cow and first aged cow in milk. J. Dwight Dawley and Doug Rivington, Winchester, had the winning four-year-old in milk; Hugh Blain the winner of the class for cows three and four years old not in milk; and Lorne Henderson the winning junior heifer calf.

RECENT BIRTHS AT THE WINCHESTER MEMORIAL HOSPITAL

August 27, 1974 to Mr. and Mrs. Donald Campbell, Winchester. A daughter.

August 28, 1974 to Mr. and Mrs. David Verstrepen, Ottawa. A son.

August 29, 1974 to Mr. and Mrs. William Dame, Finch. A son.

August 30, 1974 to Mr. and Mrs. Lynna Brydges, Winchester. A son

August 31, 1974 to Mr. and Mrs. Steven Knapp, Winchester. A daughter.

September 2, 1974 to Mr. and Mrs. Robert Clark, Winchester. A daughter.

CONSEIL D'EDUCATION DES COMTES DE STORMONT, DUNDAS AND GLENGARRY COUNTY BOARD OF EDUCATION

requires

TEMPORARY FULL-TIME CLERK-TYPIST

(September 3, 1974 to August 31, 1975)

at

Area Office No. 1, Morrisburg

SALARY $4,900 - $6,500

Written applications will be received by:

Mr. M. N. Hutchison,
Superintendent of Education,
Box 700, Morrisburg, Ontario.
Tel: 613-543-2927

K. FRASER CAMPBELL,
Chairman of the Board
T. ROSAIRE LEGER,
Director of Education
August 27, 1974

CONSEIL D'EDUCATION DES COMTES DE STORMONT, DUNDAS AND GLENGARRY COUNTY BOARD OF EDUCATION

invites applications for the position of

OCCASIONAL TEACHERS

in the

FRENCH PROGRAM

at the

ELEMENTARY LEVEL

- Kindergarten: French Intensive
- Grade 1: 40-minute programme
- Grades 3 to 8: 20-minute programme.

Applicants should specify:

(a) their area of interest, in order of priority (see above)
(b) the geographical areas they can or are willing to serve; and
(c) the availability of a car

Written applications will be received by:

J. J. Comtois,
Superintendent of Education
305 Baldwin Avenue,
Cornwall, Ontario. K6H 5S6
Tel: (613)-933-6990

K. FRASER CAMPBELL,
Chairman of the Board.
T. ROSAIRE LEGER
Director of Education.
September 3, 1974



THE RED CROSS SERVES FOR YOU

FOR AREA CORN GROWERS

RAINFALL AND HEAT UNIT REPORTS

	South Mountain	Chesterville	Morrisburg
Rainfall last week	.29		.18
Acucmulation to date	11.73		10.44
Heat Units last week	156		161
Accumulation to date	2453		2496



THE LOYALIST HOTEL

HIGHWAYS 31 AND 2 — MORRISBURG, ONT.

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TOP-NOTCH ENTERTAINMENT

WED., THURS., FRI. & SAT. NIGHTS AND SATURDAY AFTERNOON

FULLY LICENSED DINING ROOM

IN THE CHURCHES

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. John Hibbs, Iroquois
Interim Moderator
Mrs. J. DeGray, Organist

Sunday, September 8th, 1974—
11:0 0a.m.—Morning Worship.

MORRISBURG PENTECOSTAL CHURCH
Rev. A. J. Edgeley, Pastor
Telephone 543-2681

Sunday, September 8th, 1974—
10:00 a.m.—Sunday School
11:00 a.m.—Worship
7:30 p.m.—Service of Evangelism.

WE WELCOME YOU

ANGLICAN CHURCH OF CANADA
PARISH OF MORRISBURG AND IROQUOIS

Rev. Francis N. Gooch, B.A.
Telephone: 543-2867

Sunday, September 8, Trinity 13—
St. James, Morrisburg—
8:00 a.m.—Holy Eucharist
10:00 a.m.—Family Service, and Enrolment for the Sunday Instruction Classes.
Each Wednesday—
10:00 a.m.—Holy Eucharist
Holy Trinity, Riverside—
9:30 a.m.—Morning Prayer
St. John's, Iroquois—
11:00 a.m.—Holy Eucharist

MASS HOURS AT ST. MARY'S CHURCH

MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 8 A.M. & 11 A.M.
CONFESSIONS
THURSDAY: 8:00 — 9:00 P.M.
IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.
CONFESSIONS
THURSDAY: 7:00 — 7:45 P.M.

ST. LAWRENCE EVAN. LUTHERAN PARISH

13th Sunday After Trinity—
St. Paul's—
10:45 a.m.—The Service and Sunday School.
The Pastor and a Layman
St. John's—
9:30 a.m.—The Service and Sunday School.
The Pastor.
Everyone Always Welcome!

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario

Rev. Charles E. Massey, B.A., B.D., M.Th., Minister
Mrs. J. Graham
Director of Music

Sunday, September 8th, 1974—
11:00 a.m.—Morning Worship
Sermon Topic:
"A TIME AND A PLACE FOR EVERYTHING"

Stock Control Sale

WALL-TO-WALL

We are Still Overstocked at "THE BARN"

WE MUST REDUCE THIS STOCK AND YOU CAN REAP THE BENEFIT!

20 TO 50% SAVINGS

ON ALL MEN'S AND LADIES' SUMMER AND NEW WINTER STOCK

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Shop Early For Best Values!

New Fall and Winter Gowns

JUST ARRIVED FOR THE HARVEST DANCES WILL ALSO BE

20% Off Reg. Prices

ALL SUMMER GOODS NOW ½ PRICE - Including:

LADIES' DRESSES, FALL COATS AND JACKETS; LADIES' PULLOVERS. Sizes 8 to 16, and 38 to 44; MEN'S SHIRTS, PULLOVER SWEATERS & VESTS; PANTS.

WE ACCEPT CHARGEX AND MASTER CHARGE

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TWO MILES NORTH OF MORRISBURG ON HWY. 31 TEL. 543-2744

CLOSED Monday. Tues., Wed., Thurs., 9 to 8. Fri., 9 to 9. Sat. 9 to 6 Sun. 10 to 4

GALA BALL

Sponsored by Morrisburg and District Community Centre Board

SATURDAY, SEPTEMBER 7TH

7:30 p.m. –

DOORS OPEN



8:00 p.m. –

OFFICIAL OPENING OF THE NEW ADDITION
Music by Fawcett's Organs All Evening in the Lobby

9 p.m. to 1 a.m. –

DANCING to Music by Cornwall Centennial Orchestra (18 piece)

REFRESHMENTS AVAILABLE

Door Prize $100.00

This dance will be the kick-off for sales on a $1000.00 Bond Draw to be made at the Morrisburg Trade & Home Show on September 28th, 1974. All proceeds of the Dance and Bond Ticket Sales will go to the Zamboni Ice Machine Fund.

ADMISSION $5.00 PER PERSON — INCLUDES BUFFET LUNCH



PRICE AFTER PRICE PROVES IT!

YOU SAVE MORE ON FOOD HERE !

MEAT BUY OF THE WEEK! YOUNG AND TENDER — POUND

WHOLE LEGS OF LAMB - - - 1.27

BURNS' FRESH, MEATY PORK HOCKS, Pound	37c
SWIFT'S PREMIUM TASTY WIENERS, 1-Lb. Pkg.	79c
BURNS' DELICIOUS PORK RIBLETS, Lb.	49c
BURNS' SHAMROCK BRAND BOLOGNA (By the piece), Lb.	63c
FRESHLY SLICED PORK LIVER, Pound	49c
BURNS' READY-TO-SERVE HAMS, Whole or Half, Pound	89c
SWIFT'S PREMIUM MAC & CHEESE or CHICKEN LOAF, Pound	85c
BURNS' SMALL PORK SAUSAGES (Store pack) Pound	69c

BEST GROCERY VALUES

HEINZ' FANCY TOMATO JUICE, 19-Oz. tin	4/88c
KAM LUNCHEON MEAT, 12-Oz. tin	79c
HEINZ' TOMATO KETCHUP, 11-Oz. Btls.	3/1.00
CATELLIN SPAGHETTI or READY CUT MACARONI, 16 oz. size	35c
CHERRY HILL GOUDA CHEESE, 10 Oz.	99c
WESTINGHOUSE INSIDE FROSTED LIGHT BULBS, 40s, 60s, 100s	49c
FACELLE ROYALE 3 PLY MAN SIZE FACIAL TISSUE	51c
MARY LOU SOFT MARGARINE 1-Pound Tub	59c
CREST TOOTHPASTE, Reg. or Mint, Family Size, 100 mg.	1.15

The Finest Produce at The Lowest Prices

ONTARIO NO. 1 MELBA APPLES 3-Pound Bag	79c
CALIFORNIA NO. 1 SEEDLESS GREEN GRAPES Pound,	59c
ONTARIO NO. 1 FRESH CRISP CELERY, Large Size 24s	29c
ONTARIO NO. 1 FRESH, GREEN CABBAGE, Pound	11c
ONTARIO NO. 1 YELLOW COOKING ONIONS, 2-Pound Bag	39c
ONTARIO NO. 1 POTATOES, 25-Pound Bag	1.19

VALUES EFFECTIVE TILL SATURDAY, SEPTEMBER 7th, 1974

Heinz' Food Market

MORRISBURG — *Free Delivery on $3.00 Orders* — Phone 543-3131

Area Fastball News

Pioneers Eliminate Pats - to Meet Brockville

Williamsburg Pioneers swamped Cardinal Pats on Wednesday by a 9-3 score, to eliminate Pats from the semi-finals, and earn the right to meet the winner of the Brockville-Domville series, which Brockville is currently leading 3-1). Pats won the first game of the series, but the Pioneers then roared back with a pair of 3-1 decisions, a 4-1 count and finally a 9-3 triumph to capture the series.

Big Doug Casselman tossed an 8-hitter on Wednesday, walked 1 and struck out 9. Ted Hoy took the loss with 12 hits, 6 walks and 9 strikeouts. Pioneers had 8 left on base; Pats had 7.

In the top of the first, Big Doug drew a walk, Roger Morrell bunted safely and Paul Beckstead got to first on an error by Jack Hoy. With the bases loaded, sacrifices by Gerry Belanger and Bill Hogaboam scored a run and moved Morrell to third. Mike McGinn then singled to score Morrell.

In the opt of the second with 2 out, Big Doug and Roger Morrell drew back to back walks, before Paul Beckstead unloaded the bases with a homer, to give Pioneers a 5-0 lead.

In the top of the fourth, with 1 out, Big Doug drew his third free pass of the evening; Morrell went to first on a fielder's choice and the pitcher issued yet another walk, this time to Paul Beckstead. With the bases loaded, Belanger bunted a single to score Big Doug and Bill Hogaboam hit a double to right field to unload the bases and give Pioneers a 9-0 lead.

It was in the bottom of the 4th that Cardinal got all three of their runs, when Allie Camron doubled up centre, Rick Farmer doubled to right field, scoring Cameron, and Ed Orzel homered over the centre field.

That was the end of the scoring and for Cardinal, the end of the season.

Williamsburg

The members of Williamsburg Women's Institute are invited to the September 9th (Monday) meeting of the Riverside Heights Women's Institute. All members take note.

Mrs. Donald Hess was a dinner guest on Sunday with Mr. and Mrs. Dale Beckstead and family.

Mr. and Mrs. E. J. Lanigan and Anne Marie of Gananoque and Mr. and Mrs. Garrard Lafond of Belleville were dinner guests of Mr. and Mrs. Graham Wells on Thursday night.

Sympathy is extended to Mrs. Hattie Thompson and family in the death of her oldest son Lloyd which occurred on Saturday Aug. 31st, 1974.

Mr. and Mrs. Byron Woolthorton Eric and Mary Anne of Ottawa visited their mother Mrs. J. G. Woods on Sunday.

Mr. and Mrs. John Wells and Mrs. Fred Beckstead took a trip to the 1000 Islands on Saturday.

Mr. and Mrs. Keith Beckstead and Barry, Mr. and Mrs. Gary Garlough of Winchester spent the weekend camping at Clear Lake.

The Williamsburg Women's Institute will be held in the IOOF Hall on Tuesday, Sept. 10th at 8 p.m. Convenor of citizenship and world affairs Miss Nina Casselman. The speaker Mr. Keith Schell Members please come and bring a friend.

Mr. and Mrs. John Wells and Mr. and Mrs. Fred Beckstead spent Sunday evening with Mr. and Mrs. Howard Eamon at Morrisburg.

Congratulations and best wishes to Mr. and Mrs. John Wells who celebrated their 53rd anniversary on Saturday Aug. 31, 1974.

Sympathy is extended to Mrs. John MacIntosh in the death of her father David Clemens which occurred at Winchester Memorial Hospital on Friday, Aug. 30th, 1974. Burial at Riceville on Tues. Sept. 3, 1974.

Mr. and Mrs. Carson Wells and Mrs. Graham Wells spent Wednesday in Montreal.

Rev. and Mrs. Adam of Morrisburg and Minnie Pharaoh had lunch with Mrs. John Erratt on Sunday.

2,091 FOREST FIRES IN CANADA IN JULY

The Canadian Forestry Service recorded 2,091 forest fires in Canada during the month of July, affecting some 1,442,000 acres of the country's forest land

The figures are compared with a total of 1,712 fires in the corresponding period last year, over a total acreage of 1,657,000.

These figures bring the season's total to 5,075 fires affecting 1,624,000 acres, compared with 5,087 fires and 2,064,000 acres for the same period in 1973.

Average figures for the month of July during the past decade are 1,751 fires and 705,000 acres.

These statistics are compiled monthly by the Forest Fire Research Institute of the Canadian Forestry Service.

BOWLING *..... right down your alley.....*

Join Now!

MORRISBURG MIXED BOWLING LEAGUE

BEGINS MONDAY, SEPT. 9

Anyone interested in joining please contact one of the following before Sept. 2nd:

George Baker	543-2010
Miriam Salmon	543-2483
Cathy Lortie	543-2059
Gordon McNairn	543-3009

33-35c

Nashville, Tenn.

GRAND OLD OPRY

Thanksgiving Weekend
OCTOBER 10th - 14th

VIA VOYAGEUR

$95.00 PER PERSON

— FOR RESERVATIONS, CONTACT —

FRANK MULLEN

WILLIAMSBURG — TEL. 535-2888

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The Plaza BEAUTY SALON

Opens Sept. 10th in the Iroquois Shopping Centre

and will be open

Tuesday thru Saturday and Thursday Evenings

For Appointments

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OWNER — OPERATOR

SPECIAL 44¢ OFF SPECIAL

ON PURCHASE OF 4

FRUIT BOTTOM YOGURT

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SPECIAL PRICE EFFECTIVE SEPT. 5th — 14th, 1974

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Personal Attention To All Orders Received
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LETTER NO. 10—

Fort Henry Letter

The Life of a Soldier's Wife
(An imaginary letter from a soldier's wife at Fort Henry in 1867, to her mother in Scotland.)

Dear Mother,

Two months have passed since I first set foot in this strange land We are garrisoned at Fort Henry in Kingston, on Lake Ontario. The heat of the summer months is unbearable here, and the insects fierce. The babies are swollen with bites and cranky. How I miss you and my dear father and sisters and our cosy home!

I should have known, when I married Thomas, that the life of a soldier's wife would not be easy. We women suffer many hardships, it is true, but at least we are fortunate enough to be with our husbands. As you know, only six men out of every hundred are permitted to bring their wives with them to foreign stations. Those wives and children left behind poor souls, must fend for themselves.

Our quarters, mother, are far from luxurious. Four families occupy one soldiers' barrack room, so that we each have a corner to call our own. Our only privacy are permitted to string up curtains made of blankets. Even this arrangement is an improvement over conditions not long ago, when married soldiers and their families lived in the barracks rooms with the single men. One of the old soldiers' wives with whom we share quarters told me this.

Besides the beds, the only other furnishings in our room are two deal tables and four benches. — These are used by the men for polishing and cleaning their kit, as well as for eating, working and writing. The children are always underfoot, scrambling on the floor playing with toys some kindly soldiers have made for them.

I am lucky to be young and strong, for the days are long and strenuous. I rise at dawn, with the other women, and cook breakfast for Thomas and the children over the stove in the women's cookhouse. All four families sit and eat together in the barracks, at the long tables. Husbands are permitted to draw rations for their families, so I receive one half the amount Thomas does, and the babies one quarter. Our meals are always the same — meat, soup and bread — but sometimes Thomas can save enough from his pay to buy vegetables and milk for the children.

While Thomas is drilling all day, I am kept busy cleaning our corner of the room, scrubbing out the berths, sweeping the floor, collecting our ration of food and fuel, cooking our meals and carrying out the slops. I must also take my turn tending the cookstove and cleaning the women's latrines.

In order that we do not sit idle, we women are paid to do laundry and mending, not only for our own husbands, but for the unmarried men. I often sit down to these chores in the afternoon, and teach the children their alphabet. The eldest will soon be able to attend the garrison school here at the fort.

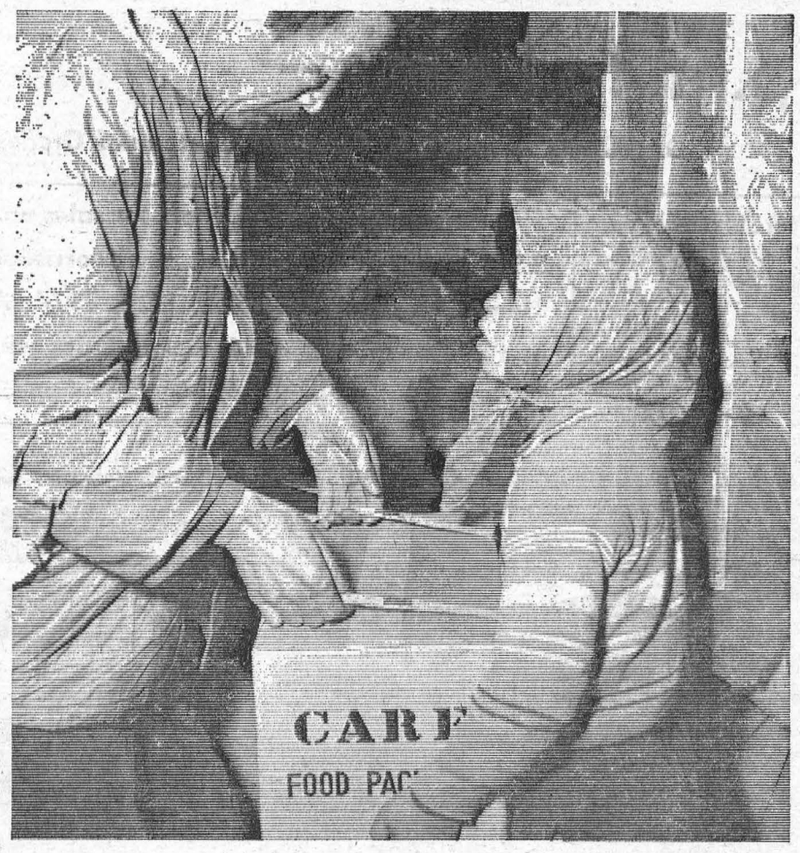
It is a hard life, mother, but I am grateful to have food and clothing and a roof over my head and the company of my dear husband and children.

Your loving daughter,
Janet

INTERIOR
PAINTING *and* **PAPERING**
GENERAL REPAIRS
CALL:
RON FAWCETT
652-4752

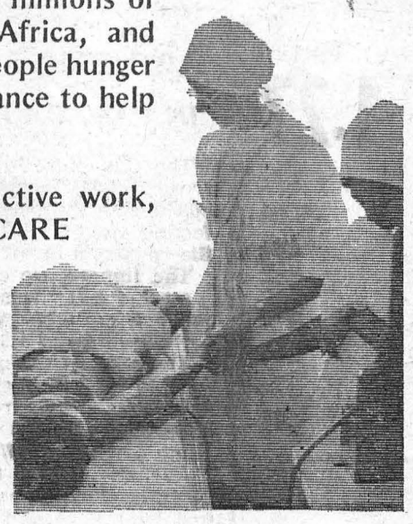
NELL'S BEAUTY SALON
MORRISBURG
WILL BE
CLOSED FOR HOLIDAYS
Sept. 9th - Sept. 22nd
Reopening Monday, September 23, 1974
33-34c

CARE is more than just a package



It's people helping people

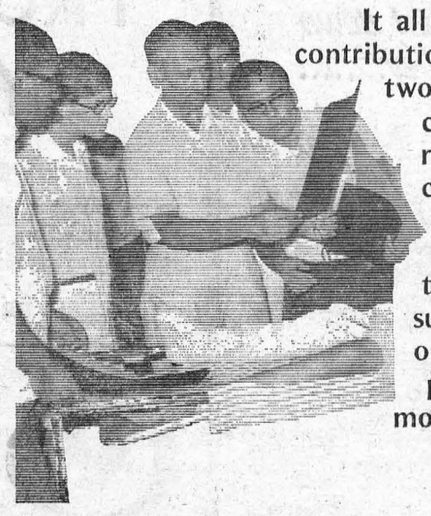
Each day CARE feeds millions of hungry families in Asia, Africa, and Latin America. But, these people hunger for more than food: the chance to help themselves.



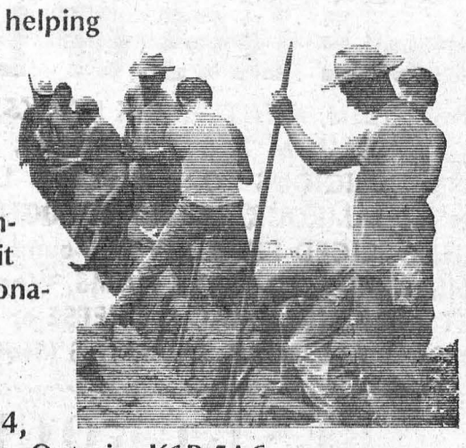
They yearn for productive work, for education, for tools. CARE works to satisfy these hungers.

Throughout the developing world Canadian CARE teams co-operate with local people in an effort to provide better nutrition, safe water, permanent housing, less illiteracy, more and better medical services, and information about family planning.

Through CARE's partnership program local governments give what they can and the people volunteer their labour.



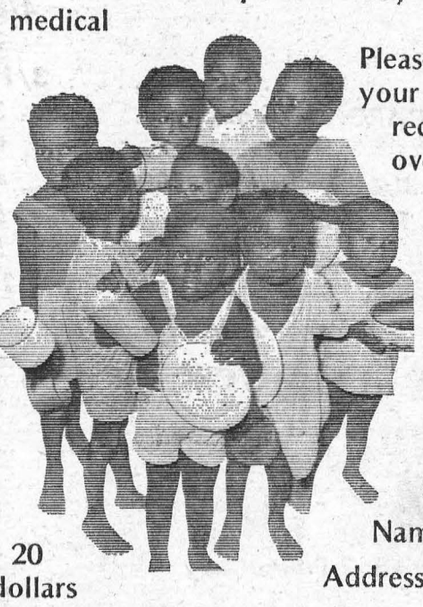
It all starts with YOUR contribution to CARE. For two dollars CARE can provide nourishing food to 180 children. Five dollars provide a CARE MEDICO team with enough suturing material for 20 operations. Ten dollars provide enough cement to mold 400 construction blocks.



CARE is people helping people to help themselves. But most of all, CARE is YOU making all this possible.

CARE is a non-governmental, non-profit organization and all donations are tax deductible.

Send your dollars to:
CARE of Canada, Dept. 4,
63 Sparks Street, Ottawa, Ontario, K1P 5A6



Please cut out this coupon and return it with your donation. CARE will send you an official receipt and a report on current programs overseas.

CARE

I enclose $ .....
to help through CARE

Signature .....
Name .....
Address .....
City ..... Province .....

CARE Canada, Dept.4, 63 Sparks St., Ottawa K1P 5A6.



TODAY'S CHILD

BY HELEN ALLEN

THE TORONTO SUN SYNDICATE

Just turned 11, Bobby really wants to be friendly but, fearful of being rejected because of things that have happened to him, he holds back to let other people make the first advances.

Bobby is a likable youngster with dark eyes, freckles and reddish brown slightly curly hair. He is in good health but on a controled diet because a recent medical test indicated he could develop diabetes. He wears sturdy shoes for flat feet that do not interfere at all with his mobility.

Though Bobby has the ability to do average work in school, he is not doing so just now, perhaps because he feels insecure. He is in Grade Five. His interests are those of a younger boy and he chooses children younger than himself as playmates.

Bobby likes to ride his bike but otherwise prefers indoor games such as cards and puzzles. He is interested in space and sorry there are no more trips to the moon to watch on television. He is friendly with a horse at his foster home though a bit nervous about riding it.

This lad needs warm, demonstrative parents. He will be a fine son for a mother and father who can help him believe he is truly a member of their family. Such an adoption will be a godsend for Bobby.

To inquire about adopting Bobby, please write to Today's Child, Ministry of Community and Social Services, Box 888, Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



"HE'S FRIENDLY BUT SHY

THE SECOND FORTY

Two Proposals

Dear Margaret Brookfield:

I am a divorcee who has received two proposals. Maybe that does not strike you as a problem but, believe me, it is. I'm fond of Fred (not his real name) but Tom is the one I love. Fred is free to to marry me tomorrow but Tom, who takes care of his elderly moth er, will not marry while she needs him. I'm willing to share the burden of caring for her, but Tom claims that at her age (she's over 80) his mother will not welcome a new addition to their family. Do men use the needs of elderly parents to avoid marriage? Tom is a bachelor. N.R.

Dear N.R.:

Some men (and women) use the needs of an elderly parent as a means of avoiding marriage. But others are sincere when they urge postponement under the circumstances. Only time will answer your question about Tom.

Menopause Symptoms

Dear Margaret Brookfield: ,

We are a group of mature women who read your column. In a recent discussion on the change of life, some of us felt that fatigue at our time of life might well be caused by nutritional deficiencies and not hormonal ones. They also said that depression is often caused by emotional problems. Aren't fatigue and depression menopausal problems? J.G.

Dear J.G.:

Only a medical check-up can determine the cause of fatigue or depression. Many causes, including poor nutrition, emotional problems or hormonal imbalance, may lie behind these complaints.

Menopause can be a trying time for many women, particularly one who devotes her life to her family Such a woman may find her husband inattentive at a time when her children are grown and no longer need her. Feeling unwanted and unloved, she may become anxious and depressed.

On the other hand, a contented woman, without these emotional upheavals, may have symptoms that seem similar but are triggered by the menopausal endocrine changs ethat can lead to a hormonal imbalance.

In either case, however, only a check-up pinpoint the cause. A simple test, much like the Pap smear, can detect estrogen deficiency, which may be easily corrected with hormone medication.

IMMUNIZATION CLINICS AND CHILD HEALTH CONFERENCES

The St. Lawrence and Ottawa Valleys Health Unit will hold monthly clinics for infants and pre-school children as below:

* * ***These clinics are to be held every month except August*** * *

TOWN	DAY OF EACH MONTH	PLACE	HOURS
Cornwall (Central)	Every Thursday	Justice Building 340 Pitt St., 2nd Floor	2:00 - 4:00 p.m.
Winchester	1st Tuesday	Presbyterian Church Hall	10:30 - 11:30 a.m.
Chesterville		Town Clerk's Office	1:30 - 2:30 p.m.
Iroquois	1st Wednesday	Civic Centre	2:30 - 3:30 p.m.
Williamsburg	4th Wednesday	Lutheran Church Hall	10:30 - 11:30 a.m.
Finch	4th Tuesday	Presbyterian Church Hall	10:30 - 11:30 a.m.
Alexandria	4th Thursday	Marie Goretti Convent 105 St. Paul Street	1:30 - 2:30 p.m.

ADDITIONAL CLINICS WILL BE HELD AS BELOW

MAY, JUNE, JULY — SEPTEMBER, OCTOBER, NOVEMBER

Brinston	1st Wednesday	Memorial Hall	1:00 - 2:00 p.m.
Lancaster	1st Thursday	Medical Centre	10:00 - 11:00 a.m.
Apple Hill	3rd Tuesday	McDonald Memorial Centre	1:00 - 2:00 p.m.
Maxville	4th Thursday	Community Hall	2:30 - 3:30 p.m.

Mothers: Why Not Clip This Out?

FAIRBAIRN FUNERAL HOME LTD.
MORRISBURG
PHONE 543-2271
SERVING DUNDAS COUNTY SOUTH
GORDON FAIRBAIRN, President
H. C. FAIRBAIRN, Associate
FUNERAL DIRECTORS

BRIDES TO BE:
FOR ALL YOUR WEDDING INVITATIONS, REPLY CARDS, ANNOUNCEMENTS, ENVELOPES, NAPKINS, THANK-YOUS, MATCHES & OTHER ACCESSORIES CALL 543-2987
The Morrisburg Leader

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PLANNED by LANNIN
H. S. Lannin Ltd.
GENERAL CONTRACTORS

A.W. (ARN) FARRELL SERVICE
Radio - TV - Power Tools
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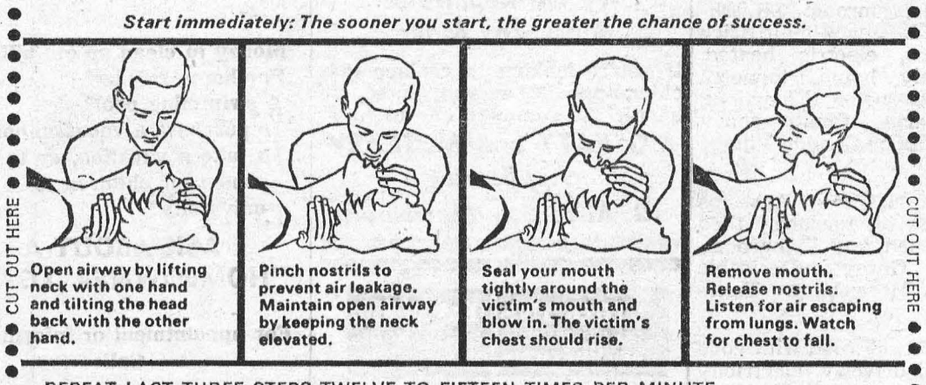
21 Fifth Street, MORRISBURG
543-3339
26tfc

CUT OUT HERE

RESCUE BREATHING (MOUTH-TO-MOUTH)

THE CANADIAN RED CROSS SOCIETY

Start immediately: The sooner you start, the greater the chance of success.



Open airway by lifting neck with one hand and tilting the head back with the other hand.

Pinch nostrils to prevent air leakage. Maintain open airway by keeping the neck elevated.

Seal your mouth tightly around the victim's mouth and blow in. The victim's chest should rise.

Remove mouth. Release nostrils. Listen for air escaping from lungs. Watch for chest to fall.

CUT OUT HERE

REPEAT LAST THREE STEPS TWELVE TO FIFTEEN TIMES PER MINUTE.
IF AIR PASSAGES ARE NOT OPEN: Check neck and head positions, CLEAR mouth and throat of foreign substances.
For infants and children, cover entire mouth and nose with your mouth. Use small puffs of air about 20 times per minute.
USE RESCUE BREATHING when persons have stopped breathing as a result of: DROWNING, CHOKING, ELECTRIC SHOCK, HEART ATTACK, SUFFOCATION and GAS POISONING.

Don't give up. Send someone for a doctor. Continue until medical help arrives or breathing is restored.

CUT OUT HERE



Using electricity wisely isn't just a matter of avoiding waste.

Being watchful to avoid the frittering away of kilowatthours is everyone's concern, in the interest of economy and conservation of valuable energy resources.

But for some people, living in older homes with outdated wiring, restricted use of appliances is not always a matter of choice. They do not have sufficient circuits to serve normal needs without resorting to 'octopus' outlets and extension cords. The result: overloading and blowing of fuses.

These conditions also tend to diminish the performance of appliances and shortens their life.

Inadequate wiring is not only inconvenient, it can be a safety hazard. If you have any doubts about the capacity of your home's wiring have it checked by a qualified Electrical Contractor. Then, use electricity wisely... and safely.

your hydro

MB-4557A

The WANT ADS to work for you

IN MEMORIAM

SEEKINGS, JAMES: In loving memory of a very dear brother and uncle, Jimmy, who passed away suddenly September 2nd, 1972.
Always remembered with love and affection.
CATHERINE, BOB,
MICHAEL AND BRUCE.
35c.

CARDS OF THANKS

Many thanks to the friends who sent cards, treats and visited me while in Winchester Hospital. Special thanks to Rev. C. Massey for his visits, my friends of the O.E.S., and the nurses on Floor 1.
ISABEL YORK
35p.

I would like to thank my neighbours, friends and relatives for their cards, letters, visits, phone calls, flowers, treats and gifts, while I was a patient in Winchester Hospital and since I have returned home. Special thanks to Rev. Massey and other members of th clerg, Dr. Chande, the nurses and staff on the first floor, also the nurses and staff of the chronic ward, and the therapists, as well as to Mrs. Durant and Mrs. Ferguson of Upper Canada Restaurant, who came to our assistance at the time of the accident. Thse kindnesses will always be remembered.
MOLLY BURTON.

HELP WANTED

EXPERIENCED LAY-OUT AND Experienced Mill-Work Carpenters wanted for plant work. Must be a self-starter. Steady Employment; Good Wages. Also openings for bench carpenters and general laborers. Appl in person at:
DUTCH SASH AND DOOR COMPANY, LIMITED.
Morewood, Ont.
35-6c.

WAITRESS WANTED IMMEDIATELY. Apply in person at
HOLLYWOOD CAFE,
Morrisburg, Ontario.
35c.

Body Repairman
with collision experience preferred. Top wages. Apply at
RENE'S BODY SHOP,
Morrisburg, Ontario.
Phone 543-3163.
35-6c.

AVON

I HAVE AN OPEN TERRITORY in Riverside Heights. It can be yours. As an Avon Representative you'll earn good money, choose your own hours. Sound interesting? Call:
MRS. M. JOHNSON,
786 Downing Street,
Kingston, Ontario.
35c.

BABY-SITTING

WILL BABY-SIT IN MY HOME.
PHONE 652-4758.
34-5c.

WILL LOOK AFTER CHILDREN in my home. Children will be well cared for.
PHONE 543-2378.
35c.

THE WINCHESTER THEATRE

7:30 P.M. — MON. TO SAT.

Thursa., Fri., Sat., Sept. 5-6-7
"CARRY ON LOVING"
ADULT
Sydney James, Kenneth Williams Joan Sims, and the rest of The Carry On Gang.

Mon., Tues., Wed., Sept. 9-10-11
"THE PARALLAX VIEW"
Warren Beatty, Paula Prentiss
Restricted to 18 years of age and over.

FOR LEASE

2-BEDROOM APARTMENT. All modern facilities. Heat & lights supplied. Available Sept. 15.
PHONE 543-2235.

APARTMENT TO RENT in Morrisburg. Available October 1st.
PHONE 543-2681.
35c.

HIGH VOLUME, 2-BAY FINA STATION. Good location in Morrisburg. Enquire (collect)
OTTAWA 236-2321.
34-5c.

FOR SALE

5', 4" BED SPRING MATTRESS, Home made Quilt, never used, five gallon oil can.
PHONE 543-3098.
35c.

CARPET SWEEPER; CAR HEATER, Polaroid 335 Land Camera.
PHONE 543-2016.
35-6p.

1½ H.P. JOHNSON OUTBOARD MOTOR. Used very little. Like New. Apply at
LES' SUPERTEST,
Morrisburg, Ontario.
35tfp.

PUREBRED SCOTCH COLLIE, 9 Months old. Male. Vaccinated
PHONE 543-2571.
35tfc.

SINGLE BED, BABY WALKER; Men's CCM Skates size 5; Lawn Umbrella and Table; Food Cart
PHONE 543-2451.
35p.

IN MORRISBURG, on Lakeshore Drive. Double House: 42 - 44. Each side has livingroom, diningroom, kitchen, den, four bedrooms, bathroom, and full basement. For information, contact
DALTON SMITH,
Box 192, Morrisburg,
Tel. 543-2510
35-6c.

5-PIECE KITCHEN SET: 4 Swivel chairs, in good condition. 1 Mini-Bike, running condition.
PHONE 543-3178
35c.

2 BEIGE SCULPTURED NYLON Rugs: 12' x 14' and 6' x 9', with padding. $75.00 for both.
PHONE 543-2747.
35p.

BABY CARRIAGE in very good condition.
PHONE 543-3053.
35-6c.

1968 DOGE SEDAN. Phone:
Morrisburg 543-3022.
35p.

VACUUM CLEANERS and Floor Polishers. Will demonstrate in your home.
RALPH COULTHART,
Morrisburg, Ontario.
50p.

ONE 2-BEDROOM HOUSE suitable for a couple; One 3-Bedroom House, paved driveway and poured concrete patio, — Basement completely finished.
HARLAND VEINOTTE,
PHONE 543-3315.
13tfc.

FRESH SHOP HOGS — By the side. 60 to 70 Lbs. — Cut and wrapped for Freezer, 73c lb.
COUNTRY MEAT MARKET,
DUNBAR, ONTARIO
PHONE 448-2123
6tfc.

SACRIFICE B/W T.V. $150 Firm.
HARRY BOYD,
72 Lakeshore Drive.
30tfp.

WANTED TO RENT

2 OR 3 BEDROOM HOUSE — IN Country, preferably between Morrisburg and Ingleside.
PHONE 535-2452.
34-5p.

FOR RENT

FOR RENT — 1 bedroom heated Apartment. No Pets.
PHONE 543-2101
34tfc

APARTMENT FOR RENT. Suitable for couple. Hot water heated. All modern services. Garage. Available for September 1. Along Highway 2, between Iroquois and Cardinal.
PHONE LONG SAULT
534-2621 after 7:00 p.m.
32tfc.

COMING EVENTS

SEAWAY SINGERS TO RESUME PRACTICES

The Seaway Singers will resume weekly practices on Wednesday, September 11 at 8 o'clock in the Senior Citizens Room at the Civic Centre. Anyone who likes to sing is cordially invited to join this fun group.
35c.

RUMMAGE SALE

A Rummage Sale will be held in the basement of old St. Mary's Church, St. Lawrence Street, by the Catholic Women's League, on Thursday and Friday, September 19th and 20th, from 10:00 a.m. to 5:00 p.m.
35-7c.

GALA BALL

sponsored by the Morrisburg and District Community Centre Board Saturday, September 7th. Official opening of the New Addition. Dancing to music by the Cornwall Centennial Orchestra (18 pieces). Refreshments vailable. $100 Door Prize. Tickets on sale for $1,000 Bond Draw for Zamboni Fund.
34-5c.

MORRISBURG SCOUTS AND CUBS REGISTRATION

At the Boy Scout Hall 3rd Floor Old High School, Monday, September 9th, 1974, 7:00 to 8:00 p.m.
35p.

THE ARTS AND CRAFTS ASSOCIATION

hopes to have Tom Cayley, the well known artist and director of The Doon School of Fine Arts, to an Oil Painting and Acrylic workshop in October, in Morrisburg. The registration fee is $10.00, providing 15 people attend. Interested people must phone:
Mr. Corbett, 543-3300;
Mrs. Bain 543-3324;
Mrs. Peterson, 537-2685;
before a September 15th deadline. A maximum of 15 students will be admitted.
35c.

WOMEN'S INSTITUTE

The Morrisburg Women's Institute will meet on Thursday, September 12th at 8 o'clock in the Senior Citizens Room. The roll call will be answered by: "How we Can Get Our Children to Read the Newspapers". Guest speaker will be Mr. M. N. Hutchison, of the S. D. & G. Board of Education Office at Morrisburg.

FALL THANKOFFERING SERVICE

The Women's Missionary Society of Knox Presbyterian Church, Morrisburg are holding their Fall Thankoffering Service on September 26th at 8:00 p.m., when Joy Randall, R.N., of Taiwan, is to be guest speaker and show slides on her work there. Visitors welcome.
35c.

MIXED STAG

for Jack Notman Jr., and Joanne Brown. Morrisburg Civic Centre. Saturday, September 14, 1974. 9 to 1. With Del and Rog. Buffet. $3.00 couple.
34-6c.

HELP WANTED

PART-TIME MEN FOR WORK on Ambulance Service . Must have: Chauffeur's license, First Aid Certificate, and live in Morrisburg. Apply in writing to:
P. O. BOX 1030,
Morrisburg, Ontario.
28tfc.

NOTICE

I, Howard Harper, R. R. 1, Williamsburg, Ontario, will not be responsible for any debts incurred in my name by anyone other than that which has been authorized by my signature, from this date, August 26th, 1974.
31-6p.

NOTICE TO OUR EGG CUSTOMERS:

Sorry, we are not able to come around any more. Thank you very much for your kindness.
MR. & MRS. HORST RICK,
Sounth Mountain, Ont.

ANNOUNCEMENT

TUBIE CHALLENGE RACE
CONTESTANTS:
SUPERTUBE II vs.
FLYING DUTCHMAN
DATE AND TIME
SUNDAY, SEPT. 8 - 1 P.M.
COURSE:
FROM MARIATOWN TO MORRISBURG BEACH

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ELECTRICIAN will do all kinds of Electrical work. Free Estimates.
CALL 543-3139.
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FREE ESTIMATES
CARMAN REFINISHERS
PHONE 652-4602 IROQUOIS
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THE STORMONT, DUNDAS AND GLENGARRY COUNTY ROMAN CATHOLIC SEPARATE SCHOOL BOARD

requires immediately

Principal's Relief Teacher
needed part-time for St. Cecilia's School, Iroquois.

Apply stating qualifications and name of last superintendent, to:

Mr. Percy Beaudette,
AREA SUPERINTENDENT OF ENGLISH LANGUAGE SCHOOLS,
1104 First St. East,
CORNWALL, Ontario, K6H 1N6

FLOYD FISHER

REAL ESTATE BROKER
MORRISBURG, ONTARIO
PHONES:
Office 543-2044

COTTAGE — near Cardinal on River, frame with large livingroom, kitchen with dining area, bedroom, bath with shower, furniture, 12' aluminum boat and 5½ H.P. motor. Private water inlet for boats. $18,000.

CHALET HOME — 3" pine, one year old. One mile from Iroquois on 175' x 250' lot with excellent well, 4 bedrooms with closets, 4 pc. bathroom. O.H.A. furnace. Taxes $138. Asking $23,500.

12 ACRES, good industrial location, 400' on Highway and 600' along railroad; three bedroom frame home, sunroom. $21,500.

SPLIT LEVEL — well built Brick 3 bedrooms, electric heated, just a lovely home, topnotch condition. Carpeted throughout. Two fireplaces, family room, large lot, Upper Canada Village area.

2 BEDROOM HOME — Asbestos siding, new oil furnace, tiled floors, kitchen and livingroom, bathroom. Garage. Desirable location in Morrisburg. Taxes $172.

LOT — On Church road with good well, paved drivewy, electricity available, 1½ miles from Highway No. 2. 60' x 125'. Priced to sell.

SALESMEN

John Allison	**543-2989**
Alton Bolton	**543-2002**
Harold Fisher	**543-2213**
Bill Marshall	**543-3200**

IT'S TRADE-IN TIME

We can offer you an attractive trade-in allowance on your old watches, rings and jewellery on new items from our stock. We want you for a satisfied customer. We also do repairs and replating at reasonable cost.

WALTER'S JEWELLERY
Morrisburg Shopping Centre Phone 543-3014

SCHOOL SUPPLIES

- ★ Binders (three ring)
- ★ Loose Leaf Refills
- ★ Exercise Books
- ★ Acco Binders
- ★ Pen and Pencil Sets
- ★ Pencil Cases
- ★ Graph Paper
- ★ Index Dividers
- ★ Mathematical Sets
- ★ File Folders
- ★ Typing Tablets
- ★ Stenographers' Books

★

DELAGE'S
House of Gifts
MORRISBURG, ONT.
Phone 543-3084

NOTICE TO CREDITORS AND OTHERS

In the matter of the Estate of Alvin Lee VanAllen, late of the Village of Morrisburg, in the County of Dundas, retired gentleman, deceased.

ALL persons having any claims against the Estate of Alvin Lee VanAllen, late of the Village of Morrisburg, in the County of Dundas, retird gentleman, who died on the 18th day of April, 1974, are hereby notified to send particulars of the same to the undersigned on or before the 28th day of September, 1974, after which date the estate will be distributed with regard only to the claims of which the undersigned shall then have notic, and the undersigned will not be liable to any person of whos claim he shall not then have notice.
DATED this 20th day of August A.D. 1974.
LLOYD VAN ALLEN,
Executor,
by his solicitors herein,
GORRELL & GRENKIE,
Box 820,
Morrisburg, Ontario.
34-6c.

THE STORMONT, DUNDAS AND GLENGARRY COUNTY ROMAN CATHOLIC SEPARATE SCHOOL BOARD

requires immediately

Supply Teachers
for English-language schools in Cornwall and the Three United Counties. Main centres under the Board's jurisdiction: Alexandria, Chesterville, Cornwall, Finch, Ingleside, Iroquois, Long Sault, Morrisburg, St. Andrew's West, St. Raphael's West.

Please state the area and grade level in which you would prefer to teach.

Please forward all applications to:

Mr. Percy Beaudette,
AREA SUPERINTENDENT OF ENGLISH LANGUAGE SCHOOLS,
1104 First St. East,
CORNWALL, Ontario, K6H 1N6

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DAVE'S HOME APPLIANCE SERVICE
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When Your Appliances Let You Down and Out.
We Do Repairs to Most Any Make
If you're looking to replace that older appliance in your home, we handle the complete line of
MOFFATT and McCLARY Appliances
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FIRE, AUTO, CASUALTY & LIFE INSURANCE
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AGENT
Morrisburg, Ontario
PHONE 543-2075

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8tfc

HEARING AIDS

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Phone 774-2606 or write:
SUMMERS Hearing Aid Centre
WINCHESTER, ONT.

BILL MARCELLUS

We Dare To Be Compared

B. B. Q. STEAKS
10-LB. TRAY PACK
Lb. 99c

FRESH CHICKEN
Family Pack. 4 to 5 Lb. Avg.
Lb. 75c

FULLY COOKED BONELESS HAM
Lb. 1.35

B. B. Q. BOLOGNA
10 to 12 Lbs. Avg.
Lb. 45c

FARM STYLE PORK STEAK
5 to 6 LB. TRAY PACK
Lb. 79c

HAMBURG
10 LB. TRAY PACK
Lb. 65c

IN STOCK
WELL AGED STEER BEEF
Cut and Wrapped for Freezer

Sides 87c
Hinds $1.15
Fronts 76c

Effective to Sat. Nite, Sept. 7

★

Open Hours:
Thurs., Fri., — 1:00 to 6:00 p.m.
Sat. — 8:00 a.m. to 6:00 p.m.
Until Further Notice

★

COUNTRY MEAT MARKET
TEL. 448-2123
DUNBAR, ONTARIO
12 Miles North of Morrisburg
5 M. North-East of Williamsburg
½ Mile West of Dunbar

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INDUSTRIAL WASTE AND SEPTIC TANK CLEANING - CALL
Cardinal 657-3271
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NEED A LARGE AMOUNT OF MONEY FOR A LENGTHY PERIOD OF TIME?

Money to clean up old bills?
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A swimming pool?
To purchase a vacation home?
To take a vacation, or to send your children to university?

ASK ABOUT A "HOMEOWNER LOAN"

For appointment or information Call:

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Cornwall, Ontario
932-2825