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The Iroquois Post

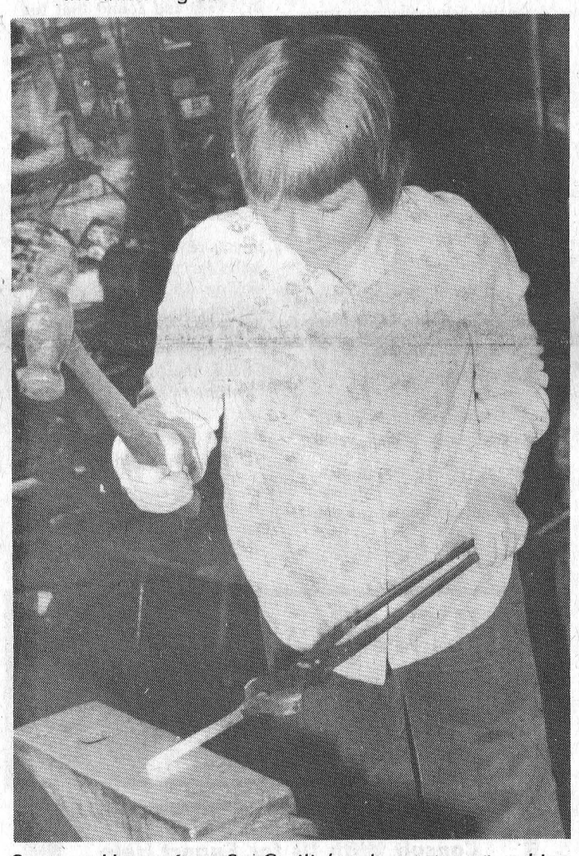
VOLUM LIII—No. 36 SECOND CLASS REGISTRATION 1361 Wednesday, February 25, 1976

Students Step Back 100 Years at Village

School Was Never Like This



Gary Van Hoof from St. Cecilia's makes friends with one of the horses in the wintering barn.



Suzanne Hance from St. Cecilia's takes a try at making a steel spike in the blacksmith's shop.



Timmy Patterson from Iroquois Public School gets a lesson in spinning from Marjorie Heagle.

Post Staff Photos

The air is heavy with the smell of wood smoke as a young girl dips the strands of cotton into a pot of tallow that is sitting on the stove. It is her first attempt at candle making and she conducts the operation cautiously. Although this sounds like a pioneer story it's an event that happens almost daily as a program called the Village and the Bush heads into its third year of operation at Upper Canada Village.

Offered to students in their senior elementary grades in area schools, the Village and the Bush is designed as a practical "hands-on" experience to supplement the social studies and history classes that the students have been involved in at school. The program offers first hand knowledge of what life was really like for the people who settled this land.

According to John Dunn, Head of Interpretation and Education at Upper Canada Village, the two day program is designed to show students how people really lived more than one hundred years ago and demonstrates the inter-action between the village and the bush area that surrounds it. To make the experience truly meaningful, students are scheduled for one day in Upper Canada Village and one day in the bush.

"Ideally," said Mr. Dunn, "the students will have a day in each area, but sometimes they take one area this year and come back for the other area next year." This approach is not quite as meaningful since the opportunity for immediate comparisons is not so readily available.

One of the main features of the program is the close student, staff relationship. With a maximum of 35 students in either area, the opportunities for individual attention are increased. Each group of 35 or so students is divided into 7 groups of 5 students each. A staff member works with every group, making the student/staff ratio 5 to 1 and perhaps even 3 to 1 if a smaller number of youngsters come along.

The program operates for 20 working days from about the second week of February onward, handling 70 students and 7 adult supervisors each day. Cost to the students and supervisors is a minimal 50 cents per day, with the rest of the operation being underwritten by the Parks Commission. This is the third year for the village portion of the program and the second for the bush.

Students who spend the day in the bush get a comprehensive introduction to life in the outdoors and good conservation practices. The bush portion of the program is conducted on nature trails in the game sanctuary near Upper Canada Village. George Dowson of Morrisburg takes a woodsman's approach to the bush teaching tracking, lumbering and hunting. Marilyn Anion of Mallorytown takes the conservationist approach, showing the youngsters how the bush was used and how important it was for the survival of the early settlers. She also carries through to demonstrate the continuing importance of the bush and of using its resources wisely.

The day spent in Upper Canada Village is divided into 40 minute periods, each one being spent in a different area. Students visit

see SCHOOL WAS - pg. 4

Student's Raise $1,400 for Heart Fund

Students at Seaway District High School have done what was considered by Heart Fund officials to be the impossible, by collecting over $1400 in the south Dundas area. At a school assembly last Thursday morning Mrs. Heather Moore Field Co ordinator for the Ontario Heart Foundation in Kingston accepted a cheque from Mr. Wayne Johnston, a teacher at Seaway, for the funds collected during the Valentine's weekend blitz for the Ontario Heart Foundation.

Mrs. Moore, in expressing her gratitude for the students' efforts noted that last year the collection from all of Dundas County was only about $500. This year, the soughern portion of the county donated over $1400 to the cause. Students from North Dundas District High School were conducting the blitz in their area.

The drive was held primarily on the afternoon of Valentines Day with the students covering every home in the villages of Iroquois, Morrisburg, Williamsburg and South Mountain. In addition, teams of students covered most areas of the townships, providing close to 100% coverage of area homes.

Also present at last Thursday's presentation was the area Heart Fund representative, Mrs. Hilda Langataff from Prescott, who congratulated the students on their successful drive.

Students from the school canvassed area homes under the direction of the following captains: Heather Hutchinson, Morrisburg; Cathy Claxton, Iroquois; Kevin McIntosh, Williamsburg; Anna Graham, South Mountain; Ted Wardle, Matilda Township; Andy Schneckenburger Williamsburg Township; Susan Jordan, the riverfront.

Area residents who have not yet made their donation to the Heart Fund can do so at Banks in Morrisburg and Iroquois, until March 31st.

Post Staff Photo



Matilda Snowmobiler's Take Labatt's Trophy

Four snowmobilers from Matilda township have led the way in the race for the Labatt's trophy in a three-meet event held in Hulbert and Winchester. Dean Ault took the trophy following Saturday's last race in the series held in Winchester as part of the annual Winter Carnival. Dean accumulated a total of 56 points. Jim Thompson and Sandra Johnston, also from Matilda Township placed 3rd and 4th with 41 points and 35 points respectively.

Points were earned over the three days of racing, the first two being held at the Hulbert Snowmobile Clubhouse, and the third at Winchester. As well as being awarded points for being first or second in any given class, drivers were given points for each heat they won, up to a maximum of four.

Although there was no trophy given for the ladies' classes Sandra Johnston made a good showing, winning all the ladies' classes held over the three days, in addition to coming fourth in total points by racing and winning in mens' classes.

Saturday's races were held despite the poor co-operation of the weatherman with close to 50 machines running on the rain soaked, slushy track.

Cash prizes and large beer glasses, donated by Angus Pontiac Buick were given to the first and second place winners in each class at the end of Saturday's race. Winners are as follows:

250 STOCK
1st - Michael Stephenson (Yamaha)
295 STOCK
1st - Steven Shaver (Alouette),
2nd - Dave Shaver (Alouette
340 STOCK
1st - Kevin Henderson (Yamaha),
2nd - Sandra Johnston (Alouette)
440 STOCK
1st Trevor Boyd - (Mercury)
2nd Bruce Robinson - Yamaha)
OPEN STOCK
1st - Bruce Robinson (Yamaha)
2nd - Neil Strader (Yamaha)
295 MOD STOCK
1st - Dave Shaver (Alouette),
2nd - Kevin Henderson (Alouette)
340 MOD STOCK
1st Jim Thompson - (Yamaha)
2nd - Dave Marriner (Polaris)
440 MOD STOCK
1st - Dean Ault (Arctic Cat),
2nd - Jim Graham (Arctic Cat)
OPEN MOD STOCK
1st - Dean Ault (Arctic Cat),
2nd - Jim Graham (Arctic Cat)
340 POWDER PUFF
1st - Sandra Johnston (Alouette),
2nd - Lois McQueen (Polaris)
440 POWDER PUFF
1st - Sandra Johnston (Alouette),
2nd - Lois McQueen (Polaris)

see MATILDA - pg. 8

Student Job Centre Open

The Canada Manpower Centre for Students serving Prescott and area is once again in operation. The centre is located in the lower floor of The Federal Building in Prescott and hopes to play an important role this simmer for students and employers alike.

Registration of high school, college and university students has already begun as students start their annual search for summer employment. Local businesses and private householders are being urged to evaluate their summer labor requirements early and to consider giving students a chance to prove themselves.

While the bulk of students become available later in the year some have already indicated their willingness to take on part-time or casual work now.

This years student placement officer Arie Hoogenboom states that registrations and job orders are now being received. Free information and advice is available at the centre or by phoning 925-2508. (Or thru the Kemptville Office Thursdays and Fridays at 258-3921).

No Holiday for S. Dundas Teachers



Farticipants in Monday's panel discussion at Seaway District High School included (from left to right) Mr. Robert Butcher, Moderator, a teacher at Morrisburg Elementary School, Mr. Murray Sands, Principal at Fielding Drive Elementary School in Ottawa, Mr. Geeorge Lammercraft, Principal of North Grenville High School in Kemptville, Mr. Rosaire Leger, Director of Education for the S.D.&G. County Board of Education, and Mr. Arthur Bond, head of Mathematics at CCVS in Cornwal.

Post Staff Photo

Monday was a holiday for most students in the south Dundas area, but for the teachers it was work as usual as more than 125 teachers gathered for a day of professional development at Seaway District High School. The day was organized for all the teachers whose students will be coming to Seaway.

The program is part of the Family of Schools concept which ties Seaway to all the "feeder" schools in the south Dundas area.

The day-long program featured a keynote address by Michael Cyze from the Ministry of Education and several group discussions.

The afternoon program included a panel presentation with a number of distinguished guests, including Mr. Arthur Bond, Head of Mathematics at Cornwall Collegiate and Vocational School, Mr. George Lammercraft, Principal at North Grenville District High School at Kemptville, Mr. Roasire Leger, Director of Education for the S. D. & G. County Board of Education and Mr. Murray Sands, Principal of Fielding Drive Elementary School in Ottawa. The panel presentation was moderated by Mr. Robert Butcher a teacher at Morrisburg Elementary School.

Mr. John Comtois, Superintendent of School for the S. D. & G. County Board of Education made the closing remarks, bringing the day to an end.

Feb. 29th. Rent Review Deadline

February 29th is the deadline for certain procedures under the Rent Review Act, Sidney Handleman, Minister of Consumer and Commercial Relations said today.

The minister reminded tenants that if they wish to dispute rent increase of 8% or less, that have occurred between July 30, 1975 and December 31, 1975, they must make application on the appropriate form by February 29, 1976.

For this same period, landlords are reminded that if they wish to charge more than eight per cent of the rent charged for the last full month prior to August 1, 1975, they must make application on the appropriate form by February 29, 1976.

For this same period, if there has been no signed agreement between landlord and tenant by January 17, for an increase of more than eight per cent, and if no application for review has been made by either party, the tenant is entitled to a refund of the excess rent by February 29, 1976. The agreement to more than eight per cent can be revoked by the tenant within 30 days of signing.

If a landlord fails to give the proper rebate by February 29, the tenant should file an application for rebate with local rent review office any time after February 29, 1976.

If the rent review officer orders payment, the landlord has five days to comply. If the landlord fails to comply the tenant may deduct the rebate amount from his rent.

For tenancy agreement taking effect between July 30, 1975 and April 30, 1976, landlords wishing to charge more than eight per cent for any period after January 1, 1976, must also make application on the appropriate form by February 29, 1976.

For tenancy agreement taking effect on or after January 1, 1976 tenants wishing to dispute any increase must apply by February 29, 1976, or 60 days after receiving a notice of increase, whichever comes last.

Mr. Handleman reminded landlords and tenants that applications for rent review must be made to the Rent Review Office for the region in which the premises are located.

He also indicated that copies of the provisional Landlord's Guide to the Preparation of Cost Revenue Statements in support of rent review applications are now available from all Rent Review Offices. It is anticipated that Cost Revenue Statements will be required only from those landlords making multiple applications on behalf of major rental projects.

Cut Nursing Enrolment

St. Lawrence College in Cornwall has cut the number of students who will be admitted to the first year of the nursing program in the fall of 1976. The decision came in view of the announcement by the Ministry of Health that considerable reductions in hospital services will need to take place across the provinces as well as the lessened employment opportunities currently experienced for nurses.

The Council of Regents of Ontario Universities and Colleges decided to make the reductions throughout the province effective September 1976.

As a result, the first year enrolment at the Cornwall Campus was reduced from 90 to 68 students, which represents a reduction of 25%. The reduction is not expected to greatly affect the number of students who normally enroll in the Nursing program from the three United Counties.

To date, the Cornwall campus has received 175 applications for the Diploma Nursing Program.

Before the Waters



This house being transported to the new Iroquois was located behind the Post Office and New York Cafe block in the old town and is now on Victoria Street. On the left we see the former C.K.O. Cameron home and on the right is the house owned by Everett Liezert.

Photo by R.W. Martin, Courtesy of Craft House

the EDITORIALS

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AND MATILDA ADVOCATE

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CONQUER GREED FIRST

As Ottawa unveiled the details of its anti-inflation program just before Christmas — a program designed to regulate the earnings and spendings of most Canadians — consumers continued to push their way through the turnstyles and crowd the escalators of the nation's stores, buying as if there were no tomorrow.

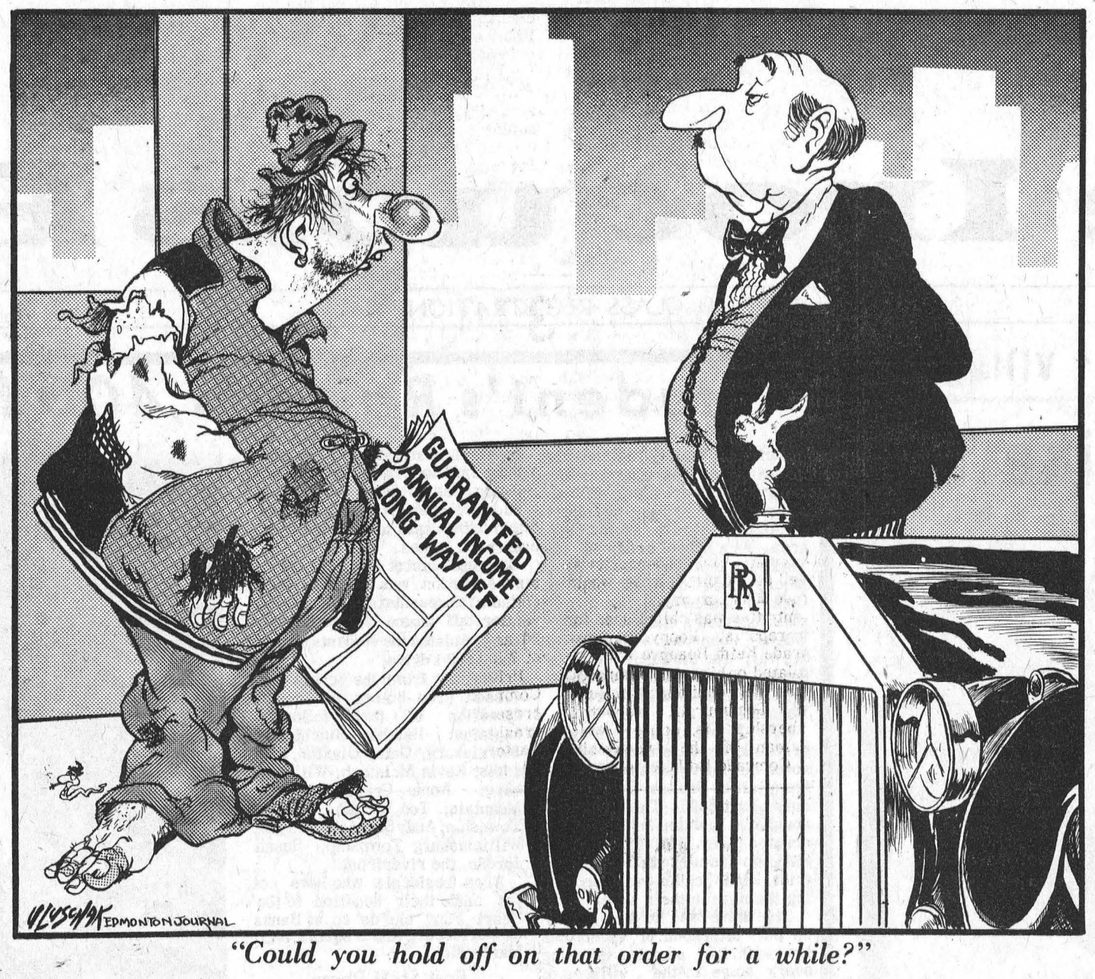
In our greed we have demanded more from the system we live under than it is capable of producing — high wages, high profits, more goods and services and, above all, more gadgets and comforts than we can possibly use.

The work has become an object of ridicule. The family is under constant assault. Morality is antiquated, if not obsolete and evidence of a lack of self-discipline is everywhere.

In its belated attempts to restrain rampant consumerism, the federal government has attempted to legislate inflation and greed out of existence. But government controls at every level of our existence only serve, too often, t0 divert us away from attacking the social sins that are manifested by greed and waste.

Restore some sense of discipline in all areas of our lives, a discipline motivated by a sense of co-operation and responsibility and we would be in a better position to attack the awesome problems that are facing us in the last half of the 1970's.

To continue to have all restraints on our lifestyles legislated from above gives us no motivation to do some honest soul-searching and to reaffirm man's essential need to practice his own self-discipline and constraint.



"Could you hold off on that order for a while?"

Report TO THE People

Walter Baker, M.P., Grenville-Carleton

The Time-Reader's Digest Debate

"There is one point which may pass unnoticed now, but you who sit here supporting this ill-conceived, dangerous bill will one day have to answer to your constituents for the results . . . I say this with great sadness. It is very, very difficult for me to stand here, on this side of the House and say this. But I say it because I feel a great duty to my constituents and to that larger constituency we all share, Canada".

- February 10th, 1976

Simma Holt, long-time journalist and, currently, Liberal Member Parliament for Vancouver-Kingsway, is speaking in the House of Commons about Bill C-58, her government's controversial legislation to amend the Income Tax Act to withdraw from advertisers the right to deduct the cost of advertising as a normal business expense in all but Canadian publications. Mrs. Holt is incensed, as are our Members, because the legislation has taken a new twist due to a reinterpretation, last week, of a rule first made in October by Revenue Minister Jack Cullen concerning the contents of a Canadian periodical in relation to foreign publications. The bill is at report stage.



Walter Baker

The original rule was that the contents of a Canadian periodical may not be, according to Cullen, "substantially the same" as a foreign periodical. Cullen's original interpretation of "not substantially the same" was that "more than 80 per cent of the contents of a Canadian periodical must be material which has not appeared in any current or prior issues of foreign publications with which the Canadian periodical may have any type of continuing arrangement."

Translated, and taken with legislation's requirements that in order to benefit from a full, 100 per cent deduction for its advertisers, a periodical published in Canada must be 75 per cent Canadian-owned, 100 per cent Canadian edited and controlled, and free of any licensing arrangements with a foreign periodical, that meant that at least two 'periodicals' published in Canada were in a spot of trouble. Time Canada and Reader's Digest suddenly found they had lost the tax advantage they had enjoyed for over a decade in this country.

In initial response to the legislation and to the Canadian content rule of last October, Time Canada said it would comply with the government's ownership, editing, controlling and licensing regulations. But it raised strong objection to the 10 per cent Canadian content rule because Time Canada is a newsmagazine which draws on world news sources for its coverage. Eighty per cent of all news is not found in Canada, no matter what the federal government may say.

Reader's Digest proved that it was planning to be even less willing to become a good corporate citizen. It balked, not only at the 80 per cent Canadian content regulation, but at the government's ownership, editing, controlling and licensing rules as well. We will go out of business in Canada, it said, rather than comply.

But Reader's Digest -- both the English and the French language editions of the Canadian publication -- is turned out in Quebec. There are 1,500 jobs involved in the operation and Quebec Liberal M.P.s and at least two Cabinet Ministers were not about to see those jobs lost -- with resulting political unpopularity -- if Reader's Digest decided to fold.

So last week, Cullen changed the rules a little. Following a meeting with Reader's Digest executives, he announced that he was prepared to bend the rule a little, if Reader's Digest was prepared to do a little bending itself. Reader's Digest would agree to sell 75 per cent of its Canadian operation to Canadian interests and he, Cullen, would arrange that the 80 per cent Canadian content rule would not be applied as long as Canadian editors choose and edit the foreign material to appear in the mazazine. He was doing it, he said, to help digests, not specifically Reader's Digest. Cullen's words: "Middle party access used to obtain third party material will not be regarded as a continuing arrangement with a foreign publication." The deal was made -- signed, sealed and delivered, leaving the originally more cooperative Time Canada out in the cold.

Progressive Conservative social and legal affairs critic, Gordon Fairweather, widely reputed for the honesty, integrity and fairness with which he approaches any issue, said of Time Canada's position: "Time will meet Bill C-58. What Time cannot meet is the Cullen rule on content because Time is a newsmagazine and like Canadian newspapers, uses wire services and facilities all over the world. Reader's Digest, a week ago, was given an extra concession, that they can edit their articles, but that they have to do the editing here in Canada. We welcome this, but on the other hand it's now more unfair than ever --

see TIME - pg. 8

100 LINES

by J.M.

First of all, we have to tip our hat to the students at Seaway District High School who volunteered their help with this year's Heart Fund campaign. Through the good work of a planning team, students were able to cover every-home in urban areas and most homes in rural parts of South Dundas as well. A special salute goes to the students who went from door to door on a cold day, to raise $1400 for the cause.

It's been almost a year since we all converted to the Centigrade of Celsius system of temperature measurement. (We have heard it referred to as the Senseless system.) A weekly paper from southern Alberta came to our office a while back with an editorial on the subject that gives an insight into how other Canadians see the new scale. The theme of the editorial was that the Celsius scale was not precise enough for the people of that area where temperatures changed abruptly and exposure could bring death. The editor felt that the media should use the more precise Fahrenheit scale to tell people how cold it was, the idea being that 15 below zero (F) sounded colder than minus 15 (C). He ended off with the though that when the western provinces broke away from Ontario and Quebec we could keep the celsius scale that Ottawa forced on the country while they stayed with old, faithful Fahrenheit. We haven't decided for sure yet, but we may go along with the west.

While the rest of us are measuring temperatures in degrees Celsius, the members of the Haddo Sno-Drifters are hoping to be able to measure the fresh snow in inches, enough inches for the club's annual rally this Saturday. The event has been cancelled for the last two years due to a lack of snow, and club members are hoping that this year won't make a third.

And finally a word of congratulations to the former publishers of the Post, Ken and Shirley Kirkby, who, this weekend will be celebrating their 25th wedding anniversary. May you have 25 more.

THE ENERGY WASTE WATCHER

This column will look at painless ways of cutting down your fuel and electricity bills at home. Have any suggestions? Send them along to the Energy Waste Watcher at Information EMR, 588 Booth Street, Ottawa K1A 0E4

Today more than half a million Canadian households boast an automatic dishwasher, and pay between $15 and $25 a year in electricty for the convenience. On a monthly basis, the average family uses about twice the amount of electricity to operate the dishwasher as it uses for washing clothes according to a provincial Hydro estimate.

Here are some simple ways to conserve kilowatts when using the dishwasher:

- Use the dishwasher detergent recommended by the manufacturer — he knows his product best.
- If your dishwasher has special cycles for partial load and short wash, use the shortest cycle that will suit your load.
- A dishwasher is used most economically at full capacity so try to accumulate the dishes and utensils from several meals for one load.
- If dry dishes aren't needed immediately after the end of the cycle, it's a good idea to turn the dishwasher off when the wash portion is completed and to open the door slightly. This can save about *one-half the power* consumed in a normal cycle.
- Although dinner plates can be warmed in the dishwasher, it's much more economical to use the oven's stored heat after the cooking is completed.

The Consumer's Association of Canada tested nine major brands of dishwashers being sold on the Canadian market in 1973, and found that the length of cycles for washing and drying varied considerably amongst the brands. The washing and drying time ranged from 1½ hours for a General Electric to less than three quarters of an hour for Admiral and Baycrest models. All were found to have done the job equally well.

If you really want to get best value for your money before sinking $300 to $500 into buying a dishwasher, you might do some comparison shopping on paper first. Check the latest issues of *Consumer Reports* at your local library for test results on many consumer items including major appliances.

A reader information service courtesy of Energy, Mines and Resources, Canada.

Bill Smiley

BILL SMILEY'S COLUMN DID NOT ARRIVE THIS WEEK AND WILL APPEAR NEXT WEEK.



Letters TO THE EDITOR

DEAR SIR

I wonder what people do with their weekends these days? I was fortunate enough to go to Ottawa, Sunday February 15th for the taping of New Faces in Iroquois at Broadcast House CJOH Channel 13. It was a most educational and enjoyable day for anyone, and best of all - free.

The voyageur coach to Ottawa and home again, as well as lunch and dinner were at CJOH's expense. All I gave was my time and attention. I will certainly appreciate the March 3rd edition of New Faces' as well as my favourite programs on all channels. One cannot begin to the time and effort that goes into a single thirty minute show until seen with ones' own eyes.

The disturbing fact is that out of the six acts that participated to make the program, there were only one or two parents of the high school band members in attendence. Most of the people who made up Iroquois' audience were people who had no direct relation to anyone participating.

Since Gatineau Point were taping their program for February 25th we were treated to a very good show. It was most disappointing to see that few parents wanted to share this once in a life-time experience with their children or that friends didn't want to see them as they made their TV debut.

I think Mrs. Leona McIntosh deserves a hearty 'Thank You' from everyone; even those who didn't go along to make the venture a success. A lot of time and work went into arranging this event. It's nice to see someone in Iroquois who thinks enough of her town to want to show it to others. Good job, Leona!

The performers all deserve a "Well Done", including Acting Reeve Frank Rooney. They will make us all proud.

Yours truly,
An Interested Citizen

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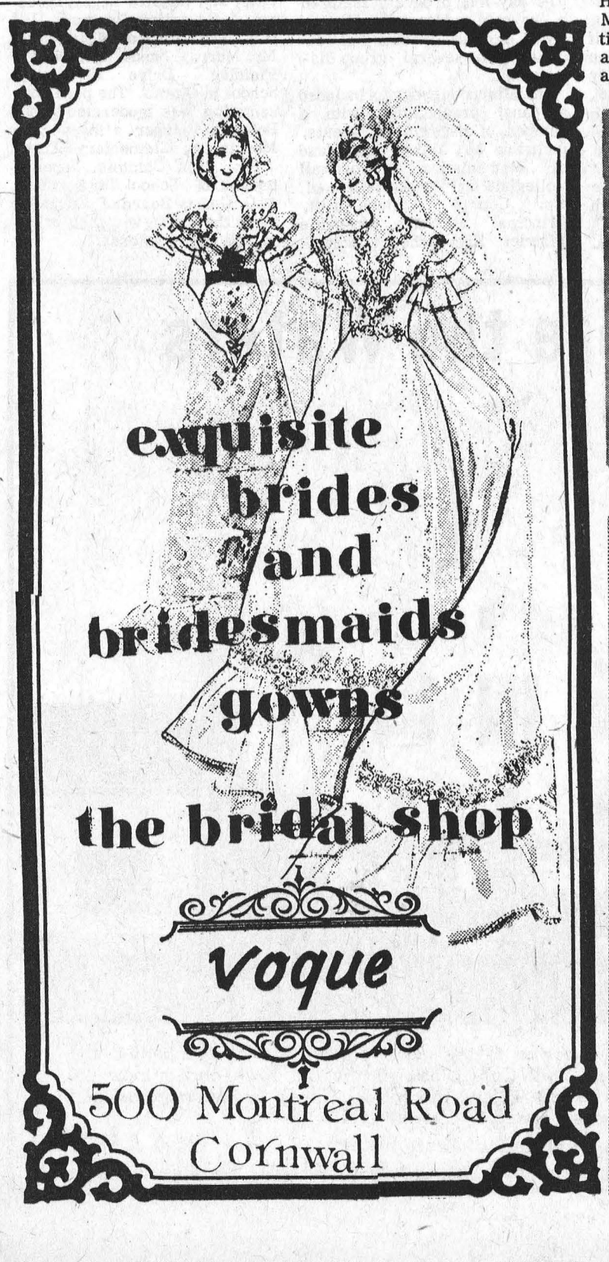

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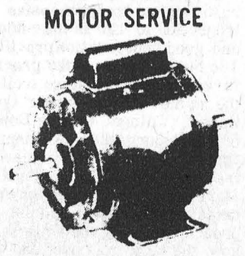

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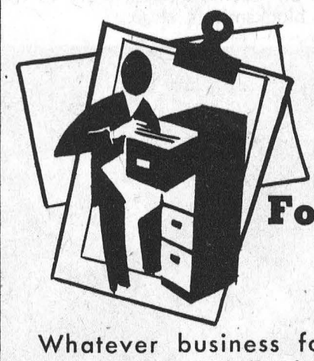

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Irvine Explains Careers Action Program For Youth

This week, I would like to discuss two very important programs developed by the Progressive Conservative Government in Ontario.

In times of high unemployment there is little doubt that one of the hardest hit groups is the 16-to-24 year olds. All too often, employers demand proood of work experience -- experience which those just out of school haven't had time to acquire.

In recognition of this, Premier William Davis announced the Ontario Careers Action Program fulfilling a pledge made during last fall's election campaign.

The Careers Action Program is designed to provide 16 to 24 year olds who left the educational system and are actively seeking jobs with marketable work experience.

The Government, through all 20 of its Ministries, has established 1,050 job opportunities for the eligible age group.

Applicants my be university graduates, or students who have left high school, or graduated from Grade 12 or 13. Those who are accepted into the program will work for a Government Ministry for up to one year and will be paid an allowance of $100 a week maximum. They will not have the normal public service benefits.

Those who take part in the program will acquire the experience demanded by so many employers while at the same time working on useful and practical projects. It is anticipated that many in the program will decide to return to school for further training in some particular career.

Realistically, the Career Action Program can not expect to provide a job for every unemployed young person in Ontario. However, the Ontario Government hopes to set an example for the Federal Government, as well as business and industry.

If you would like further information on the Ontario Careers Action Program, visit your nearest Canada Manpower Centre. Application forms are also available from the program's headquarters at 800 Bay Street, Toronto.

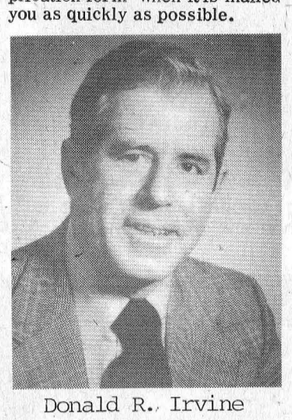
The second initiative I want to mention is the 1975 Farm Tax Reduction Program. Many of the farmers in Carleton-Grenville will have received their application forms by the time this column appears in print; the rest will be on the way very soon.

This is the sixth yeare s umn appears in print; the rest will be on the way very soon.

This is the sixth year of the program under which Ontario residents who own a farm producing $2,000 of farm produce will receive assistance. This year, the assistance equals 50 per cent of th e total municipal taxes.

It is important to remember in filing income tax that the amount of assistance need not be reported as a reduction of taxes under the Ontario Property Tax Credit Plan.

Property owners obtain the assistance by completing the application form when it is mailed you as quickly as possible.



Donald R. Irvine

to them. Questions should be directed to the Subsidies Branch, Ministry of Treasury, Economics and Intergovernmental Affairs, 56 Wellesley Street West Toronto.

I am very pleased to report that the Stittsville Sunshine Club has been awarded a $400 Action Age Grant. The funds will help purchase craft materials, tune the club's piano, provide transportation and generally support the Sunshine Club activities.

I hope you will remember to contact me if there is any way I may be of assistance. My Toronto office address is Room 180, Legislative Building, Queen's Park, Toronto M7A 1A2. You may also wish to note my telephone numbers: Toronto - (416) 965-0190 or Prescott - 925-2451. My Prescott telephone has an answering device which will record your message when I am at Queen's Park and relay it to Toronto so that I may respond to

Legion Br. 370 Meets

Branch 370 Canadian Legion held their regular meeting Thursday February 19, 1976. Following the opening ceremony President Ken Easter welcomed our new Padre Rev. Charles McLean. Business got under way with many comrades in attendance; its good to see so many out. Minutes were read as well as the treasurer's report and correspondence. It was agreed that Robin McIntosh would receive $100 bursary.

Committee was called upon for their reports. Poppy chairman comrade Keith Beaupre was congratulated on his poppy campaign. Membership chairman Comrade Fred Goodmurphy reported, membership is doing well. Chairman of the snowmobile rally Comrade Ed Hitchinson reported a successful rally with 61 machines taking part. Thirty-three gifts were presented from the merchants of Iroquois.

Sports chairman Comrade Willis Douglas reminded us that Bowling will be held March 6 at Cornwall and Chesterville; teams will be attending both events.

Delegates were elected to attend. The Zone Rally at Prescott March 13, the District Convention at Gananoque, March 24 25 and the Dominion Convention at Winnipeg June 13 - 17.

Prior to the closing ceremony Comrade Willis Douglas was presented with his past presidents pin by President Ken Easter. It was a very successful meeting.

Seaway Students Plan Variety Night

On the weekend of February 13, 15, 13 members and friends of the Inter-School Christian Fellowship group (ISCF) went to Camp IAWAH near Westport for a time of fun and spiritual refreshment with other ISCF groups from Kingston and Brockville. Rev. Keith Brown of Cardinal spoke at 3 workshop sessions on Christian growth. Cross-country and downhill skiing, skating, tobogganing and singing were some of the other activities for this winter weekend.

Saturday's skit night special features included a choo-choo train with a "surprise" and a rendition of "On the First day of Valentine's, My True Love Gave to me." The highlight of the weekend was the Sunday morning worship service in which individuals shared in music, poetry and personal witness of how Christ had helped them to grow as individuals.

On February 19, Mrs. Nan Brown spoke to an after-school ISCF gathering on what Christian growth had meant to her. Singing and a "Who Am I?" game were included in the program led by Jennifer Payne. On February 27 an evening of volleyball and singing at our school has been planned for groups from Cornwall and Brockville. All Seaway students are invited to attend.

In the Boy's Junior Basketball action on February 19 the St. Lawrence Junior Saints defeated the Seaway Spartans 67-45. The game featured some tough rebounding and hard running. Top scorers for our team were Gary MacDonald with 13 points and Scott Corden with 9 points. Congratulations for a good effort to all team members.

In their final league game Seaway's Senior Boys' Basketball team was defeated by St. Lawrence 59-52. Jamie Findlay led Seaway with 18 points. This year Seaway Seniors finished third in their division and play-offs between Seaway and St. Lawrence will begin next Tuesday at Seaway.

On March 4 and 5 at 8:00 p.m. Seaway will be holding its annual 'Variety Night' production, featuring "Oliver". Admission for this lively event is $1.50. In "Oliver leading roles will be played by Heather Hutchison, John MacEwen, Neil Cameron and Jim Bell. Along with this delightful feature, skits, songs and dance numbers will be presented. During the past few weeks, all members of Variety Night have been working strenously to make this show successful.

The Heart Fund drive, sponsored by Seaway, was a complete success. We are able to collect $1400 from surrounding community residences. The money will be forwarded to The Heart Research Foundation. We thank those who made a sincere effort to make this worthy cause a success, and to those who contributed generously.

On the evening of March 10, Seaway will be hosting the annual Public Speaking Contest. This event is being sponsored by the Lion's Clubs and the Legions of Morrisburg and Iroquois. This year, the prize money has been raised to $200. This, hopefully, will encourage all interested students to participate.

On Friday, February 20, Seaway was host to a dance featuring "Pheonix". The students of Seaway have finally received a quarter and now they are $2.00 for singles and $3.00 for couples.

Suspicious Canvassers

Reports are again circulating that the Ontario Provincial Police endorsed a publication in which small businesses have been asked to purchase advertising space.

The community services branch of the OPP reminds you that the force does not solicit funds or advertisements for any purpose. Nor does the force support the solicitation of funds or advertisements for any publication or campaign.

The OPP reminds all business people and residents to ensure the validity of all requests for charitable donations or solicitation for advertisements.

Be sure you know who you are giving to and where your money is going.

Hulbert Snowbirds Rally

The Hulbert Snowbirds snowmobile club held their annual rally on Saturday February 14th with a total of 96 machines entered. First place winner was Ronnie Smail who received the Hulbert Snowbirds trophy, the annual trophy donated by McNels and Lacombe. Clair Robinson came in second, receiving a trophy donated by Floyd Thompson Yamaha Sales. Third place winner was Sandra McQuigge who received the St. Pierre Construction trophy. She was also the first lady driver and was awarded a silver tray, donated by Northern Trophies.

The Hulbert Snowbirds are grateful for assistance from area businessmen including Thompson's Fuels, Allison's General Store, Biccum and McIntosh Real Estate, IOOF Lodge (South Mountain), Code's General Store, Lorne Mellan Insurance, Paul Barkley Plumbing, Ace's General Store, Jones Construction, Tibben's Equipment, Ltd., Berry's Egg Farm, Rooney Feeds, Frank Ault Equipment Rentals, Bill Albers Refrigeration, Paul's Repair Shop, C & L Feeds, Gerry Nelson's Trucking, G.N. Auto Shop, Lee Shaver Alouette Sales, Herve Plante, and Matilda U.C.O.

Bird Notes

by E. G. Avery

The recent week of mild weather has inspired some of our feathered friends to brush up on their Spring songs; did you notice the increased vocal activity as you filled up the feeders?

The Red polls, noted for their delightful twittering, have added a whistle to their repetoire. The Sparrows are particularly chirpy and even the Blue-jays have found a new note, softer, and although by no means musical, a pleasant change from the "rusty hinge" theme.

Last year at this time we had reports of the first Robin. No such luck this winter but it is probably just as well for the Robins that they stay in the South for a few more weeks.

As the snow gradually melts from the fields, the Horned Larks will be the first Summer residents to return, but they are often unnoticed because of their preference for golf courses and park lands - not our favourite haunts just now! In these same places, Snow Buntings are often to be seen as they stop by on the way to nesting grounds in the Arctic; they are small white birds with brownish wings and tail. In some areas, their fluttery behaviour has earned them the affectionate name of "Snowflakes."

This is a good year for Redpolls. They were a little late in arriving, but are certainly making up for it in larger numbers than usual. They are very satisfactory birds for a new enthusiast, with their lovely colour scheme, and their confiding nature. Although they will not feed from one's hand as the Chickadees do, they will sit in the tree while the feeder is being refilled, and seem to enjoy a "hi" from their benefactor.

It is still February, after all, and when it rains, some snow must fall; at the moment, the landscape is bright and beautiful and cold!

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Winchester Theatre

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Burt Reynolds, Catherine Deneuve, Eddie Albert, Ernest Borgnine.

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Monday, Tuesday, Wednesday March 1-2-3

"MANDINGO

James Mason, Susan George

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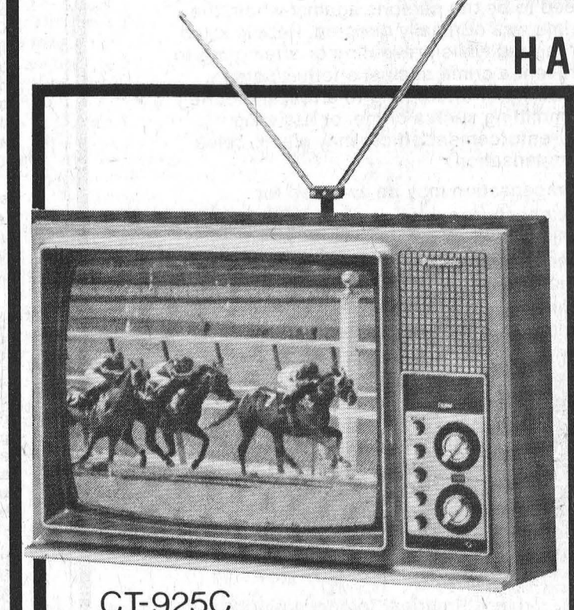

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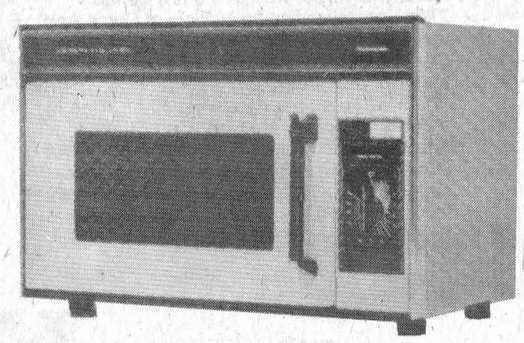

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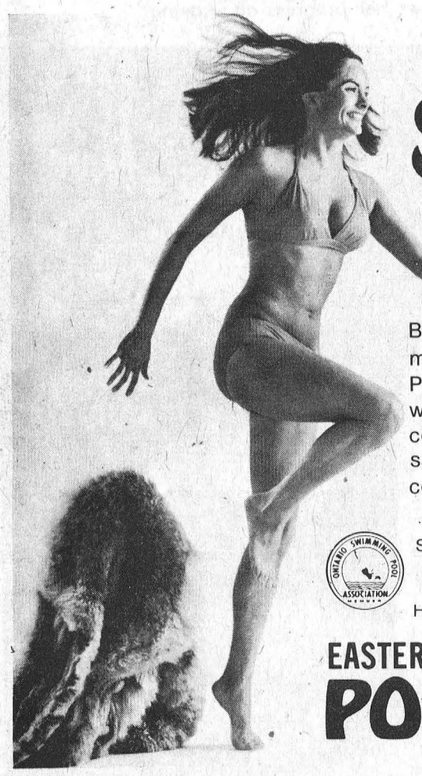

SPRING INTO SUMMER

By March, the folks in Eastern Ontario can't wait for summer. And many of them will be thawing out at the Eastern Ontario Pool and Patio Show. Looking forward . . . to their own backyards. And looking where the looking is easy. You should be there too. Visiting all the colourful exhibits. Seeing what's new in pools and equipment . . . in saunas and floating chairs and patio furniture. Plan to bring the cottage country to your own backyard. Remember summer starts March 5.

Sponsored by the Eastern Ontario Swimming Pool Association

MARCH 5 - 7

EXHIBITION HALL, CIVIC CENTRE, OTTAWA

Hours: Friday 4:00 p.m. - 10:30 p.m.; Sat. 10:00 a.m. - 10:30 p.m.; Sun. 12 Noon - 9:00 p.m.

Adults $1.00 -- Children with adults free.

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SUNDAY IN THE CHURCHES

UNITED CHURCH OF CANADA
Matilda Pastoral Charge
Rev. L.D. Joyce, M.A., Ph.D., Th.D

9:30 a.m. Hainsville
11:00 a.m. Hulbert
1:30 p.m. Brinston
A Lord's Supper at each service.

THE PENTECOSTAL ASSEMBLIES OF CANADA
Dundas Street, Cardinal
Rev. Lorne Trimble, Pastor

Sunday - 9:45 a.m. — Christian Education Hour
11:00 a.m. - Worship
7:00 p.m. - Evangelism
Wednesday - 7:30 p.m. - Bible Study, Discussion and Prayer. In the church hall.
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ST. ANDREW'S CHURCH
South Mountain
Mrs. Arnold Shaver, Organist
SUNDAY
9:30 a.m. ..... Service of Worship
(Adult Bible Class Following)

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Mrs. M. Casselman, Organist
MINISTRY OF WORSHIP, EDUCATION AND OUTREACH
Midweek Youth-Adult Program
SUNDAY
Church School ..... 9:45 a.m.
(Kindergarten thro. Grade 12)
Worship Service ..... 11 a.m.
(Adult Nursery Supervision for Children 4 years and under)
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Rev. L.T. Schalkwyk, B.A., B.D.
Telephone 535-2598
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2:30 p.m. Afternoon Worship

Anglican Church of Canada
Parish of Iroquois and Morrisburg

Rev. Francis N. Gooch, B.A.
Telephone 543-2867
SUNDAY BEFORE LENT
FEBRUARY 29th

ST. JOHN'S, IROQUOIS -
9:30 a.m. HOLY EUCHARIST

ST. JAMES', MORRISBURG -
8:00 a.m. HOLY EUCHARIST
11 A.M. MORNING PRAYER AND SERMON

ASH WEDNESDAY MARCH 3rd

ST. JOHN'S, IROQUOIS -
7:00 p.m. HOLY EUCHARIST

ST. JAMES', Morrisburg -
10:00 a.m. and 8:00 p.m. - HOLY EUCHARIST
Visitors Always Welcome

ST. CECILIA'S CHURCH
Rev. F.M. O'Connor, Parish Priest

Sunday ..... 9:30 a.m.
Confessions .. Wed., 7-7:45 p.m.
St. Mary's, Morrisburg
Saturday ..... 7:30 p.m.
Sunday ..... 11:00 a.m.
Confessions .. Wed. 8 - 9 p.m.

IROQUOIS PASTORAL CHARGE
UNITED CHURCH OF CANADA
Rev. W. Brian Gee, B.A., B.D., ThM.

11:00 a.m. Worship and Sunday School

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Expect Fee Hike

Cornwall's St. Lawrence College is expecting a rise in the cost of tuition for the fall of 1977. Although still in the rumour stage, the move appears to be in keeping with the policy of the Provincial Government which is to shift a greater part of the cost to the users of various institutions; in this case to the students at colleges and universities.

Tuition fees have not been raised since the fall of 1971 at the Community College, and at the present time, according to the principal of the college, the fee of $250.00 per year barely covers 10% of the total cost of education for each full time student.

Matilda 4-H Meets

The second, third and fourth meetings of Matilda #3 4-H homemaking club were held at the Brinston hall. The only business we had during these meetings was deciding whether or not we would attend the ice-capades which will be held March 17th in Ottawa. We discussed the proper way for caring for our hands and nails, and what should be done for everyday grooming. We also discussed proper storage facilities for our bedrooms.

Hear Talk on New Zealand

The February meeting of the Iroquois United Church Women was held on the 12th at 8 p.m. in the church parlour with an attendance of 21 ladies.

President, Mrs. Theresa Cougler, welcomed all present and opened with a reading on "Hope for the New Year". The devotional period was taken by Mrs. Marion Pyette, assisted by Mrs. Hilda Marcellus, the theme being 'Salt in My Kitchen." Mrs. Marjorie Fowler presented Mrs. M. Batchelor who took all on a delightful tour of New Zealand and shared her interesting experiences with us from her trip last year.

The committee in charge then served delicious Valentine refreshments.

The 2nd Annual Canadian National Yesteryear Heritage Fair presents
The TOMMY HUNTER Show
at the
Nepean Sportsplex
1701 Woodroffe Ave, Ottawa
TWO BIG SHOWS
7 P.M. Advance $2.00
At the door $3.00
9 P.M. (includes the finals for the North American Fiddling Championships) Advance $3.00
At the door $3.50
See The Stars Feb. 28th
Special Guest Appearance by Wilf Carter

School Was Never Like This

Students Enjoy Village and Bush Program



Henrietta DeJong, also from St. Cecilia's didn't want to leave this baby goat behind when she went home.



Timothy Gleason of St. Cecilia's dips some half finished candles into a pot of tallow while Mrs. Betty McRoberts puts the finishing touches on a batch of pancakes.

cont'd. from pg. 1

the blacksmith's shop where they are given an insight into the type of work that was done there and what materials the blacksmith had at his disposal. Each student operates the forge and under the watchful eye of the blacksmith makes a spike.

Another visit takes in the spinning and weaving area where the youngsters operate a spinning wheel making yarn and get an introduction to weaving on a box loom and a four-harness floor loom. A tour of the pastor's house is included so students can compare it to the lifestyle of the hired man. In the hired man's house everyone has a chance to be involved in candle making and cooking as it was done in pre-Confederation days. A visit to the flail maker is another highlight, with students actually helping to make a flail and in the process learning how difficult the threshing operation was in that time period.

A visit to the wintering barn rounds out the village portion of the program. Youngsters have a chance to see the animals as they spend the winter in a modern barn, and at the same time, learn how the various animals fit into the 18th or 19th century farming operation.

The purpose of the whole exercise is to demonstrate in a practical way the strong inter-dependence that existed between the settled village area and the bushland that surrounded each village in the days before Canada became a nation.

Students come from all parts of eastern Ontario to participate in the program. When we visited the village, groups from Iroquois were involved in the various activities, but according to Mr. Dunn students have come from as far away as Ottawa, Athens, and Cornwall. The program is usually filled shortly after applications open each year. At present the opportunity for such study exists only for senior elementary students, but Mr. Dunn would like to see something offered for all age groups.

"We are reaching only a small segment of the population," he said, "and it is our goal to be able to offer some sort of service to younger children and adults as well."

As is usual with such projects a lack of funding is the biggest single problem. At present the parks commission loses money in operating the Village and the Bush program and the budget doesn't allow for any more such projects. According to Mr. Dunn, a similar type of project for adults on the weekends would be welcomed but the money just is not there.

Upper Canada Village, Mr. Dunn pointed out, is a museum and as such is supposed to be more than just a collection of antiques. It is a living, working museum that is held in high esteem by other museum people both in Canada and the United States. It is the goal of Mr. Dunn and the village staff to conduct a structured, educational program for visitors but also to try and interpret that education. The interpretation comes into the program when visitors get a feeling for, and appreciation of the cultural heritage portrayed in the village.

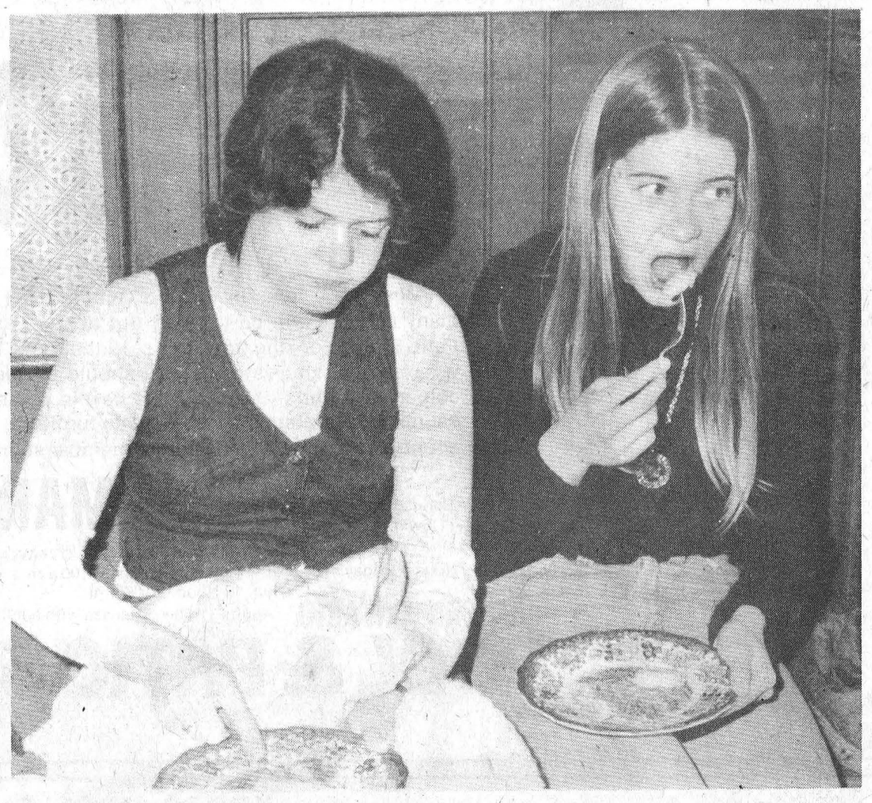
Mr. Dunn, who has been with the village for the last year, is impressed with the preparation that youngsters get in the classroom before they participate in the village and the Bush program. Students who are involved in the program come away with a better understanding of pioneer life and a greater appreciation for the progress that has been made in the last hundred years.



Danny O'Neil and Tammy Roberts work on the construction of a flail to be used in threshing grain.



Lydia DeWit from St. Cecilia's shows her progress at weaving.



Kathy Edgar and Barbara Van Moorsel, both from St. Cecilia's sample pancakes made over the wood burning stove.

Post Staff Photos

People are sometimes the innocent victims of violent crime.

This is what Ontario is doing to help compensate them.



Among the crimes for which compensation may be awarded are murder, wounding, assault and rape. And victims do not need to be the persons against whom the crime was originally directed. People killed or injured while preventing or attempting to prevent a crime against another person, arresting or attempting to arrest someone committing such a crime, or assisting a law-enforcement officer may also receive compensation.

Compensation may be awarded for:
- expenses incurred as a result of death or injury,
- monetary loss incurred because of the victim's inability to work,
- monetary loss incurred by dependants as a result of the victim's death.

Compensation may also be awarded for other results of violent crime.

Applications for compensation must be made within one year of the injury or death, but the applicant should apply as soon as possible—not wait for a court to convict the alleged criminal.

For enquiries, an application form, or a brochure explaining the Act in detail, contact:

Criminal Injuries Compensation Board
505 University Avenue (3rd floor)
Toronto, Ontario M5G 1X4

Ministry of the Attorney General
Roy McMurtry, Attorney General

Here in Ontario, we have a law called "The Compensation for Victims of Crime Act." It is administered by the Criminal Injuries Compensation Board. Happily, not too many people need to use it.

But when someone is injured or killed by a crime of violence which is an offence against the Criminal Code of Canada, your Ontario Government may award compensation to the victim, a person responsible for supporting the victim, or the dependants of the victim.

Province of Ontario
William Davis, Premier

Morrisburg Lions Take 1st. Playoff Game

by Lynne O'Brien

Morrisburg had a good weekend, defeating Metcalfe Friday night 5-2 to wind up the regular schedule with 28 wins, 5 ties and 3 losses to capture the Winchester Press Challenge Trophy for Pennant Winners, and on Sunday they won 4-2 over the same Metcalfe team to take the first game of the playoffs.

FRIDAY - Division President Mitch Collison presented the Pennent trophy to Captain Chuck Lawlor before the game, while Don McNairn was presented with the Morrisburg Legion #48 Top Goaler Trophy for an average of 3.32, giving up 88 goals in 28 games, playing 1590 minutes. After the game Kevin Duvall was presented with the Presidents Trophy for Top Scorer of the Division. Kevin started the game with 100 points, 2 away from leader Don Adams at 102. Kevin assisted on Gillards second goal, scored one himself and assisted on Doug McNairn's goal at 18.10 of the 3rd period to earn his 3 points and the trophy.

Mike Rochon gave the Jets a 1-0 lead late in the first period, with Hugh Gillard tieing the game 2 minutes later. In the 2nd period goals by Hugh Gillard and Kevin Duvall gave the Lions a 3-1 lead. In the third, Bob McNairn made it 4-1 before Carl Carson scored on a powerplay, with Doug McNairn scoring at 18.10 to complete the scoring at 5-2.

SUNDAY - Playoff fever was running high as a large crowd saw Metcalfe take a 2-0 lead after the first period, with the Lions scoring 2 goals in the 2nd to tie the game at 2-2. 13 minutes of the third was played before the deadlock was broken. Bruce Levac and Paul Wiskemann scored the Jets goals. Kevin Duvall on a powerplay at 8.22 and Ernie Duval at 15.58 tied the game. Chuck Lawlor's winning goal came at 13.17 of the third and an insurance goal at 18.37 by Doug McNairn on a power play. Lions received 7 minors and a major. The Jets were assessed 14 minors 1 major, a game misconduct to Chris Erler, with Mike DeHoog receiving double misconduct and a game misconduct. Bruce Cara game misconduct. Bruce Carson of the Jets received a broken collarbone during the game.

$68 is still unclaimed from the Friday 1/2 & 1/2 draw. Anybody with ticket no. 453888 contact Charlie's Sport Shop. Wayne Gillard won $60 Sunday with ticket no. 089985. Lions host Metcalfe Friday in the 3rd game at 8:30 p.m.

WEEKEND SCORES
February 18
Winchester 4, Long Sault 2
February 20
Morrisburg 5, Metcalfe 2
Cardinal 13, Alexandria 3
Long Sault 7, Winchester 4

STANDINGS AT THE END OF THE REGULAR SCHEDULE

	W	L	T	PTS
Morrisburg	28	3	5	61
Cardinal	21	10	5	47
Long Sault	14	16	6	34
Winchester	14	18	4	32
Alexandria	12	17	7	31
Metcalfe	9	19	7	25
Prescott	7	22	6	20

Play-off Dates

Series A -

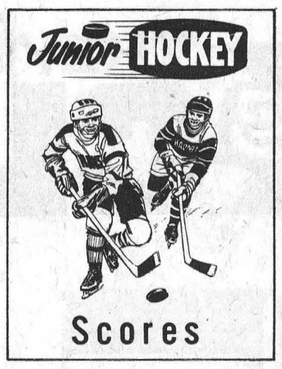
Wednesday February 25 at 8:00 p.m. Morrisburg at Metcalfe
Friday February 27 at 8:30 p.m. Metcalfe at Morrisburg
Sunday February 29 at 8:00 p.m. Morrisburg at Metcalfe
Wednesday March 3 at 8:00 p.m. Metcalfe at Morrisburg
Friday March 5 at 8:15 p.m. Morrisburg at Metcalfe
Sunday March 7 at 2:00 p.m. Metcalfe at Morrisburg

Series B -

Wednesday February 25 at 8:30 p.m. Cardinal vs Alexandria at Maxville
Saturday February 28 at 7:30 p.m. Alexandria at Cardinal
Sunday February 29 at 2:30 p.m. Cardinal vs Alexandria at Maxville
Wednesday March 3 at 8:00 p.m. Alexandria at Cardinal
Friday March 5 at 8:30 Cardinal vs Alexandria at Maxville
Saturday March 6 at 7:30 Alexandria at at Cardinal

Series C -

Wednesday February 25 at 8:00 p.m. Long Sault at Winchester
Friday February 27 at 8:00 p.m. Winchester at Long Sault
Sunday February 29 at 7:30 p.m. Long Sault at Winchester



UPPER ST. LAWRENCE BANTAM

Wednesday February 18 at Chesterville
Iroquois 6, Chesterville 1
Iroquois goals scored by:
Kim Adams 2
Bruce Armstrong 1
Randy Casselman 2
Robin Adair 1
1st game of Play Offs

Sunday February 22 at Cardinal
Chesterville 6, Iroquois 4
Iroquois goals scored by:
Kim Adams 1
Martin Hamilton 1
Bruce Armstrong 1
Kevin Brown 1
Series tied. Deciding game Wednesday, February 25 at 8:00 p.m. in Chesterville.

PEE WEE PLAYOFFS

Tuesday February 17 at Cardinal
Iroquois 4, Kemptville 1
Iroquois goals scored by:
Kevin McEwen 1
Assisted by T. Patterson
Kevin Palmer 1
Assisted by M. Nesbitt
Mark Nesbitt 1
Assisted by S. Brennan, K. Palmer
Steven Kirker 1
Assisted by K. McEwen

This was the first game of the league quarter finals after a third place finish in league standings behind Athens and Chesterville. Six points separated the top 3 teams.

Saturday February 21 at Kemptville
Iroquois 7, Kemptville 3
Iroquois goals scored by:
Tim Patterson 2
Assisted by D. Bueley, R. Shaw, K. McEwen
Scott Brennan 2
Assisted by K. McEwen, T. Patterson, K. Palmer
Kevin Palmer 1
Assisted by S. Brennan, M. Nesbitt
Mark Nesbitt 1
Assisted by K. Palmer, S. Brennan
Robbie Shaw 1
Assisted by K. McEwen, T. Patterson

The win gave Iroquois Pee Wees the first round of their League Playoffs and advances them to the semi-finals.

UPCOMING GAMES

Thursday February 26
Iroquois vs Cornwall Twp. at Long Sault 7:00 p.m.
Saturday February 28
Cardinal Pee Wee Tournament

BANTAM B

Friday February 20 at Cardinal
Osnabruck 1, Iroquois 1
Iroquois goals scored by:
Brent Mattice 1
Assisted by K. Whitteker, G. Crawford

Saturday February 21 at Chesterville
Iroquois 8, Chesterville 0
Iroquois goals scored by:
D. Baldwin 2
Assisted by D. Barkley, E. Thompson
B. Mattice 1
Assisted by K. Whitteker, G. Crawford
D. Barkley 1
Assisted by D. Baldwin, K. Lapier
K. Smith 2
Assisted by B. Mattice, G. Crawford, unassisted (1)
E. Thompson 1
Assisted by K. Lapier, G. McMartin
K. Whitteker 1
Ron Swank was in goal for the shutout.

TYKE LEAGUE

Sunday February 15 at Cardinal
Iroquois 11, Cardinal 1
Iroquois goals scored by:
Mike Veltkamp 3
Steven Prunner 2
Tim Cassidy 1
Jeff Veltkamp 1
Jimmy Aspin 1
Gary McInnis 1
Chris McDermid 1
David Lapier 1

Friday February 13 at Cardinal
Morrisburg 3, Iroquois 3
Iroquois goals scored by:
Steven Prunner 1
Mike Veltkamp 1
Jimmy Aspin 1

Saturday February 21 at Spencerville
Spencerville 2, Iroquois 1
Iroquois goals scored by:
Jimmy Aspin 1
This was the first game of the play offs. Our boys outshot Spencerville 34 to 11 but could score only one time. The next game will be Friday February 27th at 6:30 p.m. in Cardinal.

TEAM STANDINGS (FINAL)

	W	L	T	PTS
Prescott	9	1	0	18
Iroquois	6	3	1	13
Morrisburg	4	5	1	9
Spencerville	0	10	0	0

Pastures With A Purpose

John Madill, Agronomist
Kemptville College of Agricultural Technology

Pasture mixes have traditionally come from the kitchen sink - they contain everything in the hopes of getting something. No one would mix high producing dairy cows with beef heifers in a feed lot yet pasture mixtures are often less compatible. A well known seed supplier in E. Ontario presently sells a 'late' maturing beef pasture mixture for a fair drainage with seven species. Orchard grass is very early yet its included. Red Clover is included helping to smother alfalfa the first year and dies during the second and third year to leave lots of room for weeds. Moreover alfalfa should never be recommended for pasture especially with only fair drainage. This supplier does have excellent mixtures available but the buyer must decide.

Mixing species can be like mixing different aged litters of pigs. Competition is keen and the weekest suffer with the overall result being lower forage yield. Two or three species is the limit. Fields which are variable in drainage should be seeded in sections according to drainage. Management can then be tailored to individual fields.

Dairymen depending on one or two types of pastures often find themselves short during certain parts of the summer. Milk flow in the Ottawa Valley shows the need for pasture diversification.

Early pasture should include orchard or brome grass which grow well under cool conditions. They also provide fall pasture. Periodic clipping will maintain their palatability.

Trefoil cannot be counted on for pasture until mid-June so use it for a later pasture. It maintains its quality so it can be 'stockpiled' for late summer pasture when growth is lowest. Red clover has a bloat hazard and persistance is low. It's best for haylage.

Wild white clover yields poorly and dries up in mid-summer. Ladino type white clover yields much better with 27% protein. It's an early plant but bloat is a hazard so use it with orchard grass or choose another legume.

Reed canary is an excellent pasture plant only if it is managed The secret is to use high levels of nitrogen with heavy stocking and periodic clipping to prevent plants from heading. Without this management don't grow it. Timothy withstands severe grazing but other grasses respond better to nitrogen with higher protein content.

CALLING ALL BARGAIN HUNTERS!
SWEDLOVES' CARPET CITY IN KEMPTVILLE
IS NOW HAVING A GIANT
Clean-up Sale
ROOM SIZE CARPETS Large Choice $3.99 sq. yd.
CUSHION FLOOR 2 Patterns $2.99 sq. yd.
12 Ft. Patterned RUBBER BACK CARPET Beautiful Colors $6.95 sq. yd.
So For Real Money Savings in Carpets See—
Carpet City IN KEMPTVILLE— Carpet Lity is located next door to the Canadian Tire Store

Shrove Tuesday Pancake Supper
Sponsored by
P. Y. P. S.
IN KNOX CHURCH HALL
MARCH 2, 1976 FROM 5:00 - 7:00
Adults $1.50 Children 12 or under 75c

INCOME TAX RETURNS
JOHN DIXON 652-2216

IROQUOIS Esso
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SERVING DUNDAS COUNTY SOUTH
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Compare our miles per gallon... we're competitive
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• rugged performer
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• resists bacterial wilt
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• early, fast growing, big yielder
• outstanding performer in Ontario tests
• persistent regrowth characteristics
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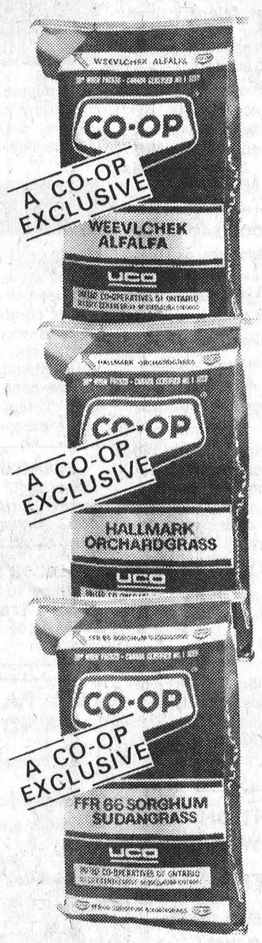
• excellent palatability
• recovers very quickly


Other forage varieties: Saranac Alfalfa, Baylor Brome, Leo Birdsfoot Trefoil, Climax Timothy.
Prescription mixing to match field and farm operation requirements.
UCO UNITED CO-OPERATIVES OF ONTARIO

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A showsale of antiques & heritage crafts.... more than 100 dealers from Quebec and Ontario. Wed. thru Sun.
An Ole Tyme Country Hoedown - with step-dancing, fiddling, a celebrity spittoon spit-off, square-dancing & a yarn or two from the Legendary Walter Cameron. Wed. & Thurs. 7p.m.-9p.m.
The Official Canadian National Championship Sled Dog Derby for the Nepean Heritage Cup. Nearly 100 of the world's best teams. Fri. - Sun. (from 10 a.m.)
The North American FIDDLING Championships - foot stomping time with Canada's best fiddlers competing for the Hall of Fame Trophy. Fri. & Sat.
*A Gala Heritage Ball Sat, Feb. 28 at the Woodroffe campus, 8 p.m. Tickets $3.00 advance $3.50 at the door
The Timberman's Fair - watch them chop & saw. Sat - starting at 11 a.m.
*The Tommy Hunter Show — 7 p.m. & 9 p.m. Sat. Feb. 28.


Feb 25-29 at the nepean sportsplex

OPPORTUNITY SAVINGS PROFITS RESULTS THEY'RE ALL IN CLASSIFIED

FOR SALE

OFFICE TRAILER

10' x 30' can be seen anytime at Godkin's Mobile Home Park 3 miles west of Ingleside at Aultsville Road and Hwy #2. 537-2586 34-4c

Shur Gain dog pellets are reasonably priced and have the same ingredients as Shur Gain dog food ROONEY FEEDS 652-4382. 33-4c

1970 Fargo window van Sharp Licence D67564. Reasonable call anytime 537-2586. 34-4c

SPECIAL SALE

CO-OP ADE INJECTABLE

100 cc Size

Reg. Price $3.75 each

Special Sale price $2.95 each

Case price (12 per case) $2.75 each

FOR LIMITED TIME ONLY

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FARMERS! Do not be disappointed. Order your cattle ear tags now from your Shur-Gain feed dealer in Iroquois. ROONEY FEEDS 652-4382. 33-4c

1970 Boa Ski, excellent condition, just had tune up. Phone 652-4550 after 6:00 p.m. 36-2nc

VACUUM CLEANERS and FLOOR POLISHERS: also Rug Conditioners for sale. Apply Ralph Coulthart Morrisburg.
Will demonstrate in your home. tfc

1 upright Robertson, Pringle and Tilley piano in good condition. Phone evenings 652-4981. 35-2p

AM - FM Stereo receiver with 8 track player, speakers, turntable and 24 8-track tapes. Asking $300 Phone 652-4329. 36-1p

1973 Moto Ski 440, low mileage. Call 652-2179. 36-3p

Our baled shredded paper is proving out real well. Pick up a few bales from your friendly Shur-Gain feed dealer in Iroquois. ROONEY FEEDS 652-4382. 33-4c

TICKETS - All kinds of tickets printed. Dance tickets, draw tickets, business cards, etc. Fast delivery, reasonable rates. THE IROQUOIS POST, Iroquois Shopping Plaza, 652-4806.

SWIMMING POOL SACRIFICE: Leading Manufacturer and distributor has above ground aluminum pools left over from 1975 season, 1/2 price, guaranteed installation and terms. - Call Credit Manager collect. Mississauga 416-625-8819 days or evenings 33-35c

We can supply you with all kinds of bulk corn, wheat, oats, barley, soya, dairy ration and Shur-Gain 40% dairy silo supplement. We also suggest you order your seed corn, oats, barley and small seeds now to avoid disappointment. Your Shur-Gain feed dealer in Iroquois ROONEY FEEDS 652-4382. The best feed mill by a "dam" site. 33-4c

New mattress $58.00, vinyl headboards, occasional chairs $5.00 up. Stephenson's Furniture, Brinston, phone 652-4710. Open until 9. 36-2c

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IROQUOIS

26-tfc

1965 Ford 289 V8 good condition, $125 or trade for anything of equal value. Phone 652-4260. 36-1p

1974 440 cc Sno-Jet snowmobile, good shape, $650.00. Jack Geurkink. 652-4865. 36-2p

Trailer for sale. 96" x 48", 24 inches high. Suitable for Ski-doo. $150.00 Phone 652-4231. 36-2p

1965 Station Wagon Chev., 6 cyl. For sale as is. For parts good motor, good transmission. 652-2190 after 3 p.m. 36-1p

1973 Alouette, 440 eliminator. In good condition. Phone 657-4683. 36-3c

WANTED

Copies of a book "The Ingleside Hickeys" by A.E. Hickey. Phone 925-4962. 35-2p

The Iroquois Lions Club is collecting used eyeglasses for distribution to under developed countries. If you have any eyeglasses that you no longer use around the house give them to any member of the Iroquois Lions Club or drop them off at the office of the Iroquois Post in the Iroquois Shopping Plaza.

House or Apartment to rent, within 20 miles of Morrisburg. Contact Eric Black, Loyalist Motel, Morrisburg or leave name with switchboard. 35-2p

MUSICAL INSTRUMENTS

New Pianos by Sherlock Manning. "An all Canadian Product. Built to last a life-time. Phone Gilmer's Piano Shop, Kemptville 258-2624 after 5:30 p.m. 36-8p

PETS & SUPPLIES

Two puppies from small parents. Excellent house dogs, both males. These fellows must be seen. Phone 652-4471. 36-1p

SERVICES

"MEALS ON WHEELS"
If you are a senior citizen, handicapped or post - operative person. "Meals on Wheels" is available for you! Monday through Friday, a hot, fully nutritional meal will be brought to your home during the noon hour. Cost is minimal. Telephone 652-2123 daytime or evenings. tfc

FURNITURE REFINISHING - Stripping - Repairs - Free estimates. Carman Refinishers, 652-4602 Iroquois 14-tfc

TRADE OR SELL
Anything to trade or sell contact Mohawk Trading Post, 1 1/2 miles west of Iroquois Highway 2. tfc

ST. PATRICK'S TEA AND BAZAAR

Morrisburg Civic Centre

Monday, March 15

2:00 p.m. - 10:00 p.m.

Sponsored by

St. Mary's - St. Cecilia's Parish

CASINO - BINGO - FISH POND - BAKE SALE
OTHER BOUTIQUES

ENTERTAINMENT

—DOOR PRIZES—

Fun for theh Whole Family

COMMUNITY CALENDAR

CASH BINGO
Royal Canadian Legion Br. 538 Williamsburg, cash bingo every Wednesday night at 8:00 p.m. at Boucks Hill. 17-tfc

An open house will be held Sunday February 29, 1976 from 3:00 to 5:00 p.m. at Mr. and Mrs. Ken Kirkby's home in celebration of their 25th Wedding Anniversary. 36-1nc

GAMES NIGHT
Civic Center, Thursday March 4th. All Welcome. Bridge, Euchre Crokinole. Lunch and Prizes. First - Second Door Tickets $1.00, Good Companions. 36-2c

EUCHRE
Eastern Star Euchre, February 25th. Morrisburg. 36-1p

HELPING HANDS
The Senior Citizens group "Helping Hands" will meet Wednesday March 3rd at 10:30 a.m. at Matilda Memorial Hall at Brinston. Program includes a guest speaker, slides and songs. Visitors welcome. 36-1c

The Haddo Sno-Drifters will hold their annual rally this Saturday at 12 noon from the Haddo School. Rally tickets available only. Dinner and dance sold out. 33-4c

EMPLOYMENT OPPORTUNITIES

expanding canadian oil COMPANY needs dependable person who can work without supervision. Earn $14,000 per year plus bonus. Contact customers around Iroquois. We train. Write E.F. Dick, 87 West Drive, Brampton, Ontario. L6T 2J6. 36-1c

Conseil d'éducation des comtés de STORMONT, DUNDAS & GLENGARRY
County Board of Education

requires for March 22, 1976

PART-TIME TEACHER

at

IROQUOIS PUBLIC SCHOOL

to teach Grades 6 & 7

- two half days per week

Written applications will be received by:

Mr. James Shaw,
Principal,
Iroquois Public School,
P.O. Box 9,
Iroquois, Ontario.
K0E 1K0
Tel: (613) 652-4580

S.W. Libbey, Chairman — T.R. Leger, Director. 36-1c

Miscellaneous

NOTICE TO ALL CREDITORS
On or about February 14, 1976 I will no longer be responsible for any debts made by my wife Gloria Johnston in my name Glen Johnston. 35-2p

No matter what shape you're in, you can be in shape.

PARTICIPACTION

Fitness. In your heart you know it's right.

REAL ESTATE

W. C. MacDONALD & ASSOCIATES REAL ESTATE LIMITED
Real Estate Brokers
Winchester, Ontario

CONVERTED cheese factory 8 miles from Iroquois, 100 amp. service, new furnace, 3 bedrooms large lot. Partially finished.

4-APARTMENT BUILDING - in Iroquois, 3 finished and rented. Lot 75 x 200. Call for appointment.

HANDYMAN SPECIAL - 3 bedroom brick 2 storey house, no heating, no plumbing, brick in good shape, metal roof, lot 100 x 250, on paved road. Well, large garage, outbuildings. $16,000. Needs plenty of work but could be an excellent home.

READY TO MOVE IN - This fine 4 bedroom home on Victoria St. in Iroquois features beautiful kitchen with stove refrigerator and dishwasher. Electric heating for comfortable living. Attached garage, recreation room 11/2 baths.

FINE COUNTRY HOME just east of Cardinal on No. 2 Highway. This brick bungalow has been kept in immaculate condition deep basement, fireplace in living room, beautiful carpeting. Double sized lot with room for workshop and garden space plus . . . and priced right.

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$5,000 - $15,000
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Morrisburg

Office 543-2044 Res. 543-2989

NEW LISTING - Morrisburg area country home with 50 acres and a barn. Home has been renovated, has 3 bedrooms, living and dining room, and family kitchen. Heating is by an oil forced air furnace. There are 40 acres of worked land plus 10 acres of bush with mature trees. Call for an appointment.

NEW LISTING - Operating dairy farm on 100 acres with a full line of machinery. Large barn and milk house. Three bedroom home with all modern conveniences, This farm would also be suitable for other than a dairy operation. Call for further information.

MODERN BUNGALOW - with business premises attached and located on a busy highway. An ideal location for a discount gas outlet or retail or service venture. Lot 200 x 300 ft. with extra wide double entrance to highway. Call for an appointment and discuss this opportunity.

INGLESIDE - Well maintained 2 bedroom bungalow with dining room and patio door leading to an enclosed porch. This home is in a good location in the village. Lot 75 x 150 ft. and nicely landscaped with mature trees. Paved drive and a garage. Mortgage available. Call for further information.

SALESMEN
Dale Beckstead 535-2103
Leon Marcellus 448-2444

CARDS OF THANKS

I wish to thank my family, friends and neighbours for their cards, treats, visits and phone calls while I was a patient in Brockville General Hospital. Special thanks to my friends who drove my wife when the weather was bad. These acts of kindness will long be remembered.
Clint Stewart 36-1p

I wish to express my sincere thanks to my friends and relatives for their visits, cards, flowers and gifts while I was a patient in Winchester Hospital.
A special thank you to Rev. Gee and Rev. Joyce for their visits, to Dr. Prins, Dr. Rosenquist, Dr. Smylie and the nursing staff for their care and kindness.
I would also like to say thank you to all those who provided transportation for my husband to the hospital.
Your kind deeds will always be remembered.
Esther Caldwell 36-1p

I would like to thank all my relatives, friends, neighbours, Rev. Joyce, and to those who helped at home during and after my short stay in the Hospital.
Special thanks to Drs. Domanko and Rosenquist, the staff on the first floor and the staff in the O. R. for their care.
It sure helped to make our disappointment a little easier to bear.
Gwen Bosma. 36-1p

I am most grateful to everyone who visited me and also for gifts, cards etc. which I received while I was a patient in Winchester Hospital. I would like to say thank you to all of you.
Sincerely, Mrs. Diana Keck. 36-1p

In Memoriam

KECK - In loving memory of my dear son Wellington who departed from this life February 27th, 1975.
Sad and sudden was the call
So dearly loved by one and all
His memory if as sweet today
As in the hour he passed away.
Always remembered and sadly missed by Mother, Mrs. Diana Keck. 36-1p

BROWN - In loving memory of a Wife, Mother, Grandmother, and Mother - in - law Edna Beatrice Brown, born February 24 1922, and passed away in her 53rd year, February 27, 1975. There is only a cluster of memories
Sprayed with a million tears,
Wishing that God had spared you
For only a few more years,
So many things have happened
Since you were called away,
So many things to share with you
So many things to say.
The days have slipped into winter
Month's into a year
But it seems like only yesterday
When the Lord called you near.
God's Golden Gates stood open wide
He saw you needed rest,
His garden must be beautiful
He only takes the best.
Sadly missed and ever remembered by Husband Harry and Family. 36-1p

Public Notices

NOTICE

RESIDENTS TOWNSHIP OF MATILDA

Next regular meeting of the Council of the Township of Matilda will be held Thurs., March 4, 1976 at Matilda Memorial Hall, Brinston, at 1 p.m.

W. E. HORNER,
Clerk-Treasurer.

TOWNSHIP OF MATILDA

TENDER FOR CRUSHED GRAVEL AND CRUSHED ROCK FOR 1976

SEALED TENDERS, plainly marked "Tenders for Crushed Gravel and/or Crushed Rock", will be received by the undersigned at the Matilda Township Garage Office, Lot 24, concession 3, until 12 o'clock, Noon, Standard Time, Wednesday, March 3, 1976 for the following:—

To supply, crush and deliver on any road in the Township, at a flat rate only per ton of:—

(A) 4000 tons more or less of 5/8" crushed gravel.

(B) 13000 tons more or less of 5/8" crushed rock from a quarry, crusher run.

Crushed rock must be from a Rock Quarry only.

A certified cheque for 10% of the total bid to accompany each tender. Bidders may bid on the crushed gravel or the crushed rock or on both.

Only tenders submitted on Township tender forms, which may be secured from the undersigned, will be accepted.

The lowest or any tender not necessarily accepted.

Township of Matilda,
John McCaslin, Rd. Supt.
Iroquois RR 2, Ont., K0E 1K0 Tel. (613) 652-4074

NOTICE OF MEETING

THE CORNWALL & DISTRICT ASSOCIATION

for the

MENTALLY RETARDED

will hold an

ANNUAL MEETING

on

February 25th 1976 at 8:00 p.m.

at the

KINSMEN SCHOOL

9th Street - East of Marlborough

GUEST SPEAKER: Mr. John Haddad, Executive Director, Ontario Association for the Mentally Retarded

TOPIC: Programs and services for the mentally retarded now and in the future
Refreshments will be served

For Further Information - Contact 932-5776

BUSINESS DIRECTORY

CONTACT US FOR RATES ON Farm Fire Insurance— Dwelling, Contents, Outbuildings, Cattle & Machinery.

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BRINSTON ONTARIO

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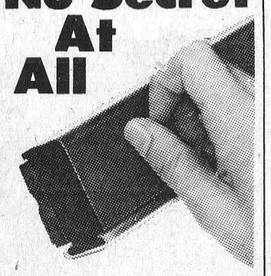
No Secret At All



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Free samples available.
Free estimates

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SIZES 5 to 26½

Full assortment of coats, sportswear, gowns, dresses, loungewear and purses.

Edie's

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Morrisburg Shopping Plaza

AQUARIUS HAIR STYLING



Hair Styling for Women and Men

Iroquois Shopping Plaza

Prop. - Liz Asselin

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WHEN Plannin' A New Home
Plannin' A New Cottage
Plannin' A Renovation
Plannin' See LANNIN

H. S. LANNIN LTD.

GENERAL CONTRACTORS

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DIANA'S FLOWER SHOP



SAY IT BEST WITH Flowers

MORRISBURG 543-2566

SEAWAY DRY CLEANERS

Morrisburg Shopping Centre
543-3359

HOURS

Monday	8-5:30
Tuesday	8-5:30
Wednesday	8-5:00
Thursday	8-5:30
Friday	8-8:00
Saturday	8-4:00
Sunday	Closed

ALL WORK DONE ON PREMISES

CASH AND CARRY

Stephenson's Furniture

ANTIQUES
NEW & USED FURNITURE

Brinston, Ontario

Phone 652-4710

IROQUOIS

Esso

652-2323

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Classified Advertising Rates

All forms of classified advertising: For Sale, For Rent, Wanted, Cards of Thanks, Engagements, Birth Announcements, Coming Events, etc. are 5c per word (Minimum of $1.00 for 20 words or less for the first insertion and 4c per word for additional insertions (Minimum of 75c)

All classified Advertising is on a cash basis only. Advertisments may be taken over the phone or by mail if you have established a standing account with us and these will be subject to a 25c service charge.

In Memoriams $1.50 minimum (includes 4-line verse) plus 50c per 4-line verse thereafter.

Wedding and engagement announcements, when accompanied by a photograph are charged at $4.00 per picture.

Deadline for Classified advertisments is 11 A.M. Tuesday of week of issue.

Food Sense in Canada— NO NONSENSE

TUCK TREAT, GOOD LUNCH PATTERN

Every day thousands of people big and small, old and young carry a little bit of home with them. Children's lunch boxes, and adults' too, are big stepping stones between breakfast and supper—between home and school or office—between good food habits and poor ones.

Lunch is a very important meal and should provide its one-third share of the day's food needs.

The Bakery Foods Foundation of Canada's nutrition consultant, **Joan Fielden,** says "There are four important foods to include. Milk—to drink *or* eat in milk soups or puddings. Meat—or fish, poultry, eggs, cheese, peanut butter. Bread and cereals—enriched white or whole wheat bread for sandwiches, whole grain muffins, or oatmeal cookies, cereals. Fruits—or vegetables, raw is best, but cooked or canned will do."

"A treat tucked away in a youngster's lunch box (a Dad or Mum's, too) adds the finishing touch to a luncheon that is both nutritious and delicious," says **Joan Fielden.** "Cookies, cake, doughnuts or a slice of pie for dessert will satisfy that sweet-tooth."

Lunches should be built around hearty, tasty sandwiches and variety is the key to success. There are numerous varieties of breads or rolls to choose from, ranging from the familiar enriched white to whole wheat, cracked wheat, brown, rye or raisin. More and more Canadians are turning to the whole wheat varieties.

Fill the fresh slices or rolls with a variety of sliced meats, . . . well-seasoned fish, savoury chicken, a choice of cheese or favorite peanut butter. Tuck in crisp raw vegetables sticks or fruit in season.

"Try to fit the lunch pattern to the appetite of the "luncher" and you'll satisfy hunger and health needs too," says **Joan Fielden.** "Make each and every noonday lunch a daily lift along the pathway to better health."

Personals

PITTSTON

Carol Montgomery spent the weekend with Rhonda Francis.

Many attended the Milk Producers banquet on Friday evening at Spencerville.

Glad to hear that Robert Sloan is improving and out of intensive care.

We wish George Conlin a speedy recovery at Winchester Hospital.

Communicon will be served during the morning service at the baptismal service at Pittston United Church at 10 o'clock.

Births

February 12/76 Mr. and Mrs. Norton, Williamsburg, Ontario, A Daughter.

February 13/76 Mr. and Mrs. Gordon McPherson, Chesterville, A Son.

February 14/76 Mr. and Mrs. Edgar Lefsbvre, Berwick, Ontario, A Son

February 14/76 Mr. and Mrs. Jonas Fossit, Winchester, Ontario, R.R.#1, A Daughter.

February 16/76 Mr. and Mrs. Jerry Shaver, Morrisburg, Ontario, A Son.

February 16/76 Mr. and Mrs. Keith Robinson, Morrisburg, Ontario R.R. #1, A Daughter.

February 16/76 Mr. and Mrs. Gerald Gibeault, Chesterville, Ontario, A Son.

Honour Mr. & Mrs. Byveldt

Mr. and Mrs. Bill Byveldt of Williamsburg (formerly of Strader Hill) were pleasantly surprised Tuesday afternoon when a few neighbours of Strader Hill and Toyes Hill visited them in their new home to make a presentation on behalf of the communities in remembrance of their stay in the Community.

They were good neighbours and always willing to help in any way possible. They will be missed but we wish them much happiness in their new home.

A purse of money was presented to them and it is their hope to purchase a picture for their living room with it. Those making the presentation on behalf of both communities were - Cecil and Ada Hanson, Lawrence Johnston, Beatrice Riddell, Agnes Casselman (formerly of Strades Hill) and Mr. Charles Hodgson of Toyes Hill.

Bill and Nolda extended a very hearty "Thank You" in appreciation of this generous gift. Nolda served a delicious lunch which brought a pleasant afternoon to a close.

4-H Meets

The 1st meeting of the Matilda #1 4-H club was held on Thursday January 29 at 7:00 p.m. at the home of Mrs. Ted Van der Zweep, with the 4-H pledge.

The group will choose a club name at the next meeting. Mrs. Vander Zweep and Mrs. Barkley gave an outline of the research projects.

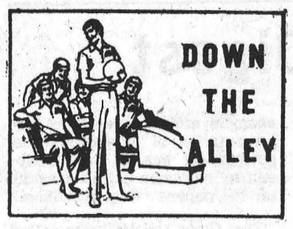
We discussed "Your Personal Self-Image". The qualities that make a girl attractive are: motion voice, clothes, poise, inner-character. The image a person presents is important to 1) family 2) peers 3) the girl herself 4) society.

Celebrate 72 Years

A former Iroquois resident and his wife have celebrated their 72nd wedding anniversary in Saskatoon. Miles Feader was born in Iroquois in 1879 and moved west with his parents at the age of 10. He is now 96 years old and his wife Grace is 91.

The couple farmed in the west for a number of years and then sold out to buy a store. They switched later to the hotel business and retired from that field in 1946.

They now reside in Oliver Lodge in Saskatoon and offer this suggestion for a long life -- Take care of yourself when you're young.



MATILDA BOWLING LEAGUE

W. Douglas	58440
C. Lalonde	58428
R. Cooper	58083
B. Douglas	57722
P. Robertson	57314
D. Keyes	56409

HIDDEN SCORE
Emma Barkley

HIGH SINGLES
Doris Tinkler - 299
Larry Casselman - 324

HIGH TRIPLES
Doris Tinkler - 670
Percy Robertson - 790

BR. #370

Wranglers (A. Holmes)	93
Road Runners (R. Lanthier)	89
G.W.G. (G. Kirker)	84
Howicks (D. Helmer	79
Levies (D. Kirker)	75
Lees (R. Coulter)	63

HIGH SINGLES
Gail Kirker - 317
Duane Kirker - 311
HIGH TRIPLES
Gail Kirker - 855
Duane Kirker - 784

VARIETY NIGHT '76
SEAWAY DISTRICT HIGH SCHOOL
Featuring
OLIVER
THURSDAY and FRIDAY
MARCH 4 and 5
General Admission $1.00



FRYING CHICKEN
3 to 4 Lbs.
75¢ lb

Lean Boneless
BEEF CUBES
lb $1.09

Burns Pride of Canada BREAKFAST
BACON
lb $1.79

Imported
LAMB LEGS
lb $1.19

IROQUOIS SHOPPING PLAZA
S & F MARKET LTD.

Fresh
CHICKEN WINGS OR GIBLETS
lb 59¢

Burns Ready to Eat
DINNER PICNICS
lb $1.69

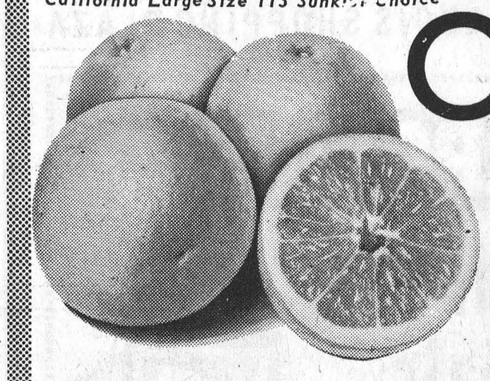
Burns
SALAMI CHUBS
lb $1.09

Fresh
PORK LIVER lb 49¢
Fresh
BEEF HEARTS lb 59¢
Lean
RIB STEW lb 65¢
Maple Leaf 12 Oz.
SALAMI CHUBS lb $1.09
Shopsy's All Beef
WEINERS 20c Coupon Enclosed in Each Pkg. lb 95¢

Bick's 15 Oz. Jar Baby Dill Pickles 49¢	Clark's 19 Oz. Tin Pork & Beans 44¢	Crisco 38 Oz. Bottle Pure Vegetable Cooking Oil $1.59	Nestle's Pak of 3 5-Oz. Tins Pudding Chocolate - Rice - Tapioca - Butterscotch Your Choice Each 68¢
Javex 128 Oz Liquid Bleach 89¢	Crown Brand 2 Lb. Bottle Corn Syrup 59¢	Delsey Bathroom Tissue 4 Roll Pak 89¢	Red Rose 1 Lb. Bag All Purpose Grind Coffee $1.29
Allen's Pouch of 4 Envelopes ORANGE DRINK Crystals 79¢	Fluffo 1 Lb. Pk. Pure Shortening 68¢	Habitant 14 Oz. Tin Veg. or Pea Soup 25¢	Bundt Chocolate Crown with Nuts Cake Mix $1.55



California Large Size 113 Sunkist Choice
ORANGES
69¢ doz



Mexican Large Size 6 x 6 RED SLICING
Tomatoes
3 LBS 69¢



BAKERY
Betty's
BROWN N' SERVE ROLLS
2 PKS. 95¢

Frozen Food
Blue Water Boston Blue 24 Oz.
Fish & Chips $1.09
Snyder's Fancy Cut 2 Lb. Bag
Green Beans 69¢
Cudney Fancy Sliced 15 Oz.
Strawberries 67¢
Sara Lee
Choc. Cake $1.09

we reserve the right to limit quantities
Prices effective till closing, Saturday, February 28, 1976

Provigo 28 oz. tin Pork & Beans 55c	Shirriff 24 oz. Jar Good Morning MARMALADE $1.29	Ideal 10 oz. Tin Cream Corn 25c
Aylmer 10 oz. Tin Cut GREEN BEANS 25c	Habitant 28 oz. Tin Veg. Soup 49c	Stafford 19 oz. tin Cherry Pie Filling 77c
Ocean Spray 24 oz. CRANBERRY Cocktail 59c	Ultra Brite 100 Ml. Size Tooth Paste 98c	Aylmer 48 oz. Tin Tomato Juice 59c Habitant 28 oz. Tin Pea Soup 49c

Time—Readers Digest

cont'd. from pg. 2

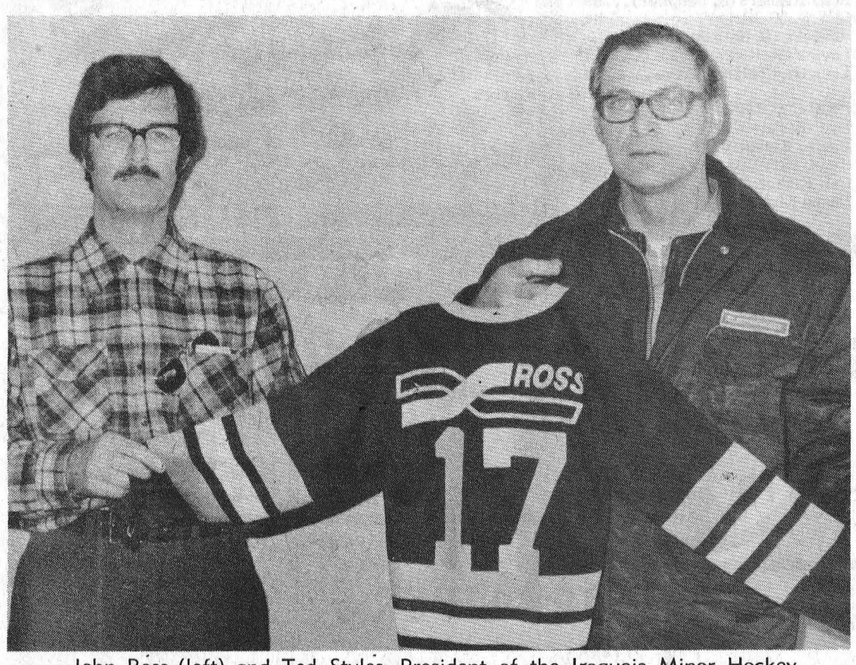
that Reader's Digest has been able to survive by another fiat from the Minister which is that the licensing provisions are served with the parent company but the Canadian digest can take its material from Reader's Digest world pool of magazine articles provided they are edited and that the editorial choice is made at home in Canada." "Time" he said, "has always said they will meet all the tests. Reader's Digest refused to at first, and now they've bent because the government said you meet the ownership test and we'll make different rules as to licensing."

Mr. Fairweather says the original intent of the legislation "is a tax technique for strengthening Canadian periodicals, and I don't think anybody fights that." But, he says, "it's the status within this that Time and Reader's Digest fell. Cullen said that even if his rule was seen by the courts as not being justified, if his rule was not upheld by the courts, he'd come back to Cabinet and back to Parliament with another rule. And many of us feel that that's a poor way to proceed. I don't think anybody likes decisions made on the basis of Ministerial prerogative. I think the point to emphasize is that Cullen inflicted a content rule in the middle of the debate which substantially changed the ground rules. You can't," said Gordon Fairweather," measure nationalism by a ruler."

Whatever the outcome of this debate -- and it's a messy, messy example of bad government interpretation of legislation -- the government has not endeared itself to newsmen in this country or the papers they represent.

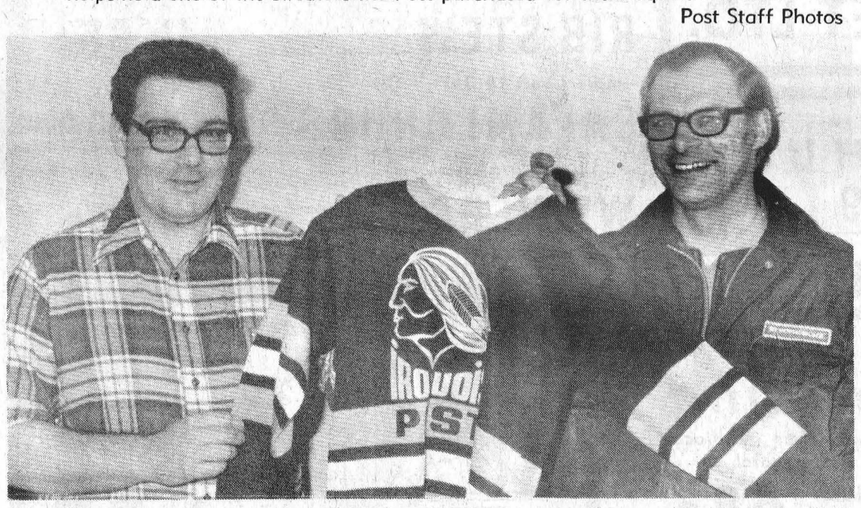
The Globe and Mail has called for Secretary of State Hugh Faulkner's resignation. In an editorial on February 6th, the paper said of Faulkner, Minister responsible for introducing the legislation . . . "that is not legislation, it is a lynching (of Time Canada). Now that a Cabinet colleague has snatched away the last skimpy fig leaf from the minister in charge of the lynching, now that Simma Holt, one of his own backbenchers, has accused him of having her thrown off the parliamentary committee concerned, does he (Faulkner) have any choice but to resign?"

Local Firms Donate Sweaters



John Ross (left) and Ted Styles, President of the Iroquois Minor Hockey Association hold one of the sweaters purchased by Ross Broadcast Products for the Iroquois Atom A's. At bottom, Jim Morrison, publisher of the Post helps hold one of the sweaters the Post purchased for the Iroquois Pee Wees

Post Staff Photos



Rev. P. Barkway Addresses Homemakers

Mrs. Jan Clapp, Chairman of the Board of the Red Cross Homemaker Service for Dundas County, 65 ladies and gentlemen to the Annual meeting held in Inkerman

On such a dreadful evening, it was gratifying that so many were interested in the work of the Homemakers. Members of the Medical and Nursing professions, representatives from Municipalities and Health Services as well as friends of the organization, were present from all parts of the County.

The members of the U.C.W. of the Church catered for the excellent buffet and their Minister Rev. Earl Moore, asked the blessing.

The guest speaker, Rev. Peter Barkway, Community Consultant for the Addiction Research Foundatkon in Cornwall, spoke on "People Business" suggesting that we must swing away from being 'consumers' of Health Services and promote individual iniative and independence.

In the Financial Report, Mrs. Betty Locke noted that The Supervisor, Mrs. Duart MacLean, reported the Homemakers had given a total of 484 days of Service in 1975 compared to 275 days in 1974. She thanked the Homemakers for their co-operation and excellent job done for members of families during crises.

Twenty six clients were served across the County; 4 in Chesterville; 6 in Iroquois; 1 in Morrisburg; 5 in Winchester; 3 in Matilda Twp.; 0 in Mountain Twp.; 6 in Williamsburg Twp.; and 1 in Winchester Twp.

Nine Homemakers, who had completed their St. John's Ambulance Course, were presented with their certificates by Rev. Len Ferguson. The Director of Red Cross Homemakers for Ontario, Miss Nancy Mellon, stressed the need for continuing service, these days.

The new Executive for 1976-77: Chairman -- Rev. L. M. Ferguson; Vice -Chairman --Mr. Gerard Miner; Sec'y.-- Mrs. Louise Arsenault; Treasurer-Mrs. Betty Locke; Supervisor--Mrs. Duart MacLean; Representatives from each of the Health Services, the Hospital Discharge Service and the Municipalities.

The ladies door prize was won by Mrs. P. Barkway, the men's by Mr. Bert Link and the floral arrangement donated by Durant's of Chesterville, by Mrs. Kay Sharkey.

Contaminated Yarn Withdrawn

Consumer and Corporate Affairs Minister Andre Ouellet and Health and Welfare Minister Marc Lalonde have issued a joint warning that a yarn suspected of carrying anthrax organisms has been imported into Canada. The problem became known Feb. 6, 1976.

Anthrax is predominantly an animal disease, but humans may acquire it from handling infected animal material. It usually appears as a skin infection in the form of a boil or carbuncle, with a black center and is resistant to home medication. The disease, however, responds readily to treatment with antibiotics.

The suspected yarn has been imported from Pakistan and was distributed by Tahki Imports Limited of New York and Creative Hand Weavers of California. The suspect yarns has been exported into Canada by these companies since mid-1975.

It has been established to date that some yarn has been sold by Canadian outlets.

All Pakistan yarns distributed by **these two companies since that time are suspect. Departmental, provincial and municipal inspectors have visited these stores and have arranged for yarn to be removed from sale on a voluntary basis.**

Anyone with these yarns in their possession should double-bag the products in sealed plastic bags and contact their municipal medical officer of health regarding sisposal by incineration. Alternatively, the nearest office of the Department of Consumer and Corporate Affairs will provide assistance in this regard.

No other yarn imported by these companies from countries other than Pakistan is suspected of carrying anthrax.

There are presently no known cases of humans with anthrax disease in Canada and in fact there have been no cases for over 10 years.

A combined investigation involving the Department of Consumer and Corporate Affairs, Health and Welfare Canada and Agriculture Canada is continuing.

Matilda Snowmobilers

cont'd. from pg. 1

250 SUPER MOD
1st - Ross Fedorki (Ski Doo),
2nd - Mike Stephenson (Yamaha)
340 SUPER MOD
1st - Ross Fedorki (Ski-Doo),
2nd - Sandra Johnston (Alouette)
440 SUPER MOD
1st - Steven Shaver (Alouette),
2nd - Kevin Henderson (Arctic Cat)
OPEN SUPER MOD
1st - Horace Roskell (Ski Doo),
2nd - Kevin Henderson (Arctic Cat)

Following is a list of the winners for the three days of racing and also the winners of each class with total points for the three days.

TOP WINNERS
1st -Dean Ault (Arctic Cat) 56 pts.
2nd - Steven Shaver (Alouette), 50 points
3rd - Jim Thompson (Yamaha), 41 points
4th - Sandra Johnston (Alouette), 35 points

1st - Dean Ault (Arctic Cat), 56 points

B STOCK (340 cc)
1st - Sandra Johnston (Alouette) 27 points. Trophy donated by Angus Pontiac Winchester.

C STOCK (440 cc)
1st - Bruce Robinson (Yamaha), 26 points. Trophy donated by Lee Shaver and Sons, Alouette Sales, Iroquois.

A MOD STOCK (250 cc)
1st - Kevin Whitteker (Ski Doo), 9 points. Trophy donated by Acres Farm Equipment, Winchester.

B MOD STOCK (340 cc)
1st - Jim Thompson (Yamaha), 31 points. Trophy donated by Deeks Auto Electric, Winchester

C MOD STOCK (440 cc)
1st - Dean Ault (Arctic Cat), 24 points. 2nd Gary Bolton (Sno-Jet), 19 points. Trophy donated by 'Jim's Fina', Kemptville.

A SUPER MOD (250 cc)
1st - Ross Fedorki (Ski Doo), 18 points. 2nd Mike Stevenson (Yamaha), 12 points. Trophy donated by Herve Plante, Brinston.

B SUPER MOD (340 cc)
1st - Steven Shaver (Alouette), 20 points. 2nd Sandra Johnston (Alouette), 12 points. Trophy donated by Code's General Store Brinston.

C SUPER MOD (440 cc)
1st - Steven Shaver (Alouette), 19 points. 2nd Gary Dillobough (Sno Jet), 12 points. Trophy donated by Frank Ault Equipment Rental Brinston.

Dancers Compete

The February Open Competition of the S.D.&G. Highland Dancing Association was held Saturday February 21 in Cornwall. Among 150 entries, Gayle Robertson's Iroquois - Morrisburg students managed to capture some of the medals and ribbons.

Mauri Ann Hart of Morrisburg was third in the baby class Sean Triubhas.

Karen Tyo of Cardinal was 1st in Beginners 11 and over Sword dance, 2nd in the Fling and third in the Sean Triubhas. Marilyn Robinson and Sandra Cougler both of Morrisburg were 2nd and 3rd respectively in the Fling.

Tracy Gilmer picked up two silver medals in the Novice 10 and under Fling and Sean Triubhas. Julie Waddell was the Bronze medal winner for her Fling.

Dancing in the open 10 and under category, Cindy Patterson won fourth and fifth place ribbons in the Sword and Irish Jig respectively.

Some of the other girls competing were Karen Craig, Rondalyn, Hali and Kendra Adair, Cheryl Styles and Lisa Robinson.

BRIDGE WINNERS
LADIES:
Susan Derby, Bev Derby
GENTS
Rick Darling, Maurice Shaver



FORM SPORT
White and Blue Leather Joggers
While they last
Special Sale $10.00 Pair
"Shoes You Can Depend On"
PARMETERS' SHOES
IROQUOIS SHOPPING PLAZA

Crest Tooth Paste 100 Mils.
Reg. Price $1.44
NOW 99c
for 5 days only
Secret Roll-on Deodorant Regular $1.39
NOW $1.19
Plus a 30c coupon attached
Scope Mouth Wash 17 oz., Reg. $2.10
Special $1.59
Plus a 40c Coupon attached
PAMPERS all sizes 10c off per Package
GILMER REXALL PHARMACY LTD.
IROQUOIS 652-4379
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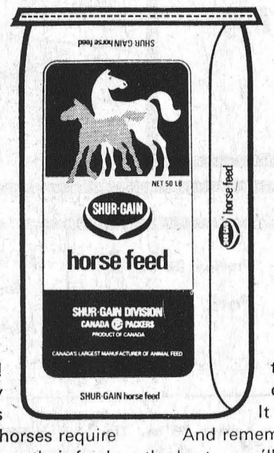
Open Monday Afternoon 2 p.m. - 6 p.m.

There's something in Shur-Gain horse feed for you too!



Performance! Shur-Gain is fully aware of the demands that different types of horses require from their feed. That's why we've produced a complete line of feeds, backed by owners, breeders and trainers all over the country, that contain all the vitamins, protein and energy that your horse will need. So whether you own a race horse, a working horse or a pleasure horse, come to your local Shur-Gain dealer and get the best. It won't cost you any more.

And remember, if you give your horse the best...you'll benefit too!

Shur-Gain 20% Foal Ration Swt., Shur-Gain 15% Horse Feed Swt., Shur-Gain 12% All-in-One Horse Ration Swt., Shur-Gain 16% Mare-in-Foal Ration Swt., Shur-Gain 20% One-to-One Horsemix Supp. Swt., Shur-Gain 32% Horsemix Supp. Swt.

ROONEY FEEDS
IROQUOIS, ONT. 652—4382

WINTER FASHION SALE
SAVE 25 TO 50%
COATS
JACKETS
SNOW BOOTS
DRESSES



Men's Coveralls $11.95
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6-10 $2.39 size 3 $2.69 4-5 $3.39
Polyester Yard Goods
plains
60" wide $2.79 yd.
patterned
$3.79 - $4.99 yd.
SAVERS' LIMITED
IROQUOIS SHOPPING PLAZA

BIG FOOD BARGAINS
See our Hand Bill for Grocery Specials
SAVERS'
MARCHES M/M FOODMARKETS