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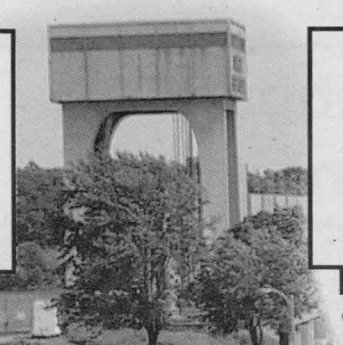

32 *Iroquois Legion celebrates 60 years in the South Dundas community*



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The Iroquois Chieftain

Wednesday, April 12, 2006 *"Serving the Seaway Valley"* Vol 25 No. 15 Price $1.00



The Royal Canadian Legion in Iroquois, Branch 370, celebrated their 60th Anniversary on Saturday, April 8. The Legion held a great dinner and dance to mark their 60 years in the South Dundas community. The dinner was prepared by the Timothy Christian School in Williamsburg and a finer dinner could not be had anywhere in Iroquois that night. In this photo, Legion members show off their birthday cake. Left to right: Ron Delegarde, Legion Past President, South Dundas Mayor Lyle Van Allen, Legion President Darlene Riddell, Past President, Peter Swank, President of the Legion Branch 370 Ladies Auxiliary, Sheila Holmes and Jim Logie the Legion's First Vice and Past President.

CHIEFTAIN PHOTO – J. MORIN

South Dundas receives $1 Million in extra funding

BY JOSEPH MORIN
CHIEFTAIN STAFF REPORTER

Some funding relief has arrived in South Dundas.

The Township has been worried about their shortfall funding for their water treatment plant and their infrastructure in general.

This year's Ontario budget had a surprise for Ontario municipalities. All of Ontario's local governments found a little more money set aside for their public works departments with money from the government earmarked for road and bridge maintenance.

Across the province the government has found $7 million dollars to give to municipalities. South Dundas Township received $458, 246, North Dundas was given $468,063,South Glengarry received $539,713 and North Stormont received $291,318, South Stormont has $507,458 and the United Counties of SD$G received $2,714,801.

The announcement about the funding for roads and bridges was made at a press conference in Ingleside by MPP Jim Brownell on Monday morning.

In a press release Mr. Brownell said,"The leadership and citizens of this riding all work hard to make their communities the best places to live possible," he said, "I am always proud to deliver this message to my colleagues at Queen's Park, and today's announcement is another indication of their willingness to support us."

An added bonus at the announcement was that South Dundas and South Stormont will each receive a one-time gift from the Ontario government of $500,000.

The money is intended to be used to shore up unexpected costs for their respective new water treatment plants.

The $1 million initiative comes from The Honourable John Gerretsen, the Minister of Municipal Affairs and Housing.

FUNDING
SEE PAGE 2



Local doctors concerned about future physician recruitment

BY JOSEPH MORIN
CHIEFTAIN STAFF REPORTER

Two doctors, from the St. Lawrence Medical Clinic in Iroquois, have given the South Dundas Council a message of concern regarding a shortage of doctors in the area in the future.

Doctor Andy Thomas and Doctor Wayne Domanko of the clinic made a brief presentation to the South Dundas Council on Tuesday, April 4. They would like the council to become involved in some kind of recruitment strategy for the area.

Doctor Domanko had sent a letter to the Council stating, "This letter requests the commitment of South Dundas Council in the recruitment of physicians to our local area. As you are aware there is a critical shortage of physicians in Ontario." The letter went on to explain that while the physicians at the clinic have been successful in attracting and keeping physicians over a long period of time, Dundas may not be so fortunate in the future.

According to the two physicians, area doctors are already stretched to the limit in the number of patients that they are able to take on. The provincial average is 1.400 patients for each doctor in Ontario. In Dundas the doctors are dealing with a normal caseload of around 1,800 to 2,000 patients.

Doctor Domanko told the council, "There is a crisis going on in the country." He added that he and his partners have been doing their own recruitment for new doctors but that it was extremely difficult to attract young doctors to rural areas. " We thought that we could do it on our own," said Doctor Thomas. Dundas County in general and Iroquois in particular do not face a shortage at this time or in the foreseeable future however the doctors at the council meeting stressed that all it would take would be one physician retiring to create a potential problem.

The doctors cited their experience at recruitment fairs in other parts of Ontario where municipalities and townships offer incentives to attract and keep doctors in their part of the country. They mentioned that the province has a scheme where the government will give $40,000 incentive package to a doctor to stay in an area with the money phased in over 4 years. Some townships will take that $40,000 add and match that amount to help lure doctors to their communities. The message brought to the council by the doctors was that it may be time for the Township to take over the recruitment effort. Doctor Thomas pointed out to the Council that it was difficult to run a full-time medical practice and run an aggressive recruiting drive at the same time.

The recruiting theme that the doctors wanted to stress to the Council was that South Dundas was a fine place to raise a family and to work.

FUNDING
FROM THE FRONT

The payment is also an attempt to offset the assessment losses from the closure of the St. Lawrence Manufacturing Corporation in Iroquois and Gildan Activewear, two important local employers.

South Dundas Mayor, Lyle Van Allen was pleased to receive the money for roads and bridges and as nice as the half million dollars was for the water treatment plant under construction in Morrisburg, more money from the province would be appreciated.

The Mayor had met with the province several weeks ago in an attempt to get more money for the Township's water treatment Plant. The plant is currently expected to cost 4 to 4.5 million more than the Township has. South Dundas had been expecting more help than they got from the Ontario government. "We explained that we have not been funded the way we should have been," said the Mayor. The problem with funding for the water treatment plant started with the previous council. Since then there has been problems with contractor building the plant, issues with quality of the welding completed and the ever increasing rise in the price of steel that has escalated the expected costs for the plant. Mayor Van Allen said, "They have to come up with more funding."

Mayor Van Allen believes that the circumstances surrounding the costs of the water plant in Morrisburg are special and deserve special attention from the province. There have been several meetings held in Toronto where both South Dundas and South Stormont have pressured the province for enough money to finish their water treatment projects.

"I am quite certain that we will get more," said Van Allen.

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65787-15-06

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The 2005 Water and Wastewater Reports are now available at the Municipal Office in Williamsburg or on the Township's website www.southdundas.com.

For more information contact:
Hugh Garlough, Manager of Public Works
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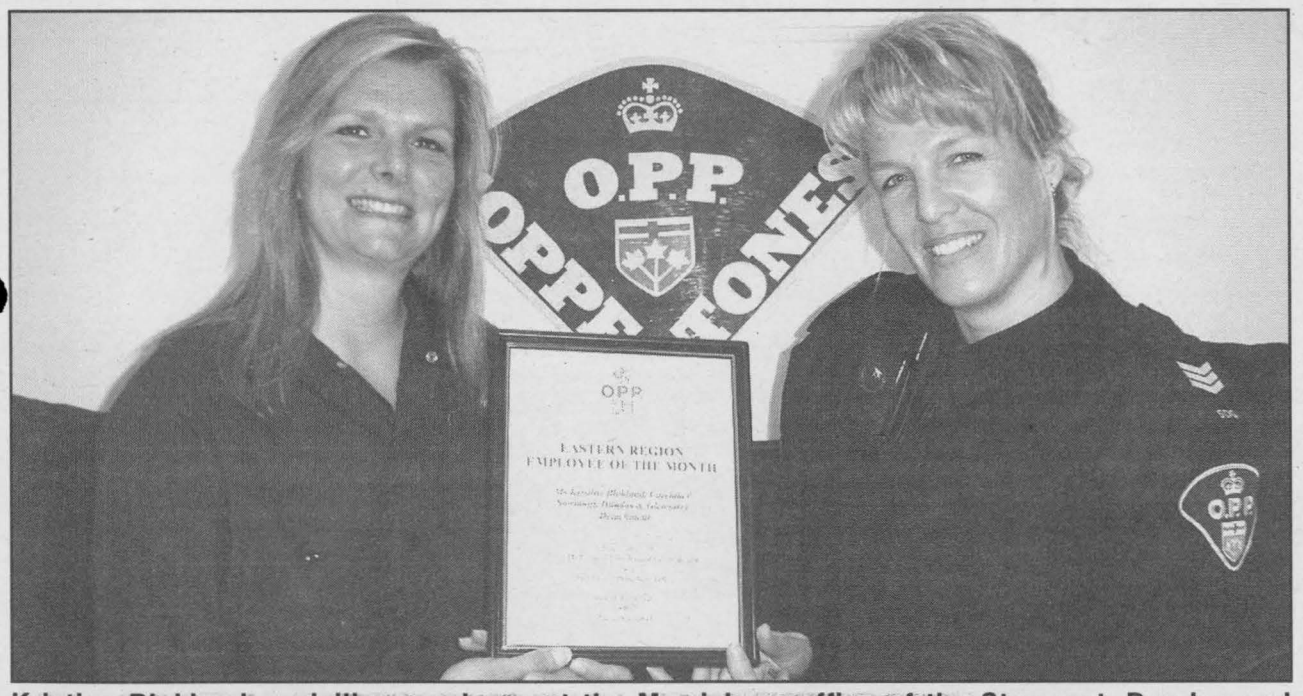

Kristine Blokland, a civilian employee at the Morrisburg office of the Stormont, Dundas and Glengarry O.P.P., was recently honoured with the East Region Employee of the Month award, recognizing her contribution to the O.P.P. within our area. For the past four years Kristine has been responsible for the organization and scheduling of the SD&G Coppertones Christmas Choir performances throughout the Tri-Counties. The Coppertones Christmas Choir tour has become a tradition within SD&G and has grown from a modest four-performance tour of local seniors organizations to the current schedule which saw the choir perform at fourteen events across SD&G in 2005. Presenting the award is Sgt. Linda Bootsma.

PHOTO COURTESY OF O.P.P.

Sunday Deer hunting receives support SD Council

By Joseph Morin
Chieftain Staff Reporter

Deer hunters in South Dundas can look forward to 12 additional days of hunting this year.

The Ontario Federation of Anglers and Hunters has been asking southern Ontario municipalities for support in allowing Sunday gun hunting. To date they have received support from 67 municipalities across southern Ontario. Last week at the South Dundas regular council meeting, the hunting federation received support from the South Dundas .

There are three main reasons why the change in hunting regulations was asked for.

The first was the $40 to $50 million dollars in crop damage that farmers across Ontario have to deal with; a large part of that crop lost comes from foraging deer. In the October 2004 report the Agricultural Advisory Committee recommended that Sunday hunting be allowed in southern Ontario as a way to keep the deer population in check and farmer's losses to a minimum. The federation claims that based on public records, the increase in deer populations across rural Ontario have become a serious public safety issue. The Ottawa-Carleton region reported over 700 deer and car collisions in one year. In the Peterborough area the police have reported that one in five car accidents involves deer collisions. In Elgin County the police attribute 117 car accidents to deer-car collisions where the damage done to vehicles was over $1,000.

Last year the Ministry of Transportation stated figures that supported the fact that one in every 18 vehicle crashes in Ontario involve a wild animal. The figures show that there is a car-animal collision every 38 minutes in Ontario. That would translate into an 86 percent increase in the last ten years. In 2003 there were four people killed and 500 pointed out, "I have to support it, (the federation's request) injured in wildlife collisions and over 13,729 collisions. Natural the Ministry Resources has stated that hunting is one of he most cost effective ways to manage wildlife. Councillor Charles Barkley said, "Sunday hunting would be one way of dealing with the problem,"

The federation cited examples of exceptions to the rule in Ontario. Bow hunting is already allowed on Sundays during hunting season. Sunday gun hunting is allowed in parts of eastern Ontario and in all of Northern Ontario. Thinking of the people who are killed or injured in car–deer collisions, Councillor Whitteker said, "I have to support this, if it will help."

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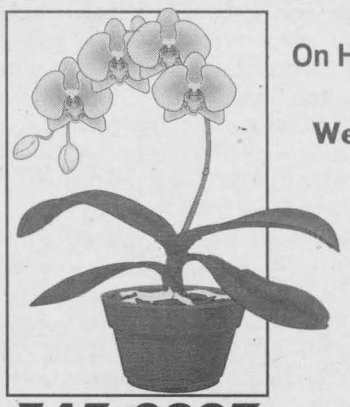

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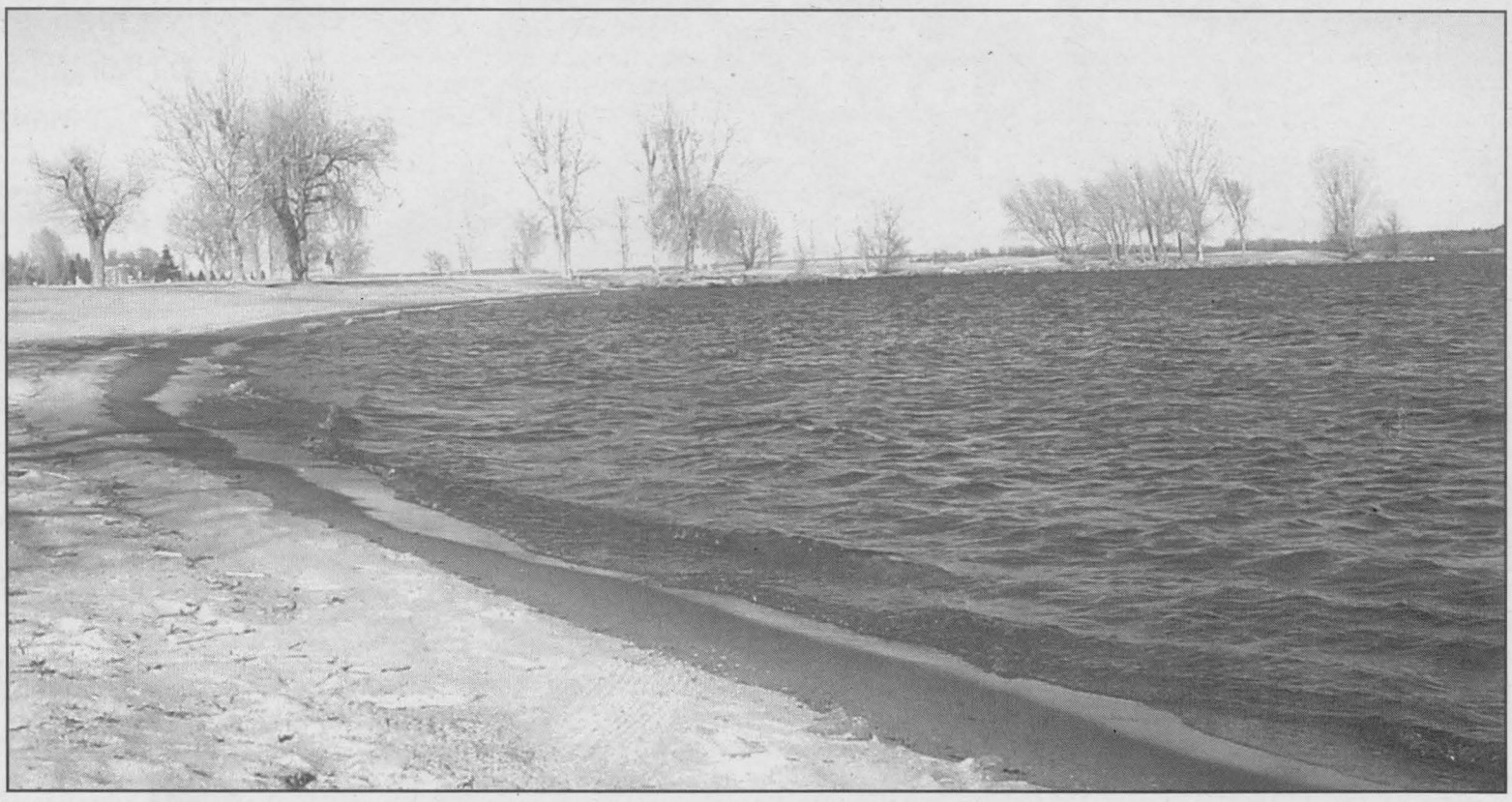
Editorial Page



The Iroquois Beach is starting to look good as spring moves on and summer arrives.

CHIEFTAIN PHOTO - J. MORIN

Ontario's Building Code

The rules governing minimum energy efficient standards for Ontario's buildings must be toughened up substantially—well beyond those currently proposed by the Ontario Ministry of Municipal Affairs and Housing (MMAH). Ontario must move faster and further in making Building Code changes that will make Ontario's buildings more energy efficient. This province has a chance to become a North American leader of energy efficient building. The time is right for the government to show leadership. Indeed, failure to embrace this opportunity would represent a significant lost opportunity for our goal of achieving a Culture of Conservation. As it now stands, the most aggressive of the proposed options for houses are not much better than 1993 performance levels. This is barely a step forward when it should be a leap. We have only to look to California and New York, where energy efficiency standards like building codes have helped achieve almost half of their successful long-term energy-savings campaigns to reduce energy consumption. Without aggressive tools for ensuring the Building Code prevents energy waste, we will lose the battle. And there is a prize for every one. Tougher standards will help the province battle its electricity supply challenges.

Peter Love, Ontario's Chief Energy Conservation Officer

A thought...

by Joseph Morin
Editor



from me to you

For all of you out there who have railed against the Municipal Property Assessment Corporation, (MPAC) you were right

Based only on intuition and a bit of logic married up to any kind of calculator, the way that the property tax assessment boys and girls were going about their business was just plain wrong.

I have had my share of MPAC meetings from Ottawa to North Gower to Metcalfe and the performance was always the same. The crowd of people at these meetings would arrive with their assessment papers in hand and a desire to find out why their tax assessments had increased in the double digit percentages. As usual, the speaker, representing MPAC would be polite, but firm, and other than recite the storied and exciting history of MPAC was unable to help anyone.

The only real advice given to property tax payers was to take advantage of the appeal process to set things straight because MPAC was only able to do their job if we did ours and participated.

Many people who attend these meetings asked the same question over and over again. They wanted to appeal their assessment but they could not find out all of the information about their property that was in the hands of MPAC. The standard reply from the MPAC spokesperson was to keep trying. Now we know why taxpayers were having such a hard time.

The recently released Ontario Ombudsman report into MPAC titled "Investigation into the Transparency of the Property Assessment Process and the Integrity and Efficiency of Decision making at the municipal Property Assessment Corporation" , a mouthful for sure, exposes all that is wrong with the corporation.

One of the first and in many ways most important items to be uncovered by the Ombudsman's report was how the information that a property tax payer needed to win an appeal was almost a top secret item, difficult to access.

The first problem encountered was that MPAC does not necessarily agree with the results of the appeal process conducted by the Assessment Review Board. If he Board gives the green light to an appeal and rolls back an assessment the MPAC will honour it, but it seems that when the new tax assessment year rolls around, MPAC will ignore the results of the appeal and issue an assessment that takes the taxpayer back to a pre-appeal time. Taxpayers have to start the process all over again.

Having a look at all of he data that pertains to your own property tax dilemma is tricky. The problem is that the Ontario government, when setting up MPAC hired a company called Teranet to administer the collection of land transfer taxes for the province. The government also went one step further and gave Teranet an exclusive worldwide license to market the data.

So... my tax dollar goes to pay a private company to collect information that MPAC will have to use in figuring out my property tax assessment but I cannot have access to that information because Teranet has exclusive right to it. MPAC has stated that this information cannot end up in the public's hands because if it did the Teranet people could sue them. Consequently if you need information for your appeal but that information is locked away behind this wall of secrecy, you cannot successfully challenge MPAC. A very neat situation, putting the rights of a publicly funded organization ahead of the rights of the people who are paying them.

What's in a name?

Weather from The Valley
By Stephen Balena

Most of us are aware of what a terrible hurricane season it was last summer. The pieces are still being put back together along the shattered Gulf Coast. It may take decades to completely rebuild the region and the countless lives. The death toll of well over 1000 makes it the deadliest storm season since 1900. Forget about the US dollar amount, it is off the charts for the entire season. Twenty-seven storms occurred last year, just one record among the numerous others that occurred. As a result of this, the World Meteorological Organization (WMO) has retired 5 names from the 2005 season.

We will never see a Katrina for certain, nor Dennis, Rita, Stan and Wilma - four other hurricane names from last year's devastating storms that have now been officially retired. The retired names will be replaced by Don, Katia, Rina, Sean and Whitney.

The custom of naming storms began back in 1953. Since then 67 storm names have been retired. Names are picked in groups of six years at a time. The names are then recycled, unless of course the storm becomes historical, like Katrina. Womens names were used at first, but in 1979 the WMO bowed to pressure and began alternating male/female names.

The first names to be dropped were in 1954, Carol and Hazel. Last year's five is the most retired in a single year. Most Canadians remember Hazel as one of the worst natural disasters to affect Ontario. The storm caused terrible flooding north and west or Toronto in October 1954, resulting in over 80 deaths.

As the tropics continue to produce a record amount of devastating storms, we will also come under attack. Particularly at risk in the Great Lakes Basin and the Atlantic Coast. Our main threat from these whirlwinds in heavy flooding rain and gale winds.

This year's hurricane names will be: Alberto, Beryl, Chris, Debby, Ernesto, Florence, Gordon, Helene, Isaac, Joyce, Kirk, Leslie, Michael, Nadine, Oscar, Patty, Rafael, Sandy, Tony, Valerie, and William.

More nursing home beds needed

This is a copy of one of he many letters sent to the Federal and Provincial government asking for the funding for more nursing home beds in Dundas County'

Dear Sir or Madam

As a concerned citizen of Iroquois and Dundas County I am writing to you in regards to the need of a nursing home in Dundas County. As there is only one in Dundas County which is in Winchester, which is a long way to drive from Iroquois for a senior citizen. I am in the understanding that there is a lot set aside in Williamsburg which has been sitting there for a long time now.

I myself, along with others in the community are wishing that yourself along with our elected Council would get together and see what can be done, the need for one is critical. Not thinking about myself but of others in the same situation as I am. Right now I am in the process of waiting for a room for my wife which means that I may have to travel to Longe Sault or Cornwall which is a long drive for an 85 year-old man which has served this country. Hoping you give would give this your utmost thoughts and consideration.

Thanking you very much.

Len Roberts

Stormont Dundas Landowners Report

It's not very often, that I will call Lowell Green, on CFRA radio station. But on Monday of last week, I just couldn't resist. For some time now, I have been frustrated and bothered by the power that our government agencies have, and how we as a free nation are losing our rights and quality of life. Most everyone would agree that people learn by example and through education.

Forcing and mandating regulations and laws only cause society to rebel, cheat and lie.

Generally speaking, regulations that government agency such as the Ministry of Natural Resources, Ministry of Environment, Health Board, Labour Boards, etc etc. are established to work for society. Yet in the last 15-20 years we have thrown away our rights and given too much power to the bureaucrats and as a result, our rights and freedom have been infringed upon.

We pay for our land, work our land, pay taxes on our land and yet have no rights. A prime example where a government has abused its power is the Canadian Food Inspection Agency, regarding the chicken farmer in Spencerville. Farmers are all in agreement that animals must be treated humane, and to kill the chickens the way the CFI A has done is criminal, and they need to be held accountable. As well, the SPCA was called to that farm and they refused to interfere, yet there are many incidences where the SPCA have interfered where there has been no call. There is soft fascism amongst these ministries. And if we continue to hire more and more government bureaucrats, to "monitor" society to the point that we must answer to everything we do, then this country as we know it, is in deep trouble.

Researchers estimate that stress contributes to as many as 80% of all major illnesses, including cardiovascular disease, cancer, endocrine etc. etc. If this government continues to put undue stress on society, from over regulating and abuse of their power, then our hospitals will be fuller then they are now, and then see how fast our health care system falls apart, and costs go sky high.

Tammy A. Hart
Stormont Dundas Landowner

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- Excellent organizational skills with ability to set own priorities and comfortable working independently within a team environment.
- Bilingual (English / French) is an asset.

To apply for this position, send your resume and covering letter, no later than **April 19th, 2006**, to:

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Attention: Josee Brizard, R.P.F.
Director of Conservation Programs
jbrizard@nation.on.ca
613-984-2948 ext. 231 Toll free 1-877-984-2948
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We thank all applicants for their interest, but only those considered for an interview will be contacted.

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South Dundas council supports resolution to remove legal barriers for recognized doctors headed for Ontario

BY JOSEPH MORIN
CHIEFTAIN STAFF REPORTER

The South Dundas Council has whole heartedly agreed to a resolution sent to them from the Township of Malahide, asking the provincial government to allow physicians with recognized medical equivalency to practice in Ontario.

The letter requested that the South Dundas Council agree with their resolution to petition the Minister of Long Term Care.

A report by the Ontario Medical Association called "Ontario Physician Shortage 2005" predicts that the shortage of doctors will climb to 2,300 this year.

At the same time there is a growing decrease in the number of doctors willing to settle in rural parts of Ontario, but the rural population is increasing. The medical association estimates that there are over 10,000 Canadian trained doctors practicing in the United States. The Malahide resolution asks the government to deal with the doctor shortage by allowing doctors from other countries, who have a different and unsanctioned medical educational background to practice here. If successful, the resolution from the Township of Malihide, endorsed by all of the municipalities in Ontario could persuade the government to make an amendment to the Ontario Medicine Act which would allow for the change in licensing those physicians who are in good standing and have written the necessary examinations.

The South Dundas Council agreed with the letter from the Township of Malahide and gave approval to the campaign to have the government amend the Ontario Medicine Act to prepare the way for more doctors being able to practice in the province.



The students at the Nationview Public School in South Mountain had an exciting and rewarding science fair last week. The school's gymnasium was packed with exhibits. On Thursday afternoon the school selected the winners of the best scientific effort and demonstration. The competition was judged by Ottawa's Rideau Ward Councillor Glenn Brooks. All of the winners are from the Grade 7 and 8 classes. Front row, left to right: Madison Koekkoek, and Darby Ace, Grade 8, second place, Rowan Morkus, Grade 8, first place; Jenna Boyce, Grade 8, third place; Anthony Burke, Grade 7 third place; Evan Fawcett, Grade 7 winner for Best Model. Front row, left to right: Jonathan Quilan, Grade 7, first place; Holly McIntosh, Grade 7, second place; Emily Wick, Grade 8, third place; Mallory Gilmor, Grade 8, Best Presentation; Stephanie Stewart, Grade 7, second place and Jeremy Piamonte, Grade 7, first place. The best display award went to Jenna Boyce and Emily Wick.

CHIEFTAIN PHOTO – J. MORIN

Winchester District Memorial Hospital
Leading and Learning Partners in Quality Healthcare

CALL FOR APPLICATIONS TO THE BOARD OF DIRECTORS (3)
Call for Applications to Board Committees (3)

The Winchester District Memorial Hospital Board of Directors is accepting applications from the community for vacancies on the Board and for vacancies on Board committees for 2006-2008.

This is a very exciting time in our Hospital with the newly approved capital development plan and the positioning of WDMH within the Champlain region. The successful applicants will join a very dynamic Board and/or Board committee that are focused on health services in this community.

As a Board member you must be eighteen (18) years of age or more, agree to become a voting Member in good standing of the Corporation (a corporate membership fee of $10.00 is payable to the Hospital), and be a resident of or be employed in the catchment area that consists of Dundas, Stormont, Russell (south western), Grenville (eastern), and Ottawa South (formerly Osgoode).

As a non-voting member of a Board committee you will provide a unique perspective as a consumer and an interested community representative to your hospital to the work of committees including: Strategic Planning; Finance/Audit and Property; and Public Relations.

A commitment of at least two years is expected.

Ideally, candidates will bring prior experience in one of the following areas: Policy Development and Oversight, Patient Advocacy; Accounting; Regional Planning; Law; Information Technology; Marketing; Research and/or Quality. An understanding of the diverse health care needs of the communities served is an asset.

If you would like to be considered for one of these Board positions or to serve on a Board committee as a non-voting member, please call Chris Cross at 613-774-2422 ext. 5250 for an application form. Application forms are due by April 21, 2006.

65805-14-06

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Volunteers honoured at Dixon's Corners Public School

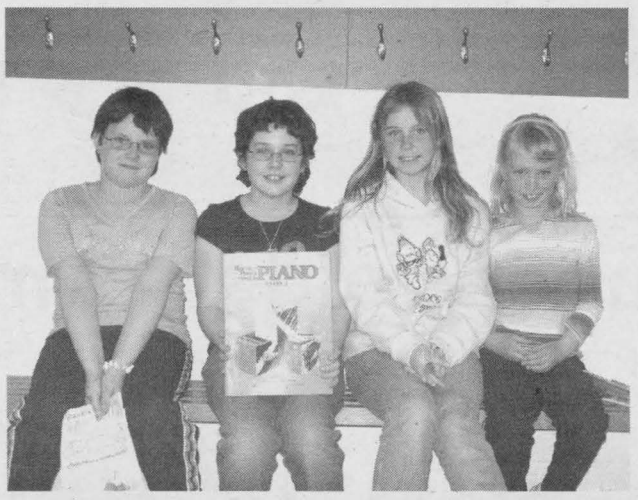
BY ANDREA CARTIER
CHIEFTAIN STAFF REPORTER

Parents and volunteers are very important to the smooth running of a school, and the staff and students of Dixon's Corners Public School took time on Friday, April 7 to thank these special people.

An invitation was sent out to the many people who contribute time and effort in order to enhance the educational experience of the children attending the school. The invitation urged these volunteers to come to the school and enjoy a tea party and listen to a recital of piano music performed by several students.

The entertainment was provided by Lindsay Hodgson, Kaitlyn Hodgson, Jessica Wright, and Meghan Hubbard. The girls took turns at the piano, and played some well known tunes such as "It's a Small World" and "Ode to Joy".

According to Vice Principal Penny Levesque, volunteers are integral to delivering such programs as the hot lunches that are served to the students, and supervision on field trips. Volunteers also help out with reading in the classrooms, and fundraising. The volunteers that attended the tea were given certificates of appreciation and a flower in thanks for all their efforts on behalf of the school.



Getting ready to play the piano for the volunteers at Dixon's Corners Public School on Friday, April 7 are Lindsay Hodgson, Kaitlyn Hodgson, Jessica Wright, and Meghan Hubbard. The girls took turns at the piano, and played some well known tunes.

CHIEFTAIN PHOTO - A. CARTIER



Pictured here are some of the volunteers honoured last Friday for their contributions to Dixon's Corners Public School. From left to right are Cindy Peters, Lisa Beatson, Gloria Murphy, Bonnie Wright, Betty Markell, Jana Westervelt holding Victoria, and Debbie Hodgson. CHIEFTAIN PHOTO - A. CARTIER

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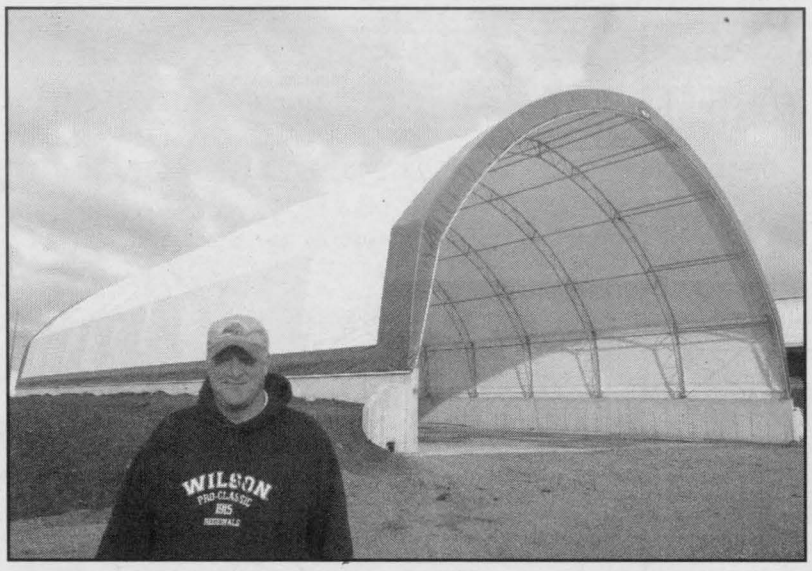

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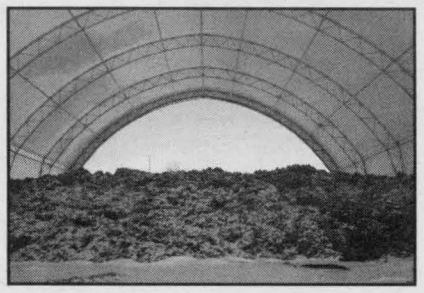

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Sports

South Dundas girls' team celebrates great season

BY ANDREA CARTIER
CHIEFTAIN STAFF REPORTER



Pictured in front from left to right are Katie Beach, Morgan Spencer, Randi Melenhorst, Danyelle Tessier, Morgan Hass, Christina Swank & Lily Streit. In the back from left to right are Bruce Wells (Coach), Jessica Whitteker, Amy Velt Kamp, Mike Velt Kamp (assistant Coach) Sarah Casselman, Michaela Morrow, Nancy Swank (Trainer), Leah Wells, and Bill Morrow (assistant Coach).

CHIEFTAIN PHOTO - A. CARTIER

At a banquet on Friday, April 7 at the Morrisburg Legion, the South Dundas Girls Hockey Association took time to celebrate a growing organization and a great season. According to president Dale Adams, the association which started off with 30 hockey players, has grown to 70, and expects to have between 80 and 90 participants next season.

Adams concluded that it had all been worthwhile and that they had created something very special.

"We have forged good relationships with neighbouring leagues and the girls have strengthened friendships and made new ones," said Adams. "This was possible because of the number of volunteers associated with the organization, and because of the financial support from the Township of South Dundas, and the great staff at the Morrisburg and Chesterville arenas."

The five teams that make up the Girls Hockey Association, and their friends and parents, enjoyed a turkey dinner prepared by the Legion, and then were treated to an inspiring speech by Amy Ouderkirk of Ingleside. Amy, at the age of 18, is the smallest defenseman on the Carleton Ravens University Varsity Women's Hockey team. She told the audience that "as long as you have the heart, you can play, no matter what size you are." Amy began her hockey career eleven years ago, and is the proud owner of 2 provincial gold medals which she won playing at the Pee Wee and Midget levels. She related to the crowd the story of winning the Pee Wee Championship which required 9 full length periods of overtime to decide. Amy clearly conveyed her great love of the game, and she urged the girls to continue to enjoy all aspects of hockey. Following Amy Ouderkirk's address, the coaches of the five hockey teams called their players to the stage to receive a trophy for participation. In his closing remarks, president Dale Adams said, "I would like to encourage the girls that are graduating from minor hockey to think about volunteering to help the girls that are coming up behind them. A new generation is replacing you, and it is important that they have volunteers to make their experience as good as your own."

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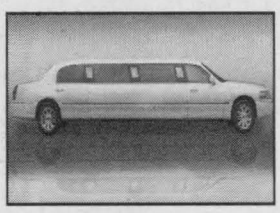
The Iroquois Chieftain, Rideau Carleton Raceway, and Byers Limosine present:
The Chieftain CHAMPIONS CONTEST

Simply fill in the form below, drop it off at our *Iroquois Office*, or *The Nook*, or *General Dollar* in Cardinal. You can even mail it in, but we must receive it before April 28, 2006 at our office.

You could win Dinner for you and three friends at *Rideau Carleton Raceways, Program of Racing, A Picture Memento... and be DRIVEN in style by Byers Limousine Service*, there & back.

Contest is open to all Chieftain readers 19 and over. You must be available Sunday, May 7, 2006 to have your dinner and evening out. You and your friends could be our first **Champions!!!**
Full details posted at the Iroquois Chieftain office.
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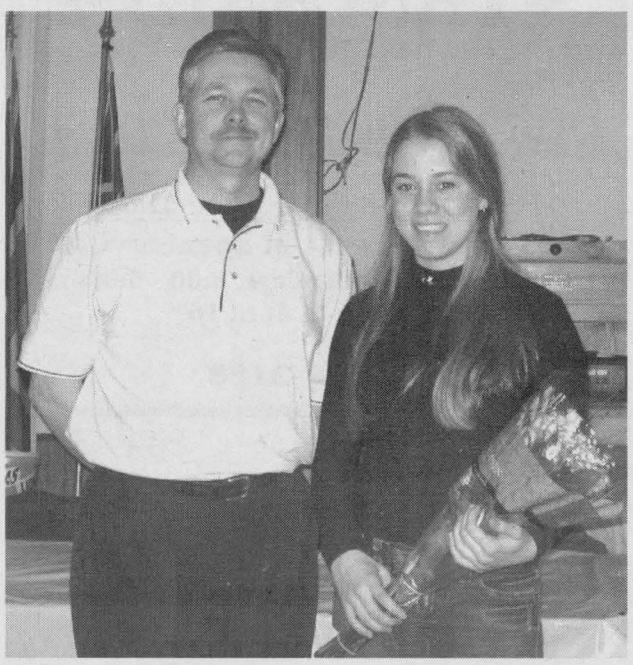
Pictured in front from left to right are Rikki Johnston, Meghan Adams, Madison Koekkoek, Taylor Tippins, Emma Hanson, and Kaila Beckstead. Back row from left to right are Barry Elliot (assistant Coach), Dale Adams (Coach), Laurena Matthies, Brittany Elliot, Cinnamon Boulanger, Hayley Moher, Gary Beckstead (assistant Coach), Kristen Wade, and Tracy Tippins (Trainer).



Midget House League: Pictured in front from left to right are Erinn Fader, Hayley Carr Kassie Whitteker, and Melissa MacLeod. In the back from left to right are Bruce Currie (Coach), Lisa Gibson (Manager/Trainer), Veronica Gibson, Karina Johnston, Bret Bird (assistant Coach), Rick Johnston (assistant Coach).



Pictured in the front from left to right are Lisa Hey, Lori Casselman, Ali Tait, Jessica Goulet, Colbie Wells, and Dave Tait (assistant Coach) In the middle from left to right are Alexandrea Walsh, Brittany Lortie, Christine Stewart, Gill Kirkwood, Chantal Thurler, Courtney Keicks, and Barb Tait (Trainer). In the back from left to right are Barry Keicks (Coach), Lynn Thurler (Manager), Sarah Myers, Melissa Primeau, Kaitlyn MacDonald, Kent Young (assistant Coach), and Brenda Primeau (Trainer).



President of the South Dundas Girls Hockey Association, Dale Adams, poses here with guest speaker Amy Ouderkirk.

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Bantam B Rep Lions finish year at Tournament of Champions

On the first weekend of April the Lions traveled to Carleton Place to participate in the tournament of champions. In their first game on Saturday morning the Lions faced off against the Rockland Nats and skated to a 9-4 victory. The Lions took a 4-2 lead after the first period on goals from Drew Morrow assisted by Daniel Stevens, Daniel Stevens from Tommy Keyes & Connor Hodgson, Connor Hodgson helped by Michel Thurler & Drew Hutt, and Michel Thurler from Nick McCaslin. The Lions increased their lead after two periods to 8-3 on goals from David Toonders from Adam Tindal & Patrick Chesbro, Tommy Keyes(3) assisted by Drew Morrow(2) , Patrick Chesbro, Nick Thomas, & Daniel Stevens. Connor Hodgson finished off the game helped by Drew Morrow & Michel Thurler. In their second game the Lions defeated the South Grenville Rangers 4-1. The Rangers took a 1-0 lead after the first period. The Lions took a 2-1 lead after the second on markers from Tommy Keyes from Drew Hutt & Drew Morrow, and Nick McCaslin from Michel Thurler.

The Lions wrapped up the game with two more goals off the sticks of Michel Thurler (2) assisted by Connor Hodgson(1). In their third game the Lions faced the home team the Mississippi Thunder and skated to a 3-0 win. Potting the disc for the lions in the first period was Drew Hutt from Michel Thurler & Josh Veltkamp. The Lions added another in the second from the tape of Patrick Chesbro assisted by Alex McLaughlin & Josh Veltkamp. In the third the Lions potted one more off the stick of Michel Thurler from Connor Hodgson.

Luc Stewart recorded the shut-out. In the semi finals the Lions again came up against the Mississippi Thunder but ran out of steam and went down in defeat 4-0. The players and staff of the Lions wish to thank all of our sponsors, parents that ran the clock, took care of the game sheets, and the ticket sellers.

The Iroquois Chieftain

Welcomes Your Submissions

We are not always in the office, so if you have a news worthy story, you can e-mail it to us at

icedit@runge.net

OR

drop it off at the

"The Nook" in Iroquois

OR

"General Dollar" in Cardinal

(Submissions only)

Thank You

71308-01-06

Upper Canada Playhouse 2006 fundraising event

Charitable organizations in the area are invited to take advantage of Upper Canada Playhouse's 6th Annual Charity Fundraising Event. The Playhouse is donating the proceeds of one matinee performance of the comedy TOM, DICK AND HARRY on September 2 to fifteen area non-profit charitable organizations. The organizations are each given 18 tickets to sell, retaining 100% of their sales for their fundraising work. 'It's really as simple as that,' says Artistic Director, Donnie Bowes. 'It's a great way for The Playhouse to give back to the community that supports us. It's also made possible through the generous support of our Sponsors, staff and artists.

The tickets aren't purchased by the organizations, they're donated to them. The only responsibility the organizations have is to sell their own tickets. They're encouraged to sell them at the full regular price of $24 per ticket so they get a good return'.

Interested organizations are asked to contact The Playhouse either by FAX (543-4388) or by MAIL (PO 852, Morrisburg, On K0C 1X0). No special form is required. Organizations are asked to include the name of their organization, its mandate, contact person, phone number, and what they propose to do with the ticket revenue. The request must be signed by a member of the organization stating that it is a charitable non-profit organization. Unfortunately requests cannot be taken by phone or email.

Tickets will be given to qualified organizations on a first come first served basis & those receiving tickets will be contacted by May 31.

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Seaway's soccer season underway

BY DAVID JOMES
SPECIAL TO THE CHIEFTAIN

Student Council Scoop – This year's Student Council has been dedicated to maintaining the amazing school spirit that they have established at Seaway this year. While nothing has been officially announced, plans for future "Spirit Weeks" and other events are in progress.

Sports Centre – Seaway's soccer season is getting underway as Coach Elliot prepares to make the final cuts this week for the Girl's Junior and Senior teams. The tryouts have been very competitive which will surely make these last cuts difficult. The opening games of this year's season are scheduled for April 24th. In other sports news, the Midget and Junior badminton teams played in a tournament this past Wednesday, each fairing very well. A Senior Badminton tournament will be held this week.

Global Outreach – The Global Outreach team is working hard on plans for the upcoming "30 Hour Famine". As mentioned last week, this is a major annual youth event and fundraiser that encourages students to take a stand against world hunger, poverty and injustice and gives participants the opportunity to experience hunger firsthand while gathering pledges for World Vision. It's a great cause and all Seaway students are encouraged to participate. The event is currently planned for April 20th-21st, but the date is still to be confirmed.

Next week I'll be back with more "Scribbles & Bits" from Seaway.

Scribbles and Bits

Send your story ideas to jmorin@runge.net.

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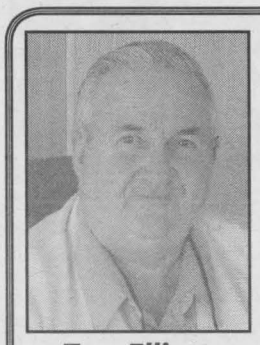

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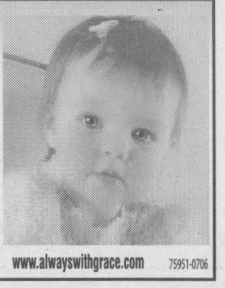

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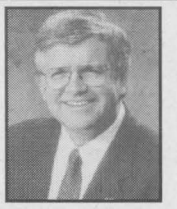

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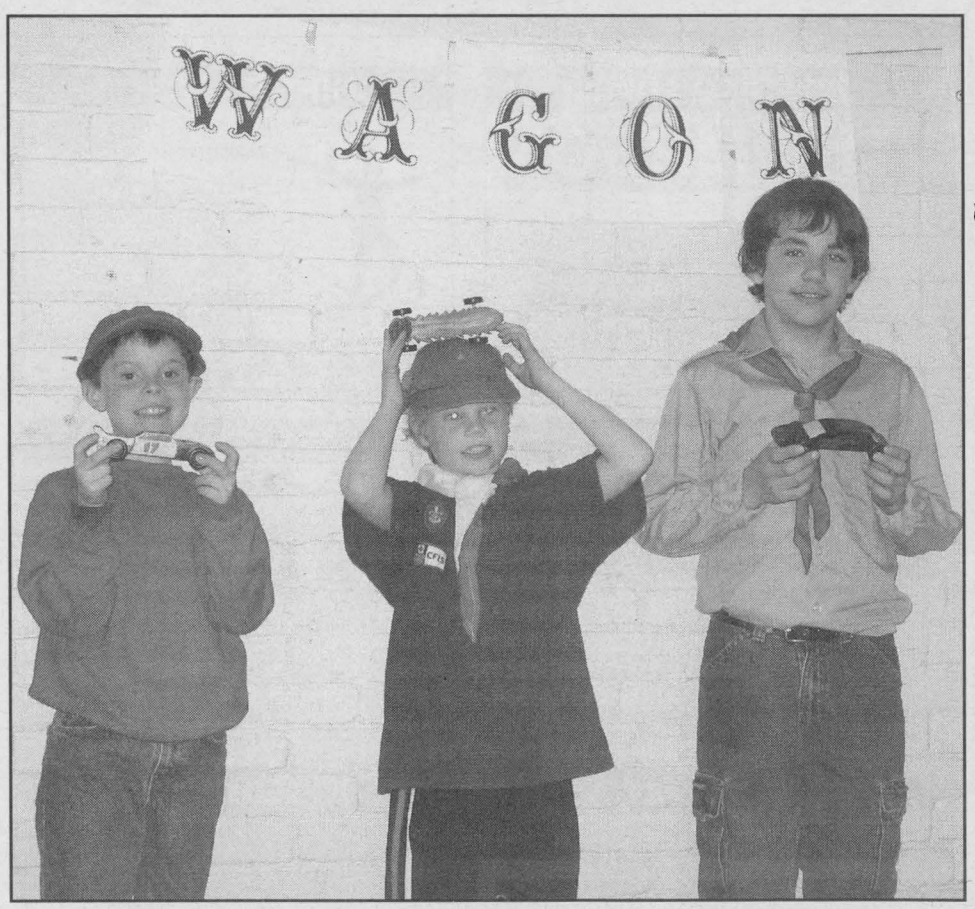
Wolf Wagon Waces held in Morrisburg last week

BY ANDREA CARTIER
CHIEFTAIN STAFF REPORTER

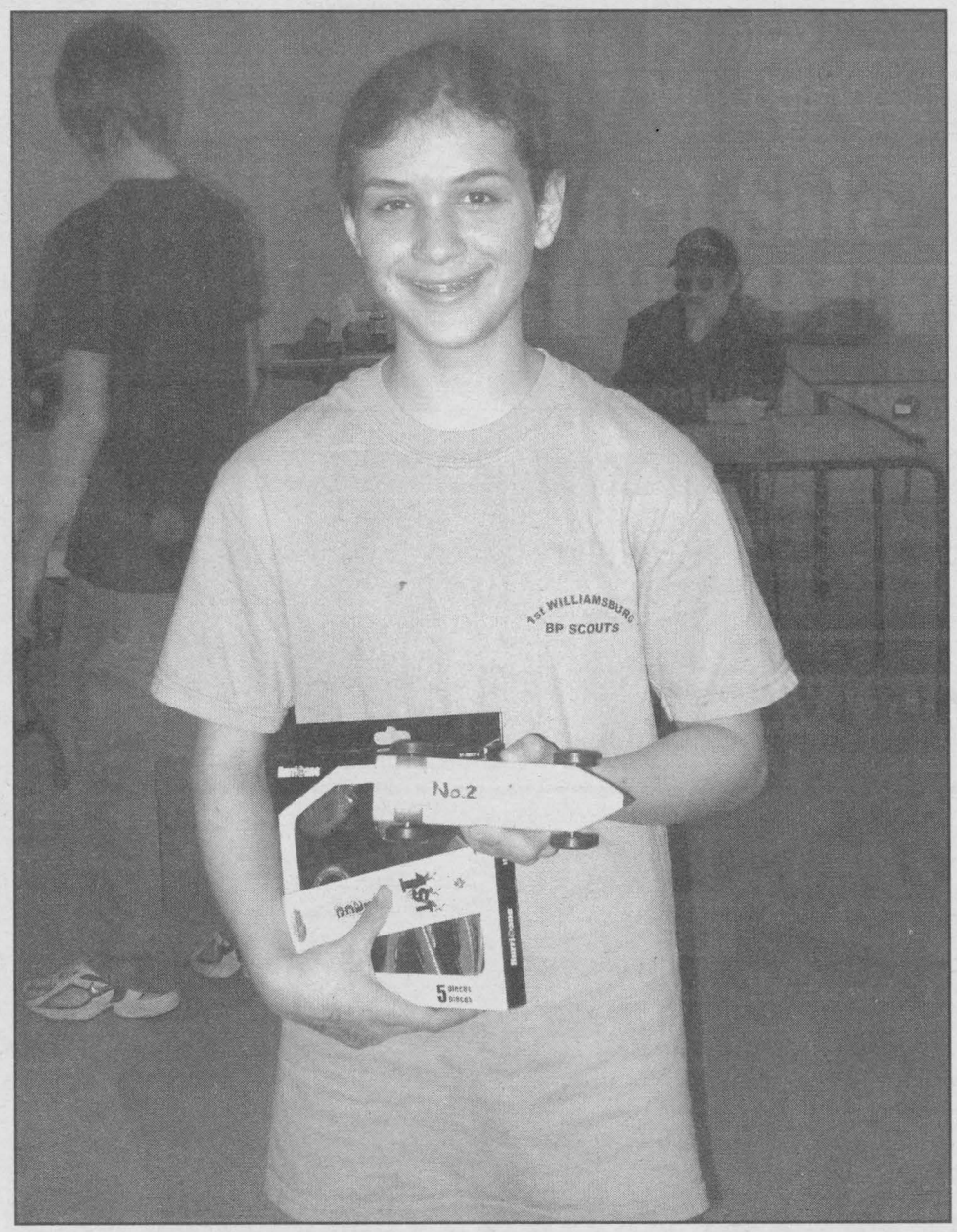
The Traditional Explorers Association Council of Ontario held their 3rd Annual «Wolf Wagon Waces» last weekend in the basement of the old high school in Morrisburg. The wagons were constructed by the Otters, Timberwolves, and Explorers over the past few weeks in anticipation of the event. Each car was individually designed, and had to weigh in under 142 grams in order to qualify for the racing. The wagons competed in a series of races until a winner in each category was determined. The fastest wagon created by an Otter belonged to Travis Merkley. Amanda Lalonde had the fastest Explorer wagon, and the Timberwolves winner was Austin Jurgens. The Wagons were also judged on design, with leaders and participants voting for their favourites. The best designed wagon created by an Otter belonged to Blake Laclair. Eric Shantz won for the Timberwolves, and Andrew Jurgens for the Explorers. Great fun was had by all, and the children are already looking forward to next year's competition.

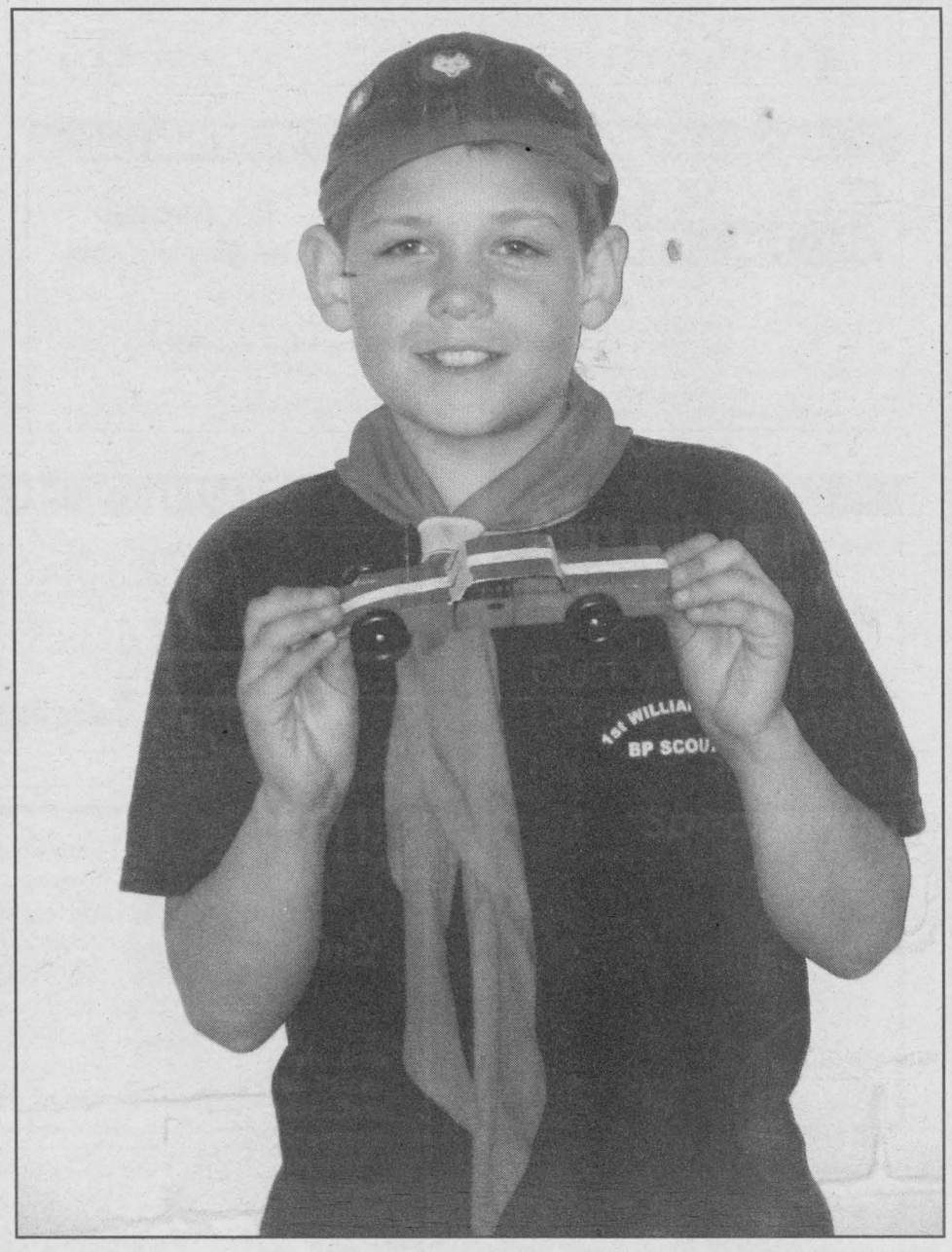
The Traditional Explorers Association Council of Ontario provides educational programming for children, helping them appreciate the outdoors and learn valuable skills. The Timberwolves have several events to look forward to in the next few months. At the end of April they will participate in a canoe camp. Starting at County Road 18, the Timberwolves will paddle down Hoasic Creek, staying in a cabin in the woods overnight. The following day they will complete their paddling when they reach Froatburn Road. Other camping trips will include a journey to Spring Water Conservation area in June and a July 1 camp out in Renfrew. At the Spring Water Conservation area many groups from the Toronto area will be mingling with Traditional Explorers Associations from other places in the province, and getting to know each other. The participants will have the chance to experience crossing a rope bridge, and take part in the planting of cat tails to protect a bog area from erosion. In Renfrew, the group will spend a good deal of time working on their canoe safety skills. The Timberwolves will learn how to trade places in a floating canoe, how to right a canoe, and how to rescue an overturned canoe. By the end of the summer, the Timberwolves will have had enough experience in canoes to feel safe and comfortable in a canoe, and they will be well aware of the rules governing safety near and on the water.



Chosen by their peers, Blake Laclair, Eric Shantz and Andrew Jurgens won for best designed wagons.

CHIEFTAIN PHOTO - A. CARTIER





Amanda Lalonde, above left, had the fastest wagon constructed by an Explorer while Austin Jurgens, above right, of the Timberwolves had the fastest wagon in his category.

CHIEFTAIN PHOTOS - A. CARTIER

Recreation Plan tabled by council

BY ANDREA CARTIER
CHIEFTAIN STAFF REPORTER

Trow Associates Incorporated of Ottawa submitted the final plan for South Dundas Recreational Programs and Services to the Township of South Dundas Council on Tuesday, April 4. The plan sets out the key activities and priorities to be carried out in the next few years in order to achieve an overall goal of delivering more effective services in the township. The emphasis of the strategic plan is to recommend actions that should be taken in the next five years in order to enhance the quantity and quality of recreational services and service delivery to the community based on need as well as to improve upon the efficiency and effectiveness of service delivery.

The process undertaken to prepare the plan involved three phases over a three-month period.

These included a review of background information, and needs assessment, and the creation of the strategic plan. In order to acquire the background information necessary for creating this plan, a questionnaire was given to a number of key stakeholders in the field of recreation operating in the township. Some of the questions posed in this survey included: "What kind of improvements (to recreational services & programming) would you suggest?" "As a special interest group, what new recreation activities/ facilities would you like to have in the Township?" and "What are your expectations from the Township of South Dundas in terms of administrative assistance, programming assistance, financial assistance, and assistance with co-ordination with similar recreational groups?"

The answers to these and other questions helped the consultants craft the final document which was tabled by council at its last meeting. Some of the recommendations in the report include having the township review the inventory of existing facilities and consider streamlining costs in this area, and that the municipality commit an annual budget to park improvements and adopt a long-range strategy for the on-going improvement of parks and open space areas. Another strategy suggested by the plan is that the municipality investigates opportunities, in partnership with other agencies, for developing waterfront education and recreational activities.

As the shoreline of the St. Lawrence River is a strategic resource, possibilities of working with organizations such as South Nation Conservation and Parks Canada should be pursued by the township. A further strategy suggested by the report is that the township considers creating a position for a Recreation Programmer to help service delivery in the field of recreation, including the organization of summer programming for children, and applying for funding.

Circulation increased in most county Libraries

SPECIAL TO THE CHIEFTAIN

The Stormont Board of the SD&G County Library submitted a report for March 2006 to the last meeting of Township Council. The report, prepared by Dundas Reference Technician Elizabeth Porter, highlighted some news from the various branches and mentioned an increase in circulation in most of the branches across the United Counties. The report also thanked the Township for including branch hours for the three libraries in South Dundas in a recent tax bill mailing. There are more than 3000 members of the library in South Dundas and the report spoke about the important role local libraries play in the community by providing residents with free access to printed materials and the use of CAP computers.

The Iroquois branch of the County Library is hoping that money is set aside in the 2006 budget to cover the costs of renovations. It was also reported that there had been some difficulties with the lock on the front door of the Civic Centre, but that a lock smith would be rectifying the problem in the near future.

In a recently published newsletter, the library announced spring programming for the local branches. The Iroquois Branch will celebrate Easter with stories, songs, and a craft for children between the ages of 3 to 5 on Wednesday, April 12. Mother's Day will be celebrated on Friday May 5 at 2:15 pm. Activities will be prepared for children of 3 to 5 years of age. The library asks that children be pre-registered. Other events highlighted in the newsletter include the fact the Ontario Early Years Mobile Toy Lending Library will be visiting the South Mountain Branch every other Wednesday at 11:00 am, starting April 12. Lynley McPhail will hold a discussion on composting sponsored by the Friends of the South Mountain Library. This will take place on Tuesday, April 18 at 6:30 pm and everyone is welcome. The Williamsburg Branch will celebrate Mother's Day with stories and a craft on Tuesday, May 9 at 3:00 pm. The branch requests pre-registration.

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Community Calendar

IROQUOIS AND DISTRICT

A public service provided by the businesses listed here in co-operation with this newspaper

March

			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
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26	27	28	29	30	31	

April

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30	31					

Knights of Columbus Charity Bingo every Wednesday in St. Cecilia's School on College Street in Iroquois. Refreshments available. Games start at 12:30 p.m. end at 2:45 p.m. Everyone welcome.

This Old Heart and the Country Comrades Jamboree for Camp Trillium, (kids with cancer) is planned for Good Friday, April 14, 2 pm to 9 pm. at the Bouck's Hill Legion Hall. There will be four bands playing. Admission is $10, supper included. For advance tickets call Keith Beckstead at 535-2917 or Graham Pemberton at 774-2574.

The Knox Presbyterian Church is holding their annual rummage sale on April 28 and 29 at the Iroquois Civic Centre. Drop off on Friday, April 28, after 9am. Open on Friday, April 28 from 1 pm to 5 pm amd on Saturday, April 29 from 9 am to noon.

St. John's Anglican Church Roast Bee. Tickets available from Church members and the Nook in Iroquois.

Relay for Life, a fund raiser for local cancer research, will be held on May 5, 2006 at Seaway District High School. Call Holly Byker at 652-2409 for information or pick up a Survivor's registration form from a Seaway student or at the office and return it to Holly at the school by April 14th.

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Grain corn duties could have hurtful effect

To the editor:

In March, a decision was made in Ottawa that could disrupt one of our nation's key agricultural markets - and potentially send ripples across our entire economy, putting businesses, communities, and jobs at risk. On March 15, the Canada Border Services Agency (CBSA) affirmed its decision to impose duties of $1.65US on every bushel of grain corn imported into our country from the United States (which is approximately a 60% to 70% surcharge on the market price of a bushel of corn). These duties came as a result of a trade complaint filed by Canada's corn farmers, who believe that certain U.S. farm subsidies violate trade laws and that U.S. corn had been dumped on the Canadian market. The Canadian International Trade Tribunal (CITT) is currently reviewing the case to determine if U.S. farm subsidies or alleged dumping are actually causing injury to Canada's corn growers or whether Canadian farmers are being affected by other unrelated business factors. If the CITT determines that our farmers are not suffering any injury due to U.S. corn policy, then the duties will be revoked. If the Tribunal upholds the CBSA decision, then the duties will most likely remain in place for five years, at the slightly lower level of $1.47US. At first glance, this may look like another in a series of trade skirmishes that have popped up between the U.S. and Canada.

But these duties have the potential to do significant harm to a wide variety of industries, businesses, communities and consumers across all of Canada - including corn growers.

Corn is one of our nation's most versatile crops. When converted to starches and sweeteners, corn is an ingredient found in a wide variety of products that we use every day. Corn is a component of baked goods, frozen foods, candies, snack foods, sport drinks, soft drinks, pet food, paper, boxes, clothing, vitamins and pharmaceuticals. Brewers and distillers use corn as a staple in their products. Corn is a key component in livestock feed. And it is the foundation of our country's growing ethanol industry.

These duties could potentially affect every one of those vital national industries. While $1.65US or $1.47US per bushel may not seem like a lot of money, it adds up quickly when multiplied by the millions of bushels that Canadian industries use every year. If these duties remain in place, every company that depends on corn as a raw material may be looking at significant increases in the cost of their raw materials. How long can these businesses - or any business - absorb these kinds of increases without feeling their impact - and without taking action? Will the cost of bread or soft drinks have to rise? Will the price of beef or pork have to increase? Will investment in new plants be curtailed? Will production be shifted elsewhere on the continent?

My company, Casco, is the largest industrial user of grain corn in the country and the only corn wet miller with facilities in Canada. We, like everyone who may be affected by these duties, are now forced to evaluate how we will operate in the future. Will we primarily purchase U.S. corn and then send our refined products back to the U.S. market? We may be forced to do so, since we could obtain a refund of all or part of the duties paid. But what would this mean to our Canadian customers, whom we have supplied for years? Will we have to alter our North American manufacturing model, shifting at least some of our Canadian production to the U.S.? If so, what impact will this have on our manufacturing facilities and the communities where our employees live and work?

Finally, what about the farmers? Rather than helping them, these duties could deal yet another blow to our nation's corn growers because the duties may provide strong incentives for companies to shift manufacturing operations to the United States or to otherwise reconfigure their Canadian operations.

How are Canadian corn farmers helped if the markets for their products shrink or disappear?

We know Canada's corn farmers; we've worked with them for decades. We enjoy a unique partnership: they supply us with our raw material, and we provide them with a steady market for their crop. We understand their concerns. While farmers may need relief, we do not believe that curtailing investment, lowering production and disrupting the marketplace are in the best interest of anyone - farmers, industry or consumers.

We want to find another way to support our nation's corn producers; a way that does not choke off economic growth or threaten the ability of Canadian companies to compete in a global marketplace. We want to work with all parties - corn farmers, government and industry - to develop a solution that provides relief for Canada's corn growers without hurting Canadian industry or consumers.

James Grey
President,
Casco Inc.

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Wednesday, April 19th & 26 – ENCORE sessions
BREAST CANCER SUPPORT GROUP: last Thursday of every month at 7:00 pm

COFFEE BREAK	~ every Wednesday morning - 1/2 day of crafts, games, etc. plus lunch	$ 10.00
DINERS CLUBS	~ Monday, Tuesday, Wednesday, Friday of each week -Closed Apr. 14 & 17	$ 5.00
EXERCISE CLASS	~ Tuesdays at 9:30 am and Thursdays at 1:30 pm	$ 4.00
FOOT CARE	~ Wednesday, April 12th, 19th, 26th	$ 17.00
HOME HELP	~ House cleaning assistance	$ 11.00/hr
MEALS on WHEELS	~ Monday, Wednesday, Friday of each week Extras can be ordered for other days	$ 4.50
MEN'S CLUB	~ Wednesday mornings, April 5th & 19th 1/2 day of games, speakers, etc. plus lunch	$ 10.00
MOVIE	~ Friday, April 7th at 1:30	$ 1.00
RESPITE CARE	~ Sitters for convalescents are available upon request and assessment.	$ 7.00/hr
VAN and CAR TRANSPORTATION	~ Reasonable rates for groups or individuals needing transportation for medical appointments or social events, in this area and to the cities.	various rates
INFORMATION	~ On many groups & organizations which can benefit you is also available. e.g. Lifeline, Heart & Stroke, CNIB, Alzheimer, etc.	N/C

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(NC)—Over the last few years' home building has just soared, everywhere you turn it seems a new mammoth size home is going up, Victorian, Country style or Colonial, the trend is to have that different look. And within this fashionable flair comes in a new player: garage doors.

A garage door has long been considered solely functional, but now the largest moving part of your home is undergoing architectural style. Aesthetics have become added criteria when purchasing a door; the fact that today's garage doors can account for up to 40% of a home's façade makes them an integral part in home design.

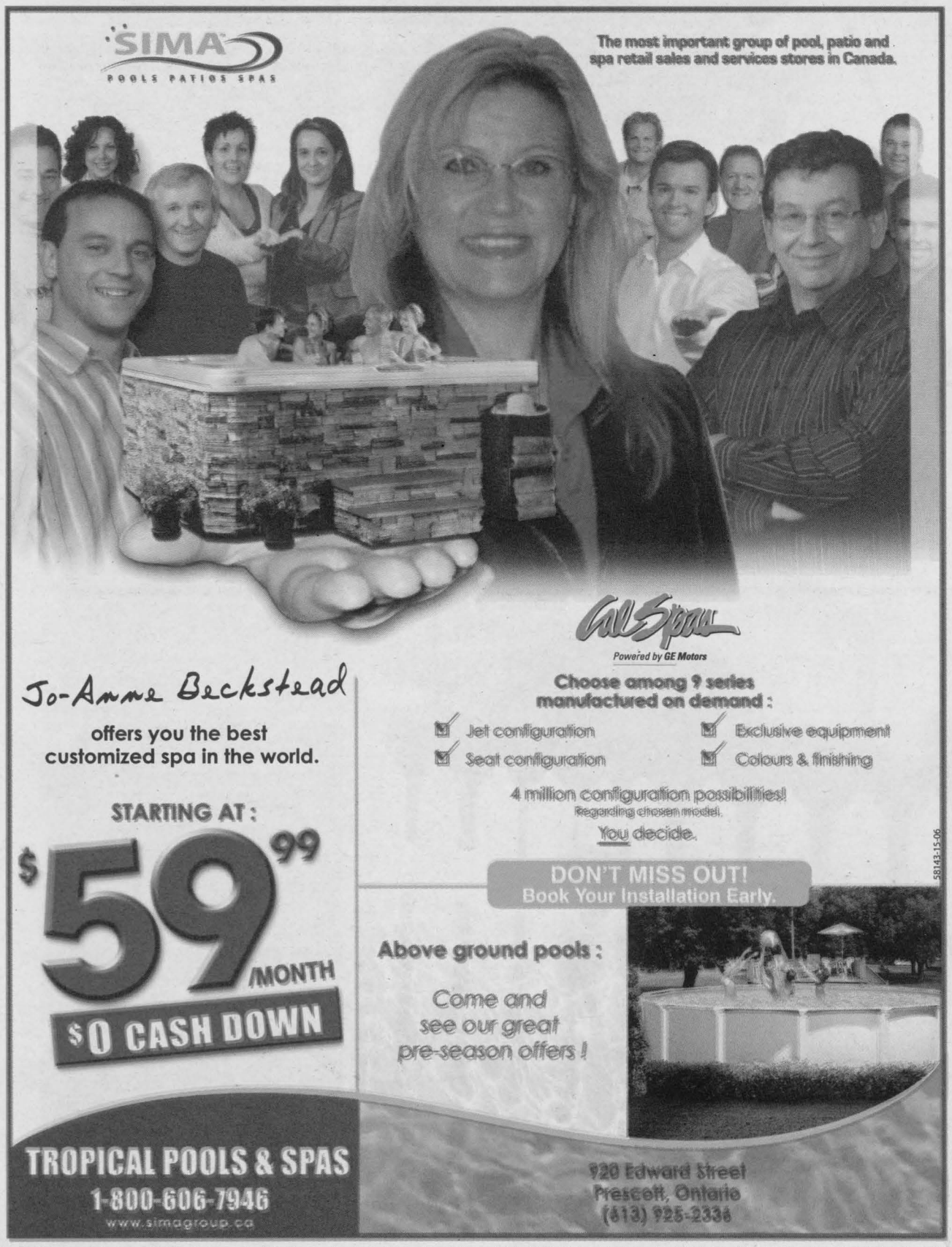
The market offers various raised embossed motifs to choose from, a wide array of trendy colors that coordinate with exterior house siding and beautiful decorative windows that will give it the curb appeal desired. According to J-F Morin, marketing manager at Garaga, the industry has responded to homeowners requests. "Nowadays, consumers can select a garage door that reflects their lifestyle, differentiates their home and adds value."

Many garage doors manufacturers have launched carriage house style steel doors over the last few months. These new products received a huge response from homeowners. Their decorative black stamped hinges and handles recall the forged iron ones of the old-style swinging doors. A wide variety of window designs can be added to allow light to enter the garage.

Mr. Morin told us: "The North Hatley, Garaga's carriage house style door, has been created with the strength and durability of steel thereby requiring far less maintenance than an all-wood door. It appeals to homeowners (especially baby boomers) because of that country style charm."

Traditionally, a garage door's sole purpose was to move up and down. Today this industry offers run the gamut: degree of insulation, window options & inserts, decorative hardware, colour, steel or aluminum – all key elements for selecting the right door for your home. Homeowners may now count on an aesthetically pleasing garage door to give a curb appeal to their house.

- News Canada



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"Your Beautiful Home"

Ten easy ways to save energy

By Lorne Blatt
News Canada

With energy costs on the rise, Canadian homeowners are looking for ways to save on their energy bills. The following are some easy ways to help save money:

Plug the Drafts

The exterior of your house is your first line of defence against drafts, so it's important to caulk, seal and weather-strip around all seams, cracks and openings. Be sure to pay special attention around windows and where siding or bricks and wood trim meet. You can also reduce drafts by caulking around the inside of windows.

Add a layer to your attic insulation

Many Canadians use blown-in insulation in their attics to keep heat from escaping, but yearly check-ups are important to ensure that insulation is evenly distributed and proper ventilation is maintained. Up to 15% of your home's energy is lost through the attic and much like a toque, during colder months, insulation and sealing keeps heated air from escaping outside. Think PINK and make sure the attic is the first place you insulate.

Add insulation to other areas of the home

It is a simple equation: add FIBERGLAS or FOAM insulation to reduce energy usage and increase comfort. Supplementing the insulation in your crawl space, under floors and against basement walls is a great way to moderate the transfer of heat through the exterior of your house.

Install a Programmable Thermostat

Why heat the house when nobody's home? A programmable thermostat can automatically lower and raise your home's air temperature when you're at work or comfortably nestled under a comforter. For every 1°C (2°F) you lower your thermostat, you save 2% on your heating bill. A reduction of 3°C (5°F) at night and when you are away during the day provides optimal savings.*

Turn on the Humidifier

Adding moisture to the air in your home will make it feel warmer. If your furnace doesn't have a built-in humidifier, you can place a portable unit in frequently used areas. Make sure the humidistat settings are appropriate for outdoor temperatures so that condensation does not build up on windows.

Let the Sun Shine In

On those cold winter days, fill your home with the warmth of the sun's rays by raising the blinds and shades on windows on the south and west sides of your house.

Close Vents to Guest Rooms

By closing the vents to just one spare bedroom in your house, you'll likely see a difference in your heating bills. But don't put away your welcome mat – you can open the vents when guests stay over. Be sure to monitor closed-off rooms to ensure that moisture doesn't build up in corners or closets.

Insulate Pipes

It is no secret that insulated hot water pipes reduce heat loss. As a result, your water heater will not have to work as hard since less hot water is needed to achieve the same temperature.

Install Energy Efficient Doors and Windows

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Low-E coatings and insulated doors are designed to be more energy-efficient and when properly installed, leaks and drafts are minimized.

Clean and Inspect Central Heating Equipment

It is a good idea to have your furnace and ductwork evaluated before the start of each heating season. The cleaner and more efficient they are, the more you'll enjoy energy savings.

With a few simple renovations and regular household maintenance, homeowners can achieve significant savings on their energy bills. For more information on how to reduce energy bills or about household insulation, visit www.owenscorning.ca.

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"Your Beautiful Home"

How to Clean Dirty Windows

Spring fix-ups and cleaning often mean clearing caked-on dirt and grime from windows. This is best done on an overcast day, in the morning or late afternoon to avoid streaks from direct sunlight exposure. If the chore falls on your shoulders, here are some steps to take to get the job done.

Interior:

· Place a beach towel or large rag along the sill to collect drips and avoid getting the sill and wall wet.

· Spray glass cleaner on a clean, lint-free rag. Or use your own mix of cleaning agents - 1/4 cup vinegar in 3 cups of warm water. If your windows are very dirty, mix 1 tablespoon ammonia and 3 tablespoons rubbing alcohol or vinegar in 1 quart of warm water.

· Wipe the rag gently across the window in a horizontal fashion to avoid drips and streaking.

· Use a squeegee to remove any excess moisture from the window. Wipe off the rubber edge of the squeegee on a clean rag after each pass on the window.

· For a sparkling shine, polish the window with a dry piece of newspaper or a clean blackboard eraser.

Exterior:

· Use a garden hose to loosen grime from the windows.

· Follow the same steps as for the interior. However, if second-floor windows are too difficult to reach, consider hiring a professional window washer for safety's sake.

Home lighting for aging eyes

(NC) - We may get wiser as we get older, but we also have a harder time "seeing the light" – literally. At age 60, most people need four times more light to see as well as they did when they were 20. Fortunately, the lighting industry offers a wide range of design-friendly options to satisfy the needs of senior eyes.

You don't have to completely remodel your house to see well. Lighting solutions can be tailored to fit your unique lighting issues, budget and structure of your house. American Lighting Association experts Dan Blitzer and Monty Gilbertson, a certified lighting consultant with Lighting Designs by Wettstein's, offer the following tips on lighting your home for the aging eye:

Lighting Your Kitchen, Bed and Bath

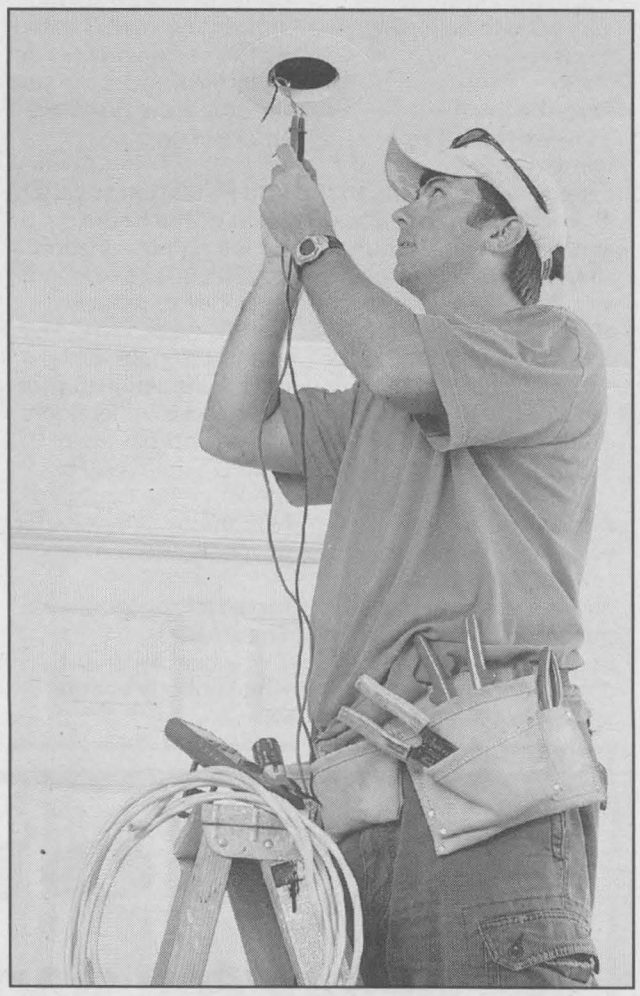
Kitchens, bedrooms and bathrooms are areas where people generally want more light as they get older, Blitzer says. For kitchens, Gilbertson suggests under cabinet lights. These can be as simple as fluorescent tubes hidden under the cabinets to direct the maximum amount of high-quality light down onto the countertops where you will be preparing meals. This solution requires minimal construction.

In the bath, avoid fluorescents, Gilbertson advises. Instead, opt for 100 percent color rendering light bulbs, positioned on either side of your bathroom mirror. Consider installing a dimmer on bathroom lights. Research shows that very low-level regular light, or light in the red spectrum, maximizes night vision while minimizing the disruption of our circadian rhythm, Blitzer says.

Use Track and Recessed Lighting

Another option for your kitchen is to install recessed lights overhead, just in front of the cabinets. This allows the maximum light to fall on both your work area, as well as inside the cabinets when the door is open, Gilbertson notes. Recessed lighting can be effective anywhere in the house that you require more light. But, cautions Blitzer, be sure the face of the bulb is installed well above the ceiling to eliminate glare. "Glare is a serious issue for older eyes," he notes.

Track lighting is also a good solution for putting light exactly where you need it most. Modern track lighting is available in a wide range of design-friendly styles, including flexible tracks and beautiful pendant lights.



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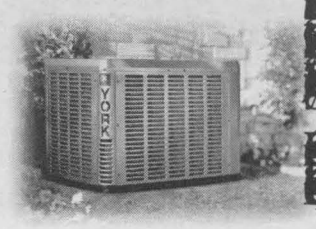
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Beat the Heat With a Properly-Maintained A/C Unit

(MS) -- Summer is on the way, and you don't want to be caught without a properly working air conditioning unit, especially when outside temperatures climb to the 30C or above. That's why the Air-Conditioning & Refrigeration Institute (ARI) recommends all homeowners take the time to periodically review and maintain their air conditioning units to keep them in tip-top shape.

Regular checkups are not only the best way to ensure your unit will keep working when you need it most, they are the least expensive kind and will save on energy and reduce operating costs. However, if your air-conditioning unit gives you problems that seem too expensive to fix, consider replacing it. ARI reports that, on average, newer equipment is about 45 percent more energy efficient than equipment manufactured only 20 years ago.

The best time to have your system checked by a service technician is in early spring, before the cooling season starts, according to ARI. In warm climates, it's midwinter. Many companies offer a service contract that provides routine maintenance, including lubrication of motors, tightening of belts and checking of refrigerant level. There are also some maintenance checks you can make yourself. Look to your owner's manual to find maintenance tips and ways to operate your system most efficiently.

In addition to manufacturers' recommendations, ARI has developed some basic guidelines you can follow to help you get the most comfort from your system at the least cost.

1. Clean and replace filters frequently. Air-conditioning systems do more than just cool the air. They lower humidity and remove dust and dirt by moving the air through their filters. When these filters are clogged with dirt, the system has to work harder to do its job, which wastes energy. Depending on the amount of dust in the air, filters can become clogged in just a month or two of operation. Most residential systems have disposable filters that should be checked every two months (once a month during peak use) and replaced when necessary. Permanent filters should be cleaned in accordance with the manufacturer's instructions. A system should always operate with a filter. Otherwise, it will need more frequent cleanings.

2. Schedule yearly inspections. Air conditioners should have annual equipment inspections by a trained technician who will check refrigerant fluid and mechanical operations.

3. Keep windows and doors closed when air conditioner is on. Air leaks are costly. Some people like to "help" their air conditioner by opening doors and windows on warm days. But doing so just lets out all of the cool, dehumidified air and replaces it with hot, humid air. The more your home seals out heat, humidity and dust, the more efficiently your system will do its job.

4. Caulk and install weather stripping around windows and doors. Weather stripping, which plugs holes and gaps around doors and windows, blocks out drafts in colder weather and helps lock in cool air on warm days and nights. Closing these air leaks will help maintain your comfort and reduce energy use.

5. Use shades, blinds, curtains and other devices to keep out sunlight. Sunlight that streams in windows during the winter can provide a great deal of heat inside a home. But that same sunlight during summer or in warmer parts of the country can make an air-conditioning system work harder than it should. Insulated or thermal windows can help. Draperies and shades pulled over windows when the sun is hitting them directly will reduce the cooling load significantly. Some people install awnings over windows and doors to provide shade. Trees and shrubs strategically planted can also provide welcome shade and protection from direct sunlight.

6. Don't block vents or ducts inside the house. Pay attention to the ductwork system that distributes cool air throughout your home. For proper air flow, have a qualified person check your ductwork periodically to ensure that appropriate sections are insulated and that the joints and seams are not leaking.

7. Avoid using household appliances during the hottest part of the day. Operating washers, dryers, ovens and ranges can generate heat and humidity inside your home. Using them during the warmest times of the day, when your cooling system is working its hardest, just adds to the burden. An exhaust fan near an oven or range can help remove some of the excess heat as well as the uncomfortable humidity from cooking. Similarly, make sure your clothes dryer is vented outside.

8. Leave your thermostat at one setting. Raise the thermostat setting as much as you can without sacrificing comfort. For every degree you raise the setting, you can expect to cut your energy consumption by up to 3 to 5 percent. Consider using a programmable thermostat to automatically increase or decrease temperatures during the day or night to suit your family's lifestyle and reduce energy costs.

9. Keep outdoor units free of debris. Fallen leaves, grass clippings, foliage and other dirt and debris need to be kept away from your outdoor unit. Also keep the conditioner's coils clean, following manufacturer's instructions.

10. Replace your old unit. When all else fails and your unit is still not running up to par, it may be time to replace it.

The shelf life of an air conditioner can vary greatly. Factors such as climate, maintenance care, and quality and capacity of the original equipment can increase or decrease the service a system will give by months or even years.

On average, a residential central air conditioner will last from 10 to 15 years. When a unit begins to show its age, it usually starts with a wearing out of its major components, such as the motors or compressor.

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"Your Beautiful Home"

Hardwood flooring – A healthy choice if you have dust allergies

(NC) - One of the most common allergies these days is dust. A study in England showed that 10 per cent of the general population, and 90 per cent of people with allergic asthma, are allergic to dust mites. And in the U.S., studies indicated that at least 45 per cent of young Americans with asthma are allergic to house dust. Suffering from a dust allergy can be very frustrating, especially when dust occurs naturally in our homes on virtually every surface we touch.

If you have carpet in your home, dust can be even more of a problem for your allergies, because dust and the tiny, microscopic dust mites are trapped by carpet fibres, remain unseen and aren't always removed during vacuuming.

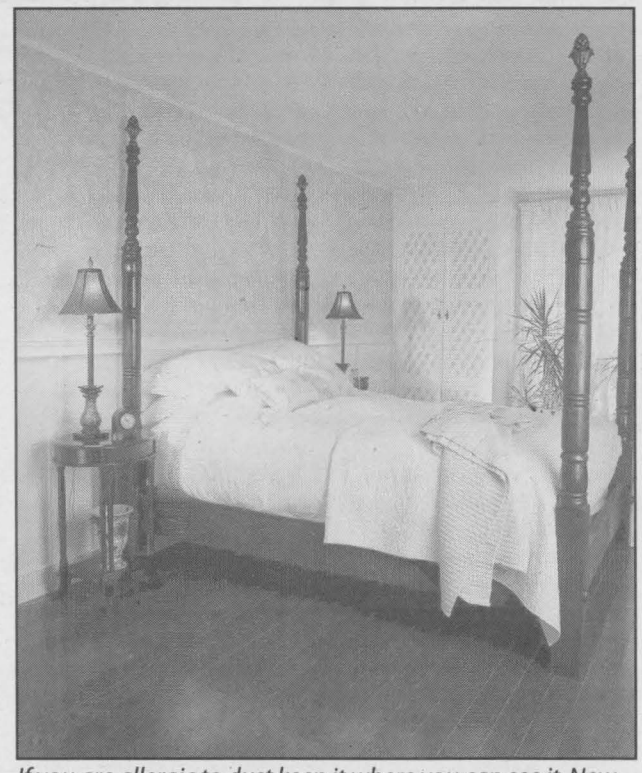
What's a good alternative? Hardwood —It's a hard-surface floor and doesn't trap dust fibres and mites that can set off your allergies. It's also a timeless classic that adds value to your home.

When you have a dust allergy, you need to vacuum or dust every week or as dust becomes visible. Hardwood floors are easy to care for with simple vacuuming or dustmopping.

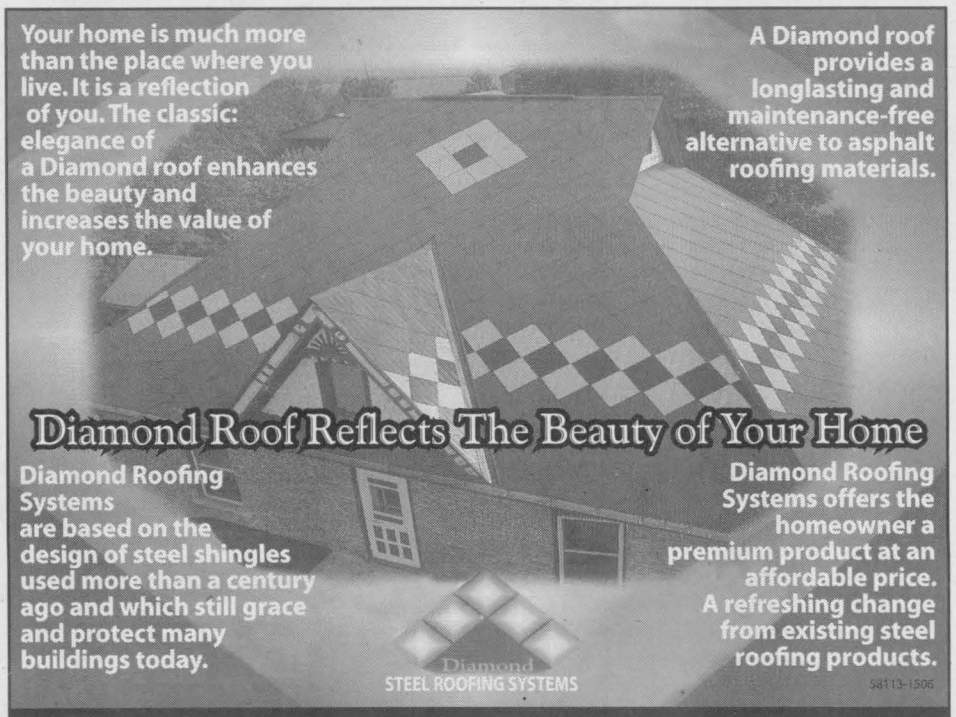
You have two choices in hardwood flooring. You can install "conventional" hardwood but these floors tend to gap during dry winters. Then there's the "new generation" of hardwood floors, guaranteed to be dust and gap resistant. These floors also can be easily unclicked and lifted to check underneath the floor for mould and mildew, and then clicked back into position.

One respected source of these "new generation", gap-resistant floors is Torlys, a Canadian flooring company (www.torlys.com). Unlike conventional hardwood floors their floors are guaranteed not to gap despite variations in temperature and humidity.

With hardwood floors dust is more visible and you can better control dust in your home.



If you are allergic to dust keep it where you can see it. New generation hardwood flooring, like Torlys, is guaranteed not to gap between the planks where dust and dirt can hide, and can be lifted to check for mould and mildew. Room by Debbie Travis.



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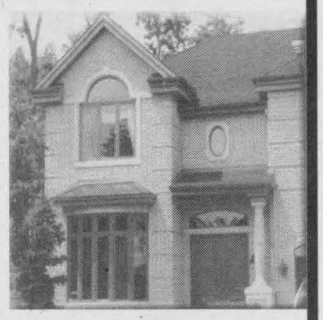

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I Hate Mild Weather!!!



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Winter ends. Spring begins. And everyone chatters on about how *nice* it is, what a *beautiful* day it is, and on and on. Yadda yada. Well I *hate* it! I *hate* it! I *hate* it! I *hate* it!

I hate it because I run a heating and air conditioning company. I ~~like~~ *LOVE* extreme weather. Perfect weather to me triple digit temperature or freezing temperature. Anything close is tolerable. Between 40°F and 75°F is miserable.

Mild weather is miserable because my customers stop thinking about heating and air conditioning. It's *all* I think about. Well, I guess also think about my technicians. I think about the overhead I've got to cover. I think about trucks sitting idle. I think about inventory. I think about money going out and less money coming in.

No one wants to buy a new air conditioner

I've had to face the depressing fact that no one wakes up one morning and thinks, "Hey, this would be a great day to buy a new air conditioner." Nope. People wait to buy air conditioners. Usually, they wait until it is good weather ("good" in air conditioning terms), when compressors are slugging all over, every technician is working 12 to 16 hours a day, and inventory is moving so fast it's tough to keep it in stock. That's the wrong way to buy. Wait until it's hot and you might have to wait to get cool.

My misery is your opportunity

Stay in a resort hotel off season and you can save a lot of money. Resort hotels sweeten the deal to put people in rooms. Well, this is our off season. I'm going to sweeten the deal for you...

Buy a new high efficiency air conditioner from ATEL Air and we'll throw in a FREE furnace!

This is a pretty amazing offer. You can save as much as a couple of grand. I can make this offer for a couple of reasons. First, there's not much incremental installation labor to replace the furnace when we're replacing the evaporator (the inside part of the air conditioner).

Second, I'm desperate. I want to keep my technicians working through this miserable, mild weather so they'll stick around for the lovely summer weather when I need every skilled technician I can get. I also want to keep my volume high so I can get better deals from my suppliers.

Hurry

This offer ends when the weather heats up. In fact, it ends on April 30th, 2006 (I can't wait!). Last summer was the hottest and driest summer in years. What are the odds we'll have two hot summers in a row? Pretty good with "Global Warning". So not only will you save when you buy a new system, but you'll save all summer long. Our high efficiency systems can cut your cooling costs by as much as 50% (maybe more, how old and decrepit your old air conditioner is). In a few years, you'll save more on utilities than you spend to buy the air conditioner.

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"Your Beautiful Home"

Cool, crisp and clean: White bathrooms are white hot

Popular since the early 20th century, the white-on-white bathroom is making a come back in the world of design. What was once thought of as stark and institutional is now white hot.

All whites are not created equal

Although whites may look similar to the naked eye, it's the subtle variations in each shade that change the look and feel of your room. "The difference of whites is evident immediately when you look at them together, like all colours, they are either yellow or blue based," says Diana Schrage, from the Kohler Design Center in Kohler, WI. Designers are weary of using "stark white" or "paper white" as the main colour because even though it goes with everything, the contrast can sometimes be too strong.

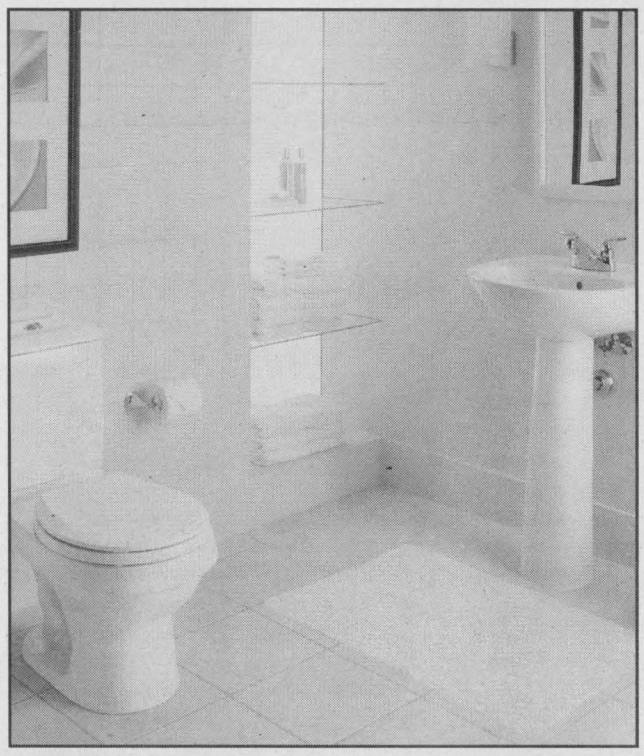
White-on-white

From a design aspect, the most appealing thing about a white-on-white bathroom is the unique juxtaposition and depth created by using similar shades to highlight and accent the simplicity of white plumbing fixtures.

Choose products that will last the test of time such as Sterling sinks and bathtubs made of Vikrell, a durable material comprised of polyresin and fibreglass. They're easy-to-install and designed with simple elegance. Sterling, a brand of Kohler Co., provides sinks in a multitude of styles ranging from pedestal to under the counter, featuring unique textures and finishes to give your bathroom added dimension.

From matte finishes to the lustrous sheen of satin and gloss finishes, there are many ways to create a tranquil bathroom using white as your inspiration. "The bathroom is where we retreat to take relaxing baths and soothe aching muscles; it should have an all encompassing soothing feel to it. The bathroom is one of the most important rooms in the house and with a little white paint, and quality plumbing products you can create the bathroom of your dreams," adds Schrage.

For more information on Sterling products call 1-800-STERLING.



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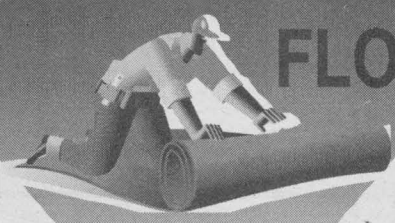

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"Your Beautiful Home"

Renovating Your Home

Submitted by:
Allen MacEachern,
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Gale Real Estate

Homeowners have higher expectations than in the past, particularly about comfort and interior design. Renovations are an opportunity to address some of these expectations.

Some of the reasons people decide to renovate are to:

- **Upgrade or improve outdated or deteriorated systems** — replacing an outdated furnace, old siding patio doors or windows are common upgrades.
- **Maintain and repair various elements of your house** — reshingling a roof or fixing foundation cracks are typical renovations.
- **Address lifestyle needs** — converting unused attic space to living quarters, add a sunroom or build a home office.

What ever the reason, renovations for the most part either maintain or increase the value of your home. However, how the renovation is carried out and how the work is completed may impact the value of your home down the road.

It is common practice today in the real estate market for Buyers to have the home they are intending to purchase inspected by a qualified Building Inspector. It is during these inspections that renovation projects not properly completed can become problems.

Plumbing, heating, electrical and construction renovations not carried out in accordance with the applicable building code are frequently identified as issues that must be addressed by the Vendor prior to the sale of the home being completed. Sometimes these may result in minor costs but at other times it can be a major expense to the Vendor as the work may have to be redone.

To avoid any such surprise, it is recommended that a professional tradesperson be consulted to carry out the work. If it is a do it yourself project , seek their advise to ensure the work being done complies with current building code. A building permit will also ensure the work is inspected and that current standards are being met.

Building codes and standards are established to ensure the safety and security of the building occupants. Make sure your renovation project is completed accordingly to protect both your family and your assets.

(Some information in this article is taken from Canada Mortgage and Housing Corporation – About Your House – General

Enviro-friendly water gardening

By Bruno Petosa

Fortunately, there are plethora of water conditioners to help achieve the ideal aquatic oasis.

Traditionally, most pond keepers have turned to chemical treatments to create water gardening nirvana. They're usually fast and sure-fire solutions.

But there is a downside to using them. They are often only a short-term fix to an underlying problem. And like algaecides, for instance, they can harm pond fish, plants, and the soil that they are planted in.

Gardeners have become more sensitive to the caustic effects of chemicals, and this is reflected in the increasing demand for earth-friendly gardening products.

This trend also extends to water gardening, where more and more people are eschewing harsh chemicals and switching to kinder, gentler products.

Many natural, enviro-friendly water treatments, such as biological water conditioners, pelletized barley straw and peat granules, have emerged and become very popular in recent years.

"They're excellent alternatives for keeping water balanced, clear and healthy," says Scott Rhodes, category manager of Laguna water gardening products.

Laguna biological water conditioners, for instance, contain natural ingredients such as organic compounds and beneficial bacteria with little or no side effects. They also offer pelletized barley straw and peat granules, both are completely natural, slow-release products that benefit the entire pond eco-system.

The objective of using natural products is to prevent problems before they happen.

"The old adage 'an ounce of prevention is worth a pound of cure' is certainly true in water gardening," says Rhodes.

The idea is that if you build a water garden that has all the right natural ingredients, unpleasant fallout will likely not develop.

Like nature itself, natural products work slowly, but they do the best job in the long run.

For those currently using chemical water treatments, but are considering going au naturel, the transition can be done easily.

The key in all cases is to follow the basic tenets of water gardening. They include having a balanced amount of plants—such as marginal, oxygenating and floating plants—to keep a check on algae growth. And if you have fish, limit their population and feed them highly digestible pond fish food to curtail waste.

Also, the use of a UV sterilizer—a device that zaps single-celled algae organisms with UV-C light—is an enviro-safe, non-invasive way to help keep water gardens clear.

For expert advice and tips on building a pond and Laguna pond products visit www.lagunaponds.com.

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"Your Beautiful Home"

Outdoor Trends 'Blossom' in the Spring

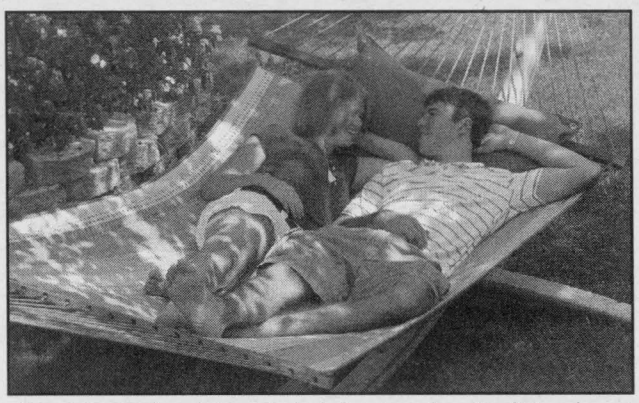
(MS) - Spring. The very word conjures up colorful images, comforting impressions, and fresh feelings of all things new. It is also a great time to finally realize the relaxation you have been promising yourself since you were buried under the holiday rush. This springtime, the blossoming trends for outdoor leisure products and their enjoyment fall into three key areas, comfort, an awakening of color, and outdoor durability of materials. These trends are key to truly enjoying this season.

· Trends in Outdoor Comfort - A hot trend in outdoor comfort found all across the media is one that is neither new nor splashy. It is the traditional hammock. "No other piece of outdoor furnishing can provide the comfort that a hammock does with its 'floating on air' design," states Laurie Rudd, creative director of The HammockSource, manufacturers of Hatteras Hammocks and The Original Pawleys Island Rope Hammock. "The comfort of a hammock is found in the construction of either hand woven rope that hugs the body or in fabric beds of quilted layers."

Major advancements in comfort of ropes and fabrics have taken place with a trend toward a soft hand while continuing to be durable in the outdoors. A recent introduction, marketed as DuraCord® fabric, is one such advancement. This is a man-made fiber that has undergone improvements in the aesthetics and hand, augmented with ultraviolet inhibitors, and is virtually indistinguishable from cotton in comfort.

· Trends in Color - When hammocks are discussed, color is not often the first thought, but this is not your grandmother's hammock anymore. "Colors are exploding in ropes as well as fabrics that are on the market and used in various hammock styles," states Ginger Woodard, PhD, Associate Professor in the College of Human Ecology at East Carolina University. "With the advancements in solution dyed yarns, those that do not fade in the outdoors, colorations are unlimited in rope and fabric designs."

This season, trends in hammock colors include cool, but vibrant blues coupled with bright greens. Outdoor also continues to welcome the olive greens matched with warm deep burgundy or rich oranges. Whatever the color however, keeping it from fading in the sun and elements and retaining its intended coloration is key.



Trends in outdoor leisure include hammocks, a traditional relaxation tool.

· ***Trends in Durability*** - Springtime is meant to be enjoyed outside. However, life outside for furnishings such as hammocks can be harsh. Durability is the goal of all outdoor leisure products. In a hammock, these include everything from the hanging chain to the materials to make up the bed of the hammock. "Zinc plating over heavy duty steel is preferred for long life in the outdoors, states Bill Russo, president of Nags Head Hammocks, of NC and SC. "This will keep the hanging of the hammock safe as well as long lasting." Wood components are trending toward construction of naturally durable outdoor woods such as cypress or Brazilian teak, known as Cumaru. "The trends in ropes or fabrics for out door durability include designer materials like the DuraCord®, that can stand the elements while also being easy to clean with a bleach and water solution," states J. R. Pellitier, of internet retailer, The Hammock Company.com. The trend toward low maintenance is a priority in outdoorproducts.

· ***Trends in Relaxation*** - This is the time to lie back and relax and watch the season unfold. Comfort, color, and durability are trends for springtime enjoyment that never go out of style.

For more information visit www.hatterashammocks.com; www.nagshead.com; or thehammockcompany.com.

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58128-15-06

"Your Beautiful Home"

Transform your attic space and add value to your home

By Dina Biniaris

(NC)—Is your attic space un-used and cluttered with storage items? While this idle space may appear to be useless and insignificant, in reality it can be transformed into beautiful and practical liveable space! Traditionally, homeowners will concentrate and spend thousands of dollars on renovating their un-finished basement. However, if homeowners redirect their renovation dollars on finishing attic space, the benefits can greatly outweigh a basement make-over.

As house lots become increasingly smaller, home builders are utilizing reduced lot space by building new homes up (taller) versus wide. As a result, the un-finished attic space in a home offers an opportunity to create an entertainment room, office space, a peaceful re-treat, or even an extra bedroom. Start this renovation dream by installing skylights and/or roof windows. The Velux VSE (venting skylight electric) creates rich daylight, and at the touch of a button fresh air enters the room, while allowing warm stale air to escape. Another fantastic product to include in an attic renovation is the Velux GGL or GPL roof window. Intended for in-reach applications, roof windows offer convenient opening and closing mechanisms, ease of glass cleaning, and the same great benefits as skylights.

The benefits of converting attic space into a functional room go beyond having a great new comfortable space to work or live in. Skylights and roof windows let in 30 percent more light than vertical windows and 100 percent more light than dormer windows, while providing great views of the outdoors. Natural light offers increased levels of illumination and light quality. It has also been proven to have a positive impact on behaviour and mood while decreasing the symptoms associated with Seasonal Affective Disorder (Heschong Mahone Group, 1999). In addition, finished attic space will appraise at 100 percent of its value and increase a home's resale value, whereas a renovated basement will not.

Velux is the world's leading manufacturer of skylights and Sun Tunnel Skylights. More information is available at www.Velux.com, or at (800) 888-3589.

- News Canada

Spring painting tips

(NC) - When spring cleaning this season, don't ignore your walls. A change of wall colour can freshen up your rooms, and help bring the beauty of the outdoors into your home. PARA Paints offers these tips on choosing paint colours:

Set the mood: A good place to start for inspiration is outdoors. Go for a walk and determine what settings make you feel most relaxed or energized – your garden, the park, a sunny brook? Look to flowers, trees, grass and the sky to decide which shades you like best. Once you've narrowed down the feeling you'd like to achieve in your home, picking colours will be easier.

Combine colours: Choose a main colour, and then highlight colours, for your room. A good rule of thumb is to use the dominant tone in two-thirds of the room and the other colours in lessening quantities. If you select a soft green as the dominant colour, for example, paint your trim, doors and ceilings in varying shades of that green.

Plan a scheme: If you're painting more than one room, it's wise to plan your entire colour scheme before starting the job. Consider the "temperature" you want to create indoors.

Yellows, oranges and reds are warm colours, whereas greens, blues and purples are cool colours – something to bear in mind if you're looking to warm up a room on the shady side of the house, or cool off an area with southern exposure.



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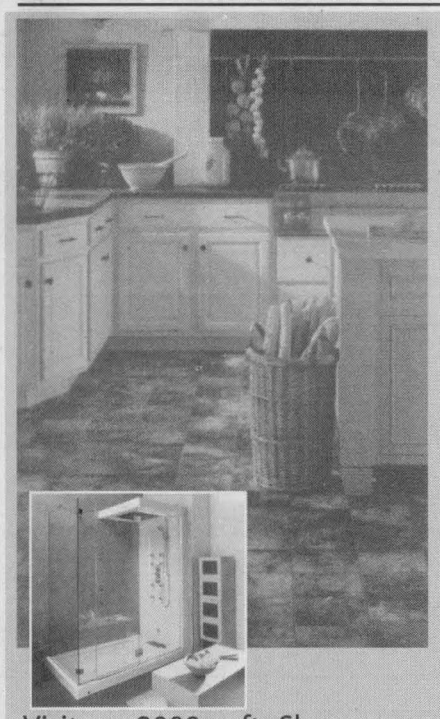

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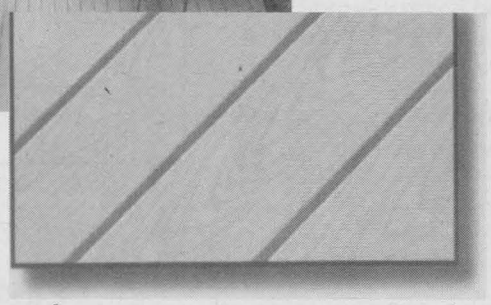

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IPS Holds Junior Public Speaking Contest on April 7

BY ANDREA CARTIER
CHIEFTAIN STAFF REPORTER

Iroquois Public School held their junior public speaking contest on Friday, April 7, and all the participants did a terrific job. The three judges, Rose Deighton, Kristen Phifer, and Dave Millard faced a difficult task, but in the end they awarded first place to grade 6 student Jennifer Howard. Jennifer spoke on the topic of being asked what she wants to be when she grows up. Her speech was funny and delivered with expression and perfect timing. Jennifer will go on to represent her school at the Dundas Public Speaking competition to be held on Thursday, April 20 at Winchester Public School.

Breanne Froats was awarded second place for her very interesting speech on the topic of Helen Keller. Breanne spoke clearly and with expression, adding plenty of gesture to her delivery and sharing one of the most amazing stories of human determination and perseverance ever told.

Coming in third was grade 5 student Brandon Mullin who spoke of the importance of sweater numbers in hockey. He highlighted his speech with such greats as Gordy Howe and Wayne Gretzky.

All the speakers received a participation medal for their great effort, and they also received valuable experience talking in front of a crowd. Charlotte Wood, a grade 6 student, spoke lovingly about her dog, Avery. Grade 4 student, Josh Martineau, also spoke about his dog, a small Chihuahua. Josh shared some facts about the breed and its origin in Mexico. Pets were a popular topic, and grade 4 Chelsee Brunett told the audience about Himalayan cats in a well delivered speech. Jessica Baldwin, the third grade 4 participant, spoke about waterfalls in Ontario. Olivia Currier, a grade 5 student, talked on the topic of wearing glasses and urged the audience to look after their eyes. Grade 6 student, Beverly Fowler, had the students groaning in disgust as she described the method employed by the ancient Egyptians of removing brains prior to mummification.

The speeches, which were all between 3 and 5 minutes, were judged on content, delivery, and overall impression. All the speeches scored well in all three of these categories, making the judges' job a very difficult one. As judge Rose Deighton said when she announced the winners, «All the speakers did a terrific job, and should be very proud of themselves.» In the end, all the speakers were winners, having gained valuable experience and self-confidence. They are eager for next year's public speaking event.



Pictured here are the students that represented their classes in the Junior Speech Contest held at Iroquois Public School last Friday. In the front from left to right are first place winner, Jennifer Howard, second place Breanne Froats, and third place Brandon Mullin. In the back from left to right are Olivia Currier, Josh Martineau, Beverly Fowler, Chelsee Brunett, Charlotte Wood, and Jessica Baldwin. CHIEFTAIN PHOTO - A. CARTIER



St. Lawrence College wins award for apprenticeships

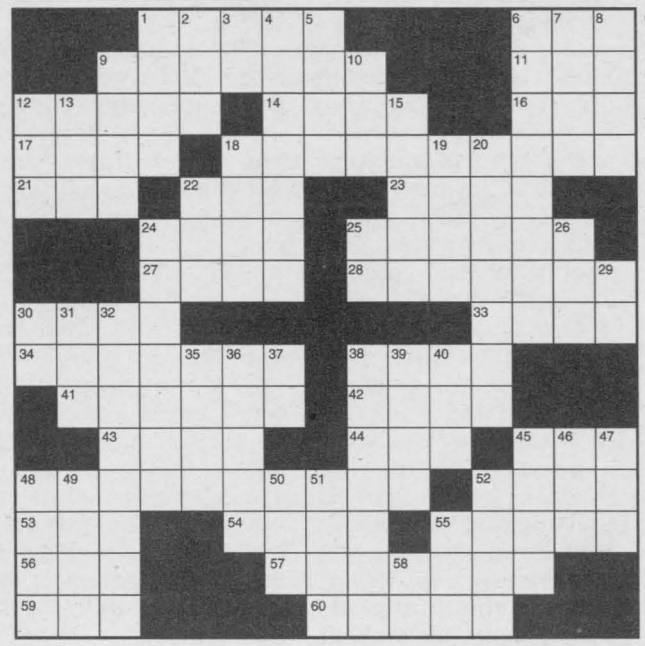
St. Lawrence College has been recognized by the Ministry of Training, Colleges and Universities for promoting and supporting the apprenticeship system in Ontario. The "Friends of Apprenticeship" award was given to Volker Thomsen, President and CEO of St. Lawrence College and to Russ Phin, Manager of Skilled Trades at a recent recognition event in Napanee, hosted by Eastern District staff of the Ministry of Training, Colleges and Universities. "We will continue to promote the importance of the apprenticeship system in Ontario to address the growing shortage of skilled workers," states Volker Thomsen. "Skilled trades people are crucial to future economic growth in this province and throughout Canada." St. Lawrence College has about 1500 apprenticeship students. The School of Skilled Trades offers 11 full-time certificate and diploma programs and ten apprenticeship programs.

Opportunities range from General Carpenter and Electrician programs to Esthetician and Hairstylist Apprenticeships. Three new opportunities were recently introduced: Mechanical Technician/ Millwright Co-op Diploma Apprenticeship Program and Culinary Management Co-op Diploma Apprenticeship both in Kingston, and the Motor Power Technician Co-op Diploma Apprenticeship Program in Cornwall. "I am honoured to receive this award on behalf of the St. Lawrence College apprenticeship programs and the School of Skilled Trades, says Russ Phin. "Ontario faces a shortage of skilled trades people and there are excellent opportunities for our grads and apprentices."

Phin is an Automotive Services Technician with more than 40 years experience promoting the trades. In the next two decades, 40% of new jobs in Canada will be in the skilled trades and technologies. In 1998, that number was less than 20%.

St. Lawrence College has about 5,000 full-time students, 1500 apprenticeship students and 20,000 part-time registrants in more than 80 academic programs. The college employs more than 1,000 full-time and part-time staff at our three campuses in Brockville, Cornwall and Kingston.

Chieftain Crossword Puzzle



CLUES ACROSS
1. Gaze
6. School organization
9. Luminous intensity unit
11. Cleaning implement
12. Tinge or color
14. Humorous uses of a word
16. ___rina: wind instrument
17. Arabian marketplace
18. Nursery tale heroine
21. Hovel
22. Singular of have
23. Prong
24. Painfully tender
25. To keel over
27. Surely (archaic)
28. Left a mark on
30. Current units
33. This (Spanish)
34. Luggage deliverers
38. Trips around a track
41. More impoverished
42. Vestments
43. Superficial, nonchalant
44. Government revenue
45. Magnetomotive force, abbr.
48. Characters with 18 across
52. ____tha: Bewitched child
53. Affirmative
54. _____ngton: famous Duke
55 Quality of color
56. Stuff
57. Threatens
59: Omaha Public Schools (abbr)
60. Weird and scary

CLUES DOWN
1. Fire
2. Explosive
3. Promotion of a product
4. Finds a state of rest
5. 12th Jewish month
6. Goes ahead
7. Stable gear
8. Turkish leader title (plural)
9. English King 1016-1035 AD
10. As well as
12. Thyrotrophin
13. An informal debt instrument
15. Indian instrument
18. ____baldi: Italian patriot
19. Former Italian currency
20. Singleness, wholeness
22. To what extent
24. Heartbeat
25. A radio band
26. Remaining after all deductions
29. Delaware (abbr.)
30. Associated Press (abbr.)
31. Item for cleaning floors
32. Software systems
35. Shallowest Great Lake
36. Jewish spiritual leader
37. Not junior
38. Comfort station
39. Expression of sorrow or pity
40. Telephone switch
45. Netherlands river
46. Million barrels per day, (abbr.)
47. Expresses distaste, disgust
48. Beginner
49. Pile
50. Threatened tree
51. Away from wind
52. You
55. __ -fi (slang)
58. A noble gas

Solution on Page 31

58188-1506

To sponsor this feature call Keitha at 652-4395

Canoe race fast approaching

Sunday, the 23rd of April 2006 is the official date of the 34th Annual Raisin River Canoe Race. This is the longest canoe race in all of Eastern Ontario as it winds and rushes its way from St. Andrews West to Williamstown.

Everyone is invited to participate, starting with a pre-race breakfast hosted by the Knights of Columbus Council 10416 at the St. Andrews Parish Hall from 7:30 a.m. to 12:00 noon. The cost is only $5.00 per person or $15.00 per family with children aged six and under served absolutely free.

Registration will take place from 8:30 a.m. to 10:30 a.m. at the St. Andrews Catholic School. The cost to participate in this event is $30.00 per canoe. Save time and visit www.rrca.on.ca/upcoming-events to print and complete your registration form in advance to attach to your payment that morning. The starting gun will fire at 10:30 a.m. sharp! All participants completing the race after 3:30 p.m. must go directly to St. Mary's Hall to receive their finishers' medals.

Canoe rentals are available by contacting Trailhead directly at 613-722-4229 or scottst@trailhead.ca.

Classes include Pro, 17ft open, Women's Rec, Men's Rec, Mixed Rec, Adult/Youth Rec and Student classes (Women's, Men's and Mixed)and of course the Masters. Back by popular demand is the exciting Kayak category. The Alexander Mackenzie Voyageur trophy will again be awarded to the high school or intermediate school with the most participants.

The Finishers' Banquet will be held in Williamstown at St. Mary's Parish Hall from 3:00 p.m. to 6:00 p.m. where the medals will be awarded at the end of the day. If you don't intend to paddle in the race itself, you're encouraged to walk, run, ride or drive to a point along the route just to watch the action!

For more information, please contact Josianne Sabourin at the RRCA at 613-938-3611 or at info@rrca.on.ca.

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He said to them, 'go into the whole world and proclaim the gospel to every creature.'- Mark 16:15

Pancake breakfast at the Matilda Community Hall







The Matilda CommunityHall was busy with a pancake breakfast on the Sunday. The breakfast was a fundraiser for the United Churches in Brinston and Hulbert. In the photo on the top left, MP Guy Lauzon, centre, chats with Henery Zandbergen and Bill Horner. On the top right a hardy group of men, man the kitchen. Bottom left, Kelsey Smith paints Kaitlyn Geurkink's face. On the right, Keane Van Dodeward is face painted by Marja Smellink.

CHIEFTIAN PHOTOS - J. MORIN



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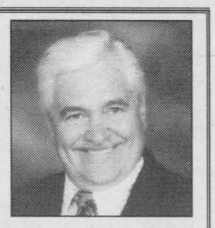

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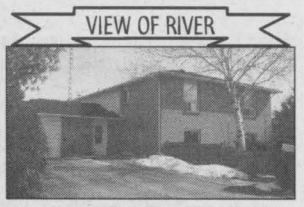

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3 – Lifeguards (Morrisburg)
1 – BIA Aid
1– SDEDC Assistant

Must be able to work with minimal supervision.
Excellent people skills and public relations required.

For further information on the job descriptions, please see our website at www.southdundas.com.
Interested applicants should submit their resumes by 4:30 p.m. Friday, April 28, 2006 to:

Township of South Dundas
4296 County Road 31/Bank Street
P. O. Box 160
Williamsburg ON
K0C 2H0
or to Job Zone – D'Emploi.

Please indicate which position you are applying for. We thank all applicants for their interest, however, only those to be considered will be contacted.

65770-15-06

FOR SALE

"BOOKS". Over 16,000 quality used books for all tastes. Low prices. The Book End, 314 Clothier Street West. Open Tuesday-Saturday 10 to 5. 258-4629.

12 FT. STARCRAFT ALUMINUM BOAT, Johnson 9.9, asking $1200. 657-1570

1986 FORD MOTORHOME, 21 feet, everything works perfectly. Put your food in and go, $10,000. 258-5096

1997 KAWASAKI CUSTOM CLASSIC VULCAN, 1500cc, great for commuting or cruising, $4000. Call Almonte (613) 256-2086 or 795-8690 cell

BOOKMARKET - Quality Used Books. Tremendous selection plus book search service. We buy and sell. 144 Prescott St., Kemptville across from the Scotiabank. Monday to Friday 10-6, Saturday 10-5. 258-5509

EASTERN WHITE CEDAR LUMBER, quality material for your fence or deck, planed and ready for your project. We do deliver. Warren Cedar Products, 613-628-5232

FULL COLOUR COPIES!!! Now Available... Bring in your favourite colour photos and we will photocopy them to 8 X 10 size for only... $4.95 each!!! Advance Stationery, 206 Prescott St. Kemptville., 258-4615.

ORDERING Meat Chicks, Turkeys, Layers, Ducklings and Pheasants. Rooney Feeds, 258-1567. Dates from April to August

PLAYSTATION WITH SOME GAMES, $60 or best offer. AM/FM cassette player from 2000 Dodge Caravan, $100 or best offer. 258-7768

RBS USED APPLIANCES: fridge, stove, washer, dryer, dishwasher. Good prices. Warranty. Sales & Service 258-2613.

BUILDING MATERIALS

AT LOW PRICE! 1st quality materials, unbeatable prices! Floating floors, 25 years warranty: 8.2mm oak $0.89sq.ft. and 10mm (integrated underlay) starting from $1.49sq.ft. Hardwood floors, 25 years warranty: maple/birch or antique oak starting from $2.99sq.ft. CLICK floating starting from $4.29sq.ft. Prices are valid from April 8-14, 2006. See our flyer: www.bargainbuildingmaterials.ca or 819-986-5720 and 613-836-6420.

AUTOMOBILES

2000 CAVALIER, automatic, 2 door, silver, 121,000kms, runs great, $5000. 613-258-2604

CREDIT PROBLEM! In house finance is easy, just apply on line and become pre approved. For clean, low mileage vehicles www.car-o-line.com or call Car-o-line Auto's at 1-877-820-5598 or 613-448-2488

FOR RENT

1 bedroom Apt newly renovated, private entrance with balcony, in clean quiet building on Prescott St, Kemptville, $600. Hydro extra, no pets, 296-3455.

2 BEDROOM DUPLEX in Mountain, available May 1, $900/month, heat and hydro included, no pets. 989-2654

2 BEDROOM APT., Kemptville, available immediately, references required. 258-4677.

2 BEDROOM APT. $740/month, heat, hydro included, also 3 bedroom mobile home, $750/month plus utilities, no pets, Sandy Mountain. 989-2058.

215 SANDERS, KEMPTVILLE - newly renovated, bright, large 1 & 2 bedroom apts from $625. Call 613-223-6174 or 613-728-2000.

3 BEDROOM APARTMENT. Fridge, stove, washer. dryer, heat, hydro, sewer and water included. Large yard, backyard deck, ample parking, walking distance to all amenities in Kemptville. Available immediately $ 900. 258-1406

3 BEDROOM SEMI DETACHED HOME, fridge and stove included, in Iroquois, $750 plus utilities. 652-2319

3+1 BEDROOM BUNGALOW, in Kemptville, well maintained, fenced yard, dishwasher/washer/dryer, no pets/smokers, available July 1st, $1200 plus utilities. 258-9688

BORDER WANTED - HOBBY FARM, 5 minutes from Kemptville, all privileges, non smoker with pleasant personality, $375/month. Phone 989-1449

BURNSTOWN; BEAUTIFUL RETAIL GALLERY with accommodations "in the heart of Burnstown", available April. 432-0379

BURRITTS RAPIDS - 3 bedroom home. Non smoker/no pets. $1,000/month plus utilities. 269-2509

FOR RENT

CARDINAL, 2 bedroom Apt., $650/month, heat, hydro, central air inclusive, available immediately. Call 657-1988

CORNER of Saunders & Maley, Kemptville, top of duplex, new stove, fridge & dishwasher, newly renovated, parking, available May 1st. $600/month plus hydro. Phone 739-3331 or email jkarn@johnkarn.ca

HALF DUPLEX, CENTRETOWN, 3 bedroom, storage and parking, no smoking, $675 plus utilities, available May 1. 258-2688

KEMPTVILLE, DOWNTOWN, bright 1 bedroom, walkup, $600 plus hydro, available May 1. Call 258-4760 evenings or daytime leave a message.

MERRICKVILLE AREA, looking for mature female to share house in the country, employed person preferred, non smoker, pets welcomed, $400/month. Phone 269-3986

NEWLY RENOVATED 2 BEDROOM APT. in 4-plex, ground floor, centrally located, on Kemptville Creek, $723 plus heat and hydro, fridge and stove included, first and last required, available June 1st. Call Tim or Margaret at 258-2663.

OFFICE FOR RENT IN WINCHESTER (MTO Building), 900 square feet. Call 613-652-2069, 1-800-361-3305.

OFFICE/COMMERCIAL SPACE to lease in Arnprior, 2 story structure, 2000sq.ft.+. high visibility area, near Highway 17, many uses. 622-1761

ONE BEDROOM fully renovated apartment in Kemptville. Fridge & stove, no pets. $ 650/month plus hydro. Available immediately. First and last required. Call Donna 258-1262

SEASONAL COMMERCIAL SPACE available in the Carriage House at the Stonebridge Inn, Pakenham, May until October. Call 624-5431 www.stonebridgeinn.ca

SEMI COMMERCIAL - LUXURIOUS 3 Bedroom house with attached office, included with more than 6 parking spots, County Rd, 43, Kemptville, available immediately. 258-5939

SEMI-DETACHED (apartment style), very clean, 1 bedroom with finished basement in Oxford Mills subdivision, fridge and stove included, perfect for single or couple, $535/month plus heat and hydro, non smoking/no pets. 258-1343.

FOR RENT

SPENCERVILLE. Large multi-bedroom house, 5 appliances, A/C, garage, offered for rent as a residential dwelling, a professional business or a combination of both. This historical stone house, currently undergoing minor renovation, will be available April/May. Phone 613-925-2113

STORAGE

10 LARGE DRY STORAGE UNITS, located centrally in Kemptville. Units available immediately. Large units for low prices! Please call 258-0695.

416 MINI STORAGE, secured fenced property, 24 hour key pad access. Various compartment sizes. 258-1146.

CONCESSION ROAD STORAGE. Large and small units, residential or commercial, heated or unheated. Also storage for trailers, boats and cars. 258-1289.

KEMPTVILLE MINI-STORAGES: individual units, various sizes, residential or commercial. 258-6464

WANTED

WANTED
Healthy Holstein Bull Calves from 95-110lbs. Delft Blue Receiving Barn, 15370 Ashburn Rd, Berwick, Ontario. Open every Wednesday between 10am-3pm. For information call Krista at (613)987-1067.

WANTED TO BUY - Estates, partial estates, odds & ends around the house, cottage or barn. We purchase antiques, furniture, glassware, china, silverware, collectibles. Most any old thing!! Get the most for your belongings. Call Bradley 297-3199.

SERVICES & REPAIRS

BESNER SHARPENING. We sharpen almost anything with quick turnaround. Call 258-7842.

CRACKMASTER CONCRETE - Leaking basement repair from inside. Cracks, seals by injection. Serving Eastern Ontario. All work guaranteed. 1-877-334-5737, 613-234-5737 or cell 613-551-6283.

CREATE DVD'S from your old video tapes. VHS and Beta, even 35mm slides. Reasonable rates. Ian 258-4950 ianroberts@sympatico.ca

PERSONAL AND COMMERCIAL GARBAGE PICKUP & MOVING SERVICES. Spring clean-up, painting, siding, decking, roofing. Free estimates. Call 543-3858 for booking

HEALTH & WELLNESS

LIVE IT! New health & wellness magazine. 250,000 copies. Cost-effective directory ads, word ads. Call today to book for the June issue. 416-493-1300 ext. 276 sduguay@metroland.com

BUSINESS OPPORTUNITIES

BOYCE'S FAST FOOD RESTAURANT for sale. Enquire at 258-3190, ask for Sandy

PROMOTE YOUR BUSINESS OPPORTUNITY to over 4 million adult readers in South Central Ontario. Book your advertisement in over 80 Metroland Community Newspapers. 416-493-1300 ext. 276 sduguay@metroland.com

FARM

LIVESTOCK DEALER - Richard Patenaude. Kemptville, Ontario. Cell 613-294-1075. Home 613-258-4665

LOST & FOUND

LOST: 2 year old Black Lab, male, answers to Buddy, has red collar and is microchipped. The children miss him very much. If you have seen him please call 258-5162. Oxford Station area. Missing since March 31.

HELP WANTED

DRIVERS WANTED. Local Golf Cart Company, looking for part time and full time AZ drivers to deliver golf carts to local golf courses. Must have clear driving record and experience with B-Trains. Wages compensable with experience. Please deliver resume to 26 Tophmar Dr., Kemptville ON K0G 1J0, P.O. Box 1311, email ottawa@classiccarts.com or fax to 613-258-1004

LICENSED SERVICE TECHNICIAN, qualifications: valid and current driver's license, experience with all makes and models, good attitude, reliability and attention to detail. Fax résumé to 623-8805 or phone 623-4734, Mr. Muffler, Arnprior.

LONG HAUL A-Z DRIVERS Needed. Must be able to enter U.S. and enroll in our U.S. drug testing program. Full benefit package and competitive wages. Call Craig 1-888-405-3333.

PRESS OPERATOR REQUIRED, familiar with AB Dick 360 offset press. Bindery and experience on other presses an asset. Can be part time or full time. Send resume to Advance Printing Ltd., P.O. Box 669 Kemptville ON K0G 1J0, fax 258-7734 or email printing@comnews.ca

WANTED - LABOURER for transport fleet. Duties include washing trucks, maintenance and shipping. Competitive wages and benefits available. Fax résumé to 613-989-3975

CHILDCARE

"BALLS OF FUN HOME DAYCARE" Spots now available, independent structured play, lots of outdoor time and plenty of fun, receipts given. Call now 258-7277

WORK WANTED

CLEAN UPS, loads to dump, hedges, tree/brush removal, fencing, landscaping, general maintenance. Call 258-7955 or 258-3901.

MARK'S ODD JOBS. Painting and custom welding. 223-3500 or 535-2026 after 4pm.

YOUNG MASONRY STUDENT seeking summer employment. Experienced in masonry and construction field. Will work just to build resume. Call Chris 543-3547 anytime. Great deal, you will be getting an excellent summer worker

PERSONALS

CAN OTHER SERVICES MATCH you every week until you find the right one? Don't be taken by vague promises or high pressure. Use the service that has been responsible for thousands of happy couples. (613)257-3531

MUSIC

PIANOS & ORGANS. FAWCETT'S, Winchester. Julianna and Heintzman upright & grand pianos, Kurzweil digital uprights, grands & keyboards. Rebuilt pianos & organs. For appointment phone 613-774-2205, www.c360.ca/winchester/fpo

COMING EVENTS

ANNUAL MEETING OF REID'S MILLS CEMETERY lot holders, Saturday, April 22, 2006, 1:30pm at 6380 Belmeade Rd., Osgoode.

April 25 - HECKSTON UNITED CHURCH Anniversary Supper. Advance tickets only, 5pm seating call Debbie Gaw 258-2612; 6pm seating call Grace Dillabough 258-2654; 7pm seating call Jean Dillabough 989-5536. For take-out meals call Dawn Latourell-Sutton 258-1724. $10 for Adults, $5 for ages 6-12; 5 and under free.

CANADIAN CLUB OF MORRISBURG AND DISTRICT. Fourth dinner meeting, Wed. April 19th at 7:00pm, Morrisburg Legion. Speakers Maggie Wheeler - "Living History" and Rosemary Rutley - "Recording Your Past" Individual dinner tickets - $20. Contact Clara Edwardson 774-2407 or Doug Grenkie 543-2922 for tickets or more info. Need transportation? Call Clara.

HORSE TACK AND EQUIPMENT CONSIGNMENT SALE, Easter Weekend, Sat. April 15. Galetta Livestock, 1/2 hour west of Ottawa, 10 minutes east of Arnprior. Giant sale, consign early. 623-3439. Serious buyers please.

NOTICE

AL-ANON FAMILY GROUPS. Are you troubled by someone's drinking? For information call Al-anon 258-3049 -- Al-ateen 860-3431.

ALCOHOLICS ANONYMOUS. Do you want to stop drinking? There are no dues or fees for A.A. Membership. The only requirement is a desire to stop drinking. Phone 258-3811 or 826-2202

ATTENTION GOLFERS. Time to get rid of winter stiffness. Let me help you get back in the swing. Call Head to Sole Massage Therapy. 543-3684. Also now providing Lymphatic Drainage Therapy Sessions.

IN MEMORIAM

BOAL: In loving memory of our dear parents Clarence (1976) and Alice (1989) Boal.
In a quiet country graveyard
Where the gentle breezes blow,
Lie the ones we love so dearly
Whom left us years ago.
The resting place we visit
Placing flowers there with care.
No one knows the sorrow
As we turn and leave them there.
Missing you always, Bev, Barb and grandson Bruce

CARLETON - COLES: In fond and loving memory of a dear sister-in-law and Aunt Edna Carleton who passed away April 8, 2001 and a dear sister and Aunt Florence Coles who passed away April 11, 2002.
They were very special
And can never be replaced.
Their memories in our daily life
Can never be erased.
Time cannot steal the memories
We carry in our hearts,
Or take away the happy years
Of which they had a part.
Forever loved and never forgotten, Dolly and Family

COLES, RONALD, February 1984
COLES, FLORENCE, April 2002
Flowers fade but love does not,
Memories blossom anew;
Joined together life companions,
Today we remember not one but two.
Always in our hearts, Lillian, Rosina and Jim, Ed and Bev and Families.

SHAY: In loving memory of Gilda who passed away April 11, 2005.
As it dawns 1 year,
Our hearts still ache
And gentle tears still flow
For what it meant to lose you
No one will ever know.
They say memories are golden
Well maybe that is true,
But we never wanted memories
We only wanted you.
Sadly missed, dearly loved and forever in our hearts, Your family, Murray, John and Jenna

DEATHS

CROZIER: Mrs. Margaret Ruth Crozier nee Shields, aged 91, wife of the late Verdun Crozier, formerly of Oxford Mills and Kemptville ON, passed away in Raymond AB on January 19, 2006. Her family will receive visitors on Good Friday evening April 14, 2006 from 4:00pm to 9:00pm in Oxford Mills United Church. A service of Remembrance and Thanksgiving will follow on Saturday, April 15, 2006 at 1:30pm. Memorial donations may be made to Crozier Park, North Grenville Historical Society, Greenacres Foundation or Charity of choice

CAREER OPPORTUNITY

Payroll Administrator / A/R

Ensure the timely, accurate completion of bi-weekly payroll with Maestro Software. Ensure that monthly and year-end regulatory filings are completed on a timely basis (EI, CPP, EHT, T4's, T4A's, WSIB, etc). Complete filings and other duties as assigned Benefits Administrator. Responsibilities also include, cash receipts, collections and other general administrative duties. Required 5 to 7 years of experience. The company is in the North Gower/Kemptville area. Please email your resume to nous@videotron.ca by April 14th 2006. Salary: $35,000 per annum plus benefits.

58112-14-06

The Iroquois Chieftain

Newspaper Rates

Box 529, Iroquois, ON K0E 1K0
Phone: 613-652-4395 Fax: 613-652-2795

Classified Ad Rates

25 Words or Less **$8.83** Over 25 Words, per Word **33¢**
All classified ads must be pre-paid. Your classified word ad(s) will appear in *The Kemptville Advance, The Manotick Review and Iroquois Chieftain*
In one week your ad ad will reach over **4,800 homes.**
In memoriams with photo are display ads and are charged by the space required to accomodate the information.

TERMS: Cash, Cheque, VISA, Mastercard -
No refunds for cancelled ads once booked and paid. Credit with us for cancelled ads must be used within one year. Box Replies additional $2.00/Week No Charge for Found Ads

CLASSIFIED WORD AD DEADLINES Friday 4 p.m.
Display Ad Deadlines
The Iroquois Chieftain - Friday 4 p.m.

ALL BOXED ADS including SOCIAL ADS (Birthdays, Birth Announcements, Weddings, Engagements, Graduations, Anniversaries) and OBITUARIES
1 Column **SOCIAL AD** ..... **$19.00** GST included
(1 Picture plus 25 words) **35¢** each additional word
2 Column **SOCIAL AD** ..... **$35.25** GST included
(1 Picture plus 25 words) **35¢** each additional word
Extra Picture **$5.00 each**
OBITUARIES Up to 300 words..... **$35.00** each **35¢** for each additional word over 300
With a Picture..... **$5.00** extra
All social ads must be pre-paid.

"The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its employees or otherwise and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement."

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71349-1206

KLC Career College
EDUCATION ASSISTANT DIPLOMA



Love working with children?
Graduate in Less than ONE YEAR!
Job Internship Included!

OPEN HOUSE
Smiths Falls Campus
52 Abbott St. North Unit 3
Monday April 3
2:00 pm to 4:30 pm

INFO SESSIONS
Frank Ryan Catholic School
128 Chesterton Dr.
Room 222
Nepean
Wed. April 12
3 PM & 6 PM

Come check us out!

1-888-732-0326
www.kingstonlearningcentre.ca
Kingston Learning Centre · 742 Arlington Park Place · Kingston, ON · K7M 8H9
Financial Assistance may be available if eligible



Happy
1st
Birthday
Wade Claxton
Love Ma, Pa,
Uncle Keith
& Jill,
Uncle Steve
& Samantha

58154-1506

TOWNSHIP OF SOUTH DUNDAS

Say Hello to High-Speed Internet

The Township of South Dundas has teamed up with W3 Connex Inc. to bring Reliable High-Speed Internet at Low Monthly Rates with Hardware Costs Included

Call Now & Sign Up for Our Introductory Offer

For service go to www.W3connex.com or call 1-888-235-9326

W3Connex
Connecting Communities

75858-0506

Just Moved?
New Baby?
Getting Married?
Just Engaged?

Know Someone who has?

We have free information & gifts reserved for you.

Hostess
Shirley 652-4056

This service is provided by the civic-minded businesses of this community

WELCOME WAGON SINCE 1930

37199

Farm Auction

Travel north of Iroquois on Carman Road, then west on English Road and north on Kelly Road or travel south of South Mountain through Hanesville then west on Haddo Road and south on Kelly Road,

SATURDAY, APRIL 15 -11:00 A.M.

CIH DX33 compact diesel tractor, 4WD, cab c/w front mounted snowblower and 8' Farm King finishing mower - low hours; White 2-60 diesel tractor, 4WD, fully hydraulic loader, new tires - excellent condition; Cockshutt 1355 diesel tractor, new tires - excellent condition; Kverneland TA337 discbine; Vicon tedder rake; Kuhn trail teddar - 1 year old; MF 12 baler; Two Martin 10 ton wagons with good 21' racks; NH 513 manure spreader, top beater; CIH 720 four furrow semi-mounted plow; Kongskilde 18' Vibro Till "S" tine cultivator with wings; IH 5100 seed drill, grass box, 16 run; 12' land packer; 14' set of chain harrows, 3 pth -1 year old; Steel zero grazing wagon; 10 ton running gear with open concept feeder wagon; Allied pipe elevator on wheels, 6' Bush Hog, 3 pth; Gehl 7200 crop chopper; Cattle scales c/w chute and headgate; Automatic headgate; Farm gates; Two backscratchers; Cattle oilers; Big square bale feeder; Five round bale feeders; Square feeder; Several rolls used page wire; Quantity electric fencing supplies; Extension ladder; Wagon load of farm related items.

Farm Sold. Everything is in excellent condition, having been well maintained and stored inside.

TERMS: CASH or APPROVED CHEQUE
Proprietors: Lloyd and Betty McMillan 652-4849
Auctioneer: James Cooper 652-4145

58079-14-06

Township of Edwardsburgh / Cardinal

CORPORATION OF THE TOWNSHIP OF
EDWARDSBURGH/CARDINAL

Domestic Water Valve Locates

Residents of Cardinal and New Wexford are notified that the municipality will be verifying location, inspecting and making repairs as necessary to domestic water service valves at property lines starting May 1st and concluding September 15th, 2006.

For further information in this regard please contact the undersigned

James E. Grant,
Chief of Operations,
Environmental Services;
Township of Edwardsburgh/Cardinal.
657-3765

58159-15-06

Township of Edwardsburgh / Cardinal

CORPORATION OF THE TOWNSHIP OF
EDWARDSBURGH/CARDINAL

NOTICE TO RESIDENTS
AMNESTY DAY

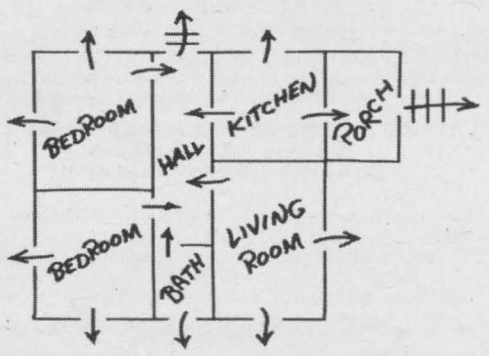
Residents of the Township of Edwardsburgh/Cardinal will have an opportunity to dispose of white good Items (refrigerator, stove, freezer, etc.) at the Scott Road Landfill site, 1225 Scott Road, on Saturday, April 29, 2006, 8:00 a.m. to 4:00 p.m., at no charge. In addition, you may dispose of up to four maximum 17" car or light truck tires per household free of charge.

Tipping fees will be charged for all other large items, including furniture, as usual Hazardous waste or regular household waste will not be accepted. Proof of residency will be required.

Lawrence Rooney
Manager of Public Works

58157-15-06

KNOW WHERE TO GO



Develop and practice a home fire escape plan so if a fire starts everyone knows two ways out of every area.

OFM FIRE MARSHALS PUBLIC FIRE SAFETY COUNCIL

WANTED

OPEN EVERY
WEDNESDAY
Between 10am - 3pm

HEALTHY HOLSTEIN BULL CALVES FROM 95 TO 110 LBS
DELFT BLUE RECEIVING BARN
15370 ASHBURN ROAD
BERWICK, ONTARIO
AS OF JAN. 1st, 2005 WE WILL BE CLOSED MONDAYS

For information call
Krista at (613)987-1067

For free pickups call
Ed DeJong at
Home (613) 448-3712
Cell (613) 794-9140

47596

Laura Empey

Peacefully at Picton Manor, Picton, Ontario in her 88th year with her family at her side.

Laura Empey (nee Sheldrick) of Belleville, Ontario, formerly of RR 1 Iroquois. She was predeceased by her husband Gerald in 2004, a son Ricky in 1977, and her brother Melville (of Ottawa) in 1991.

Left to mourn are Shirley (Wayne) Pulfer of Iroquois; Heather (Richard) Lalonde of Moose Creek; Mike (Faye) of Belleville; Kathy (Barry) Kutryk of Beauvallon, Alberta; Roy (Bunny) of Frankford, Ontario; Kevin (Julie) of Belleville; Joanne Morrison of Edmonton, Alberta; and Rosemary Empey of Belleville.

She is also survived by several grandchildren and great grandchildren. Funeral services were held on Wednesday, April 12, 2006 at Bush's Funeral Home in Belleville.

Pallbearers were grandchildren Clint Empey, Nick Empey, Blair Empey, Jessie Empey, Tiffany Empey, Birt DeVries, Tammy Pulfer, and Krista Pulfer

65822-1506

Township of Edwardsburgh / Cardinal

CORPORATION OF THE TOWNSHIP OF
EDWARDSBURGH/CARDINAL

Hydrant Flushing and Valve Operation

Residents of Cardinal and New Wexford are notified that the municipality will be flushing hydrants and operating isolation valves in those areas from April 18th to May 31st, 2005. Water customers may notice fluctuations in pressure and some discoloration. This is a normal result of the flushing process, It is recommended that customers check their water for discoloration prior to use each day as this could cause damage to laundry, etc.

If you have any problems or need assistance in this regard please contact the undersigned.

James E, Grant,
Chief of Operations,
Environmental Services,
Township of Edwardsburgh/Cardinal
657-3765

58159-15-06

Township of Edwardsburgh / Cardinal

CORPORATION OF THE TOWNSHIP OF
EDWARDSBURGH/CARDINAL

NOTICE TO RESIDENTS
OPEN AIR BURNING

Residents are advised that Bylaw 2005-15, being "A bylaw to prescribe the precautions and conditions under which fires may be set in open air," is in force.

Only small contained fires used for the purpose of cooking and supervised at all times are permitted in the high density residential areas of Cardinal, Johnstown and Spencerville.

This bylaw requires residents to obtain a permit prior to any open air burning. Permits may be obtained from the Fire Chief of the Edwardsburgh/Cardinal Fire Department. For further information, please call Jim Purcell at 658-3123 or Graham Van Camp at 657-3626 during regular office hours.

Jim Purcell, Chief
Edwardsburgh/Cardinal Volunteer Fire Department

58158-15-06



Pictured in front from left to right are Holly Klein-Swormink, Jaime Boulerice, and Brooke Spencer. In the middle row are Alyson Erwin, Samantha Whelan, Reagan Halls, Kelsey Veinotte, Kristen Lapierre, and Kaitlyn Hay. In the back row from left to right are Gary Klein-Swormink (Coach), Cathy Gilmer (Manager/Trainer), Lindsay Gilmer, Cassidy Tupper, Hilary Prowse, Kellie Van Delst, Derek Van Delst (Trainer), and Sean Boulerice (assistant Coach).

Legion News

By Dar

A total of sixteen cribbage players were gathered in the lounge on Saturday, past and they played "Doubles" for the day/ Taking the first place honours was Ken Palmer with a total of 1064. Coming in second with a total of 1059 was Ron Perrin. Andre Gravel claimed the third place spot with his total of 1051. Willis Douglas proudly sat in the bridesmaid's chair with his total of 1048. Only four skinks were seen loitering around the Branch. There is only two official weeks left before eh windup of the League season and the handing out of hardware plus banquet.

Euchre is on hold at the present time as Jake Easter is being hospitalized and until he returns or someone else looks after the euchre, there will not be any play.

There is no report for duplicate bridge.

The Pot of Gold winner was Bernie Montroy who was NOT signed in. What is with you Bernie, you usually are at the Branch a couple of times a week.

There will not be any meal on Friday as Friday is Good Friday and Our Branch will be closed.

The Ladies Auxiliary has a General Meeting this week and the Branch will be having an Executive Meeting on Wednesday at 7 pm.

For all of you who attended our 60th Anniversary Dinner and Dance, from what I saw, you all had a terrific time and I would like to say a million "Thanks" for all of your thoughtfulness in coming out, as several Legions seem to be having problems, we are so fortunate to be doing great. And having our 60th couldn't have been any better. Also celebrating their 60th Anniversary this month are Ray and Norma Delegarde and Ed Thompson and Doreen. Both members of our Branch, And Ron and Evonne Delegarde are celebrating their 25th this month also. Congratulations to you all.

I'm quite sure a more detailed account of our special evening can be found elsewhere in the paper. All I can say is everything went off without a hitch and it was so nice to see the hall full for this special event.

Remember our Branch will be closed "Good Friday" but will be open on Saturday.

PUZZLE SOLUTION

			S	T	A	R	E				P	T	A	
		C	A	N	D	E	L	A				R	A	G
	T	I	N	C	T		P	U	N	S		O	C	A
	S	O	U	K		G	O	L	D	I	L	O	C	K	S
	H	U	T		H	A	S			T	I	N	E		
				S	O	R	E		C	A	R	E	E	N	
				Y	W	I	S		B	R	A	N	D	E	D
	A	M	P	S							E	S	T	E	
	P	O	R	T	E	R	S		L	A	P	S			
		P	O	O	R	E	R		A	L	B	S			
			G	L	I	B			T	A	X		M	M	F
	T	H	R	E	E	B	E	A	R	S		T	A	B	I
	Y	E	A			E	L	L	I		S	H	A	D	E
	R	A	M				M	E	N	A	C	E	S		
	O	P	S				E	E	R	I	E				

UNITED COUNTIES OF STORMONT, DUNDAS & GLENGARRY

HELP PLAN THE FUTURE OF THE COUNTY FORESTS: PUBLIC MEETING NOTICE AND OPEN HOUSES

The United Counties of Stormont Dundas and Glengarry has prepared a draft 20 Year Management Plan for the County Forests which contains objectives and policies pertaining to sustainable forest management, public use of the Forests, environmental protection and related matters.

All citizens and interested persons in the United Counties are invited to attend one of two open houses and provide input into the 20 Year Management Plan. Staff from the County Planning Department, and South Nation Conservation and the Raisin Region Conservation Authority will be in attendance at both meetings to provide members of the public with information or answer questions related to future planning of the County Forests.

Location Date Time:

Chesterville Legion Hall,
167 Chesterville Queen Street
Chesterville, Ontario K0C 1H0
April 25, 2006
Open House: 4:00 PM - 9:00 PM
Presentation: 7:00 PM
Or
Centre Sandfield Centre
102 Derby Street West, Alexandria, Ontario
April 26, 2006
Open House: 4:00 PM - 9:00 PM
Presentation: 7:00 PM

For further information please contact:
Martin Streit, South Nation Conservation.
Box 69, 15 Union St.
Berwick, ON K0C 1G0
613-984-2948 (ext. 235)
1-877-984-2948
info@nation.on.ca

Michael Otis, County Planner,
26 Pitt Street, Cornwall, ON K6J 3P2
61 3-932-1515 (ext 219); 1-800-267-7158

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Happy 60th Anniversary to Legion Branch 370





The Royal Canadian Legion, Iroquois Branch 270 celebrated their 60th. Anniversary on Saturday evening. In the photos, clockwise are: Legion members and the Legion head table, turn to the Canadain flag to sing O' Canada. The evening began with the head table being piped in by piper Lawrence Merkley. In the photos to the right, members of the Timothy Christian School catering team prepare to serve the meal. The team prepared over 100 plates of ham, roast beef and several other dishes for the anniversary dinner. In the bottom photo is the Legion birthday cake.

CHIEFTAIN PHOTOS - J. MORIN

