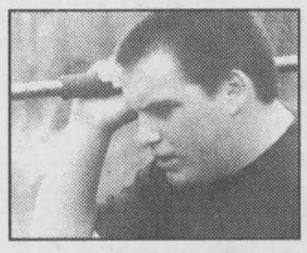


Seaway Valley Singers set to present opera farce at Playhouse.
See page 5.



Grand opening for Eastern Ontario Agri-business Support Centre.
See page 12.



North Dundas' Trevor Barkley collects track and field gold.
See page 15.



Metcalfe students catch glimpse of Prince Charles.
See page 26.

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Winchester business community

Chamber poised for reinvention

by Chris Zabel
Press Staff

WINCHESTER — The Winchester Chamber of Commerce has a new president and vice-president, and they are ready to make the group a more vital force in the community. President Sandra Cheney and vice-president Bob Volks are both raring to increase membership and increase the influence the organization has.

Among the 13 local business people in attendance at the meeting last Tuesday (April 24), the enthusiasm of the new executive seemed to be reciprocated.

This was the first meeting of the Chamber of Commerce since last June when it met to discuss Dairyfest. Plans were made then for a nomination meeting to be held in September for a new executive to be selected. Last week's meeting was roughly eight months late.

Cheney and Volks, who were acclaimed, both said the reason they had stepped forward was because they believe there is an opportunity for the Chamber to do more than it has been doing in the recent past. Although membership is strong at 48, several people in attendance at the meeting mentioned that they hadn't been aware they were members when they received an invitation.

At that point, it dawned on the group that the Chamber is suffering from an acute identity crisis. "It's gone for so long, I don't know what it is anymore," said Clara Edwardson. No one was able to set out authoritatively what the Chamber is supposed to be accomplishing.

"All of these people who pay their money have no expectations," commented Butch Oldford. The annual membership fee for the Chamber is $50, and it was suggested that most people pay it without thinking about what it is for.

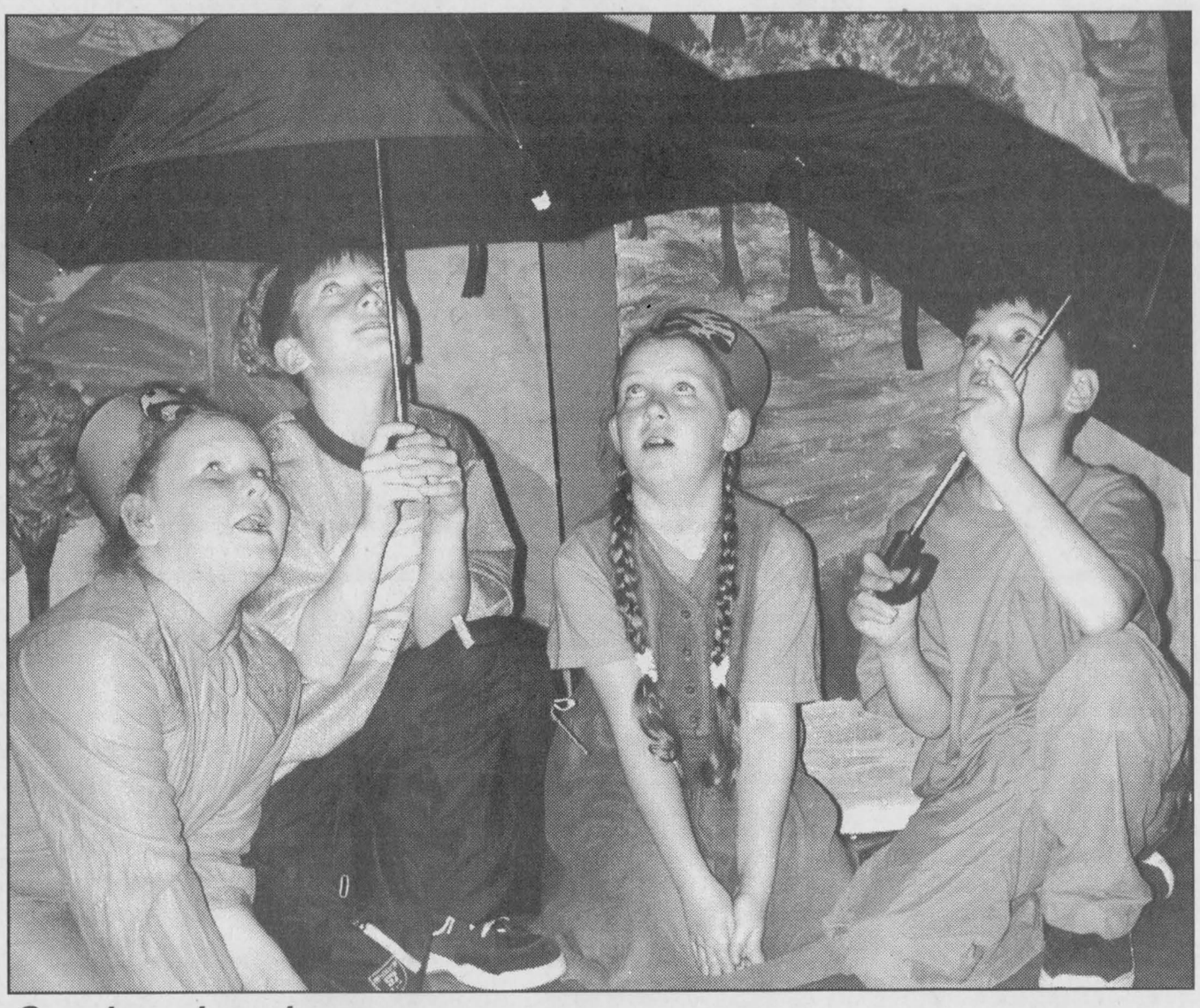
This absence of purpose was seized upon as an opportunity. "Everyone should give some thought to what we want this to be," said Volks.

Another meeting of the Chamber will be held on Tues., May 15 to develop a mandate for the Chamber. Registration forms are being distributed by the people who were at the meeting. Cheney said that after the next meeting, the group may organize a mailing of registration forms to all of the potential member businesses in Winchester and district. It was estimated that there are probably 180 local businesses which might join the Chamber.

Cheney recommended that the group should meet a minimum of three times a year: before Dairyfest, in October before Midnight Madness and then a third time around the holiday season. She also suggested the Chamber could meet as often as once a month if these meetings would be worthwhile.

Everyone present agreed that the merchant community in the village could benefit from more frequent communication. Holiday store hours decided upon as a group, particularly during Christmas, would be more convenient for everyone. As it is, merchants have to run around to see what everyone else is doing.

• please see CHAMBER on page 2



Sun burning down

The Ozone Squad in Winchester Public School's production of Assignment: Earth Musical on April 26 sang about an earth without an ozone layer. Cowering under an umbrella to hide from the sun were Kayla Williamson (left), Tayler Johnston, Lauren Christophersen and Michael Dumont.
Press Photo — Zabel

Witch trials film haunts UCV

MORRISBURG — Upper Canada Village is again the backdrop for a TV movie project. For the next two weeks, the village will serve as the scene for Salem Witch Trials, a recreation of the infamous trials where 20 people were killed in 1691 in Salem, Massachusetts.

The high-profile production for CBS brings several celebrities to the area. Kirstie Alley and Shirley MacLaine are starring in the project. Also, Gloria Ruben, a regular on ER, is appearing.

Filming began Monday (April 30) and will continue until May 17. Upper Canada Village, which depicts the 1860s had to undergo a few changes for its guests so it could pass for a locale from two centuries earlier.

Louck's farm and the hired man's house both had false fronts installed on them. "It was all done without a single nail hole," assured Jancis Sommerville, marketing officer for the village. She said the changes are subtle and would only be recognizable to someone very familiar with the village.

Alliance Atlantis is filming the project in partnership with CBS. A publicist for the film said that the set is closed to the public and the press as well, although photographs from the filming will be released. Star-watchers will have to be stealthy if they want a glimpse.

A broadcast date for the mini-series has not yet been set.

ND eating up reserves: Auditor

WINCHESTER — The well will run dry by 2004 if council continues at status quo, according to North Dundas Township auditor Ross Markell of Craig, Keen, Despatie and Markell. His remarks were made at the regular meeting of council on Mon., April 23.

While Markell said that the auditor's report looked good from a financial position, he pointed out that council drew down between $500,000 and $700,000 in reserves and capital.

"You can't continue that way," he said.

Mayor Claude Cousineau pointed out that the township's taxpayers cannot afford a 25 per cent increase in property taxes.

The problem, Markell said, is that council has used its reserves in budgeting in order to keep from going to the taxpayers for more money. But Markell explained that even if council finished each year exactly as budgeted, the township would be broke by June 2004.

"You can't do what you need to do without changing the tax base," Markell said.

"So we'll have to drop services," replied the mayor.

Markell agreed that dropping services is one option, but reminded council that environmental regulations are forcing council to spend more.

"You need reserves to operate," he said. "You can't keep using your reserves so that you don't have to increase taxes." Markell explained that reserve money helps the tax rate and also makes money with interest. "If you deplete them (reserves) you're costing yourself money."

Clerk administrator Howard Smith said that if council builds reserves too high, it is difficult to get community reinvestment funds from the government. Markell disagreed, pointing out that if council did a five-year capital project, it could demonstrate the need for community reinvestment funding.

Asked what per cent should be maintained for reserves, Markell replied there is no official number. "You have to look at what you have to carry so that you can cope if nobody pays their taxes," he said.

Markell recommended that the township maintain reserves equal to one year's expenditures, which is $4.6 million. He added that council would not get to that point based on what it has presently, but added that, thanks to the sale of the township hydro utility, the goal may not be out of reach.

Markell explained that in the past two years, there has been pressure on municipalities to maintain the tax rate, so almost every municipality used reserves in order to do so.

"But you can't keep doing that or by June 2004 you will be broke — there won't be any reserves," he said. "You don't want to be in that position."

Markell said that most municipalities in the region have low reserves.

Council has not yet passed its budget for this year. At the April 23 regular meeting, the agenda included bylaws to be passed for the 2001 budget and final tax rates. Those bylaws were scratched from the agenda at the beginning of the meeting.

Tulip float to advertise N. Dundas

by Lori Gillespie
Press staff

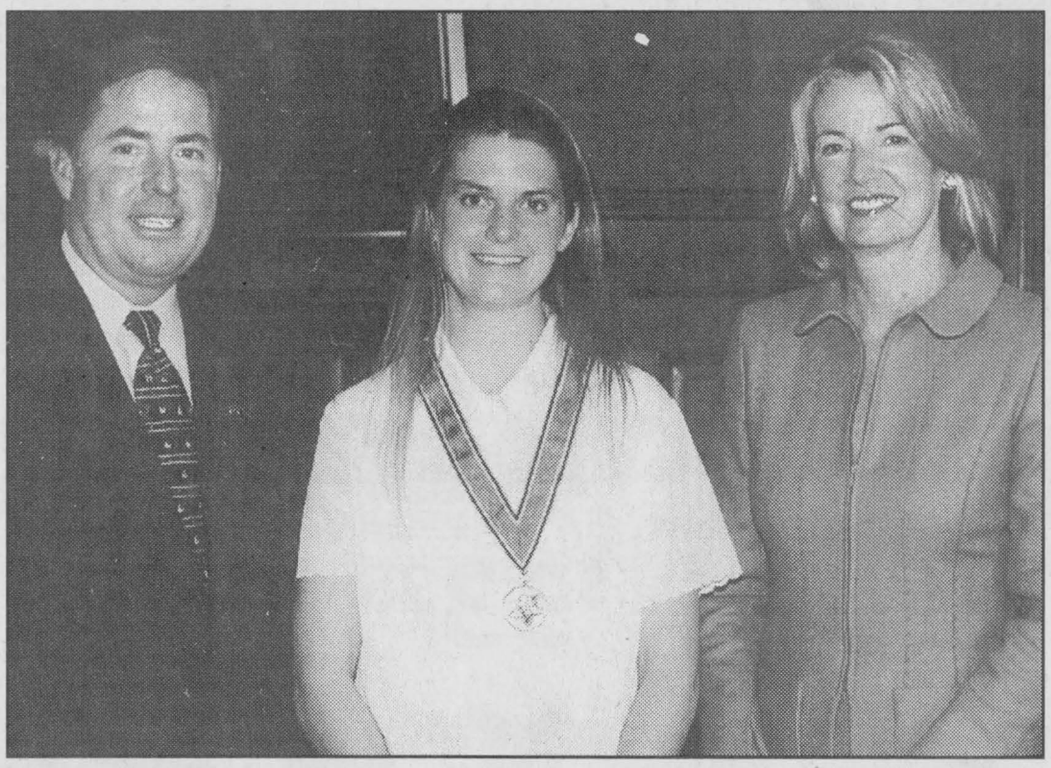
WINCHESTER — North Dundas: It's just a little way down Bank Street.

That's the theme of the North Dundas Township float entry in the Hydro One Tulip Gateway Parade to be held on Sat., May 12. The parade will begin in Morrisburg at 8 am and arrive at Lansdowne Park by 11 am for a barbecue. The parade will then be joined by other parade entries and journey to Majors Hill Park, where it will be South Dundas Day at the Ottawa Tulip Festival.

Gord MacDonald of Chesterville approached North Dundas Township council several weeks ago to volunteer his services in building a float for the township to enter in the parade. An information night had been held prior to that to gather township interest in the parade, which is expected to offer considerable exposure of the area.

• please see PARADE on page 2

Medal recognizes outstanding Morewood volunteer



One of 10 recipients of the 2001 Ontario Medal for Young Volunteers was 19-year-old Cynthia Rutters of Morewood. She was invited to Queen's Park and received the medal from Minister of Citizenship Cam Jackson and Lieutenant Governor of Ontario Hilary Weston on April 23.

by Chris Zabel
Press staff

MOREWOOD — Every year Ontario honors the outstanding achievements of 10 young people who are contributing to their communities with volunteer work. This year, 19-year-old Cynthia Rutters of Morewood was among the recipients of the Ontario Medal for Young Volunteers.

Rutters was nominated for the award by one of her teachers at North Dundas District High School. Cindy Steele taught Rutters in Grade 9 and then got to know her better as the advisor for the Ontario Students Against Impaired Driving club.

Early in April, Rutters learned that she had been selected to receive the award and on April 23 she went to Queen's Park to receive it. With Steele, her parents and several family friends, Rutters was impressed by the occasion.

"It was pretty exciting. They gave us a special media tag because we were VIPs," she said. "And the ceremony was very prestigious, very formal."

Rutters said before the presentations were made, she had a chance to meet the other recipients from around the province. The medal recognizes Ontarians between the ages of 15 and 25. In the music room at Queen's Park, Lieutenant Governor Hilary Weston performed the investiture. The recipients then enjoyed a very elegant lunch hosted by Weston.

Although Rutters said this sort of recognition was never the reason for becoming involved in her community, the award has been meaningful for her. "Even just the process of being nominated is very touching," she said. "The letters are more important than the medal."

She has copies of letters recommending her for the award, all from people in the community she has worked with while doing volunteer work, and all describing the character of a remarkable young woman.

• please see RUTTERS on page 2

Continued from the front page...

Chamber

The idea of having a public washroom in the centre of the village was also discussed.

Cheney said she realized that, for some time, it has only been the retailers in the village who have been interested in the Chamber. She suggested that to really make the group active, professionals such as doctors, lawyers and accountants need to be attracted, and to do that the Chamber has to show how it can be useful to these people.

Volks suggested that establishing a presence for Winchester on the internet could be a way of promoting the village, possibly even in Ottawa.

Another potential benefit of the Chamber could be to co-ordinate charitable donations. "When people come to me for donations, I would love to be able to ask them to go to the Chamber," said Owen Shortt.

It was agreed that the Chamber would benefit from as large a membership as possible, possibly involving all of North Dundas. Former chair Gary Annable suggested that the Winchester Chamber could go as far for new members as wouldn't conflict with another Chamber.

With $4,200 in the bank, and its only major expense donating $1,500 each year to the Parade of Lights, the chamber is ready to reinvent itself.

Any local business people interested in joining the Winchester Chamber of Commerce may obtain a registration form from Cheney at Brister Insurance Brokers: 613-774-2832.



Re-invigorating the Chamber

After going a while without, the Winchester Chamber of Commerce acclaimed a new executive at its meeting on Wed., April 25. Bringing a fresh enthusiasm to the group are president Sandra Cheney (seated) and vice-president Bob Volks. Remaining as treasurer is Sandra Vasey.
Press Photo — Zabel

Parade

However, there was little interest from community and service groups in entering the parade, as the emphasis is on tourism.

It was decided at that meeting that the township would most benefit by entering the parade. Council agreed to allow a $2,000 budget for MacDonald to build a float. It was decided that funding would not be requested from the township's large industries — such as Parmalat and Nestle's — because these industries do not offer tours of their plants.

"The float offers every reason to come to North Dundas," MacDonald said. The float will advertise such township attractions as Dairyfest, the Winchester Parade of Lights, the winter carnival, agricultural fairs, museums and the new cultural centre.

Volunteers are needed to start on Mon., May 7. Anyone with skills in building, painting, trimming and decorating are welcome to help out. Call MacDonald at 448-2121 if you are available to work on the float.

At this point, the frame of the float has been constructed and a bed of tulips is growing. MacDonald plans to include a stage area on the float, and the float is expected to be reused in future parades by the township.

The 29-float parade will consist mainly of South Dundas Township entries. North Dundas' entry will be joined by Roy Fawcett's organ float, with organist Sharon Adams providing entertainment.

The name of the parade was changed to include Hydro One recently, as Hydro One became a major sponsor of the Ottawa Tulip Festival and has offered funding for various aspects of the parade.

The parade idea was originally created to promote the fact that Bank Street in Ottawa has been extended south to Morrisburg on County Road 31. It was decided that Morrisburg and South Dundas Township should be promoted as the Gateway to the Tulip Festival.

Floats have a number of guidelines: they may be no bigger than 30 feet long, 13 feet high and eight feet wide; they must be vehicles licensed for the road, with proper lights, signals and safety features; they must be capable of travelling the speed limit of 80 km/h; they must be built to withstand bad weather; animals incorporated into the floats must be in trailers at all times; no candy or anything else may be thrown from the floats.

All floats must have a tulips theme. Additionally, laws deem that seatbelts must be worn by passengers on the highway at the parade's desired speed of 30-40 km/h, which means no one will be riding on the floats during the trip from Morrisburg to Lansdowne. A bus has been hired to transport parade participants to the city.

The next parade meeting will be held on Thurs., May 3 at 1:30 pm at the McIntosh Inn, Morrisburg.

Rutters

One letter that stands out is from Norma Sharkey, one of the guidance councillors at NDDHS. In her letter, Sharkey describes how when they first met, Rutters was one of her "neediest" students. Rutters doesn't mind talking about how the divorce of her parents and early sexual abuse posed obstacles for her. Sharkey describes how she watched Rutters develop into "the positive, mature, hard working individual I know today."

Working with the OSAID group at school is only one of many ways Rutters volunteers her time. Over the past several years she has worked with three mentally disabled young people in the area. Realizing that it's hard for parents of disabled children to get a break, Rutters is experienced enough to care for these young people herself.

"Word got around that I was willing to work with handicapped kids and parents kept phoning me," she said. Spending many of her free days with these kids, Rutters said strong bonds have developed between them and she's found it's like she becomes part of the family.

Rutters has also done work with young people suffering from mental illness as a part of the Youth Net program at the Children's Hospital of Eastern Ontario. Youth Net encourages young people to take on a variety of tasks to assist youths with mental illnesses. Rutters said her most rewarding work was developing an activity program for disabled kids where they would participate in sports like rock climbing and go to the movies. Because disabled kids often feel uncomfortable in many social situations, Rutters said giving them the opportunity to socialize with kids with similar afflictions provides them with a sense of safety.

At NDDHS, Rutters has spent a lot of the last year working as a representative for the Ontario Secondary School Students Association. With most teachers opting not to assist extracurricular activities this year, there have been plenty of opportunities to provide leadership. By working with the school board, Rutters was able to organize soccer schedules for boys and girls teams. She is the manager of the senior girls soccer team.

Rutters assisted with the formation of the North Dundas Leos Club, which was formally chartered last month. And her work with OSAID was recognized this year with an award for the club's Zero Hero campaign, encouraging students to abstain from drinking.

Running is a passion for Rutters and she incorporates this into her volunteer agenda by participating in charity runs. She has worked with the Terry Fox Run and the Run for the Cure, which benefits breast cancer. "I try to do a run every month," she said. Once, in a run for Winchester's Naomi House, she included one of the mentally disabled young people she works with by strapping him into his wheelchair and pushing him for five kilometres.

Hearing Rutters speak about the work she does, it's clear she finds real joy in it. "It never crosses my mind that I'm doing something special. I gain so much, I never think of the reverse, of how other people are benefiting," she said.

She's been asked before how she finds the time for it all. "The thing is, I don't find time for everything. I don't do the typical teenage stuff: going to the movies, watching TV. But I don't miss it. Some people like to water ski. I like to volunteer," she said. This equilibrium has been achieved through some trial and error, learning how to manage her time and learning how to say no. "I know better now what I'm able to handle," she said.

Finishing high school shortly, Rutters is now forced to sort through her many interests and pick one to study. At the top of the list are kinesiology, leisure studies, outdoor recreation and physical education. She said her final selection, and which school she picks, will be influenced by what scholarships she's offered.

The advice she offered to volunteers-in-the-making is to offer their time to something they're interested in. "It has to be something that fulfills you, that's not a chore," she said. "I don't say, 'Ugh, I have to go to work at the hospital.' It's so rewarding, I can't wait."

Seniors play euchre

by Jean Casselman

WILLIAMSBURG — Euchre was enjoyed by the Williamsburg Seniors on Wed., April 18.

The winners of the white cards were Evelyn Swerdfeger, Hazel Easter and Ruth Casselman. The yellow cards winners were Lottie Gill, Jake Easter and Bev Young.

The door prizes were won by Enid Dalrymple and Phyllis Scott, while the draw winners were Marguerite Stewart, Audrey McLaren, Enid Dalrymple, Ruth Casselman, Loretta Crowder, Peggy Thompson, Gladys Kyle and Phyllis Scott.



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Playhouse to sport first mural

by Chris Zabel
Press staff

MORRISBURG — The first splash of color in the South Dundas mural project will be on the side of the Upper Canada Playhouse in Morrisburg. Once a steetscape of turn-of-the-century is installed on the side of the building, it should no longer look like the former toothbrush factory that it is.

The South Dundas Mural Committee has a long range plan to gain renown for the township with a mural tour depicting local history. There is considerable enthusiasm for painting as many as 30 murals, with six to be completed by the end of this year.

Thanks to the sponsorship of the Morrisburg Lions, the Playhouse will have the first mural. At the Playhouse last Friday (April 26), mural committee chair Glen Cunningham explained the basic four-section plan for the design.

At the east end of the north wall will be the Molson Bank in the Farlinger block. In the centre on the north wall will be the glamorous St. Lawrence Hotel. Around the entrance at the west end of the wall will be the old music hall, a structure which supposedly once had the best acoustics in Canada. And wrapping around the corner onto the west wall of the theatre will be a picture of the Meikle block.

Cunningham said that four photographs have been selected to serve as the inspiration for each scene. It's planned that the final designs will incorporate as much of the flavor of the time as possible. The old photos show people in elegant turn-of-the-century costumes, carriages, cutters and novelties such as a patent medicine salesman. This degree of detail is that the committee is looking for in a design.

With the Lions committed to paying the artist's fees, an artist now needs to be selected. A committee to oversee the construction of the mural will be formed and the job will be tendered. Artists applying for the job will receive copies of the four photos that have been selected to be used as a starting point. They will then produce small scale paintings and submit them for selection.

The township has accepted the cost of the plywood on which the murals will be painted, the paint, scaffold and safety equipment. "We're trying to emphasize the township taking on ownership. That's the only way to ensure longevity. We know there will always be a council," said Cunningham.

The mural committee is paying particular attention to creating murals which will be around for a long time. By having them painted on plywood and then mounted on the buildings they will be easier to maintain. They will also be movable if that is ever necessary.

A public meeting on May 7 at 7 pm will be held at the Iroquois Civic Centre by the Mural Committee. This will be an opportunity for people to see the outline for the mural project and ask questions about it.

The mural committee is interested in the visions other people have for depicting local history. And there are plenty of opportunities to get involved in the process.



Picture old Morrisburg

The north side of the Upper Canada Playhouse will soon be transformed from being something of an eye-sore to a spectacular depiction of the village at the turn of the century. Officially announcing the project last week were Playhouse president Glenn Swerdfeger (left), mural committee chair Glen Cunningham and Morrisburg Lions president Earl Wood. The Lions are donating the artist's fee for the mural. Press Photo — Zabel



Baking Brownies

Eight Winchester Sparks were baked into Brownies on Monday night at the Wesleyan Church hall. Front, left, new Brownies Amanda Fricker, Gwen Smith, Karen Thurler, Emily Roberts, Hayley Trumper, Riley Steele; second row, Jannah Vanderlaan, Paxton Lavis, Kelsey Douglas, Alacia deJong, Julia Laflamme; back row, Sarah, and new Brownies Jonan Assaly and Caitlyn Mordy. Press Photo — Gillespie

Young inventors 2nd in showcase

METCALFE — A team from Osgoode Township High School brought second prize home to Metcalfe from the Young Entrepreneurs show, sponsored by Nortel Networks.

Teacher Vitus So and students Carolyn Cruikshank, Josh Ferguson, Alison Johnson, Tim Robertson and Chris Wyllie won took second prize from among 22 eastern Ontario schools at the Young Entrepreneurs Showcase. The showcase was coordinated by the Ottawa Centre for Research and Innovation on April 23.

OTHS's winning entry, in the Grade 9 to OAC category, was a mobile camera unit called the Video Assistant 2001 Carcam — a video device mounted on a remote control car platform. Featuring wireless remote control technology, the unique design has numerous practical applications, including its ability to navigate into restricted areas.

The Young Entrepreneurs Showcase is in its sixth year of existence, the objective of which is to raise student interest in information technology and, ultimately, point them forwards a career in that field.

Easter Seals meet

WINCHESTER — The Easter Seal Society will be holding general meetings throughout the area to discuss volunteering.

Meetings to discuss "Volunteering through the District Council" will be held on Thurs., May 3 at the McIntosh Inn, Morrisburg at 9:30 am; the Country Inn, Winchester at 2 pm; and the Heritage Restaurant in Chesterville at 5:30 pm.

If you are interested in working with a group of community-minded people from your area to serve the needs of children with physical disabilities, you are invited to join.

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Police blotter

Break and enter

IROQUOIS — On Wed., April 25 police were called to the scene of a break and enter in South Dundas Township. Overnight, a forced entry was made into a shop at a Stampville Road property, resulting in the theft of power tools. Constable A. Duval is investigating this incident.

Golf clubs stolen

MORRISBURG — On Sun., April 29 police began an investigation into a break and enter which had occurred in Morrisburg. Overnight an entry had been made into a shed at a High Street residence. Two bicycles and a set of "PING" golf clubs and golf bag were stolen. Constable J. Hatch is investigating.

Vehicle thefts

MORRISBURG — SD&G OPP have been investigating a number of vehicle thefts in the area in the past week.

On April 23, police received a report of a theft in South Dundas Township. Between April 21-23, a green 1991 Yamaha "KODIAK" all terrain vehicle was taken from a private residence located along the Hainsville Road. This vehicle has not yet been recovered. Constable I. Roberts is investigating.

Police investigated a vehicle theft in North Dundas Township on April 26. During the early morning hours of that day, a 1988 Ford Ranger was taken from a private residence on Morewood Road. The vehicle was later recovered by police in St. Julie, Quebec on the evening of April 26. The investigation by constable A. Smirnov is continuing.

Police are investigating the theft of a dump trailer from the 750 Truck Stop, north of Morrisburg. The theft took place sometime over the weekend of April 27-30. Police report that a 48-foot "RAVEN" dump trailer was taken from a parking area at the truck stop. The trailer was unloaded at the time of the theft. Constable A. Garner is investigating.

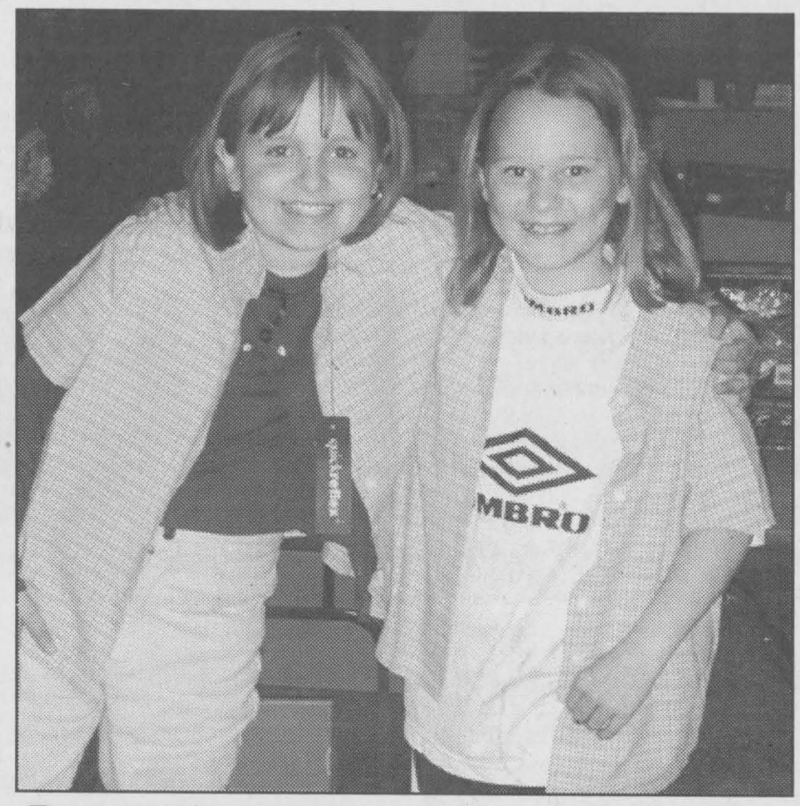
Traffic update

WINCHESTER — Police were called to investigate 13 vehicle collisions (two involving deer) in Dundas County last week. No charges were laid for drinking and driving offences. One suspended driver was apprehended as a result of a traffic stop.

The aggressive driving campaign undertaken in SD&G during the Easter weekend resulted in 260 charges being laid for speeding offences and 10 charges for seatbelt infractions.

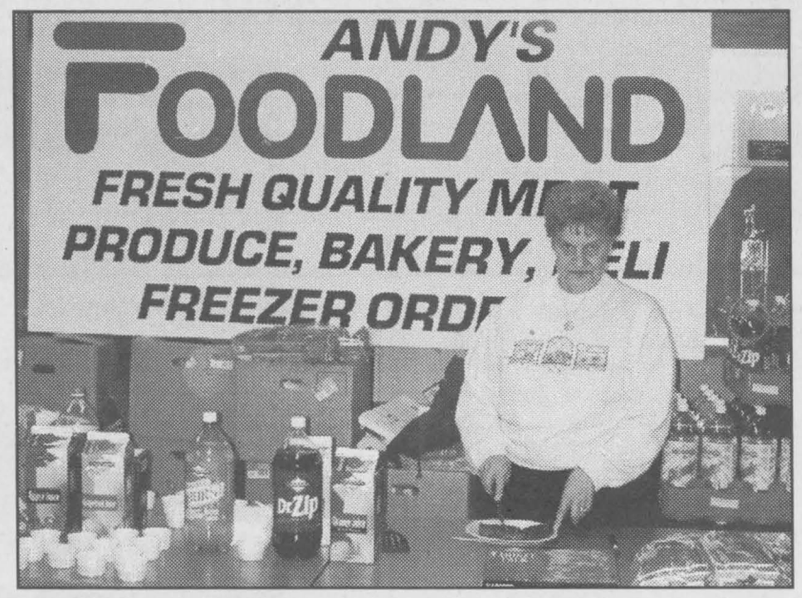
Slow down on Belanger Road

WINCHESTER — Drivers using Belanger Road are asked to slow down and share the road when meeting traffic. Construction in that area last fall resulted in a narrowing of the paved portion of the road in the north bound lane. North bound traffic, in an attempt to stay on the pavement, is now crowding the space allotted for south bound vehicles. Please be aware of this situation and use extra caution when travelling this road.



Best shirts

Nine-year-olds Danielle Roffey (left) and Leigh Warren of Winchester were delighted to uncover matching yellow plaid shirts at Winchester's Arena Sale on Sat., April 28. The girls had already decided they would sport their matching attire to school on Monday. Photo — Cameron



Spreading out the goods

Andy's Foodland of Winchester was very visible in the front lobby at the annual Winchester Arena Sale on Sat., April 28. Theresa Monette, owner Andy Hamel's mother-in-law, pitched in at this year's sale and helped ring in the steady flow of purchases. Photo — Cameron

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NDDHS tries to 'make it there'

MAPLE RIDGE — A trip to New York begins a busy month for the music department at North Dundas District High School. The senior concert band and jazz band loaded onto a bus this morning (May 2) for a five-day trip to the big city.

The bands will have two chances to perform during their stay: at an elementary school and in the South Street Seaport in Manhattan where there's a public concert space. The rest of the trip will be dedicated to New York's main attractions: the Statue of Liberty, the Empire State Building, a Broadway show and a New York Philharmonic Orchestra concert.

All four NDDHS bands will be in Cornwall the following week to compete in the annual Kinsman Festival at St. Lawrence College. The junior concert band will play on Tues., May 8 at 1 pm and the jazz band at 2 pm. The next day, Wed., May 9, the senior concert band will play at 11 am and the jazz band at 1 pm.

The music department's big finale is only two weeks off. The Spring Concert will feature the festival pieces of all four bands on Wed., May 16 at 7 pm.

The senior bands will have one final opportunity to perform in Hull. The national festival happens to be close to home this year, so the two senior groups will be taking advantage of the chance to compete, May 23 and 24.

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The Seaway Valley Singers are ready to present their Spring Frolic at the Upper Canada Playhouse this weekend, May 4-5. For the first time, the chorus is trying its hand at a musical satire. At right, front row, Bob Burgess (left) and Jill Dumaresq (right). Second row, Steve Kenward, Tony Gross, Randy Shoaf. At the back, George Davies (judge), Ron Bastien, Jim Duck and Bill Kurschinski.

Press Photos — Gillespie

Satirical opera hits Playhouse stage

MORRISBURG — The Seaway Valley Singers are in the final rehearsals for their Spring Frolic to be presented at the Upper Canada Playhouse this weekend.

The Seaway Valley Singers are trying out a musical satire for the very first time. The production will be on stage at the Playhouse on Fri., May 4 and Sat., May 5.

If you like full chorus singing, small ensemble work, quartets or solos, you'll find that the Seaway Valley Singers have something to please everyone at their spring concert. The chorus group will present something for every taste, from madrigals to barbershop, as well as a musical satire.

This is a choral society which continues to promote fine choral singing in a variety of musical genres. A balance of hard work and laughter is maintained by music director Alex Thomson. Drawing on the directing abilities of Stephen Kenward Jr. for the B# Barbershop and the Renaissance Revived — two groups from within the chorus — and spotlighting the talents of individuals, Thomson has produced a showcase of considerable depth.

Backstage, Molly McKibbon of Winchester has volunteered her cosmetology skills to provide makeup for cast members.

Contact the Upper Canada Playhouse for ticket information (613-543-3713).

On Wed., May 9 the Seaway Valley Singers will be appearing in a benefit concert for St. Matthews Presbyterian Church in Ingleside. The concert will be held at Rothwell-Osnabruck High School.

Making sense of census taking

OTTAWA — On Tues., May 15 more than 31 million people in 11.8 million households across Canada will "count themselves in" when they mail back their completed 2001 Census questionnaire.

The data collected in the census provides valuable information on economic, social and demographic conditions and trends in Canada. In fact, census data are related to many federal and provincial acts and programs, including federal transfer payments, old age security, official languages and war veterans' allowances.

Prior to the 2001 Census, Statistics Canada consulted with numerous organizations, including all levels of government, business and labor, educational organizations, libraries, national associations, community groups and the general public. Based on the consultations and subsequent focus group testing, the National Census Test was developed to test new or revised questions and provide input on content, wording and layout and the usefulness of the census guide. The results of the National Census Test, together with the recommendations from major data users, national and community organizations and input from private citizens were used by Statistics Canada to finalize its recommendations to cabinet for the content of the 2001 Census.

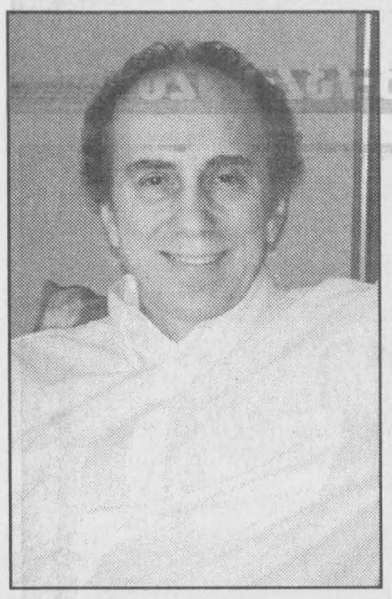
The short form, which goes to 80 per cent of households, contains seven basic demographic questions, including name, age, sex, marital and common-law status, relationship to person one and mother tongue.

For the 2001 Census, the definition of common-law couples has been changed to include two people of the opposite or of the same sex living together as a couple but who are not legally married to each other. This definition is included in questions on common-law status and relationship to person one.

The long census form, which goes to 20 per cent of households, includes the same questions as the short form as well as 52 additional questions on education, labor force, activity limitations, mobility, sociocultural information, household activities, income, language and housing. The 2001 Census will also ask what language the respondent uses at work and which other languages are spoken at home on a regular basis. For the first time in 30 years, the questionnaire asks respondents to indicate the birthplace of their parents. A question on religion, included every 10 years, has also been added to the long form.

The first 2001 Census results, population and dwelling counts, will be released in spring 2002; other census variables will be released beginning in the summer and fall of 2002. Census data will be available in both print and electronic form, including diskette, magnetic tape, CD-ROM and via the Internet. Custom products and services will also be available upon request.

Everyone counts on Tues., May 15. Don't forget to count yourself in!



Paul Beshara

True healing comes from human touch

WINCHESTER — Relaxation and pain relief are what Paul Beshara offers at Winchester Massage and Orthotherapy. He opened his new clinic in the village last week on Dawley Drive.

As an orthotherapist, Beshara uses massage and kinesiotherapy to help people regain their normal range of motion and a normal state of well being. He also recommends herbs and essential oils to clients which will complement their treatment.

Beshara has been practising from a clinic in Casselman and will continue working there part-time. His goal is to soon move full-time to his clinic in Winchester.

The Canadian College of Orthotherapy in Ottawa is where Beshara gained his expertise. He started his career as an addiction and alcohol councillor after specializing in the field at university. However, he began to suspect there was something missing from his method of assistance. "During my years of addiction counselling I realized there was no true healing without the human touch."

In setting up his office, Beshara paid particular attention to creating a soothing environment. Music accompanies every massage, along with whatever else will help a patient relax. He said that some people like to talk, some don't. Candles help others unwind. He also uses heat packs as part of the massage.

Each session concludes with a warm soak for about 15 minutes in either a mud, milk or salt bath. Beshara installed a new 20-jet air-massage bath in its own room just for that purpose.

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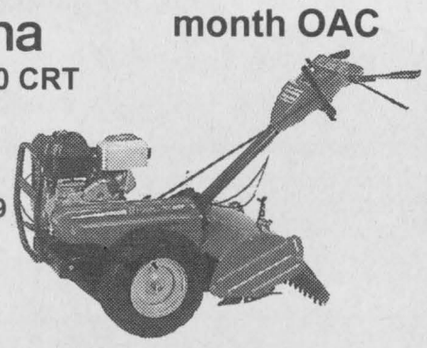

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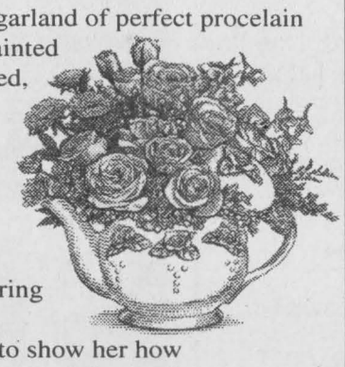

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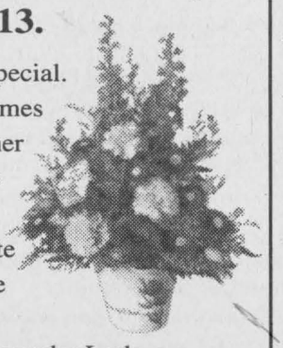

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EDITORIAL

A Chamber of Commerce

The body that calls itself the Winchester Chamber of Commerce met again this week, about a year after meeting last year to decide whether to continue as a Chamber of Commerce.

But in choosing an executive for the Chamber, members present wondered about their mandate. And, because there has not been an active Chamber in Winchester for so long, members wondered what a Chamber of Commerce should be doing.

We took the liberty of looking up Chambers of Commerce on the World Wide Web. The best site we found for information was the Calgary Chamber of Commerce website.

Essentially, we found that a Chamber of Commerce represents the business sector of a community.

This website included an FAQ (frequently asked questions) that may help.

What is a Chamber of Commerce? A Chamber of Commerce is a voluntary federation of the business community. It unites the efforts of business and professionals to ensure that the entire community realizes a healthy economic and socio-economic benefit. By working as a group, it enables its membership to accomplish collectively what no one person or group could accomplish individually.

How does it work? Committees are a key component. They are comprised of Chamber members or other interested individuals and are formed to address specific issues or interest areas. They are also one of the best ways for membership to become actively involved in policy development around various issues.

What does a Chamber of Commerce do? The Chamber represents and promotes the area's economy and encourages business and industrial investment. This in turn helps to broaden the tax base and provides new employment. To business prospects and newcomers, the Chamber represents the community's self-image.

Why join a Chamber of Commerce? The Chamber of Commerce is the salesman for its community and businesses. Chambers unceasingly promote these communities' products and services while at the same time being their watchdog. This results in Chambers protecting their interests, particularly in the political arena.

Other examples are closer to home. To the south, the South Dundas Township Chamber of Commerce has proactively raised its membership by including the business sector of the entire recently amalgamated township. Taking it a step further, the township plans to attract local farmers to the Chamber, as they too represent a large part of the business sector.

Monthly meetings held by the South Dundas Chamber of Commerce feature guest speakers who talk about a variety of issues to do with business development and improvement.

To the north, the Osgoode Ward (former Osgoode Township) is doing something similar, combining all business community groups into one larger, more powerful Chamber of Commerce.

There's safety, and power, in numbers. The Winchester Chamber need only look to its neighbors for examples of how it may proceed. By branching out and inviting all businesses within North Dundas Township to join, the North Dundas Chamber of Commerce could indeed by a viable force.

L.G.

Just a little off the top, please

But seriously...
by Lori Gillespie



For a woman, a haircut can be a religious experience. Especially if, when the hair stylist is finished, she turns to the mirror and screams, "Oh my God!"

For any women I know, changing a hair style is a big decision. Huge. Monstrous.

It requires hours of consultations with other girlfriends, who help her to mull over magazines of movie stars and declare what would "look fantastic on you!"

Most men, on the other hand, tend to stick with the cut they were born with. You don't often notice a man changing his hair style more drastically than to have it cut shorter during the summer.

When I was in high school, the trend for boys was to grow their hair long. At least, it was at my school. And the boys with the long hair were "cool". I think that was probably because our parents thought they were not so cool.

Glancing through my own childhood photographs recently, I was horrified to see how many different hair styles I've tried in my life. It's been short, then long, then short, then frizzy, then permed badly and so on.

First, there was the "don't have much hair yet" stage, which grew into the "curly hair going every which way" stage.

Then there was the stage that horrified my mother. It involved a pair of scissors and a hiding place behind the arm chair in the living room. It also involved two weeks before I was to perform as flower girl in a wedding.

By the time I got to Kindergarten, I had a nice, thick head of hair that led my mother to making me stand for at least minutes at a time while she used a curling iron to curl all of the ends under, so that I looked really, really cute. Sorry, I have to say it.

But apparently, that was the last time.

By the time Grade 2 rolled around, I had a long, thick mane of black hair that I hated to brush. So I didn't.

To my mother's horror, I escaped most mornings to walk to school with unbrushed hair. I may have looked like a ragamuffin, as she pointed out, but my head didn't hurt.

Fed up with that phase, my mother had my hair cut shorter, into what I refer to in therapy as "the ugly years". I don't remember anything about those years, and the pictures are soon to be destroyed.

Well, maybe it didn't help that as I was in those awkward years of Grades 4-8, I also wore glasses. Or was supposed to wear them.

But I have to say, my Grade 9 haircut was the worst of the lot. And to prove it beyond a reasonable doubt, on picture day that year, I forgot what day it was and my frizzy, permed hair was frizzier than on any other day that year. The ugly, pink striped shirt didn't help, either.

But as high school carried on and so did I, the hair grew out once again and I took an interest in grooming. Well, I had to. There were all those long-haired boys out there.

In college, the frenzy of activity left me with little time to tend to my locks. When a really bad perm didn't help the matter one bit, I had those locks all chopped off, and went around with a pixie cut for several years.

You might notice I've completely left out the attempted dye jobs on my mop. For good reason.

And no, I never tried blonde, wise guy.

How your hair is styled can say a lot about you and where you are in life. I think the problem for most of us, though, is keeping up with the constantly changing trends in hair styles.

I don't know how they do it, but movie stars always have different styles. And I'm never on the same page as the trends.

A couple of years ago, bangs were out of fashion. But I'm slow to accept change, so I held on to them. Then I decided to join the rest of the people baring their foreheads, and grew out those bothersome bangs.

This year, bangs and fringes are in.

It's the story of my life – always two steps behind, and a little off the top.



This week in...
by Chris Zabel

1921
If atmosphere does assist the creation of poetry, there was a remarkable opportunity for a budding poet. Alfred Lord Tennyson's former home, Aldworth, was up for sale. It could have been said that such a house would be more suitably inhabited by an "arrived" poet than used for the workshop of one who had still to make the world listen. It was thought that possibly some philanthropist would take over the house and establish a poets' colony.

1931
Hot dogs from an automatic machine were sold for the first time at the Leipzig Spring Fair in Germany. Upon dropping three ten-pfennig pieces into a slot and turning a handle, a real red-skinned sausage, steaming and delicious, came out of the machine. It could hold 50 sausages in a steam chamber. Upon turning the handle, one dropped into hot water and then slid down onto a paper plate. A small pump squirted mustard onto the edge and a slice of bread emerged. The heat was regulated automatically so that the hot dogs were delivered at the perfect temperature.

1941
The words of Sir Francis Drake to Queen Elizabeth after his historic circumnavigation of the globe in 1880 were recalled. Their purpose was to rally the spirits of the Royal Canadian Navy and the Canadian Merchant Marines as they defended themselves against Hitler's brutal hordes: "We have opened the gates of the sea. We have given you the keys of the world. The little spot ye stand on has become the centre of the earth. From this day forward the British merchant can rove whither he will and no man shall say him nay. See that ye hold fast the heritage we leave you. Yea, and teach your children its value, that never in the coming centuries their hearts may fail them or their hands grow weak. Henceforth we will fear only God."

1951
Every school and college has its own colors and every student is justly proud of them. When it came to cadet inspection time each year, no colors flew higher or prouder than the immortal purple and gold of Winchester High School. Students were preparing for their eighth annual inspection day of the Winchester High School Cadet Corps. In the previous four years, the army cadets had never placed lower than third in their group.

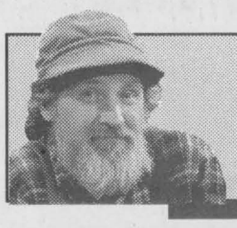
1961
A pledge that the Liberal Party could and would win the next federal election was made by members of the Grenville-Dundas Liberal Women's Association. Four years into the Diefenbaker government, local Liberals were getting restless. Their prediction that "the people of Canada are not going to be fooled twice" turned out to be accurate in 1963.

1971
The board at WDMH voted against a request for a cigarette vending machine at the hospital. The board voted in favor of a policy to allow cigarettes to be sold though the auxiliary tuck cart on Tuesdays and Fridays. Cigarettes were not available in the hospital except through this service and hospital staff would not be used as "errand boys" to purchase smokes for patients.

1981
Marking its 21st year in operation, Upper Canada Village was adding new features. In the new cabinetmaker's shop, the staff would spend the summer rebuilding a stage coach with steamed wood. There would also be a new saw mill, complete with a pump-boring machine which would turn logs into pipes.

1991
Ontario's anti-drug secretariat launched an innovative new Drug Helpline for alcohol or drug trouble. It was the first province-wide telephone distress line devoted exclusively to substance abuse. All calls from the 613 area code were answered by the Ottawa Distress Centre.

Looking old can help you



North of forty
by Red Green

I have a 17-year-old car. The paint has faded, and the chrome is flaking, and there's rust all over it. Some guys would get all the body work done and a fresh coat of paint. Maybe a ring and valve job. But that's not my way.

No matter how much you repair or replace, the sad truth is that all of the parts of that automobile are old and tired. And since nobody is crazy enough to replace all of the parts, more sooner than later, one of them is going to break down. To me, the only way to keep it on the road is to remember the car's failing health and treat it with tenderness and extreme respect.

If I get a new paint job, I'll forget it's an old car. Then, when it doesn't start or something doesn't work, I'll be disappointed. I like it better now. It looks like an old pile of junk, and when it gets me where I want to go, I consider it a miracle. It's called "contentment through lower expectation". It's also why I don't dye my hair.

THE CUT MAN

I hate to admit it, but I like watching boxing. Not in person, but on television. And not when it's anyone I know or ever dated. I think what appeals to me is the fundamental struggle against an obvious and worthy opponent and the ultimate personal discovery about a man and his own personal courage. For me it's a microcosm of life.

Now every boxer has three guys in his corner. And the most important of these is what they call a "cut man". He's the guy who patches you up between rounds so you can go back out and continue the fight. I think in life we all need a good cut man. Somebody who can make us smile or cheer us up or even just pay for the beer.

Some of us don't have a knockout punch or blinding speed and we'll never win any titles, but if we have a good cut man, we can at least make it to the last round, and that's all that really matters. You can't win at life anyway. The ending is fixed.

AGGRESSION DEPRESSION

For anybody who's played contact sports or sold timeshares, you've been told many times that aggression is a good thing. If you want something, you have to go after it. Nobody's going to hand you success; you've got to butt into line, reach out and grab it.

They call it the "killer instinct", and a lot of us encourage it in our kids and our athletes and each other. And then we hear on the news about fights in the stands and road rage and belligerent airline passengers.

Maybe we need to temper this whole aggression thing. We're ending up with a lot of really crabby people doing well.

That's not a good trend. Society gets a little scary when every time people see a yellow light, they step on the gas instead of the brakes.

COMMUNICATION REQUIRES INTERPRETATION

Communication is a very important part of everyone's life. But to be able to understand people, you must realize that they often say the exact opposite of what they mean.

For example:

— "It's not you, it's me."

— "Have you lost weight?"

— "If I had to lose to somebody, I'm glad it was you."

— "I can't eat all this."

— "Head office has ordered me to let you go."

— "You look younger every year."

— "As your former employer, I'm so pleased you've become so successful."

— "I'm from the tax department and I'm here to help you."

Quote of the Day: "Don't squat with your spurs on." — Red Green

---

Red Green is the star of "The Red Green Show", a television series seen in Canada on the CBC Network, and the author of "The Red Green Book" and "Red Green Talks Cars: A Love



Winchester's Cowell sisters — Lindsay (left), who skates, and Kristen, who dances — know that active living and a calcium-rich diet can help prevent the onset of osteoporosis. And it's never too early to start those healthy habits. For more information about how you can build and maintain healthy bones, call Health Line at 1-800-267-0852.

Parents: Help ward off osteoporosis by example

WINCHESTER — Attention parents: If imitation is the sincerest form of flattery, prepare to be flattered. Bonus? Your children will be healthier. Here's how it works: Children learn by example, especially by their parents' example.

If parents are keen on living healthier lives, it follows that their children will pick up some of those good habits too. And one of the best habits you can pass on to your children is preventing osteoporosis. Osteoporosis equals brittle bones. But it can be prevented, and it's never too early to start warding it off.

"It may not always seem so, but children and even teenagers are influenced by their parents' habits, choices, and guidance," said Cathy Coppola of the Eastern Ontario Health Unit. "Being a good role model is one of the most natural ways of helping children grow up strong and healthy."

Here's how parents can help themselves, and therefore their children, avoid this crippling disease:

— Have milk or dairy products(cheese, milkshake, yogurt) daily (see chart).

— Enjoy regular physical activity together — three to four times a week. For example, walking, running, basketball and dancing.

— Stop or don't start smoking.

— Avoiding or limiting alcohol and caffeine.

Servings of daily recommended milk products:

— Children ages four to nine — two to three servings;

— Youth 10-16 — three to four servings;

— Adults: two to four servings;

— Pregnant or breastfeeding women: three to four servings.

BARE BONE FACTS

— Old bone is replaced every seven to 10 years.

— At 35 your bones are as strong as they'll ever be.

For more information about preventing osteoporosis, please call Health Line at 1-800-267-0852.

All-star dancing

VERNON — They'll be kicking up their heels in Vernon this month. The All-Star Country Dance is on its way to the village, thanks to the Ottawa Valley Country Music Hall of Fame and the Vernon Recreation Board.

Hall of famers Ralph Carlson, Bob Desmond and Howard Hayes will be appearing, along with Lauren Hall and Chris Last. The band Unwound, featuring Rodger Coulombe, Dale Ducharme, Buddy McCann and Ed Pigeon, will also be appearing.

The All-Star Country Dance will be held at the Vernon Recreation Centre on Sat., May 12, 8 pm to 1 am (doors open at 7 pm). Tickets are $5 each and there will be a cash bar and refreshments available. Tickets can be purchased at IDA Pharmacy in Winchester, or by calling the Vernon Recreation Board at 821-2057 or 821-2539.

LETTERS TO THE EDITOR

Street names issue "hardly relevant"

The Editor:

I have difficulty following your argument in your recent editorial on fire safety (*"Safety in street names" by Lori Gillespie, April 25, 2001*). I understand your concern with duplicate road names within the municipality of North Dundas and I would have assumed that this would have been addressed before the implementation of the 911 system or, at the least, with the group of changes to road names to which you refer.

I do, however, take issue with comments regarding the recent decision by council to forgo name changes for two roads in the area. In one case, the residents living on that road proposed what they felt was an option which would likely provide faster and more direct emergency service to River Road and council agreed. In the other case, the historical name by which the road was named for almost 100 years, after one of the earliest settlers in the area, was retained and the option of changing the name of Guy Road to Baker Road was left open if the one resident who addressed his concern about people finding his road wished to have the same name all the way to County Road 31. At no time was the problem of emergency vehicles having to deal with duplicate names an issue, but safety was discussed and addressed.

One item pointed out at that meeting was that many of our roads in the municipality do not directly abut on a major route and if emergency personnel cannot have adequate training to find these addresses, then I pity a great proportion of our citizens. Because a road does not happen to join a county road is not reason enough to change history. Secondly, the mention of duplication of road names with other municipalities next to us should not be a factor. If so, maybe we'd better change names like Queen or Main, lest our firemen end up downtown Ottawa or an ambulance ends up in Morrisburg when given a St. Lawrence Street address.

I would think you might better have addressed the issue of how our emergency system reacts. Firstly, I assume that all calls would automatically indicate the municipality, and unless firemen are being requested under the old system of mutual aid to our neighbors, they should be going to a North Dundas address when dispatched. Local emergency personnel should have at least an idea where most of the roads in our township are located, although I realize that often ambulances are dispatched from other areas and are not as familiar with our addresses.

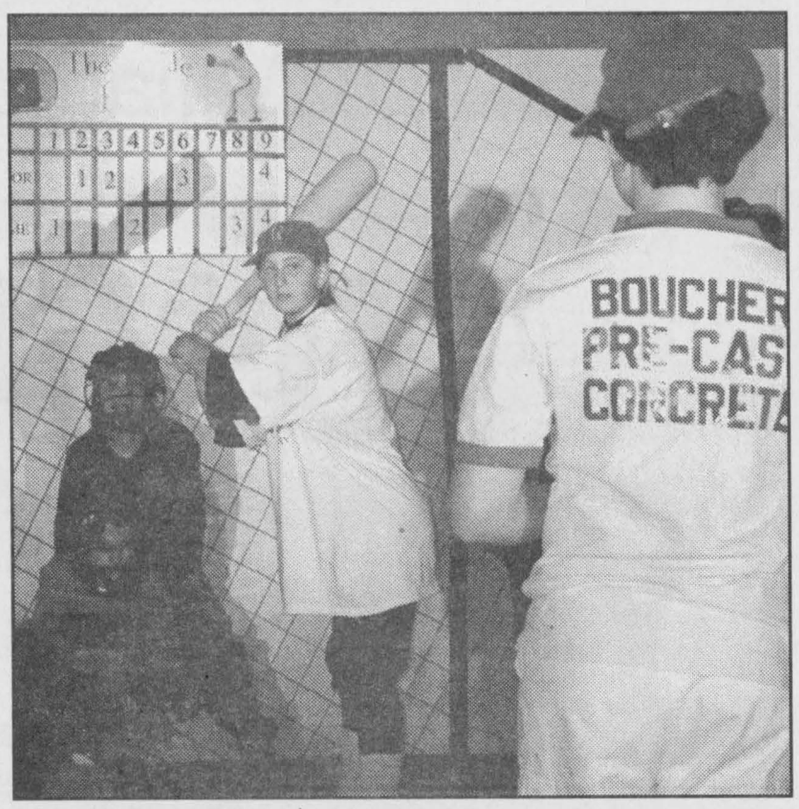
I also feel that our 911 system, although dispatched from outside our area due, I believe, to cost restraints, should have personnel who have access to up-to-date maps and appropriate training in order to assist in locating all addresses. I would also assume that they should indicate the municipality, especially when contacting ambulances.

Yes, safety is an issue, and I believe council addressed this as best it was able to in the two cases mentioned, without totally ignoring history. If there are problems with duplication of road names or of emergency vehicles unable to find addresses due to poor dispatch techniques, address them in your editorial. Don't refer to two cases which are hardly relevant to the situation described and try to make issues where there are none.

Dwayne Holmes
Winchester

OPINIONS

The *Press* welcomes letters on subjects of interest to the community. Letters must be signed and include the writer's telephone number. Letters may be edited for length, grammar and libellous statements.



There's the pitch...

Morewood Public School presented its spring concert on Thurs., April 26. The Inside Pitch was a one-act musical play involving the ups and downs of eight kids writing a report on the history of baseball. The stage spread itself throughout the audience, with bases, players as base coaches standing in the audience, and a spectacular set-up for the pitcher's mound and the batter's box. The story examined the historic tales of Hank Aaron, Babe Ruth, Ted Williams and more.

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South Dundas Guiders

In recognition of the Year of the Volunteer, the Girl Guides movement is acknowledging all of its leaders with a specially designed pin. South Dundas mayor Johnny Whitteker was asked to be a special guest on April 26 at the Chesterville Legion to present these pins to the Guiders in his township. Leaders receiving pins were Paula Murray with Iroquois Guides (back left), Amanda Helmer with Iroquois Pathfinders, Louise Backes with Williamsburg Guides, Laura Dea-Carlsson with Iroquois Sparks, and Hannah Barkley with Williamsburg Pathfinders.

Press Photo — Zabel

Shepherd Talk

by Pastor Bud McKibbon

No doubt about it

Looks like rain today. I hear we need it. Last year at this time my back acreage looked like rice paddies. There was water everywhere.

Some things we need not speculate upon for they are certain to occur. No one doubts the arrival of the Canada geese. The black flies and mosquitoes will soon be with us, especially during yard work and ball games. No need to doubt hearing the mating calls of the song birds, nor seeing the ebb of spring run off in creeks, or the arrival of golfers.

Each year we all speculate upon conditions for the anticipated growing season and for when to take our vacation. Usually by fall we have to agree that it was a great summer that God gave us.

The Bible says that God, "causes his sun to rise on the evil and the good and sends rain on the righteous and the unrighteous." We can therefore be certain that we too will enjoy the rain and the sunshine.

Jesus said to his disciples: "I tell you, do not worry about your life, what you will eat; or about your body, what you will wear. Life is more than food, and the body more than clothes. Consider the ravens. They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds! Who of you by worrying can add a single hour to his life? Since you cannot do this very little thing, why do you worry about the rest? And do not set your heart on what you will eat or drink; do not worry about it. For all the nations of the world seek these things, and your Father knows that you need them. But seek his kingdom, and these things will be given to you as well."

There is a sign I see that reads, "If you have eaten today, thank a farmer." This is true. Instead, I would like the sign to read, "If you have eaten today, thank God for farmers."

God loves us and looks after us. I pray we will all seek to know God's wonderful purpose for us. Worship the Lord in the splendor of his holiness. May God continue to bless you.

This column is provided courtesy of the North Dundas Ministerial Association

Council notes from South Dundas

Fire hall expansion

WILLIAMSBURG — A tender has been accepted for the expansion and renovation of the Iroquois Fire Hall. South Dundas Township council accepted a $232,306 tender from Swank Construction at its April 26 meeting.

Two new bays will give firefighters four bays for their vehicles. Currently, the department has three vehicles along with all of its equipment crammed into two bays. The problem has been that when all of the trucks are in the garage, there is no room to move. The extra bays in the garage will allow lots of space for the volunteers to stow their gear and to clean it properly after calls.

A new steel roof is another part of the job. The current roof leaks and the timing of the renovation is a way of side-stepping costly repair work.

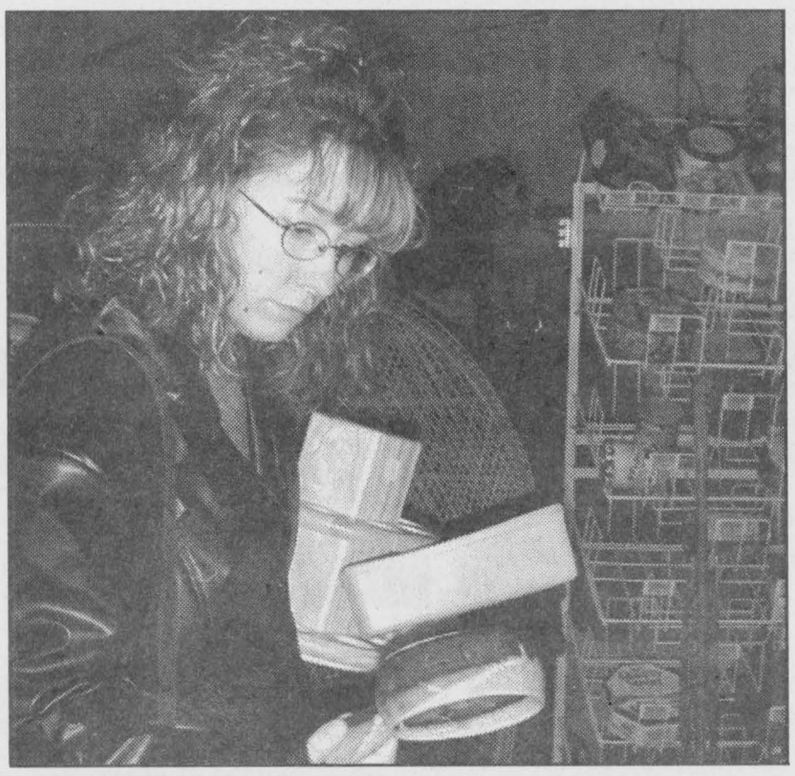
Tulip parade

Council passed a motion to allow township fire trucks to drive to Ottawa as part of the Hydro One Tulip Gateway Parade. Technically, the bylaws dictating the use of the trucks allow them only to leave the township to fight fires. In this case, they will be driving to Lansdowne Park for a barbecue lunch. The motion passed with the one qualification that someone should make sure that not all of the trucks are leaving that day.

Good new for composters

The compost site in Morrisburg is back in operation under the control of volunteers. There are about a dozen people who will work on a rotating schedule to open the gate and monitor dumping on Tuesdays and Thursdays from 6 pm to 8 pm. The schedule will change in the months of October, November and April when the site will be open from 1 pm to 4 pm.

The compost site is located on the north portion of Industrial Road in Morrisburg. All organic material from the lawn and garden is welcome, including small branches from trees and hedges. People bringing material in plastic garbage bags will be asked to dump them and take the bags with them when they go. Unwelcome items include lumber, bricks, building supplies and household waste.



Full house

The House of Lazarus in Mountain hosted a well-attended giant yard sale on Sat., April 29. The sale, which was held outside the House of Lazarus in the Mission Annex Building, offered a wide variety of items, ranging from dishes and decorative items to toys and furniture. Stacey Scheepers of Winchester has her hands full as she fights her way through the sale's crowds. Three more yard sales are tentatively planned to take place this year, with all proceeds from the sales used to supplement the food bank.

Photo — Cameron



Turner–Angus

Jim Angus and Annette Turner are delighted to announce their marriage on March 14, 2001, aboard the MS Maasdam in Georgetown, Grand Cayman Islands.

Picadilly corn to aid painting

WILLIAMSBURG — It won't be long before the Picadilly Theatre in Williamsburg is restored to its former glory. And to fundraise for the project, members of the Williamsburg Historical Society will be in front of the theatre on Saturday (May 5) selling Picadilly Popcorn.

Anyone visiting the village for the massive Williamsburg Yard Sale will want to stop by the theatre for a snack. The historical society has plans to repaint the theatre in the near future. The exterior signs and the marquis will also be restored. The goal is to restore to the village some of the charm of the 1930s.

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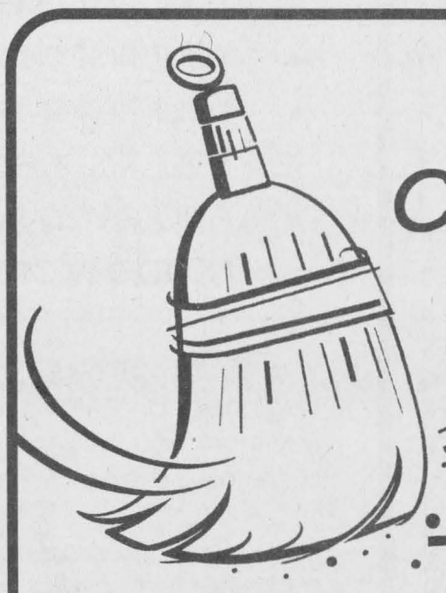
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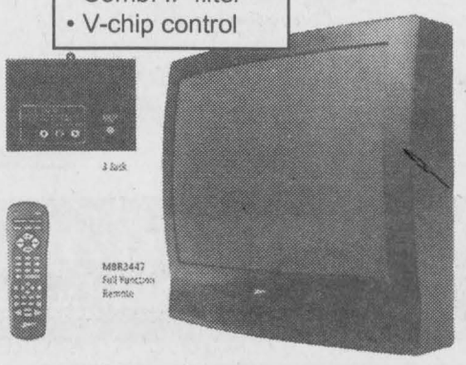
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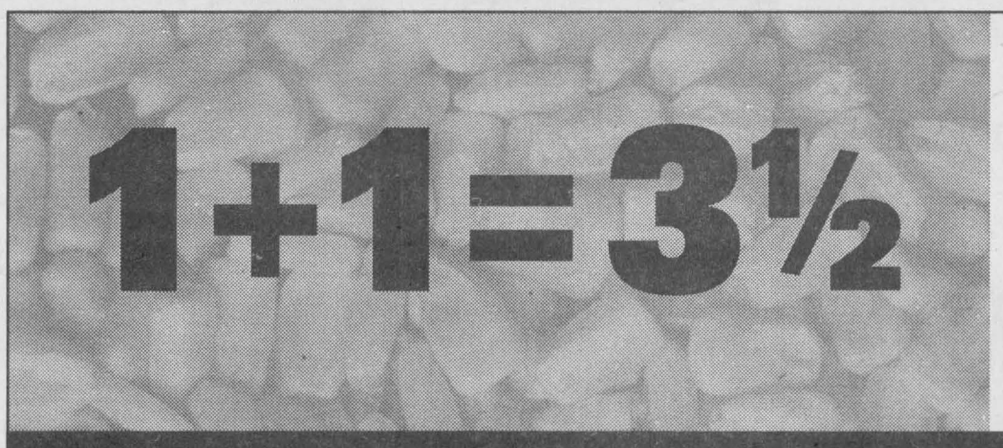
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Farmers' Market opening

METCALFE — The Metcalfe Farmers' Market is set to open on Sat., May 12 with 75 friendly vendors selling garden plants, vegetables, preserves, meats and sausages, baking, dried flowers, crafts and furniture.

President Linda Cook invites you to the grand opening, where visitors will enjoy the spring offerings of bedding plants, herbs, flowers and vegetables. There are producers who offer honey, meats, preserves and all manner of baked goods.

As well, there are crafters who produce tole painting, pottery, stained glass and jewellery. There are also furniture makers who work in the finest materials to create stools, tables, desks, hutches, TV units, media storage racks and lamps.

Market manager Nancy Dixon said there will be a greater focus on theme-related entertainment each week at the market, especially live music.

The Metcalfe Farmers' Market runs until Oct. 20, every Saturday from 8 am until 12 noon at the Metcalfe Fairgrounds. A children's activity area is available, as well as plenty of free parking and wheelchair accessible facilities.

Farm expert talks to seniors

by Marjorie Baker

MOUNTAIN — The Mountain Community Hall was the meeting place for the Mountain Seniors on March 28 for their regular meeting. Audrey Gibson welcomed everyone and opened the meeting with the singing of O Canada and the Lord's Prayer.

The minutes of the last meeting were read by Murla Timmins and approved. The treasurer's report was given by Mavis Graham. Irene Crowder presented the kitchen report.

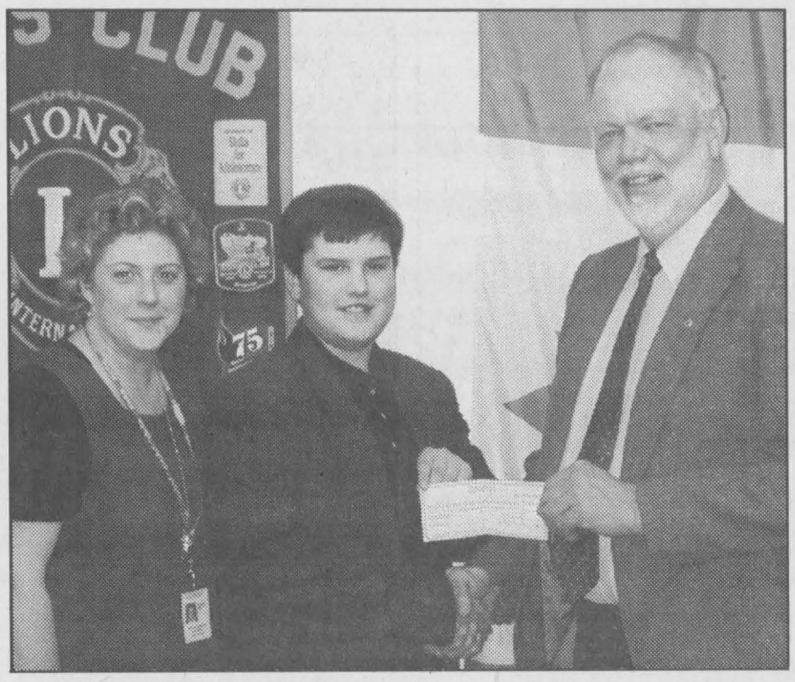
A short discussion was held on business, and information was given about the upcoming Seniors Games.

Lanson Hyndman thanked the group for the get well cards and visits he received while he was ill. A card was signed by the group and sent to Ruby Boyd for her recent illness. A minute's silence was observed in memory of Anna Mae St. Pierre, who passed away recently.

Birthdays were acknowledged and grace was sung with Hilda Kirkby playing the piano. A potluck dinner was enjoyed.

The program opened with an interesting poem read by Murla Timmins. George Suffel shared his poetry and jokes and introduced guest speaker Tom Clapp. He spoke about his career as a farm specialist, travelling and teaching in different countries. He finished with a poem, Being Thankful for our Many Blessings.

Murla Timmins presented him with a small gift of appreciation and the meeting was closed.



Generous youth

Eleven-year-old Kevin Tanner of Russell impressed the Russell Lions Club recently when, upon winning $245 in a 50-50 draw at a Lions event, the youth promptly handed the money over to Winchester District Memorial Hospital. The draw was made at a roast for Richard Hamelin. The Lions were so impressed that they presented Tanner with a scooter for his generosity. Left, WDMH foundation co-ordinator Kim MacLennan, Kevin Tanner and WDMH board chair Dwayne Holmes.

Press Photo — Gillespie



For the dialysis unit

The Russell Lions presented the Winchester District Memorial Hospital Foundation with a cheque for $10,000 at its meeting on Tues., April 24. The money is earmarked for the hospital's dialysis unit. The target of $300,000 for the dialysis unit has almost been realized, and organizers expect the total to be reached by late summer. Left, WDMH foundation co-ordinator Kim MacLennan, Lion Danny Proulx and WDMH foundation chair Dwayne Holmes.

Press Photo — Gillespie

Share potluck

by Jean Casselman

WILLIAMSBURG — A potluck dinner kicked off the regular monthly meeting of the Williamsburg Seniors' Group on Tues., April 17. There were 20 members in attendance.

Before the meeting began, the group was given a puzzle to think about. President Ruth Casselman opened the meeting with O Canada, accompanied by Hilda Garlough. A silence was observed in memory of the late president Olin Smith.

The report of the March meeting was read and the treasurer's report was given. The correspondence consisted of thank you letters.

As there was no new business, the meeting was adjourned. Cards were played for the remainder of the afternoon.

OBITUARIES

M. Isobel Feeley

M. Isobel Feeley (nee Armstrong) died peacefully at the Winchester District Memorial Hospital on Thurs., April 25, 2001 in her 90th year.

She was the wife of the late Lorne C. Feeley and the loving mother of Henry (Maxine), Blake (Beverley) of Chesterville and Jean Sullivan of Cornwall. She is also survived by eight grandchildren and 13 great-grandchildren. She was the daughter of the late Henry Armstrong and Charlotte Flemming.

Mrs. Feeley was predeceased by sister Helen Irven and brother Borden Armstrong.

A private funeral service was held in the chapel of the Chesterville Funeral Home on Sat., April 28 with Rev. Bert de Bruijn officiating. Interment followed at the Morewood Presbyterian Cemetery.

Pallbearers were Earl Garlough, Ken Armstrong, Glen Sullivan, Jim Feeley, Barry Feeley and Tom Feeley.

Memorial donations to the charity of choice would be appreciated by the family.

David Rennick Melvin

David Rennick Melvin died on Tues., April 24, 2001 at London Health Sciences Centre, Victoria Campus, London, Ontario. He was 80.

Mr. Melvin was the beloved husband of Orma (McMillan) Melvin and dear father of Lindsay Leinen (Ingo) of Pembroke, Hart Melvin (Sherab) of Toronto, JoAnn Beaupre (Peter) of Denver, Colorado and Carl Melvin of Toronto.

He was a dear brother of Eileen Elliott of Ottawa. He was predeceased by his parents Hart and Hatti Melvin and sisters Jean, Eleanore and Betty.

Cremation with private interment. Arrangements entrusted to John T. Donohue Funeral Home, London.

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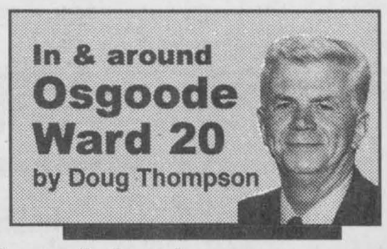
George Drew: A true 'community' man



The sudden passing of Osgoode village resident, George Drew, saddened our community. George was one of those people who you certainly could call a true 'community' man.

He worked tirelessly as a developer, bringing well-planned housing developments to our area. As well, his commitment to the Osgoode Lions Club was legendary. Any project the club was involved with certainly brought George Drew out to lend his capabilities in any fashion he could. But the most important part of his life was his family. His wife Claire, children Della, Paula, Jocelyn and Ian, as well as the grandchildren were always a part of any conversation you might have with George.

All of his associates and members of the community will miss George immensely, but certainly not as much as his loving family.

OSGOODE TRADE AND HOME SHOW: SUPERB!!!

As you arrived at the Osgoode Community Centre last weekend, there was a high level of anticipation. The parking lot was full of cars and kiddie rides. Young and old were walking/biking towards the site of the Osgoode Trade and Home Show. No one needed to worry about what was inside the arena because once again, the dynamic duo of Dave and Lyn Presley led a superior team of organizers to bring to life one of the finest Trade and Home Shows in Eastern Ontario. The Presley Team consisted of Catherine Douglas, Mary Lou Carreau, Kim Faith, Cathy Harrison, Helen Jasper, Linda Laframboise.

If anyone was worried about our volunteers 'packing it in' because we are now part of the big city, the Osgoode Trade and Home Show verifies volunteerism in Osgoode Ward is alive and well.

VOLUNTEER COMMUNITY COUNCIL MEETS

Our second VCC meeting was held last Monday evening in the Fred Alexander Room at the Osgoode Community Centre. The topics of the meeting were grants and rates for recreational facilities. Two City of Ottawa staff – Lanie Hurdle and Don Mason were present to outline present and future plans in these areas. Our next meeting will be held in Vernon at the Community Centre on Mon., May 28 at 7 pm. Volunteer Community Council members are Ron Eastman, Caitlin Lawlor, Bev McConnell, Dale Harley, Joe Banks and Archie Sayant.

VILLAGE CHOIR: HEAVENLY VOICES

Last Saturday night we had the great pleasure of hearing the village choir perform at the Russell United Church. The choir is made up of women from the local Embrun, Russell, Osgoode Ward area. I may be somewhat biased, but three of the finer voices may have been Marg Newsome (Edwards), Joan Bruce-Nibogie (Metcalfe) and joyful Judy Bailey (Vernon).

BILINGUALISM IN THE NEW CITY

My position on this issue has been very clear, that is that French be required only 'where it is warranted'. There is a move by a few city councillors to redefine the use of French in the New City. This was addressed at the Corporate Services Committee Meeting on this past Tues., May 1. The recommendations of that meeting are not available for this column, but I will update you next week. These recommendations will go to city council later in May, either May 9 or May 23. Please forward your comments to me.

MUSICAL HITS HIGH NOTE

Castor Valley Elementary School's renowned band and the ever-popular music teacher, Carol Ann Stewart, put on another fabulous concert entitled 'Circus'. The gym was packed with over 600 parents, students and friends, as the energetic Mrs. Stewart led the talented musicians through a spirited entertaining concert. Congratulations to all who were involved.

GREELY EXPO 2001

You have heard about it, read about it and this weekend you are going to see it. The Great Greely Expo 2001. Here is an outline of what awaits you at the Greely Community Centre on Friday, Saturday, Sunday, May 4, 5, 6 at the Greely Community Centre.

This is not just a Trade Show. The show features Air Bounce Amusements, a petting zoo, pony rides, food courts, tethered hot air balloons, Elliot The Magician, hourly couble cecker bus rides (Saturday 12-4 pm), lawn tractor races, ATV pull-off – I'm out of breath. The point is that this will be a tremendous three-day show. Mark it on you calendar.

Information — Call Debbie Pengelly at 822-2546.

QUOTABLE

The hours that make us happy make us wise.



Food bank gives thanks

Sat., April 21 was proclaimed Global Youth Service Day and Winchester's Pathfinders, Girl Guides, Brownies and Sparks observed the occasion by collecting an outstanding amount of non-perishable food items by going door-to-door in Winchester for the Dundas County Food Bank. Dundas County Food Bank board chair Diana Pethick estimated that the girls rounded up approximately one month's food supply for the food bank. Andy Hamel of Andy's Foodland, offered help by keeping his donation box in place for the remainder of the weekend.

Photo — Cameron

Grand opening

MOUNTAIN — Smiles and convenience items will help with the grand opening of the Mountain General Store on Saturday (May 5).

The store at 2218 Simms Street in the hamlet will be celebrating its grand opening by offering hotdogs, coffee and muffins to customers.

The store will open at 12 noon on Saturday. Owners Shawn Sternberg and Tracey Burns said their store offers movies, magazines, snacks, convenience items, crafts and more. The store's hours will be 8 am - 8 pm Monday to Friday, 9 am - 9 pm on Saturdays and closed Sundays.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North Dundas Guiders

In recognition of the Year of the Volunteer, the Girl Guides movement is acknowledging all of its leaders with a specially designed pin. North Dundas mayor Claude Cousineau was asked to be a special guest on April 26 at the Chesterville Legion to present these pins to the Guiders in his township. Leaders receiving pins were Carrie Laflamme with Winchester Guides, Darlene Sarchfield with Chesterville Guides, district secretary Marilyn Johnson, Shelley Sjolin with Chesterville Brownies, Deb Angel with Winchester Sparks, Tisha Hutchison with Winchester Brownies, Linda Kelly with Winchester Brownies, Melissa Sullivan with Winchester Pathfinders (front left), Colette Hutten with Winchester Guides, Patty Thompson with Chesterville Guides, Sheryl Giberson with Morewood Guides, Shauna Hector with Winchester Sparks and Paula Shaver with Morewood Guides.

Press Photo — Zabel

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Please note that applicants will be selected for interviews based on the needs of the respective areas they have applied.

Closing date: Tuesday, May 15th, 2001
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Metcalfe, ON
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Client Service Center
2155 Rodger Stevens Drive
North Gower, ON
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836-3337

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5670 Carp Road
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Support centre fills hole OMAFRA left

by Chris Zabel
Press staff

KEMPTVILLE — Farmers who felt abandoned when OMAFRA closed its field offices across the province last year will be interested in the Eastern Ontario Agri-business Support Centre. Located on the campus of Kemptville College, the main goal of the office will be to fill the role OMAFRA offices used to play in assisting communications within the farm community.

After opening at the beginning of April, the support centre had its grand opening last Wednesday (April 25). Manager Shirley Munro said in the upcoming months, she will be working to integrate her office into the operations of as many local farm organizations as possible. "I consider all farmers my clients, all 4-H, Junior Farmers, commodity groups and all agri-business," she said.

Keeping a schedule of farm events will be one of the most important services the office will perform, dealing with the area of Ontario east of Frontenac and south of Renfrew. An events calendar will be published bi-monthly in a newsletter.

A free subscription to the newsletter by mail is available simply by phoning the centre. Munro said she understands the importance of having this information in a handy form that farmers can read and then stick up on the wall. It will also be sent by e-mail. Eventually the centre will have a webpage where the calendar of events will be kept up-to-the-minute.

Munro said she is looking for contributors to fill the rest of the newsletter, and someone other than herself to write the editorial page. She hopes that farmers will contribute articles on a variety of topics, offering support tips to the rest of the community.

Communications among the grassroots will be the focus of the newsletter. "We can see how effective that is when we see how effective the farm rallies were," said Alvin Dobbie, the chairman of the centre's board of directors. These protests were successfully organized mainly by word of mouth.

The office will provide administrative assistance to farm groups. Besides a cost-free place to publicize meetings and events, the centre will offer free photocopying, typing of letters and minutes and internet resources.

When the OMAFRA field offices closed, many farm groups lost their meeting places. Munro said she can be of assistance in tracking down rooms for farm groups. Another key function will be giving farmers advice on how to access government programs.

Around the same time the OMAFRA field offices closed, the Agricultural Employment Centre in Nepean also closed. The support centre in Kemptville will try to fill this void.

Dobbie said that many farm industries are currently finding it difficult to attract the help they need. The high demand for construction workers in Ottawa draws labor away from rural industry. Dobbie said employers contacting the office can be put in contact with potential employees, and job hunters can be offered advice on where to learn marketable skills.

After last week's ceremonial ribbon cutting, representatives from the support centre's partners had a chance to speak. Kemptville College director Bill Curnoe complimented the board of directors for its persistence in lobbying Human Resources and Development Canada for the funds to open the centre. The office has a grant of $180,000 for its first year of operation.

The other major partner the centre has is the Ontario Ministry of Agriculture, Food and Rural Affairs. Regional manager Earl Pollock said he's looking forward to developing this new relationship. "It's an example of farmers working with farmers," he said.

Munro said that so far she has been working to make connections with each county's federation of agriculture. She said she encourages all farm groups to call the office so they can get on the mailing list for the newsletter. The support centre can be reached weekdays at 613-258-8271.



The Eastern Ontario Agri-business Support Centre, located on the campus of Kemptville College, celebrated its grand opening on April 25. Helping in the ribbon cutting were director Bill French, director Keith Matthie, director Preston Ralph, manager Shirley Munro, North Grenville councillor Judy Armstrong, board chair Alvin Dobbie, director Peter Boonman and director John Roosendaal. Press Photo — Zabel

Farm update

Corn crop almost planted

by Chris Zabel
Press staff

WINCHESTER — In early April, it seemed the planting season would be late this year. Now, three straight weeks of relatively balmy spring weather have allowed farmers to get on their fields and the corn crop around Dundas County should be about 90 per cent planted.

"Last year at this time it was dry before it started to rain. There's a lot more in this year," said Gilles Quesnel, the integrated pest management specialist at the Kemptville OMAFRA office.

"We went from what looked like a late season to an early one," said Quesnel. Farmers have been telling him the ground is "real mellow," meaning that it's easy to work and isn't compacting when they're on it.

Fertilizer and fuel prices may still be high, and there isn't much prospect of grain prices improving, but at least planting conditions are great. "Dundas is probably one of the earlier counties in eastern Ontario," said Quesnel. In places as close as Glengarry, it took two weeks longer for the snow to melt.

Because there hasn't been a hard rain in over two weeks, farmers haven't been forced to stop. "They've been going, literally, around the clock," said Quesnel. Many farmers have planted about 95 per cent of the crop, with only the slower acres, where they might have some stones to pick up, left to plant. "There's no question we're early at this point."

There is a small concern that the ground is still too cool for the corn. However Quesnel said that the newer corn varieties are more vigorous than what farmers may be used to. It once was that if the seed didn't come up in two weeks, it probably wouldn't come up. Now, corn can be in the ground for as long as three weeks and still grow.

The one suggestion Quesnel had for farmers was not to work the land too far ahead. Because conditions are slightly dry now, and could become more so, farmers should plan to plant either the same day or the next day after they've turned the soil. Seed should be planted about two inches down to find the necessary moisture.

A few growers have already started to plant their soybeans. "It's riskier to plant soy too early. It should go in relatively warm ground," said Quesnel. Because of the way soy plants grow, they'll be killed by frost where corn will survive. Most farmers are taking their time finishing their corn before they start their soybeans.

However, Quesnel said that very new research is recommending that soy can go in earlier and that there may be advantages to planting it before May 10.

The alfalfa wintered well, with only about 20 per cent winter kill. All of the forages are being held back because of the lack of rain, but no one should be concerned about that. "You can't have it both ways," said Quesnel, referring to the dry fields that are perfect for corn. Also, most growers still have a lot of hay left from last year, wrapped in white plastic and sitting in their fields. It needs to be fed this summer and there is little danger of a shortage.

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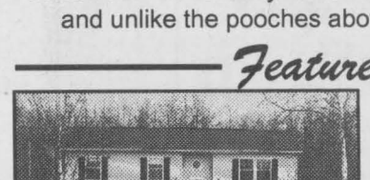
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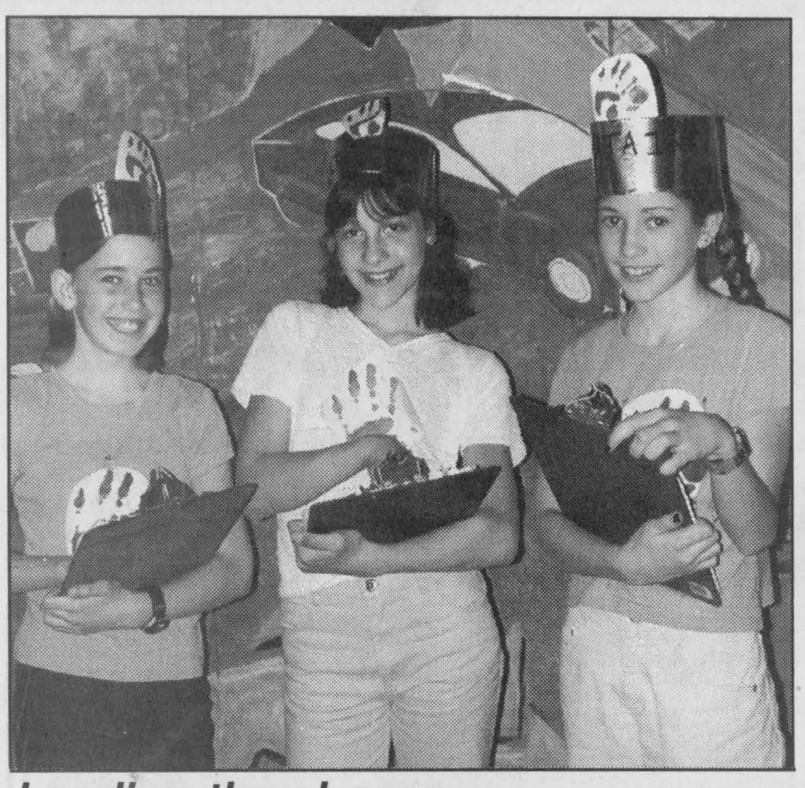

Leading the change

Winchester Public School's production of Assignment: Earth Musical followed groups of young people as they prepared musical numbers for a rally to raise environmental awareness. Leading the effort were captains Alix Baker (left), Laura Porteous and Katrina Ross. Press Photo — Zabel

Feces from urban folk unwelcome in Metcalfe

by Erika Caines

METCALFE — Emotions ran high on Monday (April 30) in Metcalfe at a public meeting about the spreading of biosolids (treated human waste) on agricultural land.

Concerned residents, experts and city staff gathered at the Metcalfe Community Centre for the second of two public workshops hosted by the city.

The meeting began with facilitator Nicole Swerhun outlining the meeting's agenda, and explaining the meeting's purpose.

"I do not have an opinion about what happens here; that's for you to decide," said Swerhun. "The key message tonight is that the project team has gone away (after a meeting in Manotick on Jan. 16) and come up with some options on what the city can do. We want (residents) to provide input."

Felice Petti, from the City of Ottawa, was the first to present information.

"There are a lot of perspectives and opinions when it comes to biosolids," said Petti. "We'd like to integrate the feedback... in the project. It makes a difference."

He said that the current biosolids management plan has been supported by council for another year, but that there have been some changes that differ from 2000. "There have been five additions to the program," he said.

Those changes include a biosolids information line, enhanced well-monitoring, inspections, a complaints registry and putting together a community liaison committee.

After Petti's opening remarks, residents became vocal, wanting answers to their questions concerning public health and safety.

A voice from the back of the room said, "If you're really concerned (about health and safety) then why don't you wait until the public advisory committee report is in?"

More questions followed, including one from Vernon resident Gary Bryan.

"How do I trust (the city) not to make the same mistakes in the future?" he asked.

Petti responded by saying, "We can't go forward until there's trust between the groups."

Those residents who attended the meeting listened as Susan Liver from CH2M Hill Canada Limited — the city's engineering consultant — made a short presentation about new technologies and uses.

"Public consultation is a key component of this project," she said. "We want to get a good understanding of what community concerns are."

A 30-minute presentation by Peter Nichol, also from CH2M Hill, followed. His presentation outlined the various options that have been drafted for biosolids. He outlined criteria that are considered "must-have" information for the new plan. "There is criteria we have (from the Manotick meeting) that includes community health and safety, reliability of technologies, environmental safety, sustainability and odor."

A question and answer period followed the presentations. Concerns surrounding the amount of heavy metals that are concentrated in the biosolids was one of the main issues, as well as the pathogenic content.

Parents of students attending Castor Valley Elementary School also raised concerns. One parent asked if there was a contingency plan in place in the event that there was an outbreak of disease.

"We have to plan for all potential occurrences that might happen," said Nichol.

The Medical Officer of Health for the City of Ottawa, Dr. Robert Cushman, was on hand at the meeting. He said that the city does not feel the practice poses any health risks.

"From a disease perspective, we haven't seen any clusters," said Cushman. "At this point in time I can't hold up a red flag and say we can't use the process. The concentration of our biosolids are much better than other jurisdictions. If at some point in time we have concerns, we'll hold up a red flag."

The next step in the biosolids management plan will include the update being available for review at the city clerk's office for 30 days. In September, the recommendations will be presented to the city's environment committee for approval.

Council notes from North Dundas

Winchelsea rezoned

WINCHESTER — Winchelsea Farm, located on County Road 31 north of Winchester, was the subject of a rezoning meeting held prior to the regular meeting of North Dundas Township council on Mon., April 23.

The farm of 72.9 acres was to be rezoned from Agriculture to Agriculture, Exception 27. The exception will allow owners Tony and Shelly Spruit to host agricultural tours, do catering and offer a meeting or assembly room in the barn, as well as offer farm vacations.

Under the specifications, food is to be brought in to the barn, but not prepared in the barn. As well, the building code must be complied with once the zoning is in place.

Township planner Calvin Pol told council that the township had received inquiries about the farm from an insurance agent and a neighbor who had concerns about traffic and well contamination. Council agreed to the rezoning.

Engineering services offered

Engineering consultants Joanne Haley and Steve Wilson of Oliver, Mangione, McCalla and Associates, visited council to make council aware of the services the company offers. The company has a new office in Cornwall, providing civil and municipal engineering and environmental services. They also offer peer review services, building inspections and bylaw enforcers.

South Nation Conservation

South Nation Conservation director Dennis O'Grady spoke to council to update members about SNC's 2001 work program. He listed projects the conservation authority has been working on and showed where funding originates.

O'Grady spoke about ongoing projects such as the Clean Water Program, total phosphorus management, municipal well monitoring, forestry services, municipal drain inventory, fisheries habitat protection and a long list of other services.

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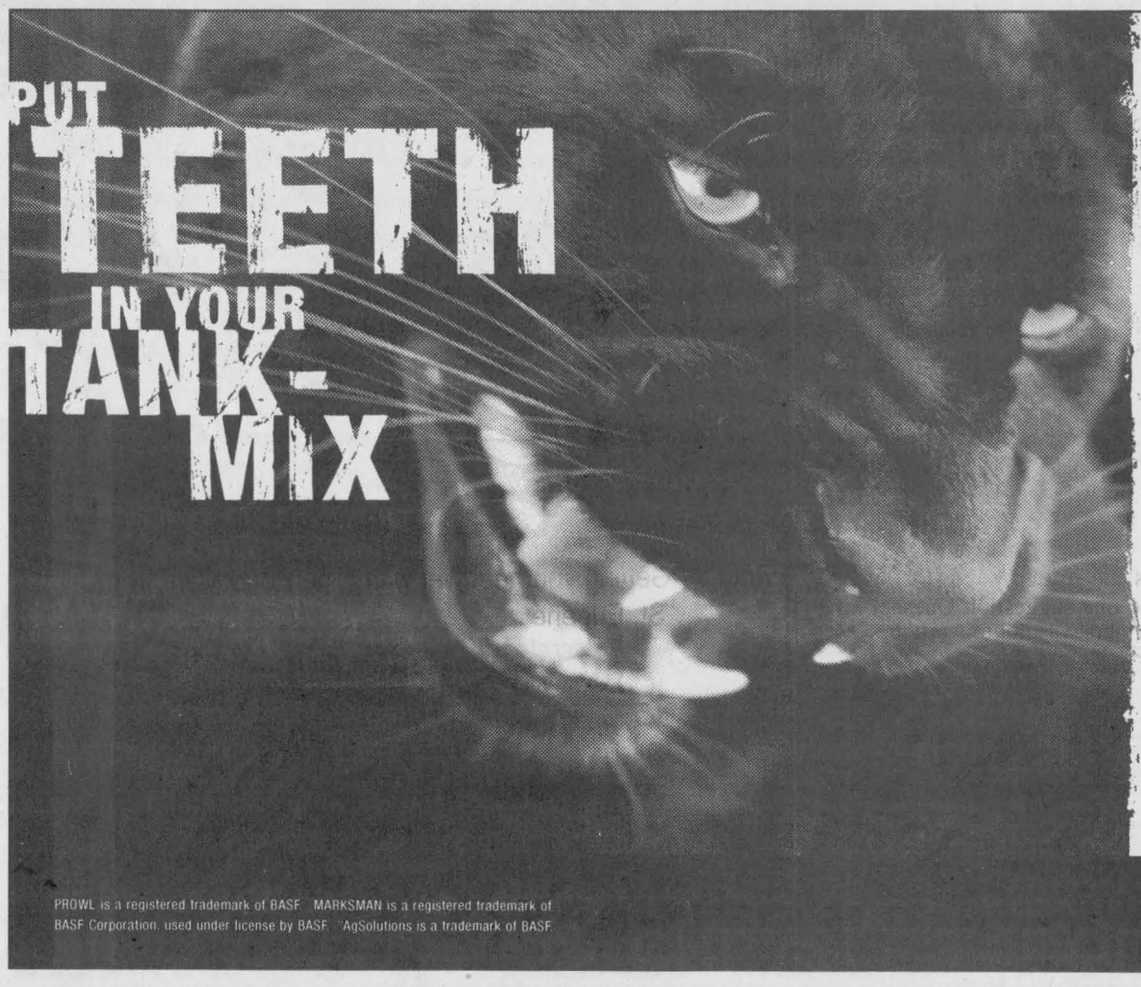

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Gary McInnis for many years and more recently Bob Van Noppen, Cindy Wolfe and staff at Autopro for lending mechanical expertise accommodating an ever expanding customer base. Quality people I will miss dealing with on a daily basis. Although we are all in the automotive industry, I've always maintained "It's not about cars, it's all about people".
To two wonderful daughters and an understanding wife of 27 years who readily accepted the long hours and dedication required by the automobile business.
And finally I'd like to thank my Dad for many insightful lessons in business, always preaching a strong work ethic and for igniting an entrepreneurial desire; and my Mom, God bless her, for her relentless teachings on honesty, fairness, and respect for others and for suggesting I "try to do what I enjoy so I will enjoy what I do."
And to them both for always displaying strong family values and for raising my brother and myself in a home full of love and encouragement.
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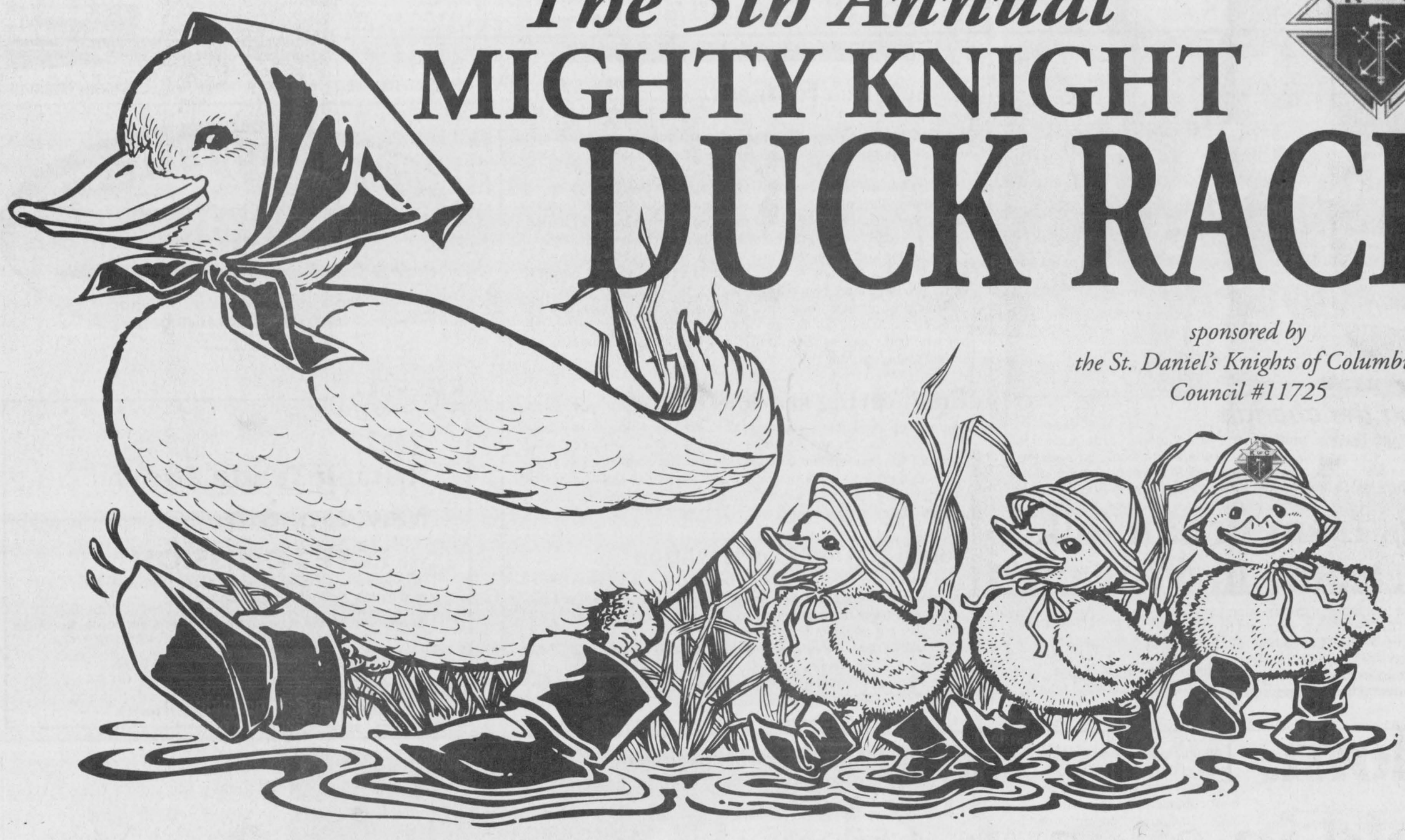

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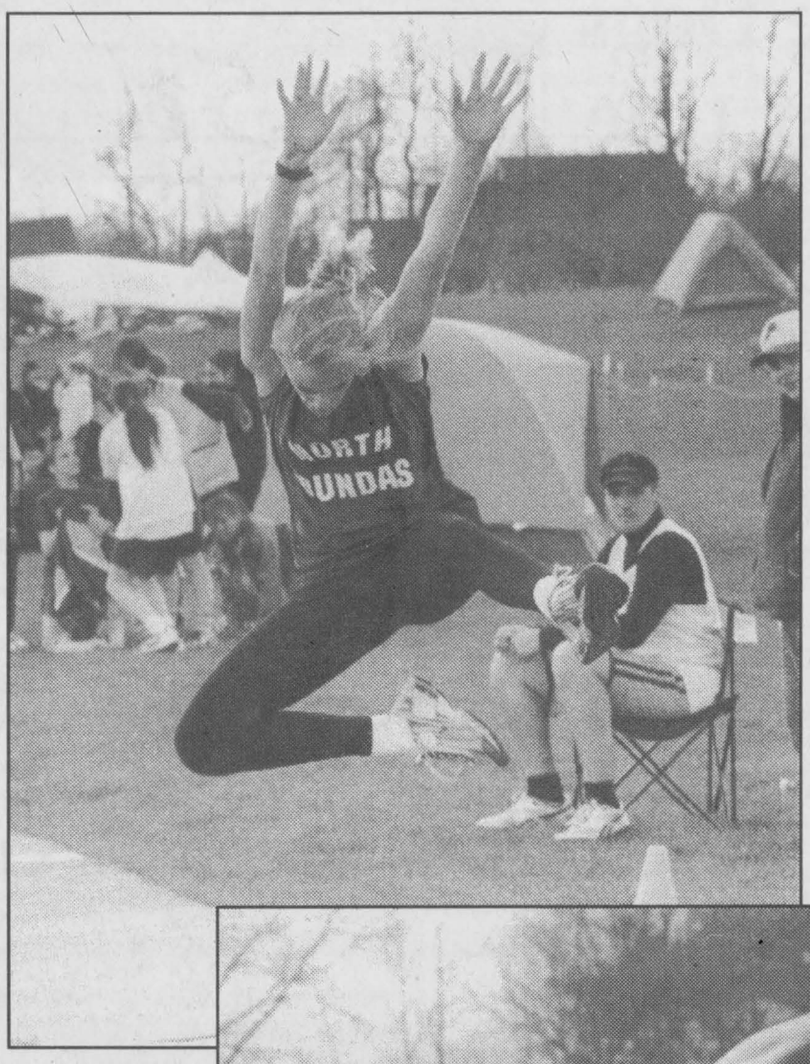
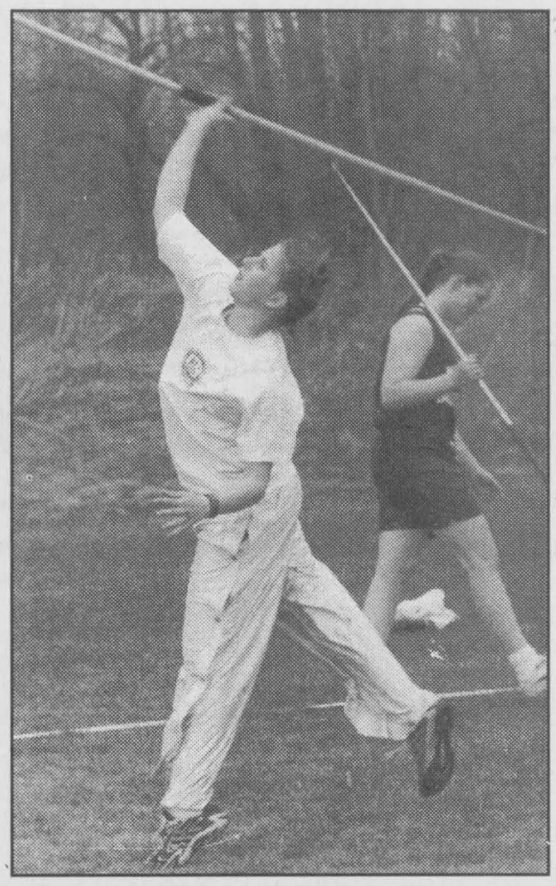






It was the first taste of competition for the 33-member NDDHS Devils track and field team as they took part in the Relay Classic at Grenville Christian College on April 25. Photos: above Norm Merrifield was second in this heat and sixth overall in the midget boys 100m hurdles. Above, centre, Megan Kittle flew over the long jump pit and also recorded a second-place finish in the midget girls 80m hurdles. Top, right, senior Heather Velthius throws the javelin while teammate Katherine Dings goes to the on-deck position.

Press Photos — Van Bridger

Blom, McNeill strike gold in opening meet

Sports 2001

MAITLAND — North Dundas District High School's track and field future lies in its youth. The Midget Devils form the foundation of the 2001 edition of the team and the school's youngest athletes produced points at the opening meet of the new season.

North Dundas' midget team picked up first-place points in six events, four second-place ribbons and three thirds.

"Thank God there are lots of midgets this year because there sure aren't many juniors or seniors," noted coach Julie Green.

The Devils entered 33 athletes but Green noted there are several others who weren't able to take part at Grenville Christian but will be competing at upcoming events.

Grenville Christian College hosted the initial test last Thursday (April 26) and a total of 21 schools from around eastern Ontario seized the opportunity to work out the kinks on the track and in the field.

A biting westerly wind swept across the sports complex and the cool temperatures might have had a bearing on some of the times and distances recorded.

Trevor Barkley, who earned first-place ribbons in both the midget boys shot put and javelin, was happy with the gold medal in the javelin but said he has done much better. After throwing into a strong breeze he noted last year's measurement was over five metres longer. His winning distance on Thursday was 37.20.

"I was terrible today. I know it was cold but last year I threw 42.8m. I can do better," offered Barkley.

High jumper Brad Switch also fell short of what he was expecting. "I was third and jumped 1.55m. Tuesday at practice I cleared 1.80m. This was brutal."

Another first-place effort was turned in by a first-year competitor.

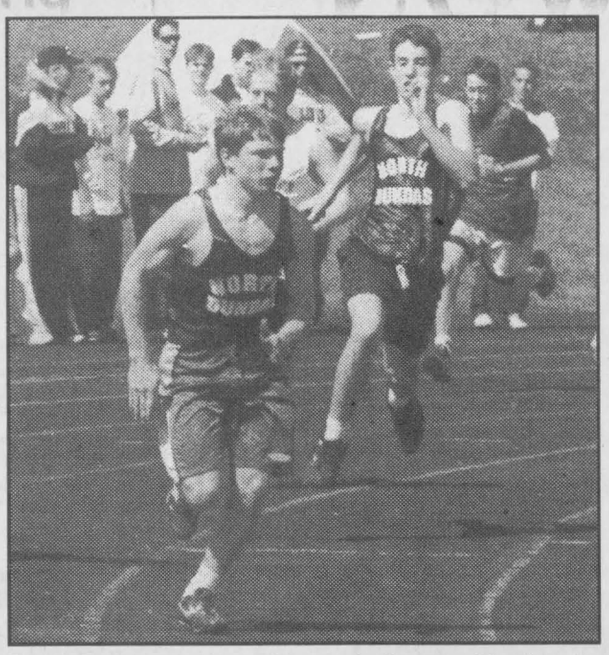
Loxley McNeill, a grade nine student, was under a lot of pressure as she made her debut with the Devils.

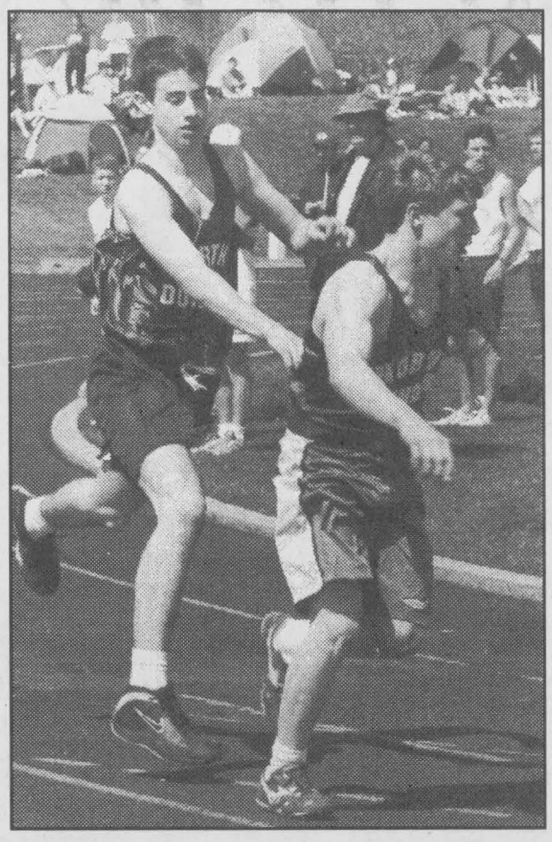
According to coach Terry Green, McNeill arrived at the competition and discovered she was entered in three events, all scheduled for 10 am.

She ran the sprint hurdles, raced to the javelin throw and split time between there and the high jump pit. In a flurry of activity McNeill managed to win the javelin and place third in the high jump, all before 11 am.

"Loxley had never picked up a javelin before this week and had to do three events but she managed to get one throw to stick and it was the winner," explained Green.

McNeill's winning distance was 18.36m.





North Dundas put together a winning combination for the Grenville Christian College Track and Field Relay Classic. The Devils' midget boys relay squad won both the 4x100m and 4x200m events, clocking a 12.59 and a 37.20. In the photos Matt Davis carries the baton to anchor man Travis Leach who streaks to victory in the 4x100m heats. Press Photos — Van Bridger

DEVILS RESULTS

MIDGETS: GOLD - Theo Blom - 1st - 100m hurdles, 0.16; Trevor Barkley - 1st - shot put - 15.59m, 1st - javelin - 37.20m; Loxley McNeill - 1st - javelin, 18.36m; boys 4x100m relay team (Ryan Berends, Matt Davis, Theo Blom Travis Leach) - 1st - 49.90; boys 4x200m relay team (Berends, Davis, Blom, Leach) - 1st - 1:44.5.

SILVER - Meghan Kittle - 2nd - 80m hurdles, 15.2; Matt Davis, Norm Merrifield and Scott Bradley - 2nd - (team) triple jump, 10.16m and 9.69m (respectively); Matt Davis, Ryan Berends and Scott Bradley - 2nd - (team) long jump, 4.79m, 4.61m and 4.50m (respectively); girls medley (400x200x 200x800m) relay team (Bailey Lewis, Meghan Kittle, Melissa Smith, Teri Lacelle) - 2nd - 5:04.8.

BRONZE - Loxley McNeill - 3rd - high jump, 1.2m; Brad Switch - 3rd - high jump, 1.55m; Ryan Berends, Matt Davis and Karim Ahmed - 3rd - (team) boys high jump, 1.45m.

MORE RESULTS - Norm Merrifield - 6th - 100m hurdles, 21 seconds; Midget boys (Berends, Davis, Blom and Leach) - 6th - medley relay team, 4:31.40; Marie Hoogenboom - 80m hurdles, 19 secs.; Loxley McNeill - 80m hurdles, 19.1 secs.; Anna Cormier - javelin, 9.23m, shot put, 5.86m, discus, 15.23m; Meghan Kittle - long jump, 3.88m; Melissa Smith - long jump, 3.13m; Trevor Barkley - discus, 29m; boys distance medley relay team, 16th.

JUNIORS: Girls 400x200x200x 800m relay - 2nd in 4:56.6 and girls 4x400m relay second in 4:38.0; Melanie Flowers - 3rd - 800m hurdles, 15.2; open distance medley (1200x400x800x1600m) of Ashley James, Jessi Thomas, Teri Lacelle and Lauren Klimpke - 3rd; Karlye DeJong - 4th - 80m hurdles, 16.9; girls 4x100m relay - 6th; 4x800m girls relay - 5th.

SENIORS: Katherine Dings - 2nd - javelin, 25.86m, 4th - discus, 27.03m, 4th - shot, 8.48m; Heather Velthius - 3rd - javelin, 21.44m and 3rd - shot put, 8.85m, discus - 17.82m.

Devils kick off soccer season

MAPLE RIDGE — It will be a whirlwind soccer season but the North Dundas Devils are competing in the 2001 SD&G high school campaign which opened the last week of April and will come to a conclusion with the championship match on May 18.

There are just senior boys and girls divisions in operation this spring and NDDHS has a squad in both brackets. Volunteer coaches John Whittam (boys) and Gail Ault (girls) are supervising the Devils.

Last week (Thurs., April 26) North Dundas went on a road trip to Cornwall and managed to collect points.

The Senior Devils opened the girls season tying the La Citadelle Patriotes 2-2 and losing 2-nil to the St. Lawrence Saints. They rallied from a 2-1 deficit to earn a point against the Pats.

The same afternoon, the boys knocked off La Citadelle 1-nil but came up on the wrong end of a 2-nil score against St. Lawrence.

Julian Whittam marked the Devils' lone goal in support of Derek Vingerhoeds who was a last-minute replacement as the North Dundas keeper.

"The person who was supposed to play goal for us couldn't make the game so I asked Derek (Vingerhoeds) five minutes before the game to play keep. He did a pretty good job. You can't argue with a shutout," offered Whittam.

Whittam says they will be holding open tryouts as they search for a keeper because Vingerhoeds would rather play his usual defensive position.

"The game against La Citadelle (1-0 win) could have gone either way. But we were tired in the first half against St. Lawrence and they dominated us. But it was still scoreless at the half. In the second half we were strong but two of their shots went into our net. That was the difference," he added.

The Devils were in Alexandria at Glengarry District High School for a doubleheader on Tuesday (May 1). The senior girls will host a match tomorrow (Thurs., May 3) at NDDHS. Both squads will see action at home at NDDHS on Monday (May 7).

More gold for Barkley, Devils in Kingston

KINGSTON — Trevor Barkley has located the mother lode. The field specialist has struck gold four times in just two expeditions.

A member of the midget Devils squad, Barkley launched the new track and field season by winning the shot put and javelin at the Grenville Christian College Relay Meet last Wednesday. Barkley and the North Dundas District High School Devils track and field team then journeyed to Kingston Saturday for the Queen's Alumni Invitational. Once again the thrower found the range and struck gold in the shot put and discus. Barkley topped up his medal haul with a silver, which he claimed in the javelin.

The Queen's Alumni meet on Saturday (April 29) was just the second competition for the Devils in the fledgling 2001 outdoor season but produced some impressive results in spite of fielding a small team.

Coach Julie Green recruited just 11 athletes for the competition but the mini team managed to post five wins, five second-place finishes and a pair of thirds.

"It was a great event. We had some good results and were able to see most of the competition we will be facing at EOSSAA and OFSSA," offered Green.

Trevor Barkley led the NDDHS medal haul, winning the midget boys

shot put (13.39m) and the discus (36m) and finishing second in the javelin.

Theo Blom won the midget boys 100m hurdles (15.85 seconds) and was third in the 200m (25.77 seconds).

Megan Kittle won the midget girls 80m hurdles (14.57 seconds).

Lauren Klimpke clocked the fastest time in the senior girls 3000m (12.02).

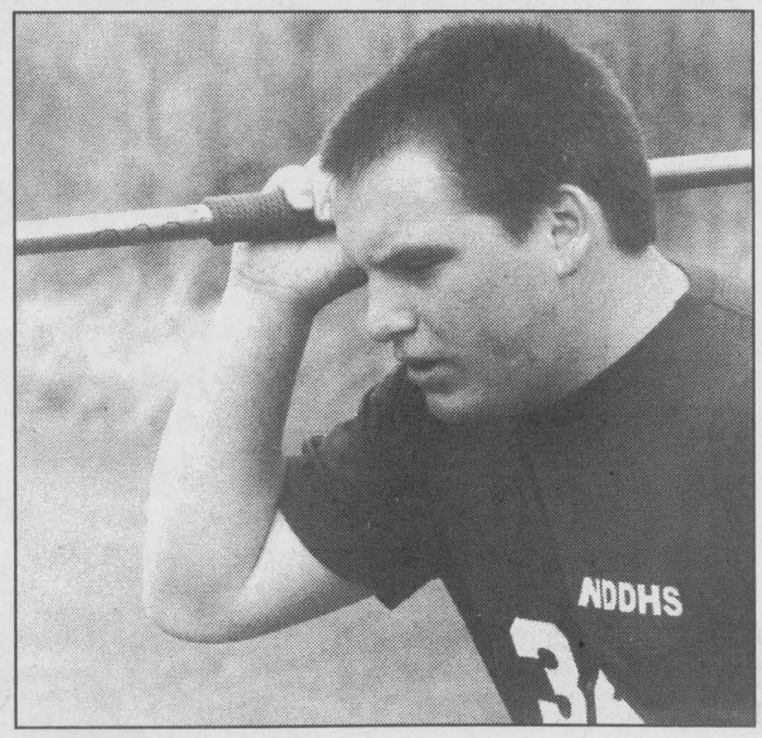
Bailey Lewis clocked the quickest time in the midget girls 400m (1:02.35) and the second best time in the 200m (28.46).

Jessica Thomas was second in the senior girls 200m (28.70).

The midget boys 4x100m relay squad (Ryan Berends, Theo Blom, Travis Leach and Matt Davis) placed second in their event in a time of 49.30 seconds.

Senior Jon Ennis picked up a silver in the 400m recording 53.64 and a third in the 800m in 2:03.86.

The next stop on the track circuit for the Devils is the TISS Inviational in Brockville this Saturday (May 5).



Impressive start

Trevor Barkley is fine tuning his skills as the track and field season develops. In two meets, the field events specialist has recorded four first-place finishes. He won the midget boys shot put and javelin at the GCC Relay Meet on April 25 and then captured the shot put and discus at the Queen's Alumni Invitational in Kingston on Saturday.

Press Photo — Van Bridger

Winning Edge Dogs defend tourney title

CARDINAL — Goaltender Karl Labelle surrendered just one goal backing the Minor Pee Wee Bulldogs in a 3-1 victory over the Kingston Beast in the final game of the Winning Edge Spring Shootout tournament.

The victory, highlighted by Brandon Kelley's two-goal effort, enabled the Bulldogs to successfully defend their tournament championship.

Matt Gordon snapped in the single goal while Zach Moran (2), Jake Morley, Burke MacDonald, Dave McGlade and Ryan Sullivan engineered the goals in the championship match on April 29.

Sunday's title match was the conclusion of a four-game preliminary schedule that saw the 'Dawgs' finish with two wins, a loss and a tie.

The Bulldogs opened the competition on Friday (April 27) morning, battling the Kingston Beast to a 3-3 tie.

With the Beast leading 3-2, coach Dean Sullivan pulled goaltender Karl Labelle in favor of the extra attacker and Dave McGlade dented the twine with the tying goal with just .08 seconds on the clock.

Zack Moran (from Jake Morley) and James Kirkwood (unassisted) accounted for the other two goals. Each team drew eight minor penalties with Kingston picking up a major and a game misconduct.

Later the same day the 'Dawgs' skated to a 5-2 victory over the Young Sens. It was 2-1 in favor of the Bulldogs after a period on goals by Derek Laurikainen (from Matt Gordon) and Zach Moran (unassisted).

In the second session the Bulldogs struck for three more goals, two by Brandon Kelley and a single from Todd Irven. Assisting on the Bulldog goals were Moran (2), Nathan Murray, Todd Irven and Tim Revelle. Justin Delormier tended the nets and registered the victory.

On Saturday (April 28) the 'Dawgs' had to face the Kingston Beast again

and this time around they squeezed out a 5-4 victory.

The encounter was a thriller featuring end-to-end action, hard hitting and excellent goaltending. A penalty shot goal by Brandon Kelley with 30 seconds left on the clock was the difference as the Bulldogs posted their 5-4 victory.

The Beast jumped out to an early 1-0 lead but James Kirkwood (from Moran) knotted it up at 1-1. The Beast then grabbed a 2-1 advantage, only to see Moran (from Kelley) even it up 2-2 before the end of the opening stanza.

The lone goal in the second period was scored by Dave McGlade (from Laurikainen) who handed the 'Dawgs' a 3-2 lead.

Todd Irven connected from Murray and Revelle early in the third period to open up a 4-2 lead. That lead didn't hold up as the Beast snapped in two pucks (one on the powerplay) to tied it up 4-4.

The Bulldogs were buzzing around the Beasts cage in the final two minutes of regulation time went a Kingston defender was called for a delay of game infraction, which resulted in a penalty shot. Kelley took the shot and used a deke to put the winning goal into the back of the Kingston net.

Karl Labelle made some key stops on his way to the victory.

Saturday at 5 pm the 'Dawgs' had to face the Young Sens and this time suffered a 6-2 setback, their only loss of the three-day tournament.

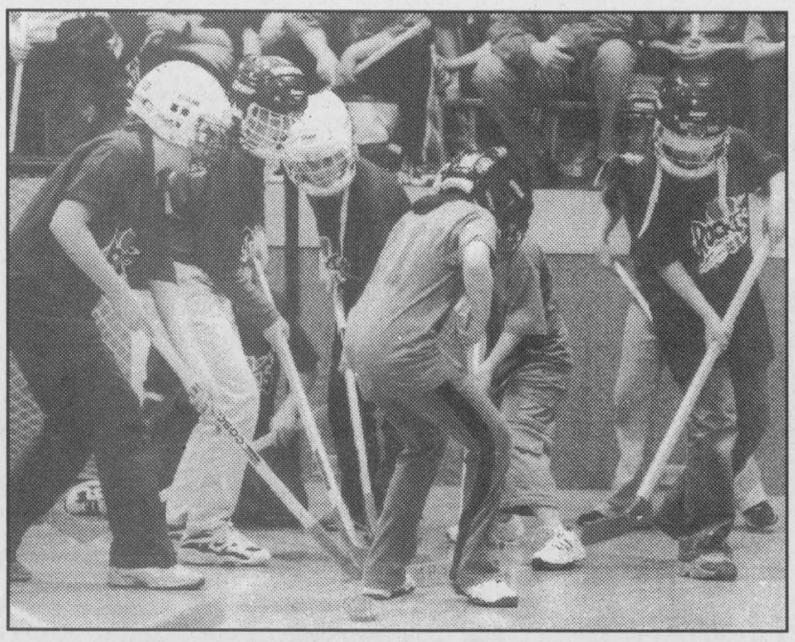
The referee handed out 23 minor penalties and a game misconduct to each team in a chippy affair.

Gordon and Moran were the Bulldogs marksmen. McGlade and Murray were the setup artists.

"The boys were physically and mentally drained after the game with the Beast," explained coach Sullivan. "We were flat and didn't support Justin (Delormier) in goal."

Manny Horvath (1-3-4) and Raphael Joly (two goals) paced the Sens offence. Stephane Cesar was the winning netminder.

That loss left the 'Dawgs' with a 2-1-1 record and placed them in Sunday's title tilt against the Kingston Beast.



Inkerman Public School and Morrisburg met in the second game of the 2001 Dundas County girls' floor hockey tournament at Dixon's Corners on April 25. Morrisburg posted a 2-0 victory over the Rockets and then went on to win the championship game by a 1-0 count over Iroquois Public. The St. Cecilia Saints doubled Inkerman 4-2 in the boys' championship game on April 26 in Morrisburg. Press Photo — Van Bridger

Stick handlers crowned

DIXON'S CORNERS — Teams representing Morrisburg Public School and St. Cecilia Separate School carried off the 2001 Dundas County floor hockey tournament championships.

Dixon's Corners Public School hosted the girls' competition last Wednesday (April 25) while Morrisburg Public was the site of this spring's boys' tournament on Thursday (May 26).

Iroquois Public and Morrisburg Public traded 1-0 victories in the girls' tournament but Morrisburg had the final say, edging Iroquois 1-0 in the championship match on Wednesday afternoon.

Iroquois opened the event nipping Dixon's Corners 1-0 and followed that result with a 3-3 tie with the Inkerman Rockets, a 5-0 decision over St. Bernard's and a 1-0 win over Morrisburg.

Morrisburg blanked Inkerman 2-0, St. Bernard's 5-0 and Dixon's Corners 3-0 before losing 1-0 to Iroquois. They then turned the tables, nipping Iroquois 1-0 in the final game.

Inkerman lost 2-0 to Morrisburg, tied Iroquois 3-3, knotted St. Bernard's 1-1 and doubled Dixon's 2-1 to finish the competition with a 1-1-2 record.

BOYS CHAMPIONSHIP

St. Cecilia and Inkerman won both of their round robin games and then squared off in the boys' championship match at Morrisburg.

The Saints took that final encounter by a 4-2 count. The new champs outscored their opposition 14-2 in their first two games, blasting Morrisburg 6-1 and Dixon's Corners 8-1.

Inkerman shot down Iroquois 6-3 and St. Bernard's 3-1 to qualify for the title match.

Morrisburg won the bronze medal game, defeating St. Bernard's 7-3. Morrisburg defeated Dixon's 6-4 and lost 6-1 to St. Cecilia. St. Bernard's also split their games, losing 3-1 to Inkerman and edging Iroquois 3-2.

The consolation match pitted Iroquois against Dixon's Corners and Iroquois emerged with a 6-1 victory.

Children golf free at Sandy Mountain

HALLVILLE — Getting kids more involved in golf has become extremely important to golf courses and with more and more courses becoming involved in "Kids Play Free Programs" across Canada, the Sandy Mountain Golf Course announced this week that it will launch a similar program for the 2001 golf season.

Every Tuesday throughout 2001 parents can bring their kids to Sandy Mountain Golf Course to play a round of golf free. A green fee paying parent must accompany each child. This new program at Sandy Mountain is unique in that it runs from 12 noon until closing rather than a selected time period after peak hours. This makes things much more flexible for parents who have to juggle their schedules to make golf with their kids fit into a certain block of time.

Debbie Durant, general manager at Sandy Mountain, is excited about what they are launching and notes that Sandy Mountain is the perfect venue for such a program. "Our golf course lends itself extremely well to golf for kids and their parents. The shorter length of a par three executive length course makes it easy for kids to get the most enjoyment out of their round and makes them want to keep playing," noted Durant.

Sandy Mountain's inexpensive green fees also make it a perfect venue for a program such as this. "With a nine hole rate of only $8 during the week, our course is a very inexpensive outing for a family," added Durant.

The Kids Play Free program is not a unique concept. It has been introduced successfully at golf courses all over the country. Sandy Mountain feels that because its course can be as challenging for the parents as it is enjoyable for the kids, it will provide the best of both worlds. "Sandy Mountain is a challenging par three course. In fact it has only ever been pared once, which makes it ideal for even the best golfers," says Durant.

Sandy Mountain Golf Course is located on County Road 43 east of Kemptville, west of Hallville at the Sandy Mountain campsite. It is a nine-hole, par three course featuring some unique and challenging holes for every level of player to enjoy, including kids.

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Petite 'C' Hornets

Metcalfe's Petite 'C' Hornets ringette team won gold in two tournaments, Ottawa and Gloucester, during the 2000-2001 season. They also picked up a silver in the Nepean competition. The Petite C Hornets are (not in order): Alex Borutski, Samantha Eisener, Natasha Jamieson, Brook Phillips, Brittany Risto, Shannon Kemp, Allison Ritchie, Jarlin Sabo, Lisa Sullivan, Cara Waddell, Mackenzie Wylie, Kristin Wyman. Not in photo: Chris Risto - coach, Linda Kemp and Brian Sullivan - ass't coaches, Marg Acres - manager, Vanessa Risto - trainer. Press Photo — Cameron

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Sandy Row Golf Course in full swing

SOUTH MOUNTAIN — According to Sandy Row Golf Club's Shelly Coons the South Mountain operation offers some of the most affordable golfing in the area.

Golfers can play nine holes during the week for $13 and 18 for $16. But it is even cheaper if you can get out and play after 4 pm on a Monday, Thursday or Friday afternoon. The green fees drop to $10 for nine holes and $13 for 18. There are special reduced fees for seniors on Thursday mornings.

On weekends the price jumps to $16 (nine holes) and $19 (18 holes).

Golf pro Al Harvey is offering golf lessons and clinics on Monday evenings, Juniors Night, this summer. Call 989-2588 to register.

Tuesday evenings are Ladies Nights with the opening tee off slated for 4 pm. Men's Night is set for each Wednesday, at 4 pm.

The staff at Sandy Row promise prizes, food and lots of fun this season.

Sandy Row Golf Club is located at 10660 Sandy Row Road, South Mountain. Call 989-2588 for more information.

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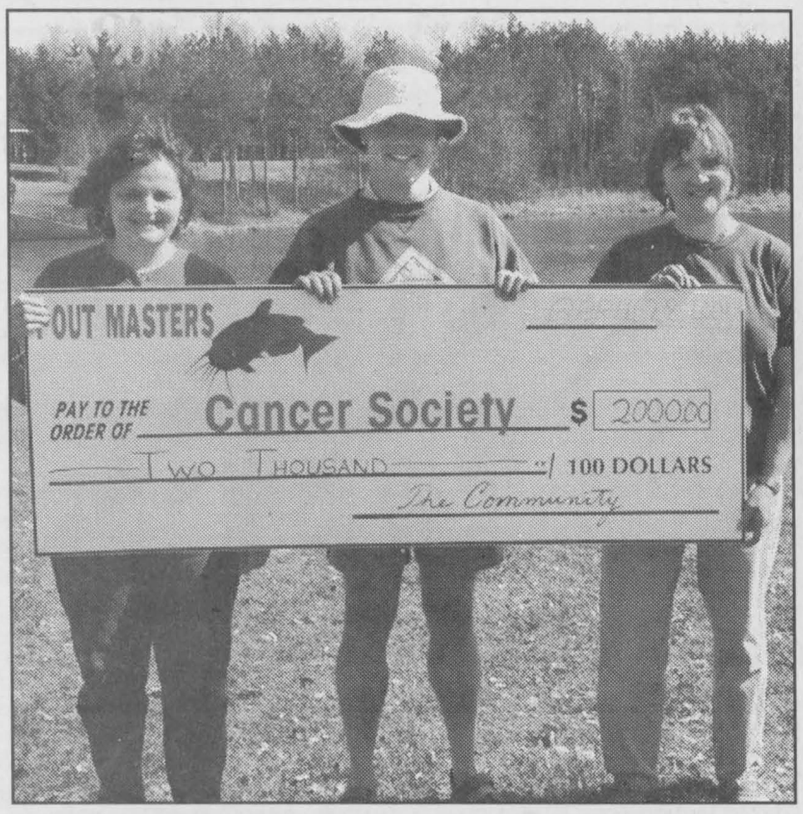
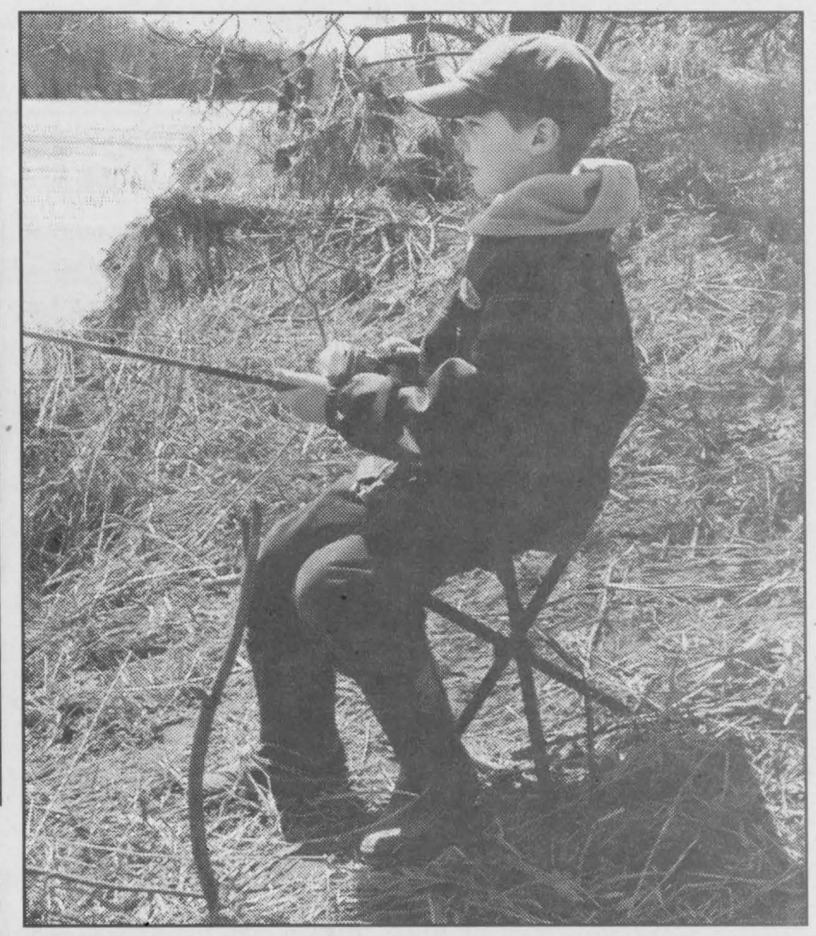


Stephen Ion, organizer of the Pout Masters 2001 Cat Fish Tournament in Russell last weekend, presented Danielle Pilon (left) of patient services and Cindy Saucier, a volunteer with the Canadian Cancer Society, a cheque for $2,000 following the second annual catch-and-release catfish derby.



Lending a wing

Students representing North Dundas District High School and Osgoode Township High School volunteered their recycling services at the Pout Masters 2001 Cat Fish Tournament in Russell last weekend (April 28-29). Left, Tamara Pemberton, Tanya Killoran (aka Harriet the Heron) and Tom Proper were three of the Grade 9 students from NDDHS who helped keep the shorelines clean at the catch-and-release catfish derby. Harriet the Heron is the South Nation Conservation Mascot, and was suited up to symbolize the presence of the Russell Environment Team.



Eight-year-old Ryan Kemp of Russell was out all weekend (April 28-29) in hopes of landing the largest catch in the Pout Masters 2001 Cat Fish Tournament in Russell. Well over 200 registrants competed in the area's second annual catch-and-release derby, which raised $2,000 for the Canadian Cancer Society. Photos — Cameron



The youth division in the second annual Pout Masters 2001 Cat Fish Tournament in Russell boasted more than 100 eager participants. Eleven-year-old Shawn Satterley (left) and his sister Miranda Satterley, 12, came fully prepared to this year's competition. Miranda looks through her tackle box and Shawn attempts to show off their largest catch of the day. All the catfish were held captive only until weighed, and were then set free again, unharmed. Photo — Cameron

Catfish derby catches on in Russell

by Colleen Cameron

RUSSELL — It's fishing season again, and the fishermen were out in droves this weekend (April 28-29) as Russell hosted its second annual Pout Masters 2001 Catch and Release Cat Fish Tournament.

The competition included almost 100 more fishermen than last year, with registration estimated at well over 200 participants. Stephen Ion, manager of Russell Foodland and the driving force behind the derby, said the interest displayed in this year's tournament was tremendous.

"We've had an OPP officer help serve food, a conservation officer with the canine unit give a live demonstration with his dog, there's so much going on," said Ion during Sunday's awards ceremony. "Just look at the crowd we have here," he added proudly.

The catch-and-release derby is something Ion dreamed up last year as a way to combine the sport he loves with serving a productive purpose in the community. This year, members of the Russell community were able to raise $2,000 for the Canadian Cancer Society through their tournament, compared to last year's $1,400.

The competition drew attention from South Nation Conservation officers who periodically stopped in to ensure the health and safety of the fish, as well as to offer fishing seminars and lend out fishing gear to the children.

Conservation officer Mike Buckner, with the Ontario Ministry of Natural Resources' detector dog unit also made a guest appearance with his black labrador retriever, Jock. Jock has been trained by the OPP to detect concealed wildlife, fish and firearms, and to track violators and lost people. Jock is solely handled by Buckner, and the team frequently conducts educational demonstrations such as the one following Sunday's awards ceremony.

An officer with the OPP also spent a good part of Sunday serving up hot dogs and hamburgers alongside other tournament volunteers.

The competition got under way on Saturday morning at 10 am and wrapped up with an awards ceremony around 3 pm on Sunday.

Participants were free to fish anywhere along the length of the Castor River, which flows from Osgoode to Casselman. Upon making a catch, participants would submerge their cat fish in a bucket of water and carry it back to the tournament's headquarters, which was situated by the shoreline next to the Russell park.

Organizers would then weigh the fish on a scale and record the results. All fish were set free following the weigh-in, potentially to be reeled in again.

Approximately 80 prizes were up for grabs at this year's derby, thanks to the community support Ion and his fellow organizers received. Ion said he has received tremendous support from local businesses by contributing prizes and manpower, and in serving as registration stations.

The top three winners in this year's youth category were Jessica Proulx in third with a fish weighing in at 635g, Andrew Hampton in second with a 740g catch and Eric Latulippe in first with a 775g fish. In the adult category, Brian Rathwell received third place with a 630g fish, Dan St. Pierre took second prize with his 755g fish and Brenda Minarik tied with Latulippe, the first-place winner in the youth category, with her 775g prize. This year's grand prize winner was awarded a global positioning system (GPS).

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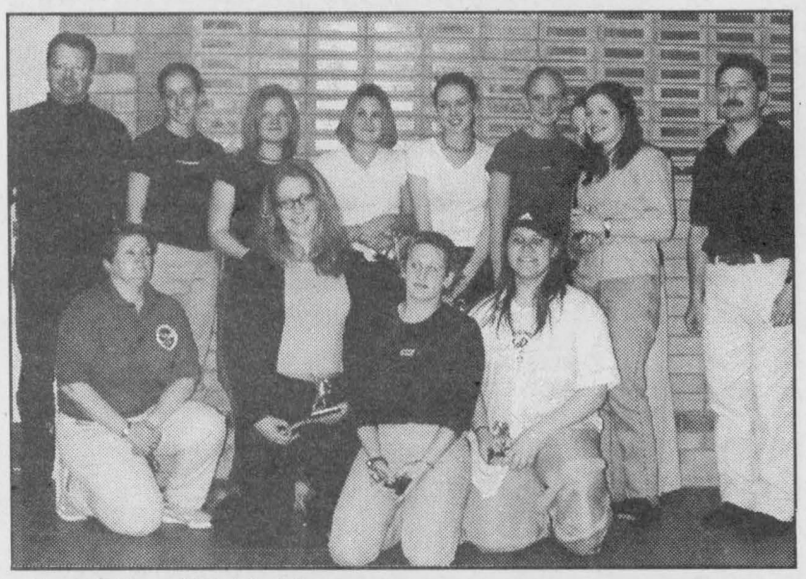


Junior 'B1' Hornets

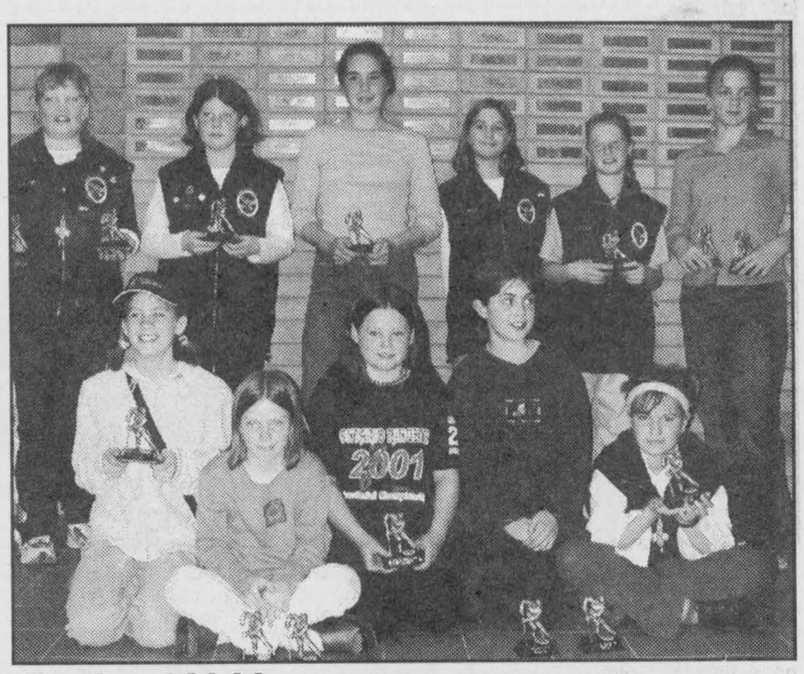
It was a championship season for Metcalfe's Junior 'B1' Hornets, who finished first during the 2000-2001 National Capital Region Ringette League season and topped it off by winning the championship gold medal. The Hornets also grabbed the gold in both the Ottawa and Kingston tournaments. The champs are (not in order): Alyson Kelly, Stacey Armstrong, Jennifer Charlebois, Holly Chiarotto, Maggie Patterson, Kim Vriend, Sara Owens, Lindsay Brown, Lesley Levesque, Terri Lauzon, Ashley Payne. Coach - Ed Chiarotto, ass't coach - Marc and Diane Levesque, manager - Laura Lauzon, trainer - Dale Kelly.



Novice 'C2' Hornets

Metcalfe's Novice "C2" Hornets named Katie Nolan, Mellissa Nyenkamp and Brianna Sullivan as their 2000-2001 award winners. The Hornets (not in order) are: Megan Branchaud, Lindsey Donoghue, Julia Gardner, Katrina Nolan, Melissa Nyenkamp, Morgan Peterson, Cassandra Roberts, Allison Sullivan, Brianna Sullivan, Allison Welk, Tabitha Smith, Megan Vriend. Coach - Brian Sullivan, ass't coaches - Jim Gardner, Donna Vriend, manager - Linda Roberts, trainer - Donna Leach.

Courtesy photo



Petite 'A' Hornets

It was a shiny silver season for Metcalfe's Petite 'A' Hornets ringette team, who struck silver in the 2000-2001 NCRRL championship game as well as the Arnprior and Gloucester tournaments. The team started the season in the Petite 'B' division. The Hornets are (not in order): Samantha Faith, Jennifer Quinn, Mandy Scrivens, Kristen MacDonald, Taryn Hunt, Katie Oulton, Laura Vizena, Victoria Brownlee, Leigh James, Kristen Grisel, Allison White. Not in photo: coach - Barry Faith, ass't coach - Peter Oulton, trainer - Bonnie Faith, manager - Rudy Grisel, ass't managers - Cathy Oulton and Shawn White.



Tween 'B1' Hornets

It was a gold-medal effort for the Metcalfe Hornets at the 2000-2001 Kingston Tween 'B1' Ringette Tournament. Members of the Tween 'B1' Hornets are (not in order): Kelly Dunne, Celynne Pilon, Cara-Lynn Little, Vicki Bell, Michelle Bouwhuis, Jessica Croskery, Kaitlin Wallace, Sarah Patterson, Meghan Dawe, Sarah Sheahan, Michaela Beuman, Erika Cochrane. Coach - Debbie Wallace, ass't coaches - Alix Bell and Diane Little, coach in training - Leanne Kelly, manager - Mark Dawe.

Press Photos — Cameron



Junior 'B2' Hornets

Stephanie Giles was voted the Most Valuable Player on the 2000-2001 Metcalfe Hornets Junior "B2" ringette squad. Jessica Howe received the Most Heart and Desire award and Samantha Bender the Most Improved Player trophy. The Junior "B2" Hornets (not in order) are: Stephanie Taylor, Amy Bell, Celina Sabourin, Emiie Walton, Allison Kingsbury, Jessica McNally, Natalie Johnston, Courtney Vriend, Jessica Howe, Stephanie Giles. Coach - John Kingsbury, ass't coaches - Kim Buckland, Alix Bell, Donna Vriend, ass't manager - Lancey Howe, trainer - Bill Johnston.

Nationview Golf Course Members Association

would like to announce the following dates for 2001:

1st Men's Night
Thursday, May 3

Spring General Meeting
Monday, May 14, 7 pm
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1st Juniors' Night
Tuesday, May 15

1st Ladies' Night
Wednesday, May 16



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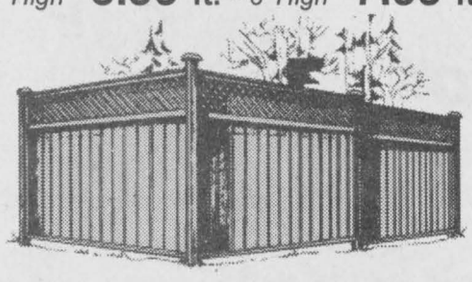

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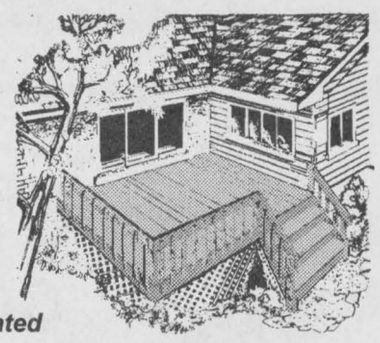

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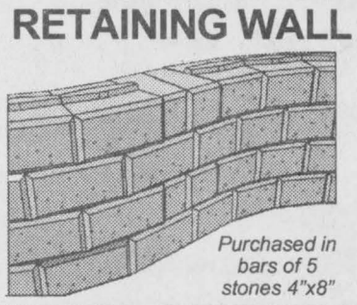

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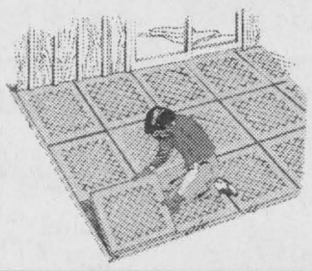

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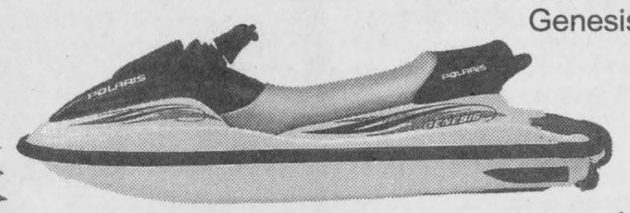



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Gold medallists

Metcalfe's Novice "B" Hornets earned the gold medal at the Nepean Ringette Tournament this season. The Hornets (not in order) are: Brianna Bekkers, Colleen Beveridge, Marin Burton, Jessica Grisel, Maddie James, Tammy Lauzon, Rachel MacLaurin, Allison MacLaurin, Brittany Pfanner, Brittany Smith, Louise Yeon. Coach - Allan Smith, ass't coach - Jeff Pfanner, managers - Dorothy Smith, Laura Lauzon, trainer - Jim MacLaurin, alternate trainer - Suzanne Grisel. Courtesy photo



Novice Rec Hornets

Linda Jolivet was named the Metcalfe Hornets Ringette Association's coach of the Year. Jolivet coached the Novice Rec Hornets (not in order): Madison Woods, Katie Nolan, Catherine Zakubezak, Kirsten Quinn, Stepanie Spratt, Crystal Spratt, Emily Grisel, Jessica Morrow, Quinlan Wylie, Brenna Wylie, Amelie Dube, Kelly Ross. Coach - Linda Jolivet, ass't coaches - Tracey Morrow, Steve Spratt, trainers - Phil Quinn, Rudy Grisel. Courtesy photo



Tween 'B2' Hornets

The Metcalfe Tween 'B2' Hornets were the silver medallist at the 2000-2001 Kingston ringette tournament. The Hornets are (not in order): Erin Charlebois, Elisabeth Couture, Ashlinn Faith, Cara Johnston, Aimee Laporte, Brandi Linton, Jenna Olive, Jocelyn White, Lana deWaal, Ashley Hawkins, Courtney Link. Coach - Mandy Archer, ass't coaches Victoria Johnston and Angela McNally, manager - Leah Simzer, alternates - Barry and Bonnie Faith. Press Photo — Cameron



Award winners

The Metcalfe Hornets Ringette Association presented its annual awards on April 22 at the Greely Community Center. Ron Gallinger (left), referee for 20 years, was a co-winner of the President's Award. Equipment managers Dave and Joanne Morozuk (missing from photo) also shared the honor. Victoria Johnston and Leanne Kelly shared the Irene Corkell Award. Linda Jolivet (right) was the 2000-2001 winner of the Coaches Award. Courtesy photo



Little Hornets

The youngest team of Metcalfe Hornets to play ringette this season were the Bunnies. The Bunnies are (not in order): Brittany MacDonald, Jennifer Seely, Mikaela Wichers, Renee Lepack, Shauna Donoghue, Austin Donoghue, Sara Myers, Patrick Sullivan, Jodi Gallinger, Sara Gallinger, Sarah Cooper, Rebecca Nolan, Jenna VanKoppen, Brooke Lawrence, Jamie Sheridan, Nathan Guilbeault, Sophie Guilbeault, Chelsea Tayler. Coach - Bruce MacDonald, ass't coach - Ron Gallinger. Courtesy photo

Upper Canada golfers swing one week early

MORRISBURG — Upper Canada Golf Course officially opened last Thursday (April 26), a week earlier than last spring, providing an extended golf season. The course is prepared to take on any challengers whether you're a veteran of the game or merely a beginner.

Additions this year include new and more convenient cart paths. Head professional Cody Barbeau and his staff are offering individual, group and corporate lessons, along with men, ladies and seniors clinics, free junior clinics and development partnership programs.

"Where other golf courses can only offer pesky sand traps and tricky slopes, Upper Canada Golf Course offers a sense of adventure and a love for the game," said Barbeau. In addition, most green fees are the same, with membership rates remaining unchanged from last year.

Upper Canada Golf Course caters to tournaments of all sizes, including groups of 32 to 144 and higher who can enjoy a quality game on the greens. Tournament bookings are now being accepted.

Upper Canada Golf Course has a fully equipped pro shop with a selection of many new quality lines of golf merchandise and all the accessories such as golf towels, hats, shirts and more, that golfers need to have a fun filled day on the links.

Visit the Upper Canada Golf Course web site at www.uppercanadagolf.com to catch a glimpse of thrills and excitement of playing around of golf on this championship course. A new technological feature will allow tee time reservations to be made on the golf course's web site. Times can be booked 14 days in advance either on the web or by calling 613-543-2003.

Upper Canada Golf Course is located 11 km east of Morrisburg, off County Road 2 and 24 km west of Cornwall, exit 758 off Highway 401.

Travis Dumoulin Memorial Canada Day 3-pitch Ball Tournament
in South Mountain
For details and to register call
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RESIDENTIAL REHABILITATION ASSISTANCE PROGRAM (RRAP)
FINANCIAL ASSISTANCE FOR LANDLORDS IN ONTARIO
Canada Mortgage and Housing Corporation (CMHC), the federal housing agency, is providing an opportunity for Landlords under the Residential Rehabilitation Assistance Program (RRAP).
Limited funds are available in 2001 to provide landlords with financial assistance to repair or rehabilitate a rental or roominghouse property to a minimum level of health and safety or to convert non-residential properties into affordable rental or roominghouse accommodations.
Landlords wishing to participate must submit their applications by **4:30 p.m. Eastern Daylight Time, June 13, 2001**. Applications received after this time will not be considered.
To obtain an application package:
Call: 1-800-704-6488 or e-mail: rrap_ontario@cmhc-schl.gc.ca
Please note: Submission of an application does not guarantee that financial assistance will be made available.
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Professional Directory

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52tfc

Notices

WINCHESTER — Would the gentleman that called from Montreal one evening, Icestorm 1998, wanting to know where I would be staying, please call. Need your help.
6

Services

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 774-2779 or 543-3484. For families of alcoholics (ALANON), 774-3337 or 543-3484.
19tfc

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Tree services. Take downs, trimming, planting, stump removal, bucket truck, chipper rental. Free estimates. 535-2322.
45tfc

CAR CLEANING
For professional results let the pros at Akcent Motor Sales maintain your vehicle's appearance. Basic car wash to bumper to bumper. Reasonable rates. 774-0718.
40tfc

INCOME TAX RETURNS - E-FILE
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24tfc

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30tfc

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For all your home maintenance, renovations and construction needs, including brick and stone repointing. Over 25 years in business. Call 774- 2005, cell 725-7434.
2tfc

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For all your gardening needs, including grass, perennials, trees and shrubs. Rototilling. Maple Ridge Lawn Care. mapleridge@ca-unlimited.com, Les Barkley 774-6553.
1-8

LAWN ROLLING
Done with 1-ton roller, call 448-2775.
5-6c

OVERWHELMED BY HOUSEWORK?
Will clean your home. Responsible, reliable and thorough, with references. Call 989-1449.
5-6

NOR-DUN SENIORS' SUPPORT CENTRE
Winchester has the following services for senior citizens and disabled adults in the North Dundas area: Meals on Wheels, $4 per meal; transportation, nominal fee; foot-care clinics, $17; free blood pressure clinics; caregiver support groups; Diners' Clubs; adult day program; indoor/outdoor helpers and MANY social recreational activities. For more details call us at 774-6109.
6c

NEED TELEPHONE WORK DONE?
Phone wires, jacks, miscellaneous telephone equipment installed and repaired. 30 years experience. Ed Gibson 774-2860.
6c

ARE YOUR FLOWER BEDS
Ready for spring? Need help cleaning and preparing your flower beds? Planning, buying or planting your annuals or perennials, call Marilyn 448-1879.
6-7

AIR CONDITIONING AND HEAT PUMP INSTALLATIONS
Qualified, seasoned technician. Any brand. Call 774-1090.
6tfc

Lost

LOST — Ottawa Street, Winchester, 2 large black dogs: male with orange collar, Gibby; female with brown collar, Katie. Phone Ann 774-2441.
6

Wanted

WANTED — Non-Fiction hard cover books in good condition. Old Authors Book Shop, 613-543-3337.
2tfc

RIDE WANTED — Summer student needs ride into Ottawa's west end (Greenbank area) Mon.-Fri., 9am- 5pm. If you can help me or know someone who can, please call 774-5155, will pay $.
6

STOREFRONT SPACE AVAILABLE
Call for details
Phone
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Wanted

WANTED — Every Wednesday, healthy, Holstein calves. Top price for good young calves between 95-110 lbs. Deliver to Delft Blue Veal farm, Lightning St., Williamsburg between 12 noon-4 pm. For prices of the week phone Walt at 543-2796 Monday nights after 8 pm.
40tfc

WANTED — Retiring couple looking to buy a house in or around Russell or Metcalfe Villages, Spring or Summer 2001 occupancy. Call 821-4713.
4-7

WANTED — Metal fence posts (t-posts), cedar posts, chicken wire and railway ties. Call 821- 4936.
6

RIDE WANTED — From Winchester to Cornwall and return. Phone 774-3300.
6

Help Wanted

HELP WANTED — Waitresses/Waiters and Cooks. Starting part-time immediately, to lead to full- time May-October. Call 613-543-3353.
51tfc

HELP WANTED — Experienced waiters/waitresses required for Mike's Pizzeria and Restaurant, Metcalfe. Send resumes. 821-3749.
4-6c

HELP WANTED — Personnel with AZ licence, clean abstract, able to load own loads. Phone 448-2755 between 6-9 pm only.
5tfc

HELP WANTED — Responsible tractor driver, ability to work unsupervised, starting as soon as possible. Call Chris at 613-293-0895 or fax 613- 692-0907.
5-6

HELP WANTED — Tree planters required for short term contact in Cornwall-Chesterville area. Applicants must be physically fit and willing to work in adverse weather conditions. Pay is piece rate. Some transportation available. For information, call John at 448-1294 between 7 pm and 9 pm.
5-6

HELP WANTED — Mountain Fire Department is recruiting volunteer fire persons. If you are 18 years of age or older living in the Mountain area and you are interested in helping your community by participating in fire prevention, training, and emergency response, send your resume to: Mountain Fire Department, Box 229, South Mountain, ON., K0E 1S0 by May 18, 2001. Please direct inquires to: Gary Martin 989-2162 or Gerry Boyce 989-2330.
5-6c

HELP WANTED — Mechanic for garage in Russell. Full-time day shift only. Preferably heavy-duty experience, will accept a third year apprentice. Call 613-443-3020.
6-7c

HELP WANTED — Spring and summer employment available for a reliable, motivated, enthusiastic, hard-working person. Apply in person with resume to: Ryan's Restaurant, 2257 Highway 31, Winchester.
6c

HELP WANTED — Position open for responsible and qualified Warehouse Manager and Auto Parts/Tire Service Advisor. Call Marc at Pinkus Tire, Williamsburg, 613-535-2759.
6c

HELP WANTED — Summer Journalism student for Winchester Press. Fax resume: 774-3967.
6

Work Wanted

WORK WANTED — Sullivan Brothers Construction since 1950. Weeping bed installation; building movers; basements; hy-hoe excavator; dozers; trucking; loaders; fill; top soil; crushed stone. Rob 448-3410, Jim 448-2332.
45tfc

WORK WANTED — George's Moving, fair prices - dependable services, Ottawa and surrounding area homes, offices and apartments. George Byles, 821- 4191.
40tfc

WORK WANTED — "C" Prescott Heating. Barn and house roofing, renovations, evestroughing, etc. RR #1, Winchester, ON, 613-774-6851.
5-14

WORK WANTED — Interior or exterior painting at competitive rates. Quality work. Free estimates. Call Bruce Chambers at 774-1009.
5-8

WORK WANTED — Masonry, repointing, brick and stone houses. Chimney/foundation work, pargeting, carpentry work, roofing, siding, painting, decking, windows and retaining walls. Gary Kirkwood 774-6921, 523-5056.
5-10

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6-9

For Rent

FOR RENT — Commercial space in Greely, suitable for lawyer, doctor, dentist office or hairdresser. Call 821-1488 before 6 pm, 821-1497 after 6 pm.
13tfc

Accommodation

SHARED ACCOMMODATION — Private room with full access to laundry and kitchen facilities. Clean home in country, 30 minutes from Ottawa. 774-5885.
4-7

BOARDER WANTED — New hobby farm in Mountain, 5 minutes from Kemptville, non-smoker, with a pleasant personality, all privileges, $375 per month. Call 989-1449.
5-6

WANTED TO RENT — 3-bedroom house or apartment needed for June 1. Family, no pets, Winchester area preferred. Call 774-3093 after 5 pm.
5-6

FOR RENT — 2-bedroom apartment in Winchester duplex, large yard, $500 per month plus utilities. Phone 821-0261.
6-8

APARTMENT FOR RENT — Bachelor, one, or two bedroom apartments, starting at $375. Utilities included. Last months required. Call 822-6635, 8 am-5 pm or 535-2208 after 7 pm.
6-10

FOR RENT — 2-bedroom apartment on ground floor, central Winchester. Full basement, appliances included, $600 plus utilities. Call 774-5063.
6-7

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27stf

SOMETIMES YOU NEED ADVICE — For a free confidential, no obligation market evaluation on your home or property, for settling estates, seniors moving or other purposes, please call Butch Oldford at Royal LePage/Gale Real Estate, 774-4253.
22tfc

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17tfc

FOR SALE — New White 13 hp lawn tractor. Why buy used? 24 payments of $75 with $375 down. Weagant Farm Supplies, Winchester, 613-774-2887.
2-9c

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4tfc

FOR SALE — Log house, must be dismantled and moved. For details call Colleen at 613-833-3333.
5-7c

FOR SALE — Treed lot, 240'x260' on Thompson Road, Morewood area, $19,900. Phone 821-1422.
5-10c

FOR SALE — Noma 5 hp, electric start, rear- tine, self-propelled, rototiller. Excellent condition. Call 774-0337.
6

HOUSE FOR SALE — In the country with hardwood floors, built-in dishwasher and many recent upgrades. Asking $90,000. Phone 448-1445.
6-8

FOR SALE — Increase your gas mileage from 15% to 30% with a Platinum Vapour Injector. Call Paul 774-3484.
6-9c

HOUSE FOR SALE — Newly renovated 3-bedroom, 2- storey house with attached garage, outside of Chesterville, 3/4 of an acre lot, large deck surrounding above-ground pool, $98,000. Call 448- 3212.
6-8

FOR SALE
3-bedroom bungalow in country[illegible]re lot
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[illegible]partment
448-2755

For Sale

FOR SALE — Morrisburg, 4-bedroom home, large lot, quiet street. Close to all. $79,900. Gloria Foot Real Estate. Call Dick Gaiser, 613-543-3589.
6-7c

FOR SALE — Morrisburg family home, fully upgraded, 4 bedrooms, family room, 2 baths, main floor laundry, patio doors from dining room to large deck, 2-car garage. $119,900. Gloria Foot Real Estate. Call Dick Gaiser, 613-543-3589.
6-7c

HOUSE FOR SALE — Large 4-bedroom house, 2862 Albert St., Metcalfe Village. 2 bathrooms, large kitchen, living room, dining room, hardwood floors, sunroom and patio on large lot. Has lots of character and amenities. Call 821-2399.
6-7

FOR SALE — 13,500 BTU and 21,000 BTU window air conditioners; also several upright display coolers; 3-door household refrigerator/freezer; Koldraft ice cube machine. Call for prices 774- 1090.
6tfc

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39tfc

FOR SALE — 1987 323 Mazda wagon, needs work, as is, best offer. Call 821-2484.
4-6

FOR SALE — 87 Chev 1/2 ton, full size pick-up with cap, V8, 272,000 km., Drive Away!! $2,200. Phone 774-6129.
5-6

FOR SALE — 91 Plymouth Sundance, 5-speed standard, AM/FM radio, 170,000 km, $700. Phone 774-2632.
5-6

FOR SALE — 1987 Honda Accord LX, good condition, little to certify, $3,000. Phone George at 448-2031.
6-7

FOR SALE — 1989 Ford Mustang, standard, mechanically sound, recently certified, brand new paint job, $2,500 or best offer. Call 774-1888.
6

FOR SALE — 1987 Grand Marquis, 4-door, aproximately 200,000 km. $2,000 or best offer, as is. Call 774-3196.
6

Farm

FARMS WANTED — Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.
46tfc

OFTEN YOU NEED confidential advice on the market value of your farm or business. If so for a free, no obligation consultation call Butch Oldford at Royal LePage/Gale Real Estate, 774-4253.
22tfc

FOR SALE — Hay suitable for beef or bedding. Small square bales, cheap. Phone 774-5107.
5-10

FOR SALE — White 549 5-furrow 18" plow, $1,900; Badger BN203 18'x22" manure agitator, $1,900. Fred's Farm Supplies, 613-652-2069 or 1- 800-361-3305.
5-8c

FOR SALE — Hay, round and small square bales. Call 613-489-2295.
5-7

FOR RENT — 1998 Versatile 105 hp hydrostatic tractor with loader available for summer lease, comes with agricultural tires, air, full PTO and additional hydraulics. 821-1980.
5-6c

HAY FOR SALE — 1st cut, no rain, small square bales. Call 445-0446.
5-8c

FOR SALE — MF leveling blade, 6', 3-pt. hitch; quantity of dressed lumber: 2x10, 2x8, 2x6, 2x4, six 4x4x8; also boards, all lumber for $100. Call 737-7732.
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5-6

FOR SALE — Case IH 6-row planter, dry fertilizer monitor, insecticide boxes. Very nice shape, $12,000. Phone 445-9994.
5-7

FOR SALE — Anderson Hi-dump rock picker, PTO driven, hydraulic lift, seldom used, $4,800. Phone 445-5675
5-6

FOR SALE — 7' rock bucket with gauge wheels, $500. Phone 613-987-5597.
6-7

WANTED — Used cow mats, western saddles and accessories and equipment. Cash paid. Call 613-652-9329.
6-8

FOR SALE — MF 10 square baler; Allied hydraulic stooker; MF 36 hay rake; INT hay rake; Ford 536 and 537 haybines; Kewanee 10' hydraulic discs. All in good working condition. Priced to go. Call 821-2009.
6

FOR SALE — Liquid manure equipment: 2 tankers, a pump and agitator. Call 448-2716.
6-7

Household

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15tfc

FOR SALE — The all new **"Miele"** vacuum cleaner, now in stock and on sale. Not just an ordinary vacuum, but a high performance, European design, with high efficiency filtration, hepa filter and sealed system. Whether you call it aspirateur, staubsauger, stofzuiger or a vacuum, if it's a **"Miele",** there is no comparison! Check it our now! John Witteveen TV Appliances Sales and Service, 448-2766, RR2, Chesterville (Dunbar).
6c

FOR SALE — Like new appliances. Maytag, Kenmore, Beau-mark, Frigidaire, G.E., Westinghouse, Kelvinator, Woods, McLary and Admiral. Courville Appliances, Chesterville, 448- 3463.
11tfc

FOR SALE — A number of reconditioned color televisions, two console models in beautiful wood cabinets, great for cottage or rec rooms (with remotes); also 21" stereo color with audio-video outs, other models as low as $85. All priced for Quick Sale! Come and see! You'll like! John Witteveen TV Appliances Sales and Service, 448-2766, RR2, Chesterville (Dunbar).
6c

FOR SALE — Blue floral maple Roxton living room set: sofa, chair, 2 end tables, coffee table, 2 lamps, $1,300 firm. Phone 774-2582.
6

FOR SALE — Just in time for Mother's Day! Brand new built-in dishwasher on special for only $399. John Witteveen TV Appliances Sales and Service, 448-2766, RR2, Chesterville (Dunbar).
6c

Pets, Livestock

WANTED TO BUY — Meat cows, meat horses, ponies, donkeys, crippled cattle. Fair price, cash. Phone 613-657-1114, Archie Martelle.
3tfc

Richard Patenaude, RR #1, Oxford Mills, Ont. LICENCED LIVESTOCK DEALER, home 613-258-4665, cell 294-1075, cell 792-5396. Buyer of cows, bulls and calves. Also dairy cattle-beef stockers.
26tfc

FOR SALE — Simmental bulls, 15 months old. Call 821-3102.
3-6

FOR SALE — Donkeys with babies, some jennys due soon; 3 small pony mares, bred. Best reasonable offer. 613-657-1114, Archie.
5-6

FOR SALE — Australian blue heeler pups, first shots, $350. Call 613-535-2930.
6

SALE — Ottawa Valley Shorthorn Club Spring Sale: 40 head COWS/HEIFERS/BULLS. Sat., May 12, at 1 pm. Hobbs', Ashton. Information: Jackie Robinson 989-2950.
6-7

FOR SALE — Equi-$takes - enter to win. 12 draws, one draw every two weeks. Over $3,000 in prizes, www.EquiStation.com
6c

FOR SALE — Hereford bull, 15 months old, also hay for sale, 4x5 bales, timothy/alfalfa. Call 445-5675.
6

WANTED TO BUY — Close and springing cows and heifers, also open heifers. All sizes, for immediate shipment. Phone Greg Holmes 774-5572.
6-7

ALPACA & LLAMA SALE— May 19 and 20. Select from 2 of the largest herds in Eastern Canada at Tuxedo Llama Ranch, Morrisburg. For more information call: 613-543-4442, 613-987-2052; e-mail: armstronghpr@magma.ca -or- http://www.hiddenpastureranch.com
6-7c

FOR SALE — Chain link dog kennel, 13x7 1/2x6', $125; large barn style dog house, $40; small steel dog crate $40. All used only 6 months. Phone 989- 1020.
6-7

FOR SALE — Male horse, 2 1/2 years old. Asking $650. For more information call 774-0015.
6-7c

Medic Alert
SPEAKS FOR YOU
1-800-668-1507
www.medicalert.ca

Birth Notice

THOM — Jimmie and Christine (nee Toonders) and big brother Casey are proud to announce the arrival of Jackson Anthony, born Wednesday, April 18, 2001 at Ottawa General, weighing 8 lbs., 3 ozs. Proud grandparents are Tony Toonders and the late Ann Toonders of Iroquois and Marjorie and Arthur Thom of Williamsburg.
6c

MILLARD — Wayne, Mavelyn, Derek and Nicholas are proud to announce the arrival of a baby girl, Christina Kathleen, weighing 6 lbs., on Saturday, April 19, 2001 in San Pedro Sula, Honduras C.A. Proud grandparents are Jack and Kathy Millard of Vernon.
6

BARKLEY — Mark and Johanna are pleased to announce the safe arrival of their daughter, Jessica Marie, on Thursday, April 26, 2001, weighing 8 lbs., 15 ozs. A sister to Nathan. Proud grandparents are Gerrit and Wobbina Sluiskes and Marie Barkley. Special thanks to Dr. Rivington and the staff at WDMH.
6

PINKHAM — Steve and Julie (Denison) welcome with love, Cassidy Grace, born Wednesday, April 11, 2001 weighing 8 lbs., 9 ozs. First grandchild for Barry and Deborah Denison and third for Ron and Carol Pinkham. Cassidy is the thirteenth great-grandchild for Hilda McCurdy, sixth for Hazel Denison and the first for Marion Lamont. Cassidy and her proud parents send hugs and kisses to all their family, friends and the staff at the Civic Hospital.
6

Card of Thanks

CARD OF THANKS — I wish to express my thanks to family and friends for the many cards, visits, gifts and phone calls received while I was a patient at Winchester Hospital and recovering at home. A special thank-you is extended to the nurses and staff for their wonderful care. God bless you all.
— Ruth Stanley
6

CARD OF THANKS — We wish to sincerely thank relatives and friends for their kind expressions of sympathy, Mass offerings, donations, prayers, flowers, cards, phone calls and visits during Johanna's illness and passing. Your support and compassion have been a great comfort to us during this difficult time.
— Henry Luchtenberg and family
6

CARD OF THANKS — I would like to thank my doctor, Dr. Steele; my nurse Cindy Casselman; my homemaker JoAnne Rutley; my family for their excellent care last winter and to my minister Rev. Bailey, who came so often to comfort me. I am much better now. Thank you all.
— Tom Butler
6

In Memoriam

GRAHAM — In loving memory of a wife, mother and grandmother, Grace, who passed away April 29, 1999.
Never more than a thought away,
Quietly remembered every day.
— Lloyd and family
6

ROBINSON — In loving memory of a dear wife Ethel, who passed away May 8, 1991.
— Sadly missed by husband Frederick Robinson
6

LEVERE — In memory of a dear husband, father and grandfather, Bob, who passed away May 4, 1995.
Those we love, we never lose
For always they will be
Loved, remembered, treasured
Forever in our memory.
— Always remembered, Mary, Grant, Wanda, Darren and Justin
6

LEVERE — In memory of a dear grandfather Cecil, who passed away May 6, 1998.
We hold you close within our hearts
And there you will remain
To walk with us throughout our life
Until we meet again.
— Always remembered, Mary, Grant, Wanda, Darren and Justin
6

Coming Events

EUCHRE PARTY
At Winchester Lions Hall, Thurs., May 10, 8 pm. Everyone welcome. Lunch and prizes. Sponsored by Golden Years Society.
6

We're Welcoming An Addition

IT'S A GIRL

GROVES - Jevon, Leslie and big brother Logan thank God for the safe arrival of a precious daughter and sister. Sarah Ainsley was born at Brockville General Hospital on April 26, 2001, at 12:07 am and weighed 6 lb 15 oz. Proud grandparents are Jack and Mary Durant of Chesterville and Phil and Pat Groves of Winchester. Equally proud are great grandma Grace Dale of Chesterville and great grandpa Ivan Groves of Kingston. Special thanks to Dr. Brooks, Dr. Ng and all the nurses in maternity at BGH.

Coming Events

WINCHESTER LIONS CLUB
515 Mill St. 774-2630
COMMUNITY SERVICE SINCE 1968
BINGO - Mondays at 7 pm
HALL FOR RENT - Licensed; A/C; kitchen; accommodates 280 people. Bill-774-2473
THRIFT STORE - 493 Main St.
Used clothing and other small items.
Thursday 10 am-3 pm and
Saturday 9:30 am-12 noon
Call Marion Coleman for info: 989- 5693.
EYE GLASSES/HEARING AIDS
Drop off at Shadbolt's or Sutton's.
"WE SERVE"
39tfc

METCALFE ANGLICAN CHURCH ROAST BEEF DINNER
Sun., May 6, 4:30 pm and 6:30 pm settings, Holy Trinity Anglican Church, Metcalfe. Tickets $10. Call 821-2538 or 233-1556.
5-6

12th ANNUAL GREAT SOUTH NATION RIVER RALLY
Sun., June 10. For information call Eldon 613-984- 2512.
5-7c

MIXED PARTY
In honor of Stephanie Cooper and Sean McCutcheon, Sat., May 5 from 9 pm-1 am, Vernon Recreation Centre, DJ. Age of Majority. Tickets $3 each or 2 for $5.
5-6

DOG OBEDIENCE CLASSES
Basic and advanced classes. Outdoors in Metcalfe. Classes starting mid-May. Eight week course, $100. Register now, call 821-0227.
5-7

THE ISLE IN THE RIVER REVIEW
ITR presents their spring production "Late Flowering". A three-act comedy at the Osgoode Community Centre, with performances on May 4, 5, 10, 11 and 12 at 8pm, and a matinee on May 6 at 2 pm. All tickets are $8. To book tickets call the box office at 860-1291 or order on-line at www.osgoodevillage.com/ITR. Doors open one hour before show. Snack bar and licensed bar available.
5-7c

CELEBRATION PARTY
Sat., May 5, a party will be held at Chesterville United Church Hall, from 2-4 pm for Rodney Merkley and Suzanne Smith to celebrate their June 9th Wedding. All are welcome. Refreshments served. Best wishes only.
5-6

CRAFT SALE AND FASHION SHOW
Inkerman Public School, Sat., May 5 from 9 am-5 pm. Fashion show begins at 2 pm, with fashions by Cottage Cove, Winchester. Desserts and coffee available.
5-6c

RUMMAGE SALE
Great bargains for everyone. Sat., May 5, 12:30- 2:30 pm, Morewood Presbyterian Hall.
6

MIXED PARTY
In honor of Stephen Hynes-Ion and Marilyn Wade, Sat., May 12, 8 pm-1 am, Russell Arena. Live rocking country band.
6-7

OPEN HOUSE
90th Birthday Celebration in honor of Blake Ball at the Legion Hall, Chesterville, on Sun., May 6, from 2-4 pm. Everyone welcome. Best wishes only.
6

ALL STAR COUNTRY DANCE
Sat., May 12, 8 pm-1 am at Vernon Recreation Centre, sponsored by Ottawa Valley Hall of Fame. Featuring: Ralph Carlson, Bob Desmond, Howard Hayes, Laurin Hall and Chris Last. Backed by "Unwound" and other top entertainers. Refreshments available. Tickets $5 available at Winchester IDA Pharmacy or 821-2539, 821-2057, 722-9915.
6-7c

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MORRISBURG

Coming Events

TRI-COUNTY DANCE
Tri-County Country Music Dance Sat., May 5, 8 pm- 12 midnight, Morewood Hall. Everyone welcome.
6

MASONIC PANCAKE BREAKFAST
Henderson Hall, Winchester, Sun., May 6 from 10 am-1 pm, $4 each, children under 5 free. Proceeds to HELP-2-HEAR.
6c

SPRING CONCERT
Presented by all North Dundas School Bands, Wed., May 16, 7 pm at NDDHS. Featuring music from James Bond and our "Nationals Competition" music. Tickets $3, seniors and students $2. Come out and enjoy.
6-7c

FAMILY FELLOWSHIP POTLUCK PICNIC
Sat., May 12, 11:30 am at Morrisburg United Church Hall. Guests Rev. Pat Martin, Apple Tree Ministry and Robin Lane Hospital Chaplaincy. Bring a cold dish to share. Cost $5. More info? Call Betty Barkley 448-2909.
6-7

MOTHER'S DAY PROJECT FOR KIDS
Sat., May 12 (note date change) 9-10:30 am. Register early. Everlastings 774-4212.
6-7c

CLASSIQUE BRIDAL 1 DAY SIDEWALK SALE
9 am-3 pm, Sat., May 5. #12261 Link Road, 2 roads south of Geggie's Home Hardware, Winchester. Prices slashed on all inventory. Flower girls $99; wedding gowns up to 80% off; Moms 40% off. 774- 5543.
6c

ANNUAL MEETING
Of Ormond Protestant Cemetery will be held Mon., May 7 at 7:30 pm at Country Kitchen Restaurant, Wincheter.
6

MEMORIAL SERVICE
For the Rev. James C. Stuart will be held in the Osgooode Baptist Church in Vernon on Sat., May 12 at 2 pm. James died in the Rochester General Hospital, N.Y., on April 5, 2001. Refreshments and fellowship following the Service.
6-7

BASEMENT AND BAKE SALE
Sat., May 5, 8:30 am-2 pm at St. Paul's Presbyterian Church, Winchester.
6

MIXED PARTY
In honor of Will O'Connor and Tania Zanelli, Sat., May 12, Chesterville Legion, 8 pm-1 am. D.J. Light lunch.
6-7

Be A Part...
... of the Heart
Support Your
Community Centre

DON HARRON & CATHERINE McKINNON



"Harron & McKinnon, with their 'guests' Charlie & Valeda Farquharson, Valerie Rosedale & Donald McKinnon, left the audience gasping for breath"
"Screamingly funny"
"Highly entertaining mix of music & madness"

GREAT MOTHER'S DAY GIFT!
CENTREPOINTE THEATRE
Sat., May 12 - 8 pm; 727-6650
CORNWALL AULTSVILLE THEATRE
Sun., May 13 - 8 pm; 938-9400
BROCKVILLE ARTS CENTRE
Mon., May 14 - 8 pm; 342-7122
Reserved Seating: $22.50 (GST incl.)
A Shantero Production www.shantero.com

Chinese Dinner and Dance
Saturday, May 5
Agricultural Hall, South Mountain
Social Hour 6:30-7:30 pm, Dinner 7:30 pm
Dance 9 pm-1 am *Running on Empty*
$20 per person
Tickets available at Rick's Gas Bar, South Mountain; Loughlin's Country Store, Hallville; Inkerman Store
Proceeds to Canada Day Horse Races

Thank You

On my recent experience as a 'patient' at WDMH, I would like to thank:
- Dr. Blakeslee, Dr. Rosenquist and the surgical team – "The Best".
- Special thanks to Dr. Slowey, Dr. S. Chande and Dr. McMillan for their care and support.
- To my WDMH family and sister, J.H. for their care, hugs and support.
- Also thanks to friends, neighbors and my extended family for the flowers, food and phone calls.

Love to my family. I'm blessed.
Sandra Jennings

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$3.50 sq. ft.
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TOWNSHIP OF North Dundas
P.O. Box 489, 547 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699

Freon Removal

The Township of North Dundas is now receiving quotations for the removal of freon from approximately 100 refrigeration units.

Sealed quotations marked as to contents must be delivered to the municipal office, 547 St. Lawrence Street, **by 3:00 pm, Thursday, May 10, 2001**.

Any questions, please contact:
Doug Froats
Waste Co-ordinator
774-5157

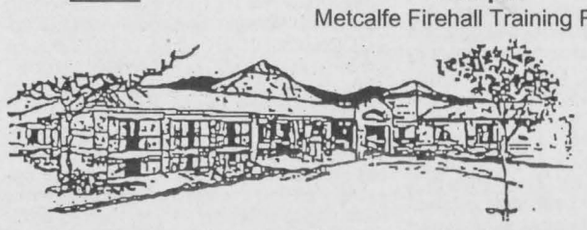
TOWNSHIP OF North Dundas
P.O. Box 489, 547 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699

Landfill Hours

Starting Saturday, May 5, the Boyne Road Landfill Site will be open from 8 am to 11:30 am on Saturdays. The Mountain Landfill hours will change to 10 am to 6 pm on Wednesdays starting on May 2.

Doug Froats
Waste Co-ordinator

NOTICE
20th Annual Meeting
Township of Osgoode Care Centre
Monday, May 7
7:00 pm
Metcalfe Firehall Training Room



YEARLY MEMBERSHIP FEE $10

Register for membership today • New members welcome
Name: _____
Address: _____ Postal Code: _____
Phone: _____ Enclosed Chq ❒ Cash ❒
Township of Osgoode Care Centre
7560 Snake Island Road, Metcalfe, Ontario, K0A 2P0

TOWNSHIP OF North Dundas
P.O. Box 489, 547 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105 Fax 613-774-5699

North Dundas Fire Departments
(Morewood, Mountain, Winchester and Chesterville)

Due to the quick spring runoff and the dry weather conditions, grass, brush or any type of refuse burning must be strictly controlled, therefore, effective May 1, 2001, burning is not permitted in the Township of North Dundas until further notice. Please consult your local fire department or the Township of North Dundas Municipal Office for further details.

Thank you for your co-operation
Fire Chiefs **Arden Carruthers**
Gary Martin
Dan Kelly
Ross Casselman

Classifieds

Yard Sale

YARD SALE
Maternity and infant clothing, toys and equipment. Sat., May 5 from 9 am-12 noon, 2481 Development Road, Mountain, 989-1809.
5-6

FAMILY COTTAGE CONTENTS
462 May St., Winchester, Fri., May 4 from 4-8 pm and Sat., May 5 from 9 am-5 pm. 3-piece wooden patio set, barbecue, spin dry washer, TV, dresser, toys, Beanie Babies, chain saw, chairs, umbrella, bug zapper, lamps, hi-fi, coffee maker, life jackets, marble-top coffee table, fertilizer spreader and much more.
5-6

GARAGE SALE
Sat., May 5, 8 am-2 pm, Winchester Springs Road, go west to 12017. Miscellaneous household items.
6

5-FAMILY YARD SALE
Sat., May 5, Civic #11980, County Road 18, 2 km west of Williamsburg. Electric lawn mower, whipper snipper, hedge trimmer, 20 cubic foot freezer, muffler for AMX Percidia; men's, lady's and children's clothing; furniture, toys, dishes, books. Rain date May 12.
6

RENOVATION SALE
Fri., May 4 from 8 am-8 pm, 10532 Main St., South Mountain. Carpet, chesterfield, ceiling fan, curtains, good miscellaneous items.
6

YARD SALE
Sat., May 5, 9 am-4 pm, 1904 9th Line Road, Metcalfe. 2 miles north of Continental Mushroom Farm. Some antiques. Rain date, May 12.
6

MULTI-FAMILY YARD SALE
Something for everyone, Highway 43 east, one mile from Highway 31. Sat., May 5 and Sun., May 6, weather permitting.
6

MULTI-FAMILY YARD SALE
Sat., May 5 (rain date May 12), 7 am-1pm, County Road 43, Civic #12901, east of NDDHS. 3 cribs, 1 mattress, toys, good children's clothes, change table, baby swing, booster seat, gate, monitors, 2 high chairs, bassinets, outdoor children's toys; Nokia flip cell phone, dryer, 10,000 BTU air conditioner, table and chairs, coffee and end table set, treadmill, lawn chairs, like new mid- size stroller, 448-2856.
6

LARGE YARD SALE
Sat., May 5, 9 am-4 pm, Sun., May 6, 12 noon-4 pm. Antiques; new furniture, dishes, mink jacket; also many used articles. 8143 Dowser St., Metcalfe. Rain or shine.
6

YARD SALE
Sat., May 5, 9 am-3 pm, #12261 Link Road, 2 roads south of Geggie's Home Hardware, Winchester. Camera equipment, computer, stereo speakers for house and car, toys, household items, movies. 774-5543.
6c

SOUTH MOUNTAIN UNITED CHURCH YARD SALE
Sat., May 12 from 9 am-12 noon. Breakfast served. Tables for rent, $10. Call for information 989- 5511, 989-2888 or 989-5651.
6-7

Auction Sale

AUCTION SALE
FARM MACHINERY, 1976 CADILLAC, ANTIQUES, COLLECTIBLES AND MISCELLANEOUS ARTICLES
1 1/2 miles north of North Gower on Regional Road 5 (Fourth Line Road). Watch for Auction Signs.
SATURDAY, MAY 12
commencing at 10 am
Selling our home we offer the following: 1976 Cadillac Sedan Deville, 44,000 original miles, midnight blue, immaculate condition, safety checked; Ford 4600 diesel tractor with cab, loader and 2 buckets, good condition; tractor chains; George White 7', double auger, snowblower, hydraulic chute; farm wagon with rack; 8 gates; Craftsman 10", 2-1/2 hp radial arm saw, like new; assorted page wire; 37 steel posts; Husqvarna chain saw; selection of hand tools; forks and shovels; 28' extension ladder.
Household Furniture, Antiques and Collectibles: Setting of 8 of silverware; collection of paper weights; antique large wicker basket; settee and chair; Findlay box stove; assortment of dishes and glassware; antique wooden pails; assortment of older furniture; washer and dryer; color TV; antique fire hydrant; mixing bowls; tobacco cutter; approximately 500 Huntington bricks and many other interesting items.
Refreshments Available
Owners and auctioneers not responsible for accidents
TERMS: CASH OR CHEQUE WITH PROPER ID
PROPRIETORS
Mr. and Mrs. Casey Van den Hanenberg
AUCTIONEERS
James and Hill
Auction Service Ltd.
Carson Hill
613-821-2946
Stewart James
613-445-3269
6-7c

AUCTION SALE
At Leo's Livestock Exchange
Greely, Ontario
THURSDAY, MAY 3
commencing at 10:30 am
Herd of Yvon Ranger
Of St. Eugene, Ontario
Consisting of 28 Holstein dairy cows, good for year round milking, from free stall, 1 bull.
Information
613-821-2634
6c

OTTAWA VALLEY ABERDEEN ANGUS CLUB BYTOWN BONANZA SALE
Hobbs Bros. Sale Pavillion
2394 Dwyer Hill Rd., Ashton
SATURDAY, MAY 5
commencing at 1 pm
Selling approximately 40 lots. Cows with calves, bred females and yearlings. Bulls by private treaty.
SALE MANAGERS
Hobbs Bros.
613-257-2537
AUCTIONEER
Ross Bailey
905-985-0697
SALE DAY
613-257-7583
6c

Auction Sale

ESTATE AUCTION
Dalkeith, Ontario
From Hwy. 34, travel east from Laggan, 5 km on Laggan Road to Old Military Road, turn left go 3 km northeast to Seventeenth Road, Con. 7. Watch for Dalmac Auction Signs.
SATURDAY, MAY 12
commencing at 10 am
Antiques, Furniture and Dishes: Butternut corner cupboard with glass-panel doors (circa 1840); 6 matching pressed-back chairs; cane-back rocker; Victorian loveseat (butternut); parlor table; wooden rocker; mahogany lamp table; 3/4 spool bed; wooden single bed (turned posts); arrow-back chair; pine side table; pine washstand; wooden headboard; sideboard; piano stool; captain's chair; cane-bottom chairs; beveled mirror; china cabinet; dining room table; dining room chairs; pictures and frames including "Battle of the Boyne"; table lamp, brass base; single spool bed; washstand; tea wagon; cast iron floor grates; complete set of dishes "Blue Mikado" (Darby China); "J & G Meakin" (Balmoral) 2 vegetable bowls; pink depression glass; "J & G Meakin" (Balmoral) cream and sugar; gravy boat; commemorative plates; pressed glass; mustache cup; china cups and saucers; silverware; pearl handled butter knives and forks; scalloped dish and silver base; "Keirstead" print and frame (The Brick House); oval needlepoint; old flower can; "Findlay" Quebec heater; books including Scottish Clan books and books on Royalty; old magazines; Highland Games programs; 2 buffalo robes; man's fur coat.
Furniture: Westinghouse stove; G.E. fridge; small electrical appliances; Maytag washer and dryer; kitchen table; 4 wooden chairs; Laz-Z-Boy chair; record stand; hall tree; RCA TV and VCR; swag lamp; coffee table and 2 end tables; table lamp; desk; bookshelves; dresser and mirror; filing cabinet (letter size); oak bookcase; fern stand; easy chair; many other items.
Machinery, Tools and Miscellaneous Items: 2555 John Deere tractor, 4WD, approximately 3000 hours, factory cab and loader; John Deere 40 tractor with Woods belly mower, good condition; John Deere 60 tractor; Pincor 3-pt. hitch, 16 kilowatt, 60 amp generator; Walker riding mower with front deck; Husqvarna 225L weed cutter; compressor; gas push mower; hay feeder; firewood; conveyor; cement mixer; utility trailer; fanning mill; cream separator; quantity of 8-gallon milk cans; cutter and shaves; single and double shaves; 10-gallon milk can; cream can; dairy heater; wheelbarrow; Beaver table saw; Beaver 6 jointer planer and motor; Skil saws; jig saw; B&D small electrical tools; shop vac; small hand tools; wrenches; 2 aluminum extension ladders; 20 amp battery charger; box sleigh; roller; broad axe; hay knife; hay fork; sump pump; hand corn planter; quantity of rough sawn lumber; many other small items.
Note: Selling by Public Auction the household and farm items belonging to Mrs. Rhoda MacDonald and the late Kenneth MacDonald, well know residents of Glengarry County. Tractors will be sold at 1 pm.
Refreshments Available
Owner and auctioneer not responsible for accidents
TERMS: CASH OR CHEQUE WITH PROPER ID
AUCTIONEER
John MacCaskill
Dalmac Auction Service
613-826-2194
6-7c

AUCTION SALE
CADILLAC, RIDING MOWERS, HOUSEHOLD EFFECTS AND SMALL ITEMS
Travel north of Cardinal to Brouseville, then east half a mile
SATURDAY, MAY 12
commencing at 10
Having sold my property and moved to a retirement home, the following will be sold by public auction:
1993 Cadillac Fleetwood Brougham D'Elegance, fully loaded, sharp; Ariens YT1138 riding mower; MTD Turf Power 12/38 riding mower; 2500 watt generator with Briggs and Stratton 5 hp motor; MTD 5 hp rototiller; Lawn Boy Deluxe mower; garden trailer; wheelbarrow; fertilizer spreader; garden tools; aluminum step ladders; assorted hand tools; nuts and bolts; gas cans; scythe; forks and shovels; picnic table; patio furniture; gas BBQ; GE almond refrigerator; GE self cleaning almond stove; Kenmore washer and dryer; Kenmore microwave; Kelvinator freezer; Electrohome humidifier; Electrohome air conditioner; Electrolux vacuum cleaner; small electrical appliances; kitchenware; pots and pans; assorted dishes; crystal; collector plates; pieces of silverplate; knickknacks; jewellery boxes; fireplace set; lamps; pictures, some Kierstead; mirrors; records; books; blankets and linens; cedar chests; dressers and mirrors; chests of drawers; mirrored wardrobe; bed; small wooden tables; wooden dinette table and 4 chairs; bookcases; magazine racks; chesterfield and chair; rocking chairs; antique armchair and other assorted chairs; Panasonic component stereo; several good VCRs and portable televisions; numerous other articles.
TERMS: CASH OR GOOD CHEQUE WITH PROPER ID
PROPRIETOR
Mr. Clark A. Murdock
AUCTIONEER
James Cooper
613-652-4145
6-7c

ESTATE AUCTION
McHaffie Auction Hall, Morrisburg
THURSDAY, MAY 3
commencing at 6 pm
Hall open at 5 pm
Household effects of the late Miss Edith Render of Iroquois will be sold with a partial household from Morrisburg.
Upright freezer; fridge; stove; washer; dryer; color TV and stand; modern wall unit; 6-piece dining set; couch and chair; 2 bedroom sets; chrome set; antiques; 4 washstands; dresser; drop- leaf table; set of 4 wooden chairs; small tables; trunks; couch; dishes; glassware; collectibles; books; tins; lanterns; wicker baskets; numerous quilts; pictures; rugs; small kitchen appliances; costume jewellery; 4-section bookcase, good; large and small desk; silverware and chest; cups and saucers; wood rocker and matching straight chair; foot stools; rockers; floor and table lamps; electric organ and bench; microwave; vacuum; cook books; costume jewellery; pots and pans; bakeware; saws; small tools; house and garden tools; card table and chairs; lawn chairs; golf clubs; walker; tub chair; many unlisted items.
AUCTIONEER
Sheila McHaffie
MasterCard, Visa and Interac accepted
613-543-2523
5-6c

Auction Sale

AUCTION SALE
VEHICLES, GARDEN TRACTORS, TOOLS AND HOUSEHOLD EFFECTS
Travel four miles west of Winchester Springs to Toyes Hill - OR - east of Brinston on Henderson Road, then north to Toyes Hill
SATURDAY, MAY 5
commencing at 10 am
The following items are to be sold by public auction for the estate of Charles R. Hodgson:
Vehicles, Garden Tractor and tools: 1994 Dodge Laramie SLT half ton, fully loaded, 87,000 km; 1987 Chrysler Fifth Avenue; 1976 Chrysler New Yorker; Cub Cadet 1872 lawn tractor, hydrostatic, 3-pt. hitch, PTO with 60" cutting deck and rear-tine tiller; Cub Cadet 1650 lawn tractor, hydrostatic, 46" deck; Cub Cadet trailer; Ariens rear-tine tiller, 7 hp electric start; MF 105 brush cutter, 3-pt. hitch; MF 8' discs, 3-pt. hitch; IH 3-furrow plow, 3-pt. hitch; scraper blade; Landpride 72" driveway rake, 3-pt hitch; 50 gallon sprayer; Sanborn industrial air compressor, 5 hp; industrial air hose reeler and hose; Mastercraft 3 1/2 hp lawn mower, new; four chain saws; gas weed-eater; 3 piece mechanic's tool chest; large quantity of hand and power tools; numerous wrenches and socket sets; arc welder; mig welder; Century battery charger; hydraulic bumper jack; air hydraulic lift jack; antique hydraulic bumper jack; cut-off saw; set of chainfalls; Cub Cadet tractor cab; hitch for Dodge pick-up; Gas Boy electric fuel pump; pressure washer; steel shelving units; 2 large crank-out windows; electric business sign; new 15" tire on Michelin rim; 40 gallon hot water tank; large quantity of garden tools; forks and shovels; moving cart.
Household Effects and Small Items: Kelvinator almond refrigerator; Kelvinator electric stove; moffat portable dishwasher; deep freezer; Toshiba microwave; air conditioner; Whirlpool washer; Moffat dryer; 27" GE color TV plus other televisions; dehumidifier; furnace humidifier, new; AirTech Bionix treadmill, new; Electrolux vacuum cleaner, new; Singer upright vacuum cleaner, new; ceiling fan, new; maple dining room table and six chairs; five piece new maple bedroom suite, bed, large dresser and mirror, chest of drawers and two night stands; bed with new box springs and mattress; other chest of drawers and dressers; small tables; pressback chairs; Singer electric cabinet sewing machine; glass-top coffee and end tables; hall tree; 2 glider rockers; chesterfield and matching chair, new; china cabinet; 22 carat gold tea service; cheval mirror; wooden coat rack; assorted dishes; pots and pans; small electrical appliances.
Note: A large auction - partial listing. Everything in excellent condition.
TERMS: CASH OR GOOD CHEQUE WITH PROPER ID
PROPRIETOR
Estate of Charles R. Hodgson
AUCTIONEER
James Cooper
613-652-4145
5-6c

ESTATE FARM AUCTION
FARM MACHINERY, VEHICLES, HORSE RELATED ITEMS AND MISCELLANEOUS ARTICLES
959 Smith Road, Navan. Travel 1/2 mile west of Navan on Smith Road - OR - from Milton Road travel east 1/2 mile on Smith Road. Watch for Auction signs.
SATURDAY MAY 5
commencing at 10 am
To settle the estate of the late Sid Smith the following will be sold:
White 2-105 4WD with cab, 20.8x38R-16.9x26F; Cockshutt 1855 2WD with cab; Cockshutt 550 gas with loader; Cockshutt 411R diesel, 3-pt. hitch; John Deere #60 gas tractor; IH Farmall Super A with loader; IH W4; John Deere 165 riding lawn tractor with mower-hydro; White 4-furrow semi-mount plow, adjustable widths; IH Vibrashank cultivator with wings, 16'; MF discs, 11'; chain harrows; 3-pt. hitch scraper blade; MF 3-furrow plow, 3-pt. hitch; MF 33 seed drill, 15 run with grass seed; John Deere 1240 4-row corn planter; 3- pt. hitch fertilizer spreader; Calsa weed sprayer; 2 drag plows; IH 4-furrow drag plow with hydraulic piston; New Idea 486, 5'x6' round baler; IH #35 rake; Kuhn 2-wheel rake, 3-pt hitch; John Deere 800 swather with crimper; Hesston PT10 haybine, 9'; New Holland 268 baler; MF #10 baler; Allied automatic stooker; manual stooker; bale forks; 5 hay wagons; 40' closed elevator; pipe elevator; New Holland 717 Super forage harvester, 2-row with hay pick-up; 2 Dion 3-beater forage wagons with roof; New Holland #25 blower; New Holland #23 blower; IH #91 self propelled combine; 2 gravity boxes; grain augers; small farm trailer; PTO driven farm dump trailer; flat trailer; IH 275 tandem manure spreader; MF mix mill; George White single auger snowblower; Patz silo unloader; Patz silo conveyor; Wiromi 3-pt. hitch HD cement mixer; tractor chains; 22', 24" steel culvert; 2 smaller culverts; quantity of scrap iron and steel; small wood lathe; table saw; assorted hand tools; large press.
Antiques and Horse Related Items: Rubber-tired show wagon; cutter, good condition; MH #51 walking plow; set of good work harness; assorted horse harness; 2 sets of sloop sleighs; sulky plow; ditcher; assorted other horse related items and antiques.
Vehicles: 1988 Dodge 4WD pick-up automatic, V8, black, selling as is; 1992 Dodge Dynasty, white, fully loaded, selling as is; many other assorted items.
Owners and Auctioneers not responsible for accidents
Refreshments Available
TERMS: CASH OR CHEQUE WITH PROPER ID
PROPRIETOR
Estate of the late Sid Smith
AUCTIONEERS
James and Hill
Auction Service Ltd.
Stewart James
613-445-3269
Carson Hill
613-821-2946
5-6c

Auction Sale

ESTATE AUCTION
For the late Allan Cardiff
1st farm south from Pendleton Village, ON - OR - 6 miles straight east from Bourget. Follow Auction Signs from Bourget or Curran.
SATURDAY MAY 5
commencing at 10:30 am
Machinery: 4x4 Zetor 5340 tractor, only 859 hours, with cab (like new), with manual; Zetor 5211 tractor with cab, front loader and attachments, 2173 hours; Gehl 2170 haybine, like new; International 434 tractor, good condition; 2- furrow hydraulic plow; tractor blade; New Idea hay elevator; John Deere hay wagon; 3-pt. hitch small fertilizer spreader; 2 sets of tooth dragging harrows; set of dragging discs (12 discs), other set 24 discs; 2-year old generator; air compressor, brand new 2.5 Ingersoll-Rand; Homelite chain saw; tractor chains; New Idea snow blower, 7'; small Ford truck rack; 16' folding wing harrow; hydraulic spring tooth harrow; hay wagon; 5' King Cutter brush cutter; small N.H. manure spreader; tractor's front bale fork; farm gates; fencing wire; posts; chain harrows; cattle feeder; small feed grinder, Farm King with PTO; come-a- long; old pump with clutch; extension cords; 4 water tubs; old steel wheel cultivator; 13-drill seeder on steel wheels; brand new aluminum extension ladder; old walking plow; sleigh and cutter poles; old 45 gallon cans; log chains; whiffle trees; old farm tools; wire tightener; horse shoes; boxes of bolts and nails; lawn tractor trailer; gas weed trimmer and many more items too numerous to mention.
Furniture, Miscellaneous and Antiques: Complete single bed; 4-drawer wooden cabinet; exercise set; bars and weights; sealer cans; milk bottles; muskrat traps; Eaton 12" pedal sewing machine; wooden chair; iron chair; 3 big trunks; books; small milk stool; old hutch; china cabinet; shelves; small chest; 2-drawer dresser with mirror; old washstands; 5-drawer dresser; old wooden wardrobe; 3-drawer dresser with mirror; small table; old dresser with swivel mirror; tin wardrobe; cedar chest; big trunk; clothes poles; suitcases; old armchair; old picture; wall mirror; games; quilting stuff; old needlework patterns; old recipe books; old jugs; old razors; old wash tubs; iron bed frame; old tin bathtub; old barber chair; old cedar trunk; 2 buffalo robes; clothes stand; old snowshoes; pink glass dishes; set of bowls; butter dish; trays; glasses; crystal tray; wine set; teacups and saucers; bean pot; old records; electric teapot; wool blankets; sheets; spice cabinet; picture frames; electric window fan; silverware for 8 with chest; other chest of silverware; silver spoons; linen; 2 typewriters (manual and electric); cutlery set; green glassware; set of dishes for 6; 2 old pictures and many more items too numerous to mention.
Note: Auction starting at 10:30 am with small items then tractors and machinery at 1:30 pm.
In case of bad weather, auction will be held under a tent.
Auctioneers and owners not responsible for theft or accidents.
Canteen and Toilet on Site
TERMS: CASH OR PERSONAL CHEQUES WITH PROPER ID
BILINGUAL AUCTIONEERS
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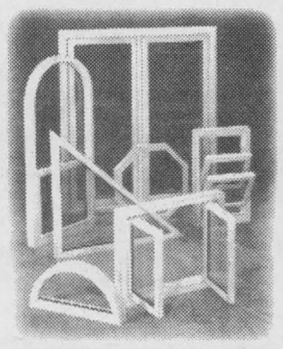
TRI COUNTY WINDOWS Est. 1987



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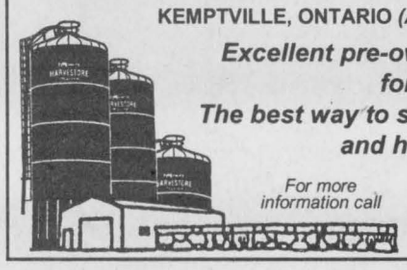

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or call: 613-937-3072 for more information,
fax: 613-937-4550 or E-mail: devserv@glen-net.ca

The Parks of the St. Lawrence, an agency of the Ontario Ministry of Tourism, Culture and Recreation, manages recreational areas from Kingston to near the Quebec border. This tourism driven organization encompasses the internationally acclaimed Upper Canada Village and Fort Henry, 12 campgrounds and day-use area parks, Crysler Park Marina, Upper Canada Golf Course, Upper Canada Migratory Bird Sanctuary, Long Sault Parkway, 1000 Islands Parkway, St. Lawrence Bikeway and a variety of dining and shopping experiences.

DOMESTIC INTERPRETER (2 POSITIONS)
Upper Canada Village
Group 3 - Seasonal Recurring – Mid-May to Mid-October
Interpreter 2 - 36.25 hours per week - $12.84 per hour
(Where candidates lack the full qualifications, an appointment may be made at a lower classification and salary level.)
file no. SLPC-UCV 9/01(4)

JOB DESCRIPTION: To interpret and portray the life, work, skills and activities of an 1860s domestic worker and to interpret and participate in a wide range of domestic duties; to act to ensure the safety of visitors and staff.

QUALIFICATIONS: Good communication skills with the ability to communicate with large numbers of visitors; ability to study and learn the interpretive and historical informational material relating to the position; ability to perform historical household and domestic tasks such as sewing, needlework and basic food preparation; an understanding of the social, economic and political environment of 1860s Canada.

In your application/résumé, please indicate specifically how your experience, skills and knowledge relate to the duties and qualifications stated above. Applications/résumés quoting **file no. SLPC-UCV 9/01(4)** must be received by no later than **Friday, May 11, 2001** at **4:30 p.m.** **SEND TO:** Human Resources Division, The St. Lawrence Parks Commission, R.R. No. 1, Morrisburg, Ontario, K0C 1X0, telephone (613) 543-3704, fax (613) 543-2847.

We thank all candidates for applying, but only those selected for an interview will be contacted.

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Parks of the St. Lawrence

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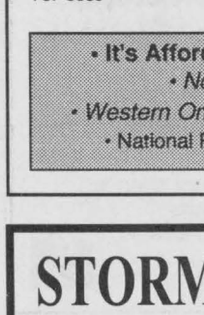
OPEN HOUSE



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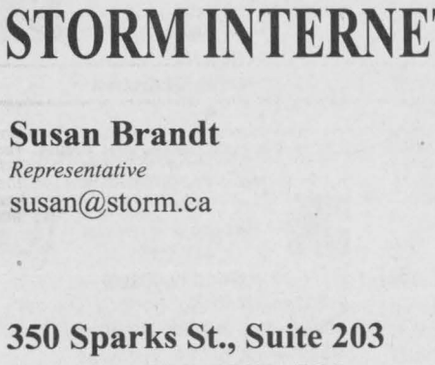
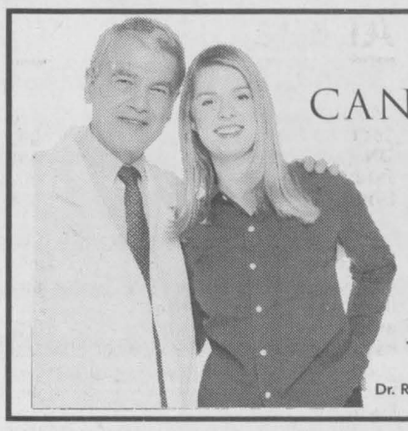


OPEN HOUSE
SUNDAY, MAY 6, 2-4 pm
5 Minto Street, Finch
3-storey brick home, 4 bedrooms, 2 baths, gas fireplace, refurbished hardwood floors
$92,000



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Dr. Robert Phillips and Rae Ellen, Survivor

OPEN HOUSE
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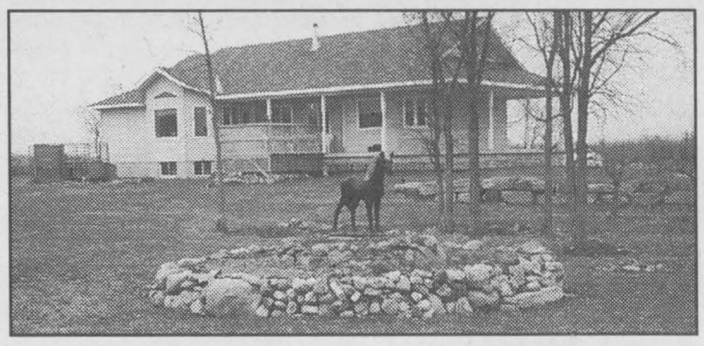

Deluxe Hobby Farm, Chesterville area,
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MUST SEE INSIDE - GORGEOUS! 1-1/2 baths, sun porch, deck, living room with cozy wood pellet stove. Eat-in kitchen, dining room, Winchester. **$92,900.**



MOREWOOD - A '10' in renovation - so nice. Get inside. Large country kitchen with wood stove, living and dining rooms, 1-1/2 baths, main floor laundry, plus a 2-car insulated garage, plus a separate shop. So clean. **$109,900.**



NORTHWEST OF WINCHESTER. Side split with huge country-size kitchen, large rec room with wood stove, quiet area. Plus a large insulated and heated shop. **Only $139,900.**



TRANQUILITY AND CRAFTSMANSHIP of yesteryear in this gracious stone home on almost five-acres. Everything you want plus an in-law suite and a huge workshop and vehicle storage. **$309,000.**



WOW - THIS MORRISBURG BUNGALOW IS SO NICE. 4+1 bedrooms, 2 washrooms, 2 fireplaces, hardwood floors, large rec room with gas fireplace, hedged yard, clean and tidy maintained home. Must see inside. **$119,000.**



3-YEAR-OLD HOME, 3 bedrooms, all-year residence on this quiet (no motors) lake, view over lake, hardwood floors, well, septic. Retire and enjoy! By Mayberly. **$175,000.**



FAMILY HOME, Victoria St., Winchester. 3 bedrooms, renovated, wood stove and original woodwork in living room. **$112,900.**



DO NOT JUST DRIVE BY. You must see inside this beautiful home with gleaming hardwood floors, 1-1/2 baths, 3+1 bedrooms, dining room, huge living room with tin ceilings, master bedroom has a sitting area and balcony. Total renovation with love inside. Winchester. **$117,500.**



WINCHESTER BUNGALOW. 3+2 bedrooms, rec room, with bar. 2 full washrooms, large shop area plus garage - deck. Looks on farm land and has a stone fireplace. **$124,900.**



14-ACRE HOBBY FARM - 3+1 bedroom home, rec room, hardwood floors, brick fireplace, barn. Winchester. **$129,900.**



AFFORDABLE FAMILY or retire to this home in Winchester. Large living area with vaulted ceiling. 3 bedrooms, on large lot. Winchester. **$58,000.**



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200 ACRES TOP QUALITY LAND, Dixons Corners **$299,000**
98 ACRES - bush land to build a home, Ronson Road **$89,900**
12 ACRES - with fir/spruce. Inkerman **$44,900**

FARMS

100 ACRES, 60 tiled, beautiful home with guest house/studio, good barn, Inkerman..... **$369,000**
125 ACRES, Vernon, 60 tiled, large home, 5 bedrooms, private setting, large drive shed and good barn **$345,000**
300 ACRES, Mountain Township, available in 3 separate packages. 145 acres, with large home, drive sheds, shop, barns. 60 acres and 90-acre package. Most land organic and some certified

SOLD THIS WEEK

The Valiquettes, Winchester; Scheen - Goodwin, Vernon, Lee Acheson, Winchester; The Zerschs, Crysler; and four others listed by other agents.

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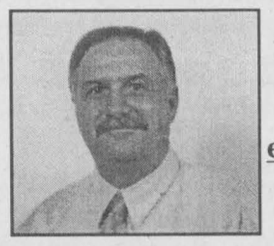

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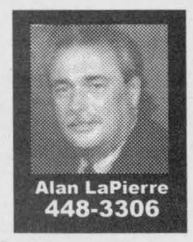

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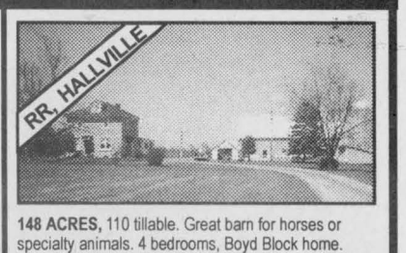
2+2 BEDROOMS, ceramic in dining, foyer, hall, bath and kitchen. Immaculate throughout. Family room in lower level, 2 full baths, large lot, just a complete pleasure to show. **$139,000.**



148 ACRES, 110 tillable. Great barn for horses or specialty animals. 4 bedrooms, Boyd Block home. Possibility of severance and smaller acreage. Don't wait and be late. **$299,000.**



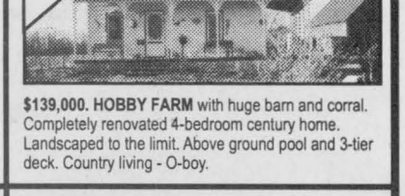
$29,900. 3 BEDROOM, IN HILLSIDE PARK. Only 20 minutes from downtown. Can have immediate possession. Owners have purchased new home.



$269,000. COUNTRY ESTATE HOME, 33 acres in quiet Forestwood Heights subdivision. Just 20 minutes from downtown. Quality throughout, 4 bedrooms, ceramic, hardwood. Must be seen.



1.6 ACRES OF PEACEFUL COUNTRY LIVING. Workshop in basement, 2+2 bedrooms, large 3-seasonal sunroom, detached garage, pond and gardens. **$159,000.**



$139,000. HOBBY FARM with huge barn and corral. Completely renovated 4-bedroom century home. Landscaped to the limit. Above ground pool and 3-tier deck. Country living - O-boy.



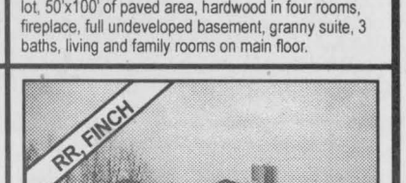
$119,500. Heritage home with a loft in third floor. River view, hardwood floors, yesterday's charm and woodwork. Today's comforts. Gas heat, 1-1/2 baths, all brick. Come be surprised.



$119,900. QUALITY THROUGHOUT. All brick, large lot, 50'x100' of paved area, hardwood in four rooms, fireplace, full undeveloped basement, granny suite, 3 baths, living and family rooms on main floor.



$270,000. ON-GOING HOTEL, 148-seat lounge, 35-seat full restaurant, sound and light system, 2 older 2-bedroom apartments, 20 single rooms, new furnaces, wiring and sprinklers. Come look.



265 ACRES IN 3 PARCELS. Free-stall barn built in 1998. 90 free stalls, 21 tie stalls, double 10 parallel parlor. Turn-key operation. Call for more information.

Presbyterial attendees come bearing CHEO gifts

by Peg Campbell

VANKLEEK HILL — Sing a Happy Hallelujah (page 224 in Voices United) set the background for the theme of praise for the Seaway Valley Presbyterial United Church Women as they gathered for their annual meeting at Trinity United Church in Vankleek Hill. Linda Jean Coffin delighted the meeting with her choice of music and her interpretation, which brought this music to its fullest meaning.

Over 70 members of UCW groups from across the Seaway Valley gathered on April 10. They were welcomed by president Sharon Hinton, Rev. Kathryn Peate (minister at Trinity United Church) and Lorraine McNaughton, president of the Vankleek Hill UCW.

The ladies brought bags of blankets for CHEO, bears and a variety of collectibles. In return, they picked up registration forms for Summer Event 2001. This is a weekend for worship, fellowship and fun for men, women and youth. It will be held this year in Kemptville, July 27-29.

The worship theme was The Cross and its Relevance, by Margo MacRae, Phyllis Noble and Lorna Chapman. Lorna Chapman read from her book, From Darkness Into Light. Muriel Moore closed the worship with the solo, Go To Dark Gethsemane.

Edith Jenkins introduced the incoming president of Ottawa Presbyterial, Geraldine Reid. Donna Hall, a new member from Roebuck, was also introduced.

The annual reports were not available due to a computer failure. They will be included with the minutes.

Louise Shaw introduced Linda Jean Coffin and her husband Lloyd. The group enjoyed a morning of music from Voices United. They were thanked by Janice Reynolds.

The ladies of the church provided a hot meal. The Montreal Bank Room provided a table of a variety of books and resources, which helped the ladies pass an enjoyable noon hour.

The church history, presented by Doreen Hotchkiss, gave the ladies an idea of the number of former members who had helped to built up the church. Many present members can trace their connection back to these founders.

Shirley Nichol of the House of Lazarus invited everyone to visit the mission's new location in Mountain. They are again having their yard sale, scheduled for April 28 starting at 1 pm. Shirley Nichol's new book, The Angels Continue to Appear, will be ready for Christmas. It will make a great stocking stuffer for anyone, and a great "take-along" gift when you go visiting.

The Lillian Allison banner was presented to Shanly Church this year. Joyce Froom accepted.

Louise Shaw conducted a service of closure for Riceville UCW. Their service has been appreciated in past years and they were wished well.

Louise also gave a memorial to those members who died in the past year.

Edith Jenkins installed the new executive for the coming year. Erna Witherspoon mentioned that all of the places on the executive had not yet been filled. She asked the ladies to give prayerful consideration to this. The group regrets the resignation of secretary Jennifer Mitchell.

The June salad bar meeting will be held in the United Church in Oxford Mills on Tues., June 12. Registration is at 10 am. Region 1 — salads; Region 2 — cheese, crackers, pickles; Region 3 — desserts; Region 4 — cold meats.

Arlene McKibbon gave the courtesies for the day, impressing on the group the many benefits of accepting a position with the UCW.

President Sharon Hinton closed the meeting with a benediction.



Music to their ears

The Metcalfe United Church recently purchased a new digital baby grand piano from Fawcett's Pianos and Organs in Winchester. Ron Gallinger, whose wife Mary Ann Rose is the church's pianist, said Roy Fawcett offered them the best package and, he said, went beyond the call of duty in setting them up with this latest acquisition. In addition to the piano, the Metcalfe United Church now also boasts new speakers, a control panel, four cordless microphones, a pulpit microphone for the minister and choir microphones which hang from the ceiling. The church's new sound equipment was paid in part through donations, but will hopefully be supplemented on May 13, when the church will be holding a benefit concert to help raise more funds toward its purchase. The concert will be a freewill offering held at the Metcalfe United Church on Mother's Day at 7 pm and will feature Winchester pianist Sharon Adams. Left, Mary Ann Rose, Bonnie Mackie, Adina Bogert-O'Brien, Bonnie Voisine, Wade Bogart-O'Brien, Earl Windsor, Loretta Bogert-O'Brien, and Rev. Dr. Daniel Bogert-O'Brien are enjoying their new sound system.

Photo — Cameron

Vernon WI recalls home remedies

by Marg McDiarmid

VERNON — A potluck dinner accompanied the Vernon Women's Institute's annual meeting at the Vernon Recreation Centre on Tues., April 17.

President Dorothy Campbell called the meeting to order and 15 members answered the roll call by naming one of Grandma's home remedies. The convenors of the past year gave their reports.

Lillian Sayant took the chair for the election of officers for the coming year. The nominating committee of Diana Widdifield and Ann Leighton-Kyle reported the following officers: president — Dorothy Campbell; secretary — Ann Leighton-Kyle; treasurer — Laura Acres; district director — Sandra Toll; catering — Ann Velthuis.

Laura Acres, Dorothy Campbell, Heather Bellinger, Ann Leighton-Kyle, Sandra Toll, Vivien Alexander and Thelma Kennedy will represent Vernon at the District Annual on May 12 in Kenmore.

Ann Leighton-Kyle will convene the Tweedsmuir History meeting on May 15. Margo Dixon from Upper Canada Village will be the speaker.

SNC reports to Golden Years Society

by Donella MacIntosh

WINCHESTER — The South Nation Watershed was the highlight of the meeting held by the Winchester Golden Years Society on April 19. The meeting was held at the Lions Hall with president Orma Earl presiding.

O Canada was sung, followed by the Lord's Prayer. A moment of silence was observed for deceased members. Birthdays were acknowledged and Clara Justus was presented with a life membership and a plaque in honor of her 90th birthday.

Reports were given and a list of coming events was also presented. On May 3 an afternoon tea will be held at the Nor Dun Seniors' Support Centre, 2-4 pm. Proceeds will go to the scented garden project.

Betty Cooke introduced guest speaker Ronda Boritz of the South Nation Conservation Authority. She gave information about the South Nation Watershed, quality of water and the impact it has on the area. She also spoke about fish in the rivers. A history book on this project will be published in September. Percy Armstrong thanked the guest speaker.

Happy Birthday Gran

You are invited to help celebrate the

75th Birthday

of

Clara Cooper

Friday, May 4, 7:30 pm

Metcalfe Curling Club

Best wishes only!



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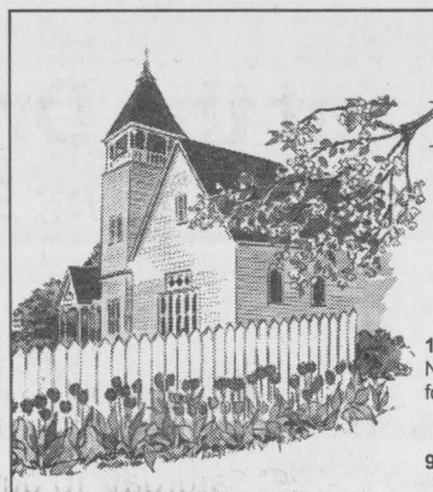

Church Directory

PRESBYTERIAN CHURCHES
Minister
Rev. Carol Bain B.Th, M. Div.
Office: 774-4440
A warm welcome awaits everyone
St. Paul's Presbyterian Church
Winchester
11:00 am - Divine Worship, Nursery Care and program for children
Knox Presbyterian Church
Mountain
9:30 am - Divine Worship
41tfc

EBENEZER REFORMED CHURCH
Affiliated with the United Reformed Churches in North America
Sunday
10:00 am - Seventh Day Adventist Church (100 Perth Street, Brockville)
2:30 pm - Hulbert United Church
All heartily welcome!
Minister: Rev. J. Roke, 613-348-1783; Clerk: Wilburt Feenstra, 613-489-1812, 543-4235.
26tfc

WINCHESTER UNITED PASTORAL CHARGE
Minister: Rev. Carol Poley-Delisle, B.A., B.Th., M.Div., B.C.L., L.L.B.
Office: 774-2512
Manse: 774-1546
WINCHESTER UNITED CHURCH
Sunday
11:00 am - Worship Service and Sunday School
7:00 pm - Youth Group
WINCHESTER SPRINGS UNITED CHURCH
Sunday
9:30 am - Worship Service and Sunday School
28tfc

PARKWAY ROAD PENTECOSTAL CHURCH
Parkway Road, just east of Bank St. (formerly Highway 31), Greely
Sunday
9:00 am - Pre-Service Prayer
9:45 am - Sunday School
10:45 am - Sunday Morning Service
5:30 pm - Pre-Service Prayer
6:30 pm - Sunday Evening Service
EVERYONE WELCOME
Church Office: 821-1056
MINISTER
SR. REV. JOHN COUNSELL
4tfc

METCALFE INDEPENDENT HOLINESS CHURCH
1564 John Quinn Road
Greely, Ontario, K4P 1J9
613-821-2237
Pastor: Robert E. Votary
Sunday Services
9:45 am - Sunday School
11:00 am - Worship Service
7:00 pm - Evening Fellowship
Wednesday
7:00 pm - Prayer Meeting
Join us in a friendly and caring Christian atmosphere
22tfc

THE ANGLICAN PARISH OF WINCHESTER, CHESTERVILLE, CRYSLER AND SOUTH MOUNTAIN
Sunday, May 6
9:15 am - Chesterville
11:15 am - South Mountain
7:00 pm - Winchester
Rev. Robert Assaly: 774-2236
6c

COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
9:30 am - Morning Worship
7:00 pm - Evening Service
Thursday
9:30 am - Coffee Break/Little Lambs (Bible Study for Women)
7:30 pm - Youth Group
49tfc

ST. MARY'S CATHOLIC CHURCH
Chesterville
448-3262
5:00 pm - Saturday
9:30 am and 11:00 am - Sunday
4tfc

HARMONY COMMUNITY CHURCH
Evangelical Missionary Church
Hwy. 31 & Ormond Rd.
774-5170
Pastor: Rev. Bruce North
Sunday, May 6
10:30 am - Morning Worship
Sunday School and Nursery
7:00 pm - Concert with Sandra Bonaparte
Wednesday
7:30 pm - Bible Study
6c

WINCHESTER WESLEYAN CHURCH
www.winchesterwesleyan.homestead.com
It's Time To Come Home
Sunday, May 6
10:30 am - Worship Service and Sunday School
7:00 pm - Evening Service
Pastor Thurland Brown
thurland@canada.com - 774-3137
537 Main St., Winchester
6c

DISCOVERY BIBLE FELLOWSHIP
Your teenagers are our priority.
Meeting at the Winchester Public School
Sunday
9:30 am - Worship Service
11:00 am - Discovery Hour
Tuesday
6:15 pm - Pioneer Club
Wednesday
7:30 pm - Care Group
Thursday
7:30 pm - Pure Energy
Box 264, Winchester, Ont., K0C 2K0
Church Office: 504 Main Street, Winchester
774-0721
Pastor Rev. Andre Lauzon
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42tfc

WINCHESTER BAPTIST CHURCH
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Sunday
11:00 am - Worship Service
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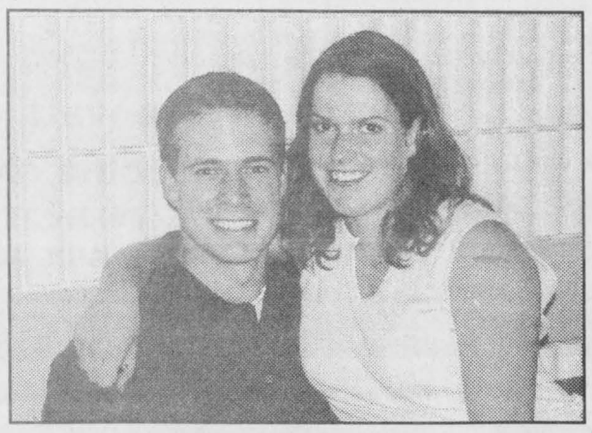
Pastors
Bud McKibbon
Mollie McKibbon
27tfc

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Rev.
George J. Rowaan
448-2351
Sunday, May 6
9:30 am - Morning Worship *"Danger Ahead: Join the Rescue Squad!"* Matthew 28:19
Sunday School for children age 3-12
7:30 pm - Evening Service *"Living By Faith: Moses"* Exodus 2
Pastor Rowaan at both services
Child Care at all services
Please be our guest this week
6c

NATIONSIDE PENTECOSTAL CHURCH
13 Albert Street, Chesterville
Phone: 448-1441 (Church)
or 448-2084 (Parsonage)
Pastor: Rev. Ralph C.M. Juthman
SERVICE TIMES
10:00 am - Sunday School
11:00 am - Sunday Morning Worship
6c

CASTOR VALLEY BAPTIST CHURCH
3249 Yorks Corners Road
Kenmore, ON, 821-2144
Sunday
10:30 am - Worship Service
(Sunday School and Nursery)
Pastor: Rev. Laurie Taylor
774-5218
17tfc



Hunter–Robinson

Clair and Ann Robinson are very happy to announce the engagement of their son Matthew to Tracey, daughter of Clayton and Brigitte Hunter. An August wedding is planned. *Best wishes and love from the family.*



Vaughan – Vriend

Chris and Marilyn Vriend are pleased to announce the marriage of their daughter, Kerrilyn, to Jason Vaughan, son of Darrel and Christine Vaughan. The wedding took place in Osgoode on March 16, 2001.

Wedding Announcement



Engelhard – Annable

Mr. and Mrs. Wilfred H. Engelhard are proud to announce the marriage of their daughter, Martine Andrée to Jeffrey Edward Annable, son of Mr. and Mrs. Edwyn R. Annable on the 28th of April 2001. Jeff and Martine will reside in Barrhaven.

Best wishes and love, Maman and Papa and Charles, Debby and Edwin, Jennifer and Jason

Keeping Health In Mind

"Keeping Health In Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, the Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

Help Wanted and Needed

Ever felt you needed help but didn't know how to ask for it, who to ask, what to ask, where to go, when to ask, why you need help, and first and foremost, what will people think of me?

Sometimes we are our own worst critic. We feel that asking for help is a sign of weakness and incompetency. These are false ideas. When we are able to recognize that we need help, it shows strength, courage and self-awareness. Imagine that you are physically ill (i.e. you have a broken leg). You'll readily seek help by going to the hospital but in the case of a mental health illness (i.e. stress, anxiety, depression) you hesitate. A mental health illness can be treated and prevent prolonged suffering. When help is needed and available, ask for it.

Who? Who will be able to help? Who to go to? Identify your support network including friends, family, neighbors, acquaintances, community supports and include even the yellow pages. You may also contact your doctor and/or previous persons you have sought help or treatment from in the past. If these persons are unable to help, they may be able to redirect you.

What? What to do? Identify your need. Is it someone to talk to, transportation, financial assistance, or advice, etc. Clearly indicate what you need, be specific in what you want and what you are asking for. Write it down, ask yourself if it clearly identifies what you need.

Where? Where to go? Once you've identified your places to go, explore them, weigh the pros and cons of each option and choice; be it your friend or community service agency down the road.

Why? Why do you need help? Because you feel stuck and overwhelmed or possibly suicidal. These are indications of help needed and wanted.

When? Ever hear the cliché 'timing is everything'? You might want to seek help when your problem is not improving, you are ready to ask for it and you can freely express yourself – without interruptions.

How? How to ask for help is the hardest part. Again you will need to be clear and specific in your request. When you ask for help it is important to be respectful. You have the right to ask for a request, the person also has the right to refuse your request. Sometimes helping involves a give and take, and you may offer to return the favor. This can also help to relieve some of your own feelings of guilt and/or weakness in asking for help. Write down ideas if you are nervous about asking for help. You may also want to rehearse it, i.e. practice in front of the mirror, or practice with someone else that you feel comfortable with. It can be done face-to-face, over the phone, or in writing once you have the person's undivided attention – ask.

Susan Mikula, S.W.T., Social Work Technician, Tri-County Mental Health Services

For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall or Alexandria.

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Metcalfe Public School students had a brush with royalty last week when they waited on Sparks Street in Ottawa to see Prince Charles during his visit to Canada. Courtesy Photo

Brush with royalty impresses students

by Amanda Casselman, Jessica Croskery and Ruth Posthuma, Metcalfe Public School, Grade 7

OTTAWA — His Royal Highness, the Prince of Wales, came to Ottawa's Sparks Street Mall on Wed., April 25 — and Metcalfe Public School students were there.

Two lucky students were chosen from each class at Metcalfe Public School to represent the school. To be nominated, students had to have a reputation for being respectful to peers, teachers and special visitors. Because there were more than two respectful students in each class, the names of winners were drawn from a hat. Those students prepared posters about ecology, the monarchy and volunteerism in the community, known to be important concerns of his Highness.

Before boarding the bus to see Prince Charles, the students met with teachers in the library to quickly eat lunch. Forty-seven students piled onto the bus with bags, brightly colored posters and cameras. The bus left the school at 11:30 am.

As the students left the bus at 12:15 pm in downtown Ottawa, they were handed small Canadian flags to wave. They lined up along a metal barricade on Sparks Street, where they waited expectantly for over an hour for a glimpse of the prince.

Cameras flashed and people cheered as he walked down the narrow aisle, occasionally shaking people's hands, including those of Metcalfe Public School students, and waving to the crowd. In the midst of a group of security guards, the students could see Prince Charles clearly.

Although he was only on Sparks Street for about five minutes, the students felt it was worth the wait. Being part of the excitement of a royal visit left a lasting impression on every Metcalfe student who caught a glimpse of His Royal Highness, the Prince of Wales.

Prom tickets on sale

MAPLE RIDGE — Howdy, los guapos chicos et chicas. Only have a small bite o' news this week, but there's some important stuff, nonetheless.

First, to all the Grade 12s and OACs in Dundas, prom is quickly moving towards us. This means that, among other things, you need to buy a ticket. Until Mon., May 7, you can purchase tickets outside of the Guidance Office for $30. After May 7, they will be $300 and a pint of blood, so act now.

Grad gowns should have been purchased by now. If you are graduating and have not picked one up, you may want to act now and talk to somebody in the office, before it's too late.

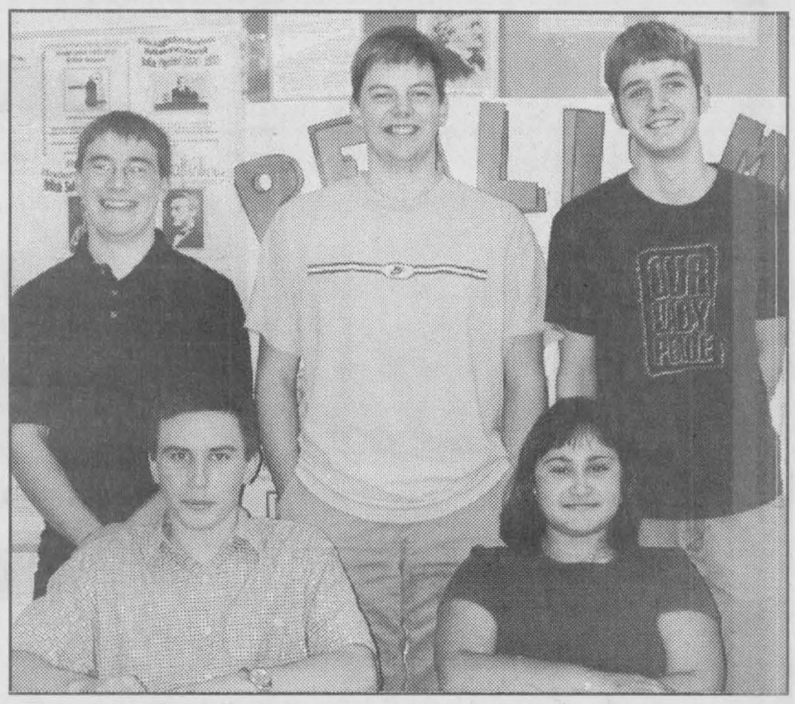
We also have some sports happening. The track team was recently at a relay race meet (which had some field events, too) and they fared well, considering athletes from as far as Kingston were competing against them. The midget boys, especially, cleaned house, winning the 4x100m and the 4x200m relays. According to coach Greene, it was a very solid first meet. Our boys' soccer squad beat CCVS last week 1-0, but then lost one to St. Lawrence 2-0. The girls tied La Citadel 2-2, but also lost to the St. Lawrence team 1-0 on a reported "fluke goal".

NDDHS NOTES
by Paul Davis



One last word of thanks to Emma Guy and everyone who helped her with the leadership conference in Winchester last week. The seminar was aimed at Grade 9s and 10s who were interested in future involvement in the school and community. The group discussed conflict and issue resolution, brainstorming and communication.

Until next time, this is Paul Davis reminding you to get your pets neutered.



Reaching the top

The North Dundas District High School Reach for the Top team went undefeated in the regional playoffs in Prescott on April 12. Now, with a cautiously optimistic attitude, they will compete in the province-wide championship on May 12. The team is made up of Stephen Holtz (back left), Jonas Dawson, Randy Douma, James Pitruniak (front left) and Caroline Palewandrem. Press Photo — Zabel

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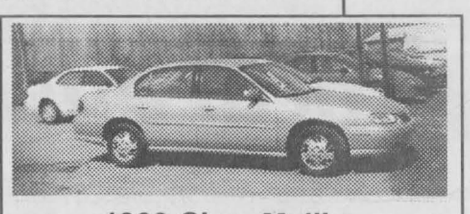

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