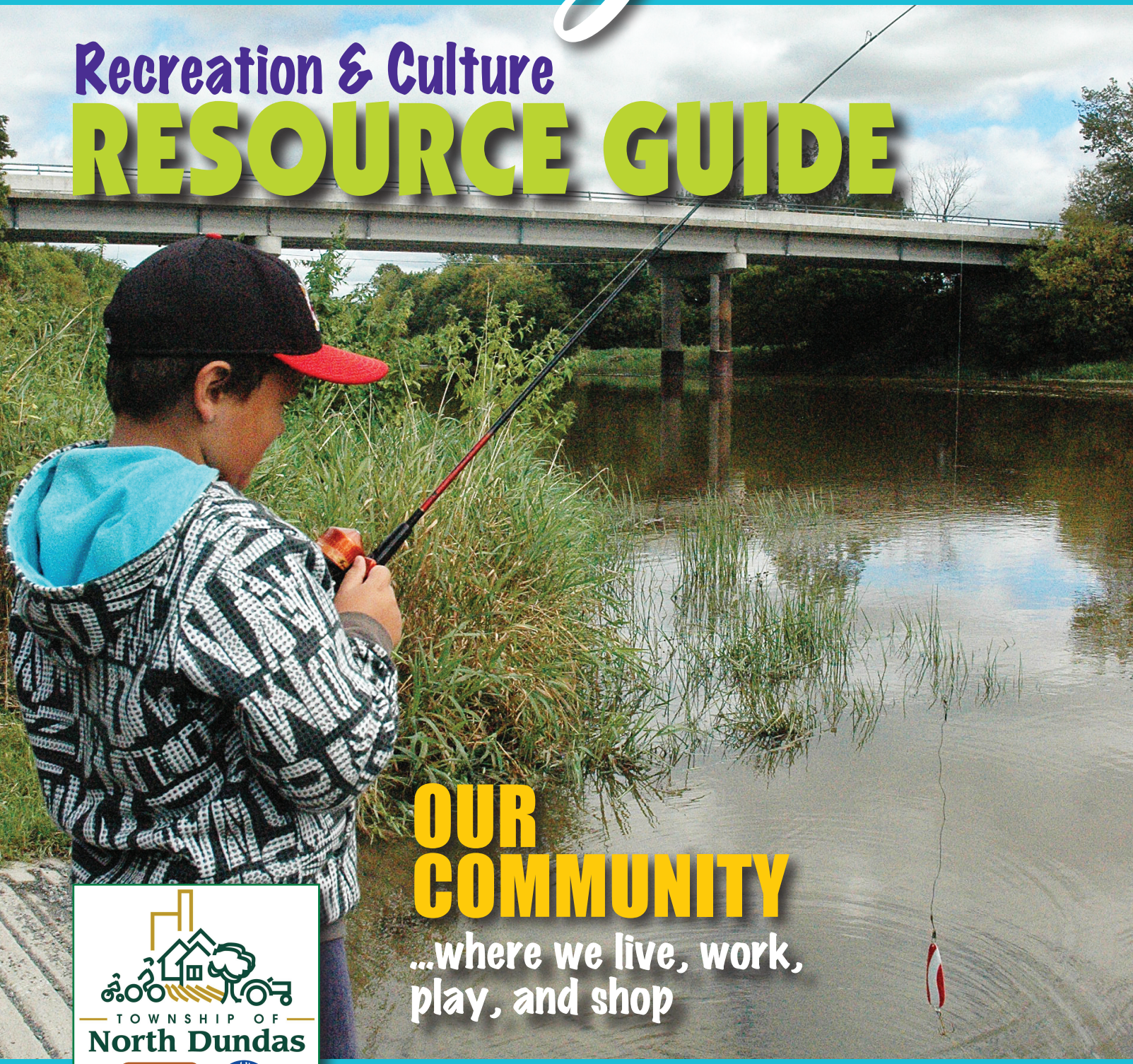
# Living in North Dundas Township

Spring/Summer 2014

## Recreation & Culture
# RESOURCE GUIDE



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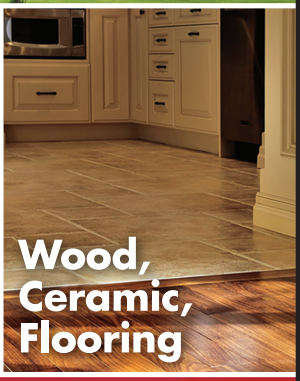


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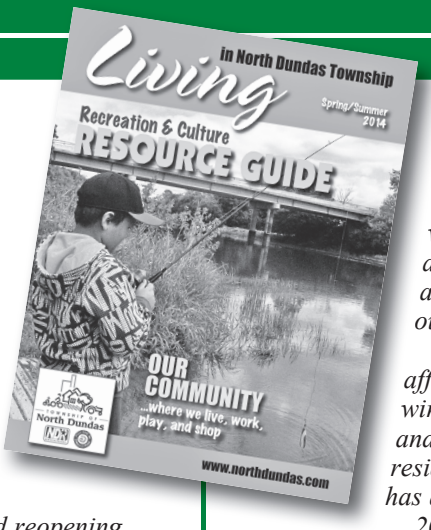
TOWNSHIP OF North Dundas

# Welcome...

## to our Spring/Summer 2014 Recreation & Culture Resource Guide




*As we welcome the warm weather that the new spring and summer seasons will bring, we also prepare for many exciting opportunities that will take place in North Dundas recreation, in the months to come.*

*In 2013 we witnessed the renovation and reopening of the Chesterville Arena; boasting new bleachers and a new ice pad, including rink boards; the renovation of the Winchester Centennial Pool, and a new play structure for Harmony Park, among other achievements.*

*The Township of North Dundas Recreation & Culture Department is continuously striving to provide you, your family, and friends with new recreational opportunities and this spring and summer will not disappoint.*

*Please take the time to read through this Guide and discover the new programs and events that are in store for you. Our municipality continues to bloom with possibilities for all and the Resource Guide is an all-encompassing source for information and exploration.*

***— Meaghan Meerburg,***
***Director of Recreation & Culture***
***mmeerburg@northdundas.com***

## MAYOR'S MESSAGE:

*As the long, cold winter continues in our region, council and staff are working hard to once again offer a busy season of programming and activities throughout North Dundas for our residents.*

*Having quality activities that are affordable and close to home is a win-win for all involved; it keeps us active and busy while showing prospective new residents and families that North Dundas has a lot to offer.*

*2014 will continue to be a busy year with our recreation infrastructure as we complete a major renovation to the Winchester Arena. With this investment, we will have renewed both of our arenas and the Winchester Centennial Pool for the next generation. The upgrades will ensure that these important facilities are in great shape for thousands of residents to use in the coming years.*

*As always, I encourage you to take a look at the various courses and activities listed in this Guide, and sign up for something. There are lots of choices!*

*We also encourage you to support the businesses that continue to make this publication possible. These businesses are the backbone of our local economy – let's support those who support us here at home!*

***— Eric Duncan, Mayor,***
***Township of North Dundas***

### North Dundas is also on

facebook & twitter




### Check out the Township of North Dundas

*Recreation & Culture*
**Web Page**
*www.northdundas.com*

### For information on recreation & culture in North Dundas including:

- Public Skating/Swimming
- The Latest Edition of the North Dundas Recreation & Culture Resource Guide
- Programs, Courses, Initiatives
- Program Registration
- Subsidies & Support
- Community Contacts
- Employment, Co-op, and Community Service Opportunities
- Recreation Hall and Facility Information, Rentals, and Rates
- Community Events
- Camps
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**Telephone: 613-774-2524**
**Fax: 613-774-3967**

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THIS BROCHURE IS PUBLISHED BY THE *WINCHESTER PRESS* AND PROUDLY SUPPORTED BY THE MANY LOCAL BUSINESSES IN NORTH DUNDAS TOWNSHIP. PLEASE SUPPORT THEM BY SHOPPING LOCALLY!

# 2010-2014 Council Members

## MAYOR

ERIC DUNCAN
472 North St.,
Winchester, ON, K0C 2K0
613-868-1611
eduncan@northdundas.com

## DEPUTY MAYOR

GERRY BOYCE
11161 Sandy Row Rd.,
South Mountain, ON, K0E 1W0
613-989-2330
gboyce@northdundas.com

## COUNCILLORS

ALLAN ARMSTRONG
447 May St.,
Winchester, ON, K0C 2K0
613-774-0752
aarmstrong@northdundas.com

TONY FRASER
571 St. Lawrence St.,
Winchester, ON, K0C 2K0
613-774-2182
tfraser@northdundas.com

JOHN THOMPSON
61 Chesterville Main St. N.,
Chesterville, ON, K0C 1H0
613-448-2963
jthompson@northdundas.com

## COUNCIL MEETING DATES

*(Subject to change)*

Council meetings take place at 636 St. Lawrence Street in Winchester and commence at 7:00 pm, unless otherwise advertised. The public is welcome to attend. Department Heads report at the first Council meeting of each month and delegations are received at the second meeting of the month. If you wish to make an audience with Council please contact the Clerk, Jo-Anne McCaslin at 613-774-2105 ext. 226 at least one week prior to the meeting date.

## 2014 COUNCIL MEETING SCHEDULE

January 7, February 4 & 18, March 11 & 25,
April 8 & 29, May 13 & 27, June 10 & 24,
July 8, August 12, September 16 & 30,
October 14, November T.B.D, December 9

*Please note this schedule is subject to change. Changes to meeting dates will be advertised.*

## 2014 MUNICIPAL ELECTION

The 2014 Municipal Election will take place on Monday, October 27, 2014. As in 2010, electors in the Township of North Dundas will vote by Internet or telephone. If you require any information about the upcoming municipal election, please contact Jo-Anne McCaslin at 613-774-2105 ext. 226. Watch for the Fall/Winter Resource Guide for more municipal election details.

## TOWNSHIP OFFICE CLOSURE DATES

Good Friday – April 18, 2014
Easter Monday – April 21, 2014
Victoria Day – May 19, 2014
Canada Day – July 1, 2014
Civic Holiday – August 4, 2014
Labour Day – September 1, 2014
Thanksgiving – October 13, 2014

**Township of North Dundas Municipal Office**



**636 St. Lawrence Street, Winchester**
**Phone: 613-774-2105**
**Fax: 613-774-5699**

**Website: www.northdundas.com**

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*Kim Carruthers*

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## POOL BY-LAW

All pools (including inflatable/bag pools) with a depth greater than 24 inches require a "fence" enclosure and a permit. Let's keep our kids and visitors safe. For more information please contact the By-law Department at 613-774-2105 ext. 246.

## PARKING BY-LAW

Please note that even if the street is not "signed", a maximum parking limit of three (3) hours exists on all streets within the Township of North Dundas between 7:00 am and 7:00 pm. Also, the province sets a $300 fine for vehicles parked in a designated accessible parking space without an accessible parking permit displayed.

## DOG LICENSE REQUIREMENT NOTICE

In accordance with By-law 38-2000, all dogs within the Township of North Dundas must be licensed each year. This year the Township is providing a "door to door" sales service for Dog Tags; we can accept cash or cheques at the door. Dog licences may be purchased for $20 each ($15 for neutered or spayed dogs) before May 1, or $23 each ($18 for neutered or spayed dogs) on or after May 1, 2014. Failure to have your dog(s) licensed could result in a fine.

## BOYNE ROAD LANDFILL SITE

**12620 Boyne Road**
Monday to Friday: 8:00 am - 4:00 pm
Open Saturdays: 8:00 am - 11:30 am (May 3 to October 25)

## RECYCLING INFORMATION

There are nine Blue Box pick-up routes in North Dundas occurring on various days. Contact the landfill at 613-774-5157 to confirm your recycling date or to have a Blue Box or recycling calendar delivered to you. Recycling information is also available on the Township of North Dundas website at www.northdundas.com

## GARBAGE BAG LIMIT NOTICE

The Township has established a residential pick-up limit of two garbage bags for each household. For more information, please contact the landfill at 613-774-5157.

## 2014 HAZARDOUS WASTE DAYS

Take place from 8:00 am until 12 noon on the following dates:
May 17
June 14
July 12
August 9
September 6
October 4

*For more information, please contact the landfill at 613-774-5157.*

## TIPPING FEES FOR 2014

- Minimum charge of $15
- $15 per cubic yard / $30 per compacted yard
- $25 per cubic yard for shingles
- Items containing Freon have a $20 charge each for removal
- $25/MT for contaminated soil

## FREE ITEMS

- Soil (not contaminated)
- Concrete
- Asphalt
- Brush
- Trees
- Leaves
- Garden wastes (composting)
- Tires, must be clean and not on a rim

## NORTH DUNDAS FULL CIRCLES

Do you want to get rid of something that is still useful? The North Dundas Full Circles group is open to all who want to "recycle" that special something rather than throw it away. This group is a non-profit organization interested in keeping good stuff out of landfills. For more information, please visit: http://groups.yahoo.com/group/NorthDundasFullCircles or www.northdundas.com under Waste Management.

***For more information on North Dundas landfill operations, please contact Doug Froats, Director of Waste Management at 613-774-5157 or email dfroats@northdundas.com***

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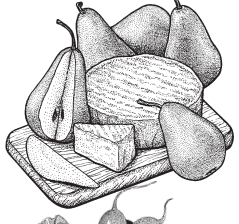

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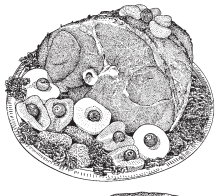



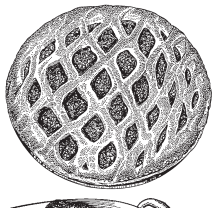

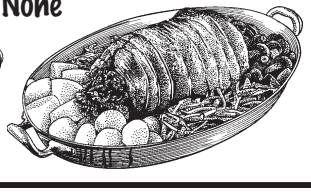

## TOBACCO-FREE SPORT & RECREATION SPACES POLICY

The Township of North Dundas recognizes that there are many benefits of having tobacco-free sport and recreation spaces including, but not limited to:

- Preventing youth from starting to use tobacco industry products
- Protecting the environment
- Protecting children from second hand smoke
- Giving everyone a chance to perform at their best
- Creating a tobacco-free culture
- Helping tobacco users to quit

Within North Dundas, people enjoy active and passive recreation activities in a variety of public spaces.
It is the policy of the Township of North Dundas that no person shall "smoke", "chew" or engage in any other use of tobacco industry products, on/in any "public playing field", "playground equipment zone" or other "public recreation place" as defined by the following:

**"Public Playing Fields and Recreation Spaces",** means field(s) and/or land(s), of natural and/or man-made composition that are used for athletic purposes to conduct organized or unorganized sporting activities. This shall include a nine (9) meter fringe area around the perimeter of the established playing boundary or recreation facility to include but not limited to basketball courts, ball diamonds, soccer fields, lawn bowling, tennis/badminton courts, football fields, athletic tracks and associated outdoor fields, ice rinks, pools and other public recreation facilities including halls, centers, gazebos, pavilions, and shelters.

**"Playground Equipment Zones",** means an area that is located within a public park which has its limits a boundary that nine (9) meters from playground equipment.

"**Smoke",** includes carrying a lighted cigar, cigarette, pipe or any other lighted smoking equipment.

## COMMUNITY GRANTS

Community groups/organizations can request financial assistance from the Township through a submission process. There are five, $400 grants available to these types of groups. The following requirements must be met in order for a request to be reviewed by the committee:

- A letter indicating:
  - Who your group/organization is
  - What type of service you provide in the community of North Dundas
  - Who is on your executive
  - How long you have been in operation
  - What the funds will be used for and how the funds will benefit the organization and impact the community
- A copy of the organization's finances

The review committee may request an interview to further substantiate the request.

The review committee will consist of the Director of Recreation & Culture, the CAO and two members of Council, (not full Council).

The review committee will make the final decision on whether the request will be granted.

**Community Grant requests deadline:**
**April 1st and September 1st of each year**

*Please submit applications to the attention of:*
Meaghan Meerburg
Director of Recreation & Culture

IN-PERSON OR MAIL:
636 St. Lawrence Street, P.O. Box 489
Winchester, ON K0C 2K0
Fax: 613-774-5699
Email: mmeerburg@northdundas.com



## JUNE IS PARKS & RECREATION MONTH

In May of 2007, the North Dundas Council declared June to be *Parks and Recreation Month* in the Township of North Dundas.

*June is Parks and Recreation Month* is a Parks & Recreation Ontario initiative, which creates an opportunity to draw public attention to the important benefits and values of recreation to individuals, families, and neighbourhoods. The theme "Live it Everyday" expresses the need to embrace and participate in recreation and parks programs, services, and facilities – everyday!

Join us for our seventh annual celebration by taking part in the **free public swims at Winchester and Chesterville pools, various seniors' programs and activities hosted by the Nor-Dun Centre, as well as numerous other fun, recreational activities for everyone to participate in and enjoy!**

The Township of North Dundas is also striving to make recreation and play increasingly more accessible with the **Township Recreation Library** (see page 11), which offers a simple lending program for a vast assortment of recreation equipment and supplies at **no charge.**

*For more information on the Recreation Library and/ or the various recreational programs being offered during the month of June, please visit the Township of North Dundas website at www.northdundas.com or contact Gina Welch at the Township of North Dundas at 613-774-2105 ext. 223 or gwelch@northdundas.com*

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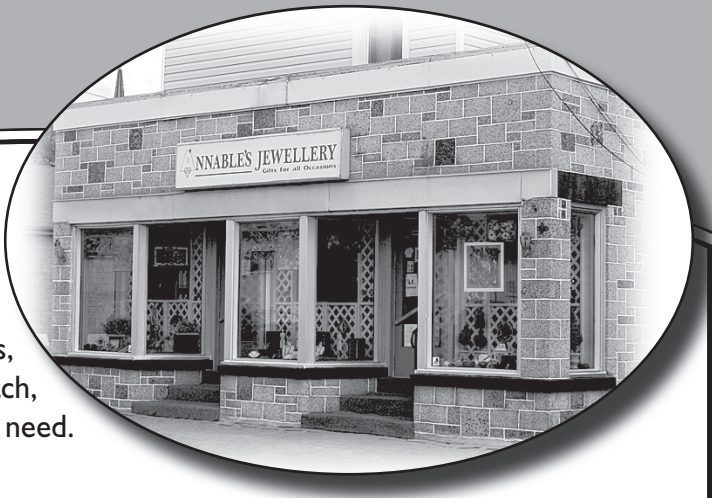


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info@annablesjewellerylimited.ca

# Recreation Department Information

## RECREATION STAFF CONTACT LIST

**613-774-2105**

**Director of Recreation & Culture**
Meaghan Meerburg ext. 236
mmeerburg@northdundas.com

**Community Development Coordinator**
Gina Welch ext. 223
gwelch@northdundas.com

**Recreation Facilities Manager**
Les Johnston ext. 290
ljohnston@northdundas.com

## RECREATION DEPARTMENT NOTICES

**End of Ice Season:**
The last day of the ice season at both township arenas is Sunday, March 30, 2014

**2014-15 Ice Requests:**
Chesterville and Winchester Arenas Ice request forms will be sent to all current contract ice users by the end of April. Anyone who would like to rent ice on a contract basis, who is not a current user, can contact Gina Welch, Community Development Coordinator, at 613-774-2105 ext. 223 to receive a form. Deadline for ice request forms to be submitted to the Community Development Coordinator, is Friday, June 13, 2014.

**Start of Sport Field Season and Bookings:**
Weather permitting, all baseball diamonds and soccer fields will be ready for play at the beginning of May. Please contact Meaghan Meerburg, Director of Recreation & Culture, at 613-774-2105, ext. 236 for information and confirmation.
The deadline for baseball diamond and soccer field requests will be Friday, April 4, 2014.

## RECREATION FACILITIES

The Recreation Department has a number of halls and facilities that can be rented out for your program, meeting, function, or event.
Be sure to check out the Recreation & Culture Department page on www.northdundas.com for a detailed list of available rentals including tables and chairs. The web page also offers information about amenities, capacities, locations, and more.
Please contact Gina Welch at 613-774-2105, ext. 223, to inquire about availability, rates, or to book a rental.

## ARENAS

**Chesterville Arena**
153 Queen St., Chesterville
613-448-3267

**Joel Steele Community Centre/ Arena**
577 Main St., Winchester
613-774-2006

## COMMUNITY HALLS

**Chesterville Community Hall**
1 Mill St., Chesterville

**Nelson LaPrade Centre**
9 William St., Chesterville

**Morewood Community Centre**
17 Russell St., Morewood

**Mountain Community Hall**
10523 Van Allen St., Mountain

**Joel Steele Community Hall**
577 Main St., Winchester

**Hallville Community Centre**
10519 Kerr's Ridge Rd., Mountain

**South Mountain Resource Centre**
10543 Main St., South Mountain

**Mountain Township Agricultural Hall**
2967 Lough Rd., South Mountain
(Contact Rhonda Holmes, 613-989-5235)

## THEATRE/MUSEUM

**Winchester Cultural Centre (Old Town Hall)**
478 Main St., Winchester

## PARKS

**Chesterville Community Park**
1 William St., Chesterville

**100 Club Park**
577 Main St., Winchester

**Hallville Playground**
St. John St., Hallville

**Harmony Park**
1306 Country Lane

**Mountain Memorial Park**
10480 Clark Rd., Mountain

**South Mountain Park**
10543 Main St., South Mountain

**Skateboard Park**
577 Main St., Winchester

## PAVILIONS

**Lions Club Pavilion**
577 Main St., Winchester

**Green Gang Pavilion**
Chesterville Community Park
1 William St., Chesterville

## PUBLIC POOLS

**Chesterville**
1 William St., Chesterville
613-448-2012

**Winchester**
577 Main St., Winchester
613-774-1603

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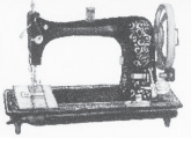

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# Recreation Subsidies & Support

## RECREATION LIBRARY

The Township of North Dundas Recreation & Culture Department is pleased to offer the Recreation Library. The Township owns various recreation equipment such as a camping tent, coolers, snowshoes, balls, life jackets, skateboards, bicycles, helmets, baseball gloves, sticks, bats, and much more. All items are available for community use at no charge.

This lending program functions like a library, with all new borrowers being asked to apply for a membership account at the time of their first loan request. At this time and thereafter, equipment will be signed-out and back in by a staff member at the Township of North Dundas Office. This program is great for all individuals, families, community groups, schools, churches, clubs, and teams residing in North Dundas.

The Township of North Dundas Recreation & Culture Dept. is always accepting donations of gently used or new recreation equipment as well as monetary donations to help sustain and expand the Recreation Library.

To view the most recent list of Recreation Library items available for loan, please see below.

*For more information, to reserve equipment, or to schedule an appointment to borrow items or make a donation, please contact Gina Welch, Community Development Coordinator, at 613-774-2105 ext. 223 or email gwelch@northdundas.com*

## RECREATION LIBRARY INVENTORY

- 2 - aerobic step and riser sets
- 3 - infant boater vests (life jacket)
- 5 - child boater vests
- 5 - youth boater vests
- 6 - adult boater vests (Universal)
- 1 - 6 man tent
- 1 - camp propane stove with 2 burners (propane not included)
- 2 - LED camp lanterns
- 1 - 13 pc. set of camping enamel cookware
- 2 - 3 pc. cooler set
- 2 - adult fishing rod, reel, and tackle sets
- 2 - youth fishing rod, reel, and tackle set
- 1 - paddle boom ball set
- 2 - adult bicycles
- 3 - youth bicycles
- 1 - child, 6 speed bicycle
- 1 - air compressor
- 1 - megaphone
- 50 - pairs of snowshoes (2 sizes)
- 3 - baseball gloves (right and left handed available)
- - aluminum baseball bats
- 12 - pairs of soccer socks/shin pads (various sizes)
- 15 - pairs of soccer shoes (various sizes)
- 8 - canoe paddles
- 2 - boccee ball sets
- 7 - bike helmets (children's, youth, and adults sizes available)
- 2 - pairs of wrist and ankle weights
- 2 - sets of lifeline cables (heavy-duty elastic bands with handles on the end for strengthening exercises)
- 4 - skateboards
- 2 - yoga mats
- 2 - frizbees
- 7 - skipping ropes
- 6 - bubble wands
- 8 - basketballs
- 10 - soccer balls
- 1 - soccer net
- 4 - soccer corner flags
- 17 - pinnies/vests
- 1 - home plate
- 2 - indoor goalie sticks
- 5 - stability balls
- 6 - indoor soccer balls
- 5 - badminton racquets
- 12 - badminton birdies
- 4 - footballs
- 16 - flag football belts
- 3 - plastic red flags
- 3 - volleyballs
- 2 - sets of golf clubs
- 2 - bosu balls
- 2 - sets of yoga blocks

**To schedule an appointment to borrow any number of the items listed above, please contact Gina Welch at the Township of North Dundas Office by calling 613-774-2105 ext. 223 or visit 636 St. Lawrence Street, in Winchester.**

# Recreation Subsidies

## NORTH DUNDAS INCLUSION

The Township of North Dundas realizes that recreational opportunities always have their affiliated costs and that sometimes, these costs can make participation unaffordable. In order to eliminate these financial barriers, the Township of North Dundas has developed a fund called North Dundas Inclusion. While many great financial aids already exist and are available to residents of North Dundas, we realize that there are still some gaps that need to be filled. Now, regardless of whether you would like to inquire about participation for an infant, child, youth, teen, adult or senior, financial aid for the program or course that you would like to register for, may be available. All financial aid is confidential. To find out if you qualify or to find out more about this program, please contact Gina Welch at 613-774-2105 ext. 223.

## JUMP START

Canadian Tire believes that all kids should have the chance to run, skate, play, and grow. That's why the Canadian Tire Jump Start program was started. Jump Start is a community-based, charitable program, developed and carried out by the Canadian Tire Foundation for Families. Jump Start helps kids between the ages of 4 to 18, who are in financial need, to participate in organized sports and recreational activities such as hockey, dance, and swimming, by providing financial assistance with program registration fees. During the registration evaluation process, community partners use a confidential procedure to select and refer children who meet the criteria and who could benefit from the program. In order to apply for Jump Start, parents and guardians may visit the Township of North Dundas Office, located at 636 St. Lawrence St. in Winchester to fill out an application in person. The form can also be downloaded from the Township of North Dundas website at www.northdundas.com and emailed to gwelch@northdundas.com. For more information on the Jump Start program, please call Gina Welch at 613-774-2105 ext. 223. All financial aid is confidential.

• MORE SUBSIDIES AND SUPPORT ON PAGE 13

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## KIDSPORT

KidSport believes that no child should be left on the sidelines and that all kids should be given the opportunity to experience the positive benefits of organized sport. KidSport accomplishes this by providing financial support for registration fees and/or equipment purchases. Grants are given out for youth 18 years old or younger and range from $50 to $500. In order to apply to KidSport, parents and guardians may visit the Township of North Dundas office, located at 636 St. Lawrence St. in Winchester to fill out an application or email your request to gwelch@northdundas.com. All financial aid is confidential. *To find out if you qualify, or to find out more about this program, please contact Gina Welch at 613-774-2105 ext. 223.*

## CHILDREN'S FITNESS TAX CREDIT

The children's fitness tax credit allows parents to claim up to $500 per child, per year for fees that relate to the cost of registering their, their spouse's, or their common-law partner's child, in a prescribed program of physical activity. The child must have been under 16 years of age (or under 18 years of age if eligible for the disability amount), at the beginning of the year in which an eligible fitness expense was paid. If the child qualifies for the disability amount and is under 18 years of age at the beginning of the year, an additional amount of $500 can be claimed provided that a minimum of $100 is paid on registration or membership fees for a prescribed program of physical activity. To qualify for the children's fitness tax credit, a program must:

- be ongoing (either a minimum of eight weeks duration or, in the case of children's camps, five consecutive days);
- be supervised;
- be suitable for children; and
- require a significant amount of physical activity that contributes to cardiorespiratory endurance, plus one or more of the following: muscular strength, muscular endurance, flexibility, and/or balance.

Physical activity includes strenuous games like hockey or soccer, activities such as golf lessons, horse-back riding and bowling as well as others that require a similar level of physical activity.

*For more information, please visit: www.cra-arc.gc.ca/fitness/*

## CHILDREN'S ARTS TAX CREDIT

To better recognize the costs associated with children's artistic, cultural, recreational and developmental activities, The Children's Arts Tax Credit builds on the Government's record of helping families. The credit will be available for a wide range of activities that contribute to a child's development and that are not eligible for the Children's Fitness Tax Credit. The credit will be provided on up to $500 of eligible fees per child in respect of qualifying children's programs and will otherwise be based on eligibility conditions for the Children's Fitness Tax Credit. In this regard, the credit is available for children under the age of 16 years for registration costs associated with participation in qualifying supervised activities. In respect of children eligible for the Disability Tax Credit, the age limit will be raised by two years and an additional $500 non-refundable amount will be provided.

*For more information, please visit: www.cra-arc.gc.ca/gncy/bdgt/2011/qa01-eng.html*

## 211

**Phone Number: 211**
**www.211ontario.ca**

211 is an easy-to-remember, three-digit, non-emergency telephone number that connects callers to a full range of community, social, government and health service information. If your situation is not an emergency, and you don't know where to go for the information you need, dial 211. A trained operator will assess your situation and help you find the best services and programs to provide assistance. Everyone can benefit from using 211 – from individuals, families and professionals, to community agencies and people facing barriers due to languages, poverty or personal difficulty. Bilingual and certified information and referral specialists answer 211 calls seven days a week. It is complemented by an on-line directory. 211 is free, confidential, and available in over 150 languages.

## HEALTHY SMILES ONTARIO

Good oral health is important to kids' overall health; yet, for some, regular dental care may not be affordable. Healthy Smiles Ontario is a program for kids ages 17 years and under who, do not have access to any form of dental coverage. If eligible, your kids will get regular dental services at no cost to you. Kids aged 17 years and under may be eligible if:

- They are residents of Ontario;
- They are members of a household with an Adjusted Family Net Income of $20,000 per year or below; and,
- They do not have access to any form of dental coverage (including other government-funded programs, like Ontario Works).

You will need to show specific documents during enrollment.

*To find out more about Healthy Smiles Ontario and to see if you qualify, call the Eastern Ontario Health Unit at 1-800-267-7120 and ask for Health Line.*

## CINOT (CHILDREN IN NEED OF TREATMENT)

**Oral Health Program at the Eastern Ontario Health Unit: 613-933-1375 1-800-267-7120**

CINOT is a government funded dental program that provides emergency and urgent dental care for Ontario children between the ages of newborn to 18 years. Families may be eligible if they do not have dental insurance, if the cost of dental treatment would result in financial hardship, and if they meet the dental eligibility criteria. All registrants must be screened by Health Unit Staff to establish both dental and financial need. A CINOT claim form will be issued following the screening – OR – a child with an emergency condition may see a dentist immediately as long as the Health Unit is contacted on the next business day to arrange for emergency coverage. *For more information about CINOT or to find out if your family may be eligible for this program, contact the Oral Health Program at the Eastern Ontario Health Unit using the phone numbers listed above.*

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***Constituency Office***
Located at the Township of North Dundas Municipal Building
**636 St. Lawrence St., Winchester**
***Open on Mondays only, 8:30-10:00 am***



Heel 'n Wheel for Local Cancer Care

**Saturday, September 6**

Winchester District Memorial Hospital FOUNDATION
613-774-2422 x6164

**Pledge online or offline and then walk or bike towards WDMH with your team, or on your own, to raise funds for cancer care at WDMH together!**



REGISTRATION $25 FOR ADULTS,
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• BBQ • Entertainment • Kids' Activities at the **Heel 'n Wheel Afterparty**!



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**• facebook.com/wdmhfoundation • wdmh.on.ca/foundation**

# Summer Employment Opportunities

TOWNSHIP OF North Dundas

## Recreation & Culture Department

### DAY CAMP SENIOR LEADER (1)

Responsible for planning, organizing, overseeing and taking part in themed summer camps. Responsibilities include processing and organizing registrations, planning multiple crafts and activities, organizing special guests, purchasing required materials, working within budgetary constraints, as well as researching, obtaining price comparisons, and booking locations and transportation for outings and field trips. The Day Camp Senior Leader will work under the direct supervision of the Community Development Coordinator. The ideal candidate must be outgoing, well organized, imaginative, effective with time management, self motivated, a great problem solver, responsible, caring, resourceful, and a team player. Previous experience working with children as well as valid First Aid & Level C CPR certification are considered assets. A valid G2 class driver's licence, access to a personal vehicle, and a criminal background check are required.

TERM: May 26, 2014 - Aug. 29, 2014
PAY: $12.16 to $12.78/hr.
REFERENCE # 0114

### DAY CAMP LEADERS (3)

Responsible for working in a summer day camp setting with other camp leaders and camp volunteers, as well as 20-40 children and youth each week. Duties include assisting with program planning and organization as well as daily execution of planned programs, activities, and field trips. Camp leaders will also be working hands-on with camp registrants, communicating with parents and special guests, supervising participants, reporting and recording all incidents and accidents that occur, as well as other duties as assigned. Candidates for this position must be mature role-models for the campers and must be outgoing, well organized, imaginative, great problem solvers, responsible, caring, and resourceful. Candidates are also expected to actively participate in all daily activities. Previous experience working with children as well as valid First Aid & Level C CPR certification are considered assets. A valid G2 class driver's licence and a criminal background check are required.

TERM: June 23, 2014 - Aug. 29, 2014
PAY: $11.14 to $11.81/hr.
REFERENCE # 0214

### AQUA FIT INSTRUCTORS (2)

Responsible for designing and instructing an assortment of Aqua Fit programs that cater to a variety of registrants including seniors, prenatal, beginners, advanced, those with accessibility needs, etc. The ideal candidates must be able to instruct at both the Chesterville and Winchester pools, on a part-time, weekday basis. Previous Aqua Fit instructional experience is required, as well as valid NLS certification, Water Safety Instructor certification, and First Aid & Level C CPR certification.

TERM: June 16, 2014 – Aug. 29, 2014
PAY: $35.00/hr.
REFERENCE # 0514

### OUTDOOR POOL COORDINATOR (1)

Responsible for overseeing the programming and operations of our two municipal pools. Duties include processing registrations, organizing and overseeing swimming lessons, aiding with functions of the swim teams, supervision of pool staff, implementation and supervision of all programs and public swims, general finances, general maintenance and operation of the two pools, communication with parents and facility staff, and other duties that may be assigned. Previous experience in a supervisory role with pool operations are considered assets. Valid NLS and First Aid & CPR certification, as well as a valid G2 class driver's licence and access to a personal vehicle, are all required. Familiarity with all swim level programs is essential.
A criminal background check is required.

TERM: May 20, 2014 - Sept. 2, 2014
PAY: $14.51 to $15.25/hr.
REFERENCE # 0314

### GUARDS/SWIM INSTRUCTORS (13)

Responsible for overseeing all public swims and various swimming lesson programs at either the Chesterville or Winchester pool. Duties include guarding for public swims, assisting with organizing and implementing all children's swimming lessons, assisting with registrations for private swimming lessons, assisting with maintenance of the pool and pool house facilities, communication with parents and facility staff, organizing swim teams, and other duties as assigned. Previous experience working in a pool setting is considered an asset. Valid NLS, First Aid & CPR certification as well as a criminal background check are all required.

TERM: June 7, 2014 - Sept. 1, 2014
PAY: $13.05 to $13.71/hr.
REFERENCE # 0414

### RECREATION PROGRAM INSTRUCTORS

The Recreation & Culture Dept. is currently seeking experienced program instructors for all types of recreation programs and training courses. All positions entail contract work on a part-time, regular or occasional basis. Candidates must have reliable transportation. All administration work is taken care of in advance, by the Township of North Dundas. A facility and required equipment are provided to the instructors (some exceptions apply). Applicants must be 20 yrs.+ and must have valid First Aid & Level C CPR certification.

TERM: Ongoing
PAY: Varies





• MORE EMPLOYMENT/VOLUNTEER OPPORTUNITIES ON PAGE 17

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**Satellite Office**
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800-514-9660
jim.mcdonellco@pc.ola.org
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# Employment/Volunteer Opportunities



### MAINTENANCE/PARKS LABOURER (4)

Responsible for assisting full-time Facility Operators with the operation and maintenance of all recreation facilities, parks, and sports fields. Duties include lawn raking and mowing, trimming, landscaping, general janitorial duties, supervision of facilities, communication with the public, and other duties as assigned. Previous experience with maintenance equipment and general landscaping, as well as valid First Aid & Level C CPR certification and a valid G2 class driver's licence are required.

TERM: June 16, 2014 - Aug. 29, 2014
PAY: $11.30 to $11.40/hr.
REFERENCE # 0614

## Administration Department

### ADMINISTRATION CLERK (1)

This person will provide clerical support to the Administration and Finance departments including creating an electronic library of drainage material. He or she will also assist with reception and other duties during staff vacations. Applicants must have strong interpersonal and organizational skills combined with excellent written and communication skills. Knowledge of accounting principles is preferred. A valid G2 driver's license is required.

TERM: May 5, 2014 - Aug. 29, 2014
PAY: $12.00 - $14.00/hr.
REFERENCE: #0714

## Public Works Department

### GENERAL LABOURER (2)

Responsible for assisting with grass-cutting at the entrances into villages, as well as street entrances. Also responsible for trimming around roadside signs, guide rails, etc., and other duties as assigned by the Roads Supervisor.

TERM: May 20, 2014 - August 29, 2014
PAY: $11.01 to $11.67/hr.
REFERENCE #0814

***For those who wish to apply for multiple positions, please submit one resume for each position and clearly indicate on the envelope, which position is your first choice.***

Interested applicants must submit their cover letter and resume by April 11, 2014, to:
**Township of North Dundas,**
**636 St. Lawrence St.,**
**P.O. Box 489, Winchester, Ontario, K0C 2K0**
**Fax: 613-774-5699**
**"Summer Employment"**

**Please specify the reference number of the position you are applying for.**

*We thank all applicants for their interest, however, only those to be considered will be contacted.*

## Recreation Department Community Service & Volunteer Positions

**(Unpaid positions)**

### GREEN FOOD BAG PROGRAM

***Please visit Community Initiatives on the Recreation & Culture web page on www.northdundas.com for more information on this program***

The Green Food Bag Program provides a non-profit, fresh fruit and vegetable distribution system that is available for purchase by all North Dundas residents (regardless of income level). In order to run this once-a-month, self-sustaining program, we require the aid of volunteers to help with tasks such as unloading the delivery truck, filling the bags, supervising during the designated bag pick-up times, performing light cleaning duties during and after the bag stuffing, as well as taking registrations.

*For more information on the North Dundas Green Food Bag, please see page 43.*

### FESTIVAL & EVENT COMMITTEE MEMBERS

The Township of North Dundas is always seeking individuals who are interested in volunteering for one or more of the festival and event committees that are active in North Dundas. Whether you would like to join a committee and attend meetings, work behind the scenes from your home or office, or simply volunteer for the big event dates, your time and efforts are welcome assets. There are no set time or task requirements; you, the volunteer can decide what works best for your schedule and abilities. Please contact the Township of North Dundas to find out what opportunities await you!

*All interested individuals are asked to please contact Meaghan Meerburg, Director of Recreation & Culture for the Township of North Dundas at 613-774-2105 ext. 236 or email mmeeburg@northdundas.com*

If you would like to include any
**VOLUNTEER OPPORTUNITIES**
for your community group, team, club, or committee in the next issue of the **Recreation & Culture Resource Guide,** please contact Meaghan Meerburg, Director of Recreation & Culture for the Township of North Dundas at 613-774-2105 ext. 236 or email mmeerburg@northdundas.com

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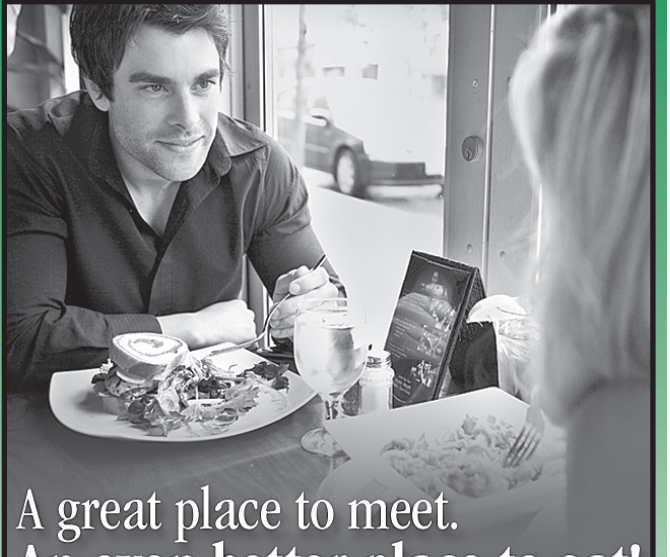

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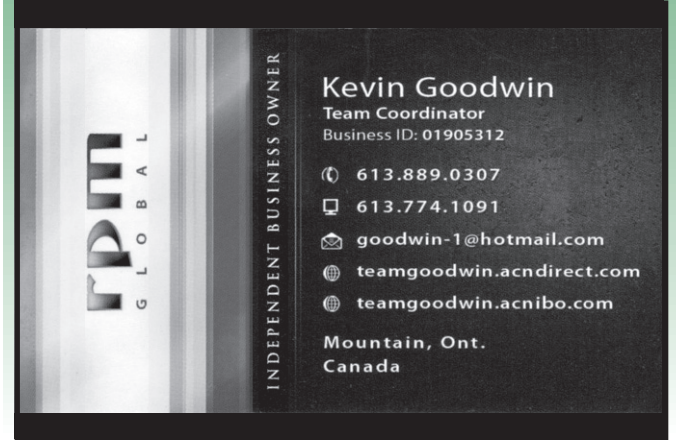

# Program Registration

**Spring/Summer registration begins March 24, 2014**
**Spring/Summer programs begin the week of April 28 - May 2, 2014**

## GENERAL PROGRAM INFORMATION:

- ALL PROGRAMS REQUIRE PRE-REGISTRATION
- REGISTRATIONS MUST BE SUBMITTED IN ADVANCE OF THE PROGRAM COMMENCEMENT DATE
- ALL PROGRAM SESSIONS AND INDIVIDUAL CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION. FOR UP-TO-DATE INFORMATION; PLEASE CALL THE TOWNSHIP OFFICE AT 613-774-2105 EXT. 223
- SORRY, THERE ARE NO FAMILY RATES
- POST-DATED CHEQUES ARE NOT A VALID METHOD OF PAYMENT AND CHEQUES MUST BE SUBMITTED AT LEAST ONE WEEK PRIOR TO THE PROGRAM COMMENCEMENT DATE
- ALL PROGRAMS ARE PEANUT-FREE

## REGISTER FOR PROGRAMS

**In Person –** 636 St. Lawrence St., Winchester, ON
Monday to Friday 8:30 am to 4:30 pm
Using INTERAC, VISA, AMERICAN EXPRESS, MASTERCARD, CASH, or CHEQUE

**By Phone –** 613-774-2105 using a credit card

**Online –** From the Municipality's website home page at www.northdundas.com you will be able to create a family account, select your activities, and then pay for your program selection using Visa, American Express or MasterCard. ***Please be advised, that as of December 2013, all online registrations are subject to a convenience fee. The convenience fee is calculated at the time of checkout and is based on the total price of the online transaction.***

## PROGRAM POLICY

**Wait Lists –** If the program you are interested in is full, you have the option of making another program selection or being placed on a wait list for the program of your choice (however, there is no guarantee that a space will become available). Participants will only be contacted if a space becomes available.

**Medical Information –** When registering, please identify any significant health problems, allergies and/or medications for the registrant.

**Registration –** Once you have registered for a program, you will not be contacted prior to the program commencement date unless the program has been cancelled or rescheduled. Please assume that the program is running as scheduled and ensure that you attend the date, time, and location as listed in the program information.

**Cancellation/Changes –** We do our best to ensure that all programs run exactly as outlined in this brochure, but sometimes a program start date, time, location or fee may change. Programs are subject to cancellation due to insufficient registration, instructor cancellation, etc. If this situation occurs, a full refund will be issued. In the event that a class or lesson must be cancelled, every attempt will be made to have the class or lesson rescheduled. Program registrants will be notified of the class cancellation as well as the rescheduled date, if applicable.

**Refunds/Credit/Withdrawals –** A refund or credit will only be given up to one week before the start date of the program. A $10 administration fee will apply to all customer-requested refunds. A partial/full refund may be issued depending on the circumstances that are presented. A medical note may be requested in order to process this request.

## REQUEST FOR PROPOSALS

***Would you like to provide or suggest a new recreational/instructional program or course in the Township of North Dundas?***
***If so, we want to hear from you!*** Contact Gina Welch, Township of North Dundas, 613-774-2105 ext. 223 or email gwelch@northdundas.com



## ONLINE REGISTRATION

### THE BEST WAY TO REGISTER FOR PROGRAMS IS FROM THE COMFORT OF YOUR HOME OR OFFICE

**WHAT YOU NEED TO KNOW:**

From the Municipality's website home page at www.northdundas.com you will be able to create a family account, select your activities, and then pay for your program selection using Visa, American Express or MasterCard.

***Please be advised, that as of December 2013, all online registrations are subject to a convenience fee. Convenience fee is calculated at time of checkout and is based on total price of the online transaction.***

*For more information, please contact our office at 613-774-2105.*

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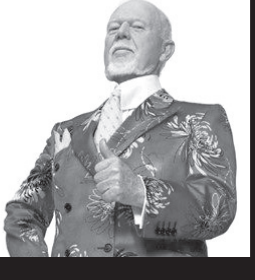

## INDOOR SOCCER

**Age:** 6-8 yrs.
**Duration:** 9 weeks
**Start Date:** Monday, April 28
**Time:** 7:00 - 8:00 pm
**Location:** North Dundas District High School, 12835 Cty. Rd. 43, Chesterville
**Registration Fee:** $35

Come out and improve your skills while having fun playing soccer with your friends indoors! The focus will be on skill development as well as good sportsmanship. Indoor non-marking running shoes are required. Shin pads are optional.

## INDOOR SOCCER

**Age:** 9-12 yrs.
**Duration:** 9 weeks
**Start Date:** Monday, April 28
**Time:** 6:00 - 7:00 pm
**Location:** North Dundas District High School, 12835 Cty. Rd. 43, Chesterville
**Registration Fee:** $35

Come out and improve your skills while having fun playing soccer with your friends indoors! The focus will be on skill development as well as good sportsmanship. Indoor non-marking running shoes are required. Shin pads are optional.

## BABYSITTER & FIRE SAFETY TRAINING INTEREST COURSE

*Instructed by St. John Ambulance / Winchester Fire Dept.*
**Age:** 11 yrs.+
**Duration:** 1 day
**Start Date:** Saturday, April 5
**Time:** 9:00 am - 4:30 pm
**Location:** 547 St. Lawrence St., Winchester, main level
**Registration Fee:** $75 **Manual & certificate of completion included.*

This program will teach the skills necessary to care for infants, toddlers, and pre-schoolers with emphasis on safety and dealing with emergency situations. Topics will include selected first-aid, feeding, safety, diaper changing, games, how to advertise your services safely, getting a job, etc. An additional training course will also be included and cover the subjects of fire extinguisher training, safety and prevention, and include topics such as the differentiation between a controllable and uncontrollable fire, fire escape plans, proper steps to take in an evacuation, who to call in an emergency, as well as instructed, hands-on training using a fire extinguisher and controlled fire that will teach each course participant how to properly and safely put out a real fire.

## BALLET

**Age:** 2-4 yrs.
**Duration:** 9 weeks
**Start Date:** Tuesday, April 29
**Time:** 5:30 - 6:15 pm or 6:30 - 7:15 pm
**Location:** Old Town Hall, 478 Main St., Winchester
**Registration Fee:** $70

This program introduces young dancers to the basics of ballet where the focus is on music, movement, creative expression and development of coordination. A place to explore and have fun! Dancers will learn different dance combinations throughout the session and have the chance to make new friends! At the end of the session there will be an open house – where family or friends can come join the last class for fun activities and crafts. This is a recreational dance program with a focus on physical activity, dance, and most of all, FUN!

## FLOOR HOCKEY

**Age:** 6-8 yrs.
**Duration:** 9 weeks
**Start Date:** Monday, April 28
**Time:** 6:00 - 7:00 pm
**Location:** North Dundas District High School, 12835 Cty. Rd. 43, Chesterville
**Registration Fee:** $35

Come out and improve your skills while enjoying floor hockey with your friends indoors! Smaller teams help the coaches to focus on skill development as well as good sportsmanship. Indoor non-marking running shoes, as well as a helmet with a cage are required. Shin pads are optional.

## FLOOR HOCKEY

**Age:** 9-12 yrs.
**Duration:** 9 weeks
**Start Date:** Monday, April 28
**Time:** 7:00 - 8:00 pm
**Location:** North Dundas District High School, 12835 Cty. Rd. 43, Chesterville
**Registration Fee:** $35

Come out and improve your skills while enjoying floor hockey with your friends indoors! Smaller teams help the coaches to focus on skill development as well as good sportsmanship. Indoor non-marking running shoes are required as well as a helmet with a cage. Shin pads are optional.





• more CHILD AND YOUTH PROGRAMS on page 23

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## ART ATTACK!

**Age:** 6-10 yrs.
**Duration:** 9 weeks
**Start Date:** Tuesday, April 29
**Time:** 6:30 - 7:30 pm
**Location:** Winchester Arena Boardroom, 577 Main St., Winchester (located across the hall from the office, on the lower level)
**Registration Fee:** $45

Each art class is designed to provide children with skill level age appropriate artistic experiences. Children will be provided with an opportunity to explore acrylic and water colour paint, sculpture, chalk/oil pastel, clay, design and more. This class teaches your child basic art skills and gives them the opportunity to grow as a young artist.

## LITTLE CHEFS

**Age:** 6-12 yrs.
**Duration:** 9 weeks
**Start Date:** Friday, May 2
**Time:** 5:30 - 8:00 pm
**Location:** Nelson LaPrade Centre, 9 William St., Chesterville
**Registration Fee:** $90

This hands-on kitchen series is a great way to introduce your child to the tasty world of cooking! Kids will have a blast while measuring, mixing, stirring, mashing and best of all eating! Each workshop will give your child a new adventure in the kitchen.

## HOME ALONE & LIFESAVER & FIRE SAFETY TRAINING INTEREST COURSE

*Instructed by St. John Ambulance / Winchester Fire Dept.*
**Age:** 6-11 yrs.
**Duration:** 1 day
**Start Date:** Saturday, March 29
**Time:** 9:00 am - 4:30 pm
**Location:** 547 St. Lawrence St., Winchester, main level
**Registration Fee:** $75 **Certificate of completion included*

This course provides comprehensive, state-of-the-art course materials along with St. John Ambulance quality training that will give your child or dependant the first aid skills, knowledge, and confidence to handle emergency situations. The combination of both the St. John Lifesaver and Home Alone courses, will also increase safety awareness, therefore reducing the risk of serious injury to your young one and others. The Lifesaving course component of this one-day course covers numerous topics including: Emergency Scene Management (EMS), shock, Artificial Respiration (AR), choking, wounds & bleeding, fainting & unconsciousness, burns, and poisoning. As part of the Home Alone course component, topics discussed will include: what to do if there is a prowler outside, safety when answering the phone, knowing when it is safe to cook on the stove, evaluating if it is safe to leave the house, as well as other home alone protocols. Students will also be taught about where to go if there is a fire, the importance of doing a safety audit with your parents, as well as some "what to do" practices including what to do when you get home, in emergencies, in a power failure, if you are locked out, if a water pipe breaks, and if you smell gas. All registrants will also be taught about fire safety and given emergency phone numbers to take home. An additional training course will also be included and cover the subjects of fire safety and prevention, and include topics such as fire escape plans, proper steps to take in an evacuation, and who to call in an emergency.

*The North Dundas Movie Committee is pleased to present...*

# A Night at the Movies

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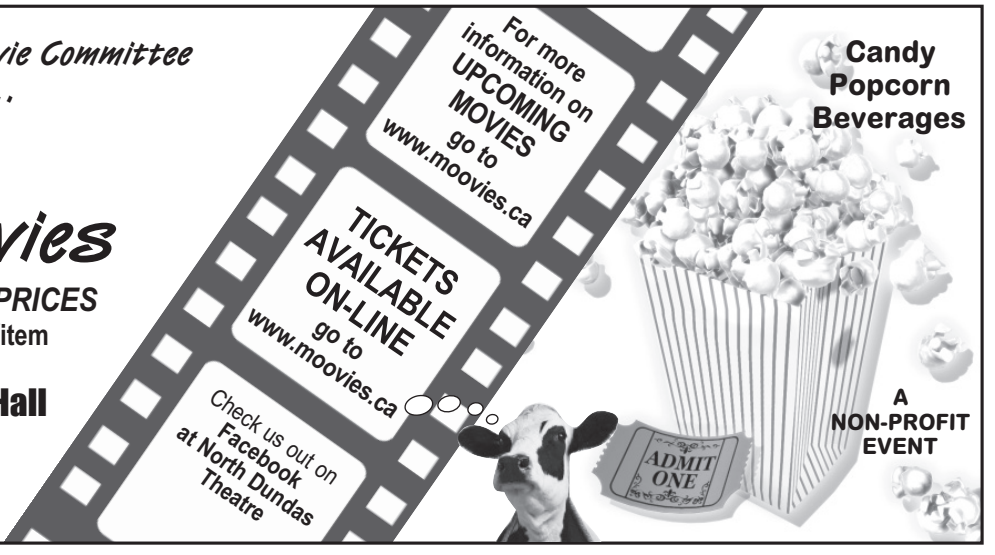
**Admission: $5 Canteen: $1/item**

**Winchester Old Town Hall**
**478 Main St., Winchester**

*For more info email info@moovies.ca*



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**For information about WDMH services, speak with your family doctor or call 613.774.2420.**

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Childbirth Centre
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Diabetes Education
Dialysis
Gamma-Dynacare Lab
Ontario Breast Screening Program
Ophthalmology
Robillard Hearing Centre
Sleep Lab
Ultrasounds

**SPECIALTY CLINICS**

Cardiology, including Cardiac Rehab and Stroke Prevention
Clinical Nutrition
Endocrinology
Internal Medicine
Pediatrics
Physiotherapy
Psycho-Geriatric Assessments
Occupational Therapy
Regional Geriatric Program
Urology
Vascular Assessment

*Some of these services are offered via telemedicine.*

**SURGERY**

General Surgery
Ear, Nose and Throat Surgery
Gynecological Surgery
Plastic Surgery

## FITNESS/CROSS FIT AND CIRCUIT TRAINING

**Age:** Teens & adults (ALL LEVELS)
**Duration:** 9 weeks
**Start Date & Time:** Monday, April 28, 7:00 - 8:00 pm
Wednesday, April 30, 7:00 - 8:00 pm
**Location:** Chesterville Community Hall, 1 Mill St., Chesterville
**Registration Fee:** $95 + HST
***Register for both dates and pay only $170 + HST!***

This program offers a beneficial combination of fat-burning cardio and muscle strengthening workouts. Prepare to sweat and push your limit while working all of your muscles through the use of bands, free weights, steps, a stability ball and your own body weight. This program provides a mixture of low and high impact, core, and extensive mat work that helps tone, strengthen, and improve flexibility. Participants will also benefit from the muscle conditioning component, which increases and strengthens muscle movements. This combination program is great for men and women of all ages. Mats, steps, stability balls, exercise bands, and weights are all provided.

## NEW! SPARTAN TRAINING

**Age:** Teens & adults (ALL LEVELS)
**Duration:** 9 weeks
**Start Date & Time:** Monday, April 28, 7:30 - 8:30 pm
Wednesday, April 30, 7:30 - 8:30 pm
**Location:** Morewood Community Centre, 17 Russell St.
**Registration Fee:** $95 + HST
***Register for both dates and pay only $170 + HST!***

Raw, intense training, through straight forward, but very challenging power movements.

## NEW! LEARN TO RUN

**Age:** Teens & adults (ALL LEVELS)
**Duration:** 9 weeks
**Start Date & Time:** Monday, April 28, 7:00 - 8:00 pm
Saturday, May 3, 9:00 - 10:00 pm
**Location:** Pavilion Building, 1B William Street, Chesterville
**Registration Fee:** $90 + HST

Have you always wanted to learn to run, but don't know where to start? This program will teach all you need to know about running. Topics that will be covered include running in different weather conditions, nutrition, goal setting, motivation, injury prevention, pacing and much more. Each session will cover a topic and then participants will go for a run. By the end of the clinic registrants will be running for 20 minutes (about 2.5 km). This will be accomplished through a gradual progression of running with walk breaks.

## NEW! CYCLING CLUB

**Age:** Teens & adults (ALL LEVELS)
**Duration:** 9 weeks
**Start Date:** Saturday, May 3
**Time:** 9:00 - 10:30 am
**Location:** Joel Steele Community Centre, 577 Main St., Winchester
**Registration Fee:** $90 + HST

Have you always wanted to learn more about cycling, but don't know where to start? This program will teach all you need to know about cycling. Topics include cycling in different weather conditions, nutrition, goal setting, motivation, injury prevention, assertive cycling skills, general bicycle maintenance, route planning, pacing and much more. By the end of the nine-week program, you will be more comfortable and confident on the road. Each session will cover a topic and include a ride.

## BALLROOM DANCING PRACTICES

**Age:** All ages – youth, adults and seniors; singles or partners
**2014 Dates:** March 29, April 12, April 26, May 10, May 24, June 7, June 21, July 5, July 19, August 2, August 16, August 30, September 13, September 27, October 11, October 25, November 8, November 22, December 6, December 20
**Time:** 7:00 - 10:00 pm
**Location:** Chesterville Community Hall, 1 Mill St., Chesterville
**Drop-In Fee:** $4.00/person or $7.00 per couple

Come out and practice your ballroom dancing steps and skills in a relaxed and social environment with wonderful music and great friends. You do not need to be registered for dance classes to attend these practices. This is open to anyone in the area, from beginner to advanced, who wish to dance. *For more info., call Dennis Taylor at 613-448-3633.*

## BALLROOM DANCING

*Instructed by Dennis Taylor*
**Age:** Teens & adults
**Duration:** 4 weeks
**Start Date:** April 29/May 1
**Location:** Chesterville Community Centre, 1 Mill St.
**Price:** $32 + HST

| | | |
|---|---|---|
| Tuesdays: | 6:30 - 7:30 pm | Level 1 |
| | 7:30 - 8:30 pm | Level 2 |
| | 8:30 - 9:30 pm | Tango/Mambo/Bachata |
| Thursdays: | 6:30 - 7:30 pm | Level 1 |
| | 7:30 - 8:30 pm | Silver |
| | 8:30 - 9:30 pm | Cha Cha/Rumba |

# MAPLE RIDGE MARTIAL ARTS CLUB

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## NEW! OPEN ART STUDIO

**Age:** 16+
**Duration:** Ongoing
**Start Date:** Tuesday Nights (starting Feb. 4), 7:00 - 9:00 pm, Thursdays, 1:00 - 3:00 pm
**Location:** Park Pavilion Bldg, 1 B William St., Chesterville
**Registration Fee:** $10 drop in fee (no pre-registration required).

Do you have an art project in mind and you don't know how to accomplish it? Do you want to learn a new technique, or just want to get together with other artists and share your experiences? If you have never painted and would like to learn, come and drop by the open art classes. There will be an instructor who will guide, teach and answer any of your questions. You will need to provide your own paint and tools.

## NEW! LET'S WRITE A NOVEL – THE BASICS AND BEYOND

**Age:** 6 yrs. +
**Duration:** 9 weeks
**Start Date:** Wednesday, April 30
**Time:** 7:00 - 8:00 pm
**Location:** 547 St. Lawrence St., Winchester, main floor
**Registration Fee:** $45

Learn the basics of story writing – idea, setting, character development, plot development, dialogue, conflict, research etc., while developing your unique voice. Complete a story or the beginning of a novel with step-by-step guidance.

## WHITE WATER RAFTING WITH WILDERNESS TOURS RAFTING

**Registration Fee:**
**Gentle Rafting Trip** (participants must be 7+ yrs. and weigh 50 lbs+): 13 yrs. +, $150. 12 yrs. and under $125
**High Adventure Rafting** (participants must be 13+ yrs. or 90 lbs+): $180
**Date:** Saturday, June 14
**Location:** Bus will pick-up and drop off at the Joel Steele Community Centre, 577 Main Street, Winchester
**Pick up:** 6:30 am
**Drop off:** 8:30pm

Come join us for a day of adventure and excitement, riding the waves of the Ottawa River. Our day begins with a trip briefing, then a short ride on a bus to the Ottawa River. For the next five hours, descend the world-renowned Rocher Fondu Rapids, with a stop for lunch along the way. We will return to the Wilderness Tours Resort to view a video presentation of our trip and enjoy activities along their sandy waterfront. If you choose the Family Rafting trip, you will have the opportunity to experience the raging beauty of the river and ride waves a metre high. Since a seasoned guide provides the propelling power, the passengers don't need to do much more than hang on tight!

## SMART SERVE TRAINING

**Age:** 18 yrs. +
**Date:** Call to schedule your individual appointment
**Location:** Township of North Dundas Office, 636 St. Lawrence St., Winchester
**Registration Fee:** $45 + HST **Manual included*

The Smart Serve Training Program has been designed to promote the responsible service of alcohol as it pertains to the current liquor laws in the Province of Ontario. This training program provides valuable information to individuals regarding responsible service and sale of alcoholic beverages. It will enable you to take a pro-active approach to serving alcohol responsibly. The Smart Serve Training course takes place in a meeting room within the Township Office and allows the registrant to watch the Smart Serve video, take the chapter quizzes, and complete the test at their own pace, while having access to a coach who can answer questions along the way. Appointments can be scheduled throughout the year at the registrant's convenience. Upon successful completion, the registrant will receive their Smart Serve card within three to six weeks.

## ST. JOHN'S AMBULANCE STANDARD FIRST AID, A CPR LEVEL C & AED

**Age:** 16 yrs. +
**Date:** Saturday, April 26 & Sunday, April 27
**Time:** 9:00 am - 5:00 pm
**Location:** Joel Steele Community Centre, 577 Main St., Winchester
**Registration Fee:** $160 + HST **Manual & certificate included*

This two-day course covers all of the skills in Emergency First Aid, plus first aid for other injuries and illnesses including head and spinal injuries and fractures to the upper and lower limbs. This course includes Level C CPR training and certification (Adult, Child, Infant, and 2-rescuer resuscitation) and AED training and certification. This course is an accepted prerequisite for medical, dental, nursing, police, fire and ambulance programs. The provincially recognized certification meets WSIB and Canadian Labour Code certification, is valid for three years and is issued upon successful completion. A renewal course is available. The renewal course is designed to review knowledge and skills learned in the full course. Please call for details.

### REQUEST FOR PROPOSALS

***Would you like to provide or suggest a new recreational/ instructional program or course in North Dundas township?***

Contact Gina Welch, Township of North Dundas, 613-774-2105 ext. 223 or email gwelch@northdundas.com

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## MOUNTAIN SENIORS CLUB

**Mountain Twp. Agricultural Hall**
**2967 Lough Rd., South Mountain**
**Jack McCarger: 613-989-5569**

**MEETINGS:** Take place the last Wednesday of each month at the Mountain Hall. The meetings will begin at 11:30 am and will include a potluck luncheon, followed by a short program, so please bring along your favourite dish to share! Meetings will take place all year, with the exception of July and August.

## WINCHESTER GOLDEN YEARS

**Winchester Lions Hall**
**515 Albert St., Winchester**
**Roberta Giberson: 613-774-4273**

The Golden Years, age 50+, meet the third Thursday of each month, except for July, August, and December. Meetings are held at 11 am at the Winchester Lions Hall. On these days, meetings are followed by a potluck lunch at noon and then entertainment.

Our seniors' group plays euchre the second and fourth Thursdays of the month. Euchre begins at 7:30 pm and is held at the Winchester Lion's Hall. For more information, please call Ray Robertson at 613-774-2134.

Golden Years also have a choral group, which entertain at the hospital the first Tuesday of the month. Practices are held the third Tuesday of the month at 1 pm at the Lion's Hall.

*Golden Years welcomes any new members.*

## NOR-DUN SENIORS' SUPPORT SERVICES

*a Carefor Agency, offering a variety of Community Support Services*

There are three sites in North Dundas:

- **Nor-Dun Centre,** 517A Albert Street, Winchester
- **Nelson LaPrade Centre,** 9 William Street, Chesterville
- **Mountain Township Ag Hall,** 2967 Lough Road, South Mountain

Activities and services are arranged for physically disabled adults and seniors. You can participate in activities at any one or all of the sites. Fees are set according to the event and services. New participants will be asked to provide basic information, such as emergency contacts, that will be kept on file.

**REGULAR ACTIVITIES FOR NOR-DUN CENTRE IN WINCHESTER**
**Diners Meal** every Monday, Wednesday and Friday at 12:00 pm
**Bid Euchre** is every Thursday at 12:30 pm
**Exercise Class** is every Thursday at 9:30 am
**Hot Dog Fundraiser Night** at 4:00 pm, fourth Thursday of the month

**REGULAR ACTIVITIES FOR NELSON LAPRADE CENTRE IN CHESTERVILLE**
**Diners Meal** every first and third Tuesday of the month at 12:30 pm
**Euchre** is every Thursday at 1:00 pm
**Tai Chi** classes every Thursday at 2:30 pm

**REGULAR ACTIVITIES FOR MOUNTAIN TOWNSHIP AG HALL IN SOUTH MOUNTAIN**
**Diners Meal** every Thursday of the month at 12:00 pm
**Euchre** is the third Thursday of every month at 1:00 pm

*For more monthly details, be sure to check local newspapers the last week of every month, or contact the Nor-Dun Centre at 613-774-6109, or e-mail crooney@carefor.ca or ngibson@carefor.ca*






## Dundas County Drive-in Movie Night

*The North and South Dundas Recreation Departments are excited to announce a joint partnership event.*

***On Saturday, September 13 everyone is welcome to join in the nostalgia of drive-in movies. Come out to the South Mountain Fairgrounds to catch a flick with friends and family. There will be an assortment of snacks available.***

For up-to-date information on the Dundas County Drive-in Movie Night, watch for the North Dundas Summer Program Brochure (in mailboxes in May). Up-to-date information will be posted on the home page of our municipal website at www.northdundas.com in May.

Updates will also be posted in June on the North Dundas Facebook page and on the Township of North Dundas Community Events Calendar that is available at www.northdundas.com.

***See you at the drive-in!***

*For questions and feedback regarding this event, or to find out how you can become a volunteer or sponsor, please contact Gina Welch at 613-774-2105 ext. 223 or gwelch@northdundas.com*

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# CAMP INFORMATION. WHAT YOU MUST KNOW!

All camps run from 9:00 am until 4:00 pm daily with drop-off from 7:00-9:00 am and pick-up from 4:00-5:30 pm. Every Friday a healthy lunch will be provided! Participants should bring to camp daily: a lunch, snacks, plenty of water, a swimsuit and towel, a hat, sunscreen, running shoes, any required medication, as well as any special requirements as indicated in the weekly camp newsletters. It is recommended that all campers wear old/play clothes that can get dirty and that all personal items are labelled and kept in a backpack.

If your child is registered for a camp and cannot attend on a particular day, please contact the Township of North Dundas at 613-774-2105 and leave a message.

Sorry, there are no family rates. Campers must be registered and paid for by the Monday before the camp is scheduled to start. Spaces are available on a first-come, first-serve basis and payment must be received in order to hold/confirm a spot. Post-dated cheques will not be accepted as a valid method of payment. All camps are peanut-free.

**For more information about North Dundas Summer Camps or to register, please contact the Township Office at 613-774-2105, stop in to 636 St. Lawrence St., Winchester or register online at www.northdundas.com.**

*Please note that summer camp prices, locations, trips and activities are subject to change.*



## *NEW!* ROOKIE ACADEMY

**Dates:** June 30 - July 4 (No camp on Canada Day)
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $112/week or $40/day

Learn about what it takes to be a police officer, firefighter and paramedic all in one week. This camp includes physical fitness training and simulations, as well as visits from rescue hero professionals. Campers will also learn to use tools and techniques in real-life emergency response situations and take a trip to the local Volunteer Fire Department and Police Station.

## *NEW!* TOUGH MUDDER

**Dates:** July 7-11
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

Jump in and get dirty this week with a team building challenges in a Tough Mudder race. This camp is going to challenge your strength, endurance, and heart! Get ready to run through challenges like Dizzy Lizzy and the spider web; pull a tire, climb a wall or run with an egg on a spoon.

## *NEW!* SKATEBOARD CAMP

**Dates:** July 14-18
**Ages:** 10 -12 yrs. *(Max of 10 participants.)*
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $180/week *(No daily registration.)*

Registrants will spend mornings with expert coaches, learning everything from the basics of the board to advanced techniques and tricks with a safe, fun and individualized approach. As a group, campers will embrace the skateboarding culture and perfect their riding skills at the Winchester skateboard park, on the ramps and pathways around the Winchester Arena. In the afternoon, campers will join the Survival Adventures camp for swimming and games. All levels of skill are welcome. Skateboard, helmet, knee pads, elbow pads and wrist guards are mandatory and will not be provided.

## SURVIVAL ADVENTURES CAMP

**Dates:** July 14-18
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

Are you a thrill seeker who craves new challenges and adventures? If you are, then don't miss out, because it's all about survival of the fittest this week! Together with your team of campers and a GPS, you will go on a high-tech hunt in search of hidden treasure! Known as Geocaching and played by adventure seekers worldwide (including in North Dundas!), campers will be able to take a piece of treasure from the located loot and leave something behind for the next thrill seeker to find. Campers will also compete in ultimate survival challenges; learn about emergency preparedness, and use knowledge and resources to go head-to-head in skills-based relays Finally, get ready to surrender your fear of heights and leave your doubts at the door, because we are going on a rock climbing excursion!

## GIRL POWER

**Dates:** July 21-25
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

This week it's all about getting down and getting girly! This week will be full of fun and funky activities like tie dying old t-shirts, baking tasty treats, and having a spa day. Girls will also be participating in a yoga class, showing-off their great moves in a dance-off, and getting creative with art projects. The highlight for this camp will be a visit the Old Town Hall theatre to watch a chick flick on the big screen with popcorn! The little ladies will also enjoy some fun in the sun with a picnic, swimming, and games.



• more SUMMER CAMPS on page 33

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## BOYZ ROCK

**Dates:** July 21-25
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

This camp is all about being a boy! You'll spend the week designing the perfect car to race down the track and compete to see who is the best at Mario Kart on the big screen! Get down and dirty when you take part in a chocolate pudding eating contest and then clean off in a water fight! The highlight for this camp will be a visit to the Old Town Hall theatre to watch a guy's movie on the big screen with popcorn! This exciting week will also include games in the park and fun in the pool.

## FOOD FIASCO

**Dates:** July 28-August 1
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

Get your apron, get your measuring cup and spoon, and for goodness sake bring your appetite, because this summer's camp program includes a whole lot of cooking and baking! Have fun making yummy recipes like scones, healthy granola bars, apple crisp, dessert pizza, casseroles, friendship bread and more! Campers will also have fun preparing special dishes for their very own end-of-the-week camper picnic!
This exciting day will also include games in the park and fun in the pool. For this incredible, edible camp, registrants will be issued a list of daily menus on the first day of camp and will be able to eat everything that they help make! Campers are still required to bring food, drinks, and snacks to supplement what they will be creating in the kitchen each day.

## *NEW!* DANCE CAMP

**Dates:** July 28-August 1
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

You will spend the morning with one of our talented dance instructors, learning all the latest moves in jazz, ballet, contemporary and hip hop. Become an artist and choreographer as you prepare for the big recital on Friday. In the afternoon, you will join the Food Fiasco camp for swimming, arts, crafts and fun camp games. All levels of dancers are welcome.

## *NEW!* HORSE BACK RIDING CAMP

**Dates:** August 11-15
**Ages:** 9 to 12 yrs.
**Location:** Nelson LaPrade Centre, 9 William St., Chesterville
**Registration Fee:** $220/week *(No daily registrations. Max of 6 participants.)*

Campers will spend each morning at a local farm, learning about horses and farm life, as well as developing English saddle riding skills. Afternoons will be spent enjoying activities in True Sport camp.

## ARTS ATTACK

**Dates:** August 5-8
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $112/week or $40/day

What do drama, dancing, music, and painting all have in common? The arts of course! Campers are able to express their creativity this week as they choreograph a new dance to a favourite song, prepare and present short skits, make musical instruments, and create lots of art! Campers will also have the opportunity to spray paint large bales of hay that will be on display for Dairyfest, learn to make origami, paint their own masterpiece on canvas, and form friendship beads out of clay! The highlights for this camp will be a visit the Old Town Hall theatre to watch a movie on the big screen with popcorn, as well as setting-up an art gallery for parents, guardians and visitors. The creative possibilities are endless this week in Arts Attack!

## TRUE SPORT

**Dates:** August 11-15
**Ages:** 5 to 11 yrs.
**Location:** Nelson LaPrade Centre, 9 William St., Chesterville
**Registration Fee:** $140/week or $40/day

This action-packed week is for the ultimate sport enthusiast, so come out and be a part of a winning team! Take part in soccer, baseball, basketball, volleyball, floor hockey, flag football and more! Have fun with your teammates creating your team logo, decorating a team flag, learn important values of sport, and more. But that's not all! Grab your racing gloves because we are heading to the race track! Hop on the bus and join fellow campers for a jam-packed day of go-karting, volleyball, and mini golf at Karters Korner! This week in True Sport, you will share your skills, learn some new ones, and win or lose, you'll take home the gold!

## H2O EXTREME

**Dates:** August 18-22
**Ages:** 5 to 11 yrs.
**Location:** Nelson LaPrade Centre, 9 William St., Chesterville
**Registration Fee:** $140/week or $40/day

Get wet and get wild! Grab your swimsuits and slide into camp for a super soaked splash bash! This camp offers endless water fun with swimming, water wars, cannon ball contests, and lots of games and activities! Campers will also be taking a day-trip to Calypso Water Park! Get ready to enjoy over 35 waterslides, Canada's largest wave pool, and over 100 water games! Keep cool this summer in H2O Extreme!





• more SUMMER CAMPS on page 35

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## SWIM LESSON SPECTACULAR

**Dates:** August 11-22
**Ages:** 5 to 11 yrs.
**Location:** Nelson LaPrade Centre, 9 William St., Chesterville
**Registration Fee:** $310

This camp is designed for each participant to be enrolled in a two-week swimming lesson level. Campers will be scheduled for a ½ hr. swim lesson each day and will be escorted to and from the pool by a camp leader. Participants of this camp program will be required to register in both the True Sport & H2O Extreme camps; however, the Swim Lesson Spectacular camp fee will include the registration fees for all three camps. A $30+ savings!

## *NEW!* CANOE CAMP

**Dates:** August 18-22
**Ages:** 9 - 12 yrs.
**Location:** Nelson LaPrade Centre, 9 William St., Chesterville
**Registration Fee:** $180/week *(Daily registration not available. Max. of 10 participants.)*

J-stroke your way through this paddler's paradise and earn badges in canoeing, coastal navigation and swimming. Campers will spend the mornings learning the basics of paddling a canoe, through games and other activities. The other half of the day, participants will join the H2O Extreme campers for swimming and other camp activities. Campers must be comfortable swimming in deep water. Life jackets and paddles will be provided. If you have your own lifejacket or paddle please feel free to bring it.

## SUMMER EXTRAVAGANZA

**Dates:** August 25-29
**Ages:** 5 to 11 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $140/week or $40/day

This camp is all about a final salute to summer vacation and encompasses some of the fun and exciting things from all of the North Dundas Summer Camps! Join us for water battles, swimming, movies, art, cooking and baking, sports, and tons of games! Campers will also take a trip to the local movie theatre for an afternoon out with popcorn and treats, as well as enjoy ice skating at the arena.

## *NEW!* HOCKEY CAMP

**Dates:** August 25-29
**Ages:** 8 to 11 yrs.
**Location:** Joel Steele Arena, 577 Main St., Winchester
**Registration Fee:** $200/week *(No daily registrations. Max. 20 participants)*

Campers will receive 2.5 hrs each day of ice training. During this time, campers will focus on the fundamentals of ice hockey, including but not limited to, skating, stickhandling, passing and shooting. These skills will be taught and practiced during the week, by incorporating them into a wide variety of drills, games and stations. In the afternoon, campers will join the Summer Extravaganza camp for swimming, crafts and other camp activities.

## *NEW!* LEADERS-IN-TRAINING FOCUS ON LIFEGAURDING

**Dates:** June 30-July 18 *(No camp on Canada Day)*
**Ages:** 13 to 15 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $180 *(cost of Bronze Medallion manual, exams fees and trips)*

This three-week program will take veteran campers on a journey into leadership development. Campers will expand their skills and apply what they have learned while partnering with one of the North Dundas Summer Camp staff. This program is great for those who may want to work at camp someday. This week, participants will also have the opportunity to complete their Bronze Medallion.

## *NEW!* LEADERS-IN-TRAINING

**Dates:** July 21-August 8 *(no camp on Civic Holiday)*
**Ages:** 13 to 15 yrs.
**Location:** Winchester Curling Club, 587 Main St., Winchester
**Registration Fee:** $100 *(to cover the cost of outings)*

This three-week program will take veteran campers on a journey into leadership development. Campers will expand their skills and apply what they have learned while partnering with one of the North Dundas Summer Camp staff. This program is great for those who may want to become a camp leader someday.

## *NEW!* LEADERS-IN-TRAINING

**Dates:** August 11-29
**Ages:** 13 to 15 yrs.
**Registration Fee:** $100 *(to cover the cost of outings)*

The first two weeks of this program will take place at the Nelson LaPrade Centre, 9 William St., Chesterville and the last week of this program will take place at the Winchester Curling Club, 587 Main St., Winchester.

This three-week program will take veteran campers on a journey into leadership development. Campers will expand their skills and apply what they have learned while partnering with one of the North Dundas Summer Camp staff. This program is great for those who may want to become a camp leader someday.



**Check out the Township of North Dundas Recreation & Culture**

**Web Page**

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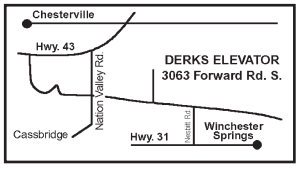


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# Swimming Programs



## LESSON CLASSES

| Category | Red Cross | Duration |
|---|---|---|
| Parent & Tot (4 mths-3 yrs.) $63/person/session | Starfish, Duck, Sea Turtle | 30 minutes |
| Pre-School (ages 3-5) $63/person/session | Sea Otter, Salamander, Sunfish, Crocodile, Whale | 30 minutes |
| Swim Program (ages 6 & up) $74/person | Swim Kids 1-5 | 40 minutes |
| " | Swim Kids 6/7 | 50 minutes |
| Swim Kids 8, 9 & 10 - $79/person/session | Swim Kids 8-10 | 1 hour |
| Bronze Star - $89/person | Bronze Star | 1 hour |
| Bronze Medallion - $116/person | Bronze Medallion | 1 hour |
| Bronze Cross - $116/person | Bronze Cross | 1 hour |

## SESSION DATES & LESSON TIMES

| Session 1 (evening only) June 16-June 27 | Win. Pool Time | Chest. Pool Time |
|---|---|---|
| Sea Otter | 5:45-6:15pm | 5:45-6:15pm |
| Salamander | 5:45-6:15pm | 5:45-6:15pm |
| Sunfish | 6:20-6:50pm | 6:20-6:50pm |
| Crocodile/Whale | 6:20-6:50pm | 6:20-6:50pm |
| Swim Kids 1 | 7:00-7:40pm | 5:45-6:25pm |
| Swim Kids 2 | 7:00-7:40pm | 5:45-6:25pm |
| Swim Kids 3 | 5:45-6:25pm | 7:00-7:40pm |
| Swim Kids 4 | 5:45-6:25pm | 7:00-7:40pm |
| Swim Kids 5 | 6:20-7:00pm | 6:45-7:25pm |
| Swim Kids 6/7 | 7:00-7:50pm | 6:50-7:35pm |
| Swim Kids 8/9/10 | 7:00-8:00pm | 7:00-8:00pm |

| Program | **Sessions 2-** June 30 - July 11<br>**3-** July 14-25<br>**4-** July 28-Aug 8<br>**5-** Aug. 11-22 | Win. Pool Time | Chest. Pool Time |
|---|---|---|---|
| Starfish/Duck/Sea Turtle | 2-3 Winchester & Chesterville | 11:30-12:00pm | 11:30-12:00pm |
| Sea Otter | 2-5 Winchester & Chesterville | 10:30-11:00am | 11:00-11:30am |
| Salamander | 2-5 Winchester & Chesterville | 10:30-11:00am | 11:00-11:30am |
| Sunfish | 2-5 Winchester & Chesterville | 11:00-11:30am | 10:30-11:00am |
| Crocodile/Whale | 2-5 Winchester & Chesterville | 11:00-11:30am | 10:30-11:00am |
| Swim Kids 1 | 2-5 Winchester & Chesterville | 9:30-10:10am | 11:30-12:10pm |
| Swim Kids 2 | 2-5 Winchester & Chesterville | 8:30-9:10am | 10:20-11:00am |
| Swim Kids 3 | 2-5 Winchester & Chesterville | 9:30-10:10am | 11:30-12:10pm |
| Swim Kids 4 | 2-5 Winchester & Chesterville | 8:30-9:10am | 9:30-10:10am |
| Swim Kids 5 | 2-5 Winchester & Chesterville | 9:30-10:10am | 11:30-12:10am |
| Swim Kids 6/7 | 2-5 Winchester & Chesterville | 9:30-10:20am | 10:30-11:20pm |
| Swim Kids 8, 9 & 10 | 2-5 Winchester & Chesterville | 10:30-11:30am | 9:30-10:30am |
| Bronze Star | 2-3 Winchester & Chesterville | 8:30am-9:30am | 9:30am-10:30am |
| Bronze Medallion | July 1-July 19, Winchester only | 7:00-9:30am | N/A |
| Bronze Cross | July 22-August 9, Chesterville only | N/A | 7:00-9:30am |

## REGISTRATION FOR SWIMMING LESSONS & AQUA FIT

**ONLINE:** www.northdundas.com

**BY PHONE:** 613-774-2105

**IN PERSON AT:** Township of North Dundas Office, 636 St. Lawrence St., Winchester

***Please note that registrations are no longer accepted at the Winchester & Chesterville pools.***

## PRIVATE LESSONS

$18 for a half hour session at either the Winchester or Chesterville Pool. $25 for a half hour session at a privately owned, residential pool, pending provision of proper documentation. Please contact either the Winchester pool or the Chesterville pool for more information.

## AQUA FIT

**Duration:** 9 weeks

**Start Date:** Thursday, July 3

**Level:** All levels welcome

**Registration Fee:** $70 for 1 class/ week; $130 for 2 classes/week; $180 for 3 classes/week

**CHESTERVILLE PUBLIC POOL**
AQUA FIT: Tues. & Thurs., 6:00 - 7:00 pm

**WINCHESTER CENTENNIAL POOL**
AQUA FIT: Tues. & Thurs., 12:00 - 1:00 pm

***Pre-registration is essential and drop-ins will not be permitted.*

*The Aqua Fit program is for all ages and levels.*

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# Swim Teams & Public Swimming



## SWIM TEAMS

The Winchester Waves and Chesterville Rippin' Racers are community swim teams that hold two to three practices each week in preparation for various swim meets. These swim meets are held at local pools on weekends during the months of July and August.

## WINCHESTER WAVES SWIM TEAM

Registration for Winchester Waves will take place at the Winchester Arena on:

Tuesday, May 27: 6:30 - 8:45 pm
Wednesday, May 28: 6:30 - 8:45 pm

A $25 registration fee will apply. **Registration fees received after May 28 will be $40.**

Registration fees include a FREE GIFT (while quantities last).

A maximum of seventy-five swimmers may register. Dates and times of practices are TBD. Phone registrations will NOT be accepted.

For more information on the Winchester Waves, please contact Shannon at 613-807-2946 and/or Todd at 613-989-1734.

**Participants must be able to complete one lap (the length of a 25-meter) pool (UNASSISTED). For those with no experience, competition is not mandatory.*

## CHESTERVILLE RIPPIN' RACERS SWIM TEAM

Do you want to improve your strokes and endurance while having fun with your friends? Come check out the Chesterville Rippin' Racers swim team! You can join the team, attend multiple swim meets, and share in the excitement.

Registration is only $25 for the season and includes a FREE piece of swim team apparel while quantities last. All that is required is a swim suit and a positive and enthusiastic attitude. Practices will start the first week of July.

Children ages 11 yrs. and under will practice Monday and Wednesday evenings from 4:00 - 5:00 pm and the 12 and over age group will practice Tuesday and Thursday evenings from 4:00 - 5:00 pm.

Registrations will be taken at the pool.

**PARENT VOLUNTEER NEEDED FOR THE RIPPIN' RACERS!** The swim team is seeking a parent volunteer to organize and run the swim meet canteen and bake sale. This entails ordering and organizing pick-up and delivery of the canteen food and recruiting and coordinating canteen and bake sale volunteers.

*For more information on the Chesterville Rippin' Racers or to volunteer to be the swim meet canteen and bake sale coordinator, please contact the North Dundas Pool Coordinator on or after Tuesday, May 20 at 613-774-2105.*



**FEES:**
**Adults: $2**
**Children (12 and under): $1.50**

**SEASON PASS:**
**Single $60**
**Family $125**

# Public Swimming

**Regular public swimming hours at both pools will begin:**
**Weekends – June 7**
**Weekdays – June 30**

***STAY TUNED*** **for more aquatic information that will be coming out in May. A full list of aquatic programs, lessons, swims, dates, times, prices, etc., can be found on page 37 and is also available on the Township of North Dundas Recreation & Culture web page at www.northdundas.com and at the Township Office.**

## CHESTERVILLE PUBLIC POOL

**613-448-2012**

**Monday - Friday:** 1:30 - 4:00 pm, 7:00 - 9:00 pm
**Saturday - Sunday:** 1:00 - 7:00 pm
**Family Swim (5 yrs. & under)**
**(Mon., Wed., Thurs., Fri.):** 12:30 - 1:00 pm
**(Mon. - Fri.):** 5:30 - 6:00 pm
**Adult Swim (Mon. - Fri.):** 12:30 - 1:30 pm
**(Mon., Wed., Fri.):** 6:00 - 7:00 pm

## WINCHESTER CENTENNIAL POOL

**613-774-1603**

**Monday - Friday:** 2:00 - 5:00 pm, 7:00 - 9:00 pm
**Saturday - Sunday:** 1:00 - 7:00 pm
**Adult Swim (Mon. - Fri.):** 7:00 - 8:30 am
**Adult Swim (Wed. & Fri.):** 12:00 pm - 1:00 pm
**Adult Swim (Mon. - Fri.):** 6:00 - 7:00 pm
**Family Swim (5 yrs. & under): (Mon. - Fri.):** 1:00 - 2:00 pm

**SCHOOL'S OUT PUBLIC SWIMMING:** Thurs., June 26, 2:00 - 5:00 pm (free swim, both pools).
**CIVIC DAY PUBLIC SWIMMING:** Mon., August 4, 1:00 - 5:00 pm (both pools).

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***Ken* 613-229-1327**
***Kevin* 613-223-0620**

## UPCOMING EVENTS

**Chesterville Fair:** July 25-27, 2014

**Winchester Ribfest:** Saturday, May 31, 2014

**Winchester Town-Wide Garage, Yard & Sidewalk Sale:** May 31, 2014

**Winchester Dairyfest:** August 8-10, 2014

**South Mountain Canada Day:** July 1, 2014

**South Mountain Fair:** August 14-17, 2014

## COMMUNITY GROUPS

### BLOOD DONOR CLINICS

**Please drop-in to make your donation or call 1-888-2-DONATE to book an appointment**

CANADIAN BLOOD SERVICES / SOCIÉTÉ CANADIENNE DU SANG

**Date:** Thursday, June 5 & September 4, 2014

**Location:** Chesterville Legion, 167 Queen St., Chesterville

**Time:** 2:00 to 8:00 pm

### NORTH DUNDAS FULL CIRCLES

Welcome to Full Circles - North Dundas FULL CIRCLES... where one person's trash is another's treasure! Serving the communities of: Winchester, Mountain and Chesterville. Our goal is to encourage North Dundas citizens to live simpler and reduce the size of their environmental footprint by finding new homes for perfectly good, but unneeded, unwanted items rather than just "warehousing" them or throwing them away. Individually and collectively, FULL CIRCLING reduces our negative impacts on our environment and our landfills through growing local communities of like-minded folks - FULL CIRCLERS! FULL CIRCLES – is a simple concept. Connect people with surplus "stuff"... with others who will use that surplus stuff.

*For more information, please visit:*
*Yahoo Group http://groups.yahoo.com/group/NorthDundasFullCircles or http://www.northdundas.com Under Waste Management.*

### S.W.A.P.

S.W.A.P. is a fantastic, locally developed, Facebook page that allows locals to list items, services, and support that they would like to give away or receive, free of charge (please note: items must be given away or requested for free). Things like clothing, toys, recreation equipment, home furnishings, books, movies, anything you can think of, can be posted on here. Please be advised that there are rules that must be followed for this group, so that it may continue to be the great, friendly resource that is has become. Be sure to check it out!! http://www.facebook.com/#!/groups/230165173690126/

### CHESTERVILLE FARMERS' MARKET

**Cheryl Beasley: 613-774-2224**
**www.chestervillefarmersmarket.com**
**or on Facebook at Chesterville Farmers' Market**

The Chesterville Farmers' Market would like to invite your organization to participate in the market. We have a community table that is available, to non-profit organizations, for public education, recruiting and fundraising opportunities. The table is free of charge, however, individuals or groups wishing to use the table will need to reserve it in advance. We ask that the table not be used to sell baked goods. The Market is open May 24 to October 11, 2014, Saturday mornings from 9:00 am - 2:00 pm, at the Chesterville Waterfront. Please feel free to call and book your event with Janet Thompson at 613-989-5362 or Cheryl Beasley at 613-774-2224 or cbeasley@teksavvy.com

### CHILD, YOUTH & FAMILY CRISIS LINE FOR EASTERN ONTARIO

**613-260-2360 (in Ottawa) 1-877-377-7775 (Long distance toll-free)**
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### TELEHEALTH ONTARIO

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### CHESTERVILLE ROTARY CLUB

**Dave Black: 613-448-3094 djblack@trondata.net**

We are all looking forward to spring's arrival at the Rotary Club of Chesterville. This season's first event is our **10th annual Duck Race** in April. Tickets are $5 each and all proceeds go back into the community.

The **10th Annual Dutch Heritage Dinner/Dance** will be held Saturday April 12, 2014 at the Chesterville Legion. Come experience the Dutch touch! Dinner starts at 6:30 pm, dance begins at 8:00 pm, featuring music by Diamond Heart with Helen Verhoeven. Advance tickets only $30/person. Call 613-913-9670.

The Rotary will also hold three **BBQ Events** on the waterfront this June, July and August. Please consult your local newspaper for times and dates for these upcoming events.

*Visit our new Facebook page to keep updated at www.facebook.com/chestervillerotary*



## Winchester Dairyfest

**AUGUST 8-10, 2014**

**Please visit www.winchesterdairyfest.com for up-to-date information**

*For more information, to join the Winchester Dairyfest committee, or to become a volunteer at Dairyfest, email us at info@winchesterdairyfest.com or contact Gina Welch at 613-907-6916.*

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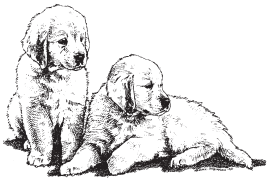



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## MOUNTAIN & DISTRICT LIONS CLUB

**President, Roxanne Backes: 613-448-1825**

We, the Mountain and District Lions Club, are inviting you to join us at the annual **Spring Steak Dinner and Show,** April 5. Tickets are $40 each and can be purchased by contacting Bob at 613-989-2823.

Community members are welcome to help us with our spring roadside clean up this April.

New members are always welcome.

## CHESTERVILLE LEGION BRANCH 434

**Isabel Lalonde: 613-448-1997**
**167 Queen St., Chesterville**

Attend the Chesterville Legion for weekly activities including darts and cards. Stay for a drink and enjoy a friendly chat with fellow patrons and Legion members. Join the Legion for their monthly **General Meeting** which takes place the third Monday of each month at 7:30 pm. Also included in the Legion's regularly scheduled monthly activities are **Legion Suppers;** $12/pp. **Chicken BBQ's** once a month from April to October. Hall rentals available.

*For more information on hall rentals or Legion programs and events, as well as general information about becoming a Legion member, please contact Isabel Lalonde.*

HOURS OF OPERATION:
Tuesday - Saturday, 8:00 am – CLOSE
Sunday & Monday – CLOSED

## WINCHESTER LIONS CLUB

**Shawn Doolan: 613-774-3061**

We've been serving Winchester for over 40 years. Meetings are held every first and third Wednesday of each month; September through June. The club is always looking for new members who would like to support their community.

## WINCHESTER LEGION BRANCH 108

**613-774-3694**
**482 Main Street, East, Winchester**

We want to welcome you to the Winchester Legion for friendly conversation, a game of cards, and stay for a drink (no membership required). The Legion hosts a wide variety of events that are open to the entire community. The Legion helps your community but also participates in District and Zone events including horseshoes, darts, euchre, golf and more. Considering becoming a member? Membership applications are available to all over 18 years of age. Any Legion member is able to attend our general meetings which are held the last Monday of every month beginning at 7:30 pm.

Our **Euchre Tournaments** are scheduled monthly. Anyone can register a team of two at the bar beginning at 12 noon. Games start at 12:30 pm. Prizes awarded.

Watch for our Legion ads in the *Winchester Press* for more information on upcoming events.

Legion hall rentals are a stress-free way to hold your own private party. Both the front room (which includes the use of the large screen) and the hall downstairs (with the kitchen) are available for bookings (no membership required). Please call the Legion for more information.

HOURS OF OPERATION:
Monday, Tuesday & Wednesday: 2:00 - 8:00 pm
Thursday: 2:00 - 10:00 pm
Friday: 2:00 - 10:00 pm
Saturday: noon - CLOSE (except for the Euchre Saturdays, which will be 12:00 noon - 10:00 pm)

• **MORE COMMUNITY GROUPS & EVENTS ON PAGE 45**

***If we happened to miss your organization or event in this guide, please give us a call at 613-774-2105 Ext. 223 or email gwelch@northdundas.com***

## THE NORTH DUNDAS

# Green Food Bag

**With registration & pick-up locations in Winchester, Chesterville, Mountain and South Mountain.**

**Sponsored by:** MIKE DEAN'S SUPER FOOD STORES

Organized by the Township of North Dundas, the **Green Food Bag Program** provides a non-profit, fresh fruit and vegetable distribution system that is available for purchase by **all** North Dundas residents (regardless of income level).

Bags can be purchased, in advance only, for the very value added price of just $10 (cash only) and there is no limit on the number of bags that an individual, couple, or family can purchase at one time.

With many registration locations in North Dundas, registration is made easy and accessible. Each month the contents of the bags will change to reflect seasonal produce as well as market prices, availability, and customer feedback.

An example of what a bag might contain for this low price is: 5 pears, 2 grapefruit, 6 kiwi, 2 green peppers, 2 lbs. of carrots, 5 lbs. of potatoes, 2 lbs. of onions, 1 head of cauliflower, 1 head of iceberg lettuce, 1 bunch of celery, and 1 tomato.

**Green Food Bags are available for purchase in advance only,** requiring registration and payment to be submitted by the submission deadline, which is the second last Friday of each month. Bags are then available for pick-up on the last Friday of the month between designated pick-up times.

***For detailed information on this incredible, edible program, or to access a printable order form, please visit the Recreation & Culture web page on www.northdundas.com and click on "Community Initiatives", OR contact Gina Welch at the Township Office by calling 613-774-2105 ext. 223 OR stop by 636 St. Lawrence St. in Winchester.***

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E-mail: eliza@magma.ca

## CHESTERVILLE AND DISTRICT LIONS CLUB

**Mark McMillan: 613-448-1825**
**LyinMark@sympatico.ca**

**Car Rally & Chicken BBQ –** Saturday, March 29 at the Chesterville Legion. Registration is from 11:00 am to 12:00 noon. The cost is $20 per navigation booklet which includes prizes for pilot and co-pilot. The cost for the Chicken BBQ is $12/half chicken dinner with beans, coleslaw and a bun. Advanced tickets are available for the Chicken Dinner, with only 120 tickets available.

**CHEO Drive –** Saturday, June 7. Help the Chesterville Lions support your Children's Hospital. The Lions will be on the bridge in Chesterville from 7:00 am until 2:00 pm collecting money for CHEO. 100% of the proceeds will be going to the hospital.

*For more information check out our Facebook page: https://www.facebook.com/ChestervilleLionsClub*

## DUNDAS COUNTY FOOD BANK

**613-774 0188**
**497 May St., Winchester**

The Dundas County FoodBank welcomes its clients, donors, and volunteers in its 23rd year of operation in North Dundas.

Hours of Service: Monday 10:00 am to 12 Noon
Wednesday 7:00 pm to 9:00 pm
Thursday 1:00 pm to 3:00 pm

Our Morrisburg location is at 17 Second Avenue, 613-543-0065.

We appreciate the support of the community, without whom we could not offer emergency food assistance. Donations of time, food, and funds are a great help. Foods including juices, canned meats/fish, fruit and vegetables, cereals and pastas are always needed and can be dropped off at the grocery store or at the FoodBank during open hours. Monetary donations can be dropped off at the FoodBank or mailed to Box 32 Winchester K0C 2K0. Official tax receipts will be provided. We participate in events such as Parade of Lights, Dairyfest, Hunger Awareness in the spring, Food for Fines by local libraries, and other local events.

Anyone wanting to support the FoodBank can become a DCFB member for an annual fee of $15/individual or $35/family, and corporate memberships are $100. Tours are available.

*Please contact dcfbadmin@bellnet.ca*

## NORTH DUNDAS ARTS COUNCIL

**northdundasartscouncil@yahoo.ca**

The North Dundas Arts Council (NDAC) is a group of artists and artisans comprising all genres of the arts in North Dundas Township. The arts bring beauty, value and prosperity to the communities in which we live, and we support one another for the benefit of all. NDAC meets on the fourth Saturday of the month at 11 am at the Winchester Library. Membership is free and open is to all artists and supporters of the arts, residing in the Township.

*Like us on Facebook at North Dundas Arts Council.*

## WINCHESTER OPEN MIC NIGHTS

Takes place every Thursday evening from 7:00 - 10:00 pm at the Old Town Hall in Winchester. Featuring a fully accessible, sixties-style coffeehouse, with a dollar canteen, as well as monthly community potlucks. Everyone is welcome to participate or just listen to some great local music, in a relaxed, alcohol-free space. Always FUN, FREE & FAB!

*Like us on Facebook at Winchester Open Mic Night.*

## DUNDAS COUNTY PLAYERS

The Dundas County Players, your local community theatre is currently in rehearsal for our spring production of **"The Miracle Worker"** by William Gibson which includes a large cast of both adults and children. Do not miss out on this unforgettable story. *For more information about the DCP, ticket sales, show dates and times, how to get involved etc., please contact us at: info@DCPlayers.ca*

**"The Miracle Worker"** is the inspiring story of a most remarkable woman – Helen Keller. She lost her sight and hearing at the age of 18 months and was plunged into a world of loneliness unable to communicate with those around her. In this play, a determined young teacher named Annie Sullivan fights to reach Helen who by the age of twelve is desperate in her isolated wilderness. This is a moving and unforgettable battle of wills. No one before Annie Sullivan could tame this feral child and bring her back into the world. What potential lies waiting just beneath the surface? Helen Keller went on to amaze the world with her spirit of adventure and outstanding accomplishments.

*Come and enjoy our talented cast as they bring this humorous and emotionally powerful story to life!*

**SHOWTIMES:** May 2 and 3 at 7:30 pm, May 4 at 2:30 pm, May 9 and 10 at 7:30 pm and May 11 at 2:30 pm.

*Tickets are $15 for adults.*

**TO RESERVE TICKETS CALL:** 613-297-0097 or purchase on-line at DCPLAYERS.ca

*All performances take place at the Old Town Hall, 478 Main St., Winchester.*

## CHESTERVILLE AND DISTRICT HISTORICAL SOCIETY

**Carol Goddard: 613-938-2455**
**carol.goddard@sympatico.ca**

Located in the town of Chesterville, the Society is interested in preserving the history and artifacts of the surrounding Township. We have many artifacts, displays and books detailing the history of the area as well as a microfilm reader and microfilm of the *Chesterville Record* from 1894 until the 1970s. Contact a Society member to arrange a time to come to the Heritage Centre to do some research or to take a look at exhibits that detail the history of our area. Historical Society meetings take place the third Tuesday of every month and all are welcome.

*We have many special events during the year, so watch your local papers for notice of these.*

## NORTH DUNDAS HISTORY STEWARDS/ MUNICIPAL HERITAGE COMMITTEE

**Carol Goddard: 613-938-2455**
**carol.goddard@sympatico.ca**

The North Dundas History Stewards are a group of individuals who are ready, willing and able to assist in any manner possible, to ensure that the history of North Dundas is preserved, conserved and promoted. We are like-minded individuals who are available to research questions that people might have, about our local heritage. Please remember that we are a volunteer group with many demands upon our free time, so a reply may not be immediate.





• MORE COMMUNITY GROUPS & EVENTS ON PAGE 47

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## GIRL GUIDES OF CANADA

**Recruitment Line: 1-800-565-8111**

For girls between the ages of 5-17 years of age, Guiding is an accepting environment with diverse and exciting programs and activities that offer the chance to discover new interests learn valuable leadership skills and make lasting friendships. Guiding gives girls the tools and resources they need to achieve greatness.

For women 18 yrs.+, Guiding fosters opportunity to be a part of the community by helping girls develop their full potential. It's a place for personal growth, mentoring and travel opportunities.

*For more information please visit www.girlguides.ca*

## WINCHESTER SCOUTING

**Bert Hill: 613-774-2047**

For more than 60 years the scouting movement has been part of life in North Dundas. We offer an active program of outdoor activities, games, sports, community service, and opportunities to learn about the world and earn badges. Otters – 5-7 yrs., Timber Wolves – 8-10 yrs., and Explorers – 11+ yrs. Registration for these great programs will take place in September, so please watch for dates, times, and locations in the *Winchester Press* as well as in flyers, which are sent home with students of Winchester Public School. We are always interested in leaders with experience or not.

## ONTARIO EARLY YEARS CENTRE

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**Carrie: 613-774-5487**
**cvanallen@giag.ca**
**530 Fred Street, Winchester**
**http://www.giag.ca/early-years/**

We are here for all children up to six years of age and their parents and caregivers.
Play & Learn Hours:
Mondays 9:00 am - 12:00 pm and 1:00 - 3:00 pm (Watch Me Grow)
Tuesdays 9:00 am - 12:00 pm
Wednesdays Community Day (visit our website for details on programs and locations)
Thursday 9:00 am - 12:00 pm

## LA LECHE LEAGUE CANADA – WINCHESTER GROUP

**Carolyn: 613-448-2562**
**Louise: 613-774-3722**
**Wendy: 613-774-2047**

Providing mother-to-mother breastfeeding support and information to pregnant and nursing women in the Winchester Area, for 35 years. La Leche League Canada - Winchester Group offers free monthly, facilitated conversations by specially trained La Leche League Canada volunteer leaders. Informal meetings feature current and accurate information, mother-to-mother support and sharing of experiences with women who are pregnant or nursing. Breastfeeding babies are always welcome. Telephone assistance and a lending library are also available.

**La Leche League Canada-Winchester Group** meets the third Monday of every month at 1:00 pm, at the Ontario Early Years Centre, located at 530 Fred St. in Winchester.

*For information about La Leche League Canada, please visit our website: www.lllc.ca.*
*La Leche League International was founded in 1956: www.llli.org.*

## CHESTERVILLE KAYAK CLUB

**Bernie Curran: 613-448-2099**
**rccoons@aol.com**
**http://www.chestervillekayakclub.com**

We are a club of recreational and touring kayak paddlers, based in Chesterville. We enjoy some of the best paddling there is in the Ottawa and St. Lawrence River valleys. The South Nation River at Chesterville is our home. For great paddling and fun, join us on the water; all are welcome.

*For upcoming events, please visit our website.*

## DUNDAS COUNTY 4-H CLUB

**Carolyn Lillico: 613-989-2917**

4-H is an organization dedicated to the personal development of youth through "hands-on" learning. With projects encompassing agriculture, food, health and the environment, youth between the ages of 9 to 21 yrs., have the opportunity to meet new friends and have fun while developing new skills. Our volunteer leaders are dedicated, screened individuals who want to provide a safe, fun learning environment within their club. 4-H is open to all youth, whether they are from the city, rural community or a farm.
An annual membership fee of $60 is paid to 4-H Ontario.
There are opportunities to participate in local, regional, provincial, national and international events.

## ALL THINGS FOOD SDG COMMUNITY FOOD NETWORK

**All Things Food Coordinator:**
**Carl Bickerdike 514-944-7152**
**info@allthingsfoodbouffe360.ca**
**www.allthingsfoodbouffe360.ca**

All Things Food is your local Community Food Network that aims to increase access to local, healthy and sustainable food for all residents of SDG. Some of the network's projects include coordinating "How to Grow Your Own Food!", as well as foodskills workshops, connecting schools to local food through its Farm-to-School program, supporting the creation of Community Gardens, and raising awareness about the benefits of local food systems. Get involved with the good food movement!

## HAPPY FACE NURSERY SCHOOL

**South Mountain: 613-989-3248**
**Chesterville: 613-448-2771**

Happy Face Nursery School and Child Care is a non-profit organization, that is dedicated to providing quality child care. Early Childhood Educators care for your children in a nurturing environment that is carefully designed to promote learning in all developmental areas. Happy Face offers a variety of programs at six different locations. Both Nationview (South Mountain) and Chesterville locations are open year-round from 6:00 am - 6:00 pm and offer programs for children between the ages of 12 months to 12 years, including March Break and summer programs for school age children. In Winchester, we operate a part time Nursery school for children aged 18 months - 5 years. Fee subsidies are accepted at all locations.

*For more information, or to register, please call Cheryl at 613-809-8550.*





• MORE COMMUNITY GROUPS & EVENTS ON PAGE 49

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## THE HOUSE OF LAZARUS

**613-989-3830**
**2245 Simms St., Mountain**
**www.houseoflazarus.org**
**house.lazarus@gmail.com**

The House of Lazarus Community Outreach Mission has over 25 years of service in Dundas County. Our services include the Food Bank, Thrift Shop and Household Goods Shop, as well as advocacy and referrals. As part of our outreach ministry, we aid fire victims, our local women's shelter, clients of area food banks, and our own clients by providing them with food, clothing and household goods. Everyone is welcome to come shop, where every dollar spent generates revenue to support our food bank and other programs. For-up-to date information on our current projects, Food Bank needs, sales, and our other activities, please visit our website.

Our hours of operation are Monday, Wednesday and Friday from 9:00 am to 2:00 pm, Tuesday and Thursday from 9:00 am to 8:00 pm and Saturday from 9:00 am to 3:00 pm. Our food bank is open week days from 9:00 am to 1:00 pm, Tuesday and Thursday nights from 5:00 to 8:00 pm and Saturday from 9:00 am to noon.

## EASTERN ONTARIO HEALTH UNIT

**Health Line: 1-800-267-7120**
**Winchester Branch: 613-774-2739**
**www.eohu.ca**

The Eastern Ontario Health Unit... so much more than flu shots! When you think of public health, what comes to mind? For many people, it's the flu shot. Well, you may be surprised to find out just how much the Eastern Ontario Health Unit does in our community. Here are some examples:

- quit smoking workshops
- grocery store tours (for tips and tricks on healthy choices)
- free dental services for children 17 and under who qualify
- food safety training
- annual rabies vaccination clinics for cats and dogs
- prenatal classes
- workshops to help make your own baby food
- drop-in centres for parents of children under 6 yrs. of age
- drop-in centres for teens
- residential well water testing
- and of course immunization clinics (for the flu, for travellers, for children, etc.)

*But that's NOT all! Find out how public health fits into your life. Visit www.eohu.ca or call 1-800-267-7120, and ask for Health Line.*

*Join us for a family weekend of fun!*

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**FOR MORE INFORMATION, TO JOIN THE FAIR COMMITTEE, OR TO VOLUNTEER:**
Email us at info@southmountainfair.ca or contact
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1st Vice: Paul Allan – 613-989-1813
2nd Vice: Rhonda Holmes – 613-989-5235
Secretary: Donna Lee O'Farrell – 613-989-2121
Treasurer: Lois Keyes – 613-989-5403

***Check out our website at www.southmountainfair.ca***

## CHESTERVILLE GREEN GANG

**Shirley Coons: 613-448-2099**

The Green Gang was formed in 1998 after the ice storm. It is made up of volunteers for the purpose of beautifying our village. We have completed many projects over the years as well as planted flowers and maintained them. We try to do our own fundraising to pay for these things but we also accept assistance from the Township of North Dundas as well as donations from service clubs, businesses and individuals. The Green Gang is actively looking for new volunteers to help with the future endeavours.

## NAOMI'S FAMILY RESOURCE CENTRE

**Locally: 613-774-2838**
**Toll Free: 1-800-267-0395**
**www.naomiscentre.ca**

Naomi's Family Resource Centre is a non-profit service, providing confidential, safe refuge for women with or without children who have been physically, emotionally, sexually or financially abused, threatened or harassed. We offer options so that a woman may gain perspective on her situation and consider her alternatives. We present practical assistance and information so that she may make realistic plans and we support her in proceeding with her plan. We offer free services:

- Residential Program – crisis counselling services 24 hrs./ 7 days a week
- Crisis Line – crisis counselling services 24 hrs./ 7 days a week
- A Child and Youth Program
- Women's Support Groups
- Community Awareness Presentation and/or Workshops

• **MORE COMMUNITY GROUPS & EVENTS ON PAGE 49**

The Township of North Dundas Presents

## Movies Under The Stars

***That's right!***

***Once again, the Township of North Dundas will be hosting Movies Under The Stars events this summer.***

Events are currently being planned for your enjoyment, but at this point, dates are still unknown. Be sure to bring your blanket or lawn chair and join us! The best part of an outdoor theatre with a 23-foot inflatable screen featuring great films under the night sky?

**It's FREE!!**

*For more information and updates, watch for the **Summer Program Brochure** that will hit mailboxes in May. Information will be posted on the home page of our Municipal website at www.northdundas.com in May.*

*Updates will also be posted in June, on the North Dundas Facebook page, and on the Community Events Calendar on our website.*

**For questions and feedback regarding these events, or to find out how you can become a volunteer or sponsor, please contact Gina Welch at 613-774-2105 ext. 223 or gwelch@northdundas.com.**

***SEE YOU AT THE MOVIES!***

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## DUNDAS COUNTY HOSPICE

**613-535-2215**
**Located in the MacIntosh Senior Support Centre, Williamsburg**
**info@dundascountyhospice.ca**

Dundas County Hospice offers a variety of services to anyone suffering from a terminal or life threatening illness. Referrals are accepted from anyone including health and social agencies, nurses, physicians, clergy, friends or clients and their families. We accept clients at any stage of disease.

SOME OF OUR PROGRAMS INCLUDE:
**Visiting Volunteers –** Our volunteers are carefully screened, interviewed and complete training programs. They report regularly to the Director of Client Services and are given support and education. They may act as a companion to a client and provide practical assistance such as reading, light meal preparation or just listening. They provide relief for caregivers by staying with clients while the caregiver takes a break.

**Training Course –** We offer a 30-hour Palliative Care Course primarily for our visiting volunteers. Participation by others is always welcome.

**Library –** Over 300 books, videos, CDs and videos are available for loan at any time, to anyone.

**Equipment Loan –** Specialized items are loaned to clients to allow for better mobility and/or comfort.

**Day Hospice –** Held three times monthly, this day consists of an activity (crafts, speaker, games, etc.) and a healthy lunch.

**Community Education –** Our speakers are pleased to talk to service clubs, churches and other community organizations. A resource library is available to the community.

**Caregiver and Bereavement Support Groups –** We offer regular support groups to both caregivers and those who have lost a loved one.

There is NO CHARGE for our services. Dundas County Hospice is a registered charitable organization. Our work is possible through donations from individuals, businesses, community organizations, bequests and memorial donations. In addition, we hold fundraising events such as our annual golf tournaments, Hike for Hospice and our semi-annual Hoedown.

*If you have any questions, please feel free to call the office and one of the staff will be pleased to assist you in any way possible.*

***If we happened to miss your organization or event in this guide, please give us a call at 613-774-2105 Ext. 236 or email mmeerburg@northdundas.com***

## RECREATION ASSOCIATION

### ORMOND HARMONY CLOVERDALE R.A.

**Floyd Fisher: 613-774-6115**
**Paul Porteous: 613-774-3900**

The Ormond Harmony Cloverdale R.A. is a volunteer organization that is active in their community. They have hosted a number of events in the past and this summer they will not disappoint!

An **Easter Party & Pot Luck Supper** will be hosted on Saturday, April 12. Doors open at 6 pm and the meal will begin at 6:30 pm. This event will take place at the Morewood Community Centre and includes an Easter egg hunt, crafts, games and a snack. Come out and meet Mr. and Mrs. Bunny! Please bring your favourite dish and/or dessert to this event. The R.A. will be providing refreshments, buns, turkey and ham. Volunteers required!

Join the Recreation Association for their **Regular Meeting** that will take place on Wednesday, April 30 at 7:30 pm at the Country Kitchen, Cty. Rd. 31 in Winchester. If you are interested in becoming involved, please call Floyd Fisher and/or come out and join us!

Bring your family and friends and join us on Thursday, June 26 OR Friday, June 27 at 7 pm for our annual **Strawberry Social and Canada Day** festivities. This event will take place at the Harmony Church, 12010 Ormond Rd., rain or shine. Satisfy your appetite with hotdogs, salads, cake, strawberries, and refreshments. Bring the kids for face painting, take part in the many games, and enjoy a friendly conversation with your neighbours. Adults are $5, children 10 yrs and under are free. Volunteers required!



## FREE EVENT LISTINGS

***Do you have an event, meeting, program or other community function that you would like advertised on the Township of North Dundas website?***

If so, please contact Rob Hunter at rhunter@northdundas.com to have your listing and/or website link added free of charge.

*All listings are subject to approval and availability of space.*

Don't forget to log onto www.northdundas.com and click on the **Community Events Calendar** link for up-to-date listings and information on what is going on in North Dundas.





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**482 Main Street East, Winchester**
**613-774-3694**

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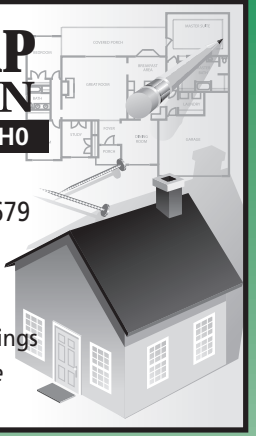

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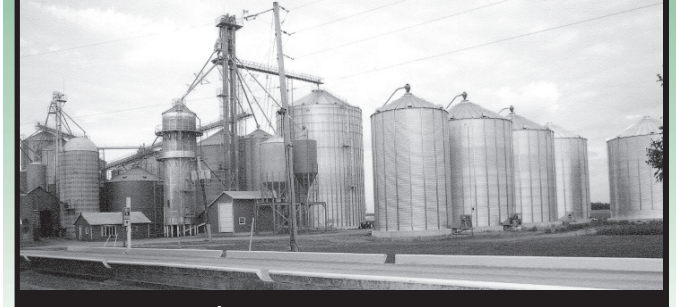

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**613-989-3815**

*for more information or to book a reservation*

## WINCHESTER SHUFFLEBOARD CLUB

**Don McIntosh: 613-774-2750**
**Secretary, Barbara Hutchison: 613-774-2167**

The club meets at the Winchester Curling Club. Registration will take place in May and run until September. Please watch for the notice in the *Winchester Press.* Everyone is welcome.

## NORTH DUNDAS MINOR BALL HOCKEY

**Lee Bowers**
**northdundasminorballhockey@gmail.com**

All games are played in the Chesterville Arena
Seniors (12-16 yrs.) play Tuesday nights
Juniors (8-11 yrs.) play Wednesday nights
Age as of Jan 1, 2014
Juniors $60/Seniors $70
**Registration Location & Dates:**
Chesterville Arena March 19, 6:30 - 8:00 pm
Winchester Arena March 20 & 31, 6:30 - 8:00 pm

## WINCHESTER BADMINTON CLUB

**Adrian: 613-774-4949**

The Winchester Badminton Club is open for the 2014 season. The club meets every Tuesday and Friday evening from 7:00 - 9:00 pm at Winchester Public School. *For more information or to register, please contact Adrian.*

## EASTERN ONTARIO HORSES OF COURSE CLUB

**Treasurer, Pam Sherrer: 613-989-2781**

The Eastern Ontario Horses of Course Club was founded in 2000 and draws participants from a wide area, surrounding the towns of Winchester, South Mountain and Kemptville. Membership is open to people of all ages and is not restricted by breed of horse or discipline of equestrian activity.
Members of this club participate in a variety of activities, such as:
• draft horse field work demonstrations, light horse fun days, and showcase of breeds;
• pleasure rides and drives;
• sleigh rides; and
• used tack consignment sales and other fund-raising activities.
Membership in the group is $20 annually per household.

## CHESTERVILLE MINOR BASEBALL

**Danny McLeod: 613-448-1580**

*For more information, please contact Danny McLeod at 613-448-1580.*

## CHESTERVILLE GIRLS BALL HOCKEY LEAGUE

**Kelly Francis: 613-774-5512**
**kellyfrancis@sympatico.ca**

Registration is $65. Games will take place Monday nights in Winchester. Girls between the ages 12 to 16 years are welcome to play. *For more information, contact Kelly Francis.*

## WINCHESTER CURLING CLUB

**Michel St-Marseille, President: 613-448-2042**
**oldsalt@sympatico.ca**
**Located at 587 Main St. next to the Arena**
**Club: 613-774-2129**
**Email: winchestercurlingclub@gmail.com**
**Web: www.winchester.ovca.com**
**Facebook: Winchester Curling Club**

The Winchester Curling Club was founded in 1927. It continues to operate as a not-for-profit organization and serves the entire township of North Dundas by providing sports and recreation facilities to residents from ages 7 to 97. We have leagues and programs for all levels. Hall and ice rentals are also available with a fully license ID bar and functional kitchen. Come and check us out or look for our registration drive in September.

## WINCHESTER SOX MINOR BALL

**Steve & Kathy Cochrane: 613-774-1934**

Season games are played from mid May to end of July.
*For more information, please contact the individuals above.*

## NORTH DUNDAS UNITED SOCCER CLUB

**Visit www.ndusc.ca for more information and to register online**

**Season Start Date:** Week of May 19.
**Ages:** 2 yrs+. There is a category for all ages.
**Chesterville:** Co-ed house league for children U3-U13. South Side Soccer league U13, U15, and U18. Co-ed adult pick-up soccer age 18+.
**Mountain:** Co-ed house league for children U3-U13.
**Registration:** Please see local newspapers (*Winchester Press* & *Chesterville Record*), website and also check out our Facebook page at North Dundas United Soccer Club for details.
*Email for more information. generalinquiries@ndusc.ca*

*REGISTRATION DEADLINE IS MARCH 31. SPACES LIMITED.

| Age/Gender | Location/League | Cost |
|---|---|---|
| 2 to 9 (Co-ed) | Chesterville & Mountain - House League | $40 |
| 10 to 13 (Co-ed) | Chesterville & Mountain**- House League | $50 |
| 18+ (Co-ed) | Chesterville - Adult Pick-Up House League | $40 |
| 12 to 18 (Co-ed&Girls) | South Side Soccer League (SSSL) - Recreational | $140 |
| 18+ (Men & Women) | Ottawa Carleton Soccer League(OCSL) - Recreational | $175 |
| 35+ (Men) | Ottawa Carleton Soccer League(OCSL) - Recreational | $175 |

*** Mountain 10 to 13 Co-ed is NEW for 2014 and subject to enrollment*

## CHESTERVILLE LADIES BALL HOCKEY

**Leigh Anne Dearing: 613-298-0094**

Games will take place Thursday evenings 8:00 - 7:00 pm and 8:00 - 9:00 pm at the Chesterville Arena. Ages 16+. Goalies free. *For more information, please call Leigh Anne.*

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TOWNSHIP OF North Dundas

# 2010-2014 North Dundas Council



**Mayor**
**Eric Duncan**
472 North Street
Winchester, ON
K0C 2K0
613-868-1611
eduncan@
northdundas.com



**Deputy Mayor**
**Gerry Boyce**
11161 Sandy Row
South Mountain, ON
K0E 1W0
613-989-2330
gboyce@
northdundas.com



**Councillor**
**Allan Armstrong**
447 May St.
Winchester, ON
K0C 2K0
613-774-0752
aarmstrong@
northdundas.com



**Councillor**
**Tony Fraser**
571 St. Lawrence St.
Winchester, ON
K0C 2K0
613-774-2182
tfraser@
northdundas.com



**Councillor**
**John Thompson**
61 Main St. N.
Chesterville, ON
K0C 1H0
613-448-2963
jthompson@
northdundas.com

***Be sure to check out the library website www.sdglibrary.ca to see a complete list of all programs and services***

**CANADIAN CHILDREN'S BOOK WEEK**
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**SUMMER READING CLUB – JULY & AUGUST**
Join us at the Library to discover thrilling books and amazing things to do!

***Weekly programs at every Library branch – check www.sdglibrary.ca for details.***

## CHESTERVILLE BRANCH

**613-448-2616 – 1 Mill St., Chesterville, ON, K0C 1H0**
**chestervillelib@sdglibrary.ca**
HOURS: Tuesday from 3:00 - 8:00 pm, Wednesday from 10:00 am - 2:00 pm, Thursday from 5:00 - 8:00 pm, Saturday from 10:00 am - 1:00 pm

**PLANNED PROGRAMS:**

**READERS ADVISORY DAY**
**June 12 from 1:30 - 3:00 pm**
Looking for new authors and books to explore? Bored by what is on the television? Come to the library to explore new authors, new books, different DVDs (including televisions series!) and learn how to access the best items for you.

**BUGS! BUGS! BUGS!**
**July 16 from 10:30 - 11:30 am**
The park will be a-buzz with excitement on July 16, at 10:30 am. Join us as we look at real water bugs, read some buggy stories and do a buggy craft. Gummy worms for all!

**IT'S BUBBLICIOUS**
**August 13 from 10:30 - 11:30 am**
Join us at the park as we explore the world of bubbles. We will make big bubbles and little bubbles, and bubble art. We will read several books featuring bubbles. Children not guaranteed to stay dry.

**TEEN READS!**
**July 3 and August 14 at 7:00 pm**
Pick up a Teen Reads Bingo card on July 3, learn about some fabulous teen reads and our summer contests (prizes!). Prize drawn on the 14th. We can share the books we read while indulging in some snacks.

*Please visit the Chesterville Branch or www.sdglibrary.ca for more program offerings*

## MOREWOOD BRANCH

**613-448-3822 – 21 Russell St., Morewood, ON, K0A 2R0**
**morewoodlib@sdglibrary.ca**
HOURS: Tuesday from 3:00 - 8:00 pm, Wednesday from 10:00 am - 1:00 pm, Thursday from 4:00 - 8:00 pm, Saturday from 10:00 am - 1:00 pm

**PLANNED PROGRAMS:**

**STORY TIME WITH LISA LALONDE-BOUCHER – May 14**
Author of the book *Cally's Rescue,* Lisa will talk about her book, the SPCA and children's pets. Ages 6 yrs. and under.

**STORY TIME – June 11**
Children will read their favourite book and talk about why they like it so much. Ages 6 yrs. and under.

*Please visit the Morewood Branch or www.sdglibrary.ca for more program offerings.*

## WINCHESTER BRANCH

**613-774-2612 – 547 St. Lawrence St., Winchester, ON, K0C 2K0**
**winchesterlib@sdglibrary.ca**
HOURS: Monday from 9:00 am - 1:00 pm, Tuesday from 10:00 am - 8:00 pm, Wednesday from 3:00 - 8:00 pm, Thursday from 10:00 am - 8:00 pm, Friday from 1:00 - 4:00 pm, Saturday from 10:00 am - 1:00 pm.

**PLANNED PROGRAMS:**

**MONDAY MORNING MOVIE**
**Monday May 5 - June 30 at 9:30 am**
Start off the week with a fun movie at the library, for children and their caregivers. Help pass those crazy Monday mornings with this weekly event!

**YOUNG READERS BOOK CLUB**
Stop by the branch to see when our next meeting is!
A fun, socially interactive opportunity for young readers to meet new friends and share the love of reading, in collaboration with the Dundas Youth Center.

**A BUNCH OF MUNCH**
**Week of June 9-13**
All week long stop by the branch to help celebrate Robert Munch's birthday, with daily readings and celebrations for one of our most loved authors.

*Please visit the Winchester Branch or www.sdglibrary.ca for more program offerings.*

## SOUTH MOUNTAIN BRANCH

**613-989-2199 – 10543 Main St., South Mountain, ON, K0E 1W0**
**southmountainlib@sdglibrary.ca**
HOURS: Tuesday from 5:00 - 8:00 pm, Wednesday from 10:00 am - 2:00 pm, Thursday from 3:00 - 8:00 pm, Saturday from 10:00 am - 1:00 pm

**PLANNED PROGRAMS:**

**ELECTRONIC CLASSROOM**
Sign up for a free one-on-one 30-minute computer training session tailored to the area where you need help, including eBooks, eResources and the public library catalogue. Call the branch to set up an appointment.

**INTRODUCTION TO ZENTANGLE**
*Dates to be determined.*
The Zentangle Method is an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns. Certified Zentangle Teachers, Mary Shaver and Sandy Winchester, will provide a basic introduction to this art form.

**CHILDREN'S BOOK WEEK STORY TIME**
**Wednesday, May 7 at 10:30 am**
Join us for stories and more to celebrate Canadian children's authors.

**MUSIC & MOVEMENT**
*Dates to be determined.*
Move, shake, wiggle and sing in this interactive program.
A program for pre-schoolers with parents/caregivers.

**LEGO CLUB**
**First Saturday of the month from 10:00 am - 12:00 pm**
Join us to build, create and explore! LEGO provided.

**LOCAL AUTHOR BOOK TALK - JENNIFER DEBRUIN**
**Thursday, June 12 at 7:00 pm**
Jennifer will be at the branch to discuss her new book: *Shadows in the Tree.*

*Please visit the South Mountain Branch or www.sdglibrary.ca for more program offerings.*

## COMMUNITY SERVICES

**All Things Food**
Carl Bickerdike 514-944-7152

**Arena - Chesterville**
613-448-3267

**Arena - Winchester**
613-774-2006

**Canadian Blood Services**
1-888-2-DONATE

**Chesterville & Dist. Historical Society**
Carol Goddard 613-938-2455

**Chesterville Farmers' Market**
Cheryl Beasley 613-774-2224

**Chesterville Green Gang**
Shirley Coons 613-448-2099

**Child, Youth & Family Crisis Line for Eastern Ontario**
1-877-377-7775

**Dundas County 4-H Club**
Carolyn Lillico 613-989-2917

**Dundas County Food Bank**
Donna Quesnel 613-774-0188

**Dundas County Hospice**
613-535-2215

**Dundas County Players**
613-297-0097, info@DCPlayers.ca

**Eastern Ontario Health Unit**
1-800-267-7120, 613-774-2739

**Girl Guides of Canada**
1-800-565-8111

**Green Food Bag**
Gina Welch 613-774-2105 ext. 223

**Happy Face Nursery School**
Chesterville, Winchester 613-448-2771
South Mountain 613-989-3248

**Harmony Drop-in Centre**
Rev. Bruce North 613-774-5170

**House of Lazarus**
613-989-3830

**Jump Start**
Gina Welch 613-774-2105 ext. 223

**La Leche League – Winchester Group**
Carolyn VanDelst 613-448-2562

**Mountain Seniors Club**
Jack McCarger 613-989-5569

**Naomi's Family Resource Centre**
613-774-2838

**Nor-Dun Senior Support Centre**
613-774-6109

**North Dundas Arts Council**
northdundasartscouncil@yahoo.ca

**North Dundas History Stewards/ Municipal Heritage Committee**
Carol Goddard 613-938-2455

**North Dundas Landfill**
613-774-5157

**Ontario Early Years Centre**
Carrie Van Allen 613-774-5487

**Social & Housing Services of SD&G**
1-877-448-3987 Ext. 0

**South Mountain Twp. Ag Hall**
Rhonda Holmes 613-989-5235

**Tele-Health Ontario**
1-866-797-0000

**The Gathering House**
Rev. Tim Edwards 613-448-1758, 613-448-1304

**Tri-County Mental Health, Winchester**
Winchester 613-932-9940

**Winchester District Memorial Hospital**
613-774-2420

**Winchester Golden Years**
Roberta Giberson 613-774-4273

**Winchester Open Mic Night**
www.facebook.com/pages/WINCHESTER-OPEN-MIC-NIGHT/469141063105689

**Winchester Scouting**
Bert Hill 613-774-2047

## SERVICE CLUBS

**Chesterville & District Rotary Club**
Dave Black 613-448-3094

**Chesterville Legion**
Isabelle Lalonde: 613-448-1997

**Chesterville & District Lions Club**
Mark McMillan 613-448-1825

**Mountain & District Lions Club**
Roxanne Backes 613-448-1825

**Winchester Legion**
613-774-3694

**Winchester Lions Club**
Shawn Doolan 613-774-3061

## SPORTS

**Chesterville Kayak Club**
Bernie Curran 613-448-2099

**Chesterville Girls Ball Hockey League**
Kelly Francis 613-448-5512

**Chesterville Ladies Ball Hockey**
Leigh Anne Dearing 613-298-0094

**Chesterville Minor Baseball**
Danny McLeod 613-448-1580
Peter Forester 613-448-4364

**Eastern Ontario Horses of Course**
Pam Sherrer 613-989-2781

**North Dundas Minor Ball Hockey**
Lee Bowers
northdundasminorballhockey@gmail.com

**North Dundas United Soccer Club**
www.ndusc.ca

**Winchester Badminton Club**
Adrian 613-774-4949

**Winchester Curling Club**
Michael St-Marseille 613-448-2042

**Winchester Shuffleboard Club**
Don MacIntosh 613-774-2750
Secretary Barbara Hutchinson 613-774-2167

**Winchester Sox Minor Ball**
Steve & Kathy Cochrane 613-774-1934

**Winchester Waves Swim Team**
Shannon Halpenny 613-807-2946
Todd Halpenny 613-989-1734

## SCHOOLS

**Chesterville Public School**
613-448-2224

**Nationview Public School**
613-989-2600

**North Dundas District High School**
613-448-2328

**St. Mary's Catholic School**
613-448-2158

**Winchester Public School**
613-774-2607

## LIBRARIES

**Chesterville Library**
613-448-2616

**Morewood Library**
613-448-3822

**South Mountain Library**
613-989-2199

**Winchester Library**
613-774-2612

## RECREATION ASSOCIATIONS

**Chesterville Recreation Association**
Fred Bortolussi 613-448-2115
Tanya VanOers 613-774-7049
Danny McLeod 613-448-1580

**Morewood Recreation Association**
Steve Mattice 613-448-2238

**Ormond Harmony Cloverdale Recreation Association**
Floyd Fisher 613-774-6115

**South Mountain Recreation Association**
Kim Vandesande 613-989-1101

## CHURCHES

**Anglican Parish of North Dundas**
Rev. Jon Martin 613-774-2236

**Baptist Church, Winchester**
Bud & Mollie McKibbon 613-989-6078

**Christian Reformed Church, Dixons Corners**
Rev. Clarence Witten 613-652-2400

**Christian Reformed Church, Williamsburg**
Rev. John Noordhof
Church: 613-535-2227
Office: 613-535-1882

**Evangelical Missionary Church (Harmony Community Church)**
Rev. Bruce North 613-774-5170

**Pentecostal Church, Nationside**
Pastor Heather Comber 613-448-2272

**Presbyterian Church, Chesterville (St. Andrew's)**
Rev. Bruce Kemp 613-267-0928

**Presbyterian Church, Morewood**
Rev. Bruce Kemp 613-267-0928

**Presbyterian Church, Winchester**
Rev. Bruce Kemp 613-774-3333

**Roman Catholic Church, South Mountain & Chesterville**
Father Cosmas Ajawara 613-448-3262

**United Church, Hallville, Inkerman & South Mountain**
Rev. Blair Paterson 613-989-2825

**Christ Church United Chesterville**
613-448-2532

**Wesleyan Church, Inkerman**
Rev. Anita Goulet 613-989-5351

**Winchester United Church**
Rev. Christine Lowson 613-258-4859
Office: 613-774-2512

**Winchester Wesleyan Church**
Pastor Thurland Brown 613-774-3137

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