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Bouncing for bucks

Nationview Public School students Emily Cooper (above), Miah Smirle (above, right) and Hein Sterkenburgh (right) jumped for joy to be out of the classroom and in the gymnasium on Fri., Feb. 6 when the school took part in the annual Jump Rope 4 Heart event in support of the Heart and Stroke Foundation. Nationview students collected more than $3,000 during the fundraiser. For more photos, see page 12.

Press Photos — Duncan

What's inside this week's *Press*



Metcalfe Massacure raises $3,000

Page 11



Robb Nash performs at NDDHS

Page 12



Kenmore gets creative during annual carnival

Page 11

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Former Russell politician dies

WINCHESTER — Gaston Patenaude, former mayor of Russell Township and past president of the United Counties of Prescott and Russell, died on Feb. 7 at the Winchester District Memorial Hospital after a three-year battle with cancer.

Patenaude's political career spanned over 40 years. He was a Russell Township councillor between 1961 and 1963 and deputy-reeve from 1963 to 1972. He served at the county level as reeve and mayor from 1974 to 1994 and from 1997 to 2003. He was president of the United Counties of Prescott and Russell (UCPR) for three terms in 1980, 1989 and 1999.

"As a politician, Mr. Patenaude inspired many of us," said Robert Kirby, Warden of the United Counties of Prescott and Russell. "His fighting spirit for the causes he embraced was legendary in Prescott and Russell; he even sat on several committees right to the end. As county warden, I offer our deepest sympathy to Gaston's family and sincerely thank them for sharing him with us throughout his many devoted years in public office."

Stéphane Parisien, Counties CAO, also expressed regret at Patenaude's death.

"Mr. Patenaude was a role model for many politicians at the counties," Parisien said. "He had everyone's respect, including the staff. His willingness to collaborate with people, his many talents, and his long-term vision for the region made him a key player on the regional scene."

Although he was constantly present and active on the municipal and regional political scene, Patenaude sat on many boards of administration and was a member of several associations and social clubs, including Prescott-Russell Children's Aid Society Foundation, Centre Urgel Forget, the Eastern Ontario Health Unit, Prescott-Russell 4-H, Commission scolaire de Prescott-Russell, South Nation Conservation Authority, Ontario Good Roads Association, Association française des municipalités de l'Ontario, Montfort Hospital, Embrun Richelieu Club, Knights of Columbus, and the Russell Royal Canadian Legion.



Literature lecture

Canadian children's author Frank Edwards visited Morewood Public School on Wed., Feb. 4. He read three of his stories to the Kindergarten class, then proceeded to the gym for a one-hour presentation to the Grades 1 to 6 classes. He spoke about his inspiration — many of his stories are based on his own childhood and those of his three now-grown children. He spoke about his son always winning the pie-eating contest at a local fair, which later became part of his novel Frogger. He also discussed the journey a story makes from idea to published book, and encouraged all students to write often and use their imaginations to create interesting stories with well-developed characters, problems, and solutions. Students were able to purchase signed copies of Edwards' book and chat briefly with the author.

Buffalo Springfield drummer dies at 68

VAN NUYS, CALIFORNIA — The drummer for the the folk-rock group Buffalo Springfield has died.

Dewey Martin, who was raised in Chesterville, was found dead of unknown causes in his Los Angeles apartment. He was 68.

Buffalo Springfield, a short-lived but influential band, was most famous for the song, "For What It's Worth" ("Stop, hey, what's that sound"). Formed in 1966, the group suffered from infighting and constant changes in its lineup before breaking up approximately two years later. They released three albums. The band served as a launching pad for the careers of other artists including Neil Young, Stephen Stills, Richie Furay, and Jim Messina.

Born Walter Milton Dwayne Midkiff, Martin started playing drums as a teenager. He left Canada in the 60s and joined the U.S. military for a brief time before winding up in Nashville.

After Buffalo Springfield broke up in 1968, Dewey reformed the band under the name New Buffalo Springfield and continued to work in the music industry until the 1970s. He later became a car mechanic.

DW James bows out of Valentine's Dance

by Amanda Smith-Millar
Press staff

SOUTH MOUNTAIN — Local country musician DW James won't be playing at the Valentine's Day Dance this Saturday.

Instead, Ottawa-based band Roadhouse will replace James for the Feb. 14 event in South Mountain.

In an interview with the *Winchester Press*, James said he backed out of the gig at the last minute because one of his backup band members left the group.

"Blowing out of a show is horrible for me," said James. "I can't stand it."

He said the band member left due to a personal conflict but declined to elaborate, noting that he couldn't find a replacement on short notice.

"I spent 18 hours on the weekend trying to get ahold of somebody," said James.

The party is set to begin at the South Mountain Agricultural Hall at 9 pm.

James said he "might do a couple of songs" with Roadhouse, but mostly he just plans to hang out and listen to the performance.

"They're a lot of fun," he said of Roadhouse. "They're a solid band."

For more information, contact Jeff Hyndman at 613-989-4017, Raymond Sherrer at 613-989-1390, or Chuck Preston at 613-989-3837.

Corrections

In the cutline for the new Metcalfe Agricultural Society executive picture on page 9 of the Feb. 4 edition of the *Winchester Press*, Melanie Racine was incorrectly referred to as Melanie Hill. The *Press* apologizes for the error.

In the same edition, the headline on page 11 should have read "Strong spellers show off their skills in South Mountain" — perhaps we need the assitance of these spellers in our quest for clean copy?

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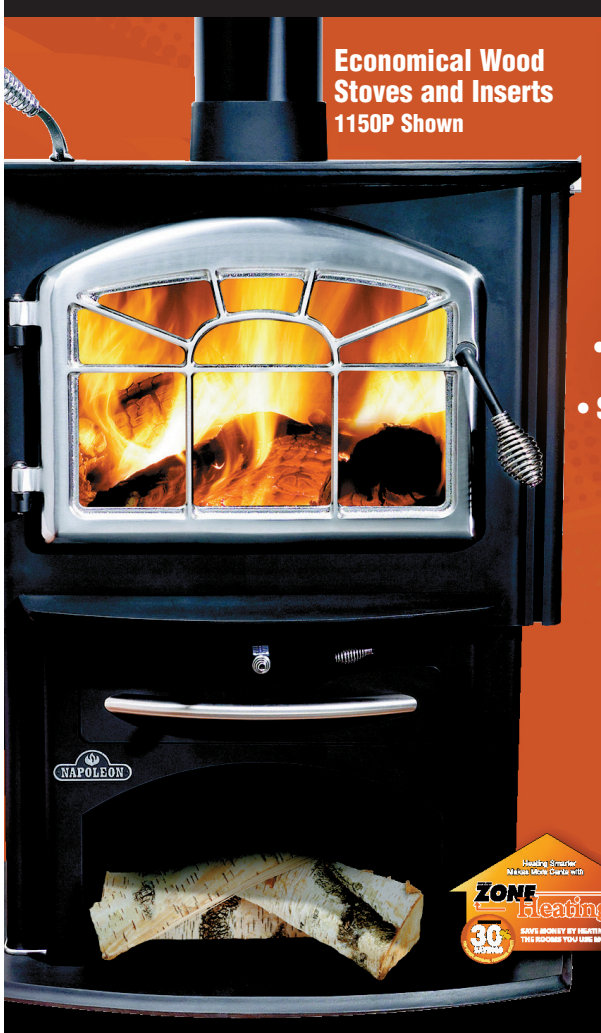

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Green Box given green light

WILLIAMSBURG — South Dundas council has given its blessing to launch a Green Food Box Program in the township.

Already running in both North Dundas and Cornwall, the initiative aims to make fresh fruit and veggies more affordable for residents. Municipalities buy the food in bulk locally and put it into bags. Community members pay $10 per bag of fruit and veggies, which they pick up during the last week of the month.

Louise Dimmick, recreation program co-ordinator for the township, appeared before council during its Tues., Feb. 3 meeting to ask if South Dundas could launch its own Green Food Box Program. She said the program promotes healthy consumption of fruit and vegetables to help keep obesity at bay.

She said North Dundas has enjoyed great success with its own Green Food Box Program, and it just keeps on getting bigger as more people hear about the initiative.

Dimmick said the program shouldn't cost the township anything. Consumers pay for the food, and volunteers distribute and transport the materials.

"It's self-sufficient financially," she said.

Council gave Dimmick the green light to start a three-month trial of the program starting in April.

Mayor Charles Barkley said he thought donating land would be an excellent idea.

"We'll try hard," promised Barkley about finding an ideal lot.

Spotlight on music

The St. Lawrence Acoustic Stage group is looking for some financial help from the township before this year's budget deliberations begin. The small volunteer organization runs local concerts, featuring artists from the surrounding area as well as abroad. Indie rocker Melissa Ferrick played on Jan. 16, while classical guitarist Daniel Bolshoy performed on Jan. 24. Upcoming concerts include Easy Pickins on Feb. 21 and indie rocker Graham Greer on March 7.

Jeanne Ward, who made a presentation before council at the last meeting, said the group needs sponsorship to keep its programming going.

"We can't survive just on ticket sales alone," said Ward.

Councillor Del Jones said the concerts would be great for stimulating tourism in the local area.

"These are first-class entertainers," he said.

For more information about the St. Lawrence Acoustic Stage, visit www.stlawrencestage.com.

TOWNSHIP OF SOUTH DUNDAS

Council notes from
South Dundas

Habitat for Humanity hunting for property

Frances Lauzon of Habitat for Humanity Seaway Valley made a presentation to council, asking if the township would consider donating property to the not-for-profit organization.

The local branch of Habitat for Humanity builds about two houses per year. Families who receive the houses have a low income and typically would have trouble ever buying a house without Habitat's help.

Lauzon explained that the house isn't free — families must pay their mortgage, but it's at zero interest. They must also put in 500 hours of "sweat equity," typically by helping to build their new house with the assistance of volunteers and professionals working with Habitat for Humanity.

Lauzon said she hoped South Dundas would consider donating a serviced lot of land — preferrably in town and near local businesses, as transportation is often a problem for low-income families.

"Certainly, land is one of the biggest challenges," said Lauzon.

Manager hired to run Iroquois golf course

The township has hired Reg Smith to manage the Iroquois Golf Course. Smith has more than 25 years of experience in the industry.

The municipality took over the management and operation of the club on Jan. 1, 2009. The 18-hole facility is located in Iroquois along the shore of the St. Lawrence River.

Farewell to Harmony

Barkley lamented the closure of Harmony Youth SD&G. The organization, which provided after-school youth programming, closed due to insufficient financial support.

It opened in September 2007 and closed on Jan. 29, 2009.

South Dundas welcomes new economic development officer

MORRISBURG — She's only been on the job for a few days, but South Dundas Township's new economic development officer says she feels welcomed and at home in her new position.

Cornwall resident Linda Wilson started working for the township on Feb. 2. She replaced outgoing officer Anne Marie Young.

Wilson comes with four-and-a-half years of experience as South Glengarry's economic development officer and special projects co-ordinator. Before that, she worked in the marketing and advertising industry for a variety of clients, including municipalities.

Wilson said she spent her first days on the job learning the ropes of the new position and settling into her Morrisburg office.

"My goal for the next six months is to introduce myself to the community," she said.

Wilson said she was attracted to South Dundas because the area has a great potential to grow. It has a waterfront, bed and breakfasts, restaurants, a variety of businesses, greenspace, malls, and a live theatre.

"It's just a matter of tying everything together," said Wilson of the area's potential for growth.

Wilson was introduced to South Dundas council during its most recent regular meeting on Feb. 3.

"We're very pleased to have you," said Mayor Charles Barkley.

Wilson said she was impressed by how South Dundas councillors worked together at the meeting to solve their problems, despite any disagreements they might have on a particular issue.

"It's a breath of fresh air to walk in a room and feel welcomed," she said. "They [South Dundas councillors] are all very calm and they seem to meld very well together."

Morrisburg WMS hosts annual Brockville Presbyterial meeting

MORRISBURG — Morrisburg's Knox Women's Missionary Society hosted the Brockville Presbyterial Women's Missionary Society annual meeting and dinner on Thurs., Jan. 29. Lois Klempa, president of the Synodical of Quebec and Eastern Ontario, and her husband, Rev. Wim Lempa, as well as Christina Ball, the Christian education consultant for Eastern Ontario, also attended.

President Margaret Reynolds welcomed visitors and members representing groups from Morewood, Chesterville, Kemptville, Spencerville, Ventnor, Brockville, Winchester, Morrisburg, and Vernon.

The devotional, as prepared by Lois Beaton, was lead by June Graham, Claire McPhee, and Donna Wilson, focusing on the theme, "strength for the journey." Everyone participated in a Bible study lead by Catherine Blatch meditating on how to get fit for a Christian walk.

Linda Shaw, a missionary on furlough from the South American nation of Guyana, was the guest speaker. She was a missionary with her husband, Rev. Ian, for three years. While in Guyana, the Shaws worked to help local youth. Shaw wrote curriculum for Sunday schools and Vacation Bible School, set up after-school programs with the assistance of Canadian volunteers, and taught phonics to people of all ages who were negatively affected by a long-term decline in the education system. Youth churches and camps were very popular. Shaw said she and her husband will never forget the loving people they met during their journey.

The meeting ended with the installation of officers by Rev. Ed Charlton and the singing of "One more step along the way I go."

Delegates to the Synodical Annual, running April 17 and 18 in Smiths Falls, are Judy Messenger, June Graham, Donna McIlveen, Donna Wilson, Ann Leyenaar, and Fleur Eenkhorn, who are all from the local area.

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Wood pellet facility may be located in Ingleside

INGLESIDE — Canadian Bio Pellet Inc. (CBP) is proposing to locate its new wood pellet facility in the Ingleside Industrial Park.

According to a press release issued by the company, the new facility would create about 85 to 110 jobs and increase revenue for the region and forestry sector.

An information session will be held at 7 pm on Feb. 12 at the Rothwell-Osnabruck School. Refreshments will be available from 6:30 to 7 pm. For more information, call Dan Stasko at 613-961-9280.

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Delaware hospital wing dedicated to township native Dean MacEwen

by Meghan Duncan
Press staff

WILMINGTON, DELAWARE — Dr. Dean MacEwen, who grew up just north of Winchester, recently had the wing of a children's hospital in Wilmington, Delaware dedicated in his honour.

The wing at the Alfred I. Dupont Hospital for Children was officially named after the orthopedic surgeon, a graduate of Queen's University, on Dec. 10.

It was a nice Christmas present for the doctor, who noted when he spoke to the *Press* that all of his loved ones were in attendance at the ceremony.

"It was very special, especially to have all the family there," he said, pointing out that a couple of his five children travelled from California for the occasion.

Former Winchester resident world-renowned in orthopedics

Upon graduation from Queen's in 1953, MacEwen took an internship opportunity in Washington D.C. before working at the Campbell Clinic in Memphis, Tennessee.

"At that time I was planning to come back to the Ottawa area to practice, but then I was offered a position in Wilmington [at the Dupont Hospital for Children]... and it ended up I stayed there for 28 years," he said.

Throughout his time at the hospital, the patient numbers grew from 6,000 to 80,000 children, and he oversaw the expansion of the facility from 60 orthopedic beds to a brand-new, 180-bed children's hospital.

He has had a hand in many groundbreaking orthopedic developments, and is referred to as "a titan in the field of orthopedics."

He said that he has enjoyed his career working with children.

"It's been very rewarding ... And very challenging," he said. "I've had a very enjoyable life and I've been able to help a lot of children."

Currently MacEwen works part time at the Shriner's Hospital in Philadelphia, Pa., and said his success sprung from a strong education.

"If they get an education, anything's possible," were his words of advice to youth.

He has fond memories of growing up in the Winchester area, and said he'd love to hear from some people with whom he spent time in his youth. MacEwen's phone number is 302-322-5253, or letters can be sent to Box 270, New Castle Delaware, 19720.



Energy management

Susan Smarkala of the Adlerian Centre presented an "Energy Management for the Caregiver" workshop during the Rural Caregiver Support Program on Feb. 3. This was one of a series of free presentations organized by the Rideau Community Support Services and Osgoode Home Support to help those attending to the needs of a senior or disabled adult. The next topic in the series is "Family Dynamics and the Caregiver" set to take place on March 3. Call 613-821-1101 for more information.

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WDMH enhances relationship with Heart Institute

WINCHESTER — Through its partnership with the University of Ottawa Heart Institute (UOHI), Winchester District Memorial Hospital will offer tele-home monitoring for patients with heart failure.

Patients referred to the program will take home a blood-pressure monitor and weigh scale for daily transmissions of vital signs and weight to UOHI through their telephone line.

At UOHI, a nurse will review the data and contact the patient as required. For example, if the patient's weight is showing an increase, the nurse will telephone the patient to discuss the change and provide education on medication and ways to reduce salt in the diet.

"The focus of the program is to empower the patient to co-manage their disease by providing education and a better understanding of how to control symptoms," explained Dr. Chuck Adamson, chief of family medicine. "On average, patients stay on the program for three to four months."

Patients with heart failure are eligible for the program if they have been admitted to the hospital or visited the emergency department within the last six months for heart failure, have a regular telephone line, are capable of managing their own medications, or live with a caregiver who manages their medications.

Audrey Cross is benefitting from this new program. She has experienced heart problems for a number of years, with her most recent admission to hospital in November 2008.

Tele-home monitoring program offered

"Being able to be monitored from home has been very helpful," said Cross, noting that since being discharged, there have been a couple of occasions where she has experienced shortness of breath. "Without the monitoring equipment at home, I would have had to go back to the hospital."

"It is so easy to use," she added. "An automated voice comes on every morning, seven days a week, and asks me to step on the scale to take my weight, then to sit down and put a blood pressure cuff on. There is plenty of time between each step so that I don't worry about rushing or falling."

Her family agrees.

"It is reassuring to know that Mom is being monitored on a daily basis," said her daughter, Carolynn Cross. "It's like having a nurse check on her every day, but in the comfort of our own home."

The tele-home monitoring program will provide evidence-based care for patients, increase patient knowledge about heart failure, increase knowledge and skills for self-management, and avoid emergency visits and hospital admissions.

"We are pleased to partner with the Heart Institute on this service," Adamson added. "It fits well with our philosophy to bring care closer to home and in this case, the care is actually right in the home."

This program is just one of several new collaborations with UOHI. Last October, the two organizations announced the STEMI program to allow for early intervention closer to home for the heart attack patients.

Thieves thwarted by police search

HALLVILLE — Two men were arrested and face a total of 23 charges following a police search at a residence west of Hallville on Fri., Jan. 30.

The men, 28 and 29, are facing charges including: unauthorized possession of a firearm, improper storage of a firearm, possession of property obtained by crime, and possession of a controlled substance. They were released on a promise to appear in Morrisburg court on April 7.

Members from Provincial Weapons Enforcement Unit out of Ottawa along with the OPP Emergency Response Team, OPP Canine Unit, Grenville County OPP, and SD&G OPP, Provincial Auto Theft Team, and the OPP Drug Enforcement Unit executed a search warrant at 10157 French Settlement Road.

Police seized a small amount of marijuana, an uncased and unlocked stolen bolt-action long gun, a stolen chainsaw, a stolen Yamaha Enticer snow machine, three stolen signs, four stolen pickup trucks, and an air bag stolen from another pickup truck.

Police are estimating the value of the seized property at about $50,000.

The Provincial Weapons Enforcement Unit (PWEU) is a Joint Forces Unit under the direction of the OPP. In the East Region, the PWEU is made up of members of the Ottawa Police and the OPP.

The PWEU is an investigative unit that offers assistance to all law enforcement agencies in firearms investigations. The mandate of the PWEU is to identify and take enforcement against persons involved in the illegal movement of firearms, ammunitions, and explosives.

Spin-In in Chesterville to raise awareness of Lymphedema condition

CHESTERVILLE — Spinners and knitters will congregate in Chesterville on Wed., Feb. 18 for the eighth annual Spin-In. The event aims to raise money for the Lymphovenous Association of Ontario.

The Wooly Wonders — a group of local spinners and knitters — will work together to shear a sheep, spin the yarn, and knit a sweater in fewer than eight hours. The team will also sell raffle tickets for the finished sweater at 99 cents each.

Drop by the Nelson LaPrade Centre between 10 am and 3 pm to watch some speedy spinning and knitting — and maybe even take home a new sweater for yourself or a friend.

One hundred per cent of the proceeds will go to the Lymphovenous Association of Ontario. Lymphedema is a condition of localized fluid retention, which affects both men and women. According to the association, the chronic condition affects more than 120 million people worldwide.

The Wooly Wonders are also using the Feb. 18 event to promote a competition set to take place on June 7: The International Back to Back Wool Challenge. Knitting and spinning teams from around the world will compete simultaneously in the timed event. The Wooly Wonders will host its local competition at Upper Canada Village and aim to raise $1,000 for the Lymphovenous Association of Ontario. At the Feb. 18 event, the Wooly Wonders will start selling tickets for the June competition.

For more information or to purchase a raffle ticket, contact Nancy MacMillan at 613-448-1411 or e-mail Debbie Etherington at mohair8@yahoo.ca.

POLICE BLOTTER

Missing man found

SOUTH MOUNTAIN — A 59-year-old man left his residence at about 8 am on Fri., Feb. 6 to cut wood on his lot on Van Camp Road. Police were called to the residence at about 10:30 pm when he had not returned home from the bush.

When he failed to return around dusk, family members became concerned and tried to locate him in the woods but were not successful.

The OPP utilized their Emergency Response Team (ERT) and the Canine Handler to assist in the search. The man was located at approximately 2:30 am with minor facial injuries and frostbite. He was transported to Winchester District Memorial Hospital for treatment.

Harassment leads to charges

MORRISBURG — A woman was in the parking lot of the Morrisburg Plaza on Feb. 5 when her ex-boyfriend pulled her out of her vehicle and pushed up against his pickup truck. She managed to get free and left the area. The victim said she received a number of phone calls throughout the night on Feb. 7 even though the man was told not to call or contact her, and the victim went to the Winchester detachment of the OPP on Feb. 8 and said that the man was following her to work.

At about 4:30 pm that day, police arrested the 25-year-old man. He faces charges of assault, domestic mischief, and criminal harassment and is scheduled to appear in Cornwall court on March 3. Const. G. Duclos is investigating.

Accused held in custody

WILLIAMSBURG — A woman and her 37-year-old husband were involved in a verbal altercation that resulted in the man allegedly damaging property and a wall at the Lightning Street residence on the evening of Feb. 6. The man was arrested and faces a charge of domestic mischief. He was held in custody pending an appearance in Cornwall court. Const. T. Lauzon is investigating.







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WINCHESTER PRESS
EDITORIAL
WEDNESDAY, FEBRUARY 11, 2009 PAGE 6

Food freedom day... what does it mean to you?

Thurs., Feb. 12 marks food freedom day.

By tomorrow, the average Canadian will have earned enough income to pay his or her individual grocery bill for the entire year.

Farmers in Ontario and across the country will use Food Freedom day to celebrate and create awareness about their role in providing consumers with one of the safest and most affordable food supplies in the world.

Food Freedom Day is occurring slightly later in 2009, compared with last year, due to the recent rise in the price of food. But thanks to farmers, Canadians still get the best food deal in the western world for their dollar.

In many parts of the world, the cost of food is on average 8.3 per cent higher. Australians spend 12.7 per cent more, the Japanese spend 35.7 per cent more, and Mexicans spend over 125 per cent more of their disposable income on food than Canadians.

Agriculture is the second-largest economic contributor and third-largest employer in Ontario — the largest employer in Dundas County.

It's no coincidence that the Dundas Federation of Agriculture is holding its annual general meeting on Food Freedom Day, a time that local producers can gather together and celebrate their important role.

To maintain a sustainable local food system, we need to buy local food and support the agricultural industry. We need to acknowledge that even in these "troubled economic times," we've got it good. We have access to an abundance of safe, healthy, locally-grown products, and we're surrounded by workers in the agriculture industry who strive to make sure the quality of those products is the best that it can be. (Remember that when you purchase a box of cereal, the farmer receives about 10 cents or less for the grain they contributed to the product.) Canadians continue to receive high-quality food produced at the highest food safety and environmental standards. We need to take pride in our home-grown products. We need to take pride in our agriculture industry.



Pony up, people!

Winchester Lions Club member Larry Michaud is helping organize the Lions' Mardis Gras Party set to take place on Sat., Feb. 28 in support of Finch resident Haley Rutters, 5, who will have numerous surgeries as a result of a birthmark on her face. Michaud has agreed that if the Mardis Gras celebration raises $15,000, he will chop off his lengthy ponytail. *Press Photo — Duncan*

Remember when...



Mr. Neil Albert Hutt and Mrs. Gracie Pearl (formerly Hanes) Hutt celebrated their 50th wedding anniversary this week in 1969. They were married by Rev. John Miller on Feb. 5, 1919.

1929

Utman's, a store specializing in men's wear, advertised its new stock. The 1929 Dresswell spring and summer lines were in. For more information, residents were encouraged to telephone Utman's at number 65.

1939

Williamsburg was in first place in the town hockey league after beating the Frost and Wood team and tying with Metcalfe. The Williamsburg squad had 15 points, followed by the Rangers with 13, Metcalfe with nine, and Frost and Wood with seven.

1949

Inner Circle, starring Adele Mara, Warren Douglas, William Frawley, and Ricardo Cortez, was playing on Thursday, Friday, and Saturday at Williamsburg's Picadilly Theatre.

1959

The *Winchester Press* won the Joseph T. Clarke trophy — a prize for the best area weekly newspaper — for the second year in a row. Publishers Ron and Reg Workman and Ran Wylie, Maxine Baldwin, and Brian "Bud" Raistrick were the winning staffers.

1969

Three local men were arrested on seven counts of break-and-enter and theft after goods and money were stolen from the George Elliott Store, the United Church, and D. L. Berry, all in Winchester. One of the men received a two-year suspended sentence while the other two had not been charged yet.

1979

Two local school principals knew of an approaching solar eclipse and planned to take precautions to ensure students were safe. (If viewed improperly, an eclipse can cause permanent eye damage or blindness.)

1989

Break and enters were up by 200 per cent from 1987 to 1988, according to OPP Const. Al Lummiss.

1999

Ontario Hydro tried to calm concerns over potential electricity supply issues in the year 2000. The utility said that its critical systems were almost completely prepared for the so-called "Y2K bug".

WINCHESTER PRESS

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VERIFIED CIRCULATION PAID
Canada

SHEPHERD TALK

by Mollie Pearce McKibbon

The greatest love letter

WINCHESTER — I remember the excitement I felt as a young child when Valentine's Day drew near. I chose my cards carefully, especially the one I was going to give to the boy I admired most. It had to be funny, not sentimental, and not mean-funny either. When all the valentines were passed out, I would secretly watch to see his reaction to my card. Love was an embarrassment and a mystery. I was just learning to love.

The Bible is full of many kinds of love stories. Love of wife or husband, love of best friends, love of wisdom, and the love of parents. Some stories are noble as the story of the love between Ruth and Naomi, her mother-in-law or of David and his friend Jonathan. Some of the stories are examples of the wrong kinds of love, like the love that King David had for Bathsheba, or Samson for Delilah. Other stories are of love-gone-wrong: Jacob worked seven years to win Laban's daughter, Rachel, and was tricked into marrying her older sister, Leah. There is also the tragic tale of unrequited love between the prophet Hosea and the prostitute Gomer.

"Love makes the world go round" according to a popular song, and it would seem so when you consider the plethora of poems and songs written about love. Even in the Bible there is the passionate "Song of Solomon". Then there are the psalms, songs of love and devotion of a different kind — the love of God.

The entire Bible, both old and new testaments, is a book about the great eternal love of God for humankind — regardless of how fickle, how unreliable, how unworthy and how uninterested the object of adoration might be. The Bible is a love letter from Genesis to Revelation, a love letter often ignored, left unopened and unread, sometimes even ending up in a garage sale or dumpster.

Where do you keep the love letters you cherish from your spouse or sweetheart? Close at hand I expect, probably in a special box or a locked drawer of your desk or in your night table. Don't you take those letters out from time to time to read them and remind yourself of that special person's feelings and promises? How would you feel if your letters to that love were never opened, not cherished and possibly tossed away? It would likely break your heart — you would be devastated.

Yet, maybe the Bible lies on the coffee table or in the bookcase, beautifully bound, perhaps with colourful pictures, and not even the first page is creased. Or is the cover tattered and the pages almost falling out, underlined and highlighted, written in, and dog-eared? Such a book is well-read, well-loved, and even memorized. It might look in poor shape, but its contents, its words are treasured. Those words tell of a love so true it has no precedent and no end, even if it is continually rejected.

Paul's description of true love to the church in Corinth aptly describes God's love for us.

"Love suffers long and is kind; love does not envy; love does not parade itself, is not puffed up; does not behave rudely; does not seek its own, is not provoked, thinks no evil; does not rejoice in iniquity, but rejoices in the truth; bears all things, believes all things, hopes all things, endures all things. Love never fails....And now abide faith, hope and love, these three; but the greatest of these is love."

All these aspects of God's love for humankind — his creation — are demonstrated over and over again in the Bible from the Garden of Eden to the visions of Revelation. One need look no further than John 3:16 for the greatest proof of God's desire to woo us and win our devotion.

"For God so loved the world that He gave his only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send his Son into the world to condemn the world, but that the world through Him might be saved."

Love like that deserves to be treasured. Words like that should be memorized. The Bible is a love letter that deserves our response.

This column is provided courtesy of the Dundas Ministerial Association



Sheehan Jordan (left) is somewhat afraid of heights, but he was too distracted by the spectacular scenery during a gondola lift ride in Austria. At right: Casper Logens.

Austrian scenery dulls student's fear of heights

AUSTRIA — The cold wind bites at my cheeks. I slowly come to a stop. As I sit down on the powdery snow, I feel the heat on my face from the rising sun. The clouds are slowly moving, revealing new mountain peaks every few seconds. The snow slowly turns to drips of water that slide down the sleeves of my jacket and onto the ground. Everywhere I look are pine trees covered in a white glaze that shines in the sunlight. That's when I realize everyone else is ready to go — and also that I'm annoyed at myself for forgetting my camera.

After riding a gondola lift for 20 to 30 minutes, I nearly forgot how high the mountain really was — until I looked down. Being scared of heights could have ruined the experience, but the scenery nearly made me forget my fear, and that was just the ride up. Once I was at the top, any fear of heights shifted to the back of my mind. And after the first ride down, my fear evaporated. However, the fun didn't stop when the ski hills closed; in fact, you could almost say it just started.

Every evening, after quite a strange dinner (which consisted of some kind of meat that tasted like nothing at all, plus some kind of side-dish that was nearly unidentifiable), the party would start.

The nights were always spent in a wholesome way — cards, socializing and maybe the occasional German beer.

During the trip, each day began by being woken up by a jolly French teacher who couldn't be a better skier, and we proceeded to do the routine all over again. The only variable, of course, was that each day we ate a different dinner (it all kind of tasted the same, though).

All in all, it was a ski trip to Austria that I'll always remember – for the view and the adventure (though perhaps not the food).

Grade 11 North Dundas District High School student Sheehan Jordan is spending a year studying in Denmark through the STS Education Foundation.
The Winchester Press *is publishing a series of columns written by Jordan, keeping us up to speed on his adventures in Europe.*

Meet the Winchester District Memorial Hospital Heelers



Kim Wheeler

"A mom looking out for her girls"

WINCHESTER — Hi! I am Kim Wheeler, and I am a member of the Winchester Hospital Heelers. By taking part in the 60-kilometre, two-day walk through the city of Ottawa during the weekend of June 6 and 7, I have actively joined the fight against breast cancer.

Proceeds from this weekend event benefit the Ottawa Regional Cancer Foundation, funding important breast cancer research and treatment programs. The funds raised by the Heelers are especially important to us as a team, because 75 per cent of the amount we raise comes back to the Winchester District Memorial Hospital (a satellite of the ORCC that provides surgical and medical oncology to breast cancer patients), and is used for local breast cancer treatment programs.

Last year was the first time I participated in the event, and it was an amazing experience. Before I left for home, I had already signed up to participate again in 2009!

Although breast cancer has not touched me personally, I have two daughters, and when I am out there fundraising, training, and ultimately walking the 60 kilometres, I am thinking of them — I dream of a future in which they won't have to worry about a breast cancer diagnosis. I am also thinking of other little girls, whose mothers have been diagnosed, and doing what I can to help them have more time together.

To everyone who has supported me, and our team, in the past — thank you! We couldn't have done it without you. We have big goals for this year, both in continuing to grow our team (now 25 members) and in the amount we hope to raise ($75,000). Please consider joining us! Whether you are interested in walking or fundraising, we have a place for you.

To find out more, please come to our Weekend orientation session; it will be held on Wed., Feb. 18 at 7 pm at the NorDun Seniors' Support Centre in Winchester.

I almost forgot... If you happen to be at the Winchester District Memorial Hospital on Friday morning (Feb. 13), look for our bake sale. We're all pretty good bakers, and we're putting our talent to good use! Thanks again for helping us reach our goal.

Leading up to the Weekend to End Breast Cancer, set to take place June 5 to 7 this year, the Press *will feature columns by members of the Heelers in an effort to promote their fundraising efforts and to give readers insight into the meaningful event in which the Heelers are participating.*



Week five shooters

North Dundas District High School Devils coach Deanna Corbett-White (left) presented the $50 prize to Kristie Wade for depositing eight out of 10 pucks in the open net in Friday's (Feb. 6) Winchester Jr. "B" Hawks weekly $500 Shootout. Alyson Erwin fired in seven and Paige Smith put four pucks in the cage. Country Kitchen Restaurant was the sponsor.
Press Photo — Van Bridger

Thumbs up, thumbs down

• Thumbs up to Peggy Hawn and Kathy Francis, the South Mountain Librarians, who always have a big, mind-expanding book for me despite culls; and to the Friends of the South Mountain Library for all their efforts.
• Thumbs up to all the shopkeepers in Winchester for being polite and helpful.
• A special thumbs up to the Country Kitchen Restaurant for frying 4,416 sausages for South Mountain United Church's pancake supper.
• Eileen Webb would like to extend a thumbs up to Bud and Heather Raistrick, Jack and Charlene McCarger, Kevin and Linda Boyd, Lynn Boyd, Martin and Martina Bongers, and Mr. and Mrs. Ketelaars for providing transportation.

Submissions for this column can be submitted to news@winchesterpress.on.ca or dropped off at the Press *office.*



Word on the STREET

We visited North Dundas District High School to ask...

What's the most thoughtful or interesting Valentine's Day gift you've ever given or received?



Christy Chen's boyfriend, who lives in Saint John, N.B., mailed her Nike shoes, a Nike shirt, a stuffed animal, and a PSP. (The package even made it here before Feb. 14!)



Jody Crump's boyfriend had roses delivered to her doorstep.

Press Photos— Smith-Millar



***Kathi Wilson** was not impressed when her husband and fellow teacher, **Ian**, came home empty-handed one Feb. 14 and said, "What? We do stuff for Valentine's Day?" He redeemed himself the following year by purchasing tickets to Broadway Across Canada.*



When **Paige Smith** was in Grade 6, she made cupcakes for her whole class.



Franziska Glen's dad, Tony, used to bring home fresh pastries for his family.



Thirteen years ago, teacher **Joanne Leduc** announced to her husband that she was pregnant with their first baby.



Brandon Davis-Cleveland remembers all the way back to Kindergarten, when he gave his mom a rock for Valentine's Day.



When he was in Grade 5, **Elliot Delage** spent two days making his entire class Valentine's Day cards from scratch.



Last year for Valentine's Day, **Brett Coburn** bought flowers for his mom.

Baptists celebrate 150th anniversary

WINCHESTER — The Winchester Baptist Church is celebrating 150 years of services with four special services planned for the year.

"Our first service on Sun., Feb. 15 at 11 am will highlight the family," lay pastor Mollie McKibbon explained. "If you are a member now, or ever have been, of Winchester Baptist, we invite you to join us to celebrate at a family service followed by a potluck luncheon in the church hall."

The speaker that Sunday will be Rev. Stephen Neil of Cornwall First Baptist Church, who was a former minister at Winchester Baptist.

Other special services will include: a Springtime service in April followed by a Spring Luncheon; a service for couples married in the church and their families followed by a "wedding reception" in June; and an evening service on the anniversary Sunday in September. There will be special speakers for all these events.

"This is an open invitation to former members and families of Winchester Baptist — everyone is welcome," McKibbon noted. "We are also planning a Sunday school picnic for July."

More information about the 150th anniversary celebrations will follow in future editions of the *Winchester Press*. Call Mollie or Bud McKibbon at 613-989-6078 or Dawn Campbell at 613-774-2451 for more information.

Barkley–Vanier



Trevor (Jess) and Kurtis (Kayla) are pleased to announce the engagement of their mom, Kathy, to Roger Vanier, son of Glenda Vanier and the late Eugene Vanier from Berwick. Wedding to take place in 2010.

Happy Valentine's Day

Engagement



Skuce-Leach – Carl and Johanne Skuce of Hanesville are pleased to announce the engagement of their daughter, Miranda Viola Skuce, to Tyler John Leach, son of John and Donna Leach of Winchester. The engagement took place in Cuba on January 31, 2009.

Arrive Alive: Don't drink & drive!



Church Directory

DISCOVERY BIBLE FELLOWSHIP
Friendly, Caring, Accepting
Pastor: Tim Edwards
Meeting at the 'OLD Town Hall' Building on Main Street, Winchester
Sunday
10:00 am - Worship Gathering
Wednesday
Meeting at the Wesleyan Church Hall 6:30-8:00 pm
KIDS' CLUB
Faith Weaver Friends, Ages 4-12 Free
ADULTS
Bible Study with Nursery provided
613-774-0721
Please visit website for more info: www.discovery-bf.org
44tfc

WINCHESTER BAPTIST CHURCH
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Sunday
10:00 am - Adult Sunday Bible Study
11:00 am - Worship Service
Pre-school, Sunday School
Mondays 10 am-12 noon
Single Moms' Support Group
Everyone welcome
Pastors
Bud McKibbon
Mollie McKibbon
48tfc

NATIONSIDE PENTECOSTAL CHURCH
13 Albert Street, Chesterville
Pastor: Rev. David Charles
613-843-9653
Sunday
10:00 am - Sunday School
11:00 am - Worship Service
For information 613-448-3725
31tfc

WINCHESTER WESLEYAN CHURCH
Our Church Loves Kids, and Kids Love Our Church
Check out the updated www.winchesterwesleyan.com
Sunday
10:30 am - Worship Service and Sunday School
Pastor: Thurland Brown
Children's Pastor: Amy Morris
613-774-3137
537 Main St., Winchester
33tfc

ST. PAUL'S PRESBYTERIAN CHURCH
Winchester
Office: 613-774-3333
A warm welcome awaits everyone
Minister
Rev. Dr. Floyd McPhee
Sunday
10:00 am - Divine Worship
43tfc

THE ANGLICAN PARISH OF NORTH DUNDAS
541 St. Lawrence Street
Winchester
Rev. Jon Martin
Please join us for Sunday Worship
8:30 am - Book of Common Prayer
10:00 am - Family Service with Music and Sunday School
"To be a living Church, united in one congregation, reaching out to God's world."
613-774-2236
22tfc

HARMONY COMMUNITY CHURCH
Hwy. 31 and Ormond Road
613-774-5170
harmonychurch@bellnet.ca
Sunday
10:30 am - Morning Service
Nursery and Sunday School available
Web: www.harmony-church.org
27tfc

UNITED CHURCHES
Office: 613-774-2512
Hours: M-W-F 9 am-12 noon
www.winchesterunitedchurch.org
Rev. Elaine Beattie
Supervising Minister for Emergencies
H: 613-535-9961
W: 613-535-2245
Worship Leader
Rev. Paul Vavasour
Sunday, February 15
WINCHESTER SPRINGS
9:30 am - Worship Service
WINCHESTER
11:00 am - Worship Service, Sunday School and Nursery
48c

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
Sunday
9:30 am - Worship Service
7:30 pm - Worship Service
Please be our guest this week.
41tfc

COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
6:30 pm - Evening Service
32tfc

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WINCHESTER PRESS
RURAL ROOTS
PAGE 9 WEDNESDAY, FEBRUARY 11, 2009

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Newman newest doc on the block



Dr. Margaret Newman is the newest veterinarian on staff at Dundas Veterinary Services. Originally from Ohio and having practised in Pittsburgh, she said she loves the relaxed atmosphere at rural practices.
Press Photo — Duncan

Veterinarian from United States loves atmosphere of rural clinics

by Meghan Duncan
Press staff

WINCHESTER — Dr. Margaret Newman is the newest addition to the staff at Dundas Veterinary Services.

"Making pets feel better is what it's all about," said Newman, summing up her philosophy on her job when she spoke to the *Press* on Mon., Feb. 2.

Newman, who officially began her duties at Dundas Vet on Jan. 5, practised in Pittsburgh, Pa. and Pakenham, Ont. before accepting the local posting.

She lives in Kemptville with her husband, two dogs, and a hedgehog, and said she enjoys being closer to work and not having to commute to Pakenham.

She explained that to transfer her licence to Ontario wasn't a big deal — her university used the same board exams as those used at the University of Guelph (the North American Veterinary Licensing Examination), so she simply had to fill out some paperwork and complete a smaller test specific to veterinary laws in Ontario.

"My area of interest is really dentistry," she said. "I like exotics, too, but you don't get that many opportunities to work with them."

Newman graduated from The Ohio State University in 2004.

"I think all little girls want to be a vet," she said. "Somewhere along the way I lost track of that... But when I started college, one of the first things I did was observe with a veterinarian and I was hooked."

Newman currently works part time at the clinic.

"The communication seems to be pretty good between everyone," she said. "Everyone's enthusiastic about their job and they enjoy what they do. Everyone wants to work somewhere like this, where everyone is friendly and helpful."

Newman grew up in a rural area, and decided early on that she wanted to work in a rural practice. Following university, she worked in the big city of Pittsburgh, which she said was a good opportunity but not exactly where she wanted to be.

"It's a relief to be around people who are all a little more relaxed," she said.

But while it's relaxed, the job is still motivating, she said.

"I love the challenges — not every day is routine," she said. "The best part of being a vet is that you get to be a detective and try and figure out what's wrong. And you get to play with puppies [and kittens] all day."

Growing up organically

by Matthew Barbour

RUSSELL — "We're trying to reduce kids' chemical intake and show them that food can be grown without chemicals and that organic production is viable," said Colin Lundy of Canadian Organic Growers.

Lundy was at the Living Locally Fair Sat., Jan. 24 in Russell promoting his organization's Growing Up Organically project.

He explained that the project was launched two years ago to improve children's nutrition, health, and knowledge by giving them access to organic food.

"We do this through school kitchens, salad bar programs with locally grown organic produce, or through schoolyard gardens," he said. "So we're teaching them about where their food comes from and how to grow it."

He described how programs are set up by individual schools and daycare centres through COG, which helps the institutions make the necessary connections with local organic producers.

"And we establish relationships with teachers and parents because the kids can't do it all on their own," he said.

He noted that Morewood Public School recently conducted an organic salad bar program using food supplied by Connaught Acres Farm near Chesterville, which is certified as an organic grower.

"We're adamant about that — it must be organic, not just local," Lundy said, "because local food can just as easily be laden with chemicals."

He explained that some children can have allergic reactions to chemical residues.

"It's usually a long-term effect, but some children have very acute reactions and there will sometimes be a behavioral response that is very quick," he said, noting that agricultural chemicals are monitored rigidly and that regulations specify time frames for harvesting a crop that has been treated.

The Living Locally Fair was organized by the Russell and District Horticultural Society, in partnership with St. Thomas Aquinas High School in Russell.

New CDAS board

The Chesterville and District Agricultural Society held its annual general meeting on Sat., Jan. 31 and elected a new board of directors. Pictured are: director Laurie Gasser (front, left), second vice-preseident Carol Buma, president Bill Smith, first vice-president Dan Gasser, director Shaun Funk, directors Christine Milne (back, left), Des Desarmia, Tammy Hedge, and Gordon Johnson. Missing from photo: directors Lorne Neville and Mark Smith, treasurer Tracy Casselman, secretary Kathryn Kingsley-Thom, and homecraft secretary Ina Graafland.



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Candy Creations

Seven-year-old Madi Daneliak (below) dug into her treat.





Cousins Sierra Ion (left), 4, and Melissa Wade, 5, were among the youngsters who took part in the candy-making class at the Osgoode Township Historical Society and Museum in Vernon on Sat., Feb. 7. Under the guidance of Robin Cushnie, the museum's programing officer, children learned to make miniature mice and birds' nests out of candy, with chocolate being the main ingredient. *Photos — Barbour*

Ten-year-old Sasha Effenberger (below) was hard at work making her candy creation.



OCT buses getting back on track

METCALFE — What a tremendous relief for students, businesses, and the general public that the OC Transpo strike is over. As the bus system returns to full service, we can now get back to regular schedules and hope this type of strike never happens again.

Official plan review

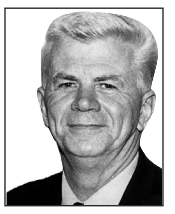
The City of Ottawa planning department is in the process of reviewing the Official Plan. Should we increase the boundaries of villages and urban areas? Are country estate subdivisions an important part of the Official Plan? A public meeting will be held on Tues., March 31 at 9:30 am at Ottawa City Hall. Please contact our office for further details.

Greely Winter Carnival a success

Special thanks to members of the organizing committee of the Greely Winter Carnival who were outstanding in co-ordinating an exciting, community-based event: Jim and Shelagh Heatlie, Bruce Brayman, Pamela Dans, Sharron Vezina, and Kay Johnston.

Osgoode Winter Carnival

The Osgoode Winter Carnival continues this weekend with events like bingo, cribbage family skating with Dexter the Dinosaur, a "snowball" tournament, and more.



Special Olympics on Saturday in Metcalfe

Metcalfe will welcome back athletes for the second annual Special Olympics Winter Games this Sat., Feb. 14 featuring actvities such as skating, curling, snow shoeing, an cross-country skiing. Events will be held at the Metcalfe Arena, the Metcalfe Curling Club, and the Metcalfe Fairgrounds. For more information, call organizer Jean Traynor at 613-821-1493.

Croquinole tourney

The Osgoode Township Historical Society and Museum will hold its second annual Croquinole Tournament in celebration of community fellowship and activities of bygone days on Feb. 21. The tourney will take place at the museum in Vernon. Registration is limited to 14 teams and a variety of prizes are available to be won. A fee of $8 per team will cover the cost of lunch. Free parking is available. For further information, call 613-821-4062 or email oths@magma.ca.

In and around Osgoode Ward
by councillor Doug Thompson

Celtic celebration 2009

A Celtic celebration will take place on Sun., March 22 at 1:30 pm at Holy Trinity Anglican Church in Chesterville. Tickets are $15 per person, which includes beverages and desserts during intermission. Come and hear the sounds of the Celtic heritages of Scotland, Ireland, Wales, and Cape Breton, all in support of the Chesterville and District Historical Society. For more information or to purchase tickets, contact Carol Goddard at carol.goddard@sympatico.ca.

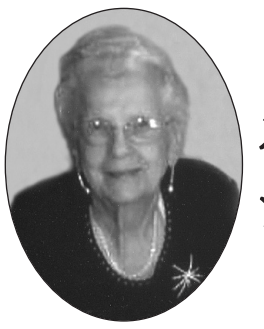
Happy 90th Birthday

Doris Cross

Family and friends are cordially invited to drop in and wish Doris Cross a happy 90th birthday at the Beachcroft Seniors' Residence Common Room, Winchester,

Sun., Feb. 15, 2009, 2-4 pm.

Best wishes only.



Parking available behind Nor-Dun Seniors' Support Centre

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$15/person
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It was a Massacure

Eight-year-olds Ben Jones (front, left) and Justin Reid, along with nine-year-old Michael Bates (back, left) and his seven-year-old brother Matthew collected pledges and sacrificed their hair for Hair Massacure 3 held at the Lions Den in Metcalfe on Sat., Feb. 7.

Photos — Barbour



Hair Massacure 3 raised funds for the Make A Wish Foundation of Eastern Ontario, a charity that's been fulfilling the wishes of children with life-threatening illnesses for 25 years. While Hair Massacures have taken place throughout Canada during the past three years, this is the first time Metcalfe has hosted one. According to organizer Kim Bates, 14 victims raised $3,000 at the Metcalfe event.

At left: *Six-year-old Cole Chapman surrendered to an old-fashioned bean shave from Tish Alexander.*



Kenmore Carnival creations

Eight-year-old Sam Bowman (left) and nine-year-old Deanna Bowman, along with their entire family, entered the Kenmore Winter Carnival's snow sculpture contest. Prizes were awarded Sun., Feb. 8 to all six entries in the contest, even though several failed to survive the rain and warm temperatures Saturday night.

Photos—Barbour



At right: *Six-year-old William Kirch took part in Magical Marvin's show as he entertained about 150 people during the Kenmore Winter Carnival on Sat., Feb. 7.*

At left: *Magical Marvin also called on eight-year-old Faith Seguin to provide assistance during the show.*



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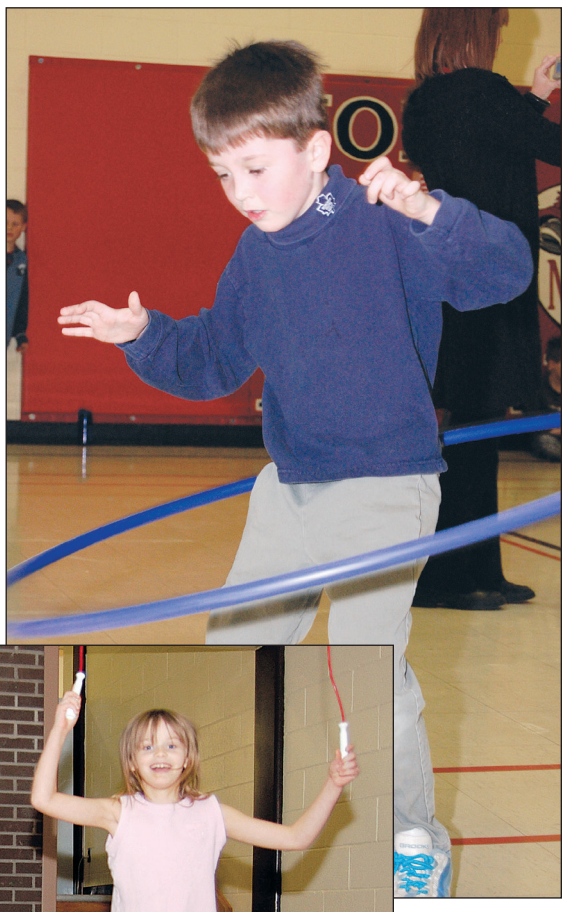



Jump for joy!

Nationview Public School Students skipped their way to more than $3,000 in the school's annual Jump Rope 4 Heart fundraiser in support of the Heart and Stroke Foundation on Fri., Feb. 6. Quion Walden (above) and Alex Stewart (top right) showed off their skills with a hoola-hoop.

At left: *Abby Zersch and Karin Baldwin-Fawcett kept time skipping side-by-side.*

Press Photos — Duncan

Love is in the air



NDDHS Notes

by Dara Bowie

MAPLE RIDGE — The new semester got off to a rocky start with some confusion over what day it was supposed to begin; however, the kinks were worked out and it began as scheduled on Fri., Jan. 31.

After a very long dry spell without intramurals, volleyball started this week and will run until Fri., Feb. 13. All students are encouraged to participate and win house points.

There was plenty of school spirit present when the junior boys' basketball team played at home. Junior students cheered on the team throughout the game and during the pep rally prior to the game.

While physical education students are skiing at Calabogie Peaks this Thursday (Feb. 12), the girls' hockey team will play in Char-Lan. The top four hockey teams from the two pools are competing in this final tournament.

The Valentine's Day dance will take place this Thursday (Feb. 12) from 6:30 to 10 pm. Anyone who shows up at the dance in pink, red, or white will receive a special prize at the door and, as usual, students get house points just for attending the dance.

Valentine-o-grams

As well, in celebration of Valentine's Day, peer helpers have been selling valentine-o-grams and valentine crush cans and will be delivering them at the end of the week. Points are also being awarded for those who wear Valentine's Day colours or costumes on Fri., Feb. 13.

Crash victim sings 'arrive alive' message

by Teal Gove

MAPLE RIDGE — North Dundas District High School students started off the semester with a bold and emotional presentation by Mothers Against Drunk Driving (MADD) Canada on Mon., Feb. 2. The multimedia program showed the lasting effects one wrong decision can have.

The story followed Alex and his teenage friends as they prepared for a party — drinking and smoking marijuana. Things turned deadly for the group on the way to the party when Alex ran a stop sign and hit another vehicle. Alex was pronounced dead, while another passenger was seriously injured.

The tragedy echoed throughout the community — at Alex's high school, among his peer group, and at home as his family prepared for the funeral.

The show was hosted by Robb Nash, the lead singer of the Canadian Radio Music Award-nominated band, Live on Arrival. Nash shared his own story about the consequences of impaired driving — he was pronounced dead on arrival after a terrible car crash.

But Nash survived and has used his second chance to share his message: seize the moment, make good decisions, and always get to your destination "alive on arrival."

After speaking to the students, Nash performed one of his songs, "Another Second Chance."

The show concluded with a a collection of stories, photos, names, and dates honouring teen victims of impaired driving across Canada.

The multimedia presentation was hosted by the NDDHS Ontario Students Against Impaired Driving (OSAID) chapter and was sponsored by MADD Ottawa.



Robb Nash, lead singer of the Canadian Radio Music Award nominated band Live on Arrival, made a surprise guest appearance at North Dundas District High School on Mon., Feb. 2 during an anti-impaired driving multimedia presentation. Nash also narrated the video portion of the assembly, organized by the school's Ontario Students Against Impaired Driving chapter and sponsored by Mothers Against Drunk Driving.

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Collins tallies 102nd point, Hawks split weekend games

WINCHESTER — The countdown until the post season is on, and the Winchester Junior "B" Hawks are fighting for third place in the crowded St. Lawrence Division standings.

Ben Collins leads the division in scoring with 42 goals and 60 assists. He surpassed the 100-point mark on Sat., Feb. 7 when the Hawks narrowly defeated the Char-Lan Rebels 4-3.

"I've noticed the team's chemistry is really improving," Hawks head coach Marty Little told the *Press*. "They're really supporting each other."

Little also acknowledged the Hawks' defensive core.

"Our defencemen have really been playing well together," he said, also acknowledging the team's goaltenders. "We've got two very good goaltenders and we're going to need them both to survive the playoffs."

The Rebels scored the first tally of the night at 14:45 of the first period on a power play, but Justin Comeau retaliated with an unassisted marker to tie it up.

The Rebels fired in another power play goal early in the second period, but Collins pumped in a shorthanded goal and then assisted Kyle Peck in the Hawks' third goal of the night to take the lead. Collins then scored on a Peck-Allan Gordon relay to solidify Winchester's lead. The Rebels scored once more at 6:15 of the third period, but it wasn't enough to secure the point.

The Hawks had 26 shots on goal compared with the Rebels' 30. Hawks netminder Michael Hitesman spent all 60 minutes between the pipes to register the win.

Glens 5, Hawks 3

By 12:47 of the first period of the Fri., Feb. 6 game, the Alexandria Glens were up 2-0 over the Hawks, but Parker Davies put Winchester on the board on a play set up by Taylor Davis and Ryan Lesway.

Brodie Boulanger then tied it up with the lone second-period goal after taking a feed from Storm Carisse and Chris Giczewski.

"We came back from a two-nothing deficit to tie it up," the coach pointed out. "We've got a well-balanced team that's playing very well ... but a few little things can change a game quickly."



The Winchester Jr. "B" Hawks and Alexandria Glens hooked up at the Winchester Arena Friday night (Feb. 6) in what could be a semi-final playoff preview. The first-place Glens broke up a 2-2 stalemate with three third period goals and posted a 5-3 win. Alexandria 'tender Karl Labelle, Winchester forward Parker Davies, and Glen defender Jamie Jean-Louis eyed the biscuit during the third period. *Press Photo — Van Bridger*

The Glens hammered in three markers in the third period before Travis Froats was able to net Winchester's third marker when he took a pass from Carisse.

The Hawks outshot the Glens 38-36 in the matchup, and Hitesman was called in to relieve Devon Armitage in the Hawks' net with 13 minutes left in the game.

"They're definitely coming together a lot better," said Hawks assistant coach Terry MacLellan. "They still need to work on their power plays, but they're all really looking forward to the playoffs."

The playoff standings are still up in the air, and placement could come down to the final weekend of the regular season, with the potential for Casselman, currently in first, to switch places with the second-place Glens while the fourth-place Hawks could easily overtake the third place Char-Lan Rebels.

The first round of playoffs will pit the first-place team against the fourth-place team while the second and third-place teams face off.

The Hawks are heading into a three-game week with battles against Casselman on Thursday (Feb. 12), Alexandria on Friday (Feb. 13), and the last-place Morrisburg Lions on Sunday (Feb. 15).

"We don't want to take them for granted," MacLellan said about the Lions, who have gathered two points this season. "Last time we played them we had 65 shots and only won four nothing."

The Hawks have a few players on the injured list, but Little said he hopes to have a full roster by playoffs.

Giberson blanks Smiths Falls 3-0, 18th win for Bantam 'B' Demons

WINCHESTER — Ryan Byers opened the scoring depositing a pass provided by Josh Freake and Brandon Cousineau into the Bears' cage at 13:31 of the first period. That play proved to be the winning goal in the North Dundas Bantam "B" Demons 3-0 victory over the visitors from Smiths Falls.

The Byers tally gave the Demons a 1-0 lead after the first period of the Upper Canada Minor Hockey League game played in Winchester on Feb. 4.

Ryan Switzer hit string with a shot at 12:57 of period two and made it 2-0 with help coming from Freake. Cousineau completed the scoring when he made it 3-0 with 3:26 left in the middle stanza. Stewart McKelvie picked up an assist on the play.



North Dundas defenceman Stewart McKelvie (No. 4) supported his goaltender, Colin Giberson, on this play during an Upper Canada Minor Hockey League contest played in Winchester on Feb. 4. McKelvie picked up and assist and Giberson registered the shutout in the Demons 3-0 victory. *Press Photo — Van Bridger*

Colin Giberson worked the North Dundas nets and registered the shutout.

The victory improved the Demons' West Division record to a first-place total of 18-1-1. The South Grenville Rangers (9-8-4) are second, 15 points off the pace being set by Kevin Byers' squad. The Smiths Falls Bears (4-13-4) stand fifth in the six-team loop.

Hawks, Lions alumni game nears

WINCHESTER — Rosters for the fast approaching Winchester Hawks-Morrisburg Lions Junior "B" Alumni Night are almost complete.

Players who suited up for the Hawks and Lions during the 1980s and 90s are being recruited and will meet in a pair of fundraising exhibition games at the Winchester Arena on Sat., Feb. 21.

Fundraising games set for Sat., Feb. 21

Joel Steele, the Hawks' first coach, Big Doug Casselman, who successfully coached the Hawks to the back-to-back Gill Cup championships in 1980-81 and again in 1981-82, along with several members of the original Winchester team will take part in the opening ceremonies at 6:15 pm.

Winchester's lineup for the 40 and over game, set for 6:30 pm, will feature three of the club's leading scorers: Trevor McClatchie (200-272-472), Darrell "Stewy" Shelp (232-202-434) and Mark "Freddy" Smith (100-point season).

Morrisburg stars Gary "Shack" Jarvis, Jim "Sudsy" Whelan, Gary Beckstead and Scott Corden will be lacing them up for the Lions.

Former Winchester coach Todd Marcellus, who scored 46 goals while he was a player with the Hawks in 1991-92, will lead the 30-plus Hawks against Robby Casselman's 30-plus Lions in a game scheduled for 8 pm.

Plenty of the Holmes clan will be joining Marcellus, including Dereck "Wendell" Holmes, his brothers Clint Holmes (Kingston Voyageurs) and Warren Holmes (Oshawa Generals), along with cousins Jeff Holmes (skated for both the Hawks and Lions) and Andrew Holmes (Cumberland Grads).

Skating alongside Casselman will be Randy "Tug" Mullin (80 assists and 120 points in 1991-92), Yvon Besner (55 goals and 139 points in 1992-93), Mike McAllister (199-192-391, career) and Johnny Morrow.

A hot stove session, featuring live music, will be held in the arena's upstairs hall.

Midget Demons rock Rebels 8-1

WINCHESTER — Eight different shooters found the target as the North Dundas Minor Midget "B" Demons overpowered the Char-Lan Rebels 8-1.

The host Demons led the Rebels 5-0 after the first period of the Feb. 5 contest. They jumped into a 7-0 lead in period two and added their eighth tally with 29 seconds left on the clock.

North Dundas goaltender Chase Beaudry had his goose egg shattered when the Rebels recorded their lone goal 1:23 before the final buzzer sounded.

The victory improved the first-place Demons' Upper Canada Minor Hockey League East Division record to 15-3-4. With 34 points, they hold a seven-point advantage over the number-two ranked South Stormont Selects (12-3-3). Char-Lan (1-18-1) stand alone in fifth place. North Dundas has outscored the opposition 109-73.

Dylan Fawcett opened the scoring at 14:46 of the opening stanza. Eric Prusila made it 2-0 at the 6:05 mark. The Demons then blew it wide open netting three goals in the final 31 seconds of the period. Peter Klein-Swormink opened the flood gates at 0:31 mark. Patrick Lauriault nailed one in at the 18 second mark and Jarrett Melenhorst connected with 10 seconds on the clock to make it 5-0.

Brett Coburn and Derek Simms struck string in period two and Brandon DeJong put in goal number eight 29 seconds before the final buzzer.

Taylor Scheepers picked up three assists. Derek Simms (2), Coburn (2), DeJong (2), Klein-Swormink, Lauriault, Prusila, Jacob Luimes and Fawcett also earned helper points.



North Dundas Minor Midget "B" goaltender Chase Beaudry finished posting a shutout by one goal in an 8-1 Upper Canada Minor Hockey League victory over Char-Lan on Feb. 5. The Rebels ruined his perfect game, scoring 1:23 before the final buzzer. Eight different Demons scored for their first-place club. Press Photo — Van Bridger

Collins nets 40th, Hawks double Rangers 4-2

WINCHESTER — Captain Ben Collins rang up his 40th goal of the season as the Winchester Jr. "B" Hawks doubled the Rideau Division's South Grenville Rangers 4-2.

The St. Lawrence-Rideau Conference interlocking game was played at the Winchester Arena on Feb. 4 after it had been postponed due to weather conditions on Dec. 19. The victory enabled the number-four ranked Hawks to register win number 20 (20-12-3-2) and move to within two points of the idle fourth-place Char-Lan Rebels (23-14-0-1).

One period

The mid-week matchup featured one-period of action — the second — when the combatants traded six goals, drew a total of nine penalties and combined to crack 31 shots at each other's goaltenders.

Period one was scoreless, with Rangers 'tender Jon Hall stopping 13 shots and Hawk shot-blocker Michael Hitesman making six saves. Period three was also quiet with the Hawks firing 13 and the Rangers replying with 11.

Action please

Winchester rookie defender Ryan Lesway unleased a slapper from the point and struck string with his second shot of the season 3:09 into the second session. Benoit Parent and Brodie Boulanger set up the play that gave the Hawks a 1-0 lead.

Kyle Peck opened up a 2-0 gap 1:25 later, blasting home goal number 17. Collins and Al "Flash" Gordon provided the pass.

South Grenville cut the deficit to 2-1 when Kristian Knapp bagged a PPG at 7:13.

Winchester answered at 9:41 when the "Ski" brothers — Chris and Cory Giczewski — engineered a PPG for Collins, who sniped his 40th. Benoit Parent enlarged the advantage to 4-1 when he cashed in a short-handed opportunity for goal number eight.

The Rangers closed out the period with a Brad MacDonald PPG at 14:40. That 4-2 score held up through a scoreless third period.

Hitesman made 30 stops and improved his record to 10-9-1. Hall stopped 38 of 42 shots as his mark moved to 6-17-1.

Winchester swept up all four points in the home-and-home set posting 4-3 OT and 4-2 wins.



Winchester Jr. "B" Hawks forward Storm Carisse (white jersey) and a South Grenville defender battled for the biscuit in behind Ranger netminder Jon Hall on this play during a Rideau-St. Lawrence Conference game played in Winchester on Feb. 4. *Press Photo — Van Bridger*

Big 4 champions

Daniel Lillico (left) skipped a Winchester Curling Club foursome of Darby Ace (third), KJ Alcock (second) and Taylor Ace (lead) to the "A" side championship in the annual Big 4 Curling Competition in Metcalfe on Feb. 1. Teams representing the curling clubs in Morrisburg, Metcalfe and Russell take turns hosting the event. Lillico's Winchester No. Two rink defeated Alexandra Honey (Metcalfe No. Two) in his opening draw and knocked off Russell No. Two's Keith Waddell in the second round before claiming the title with a win over Metcalfe No. One skipped by Stuart Lesie.



Big 4 'B' winners

The Winchester Curling Club made a clean sweep, winning both the "A" and "B" events in the 2009 Big 4 Curling Competition in Metcalfe on Feb. 1. Daniel Lillico's Winchester No. Two rink earned the "A" title and Winchester No. Two skipped by Christian Mark (right), and made up of lead Jordan Mark (left), second Jonathan Thompson and Kristi Sloane won the "B" side title. Mark lost to Morrisburg No. One skipped by Cameron McIntosh in the opening draw, but recovered and knocked off Russell No. One skipped by Jack Hefler and Mitchel Collins' Morrisburg No. Two team to become the "B" champion.



Brockville deals Demons 10-1 setback

BROCKVILLE — With their lineup weakened by illness and fatigue, the North Dundas Midget "B" Demons weren't any match for the host Brockville Braves.

The leg-weary Demons suffered a 10-1 setback in Brockville on Feb. 5, the day many of the players had played a pair of SD&G high school hockey games. In fact, it was the sixth (three high school and three UCMHL games) in four days for Dale Murdoch's crew. The loss was the second in 22 Upper Canada Minor Hockey League games for North Dundas, which sports a record of 18-2-2 (38 pts). Their first-place lead over number-two ranked Brockville (17-3-0) shrank to four points with the defeat.

Alex Hensbee tied the game 1-1 for North Dundas when he scored after taking a pass from Kyle Sobering with 4:10 left in period one. Brockville poured it on in the second session and opened up a 6-1 lead. The Braves then locked up the decision, firing in four more markers in the final frame.

Demons 6 - Rangers 3

Brandon Buma blasted home four biscuits and led the Demons to a 6-3 victory over the South Grenville Rangers in Prescott on Feb. 3.

Phil Duncan also dented twine and Tyler Jones snapped in an empty-net marker to round out the scoring. Assists were awarded to Duncan (2), Brett Baker, Ryan McRae, Sobering and winning 'tender Kyle Greer.

Demons 3 - Panthers 2

The Demons opened the week posting a 3-2 decision over the Kemptville Panthers in Winchester on Feb. 2.

Period one of the match was scoreless. North Dundas went up 2-1 in the second on goals by Hensbee, who scored from Brandon Oosterhof and "AP" Dylan Fawcett at 9:54, and Jones, who netted an unassisted shot with 6:34 left in the session.

Buma broke up a 2-2 tie converting a feed from John Servage and McRae into the winning goal 5:10 before the final buzzer.

Minor Midget affiliates Peter Klein-Swormink and Dylan Fawcett suited up for the game.

Flyers edge Wings 5-3

WINCHESTER — Justin Morozuk continues to lug the hot lumber for the Winchester Flyers. Morozuk bagged a pair of goals in his squad's most recent Winchester Town Hockey League victory, a 5-3 decision over the Papa Gus Wings — that deuce gave him six goals in two games and 19 on the season.

Morozuk cracked in his latest markers in the second half of the Tuesday night (Feb. 3) twin bill and helped stall a rally by the Wings who had trailed 3-0 at the half.

Chris "Edgar" Hart sniped the first Flyer goal and was followed to the Wings' net by Travis "Toast" Armstrong who pumped in a pair of back-to-back shots to make it 3-0. Josh "Champ" McLean, Morozuk and Adam Guy set up the scoring plays.

Morozuk netted the two markers in the second half, finishing a play started by Matt VanDelst and Trevor Gilmer and scoring on an unassisted play.

The Wings, who played the game with just five skaters, rallied with a pair of Scott Baldwin tallies and a single by Mitch Scott. Scott also drew a pair of helper points. Aron Sherrer helped out on all three scoring plays.

Terry Barkley posted the win and Chad Kennedy took the loss. The number-two ranked Flyers improved to 10-8-1 while the third-place Wings fell to 8-9-2.

Associates 4 - Whitetails 3

Matt Baker assisted on the first three Associates goals and then snapped in the winner in a 4-3 decision over the Whitetails in the opening game of the weekly double dip.

Rob Thurler, Derek Vingerhoeds and Darrel Moore registered the other markers for the Associates (12-6-1). Baker drew three and Thurler picked up one assist.

John Guy, Ryan Thompson and Al Christophersen counted the Whitetails (6-13-0) goals. Guy (2), Christophersen (2), Thompson, Justin Heuff and Travis Rowe provided passes.

Charity and family carnival highlight pond hockey event

INGLESIDE — As the fifth annual South Stormont Pond Hockey Tournament and Winter Carnival approaches, organizers have announced that there will once again be a great mix of local and visiting teams, some from as far away as Montreal and New Jersey. The two-day event opens with a Pond Hockey Valentine's Bash at the Lancer Centre in Ingleside on Fri., Feb. 13.

The 25-team pond hockey tournament presented by Windmill Construction starts at 8:30 am on Saturday (Feb. 14) with the family winter carnival activities taking place from 11 am to 4 pm.

Activities include family skating, horse drawn sleigh rides, dog racing teams, snowmobile demonstrations, tethered hot air balloon rides, toboggan slides, food vendors, and for the adults there will be a heated beer garden overlooking the hockey action.

Tournament proceeds will be donated to the Seaway Valley Habitat for Humanity.

For more information visit www.pondhockey.org or phone Kevin Amelotte at 613-534-2419.

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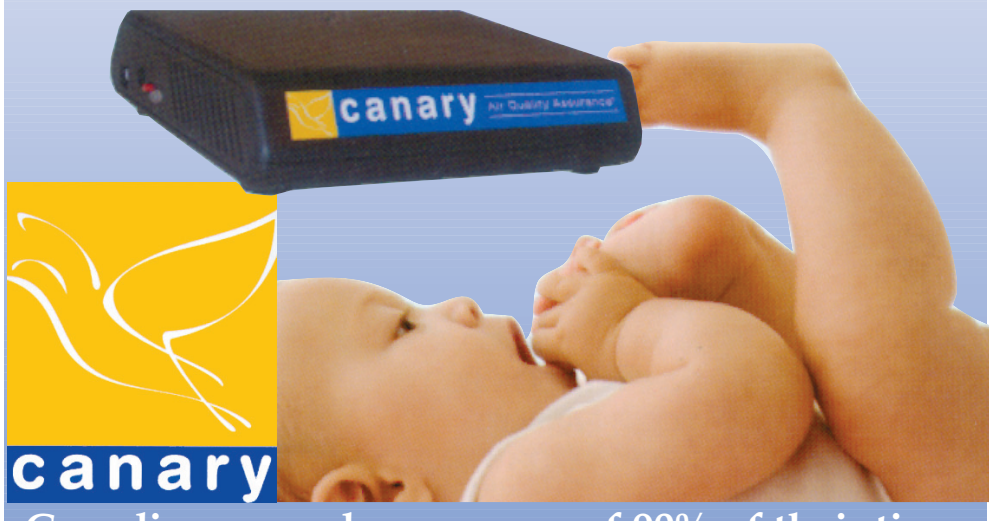

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NDDHS Devils split volleyball decisions

CORNWALL — Once again, Ecole Secondaire La Citadelle has proven to be an SD&G girls high school volleyball powerhouse. The North Dundas District High School Devils sent both the junior and senior squads against the host Patriotes and weren't able to win a set.

The latest encounter between the Pats and Devils took place on Feb. 3 in Cornwall and resulted in the Junior Devils losing 3-0 (16-25, 14-25, 13-25). The same afternoon, the Senior Devils also suffered the same fate.

Junior coach Cheryl Williams explained that Sam Shelp, who is a leader on the court, wasn't able to play, and the Devils were good on the serve but were unable to block their hits.

"La Citadelle is very strong, with excellent hitters and hard servers," she added.

The Devils then went up against the St. Joe's Panthers and posted a 2-1 victory (25-16, 24-26, 25-23) to finish the day 2-4 and 6-12 overall.

"We were warmed up and played much better against St. Joe's," offered the coach. "Again our serves were good and the team's cheering improved tremendously."

Devils finish the regular season at home on Tues., Feb. 17, hosting St. Lawrence Saints and La Citadelle.

Senior Devils

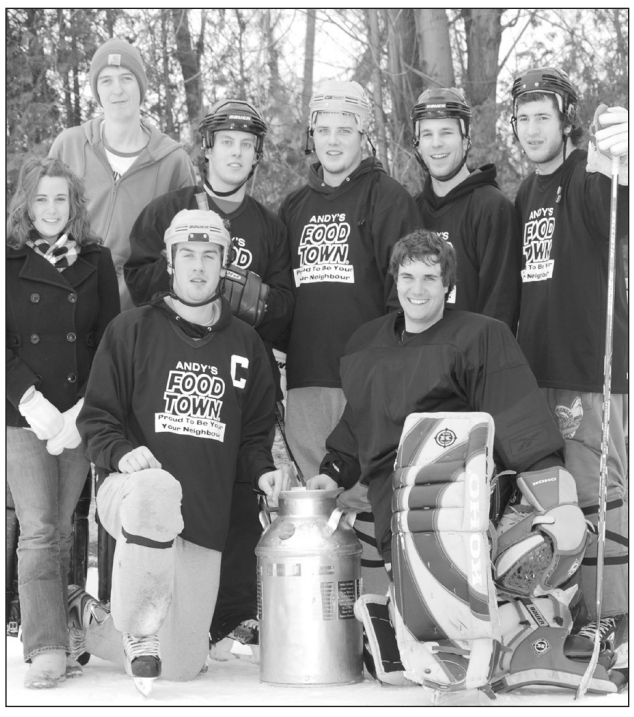
The NDDHS senior squad also absorbed a 3-0 sweep at the hands of the Patriotes who posted 25-5, 26-24 and 25-20 wins.

Devils coach Patti Hall said it was obvious her team wasn't even part of the play in the first set. "But we refocused and played much better for the next two."

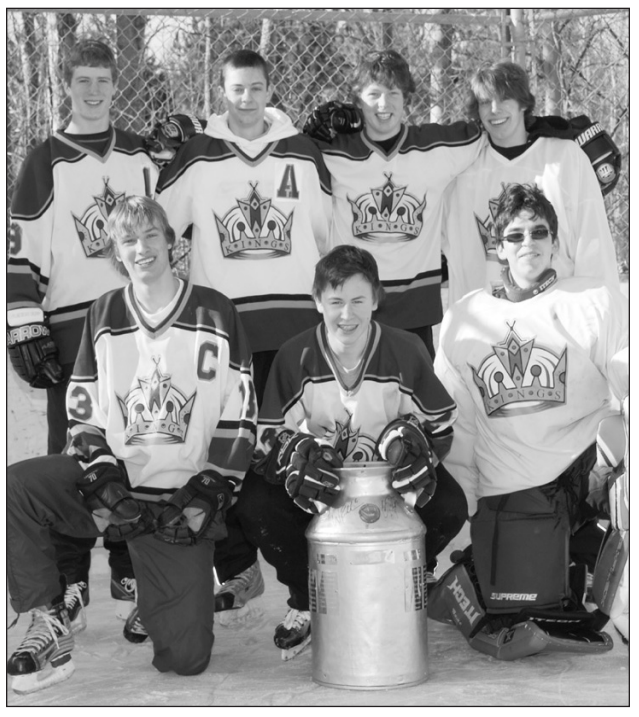
The day finished on a positive note as the Devils trimmed the St. Joe's Panthers 2-1 (25-17, 25-15, 22-25) to bring their league record to 7-11.

"The girls played well and should have won all three but we'll take the two for now."

It's hockey time in Hallville



In the over-16 category at the annual Hallville Hockey Tournament on Sat., Feb. 7, the Flying Elbows defeated last year's champions, the Winchester Old Hawks, 6-4 to win the 2009 trophy. Pictured are: Lance Stewart (front, left), Cory Nixon, tournament organizer Holly Klein-Swormink (back, left), tournament organizer Jordan Havekes, Scott Gagan, James Kirkwood, Shawn Duval, and Adam Schofield.



In the under-16 category at the annual Hallville Hockey Tournament on Sun., Feb. 8, the Rideau-St. Lawrence Kings defeated last year's champions, the Flaming Mongooses, 7-3 to win the 2009 trophy. Playing for the Kings were: Josh Stubbings (front, left), Cory Wilson, Joe Thompson, Tanner Williams (back, left), Logan Giesbrecht, Brett Costello, and Aaron Hollister. *Photos — Barbour*

Season wraps up, Ladies League heads to playoffs



WS Trucking triumphs

The WS Trucking team was presented with the Winchester Ladies Hockey League season championship trophy at the Winchester arena on Sun., Feb. 8. Pictured are: Natalie Stewart (front left), Eleanor Robinson, Dominique Cavill, Kelly Zeran, Carolyn Thomas, team sponsors Wayne and Shirley Stewart (back, left), Barb Kuhn, Edithe Rivet, Christina Carruthers, Kelly Francis, Marjorie Acres, Kristin Wyman, and coach Doug Cheney. Missing from photo: Sonia Clement and Christina Luykx. *Photo — Barbour*

WINCHESTER — Two goals by Kathy Kerr lifted the Andy's Foodland Reds to victory over the first-place WS Trucking team in a Feb. 8 regular season showdown. Kelly Zeran scored the lone WS Trucking goal in the 2-1 set back in the 10 am Winchester Ladies Hockey League game.

Assists went to Amy Fraser, Joanna Gilmer, Andrea Francis, Marilyn Wade (Andy's Foodland), Christina Carruthers and Barb Kuhn (WS Trucking).

The CountryGirls and the Cooper Physio Pinks battled to a 3-3 draw in the 9 am encounter.

Edith Dagenais started off the scoring for the CountryGirls on a play engineered by Annette Downey and Christine Stewart.

Sandra Cloutier then tied it up for the Pinks on a pass from Isabelle Dagenais, and scored another first-period marker with help from Dagenais again as well as Lee Ann Van Delst. Dagenias then scored unassisted early in the second to give the Pinks a 3-1 lead.

Downey retaliated for the CountryGirls when she took a feed from Edith Dagenais, who then managed to fire in the tying goal on a pass from Heather McDiarmid.

Double Beauty ousted the Annable's Jewellery Blues 3-1 in the early morning matchup at 8 am.

Period one was scoreless but period-two goals went to Amanda Rylaarsdam, Emma Guy, and Susan Marsden on plays set up by Lidia Hak, Jill Kirkwood, and Rylaarsdam. Annable's goal was supplied by Caroline Rougeau on a feed from Joanne McMillan 3:52 before the final buzzer.

WINCHESTER JR. 'B'
HAWKS

Morrisburg Lions vs Winchester Hawks

Friday, Feb. 13, 8:15 pm

Shootout Final Ladies Blue Devils

HAWKS 50/50 WINNERS

January 16	Gary Annable	$655
January 23	Margaret Hyndman	$1,065
January 30	Greg Holmes	$1,085
February 6	Mike Guy	$1,460

Next 50/50 Draw Friday, Feb. 13

GO HAWKS GO!

Playoffs start the following week

Kemptville District Soccer Club

SOCCER REGISTRATION

House and Competitive Players

Saturdays: Jan. 24 to Feb. 14 — 10 a.m. to 2 p.m.
at the new KDSC Office (see map below)

Early Registration Deadline — Save $20
Competitive Deadline — Feb. 15, 2009
House League Deadline — Feb. 28, 2009

New Players — bring proof of age!

You can also download registration forms from www.kemptvillesoccer.com.
KDSC needs three (3) copies of the first page of the registration form from the web site.

The KDSC office is located in the Ferguson Forestry Centre Building. Park in the main Municipal Centre/Hockey Rink car park, north of the rink. Our office is in the yellow building at the North East corner of the parking lot.

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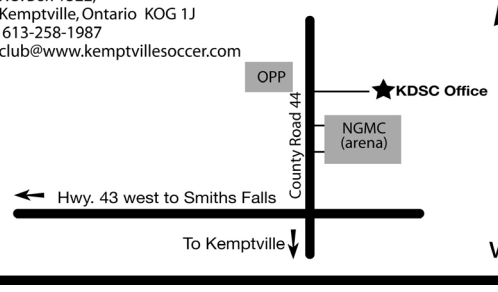

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www.kemptvillesoccer.com

2009 Farmers' Conferences

Kemptville Winter Woodlot Conference



Wednesday, February 18, 2009 • 9:30 am-3:00 pm

Coffee & Registration from 8:30 am

W.B. George Centre, Kemptville Campus, 830 Prescott St., Kemptville

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Now in its 22nd year, our theme "What's New..." will deliver an agenda loaded with engaging speakers presenting information on the latest developments in:

- Alternative and Biofuel Markets for your Wood
- Afforestation Programs & Climate Change
- Invasive Species & Species at Risk
- Wildlife Trees & Careful Logging Practices

Some Facts about private woodlot owners:

- typically have full-time jobs and only manage their 'woodlots' part-time for extra income and/or other recreational or environmental values
- own 90 per cent of the forested land in Eastern Ontario
- contribute significantly to our forest-based economies, jobs, and communities
- provide wood for local mills, value-added products, artisans, the hearth

Woodlot owners are vital partners in implementing sustainable practices to ensure we have stands of healthy forests both now and for future generations through:

- the conservation of habitat as well as species at risk;
- the control of invasive species;
- the afforestation of abandoned farmland with native species;
- the protection of local watersheds and groundwater;
- the proliferation of a green canopy to help fight climate change; and more...

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2009 FARMERS' CONFERENCES

EASTERN ONTARIO CROP CONFERENCE

W. B. George Centre, Kemptville Campus
University of Guelph

Thursday, Feb. 19, 2009

8:30 am to 5:00 pm

Ontario

The Eastern Ontario Crop Conference is designed to give you the opportunity to select up to 8 of your favourite topics from the 22 offered. At 1:00 pm everyone will have the opportunity to hear the **Feature Speaker: BRIAN THWAITS,** ***Train Your Brain - Innovative and practical approaches to issues we face in the workplace and in our personal lives.***

Late Registration after February 6th is **$60.00**/person. **Walk-in Registration** is **$65.00** /person and does not include lunch.

FOR MORE INFORMATION PLEASE CALL 613-258-8295.

Schedule	W. B. George	Conference Rm. 1	Parish Hall Rm. 114	Parish Hall Rm. 116	Parish Hall Rm. 112
8:30 a.m.	Registration and Displays at the W.B. George Centre				
9:00-9:50	Weed Management in RR Corn [4]	Carbon Credit Trading [15]	Manure on Forages [13]	High Yielding Soybeans [8]	Soil Test Workshop [21]
10:00-10:50	Fungicides in Corn and Soybeans [18]	Agircultural Opportunities in the Bio-Economy [7]	Weed Control In Edible Beans [5]	Carbon Credit Trading [15]	Grain Grading Workshop [20]
11:00-11:50	Determinant Factors in the Selection of Corn Hybrids [17]	Manure on Forages [13]	Weed Management in RR Corn [4]	Grain Marketing Outloook [3]	Sprayer Technology Workshop [22]
12:10-12:50	Weed Management - *Solutions* [2]	Occupational Health and Safety Act [14]	What's Next in Corn and Soybeans Fungicides [19]	Pest Alert – Insects and Diseases [11]	
1:00-2:00	FEATURED SPEAKER - *BRIAN THWAITS, Train Your Brain* - Innovative and practical approaches to issues we face in the workplace and in our personal lives				
2:10-3:00	Grain Marketing Outlook [3]	Alfalfa Diseases and Insects [12]	Agricultural Opportunities in the Bio-Economy [7]	Weed Management - *Solutions* [2]	Soil Test Workshop [21]
3:10-4:00	High Yielding Soybeans [8]	Making More Dollars Pastures [16]	The Future for Cereals? [10]	Weed Control In Organic Crop [6]	Grain Grading Workshop [20]
4:10-5:00	The Future for Cereals? [10]	Weed Control in Organic Crop [6]	Making Money with Edibles [9]	Pest Alert – Insects and Diseases [11]	Sprayer Technology Workshop [22]

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Copy for all Classified Ads for Wednesday, February 18, 2009 issue must be in by **4 pm**, **Friday, February 13, 2009.** The Press Office will be closed on Monday, February 16, 2009 for Family Day holiday.
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43tfc

WORK WANTED – Karl's Moving. Commercial and house moving, local and long hauls in Ontario. Prices starting at $70 per hour. No surcharge. Call 613-652-2526.
46tfc

WORK WANTED – STL Home Improvement. Renovations, repairs, additions, painting, flooring, ceramics, decks, plus more! 30 years experience. Free estimates. Quality workmanship. Steven T. Lavigne 613-864-1953
4tfc

WORK WANTED – Experienced carpenter. Additions, renovations, decks, siding, windows, doors and more. Call Andrew Lamoureux, Winchester, 613-853-5294.
18tfc

For Rent

ROADABLE STORAGE TRAILERS
Dry and watertight. By the week or month. Delivery charge extra. Call Ed Duncan 613-989-2838.
19tfc

FOR LEASE – Prime commercial space on Meadow Drive in Greely. Approximately 1100 sq. ft. available. Great for retail, medical, or dental practice. Available Feb. 1. For more information call 613-821-1497 or 613-821-1488.
35tfc

FOR RENT – Office space on Dawley Drive, Winchester (same building as Drive Test). Call 1-800-361-3305 or 613-652-2069.
8tfc

KEMPTVILLE
Commercial space, 700 square feet, $700 per month, heat and hydro extra. A great location at lights on Prescott Street. Building available for sale. Information and pictures available at propertyguys.com. Phone 613-296-3455.
38tfc

Accommodation

FOR RENT – Winchester, Victoria Apartments, large 2-bedroom, senior oriented building. Available Feb. 15. No pets. Non-smoking. Call 613-543-2184. 46tfc

Accommodation

FOR RENT – 43 Moffat Street, Morewood, 2-bedroom apartment, newly renovated, $575 monthly, utilities extra, on-site laundry facility, ample parking, high speed internet access, includes appliances. Call 819-771-6433.
19tfc

CENTRAL MORRISBURG RENTAL
Premium 2-bedroom apartment now available in modern 6-plex building. Includes security entrance, parking, storage, gas heat, laundry facilities, and air conditioning. Suitable for seniors/adults without pets. Rent $525 and up. References required. Call 613-535-2759 days, for appointment.
29tfc

FOR RENT – Morrisburg, 3-bedroom duplex on quiet street. Available Feb. 1, $690 monthly plus utilities. First and last with references. Call 613-543-2897.
44tfc

FOR RENT – Spacious 2-bedroom apartment, quiet, secure, adult building, laundry facilities, parking. Supportive Care Services available for tenants with disabilities or limitations due to aging or illness. $625 plus hydro. 613-853-6592.
45tfc

FOR RENT – 2-storey, 3-bedroom house in South Mountain. Available March 1, $925 per month, plus utilities. Phone 613-989-5348 or 613-989-2367.
47-48

FOR RENT – Williamsburg apartments, $495 and up, all inclusive. First, last and 2 references. Non-smoking building. Call 8 am-5 pm 613-822-6635.
45-48

FOR RENT – Available in March, 3-bedroom townhouse in Winchester. For information call 613-774-3038.
46tfc

FOR RENT – Senior apartment in Winchester, non-smoking. 2-bedroom apartment, bright and spacious on second floor. Also, 1-bedroom, main floor apartment. Call 613-774-2358.
46tfc

FOR RENT – 2-bedroom apartment, including stove, fridge, washer, dryer in Rosewood Apartment, Winchester. Available March 1. Also a bachelor apartment. Call 613-774-3892 or 613-821-0502.
48tfc

RUSSELL VILLAGE – Brand new 1,030 sq. ft. 2-bedroom executive, high-end, loft apartment. Quiet neighbourhood, large private yard. 35 minutes from downtown Ottawa. Parking included, central air, 5 new appliances, utility room, outside storage shed. References and deposit required. Non-smoking. No pets. $950 per month plus utilities. Available March 1. Call 613-445-9998.
47-48

FOR RENT – Huge 1500 sq. ft. 2-bedroom apartment. Winchester area, second floor, washer and dryer hookup, hardwood floors. Utilities and parking included, $925 per month. Available April 1. For information call between 6-9 pm, 613-774-5590.
48

Accommodation

HOUSE FOR RENT – On Kerr's Ridge Road. $600 per month plus utilities, first and last required. 613-774-5160 or 613-614-3169.
48-49

FOR RENT – 2-bedroom ground level apartment on quiet country road, fridge and stove included, laundry facilities available. Available immediately. Call 613-774-6446.
48tfc

RUSSELL VILLAGE – Mill Street. Quiet, 2-bedroom apartment with security intercom, central air, 5-appliances, plug-in parking and large storage space. 613-276-7012.
48tfc

FOR RENT – Large 4-bedroom home in the country, eat-in kitchen, fridge, stove, dishwasher. Between Iroquois and Morrisburg. $850 per month plus hydro. Phone 613-258-4991.
48-49

For Sale

Photographs appearing in the Winchester Press are available in colour. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press office, 545 St. Lawrence Street, Winchester, or phone 613-774-2524.
7stf

FOR SALE – Potatoes: $10 for 50 lb of white Kennebec or red Chieftain. Country Kitchen Restaurant, 2159 County Road 31, Winchester.
43tfc

APPLES – Many varieties, unique fruit spreads and chutneys. CIDER, sparkling juice, gift baskets, ready made or made to order, giftware. Antiques and collectibles. Open daily 8 am-5 pm. Smyth's Apple Orchard, 613-652-2477, on County Road 18, 5 km west of County Road 31 at Williamsburg, follow the signs, www.c360.ca/iroquois/smyths
32tfc

FOR SALE – Thinking of buying or selling a home, farm or business? Call Steve Summers at Coldwell Banker Colburn Realty, 613-774-3408.
46tfc

FOR SALE – 12' wide x 10' high wooden insulated overhead door with manual chain pull. Call 613-774-3521.
48c

Automotive

VEHICLE FOR SALE – Credit problem! In-house finance is easy, just apply online and become pre-approved. For clean low mileage vehicles. www.car-o-line.com or call Car-o-line Autos at 1-877-820-5598 or 613-448-2488.
9tfc

FOR SALE – 1999 Grand Am, best offer. Phone 613-535-2576.
48-49

BEADS – Wanted
Seed beads and/or beaded items. Must be pre-1920.
Call 613-535-2233

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Contact Pat Warren, 613-774-2943

Farm

FOR SALE – Hay, small square bales suitable for beef, sheep or bedding. Call 613-774-5107 or 613-612-9919.

43-48

MANURE WANTED – Any time, any type, even bull! For details contact John Cinnamon, phone: 613-774-2486, cell: 613-227-1849 or website: www.farmerjohnfromcloverdale.com

47-50c

FOR SALE – Good quality big square and round bales of hay, 2007 crop. Call 613-535-2576.

48-49

WANTED – 4-wheel drive farm tractor in working condition. Phone 613-989-3286.

48

FOR SALE – Hay: 4x5 round bales, good quality mixed, no rain, stored inside. Phone 613-445-2059.

48-49

STRAW WANTED – Clean, large rounds. Call Bill, 613-543-0491 or E-mail barkhm5@magma.ca

48-49c

FOR SALE – Hay and straw, small square bales: horse quality grass hay, $3; clean wheat straw, $2. Call Steven at Vernon, 613-774-6403.

48-49

Household

RBS APPLIANCE SALES AND SERVICE

Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.

15tfc

FOR SALE – Couch and loveseat, Sklar-Peppler, navy multicoloured, $500 for pair; dining set: table, six chairs, large buffet, blue/wood mix, $1,100 for complete set (will sell separately); oak swivel bar stools, $25 each; oak coffee table, $40. Phone 613-448-2910.

48

Recreational

FOR SALE – Snowmobile, 440 Arctic Cat Cougar, $950. FREE black bunny with cage, etc. Call 613-448-2910.

48

Card of Thanks

A GREAT BIG THANK YOU

Goes to all those who answered our request for a colour TV for our Movie Night. We couldn't use all the TVs that you so generously were willing to donate. Movies for our under 6 year olds will be so much more enjoyable to watch on a TV rather than sitting around a lap top. Thanks to everyone who called.

– Debbie Pirie

– Williamsburg United Church

48

In Memoriam

CAMPBELL – In loving memory of a dear mother, grandmother and great-grandmother, Mary, who passed away February 12, 2001.

We seem to see in the soft dim light
A face we love the best;
Recalling her as the sun's last rays
Go down in the far off west.
We miss her more as time goes on,
We can never close our hearts;
And the lamp of our love still burns.
Her heart the truest in all the world,
Her love the best to recall;
None on earth could take her place,
She is still the dearest of all.

– Isabelle, Glen, Darlene, Clayton, Michelle and family

48

YOUNG – In loving memory of a dear mother, mother-in-law, grandmother, great-grandmother, and great-great-grandmother, Lola, who passed away February 11, 2006.

Gone are the days we used to share
But in our hearts you are always there.
The gates of memory will never close
We miss you more than anyone knows.
With tender love and deep regret
We who love you will never forget.

– Sadly missed

– Jean, John, Tracy, Jennifer, Chris and Jenna

48

Coming Events

WINCHESTER LIONS CLUB
515 Albert St., 613-774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
Main St., Winchester
OPEN
Monday - Friday 9 am-3 pm;
Saturday 9 am- noon

3tfc

DFA ANNUAL MEETING

Dundas Federation of Agriculture Annual General Meeting, Thurs. Feb. 12, Nelson LaPrade Centre (Upper Level), Chesterville, 7 pm Meet and Greet followed by 7:30 pm meeting. Speakers from ND Township: Municipal Hazardous and Special Waste Programs; Canadian Young Farmers Forum in Calgary; and OFA Representatives. Everyone welcome.

47-48c

VALENTINE TEA AND BAKE SALE
Inkerman United Church

Sat., Feb. 14 , from 2-4 pm. Tea, coffee and dessert, $3.

47-48

SHROVE TUESDAY PANCAKE SUPPER
Williamsburg United Church

Tues., Feb. 24, beginning at 5 pm. Pancakes, sausages, syrup, butter, dessert, coffee or tea or juice. Adults $6; children $3.

47-49

2nd ANNUAL CROKINOLE TOURNAMENT

Sat., Feb. 21, at the Osgoode Township Historical Society and Museum, south of Ottawa on Bank Street. Registration: only 14 teams (first come, first serve basis), $8 per team includes lunch. Prizes. Free parking. For information call 613-821-4062 or email: oths@magma.ca

47-48c

ANNUAL GENERAL MEETING
Dundas County Food Bank

To be held at 7:30 pm, Mon., Feb. 23 at the J.W. MacIntosh Support Centre in Williamsburg. Interested members of the public are welcome to attend. If you wish to become a member of the DCFB, call the FoodBank at 613-774-0188.

48c

TRIVIA CHALLENGE NIGHT

The Friends of the South Mountain Library invite you to attend our Library Fund Raiser, Sat., Feb. 28, 7 pm at Sandy Row Restaurant and Golf Club. Cost: $60 per team (4-6 people). Pre-register by Sat., Nov. 21 at South Mountain Library (613-989-2199). For more information call Shelly 613-989-4509 or Liz 613-989-2282.

48-49c

WHAT IS IN OUR FOOD?

A Community Diabetes Information Session, Wed., Feb. 18, 7-8:30 pm, Dillabough Board Room, (across for WDMH parking lot). Rachelle Charlebois, Registered Dietitian. All welcome.

48c

SWEETHEART SALE

Feb. 13 and 14, 50% off pink tag items. House of Lazarus, 2245 Simms St., Mountain, 613-989-3830.

48c

Auctions

ATTENTION AUCTIONEERS
HOLIDAY MONDAY DEADLINE

Monday, February 16, 2009 is the Family Day Holiday! The Press Office will be closed. **Deadline** for Wednesday, February 18, 2009 issue will be **4 pm, Friday, February 13, 2009.**

47-48

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In the Vernon Recreation Centre, turn east on Lawrence St., 1/2 mile, just off Bank St. (formerly Highway 31), approximately 20 miles south of Ottawa.

SATURDAY, FEBRUARY 14
commencing at 10 am
(viewing from 8:30 am)

Antique wooden table with leaves; 6 pressback chairs; quality modern dining room set with beautiful beveled glass china cabinet; fancy oak china cabinet; oak Princess dresser; dresser and matching washstand; oak drop-front desk; oak stacking bookcase; parlour tables; quality coffee and end tables; barley twist stacking tables; cedar chest; Gibbard table with drawer; sofa table; queen size modern bedroom set; Vilas maple bedroom set; tilt-top lamp table; needlepoint fireside bench; church pew, approximately 6'; portable writing desk; bookshelf; antique marble-top fern stand; plant stand; half-moon table; 2-drawer chest; Italian antique gold leaf mirrors; Italian 3-in-1 tables; Italian marble table; Tuscan 9 place setting of English bone china, never used; quality setting of 12 silverware; Royal Doulton figurines: "Top of the Hill", "Red Lady", "Sweeting", "Small Lady Rose"; German lady figurines; large selection of Princess House crystal; some Flow Blue pieces; pink collector plates; fancy cake plates; assorted cornflower and pinwheel crystal; Bavarian dessert plates; Chintz pieces; Elvis collector plates in original boxes with certificates; porcelain dolls; assorted Wedgewood pieces; cups and saucers; 2 small Beswick horses; oil lamps; collection of crocks; counter scales; butter bowl and ladle; toy Singer sewing machine; toy bank; strap of bells; dairy can; butter box; cheese box; partial washset pieces; cross cut saw; 2 handmade lady's coats, made by Inuits; vintage movie posters; 20 paintings, many signed; Shirley Van Dusen painting; needlepoint pictures; quilts and quilt tops; assorted lace and linen; quilting, gardening and tole painting magazines; blankets and throws; Fanny II 45" loom; Sony Trinitron 27" TV; double seater buggy in good original condition; many other unlisted items.

Note: This estate auction features a variety of beautiful antique furniture, interesting collectibles and quality glassware. Truly, something to spark everyone's interest.

Auctioneers not responsible for accidents.

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47-48c

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Possibly lost in Winchester/Morrisburg
Reward
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Please call
613-652-2149

90th Birthday

On February 22, 2009,
Mrs. Lee McIntosh
(nee MacMillan),
born in Elma, now at
3 Otter Drive,
Brockville, K6V 5R8,
will turn 90.

Lee is the wife of Gerald McIntosh, born in Winchester Springs, and the mother of Charles Lynn McIntosh and David McIntosh.

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Speak Up!

Get your message across to
• Politicians • Support Workers
• Agencies • Government

This one-day workshop is for self advocates, families, board members and volunteers who want to learn how to speak up and be heard.

Presenters: Ipw associates
Barbara Leavitt, Diane Peacock, Helen Watson

This is a fun session about what's important in your story, your community and how to ***speak up*** about it!

Wednesday, February 25, 2009
9:00 am-2:30 pm *(Lunch is included)*
McIntosh Inn, Cty. Rd. 2, Morrisburg

To register for the workshop, please call on or before Feb. 16, 2009:
Community Living Dundas – 613-543-3737, ext. 233.
(Leave a message and we will call to confirm.)

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In support of people who have an intellectual disability.

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(3 Month Contract with Possible Extension)

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Submit resumé with salary expectations no later than February 18.
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No phone calls please. Only applicants chosen for an interview will be contacted.

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Our offices will be closed

Monday, Feb. 16

for the

Family Day Holiday

Deadlines for our Feb. 18, 2009 issue:

Display ads - **Thurs., Feb. 12, 4 pm**

Classified ads - **Fri., Feb. 13, 4 pm**

NORTH DUNDAS DISTRICT HIGH SCHOOL

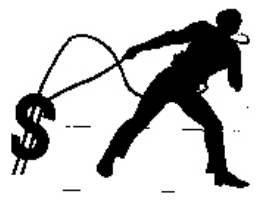
invites all parents to attend a

PARENT INFORMATION NIGHT
on Wednesday, Feb. 25, 2009

Parents of students considering enrolling at NDDHS in 2009-10 as well as parents of students who are currently enrolled at NDDHS will find this evening informative. Come and meet our staff and find out about our programs

6:30-7:30 pm **Information session for parents of students entering Grade 9.**

7:30-8:30 pm **Information session for parents of students currently enrolled. This session will help parents to understand the course selection process.**



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Living from paycheck to paycheck? Having a hard time to pay the bills? Need help?

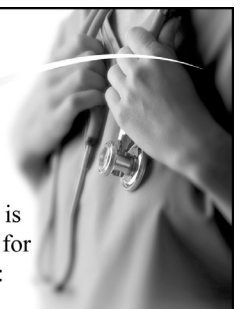
There is help; it is called the
GOOD SENSE PROGRAM.

We want to show you how to manage your money, how to save money and pay off your debt. Don't let money get you down.

If possible please give us a call at 613-652-2400 if you plan to attend. It's FREE.

Dates: **February 22, March 8 & 29 at 6:30 pm at the Community Christian Reformed Church, Dixon's Corners**

Winchester District Memorial Hospital



Winchester District Memorial Hospital is currently seeking a qualified candidate for the following employment opportunity:

Regular Part-time Plant Operator

The successful candidate will have three years of recent (within the past 5 years) working experience in the operation of boilers, water treatment processes, diesel generators and transfer switches, medical vacuum systems, water softeners and domestic hot water, essential. Experience in AHUs, closed loop heating, exhaust hoods, refrigeration, HVAC systems, welding, pipefitting and plumbing is essential. Experience working in an automated environment is also essential. Healthcare experience would be preferred.

Please forward your resumé to:
Winchester District Memorial Hospital
566 Louise Street, Winchester, Ontario K0C 2K0
Attention: K. Chambers, HR Manager
Fax: 613-774-7231 kchambers@wdmh.on.ca

JOB OPPORTUNITY

ACCOUNTING TECHNICIAN

We have an immediate full-time opening for a person with strong skills in accounting and income tax preparation. We are looking for a person with these qualifications and abilities:

(i) Community college diploma or equivalent education in accounting and taxation

(ii) Will prepare journal entries, complete account reconciliations and prepare financial statements

(iii) Must be computer literate and familiar with Microsoft Office and Simply Accounting

(iv) Experience with income tax preparation for personal and corporate would be an asset.

Please send your resume to:

Lawrence J. Dietrich, B.A.
Income Tax Returns
P.O. Box 570
Winchester, Ont., K0C 2K0
Or fax to: 613-774-1099

Thank you for your consideration, however, only candidates chosen for an interview will be contacted.

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Saturday, February 21, 2009 • 9:00 a.m.

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More than 250 vehicles and equipment from Federal Government and others

Primary list at: www.rideauauctions.com







Cars: 06 Prius, 179 kms; (3) 05 Impala, 142, 100 & 107 kms; 05 Sunfire, 77 kms; 05 Civic, 94 kms; 05 Camry, 58 kms; 05 Corolla, 45 kms; 05 Sebring, 121 kms; 05 Malibu, 57 kms; 05 Mazda 3, 48 kms; 05 Focus, 105 kms; 05 Elantra, 131 kms; 04 Sonata, 98 kms; 04 Grand Am, 129 kms; 04 Impala, 153 kms; 04 Prius, 94 kms; 04 Accent, 90 kms; 04 Bonneville, 477 kms; 04 Mazda 3, 168 kms; 03 Concorde, 149 kms; 03 Sunfire, 99 kms; (2) 03 Civic, 160 & 168 kms; 03 Elantra, 183 kms; 03 Golf, 165 kms; 03 Neon, 121 kms; 03 Protégé, 105 kms; 02 Sentra, 207 kms; (2) 02 Sunfire, 219 & 144 kms; 02 Golf, 215 kms; 02 Toy VE, 133 kms; 02 Sonata, 150 kms; 02 Elantra, 244 kms; 01 Foresster, 176 kms; 01 Malibu, 191 kms; 01 Alero, 165 kms; 01 S40, 166 kms; 01 Impala, 187 kms; 01 Accord, 190 kms; 00 Intrigue, 207 kms; 00 Cavalier, 186 kms; 00 Bonneville, 136 kms; 00 Sephia, 126 kms; 00 Impala, 205 kms; 00 I30T, 157 kms; 00 Maxima, 180 kms; 00 Saab 9-3, 188 kms; 00 Legacy, 228 kms; 00 Cirrus, 169 kms; 99 Intrigue, 165 kms; 99 BMW CIS, 241 kms; 99 Gr Prix, 228 kms; 99 Civic, 286 kms; 98 Saturn SL2, 148 kms; 97 Lesabre, 152 kms; 97 Escort, 167 kms; 97 Avenger, 143 kms; 97 Protégé, 242 kms; 97 Deville, 158 kms; 96 Precidia, 169 kms; 96 Sable, 228 kms; 96 Sunfire, 235 kms; 94 VW CGG, 165 kms; 93 Intrepid, 216 kms; 93 Audi CIS, 292 kms; **Vans:** 05 Freestar, 30 kms; 04 Freestar, 124 kms; 04 Venture, 102 kms; 03 Express, 259 kms; 03 Windstar, 251 kms; (4) 02 Venture, 211, 176, 122 & 80 kms; 02 Montana, 160 kms; 02 Caravan, 57 kms; 01 Windstar, 53 kms; 00 Venture, 149 kms; 99 Express, 150 kms; 97 Econooline, 153 kms; 97 Windstar, 151 kms; 95 Safari, 173 kms; 93 IH Step Van, 159 kms; **SUVs:** 05 Jimmy, 73 kms; 05 Uplander, 97 kms; 05 Escape, 87 kms; 04 Cherokee, 156 kms; 03 Escape, 149 kms; (2) 02 Escape, 144 & 120 kms; 01 Aztek, 54 kms; 01 CRV, 223 kms; 99 Vitari, 150 kms; 98 Gr Cherokee, 171 kms; **Light Trucks:** 05 F150, 113 kms; 04 F150, 162 kms; 02 F250, 114 kms; 02 Ram, 268 kms; 02 Dakota; 00 F150, 239 kms; (2) 99 F150, 120 & 195 kms; 99 F350, 217 kms; (2) 98 F150, 238 & 153 kms; 96 F250, 192 kms; 95 IH 40S, 193 kms; 95 Cheyenne, 98 kms; **Heavy Equipment:** 92 Champion 740 Grader, 13 hrs; (2) Scissorlift; **Trailer:** 06 Continental Cargo; 05 Wells Cargo; **Recreational:** 08 FXDF, 2 kms; 97 HD 883, 01 Lund 1675 Boat & Trailer

NO CHILDREN ALLOWED ON AUCTION DAY

Some of the above mentioned vehicles are public consignments. List is subject to change. Website will be updated as new consignments are registered

Buyers Premium Applies - Terms: Cash; Visa; MasterCard; Interac for $500.00 deposit & Cash, Certified Cheque, Interac for balance due on vehicle

Viewing: Wednesday, February 18, 2009 9:00 a.m. to 4:00 p.m.
Thursday, February 19, 2009 9:00 a.m. to 4:00 p.m.
Friday, February 20, 2009 9:00 a.m. to 4:00 p.m.

Pictures and description of items available at www.icangroup.ca Click on Ottawa

St. Paul's Ladies Aid breaks out the chocolate at February meeting

by Kathy Spruit

WINCHESTER — The February meeting of St. Paul's Ladies Aid was held on Mon., Feb. 2 at Winchelsea Farms. Twenty-five ladies enjoyed an evening of fun, great food, and fellowship.

After Doris Baker opened the meeting with a poem about love, Ashley Spruit served supper.

Shelley Spruit gave a presentation about chocolate while dessert was being served. Chocolate tasting is, in some respects, similar to wine tasting. The flavour of different types of chocolate depends on the amount of cocoa it contains. Where the cocoa is harvested will also have an impact. For example, cocoa beans harvested in South America tend to have a strong, distinctive flavour. According to Spruit, there is no right or wrong opinion when it comes to chocolate — each person has different likes and dislikes.

After dinner, the women sampled different chocolate and fresh fruit. (The fruit is important to cleanse the palate between eating chocolate samples.)

The ladies were also reminded to keep in mind that the tasty treat can come at a cost in some locations. Child labour and unfair compensation for farmers is rampant in the chocolate industry.

The ladies celebrated six February birthdays (including a "sweet sixteen" birthday), and Doris Baker provided the cake. The celebration was followed by a sing-song and rollcall, where members answered to their names by reciting a poem, story, or other piece containing the word "love." Arlene Nesbitt lead a game that involved guessing the titles of various love songs after she played the tunes on the keyboard. A Valentine quiz, created by Carol Zubatuk, rounded out the fun portion of the meeting.

Baker told the ladies that St. Paul's is responsible for the Lenten lunch on Wed., Feb. 25 at Winchester United Church. Libby Pelkey wrote down the names of people who pledged to bring food to the event.

The next St. Paul's Ladies Aid meeting is set for Mon., March 2 at 7 pm. Sarah McIlveen, who received financial support from Ladies Aid in April, will speak about her summer mission to India. The ladies left the meeting with Valentine treats in colourful bags that adorned each place setting.

MAPLE RIDGE SENIOR PUBLIC SCHOOL

OPEN HOUSE

Thursday, February 19, 2009

6:30-7:30 pm

We would like to invite all Grade 6 students and parents of students who will be attending Maple Ridge to visit our school.

- *School Tours*
- *Program Information*
- *Meet the Teachers*
- *Get familiar with your future school!*
- *Refreshments*

UPPER CANADA District School Board

UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

TENDERS FOR EQUIPMENT AND SPRAYING OF ROADSIDE WEEDS

Tenders as noted below, submitted on forms provided, will be received by the undersigned until **3:00 pm, local time, on**

Wednesday, February 25, 2009

(1) Lease purchase of four (4) 80 p.t.o. h.p. four-wheel drive tractors with deluxe cabs

(2) Two half-ton (gas) trucks with long (8') box

(3) One diesel 6 tandem cab chassis

(4) Snow plow and spreader equipment supplied and installed on above 6-ton truck

(5) Contract #2009-50-310 - Approx. 800 km of roadside weed spraying

(PLEASE NOTE: Above tenders are subject to budget approval.)

Tenders may be downloaded from www.biddingo.com. Alternately companies may fax a request for a specific tender to the number below, providing complete company info (name, address, phone, fax and contact name).

Tenders must be sealed and returned in clearly marked 'TENDER' envelopes. They will be opened in public immediately following closing time.

Lowest, or any, submission not necessarily accepted.

SD&G Roads Department
Fax: 1-613-936-2913

Winchester District Memorial Hospital

Wanted

Volunteer Patient Guides

Winchester District Memorial Hospital would like to expand our group of talented and dedicated volunteers. As we open our new and updated facilities, Patient Guides will be the heart of our Volunteer Services. They will serve as ambassadors for the hospital and will work directly with patients to provide them the highest quality of hospitality and service.

The responsibilities of a volunteer guide are to:

- **Staff the Information Desk;** assist patients, families, and caregivers with questions and direct them to the proper resources.
- Guide and escort patients to appointments within the hospital.
- Visit with patients and provide hospitality in **Outpatient Services.**
- Help at the **Information Desk** on occasion to answer phones and distribute materials.
- Interact with staff to determine patient needs.
- Share information with patients and families about the free classes and the support.

To join our team:

- **Contact Human Resources at: 613-774-2422, ext.6330** or by emailing **kchambers@wdmh.on.ca** to complete the volunteer application process.
- Attend an overall hospital orientation.
- Available shifts are **daily 8 am to 4 pm and are subject to change depending on facility needs and availability of resources.**

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OTTAWA SPRING RV SHOW. February 20-22, 2009. Lansdowne Park, 1015 Bank Street, Ottawa. 20 dealers, a dozen campgrounds, new products, retail store, show-only specials. Discount admission at OttawaRVshow.com. Call Toll-Free 1-877-817-9500.

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Death Notices

Mary Frances English



Mary English (nee Jessop) of Glen Becker passed away at the Winchester District Memorial Hospital on Sat., Feb. 7, 2009. She was 79.

She was the beloved wife of the late Alex English. She was the cherished mother of Pat (Vicki) of Lunenburg and Len (Donna Lea) of Glen Becker. Nan will remembered lovingly forever in the memories of her granddaughters Samantha (Al), Alissa (Jeff), and Marcie. She is survived by two sisters, Elva Johnson of Esterhazy, SK, and Anne Sharpe (Percy) of Welland, ON. She was predeceased by two brothers and one sister.

There will be no visitation. A private family service will be held in June.

If so desired, donations to the Winchester District Memorial Hospital or the Canadian Cancer Society would be appreciated by the family.

The arrangements are entrusted to the Marsden and McLaughlin Funeral Home in Williamsburg.

Marguerite Stephens

Marguerite Stephens passed away peacefully from this life to the next on Feb. 4, 2009. She was 91.

She leaves to bless her memory her daughter and son-in-law Carol and Ted Allan of Nelson, B.C.; her grandson Paul Allan and Julie Gaumond, Katia, Melina, and Lakeisha of Mountain; and her faithful friends Lillian Johnston and Marjorie Scott of Winchester.

By request, there will be no funeral and cremation has taken place. The family will gather in June for a private memorial.

Frederick Walter Wicks

Fred Wicks of South Mountain passed away peacefully after a lengthy illness at the Winchester District Memorial Hospital on Sat., Feb. 7, 2009. He was 70.

He was the son of Laura and the late William Wicks. He was the beloved husband of the late Rena Nevins (nee Dumoulin), and the loving step-father of Lucille Bolton (Gary) of South Mountain, Mary Ann Stewart (Gord) of Winchester, Alex Nevins (LuAnn) of Greely, Jeffery Nevins of South Mountain, Wayne Nevins of Ottawa, and Rita Martin (John) of Vars. He was the cherished grandfather of many grandchildren and great-grandchildren. He was the dear brother of Pearl Dewar (Don), Jim (Lisa), Billy (Eunice), Earl (Eileen), Gerald (Barb), Bert, Barbara, Steven, and David.

By Fred's request, there will be no visitation. A memorial graveside service will be held in the spring.

By family request, donations may be made to the Lung Association.

Arrangements are entrusted to the Byers Funeral Home in South Mountain.

OBITUARIES

which appeared in the *Winchester Press* from 2002-2009 are archived on our web site.

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DRINKING WATER SOURCE PROTECTION
DE L'EAU POTABLE À LA SOURCE

Raisin Region Conservation Authority
Office de protection de la nature de la region Raisin

South Nation Conservation de la Nation Sud

Public Input Needed for a Financial Assistance Program Under the Clean Water Act

The Ministry of the Environment (MOE) wants your input on how the Ontario Drinking Water Stewardship Program (ODWSP) should function in 2009-2011. The Raisin-South Nation Source Protection Committee has been asked by the MOE to assist with local stakeholder consultation.

The Open Houses are scheduled from **7 pm to 9 pm.**

- ❒ **Tuesday, February 17 – Alfred College, 31 rue St-Paul, Room 244**
- ❒ **Thursday, February 19 – Navan, Bearbrook Farms, 8411 Russell Rd.**
- ❒ **Monday, February 23 – Alexandria, Glengarry Sports Palace, 170 MacDonald Blvd.**
- ❒ **Wednesday, February 25 – Finch Community Centre, 4 John St.**
- ❒ **Wednesday, March 4 – Iroquois Civic Centre, 1 Dundas St.**

Can't make any of the meetings? Fill out an ODWSP consultation survey online at
www.yourdrinkingwater.ca
The deadline for submissions is Thursday, March 12, 2009 at 4 pm.

For more information visit
www.yourdrinkingwater.ca

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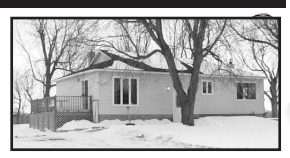

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