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THE CHIEFTAIN

WEDNESDAY NOVEMBER 23
VOLUME 2 NUMBER 25

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Election campaign focussing on agricultural concerns

One week into the byelection campaign for Stormont, Dundas and Glengarry, the Conservatives, Liberals and NDP have focussed on agricultural concerns.

The NDP held a public hearing last Thursday at which chicken producers attacked Agriculture Minister Dennis Timbrell for the lack of production quotas for Eastern Ontario and tomorrow night (Thursday) the party will have a meeting at the Berwick community hall to be attended by Saskatchewan MP Dick Althouse, federal agriculture critic.

Not to be outdone, Liberal candidate Johnny Whitteker launched a scathing tirade on the government for its disregard of Eastern Ontario farmers especially in regard to the matter of tile drainage funding.

Mr. Whitteker charges the government is too complacent and has allowed spending on agriculture to drop below one per cent of total spending.

On Monday night, the Conservatives brought Mr. Timbrell to the riding to speak at a rally for Mr. Villeneuve in Avonmore. Mr. Timbrell immediately announced increased tile and municipal drain funding for Eastern Ontario and pleged $1.5 million for an area at Kemptville College.

The parties have also brought in the bigger guns to help win the election shootout.

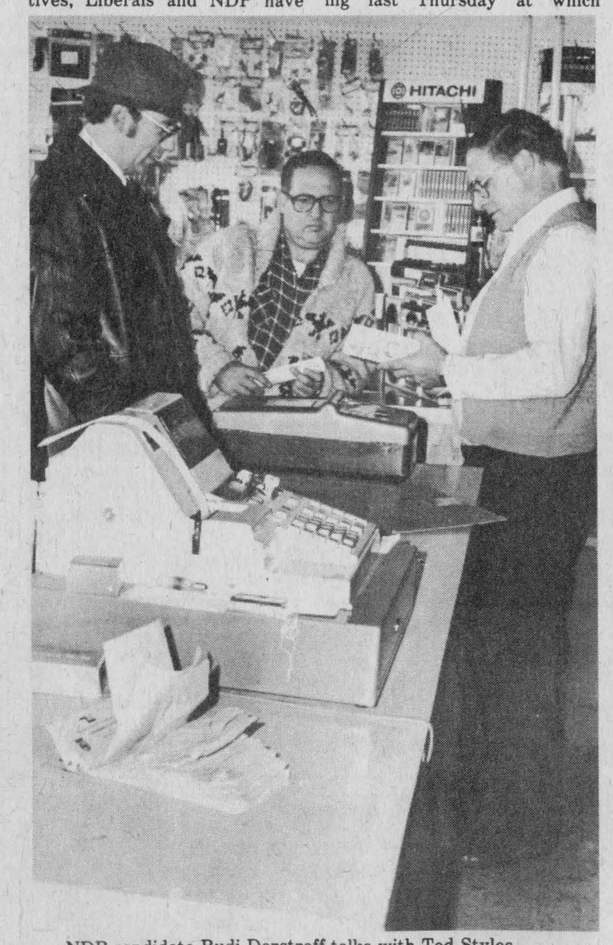
Included with Mr. Timbrell, the Conservatives have had Carleton-Grenville MPP Norm Sterling and Education Minister Dr. Bette Stephenson on hand to support Mr. Villeneuve's cause. And later, on Tuesday, Nov. 29, Premier William Davis will mainstreet with Mr. Villeneuve.

Mr. DAVIS will be at the campaign office in Morrisburg at 12 noon and continue on the hustings throughout the constituency that day.

Meanwhile, the NDP got support from party leader Bob Rae at the nomination meeting and expect him to return for round of mainstreeting during the campaign. In addition, they have summoned help from Cornwall MPP George Samis and provincial agriculture critic Mel Swart as well as the federal ag critic, Dick Althouse, a Saskatchewan MP.

On the Liberal side, party leader David Peterson has entered the fray to mainstreet with the party's hopeful and he, too, is expected to return to the local battle. Renfrew MPP Shaun Conway and Stormont-Dundas MP Ed Lumley have also been present to offer their support.

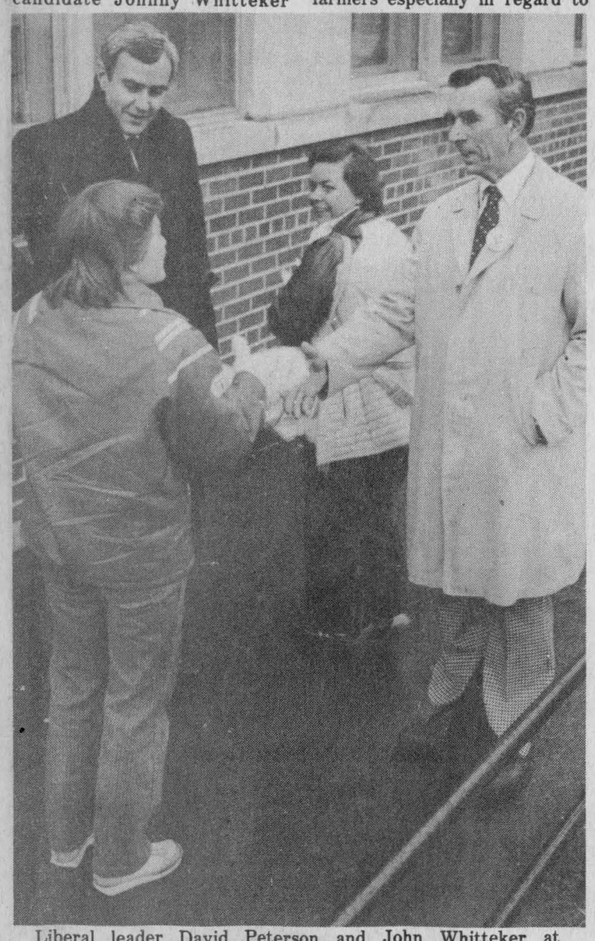
The major item on the coming agenda is an all-candidates meeting to be held at Alexandria next Monday at 8 p.m. All parties have confirmed their candidates will be on hand. The meeting is sponsored by the Glengarry News.



NDP candidate Rudi Derstroff talks with Ted Styles.



Noble Villeneuve is welcomed by Jack Saver.



Liberal leader David Peterson and John Whitteker at Caldwell.

Discrepancy in tile drainage funding concerns Whitteker

[IROQUOIS] - While touring the village during last Wednesday's snowstorm Liberal candidate Johnny Whitteker lamented the fact that Eastern Ontario farmers don't get their fair share of tile drainage funding.

"Two countries in Southwestern Ontario receive as much money as ten Eastern counties and the Ottawa Carleton region put together," Mr. Whitteker stated in a written opinion released to the press that day.

The candidate said he feels the same amount of money should be allocated for tile drainage regardless of where the farmer lives. "This would end the discrimination against the Eastern Ontario farmer that now exists," Mr. Whitteker commented. He added that farmers should be required to raise only the first 25 per cent of funding rather than 40 per cent as is now the case.

"I also feel that under the same type of plan the government should make available up to $7,000 per year per farmer for fence line removal, clearing land and capital grants for buildings. This would be financed 25 per cent by the farmer, 25 per cent by the province and 50 per cent debentured by the province at an interest rate determined each January."

Mr. Whitteker also took aim at the government's capital grants for soil conservation and environmental protection. The program was supposed to run for five years to March, 1988 but less than six months after it started the program ran out of money on some parts of the plan, he said.

"You would think that an industry as important as agriculture and with less than one per cent of the provincial tax dollar going to agriculture that the minister could convince the government to put more money into the plan," said Mr. Whittaker.

The share of the tax dollars for agriculture has declined from 1.83 per cent in 1981 to less than one per cent in 1983, he said. In comparison, Mr. Whitteker added, the Province of Quebec spends three times as much on agriculture.

Mr. Whitteker presented his opinions to The Chieftain while mainstreeting at Caldwell Consumer Products during a shift change.

On hand to offer support was the leader of the provincial Liberals, David Peterson and it was the first day the two men had met.

"I'd only talked on the phone with Johnny before but many of my colleagues know him and have lots of respect for him," Mr. Peterson remarked. "They told me if we were fortunate enough to persuade Johnny to run we can have a very good chance (in the Dec. 15 byelection). He's an absolutely first-class candidate."

After visiting Caldwell, the men dropped in on another local industry, Rohm and Haas in Morrisburg. Earlier that day they marked the official opening of campaign headquarters in Williamsburg.

Increased funding announced

[AVONMORE] - At a public meeting here Monday, Agriculture Minister Dennis Timbrell announced increased tile drainage funding for 12 Eastern Ontario townships.

The meeting at the community hall, was attended by about 125 persons who heard the minister announce the increase in funding would amount to nearly $78,000.

Mr. Timbrell also pledged $1.5 million for a display arena for the Kemptville College of Agricultural Technology. The arena will seat 620 persons with potential to expand by another 620 seats.

The minister said the party's candidate in the Dec. 15 SD & G byelection, Noble Villeneuve, has a sound understanding of agricultural issues in Eastern Ontario and would make a valuable addition to party ranks in the legislature.

The Candidate and Mr. Timbrell spent much of Monday afternoon touring Avonmore area farms and earlier, Mr. Timbrell cut the ribbon on the Moose Creek campaign office.

"There's one thing that has kept the Progressive Conservative party in government through the years that makes all the difference and that is the quality of its candidates. In Noble Villeneuve we have a man of the people who understands their concerns," Mr. Timbrell said.

The minister added that Mr. Villeneuve would provide valuable advice about the concerns of Eastern Ontario farmers.

Last Wednesday evening, Dr. Bette Stephenson, Education Minister, was on hand to cut the ribbon of the party's Morrisburg campaign office and on Friday afternoon, Carleton-Grenville MPP Norm Sterling campaigned with Mr. Villeneuve at Winchester and Alexandria.

Later that evening at Salem Church at Summerstown, Mr. Villeneuve spoke of the importance agriculture holds for the counties and the need for continuing and increased funding for municipal and tile drainage.

He spoke with admiration of how well the English and French population get along side by side in SD & G and underlined his support for the bilingual policies of the Davis government and former MPP Osie Villeneuve. "Osie had a remarkable understanding of both groups," he commented, "I hope that as your member I will be able to do the same."

Chicken producers heap criticism

[FINCH] - Eastern Ontario chicken producers heaped criticism on Agriculture Minister Dennis Timbrell at a public hearing here last Wednesday.

The meeting was one of a series organized by the provincial New Democratic Party's Task Force on Agriculture prior to the byelection call for SD & G, said Mel Swart, agriculture critic and task force chairman. About 50 concerned citizens were in attendance.

The brunt of the criticism was directed by Mike Thiele, a Maxville chicken producer who said he represented a group of 32 producers. "We in Eastern Ontario were ignored when the quotas were distributed," said Mr. Thiele.

"We appealed to (Mr. Timbrell) without success on several occasions to save thousands of our broiler chickens which we're not permitted to market. It's sad when a provincial minister can act as though you don't even exist."

Mr. Swart offered his sympathies to the producers and said his party is well aware of the problem Eastern Ontario chicken farmers are facing.

Mr. Swart later described the ministry's recent $80 million short-term assistance program to Ontario farmers as a cruel joke. He said the banks will end up getting half the money as they foreclose on insolvent farmers. "This comes at a time when farmer's income is at a record low and bank profits at a record high," he said.

Cornwall MPP George Samis also had some words for Mr. Timbrell whom the NDP caucus refers to as the asphalt farmer because he represents an urban Toronto riding but heads the agriculture ministry.

The meeting was attended by NDP candidate Rudi Derstroff and is a prelude to tomorrow night's meeting at the Berwick town hall at 8 p.m. which will highlight a speech from Dick Althouse, the NDP's federal agriculture critic and an MP from Saskatchewan.

Films to raise funds for honor roll

[IROQUOIS] - The Honor Roll Committee of the Iroquois Legion presents two films this Friday to raise funds for bronze plaques and cenotaph alterations honoring the war veterans of the village and Township of Matilda.

The films, to be screened at the civic centre at 7 p.m., are about the coronation of Queen Beatrix of The Netherlands and the legend of Sinter Klaus and Zuarte Piet (Saint Nicholas and his Black Knight). The combined showing is expected to last about two hours and admission is $1 per person and $2 per family.

The legion committee is hoping to raise $20,000 in time for the unveiling of the cenotaph and presentation of the plaques next June. It has been hard at work on the project for more than a year now paring and refining the list of local veterans.

The Dutch community of the two municipalities has pledged to contribute substantially to the fund and committee chairman Wytze Douma is hoping donations will pour in in earnest as the new year rolls around. Donations will be accepted at the Royal Bank in Iroquois.

Portions of the cenotaph were removed following Remembrance Day ceremonies and will be sandblasted byCrowder Monuments before the new inscriptions are made.

The project has spawned similar activity among other Legion branches, particularly in Morrisburg and riverfront communities to the east.

The committee made an invitation to Princess Magriet of The Netherlands to attend the unveiling ceremony and although she has declined, that country's ambassador to Canada will have a representative on hand.

The ball is rolling on Late French Immersion

[IROQUOIS] - At least 16 parents with children in grade six at Iroquois Public School have expressed interest in having Late French Immersion taught to grade seven and eight classes.

Principal Brooke Leightizer said 29 families responded to a survey sent two weeks ago and 13 were not in favor of the program. However, with a minimum requirement of 15 students by the SD & G County Board of Education there is a good chance the program will come to pass.

"My conclusion is that there's enough interest to support pursuing an LFI program here," Mr. Leightizer stated. "It was clear at the start that we needed 14 to 16 students to keep the ball rolling."

Parents of the school committee will be contacted informally for their input but Mr. Leightizer said several have already indicated the next step is to survey the parents with children in other grades and hold an information meeting.

"There's no point in having the program here if its going to flounder two years down the road," the principal said. "If we see a problem down the road then I'll talk with Morrisburg and Riverside Heights schools but right now I'm proceeding within the Iroquois community alone.

"We're very conscious of wanting this to be in the best interests of the students, that's why its going slow. But its worthwhile to give the parents the opportunity to make a decision they'll be comfortable with," he added.

"The ball is rolling and the information meeting will keep the ball rolling," he said.

Christmas Appeal

[BROCKVILLE] - Once again the Salvation Army is collecting funds for their Christmas ministry to the needy. This year's goal is $15,000.

The money that is raised throughout the Christmas season is used to supply food for the less fortunate in Brockville, Prescott, and surrounding areas, as well as Family Services emergency work throughout the area.

All of the money that is raised in this appeal stays in the Brockville district. There is no door-to-door canvass in Brockville for this appeal. The citizens of the area are simply asked to mail in their donation and a receipt for income tax purposes will be sent back.



Bob Hartle was the winner of the Iroquois Legion's car rally held on Saturday and was presented with a cheque for $25, a house trophy and a keeper's trophy by Maddy McDonald, a member of the organizing committee. There were 35 entrants in the rally and points were awarded for finding the answers to questions along the 70-mile route. The second place finisher was Edwin Froats and Miles Lewis placed third to receive keeper trophies and prizes.

Former Morrisburg resident celebrates 105th birthday

[TORONTO] - A longtime resident of Morrisburg is now living in Toronto and celebrated his 105th birthday on Oct. 25.

Clifford Stokes was born in Jamaica and worked with the Farlinger family and on the Arnold Myers farm in the old town of Morrisburg prior to the Seaway project. He left the community before the Seaway went through and moved to Toronto.

Residents of Morrisburg lost track of this popular man until Oct. 25 when Mrs. Gilbert Clark's son presented her with a cutout from the Toronto Star featuring Mr. Stokes' picture and a story on his birthday. "My son didn't know him but heard us talk about him many times," Mrs. Clark said.

"At one time everybody knew him. He was a nice old fellow and all the kids loved to talk with him."

Another resident, Johnny Thompson recalls that Mr. Stokes would stop by the Thompson's Hardware store every morning for a chat. "We'd talk about everything," Mr. Thompson said. "He was a grand fellow and a very happy chap."

Mr. Stokes lived alone in a cottage across from the Farlinger farm while he worked in Morrisburg.

He currently lives at Fudger House, a home for the aged on Sherbourne Street, and remained in the workplace until nine years ago

Mountain farmer top breeder at Royal

[TORONTO] - For Don Rose of Inkerman, being chosen as top Ayrshire breeder at the Royal Agricultural Winter Fair is becoming old hat.

For the third consecutive year, Mr. Rose and his family captured the title on the showing of six-year-old Rosayre Kelly's Peggy. Along with winning the Grand Champion rosette, Rosayre Kelly's Peggy also had the best udder in the show and was one of ten animals Mr. Rose had shown.

The farm was also awarded the best four and five-year-olds in their class.

More than 30,000 persons attended the 55th annual fair.

Block Parent anniversary

It is over 1 year since the Block Parent Program was created in Iroquois. With the exception of one minor incident it has been a highly successful year.

More persons are required to become Block Parents particularly in the following areas: Brouse Drive, Victoria Street, Caldwell Street, Elizabeth Drive.



The Texaco self-serve is now open for business north of Hwy. 2 across from the shopping plaza and the employees operating the business are Betty Dewitt and Darlene vanLanen.

Business has been brisk and owners Frank Ault and Brian Cooper said the station will be operated by ear until they know the habits of customers.



Learning Begins At Home

Most persons call any method of tying rope a knot. But experts generally recognize a difference between knots, hitches, and splices. A knot is used to tie up a bundle, to join the ends of small cords, and to make a loop, a noose, or a knob in rope.

A hitch is used to tie a rope to a ring, spar, post, or other object. A splice permanently joins the ends of two ropes, or forms a single rope into a permanent loop. A fourth type of knot, the bend, is used to tie the ends of two ropes together.

Choosing the right knot is an important part of working with rope. Most knots have been developed to meet some particular need.

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Many people fail to realize the full richness of living because they yearn to be somewhere else — rather than starting with joy and anticipation where they are.

Boredom, disappointment or fear may prompt us to long for greener pastures but it is impossible to start from some other place — we must begin where we are, using what we have, and launch out upon our journey.

The marvel of Christianity is that it meets the need of an individual where he is. Jesus offered a new starting point to each person in need. With Him as Shepherd the journey leads to green pastures, quiet water, and eternal life.

presented by The Salvation Army

Unit to study water management

To study the effects of agriculture on water quality and the demands agriculture places on water supply, the Ontario Ministry of Agriculture and Food will establish a new drainage and water management unit, minister Dennis Timbrell has announced.

"On the one hand, agriculture needs a basic level of water quality to flourish and, on the other, farming like any other activity has an impact on water quality. We want to be better able to evaluate and predict what these are," Timbrell said.

One of the unit's primary functions will be establishing quidelines on water needs throughout the year for agricultural purposes. This will help local conservation authorities plan their water management and anticipate the agricultural demand for water.

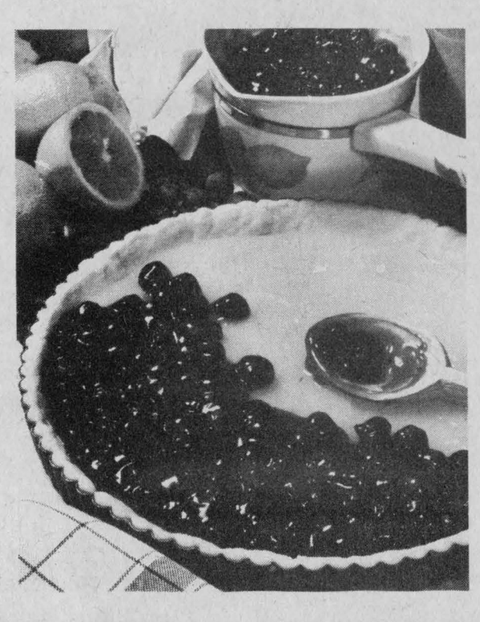
"The conservation authorities are the local water managers; they turn on the tap, in effect, through their water management and flood control measures. This new unit will be able to advise them on how much water will be needed for agriculture in their areas," Timbrell said.

The unit, to be made up of a manager, three water management engineers and two drainage engineers, will develop models that can be used to predict the effects on crop and livestock production of varying levels of water quality and at what point poor water quality begins to adversely affect agriculture.

The unit will also develop models to predict the effect of farming practices on water quality. These values will assist local planners when they are reviewing the water needs of new development such as residential areas.

The ministry is currently participating in water management studies on the South Nation, Thames and Grand Rivers and in the Lake Simcoe/Couchiching area.

Dairy Features



LEMON BLUEBERRY FLAN

If deep dish pies or muffins have been your favourite treatment of fresh summer blueberries, stand by for this taste sensation, LEMON BLUEBERRY FLAN. This flan is really a large butter-crisp tart shell. It is made in a fluted pan with a removable bottom for easy serving. However, you can substitute a large pie plate if you don't have a flan pan. Spread a smooth buttery lemon filling over the crust and top with fresh plump blueberries dressed in a glorious purple glaze. It's as colourful to look at as it is delicious to eat.

1⅓	cups all purpose flour	325 mL
3	tablespoons icing sugar	50 mL
⅔	cup soft butter	150 mL
3	eggs	3
1	cup granulated sugar	250 mL
¼	cup butter	50 mL
2	tablespoons grated lemon rind	30 mL
¼	cup lemon juice	50 mL
	Blueberry Glaze	

Combine flour, icing sugar and ⅔ cup (150 mL) butter; mix until crumbly. Press dough evenly into 11-inch (28 cm) flan pan or 10-inch (25 cm) pie plate. Chill 15 minutes. Bake in preheated 425°F (220°C) oven 8 to 10 minutes. Cool. Combine eggs, granulated sugar, ¼ cup (50 mL) butter, lemon rind and juice in top of double boiler. Cook over simmering water, stirring constantly, until smoothly thickened. Cool. Pour into prepared crust. Chill. Top with cooled BLUEBERRY GLAZE. Chill until set. Makes 1 flan.

BLUEBERRY GLAZE: Combine ¼ cup (50 mL) sugar and 2 tablespoons (30 mL) corn starch in a medium saucepan. Stir in 1 cup (250 mL) grape juice. Cook over medium heat, stirring constantly, until mixture comes to a boil and thickens. Reduce heat, cover and cook 2 minutes longer, stirring occasionally. Fold in 2 cups (500 mL) fresh blueberries*. Cool slightly.

*2 cups (500 mL) frozen blueberries, thawed may be substituted.

Awards honor top turkey producer

A.M. "Mac" Cuddy, President of Cuddy Farms Limited, says he is always trying to make what we have today — better.

And it is this pioneering spirit that has earned him the first Ontario Chamber of Commerce Business Achievement Award and the Award of Excellence at the London Chamber of Commerce's annual Farmer of the Year banquet.

The awards recognize Cuddy's outstanding business achievements and his many accomplishments in agriculture.

Under Cuddy's direction, Cuddy Farms Limited has become the world's largest producer of turkey hatching eggs and poults in just 30 years.

From headquarters in Strathroy, Cuddy oversees a world wide network of breeding farms, hatcheries and processing plants as well as thousands of hectares of field crops and a standardbred breeding farm and racing stable.

Cuddy hatcheries can supply more than 60 million turkey poults a year.

The company is a major contributor to Ontario's food export trade, shipping eggs, poults, and processed turkey meat to all of Canada, the United States and Europe.

Plans are now under way to add a $3 million frozen vegetable plant to the Cuddy Farms operation. Future growth will be in the further-processing of turkey in Canada and the United States.

Cuddy's success is most remarkable because he has had no formal business education. Most of his business decisions have been based on instinct.

"I guess I'm the epitome of the saying: How to succeed in business without really trying."

But in fact, behind his success is hard work and most of all, a drive for excellence.

"Imaginative thinking, the ability to multiply a turkey that has broad acceptance with the trade, and the belief that there is no market too large, too small or too far away — all these are linked to my success."

Cuddy and his five sons operate the enterprise from the home farm, which was purchased in 1950. In 1957, the business was incorporated and by the early 1970's sales had expanded into the United States, Italy and Germany.

"When McDonalds Restaurants went looking for a Canadian poultry supplier for their McChicken, they selected us. We didn't even know they were looking for a supplier. That makes us feel we have something to offer and they must have thought so too."

Cuddy was one of five individuals and corporations honored by the Ontario Chamber of Commerce. Plaques and medallions were presented by Ontario's Lieutenant Governor John Aird, at a recent banquet in Toronto.

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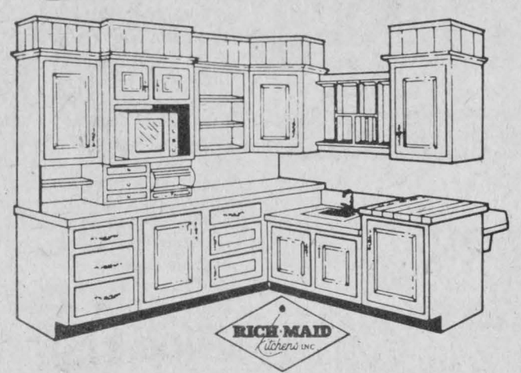

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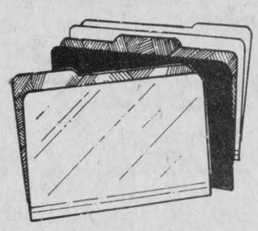

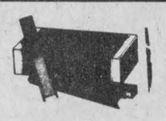

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Brian and Shelley Cooper — *Frank and Pat Ault*

Hospital auxiliary accepts resignation of vice-president

[WINCHESTER] - The regular monthly meeting of the Winchester hospital auxiliary regretfully accepted the resignation of the first vice-president, Doris McVey on Nov. 12.

The nominating committee is now accepting suggestions or volunteers to fill the vacancy and Gail Vanoy or June anderson can be contacted for this purpose.

Thirty two members attended the meeting with Chesterville representatives showing the best attendance at 13 members along with the introduction of three new members.

The Christmas party for patients in 1-east will start at 2 p.m. Dec. 13 and visitors are welcome. Members volunteered to make 32 mini laundry bags for patient gifts.

At the recent blood donor clinic 252 attended, 32 were rejects, and 220 donations were collected. Fred Hill of Morrisburg received a pin and certificate in recognition of 35 donations. Lilias Lancaster reported she presented an outline of the auxiliary's telephone reminder system at a Blood Forum, in Ottawa for Red Cross Clinics.

Winchester now has an organized unit, with Doris McVey as director. Their recent rummage sale made $1330.

Christmas tray favors for patients will be made this year, hoepeully by the Pathfinders.

Baby knitting for the Gift Shoppe in pink color is urgently needed.

The draw for the three dolls on display in the gift shoppe will be Dec. 23. Tickets are available in the shoppe or from members.

Olive Cass reported volunteers had served 858 hours since the last week of August, in meetings, blood donor clinics, in-service areas and the gift shoppe.

A beautiful crocheted Afghan made and donated by Mrs. Linden Hough, Finch was gratefully received and will probably be raffled at the Spring Dessert Party.

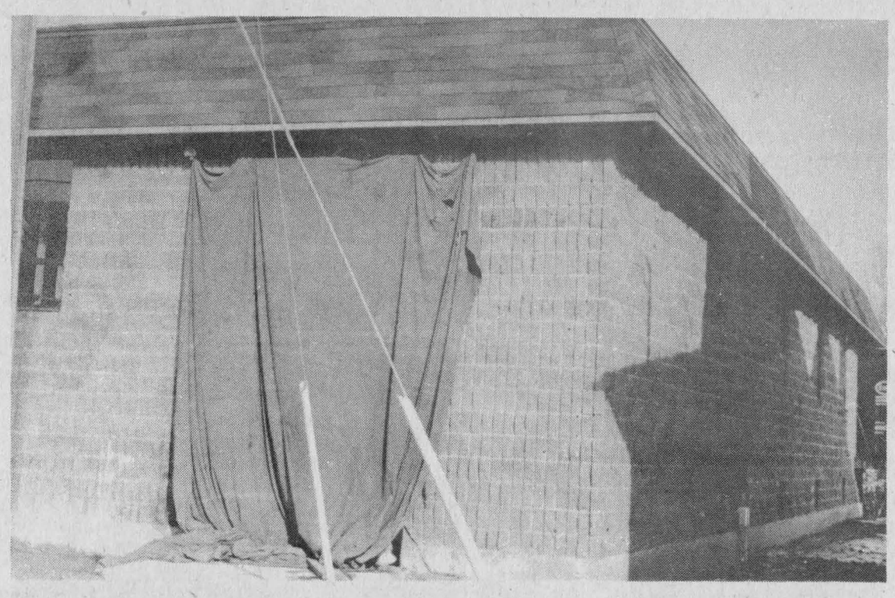
The Gift Shoppe will hold a mini-bazaare Dec. 2 from 9:30 to 1:30 outside the cafeteria and everyone is welcome.

The meeting voted in favor of a Teen Volunteer Award. The details will be published later.

Williamsburg is taking the Tuck Cart in November and Winchester will look after it in December.

Morrisburg reported receipts of $328 from a rummage sale, Ormond presented a check for $480 and will accept telephone orders for their tupperware party. Summers Cass Bridge have completed their canvas with 93 members and $329.50 in donations. The Annual Hospital Auxiliary Bazaar cleared approximately $2600.

Delegates to the Hospital Auxiliary Annual Meeting Nov. 27 - 29 at Holiday Inn, Toronto are Arlene Davidson and Norma Hill, who will be participating in the project parade, Monday morning with a slide presentation. Alternates are Lilias Lancaster and Mary Fisher. Jean Holmes teen volunteer coordinator will take part in a teen volunteer discussion group at the same convention.



The Sacred Heart Church Hall is proceeding rapidly in Cardinal. It won't be long until it is ready for use.

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Support Christmas Seals
Give to your Lung Association



Scenes from Seaway

by Catherine Whittaker

This past week has certainly been a very interesting one at Seaway.

On Monday, Nov. 14, CBC Television, Ottawa, came to Seaway to tape the television show, Reach For The Top.

This show features students from many schools competing against each other to answer questions on different topics. Eight teams participated in several games at Seaway, while the four winning teams played on Tuesday, for the taping of the show.

On November 14, Seaway's team coached by Mr. Hamilton and consisting of Mary-Jo Rosenquist, Glen Cooke, David Ross and Robert Houze competed against Carleton Place. At the end of the match both teams were tied and the game continued in overtime.

Seaway lost on the fourth overtime question which was, Who was the first person to sign the Declaration of Indepenedence? Carleton Place correctly answered John Hancock and won.

Seaway's team must be congratulated for their fine performance in representing the school.

Seaway's chocolate bar drive ended on Nov. 18. In first place for selling the most chocolate bars or chocolate-covered almonds is Dana Boyd, second Vicki Gauvreau, third - Barry Charlebois, fourth - Heather Thoms, fifth - Nancy Beavers and Leland Barkley, sixth David McCaslin, seventh - Tim Moffat, eighth Paula Coulter, ninth David Gilliard and tenth Harvey Kolf.

On November 17, Rev. Dr. Macdonald, Canadian moderator of the Presbyterian Church visited the school to talk with different classes. He and the students discussed their opinions on nuclear war, nuclear disarmament, women's rights and the duties of the church. His visit was beneficial and interesting.

After the Teacher-Student football game was cancelled a month ago due to snow and cold weather, a similar event was planned in its place.

On Friday, Nov. 18 the teachers played the Grade 13 students in a volleyball game. The teachers turned out wearing unusual outfits, compared to their everyday attire.

Someone even dressed up as a chicken. Needless to say the game was hilarious and enjoyed by all.

Gift ideas for the gardener

A wide array of gardening equipment and accessories, as well as interesting reading material is available, making Christmas gift shopping for the gardener easy, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

Some interesting gift ideas you could consider include a pair of garden shears, books on gardening, hanging baskets, decorative pots or a watering can. A small compressed air sprayer or hose-end sprayer would be useful in controlling insects and some diseases. These sprayers can also be used to apply fertilizer solutions to correct plant nutrient deficiencies, he says.

Soil test kits can be purchased to help the gardener analyze the garden soil's fertilizer requirements.

"Take a look around your local garden centre. You'll find plenty of ideas for the gardeners on your Christmas list."

Propagate plants for gifts

There is still time to start propagating plants for gifts in time for the holiday season, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

Coleus, fibrous or pot begonias, wandering Jew, and English or German ivy are some of the many plants which can be propagated from slips, he says.

Begonias can be rooted from a single leaf, but Hogervorst says cutting a piece of stem with a leaf helps the plant root more quickly.

For coleus, wandering Jew and ivys he suggest cutting the tip of a healthy plant with three or four leaves.

Cuttings should be rooted in perlite and peat moss mixed in a 50:50 ratio or rooted in a mixture of coarse sand and peat.

"Beginners should steer away from using vermiculite as a rooting medium because it may pack and remain too moist," he says.

The rooting medium should be moist enough to hold together when squeezed, without water loss, throughout the rooting process.

Optimum temperatures range from 18 degrees Celsius to 20 degrees Celsius (65 degrees Fahrenheit to 68 degrees Fahrenheit). The cuttings also require plenty of light, but direct sunlight is not necessary, he says.

Growth rate of the cutting depends on the type of plant being propagated. The ones mentioned above should be started now to be ready for the Yuletide season, he says.

Winter care for gardens

Even in December, there are several steps that can be taken to prepare your garden for next season's growth, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

First, check that your plants are properly protected. Stakes and supports that have broken in the wind should be replaced. Carefully tie evergreen boughs with plastic netting or rope so they can withstand a heavy load of snow.

When the ground is frozen around tender plants, add evergreen boughs on top of the mulch for more winter insulation. The boughs will help to stabilize the soil temperature by holding the snow.

Check temperatures of indoor storage areas where dahlia tubers, gladioli and other tender plants are wintered. These should be kept in a cool and relatively dry enviroment.

FOR THE BIRDS

Order bird seed now for your garden feeder, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) of the Ontario Ministry of Agriculture and Food's Rural organizations and services branch. Store any extra feed in a plastic bag out of reach of rodents. You can also make suet balls by mixing seed and suet.

CHRISTMAS CLEAN-UP

Pick up Christmas tree needles, bits of tinsel and broken tree ornaments before vacuuming, says Margaret Loewen, textiles and clothing specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. These items could easily plug hoses or damage your vacuum cleaner.

BRIDGE NOTES

Ladies -
Helen Bouck
Doreen Empey
Gents -
Harold Lapier
Lorne Bouck

READ CONTRACTS

Before you sign any contract, make sure you have read and understood the entire document, says Grace Whittington, home and family management specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. If any changes have been made to the original, make sure they are included and signed by both yourself and the person controlling the contract. Be sure that all blank spaces are either filled in or crossed out so that nothing can be added later. If possible, check in person that what you are receiving in return is to your satisfaction.

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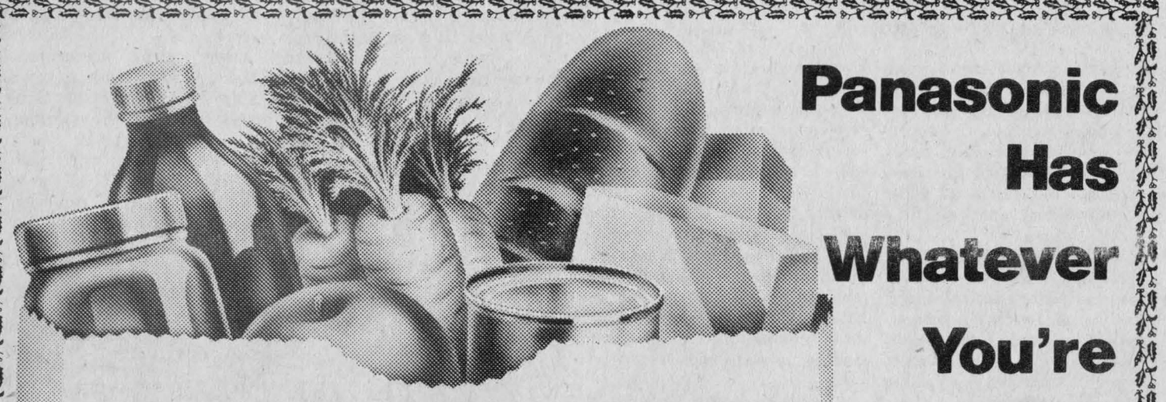

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The Editorial Page

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30c Per Copy Over Counter
$12.00 Per Year (Within 40 Miles - Except Cornwall and Brockville)
$14.00 Elsewhere in Canada

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Queen's Park report

THE HONOURABLE NORMAN STERLING, M.P.P.
CARLETON-GRENVILLE
Provincial Secretary for Justice
LEGISLATIVE ASSEMBLY

CHILD RESTRAINT IN AUTOS

Effective November 1, toddlers weighing between 9 kg. (20 lbs.) and 18 kg. (40 lbs.) must be secured in an appropriate car seat whenever travelling in their parent or legal guardian's vehicle. In all other private vehicles, they must be secured by a lap belt.

To ensure a child's safety, it is essential that every parent install car seats exactly according to manufacturer's instructions. It is particularly important to use the tether strap which bolts onto the floor of the car, to prevent the seat from pitching forward or sideways at a sudden stop or on impact.

The first phase of child restraint legislation became effective on Nov. 1, 1982, and required that children born after that date be harnessed in a rear-facing car seat. In addition, pre-schoolers weighing between 18 kg. and 23 kg. (50 lbs.) were required to be secured by a lap belt.

As an incentive to encourage parents to buy the lifesaving car seats, there will be no retail sales tax on child restraint devices. It is hoped that this bonus will bring attention to the program.

Seat belt legislation has been highly effective since its introduction in January 1976. In 1975, 1,314 drivers and passengers were killed. By 1982, that figure had dropped to 783 - a remarkable decrease of 40%, which represents the lowest number of deaths in 24 years.

Ontario's probationary driver system, in effect now for over two years, has also proven to reduce accidents and offences. The sytem is simple. New drivers, regardless of age, are put on probation. Upon accumulation of six demerit points, an automatic 30-day suspension follows. In order to earn non-probationary status, a new driver must complete two one-year periods of suspension-free driving.

After reviewing the results of these two excellent ministry programs, I am confident that with your help and participation, Ontario's accident and injury record on the highways will continue to improve.

Hand wash silks

Most care labels on 100 per cent silk garments say "dry clean only" but in fact, many silk items can be hand washed at home, says Margaret Loewen, clothing and textiles specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

First test a scrap of fabric for shrinkage or running of color. Measure and then wash the fabric scrap in lukewarm water and mild pure soap. Note any color running from the fabric. Rinse well, then let dry. Measure to test for shrinkage. If none has occurred, then it is safe to wash the garment. If color runs, wash separately.

Wash the garment as you did the fabric scrap, in pure soap and lukewarm water. Squeeze the suds through the garment and rinse well. Roll in a towel to squeeze out excess water, then iron immediately.

If you can't iron right away, roll in a second towel until you are ready to press. Iron while still damp on low heat setting on the wrong side of the fabric.

If you do not have a fabric scrap available for testing, test for running of color in an inconspicuous place, such as an inside seam allowance, the bottom edge of a tuck-in blouse, or a tie belt.

Most manufacturers today [illegible] on silk, but untreated silk can be easily water-spotted.

Test for water spotting by sprinkling water on a fabric scrap. Let dry. If fabric does water spot, protect the fabric with a press cloth when ironing, and never press using a steam iron.

Anti-perspirants also yellow silk and these stains are difficult, if not impossible to remove.

"Rather than using an anti-perspirant, use a deodorant, which will not stain silk," she says.

Bird Notes

by E. G. AVERY



Each year as November arrives, a few lines of verse from "long ago" come to mind, and the mystery of who wrote them has been several years under investigation. This Fall, however with the help of a "friend of a friend", the illusive poem has been tracked down. It is "The Death of the Flowers" by an American poet who lived from 1794 - 1878, and it was found in the old Ontario Third Book. William Cullen Bryant wrote "Where are the flowers, the fair young flowers that lately sprang and stood.

In brighter light, and softer airs, as beauteous sisterhood?" This is the small bit of a lovely piece which has four long verses dealing with the departure of the summer flowers, and the changing woodlands. In another verse, he says: "The Robin and the Wren are flown", referring to the familiar sequence of Autumn giving way to Winter.

Goldfinches and Grosbeaks and plenty of Sparrows are busy around the feeders.

We had a strange bird eating small seeds, and so far have not yet pinned it down. It resembled a female Red-wing: quite dark with streaked breast and a light-coloured line above the eye, but we still have a "reasonable doubt", and are hoping for another visit from this one.

A new feeder has been hung in the tree, a wood construction which holds a good supply of seed. The Chickadees were the first to try it. A suet holder was also added, and Dora the Downy appeared in no time to enjoy this nourishing item. The Chickadees are very fond of it too.

Our newest customer has been received with mixed feelings - a large Black Squirrel who comes in the morning to eat a few Sunflower Seeds So far he has not worn out his welcome, and if he behaves himself should not be a problem. Time will tell.

Cover to cover



The library needs volunteers to help put on bookcovers, put books back on shelves etc. Set your own hours at your covnenience, and please contact librarians if you would like to help out.

Emerald, by Phyllis A. Whitney: in the subtly shadowed world of Palm Springs, a secret reaching back into Hollywood history is about to explode.

Arctic Oil, by John Livingston: a naturalist and conservationist warns about the price of exploiting petroleum in the Artic. This expands the recent CTV special.

A Time For Judas, by Morley Callaghan: a dramatic new version of the story of Christ's trial, crucifixion and resurection. It is "entrhalling, audacious and convincing".

Diving for Sunken Treasure, by Jacques-Yves Cousteau: exciting undersea discoveries with 112 colour photographs.

Don't forget to come to "The Cow Show", presented by the Rag and Bone Puppet Theatre at the Iroquois Civic Centre on Nov. 26 at 2 p.m. 50c each.

Extend life of leathers

A pair of leather boots or shoes is an investment and deserves special treatment says Margaret Loewen, clothing and textiles specialist with the rural organizations and services branch of the Ontario Ministry of Agriculture and Food.

Leather footwear will maintain its smart appearance for several seasons if leather is well preserved.

Water and muddy soil ruin leather faster than ordinary use and wear.

Commercial leather or suede protector such as silicone spray will help prevent stains from soaking in, but will not make boots waterproof.

If boots get soaked in rain or snow blot up any moisture you can with a soft cloth or towel, and let boots dry slowly at room temperature away from hot air registers that tend to dry out the leather.

Stuff boots and shoes with tissue or "trees" to speed drying and help retain shape.

Wipe salt stains on boots with a cloth dipped in a solution of equal parts vinegar and water, then wipe with cloth dampened in water only. When dry, leather can then be given one or two coats of polish.

Brush suede only when dry with a bristle brush or terry towel to help bring up the nap.

Do not store leather and suede footwear in plastic bags as they need to "breathe".

Air boots and shoes between wearings, and give shoes a rest by not wearing the same pair constantly.

Wet handbags can be given the same care as boots and shoes. Dry thoroughly away from direct heat, then polish, using a neutral polish that won't stain clothing.

With proper and frequent care, these expensive leather and suede items will last for years.

Ontario plans welcome for trumpeters!

by Bob Defries, Ministry of Natural Resources

Residents who live near the Lake Ontario shore from Mississauga to Oshawa, should one day be heralding the presence of large and graceful trumpeter swans along the waterfront.

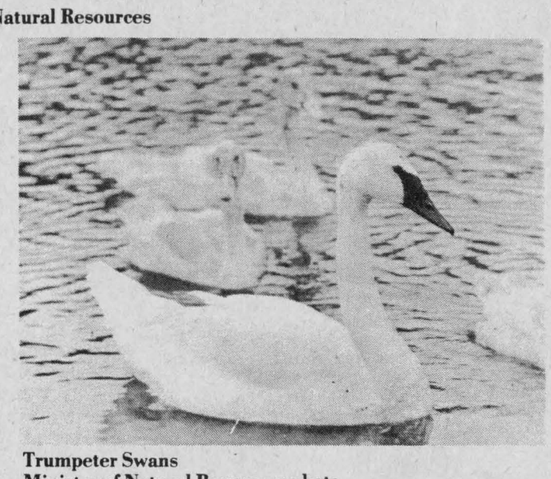
But a lot rests on the successful completion of an experimental research project being conducted by the Ministry of Natural Resources aimed at re-establishing trumpeters in the province. With fewer than 9,000 left on this continent, the big swan is certainly a rare species.

In the 17th and 18th centuries this big-voiced bird was common in southern Ontario. Trumpeter swan bones were found when Sainte-Marie among the Hurons at Midland was excavated, indicating that these birds were considered a food staple by the Jesuit mission staff.

At that time, the Indian people had no firearms and found the swans difficult to kill with bows and arrows. However, by the mid 1700s firearms were available and Indian people throughout the continent killed a large number of trumpeter swans for food. In addition, trumpeter swans skins were sold in London, England. The larger feathers were used as adornments and for pens, the soft down was used to make powder puffs.

Records indicate that the last migrant trumpeter swan in Ontario was killed about 1886. But hundreds, if not thousands, survived until some years later on the Pacific side of the Rocky Mountains.

A 1980-81 survey of trumpeter swans showed there were approximately 8,000 to 9,000 in Alaska and 740 in the lower states. However, there were probably only about 380 in all of Canada.



Trumpeter Swans
Ministry of Natural Resources photo

"In the summers of 1982 and 1983, trumpeter swan eggs gathered from nests in the Grande Prairie area of Alberta were shipped to Ontario by the Canadian Wildlife Service and the Alberta Division of Fish and Wildlife," said Natural Resources Minister Alan Pope. "Ministry staff then placed some of them in mute swan nests, with these swans unwittingly becoming foster parents."

In spite of some problems, a pair of trumpeters hatched from eggs placed in a mute swan's nest in 1982 at Ontario Place on the Toronto waterfront. They were still around this past summer.

Another bird, raised at Kortright Waterfowl Park in Guelph last year, and released at Ontario Place in the spring, is now ranging widely on the waterfront.

And early in June, 1983 another shipment -- six trumpeter eggs -- arrived at Toronto International Airport.

Three were taken to Cranberry Marsh, near Whitby, and placed in a mute swan's nest where two cygnets survived and are now flying in that area.

As well as contributing to Ontario's waterfowl viewing opportunities, the ministry had a more practical reason for the program -- to eventually replace the introduced mute swan with native trumpeters. Mute swans are aggressive, compete with native species for food and space, and will live at very high population densities.

Harry Lumsden, the ministry's waterfowl research specialist involved in the program, says that trumpeter swans live at much lower densities and consequently compete less and may be less aggressive toward other waterfowl.

"If the trumpeters breed in the area, existing mute swans can be caught and removed to municipal parks or waterfowl collections."

Five trumpeter swans are still alive and Lumsden said he would welcome further reports of trumpeter sightings. All of the birds are marked with aluminum leg bands. One of the trumpeters has a yellow neck collar with four black digits on it and the two cygnets reared in 1983 carry yellow wing tags.

The Christmas turkey — cooked to perfection

Turkey is a central part of many Christmas dinners. However, improper handling can spoil the festivities, says Monica Beaumont, foods and nutrition specialist with the Ministry of Agriculture and Food's rural organizations and services branch.

Turkey may be purchased either fresh or frozen.

If you buy a fresh turkey wrap it loosely with foil or waxed paper and place the turkey in the coldest part of the refrigerator. Cook in two to three days.

If you buy a frozen turkey, thaw it in the original plastic wrapper to protect the meat from contamination. A frozen turkey can be thawed in the refrigerator, in cold water or at room temperature.

The refrigerator is the ideal place to thaw the bird. Allow about 10 hours per kilogram (five hours per pound).

To thaw the turkey at room temperature, place the wrapped turkey in a brown paper bag or cover it with a towel. The bag or towel will keep the surface cold while the bird is thawing.

Once the bird is thawed, refrigerate and cook within 24 hours. Never leave the thawed bird sitting at room temperature, she says.

To prepare, remove the plastic bag from the turkey's cavity. Simmer the neck and giblets in salted water until tender (about one to two hours) and use in soup or gravy. Season cavity or stuff with your favorite stuffing.

If you plan to stuff the turkey allow 125 millilitres (one-half cup) to 175 mL (3/4 cup) stuffing per one-half kilogram (one pound) of turkey. Stuff turkey just before roasting to prevent bacterial growth. Stuffing should be loosely packed to allow heat to penetrate more quickly.

To roast turkey, place on a rack in a shallow pan and brush with butter or cooking oil. Cover loosely with foil leaving open at sides. Roast bird at 160 degrees Celsius (325 degrees Fahrenheit). Temperatures lower than 150 degrees Celsius (300 degrees Fahrenheit) are not safe. The turkey is cooked when the centre of the stuffing reaches a temperature of 70 degrees Celsius (160 degrees Fahrenheit) or for an unstuffed bird when the thickest part of the thigh reaches a temperature of 85 degrees Celsius (185 degrees Fahrenheit). If a meat thermometer is not available use the following chart as a guideline. The turkey is cooked when the thickest part of the drumstick is very soft and the whole drumstick moves easily at the joint.

COOKING TIMES Turkey Weight		Cooking Time (Hours)
kg	lbs.	
three	seven	3-1/2 to 4
four	nine	4 to 4-3/4
five	11	4-1/2 to 5-1/4
seven	15	5-1/4 to six
nine	20	5-3/4 to 6-1/2
11	24	6-1/4 to seven

For a golden brown color remove the foil for the last 15 minutes to 30 minutes, and baste.

After serving, remove the stuffing from the turkey and refrigerate it. Remove the cooked meat from the bones and store in the refrigerator for three to four days, or in the freezer for one month.

QUICK MEALS

Spend one day each month, cooking several different less-tender meat dishes and freeze them for quick meals later on. At -18 degrees Celsius (zero degrees Fahrenheit) they should retain their quality for three months says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

COMPARE PRICE

Bulk packages of sausages are often more economical than "links", says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. Cut the cylinder of meat crosswise into patties and broil or sauté.

USE LEFTOVERS

After Christmas dinner is over, be creative and use leftover turkey in casseroles, salads and stir-fried dishes, says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

100 LINES

By J.M.

Tomorrow our friends across the border will celebrate their Thanksgiving and from then on, it's a straight downhill run to Christmas. Christmas advertising will begin in earnest and radio stations will play music of the season to get us all into the mood. TV specials designed to showcase all the latest from toyland will be on the tube every other night and Santa will appear on everything from the nearest street corner to ads for Preparation H.

For parents and teachers it marks the start of the hysteria that overtakes most kids for the few weeks before Christmas. At our house, the arrival of the daily paper with the many coloured advertising insertions always brings some response. Even number two son at the age of two years wants to see the pictures of toys. Neither of them has caught onto the greedy concept of wanting everything they see (that probably comes later) but they still want to keep up on what is being produced in Santa's workshop. Son number one has reached the stage where he wondered if we had to pay Santa for all the toys he brings. Dad told him that Santa doesn't worry if there are only a few gifts, but that if there are a lot of requests, Santa sends Daddy and Mommy a bill for the surplus. If we can get started early enough, perhaps both boys can be taught the ins and outs of zero-base budgeting in preparing their next Christmas list.

One of the things about the arrival of winter is the tendency for us to become a little less active as we curl up with a book or in front of the TV at night. With that comes the use of one of history's most well-known and used phrases ... "while you're up". You know how it goes: "while you're up would you get me an orange"; or "while you're up can I have a magazine." Then the game escalates and it becomes: "while you're up would you put the clothes from the washer into the dryer, " or "would you make some popcorn". This can lead to things like: "while you're up would you mind painting the kitchen".

There are many other similar phrases in our language and with a little effort you can likely think of some that are used at your house. A variation on the same theme goes like this: "Since you're going uptown anyway, can you get me a couple of things." Then there's "Since we have the vacuum cleaner out anyway, ..." That's closely related to "let's just trim this one little branch off the tree . . ." And of course, the grand-daddy of them all (invented by a child): "I'l be there in a minute."

We noted in this column a few months ago that it wuld be nice to see the Indian on our water tower lighted at night. It may have happened some time ago but we just noticed it last week. In any case, it's a nice improvement.

The bottom line: Good judgement comes from experience. Experience comes from bad judgement.

Memories...the 'old' Iroquois



In The Churches

ANGLICAN CHURCH OF CANADA
Parish of Morrisburg - Iroquois
REV. DAVID CRAWLEY
Phone 543-2867

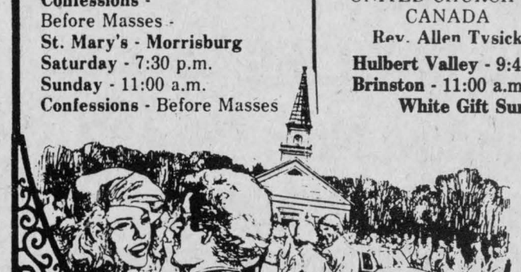
ADVENT 1 - NOV. 27
Holy Communion -
St. James, Morrisburg -
8:00 a.m. and Special Family Eucharist at 9:30 a.m.
Morning Prayer -
St. John's, Iroquois - 11:00 a.m. (Reg. Church School)

ST. CECILIA'S CHURCH
Rev. F.M. O'Connor, Parish Priest
Sunday - 9:30 a.m.
Confessions -
Before Masses -
St. Mary's - Morrisburg
Saturday - 7:30 p.m.
Sunday - 11:00 a.m.
Confessions - Before Masses

IROQUOIS PASTORAL CHARGE
UNITED CHURCH OF CANADA
Rev. Herb Klaehn
B.A., M.Div.
Public Worship & Church School
11:00 a.m.

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, IROQUOIS
Rev. Tijs Theijsmeijer
B.A., M. Div.
Church School - 9:45 a.m.
Divine Service - 11:00 a.m.
Nursery Care is provided during the Church Service

MATILDA PASTORAL CHARGE
UNITED CHURCH OF CANADA
Rev. Allen Tysick
Hulbert Valley - 9:45 a.m
Brinston - 11:00 a.m.
White Gift Sunday



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CHRISTIAN REFORMED CHRUCH
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You are invited to worship

Let us worship together in His house
Peace and love!

Ontario food export hopes rising on California coast

Participants in the second Ontario food export mission to Los Angeles, California, anticipate sales of more than $7 million of products over the next 12 months, Agriculture and Food Minister Dennis Timbrell has announced.

"This mission far exceeded our expectations," said Timbrell, "Ontario products were extremely well received by more than 270 major supermarket buyers, food brokers and distributors in the Los Angeles market area."

A delegation representing 13 Ontario food processing and beverage companies recently returned from the five-day mission.

Ontario companies expect to market a wide range of products to the greater Los Angeles area including McIntosh apples, cheddar cheese, wild rice, smoked salmon, maple syrup, ale and lager beers, Italian specialty meats, pasta products, jams, jellies and marmalades, biscuits, cookies, Easter eggs, pheasant, partridge and quail, a complete line of packinghouse products including pork, beef and veal and confectionery products.

This mission was part of the ministry's continuing Export Market Development Program. Last year, ministry-sponsored trade missions took 145 Ontario companies to 47 countries.

"These trade missions are essential to maintaining and improving our exports to existing markets and they also help develop new markets for our food products," said Timbrell. "Agricultural exports generated jobs as well as more than $1.6 billion to the provincial economy last year."

Participating in the mission were: Alan Priestman, Export Manager, Dare Biscuits Ltd., Kitchener; Mel Neal, President, Fox and Neal Ltd., Ruthven; Barney Gordon, Export Manager, Italfina Products Ltd., Concord; Ron Cortez Labatt Brewing Co. Ltd., London; Bruce MacArthur, President, Cherrington Foods Ltd., Brampton; Harry Nadler, President, Central Smoked Fish Ltd., Toronto; Charles Cundari, Vice-President, Wooden Paddle Candy Co. Ltd., Ajax; Peter Meyer, Export Manager, Siena Foods Ltd., Toronto; James Engen, Shoal Lake Wild Rice Co. Ltd., Keewatin; Douglas Cowan, Export Manager, Putney Health Farms Inc., Caledon East; Joseph Vitale, Export Manager, Primo Foods Ltd., Weston; David Taylor, Export Manager, J.M. Schneider Inc., Kitchener and Carrie Bell, Vice President, Nipissing Game Farm, Callander. The mission leader was Bill Richardson, export development officer for the Ontario Ministry of Agriculture and Food.

USE CREDIT

The use of credit is a privilege, not a right and can be revoked by the bank or merchant at any time, says Grace Whittington, home and family management specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. Credit is granted on the understanding that the customer will pay the outstanding balance upon receipt of a statement.



Senior winners in the Iroquois Legion's Remembrance Day poster contest from Seaway District High School received certificates from Ed Hitchinson at the school on Nov. 11. From left with Mr. Hitchinson are, Chris Barclay (honorable mention), Pam Whitteker (honorable mention), Kelly Porter (tied for second) and Jamie Jones who placed first. Absent was Sherry Toupin who tied for second.



Intermediate winners fo the legion's Remembrance Day poster contest from Seaway high school were congratulated by Ed Hitchinson before services at the school on Nov. 11. From left are Wendy Laurin who, with Shannon Dea and Martine Skillen received honorable mention for unusual treatment of the theme, Leslie Dunn (honorable mention), Derek Potter (tie for second), Mr. Hitchinson, Martine Skillen, Shannon Dea and Terri Lynn Brennan (tied for second).

Task force to study farm safety

The appointment of a five-member task force to study the need for protecting the occupational health and safety of people who work in agriculture was jointly announced by Ontario Labor Minister Russell H. Ramsay and Ontario Agriculture and Food Minister Dennis Timbrell.

The Ontario Task Force on Health and Safety in Agriculture will investigate and report to the ministers on the health and safety of farmers, farm workers and members of farm families engaged in farm work. At present, farmers are not covered under the Occupational Health and Safety Act.

"The Occupational Health and Safety Act covers workers in Ontario," said Labor Minister Ramsay. "The agricultural task force will determine the areas in which agricultural workers need health and safety protection and suggest ways that this protection can be provided."

"Agriculture has the third highest lost-time injury rate in industry with more than 2,300 accidents reported last year," said Timbrell. "It's important that we focus on this matter."

The task force, chaired by Dr. N. Richard Richards, Professor Emeritus of the Ontario Agricultural College, Guelph, will consider: the nature of occupational health and occupational safety hazards in agriculture; the occupations, farm work activities and types of farming where there is a need for protection; how the occupational health and safety experiences of persons engaged in on-farm work vary because of age, relationship to the agricultural industry, length of service and other relevant personal factors; the problems in defining a farming operation and a farm workplace; mechanisms for providing protection against occupational health and safety hazards in farm work; and the areas to be addressed should the conclusion be that legislative intervention is required.

Task force members are: retired vegetable grower Ron Cameron, Thamesville; dairy farmer Rejean Leclerc, Casselman; fruit and vegetable farmer Peter Lindley, Ancaster; ex-farmer Randy Lyons, Picton; and a mixed farmer from Ameliasburg, Lyle Vanclief.

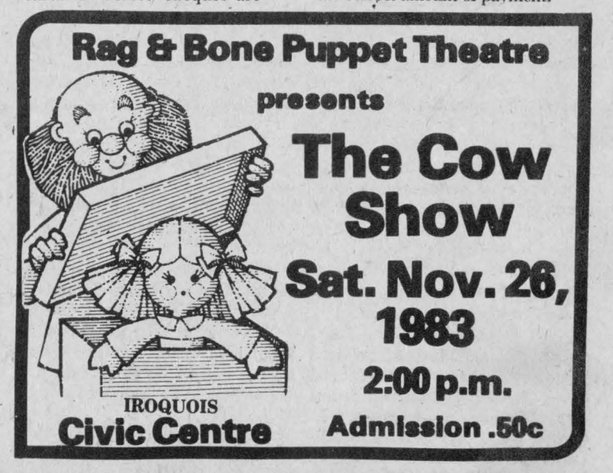
The task force is scheduled to begin its study on October 14, 1983 and is expected to report sometime in early 1985.

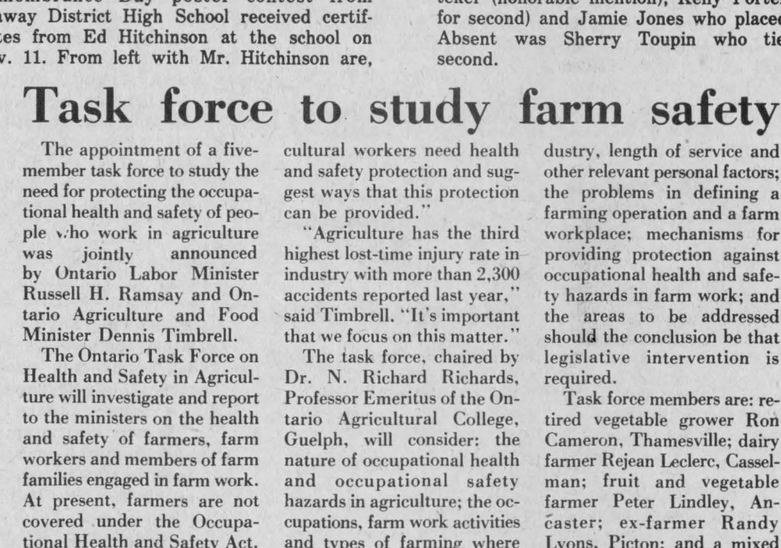
NATURAL FEEDER

You can use your discarded Christmas tree as a bird feeder, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) of the Ontario Ministry of Agriculture and Food's rural organizations and services branch. Support the tree with a pole and drizzle suet and bird seed on the branches.

EASY MONEY

Writing cheques has many advantages over carrying cash, says Grace Whittington, home and family management specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. Cheques are convenient, safe and provide accurate records of your expenditures. Endorsed cheques are legal receipts and always show the correct amount of payment.





Promote farm vacations

A $22,000 cheque from the Ontario Ministry of Agriculture and Food (OMAF) was presented to the Ontario Vacation Farm Association (OVFA) to help the organization continue to promote farm vacations in the province. Pictured at the annual meeting, left to right are: Dr. George Collin, executive director of the ministry's education and research division; Judith Landis of Hunta, Ont., OVFA past president; Ken Knox, director of the ministry's rural organizations and services branch; and Samme Putzel of Vankleek, Ont., OVFA co-ordinator. The grant is based on the association's membership and is part of the ministry's five-year plan to help the organization become self-sufficient by 1987. (photo by the Ontario Ministry of Agriculture and Food)

Pettit to head ministry branch

Dr. James Pettit will head the animal industry branch at the Guelph Agriculture Centre effective October 1, 1983.

Assistant Deputy Minister Dr. Clare Rennie, who made the announcement said, "Dr. Pettit brings to this position a wide range of experience, both at the federal and provincial levels and in private practice."

Dr. Pettit graduated from the Ontario Veterinary College in 1966 and received a post-graduate diploma in diagnostic pathology in 1971.

After three years in a private large animal practice, Dr. Pettit joined the province's Veterinary Services Laboratory in Guelph as a diagnostician and pathologist. He then served for four years as a diagnostician and research scientist with federal Animal Diseases Research Institute. Since 1980 he has been head of the poultry and fur-bearing pathology laboratory section of the Ontario Veterinary Services Laboratory at Guelph. He has also supervised the Ontario Hatcheries and Supply Flock Policy laboratory.

The animal industry branch manages performance testing of breeding stock and animal care programs, as well as providing livestock specialists in the ministry's county, district and regional offices.

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SMYTH'S APPLE ORCHARD
3 miles east of Dixons Corners.
Open 7 days a week
9:00 a.m. until dark
9-TFC

WATER SOFTENERS and conditioners. Guaranteed Sales and Service. Garry Murphy Sales and Service, Brinston 652-4802. 12-tfc

INVENTORY CLEARANCE. All new model 35 V silo car feed cart Regular $3695. Special $2950. 44V silo car feed cart Regular $3995. Special $3195. Five HP Electric Shop 'n' bed regular $1765 Special $1200. Electric barn sweeper Regular $1195, Special $955. Garry Murphy Sales & Service, Brinston, Ont. 24-2c

CRAFT HOUSE - 249 Elizabeth Dr. Open: Wed., Thurs. & Sat. 10 a.m. - 5 p.m.; Fri. 10 a.m. - 8 p.m. Books: New & Second Hand, Oil Paintings, Prints, Pottery, Stamps for Collectors, New and Used Cameras and Dark Room Equipment. Photos of Old Iroquois. Visit our Booth at McHaffie's Flea Market, Morrisburg Sundays 8 - 5. 24-1c

2 HOUNDS, Doors, Windows, Wringer Washing Machine, Heavy Duty Blower, Heavy Axle and Springs 652-4659. 25-1p

C.K.C. Registered and tattooed American **COCKER SPANIEL PUPS.** Special rate for Christmas. $150.00. Gerald Vary, R.R. 4, Spencerville, Ont. 658-2769. 25-1c

½ **PRICE SALE** - Sportsweight cotton. $4.99 value now $2.49 m, quilter's printed cotton $1.49 m, pieces 10 c each, plain poly cottons $3.29 value now $1.69 m, poly cotton remnants 99c m, sheeting $4.99 m, Millends Fabric Warehouse, 58 Buell Brockville. Open Thurs., Fri. to 9 p.m. 22-1c

1978 FORD GRANADA 4 door, auto, P.S., P.B., Runs well. Certified. Best offer. Phone 543-2353. 25-1c

APPLES

MCINTOSH APPLES FOR SALE
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ROBERTSON'S APPLE FARM
No. 2 Highway East.
(Lakeshore Drive)
Phone 652-4609 9-TFC

½ **PRICE SALE** - Leatherettes $2.99 m, uniform fabric $2.49 m, drapery clearance 69c m up, 118" tergal sheers $5.99 m, printed hopsacking, now 20% off, woven drapery 72" width up $8.99 value now $3.99 m Millends Fabric Warehouse, 58 Buell, Brockville. 22-1c

½ **PRICE SALE** - Upholstery velvets, leatherettes, ribbons, zippers, ½ price, trims, laces, elastics 10c, bridal satins, taffeta's ½ price, drapery pleater tape ½ price, 4 prong hooks 12 c each. Millends Fabric Warehouse, 58 Buell, Brockville. Open Thursday, Friday to 9 p.m. 22-1c

FIFTH WHEEL TRAILER - kitchen stove - white enamel, double utility sink with drain, cow stanchions with pipe. Phone 657-3783. 24-3p

1 TABLE TOP PAC MAN by Colico; used 6 mths - $45.00. Phone 652-4471. 25-1c

For Rent

2 BEDROOM APARTMENT for rent in Cardinal. Available immediately. Highway No. 2 Burrell Apartments 657-3356. 25-2c

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ST. ANDREWS WEST PATROL GARAGE
ST. ANDREWS WEST, ONTARIO
WED. NOV. 30, 1983
Commencing at 1:00 p.m.
All items sold as is, delivery not included. Can be viewed at St. Andrews West Garage on Tuesday afternoon. For further information contact Murray Doyle at 1-984-2222.
Terms of sale - Cash, Certified cheque, or pre-established credit.
AUCTIONEER:
Murray Blair

IROQUOIS - Large 5 bedroom older frame home, in good residential location. Well maintained property. Main floor family room. 1½ baths. New gas efficiency furnace. Asking $40,500. (4755)

RIVER VIEW HOME - 8 yr. old 3 bedroom raised bungalow, situated on approximately 1 acre lot. Just west of Cardinal, on Highway No. 2. Living room, dining room, kitchen. Finished basement, including rec room, spare bedroom / den, laundry room and workshop. Asking $54,000. (4725).

MOUNTAIN TWP. - 2 bedroom frame bungalow with color-lok siding. 3 pc. bath. Oil forced air furnace. L-shaped living room and eat-in kitchen. Lot 140 x 132. Asking $20,900. (4717).

WILLIAMSBURG AREA - Aluminum sided 3 to 4 bedroom bungalow, on approximately 1 acre. Good handy-man special. In need of some renovation. Asking $19,500. MLS (4687)

JUST WEST OF WILLIAMSBURG - 12 yr. old 3 bedroom bungalow. Eat-in kitchen / dining room, with patio doors to deck surrounding an in-ground pool. Double attached garage, paved drive. Large lot. Asking $55,000. (4758).

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Are you moving or just selling - **WE BUY** full or partial contents of household furniture, glassware, clocks, crocks, guns, iron beds, anything old. Call 926-2290 32-6mths.

CRIPPLED CATTLE WANTED top prices paid. Phone Cardinal 657-4423. 22-4c

HEALTHY, HOLSTEIN BULL CALVES WANTED, between 100 to 120 lbs., 4 to 10 days old. Top prices for good calves. Deliver to Mutual Research Farm, Lightning Street, Williamsburg on Tuesday Nov. 29 between 9:00 a.m. and 12 noon. 24-2c

WORK WANTED
Bookkeeper - 7 years experience. Will work at your place of business. Phone 652-4781. 25-2p

SALES HELP
Excellent Opportunity Commission sales, to introduce new electronic media to public. Requires self starting ambitious person with car. Call Jim at 925-5104. 25-1p

Cards Of Thanks

I would like to thank everyone who sent me sympathy cards after the death of my husband Colville McVicar.
Marion (Fossitt) McVicar, 90 Paisley Blvd. Apt. 207, Mississauga, Ont. L5B 1E2 24-1p

I would like to say a special thank you to Dr. D. Justus, Dr. Davies and 1st floor staff for their great care. Also to thank Rev. A. Tysick and relatives and friends for flowers, cards, treats and visits while in hospital and at home.
Jim Fulton 25-1p

We wish to thank our family, friends and neighbours for the gifts, cards and their attendance at our home to celebrate our 50th Anniversary.
Olive and Irwin Casselman. 25-1p

I would like to extend grateful thanks to the people of Iroquois and surrounding area for the cards, visits and concern while I was a patient in Winchester Hospital. Special thanks to the nurses and doctors for their care.
George Fanning 25-1p

The family of the late Ruby Richardson would like to express their sincere thanks to Dr. Albert, Dr. Soutter, Dr. Flannigan. Special thanks to nurses of Fourth Floor and First East.
Deepest appreciation to friends, neighbours, relatives, for their acts of kindness, deeds, flowers, cards and food. Special thanks to Mrs. Reg Conners, Mrs. Willis Montgomery, Mrs. Bruce St. John, Mrs. C. Marlatt and to all Pallbearers.
Sincere thanks to Rev. D. Bugler, Rev. J. Riesberry, Rev. Pearce, Rev. Fresen and the Marsden Funeral Home, Cardinal. Your kindness will always be remembered.
John Richardson and Family.

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Coming Events

CHRISTMAS DINNER-DANCE sponsored by the Iroquois-Matilda Lions Club - Sat. Dec. 3, Iroquois Civic Centre. Dinner, entertainment and dancing to the big band sound of Night Train. Tickets $20. per couple available from Lions members or Beaupre Jewellers. Tickets have been limited and will go fast, so plan now to kick off the holiday season with us.

CHRISTMAS CRAFT SALE sponsored by the Morrisburg and District Arts and Crafts on Dec. 1, 2 and 3. At the **Morrisburg Golf Clubhouse.** Note the Location Change. Bake sale and refreshments by Morrisburg Firefighters auxiliary. 23-3c

Iroquois United Church Annual **BAZAAR, TEA AND FOOD SALE** to be held Saturday, November 26 - 2:00 p.m. in the Church Hall. Candy, Crafts and Gifts for all Christmas Shoppers, besides beautiful Christmas Tree decorations. Tea to be served in cozy tea-room. Everyone welcome! 24 24-2p

The Friendship Group of St. Andrews and St. James Presbyterian Church, Cardinal will hold their **CHRISTMAS BAZAAR AND BAKE SALE** on Saturday, Nov. 26 from 10 a.m. - 2 p.m. Lunch will be served from 11:30 p.m. to 1 p.m. Price $2.00. 25-1p

PUBLIC MEETING - Vic Althouse, MP, the NDP federal spokesman on agriculture, will speak at Berwick Hall Thursday Nov. 24 at 8 p.m. 25-1c

Matilda Bowling League **CHRISTMAS PARTY** to be held at Matilda Community Hall, Dixons Corners, on Dec. 3, 1983. Tickets available at the door. Music by Rhythm Incorporated. 25-2c

FRANK'S TOURS
UPCOMING TOURS
Tour 1 - FLORIDA, DAYTONA, 23 days - Feb. 18th - March 11. Surfside Inn $899.00 p.p.
Tour 2 - MID TERM BREAK EXPRESS BUS - March 10 - March 18, Daytona Beach, Hawaiian Inn, starting at $375.00 p.p.
Tour 3 - NASHVILLE AT EASTER - April 19 - April 23, starting at $275.00 p.p.
Tour 4 - JAMBOREE IN THE HILLS July 13th - July 15th. Starting at $239.00 p.p. Wheeling W.V.A.
For Information:
Frank's Tours
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MORRISBURG, Ont.
543-3444 or 535-2888
25-1c

The family of Martin and Klara Verburg cordially invite friends and neighbors to an **OPEN HOUSE** on Saturday December 3 from 2:00 - 5:00 p.m. at Iroquois United Church Hall in honour of their 50th Wedding Anniversary which is D.V. Dec. 1, 1983. Best Wishes Only. 25-1p

FLORIDA
Tour 1 - Daytona Beach 23 Day Tour. Feb. 18th - March 11, Surfside Inn $899.00.
Tour 2 - Mid Term Break Express Bus, March 10 - March 18th, Hawaiian Inn. Starting at $375.00 p.m. For Information: Frank's Tours, Box 606, Morrisburg or Phone 543-3444, 535-2888. 25-TFC

Rag & Bone Puppet Theatre presents "The Cow Show", Iroquois Civic Centre. Sat. Nov. 26, 2 p.m. Admission 50c. 24-2c

GENERAL MEETING will be held at the Golf Club House on Nov. 27, 1983 at 1:30 p.m. All members are requested to attend for election of officers and other business of the club.
W. Hagarty, Sec. Treas.

Iroquois-Matilda Lion's Club **NEW YEARS EVE DANCE,** Sat. Dec. 31, 1983 at Matilda Community Hall. Music by Rhythm Incorporated $20.00 per couple. Tickets can be obtained at Royal Bank, Beaupre Jewellers, C & L Feeds and any Lions Club member. 24-4c

Brinston United Church **BAZAAR** Saturday, Dec. 3 from 2 to 4 p.m. To be held at the I.O.O.F. Hall, Brinston. 25-2c

In Memoriams

ST. PIERRE - In fond memory of a dear husband, father, and grandfather, Stanley Allen, who passed away November 21, 1978.
Treasured memories keep you near,
As time unfolds another year
No need for words except to say,
Still loved and missed in every way.
Sadly missed by Iva and family. 25-1c

Mr. and Mrs. Orville Bjornstad and daughter of Preeceville, Sask. were visitors for a week with Mr. Bjornstad's sister Bernie and Cook Sisty. They were impressed with the village, the stores and the hospitality of the people of Iroquois. The highlight of their visit was the locks and the huge boats.

NOTICE TO CREDITORS AND OTHERS
IN THE MATTER OF ESTATE OF
NINA McGOWAN, LATE OF 166 DAVIS DRIVE, IROQUOIS, ONTARIO, SPINSTER, DECEASED
All persons having claims against the Estate of Nina McGowan late of 166 Davis Drive, Iroquois, Ontario, Spinster, who died on or about the 9th day of October, 1983, are hereby notified to send particulars of the same to the undersigned on or before the 8th day of December, 1983, after which date the Estate will be distributed with regard only to the claims of which the undersigned shall then have notice and the undersigned will not be liable to any person whose claims they shall not then have notice.
DATED this 7th day of November, A.D. 1983.
WALTER McGOWAN
and
JOHN E. McGOWAN,
Executors, by their solicitors herein,
GORRELL & GRENKIE,
Box 469,
Iroquois, Ontario,
K0E 1K0
23-3c

GORDON W. **THOM** REAL ESTATE BROKER

MORRISBURG - Split level 3 bedroom bungalow, living room with fireplace, eat-in kitchen, rear porch, office area attached. Suitable for dental office or hairdressing parlour, full basement, garage. Asking $79,900.00.

MORRISBURG — 2 storey brick residence comprising 1 - 1 bedroom apartment and a 3 bedroom apartment; full basement. Asking $41,500.00.

IROQUOIS - Frame 2 bedroom apartment and restuarant, centrally located in business section. Good sized living room, front porch. Restaurant completely equipped with pertinent appliances. Priced lowered to sell quickly to $34,900.00. Owner will consider taking back a first mortgage.

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CHRISTMAS SALE
UNRESERVED AUCTION SALE
Sat. November 26, 1983
10:30 a.m.
Corner of Hwys. 43 & 31
Winchester, Ontario
Selling on behalf of Ward Mallette Inc. the following:
New Stock: 75 Rubicks balls and pyramids, 6 spice racks, 50 picture frames, 50 butterfly pickle dishes, 25 hamburger coasters, pocket knives, snake cubes, 62 pc. 25 pc. & 30 pc. socket sets. Selling on behalf of Four Seasons Lawn & Marine, Woodstock Ont. the following:
New stock: 100 snowmobile helmets, cases of new JD toys, snowmobile suits, children suits, T-shirts, shovels, boat cleaner, wax, spray paint, outboard oil, rope and machine, rubber raft, Toro push snow blower, JD weed eater, Toro weed eater, boat props, Allied 250 loader fits JD 950 tracotr, weight box for JD 950, tire chains, rear tires for lawn tractors, JD 2X12 plow, JD 35,000 BTU portable heater, front blade for lawn tractor, snowmobile hoods, chain saw chains, spark plugs, safety helmets, flash lights, JD snowblower for lawn tractor, marine fuel tank.
Used stock: JD 110 lawn tractor w / 38" mower, 1980 Skidoo Citation 440, caboose, 2 double snowmobile trailers, Huss 8 hp. log splitter, JD No. 100 compressor 1 hp., JD A22 pressure washer, Green machine weed eater, Electrolux commercial vaccum, Electrolux carpet shampoo, 2 ceiling suspended gas heaters, 1 hp. air compressor 220 V bench grinder, air gun, jacks, drills, volt meters, electrical test equipment, 1T chain hoist, benches, hyd. work bench, service manuals, plus large assortment of shop tools, motor props, 90 hp. 75 hp. 35 hp. 28 hp. & 18 hp. Evinrude motors, 20 outboard motor stands, boat dollies, 2 snowmobile transport carts, Marine fuel tank, Sharp ER3535 cash register, desk, 5 chairs, cheque writer, filing cabinet, type writer, dressograph, office supplies, 1980 Ford custom 150 8 cyl. automatic.
Selling on behalf of Ward Mallette Inc. the following: Canox welder, 5 hp. air compressor, sand blaster, appr. 60 bags of Silice 40 sand, chain hoist, work bench, vice, torches, shop tools, desk, chair, filing cabinet, parts bin, large assortment of milking equipment parts, filters, teat dip, teat cups, couplers, elbows, clamps, hose, plus many more parts to numerous to mention. Milking machine, 2 s.s. milk pails, s.s. wash tank, 2 cow clippers, ext. cords, cow halters, chain hoist, wheel barrow, fencer, floats, insulated stove pipe.
Also selling truck load of new tools, drill presses, table saws, bench grinders plus hand tools.
Terms of sale: Cash or acceptable cheque with bank letter. Announcements made the day of the sale overrules all previous advertisements.
Lunch Available
RIDEAU AUCTIONS INC.
Winchester, Ontario
For more information call Hunter McCaig, Manager
Days: 613-774-2737, 774-2735
Evenings: 613-258-5095
24-2c

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requires immediately (presumably until March 5 / 84 or longer)
TEACHER [FULL TIME]
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Written applications will be received until November 25, 1983 by Mr. Brian Loucks, Principal, P.O. Box 39, Avonmore, Ontario, K0C 1C0 (346-5502)
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One Complete Showing each evening at 7:30 p.m.
MON., TUES., WED., THURS.
NOV. 28, 29, 30
DEC. 1
WAR GAMES [P.G.]
It is hard to know if this is a game or for real.
FRI., SAT.
DEC. 2, 3
CURSE OF THE PINK PANTHER [P.G.]
Starring David Niven, Robert Wagner and Capucine.
FRI., SAT.
NOV. 25, 26
WAR GAMES [P.G.]
A timely show of what a super power war could be.

IT'S TIME
To Feed Your Feathered Friends
★ Wild Bird Seed
★ Sunflower Seed
★ Cracked Corn
★ Scratch Grain
BUY IN BULK AND SAVE
Rooney Feeds
652-4382
IROQUOIS 24-3c

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After 37 years in business, Lee Shaver keeps on trucking

[STAMPVILLE] - During his 37 years in the trucking business, Lee Shaver has seen many firsts in southern Dundas County.

In 1946 he embarked on a trucking career when he purchased the first independently owned truck in the area. That truck, he pointed out, didn't have an automatic dump and what was loaded by hand was removed by hand. Two years later, Mr. Shaver became the first operator to purchase a backhoe and his work increased from hauling supplies to digging basements and landscaping.

Always one to look for ways to expand, Mr. Shaver transformed a Ford one-ton van into the first school bus to serve Iroquois high school in 1953. Soon after, he obtained the first hydraulic sander used by the United Counties Roads Department.

With the coming of the Seaway in 1956 and the opportunities it presented to an enterprising young man, Mr. Shaver purchased the first privately owned bulldozer and later played a role in an important historical first. He and his crew laid a makeshift road to transport buildings from old Iroquois to the new town and he was present when the first house, owned by Tommy Johnson, was moved.

It was during the 1950s that Mr. Shaver's business prospered. He hired another man and bought another truck in 1951 when he won the contract to haul all the sand for construction of the RCA plant near Prescott.

However, it was left for the Seaway project to really turn the business into a going concern. As the need arose more equipment was purchased and additional men hired. The crew was increased to seven men and a front-end loader and more dump trucks were added.

"It was a ten-hour day and there was no such thing as a coffee break," Mr. Shaver recalled. "We'd prepare for the day at 6 a.m. and work until 6 p.m. We often spent the night changing a motor or replacing a front end so we'd be ready to go the next day. You had to be ready when the work was there," he explained.

And the work was there indeed lasting for three years, the three busiest years in Mr. Shaver's business. "I got $35 a week and paid all my own expenses but I don't know if things have progressed since then," he said.

"We still have the machinery but there's no work now. In the last three years you've really got to scratch to make a living."

One big problem, he said, is government regulations which require all machinery to be in perfect order. Even if there's a minor part broken that won't affect safety or the quality of work the repair must be done before the vehicle is allowed on the road.

Doing his own repairs is one way Mr. Shaver manages to keep expenses to a minimum. In 1958 he built his own garage using parts from the former Sun Oil building where Universal Terminals is located. He and sons Mark and David handle all repairs, painting, and body work and at this time they are the only employees in the business.



Jean Shaver, his wife, also does her part in the business by keeping records straight and doing miscellaneous jobs, Mr. Shaver added. Another, son, Michael, is employed at the Ministry of Transportation and Communications while daughter Sandra is well-known as a councillor for Matilda Township and son Steven is a local mechanic and outdoorsman.

The family comes by the business naturally. Mr. Shaver was born in Rowena in 1930 and raised at Stampville by Charlie and Denise Shaver who operated their own garage since it was built in 1946.

The family was surrounded by motor vehicles, Mr. Shaver noted, and their maintenance was something that became natural over a period of time.

When he first started out on his own it was the local people who gave the business the push it needed. "The people around here used me good, I have no kicks. The farmers will help you just because you're a young man starting up," he remarked.

That help from the community and a reputation as an honest businessman kept the business afloat during bad times. "That was one thing my dad told me -- be honest -- and I've never forgot it," Mr. Shaver said.

Trucking and working with machinery is in Mr. Shaver's blood. "Sure there were lots of times when I got disgusted and discouraged but there was no choice but to go on," he commented. However, he noted, there really was another choice.

After finishing public school at Stampville and going through Iroquois High School, Mr. Shaver was accepted to train as a school teacher at Ottawa Normal School but decided against it. "I've always liked outside work too much," he said.

Liking outside work is one thing, however, after one experience you'd thing it was enough to last a lifetime. It was during a major ice storm in March "somewhere around 1956", and he and Harry Tindal were working for MTC (then Department of Highways) sanding the roads. "We drove 96 hours non-stop in the ice rain," Mr. Shaver said.

That kind of dedication has kept Mr. Shaver's name on MTC files and to this day he still helps out sanding roads in the winter. He has also continued driving school buses for the past 30 years although the fleet, which at one time numbered five buses, has dropped to one and he brings in 55 Seaway high and Iroquois Public School students to town each day.

In the meantime he keeps busy with township work and odd jobs such as hauling furniture. Spare time this summer allowed the family to work on two houses, his own and one belonging to Sandra and Roger Johnston. His own home, he figures, will be completed by Christmas with the family moved in then.

As for the future, Mr. Shaver said he doesn't have any grand schemes but intends to play it as he always has -- day to day.

Dundas County farm news

by R.A. Humphries
Agricultural Respresentative
Dundas County

Winter weather has arrived and dairy cattle are now on winter feeding programs. The increase in protein supplement prices has prompted a number of farmers to use the Ministry's Feed Analysis and Computer Ration Program. This small investment of $100 only represents 25 per cent of the annual purchased feed cost for a single cow.

The winter season brings a great number of awards banquets, annual meetings, information days and short courses. The ministry is offering three short courses in January and February.

On January 11 a six-session Farm Financial Management Course will be offered at Winchester. Also on that date a Beef Cor Calf Management Short Course will begin at Avonmore Community Centre. It will run for eight sessions in the evenings.

A Dairy Breeding and Feeding Short Course will begin in Kemptville on February 6 for six sessions. Dundas County producers are invited to enrol in any of the above three. Please call us at 774-2313.

There are still a few tickets left for Management for Profit Seminar being held on November 24. Tickets are $20 per person and $10 for additional family members.

I just received an agenda for the popular Farm Business for Farm Women's Conference being held on January 5 and 6 at Kemptville. The pre-registration fee is $40. Topics being covered this year include accounting, family law, stress management, insurance and estate planning, off farm investments and first aid.

There has been a change in the Farm Tax Reduction Program for the 1984 taxation year. The rebate is being raised from 50 to 60 percent of the total property tax bill. The level of gross farm production is being lowered to $5,000 per year in Eastern and Northern Ontario and will remain at the current $8,000 per year for Central and Southwestern Ontario.

The farm residence will be assessed with farmland and outbuildings as in the past. In 1984, woodlot products such as logs, posts, poles, lumber and firewood will be included in gross production calculations.

Farmers who have questions on the Farm Tax Reduction Program can call the Subsidies Branch, Ministry of Municipal Affairs and Housing at (416) 585-6565.

The Ontario Farm Adjustment Assistance Program (OFAAP) which began on January 1, 1982 has been extended to include 1984. The deadline for new and renewal applications under OFAAP 1983 is fast approaching. Applications must be in your lenders hands by December 31, 1983.

UPCOMING EVENTS

November 24 -
Management for Profit Seminar, Parrish Building, Auditorium, Kemptville College 9 a.m. Pre-Register $20 Spouses $10

November 26
Dundas Cattlemen's Car Tour, Winchester Arena 9 a.m.

November 30
Dundas Holstein Club Annual Meeting, Winchester Community Centre, 10:30 a.m.

December 7
Dundas Soil and Crop Improvement Association Annual Meeting, Winchester Community Centre 10:30 a.m.

December 7
Dundas Federation of Agriculture Annual Meeting, OMAF Boardroom, 8 p.m.

December 14
Agri-Computer Users Group Information Day, Lions Hall, Winchester, 10 a.m.

January 5 & 6
Farm Business for Farm Women's Conference Kemptville College, Pre-Register $40.



Don't let stains spoil festive season

Table linens, clothing, furniture and rugs all take a beating during the festive season and are prime targets for cranberry sauce, wine, gravy, candle wax and alcoholic beverages.

Make Christmas time more enjoyable this year by following these tips on cleaning up Yuletide stains, says Margaret Loewen, clothing and textile specialist with the rural organizations and services branch of the Ontario Ministry of Agriculture and Food.

"The best advice is to act quickly, whatever the stain, because most can be removed easily when fresh and not yet dried," she says.

Cranberry sauce and wine are fruit stains and should be soaked and sponged immediately before they dry, with cold water or soda water. Then clothing or tablecloths should be laundered, using a pre-soak in an activated enzyme product, in the hottest water possible. For non-washable items, rub a little glycerine (from the drug store) into the stain and allow it to stand for about one hour. Then treat it with a grease solvent or a cleaning fluid such as perchlorethylene, a non-flammable solvent available in most drug stores.

Gravy stains can be removed easily by first sponging with cold water (gravy is a protein and hot water would set the stain), then treating with a grease solvent if the grease mark still remains. Then launder as usual.

Candle wax should be scraped off with a dull knife. The remaining stain can be treated with a cleaning fluid, and if a wax color remains, sponge with equal parts of rubbing alcohol and water. Washable items can be bleached if necessary.

Alcoholic beverage stains should be attacked before they dry, by sponging or soaking the stain immediately in cold water or soda water. If the fabric is washable, launder in warm suds and rinse.

Around Christmas time, rugs and carpets also get more than their share of mud and salt from wet boots, and carbon black from the fireplace.

Greasy dirt (some muddy stains from boots) and carbon black should be treated with a detergent solution made up of five millilitres (one teaspoon) of powdered detergent dissolved in 250 mL (one cup) of water. Any remaining grease stains can be removed with a grease solvent like perchlorethylene.

Dried salt stains (white residue) on carpets can be removed with a solution of 1/3 vinegar in 2/3 water. Follow this with a solution of 15 mL (one tablespoon) ammonia in 200mL (3/4 cup) water to neutralize the vinegar.

Loewen says immediate attention and proper treatment should help clothing and carpets survive another festive season this year.

Fashion update

Fall/Winter'83 fashions are tailored and sophisticated, says Margaret Loewen, clothing and textiles specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

Step out in style this fall in the tailored coat dress or chemise, or a tailored suit, all in natural fibres such as wool, cotton or silk. Complete the look with a hat, gloves and flat, tailored clutch bag.

Pearlized finishes in leathers, new weights and colors in denim and corduroy and geometrics, plaids and tapestries will be strong, she says.

Colors this fall are deep rich shades such as indigo blue, charcoal grey, chestnut brown, black and navy. Heather and Shetland mixtures of greys, soft lavender, rose, blue and wheat are also popular.

OAC weeds team tops at contest

When it comes to weeds, 12 Ontario Agricultural College (OAC) weed science students at the University of Guelph really know the score.

In fact, these students won the overall high score honors in a competition held recently near Washington D.C., defeating seven American college teams.

"The main purpose of the competition is education," says Coach Jack Dekker, an OAC weed specialist. "This contest gives students invaluable experience they can use in their agriculture careers in all different sectors of Ontario production."

In the contest, the student faces a real life situation — a "farmer" with a problem in his field — and the student is asked to determine the problem and come up with a solution.

Students must also learn the scientific and common name of more than 50 weeds and the herbicides which are effective in combatting them.

A plot set up at the Ontario Ministry of Agriculture and Food's Elora Research Station helps students test their ability to identify herbicide injury to plants.

A herbicide sprayer, identical to the one used in competition, was also purchased so students could learn to assemble it and calibrate it accurately within the one hour time limit.

OAC teams have participated in the last three weed science contests, competing against some of the best agricultural colleges in North America.

Dekker says he's been really pleased with the results from other years, "and at next year's contests, I think we'll be the team to beat."

The final team rankings at the North East Weed Science Society's competition were: Ontario Agricultural College, University of Guelph, graduate team, 1st; Cornell, graduate team, 2nd; University of Maryland, graduate team, 3rd; Penn State University, undergraduate team 4th;

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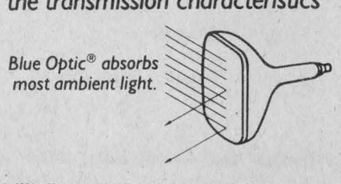

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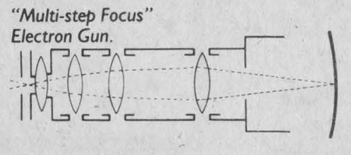

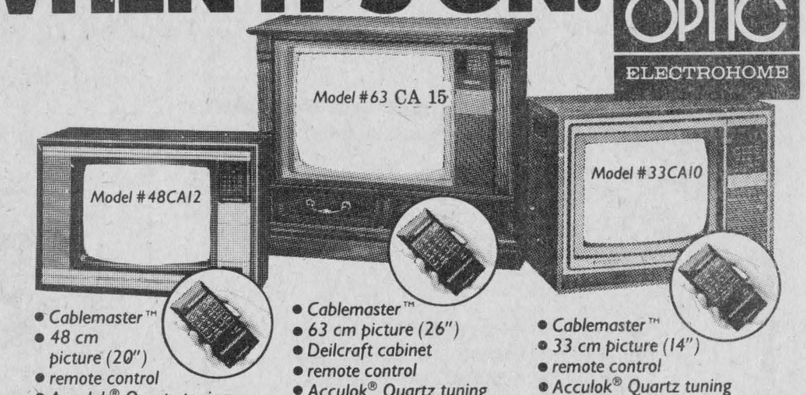

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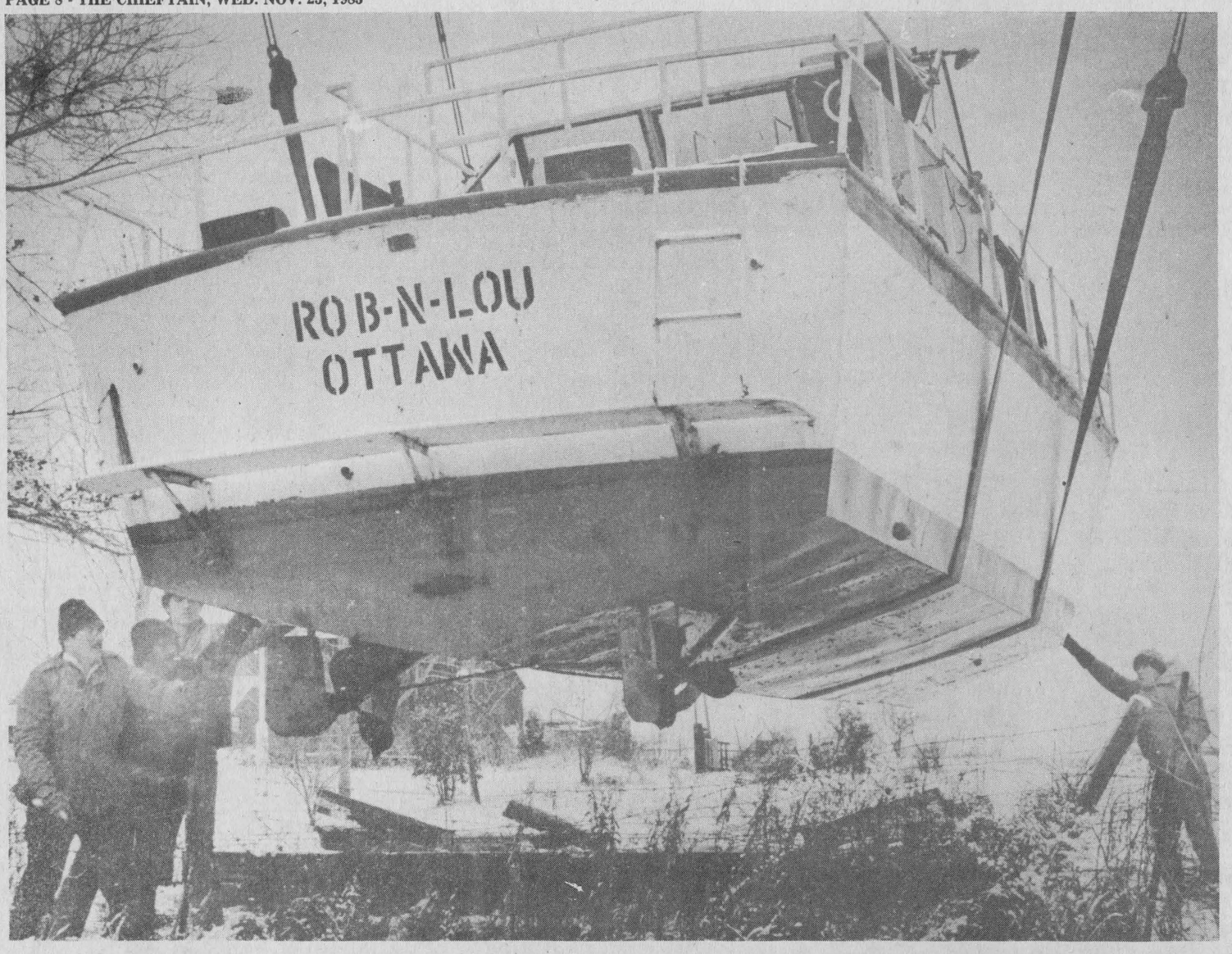
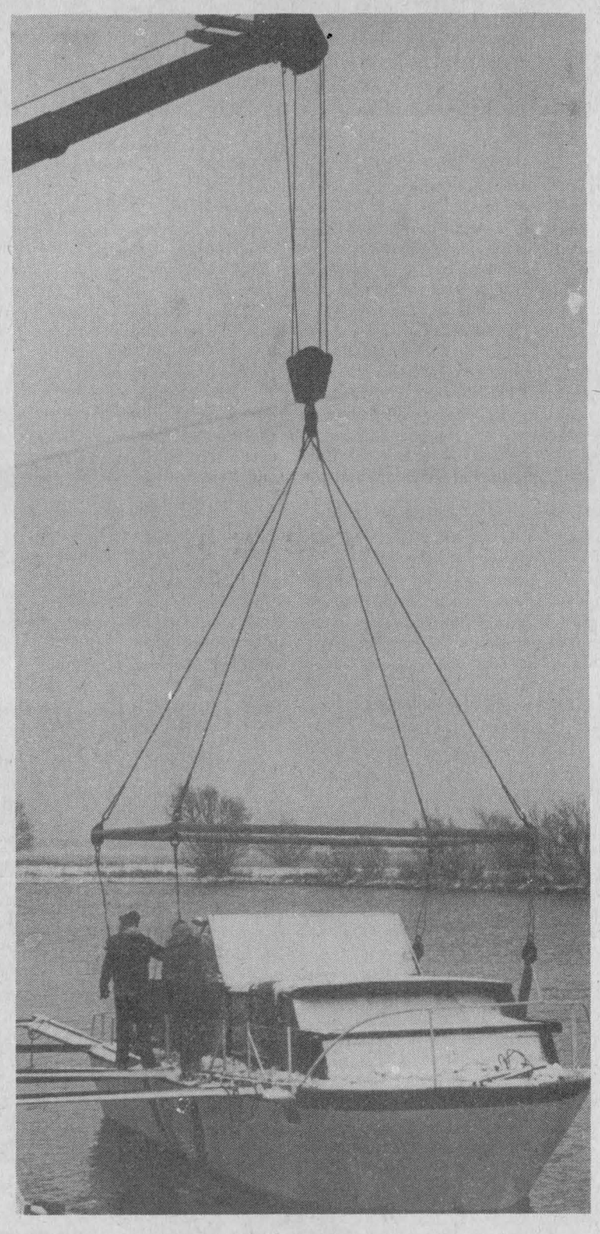




Peter and George Fridgen were forced to hire a crane from Cornwall to remove their 13-ton boat from the old canal near Fetterly's quarry when the water level dropped too quickly to allow the boat to be driven out. One local resident said its the lowest level he's seen the water in his 72 years and was too shallow to move the boat to a marina. Instead with more than a little care,t he brothers and crew from MacGregor Construction lifted the Rob 'n Lou from the water and swung her gently to the shore where she'll rest for spring. The whole operation took less than two hours but was done in less than ideal weather during last Thursday's cutting winds and snow.



SHARE RISK

Insurance is a form of financial security, says Grace Whittington, home and family management specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. It can help protect against unexpected, large expenses, such as a result of loss of property, personal liability for damages to someone or something else and death or illness. It can also help when a loss of income is experienced or when there is a loss in capital value due to market fluctuations of inflation. By having insurance, you are sharing the risks with many other people and do not have to worry about shouldering the loss all by yourself.

Pittston

Pittston ladies started quilting, Tuesday. Everyone enjoyed a pot luck dinner at noon.

Mrs. Doris McKinnon, and daughter spent a few days with her brother, John Richardson and family.

Mrs. Glen Monroe, Smith Falls, visited friends here.

Mrs. C. Marlatt spent Friday with Miss E. Elliott.

You're only old once

by Lillian Zack

"I had hyacinths in my garden at home," said one hospitalized man. Not a very unusual comment except that these were the first words he had spoken in three months. He had been receiving horticulture therapy, a recent innovation in treating stroke victims who have suffered some form of impairment. "Victims of stroke with memory loss often find that smelling and feeling things serve as a bridge to their past," says Hetty V. Mogford, Occupational Therapist and Consultant to the Horticulture Therapy Program at the Royal Botanical Gardens in Hamilton, Ontario.

This type of therapy, in which appreciation of flowers, fruit and vegetables or the activities around growing plants are used, has special benefits for people with some form of physical, emotional or mental impairment. The general goal is to raise the level of self-esteem or mobility through accomplishment. Therapy can be adapted to suit each individual's needs, and is at once realistic, challenging and rewarding.

"People need to be needed," says Mrs. Mogford. "The therapy is valuable because plants need food, water, warmth and sunlight -- things only humans can give. It serves people of all ages and from all walks of life."

The benefits of the Horticulture Therapy Program were studied by McMaster University in 1980, and Mrs Mogford adds her observations: "I've seen children with behaviourable problems learn to work together while harvesting crops. The fresh air, the sunshine and exercise make them look better and put purpose in their walk."

The Royal Botanical Gardens has been a leader in horticulture therapy since the 1960's when the first "Flower Power" program was offered to older adults in St. Peter's Hospital, a geriatric centre in Hamilton. Mrs. Mogford first joined the Gardens staff in 1975 when the program was expanded to include people in nursing homes and psychiatric facilities, and featured a training program for staff from other institutions.

Teachers and health care professionals were sensitized to the difficulties their pupils and patients faced when they were asked to try to accomplish a simple chore with a simulated handicap.

CORPORATION OF THE VILLAGE OF IROQUOIS

PROPERTY FOR SALE BY TENDER

TENDERS WILL BE RECEIVED BY THE UNDERSIGNED UNTIL 4.30 P.M.,

FRIDAY, DECEMBER 9TH, 1983,

FOR THE PURPOSE OF 1¼ ACRES OF VACANT LAND, BEING PART OF BLOCK "A", PLAN 39, VILLAGE OF IROQUOIS.

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613-933-6990

NOTICE-RE: TRUSTEE

The Stormont, Dundas and Glengarry County Board of Education at its regular meeting of November 9, 1983 noted with sadness the passing of Trustee W.L. Thompson. Mr. Thompson was a trustee elected by public school supporters in the Township of Winchester, Village of Winchester and Village of Chesterville.

The Board of Education is desirous of securing a replacement for Mr. Thompson and will proceed with the appointment of such replacement to the Board of Education at its regular meeting of December 13, 1983.

The requisite qualifications for any prospective candidate are contained in The Education Act:

196. - (1) A person is qualified to be elected as a member of a board if he is,

(a) a Canadian citizen;
(b) of the full age of eighteen years;
(c) a resident within the area of jurisdiction of the board; and
(d) in the case of,
(iii) a member of a board of education to be elected by public school electors, a public school elector.

Consequently, any individual qualified to be elected as a member of the Stormont, Dundas and Glengarry County Board of Education by public school electors, Township of Winchester, Village of Winchester or Village of Chesterville, and interested in completing the term of Mr. Thompson is asked to signify this intent in writing and to forward this intent along with pertinent background information and statement of philosophy to the undersigned.

A committee has been appointed to review all applications received. This committee will recommend on the name of a successor for the board's consideration.

Letters of intent with appropriate documentation will be received up to 4:00 p.m., Monday, December 5, 1983 and should be addressed as follows:

Mr. T.R. Leger,
Secretary of the Board,
Stormont, Dundas and Glengarry
County Board of Education
902 Second St. West,
Cornwall, Ontario.
K6H 5S6

Sarsfield O'Connor
Chairman of the Board

T.R. Leger
Director of Education

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VILLAGE OF IROQUOIS

Tenders FOR THE SUPPLY OF WINTER SAND AND CRUSHED STONE

Sealed Tenders, clearly marked as to contents, will be received by the undersigned up to

4:30 P.M., DECEMBER 9, 1983,
for the supply of:

200 Tonne Winter Sand
240 Tonne Crushed Stone

Lowest or any tender not necessarily accepted.

E.A. Marlin, A.M.C.T.
Clerk-Treasurer

25-1c

Tenders For Fuel
VILLAGE OF IROQUOIS

Sealed tenders, clearly marked as to contents, will be received by the undersigned up to 4:30 P.M., DECEMBER 9, 1983, for the supply of Heating Oil for the various locations in the Village of Iroquois for the years 1984 and 1985.

Lowest or any Tender not necessarily accepted.

E.A. Marlin, A.M.C.T.
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Tenders FOR SNOW REMOVAL EQUIPMENT AND WATER BREAKS

Sealed Tenders, clearly marked as to contents, will be received by the undersigned up to

4:30 P.M., DECEMBER 9, 1983,
for the following:

1. Front End Loader Cat Model 966 with 6 Yard Bucket or Equivalent Model.

2. Backhoe Model 580-C with 1 Yard Bucket or Equivalent Model.

3. D-6 Bulldozer or Equivalent Model, if needed.

4. All quotes to be firm for 1984.

Lowest or any tender not necessarily accepted.

E.A. Marlin, A.M.C.T.
Clerk-Treasurer

25-1c



Students from St. Cecilia's Separate School were a part of the group that received honorable mentions and a trophy for their efforts in the Iroquois Legion's Remembrance Day poster contest. Seen with Ed Hitchinson of the legion are, left to right, Suzanne Knechtel (intermediate honorable mention), Alain Beriault and Tara Cook (junior honorable mention) and Cheryl Ann Albert (intermediate winner).



Six Dixon's Corners Public School students placed among the winners of the Iroquois Legion Remembrance Day poster contest. Presenting the awards was Ed Hitchinson to, left to right, Mark Devries (tied for second), Lester Merkley (honorable mention), Kim Fawcett (honorable mention), Julie Devries and Connie Bosma who combined for first place, and Michael Reichert (tied for second).

MTC Winter Road Reporting Service in effect November 14

TORONTO -- Ministry of Transportation and Communications has announced that its Winter Road Reporting Service for the public went into operation on Monday, November 14.

The Road Information Centre at Toronto and the ministry's offices throughout the province have up-to-date- information on the condition of all provincial and secondary highways 24-hours-a-day, seven-days-a-week during the winter months.

Information on winter road conditions may be obtained around-the-clock by telephoning the following road information numbers in Ontario.

Bancroft	(613)332-3621
Barrie	(705)835-3014
Beamsville	(416)682-6641
Chatham	(519)354-7504
Cochrane	(705)272-5775
Hamilton	(416)639-2427
Huntsville	(705)789-4483
Kenora	(807)548-5910
Kingston	(613)544-2523
Lindsay	(705)277-3333
London	(519)681-2047
Midland	(705)835-3014
New Liskeard	(705)647-8104
Niagara Falls	(416)682-6641
North Bay	(705)474-0044
Orillia	(705)835-3014
Ottawa	(613)745-7049
Owen Sound	(519)376-9683
Peterborough	(705)277-3333
Port Hope	(416)885-6351
St. Catharines	(416)682-6641
Sarnia	(519)542-7718
Sault Ste. Marie	(705)256-2855
Stratford	(519)271-8321
Sudbury	(705)522-0388
Thorold	(416)682-6641
Thunder Bay	(807)475-4251
Toronto	(416)248-3561
Windsor	(519)253-3536

Accidental poisonings linked to houseplants

Many common and apparently harmless plants are fourth on the list of accidental poisonings, after aspirin, vitamins, soaps and cleaners, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

"Teach children at a very young age to never eat any plant or berry not familiar to them as food," he says.

If someone has swallowed part of a plant, call a physician immediately. Some plants also contain corrosive juices which could damage the digestive tract, so it may not be wise to induce vomiting.

The following lists some toxic plants that are common to the house and garden: rhubarb leaves; bulbs of Daffodil, Narcissus, and Hyacinth; all parts of the Dumb-Cane (Dieffenbachia), Caladium, Elephant Ears, and some Philodendrons; Mistletoe berries; the roots and foliage of Dutchman's Breeches (Bleeding Heart); any part of the Foxglove plant; the underground rhizome and young leaves of the Iris; the seeds and young plants of Larkspur and Delphinium; the leaves, flowers and fruit of the Lily-of-the-Valley; cured wild or domestic tobacco; the green (sunburned) parts of table potatoes; the seeds of Castor beans and Rosary pea; any part of the common Privet, Daphne, English ivy, Laurels, Rhododendrons, Azaleas, Wisteria, and Yew.

Survey shows agricultural land use

An Ontario-wide survey of agricultural land use and the type, location and extent of on-farm tile drainage and municipal drainage systems has been published by the Ontario Ministry of Agriculture and Food, minister Dennis Timbrell has announced.

The agricultural resource inventory contains more than 1,000 maps offering a township-by-township picture of drainage and agricultural activities.

"This will be an invaluable tool for local planners, providing a more detailed overview than past maps that used general labels for land use such as urban, crop and/or woodland," Timbrell said.

The inventory documents variations in crop management from farm to farm. Previous surveys transferred information from air photos onto small-scale maps and did not recognize individual farms.

"The inventory shows how we are using our soil, giving us an opportunity to see precisely how such factors as climate, soil conditions, crop demands and marketing conditions translate into a pattern of land use," Timbrell said.

The minister added that this is the first time comprehensive drainage information has been compiled on this scale in an easily-understood format.

The inventory drew on several detailed studies covering specific parts of the province and supplemented these with information provided by a mapping and field crew.

This crew was funded as a job creation project by the Board of Industrial Leadership and Development (BILD), a special committee of the Ontario Cabinet headed by Treasurer Larry Grossman, and the Canada Employment and Immigration Commission. During the year ending March 31, 1983, this project employed 200 people.

Copies of the agricultural resource inventory are available from: Capital Improvements Branch, Ministry of Agriculture and Food, Legislative Buildings, Queen's Park, Toronto, M7A 2B2.

Winter rose protection

Rose bushes protected from winter will produce bigger and better blooms, says Tony Hogervorst, rural organizations co-ordinator (Ontario Horticultural Association) with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

In southwestern sectors of the province, roses will winter well with very litle protection, but in colder areas, winter protection for roses is a must, he says.

The best known method of rose protection is to draw dry soil around the base of the plants to a height of 15 centimetres to 20 centimetres (six inches to eight inches) above the normal soil level. Once the ground is frozen, place a light layer of straw over the plants. Evergreen boughs laid on top of the straw will prevent the wind from blowing the straw away and will trap heavy snow falls.

Climbing rose bushes require a different approach, he says. Tie the canes together, lay them on the ground, and then bury them with a 15 cm to 20 cm (six in. to eight in.) layer of soil.

Northern gardeners will get optimum protection for their rose bushes if they bury them completely for the entire winter. He says it is important to bury these bushes in a well-drained location to prevent water damage to the roots and stems.

EASY OFF

Remove artifical spray-on snow from windows or mirrors by soaking "snow" with warm water, says Margaret Loewen, clothing and textiles specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

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Broncos win first game of the season

[CARDINAL] - The Cardinal Broncos won their first game of the season on Friday, Nov. 18, in Westport.

The Broncos defeated the North Leeds Rideau's 8-5 in a game which they led from the opening face off.

"The boys played quite well, they were up for the game. We made mistakes but were able to cover up for them," said coach Sheldon Gill.

Mr. Gill just took over the coaching job for the Broncos and this was his first game on the bench.

"I feel very optimistic", he said "I am changing some of the lines a bit which I hope will utilize the boys talents more," said Mr. Gill.

The new line of Rodney Stitt, Trevor Hill and Robin Crawford had a very good night receiving 12 points. Stitt scored the only goal of the first period.

Stitt started the scoring in the second goal with his second goal of the evening. Donnie Nesbitt scored the Bronco third goal while Stitt scored his third goal of the evening. The Rideau's scored two goals and the second period ended 4-2 for the Broncos.

The third period opened with Stitt scoring after just five seconds. Bill Fuhery scored the Bronco's sixth goal, Crawford the seventh and Bruce Mullins scored the final goal. Westport scored three times in the third period for a final score of 8-5.

Darren Smith played a super game in net, said Mr. Gill.

The Broncos received two major and eleven minor penalties while Westport took one major and ten minors.

The Broncos next game will be Wednesday, Nov. 23 at 7:45 p.m. against the Brockville Tikis in Brockville. Tim Markus will be in net for the Broncos.

The next home game will be Saturday Nov. 26 when they play the Spencerville Bruins at 7:30 p.m.

The winner of the Broncos 50-50 draw was Mark Oliver of R.R. 2, Brockville. He won $246. The winning ticket was sold by Danny Patrick.



hockey

JUNIOR B HOCKEY STANDINGS.

Weekend Scores:
Nov. 18
Metcalfe 9, Navan 3
Clarence Creek 7,
Winchester 4
Char-Lan 9, Alexandria 5
Nov. 20
Metcalfe 8, Clarence 1
Alexandria 6, Navan 6 overtime

STANDINGS	W	L	T	PT
Metcalfe	8	4	0	16
Navan	7	3	1	15
Winchester	7	4	0	14
Alexandria	4	6	1	9
Clarence Creek	4	7	0	8
Char-Lan	3	9	0	6

TOP SCORERS

	G.	A.	PTS.
Dwayne Cowick, Met.	18	16	34
Lindsay Pasch, Met.	11	19	30
Scott Reed, Met.	12	13	25
Maurice Bellefeuille, Alex.	16	7	23
Mike Lapensee, Char.	13	8	21
Keith Moore, Win.	11	10	21
Peter Holmes, Met.	7	14	21
Trevor McClatchie, Win.	4	17	21
Kennedy MacDonald, Alex.	11	9	20
Bruce Hickson, Nav.	10	10	20
Rick Downey, Met.	8, 12		20

FUTURE GAMES
Nov. 25
Char-Lan at Metcalfe 8:15
Winchester at Alexandria 8:30
Clarence at Navan 8:30
Nov. 26
Winchester at Char-Lan 7:15
Nov. 27
Grey Cup - No Games
Nov. 30
Alexandria at Char-Lan 8:15

BANTAM DIVISION II
U.C.M.H.L.
Tues. Nov. 15 at Cardinal
Prescott 2, Card.-Iroq. 2
Mike Gaylord 2
Assisted by Randy Mullin (1), Mike Dishaw (1)
Tue. Nov. 8, at Russell
Card.-Iroq. 4, Russell 2
Jeff Scott 3
Assisted by Jamie Whittaker 2, Larry McCurdy 1, Glen Blok 1
Mike Dishaw 1
Thurs. Nov. 10 at Ogdensburg
Card.-Iroq. 4, Ogdensburg 1
Randy Mullin 1
Jeff Scott 1
Assisted by Larry McCurdy
Larry McCurdy 1
Assisted by Glen Blok
Bill Murphy 1
Assisted by Brent Boissonneault
Sat. Nov. 12 at Athens
Card.-Iroq. 2, Athens Flyers 5
Jeff Scott 2
Assisted by Jamie Whitteker 1.
Sun. Nov. 13 at Cardinal
North Leeds 1, Card-Iroq. 3
Randy Mullin 1
Assisted by Ronnie Dickson and Bill Murphy
Bill Murphy 1
Assisted by Mike Gaylord
Jeff Scott 1
Assisted by Jeff Burgess
Next Home Games - Nov. 15 vs. Prescott and Tues. Nov. 22 an Exhibition game against Brockville Bantam B Warriors.

MIDGET C
November 10 at Winchester
Winchester 2 Iro-Cards 1
Darrin Black 1
Assisted by Steven Byers
November 14 at Cardinal
Iro-Cards 6, Winchester 3
Steven Byers 1
Assisted by Rob Hamilton and Jeff Pashak
Harvey Kolff 1
Assisted by Darin Block and Rob Hamilton
Rob Hamilton 3
Assisted by Harvey Kolff
Eldon Horner 1
November 17 at Chesterville
Chesterville 6, Irocards 5
Steve Byers 2
Assisted by Paul McCaslin and Rob Hamilton
Jeff Pashak 1
Paul McCaslin 1
Assisted by Rob Hamilton
Daren Black 1
Assisted by Darin Eden and Steve Byers

Rabbit derby

[CARDINAL] - The Cardinal Fish and Game Club will hold an archery rabbit derby on Saturday, Nov. 26.

Members, $2 and non-members, $4. The weigh-in will be from 4 to 4:30 p.m. at the boat ramp east of the Legion. There will be a trophy for the heaviest rabbit and one prize per person.

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Dart Throws

Iroquois Mixed Darts

League Standings as of: Nov. 18, 1983

Hotternel	84
Raiders	72
Nite Riders	67½
Mix & Match	66½
Long Shots	63
Hot Spots	62
Great Gram	61
Muffins	57½
Unicorns	51½
Fast Lanes	44

Most Games Won:

Dwayne Kirker	7
Jim Logie	6
Glen Strader	6
Jim Reilly	6
Reg Farmer	5
Larry Mills	5
Lorraine Adams	4
Charlie Marsden	4
Brenda Menard	4
Andie Reilly	4
Glen Adams	3
Bob Hartle	3
Howard Hutchinson	3
Cheryl Levere	3
Stan Moore	3
Mabel Roberts	3

Highest Scores

Jim Reilly	140-121
Lorraine Adams	140-101
Reg Farmer	140-100
Lil Roberts	132
Glen Adams	125-3x100
Maddy McDonald	115
Percy Roberts	113
Dwayne Kirker	102
Jim Logie	6x100
Stan Moore	3 x 100
Andie Reilly	2x100
Howard Hutchinson	100
Larry Mills	100

Cardinal Mixed Darts

[CARDINAL] - The Impossibles still lead the Cardinal Mixed Dart League with 82 points as of Nov. 16.

Team Standing

Impossibles	82 points
Dougs Handicaps	74
Brass Flights	69
Tom Tigers	65½
Double Trouble	64
Dimwits	61½
Ricks Rookies	59
Crazy Cougars	56½
Double Knots	53½
Super Stuff	46

Most Games

Yvonne Crawford	5
Doug Allard	5
Rick Sayeau	5
Steve Kavanaugh	4
JoAnn Smail	4
Shirley Bishop	4
Olive Allin	4
Roger Bishop	4
Muriel Allard	4
Joanne Kavanaugh	4
Andie Reilly	3
Carol Carter	3
Brenda Menard	3
Greg Morris	3
Sara Taylor	3
Tom Smail	3

High Scores

Steve Kavanaugh	140
Rick Sayeau	140-100-100
Jim Kirkby	130
Yvonne Crawford	122
Len Crawford	120-120
Muriel Allard	110-100
Sandy Hughes	103
Jim Reilly	100-100
Marsha Morris	100
Doug Allard	100
Ron Hughes	100

Add milk to your diet

Milk, nature's 'nearly perfect' food, is an important source of nutrients and should be included in everyone's diet, regardless of their age, says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

Milk contains high-quality protein and is an excellent dietary source of calcium which aids in the formation and maintenance of strong bones and teeth and promotes healthy nerve function and normal blood clotting.

Milk also contributes important amounts of riboflavin, vitamin D and vitamin A.

Canada's Food Guide recommends two to three servings of milk and milk products daily for children up to 11 years, three to four servings for adolescents and pregnant and nursing mothers, and two servings for adults.

One serving of milk and milk products is equivalent to 250 millilitres (one cup) milk; 175 mL (3/4 cups) yogurt and 49 grams (1-1/2 ounces) of cheddar or processed cheese.

To preserve the quality and flavor of milk, refrigerate in the original container away from strong odors. Once opened, use within a few days.

Milk purchased in pouches and cartons may be frozen for up to six weeks. Thaw milk in the refrigerator. Shake well if you notice some separation after thawing.

Beaumont says you can stretch you food dollar by buying skim milk powder, skim milk or two per cent milk instead of whole milk.

"These cost less than whole milk and contain all the nutrients except fat," she says.

Calorie-counters will find only 90 calories in 250 mL (one cup) of skim milk; 129 calories in two per cent milk; and 157 calories in whole milk.

For those who don't drink as much milk as Canada's Food Guide recommends, try adding milk to soups, creamed or scalloped vegetables, puddings and custards. Or add skim milk powder to such foods as hamburgers, meat loaves, casseroles, cookies, quick loaves and many other foods.

Beaumont says skim milk powder gives the benefit of extra milk without altering the liquid in the dish or product.

Old timers tourney a success

[CARDINAL] - The Oldtimers hockey tournament held in Cardinal on the weekend was a huge success said Ron Gilmer, president of the Cardinal-Iroquois & District Minor Hockey.

All the final games were decided by one goal, which proved how closely matched the teams were, said Mr. Gilmer.

The Division I winners (35 years and over) were the Dundas County Flyers, who defeated the Williamsburg Oldtimers 4-3, The MVP for the Flyers was Jack Duncan and for Williamsburg was J.R. Attridge.

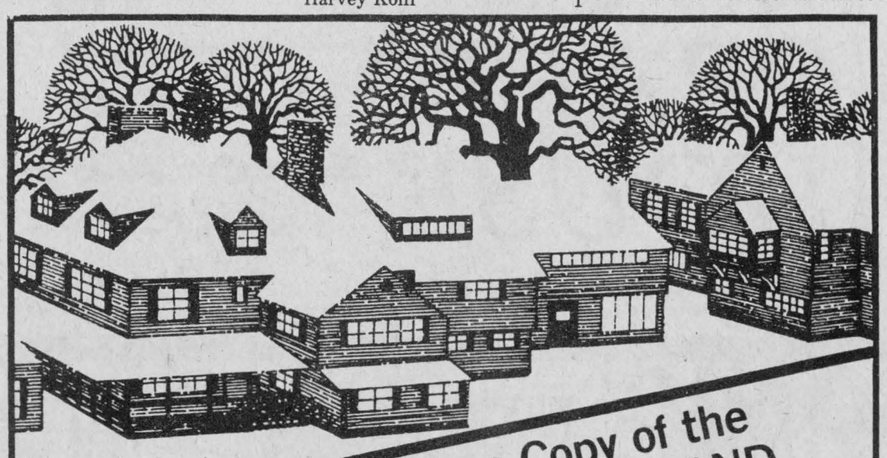
The Division 2A (25 to 35) winners were Morrisburg's Paddy's Inn over Brockville Indians 3-2. The MVP for Morrisburg was Kevin Baldwin the goalie, and for Brockville Dave Burt.

The consolation winners were the Matilda Oldtimers who defeated Russell 1-0. The MVP for Matilda was goalie Blake Henderson and the Russell MVP was goalie Steve Johnson.

The Division 2B (25 yrs to 35 yrs) winners were Brockville Ross Lab who defeated the Cardinal Seaway Pirates 5-4. The MVP for Brockville was Rick Churchill and for the Pirates Walt Smail Jr.

The Division 3 (24 yrs and under) winners were Glen Becker who defeated Morrisburg Rohm and Haas 4-1. The MVP for Glen Becker was Ed Cove and for Morrisburg Doug Nugent.

The winner of the 50-50 draw was Irene Cross of Cardinal, who won $325.00.



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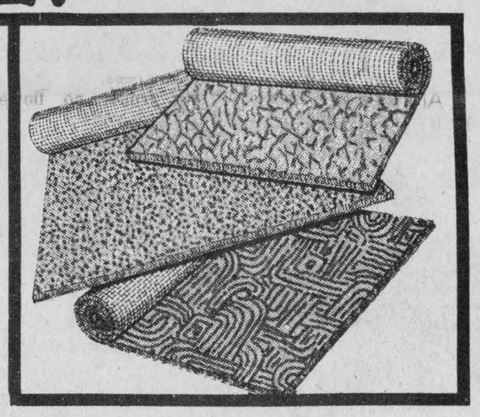

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Guevremont learning new role as Royals' coach

[CORNWALL] - As a player Jocelyn Geuvremont could pretty well do it all but as coach of the Cornwall Royals he's finding out his players sometimes can't do it for him.

Defenceman Guevremont's statistics over eight National Hockey League seasons, 84 goals and 223 assists in 571 games, attest to his offensive prowess. Ironically, when the coach looks down the Royals bench there isn't a single defenceman he can call on who plays the Guevremont style. As of last week the Royals leading scorer among defenceman is captain Pierre Baril with a paltry one goal and four assists.

Guevremont even stresses offence when replaying games in his mind. Included in the Royals record this season are a few tight games they should've won. They took 47 shots against North Bay one night and lost 2-1. In Guelph another goalie stunned them with 44 saves in a one-goal loss.

Guevremont takes a unique stance when analyzing heart-breakers. "It's easy to blame the goalie or defence for a loss," explains the coach. "You can say, well, if the goalie had made that one save or the defenceman hadn't gotten beaten on that two-on-one. But if a forward comes down the ice with a score tied and misses a wide-open net, then that forward is just as much to blame for the loss as anyone else."

A converted forward, Guevremont never played defence until he played midget hockey in his hometown of Laval, Quebec. His 1968-69 Montreal Jr. Canadiens Memorial Cup team listed 17 players who eventually played professionally. Trivia fans know Guevremont was the third player taken overall in the 1971 junior draft behind Guy Lafleur and Marcel Dionne. His best NHL campaign was 1975—76 when he scored 12 goals and added 40 assists for Buffalo.

"Nobody ever said making the transition from player to coach would be easy," explains Guevremont. There's a feeling the coach might get frustrated attempting to teach his players techniques that seemed to come naturally to him. But the coach says, no, the teaching and learning is coming along well enough.

"The most frustrating part is when things aren't going well in a game. I get spiders in my legs behind the bench wanting to get out there on the ice. But, of course, I know it's useless." As a player Gueuremont could take charge on the ice. As a coach he has to let his charges try and do it.

At any other level of hockey below major junior a coach would be evaluated by measuring the progress of his players. If 15 of 18 players were judged to be better at the end of the season than at the beginning, then the coach had probably done a good job. Jocelyn Guevremont has no such luxury to work with. "This is a business", emphasizes Guevremont. "And it's my job to make the team a winner with the talent I've been given."

It's not a team of exceptional talent. Rather, one that will have to scrape, bump and hustle for every point it earns. Coach Guevremont keeps stressing to the press his players have to give an all-out, 60-minute effort every game to be successful. Some nights that effort has been there and on others it hasn't. What does it take for a coach to ensure his players give 100 per cent every shift of every game. "If I had the answer to that," snickers Jocelyn Guevremont, "I'd be laughing.

ROYAL EDICTS: Royals sent 1,669 fans home happy in the home game with Windsor . . . The 11-3 win meant every fan's ticket was worth a free spaghetti dinner . . . When the Royals traded David Sikorski to Ottawa they gave up their leading scorer among defencemen . . . Sikorski was goal-less but did have six assists . . . Royals scored three goals in 50 seconds against Ottawa in a 7-5 loss . . . Contrary to earlier reports it wasn't a team record . . . Statistician Dave Harrison reports the Royals scored three in 39 seconds against Guelph last season . . . Crowd favourite Tyler Sunday finally recorded his first point in a Royals uniform . . . Sunday was credited with an assist in the Royals victory over Windsor.

Iroquois darters hang on to top spots

[MORRISBURG] - Two Iroquois dart teams continue to hold onto the top spots in the Legion's Men's inter-branch dart league after last week's play.

Both teams picked up eight points last Thursday for a total of 70 and 62 points respectively followed by the Cardinal squad which kept pace and has 56 points. The Morrisburg team gained a point on the top three as they scored nine points for a total of 55.

Two Prescott teams follow with 49 and 48 points and another two teams of Iroquois players round out the standings with 29 and 23 points.

Charlie Marsden playing for Cardinal led all scorers last week shooting 140-125 and S. Babcock of Prescott shot a 143. Glen Adams, Jim Logie and Glen Strader of Iroquois scored 125, 140 and 140 while Russ Lackey and R. Mondoux of Morrisburg scored 132 and 124. Bob Birch of Prescott scored a 140 and Larry Mills of Iroquois scored 125-121.

That time of the year

No warmth, no cheerfulness,
no healthful ease,
No comfortable feel in any
member —
No shade, no shine, no butterflies, no bees,
No fruits, no flowers, no
leaves, no birds,
November!

— **Thomas Hood [1798-1845]**

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Task force to study regional priority

[CORNWALL] - A task force is in the works to look into the issue of regional priority at Ontario's community colleges, it was announced at a press conference at St. Lawrence College here last Thursday.

Bill Williams, chairman of the Council of Regents which governs the colleges, told the conference that St. Lawrence College is the only one to advertise its support of regional priority although at least two other colleges practice the policy.

St. Lawrence College, with bilingual campuses in Cornwall, Brockville and Kingston, reaffirmed its position at a meeting Oct. 17, "that consistent with the basic documents, legislation and regulations governing the college system, the primary responsibility is to provide education opportunities for the adult residences of Frontenac, Leeds, Grenville, Stormont, Dundas and Glengarry counties and neighbouring townships."

The college's board of governors did, however, point out that certain programs not available at other colleges and students from outside the immediate area will continue to be accepted.

Mr. Williams said St. Lawrence College is the only one of 22 in the province to make regional priority an issue. He also noted that last Wednesday Education Minister Bette Stephenson visited the council but he declined to comment on the meeting.

While Dr. Stephenson has asked all colleges to discontinue regional priority, Mr. Williams said she is interested in the task force's findings. "We are well aware of government policy but we talked about regional priority," Mr. Williams stated. "This college has provided some very good reasons for the policy."

He added that the council is divided in its opinions on the subject but will have to come up with a policy applicable to the whole province. "Its a complicated issue because what is appropriate in Cornwall or Brockville may not work in metro (Toronto). The concerns aren't the same."

Iroquois Womens Institute has pictorial tour of Israel

[IROQUOIS] - A pictorial tour of Israel was presented by guest Nelda Hanes of Morrisburg W.I., at the regular meeting of Iroquois W.I. held Thursday Nov. 17 at the Civic Centre.

Beautiful scenes of the Holy land - its architecture, historical sites and numerous points of interest were accompanied by Nelda's naration. As she finished, she called upon Florence English to sing, I Walked Today Where Jesus Walked, accompanied by Jane Graham; then thanked them and presented each with a gift.

Nelda herself was then thanked and given a token of appreciation on behalf of all present.

Those assembled were entertained by a dance team of: Karen Craig, Krista Duncan, Tanya Duncan and Angela Grootjans who presented two of the numbers they danced at the Central Canada Exhibition in August.

These girls are very talented, and their presentation was thoroughly enjoyed. The girls were thanked and each was presented with a gift of appreciation.

The programme co-convenors for the theme, Education and Cultural Affairs, Myrtle Johnston and Mildred Duncan, after presenting this excellent programme, then continued with Myrtle speaking to the Motto, My idea of a good W.I. member.

The meeting had opened with the singing of the Ode with Joan Morrell at piano, followed by the Mary Stewart Collect in unison. Roll Call was responded to by naming a new craft I would like to try with very interesting responses.

Minutes of the previous meeting were read and approved. Correspondence was dealt with. Unanimous approval was given to sponsor Eugene McInnis and Greg DeJong for junior citizen of the year.

Attention was called to the change of date for the Christmas party meeting to Thursday Dec. 1 at 6:30 p.m.

Marion Davis read the correspondence from the sister branch in Wrigton, England; and reported the Christmas parcel had been shipped.

Joan Morrell announced the date and time for the cooking course, More Cents Than Dollars, on Wednesday Dec. 7 from 9:30 a.m. to 4 p.m. A few people can still be enrolled, call 652-2213. Each person will please bring metric measures, spoons and dry measures, an apron and any garnish gadgets one may have.

Myrtle Johnston gave an excellent report on the area convention and, as each delegate in the past has done, enjoyed it thoroughly. She brought to the attention of this branch two corrections to the area cookbook.

After the singing of O Canada, refreshments were served by hostesses - Arlene Eckford, Ruth Styles, Joan Dumont, Eunice Aitken and Alice Serviss, who were then thanked by Leona McIntosh.

HEALTHY LIVING

If you are going to shovel snow, be careful

There's nothing prettier than a new-fallen snow - nothing more dangerous either.

Each year we hear about the numerous heart attacks and strokes that occur as the result of overexertion. The tragedy of the fatal or near-fatal result of an apparently healthy person succumbing to shoveling snow tends to overshadow a hazard that is even more common.

The same snow which causes heart stress also causes dangerous spinal distress to the shoveler. When you consider that a shovel of snow weighs 5 to 7 pounds, you realize the tremendous accumulative weight one has to lift to clear an area. The average driveway or walk will hold hundreds of pounds of snow.

Snow seems to present a challenge to most shovelers; the cold air invigorates them to action; and the same cold air numbs their sense of pain and fatigue, thereby masking the severity of sprain and strain. The result: too much exertion and too much work without rest breaks.

Doctors of chiropractic recommend the following rules to guard against the snow-shoveler syndrome:

1. Dress warmly, but don't bundle up so as to make it difficult and awkward for you to move naturally.
2. Use a lightweight pusher-type shovel. Spray it with Teflon so snow will not cling to it.
3. Try not to lift the snow or pitch it. Merely push it into a pile.
4. Avoid sudden twists of the torso. Move the entire body.
5. Keep your back straight when you lift. Use your legs rather than your back.
6. Work slowly.
7. If you feel tired or short of breath, stop and take a rest. Stand up straight and breathe deeply.
8. If you feel a twinge of back pain, stop completely and go inside the house, sit down and rest. With snow, it's wiser to use the head, instead of the back. Learn to shovel both right and left handed and change frequently.

Under chiropractic care, a patient is either treated or referred after a comprehensive differential diagnosis.

These health views are published by members of the Ontario Chiropractic Association in the interest of better public health.

Details of management seminars announced

[TORONTO] - Management for Profit, a series of farm management workshops sponsored by the Ministry of Agriculture and Food, will be held in nine locations across Ontario November 21 to December 3.

Locally a seminar is scheduled for Kemptville College of Agricultural Technology on Nov. 24.

The one-day seminars feature a team of farm management specialists including Dr. Hiram Drache, a well-known farm management consultant, university lecturer and farmer from Fargo, North Dakota; Richard Hiscocks, a farmer from Lakeside, Ontario; and staff from the ministry's agricultural representatives branch.

Among the subjects to be covered are capital investments, record keeping for the 80s, tools for analysing the farm business, and profitable marketing ideas.

"These seminars emphasize the role of effective management in a successful farm business," said Agriculture and Food Minister Dennis Timbrell. "Our objective is to get farm people committed to improving their financial management skills."

The seminars begin at 9 a.m. and conclude at 4 p.m. Tickets must be purchased in advance from local agricultural offices. Fees are $20 per person including lunch and a copy of the farm management information handbook. Additional family members may attend the sessions and luncheon for $10 per person.

Casselman reunion in the planning stages

[MORRISBURG] - The Casselmans are planning a mjor family reunion to be held on July 6, 7 and 9 at Morrisburg.

All Casselmans and their relatives are invited to come, have fun, enjoy the events, meet and socialize with their relatives and help trace their roots. The Morrisburg Arena will be the focal point of the reunion.

Numerous events are planned. There will be a section of genealogy (preparation of a Casselman family tree - to be published), a picnic with games, dance, an evening of films and speakers tracing Casselman migrations and genealogy, church service, and visits to historic sites (a pioneer village) and cemeteries.

Although the reunion coincides with the bicentennial of the United Empire Loyalists and the Province of Ontario, the Planning Committee is an international group and a European contingent plans to participate and present Casselman's European origins.

All Casselmans and their relatives are invited and encouraged to come. The registration fee will be $3. Casselmans who find it impossible to participate are requested to write and provide their immediate genealogy. Forms are available.

If you would like to register or to receive more information, send a stamped, self-addressed envelope to Casselman Reunion - 1984, 73 Ormond Street, Brockville, Ontario, Canada K6V 2K7.

The next meeting of the planning committee will be held November 26, at 2 p.m. in the civic centre in Morrisburg.

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Candidates must be high school graduates and must possess a Class "A" Mechanic's Licence.

Bilingualism is preferred.
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Apply in writing to:
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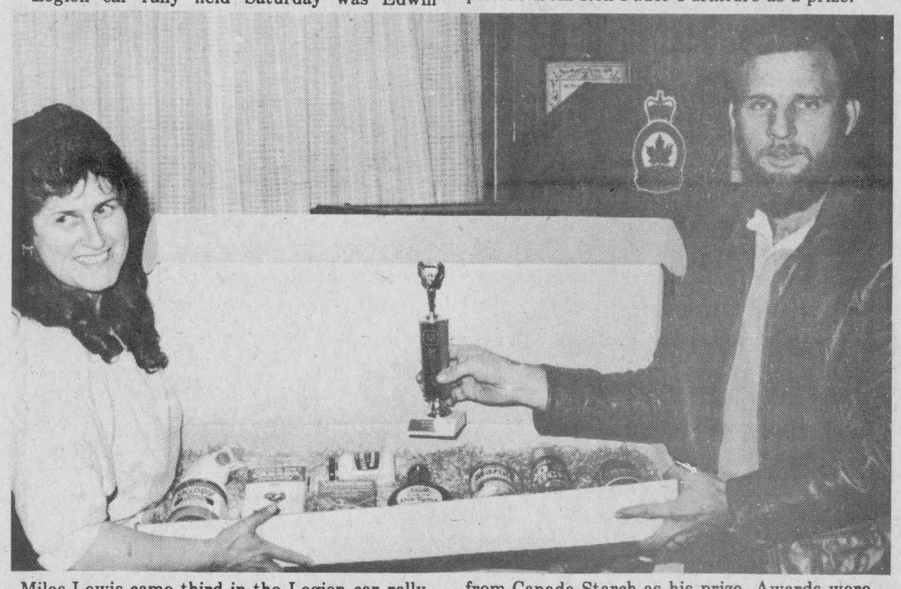
The second-place winner in the Iroquois Legion car rally held Saturday was Edwin Froats who received a trophy and chose this picture from Ron Fader Furniture as a prize.



Miles Lewis came third in the Legion car rally Saturday and was presented with a trophy by Molson's Breweries and chose this gift pack from Canada Starch as his prize. Awards were presented by Maddy McDonald who helped organize the rally.

Make vegetables fun to eat

Make your child a vegetable lover for life by using a few culinary tricks, says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

"Vegetables provide vitamin A and vitamin C, iron, thiamin, folic acid, carbohydrate, trace minerals and fibre. Children should eat at least two 125 millilitre (one-half cup) servings of vegetables daily," she says.

Prepare vegetables in different ways to enhance their taste and eye appeal. Try stir-frying or steaming vegetables, instead of boiling them.

Or, serve raw vegetables with a dip, to make vegetables more fun to eat.

Never leave vegetables soaking in water before you cook them. Cook only in small amounts of water and cook only until tender-crisp.

Beaumont suggests serving a new vegetable with a child's favorite meal, keeping the vegetable portion small. Encourage the child to taste the new vegetable, and if he likes it, offer him more.

"But if he says he dislikes the taste, quietly tell him to leave it, or remove it from his plate. A verbal battle may turn a child against vegetables for the rest of his life."

By serving the new vegetable another time and cooking it in a different way or with a different combination of foods, your child may decide he likes the vegetable's taste.

"Children imitate their parents so parents' eating habits can also affect their child's food preferences.



The Cardinal drugstore is under new ownership as of October and there are no changes being considered in staffing or store hours. Earle Fletcher will remain as pharmacist for several months until a replacement is available.

Cardinal merchants set Christmas hours

[CARDINAL] - The Cardinal Merchant's Association held a brief meeting Monday, Nov. 14 to discuss Christmas shopping hours.

It was decided that all downtown participating merchants would remain open Dec. 21 to 23 (Wednesday, Thursday, and Friday before Christmas) until 9 p.m. On Saturday, Dec. 24 the stores will close at 5 p.m.

During the month of December, the stores will remain open six days a week and no stores will close on Monday or Wednesday.

Christmas promotion draws will be held on Dec. 9, 16 and 23. Anyone making a purchase at participating stores in December will be given a ballot for the draw.

The draw on December 9 will be for two $50 gift certificates, the December 16 draw, will be for two $50 gift certificates and the final draw on December 23 will be for one $50 and one $100 gift certificate.

The gift certificate may only be used at participating businesses.

REHEAT PASTA

Cooked too much pasta? Don't throw it away, says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. Refrigerate and use in salads or reheat and use as a side dish instead of potatoes. To reheat drop in boiling water for a few minutes until heated through.

Animal health consultation results

[OTTAWA] - Results of an Agriculture Canada survey on animal health consultations are still available. A summary report has been sent to all groups surveyed.

Questionnaires were distributed last fall to the non-government organizations, educational institutions and other federal departments concerned with animal health and the 10 provinces.

"We asked people if they were satisfied with the current level of consultation and, if not, to tell us how we could improve these efforts," says Dolores Schell, co-ordinator of the study with Agriculture Canada's Food Production and Inspection Branch in Ottawa.

"The results of our survey confirm the need for better consultation. This fall we will go back to those consulted with proposals for streamlining and stengthening it, naming key organizations we would work closely with in the future. We want to involve them early in the process when programs and policies are developed."

Nearly 60 per cent of the non-government organizations that answered the survey were not satisfied with existing consultation efforts by the federal department. Most indicated that they found out about new or proposed government programs, policies and regulations at the fully-approved stage.

To improve the system, many organizations suggested better information flow between concerned organizations, earlier involvement of the private sector in the consultative process and a more formal approach to consultations.

"A slight majority also supported the option that a new organization be created to deal only with animal health issues. Still, the results were not conclusive," Ms. Schell says.

Supporters of this option believe it could lead to better communication between the governments, veterinarians and producers. This would promote a better understanding of animal health issues and problems and lead to more co-ordinated action.

Organizations opposed to it believe it would be too large and cumbersome to be effective.

"They prefer to use existing committees to deal with animal health issues such as the Brucellosis Consultative Committee," Ms. Schell says.

Copies of the report are available from the animal health division, Agriculture Canada, Halldon House, 2255 Carling Ave., Ottawa, Ont. K2B 7Z5.

Play it cool with your refrigerator

The kitchen uses more energy than any other room in the house, but there are a few ways to make it more efficient, says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch.

Refrigerators and freezers can be a big energy drain if they're not working efficiently, she says. The condenser coil should be dusted at least twice a year and the unit should be defrosted often if it's not frost-free. Frost thicker than five millimetres (one-quarter inch) acts as an insulator and reduces the refrigerator's cooling ability.

"Even opening the door too often can consume more energy," says Beaumont. Door seals are best kept tight to lock in cold air. She suggests using a thin sheet of paper to check the seal. If the paper slides out easily when the door is closed, either the gasket needs replacing or the door requires realigning.

"Store food away from walls and air vents, and never put hot food in the refrigerator," she says. Food containers can be placed in a sink of cold water to speed cooling.

Freezing a large quantity of food at one time raises the temperature of the freezer and can make it work much harder. "A good guideline is to freeze no more than 1.5 kilograms (three pounds) of fresh food in a standard 27 litre (cubic foot) freezer," says Beaumont.

These helpful hints will keep your refrigerator and freezer in good working order and save you a little on your electric bill, she says.

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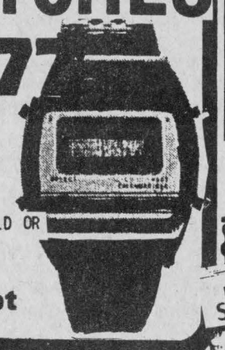

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Steven Schneckenburger is top Dundas 4-H member

[WINCHESTER] - Steven Schneckenburger, a grade 12 student at Seaway District High School, received the Ottawa Citizen Award as top 4-H member in Dundas County at the awards banquet here on Nov. 10.

Steven, 17, is a resident of (Morrisburg) and was selected as the highest in club work and citizenship; the award is $300.

A member of the Dundas 4-H Youth Council, Steven completed nine projects in beef, veterinary, computer, financial and farm safety clubs. He was vice-president of the Beef Club in 1983 and attended many county events as well as the regional 4-H conference in 1982.

Steven edged out Jeff Van Noy, an 18-year-old North Dundas District High School student who was selected second highest in club work and citizenship to receive the Ault Foods Ltd. Award of a gold watch.

Jeff also completed nine 4-H projects and is a member of the beef and financial management clubs and a resident of Winchester.



The Dundas Plowmen's Award was presented to Reta Byvelds as the third highest member in club work and citizenship. Reta, 20, is a member of the dairy, computer and veterinary clubs and completed 15 4-H agricultural projects.

Reta, a native of Williamsburg is a commerce student at Queen's University. The award is valued at $100.

The Dundas Milk Committee presented pins to each first-year 4-H member to complete their projects. They went to Doug Beckstead, Jeff Countryman, Sharon Crowder, Shannon Dea, Jill Durant, Isabella Farlinger, Lori Garlough, Hugh Hamilton, Tracy Henderson, Jeffrey Holmes, Randy Holmes, Shelley James, Angela Keeler, Donnie Kronne, Glen Lewis, Tanya Mabo, Greg McKibbin, Jill Murphy, Tanya Norg, Arthur Porteous, Mark Rhebergen, Kim Robinson, Rhonda St. Pierre, Greg Sullivan, Anita VanDenBroek, J.D. VanNoy, Lisa Verhoeven, Patricia Verhoeven and Cora Woods.

Jeffrey Holmes received the CNE Shield as the high first-year calf club member in dairy cattle judging.

The Mel Tompkins Trophy to the champion 4-H dairy showman went to Janice Rose.

The East Dundas Dairy Club won the Chesterville Junior Fair Trophy for winning the dress-up stall competition during the Chesterville Fair.

Nicola Spasoff won the Dundas County Milk Committee award as highest scoring junior member in dairy cattle judging. The milk committee also awarded Jeff VanNoy for being the highest scoring member in dairy cattle judging.

A service certificate was awarded by the Eastern Breeders' Inc. to Janice Rose and Greg Holmes for having the most points in their senior books. (Past winners not eligible.)

Steven Schneckenburger received the Vandenbosch award for the top 4-H beef steer and Kelly Durant won the Lanwin Farms Award for the top beef heifer.

Lindsay Rodger won the Winchester Press Award as top news reporter.

The Earl's Meats Ltd. Trophy for the top beef showman went to Jeff VanNoy.

The West Dundas Dairy Club and leaders Ed Rose and Dale Boyd received the H.S. Lannin Trophy presented to the club showing the greatest interest and participation in 4-H work.

Lindsay Rodger received the Goldengrove Farm Trophy as top showman in goat clubs.

The Ronald Thompson Memorial Trophy for the top showman in an east Dundas dairy club was shared by Mark Smith and Patricia vanWylick.

Heather Rose won the Winchester 100 Club Award for the secretary with the neatest and most complete record book.

Paul Porteous received the Wileaway Farms Award (Lorne and Vera Strader) for the youth leader with the best record book.

The Farm Safety Association awarded bronze crests for completion of one project, silver crests for two projects and gold crests for three projects to Nancy Byvelds, Carolyn Mellon, Steven Schneckenburger, Carolyn Toonders, Larry Toonders, Teresa VanMoorsel and Allan Whetter.

The 4-H Youth Leader Council awarded plaques to Susan VanDenBroek (top biker) and Shelley James (top walker) for raising the most money in the walk / bike-a-thon. To all participants who completed the walk and raised at least $10, a chevron crest was awarded.

The Winchester Lions Club Award presented to the top scoring first-year member in each club went to Jill Durant, Patricia Verhoeven, Hugh Hamilton, Aurthur Porteous, Shelley James and Jeffrey Holmes.

Janice Rose won the Sunnylodge Farms Award as high-scoring member in a calf club.

Top members in individual clubs also received awards at the banquet. They were: Jeff VanNoy, Beef Club; Steven Schneckenburger, Farm Safety Club; Heather Rose, Garden Club; Lindsay Rodger, Goat Club; Allan Whetter, Tractor Club; Reta Byvelds, Veterinary Club; Mark Smith, East Dundas Dairy Club; Robert Byvelds, South Dundas Dairy Club; Janice Rose, West Dundas Dairy Club.

A 10-year completion certificate was presented to Dr. K.B. Kennedy in recognition of his long service as club leader and Dalton Hart received a five-year certificate.

The following leaders are all in their first year and received leader pins from the Ontario Ministry of Agriculture and Food; Bob Butcher, George Ennis, Howard Giles, Rina Groniger, Bart Simpson, Betty VandenBosch and Dean Williams.

Club members completing six projects were announced and they are Monica Bongers, Jeff Byvelds, Robert Byvelds, Dennis Garlough, Angela Holmes, Martha Milne, Jane Porteous, Janice Rose, Steven Schneckenburger, Mark Smith, Carolyn Toonders, Larry Toonders and Teresa VanMoorsel.

Daren Loucks and Amanda Whetter completed 12 projects and Nancy Byvelds, Rita Byvelds and Susan VanDenBroek completed 18 projects.

Junior leader pins were presented by the Dundas Federation of Agriculture to members completing their first youth leader project. They are Nancy Byvelds, Rita Byvelds, Angela Holmes, Daren Loucks, Carolyn Mellon, Jane Porteous, Paul Porteous, Heather Rose, Janice Rose, Steven Schneckenburger, Bill Smith, Mark Smith, Susan VanDenBroek, Teresa VanMoorsel and Jeff VanNoy.

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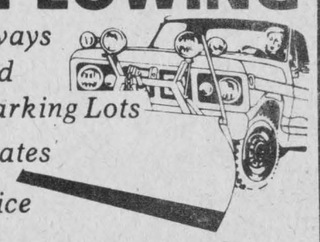

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Hay exports are a realistic goal

Hay could become an important cash crop for export for Ontario farmers if the bale density in increased, says an agricultural engineer at the University of Guelph.

"There is a great deal of interest from the Persian Gulf oil-producing countries and Venezuela," says Professor Walter Bilanski, School of Engineering," and Canada is already shipping hay to Florida.

"Hay, in its present form is too expensive to ship because it is too bulky," he says. "We are currently investigating processes for packaging hay into higher density bales."

Ontario hay is currently baled at a density of 10 to 14 lbs. per cubic foot, says Prof. Bilanski. For shipping, the density should be 30 to 40 lbs. per cubic foot. If the density can be tripled, the cost of shipping to places like Saudi Arabia could be much lower.

"Shipping to Florida or the southern United States is economical at best only because they use the hay as ballast on the return trip after shipping fruit to Canada," he says.

One solution to the density problem is a cubing machine currently used in baling operations in California and Arizona for hay shipped to Hawaii and Japan. The hay is enough for shopping and of a size that can be easily handled mechanically by conveyors, says Prof. Bilanski. In Ontario, the standard bale is about 16 to 18 inches on each side and weighs 40 to 50poinds. There is some research being done into compressing three or four standard bales into a one-bale size.

The California cuber has some limitations. It is not suited to the high moisture levels in Ontario hay and the hay must be 90 per cent alfalfa to have adequate adhesive qualities, says Prof. Bilanski. "The hay must be dried to a moisture level of about 10 per cent -- a percentage that is difficult to achieve under Ontario drying conditions. If high density hay is not dried below 15 per cent, it will spoil." Ontario hay is currently dried to about 20 per cent moisture.

Prof. Bilanski thinks that artificial drying is a realistic possibility for Ontario hay producers, considering that the world price for hay is above $200 per tonne. But more research must be done in this area, he says.

Ongoing studies at the university are investigating factors such as optimum pressure for the hay to stick together, the rate of application of force, moisture content, the length of cut for the hay and the use of preservatives. The research is funded by the Ontario Ministry of Agriculture and Food.

One solution to the density problem is a cubing machine currently used in baling operations in California and Arizona for hay shipped to Hawaii and Japan. The hay is baled in 1¼ inch cubes with a density of 30 lbs. per cubic foot.

This is dense enough for shipping and of a size that can be easily handled mechanically by conveyors, says Prof. Bilanski. In Ontario, the standard bale is about 16 to 18 inches on each side and weighs 40 to 50 pounds. There is some research being done into compressing three or four standard bales into a one-bale size.

Ministry to share costs of volunteer co-ordinators

[TORONTO] - The Ministry of Health has announced it will cost share the salaries of co-ordinators of volunteer programs in the province's 43 public health units.

In making the annoucement last week, Health Minister Keith Norton said that the new cost sharing incentive will encourage health units to establish or expand existing volunteer programs.

A ministry survey conducted last fall showed that 21 public health units used the services of 1,345 volunteers who assisted in a wide range of health unit programs. Volunteers were active in vision and hearing screening, fluoride rinsing as part of dental programs, development of educational materials, and transportation of people who used health unit services.

The survey also indicated that paid co-ordinators of volunteer programs can generate an increase in their numbers and the types of programs within a health unit thereby freeing professional staff to expand the scope and role of health services in a community.

To assist the public health units' expansion of volunteer programs, the ministry's public health branch is distributing a new volunteer resource guide to all medical officers of health.

Funding volunteer services is one of several ministry initiatives aimed at helping local boards of health meet the increased demands which will be placed on them with the proclamation of the Health Protection and Promotion Act.

The new act, expected to be proclaimed this fall, will require boards to expand their roles in community sanitation, family health, nutrition, preventive dentistry, public health education, control of communicable diseases, and monitoring of local environmental issues in co-operation with the Ministries of Labour and Environment.

Management Improvement Program

In support of these developments, ministry and local public health agency representatives are preparing a management guide to assist health units in their operation. The guide will emphasize areas of management information which units indicate they most need.

The management improvement program will also make management consultation services available on request to the local boards and their staffs.

The ministry announced earlier it would provide financial assistance to public health nurses and inspectors for post-graduate studies in management, administration and program planning and to people training to be medical officers of health.

"When a man wantonly destroys one of the works of man, we call him a vandal. When he wantonly destroys one of the works of God, we call him a sportsman."
Joseph Wood Krutch

CONSEIL D'EDUCATION DES COMTES DE
Stormont, Dundas & Glengarry
COUNTY BOARD OF EDUCATION

For the information of the general public, the decision-making process, time line and criteria for identification and consideration of schools for closure follows.

A. DECISION-MAKING PROCESS AND TIME LINE

NO.	ACTION	DATE
1.	Superintendent resource tentatively identifies schools for study	October 15
2.	Superintendent resource meets with Principals of identified schools to review information required for study	October 30
3.	**School Facilities Report and Education Statistics** are completed	November 30
4.	School Facilities committee reviews **School Facilities Guidelines** and recommends revisions to Board, if required.	December 15
5.	**School Facilities Guidelines, School Facilities Report**, and **Education Statistics** are distributed to Principals and School Committee Chairmen for information	January 1
6.	School Facilities Committee reviews **School Facilities Report** and **Education Statistics**	January 15
7.	School Facilities Committee makes interim report to Board	January 30
8.	School Facilities Committee meets as required with affected School Committee or school communities to outline alternatives being considered	February 15
9.	School Committees present briefs to Board	February 27
10.	School Facilities Committee considers School Committee briefs, **School Facilities Report** and **Education Statistics** and formulates recommendations for presentation to Board	March 10
11.	Board approves, rejects or modifies recommendation of School Facilities Committee	March 20

B. CRITERIA FOR CLOSURE OF SCHOOLS

When the enrolment of a school can be accommodated in one or more schools, students are within one (1) hours transportation of that school and the school has comparable or better facilities, then such school shall be identified as eligible for consideration for closure.

In determining the order of priority for closure of schools, the following criteria shall be considered:

a. time travelled on school bus;
b. degree to which multiple grades are present;
c. extent of facilities;
d. cost of operation;
e. extent of community base;
f. degree of choice of programs to be offered;
f. future growth potential

A minumum period of three (3) years from time of identification of school for consideration as to closure, to actual closure, shall be observed.

S. O'Connor
Chairman

T.R. Leger
Director

24-2c

SEAWAY VALLEY DISTRICT HEALTH COUNCIL

the local health planning body for the area and advisor to the Minister of Health, invites applications for 1934 / 85 funding by the Ministry of Health for

NEWAND/OR EXPANDED ADULT COMMUNITY MENTAL HEALTH PROGRAMS

Program proposals to serve the United Counties of Prescott-Russell and Stormont, Dundas and Glengarry will be reviewed and priorized by this Council and forwarded to the Ministry of Health for funding.

Copies of program submission forms and guidelines may be obtained by calling:

Seaway Valley Health Council
52 Main St. South
Alexandria, Ont.
KOC 1A0 **Phone 525-4106**

Completed proposals should be forwarded to this Council **no later than December 31, 1983.**

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OBITUARIES

Former Cardinal resident, Mary J. Aaron passes

A former Cardinal resident, Mary Jane Aaron passed away at the Stepping Stones Nursing Home at Easton's Corners on Nov. 17, 1983.

Mrs. Aaron, a homemaker, was predeceased by her husband, George Henry Aaron in October, 1985. The couple was married in Toronto on Feb. 2, 1916. Mrs. Aaron was born March 31, 1890 to the late Thomas Beattie and the former Caroline Sommerby.

She is survived by a son, Wesley Aaron of Cardinal; two daughters, Thelma (Mrs. T. Gill) of Cardinal and Pauline (Mrs. K. Donnelly) of Brockville; 11 grandchildren and several great-grandchildren. She was predeceased by a son, Norman Aaron.

Funeral service took place at the C.W. Marsden Funeral Home, Cardinal on Monday, Nov. 21 at 11 a.m. with the Rev. Bob Vernon presiding. Interment followed at Oakland Cemetery, Brockville.

Pallbearers were Andrew Gill, Thomas Gill, Peter Gill, Christopher Aaron, John Aaron and David Scott, all grandsons of the deceased.

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Stopping those energy-stealers cold

by Diana Pooke

Energy Sense

In the winter months ahead, don't let the heat that your furnace generates, and that you are paying for, just seep away. Now is the time to take a good look around your home and at your home heating system.

For starters, identify your energy-stealers: those cracks and gaps around doors, windows, and electrical outlets on exterior walls, that let heat just slip away. Stop those cold drafts by air-tightening your home with caulking and weatherstripping. Install proper levels of insulation, but don't forget to provide enough ventilation to prevent condensation problems.

Here are seven tips which will simply and inexpensively improve your home heating system:

1. Keep heat outlets clear of furniture and drapes. If you have a forced air system, use deflectors to direct the warm air into the living area.
2. Use only the heat you need. Turn down heat to areas not in use. Turn down thermostats at night or if nobody is home during the day. The safe minimum is 50°F (10°C).
3. A humidifier replaces moisture in the air and makes the house more comfortable at lower temperatures.
4. There is a correct way to air the house. Open the windows wide, but only for a short time. You lose less heat this way than you would leaving a window ajar for several hours.
5. Use kitchen or bathroom exhaust fans as little as possible.
6. When the sun is shining, open your drapes to get benefit of any warmth from sunshine.
7. A heating system works most efficiently when properly maintained, so your furnace should be serviced annually. If you don't already have someone you know and trust, contact your nearest Thermoshell office.

If you follow these tips, insulate properly and have an efficiently running furnace, you will be warm and comfortable and use as little fuel as necessary during the upcoming winter months.

Licence sticker lineups expected at end of Oct., Nov., and Dec.

TORONTO--Ontario Transportation and Communications Minister James Snow recently reminded motorists their licence stickers expire on their birthday, not the end of their "birthday" month.

"If everyone would pick up their renewal stickers before, or at least on their birthday," Snow pointed out, "they could alleviate an expected rush at the end of October, November and December.

"And it's only fair to warn motorists with birthdays late in these months," he continued. "They will save themselves time and the aggravation of standing in lineups, if they're prepared to pick up their stickers a little earlier than their birthdates.

"The fact is, we anticipate a large number of transactions during the final days of these months," Snow continued, "because companies were temporarily assigned renewal dates at these times as part of the phasing in of the staggered renewal system.

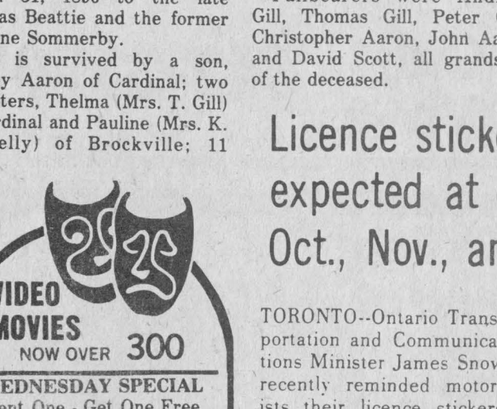
"After this year, companies will be able to choose renewal dates throughout the year which will spread the renewal times more evenly," he added.

"In the meantime, we've asked our licence issuing offices to handle the expected rush as expeditiously as possible," Snow concluded. "However, the fact remains a lot of companies will be renewing large numbers of stickers during the latter part of these months and some delays can be expected."

POWDER POWER

If you don't drink as much milk as recommended by Canada's Food Guide, make up a more concentrated milk drink by adding skim milk powder to whole milk, says Monica Beaumont, foods and nutrition specialist with the Ontario Ministry of Agriculture and Food's rural organizations and services branch. Refrigerate one day before using, for best flavor.

Send Christmas Every Week



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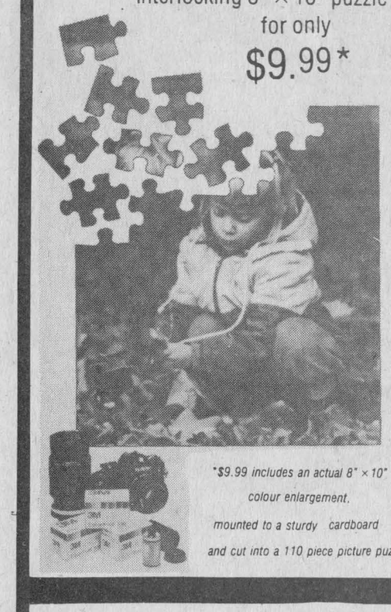

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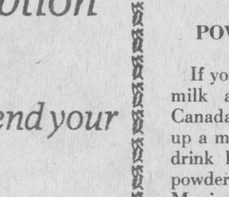

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