WINCHESTER PRESS

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Sponsor Christmas Seals

Don't Smoke November 1

The newly formed Eastern Counties TB & RD Association has decreed that Thursday, November 1st is "NO SMOKING" Day in the counties. The new organization, the result of a merging of two extremely active public service groups, St. Lawrence TB and the Respiratory Disease Association, has named Jack McIntosh of Biccum and McIntosh, Winchester, Ontario, as chairman of this year's Christmas Seal Campaign.

Mr. McIntosh, in urging the one-day smoking ban, issues the reminder that emphysema is so closely related to smoking that many physicians call it the smokers' disease, and in 1971, 1,445 Canadians died of emphysema.

The "NO SMOKING" DAY is designed as an appropriate manner of kicking off the 1973 Christmas Seal Campaign and everyone is reminded that money raised through the sale of seals plays a major role in the unending fight against the killer disease.

Clincs for asthma, emphysema and other respiratory diseases are being conducted throughout the counties and the new association is joining the National Organization in urging the Minister of Justice and the Attorneys General of all provinces to enforce the Tobacco Restraints Act.

Funds raised through the sale of Christmas Seals will be used in research and health programs, not only to fight the disease but also to combat environmental threats to air pollution and other health hazards.

Everyone is urged to support the campaign with generous donations keeping in mind that in 1971 over 10,200 persons died of respiratory diseases in Canada alone.

This year's objective is $25,000.00 and cheques should be forwarded to Counties TB & RD Association, Bank of Nova Scotia, Cornwall, Ontario.

Winchester Crusade Planned

An interdenominational Crusade, sponsored by Winchester Ministerial Association, will be conducted at the Public School auditorium from November 19th to 25th inclusive.

Rev. Ralph Neil, speaking to his people through the pages of his weekly bulletin, suggests the Crusade will focus attention on the serious spiritual needs of the region and encourage everyone to work just a little harder at being a Christian.

Both Saturday and Sunday nights (November 24th and 25th) programs will present items of special interest to youth.

Rev. Oake will be special guest Minister for the week and the choir will be under the direction of LeRoy Soper of Vankleek Hill.

Mr. Neil urges all interested in joining this choir to kindly report for the first practice on Tuesday, November 6th.

Referees Hold Clinic

A clinic sponsored by the Ottawa & District Referees Association is being held on Saturday, November 10th at 9:00 a.m. in the Winchester Community Arena.

Anyone wishing rule books previous to the clinic please contact Bob Carkner 774-3156.

The cost is only $3.00 and is hoped many local coaches and referees will attend.



The Sound Of Music

Ottawa Winter Fair officials, seeking promotional material for next year's event, need look no further. This happy little Winchester lady thinks the fair is the 'greatest', and sparkling eyes and winning smile tell the story of Cristina's good fortune.

The three-year-old lassie is a daughter of Bev and Louise MacQueen and she held the lucky ticket on the beautiful Conn organ that was raffled during what has been rated as, the biggest and best Winter Fair in many years.

The modern instrument was purchased from Fawcett Organ Studios here in Winchester and Cristina says she plans to take lessons. "when my legs get long enough to reach the pedals."

Obviously a lover of music she delights in the fact that pushing certain buttons on the ultra-modern organ produces the desired tones making it possible to enjoy her cherished prize while waiting for the little legs to grow.

Press Staff Photo

Man Dies In Auto Mishap

Rash Of Accidents Keep OPP Engrossed

Winchester detachment of the Ontario Provincial Police was kept busy last weekend as officers investigated a total of six accidents, one resulting in the death of an area man.

Richard Bartholomew was pronounced dead on arrival at Winchester District Memorial Hospital following a single car accident on Highway 31, South of Cass Bridge.

Although no particulars had been released by Ontario Provincial Police at press time, it is understood there were three in the car and that Ronald Perkins, 19, of Kemptville was admitted at the Winchester hospital while Ronald Schneider, 28, also of Kemptville was admitted to Ottawa Civic Hospital.

Winchester

Accidents of a more minor nature were investigated as well, and the first weekend call was early Friday morning when a Charlton car transport was in collision with a 1966 Plymouth driven by Jessie McLaughlin of Brinston. This mishap occurred on Main Street in Winchester, there were no injuries and damage to the automobile was approximately $200.00. Constable Miller investigated.

Morewood

Friday night at 10:00 two cows belonging to John Steen of Morewood were killed when struck by a car driven by James Casselman of Chesterville. Mr. Casselman's 1972 Chevelle suffered $800.00 damage in the mishap on the Morewood road. Constable Sarault investigated.

Another accident on Saturday south of Chesterville involved two cars. This accident was investigated by Constable Miller at the intersection of Highway 43 and County Road 7. A 1967 Ford, driven by Laurier Lavigne of Smiths Falls sustained $400.00 damage and a 1963 Ford, driven by Donald Nesbitt, Morrisburg, was damaged to the extent of approximately $200.00.

Constable Miller was called to the scene of another accident at 9:00 on Sunday night when two cars collided in Winchester at the intersection of St. Lawrence and May Streets. O.P.P. reports indicate that this mishap involved a 1965 Ford driven by Jean Tessier of Cornwall and a 1970 Plymouth driven by Paul Morgan of Winchester. There were no injuries and damage to the cars involved was estimated at approximately $700.00 - $300.00 to the Tessier vehicle and $400.00 to the Morgan automobile.

THE NEWS in Brief

New Sport Shop

Another new business will be opening soon at Winchester. Winchester Sporting Goods will be located in the Dixon Red and White Block in the area than once housed the billiard hall.

The firm, formerly known as Williamsburg Sport Shop, plans to close down the present store in favour of locating in the more heavily populated area where sports activities are promoted the year round.

Watch for the official opening.

Farewell To Reg Gamble

Two communities, Winchester and Metcalfe, learned recently that Reg Gamble, a man who has been very active in both areas, will later this month be taking up residence at Almonte.

It is understood Mr. Gamble, who has been associated with the firm of Vice and Craig Ltd. for a few years, has purchased his own business.

Friends, realizing that losing Reg and his lovely wife Gale will be a severe blow to both communities, are planning a farewell party which is scheduled for Saturday night, November 10th at Metcalfe Community Centre.

The popular young band, "Mixed Company" will be on the band stand and ladies are requested to bring along sandwiches, cake or other delicacies.

"Paper Bin" Needs New Staff

The 'Paper Bin' erected at Metcalfe's main corner by members of the Opportunities For Youth group nearly two years ago, has served a valuable purpose but is now experiencing trouble.

Last fall when the OFY group ceased to function the project was taken over by the Cubs and Scouts. Unfortunately, they too, have fallen on difficult times and since no adults have volunteered it appears both Cubs and Scout programs may be abandoned.

Needless to say should this occur, then there will be no organization to direct the pick-up program and the result could be an unsightly stack of papers.

Any organization interested in assuming the task should contact Al Micus as soon as possible. Hawling the paper away weekly can be a lucrative fund-raising project for some local organization.

AFTER SIXTEEN YEARS

Winchester United Bids Farewell To MacDonalds

Members of Winchester United Church bid farewell to Rev. A.J. MacDonald last Sunday and it was with a feeling of sorrow that his people marked the end of the friendly clergyman's 16 years of faithful service to his church and the community.

Mr. MacDonald, who was born at Boiestown, New Brunswick, came to Winchester in 1957 after he served in Bideford, P.E.I. and also Norton, N.B.

Although his church always came first, and he was recognized as Chairman of the Presbytery and Commissioner to the General Council at London, the dedicated man of God always found time to lend guidance and assistance to all community endeavours. Chaplain of Winchester 100 Club he was also an active and very competitive member of Winchester Curling Club, and during the long months when the new community centre was in its planning stages his keen interest was evident on many occasions.

Besides ministering to the spiritual welfare of his flock at Winchester he also travelled to Harmony and Winchester Springs for regular services.

The St. Lawrence Street church was filled to hear the Reverend gentleman's farewell message and following the service Rev. MacDonald's wife, Patricia and their two lovely daughters, Judy and Bonnie joined him while a message of appreciation was read by the Clerk of Session A.D. Johnston and a presentation made by Secretary of Official Board Charles Anderson.

The beautifully inscribed plaque, presented by Mr. Anderson, carried a sincere and lasting tribute to the departing minister: "It has been a special privelege knowing you, both as a Minister and friend." "We shall miss you, and your family, but trust that the path you now follow will lead to new challenges and fulfilment." "May your memories of Winchester United Church be always warm and friendly ones."

Mr. MacDonald told the Press he leaves Winchester with a touch of sadness in his heart. "I have always found this village a wonderful place," he said, "and the people, who have been so kind, will be remembered always."

As well as being honoured at Winchester he was also accorded fitting farewells at Winchester Springs, Harmony and Pleasant Valley and he said such generous gifts from his people are greatly appreciated.

Next Sunday he will be at his new church, Carleton Memorial United Church, Ottawa and the Press joins with church members in saying - "We will miss you and your family and sincerely hope your new ministry will be a pleasant and rewarding one."

Accompanying photo was taken following the Sunday service as the Minister and his family listen attentively to the words of farewell being read by Mr. Johnston.

Press Staff Photo



Russell Reeve Pelot Proposes

Farmers Control Own Destinies

Russell township Reeve Bernard Pelot has submitted a plan for study by area farmers that he feels could be a real asset to those who rely on agriculture for their livelihood.

The scheme, a farmer-owned enterprise called Farm Resources Co-ordinated Company Ltd. is being studied by local units of the Ontario Federation of Agriculture.

If incorporated the idea would control livestock, crops, machinery and labor to the best advantage of participating farmers and according to Mr. Pelot, "farmers would invest in the venture by purchasing shares but would remain independent while working to improve the agricultural situation."

The Russell Reeve sees the plans a means for farmers to realize higher financial returns for produce. His proposal is far-reaching and he is confident the end result would be more young people on farms and hopefully would also benefit elderly by making it possible for them to remain on their own farms, possibly in smaller homes, rather than being forced to the seclusion of homes for the aged.

Mr. Pelot said, "uniting to form a company is the only system that will work for farmers and it's the only way they can command a decent percentage of the consumer dollar."

Gerard Massie United Counties' Warden Honoured At Banquet

Gerard Massie, the first French-Canadian ever to be appointed Warden for the United Counties was honoured last week when approximately 400 guests sat down to dinner at the Wardens Banquet.

Reflecting on his year in office Mr. Massie told his friends that improved co-operation between Cornwall and the counties has resulted in newly-revised tourist council, a joint industrial committee and a joint air harbor committee.

He complimented Cornwall Mayor Ed Lumley for his initiative and foresight with the proposed air harbour saying that because of this many benefits for both Cornwall and the counties are likely to be realized.

Noting some of the most recent improvements in the counties he mentioned the Alexandria to Glen Robertson Road and the North Lancaster Road to the Quebec border and also told his listeners that recently a tender has been accepted for the reconstruction of the county road from Maxville south to Highway 43.

Guest speaker for the occasion was Canada's minister of health Marc Lalonde.

Left to right in accompanying photo Hon. Lucien Lamoureux, Speaker of the House of Commons and MP for Stormont-Dundas; Mr. Massie, Health Minister Hon. Marc Lalonde and Denis Ethier MP for Glengarry - Prescott.

Photo by Robert of Alexandria



BIRTHS

Following is a list of recent births at the Winchester and District Memorial Hospital:

On Wednesday, October 24, 1973, Mr. and Mrs. William Giles, Chesterville, Ontario, a son.

On Wednesday, October 24, 1973, Mr. and Mrs. Lorne Elliott, Winchester, Ontario, R.R.2, a daughter.

On Thursday, October 25, 1973, Mr. and Mrs. Robert Beyers, Russell, Ontario, a son.

On Saturday, October 27, Mr. and Mrs. Wayne Ferguson, Osgoode, Ontario, a daughter.

On Sunday, October 28, 1973, Mr. and Mrs. Bernard Bennis, Newington, Ontario, R.R.2, a daughter.

On Sunday, Otober 28, 1973, Mr. and Mrs. Kenneth McDonald, Winchester, Ontario R.R.1, a daughter.

On Sunday, October 28, 1973, Mr. and Mrs. John Yourt, Winchester, Ontario, a daughter.

Personal

Mr. and Mrs. Richard Linton returned home last week having enjoyed a trip to the east coast.



... saying it all with a kiss and red roses.

Muriel's Flowers

Ph. 774-2201 Winchester



Mr. And Mrs. Dale Keyes

Keyes - Flegg Wedded At Hulbert United Church

Hulbert United Church was the scene of a pretty fall wedding on Saturday, October 6th, 1973 when Rev. W. Brian Gee heard wedding vows exchanged between Keitha Lois Linda Flegg and Samuel Orval Dale Keyes at twelve noon.

The bride is the younger daughter of Mr. and Mrs. Keith Flegg of R.R.1 Brinston, Ontario and the groom is the eldest son of Mr. and Mrs. Samuel Keyes of R.R.1 South Mountain, Ontario.

Organist for the wedding was Mrs. Freda Mellan who accompanied the soloist, Marilyn Pitt.

Entering the church with her father, the bride was radiant in a empire waisted gown of white crimpelene, worn under a sheer floor length coat that fell in a short train in the back. Her shoulder length veil was held in place by a maribou ring. She carried a nosegay of white mums, white daisies and tangerine roses. Preceding the bride into the church was her sister, Mrs. Jean Sloan, matron of honour; and bridesmaids, Mrs. Barbara Verhey, sister of the groom and Janice Kyd. The flowergirl was Shelley Verhey, niece of the groom. The matron of honour wore a floor length orange floral dress trimmed with white lace. In her hair, she wore orange rosebuds. The bridesmaids wore identical dresses of green floral. The flowergirl wore a long white crimpelene dress accented with gold trim. She wore a band of maribou in her hair. All attendants carried nosegays of bronze, yellow and orange mums.

Dean Keyes was best man for his brother. Guests were seated by Brian Keyes, brother of the groom and John Flegg, brother of the bride.

For her daughter's wedding, Mrs. Flegg chose a floor length beige dress with a matching jacket. Completing her ensemble were gold accessories and a corsage of tangerine roses. Mrs. Keyes chose a floor length floral gown of white, yellow, orange and gray. She wore a mink stole with gold and brown accessories and a corsage of yellow roses.

A reception, with guests attending from Barrie, Winchester, Ottawa, Newmarket, Toronto, Iroquois, Alexandria, Kemptville, Cornwall, Finch as well as the Brinston and South Mountain area, was held in the Memorial Hall in Brinston.

After returning from a trip to Vermont and New Hampshire, Mr. and Mrs. Keyes are residing at R.R.1 South Mountain.

OBITUARIES

Miss Violet Ilene Tousaw

Miss Violet Ilene Tousaw, a well known and highly respected South Mountain resident, died suddenly at her home on Saturday, October 27th in her 50 th year.

A daughter of Mr. and Mrs. Allan Tousaw she was a member of Pleasant Valley United Church.

Besides her parents she is survived by five brothers and three sisters: twin sister Viola, Hexton; Mrs. Flossie Whitehouse, Kemptville; Mrs. George Styles (Vera), Athens; Roy and Delbert, both of Kemptville; Russell, Hexton; Harry, Brinston and Lorne of South Mountain.

Funeral service at Vice and Criag Ltd. Funeral Home, Winchester, was conducted by Rev. A. MacDonald at 11:00 a.m. on Tuesday, October 30th. Pall bearers were Ward Mellon, Lyle Mellon, Sam Keyes, Ken Hunter, Isaac McShane and Hilliard Gilmer.

Interment was at South Gower cemetery.

Gordon Richard Bartholomew

South Mountain and area residents were shocked to learn of the tragic death of Gordon Richard Bartholomew resulting from a Saturday night automobile accident.

Mr. Bartholomew, in his 24th year, was pronounced dead on arrival at Winchester District Memorial Hospital.

The late Mr. Bartholemew, a son of Mr. and Mrs. Gordon Dean Bartholomew is also survived by his wife, the former Patricia Jean Stoddart, and grandparents Mr. and Mrs. Clifford Thorpe and Son-in-Law of Mr. and Mrs. Sherwood Stoddart.

Funeral service at Vice and Craig Ltd., Winchester, was conducted by Rev. Earl D. Moore at 2:30 p.m. on Tuesday, October 30th.

Pall bearers were Keith Wereley, Tom Allison, Dwaine Berry, Bart Hutchinson, Douglas Boyd and Brian Halpenny.

Interment was at Knight's cemetery.



Mr. And Mrs. Gerald Lyle Christie United In Marriage

Shown following their marriage in Holy Cross Church, Kemptville, Ontario on October 20th, 1973, at five-thirty o'clock. Father Cummings and Rev. E. Reid officiated at the double ring ceremony.

Mrs. Christie (nee Betty Lou Loughlin) is the daughter of Mrs. Annette Loughlin of Mountain and the late Mr. Michael Loughlin. Mr. Christie is a son of Mr. and Mrs. Lyle Christie, Kemptville, Ontario. Hyland Photo

Anglican Women Meet

Members of Vernon A.C.W. met last week at the home of Mrs. Freeman Acres when the devotional period was directed by the hostess.

During the business portion of the meeting it was agreed to send an additional $25.00 to the Diocesan Treasurer as a natural commitment. It was reported that the catering project at a recent wedding had proved financially successful.

Mrs. Bruce Acres submitted reports on meetings she and the President had attended recently at Osgoode and Mrs. Acres also brought back interesting reports following her attendance at the Synod.

The new Church Calendars were on display and some were sold following the meeting. The meeting closed with prayer and refreshments and Mrs. Jack Tulley offered her home for the November meeting.

News From Colquhoun

Mr. and Mrs. Mervyn Wells of Ottawa visited Mr. and Mrs. Graham Wells, Wednesday evening and attended the Church Supper.

Mesdames C. Countryman, F. Gallinger, W. Brownell attended the U.C.W. Meeting at Ingleside on Thursday.

Mrs. Winston Marrs and family of St. Thomas spent last week with her parents Mr. and Mrs. M. OShaughnessy and they were guests of Mr. and Mrs. Gerald Gallinger and Larry Thursday evening.

Mr. and Mrs. Kenneth McMahon of Cornwall, Mrs. Neil Shaver, Lunenburg, Mrs. Ernie Pitcher, Ingleside were recent guests of Miss Doris McMahon.

Personals

Mr. Charlie Russell, Massena, N.Y. visited Miss Doris McMahon recently.

Mr. and Mrs. George Wright visited Mrs. Helen Nash, Montreal on Monday.

The U.C.W. of Colquhoun met at the home of Mrs. Graham Wells on Wednesday.

Mr. Michael Sinclair, Toronto is visiting his parents, Mr. and Mrs. Leonard Sinclair.

CROSSWORD PUZZLE

Gods and Goddesses

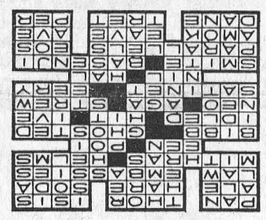
ACROSS

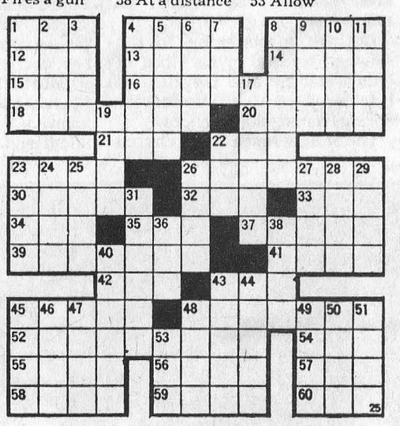
1 Greek god of flocks
4 Norse thunder god
8 Egyptian mother goddess
12 Malt brew
13 Rabbit
14 Sweet, fizzy drink
15 Precept
16 Ambassadors' offices
18 Persian god of light
20 Tillers
21 Precisely (contr.)
22 Hawaiian foodstuff
23 Supporting sidepiece (naut.)
26 Wrote under another's name
30 Loafed
32 Successful play, for example
33 I own (contr.)
34 New (comb. form)
35 Moslem commander
37 Scattered
39 Imitation satin
41 Weird (var.)
42 Nothing
43 Masculine nickname
45 Chasten
48 African hunting dog
52 Series of long trenches
54 Greek goddess of dawn
55 Murderous frenzy (var.)
56 Roof edge
57 Hail!
58 Man from Copenhagen
59 Waste allowance
60 By

DOWN

1 Tropical tree
2 Turkish regiment
3 Salamander
4 In that place
5 Biblical character
6 Eyes
7 Pacific turmeric
8 Japanese immigrants in U.S.A.
9 Earth
10 Same (Latin)
11 Back talk
17 Fires a gun
19 Greek goddess of youth
22 Greek letter
23 Receptacles
24 Notion
25 Blemish
26 Landing place (India)
27 Make weary
28 Always
29 Of morning condensate
31 Book of Old Testament
36 Form jelly
38 At a distance
40 Fluid received (comb. form)
43 Cut into two parts
44 Property item
45 Underground marker (mining)
46 Mother (var.)
47 Metal
48 Animal
49 Low tide
50 God of the sky (Greek)
51 Elbe tributary
53 Allow

Answer







Engagement

Mr. and Mrs. Gordon Atchison of Mr. Clemens, Michigan, wish to announce the engagement of their daughter Bonnie Lee to John Green, son of Mr. and Mrs. David Green, also of Mt. Clemens.

The marriage will take place on June 29th, 1974. Bonnie Lee is a granddaughter of Henry Reaney of Edwards.

27c

jo-anne shoppe Winchester 774-2003

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Celebrate 50th

Mr. And Mrs. Arthur Erwin Feted At Open House

On Saturday, October 27, 1973 an Open House was held in the Winchester United Church Hall to honour Mr. and Mrs. Arthur Erwin on the occasion of their Fiftieth Wedding Anniversary.

Mr. and Mrs. Erwin were married in Aylmer, P.Q., by the Rev. George Stafford on October 27, 1923.

They have 5 children, Edgar, Agincourt, Audrey (Mrs. Ron Trute) Burlington, Betty (Mrs. Earl Ramsay) Ramsayville, Don, Hallville, Marion (Mrs. Clinton Coleman) Hallville. There are 21 grandchildren all of whom were present except one.

The Hall was tastefully decorated. Family pictures of "Our Fifty Years" the many lovely cards and gift received were on display.

Presiding at the tea table set with a three tier wedding cake, anniversary candles and flowers were friends of the Erwins. Mrs. Kenneth Carlyle, Mrs. Willis McKercher, Mrs. Winnie Martin, Mrs. Osborne Kerr, Mrs. Grace Johncox, Mrs. Basil Johncox, Mrs. Jessie Brown and Mrs. Edgar Erwin.



Enjoying Festivities

The lunch catered by the family was served by granddaughters.

The Guest Book, looked after by granddaughters, was signed by more than 200 people who came from the area, Iroquois Falls, Burlington, Brampton, Toronto, Scarborough, Agincourt, Port Hope, Cobourg, Ottawa, Beachburg, Refrew, Cobden, Fouresters Falls, Markdale, Williamsburg, Kemptville, Hull, P.Q. and Wakefield, P.Q.

Rev. A.J. MacDOnald on behalf of the Winchester United Church congregation read a letter of appreciation and congratulations to Mr. and Mrs. Erwin and Mr. L. Strader made a presentation of a silver cream, sugar and tray set.

During the afternoon a bus load of former friends and neighbours of the Erwins from the Beachburg area arrived. A presentation of two Kenwood blankets and a purse of money on their behalf was made and an address read by Mrs. Hilda Wright on their behalf. Amonth other beautiful gifts received were two Easy Chairs presented by their family.

A congratulatory telegram from Governor General Michener, greetings from Prime Minister Trudeau and a wall plaque from The Ontario Government were received with appreciation.

A family dinner was held at the Country Kitchen from 5-7.

Several sisters and brothers of Mr. and Mrs. Erwin were among the guests.

Grandchildren Susan, Colleen and Jerry Latimer, a gifted musical trio, entertained and Miss Beth Waddell, another granddaughter sang two appropriate songs accompanied on the piano by Mrs. Cecil Stanley.

Dancing rounded out the delightful event when the guests of honour 'Benson and Hilda' delighted those present with violon selections accompanied by granddaughter Susan on her guitar.

Mr. and Mrs. Latimer were the recipients of many lovely gifts, cards and also congratulatory telegrams from Mr. and Mrs. Chas. Latimer and Mrs. Mary McDonald of Vancouver.

Members of Metcalfe A.C.W. catered for the dinner.

Honoured On 30th Anniversary

On the occasion of their 30th Wedding Anniversary, Mr. and Mrs. Willis Robinson were pleasantly surprised at a party planned by their two daughters, Mrs. Carl Robinson, Winchester Springs and Mrs. William Green, Guelph. The occasion was attended by their immediate families and held at the home of Mr. and Mrs. Carl Robinson.

Metcalfe Couple Mark 45th Wedding Anniversary

Mr. and Mrs. Benson Latimer of Metcalfe were honoured last week on the occasion of their 45th wedding anniversary when family members enjoyed dinner together at the Anglican Church hall.

Mr. and Mrs. Latimer (the former Hilda Davidson) were married at Johnston's Corners on October 24th, 1928 by Rev. Morrison. Bridesmaid on that memorable occasion was Miss Bertha Wallace (now Mrs. Lloyd Pottage), a cousin of the groom and the Best Man was Andrew Davidson, the bride's brother. Mrs. Pottage, now a resident of Thornbury, Ontario, was present for the anniversary celebration but Mr. Davidson was unable to attend. Miss Lois Long, the flower girl at that autumn wedding so many years ago was also present.

Mr. and Mrs. Latimer are the proud parents of one daughter, Mrs. Lorne Waddell, Edwards and two sons, Billy, Manotick and Floyd of Metcalfe and are equally proud of their 12 grandchildren.

Following the dinner the balance of the evening was spent with immediate relatives, nieces and nephews. Miss Lang showed slides of Lanark and Pontiac County as viewed in glorious colour on beautiful autumn days. Her presentation also included photos of pioneer homes in that area and also hunting camps, much to the delight of Mr. Latimer, a dedicated hunting enthusiast.

Vernon News

Mrs. Stuart Dalgleish spent the weekend in Trenton. Some of her sisters accompanied her. They visited another sister Mrs. Gordon Guy and Mr. Guy at Trenton.

Miss Sheila Acres spent the weekend in Kingston with her sister Judy who is a nurse in training there.

Sunday night dinner guests at the home of Mr. and Mrs. Ronald Goodwin were Mr. and Mrs. Stuart Mattice of Morewood, Mrs. Donald Mattice and Carl of Vernon; Mr. and Mrs. Bruce Crate and Cory of Metcalfe and Miss Nancy Latimer of Edwards.

THE CLOTHING **Barn**

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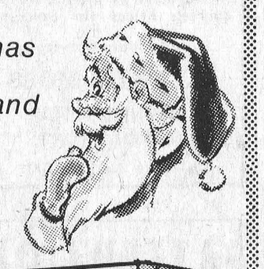
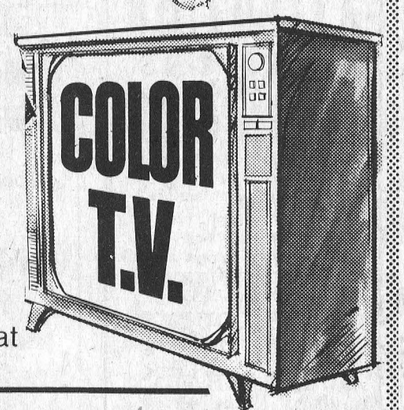
Only 44 Shopping days till Christmas left at "THE BARN", so drop in now and get in on our added attractions because....



The Barn Gang Is At It Again *By giving away a free ticket on a beautiful* ***Philcomatic Colour 20" Full Automatic Television Set,*** *just for dropping in!!*



An extra ticket is given away with every $5.00 purchase.

A gift that is sure to fit. The winner of our last draw for a coat was Mrs. D. Menkhorst, Williamsburg, Ontario



CO-ORDINATES FOR MEN

Mix and match them at "THE BARN", or bring in your own jacket or pants and match them up. Any two piece set will have a $5.00 discount plus any bow tie or tie free. Offer ends Nov. 18th

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Size 8 to 18, Nylon Outer Shell, Sherpa Lined, Reg. $19.98 - Now just $14.77 'till Nov. 18th



And here's a special for the ladies ... *10% off all our evening gowns until November 18th. Our Christmas gowns are arriving now!*

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Friday ..... 9 to 9

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1971 BUICK LeSABRE CUSTOM — 4-Dr. Hardtop, 350, 4Barrel, V-8, Power Brakes, Steering, and Windows. White Vinyl Roof with Dark Blue Paint. A local car with Low Mileage that Assures Comfort at an Economy Price. Stock No. 8043C.
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1968 DODGE MONACO 500 2 DOOR HARD TOP—Burgundy Paint With Black Vinyl Roof and Interior - V8 - Radio and Power Steering. Brakes and Automatic Transmission. We Haven't Had Time To Recondition This One Yet, But It Came In Pretty Good Shape. Stock No. 9225B.
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HELP WANTED—Supervisor for Homemaker's Service. The Dundas County Red Cross Society requires immediately a Supervisor for Homemaker's Service. Part-time position for a practical, concerned, community-minded woman. Professional experience not necessarily required. Please apply by November 10th, 1973: to Box 189, Williamsburg. 26-27c

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(Building Lots)
Anyone Having A Lot Or Lots For Sale In Winchester Or Area, Please Drop A Note To
Box 728
Winchester, Ont.

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WANTED - First and Second Calf Heifers. Also, if you are having a Household or Farm Auction, for satisfaction call Harold Ball at 448-3161 or 774-5212. 2tfc

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HELP WANTED—Local industry requires general labour. Apply in person to Iroquois Enterprises. Iroquois, Ontario. 26-29c

HELP WANTED—Homemakers needed. The Red Cross Society has employment for women to act as Homemakers. Main requirements for this work are a desire to help others. knowledge in housekeeping skills and a background of family life. Part time work available. Homemakers to be placed in homes in the County of Dundas. Interested parties please apply by November 17th, 1973, to Box 189, Williamsburg, Ontario. 26-27c

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Tenders Wanted
Winchester District Memorial Hospital

SEALED TENDERS, clearly marked as to contents, are invited for the following commodities and services. Quantities stated are average (estimated) consumptions and they may vary and are dependent upon percentage occupancy rates incurred during the year.
(a) BUNKER OIL, No. 6, 100,000 gallons (size of tank: 10,000 gallons).
(b) FIRST QUALITY BREAD, 24 oz. loaf, white or brown, sliced and wrapped, regular and saltless, 8,000 loaves. Other baking products, rolls, etc. as required.
(c) MILK, pasteurized and homogenized, 12,000 quarts in cartons, plus 10,000 quarts in bulk for use in Arnett dispensers and skim milk 1,500 quarts. (total cost of the individual items in section "c" will be used as the basis on which this part of the tender will be considered).
Period of supply for the above commodities will be for 12 months from January 1, 1974, and all bids are to be based on delivery at the hospital.
(d) SNOWPLOWING - hourly rates only should be quoted. Further details as to the scope of the work involved, insurance requirements, etc. may be obtained from the undersigned at the hospital.
CLOSING DATE FOR TENDERS WILL BE FIVE P.M. Thursday, November 15, 1973. LOWEST OR ANY BID NOT NECESSARILY ACCEPTED.
The Administrator,
Winchester District Memorial Hospital,
Winchester, Ontario.

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FOR RENT - Small, modern double - breezeway garage, on main highway, close to town. Suit mature couple, for reasonable term. Occupancy available immediately. Apply in writing please to Box 3477, The Winchester Press Ltd. 17tfc

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FOR SALE—Mens skates. excellent condition. size 7. size 8. size 9 and size 10. Call Stanley Marriner 774-2741. 26-27p

FOR SALE—25 late model Light Trucks. Station Wagons and Cars at wholesale or less. Amell Auto. Cornwall. Tel. 932-5603. 51tfc

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NOTICE
re Village of Winchester Due Date For Final Payment of 1973 Taxes
All tax payers in the Village of Winchester should take note that the final date for payment of 1973 Taxes will be
November 30th, 1973
Interest charges will be applied on taxes *paid after this date.*
R. W. Annable, Clerk
Village of Winchester

USE WANT ADS!

FOR SALE

FOR SALE—1967 Austin 1800, four door sedan. Please call after 6:00 p.m. - 1-445-2009. 26-27c

FOR SALE—Free to good home, kittens. Call Bob Hogg, 989-2973. 26TFC

FOR SALE—1971 Leader Mobile Home. 12 x 60, three bedrooms. Tel. 774-6123. 26TFC

FOR SALE—1 Rogers Majestic Walnut Stereo console with radio and automatic record player, good condition - $135.00; 1 Admiral cabinet model 23" Television $50.00 Phone 821-2374 after five. 27-28p

FOR SALE—Potatoes, excellent eating quality. Ford Patterson, tel. 821-1230. 27-28c

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FOR SALE—1966 Ford Truck, 10 ton with box and hoist. Apply Clem Rutters, R.R.1 Chesterville. Tel. 448-2422. 27-28c

FOR SALE—Lilliston wedge type snow blower, 4 years old. Smith Corona adding machine. Tel. 774-5172. 27c

FOR SALE—1964 Volkswagen with certificate of mechanical fitness, radio, block heater, snow tires and gas heater. Call 774-3612 after six p.m. 27p

FOR SALE—One dyed fur marmot jacket, size 14, almost like new. Tel. 774-2829. 27-28c

FOR SALE—Barbie doll clothes, will also fit any 12" doll. Mrs. Myrle McMillan. Tel. 448-2642. 27p

FOR SALE—Cockshutt 3 furrow disc plow in good condition. Tel. 774-6531 between 12 noon and 1 p.m. 27c

FOR SALE—1972 Polaris Charger 400 SS, free air, twin cylinder, 38 h.p. Price $750.00 Tel. Russell Airport 443-5426. 27-28c

FOR SALE—1970 Dodge Dart, green, 4 door, V8 automatic. Tel. 774-3404 after 6 p.m. 27-28c

FOR SALE—Laying hens, DeKalb, floor layers, top producing, 24 weeks, available now at competitive price of $2.00 each. Tel. 989-2054. 27c

FOR SALE—1 white room divider, 1 coffee table, 2 turquoise bedspreads for single beds; 1 Hi-Fi floor model; 1-150 gal. oil tank and stand; 2 snow tires, wide oval, low mileage, size H-70-14. Tel. 774-5010 after 5 p.m. 27c

FOR SALE—1972 G.M.C. ½ ton truck, 350 V8, 4 barrel, power steering, power brakes, custom options, in very good condition. Tel. 821-1231. 27-28c

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FOR SALE—Chesterfield suite, with one chair, Nylon Frieze, brown and tangerine, two years old and in very good condition. Also, Ladies' skidoo suit, worn once, mauve with white striping, size 14. Call evenings 774-5810. 27p

FOR SALE—For HOG farmer, a few galv. welded bar mesh hog confinement panels left. 16'x35". Clearing at $12.80 per panel. Ray Smith, Newington, 346-5483.27-28p

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MEMORIAL GIFTS

Responding to requests, The Canadian Cancer Society has "In Memoriam" cards available from Mrs. Kay Beedie, or funeral parlors, for use at the time of bereavement of a friend or loved one. Such funds are used for research to find the ultimate cure of cancer. To make arrangements, telephone 774-2345.

39tfp

JONES—In loving memory of our dear parents and grandparents, Evelyne Kathleen who passed away Feb. 2, 1968 and Peter Edward, October 30, 1970.
May they always walk in sunshine
And God's love around them flow
For the happiness they gave us
No one will every know
It broke our hearts to lose them
But they did not go alone
For part of us went with them
The day God called them home.
—Ever remembered Gilbert, Doris, David and Barbara. 27c

MELVIN—In remembrance of a dear sister, Eleanore, who passed away April 7, 1971 and loving parents who left us, Mother on November 4, 1971 and Dad on January 12, 1972.
Although we smile and make no fuss,
No one misses them more than us.
And when old times we oft recall,
That's when we miss them most of all.
—Sadly missed, Jean and Hugh 27p

TUPPER—In loving memory of our dear Father and Grandfather, Howard Tupper, who passed away November 4, 1962.
His weary hours and days of pain
His troubled nights are past.
And in our aching hearts we know
He has found sweet peace at last.
—Always remembered by Bill, Pat and family. 27c

JAMES—In loving memory of Dad. John W. James who passed away November 3, 1972; Stewart, who passed away November 2, 1970 and Johnnie who passed away November 19, 1958.
—Jean and Hugh Denison. 27c

DUGDALE—In loving memory of Norman Dugdale who passed away November 5th 1968.
The rolling stream of life flows on,
But still the vacant chair
Recalls the love, the voice and smile
Of one who once sat there.
—Wife Ida and family. 27p

SHELDRICK—In loving memory of a dear wife Mary who passed away November 1st. 1972.
My heart still aches with sadness
And secret tears still flow.
What it meant to lose you
No one will ever know.
When days are long and lonely
And everything goes wrong.
I seem to hear you whisper
Cheer up and carry on
When I see your portrait
You seem to smile and say
Don't cry I'm only sleeping
We'll meet again some day.
—Henry. 27p

MCCONNELL—In memory of a beloved wife and mother. Doris C. McConnell, who died on October 31, 1972.
Not just today, but every day
In silence we remember.
—George and family. 27c

WALLACE—In loving memory of a dear son and brother, Herman Wallace, who was accidently killed November 3, 1970.
—Always remembered, Mrs. Gertrude Wallace, Mike, Evelyn and Wally. 27c

WARREN—In loving memory of a dear wife, mother and grandmother Pearl Warren, who passed away November 2, 1964.
Nine years today, dear Mother
Was called to her eternal rest
Gone where the angels sing so sweet
And taken when God knew best.
We miss her here so very much
Her presence oft seem nigh
But we all hope in heaven to meet
Where no one says goodbye.
—Always remembered, husband and family. 27c

CARDS OF THANKS

CARD OF THANKS—I wish to thank Judy Bath, Bill Tully and Mrs. Tully for their help at the accident. Thanks to Dr. Slowey and nurses on 1st floor, friends and neighbours who called and visited me while I was in Winchester District Memorial Hospital.
—Keith Presley 27c

CARD OF THANKS—I wish to express my sincere thanks to all my friends and neighbours for their cards, visits and treats while I was a patient in Winchester Memorial Hospital. Also to Dr. Justus and Mrs. Baker the home care nurse. Again I say thank you.
—Gordon Corker 27p

CARD OF THANKS—I would like to thank my friends and neighbours who were so kind to me while I was a patient in the Winchester Memorial Hospital. Special thanks to the nurses on the first floor, to Rev. Gordon, Dr. Chande and Dr. Domanko.
—Mary Hanson 27p

CARD OF THANKS—Mrs. Agnes (McIntosh) Cass would like to express her heart-felt thanks to all her friends who sent such lovely cards of best wishes for her 90th birthday recently.
"I would be a friend
Whose blossoming no hand need ever tend:
Perennial on whom hearts can depend"
—Thank you, Mrs. Cass 27c

CARD OF THANKS—We would like to thank everyone who so kindly helped us when our home was damaged by fire. A special thanks to the Williamsburg Volunteer Fire Department, the Brockville Radio Station, the organizers, canvasers and those who supported the Benefit dance and to the Troop band who donated the music. The kindness and generosity of our relatives, friends and neighbours has been very much appreciated and will long be remembered.
—Orval and Reta Mayhew, Chesterville 27p

CARD OF THANKS—We would like to say thank you to Dr. D. Justus, Dr. Flowers and the maternity nursing staff of Winchester Hospital. Special thanks to those who sent cards, flowers, treats and gifts and to those who helped out at home.
—Marian Barkley (Kendra & Krista) 27c

CARD OF THANKS—Mrs. Lloyd Verda McNaughton wishes to express her sincere thanks to neighbours who gave a donation in memory of a worthy cause also for many acts of kindness and messages of sympathy received at the time of her recent bereavement in the passing of her brother John Homer Capion. 27p

smart people are want-ad minded!

Nixon Re-Elected Leader Promises Personal Contact

"Victory in '75 - that's our goal." Robert Nixon told a mob of cheering supporters following his reelection as Leader of the Liberal Party in Ontario.

It was a third-ballot victory and happy leader suggested the convention had taught valuable lessons, and many of those lessons were for him.

Speaking of the pre-convention campaigns Mr. Nixon said his party had been wounded but he expressed confidence in the future.

He noted criticism that he had not spent enough time in the province's riding.

"That message came through loud and clear," he told reporters, "I've been to the north, but I haven't been in the north enough. I've been in the east but I haven't been in the east enough."

He promised regular excursions through the ridings from now on.

WONDERFUL
GIFT

For that hard-to-please person: "Stormont, Dundas and Glengarry - a history", by J.G. HARKNESS. Long out of print, now once again available in beautiful binding. Order from your book store or direct from:
SD&G Book Distribution Centre
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(Enclose cheque or money order at $8 per copy.)

Buy A Bar
Help North Dundas

North Dundas District High School students are conducting their annual fund-raising drive in the form of a chocolate bar sale campaign.

Their objective is $3,000 and revenue will be used to help such school clubs as - photography, science, Christian Fellowship and others.

"We feel", says one student, "that these clubs play a decisive role in the social development program." Bars are selling this year at $1.00 and the students anticipate a friendly (and generous) reception when they begin their drive this weekend.

W.C.T.U. To Send Teens To Youtharama

The October meeting of the W.C.T.U. was held at the home of Mrs. Lottie Summers. The meeting was opened with a suitable thought by the President.

The committee in charge reported that four young people are planning to attend "Youtharama" to be held at Guelph Nov. 2 - Nov.4. Plans were made for a public meeting later in November for these young people to give their reports on Youtharama.

The theme of the devotional presented by Mrs. Lottie Summers and Miss K. Kennedy was "Fences". The meditation on fences emphasized that just as fences divide or separate, so, many things we think and do separate us from being completely happy.

The meeting was closed with prayer by Mrs. T.J. Keyes.

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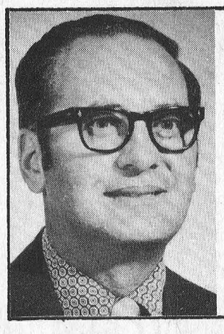
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AUCTION SALES

Auction Sale

Stocker and Feeder Sale

Calves, yearlings and mature animals.
on
FRIDAY, NOVEMBER 2
Commencing at 1 p.m.

NAVAN LIVESTOCK EXCHANGE

27c

Auction Sale

DAIRY DISPERSAL SALE
of
20 GUERNSEY COWS
for Mr. W.L. Stapleton of Russell
at
WINCHESTER AND DISTRICT LIVESTOCK AUCTION
ON
TUESDAY, NOVEMBER 6
Commencing at 2:00 p.m.

27c

Auction Sale

Dairy Herd of Frank McDonald of Navan, Ontario, on
SATURDAY, NOVEMBER 10th
commencing at 2:00 p.m.

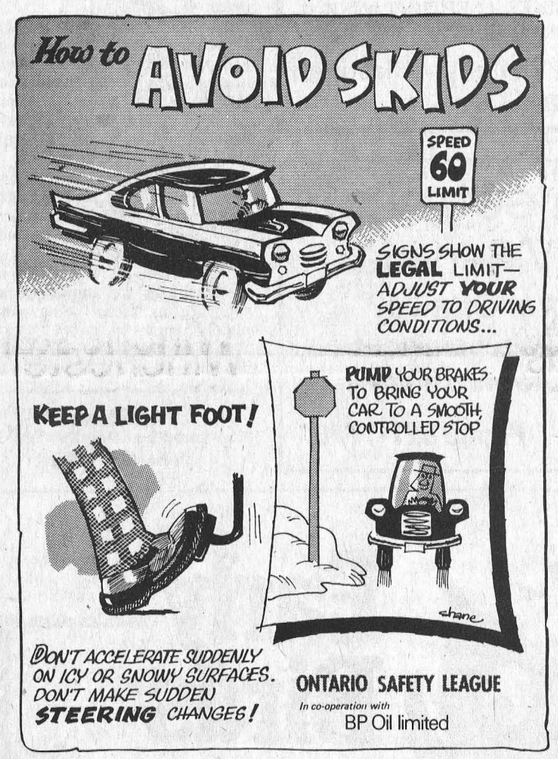
50 Holsteins consisting of: 20 Registered Holstein Cows; 20 Grade Holstein Cows; 10 Grade Holstein Heifers. bred for January and February. Most of these cows are from Unit Bulls. Several of the cows are due to freshen around time of sale.

Terms of Sale: Cash

Due to reconstruction of buildings on the McDonald farm, this herd will be sold at the farm of Jan Vos. 3 miles south-east of Navan. Ontario. In case of inclement weather, sale will be held indoors.

FRANK McDONALD, Proprietor
Navan, Ontario, 835-2547
Norman Rivington. Auctioneer
Navan. Ontario. 835-2747

26-27c



Auction Sale

of
ANTIQUES, FURNITURE. TOOLS, TRACTOR

The undersigned will offer for sale by public auction the following articles at Warina on Highway 138, 3 miles north of Monkland, 3 miles south of Moose Creek.

on
SATURDAY, NOVEMBER 3
Commencing at 12:30 noon

Rose and thistle settee; pine corner cupboard; antique buffet; antique easy chair; wicker arm chair; complete commode set; 2 wash stands; hall bench; spinning wheel; antique dresser; antique parlour table; 2 large bean pots; dimie john; piano box cutter; 2 buggie frames; butter bowl; C.P.R. lantern; bee smoker; 2 lanterns; coal oil lamp; butter ladle; small steel churn; butter crocks; old maps; 2 rake wheels; odd chairs; buggie wheels; pine kitchen table with drawer; brass jardeneer; antique wooden bed; Westinghouse refrigerator; 20" heavy duty stove; wooden extension table, with 4 chairs and cupboard; 5 piece walnut bed room set, double bed, chest of drawers; dresser vanity and bench in waterfall design; 2 wardrobes full mirror fronts; large dresser; arm chair; 2 large carpets; card table; new dining room light fixture; twin beds complete with box springs; book shelves; ¾ mattress; ¾ wooden bed complete; single bed complete; small filing cabinet; captain chair; underwood typewriter; 2 writing desks; mirrors; chrome kitchen stool; cabinet radio; corner table; fire place metal basket; school desks single and double; 2 elec. heaters; elec. lamp; pressure pump; store scales; picture frames; dry sink; laundry tub; wringer washing machine; propane gas heater with pipes; large copper tub; electric radio; 36 foot T.V. tower, roter and antena; steel wheel barrow; 24 foot extension ladder; wheel barrow on rubber; bench vise; paint sprayer; large grind stone; hand cultivator; 32 cold frame sashes; long heavy duty extension cord; carpenter tools, all kinds; electric motors all sizes; work bench; self-propelled lawn mower; lead cable; rakes; forks; shovels; lawn chairs; lawn croquet set; quantity of 2" and 3" plastic pipe.

Garden Tractor; 3 horse power complete with plow; lawn mower and seeder; car trailer and many articles too numerous to mention.

Auctioneers Note: All must be sold with no reserve as property has been sold, articles are in perfect condition must be seen to be appreciated. In case of unfavorable weather auction will be held under cover.

TERMS-CASH

PROPRIETOR
Bill Wilkinson
R.R.1 Maxville,
Phone 527-5726

AUCTIONEER:
John A. MacLennan
Maxville, Tel. 527-5496

27c

Auction Sale

of
LIVESTOCK, MACHINERY AND MISCELLANEOUS ARTICLES

On Lot 7 Concession 10 Township of Osgoode. At the farm of Peter Stolwyk, 1 mile east of County 29 or 1 Concession south and 1 Concession east of Edwards, Ontario. Watch for Auction signs.

on

SATURDAY, NOVEMBER 10

Commencing at 11:00 a.m. sharp

60 head of High Grade Holstein cattle consisting of: 50 milk cows, 10 due around sale time, balance bred for year round milking; 4 bred heifers; 4 open heifers; 1 pure bred bull - 1 yr. old; 1 bull - 3 yrs. old; 2 riding horses.

Allis Chalmers 180 diesel tractor with fully hydraulic loader and cab. new 268 hrs.; M.F. 135 gas tractor, in good condition, tractor chains for both tractors; Horcan 4 furrow plow, 4 14's; M.F. 3 pt. hitch cultivator; Triple K cultivator; set of discs, 14's; set of chain harrows; I-H seed drill, 16 run; fertilizer spreader; I-H two row corn planter; New Idea hay conditioner, 9' cut; I-H rake; New Holland baler, model 275; bale stooker; bale forks for loader; New Idea bale elevator, 41' - good for hay or cob corn; 2 Hay wagons with racks; Trailer; I-H self propelled No. 91 combine with pick up and straight cut attachments; New Idea No. 323 one row corn picker, new; Farm Hand grinder mixer; 2 Killbras grain tanks with wagons; grain auger; New Idea No. 213 manure spreader approx. 165 bushel, new; Patz silo unloader; Post hole auger; Electric fencer; Land scraper; Water tanks; a number of gates; wheel barrow; ladders; hand winch; feed cart; chain saw; quantity of fence posts; electric welder; jacks; tools vise; extension cords; cow clipper, new; dehorners and hoof trimmers; 1939 cadillac sedan in good running condition.

Milking equipment - Kesco milk mover (step saver); De Laval 44 can bulk cooler; Surge Alamo vacuum pump; 4 Surge milker units; Stainless Steel wash sinks; pails and strainers.

Feed - approximately 6,000 bales of hay; approximately 1,000 bales of straw; silo full of grass and corn ensilage; quantity of oats; quantity of grass seed and seed corn; approximately 10 ton of 18-46-0 fertilizer in bags. Many other unlisted items.

AUCTIONEERS NOTE: This is a good dairy herd. The excellent line of farm machinery has all been purchased within the last couple of years.

Refreshments Available

Terms of Sale - Cash.
WILLIS A. MCKEOWN, PROP.
AUCTIONEERS
Carson Hill 821-2946
Stewart James 821-2784

27-28c

Auction Sale

CONSIGNMENT AUCTION SALE

The undersigned will offer for sale, by public auction, just west of Iroquois on No. 2 Highway.

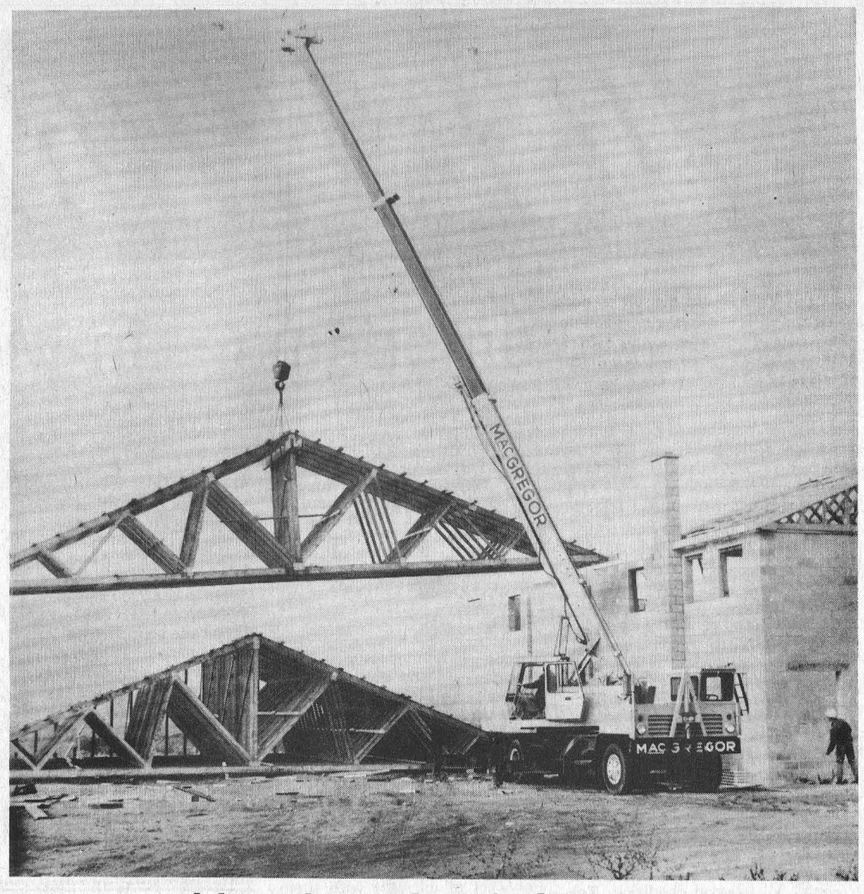
on
MONDAY, NOVEMBER 5
Commencing at 6:45 p.m.

Wood-coal cook stove, quite fancy, in good condition; six legged table and six press back chairs, matching; fridge and heavy duty electric stove, both in good condition; steel sink and counter set; wooden ice box; washing machine; bed and dresser set, old; two old wooden beds; two steel beds; mahogany dresser with oval bevelled mirror and matching wash stand; sewing machine; buffet, quite fancy; oil paintings; two cabinet T.V.'s; two combination doors; electrolux vacuum; two hoop top and two flat top trunks; several old rocking chairs; floral rug 9 x 12 with rubber underlay, in good condition; small tables, many good dishes including Nippon Flow Blue; Copper lustre; carnival glass; opalescent; bride's basket and many cups and saucers; quantity of salt and pepper sets; quilts and blankets, several hand made, and others; quantity of linens and towels, etc; cutter robe; crocks, pots, pans and many other articles too numerous to list. The sale will be held indoors.

NOTE: Anyone wishing to have articles sold at next sale on November 26th, please contact us on or before November 17th.

Refreshments Available
AUCTIONEER
Ralph VanAllen
Tel. 652-4533

27c



Up, Up And Away

The familiar H.S. Lannin firm will be vacating the present business location sometime in 1974 and already construction is under way at the new site, on Highway 31, immediately South of the intersection of Highway 43, South of the village.

Accompanying photo shows giant crain hoisting a section of the roof into place.

When completed the structure will house not only the new lumber and appliance store but a new name, Lannin Lumber Mart and Construction Ltd.

Press Staff Photo

Russell Friendship Circle Plans Excursion To TV Station

The Friendship Circle of Russell and Kenmore met in the United Church for their regular meeting with 44 members and three visitors present.

The three special visitors were Mrs. Doris Cole, Edmonton; Mrs. Victor Smith, Toronto and Mrs. Helen Richardson of Ottawa.

Plans were completed for a trip to television station C.J.O.H. to watch the taping of the popular program "Anything You Can Do".

The delicious meal was served by Mrs. Kay Wade and her willing assistants and during the evening seven members celebrating birthdays were honoured.

COLQUHOUN

Rev. Gervis Black of Ottawa was a dinner guest of Mr. and Mrs. Graham Wells on Sunday, a guest minister at the Anniversary Services at Colquhoun United Church.

A number attended the reception of Carkner - Symonds wedding at Legion Hall on Saturday evening.

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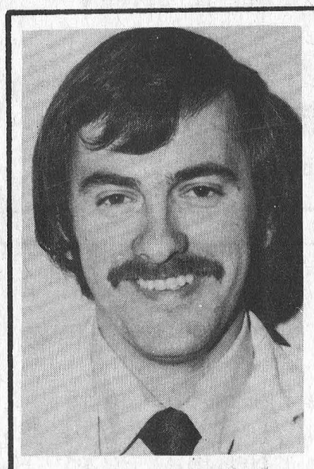

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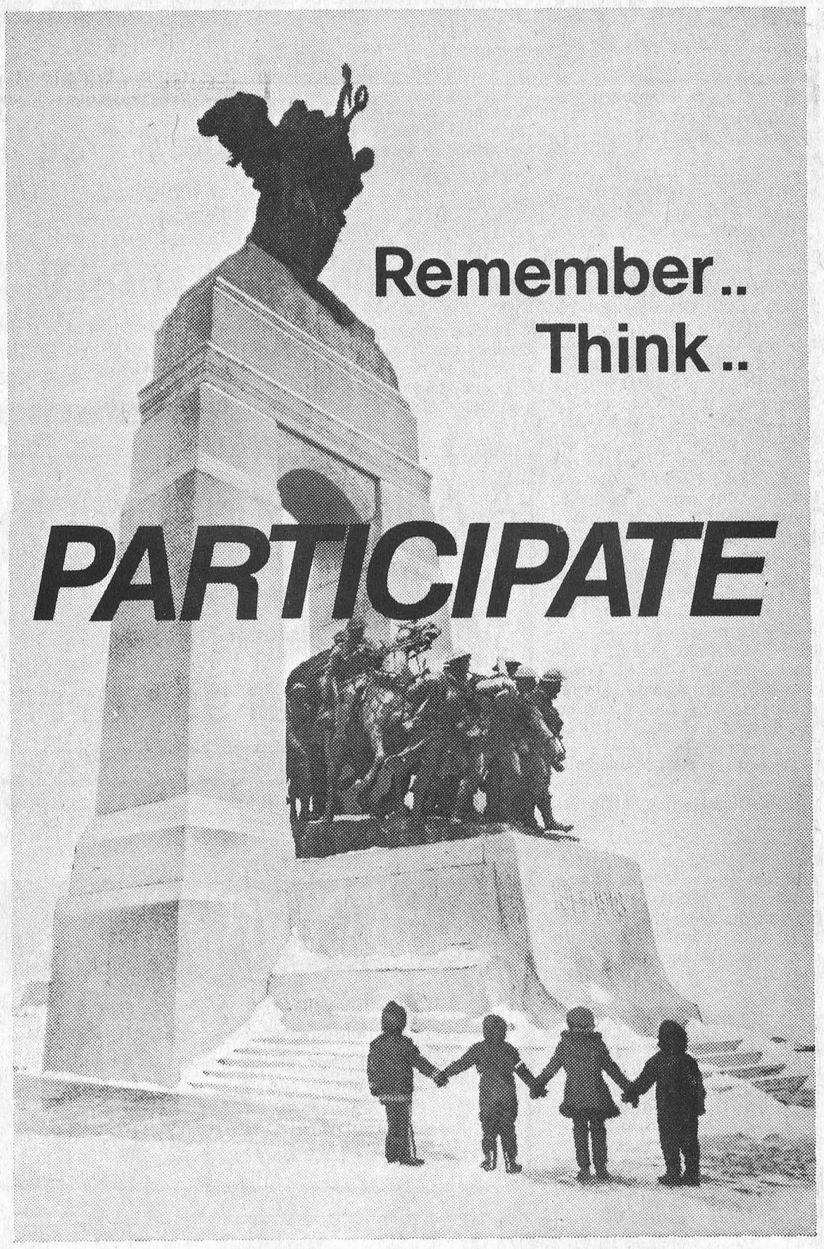

Winchester Cubs will conduct a Door to Door Canvass on Saturday, November 3rd, selling Poppies beginning at 9:30 a.m.

"Please Be Generous"

Wreaths for Family or Business Windows, Clubs etc. Call Archie Rice soon as possible.

Remembrance Service Sunday, November 11 at 12 Noon at Cenotaph.

Legion Members, Veterans and Service Personnel meet at Legion Hall at 11:30 a.m., November 11, 1973.

WINCHESTER BRANCH ROYAL CANADIAN LEGION

Food Sense in Canada— NO NONSENSE

Would You be Fooled — About Food Faddism?

Everyone prides himself on not being gullible — the sideshow is a fake, the mystic is "pooh-poohed". No one fools him here.

What draws us to the carnival? Probably it's the desire for the magic. The same desire leads us to believe exciting claims for some specific food. Without scientific proof, this food or food product is said to make us strong or cure our ills — that is, for a fancy price. Of such, is the beginning of food faddism.

The Bakery Foods Foundation of Canada's nutrition consultant, **Joan Fielden,** says, "it is the human urge to be healthy or to be slim in 'one fell swoop' that opens the way for the promoter of food fads. He is often short on knowledge and long on sales appeal. Some make a fanatical play of 'health foods' and 'natural foods'. They are foods, true enough, but no "wonder" foods. A good varied diet of foods that any grocery store can supply will provide just as good nutritional health."

"Refined and processed foods are a favourite target of the food specialist who would have us believe these foods are not nutritious, says Joan Fielden. "Actually, we get as much food value from refined foods some of which have been enriched as from natural foods, and sometimes more. This is not to say that enriched bread is better than brown bread or vice versa. For all practical purposes, in typical and balanced diets, they are identical in food value. Choose whichever tastes better, to you . . ."

Whether or not a food is natural it is not important. The nutritional value of any food as the source of a specific nutrient, as the B vitamins, depends upon the composition of that food. For example, peanuts and eggs are both natural foods, yet peanuts contain 200 times more niacin (a B vitamin) than eggs. On the other hand, the same size slices of whole wheat and enriched white bread — natural and refined foods, respectively — contain almost identical amounts of niacin and thiamin — the whole wheat containing slightly less riboflavin.

Good nutrition is easy to accomplish when thought of in terms of a wide variety of meats, fish, enriched or whole wheat breads, fruits and vegetables, dairy products and eggs. No foolin', no one food or group of foods has the "complete magical answer."

(One of a series)

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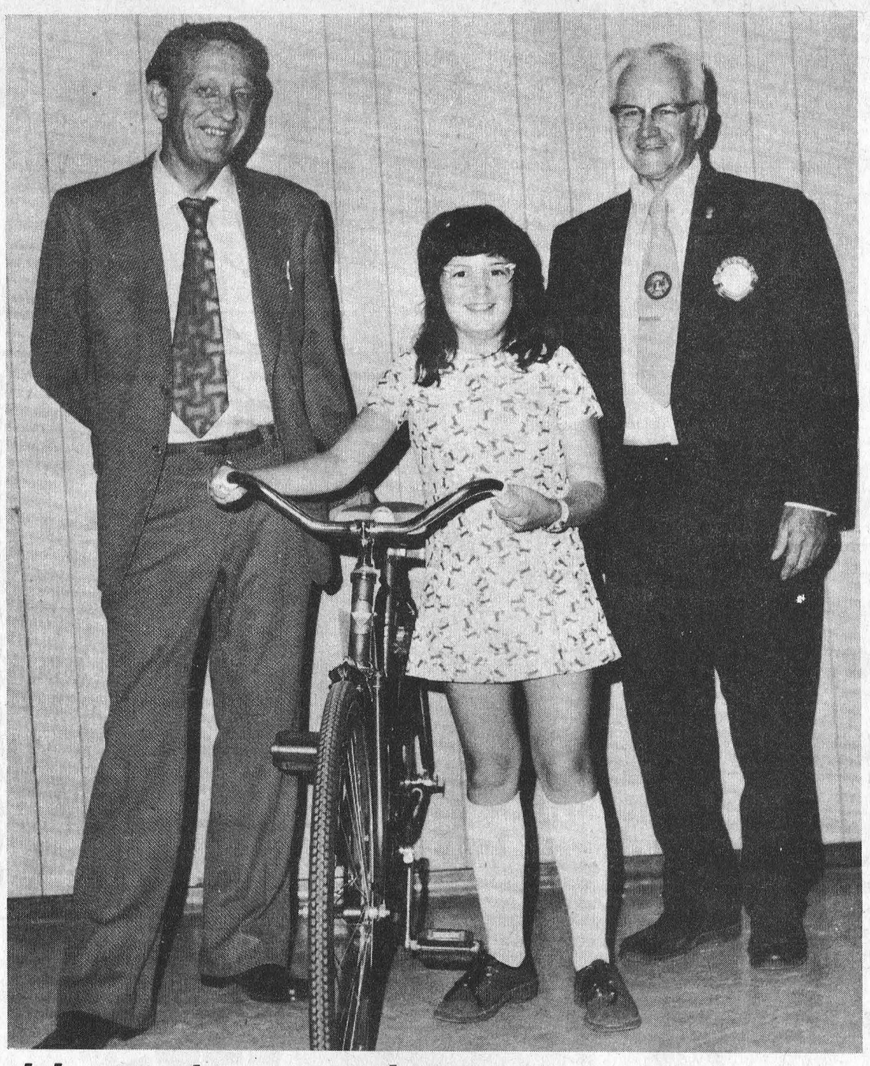
BIRTH ANNOUNCEMENT

AITCHISON- At the Stratford General Hospital, October 22, 1973 to Ken and Jean (nee Allen) a daughter, Erin Nadine. Baby died. 27c

LITTLE ADS... BIG RESULTS



Happiness Is . . .

Winning A Bike

A day at Metcalfe Fair proved profitable for Judy Ripley when she was declared winner of the sparkling new bike given away each year by Metcalfe and District Lions Club.

Prior to the fair the club sends out free admission tickets to all elementary pupils in Osgoode Township. The boys and girls write their names on the tickets and hand them in at the gate on arrival at the grounds on Friday.

Following the 'Mutt Show, in front of the grandstand, a ticket is selected from a large drum and the winner must be on the grounds. Failing this another ticket is drawn and so on until the new owner of the fine new bike is finally found.

This year finding the winner wasn't too difficult. Judy was watching attentively when the first ticket was selected and bounced immediately into the limelight.

Presentation of the prize is usually held over till the first regular club meeting when the winner, along with her parents, is entertained.

Judy is a daughter of Mr. and Mrs. Dave Ripley, Greely and since Mr. Ripley is a former club member it was a genuine reunion for the girl's parents.

The very happy little lady is shown in accompanying photo with Lions President Graeme Hardy, left and Citizenship and Education Committee Chairman Mel Tomkins following the official presentation last Wednesday night at the Lions' Den.

Press Staff Photo

Loyal Orange Lodge Elects Officers For '74

Winchester Loyal Orange Lodge 862 members held their annual meeting last week when the following slate of officers was elected: W.M. Alfred Baker; D.M. Harold Cowan; Chap. John Barrett; Recording Secretary VIctor G. Thoms; Fin. Sec. Gerald Crowder; Treasurer W.J.L. Boyd; Mar. Walter Lawrence; 1st. Lect. Wendell Fisher; 2nd. Lect. Terry Baker; 1st Comm. Don Edgerton; 2nd Lect. Esbon Rice; 3rd. Lect. Wm. McRoberts; 4th Comm. Wm. McConkey; 5th. Comm. E. Hill; Tyler Herbert Robinson; Auditors Wm. McRoberts and Douglas Johnston.

The District Master Wor. Bro. Percy Markell took the chair for the election of officers and Wor. Bro. Fred Alexander C. Master of Russell Co L.O.L. for the Installation.

Lunch was served by the Committee following the meeting.

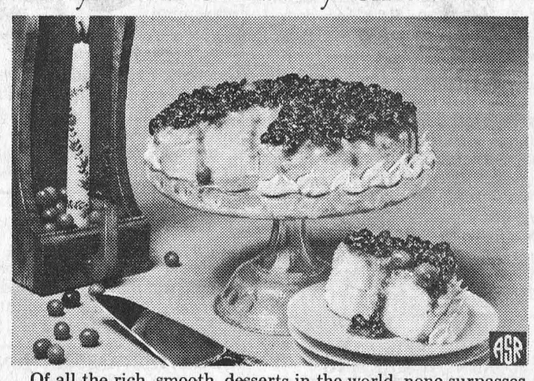
R.B.P. No. 509 Holds Annual Meeting

Royal Black Preceptory No. 509 Winchester members held their annual meeting on Monday evening October 22, 1973 in the Orange Hall with a good attendance of Members and two visiting Sir Kts. one being from Pembroke Sir Kt. George Matheson. and Sir Jack Burchill from Newbliss.

The folllowing Officers were elected: W.P. Archie Aitken; D.P. Percy Markell; Chap. Clair Reddick; Recording Registrar Victor G. Thoms; Fin. Reg. Russell Baker; Treasure Gordon Simzer; 1st. Lect. Esbon Rice; 2nd Lect. Edwin Jackson; Dep. Lect. Raymond Guindon; 1st Censor Wesley Gurlitz; 2nd Censor Fred Alexander; 1st St. Bear. Alfred Baker; 2nd St. Bear Jack Faulkner; Purs. Ken Baker; Tyler John Barrett; Committee Allan Swerdfeger, Herbert Robinson, W.J.L. Boyd, Herbert Wallace, Keith Wereley, James Langabeer, Don Edgerton; Auditors Victor G. Thoms and W.J.L. Boyd.

A lunch was enjoyed by those present provided by the local Sir Kts.

Try Fresh Cranberry Cheesecake



Of all the rich, smooth, desserts in the world, none surpasses cheesecake. It's fresh cranberry time, and this cheesecake combines the tart and tempting flavor of cranberries with the creamy texture of an easy, no-bake cheesecake. What a luscious flavor combination! Fresh cranberries are in the market from late September through December. Buy them in season to store in the freezer for year-round use.

Cranberry Cheesecake

Crust: Mix together ¾ cup fine vanilla wafer crumbs and 3 tablespoons melted butter or margarine. Press onto bottom of 9-inch spring form pan. Set aside.

Cheesecake Filling:

- 5 packages (8 ounces each) cream cheese, at room temperature
- 1¾ cups sugar
- 3 tablespoons flour
- ¼ teaspoon salt
- 1 teaspoon grated fresh lemon rind
- 1 tablespoon fresh lemon juice
- 1 teaspoon grated fresh lime rind
- ¼ teaspoon vanilla
- 5 eggs
- 2 egg yolks
- ¼ cup heavy cream

Combine cheese, sugar, flour, salt, lemon rind and juice, lime rind and vanilla in large bowl of electric mixer. Beat at low speed until smooth. Beat in eggs and egg yolks, one at a time, beating well after each addition. Stir in heavy cream. Pour into prepared pan. Bake in 400°F. oven 8 minutes. Reduce heat to 225°F. and bake 1 hour and 20 minutes longer. Cool slowly (not in a very cold place), then refrigerate.

Cranberry Topping:

- 1 cup sugar
- 1 cup water
- 4 strips lemon rind
- 2 whole cloves
- 2 cups fresh cranberries

In medium saucepan mix sugar, water, lemon rind and cloves; place over low heat and stir until sugar dissolves. Add cranberries; cook over medium heat until cranberries begin to pop. Remove from heat; chill. Just before serving, spread over cooled cheesecake. Makes: 12 to 18 servings.

Midgets Needed

Winchester plans to enter a Midget team in league hockey competition this coming season but to date not enough boys have registered with coach Larry Berry and his assistant Denzil Crowder.

Ice time has been reserved for practice this evening (Thursday) from 5:30 to 6:30 and all boys interested are urged to be at the rink ready to play.

It is understood at press time only 12 young players had registered and Mr. Berry is confident there are many more talented young players in the community.

Winchester Cubs Visit Fire Station

CUBS **SCOUTS**

(by Robbie Carkner)

Our Cub Pack visited the fire station on October 16th and we saw lots of interesting things.

Some that come to mind include: hoses, three diferent sizes; small water tank for use at small fires and gloves.

Chief Kenney showed us where the hose is hung to dry and he said the tower is 75 feet high.

About the most interesting thing we saw was the air mask the firemen told us this equipment had been used on one occasion.

We all enjoyed our visit very much.

Winchester Women's Institute Meeting

At the October meeting of Winchester Womens Institute members were met at the door by a ghost with cold clammy hands and escorted to a dimly lit part of the hall where a stranger in Gipsy costume told their fortunes.

After the lights were turned on a weird assortment of characters were judged by those not in costume. A tearful baby was the prize winner. Afew games were played before the business part of the meeting.

The treasurer reported a total of $196.83 made at the trade fair and the president thanked everyone who helped make it a success, especially Mr. and Mrs. Shadbolt who donated the booth.

The secretary read an invitation from Morewood Institute to attend a Halloween Party there on October 29.

Pumpkin pie and cookies was served by the committee, Mrs. Aitcheson, Mrs. Fred Deeks, Mrs. I.P. MacIntosh, Mrs. Cooper, and a vote of thanks for a pleasant evening was moved by Mrs. Herb Gibson.

Stay Alive Longer... DRIVE CAREFULLY

This Sale Is BIG



CLEAR-OUT OF ALL '73s

Take Advantage Of GIANT Savings

NEW 1973 Cars Must Be Sold Before NOV. 7TH

No reasonable offer will be refused
- Low monthly payments

Act Now & $ave

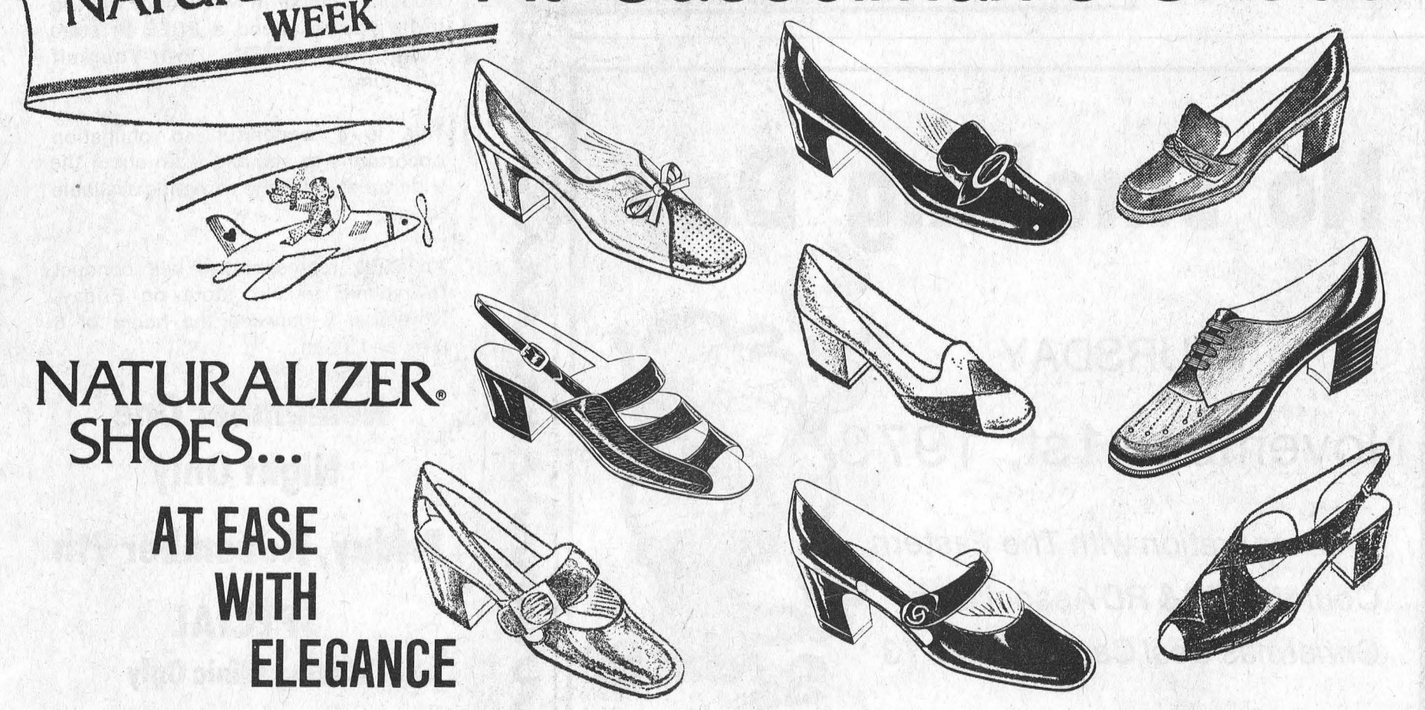
George Petric Automobiles Ltd.

Highway 31 At Vernon

"Your Volume Country Dealer"

IT'S NATURALIZER® WEEK

At Casselman's Shoes



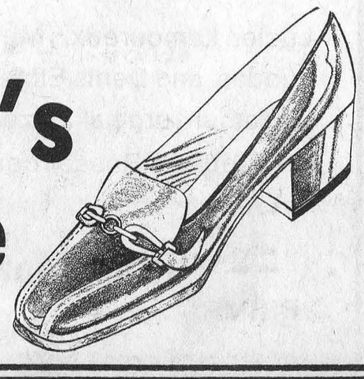
NATURALIZER® SHOES... AT EASE WITH ELEGANCE

. . . made for walking, made for looking and talking about, the new Fall "Naturalizer" now at Casselman's Shoe Store and only at Casselman's Shoe Store in Morrisburg. The shoes that make good times great. Great in old-fashioned comfort, contemporary sleekness and the casual chic that goes equally well with pants, suit or a good dress. Each shoe set on the no-nonsene heel that's making such a come-back this Fall, each one crafted in fine leather.

Exclusive in Morrisburg with...

Casselman's Shoe Store

Morrisburg, Ontario



Beverdam's Quality Meats

Pork Shoulder chops, lb	.99
Pork Chops, lb	1.09
Boneless Pork Shoulder, lb	1.19
Boneless Beef Shoulder, lb	1.19
Fresh hamburg, lb	.99
Bulk Weiners, lb	.59
Bologna, lb	.59

RED OR BLUE BRAND WESTERN BEEF

sides, lb	.95
Hinds, lb	1.05
Front, lb	.90

Bicks 32 oz. Dill Pickle	.63
32 oz. Habitant Table Syrup	.57
Lido Mix 100 Cookies	1.19
Schneiders Mince Meat, 2 lbs.	.75
40 oz. Coke	3-89
26 oz. Pepsi	5-99

27c

774-2613 Winchester

Calendar of Events

ARMISTICE SUPPER AND DANCE
Russell Legion, Branch 372 will hold an Armistice Supper and Dance in the Russell Legion Hall on Saturday, November 10th. Refreshments from 12 noon, supper 6:30 p.m. to 8 p.m. Adults $2.00. Children $1.00, at door. Everyone welcome. 27c

METCALFE LADIES CURLING CLUB
Metcalfe Ladies Curling Club plan to start the new season soon. We invite both new and experienced curlers to join us. Those interested in afternoon curling please call Miss Arloha Ferguson, 821-2518; evening curling Mrs. Pat Stachon, 821-2201; mixed Mrs. Greta McKeown, 821-2203. 27c

BIBLE SOCIETY ANNUAL MEETING
The Winchester Branch of the Canadian Bible Society will hold its Annual Meeting in St. Paul's Presbyterian Church, Winchester on Wednesday, November 7th at 8 p.m. Come and hear District Secretary, Rev. T.H. Bridle of Ottawa. Everyone welcome. Lunch following meeting. 27c

WINCHESTER CRUSADE TRAINING SEMINAR
To be held at the United Church Hall on Saturday, November 10, 1973 from 10:00 a.m. to 3:45 p.m. Mr. Keith Price and Mr. Jim Yorgey will be in charge of the seminar. We invite you to attend. Sponsored by the Ministerial Association. 27-28c

FAREWELL PARTY
A Farewell Party in honour of Mr. and Mrs. Reg Gamble will be held in the Metcalfe Community Centre, Saturday, November 10th starting at 8:30 p.m. Music by Mixed Company. Women to bring lunch. All friends from the Winchester and Metcalfe areas welcome. 27-28c

MORRISBURG AND DISTRICT PRE SCHOOL
Children who will be three years of age in November are eligible to enter the Morrisburg and District Pre School. Monthly fees are $8.00 for three half days; $10.00 for five half days. Please call Mrs. Gwen Langlotz at 543-2360 or Mrs. Claire Dunn at 543-3279. 27c

FALL FANTASY FAIR
The Hallville U.C.W. presents their "Fall Fantasy Fair" on Friday evening, 8:15 p.m., November 2, 1973 at the Hallville United Church. Special features are pillowcases, homebaking, crafts, wishing well, lunch and programme. 26-27c

RUMMAGE SALE
Rummage Sale, Friday, November 9, 10 a.m. to 1 p.m. at Club 31 Vernon. Clean and usable items only please. Articles may be left at the hall Thursday evening, November 8th. 27-28c

HOSPITAL AUXILIARY MEETING
The next regular meeting of Winchester District Memorial Hospital Auxiliary will be held on Thursday, November 8th at 2 p.m. 27p

EDUCATION ASSOCIATION FALL MEETING
North Dundas District Education Association Fall Meeting. Topic "The Family of Schools and The Human Touch". Speakers will be Mr. Rosaire Leger and Mr. Gordon Berry. Morewood Public School, Monday, November 19th at 8 p.m. 27c29c

MIXED PARTY
A Mixed Party in honour of Lori-Lee McMillan and Dave Gilmour will be held on Saturday, November 3rd, 1973 at 8 p.m. in the Villa Nova Hotel, Hwy. 2. Orchestra. Refreshments. Admission $2.00 per couple. 27c

WINCHESTER WESLEYAN CHURCH
Anniversary Services Sunday, November 4, 1973 with Rev. Miss Nancy White of Trenton as our guest speaker. Special music. Services at 11:00 a.m. and 7:30 p.m. We extend an invitation to all. 27c

RUSSELL COMMERCIAL HOTEL
Commercial Hotel, Russell under new management. Every Friday and Saturday, entertainment with the Early Bird Band by Bernie Early. Happy Hour every Thursday night from 8 p.m. to 9 p.m. 27c

THE SINGING MISSIONARY
A Special Service featuring John McDonald, the Singing Missionary, will be held on Thursday, November 1st at 8 p.m. in the Presbyterian Church, Vernon. 27c

PRE SCHOOL OPEN HOUSE
The Morrisburg and District Pre School invites the public to an Open House on Thursday, November 15th, at 8 p.m. The Pre School is located on the top floor of the old high school building.

Parents and friends will have the opportunity to meet the teachers and to acquaint themselves with the Pre School facilities and acitivities. A short film will be shown entitled "Child Behaviour Equals You". 27c

HALLOWEEN DANCE
A Halloween Dance, Costume Ball, sponsored by Williamsburg Legion, Branch 538 will be held at Bouck's Hill Legion Hall on Wednesday, October 31st. Prizes. Music by Kenny Wise Band. 27c

DUNDAS FEDERATION REGULAR MEETING
A regular meeting of the Dundas County Federation of Agriculture will be held the first Wednesday of every month at 8:00 p.m. in the Board Room of the Agriculture Office, Winchester, to discuss current business and topics of interest. Everyone welcome. 23tfc

BINGO AT MORRISBURG
Morrisburg Lions Club Bingo, Morrisburg Civic Centre, 8 p.m. Tuesday, November 6th. Jackpot $150.00 Five Share the Wealth. Admission $1.00 26-27c

Happy Gang Active At Bowling Lanes

In action at Sutton's Bowling Lanes last week Irene Ouimet topped the Happy Gang League with 210-592. Judy Fisher was runner-up with 502.

In the Glamour Girls League Jean Sutton scored both the high single and high cross with 234-596. Two others topped the 500 mark: Mary Levere, 566 and Jean Sutton, 596.

Week Of Oct. 14

In the Happy Gang league at Sutton's Bowling Lanes last week Judy Fisher scored the high cross with 558. Muriel Levere was runner-up with 547.

Elaine McLaren, with 514, earned the high cross in the Glamour Girls league while Irene Ouimet rolled the high single with 206.

Those scoring over the '500' mark were Jean Sutton, 507; Alma Douglas, 511 and Mary Levere, 503.

DON'T set his world on fire



WESLEYAN CHURCH
Winchester
Minister:
Rev. Charles Jackson
HOURS OF SERVICE
Sunday School .... 9:45 a.m.
Morning Worship .... 11 a.m.
Evening Service .... 7:30 p.m.
Prayer and Bible Study— Wednesday - 7:45 p.m.
Young People's Meeting— Friday - 7:30 p.m.
ANNIVERSARY SERVICES
Sunday, November 4th
Special Speaker:
Rev. Miss Nancy White
A Cordial Invitation is extended to all.

Direct from Scotland
Alec Finlay
and
"A Breath Of Scotland"
with



The Royal Clansmen, including
Singing star - Grant Fraser

Special Guest Star - Kirsteen Grant
Gaelic Mod Gold Medal singer

Alexandria High School
Tues., Nov. 13 at 8:30 p.m.

All seats reserved - $3
The Glengarry Pipe Band
Box 38, R.R.1, Dalkeith

FAMILY STYLE ENTERTAINMENT
Winchester
DOORS OPEN 7:00 P.M. CONTINUOUS FROM 7:30

THURS.	FRI.	SAT.
Nov. 1	2	3

"THE TRAIN ROBBERS"
Starring JOHN WAYNE, MICHAEL WAYNE, ANNE MARGRET
An Excellent Show For All

MON.	TUES.	WED.
5	6	7

ADMITTANCE RESTRICTED TO PERSONS 18 YEARS OF AGE OR OVER
"Mondo Topless"
Starring BABETTE BARDOT and SIN LEE
"Sex Is The Game People Play"
WITH AN ALL STAR CAST

THURS.	FRI.	SAT.
8	9	10

Starring **"Class Of '44"**
GARY GRIMES and GERALD HOUSER

No Smoking Day

THURSDAY
November 1st, 1973



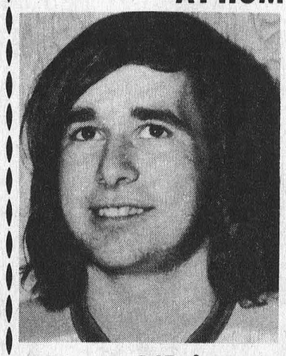
In co-operation with The Eastern Counties TB & RD Association Christmas Seal Campaign 1973

Lucien Lamoureux, , Member of Parliament For Stormont - Dundas, and Denis Ethier, Prescott - Russell Member of Parliament urge all citizens in Stormont, Dundas, Glengarry, Prescott and Russell counties to co-operate ...

RDMR **"It's A Matter Of Life And Breath"**
Your Christmas Seal Dollars At Work

DUNDAS COUNTY
4H CLUB
Awards Night And Dance
Friday, November 9, 1973
North Dundas District High School
7:45 p.m. Coffee And Do-nuts Available

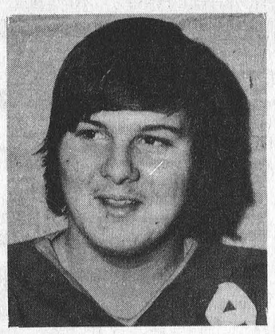
METCALFE JETS AT HOME



Terry O'Brian

Sunday
Nov.4th
PRESCOTT SAINTS VS METCALFE JETS
at 2:30 p.m.
Minor Hockey Program Sponsored By Metcalfe & District Lions Club

Junior B Hockey



Tom Kirkwood

Morrisburg **LIONS** *versus* Winchester **HAWKS**
Friday Nov. 2nd at 8:30 p.m.
Winchester Community Centre

Kemptville College of Agricultural Technology
Kemptville, Ontario
presents the
Annual College Royal
November 2nd and 3rd, 1973
9:00 a.m. - 5:00 p.m.
Exhibits and demonstrations in Agriculture and Home Economics will be open to the public.
Livestock Showmanship competitions to be held November 3rd, 9:00 a.m. to 12:00 noon.



Winchester Interdenominational
CRUSADE
PUBLIC SCHOOL AUDITORIUM
NOVEMBER 19 - 25, 1973
at 8:00 p.m.
Special Speaker - Rev. Wesley Oake
Song Leader and Soloist - LeRoy Soper
Switzer Brothers will be featured for Youth Night, Saturday, November 24th, and Sunday Evening Service, November 25th.
PRAY and COME
Sponsored by the Winchester Ministerial Association

FIND OUT HOW

To install Ozite carpeting and give your floors a rich, new look

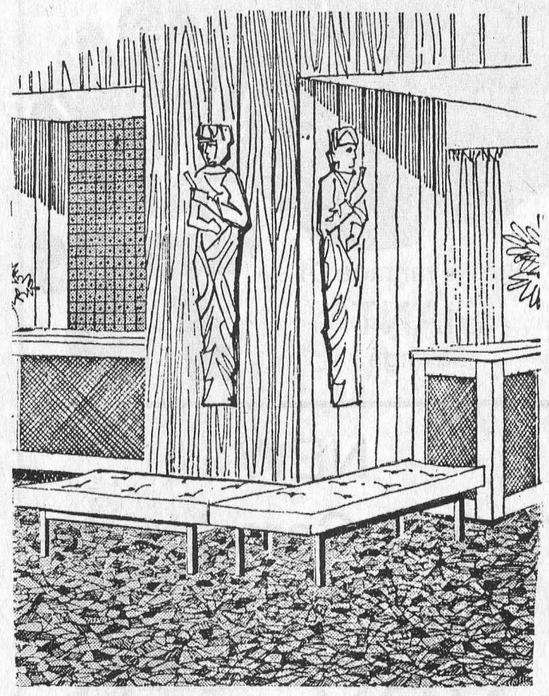
Hodgins Lumber in Morrisburg wish to invite you to attend a FREE in store clinic on OZITE Do-It-Yourself Carpeting.

This is a wonderful no obligation opportunity to see and learn about the wide variety of Ozite carpeting available to you.

An Ozite representative will conduct this clinic in our store on Friday, November 9 between the hours of 6 p.m. and 9 p.m.

Remember One Night Only
Friday, November 9th
SPECIAL
During Clinic Only

With every 10 square yards of "New Vision" Ozite purchased you will receive one square yard FREE



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Shop 8 a.m. To 6 p.m.
Monday To Friday
Saturdays till 5.
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WINCHESTER PRESS

Second Section
Volume Eighty-Six
Thursday, November 1st, 1973

WORKMAN BROTHERS, Publishers

Established in the year 1888
Published Wednesday Afternoon
Dated Thursday
Subscription Rates: $7.00 per year, in Canada; $9.00 per year in the U. S. A.; payable in advance.

CNA "Award Winning Newspaper"

Member of Canadian Community Newspapers Association and the Ontario Weekly Newspapers Association
Guaranteed Circulation Over 4,300
Advertising Rates On Request

"Second Class Mail Registration Number 1555"

EDITORIALS . . . *the way we see it!*

What Price Sight?

Approximately one year ago area Lions clubs were requested to donate generously toward the purchase of new hospital equipment which, it was claimed, would save the sight of many who otherwise might spend the balance of their lives in darkness.

Because the machine, an Argon Lazar Photocoagalator, was to be installed at the Ottawa Civic Hospital some members wondered how beneficial it would be to rural service clubs and the people they serve. Most clubs did, however, contribute generously, the machine was purchased and put into operation.

If any doubt still remained concerning the advisability of such an expenditure, it was wiped from the records last Wednesday night when one of the two men qualified to operate the delicate mechanism spoke to members of Metcalfe and District Lions Club at their regular dinner meeting.

Dr. Richard Flindall, extremely youthful in appearance, but brilliant in the field of optometry, used slides to illustrate his highly educational remarks which told of how delicate eye tissues were being cauterized, and even completely severed, without any trace of pain by this marvel of modern science.

The Doctor spoke in glowing terms of the service clubs whose efforts and generosity have already given the gift of sight to many, and daily save others from being sentenced to eternal night.

Strangely enough, after hearing of (and seeing) the fantastic cures made possible by the 'burning' light, costs were completely forgotten.

After all - - what price sight?

All Can't Be Stars

Minor hockey programs are now in full swing at most area arenas with thousands of youngsters participating. Strangely enough, if you ask these happy boys if they hope some day to become great stars, they just smile and, without saying, make it very clear they only want to have fun.

But can the same be said for parents? Unfortunately not! Most parents watch their offspring, teetering perilously on new skates, and conjure up visions of the day when millions will watch him flash recklessly across the television screen to score a winning goal.

Sorry to disillusion you Mom and Dad but maybe you should view the game through the eyes of your son. And maybe this letter, which was posted on bulletin boards across the country, and used by Ken Dryden in "Let's Play Hockey Better', will help you 'focus in' more clearly on hockey as seen by your young player. Here it is:

"Dear Mom and Dad:

"I hope you won't get mad at me for writing this letter, but you always told me never to keep back anything that ought to be brought out in the open. So here goes. "Remember the other morning when my team was playing and both of you were sitting watching? "Well, I hope you won't get mad at me, but you kind of embarrassed me.

"Remember when I went after the puck in front of the net trying to score and fell? I could hear you yelling at the goalie for getting in my way and tripping me. But it wasn't his fault - that's what he is supposed to do.

"Then do you remember yelling at me to get on the other side of the blue line? The coach told me to cover my man and I couldn't if I listened to you, and while I tried to decide they scored against us. Then you yelled at me for being in the wrong place.

"But what really got me was what happened after the game. You shouldn't have jumped all over the coach for pulling me off the ice. He's a pretty good coach and a good guy, and he knew what he was doing. Besides, he's just a volunteer coming down at all hours of the day helping us kids just because he loves sports.

"And then neither of you spoke to me the whole way home. I guess you were pretty sore at me for not getting a goal. I tried awfully hard, but I guess I'm just a crummy hockey player.

"But I love the game, it's a lot of fun being with other kids and learning to compete. It's a good sport. But how can I learn if you don't show me a good example? And anyhow, I thought I was playing hockey for fun, to have a good time and to learn good sportsmanship. I didn't know you were going to get so upset because I couldn't become a star.

Love,
Your son."





Bill Smiley writes *The Way It Was For Billy The Kid*

In a nostalgic mood today. I've been thinking that. with the onslaught of the Speed Age. many of our fine old Canadian traditions have fallen by the wayside. died on the vine. or simple lain down and curled up their toes.

One of the first to go. of course. was the blacksmith. It hurts me to face the truth: that most people today under thirty have never known the sensory joys of a blacksmith's shop.

At this time of year. small boys used to squeeze through the ramshackle door. and edge as close as they could to the fire. freezing their bums and roasting their cheeks. There was a fine acrid stench of horse manure and scorched hooves. There was the leaping flame as the bellows blew. There was the ringing clang as the smith beat out the white-hot metal between hammer and anvil. and the satisfying hiss when the hot metal was plunged into the cold water.

At a certain age. most male kids would have settled happily for the life of a blacksmith. a free soul who spent his days doing the most fascinating work in the world.

The decline of the smithy. of course. was brought about by the gradual phasing out of another tradition - the horse-drawn vehicle.

I wonder how many kids of this generation have ever spent a winter Saturday "catching bobs". This was our term for jumping on the backs of farmers' sleighs.

All day long the farmers came and went to and from town. And all day long we hopped on behind a load of grain. left that for a load of supplies going the other way. picked up a sleight piled with logs for the return trip. and shivered with delighted fear as the farmers shouted at us. and even sometimes flourished their whips in our direction.

As we grew a little older. about 12. we graduated to catching on the wing a cutter. This was more daring and more dangerous because they could really fly. the runner was much smaller. and the farmer could turn around and belt you one on the ear.

Most of them. of course. were pretty decent. I know now that they were more worried about us getting hurt in a fall than they were about the extra weight their horses had to pull.

Then there were the butchers' cutters. These consisted of a sort of box with runners beneath. and a step at the back for the driver to stand on. The horses were not plugs. but real road-runners that went like a bat out of hell. They were every bit as exciting as a Roman chariot. and the drivers were the envy of every boy. in fur caps.reins in one hand. whip in the other. as they tore through the town like furies.

And I wonder how many boys have played hockey all day on a frozen river. when a hard shot the goalie missed might slide for a quarter of a mile. We never had to worry about ice-time. or changing lines. We could play until we were pooped. then sit by the bonfire until rested. and have another go. And there were always twenty or thirty playing at once. so everybody got a whack at the puck. Some great stick-handlers came out of that era.

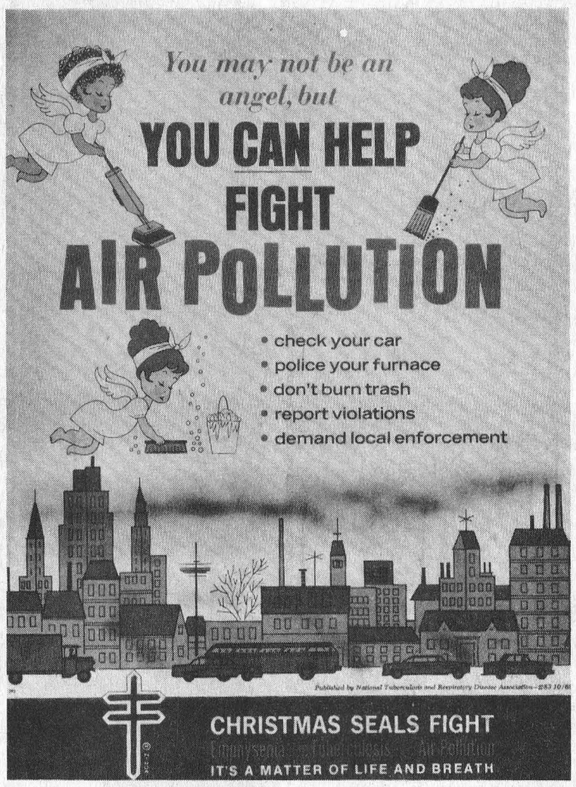
Think of the depths to which we have sunk. The smithy. with its light and shadows. its reds and blacks. its earthy smells. its sense of life. has been replaced by the garage. a sterile thing with its cement floor. its reek of gas and oil. and its unspoken assurance that this-is-gonna-cost-you-plenty-buddy.

The cutter. swift and light as a bird. no longer skims the snow. It has been replaced by a stinking. snarling. skidding beast that only modern man could abide - the snowmobile.

No more meat-cutters. careening around the corners on one runner. delivering in any weather. Now. we plod like zombies through the supermarket. to moronic piped-in music. and pick up the odourless. antiseptic. cellophaned packages the great gods Dominion. Loblaw or Safeway have assigned to us. and carry them humbly to our cars. three blocks away.

Our kids have to get up at five a.m. to play hockey. and if they're not real "killers" get about four minutes ice time.

Ah. those were the days! And I haven't even begun on the most vital of all winter equipment - the puck consisting of a frozen horse-bun.



The Changing Of The Guard

Rev. Dr. Gordon C. Smyth Writes

It was London. April. 1955. One day Sir Winston Churchill was there---venerable like Queen Victoria and familiar like Big Ben. The next day people had the feeling that John Bull himself was gone.

Churchill had put on his black frock coat and went to submit his resignation to the Queen. Anthony Eden responded to the inevitable palace summons. Now the House of Commons hummed with anticipation. The benches were packed tight.

Eden presently stepped up to the dispatch box. His first thought was for his old master. He moved the House deeply by what he said in tribute. Well he might. Members recalled the power of Churchill's oratory. faith in free men. trust in the providence of God.

If. by the time of the changing of the guard in 1955. let alone to date. mankind had not entered the Promised Land. at least there was survival from "a monstrous tyranny. never surpassed in the dark. lamentable catalogue of human crime."

Back in the 13th century B.C., the human guard changed. round about the same sovereign God. Moses. the liberator. had led about 6.000 fugitives out of Egyptian slavery. Moses. the lawgiver. had discovered the foundation document for Judaism and Christianity. Moses. the statesman. had managed to give loosely knit clans some cohesion.

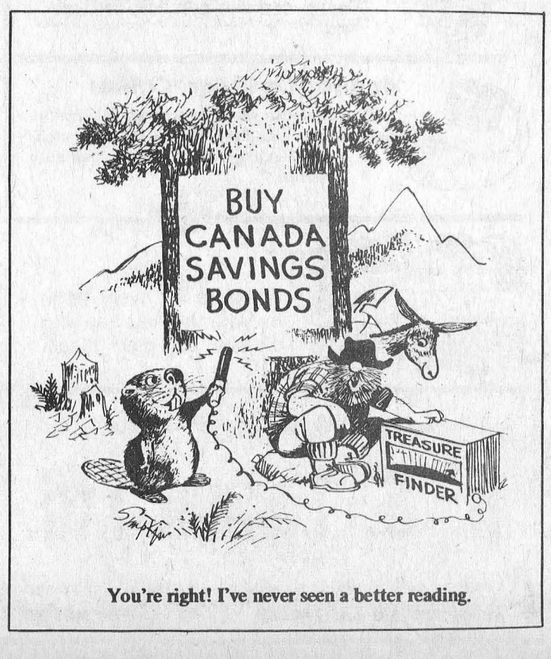
Thus he got them at length to the verge of the land of Canaan. But he was too old to cross over. He gathered Israel about him. summoned Joshua. and said to him in the sight of all. "Be strong and of good courage; for you shall go with this people into the land which the Lord has sworn to their fathers to give them."

"Visions 2020". edited the Canadian Forum by Stephen Clarkson. is an interesting collection of forecasts for the turn of the next century. Father Gregory Baum. eminent Roman Catholic scholar. has contributed a chapter. What he says is as though he were looking back from beyond A.D. 2020.

Note what he says. "Religion had become important in the Canadian renaissance at the turn in the century. The process is a creative mystery. the young ones said. The older ones spoke of God. But whether old or young. people celebrated the process in liturgical rites. These produced great joy and enabled the people to understand the process in which they were daily involved."

I believe that statement has a ring of truth. I take it as significant that "Jesus" is the English. New Testament translation for "Joshua" in the Old Testament.

So. with the wisdom of history's hindsight and thrilled by a call to adventure. let us choose to follow one who. to millions. has revealed the meaning of the creative process. I mean the Carpenter of Nazareth. the Son of Man. the Son of God.



You're right! I've never seen a better reading.

The Seventh Column

Last Sunday members of the United Church here in Winchester bid farewell to their beloved Pastor Rev. A.J. MacDonald, a very gentle and very sincere Man of God who has faithfully served his congregation, and in fact the entire community, for the past sixteen years. The beautiful church on St. Lawrence Street was filled to capacity to hear Rev. MacDonald's final message and it was very apparent to a 'stranger' that the departure of this eminent gentleman will be a stunning blow, not only to the church he loved so well, but to all community organizations he served so zealously. We'll miss the friendly wave from the clergyman on the street and also the truly Christian welcome accorded us on the many occasions we visited his church. Bon Voyage, Rev. Sir.

Bill Smiley, in last week's edition of his always interesting column, told of how he and his wife sat back and allowed daughter Kim to cook the Thanksgiving dinner. Old Bill admitted being a bit skeptical when newly-married daughter attempted to explain the modern 'slow-roasting' method but agreed to 'wait and see' when told turkey so tender it would "fall off the bones' would be the end result. That 'end result', as explained by Bill while carving the bird, "I almost sprained my wrist on my first slice with the knife." He also told of "tearing the meat off the bones with pliers". Now we had visions of a similar fate when daughter and son-in-law [and newest grandchild] extended a kind invitation to join them for dinner on Sunday evening. Because the weather was cold, allowing sufficient reason to wear top coat, we smuggled a few 'goodies' in the large pockets fearing the worst. Guess we hadn't noticed the 'young one' taking lessons from the 'old Master', [that's what we call the little lady who has been cooking our meals for over 30 years]. Now we know she's not only the best darn cook in the country but also one helluva teacher. The Sunday night meal was delicious - and maybe by saying so we'll get invited again.

Sometimes we become just a trifle scared by our uncanny ability to predict the outcome of future sports events. Readers will remember the beginning of the football season when we named Ottawa to finish first, and most will also remember last year about this time when we humbly reported that the 'Jets' would recapture the St. Lawrence Junior 'B' League championship. Now we're reluctant to continue using this almost mysterious power lest big betting syndicates become 'demanding', but a mighty tempting situation has arisen. The 'word' has leaked through that the 'Country Boy' might seriously consider decking us out in a sporty new outfit if we name the 'Hawks' to take it all this season. The feel of chill winds biting through thread-bare, multi-patched trousers makes such an offer almost irresistible.

Every daily, most magazines, and even a few weeklies are now offering suggestions to parents designed to assist them in the difficult task of bringing up children. We thought it might be a good idea to get on the band-wagon and here's our suggestion for the week: "It's an excellent idea to kiss the children goodnight - - if you don't mind waiting up till they come in."

Sometimes, we're told, women threaten to leave their loving husbands, and conjure up visions of the poor fellow pining away as he mourns his great loss. Maybe the girls haven't heard of the man who moved into a new neighbourhood and his next door neighbour thought it would be a friendly gesture to call on him that evening. While sitting in the living room enjoying a sociable drink a horn sounded and the man nearly jumped out of his skin. By way of explaining his nervousness the new arrival confided, "I hate to tell you this, but a taxi driver ran away with my wife a few weeks ago and every time I hear an automobile horn blow, it scares the H——— out of me. I'm always afraid he's bringing her back."

Some three years ago a young man from Maxville arrived in Winchester and joined the staff of Vice and Craig Ltd. A very humble youngster he soon made it clear that, besides being a talented funeral director, he was also a keen sportsman. Unlike Montreal's 'ordinary super-star' who admits excelling only at football, this little Scotsman, from the land of "The Man From Glengarry", proclaimed that he super-starred in such fields as golf, curling, fastball, boating, fishing and hunting. Possibly if given the time he might have substantiated his boast, but unfortunately greener fields have beckoned. His record doesn't exactly read like a Frank Merriwell story. During his stay in this area he lost 971 golf balls; threw 315 'hogs'; struck-out 91 times; sunk two boats; landed 2 whitefish and 'downed' one groundhog. We're gonna miss you Reg [Gamble], and if you're ever passing through town at lunch time remember, 'there's always room for one more at the end table'.

Ever noticed when you meet fellows you went to school with that they've all gotten so fat and grey they hardly recognize you?

Ottawa Winter Fair Livestock Champions Of Five Days Listed

The 1973 Ottawa Winter Fair concluded on a Sunday Evening after having enjoyed one of the best runs in recent years with attendance figures totalling approximately 25,000 and a multitude of favourable comments. Directors were very satisfied with the results.

Living up to it's motto, "More to See in 73", the Fair provided patrons with a more extensive and varied program than ever before staged at the annual show. Features such as Tom Bishop's Rodeo, Bavarian Lounge, increased educational exhibits, ladies competitive exhibits, livestock, some 400 varieties of birds, and horse show which included the finest stock every exhibited at an Ottawa Winter Fair were met with great approval by the public.

Following is a list of Championship Winners at the Five Day Show: Conformation Hunter - Too Many Morning, owned Maria Prezyna, Ottawa, Ontario; Working Hunter - Altar Boy, owned by Vincent Dunne, Parry Sound, Ontario; Amateur Owner - Park Lane, owned by Mr. and Mrs. T.D. Shorthill, Aurora, Ontario; Jumper - Adanac, owned by M.S. Stein, Toronto, Ontario; Jr. Working Hunter - Spring Hill, owned by Miss Cathy Collard, King, Ontario; Parade Horse Stake - Talis Star, owned by Culmer Stables, Picton, Ontario; Fine Harness Stake - Bold Stonewall, owned by Mayfair Farms, Carlsbad Springs, Ontario; Harness Show Pony - Genoakes Autumn King, owned by Mr. and Mrs. C. Graham & Son, Woodbridge, Ontario; 3 Gaited Saddle Horse Stake - Miss Molly, owned by Mrs. Ruby Shouldice, Sudbury, Ontario; Roadster Stake - Medicine Man, owned by Lorne Crawford, Ottawa, Ontario; Hackney Horse Stake - Suddie Minuette, owned by Kilreen Farms, Manotick, Ontario; Four Horse Driving Competition - owned and Driven by - Angus O'Byrne, Calsbad Springs, Ontario.

Supreme Champions in the Livestock Classes: Holstein - Locus Lane Farms, Brockville, Ontario; Ayrshire - Crawford Ros., Campbell's Bay, P.Q.; Jersey - Lorne Jarrell & Sons, Belleville, Ontario; Guernsey - Malcolm MacGregor, Crysler, Ontario; Beef - Elzevir Farms, Flinton, Ontario; Market Steer - Ralph Miller, Renfrew, Ontario; Market Lamb - Burton & Schroeder, Russell, Ontario; Sheep - Don Acres, Kinburn, Ontario; Market Hog - Peter Hendrikx, Metcalfe, Ontario; 4-H Showmanship - Charlie McGuire, Chapeau, P.Q. and Glen Thompson, Joyceville, Ontario; Ladies Flower Class - Mrs. Nellie Landon, Brockville, Ontario; Ladies Baking Class - Mrs. Bruce Dow, Metcalfe, Ontario.

Fifty-Four Head Sell For Over Sixty Thousand Dollars

EBI Sale Averages $1,125.

The Eastern Breeders Incorporated Fall Special Holstein Sale, held Monday, October 8th in Winchester, saw 54 head of cattle sold for $60.775.00. This is an average of $1.125.47 per animal selected from top Holstein herds serviced by Eastern Breeders Incorporated.

The top bid of $2.650.00 for the day was paid by North Star Holsteins, Lyn, Ontario, for a 3½ year old female consigned by John E. James, Almonte, Ontario. Jamesville Phoebe Anthony, sired by Kayen Farm Anthony who is a Superior Type Sire and rated Excellent for type, hit the top figure with credentials, as a two-year-old, of 11.762 lb. milk testing 4.09 per cent or a total of 481 lb. fat in 305 days. She is rated Good Plus for type and her dam, Jamesville Nancy Tradewind, is also Good Plus with an eight-year-old record of 18.064 lb. milk testing 3.73 percent or a total of 673 lb. fat in 332 days.

The top bid for a bred heifer, $2.050.00 was given by R.R. McCain, Florenceville, New Brunswick, for Gorecroft Pansy, who was consigned by Mervyn W. & W. Melvin, Huntingdon, Quebec. Sired by Glenafton Man-O-War, her dam, Gorecroft Alert Marion B, is rated Very Good for type.

A total of 22 animals sold for $1.000 or more.

Volume buyers of the day included Hitsman Bros., Winchester, paying $4.970.00 for five animals; R.R. McCain paying $4.660.00 for four; Milton Arthur Evans, Ormiston, P. Quebec, taking four for $4.360.00; and Arthur Lowe, Packenham, taking three babies.

The following are sale totals and averages: 21 milking females averaged $1,297.14; 33 bred heifers averaged $964.24; and six babies averaged $285.83. Fifty-four head averaged $1.125.47.

Kemptville Experiment Results Dramatize Need For Chemicals

There's strong evidence that nature needs help if farmers are to stay in business, according to results of a study being made at Kemptville College of Agricultural Technology.

"Our experiment shows that corn crop yields drop off drastically when no agricultural chemicals of any kind are used," reports J.S. Gardiner, an agronomist at Kemptville.

A sandy loam field, in a good state of fertility, was selected for the test. Five plots were sown with corn of the same variety and each plot was tended in five different ways.

One plot was grown without fertilizer or weed control materials; a second plot was fertilized only; a third plot had herbicide applied exclusively; a fourth was treated by a combination of fertilizer and herbicide while a fifth was both fertilized and cultivated. Where a plot received a treatment of some kind, the specific treatment was repeated four times during the growing season.

The resuls are dramatic. The plot in which nature received no assistance (no fertilizer or weed control material of any kind) yielded 32 bushels per acre of corn. The value of this crop, based on a corn price of $1.50 per bushel, was $48. But the cost of producing the corn in this manner was $46.80, leaving the producer with a net gain of $1.20 per acre.

In striking contrast was the plot treated with a combination of fertilizer and herbicide. It produced 113 bushels per acre for a value of $169.50 for that acre of corn. Production costs using this method were $83.87, leaving the producer with a net gain of $85.63 per acre, the highest net gain of the five production methods featured in the experiment.

The "fertilizer only" plot generated a net gain per acre of $57.20, the plot both fertilized and cultivated drew a net gain of $59.75, and the one treated only with a herbicide produced $82.13.

"These results underscore what any good farmer already knows," concludes Gardiner. "If he's to stay in business and produce food at a reasonable cost, nature can't go it alone.

664 Forest Fires Raged In September

The Canadian Forestry Service recorded a total of 664 forest fires, affecting 44.000 acres of the country's forest land during the month of September.

The figures for the corresponding period last year were 379 fires and 9.000 acres.

Average figures for the month of September, across Canada, during the past decade are 466 fires affecting 40.000 acres.

The report brings the season's total of forest fires in Canada (beginning in April) to 7,286 fires over 2,971,000 acres. Corresponding figures for the 1972 season were 7.835 fires and 1,272,000 acres.

These statistics are compiled monthly by the Forest Fire Reseach Institute of the Canadian Forestry Service.

Call Before Leaving

The Ministry of Transportation and Communications has announced that its Winter Road Reporting Service for the public will go into operation on Monday, November 5.

The Road Information Centre at Toronto and the Ministry's 18 district offices throughout the province will have up-to-date information on the condition of all provincial highways and secondary highways on a 24-hour, seven-days-a-week basis, during the winter months.

Information on winter road conditions may be obtained around the clock by telephoning the following MTC offices in Ontario.

ROAD INFORMATION CENTRE, TORONTO 248-3561

Chatham	354-1400
London	451-5160
Stratford	271-3550
Hamilton	527-9131
Owen Sound	376-7350
Port Hope	885-6381
Kingston	544-2220
Ottawa	745-6841
Bancroft	332-3220
Huntsville	789-2391
North Bay	472-7900
New Liskeard	647-6761
Cochrane	272-4333
Sudbury	522-9380
Sault Ste. Marie	256-5682
Thunder Bay	577-6451
Kenora	468-6494

Bigger And Better Lambs

Lambs grow faster and ewes produce more offspring when they're crossbred.

That's the finding of Dr. J.A. Vesely of Agriculture Canada's Research Station here who headed an experiment at the Manyberries Substation to discover the extent to which crossbreeding improves lamb production.

The experiment began in 1967 and lasted four years.

Four breeds were involved: Romnelet, Columbia, Suffolk and North Country Cheviot. Each year, lambs were raised from each of the four pure breeds, 12 two-breed crosses and 24 three-breed crosses.

The lambs were born in the spring and grazed with their mothers until mid-summer before going to a feedlot for 75 days.

Their feed in the lot was 50 per cent chopped alfalfa hay, 40 per cent barley and 10 per cent dried molasses beet pulp.

Purebred lambs averaged 52.9 pounds at weaning and 90.9 pounds at marketing; two-breed cross lambs averaged 55.2 pounds and 97.4 pounds; and three-breed cross lambs, 60.3 and 101.1 pounds.

"The average weaning and market weights of the two-breed crosses were higher than those of the purebred lambs mainly because of their hybrid vigor," Dr. Vesely explains.

"The increased growth performance in the three-breed cross lambs was due to the hybrid vigor in the lambs as well as their mothers," he says.

The cross bred lambs also had a better track record for surviving until marketing. Seventy-five purebred lambs, 83 two-breed cross lambs and 86 three-breed cross lambs survived out of 100 lambs born in each group.

"Twinning is another benefit to be gained from crossbreeding," Dr. Vesley explains.

"The purebred ewes increased their numbers at lambing by 38 per cent and the two-breed cross ewes increased theirs by 43 per cent. The crossbred ewes also raised 15 per cent more lambs than the purebred ewes."

Crossbred ewes probably have a longer productive life than purebreds, and Dr. Vesely is continuing testing to see if this is true.

"But crossbreeding cannot be practised without purebred animals," he cautions.

"Pure breeding and cross-breeding have an equally important place in animal production. The decision to practise either pure breeding or cross-breeding rests with the producer."



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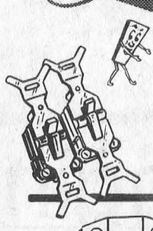

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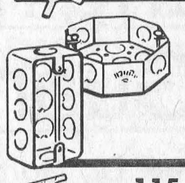

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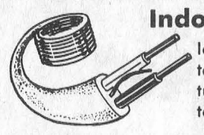

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4-H Calf Show At Winter Fair Judge 132 Holstein Entries

The Ottawa Winter Fair 4-H Calf Championship Show proved to be another great success as 250 calves from Eastern Ontario and Western Quebec Counties participated in year-end judging on Friday, October 19th, 132 calves were Holsteins.

Judge David Houck, Herd Superintendent for Romandale Farms Ltd., Unionville, proved to be a most helpful judge to the Holstein contestants. While placing the calves in his own inimitable fashion, Judge Houck attempted to give each contestant a verbal reason for his placing, or explained how the showman could have improved his position. This has proven to be a popular practice and Mr. Houck has found himself in great demand to judge more 4-H competitions.

The Grand Champion Holstein heifer was shown by Doreen Jans, Moose Creek, Glenstor Crystal, sired by the famous Seiling Rockman, was described by Judge Houck as "one of the finest I've seen in a long while." He praised the calf for its tallness, stretch, and sharpness in the front end.

Coming in Reserve to make a nice pair was Ken-Brook Wilma shown by James Baker of the Kingston-Sydenham 4-H Calf Club. Sired by Wholesome Perseus Leader, Wilma displayed a strong top and clean neck. Wilma was the Senior Champion heifer while Crystal, the Grand Champion, was the Junior Champion.

In one of the toughest competitions, both for participants and judge, the Champion Dairy Showmanship award was won by Glen Thomson of Frontenac County. Glen also won this award last year. In second was Nora Fawcett, Winchester. As Judge Houck said, these two people did the most consistant job of presenting their calves at the highest level. He stressed the word 'consistant' as he felt that some of the other showmen relaxed at certain periods.

The top County Holstein Group came from Prescott. They represented the junior heifers and edged out the top senior group, from Carleton, for over-all recognition. Judge Houck termed the Prescott group "uniform as peas in a pod -- even their colour markings are the same."

FARM NEWS

Subsidy Increased

Canadian dairy farmers, who have been facing a steep rise in the cost of production, will begin receiving much higher federal government subsidy cheques within a few days.

The Canadian Dairy Commission has calculated that the total of monthly cheques for August will be close to double the normal amount.

The increase, which amounts to about $10 million, comes from two sources.

First, the federal government provided a temporary direct subsidy to farmers of 56 cents per hundred pounds of milk, effective August 1. It applies to all of the manufacturing milk and cream a farmer ships under his market-sharing quota.

Second, the Canadian Dairy Commission has altered its method of payment on quotas to more closely reflect producer's deliveries. This will give producers an aditional $5 million this month:

These payments are intended to provide dairy farmers with much-needed cash so they can lay in feed they will need to keep winter production up to meet consumer demand for dairy products.

Details about how the payments on quota are being applied are being sent to all dairy farmers along with their September subsidy cheques. The change will mean that farmers may receive payment on up to 60 per cent of their quota by the end of August, and on up to 70 per cent by the end of September, and will collect payment at the rate of five per cent per month of their annual quota from October to March.

Sheep Performance Testing On Increase

This year 70 sheep breeders tested their flocks under Ontario's performance testing program, an increase of 11 over the number last year who took advantage of the Ministry of Agriculture and Food service to help purebred and commercial breeders improve their flocks.

Performance testing is a method of determining the productivity of each ewe in the flock by recording each lamb's weight at approximately 50 and 120 days of age, adjusting for sex and single or multiple births, and calculating the average daily gain of lambs produced.

This year there were 4016 ewes entered in the 70 flocks tested. There were 1885 crossbred, 965 Suffolks, 567 Dorsets, 165 Corriedales, 132 North Country Cheviots, 106 Hampshires plus a smaller number of ewes in six other breeds.

There were some differences between breed averages but there were much greater differences in productivity between individual ewes, and between individual lambs in their average daily gain and adjusted 120 day weights.

Although the daily average gain of rams tested averaged .48 pounds a day, individual lambs in six of the breeds gained over a pound a day. Likewise, although the average adjusted 120 day weight was 76.9 pounds, individual lambs in six breeds achieved a weight of 120 pounds or more.

Through using the information obtained, a flock owner can do much to improve his flock by culling the ewe with low productivity and selecting superior ewe and ram replacements.

Sheep producers wishing to enroll their flocks in the 1974 program should write the Live Stock Branch, Ontario Ministry of Agriculture and Food, Parliament Buildings, Toronto.

Deadline Extended For Environmental Assessment Submissions

The deadline for submissions on Ontario's Green Paper on Environmental Assessment has been extended to January 1, 1974, Environment Minister James Auld announced today.

"The response to the Green Paper and the interest shown by individuals, environment groups, municipalities, industries and other concerned organizations has been considerable," Mr. Auld said. "But a number of people and organizations have asked for more time to study the Green Paper and prepare their response."

In announcing the paper last month, Mr. Auld stressed the importance of public involvement in developing a system to assess the environmental impact of development in the province. The paper outlines various ways in which the province can conduct preliminary assessment of a proposed project, inform the public and interested parties fully, hold public hearings when required and make a final decision.

"We are concerned with establishing an effective assessment system in this province without undue delay," Mr. Auld said, "But if more time is needed for complete review to give us the best possible contribution from hundreds of interested individuals and organizations, then we must take the time."

Requests for copies of the provincial position paper are still coming in to the Ministry and being filled, he said.

$90,000.00 Contract Awarded

KCAT Renovations Underway

The Honourable James W. Snow, Minister of Government Services, said today that a $90,000 contract has been awarded to B.J. Normand Limited, 77 Metcalfe Street, Ottawa, for renovations and demolition at the Kemptville College of Agricultural Technology, for the Ministry of Agriculture & Food.

B.J. Norman submitted the lower of two bids received, the other being in the amount of $93,700.

The contract includes demolition of existing residential wings, leaving kitchen and dining facilities intact for use until the proposed new kitchen and dining room are built. Also specified are relocation of the mechanical room, a new exit staircase from the basement, stucco finish on some walls, painting, and acoustic installation in the dining room. Demolished areas will be cleared and sodded, and changes and additions made to existing electrical services, heating and ventilation systems.

Work on the contract is already under way and completion is expected in early December 1973.

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St. Lawrence Junior B Hockey League Schedule

Friday, October 26
Winchester at Alexandria, 8:30

Sunday, October 28
Alexandria at Embrun, 7:30

Friday, November 2
Metcalfe at Embrun, 8:30
Morrisburg at Winchester, 8:30
Spencerville at Alexandria, 8:30
Cardinal at Prescott, 8:30

Saturday, November 3
Spencerville at Cardinal, 7:30

Sunday, November 4
Alexandria at Morrisburg, 2:30
Prescott at Metcalfe, 2:30

Friday, November 9
Cardinal at Winchester, 8:30
Spencerville at Embrun, 8:30

Saturday, November 10
Morrisburg at Cardinal, 7:30
Prescott at Spencerville, 7:30

Sunday, November 11
Winchestser at Morrisburg, 2:30
Spencerville at Prescott, 7:30
Alexandria at Metcalfe, 2:30

Friday, November 16
Prescott at Embrun, 8:30
Metcalfe at Winchester, 8:30

Saturday, November 17
Prescott at Cardinal, 7:30
Alexandria at Spencerville, 7:30

Sunday, November 18
Cardinal at Metcalfe, 2:30
Morrisburg at Prescott, 7:30
Winchester at Alexandria, 2:30

Friday, November 23
Metcalfe at Alexandria, 8:30
Prescott at Morrisburg, 8:30
Spencerville at Winchester, 8:30

Saturday, November 24
Spencerville at Cardinal, 7:30

Sunday, November 25
Morrisburg at Embrun, 7:30
Alexandria at Prescott, 7:30

Friday, November 30
Metcalfe at Winchester, 8:30
Cardinal at Alexandria, 8:30
Prescott at Embrun, 8:30

Saturday, December 1
Embrun at Cardinal, 7:30
Winchester at Spencerville, 7:30

Sunday, December 2
Alexandria at Metcalfe, 2:30
Winchester at Prescott, 7:30
Spencerville at Morrisburg, 2:30

Friday, December 7
Prescott at Winchester, 8:30
Metcalfe at Alexandria, 8:30
Embrun at Morrisburg, 8:30

Saturday, December 8
Morrisburg at Spencerville, 7:30
Alexandria at Cardinal, 7:30

Sunday, December 9
Alexandria at Embrun, 7:30
Morrisburg at Metcalfe, 2:30
Spencerville at Prescott, 7:30

Friday, December 14
Morrisburg at Alexandria, 8:30
Metcalfe at Embrun, 8:30

Saturday, December 15
Winchester at Cardinal, 7:30
Metcalfe at Spencerville, 7:30

Sunday, December 16
Alexandria at Winchester, 2:30
Cardinal at Morrisburg, 2:30
Spencerville at Metcalfe, 2:30
Embrun at Prescott, 7:30

Friday, December 21
Prescott at Alexandria, 8:30
Winchester at Embrun, 8:30
Metcalfe at Morrisburg, 8:30

Saturday, December 22
Morrisburg at Cardinal, 7:30
Metcalfe at Spencerville, 7:30

Sunday, December 23
Embrun at Metcalfe, 2:30
Spencerville at Winchester, 2:30
Alexandria at Prescott, 7:30

Wednesday, December 26
Cardinal at Spencerville, 8:30
Winchester at Alexandria, 8:30
Morrisburg at Prescott, 8:30

Thursday, December 27
Metcalfe at Embrun, 8:30

Friday, December 28
Winchester at Metcalfe, 8:30
Spencerville at Prescott, 8:30
Cardinal at Morrisburg, 8:30

Saturday, December 29
Embrun at Spencerville, 7:30
Prescott at Cardinal, 7:30

Sunday, December 30
Embrun at Winchester, 2:30
Metcalfe at Morrisburg, 2:30

1974

Friday, January 4
Morrisburg at Prescott, 8:30
Cardinal at Winchester, 8:30
Embrun at Alexandria, 8:30

Saturday, January 5
Metcalfe at Cardinal, 7:30
Prescott at Spencerville, 7:30

Sunday, January 6
Winchester at Metcalfe, 2:30
Alexandria at Morrisburg, 2:30
Spencerville at Embrun, 2:30

Friday, January 11
Spencerville at Metcalfe, 8:30
Cardinal at Prescott, 8:30
Alexandria at Embrun, 8:30
Winchester at Morrisburg, 8:30

Saturday, January 12
Embrun at Cardinal, 7:30
Morrisburg at Spencerville, 7:30

Sunday, January 13
Cardinal at Alexandria, 2:30
Embrun at Winchester, 2:30

Friday, January 18
Spencerville at Alexandria, 8:30
Prescott at Morrisburg, 8:30
Metcalfe at Winchester, 8:30

Saturday, January 19
Alexandria at Cardinal, 7:30
Embrun at Spencerville, 7:30

Sunday, January 20
Winchester at Prescott, 7:30
Morrisburg at Metcalfe, 2:30
Cardinal at Embrun, 2:30

Friday, January 25
Prescott at Winchester, 8:30
Metcalfe at Alexandria, 8:30
Embrun at Morrisburg, 8:30

Saturday, January 26
Morrisburg at Cardinal, 7:30
Winchester at Spencerville, 7:30

Sunday, January 27
Alexandria at Metcalfe, 2:30
Embrun at Prescott, 7:30
Cardinal at Spencerville, 7:30

Friday, February 1
Alexandria at Winchester, 8:30
Cardinal at Embrun, 8:30
Metcalfe at Prescott, 8:30

Saturday, February 2
Prescott at Cardinal, 7:30
Morrisburg at Spencerville, 7:30

Sunday, February 3
Embrun at Alexandria, 2:30
Winchester at Metcalfe, 2:30
Spencerville at Morrisburg, 2:30

Friday, February 8
Alexandria at Winchester, 8:30
Prescott at Morrisburg, 8:30
Embrun at Metcalfe, 8:30

Saturday, February 9
Spencerville at Cardinal, 7:30

Sunday, February 10
Winchester at Embrun, 7:30
Cardinal at Prescott, 7:30
Morrisburg at Alexandria, 2:30

Friday, February 15
Morrisburg at Embrun, 8:30
Cardinal at Metcalfe, 8:30
Prescott at Alexandria, 8:30

Saturday, February 16
Winchester at Cardinal, 7:30
Alexandria at Spencerville, 7:30

Sunday, February 17
Embrun at Winchester, 2:30
Metcalfe at Prescott, 7:30
Spencerville at Morrisburg, 2:30

Friday, February 22
Winchester at Embrun, 8:30
Cardinal at Morrisburg, 8:30
Prescott at Metcalfe, 8:30

Saturday, February 23
Metcalfe at Cardinal, 7:30
Prescott at Spencerville, 7:30
Embrun at Alexandria, 8:30

Sunday, February 24
Morrisburg at Winchester, 2:30
Embrun at Metcalfe, 2:30
Cardinal at Spencerville, 7:30



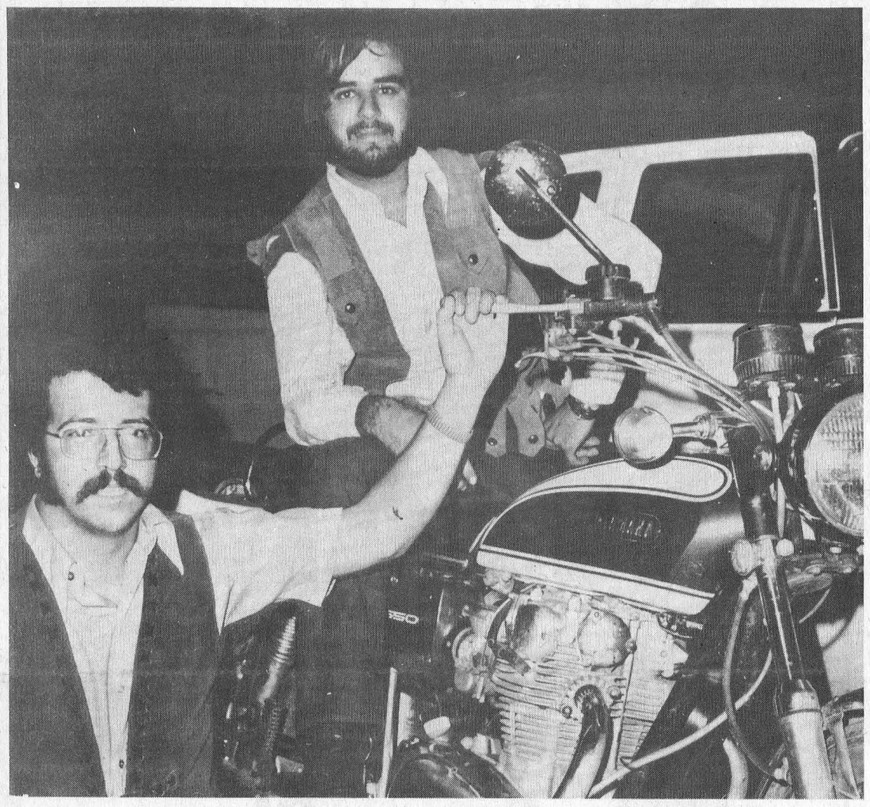
New Trophy Donated

Gloucester Minor Hockey program has a new trophy to offer for competition this season.

The award is being made possible by Beneficial Finance Company and branch manager John O'Brien is shown, right, presenting the trophy to Gord Rackwalski who in turn will hand it over to the minor hockey association.

Mr. O'Brien, who resides at Manotick, and is well known throughout the district, has been associated with Beneficial for the past 14 years and reports his company is offering several trophies as part of the 40th anniversary celebrations.

Press Staff Photo



Complete 10,000 Mile Bike Trek

Richard Patenaude, 19, seated on bike and Rene Bedard, 22, two are students travelled over 10,000 miles during the month of August and proudly report their 1972 - 650 c.c. Yamaha, after the gruelling grind, looks like a spanking new bike.

Richard, a son of Mr. and Mrs. Armond Patenaude of Winchester and Rene, son of Mr. and Mrs. Joseph Bedard, Green Valley, both students at St. Lawrence College, Cornwall, left home on July 31st and eight days later were in Vancouver. Following a brief stay in that area they journeyed down the Pacific coast to Los Angeles and San Francisco and thence to Aijuana, Mexico. Leaving Mexico they travelled through Arizona when the temperature reached 120 in the shade. The boys travelled on through to Florida and up the east coast to New York and from there the last leg of the long trip to their homes.

Highlights of the interesting travel experience included visits to several historical sights; driving through a tree in California that measured 21 feet in diameter and towered 315 feet into the air; Walt Disney World; Cape Kennedy; Florida Everglades; Jacksonville and so many other interesting places the boys 'just couldn't remember them all'.

Service to the vehicle was minimal with points and plugs replaced on the west coast and a new tire purchased in Dallas, Texas.

"A truly great experience", says Richard, "and if given the opportunity we'd do it all over again."

Photo courtesy
Chesterville Record.

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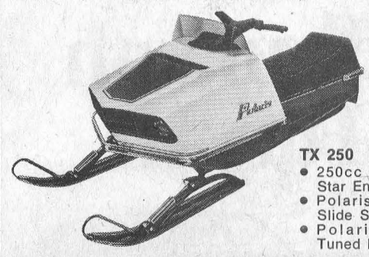
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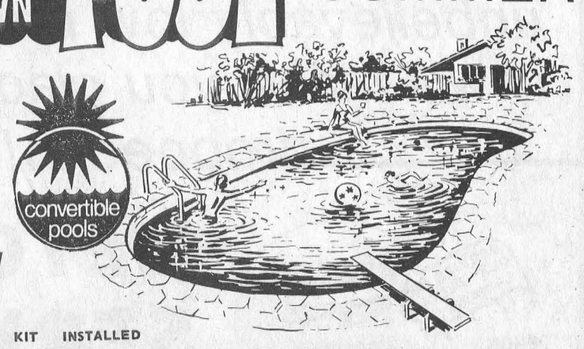
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The Valley Sportsman

by Bob Rosborough

A little nip won't hurt you. In fact, it will cut the chill and warm the bones on a cold, blistery day. I don't mind having a nip when I'm hunting or fishing but, there's more to a full bottle than a nip. Too many people take too many nips and safety is thrown to the wind.

Last Thursday I was making my rounds and right in front of me were two lads who were hunting. They were in a convertible and the top was down. I watched as one drove and the other sat on the back of the front seat with his shotgun at the ready. I imagine they were hunting grouse but this is a dangerous way. Especially when there is drinking involved.

The two hunters involved in this incident were young. Both no more than twenty years old. Now if they had a hunting licence then they knew better. If they didn't they still should have known better. There are just too many ways an accident could happen in this situation. The car could hit a hole throwing the rider out....the gun could discharge in umpteen different directions including mine....or an error made by the hunter could certainly cause grave harm for the driver.

As the road was dusty, I could not see the make of the car or the licence number but I also noted that the hunters did not have the regulation back-patch on either. The number of laws broken by this dangerous duo would number at least eight. Three under the L.C.B.O. (concerning traffic), one of two under the traffic act and several more under the hunting regulations. If these young hunters had been caught, they would be facing several grave offenses today and would probably be minus their hunting gear. Please, take my advice and do not show off if you are going to have a drink. There are enough hunting accidents without foolish ones being added to the total.

Notes, letters and comments are welcomed by the Valley Sportsman, Box 292, Smiths Falls, Ontario.



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Maple Ridge	10:00 - 12:00
Inkerman	1:30 - 3:00
Hallville	3:15 - 3:30
Mountain	3:45 - 4:15

WEDNESDAY, NOVEMBER 7

Sunnybright	10:00 - 10:15
Dunbar	10:30 - 10:45
Elma	10:50 - 12:00
Bouckhill	1:30 - 1:45
Williamsburg C.	2:00 - 2:30
Lunenburg C.	3:30 - 4:00

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NORTH DUNDAS NEWS

(by Betty Dunlop and Janine Ennis)

A week of activities, club duties, sports news as well as guest speakers just 'flew' by. The week has been very interesting for those who have showed their enthusiastic participation.

CLUB NEWS: Those students who are interested in the ever-popular winter sport, curling, have formed a Curling Club. The teacher advisor, Mr. MacLean, has started the 'curling spirit' of his future curlers as a meeting was called Thursday, October 25 to discuss the topic: "Tips on Curling". I'm sure there will be further plans discussed. The members of the Athletic Association held an important meeting Thursday, October 25. The basis of discussion was their plans of the future and the allowed budget. Generally, these members are responsible for supporting the sports department and any sports clubs with required equipment, trips and cash. Mr. Pratt has proceeded in the formation of the Drama Club. This year, there are very exciting 'prospects'. Ideas have been discussed and possibly there will be a couple of play productions for the enjoyment of the students and teachers. One thing is for sure, the fact that they are very busy at this time in planning and developing a video-taped commercial for the sale of N.D.D.H.S. chocolate bars, to be campaigned November 9 to the 19. This is an assignment which will result in a fine finished product. The finished commercial will be televised on the school televisions, in hopes that students will be further impressed by the campaign. Photography Club has picked its executives. Members have completed the first set of pictures for the Yearbook Staff's purposes. It seems photography members are thoroughly enjoying the duties of a Photography Club enthusiast.

MUSIC DEPARTMENT: Mr. St. Louis, head of the North Dundas music department and his senior band, is working very hard to prepare a concert for November 22. Some of the numbers the band will be featuring are "The Blue and the Gravy" - a civil war suite, and selections from "My Fair Lady". Reserve this as a reminder on your calendar, and do come to hear some great music selections by the band.

SPORTS DEPARTMENT: 'Congratulations' from all sources have been directed to the junior girls Basketball team. There is no doubt about it, N.D.D.H.S. has the opportunity to say, "We have the Champs". Tuesday, October 23, the game against B.C.I. was a decisive victory by our Champs with a 28-20 final score. The girls have clenched an undisputed first place in the league with an undefeated record of seven wins. There is only one league game to be played and all other junior school teams have lost two games. The senior girls Basketball team put up a very good opposition against first place B.C.I. seniors but were defeated. But the girls deserve much consideration for their efforts and still hold third place in the league. Thursday, October 25 both Basketball teams made their way to Brockville to play games against T.I.S.S. The same day the football field was the scene of much activity here at North Dundas. Our players were in rugged action against C.C.V.S. a school team from Cornwall. Scores of all games will be published in next week's column.

SPECIAL EVENTS: The earliest part of the past week, guidance services sponsored a small assembly held in the library. St. Lawrence College was represented by two members of the administration. Both gentlemen cordially explained many of their applied arts courses offered at the college. Details of these as well as information dealing with the three campuses, that of Brockville, Cornwall and Kingston, were discussed. I believe for those students interested in enrolling at St. Lawrence, the assembly was most beneficial. It seems that Friday takes forever to arrive, at least students have this strong feeling. But Friday, October 26 was a special day since certain periods were devoted to a special event. The radio station CFRA, brought along their programme of the History of Rock and Roll, Part ii. Last year it was to our advantage to see Part I of this programme.

This Rock'n Roll Programme seemed to be an appropriate event for the wind-up of another week of the many more to come in this '73-74 school year. As well, Friday night Nov. 2 is our Hallowe'en - Harvest Dance featuring the group and great sounds of Octavian. The Decorating Committee is 'wrapped-up' in much planning and designing. We'd sure like to see you all there!

Big Catch For Small Angler

Roy Day, 10, of Greely would be considered by seasoned fishermen as a very small angler but the boy didn't let this stand in the way when a giant muskie went for his lure last weekend.

Roy, who earlier in the day had been playing hockey at Leitrim arena, joined his parents for some fishing fun in the Rideau near the old lighthouse.

"I've fished many times before", says the young sportsman. "but this is the first time I ever caught anything."

Roy, a son of Mr. and Mrs. Raymond Day, is shown proudly displaying his 'prize' which he plans to have mounted.

"And some day", he says, "when I'm older I'll hang it over my fireplace."

Press Staff Photo

MINOR HOCKEY REPORT

(by Tom Clapp)

This Saturday, Minor Hockey commences in Winchester. Below is a schedule of the hours for each age group. But, please note you cannot participate unless you have registered and paid the necessary fee. You will not be able to register on Saturday. If you have not registered but wish to play please register with George Callan at the Royal Bank in Winchester before Saturday.

TIME SCHEDULE:

Saturday:
8:00 a.m. - 9:00 a.m. Pee Wee
9:00 a.m. - 10:00 a.m. - Pee Wee
10:00 a.m. - 11:00 a.m. - Wee Wee
11:00 a.m. - 12:00 Noon - Wee Wee
1:00 p.m. - 2:00 p.m. - Atom
2:00 p.m. - 3:00 p.m. - Atom
3:00 p.m. - 4:00 p.m. - Pee Wee 'A'
4:00 p.m. - 5:00 p.m. - Atom 'A'

Sunday:
4:30 p.m. - 5:30 p.m. - Bantam 'A'
5:30 p.m. - 6:30 p.m. - Midget 'A'

Tuesday:
5:30 p.m. - 6:30 p.m. - Bantam 'A'

Wednesday:
5:00 p.m. - 6:00 p.m. - Wee Wee
6:00 p.m. - 7:00 p.m. - Wee Wee
7:00 p.m. - 8:00 p.m. - Atom
8:00 p.m. - 9:00 p.m. - Pee Wee

Thursday:
5:30 p.m. - 6:30 p.m. - Midget

Friday:
5:30 p.m. - 6:30 p.m. - Pee Wee
6:30 p.m. - 7:30 p.m. - Atom

These are the hours of ice time that have been alloted to each group. For any questions that you may have about the hours please contact the following: Wee Wee Convener - Bob Crummy 989-2061; Atom Convenor - Stan Marriner 774-2741; Pee Wee Convenor - Jim Shaw 989-2054; Bantam Convenor - Gerald Helmer 774-2504; Midget Convenor - Jim Helmer 774-3147.

If you are uncertain as to what age group you belong, the following should be a guide: Wee Wee - born after midnight December 31, 1964; Atom - born after midnight December 31, 1962; Pee Wee - born after midnight December 31, 1960; Bantam - born after midnight December 31, 1958; Midget - born after midnight December 31, 1956.

Williamsburg Notes

A miscellaneous shower will be held November 5th at 8 p.m. in the Williamsburg Lutheran Church Hall in honour of Sherry McMillan. Everybody welcome.

Mrs. Beatrice Fox passed away on Sunday evening October 21st, 1973, at the Wellesly Hospital, Toronto. She is a sister of Mrs. Claude Casselman. Sympathy is extended to the family.

Mr. and Mrs. Harold Algire have returned home after spending some time with friends and relatives in Kingston, Oshawa and Willowdale. They attended the wedding in Muskegon, Michigan of Mr. Algire's nephew, Staff Sgt. Robert C. Heafy and Eva Renatesteiger. The bride is the daughter of Mr. and Mrs. Karl Hilmarsteiger of Wurzburg Germany and the groom is the eldest son of Mr. and Mrs. Leonard Heafy of Muskegon, Michigan.

Mr. and Mrs. Harold Algire celebrated their wedding anniversary while in Muskegon and were entertained to supper prior to their anniversary at the home of Mr. and Mrs. T. Ronnie Heafy and family and to dinner on the wedding date October 23, at the home of Mrs. Doris Barker all of Muskegon, Michigan.



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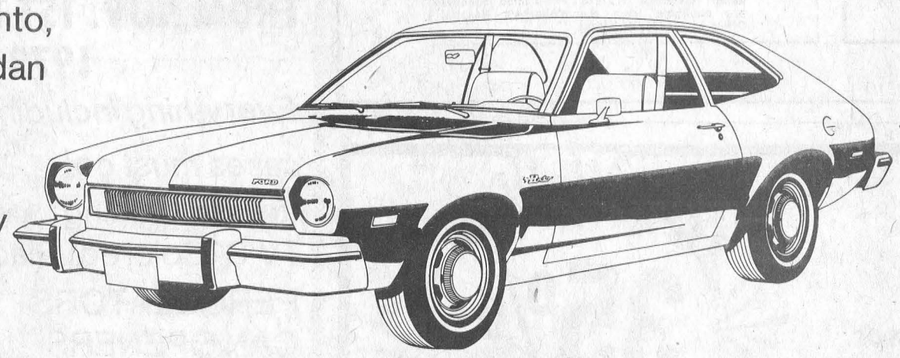

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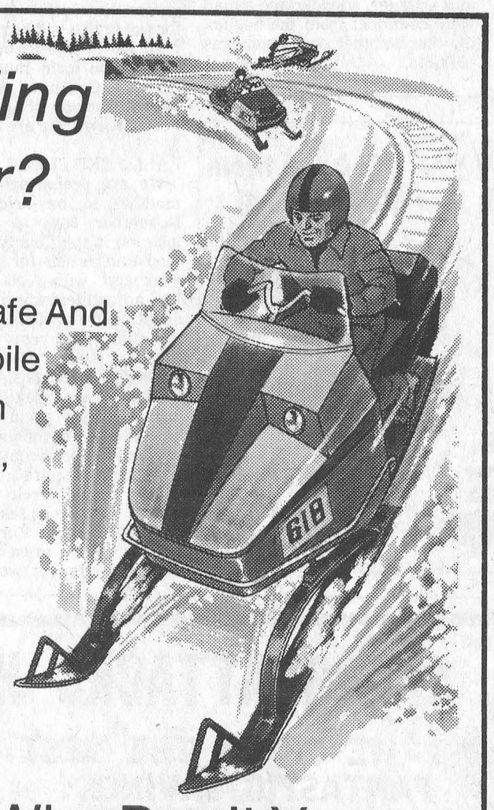

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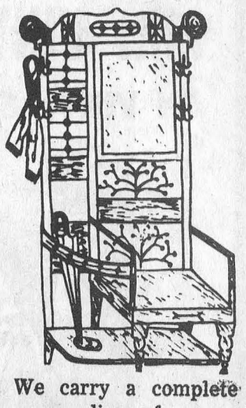

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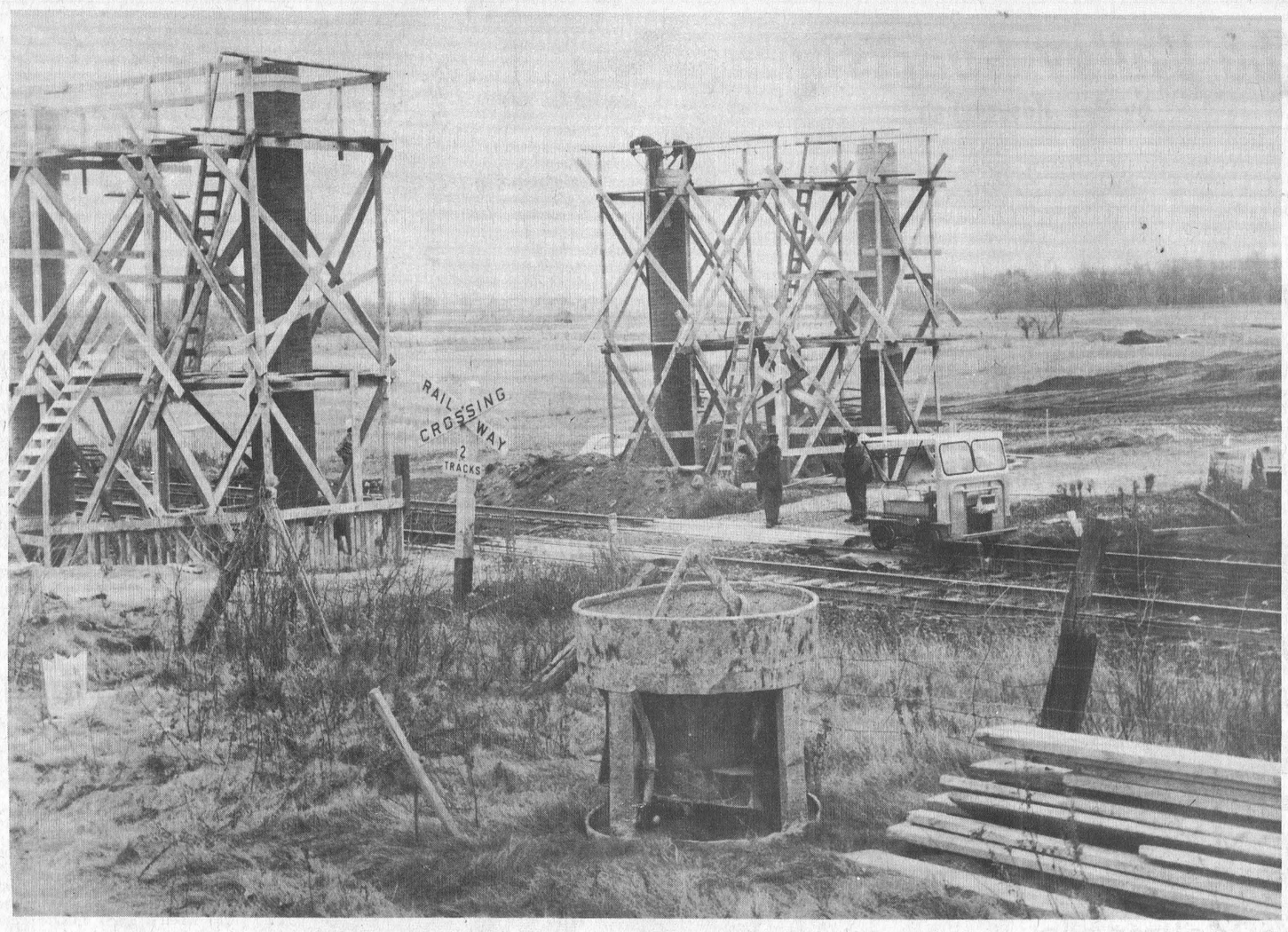
I don't think many people would disagree that the Ontario Legislature is the busiest in the country and not just on the basis of the number of hours and days of its sittings. The sheer volume of legislation that is introduced, debated and voted upon is truly massive. Just one example of what I mean: from 1968 to 1972, the federal House of Commons considered and passed less than 200 statutes. In its second session alone (February 29 to December 15, 1972), the Ontario Legislature approved over 170 statutes! Such illustrations don't tell the whole story but do indicate something about the high level of activity at Queen's Park.

The third session resumed on October 2nd after a summer recess and promises to be just as busy. Nearly a dozen bills have already passed through all the stages to become law and nearly 20 stand on the Order Paper for debate in the days ahead. Recently, as Parliamentary Assistant to the Minister of Treasury, Economics and Intergovernmental Affairs, it was my responsibility to guide an important bill "through parliament". This is an Act to create three enlarged area municipalities within the Ottawa-Carleton regional government. Its purpose, through amalgamations and annexations, is to provide for direct representation on the regional council which some people in the area presently do not have. Before the legislation was drafted a great deal of discussion took place both with municipal councils and with the people who live in the area. My colleague, Mr. Sid Handleman, M.P.P. for Carleton, has had many meetings with his constituents and has extensive personal knowledge of the needs of the area. I have attended meetings to ensure that people affected had the fullest opportunity to express their views. I am convinced that they are happy with this action and are prepared to make it work. The Bill received Royal Assent on October 11th in time for elections to be held December 3rd in the affected areas.

Two "milestone" reports were tabled in the Legislature in the past three weeks. The Select Committee studying the problems of economic and cultural nationalism presented an interim report dealing with the vital subject of foreign ownership of Ontario real estate. An earlier preliminary report had identified this field as needing immediate study with particular reference to recreational land use and availability.

Select Committees (which are "all-party" Committees) are appointed by the government to study specific problems. When they have completed their research, arrived at their conclusions and made their recommendations, they are disbanded. These committees often undertake exhaustive research into the matters within their terms of reference and the "foreign ownership" Committee is no exception. The report is extremely well written and documented and poses many difficult questions about an appropriate public policy in this complex field. Such committees do not dictate government policy on the subject -- they simply analyse the problem carefully and make recommendations. These recommendations are not always unanimous and that is the case here. It is now up to the government to study the report and consider its conclusions. There is no question that foreign control is a vital and complicated public issue. The report will assist the government in developing policies in the best interests of the people of Ontario.

The second important report tabled was that of the Select Committee on the New Hydro Head Office Building contract award. This Committee was considerably different in nature from any other Select Committee currently or previously appointed. The central purpose for establishing this Committee was to conduct an enquiry into a given set of circumstances and to come up with "findings" rather than recommendations. In this respect it functioned more like a court or Royal Commission than a conventional Select Committee. I expect to devote next week's column to a fuller analysis of this report but one point bears mention here. The Committee was specifically appointed by the Premier in response to allegations that he had influenced the awarding of the contract. On this point the conclusion is clear and unequivocal; the Committee exonerated Premier Davis of having had any influence in any way on the decision to retain Canada Square as the developer. Those of us who know Mr. Davis as a premier, a leader and a man were confident from the beginning that no other conclusion was possible.



Up And Over

No one will disagree that getting started on Winchester's over-pass was a long drawn-out affair. Following final contractural agreements, however, the scene has suddenly been transformed into a bustling centre of activity with giant machines and skilled technicians working feverishly in an effort to capitalize on the fine late autumn weather. Although possibly the most noticeable aspect of progress to date is the initial construction of the bridge foundation but on both sides of the track trucks are hauling steadily on the long elevated approaches.

The accompanying photo was taken on Friday, October 26th and it is understood traffic will be rolling over the new route in late summer, 1974.

Press Staff Photo

Cornwall District Office Goes To Town

A few short weeks ago the natural resources staff in the headquarters for the five eastern counties of Ontario could step out their office door into the stillness of a 27,000 acre forest.

Now if they step too far out the office door they'll be run over in the traffic of a city of 50,000.

The ministry of natural resources headquarters for the Cornwall district has just moved from its temporary location in Larose Forest to downtown Cornwall at 40 Fifth Street, near the intersection of Fifth and Pitt Streets. Offices are on the second floor of the St. Columban's Building and house the men and women in charge of Crown land, parks, provincial and agreement forests, fish and wildlife in Prescott-Russell, Stormont, Dundas and Glengarry Counties.

Working under district manager Richard Morin will be: Ron Cleroux, Parks, Lands and Field Services Supervisor; Barry Warwick, Forests Supervisor; Ron Baldwin, Fish & Wildlife Supervisor; Marcel Labelle, Finance & Administrative Officer. Inquiries should be addressed to: District Manager, 40 Fifth Street West, Box 1749, Cornwall, Ontario K6H 5V7. For telephone inquiries the number is 933-1774.

Sub-offices in the Cornwall District of the ministry of natural resources include: Bourget - Larose Forest headquarters (Merrill Rush, operations manager, Phone 487-2100). Alexandria - Tim Taylor, Conservation Officer, Phone 525-2443. Carillon Park - Al Robinson, Park Superintendent, Phone 674-2825.

Grain Exchange Program

(A message of interest to farmers from Carleton County Agricultural Office)

Our Ministry has seen a need here in Eastern Ontario for a grain exchange program. As a result on November 1st, buyers and sellers of grain in the eleven Counties, will be brought together by a weekly listing service of grain for sale.

A similar program has been operating the past two years in Western Ontario, with excellent results. Grain growers and feed dealers both participated in this program to bring order to the movement of feed grains between farmers and between grower and dealer.

In our program, all growers and all buyers in the area will have an opportunity to participate. Growers will be asked to report the kind and amount of grain for sale every week at least until December. No prices will be quoted. However, moisture levels for wet grains will be requested.

To get on the mailing list, an application form must be completed. Contact your local Ontario Ministry of Agriculture & Food Office if you are interested.

FALL FEED CLINIC

We are preparing now for a meeting to be held Monday, November 26th at a central location in the County to discuss feed and ration formulation. A year ago, with feed quality so low, adjustment was necessary to supply extra protein, energy and vitamins. This year we have a different picture. Feed quality is generally high considering hay, haylage, corn silage and grain corn. However, grains are high in price and so economics must be carefully considered in addition to nutrients required.

You should circle November 26th for a day-long session on this important topic. Further information will be presented in this column in the next two weeks.

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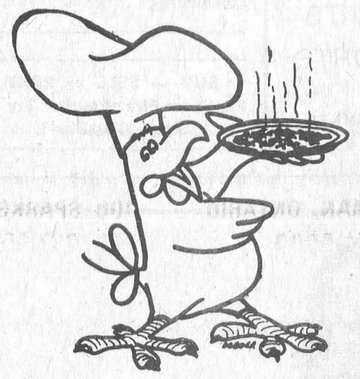

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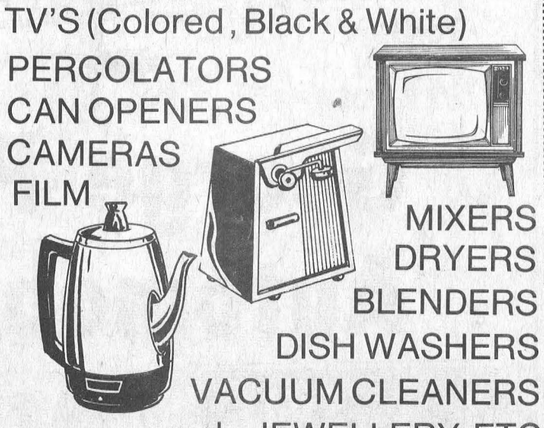

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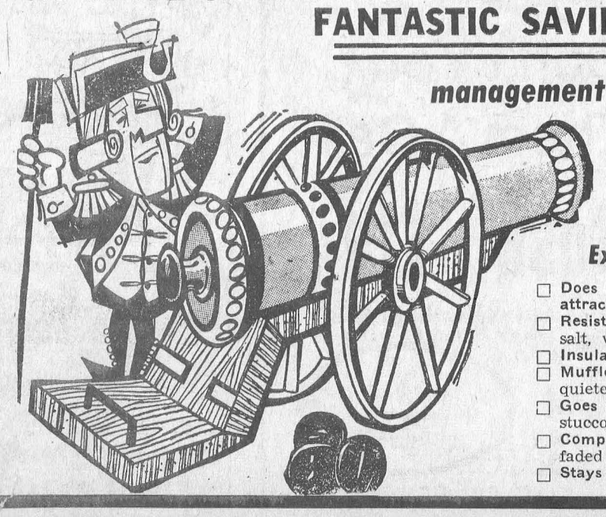

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OBITUARIES

MRS. GEORGE CUNNINGHAM

Mrs. George Cunningham, the former Eliza Mae Robinson, died at Winchester District Memorial Hospital on Wednesday, October 24th in her 96th year.

The late Mrs. Cunningham had been a resident of Chesterville for many years and had formerly lived at Grantley. Predeceased by her husband she is survived by two daughters and two sons: Irene, Chesterville; Mrs. Guy Wilson (Grace), Boulten, Ont.; Hugh, Chesterville and Wilfred of Massena, NY. One grandson, Kenneth Wilson also survives.

A former school teacher she received her early education at area schools and was a member of the United Church. Funeral service at Vice and Craig Ltd. Funeral Home, Chesterville, was conducted by Rev. L.M. Ferguson at 2:00 p.m. on October 26th. Pall bearers were Lorne Robinson, Jack Addlington, Wendell Harper and Pleny Irving.

Interment was at Grantley cemetery.

GARY LESLIE HOUGH

Gary Leslie Hough, 23, who had spent most of his lifetime at Finch, Ontario, died suddenly at Drayton Valley, Alberta, on Saturday, October 6, 1973. The young man had travelled west in August of this year. He was the son of Lynden Hough and his wife, Marion Helmer.

Left to mourn besides his parents are two brothers, Gordon, 14 Schofield Ave., Brockville, Ontario, and Douglas at home; grandparents, Mr. and Mrs. F. Erle Helmer, Winchester and Mrs. Bertha Hough, Cornwall.

The young man, who at the time of his death was employed in the oil fields, received his education in Finch Public School and North Dundas District High School. He was a member of Chalmer's United Church, Finch.

Rev. L.M. Ferguson conducted the funeral services at the Brownlee Funeral Home, Finch, at 2 p.m. on Wednesday, October 10. Interment was made in Finch cemetery.

Pall bearers were a cousin, Kevin Hough, Dwayne Smith, Gary Nephew, Richard Rowe, Bruce Rupert and Jack St. Pierre.

PLEASANT VALLEY

Glad to report that Mrs. Herbert Wallace has got home from the Memorial Hospital, Winchester. All hope she keeps gaining.

Mr. and Mrs. David Gilmer were Tuesday supper visitors at Mr. and Mrs. Elzie Johnson of Morrisburg.

Sunday visitors at Mr. Hilliard Gilmer were Mr. and Mrs. Sam Cowan and family of Prescott and Mr. and Mrs. Preston Gilmer and boys of Millars Corners.

Mr. and Mrs. Howard Conley of Prescott were supper visitors at Mr. and Mrs. Dwight Gilmers'.

The U.C.W. held a Pot-Luck supper on Friday night in the Orange Hall, a good crowd enjoyed the supper. After the supper Mr. Dwight Gilmer spoke on behalf of the congregation to Rev. and Mrs. MacDonald thanking them for the way the valley congregations enjoyed the church services and the kindness Rev. MacDonald gave the congregation. On behalf of the congregation Mr. Herbert Wallace gave Rev. and Mrs. MacDonald a gift of money and their daughter Judy also a gift for playing the organ for the church services. Rev. and Mrs. MacDonald and family will be missed. Rev. MacDonald thanked all for the gifts.

Mr. and Mrs. Wm. Somerville of Iroquois were callers on Monday at the Winchester Memorial Hospital and supper visitors at Mr. and Mrs. David Gilmer.



TODAY'S CHILD

BY HELEN ALLEN

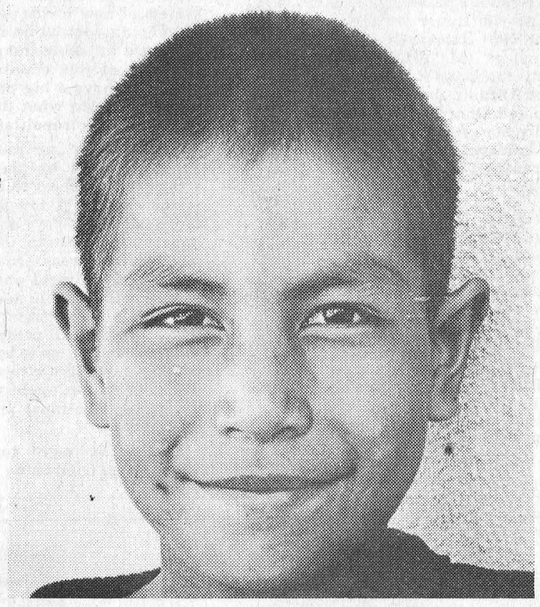
THE TORONTO SUN SYNDICATE

The friendly smile gives an idea of Ken's personality. He is just as nice as he looks. Soon to be 11, Ken is a Canadian Indian with brown eyes, black hair and medium complexion. He is an average student in Grade six. He is especially interested in art for which he appears to have talent and it is hoped he will have encouragement and the opportunity to pursue this interest.

Ken is an active, healthy boy who likes most sports. He enjoys outdoor activities, especially camping. Though a quiet lad, Ken is outgoing and friendly with the ability and the inclination to get on well with people of all ages. His foster parents and teachers report that he is well behaved and co-operative.

Ken has lived in both rural and urban areas and seems happy in either. The important factor of an adoption home for him is not location but the desire of the parents to add a likeable preteen son to their family. It will be preferable if there are other children in the household because Ken likes and is accustomed to young companions.

To inquire about adopting Ken, please write to Today's Child, Box 888 Station K, Toronto M4P 2H2. For general adoption information, please contact your local Children's Aid Society.



$660,000 Daily

Fires Costing Canadian Economy

Fires cost the Canadian economy over $660 thousand per day in direct losses in 1970, according to figures just released by the Insurance Bureau of Canada.

The IBC is the organization which represents the major general insurance companies in Canada.

Although there has been a significant drop in the number of fires over the past decade - from nearly 84,000 in 1961 to some 68,000 in 1970 - total property damage as well as loss of life, continue to increase.

Even more alarming than this direct loss - which approaches $250 million per year - is the indirect loss due to the loss of production and unemployment resulting from fires.

This has been conservatively estimated (by the Dominion Fire Commissioner) to be five times as great - a staggering economic loss to the nation of nearly $3 million per day.

The 1970 figures show that approximately 67 percent of all reported fires and over 85 percent of fire deaths occurred in residential property, while the leading cause of fire remained the same as has been the case for many years - smoking and smokers carelessness, which accounted for about 30 percent of the total.

In the same year, 636 people died in fires - including 223 children.

Ontario Egg Burgers Prove Popular Snack

An easy snack, lunch or supper "filler-upper" of hungry teens, pre-teens or adults is an Ontario Egg Burger or two. It proved an extremely popular item when it was featured in the Pure Food Building at the Canadian National Exhibition this past summer.

One young fairgoer was overheard explaining to a friend what the "Egg Burger" was like. "It's the best mucked up egg with tomato and cheese on a toasted bun. It's good!"

It is good and easily made as the simple directions indicate.

Ontario Egg Burgers - For each serving: Break one or 2 eggs into a moderately hot, lightly buttered frying pan. Stir egg slightly with fork or pancake turner to break yolk and mix streakily with white. Keep egg formed like a pancake to fit on bun. Turn and cook other side of egg.

Transfer to bottom half of hot toasted or plain hamburger bun. Top with slice or processed cheese, slice of tomato and remaining half of bun. Serve at once.

It is nice plain or with a salad, pickles, or barbecue or chili sauce.

This recipe makes a real "quickie" meal and may be varied any way you wish. A few suggestions are:

1. omit processed cheese and use a generous sprinkling of grated cheddar or other flavourful cheese;
2. omit tomato and use a spoonful of chili or barbecue sauce or ketchup;
3. sprinkle egg with crumbled bacon, finely minced cooked ham, poultry meat, pork or bologna, etc., before adding cheese;
4. add chopped chives, onions or pickles to taste;
5. spread bun with ham or other meat salad mixture, canned meat pate or liver paste before adding egg and topping;
6. omit tomato and spread bun with peanut butter and jam before adding egg, etc.

Winchester Springs

Mrs. Aden Casselman had supper with Mrs. Wm. Dillabough of Chesterville on Sunday.

Miss Grace Myers visited Mr. and Mrs. Ray Runions of Finch on Sunday.

Mr. and Mrs. Cecil McIntosh and Mrs. J. Keyes called on Mrs. Lorne McIntosh in Kemptville on Wednesday.

Mr. and Mrs. Art Koolwine of Brockville called on Mr. and Mrs. Ralph Kirkwood on Sunday.

Mrs. Aden Casselman spent a couple days with Mr. and Mrs. Clifford Casselman in Morrisburg.

Sympathy from this community is extended to Mr. and Mrs. Lorne Tousau in the passing of his sister Miss Violet Tousau who passed away on Saturday night. Funeral at Vice and Craig, Winchester on Tuesday morning. Sympathy is also extended to Mrs. Richard Bartholemew of South Mountain and his parents Mr. and Mrs. Gordon Bartholomew of Inkerman

Mr. Earl Gilmer called on his Mother Mrs. Mary Gilmer, at the Memorial Hospital, Winchester on Sunday.

Mr. and Mrs. David Gilmer were Thursday visitors at Mr. and Mrs. Gordon Gilmer of Shanly.

Valley Honours Minister

Sunday evening farewell service was held in the Orange Hall on Sunday evening. Mrs. Sam Cowan was the organist. Mrs. Cowan had her choir from Bethel and Maynard Choir Charges. Rev MacDonald gave a very interesting sermon and also present was our old Minister now retired Rev. and Mrs. Somerville also spoke a few words and led in Prayer. A musical number was given by Mrs. Sam Cowan and Mr. Preston Gilmer. Lunch was served by the U.C.W. and Mrs. Elizabeth Wallace. Mrs. Mansel Wallace entertained the choir and others taken part in the service in their home. All join in wishing Rev. and Mrs. MacDonald and family Best Wishes in their new congregation and new home. Pleasant Valley church had their last service on Sunday night, Presbytery declared it closed.

Facts & Fallacies

Q. IS MILK FATTENING?

A. Milk is no more fattening than any other food. Milk is high in nutritive value relative to its calorie content. A glass of whole milk (140 calories) contains 5 important nutrients -calcium, protein, riboflavin, vitamin A, phosphorus.

Q. HOW DOES SKIM MILK DIFFER FROM WHOLE MILK IN FOOD VALUE?

A. A glass of skim milk contains 70 calories along with calcium, protein, riboflavin and phosphorus. The fat content has been removed along with vitamin A, a fat-soluble vitamin.

Q. WHAT IS THE DIFFERENCE BETWEEN CHOCOLATE MILK AND CHOCOLATE DRINK?

A. Chocolate milk is made from whole milk (3.5 per cent fat content) while chocolate drink uses 2 per cent milk.

Q. DO OLDER PEOPLE NEED SPECIAL DIETS?

A. The older person needs the same nutrients required by the younger adult, but fewer calories. The need for less calories is due to a decline in metabolic rate and physical activity. Simple foods should be chosen to ensure that all essential nutrients will be obtained - proteins, vitamins, minerals.

Q. IF A PERSON WANTS TO LOSE WEIGHT, CAN HE SIMPLY COUNT CALORIES WITHOUT USING ANY PARTICULAR DIET PATTERN?

A. It is not sufficient to use a table of caloric values as the only means of selecting foods for a weight reducing diet. Proteins, vitamins and minerals need to be considered. We need milk, fruit, vegetables, breads, cereals, meat and fish on a daily basis.

Q. IS IT TRUE THAT HONEY IS NOT FATTENING SINCE THE CALORIC CONTENT IS LOWER THAN THAT OF SUGAR?

A. 1 tbsp. honey equals 65 calories (wt. equals 21 gm); 1 tbsp. sugar equals 40 calories (wt. equals 11 gm). The difference is due to the fact that honey is a denser product. By weight, honey would have fewer calories than an equal weight of sugar. This is due to the water in honey.

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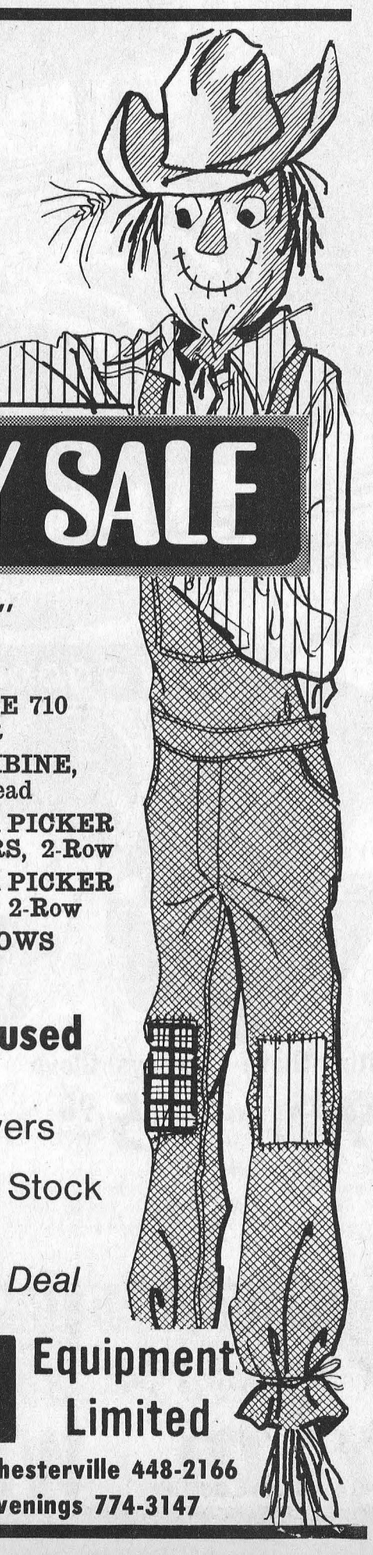

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WINCHESTER

WALTER BAKER SPEAKING IN COMMONS

Voices Opinion Concerning Railways And Airlines

Mr. Walter Baker (Grenville-Carleton): Mr. Speaker, I have sat in the House during this debate and listened with great interest to my colleagues on all sides speak of the advantages and disadvantages of the service of Canadian National Railways, of railroad problems generally, of airline problems and of the advantages that various areas of Canada enjoy or the disadvantages that they suffer. Some who spoke were concerned about the island economies of Canada which suffer a certain kind of geographic remoteness. They have indicated that this geographic remoteness is complicated by further remoteness caused by inefficient and ineffective transportation facilities which affect the growth and lifestyle of those island areas.

Members from other parts of Canada, notably the west, have spoken of the abandonment of rail lines and the feelings of isolation which are generated as a result. There is isolation from the point of view of a way of life and from the point of view of the operation of businesses and farms. If we accept what members from the west have said, and I think it ought to be accepted, there are some great difficulties with railroads.

I think it is important, Mr. Speaker, that we remember that railroads did not come about by accident. They were instruments of Canadian national unity and the togetherness of the disparate areas of Canada which were separated by great distances where between points of emptiness there were pockets of people. The railroads brought those people together. It is not by accident that the largest committee room in this building is called the railway committee room. I think that is an indication of the significance of the railroads in our early life.

There is another kind of isolation that I should like to deal with, namely, the kind of isolation that we in eastern Ontario feel. This is one of the last areas of Ontario to develop industrially. I speak now from the point of view of secondary manufacturing industries which are so important to this area if we are to provide the number and the variety of jobs for the young people who grow up here. This is necessary so that fewer will leave and that we may retain their talents and skills. I believe that railroads in this part of Canada can lessen this isolation in the sense that I use the term.

I speak now of that area of eastern Ontario which I represent, and perhaps cities to the east and west and up the Ottawa Valley. As time has passed there has been a deterioration in the service that the railroads have offered with respect to freight and passengers. In this part of Ontario we have had to rely to an increasing extent upon the highways for the delivery of goods and people. As a result, the highways have become cluttered with trucks, buses and automobiles and the quality of life has been affected. So in a sense we have been isolated from the service that should be provided by an efficient, well accepted railroad system which should grow and change to meet the new needs and new desires of the community.

The experience in the area has not been that of an expansion of service but, rather, a diminution. It is not exemplified so much by the removal of tracks as perhaps by the closing of stations, of telegraph services, freight services and the other things that formerly served these communities. In the time that I have lived in this area, the very valuable rail service that linked Ottawa, the national capital, and the St. Lawrence region has disappeared. The bus service has been augmented to replace it, but that is not desirable in relation to the quality of life. The freight office which formerly served what we hope is a growing industrial part of Ontario along the St. Lawrence has been closed and people now have to go to the larger centres for this service. This is regrettable and I believe the railroads, particularly the Canadian National Railways, have not been too concerned about serving the area. They have been concerned with the difficulties of the balance sheet, I believe, and have not sought to improve and augment the service for a growing area.

In eastern Ontario, Air Canada does not provide the type of service which ought to be available to the national capital. It is difficult to obtain a reservation between Ottawa and Toronto or Ottawa and Montreal. I believe this is because the airline does not offer the right kind of service for the short haul and tremendous passenger load involved. This matter was raised in the House yesterday by the hon. member for Wellington (Mr. Hales) who put a question to the Minister of Transport (Mr. Marchand). The hon. member inquired about the possibility of an airbus service between Ottawa and Toronto to begin with, and perhaps later between Ottawa and Montreal similar to the service operated so successfully between Calgary and Edmonton. The answer of the minister was that this matter was on the agenda of the transport commission and he hoped a solution would be found.

If adequate service is to be provided within the foreseeable future, this item ought to have been off that agenda a long time ago, because the problem has been developing rapidly for many years: the government ought not still to be in the process of considering it. The problem is with us. Planning ought to have been undertaken many years ago. That sort of planning has been brought to fruition in other areas of Canada and certainly, in the United States.

If there is to be a proper service for those who want to visit the national capital or leave it for business reasons or personal reasons, I think it is essential that there be provided continuing service with economical equipment. It is hard to conceive that in 1973 the minister should stand in this House and say that the matter of air transport between the national capital and the rest of Canada is on the agenda of the transport commission. That sounds as if the matter has not yet been attacked, let alone solved. I think that we of this area in particular will suffer as a result of this lack of action. All parties in the House, indeed all the residents of this area as well as many other areas of Canada, would support the implementation of this sort of program even on a pilot basis.

I also wish to deal briefly with the importance of railroads in urban development. This government has brought forward the semblance of a plan—I do not know if it will be implemented—which provides for the development of new towns and urban areas around existing towns. The plan applies to my particular area of Canada and to many others. It is an important plan because anyone who now lives in a large, urban area feels the effect of the packing into fewer and fewer acres of more and more people. We see what is happening almost wherever we go. We see high-rise buildings sprouting like dandelions in our urban areas.

There is good reason for such development in the national capital area. The reason is this: for all the time that I have been in this area, and for many years before that, there has been inconclusive discussion between the national government, the government of Ontario and the government of Quebec with respect to the provision of rapid transit service in the area. If we are to make the system of new towns viable, or for that matter succeed in developing population centres around existing towns, we will need to tackle the problem of interurban transit. The railroads of this country, particularly the national railroad, will have a big part to play in that development. It will need to do what it already does to a great extent in and around metropolitan Toronto.

That is why we must view with some reservations announcements by the minister responsible for urban affairs with respect to the tearing up of rail lines leading to the centres of towns. We may need to relay some of those rail lines, if we are to move the population which we hope will go out to the new towns and centres of our metropolitan areas. One of the major difficulties that the present government and the government which will succeed it will need to tackle concerns the development of interurban transit, that is to say, inexpensive interurban transit which will persuade those who wish to live in the core areas of cities to move out, and persuade others who wish to move into cities to stay outside. Such a system, if it is to be viable, ought to be rapid and convenient. That is the service we must provide from outlying areas to the central core.

Further, it ought to dissuade those who would use automobiles from using their vehicles and encourage them to use the public transportation system. It ought to be a system that works, that could move masses of people over fairly large distances in a short time and meet the requirements of their working day. It is important for us to consider that aspect, and the part that railroads would play in the life of a community which is changing. Our community is changing: as it changes we will need new equipment and new methods of moving people.

I think the government ought to encourage the railways to undertake research to an extent that we have not hitherto seen in this country. In my area of the country there is a debate going on as to whether a multilane, limited access highway should be built. It would run from Ottawa, south through the large populated area of Nepean township, and eventually connect with Highway 16. It would also connect with Highway 401 which links Toronto and Montreal, the nearest large centres. The necessity for the highway is being debated because of North American dependence on the automobile. This dependence on the automobile has changed our way of life and has made us look away from other modes of transportation.

If this country a long time ago had begun thinking of the importance of railways, there would not have been abandonment of rail services but, rather, their augmentation. They would have served the area in which we live. Furthermore, we would not be considering today the kind of highway which will run through, and perhaps ruin, some good residential areas merely because we want to move cars and trucks. We might be looking at a system which augments an existing rail system running north and south which, incidentally, does not exist today.

We ought not to look on railways as a means of connecting sparsely populated areas separated by great distances in Canada. Rather, we ought to consider railways as means of transporting great numbers of people over short distances. Thus, the railways would fulfil a new purpose. I think that shows the dilemma we face in Canada. We have tended to look on transportation on a piecemeal basis, tending to consider in isolation trains, trucks and other modes. Perhaps the time has come to do what has not yet been done in this country by any government, that is, develop a national transportation policy in which the railroads would play an ever increasing role as time goes on. That ought to be the conscious aim of such policy.

In my area we hope to develop the tourist industry and secondary industry. These industries will depend upon the railways. If we are to depend only upon existing rail services, these industries will not develop and my part of Ontario, as well as other parts of Canada, will be the worse for it. That would be the result, generally, if there were a failure to adopt a national transportation policy.

Women's Institutes

Leonard

Mrs. J. Corry presided, at the October meeting of Leonard Womens Institute held at the home of Mrs. H. Moffatt when Fourteen members answered the Roll Carr 'Something from on my way to School".

Mrs. W. Birch was named delegate to the Area Convention at Cornwall and reservations have been made for one other member.

The Russell District Womens Institute will hold a card party on November 2nd at 8 p.m. in Bear Brook Centre.

Mrs. A. Nadon gave a report of a Senior Training Course which she had taken.

Mrs. W. Birch gave a report of an executive meeting which she had attended.

The meeting was turned over to the convenor Mrs. H. Sneath who showed a series of slides.

A delicious lunch was served by Mrs. H. Moffat., and Mrs. H. Smith.

North Russell

Mrs. Percy Graham was hostess for the October meeting of North Russell W.I. at the Institute Home when 23 members answered Roll Call, "A community problem I'd like to see settled."

The annual 'pot luck' supper was discussed and it was decided the event will be staged on Tuesday, November 20th with the program under the direction of executive members.

Mrs. Keith Dugdale, District Director, submitted a report of the district executive meeting and announced a euchre party to be held at Bearbrook Community Centre on November 2nd.

Mrs. James Bertrand auctioned donated articles of home baking, vegetables and other articles and the proceeds will be used to purchase Christmas gifts for shut-ins. It was also agreed to purchase Christmas gifts for children at the Smiths Falls hospital.

Following adjournment lunch was served by the hostess assisted by Mrs. Gordon Magladry and Mrs. Maynard Cherry.



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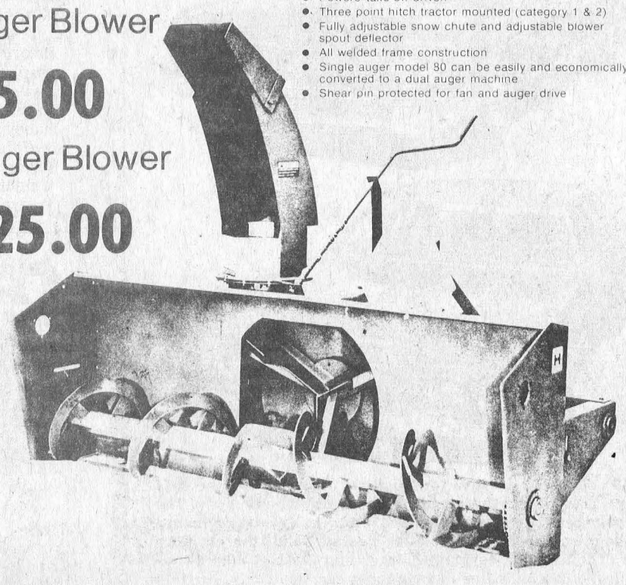

CARL-DON Equipment Limited
MOUNTAIN PH· 989-2049 CHESTERVILLE PH· 448-2166

Play Hockey confidently...
HOCKEY SKATES
CANADIAN TIRE



BOYS' SIZES 11 to 2 9.98 PAIR
Boys' 3 to 5 ..... 10.98
Action-styled to give your youngster a good start on the ice. Black split leather with brown leather tendon guard, toe, 1-pc. rubber sole.

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Playmaker Senior Skates
BOYS' 3 to 5 14.95 PAIR
Chromate-plated tube skate with tempered-steel blade and plastic tip. One-piece composition sole. Black top-grain uppers with double felt box toe, and felt-padded tongue. Gives maximum protection and comfort.

A. JUNIOR HOCKEY HELMET
High-density polyethylene. White 3.59
Pro-guard Helmet by CCM, White 2.99
B. MOUTH PROTECTOR
Hi-impact plastic. For 10 yrs. up 1.29
C. MASTERCRAFT SHOULDER PADS
For youths to 16 years 5.99
Soft-Style Shoulder Pads, Boys 8-10 yrs. 4.98
Soft-Style Shoulder Pads, Youths to 15 yrs 7.89
D. BOYS' ELBOW PADS
Vinyl-covered: foam-padded. Up to 13 yrs. Pr. 3.98
Adults' Elbow Pads by Cooper, 11" Pair 4.69
E. JUNIOR PLAYMAKER SHINGUARDS
Heavy felt knees, wings, 13" long. Pair 6.89
F. HOCKEY HELMET by COOPER
Molded polyethylene. White 3.59
G. ATHLETIC SUPPORTS
Cup-type. Less cup. S. M. L 1.65
H. Fortalite Cup for Athletic Support 1.25
J. JUNIOR SUSPENDERS
Elasticized: adjustable. 34" 1.65
Men's Hockey Suspenders, 44 inches 1.85
K. HOCKEY GARTERS, Boys' to 12 yrs. Pair 1.49
L. YOUTH'S SHINGUARDS,
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Shinguards, Youth's to 16 yrs. Pair 6.89
M. FELT INSOLES
Boys' sizes 11 to 6 Pair ..... .44
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Reinforced rubber. Pair ..... .98
O. SKATE SCABBARDS
Universal fit. Can be cut. Pair ..... .85
P. LACES for SKATES
72" long. Heavy-duty. White Pair ..... .35
RUBBER PUCK ..... .29 HOCKEY TAPE, Black ..... .29

Get a good GRIP on your Game!



All-Leather Glove
19.95 PAIR
In colorful red, black and white with beige full-grain cowhide palm. Firmly padded, free-floating thumb gives better grip and protection. Size 14½".

Boys' Glove
5.98 PAIR
By Cooper. For boys to 12 years old. Split leather palm with 3 back rolls. 1-piece thumb. Vinyl cuffs and fingers.

Pro Glove
23.95 PAIR
Soft cowhide fingers and palm, reinforced thumb. Padded wrist and cross rolls. Double stitched at points of strain. 13½" long.

'Pro Champ' Glove
25.95 PAIR
Made of top-grain cowhide. Precurved fingers for snug fit. Hinged cross rolls, thumb guard and wrist shield give better protection. 16" length.

CANADIAN TIRE ASSOCIATE STORE
EXTRA! Cash Bonus Coupons
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