The Morrisburg Leader

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NEW CONCRETE FLOOR INSTALLED AT COMMUNITY CENTRE



Morrisburg and District new $175,000 Community Centre now boasts a concrete floor of 4½ inch depth with a monolithic top. Sixteen workers from Wiseman & Thompson of Chesterville worked from 7 a.m. Wednesday, May 22 until 5 p.m. wheeling 190 yards of concrete Twenty finishers from Metalcrete Ottawa, worked until 4 am Thursday applying the silica sand hardener and polishing the floor until it was completely smooth and level.

The work was continuous from the time the first load of concrete was placed until the job was completed. The floor measures 190 x 85 feet and has goal post anchors installed for hockey and lacrosse. Recreation authorities hope that lacrosse will again become popular in this area. 36 lacrosse sticks have been distributed among boys in Morrisburg for the purpose of acquainting them with handling and use of the sticks. A junior team has been formed here to play in the Cornwall Junior League and will play their first game this week end against Cornwall Island at Cornwall.

The Morrisburg and District Community Centre, which was officially opened by Hon. F. M. Cass, Attorney General of Ontario lost December 29, is one of the finest in Ontario.

—Photo by Smith

Hon. Earl Rowe is Regatta Patron

The Hon. Earl Rowe, Lieutenant-Governor of Ontario, is to be patron of the Upper Canada Village Regatta, to take place June 1 and 2 off Crysler Farm Battle Park on the St. Lawrence River, near Morrisburg. He will attend the Regatta in person.

The aim of the Regatta (which is open to any North American GP14 owner) is to encourage international competition. There are over 200 active GP14's, a 14-foot sloop-rigged dinghy and build-it-yourself craft, on the continent. The Regatta is sanctioned by the Canadian Yachting Association.

A prize fund has been set up to receive contributions from business firms and private interests. The money will be used to pay the return fares of the winning skipper and crew to the National GP14 Championships of Great Britain being held at Llanduidno, Wales, August 24-31.

To carry out the theme of the period of history represented by Upper Canada Village (1784-1867), skippers, crews and friends are asked to dress in appropriate costumes. Not far from the course, the Village itself will be open to both participants and spectators.

The Regatta is jointly sponsored by the Ontario-St. Lawrence Development Commission, the governing body for the illage, Old Fort Henry (KingsVton, Ontario), and the Ontario-St. Lawrence Parks, and the Brockville Yacht Club. Co-chairmen of the Regatta are Mrs. Joan Gandier of Dorval, Quebec and Ron Johnson of the Ontario Department of Transport.

Members of the Race Committee include: chairman, G. C. Haslam, Brockville Yacht Club; Alex Poe, Public relations officer, Canadian Yachting Associatin; M.O.P. McNaughton, Dave Taylor and George Davidson, all o fthe Brockville Yacht Club; harbour Bruce Watson, Commodore, Stormont Yacht Club, Cornwall; transportation, Ollie Wing, Gananoque Canoe and Sailing Club; entertainment, William Kyle, Brockville Yacht Club; prize fund, R. M. Dumbrille, secretary Brockvill eYacht Club. K. J. Matheson, chairman, North American GP14 Association, is acting as unofficial member of the Regatta Committee.

Retiring Warden Recalls Old Days

(Reprinted from the Globe and Mail)

Victoria College has been alma mater, vocation and home to Mary van Allen, warden of women's residences since 1927. At the end of June she will pick up another life on the banks of the St. Lawrence River, changed drastically since her childhood.

"We were lucky enough to find one of the old houses on the river in Morrisburg to replace our old home", she said. "My sister, Blanche, who works in the administration offices, Simcoe Hall, is also retiring. We have been here at Vic about the same length of time and have had our living quarters together".

Miss van Allen admitted to feelings of nostalgia as she recalled her earlier years under three presidents, Dr. Walter Brown, Dr. Edward Wallace and Dr. A. B. B. Moore.

"The humanities are still practiced at Victoria", Miss van Allen said, "but I'm afraid that today's pressures are pushing the graces of university life into the background. It seems incredible that a computer was used this year at the university to set up schedules."

The warden said she graduated from the college in 1925 and then went to Boston to study for a year.

"We had no fancy titles in those days and were called student dietitians," she explained.

While in Boston, she received a call to take over Wymilwood, a women's residence at Victoria.

"The charm of that house is something to remember," Miss van Allen said. "And there was much entertaining. Those days are done. There is no time now for coffee after dinner in a drawing room. Everyone is rushing somewhere".

Changes at Victoria have come quickly, but with little upheaval, she said. Co-operation of staff and the Board has made this possible. The original Wymilwood has been replaced by a modern building with dining room, cafeteria, coffee shop and terrace room, the latter equipped with food dispensing machines.

"Although the warden's duties are to see to the maintenance of the biuldings and the services, each department operates so efficiently in the area of food it s merely a matter of drawing up a budget", she said.

Her greatest challenges were during the years of the Second World War when it was necessary to collect the students' ration coupons and make do with furnishings.

But during her 36 years at Victoria Miss van Allen has seen few changes in the girls themselves.

"They still like the family type meal, and surprisingly, they like the feeling of tradition that is still to be be seen at Annesley Hall, where the old furniture and broad halls are enoyed by the 50 residents".

Miss van Allen pointed out the wide curving staircase where many Vic graduates posed in their wedding gowns.

"There are many associations", she said. "Prime Minister Pearson's wife lived here whe nshe was attending college, and met her husband at Victoria".

But Annesley Hall, built in 1903, the first women's residence in Canada, is now in the middle of college expansion. The space it occupies can house many more students and summer transients who flock for courses and conferences at the university.

"After all, we have 250 girls in the residences now and the numbers are growing. It would hate to be here when Annesley Hall goes. I have a feeling I have enjoyed the best years of traditional life at Victoria College", she said wistfully.

Can. Club Hears Swedish Ambassador

"Poland is the one country behind the Iron Curtain whose people have not been reduced to serfdom or collectivism", His Excellency Rangvald Bagge, Ambassador of Sweden told more than 300 members of Morrisburg and District Canadian Club at a meeting held in the Civic Centre Wednesday night.

The Ambassador, who has recently returned from four years in Poland, said: "In 1956, state farms were discontinued, because Polish President Gromulka felt that the peasants would contribute more adequately to the economy o fthe country if they were permitted to own and till their own land. They are a strongly individualistic people with a tragic history who for more than 150 years have been against the government. Today 90 per cent follow the pattern, resenting and rejecting anything that might allow Russian collectivism to be slipped in through the back dorr.

"Kruschev has, up to now, accepted the situation", the speaker said, "because he is usng Poland as an example of Communist freedom. As long as the Poles remain quietly in the fold he is leaving the agricultural policy to that system which fits them best".

Since 85 per cent of the agricultural land in Poland is owned by the peasant population and only 15 per cent is in state farms, there is an economic inability to keep pace with the trend toward mechanization, hence Poland is not self-sufficient where grain is concerned. Money and funds have been set aside by Gromulka for a loan development system but only 20 per cent of the farmers avail themselves of the opportunity because of their suspicion of Russian tactics.

Ambassador Bagge said "The very strong hold which the Catholic church has on the people and the unusual freedom of speech, added to the agricultural policy, present an unusual picture of life under the 'regime' ".

The printed word is watched carefully in Poland but English and French 'captitalistic' newspapers may often be purchased at newsstands, and a person is frequently astonished at things permitted to be published.

"Poles are a charming and loquacous people", he said. "The oblique conversational speech is practiced, particularly in political matters. No embarrassing questions or answers are heard. Political anecdotes are popular and typically Polish.

"An example of this was the question asked before a recent parliamentary election. "Did you hear the sensation at Party Headquarters? It seems the election results were stolen" ".

The speaker attributed the lack of religious suppressio nto Pope John's interested and friendly attitude toward Poland. He said "It is a remarkable thing to walk along th estreets of Warsaw and see a religious festival with 100,000 peope slanding so quietly that the speaker could be heard distinctly at a great distance despite the absence of microphones .... and with no interference from the police".

In conclusion, His Excellency briefly discussed the Swedish view of the European economic integration. With 7½ million population she is dependent on foreign trade and anxious to promote her exports. With the formation of the European Free Trade Association by seven countries outside the Common Market, he said his country looks across the Atlantic with the ultimate hope of a wide esconomic market in the free world.

The speaker was introduced by the president, Arthur C. Casselman, of Cardinal, and thanked by the Hon. F. M. Cass, Attorney General of Ontario.

KENNETH DUVALL

Kenneth Duvall, well known native of Morrisburg, and a veteran of World War I died at the Veterans' Pavilion, Ottawa on Monday, May 27th, following a lengthy illness. He was in his 66th year.

Born at Mariatown, he was a son of the late Mr. and Mrs. Amos Duvall. He attended area schools, leaving to join the 154th Battalion in 1915. He was wounded and gassed while overseas. This impaired his health and for the past seven years he had been very ill. He worked at Lock 23, Morrisburg and prior to his illness he was employed as lockman at Iroquois. He was unmarried.

He leaves two brothers, Harry and Hubert Duvall at Morrisburg and three sisters: Mrs. Victor Ruttle (Audrey) and Mrs. Ernest Norgate (Vernie) both of Kingston and Mrs. Lorne Mattice (Lera) at Morrisburg.

Funeral services were held Wednesday, May 29th, at Fitzsimmons' Funeral Chapel, Iroquois at 2 p.m. with Rev. Fraser Weegar officiating. Burial was in Mount Pleasant cemetery, Morrisburg.

H. O. SUMMERS

Well known throughout the area, Hubert Oral "Torchy" Summers died at Smiths Falls on Monday following a brief illness. He was 45 years old.

A son of Mr. and Mrs. Allen Summers of Winchester, "Torchy" was born in the Summers Settlement south of Winchester and received his education at district primary schools and Winchester High School. For several years he was employed by Melvin Motors, later joining the Royal Canadian Air Force in the Second World War, serving for three years.

Following the war he went to Smiths Falls and at the time of his death, he was employed by the Firestone Company in that town. He had been ill about three months prior to his death.

Surviving, in addition to his parents, are two sisters, Mrs. Randall Wylie (Norma) and Mrs. Clark Curtis (Sybil) of Winchester, and two brothers, Mlacolm, of Smiths Falls and Leslie of Batavia, N.Y.

Funeral service was conducted at the Lannin Funeral Chapel in Smiths Falls on Thursday afternoon, by Rev. A. J. MacDonald of Winchester. Interment was made at Maple Ridge.

WILLIAM BRODER

Willia mBroder, a native of Morrisburg, died suddenly at his home, Harvard Avenue, Ottawa on Wednesday, May 29th. He was in his 71st year.

Born at Morrisburg, he was a son of the late Andrew Broder, former M. P. for Dundas. Mr. Broder, who had suffered a previous heart attack was proprietor of Broder Electric, on Bank Street, Ottawa. He was well known here as he was a frequent visitor at the home of his brother, Fred S. Broder, Lakeshore Drive, and his cousin, Fred H. Broder, Park Drive.

He leaves his wife, the former Ellen Bolton and three sons, Andrew, Harry and Fred of Ottawa, as well as one sister, Mrs. Carrie Lavis, of Minneapolis, Minn.

The body is at Hulse & Playfair Central Chapel, Ottawa. Funeral will be held Friday at 11 a.m. followed by interment at Fairview Cemetery, Morrisburg.

LOCAL ATHLETES FINISH SECOND AT KINGSTON MEET

Morrisburg High School athletes, who participated in the EOSSA Track and Field Meet in Kngston on May 18, fnished as the second place Intermediate team with 22 points.

The Morrisburg team consisted of only seven participants: Drew Blackwell, Mart Prost, Robert Barclay, Bill Hawkes, Jack Notman, Brian Dawley and Mickey Mabo.

Drew Blackwell, Morrisburg's star athlete came in with 3 firsts and a total of 15 points, which made him the Meet's intermediate champion. He also broke his own 440 yard record set last year by 1/-0 of a seconid. In second place was Robert Barclay with 5 points for winning the 220 yards. Bill Hawkes, Brian Dawley, Drew Blackwell, Robert Barclay, made up the relay team, which finished third.

These athletes, oined by several others, along with a girls' team, took part in the Kemptville Legion Track and Field Meet on May 20th. Here, Drew Blackwell succeeded in breaking the Hop, Step and Jump record by 11" with a leap of 41', 3". Blackwell also won the 440 and placed 2nid and 3rd in the 220 and Broad Jump respectively for 15 points and a tie for the Intermediate Championship. Bob Barclay, plagued by bad luck and bad weather, failed to place in the 220 which he had won over Saturday's stiffe rcompetition, but he did place third in the 100. The boys' intermediate relay team placed fourth.

The girls' team didn't fare so well, but did manage to win three ribbons. Enid Blackwell won the junior girls' 440, and Ann Algire placed 3rd and 4th in the junior girls' high jump and broad jump respectively.

Over 500 athletes from points from Cornwall to Mattawa took part in the Kemptville meet.

DISTRICT COUPLE HONOURED ON 25TH ANNIVERSARY

Mr. and Mrs. Clare McHaffie, well known area couple, who marked the 25th anniversary of their marriage on May 28th, were honoured on Sunday, May 25th, with a surprise party given by their family at their home.

For the anniversary lunch the table was centered with an anniversary cake, and the couple were presented with a silver tea service and other beautiful gifts. Their daughter, Linda read an appropriate address and Mr. McHaffie, replied on behalf of the honoured couple. Pictures were taken following the lunch.

Mr. and Mrs. McHaffie have seven children: Elsie, (Mrs. Raymond Guindon); Linda, (Mrs. Harold Casselman); Carole, (Mrs. Earle Brown); Wayne, Janet, Heather and Debra, at home. They also have six grandchildren.

Hostesses for the evening were Mrs. Howard Saddlemire, Mrs. Carl Casselman, Mrs. Harold Casselman, Mrs. Raymond Guindon, Mrs. Earle Brown and Janet McHaffie.

Mrs. P. O. Berkley presented the bride and groom of twenty-five years ago with a lovely bouquet of flowers.

Guests were present from Prescott, Winchester, Morrisburg, Froatburn and Glen Becker.

REGULAR MEETING WOMEN'S INSTITUTE

At the May meeting of Morrisburg Women's Institute held in the kindergarten of the Public School, special thanks were expressed to Mrs. Thomas Fraiser, of Frasers' Florists, who had given 21 carnations to accompany gifts to the members of Glen-Stor-Dun Lodge who had celebrated birthdays at the Morrisburg Institute annual party there. This is a kindness extended by Mrs. Fraser each year.

Secretary treasurer, Mrs. A. Utman was also requested to send letters of thanks to the Nestle Company at Chesterville for coffee and napkins which had been donated to the Institute.

Place mats will be obtained at the Agricultural Office in Winchester for future banquets. These are supplied by Dundas County Farm Safety Council.

Mrs. K. A. Blancher and Mrs. J. R. Coligan were appointed to assist Mrs. David Morgan, curator of the local Tweedsmuir Book.

Mrs. George Clark, Mrs. George Casselman and Mrs. Cephus Smyth will be delegates to the District Annual Meeting.

Mrs. Blancher reported an encouraging return from the "Penny Roundup" collection with the promise of proceeds from a ball game to come from Morrisburg High School students.

Plans were tentatively made for two banquets: the Ladies Auxiliary of the local Lgion Junee 5 at the Legion Hall, and a banquet for Liberal Women's Organization June 19.

Under the convenorship of Mrs. Utman and Mrs. Ross Casselman, a program for "mothers and grandmothers was presented. Mrs. Gilbert Clark preresented a reading "Great Grandmother Anne" and Mrs. George Casselman presented one entitled "Grandmother". Mrs. Earl Steinberg sang "Silver Threads Among the Gold". Mrs. Ross Casselman read an article dealing with members of a family having the ability to communicate with each other. "Many older people," she said, "do not belong and feel not needed. Yet this should not be ..... and parents should realize that there is only one chance to build a family life".

Gifts were presented to retiring president Mrs. Ross Casselman by Mrs. Grant Beckstead and to Mrs. Wm. Handwerker, past treasurer who is returning to her home in Germany, by Mrs. Utman.

There were 15 grandmothers and 3 great grandmothers present at the meeting. Mrs. Roy Schell received a prize for having a wedding anniversary date closest to the date of the Institute meeting. For the grandmother having the greatest number of articles in her purse ....64 by actual count, Mrs. Kenneth Beckstead received a prize. By a mere one-half inch, Mrs. Grant Beckstead won the prize for the grandmother with the smallest waistline.

BIG JOHN PALMER NAMED PRESIDENT GIRLS' SOFTBALL

On Sunday, May 12th, a meeting of the St. Lawrence Girls' Softball League was held in Morrisburg.

Election of offcers was held as follows:

President, John Palmer; secretary, Judy Coughler, Mountain.

The first games were played on Saturday, May 25th. There are six teams in the league, from Chesterville Kemptville, Morrisburg, Mountain, Winchester, and the newest team, Metcalfe.

Metcalfe played against the Morrisburg Dunbrik Jets in a very hard fought game. Despite all efforts on Morrisburg's part, Metcalfe Seniors won the game 13 to 3.

Winning pitcher was M. Waddell with C. Findlay catching. Connie Duvall was the losing pitcher, with Heather Smith catching.

Top batters were Connie Duvall for the Jets and C. Findlay for Metcalfe.

On Saturday, June 1st, the Jets travel to Kemptville. Chesterville plays in Morrisburg on Saturday, June t8h at 7:00 p.m.

TO SELECT LEGION'S MISS MORRISBURG AT DANCE JUNE 21

Want to be a Beauty Queen? The local Branch of the Canadian Legion will select a Queen and two Princesses to represent the Branch at the Can-Am Veterans Reunion at Kemptville on Saturday, July 6th.

The local Queen and her princesses will be selected at a dance sponsored by the local Branch on Friday, June 21st. In the next issue of this newspaper will appear an entry blank to be filled out by contestants and sent to the local Legion. Those selected to represent Morrisburg, as well as the runners-up will receive prizes and all expenses of those in the finals at Kemptville, will be paid. More details will appear in the next issue.

ARTHUR CASSELMAN HEADS CAN. CLUB

Arthur C. Casselman, of Cardinal was elected president of the Morrisburg and District Canadian Club at the annual meeting held in the Council Chambers of the Civic Centre.

Others elected to office were: Gordon W. Thom, Morrisburg, vice presi-

(See CANADIAN CLUB, Page 4)

WELL-MANNERED LOOK IN FOREFRONT OF TEEN-AGE GIRLS FASHIONS

In both academic and sociological circles these days there is evidence of increasing interest and activity in stimulating good taste —in dress as well as behavior— among teen-aged girls. It is based on the premise that girls want to look "well-mannered", not blue-jeaned nor bee-hived.

More than 100 girls selected from New York area schools, their mothers, and about 300 members of the fashion industry were present when designer John Weitz presented his interpretation of the "well-mannered" fashion look at a special fashion show in New York.

The 'well-mannered' look has meaning for both parent and daughter."

Dr. W. Brown Vincent, marketing manager of teen wear for the textile fibres department of E. I. du Pont de Nemours and Company which staged the fashion show, speaking to both the teens and the fashion industry representatives, said: "We recognize that many manufacturers of teen clothes already make and sell garments with 'The Well-Mannered Look.' We recognize that many teens already dress that way.

We hope this collection of ideas may inspire manufacturers to expand their 'well-mannered' lines and also — most important — we hope it will inspire teens to be courageous in resisting those far-out fads that are neither stylish nor sensible."

Illustrating this concern for the "well-mannered" look were the John Weitz designs—all with teen-age life in mind and all making use of a wide range of man-made fibres. The styles covered every aspect of teen activity—from school to party, from skating to riding. For the beach a bright blue and white romper is styled in a stretch plisse made partly from Lycra spandex fibre.

For bowling there is a red jumper of Orlon acrylic and rayon worn with a long-sleeved polka dot shirt and black stretch nylon tights. Something new for tennis is a sleeveless V-neck overblouse and short circular skirt in white sailcloth. All show the influence of the classics of fashion—most important to Mr. Weitz's fashion dictum for teenagers.

Acting as a behind-the-scenes consultant was Dr. Allan Fromme, psychologist and author. His awareness of what "classic" in teenage design could mean to the teen girl was expressed at the showing.

"The teenage is also the age of self-awareness, when many new feelings and sensations crowd in on the maturing teenager," Dr. Fromme stated. "Dress becomes very important—even assumes an almost 'club' or 'tribal' significance. And strangely enough, at a time when the average teenager is most self-conscious — most afraid he is being 'looked at', he —or in this case, she—dresses in a way that almost surely causes attention and comment.

"So while trying to disappear into her crowd—all dressed alike —she really unknowingly adopts faddish garb that makes her feel most uncomfortable and conspicuous. She wants to be pretty — to feel pretty—in her own way and at the same time to fit into the 'scene' - or adult life. One way, surprisingly enough, is the tried and true teenage version of the accepted and proven classic styles—the cardigan—the shirtwaist—the princess line. Being dressed in these can ease that uncomfortable sense of 'everybody's looking at me—what's wrong?"



The "well-mannered" look for church is shown in this brass-buttoned, double-breasted navy coat in a brushed fabric of nylon. Classic styling is emphasized by notched collar, slash pockets, and modified A-line silhouette.



Too Much, Too Old, Too Soon—How not to look for church. Looking more matronly than teen, the girl in this sketch wears a movie-queen-draped dress, fussy shrug jacket, over-flowered hat, giant handbag, spike heels.



For parties, this "well-mannered" dress has fitted bodice with tiny puff sleeves, demure neckline, and moderately flared gored skirt. It is in white bird's eye pique.

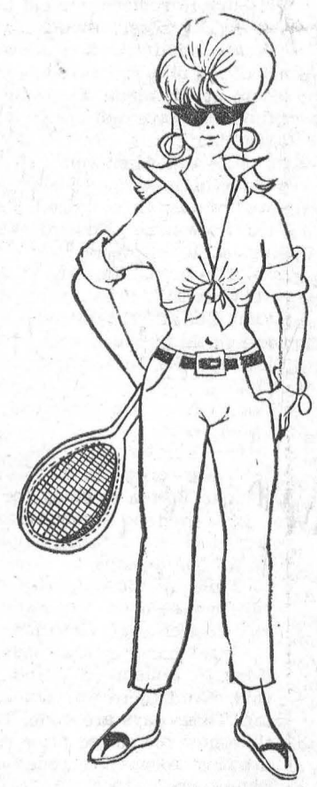
Too Much, Too Old, Too Soon —How not to look for a party. This caricatured girl in her teens wears an "Aunti Mame" look—oriental dress, teased hair, too high heels, too many beads.

★ ★ ★



For tennis, this "well-mannered" outfit has a V-neck blouse and short flared skirt with inverted side pleats. Both are in white sailcloth.

TOO MUCH, TOO OLD, TOO SOON—How not to look for tennis. This caricature shows a girl in her teens in hip-hugger pants, tied shirt tails, bare midriff.



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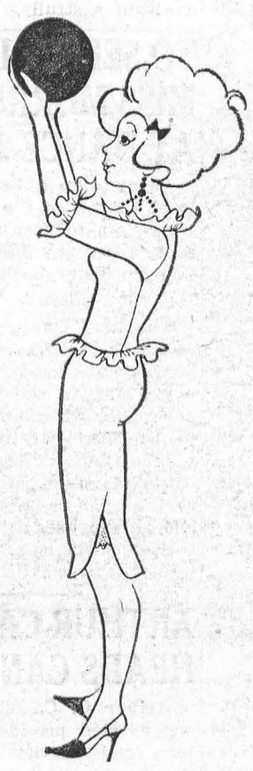


Too Much, Too Old, Too Soon—How not to look when bowling. This fondly humorous caricature shows a girl in her teens in a form-fitting dress with tight skirt and restraining sleeves, sling-back pumps, teased hair.



The "well-mannered" look for bowling features a bright red, step-in jumper of orlon acrylic and rayon, a shirt of red polka dots on white poplin and black stretch tights of nylon.

TOO MUCH, TOO OLD, TOO SOON—How not to look when bowling. This fondly humorous caricature shows a girl in her teens in a form-fitting dress with tight skirt and restraining sleeves, sling-back pumps, teased hair.

HEALTH AND WELFARE

Without changes in existing health and welfare legislation, Ottawa will have to spend $1,855 million in this area in the coming year, exclusive of $754 million required for old age security pensions.

Never promise more than you can perform.—Publilius Syrus.

Woman's Way



MADELEINE LEVASON

CARPET TIME

May is carpet buying time for many Canadian homemakers. If you are hunting for a new carpet or rug, you will find they have never been prettier than right now. And values have never been greater.

But which one to buy? There are literally hundreds of new styles on the market, with fibres and combinations of fibres that promise a variety of qualities. You probably haven't shopped for a carpet for a long time. It does represent a long-term investment for your home.

The Canadian Carpet institute offers information designed to help you make decision like an expert. It says there are just four decisions you have to make. Two of them concern appearance — the style you like best and the color and texture best suited to your home. The other two concern value—choosing the best quality and the price you can best afford.

The Institute says you are the expert of all these points but advises how and where to start to sort through the hundreds of carpets you will see.

On color, for instance, the Institute points out that all the colors available can be found in one of seven basic color groups or families—the blues, greens, golds, reds, grays, beiges and browns.

Within each color family there are countless variations from light to dark, in solid shades or subtle tweedy mixtures. Pick the color family you really want to live with first, and start looking at all the interesting variations.

The soft, pile surface of a carpet contributes comfort and elegance to your home, and the choice is also a matter of personal taste. The Institute says pile can be plush type, twist, looped, sculptured, carved or striated. Plushes look formal, twist often suggest a more rugged feeling, loops complement sleek contemporary furnishings while sculptured and carved textures are graceful and elegant.

On quality the Institute says there is one basic rule — "the deeper, the denser, the better"—regardless of fibre type or construction. One type is not necessarily better than another. There are different qualities in each. The surface pile with the greatest density is best because closely packed tufts have greater resistance and tear.

There is also a basic rule you can apply to price. "The best quality you can afford". Low price for poor quality is never a bargain. For instance, if you pay $5 per square yard for a carpet you expect to wear about two years, it will cost you $2.50 per yard per year. Another carpet costing $10 per square yard but lasting ten years will cost only one dollar per square yard per year.

SOCIAL CAPITAL SECTOR

From 1957 to 1962 the share of total investment in Canada going to the Social Capital Sector (government deparments, institutional services and housing) rose from 35.2 percent to 43.3 percent, while the share going to the Business Capital Sector (industrial plant and equipment) fell from 64.8 percent to 56.7 percent.

Curvature of the earth per mile is approximately eight inches.

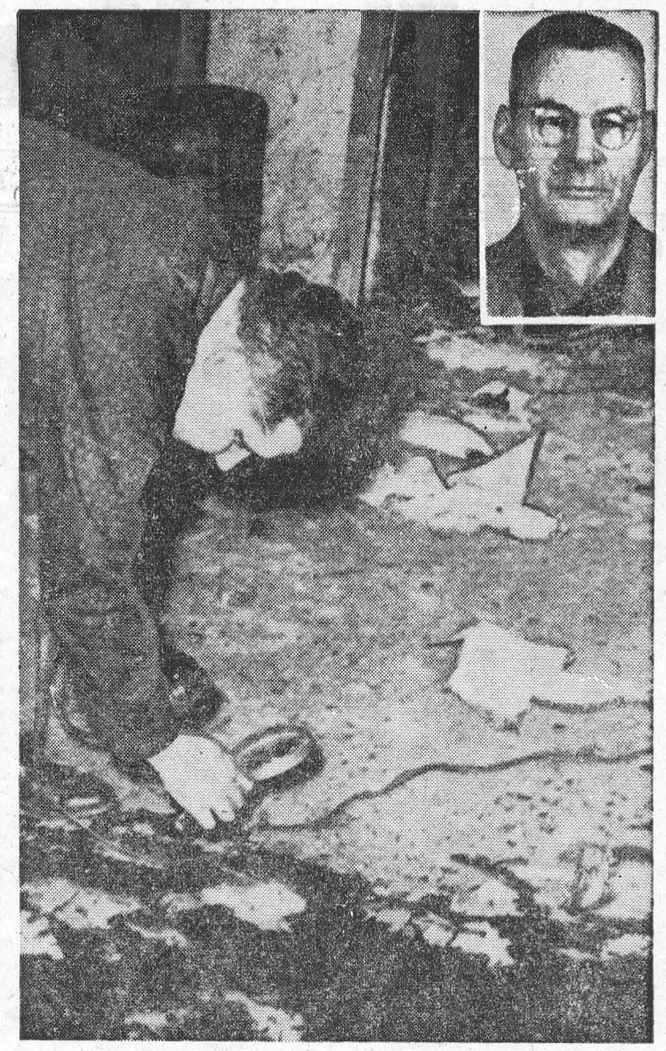
C.A.R.S.
STOP ARTHRITIS

ARTHRITIS RESEARCH

Arthritis research in Canada, almost non-existent 10 years ago, now involves 24 University department, laboratories and clinics. C.A.R.S.* is a leader in international research.

FOR INFORMATION ON C.A.R.S.* AND ARTHRITIS CONTACT:
***THE CANADIAN ARTHRITIS AND RHEUMATISM SOCIETY**
304 Northern Crown Building
Regina, Sask.

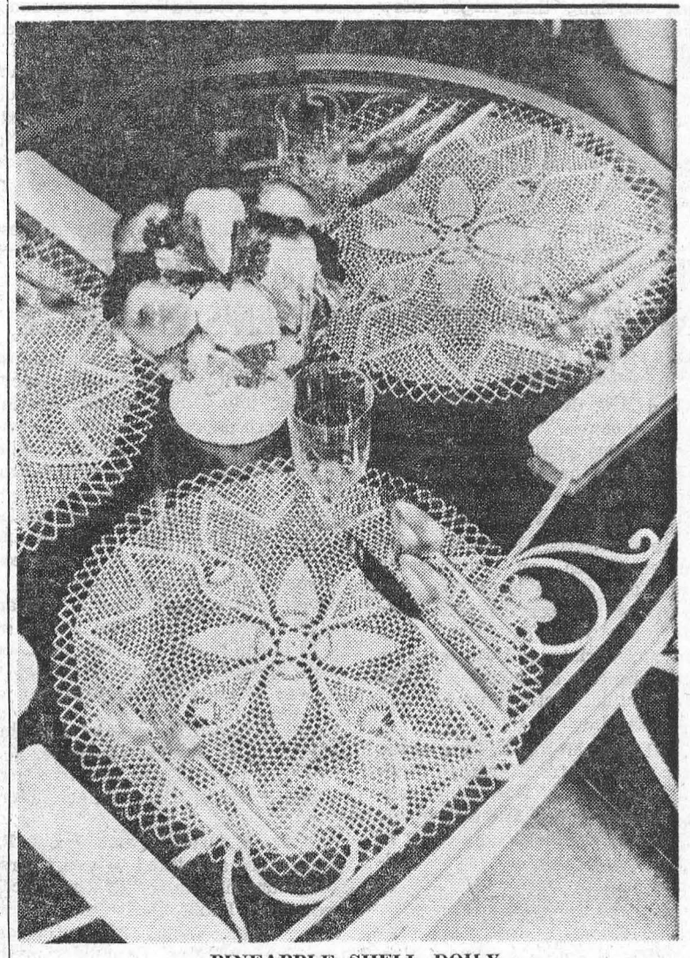
(THIS SPACE IS DONATED BY A FRIEND OF THE SOCIETY.)



DET. SGT. LEO PLOUFFE, Montreal police department's bomb expert, looks for fragments of a bomb that exploded at the rear of an army recruiting office and killed William Victor O'Neill (inset), a night watchman who was due to retire next month.



ACTRESS SANDRA DEE looks up from reading congratulatory telegrams in her flower-filléd dresing room during a double celebration: It's her 21st birthday and it's the first day of shooting on the first film to be produced at Twentieth Century-Fox studios since the lot was closed down last summer. Sandra wears the bikini in a scene shot for the film "Take Her, She's Mine".



PINEAPPLE SHELL DOILY

If you want a doily with the "new look" send 25c and a stamped self-addressed envelope and request Leaflet No. CA-124, to: **PRAIRIE PUBLISHERS, 1410 Scarth St., REGINA, SASK.**

One way to

PREVENT HEART TROUBLE

BY JOHN B. ARMSTRONG, MD., FRCP (C)
Executive Director, Canadian Heart Foundation

One way to prevent heart disease is to take care of sore throats. If that sounds puzzling to you, odds are that you've never run into rheumatic fever—which is responsible for about half of all heart disease in children of school age.

Not all sore throats can cause rheumatic fever, of course. The kind that may is the "strep sore throat", the result of infection by certain types of streptococcal bacteria. Other strep infections may also be followed by rheumatic fever. These are less common, but they include scarlet fever and some kidney infections.

Rheumatic fever can cause permanent damage to the lining and valves of the heart. When this happens ,the condition is called rheumatic heart disease.

Scientists spent years studying patients whose strep sore throats were promptly and adequately treated and others whose sore throats went untreated. They discovered that when the strep infection is effectively eradicated — usually by large doses of penicillin—rheumatic fever doesn't occur. And without rheumatic fever we'd have no rheumatic heart disease.

Unfortunately, it isn't as simple as all that. Some strep infections go unrecognized. These are "silent" infections, causing no symptoms that would alert the patient to seek medical care but which can trigger a rheumatic fever attack just the same. However, if every known strep infection were promptly and properly treated, the incidence of rheumatic fever and rheumatic heart disease could be brought lower each year.

The streptococcus doesn't itself cause rheumatic fever—but somehow it sets the scene for the appearance of rheumatic fever in some people. Not all streptococcal infections will lead to rheumatic fever; actually only a very small percentage do. But even this small percentage adds up to large numbers.

The heart damage caused by rheumatic fever may appear following a first attack or not for many years, and often not at all. The likelihood of heart damage can be greatly reduced by protecting persons who have had an attack of rheumatic fever against recurrences. Parents, especially, should know that an attack of rheumatic fever does not confer immunity, as is the case of many other childhood diseases. Rather, it indicates that a child is susceptible and requires continuous protection against new strep infections that can set off recurrences of rheumatic fever. This means continuous, regular treatment with antibiotics or other drugs under medical supervision.

Research has provided the knowledge through which many rheumatic fever recurrences can be prevented. But for its successful application the parents cooperation is of vital importance.

Parents with children from five to fifteen will be especially interested in a free booklet entitled "Now You Can Protect Your Child Against Rheumatic Fever" available from your local Heart Foundation Society, or Sask. Heart Foundation, Grain Bldg., Saskatoon, Sask.

Twice wonderful

PRINTED PATTERN
4876 SIZES 10—20



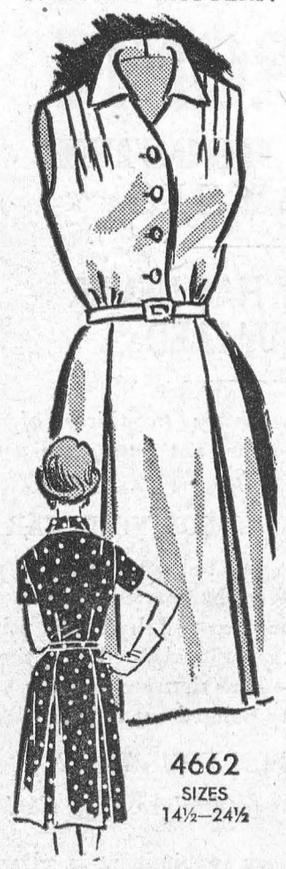
CHOOSE the high or scooped neckline for a most popular sheath — its clean-cut lines wear best on a simmering summer day. For linen, cotton.

Printed Pattern 4876: Misses' Sizes 10, 12, 14, 16, 18, 20. Size 16 takes 3 yards 35-inch fabric.

Send forty cents (40c) in coins (stamps cannot be accepted) for this pattern. Print plainly Name, Address, Pattern Number — to:
Anne Adams Patterns,
Department P.P.L.,
60 Front Street W., Toronto.

Pretty perennial

PRINTED PATTERN



4662
SIZES
14½—24½

THE SHIRTWAIST is an all-summer delight in neat-as-a-pin chalk white, checks or dots. See how shoulder tucks, inverted pleats dress it up.

Printed Pattern 4662: Half Sizes 14½, 16½, 18½, 20½, 22½, 24½. Size 16½ requires 4⅝ yards 35-inch fabric.

Send fifty cents (50c) in coins (stamps cannot be accepted) for this pattern. Print plainly Name, Address, Pattern Number — to:
Household Arts.
Department P.P.L.,
60 Front Street W., Toronto.



STATIONARY TWIST—This is what you call the two-dimension-twist. Portly Toronto Alderman Joe Piccininni really throws his weight around as he twists with Mary Volpe, 6, his wisp of a partner.

Pioneer of progress

ANTHONY HENDAY
First across the Prairie

—★—

Hendy followed the footsteps of Henry Kelsey—but went further. He left York Factory in 1754 with instructions to go to the Blackfeet and open trade with them. He followed the Carrot river onto the prairies, crossed the Saskatchewan north of present-day Saskatoon, went through the Eagle Hills south of Battleford, on to the Blackfeet in the foothills of the Rockies. Although unable to bring the far western fur trade to Hudson Bay, Henday's exploration sparked the development of the prairies' first industry — the fur trading posts. It wasn't long after Hendy's trek that the Hudson Bay Company moved in from the coast, establishing posts on the Saskatchewan.

READ THE CLASSIFIED

MAKE A FLOWER PLANTER

For an unusual and beautiful patio decoration, find an old butter tub in a secondhand store, paint it white, fill with soil and sink clap pots of geraniums at the surface. It will make an eye-catching conversation piece.

No butter tub available? The same thing can be done with a large basket if you line the basket with plastic film before filling in soil.

FURNITURE PAINTING IDEAL FOR TALENTLESS ARTISTS

Spring is the time to start a major house painting project, and it's the perfect time to repaint odd pieces of furniture that don't quite fit into the decor of your home. Once re-finished, they will give the whole room—and your spirits —a lift. For nothing quite matches the satisfaction of transforming a faded, dull eyesore into something you'll be proud to display.

Even for an amateur the work isn't difficult. It is chiefly a matter of using the right products and carefully following a few simple instructions. Best of all, the materials you need are as close as your paint dealer.

It's no secret that your work will be easier and the results more satisfactory if you choose top quality paint, so when you choose, make sure it is made by a reputable company which stands behind its product. Time and energy are too precious to risk on cheap paint.

For a professional looking job, there are a few basic rules to follow. For instance, it's important to start with a clean, dry surface. So old wax or furiture polish should be washed off with a cloth saturated with turpentine or paint thinner, then wiped dry.

The next step is a thorough rubbing with fine sandpaper, followed by a quick once-over with a cloth dampened with turpentine to remove any dust from the now-smooth surface. It's time now to take paint brush in hand.

A new or absolutely clean, soft-bristle brush will give the best results, and the technique for using it is easy. Just dip the brush into the paint and pull it lightly over the edge of the can to remove any excess paint. First, brush across . . . then with . . . the grain, until the old surface is completely covered.

Most old, enameled surfaces require but one new coat, particularly if a first-class enamel is used. Of course, two coats will provide a firmer, longer-wearing surface. On the other hand, unfinished wood, or wood from which the old finish has been completely removed, will need a coat of undercoat before the enamel. In either case, once the top coat of enamel is dry, your job is finished.

No one denies that a good paint job requires patience and care. But everyone agrees that few household jobs pay such high dividends in satisfaction. Chances are you will be looking around for something else to refinish while the last brushful of paint is still wet.

Trapped in a refrigerator

Alarmed by the increasing number of children who suffocate in abandoned refrigerators (last year was the worst on record), the U.S. Bureau of Standards had tests conducted whereby 201 youngsters aged 3 to 5½ were shut in a refrigerator-like playhouse while their reactions were observed through an invisible viewer.

Each child was induced to enter the enclosure and told to come out as soon as the door was closed. Although the interior was lighted and the door provided with a release mechanism (as found on new refrigerators), two out of every five children made no attempt to escape. Some cooed and played happily; some lay down to go to sleep; some pounded on the door without attempting to push it open; others cried. If the child became unduly upset or did not emerge at the end of 10 minutes, he was freed by the tester.

This proves that safety devices inside refrigeraors are not the whole answer. The National Safety League of Canada urges all parents to make sure refrigerators, freezers and ice boxes temporarily out of use are rendered harmless for the period they stand idle. This can be accomplished by placing the door against a wall, tying a stout rope around it or, when handles are so constructed, by padlocking it. "If such equipment is abandoned," declares the League, "the doors should be immediately removed from their hinges."

THE RIGHT AND WRONG WAY

Even when painting a chair, there's a right and wrong way. According to the experts, when painting furniture such as small tables, chairs, etc., it is more convenient to do the underneath or out-of-sight parts first. For example, turn the chair upside down and finish the legs first. Then put it back on its feet and complete the job. When painting any furniture—especially chairs—have good lighting, as it is easy to miss spots on rungs or legs.

BRITISH LASS SAILS

1,000 MILES IN A RUBBER BOAT

By JOHN GASELEE

Gaye Allen, who was working in the office of a British magazine, decided that she wanted to do something out of the ordinary.

Besides her interests in music and the theatre, she had been sailing, and had done a lot of camping. So she decided to cross the English Channel in a rubber dinghy powered by a small engine and travel through the inland waterways of France to Marseilles.

This meant that she would have to pass through about 250 canal locks, and put up a small tent to camp for the night about 40 times. She decided to cross the English Channel by a long route, from the Solent to Le Havre, which is 80 miles.

Wisely, she decided to ask a larger craft to go with her during the crossing as the Channel can be very rough.

Although Gaye's dinghy could be sailed or rowed, for most of the time she used the motor, which gave her a speed of up to four knots.

At times during the crossing of the Channel there was a strong wind from the northeast. Her rubber dinghy bobbed about and sometimes the propeller was right out of the water. Apart from a short rest aboard the boat which was crossing with her she spent all the time in the dinghy, and the 80-mile crossing took her 27 hours.

Gaye wore a life-jacket (which would have kept her afloat if she had fallen into the sea,) a special jacket to keep out the wind and trousers which kept her quite dry.

She took with her a tent, a warm sleeping-bag, a kettle and other cooking equipment, a big can for holding fresh water and a waterproof watch.

For the first part of the Channel crossing she saw hardly any shipping at all. Then she found herself on the main shipping route and among steamers, cargo boats and fishing craft.

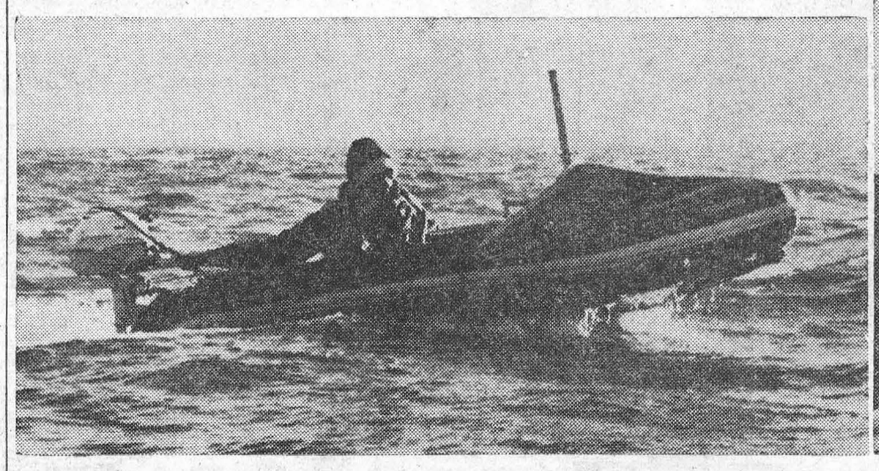
As she travelled along the waterways of France, there were often crowds of people of all ages to meet her. At Rouen, on the River Seine, she was asked if she would like to stay at the local yacht club for three days. Later on, a barge offered to tow her some way up the river.

HE WAS WRONG

Why was everybody so good to her, and excited to see her in her little rubber dinghy? Almost certainly it was because they admired her spirt of adventure. She had crossed the English Channel in a strong wind—and by a long route, too.

Before she set off from the mainland of Britain, one person watching her said, "As far as I can remember, no one has ever attempted an English Channel crossing at this time of year in anything as small as that dinghy. I don't think she will get very far." Gaye has shown that he was wrong.

She continued her journey through France until she reached Marseilles. The whole trip took her seven weeks. Then she packed up her dinghy and the motor and decided to return to Britain rather more quickly. But it had been a really exciting adventure.



ALONE in her little dinghy, Gaye Allen sets out from the south coast of England on her long voyage by sea, river and canal.



SETTING UP CAMP on the banks of a French river. Gaye's journey lasted seven weeks and took her from Hayling Island, near Southampton, to the Mediterranean port of Marseilles.

Local and General

Mr. Bill Eckford a former resident of River Road West, and now at Brinston, is at present a patient in the Winchester Hospital.

Winner of the $150 jackpot at St. Mary's Parish bingo on Tuesday, was Mrs. Rita O'Doherty. Next the week the jackpot game will be for $100.

Mr. and Mrs. Joe Pennachetti will leave this week for a three months trip to Italy and the Holy Land.

Her many friends will regret to learn that Mrs. Clayton (Buster) Buval of Mariatown, is a patient in the Kingston General Hospital, where she underwent surgery Wednesday. All will wish her a speedy recovery.

Miss Pat McCormick, R.N., of Houston, Texas, visited with relatives in town for several days and attended the graduation of her brother, John McCormick from Queen's University, Kingston.

Mrs. E. Savoie is a patient in the Winchester Memorial Hospital.

Mrs. Harold Jarvis has returned home from the Winchester Memorial Hospital, where she has been receiving treatment.

Mr. John Sherman of New York, is spending some time this week with friends in town.

Friends of William T. "Bill' Sherman will regret to learn that he has been confined to hospital at Yonkers, N.Y. for the past two weeks, and expects to remain there for two weeks more. However, Bill writes he is making slow progress and hopes to be back on his feet soon.

Mr. and Mrs. Donald H. Kennedy and Miss Evelyn Kennedy of Toronto are arriving Friday to attend the Delaney-Owen wedding taking place on Saturday.

Mr. Don. Kennedy Jr., and Miss Imelda Lethbridge of Toronto are in town for the Delaney-Owen wedding tomorrow.

Misses Irene, Helen and Margaret Ryan and Mrs. Mary Kavanaugh, all of Montreal, are arriving for the wed ding of their niece, Miss Sally Owen to Mr. Robert F. Delaney.

Mr. and Mrs. Robert A. Byford and sons of Ville LaSalle are in town to attend the Delaney-Owen wedding.

Mr. and Mrs. Sam Rozon of Valleyfield will attend the wedding of Mr. Rozon's niece Miss Sally Owen to Robert F. Delaney tomorrow.

The following guests are arriving to attend the Delaney-Owen wedding taking place on Saturday: Mr. and Mrs. R. M. Delaney and family Toronto; Mr. and Mrs. Ross Delaney and Mrs. Jack Delaney, Niagara Falls; Mr. and Mrs. Ronald Bishop, Mr. and Mrs. W. W. Davey, Sherbrooke; Mr. and Mrs. Peter Rozon, Mr. and Mrs. Robert Lalonde, Valleyfield; Misses Myrtle and Marion Gardhouse, Mrs. Alan Manchester, Toronto; Mrs. F. Winfield Hackett and family, Montreal, and many others.

Two district editors are in the news this week. Last Friday night, editor Ken Kirkby, of the Iroquois Post, was declared the lucky winner of the grand prize of $1,000 (count those zeros) in the Iroquois Lions Club draw. On Wednesday of next week, editor Reg. Workman of the Winchester Press will accompany the famous Old Fort Henry Guard to England for participation in the Royal Tournament which starts on June 12th. As a guest of the Ontario Government, he will be representing the Ontario Weekly Newspapers Association, of which he is a director.

BORN — At Winchester Memorial Hospital, on Tuesday, May 21, 1863, to Mr. and Mrs. Rex Whitteker of Morrisburg, a daughter.

BORN — At Winchester Memorial Hospital, on Friday, May 24, 1963, to **Dr. and Msr. Gerry Rosenquist, of** Williamsburg, a son.

BORN — At Winchester Memorial Hospital, on Saturday, May 25, 1963, to Mr. and Mrs. Harry Van Moorsel, of Williamsburg, R.R. 3, a daughter.

At the official opening of Morrisburg Golf Club for the 1963 season, Robert Cook received a prize for low score, with Harry Ing runner-up. Ron Blackburn, vice president, welcomed the guests. Supper was served under the convenorship of Leone Woods, secretary, and Gladys Bolton. Associat members enoyed an afternoon of bridge, with honours going to Stan Finnie. Mrs. T. R. Parker was bridge convenor.

CANADIAN CLUB

(Continued from Page 1)

dent;; S. Gordon Walroth, Morrisburg treasurer; G. William Gorrell, Morrisburg, secretary.

Directors are: S. G. Finnie, J. H. Johnston, F. J. Barlow, Allan Farlinger, T. R. Parker, all of Morrisburg; Hon. F. M. Cass and J. Leroy Boyd of Winchester; D. Hugh Thompson, Williamsburg; J. Howard Fulton, of Chesterville and Frank Gilroy of South Mountain.

Associate Directors are: Dudley Craig and Harold Lannin, Winchester; Clark Smith, Morewood; Harry Allison and J. H. Fulton, Chesterville; Harry Holmes and Elburn McIntosh, Winchester Springs; D. H. Thompson and Ross Wingard, Williamsburg; Stewart Markell and Doug. Jarvis, Ingleside; H. J. Anderson and W. G. Brown lee, Finch; Clare VanAllen, Finch; Arnold Graham and Lorne Armstrong, South Mountain; Ralp hAllison, Inkerman; Harold Miller and Stanley McQuaig, Brinston; Arthur Johnston, Dixon's Corners; Donald H. Robertson Matilda Front; Harry Gilmer, Keith Fisher and Chas. Holdgert, Iroquois; John Armistrong and Arthur Bowden, Cardinal; Fred C. Casselman and Floyd Fisher, Riverside Heights.

Gordon W. Thom was appointed chairman of the speakers' committee with the following assistants: J. H. Johnston, Lloyd D. Barkley, J. Arthur Edgerton, Fred H. Broder and Harold Lannin.

Morrisburg membership committee comprises: S. G. Finnie, George E. Beavers, S. G. Walroth, J. H. Johnston, G. W. Gorrell, Doug. McGillis, F. H. Broder, L. K. Cruickshank.

Auditors are R. W. Smith and J. H. Johnston.

Incoming president Arthur C. Casselman addressed the meeting. He reviewed ideas and suggestions relative to increased membership and operation of the speakers' committee.

LUTHERAN CHURCH WOMEN'S MEETING

The regular monthly meeting of the L. C. W. of St. Peter's Church, Williamsburg, was held in the Church hall on Tuesday, May 21st, with 28 members and two visitors present.

Mrs. Blackwell introduced the topic "Christ Today". She took the members on an imaginary trip to Finland, with many illustrations and leaflets. Mrs. Clifford Casselman spoke on the 4th Lutheran World Assembly at Helsinki. Mrs. Donald Hess, Miss Nina Casselman and Mrs. Conrad McIntosh spoke briefly on the 1st, 2nd and 3rd Assembly respectively. The work of the Lutheran World Federation was explained by Mrs. Blackwell. Jane Meyer, dressed in Finnish costume, represented a visitor from Finland. A display of Finnish weaving was very interesting.

Mrs. Bernard Whitteker read "Reminders for Thought for the Lutheran World Federation" and the Scripture reading from Ephesians, Chapter 5. Six of the Junior Choir girls sang a Finnish hymn accompanied by Mrs. Preston. Mrs. Clifford Casselman led in prayer.

FOR SALE

HOMES FOR SALE In Morrisburg—

1. Five bedroom, solid brick, completely renovated, two-storey, new plumbing, new heating system, tiled and hardwood floors. Church St. Available immediately. Terms or cash.

2. Two bedroom, frame, one storey, built seven years ago, located on High Street. Asking price $7,000.00. Terms or Cash.

3. Frame Dwelling, four bedrooms, First Floor Bathroom, hardwood and tile floors, excellent condition, nicely located on Fifth Street on large lot size 123 x 182 supplying two lots for re-sale. Asking price only $8,500.00. Cash or Terms.

4. Solid Brick, three storey, five bedrooms, two large living rooms with marble fireplace, fireplace in one large bedroom, beautifully located on water front. Good size lot. This dwelling could be made into a most gracious and comfortable home by the right party. Asking price $15,000.00 Terms or Cash.

5. OFFICE UNIT — Unit No. 30, Block "C" in the Morrisburg Shopping Centre. Size 18 feet by 12 feet, approximately. Complete with heating system and modern facilities. Available immediately. Terms or Cash.

HOUSES IN GLEN BECKER—

1. Frame, two-storey 3 bedrooms, garage, modern conveniences, on good size lot with barn suitable for fowl, etc. Available immediately. Must be sold at once to close estate. Asking price $6,500.00. Terms or cash.

2. Frame, two storey, three bedrooms, new and modern facilities, pressure system, drilled well, located on County Road three miles from Morrisburg. Asking price $6,000.00. Cash or terms. Available immediately.

HOUSES IN WILLIAMSBURG—

1. Frame, three bedrooms, new and modern facilities, pressure system, drilled well, well-kept and tidy premises. Lot size 50 ft. frontage by 200 feet depth. Localted on Church Street in Village of Williamsburg. Good garage with workshop attached. Asking price $11,00.00. Terms or cash.

2. Frame, two storey, tiled floors, five rooms, aluminum siding, lot size 120 feet frontage by 250 feet deep, located on paved road near Store and Church. Asking price $7,00.00 Terms or Cash.

3. Frame, one storey, five rooms, modern conveniences, located on paved road, at Riverside Heights. Asking price, $7,500.00. Terms or Cash.

4. Frame, one storey, five rooms, located on Church Road at Froatburn. Asking price $4,500.00.

5. One storey, frame log cabin style located on two acres of wooded pine and spruce trees, drilled well, pressure system, corner 401 Highway and Aultsville Road near Ingleside. Asking price $2,500.00. Cash or Terms. Immediate occupancy.

We have a good selection of farms, serviced and unserviced lots in Morrisburg and surrounding district, motel sites and waterfront properties at reasonable prices.

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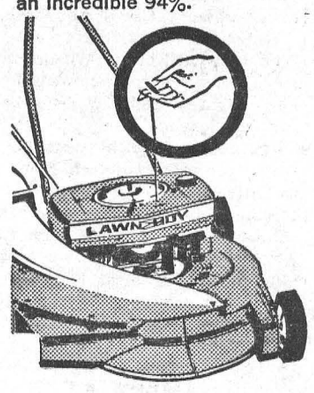

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400 ATTEND FATHER AND SON MINOR HOCKEY BANQUET

"Play the game to the best of your ability, with good sportsmanship, and these attributes, you will find, will be important factors in later years in getting the most out of life". Such was the advice given to some 400 min or hockey players ,their fathers and friends attending the Father and Son Banquet held at the South Grenville District High School, Prescott, by Frank J. Selke, Sr., Managing Director of Montreal Canadiens and the Montreal Forum.

"Hockey and football", Mr. Selke declare, "are unsurpassad for teaching boys the true meaning of sportsmanship, the ability to win or lose gracefully, the inner spirit of never say die, and even when losing, 'to come up again'."

Ralph Hurley, coach of the Kemptville-Prescott Combines who were knocked out of Allan Cup competition by Moncton, took the opportunity to thank the many people of the district for their excellent support of the Com bines during the past winter. He told the group that he and his players received a great moral boost by the hundreds of telegrams they received while in Moncton.

Greig Fowler, of South Mountain, President of the St. Lawrence Minor Hockey Association, was Chairman and introduced the head table guests. In addition to Mr. Selke and Mr. Hurley, they included Donald Graham, Chief Scout in Ontario for the Detroit Red Wings; Tom Barton, the Red Wings representative for Ottawa and District; Derrick Holmes, a Kemptville star who coached the National team of Finland; and Jimmy Shields, manager of the Brockville Braves hockey team.

Individual and team trophies and crests were awarded to outstanding players and championship teams from the several minor hickey leagues in the S. L. M. H. A. Awards were presented by representatives of various firms, organizations and individuals located in these communities where minor hockey activities have been conducted on a growing scale during the past few years. In all, the S. L. M. H. A. includes 14 different centers with a total of upwards to 1,000 players under its jurisdiction.

GLEN BECKER

Congratulations to Mr. and Mrs. Harry Van Moorsel on the birth of a new daughter at Winchester Hospital.

Mrs. Harold Casselman and boys spent Thursday with Mr. and Mrs. Howard Saddlemire.

Miss Lorraine Berkley of Ottawa, spent the week end at the home of her parents.

Mr. and Mrs. Earle Brown of Froat burn spent Friday evening with Mr. and Mrs. Lloyd McHaffie and family.

Mr. Lloyd Guy and mother of Maple Ridge were guests at the home of Mr. and Mrs. Levi Casselman on Monday evening.

Mr. Charlie Pester and son were guests of Levi Casselman and family on Monday evening.

Miss Patsy Hall spent the week end with her parents, Mr. and Mrs. Irwin Hall and Jean.

RIVERSIDE HEIGHTS WOMEN'S INSTITUTE

Bridget Neilan, 4-H County Honours Award winner was chosen to represent the 4-H Girls of the County at Guelph. Marie Link and Sheila Crowder also received County 4-H Honors.

Mr. John Urquhart was guest speaker at the regular meeting of Riverside Heights Women's Institute. He presented coloured slides and commentary on skiing in Scotland and interesting features of that country. He also presented slides of Queen Elizabeth's visit to Canada and various stages of the St. Lawrence Seaway Development.

Ten members of the 4-H Club at Riverside Heights displayed sewing and demonstrated what they had learned during the past season.

Roll call was answered by each Institute member naming her first teacher and the first school attedded.

Program convenors were Mrs. Fred Casselman and Mrs. Gerald Link.

WILLIAMSBURG

Mr. and Mrs. George Sheets of Chase's Mills, N. Y., spent Sunday with Mr. and Mrs. Harold Algire.

Mr. Guy Strader is a patient in the Winchester Memorial Hospital.

Mr. and Mrs. Charlie Morrow of Ottawa and Mr. and Mrs. John Morrow of Chesterville called on Mr. and Mrs. Russell Morrow on Sunday evening.

Mrs. Merle McIntosh is a patient in the Winchester Memorial Hospital.

Mrs. J. Main of Edinburgh, Scotland, is spending three months with her niece, Mrs. Nina Woods.

BORN — At the Winchester Memorial Hospital, on Friday, May 24th, to Dr. and Mrs. G. Rosenquist, a son.

The Eastern District Assembly of the Lutheran Church Women met in Arnprior on Wednesday. Those attending from Williamsburg were: Mrs. Walter Loucks, Mrs. Blackwell, Mrs. Gordon Woods, Mrs. Mabel McIntosh, Mrs. Percy Reddick, Mrs. Emerson Herriman and Mrs. G. L. Barclay.

Williamsburg Bowling League completed their season with a delicious turkey dinner at the Pioneer Hotel, Williamsburg, last Wednesday evening. Rae Casselman was the Master of Ceremonies for the evening. Prizes went to Gladys Hess, High Women; Douglas Casselman, High Men. Ed. Hanson's team was the winning team, second, Duane Hess; third, Rae Casselman; fourth, Glen McIntosh.

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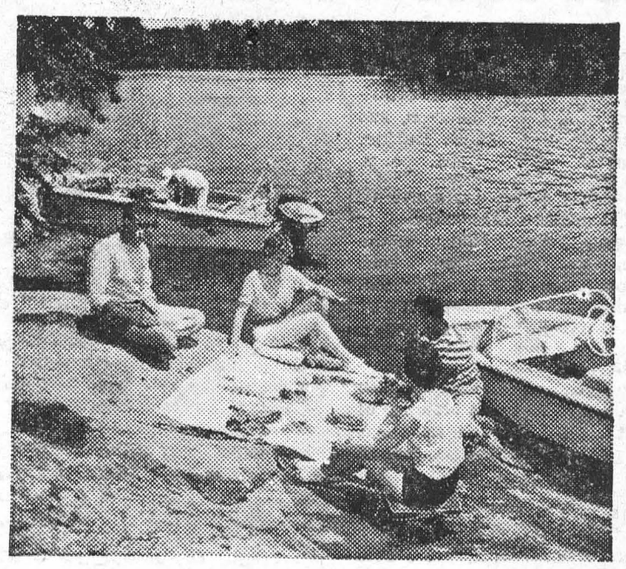

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Report on Canada's

Parliament . .



—By Mrs. Jean Casselman, M.P.—

The first session of Canada's 26th Parliament commenced on Thursday, May 16th, with a new Prime Minister, the Rt. Hon. Lester Pearson, and many of the former Liberal Cabinet Ministers again heading departments.

The House of Commons convened at 10.30 a.m. to elect a Speaker. This is the choice of the Government of the Day and had already been announced as the Hon. Alan A. Macnaughton, former Member for Mount Royal, Montreal.

Mr. Macnaughton is a lawyer - Queen's Counsel, and has had business experience. He has been a Member of Parliament since 1949 and served as Chairman of the Public Accounts Committee.

This was a popular choice with all Parties in the House of Commons and the Leaders of each Party were able to speak in favour of Mr. Macnaughton with sincerit yand complete good will. He is a soft-spoken gentleman, with recognized ability and the dignity and authority which the position demands. It is generally expected that the House of Commons will run smoothly under his direction.

In the afternoon the Speech from the Throne was read by Chief Justice Taschereau in the unfortunate circumstances of Governor General Vanier's absence due to illness.

On Friday, May 17th, the address in reply to the Speech from the Throne was moved by Dr. Pauline Jewett, newly elected Member from Northumberland. This was an outstanding honour to Dr. Jewett but also a heavy challenge on her first day in the House of Commons. Despite private admission of misgivings and the usual maiden speech nerves, she delivered her speech with poise and much credit. Dr. Jewett has been a professor of political economy and spoke on the theory of government and our democratic society. As was to be expected, she expressed admiration for Liberal Party policies and for her Leader, Prime Minister Pearson. She expressed a particular interest in greater emphasis bein gplaced on cultural developments in Canada. Dr. Jewett admitted that the measures she and her Party promote lead to a greater degree of government regulation and intervention. This particular element in Dr. Jewett's speech was challenged later in the debate by Mr. Gordon Aiken, Conservative Member for Parry Sound. Mr. Aiken complimented Dr. Jewett on her admirably concise and direct speech, but stated that he felt it is not moving in the right direction to take away from the individual the rights of decision built by law. He objected to Dr. Jewett's comments:

> "We still hear people talking about the good old days of self reliant individualism when all an individual had to do was to get up and go. It is always very pleasant to wish we could return to those days, but the fact of the matter is, and we could see this if sometimes we were not blind, that we have moved from an individualist society to a collectivist society, a society where it is very difficult for a great many of us to make the decisions that affet our own destinies. These decisions are increasingly taken by others on our behalf, particularly by large organizations which exist throughout our whole economy. These decisions are simply beyond our control".

There is no doubt that Dr. Jewett was touching upon a subject of great concern to many Canadians, a subject which deserves careful thought and attention from Governments at all levels and from the citizens who elect them. I am personally somewhat extreme in my adherence to the right of the individual and feel that our happiness and success as a nation, and personally, depend upon developing our education and our attitudes to maintain individual responsibility and thereby freedom.

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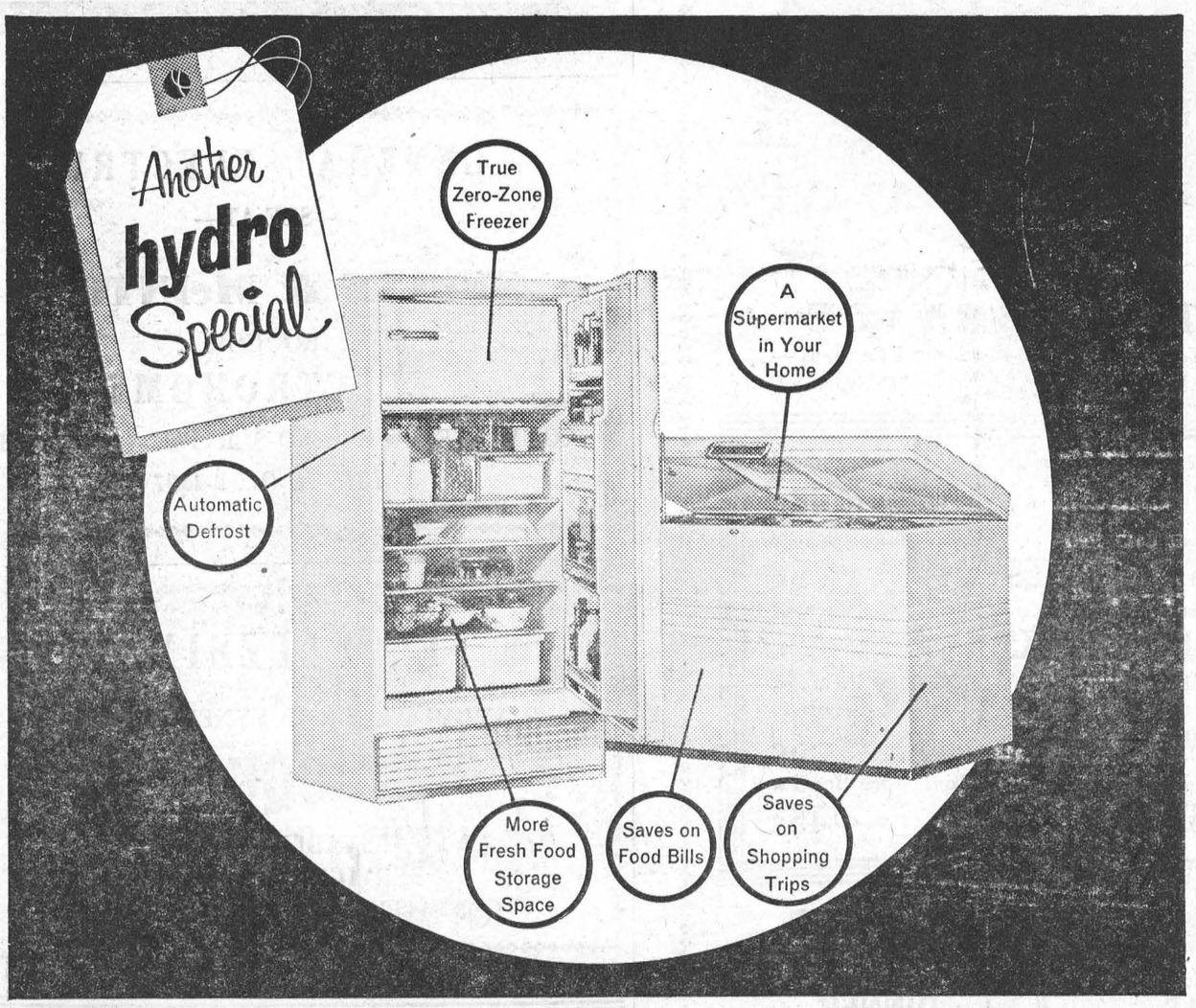

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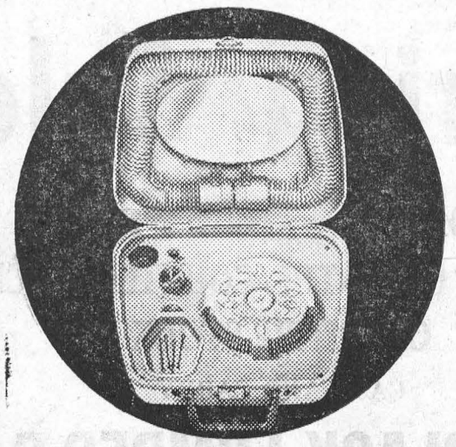

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ACTOR-SINGER Ricky Nelson and his bride of one day, former Kristin Harmon, stand in the doorway of an airliner at New York's Idlewild Airport as they leave on their honeymoon in the Bahamas. Ricky is the son of radio-television performers Ozzie and Harriet Nelson, and Kristin is the daughter of famed football star and sportscaster Tommy Harmon.

HIDDEN MILK

Milk is our most important foodstuff. It contains protein needed for growth and repair of tissue, calcium for strong bones and teeth, and vitamins and minerals needed to maintain good health. Milk is needed from babyhood to old age. Canada's Food Guide recommends that: Children up to 11 years of age receive 2½ cups of milk; Adolescents four cups of milk; Adults 1½ cups of milk; Expectant and nursing mothers four cups of milk.

Milk does not have to be drunk as a beverage to beneficial to our bodies. Milk may be used in soups, casseroles, puddings etc.

Skim milk powder (whole milk in which the wateor and fat are removed) can make a significant contribution to our milk requirements. It can be used as a beverage, mix and refrigerate overnight for best taste, or skim milk powder can be used in food preparation as follows:

Cooked Cereal—Add two to four tablespoons of skim milk powder to each serving of cereal while it is being cooked. "Hidden Milk" is a half to one cup per person.

Ground Meat Dishes such as hamburgers or meat loaf. Use one-half cup of milk powder in a recipe for four persons. "Hidden Milk" is a half cup per serving.

Potatoes — Mashed, scalloped or creamed. Include two tablespoons of dry milk per serving; mix the powder with some of the liquid in which this vegetable was cooked and then add to mashed potatoes. Hidden Milk" is a half cup per serving.

Cream Soup or Milk Pudding — Add two tablespoons of dry milk for each portion, in addition to the fluid milk, called for by the recipe. "Hidden Milk" is a half cup per serving.

Cocoa — Use six tablespoons of dehydrated milk per cup of water. One cup of this "enriched" cocoa will give you one half cups of milk.

Whipped Milk Toppings For Dessert — Beat together ⅔ cup of skim milk powder with ½ cup water plus sugar and flavoring. (This provides about one quarter cup of milk per serving.)

Tea Biscuits and other baked foods —Add one half cup of powdered milk to the flour mixture in addition to the amount of liquid suggested in the recipe. (This provides approximately one quarter cup of milk in each tea biscuit). By using four or five of the above suggestions you can get 2½ to 3 cups of milk daily.

NEW CONTAINERS

Can-openers may soon become as obsolete as the wash-board or the button-hook. An item recently introduced at the Packing Exhibition held annually in Paris was a can sealed with a strip of plastic. All you do to open it is pull the tab, in the same way you remove the wrapper from a cigarette pack.

According to reports, the can was one of the most successful items at the show. In view of this, perhaps the phrase "cooking with a can-opener" will change to "cooking with plastics". Lucky the bride of the next generation!

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The world's largest wooden sailing ship was the W. D. Lawrence, 275 feet long on her deck, built at Maitland, N.S., in the 1870's.

"WEDDING OF THE YEAR"

The wedding of Her Royal Highness Princess Alexandra and the Hon. Angus Ogilvy was covered by the special features film division of The Rank Organization.

A special color film titled "Wedding of the Year" was filmed in London including scenes of the actual wedding ceremony within Westminster Abbey.

Prints of "Wedding of the Year" were to be rushed by air throughout the world and Canadian moviegoeers will have the opportunity of seeing this color film.

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Telephone KI 3-2676.
22p.

SMALL GAS HEATER; Price $25.00
PHONE KI 3-2014 or 3-2547.
22-3p.

FRIGIDAIRE, 8 cu. ft. Washer and Wringer; 1 Crib and Mattress. Very Reasonable.
PHONE KI 3-2503.
20tfc.

CHICKS — HONEGGER LONG TERM LAYERS
ROCK x LEGHORN CROSS
S. C. LEGHORNS
RED x ROCK CROSS
BARRED ROCKS
FROM— Government Approved Hatchery, all breeders tested, no agents. Buy for less. Phone or write for price list.
ELLIS CHICK HATCHERY,
R. R. 1, SOUTH MOUNTAIN, Ont.
9tfc.

7-ROOM BRICK HOUSE — Corner Augusta and Second St. Good location. Large garden. Apply to
A. S. REDDICK,
KI. 3-2893,
Morrisburg, Ontario.
18-22p.

CERTIFIED FOUNDATION SEED POTATOES. Irish Cobblers and Sebagos.
PHONE CORNWALL,
WE 3-4141 or WE 2-3012.
21-22-23p.

1956 DODGE 4-Door Deluxe. Privately driven. Clean. Write
BOX 172, Morrisburg, or
PHONE KI 3-2816.
21-2p.

FOR RENT

3-BEDROO MAPARTMENT on Lakeshore Drive. Unfurnished.
PHONE KI. 3-2978.
9tfc.

5-ROOM HEATED APARTMENT — Downstairs. Available immediately.
PHONE KI 3-3151.
22c.

CO-OP INSURANCE
- AUTO
- FIRE
- MARINE
- ACCIDENT and SICKNESS
- MEDICAL CARE PLAN

JUNIOR CASSELL
KI 3-2075
18-26p.

BINGO!
ST. MARY'S HALL
MORRISBURG
EVERY TUESDAY
8:00 P. M. SHARP
- 15 REGULAR GAMES
- SPECIAL GAMES
- JACKPOT GAME

This Week's Jackpot $100.00

ADM. TWO CARDS **$1.00**

MOTOR CARS
WANT TO BE A HAPPIER DRIVER?
BUY A NEW CAR NOW WITH A LOW-COST LIFE-INSURED
SCOTIA PLAN LOAN
THE BANK OF NOVA SCOTIA

CARD OF THANKS

I would like to thank my many friends, neighbours and relatives for their many acts of kindness during my recent illness. I greatly appreciate their cards, phone calls, visits and all the good things to eat. I would like to say Thanks, also, for all the birthday cards, greetings, and the party. These many acts of kindness will never be forgotten.
MRS. LINDEN BARKLEY.
22p.

A sincere Thank You to all friends, neighbours and relatives who remembered me with cards, fowers, gifts and visits while I was a patient in the Ottawa Civic Hospital.
GLADYS MILLWARD.
22p.

To all who were so kind as to remember me with cards, letters, visits and treats, while I was a patient in Winchester Memorial Hospital, I wish to extend my sincere appreciation.
MRS. JAMES SWERDFEGER
22p.

COMING EVENTS

FOOD SALE
St. James Altar Guild will hold a Food Sale Bradfield's Store on Friday June 21st at 2 p.m.
21-3c.

* * *

FOOD SALE
Units 1 and 2, United Church Women will hold a Food Sale Friday, June 7th, in the R. H. Bradfield Store.
21-2c.

* * *

PAPER DRIVE
The 1st Morrisburg Boy Scout Troop will hold a paper drive on Monday, June 10th, beginning at 7 p.m. Please tie old newspapers in bundles and leave them on your step for the Scouts. In case of inclement weather, the drive will be on the following Monday.
22-3p.

* * * *

TEA AND BAKE SALE
C. G. I. T. Annual Spring Tea and Bake Sale Saturday, June 15th, in Allan Hall. Everyone welcome.
21-3c.

* * * *

EASTER STAR NOTICE
Morrisburg Chapter No. 83, Order of the Eastern Star, will hold their Annual Church Service on Sunday, morning, June 2nd in Knox Presbyterian Church at 11 a.m.
22p.

FLOYD FISHER
REAL ESTATE BROKER
MORRISBURG ONTARIO

3-BEDROOM BRICK HOME— In Long Sault. Forced air oil heat, tile and hardwood floors, full basement, 12 x 20 garage. This is a new bungalow and is situated in a nice location. BRING US YOUR OFFERS.

2-STOREY FRAME— 4 large bedrooms, full basement with F.A. oil heat, separate living and dining rooms large bright kitchen, 3 pc. bath. This home is in excellent condition and can be purchased with a low down payment and reasonable terms on the balance.

LUXURIOUS LIVING — in this 2 bedroom modern home, dining room and living room with fuel fireplace, 4 pc. bath, fully modern 10 x 16 kitchen, built in counter top stove and oven, garbage disposal in double stainless sink, G.E. dryer and washer included. The lot is 75 x 150 and is beautifully landscaped. Finished recreation room in basement. This home is reasonably priced and is worth looking at.

3 BEDROOM HOME IN RIVERDALE — Plaster walls, 4 pc. bathroom, oil F.A. heating, tile and hardwood floors, all copper plumbing, laundry tubs, everything modern and up to date. $700.00 down and assume 6% mortgage and you can own your own home.

HIGH ON A HILLTOP — for gracious country living near city. Estate-like lawn runs for 300 feet down to a year-round stream. 8 acres of room for small children to play far from dangerous city traffic. 4 bedrooms on second floor, large tiled kitchen with modern cupboards. Dining room 18 x 12, living room 24 x 18, both with many large picture windows overlooking landscaped beauty. New baseboard hot water heating system. This is truly an exectuive home for a full price of only $15,000 with a reasonable down payment of $5,000. This is ONE YOU HAVE TO SEE TO BELIEVE.

PHONES:
Office KI. 3-2044
Residence KI. 3-2355

Salesmen:	Res. Phones:
DAIN CONNOR	KI 3-2518
HARRY MEIKLE	KI 3-3175
W. MEABRY	KE 4-2119
A. R. MacLEOD	WE 3-0110

CEDAR GROVE

Mr. and Mrs. Garnet Ezard and family of Osnabruck Centre spent Sunday evening with Mr. and Mrs. Glenn Dafoe.

Mr. and Mrs. Chesley Swerdfeger visited Mr. and Mrs. Willis Swerdfeger, Hoasic Sunday afternoon.

Mrs. Lena McConnell of Athens was an overnight guest of Mr. and Mrs. Fred Jarvis.

MILTON M. MATHESON
CHARTERED ACCOUNTANT
39 Johnson Cr., P. O. Box 190
KE 4-2505
LONG SAULT ONTARIO
52/63p.

CASSELL'S TAXI
PROMPT
24-HOUR SERVICE
KI 3-2062
Morrisburg —:— Ont.
CHAS. CASSELL

GO TO YOUR OWN CHURCH
THIS SUNDAY

REAL ESTATE
ALBERT GALE AGENCIES LTD.
MORRISBURG - - ONTARIO
LIST WITH GALE FOR QUICK SALE—14 OFFICES IN ONTARIO
Phone KI 3-2898 — Write P.O. Box 397
MORRISBURG, ONTARIO

J. J. CHRISTENSEN
GARDEN CENTRE
EVERGREENS - SHRUBS - TREES
ROSES - FERTILIZER
FLOWER, TOMATO & CABBAGE TRANSPLANTS
INDUSTRIAL ROAD *MORRISBURG*
CALL KI 3-2005
Open Daily till 9 p.m.; Sundays, 1—5; Free Delivery

CAR AUCTION AND H. H. EFFECTS

The undersigned will offer for sale by Public Auction on th epremises, 1 mile South of Chesterville, on Highway, on

SATURDAY, JUNE 1st
starting at 1 p.m.

1958 Chevrolet 6 cyl.; 1957 Chevrolet; 1957 Dodge, 6 cyl.; 2 1955 Pontiacs, 1 4-door, 1 2-door; 1954 GMC Truck, ½-ton; 1953 Ford 1-ton Truck 1957 Bel Air Chevrolet; 1957 Monarch 2-door Hardtop; 1955 Ford Station Wagon; 1955 Chevrolet; 1954 Ford 3/4 ton Pick-up; 1950 Dodge 1 ton Truck; 1956 Ford 3-ton Dump Truck; Garage Furnace; 1950 Chevrolet Sedan; 1956 Chev. V8 Standard; 1953 Ford Coach; 1956 Oldsmobile 98; Furnace; 1952 Chevrolet Coach; 1956 Oldsmobile; 1952 International Panel Truck; 1954 Ford; Some Household Effects; and the Farm.

TERMS OF SALE

Half CASH; balance, 5 months cred it on approved joint notes bearing interest at 6%. Strangers desiring credit must furnish bank references.

A. EDELSTEIN, Prop.
DWIGHT TUPPER, Auctioneer.

In The Churches

ST. LAWRENCE EVAN. LUTHERAN PARISH

PENTECOST SUNDAY—
ST. PAUL'S—
10 a.m.—The Service.
11 a.m.—S. S. and Bible Class.
ST. JOHN'S—
1.30 p.m.—The Service and Sunday School.
EVERYONE ALWAYS WELCOME

ST. JAMES ANGLICAN CHURCH

Rev. Cyril W. Earle, L. Th. - Rector
WHITSUNDAY, June 2, 1963—
St. James, Morrisburg—
8 a.m.—Holy Communion.
9.45 a.m.—Sunday School.
11 a.m.—Holy Communion.
No Evensong during the summer months.
Holy Communion Each Thursday at 10.00 a.m.
Holy Trinity, Riverside—
9.30 a.m.—Matins.
9.30 a.m.—Sunday School.

ST. MARY'S CATHOLIC CHURCH

ST. MARY'S MORRISBURG—
Sunday—
8.00 a.m. and 11.00 a.m.
Daily Mass—8.00 a.m.
Saturday Evening—
7.30 p.m.—Devotions & Confession
ST. CECILIA'S, IROQUOIS—
Sunday—
Mass—9.30 a.m.

LAKESHORE DRIVE UNITED CHURCH

Morrisburg
Rev. W. J. March, M.A., D.Th., Minister
Mrs. Geo. Smith, Organist-Director
Sunday, June 2nd, 1963—
PENTECOST SUNDAY SERVICE
Morning Worship at 11.00 o'clock.
Sermon Topic:
THE EXPERIENCE of PENTECOST
Sunday School for all ages at 10.00 o'clock.

THE PRESBYTERIAN CHURCH IN CANADA

KNOX CHURCH
"The Church With The Chimes"
Rev. Everett Hawkes, Minister
Sunday, June 2nd, 1963—
9.45 a.m.—Sunday School.
11.00 a.m.—Morning Worship.
VISITORS ARE WELCOMED

MORRISBURG PENTECOSTAL CHURCH

LAKESHORE DRIVE
Pastor: Rev. J. Gregory
KI. 3-2968 **P. O. Box 251**
Sunday, June 2nd, 1963—
9.45 a.m.—Sunday School.
For all ages.
11 a.m.—Communion Service.
Speaker: Mr. Carl VanAllen.
7.30 p.m.—Evangelistic Service.
Speaker: Mr. Carl VanAllen.
Tuesday, June 4th—
8 p.m.—Bible Study and Prayer.
Thursday, June 6th—
8 p.m.—Young Peoples.
WARM WELCOME TO ALL

WIDOWS ALLOWANCES

New benefits for widows and single women, 60 to 64 years of age, are now available and applications are being accepted for grants up to $65.00 per month with free medical service and hospital insurance.

This new welfare program will assist women who have reached their 60th birthday, with income less than $1,140 yearly, and liquid assets of not more than $1,000, resident at least one year in Ontario.

Women who may be eligible include: a widow, an unmarried woman, a married woman whose husband is in an institution, or who is divorced or has been deserted for more than 6 months.

ADDRESS YOUR ENQUIRIES TO:
The Minister of Public Welfare, Parliament Buildings, Toronto, Ontario
OR
A Regional Office of the Department in any one of 17 central locations throughout the Province.

A Reminder to Old Age Security Recipients:

Free Medical Assistance and Ontario Hospital Insurance may be granted to single persons whose annual income is not above $1,140.00 and whose liquid assets do not exceed $1,000.00. These benefits are available to married couples whose annual income is not over $1,980.00 with liquid assets no higher than $1,500.00.

A Note to Those Receiving Mothers' Allowances:

Persons receiving Mothers' Allowances are advised of a new provision designed to encourage students to complete their education:

The allowance may be continued after a dependent child reaches 18 years of age, if the boy or girl is attending a secondary school, and making satisfactory progress.

ONTARIO
PROVINCE OF OPPORTUNITY

THE DEPARTMENT OF PUBLIC WELFARE

HONOURABLE JOHN ROBARTS, *Prime Minister*
HONOURABLE LOUIS P. CECILE, Q.C., *Minister of Public Welfare*