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The Leader

A Family Newspaper Serving the Community for more than a Century

VOLUME 134 NO. 38 WEDNESDAY, SEPTEMBER 23, 1998 MORRISBURG, ONTARIO

MPS School Council Election

Three parent/guardian representatives are needed to serve on Morrisburg Public School Council for a two year term. The Council has six parents, one teacher, one student, one support staff and one community member and the principal. Terms of office are one or two years and the Council meets at least four times a year. The prime role is to provide advice to the principal or school board on matters such as code of student behaviour, fundraising, school and principal profiles. If interested in being a member, please contact the school for a nomination form and return it to the school. The election will take place during the Open House Thursday, September 24 between 7 p.m. and 9 p.m.

MTO Resurfaces Highway 401

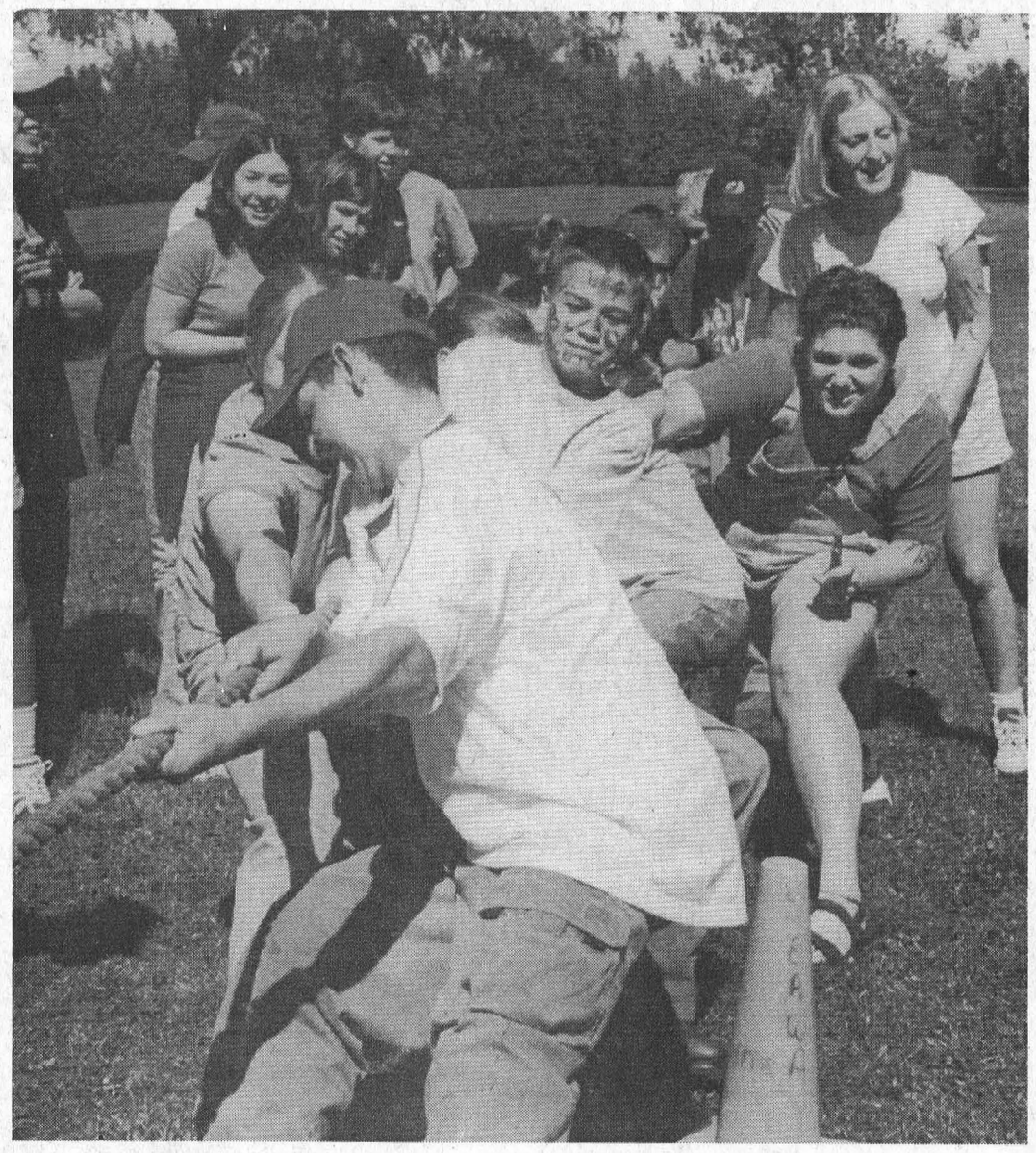
Last week, Minister of Transportation Tony Clement and Noble Villeneuve, MPP for S.D.G. and East Grenville announced the awarding of a contract for resurfacing of 9.4 km of Highway 401 eastbound and westbound lanes near Cardinal. "The $3,039,850 contract was awarded to the Cornwall Gravel Company from Cornwall. The project is for the resurfacing of the highway from 07 km west of Shanly Road (I/C) 730 easterly to 0.9 km east of Carmen Road (I./C) 738. "I am pleased the provincial government remains committed to improving the highways in eastern Ontario which we depend on for safety, work and travel," said Villeneuve.

Rummage Sale at Timothy Christian

A Rummage Sale will be held at the gymnasium of Timothy Christian School at Bouck's Hill east of Williamsburg on Friday evening and Saturday morning, September 25, and 26. The Rummage Sale provides great bargains for people in need of clothing and other items while generating income for the school. The school also has for sale apple pies produced from a well guarded recipe by a group of supporters each fall. Over 2,000 pies are produced and sold at $4.75 each, with profits to the school. Order by calling Bep at 774-2080 or Corrie at 535-2290.

Fall Photography Workshop Sept. 27

Have you ever admired photos in a magazine and wondered how they were captured? Wonder no more-join the "Splendours of Autumn Photography" workshop at the McKinnon Forestry Centre on Sunday, September 27th between 1 p.m. and 3 p.m. Join local master photographer, Nick Wolochatiuk and learn techniques for taking spectacular photos of fall colours. The workshop is limited to 25 people and participants are asked to ring their cameras, tripods and lenses. Refreshments provided. Workshop cost is $5 a person. Please pre-register as space is filling up quickly by calling 1-613-528-4430.



Tug of war

Seaway District High School held their Grade 9 orientation last Wednesday at the Iroquois Lock. They weather finally cooperated as they had to postpone the event from Tuesday. Seaway OAC student, Laura Barkley took this shot for The Leader.

VON on strike after negotiation attempt fails

CORNWALL—As of midnight September 16, approximately 160 registered nurses (RN's) represented by the Ontario Nurses Association Union (ONA) at four branches of the Victorian Order of Nurses (VON) were in a legal position to strike.

The 160 members of ONA, which represents Registered Nurses in Ontario are employed at four of the 31 branches of the VON in Ontario. The four branches: Lanark, Renfrew, Eastern Counties and Brockville, Leeds, Grenville comprise a central bargaining unit for the purpose of achieving a new collective agreement.

Negotiating efforts, which have been ongoing for the past few months have been unsuccessful. On June 16, 1998 ONA advised the VON that it was applying for conciliation. Attempts at government sponsored conciliation were not successful. Following meetings with the conciliator in August, on August 26, 1998. ONA requested a "no board" report. The effect of the issuance of the no board report was to place ONA in a legal strike position effective midnight September 16. The VON was also willing to engage in mediation on September 8 and 9, but ONA declined. ONA representatives have been unwilling to agree to concessions being sought by the four branches. Accordingly, a new collective agreement has not been reached.

The VON is a not-for-profit, charitable community health care organization. Over 100 years ago the organization pioneered what is now commonly referred to as home health care. Since its inception the VON has been committed to providing quality nursing and support services designed to meet the needs of the local communities which it serves.

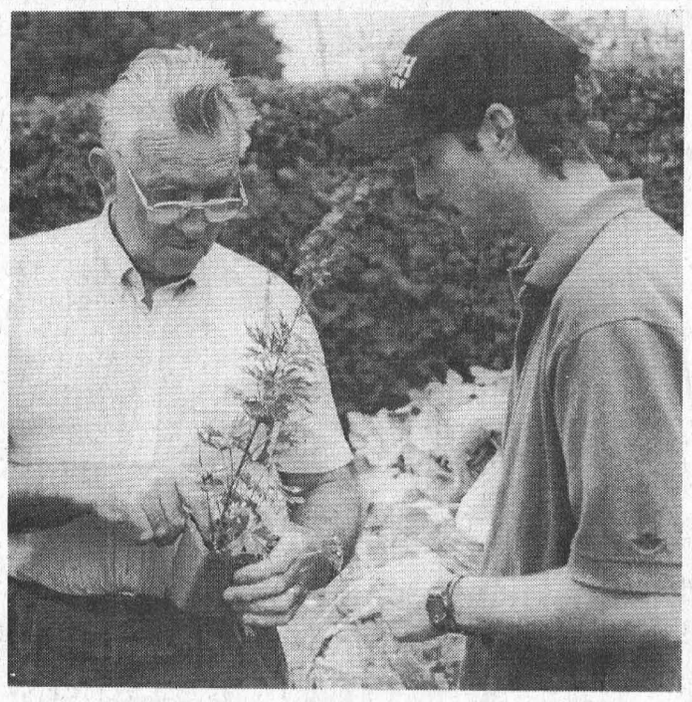
Currently the VON operates 31 branches in Ontario and is the province's largest provider of home health care services. Services provided include home nursing, home support and a large variety of charitable programs such as volunteer visiting, adult day centres and respite care. The VON continually reinvests any revenue back into local community programs to ensure that all community members have access to the services they need regardless of their ability to pay.

In 1997 the government introduced a "Managed Competition" model for the delivery of community health care services. As a part of the move to this model the government established local Community Care Access Centres (CCAC's) across the province. CCAC's accept and evaluate bids from home care providers and then award contracts to province services to the successful bidders. CCAC's refer clients in need to community nursing services to the successful bidders.

The change to this "Managed Competition" model has recently compelled the VON to compete with many new for-profit providers of home health care services. The majority of those for-profit providers are non-unionized and offer their nurses compensation packages substantially below those offered by the VON to their nurses.

In this new competitive environment the VON is at a considerable disadvantage. The VON in an effort to remain competitive with these new providers has worked very hard to restructure its operations. To become economically competitive the VON must also seek and obtain concessions and a relaxation of the restrictive work practices set out in the collective agreements with their unions. In negotiations the

- continued on page 7



The Garden closes for the season

Jeff Arsenault's Garden is now closed for the season, after he held his annual perennial day Sunday. He said he had about 250 people in The Garden, taking advantage of the great weather, and the super plant deals offered by the Foundation. Jeff says he and his family will donate a portion of the proceeds to the Children's Hospital.

Party till the cows come home!

Williamsburg Fall Harvest Festival



WILLIAMSBURG—It starts Friday night, and doesn't slow down until the cows come home early Sunday morning, as this year's seventh annual Fall Harvest Festival is gearing up to be the best one ever.

New events and old favourites will keep the interest piqued throughout this fall harvest weekend with contests, Bingo, a parade, demonstrations, old fashioned cars and equipment on display, and a dance featuring Jeff Callery Saturday night.

Great food will be available throughout the village, with children's games, and craft shows, barbecues and specials at local eateries to whet the appetites of the hungriest of lumberjacks. In last week's Leader, we inadvertently stated that Flo's Chip Truck would have specials running for only an hour, when in fact, they'll offer their specials from 8-11 a.m. and will be open for business until 9 p.m. Sat. night.

Some special events you won't want to miss will be the parade at noon Saturday, Timberman's demos at 1, 2:30, and 4 p.m., cow chip toss at 3:30 p.m. (and that's no bull!), and even the Big Bike for Heart and Stroke, and the OPP's Seat Belt Convincer.

Bingo players can line up at 5 p.m. Friday night, for a 7 p.m. start. Jackpot tips $2,000!

Some come on out to Williamsburg and enjoy this celebration of country living.

OPP remains as service of choice for United Counties

by Laurie Day
Leader staff

CORNWALL—Counties Council voted unanimously to have the OPP remain the service of choice for SD&G at their meeting here Monday.

Since the province downloaded the policing services bill to the municipal level early last year, the Counties requested proposals from both the Ontario Provincial Police the Cornwall Police Service as to which department would best serve SD&G.

The presentations of those proposals were heard at a special meeting of Counties Council on Sept. 9, and a decision was made to keep the OPP as the service of choice on Monday, during the next regular meeting of council.

It was a decision that very much pleased OPP Inspector Mike Hopkins.

"I'm honored and pleased with the counties decision," said Inspector Hopkins early Tuesday morning when contacted by The Leader.

Each of the six municipalities represented at Counties Council had discussed the police proposals in their respective council chambers.

Four of the six municipalities were in favour of the OPP, including North Dundas and South Dundas, and North Stormont and South Stormont.

South Dundas mayor, Johnny Whitteker, indicated that both he and Cam Martel, the county reps, were going to vote in favour of the OPP Monday during the Counties Council meeting.

"We're getting serviced very well with the OPP and leaning toward the OPP," Whitteker said.

The two municipalities that had trouble digesting the comparison figures, presented by Raymond Lapointe, counties coordinator, were North Glengarry and South Glengarry.

Kent MacSweyn, deputy reeve for North Glengarry, felt there was a considerable shift in the figures since the Sept. 9 presentation, while North Glengarry reeve, Grant Crack, stated he found the new information somewhat confusing, and needed more time to sift through the figures.

But when it came to a vote, some time later, the OPP was the unanimous favourite.

When asked about the 'changed proposal' by the OPP, Inspector Hopkins was quick to point out, "The proposal didn't change. However the counties decided to do a comparison then did an analogy of what the services would be."

The only change in the proposal was the salary increase, tabulated at 3.37 per cent of the total cost from the 1998 figures. That amounted to a $220,000 increase for 1999 policing.

Cornwall Police Chief, Tony Repa, stated that he understood how the residents of the counties felt about knowing the OPP and that was an important factor in Council's decision to go with the service that has been in the counties since the early 1920s.

However, he also stated that a shared force could save the city of Cornwall $800,000, and had invited Council to discuss the potential of further savings.

"The potential was there to bring further several hundreds of thousand of dollars (savings)," Chief Repa said.

The decision to keep the OPP as the service of choice for SD&G, came late in the afternoon Monday, after much debate.

Inspector Hopkins was 'tickled pink' about the news.

"We will go forward now and address the challenges of providing policing for the Counties of Stormont, Dundas and Glengarry," Inspector Hopkins said, "always remembering that SD&G OPP will be accountable and responsive to them (Counties Council) and their elected officials."

Association for Bright Children meets Sept. 21

The Cornwall S.D.G. Chapter of the Association for Bright Children is holding a meeting on September 21 at 7 p.m. The location will be 812 Pitt St. Cornwall second floor in the Para-med office. The guest speaker will be Ms. Nancy Billard, who will present "The Search, the Call, and the Find". All interested parents, educators and others are invited to attend.

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VALENCIA ORANGES DOZ. 1.98

SMOKED PICNIC
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1.09 LB 2.40 KG

FROZEN ALL SIZES
GRADE "A" TURKEYS
1.49 LB 3.29 KG

PRODUCT OF U.S.A. #1 GRADE
LARGE TOMATOES
98¢ LB 2.16 KG

PRODUCT OF U.S.A. #1 GR.
BARTLETT PEARS
98¢ LB 2.16 KG

PRODUCT OF U.S.A.
LARGE SIZE 56'S
ORANGES
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FRESH
PORK SHOULDER OR BUTT CHOPS
1.59 LB 3.51 KG

CUT FROM CANADA GRADE A, AA, AAA BEEF
EYE OF ROUND
STEAK OR ROAST
3.69 LB 8.13 KG

PRODUCT OF ARGENTINA
MURCOTTE TANGERINES
1.48 LB 3.26 KG

PRODUCT OF U.S.A. #1 GRADE
CRIMSON RED PEARS
1.48 LB 3.26 KG

FRESH BONELESS
PORK BUTT ROAST
1.69 LB 3.73 KG

CUT FROM CANADA GRADE A, AA, AAA BEEF
PEPPER STEAK
3.99 LB 8.80 KG

PRODUCT OF CANADA #1 GR.
SWEET
SPANISH ONIONS
48¢ LB 1.06 KG

PRODUCT OF CANADA #1 GR.
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SEEDLESS, ENGLISH
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FLAMINGO 730G PKG
CHICKEN BREAST BURGERS
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STORE MADE FRESH
MILD ITALIAN SAUSAGE
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BRIGHTS 600G PKG
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FAMILY CHEESE BARS
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PRODUCT OF CANADA #1 GRADE
PASCAL CELERY
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PRODUCT OF CANADA
CRISPY ROMAINE LETTUCE
ET TU 132G PKG CAESAR SALAD KIT 1.98
58¢

MAPLE LEAF
450G PKG
ALL BEEF WIENERS
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CUT FROM CANADA GRADE A, AA, AAA BEEF
BONELESS
TOP SIRLOIN STEAK
3.39 LB 7.49 KG

PRODUCT OF CANADA #1 GR..
SWEET GREEN PEPPERS
98¢ LB 2.16 KG

PRODUCT OF CANADA
WITH TOPS ON BUNCH
FRESH CARROTS
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PRODUCT OF CANADA
SNOW WHITE, FRESH
MUSHROOMS
1.98 LB 4.36 KG

FRESH
CHICKEN THIGHS
1.59 LB 3.51 KG

FRESH
CHICKEN DRUMSTICKS
1.59 LB 3.51 KG

FRESH LEAN
GROUND TURKEY
1.99 LB 4.39 KG

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MINI ROSES
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FRESH CHEDDAR CHEESE
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ORIGINAL OR LIGHT
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68¢

NESTLE 2 LITRE
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24 SINGLES
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BEATRICE 4 LITRE BAG
1%, 2%, SKIM
FRESH MILK
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BOSTON BLUEFISH KRISPS, FISH STICKS, FISH FRIES, TEMPURA BATTER, MINI STICKS, OCEAN SNACKS
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McCAIN 340G PKG
CHOCOLATE, LEMON, BANANA OR COCONUT CREAM
PIES
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VALLEY FARMS 1KG BAG
PEAS, PEAS AND CARROTS MIXED VEGETABLES
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CHAPMANS 4 LITRE PAIL
ASSORTED FLAVOURS
ICE CREAM
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KRAFT 500G PKG
24 SINGLES, REGULAR
CHEESE SLICES
3.48

BEATRICE 500ML
SOUR CREAM
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McCAIN 1.3KG BAG
REGULAR OR ONION
POTATO PATTIES
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PICNIC 341ML
REGULAR OR PULP FREE
ORANGE JUICE
78¢

McCAIN 750G PKG "NEW"
REGULAR OR THICK CUT
HOME FRIES
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CHAPMANS PKG OF 30
SUPER LOLLY'S
2.98

PHILADELPHIA 250G PKG
CREAM CHEESE
1.98

BEATRICE 500ML
WHIPPING CREAM
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A WIDE VARIETY OF YOUR FAVOURITE BREADS, BUNS, PASTRY | *THE BUTCHER'S FRESH SLICED DELI MEATS, SALADS, CHEESES* | *THE BUTCHER'S FRESH BAKED IN-STORE BAKERY*

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2.69 LB 5.93 KG

TOUR EIFFEL SLICED
BLACK FOREST HAM
3.99 LB 8.80 KG

1 LOAF 450G
FLAX BREAD
1.49

1 LOAF 450G
MULTIGRAIN BREAD
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SUNSHINE 675G LOAF
WHITE SLICED
FRESH BREAD
78¢

DEMPSTERS PKG 6
PLAIN, POPPY, ONION, SESAME PUMPERNICKEL, CIN/RAISIN, GARLIC, WHEAT, OR BLUEBERRY
BAGELS
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MAPLE LEAF SLICED
MOCK CHICKEN LOAF
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SHOPSY'S SLICED
EYE OF THE ROUND
PASTRAMI
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PKG OF 6
KAISER BUNS
1.49

PKG OF 12
VIENNA ROLLS
1.69

DEMPSTERS 675G SLICED
STONE GROUND, BRAN, 12 GRAINS, OATMEAL, WHEAT 'N OATS, OAT BRAN, MULTIGRAIN
BREADS
1.68

OLIVIERI 284G
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MAPLE LODGE SLICED, SMOKED
CHICKEN BREAST
3.99 LB 8.80 KG

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ASSORTED
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BLACK FOREST CAKE
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PEPSI-COLA,
REGULAR, DIET, MAX, CAF. FREE
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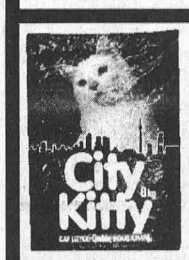
MUG ROOT BEER
REGULAR OR DIET,
MOUNTAIN DEW, DR. PEPPER,
ORANGE, GRAPE,
CREAM SODA CRUSH, OR
PURE SPRING GINGERALE,
SCHWEPPES GINGERALE,
CLUB, TONIC, OR RASP. ALE

98¢



2-WEEK PROMOTION PRICES IN EFFECT UNTIL CLOSING TUESDAY, OCT. 6, 1998



CITY KITTY 8KG BAG
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FIRST PRIZE 8KG BAG
WHITE FLOUR 4.88

CHIPITS 300G PKG
ASSORTED VARIETIES
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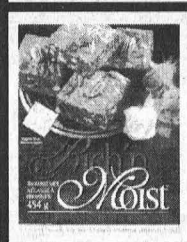
AUSTRAL 28 OZ TIN
IN JUICE OR SYRUP
PEACH HALVES OR SLICES
PEAR HALVES OR
FRUIT COCKTAIL 1.98



SUPER SAVER 8KG BAG
SEAFOOD DRY DELUXE CAT FOOD 9.88



RICH AND MOIST 1 BOX
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ASSORTED VARIETIES
SALAD DRESSINGS 1.48

KRAFT 1 LITRE
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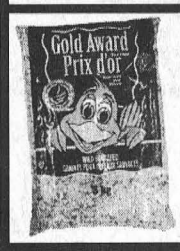
MAPLE LEAF 1 LB PRINT
TENDERFLAKE PURE LARD 1.48

PRIMO 900G PKG
ASSORTED CUTS
PASTA 1.28

HUNTS 4X680ML CLUB PACK
2 ORIGINAL, 1 ITALIAN, 1 ZESTY
THICK AND RICH PASTA SAUCE 3.98



SUPER SAVER 170G TIN
CHICKEN, SEAFOOD,
BEEF, OR MIXED 12 TINS FOR
CAT FOOD 3.88



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ASSORTED VARIETIES
PASTA WITH MEAT 98¢

MAXWELL HOUSE 200G JAR
ASSORTED VARIETIES
INSTANT COFFEE 4.48

POST 675G BOX
SHREDDIES CEREAL 2.88

LYSOL 350G AEROSOL
ASSORTED FRAGRANCES
DISINFECTANT SPRAYS 3.88

LYSOL 800ML
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LIQUID CLEANER 2.48



24X355ML TINS
CRUSH RAINBOW PACK ORANGE CRUSH, OR LIPTON TEA BRISK 4.98

MINUTE 700G BOX
LONG GRAIN RICE 2.48

NABOB 1KG TIN
TRADITION FINE
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TIDE 3.3KG BOX 34 USES
ORIGINAL OR LEMON
ULTRA TIDE 6 LITRE BOX
SCENTED, BLEACH, OR FREE
LAUNDRY DETERGENT 8.88



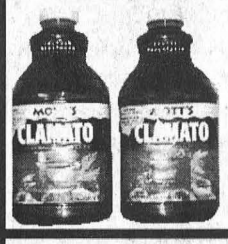
OCEAN SPRAY 14OZ TIN
WHOLE OR JELLIED
CRANBERRY SAUCE 1.48

QUAKER 1 BAG
HONEY OH'S, FRUITANGY OH'S,
SWEET CRUNCH, HONEY PUFFS
BAG CEREAL 1.98

QUAKER 1 PKG
ASSORTED VARIETIES
CHEWY, DIPPS, LOW FAT OR FRUIT
GRANOLA BARS 1.98

ULTRA BOUNCE 90 SHEETS
WITH STAINGUARD
FABRIC SOFTENER 3.88

OLD DUTCH 3.6 JUG
ORIGINAL OR LEMON
LIQUID BLEACH 98¢



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24X355ML TINS
PEPSI-COLA REGULAR OR DIET
7-UP REGULAR OR DIET
PURE SPRING GINGERALE
MUG ROOT BEER
MOUNTAIN DEW **5.88**

KRAFT 1 PKG
ASSORTED VARIETIES
HANDI SNACKS 1.48

ZEST PKG OF 3 BATH SIZE
ORIGINAL OR WHITE WATER
DEODORANT BAR SOAP 2.88

SCOPE 1065ML BOTTLE
ORIGINAL, PEPPERMINT, OR MINT
MOUTHWASH 3.88

H.P. 400ML SQUEEZE
ORIGINAL, SWEET/SOUR, BOLD,
HOT OR MILD
WING SAUCE 2.98

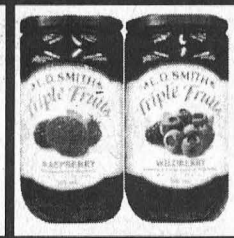
LEA AND PERRINS 284ML
WORSTERSHIRE SAUCE 2.68

LAYS 170G BAG
ASSORTED FLAVOURS
POTATO CHIPS 98¢

HUMPTY DUMPTY 1 BAG
ASSORTED VARIETIES
POTATO CHIPS OR POTATO SNACKS 98¢

SCOTT PKG OF 360
NAPKINS 2.98

CREST 130ML
FRESH MINT OR COOL MINT
MULTICARE TOOTHPASTE 3.48



E.D. SMITH 500ML JAR
APRICOT, RASPBERRY, STRAWBERRY,
WILDBERRY, CITRUS, TROPICAL, GRAPE,
DELUXE APRICOT, RASPBERRY, OR
STRAWBERRY
TRIPLE FRUIT JAM 1.88

JELLO PKG OF 4
ASSORTED FLAVOURS
MINI PUDDING CUPS 1.48

NESTLE OR HERSHEY
ASSORTED VARIETIES, REGULAR
CHOCOLATE BARS 2/98¢

SCOTTIES PKG 150
FACIAL TISSUES 68¢

VIVA 2 ROLL PKG
PAPER TOWELS 88¢

E.D. SMITH 19 OZ TIN
PUMPKIN PIE FILLING 1.48

E.D. SMITH 28 OZ TIN
PURE PUMPKIN PIE FILLING 1.48

TEA ROSE 213G TIN
KETA SALMON 98¢

GOLD SEAL 213G TIN
PINK SALMON 1.48



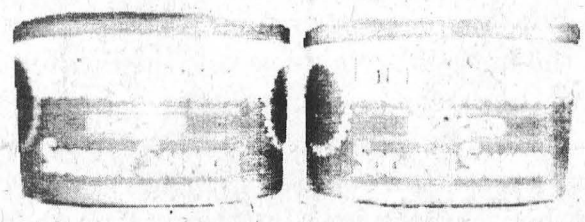
WHITE SWAN
8 ROLL PKG
BATHROOM TISSUE 1.98

E.D. SMITH
19OZ TIN
RASPBERRY, MIXED
BERRY, STRAWBERRY,
BLUEBERRY, CHERRY,
LITE CHERRY, APPLE,
RHUBARB/STRAWBERRY,
CHERRY/CRANBERRY,
RAISIN



PIE FILLINGS 2.48

GOLD SEAL 213G TIN



SOCKEYE SALMON 2.88

The Morrisburg Leader

A Family Newspaper Serving the Community for more than a Century

Published every Wednesday afternoon at Morrisburg, Ontario by The Morrisburg Leader Limited
P.O. Box 891, Morrisburg, Ontario K0C 1X0
Telephone (613) 543-2987 or 543-3611
Fax: (613) 543-3643

Sam Laurin, Editor Terry Laurin, Production Mgr.
Mike Laurin, Advertising Sales

Publications Mail Registration No. 0842

YEARLY SUBSCRIPTION RATES

$28.00 per year in Canada

$74.00 per year U.S.A. & Foreign

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Decision begs controversy

The Harris government appears bent on creating controversy with a regulation signed by Minister of Natural Resources John Snobelen to allow 12-year olds the legal right to use firearms for hunting.

The Minister's September 1 memo to parliamentary assistants indicates the Hunter Apprenticeship Safety Program may be popular with hunters, but admits the possibility of it being misunderstood, and recommends communications be targeted to the hunter and angler crowd.

The regulation allows Ontario residents aged 12 and older who are not currently licensed hunters to undergo a period of formal hunting apprenticeship in a supervised environment. Among other requirements, youths aged 12—15 must have written permission from their parents, apprentices must complete Ontario Hunter Education requirements, and be under the supervision of a person over 18 with a valid hunting license.

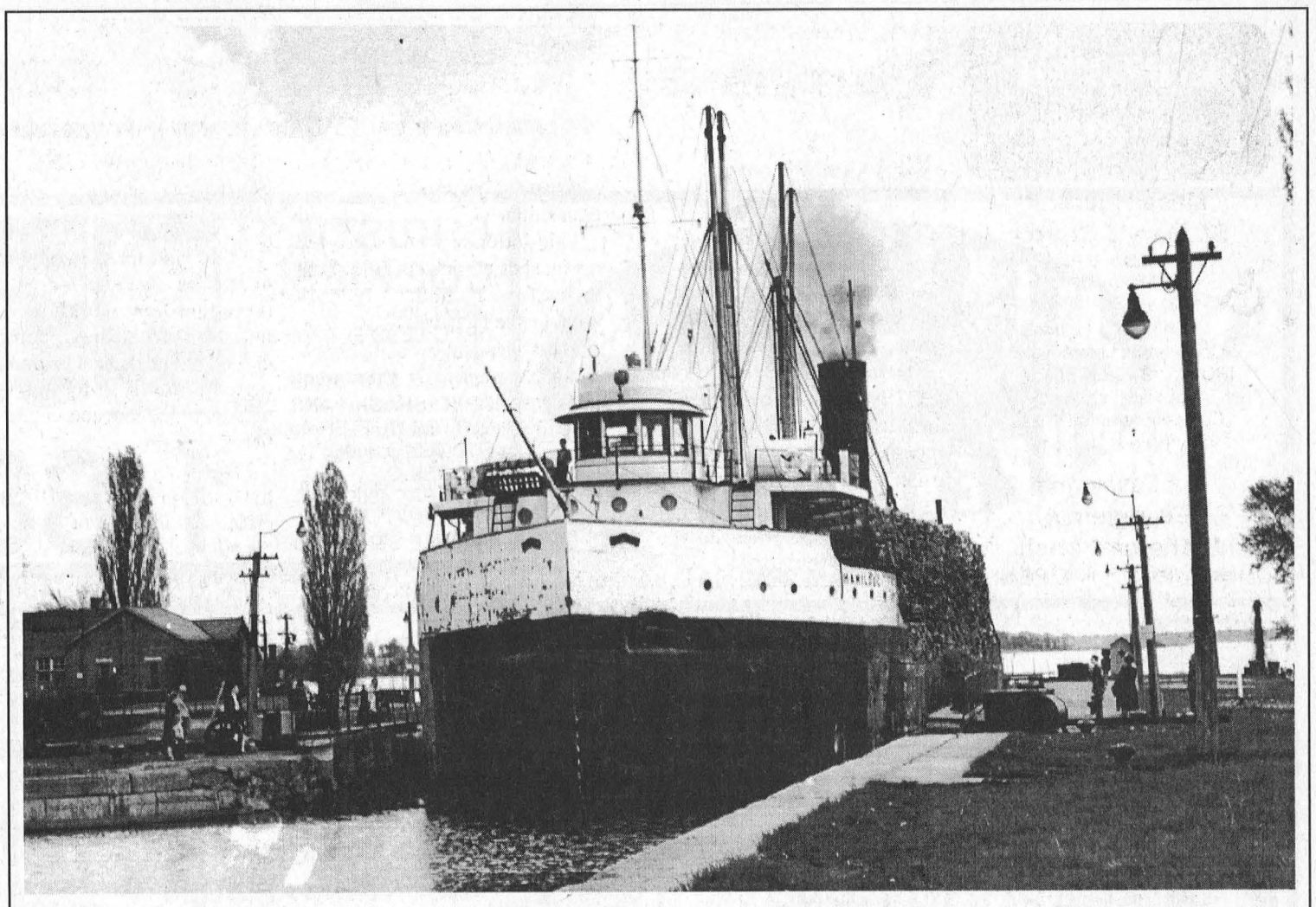
The Ontario Hunter Education program currently includes instruction on firearms and safe firearm handling, legal responsibilities, hunting ethics, wildlife identification and management and survival skills. A Ministry fact sheet indicates individuals had limited opportunity to develop these skills outside of a classroom setting.

Notwithstanding this intent to extend hunter safety education by including pre-teens, the general public has many justifiable misgivings.

Private polling within the Nickel Belt riding indicated weak public support for the revision. Ninety-four per cent of respondents were opposed to a change in Ontario laws that would allow youth as young as 12 to use firearms to hunt. And 72 per cent of respondents said they did not support an Ontario law that would allow youth as young as 15 to use firearms to hunt. Two-thirds or 67 per cent of respondents would not support the program even if the 12 year old undertook hunter training and was under the supervision of a licensed hunter 18 years of age or older,

Rick Smith, director of the International Federation for Animal Welfare Canada said he was "very uncomfortable with the secrecy around the implementation of the program. A program that would allow 12 year olds to operate firearms is not only detrimental to animals, it is a potential threat to the public at large."

The secrecy surrounding the decision smacks of a move to please a lobby group without public consultation, or thorough investigation of a program's potential impact. *C.T.*



The "HAMILDOC" passes through Lock 23 at Morrisburg with a load of pulpwood prior to the St. Lawrence Seaway project.

Photo courtesy of Smith's Photo Studio

This Week In Morrisburg's History

Compiled from The Leader's fyles by Laurie Day

1988

A family living on Concession 5 in Williamsburg Twp., narrowly escaped death in a fire which destroyed their home. A sleeping Linda Wicks was alerted to the blaze by her son's cries of "Fire" and with her two children, David and Leslie, she left her home immediately through the back door. They escaped the home seconds before a window exploded. The cause of the blaze was unknown.

A spill of PCBs from an Ontario Hydro transformer August 31, northeast of Dunbar, was under further investigation by the Ministry of the Environment. The transformer leaked about two litres of transformer oil which tested at 28 milligrams per litre, according to Glen Vasie, area officer supervisor. The chemical was not classified as PCB waste unless it was close to 50 mg per litre.

Attendance at the Upper Canada Playhouse represented a decrease of about 2,000 from the previous season, but GM Lois Rosenquist, said a number of suggestions were pointed out to explain the smaller crowds, including the summer's extreme heat. The Playhouse was going to be staying in the tent for one more year and plans were underway for a major fundraiser to build a new home for the thespians.

1978

The September 27 issue of The Leader reported the Morrisburg and District Chamber of Commerce was to open its annual Trade and Home Arama at the arena Thursday evening. Some 50 exhibitors were taking part in the show and a large crowd was expected.

The annual Lions Club Applefest was an overwhelming success with about 711 individuals out for the dance and hundreds of others stopping in a the arena throughout the day. Mrs. Ethel Saddlemire picked up a first place in the apple pie baking contest and Gord McGregor took over from Bill Tupper as the pie eating champ. In their first round the two tied by devouring a 16-inch apple pie in 16 seconds. Round two, which took a bit longer, was won by McGregor.

Several businesses in the village were undergoing major changes including the Bank of Nova Scotia which was planning an expansion. The Morrisburg Dairy building was undergoing interior changes and it was to house a jewellry store, an antique dealer and a third outlet leased by the provincial government.

At Heinz Food Market, Burns cottage rolls were $1.39 a pound, and Chase and Sanborn ground coffee was $2.99 per pound.

1968

The October 4 issue of The Leader reported the Morrisburg Combines would play all their home games at the Morrisburg Community Centre this season.

The Cardinal Pats won the Dundas Softball League playoff championship by defeating the Williamsburg Pioneers. Since the Fred M. Cass trophy had been set up for play, Williamsburg had won it five times, Cardinal four and South Mountain, twice.

At the Dominion, a 50 pound bag of Ontario No. 1 potatoes was 99 cents and cooked ham steaks were 89 cents a pound.

1958

It was reported in the October 3 issue of The Leader that F. William Nicks, vice president of the Bank of Nova Scotia, had announced the introduction of a complete consumer loan and installment credit service, to be known as Scotia Plan Loans. The Scotia Plan Loan included three types of loans—signature loans, automobile loans and home furnishings loans. It was not until the last revision of the Bank Act in 1954 that the chartered banks of Canada were permitted to make loans against chattel mortgages.

Jean Casselman, 38-year-old widow of the Dean of the House of Commons, Ltd., Col. A.C. Casselman had won a smashing victory in the Monday by-election defeating Prescott mayor, Mark P. Salmon, by almost two votes to one. Mrs. Casselman ran very strongly in almost all centres in the riding except Morrisburg and Williamsburg Twp. to roll up an impressive victory of 10,306 votes to 5,378 for her Liberal opponent. By her victory, Mrs. Casselman became the third woman in the House of Commons and a member of the first father and daughter team in The House. Her father, The Hon. Earl Rowe, was MP for Dufferin-Simcoe and became Dean of the Commons after the death of Mr. Casselman.

Morrisburg High School held its annual track and field day from which participants were selected for the upcoming interschool meet in Iroquois. Boys senior champ was Doug Casselman, intermediate was Mervyn Wells and junior was Bill Barclay. For the girls, the senior champ was Judy Ing, intermediate Marilyn Hill and junior Catherine Merrill.

The opening of Hubert Duvall's Texaco Service Station on No. 2 Highway and St. Lawrence St., Morrisburg was announced.

1948

The October 1 issue of The Leader reported PCS Francis C. VanAllen, son of Georgina B. VanAllen of R.R. 1 Morrisburg, had

Continued on Page 5

Seen 'n heard Around The Town

On September 16, Nelda Hanes, formerly of Morrisburg, made a visit to the Hospital for Sick Children in Toronto. It was there, 80 years ago, that Nelda underwent radical orthopedic surgery. The surgeon broke the legs of the three-year-old and reset them. This surgery enabled Nelda to live a normal life—able to run and play with her family. Dr. Salter, present head of Orthopedics at "Sick Kids" took Nelda, her nephew Clare, and her cousin Dorothy, on a tour of the hospital. Nelda recalls the burden of the knee high casts. Her mother acquired a stroller in which to move her heavy little girl. The surgery was very rare in 1918, and the decision by her parents was questioned by many who knew them. Nelda grew up in Brinston, married Brooks Hanes, taught school for 30 years and retired to Orchard Way. She is presently residing at Chateau Cornwall.

•••

Locations for the golden apple this week are: Gregor's Place, Lee's Restaurant, Pier 31, The Village Green, The Cook's Corner, Radio Shack, the LCBO, Stradwick Custom Flooring, and the Lucky Dollar Plus. Sponsored by the BIA, the "I Spy The Golden Apple" contest will run until the Applefest on October 3. Keep a lookout here for the locations of the golden apple each week. There are six golden apples placed in different stores, and if you find five of them, list the locations on ballots in corresponding stores. You could be eligible for some awesome prizes, to be given away at Applefest in Morrisburg.

•••

There is no shortage of talent in this area. Upper Canada Playhouse will be showcasing some of the best on Saturday, October 3, to cap the Applefest event. Variety acts include vocal, instrumental, magic and dancing. In keeping with the apple theme, delicious apple desserts will be on sale at intermission. Tickets for the Applefest Talent Showcase are $10 and can be reserved by calling 543-3713.

On the Upper Canada Playhouse note, they held their trivia night on Saturday at the Lancer Community Centre. A great time was had by all, however, a final total of funds raised wasn't available at press time.

•••

The Ingleside Seniors Support Centre will be holding their annual Appreciation Luncheon on Thursday, where the Senior of the Year will be announced. Lori Emmell wouldn't release that information at this time, but we'll let you know who the recipient is next week, right here.

•••

As of October 1st, Kathy Baldwin is moving her salon in Williamsburg (KB's Hair Salon) to her home in Riverside Heights. Call her for details at 543-4087.

Church Directory

Mass Hours at St. Mary's Church
Father David Pope
MORRISBURG
Saturday - 7:30 p.m.
Sunday - 11:00 a.m.
Confessions before mass
IROQUOIS - ST. CECILIA'S
Sunday - 9:00 a.m.
Confessions before mass
Everyone Is Welcome

St. Lawrence Evangelical Lutheran Parish
Pastor: Rev. Jo Barkley- Probst
Office: 543-3154 or Office: 543-2480
WORSHIP & SUNDAY SCHOOL
Sunday, September 27, 1998
9:30 a.m.
St. Paul's, Morrisburg
Nursery Available
11:15 a.m.
St. John's Riverside Heights
Rejoice in the Lord always!
WELCOME

The United Church of Canada
LAKESHORE DRIVE
UNITED CHURCH
Morrisburg, Ontario
Telephone 543-2353
Minister
Rev. Donald Smith, B.A., M.Div.
Organist & Choir Director
Michael Goodwin
Sunday, September 27, 1998
10:30 a.m. - Worship Service

The Anglican Parish of Morrisburg-Iroquois-Riverside Heights
invites you to worship with us in our beautiful heritage churches
St. James, 20 High St., Morrisburg
St. John The Baptist, Lakeview Dr., Iroquois
Holy Trinity, Riverside Heights
The Rev. Bill Byers, Rector, 543-3904
Sunday, September 27, 1998
8:00 a.m. — St. James
9:15 a.m. — St. James
11:00 a.m. – St. John's
Sunday School at
St. James' & St. John's
Rectory 543-2867

The Presbyterian Church in Canada
KNOX PRESBYTERIAN CHURCH
Morrisburg, Ontario
Pastor: Rev. Gregory Blatch
Organist: Gary Postma
Sunday, September 27, 1998
No Service Sunday, September 27th so that you may attend the 125th Anniversary Service at the Dunbar Presbuterian Church.
Service Time at Dunbar 11 A.M.
Guest Preacher:
Rev. Linda Bell
Former Moderator of The Presbyterian Church In Canada
Music: The Matilda Trio
Lunch to follow

Christian Reformed Church
Williamsburg, Ontario
Pastor Rev. George Rowaan
Tel: 448-2351
Sunday, September 27, 1998
at 9:30 a.m. and 7:30 p.m.
AM: "A Very Small Door"
Matthew 18: 1-5; Luke 13: 22-30
Harvest House Choir
Sunday School for Children ages 3-6
PM: "The High Cost of Love"
Hosea 3
Pastor Rowan at both services
Please join us for worship.

Morrisburg Pentecostal Tabernacle
Pastor: Rev. Duncan Perry
Office 543-2681
Sunday, September 27, 1998
9:45 a.m. - Family Bible Hour
10:45 a.m. - Morning Worship
7:00 p.m. - Evening Worship
Tuesday –
7:00 p.m. - Bible Study & Prayer
Wednesday –
7:00 p.m. - Kid's Klub
Friday –
7:00 p.m. - Youth Aflame
Come And See What Jesus Can Do For You!!

Williamsburg United Church
Minister
Rev. Sandy Macpherson
Organists
Joye Loucks & Susan Barkley
Sunday, September 27, 1998
10:30 a.m. - Anniversary Sunday
Guest Singers - South Mountain Gospel Singers
Sunday School & Nursery Available

St. Peter's - St. Luke's Evangelical Lutheran Parish
Pastor: Rev. Diane Raddatz
Tel: 535-2569
Dunbar – St. Luke's
Sundays – 9:15 a.m.
Williamsburg – St. Peter's
Worship & Sunday School
Sunday 11:00 a.m.
Everyone Welcome

This Week In Morrisburg History

Continued from Page 4

begun his training at the USAF Technical School at Fort Francis E. Warren, Cheyenne Wyoming.

The duck hunting season officially opened on October 2 and was to close November 15. Local hunters were reporting their plenty of wood ducks, teal and black with bluebills and whistlers beginning to come from the north.

New unemployment insurance rates were announced, the weekly rate for earnings of $34 or more being 42 cents. Weekly and monthly rated employees earning more than $3,120 per year could not be insured.

1938

Not Available

1928

It was reported in the October 5 issue of The Leader that Cephus R. Smyth of Dundela was selling handpicked McIntosh apples for $4 a bushel. Wealthys were going for $3 a bushel and Windfalls at 50 cents per bushel.

The hotel Winchester was about to change hands. Mr. George Mowat who had successfully conducted the hotel for 10 years had sold out to Mr. Singleton of Kingston.

At the Dominion, Sherriffs orange marmalade was 19 cents a 12-ounce jar and Kraft cheese was 21 cents a half-pound package.

Charles Gurd and Co. announced it was now selling its Ginger Beer in glass bottles.

Letters to the Editor

Editor, Morrisburg Leader
Morrisburg, Ontario
Dear Editor

This letter is concerning the rabies shot clinic set up in local towns for cats and dogs sponsored by the local veterinary.

The rabies clinic was held Saturday, September 12. There were signs posted in store windows and advertisements in all papers. My reason for writing this letter is that the sign in a store window of the Ingleside Plaza stated rabies clinic contact your local vet. There was a phone number which is the number of the Eastern Ontario Health Unit. Many local residents called and were told the clinic was to be held at the Ingleside Fire Hall from 1 to 4 p.m. with a fee of $15.

Many arrived at the proper place and time to find a note saying "Rabies clinic at Morrisburg Fire Hall."

Why was our local vet not here? Other years a clinic was held in Ingleside as well as in Morrisburg.

There was no rabies clinic in South Stormont township. We have a local vet office in Ingleside. We are often reminded to support our local business, but how when they are a no show.

Why should residents of South Stormont go to Dundas county with their pets, when there is a vet office here?

LINDA MARKELL
INGLESIDE

Editor, Morrisburg Leader
Morrisburg, Ontario
Dear Editor

Thank you for the opportunity to address all those individuals, their families and significant loved ones that have come to depend on the dedication and loving care provided by the VON nurses throughout the communities of Ontario.

We want you to know that we perform our duties with great pride and each one of us made a conscious decision to practice our chosen profession in an environment where people are most comfortable, safe and able to maintain dignity and control over the sometimes life altering burdens placed on them.

We want all of you to know that we greatly appreciate and respect your faith in us, and the autonomy that you have confidently awarded us in providing the best possible nursing care within the community. We feel very gratified when we can help even in a small way and though we often share heartbreaking situations we hope the sharing lessons the burden unfortunately placed upon you and yours.

It is because of this sharing that we would like to now share with you the difficulties that have been placed upon us by our employer and the organization that we have so proudly represented throughout the years. We feel that we must defend ourselves and make the public aware that we have been placed in a position where we have to defend, and try to maintain, and we repeat maintain the financial status placed upon us that has been in effect for many years.

It would be irresponsible of us to allow those dependent on our care to think that we would put them in jeopardy over the allegations of want for an increase in financial status. On the contrary, we want status quo.

Over the years we have complacently taken cuts to our mileage, lost fleet cars, went without salary increases, and readily accepted Rae days (our patriotic contribution to the national debt), and now we want you to know we have presently been put in the situation where our backs are against the wall and we have no option but to push back.

It is with great regret that for once we must put our duties aside and demand the dignity, respect, and fair treatment we feel we justly deserve for the tireless dedication in which we dispense those duties. We want you to know that we the nurses are very conscious of the quality of care you receive, and make it our personal responsibility to maintain and upgrade our nursing skills so that you and yours receive the care you so richly deserve.

We hope this letter assures you that you are foremost in our minds, and that you can somehow find it in your heart to grant us the time to find a remedy, if not a solution to the unfortunate situation in which we have been placed.

Thank you for your support, we hold you in our hearts.

Sincerely,

JAYE SULLIVAN-DALEY
ONTARIO NURSES ASSOCIATION
VON LOCAL 42



Retired teachers celebrate 25th anniversary

The retired teachers of SD&G celebrated the 25th anniversary of their organization with a dinner at the Iroquois Legion Sept. 15. A large number of new retirees attended, and all enjoyed hearing guest speaker, Laura Sabourin, past president of this District and of the Provincial organization. She spoke of the value of laughter, and her infectious humour ended the day on a pleasant, entertaining note. Pictured are those past presidents who were able to attend: Clifford C. Hart, Lionel Chartrand, Doreen Marcellus, Raynaud Bourdeau, Sr. Angeline Moreau, Reta Raymond, Marjorie Thompson, Francine Richer, Veronique Sauve, Laura Sabourin, Annabel McNaughton, and Roland Major. Submitted photo

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Crime Stoppers: It's your program, and it works

by Laurie Day
Leader staff

LONG SAULT—This week, Crime Stoppers is highlighting an incident...

We read this every week in papers throughout the region. Whether the crime highlighted is a break-in, a theft, marijuana, or even murder, if you have a tip, you're urged to call Crime Stoppers. It's a free call, 1-800-265-TIPS. And if you call this number, your tip is a good one, meaning it has led to an arrest, then you're eligible for a cash reward of up to $1,000.

Sounds almost too good to be true. You call in a crime: Receive up to 1,000 bucks. It's a program offered in the Seaway Valley, and it's helping to stop crime in our region.

"It really works," says Sgt. Dave McDonald of the Upper Canada OPP, who is the co-ordinator of this program for SD&G, Cornwall and Awksesane, and even through Northern New York State through Franklin and St. Lawrence Counties. "Crime Stoppers is a program here for people who fear retaliation."

If you are afraid of being dubbed a 'rat', a 'nark' or even a 'tattletale', the anonymity of information being obtained by police through the TIPS line is your guarantee you won't be caught for 'squealing' on someone taking part in illegal matters.

"In a perfect world, police would be contacted face-to-face," said Sgt. McDonald. "Crime Stoppers is just another avenue for people to help us get the guys doing the crimes."

Governed by a board of volunteer directors, Crime Stoppers establishes policies, raises funds, and determines the amount of awards given out for tips.

"We as a police department, don't decide how much to pay out," said Sgt. McDonald. "The Board that governs Crime Stoppers decides as a whole how much each specific case will cost. Then, if we get say, five phone calls all for the same case, and we've decided that the case is worth $100 to solve, then all five will receive $20 each."

But then again, it depends on the quality of information received, the type of crime committed, the number of arrests the tip led to, as well as the value of the case to be solved, as to how much of a reward is given out.

"I've given out $1,000 quite a few times," said Sgt. McDonald. "But that size of an award is usually given to arrests made in cases such as murder."

The rewards paid out are not tax dollars. Since Crime Stoppers is incorporated as a charitable organization, all donations to the organization are deductible.

The goal of Crime Stoppers is to encourage the public to communicate information to the program via telephone. This program shares its information with the police—in this case, Sgt. McDonald is a trained OPP Sergeant, who is the coordinator of Crime Stoppers—to assist them in their investigations.

This time of the year, Crime Stoppers is particularly active locating marijuana.

"As farmers' crops approach harvest season (specifically corn) the marijuana crop also peaks," he said. "That's when we find the largest quantity of marijuana."

Just this week, another marijuana bust was made in Dundas County as the street value of the confiscated pot has reached the $1M mark.

"This haul (of pot) was well cultivated," said Randy Millar, Detective Sergeant with the East Region Crime Unit, as he unlocked the door to a well-guarded 'potting' shed in Long Sault used to house yanked plants for incineration.

"We pulled 543 very healthy females," said Sgt. Millar. "They are all high quality plants, and started hydroponically and are worth approximately $500,000. They've been well cultivated, and all the males had been weeded out. They were just starting to bud when we located them."

Crime Stoppers has a special "Operation Pot Spot" for this time of the year, as they target aviation enthusiasts and agriculturalists (farmers) to help spot the pot in rural fields, along fence lines.

The outdoor cultivation of marijuana throughout Ontario has been a thorn in the side of law enforcement for many years. Marijuana is grown in fields alongside other legitimate crops, and is often done without the knowledge or consent of the land owners.

From the ground, marijuana is concealed from view by the surrounding crops. From the sky, it is plainly distinguished from the legitimate crops. Recently, those responsible for the cultivation of pot have begun to grow their crop in wood lots in an effort to conceal their plants from the air.

When you call Crime Stoppers with a tip, you will be assigned a special code number which you will use to identify yourself in all future contacts with Crime Stoppers.

Your call will never be traced or recorded (I tried the *69 from the Crime Stoppers phone at Long Sault...doesn't work) as they don't want to know who you are.

"We just want your information," said Sgt. McDonald. "Sometimes we can sit there all day and not get one phone call. Other days, we'll be swamped."

Once you—as a tipster—are given a code number, it is up to you to keep in contact with Crime Stoppers to see how the case is going. In about two weeks, call the office again, and if the case has been solved, you are eligible for a reward. You will then be given a location—usually one where there is a front desk with a receptionist—to pick up your cash, which will be stuffed inside an envelope and waiting for you once you give you're code name.

"You just go to the location we tell you, say to the receptionist you're here to pick up an envelope for 'John Doe' and you'll receive the envelope with the cash reward," said Sgt. McDonald. "Easy as that, and you never have to give your name, or testify in court."

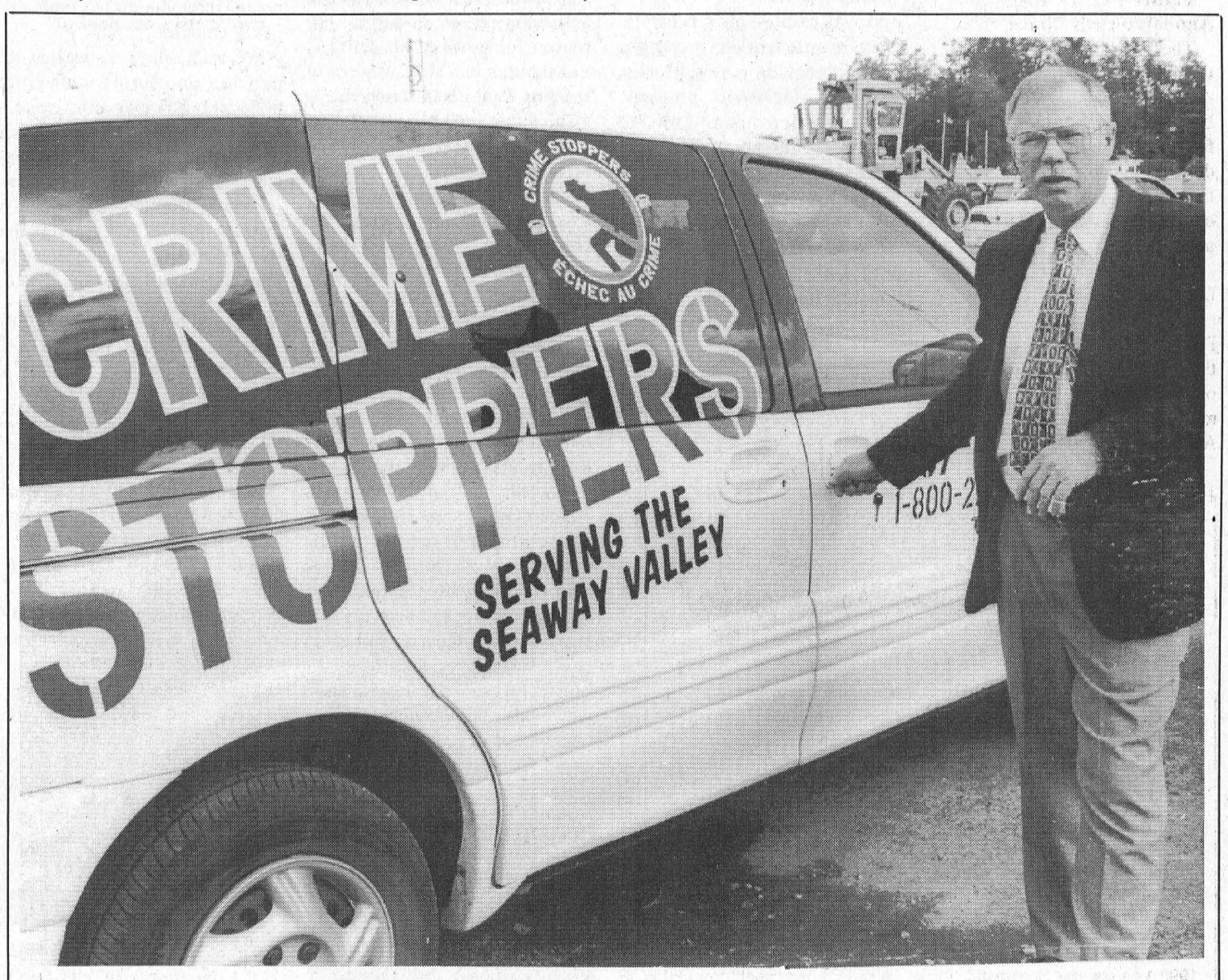
You may have noticed three telephone numbers for Crime Stoppers: 1-800-265-TIPS (8477); 937-8477 or 1-800-222-TIPS. The first is for long distance calling in the Seaway Valley area, the second is for Cornwall and area residents, and the third is a generic number, which will put you in touch with the closest Crime Stoppers office nearby.

Since relocating their office from Cornwall's Pitt Street, to the OPP Detachment at Long Sault, Crime Stoppers has become more visible and more viable in their efforts to help the OPP combat crime in our communities.

"Being in the same building sure has the advantages," said Sgt. McDonald. Of the 40 Crime Stoppers programs in the province, 26 have OPP co-ordinators like Sgt. McDonald—it was his assignment, just like Const. Joel Doiron was assigned to Community Service, or Const. Chris Whaley was assigned to Traffic Management.

Since Crime Stoppers began locally in Seaway Valley, there have been dramatic results. Crimes solved total close to 500, while number of persons charged equals 650, and over $3.5 million worth of property has been recovered.

So, remember...If you have information on a crime call Crime Stoppers at 1-800-265-8477. It's your program, and it works.



Crime Stoppers
Sgt. Dave McDonald of the Upper Canada OPP Detachment, and coordinator for the Seaway Valley Crime Stoppers is pictured "breaking into" the Crime Stoppers van at Long Sault. Actually, Sgt. McDonald took time out of his busy schedule to meet with The Leader and talk about the program and the good it's doing in our community. *—Day photo*

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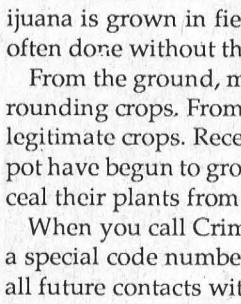

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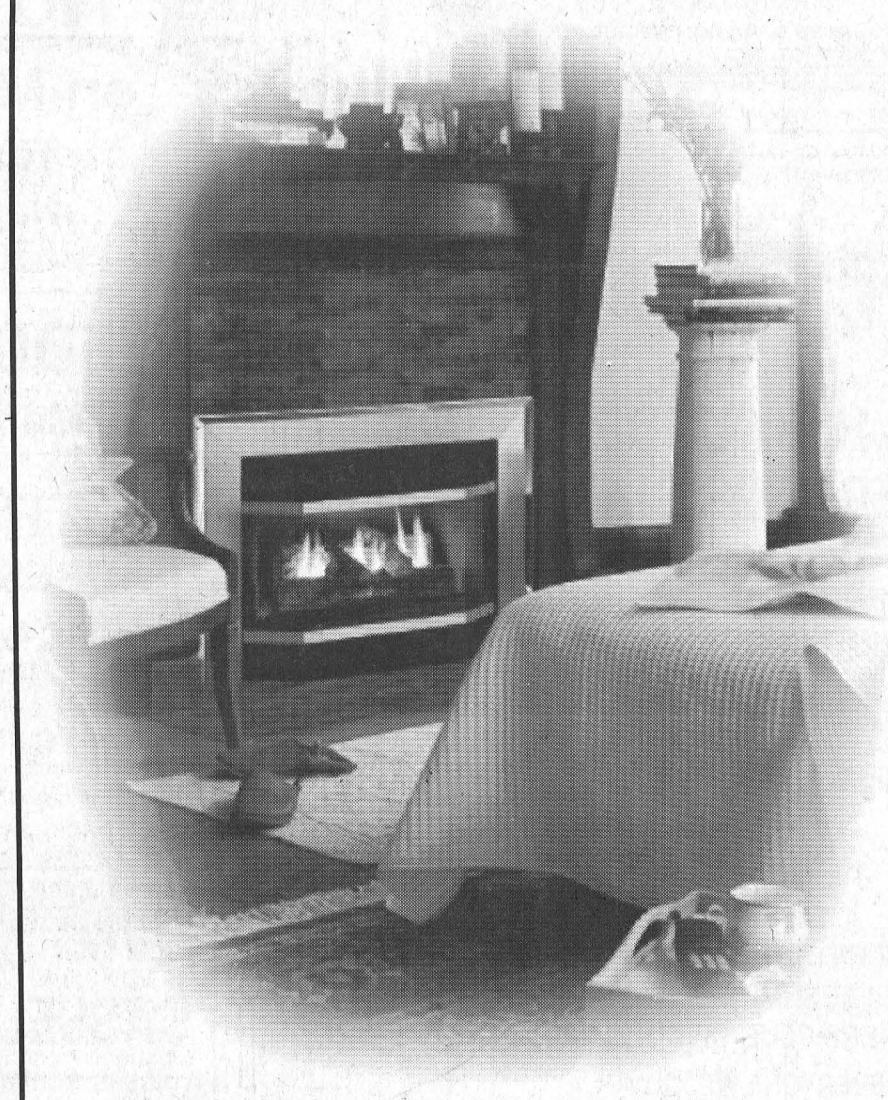

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Natural gas fireplaces

Eastern Ontario Catholic Board meets

CORNWALL—During the meeting of September 1, 1998, the Board was pleased to welcome Sarah Smith as Student Representative on the Board.

Father Patrick Fogarty 15th Annual Awards Dinner

The Board will be supporting the Father Patrick Fogarty 15th Annual Awards Dinner on October 24 by purchasing one ticket for each of the five secondary students nominated by their respective high school and a ticket for one parent of each of the five students.

The objectives of the Awards Dinner are to celebrate the outstanding contribution of Catholic Education in Ontario, to present the Foundation's Medal of Honour to Tom Reilly, and to honour recipients of the Catholic Student Award.

The new Board logo was presented to and approved by the Board. Its design connects the new Board to the former jurisdictions by taking parts of the old logos to form the new one. These parts include:

a) The circle from the S.D> & G. Board symbolizing unity. Unity of purpose, geography and unity of mission.

b) The Cross from the Lanark, Leeds and Grenville Board symbolizing the religious nature of the Board and reason for being.

c) The Dove from the Prescott Russell Board symbolizing the Holy Spirit and the wisdom present in the system.

Former Superintendent of Education, Deirdre Thomas and former Coordinator of Religious Education, Carole Murphy, are commended for designing the logo.

Restructuring Funds

The Board was pleased to learn that it has been awarded approximately $4.5 million in transitional funds by the Ministry of Education and Training. The funds are intended to ease the amalgamation process by assisting with costs related to technological changes, progress needs and personnel issues.

Building Projects in Kemptville

The architects previously hired to prepare plans for the Board office facilities in Kemptville, The Thompson Rosemount Group form Cornwall, have been asked to also prepare plans for the building of the secondary school on the same site. The Board will soon be tendering for a Project Manager for the projects.

School Councils

The Board supported the motion by the Simcoe Muskoka Catholic District School Board requesting that the item pertaining to the membership on Catholic School Councils be included on the September 18th regional meeting.

Joint Health Safety Committee

The Board has approved the establishment of a Joint Health and Safety Committee. Its membership will include six representatives of the employer, six representatives of the employees and a Safety Coordinator as resource person.

Youth Conference

The Board will support the Youth Conference being organized by the Archdiocese of Kingston by contributing $500. The Youth Conference will be held on Saturday, October 24, 1998 in Kingston.

Enrolment Statistics

The Board was pleased that the system's student enrolment increased above the projected figures and well above the enrolment in schools in June 1998.

Overall, student enrolment on September 8 rose by 786 students (6.1 %) over the June 30th enrolment. Elementary enrolment increased by 385 students (3.7%) and secondary enrolment by 401 students (15.4%). The largest increases were experienced by St. Jude, Vankleek Hill with 87 students (33.7%), Mother Teresa, Russell, with 75 students (25.1 per cent), St. John Catholic High School, Perth with 138 students (19.3%) and St. Joseph's Secondary School, Cornwall with 124 students (12.9%).

Next Board meetings

The next Board meetings of the Catholic District School Board of Eastern Ontario will be held on Tuesday, October 6 and Tuesday, October 20 at the Eastern Region Board Office in Cornwall. The public session begins at 8 p.m.

Changes at Morrisburg Public

MORRISBURG—This summer has seen a number of changes in Morrisburg Public School, and there will be many more as the new amalgamated board gradually blends the operations of the four former boards.

M.P.S. is now part of the Central Region of the Upper Canada District School Board. The offices for the region are in Brockville at the former Windsor School. The Superintendent is Mr. David Reid. The telephone number for the Central Education Centre is 345-3180.

In the school, there are many new staff to welcome. Mrs. Heather MacPherson is teaching Senior Kindergarten. She lives locally (Williamsburg), but has taught in Cornwall for the past several years.

Mrs. Kim MacCormick is teaching grade 1-2 from now until the March Break. She has taught in several classes in our school system, but is looking forward to her first "start" with a class.

Ms. Nancy Beavers is the "regular" grade 1-2 teacher, but is presently on a maternity leave. She will return to her duties in March.

Mrs. Kelty Grant is teaching one of the grade 5 classes. She has had a variety of experience teaching in Cornwall and Akwesasne.

In addition to the new staff, two other teachers have accepted new assignments. Mrs. Susan Ennis is teaching grade 3-4 and Mrs. Ann Barkley will be with Junior Kindergarten.

The final change in the school is that Mrs. Wendy MacGregor has been assigned to Iroquois Public School. MacGregor has been a teacher assistant at Morrisburg for the past eight years. During that time, she helped teachers and children in uncountable ways. She worked one-to-one with children on academic, speech therapy, occupational therapy and physiotherapy programs. She supported and participated in all school wide events and was instrumental in organizing book fairs, the school photograph program, and the yearbook. MacGregor's creative flair and commitment to children will be missed at Morrisburg Public School.

VON Strike

– continued from page 1

VON has not sought a wage rollback but has asked the union to accept concessions in other areas.

Unfortunately, ONA members at the four Central Negotiating branches of the VON were unwilling to agree to the concessions being sought by the four branches. If this labor dispute is not successfully resolved, the ability of the VON to obtain further home care contracts with CCAC's in the "managed competition" model will be jeopardized. The end result may be a significant loss of jobs for many VON employees.

In anticipation of a possible strike action by ONA, the local CCAC's of the four central negotiating branches directed a transfer of clients approximately two weeks ago. In accordance with local CCAC direction the four VON branches began transfer of clients, in mast cases staged, to alternate home health care providers this week. The CCAC's have advised the four VON branches that no referrals of new clients will be made at least until the labor dispute has been resolved.

The transfer of clients to alternate service providers was designed only to ensure that those clients currently receiving home health care services from the VON will continue to have their service provided without any interruption. Services provided by any of the other 27 branches of the VON in Ontario will not be affected.

The VON is distressed at how the changes in the health care system have forced them into this position with the union. The VON believes that community health care nurses are an integral part of the health care system and values and respects their work. The four branches of the VON central negotiation group are willing to return to the negotiation table with ONA to resolve this labor dispute.

The VON commitment to the community and to nurses remains the same. The VON is committed to providing nursing, home support and charitable programs without compromising the high standards they have set in the community health care field and the quality of service for which they are known.

Correction

A story about business taxes in last week's edition incorrectly named the owner of Edie's House of Fashion. Karen Morrow is the owner of Edie's House of Fashion. The Leader apologizes for the error.

Information on Mental Illness

The Family Support Network presents a free information session for friends, families and caregivers of people with serious mental illness at the Nor Dun Seniors Support Centre at 517 A Mill Street, Winchester from 7 p.m. to 10 p.m. on October 8. Speakers include Dr. Philip Cheifetz, acting clinical director of Children's Mental Health Services; Leonard Wall, president of Schizophrenia Society, Ottawa-Carleton; Chaplin Chuck Spicer, Royal Ottawa Hospital; Mary Sheen, Tri-County Mental Health; Gail Robinson A.C.R.P.; Kim Height, Canadian Mental Health Association and Cathy Went, Family Support Network. Please call (613) 933-5845 or 1-800-493-8271 by October 1 to confirm attendance.

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1998 Lumina LS, grey, fully equipped, 17,000 kms. **Sale Priced $20,995.**
1998 Lumina LS, green, fully equipped, 22,000 kms. **Sale Priced $19,995.**
1998 Malibu, 4 dr., lt. gold, V6, auto., air, p.w., p.d.l., tilt & cruise, cassette, alum. wheels, 20,000 kms. **Sale Priced $19,900**
1998 Grand Am, 4 dr., sage green, V6, auto., air, fully equipped, 29,000 kms. **Sale Priced $18,200.**
1997 Tahoe LS, 4x4, 4 dr., black & silver, fully equipped, cloth interior, only 6,300 kms. **Sale Priced $37,900.**
1997 Cavalier, 2 dr., gold, 4 cyl., auto., air, cassette, rear spoiler & more, only 200 kms. **Sale Priced $15,995.**
1997 Aurora, white, fully equipped, leather interior, power sunroof, 23,000 kms. **Sale Priced $34,900.**
1997 Cavalier, 2 dr., maroon, 4 cyl., auto., air, cassette & more. 37,000 kms. **Sale Priced $12,995.**
1997 Buick Regal LS, 4 dr maroon, fully equipped. Power seat, 32,000 kms. **Sale Priced $21,900.**
1997 Aurora, green, fully equipped, leather interior, power sunroof. 23,000 kms, **Sale Priced $34,995.** SOLD
1997 Cavalier LS Convertible, white, fully equipped, almost new, only 1,100 kms. **Sale Priced $20,500.**
1997 Cavalier, 2 dr. (2 to choose) black and teal, 4 cyl, auto, air, cassette, rear spoiler, 15 inch wheels, and more. Less than 200 kms. **Sale Priced from $15,500.** SOLD
1997 Tahoe LT, 4 door brown, 4x4, leather interior, fully equipped, trailering package, and running boards. Only 12,500 kms. **Sale Priced, $38,900.**
1997 Chevy Silverado Ext. Cab 4x4, 3 door, fully equipped, power seat, CD and Cassette, 350 V8, only 10,300 kms. **Sale Priced $30,900.** SOLD
1997 Regal LS, 4 dr., maroon, fully equipped, power seat, 32,000 kms. **Sale Priced $21,900.**
1997 Buick Skylark, 4 dr., white, split bench seat, power seat, fully equipped, 25,800 kms. **Sale Priced $17,400.** SOLD
1997 S Blazer LS 4x4, 4 dr. (2 to choose), maroon & white, fully equipped. **Sale Priced $26,300.**
1997 Astro Ext. Cargo, maroon, V6, auto., air, power windows & locks, tilt & cruise, cassette, keyless entry & more, 16,500 kms. **Sale Priced $20,700.**
1997 Bonneville SE, white, fully equipped, buckets, power seat, alum. wheels, rear spoiler & more, 31,800 kms. **Sale Priced $22,900.**
1997 Delta Royale, green, fully equipped, 31,000 kms. **Sale Priced $23,400.**
1997 Lumina (3 to choose), fully equipped, lt. blue, grey & green, 24,000 to 31,000 kms. **Sale Priced from $17,995.**
1997 Monte Carlo LS, white, fully equipped, buckets, alum. wheels & more, 36,000 kms. **Sale Priced $18,495.**
1997 Grand Am, 4 dr., (2 to choose) maroon and green, V6, auto., air, fully equipped, 33,000 kms. **Sale Priced from $15,995.**
1997 Astro CS Ext., med. blue, 8 pass., 4.3V6, auto., air, fully equipped, 30,200 kms. **Sale Priced $20,300.**
1997 Delta LS, silver, fully equipped, power seat, 27,500 kms. **Sale Priced $22,900.** SOLD
1997 GMC Sierra SL Pickup, V8, auto., air, tilt & cruise, 2-tone paint - maroon & gold, alum. wheels, bedliner & more, 21,000 kms. **Sale Priced $20,495.**
1997 Park Avenue Ultra, black, fully equipped, heated leather seats & power sunroof, 30,000 kms. **Sale Priced $32,900.**
1997 Cavalier 4-door Sedan, 3 to choose from, auto., air, cassette, 15" wheels, tilt & cruise, aqua, green or blue - **Starting at $13,700 or lease @ $242.60/month***
1996 Monte Carlo Z34, black, fully equipped, bucket seats, 94,500 kms. **Sale Priced $14,900.**
1996 Lumina APV, fully equipped, alum. wheels, white, *only 3000 km* - **Sale Priced $19,995.**
1995 Riviera, 2 dr., sage green, fully equipped, leather interior, heated seat, 49,200 kms. **Sale Priced $22,300.**
1995 Cavalier, 4 dr., red, 4 cyl., auto., air, 63,000 kms. Bal. of GM Ext. Warranty up to 100,000 kms. **Sale Priced $10,500.** SOLD
1994 Ciera, med. blue,well equipped, 70,000 kms. **Sale Priced $9,900.**
1994 Cavalier Wgn, V6, auto., air, power windows & locks, tilt & cruise, cassette, 103,000 kms. **Sale Priced $7,395.**

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SCHNEIDERS LITE WIENERS 1/2 PRICE SPECIAL $1.49 1-lb. pkg.

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"Taste the difference quality makes"

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PRE-FESTIVAL CONTESTS

Scarecrow Building & Bale Decorating Contest at the South Dundas Township Office. Bring your own supplies. Scarecrows must stand; bales may be an animal or human form, or depict farm equipment. Must pre-register. Building must take place from Sept. 5 - 14. Judging held Sept. 14 at 3 pm. 535-2018 for info

Decorated House Contest using a harvest theme. Pick up new entry forms and rules at Black's TV. Open to any house in Ward 1. Pre-register by Sept. 23. Judging at 3:30 pm Sept. 25. 535-2561 for info

***NEW!* Harvest Theme Door!** Decorate the door to your home or business. Open to villagers only; not open to Decorated House entries. Pre-register by Sept. 23. Judged Sept. 25 at 3:30 pm. Entry forms and rules at Williamsburg Garage. 535-2018 for info

Kid's Colouring Contest at Picadilly Press. Get your sheet at area businesses during Sept. 535-1139 for info

Guess the amount of pickled coin at Williamsburg's Bank of Montreal. From Sept. 21 to 26 at 6 pm. 535-2323

Guess How Many Crabapples in the Container at Canadian Tire from Sept. 21 - 26 at 3 pm. 535-2845

Guess the Weight of a Yard Tractor at Eastern Engines. Limited to one guess per person. From Sept. 21 to 26 at noon. 535-2488

Guess the Number of Beans in the Jar at 2nds Please. From Sept. 21 - 26 at 2 pm. West of flashing light at #12564. 535-1085

FRIDAY'S ATTRACTIONS

7 pm **MONSTER BINGO** under the heated tent
7 pm **Tallest Corn Stalk** at Roger's Barber Shop. Limited to residents of South Dundas. 535-2986

WILLIAMSBURG'S HARVEST FESTIVAL BINGO

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Doors open at 5 pm
Regular play begins at 7 pm

Seating for approximately 600 people
Players must be 18 years of age or over

CALL FOR INFO

Parade Registration	535-2264
Decorated House Contest	535-2561
Antique Vehicles and Equipment	535-2694
Craft Sale and Demonstration	535-2264
General Information	535-2264 or
For contest rules & regulations, see phone # listed by contest	535-2018

SATURDAY CONTESTS

10 am **Most Fruitful Garden Basket** at Lea Mar Variety. Judged on basket decoration & contents - preserves, flowers, vegetables, fruits or combination. 535-1031 for info

10-11 am **Best Apple Pie** at Park Lane Seniors' Support Centre. Judging at 2 pm. Info: 535-2924

10 am **Biggest/Heaviest Pumpkins** at Pinkus Tire. Info: 535-2759

10 am **Create a Harvest Centerpiece** must not exceed 12" diameter & height. Simser's General Store. 535-2199 for info

10 am **Heaviest Potato or Carrot** at the Williamsburg Post Office. Info: 535-2411

10:30 am **Best Children's Costume** with a harvest theme. Williamsburg Garage. 2 categories: 5 & under, 6 & over. Info: 535-2018

11 am **Best Decorated or Carved Pumpkins** at LMS Motor Sales. 535-2298 for info



11 am **Largest Sun flower Face & Zucchini** at Black's TV & Appliances. Info: 535-2561

2:30 pm **Miniature Scarecrow Contest** - not over 16" high. To be judged at Whitteker's Meat Market. 535-2310

UNDER THE HEATED TENT...

9 am-2:30 pm: **Craft Sale** - Approx. 40 exhibitors
5 pm: **Beef BBQ Buffet** - bar opens
7 pm: **Prizes awarded** & contest winners announced
8 pm: **Dance** to Jeff Callery - back by popular demand!

JOIN US AT THE PARK!

10 am - 2 pm **Children's Face Painting** under the Lion's tent

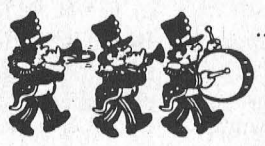
10 am - 2 pm **Petting Zoo & Pony Rides**

12 noon **Horseshoe Registration.** Tournament starts at 1 pm

12 - 3 pm **Guess weight of Beef on the Hoof** featuring Ron Wilson's Stillmeadow Limousin cattle

1 pm NEW! **Timberman's Demonstration** Additional shows at 2:30 and 4 pm

DON'T MISS THE PARADE!



...With a Harvest theme. Starts at noon, arrives at the park by 1 pm. Prizes will be awarded.

SPECIAL ATTRACTION! Rides beginning at the park at 10 am

THE BIG BIKE RIDE FOR STROKE

1 pm **Bessie Bingo** - three rounds. Advance tickets on sale in the craft tent. Pick your own square and round

1 - 4 pm **Antique Vehicles & Equipment Display** Call 535-2694 for info

1:30 pm **Lumber Sawing Demonstration** at the small diamond. Featuring Stephen Kenward

2 - 3:30 pm **Children's Games** at the ball diamond. Shoe scramble, relay, three-legged race...and more.

Join in the fun!



3:00 pm **Fire Dept. Extrication Demonstration**

3:30 pm **2nd Annual Cow Chip Toss**...and that's no bull!

SATURDAY MEAL DEALS

7-11 a.m.
IOOF Pancake Breakfast
at IOOF Hall, east of Flashing Light

8 a.m. - 9 p.m.
Flo's Chip Truck
Breakfast & Regular Menu

9 a.m. - 4 p.m.
2nds Please
Homemade Soups & Desserts
West of Flashing Light at #12364

10 a.m. - 8 p.m.
Special Harvest Menu
at Village Antiques & Tea Room
Licensed Patio • 535-2463

11 a.m. - 2 p.m.
Chili & Buns at the Park
by Christian Reformed Church Youth Group

11 a.m. - 2 p.m.
Bar-B-Q at the Park
by St. Peter's & St. Luke's Lutheran Churches
Oktoberfest Sausage, Sauerkraut, Hot Dogs & Drinks

11 a.m. - 4:30 p.m.
Hot Dogs, Snacks, Cold Drinks & Coffee
at the Park Recreation Booth

5 p.m. - 7 p.m.
Beef Bar-B-Q Dinner
at the Park Under the Tent
Takeouts Available from 4:30 - 5 p.m.
Sit-down Dinner from 5 - 7 p.m.
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Leader Sports

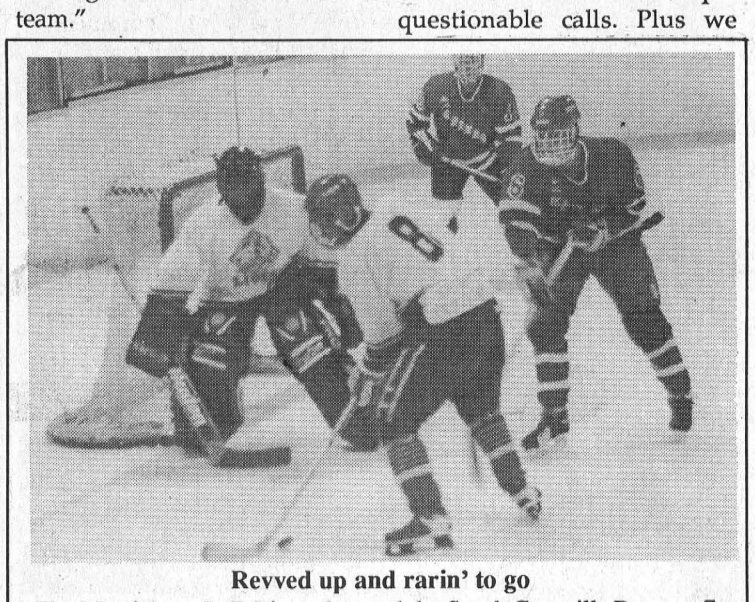
Jr. B Lions host Winchester Sunday in season opener

by Laurie Day
Leader staff

MORRISBURG—With three back-to-back wins and a healthy line-up, the Morrisburg Junior B Lions are ready to roar into the Eastern Ontario Jr. B Hockey League this Saturday, when they face off against Char-Lan Saturday in Williamstown.

"The boys are pumped and ready to roll," said coach Rob Casselman as the team's roster is now complete.

"We had an excellent weekend, and we learned a lot. We also signed a few more to the team."



Revved up and rarin' to go
The Morrisburg Jr. B Lions dropped the South Grenville Rangers 7-4 in exhibition action Thursday night.

The Lions played in a warm-up tournament Saturday in William-stown, where they played two games, posting a win and a loss—both games were decided in a shootout.

"It was a little too exciting," said the coach.

Brad Boivin, a Morrisburg native, and hot prospect with the team as a first year junior, scored the clincher in the shootout against Char-Lan for the 5-3 decision.

Chris Proulx fired a hat trick in the game as well.

"Chris will only be with us for 12 games, because he's going to Canton around Christmas," said Casselman. "He's going to University at Canton and will be playing hockey down there."

Travis Nelson, who is a returning player this season, also scored in the shootout against Char-Lan.

In the Lions second game of the tournament, they dropped a 4-3 decision to South Grenville, the team they upset here last Thursday 7-4 in an exhibition game—a game where Jason Cholette had a hat trick.

"Same team, but we got into a bit of trouble late in the game," Casselman said of the loss. "There were a couple questionable calls. Plus we were missing four guys in the tournament."

Casselman emphasized the great showing by local guys on the team this year during training camp, including some impressive performances from Boivin, Greg Millard of Iroquois, and Thomas Casselman from Williamsburg who have all been carded.

"We're very impressed with how well these guys have been performing. Both Jeremy and I have coached these guys at midget level, and they really worked hard to make the team this year."

Casselman was pleased with Boivin's ice time so far, and stated that he and Jamie Leger will form two-thirds of the team's fourth forward line.

"I have no problem putting Brad on the front line to cover for injuries or whatever," said the coach. "And he can play either wing or the centre."

There are three full lines this year, and the coaches are working on a fourth line. The top three lines will alternate according to the opposition.

"We have no first, second or third line. They're all pretty well balanced, plus we have all four defensemen returning this year," he said.

The coach tells us to be watching the team's top scorer from last year, Steph Champagne, and "Brad should get the odd point too."

"Carson Runions will also be one to watch," he added.

Stick person duties available

If you would like to be a stick person for the weekend for the Junior B Lions, coach Casselman asks that you enter your name, address and phone number in a box that will be available inside the door at the Morrisburg arena.

"It's open to anyone who would like to help us out for a weekend," said Casselman. "We'll pick a different stick (person) every weekend. And they can run around getting us tape, pucks, filling water bottles."

"A couple of kids asked me to help out last week, and we thought we'd try this, just to be fair to everyone," he said.

The Roster

The 1998-1999 roster has a good solid core of returning veterans, as well as a great mix of local guys.

Greg Hubert, comes from Long Sault, and he skated with the midgets last year. He is the team's number two goalie, and will be wearing #1.

Steve Iwachniuk will be wearing #2 as the team's captain, who is returning to the fold this season. Steve comes to the team from Ingleside, and plays defense.

Shawn Freeland of Cornwall returns to the defense line, and will wear #3.

Jeremy Alguire of Lunenburg is a first year junior, and will play defense. He has #4.

Taking #5 this season is Jamie Laframboise of Ingleside, who will also be affiliated with the Jr. C Vipers. He will play right wing for the Lions.

Number 6 is Nick Croteau of Iroquois, who returns to the den to play both forward and defense.

Number 7 is Wayne Garlough, a returning forward from Williamsburg, who is this week's player of the week. Check out his stats there.

A crowd favourite is Jamie Barkley of Williamsburg, a defen-seman who returns to the den this season wearing #8.

Wearing #9 will be midget-aged Thomas Casselman, who will be affiliated with Morrisburg for "a great many games," according to the coach.

Jason Cholette, a centre who will also be affiliated with the Long Sault Vipers, wears #10.

Carson Runions of Cornwall, is a forward from the midgets, who will have #12.

In the luck #13 jersey is Corey McAllister, who was signed just over the weekend, after being let go from the Brockville Jr. A Braves camp.

Chris Barkley of Williamsburg Twp. is a second year defenseman, wearing #14.

Tyson Matt, #15, is a returning defenseman from Cornwall.

Greg Millard of Iroquois, #16, is a first year Lion of midget age, who will play forward.

Jamie Leger is another first year forward, comes from Williamstown. He will wear #17.

Travis Nelson, #18, is a second year forwards from Canton.

Brad Boivin of Morrisburg will wear #19, and play forward.

Cornwall's returning top scorer, Steph Champagne, will wear #20 this year.

Chris Proulx of Long Sault suits up in #21, but will only be in Morrisburg for the first 12 games of the season before heading to Canton University to play there.

Last but not least, is blocker Terry Gilmer of Prescott, wearing #30. He returns to the den



Lions Rule
The body art says it all. Fans in Whiskey Row were celebrating the start of the Jr. B Hockey season Thursday night as they were out in full force (but not full attire) to cheer on their fans.

Upcoming Action

Tonight, they are on the ice for practise from 8-9:30 p.m.

Saturday, September 26, the Lions open the season at Williamstown for a 7:45 p.m. start against Char-Lan.

Sunday, at 2:15 p.m., they host Winchester Hawks in their home opener.

Next Friday, October 2, they host Alexandria at 8:30 p.m.

Also happening on October 2, a draw for a 13" coloured television with remote will be drawn for from eligible season ticket holders.

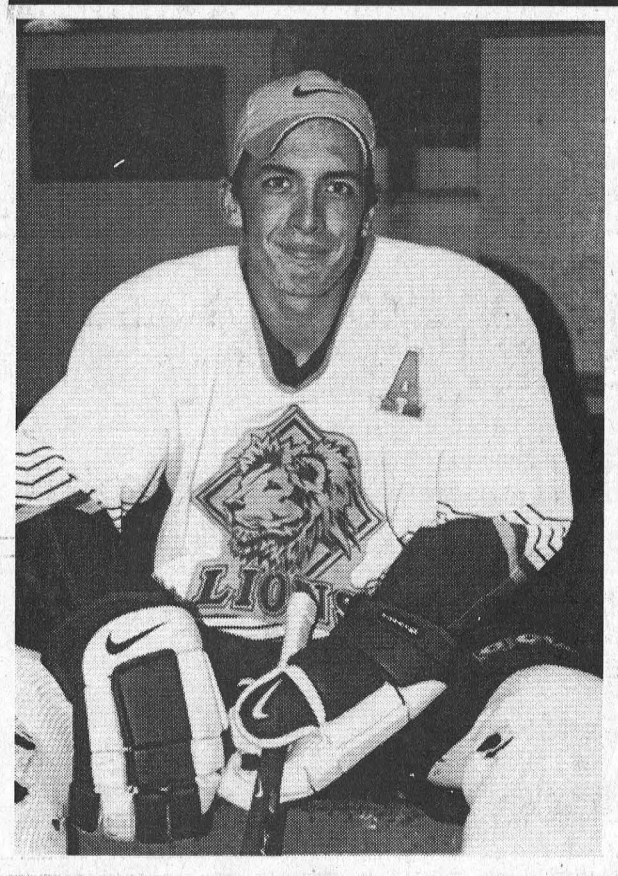
If you haven't purchased a special rated package for the 20-home game schedule, you have until Oct. 2 to be eligible for the television draw.

Speak with any player, the coaches, or management for details, or to purchase your season package.



Barkley followers
These three Jr. B followers were waiting for some rowdiness from their 'hero' Jamie Barkley, the Lions tough guy. Craig Duvall, Jary Hess and Matt Thompson were roaring from the rafters.

MORRISBURG JR. B LIONS PROFILE



Wayne Garlough

This is Wayne's second year with the Morrisburg Lions. He's a fast-skating and high-scoring forward, and is affiliated with the Pembroke Lumber Kings this year. The Williamsburg Twp. native is looking forward to a great season with the Lions as the team's assistant captain, and is sure they will make the playoffs this year.

A graduate of the Morrisburg Minor Hockey, and the Rideau-St. Lawrence AA Kings, Wayne is presently a grade 12 student at Seaway High School. His favorite subject is math, next to phys-ed. He also enjoys four-wheeling and snowmobiling, and is working on a hockey scholarship.

Wayne will be wearing #7 for the Lions this year, and those days when he's not on the ice in Morrisburg, he's probably in Pembroke.

VITAL STATS

Age: 18 Height: 5'10" Weight: 170 lbs.

Inside scoop: We really can't tell you that now can we?

New Firearms Act takes affect Dec. 1

On December 1, 1998, the Firearms Act takes effect across Canada, and as a result, several regulations take immediate effect.

The firearms safety course and test, and rules for storage, display and transportation are now part of the *Firearms Act*.

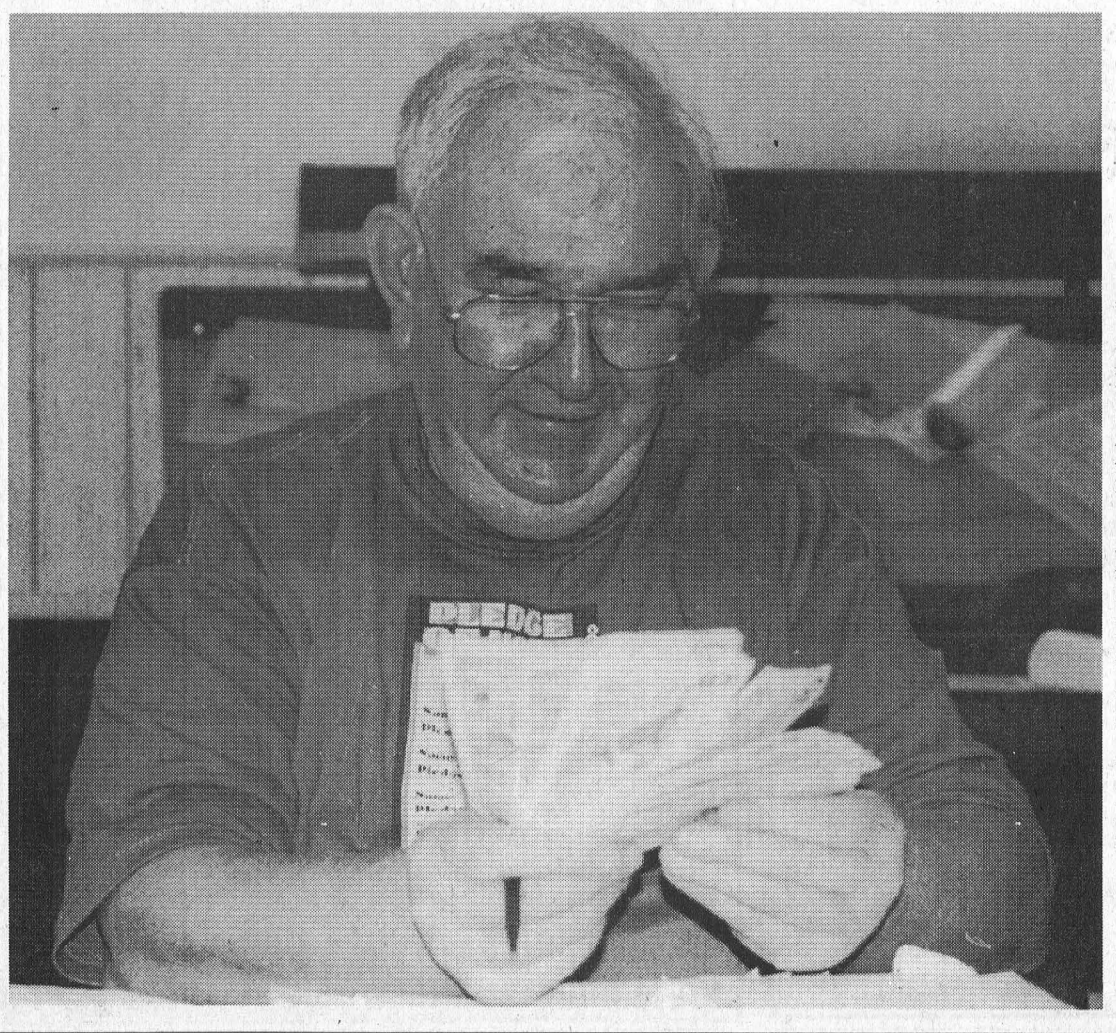
Everyone needs a firearms **licence** to register firearms. There are two types of licenses valid for five years, including possession for the firearms you own now or possession and acquisition if you plan to obtain firearms, even for current firearms owners.

Registration of all firearms starts this fall, December 1. All firearms must be registered by January 1, 2003.

Registration is only once, and may be done at one bulk price, or one price for any number of arms if all are registered at the same time.

Fees for licences and registration are on a sliding scale, which is cheaper in the first 12 months. From October 1998 to September 1999, a possession licence costs $10. From October 1998 onwards, possession and acquisition licences for rifles and shotguns is $60.

From October 1998 to September 1999, the bulk registration price is $10. For more information, call 1-800-731-4000.



Terry Fox Marathon of Hope hits all time high

Ross Hummell of Morrisburg was very pleased with the amount of pledges received for the annual Terry Fox Run Sunday. Of the 16 participants, $2,590 was raised, beating last year's total by $32.

"We had the same amount of people this year," Hummell said. The Run brought in some new participants, however, some didn't return from last year. In the five years since the Terry Fox Marathon of Hope has been going in Morrisburg, participants have raised over $10,000. Special thanks is extended to all who participants and their sponsors for their support. *—Day photo*



Lauric Day

Larry and I have been looking to adopt a child for quite a few years now. He always joked that he would like a female about 18. Ha, ha, I said. Fat chance. And miss that diaper stage?

Little did I know that we would in fact, be adopting an 18-year-old female—Larry's niece actually. It's not actually official, but she has adopted us I think.

She's the joy of our lives these days, and quite the little chatterbox.

She's even going to Seaway, to finish up her Gr. 12, and hopefully, we'll get her well on her way to college before she flies from our nest.

Just how did we come to do this you may wonder?

Well, it all started a mere two weeks ago, when I was at her sister's wedding shower. I had no more intentions of bringing Mandy home with me than I did flying a B52 bomber that day.

We just happened to be visiting when she mentioned that she'd love to come and visit us for a week or so...just like her sister Melanie did so many years ago.

These kids never forget.

Minds like a steal trap!

Anyway, I said, "Why don't you wait until Christmas and you can come and stay for a week if you want."

"I have to wait that long?"

Mmmm. I pondered this situation, and the longer Mandy and I chatted, the more I got to realize just how much this kid needed to get away from her home environment.

"Hell, why not just come and live with us?"

"Can I really? I'd love to."

"Sure, you can go to Seaway and meet some new people. Maybe even get a job."

The more we talked, the more it snowballed, and tadah!, we have a new roommate.

So, it's been two weeks, and she hasn't driven us crazy yet. Although there are times when I can't get her out of the bathroom.

This kid is a miracle, only I don't think she realizes it yet. She's bright, attractive, funny, and has a great sense of humour. Must take after her uncle for that.

It didn't take her long to make a few friends, and even find herself a job (with a little help from her aunt of course).

Her room looks like mine did when I was 18. Actually, it looks better than mine did—even now!

When I hear the tunes cranked from her room, I can only smile and thank her parents for agreeing to let her come and stay with us for a while.

She's a good kid. And we love her to death.

The best part about it, is that she has the same last name, so when we tell people we have adopted an 18-year old, they actually believe us.

Cornwall woman attempts to start up Yoga classes here

by Laurie Day
Leader staff

INGLESIDE—Shirley Warner wants to introduce yoga to Ingleside, and eventually to Morrisburg.

A yoga teacher for 20 years, she now wants to branch out into this area, and has set up a daytime schedule at the seniors centre in Ingleside—a class for seniors, and a one and a half hour class to the general public. The price will depend on how many people take the class.

Now she's looking for a spot to teach class here in Morrisburg.

"Yoga is a great stress reliever," she said last week, as she dropped by The Leader while tracking down a venue here.

"People seem to be stressed out more and more these days, and what yoga seems to do is empower you to face the day, and what life is," she said.

"You get in touch with your inner being and your spirituality."

Yoga accommodates everyone: young, and old alike. "That's the good thing about it," she added. "Anyone can do it."

According to a fact sheet on yoga, provided by Warner, who is associated with Sivananda Yoga Vedanta Ashram at Val Morin, Quebec, yoga teaches proper breathing and relaxation techniques, as well as proper diet, positive thinking and meditation.

It consists of a sequence of exercises that requires flexibility, strength, balance, breath control and mental awareness.

After an initial set of warm-up movements, a sequence of held postures (called 'asanas') are executed, each poster being held perfectly still. It is this stillness that differentiates yoga from most western forms of exercise.

It is also this stillness that helps the yogi calm the mind, and release stress that has been stored in the muscles and joints.

Most people use only a fraction of their lung capacity for breathing. They breathe shallowly, with the chest only. Their shoulders may be hunched, and there may be painful tension in the upper part of the back and neck. Some may even suffer from lack of oxygen. Without sufficient oxygen the muscles will cramp and the brain cannot function optimally.

Deep abdominal breathing brings air to the lowest and largest part of the lungs. Breathing is slow and deep, and proper use is made of the diaphragm.

When the body and the mind are constantly overworked, their natural efficiency diminishes. Social life, fast food, overwork and even so-called entertainment, make it difficult for modern people to relax. Many have forgotten that rest and relaxation are nature's way of recharging. Even while trying to rest, the average person expends a lot of physical and mental energy through tension. Much of the body's energy is wasted uselessly.

Proper diet is the yogic diet, which is a vegetarian one, consisting of pure, simple, natural foods which are easily digested and promote health.

Simple meals aid the digestion and assimilation of foods. Nutritional requirements fall under five categories: protein, carbohydrates, minerals, fats and vitamins. All natural foods (fruits, vegetables, dairy products, seeds, nuts and grains) have in varying quantities, different proportions of the essential nutrients.

Eating foods first hand from nature, grown in fertile soil (preferably organic, free from chemicals and pesticides) will help ensure a better supply of these nutritional needs.

Processing, refining and overcooking destroy much food value.

Warner believes that much of the stress we experience in daily life is caused by the state of our minds.

"When we worry about the future, or dwell on what we see as our problems or past mistakes, we create tension and stress."

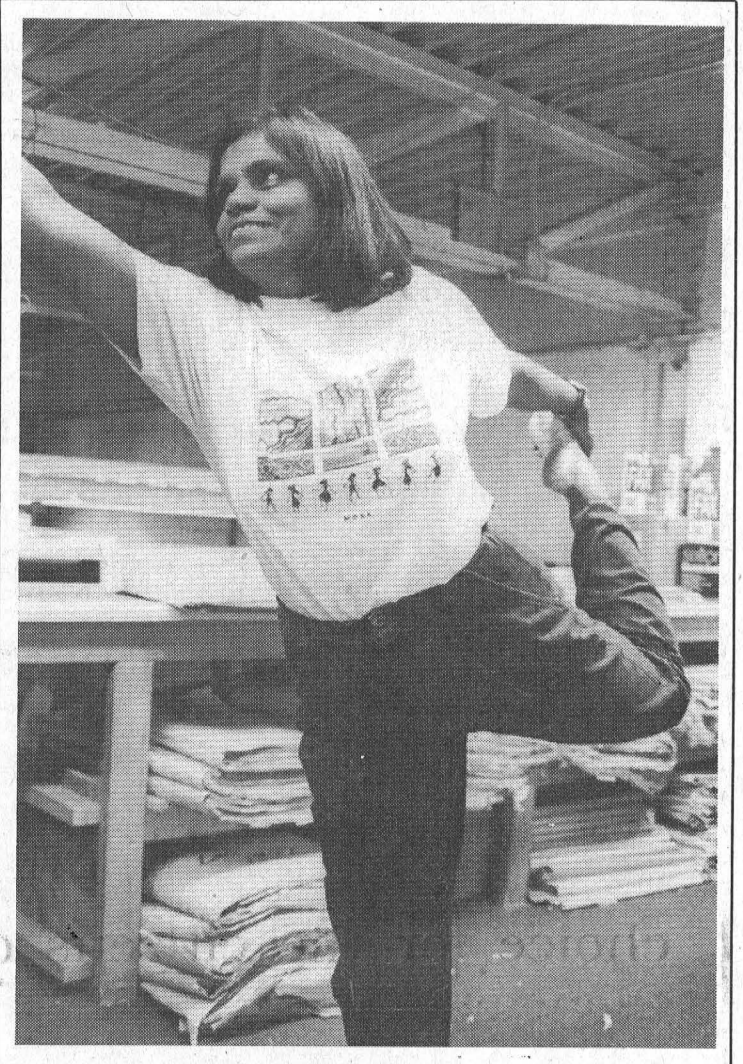
Simply by how we are thinking we cause mental distress, which often manifests physically, as tightness in the body, or in more extreme cases as disease.

"Thinking positively, having an uplifting attitude towards life, trying to get the most out of each moment, is extremely important.

In meditation, the mind if focused, absolutely still, at rest. It is a state of mind in which there are no thoughts, like a pool of water in which there are no ripples.

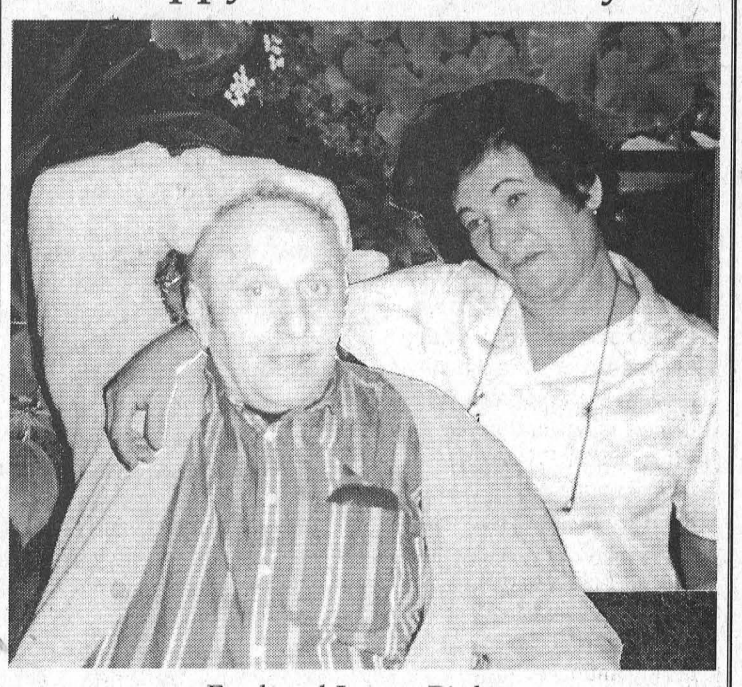
This is a state of lasting happiness and absolute peace. The meditator experiences oneness with the energy of the universe, pure consciousness, pure knowledge, pure bliss.

.For more information about yoga classes in Cornwall, and the upcoming opening at the Senior's Centre in Ingleside, tentatively scheduled for mid-October, please call Shirley Warner, at 938-6654.

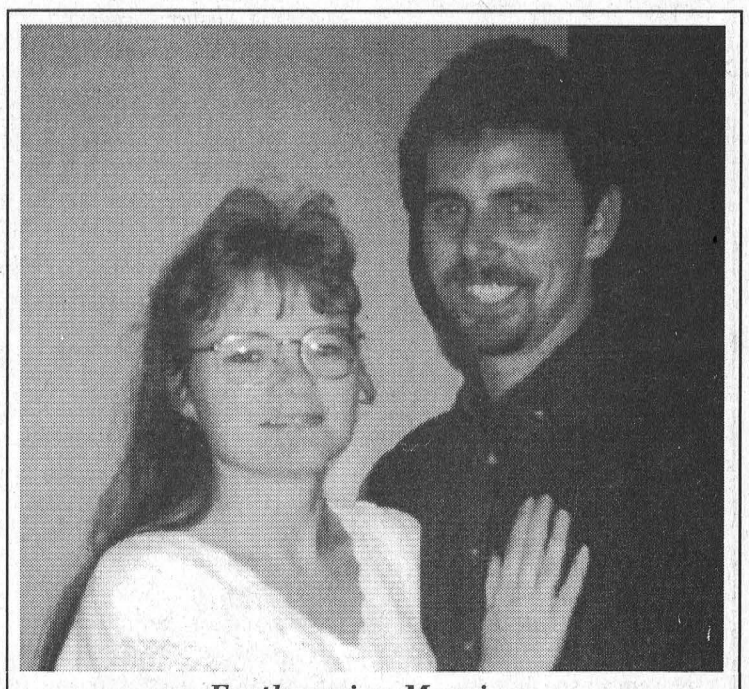


Striking a pose
Shirley Warner, yoga teacher, poses for a quick picture while talking with The Leader last week. She is hoping to set up a schedule to teach yoga in Morrisburg, but in the meantime, is busy preparing for her opening next month at the Seniors' Centre at Ingleside.

Happy 50th Anniversary

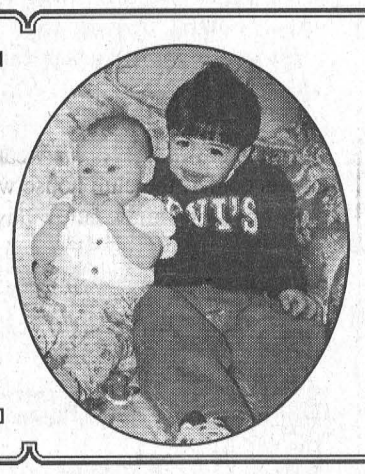


Fred and Leona Pinkus
September 26, 1998



Forthcoming Marriage

Together with our parents, Sherry Lewis and Randy Markell would like to announce their forthcoming marriage, September 26, 1998 at the Hulbert United Church with a reception to follow.



Happy 1st Birthday, Morgan,
September 26, 1998
Happy 3rd Birthday, Tyler,
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Love Nan and Pop

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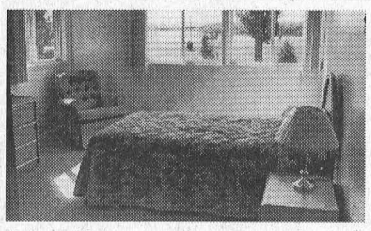

Pictured is a recently modernized room at the Long Sault Villa overlooking the St. Lawerence Rvier.

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Sports Shorts

Springing into medals

Eryn Bulmer, 22-year-old neice of Morrisburg's Ruth McCullough, has two reasons to smile these days. She finished with a bronze medal in the one-meter springboard event at the Commonwealth Games in Kuala Lumpur, Malaysia, on Friday, then picked up the gold medal in the three-meter springboard event Sunday.

After failing to qualify at the Olympics in Atlanta in 1996, Eryn swallowed her disappointment and went on to win the 1997 World Cup three-meter final, placed second overall in the 1997 Grand Prix circuit, and narrowly missed a medal at the 1998 World Championship.

In April Eryn competed in the Winter Nationals at Ottawa, where Ruth had a chance to talk with her neice. "She's never been to Morrisburg, but we keep up with her diving," said Ruth.

While at the Nationals, Eryn was a double gold medal winner, while she set a Canadian record on the one-meter springboard.

Since the Nationals, Eryn has travelled to Winnipeg, Montreal, Vancouver, Florida, Mexica, Budapest, Vienna, Sydney Austrailia, winning medals at all these competitions.

November she dives in Montreal, and in January she's heading to the Worlds with the Canadian Team.

Eryn is the daughter of Susan and Derek Bulmer of Edmonton, but lives and trains in Calgary. Her sister, Christy is also showing great promise as a competitive diver.

Jr. B League kicks off tonight

The Rideau-St. Lawrence Jr. B Hockey League kicks off tonight with one game going on in Brockville. Friday night games will be held in Westport, Winchester and Alexandria, while Morrisburg's is on the road to Williamstown for their opener on Saturday.

Sunday, the Lions host Winchester at 2:15. Make sure you get their early. Whiskey Row is back!

Atom Kings are 4-3 in exhibition action

The Rideau-St. Lawrence Kings defeated Cumberland 5-2 before posting a 3-1 loss to Nepean and a 5-4 loss to Gloucester over the weekend. Their record in preseason play stands at 4-3.

Scoring for the Kings were Brett Perkins with three, Ben Collins with two, and singles to Vince Francica, Kyle Whiteford, Kent Nugent, Steven McGlade, and Scott Burley.

The Kings start their regular season on Saturday in Spencerville facing off against Ottawa West.

GBLAs wins mixed lob ball

It was a 27-2 thumping by the GBLAs over the Loyalist Hotel in the Riverside Heights mixed lob ball season ending tournament final.

The pennant winning As didn't want a repeat of last year when they lost the final to the last-placed team.

This year they were loaded for bear, as they claimed the season and the playoff championships. Congrats to the team.

Morrisburg Golf Club to appeal tax hike

MORRISBURG—Action at the Morrisburg Golf Course is winding down for the leagues, but that doesn't mean golfing is over—far from it, as long as the weather holds out.

The last regular Thursday Men's Night was sponsored by Brister Group Insurance. Gord Dillabough took the low gross in A flight with a 34 and Don Mabo won the low net with a 34. In B flight Lee Beaupre took the low gross with a 40 and Dan Rice grabbed the low net with a 35.5. Terry Laurin won low gross in C flight with a 40 and Bash Brother #2, Bill Jarvis won the low net with a 29.

The final Men's Night was held on Sunday with a full round of golf and a delicious roast beef dinner. The sponsors of the day were Delage's House of Gifts and McHaffie Auction Service.

Sean Duvall won the low gross in A flight with a 73 and John Vincent took low net with a 66. In B flight Jack Barkley took the low gross with a 79 and Gary Breyer took low net with a 65. Bob Duvall won the low gross in C flight with an 87 and the Rocket Ron Peters took the low net with a 60.

The Club Captain proposed a special vote of thanks to all those who ran the Thursday nights all year particularly, Jeff Barclay and the clubhouse staff for the excellent meals served every Thursday. The President thanked everyone for coming out the whole year and making the year a success.

There were also some special presentations handed out to Joe Hummel and Blake Barry for scoring aces this year.

With the golf season drawing to a close, and far to rapidly, three of the clubhouse staff have been laid off and the hours of operation changed. For the next few weeks the club house will be open only from 9:00 a.m. to 6:00 p.m. weather permitting. As the weather gets colder, the club house will only open on fair weather days. Those who keep their clubs in a locker please take note of the limited hours of operation as you may not be able to get your clubs when you want them. Lockers are to be emptied by September 30.

The annual fall meeting will take place on October 18.

This Saturday, a group of about 24 will tee off at 11:30 a.m. and on Sunday the seniors have scheduled a mixed event with a shot gun start at 3:00 p.m. The course will not be closed for either event but please plan your play around these games.

There is a rumour that the Golf Courses property taxes have gone up. Well it is no rumour, they went up from $5,071 in 1997 to $16,952 this year. The board of directors will submit an appeal, but in the final analysis, there will no doubt be an increase.

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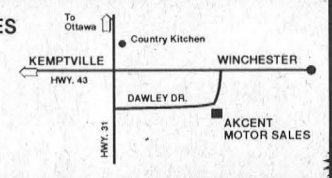

Weekly Specials

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O-P-P-A
Ontario Provincial Police Association

Open Letter to Stormont, Dundas & Glengarry Residents

We are honoured and pleased with the decision of the United Counties Council to select the Ontario Provincial Police (O.P.P.) as their police force of choice for the citizens of Stormont, Dundas and Glengarry.

We wish to thank all of the councillors and people of the United Counties who have supported the O.P.P.

The issue of policing services is sensitive and important to all residents of the United Counties Communities who can rest assured knowing their policing needs would have been maintained by either of the fine policing services who presented proposals.

We recognize the trust, faith and responsibility that you the residents have placed in the O.P.P. in providing your policing services now and into the next millenium.

To paraphrase Sir Robert Peel . . . "The Public are the Police and the Police are the Public", and the Stormont, Dundas and Glengarry O.P.P. officers will always be accountable and responsive to you and your elected officials.

Our members will go forward now and address and deliver the challenges of providing policing services for the residents of Stormont, Dundas and Glengarry.

Once again, on behalf of the members of the Stormont, Dundas and Glengarry O.P.P. Detachment we thank you for your support and faith in our ability to provide you with the finest policing services available.

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United Empire Loyalists celebrate

Over one hundred Loyalists gathered at St. Peter's Lutheran Church in Williamsburg for their Twentieth annual Charter Night Banquet on Saturday, September 19.

Scrapbooks created by Branch Archivist, Keith Casselman and Honorary President, John Chard and photo albums created by Florence English and Marsha Shouldice helped members look back with pride on the accomplishments of the last twenty years.

Also on display from their archives in Morrisburg, was the original sign-in book from their first meeting held on October 16, 1977.

After a busy first year, President Melvin Scott organized a Charter Night Banquet to be held on September 16, 1978. Members who had received their Loyalist certificate before this date are considered to be Charter members. Nineteen charter members were honored Saturday night. They are: Keith Casselman, Nina Casselman, John Chard, Lynne Cook, Mahlon Cook, Gerald Duvall, John Eaman, Yvonne Feming, John Gordier, Violet Hare, George S. Hickey, Mildred Leitch, Beth Ann Merkley, Harold Merkley, Nelson McNairn, Stanley McNairn, Douglas Warner, Norman Warner and Iva Whittiker.

Special certificates were also presented to Stanley McNairn and Lynne Cook. Both were recognized as having made an outstanding contribution to the United Empire Loyalists Association. Stanley served on the local and national executives, steadfastly promoting local and Loyalist history. Lynne Cook has served her branch as genealogist for twenty years assisting hundreds of applicants complete paperwork necessary to affix the initials U.E. after their name.

This, the only inherited title in Canada, signifies that you are not only a descendent of a Loyalist but are likely to be an avid researcher into family and Canadian history.

Commenting on the photos taken at meetings held in communities throughout Stormont, Dundas, and Glengarry, President Sandra Shouldice said, "Time and time again you see a relaxed and friendly gathering where the flag flies proudly in the background. The membership has a deep love of country, an immense pride in their heritage and an amazing knowledge of their history."

"This depth of knowledge with regards to Loyalist and local history was quite evident in our program this year as we shared in the 40th anniversary of the Seaway.

At our first meeting in Hallville we saw a video on the relocation of Iroquois (available to members). Next during a ceremony celebrating Ontario's first ever United Empire Loyalist Day, members wee able to place a wreath at the Loyalist Memorial at Upper Canada Village containing Loyalist roses grown on a farm that had been in the same family from its original grant.

At our annual picnic in Long Sault members Al Prosser, Cliff Hart and Peg Barkley told first hand about losing family homes to the flooding. Hopefully this sharing of knowledge will continue at the final meeting after a church service at 9:15 a.m. the meeting will go from 10:30 to 12:00 noon pot luck lunch to follow. Those attending will be invited to "show and tell" about something that is part of family history or pertains to the Loyalists of this area.

St. Lawrence Branch is particularly proud of the fact that the Ontario government has designated June 19, as United Empire Loyalist Day and that they gave financial support to an educational Resource Package prepared by the national Association. This resource package is available to schools who are now implementing the new Ontario Curriculum which has a Loyalist unit as an integral part of the program. Several members of the branch are proposing to visit classrooms to share their interest and enthusiasm for this important segment of Canada's history.

Membership in St. Lawrence Branch of the United Empire Loyalist Association of Canada is not confined to those with a direct link to a loyalist ancestor (although they do have one of the associations largest genealogical archives ready to be shared with those who indulge in this growing hobby.)

Anyone is welcome who would like to spend a pleasant few hours with others who believe in Canada as a unified country loyal to our British Heritage.



Local U.E.L. awards
Lynne and Mahlon Cook received awards for their outstanding contribution to the United Empire Loyalists Association. Stanley McNairn was also awarded.

Murder Mystery coming to McIntosh Country Inn Oct. 17

by Catherine Thompson
Leader Staff

CHESTERVILLE—Do you enjoy a good "Who Dun It?"

If so, you may wish to make reservations for a murder mystery being performed at the McIntosh Country Inn and Conference Center on October 17 from 6.30 p.m. to 9.30 p.m.

The Dundas County Players are presenting *The Unveiling*, a mystery centered around two parallel stories. One deals with the search of a European art sleuth for a long lost painting which is believed to be in Dundas County.

Another story treats the unveiling of a painting by a local artist. Mayor Marion Dewgoode gives an opening address to patrons of the local Art Center, and also tries to sell her platform on bringing a recycling center to the area.

The evening unexpectedly turns to tragedy as a body is discovered and as the story unfolds, unsavory secrets are unveiled about all of their pasts.

While the plot is scripted by by Tony Glen and Carolyn Roberts, the characters have written their own speeches. There is much improvisation, interaction with the audience and participation as well, as audience members are invited to solve the mysteries. A small group of teens will add their improvisations, with a dash of comedy.

Characters include Art Hopewell played by Thomas Schoch, who is host for the evening and curator of the Sopwith Gallery. Albert Knole is a free-lance art critic played by Tony Glen, who is always on the look out for a big break.

Benjamin Sprocket by Ray Besharah is a self-taught local artist, and Dundas County resident who is surprised by the popularity of his naive art. Penny-Mae Dewgoode (Shantalle Stoodley) is Benjamin's girl friend, and art enthusiast.

Stella Trory (Glenna Walkden) plays a local free-lance reporter in search of a story.

William (Billy) Langstaff Gall by Dan Faubert) is an ambitious but unsuccessful artist, with a grievance to settle.

Mayor Marion Dewgoode (Tanya Valiquette), the mayor of North Dundas pursues a scheme to bring a multinational corporation to the municipality.

Max Publicover (Martin Constapel) is the Gallery's security guard. Mme Dr. Antoinette Pompadour (Lauree Laing) plays a French art expert and key-note speaker. Inspector Monica Lynch (Tanya Vasey) is homicide investigator with the O.P.P.

The murder mystery is accompanied by an art exhibit of local artists Anita Schoch, Gabriel Dale Hill and Gail Bailey. Some works are for sale.

The Unveiling attracted a crowd of 180 when it was first performed at South Mountain at the Agricultural Hall, and was performed a second time in Chesterville. Organizers are hoping the third performance at the McIntosh Inn will match the previous ones.

Jointly sponsored by the Chesterville Lions and the Dundas County Players in partnership with the McIntosh Inn, the entertainment is to raise money for the North Dundas Cultural Center and to support the Dundas Players. "We hope to convert the former OPP station in Winchester where we held our rehearsals, to preserve it as a heritage building and showcase local heritage," she added.

The Players hope to apply for and attract a millennium grant to finance the Cultural Center.

The package includes a full course dinner with prime rib of beef, vegetable medley, Parisienne Potatoes, McIntosh Apple Pie and cheddar cheese, plus cocktails along with taxes, gratuity, wine service. There are prizes for all who successfully solve the mystery. Robertson suggests interested persons call the Inn at 543-3788 or 1-888-229-2850 to make reservations, as space is limited.

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Prize amount dependent on players attending
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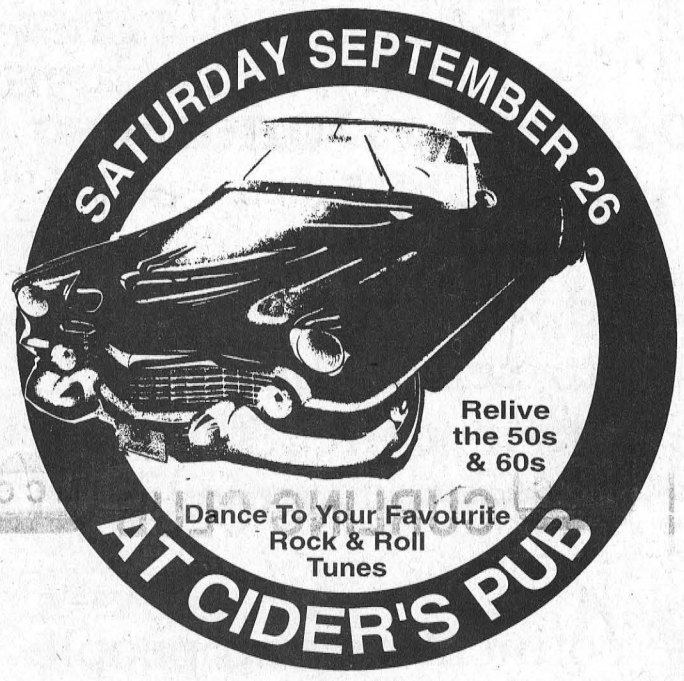
Thursday, Sept. 24th
7:30 P.M. – REGULAR BINGO + Free Game for $50.00
Lounge open 2 p.m. 11 p.m.

Friday, Sept. 25th
8:00 p.m. – TALENT NIGHT - singers, comediens, instrumentalists, etc. welcome
Come One - Come All! Entertain or be entertained!
Lounge open 12 noon to 1 a.m.

Saturday, Sept. 26th
12 Noon – HORSESHOE TOURNAMENT - No Entry Fee
Registration 12 - 1 – Play commences at 1 p.m.
5:00 p.m. – STEAK BAR-B-Q until all are served
Lounge open 12 noon to 1 a.m.



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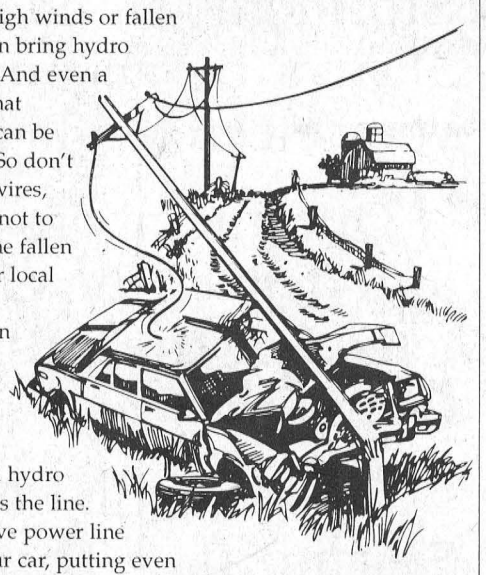

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Hypnotherapy

A force for positive change

by Catherine Thompson
Leader Staff

WILLIAMSBURG—Whether hypnotherapy is viewed as a means to stop undesirable habits or attitudes, or bring about positive changes, it can be a powerful tool to better people's lives.

"Hypnotherapy is the use of hypnosis with powerful therapeutic techniques to bring about positive changes," said hypnotherapist and Master Practitioner of Neurolinguistic Programming John Purchase, who recently set up a practice here.

Many people seek hypnosis as a means to stop something viewed as undesirable, such as smoking, overeating, obesity, a learning disability or other unwanted behaviour. But hypnosis or hypnotherapy can also be used to improve a positive self image. It may be employed to enhance public or sales performance or creativity.

Purchase treats adults and children with NLP and hypnotherapy to bring about positive change. While working to assist children regarding their anxieties and learning disorders, he also helps adults with depression, sleep disorders, weight loss, addiction and alcoholism. Basically, he treats anyone, child or adult "who wants to feel better about themselves."

Purchase studied hypnotherapy at the Casavant Institute in Ottawa, and specialized in A.D.D. (Attention Deficit disorder) through a training company in Florida.

In 1992, he took a course called "Dynamind". The technique was originated by Jose Silva in the United States years ago, and was enhanced by the addition of Neurolinguistic Programming. Based on relaxation, the current "Dynamind" program helps people use more of their mind in a relaxed state.

Purchase says the unconscious is the repository of all our experience. People's actions and words are reflections of how they think, and people think in a combination of different ways–visual, auditory, kinesthetic, and olfactory.

The conscious mind, or mind that is aware of the world "out there" around you stores your temporary memory, your will power, and is your rational part. Your "unconscious" mind stores your permanent and long term memory, your imagination, emotions, and the systems and functions that run autonomously.

The "Critical Faculty" acts as a barrier between the two minds, and allows into your conscious mind information that agrees with the thoughts and beliefs you have about your world and yourself.

When a person is in a hypnotic state, the critical faculty is willing to take a break and the unconscious mind can be accessed more easily. When people are hypnotized, they can usually hear everything, and are aware of what is happening.

"All hypnosis is self hypnosis", Purchase says. "When I work with someone, I help them enter that state."

By the same token, he disclaims the suggestion he "cures" or "heals" anyone. "I help a person address a problem at the level it exists," he states.

There are many ways to guide a person into hypnosis, and a good hypnotist will have many different "inductions" at his or her command.

Therapeutic hypnosis can be a powerful tool, as increasing numbers of professionals over the last 25 years have employed it to affect practically any mental, emotional and medical problem faced today. In the hands of a physician or hypnotherapist, it can be a potent force against chronic illness.

Hypnosis has a colourful history that dates back to the 1730's when it was viewed as a strange power controlled by the hypnotist. However, hypnosis is a state of detached concentration experienced by everyone many times a day.

Neurolinguistic programming

Neurolinguistic programming was first developed in the 1970's by an information scientist, Dr. Richard Bandler, and a linguistics professor Dr. John Grinder. By studying successful people, they learned how to analyze and transfer human excellence, developing a practical, powerful human psychology.

Neurolinguistic programming is a practical application of how people think, Purchase says. Described as "software for the brain", it helps people automatically tap into the kinds of experience they want to have.

"Any experience we have is first filtered through our beliefs, the state we are in, before we experience it consciously. When we understand how we create and maintain our inner beliefs, states, thoughts and feelings, it is simple to change them to more useful ones."

A believer in naturopathy, Purchase doesn't use drugs or long term talk therapy, although he can work with clients who are on medication such as Ritalin. He works on referrals from physicians, and the treatment is covered by most company health plans.

When he was looking for a place to set up practice, an office behind the Williamsburg Tea Room seemed to be the ideal location. It combines an attractive environment in the Village which is still renowned for the famous foot doctor Dr. Mahlon Locke, and his amazing treatments during the 1930's and 1940's. As Purchase's practice becomes busier, he will need more space and intends to move to a nearby building.

On Saturday, October 10 from 10 a.m. to 3 p.m. Purchase is offering a one day workshop called SERIOUS RELAXATION at the Williamsburg Tea Room.

The workshop has been developed for 10 to 12 participants to learn simple skills to effectively reduce the level of stress in their lives. This is part of a one-day workshop series. A delicious lunch and refreshments are included and registration may be made by today through the Tea Room at 535-2463 or 1-613-745-9368.

Some Final Autumn Garden Chores

Just before you put away all your gardening tools until next spring, there are a number of autumn chores you may not yet have completed!

The Canadian Garden Council says that the fine sunny days of late October and early November are excellent for working and the more you accomplish now while you are in good physical condition, the less backaches you'll have in early spring. Digging the vegetable garden and working in lots of compost or decayed leaves is the number one task on the list. If your soil is heavy clay, this operation is all the more urgent, for autumn spading will ensure a much easier-to-work soil next spring.

Leave the ground as rough as possible. Do not break each clod of soil–let the winter frost and weather do this for you. Put a layer of hydrated lime over the top of heavy clay soils before digging; this also helps make it easier to work next spring.

Now is the time to begin winter pruning. Once the foliage has fallen from deciduous trees, you may start and keep right on until the end of March, if you should happen to have a great many misshapen, or badly neglected trees.

Right now, during warm sunny days, the pruning is much more amenable. To remove large branches of mature trees, first make an incision two-three centimetres (one-inch) deep on the underside of the branch, about 30 centimetres (one foot) from the trunk. Then saw from the top of the branch, about 30 centimetres farther along. Using this method, when you cut the branch, it will break off clean and not peel down the bark of the trunk, which, if it happens, often ruins the tree.

When each large branch has been removed, finish by cutting the jagged stub of each back even, just at the collar; i.e., not quite flush with the trunk. Leaving the collar of the cut branch intact is important to quick healing of the cut. Most arborists now recommend not treating the cut further, but in any case, it should not be painted. If you wish, a tree wound dressing available at your local garden centre may be used, according to the label directions.

As long as there is not more than a slight surface frost in the ground, it is not too late to plant deciduous hedges, trees and shrubs. It is, however, too late for junipers, cedars and other similar evergreens unless these are being planted by professionals using modern equipment and they are willing to supply a guarantee as to survival. It is likewise rather late for planting daffodils, crocus, snowdrops and most other spring-flowering bulbs, except for tulips, which may be successfully planted as late as Christmas provided the frost is only a shallow layer and you are able to set the bulbs at their proper depth.

If you are planting late, regardless of whether it's a tree or a large group of tulips, buy a bale of straw and cover the planted area right after planting. Remove it a month later to let the frost penetrate. This will give the plants/bulbs an opportunity to make some roots before frost stops the growth process. Leaves piled loosely may be used in the same way.

Over winter protection for roses should be undertaken only just before the ground is about to freeze solid for the winter. Then, prune back the canes about 30 centimetres, no more. This is done to allow easy access between the bushes and to stop the canes from twisting excessively in the wind.

All leaves on the ground should be removed and any remaining on bushes removed and these should go in the garbage, unless you are sure that your compost pile reaches a temperature of 65-90°C (150-200°F), which will destroy the organisms of disease such as black spot and powdery mildew.

Spraying with an all-purpose or rose insecticide/fungicide, available from your garden centre, is also carried out by many avid growers.

Move some loose, crumbly soil from another part of your garden to the rose bed and build a mound of soil at the base of each bush. The mound should be about 20 centimetres (eight inches) high. Then, after the ground has frozen hard, cover the mounded bushes with at least seven centimetres (three inches) of leaves or use evergreen boughs from Christmas trees!

If you should have a dry autumn season in your area, it is very important to water the evergreens in your foundation planting, or any cedar hedging, etc., very well prior to freezing. Usually Mother Nature takes care of this task with autumn rains, but occasionally it may be dry. In any case, evergreens beneath wide overhangs on some modern houses will have to be watered. This watering should not be just a sprinkling, but several really good soakings to prevent burning of the bushes during the winter.

Late autumn is also the time for a final garden clean up. Any newly fallen leaves should be raked and dead tops of perennials removed, unless they're in an area that is badly windswept, the same "stubble" can be left to catch the snow as protection for the plant crowns and roots. If the grass has grown again since what you thought was the last clipping a couple of weeks ago, it might as well be cut again. Do not leave your lawn any longer than four-five centimetres (2") through the winter, as the growth of harmful turf disease is encouraged and rodents may also find a comfortable habitat later in the winter.

Once all the autumn garden chores are done, it will be time to put your feet up and read some good gardening books and soon to begin planning next year's garden.

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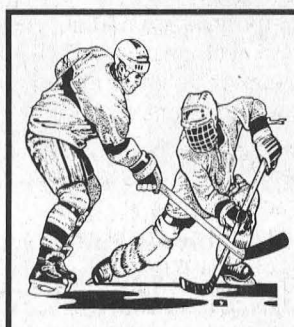

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Catholic District School Board of Eastern Ontario

Snow Plowing and Removal

The Catholic District School Board of Eastern Ontario, serving the counties of Dundas, Glengarry, Grenville, Lanark, Leeds, Prescott, Russell and Stormont, invites all contractors or individuals interested in providing the Snow Plowing and Snow Removal Service to submit their request outlining the type of equipment which will be used.

Requests are to be forwarded to:
• Plant & Maintenance Department by facsimile at 613-933-5127
• deadline: October 2, 1998

Frank Musca, Director of Education — Nancy Kirby, Chair

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PER ARDUA AD ASTRA

SCHOOL COUNCIL 1998-1999
All parents or guardians of the Seaway School family as well as all community members of the Seaway School family are invited to the inaugural meeting of the Seaway School Council. At this meeting the new School Council for the 1998-1999 school year will be elected in a free vote.
Your vote is more critical NOW than ever.
Date: Thursday, September 24, 1998
Place: Seaway District High School Library
Time: 7:00 p.m.
Who: ALL PARENTS AND COMMUNITY MEMBERS
Why: To show that you care about your school
We Welcome All!
Larry J. Poirier

Carolyn's Fudge: A sweet success story

by Catherine Thompson
Leader Staff

MORRISBURG—From a kitchen stove operation at Lakeshore Drive, "Carolyn's Fudge" has grown into a successful commercial operation that could be the envy of any small business owner.

The owners of the business, Rev. Ken Clark and his wife Carolyn, got their start about four years ago, after Clark retired as publisher of Canada Health and Lifestyles Magazine.

"At first, we sold dishes, and silverware at McHaffie's Flea Market, and then we started out with $20 of fudge and sold it every Sunday," said Rev. Ken Clark.

"I would say 'I wasn't always so beautiful as I am now, until I started eating Carolyn's fudge'", said Clark. "They would start laughing and buy some fudge, and it went from there."

In time their sales went up to $200, and Rob Willis, director of then Loeb store in Cornwall dropped by and sampled a piece of fudge. "He was so impressed, he said, 'If you get a decent container, I'll get it in the stores, so we did and put it in the store in Cornwall. And he gave me the names of 10 other stores and it went from there," said Clark.



"Carolyn's Fudge" makers
Pictured from left to right are Rev. Ken Clark, employee Debbie Mulikow, and Carolyn Clark, the originator of the tasty treat. "Carolyn's Fudge" moved its operation from Riverside Heights to Industrial Rd. in August this year.

At the time, the fudge was being sold in Saran Wrap from a piece of cardboard, and Willis' words of encouragement proved to be the stepping stone toward success.

Anyone who has tasted Carolyn's Fudge can testify to its unique home cooked flavour, and quality natural ingredients.

Carolyn's Fudge is unique in the sense it is beaten by with wooden spoons by hand, without the use of any machinery. Only natural, quality ingredients are used, and quality is checked in each batch before it goes out the door.

To reach the present quality, the Clarks tested about $4,000 worth and contacted drug stores, chain stores, produce departments and flea markets, giving away approximately $3500 of product.

After a minor setback when a distributor failed to service the stores, Clark set up his own routes with Loeb stores and other independents in Ottawa, Cornwall, Perth, Smiths Falls. After Loeb purchased the independents, Clark went to the head office and landed the contract with Loeb Inc. with the help of Brian Bush, head of Loeb Bakeries in Ontario. The Clarks decided on a delivery firm and their dream to deliver their product across Ontario became a reality by the beginning of 1997.

From Loeb to Provigo

Then Clark travelled to Montreal where he presented the product to Provigo in Quebec and landed a contract in November, 1997, starting to service 10 stores at a time in December.

Head of Provigo stores, Lucie Formenton was very helpful with marketing and assisting with order forms for the stores. With the Ice Storm of 1998, Provigo lost tons of fudge as did the Clarks, and they started all over again, selling smaller amounts. They also started selling to Market Fresh stores in Aylmer, Hull, Gatineau and Ottawa, and Farm Boy in Ottawa and Cornwall.

While they were at Lakeshore Drive, the product was sold to Ottawa, Cornwall and Carleton Place. But from the beginning of 1996, the operation was set up at Riverside Heights, where the Clarks had 1,000 square feet in the former school building. Here, the operations served Loeb stores in Ontario and Provigo in Quebec.

However, when sugar deliveries grew from 50 lb. quantities to 1,000 lb. there was too much traffic to co-exist alongside the senior tenants.

Clark approached Hartley Hodgson, owner of industrial buildings in the Morrisburg Industrial Park, with the intent to lease. Hodgson agreed, and did renovations, and as of August 1, Carolyn's Fudge has been housed in 3,000 square feet of newly renovated space.

In April 1998, Carolyn's Fudge started distributing to Sobey's in the Maritimes, and is working to expand with Safeway in the Western provinces, and considering expansion in the United States. Meanwhile, Carolyn's Fudge is distributed widely through LOEB, Provigo, Farm Boy and Market Fresh.

Carolyn's Fudge also sells at Upper Canada Village and Fort Henry. "There we sell almost as much fudge during the summer as in the chain stores," Clark said.

At present, Carolyn's Fudge is a family operation with seven employees, mainly family members, and some part-time employees in the summer. When the operation grows larger, as expected, the Clarks will be hiring more employees.

The company now produces some $385,000 annually, or between $5,000—$10,000 fudge a week.

The Clarks made a vow when they first started the business would be on a pay as you go basis. "Carolyn started us out with $20 fudge, and as we grew we bought and paid for everything," said Clark. "We said we'd have no debt. With the economy switching so much, we won't owe anyone."

Clark said they couldn't have made it without the helpfulness of managers at the chain stores, and most of the people they've hired locally. Hartley Hodgson was praised for his helpfulness and cooperation in the rental and renovations.

"And the boys David and Ross have been helpful in giving their opinions. We believe two or three heads are better than one," he added.

"It's been a wonderful experience selling to stores personally in Ottawa, Brockville and Smiths Falls," said Clark. After a short time David took over the territories and did an excellent job, while Clark took on the responsibilities of buying, negotiating and product promotion.

And Carolyn, the originator of the product added, "From our cardboard plates and Saran Wrap at the Flea Market, to our new packaging and orders from all the chain stores, it's still amazing and wonderful."

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If you are presently unemployed and interested in making a career decision, take advantage of this training opportunity to:

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- improve your academic skills
- experience real work on a 4-week placement
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You may qualify if you:

- are currently receiving employment insurance benefits;
- or received employment insurance in the last 3 years;
- or received maternity/parental benefits in the last 5 years and want to return to the workforce.

There will be an information session on Thursday, September 24, at 10:00 a.m. in M262 for this 20 week Employability Skills program scheduled to begin in October, 1998.

For more information, please contact:
Louise Boulay at 613-933-4693, ext. 2153

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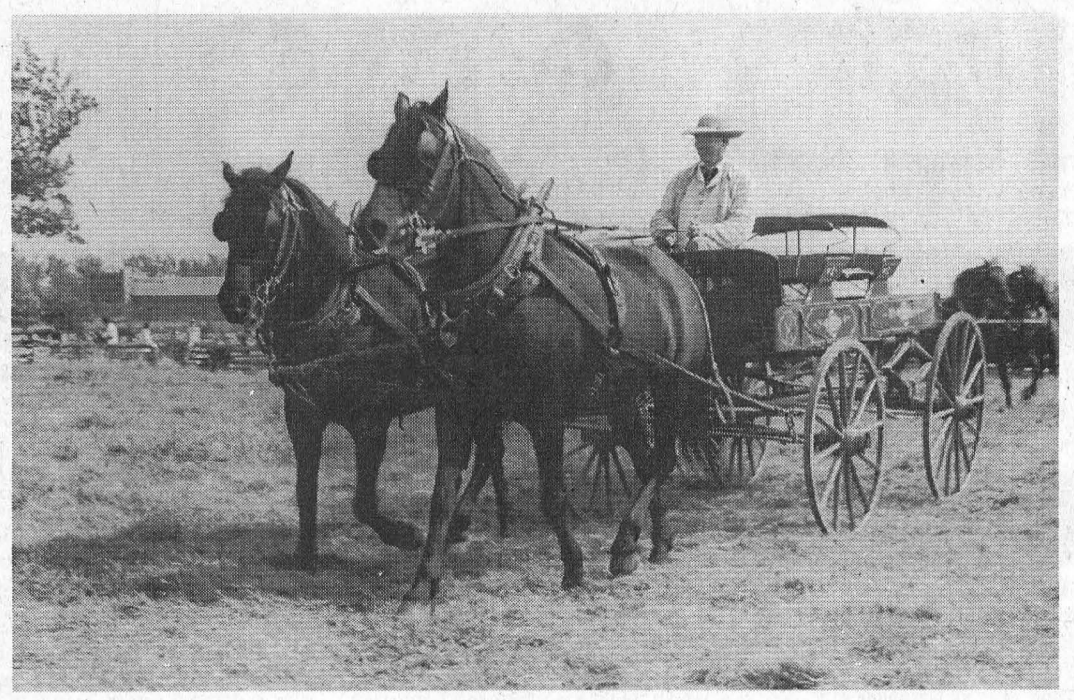



Attendance Soared at UCV Fall Fair

MORRISBURG—The Fall Fair at Upper Canada Village this past weekend was blessed with fine weather and a whopping increase in attendance over last year.

A total of 1,846 visitors passed through the gates at the Upper Canada Village Fall Fair on Saturday, up 231 per cent over last year.

On Sunday, 1,731 visitors enjoyed the Fair, or 41 per cent more than last year's attendance.

"We had great weather," said Kim MacLennan, spokesperson for the St. Lawrence Parks Commission. "It rained at last year's Fair. We heard comments that the exhibits were great and special programs like the Magic Show and Medicine Show were excellent, especially the hypnosis parts."

Professor Marvel's Olce Tyme Medicine Show and Cavalcade of Wonders gave two performances, as these rib-tickling travelling shows were full of wholesome old-fashioned variety entertainment.

Visitors enjoyed the fudge, apples, lemonade, cider, bread and cheese.

Upcoming events at the Village include the sixth annual Quilt Show this Saturday and Sunday, and Harvest Days from October 3 to October 12.





Record enrollment

WILLIAMSBURG—On Tuesday, September 8, Timothy Christian School, located just east of Williamsburg, began its 36th year of operation with a record enrollment. The school welcomed 167 new and returning students from 72 families. This is a very large increase over previous years.

The sudden and unexpected growth has created a great deal of excitement around the school as well as a few challenges.

Timothy Christian School is owned and operated by parents and supporters who believe that the education children receive should reflect the beliefs and values taught in their homes and churches. The supporters of the school believe that our world and everything in it belongs to God. He is the God of history, of science, of art, of literature, and of every other subject that forms a part of a well balanced education.

Christian education isn't about isolating children from the world in which they live. The education they receive at Timothy Christian will more fully prepare them for service in what ever occupation God calls them to pursue.

As an independent school, Timothy Christian receives no funds from any level of government yet each family whose children attend pay their full share of property and other taxes while also paying tuition in order to keep the school in operation.

While tuition payments are by far the largest source of income, the school must rely heavily on additional funds from other sources, including fund raising. Not all families can afford to pay the full amount of tuition. Grants are given to all who need them. This year more than $60,000 will be needed to cover these grants.

During the next few weeks several activities are planned to help generate these funds. The first is Walk-Bike-Roll-a-thon scheduled for Saturday, September 19. Students and supporters have been busy collecting sponsors for this event in hopes of raising $30,000. Participants can chose to walk, bike or roller blade and may chose a distance of 10, 20 or 40km. Beginning and ending at the Upper Canada Migratory Bird Sanctuary, the scenic bike paths and Parkway will be used. The event begins at 9 a.m.. Additional participants and spectators are very welcome to join in, refreshments will be available.

The second activity planned is a Rummage sale which will take place in the gymnasium of the school on Friday and Saturday morning, September 25 and 26. The Rummage sale provides great bargains for people in need of clothing and other items while also generating income for the school.

Timothy Christian has also become somewhat famous for the apple pies that a group of supporters gladly produce each fall. Using a well guarded recipe over 2,000 pies are produced and sold at $4.75 each, with all profits going to the school. Pies may be ordered by calling Bep at 774-2080 or Corrie at 535-2290. Productions begins the week of September 20.

Williamsburg Seniors will award plaque at Fall Festival

The Williamsburg Township Seniors Group held their September meeting in Park Lane Seniors Support Centre, which was preceded by the usual Potluck Luncheon.

The monthly secretary and treasurer's reports were submitted. Correspondence included the announcement of the yearly "Vaccine Clinic" which will be held at Park Lane Centre on October 21 from 11-1 p.m. For the upcoming Fall Festival, a plaque will be donated by the group for the best decorated car.

As in previous months of members relating their life history, Ruth Casselman presented her interesting resume for the program. Born "Merkley" on the heritage farm north of Willi-amsburg, where descendants still reside, Ruth attended local schools and later Teacher's College from which she held teacher positions in different local schools throughout the area. Her final years were as principal at Algonquin and Maitland Schools. Ruth and her late husband Cecil moved to Park Lane Seniors 13 years ago, where she had previously been involved in the Building Committee of the Villa in its initial planning. She enjoys being closely situated to her family and her heritage.

New group members are always welcome, and the next meeting is October 20.

HARVESTFEST Saleabration

Clearance items throughout the store

Panasonic 2-Head VCR
PV-7200-K
• New Program Director
• TV/CATV Universal Remote
• Index Search
• Video Head Sensor System
Reg. $219.95 Sale $189.95

Citizen 20"TV /VCR Combo
Model JCTU-3097
• 20" TV
• On-screen Menu
• 31 Unified Remote Control
• Earphone Jack
• 3-speed VCR
Not exactly as shown
Reg. $699.95 Now $599.95

ZENITH 4-Head VCR
VR4107 VCR Plus+
• VCR+ On-screen Programming
• 4-Head HQ Double Azimuth Video System
• English/French/Spanish On-Screen Programming
• Icon Menu System
• Commercial Skip
Reg. $229.95 Sale $199.95

ZENITH Hi-Fi Stereo VCR
VR4227HF VCR Plus+
• VCR+ On-screen Programming
• Stereo Hi-Fi with Built-in MTS Stereo Decoder
• 4-Head HQ Double Azimuth Video System
• English/French/Spanish On-Screen Programming
• Icon Menu System
Reg. $329.95 Sale $288.00

Goldstar Compact Music System
FFH-M100A
• 3 CD Changer
• MIC Mixing
• AM/FM Tuner
• Dual Cassette
• Remote Control
Reg. $299.95 Now $249.95

Shop early - Limited time
Anniversary Sale
Drop in during Fall Harvest Festival
Friday, Sept. 25 & Saturday, Sept. 26
Tuesday to Saturday, 8:30 am-5:30 pm; Friday 8:30 am-9:00 pm

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CLASSIFIED ADS

FOR SALE

ELECTROLUX
"THE GREATEST NAME IN VACUUM SYSTEMS"
Estimates on central vacuums. Used vacuums, supplies and repairs to all makes. Flea market display. Mitch Cassell, 543-2140. 8tfc

---

APPLES FOR SALE–Lobos and Atlas ready now at Robertson's Apple Orchard, 6 kms west of Morrisburg on Lakeshore Drive. Open Monday-Saturday, 9 a.m.–5:30 p.m. and Sunday, 10 a.m.–5 p.m. Phone 652-4609. 34tfc

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EAGLE ENTERPRISE
HAND-MADE LEATHER CRAFTS
Including belts and moccasins. Now available at Double K Tack, located at 377-11th St. E., Cornwall, Ont., 613-933-1570. 34-38p

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WANT THAT PRIVATE OR DEALER VEHICLE?
But can't get finance? Call Car-o-line Autos; we will buy it for you. Call for details, 613-448-2488. etfc

---

FOR SALE–Noma lawn mower, 14 h.p. twin, 4-wheel steering; 20 cu. ft. deep freeze; colonial couch with 2 chairs; chrome table. 543-3893.37-38p

---

FOR SALE–In Morrisburg, 2 plus 1 bedroom, brick bungalow, 1/2 block to clinic, shopping centre and post office. Quiet street. Recently redone bathroom and finished basement. Attached garage. Large lot. For more information call, serious inquiries only, 613-543-4499. 37-40p

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Symth's Apple Orchard
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Open daily 8 to 6

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after 5 p.m. & Weekends

WEEKLY BINGO

BINGO
Monday night bingo every week at Riverside Heights. Doors open at 6:15. Bingo starts at 7:30. Everyone welcome, 18 and over. 13tfc

BINGO
Bingo, every Tuesday at Williamsburg Legion Br. 538 - Bouck's Hill. Doors open at 6 p.m. Bingo starts at 7:30 p.m..

BINGO
Sponsored by Morrisburg Legion Branch 48 Ladies Auxiliary every Thursday, 7:30 p.m. in the Legion Hall. Specials $50.00. Jackpot $300. If 60 present Jackpot goes.

BINGO
Friday night at Morrisburg Civic Centre sponsored by Morrisburg Jr. B Lions. 7 games at $20. 8 games at $25. 3 special games, $50. each. Special 50/50 games. Bonanza pays 60 per cent. Winner take all. Jackpot $300.00, Consolation $100. Jackpot starts at 50 numbers. Jackpot will be given away if 60 or more people participate; 70 people $400. 80 people $500. Everyone welcome. If not over 30 people - Bingo Cancelled.

FOR SALE

APPLES FOR SALE–McIntosh, Lobo, Cortland, Gala and Spartan. Also potatoes for sale. Dentz Orchards & Berry Farm, 4766 Brinston Road. Open daily 8:30 a.m.–5:30 p.m. Closed Sundays. 652-2397. 36-38c

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FOR SALE–Unbaked apple pies, $4.75 each, Oct. 5th last date to order. Proceeds to Timothy christian School. 543-3098 or 535-2290. 38-39p

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FOR SALE–Four B.F. Goodrich TA radial tires, 275x15x60 series. New. Phone 543-3420. 38-39p

---

FOR SALE–Farm fresh, grain-fed turkeys for Thanksgiving. Average weight 18–24 lbs. Pre-order by October 1, 1998. Deposit required. Also available: boneless country ham and turkey rolls. Flagg Creek Country Store, 613-652-2097. 38-39c

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WOOD FOR SALE–Dry mixed hard wood, delivered. Phone 535-2699. 38-40p

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FOR SALE–Electric, white stove, $150; wood splitter, 5 h.p., asking $1,200; trailer 4x7 with tilt box, $400. Phone 535-2699. 38p

---

U-PICK & APPLES FOR SALE
Wilson's Apple Orchards, 5k west of Williamsburg, first left past cemetery in Dundela, 1 1/2k down Ridge Road. John S. Wilson, 652-4405. Fresh juice available on weekends. 38p

---

FOR SALE OR RENT–3 bedroom house. Clean, newly painted, gas furnace, large lot, ready to move in now. 448-3343. 38-39c

---

FOR SALE–White and Norway Spruce, young trees, 2 to 3 feet tall. Bring your own container. $10 each. 652-2361. 38-39p

---

FOR SALE–GE washer and dryer, $125 for pair or best offer. Evenings, 543-0068. 38p

COMING EVENTS

YARD SALE
Williamsburg, Sat., Sept. 26, Pinkus Drive, Bert Hummel. Electric stove, wood splitter, household articles, large size clothing, something for everyone. 38p

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YARD SALE
51 Sir James Morris Drive, Morrisburg, 9–5, Thurs. and Fri., Sept. 24 and 25. Something for everyone. 38p

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ANNIVERSARY
Welcome: to celebrate the 125th anniversary of Dunbar Presbyterian Church on Sept. 27, at 11 a.m. Dr. Reverend Linda Bell former 1st Woman Moderator of the Presbyterian Church of Canada as guest speaker. Special music will be provided by the Matilda Trio. 37-38c

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YARD SALE
Sept. 26–27. Take a nice country drive to 11743 Toyes Hill Road just west of Winchester Springs and you won't be disappointed. Something for everyone including a buck or two table, and large utility trailer. Rain or shine. 38c

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CENTRE COMMONS PERENNIALS THIRD ANNUAL BLUE PAINT SALE
Unbelievable prices! You point - we dig! Sept. 26–27. 10 km. north of Ingleside on Otto Road, 984-2645. 38c

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SOUTH DUNDAS CHAMBER OF COMMERCE GENERAL MONTHLY MEETING
Tues., Oct. 6, 7:30–8:30 a.m. (7 a.m. breakfast), The McIntosh Country Inn & Conference Centre. 38-39c

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SOUTH DUNDAS CHAMBER OF COMMERCE "FOURTH" DESTINY ROUNDTABLE DISCUSSION
Thurs., Sept. 24, 7–9 p.m., Brinston Council Chambers. The Roundtable topics: Communication, Agriculture and Millennium Projects. Future Roundtables will be held monthly around South Dundas. 38c

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BREAST CANCER SUPPORT GROUP
Everyone welcome. Park Lane Senior Support Centre, Williamsburg, Wed., Sept. 30, 7:30 p.m. 37-38c

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WILLIAMSBURG'S HARVEST FESTIVAL BINGO
Fri., Sept. 25, under a heated tent on the tennis court. Approximately $4,000 in prize money, $2,000 jackpot, four 50/50 games and Bonanza. Doors open at 5 p.m. Bonanza called at 6 p.m. Regular play begins at 7 p.m. Seating for approx. 600 people. Everyone welcome, 18 and over. 37-38c

COMING EVENTS

ALCOHOLICS ANONYMOUS
If you want to drink that's your business. If you want to stop, that's ours. Call AA, 543-3484, 652-1051 or 448-3326. For families of Alcoholics (ALANON) 543-3484 or 774-3337. Meeting every Thursday, 8:30 p.m., Lakeshore United Church. 1tfc

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ANNIVERSARY TURKEY SUPPER
Trinity United Church, Ingleside, Sun., Sept. 27, 4:30 p.m.–7 p.m. Adults $8; students (6 to 12 years) $4; under 6 years free. Take-outs available. 37-38p

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ANNIVERSARY TURKEY SUPPER
Williamsburg United Church Tues., Sept. 29, beginning at 4:30 p.m. Adults $9, children under 12 years $3.50 and preschoolers free. Take-outs available. 37-38p

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MODERN SQUARE DANCING
Join in the fun of modern square dancing at Morrisburg Public School every Monday evening, Sept. 21-28 , free. Caller Harold Moore, 543-2341. 37-38p

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APPLEFEST
Sat., Oct. 3, 9:30 a.m. to 3 p.m., at the Morrisburg Plaza. Sponsored by the Morrisburg B.I.A. 38c

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AN EVENING OF COUNTRY & GOSPEL MUSIC
Sunday, Oct. 4, 7:30–9:30 p.m., St. John's Lutheran Church, Riverside Heights. $5 admission. Refreshments following. Music by Nation Valley Blue Grass & Gospel, Roma McMillan, Pastor Jo & Sandra Barkley-Probst. 38-39p

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PANCAKE BREAKFAST & DANCE
Sat., Sept. 26, Williamsburg I.O.O.F. Hall. Breakfast 8 a.m.–11 a.m., $4; dance 8:30–12:30 a.m., $5. Music by this Old Heart, Dennis Whitteker. 38p

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RUMMAGE SALE
Timothy Christian School, Williamsburg, Fri., Sept. 25, 7–9 p.m., Sat., Sept. 26, 9:30 a.m.–12 p.m. 38p

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RUMMAGE SALE
Sponsored by St. James' A.C.W. Fri., Oct. 2, Masonic Lodge, 68 St. Lawrence St., Morrisburg, 8 a.m.–12 noon. Donations received after 6 p.m. on October 1st. 38-39p

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CARDINAL FIGURE SKATING CLUB 98-99 WINTER SCHOOL REGISTRATION
Sept. 19 and 26, 10 a.m.–12 p.m., Cardinal Village Square Mall. Programs include: Canskate and Junior and Senior Free Dance and Skills. For more information call Colleen Baldwin 657-1156 after 5 p.m. or Cindy McGuin 657-3979 after 5 p.m. 37-38c

NOTICE

THE GRACE OF GOD
O, "why was He there as the bearer of sin if on Jesus thy guilt was not laid."
O, "why from His side flowed the sin-cleansing blood if His dying thy debt hath not paid?"
That if thou shalt confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised Him from the dead, thou shalt be saved. Rom.10:9.
–KJV 36-40p

WANTED

WANTED TO BUY–Books in good condition, both hard cover and soft cover. After 7 p.m., 448-3787. 38tfc

WANTED
EVERY WEDNESDAY
HEALTHY HOLSTEIN BULL CALVES FROM 95-110 LBS.
Calf Station open 12 Noon – 4 p.m.
Location
DELFT BLUE VEAL FARM
LIGHTNING STREET, WILLIAMSBURG
between 12 Noon – 4 p.m.
For information call Walt at 543-2796 after 8 p.m.

Help Wanted
Experienced Waiters, Waitresses, Kitchen Help and Cook.
Apply in person
BUDGET INN
Hwy. 2 at Hwy. 31
Morrisburg, Ont.

WORK WANTED

WORK WANTED–Daycare mother of 2 has openings for children in her home. Healthy snacks, lots of T.L.C. Phone 543-4514. 38tfp

IN MEMORIAM

RICE–In loving memory of J. Edwin Rice Sr., who passed away September 23, 1994.
We cannot have the old days back,
When we were all together,
But wonderful memories and loving thoughts,
Will be with us forever.
–Always remembered by wife and family 38p

MacLENNAN–In loving memory of Cameron, September 18, 1994.
Loving and kind in all his ways,
Upright and just to the end of his days,
Sincere and kind in heart and mind.
What a beautiful memory he left behind.
–Missed by Cam Jr., Steve, Rick and families 38p

MANSHANDEN–In loving memory of a dear wife, mother, and grandmother, Marie, who passed away September 30, 1989. She was 63.
There is a special kind of feeling
That is meant for you alone,
A place that is within my heart,
That only you can own.
Nothing can be more beautiful,
Than the memories I have of you,
To me you were someone special,
And God must have thought so too.
If roses grow in Heaven, Lord,
Please pick a bunch for me,
And gently lay them in her arms,
And tell her they're from me.
–Forever in our hearts, husband Casper, children Gerda (Pe), Corrie (Bill), Pieter (Dode), Dirk (Gayle), Trudy (Kevin) and grandchildren 38p

FOR RENT

FOR RENT–1 bedroom apt., Williamsburg, stove, fridge and heat, $450 month. 535-2607. 37-39c

---

FOR RENT–Large 3 bedroom apt., Williamsburg, $700, utilities included. Available Oct. 1. 535-2175 or 535-2048. 37-38p

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FOR RENT–Morrisburg 1 bedroom apt., Lakeshore Dr. location, nicely decorated, stove and fridge included, $320 per month plus utilities (gas heat-hydro-water). First and last required. Available October 1st. 1-613-283-0746. 37tfc

---

FOR RENT–3 bedroom, 1 storey, semi-detached duplex, quiet deadend street, Morrisburg. Available Oct. 1st or at your convenience. $590 per month plus utilities. 535-2263. 37tfc

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FOR RENT–Large, private, 2 bedroom apt. in quiet location. Riverside Place Apts. Storage available. Ideal for seniors. 543-4235. 36tfc

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FOR RENT–With option to buy: 2+1 bedroom, Morrisburg, all appliances, garage and shed. $750 month rent. Phone 821-4910. 38-39p

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FOR RENT–Furnished kitchen room including utilities. $475 per month. No last month advance rent. Phone 543-2868. 38-39c

---

FOR RENT–Self-contained, 2 bedroom home, in quiet neighborhood. Partially furnished. Call after 6 p.m., 543-4336. 38p

---

HOME FOR RENT–Beautifully maintained 3+1 bedroom in central Morrisburg. Large lot, gas heat, deck, walk to shopping, reasonable rent. Available Dec. 1. No pets. First + last + references required. Call Elaine 535-2759 days, 543-4309 evenings. 38tfc

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FOR RENT–2 bedroom basement apt., $335 plus utilities. Apply to Box 367, Morrisburg, Ontario K0C 1X0. 36tfc

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FOR RENT–2 bedroom semi-detached residence, north side of Highway No. 2, Dundas-Stormont County line - $360.50 per month plus utilities, available immediately. References required. Phone 543-2924. 15tfc

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FOR RENT–2 bedroom, Morrisburg, $490 month plus utilities. Fridge and stove included. Available immediately. 543-3563. 24tfc

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APTS. FOR RENT–1 or 2 bedroom, $400 and up; with heat and hydro, $500 and up, including fridge and stove, laundry room and storage. 535-2881 after 11 a.m., 535-2208 after 7 p.m. 34-39c

FOR RENT

ROOM FOR RENT–Morrisburg: Accommodation for mature business person. Quiet, pleasant atmosphere. Shared kitchen and laundry facilities. Parking included. $70 week. 543-3780. 38c

---

FOR RENT–1000 sq. ft. of commercial space, Fifth St., Morrisburg, available immediately. Phone 925-4270. 35tfc

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APT. FOR RENT–In Morrisburg, 2 bedroom, clean, spacious, sun room, fridge and stove, $455 plus hydro. 445-2982. 34tfc

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FOR RENT–3 bedroom apt., Morrisburg. $430 month plus utilities. 652-4694. 49tfc

---

FOR RENT–Morrisburg. Why rent? Own your "Freehold" 3 bedroom townhouse. A limited amount of houses available at $55,000. Act now before they're all gone! Call us for details! Jacques E. Asselin Real Estate, 652-1784. 37-38c

LOCKE'S RENTALS
General Tool & Equipment Rentals
WELDING
Repairs & Fabrication including Aluminum & Stainless
Custom Punching & Shearing
DIXON'S CORNERS
652-1620

NEW BABY



At your house?
It's time to call your Welcome Wagon hostess. She will bring congratulations and gifts for the family and the NEW BABY!
Welcome Wagon
Kathy Baldwin
543-4087

SERVICES

FIRST CHOICE CARPET & UPHOLSTERY CLEANING
Satisfaction guaranteed. Great service at an affordable price. Certified by I.I.C.R.C. Call Steve or Joan Helmer, 652-1930. 24tfc

---

LOU'S CREATIONS
Ceramics for all occasions. Bisque, brushes and paint. Finished pieces available. Will paint to suit, 50 Loyalist St., Morrisburg, Ontario K0C 1X0, 613-543-3568. Open Tuesday to Saturday, 10 a.m.–4 p.m. 36-39c

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ODD JOB SERVICE
For various odd jobs at affordable rates please contact Mark at 613-535-2504. 35-38p

---

TUTORING
Qualified teacher will tutor your child in reading and math, grades 1 to 8. Phonetic Approach to Reading. Call L. Eamon, 543-3639. 35-42p

---

SHINING STAR CLEANING
For all types of homes, offices and businesses. We clean carpet and upholstered furniture also. Call (Augusta Waddell), phone/fax 613-652-4664. 10tfc

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CHIMNEY SWEEP
Be safe, get your chimney cleaned at least once a year at a reasonable price. 448-2574 or 448-3255, after 5 p.m. 36&38p

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YESTERDAY'S BOUTIQUE
Now accepting fall and winter clothing on consignment. Good selection available for re-sale. Call Barb at Watson's Store, Dixon's Corners, 652-2091. 37-38p

CATERING SERVICE
Royal Canadian Legion Br. 48 Ladies Auxiliary is available for all catering needs – Weddings, Parties, Anniversaries, etc. Will also cater late night functions. Please call the Branch at 543-3091 for bookings.

ERIC CURRIER ELECTRICAL
COMMERCIAL & RESIDENTIAL
ELECTRIC HEATING
Phone 652-4868
Saver Road
IROQUOIS, ONTARIO

REAL ESTATE (TRIPLEX and VACANT LOT) AUCTION

SATURDAY, SEPTEMBER 26th
11 A.M. SHARP!
On Site at 3516 County Rd. 7 DUNBAR
(8 km south of Chesterville & Hwy. 43)

TO BE SOLD FIRST – Good Building Lot. Large Cedar Privacy Hedge in front – 115' x 221' - **NO RESERVE**! It will be sold, regardless of price.

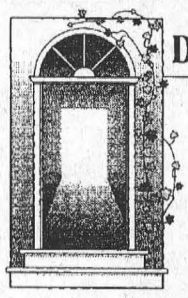
TERMS: $500.00 Deposit, Balance due on closing – on or before Oct. 30, 1998.

11:15 A.M. – TRIPLEX – Excellent Cash Flow. Monthly rents are A - $525.00; B - $425.00 (just vacated and renovated); C - $505.00. Lots of recent upgrades (over $26,000.00 spent in 97 including new well & septic system).

The Triplex WILL BE SOLD Subject ONLY to a minimum bid of $35,000.00.

TERMS: $1,000.00 Deposit, Balance due on closing – on or before Oct. 30, 1998.
DON'T MISS THIS GOOD INVESTMENT OPPORTUNITY!

REALTY BROKER/AUCTIONEER
CARSON CHISHOLM AUCTION SERVICE
ST. ANDREWS W., TEL: (613) 937-0201



DUNDAS COUNTY HOSPICE

PALLIATIVE CARE COURSES

Dundas County Hospice is offering a ten week palliative training course on **Thursday afternoons, October 1, 1998 to December 3, 1998. Time: 1:00 to 4:00 p.m. at the Senior Support Centre, Williamsburg, Ont.**

The course will cover the following topics:
• Philosophy of Hospice Care • Listening and Communication Skills
• Family Dynamics • Attitudes Toward Death and Dying
• Spirituality of Death and Dying • Pain Management
• Grief, Mourning, Bereavement

Interested applicants should contact the Hospice Office for registration. Space is limited, so please call early.

Phone 535-2215, Fax 535-1104

Police File

$6,000 worth of personal items stolen in theft

Between 7:15 a.m. and 3:45 p.m. on Sept. 18, a home on Headline Rd. in South Stormont was entered via a forced open window. Once inside, the following items were taken: two televisions, two VCRs, two stereo systems. a portable phone, a barometer from the wall, and a safe containing cash, jewelry and personal documents.

If you have information on this or any other crime, call Crime Stoppers at 1-800-265-8477.

Harley Davidson swiped

Skid marks were visible after a Harley Davidson motorcycle was stolen from a home in North Stormont on Sept. 18. The bike is valued at $22,000 and it was stolen sometime between 9 a.m. and 4:30 p.m. from a yard of a home on Murphy Rd. in the township. Police believe the motorcycle was dragged away as marks were visible on the property. The bike is a 1997 Harley, beige and silver in color, with the Ontario licence plate number 2C260. Const. D. Holmes is investigating this incident.

Operation Identification Saturday

The South Stormont Community Policing Association is holding an Operation Identification program on Saturday from 1-4 p.m., at the St. Andrew's West Firehall, located on Hwy. 138 at St. Andrews West. This is a child fingerprinting program, which also has electronics for engraving personal items. These engravers are for use free of charge for large items.

Theft of motor vehicle

On the night of September 19, police began an investigation into a report of a stolen vehicle from the Kay Hotel in Chesterville. Between the hours of 11 p.m., and 12:10 a.m., a 1993 Mazda, two-door, green, was taken from the hotel area. This vehicle was located on Allen Road in Osnabruck Twp., just before midnight. The vehicle had been destroyed by fire. Const. D. Holmes is investigating this incident.

Drug seizure

Upper Canada OPP hit the million dollar mark in marijuana seizures last week, as another 1,528 plants from 14 grow sites were uprooted last week in North Dundas Twp. These plants had an estimated street value of $764,000. This brings the total of plant seizures to 2,218 in Dundas County alone, with a street value of approximately $1.109 million. No charges have been laid in this latest seizure.

Break and enter

A storage warehouse in Williamsburg Twp. was broken into in Williamsburg Twp. sometime between September 10-11. A forced entry had been made into a construction storage site in South Dundas, resulting in the theft of about one ton of copper pipe, estimated at approximately $2,000. Small tools were also taken. Const. D. Holmes is investigating.

Pay phone ripped off

The Bell telephone pay phone was ripped from its hinges on September 19, from in front of the Country Girls General Store in South Mountain. It has not been recovered, and Const. S. Roy is investigating.

Operation Impact

Last year in Ontario, over 900 people were killed as a result of collisions on provincial highways and byways. More than 88,000 injuries and 215,000 collisions cost the economy millions of dollars in lost wages, not to mention the excessive financial strain placed on our health care system. In these collisions, speed, seat belt non-use, and impaired driving were the main contributing factors.

For the third straight year, the OPP will be targeting high risk drivers as partners in Operation Impact 1998, a national safety campaign aimed at reducing death and injuries through enforcement, and education, will be held Saturday, Oct. 3.

Drivers are reminded that they are responsible to ensure passengers under 16 occupy a seat belt position and are properly belted in. All drivers and passengers must properly adjust their seat belts as it is still an offence if the belt is not properly worn. All seat belt related offences come with a fine of $105 and two demerit points. During this year's campaign local Traffic Management Officers will also be concentrating on problems related to impaired driving and speeding offences.

During this 24-hour nation-wide campaign in 1997, officers from 216 police services stopped close to 314,000 vehicles, laid 11,700 seat belt charges, along with 7,600 other traffic offences, and laid 438 impaired driving counts. The OPP share the vision of Operation Impact making Canada's roads the world's safest by the year 2001.

In Court

Dangerous driving

Diane R. Baker of Carraway Crescent, Morrisburg, was charged Aug. 20 with dangerous driving, and committing mischief not exceeding $5,000 when a 1981 Ford LTD was damaged in Morrisburg on that date. She will appear in Morrisburg court Oct. 6, 1998, to answer the charge.

Mischief, B&E charges laid

James MacDonald of R.R. 1 Morrisburg (Riverside Drive) was charged Aug. 13 in Morrisburg with committing mischief not exceeding $5,000 when a plate glass window at McGillis Home Hardware was broken. He was also charged with possession of stolen property (less than $5,000), B&E at Upper Canada Playhouse as well as theft; B&E at South Dundas residence on Carman Road, and B&E at a Riverside Drive home. His court date in Morrisburg is Oct. 13, 1998.

Death threat uttered

William James Pitcher of R.R. 1 Morrisburg was charged June 20, 1998, in South Dundas Twp., with uttering a death threat and committing mischief (interrupting the lawful use and operation of property at the Shell Oil Canada Service Centre, Highway 401). He will be in Morrisburg court on Oct. 6 to answer the charge.

Possession of stolen property

Allan H. Robinson, 26 of South Dundas, will appear in Morrisburg court on Oct. 20 to answer to the charge of possession of stolen property. He was charged Aug. 5, in South Dundas, the value not exceeding $5,000.

Publication ban issued

A publication ban has been issued against the identity of the victim in the case against Jacques Thurler of Mountain Township, who was charged with sexual assault August 18. He reappears in Morrisburg court on Oct. 6.

JOHN A. ALLISON REAL ESTATE BROKER
Morrisburg Village Plaza
543-3717

MORRISBURG – $116,900. Attractive, modern raised bungalow, with eat-in kitchen, dining room, 2+1 bedrooms. High efficiency gas furnace. Attached garage. Good west end location. (5738)

MARIATOWN – River view, in-ground pool, separate studio/office . . . just a few of the extras that accompany this lovely renovated two storey, 3 bedroom home. Modern oak finished kitchen; south facing solarium; attached garage. $164,900. (5753)

INGLESIDE – Well maintained 3 bedroom bungalow, on lovely lot. Eat-in kitchen, dining room, finished rec room with wood burning stove. Must be sold! $98,900. (5735)

RIVERSIDE HEIGHTS – Two bedroom bungalow with large basement rec room. Carport; workshop; other outbuildings. Great hobby set up! Convenient location. Call for details. (5764)

Sales Representatives:
John A. Allison ... 652-1551 Dale Beckstead 652-4396

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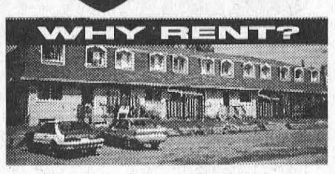
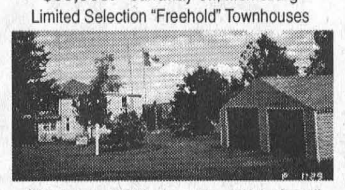
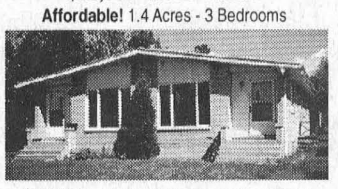




$55,000. - Carraway Cr., Morrisburg
Limited Selection "Freehold" Townhouses

$89,900 - RR #2 - Brinston
Affordable! 1.4 Acres - 3 Bedrooms

$98,900. - RR#2 - Iroquois - **"Waterfront"**
4 Bedrooms - Many Upgrades - Just Move In!

$99,500. - #1 & #3 Carraway, Morrisburg
Investment - Duplex - 2 Units (2 Bedrm ea.)

VACANT LAND: Several New Listings - Prime "River View" with Water Access @ $45,000., or enjoy 1.33 Acres "Waterfront" @ $75,700., Quiet Country locations start as low as $8,000. Prime Industrial Development Site (7.78 Acres) @ $39,900. Call or stop by the office to view our entire selection!

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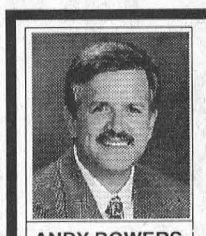
ANDY BOWERS
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What a great starter home - Perfect for the Snowbirds. Meticulous maintenance has kept this unit in good shape. Super side patio area & huge storage shed. Two new sets of entry steps. 58 Hill's Mobile Village. MLS #429336



Two bedroom open concept, gas fireplace in sunny family room. FAG with central air conditioning, attached heated garage. Don't drive by! 4 Bay Street, Iroquois.



All is Quiet at 595 Louise street near the Winchester Hospital. Three bedrooms +, hardwood floor and beautiful brick fireplace in living room, FAG, Central Air, detached garage.



Step back into time! Beautifully maintained, this heritage home is rich in charm and character. FAG heating. Third floor lofts provide super retreats. 51 High St., Morrisburg. MLS #429337

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e-mail: bowers@mor-net.on.ca

Health Care Food Service Certificate

Job Skills for Health Care Food Service Workers

Module 1 -
Introduction to Institutional Food Services
at Winchester District Hospital - $145.
Starting Wednesday, October 7, 1998
7:00 p.m. - 10:00 p.m.

To register: Maureen Venables
1-800-585-1784 or 613 258-8473
ICELA@kemptvillec.uoguelph.ca

Kemptville College | University of Guelph

HELP WANTED

Duct Cleaning Operator

Must have a strong back, be willing to learn and work without supervision and must be able to represent our company in a professional and respectful manner.

Send resume with names of referrals to:

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WILLIAMSBURG, ONTARIO K0C 2H0
Fax: 613-535-2832

BRADSON HOME HEALTH CARE

Bradson Home Health Care is a wholly owned Canadian company providing health care in Eastern Ontario since 1986. We are currently recruiting in the Morrisburg, Kemptville, Brockville and surrounding areas. Applications for the following positions are currently being accepted:

Home Support Workers – Level 2 &3
Personal Support Workers
Health Care Aides

Must have own transportation, ability to work flexible hours, desire to provide consistent quality care through a core group team approach.

Please forward your resume to:

Cathy Arthurs, R.N., Co-ordinator
Bradson Home Health Care
101 Oxford Street
Kemptville, Ontario
Phone: (613) 258-6100
1-800-663-6834
Fax: (613) 258-5185
email: carthurs@bradson.com

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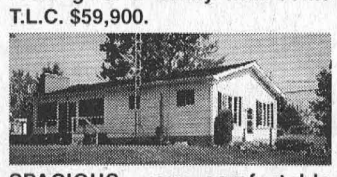
ALL YOU COULD WISH FOR . . . and more $199,500.


THIS 3 BEDROOM home is looking for a family with some T.L.C. $59,900.


CAREFREE LIVING, just move in. $28,000.


SPACIOUS, very comfortable country home, close to town. $97,000.

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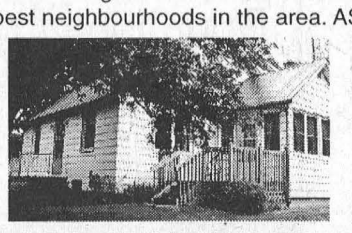
THOM REALTY LIMITED REALTOR
Morrisburg Village Plaza 543-3598



NEW LISTING - Central air, central vacuum, hedged lot, 2-tier rear deck, covered front porch, attached garage with basement entrance, paved drive, counter-top range, built-in microwave/convection oven and completely self contained in-law suite. This entire package and more in a very attractive three bedroom raised bungalow on a lot that's more than 150' deep in one of the best neighbourhoods in the area. ASKING $148,500. MLS



A PIECE OF COUNTRY RIGHT IN TOWN - Truly a gardener's delight, large lot, double detached garage and garden shed. The home offers two bathrooms, two large bedrooms, main floor family room with gas fireplace and more. ASKING $92,500. MLS

LOTS - River view, 100' x 254', overlooking Galop Canal, $40,000.00; Highway #2, 342' x 306', zoned C2 Highway Commercial, $28,900.00; Close to Highway #401 & #31, 224' x 350', $14,900.00; Augusta Township bush lot, 673' x 1,232', $7,500.00.

Karen W. Gorrell – Broker/Owner – **Res: 543-3195**
John H. Miller – Sales Representative – **Res: 543-3195**
Charles (Chuck) Barkley – Sales Representative – **Res: 448-3660**

Dr. Pipe to speak at Clear the Air forum

CORNWALL—He's well-respected, knowledgeable—and his calendar is splitting at the seams. Getting Dr. Andrew Pipe to speak at the Clear The Air Forum in Cornwall, October 20 was no small feat.

Dr. Pipe, a founding member of the Physicians for a Smoke-Free Canada, is director of the University of Ottawa Heart Institute's Smoking Cessation Clinic and the Cardiac Surgery Artificial Valve Clinic.

His interests in physical activity and tobacco addiction show up throughout his bio: Chief Medical Officer to Canada's 1992 Summer Olympic Team, former president of the Canadian Academy of Sport Medicine, honourary Chair of the Quality Daily Physical Education Committee of the Ontario Physical and Health Association.

"He really juggled his commitments to make it here," says Sandra Labelle of the Eastern Ontario Health Unit, which is coordinating the event, open to all residents of the five counties. "It was really important to him to address the tobacco issues here."

One of the reasons it may have been so important to Dr. Pipe, is this area's stats; daily smoking rates in the five counties are higher than the provincial average.

"Dr. Pipe knows what we're up against in this region. And he's prepared to do whatever he can to help improve those statistics by encouraging healthy choices," said Labelle.

The forum also features guest speakers: director of Ontario Campaign on Tobacco Michael Perley, a representative from Hawkesbury General Hospital, Allergist Dr. David Copeland and pharmacist Robyn Guindon.

"We're thrilled with the participation of the panel and all the sponsors and community partners. This is a major event that we're hoping will be well attended because everyone is touched by second hand smoke," said Labelle.

Community agencies, and the Ontario Medical Association will be on site with displays and free information. Everyone's welcome to the free event. Call Health Line at 1-800-267-0852 for more information.

ACCOUNTING TECHNICIAN
– minimum 2 years experience in public accounting, capable of financial statement preparation.
Please send your resume in confidence to:
ALLAN BELL & ASSOCIATES
P.O. BOX 681, MORRISBURG
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FAX: 613-543-4382
Only those candidates considered for an interview will be contacted.

Hydro celebrates

CORNWALL—Ontario Hydro is celebrating the 40th anniversary of the Robert H. Saunders Generating Station by inviting the public for a plant tour, displays and refreshments Saturday, September 26th, from 10 a.m. to 3 p.m.

"This plant is an important piece of hydro electric heritage," Hydro's Ottawa-St. Lawrence Plant Group Manager John Tammadge said. "It has achieved forty years of successful and safe hydroelectric operations, with a dedicated staff who have operated and maintained it over the years. To date, they have gone more than two years without a lost-time accident."

Built by Ontario Hydro between 1953 and 1958, the Saunders Station is equipped with sixteen generators whose total power production is almost 1 million kilowatts of electricity. Last year it supplied about five per cent of Ontario's electricity. The station, located on the St. Lawrence River just west of Cornwall, first produced power on July 4, 1958. Constructed as part of the St. Lawrence Seaway and Power Project, the generating station forms one half of the Moses-Saunders Power Dam, the third largest international power dam in the world. Queen Elizabeth 11 officially opened the whole project on September 5, 1959.

CANADIAN TIRE **CORRECTION NOTICE**

We wish to draw your attention to the following in our current "Fabulous 2-Week Sale" Flyer.

Page 8: Oral-B Plaque Remover, 99-2129-0. The illustration is incorrect. This item includes only one brush and does not include a storage tower.

Page 14: 13" Drill Press, 55-5911-2. The Vise does not come with the Drill Press as shown in the illustration.

We wish to draw your attention to the following in our current "1998 Catalogue"

Page 308: Item #3, Reese Shadow Mount Custom Class II Trailer Hitches, 40-7004X. The illustration is incorrect.

We sincerely regret any inconvenience we may have caused you.

cnote d337/338/'98 CAT- All Zones

valu-mart

WHEELER'S valu-mart
MORRISBURG VILLAGE PLAZA 543-2802

Pick up your copy of our 8 Page Flyer in the store.
Sale in effect until Saturday, September 26th, 1998.
OPEN MONDAY TO FRIDAY 8 A.M. – 9 P.M.; SATURDAY 8 A.M. – 6 P.M.; SUNDAY 9 A.M. – 5 P.M.

OVEN ROASTS OUTSIDE ROUND 1.99 LB.
BONELESS Cut from Canada A, AA, AAA grades beef eye removed 4.39/kg

KLEENEX FACIAL TISSUES 69¢
Floral or Expressions Design Box Of 150

TOMATOES HOT HOUSE 99¢ LB.
LARGE SIZE Product of Canada Canada No. 1 2.18/kg

GREEN GIANT NIBLETS 1.99
Whole Kernel Corn or Vegetables Frozen Selected Varieties 1 kg pkg.

CLOVERLEAF SKIPJACK TUNA 69¢
Chunk Light in Water 170 g tin

CHEEZ WHIZ KRAFT 2.79
Process Cheese Food Spread Selected Varieties 500 g jar

CHOICE CUTS

Fresh 2.18/kg
CHICKEN DRUMSTICKS 99¢ LB.

Cap Off Cut from Canada A, AA, AAA grades beef 6.59/kg
SIRLOIN TIP BNLS. STEAKS or ROASTS 2.99 LB.

Fresh Bone In 7.69/kg
TURKEY BREAST 3.49 LB.

SUPER BUYS!

Frozen Concentrated 12.5 oz. tin
McCAIN Regular or 97% Pulp Free ORANGE JUICE 88¢

General Mills 375-425 g box
HONEY NUT or Frosted CHEERIOS Cereal 1.99

Liquid for dishes regular or ultra concentrated
PALMOLIVE Selected Varieties 635-950 ml cont. DETERGENT 1.99

THE MARKET

Fresh Product of Canada Canada Fancy 1.74/kg
McINTOSH APPLES 79¢ LB.

Product of Ontario
FRESH RADISHES 99¢ LB.

Assorted Varieties Product of U.S.A.
FRESH HERBS 1.49 bunch

Product of Canada Canada No. 1 1.30/kg
RED or WHITE POTATOES or Yukon Gold 59¢ LB.

In-store Baked Sliced or Unsliced Whole Wheat or
HOMESTYLE 450 g loaf WHITE BREAD 99¢

Selected Varieties 3.5 oz.
BULK BAGELS 4/99¢

Alzheimer Coffee Break
Join us for Coffee on Thursday, Sept. 24, 1998
Donations from every cup poured will benefit the Alzheimer Society, an organization committed to funding Alzheimer Research and to providing information and support to individuals with the disease.

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