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The Morrisburg Leader

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BEVY OF BEAUTIES FOR CARNIVAL "ROYALTY"



Vicki VanAllen, 19, is Queen of the Morrisburg Winter Carnival. She is the daughter of Mr. and Mrs. Clare VanAllen of Morrisburg and attends Seaway District High School. Vicki was crowned at the Morrisburg Community Centre on Sunday by Reeve Carlton F. McInnis.

Supporting her as Princesses of Carnival Week are Penny Dillabough, 16, of Morrisburg, first runner-up; Henny Vanderheide, 19, of Dunbar, second runner-up and Karen Heagle, 17, of Ingleside, 3rd runner-up. Contestants were required to submit a handwritten paragraph telling why they wished to be carnival queen. They were judged on poise, personality, grooming and talent.

On Tuesday night, the girls were special guests at the "fun night" sponsored by the Morrisburg and District Horticultural Society as a part of carnival week. They were wearing the beautiful gowns awarded to them by Mr. and Mrs. Alex English, as part of their prize for the "Queen Contest".

Photo shows from left to right: Penny Dillabough, Vicki VanAllen, Karen Heagle, Henny Vanderheide.

Another feature of the Carnival during the week was the judging of snow and ice sculptures. First place went to Mr. and Mrs. Sam Casselman, for their snowmobile; second was awarded to Gordon Mulholland for a horse drinking at a trough, complete with pump; and third place went to Mr. and Mrs. Ed Rice for their ice castle.

Today (Friday) features are an Open House with instructor at the Morrisburg Curling Club at 4:00 p.m.; Bean Supper and card games at the Canadian Legion, starting at 5:30; Junior Hockey at 8:30.

Saturday's schedule includes a Snowmobile Rally at 10:00 a.m.; Kids' Games at 1:00; Girls' Broomball Tournament at 2:00; Free Skating at 8:00, and a gala dance at the Civic Centre at 9.00 p.m.

The last day of Carnival week (Sunday) will see an Early Bird Breakfast at Allan Hall (United Church) at 8:00 a.m.; Sleigh Rides at 1:00 p.m.; Intermediate Hockey at 2:00 and an outdoor Church Service at 7:00, followed by a snowmobile torchlight parade to wind up Morrisburg's first week - long winter carnival.

Loyalists Win Loop Set for Playoffs

Morrisburg Loyalists have captured the Seaway Valley Intermediate Hockey League Pennant and now meet Alexandria in the best of 7 finals for the League Championship. The winner of this series is to meet the winner of the Lanark League.

The finals will open in Morrisburg on Sunday, February 20th, 2:30 p.m. As this game will be played during the Morrisburg Winter Carnival, the Loyalists have arranged that all public school children and under, will be admitted free if accompanied by a parent or an adult. A bike and hockey sticks will be given away as door prizes.

The rest of the schedule is:

Friday, February 25th, Morrisburg at Alexandria 9:15 p.m.

Sunday, February 27th, Alexandria at Morrisburg 2:30 p.m.

Wednesday, March 1st, Morrisburg at Alexandria 8:15 p.m.

If necessary:

Friday, March 3rd, Alexandria at Morrisburg 8 p.m.

Sunday, March 5th, Morrisburg at Alexandria 2:30 p.m.

Wednesday, March 8th Alexandria at Morrisburg 8:30 p.m.

The last time these 2 teams met, it was a 3-3 tie.

FINAL TRIBUTE PAID TO WELL KNOWN RESIDENT

Fred I. Dafoe, a well known and highly respected resident of Morrisburg and district, passed away on February 6th, following a brief illness.

Mr. Dafoe was born at Cedar Grove, a son of the late Robert J. Dafoe and Mary Gallinger. He received his education on the third concession and later farmed in the same area. His first wife was Ida Pier and to this union were born three children: a son, Bert; a daughter who predeceased him, and a daughter Greta (Mrs. Clark Burton) surviving. His first wife died in 1951 and he was married the second time to Mrs. Ada Styles, who died in 1963.

Besides his daughter (Mrs. Burton), he is survived by his wife, Florence, whom he married in 1964 and a brother, Ross.

Funeral service was conducted from the Fairbairn Funeral Home on February 9th, with interment to follow in the spring at Pleasant Valley Cemetery.

Rail Traffic Disrupted as Gas Cars Explode and Burn

Like most small towns, Morrisburg does not hit the national head lines often, but last Friday morning, we were in there not only with a bang, but with a Bang! Bang! Bang!

Shortly before nine o'clock that morning a Canadian National mixed freight had just passed the village when some 36 of its 95 cars went off the track. Some of the cars were loaded with propane gas which promptly exploded, scattering debris and the contents of several other cars over the countryside. The explosions rocked the whole area for a distance of several miles around, and broke a plate glass door in the Morrisburg Shopping Centre.

Heat and flames from the propane fires promptly ignited other cars in the wreckage, and first arrivals on the scene saw an incredible inferno of destruction. The explosions had driven entire train cars off the track and through the air, shearing elm trees up to eight inches across as though they had been cut with a saw. Flames from the ruptured gas cars rose hundreds of feet into the air and attracted a large crowd of curious residents. Due to the extreme danger, police quickly sealed off roads leading to the wreck, only to find the same crowds proceeding there by snowmobile and on foot.

The train also contained a tank car of chlorine gas, and at one time it was thought that evacuation of all residents from the area might be necessary, but the dangerous car was towed to safety.

The accident was on the main line of the C.N.R., about two miles east of the Morrisburg station and the overpasses linking provincial highways 401 and 31. Had the explosions occurred only minutes earlier, the damage would certainly have been much greater. Although no official estimate of damage is available, guesses at the figure are going into the millions. In addition to the lost cars and their contents several hundred feet of track were torn up on both eastbound and westbound tracks, as well as the switch on the service track to Seaway Chemicals (Rohm & Haas).

If Morrisburg residents were frightened by the blast, there was another group whose members were even more so. A group of 14 seasonal winter employees working on a project of removing dead elm trees in the immediate vicinity. As they scattered, seeking cover, huge chunks of flaming debris hurtled over their heads, and the huge fireball from the gas explosion added to their terror.

After the initial apprehension had abated somewhat a problem arose with looters. Drawn to the scene by reports that one of the wrecked cars contained wine and champagne, thirsty looters and thrill seekers descended on the scene like locusts. They found not only the wine, but also huge quantities of frozen berries and made off with large quantities. Guards on the wreckage were then strengthened, and several charges have been laid against the looters.

As this is written we are informed that bulldozers have broken up and buried the remaining spirits and other goods that were being pilfered.

Lakeshore U.C.W. Hears Talk on Mormon Church

A meeting of the United Church Women was held in Allan Hall on Thursday, February 3rd, the newly-elected president, Mrs. Isabel York, opened the meeting with a very timely reading and prayer, pointing to further goals and achievements which might be reached in the new year.

At the conclusion of the regular business meeting the budget for 1972 was presented by Mrs. Clifford Larmour, who, after a detailed explanation of each item, asked for and received approval of the budget. The following well chosen worship service was conducted by Mrs. J. Jordan and Mrs. W. Whyte.

The guest speaker was Mrs. W.G. Keyes of Morrisburg who spoke most interestingly of the Mormon Church, of which she and her family are members, the nearest Mormon Church is located in Cornwall, and as we heard of the many weekly involvements, as well as the Sunday service, the audience became aware of the devotion of the members to their church. Among the many ways in which the Mormon Church is unique is in its missionary service to all countries in the world, wth the exception of those behind the iron curtain, the missionaries start at a very early age, the boys at 19, and the girls at 23. They serve for a term of two years, during which time they are entirely responsible for their own expenses, each person is accompanied at all times by a companion.

The Morman Church has no regular minister but ministerial duties are carried out by a branch president, assisted by two counseliors and a clerk.

Many courses of a widely varying nature are conducted during the week, ranging from communications crafts, ets., to those at university levels—the same lesson books are used throughout the world. Another interesting feature is the planned family night, when all members of the family enjoy an evening together, perhaps in sport, music or books or in discussing any problems which may have arisen during the week. Mrs. Keyes concluded her most interesting and informat-the Mormon Church is building an ive talk with the statement that average of one chapel per day—quite a staggering figure, when we realize that many Protestant churches are being closed. Following the benediction, refreshments were served.

Lions Clinch First Place with Three Winning Games

Morrisburg Junior B Lions clinched first place i nthe South Division of the St. Lawrence League with 3 straight wins during the past week. The Lions have 48 points, ten in front of the second place Cardinal Broncos with only two games remaining for each team.

On Friday last the Prescott Saints were in town and Lions emerged victorious with the score 7-1. Lions goals came from Tom Whelland and Gary Hess with two each, Chuck Irvine, Gord Dillabough and Dale Swerdfeger with singles. The Saints onl ygoal was by Jim Talayko.

On Saturday, the Lions visited Spencerville to meet the Bruins in their den and bombed them 12 to 5. Gary Hess and Brian McNairn led the scoring parade with four apiece; Chuck Irvine got 2, while Roger Morrell and Steve Hess had singles. Spencerville got counters from Dutfield, Kaylo, John Westrate, Small and Lawrence.

On Wednesday the Alexandria Glens came to Morrisburg and went home on the short end of an 8 to 3 score. This was Chuck Irvine's night, as he scored a hat trick, while Tom Whelan got two. Singles came from Hugh Gillard, Gord Dillabough and Gary Hess. Garry Locke had two for the Glens while Bob Boisvenue got the other goal.

League standings this week show Morrisburg with 48 points, Cardinal 38, Prescott 30, and Spencerville 20. North Division standing shows Metcalfe has clinched first place with 47 points, Alexandria is second with 37 and Winchester has 29.

The Half and Half Draw of February 11 has been claimed, but the draw on February 16 is up for grabs; the winner has ticket number 587438 and can claim the prize at The Dutch Shop.

This Friday, February 18th, the Spencerville Bruins will be in town for an 8:30 p.m. game.

A COMPLETE LEARNING EXPERIENCE



An adventure in learning began on January 9th, when Laurie Brown and David Tucker, two Grade Eight students from Iroquois Public School, accompanied by their teacher Mrs. Gail Telford, left Iroquois for an educational adventure with their "twinned school" in Huntley, Jamaica.

Upon arrival, an official of the Jamaican Ministry of Education, together with Mr. T.E.A. Spence, Principal of Huntley School, welcomed the trio to their "Island in the Sun."

The people of the Huntley Community received the visitors into their homes and hearts. Events were planned for every available minute of the visit.

The first full day, included observing in the local school and getting to know the children. The school itself contains 7 classrooms and has an enrollment of 320.

Other special events of the first week included: a visit to Mandeville, the chief town of the Parish of Manchester where introductions were maide to the Mayor Custus (similar to our rank of Lieutenant Governor) and other dignitaries. Folowing lunch with the local Rotary Club, a tour of Alcan-Jamaica Ltd. was arranged by Mr. Keith Swaby, Director of Public Relations for the firm.

A special "Cricket Match" was staged by the boys of the senior classes for the benefit of the visitors; a tour of local schools in the Parish of Manchester was conducted by Mr. Spence with the co-operation of teachers and students in the area.

Members of the Huntley Community accompanied the visitors to the famous Dunns River Falls, on the North Coast where time was spent swimming in the ocean and falls, and touring local beauty spots such as Fern Gully, St. Ann's Bay, Runaway Bay, and Discovery Bay. A guided tour of the Reynods Aluminum Works near Ocho Rios was also included in this trip.

Meeting with their Member of Parliament, Mr. E. Peart, was very entertaining, and church service on Sunday at the local Moravian Church was enjoyed by the group.

The highlight of the trip was a special meeting and discussion with the Minister of Education and a call at The Prime Minister's Office. Later, a tour of "Jamaican House" his official residence was conducted and refreshments were served in his formal dining room.

Other events at this time included a tour of the City of Kingston—Devon House and Kings House; a visit of The Hope Botannical Gardens and Zoo; an interview on Radio Station R.J.R., and another by a reporter from "The Gleanor" one of the largest newspapers of the island. The Canadian High Commission hosted at a tea during the afternoon and described their work in Jamaica.

While in Jamaica, Laurie and Mrs. Telford were guests of Mr. and Mrs. Clarence Raynor of Mount Prospect. David stayed with Mr. Spence and other teachers at their residence.

The Canadian visitors were impressed by the friendliness of the people they met and the warm way they were welcomed into the community.

This was a true learning experience in every detail, and a very memorable one for the children and Mrs. Telford.

Students of the Jamaican School hope to return the visit later in the school year.

When all slides are developed, Mrs. Telford and the two students will talk about their trip at the school. This will be arranged shortly, and will be open to any interested people in the community. Then, they will be willing to accommodate any community organization or others who would be interested in hearing about their trip.

Keep the Record Straight

Canada's Parliament re-opened this week, and the belief is that the session will be short, with an election coming in spring or early summer. For many months the opposition parties' spokesmen have been sniping at the Prime Minister, and blaming him for all the country's ills, with special emphasis on the current rather high rate of unemployment.

How many of his critics will admit publicly that the Trudeau government brought this country through the past few financially critical years with less inflation than any other western country? Is Mr. Trudeau also responsible for the several million workers in the United States who are out of work? In Britain, the situation is even worse. Is that his fault too? Did he personally engineer all the troubles that are besetting this world?

Any man in public office must expect criticism, but that criticism should be fair. The leaders of the other parties in Canada know perfectly well that high unemployment is not a uniquely Canadian phenomenon. They know perfectly well that Pierre Trudeau is no more to blame for it than they are. Let them keep the record straight.

Prompt Reporting of VD Necessary

Ontario recently got a new minister of Health in a Cabinet shuffle by Premier Davis, and to the layman, at least, it would seem sensible that the new appointee is a doctor, rather than a lawyer. He is the Hon. Richard T. Potter, M.D., and is already making his presence felt in Toronto, as he never could when he was a back-bencher under former Premier Robarts.

One important field in which Dr. Potter is taking a firm stand is the reporting of cases of venereal disease to the local medical officer of health. According to him, reporting in the past by private physicians has been lax.

Ontario physicians are now required to report all cases of V.D. directly to their local medical offier of health. Such a report, required by new legislation, must be filed within 24 hours, and sent by the local MOH to the Minister of Health within one week. The Venereal Disease Prevention Amendment Act, 1971, simplifies this reporting procedure in order to stream line tracing of all venereal disease contacts and ensure prompt treatment of infected persons. Patient confidentiality is still maintained. Reports can now be made by the doctor to his MOH in writing, in person, or by telephone.

"The new, less time-consuming procedure should improve results", he said, "and that's what we're working toward".

The amendment broadens the term "venereal disease" to include syphilis, gonorrhoea, chancroid, granuloma inguinale and lympogranuloma venereum. It enables physicians to examine and treat for venereal disease any person 16 years of age or over, with that person's consent only. It also provides that no action or proceeding can be taken against the physician for acting upon consent of a person under 16 years of age, if the physician has no reason to believe that the person giving consent is under that age.

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THE CHALLENGE OF RECREATION FOR THE '70s

(EXCERPTS FROM AN ADDRESS BY GORDON BLAIR, M.P., TO THE RIDEAU LAKES AND 1000 ISLANDS TRAVEL COUNCIL, FEB. 9/72)

Every forecast indicates our lives are becoming more complicated and urbanized. We hear that in 20 years 90 percent of the Canadian population will live on only 1 percent of Canada's land. In the same period perhaps more than three-quarters of all Canadians will be living in 12 large urban areas. Canadians generally will be more affluent, have more leisure and will be more eager to seek solace from life in the metropolis. The provision of a proper environment for decent recreation for our own people will become a major responsibility. This is something quite in addition to the orderly development of our important tourist industry which has become such a major factor in the earning of foreign exchange and in the economic life of countless communities in our region.

The impact of the "recreational explosion" which I envisage in the next decade or two will be felt in our area as much as any in Canada. The CORTS report points out that the Rideau-Trent-Severn waterway and its adjacent tourist and recreation areas is readily accessible to the majority of the population of Ontario, Western Quebec and the Northeastern United States. Over 50 million people live within a one day drive.

The time is now to plan for the future. It has taken the major study of the Rideau-Trent-Severn System by the Canada-Ontario Rideau System survey committee to bring home to all of us the magnitude of both the problem and the challenge facing this region.

In this area we have recreational assets of inestimable value. They include not only the Rideau system, but the 1000 Islands, St. Lawrence Parks and adjacent lake-studded areas on the lip of the Canadian shield. There has been a fantastic growth of recreational use in the past decade. For example the CORTS report states that the number of cottages serviced by hydro on the Rideau grew from 800 to 4400 between 1951 and 1968.

This tremendous use of the Rideau system has brought problems which are typical of those faced by all major recreational areas in Canada. These are listed and discussed in detail in the CORTS report in terms of the proper objectives for a large recreational area as follows:

1. a pollution-free environment;
2. adequate undeveloped open space, including wildlife areas, natural features and general open space;
3. preservation and interpretation of the human and natural historical environment;
4. an adequate number of public use areas including water access points, picnic sites, camp sites, boat routes, canoe routes, walking trails and scenic roads
5. adequate commercial development; and
6. satisfactory private development."

It would be hard to find anybody who would disagree with these worthy objectives. In fact, most would go further and say that they must be attained because otherwise the region will deterioriate.

The challenge is to make these objectives realizable in the immediate future. The CORTS report was made to two Governments, Canada and Ontario. Jurisdiction over the total area is divided not only between these two major Governments, but between 16 to 20 major Federal and Provincial agencies together with three cities, three towns, six villages and 24 townships. The problem we face is in the language of athletic teams, "how to put it all together".

Leadership must be given by the two senior Governments. As I have advocated on many occasions, continuous and intelligent pressure should be exercised by every public organization in this region on both the senior Governments to take action on this report. The more I read it, the more I am convinced that it provides a flexible blueprint for action which can be taken cooperatively by all the governments and agencies involved, once firm policy decisions are made to accept the report and implement it. The failure on any of us in positions of responsibility either in public office or in important private organizations to press for the future planning, and development of the Rideau system would constitute a dereliction of duty. I am confident that your organization along with all other interested major public bodies will play its part.

Yours Sincerely . . .

BY MRS. WELLWOOD ADAM

Some time ago, prior to living in Morrisburg, I was approached by a teenage girl, who said she would like to have a chat with me. She was concerned over the fact that several of the "other high-school kids" were beginning to think she was peculiar, to say the least. I asked her why, and she replied that she felt some of the things they did were not to her liking. They were against her religious principles. There were times, too, when she felt she hadn't always the courage to say so and so she sometimes went along with the crowd.

Well, this was a problem with which most everyone can be faced from time to time, even in the adult world, I told her. Everyone, I think, feels the need of belonging, and there is nothing morally wrong in wanting to be accepted by those around us.

Yet, a crowd or a group, can do things now and again, which we can all sense are not right, and that puts the picture into another frame Many a person is behind prison bars today, simply because he or she didn't want to be called 'chicken' or 'yellow', as the North American phrasing has it. Every boy or girl teenager, even a man or a woman, who considers 'going along with the rest' without pausing to think, and that it is more important to do so than taking any note of the inner sense of right or wrong . . . it is easy to see he or she is headed for some sort of trouble.

Not everyone would agree with me ,I know. Already, since coming to Morrisburg, I have stumbled up against something that is quite ,the acceptable thing to do by one group, bu tit is not to me, or is it for me. Of course, it is a free country we live in . . . we are a very fortunate nation of people to have these freedoms of thought, of worship, of action, etc. And so, I have declined to go along with the crowd and have given my reasons, and have agreed to disagree, as courteously as possible, always attributing the same courtesy will be extended to me from the other side.

Is this easy to do, as I have found it, for the average teenager? No, I don't think so, at all. For one thing, teenagers on the opposite side of the fence, can be deliberately cruel, sometimes quite vengeful against one who dares to be different. At least for a time, anyway.

There have been those, across the years, who have learned a spiritual stedfastness to Higher Laws, and have gained a spiritual courage to combat the evil, great or small, around them. They have always been a minority, and continue to be so, today. But, as I told the teenager, this moral strength to stand alone, has often influenced history and made the place around them a better place to live in. That is what we would like to think, even in today's troubled world. It takes some doing to develop one's character to something wholesome and attractive.

Daniel stood alone in Babylon, Joseph stood alone in Egypt, yet God was with them until the end. You and I may also stand alone in Morrisburg in 1972 and I am very sure that God will be with us, too, until the end.

Do you think, after reading this, that I am peculiar, too?

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Mutual Aid Group Met at Cornwall

Fourteen Chiefs and Deputy Fire Chiefs representing 11 Departments of the Mutual Fire Aid Association met at the Cornwall Fire Department Headquarters on Monday, February 9th.

President Chief Clifford Rombough of Newington opened the meeting and explained that a committee of four had held two meetings with the United Counties Council on January 18th. and 24th. with respect to a request for funds to promote a Safety Program for life saving.

The Secretary, Chief Gilbert Raistrick read the correspondence with reference to the above in which on January 27th. the Association were given a grant of $1000. from the Counties Council for educational purposes to endeavour to convey fire prevention methods to the residents.

It was moved by Chief Robert Liddle of Williamstown and seconded by Chief Cyril Ray that our treasurer Chief John Miller of Avonmore set up a special account for the benefit of the Fire Prevention fund.

At this time the President called on Captain Clarence Snider of Cornwall who advised the Chiefs that the Association had been active for the past fifteen years and that all Fire Chiefs and other officers of the Association had worked hard in the prevention of fires, but we have now taken another step forward in the prevention of life saving. That this program and progress was a concern of all Fire Departments in the three United Counties.

He further explained that there was 4500 people and 1400 units in the City of Cornwall with 48408 people and 15900 homes in the United Counties.

With the aid of a flip chart, Captain Snider explained in detail "A Safety Message for Life Saving".

1. "In a fire" seconds count.
2. "Fire wipes out family" (you must plan ahead of time, right now
3. "An ordinary fire". 4 dead a life time of grief
4. "Home fires" When and where (plan two escapes from each)

He further explained that 13 per cent starts in bedrooms; 14 per cent in basements; 22 per cent in kitchens; 37 per cent in the living room.

That the most dangerous hours are between 12 midnight and 6 p.m. That fire starts fast and rising heat blocks halls and stairs.

Doors hold back fire until there is another exit which gives a great safety to children where seconds count.

You can imagine your own bedroom a fire, what is the most dangerous places the best shield and the best and second exit. You should have a simple floor plan of fire escape.

Some of the main points to remember are; If fire starts give the alarm, check your door, what is your escape plan 1 - 2 meet outside and then notify your local Fire Department.

Captain Snider further lectured on true life history where 4 lives were lost so easily, so needlessly and how everyone could have escaped through a second exit if only they had a fire escape plan. So prepare, plan and practice with the assistance of your local Fire Department.

Following the above lecture Captain Snider was thanked by the President.

Moved by Chief Gilbert Raistrick of Upper Canada Village, seconded by Chief Alton Major that we appoint all Fire Chiefs, Deputy Fire Chiefs or a representative of all Fire Departments in the three United Counties, along with the County Co Ordinator to be a committee.

It was further moved by Chief Laurent Hebert, seconded by Chief Cyril Ray that we purchase a flip chart for all Fire Departments.

Moved by Chief Robert Liddle, Seconded by Deputy Chief Albert Evans of Newington, that the Secretary Chief Gilbert Raistrick, ask for tenders on 10,000, 15,000, and 20,000 black and white, and red and white special "EDITH" brochures.

The meeting adjourned to the call of the chair.

TAX TIPS

QUESTIONS & ANSWERS

Q. Can repairs to property be claimed as an income tax deduction?

A. Not unless the property is being used for business or rental purposes. If the property is a private dwelling then you would not be allowed to claim for the cost of repairs.

Q. My wife and I are both retired. She receives the Old Age Security pension. When I am making out my income tax return and claiming my wife, must I include the Old Age Security pension as part of her income?

A. Yes. The Old Age Security pension as well as any supplement received are her income and must be taken into account in determining the amount, if any, of your married exemption.

Q. I am a veteran of World War II and am in receipt of a Disability Pension from the Department of Veterans Affairs and in addition am in receipt of salary and wages from pensionable employment. On what income do I have to contribute?

A. Only on the salary and wages.

Q. My wife died a year ago and I have had to retain a housekeeper to do domestic chores. Can I claim an income tax deduction or exemption for her?

A. You may not claim any deduction or exemption for your housekeeper, as such. However, because you are a widower and employ a housekeeper to care for your children, you are entitled to claim the $1,000 equivalent married exemption for one of your children, and also claim the usual $300 or $500 exemption for that same child.

Q. Are Workmen's Compensation Payments subject to income tax?

A. No. Workmen's Compensation Payments are not subject to income tax.

Q. We have had a dairy herd for several years that we have never had classified as a basic herd for income tax purposes. How do we go about getting our cattle classified as a basic herd?

A. For T2019 gives full instructions on how to establish a basic herd. Consult your Farmer's and Fisherman's Guide, and we also suggest that you inquire at your District Taxation Office.

KEEPING IT CLEAN

ROSES ARE RED IN

You could call Mrs. Pamela Samuels Ontario's Environmental pin-up girl.

She and her husband Joe are featured in one of the Department of the Environment's most popular pamphlets. It's called "Mr. and Mrs. Samuels are so concerned about pollution . . . they're doing something about it!"

The London, Ontario, housewife attended an anti-pollution conference in February, 1970, and became so concerned about what she heard she couldn't sleep.

So she prepared a pollution control guide she, her husband and two children have followed ever since.

It's a householder's guide, and most of the points she made were the ones all of us should think of but don't, like walking instead of driving short distances and pulling weeds instead of putting poison on your lawns.

Or using returnable bottles, and plastic plates instead of throw-away paper ones on picnics — just the things that keep air, land and water a little cleaner and life a little more pleasant.

She is a member of Pollution Probe in London, but her real effectiveness is as an interested and concerned housewife. People listen to her when they might shy away from anybody with a title who could be called a professional pollution crusader.

Ralph Novak's National Scene

The Tongue-in-Cheek Awards

By RALPH NOVAK

This is the time of the year when people pass out all those Most, Best, Top, All-Star, Super and Annual awards for doing everything this side of making peanut butter and jelly sandwiches. Let us, then, take a look at some of the lesser-known awards, representing the Least, Worst Bottom, All-Mediocre, Dismal and Eternal awards in politics and government.

The Election Bowl Political Football Award to California's governor, Ronald Reagan, who said in a speech to the National Football Foundation and Hall of Fame that, on America's gridirons, "It's a hot, clean hatred for an opponent during a game. It's not a mean hatred." Those of you interested in seeing a cold, dirty, mean hatred will have to watch California politics, or perhaps "Death Valley Days."

The Greta Garbo Reluctant Dragon Award to Sen. Edward Kennedy, who has said he will not run for president in 1972 so many times even he may believe it by this time.

The Wayne Morse Chameleon Award to Mayor John Lindsay of New York, who conceded at this late date that he was not too big to admit he had been wrong all this time, and not even too big to give up running New York and take over the United States.

The Whatever Happened to Harold Stassan Award to Spiro Agnew, who has established himself as the contemporary master of the here today, gone tomorrow, here today syndrome. At last report, Mr. Agnew was said to be in line for an important promotion just before next year's election. Usually reliable sources (Jill St. John says Henry Kissinger told her he heard this from David Eisenhower) say Agnew will be appointed to head a special presidential commission on the blacksmith shortage.

The George Romney I Wish I Hadn't Said That Award to Edmund Muskie, who pointed out in all candor that he didn't think people would vote for a black vice-presidential candidate and got taught a lesson about how much honesty counts in politics.

The Johnny Unitas Flooding the Zone Award to President Nixon, for adding two more of his very own appointees to the Supreme Court, indicating that it is only a matter of time before Ronald Ziegler, Tricia and Pat join his other choices on the bench.

The Norman Mailer Modesty Forbids Me Award to former President Lyndon Johnson, who restrained himself from taking credit for creating the world in his memoir, "Vantage Point."

The Ralph Nader Sky Is Falling Award to all those political experts who predicted the advent of the 18-year-old vote would bring chaos to the electoral scene.

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Of Groceries Only

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HOT PANT DRESSES NOW AT HALF-PRICE

We now have a Large Selection of "WEE-GEE"
CHILDREN'S PANTS
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You can not beat Quality with Price in a Child's Pant. Retailing at
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We will continue to handle a convenience line of Dairy Products, Bread, Cigarettes and Tobacco, Packaged Cold Meats, Frozen Foods, Emergency Groceries and Patent Medicines.

SALE ENDS FEBRUARY 21st

Please bear with us for a while. — It has to look worse before it can look better. — Watch for our Open House, after our alterations, and our Complete Stock of Skirts, Blouses, Skirt Shorts, Slacks, Hot Pant Dresses, Pant Dresses and Dresses, Gowns, etc.

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Check our Stock Now, for your Best Selection!
Stop in on your way to the Morrisburg Winter Carnival

A SPECIAL SECTION OF LADIES'
WINTER DRESSES ONE-THIRD OFF

THANK YOU

We would like to take this opportunity to thank our many loyal, valued Grocery Customers, for the many years of patronage and good fellowship we have enjoyed. We hope to see you regularly in our expanded Dry Goods Line.

We will still be open Extra Hours and Sundays for your convenience.

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BOYS' SIZES 8-18 G.W.G. PIN-WALE
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LOCAL and GENERAL

On February 24th. Mr. F. H. Broder will be pleased to welcome any citizen at a reception to be held at his home, Parke Avenue, on the occasion of the recognition of his 92nd birthday. Some of the earliest views and written history of Morrisburg will be seen. Reception hours 3 to 5 p.m. and 7 to 9 at night.

Dr. T. J. Smyth and family, of Belfast, Ireland arrived last week end at Iroquois, where the doctor will be opening a medical practice. Dr. Smyth expects to open his practice about July 1st.

The United Counties Bookmobile will be at the following locations in the area on Wednesday, February 23rd: Sunnybright, 10:00 to 10:15; Elma 10:25 to 11:15; Dunbar 11:35 to 12:00; Maple Ridge 1:30 to 3:00; Monkland C. 3:30 to 4:00; Osnabruck 4:30 to 4:45.

Highlights of the Canadian Curling Championships at St. John's, Newfoundland, will be presented by CBC-TV Monday to Friday, March 6 - 10, at 12:40 p.m. each day, with a special colour telecast on the whole tournament, Sunday, March 12, from 2:30 to 4:00 p.m.

COMING SOON — "World of Fantasy" at the Morrisburg Community Centre — March 4th. 6c.

I. S. RICHMIRE PASSES AT 75

A well known resident of the district for his entire lifetime, Irwin Sidney Richmire passed away on Friday, February 11th, following an illness of two weeks.

Born in Williamsburg Township on December 4th, 1896, he was a son of the late George Richmire and his wife, Eliza Beckstead.

On March 9, 1922 at Cardinal, in was united in marriage to the former Hazel Ault, who survives, with two sons, nine daughters, 69 grand children and 18 great grandchildren. Also surviving is a brother George Richmire of Williamsburg, and a sister, Mrs. Nettie Levere, of Richmond, Ont. Another brother, Eugene, predeceased him some years ago.

Funeral service was held at the IOOF Hall, Williamsburg, on Monday, with Rev. D.L. Gordon of Williamsburg United Church officiating. Interment was at Williamsburg cemetery.

Pall bearers were: Chas. Robertson, Harry Pepers, Harry Tindal, Earl Baker, Mike O'Malley, Glenn Disheau.

FIRST MEETING OF THE YEAR HELD BY HORT. SOCIETY

Morrisburg Horticultural Society held its first meeting of 1972 in The Civic Auditorium Tuesday evening, February 15th, getting off to a good start.

E. Bruce Tuttle chaired the meeting, in the absence of President and Vice Presidents. The ever efficient secretary, Mrs. George Smith presented the minutes of Annual Meeting which was held in November 1971.

Mr. J. Robert Bright, Treasurer, for 1971 reported the Society's financial position as satisfactory. Bills amounting to $31.47 were presented and passed for payment. An expenditure of approximately $100. for the Morrisburg Flower Bed, at the junction of Highway No. 2 and 31, was passed by the Members.

With a large attendance, approximately 175 persons, in the hall, the following programme was presented

In keeping with the spirit of the Morrisburg Winter Carnival, all were delighted to have the Carnival Queen, Miss Cicki VanAllen and her Princesses, Misses Penny Dillabough, Henny Vander Heide and Karen Heagle presented.

Mrs. Clyde Manning, President of The Senior Citizens' Club, gave two Readings in her usual charming way. Mrs. Robert Burns, also from the Senior Citizens, sang two solos, accompanied by Mrs. Hugh Shen-

The Seaway Singers, directed by nette at the piano.

Mrs. Marion Degray presented a very enjoyable programme. Their supporting guitarists, Mrs. June Boulerice and Mrs. Linda Snider added much to the delight of all. The audience were encouraged to join in with the songs. Some remarks heard after were, " I don't know when I've enjoyed such an evening", "My! what talent there is around here".

There were many children present who were having as much fun as the adults. Miss Vicki VanAllen, Carnival Queen, drew for the Door Prize which was won by Mrs. E.A. Hill. Two valentines, one red and another white, were stuck under chairs for the other two prizes. Leeman Ouderkirk's centrepiece was won by Mrs. Walter Loucks and the cannister of Plant Food donated by Bruce Tuttle was won by Mrs. David Clemens.

Mrs. James Harvey and her committee had prepared refreshments which all enjoyed. Forty-two memberships were taken at the meeting, bringing the total membership to date to one hundred and fourteen.

O.P.P. REPORT

STOPPING DISTANCE

Motorists, remember, you need stopping distance if the car ahead of you has to slow down suddenly or come to a fast stop. If the car following you is too close when you stop it rams into the back of you and so on down the line. Collisions like this tie up traffic, cost a lot of time and money, and sometimes they even cost a life. To prevent these needless accidents, one car length for every ten miles per hour of speed is recommended as a safe distance between vhicles in a line of moving traffic. Professional drivers call this the safety margin. — That's just what it is — and you never know when you will need it!

Ontario Provincial Police in Dundas County patrolled 11.876 miles while working 982 hours. During this period, officers laid 36 charges and issued 58 warnings under the Highway Traffic Act of Ontario.

Officers from Morrisburg and Winchester Detachments investigated 3 thefts, 1 break and enter, 1 disturbance and 16 miscellaneous complaints. One person was charged with Break, Enter and Theft while one other person was charged with Break, Enter and Theft and three counts of uttering forged cheques. Six persons were charged under the Liquor Control Act of Ontario.

Time is running out on you if you have not already purchased your 1972 licence plates. Avoid the rush, get your plates now.

VALLEYFIELD AREA MAN FACES MORE CHARGES TODAY

Appearing in provincial court at Morrisburg on Tuesday, Roger Faubert, 23, of Nitro, Que., near Valleyfield pleaded guilty to two charges of uttering forged Canadian National money orders, and to one charge of attempted uttering.

Faubert was remanded in custody one week for sentencing.

In Cornwall on Friday (today) he is to face three other uttering charges and two more of attempted uttering. All the offences involved $250 CNR money orders cashed at area banks.

Police believe Faubert is part of a forgery ring. They are looking for two Montreal men who are believed to have escaped when their partner was apprehended here.

The man was arrested here on Monday, when he attempted to cash one of the money orders at the Bank of Nova Scotia.

Other money orders are said to have been cashed at Lancaster, Cornwall and Riviere Beaudette.

APPROVE PAYMENT TO MAXVILLE MANOR

The Honourable Rene Brunelle, Ontario Minister of Social and Family Services, together with Osie F. Villeneuve, M.P.P. for Glengarry, on Monday announced payment in the amount of $10,624 as part of the total provincial grant of approximately $320,000 for the construction of an addition to Maxville Manor in Maxville. Including the payment announced Monday, the province has already contributed $213,248.

Total estimated cost of the new 64-bed addition is $350,000. It is expected the addition will be completed early this year.

In addition to the capital building grants, Maxville Manor Home for the Aged is also eligible for regular operating grants from the Province.

GIRLS' BROOMBALL TOURNAMENT THIS SATURDAY

The Morrisburg Girls Broomball team will take to the ice Feb. 19 in their new green and white sweaters donated by Hodgins Lumber, when they meet Cornwall in the opening game of the first Annual Girls Broomball Tournament.

Sponsored by the Morrisburg Rec reation Committee, the tournament will get underway at 2 p.m. with Reeve Carlton McInnis dropping the first ball. Rev. F.L. Howald and Bob Bright will present crests to the winning team. Admission for the whole tournament will be 50c and 25c. Come out and see the local girls coached by Don Whelan, and managed by Carson Baker, both locals.

2:45 p.m. Alexandria will meet Eamers Corners

3:30 p.m. Prescott and Osnabruck Township.

Its a double-knock out (each team assured of 2 games) with the winning game at 6:45 p.m. This event is part of the Winter Carnival.

AREA COUPLE MARK 63RD ANNIVERSARY

Mr. and Mrs. Willis A. McIntosh quietly celebrated their 63rd wedding anniversary on Thursday, February 3rd, at their home in Williamsburg.

Mrs. McIntosh is the former Vera Merkley ,eldest daughter of the late Mr. and Mrs. Myron Merkley. She has two sisters, Mrs. Cora Casselman and Mrs. Florence Trickey, both of Williamsburg.

Mr. McIntosh, son of the late Mr. and Mrs. Isaac McIntosh, has one sister, Mrs. Charles McInnis, who resides at Iroquois.

Among the many messages and personal greetings received by Mr. and Mrs. McIntosh were telegrams from Prime Minister Trudeau, and from the Minister of National Defence, Hon. E. J. Benson.

The many friends of Mr. and Mrs. McIntosh wish them many more happy years together.

RECENT BIRTHS AT WINCHESTER MEMORIAL HOSPITAL

February 8, 1972 to Mr. and Mrs. C. Bryan Dow, Metcalfe, RR3. A daughter.

February 10, 1972 to Mr. and Mrs. John Jones, Morrisburg. A daughter

February 10, 1972 to Mr. and Mrs. Steven Fraser, Morrisburg. A daughter.

February 11, 1972 to Mr. and Mrs. Leo Paul Marion, Moose Creek. A daughter.

NOW HEAR THIS

Gene MacLellan, one of Song Market's judges, will announce the grand winner on the final edition of the annual CBC song writing competition, March 3 on The Entertainers. Twentyone songwriters across Canada will be listening in to find out if they're the lucky winner of $1350 in prize money . . .

David Lewis, national NDP leader and Peter Newman, editor of Maclean's magazine, are two immigrants who've made good in their adopted country. They tell how they made it big in Canada on Identities, Feb. 26 . . .

After the famous Sioux Indian chief, Sitting Bull, defeated General Custer in the Battle of Little Big Horn, he brought his bands to Canada where he presented his war bonnet to Major Walsh of the North West Mounted Police as a gesture of surrender to the British. Playwright George Salverson has written a program for the Feb. 26 edition of The Bush and the Salon based on this incident, and others, documented in the achives of the RCMP. Chris Wiggins is heard as the Major, Jon Granik as Sitting Bull, with Frank Perry as narrator

Concern, March 1, looks at one of life's lasting joys - friendship, Broadcaster Ron Squires talks to Canadian from grandmothers to school children about the friendship they've known and what it means to them . . .

Ten students across the country were winners of an essay contest sponsored by the CBC in conjunction with the Federal Department of Justice. The essay was to be written on any aspect of the law in Canada which deserves comment or criticism as it affects young people. The contest was held in connection with the National Conference on the Law which took place in Ottawa the beginning of February . . .

Glen Markham, 16, of Oakville, and Denyse Methat, 19, of Quebec City, each won the $500 first prize. Second prize of $250 was awarded to Ruth McReady, 18, of Winnipeg. Seven runners-up each won $100. CBC Raldio's Schools and Youth Department is planning a special series of six programs based on the Conference, to be heard on Canadian School Broadcasts during January and February of 1973 . . .

Between Ourselves, March 1st, looks at the treatment of the Japanese in Canada prior to the Second World War, their rounding up, the confiscation of their property and conditions in the internment camps. The program features interviews with Toronto artist Shizuye Takashima, author of a book on her experiences in the camp; geneticist Dr. David Suzuki; historian Dr. John Norris, author of a study of all B.C. ethnic groups; and people who were prominent in both Japanese and Occidental communities at the time . . .

NEW IMAGE FOR LOCAL DAIRY

Smith's Dairy Limited of Brockville today announced their membership in the Quality Chekd Dairy Products Association. According to George E. Smith, president of Smith's Dairy, Quality Chekd is a group of Canadian dairies in Ontario and Quebec Provinces working together to provide a uniform national image of the Quality Chekd trademark used in conjunction with each local dairy's name.

Smith's Dairy has qualified to use the Quality Chekd trademark by the dairy's outstanding record of production of highest quality dairy foods during its 52 year history. They were invited to join with these progressive dairies after thorough inspection of the dairy plant in Brockville and their products submitted to an independent food testing laboratory in Toronto. Mr. Smith stated "We are pleased to be selected to join wit hother members of the Quality Chekd Association. It is a tribute to the dedication of our dairy employees for their efforts through the years in the production and distribution of high quality dairy foods".

The separately owned dairy plants in the Quality Chekd Association are uniformly identified by similar carton and truck design. An exchange of important operational information helps each local member keep plants and equipment up to date with the latest technological information. Regular samples of all products are submitted to the independent laboratory on a regular basis. Each product sample must meet the rigid requirements established by the Association.

"Although Smith's is the only processing dairy between Kingston and Cornwall, membership in Quality Chekd and the use of the Big Red Check mark on Smith's Dairy foods is another progressive step forward for our company", said Mr. Smith. "Smith's Dairy employees and milk producers as well as consumers will benefitf from this development. It will be an important contribution to the economic welfare of the Morrisburg - Iroquois - Cornwall area".

HAVE A STEAK SUNDAY



TO SHOW you how mouth watering our food is, we'd like to offer you a country - cooked - to - perfection steak in our dining room for only 2.99

HAVE A DANCE SUNDAY



Ontario is becoming more fun all the time. You can now dance on Sunday and even have a drink. Come out and join the gang this Sunday. Also featuring LIVE ENTERTAINMENT to make your ears tingle and your feet wander.

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OPEN SUNDAY
NOON TO 10 P.M.

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BIRTHDAY CAKES - 1.75 & 2.50
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On Hwy. 31 Tel. 543-9093
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OPEN DAILY 8:00—6:00 FRIDAY 8:00—9:00

SPECIAL 10¢ OFF SPECIAL
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40 OZ. CTN. REG. 40c
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ST. PAUL'S L.C.W. HELD FEBRUARY MEETING

Mrs. Leonard Barkley presided at the February meeting of St. Paul's Lutheran Church Women in Morrisburg. The Scripture was read by Mrs. Hilda Black.

The World Day of Prayer Worship Service "All Joy Be Yours" was written by the Lutheran Church Women of East Germany and will be made available in large print, in Spanish and in Braille on this continent. The Celebration will involve women of over 100 countries on March 3rd.

A new Lutheran Church paper called "The Congregation" will be printed every two months during 1972.

Delegates and alternates for the Sixth Biennial Conference of The Eastern Canada Synodical Unit to be held at Waterloo Lutheran University in May are to be chosen before April 15.

Any woman of the congregation may become a member of the university Auxiliary by paying a yearly fee of $2. A member of the congregation may be honoured by being presented with a Life Membership or having his or her name entered in the Golden Book of Honour or in the Memorial Book.

Mrs. Graham VanAllen reported on prices of chairs for the Parish Hall and will bring further information to the March meeting which will be held in the Assembly Room.

Lenten quilting was discussed.

The Treasurer was instructed to order 1971-72 Programme Packets.

Rev. Howald closed the meeting with prayer and the benediction.

After a work session on Kiddy Kits, lunch was convened by Mrs. Beatrice Casselman.

WILLIAMSBURG

The sympathy of the community goes out to Mrs. Bernard Whittleker and Mr. Ray Brown in the death of their sister Mrs. Gladys Wells of Ottawa.

Mrs. John Erratt and Mrs. Ken Edgerton had lunch with Mrs. G.L. Barclay on Friday.

Mrs. Graham Smith of Chesterville visited her mother Mrs. Geo. B. Wingard recently.

A fire broke out in one of the oldest homes of the Community, Sunny Brook Farm, but thanks to the Williamsburg Fire Brigade was soon extinguished with slight damage.

Mr. and Mrs. Arnold Montgomery of Gananoque spent a few days last week with relatives in town.

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GOOD FOOD VALUES

CANADA'S FINEST BEEF — RED OR BLUE BRAND
ROUND STEAK — FULL SLICE — LB 1.05

THICK, JUICY — SIRLOIN STEAK - - - 1.19 POUND
FOR YOUR SPECIAL DINNER — T-BONE STEAK - - - 1.25 POUND
THE GOURMET'S CHOICE — PORTERHOUSE STEAK - 1.33 POUND
FOR LARGE FAMILY MEALS — WHOLE RUMP ROAST - 97c POUND
THICK, MEATY — PORK HOCKS - - 3 lbs. 95c EXTRA VALUE
FRESHLY SLICED — PORK LIVER - - - - - 35c POUND

CHRISTIE'S - PKG. OF 8 - REG. 33c — HOT DOG BUNS SPECIAL – 4/1.00
FLOWERDALE 72s — Tea Bags - - 79c
LIBBY'S FANCY 19-OZ. TIN — Tomato Juice - 16c
HABITANT VEG. OR 14-OZ. TIN — Pea Soup - - 15c
CLARK'S — CHOCOLATE DRINK Quarts – 2/69c

GRADE "A" LARGE DOZ. — EGGS - - 41¢
ROY-ALL CANADIAN — LUNCHEON MEAT 12-oz. tin – 3/1.00
Walker's Asstd. Flavors Box of 6 — LARGE DONUTS Box of 6 – 39c
Reg., Buckwheat or Buttermilk — JEMIMA AUNT Pancake Mix 32-oz. pkg. – 49c

RICH'S FROZEN — PANCAKE BATTER 16-oz. size – 43c
SCOTIAN GOLD 19-OZ. TIN — Apple Juice - 16c
VOGUE 4-PACK — Toilet Tissue - 49c
LIQUID BLEACH 128-OZ. JUG — Javex - - - 69c
WESTON'S — ASSTD. MALLOWS 15½-oz. pkg. – 79c

FROM ROBERTSON'S APPLE FARM — ONTARIO FANCY — McINTOSH APPLES - 49¢ — 5-POUND BAG

CALIFORNIA NO. 1 — ANJOU PEARS POUND – 29¢
NEW BRUNSWICK NO. 1 — POTATOES 50 LB. BAG 1.39
CALIFORNIA NO. 1 — PASCAL CELERY SIZE 24 – 49¢

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SATURDAY, FEBRUARY 19th
MORRISBURG CIVIC CENTRE
(Note Change of Location)
Bar Open 12 Noon to Midnite
DANCE STARTS AT 9:00 P.M.

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KINGSTON MEMORIAL CENTRE
STARTING JULY 3 THROUGH TO SEPT. 2
Completely Staffed by Professional Players
"OUR GREATEST COMPLIMENT — WE ARE OVERSUBSCRIBED EVERY YEAR"
Enrol Now! Don't Get Turned Down Later!
DAILY COURSE — 8:30 A.M. UNTIL 4:30 P.M.
Including P. T. Programme — Swimming — Trips of Interest — Movies, Lectures Etc. ON THE ICE Twice a day.
Rates: Weekly $40.00; Two-Week Enrolment $75.00; Board and Keep arranged for Out-of-Town Boys at $30.00 per week.
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Same Instructors as at Boys' School. Successful School held last year.

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8 WEEKS OF OPERATION
JULY 3 — AUG. 26
For Brochures, Mail to:
Kingston Summer Ladies' Skating School, P.O. Box 671, Kingston, Ontario.
Name .....
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Many years of Succuessful Operation.

WILLIE CASSELMAN
—PLUMBING—
MORRISBURG PHONE 543-2307

The 2nd FORTY

THE SECOND FORTY
TWELVE STORMY YEARS

Dear Margaret Brookfield:

My present husband and I were married not long after we lost our mates. He was then 53; I was 46. We each had two children. After the wedding, I sold my house and moved to my husband's farm. He never let me forget, however, that it was his house. He also turned out to be a compulsive drinker and a nagger, though a good provider in a way. When I really needed something, he would dole out the money for it, but always made me remember it. We've had 12 stormy years of marriage and numerous separations — with one lasting a year. We're living apart right now. Whenever we have these separations, it's always I who have to go while he enjoys his home life as usual. (I kept on working as a practical nurse until partially disabled with a hearing loss.) I'm now living in a trailer near a hospital and, at age 58, am fearfully contemplating going back to work.— When night comes on, I feel a yearning for home — his home. I panic at the thought of living alone. Meanwhile my husband has subtly been trying to get in touch with me and I really don't know what to do. The question is: is it better to suffer his vile temper and drinking for the questionable security of living on his farm or to strike out on my own again. (My children say I'm a type that wants to be punished.) Other than telling me that I'm the world's most indecisive character, what do you think? Any advice will be appreciated. E.H.

Dear E.H.:

Your children obviously find the situation painful, but all decisions in this matter must be yours and no one else's. You'll have to ask yourself — not whether you're lonely, because you are — but whether you're willing to go bouncing back and forth between these separations and reconciliations. If you are willing to go on, then do so by all means. But if you've really had it, you do have your practical nursing to fall back on. And you might think about having something done about your hearing disability and making a new life for yourself.

Talents Unlimited

Dear Margaret Brookfield:

After having raised five children into successful professional people, I'd like to become active in the workaday world again. My talents outside the home are limited however to a little music and a fairly good knowledge of sewing. All I know is, I'd hate being a clerk in some store. E.N.

Dear E.N.:

So you think your talents are limited. Actually, you have many more skills than you realize. According to Julie Rich, who conducted a back-to-work program in New Jersey recently, the mature woman tends to overlook the extensive job-related background and experience she has developed at home. Women like yourself, Mrs. Rich points out, are constantly dealing and working with people — butchers, grocers, repairmen, cleaning help, etc. You also serve as traffic managers and as coordinators of recreational activities in your own homes. What's more you balance the budget when it seems that it can't be done. So don't sell yourself short. Raising five successful children was no accident. And there's no reason why your music or sewing experience can't be put to work for you. To help evaluate your skills more realistically, there's a U.S. Labor Department pamphlet you might find useful. It's called "Jobfinding Techniques for Mature Women." And it's available for 30 cents from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402.

ADELAIDE DANIELS SAYS



ARE YOU A WISE SNACKER?

Snacking has become one of the great national indoor sports. And according to nutritionists here and across the border, there's grave danger that history will prove it to have been one of the worst health hazards of the second half of the 20th century.

Combine hours of inactivity such as sitting in front of the TV set with nibbling on anything from potato chips to chocolates — and it's easy to understand why so many people today pile on pounds while their energy and well-being diminish.

There must be an answer to the problem, if our national fitness is to be preserved. So it becomes the responsibility of every single person to see that, if we must snack, it will be on foods that don't add unwanted pounds but do provide important nutrients.

First foods to fall casualty to a programme for controlling weight while snacking, are candies, potato chips, and the kind of snack that is low in nutrition — especially those with added fat and sugar.

Crackers with cheese spreads, or nuts, have the advantage of providing protein — but they're so high in calories that, if you use them steadily, you're sure to see your weight increasing.

High on the list of desirable snack-time foods are crisp raw vegetables of almost every kind. Celery, fingers of cucumbers, cauliflowerettes, radishes, green pepper sticks — these can be kept in jars in the refrigerator for anytime enjoyment.

You'll find mushrooms an excellent alternative. So are such canned vegetables as wax beans, asparagus and bean sprouts.

Fruits, especially raw ones, are excellent. If you tend to put on weight, however, be wary of grapes, of bananas or apples in quantity, and of sweet cherries.

Don't forget the satisfaction and enjoyment of a bowl of bouillon. If you keep beef or chicken bouillon cubes or cordial on hand, you can have it ready at a flick of the wrist. Black coffee, hot or iced, is another good idea — so is clear hot or iced tea. And of course, chilled tomato or fruit juice makes another snack that provides important food value with few calories.

Milk is one of your best snacks, so long as it is used within the limits of your total food needs. Make it skim rather than whole, if you want to cut calories.

Snacking on such foods as I suggest has advantages beyond keeping your weight and well-being in line. It keeps you from spoiling your appetite for regular meals, and discourages falling asleep in the middle of a favorite programme.

(Adelaide Daniels is Founder & Director of Weight Watchers of Ontario Limited)

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DENTAL -TOPICS-

×–×

Supplied by The Canadian Dental Association

DENTAL ADVANCES

There are ineed few people who would admit that going to a dentist brings happy, comfortable thoughts to mind. In recent years however, advances in the field of dentistry haive made a patient's visit to a dentist more acceptable.

Modern equipment which can drive a drill at greater speeds allows the dentist to drill a tooth much faster and eliminate unpleasant vigrations.

The making of sharper cutting heads, called burs, by using diamonds and carbon steels, serves to cut down on the time spent in the dentist's chair.

Today, of course, the use of modern anaesthetics permits the patient to visit a dentist's office without any thought that it will be a painful experience.

The dentist himself is now educated to realize that if a young child's initial visit to his office is a pleasant one, it doesn't leave the youngster with fearful associations.

The dental profession — changing with the times — Keeping the public in mind.

Needle Arts
By NANCY SEWELL

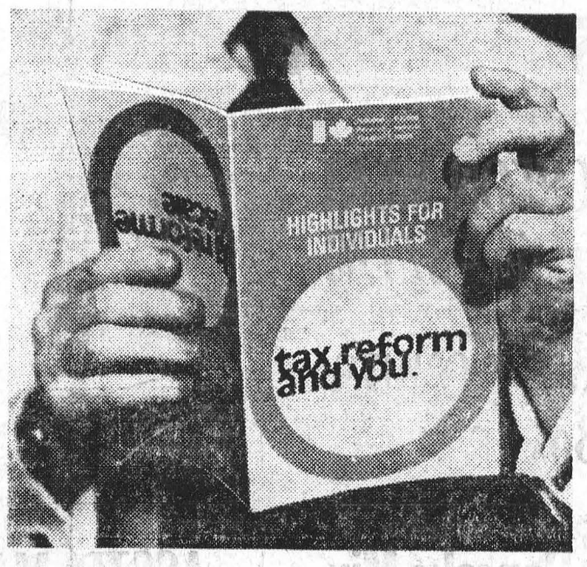


Pretty Aprons

Lovely cross-stitch designs to embroider on sew-simple aprons of gay gingham. Pattern No. 5014 has apron directions; graphs for cross-stitch borders.

TO ORDER, send 60 cents for each pattern with name, address with Zip code, pattern number and size to NEEDLE ARTS, P.O. Box 3251, Chicago, Ill. 60654.

Have you got the information you need?



Tax reform is now law. To explain how it affects you, we recently conducted a massive mail-out of information. It is possible, however, that you were not included in the mailing list.

If so, there are two basic booklets you need in order to have a general understanding of how tax reform affects you. They are:

- "Highlights for Individuals"
- "Valuation Day"

To obtain these booklets, simply write to:
Taxation Distribution Centre
P.O. Box 8489, Ottawa
K1G 3L5
or pick them up at your local post office.

Remember, it is in your own interest to read these booklets. Contact us if you have not received them. By preparing now, it will be easier to file your income tax return in 1973.

tax reform and you

National Revenue, Taxation
Revenu national, Impôt

For ALL Your
INSURANCE
REQUIREMENTS
HILL INSURANCE AGENCY
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TEL. 543-3069

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Morrisburg — Ontario

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WINCHESTER 774-2201

Choose Quality Over Variety

What variety of oats or barley should I plant in 1972? This is a common question lately, now that the 1972 Field Crop Recommendations have been out for over a month. Really there is little difference to choose between the present cereal varieties. They are good, each having slight advantages over one another in disease and lodging resistance. In reviewing the yield data presented for the varieties, there is less than 5 busnels per acre difference between the highest and lowest yielding varieties. This indicates that other factors besides variety selection are important in cereal production.

The use of top quality seed is an important factor. The use of pedigreed seed gives the farmer an edge in aiming for a uniform high producing crop.

In Canada all seed grown or offered for sale for seed purposes comes under the jurisdiction of the Seeds Act and Regulations. This act is administered by the Plant Products Division of the Canada Department of Agriculture.

The Seeds Act designates the Canadian Seed Growers Association as the agency responsible for pres-

Seed is divided into classes based on breeding and genetic purity. Cereal seeds have five classes, Breeder, Select, Foundation, Registered and Certified, each representing one generations removed from a Select generation in descending order. For example Certified seed is only three cribing standards and issuing certificates for Canadian produced pedigreed seeds.

plot. The first four classes are used by seed growers to increase seed supplies. Certified seed is the last pedigreed class and should be the source of seed for farmers.

Each class of seed is divided into two grades, number 1 and number 2, based upon quality, purity, and germination.

Quality grading ensures freedom from undesirable seeds such as light, immature, or damaged kernels, proper bushel weight and color.

Purity grading provides for freedom from weed seeds and seeds of other crops.

The germination grade is based upon a minimum percentage germination although the seed is usually much higher than the minimum.

The label on the tag indicates the class and grade of the seed. For certified seed the grades would be Canada Certified No. 1 or Canada Certified No. 2.

There is a certain amount of protection in using pedigreed seed. All varieties undergo extensive tests at research stations before they are licensed for sale in Canada. Pedigreed seed maintains genetic purity by strict isolation and land requirements along with field checks for off types, weeds and disease. After cleaning and grading the bag is sealed with the blue pedigreed tag to ensure that the finished seed has not been altered.

When looking over the 1972 recommendations farmers should decide to use quality pedigreed seed and then pick a variety.

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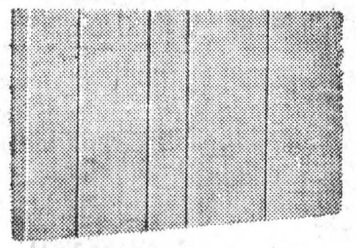

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- GOLDTONE
- EVERGREEN
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$5.88 per square yard

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CEILING PANELS
The large 4 foot by 4 foot size...
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The easy way to create and install a beautiful ceiling.
Each Panel covers 16 square feet and is grooved to give a 12" x 12" tile appearance. Finished in a flawless texture surface, six panels will provide a ceiling for an 8' x 12' room.

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Start now on your project with this low priced framing lumber
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Put WANT ADS to work for you

CARDS OF THANKS

I wish to express my sincere thanks to my neighbours and friends for the lovely gifts and flowers while I was a patient in the Winchester Memorial Hospital.. Special thanks to Dr. Marston, the staff on 2nd floor; also to Rev. Bruce, Rev. Earle and Rev. MacDonald for their visits.

MRS. JOHN CRITES

7p.

We wish to express our sincere appreciation to all those who remembered us on our 50th Wedding Anniversary with cards, phone calls and personal greetings.

Mr. and Mrs.
Clarence A. Loucks.

7p.

I would like to thank all who visited me, sent cards, treats, flowers and made inquiries while I was a patient in Winchester Memorial Hospital and since returning home. Special thanks to Mr. Frank Hummell and the three gentlemen who were so kind to me when I slipped on the ice and broke my leg; to Dr. Justus and Dr. Houze, the nurses and those of the Morrisburg clergy who visited me. Thank you all again.

BRIAN I. CASSELMAN.

7p.

The family of the late Fred I. Dafoe wish to take this opportunity to thank all those who helped us in any way during our recent loss of a beloved husband, father and grandfather. Friends, neighbours and relatives who so kindly sent food and took over the care of the house for us. Thanks to Rev. D. L. Gordon and Rev. G. Bruce, the pall bearers, and to all who gave the beautiful floral arrangements. Also those who so generously donated to the Heart Fund, and for all the lovely cards received. These acts of kindness will long be remembered.

—Wife, Florence, daughter, Greta and Family; son, Roy Merkley and Family.

7c.

The family of the late Mrs. Carrie Wells sincerely thank relatives, friends and neighbours for their many acts of kindness, messages of sympathy, floral tributes and donations to the Heart Fund, Bible Society and Missions, during our recent bereavement. Special thanks to Rev. D. L. Gordon and Mr. Mervyn Peters and other clergy; to Dr. H. Justus and staff of Winchester Memorial Hospital; to Mr. and Mrs. Wm. Tupper and staff of the Dundas Nursing Home and to all who sent cards, ttreats, and visited her during her long illness. These kind deeds will ever be remembered.

7c.

IN MEMORIAM

CASSELMAN — In loving memory of a dear father, Clarence Casselman, who passed away February 18th, 1968.

—Ever remembered by his daughter, LINDA.

7p.

FOR SALE

BRAND NEW WESTINGHOUSE REFRIGERATOR (Self defrosting); Breakfast Set, nearly new, and other Used Furniture, in good condition.

PHONE 543-3259.

7-8p.

19" PORTABLE WESTINGHOUSE TV for sale. Good condition.

PHONE 543-3340.

7c.

FRESH GROUND CORNCOB MEAL $2.15 cwt. Pick up at the farm. Please bring your own bags.

GERRIT WESTERVELT,
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Telephone 652-4241.

7-8p.

FEB. 17th to MARCH 4th
60" POLYESTER KRIMP KNITS
Plain Colors $3.88 Yard
Prints and Jacquards $4.88 Yard
Large Selection
JEAN'S FABRICS,
Morrisburg, Ont.
Telephone 543-3122.

7-9c.

VACUUM CLEANERS and FLOOR Polishers. Will demonstrate in your home.

RALTH COULTHART,
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ELECTROLUX CANADA LTD.

6-8c.

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2-10c.

INFORMATION CENTRE OPEN

A General Information Centre, sponsored by the Seaway Community Service is being established at "The Dugout" in Modrisburg. It will operate on Thursday, Friday and Saturday afternoons from 2 to 4 p.m. and Friday evening from 7 to 9 p.m. — Come and see us, or Phone 543-2119.

4-9c.

WORK WANTED

CARPENTER would like work of all kinds. Building, repairs, renovations, etc.

LAWRENCE O'NEILL,
PHONE 652-4662.

5tfc.

FOR RENT

LAKESHORE DRIVE. HEATED 2-BEDROOM DUPLEX. Modern facilities. Private entrance.

PHONE 543-2122.

7c.

2-BEDROOM APARTMENT. Riverside Heights. Available March 1.

PHONE 543-2510.

7-8c.

APARTMENT TO RENT— Suitable for couple. Hot water heated. All modern services. Garage. Immediately available. Along Highway 2, between Iroquois and Cardinal.

TEL. LONG SAULT 534-2621
After 7:00 p.m.

48-tfc.

UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

APPLICATIONS REQUESTED

Weed Inspector in and for the County of Dundas to operate under the provisions of The Weed Control Act and direction of the Municipal Council of the United Counties of Stormont, Dundas and Glengarry.

Duties to commence April 1, 1972

Applications to be made in own handwriting prior to March 31, 1972, and forwarded to County Clerk, P.O. Box 698, Cornwall, Ontario.

6-7c.

ORGANS & PIANOS
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SALES AND SERVICE
ROY FAWCETT
Winchester - 774-2205

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PHONES:

Office	543-2044
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JUST LISTED — A 5 room Frame Bungalow, 2 bedrooms, living room 13' x 24', modern kitchen, 4 pc. bathroom. 1 room finished in basement. Electrically heated. Lot 120' x 140'. Located in Williamsburg. Priced right and with terms.

DOUBLE BRICK HOME — Located on St. Lawrence St. 4 rooms and bath on one side; 5 rooms and bath on other side. Oil furnace; one side rented, owner other side Priced very reasonable and with excellent terms.

SMALL FRAME HOME — 6 rooms and bath. Oil floor furnace, good location, priced right. Immediate possession.

INTERESTED IN A GOOD 100 acre Farm, with 8-room Brick House? Good barns, highly productive land. Located only 3 miles north of Iroquois. Asking $18,000 with $3,500 down, balance on first mortgage at 8% interest.

SALESMEN:

John Allison	543-2989
Alton Bolton	543-2002
Harold Fisher	543-2213
Bill Marshall	543-3200

• COMING EVENTS •

ST. PATRICK'S DAY BAZAAR

The Catholic Women's League will hold their annual St. Patrick's Day Bazaar on March 17th at the Morrisburg Civic Centre.

4tfc.

CHILDREN'S GAMES

Saturday, February 19th, for all children up to and including 11 years. Sponsored by the Lions Club of Morrisburg. Bring your toboggan and skates to the Morrisburg Public School Grounds. Prizes will be awarded.

7c

UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

TENDER FOR MATERIALS AND SERVICES — 1972

Sealed tenders, plainly marked as to contents, will be received by the undersigned until 4:00 o'clock p.m. WEDNESDAY, MARCH 8, 1972 for the season's supply of the following materials and services for the County Road System:

(1) Highway Salt
(2) Calcium Chloride
(3) Weed and Brushkilled
(4) Gasoline and Diesel Fuel
(5) Furnace Fuel
(6) Lubricating Oils and Greases
(7) Antifreeze
(8) Asphalt Emulsions and Cutbacks, and D.H.O. Primer
(9) Stone Chips
(10) Crushed Stone and Gravel
(11) Asphalt Patching Material
(12) Ready-Mix Concrete
(13) Tires and Tubes
(14) Wire Farm Fence, Gates, Steel Fence Posts, Brace Wire and Staples
(15) Metal Culverts
(16) Concrete Sewer Pipe
(17) Prefabricated Catch Basins and Covers
(18) Metal Road Signs and Sign Posts
(19) Grader and Snow plow Blades
(20) Pavement Marking
(21) Rental of Road Building Equipment.

Information to bidders, specifications and tender forms may be obtained at the office of the undersigned. Lowest or any tender not necessarily accepted.

A.R. FERGUSON, P. ENG.
County Road Superintendent
P.O. Box 1022
Cornwall, Ontario



COUNTRYMAN ELECTRIC
CHESTERVILLE ONTARIO
PHONE 448-2474

CRAFT HOUSE
IROQUOIS SHOPPING PLAZA
TEL. 652-2177

Books on Hand: Last Whole Earth Catalog, $6.50; Painting The Sea dy de Garthe, $10.50; Macrame 75c; Drawing Trees $1.25; Stalking the Good Life $7.25; Oxford Dictionary $3.95; Roget's Thesaurus $2.95; New English Bible $5.95; Scottish Tartans in Colour $2.75; Horseman's Bible $2.50.

Grumbacher Artists Supplies on hand: Oils, Brushes, Canvas boards Charcoal Pencils, Erasers.

Open daily inc. Sundays: 1 to 5 p.m.; Wednesday and Friday evenings 7 to 9.

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PHONE 774-2537 WINCHESTER, ONT.

BINGO

Every Tuesday at 8:00 p.m. in the Hall of Old St. Mary's Church, St. Lawrence St., Morrisburg. 15 regular games; 4 share-the-wealth games; $100.00 4-way Jackpot game. Winner-Take-All Game.

2tfp.

"EARLY BIRD" BREAKFAST

in Allan Hall, United Church, on Sunday February 20th, from 8:00 to 10:30 a.m. Juice, Bacon and Eggs Toast and Coffee. Adults $1.00; Children under 12 years 60c.

5-7c.

SNOWMOBILE RALLY

Winchester Springs. Saturday, February 26th. Time 12:30 — 35-Mile Route. — Price $3.50, includes Supper for 2.

7-8p.

Preliminary plans are under way by the Morrisburg Carnival Association, with Bob Mattice as chairman, to hold an Old Home Week in Morrisburg from June 28th to July 3rd. The Senior Citizens Club will attempt to contact all former residents by letter. If you have addresses of former residents, please contact any member of the Senior Citizens Club.

THE WORLD DAY OF PRAYER will be observed in Morrisburg at Knox Presbyterian Church, on Friday, March 3rd at 3:00 p.m. Guest speaker will be Mrs. Clifford Larmour.

7-8c.

VACANCY

FOR ELDERLY LADY at Dundas Nursing Home.

PHONE 543-3316.

7-3c.

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This is the largest receiving plant in the region.

24-hr. Service 7 Days a Week

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Prescott, Ontario
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925-4211

Your Heart Fund contribution fights them all — heart attack, stroke, high blood pressure, rheumatic fever and rheumatic heart disease, congenital heart disease and many other heart and blood vessel diseases.

The Churches

ST. JAMES ANGLICAN CHURCH
Rev. C. W. Earle, L.Th., Rector

LENT I, Feb. 20/72—

St. James, Morrisburg—
8:00 a.m.—Holy Communion.
9:45 a.m.—Sunday School.

Holy Trinity, Riverside—
11:00 a.m.—Matins (Scouts, Cubs, Guides and Brownies).
Holy Communion each Wednesday in Lent at 10:00 a.m. in the Chapel.
9:30 a.m.—Matins.

ST. LAWRENCE EVAN. LUTHERAN PARISH

1st Sunday in Lent—

St. Paul's—
10:00 a.m.—The Service.
11:00 a.m.—S.S. Bible Class
3:30 p.m.—Confirmation Class.

St. John's—
1:30 p.m.—The Service and Sunday School.

Everyone Always Welcome!

THE UNITED CHURCH OF CANADA
Lakeshore Drive Church
Morrisburg, Ontario
REV. G. BRUCE, B.A., Minister
Mrs. J. Graham, Director of Music

Sunday, February 20th, 1972—
9:30 a.m.—Sunday School.
11:00 a.m.—Morning Worship.
4:00 p.m.—Confirmation Class

We want to be of service. Anyone wishing transportation, please call 543-2343 or 543-2824.

PLEASE ATTEND THE CHURCH OF YOUR CHOICE THIS SUNDAY

MASS HOURS AT ST. MARY'S CHURCH
MORRISBURG
SATURDAY — 7:30 P.M.
SUNDAY — 11:00 A.M.

IROQUOIS
ST. CECILIA'S CHURCH
SUNDAY — 9:30 A.M.

THE PRESBYTERIAN CHURCH IN CANADA
KNOX CHURCH, MORRISBURG
Rev. T. H. Boyd, B.Sc., B.D.
Mrs. J. Degray, Organist

Sunday, February 20th, 1972—
MORNING WORSHIP, 11:00 a.m.
SUNDAY SCHOOL: Pre-School and Kindergarten Classes at 11:00 a.m. (during Church Service); all others at 9:45 a.m.

MORRISBURG PENTECOSTAL CHURCH
Rev. A. J. Edgeley, Pastor
SUNDAY, 11:00 A.M. and 7:30 P.M.
Special Services with
THE KING'S MINSTRELS
Rev. and Mrs. C. Ward
Starting Tuesday, February 22—
FUNTASTIC KIDS CRUSADE
Tuesday to Friday — From 7:00 p.m. to 8:30. Sound Colour Pictures
Parents Welcome With Children

THE RED CROSS SERVES FOR YOU

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EXQUISITE, DEPENDABLE and GUARANTEED
DIAMONDS, BIRTH STONES, OPALS AND PEARL RINGS
Men's Gold, Signet, Stone and Diamond Rings
FOR MOTHER, A FAMILY RING

SPECIALS OF THE WEEK—

15% OFF IMPORTED CRYSTAL **GOBLETS AND WINE GLASSES**
ALL LINENS DISCOUNTED

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NEW STORE HOURS:
MON. THRU SAT.: 10 A.M. TO 5 P.M. FRI. 10 A.M. TO 8 P.M.
CLOSED ALL DAY WEDNESDAY

ONLY THE BEST

Whether your choice is very expensive or more rasonably pricd, — Watches, Clocks, Diamonds, Jewellery, Silverware, a Replate Job or Engraving, or Repairs to any of the above, — we offer only one kind of service, The Best!

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Morrisburg Shopping Centre Ph. 543-3014

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