WEDNESDAY APRIL 30/97

Your 1997 Spring Guide



Area Merchants Combine to Offer You some Great Values to help YOU GET READY FOR *Spring & Summer*!

A Special Chieftain Insertion

If it were any easier, it would come with remote control.

May Special $1,999.00*

Easy Mulch™ Lawn Tractor
12.5HP Briggs & Stratton engine,
38" mulching deck,
5-speed Shift-On-The-Go transaxle,
Tilt steering wheel
Model 81180



No payments, No interest until Oct. '97

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*Suggested retail price, subject to local dealer option.

At Schrader's Auto & Outdoor Centre
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"KRAZE" Includes EZ Loader Trailer $795.00 Value

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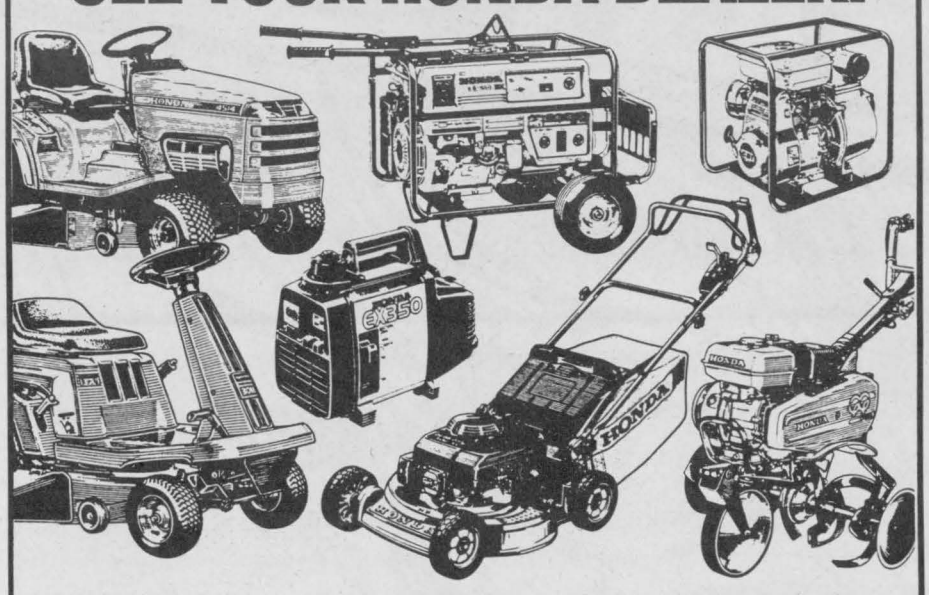
Spring SALE *Specials in Effect*

TO GET THE WHOLE PICTURE SEE YOUR HONDA DEALER.



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HONDA Power Equipment

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10-ft. Aluminum EAVESTARTER **3.65** 10' lengths
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repairs/all makes - mowers/weeders - high performance parts - A.T.V. - Snowmobile - Bikes
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***$63.35** per month
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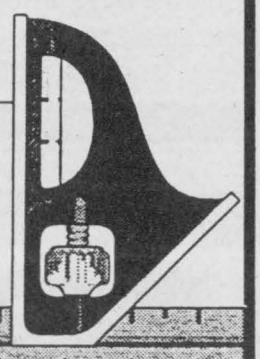

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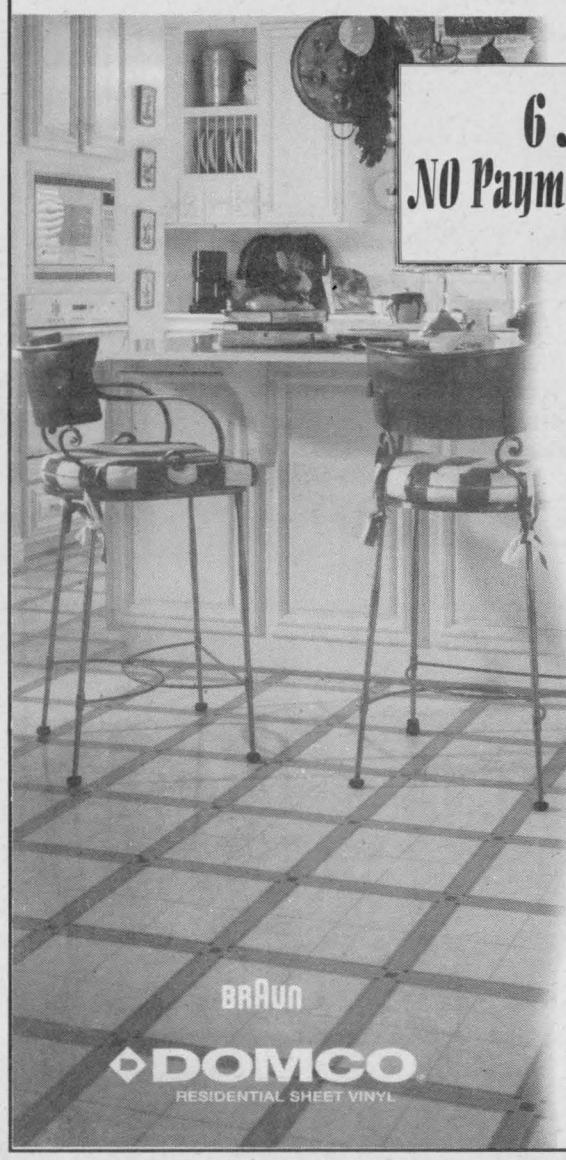

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*Valid from March 7 - May 16, 1997. Receive a Braun HandBlender by mail with any qualified purchase of Opulence™, Constant Pride™ or Crystal Walk™ first quality products only. Maximum purchase: 18 square yards. While supplies last.

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Friday 8:00 - 9:00 p.m.
Saturday 8:00 - 4:30 p.m.

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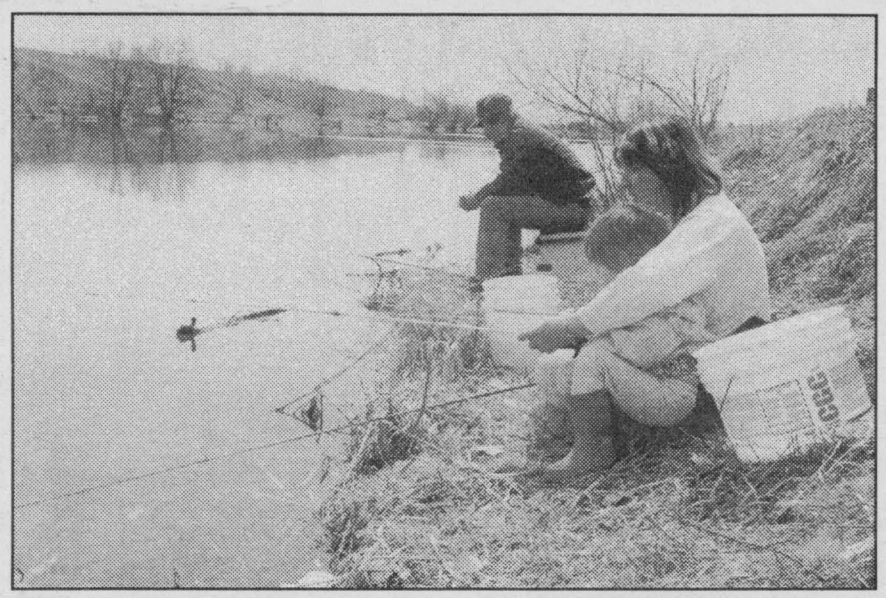

Family Fishin'

Chieftain Photo - S.L. Johnston

The Holmes family were out along the bank of the St. Lawrence on Sunday hoping to grab a few. Teaching the wee lady to cast her rod out into the water may take a few more tries, but she was learning to have patience.

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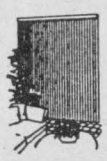

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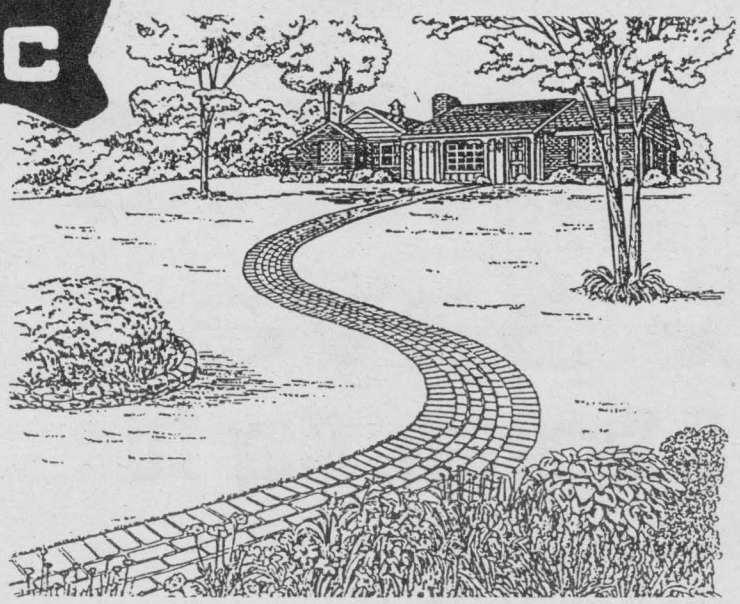
TLC

Toonders Landscape Company

John & Debra Toonders



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Terms of The Easy Payment Plan, including ANNUAL PERCENTAGE RATE, are subject to change time. † Ask dealer for details. †† Amount depends on current balance. With purchase.



You can learn about arbors

by Hazel Taylor
Master Gardener

An Arbor by definition, is an open framework that supports vines or shrubs. They can take an endless variety of shapes and styles, ranging from the very formal to the more naturalistic, thereby expressing your garden style.

Arbors should not be architectually elaborate or prominent in the landscape, but subordinate to the plants that they support. The scale and style of your arbor should also blend with that of your house.

Arbors are quite often used as a focal point. It is important to remember that it is not necessary to have a large property to have an arbor. In fact a small garden can be made to feel bigger by placing an arbor on the property boundary to give a sense that the garden continues on the other side.

Place your arbor carefully. It shouldn't look as if it is just placed randomly. It needs a purpose and should blend into your garden design. Use an arbor to define a pathway or to divide a space or passage from one area to another.

By having an arbor your whole garden cannot be seen all at once, enticing you to look more. While walking around your garden, it can give you a destination even for the shortest stroll. Quite often arbors are used to hide eyesores (air conditioners) or to soften the hard lines of your house. In urban settings, they can provide a bit of privacy, interrupt a neighbour's view and the plants act as a sound barrier.

Not to be forgotten is the fact that arbors provide a place in your garden for plants to grow vertically. There are many varieties of both annuals and perennials to grow on your arbor. The size and strength of your arbor will somewhat determine what you can grow because some plants at maturity can be quite heavy. Annuals can provide quick cover or a yearly change, or act as an interim cover while perennials are becoming established. Scarlet Runner Beans make a great choice. Not only are they fun to grow (Everytime you walk through you can have a snack), their tiny orangey-red flowers are very attractive to humming birds. Morning Glory can look stunning as well as the Black Eyed Susan Vine.

Perennial choices include Clematis, American Bittersweet, Virginia Creeper, Upright Roses and Climbing Roses.

Please turn to page 11

Save 25%*

Designer's Touch® Interior Semi-Gloss Latex (5300)



22.46 3.78L

*Reg. low price 29.96

•High hiding, tough durable finish •Adheres to glossy painted surfaces •100's of pastel decorator colors

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•Available in redwood and dark mahogany

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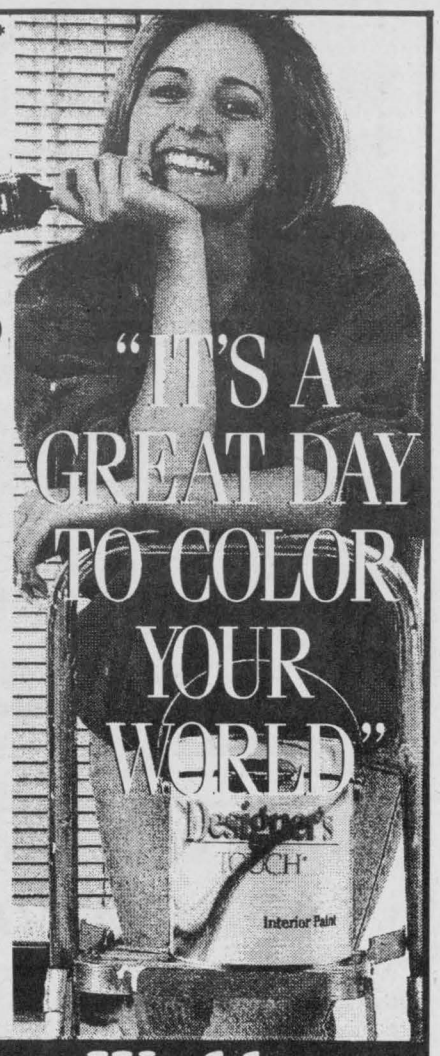
Don't pay 'Til 1998† on any carpet purchase!

†On approved credit. No down payment. No monthly payments. No interest. Taxes must be paid at time of order. Full payment due January 26, 1998. Offer ends June 29, 1997.



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97004

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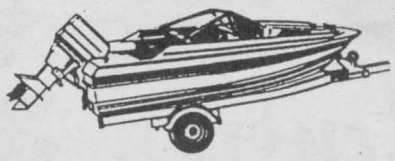

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Now on Sale

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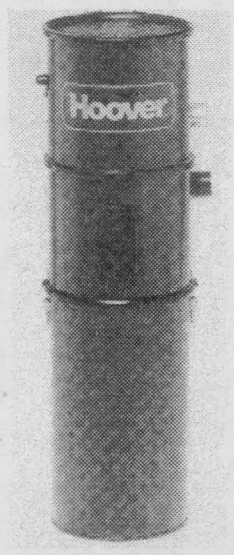
Central Vacuum System



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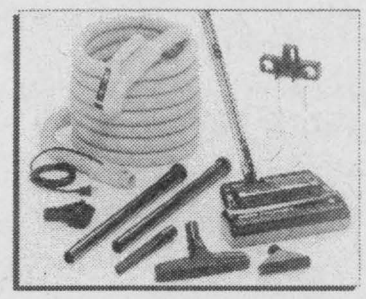

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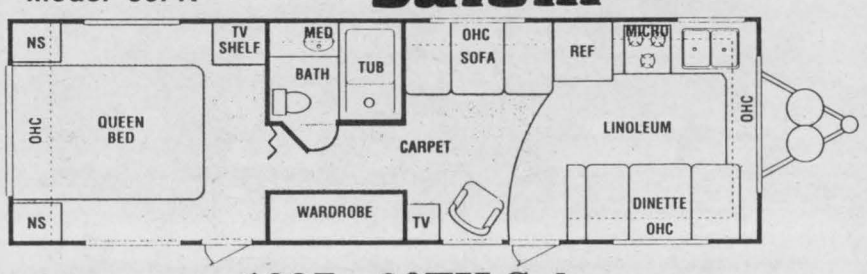
Salem

Model 30FK



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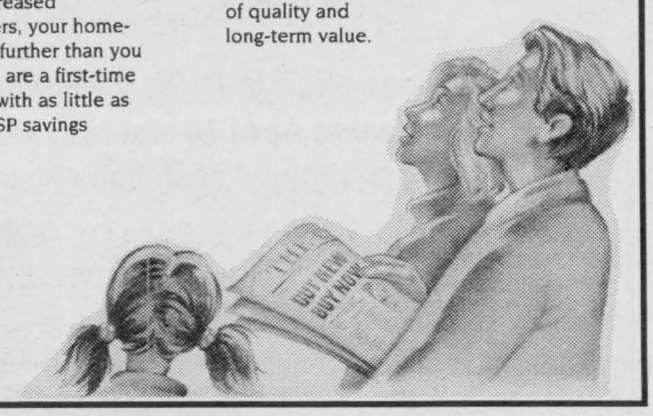

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SUPER SPECIAL 20" 3.5 H.P.

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Canoe Time

Chieftain photo by S.McKibbon

Spring is a great time of the year to get out on the water and enjoy some canoeing free of mosquitos and heavy black flies. The sun is warm even if the water isn't particularly. Here we see Aaron Fawcett of Matilda and Robert Wells of Kingston (originally from Iroquois) having fun at the Haddo Canoe rally.

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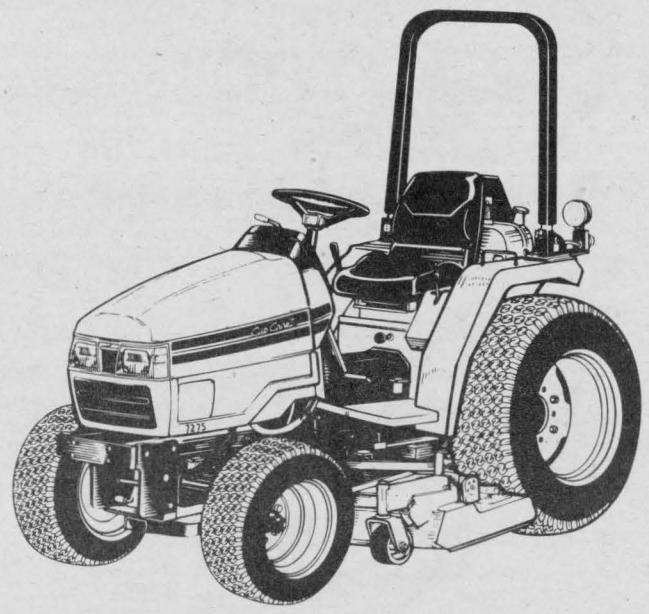

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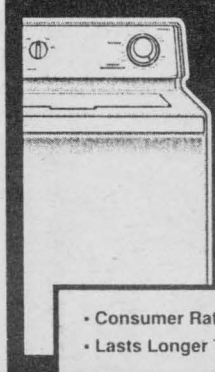

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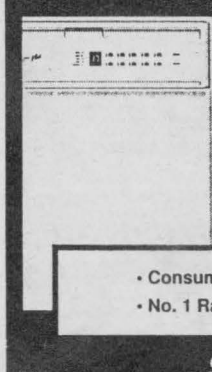

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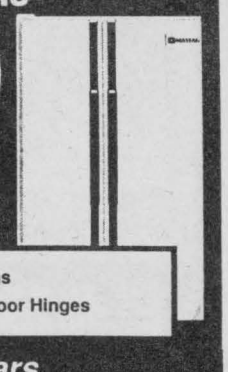

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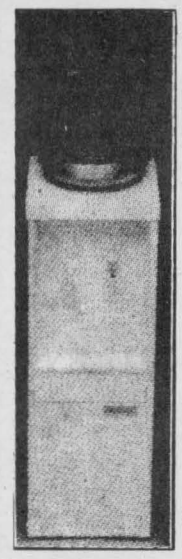

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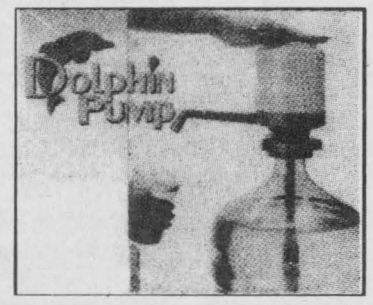

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Look after your bike this spring

by Sean McKibbon
Chieftain Staff Reporter

The best kind of spring maintenance for your bicycle is year-round maintenance it turns out. The sun is shining nowadays, the snow is mostly gone (unless you live in Newfoundland where they are still expecting snow for much of the coming week) and thoughts are inevitably turning to those two-wheel contraptions called velos.

Huh?

Well that's what most Europeans call bicycles, according to Andre Doupagne, vice president of the Brockville Bicycle Club. Oh sure you can ride your bike around without maintaining it, he says, but not if you want to keep it for 20 years.

"They can last quite a long time. Because when you think about it, the human body is not very heavy, maybe 100, 150 pounds, two hundred at the most, so you're not putting a lot of weight on the bicycle."

The key to keeping a bike that long is cleaning it every time you use it, he says. He recommends using something like WD-40 and spraying it liberally on the chains, gearing and cables.

"Over the winter the cables can stretch and break, but that's because they get dirty. If you clean them that doesn't happen. A lot of people also leave their bikes outside in the rain and they rust," says Doupagne, who adds that just keeping a bicycle out from under the rain is not enough. Damp air will also rust a bicycle, he says. To avoid that you need to store your bicycle indoors or inside a dry shed or garage.

Doupagne has a similar prescription for keeping your body in good condition for cycling in the summer-- keep exercising throughout the year. Whether you walk, use a stationary bike, swim at an indoor pool, or split wood like Doupagne does, keep active. And whether you let winter make you a little more sedentary than you should be or keep active, start out slowly with your biking. Work up from shorter rides to longer ones.

The 65-year-old Doupagne says he's been riding and racing bicycles for 55 years and "still races with the younger lads." He bikes a grueling 500km a week and has won numerous awards.

He says the Brockville Bike Club is a good way for cycle enthusiasts to get to know each other and find people to train with. The club organizes cycle tours and holds time trials.

People who are interested in becoming members can call Doupagne at 658-3323.



Cycling weather

As spring bursts forth, bicycles abound on bike paths, roadways and even over hills and dales. Cycling is a family affair and no matter their age, children love the fresh air and the excitement of biking. This group were stopped for a break at the Upper Canada Migratory Bird Sanctuary on Sunday. The variety of all terrain, mountain or speed cycles makes this a growing sport for all family members. A great way to keep fit and enjoy the outdoors, bicycling requires safety and be sure to wear your helmet.

Chieftain Photo by S.L.Johnston

Children should be reminded to stay away from rushing water in the spring

Arbor

Continued from page 5

The plants chosen for your arbor can keep pace with the changing seasons. In the summer when covered with vegetation, they can provide shelter for you and the blossoms can be a haven for birds. In the fall, various plants can provide great colour. In winter the vegetation and arbor look great covered with a blanket of white.

Arbors are special places within your garden. They can give shelter without isolating you from the garden, so they can make a wonderful addition to any garden. With all the style possibilities, you can undoubtedly find an arbor that suits your garden motif.

Editor's note: These columns that come to the newspaper are an information package that we appreciate. Gardening is a hobby which is available to all ages. You are never too young or too old to get down in the dirt and get those nails embedded in soil. The deep, cool depths of dark soil which fosters the growth of flowers and vegetables that we all can appreciate and enjoy waits for our touch. If you too have any questions concerning your gardening, any ideas that you feel are not quite correct, or just want advice on what to do...write to "Ask a Master Gardener c/o Eileen Johnston, RR1, Morrisburg, On. K0C 1X0.

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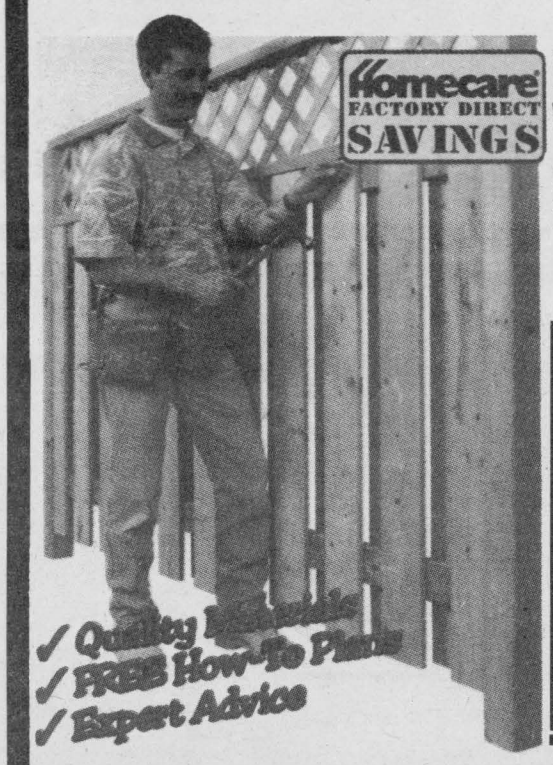

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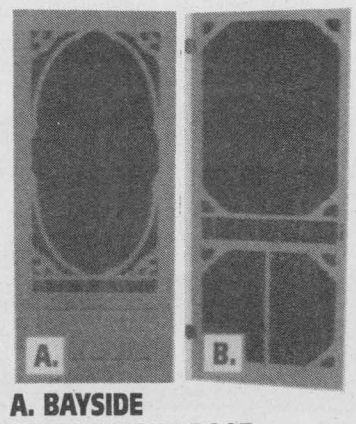

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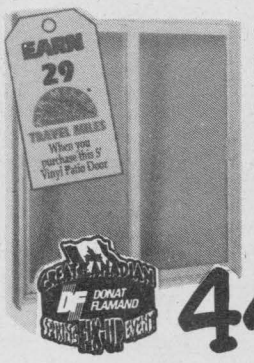

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