

## Citizens hope to open Prince of Wales Theatre

A group of 11 Iroquois and Morrisburg residents is in the thick of negotiations aimed at reopening the dormant Prince of Wales Theatre at Upper Canada Village.

The 11 citizens have formed a board of directors for Upper

Canada Playhouse, a charitable, volunteer organization which wants to see the theatre taken out of mothballs and become a

viable tourist attraction.

Morrisburg lawyer Doug Grenkie is one of the board of directors and while he acknow-

ledged that prospects look good for reopening this summer, he added that its premature at this point for the group to make an

announcement.

"There are still a couple of hitches," he said. "It's a dollars and cents matter right now."

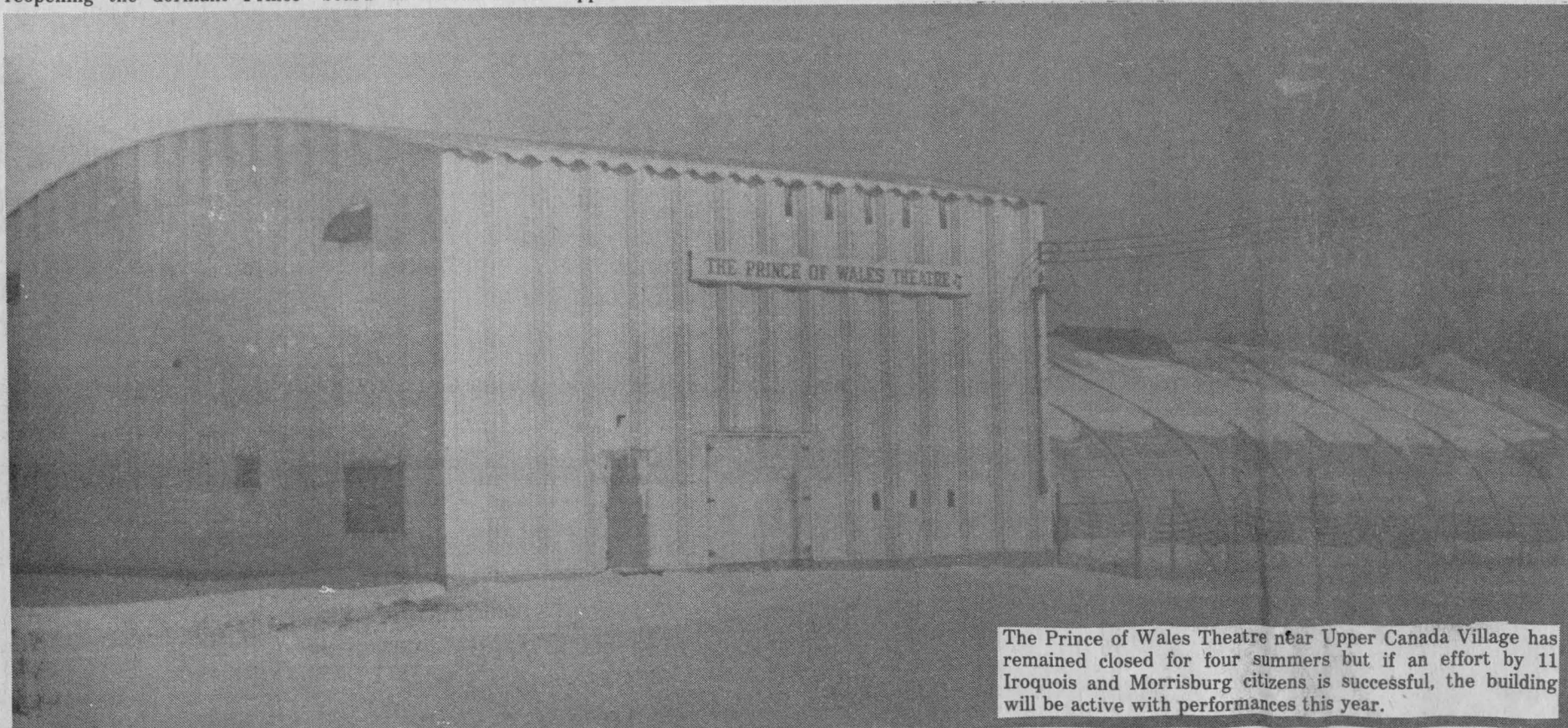
However, a spokesperson from the St. Lawrence Parks Commission confirmed that the group has given instruction that the theatre be included on Upper Canada Village brochures for this summer.

If financial arrangements are completed successfully, Mr. Grenkie said the group will hire productions for the summer taking into account everything from a theatre manager to the actual performances.

The citizens are not performers themselves, Mr. Grenkie pointed out, but are only interested in seeing that

the theatre is put to use.

Prince of Wales Theatre closed after the 1979 season after two years of production of A Day To Remember, which featured entertainment about Ontario's heritage and pioneer days. After failing to generate enough income and without government support, the production was forced to close.



The Prince of Wales Theatre near Upper Canada Village has remained closed for four summers but if an effort by 11 Iroquois and Morrisburg citizens is successful, the building will be active with performances this year.

## Township employees seek certification

[BRINSTON] - Four Matilda Township employees are seeking to join the Canadian Union of Public Employees and a hearing into their application will be held in Toronto Feb. 10.

Three of the employees work on the road's department while the other manages the waste disposal site.

Notice of the application has been posted in the municipal office and the township garage.

Reeve Lorne Strader declined to comment on the application except to say that the

employees have been talking about joining the union for the past three years but he was surprised that they finally made the move.

He said they have a good wage and benefit package and were offered a five per cent increase which has neither been accepted or rejected to this date.

In past years the negotiations for a contract were conducted with roads' superintendent Doug Liezert but this year council met with the employees themselves. Mr. Liezert is not included in the union proposal

as he is a member of municipal staff.

Foreman Brian Cooper said he and the other three employees are 100 per cent behind the application but refused further comment.

The foreman is currently paid \$8.25 per hour and rest receive \$8 per hour. A five per cent increase would see their wages go to \$8.65 and \$8.40 per hour respectively.

The municipality also pays total OHIP and dental plan coverage and a \$450 annual clothing allowance.

## Housing corporation says no to 10 per cent

[IROQUOIS] - The Ontario Housing Corporation remains firm in its refusal to pay the village 10 per cent of a \$42,500 land sale for administration and legal costs.

In a telephone conversation with the corporation last Friday, clerk-treasurer Betty Marlin said a legal representative told her that five per cent would be paid in addition to \$1,000 for zoning changes.

The land in question, 1.4

acres north of the Iroma Apartments, was transferred to the village for \$35,000 with the stipulation that if it was sold for more the difference would go to the corporation.

Pointing out that the zoning has already been paid for, Mrs. Marlin said if council has no objections a cheque will be sent to the corporation for the \$7,500 difference less \$2,125 (five per cent of \$42,500).

Mrs. Marlin was instructed to

contact the corporation and hold the line on 10 per cent at the special meeting of council Jan. 23. At the meeting, she told council that the corporation balked at the 10 per cent fee because they felt it was too high.

The 10 per cent fee, she noted, was the amount charged to Ontario Hydro for several similar transactions.

Councillor Rick Leroy asked if a breakdown of municipal costs

could be provided to show that 10 per cent isn't an arbitrary figure. "Where does this guy get off telling us how much it costs?" Mr. Leroy asked. "The province is dictating to us the administration costs of the village."

Mr. Leroy and councillor Joan Saver asked Mrs. Marlin to provide documentation for the corporation to show the administration costs. They said items such as the clerk's time, adver-

tising, legal fees, office, machine and telephone time, meetings and trips to Toronto should be all included.

Mrs. Marlin, however, told

The Chieftain that she was unable to provide a complete breakdown of costs as the legal fees have not yet been calculated.

## Fighting criminal activity topic of Lions meeting

[IROQUOIS] - Methods of combatting criminal activity will be the main topic of the regular meeting of the Iroquois-Matilda Lions Club Feb. 13.

Concerned about the recent crime wave to strike the village, the Lions have invited OPP Const. John Watson to speak on the subject and show a crime prevention film. Another guest speaker will be a representative of each may of a security alarm system manufacturer.

Through the Merchants Association the Lions have held. The whole project is expected to cost \$20,000 and this time there is less than \$5,000 in donation.

Legion president Ray Dele- garde said he isn't overly concerned and feels the money can be raised in the community and by provincial and federal grants.

The major cost is for the bronze plaques, Mr. Douma said. They will cost near \$12,000, substantially higher than originally estimated because there are many more names than anticipated.

The plaques for the village all Team arrived too late to be considered at last week's special meeting Jan. 24.

Frank Rooney on Friday, Jan. 27, but wasn't submitted to funds from Ross Haley who said clerk-treasurer Betty Marlin in individuals could be allowed time to be included on the purchase the cost of a name orenda.

Other fund raising techniques will be determined by a committee but money will be sought from the municipalities and one each are businesses and individuals from Cardinal and Johnstown.

Regular policy is to charge 175 for out-of-town groups to pay the auditorium while in- able to the 1984 Iroquois groups are charged \$75.

Matilda War Memorial Com- However, the reeve noted at in some circumstances,

alarm systems and declined to attend while other have previous commitments or don't have the time.

Meanwhile, Mrs. Fader said only two plaza merchants have replied positively to a recent letter asking if they would attend an association meeting to deal with preventing crime.

"I thought they'd jump at the chance especially with all the burglaries lately," she said. The letters were sent Jan. 19 and Mrs. Fader said she would like to have all the responses in before the end of the month. If there is interest from five to 10 merchants then the meeting will be held, she added.

"I'd like some kind of reply one way or the other," she concluded.

## Broomball girls too late for a reply

[IROQUOIS] - A request for the use of the civic auditorium for the Iroquois Girl's Broomball Team arrived too late to be considered at last week's special meeting Jan. 24.

The letter was received by Frank Rooney on Friday, Jan. 27, but wasn't submitted to funds from Ross Haley who said clerk-treasurer Betty Marlin in individuals could be allowed time to be included on the purchase the cost of a name orenda.

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Matilda War Memorial Com- However, the reeve noted at in some circumstances,

such as with the Iroquois Old Timers hockey team which is also made up of township and village residents, the higher fee has been waived.

Councillor Rick Leroy objected to considering the item because it wasn't included on the agenda. He made a motion that the item be deferred to council's next meeting because it didn't come in on time for last week's meeting.

Councillor Joan Saver supported the motion which was opposed by councillor John Haldane.

Formerly sponsor of the team, Mr. Haldane said the girls are trying to be self-supporting but can't afford a big fee to rent the auditorium when their goal is to raise money to pay for ice time and equipment.

The girl's request was to use the hall on Feb. 25. Council meets next on Feb. 14.



Lisa Gilmer



Gayle McGonegal



Kim Laming



Tracey Toupin

[CARDINAL] - Ten girls have registered to participate in the Cardinal Winterfest Queen's competition beginning Feb. 17. Beginning this issue, The Chieftain will display pictures of the contestants.

This week's first contestant is Lisa Gilmer, 15. Lisa is the daughter of Ron Gilmer of Cardinal and Mrs. Brenda Daw of Morrisburg. She is a grade nine student at South Grenville District High School with interests in figure skating, reading and skiing.

Lisa plans to become a social worker after finishing school. She is sponsored by the Cardinal-Iroquois Minor Hockey Association.

Gayle McGonegal, 14, is the daughter of John and Sharon McGonegal of R.R. 1, Cardinal.

A grade nine student at South Grenville, Gayle is interested in basketball, skiing and plans to be a beautician.

Kim Laming, 16 is the daughter of Ray and Beatrice Laming of Victoria Street. Kim is in grade 11 at South Grenville. She is active in tennis, horseback riding and photography and hopes to become a legal secretary. Kim is sponsored by Dugan's Carpets.

Fifteen-year-old Tracey Toupin is the fourth girl featured this week. Tracey is the daughter of Junior and Liz Toupin of R.R. 1, Cardinal. A grade nine student at South Grenville, Tracey collects stuffed animals and has aspirations on entering the business world after completing school.

Tracey is sponsored by the Cardinal Fish and Game Club.

## Iroquois, Matilda veterans' dedication ceremonies June 9

[IROQUOIS] - Dedication ceremonies to honor WW 1, WW 2, and Korean Conflict veterans from Iroquois and Matilda Township will be held June 9, Wytze Douma told a meeting of Legion organizing committees last Thursday.

Mr. Douma, Honor Roll Committee chairman, has been instrumental in getting the project off the ground and said there were 523 names to go on bronze honor plaques and record books for both the village and township.

Of that number, 180 served in the first world war, 335 in the second and eight in the Korean Conflict. Fifty nine names will be inscribed on the Iroquois cenotaph for making the supreme sacrifice for their country, Mr. Douma said.

He pointed out that 58 names were added and 20 names eliminated since The Chieftain published the lists last December. As the deadline approaches, he said, the people have made sure to get their information to the committee.

The committee was scheduled to meet this morning (Wednesday) at the Legion to go over the list a final time and ensure its accuracy. This can only be done to a point, Mr. Douma said, as it was impossible to obtain a perfect list. "This will be as close as we can come," he said.

He pointed out that lists at Seaway District High School, the Brinston Memorial Hall and the Brinston United Church all had errors discovered by the committee. He attributed the mistakes to the fact that they were compiled mostly by memory or word of mouth.

The War Graves Commission wasn't founded until 1931, he noted, and prior to that much of the information couldn't be verified.

Mr. Douma said there will be ceremonies for the unveiling of the new Iroquois cenotaph and for dedication of the bronze plaques at the village's civic centre and township hall at

Dixon's Corners. The ceremonies will be advertised in newspapers and the Legion magazine and all veterans of the municipalities are invited to attend. In fact, Mr. Douma said many of those he's talked with have indicated they are eager to be here.

In addition to the many WW 2 and Korean Conflict veterans expected to attend, he said he expects two WW 1 veterans and the widows of another two to attend the ceremonies.

The veterans, their wives or widows are invited to a dinner and dance at the township hall free of charge. Should there be

any seats left over, tickets will be sold to the public, Mr. Douma said.

As a ballpark figure, Mr. Douma said he expects a crowd of 500 to 600 will be in attendance at both events.

During the day there will be a parade including the veterans and at least one armed forces band. A winged salute from air force jets is expected at the cenotaph ceremony as well.

At the cenotaph, there will be flags from nine countries on display. The will represent the nine countries where the war dead are buried and include Italy, Burma, England, Singa-



Removal of the Iroquois cenotaph took place last year by Crowder Monuments of Morrisburg. Legion honor roll committee chairman, Wytze Douma told a meeting last week that the new cenotaph will be replaced prior to dedication ceremonies June 9.

## Bylaw enforcement officer to be sent on week-long course

[IROQUOIS] - Bylaw Enforcement Officer Glen Pashak will

"I feel," Glen feels it will attend a week-long course about benefit not only himself but the enforcement techniques at town then he should go," Ontario Police College councillor Joan Saver said.

Aylmer from Feb. 13 to 17. Fellow councillor John Haldane agreed and noted there hak's attendance during the many new techniques to be special meeting Tuesday, Jan. 24.

Mr. Pashak said he wished to attend to learn more about municipal bylaw enforcement. "There's a lot involved on these courses," he stated.

Cost of the course including a room is \$250. A \$25. per diem rate will also be paid to Mr.

Pashak and his expenses will be picked up by the village.

Council also pointed out it has been approached by the Municipal Law Enforcement Officers' Association to join at a \$50 annual fee and asked Mr. Pashak for his opinion on the matter.

"Joining the association might be a good idea," Mr. Pashak said. He added that it mails bulletins and updated reports to members to keep them informed with the latest developments.

Council agreed to join the association.



## Grenville-Dundas County LOL holds annual meeting

[GROVETON] - The annual meeting of Grenville - Dundas County Loyal Orange Lodge was held in the Orange Hall at Groveton with a fair attendance.

The session was graced with a visit from the Provincial Grand Master R.W. Brother Sherman Irwin of Peterborough, accompanied by R.W. Brother

Ralph Langley, Past Grand Master also from Peterborough. Wor. Bro. Archie Aitken of Iroquois, County Master presided over the meeting. A recess was called at 12 noon when the members of the Groveton L.O.B.A. served a well prepared dinner.

During the afternoon session the various committees pre-

sented their report on the past year's activities, and plans were in order for the coming year.

Both the Grand Master and Bro. Langley delivered inspiring addresses which were well received with a standing ovation.

1984 Officers are as follows: Im. Past County Master - Archie Aitken, Iroquois; County

Master - Ronald Warren, Prescott; County Deputy Master - Oliver Robinson, Cardinal; County Assoc. D. Master - Hilias Suddaby, Kemptonville; County Chaplain - Sam Cowan, Prescott; County Recording Secretary - Herbert Wallace, Prescott; County Financial Secretary - Dalton Gilmer, Spencerville; County Treasurer - Lloyd

Sloan, Spencerville; County Lecturers - Clarence Barkley and Percy Markell, Morrisburg; County Marshal - Clare Reddick, Morrisburg; County Auditors - Lloyd Wylie, Prescott.

The 1985 annual session will be under the Prescott Lodge.

## Court date set in suit against SNRCA

[BERWICK] - The first step in a lawsuit against the South Nation River Conservation Authority will begin March 1 and 2, general manager Jim Windsor told the regular meeting here Jan. 18.

Mr. Windsor said the two

days and the week of March 5 had been set aside for the examination for discovery through the Mechanic's Lien Act one of two routes being used by Auto Concrete Curb in its case against the authority.

The second route, an exami-

ation for discovery through civil action still has to be set, he added.

The company launched the action to recover \$1.9 million it claims the authority owes it after a dispute arose over methods for dredging the river

during the 1982 contract.

Mr. Windsor learned of the suit from the authority's Ottawa legal firm, Scott and Aylen, and the court action is expected to be a long process.

## Going ice fishing this winter?

By Bob Defries, Ministry of Natural Resources

Your favorite fishing spot may be covered with ice, but that doesn't mean you have to store your hook and line until spring.

"Ice fishing can be a lot of fun -- a real challenge for the fisherman," Natural Resources Minister Alan Pope says.

And Kay Jones, an information officer at the Ministry of Natural Resources' outdoor recreation information office in Toronto, says "I really love to fish, and never miss an opportunity to get out on a lake -- winter or summer."

Jones, who's enjoyed the winter sport for 20 years, says she gets up to 60 calls a week throughout the winter from people asking questions about ice fishing -- where to go, any special techniques and safety tips.

"When I first went out with my husband Ernie, very few people fished during the winter, but now more and more are interested in trying their luck on Ontario's ice-covered lakes," Jones says.

Jones' favorite ice fishing spots are Lake Simcoe and the Bay of Quinte, both about an hour's drive from Toronto. She also highly recommends Northern Ontario lakes, such as Nipissing and Temagami. Jones enjoys trying for lake trout, pickerel and whitefish, but says perch, although smaller, are also fun to catch.

But she says you need more patience in winter.

"Maybe it's a combination of cold weather and cold water, but fish seem to take the bait more readily in summer and fall," says Jones.

### Winter Fishing Regulations

No matter what the season, it's still best to read the Ontario Fishing Regulations carefully before setting out. It's free and available from licence issuers and sporting goods stores.

"With few exceptions, creel limits are the same for every season. But some of the regulations only apply to winter fishing," Jones says. "For instance, fish huts must be registered at ministry district offices where these lakes are located, as specified in the regulations."

### About Huts

Most ice fishermen in Ontario fish in rented huts -- heated, wooden structures on the ice that accommodate two to four people. A small hole is cut in the ice inside the hut. Some seasoned ice fishermen have their own huts, and others prefer to bear the elements and fish outdoors. However, Jones advises anyone new to the sport, to rent a hut from a fish hut operator.

On Lake Simcoe, where Jones spends most winter weekends and vacations, the ice is covered with hundreds of huts. Most of these huts are rented for half-days -- either all day or all night. Although the huts have propane or wood-burning heaters, there are no cooking facilities, so Jones advises bringing plenty of sandwiches and a thermos with you. "You can get mighty hungry out there," she says.

Since rentals for ice huts vary, it's wise to check with the operator first. Most charge about \$16 per person for day or night

### fishing.

Jones says she prefers day fishing to night fishing.

"Nights can be long and lonely," she says. "Many more people are around in the daytime. However, if you're new at the sport, it's best to stay out only part of a day until you get used to it."

### Safety First

Whether you're staying in a hut or fishing in the open, there are a few safety tips that Jones says you should keep in mind:

- Don't go on the ice unless it's at least 10 centimetres thick. Before setting out, always check first with the hut operator who knows whether or not the ice is safe.

- If you're fishing in the open, mark the hole with tree branches, pieces of wood or a brightly colored rag. Those unaware it's there could get an unpleasant dunking.

- Never drive a car on the ice.

### Dress Right

- Dress warmly. Jones recommends a snowmobile suit, warm boots, extra gloves, scarf, toque and thermal underwear. If you get too warm inside the hut you can always shed some clothing but the temperature can dip, especially at night.

### Tip-up or Jigger?

Most fish hut operators include a good supply of bait -- a bucket of small minnows -- when you rent a hut. Other equipment, such as a tip-up or jigger, used instead of regular rods for winter fishing, can be rented from the operator for a nominal charge.

A tip-up is simply a piece of wood, balanced on a wooden base, with a line wrapped around each end. When a fish strikes, one end "tips up" out of the water. It's the best way to fish for perch and other smaller species. The regulations state that tip-ups can't be left unattended, so keep an eye on it at all times.

But Jones recommends jiggering for lake trout and other larger fish. In this instance, jiggering doesn't mean dancing around the ice hut, but is the name given to a line "jiggered" up and down in the water.

A 8-metre ice fishing rod that is used for jiggering, can be bought at most sporting goods stores and uses heavier line than a tip-up. That's because species such as lake trout, pickerel and whitefish put more strain on the line which can catch on a sharp edge of the ice and snap.

If you prefer jiggering, check with your fish hut operator for a suitable area and the best jig to use. They'll know which jigs are working best.

The operator will be pleased to answer other questions too.

"They want everybody to enjoy themselves, and are only too happy to help in any way they can," says Jones.

For more information on ice fishing in Ontario or a list of the hut operators, call the Ministry of Natural Resources Toronto office at (416)965-7883, or your nearest ministry district office.

Lots of luck on the ice this winter!

## Hangar extension to begin this spring

[IROQUOIS] - Municipal council concurred with a letter from Henry Prins read at its special meeting Jan. 24 asking to build an extension on the municipal airport's hangar.

Dr. Prins said the addition will be to house a fourth airplane similar in size to the three already located there. He added he expects construction to begin in the spring.

He pointed out that the original agreement with the air-

port's director allows for expansion to include a total of five planes and indicated he is prepared to absorb all costs involved.

Council noted that under the agreement it has no choice but to allow the extension providing it conforms with municipal building bylaws.

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When regular smoking is examined by age and sex, 37.7% of males are regular smokers compared to 28.9% of females.

## PARTICIPAction

By Russ Kisby

Cardiopulmonary Resuscitation



Suddenly you fall to the ground, gagging, your eyes spiralling upwards, your hands clutching your chest.

How you want to scream out to the passerby! Help me! Help me! It's my heart! But the words don't come!

Your brain goes into a kind of tape re-wind in speeded-up motion and then...and then...it's dark!

No one has a legal obligation to come to your rescue. Some good-hearted soul might shout for a doctor or a policeman and if your stars are right that day, there'll be one close at hand.

But if there's not...well. Hope that somebody in the crowd knows CPR -- cardiopulmonary resuscitation.

"OK, get back, give him lots of air," that person will command as he lies you flat on your back on the ground or floor.

He'll send someone to call an ambulance while he checks to see if you're still breathing. He's got to work fast: in three to four minutes your brain might be permanently damaged.

He'll tilt your head back, open your mouth and use his fingers to clear away any vomit or mucus or foreign matter that could be clogging your airway.

Then he'll separate your lips and teeth and press his mouth to yours and blow, blow, literally a Kiss of Life, while he holds your nose shut with his fingers.

Steady. Twelve to fifteen breaths a minute into your lungs. In for two seconds, wait

three for you to respond. Respond, damn it!

From the corner of his eye, he'll check your chest. It must rise when he blows in -- or else something's still blocking your passage.

Still no pulse!

Now your guardian angel must work your chest with his hands! Quickly he places the heel of his hand there -- in the centre of your chest with the heel of his other hand on top as he presses down, firmly, two inches, once a second. Just like he learned at the St. John's Ambulance or the YMCA or wherever people learn to care about each other.

"Help me!" he might demand from someone else. "Press down on the chest like this while I go back to mouth-

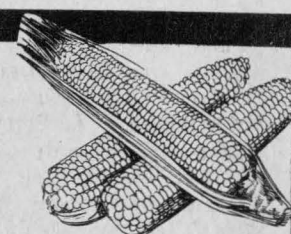
to-mouth!"

And the two of them will work in tandem, one breathing Life into you fifteen times a minute, the other urging your chest to move, please move -- and yes! Yes! The heart is beating on its own. There's your pulse -- faint but steady, dancing in the artery of your neck! And there's the siren! You're saved!

Your eyes open and the room is white. Your spouse is there. Or a doctor. Or a nurse. But you're fine. The hospital puts you on a mild exercise program to help you recover.

And somewhere, going about his business, is a friend whose name you might never, ever learn.

## CORN GROWERS MEETING



CANADA STARCH COMPANY INC.

will be holding an open meeting for all local corn growers to discuss the company's plans to purchase locally grown corn in the 1984 Harvest Season.

PLACE: Canadian Legion Hall, Cardinal  
DATE: Thursday, February 2nd, 1984  
TIME: 2:00 P.M.

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Whirlpool 30" Range [White]	Special	\$539.00	
1 Only Bed Chestfield	Special	\$389.00	
3 Only - Love Seats	Half Price		
39" Mattress & Boxspring [Set]	Special	\$149.00	
5 Piece Wood Table Set		\$798.00	\$699.00
1 only Solid Maple light Finish Buffet and Hutch 48"		\$995.00	\$825.00
1 only Solid Maple? Dark Finish Buffet and Hutch		\$795.00	\$625.00
Book Case 36x48"		\$110.00	\$ 79.00
5 Piece Wood Table Set Light Finish		\$578.00	\$469.00
5 Piece Chrome Set		\$399.00	\$309.00
1 Only 5 Piece Dining Set Buffet and Hutch 6'		2099.00	1795.00
Large Wall Unit 64" wide		\$558.00	\$479.00
10 Only 24" Whirlpool Range		\$539.00	\$479.00
2 Piece Chesterfield Nylon Cover		\$649.00	\$519.00
1 Only 2 Piece Chesterfield 100%			
Nylon Cover Beige/Brown		\$759.00	\$619.00
1 Only 2 Piece Chesterfield Brown Floral		\$929.00	\$799.00
12 Cu. Ft. Whirlpool Automatic Defrost		\$649.00	\$579.00
Sharp Carousel Microwave		\$799.00	\$589.00
4 Piece Krug Bedroom Suite [Some Marks]		2695.00	1195.00
3 Piece Bedroom Oak Finish		\$698.00	\$589.00
6 Piece Pine Bedroom Set			
6" Bed Posts		2869.00	1995.00
1 Only Oak Roll Top Desk		\$838.00	\$595.00

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1 Year	11.25%	\$1,125
5 Years	11.61%	\$1,732
10 Years	10.84%	\$2,729

\*If you had invested your RRSP in Bolton Tremblay's Canada Cumulative Fund on December 31, 1982, your investment would have grown 36.2% in 12 months.

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## OBITUARIES

### Services held for Ida P. Casselman

Funeral service for Ida Pearl Casselman was held at the C.W. Marsden Funeral Home, Iroquois on Jan. 24 at 2 p.m. The Rev. Jens Kjaer of Morrisburg Lutheran Church presided.

Mrs. Casselman, 69, passed away in Montreal on Jan. 20. A homemaker, she lived at Hudson, Quebec for the past three years. Prior to her move, she had resided at Morrisburg and before that, Montreal for 30 years.

She leaves her husband, Denzil Casselman of Hudson whom she married at Morrisburg in December, 1933; daughters Patsy and Janet both of Montreal; Mrs. Betty Malone, Cornwall; Connie (Mrs. P. Mosry) of Chelmain, Quebec; Eleanor of Hudson; Sally (Mrs. J. Vallee) of Como, Quebec;

sons, Tom of Iroquois; Malcolm of Kingston; and Allen of Rigaud, Quebec.

Also surviving are sisters, Columbia (Mrs. W. Roderick) of Williamsburg; Emma (Mrs. J. Jessome) of Cardinal; and brothers, Raymond and William Beaupre both of Port Hope; as well as 23 grandchildren and nine great-grandchildren.

Mrs. Casselman was predeceased by two sons, Larry and Richard and a brother, Roy Beaupre.

She was born Jan. 19, 1915 at Morrisburg to the late William Beaupre and Pearl (Plumadore).

Spring interment is at Mount Pleasant Cemetery, Morrisburg. Bearers were Tim, Randy and Barry Casselman, Fred Goodmurry, Tom Warren and Arnie Fader.

### Evelyn Tupper died January 19

A Morrisburg homemaker of 84 years, Mrs. Evelyn Tupper passed away Jan. 19, 1984 at Winchester District Memorial Hospital.

Mrs. Tupper moved to Morrisburg from Ingersoll in 1940 as a newlywed with her husband, George Melvin Tupper whom she married Nov. 1, 1940 at the Thamesford, Ontario United Church.

Mr. Tupper predeceased her on Sept. 4, 1969.

She was born in Ingersoll on

Sept. 29, 1899 to the late Albert Lowes and former Mary Weir. She is survived by a brother, Cyril Lowes of London, Ont. as well as many nieces and nephews.

Funeral was conducted at Fairbairn Funeral Home, Morrisburg by the Rev. Tom Lowry of Williamsburg United Church of which she was a member.

Spring interment will be at Spruce Haven Cemetery, Bronston.

#### RIDEAU ST. LAWRENCE STANDINGS

January 27  
Brockville 8, Morrisburg 3  
January 28  
Cardinal 3, Prescott 2  
January 29  
Cardinal 1, Athens 10  
Kemptville 8, Prescott 7 OT  
Athens 7, Spencerville 11  
Kemptville 4, Morrisburg 6

#### STANDINGS

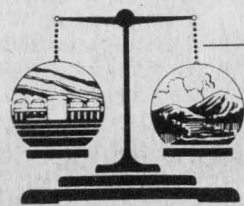
	GP	W	L	T
Kempt.	27	24	3	0
Brock.	29	21	7	1
Athens	29	18	10	1
Morris.	30	14	13	3
Pres.	30	13	16	1
West.	29	9	19	1
Spence.	30	7	23	0

#### FUTURE GAMES

January 31  
Kemptville at Athens 8:00  
February 2  
Prescott at Brockville 7:45  
February 3  
Kemptville at Westport 8:00  
Spencerville at Prescott 8:30  
Athens at Morrisburg 8:15  
February 4  
Cardinal at Spencerville 8:00  
February 5  
Morrisburg at Cardinal 2:00  
Brockville at Kemptville 7:30  
Westport at Athens 8:00

#### SCORERS

	G	A	PTS
Jamie Hackett	38	38	76
Tom Hodgson	29	35	64
Clark Patterson	23	39	62
Andy Brown	23	39	62
Graham Glover	25	36	61
John Robertson	28	32	60
Trevor Gill	24	35	59
Bill Osborne	17	39	56
Lance Wells	27	27	54
Ted Brayton	14	40	54



**ENERGY**  
David Foster

### Putting the heat on cancer

By David Foster

The search for new, more effective treatments for cancer is a complex and costly one. Although cancer is still a major cause of death among Canadians, substantial progress has been made in this fight.

One area of cancer treatment research now gaining increased worldwide attention is hyperthermia. Hyperthermia is the excessive heating of the human body, a condition most commonly associated with athletes performing during hot weather. As a medical technique, it has roots going back to 400 B.C. In Europe, spas or hot springs have been popular health centres for many centuries. As well, early medical researchers observed that cancer patients suffering from high temperatures would occasionally go into remission, a state where their cancers would no longer be active.

Today, researchers are investigating how heat treatments can be used as a new weapon in the fight against cancer. In Canada, some of this research is being conducted by the Ontario Cancer Foundation in laboratories at the Ottawa Civic Hospital.

Cancer researchers are being aided in their work by two other agencies; Canada's National Research Council and Atomic Energy of Canada Limited (AECL).

The researchers have found that hyperthermia has two potentially important effects. Heat is itself therapeutic, that is, it can kill cancerous cells within the body. Secondly, heat can have a synergistic or combined effect with other treatments, such as chemotherapy or radiation therapy, making them more effective.

This discovery is of par-

ticular interest in the treatment of internal cancer tumors. Chemical and radiation treatment of such tumors attempt to kill the malignancy while doing a minimum of damage to surrounding, healthy tissue. While cancer cells are often more vulnerable to these treatments than are normal body cells, the internal portions of tumors are often hard to destroy. Animal research indicates that by heating the tumor beforehand, chemicals or radiation are able to do a more effective job of killing the entire tumor. Another benefit of hyperthermic treatment is that heat, unlike chemicals or radiation, is not toxic. As a result, it can be used repeatedly without causing harmful side effects. And because these heat treatments don't require surgery they are potentially much less traumatic for the patient.

The task researchers now face involves determining the best method for hyperthermia therapy.

Another major research goal is the development of temperature sensors to monitor the conditions within tumors.

The development of such a sophisticated temperature sensing instrument is now under study at AECL's Chalk River Nuclear Laboratories. AECL's research team includes a number of scientists from different fields, who bring with them a wide range of experience.

If everything goes according to plan, it is hoped that hyperthermia therapy will be used to treat cancer patients within perhaps two years. And while it is still too early to tell conclusively, indications are that this treatment will add another important tool in the fight to overcome this disease.



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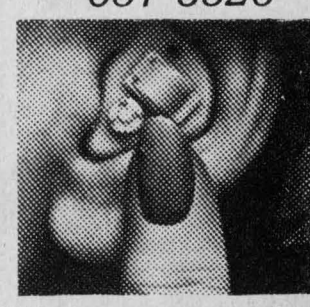
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## Prescott and Morrisburg darters tied for fourth

[IROQUOIS] - Prescott No. 1 moved into a fourth-place tie with Morrisburg No. 2 dart action at the legion here last Thursday.

Prescott won 11 games on the night while Morrisburg managed just five victories and both teams now have 121 points.

Iroquois No. 5 and No. 7 continue to hold down first and second place respectively as the No. 5 team scored 10 victories for a season's total of 152 and No. 7 notched five wins for a total of 137.

Prescott No. 3 kept a secure grip on third place by

recording nine wins for a point total of 129.

Sixth spot belongs to Cardinal No. 6 with 112 points and eight victories last Thursday.

Seventh and eighth place are held by Iroquois No. 4 with 67 points and Iroquois No. 8 with

57 points. Each of these teams won four games in the most recent play.

High scorers on the evening were Charles Marsden, 160; Hilton Vont, 145; Rick Sayeau, 140; Leen Thompson, 140, 134; Ed Froats and Reg Farmer, 125; Percy Roberts and Doug

Laporte, 121.

Hilton Vont scored the most outs during the evening with six followed by Rick Sayeau who had five. Tim Gonczowski had four outs while Charles Marsden, Len Crawford, Reg Farmer and Leen Thompson each had three.

## Kemptville takes high score in bowlarama

All prizes went to Kemptville in the annual St. Lawrence District Scout Bowlarama held at the Kemptville Bowl on Sunday afternoon.

Forty-five boys and fourteen leaders from seven groups in the District competed for the St. Lawrence District Trophy.

Scott Darryl Broumiche received it for the Kemptville Troop. High single and high cross awards also were won by a Kemptville scout, Scott Bridges.

Terry Smart of Kemptville was convener of the Bowlarama,

and, with Bob Woods, was in charge of the Kemptville troop. Jownstown troop was in charge of Roger Duchesne and Len Larrabee; Iroquois, George Fowler and Ron Graham, Winchester, Fred Rodney and Jim Cinnamon; Prescott 7, Wayne Tuck and Jack Tennant;

Chesterville, Rudi Derstroff, Donald Hall and Allen Whetter; Cardinal, Bob and Frank Stevenson.

The Reverend E. Earle Eaton of Chesterville, district public relations officer, covered the event for the press.

## Cardinal winner in mini-klondike

[CHESTERVILLE] - Cardinal Wolf Cub Pack, under the leadership of Assistant District Commissioner John Connell, St. Lawrence Council Scouts Canada, carried off both trophies at the annual Mini-Klondike Derby held Sunday afternoon January 22 at the Chesterville Public School grounds.

The St. Lawrence District Cub Mini-Klondike Trophy and the St. Lawrence District Dog-sled Trophy both went to the Cardinal pack, who met stiff competition from runners-up Johnstown and Winchester. One hundred and thirty four

boys and 37 leaders turned out for the event, which was convened by Amanda Whetter of Chesterville. Miss Whetter served as grand marshall, ably assisted by Don Hillis and Bill Cross of Chesterville. Marlene Baird of Winchester, Jean Tupper of Williamsburg, Tina Serviss of Morrisburg, Etta Strong of Iroquois, John Connell of Cardinal, John McCauley of Prescott 7th, Ed Vanchie of Prescott 2nd, Jerry Kraay of Kemptville, Pat McDermid of Oxford Mills, and Mike Long-term of Johnstown.

Refreshments were served by

a hospitality committee from Chesterville, including Wendy Dowell, Sherrill Harper, Georgie Hillis and Edna Dubois.

The Reverend E. Earle Eaton of Chesterville, public relations officer of St. Lawrence District, covered the event for the press.

Events of the day included snow-shoe carry, candy relay, fox-and-goose, snow-pile, human chain, toboggan capture, red obstacle, tug-of-war, spear throw, board stunt and snow castle.

Dave Whetter and Roger Cole, both of Chesterville, were registrars and score keepers.

## Hospital board wants more chronic care beds

[WINCHESTER] - The Board of Governors of Winchester District Memorial Hospital will approach the Ministry of Health for approval of additional chronic care beds.

The board approved the recommendation at its regular meeting Jan. 24.

Motion to approach the ministry was made by Dr. D.J. Flowers, president of the medical staff, who, in the absence of chief of staff, Dr. D.W. Justus, presented the report of the medical staff.

In the report, Dr. Flowers pointed out the chronic care committee continues to encounter problems because of

a lack of long-term care beds resulting in a back-up situations in the active treatment units of the hospital.

Later, the board approved a recommendation by the management and finance committee that a qualified physiotherapist be added to the staff and that the ministry be asked for approval and funding for establishment of a Department of Occupational Therapy.

Also approved after some discussion was a list of equipment for purchase. Totalling \$8,000, the list includes a \$1,000 water resistant meter and \$1,000 for filing shelves.

## Kemptville College site of farm tax seminar

[KEMPTVILLE] - On Monday, March 12 a one-day seminar on farm income tax will be held at the Kemptville College of Agricultural Technology from 9 a.m. to 3:30 p.m.

The morning portion of the program will examine methods of transferring farm assets from parents to children to be mutually advantageous to both parties.

In the afternoon the annual tax filing will be considered. Some topics to be dealt with will be capital cost allowance, business investment tax credit, optional value of livestock, payroll requirement and spousal partnerships.

Registration for the program will be in the F.J. Parish Build-

ing from 9 to 9:30 a.m. The registration fee of \$10 includes the noon meal and handout material.

### Personals

COOPER - Born to Wade and Mary Cooper (Nee Hanes) a Son, Jordan Wade, 4 lbs. 14 oz. at Port Arthur General Hospital, Thunder Bay, on January 28. 35-1p

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# The Editorial Page



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SHIRLEY KIRKBY, Secretary-Treasurer  
NICK GARDINER, Editor  
JANE EWING, Computer Operator  
ANN KEELER, Press-Compositor



Things might be tough in many business operations these days, but no one must be feeling the pinch like stockbrokers. This comment is made not from an intimate knowledge of the market or from friends in the business, but rather from the number of phone calls have been getting from brokers. Hardly a week has gone by in the last couple of months that I don't get at least one call from some polite and sincere person who wants to know if he can send me a prospectus for some company or a brochure on the top 40 stocks on the current market. The mail continually brings invitations to subscribe to one of half a dozen financial publications and investors newsletters. The mailings all go into the can at the post office and the phone callers are all told that they can send the material if they like but that all my ready cash is tied up in Pampers. It's a mystery where they come up with my name but if they bought it as part of a mailing list they had better go back to the computer to come up with some hotter prospects.

For the past year it has been almost impossible to pick up a newspaper or magazine without seeing a story on pay TV or satellite dishes or cable TV or their relation to each other. Now we see in last week's Chieftain that with any luck the CRTC might see fit to allow a big city cable TV operator to bring cabled culture to Iroquois and a handful of other little communities. It doesn't seem as if local people have been beating down the door of the municipal clerk's office to have a look at the application for the proposed operation, but in the interest of accuracy I dropped in the other day for a look. No pay TV is proposed for the first few years, so if cable does come to town, subscribers will have to content themselves with about a dozen off-the-air commercial and educational stations. Many of these signals will come via a company called CanCom which beams them to cable companies from the Anik satellite. How the signal gets here is probably of little interest to most people but it's worth noting that the proposed line-up of stations includes one from Seattle and one from Edmonton. There's probably a logical explanation, but it will be interesting to see how we're supposed to overlook a two or three hour time difference between here and there.

It's also disappointing to see that the proposed list of stations does not include the Global TV network, an Ontario operation that can only be picked up now by those who have a good antenna. Also missing from the list is our local PBS station from Watertown. Since many people here and in the rest of eastern Ontario support the station urging their pledge drives, it would be nice to see it on the cable even if it meant dropping the Edmonton station to make room for it. It seems that the prime purpose of cable is to get rid of the need for expensive and sometimes unsightly TV antennas at every home. Unless cable can offer what people want, they'll either hang on to their old antenna or their \$20. per month or both.

The bottom line: there's nothing wrong with having nothing to say; the trick is not to say it aloud.

## Bird Notes

by  
E. G. AVERY



A mid-January trip to the cottage to shovel snow off the roof had its compensations for some people we know. While at work they had a visit from a Great Gray Owl who chose to rest on a tree branch nearby. When he moved from one tree to another his great wing-span and beautiful gliding flight provided one of those "moments to remember."

Dora and Willie Woodpecker were Sunday visitors at our feeder; they are always welcome, and now that there are two suet cakes available, there is a place for each bird, and they stay longer.

After an absence of nearly a week our Chickadees come back when the snow began to fall. Except for Hummingbirds, we have yet to see anything move faster than a Chickadee. Even-ing Grosbeaks come and go, but not as many as other years, and our faithful Goldfinches have moved to a different place this week.

On Wednesday evening at 8 p.m. the T.V. program "The Nature of Things" will show a film about Long Point Bird Observatory. It is a repeat, but this kind of show is often more enjoyable the second time around. Long Point, Ontario is on the North Shore of Lake Erie, near Port Rowan, and the Observatory there was the first station of its kind in North America.

Founded on a reclaimed hunting area, in 1960, it is a non-profit organization for conservation and research related to

birds and marsh life, banding and educational field trips for school children in grades 4 - 6.

So many nature programs are about far-away places which few of us will ever visit, it is a pleasure to see something done in our very own Ontario.

## Canadian Cancer Society

Statistics indicate that smokers have a better chance of beating the smoking habit, when they quit with help. So, Health and Welfare Canada and the Canadian Cancer Society have developed "Time To Quit", a self-help smoking cessation program using free self-help guides. A three part television mini-series, to be broadcast in January, will help spur them on. And, for those who need it, information on follow-up and maintenance programs will be available. Contact your local Cancer Society for more information.

Health & Welfare Canada, in co-operation with the Canadian Cancer Society, has developed a smoking cessation program called "Time To Quit". The program will assist those who want to "break the habit" and consists of three half-hour television shows, hosted by William Shatner, free self-help guides as well as information on follow-up and maintenance programs. For further information, contact your local Unit of the Canadian Cancer Society.

## Sorry girls, better never than late

How long does it take to plan a dance? Longer than 10 days you can bet.

Yet this is precisely how long Iroquois council intends to give the girl's broomball team to organize their dance if, indeed, they still plan to hold one.

Council heard a letter from the team requesting use of the auditorium at its meeting Jan. 24. But, it's a ticklish situation. Most of the girls are from outside the village so what charge should be levied?

Out-of-town organizations are supposed to be charged \$175 while in-town groups are charged \$75. Except that service clubs are allowed two free nights a year so if you can get one of them to sponsor the event whether or not you're from out of town, the room is yours gratis.

This is how the oldtimers hockey club, of which several players are from outside Iroquois, managed to obtain the hall free last year.

So the cost is either \$175 or \$75 or nothing if you have the right organization backing you and depending on whether or not you live in or out of town.

Follow all that? Well, neither does council but rather than take the time to settle on a figure for the girls, council abdicated its responsibility because the girl's letter didn't come in on time. Imagine.

So now the team will have to wait until Feb. 14 when council meets again before they'll know if they can use the auditorium and at what cost. Trouble is they want (wanted)

to hold the dance Feb. 25.

Even if council grants the request it will do little good. Should they decide to proceed, the team will have to print tickets, obtain music and promote the event like the dickens just to break even.

Meanwhile, there are other organizations - the Legion and Fraternal Hall Board are examples - which are striving to rent their halls more often. Prices for rental are all set and one phone call usually is all it takes to determine whether or not the room is available.

They won't decline a rental because the request comes in on Monday rather on Friday and they don't need a full executive meeting to decide what they are to do this time.

There are so many variations and exceptions to the rules governing use of the civic auditorium that whenever a request is received it has to go to the council table to be examined to see what category it falls into.

Council should design a simple policy at fixed rates so that when a request does come in between meetings it can be handled promptly by the clerk who can see if the hall is booked and can confidently state the rental fee.

That should be done as soon as possible, not deferred to some later date.

That is, unless council prefers to see its newly renovated auditorium lie in darkness.

Nick Gardiner

## Know your heart

## Someday your child may thank you

Mention heart disease or stroke and most people think of them and other heart and blood vessel problems that usually relate to advanced age.

But parents of several thousand babies born each year in Canada with heart defects know otherwise. So do the parents of the many children with rheumatic heart disease.

Other forms of heart disease may begin developing in childhood if good health habits are not observed. Parents may be able to keep a child's heart healthy and lower the chances of a premature heart attack or stroke in years to come by guiding the child to heart-healthy habits. The earlier this guidance begins the better the chances are the child will form the habits that reduce the risk of cardiovascular disease.

Children from lifetime habits by observing the examples that are set for them. If no one in the home smokes and sensible, positive reasons are given to explain why smoking is bad, a child will be less likely to be tempted by his or her peer group when attending school.

In addition, a child who is used to nourishing meals at home, meals low in saturated fats and cholesterol, will probably select similar foods when eating out.

A wholesome and regular exercise routine with full family participation provides the stimulus for a youngster to continue the pattern even when living away from home.

Home habits of heart health become a significant part of a young person's makeup and these personality traits last a lifetime.

Heart foundations across Canada, using the slogan, Someday your heart may need us as much as we need you, have available a wide variety of free literature explaining the risk factors. They also offer solutions to the problem of getting children to co-operate.

The rewards of instilling good heart health habits in children are great. Already Canada has experienced a 31 percent reduction in the heart disease death rate since 1955 in Canadians under 65 years of age. With a significant population of young Canadians growing up with healthy lifestyles, that trend to lower premature death rates can be accelerated.

Prevention of premature death and disability due to cardiovascular disease is what the Heart Foundation is all about. While most of the funds go to research to find the causes, cures and means of preventing heart disease and stroke, a generous part of the Heart Fund dollar is spent on providing the education materials for use in schools, homes and other places people get together.

Simply write or call your nearest heart unit or chapter or write to your provincial heart Foundation for pamphlets, books and leaflets and for films on these vital subjects. All educational literature is free from your Heart Foundation. Let's use it to start our children out as early as possible on the road to heart health.

## Sports fish return to Spanish River

Six months after many of its fish were killed by a serious chemical spill, the Spanish River - one of Northern Ontario's better known fishing streams - is returning to normal.

"Surveys of the river show encouraging signs of recovery, but to help things along, plans are being made to stock a million yellow pickerel (walleye) fry below the E.B. Eddy Company dam at Espanola. We'll follow this with another million in both 1985 and 1986," Natural Resources Minister Alan Pope said recently.

He said sport and commercial fishing along the Spanish River, as well as the spring spawning runs, will be carefully monitored. "The ministry's fisheries staff is confident the river's many species of sports fish will continue to reproduce naturally. But since pickerel is the dominant sport fish species in the river we're concentrating on them," Mr. Pope said. He said smallmouth bass will be stocked also over the next three years in selected areas of the river.

## Queen's Park report



THE HONOURABLE NORMAN STERLING, M.P.P.

CARLETON-GRENVILLE

Provincial Secretary for Justice

LEGISLATIVE ASSEMBLY

Over the past few months, a number of my constituents have inquired about the regulations controlling off-road vehicles. Here is an outline of the recently announced regulations which come into effect today, February 1.

As you may know, an off-road vehicle is any two or three-wheeled vehicle, including specific types with four or more wheels designed primarily for recreational use. Vehicles licensed for on-road use or exempted by regulation are not included.

Exempted off-road vehicles include: golf carts, road-building machines and motorized wheelchairs. Off-road vehicles participating in rallies or exhibitions sponsored by a motorcycle club or association with a membership of 25 or more are exempt, if used solely for such events.

All off-road vehicle owners must register their vehicles with the Ministry of Transportation and Communications by June 1, 1984. Such vehicles cannot be registered by anyone under 16 years of age. The one-time registration fee is \$25 and owners will be supplied

with a vehicle permit and a licence plate. The permits are to be carried by the driver at all times.

Licence plates for such vehicles go on sale today and can be obtained at any motor vehicle licensing office.

For two and three wheeled vehicles, the licence plate is to be mounted on the front of the vehicle, in plain view, facing forward. The plate is to be mounted on the rear of vehicles having four or more wheels.

The new regulations also specify that as of February 1, drivers, passengers and riders on a conveyance towed by an off-road vehicle must wear regulation helmets. Helmets are not required when operating on land owned or occupied by the vehicle owner.

In addition, as of August 1, 1984 vehicle liability insurance will be required for all off-road vehicles driven anywhere other than on land owned or occupied by the vehicle owner. Proof of insurance must be carried by the driver.

Any collision resulting in personal injury or damage to property apparently exceeding \$400 must be reported to the police.

Persons under 12 are not permitted to drive an off-road vehicle except on land owned or occupied by the vehicle owner.

Vehicles with three or more wheels may be driven along a highway by a farmer when used for a farming operation, if the driver possesses a valid driver's licence. Off-road vehicles may not be driven along a highway in any other circumstances.

If you are interested in obtaining a copy of the new regulations, the Ministry of Transportation and Communications has recently produced a brochure on off-road vehicle regulations which is available in vehicle licensing offices across the province.

## Letter to the Editor



Cornwall, one of Ontario's oldest settlements was founded June 1784 by Lt. Col. Sir John Johnson, and the first Battalion King's Royal Reg't of New York. Originally named New Johnstown, the Loyalists renamed the town, in honour of Prince George the Duke of Cornwall.

Growing steadily as an industrial and bilingual centre, the City of Cornwall, will be highlighting a year of activities to mark its past and reaffirm its commitment to the future in 1984 with many special events.

On behalf of the Cornwall Bicentennial Corporation I would like to invite all past Cornwallites to attend our Homecoming week from July 22-29. The week will be kicked off by a parade on July 22 and will then be followed by a variety of public events. For information write:

Co-ordinator,  
Cornwall Bicentennial,  
P.O. Box 773,  
Cornwall, Ontario K6H 5T5

## Memories...the 'old' Iroquois



From Noble Villeneuve MPP SD & G

## Statement from the provincial legislature

The Committee on Resources Development has been my introduction to the legislative process and Bill 141, the first Act that I have been involved in bringing before the House. It contains a series of amendments which will benefit working women in Ontario.

A significant wage gap between men and women persists in the labour force. To address this problem, Labour Minister Russ Ramsay has proposed a new approach to establishing the equality of work.

The current provisions of the Employment Standards Act assess the criteria of skill, effort responsibility and working conditions separately in order to determine whether the jobs being compared are substantially the same.

The new legislation will broaden the basis of comparison by having these factors assessed together, while retaining the condition that the jobs being compared be substantially similar.

It also proposes to provide unpaid maternity leave rights for adoptive parents and reduce the qualifying employment

period from 63 to 52 weeks. The amendments will further provide for the accrual of seniority during maternity and adoptive leave.

The series of amendments has been introduced for the first reading. It recognizes the important contributions made by women to the province's economy, as well as to their family incomes.

I had the pleasure of attending the provincial Annual Meeting of Milk Producers at the Royal York Hotel in Toronto on January 11. Ross Daily, farm director of CFPL-TV London, was truly dynamic as the dinner speaker for the Ontario Milk Marketing Board.

Finally, I would like to wish Bill Dillabough well in his new position as Warden of the three United Counties. I was happy to give my regards in person at his inauguration in Cornwall on December 19.

I know Mr. Dillabough will continue to demonstrate the dedication and sound judgement that have distinguished him as a Reeve of the Village of Morrisburg.

## THE NEW PROVINCIAL RED MEAT PLAN

Minister of Agriculture and Food Dennis Timbrell has announced a five-year, \$62 million program that will help boost Ontario's flagging red meat industry.

This program will create a new marketing system for sheep and beef producers. It will introduce a series of initiatives to enhance the industry's efficiency and productivity.

A three-man commission has been established to plan the proposed new marketing agency for beef. All qualified individuals from the industry, they are: Henry Davis, vice-chairman of the Farm Products Appeal Tribunal; Ralph Barrie, a beef farmer and president of the Ontario Federation of Agriculture; and former Liberal M.P.P. and farm broadcaster, Murray Grant.

The three sheep commissioners will be named soon.

## PITTSTON NOTES

Mrs. Mildred Van Camp has returned home to the Seaway Apartments after surgery at the St. Vincent Du Paul Hospital, Brockville.

Mrs. Elsie Liezert is visiting Mrs. Lela Maxfield of Cardinal. Mrs. Dora Armstrong is visiting her daughter Anna at North Bay.

Mr. and Mrs. Dez Clair, Ottawa, had dinner Sunday with Mr. and Mrs. Robert Sloan.

Word has been received of the death of Blanche Shaver on Sunday at Kingston, Ont. Sympathy is expressed to brother Stanley Shaver of Iroquois and sister Myrtle Starck of North Augusta.

Jerry Webb is a patient at Winchester Hospital. A speedy recovery is wished him. Mrs. Nancy MacCaffrey and Ms. C. Marlett visited Miss Elizabeth Elliott of Prescott recently.

Mrs. Wallace Anderson is a patient at Kingston Hospital.

## In The Churches

### ANGLICAN CHURCH OF CANADA

Parish of Morrisburg - Epiphany 5 - February 5 HOLY COMMUNION

St. James, Morrisburg 8:00 a.m.  
St. John's, Iroquois - Family Eucharist 9:15 a.m.

St. James, Morrisburg - 11:00 a.m. (Reg. Church School)

St. James Service of Rededication with Evensong 7:00 p.m. All Welcome. Guest Preacher: Fr. Bryan Bevedrige, Diocesan Representative: The Ven. P.S. Irwin

### ST. CECILIA'S CHURCH

Rev. E.M. O'Connor, Parish Priest

Sunday - 9:30 a.m. Confessions - Before Masses - St. Mary's - Morrisburg

Saturday - 7:30 p.m. Sunday - 11:00 a.m. Confessions - Before Masses

### IROQUOIS PASTORAL CHARGE

UNITED CHURCH OF CANADA

Rev. Herb Kiehn B.A., M.Div.

Public Worship & Church School 11:00 a.m.

THE PRESBYTERIAN CHURCH IN CANADA

KNOX CHURCH, IROQUOIS

Rev. Tijs Theijmeyer B.A., M.Div.

Church School - 9:45 a.m. Divine Service - 11:00 a.m.

Nursery Care is provided during the Church Service

MATILDA PASTORAL CHARGE

UNITED CHURCH OF CANADA

Rev. Allen Tysick

Brinston - 11:00 a.m. Hulbert Valley - 9:45 a.m.

### MORRISBURG PENTECOSTAL CHURCH

Pastor: Robert W. Farbin

Church Home 543-2681 543-3450

Wednesday - 7:00 p.m. Family Night

Sunday - 9:45 a.m. christian Education

10:45 a.m. Worship the Word

7:00 p.m. Prayer Gathering

Dial-a-Prayer 543-3456

### CHRISTIAN REFORMED CHURCH

Williamsburg, Ont.

MINISTER: Rev. Wiegner DeJong

9:30 a.m. - Morning Service

2:30 p.m. - Afternoon Service

Nursery provided during both services

You are invited to worship

Let us worship together

in His house

Peace and love!



## Joltin' Joe Cornwall's premier defenceman

[CORNWALL] - He's earned the nickname Joltin' Joe for his robust style of play but lately defenceman Joe Reekie has contributed to the Royals offensive attack in a big way.

Reekie scored two goals, including the winner with just two seconds left in regulation time, and set up two others as the Royals upset the OHL leading Toronto Marlies at Maple Leaf Gardens last Saturday.

Reekie was acquired by the Royals from North Bay in exchange for Prescott native Scott

Birnie back in October. The 18-year-old Petawawa native was a tenth round choice of the Centennials in the 1982 midget draft.

Coach Bert Templeton tried to convert Reekie into a forward but he rebelled and the Royals are reaping the benefits. Since rejoining the team following a month-long absence because of a hand injury, Reekie stands out as easily the Royals premier defenceman, and arguably, one of the best in

the OHL. Reekie is at his best in the rugged going. He moves around the Royals zone like a bumper car at an amusement park, running into opposing players with his hip, shoulders, elbows or whatever's available.

He'll pick his spots for offensive thrusts. Dashing down the ice into a helter-skelter style, Reekie prefers to dish off to wingers when in close. And he certainly isn't timid about going to the net from his point position to receive some of his own punishment in exchange for a scoring chance.

Reekie was selected by the Hartford Whalers in the seventh round of the 1983 NHL draft. Flo Potvin, the Whalers head scout, is one of Reekie's biggest rooters.

"Joe had a great training camp with Hartford and we definitely consider him a prospect," says Potvin. The Whalers will likely send Reekie to a power-skating school this

summer to try and improve his mobility.

Stating that Joe Reekie is outgoing is comparable to stating Wayne Gretzky isn't a bad scorer. He kept the team in stitches during the five-hour bus trip to Toronto.

Asked by one of his drowsier teammates to "give it a rest", Reekie snapped, "I'll show you guys. I'll score two goals today". Which of course he did to lend credence to the old Dizzy Dean saying of, "It ain't bragging if you can do it."

## Bantams have a busy and productive week

The Cardinal-Iroquois Bantam hockey team had a busy week with four games and a bus trip to Ottawa to watch an OHL hockey game.

The week began last Monday for the local boys as they travelled to Spencerville for an Upper Canada Minor Hockey League game against Edwardsburg.

Cardinal-Iroquois opened the scoring in the first period with two goals by Randy Mullin. Bill Murphy and Reg Knudson drew

assists on the first goal while the second was unassisted. Edwardsburg replied with a single goal before the period ended.

The locals scored two unanswered goals in the second period as Dav Orzel scored unassisted and Ronnie Dickson scored on a pass from Jeff Burgess.

Edwardsburg fought back to tie the game with three

unanswered goals in the final game.

On Tuesday, the Brockville Black and Decker Bantams were visitors to the Cardinal arena.

Brockville scored twice in the first period to take a 2 to 0 advantage but Cardinal-Iroquois came out smoking in the second. Orzel scored two with Jeff Scott assisting on both and Mike Dishaw adding a hand on

one as well. Scott also added two goals of his own with Knudson and Orzel drawing assists. Jamie Whitteker scored unassisted to give the home team a 5 to 2 lead after two periods of action.

Cardinal-Iroquois added three more in the final period to coast to an 8 to 2 win. Orzel completed his hat trick on an unassisted marker while Burgess added a single and an assist on Dickson's goal.

On Friday, the boys were part of two bus loads of hockey fans to travel to Ottawa to see the 67s play Windsor Spitfires. The trip was special because Cardinal's Todd Gill, a graduate of the local minor hockey system, played for the Spitfires.

Back to on-ice action Saturday, the Bantams travelled to Potsdam, N.Y. and held their hosts to a 3 to 3 tie.

In a penalty-filled game, Mike Perry had his best game of the year in goal for the local Bantams. While Perry made fantastic saves to keep the team

in the game, Mullin netted two goals and an assist. Cardinal-Iroquois' other goal was off the stick of Burgess while Dickson and Murphy added assists on offence.

This game also saw the team's defence come up with their strongest performance of the year.

The Bantams closed out the week with a victory over Metcalfe at Cardinal on Sunday.

Glen Blok opened the scoring in the first after passes from Whitteker and Mullin. Dickson scored in the second after some fine forechecking and the team hung on for a 2 to 1 victory.

This was the final league game for the team and they completed the season with 12 wins, five losses and three ties.

Playoffs begin Feb. 7 at Cardinal when Edwardsburg visits for an 8:30 p.m. game.

The Bantams will have a tuneup on Sunday when they travel to Potsdam for an exhibition match beginning at 4:45 p.m.



### Iroquois Mixed Darts Cardinal Mixed Darts

#### LEAGUE STANDINGS

Hotternel	155
Raiders	150
Nite Riders	147 1/2
Mix & Match	137 1/2
Longshots	129 1/2
Muffins	115 1/2
Great Gram	112
Hot Spots	111 1/2
Unicorns	102 1/2
Fast Lanes	98
<b>Most Games Won:</b>	
Reg Farmer	6
Sheila Holmes	6
Jim Logie	6
Bob Hartle	5
George Peters	5
Keith Wereley	5
Monica Hutchinson	4
Gord Hutchison	4
Joanne Kavanaugh	4
Jim Reilly	4
Glen Adams	3
Muriel Allard	3
Charles Marsden	3
Joe McDonald	3
Brenda Menard	3
Larry Mills	3

<b>Highest Scores</b>	
Dwayne Kirker	140-2 x 100
Stan Moore	140-100
Jim Reilly	128
Larry Mills	125-114-100
Jim Logie	121-100
George Peters	120-2x100
Gale Kirker	119
Muriel Allard	108
Keith Wereley	5x100
Reg Farmer	100
Charlie Marsden	100
Brenda Menard	100

### Dart Throws

### Cardinal Mixed Darts

[CARDINAL] - The leaders in the Cardinal Mixed Dart League are the Impossibles with 183 points as of Jan. 25.

<b>STANDINGS</b>	
Impossibles	183
Doug's Handicaps	163 1/2
Brass Flights	149
Tom's Tigers	149
Double Trouble	141 1/2
Double Knots	138
Dimwits	132 1/2
Rick's Rookies	131 1/2
Crazy Cougars	129
Super Stuff	125
<b>MOST GAMES</b>	
Doug Allard	9
Mary Gilligan	7
Jim Reilly	7
Rick Sayeau	6
Charles Marsden	6
Ron Hughes	5
Marie Jessome	4
Shirley Bishop	4
Garry Kavanaugh	4

### BRIDGE NOTES

#### BRIDGE WINNERS

<b>Ladies -</b>	
Tressa Lapiere	
Emma Barkley	
<b>Gents -</b>	
Wilfred Hagarty	
Duane Kirker	
Muriel Allard	4
Len Crawford	3
Sara Taylor	3
Rodney Stitt	3
Yvonne Crawford	3
<b>High Scores</b>	
Charles Marsden	140-140-100
Rick Sayeau	132
Ron Hughes	121-100
Sara Taylor	1123
Anna Marie Crawford	112
Yvonne Crawford	105
Shirley Bishop	101-100
Garry Kavanaugh	100-100
Jim Reilly	100-100
Jo Ann Smail	100-100
Tom Smail	100
Doug Allard	100

## Al's Angels blank Philips Cable 2 to 0

[CARDINAL] - On Thursday, Jan. 26 Al's Angels, with shut-out goaltending from Doug Allard, blanked Philips Cable 2 to 0. Rick Foubert and Larry Good scored goals.

Game two was a 1 to 1 tie between the Redbirds and Legion. Barry Patterson beat Legion goalie Terry Colligan with a hard blast from the left face off spot to put the Redbirds ahead. Mark Davy scored on a screen shot from just inside the blue line to tie the game.

Game three saw the Redbirds put a stranglehold on the last playoff spot by morning eight points ahead of fifth place Philips Cable as they won 3 to 1 over the Ravens.

Scoring for the Raiders were

Fred Gardener with two goals and Ray Miller with one. Alan Boyd scored the lone goal for the Ravens.

On Sunday game one saw the Legion blank the Raiders 6 to 0. Randy Magee and Rick Lafontaine both scored twice while Bob Wright and John Johnston each scored once.

In game two, the Redbirds got by Philips Cable 3 to 0. Barry Patterson scored twice and Mike Sorrell added the other. Ed Riddell was in goal for the shutout.

Game three saw Al's Angels defeat the Ravens 5 to 1. The Ravens drew first blood as Roy Douglas scored. Chris Lemery led the Angels scoring with two goals and singles went to Daryl Littlejohn, Carl Patterson and John Urquhart.

#### STANDINGS:

Team	W	L	T	P
Legion	14	1	4	32
Al's Angels	13	4	2	28
Redbirds	10	5	4	24
Raider	6	8	5	17
Philips Cable	3	13	3	9
Ravens	0	15	4	4

## Ice fishing derby is set for Feb. 26

[CARDINAL] - The Cardinal Fish and Game Club will hold an ice fishing derby on Sunday, Feb. 26.

This derby is free to junior and senior members. The derby starts at 1 p.m. at the Legion. Senior members may fish

wherever they wish while junior members will fish west of the legion on the canal.

Weigh in will be at the boat ramp east of the Legion from 5:30 p.m. to 6 p.m. Prizes for seniors will be trophies while Junior prizes will be cash.

## Junior banquet today

[CARDINAL] - The annual banquet and awards presentation for the junior members of the Cardinal Fish and Game Club will be held at the Cardinal Legion today (Wednesday) starting at 4 p.m.

A conservation officer will be there to show films and answer any questions. All junior members are welcome to attend.

## John Merkley wins prize

[CARDINAL] - The Ladies Auxiliary of the Cardinal Legion Branch 105 held a euchre on Thursday, Jan. 25.

The men's first was George Smith and second was Carl Dukelow. The door prize was won by John Merkley.

The ladies winners were, first - Carol Pidgeon and there was a

## NOTICE

The next regular meeting of the council of the Village of Iroquois will be held on

**Tues. Feb. 13 7.30 P.M.**

In the council chambers, Iroquois Civic Centre

A special meeting will be held on the fourth Tuesday of the month, if necessary, to meet with individuals or delegations who have business with council, and who have informed the clerk in writing of their intent at least one week prior to the scheduled meeting.

E.A. Marlin, A.M.C.T.  
Clerk-Treasurer



## NOTICE

The next regular meeting of the Council of the Township of Matilda will be held on

**Friday Feb. 3 Starting at 1 P.M.**

in the council chambers,  
Matilda Memorial Hall,  
Brinston, Ont.

W.E. Horner  
Clerk-Treasurer

# BIG AL'S

SUPPLY CO. LTD.

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HEATING

## ANNIVERSARY

Sale

JAN. 27 - FEB. 11, 1984

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## WHITE TUBS

SUGG. LIST \$244.00

**SPECIAL \$141.95**

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## COLOURED TUBS

SUGG. LIST \$275.50

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### WHITE BAKED ENAMEL TOILET SEATS

SUGG. LIST \$15.95

**SALE \$7.13**  
**SPECTACULAR**  
**Per Case (6) \$41.13**

### WATER HEATERS

40 GAL. GLASS LINED

**\$158.00** WHERE ELSE BUT BIG AL'S

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### WHITE & Colours SOLID PLASTIC TOILET SEATS

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**CHECK OUR SPECIAL RACK OF SEATS \$9.99**

### VANITIES

during our sale get an extra 10% OFF

FIBREGLAS

### SHOWER STALLS

START AT ONLY \$269.00

ABS

### SHOWER STALLS

BONE OR WHITE

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PLAIN

REG. \$34.95

**SALE \$27.13**

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**SALE \$31.13**

### TUB SURROUNDS

5 PIECE ABS

WHITE

**SALE \$99.00**

COLOUR

**SALE \$109.00**

MARBLE

**\$135.00**

SEE OUR DISPLAYS

SEE OUR OTHER SPECIALS

### MEDICINE CABINETS 25% OFF

### EMCO TAPS 20% OFF

### SHOWER CURTAINS 25% OFF

### BATH MATS 20% OFF

### ONE PIECE FIBREGLAS TUB SURROUNDS

WHITE OR BONE

**\$289.00**

DO IT YOURSELF AND SAVE  
"THE PLUMBING PLACE"

HWY. 29

1/2 MILE NORTH OF BROCKVILLE



**GREAT PLACE  
TO BUY...SELL  
TRADE OR RENT**

# the Classifieds!

## For Sale

### Replacement

#### Film Plan

Leave your DISC and 110, 126, 135 colour negative film here for developing and printing and ask about our 3M Brand Replacement Film Plan. Gilmer Pharmacy, Iroquois Plaza 652-4379.

**MYERS WATER SYSTEMS & CONDITIONERS**, Sales Service and Repairs. Crystal Softener Salt. Black Lumber Co. Ltd. 543-2188 or 543-2933. TFC

**APPLES FOR SALE** - Open 7 days, 9 to 5. Robertson's Apple Farm, No. 2 Highway East (Lakeshore Drive), phone 652-4609. 32-tfc

**RALEIGH PRODUCTS** - For all Raleigh Products call your dealers Alex and Betty Billings, Hanesville, 652-4982 33-4c

**CHAROLAIS BULL**, Purebred, Western Import, 3 1/2 years, lightly used, good tempered, easy calfer, 774-6352 evenings. 35-4p

**3 GOOD Used Chesterfields** and Chairs, 1 Antique Buffet and Hutch, 1 only Knechtel Chest of Drawers. Reg. \$799.00, Now \$250.00., 1 Used Stereo. Ron Fader Furniture Ltd. Iroquois, Ont. 652-4577

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CALL 652-4395

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To See The  
**1984 LINE-UP  
of HONDA  
ATC's**  
70 C.C. to the  
**BIG RED**  
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### NUTRITIONAL HOUSEHOLD & PERSONAL CARE PRODUCTS

SAVE DOLLARS on SHAKLEE NUTRITIONAL PRODUCTS. Call your Shaklee Distributor today. 652-2221. Theresa Bailey. 34-2p

### A SOUND INVESTMENT PROPERTY FOR SALE

2 storey Duplex - aluminum siding and windows. Single car garage - separate driveways, separate entrances, separate basements. Self-contained. 3 bed room, 3 piece bath, Living room, dining room, roomy eat-in kitchen, oil heated. Also has one bedroom apartment at rear of house with living room and diningroom. Small kitchen, 3 piece bath. Propane gas heated and occupied. Located on Beach Ave., Iroquois near shopping plaza, churches and schools. Asking \$36,500. Phone 652-2187. 35-2c

\$12.00 A YEAR WILL SEND THIS NEWSPAPER FOR A YEAR 21THIN 40 PAGES EXCEPT CORNWALL AND BROCKVILLE.

## For Rent

**2 BEDROOM UPSTAIRS APARTMENT FOR RENT** partly heated, gas stove. Phone 652-4710. 32-4c

**ROOM FOR RENT** - Large comfortable furnished room, private 4 pc. bath, TV., new carpet, kitchenette, linens supplied. Call 543-2879. 33-3c

CONSEIL D'EDUCATION DES COMTES DE Stormont, Dundas & Glengarry COUNTY BOARD OF EDUCATION

### TENDER

#### DUPLICATING PAPER SUPPLIES

Bids will be received on the above material by Mr. Louis Legault, Manager of Purchasing, until 2:00 p.m. Tuesday, February 21, 1984.

Persons interested in bidding on this material are requested to obtain the necessary tender forms from the Purchasing Department, The Stormont, Dundas and Glengarry County Board of Education, 902 Second Street West, Cornwall, Ontario. K6H 5S6, referring to Tender No. 2-84.

Louis Legault,  
Manager of Purchasing  
& Stores.  
S. O'Connor, Chairman.  
T.R. Leger, Director.

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**SUPREME 100 JUNIOR & SENIOR SUPER TACKS & TACKS COOPERALLS IN STOCK!**

## Wanted

Are you moving or just selling - WE BUY full or partial contents of household furniture, glassware, clocks, crocks, guns, iron beds, anything old. Call 926-2290 32-6mths.

**EXPERIENCED CLEANING LADY** with references. Phone 652-2472. 35-1p

**BABYSITTER WANTED** Days in my home. Phone 652-4508. 35-1c

**HOUSE CLEANING** - Steam cleaning carpets and upholstery. All kinds of cleaning. W & J Prosser. Tel. 652-4995. 33-10p

Am interested in **BUYING** old Post Cards, Dated prior to 1920. Collector 774-2205. 34-6p

**ANTIQUES AND HOUSEHOLD FURNITURE WANTED TO BUY**. We buy complete and partial households. 543-2523 or 543-2226. 35-TFC

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## Notice to all Senior Citizens Effective immediately

All Parts & Service Work performed at Riverside Pontiac Buick Ltd., with Quality will receive 10% Discount.

This will be in effect immediately and will be a permanent policy in our dealership in keeping with our progressive measures. 33-4c

**Riverside  
PONTIAC-BUICK  
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Edward St. Prescott**

**Winchester Theatre**  
One Complete Showing each evening at  
**7:30 p.m.**  
FRI., SAT.  
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**RUMBLE FISH [A.A.]**  
Starring Matt Dillon, Mickey Rourke and Dennis Hopper.  
★  
Coarse Language and Violence  
MON., TUES., WED., THURS.  
FEB. 6, 7, 8, 9  
**RUMBLE FISH [A.A.]**  
Written and directed by Francis Coppola. This is his best since Godfather No. 2. Motorcycle gang warfare and girls. As younger teens like "The Outsiders". This picture will hold the attention of older people also.

**MORRISBURG** - Immaculate, renovated older 3 bedroom 1 1/2 storey home, conveniently located within walking distance of shopping, etc. Well decorated and well maintained. Wood burning stove included. Asking \$45,000. (4767).

**NORTH OF IROQUOIS** - 1 1/2 storey frame home, with vinyl siding. 2 bedrooms, living room, dining room, kitchen with modern cupboards. Situated on approximately 4.7 acres. Asking only \$27,500. (4763).

**SHANNETTE RD.** - Just minutes north of Morrisburg - Older 2 storey frame home. Four bedrooms, kitchen, double living room, laundry room, 1 1/2 baths. Good starter home, reasonably priced at \$28,000. (4762)

**JUST WEST OF WILLIAMSBURG** - This attractive three bedroom bungalow has a large eat-in kitchen, living room, and full basement. The dining area has patio doors leading to a lovely deck, surrounding an in-ground pool. Double detached garage. Large lot. Good location. Asking \$55,000. (4758)

**BRINSTON RD.** - Ideal starter home! Frame bungalow with approximately 990 sq. ft. Kitchen. Dining area, living room and 3 bedrooms. Small attached shed and attached garage. Will need some renovating. Asking only \$15,500.

Rita Michelsen  
Dale Beckstead  
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Peter VanVeen

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543-2097

**JOHN A.  
ALLISON  
BUSINESS 543-2044**

## Coming Events

### FLORIDA

**Tour 1** - Daytona Beach 23 Day Tour. Feb. 18th - March 11, Surfside Inn \$899.00.

**Tour 2** - Mid Term Break Express Bus, March 10 - March 18th, Hawaiian Inn. Starting at \$375.00 p.m. For Information: Frank's Tours, Box 606, Morrisburg or Phone 543-3444, 535-2888. 25-TFC

**PREPARED CHILDBIRTH CLASSES** - Next series of eight classes begins Feb. 6. Lamaze Method at Iroquois United Church. Call Lisa Klahn 652-4336. 32-4p

**LIONS DANCE** - Iroquois-Matilda Lions Club presents a dance Saturday, February 11th, 1984, at Matilda Township Hall, Dixon's Corners, 9 p.m. to 1 a.m. Music by Rhythm Inc. Light lunch, \$4.00 per person. Tickets available from Lions members. 32-5c

**HULBERT SNOWMOBILE RALLY** - Sat. February 4, Matilda Community Hall, Dixon's Corners, 12 noon. Dinner served 4:00 - 6:00. Entertainment by Westburg Union. Rally, Dinner, Dance \$8.00 per person 33-3c

**NASHVILLE AT EASTER**  
April 19th - 23rd  
\$299.00 per person  
Via Voyageur  
Optional tour also to Conway Twitty's Twitty City.  
For Information: Frank's Tours, Box 606, Morrisburg, Ont. K0C 1X0. Phone: 543-3444, 535-2888 after hours. 34-2c

Non-smokers represented 49.7% of the 25 to 44 age group in December 1981.

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925-5212**

On Saturday, February 11th, a **VALENTINE DANCE** will be held at the Bonnie Glen from 9 p.m. to 1 a.m. Mike Gibs and the Blue Jeans will be host entertainers along with spot groups to fill the bill.

Mount Carmel House Auxiliary who is sponsoring this event invite one and all in the Valley to participate in this social gathering. Lots of prizes and a good lunch await you. Admission fee is \$3 dollars per person. So come along and make your deed count. The party will be as good as you make it. 34-3nc.

**K OF C Annual Charities RAFFLE TICKETS** now on sale. See any member of Knights of Columbus Council 6882 Morrisburg - Iroquois. 35-2p

**FITNESS FOR FUN** at Seaway District High School. Tuesday evenings from 7:30 to 9 p.m. \$20 for 10 weeks. Sandy Decker instructor. Register Tuesday, Feb. 7. 35-1c

## 100 Club winners

**[CARDINAL]** - The winners of the 100 club draw made Friday, Jan. 26 were Paul Ferguson, Dwayne Daw, J. Plante and Lanny Patterson who each won \$40, and Rose Mathie and Janice McNeilly split the other \$40.

The winner of the 50-50 draw was Jerry Dukelow. He won 75.

**NOTICE  
NOTICE TO CREDITORS  
AND OTHERS  
IN THE MATTER OF  
THE ESTATE OF  
JOHN EATHAM LEWIS,  
LATE OF R.R. 2,  
BRINSTON, ONTARIO,  
LABOURER, DECEASED**  
ALL persons having claims against the Estate of John Eatham Lewis, late of R.R. 2, Brinston, Ontario, Labourer, who died on or about the 14th day of December, 1983, are hereby notified to send particulars of the same to the undersigned with regard only to the claims of which the undersigned shall then have notice and the undersigned will not be liable to any person whose claims she shall not then have notice.  
DATED this 24th day of January, A.D. 1984.  
BEATRICE LAPIER,  
Executrix,  
by her solicitors herein  
GORRELL & GRENKIE  
Box 469  
Iroquois, Ontario,  
K0E 1K0  
35-3c

**Movies**  
**BETA**  
Fame  
Creep Show  
Local Hero  
Get Crazy  
Spring Break

**VHS**  
Time Rider  
The Terry Fox Story  
Peter No Tell  
Children Shouldn't Play with Dead Things

**PAUL  
STEWART  
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**MORRISBURG  
Shopping Centre  
543-2236  
448-3415**

## Cards Of Thanks

The family of the late Ida Pearl Casselman would like to express their thanks and appreciation to everyone who sent cards, flowers, and donations of food. Also to anyone else who may have helped in any way during the loss of a dear wife, mother, and grandmother. These acts of kindness will always be remembered.

Denzil Casselman and Family 35-1p

...  
Eighteen percent of Canadian adults smoked low tar yield cigarettes in 1981. About 21% of Ontarians used low tar cigarettes.

**Income Tax Returns  
Call  
John Dixon  
After  
11 A.M. Only  
652-2216**



Even when fires can't be avoided, the financial problems that result can be. Proper coverage is a must!  
**Check With Us!  
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South Mountain  
989-5480**

**AUCTION SALE  
of  
HOUSEHOLD EFFECTS**  
For the Estate of Mrs. Lucy MacDonald of Cardinal will be held at the SALES ARENA 1 1/2 miles west of Cardinal on Hwy. No. 2  
**SAT. FEBRUARY 4  
12:00 NOON  
(SALE INDOORS)**  
Dinette Table and 4 chairs; Chesterfield and matching chair; Love seat, 2 platform rockers; occasional chairs; Lazy Boy Chair; 2 bed-Chesterfields; Fleetwood Portable Color T.V.; Bookcase; T.V. Stand; Chest of Drawers small desk; metal 3 1/4 bed; chest of drawers and matching dresser with mirror; blanket box; bottom of sideboard; end tables; coffee tables; T.V. tables; small tables; telephone table and chair; pole lamps; swag lamp; table lamps; ironing board; vacuum cleaner; 2 metal coat racks; card table; wooden chairs; chest of silverware; set of dishes (Alfred Meiken, service for 10); assortment of cups and saucers; plates; knick knacks, pots and pans; cutlery; toaster oven; toaster; electric iron; canister set; clocks, A.M.-F.M. radio; wall plaques; pillows; bedding; blankets; pictures; bag-gage; chaise lounge; lawn chairs; aluminum step ladder; electric drill; assortment of hand tools, forks, electric drill; assortment of hand tools, forks shovels.

**TERMS-CASH  
REFRESHMENTS  
AVAILABLE  
PROPRIETOR:  
Executors of Estate  
AUCTIONEERS:  
James Cooper 657-4448  
Hugh Fawcett 774-3363**

## Changes made to herbicide labels

Beginning this year, Canadian farmers will notice some changes on the labels of 2,4-D products they buy for weed control.

The changes relate to the guaranteed analysis of these products.

"We now are able to more precisely measure the actual amount of active ingredient in these products," explains Jim Reid, of Agriculture Canada's pesticide division in Ottawa.

"Earlier tests gave higher-than-actual readings because they couldn't differentiate between the active ingredient and the small amounts of related chemicals that do not contribute to the herbicide's weed-killing ability."

According to Mr. Reid, significant advances in technology now can identify the actual amount of active ingredient in a product.

"For example, Amine 500 formulations of 2,4-D were always thought to have 500 grams of active ingredient per litre," Mr. Reid says.

"We now know that this is sometimes as low as 470 grams per litre in certain products."

"With these new tests, we have simply asked the manufacturers to specify on their product label exactly the amount of active ingredient that it contains."

## TIME TO QUIT PROGRAM

In December of 1981, approximately six million Canadians representing 32.7% of the adult population aged 15 years and over were regular smokers.

The largest decline in smoking prevalence between 1977-1981 among females in the labour force occurred in the managerial, professional and clerical occupations. Women employed in the service occupations, product fabricating and transport occupations were least likely to reduce smoking prevalence.

In 1979 in the 25 to 44 age group, 40% of the population in that age group smoked cigarettes regularly. The proportion of the total population age 25 to 44 that smoked between one and ten cigarettes was 5.3%, between 11 and 25 cigarettes 28.7%, and over 25 cigarettes 5.6%.

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# Clearing the air inside your house

As concern about pollution and its dangers has increased, the question of air quality in houses has also become a focus of research. Recent studies tend to confirm that higher levels of indoor pollution can, under certain circumstances, damage the house and cause an air-quality problem.

Condensation on the inside of a second-storey double-glazed window has usually been considered the most reliable sign of inadequate ventilation. But now there is some evidence that with a strong source of contamination present you may find you have an air pollution problem, even if you don't notice any signs of condensation.

Every day, you're exposed to a range of chemicals and toxic substances, the inevitable by-products of modern life. In fact, the air you breathe may be polluted with contaminants from either inside or outside the house.

Smoking is perhaps the most obvious source of indoor air pollution, though unvented combustion appliances, like kerosene heaters and more commonly gas stoves, also give off noxious fumes.

The presence of this kind of pollution is unmistakable, but you may not be aware of some of the other products emitting dangerous gases. UFFI, of course, is notorious. New rugs and upholstered furniture, as well as some plywoods and particle boards, are often made with an adhesive containing formaldehyde.

Chemical cleaning substances (including furniture polish and fabric softeners) emit toxic vapours during use. So does paint (and model glue). An unexpected source of contaminants may be found in the soil around your house foundations; radon, a naturally occurring radioactive gas, sometimes originates here and seeps into the basement floor and walls.

Where you live can also determine the air quality inside your house, if it's located near certain kinds of industrial facilities or at a busy intersection.

The quality of air in your house depends primarily on the strength of these contaminants. If the source is outside the house, sealing against air leaks should help; if it's inside, making your house air-tight will only aggravate the problem, unless you add controlled ventilation.

How much extra ventilation you need depends on the number of pollutants present, and what kind. Several heavy smokers in the house, for example, can mean a constant level of pollution. The problem

may be limited to one room if air circulation is poor and if there is a concentration of pollutants in that area (such as a kitchen with a gas stove going and several smokers sitting around the table or a workshop where model airplanes are assembled and furniture is refinished).

Air quality is a legitimate concern if you're tightening your house; so is condensation. Increased condensation can be a direct consequence of a tighter house, which becomes more humid in winter as the moisture generated by household activities accumulates.

This may make your house more comfortable if you've suffered from dry air in previous winters. But, over a certain level, the higher humidity can cause condensation and you may end up with mildewed or peeling walls, wet and ruined insulation or wood rot.

If you decide it's necessary to lower humidity levels, you should first try the approach of reducing household moisture. Turn off humidifiers. Don't hang laundry to dry and don't vent the clothes dryer indoors in winter. Make sure the basement has proper drainage by putting eavestroughs if there aren't any and sloping soil or pavement away from the foundation wall.

You may also need to do some damp-proofing; for information about this, see the Ministry of Municipal Affairs and Housing fact sheet Insulating Basements.

Similarly, you should deal with the sources of pollution if you're having air-quality problems. Smoking in the house should be limited if it can't be stopped. Air purifiers may be a partial solution. You can vent gas stoves to the outside (or at least open a nearby window). Avoid using portable kerosene heaters, and if you must, open a window to vent the fumes.

If you plan to buy new furniture or carpeting, do so in the spring, to take advantage of the natural ventilation possible in summer. Do any caulking or painting during the summer, for the same reason. Seal cracks in the foundation wall, or install a polyethylene air-vapour barrier, if you suspect radon gas may be filtering into the basement.

If reducing pollution and condensation at the source doesn't make enough of a difference, the next step is to add controlled ventilation. Put an exhaust fan in kitchens and bathrooms, or at the very least, open a window when you're cooking, showering, cleaning or otherwise producing moisture or fumes.

You can modify forced air furnaces to provide your home with further ventilation by installing an insulated duct between the outdoors and the cold air return plenum to allow fresh air to enter your system. An adjustable damper controls the intake of air; it's then drawn in by the furnace fan, filtered, warmed and distributed to the various rooms in your house through the heating register.

It is also possible to save heat while you control ventilation by using an air-to-air heat exchanger. It's a mechanical ventilation system that recovers most of the heat to warm up the cold incoming air. Instal-

lation costs from \$600 to \$1,500 so this is a long-term solution.

When you introduce controlled ventilation to improve the quality of your home's air, the question of sealing for energy conservation purposes is secondary. The main concern is to dilute the air and lower the concentration of contaminants.

But it follows that if you introduce a form of controlled ventilation, you should also control the incidence of random ventilation by sealing your house. This way, you no longer have to depend on variable, wind-driven air leakage to supply adequate fresh air, diffuse contaminants and reduce humidity levels.

Despite the foregoing list of

precautions, you probably have no air quality problem to worry about. In most houses, there is only a mild problem, if any. It comes down to common sense: if you know that potential sources of pollution are present in your house, simply bring in controlled ventilation to deal with the specific problems.

Opening windows might be all you need, and if that causes significant heat loss or uncomfortable drafts, you can consider the other alternatives.

For more answers to your fresh air questions, write for the free Energy Conservation and Renovation Kit, Ministry of Municipal Affairs and Housing, 777 Bay St., 2nd Floor, Toronto, Ontario M5G 2E5.

## People of... ONTARIO by Cheryl MacDonald

Ontario's  
Bicentennial:  
1784-1984

### E. PAULINE JOHNSON

Several members of the audience stifled yawns. The evening's entertainment at the Toronto Young Liberals' Club was — well — just a trifle boring. Yet among the poets reading their work were some of the most renowned in Canada.

Pauline Johnson walked to the platform, dark eyes glancing nervously from face to face. The audience's attention was rivetted by her slender gracefulness as much as by their curiosity about this "Indian princess". She began dramatically:

*My forest brave, my Red-skin love, farewell!  
We may not meet tomorrow, who can tell.*

The audience was hers. Overnight, the 31-year-old poet became a Canadian celebrity, launching a stage career which spanned nearly two decades.

Emily Pauline Johnson was born at Chiefswood, south of Brantford, Ontario. Her mother was Emily Susanna Howells, and English woman, and her father was George Johnson, a chief of the Six Nations Iroquois.

Pauline's Indian heritage was publicized throughout her career although she was five-eighths white. Still, she insisted, "I am an Indian, and my aim, my joy, my pride is to sing the glories of my people."

Yet her childhood had been neither typically Indian nor typically white. She had little formal education, although she read widely under her mother's tutelage. At Chiefswood, she met a stream of important visitors, including Prince Arthur, Duke of Connaught, and various political figures.

George Johnson was a prominent man, and during Pauline's early years she was able to lead the life of a lady of leisure. When she wasn't reading, she canoed on the Grand River. Now and then, she wrote poetry, but never applied herself seriously. After all, she hardly needed to.

Her life altered drastically when George Johnson died in 1884. Unable to maintain Chiefswood, Pauline, her sister Evelyn and their mother moved to Brantford. Her brothers had already moved away to jobs on their own, but couldn't offer much financial help. Evelyn found a job in the Indian Office in Brantford, while Pauline stayed home and wrote poetry. She still didn't make much money.

Her appearance at the Young Liberals' Club opened new doors for her. In the following two years, she made more than 120 appearances in Ontario and Quebec, building a reputation as a popular performer.

With no television or radio to amuse them, people in the 1890s flocked to hear singers, lecturers and actors. It was a hard life for the performers, who travelled by rail, and, when the track ran out, rode stagecoaches or buckboards to their destinations. They had to endure extreme cold or heat, biting winds, choking dust, dismal meals and dirty rooms in second-rate hotels. It was an arduous, exhausting way of life, and hardly a respect-



Courtesy Archives of Ontario

able one for a woman. But it brought Pauline enough money to support her mother. And, more importantly, it financed a trip to London, where she found a publisher for her first book of poetry.

Modern critics tend to dismiss her verse as mediocre. But it was the kind of sentimental poetry nineteenth century Canadians loved, and for that reason alone Pauline was an important literary figure.

She was proud of her Indian background, and used it as part of her performance whenever she could. Her dress of fringed buckskin was trimmed with ermine and flattened silver coins. Around her neck she wore a bear-claw necklace, wampum bracelets on her wrists. A wampum belt encircled her waist, and beside her father's knife, two human scalps dangled. Sometimes, she leaped onto the stage with a loud whoop, frightening many in the audience. Although she often wore stylish dresses as well, the impression most people retained was that of an Indian woman, and a fierce one at that.

Still, she was skilled performer, handling hecklers with ease, and often told humorous stories. In Penetanguishene, not far from the present day shrine to French martyrs killed by Iroquois, she told the audience in the Roman Catholic Hall, "Most of you have never heard of me and I am sure we have never met before, but some of my ancestors met some friends of yours not far from here, some two hundred and forty years ago."

Gradually, the wear and tear of life on the road took their toll. She retired, convinced that a long rest would make her good as new. All she wanted to do was write and enjoy her adopted city, Vancouver.

But her problem was more than exhaustion. Doctors diagnosed cancer.

Too weak to return to the stage, too proud to borrow from others, Pauline would have been desperate without the help of sympathetic friends. They organized a coast-to-coast subscription sale of *Tale of Vancouver*, her collection of Indian legends based on stories told her by Chief Joe Capilano. Proceeds from the book provided enough for Pauline to live in comfort.

One of the stories in the book is the legend of Siwash Rock. When Pauline died in March 1913, her ashes were buried, according to her wishes, in the shadow of that rock. Today, it carries a carving of her and the inscription, "In memory of one whose life and writings were an uplift and blessing to our nation."

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## Second quarter earnings rise \$4 million at DomTex Inc.

[MONTREAL] - Dominion Textile Inc. announced that its consolidated net income for the second quarter ended December 1983 rose to \$8.9 million, compared with \$5.1 million in the same period last year.

After preferred dividends, net income per Common share increased to 63 cents compared with 40 cents a year ago.

Net income for the first six months was \$10.3 million versus \$3.5 million last year and the comparative earnings per Common share improved to 70 cents from 20 cents.

Sales for the quarter increased to \$230.3 million from last

year's \$211.8 million. For the six months, sales were \$414.6 million, an increase of nine per cent from the \$381.8 million of the previous year.

Thomas R. Bell, President and Chief Executive Officer, said that there was a general improvement in most segments of the corporation's activities.

"On particular," he said, "the second quarter results were enhanced appreciably by the increased strength of our U.S. operations."

"The Canadian market has

been volatile, exhibiting less certainty at the consumer level than the United States market. Orders on hand are now lower than at the end of the first quarter. Inflation and interest rates have stabilized, but consumer confidence must grow to maintain improved results."

"The corporation has shown good results to date," he added. "However, there still remains some economic uncertainties which may make it difficult to sustain the rate of improvement experienced in the first half of this fiscal year."

### PEST CONTROL

Systematic house cleaning cuts down on pest problems. Wipe and sweep up food from corners and cracks, behind drawers, along baseboards and around water pipes (especially under the kitchen sink). Scrub surfaces before treating with pesticides. Newly-treated surfaces should not be scrubbed.

### LOWER TEMPERATURE

In any home with young children or infirm elderly people, the water temperature should be set no higher than 49 degrees Celsius (120 degrees Fahrenheit). That will provide water hot enough for household needs but not hot enough to burn before there is time to react.

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## Stormont-Dundas receives \$344,400 for summer student employment

[OTTAWA] - Stormont-Dundas Member of Parliament Ed Lumley announced last week that \$344,400 has been allocated to Stormont-Dundas under the 1984 Summer Canada Student Employment Program.

The Summer Canada Student Employment Program is a federal job creation program designed to provide summer employment for students during the summer months. The jobs proposed must contribute to the development of initiative, responsibility, work habits or skills of project employees and should be jobs which can readily be undertaken by students of the locality where the project activities will be located.

Projects should be sponsored by established organizations, individuals, municipalities and businesses. Application forms and Guide to Applicants for Summer Canada projects are available at the Canada Employment Centres at 340 Pitt Street, Cornwall or at 292 Centre Street, Prescott. Deadline date for applications to be submitted is Friday, February 24, 1984.

In order to assist all potential applicants with their applications, Ms. Gaétane Lemaire, project officer assigned to Stormont-Dundas under this program, from the Employment Development Branch, Ottawa

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District Office, will be in Cornwall on Monday, February 13. Ms. Lemaire will be located at the Canada Employment Centre in Cornwall from 10 a.m. to 4 p.m.

Canadian Radio-television and  
Telecommunications Commission  
Conseil de la radiodiffusion et des  
télécommunications canadiennes

### notice : public hearing

The CRTC will hold a public hearing beginning 14 February 1984 at the Conference Centre, Phase 4, 140 Promenade du Portage, Hull, Que. to consider the following:

Trillium Cable Communications Ltd., IROQUOIS, Ont.

Application (833219900) by TRILLIUM CABLE COMMUNICATIONS LTD., Unit 33, 705 Progress Ave., Scarborough, Ont., M1H 2X2, for a licence to carry on a broadcasting receiving undertaking to serve Iroquois, for the purpose of distributing the programs of the following signals to be received via satellite from the CANCOM network (and other broadcasting services), PROPOSED FEES: Maximum monthly fee: \$20. Maximum installation fee: \$50. The application may be examined at: Municipal Offices, Dundas & Elizabeth Sts., Iroquois.

Intervention Date: 6 FEBRUARY 1984. NPH-4.

Canada

## Public Meeting Concerning Proposed Official Plan And Zoning By-Law Amendments

TAKE NOTICE that the Council of the Corporation of the Village of Iroquois will hold a public meeting on

**Tuesday March 6, 1984**

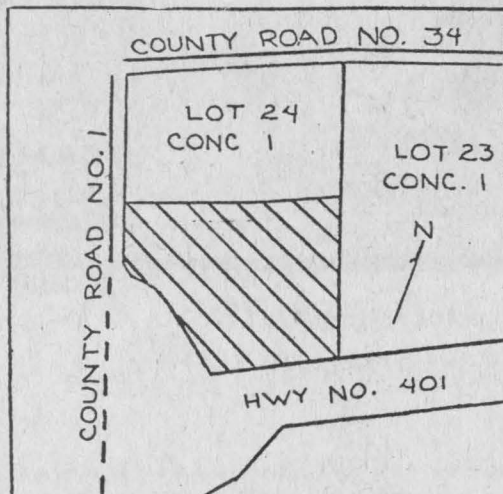
at 7:00 p.m. at the Village Municipal Building to consider a proposed official plan amendment and a proposed zoning by-law amendment under Sections 17 and 34 of The Planning Act.

The proposed official plan amendment would change the designation of approximately 8.6 ha. of land from "Industrial" to "Special Highway Commercial". The subject lands are located on the east side of Carman Road (County Road No. 1) immediately north of Highway 401 (as shown below). There is an existing "truck terminal" located on the site. The "Special Highway Commercial" area would permit development of a "car and truck service centre" on the subject lands. The amendment also establishes certain development "policies" for the site.

The proposed zoning by-law amendment would change the zone category of the same parcel of land (as shown below) from "General Industrial (GM) zone" to "Highway Commercial-Special Exception (HC-2) zone." The "HC-2" zone would permit development of a "car and truck service centre" subject to certain requirements. Development of the property would also be subject to the Village "Site Plan Control" By-law. The proposed amendment also alters the existing definition of "vehicle" as it pertains to a "commercial vehicle."

ANY PERSON may attend the public meeting and/or make written or verbal representation either in support of or in opposition to the proposed official plan and/or zoning by-law amendment(s).

ADDITIONAL INFORMATION relating to the proposed amendments is available for inspection at my office during regular office hours.



- AREA OF PROPOSED AMENDMENTS

DATED at the  
Village of Iroquois  
this 1st day of  
February, 1984.

Mrs. Elizabeth Marlin  
Clerk-Treasurer  
Village of Iroquois  
Box 249  
Iroquois, Ontario  
K0E 1K0

Telephone: 652-4422

## Stormont, Dundas & Glengarry

CONSEIL DES ÉCOLES  
SÉPARÉES CATHOLIQUES  
DES COMTÉS DE  
STORMONT, DUNDAS  
ET GLENGARRY

### POSTE DE CONSEILLER SCOLAIRE A COMBLER

Poste de conseiller scolaire à combler au sein du Conseil des écoles séparées catholiques des comtés de Stormont, Dundas et Glengarry pour représenter la région comprenant le canton de Kenyon, le village de Maxville et la ville d'Alexandria.

Conditions d'éligibilité: Le candidat doit

- \*être citoyen canadien;
- \*avoir dix-huit ans révolus;
- \*résider dans le secteur qui relève de la compétence du conseil; et
- \*être électeur des écoles séparées catholiques.

La candidature de chaque candidat doit être appuyée par la signature et l'adresse résidentielle de dix personnes reconnues contributives du Conseil précité.

### Date limite pour poser sa candidature:

Toute demande accompagnée du curriculum vitae doit parvenir au plus tard à 16 h 00 le 8 février 1984 à l'adresse suivante:

M. Peter Van Moorsel,  
Président  
Conseil des écoles séparées catholiques des comtés de Stormont, Dundas et Glengarry  
1104 est, Première rue  
Cornwall, Ontario  
K6H 1N6

Les personnes intéressées peuvent s'adresser à M.R. J. Clément pour de plus amples renseignements.

Tél. (613) 933-1720

### VACANCY IN THE OFFICE OF BOARD MEMBER

Vacancy in the office of board member for the Stormont, Dundas and Glengarry County Roman Catholic Separate School Board to represent the area comprising the Township of Kenyon, the Village of Maxville and the Town of Alexandria.

### Qualifications required:

- The candidate must be
- \*a Canadian citizen;
- \*of the full age of eighteen years;
- \*a resident within the area of jurisdiction of the board; and
- \*a Roman Catholic separate school elector.

The application of each candidate must be supported by the signature accompanied by the home address of ten persons who are supporters of the above mentioned Board.

### Date limit for candidacy

Each application accompanied by the curriculum vitae must be submitted by 16:00 hours on February 8, 1984 at the latest at the following address:

Mr. Peter Van Moorsel,  
Chairman  
The Stormont, Dundas and Glengarry County Roman Catholic School Board  
1104 First Street East  
Cornwall, Ontario  
K6H 1N6

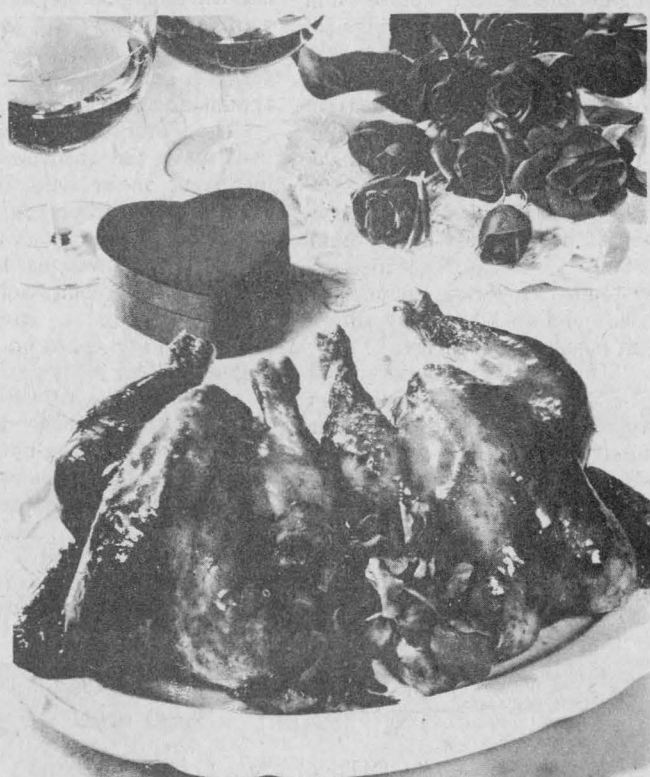
Interested persons may contact Mr. R.J. Clément for further information.

Tel. (613) 933-1720

34-2c



## Easy Valentine dinner to warm your heart



Celebrate Valentine's Day with an easy-to-make dinner for two featuring Glazed Cornish Game Hens.

Romantics of the world take heart. A delicious Valentine dinner for two can be squeezed into even the busiest schedule, with quick-to-fix recipes. You'll be able to relax with your Valentine over a glass of wine while dinner is in the oven.

Start by preparing an easy to make syrup glaze for Cornish game hens. Cooking time will be about one hour. The rice and apricot accompaniment is baked at the same temperature as the Cornish hens to simplify the meal. Ginger stir-fry vegetables add the finishing touch to this main course. The vegetables can be prepared ahead of time and

then stir-fried at the last minute. The result - an easy to make dinner for two with a gourmet touch.

The following recipes were created with Valentine's Day in mind. Let your guest help out in the kitchen by basting the Cornish hens. And, since sweets are a traditional gift on this day, put in a special request for a dessert that can easily be purchased. Happy Valentine's Day!

**Glazed Cornish Game Hens**  
1/3 cup (75 mL) Crown Brand corn syrup  
1/4 cup (50 mL) prepared mustard  
2 tsp (10 mL) curry powder  
1 clove garlic, minced

1/2 tsp (2 mL) salt  
2 (1 lb/500 g each) Cornish game hens

In small bowl stir together corn syrup, mustard, curry powder, garlic and salt. Place hens in foil lined shallow roasting pan. Brush hens with some of syrup mixture. Bake in 375°F (190°C) oven 1 hour or until fork can be inserted with ease, basting 3-4 times with remaining syrup. If tips of legs are over browning cover with small pieces of foil. Makes 2 servings.

**Oven Baked Rice and Apricots**

2-1/2 cups (625 mL) water  
1 cup (250 mL) long grain rice  
1 tsp (5 mL) salt  
1-1/2 tbsp (20 mL) Mazola corn oil  
1 14-oz (350 g) can apricot halves (drained)  
1/3 cup (75 mL) raisins (optional)

Mix together rice, water, salt and oil. Bake covered in a 1-1/2 or 2 quart (1-2 L) dish in a 375°F (190°C) oven for 45 minutes, stirring occasionally. Fold in raisins and drained apricot halves and bake covered 15 minutes longer. Makes 2 servings.

**Ginger Stir-Fry Vegetables**

3 tbsp (50 mL) Mazola corn oil  
1 clove garlic, minced  
2 small zucchini cut into 1/2-inch (1 cm) slices  
1 cup (250 mL) snow peas  
1 cup (250 mL) small cauliflower florets  
1/2 tsp (2 mL) powdered ginger  
1/2 tsp (2 mL) salt

Heat Mazola corn oil in large skillet over medium high heat. Add garlic, cook, stirring frequently, for 1 minute. Add zucchini, snow peas, cauliflower, ginger and salt. Stir-fry 7 minutes or until tender crisp. Makes 2 servings.

## How teens view divorced parents

Teenaged children of divorced parents face different emotional problems depending on whether they live with their father or mother, according to a psychologist at the University of Calgary.

Dr. P.S. Fry interviewed 150 adolescents, from divorced families living in small towns and cities in Alberta, about how they perceived their lives with divorced parents.

Most of the children were having minor behavioural difficulties — truancy, inattentiveness and poor motivation at school — and had been referred to a guidance clinic or social service agency.

Many of them were distressed by the divorce and by their situation, says Dr. Fry. "The children were anxious, afraid, angry."

She found that teenagers who live with their father typically feel very frightened by what they see as their father's heavy drinking. They also fear his anger, temper and erratic moods, and are afraid that he might abandon them.

Dr. Fry emphasizes that she studied the teenagers' perceptions of divorced dad or mom. "We have no way of knowing at the moment if divorced fathers, for example, really do drink too much," she says. "This was not a fact-finding study."

Still, says Dr. Fry, teenagers do think that divorced fathers drink too heavily, and whether this is real or imagined, it leads to fear and anxiety.

Adolescents in father-headed families said they are angry and embarrassed about their father's "excessive" interest in women — in other words, the children are upset about their fathers dating.

From the teenagers' point of view, fathers are usually too free and easy in their approach to discipline. "This makes the teenagers anxious," says Dr.

fers from severe hail while others experienced hot, dry weather and reduced yields. These producers will receive about \$180 million under the program. Ontario and Quebec producers will receive \$80 million to cover losses due mainly to hot, dry weather.

Losses in British Columbia this year were heavier than in previous years due to hail damage to apples and other tree fruits and rainsplit cherries. B.C. farmers will collect \$9 million in indemnities.

Atlantic farmers had fewer problems than farmers in other regions. Payments to Maritime area producers will total slightly more than \$2 million in 1983.

For producers, this program offers income security and should be considered by every farmer across Canada. It's a good deal.

For consumers, it offers a guarantee that our food production base will not be crippled by adverse weather conditions or other natural causes.

Eugene Whelan is Canada's Agriculture Minister.

## Crop insurance pays

This all-risk program gives producers the assurance that they will not be wiped out financially if their crops are hit by hail, frost, flood, drought or uncontrollable disease.

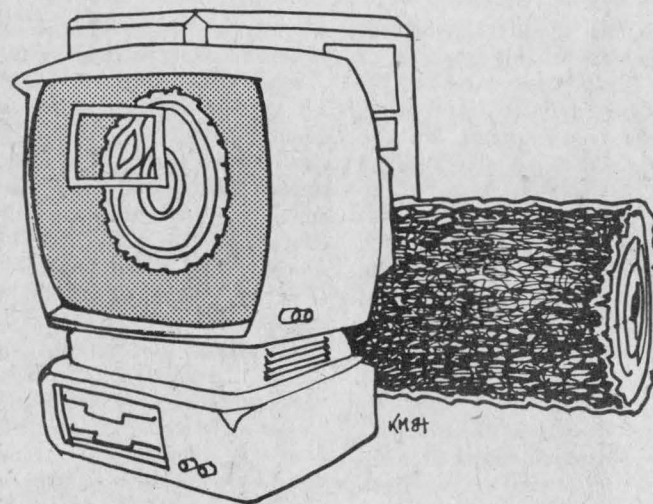
In 1983, more than 116,000 farmers across Canada insured 14 million hectares of crops for \$3 billion worth of coverage.

Total premiums for that amount of coverage was \$291 million. In most provinces, the federal government pays half the premium, about \$145 million for 1983, the producer pays the other half and the provincial government covers the administration costs.

Indemnity payments to farmers under the program for 1983 crop losses will total about \$270 million. These payments mean farmers across the country will still be in business next year.

Some Prairie farmers suf-

## Computer expert looks into lumber



By Hugh Westrup

The CAT scanner, a recent advance in medical technology, may soon be helping sawmill operators to produce better grade lumber by avoiding knots and rot in the logs they cut up.

A B.C. computer scientist, Dr. Brian Funt, has given the CAT scanner, a computerized x-ray machine which can produce 3-D pictures of the inside of the human body, a new application. He uses it to look at logs.

Dr. Funt, a professor at Simon Fraser University, has devised a computer program that takes data from a CAT scan of a log and produces a cross-sectional image — a two-dimensional view — of the log's interior.

The cross-sectional image reveals imperfections within the wood that can't be seen from the outside. As sawmill workers know, it's not uncommon for a log to appear smooth on the surface but be full of knots and rotten wood.

The CAT scan is a sawyer's dream. Dr. Funt hopes the CAT's x-ray vision will one day be used in sawmills to devise cutting patterns that will avoid knots and rot and produce more pieces of top-grade lumber.

"It may be better to produce one perfect piece of two-by-four, without any knots, and another piece with lots of knots, than to produce two medium-grade pieces with a medium number of knots," he says.

Dr. Funt has tested his computer program by CAT-scanning logs and then having them cut up so he can check the imperfections detected by the machine. He says the program is needed to make a full 3-D view of an entire log.

Dr. Funt says it now takes his computer program three minutes to analyze one scan. A 3-D view, using 250 scans, would therefore take over 12 100 per cent accurate. "When it says there's a knot, there's a knot."

The CAT scanner locates flaws in a log by measuring the density of the wood. Knots are more dense than ordinary wood, which, in turn, is denser than rotten wood. A bright, white splotch on the CAT image indicates a knot, a dark patch indicates rot.

So far, Dr. Funt's computer can identify flaws in hemlock, cedar and Douglas fir. "It works for both wet and dry wood," he says.

Recognizing knots is only one of Dr. Funt's challenges. His eventual goal is to come up with a program that generates a complete 3-D picture of a log.

One x-ray scan gives only a two-dimensional view of one section of a log. As many as 250 scans

hours to generate. "But I'm confident we can speed up the process," he says.

Once a 3-D picture can be generated, Dr. Funt's next challenge will be devising a computer program that instructs a robot to position logs for the saws. "It's too difficult

for a man to interpret these models, so we'll rely on robots," he says.

Dr. Funt was assisted by graduate student Ed Bryant. Funding for the project was provided by the Science Council of B.C.

(Canadian Science News)

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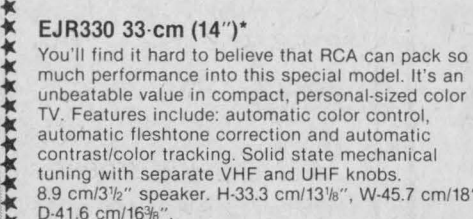
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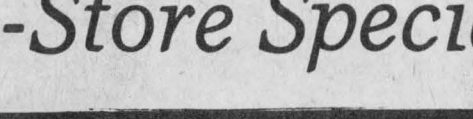
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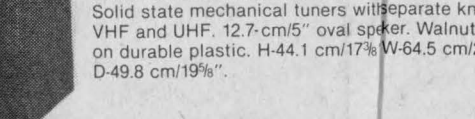
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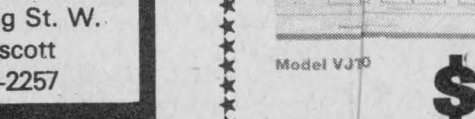
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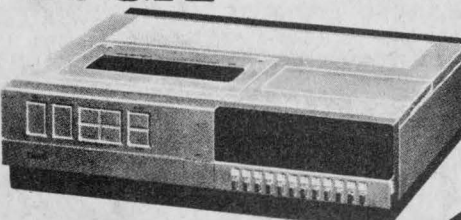
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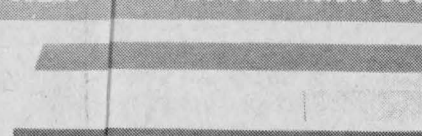


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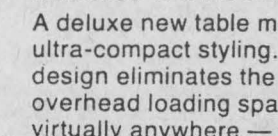
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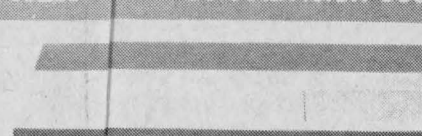
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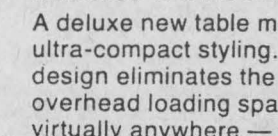
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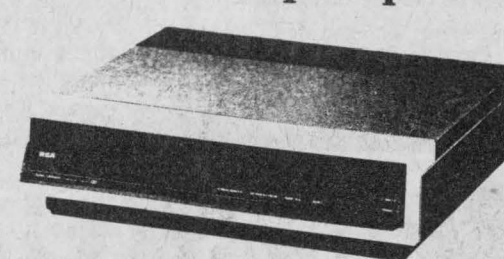
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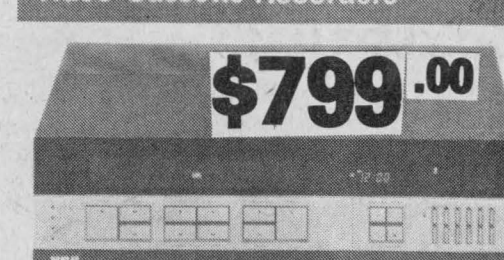
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## Life on the FARM

by John and Monica Ladell

[LANCASTER] - If tenacity is a family trait, then the Camerons who farm on the First Concession of Lancaster Township in Glengarry County have that trait in abundance.

They have farmed there for two hundred years and run an efficient Holstein operation although their land is crossed by a highway and a railroad that divide it into three parts. And it was not even considered good farmland to begin with. In fact, quite the opposite.

In March, 1784 a survey team began to lay out the township along the St. Lawrence that were to be the new home of hundreds of discharged Loyalist soldiers and their families. Starting on the bank of the St. Lawrence at the Quebec/Ontario border, the surveyors worked their way up-river. Almost immediately they found themselves among swamps.

No body of men can settle there," pronounced Sir John Johnson firmly, anxious that the men of his Royal Regiment of New York should be given good land. However, the surveyors dutifully laid out the First Concession along the St. Lawrence; then left it at that and moved up-river.

The first township (now called Lancaster Township) came to be known by several names, all denoting varying degrees of dampness. It was called the Sunken Township, or the Lake Township because the St. Lawrence widened there into Lake St. Francis. It was also

referred to in early records as Point Mouille Township. (Mouille meaning sodden or waterlogged was a name given to a local promontory by the French.

Unpromising though the land was both in name and in fact, Lieutenant Walter Sutherland of the First Battalion, the Royal Yorkers, applied for six 200-acre lots -- and got them: Sir John Johnson remarking caustically that "...few of the men would accept them as a gift".

Joining the Sutherlands on the First Concession were Alexander Cameron, his wife, Jean and their three children, James Grant, Marjory and Isabella, as well as members of the Grants family, Jean's kinsfolk. Later the Camerons would intermarry with the Sutherlands.

Undaunted by the Character of their land, successive generations of Camerons drained and cultivated it. The old trail that became Highway 2 had always crossed the farm near the lakeshore. Then, in the mid-1800s, the railroad went through the farm and in the 1960s the MacDonald-Cartier Freeway along with its north and south service roads cut through another part.

In spite of these disruptions, the camérons stuck it out. Today the same strip of land that appears on Patrick McNiff's map of 1786 with Alex Cameron neatly inscribed in McNiff's crabbed handwriting, is framed by Andrew Cameron,



Brothers Andrew and Douglas Cameron receive a commemorative plaque from Agriculture and Food Minister Dennis Timbrell. The Camerons of Stormont County own one of Ontario's seven Bicentennial farms.

his brother, Douglas Sutherland Cameron, and Douglas's son, Howard Cameron.

Douglas Cameron makes light of the difficulties of running a tri-sectored farm. "You can see every form of transportation from right here," he remarks cheerfully as trains along the tracks a couple of hundred yards behind the house; traffic thunders along the freeway in front of it; the occasional jet drones overhead and, in summer, great ships pass up and down the St. Lawrence Seaway.

The Camerons run a herd of 80 Holsteins and they are fluid milk suppliers to the city of Montreal. Their cows are restricted to the central portion of the farm. The cattle can't be driven over the overpass to the fields along the lakeshore nor can they be driven across the railroad tracks. "We're kind of hemmed in," Douglas Cameron says. But recently Howard Cameron has bought a considerable acreage expanding the farm to the west.

We sit in the Camerons' kitchen and discuss the unusual aspects of their farm operation and the family history. From the windows there is a view across a wide stretch of water that is Lake St. Francis to the hills of upper New York State and the province of Quebec on the opposite shore.

The brick house was built prior to 1857 by James Grant Cameron, Alexander's son, to replace a log house by the lake. The barns, once behind the house are not in front of it -- they were rebuilt there in 1880 and 1891. There were fine old timbers in the barns, "but we can't think why they built them just there," Lois Cameron says. "They shut out a view of the lake." Next to the house is an intriguing wooden building. It was once an office for a member of the family in the lumbering business.

Alone among their neighbours, the camérons have not sold off their lake frontage. It was down there on the lakeshore, Douglas Cameron reminds us, that the first log house and barns were built. "Are there traces of them now?" we ask. "No," he replies. "The original log house is way out under the waters of the lake. My father took me out in a rowboat and showed me the foundations. It was the erosion that did it." (And somewhere out there, too, under the water is the original Hwy.2.

The Camerons combat the erosion by putting rip-rap or stones along the lakeshore. The stones are the ones they pick from their fields. "Its stoned all along the lakefront," Howard Cameron says, "and we know where every stone came from."

Thus adding a personal note to his description of an annual chore.

"What is known of the first Alexander Cameron?" we ask. It seems he may have been in the Second Battalion of the King's Royal Regiment of New York and he is thought to have petitioned Sir John Johnson along with others for members of his family to be allowed to come to Canada, "...who have been and are daily ill-treated by the enemies of the government."

As we know, Cameron's wish was granted and his wife and children joined him in the Lake Township. Life was not easy for Loyalist families. In the aftermath of the war another Cameron woman wrote of the pain of leaving the beautiful Mohawk Valley. "Our lands are confiscated and it is hard to raise money at forced sales but we must follow the old flag wherever it takes us. It is again The March of the Cameron Men and wives and children must tread the hard road."

In 1980 Camerons gathered from all over Canada to visit the graves of their ancestors and to discuss their history. But while the past is important, so is the present -- and the future. Howard Cameron gave up a study of engineering to return to the land. For this bicentennial farm the future looks just great.



From the verandah of his 100-year-old farmhouse, Doug Cameron can watch a century of transportation progress -- ocean freighters on the St. Lawrence Seaway, trains on the Via rail track, and cars on the MacDonald-Cartier freeway.

## Computer-age tractor may soon hit the field

Energy-wise, computer-equipped tractors may soon be hitting the field thanks to the efforts by federal researchers.

A new computer device, called a Tractor Data Acquisition System, or TDAS, has been developed by Agriculture Canada's Engineering and Statistical Research Institute in Ottawa and now is being used for energy research on tractors.

The TDAS consists of a micro-computer wired to eight different sensors that record such information as the tractor's ground speed, individual wheel speeds, weight over each wheel, rate of fuel consumption, fuel temperature, engine temperature and engine RPMs.

The data is collected onto a computer cassette so that it can be analysed later with another computer.

"After all the data is collected, we'll be able to come up with specific, very accurate guidelines for farmers to follow to make their field operations more energy efficient," says Don Marshall, an energy engineer at the Research Institute and the man who designed the TDAS.

"The TDAS is being used strictly for research now. But once we have developed these guidelines, farmers will be able to use on their tractors a simplified version of the TDAS such as an efficiency meter."

Mr. Marshall says that in the past, an operator could run his tractor efficiently by listening to the engine and by getting a

feel for the tractor.

However, today's tractors isolate the driver from the engine noise and place him further from the workings of the implement.

"As a result, there is a need for detailed operating instructions so that farmers know how to run their tractors at peak efficiency," he says.

Marshall's idea is not a new one. There have been other tractor data acquisition systems. However, none has ever combined so many different measuring devices.

"What's also unique about TDAS is that the equipment we've assembled is some of the most sophisticated in the world," Marshall says.

For example, ground speed is

measured by a radar unit mounted on the centerline under the tractor. To measure the wheel speed, the tractor has a sensor which measures the time between each pass of steel targets fixed in a circle around the inside of each wheel.

"The TDAS is designed to be used while the operator is driving along in the field. It has a readout mounted on the dash so that the driver can monitor each measurement as he goes along," explains Marshall.

"By checking on things like the rate of fuel consumption and engine RPMs, as the tractor is in operation, the driver will be able to make the different adjustments immediately in order to achieve peak efficiency and help save on energy."

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## Good Companions Neighbourly contribution

[IROQUOIS] - Village coffers got a boost of \$100 from the Good Companions of Iroquois and Matilda Township, council learned at its special meeting Jan. 24.

In a letter of appreciation on behalf of the organization, treasurer Edith Norton said the contribution is in appreciation for the free use of the civic centre auditorium for monthly meetings and the cooperation received in 1983.

"It is this kind of cooperation that makes Iroquois a good place to live," Mrs. Norton stated.

Council expressed pleasure and surprise at the donation. "This is a very nice letter," Reeve Rooney commented.

Between 1966 and 1981, the proportion of regular smokers in the Canadian population, age 15 years and over, declined from approximately 42.8% to 32.7%.

## PARTICIPaction

By Russ Kisby

### Heavyhands

It's enough to drive you right back to "The Price Is Right!"

You've finally dragged yourself away from the TV game shows, put on your sneakers, then gone out for a little jog.

You're striding along comfortably wondering why you hadn't started years ago and whether or not you've still got a shot at an Olympic medal, when a woman in her eighties whips by you!

Or a child traipsing along with her mommy says: "I can walk faster than that!"

(That actually happened to a friend of mine. He was so miffed that when he passed the mother and child on his jog back he stuck out his tongue at the startled five-year-old and said "Nyah, nyah, I can run faster if I want!")

At any rate, I have recently been passed on my jogs by people wearing knapsacks on their backs -- filled, no doubt, with canned goods or industrial equipment. Anything to make their run more difficult.

These ambitious souls are moving their fitness levels up a notch by working their cardiovascular systems harder.

In my opinion, such extralading must be done with great care.

Too much of any good thing -- including exercise -- can be counterproductive.

Thus, if the extra weight in the knapsack causes the runner's heart to beat in excess of his target zone (200 minus your age) he may be doing himself damage!

I recently ran across a fitness product designed to do for the

average person what the filled backpacks do for the truly committed. It's called "Heavyhands" -- a pair of deluxe, plush-handled, variable-weight mini-barbells you can hold while doing almost any standard exercise.

An American physician named Leonard Schwartz takes credit for developing the product, along with a concept for "panaerobic exercise" he outlines in a book "Heavyhands, The Ultimate Exercise".

"Panaerobic," by the way, does not mean exercise you do in the kitchen.

It means exercise that benefits all (from the Greek word "Pan" meaning all) of the major muscle groups of your body.

Dr. Schwartz maintains the "Heavyhands" device accentuates the exercises you do, thus increasing and spreading their benefits.

I took a walk with "Heavyhands" and found them comfortable. I swung my arms as I walked, and certainly felt additional pull.

I can't honestly say I felt an enormous difference -- but over a period of time, "Heavyhands" might bring added benefit to the heart.

Cleverly, the "Heavyhands" advertising states: "Being Better Is Within Your Grasp".

PARTICIPaction agrees. Of course, you don't have to buy any equipment to get into better shape. Don't spend a penny: walk, jog, do calisthenics in your room.

You see, the price is right!

Russ Kisby is President of PARTICIPaction, the Canadian movement for personal fitness.

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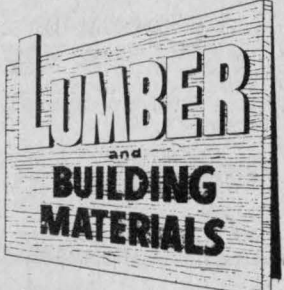
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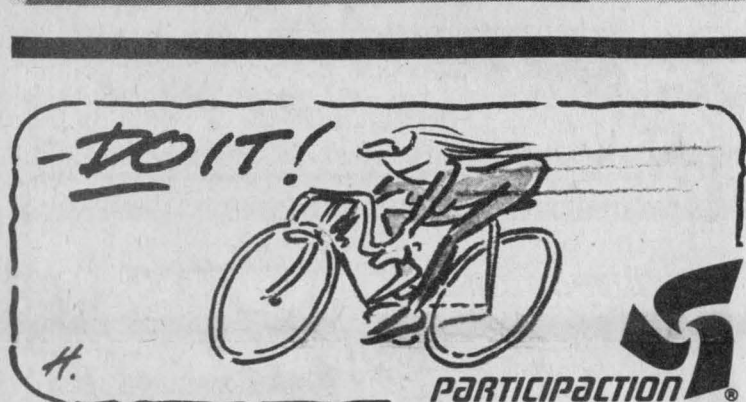
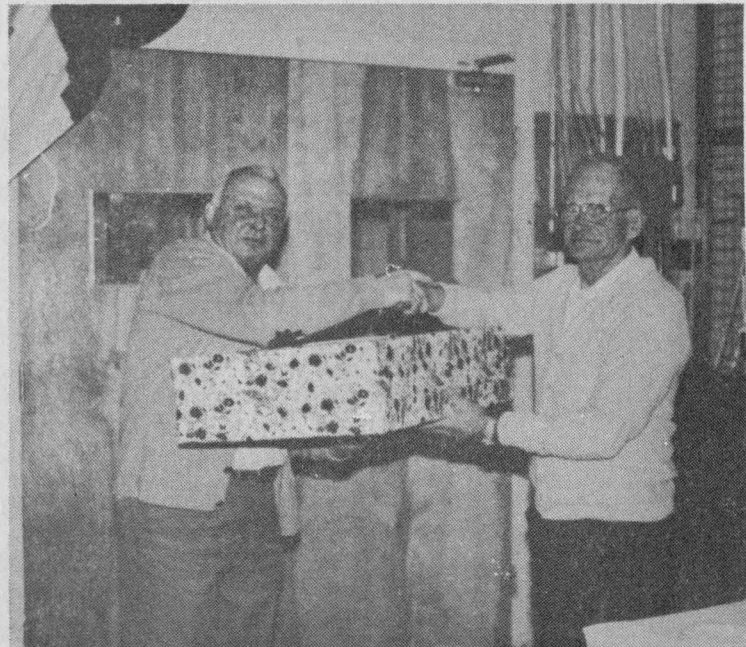


# Veteran Seaway employee retires

[IROQUOIS] - Paul Trottier was honored with a retirement party at the maintenance centre of the Iroquois Lock on Jan. 13. The party commemorated almost 35 years of service with Transport Canada and since 1959, with the St. Lawrence Seaway Authority.



Paul Trottier accepts retirement gifts from J.P. Patoine, eastern region director of engineering and maintenance in photo and from union local 323 president K. Brownell.



There is relatively little Canada Grade B and C beef

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11 essential vitamins plus 5 minerals including

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250 tablets

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Iroquois EMERGENCY 652-4358 652-4379

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**Chocolates**

are a fine Gesture

Beauharnois, Quebec, Cornwall and Iroquois. Mr. Trottier was presented with a barometer and service plaque from J.P. Patoine, eastern region director of engineering and maintenance.

## How to select top quality beef

If you are like most Canadians, meat in some form or another will appear on your family's table most every day. But surprisingly, most Canadians do not consider themselves qualified, well-informed meat shoppers. To help you make these buying decisions with ease, here's what the experts — the government meat graders — look for.

Canada has one of the world's best beef grading systems and it has been designed to provide top quality beef which meets your standards for leanness, yet provides excellent eating qualities. There's a grade to meet any family's needs and pocketbook.

Virtually all beef that is retailed through supermarkets is Canada Grade A. The government grader has given it top marks for its bright red color, firm but fine-grained texture and whitish fat cover. To make A Grade it must also have a minimum amount of marbling. This refers to small streaks of fat throughout the lean that helps to improve tenderness and flavor.

Within the A grade there are four fat level categories. A1 has the least amount of exterior fat, A4 has the greatest. Most supermarkets sell A1 and A2, while the A3 and A4 is selected by the restaurant trade.

If you wish to check on the grade you're buying, look for the grade stamp on the fat edge of the meat. Not every cut will have a stamp. However you should see several cuts in the counter with the red ribbon brand stating Canada A1 or Canada A2. However should see several cuts in the counter with the red ribbon brand stating Canada A1 or Canada A2.

Presentations were also made by G.D. Crites, president of Union local 323 and by K. Brownell, who gave Mr. Trottier a gift on behalf of employees of Iroquois Lock, Cornwall Canal and Beauharnois Lock.

## How to select top quality beef

produced. These grades indicate lower quality beef that may be darker in color, have a slightly coarser texture, a very thin fat covering that may be yellowish, and little, if any, marbling. This beef is sometimes available at a slightly lower price from local butchers and with more careful cooking it provides an acceptable product.

Canada Grade D beef is from mature cows and is usually processed into ground beef. However,

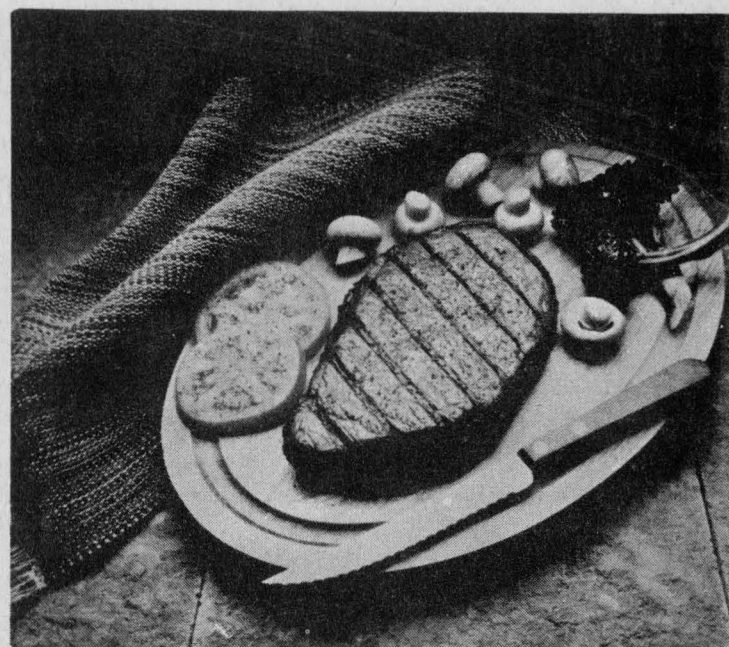
Canada D beef (as well as grass-fed Australian and New Zealand Beef) is being offered more and more frequently to consumers through door-to-door selling programs by private retailers. Many consumers are not familiar with this method of beef selling and consequently when approached by a salesman on their doorstep are not able to make a well-informed decision. Because this beef is from very lean or mature animals, it is less tender than A grade beef. To make the meat more palatable it is usually tenderized with commercial tenderizers. It has little or no fat, is portion cut, cello wrapped and sold in the frozen state. Although this may appear to be a somewhat less expensive and more convenient way to buy beef, take the time to consider whether this meat best suits your family's needs. Compare the price with top

quality beef offered at your local butcher's or supermarket. You'll often find the savings to be negligible.

Remember, the best eating quality is Canada Grade A. Its youthfulness combined with some marbling provides you with tender, tasty beef.

Here's how to turn a top quality round steak into a great meal in minutes.

**Jiffy Pepper Steak**  
 .5 kg (1 lb) inside round steak, approximately 1 cm (1/2") thick  
 2 mL - 5 mL (1/2 - 1 tsp) freshly ground pepper  
 45 mL (3 tbsp) butter  
 15 mL (1 tbsp) Worcestershire sauce  
 15 mL (1 tbsp) lemon juice  
 1 mL (1/4 tsp) celery salt  
 1/2 clove garlic, minced  
 Cut steak into serving size pieces. Sprinkle steak generously with pepper and rub into meat with the heel of your hand. Melt butter in



A delicious, economical steak you can serve in minutes.

a small saucepan. Add remaining ingredients. Brush sauce on steaks and fast fry over high heat approximately

ly 5 minutes. Do not overcook. Serve immediately topped with remaining sauce. Serves 3 - 4.

# FEBRUARY FOOD SPECIALS

3 1/2 - 4 lb.

## Fresh Chicken

**\$1.05 lb./ \$2.31 Kg.**

Fresh Large 6 - 7 lb.

## Roasting Chicken

**\$1.25 lb./ \$2.76 Kg.**

## Half Chicken \$1.09 lb./\$2.40 Kg.

### Quartered Chicken

**\$1.15 lb./\$2.54 Kg.**

### Cut Up Chicken

**\$1.18 lb./\$2.60 Kg.**

### Chicken Legs

**\$1.28 lb./\$2.82 Kg.**

### Chicken Breasts

**\$2.29 lb./\$5.05 Kg.**

### Chicken Drumsticks

**\$1.48 lb./ \$3.26 Kg.**

### Chicken Thighs

**\$1.38 lb./ \$3.04 Kg.**

### Chicken Wings

**\$1.09 lb./ \$2.40 Kg.**

1 litre Liquid Detergent	\$2.39	Vegetable Cocktail 6 Pk. 6 x 6 oz. tin	\$1.99
IVORY		V-9	
Catelli	39c	1 Kg. Box Best Cleaning Powder	\$1.89
MACARONI and CHEESE DINNER		SPIC AND SPAN	
Miss Mew 170 Grm Tin	4*\$1.00	Clover Leaf 104 Grm	99c
CAT FOOD		SMOKED OYSTERS	
China Lily 483 ML	\$1.49	Habitant 750 ML Jar Sweet Mixed or Sour	
SOYA SAUCE		Mixed	
14 oz. Aylmer Choice 398 ML	59c	PICKLES	\$1.79
TOMATOES		Yum Yum 200 Grm Fresh	\$1.29
No Name 750 ML Strawberry or Raspberry	\$1.49	POTATO CHIPS	\$1.39
JAM		Anti-Freeze 4 litre container Good for 40°	
Gold Seal 220 Grm tin	\$1.29	WINDSHIELD WASHER	79c
PINK SALMON		French's 500 ML Prepared Save 40c	
Kraft 227 Grm Mozzarella	\$1.59	MUSTARD	\$1.69
CHEESE STIK		Salada Orange Pekoe Box of 60	
White Swan 4 Roll P ak	\$1.29	TEA BAGS	\$1.69
BATHROOM TISSUE		Del Monte Top Quality 540 ML Tin	95c
Powdered Laundry Detergent 6 litre Box	\$4.09	FRUIT COCKTAIL	\$3.39
OXYDOL		Nestle's Chocolate Drink Mix 1 Kg.	\$2.49
1 litre Pure Vegetable Oil	\$1.99	QUICK	
CRISCO		Kraft Smooth or Crunchie 750 Grm Jar	
Donald Duck Unsweetened 48 oz. tin	99c	PEANUT BUTTER	
GRAPEFRUIT JUICE			
Beauty Soap White or Pink 100 Grm	49c		
DOVE			

## PRODUCE SPECIALS

U.S. No. 1 Large Size 113's

**Seedless Oranges**

**Sunkist \$1.69 Doz.**

U.S. No. 1 Large Size

**California 24's**

**Lettuce 59c Head**

U.S. No. 1

**Granny Smith Apples 59c Lb.**

**\$1.30 Kg.**

U.S. No. 1

**Anjou Pears 59c Lb.**

**\$1.30 Kg.**

## FROZEN FOODS SAVINGS

Picnic Frozen Concentrated 341 ML	69c
ORANGE JUICE ea.	
Highliner Frozen 350 g.	\$2.19
HADDOCK IN BATTER ea.	
Carnation 1 Kg.	\$1.29
HASH BROWN POTATOES ea.	
McCain Frozen 5" Pepperoni Lite Delite 375 g.	\$2.49
PIZZA ea.	
McCain Frozen 5" Delixe Lite Delite 375 g.	\$2.49
PIZZA ea.	
Farmhouse 340 g. BANANA, CHOCOLATE, COCONUT	\$1.39
CREAM PIE ea.	

# S & F

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