Spring/Summer 2016

Living
in North Dundas Township

TOWNSHIP OF North Dundas

Resource Guide



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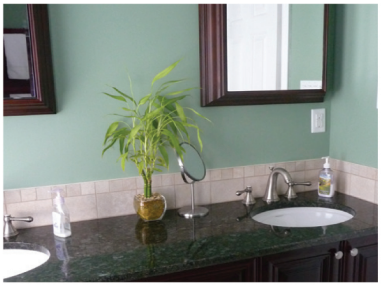





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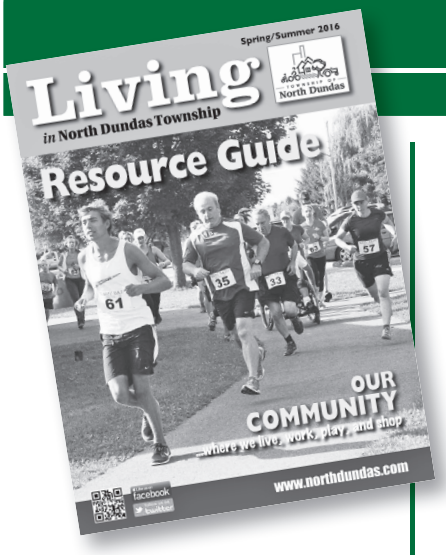
TOWNSHIP OF North Dundas



Running through the streets

The Dairy Dash has become a staple of August's annual Dairyfest celebration with runners, walkers, and rollers charting a course through Winchester's streets. The event features five or 10-kilometre lengths, and the two-kilometre Holstein Scamper. Leading the pack during the 2015 event were Liam Drouin and Tom McLean.

Press Photo – Uhrig

Welcome...

to our Spring/Summer 2016 Resource Guide

MAYOR'S MESSAGE:

Council and staff are proud of our continued efforts to improve our communication with North Dundas residents. Our community has a lot to offer and we strive to ensure residents are aware of the latest municipal updates and community news.

The Resource Guide has become a key part of our communication plan. It provides a wide array of information, ranging from recreational programs, waste management tips, and community resources to new ways you can get involved with our many service clubs and make a difference in our local quality of life.

I am a firm believer that there are always a lot of activities, events, and positive stories happening in North Dundas; we just need to make sure each and every household is aware of them. As always, we welcome feedback on how we can continue to improve this publication. I hope you take time to read through this helpful resource and find it useful in the coming months to reference as needed.

Best regards,

— Eric Duncan, Mayor, Township of North Dundas



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Municipal Information

TOWNSHIP OF North Dundas

Township of North Dundas Municipal Office
Hours of Operation:
Monday to Friday
8:30 am - 4:30 pm



636 St. Lawrence Street,
Winchester
Phone: 613-774-2105
Fax: 613-774-5699
Website:
www.northdundas.com

2014-2018 Council Members

MAYOR
ERIC DUNCAN
613-868-1611
eduncan@northdundas.com

DEPUTY MAYOR
GERRY BOYCE
613-989-2330
gboyce@northdundas.com

COUNCILLORS
ALLAN ARMSTRONG
613-774-0752
aarmstrong@northdundas.com

TONY FRASER
613-774-2182
tfraser@northdundas.com

JOHN THOMPSON
613-448-2963
jthompson@northdundas.com

TOWNSHIP OF NORTH DUNDAS COUNCIL MEETINGS

Council meetings take place at 636 St. Lawrence Street in Winchester and commence at 7:00 pm. The public is welcome to attend. An exception to the noted time of 7:00 pm, will occur when a public meeting is scheduled on the same evening as a regular Council meeting, at which time the regular meeting of Council will commence at the conclusion of the public meeting.

Department heads report at the first Council meeting of each month and delegations are received at the second meeting of the month. If you wish to make an audience with Council, please contact the clerk, Jo-Anne McCaslin at 613-774-2105 at least one week prior to the meeting date.

2016 COUNCIL MEETING SCHEDULE

January 19
February 16
March 8 & 22
April 13 & 26
May 10 & 24
June 14 & 28
July 12
August 9
September 13 & 27
October 11 & 25
November 8 & 22
December 13

Please note this schedule is subject to change. Changes to meeting dates will be advertised on our website and Facebook page.

2016 OFFICE CLOSURE DATES

Good Friday – March 25
Easter Monday – March 28
Victoria Day – May 23
Canada Day – July 1
Civic Holiday – August 1
Labour Day – September 5
Thanksgiving – October 10

TOWNSHIP OFFICE SUMMER EXTENDED HOURS – OPEN LATER TO SERVE YOU!

The Township of North Dundas is pleased to announce that the office will be extending hours of service from **4:30 pm to 7:00 pm every Tuesday,** beginning May 3, 2016, through August 30, 2016. This is to give residents, who may not be able to visit the Township Office during the day, a chance to come in and utilize our services.

Come visit us at the Township Office, we look forward to serving you!

FOR MORE INFORMATION, PLEASE CALL 613-774-2105.



North Dundas is also on:

LIKE US ON FACEBOOK
at facebook.com/northdundas

FIND US ON TWITTER
at twitter.com/northdundas

Check out the Township of North Dundas Web Page

www.northdundas.com

For information about North Dundas including:

- Public Swimming/Skating
- The Latest Edition of the North Dundas Resource Guide or Summer/Winter Brochure
- Business Directory
- Community Contacts
- Landfill & Recycle Information
- Program Registration
- Recreation Program Subsidies & Support
- Marriage and Lottery License Information
- Recreation Hall & Facility Info., Rentals & Rates
- Community Events
- Economic Development Information
- Planning & Building Information
- AND MORE!!



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DESTINATION NORTH DUNDAS

PROMOTING LOCAL

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• Art, Wine & Foodfest - Sun., Aug. 21, 2016

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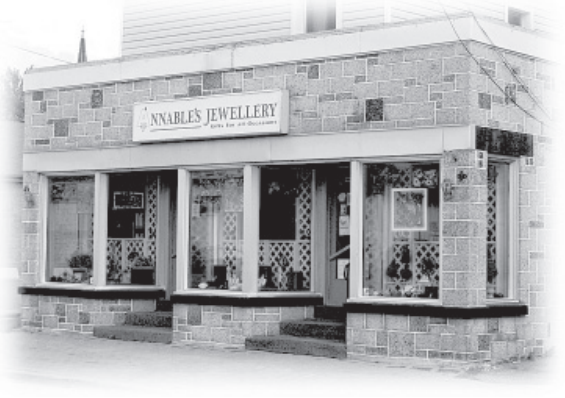

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Planning, Building & By-Law Info

POOL BY-LAW

All pools (including inflatable/bag pools) with a depth greater than 24" require a "fence" enclosure and a permit. Help keep our kids and visitors safe. For more information, please contact the By-law Department at 613-774-2105 ext. 246.

PARKING BY-LAW

Please note that even if the street is not "signed", a maximum parking limit of three (3) hours exists on all streets within the Township of North Dundas between 7:00 am and 7:00 pm. Also, the Province sets a $300 fine for vehicles parked in a designated accessible parking space without an accessible parking permit displayed.

DOG LICENCE REQUIREMENT NOTICE

In accordance with By-law 38-2000, all dogs within the Township of North Dundas must be licensed each year. We accept cash, cheque, debit, and credit card as forms of payment at the Township Office. Dog licenses may be purchased for $20 each ($15 for neutered or spayed dogs) before April 30, or $30 each ($25 for neutered or spayed dogs) on or after April 30, 2016. Failure to have your dog(s) licensed could result in a fine.

YARD MAINTENANCE

The Municipality has authority to require the owner or occupant of land, to clean debris, domestic waste, industrial waste, and derelict motor vehicles from their property. Every owner shall keep his or her land free and clear of garbage, refuse, domestic or industrial waste of any kind, and shall ensure that his or her land is free and clear of infestation. Every owner shall keep his lawn, weeds or turf grass trimmed or cut less than 4" in height.

IMPORTANT NOTICE FOR ALL NEW CONSTRUCTION

The issuance of a building permit usually signals an increase in the value of a property. Once a building permit is issued, a copy is sent to the Municipal Property Assessment Corporation (MPAC).

After completion of construction, you will receive a notice of evaluation from MPAC. At the same time, the municipality will receive the supplemental taxation roll for all new construction and will prepare tax bills for all supplementary taxes.

This process could take from 6 to 36 months, depending on the number of units constructed in a given year. It is therefore incumbent on the homeowner to anticipate a tax bill for new construction, starting from the date of completion of the unit.

For example, you might receive a tax bill in 2016 for construction completed in 2014. In that case **you will be invoiced for 2014, 2015 and 2016.** It is therefore important to be aware that a bill is forthcoming, that this bill could be substantial and that it is necessary to budget accordingly.

For your information, the taxes for a residential property evaluated at $200,000 in 2015 were $2,485.13.

Taxpayers have the option of making monthly pre-authorized payments, as soon as your building permit is issued. These amounts will be applied to future taxes and will serve to considerably reduce the financial impact when the tax bill is received.

For more information, please contact Michelle McDonell via telephone at 613-774-2105 ext. 221 or via e-mail at mmcdonell@northdundas.com.

BUILDING PERMIT INFORMATION NIGHT & OPEN HOUSE

Location: Township of North Dundas Council Chambers,
636 St. Lawrence St., Winchester
613-774-2105 ext. 246
Session Date: Wednesday, May 11, 2016, 6:30 pm - 8:00 pm

Do you have a building project in mind but you don't know where to start? Maybe you're planning to build a home or start a renovation, but you're not sure of where or how to get started? Perhaps you have heard about changes to the Building Code and to the process of obtaining a Building Permit and would like to consult a professional.

In recognition of Building Safety Month, The Township of North Dundas will be hosting a **Building Permit Information Night & Open House** with a brief presentation on the code changes that will come into effect in January, 2017.

Feel free to drop-in between 6:30 pm and 8:00 pm to share ideas with our knowledgeable staff, ask questions or simply listen to the informative presentation. The presentation is scheduled to begin at 7:00 pm. Light refreshments provided.

All contractors, designers and DIY'ers are welcome. For more information on upcoming **Building Permit Information Night & Open House,** please call the Township Office Building Department at 613-774-2105 ext. 246.

TOWNSHIP PLANNING SERVICES

The Township Planning Department can assist you with the following:

ZONING AND ZONING COMPLIANCE

What are you permitted to do on your property? Can you add an apartment? Is the current use permitted under the Zoning By-law? Can you operate this type of business on your property? We can help answer your questions and guide you.

HOW TO OBTAIN A LAND SEVERANCE

Are you considering severing your land? Ontario has very strict rules and policies which govern which lands may be severed. The 2014 Provincial Policy Statement and County Official Plan set out the framework for which properties can and cannot be developed (ie. wetlands, floodplains, sand deposits, etc.). The SD&G United Counties website, www.sdgcounties.ca, provides more details.

SITE PLANS

If you are considering a large development (any non-residential use or three or more residential units), you will be required to prepare a site plan showing setbacks, drainage, lighting, parking, walkways, servicing, snow storage, landscaping, signage, and other matters. A site plan agreement between the owner and the Township is prepared to ensure that these items are maintained over time.

MINOR VARIANCE

If your proposed development cannot meet the zoning setback requirements of the Township's Zoning By-law, you can apply for a minor variance which will be decided by the Committee of Adjustment. We recommend that you consult with municipal staff to determine if the development being proposed is minor.

DEVELOPMENT

Considering a development in North Dundas? Call us, so we can assist and guide you.

Contact Planning staff at 613-774-2105.

Complete CPAP

Terry Corbin, RN
Registered Nurse

Unit 4-12028 Dawley Drive
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Email: terry.corbin@completecpap.ca

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Public Works Information

TOWNSHIP OF North Dundas

PUBLIC WORKS

The Public Works Department maintains the following municipal infrastructure: roads, sidewalks, storm sewers, water treatment and distribution, sanitary sewer collection, and municipal drains. If you have any questions regarding any of these services, please contact the Township office at 613-774-2105.

STREETLIGHTS

Streetlight maintenance also falls under the Public Works Department. To report a streetlight that is out or not working properly, please contact the Township and provide the address of where the light standard is located and the number on the pole.

SUMP PUMPS

Homeowners are reminded to check and make sure that backwater valves and sump pumps are working properly. It is recommended that homeowners have a back-up source of power in case of flooding or a power outage. Sump pumps and eaves troughs are not to be connected to the sanitary sewer. Also, no water powered or water driven sump pumps or back up pumps are allowed to be connected to any part of a plumbing system or water supply system that is connected to a municipal water system or municipal sewage system.

WATER REPORTS

Annual reports on drinking water quality are prepared by the Ontario Clean Water Agency (OCWA). These reports are available on our website under **Water and Sewer** or are provided free of charge at the Township Office.

HOW TO READ YOUR WATER METER

NEPTUNE T-10 WATER METER STEP-BY-STEP INSTRUCTIONS:

• Make sure no water is being used inside or outside of your home. This means no dishwashers, sprinklers, or toilets flushing. It also means shutting off any appliance that may continuously use water like a water softener, pool filter, or humidifier.

• Find your water meter. It is found in the lowest part of your home, in your basement or crawl space. The meter is adjacent to the main water shut-off valve to your home.

• Get to know your meter. Your water meter has a series of dials and hands. The dials measure the amount of water you've used in your home over time and are used to calculate your water bill.

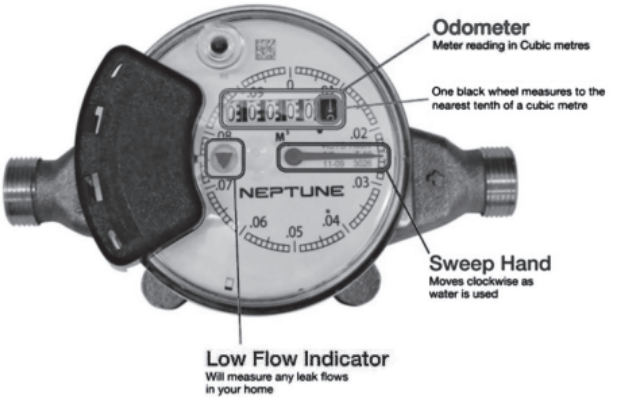
• The sweep hand also measures water flowing through the meter. As it completes a full circle, it prompts the dials to turn once.

• The flow indicator will measure any leaks in your home. The flow indicator moves counter clockwise whenever water is moving through the meter.

• If either the low flow indicator or the sweep hand moves when you believe no water is being used in your home, you may have a leak.

HOMEOWNER RESPONSIBILITIES

As a homeowner, you are responsible for the maintenance of fixtures and pipes on the private-side of your property line.



Neptune T-10 Water Meter

NEPTUNE E-CODER READING INSTRUCTIONS:



The Water Utility will read your water meter for billing purposes, but **should you wish to monitor your own consumption**, here's how:

- Shine a flashlight over the flashlight icon (located on the register) to activate the LCD display *
- Take a reading at a set time of the day
- Take a 2nd reading at the same time the next day
- The difference between the two readings is your daily water consumption

* Note: when the register display is first activated via a flashlight, all icons will be briefly displayed followed by firmware information. The register display will then toggle (every 4 seconds) displaying the reading and then the flow rate. The flow rate is per minute. When the display indicates "RATE", the flow rate is being displayed.



- **OFF** – indicates no leaks
- **Flashing** – water usage for more than 50% of time in 24 hour period
- **Continuous ON** – there is most likely a leak in your home

The LCD figure displays your meter reading in cubic metres. The last 4 digits are decimal points. (e.g. – 26.3987 cubic metres) (decimal will be displayed)

- **ON**– water in use
- **OFF** – water not in use
- **Flashing** – water is running slowly
- **(–)** – indicates reverse flow
- **(+)** – indicates forward flow

TOWNSHIP OF
North Dundas

Our Facilities

The Township of North Dundas offers several facilities to rent for your family, business, or group celebrations and meetings. No matter what your special occasion is, we have a facility to accommodate it.

ARENAS

These arena slabs are home to many programs and are available for rent from April until September. The slabs can accommodate approximately 900 people each and have spacious parking on paved lots. These arena facilities are ideal for hosting large parties, community festivals, auctions or any other large event.

Joel Steele Arena
577 Main Street, Winchester

Chesterville Arena
153 Queen Street, Chesterville

HALLS

Our halls are available year-round and can accommodate many different types of functions such as birthdays, anniversaries, bridal/baby showers, family reunions, weddings and more. Whether you are hosting 60 guests or 300, you can call one of our halls home to your event.

Morewood Community Hall
17 Russell Street, Morewood

Chesterville Community Hall
1 Mill Street, Chesterville

Nelson LaPrade Centre
9 William Street, Chesterville

Joel Steele Community Hall
577 Main Street, Winchester

Winchester Cultural Centre (Old Town Hall)
478 Main Street, Winchester

South Mountain Resource Centre
10543 Main St., South Mountain

Book a venue, shop local and SAVE!

The Township of North Dundas has partnered with local businesses to offer numerous discounts just for renting one of the municipally-owned facilities listed. Upon securing your facility rental, we will provide you with a list of participating local businesses, accompanied by their special promotional offer. Discounts are offered for local goods and services including accommodations, wine & wine tours, catering, print & stationary, charter buses, hair styling, flowers, jewellery, gifts, wedding & formal attire, and an array of event rentals.

Civil Marriage Ceremonies

A civil marriage ceremony can be performed by the Municipal Clerk or their Designate appointed as Marriage Officiant.

Marriages can be performed during or after regular business hours. There are a number of marriage ceremonies that can be tailored to meet your needs. Aspects of the ceremony including rings, vows, additional readings for the service, flowers, photographer, witnesses, number of guests, etc. will be discussed with the marriage officiant prior to the wedding ceremony. The fee for Civil Marriage Service is $300.00 plus the cost of the licence.

For more information please contact:

The Township of North Dundas
636 St. Lawrence St., Winchester, ON K0C 2K0
613.774.2105 **www.northdundas.com**

Municipal Information

E-BILLING IS AVAILABLE FOR WATER AND SEWER ACCOUNTS

E-BILLING DETAILS

We can now e-mail your water/sewer bills to you. To sign-up for this convenient, environmentally friendly method of billing, please complete the registration form available on the **Water and Sewer** page on our website at www.northdundas.com and return it to our office by mail, fax, or e-mail to: mplummer@northdundas.com.

ONCE YOU ARE SIGNED UP:

• You will not be sent a paper copy of your bill, but you can print the copy that you will receive by e-mail.

• To pay the bill online, you need to register through your bank using the name "The Corporation of the Township of North Dundas Water" and use the account number on your bill (10 digits). You will not be able to pay your bill at the bank.

• Please ensure you notify us if your e-mail address changes. We will not be held responsible if we do not have a current and correct e-mail address. Please send changes to mplummer@northdundas.com.

• If at any time, you would like to be removed from e-billing and return to a paper bill, please e-mail mplummer@northdundas.com.

BEAVER PROBLEMS?

The municipality is responsible for removing obstructions such as beaver dams, from municipal drains. (Note: the costs are then shared between owners of the municipal drain). However, municipalities are not responsible for the maintenance of natural watercourses or private drains and have no legal right to enter onto private properties in these cases. It is therefore the landowner's responsibility to contact a qualified trapper and have the beavers removed. The municipality or the Ministry of Natural Resources can provide you with names of local trappers. In case of potential damages to a municipal road, please contact John Oswald, Drainage Superintendent, 613-774-2105 ext. 229, or by e-mail at joswald@northdundas.com.

ECONOMIC DEVELOPMENT SERVICES

The Township of North Dundas Economic Development Department is your source for business information and assistance. Our goal is to help local companies grow their business by bringing businesses, organizations, government, and the community together. If you are considering opening a business, expanding your business or know of a company that is considering locating in North Dundas, please contact our Economic Development and Communications Officer at the Township office at 613-774-2105. We would be pleased to offer assistance and information regarding any current funding opportunities that may be available.

SMALL BUSINESS CONSULTATIONS

The Township of North Dundas has partnered with the Business Enterprise Centre to provide free, confidential business consultations to new or existing business owners in North Dundas. Resources available include: business plan development, one-on-one business coaching, market research assistance, and financial opportunities. Consultations take place at the Municipal Office, located at 636 St. Lawrence Street in Winchester. To schedule an appointment, please contact the Township Economic Development and Communications Officer at 613-774-2105.

COMMUNITY IMPROVEMENT PLAN

The Township of North Dundas Community Improvement Plan (CIP) offers businesses and commercial building owners, within designated Community Improvement Areas, the opportunity to access grants and loans to improve their commercial buildings. These improvements can include exterior façade, signage or interior renovations. To apply to the CIP program, please contact the Township or visit our website for more information. The application deadline is **March 31, 2016.** Applications that are submitted after this date, will be considered if funds remain.

Business resources can also be obtained by visiting the Business Tab on the North Dundas website at www.northdundas.com

LANDFILL/RECYCLING INFORMATION

BOYNE ROAD LANDFILL SITE

12620 Boyne Road, 613-774-5157

Monday to Friday: 8:00 am - 4:00 pm
Summer Open Saturdays: 8:00 am - 11:30 am (May 7 to October 29, 2016)
Winter Open Saturdays: 8:00 am - 11:30 am (March 12, April 9, November 12, December 10, 2016

RECYCLING INFORMATION

There are nine Blue Box pick up routes in North Dundas occurring on various days. Contact the landfill at 613-774-5157 to confirm your recycling date or to have a Blue Box or recycling calendar delivered to you. Recycling information is also available on the Township website at www.northdundas.com.
Recycling reduces landfill costs and extends the life of our landfill. Please reduce, reuse, and recycle at home and at work!

GARBAGE BAG LIMIT NOTICE

The Township has established a residential pick-up limit of two garbage bags for each household.

2016 HAZARDOUS WASTE DAYS

8:00 am until 12 noon on the following dates:
May 14, June 11, July 9, August 6, September 3, October 1

TIPPING FEES FOR 2016

- Minimum charge of $15
- $15 per cubic yard / $30 per compacted yard
- $25 per cubic yard for shingles
- Items containing Freon have a $20 charge each for removal
- $25/MT for contaminated soil

FREE ITEMS

Soil (not contaminated), concrete, asphalt, brush, trees, leaves, garden wastes (composting), tires (must be clean and not on a rim).

For more information on North Dundas landfill operations, please contact Doug Froats, Director of Waste Management at 613-774-5157 or email dfroats@northdundas.com.

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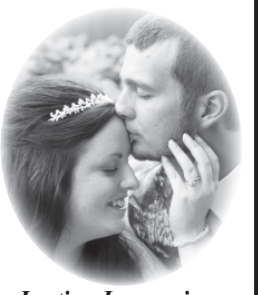

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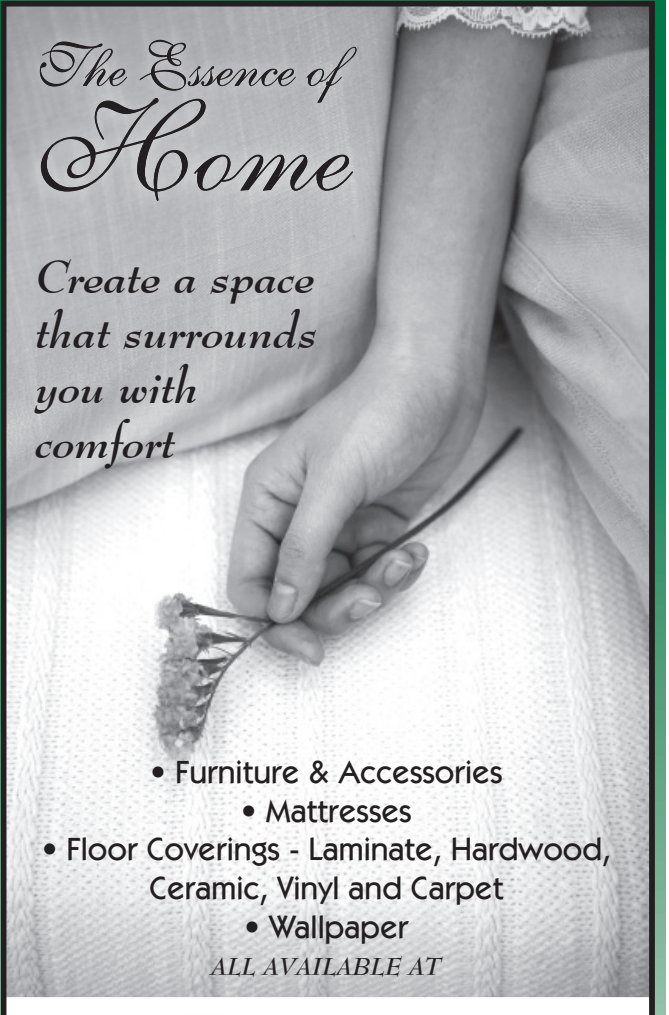
TOLL FREE: **1-800-267-0395** LOCAL: **613-774-2838**
www.naomiscentre.ca



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Planning a Wedding or Special Event?

CIVIL MARRIAGE CEREMONIES

A civil marriage ceremony can be performed by the Municipal Clerk or their Designate appointed as Marriage Officiant. Marriages can be performed during or after regular business hours. There are a number of marriage ceremonies that can be tailored to meet your needs. Aspects of the ceremony including rings, vows, additional readings for the service, flowers, photographer, witnesses, number of guests, etc. will be discussed with the marriage officiant prior to the wedding ceremony. The fee for Civil Marriage Service is $300 plus the cost of the licence.

For further information or to book a consultation, contact Jo-Anne McCaslin, CMO, Municipal Clerk, Township of North Dundas 613-774-2105, ext. 226

MARRIAGE LICENCES

You may download a copy of the Marriage Licence Application from the Service Ontario website or you can obtain a copy at the Township of North Dundas Municipal Office. Applicants must provide a completed application form along with a birth certificate and a government issued picture ID for each applicant.

FEE: $100 payable by cash or Interac (North Dundas Resident)
$125 payable by cash or Interac (Non-Resident)

Please allow 24 hours for processing before the final licence is available.

BOOK A VENUE, SHOP LOCAL AND SAVE!

The Township of North Dundas has partnered with local businesses to offer numerous discounts just for renting one of the municipally-owned facilities listed. Upon securing your facility rental, we will provide you with a list of participating local businesses, accompanied by their special promotional offer. Discounts are offered for local goods and services including accommodations, wine & wine tours, catering, print & stationary, charter buses, hair styling, flowers, jewellery, gifts, wedding & formal attire, and an array of event rentals.

RECREATION FACILITIES

The Township of North Dundas has a number of halls and facilities that can be rented out for your program, meeting, function, or event. Be sure to check out the Recreation & Culture Department page on www.northdundas.com for a detailed list of available rentals including tables and chairs. The web page also offers information about amenities, capacities, locations, and more.

Please contact Gina Welch at 613-774-2105, ext. 223 or by email at gwelch@northdundas.com, to inquire about availability, rates, or to book a rental.

ARENAS:

Chesterville Arena
153 Queen St., Chesterville
613-448-3267

Joel Steele Community Centre/Arena
577 Main St., Winchester
613-774-2006

COMMUNITY HALLS:

Chesterville Community Hall
1 Mill St., Chesterville

Nelson LaPrade Centre
9 William St., Chesterville

Morewood Community Centre
17 Russell St., Morewood

Joel Steele Community Hall
577 Main St. Winchester

Hallville Community Centre
10519 Kerr's Ridge Rd, Mountain

South Mountain Resource Centre
10543 Main St., South Mountain

IMPORTANT INFORMATION REGARDING VENDOR PAYMENTS

Direct Deposit (Electronic Funds Transfer)
In our efforts to 'go green' and become more efficient, the Township is offering Direct Deposit (Electronic Funds Transfer) to our vendors/service providers. The Direct Deposit payment option will improve service by eliminating delays in the handling and mailing of cheques. Your payment will be directly deposited into your bank account and you will be notified of the payment via e-mail. If you have any questions or concerns or would like to sign-up please contact Karen Holmes at 613-774-2105 or kholmes@northdundas.com.



Winchester Dairyfest

AUGUST 5-7, 2016

Visit www.winchesterdairyfest.com for up-to-date information

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For more information, to join the Winchester Dairyfest committee, or to become a volunteer at Dairyfest, email us at info@winchesterdairyfest.com or contact Gina Welch at 613-851-4004.



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Recreation Department Info

COMMUNITY GRANTS

Community groups/organizations can request financial assistance from the Township through a submission process. There are five, $400 grants available to these types of groups. The following documents must be submitted in order for a request to be reviewed by the committee:

- **A LETTER INDICATING**
  - Who your group/organization is
  - What type of service you provide in North Dundas
  - Who is on your executive
  - How long you have been in operation
  - What the funds are being used for and how the funds will benefit the organization and impact the community
- **A COPY OF THE ORGANIZATION'S FINANCES**

The review committee may request an interview to further substantiate the request. The review committee will consist of the Director of Recreation & Culture, the CAO and two members of Council, (not full Council). The review committee will make the final decision on whether the request will be granted.

COMMUNITY GRANT REQUESTS DEADLINE:
April 1 and September 1 of each year

Please submit applications to the attention of:
Meaghan Meerburg, Director of Recreation & Culture
IN-PERSON OR MAIL:
636 St. Lawrence Street, P.O. Box 489, Winchester, ON K0C 2K0
Fax: 613-774-5699 Email: mmeerburg@northdundas.com

NEW SMOKE-FREE ONTARIO GUIDELINES

As of January 1, 2015, it is now illegal to:

- smoke on and around children's playgrounds and publicly owned sport fields and surfaces (e.g., areas for basketball, baseball, soccer or beach volleyball, ice rinks, tennis courts, splash pads, and swimming pools that are owned by a municipality, the province or a postsecondary education institution)
- smoke on all bar and restaurant patios, whether covered or not (with an exemption for uncovered patios established by the Royal Canadian Legion – Ontario Provincial Command before November 18, 2013)
- sell tobacco on university and college campuses (this applies to buildings that are owned and areas that are leased by a postsecondary institution or student union)

By law, you **cannot** smoke or hold lighted tobacco in any enclosed workplace, any enclosed public places and specifically designated outdoor places in Ontario. If you smoke or hold lighted tobacco in a place where it has been prohibited, you may be ticketed and charged a fine.

You can find the complete set of rules related to the smoking ban by typing the following titles into your search engine:
- Smoke-Free Ontario Act
- Ontario Regulation 48/06

FREE EVENT LISTINGS

Do you have an event, meeting, program or other non-profit community function that you would like advertised on the Township of North Dundas website?

VISIT THE TOWNSHIP EVENT CALENDAR PAGE ON OUR WEBSITE AND ADD YOUR EVENT FREE OF CHARGE:
http://northdundas.com/community/community-events-calendar/

If you encounter any difficulties adding the event, please send an email to info@northdundas.com. *All listings are subject to approval and availability of space.*

Don't forget to log onto www.northdundas.com and click on the Community Events Calendar link for up-to-date listings and information on what is going on in North Dundas.

ARENA ADVERTISING RATES

DESCRIPTION	CURRENT FEES
Arena – 4 x 8 wall advertising	Initial fee: $450 + HST (prep. & installation) Annual fee: $220 + HST
Arena – 4 x 4 wall advertising	Initial fee: $300 + HST (prep. & installation) Annual fee: $120 + HST
Arena – 4 x 8 rink boards	Initial fee: $500 + HST (prep. & installation) Annual fee: $275 + HST
Arena – 4 x 6 rink boards	Initial fee: $425 + HST (prep. & installation) Annual fee: $225 + HST
Arena – 4 x 4 rink boards	Initial fee: $350 + HST (prep. & installation) Annual fee: $175 + HST
Change room door	Initial fee: $700 + HST (prep. & installation) Annual fee: $500 + HST
Lobby – wall ad	Initial fee: $20 sq. ft. + HST (prep. & installation) (Minimum $100 for a 2 x 2 ad) Annual fee: $15/sq. ft. + HST (Minimum $75 for a 2 x 2 ad)

For more information on arena advertising opportunities, please contact Meaghan Meerburg, Director of Recreation & Culture for the Township of North Dundas, at 613-774-2105 ext. 236 or mmeerburg@northdundas.com

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Recreation Department Info

RECREATION STAFF CONTACT LIST

613-774-2105

Director of Recreation & Culture
Meaghan Meerburg ext. 236
mmeerburg@northdundas.com

Community Development Coordinator
Gina Welch ext. 223
gwelch@northdundas.com

Recreation Facilities Manager
Les Johnston ext. 290
ljohnston@northdundas.com

REC DEPARTMENT NOTICES

END OF ICE SEASON:
The last day of the ice season at both township arenas is Sunday, March 27, 2016.

2016-17 ICE REQUESTS:
Chesterville and Winchester Arenas
Ice request forms will be sent to all current contract ice users by the end of April. Anyone who would like to rent ice on a contract basis, who is not a current user, can contact Gina Welch, Community Development Coordinator, at 613-774-2105 ext. 223 to receive a form. The deadline for regular season ice request forms to be submitted, is **Friday, June 10, 2016. Pre-season ice requests must be submitted by Friday, May 27, 2016.** You can email your request form to gwelch@northdundas.com or deliver it to the Township of North Dundas Office, located at 636 St. Lawrence Street in Winchester.

START OF SPORT FIELD SEASON & BOOKINGS:
Weather permitting, all baseball diamonds and soccer fields will be ready for play at the beginning of May. Please contact Gina Welch, Community Development Coordinator, at 613-774-2105 ext. 223 for information and confirmation.
The deadline for baseball diamond and soccer field requests will be **Friday, April 1, 2016.** Please e-mail gwelch@northdundas.com to receive or submit a request form or visit the Township of North Dundas Office, located at 636 St. Lawrence Street in Winchester.

PUBLIC POOLS:

Chesterville Public Pool
1 William St., Chesterville
613-448-2012

Winchester Centennial Pool
577 Main St., Winchester
613-774-1603

THEATRE/MUSEUM

Winchester Cultural Centre (Old Town Hall)
478 Main St., Winchester

PAVILIONS

Lions Club Pavilion
577 Main St., Winchester

Green Gang Pavilion
Chesterville Community Park
1 William St., Chesterville

PARKS

Chesterville Community Park
1 William St., Chesterville

100 Club Park
577 Main St., Winchester

Hallville Playground
St. John St., Hallville

Harmony Park
1306 Country Lane, Winchester

Mountain Memorial Park
10480 Clark Rd., Mountain

South Mountain Park
10543 Main St., South Mountain

Skateboard Park
577 Main St., Winchester

Thompson Park
Erin Ave., Chesterville

Veterans View Park
1 Moffatt St., Morewood

The North Dundas Movie Committee is pleased to present...

A Night at the Movies

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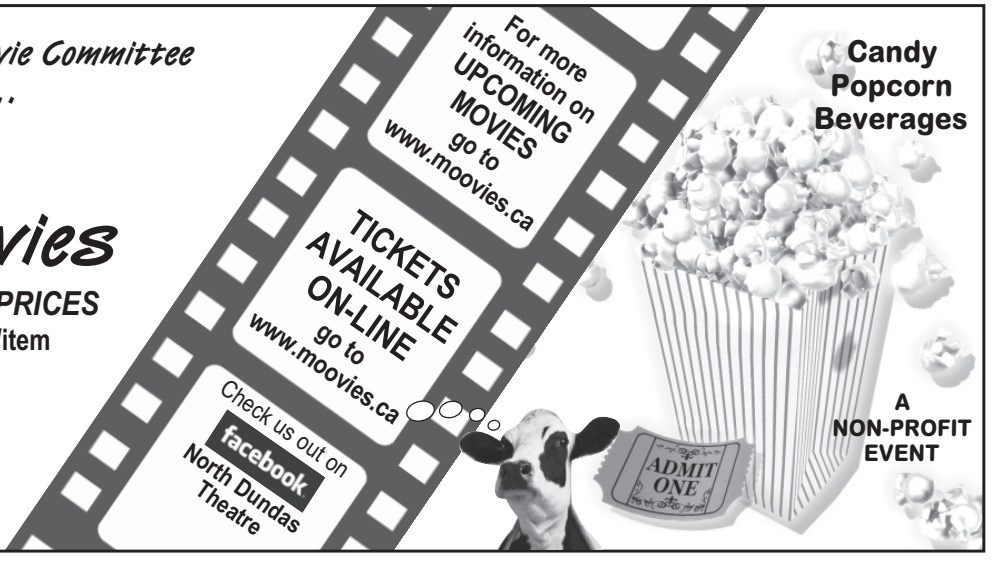
Admission: $5 Canteen: $1/item

Old Town Hall
478 Main St., Winchester
For more info email info@moovies.ca



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613-933-6513

Satellite Office
Winchester, ON, K0C 2K0
800-514-9660

Satellite Office
Morrisburg, ON, K0C 1X0
800-514-9660

jim.mcdonellco@pc.ola.org
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Tues. & Thurs. evenings 5-8 pm;
Sat. 9 am-12 pm

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Recreation Subsidies/Support

TOWNSHIP OF North Dundas

RECREATION LIBRARY

The Township of North Dundas Recreation & Culture Department is pleased to offer the **Recreation Library.** The Township owns various recreation equipment such as fishing rods, balls, life jackets, skateboards, bicycles, helmets, baseball gloves, sticks, bats, and much more. All items are available for community use at no charge. This lending program functions like a library, with all new borrowers being asked to apply for a membership account at the time of their first loan request. At this time and thereafter, equipment will be signed-out and back in by a staff member at the Township of North Dundas Office.

This program is great for all individuals, families, community groups, schools, churches, clubs, and teams residing in North Dundas. The Township of North Dundas Recreation & Culture Dept. is always accepting donations of gently used or new recreation equipment as well as monetary donations to help sustain and expand the Recreation Library. To view the most recent list of Recreation Library items available for loan, please see below. For more information, to reserve equipment, to schedule an appointment to borrow items, or to make a donation, contact Gina Welch, Community Development Coordinator, at 613-774-2105 ext. 223 or email gwelch@northdundas.com.

RECREATION LIBRARY INVENTORY

- 2 - aerobic step and riser sets
- 3 - infant boater vests (life jacket)
- 5 - child boater vests
- 5 - youth boater vests
- 6 - adult boater vests (Universal)
- 1 - camp propane stove with 2 burners (propane not included)
- 2 - LED camp lanterns
- 1 - 13 pc. set of camping enamel cookware
- 2 - adult fishing rod, reel, and tackle sets
- 2 - youth fishing rod, reel, and tackle set
- 2 - adult bicycles
- 3 - youth bicycles
- 4 - child, 6 speed bicycle
- 1 - air compressor
- 2 - frizbees
- 7 - skipping ropes
- 8 - basketballs
- 10 - soccer balls
- 4 - soccer corner flags
- 17 - pinnies/vests
- 1 - home plate
- 5 - stability balls
- 6 - indoor soccer balls
- 3 - baseball gloves (right and left handed available)
- 1 - 30" aluminum baseball bat
- 1 - 34" aluminum baseball bat
- 12 - pairs of soccer socks/shin pads (various sizes)
- 15 - pairs of soccer shoes (various sizes)
- 8 - canoe paddles
- 2 - boccee ball sets
- 6 - bike helmets (children's, youth, and adult's sizes available)
- 2 - pairs of wrist and ankle weights
- 2 - sets of lifeline cables (heavy-duty elastic bands with handles on the end for strengthening exercises)
- 4 - skateboards
- 2 - yoga mats
- 5 - badminton racquets
- 12 - badminton birdies
- 4 - footballs
- 16 - flag football belts
- 3 - plastic red flags
- 3 - volleyballs
- 2 - sets of golf clubs
- 2 - bosu balls
- 2 - sets of yoga blocks

To schedule an appointment to borrow any number of the items listed above, please contact Gina Welch at the Township of North Dundas Office by calling 613-774-2105 ext. 223 or visit 636 St. Lawrence Street, in Winchester.



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Chesterville Fair

August 26, 27 & 28

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www.chestervillefair.com or contact us at info@chestervillefair.com

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CANADA DAY in South Mountain

Friday, July 1, 2016

AT THE SOUTH MOUNTAIN FAIR GROUNDS

Please contact Ed Duncan at 613-989-2838 for more information or to volunteer.

Updates also available on the Mountain Twp. Lions Club Facebook page.

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Subsidies & Support

JUMP START

Canadian Tire believes that all kids should have the chance to run, skate, play, and grow. That's why the Canadian Tire Jump Start program was started. Jump Start is a community-based, charitable program, developed and carried out by the Canadian Tire Foundation for Families. Jump Start helps kids between the ages of 4 to 18, who are in financial need, to participate in organized sports and recreational activities such as hockey, dance, and swimming, by providing financial assistance with program registration fees.

NORTH DUNDAS INCLUSION

The Township of North Dundas realizes that recreational opportunities always have their affiliated costs and that sometimes, these costs can make participation unaffordable. In order to eliminate these financial barriers, the Township of North Dundas has developed a fund called **North Dundas Inclusion.** While many great financial aids already exist and are available to residents of North Dundas, we realize that there are still some gaps that need to be filled. Now, regardless of whether you would like to inquire about participation for an infant, child, youth, teen, adult, or senior, financial aid for the program or course that you would like to register for, may be available.

KIDSPORT

KidSport believes that no child should be left on the sidelines and that all kids should be given the opportunity to experience the positive benefits of organized sport. KidSport accomplishes this by providing financial support for registration fees and/or equipment purchases. Grants are given out for local children 18 years old or younger and range from $50 to $500.

To apply for any of the above subsidies, please visit the Township of North Dundas Office, located at 636 St. Lawrence St. in Winchester to fill out an application. The forms can also be downloaded from the Township of North Dundas website at www.northdundas.com and then emailed to gwelch@northdundas.com. For more information on any of the above subsidy programs, please call Gina Welch at 613-774-2105 ext. 223. All financial aid is confidential.

CHILDREN'S FITNESS TAX CREDIT

Our Government has enhanced the Children's Fitness Tax Credit (CFTC) by increasing the maximum amount that may be claimed under the credit from $500 to $1,000 and by making the credit refundable. The doubling of the maximum amount became effective in the 2014 tax year and the credit will be made refundable effective for the 2015 and subsequent tax years. Eligible activities include strenuous games such as hockey or soccer, activities such as golf lessons, horseback riding, sailing, and bowling, as well as others that require a similar level of physical activity. Fees charged for extracurricular programs that take place in school may be eligible. For more information on the Children's Fitness Tax Credit, including eligibility, prescribed programs, completing your tax return, and information for organizations providing prescribed programs of physical activity, please visit the Canada Revenue Agency website: http://www.cra-arc.gc.ca/tx/ndvdls/tpcs/ncm-tx/rtrn/cmpltng/ddctns/lns360-390/365/menu-eng.html

CHILDREN'S ARTS TAX CREDIT

The Children's Arts Tax Credit is available for a wide range of activities that contribute to a child's development, but which are not eligible for the Children's Fitness Tax Credit. The credit is provided for up to $500 of eligible expenses per child, and is otherwise based on eligibility conditions for the Children's Fitness Tax Credit. The credit is available in respect of children under the age of 16 for registration costs associated with participation in qualifying supervised activities. For children eligible for the Disability Tax Credit, the age limit is raised by two years and an additional $500 non-refundable amount is provided. Families can claim the credit when they file their tax return. For more information, please visit the website of the Canada Revenue Agency at http://www.cra-arc.gc.ca/gncy/bdgt/2011/qa01-eng.html

211

Phone Number: 211
www.211ontario.ca

211 is an easy-to-remember, three-digit, non-emergency telephone number that connects callers to a full range of community, social, government, and health service information. If your situation is not an emergency, and you don't know where to go for the information you need, dial 211. A trained operator will assess your situation and help you find the best services and programs to provide assistance. Everyone can benefit from using 211 – from individuals, families and professionals, to community agencies, and people facing barriers due to languages, poverty, or personal difficulty. Bilingual and certified information and referral specialists answer 211 calls seven days a week. It is complemented by an on-line directory. 211 is free, confidential, and available in over 150 languages.

HEALTHY SMILES ONTARIO

Good oral health is important to kids' overall health; yet, for some, regular dental care may not be affordable. Healthy Smiles Ontario is a program for kids ages 17 years and under who, do not have access to any form of dental coverage. If eligible, your kids will get regular dental services at no cost to you. Kids 17 yrs. and under may be eligible if:

- They are residents of Ontario;
- They are members of a household that meets the income eligibility requirements; and
- They do not have access to any form of dental coverage (including other government-funded programs, like Ontario Works).

You will need to show specific documents during the enrollment process. To find out more about Healthy Smiles Ontario and to see if you qualify, call the Eastern Ontario Health Unit at 1-800-267-7120. Ask for Health Line.

CINOT (CHILDREN IN NEED OF TREATMENT)

Oral Health Program at the Eastern Ontario Health Unit:
613-933-1375, 1-800-267-7120

CINOT is a Government funded dental program that provides emergency and urgent dental care for Ontario children between the ages of newborn to 18 years. Families may be eligible if they do not have dental insurance, if the cost of dental treatment would result in financial hardship, and if they meet the dental eligibility criteria. All registrants must be screened by Health Unit Staff to establish both dental and financial need. A CINOT claim form will be issued following the screening – OR – a child with an emergency condition may see a dentist immediately as long as the Health Unit is contacted on the next business day to arrange for emergency coverage. For more information about CINOT or to find out if your family may be eligible for this program, contact the Oral Health Program at the Eastern Ontario Health Unit using the phone numbers listed above.

Dr. George Carlin *Dental Surgeons*

Dr. Leila Okhravi

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Program Registration

Spring/Summer registration begins March 21, 2016
Spring/Summer programs begin the week of May 9, 2016

GENERAL PROGRAM INFORMATION:

- **ALL PROGRAMS REQUIRE PRE-REGISTRATION**
- ALL PROGRAM SESSIONS AND INDIVIDUAL CLASSES ARE SUBJECT TO CHANGE OR CANCELLATION. FOR UP-TO-DATE INFORMATION PLEASE CALL THE TOWNSHIP OFFICE AT 613-774-2105 EXT. 223
- **SORRY, THERE ARE NO FAMILY RATES**
- POST-DATED CHEQUES ARE NOT A VALID METHOD OF PAYMENT AND CHEQUES MUST BE SUBMITTED AT LEAST ONE WEEK PRIOR TO THE PROGRAM COMMENCEMENT DATE
- ALL PROGRAMS ARE PEANUT-FREE

REGISTER FOR PROGRAMS

In Person – 636 St. Lawrence St., Winchester, ON
Monday to Friday 8:30 am to 4:30 pm
Using INTERAC, VISA, AMERICAN EXPRESS, MASTERCARD, CASH, or CHEQUE

By Phone – 613-774-2105 using a credit card

Online – From the Municipality's website home page at www.northdundas.com you will be able to create a family account, select your activities, and then pay for your program selection using Visa, American Express, or MasterCard.

Please be advised, that as of December 2013, all online registrations are subject to a convenience fee. The convenience fee is calculated at the time of checkout and is based on the total price of the online transaction.

PROGRAM POLICY

Wait Lists – If the program you are interested in is full, you have the option of making another program selection or being placed on a wait list for the program of your choice (however, there is no guarantee that a space will become available). Participants will only be contacted if a space becomes available.

Medical Information – When registering, please identify any significant health problems, allergies, and/or medications for the registrant.

Registration – Once you have registered for a program, you will not be contacted prior to the program commencement date unless the program has been cancelled or rescheduled. Please assume that the program is running as scheduled and ensure that you attend the date, time, and location as listed in the program information.

Cancellation/Changes – We do our best to ensure that all programs run exactly as outlined in this brochure, but sometimes a program start date, time, location, or fee may change. Programs are subject to cancellation due to insufficient registration, instructor cancellation, etc. If this situation occurs, a full refund will be issued. In the event that a class or lesson must be cancelled, every attempt will be made to have the class or lesson rescheduled. Program registrants will be notified of the class cancellation as well as the rescheduled date, if applicable.

Refunds/Credit/Withdrawals – A refund or credit will only be given up to one week **before** the start date of the program. A $10 administration fee will apply to all customer-requested refunds. A partial/full refund may be issued depending on the circumstances that are presented. A medical note may be requested in order to process this request.

REQUEST FOR PROPOSALS

Would you like to provide or suggest a new recreational/instructional program or course in the Township of North Dundas?
If so, we want to hear from you! Contact Gina Welch, Township of North Dundas, 613-774-2105 ext. 223 or email gwelch@northdundas.com.



ONLINE REGISTRATION

THE BEST WAY TO REGISTER FOR PROGRAMS IS FROM THE COMFORT OF YOUR HOME OR OFFICE

WHAT YOU NEED TO KNOW:

From the Municipality's website home page at www.northdundas.com, you will be able to create a family account, select your activities, and then pay for your program selection using Visa, American Express, or MasterCard.

Please be advised, that as of December 2013, all online registrations are subject to a convenience fee. Convenience fee is calculated at time of checkout and is based on total price of the online transaction.

For more information, please contact our office at 613-774-2105.

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FLOOR HOCKEY

Duration: 8 weeks
Start Date: Monday, May 9 (No class Monday, May 23 and the last class will be held at the Chesterville Arena.)
Time: 6-8 yrs: 6:00 pm - 7:00 pm
9-12 yrs: 7:00 pm - 8:00 pm
Location: North Dundas District High School gym, 12835 Cty. Rd. 43 E., Chesterville
Registration Fee: $40

Come out and improve your skills while enjoying floor hockey with your friends indoors! Smaller teams help the coaches to focus on skill development as well as good sportsmanship. Indoor non-marking running shoes are required as well as a helmet with a cage. Shin pads are optional.

HOME ALONE, LIFESAVER & FIRE SAFETY TRAINING INTEREST COURSE

Instructed by Fiona Carr & the Morewood Fire Station
Age: 9-11 yrs.
Duration: 1 day
Start Date: Saturday, May 14
Time: 10:00 am - 3:30 pm
Location: Morewood Community Centre, 17 Russell St., Morewood
Registration Fee: $75 **Certificate of completion included.*

This course provides comprehensive, state-of-the-art course materials along with quality training that will give your child or dependant the first aid skills, knowledge, and confidence to handle emergency situations. The combination of both basic first aid skills and the Home Alone course, will also increase their safety awareness, therefore reducing the risk of serious injury to your young one and others. The first aid component of this one-day course covers numerous topics including: Emergency Scene Management (EMS), shock, Artificial Respiration (AR), choking, wounds and bleeding, fainting and unconsciousness, burns, and poisoning. As part of the Home Alone course component, topics discussed will include: what to do if there is a prowler outside, safety when answering the phone, knowing when it is safe to cook on the stove, evaluating if it is safe to leave the house, as well as other home alone protocols. Students will also be taught about where to go if there is a fire, the importance of doing a safety audit with your parents, as well as some "what to do" practices including what to do when you get home, in emergencies, in a power failure, if you are locked out, if a water pipe breaks, and if you smell gas. All registrants will also be taught about fire safety and given emergency phone numbers to take home. An additional training course will also be included and cover the subjects of fire safety and prevention, and include topics such as fire escape plans, proper steps to take in an evacuation, and who to call in an emergency. Parents/guardians will be required to pick-up their child(ren) at 3:30 pm at the Morewood Fire Hall, which is located next to the Morewood Community Centre, as participants will walk to the fire hall for Fire Safety portion on this course.

DODGEBALL

Duration: 8 weeks
Start Date: Monday, May 9 (No class Monday, May 23 and the last class will be held at the Chesterville Arena.)
Time: 6-8 yrs: 6:00 pm - 7:00 pm
9-12 yrs: 7:00 pm - 8:00 pm
Location: North Dundas District High School gym, 12835 Cty. Rd. 43 E., Chesterville
Registration Fee: $40

Dodgeball is competitive and fast-paced. It helps children improve their gross motor skills and teaches them how to react quickly to constantly changing game situations. Dodgeball teaches children teamwork, the importance of keeping their eye on the ball at all times, throwing, catching, and aiming. It promotes agility and quick movements. Many of the skills used during dodgeball can be transferred to soccer, baseball, basketball, tennis and other sports. Come out and improve your skills while having fun playing dodgeball with your friends! The focus will be on skill development as well as good sportsmanship.

BABYSITTER & FIRE SAFETY TRAINING INTEREST COURSE

Instructed by Fiona Carr & the Winchester Fire Station
Age: 11 yrs.+
Duration: 1 day
Start Date: Saturday, May 28
Time: 9:00 am - 4:30 pm
Location: Winchester Library Building (downstairs meeting room), 547 St. Lawrence St., Winchester
Registration Fee: $75 **Manual & certificate of completion included.*

This program will teach the skills necessary to care for infants, toddlers, and pre-schoolers with emphasis on safety and dealing with emergency situations. Topics will include selected first aid, feeding, safety, diaper changing, games, how to advertise your services safely, getting a job, etc. An additional training course will also be included and cover the subjects of fire extinguisher training, safety and prevention, and include topics such as the differentiation between a controllable and uncontrollable fire, fire escape plans, proper steps to take in an evacuation, who to call in an emergency, as well as instructed, hands-on training using a fire extinguisher and controlled fire that will teach each course participant how to properly and safely put out a real fire.

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TOWNSHIP OF North Dundas



Left to right: Councillor Alan Armstrong, Deputy Mayor Gerry Boyce, Councillor Tony Fraser, Mayor Eric Duncan, Councillor John Thompson

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NORTH DUNDAS DISTRICT HIGH SCHOOL AFTER SCHOOL PROGRAM

Age: Open to all NNDHS/NDIS students from Grade 7 to Grade 12
Duration: 6 weeks
Start Date & Time: Thursday, April 21, 2:15 - 4:00 pm
Tuesday, April 26, 2:15 - 4:00 pm
Location: North Dundas District High School gym, 12835 Cty. Rd. 43 E., Chesterville
Registration Fee: FREE

This is a great way to get active, in a supportive, non-competitive environment. You can play a sport in the gym or take part in another physical activity. Not only is the program free, but students with the best attendance and participation records will be able to join us for a FREE trip to a local bowling alley in June (transportation included). All you have to do is come out and have fun – it is that easy! Two late buses will transport program participants from the high school to Winchester, Hallville, Mountain, South Mountain, Inkerman, Chesterville, and Morewood.

*** PARTICIPANTS MUST REGISTER THROUGH THE NORTH DUNDAS DISTRICT HIGH SCHOOL OR CONTACT GINA WELCH AT 613-774-2105 EXT. 223 FOR MORE INFORMATION.***

FITNESS/CROSS FIT AND CIRCUIT TRAINING

Age: Teens & adults (ALL LEVELS)
Duration: 8 weeks
Start Date & Time: Monday, May 9, 7:00 - 8:00 pm (No class Monday, May 23) ***OR***
Wednesday, May 11, 7:00 - 8:00 pm
Location: Chesterville Community Hall, 1 Mill St., Chesterville
Registration Fee: $80 + HST. ***Register for both dates and pay only $140 + HST!***

This program offers a beneficial combination of fat-burning cardio and muscle strengthening workouts. Prepare to sweat and push yourself to the limit while working all of your muscles through the use of bands, free weights, steps, stability ball, and your own body weight. This program provides a mixture of low and high impact, core, and extensive mat work that helps tone, strengthen, and improve flexibility. Participants will also benefit from the muscle conditioning component that strengthens and increases muscle movements. This combination program is great for men and women of all ages. Mats, steps, stability balls, exercise bands, and weights are all provided.

ZUMBA

Age: Teens & adults
Duration: 8 weeks
Start Date & Time: Monday, May 9, 7:30 - 8:30 pm
(No class Monday, May 23) ***OR***
Wednesday, May 11, 7:30 - 8:30 pm
Location: Joel Steele Community Hall, 577 Main St., Winchester
Registration Fee: $50 + HST. ***Register for both dates and pay only $80 + HST!***

Zumba is a fusion of Latin/International music and dance themes that are used to create a dynamic, exciting and effective fitness system. The routines feature aerobic interval training with a combination of a variety of dance styles including Cumbia, Merengue, Salsa, Reggaeton, Hip Hop, Pop, Mambo, Rumba, Flamenco, Calypso, and Salsaton. Zumba uses music selections that include both fast and slow rhythms to help tone and sculpt the body. Dancers will feel like they are at a party and rippin' up the dance floor with friends!

SPINNING

Age: 16 yrs.+
Duration: 8 weeks
Start Date & Time: Tuesday, May 10, 7:00 - 8:00 pm ***OR***
Thursday, May 12, 7:00 - 8:00 pm
Location: North Dundas District High School, 12835 Cty. Rd. 43 E., Chesterville, Multipurpose Room
Registration Fee: $80 + HST. ***Register for both dates and only pay $140!***

Go on a real physical journey without leaving your seat! This ride comes complete with nonstop peaks and valleys. Spin class is a high intensity cardio workout involving intervals and resistance.

TAI CHI

Age: Teens & adults
Duration: 8 weeks
Start Date: Monday, May 9 (No class Monday, May 23)
Time: 6:30 - 7:30 pm
Location: Joel Steele Community Hall, 577 Main St., Winchester
Registration Fee: $80 + HST

Tai Chi is an ancient Chinese exercise that gently tones the entire body while promoting a feeling of deep, inner peace. Each class begins with a slow warm-up of each joint, followed by meditative movements. This healing art is known as the universal healer because it increases energy, flexibility, stamina, balance, and peace of mind.

MAPLE RIDGE MARTIAL ARTS CLUB

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BALLROOM DANCING

Instructed by Dennis Taylor
Age: Teens & adults
Duration: 8 weeks
Start Date: Week of May 9
Location: Chesterville Community Hall, 1 Mill St.

Tuesday:	6:00 to 7:00 pm	Level 1
	7:00 to 8:00 pm	Level 8
	8:00 to 9:00 pm	Level 2
Thursday:	6:00 to 7:00 pm	Level 3
	7:00 to 8:00 pm	Silver
	8:00 to 9:00 pm	Level 1

LEVEL DESCRIPTIONS:

LEVEL 1
The introductory class will teach the basic steps in: Rumba, Waltz, Foxtrot, Cha-Cha, Triple Swing, Samba, Bachata, and Tango. Each of the 8 nights will have instruction on the basic stepping for a different dance.

LEVEL 2
This class will continue from the Level 1 classes. Level 1 dance steps (Rumba, Foxtrot, Waltz, Cha-Cha, Triple Swing, Bachata, and Samba) will be reviewed and new variations will be taught. We will continue to emphasize proper technique and style.

LEVEL 3
This class will continue from the Level 2 classes. Level 2 dance steps (Rumba, Foxtrot, Waltz, Cha-Cha, Triple Swing, Bachata, and Samba) will be reviewed and new variations will be taught. We will continue to emphasize proper technique and style.

LEVEL 8
This class will continue from the Level 7 classes. An excellent mastery of Level 7 steps is a prerequisite. Level 7 dance steps (Rumba, Foxtrot, Waltz, Cha-Cha, Triple Swing, Bachata, and Samba) will be reviewed and new variations will be taught. We will continue to emphasize proper technique and style.

SILVER LEVEL
The Silver Level is for those who have completed levels 1 to 10 or who believe they are ready to start these more advanced classes in order to take what you have learned to the next level. Steps taught will add to what you have learned, and will give you more moves for your dancing.

Regular, punctual attendance for each lesson is important. Each night will begin with a short review and practice of the previous lesson's dance. Proper dance footwear is mandatory. No slippers, running shoes, or work boots.

More information to come! Please visit our website at www.northdundas.com and click on Recreational Programs to view current information.

BALLROOM DANCING PRACTICES

Age: All ages - youth, adults & seniors; singles or partners
2016 Dates: March 12, March 26, April 9, April 23, May 7, May 21, June 4, June 18, July 2, July 16, July 30, Aug. 13, Aug. 27, Sept. 10, Sept. 24, Oct. 8, Oct. 22, Nov. 5, Nov. 19, Dec. 3, Dec. 17, and Dec. 31.
Time: 7:00 - 10:00 pm
Location: Chesterville Community Hall, 1 Mill St.
Drop-In Fee: $5/person (those age 15 & under are free)

Come out and practice your Ballroom Dancing steps and skills and steps in a relaxed and social environment with wonderful music and great friends. You do not need to be registered for dance classes to attend these practices. This is open to anyone in the area, from beginner to advanced, who wish to dance. For more information, please call Dennis Taylor at 613-448-3633.

BELLY DANCING

Age: Teens & adults
Duration: 8 weeks
Start Date: Wednesday, May 11
Time: 6:30 - 7:30 pm
Location: Morewood Community Centre, 17 Russell St., Morewood
Registration Fee: $80 + HST

Belly Dance is a vigorous, Middle Eastern dance that uses the whole body to express the lively quality of the music. Special emphasis is placed on the different hip movements (sides, twists, circles, figure eights, and shimmy), arms and torso. Women of all ages enjoy the joyful essence of this dance and find that it refreshes the spirit and strengthens the body core. Props such as a veil and stick may also be used, but are not provided.

If you would like to include any

VOLUNTEER OPPORTUNITIES

for your community group, team, club, or committee in the next issue of the **Recreation & Culture Resource Guide,** please contact Meaghan Meerburg, Director of Recreation & Culture for the Township of North Dundas at 613-774-2105 ext. 236 or email mmeerburg@northdundas.com

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Summer Camps

CAMP INFO: WHAT YOU MUST KNOW!

All camps run from 9:00 am until 4:00 pm daily with drop-off from 7:00 - 9:00 am and pick-up from 4:00 - 5:30 pm. Participants should bring to camp daily: a lunch, snacks, plenty of water, a swimsuit and towel, a hat, sunscreen, a pair of indoor shoes and a pair of running shoes, any required medication, as well as any special requirements as indicated in the weekly camp newsletter. It is recommended that all campers wear old/play clothes that can get dirty and that all personal items are labelled and kept in a backpack. If your child is registered for a camp and cannot attend on a particular day, please contact the Township of North Dundas at 613-774-2105 and leave a message.

Sorry, there are no family rates. Campers must be registered and paid for by the Monday before the camp is scheduled to start. Spaces are available on a first-come, first-serve basis and payment must be received in order to hold/confirm a spot. Post-dated cheques will not be accepted as a valid method of payment. All camps are peanut-free.

For more information on North Dundas Summer Camps or to register, please contact the Township Office at 613-774-2105 ext. 223, stop in to 636 St. Lawrence St, or register online at www.northdundas.com.

Please note that summer camp prices, locations, trips and activities are subject to change.

ROOKIE ACADEMY

Ages: 5 to 8 yrs.
Dates: July 4 - July 8
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

Learn about what it takes to be a police officer, firefighter, and paramedic all in one week. This camp includes physical fitness training and simulations, as well as visits from rescue hero professionals. Campers will also learn to use tools and techniques in real-life emergency response situations and take a trip to the local volunteer fire department and police station.

GREASE MONKEY

Ages: 9 to 11 yrs.
Dates: July 4 - July 8
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

Have you ever wanted to take something apart and put it back together? Come join us for a week of tinkering and fixing old bikes, learning how to use basic tools found around the house, and building your own skateboard! This week, you will also take to the a trip to a local garage to learn some tricks of the trade. There will also be lots of time for swimming, crafts and games.

FOOD FIASCO

Ages: 5 to 11 yrs.
Dates: July 11 - July 15
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

Get your apron, get your measuring cup and spoon, and for goodness sake, bring your appetite, because this summer camp program includes a whole lot of cooking and baking! Have fun making yummy recipes like ice cream, brownies, healthy granola bars, tacos, tomato and fruit salsas, jam, cupcakes, pasta and sauce, and more! Campers will also have fun preparing special dishes for their very own end-of-the-week camper picnic! This exciting week will also include games in the park and fun in the pool. Registrants will be issued a list of daily menus on the first day of camp and will be able to eat everything that they help make! Campers are still required to bring food, drinks, and snacks for the day to supplement what they will be creating in the kitchen.

NEW! SPACE TRAVELLERS

Ages: 9 to 11 yrs.
Dates: July 11 - July 15
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $170/week or $40/day

Blast off with us! Dust off your space suit and join us for a week of out-of-this-world activities that will have you exploring space. During this week you will learn about space exploration, the universe, stars, constellations, and planets. On Thursday night there will be a space-themed sleepover at the arena. Campers will learn about night time navigation, do some star gazing, make s'mores and watch E.T. You will also participate in games, crafts, and swimming. The following meals will be provided: dinner and snacks on Thursday night and breakfast and lunch on Friday.

NEW! LET'S MAKE A MOVIE

Ages: 9 to 11 yrs.
Dates: July 18 - July 22
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

Are you the next James Cameron or Micheal Bay? Do you want to make movies, but you don't have a cool million dollars to spare? Don't let that stop you! This camp is going to show you how! Learn how to write your own script, plan a storyboard, film, edit, and produce a final product. The last day of camp, final films will be showcased at a mini film festival at the Old Town Hall. Participants must bring and be responsible for their own video camera, iPod, iPad, or cell phone. Campers will also participate in games, crafts and swimming.

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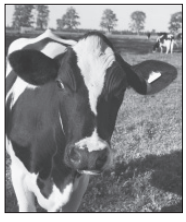

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Summer Camps

LEGO™ BUILDERS

Ages: 5 to 8 yrs.
Dates: July 18 - July 22
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

If you love LEGO™, then this is the camp for you! Come and let your imagination soar. There will be LEGO™ car races, tallest building competitions, and teamwork to build a city with bridges that can hold a remote control car. You will also participate in games, crafts and swimming, and take a trip to the Old Town Hall to watch a movie.

GIRL POWER

Ages: 5 to 11 yrs.
Dates: July 25 - July 29
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

This week it's all about getting down and getting girly! This camp will be full of fun and funky activities like tie dying old t-shirts, baking tasty treats, and having a spa day! Girls will also be participating in a yoga class, showing-off their great moves in a dance-off, and getting creative with art projects. The highlight for this camp will be a visit to the Old Town Hall theatre to watch a chick flick on the big screen with popcorn! The little ladies will also enjoy some fun in the sun with a picnic, swimming, and games.

BOYZ ROCK

Ages: 5 to 11 yrs.
Dates: July 25 - July 29
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

This camp is all about being a boy! You'll spend the week designing the perfect car to race down the track and compete to see who is the best at playing Mario Kart on the big screen! Get down and dirty when you take part in a chocolate pudding eating contest and clean off in a water fight! The highlight for this camp will be a visit to the Old Town Hall theatre to watch a guy's movie on the big screen with popcorn! This exciting week will also include games in the park and fun in the pool.

REQUEST FOR PROPOSALS

Would you like to provide or suggest a new recreational/ instructional program or course in North Dundas township?

Contact Gina Welch, Township of North Dundas,
613-774-2105 ext. 223
or email gwelch@northdundas.com

ARTS ATTACK

Ages: 5 to 11 yrs.
Dates: August 2 - August 5
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $112/week or $40/day

What do drama, dancing, music, and painting all have in common? The arts of course! Campers are able to express their creativity this week as they choreograph a new dance to a favourite song, prepare and present short skits, make musical instruments, and create lots of art! Campers will also have the opportunity to spray paint large bales of hay that will be on display for Dairyfest, learn to make origami, paint their own masterpiece on canvas, and form friendship beads out of clay! The highlights for this camp will be a visit the Old Town Hall theatre to watch a movie on the big screen with popcorn and setting up an art gallery for parents, guardians, and visitors. The creative possibilities are endless this week in Arts Attack!

TRUE SPORT

Ages: 5 to 11 yrs.
Dates: August 8 - August 12
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

This action packed week is for the ultimate sport enthusiast, so come out and be a part of a winning team! Take part in soccer, baseball, basketball, volleyball, floor hockey, flag football, and more! Have fun with your teammates creating your team logo, decorating a team flag, learn important values of sport, and more. We will take a trip to Merivale Bowling Lanes. This week in True Sport, you will share your skills, learn some new ones, and win or lose, you'll take home the gold!

DANCE CAMP

Ages: 5 to 11 yrs.
Dates: August 8 - August 12
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

You will spend the morning with one of our talented dance instructors, learning all the latest moves in jazz, ballet, contemporary, and hip hop, in preparation for a big recital on Friday. In the afternoon, you will join the True Sport camp for swimming, sports, and games. All levels of dancers are welcome.

• more SUMMER CAMPS on page 33

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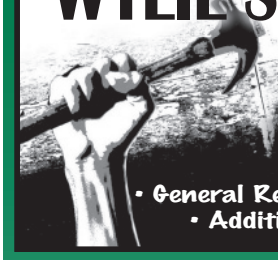

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What we offer:

1. Annual Baseline Testing
• No athlete should play without a baseline test
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• Neurocognitive Testing (Computerized IMPACT testing)
• Balance Testing
• Vision/Vestibular System Testing

2. Quick Access to Our Clinical Team
• Concussions require immediate care. Parents and athletes concerned about a possible concussion will be assessed within 24-48 hrs.

*** Free educational programs are offered to coaches, parents, athletes, teachers, and others who would like to learn more concerning concussion management. ****

3. Ongoing Concussion Management
• Diagnosis confirmed through clinical assessment followed by individualized treatment protocols
• Guided return to play. Decisions with step-by-step activity reintroduction will get athletes back to play as safely as possible.

Summer Camps

SWIM LESSON SPECTACULAR

Ages: 5 to 11 yrs.
Dates: August 15 - August 26
Location: Nelson LaPrade Centre, 9 William St., Chesterville
Registration Fee: $330

This camp is designed for each participant to be enrolled in a two-week swimming lesson level. Campers will be scheduled for a regular swim lesson each day and will be escorted to and from the pool by a camp leader. Participants of this camp program will participate in both the Eco Adventure and H2O Extreme camps. The Swim Lesson Spectacular camp fee will include the registration fees for Eco Adventure, H2O Extreme, and swim lessons. A $25+ savings!

ECO ADVENTURE

Ages: 5 to 11 yrs.
Dates: August 15 - August 19
Location: Nelson LaPrade Centre, 9 William St., Chesterville
Registration Fee: $140/week or $40/day

The focus of this program will be eco-education. We will look at everything from endangered species to protecting our environment. We will learn how to make our own paper, as well as other cool crafts from recycled material. Campers will also take a trip to Gatineau Park and the Lusk Caves.

H2O EXTREME

Ages: 5 to 11 yrs.
Dates: August 22 - 26
Location: Nelson LaPrade Centre, 9 William St., Chesterville
Registration Fee: $140/week or $40/day

Get wet and get wild! Grab your swimsuits and slide into camp for a super soaked splash bash! This camp offers endless water fun with swimming, water wars, cannon ball contests, and lots of games and activities! Campers will also be taking a day-trip to Calypso Water Park! Get ready to enjoy over 35 waterslides, Canada's largest wave pool, and over 100 water games. Keep cool this summer in H2O Extreme!

SUMMER EXTRAVAGANZA

Ages: 5 to 11 yrs.
Dates: August 29 - September 2
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $140/week or $40/day

This camp is all about a final salute to summer vacation and encompasses some of the fun and exciting things from all of the North Dundas summer camps! Join us for water battles, swimming, art, cooking and baking, sports, and tons of games! Campers will also take a trip to the local movie theatre for an afternoon out with popcorn and treats, as well as enjoy ice skating at the Joel Steele Arena.

LEADERS-IN-TRAINING: FOCUS ON LIFEGUARDING

Ages: 13 to 15 yrs.
Dates: July 4 - July 22
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $180 (exams fee and trips)

This three-week program will take veteran campers on a journey into leadership development. Campers will expand their skills and apply what they have learned, while partnering with one of the North Dundas Summer Camp staff. This program is great for those who may want to work at camp someday. Participants will also have the opportunity to complete their Bronze Medallion swimming certification.

• more SUMMER CAMPS on page 35

WILDERNESS EXPERIENCE

Ages: 12 -14 yrs.
Dates: August 15 - August 26
Location: Nelson LaPrade Centre, 9 William St., Chesterville
Registration Fee: $550/ 2 weeks *(No daily registration. Max 10 participants)*

This camp is all about adventure! The first week of camp is spent in Chesterville at the Nelson LePrade Centre, preparing for a 5-day, overnight canoe trip in Algonquin Park. During the first week of camp, you will spend your days learning how to canoe and portage, planning your menu, grocery shopping, learning how to build a fire and pack your bags for this amazing adventure. The second week will be spent paddling the great lakes of Algonquin Park. Campers will be provided with a list of required equipment. All food, transportation, park fees, paddles, life jackets, tents, and specialized equipment is provided.

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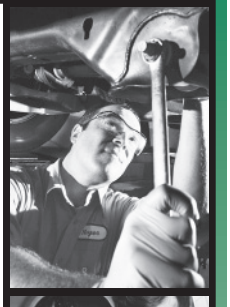

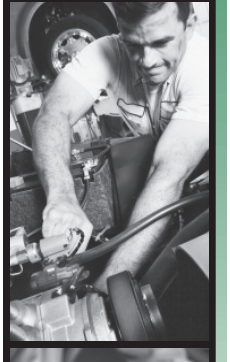

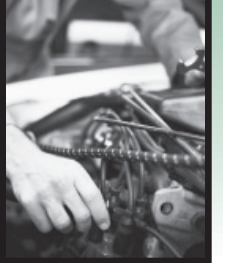

Summer Camps

LEADERS-IN-TRAINING

Ages: 13 to 15 yrs.
Dates: July 25 - August 12 *(no camp on the Civic Holiday)*
Location: Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $100 (to cover the cost of outings)

This three-week program will take veteran campers on a journey into leadership development. Campers will expand their skills and apply what they have learned while partnering with one of the North Dundas Summer Camp staff. This program is great for those who may want to be a camp leader someday.

LEADERS-IN-TRAINING

Ages: 13 to 15 yrs.
Dates: August 15 - September 2
Locations: The first 2 weeks of this program will take place at the Nelson LaPrade Centre, 9 William St., Chesterville and the last week of this program will take place at the Joel Steele Community Centre, 577 Main St., Winchester
Registration Fee: $100 (to cover the cost of outings)

This three-week program will take veteran campers on a journey into leadership development. Campers will expand their skills and apply what they have learned, while partnering with one of the North Dundas Summer Camp staff. This program is great for those who may want to be a camp leader someday.

Public Swimming & Swim Teams

PUBLIC SWIMMING

REGULAR PUBLIC SWIMMING HOURS AT BOTH POOLS WILL BEGIN:
Weekends – June 4 Weekdays – June 27

FEES:
Adults: $2.50
Children (12 and under): $2
SEASON PASS:
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PUBLIC SWIM

Monday - Friday:	1:30 pm - 4:00 pm
	7:00 pm - 9:00 pm
Saturday - Sunday:	1:00 pm - 4:00 pm
	5:00 pm - 7:00 pm

PRESCHOOL SWIM (5 YRS. & UNDER)

Tuesday - Friday:	12:30 pm - 1:30 pm
Saturday & Sunday:	4:00 pm - 5:00 pm

LANE SWIM

Tuesday - Friday:	12:30 pm - 1:30 pm
Friday:	4:00 pm - 5:00 pm
Saturday & Sunday:	4:00 pm - 5:00 pm

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PUBLIC SWIM

Monday - Friday:	7:00 pm - 9:00 pm
Monday - Sunday:	1:00 pm - 4:00 pm
Saturday-Sunday:	5:00 pm - 7:00 pm

PRESCHOOL SWIM (5 & UNDER)

Wednesday & Friday:	12:00 pm - 1:00 pm
Saturday & Sunday:	4:00 pm - 5:00 pm

LANE SWIM

Monday - Sunday:	4:00 pm - 5:00 pm
Wednesday & Friday:	12:00 pm - 1:00 pm

SCHOOL'S OUT PUBLIC SWIMMING

Friday, June 24 (free swim)
Chesterville 1:30 pm - 4:00 pm
Winchester 1:00 pm - 4:00 pm

SWIM TEAMS

Winchester Waves and Chesterville Rippin' Racers are community swim teams that hold 2-3 practices each week in preparation for various swim meets. These swim meets are held at local pools on weekends during the months of July and August.

WINCHESTER WAVES SWIM TEAM

Registration for Winchester Waves will take place at the Winchester Arena on: Wednesday, May 25, 6:30 pm - 8:45 pm
Thursday, May 26, 6:30 pm - 8:45 pm
Wednesday, June 1, 6:30 pm - 8:45 pm

A $35 registration fee will apply. Registration fees **received after June 1 will be $45.** Registration fees include a FREE GIFT (while quantities last). A maximum of seventy-five swimmers may register. Dates and times of practices are TBD. Phone registrations will NOT be accepted.

For more information on Winchester Waves, please contact Shannon at 613-807-2946 and/or Todd at 613-989-1734.

**Participants MUST be able to complete one lap (the length of a 25-meter) pool UNASSISTED. For those with no experience, competition is not mandatory.*

CHESTERVILLE RIPPIN' RACERS SWIM TEAM

Do you want to improve your strokes and endurance while having fun with your friends? Come check out the Chesterville Rippin' Racers swim team! You can join the team, attend multiple swim meets, and share in the excitement. Registration is only $35 before the deadline and $45 after. Registration includes a FREE piece of swim team apparel while quantities last. All that is required is a swim suit and a positive, enthusiastic attitude. Practices will start the first week of July.

Children ages 11 yrs. and under will practice Monday & Wednesday evenings from 4:00 - 5:00 pm and the 12 and over age group will practice Tuesday & Thursday evenings from 4:00 - 5:00 pm.

Registrations will be taken at the pool.

PARENT VOLUNTEER NEEDED FOR THE RIPPIN' RACERS!
The swim team is seeking a parent volunteer to organize and run the swim meet canteen and bake sale. This entails ordering and organizing pick-up and delivery of the canteen food and recruiting and coordinating canteen and bake sale volunteers.

For more information on the Chesterville Rippin' Racers or to volunteer to be the swim meet canteen and bake sale coordinator, please contact the North Dundas Pool Coordinator on or after Tuesday, May 24 at 613-774-2105.

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Pre-School (ages3-5) $65/person/session	Sea Otter, Salamander, Sunfish, Crocodile, Whale	30 minutes
Swim Program (ages 6 & up) $75/person/session	Swim Kids 1-5	40 minutes
" "	Swim Kids 6/7	50 minutes
Swim Kids 8, 9 & 10- $80/person/session	Swim Kids 8-10	1 hour
Bronze Star - $95/person	Bronze Star	1 hour
Bronze Medallion - $120/person	Bronze Medallion	1 hour
Bronze Cross - $120/person	Bronze Cross	1 hour

SESSIONS 1-5: DATES & LESSON TIMES

Session 1 (evening only) June 13-June 24	Win. Pool Time	Chest. Pool Time
Sea Otter	5:45-6:15pm	5:45-6:15pm
Salamander	5:45-6:15pm	5:45-6:15pm
Sunfish	6:20-6:50pm	6:20-6:50pm
Crocodile/Whale	6:20-6:50pm	6:20-6:50pm
Swim Kids 1	7:00-7:40pm	5:45-6:25pm
Swim Kids 2	7:00-7:40pm	5:45-6:25pm
Swim Kids 3	5:45-6:25pm	7:00-7:40pm
Swim Kids 4	5:45-6:25pm	7:00-7:40pm
Swim Kids 5	6:20-7:00pm	6:45-7:25pm
Swim Kids 6/7	7:00-7:50pm	6:50-7:35pm
Swim Kids 8/9/10	7:00-8:00pm	7:00-8:00pm

Daily Morning Program	Sessions **2-** June 27 - July 8 **3-** July 11-22 **4-** July 25-Aug 5 **5-** Aug. 8-19	Win. Pool Time	Chest. Pool Time
Starfish/Duck/Sea Turtle	2-3 Winchester & Chesterville	11:30-12:00pm	11:30-12:00pm
Sea Otter	2-5 Winchester & Chesterville	10:30-11:00am	11:00-11:30am
Salamander	2-5 Winchester & Chesterville	10:30-11:00am	11:00-11:30am
Sunfish	2-5 Winchester & Chesterville	11:00-11:30am	10:30-11:00am
Crocodile/Whale	2-5 Winchester & Chesterville	11:00-11:30am	10:30-11:00am
Swim Kids 1	2-5 Winchester & Chesterville	9:30-10:10am	11:30-12:10pm
Swim Kids 2	2-5 Winchester & Chesterville	8:30-9:10am	10:20-11:00am
Swim Kids 3	2-5 Winchester & Chesterville	9:30-10:10am	11:30-12:10pm
Swim Kids 4	2-5 Winchester & Chesterville	8:30-9:10am	9:30-10:10am
Swim Kids 5	2-5 Winchester & Chesterville	9:30-10:10am	11:30-12:10am
Swim Kids 6/7	2-5 Winchester & Chesterville	9:30-10:20am	10:30-11:20pm
Swim Kids 8, 9 & 10	2-5 Winchester & Chesterville	10:30-11:30am	9:30-10:30am
Bronze Star	2-3 Winchester & Chesterville	8:30am-9:30am	9:30am-10:30am
Bronze Medallion	June 27-July 15, Winchester only	7:00-9:30am	N/A
Bronze Cross	July 18-August 5, Chesterville only	N/A	7:00-9:30am

SESSIONS A-D: ONE EVENING PER WEEK (JUNE 27-SEPT. 1)

Program	Evening	Session Name	Time	Pool
Swim Kids 4/5	Monday	B	5:40-6:20pm	Winchester
Sea Otter	Monday	B	5:45-6:15pm	Winchester
Sunfish	Monday	B	5:45-6:15pm	Winchester
Crocodile/Whale	Monday	B	6:20-6:50pm	Winchester
Swim Kids 3	Monday	B	6:20-7:00pm	Winchester
Salamander	Monday	B	6:20-6:50 pm	Winchester
Sea Otter	Tuesday	A	5:15-5:45pm	Chesterville
Sunfish	Tuesday	A	5:15-5:45pm	Chesterville
Swim Kids 4/5	Tuesday	A	5:15-5:55pm	Chesterville
Salamander	Tuesday	A	5:50-6:20pm	Chesterville
Crocodile/Whale	Tuesday	A	5:50-6:20pm	Chesterville
Swim Kids 3	Tuesday	A	6:00-6:40pm	Chesterville
Swim Kids 1	Tuesday	A	6:20-7:00pm	Chesterville
Swim Kids 2	Tuesday	A	6:20-7:00pm	Chesterville
Swim Kids 2	Wednesday	D	5:40-6:20pm	Winchester
Swim Kids 8/9/10	Wednesday	D	5:45-6:45pm	Winchester
Swim Kids 1	Wednesday	D	6:20-7:00pm	Winchester
Swim Kids 6/7	Wednesday	D	6:10-7:00pm	Winchester
Swim Kids 6/7	Thursday	C	5:00-5:50pm	Chesterville
Swim Kids 8/9/10	Thursday	C	5:00-6:00pm	Chesterville
Starfish/Duck/Sea Turtle	Thursday	C	5:15-5:45pm	Chesterville

REGISTRATION FOR SWIMMING LESSONS, WATER POLO & AQUA FIT

ONLINE: www.northdundas.com

BY PHONE: 613-774-2105

IN PERSON AT: Township of North Dundas Office, 636 St. Lawrence St., Winchester

Please note that registrations are no longer accepted at the Winchester and Chesterville pools. The deadline to register is the Friday at 12 noon, prior to the lesson commencement date.

PRIVATE LESSONS

$20 for a half hour session at either the Winchester or Chesterville Pool. $25 for a half hour session at a privately owned, residential pool, pending provision of proper documentation. Please contact either the Winchester Centennial Pool or the Chesterville Pool for more information.

AQUA FIT

Duration: 9 weeks
Start Date: Monday, July 4
Level: All levels welcome
Registration Fee:
$80 + HST for 1 class/week;
$140 + HST for 2 classes/week;
$220 + HST for 3 classes/week

CHESTERVILLE PUBLIC POOL
AQUA ZUMBA: Wed., 6:00 - 7:00 pm
AQUA FIT: Mon. & Fri., 6:00 - 7:00 pm

WINCHESTER CENTENNIAL POOL
AQUA FIT: Tues. & Thurs., 12:00 - 1:00 pm

WATER POLO

Ages: 11 - 15 yrs.
Duration: 9 weeks
Start Date: Thursday, July 7
Time: 6:00 pm - 7:00 pm
Location: Chesterville Public Pool, 1 William St., Chesterville
Registration Fee: $35

Through fun games and activities, players will learn the basics of water polo such as offense and defensive strategies, passing and shooting the ball. This program is developed to harness all the fun, dynamic aspects of water polo in a safe, easy to learn aquatic experience that will motivate kids to swim and stay fit. Players should be able to swim safely across the pool and back.

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WINCHESTER SHUFFLEBOARD CLUB

Don McIntosh: 613-774-2750
Secretary, Barbara Hutchison: 613-774-2167

The club meets at the Winchester Curling Club. Registration will take place in May and run until September. Please watch for the notice in the *Winchester Press.* Everyone is welcome.

WINCHESTER LADIES BALL

Linda Foster: 613-294-0159
Email: roadrunnerlmf@gmail.com

The first night of the season for Winchester Ladies Ball will be on Wednesday, May 18, 2016 (weather permitting). All games are played in Winchester on the Sox Field. Contact Linda Foster to register.

NORTH DUNDAS MINOR BALL HOCKEY

Lee Bowers
northdundasminorballhockey@gmail.com

All games are played in the Chesterville Arena. Seniors (12-16 yrs.) play Tuesday nights. Juniors (8-11 yrs.) play Wednesday nights.
Ages as of Jan. 1, 2016. Juniors $60/Seniors $70

REGISTRATION LOCATION & DATES:
Chesterville Arena, March 19, 6:30 pm - 8:00 pm
Winchester Arena, March 20 & 31, 6:30 - 8:00 pm

WINCHESTER BADMINTON CLUB

Adrian: 613-774-4949

The Winchester Badminton Club is open for the 2016 season. The club meets every Tuesday and Friday evening from 7:00 - 9:00 pm at Winchester Public School. For more information or to register, please contact Adrian.

EASTERN ONTARIO HORSES OF COURSE

Treasurer, Pam Sherrer: 613-658-2781

The Eastern Ontario Horses of Course Club was founded in 2000 and draws participants from a wide area, surrounding the towns of Winchester, South Mountain and Kemptville. Membership is open to people of all ages and is not restricted by breed of horse or discipline of equestrian activity. Members of this club participate in a variety of activities, such as: draft horse field work demonstrations, light horse fun days, and showcase of breeds; pleasure rides and drives; sleigh rides; and used tack consignment sales and other fund-raising activities. Membership in the group is $20 annually per household.

WINCHESTER SOX MINOR BALL

Steve & Kathy Cochrane: 613-774-1934

Little League baseball registrations, for ages 3 turning 4 to 18 years of age, will be held on March 19 and April 2 in the Joel Steele Community Centre board room in Winchester, from 10 am until 2 pm. For more information, please contact Steve and Kathy Cochrane.

WINCHESTER CURLING CLUB

Alison Summers, President: 613-774-2747
Located at 587 Main St. next to the Joel Steele Arena
Club: 613-774-2129
Email: winchestercurlingclub@gmail.com
Web: winchestercurlingclub.com
Facebook: Winchester Curling Club

The Winchester Curling Club has a long and vibrant history. Serving the Township of North Dundas since 1927. We host a three sheet rink with up-to-date facilities including a full kitchen, lounge, hall, and full-service bar that are available to rent for private parties, weddings and community events. The club offers a variety of curling activities for all age groups; adult day curling, little rock/ bantam/ junior programs, competitive and social curling. We also run a Learn to Curl session each fall. No matter your curling interests, the Winchester Curling Club is pleased to welcome you.

NORTH DUNDAS UNITED SOCCER CLUB

Visit www.ndusc.ca for more information and to register online.

Season Start Date: Week of May 24.
Duration: House League runs for 10 weeks, South Side Soccer League (SSSL), and Adult teams (Pick-Up and OCSL) run until the end of August.
Ages: 2 years old to adult. There is a category for everyone.
Gender: House League (co-ed); Adult Pick-Up (co-ed); SSSL (co-ed, girls – based on enrollment); Adult 18+ OCSL (men, women); and Adult 35+ OCSL (men).
Registration: Online at www.ndusc.ca or in person on Saturday, April 2 (Chesterville Fire Hall, Winchester Arena, Mountain Park).

Please see local newspapers *(Winchester Press & Chesterville Record)*, website, and also check out our Facebook page for details. Email for more information: generalinquiries@ndusc.ca

REGISTRATION DEADLINE IS MAY 2. SPACES ARE LIMITED.

Level	Birth Year	Chesterville**	Mountain**	Cost
U3 (House)	2013-2014*	Thurs 6-7 pm	Tues 6-7 pm	$40
U5 (House)	2011-2012	Thurs 6-7 pm	Tues 6-7 pm	$40
U7 (House)	2009-2010	Tues 6-7 pm	Thurs 6-7 pm	$40
U9 (House)	2007-2008	Tues 7-8 pm	Thurs 7-8 pm	$40
U11 (House)	2005-2006	Thurs 7-8:30 pm	Thurs 6:30-8 pm	$50
U13 (House)	2003-2004	Thurs 7-8:30 pm	Thurs 6:30-8 pm	$50
SSSL U13 (Rec)	2003-2004	TBD	X	$140
SSSL U16 (Rec)	2000-2002	TBD	X	$140
SSSL U18 (Rec)	1998-1999	TBD	X	$140
Adult 18+ (Pick-Up)	≤1998	Mon 8-9:30 pm	X	$40
Adult 18+ (OCSL)	≤1998	TBD	X	$185
Adult 35+ (OCSL)	≤1981	TBD	X	$185

* Must be 2 years old by May 24, 2016.
**Times/Teams subject to change based on enrollment.

CHESTERVILLE LADIES BALL HOCKEY

Leigh Anne Dearing: 613-298-0094

Games will take place Thursday evenings 7:00 - 8:00 pm & 8:00 - 9:00pm at the Chesterville Arena. Ages 16+. Goalies free.

For more information, please call Leigh-Anne.

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UPCOMING EVENTS:

Winchester Ribfest: June 3, 2016

Art on the Waterfront: June 4-5, 2016

Movies Under the Stars:
June 25: Chesterville Arena
July 16: Dundas Drive-in, South Mountain Fairgrounds
August 5: 100 Club Park, Winchester, in conjunction with Dairyfest
August 13: Morewood Community Centre

Dundas County Drive-In Movie Night: July 16, 2016

Winchester Dairyfest: August 5-7, 2016

South Mountain Fair: August 18-21, 2016

Art, Wine & Foodfest: August 21, 2016

Chesterville Fair: August 26-28, 2016

COMMUNITY GROUPS & EVENTS:

WINCHESTER RIBFEST

Owen Shortt: 613-774-2424

Join us on Friday, June 3, from 5:00 pm until 9:30 pm, at Sweet Corner Park in Winchester. Enjoy a great evening of musical entertainment as well as a delicious rib meal and a cash bar. Tickets will be available beginning in late April. Please contact Owen Shortt at Winchester Travel for tickets. In case of rain we will move to the Joel Steele Community Centre.

ART, WINE AND FOODFEST

www.facebook.com/DNDundas
Cheryl Beasley: 613-774-2224

Destination North Dundas: Art, Wine and Foodfest at Smokie Ridge Vineyard Sunday Aug. 21, 2016. With the success of last year's first Foodfest at Smokie Ridge Vineyard we have decided to expand the event to include local artists as well. With the advent of the Local Food Movement we see a need to promote what is available in North Dundas and the surrounding area. Come out and see what our region has to offer. For more information about the Festival please check out our facebook page www.facebook.com/DNDundas or call Cheryl Beasley 613-774-2224

ART ON THE WATERFRONT

Cheryl Beasley: 613-774-2224

Art on the Waterfront is a non-profit organization based in Chesterville and is 100% comprised of volunteers. Our mission is the promotion of art, commerce, and tourism in our beautiful town of Chesterville, and the Township of North Dundas as a whole, through an annual "Art on the Waterfront Festival". This Festival is held on the first weekend of June each year. The 6th annual Festival will be held on June 4 and 5, 2016. It is centred around the waterfront on the South Nation River in downtown Chesterville and includes activity areas at the Chesterville Community Centre, the Chesterville Park and pool. This is an "admission- free" festival. The arts are for everyone and we encourage an environment that will entice all generations to become engaged through music, arts, and craftsmanship.

For information regarding our Art on the Waterfront Festival, please go to www.facebook.com/artonthewaterfront or call Cheryl Beasley at 613-774-2224 .

BLOOD DONOR CLINICS:

CANADIAN BLOOD SERVICES / SOCIÉTÉ CANADIENNE DU SANG

Please drop-in to make your donation or call 1-888-2-DONATE to book an appointment

Date: Thursday, April 7, 2016
Location: Joel Steele Community Centre, 577 Main St., Winchester
Time: 4:30 pm to 8:30 pm

Date: Thursday, August 11, 2016
Location: Joel Steele Community Centre, 577 Main St., Winchester
Time: 4:30 pm to 8:30 pm

S.W.A.P.

S.W.A.P. is a fantastic, locally developed, Facebook page that allows local residents to list items, services, and support that they would like to give away or receive, free of charge (please note: items must be given away or requested for free). Things like clothing, toys, recreation equipment, home furnishings, books, movies, anything you can think of, can be posted on here. Please be advised that there are rules that must be followed for this group, so that it may continue to be the great, friendly resource that is has become. Be sure to check it out!! https://www.facebook.com/groups/230165173690126

PROSTATE CANCER SUPPORT GROUP

Ted Ceelen: 613-989-2824

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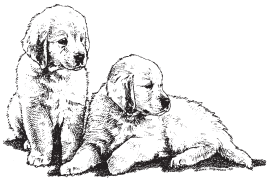

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CHESTERVILLE FARMERS' MARKET

Cheryl Beasley: 613-774-2224
www.chestervillefarmersmarket.com

The Chesterville Farmers' Market would like to invite your organization to participate in the Market. We have a community table that is available, to non-profit organizations, for public education, recruiting, and fundraising opportunities. The table is free of charge, however, individuals or groups wishing to use the table will need to reserve it in advance. We ask that the table not be used to sell baked goods.

The Market is open May 21 to October 8, 2016, Saturday mornings from 9:00 am - 2:00 pm, at the Chesterville Waterfront. Please feel free to call and book your event with Janet Thompson at 613-989-5362 or Cheryl Beasley at 613-774-2224 or cbeasley@teksavvy.com

WINCHESTER SUNDAY MARKET

www.winchestersunday.wix.com/market

The Winchester Sunday Market operates in the heart of the village from May to October, featuring local performers, artisans, and food producers in a family-friendly outdoor setting. For updates, visit us on Facebook at Winchester Sunday Market, as well as our website. For Vendor inquiries, please contact us directly at winchestersundaymarket@yahoo.ca.

A project of the North Dundas Arts Council.

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CHESTERVILLE LEGION BRANCH 434

Isabel Lalonde: 613-448-1997
167 Queen St., Chesterville

Attend the Chesterville Legion for weekly activities including darts and cards. Stay for a drink and enjoy a friendly chat with fellow patrons and Legion members. Join the Legion for their monthly General Meeting which takes place the third Monday of each month at 7:30 pm. Also included in the Legion's regularly scheduled monthly activities are Legion suppers; $12/pp. Chicken BBQs once a month from May to October. Hall rentals available.

For more information on hall rentals or Legion programs and events, as well as general information about becoming a Legion member, please contact Isabel Lalonde.

HOURS OF OPERATION: Tuesday - Saturday 9:00 am – CLOSE
Sunday & Monday – CLOSED

CHESTERVILLE ROTARY CLUB

Dave Black: 613-448-3094
djblack@eastlink.ca

We are all looking forward to the arrival of spring at the Rotary Club of Chesterville. This season's first event is our **Annual Duck Race** in April. Tickets are $5 each and all proceeds go back into the community, so get your ticket from a local Rotarian!

Our **Annual Dutch Heritage Dinner & Dance** will be held Saturday, April 16 at the Chesterville Legion. Come experience the Dutch touch! Social hour 5:30; Dinner 6:30 pm; dance following (8:00 pm-midnight) featuring music by Diamond Heart. Advance tickets only by April 8. $30/person. Call Peter Vankessel for tickets at 613-448-2832.

Our club will be busy in May selling roses and carnations to help celebrate Mother's day. See a Rotarian to buy flowers to honor your Mother.

Rotary will also host our summer BBQ events on the waterfront again. Please consult our local newspapers and our Facebook page for details.

Check us out on Facebook at www.facebook.com/ChestervilleRotary.

Visit our new Facebook page to keep updated at www.facebook.com/chestervillerotary

WINCHESTER LEGION BRANCH #108

613-774-3694
482 Main Street, East, Winchester

We want to welcome you to the Winchester Legion for friendly conversation, a game of cards, and stay for a drink (no membership required). The Legion hosts a wide variety of events that are open to the entire community. The Legion helps your community but also participates in District and Zone events including horseshoes, darts, euchre, golf, and more. Considering becoming a member? Membership applications available to all over 18 years of age. Any Legion member is able to attend our general meetings which are held the last Monday of every month beginning at 7:30 pm.

Our Euchre Tournaments are scheduled monthly. Anyone can register a team of 2 at the bar beginning at 12 noon. Games start at 12:30 pm. Prizes awarded.

Watch for our Legion ads in the *Winchester Press* for more information on upcoming events.

Legion hall rentals are a stress-free way to hold your own private party. Both the front room (which includes the use of the large screen) and the hall downstairs (with the kitchen) are available for bookings (no membership required). Please call the Legion for more information.

HOURS OF OPERATION:
Monday - Saturday 2:00 - 6:00 pm (or longer).

MOUNTAIN & DISTRICT LIONS CLUB

President, Ted Ceelen: 613-989-5659

We, the Mountain and District Lions Club, are inviting you to join us at the annual **Spring Steak Dinner and Show**, April 9. Tickets are $40 each and can be purchased by contacting Bob at 613-989-2823. Community members are welcome to help us with our spring roadside clean up this April. New members are always welcome. Please contact Ed Duncan at 613-989-2838 for more information about the North Dundas Canada Day Celebrations or to volunteer for the event.

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CHESTERVILLE AND DISTRICT LIONS CLUB

Jordan Hodge: 613-913-4534
Chestervillelions@gmail.com

27th Annual Car Rally & Chicken BBQ - Saturday, March 26 at the Chesterville Legion. Registration is from 11:00 am to 12:00 noon. The cost is $20 per navigation booklet which includes prizes for pilot and co-pilot. The cost for the Chicken BBQ is $12/half chicken dinner with beans, coleslaw, and a bun. Advanced tickets are available for the Chicken Dinner, with only 120 tickets available.

Shane LaPlante Memorial Tractor Pull - May 28 at the Chesterville Fair Grounds. Visit: www.goodtimepullingclub.com for more info.

CHEO Drive - Saturday, June 11. Help the Chesterville Lions support your Children's Hospital. The Lions will be on the bridge in Chesterville from 7:00 am until 2:00 pm collecting money for CHEO. 100% of the proceeds will be going to the hospital.

For more information check out our Facebook page: https://www.facebook.com/ChestervilleLionsClub.

WINCHESTER LIONS CLUB

info@winchesterlions.com
www.winchesterlions.com

We've been serving Winchester for over 40 years. Meetings are held every 1st and 3rd Wednesday of each month; September through June. The club is always looking for new members who would like to support their community.

THE GATHERING HOUSE

613-448-1758 or 613-448-1304
2 Water Street, Chesterville
www.thegatheringhouse.ca

The Gathering House is a missional church that is committed to providing opportunities for members of the wider Dundas community to have their lives enriched by engaging in activities designed to build caring relationships, develop common interests, serve those in need, and explore issues of faith.

Not-for Profit Coffee Shop: The cafe is the hub of The Gathering House. It is designed to provide a comfortable and relaxed environment for you to connect with friends or simply "chill out" by yourself. We offer "recovery cost" free trade coffees and teas, as well as "yummy" home baked goodies.

HOURS OF OPERATION: Monday to Friday 9:00 am to 4:00 pm, and during Art on the Waterfront

CHESTERVILLE AND DISTRICT HISTORICAL SOCIETY

Jillian Metcalfe: 613-448-9130
chestervillehistoricalsociety@gmail.com

Located in the town of Chesterville, the Society is interested in preserving the history and artifacts of the surrounding Township. We have many artifacts, displays, and books detailing the history of the area as well as a microfilm reader and microfilm of the *Chesterville Record* from 1894 until the 1970s. Contact a Society member to arrange a time to come to the Heritage Centre to do some research or to take a look at exhibits that detail the history of our area.

Historical Society meetings take place the 3rd Tuesday of every month and commence at 7:30 pm. All are welcome. We have many special events during the year, so watch your local papers for notices of these.

NORTH DUNDAS HISTORY STEWARDS/ MUNICIPAL HERITAGE COMMITTEE

Carol Goddard: 613-938-2455
carol.goddard@sympatico.ca

The North Dundas History Stewards are a group of individuals who are ready, willing, and able to assist in any manner possible, to ensure that the history of North Dundas is preserved, conserved, and promoted. We are like-minded individuals who are available to research questions that people might have, about our local heritage. Please remember that we are a volunteer group with many demands upon our free time, so a reply may not be immediate.

DUNDAS COUNTY FOOD BANK

613-774-0188
497 May St., Winchester

The Dundas County Food Bank welcomes its clients, donors, and volunteers in its 25th year of operation in North Dundas.

HOURS OF SERVICE:
Monday 10:00 am to 12 Noon
Wednesday 7:00 pm to 9:00 pm
Thursday 1:00 pm to 3:00 pm

Our Morrisburg location is at 28 Ottawa Street, 613-543-0065.

We appreciate the support of the community, without whom we could not offer emergency food assistance. Donations of time, food, and funds are a great help. Foods including juices, canned meats/fish, fruit and vegetables, cereals, and pastas are always needed and can be dropped off at the grocery store or at the FoodBank during open hours. Monetary donations can be dropped off at the FoodBank or mailed to Box 32, Winchester, K0C 2K0. Official tax receipts will be provided. We participate in events such as Parade of Lights, Dairyfest, Hunger Awareness in the Spring, Food for Fines by local libraries, and other local events. Anyone wanting to support the FoodBank can become a DCFB member for an annual fee of $15/individual or $35/family, and corporate memberships are $100. Tours are available. For more information contact Ian McKelvie at 613-898-0781 or dcfbadmin@bellnet.ca. You can also visit our web site: dundascountyfoodbank.com or follow us on Facebook: facebook.com/dundascountyfoodbank.

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DUNDAS COUNTY PLAYERS

The Dundas County Players, your local community theatre is currently in rehearsal for our spring production of "My Darling Judith" by Norm Foster being directed by Bill Steele. It is the comic story of a business men wanting to have an affair. He tries to distract his wife by tasking one of his employees with the mission of seducing her. Will it work? Come and see.

The play will be performed at the Old Town Hall on April 8, 9, 10, 15, 16 and 17, 2016.

TO RESERVE TICKETS CALL: 613-297-0097 or purchase on-line at DCPLAYERS.ca starting approximately one month prior to the show.

For more information about the DCP, ticket sales, show dates and times, how to get involved etc., contact us at: info@DCPlayers.ca

All performances will take place at the Winchester Cultural Centre, 478 Main St, Winchester.

NORTH DUNDAS ARTS COUNCIL

northdundasartscouncil@yahoo.ca

The North Dundas Arts Council (NDAC) is an inclusive group of artists comprising all genres of the arts and supporting arts initiatives in the Township of North Dundas. Membership is free and open to artists at all stages of their career, and to supporters of the arts, residing in the Township. We meet in the Winchester branch of the SD&G County Library – visit our Facebook page at North Dundas Arts Council for details and regular updates!

WINCHESTER OPEN MIC NIGHT

winchesteropenmicnight@yahoo.ca

Winchester Open Mic Night takes place Thursdays, from 7:00 to 10:00 pm, at the Old Town Hall, 478 Main Street, Winchester. We feature a fully accessible sixties-style coffeehouse, an alcohol-free dollar canteen, monthly community potlucks; and the Winchester Open Mic Night "Under The Stars" mini-fest in August. Join us for an evening of music and readings in a relaxed, inclusive space where you can be part of the show or the audience – or both!

This FREE event is a project of the North Dundas Arts Council. "Like" us on Facebook at Winchester Open Mic Night.

CHESTERVILLE KAYAK CLUB

Bonnie MacIntosh: 613-346-7095
2bmacintosh@bell.net www.chestervillekayakclub.com

We are a club of recreational and touring kayak paddlers, based in Chesterville. We enjoy some of the best paddling there is in the Ottawa and St. Lawrence River valleys. The South Nation River in Chesterville is our home. For great paddling and fun, join us on the water; all are welcome. For upcoming events, visit our website.

GIRL GUIDES OF CANADA

Ontario Council: 1-877-323-4545

For girls between the ages of 5-17 yrs., Guiding is an accepting environment with diverse and exciting programs and activities that offer the chance to discover new interests, learn valuable leadership skills, and make lasting friendships. Guiding gives girls the tools and resources they need to achieve greatness.

For women 18 yrs. +, Guiding fosters opportunity to be a part of the community by helping girls develop their full potential. It's a place for personal growth, mentoring and travel opportunities.

For more information please visit www.girlguides.ca

WINCHESTER SCOUTING

Bert Hill: 613-774-2047
bert7hill@gmail.com

For more than 70 years, the scouting movement has been part of life in North Dundas. We offer an active program of outdoor activities, games, sports, community service, and opportunities to learn about the world and earn badges. Every year the public generously supports Apple Day and tree-planting efforts which keeps uniform and registration costs far below many other youth programs. Our Otters (5-7 yrs.) meet as every Thursday at 6:30 pm and Timber Wolves (8-10 yrs.) and Explorers (11 yrs.-plus) meet every Wednesday at 6:30 pm at Winchester Public School. Registration for these great programs will take place in September, so please watch for dates, times, and locations in local media as well as in flyers, which are sent home with students of Winchester public and Chesterville public and separate schools. We are always interested in leaders with or without experience.

DUNDAS COUNTY 4-H CLUB

Carolyn Lillico: 613-989-2917

4-H is an organization dedicated to the personal development of youth through "hands-on" learning. With projects encompassing agriculture, food, health, and the environment, youth between the ages of 9 to 21 yrs. (as of Dec 31 of the previous calendar year), have the opportunity to meet new friends and have fun while developing new skills. New to 4-H is a Cloverbud Program that introduces youth ages 6 to 8 years old to all facets of 4-H Ontario projects through fun, age-appropriate experiential learning opportunities. Our volunteer leaders are dedicated, screened individuals who want to provide a safe, fun learning environment within their club. 4-H is open to all youth, whether they are from the city, rural community, or a farm. An annual membership fee of $75 is paid to 4-H Ontario. There are opportunities for youth to participate in local, regional. provincial, national, and international events. For more information about 4-H, visit the 4-H Ontario website, www.4-hontario.ca

ONTARIO EARLY YEARS CENTRE

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fcarr@giag.ca
530 Fred Street, Winchester
www.giag.ca/early-years

We are here for all children up to six years of age and their parents and caregivers.

PLAY & LEARN HOURS:
Mondays: 9:00 am - 12:00 pm and 1:00 pm - 3:00 pm
(Watch Me Grow)
1:00 pm - 3:00 pm
(Infant Afternoon: Watch Me Grow, Infant Massage, Infant CPR, Baby Rhyme Time)
Tuesdays: 9:00 am - 12:00 pm
Wednesdays: Community Day (We will be in the Winchester or Chesterville park every Wednesday 10:00 am - 12:00 pm all July and August)
Thursdays: 9:00 am - 12:00 pm
(A French program 10:00 am - 11:00 am for children to have an introduction to French before going to school)

• MORE COMMUNITY GROUPS & EVENTS ON PAGE 49

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JOB ZONE D'EMPLOI

613-774-5627
530 Fred Street, Suite B

Job Zone d'emploi is non-profit community-based organization that has been providing bilingual comprehensive employment services to job seekers and employers, in the city of Cornwall, as well as the counties of Stormont and Dundas, since 1985. Whether you are looking for a job or exploring career options, Job Zone d'emploi can help! Services available include access to computers to develop a resume, internet for job searching, photocopies of your resume, access to a fax machine, employment related workshops, and much more! If you are an employer looking to hire, or laying off employees due to downsizing, restructuring, or closure, we can help! Job Zone d'emploi responds to the needs of employers by providing information on the local labour force, posting employment opportunities, as well as providing support for HR planning and recruitment.

HOURS: Job Zone d'emploi in Winchester is open Monday to Friday from 8:30 am to 4:00 pm.

For additional information, please visit our Winchester office located in the Community Care Building; 530 Fred Street, Suite B, or call us at 613-774-5627. Our services are free of charge and confidential.

LA LECHE LEAGUE CANADA – WINCHESTER

Email: lllcwinchester@hotmail.com
Leaders: Louise 613-774-3722 / 613-258-0222
Wendy: 613-774-2047
Linda: 613-258-4667

Providing mother-to-mother breastfeeding support and information to pregnant and nursing women in the Winchester/Kemptville Area, for 35 years. La Leche League Canada - Winchester Group offers free monthly, facilitated conversations by specially trained La Leche League Canada volunteer Leaders. Informal meetings feature current and accurate information, mother-to-mother support and sharing of experiences with women who are pregnant or nursing. Breastfeeding babies are always welcome.
Telephone assistance and a lending library are also available.

La Leche League Canada-Winchester Group currently meets the fourth Thursday of every month at the Ontario Early Years Centre, located at 33 Clothier St. E, Kemptville @ 1:30 pm.
For information about La Leche League Canada, please visit our website lllc.ca / http://www.lllc.ca/lllc-winchester.
La Leche League International was founded in 1956.

HAPPY FACE NURSERY SCHOOL

South Mountain: 613-989-3248
Chesterville: 613-448-2771

Happy Face Nursery School and Child Care is a non-profit organization, which is dedicated to providing quality child care. Early Childhood Educators care for your children in a nurturing environment that is carefully designed to promote learning in all developmental areas. Happy Face offers a variety of programs at six different locations. Both South Mountain and Chesterville locations are open year-round from 6:00 am - 6:00 pm and offer programs for children between the ages of 12 months to 12 years, including March Break and summer programs for school age children. In Winchester, we operate a part time Nursery school for children aged 18 months to 5 years. Fee subsidies are accepted at all locations.

Please visit us on Facebook at Happy Face Nursery School Child Care Centre. For more information, or to register, please call Cheryl at 613-809-8550.

ALL THINGS FOOD SDG COMMUNITY FOOD NETWORK

All Things Food Coordinator: Kat Rendek
info@allthingsfoodbouffe360.ca
www.allthingsfoodbouffe360.ca

All Things Food is your local Community Food Network that aims to increase access to local, healthy, and sustainable food for all residents of SDG and Cornwall. Some of the network's projects include supporting our 12 regional Green Food Box programs, coordinating the SDG Community Garden Network and edible landscaping events, expanding Farm-to-School programs, and promoting our local food community during the 10 Day Local Food Challenge and Eastern Ontario Garlic Festival. Get involved with the good food movement!

THE HOUSE OF LAZARUS

613-989-3830
2245 Simms St., Mountain, ON, K0E 1S0
www.houseoflazarus.org
house.lazarus@gmail.com

The House of Lazarus Community Outreach Mission has 30 years of service in Dundas County. Our services include the Food Bank, Thrift Shop and Household Goods Shop, as well as advocacy and referrals. As part of our outreach ministry, we aid fire victims, our local women's shelter, clients of area food banks, and our own clients by providing them with food, clothing, and household goods. Everyone is welcome to come shop, where every dollar spent generates revenue to support our food bank and outreach programs. For up-to-date information on our current projects, Food Bank needs, sales, and our other activities, please visit our website, www.houseoflazarus.com or Facebook page, House of Lazarus Community Outreach Mission.

HOURS OF OPERATION:
Monday, Wednesday & Friday from 9:00 am to 2:00 pm.
Tuesday & Thursday from 9:00 am to 8:00 pm.
Saturday from 9:00 am to 3:00 pm.

Our food bank is open week days from 9:00 am to 1:00 pm, Tuesday & Thursday nights from 5:00 pm to 8:00 pm and Saturday from 9:00 am to noon.

NAOMI'S FAMILY RESOURCE CENTRE

Locally: 613-774-2838
Toll Free: 1-800-267-0395
www.naomiscentre.ca

Naomi's Family Resource Centre is a shelter for abused women 16 years or older with or without children. We provide confidential, safe refuge for individuals who have been physically, emotionally, sexually or financially abused, threatened or harassed. Each woman is provided with options so she can gain perspective on her situation and consider her alternatives. A woman is presented with practical assistance and information so that she can make realistic plans and we support her in proceeding with her plan.

Our free services offered include:

- Residential Program - crisis counselling services 24 hrs./ 7 days a week
- Crisis Line - crisis counselling services 24 hrs./ 7 days a week
- A Child & Youth Program
- Women's Support Groups
- Community Awareness Presentation and/or Workshops

• MORE COMMUNITY GROUPS & EVENTS ON PAGE 51

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Winchester Branch: 613-774-2739
www.eohu.ca

The Eastern Ontario Health Unit... so much more than flu shots! When you think of public health, what comes to mind? For many people, it's the flu shot. Well, you may be surprised to find out just how much the Eastern Ontario Health Unit does in our community. Here are some examples:

- quit smoking workshops
- grocery store tours (for tips and tricks on healthy choices)
- free dental services for children 17 and under who qualify
- food safety training
- annual rabies vaccination clinics for cats and dogs
- prenatal classes
- workshops to help make your own baby food
- drop-in centres for parents of children under 6 yrs. Of age
- drop-in centres for teens
- residential well water testing
- and of course immunization clinics (for the flu, for travellers, for children, etc.)

But that's NOT all! Find out how public health fits into your life. Visit www.eohu.ca or call 1-800-267-7120, and ask for Health Line.

CHESTERVILLE GREEN GANG

Shirley Coons: 613-448-2099

The Green Gang was formed in 1998 after the ice storm. It is made up of volunteers for the purpose of beautifying our village. We have completed many projects over the years as well as planted flowers and maintained them. We try to do our own fundraising to pay for these things but we also accept assistance from the Township of North Dundas as well as donations from the service clubs, businesses, and individuals. The Green Gang is actively looking for new volunteers to help with the future endeavours.

DUNDAS COUNTY HOSPICE

613-535-2215
4353 County Road 31, Williamsburg, ON
info@dundascountyhospice.ca

Dundas County Hospice offers a variety of services to anyone suffering from a terminal or life threatening illness. Referrals are accepted from anyone including health and social agencies, nurses, physicians, clergy, friends, or clients and their families. We accept clients at any stage of disease. There is NO CHARGE for our services.

Volunteer Visiting Program: Trained, screened, supervised, volunteers to sit with clients in their homes. Offers companionship for clients and respite for caregivers.

Day Hospice Program: Held weekly. Activities include discussions, music, yoga, crafts, games, puzzles, pet therapies, meditation, and occasional outings. Nutritious lunch and snacks provided. Transportation can be arranged.

Equipment Loan Program: Short-term and long-term loan of equipment such as electric lift chairs, walkers, wheelchairs, bath seats, raised toilet seats, etc. Soft supplies such as: sheepskin, bed pads, etc.

Complementary Therapies: In-home foot care, massage, etc for less mobile clients.

Caregiver Support: Support for caregivers in a group setting, or one-on-one with volunteers or staff, also connecting with other helpful community resources.

Bereavement Support: Comfort and support for grieving family and friends, one-on-one with volunteers or staff, also connecting with other helpful community resources.

Hospice Palliative Care Course: Offered annually, 3 hours per week for 10 weeks designed for those interested in becoming a Hospice volunteer.

Library of Resources: A variety of books and resources touching on a number of relevant topics available for borrowing.

If we happened to miss your organization or event in this guide, please give us a call at 613-774-2105 Ext. 236 or email mmeerburg@northdundas.com

RECREATION ASSOCIATIONS

ORMOND HARMONY CLOVERDALE RA

Floyd Fisher: 613-774-6115 Paul Porteous: 613-774-3900

The Ormond Harmony RA is a volunteer organization that is active in their community. They have hosted a number of events in the past and this summer they will not disappoint.

EASTER PARTY & POT LUCK SUPPER will be hosted on Saturday, March 19, 2016. Doors open at 6:00 pm and the meal will begin at 6:30 pm. This event will take place at the Morewood Community Hall and include an Easter egg hunt, crafts, games, and a snack. Come out and meet Mr. and Mrs. Bunny! Please bring your favorite dish and/or dessert to this event. The RA will be providing refreshments, buns, turkey, and ham.
Volunteers required!

Join the Recreation Association for their **REGULAR MEETING** that will take place on Wednesday, April 13 at 7:30 pm at the Country Kitchen, Cty. Rd. #31 in Winchester.
If you are interested in becoming involved, please call Floyd Fisher and/or come out and join us!

Bring your family & friends and join us on Thursday, June 30 at 7:00 pm for our annual **STRAWBERRY SOCIAL AND CANADA DAY BARBECUE.** This event will take place at the Harmony Church, 12010 Ormond Rd., rain or shine. Satisfy your appetite with hotdogs, salads, cake, strawberries, and refreshments. Bring the kids for face painting, take part in the many games, and enjoy a friendly conversation with your neighbours. Admission for adults - $5, children 10 yrs. and under are free.
Volunteers welcome!



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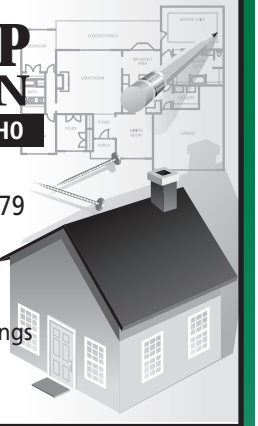

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Seniors' Programs

MOUNTAIN SENIORS CLUB

Jack McCarger: 613-989-5569

Meetings take place the last Wednesday of each month. The meetings will begin at 11:30 am and will include a potluck luncheon, followed by a short program. Please bring along your favourite dish to share! Meetings will take place all year, with the exception of July and August.

WINCHESTER GOLDEN YEARS

Roberta Giberson: 613-774-4273

The Golden Years, age 50+, meet the third Thursday of each month, except for July, August, and December. Meetings are held at 11 am at the Winchester Lions Hall. On these days, meetings are followed by a served lunch at 12 noon and then entertainment.

The seniors group plays euchre the second and fourth Thursdays of the month. Euchre begins at 7:30 pm and is held at the Winchester Lions Hall.

Golden Years also have a choral group, which entertains at the hospital.

Golden Years welcomes any new members. For more information, please call Roberta Giberson at 613-774-4273.

NOR-DUN SENIORS' SUPPORT SERVICES

a Carefor Agency, offering a variety of Community Support Services

There are three sites in North Dundas:

- **Nor-Dun Centre,** 517A Albert Street, Winchester
- **Nelson LaPrade Centre,** 9 William Street, Chesterville
- **Mountain Township Ag Hall,** 2967 Lough Road, South Mountain

Activities and services are arranged for seniors and also adults with disabilities. You can participate in activities at any one or all of the sites. Fees are set according to the event and services. New participants will be asked to provide basic information, such as emergency contacts, that will be kept on file.

REGULAR ACTIVITIES FOR NOR-DUN CENTRE IN WINCHESTER

Diners Meal every Monday, Wednesday, and Friday at 12:00 pm
Bid Euchre is every Thursday at 12:30 pm
Pat's Exercise Class is every Wednesday at 9:30 am
Tai Chi Class every Wednesday at 11:00 am
FREE Exercise Class (working on range of motion, strength, and balance) every Monday and Friday at 10:15 am

REGULAR ACTIVITIES FOR NELSON LAPRADE CENTRE IN CHESTERVILLE

Diners Meal every first and third Tuesday of the month at 12:30 pm
Euchre is every Thursday at 1:00 pm
Tai Chi classes every Thursday at 2:30 pm

REGULAR ACTIVITIES FOR MOUNTAIN TOWNSHIP AG HALL IN SOUTH MOUNTAIN

Diners Meal every Thursday at 12:00 pm
Euchre is the third Thursday of every month at 1:00 pm

For more monthly details, be sure to check local newspapers the last week of every month, or contact the Nor-Dun Centre at 613-774-6109, or e-mail crooney@carefor.ca.



Dundas County Drive-in Movie Night

The North and South Dundas Recreation Departments are excited to once again partner for this event.

On Saturday, July 16 everyone is welcome to join in the nostalgia of drive-in movies.

Come out to the South Mountain Fairgrounds to catch a flick with friends and family. There will be an assortment of snacks available for purchase.

For up-to-date information on the Dundas County Drive-in Movie Night, please watch for the North Dundas Summer Program Brochure that will hit mailboxes and be on the Home Page of our Municipal website at www.northdundas.com, in May. Updates will also be posted in June, on the North Dundas Facebook page and on the North Dundas Community Events Calendar that is available at www.northdundas.com.

Cancellations due to weather will be posted on the North Dundas Facebook page.

See you at the drive-in!

For questions and feedback regarding this event, or to find out how you can become a volunteer or sponsor, please contact Gina Welch at 613-774-2105 ext. 223 or gwelch@northdundas.com.

Public Libraries

SD&G COUNTY LIBRARY 2016 SPRING/SUMMER PROGRAMS

Our Mission is to be actively engaged and make a significant contribution to the social and economic success of the community by providing free, convenient and equitable access to information for all residents as well as programs and services that support creativity, imagination, innovation and entrepreneurism.

CHECK US OUT ONLINE!
www.sdglibrary.ca for details on upcoming programs.

CHESTERVILLE BRANCH

613-448-2616 1 Mill St., Chesterville, ON, K0C 1H0
chestervillelib@sdglibrary.ca

HOURS:
Tuesday 3:00 pm - 8:00 pm, Wednesday 10:00 am - 2:00 pm
Thursday 5:00 pm - 8:00 pm, Saturday 10:00 am - 1:00 pm

MOTHER'S DAY STORYTIME & CRAFT
Saturday, May 7, 10:30 am - 12:00 pm
Drop in and make a gift to present to that very special lady – Mom! Make something for Grandma, too!

FATHER'S DAY STORYTIME & CRAFT
Saturday, June 18, 10:30 am - 12:00 pm
Drop in and make a gift to present to that very special man – Dad! Make something for Grandpa, too!

CELEBRATING SENIORS MONTH
Join friends and neighbours for Coffee and a game of Scrabble on **Saturday, June 4 & 11, 10:00 am - 1:00 pm.**

ADULT COLOURING NIGHT!
Thursdays in July, 6:00 - 8:00 pm
Bring your own colouring pages, pencils, and markers. Relieve stress and show off your creativity with some grown-up fun!

FAMILY GAME NIGHT
Tuesdays in June, July & August, 5:00 - 8:00 pm
Enjoy card or board games with family and friends. Bring your own games or try out what the Library has to offer. Popcorn provided.

CANADA DAY CRAFT & SCAVENGER HUNT
Saturday, June 25, 10:30 am
Enjoy an outdoor scavenger hunt (weather permitting) then complete a fun Canada Day craft. Games to be played and prizes to be won! For children and their parents/caregivers.

TODDLER STORY & PLAY TIME
Wednesdays in August, 10:30 am - 12:00 pm
Fun for the wee ones, their parents and caregivers. We'll have fun with a story time, colouring, and games!

TD SUMMER READING CLUB
Tuesdays in July & August, 3:30 pm
Made to encourage kids to let loose their imagination, build their creative skills, and celebrate their curiosity, the TD SRC is also a great way to keep kids on track for school in September by encouraging them to read. Stop by the Library Branch to register for this fun and socially interactive program offered weekly all summer long. For children ages 6-12.

WINCHESTER BRANCH

613-774-2612 547 St. Lawrence St., Winchester, ON, K0C 2K0

HOURS: Monday 9:00 am - 1:00 pm, Tuesday 10:00 am - 8:00 pm
Wednesday 3:00 pm - 8:00 pm, Thursday 10:00 am - 8:00 pm
Friday 1:00 pm - 4:00 pm, Saturday 10:00 am - 1:00 pm

MONDAY MORNINGS AT THE LIBRARY, Mondays, 10:30 am
Start the week off right with a fun social gathering for children and their caregivers. This weekly event will help you beat the Monday morning blahs. Join us for storytime, crafts, and songs. Contact the branch for more details

FAMILY NIGHT AT THE LIBRARY, Wednesdays, 6:00 - 7:30 pm Come join us at the Library on Wednesday nights! Make use of our free WiFi and computers for homework help and resources, play some family board games, build with Lego, read some books! Teens come see our new and improved TEEN ZONE!!

MOTHER'S DAY STORYTIME & CRAFT, Saturday, May 7, 10:30 am
Drop by the Library and make a Mother's Cay craft and card. Enjoy a storytime and surprise Mom with your beautiful bouquet! For all ages.

SENIORS SOCIAL, Saturday mornings in June, 10:00 - 11:00 am
Join us for coffee and muffins, play a board game or visit with friends. Share your ideas on what the Library could offer seniors. All are welcome.

SCHOOL'S OUT FOR THE SUMMER! MOVIE NIGHT
Thursday, June 30, 6:30 pm
Let's celebrate! Summer is here and we're hosting a Movie Night that is sure to be enjoyed by the whole family. Come in your pj's, snuggle up with your pillow and watch "Inside Out" with your family and friends! Popcorn and juice will be provided.

TD SUMMER READING CLUB, Tuesdays in July & August, 1:00 pm
Made to encourage kids to let loose their imagination, build their creative skills, and celebrate their curiosity, the TD SRC is also a great way to keep kids on track for school in September by encouraging them to read. Stop by the Library Branch to register for this fun and socially interactive program offered weekly all summer long. For children ages 6-12.

MOREWOOD BRANCH

613-448-3822 21 Russell St., Morewood, ON, K0A 2R0
morewoodlib@sdglibrary.ca

HOURS:
Tuesday from 3:00 pm - 8:00 pm; Wednesday from 10:00 am - 1:00 pm
Thursday from 4:00 pm - 8:00 pm; Saturday from 10:00 am - 1:00 pm

WEDNESDAY MORNING COFFEE CLUB, Wednesdays, 11:00 am
Join us for a cup of java and some great book talks! Everyone welcome.

ADULT SCRABBLE NIGHT, First Thursday of every month, 6:30 pm
Drop-in program. Come in and challenge staff to a great game of Scrabble.

TEEN GAME NIGHT, Tuesdays, 6:00 pm
Bring your friends in for a night of gaming. Get competitive and play some traditional board games. From Scrabble to Monopoly, join us for some good ol' fun!

MAKING MUSIC!, Tuesday May 17, 6:00 pm
Come into the Library and we'll make some beautiful music together! Bring your own instrument or borrow one of ours. A program for children and their parents/caregivers.

TD SUMMER READING CLUB, Thursdays in July & August, 4:00 pm
Made to encourage kids to let loose their imagination, build their creative skills and celebrate their curiosity, the TD SRC is also a great way to keep kids on track for school in September by encouraging them to read. Stop by the Library Branch to register for this fun and socially interactive program offered weekly all summer long. For children ages 6-12.

SD&G COUNTY LIBRARY
2016 SPRING/SUMMER PROGRAMS

SOUTH MOUNTAIN BRANCH

613-989-2199
10543 Main St., South Mountain, ON, K0E 1W0
southmountainlib@sdglibrary.ca

HOURS:
Tuesday from 5:00 - 8:00 pm, Wednesday from 10:00 am - 2:00 pm, Thursday from 3:00 - 8:00 pm, Saturday from 10:00 am - 1:00 pm.

MARCH BREAK GAMES DAY, Wednesday, March 16, 10:30 am
Celebrate March Break with a fun morning of board games, crafts, and LEGO. For children 4-10. A drop in program.

EARTH DAY PRESCHOOL STORYTIME,
Wednesday, April 20, 11:00 am
Learn about taking care of the Earth in stories and fun activities. For preschoolers and their parents/ caregivers.

MONTHLY CRAFT EVENINGS - Thursday evenings at 6:30 pm
Learn something new! More information available at the branch. In partnership with the Friends of the South Mountain Library Resource Centre

SENIORS MOVIE AFTERNOONS - Wednesdays at 2:00 pm
More information available at the branch. In partnership with the Friends of the South Mountain Library Resource Centre

GRAPHIC NOVEL MONTH - April 2015
Check out a graphic novel at the library and enter a draw.

EARLY YEARS CIRCLE TIME -
Speak to Library staff for dates and times
Join the Early Years staff for a morning of stories, songs and games for toddlers and their caregivers.

SUMMER READING CLUB
Wednesday at 10:30 am for July and August
This program is designed to keep kids reading over the summer by offering a fun club with games, prizes, activities and more reasons to read.

For a complete list of Library programming and events please visit the library website at www.sdglibrary.ca

GREEN FOOD BOX PROGRAM

Organized by Linking Hands Dundas County in conjunction with the Eastern Ontario Health Unit, the Green Food Box Program is a not-for-profit, fresh fruit and vegetable buying program that is available to all North Dundas residents.

Bags can be purchased, in advance only, for $10 (cash only) and there is no limit on the number of bags that an individual, couple, or family can purchase at one time. With many order locations in North Dundas, registration is made easy and accessible.

Each month the contents of the bags will change to reflect seasonal produce as well as market prices, availability, and customer feedback.

An example of what a previous bag contained for this low price, is: 4 pears, 2 oranges, 4 kiwi, 4 apples, 1 lemon, 1 green pepper, 2 lbs. of carrots, 5 lbs. of potatoes, 2 lbs. of onions, 1 head of broccoli, 1 head of iceberg lettuce, and 2 tomatoes.

Payment for Green Food Box must be completed by the submission deadline, which is the second last Friday of each month. Bags are then available for pick-up on the last Friday of the month (see website for schedule) between 11 am and 2 pm.

For up-to-date information on this program, visit www.linkinghandsdundas.ca or www.greenfoodbox.ca or contact Linking Hands at 613-989-3830

The TOWNSHIP OF North Dundas Presents Movies Under The Stars

THAT'S RIGHT!
Once again, the Township of North Dundas will be hosting Movies Under The Stars events this summer.

Events are currently being planned for your enjoyment, but at this point, movie titles are still unknown. Be sure to bring your blanket or lawn chair and join us!

The best part of an outdoor theatre with a 23-foot inflatable screen featuring great films under the night sky – is it's FREE!!
For more information and updates, watch for the Summer Program Brochure that will hit mailboxes in May.

Information can also be found on the Township of North Dundas website home page at www.northdundas.com in May. Updates will also be posted in June, on the North Dundas Facebook page, and on the Community Events Calendar on our website.

For questions and feedback regarding these events or to find out how you can become a volunteer or sponsor, please contact Gina Welch at 613-774-2105 ext. 223 or gwelch@northdundas.com.

SEE YOU AT THE MOVIES!

MOVIE DATES**
June 25: Chesterville Arena
July 16: Dundas Drive-in, South Mountain Fairgrounds
August 5: 100 Club Park, Winchester *(in conjunction with Dairyfest)*
August 13: Morewood Community Centre

***These events will be held rain or shine. Indoor locations will be planned in event of rain For up-to-date information, please visit the North Dundas Facebook page.*

COMMUNITY SERVICES

All Things Food
Kat Rendek
info@allthingsfoodbouffe360.ca

Arena - Chesterville
613-448-3267

Arena - Winchester
613-774-2006

Canadian Blood Services
1-888-2-DONATE

Chesterville & District Historical Society
Jillian Metcalfe 613-448-9130

Chesterville Farmers' Market
Cheryl Beasley 613-774-2224

Chesterville Green Gang
Shirley Coons 613-448-2099

Child, Youth & Family Crisis Line for Eastern Ontario
1-877-377-7775

Dundas County 4-H Club
Carolyn Lillico 613-989-2917

Dundas County Food Bank
613-774-0188

Dundas County Hospice
613-535-2215

Dundas County Players
613-297-0097, info@DCPlayers.ca

Eastern Ontario Health Unit
1-800-267-7120, 613-774-2739

Girl Guides of Canada
1-877-323-4545

Happy Face Nursery School
Chesterville 613-448-2771
South Mountain 613-989-3248

House of Lazarus
613-989-3830

Job Zone d'emploi
613-774-5627

Jump Start
Gina Welch 613-774-2105 ext. 223

La Leche League – Winchester Group
Louise 613-774-3722,
613-258-0222
Wendy 613-774-2047
Linda 613-258-4667

Linking Hands Dundas County
613-989-3830

Mountain Seniors Club
Jack McCarger 613-989-5569

Naomi's Family Resource Centre
613-774-2838

Nor-Dun Senior Support Centre
613-774-6109

North Dundas Arts Council
northdundasartscouncil@yahoo.ca

North Dundas History Stewards/ Municipal Heritage Committee
Carol Goddard 613-938-2455

North Dundas Landfill
613-774-5157

Ontario Early Years Centre
Fiona Carr 613-774-5487

Pool - Chesterville
613-448-2012

Pool - Winchester
613-774-1603

Prostate Cancer Awareness Group
Ted Ceelen 613-989-2824

Social & Housing Services of SD&G
1-877-448-3987 Ext. 0

South Mountain Twp. Ag. Hall
Rhonda Holmes 613-989-5235

Tele-Health Ontario
1-866-797-0000

Tri-County Mental Health, Winchester
Winchester 613-932-9940

Winchester District Memorial Hospital
613-774-2420

Winchester Golden Years
Roberta Giberson 613-774-4273

Winchester Open Mic Night
www.facebook.com/pages/WINCHESTER-OPEN-MIC-NIGHT/469141063105689
winchesteropenmicnight@yahoo.ca

Winchester Scouting
Bert Hill 613-774-2047

Winchester Sunday Market
www.winchestersunday.wix.com/market

SERVICE CLUBS

Chesterville & District Rotary Club
Dave Black 613-448-3094

Chesterville Legion
Isabelle Lalonde 613-448-1997

Chesterville & District Lions Club
Jordan Hodge 613-913-4534

Mountain & District Lions Club
Ted Ceelen 613-989-5659

Winchester Legion
613-774-3694

Winchester Lions Club
Shawn Doolan 613-774-3061

SCHOOLS

Chesterville Public School
613-448-2224

Nationview Public School
613-989-2600

North Dundas District High School
Intermediate/Secondary School, Serving Grades 7-12
613-448-2328

St. Mary's Catholic School
613-448-2158

Winchester Public School
613-774-2607

SPORTS

Chesterville Kayak Club
Bonnie MacIntosh 613-346-7095

Chesterville Ladies Ball Hockey
Leigh Anne Dearing 613-298-0094

Chesterville Rippin' Racers Swim Team
Pool Coordinator 613-774-2105

Eastern Ontario Horses of Course
Pam Sherrer 613-658-2781

North Dundas Minor Ball Hockey
Lee Bowers
northdundasminorballhockey@gmail.com

North Dundas United Soccer Club
www.ndusc.ca

Winchester Badminton Club
Adrian 613-774-4949

Winchester Curling Club
Allison Summers 613-774-2747
winchestercurlingclub@gmail.com

Winchester Ladies Ball
Linda Foster 613-294-0159

Winchester Shuffleboard Club
Don MacIntosh 613-774-2750
Secretary Barbara Hutchinson
613-774-2167

Winchester Sox Minor Ball
Steve & Kathy Cochrane
613-774-1934

Winchester Waves Swim Team
Shannon Halpenny 613-807-2946
Todd Halpenny 613-989-1734

LIBRARIES

Chesterville Library
613-448-2616

Morewood Library
613-448-3822

South Mountain Library
613-989-2199

Winchester Library
613-774-2612

RECREATION ASSOCIATIONS

Chesterville Recreation Association
Fred Bortolussi 613-448-2115
Tanya VanOers 613-774-7049
Danny McLeod 613-448-1580

Morewood Recreation Association
Steve Mattice 613-448-2238

Ormond Harmony Cloverdale Recreation Association
Floyd Fisher 613-774-6115

South Mountain Recreation Association
Kim Vandesande 613-989-1101

CHURCHES

Anglican Parish of North Dundas
Rev. Claude Delorm
613-774-2236

Baptist Church, Winchester
Bud & Mollie McKibbon
613-989-6078

Christian Reformed Church, Dixons Corners
Rev. Clarence Witten
613-652-2400

Christian Reformed Church, Williamsburg
Rev. John Noordhof
Church: 613-535-2227
Office: 613-535-1882

Evangelical Missionary Church (Harmony Community Church)
Rev. Bruce North
613-774-5170

Pentecostal Church, Nationside
Pastor Heather Comber
613-448-2272

Presbyterian Church, Chesterville & Morewood
Rev. Bruce Kemp
613-267-0928

Presbyterian Church, Winchester
Rev. Bruce Kemp
613-774-3333

Roman Catholic Church, South Mountain & Chesterville
Father Cosmas Ajawara
613-448-3262

United Church, Hallville, Inkerman & South Mountain
Rev. Blair Paterson
613-989-2825

Christ Church United Chesterville
Pastor: Debbie Poirier
613-448-2532

Wesleyan Church, Inkerman
Rev. Melody Trolly
613-989-5311

Winchester United Church
Rev. Christine Lowson
613-258-4859
Office: 613-774-2512

Winchester Wesleyan Church
Pastor Thurland Brown
613-774-3137

The Gathering House
Pastor Daniel Rudd
613-448-1758

Township of North Dundas
613-774-2105

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