IRVING H. MILLER LTD
216 Bridge St.
Cardinal, ON
TIM CASSELL
REGISTERED INSURANCE BROKER
Office: 613-657-3205
Toll Free: 1-866-640-9114
Authorized Broker
PILOT INSURANCE CO.

3 Readers Get Ready For Huge Book Sale

11 CWL Hosts Busy St. Patrick's Day Event

HAPPY EASTER

The Iroquois Chieftain

Wednesday, March 19, 2008 "Serving the Seaway Valley" Vol 27 No. 12 Price $1.00



Mackenzie and Kody Arsenault of Iroquois have created a very large snowman. The 12 foot high and 14 foot wide snowman was a special gift to Glen and Helen Whitteker on their 40th wedding anniversary on the weekend.

CHIEFTAIN PHOTO - J. MORIN

1.44 AYLMER TOMATO KETCUP 1 L

99¢ BROCCOLI , CELERY OR CAULIFLOWER

97¢ LANCIA DRY PASTA - 900 G ASSORTED VARIETIES
BRAVO PASTA SAUCE - 680 ML PLAIN OR BASIL & OREGANO

1.00 BEATRICE SOUR CREAM-500G REGULAR, LIGHT OR FAT FREE

1.00 HEINZ OR OASIS - 48 OZ TOMATO JUICE

1.00 OLD SOUTH - 355 ML ORANGE JUICE CONCENTRATE ASSORTED VARIETIES

2-WEEK PROMOTION - OPENING WED. MAR. 12/08 TO CLOSING TUE. MAR. 25/08

MIKE DEAN'S SUPER FOOD STORES

19 KING STREET, CHESTERVILLE
12015 MAIN STREET, WINCHESTER
5666 HIGHWAY 34, VANKLEEK HILL

STORE HOURS:
SUNDAY 9:00AM TO 6:00PM
MONDAY TO THURSDAY 8:00AM TO 9:00PM
FRIDAY 8:00AM TO11:00PM
SATURDAY 8:00AM TO 6:00PM

CLOSED GOOD FRIDAY, MARCH 21, AND EASTER SUNDAY MARCH 23. HAPPY EASTER
OPEN THURSDAY MARCH 20 8 AM TO 11 PM,
SATURDAY MARCH 22 8 AM TO 9 PM

VISA MasterCard Interac

Big snow makes for big snowman in Iroquois

Everyone has had some experience making a snowman or two. But Kody and Mackenzie Arsenault along with their mom and dad Laurie and Chris, have made one of the biggest snowman you can imagine.

The snowman project came about as a result of their grandmothers 40th wedding anniversary on the weekend.

Helen and Glen Whitteker of Iroquois were celebrating their anniversary.

Their grandchildren knew that their grandparents enjoyed snowmen. During the winter months the grandchildren would make a snowman or two on their grandparent's front lawn just so that they could enjoy looking at it.

The record breaking snowfall this winter combined with the timing of the anniversary gave the children and their parents an exciting idea.

The plan was to build their grandparents the biggest snowman ever as a special present on the anniversary.

The project began with Chris snow blowing as much snow as possible into a huge pile on Helen and Glen's front lawn. Chris said that he worked on it all week, adding a little more snow each day to the pile.

The Arsenault family decided that they had enough snow piled up to move to the next step of their plan on Sunday.

Dad had finished his part of the project and now it was time for Mackenzie and Kody, both students at Iroquois Public School, to go to work.

Their job would be to start carving a snowman out of the mountain of snow.

Mackenzie and Kody first made a pathway around and up the pile of snow. The next step was to use the pathways as a place to stand as they carved each of the three parts of their snowman out of the single mountain of snow.

Chris estimates that it took the children at least 6 hours to get all of the carving completed. Next came outfitting the twelve foot high and fourteen foot wide snowman.

Starting at the top, the children used a foot high box as the hat. Naturally the family cat found the hat an excellent place to sit and survey the surrounding area.

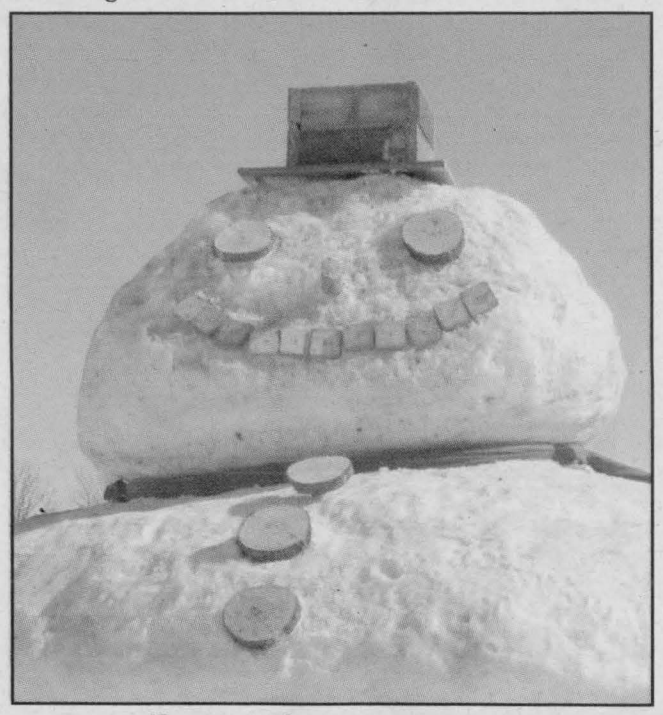
The nose came from a 10 inch length of wood while the eleven teeth were cut from four inch pieces of wood.

The branches that the children dragged out of the surrounding woods near their home were too small. Chris came up with idea of cutting a 12 foot long 4X4 post in half to use for the arms.

Every self respecting snowman has to have a scarf to keep him or her warm. The children ended up tying two single bed sheets together to create a scarf that did justice to their snowman.

The buttons on the snowman were made from 6 inch slices of logs.

By Sunday afternoon the snowman was complete and is placed in such a way that Kody's and Mackenzie's grandparents would dbe able to see the snowman from their front window.



Happy anniversary snowman



Settle down in a neighbourhood where safety, community and comfort come together to make you and your family feel right at home.

Discover more local communities than ever before.

Ottawa Region real estate
THIS WEEK

You can pick up your copy at the following locations:

Nepean/Barrhaven/Ottawa South Area
Keller Williams - Antares Dr., Ottawa
Keller Williams - Stafford Rd., Nepean
Coldwell Banker - Ottawa
Coldwell Banker-Coburn - Strandherd Dr., Nepean
Coldwell Banker-Coburn - Manotick
Coldwell Banker-Coburn - Woodroffe Ave., Nepean
Keller Williams - Bronson Ave., Ottawa
Century 21-John Devries
Royal LePage
Royal LePage - Team Realty
Royal LePage -Gale RE
Remax-Metro City
Remax Affiliates - RioCan Ave., Nepean

Perth Area
Coldwell Banker Settlement Realty
Royal Lepage Gale Real Estate
Royal LePage Pauline Aunger Ltd.
Lorne Sheridan Realty
Coldwell Banker Coburn

Smiths Falls Area
Coldwell Banker Rideau Heartland Realty
Century 21 Your Choice Realty
Royal LePage Pauline Aunger Ltd.
Weagle Realty Ltd

Kanata/Stittsville Area
Royal LePage Gale Real Estate
Royal LePage Team Realty - Kanata
Royal LePage Team Realty - Stittsville
Coldwell Banker Sarazen Realty - Kanata
Coldwell Banker Sarazen Realty - Stittsville
CENTURY 21 John DeVries Ltd
Partners Advantage GMAC Real Estate

Renfrew Area
Remax Metro City Realty
O'Neil Realty Ltd.
Century 21 Eady Realty
Barron EA Ted Realty
Dove Realty Ltd. Brokerage

Arnprior/West Carleton Area
Min Com Kargus Real Estate
Partners Advantage Real Estate
Coldwell Banker
Royal LePage S.A. Enright R.E.
Remax Town Centre

Carleton Place/Almonte Area
Coldwell Banker Heritage Way Realty
Partners Advantage GMAC
Remax Realty Solutions
Royal Lepage Gale Realty
Century 21 Carleton Realty

Kemptville Area
Royal Lepage - Gale RE
Coldwell Banker
Keller Williams

191076

Ice Boom removal underway

Ontario Power Generation wishes to advise hunters, anglers and recreational boaters on the St. Lawrence River that ice booms will be removed from narrow stretches of the river between Iroquois and Prescott. Removal will take place between March 17and the end of the month.

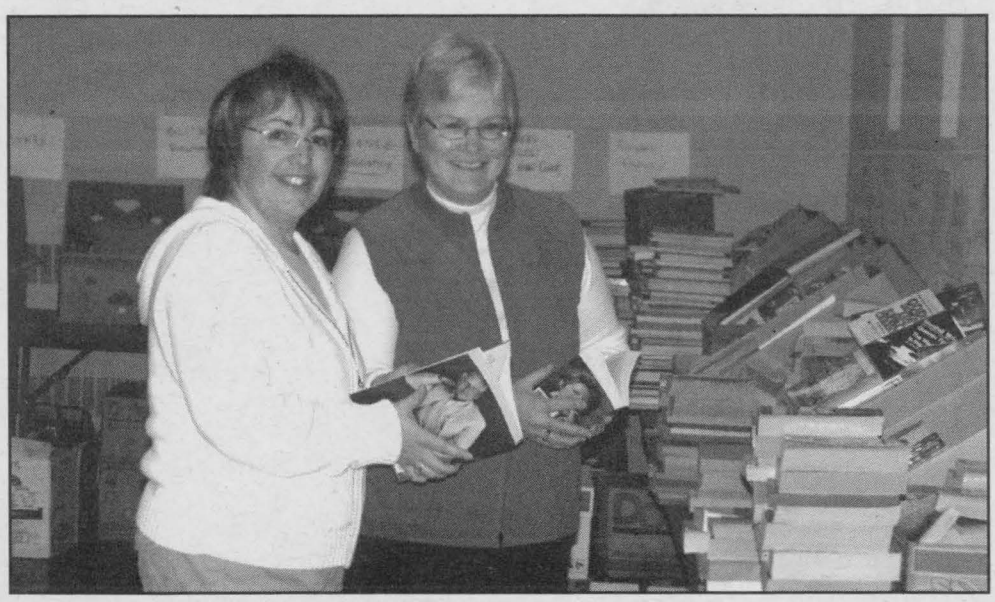
These booms, which were placed in the river off Galop Island, in the North Channel, near Johnstown and at Prescott last November, are chain-and-wood devices used to prevent the build-up of ice during the winter. They ensured an even freeze on the river, helping to improve power generation during the winter months. All users of the river should take extra care in the narrow reaches where the work is being undertaken to remove the booms.

Ice booms are placed in the same narrow reaches of the St. Lawrence River each November and removed in the Spring when the ice has melted, before the St. Lawrence Seaway shipping season commences.

Ontario Power Generation would like to remind boaters to take every precaution around its dams and generating stations, and to practice safety on Ontario's waterways.

Readers get ready for book sale

BY JOSEPH MORIN
THE CHIEFTAIN



Rhonda Elliot and Betty Middlemiss sort through just a few of the estimated 15,000 used books that the St. John United Church in Cardinal is planning to sell on Friday and Saturday, April 4 and 5. The church has also extended their book sale to the following week of April 11 and 12. The prices of the books will vary between 25 cents to no more then $5.00

CHIEFTAIN PHOTO – J. MORIN

Book addicts will have an opportunity to score big time at the St. John United Church first book sale on April 4 and 5, and then again on April 11 and 12.

There are at least 15,000 used books that are being sorted and stacked, listed and priced for what many believe will be an exceptional book buying opportunity for readers.

The event is a fundraiser for the Cardinal-Johnstown United Church Pastoral Charge. Getting the book sale organized and ready for the April sale date has been a rewarding experience for organizers and an army of enthusiastic volunteers.

St. John parishioner, Rhonda Elliot was in Winchester a few weeks ago attending a stewardship conference. At that meeting, she ran across Steve Sharlow from the Kanata United Church in Ottawa. He was explaining how his church has been hosting a much appreciated book sale for the past 15 years. One thing led to another and Rhonda decided that, with some help perhaps she could try out the book sale idea in Cardinal for her church as a fundraising idea. The Kanata church was quick to offer the fledgling fundraising idea in Cardinal some of their extra books. Three trips to Ottawa by several Cardinal volunteers as well as a delivery with a cube van from the Ottawa church and the Cardinal group was ready to go.

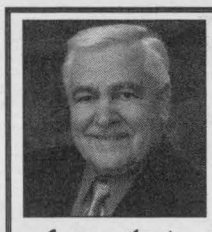
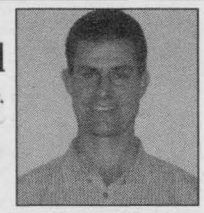
"I had heard about a book sale at a church in Merrickville," said Rhonda. That was the beginning of the idea. Armed with the Kanata United Church experience and information not to mention all of those books, Rhonda asked her community for volunteers. At first, she was worried that there would not be enough volunteers to sort through 15,000 books. Her fears were groundless as volunteers from her church and the Cardinal community joined in the book sorting effort. "I went to the congregation for help," she said. There have been at least 20 volunteers who have been with project for the past few weeks, sorting and arranging books in the St. John United Church large hall. Add to those volunteers such as a walking group who meet regularly in the hall. That group of volunteers wasted no time in diving into the book sorting. "There was a great response from the people involved in the walking program," said Rhonda, "even from people who did not belong to this church."

Betty Middlemiss was charged with the task of tracking down the pedigree of certain books; those that were signed or those books that seemed to be special. She would take the books home and spend time doing internet searches to find out exactly where a particular book placed in terms of vale to a reader. "Some went straight into the woodstove," she said.

There was a great deal to wade through, as of last weekend; over 30 categories have been sorted. The price of the books will be ranging from 25 cents to no more than $5.00 for each book. Betty remembers researching a Roy Rogers book. Thinking ahead to the book sale, and an avid reader herself, Betty describes the event as a "reader's paradise".

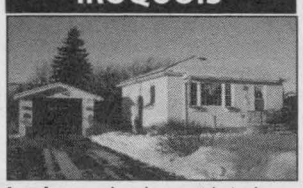
Book dealers are welcome to the sale. Organizers will not be able to accommodate credit cards so cash is the only kind of payment that can be made.

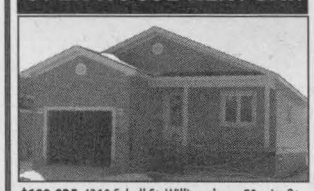
W.J. JOHNSTON SURVEYING LTD.
ONTARIO LAND SURVEYORS
Member, Consulting Surveyors of Ontario
WILLIAM J. JOHNSTON, O.L.S., O.L.I.P.
WILLIAM A. (SANDY) JOHNSTON, C.S.T.
2250 Hwy. 31 (at Rideau Auctions)
P.O. Box 394
Winchester, Ontario K0C 2K0
Telephone: (613) 774-2414
Fax: (613) 774-2356
1-866-268-6915
wjjhnstn@yahoo.com
SUBDIVISION PLANNING, CADASTRAL, ENGINEERING AND CONTROL SURVEYS, DRAINAGE CONSULTATION

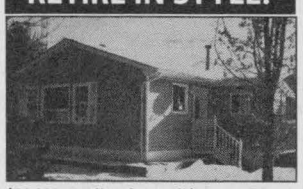


Prudential
Town Centre Realty Inc.
Brokerage
613-652-1784
Happy Easter!
Jacques Asselin
BROKER
www.asselin.on.ca
jacques@asselin.on.ca
613-652-1784
Randy North
Sales Representative
www.afantasticplace.ca
randy@afantasticplace.ca
613-340-0794

SOLID STONE

Rural- Solid Stone Home with many upgrades-large eat in kitchen with dining and living room-3 bedrooms-new bath, windows, carpeting, tile & cushion flooring-freshly painted-move right in! **$125,000.**

IROQUOIS

Lovely, cozy, clean home with single detached garage-Kitchen w/cushion floor-Hardwood in living and dining -lower level with bedroom and 3 piece shower bath-large deck, great yard fenced at back. **$119,000.**

OPEN HOUSE NEXT SAT.

$199,825-4310 Schell St, Williamsburg-50 min-Ottawa-check out the dream kitchen in this new 1200 sq ft bungalow w/7 year new home warranty-main flr laundry-direct entrance to garage-ALL hardwood/ceramic tile-open concept-big backyard-municipal sewers- hi-speed-**www.afantasticplace.ca**

RETIRE IN STYLE!

$99,807 - 119 Hutt-Country Side Estates-Renovated modular home with 2 decks-2 bedrms with possible 3rd-1.5 baths-brand new kitchen-cathedral ceilings w/pine beams & wainscoting-huge sun-filled den that overlooks the forest-Woodstove-hi-speed-**www.119Hutt.com**

198551

TOLL FREE 1-877-358-5553

TOWNSHIP OF SOUTH DUNDAS
Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@southdundas.com

Tender

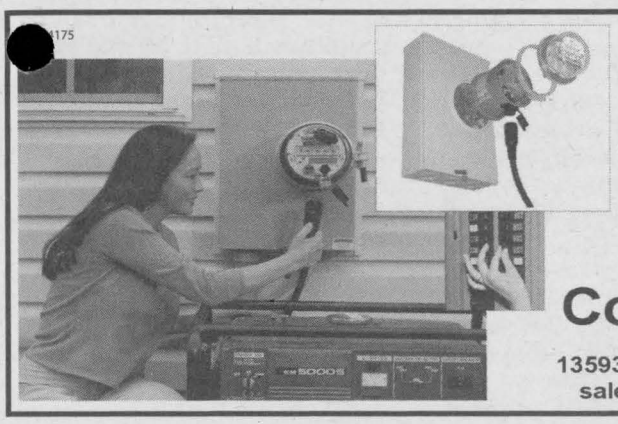
The Township of South Dundas is accepting tenders for alterations and renovations to the Iroquois Public Library. Tender documents and specifications are available at the Township Office.

Sealed tenders on forms provided will be accepted until 2:00 p.m. on Thursday, April 10, 2008 at:
Township of South Dundas
4296 County Road 31
Williamsburg ON K0C 2H0
Telephone No. 613-535-2673

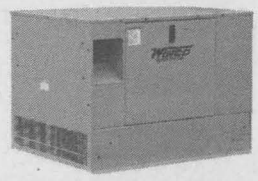
Please contact the Township Office for further information.

198029

TOM'S BUTCHER SHOP
CUSTOM SLAUGHTERING...
Cutting & Wrapping
also smoking, pepperettes,
salami and sausage.
...TO ALL YOUR NEEDS
OPEN 9am to 5pm
6356 6th Concession Road, Brockville
Tom Hamilton, Proprietor
613-926-1545
198571


Connecting A Portable Generator is Now Safe and Easy with GenerLink
- Only takes about an hour to install
- No modification of existing wiring
- Home owner can control which circuit receive power

Countryman Electric Limited
Electrical Contractors
13593 County Road 43, Chesterville, (613)448-2474 - (888)388-1117
sales@countrymanelectric.com - www.countrymanelectic.com

Home, Farm and Commerical/Industrial Generators from 3000 Watts to 2 Mega Watts
Spring's Run Off
Summer's Storms
Winter's Ice and Snow

WINCO NG & LP Generators
Automatic Starts On Power loss
Protect Your Investment
Call Us Today
WINPOWER SOMMERS Authorized Dealer WINCO
ECRA/ESA Licence #7003305

The Iroquois Chieftain

Serving The Seaway Valley and area since 1981

1 Dundas St., P.O. Box 529
Iroquois, ON K0E 1K0
Telephone: 613-652-4395
Fax: 613-652-2795

DEADLINES:

ARTICLES:
Friday at 4 p.m.

DISPLAY ADVERTISING
Friday at 4 p.m.

CLASSIFIED ADVERTISING
Friday at 4 p.m.

VICE - PRESIDENT
REGIONAL PUBLISHER
Chris McWebb
chris.mcwebb@metroland.com

GENERAL MANAGER
KEMPTVILLE REGION
Bryan Wiltsie
bryan.wiltsie@metroland.com

EDITOR
Joe Morin
joe.morin@metroland.com

FREELANCE REPORTERS
Andrea Cartier

ADVERTISING SALES
Jerrold Boulanger
jerrold.boulanger@metroland.com

GRAPHIC DESIGN
Stephen Balena

CLASSIFIED
Connie Seguin
connie.sequin@metroland.com

DISRTIBUTION MANAGER
Eliott Tremblay
eliott.tremblay@metroland.com

The Iroquois Chieftain

Ottawa Region Media GROUP
A division of Metroland Media Group Ltd.

www.ottawaregionauction.com

"We acknowledge the financial support of the Government of Canada, through the Publications Assistance Program (PAP), towards our mailing costs."

Canada

PUBLICATIONS MAIL AGREEMENT NO. 40012382
REGISTRATION NO. 10882
RETURN UNDELIVERABLE CANADIAN ADDRESSES TO:
CIRCULATION DEPT
P.O. BOX 1402, KEMPTVILLE, ON K0G 1J0

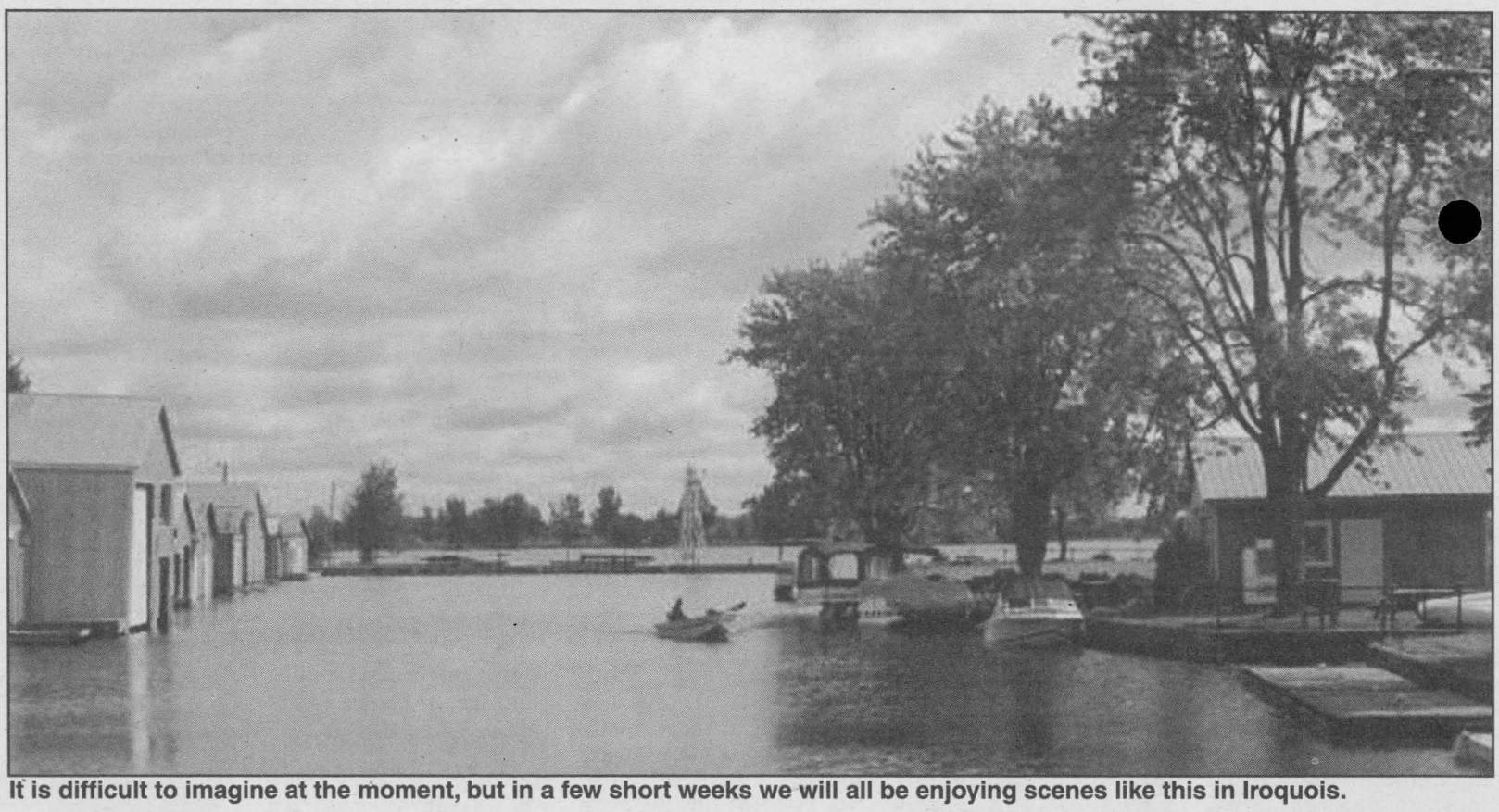
icpub@runge.net Member of the Ontario Community Newspapers Association & the Canadian Community Newspapers Association. Also a member of the Audit Bureau of Circulations

ocna CNA

The advertiser agrees that the publisher shall not be liable for damages arising out of errors in advertisements beyond the amount paid for the space actually occupied by that portion of the advertisement in which the error occurred, whether such error is due to the negligence of its employees or otherwise and there shall be no liability for non-insertion of any advertisement beyond the amount paid for such advertisement. All photographs and advertisements created by The Iroquois Chieftain staff are the property of The Iroquois Chieftain and cannot be reproduced without written consent.

ANNUAL SUBSCRIPTIONS:
Please call or stop by the Iroquois or Kemptville Office for Canadian, Foreign and U.S. rates

Editorial Page



It is difficult to imagine at the moment, but in a few short weeks we will all be enjoying scenes like this in Iroquois.

CHIEFTAIN PHOTO - DAWNA LEBLANC



Learning how to eat

March is Nutrition Month. Sounds pretty exciting especially when you realize that everything you are used to eating may be the wrong kind of thing to eat.

The teachers at the Iroquois Public School have kept ahead of students and their diets by ensuring that nutritious eating is normal eating.

The school has just learned that they have won top honours from the Dairy Farmers of Ontario for their efforts in promoting nutritious and healthy food habits.

The idea is to have children learn all about healthy eating before they have a chance to become addicted to all of that great tasting but bad food.

It is a good idea.

Ironically those who feel that always allowing for choice is the way to go, providing information and habit forming relationships with healthy food allows children to exercise that choice based on better information.

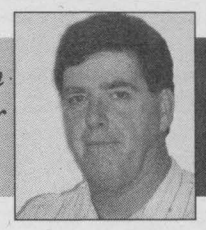
The students at the school have unknowingly become part of a bigger healthy eating group by taking part in the nutrition month competition.

The payoff will be good health as a natural event in their lives.

J.M.

A thought...

by Joseph Morin
Editor



From me to you

During the last provincial election there were some interesting comments by all of the candidates. The one that captured best, the Seaway experience from Iroquois all the way east to Cornwall, was uttered by NDP candidate, Lori Taylor.

When asked what she felt were the important issues that voters had to think about, she used a phrase that seemed to sum everything up. Ms. Taylor said that a poverty of dreams is a major issue confronting this part of Ontario. Ms. Taylor who herself is a social activist, teacher and businesswoman said that politically and socially we were suffering from a lack of poetical and economic vision. The courage to believe in a more prosperous and socially just community was challenged by this poverty of dreams that she aptly used to nail down what was happening in the world around us.

Merchants, residents and councillors all expressed the belief that South Dundas, through no fault of its own was stranded on an economic plateau with no place to go. Many rural communities have been saying the same thing over and over. Amalgamation, provincial downloading and bizarre property tax calculations were killing them.

At some point someone decided that they had had enough, heard enough and complained enough.

The first glimmer of light that would put a dent in that poverty of dreams concept was the news that the township's economic officer had come up with a neat way to help refurbish the canopy and sidewalk at the Iroquois Plaza. The application for $1.2 million has gone in to the powers that be in Ontario and in a week or so the answer will be flashed back to South Dundas. At the same time that the application is taking place, the South Dundas council agrees with recommendations from a consultant to go ahead and adopt a new brand for the township which turned out to be the Upper Canada Region. All of a sudden ideas designed to get South Dundas off of that flat and grim economic plateau are starting to blossom.

The South Dundas Chamber of Commerce starts planning their annual trade show in Morrisburg and while Iroquois residents begin to consider spring as a very real possibility. The Iroquois-Matilda Lions Club begins rehearsing for their fundraising performance held every two years at the Upper Canada Playhouse. Volunteers at the St. John United Church in Cardinal are sorting through at least 15,000 books as they prepare for their first ever book fair on April 4. Back in Iroquois, in the basement of the Iroquois United Church the first Seedy Saturday is held by the South Dundas Gardeners Gathering. The event is all about sharing and exchanging seeds.

The lack of industry is conspicuous in Iroquois. Despite the arrival of Merrimac at the former Caldwell plant, there is not a great deal for merchants and residents to cheer about, unless you count the boundless energy of the volunteers, organizer and visionaries who have decided to go ahead with their own plans to make South Dundas a great place to live and work in.

A poverty of dreams is, I think, a real political phenomena these days. Ironically our federal and provincial representatives have to be held back from going after their particular vision of the area. If Jim Brownell and Guy Lauzon were ever allowed to run completely free with their own vision of this part of Ontario residents would be dizzy with how fast we would all move forward.

So, its baby steps for South Dundas for the moment but it is just a matter of time before the township strides into a busy future.

Local festivals receive financial support

Celebrate Ontario Provides $10 Million To Expand Festivals and Events

Two local festivals will be receiving some financial support from the Provincial Government through Celebrate Ontario, announced local MPP Jim Brownell today.

"This support, and these festivals, will go a long way in strengthening our local brand as an ideal tourism destination spot," said Brownell. "During the summer months, people from across Ontario, and across the Québec and US borders are looking for fun, exciting things to do. Festivals are a way to draw these tourists to Stormont, Dundas and South Glengarry; while they are here, we can encourage them to visit our many other attractions, stay in our parks and shop in our communities."

The two local festivals to receive funding through Celebrate Ontario were:

The Medieval Festival at Upper Canada Village, $75,000

($63,750 Enhancement Funding; $11,250 Marketing Funding)

The St. Lawrence Parks Commission's new tented performance pavilion near its Marina, which will feature a celebratory 50th anniversary theatrical event over several weeks this summer, and then serve as a permanent tent for the hosting of other community events.

This year, the Celebrate Ontario program was divided into two tiers; smaller, emerging tourism events, which will be eligible for up to $100,000, and larger, signature festivals and events, which will be eligible for up to $400,000, with additional funding of up to $100,000 to complete an economic impact assessment. Up to 85 percent of the program funding will be used for new programming enhancements and up to 15 percent to support the marketing and promotion of the new enhancements.

"We are thrilled to receive this incremental $145,000 towards the production and promotion of these two significant events," said Commission CEO Pat Macdonald. "We intend to reach beyond our normal markets and attract brand new visitors to the area, especially in celebration of the 50th anniversary of the St. Lawrence Seaway."

Upper Canada Village Marketing Officer Jancis Sommerville indicated that the new Medieval Festival event will be held over a mid-June weekend (Friday, Saturday, and Sunday) on Commission lands adjacent to the Village. "We are still working out the details for the event, but be prepared for a complete array of medieval entertainment, ranging from jousting knights to musicians, buskers and artisans."



This past Saturday, March 15, marked the first Seedy Saturday in Iroquois. Members of the South Dundas Gardeners Gathering group met at the Iroquois United Church to exchange seeds. And discuss plans for spring.

CHIEFTAIN PHOTO – J. MORIN

Iroquois Legion Branch 370 Newsletter

By Dar



Cribbage players at the Legion have lots of competition.

"Singles" were the order of the day as fifteen players gathered in the lounge for a fine day of cribbage.

Finishing first with a grand total of 1082 was Andre Gravel while Ted Grattan claimed the second spot with a count of 1073. Bob Esford came in third with his count of 1056.

Don Hutt proudly claimed the bridesmaid chair for the day. A total of nine skunks were captured and getting two each Andy Acelvari and Bill Blanchard but getting three of the striped pole cats was none other than Roger Coulter.

The Pot of Gold winner was Marc (Pepsi) Pilon who was NOT signed in. Now this pot has to be the biggest amount ever to not be won. It sure looks good. I know that I would love to win it.

At euchre there were seven tables. Picking up the first prize was Bill Blanchard while Everett Froats claimed the second prize. The third prize or having low score of the evening went to Eric Sipes. The two skunks that were loitering around the Branch were immediately picked up by Evelyn Bradford and Keitha McConnell.

This past Saturday the Ladies Auxiliary did the traditional St. Patty's Day meal of corn beef and cabbage. They did a fantastic job and I heard by the grapevine that there were some people who went back for seconds. A good turn out for dessert too. This is good as so many Legions are going in dire straits. It is a scary situation to hear about but when you attend a Legion convention and you hear a dignitary giving numbers of Legions that have had to turn in their charter because they cannot keep going any longer it makes one think.

We are mortgage free and have not one debt against us! I'm proud to say that too! But Comrades and you the community minded people that support us are the reason behind this. We don't do a weekly function but when we do one it's nice to have your support for we appreciate any extra monies that can come our way for the upkeep of our Branch.

We do not want our Legion to close its doors like we have heard happening in other areas. We do, do a lot in our area helping when needed.

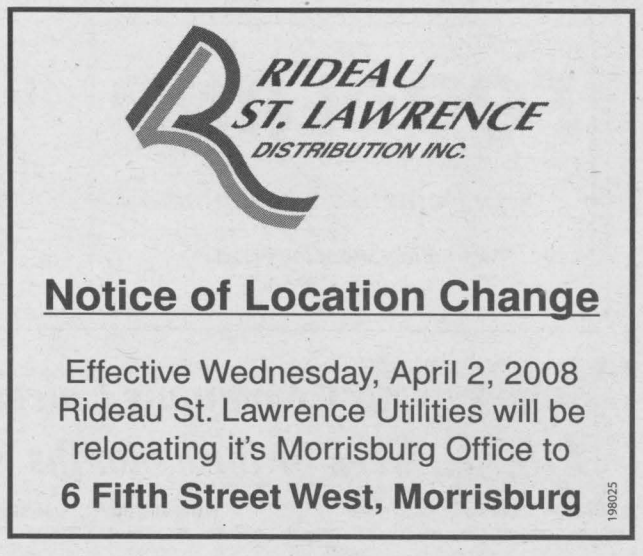
Anyway, on that note, Comrades don't forget your Legion General Meeting this Thursday night at 7:30 pm.

Our Legion will be closed on Friday it being "Good Friday" a special day in our life and time for all to spend this special occasion with friends and family. If you are travelling drive with care. Our Legion will resume business on Saturday.

Until next week-take care.







Iroquois Public School receives Innovative Nutrition teaching award

Students at the Iroquois Public School are enjoying the fruits of their labours as recipients of the Nutrition Innovation Award from the Dairy Farmers of Ontario.

The award is handed out to teachers who have been able to come with innovating and effective methods of teaching their students all about good nutrition. Connie Shearer, a teaching assistant at the Iroquois school came up with the idea of having her students in the resource class select different foods that they were not particularly crazy about and do some research on them.

After the research was completed, the information about that particular food item was printed out on a single sheet of paper and placed in the trophy cabinet in the front lobby of the school. In addition, each day a student would read over the school's public address system one of the pages. The research was done on many food items such as vegetables, meats, mushrooms, pork, and cottage cheese.

As a result, students were made aware of the importance of foods that they did not like, and the effort of researching them de-mystified the food, making it more approachable.

The Iroquois Public School can claim the distinction of being the only school in the Upper Canada School Board area who was given an award.

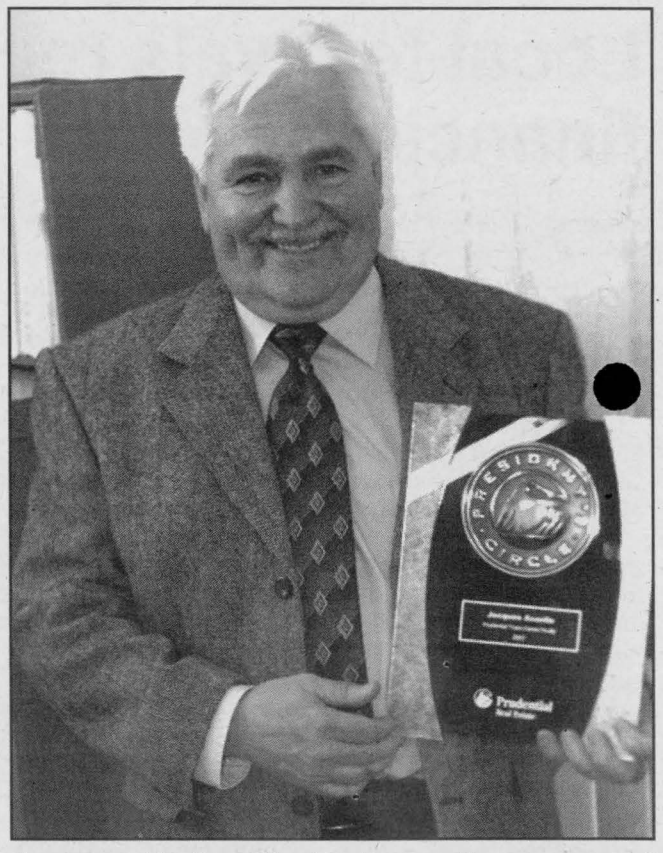
The prize is $100. Ms. Shearer took the prize money and purchased posters about nutrition that will be placed in the school as well as a workbook that other teachers can easily use to bring good nutrition and good eating habits top their students.

There are several projects on the go at the school that remind students about healthy eating. One ongoing project is asking students to bring into the school empty boxes and cartons of good food products that will be placed on display at the school.

March is Nutrition Month in Canada. The focus this year is how to make healthy choices while ensuring that variety is part of the choice.

A comment from the Dairy Farmers of Canada website regarding Nutrition Month states, "This years campaign aims to shed light on the benefits of a healthy diet and balanced portions combined with daily activity, all without compromising flavour or pleasure."

Students at the school threw themselves into the research aspect of the project, picking up information about some of those foods that in the past they had avoided or ignored.



Jacques E. Asselin broker and manager of Prudential, Town Centre Realty Inc. in Iroquois has been award the President's Circle Award. The award is given to individuals who have demonstrated their success in the marketplace with outstanding productivity. Maintaining that kind of presence and effectiveness in the real estate market requires long hours, superb real estate and market knowledge as well as the desire to serve customers in the best way possible. Mr. Asselin has been operating in the area since 1987. He believes that despite good and bad market situations you have to be able to put your business in the appropriate market spot in order to succeed.

Hang this handy calendar on your refrigerator every week!

MARCH 2008						
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Community Calendar

IROQUOIS AND DISTRICT

APRIL - 2008						
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

A public service provided by the businesses listed here in co-operation with your Iroquois Chieftain

Ottawa Region Media GROUP — The Iroquois Chieftain

March 19 - Diabetes Information Session. Omega 3, is it worth your investment. Everyone is welcome to our latest information session starting at 7:00 pm at the Dillabough Board Room. The speaker is Deidre Cooke, RD, CDE.

March 23 - Easter Service. Knox Presbyterian Church, Iroquois will be holding an Easter Sunday Service and breakfast starting at 8:00 am. Everyone welcome.

March 27-29 - Spring Sale. The House of Lazarus is holding their spring $5.00 white tag bag sale. For more information contact The House of Lazarus at 613-989-3830.

April 4-5 - Book Sale. St. John's United Church, Cardinal is hosting a book sale. Friday April 4 from 11:00 am to 3:00 pm and 6:00 pm to 9:00 pm and on Saturday April 5 from 9:00 am to 2:00 pm.

April 27 - A Gospel Gathering. Iroquois United Church invites you to a "Gospel Gathering" music with Tom Wilson and Border Bluegrass. Admission is $7.00 children 12 & under free. The show starts at 7:30 pm. There will be refreshments after the concert.

"Everything For the Builder"
Since 1864
THOMPSON
Tim-Br-Mart
652-4478 ~ 652-2500
Dundas St., Iroquois
45572

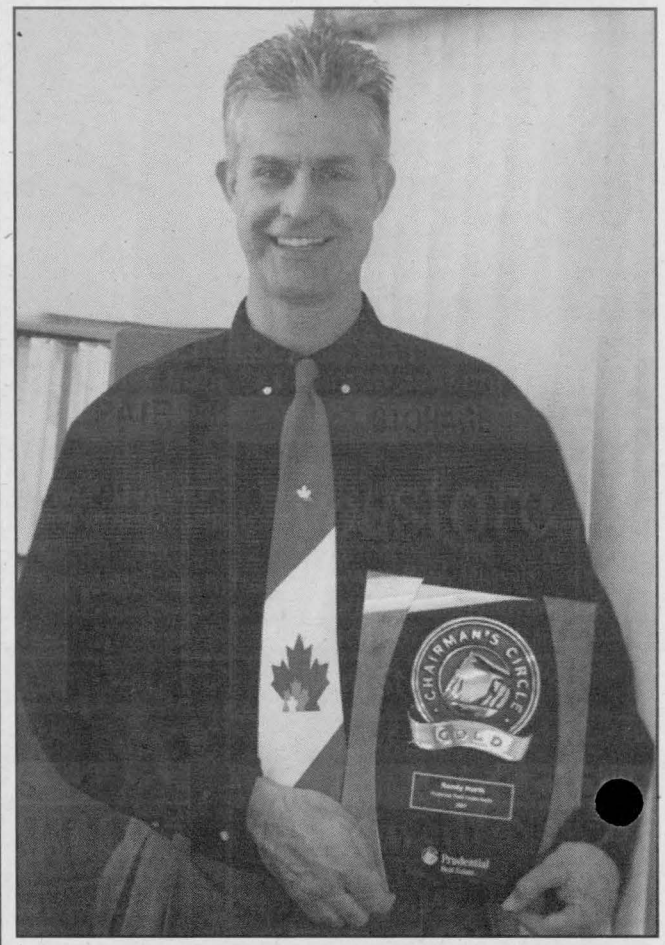
Gilmer Phcy
Rx PharmaChoice
Ron Gilmer, PhmB
Doug Gilmer, BSC Phm
Tracey Stewart, Bsc Phm
41 Plaza Dr.
Iroquois
Ph: 613-652-4379
Fax: 613-652-1768
Advice for Life
41453

IROQUOIS
FOODLAND
Your Hometown Advantage
Iroquois Shopping Plaza
Iroquois, Ontario
4407
"You Have My Gaurantee of Freshness & Quality"

Jerrold Boulanger
Advertising Consultant
Iroquois Chieftain
Ottawa Region Media GROUP
Iroquois Plaza, P.O. Box 529
Iroquois, ON K0E 1K0
Phone (613) 652-4395
Fax (613) 652-2795
email: jboulanger@runge.net
Serving the National Capital Region with quality community newspapers
A DIVISION OF METROLAND PRINTING, PUBLISHING & DISTRIBUTING LTD.

Support your Community Calendar, Place your business ad for only $10.34 a week or for 6 months @ $235 or buy a year for only $415!
194186

Hang this handy calendar on your refrigerator every week!



Randy North, salesperson with Prudential Town Centre Realty Inc. has been awarded the Chairman's Circle Gold Award. Reaching personal goals and providing great customer satisfaction are all part of what the award recognizes. Randy looks after customers from Brockville to Ingleside and Kemptville to Metcalfe.

No move planned for the Township Office

ANDREA CARTIER
THE CHIEFTAIN

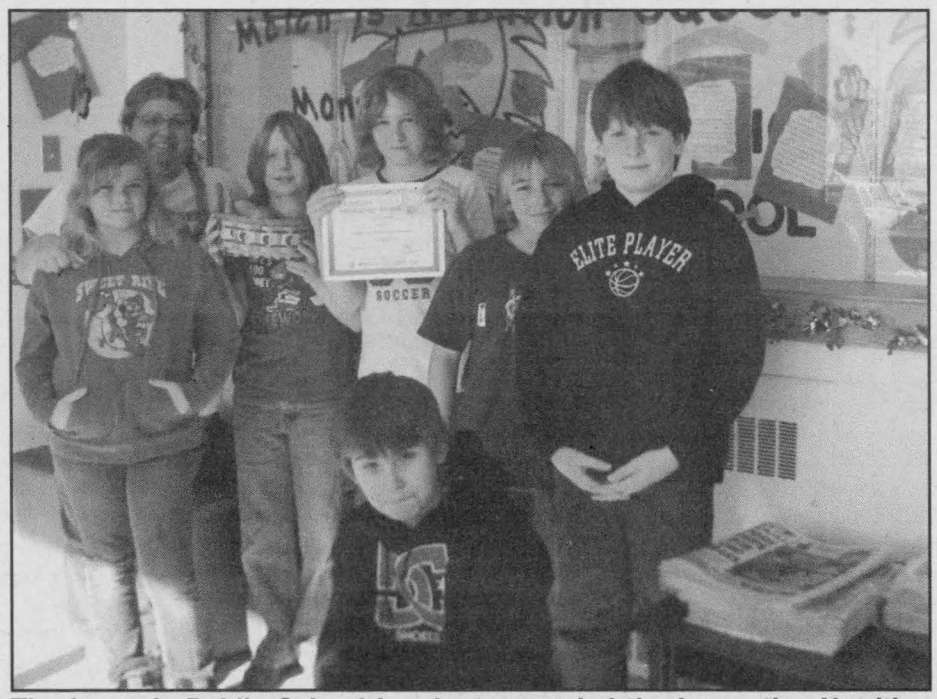
"We are always happy to receive petitions from the public," stated Mayor Charles Barkley referring to a recently presented petition with over 100 signatures suggesting that if council were to change location that they look at the old high school in Morrisburg as a potential home. "If and when we decide that we need to relocate all reasonable suggestions will be looked at."

At the last meeting of council, the Seaway Referral Network presented council with a petition suggesting that the old high school be renovated and house the municipal offices. "Council is saying that they don't have enough room, and we are suggesting that the high school be used as a municipal building," said Richard Zandbergen who co-presented the petition with John Polack. It is thought that housing the council in a period building would link in nicely with the area's efforts to brand itself as a historical destination.

Presently, the old Morrisburg Collegiate Institute is the home of several community organizations and provides a meeting place for Scout troops, kick-boxers and Sea Cadets. A survey undertaken in 2001 suggests that the building is structurally sound, but it is certainly not up to code. According to Shaun Wallace of the Morrisburg & District Historical Society the plumbing and electrical wiring are out of date and would need replacing. The building is definitely not wheel-chair accessible and there is no elevator. In terms of historical significance, it was constructed in 1925 or 1926 to replace the original Collegiate Institute that burnt to the ground in 1925. It is typical of construction for that time period and is significant in South Dundas as one of the largest pre-Seaway buildings still standing. "The building has to be dealt with," explained Zandbergen. "It is presently costing the township $30,000 a year in heating." The Seaway Referral Network plans to continue gathering signatures and keeping the idea out in the public realm.

Ironically, it seems the whole discussion may have arisen from a misunderstanding of Mayor Charles New Year's address. "There has always been talk of trying to get all municipal offices in one location, but it certainly shouldn't have been perceived as a priority. The municipality owns many buildings and these buildings have to be viable and accessible."

Presently the municipality is undertaking an inventory of buildings it owns, and an architectural report will be prepared as to the structural integrity of certain buildings. Any decisions about these buildings is in the future, as is any potential move by council. As to a move to the old high school, Mayor Barkley's final words are, "I don't want it construed as something that will definitely be happening."



The Iroquois Public School has been awarded the Innovative Nutrition Award for best ideas in how to promote healthy eating and healthy choices. This group of students are from the schools' resource class and took part in the nutrition project. Front row, left to right are: Mickaela Davis and Dillon Johnson. Back row, left to right are: Education Assistant, Connie Shearer, Kurt Froats, Kris Beckstead, Liam Byrne and Jerret Murphy. CHIEFTAIN PHOTO - J. MORIN

NORTHERN HYBRID ROSES
A Seminar by Dr Neville Arnold of Green Valley
New lines hardy in our area & disease resistant
With slide presentation & silent auction
1pm Saturday, 5 April 2008
(Seminar starts 2pm)
Morrisburg Meeting Centre,
12580 County Road 2
Admission $12 (at door)
Reservations required,
call **613-774-3996**
An initiative of United Counties Master Gardeners
MASTER GARDENER™
196177

Are You An Empty Nester?

Could you open your home to foster a child on a temporary or long term basis?

Could you consider adoption?



For more information about fostering, adopting or volunteering with us, please call.

198034
THE CHILDREN'S AID SOCIETY
LA SOCIÉTÉ DE L'AIDE À L'ENFANCE
www.fosteradoptwinningkids.com
Building a Stronger Community ... One Family At a Time

From your friends and neighbours in the Anglican Church

Join us for Easter dinner.



© 2002 ChurchAd Project

Celebrate Easter with us.
There's no better time to experience the joy of communion with Jesus Christ.

+John.

John H. Chapman
Bishop, The Anglican Diocese of Ottawa

Find out more about the Anglicans in your area
www.cometochurch.ca

198073

Township of South Dundas
4296 County Road 31, P.O. Box 160, Williamsburg, Ontario K0C 2H0
Tel: 613-535-2673 Fax: 613-535-2099 email: mail@southdundas.com

South Dundas Economic Matters

Anne Marie Young, a local resident for over forty years, is the economic development officer for the Township of South Dundas. edo@southdundas.com

Upper Canada Region....It can Grow on You

Recently I had the pleasant experience of representing the Township South Dundas at the Farm Show in Dixon's Corners.

This show is an annual event hosted by the Dundas Crop and Soil Association who proudly boast of a membership of more than 250 members, the largest in Ontario. Here I spoke to many of our local farmers and brought them the message of our new branding concept "Upper Canada Region."

I have to say that they politely listened at first but once I got into my spiel with my genuine enthusiasm they and I realized one thing. It very well may be the agriculture communities that will drive this concept to reality.

The thought of being able to say "Grown in Upper Canada" or Produced in Upper Canada seemed to have our local farmers reflecting on some possible scenarios for they own livelihood. I must say the day was a grand one and the association and all those who attended deserve congratulations on organizing a great show.

Farming, Food and Consumers

Let's take a look this week at our agriculture area and recognize an industry that has been, and remains, one of the most important industries in our municipality and that is the Farming industry.

Recently I have received requests for information and assistance on farming in our Township. Fortunately, for me, there are a great number of excellent resources that can be referred to for information and guidance with regard to this complex and diverse industry. The Ontario Ministry of Agriculture,

Food and Rural Affairs is one such a resource, among many. A good place to start is the their website www.omafra.gov.on.ca Here one can find an incredible amount of information and also a listing of other resources.

And if you, as a consumer, are interested in becoming more aware of farming, visit www.farmissues.com. Here you will find a booklet called "The Real Dirt on Farming", where Canadian farmers answer questions on topics of economics, food safety, organic farming, raising farm animals and environmental issues. I would like to share the following introductory letter of the issue:

"Dear Readers - We hope you've had the opportunity to visit a local fair, farmers' markets, roadside stand, or picky our-own farm recently. These are among the too-few opportunities we have to meet face to face.

Usually there's a crowd of people between us—food processors, distributors, supermarket managers and restaurateurs, to name a few. It's not easy to get acquainted.

It seems incredible that a century ago, over half of Canada's population were farmers. Today it's down to two percent. Just as remarkable is the leap in our productivity: where our grandparents or great grandparents could produce enough food for 10 people, today's farmer can feed 120. Productivity has jumped by 300 per cent since the 1950's.

Continual innovation, specialization and persistence have brought us light years ahead in the production of top quality, abundant, safe and well-priced products of which we're proud.

But this demographic shift has put no small distance between us, the entrepreneurs, who grow our food and the people who eat it.

As our most important customers, your needs, concerns and preferences are very important to us. In these pages, we hope to answer some of the common questions we hear in the news, clear up misconceptions, and generally give you some insight into what's up, down on the 21st century farm in Canada today.

We'd like you to know more about us, and our way of life.

Despite all the technology in the world, it's still hard work and no one knows better than us that Mother Nature can be a tough boss.

For, no matter what we do to care for our animals and our crops, she's ultimately responsible for the weather and for the health of the livestock and products that we raise.

But, at the end of the day, even if we are combining our fields in the middle of the night to get our crops in or missing a family dinner because we're helping a cow give birth, we farm because we choose to. We're committed to this way of life and most of us wouldn't trade it for anything.

If we haven't answered your questions or you'd like more information, please contact the groups listed at the end of the book.

Thank you for taking the time to find out about us and how your food is produced, and thank you for buying our products. We truly appreciate it. " "Canada's Farmers from Coast to Coast."

Ultimately we all want the same thing: a food-supply that is reliable, affordable, safe, nutritious and responsibly produced.

We live in a country that is blessed with more food choices than most. It's a matter of choice—choice by you as a consumer in what you want to buy, and for the individual farmer as to what to grow and how.

The booklet is published by: The Ontario Farm Animal Council (OFAC), 2006.

If you do not have access to this information online call the economic development office at 613-543-4558 to find out how to receive a copy.

198923

GUILDCREST HOMES®

Guildcrest Homes, an industry leading modular housing producer, is currently recruiting talented professionals for the following positions.

Administrative Assistant - To support our senior management team. You possess strong organizational skills, excellent knowledge of Microsoft Office applications, the ability to multi-task and at least ten years experience in a related position.

Architectural Technician - To be a member of our Design team. You are a graduate of a College Architecture program with solid working knowledge of AutoCAD and the Ontario Building Code. You are familiar with energy efficient residential construction and have three years experience in the industry.

Construction Labourers - To work in our factory in Morewood. These are Union positions. Residential construction experience preferred.

These full-time positions offer competitive salaries and comprehensive benefit packages. If you see yourself in one of these positions please forward your resume to:

Tammy Rutley-Mills
Guildcrest Homes
20 Mill Street
Morewood, ON KOA 2RO
Fax: 613-448-3464 or E-maii: tmills@guildcrest.com
For details please visit us on-line at: www.guildcrest.com



The SD&G Community Futures Development Corporation (SD&G CFDC) provides business and economic development services to the region of SD&G and Cornwall. We are pleased to announce additional support towards economic development through the Eastern Ontario Development Program (EODP).

Eastern Ontario Development Program

The following programs are being offered to support local business and community projects located in the region of SD&G and Cornwall:

Skills Development	receive up to 50% of training costs for Private-Sector employees, up to 100% of training costs for Not-for-Profit employees
Youth Internship	receive up to $2,500 per month to hire an intern
Business Planning	receive up to $5,000 to support business development/export/marketing plans
Access to Capital	receive up to $10,000 in a repayable interest-free loan for the cost associated with retrofitting vacant or underutilized commercial properties
Local Initiatives	seed money to not-for-profit organizations in support of local economic development projects
Community Capacity	seed money to not-for-profit organizations to support larger community development projects that address diversification and enhanced business competitiveness

Guidelines and Application forms are available at www.sdgcdc.on.ca or call Terry Besner at 613-932-4333, extension 24

Application deadline is Friday, April 11, 2008 at 4:30PM

Nos services sont également disponible en français.

STORMONT, DUNDAS & GLENGARRY Community Futures Development Corporation
Société d'aide au développement des collectivités

In Partnership with Industry Canada Industrie Canada

198914

Upper Canada Region adopted by council

The South Dundas council has approved the idea of branding the township as the Upper Canada Region.

The decision came at the last South Dundas Council meeting on March 4. A report had been commissioned by the township to consider different ways to help promote the area. Marketing consultant Tom Graham of T.D. Graham and Associates had been called in to investigate different ways to bring the areas potential to the fore front.

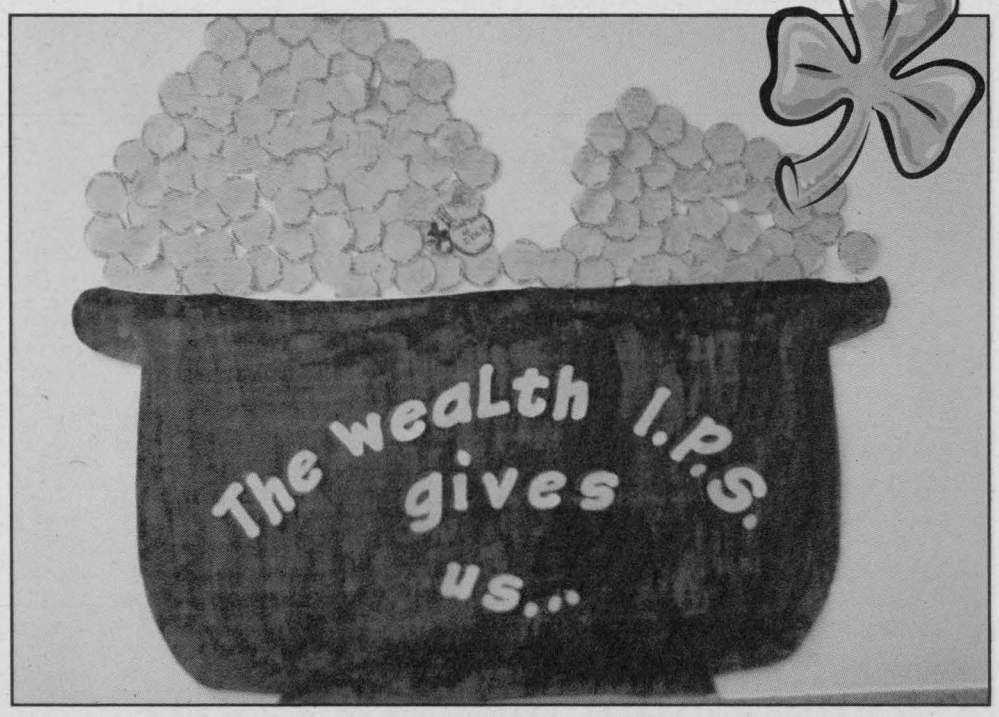
The study highlighted all of the challenges facing South Dundas as well as proposed solutions that would likely help the township move forward as far as tourism, population and industry retention was concerned.

The council liked what they had to read in the report. Councillors had little trouble embracing the branding suggestion. Mayor Barkley said, "It is a good report. He (T.D. Graham and Associates) did a great job." Councillor Byvelds said, "I have read through the document and it lo[illegible] great." Councillor Jones commented that the report was detailed to the point where, "We can do all kinds of things with it." They only concern about the township's plans to re brand the area was from Councillor Byvelds.

UPPER CANADA
SEE PAGE 19

Iroquois public celebrates St. Patrick's Day





Iroquois public student, Brenna German, places a sticker on the schools Blarney Stone. The tradition of kissing the stone to allow the kisser to become eloquent. That tradition was replaced with a kiss sticker. In the photo on the right, the school's Pot of Gold is filled with students quotations about what they are learning at school. The students came up with great comments about what kinds of things they are learning.



The Cardinal Singing Red Birds dropped by the Iroquois Civic Centre last week to serenade members of the Iroquois Good Companions Club.

CHIEFTAIN PHOTO - J. MORIN

HEAL WITH PRAYER

Seaway Community Church Directory

Harmony Community Church
Missionary Church of Canada
***Celebration Service** - 10:30 am*
***Evening Service** - 7:30 pm*
***Bible Study** - Wed. 7:30pm*
Hwy. 31 & Ormond Rd, Winchester 774-5170

United Church of Canada
Matilda Pastoral Charge
Brinston and Hulbert Valley Worship - Regular Sundays Contact office for worship times - 652-4997.
Clergy: Yvonne Willis

Roman Catholic Churches
St Mary's, Morrisburg
Saturday - 7:30pm
Sunday - 11:00 am
St. Cecilia's Iroquois
Sunday - 9:00 am
Rev. Father R.J. Chisholm
Phone 543-2544

Community Christian Reformed Church
Sunday Worship
10:00 am
*Evening Service - **6:30 pm***
Dixon's Corners, Ontario
Pastor: Rev Clarence Witten Phone 652-2400

The Presbyterian Church in Canada
***St Andrew's, St James, Cardinal**, - 9:30*
***Knox Church Iroquois** - 11am*
Sunday School - 9:45 am
Rev. Geoffrey Howard
652-6215

United Church of Canada
Cardinal-Johnstown
***Johnstown United** - 9:30am*
***St. Johns Cardinal** - 11:00pm*
Rev. Melany Cassidy-Wise
657-4702

Community Family Church
Iroquois Civic Centre
***Every Sunday** 10 am*
Pastor A.R. Leavit
Anglican Church of Canada
Parish of Morrisburg/Iroquois/ Riverside Heights
***8:00 -9:15** St. James*
***11:00 am** - St John the Baptist*
11:00 am - *Holy Trinity*
1st & 3rd Sunday of the month
The Reverend Craig Bowers , Rector
543-3904

Lutheran Churches
St Peter's - Williamsburg
Sunday Worship Service 11:15
St. Paul's - Morrisburg
Sunday Worship Service 9:30
Everyone Welcome
The Rev Norine Gullons
Tel: 535-2569

Anglican Parish of All Saints
St. Paul's Church - Cardinal
9 am Services
Rector: Rev Canon Claude Delorm
925-0987

United Church of Canada
Iroquois Pastoral Charge Every Sunday - 10:30 am
Sunday School - 10:30
Rev. Janet Evans
652-2056

Philadelphia Pentecostal Church
Cardinal, Ontario
Invites you to come and worship with us!
Sunday School - 10:00 am
Morning Worship - 11:00 am
Evangelistic Service - 7:00 pm
Rev. David Gogolin

Morrisburg Pentecostal Church
Sunday 10:30 am - Family Worship & children's bible hour
Worship the word - 6 pm praise
Gathering Youth Aflame - Fri 6 pm
Pastor: Duncan Perry
Church 543-2681

Immanual Fellowship Rowena
Full Gospel Tabernacle
Iroquois , On
***Sunday School** - 10:00 am*
***Morning Worship** - 11:00 am*
***Evening Service** - 7:00 pm*
***Bible Study** - Tuesday nights*
Watch TBN Channel 20
Pastor Marcel Charette 535-2029

Living Word Ministries
A Bible Believing Christian Church
***Worship:** Sunday - 10:00 am*
Morrisburg Meeting Centre
Pastor: Larry Cromie 340-6252

Call The Chieftain at 613-652-4395 to be listed in this directory.

146079

He said to them, 'go into the whole world and proclaim the gospel to every creature.'- Mark 16:15

Over 1 million Canadians have diabetes.
Half don't know it.

Diabetes is a serious disease. Left untreated, very serious.
For more information about diabetes, contact the Canadian Diabetes Association.
So much can be done.

CANADIAN DIABETES ASSOCIATION | ASSOCIATION CANADIENNE DU DIABÈTE
THE Diabetes CAMPAIGN

IT'S BACK!
...and this time it's FREE!
LOBSTER FRIDAYS!
Make it your place to play!
BUY A REGULAR BUFFET AND GET A FREE LOBSTER!
For a limited time only. One free lobster per buffet. Additional Lobsters $5.99* each.
*Some not included

ENTERTAINMENT CENTRE
Call for Dinner Reservations
613-822-2211
4837 Albion Rd
194307

BUSINESS OPPORTUNITY

techno METAL POST
Solutions for FOUNDATIONS

- Residential
- Commercial
- Industrial

Techno Metal Post
A Canadian Company and International leader in the Helical Pile foundation business with dealers across Canada and the USA is seeking business interest in Ontario with a focus on the following areas: **LANARK-FRONTENAC-LENNOX AND ADDINGTON, LEEDS-GRENVILLE, STORMONT-DUNDAS-SOUTH GLENGARRY** and other areas with boundaries as defined by Federal Electoral Districts representation Order of 2003.

Helical Piles have been used since 1832. They are used in *deep* and *shallow* applications and in *tension* or *compression*. We currently have over 12 Dealers in Ontario and are looking at expanding this network.

This **Business Opportunity** involves an investment in the range of $75 K. This dealership does not involve any royalties. Dealerships include a protected territory, certification training, helical piles equipment, trailer, lettering of vehicle and other accessories.

Please forward your enquiries to:
Techno Metal Post Engineering
C/O Richard Turpin, P. Eng., MBA
8 Burnbrook Crescent, Ottawa, Ontario, K2H 9A6
Tel 613 262-8649, Fax 613 262-8648,
email: cogetech@rogers.com
www.technometalpostontario.ca
198320

St. Patrick's Day at the Iroquois Legion



Members of the Iroquois Legion were getting in the mood for a fun afternoon celebrating St. Patrick's Day. In this photo Jean Greenough, Sheila Holmes and Lloyd Greenough enjoy a moment together in the Legion's lounge.

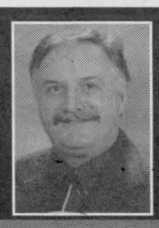
CHIEFTAIN PHOTO – J. MORIN



The Iroquois Legion, Branch 370 held their traditional St. Patrick's Day luncheon on Saturday, March 15. Members of the Legion's Ladies Auxiliary were working in the kitchen from early Saturday morning to noon getting the meal of Corn beef and cabbage ready for diners. This year as in past years, diners came back for seconds. Left to right are: Joyce Murphy, Maryanne Markell, and Lorraine Robertson.

CHIEFTAIN PHOTO – J. MORIN

ROYAL LEPAGE
Gale Real Estate
INDEPENDENTLY OWNED AND OPERATED
111 King St. E.
Prescott, ON



DALE CHARBOT
Broker

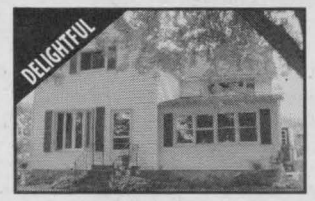
DIRECT LINE
Call Dale Today
613-657-1476

www.mouse2yourhouse.con

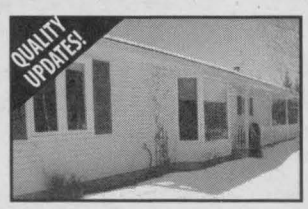
Phone: 613.925.0505



#7 Plaza Dr, IROQUOIS –**Excellent Business Opportunity!** Currently a Sears Outlet Well maintained building, ample Paved Parking – Call Dale Charbot



$144,900 - #5 Maple Ave, IROQUOIS – **Warm & Inviting home**, private backyd w/Patio, Pond & Lovely Gardens 3 Bedrm, 2 Bathrm, M.F. Family Rm, Desirable Location – Call Dale!



#10429 Cindy Crt, RR#1, Brinston – $159,900 **TERRIFIC home**, many upgrades, 2 Bedrm+Den C/Vac, Radiant In-floor Heating, Insulated Garage - Call Dale!



$289,900 – Bridlewood Crt, IROQUOIS **AMAZING Home** w/bal of New Home Warranty! Gorgeous Hardwd Flrs Fantastic 2 ½ Car HEATED Garage, Family Rm w/Fireplace,Fenced Backyd- Call Dale!

***NEW LISTING: Vacant Lot – Coyle Dr,RR#1, Morrisburg - $23,000- Call Robin

MORE LISTINGS AVAILABLE – CALL OR CHECK OUT OUR WEBSITE

www.mouse2yourhouse.com
198031

CWL hosts busy and successful St. Patrick's Day event

ANDREA CARTIER
THE CHIEFTAIN

The rainy weather last Saturday didn't keep people away from the Catholic Women's League annual St. Patrick's Day Tea and Bazaar. The event was held at the Royal Canadian Legion in Morrisburg and was busy with shoppers and diners from the time the doors opened at 11 am until they closed at 2 pm. The tea and bazaar, which has been a yearly occurrence for as long as anyone can remember, is a community favourite. "We are happy we have such a good turn out," stated Catherine Lortie, the Chair of the organizing committee. "This is our big fundraiser and we spend almost all year planning it."

The admission fee entitled the attendees to be automatically entered into a draw for a number of great door prizes. There were also opportunities to purchase 50-50 tickets, as well as tickets for a raffle which offered cash prizes and a beautiful food basket. Baked goods were offered for sale, as were homemade preserves, jams and jellies, and a good selection of house plants. The door prizes were made possible by the generous donations from local merchants. A fine tea luncheon was served which included sandwiches of all descriptions, home-baked desserts and a variety of salads. Several young ladies from the parish served and cleared the tables, ensuring all guests had plenty of tea and coffee as well as food.

The Knights of Columbus were on hand to sell tickets for an Ontario-wide draw to be held on May 20th. Draw prizes include 7 different vehicles as well as 5 trips. In the past, residents of South Dundas have been winners in the yearly raffle.

Father Chisholm was present to enjoy some of the tasty treats prepared by parishioners and to do a little shopping. He was also impressed by the number of people who showed up to support the event. Later that day in Church Father Chisholm thanked all the hard work undertaken by the CWL. "It is a real blessing", stated Father Chisholm. The CWL usually realizes between $2000 and $2500 from the tea, and all this money is given out to support good causes.

The women sponsor a family in India, and they also give funds to the Food Bank and other worthy causes as well as providing bursaries for St. Joseph's, St. Michael's, and Seaway District high schools. A special undertaking by the CWL is the provision of gifts for young people on their Confirmation and their First Communion.



These girls from St. Mary/St. Cecilia volunteered there time at the Bazaar to serve the guests. From left to right are Kristen St. Peter, Cheyanne Scott and Candace St. Peter.

CHIEFTAIN PHOTO - A. CARTIER



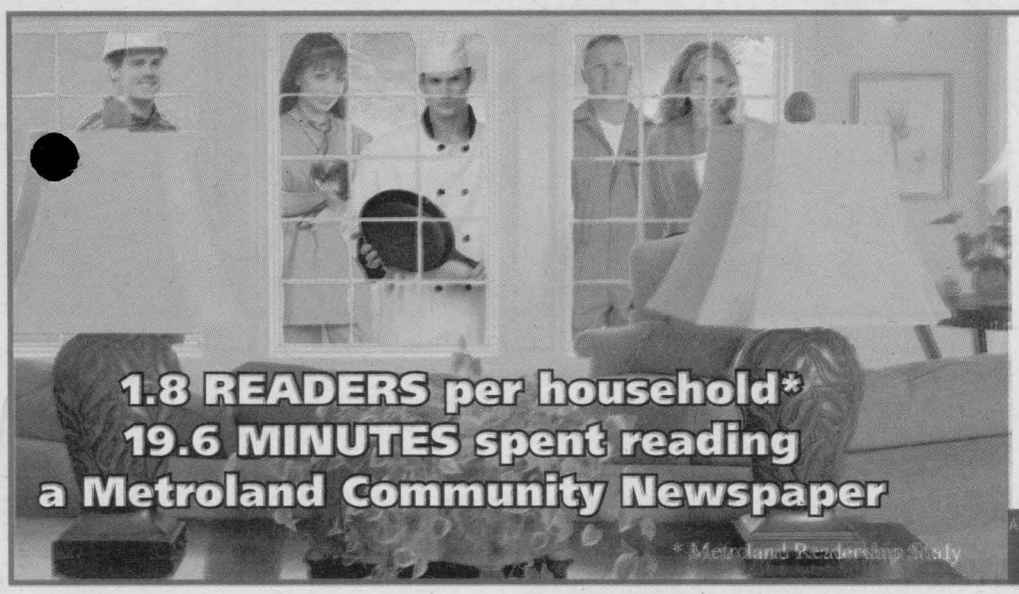
The Annual St. Patrick's Day Tea and Bazaar wouldn't function very well without lots of in the kitchen. This year these ladies were indispensable. From left to right are Tiny Boucher, Giselle Lavictoire and Lucie Durivage.

CHIEFTAIN PHOTO - A. CARTIER



Esther St. Peter, Dianne Orlicky and Louis Doyle worked hard selling plants at the Catholic Women's League St. Patrick's Day Tea & Bazaar.

CHIEFTAIN PHOTO - A. CARTIER



FINDtalent
IN YOUR *OWN BACKYARD!*

With *20 Community Newspapers* in the Ottawa Market, make your first call for local Career and Help Wanted advertising the Ottawa Region Media Group.

Ottawa Region Media GROUP
A division of Metroland Media Group Ltd.

Call today for information on the BEST *classified advertising solution.*

613-258-3451
or email connie.seguin@metroland.com

Almonte Gazette, Arnprior Chronicle-Guide, Arnprior Weekender, Barrhaven This Week, Carleton Place Canadian, Iroquois Chieftain, Kanata Kourier-Standard, Kemptville Advance, Kemptville Weekender, Mississippi Weekender, Nepean This Week, Ottawa South Weekender, Perth Courier, Perth Courier Weekender, Renfrew Mercury, Renfrew Weekender, Smith Falls This Week, Stittsville News, Stittsville Weekender, West Carleton Review, Weekender

SPORTS
The Iroquois Chieftain

Atom C House Lions up 3 to 1 in Eastern Division finals

ANDREA CARTIER
THE CHIEFTAIN

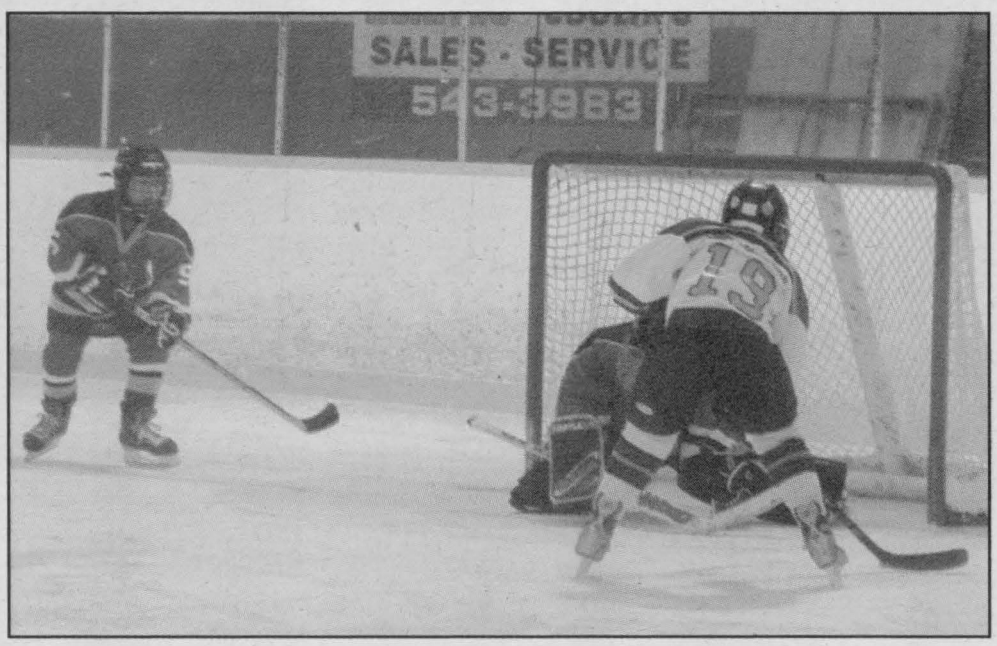
The Atom C House Lions have won and tied against Kemptville #2 to gain a 3 to 1 point lead in the Eastern Division Championship. A third, and potentially final game of the series, will be played in Morrisburg at 7 pm on Wednesday, March 19.

The first game of this series was played in Morrisburg on Saturday, March 15 with the Lions defeating the Panthers 6 – 5. The Lions scored 5 goals before the Panthers managed to get on the board. The first goal came in Period 1 and was scored by Trey Suddard on a pass from Lauren Henry. Taylor Casselman scored the Lions second goal with assists going to Brodie Picotte and Trey Suddard. Nick Wooley put the Lions up 3 – 0 before the end of the first on passes from Trey Suddard and Lauren Henry. In the second Trey Suddard scored from Jordan Casselman, and Noah Picotte scored from Chris McMillan. At this point, the Panthers rallied and came back to tie the game with three unanswered goals in the second period and two in the third. Trey Suddard, however, came up with the winning goal to put the Lions up 6 – 5. He was assisted on his goal by Brodie Picotte and Brandon Yates.

Game two of the series was played in Kemptville on Sunday, March 16 and resulted in a 3 –3 tie. The Lions got their first goal in the second period when Noah Picotte scored on passes from Mallorie Dejong and Trey Suddard. Trey Suddard scored the team's next two goals unassisted. Justin McCallum and Chris Goupil share goaltending duties for the Atom C House Lions.

These two teams finished the regular season as the first and secnd place teams. South Dundas claimed the top spot with 41 points with Kemptville finishing in second place with 35 points.

If the Lions win the Eastern Championship they will face-off against the Championship team from the Western division.



Trey Suddard was left all alone in front of the Kemptville Panthers net and was able to score one of his three goals on the night. His third goal of the game gave the Lions a 6-5 win over the Panthers.

CHIEFTAIN PHOTO - T. ROACH

Driver's Blind Spot

A shocking look at where to spot the best insurance rates

Quoting over 30 insurance companies giving you the lowest rate– for FREE

It's tear jerking how much some drivers overpay for their car insurance.

You can try to find which company has the best rate yourself, or we can do it for you, for free!

InsuranceHotline.com compares over 30 insurance companies and provides the lowest rates.

Look at this chart. It shows the lowest to highest rates quoted from 30 insurance companies. There's over a $5,000 difference!

Most drivers end up paying a rate somewhere in the middle.

When you are moved from the middle of the pack to the top of the pack, it can save you 100's, even 1,000's of dollars, instantly.

BUT WAIT! THERE'S MORE...

With your quote, you'll also receive:

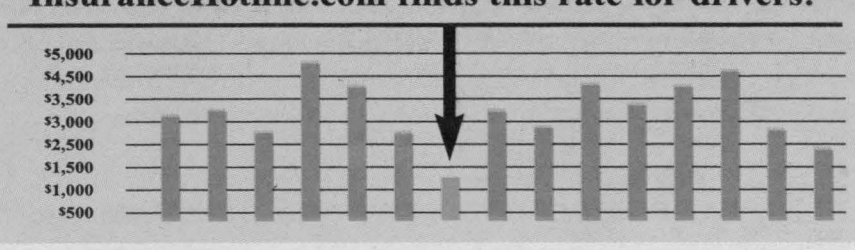
- Access to Your Claims History Report telling you what's on your record.
- The rules that insurance companies use to determine if you are at fault for an accident.
- Who to contact for free dispute resolution.

ROGERS

When you get your quote,you'll also receive access to Rogers' amazing bundle offer for TV, Home Phone and Internet.

Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	$775	$3,371	$2,596
1 Ticket	$797	$4,693	$3,896
1 Accident	$1,493	$6,903	$5,410

InsuranceHotline.com finds this rate for drivers!



Go to www.InsuranceHotline.com for the lowest rate.

Atom B House Team 1 victorious at home



The Atom B House Team #1 Lions were victorious at a home tournament played on Thursday, March 13. The victors are pictured here with their trophy. In the front lying down is goalie Kris Alexander. In the front row from left to right are Drew Dedekker, Elise St. Louis, Andy Dalrymple, Quinn Bennis and Drew Gillard. In the middle row from left to right are Drew Minish, Ben Michels, Spencer Heldens, Logan Merpaw, Evan Mullin, Cole Fowler, Aaron Smith, Randy Fawcett and Cody Arsenault. In the back from left to right are Jim Bennis, Larry Heldens, Randy Mullin, Jamie Smith and Jeff Fowler.

Bantam C House A Finalists in Smiths Falls

ANDREA CARTIER
THE CHIEFTAIN

The Bantam C Lions travelled to Smiths Falls during the March Break to participate in a six team tournament. Two wins in round robin play sent the Lions to the A finals were they lost to their rivals from North Dundas by a score of 5 – 1.

The Lions first game was a match against a team from Nepean. The Lions came out skating hard and managed to get three goals in the first period. The first Lions goal was scored by Eric Saddlemire on passes from Andrew Beatson and Jared Gibson. Jason Gallinger scored the Lions second goal with the assistance of Brendan Gallivan. The Nepean Brawlers scored late in the period, but with just 17 seconds left on the clock in the first, Andrew Beatson scored on a pass from Eric Saddlemire, making the score 3 to 1 for the Lions. A second period goal was scored by Eric Saddlemire from Brendan Gallivan and Andrew Beatson. Matthew Picanco was in nets for the Lions 4 – 1 victory.

The Lions second game was a face-off against the home team Smiths Falls Bears. The Lions got on the board late in the first period when Jordan Severin scored from Phil German and Zack Lalonde. Another Lions goal followed just seconds later scored by Andrew Beatson from Brendan Gallivan. The Bears fought back in the second period scoring two goals to tie the game 2-2 going into the final period. Phil German scored the third Lions goal on passes from Luc Plamondon and Jordan Severin, and the final Lions goal came from Zack Lalonde from Jordan Severin and Andrew Morris. Hunter Jones was in nets for the Lions 4 – 2 win over the Bears. The two wins sent the Lions to the A Championship game.

The North Dundas Demons, perhaps anticipating the upcoming play-off series against the Lions, came out skating hard in the final game, and scored twice in the first period. The Lions only goal came in the second and was scored by Brendan Gallivan from Eric Saddlemire. The North Dundas team scored 3 more times to make the final score 5 – 1, giving the Demons the Championship. Matthew Picanco was in the nets for the Lions in the Championship game.

The Lions are eager for the final play-off series which will begin Thursday, March 20 in Chesterville.



Every year the Bank of Montreal staff donate to a community group or cause. This year the bank chose to donate to the South Dundas Minor Hockey Association. In this photo Bert Marcellus, the President of the South Dundas Minor Hockey Association accepts a generous cheque for $700 from the bank's staff. Left to right are: Bert Marcellus, Courtney Lewis, Catherine Osborne and bank manager, Sheree Barkley-Hanson.

CHIEFTAIN PHOTO – J. MORIN

UPPER CANADA
District School Board

TR LEGER SCHOOL OF ADULT, ALTERNATIVE AND CONTINUING EDUCATION

NO DIPLOMA ... NO PROBLEM



TR Leger School, recognized as having the most graduates of any school in Eastern Ontario, is a leader in adult and alternative education both locally and provincially. Flexible timetabling at TR Leger allows learners to take their choice of courses such as computer studies, co-op, apprenticeship and all academic areas including Math, Science and English. Literacy Basic Skills Program available.

Call Jeanne at 613-543-2375 to register at the Morrisburg Campus

191341

TR LEGER SCHOOL
Adult, Alternative and Continuing Education
THE RIGHT LINK TO YOUR FUTURE

Secondary school credits are awarded to adults for previous schooling and work experience. Call to make an appointment for a free prior learning assessment.

Greg Piertersma, Chair — *Learning Together* — David K Thomas, Director



DANGER

Recreational activities near hydroelectric facilities are hazardous

Ontario Power Generation and the Ontario Provincial Police want you to stay clear of hydroelectric stations, dams, shorelines, and surrounding waterways.

Hydroelectric stations operate all year round and their operation affects water flows and ice conditions. Water flows can change suddenly. Ice that forms at, near or even several kilometers away from a dam or station can be dangerous.

Obey all warnings, signs, booms and buoys. If you see water levels changing, move immediately to a safe distance away.

To obtain a **free** water safety DVD or children's computer game visit **www.opg.com**

STAY CLEAR STAY SAFE

OPP

ONTARIO POWER GENERATION

IN MEMORIAM
Your donation helps people in our community *and* funds cancer research.
1-800-367-2913
83 Peter Street
Perth, ON K7H 1S3
CANADIAN CANCER SOCIETY | SOCIÉTÉ CANADIENNE DU CANCER

Turn your business idea into reality

THE SELF-EMPLOYMENT ASSISTANCE PROGRAM will guide you towards your goal. With the right information and resources you can make it happen!

Sessions start every 8 weeks
Call 613-933-6080, x 2246
Funding may be available for qualified candidates



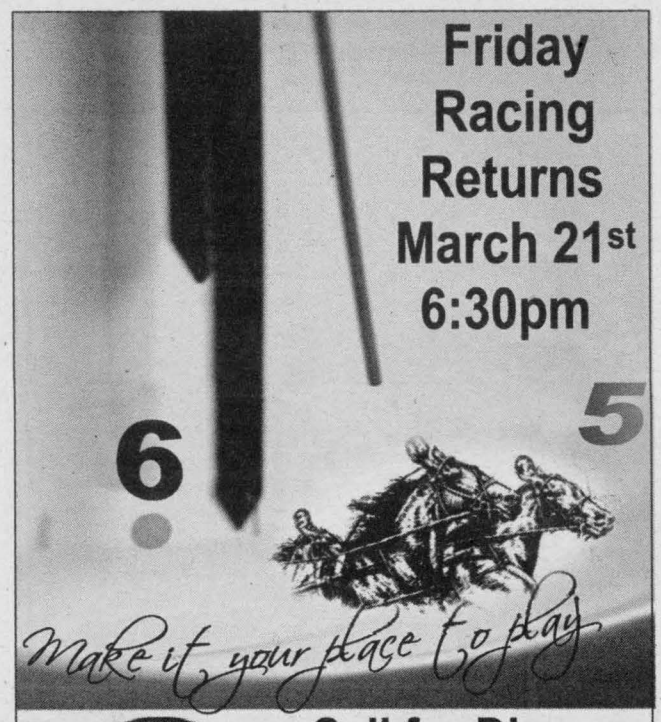
"Thanks to the SEA program, I developed the skills required to manage my own business and the knowledge I needed to be successful."

Daniel Besner, DB Design
Drafting & Technical Services

EMPLOYMENT ONTARIO
This Employment Ontario program is funded in part by the Government of Canada

St. Lawrence College
Dream it. Then live it.

198021



Call for Dinner Reservations
613-822-2211
4837 Albion Rd

194307

MORRISBURG CURLING CLUB NEWS

In the Men's City of Ottawa International Bonspiel last week, two local teams entered the big bonspiel. Robert Houze, Gord Johnston, Sam Laurin and Bev McQueen split their first two games, and Joe McCooeye, John Toonders, Dave Van Moorsel and Ron Toonders did likewise. Then the website failed us and we ran into problems getting the results final results. The only one listed was the Grand Aggregate, the overall championship. That was won by a Winchester foursome, netting the North Dundas boys $1200 and an impressive trophy. -And, of course, incredible bragging rights. We'll try for our final local results next time.

In Competitive League play at the local club, the Wilson team finished first for the season, the Cooper team was second, John Allison was third, and Craig Harriman was fourth. The playoffs to decide the club championship and ownership of the Dodge Trophy, begin tomorrow night.

A bevy of grandmothers from the local club invaded Winchester last week to compete in the Grandmothers' Bonspiel. Alice Thompson, Susan McIntosh, Betty Locke and Sharon Van Allen won their first game against Metcalfe, but dropped their afternoon match against a combined Navy and Riverside foursome. It was a long day, with lunch and dinner provided, a questionnaire to keep those waiting for the late game to finish from spending too much time at the bar, and a chance to play cards and watch curling on t.v. between matches. Apparently the Morrisburg Curling Club ladies were quite entertaining during their card games, for they were complimented on their enthusiastic euchre play. The day went well, and our representatives came home over snowy roads, prizes safely tucked away in their sports bags.

Last weekend at the Morrisburg and Winchester clubs was a busy one, as they hosted the Branch youth finals. Most of the teams were from Quebec, but there was some local representation as well, as a team from Winchester, skipped by Kleinswormink, was entered. They made it to the "A" final against Milot from Grand Mere, and won the competition in an exciting match. They took possession of the old trophy, and Lester McInnis handed out badges for the top four teams. Lester, from the Winchester Curling Club, looked after the event again this year, and hopefully will continue in the future. He's a fine ambassador for the sport. Mastine, from Danville, won out over Montreal West's Moskalewski in the "B" final. Other rinks represented were from Mount Bruno, Lennoxville, Aurelle Racine, Lachine, Glenmore, Ormstown and Sherbrook. It was top-notch curling, and well worth a look for those who dropped in at either club.

In other youth news, our Ian Wilson, who coaches curlers at North Dundas High School, had one of his teams, the Schoolgirls entry, win the gold medal in the Ontario Winter games. Congratulations.

Our local Club is gearing up for the end-of-season activities next weekend, and while contributions are flooding in, the organizers are still looking for additional items for the silent auction fundraiser. Hope to see a good turnout for the bonspiel, banquet, annual meeting, awards night, and skating party. Did somebody say "skating"? Yes, indeed. Get those blades sharpened. You wouldn't want to fall on this ice!

Speaking of endings, now that the Canadian champions have been declared, about all that remains is the men's and women's world titles. It's been a good, long season, but it will be quite a while before we're any local golf courses. Good curling to all!

Upper Canada Cyclones looking for coaches and volunteers

The Upper Canada Cyclones AAA Minor Hockey Association is presently looking for coaches for the upcoming 2008 - 09 season.

The AAA league boundaries for the new season have changed and the Cyclones look forward to having Richmond, Osgoode Rideau, Metcalfe and South Stormont Minor Hockey players try out for the Cyclones this season. Osgoode Rideau and Richmond Munster will move from the Ottawa Valley Titans to the Upper Canada Cyclones, Metcalfe will move from the Ottawa Jr. 67's to the Upper Canada Cyclonesand players from South Stormont will move from the Eastern Ontario Wild to the Upper Canada Cyclones.

The Upper Canada Cyclones will accept coach applications until March 21, 2008. The form can be downloaded from their website www.uppercanadacyclones.com. The association will be conducting interviews shortly and the coaches will be named by April 15, 2008.

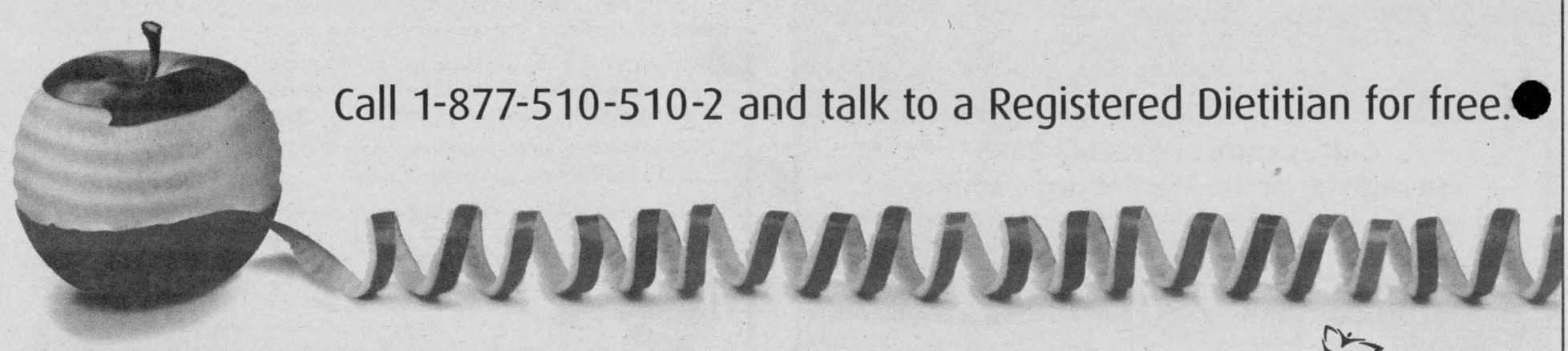
If you are interested please forward your name and application to: Dale Adams, President, Upper Canada Cyclones P.O. Box 460 Cardinal, Ontario K0E 1T0. You can also send your resume by email to tim@dalcon.ca or mike.vincent@ripnet.com.

In other association news the Upper Canada Cyclones AAA Minor Hockey Association will hold its Annual General Meeting on Wednesday, April 23rd, 2008 at 7 pm at the Johnstown Community Hall.

Any person interested in becoming a board member can submit their request in writing to Secretary, Vicki Sargeant at paul.sargeant@xplornet.com or they can be nominated off the floor at the Annual General Meeting.

The Upper Canada Cyclones Major Bantam team secured the first provincial berth in League history, defeating the Ottawa Valley Titans in 4 games. The Bantam provincials will be hosted by the Huron-Perth Lakers in Stratford, Ontario, March 24-29.

125467



Call 1-877-510-510-2 and talk to a Registered Dietitian for free.

EatRight Ontario ontario.ca/eatright

Paid for by the Government of Ontario

Ontario

I.M.D.L. Standings
March 14, 2008

Place	Teams	Points
1	#1 Fantastic Four	93
2	#6 Ya Ur Right	89.5
3	#2 Trevor's Heffties	80.5
4	#3 Missfits	76
5	#10 Get R Done	71.5
6	#5 Bull Hitters	62
7	#4 The Power of Four	60.5
8	#9 The Short Ones	58
9	#7 Go Go's	57.5
10	#12 BC Islanders	55
11	#11 Teddy Bears	48.5
12	#8 Go Getters	40

This Week's High Scores

Name	Score
Lloyd Greenough	140
Eric Sypes	133
Nicole Roth	130
Arnold Keeler	126
Bill Sanderson	125
MaryAnn Markell	121
Nelson Julien	117
Melba Chater	115
Sheila Holmes	114
Thom Greenough	104
Melissa Barr	104
Geoff Wilson	104

Minor hockey raffle winners

Listed below are the winners names for draw #2 of the World Junior Hockey Championship Ticket Raffle in support of South Dundas Minor Hockey.

Dale Lanctot- Brockville- 2 tickets to Canada's 2nd game

Tanya Noyes- Maitland- 2 tickets to a round robin game

Jamie Thompson- Iroquois- 2 tickets to a round robin game

Glen Whitteker- Iroquois- 2 tickets to a round robin game

Glen Whitteker- Iroquois- 2 tickets to a round robin game (yes he won twice)

The next draw, which will include a chance to win 2 tickets for Canada's 3rd game, 4 round robin games and 3 relegation round games will be held on August 15th.

Cardinal ladies darts results

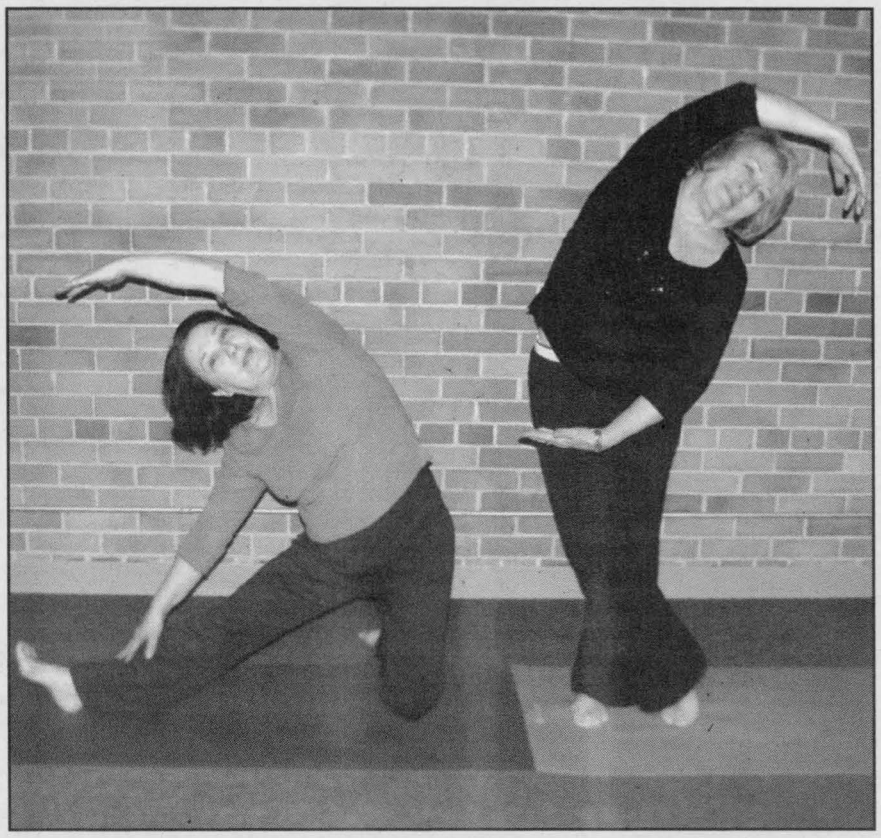
The following are results from the Cardinal Ladies Dart League from Wednesday March 12.

Team standings are: Jean's Oh No's - 60, Git Er' Done - 50, Long Shots - 45, Unhealthy MEDS - 42, Bernie's Jets - 42.

The high scores for the week were Marla Seeley with a 114 and Jean Greenough and Sarah Greenough both scored a 100.

Gail Groulx and Edith Small (2) recorded the most games for the week, while Lois Dawe recorded ten bullseyes the most by a regular. Cindy Garlough recorded six bullseyes for the week giving her top honours amongst spares.

Benefits of Yoga Postures



Several Yoga poses incorporate bending and folding, sideways. These postures pull energy inward along with mindful attention which encourages an attitude of exploration, stillness, peace and mediation, while creating a slower internal rhythm which is good for staying healthy and balanced. Marge Veltkamp's (right) standing Half Moon (Ardha Chandrasana) variation, focuses on balance, keeping head, tailbone and standing heel in the same plane, while stretching from her right hip along the torso and along the right arm to her finger tips. Flo Mackenzie (left), in Gate (Parighasana) receives the same benefits plus an additional stretch along her extended leg. As always, both poses are to be performed in the opposite direction, to attain an entire stretched and balanced form.

The Chieftain

www.ottawaregionauction.com

Seaway Valley Service Directory

BUILDING SUPPLY

THOMPSON
SUPPLYING YOUR BUILDING NEEDS SINCE 1864
THOMPSON TIM-BR Mart
100% CANADIAN FROM COAST TO COAST
39 Dundas St
Iroquois, ON
TEL: (613) 652-2500

BUSINESS GROUP

Iroquois Business Group
Come visit us in Iroquois - You are always welcome!
Best Little Town by a Dam Site www.iroquoisvillage.com
- On the banks of St. Lawrence River
- Small town solitude -- city amenities
- Unique ... the town was completely relocated to construct the Seaway
- Home to Iroquois Lock which controls the level of Lake Ontario....and so much more!

77126-4006

FARM SUPPLY

SHUR-GAIN Your Equine Destination
- Horse Fencing • Lawn Seed
- Horse Feeds • Forage Seed
- Horse Stalls
- Bird Seed • Pet Food
- Livestock Feeds & Supplies
- Tack & Animal Health Supplies

SYSTEM - System Equine Solutions -
ROONEY FEEDS LTD.
3 Industrial Rd • Kemptville • 613-258-1567
40 Dundas St • Iroquois • 613-652-4382
RooneysDIRECT.COM • www.EquiStation.com
65710-0506

AUTOMOTIVE REPAIR

THE SPECIALIST®
TOTAL CAR CARE
ANY MAKE, ANY MODEL
GARY'S AUTOMOTIVE
Highway 2 East
Morrisburg, Ontario
K0C 1X0
Gary McInnis
Owner
Tel.: (613) 543-2156
58233-1706
- Brakes
- Suspension
- Mufflers
- Alignment
- Fuel Injection
- Electronics
- Tune-ups

STORAGE

youstore.ca
CARMAN ROAD, IROQUOIS
Call or email for information and reservations.
613-340-6837 rent@youstore.ca
Mini Storage RV's
CC

RENOVATIONS

CLEAR CUT INSTALLATIONS INC.
We Specialize in
• WINDOWS • KITCHENS
SUNROOMS • FLOORING • ROOFING
SINCE 1986
South Mountain, Ontario 1-800-561-4206
www.clearcutwindows.com
e-mail: steve@clearcutwindows.com
75849-0506

TIRES

PINKUS
TIRE & BATTERY KINGDOM LTD.
Eastern Ontario's Largest Selection Of Passenger Truck And Agricultural Tires...On The Farm Service Too!!
HWY 31, WILLIAMSBURG, ONT.
613-535-2759
COOPERTIRES 1-866-4-PINKUS (474-6587)
71430-1906

WELCOME WAGON

Just Moved? New Baby? Newly Engaged?
Hostess Shirley 652-4056
We have free information & gifts reserved for you.
This service is provided by the civic-minded businesses of this community
WELCOME WAGON SINCE 1930
65596-1606
17 2937

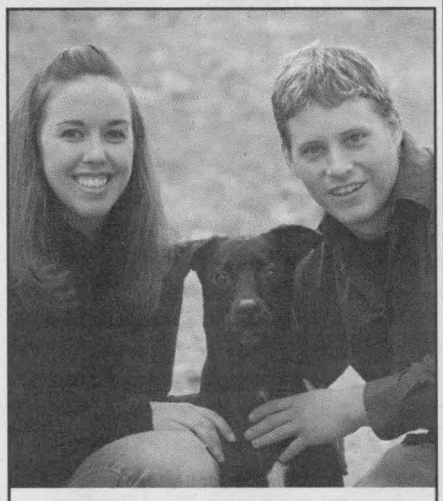
Your Neighbours & Friends Welcome Your Business NOW BOOKING FOR 2008 (613-652-4395)



IROQUOIS CHIEFTAIN Classifieds

TEL: 613-258-3451 • FAX: 613-258-0617
connie.seguin@metroland.com • www.ottawaregionmediagroup.com

ENGAGEMENT



ENGAGEMENT

Don and Diana Tallman are happy to announce the engagement of their daughter, Laura Franklin, to Tyler Shortt, son of Owen and Bev Shortt. Laura is also the daughter of Scott and Mary MacDermott. The couple plans to be married in Burritt's Rapids in July, 2008.

CL8666

IN MEMORIAMS

PATERSON: Gord - In memory of a wonderful husband, father and grandfather, who passed away March 17, 2003.
We don't forget the way you smiled,
The things you did for us,
In your kind and loving way.
We hold you close within our hearts,
And there you will remain,
To walk with us throughout our lives,
Until we meet again.
Lovingly remembered by Bette, Bruce and John Paterson and families.

Social Announcements
• Births
• Deaths
• Thank You
• Stags
• Engagements
• Weddings
• Anniversaries
• Graduations
• Birthdays

Kemptville Advance
Iroquois Chieftain
Kemptville Weekender
Ottawa South Weekender

Call: 613-258-3451
Fax: 613-258-0617
Email:
connie.seguin@metroland.com

FOR SALE

-USED BOOKS-
Book Market
144 Prescott St.
Kemptville, ON
613-258-5509
100,000 BOOKS IN STOCK

AT LOW PRICE! Imperfect materials... perfect prices! We pay the GST on $500 or more (before taxes) of imperfect treated wood and/or cement products. Floating floor, starting from $0.39/sq.ft. Spruce 2"x3"x8ft $0.69, 2"x4"x8ft $1.29, 2"x6"x8ft. $2.09. Plywood 3/8" $9.99, 1/2" $12.49, 5/8" $16.99. Waferboard 7/16" $5.99, 5/8" T/G $7.99 (additional 5% off full bundle). Masonite doors starting from $6.77. 12ft moulded countertop $49.99, 3ftx7ft HDF panel $5.99. 42" steps. Presswood** $2.99, MDF** $3.74 (**get an additional 1$ discount per step with purchase of 10 steps or more). Prices are valid from March 5th to 22nd 2008 Visit our Web Site: www.bargainbuildingmaterials.ca or 819-986-5720 or 613-836-6420.

FOUR SIMMENTAL Charlois cross cows, bred for last of March, bred to Blonde bull; 4 x 4 bales for sale. Call after 5pm, 613-349-4055.

HOT TUB (SPA) Covers-Best Price. Best quality. All shapes and colours. Call 1-866-585-0056. www.thecoverguy.ca

FOR SALE

TEAM OF BLACK HORSES, quiet, broke single and double, work in bush and sleigh rides. Ask for Eldon 613-720-3156.

TURKEYS
Chickens, Ducks & Smoked Turkeys available for Easter. All Natural, Vegetable Grain Fed (no animal by-products). To order call:
LYONS FAMILY TURKEY FARM
613-658-3148

WANTED

FAST AND FURIOUS, Northumberland Motorsport Show 2008, vendor space available from March 29th-30th. Cars, bikes, boats, ATV's, if it races, this is the show for you! Call Kerri at 905-373-7355 ext 234 or email kmcgovern@northumberlandnews.com

LOST/FOUND

FOUND: March 16, 2008, small amount of money. Identify to claim. Phone 613-258-1329.

INDUSTRIAL COMMERCIAL SPACE

DOWNTOWN KEMPTVILLE, approximately 1,000 square feet, plenty of parking, $800. per month plus utilities. Phone 613-795-9716.

HOUSES FOR RENT

IROQUOIS: Renovated 3 bedroom townhouse, gas heat, rent $550. per month. First, last and references required. Phone 613-345-1473.

APARTMENTS FOR RENT

ONE BEDROOM apartment for rent, Kemptville, large yard, quiet street, new appliances, new furnace, new carpet, water included. Available immediately. Evenings 613-838-5688.

ONE BEDROOM furnished, fridge and stove, available immediately, $180. per week. Utilities included. References required. 613-652-4176.

TWO BEDROOM apartment available April 1, $750. plus hydro. First, last and references required. No pets. Phone 613-795-9716.

APARTMENTS FOR RENT

TWO BEDROOM, 900 square foot apartment available May 1. Quiet country road, 5 minutes east of Kemptville. $700. plus utilities. Mature non-smoker. 613-989-3908, cell 613-864-3908.

STORAGE SPACE

416 MINI STORAGE, secured, fenced property, 24 hour key pad access. Various compartment sizes. 613-258-1146.

KEMPTVILLE MINI-STORAGES: individual units, various sizes, residential or commercial. 613-258-6464.

VEHICLES

2003 CHEV ASTRO VAN: LE, all wheel drive, great in snow! Excellent condition. Safetied, $9,000. Phone 613-258-9320.

CREDIT PROBLEM! In house finance is easy, just apply on-line and become pre-approved. For clean, low mileage vehicles www.car-o-line.com or call Car-o-line Auto's at 1-877-820-5598 or 613-448-2488.

EDUCATION

HATE YOUR JOB?
Train for a new one in LESS than 8 months! Personal Support Worker, Travel Counsellor, Paralegal, Pharmacy Technician, Dental/Medical Office Assistant, Accounting and Payroll.
CALL TODAY
613-722-7811
www.4myaca.com
Algonquin Careers Academy

BUSINESS OPPORTUNITIES

PROMOTE YOUR BUSINESS or Service to over 4 million adults in Ontario. Call today to book your classified word ad in over 100 community newspapers! Regional & Weekly packages avail. (Includes online). 416-493-1300 ext. 237, 288, 276 advertising@metroland.com

INCOME TAX

EXPERIENCED, accurate and affordable. Call us for a free quote. Saturn Accounting Services Ltd. 55 John Street N. Arnprior 613-623-5258 Woodlawn 613-832-4699

INCOME TAX

ACCOUNTING, Bookkeeping, Payroll, GST, PST, WSIB. Personal & Corporate Tax Returns. Business Analysis. We specialize in Quickbooks, Simply and MYOB Conversion. Excellent References, Saturn Accounting Services Ltd. Woodlawn: 613-832-4699 Arnprior: 613-623-5258

MORTGAGES & LOANS

$$MONEY$$ CONSOLIDATE DEBTS, mortgages to 100%, no income, bad credit OK! Ontario-wide Financial Corporation 1-888-307-7799.

ALLIANCE! Mortgage Alliance. Turned down by your bank? Are you self-employed, disabled or is credit card debt worrying you. Mike Martel AMP, 613-345-5284 call now!

SERVICES

ANGIE BERNARD House and Garden: call 613-658-2886 for cleaning, gardening, and lawn services. Now serving Kemptville, Iroquois, Manotick, Barrhaven, North Gower and Spencerville.

SERVICES

BESNER SHARPENING. We sharpen almost anything with quick turnaround. Call 613-258-7842.

PERSONALS

AL-ANON FAMILY GROUPS: Are you troubled by someone's drinking? For information call Al-anon, 613-258-3049 - Al-ateen 613-860-3431.

ALCOHOLICS ANONYMOUS: Do you want to stop drinking? There are no dues or fees for A.A. Membership. The only requirement is a desire to stop drinking. Phone 613-258-4891 or 613-826-1980.

BINGO

OSGOODE LEGION Bingo, Main Hall, 3284 Sunestrom St., Osgoode. Every Thursday evening, 7pm sharp.

COMING EVENTS

CUSTOM TOUR OF IRELAND
Sept 17-30 2008
Escourted by Art Jamieson, Optional Scotland tour extension, Call for details on both tours! Jamieson Travel & Tours, Toll free 1-888-582-7011
Local 613-582-7011.
www.jamiesontravel.com

COMING EVENTS

HORSE/TACK CONSIGNMENT SALE
Saturday March 22 2008
Tack sells 10 am-Horses 2pm Galletta Livestock Auction Barn 1/2 hr W Kanata, 10 mins E Arnprior. Consign early, Call Tracey 613-623-9455

CLASSIFIED ADVERTISING ... GETS READ, GETS REMEMBERED, GETS RESULTS.

COMING EVENTS

Metcalfe FARMERS MARKET

We would ilke to invite you to our
1st Annual Easter Craft Show on
Easter Weekend Saturday, March 22nd
from 9:00am to 3:00pm
Location Greely Legion
Royal Canadian Legion Greely & District
Br. 627 - 8021 Mitch Owens Road
(County Rd. 8) www.metcalfefm.com
New Vendors Always Welcome

CL8721

NOTICES

Good Friday
The office will be closed
Friday, March 21, 2008
CLASSIFIED DEADLINE CHANGE

Iroquois Chieftain
Kemptville Advance

***Thursday, March 20* at 4:00pm**

Please contact the Classified Department to place your ad.
613-258-3451
or email
connie.seguin@metroland.com

GET NOTICED - UPGRADE YOUR AD



Call one of our classified sales reps today to place your classified ad.
613-258-3451
connie.seguin@metroland.com
Ask about our Classified Super Combos
Classifieds Work For You!
Ottawa Region Media Group

employment OPPORTUNITIES

HELP WANTED

$$$ SECURITY GUARDS $$$
[redacted]perience Needed.
Full Training Offered
613-228-2813
www.ironhorsegroup.com

SECURITY OFFICERS
No Experience Needed, FT/PT available. Call 613-829-5555 for an interview.
www.securityinstitute.ca

DOES THE IDEA of earning $5000-$25,000/month appeal to you? Call Toll Free 888-271-9467

FULL/PART TIME AZ-DZ Drivers Required, AZ Dedicated Ottawa-Toronto paid by trip, some layover, NOT LTL, AZ-DZ City Work Paid hourly, Verifiable Experience, Home Weekends, Fax resume to 613-831-9359 or email bill@capital-dedicated.com

HOUSE CLEANING Company presently seeking supervisor-manager, full-time. Must have car. $11.00/hour + $250/month car allowances. 613-860-0436. Career and franchise opportunities available.

LICENSED TIRE TECHNICIANS required for road service. Please contact Samantha at 613-821-2953. You can also fax your resume to 613-821-4082 or email it to osgoodetire@storm.ca

**BE ADVISED THAT NO ONE MAY ASK YOU FOR YOUR SOCIAL INSURANCE NUMBER UNLESS THEY ARE PAYING YOU TAXABLE INCOME OR YOU PAY TAXES TO THEM.

CAREERS

NOORT TRUCKING LIMITED



HELP WANTED
Class A-Z Driver

• 3 years US Experience needed.

• Experience in Agricultural and Industrial Equipment an asset.

• *Up to.45¢ Per Mile*

Please Fax Resume to:
613-258-2095
Email:
noorttrucking@ripnet.com

CL5458

We are currently in search of a

Lifeguard
Richmond area

Rate of pay: $14.00/hour
You have a current National Lifeguard Service Certificate (NLS), CPR and Basic First Aid qualifications, current Red Cross certification. You like to work in a team and have flexible hours.
To learn more about this opportunity, check us out at www.cfpsa.com

Interested candidates should forward their application on or before 31 March 2008 to:
Human Resources Manager,
4210 Labelle Street, Ottawa, ON K1A 0K2
online at www.cfpsa.com;
or via e-mail at
castonguay.anick@cfpsa.com

CL8758

CAREERS

DISTRESS CENTRES
LANARK, LEEDS AND GRENVILLE

We are looking for

PHONE LINE VOLUNTEERS
for our
PRESCOTT AND BROCKVILLE offices.

If you possess a desire to help others who are experiencing difficulties and/or distress please call (613) 345-1290 as soon as possible.
Training is provided.

CL8719

INDUSTRIAL SERVICE TECHNICIANS

As a result of a recent major Canadian expansion and product acceptance, our client, a global leader, requires three industrial technicians for their international service contracts.

Brockville Based (2) & British Columbia (1)

The successful applicants must have an industrial and/or manufacturing background in areas such as maintenance supervision, mechanics with documentation responsibilities, familiar with pneumatics, instrumentation, pipe and threading systems, welding. Pulp and paper equipment maintenance would be an asset. Educational background: mechanics, millwright or mechanical engineering technician.

These positions require individuals willing to travel extensively in North America and occasionally to Europe and Asia. Weekends at home in Canada.

Support by an intensive orientation, this is an outstanding opportunity for you to work with other cultures and to gain a breadth of experience unavailable in a plant environment plus the freedom from shift work.

In the first instance, send your resume in confidence to:

ICTR Inc.
201 – 84 King Street West
P.O. Box 773 Brockville, ON K6V 5W1
Attn: C.W.Armstrong
613-498-2290 Fax 613-498-1463
e-mail: ictr@ripnet.com

CL8743

CAREERS

STOCK TRANSPORTATION is a customer-driven industry leader whose growing success has been built on positive, caring, and supportive relationships – with our customers and our employees. Currently, we have the following opportunity available...

Mechanic
• Ottawa West (six-month contract)

Dedicated to complying with safety and regulatory requirements, you will perform diagnosis, repairs, and preventative maintenance as well as ensure apprentice mechanics are trained and work is approved while maintaining dialogue with drivers regarding vehicle maintenance. Certified as a technician with a 310T or 310S licence, you have solid teamwork and communication skills, the ability to manage our fast-paced environment, and demonstrated fleet maintenance success with diesel and gas systems.

Interested candidates should apply in writing to Norm Stableford by e-mail at: norms@stocktransportation.com, Attn: OW-MT.

STOCK
On the Journey of Learning

CL8773

www.stocktransportation.com

Career Opportunity
Regional Classified Advertising Manager 1 Full-time

The Ottawa Region Media Group is seeking applicants for the position of regional Classified Advertising Manager.

The ideal candidate will possess strong leadership, decision-making, team-building and negotiating skills. Your innovative nature and risk-taking attitude will assist you in getting ahead of the competition, without losing sight of the bottom line. Your proven track record in a sales management career and enthusiasm to take on new challenges will make you a great fit for our division.

Position Accountabilities:
- Provide one-on-one training with new and seniors sales representatives to help achieve their full potential
- Provide assistance with the development of new & existing clients
- Formulate and execute sales plans to achieve & exceed revenue projections
- Develop a deep understanding of our competition and implement strategies to increase market share
- Lead monthly classified sales meetings to ensure two way line of communication.
- To meet with major clients to ensure good relations and that clients needs are being met.
- Travel may be required to other satellite offices
- To be aware of and adhere to all Company policies regarding acceptable Internet, Electronic mail use and business conduct.
- To perform "due diligence" as prescribed by the Ministry of Labour in the Ontario Health & Safety Act and understanding all Company policies and procedures as outlined in the employee handbook available at www.metrolandhr.com

Requirements:
- Minimum of 3 years sales management experience, preferably media
- A driving sense of urgency to set and realize goals
- A definite aptitude for keeping a wide variety of tasks on stream
- Enthusiasm and stamina to get the job done
- Self-motivated with the ability to work with minimal supervision

Competencies, Skills and Experience:
Action oriented • Drive for Results • Composure • Customer Focus • Creativity
- Time Management
- Strategic agility
- Business acumen
- Action oriented
- Dealing with ambiguity
- Customer focus
- Developing direct reports
- Managing and measuring work
- Organizational agility
- Drive for results
- Entrepreneurial spirit

Please be advised that this is a concurrent internal and external posting and that further consideration will be given to only those candidates who have clearly demonstrated the competencies required for the position.

Interested and qualified candidates should forward their resume and cover letter to the attention of Nancy Gour no later than Friday March 21, 2008. ngour@metroland.com / Fax: 613-224-2265. Please list the job title in the subject line of your email. **Late submissions will not be accepted.**

Ottawa Region Media GROUP
A division of Metroland Media Group Ltd.

CL8733

To Place Your Classified Ad
CALL NOW!
(613) 258-3451

CLASSIFIED ADVERTISING RATES

Kemptville Advance
Iroquois Chieftain
Kemptville Weekender
Ottawa South Weekender

206 Prescott St.,
Box 1402, Kemptville, ON, K0G 1J0
Phone: 613-258-3451 Fax: 613-258-0617
Email: connie.seguin@metroland.com

Circulation 29,300
January 1, 2008

Classified Display Rates
Combo Line Rate $ .95

Kemptville Advance (Tuesday)	$0.43/agate line
Iroquois Chieftain (Tuesday)	$0.46/agate line
Kemptville Weekender	$0.53/agate line
Ottawa South Weekender	$0.55/agate line

Classified Word Rates

25 words or less	$13.24
Per additional word	$0.50
Box replies	$3.00
Word ad with box	$2.00
Bold Heading	$2.00
Reverse	$5.00
Found/Reuse/Recycle	FREE

In Memoriams 75 words or less	$13.24
Per additional word	$0.25

Social Announcements
The following are boxed display ads and will appear on the classified pages
Births, Birthdays, Engagements, Graduations, Anniversaries and Weddings
Price includes 75 words,
$0.25 per additional word

	No Photo	With Photo
1 col.	$20.00	$25.00
2 col.	$35.00	$45.00
3 col.	$45.00	$60.00

Cards of Thanks , Obituaries and Deaths are $35.00 for 300 words (additional $0.25 per word over 300), $10.00 for photo (2 column classified)

Classified Word Ads and Social Announcements will run in all four (4) papers.

Deadlines
All classified word ads and display ads must be submitted by
FRIDAY 4 P.M. for Tuesday Editions
MONDAY 4 P.M. for Weekend Editions

Cash, Cheque, Visa, Mastercard, ALL RATES SUBJECT TO GST

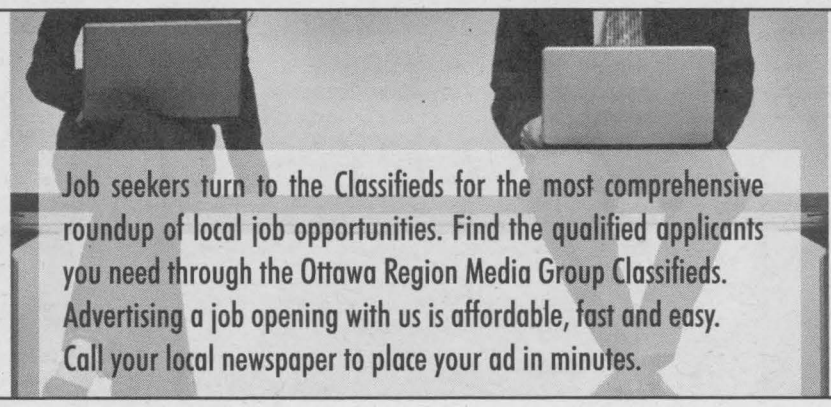
Ask Us About .....
workopolis.com
CANADA'S BIGGEST JOB SITE
CL2682

The ONLY Community Newspaper with this added feature

Book your Recruitment ad today
and receive 15 days on workopolis for only $130*
*Placement in this publication is required.

Ottawa Region Media GROUP
A division of Metroland Media Group Ltd.

CONNECTING PEOPLE TO JOBS



Job seekers turn to the Classifieds for the most comprehensive roundup of local job opportunities. Find the qualified applicants you need through the Ottawa Region Media Group Classifieds. Advertising a job opening with us is affordable, fast and easy. Call your local newspaper to place your ad in minutes.

Almonte/Carleton Place 613-257-1303
Arnprior/West Carleton..... 613-623-6571
Barrhaven/Nepean..... 613-591-2431
Kanata/Stittsville 613-591-2431
Kemptville/Ottawa South/Iroquois 613-258-3451
Renfrew 613-432-3655
Perth 613-267-1100
Smiths Falls 613-283-6222

Ask about a 15-day Workopolis posting

Network Classifieds: Advertise Across Ontario or Across the Country!

For more information contact
Your local newspaper

AUTOMOTIVE

MOTOR VEHICLE dealers in Ontario MUST be registered with OMVIC. To verify dealer registration or seek help with a complaint, visit www.omvic.on.ca or 1-800-943-6002. If you're buying a vehicle privately, don't become a curbsider's victim. Curbsiders are impostors who pose as private individuals, but are actually in the business of selling stolen or damaged vehicles.

BUSINESS OPPS.

A GREAT OPPORTUNITY TO OWN YOUR OWN PET FOOD BUSINESS, turnkey for under $10K. For more information Call Julie Mutch Toll-Free 1-877-738-3287 Ext. 217 or (604) 518-7706, www.ripleesranch.com.

BE A Travel Consultant from home, Internet based, huge discounts on resorts, airfare, cruises. (Your own business, full training) Must be dependable; http://www.retirerichandready.com; 1-519-885-1065.

Become a dealer and installer of the Eco Systems Fuel Enhancer. Works on all makes and models of cars, trucks, buses. Contact 613-324-8521, geconomo@si-way.com or visit www.si-way.com.

ecoENERGY Certified Advisors - Self Employment Opportunity. Improve the environment by helping clients qualify for government grants to improve their home's energy efficiency. Call Toll-Free 1-866-296-9473, www.buywiseinspections.com.

LOVE REAL ESTATE? Own your own, home based, for sale by owner real estate marketing business. Training. No license needed. Only $947.00 required. Apply now. Jim 519-238-1619.

MATCO TOOLS IS LOOKING FOR FRANCHISEES IN YOUR AREA - Professional products with a complete Business System available to support you in becoming your own boss. Home-based business; Training & Support Programs. CALL TOLL-FREE 1-888-696-2826. www.gomatco.com.

PET LOVERS join Multi Menu, Free Home Delivery Pet Food & Accessories, marketing & support, no royalties, exclusive territories, 150 franchises in Canada! www.multimenu.ca, FREE SEMINAR, Call Toll-Free 1-877-462-0056.

The UPS Store® - Franchise Opportunity Available. Join Canada's largest network of neighbourhood business service centres. To learn more visit www.theupsstore.ca or call 1-800-661-6232.

COMING EVENTS

TRAIN/TOY SHOW, March 29-30th, 10a.m.-4p.m.; W.B. George Centre, Kempville College, 81 Concession Street (follow hospital signs)! Operating layouts, Thomas Trains, Garden Railway, Meccano, Model/Toy Train Vendors. Bring the family! www.027trains.com, 613-592-9402.

CAREER TRAINING

TRAIN FOR A NEW CAREER in medical transcription. Work from home. 99% employment rate. Contact CanScribe today for a free information package. 1-800-466-1535. www.canscribe.com / info@canscribe.com.

EMPLOYMENT OPPS.

AUTOMOTIVE TECHNICIAN REQUIRED immediately. Very busy modern shop, all new equipment, pleasant work environment. GM experience preferred but not required. We are growing every year. Career advancement training opportunity. Great recreation area nearby, golf/hunting/camping/fishing. Top wages in Saskatchewan with bonuses. Signing bonus. Relocation allowance. Company health benefits. Apply to Sheane Birnie, service manager, Carlyle Motor Products Ltd., Box 1000, Carlyle, SK, S0C 0R0, email: service@carlylegm.ca, ph.daytime: 1-306-453-6741 or evening 1-306-577-7220 (cell).

PHONE DISCONNECTED? Get connected! Paying too much? Save money! Great low rates and outstanding service. No deposits or credit checks. Phone Factory Reconnect 1-877-336-2274; www.phonefactory.ca.

FINANCIAL SERVICES

$$$MONEY$$$ ANY PURPOSE!!! 1st, 2nd, 3rd mortgage loans and credit lines, bad credit, debt consolidation, mortgage or tax arrears - NO PROBLEM! CALL TOLL-FREE 1-888-307-7799, Ontario-Wide Financial Corp.

FRANCHISE OPPS.

BUSINESS IN A BIN! Trash in N. America is a $35 billion industry. Get your piece! Bin There Dump That is a mini disposal system that is franchising in your area & looking for entrepreneurs with passion. Reasonable entry cost. Exclusive territory. Full training, marketing materials, lead programs & more! Over 100 years of experienced franchisor support. John Ferracuti (905) 823-8550 ext.25, jferracuti@bintheredumpthat.com, www.bintheredumpthat.com.

FOR SALE

#1 HIGH SPEED INTERNET $18.95 / Month. Absolutely no ports are blocked. Unlimited Downloading. Up to 5Mps Download and 800Kbps Upload. ORDER TODAY AT www.acanac.ca or CALL TOLL-FREE: 1-866-281-3538.

A FREE TELEPHONE SERVICE - Get Your First Month Free. Bad Credit, Don't Sweat It. No Deposits. No Credit Checks. Call Freedom Phone Lines Today Toll-Free 1-866-884-7464.

ADD AND SAVE on home phone reconnection. Bad credit - no problem! Up to $30. off for new customers, plus lower monthly rates! Call Tembo 1-877-266-6398 or sign up online www.tembo.ca.

Fresh, succulent NS LOBSTER, whole live or cooked, tails, shelled cooked meat, shipped direct to you express. Top quality from the source: www.lobsterexpress.ca. Move out east where LOBSTER is king: www.novirealty.ca. LOBSTER fishing boats: www.noviboatbrokers.com.

SAWMILLS from only $3,495.00 - Convert your LOGS TO VALUABLE LUMBER with your own Norwood portable band sawmill. Log skidders also available. www.norwood sawmills.ca/400t - FREE Information: 1-800-566-6899 Ext:400OT

HELP WANTED

FREE HOOKUP. Need a phone? Everyone approved. Not happy with your current phone provider? Switch for free and keep your same number. 1-877-852-1122. Protel Reconnect.

HOME BASE TRAVEL AGENTS WANTED. Work from home. Travel Agent experience is required. Must have own clientele. For further information contact Lynda at Marlin Travel Port Hope. Telephone 1-800-387-8747.

JOB HUNTING? The Ontario Ministry of Natural Resources is now hiring! Look for over 2,100 jobs for youth and recent graduates at www.ontario.ca/mnryouthprograms or call 1-800-667-1940.

Mystery Shoppers aged 19 to 24 required for Retail Tobacco Compliance audit. Easy work! No fees! Information/application: www.applyshopnchek.ca or call 1-866-762-2435 ext.2383.

ANNOUNCEMENTS

CRIMINAL RECORD? Have trouble getting a job or traveling to the United States? We can clear your name, we'll guarantee it! Pardons/Waivers Toll-Free 1-800-507-8043, www.pardongranted.ca.

MORTGAGES

$$$ 1st, 2nd, 3rd MORTGAGES - Tax Arrears, Renovations, Debt Consolidation, no CMHC fees. $50K pay $283.17/month. No income, bad credit, power of sale stopped!! MORTGAGE CENTRE, 416-633-7447, Toll-Free 1-800-282-1169, www.mtgcentre.com.

$$$ 1st & 2nd & Construction Mortgages, Lines of Credit... 95-100% Financing. BELOW BANK RATES! Poor credit & bankruptcies OK. No income verification plans. Servicing Eastern & Northern Ontario. Call Jim Potter, Homeguard Funding Ltd. Toll-Free 1-866-403-6639, email: jim.potter@hughes.net, www.qualitymortgagequotes.ca.

A BELOW BANK RATE, 1st and 2nd Mortgages, 95% to 100% Financing, Debt Consolidation, Self-employed Specialists, All Credit Types considered, X-Bankrupts. CALL TODAY 1-800-225-1777, www.homeguardfunding.com, EST. 1983.

$ARE YOU SINKING IN DEBT? 1st, 2nd & 3rd Mortgages - Bruised Credit - Bank Turndowns - Debt Consolidation - Refinancing - Power of Sale - Past Bankrupt - Home Renovations. We can lend a Hand. www.canadalend.com Toll-free 1 (866) i CAN LEND (1-866-422-6536) CALL NOW!

MORTGAGES - FREE INFORMATION - INSTANT PRE-APPROVALS BY PHONE FOR ALL PROPERTY TYPES. Bank turndowns OK, Bankruptcies OK, No/Low Income OK. 1st, 2nd, 3rd Mortgages, Construction/Renovations, Debt Consolidations, Purchases, Refinancing. Easy Low Monthly Payments. Good/Bad Credit. If you have sufficient "Equity" ... YOU'RE APPROVED!! Servicing Ontario for over 20 years. CALL Toll-Free: 1-866-996-8226 - Seven Days a Week "Anytime". New Haven Mortgage Corporation.

PAY TELEPHONE SERVICES

LIVE READING FOR YOUR FUTURE! The best Canadian Psychics 1-900-451-5756, $2.85/minute. Bell Mobility dial # tarot (82768), $2.79/min. 18+ Webcam Reading, www.mediumcanada.com.

PERSONALS

ANOTHER SUMMER COMING UP AND ALL YOU HAVE PLANNED IS WORK? Misty River Introductions can help you find someone to change all that. CALL (613) 257-3531, www.mistyriverintros.com.

CRIMINAL RECORD? Seal it with a PARDON! Need to enter the U.S.? Get a 5 year WAIVER! Call for a free brochure. Toll-free 1-888-9-PARDON or 905-459-9669.

PROFESSIONAL HELP WANTED

Mountain Park Lodges with 5 resorts in the Rocky Mountains OF Jasper National Park, Alberta has Front Desk, Central Reservations, Maintenance, Line Cook, Server and Housekeeper positions available immediately. We offer accommodation, benefits, bonus, career growth, advancement & more. Great experience, great memories! E-mail hire@mpljasper.com, Fax 780-852-5813, www.mpljasper.com.

SERVICES

CLEAR YOUR CRIMINAL RECORD NOW - A record affects employment and any travel anywhere! We Guarantee Your Pardon. Apply online www.canadianpardons.ca or Call Today Toll-Free 1-800-298-5520.

criminal records affect travel to 1 country only. Don't be misled. Canadian pardons guaranteed at the National Pardon Centre TM. Apply online: www.nationalpardon.org. Call toll-free 1-866-242-2411.

STEEL BUILDINGS

#1 A STEEL BUILDING SALE! Save up to 60% on your new garage, shop, warehouse, storage building. 6 colours available! 40 year warranty! Free shipping, the first 20 callers! 1-800-457-2206. www.crownsteelbuildings.com.

ALL STEEL BUILDINGS FOR SALE! "Rock Bottom Prices!" Widths vary from 10' to 80'. Various shapes, heights and lengths. Canadian Manufacturer since 1980. Pioneer Steel 1-800-668-5422.

VACATION/TRAVEL

#1 TIMESHARE RESALES - Sell-Buy-Rent. World's largest timeshare resale broker. Stroman Realty - since 1979. Worldwide selection of resort properties. Call today toll-free 1-800-201-0864.

ALL INCLUSIVE PACKAGES - Book Online at www.canadatravels.com and save more on your vacations. Use code NCA74327 for discount or call us toll-free at 1-800-563-5722.

RIVERBOAT CRUISING - St. Lawrence & Ottawa River. The hassle free way to travel. Unpack once, relax & enjoy. Included: Shore excursions, great meals & nightly entertainment. 3, 5 & 6 nights. Private Staterooms. From $995. TICO# 2168740. DIAL-A-BROCHURE 1(800)267-7868. www.StLawrenceCruiseLines.com.

TIMESHARE FORECLOSURES -- Save 60-80% off Retail! Best Resorts & Seasons! Call for FREE catalogue today! 1-800-496-5964. Browse hundreds of worldwide properties online -- www.holidaygroup.com/ocn.

• It's Affordable • It's Fast • It's Easy • It's Effective • One Bill Does It All • *All Ontario $429* • National Packages Available! www.networkclassified.org

UPPER CANADA FROM THE FRONT

He was concerned that the north section of South Dundas would not be forgotten in the effort to highlight the area's of Morrisburg and Iroquois.

Hearing of the decision, Jeff Beaupre of Beaupre Jewellers in the Iroquois Plaza and the Chair of the Iroquois Business Group said that the rebranding was a positive step in the right direction for the area. "It, (the rebranding) seems to focus us more," he said. Mr. Beaupre commented that the South Dundas community has to come together in order to plan for the future and to keep what is working well.

The author of the rebranding report feels that South Dundas has a great deal to look forward to. "I am very optimistic," he said adding that there is still a lot of work to be done. Mr. Graham met with members of the South Dundas community. He considered information from residents, business people and township staff in creating his blueprint for an economically healthier South Dundas. "The goodness (in the report) is that the answers came from within the community," he said.

The report details recommendations for the township to take on that should help to promote economic growth. The first step is to adopt the name Upper Canada Region. A second step is to create a Regional Marketing Alliance to promote the name and then create a basic web portal. The final step is to create effective presentation materials. The report emphasizes the need to educate residents and business about where they live and all of the positive aspects of life and work in South Dundas.

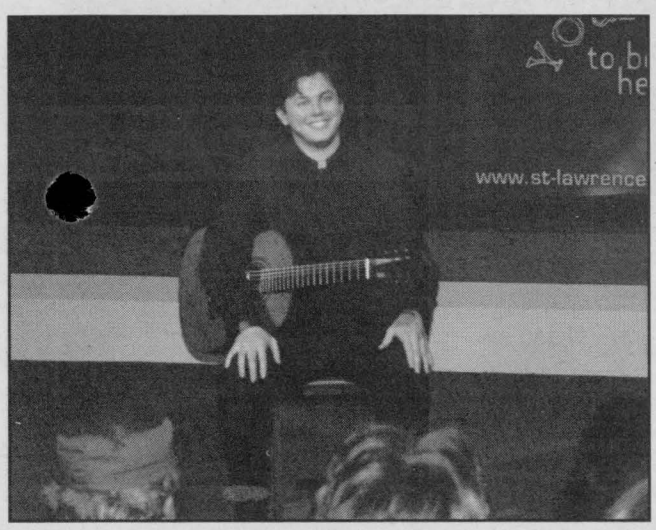
"This is the thin edge of a wedge of what is to come," said Mr. Graham.

Daniel Bolshoy performs

Daniel Bolshoy, a renowned classical guitarist, was a great crowd pleaser as the St. Lawrence Stage held its first concert starring an international musician. Leaving the theatre following the show, members of the audience couldn't say enough about the talent and stage presence of Daniel Bolshoy. Bolshoy, himself, enjoyed the small venue and great acoustics of the St. Lawrence Stage, as well as the audience's chorus of 'Happy Birthday' in his honour. The stage was tastefully decorated, featuring the works of two visual artists living in the area, Derek and MiSun Hunter. Without the aid of a sound system, Bolshoy's guitar was clearly heard and enjoyed throughout the theatre.

May 3 is the date set for the next big show at the St. Lawrence Stage when Ottawa artist Lynn Miles will perform much of her original and internationally acclaimed music. Tickets are available at Strings and Things in the Iroquois Plaza, Pier 31 in the Morrisburg Plaza, at the Ottawa Folklore Centre or even by email at : booking@st-lawrence-stage.com.

Check out the theatre's website for other shows and workshops. It is found at www.st-lawrence-stage.com.



Daniel Bolshoy

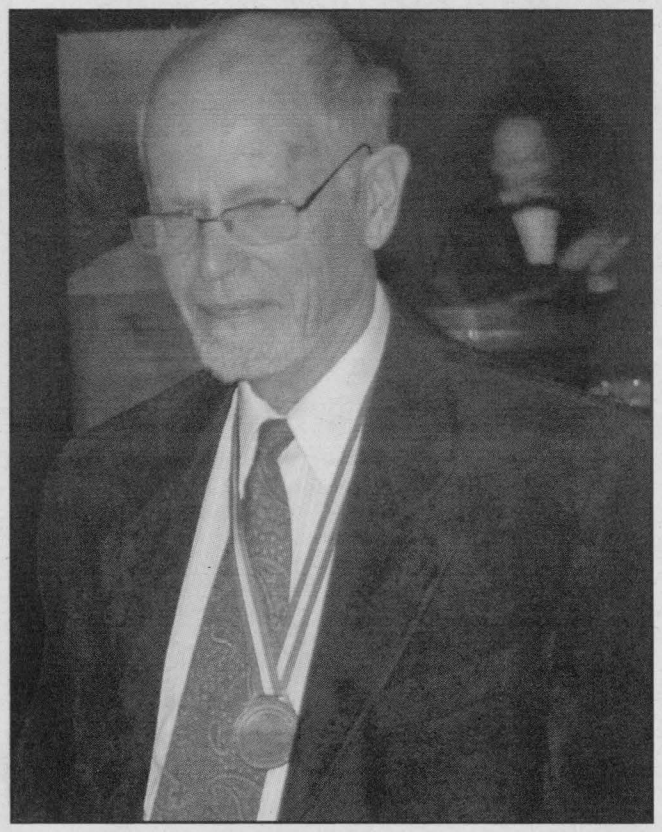
Don Graham honored with lifetime Achievement Award

Don Graham, local resident and founding Director of community non profit organisation DIAMONDS Land Trust received the "CLSA Lifetime Achievement Award" last month at the annual CSLA conference in Quebec City in recognition of his invaluable contribution to the profession of landscape architecture. This award is an honour the Canadian Society of Landsape Archetics may bestow upon a landscape architect whose lifetime achievements have had a unique and lasting impact on the welfare of the public and the environment.

Don Graham, along with wife Ree (Grisdale) who is originally from Iroquois, took up residence full time in the Morrisburg area during the mid 1990's. His retirement from professional practice at this time marked close to 40 years of work in landscape planning and design that left a significant imprint both on the landscape and on the profession of landscape architecture across Canada.

A summary of achievements was presented by the CSLA president to over 200 participants from across the country at the GALA awards ceremony. Originally from Montreal, Don completed an agricultural degree at McGill / Macdonald campus where he met his wife Ree. He went on to complete his masters at the Harvard Graduate School of Design in Boston, then returned to live in Ottawa area where he established the firm of D.W.Graham and Associates (1964).

The firm was the first of it's kind in Ottawa and over the next 20 years it would grow to become one of the larger and more successful landscape architectural offices in Canada employing up to 20 landscape architects. During the 60 and 70's, as the profession was beginning to take hold in Canada, many new graduates emerging from the newly established LA programs in Canadian Universities gained their experience there. Given his communication skills and natural talent for teaching, he would later create and develop a program of Landscape Architecture at McGill University that endured for many years during the 80's.



Don Graham

Don was recognized as a pioneer of the profession in Canada. He was thanked for his dedication that influenced countless others to pursue similar ideals and for helping shape the profession as it is known today.

Informing the region... One community at a time

Over 190,000 Homes
Receive Our Community Papers Weekly

To place your classified ad or for more information, contact our offices:

Word Ads for as little as $2.64 per paper

KANATA/STITTSVILLE
613-591-2431 • Email: rob.rubino@metroland.com

NEPEAN/BARRHAVEN
613-591-2431 • Email: trudy.mayhew@metroland.com

KEMPTVILLE
613-258-3451 • Email: connie. seguin@metroland.com

ARNPRIOR
613-623-6571 • Email: ann.limlaw@metroland.com

CARLETON PLACE
613-257-1303 • Email: kerrine.lyons@metroland.com

SMITHS FALLS
613-283-6222 • Email: barb.lawson@metroland.com

PERTH
613-267-1100 • Email: brenda.watson@metroland.com

Ottawa Region Media GROUP
A division of Metroland Media Group Ltd.

197218

CLASSIFIED SUPER COMBOS

TOTAL MARKET
20 Newspapers
Over 190,000 Homes
Almonte Gazette, Arnprior Chronicle-Guide, Arnprior Weekender, Barrhaven This Week, Carleton Place Canadian, Iroquios Chieftain, Kanata Kourier - Standard, Kemptville Advance, Kemptville Weekender Mississipi Weekender, Nepean This Week, Stittsville Weekender, Stittsville News, Ottawa South Weekender, Renfrew Mercury, Renfrew Weekender, Smiths Falls This Week, Perth Courier, Perth Courier Weekender, and West Carleton Review Weekender
Word Ad $57.14+ GST/ 25 Words or Display $5.20 agate line

TOTAL WEEKENDER MARKET
12 Newspapers
Over 169,000 Homes
Arnprior Weekender, Barrhaven This Week, Kanata Kourier - Standard, Kemptville Weekender, Mississippi Weekender, Nepean This Week, Ottawa South Weekender, Perth Courier Weekender, Renfrew Weekender, Smiths Falls This Week, Stittsville Weekender and West Carleton Review Weekender
Word Ad $31.71+ GST/ 25 Words or Display $3.29 agate line

OTTAWA MARKET
9 Newspapers
Over 125,000 Homes
Barrhaven This Week
Kanata Kourier - Standard
Kemptville Weekender
Mississippi Weekender
Nepean This Week
Ottawa South Weekender
Stittsville News
Stittsville Weekender
and West Carleton Review Weekender
Word Ad $26.25 + GST/ 25 Words or Display $2.32 agate line

Driver's Blind Spot

A shocking look at where to spot the best insurance rates

Quoting over 30 insurance companies giving you the lowest rate– for FREE

Eyes Wide Shut

It's tear jerking how much some drivers overpay for their car insurance.

Unfortunately, the best insurance rates are elusive. They're not advertised and many places you would call don't necessarily represent the insurance company that has the best rate for you.Sadly, you're the one that ends up paying for it.

Rob, who discovered InsuranceHotline.com, wanted to share his experience with you. He didn't know that InsuranceHotline.com kept a close eye on over 30 insurance companies and could instantly spot which ones have the best rates for his driving profile. It wasn't until his friend, tired of hearing him complain about it, told him to go online and see if he was really overpaying. So Rob decided to check it out.

He had blindly accepted a rate of $2,600 for 2 minor tickets, but he had an eye opening experience when he saw he could have been paying as little as $1,300 for the same coverage if he had been with a different company. Needless to say, Rob will never overpay for his insurance again.

Another story worth mentioning is when Derek's insurance renewal jumped from $924 to $1,600 for no apparent reason. He went to InsuranceHotline.com and was quoted $783.

The reality that he was paying twice as much as he needed to brought a tear to his eyes. He will never get that money back.

Trying to find which insurance company has the best rate for you can be a long and painful task.

You can do this exhaustive search yourself, or we can do it for you, for free! InsuranceHotline.com compares over 30 insurance companies and provides the lowest rates.

Anna's parents just saved $600 by simply going online. Al, a father, was shopping for insurance for his 17-year-old son and was quoted a whopping $13,000! He went online and found a rate of $3,600. That's a savings of over $9,000!

Look at this chart. It shows the lowest to highest rates quoted from 30 insurance companies. That's a $5,000 rate difference between insurance companies for the same car and driver.

Most drivers end up paying a rate somewhere in the middle.

When you are moved from the middle of the pack to the top of the pack, it can save you 100's, even 1,000's of dollars, instantly. So keep your eyes on the prize and your money in your wallet. **Visit InsuranceHotline.com for the best rate...for you.**

BUT WAIT! THERE'S MORE...

When you receive your email quote from InsuranceHotline.com, you'll also receive these amazing bonuses: Access to Your

Claims History Report:
Find out what the insurance companies have on record relating to your accidents and claims history.

The Fault Determination Rules:
Find out how insurance companies decide if you are at fault or not at fault if you're in an accident.

Free Dispute Resolution Service:
If you have a dispute with your insurance company that you can't resolve, we give you the name of an organization that will mediate it for you, free of charge.

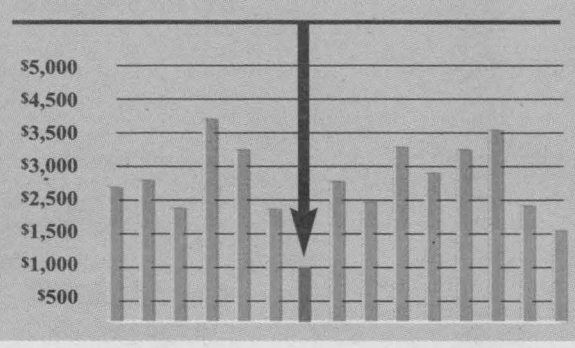
ROGERS

When you get your quote, you'll also receive access to Rogers' amazing bundle offer for TV, Home Phone and Internet.

In addition to providing you with an insurance company that offers you the best price for your car insurance, we'll also tell you which companies have the 2nd and 3rd best price for you. And all their contact information is supplied too!

There is no better service that compares over 30 insurance company rates and supplies these amazing bonuses to you, all for free. ACT NOW!

InsuranceHotline.com finds this rate for drivers!



Driving Record	Lowest Price	Highest Price	Price Difference
Clean Record	$775	$3,371	$2,596
1 Ticket	$797	$4,693	$3,896
1 Accident	$1,493	$6,903	$5,410



Go to www.InsuranceHotline.com for the lowest rate.