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Putting the hammer down

It was not on the schedule of events, but visitors to the Kemptville Campus of the University of Guelph Sat., March 7 could help pound an old car to smithereens with a sledge hammer. Nick McDonell of North Lancaster, a second-year student in the diesel program, was happy to show people how it was done. The institution opened its doors to the public for the annual College Royal Fri., March 6 and Sat., March 7 and gave students a chance to showcase the various aspects of their programs.
For more photos from the Royal, turn to page 9.

Photo — Barbour

Province grants $294,000 for SNC conference centre

by Amanda Smith-Millar
Press staff

FINCH — An abandoned school gym is about to get a makeover.

At a press conference on Fri., March 6, Stormont-Dundas-South Glengarry MPP Jim Brownell announced South Nation Conservation (SNC) will receive a $294,000 provincial grant. The money will help transform the gym at the former St. Bernard's Catholic School into a three-room conference centre.

Back in 2008, SNC converted the closed school into its new headquarters. However, SNC hasn't yet renovated the gym.

"This project will stimulate the local economy with renewed interest from external businesses and organizations and will bring new jobs and investment to eastern Ontario," said Brownell.

The provincial grant came through the Rural Economic Development Program, which has invested about $71.4 million in 212 projects throughout Ontario.

When the conservation authority isn't using the meeting rooms, they'll be open to local community groups, organizations, and businesses.

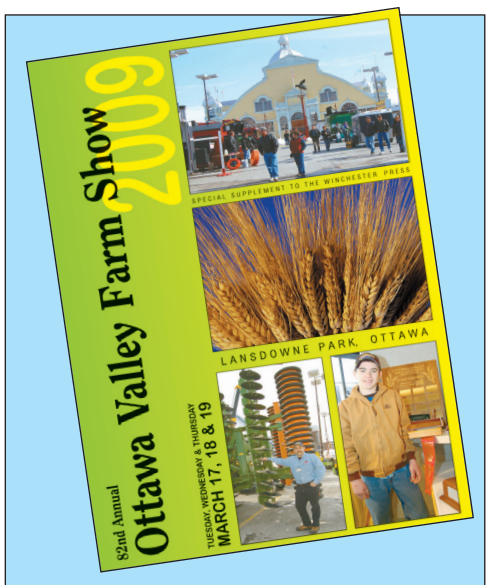
SNC general manager Dennis O'Grady said each room will have internet access, audio-visual equipment, and a flat-screen television that can be hooked up to a computer for slideshow presentations.

O'Grady said the conservation authority had already planned to convert the gym into meeting rooms and finish an adjacent kitchen. The entire project is pegged at about $600,000 — so the grant will cover about 50 per cent of the cost.

"What the [grant] allows us to do is go a little bit more high-tech than we could have gone," O'Grady explained.

While a lot of the work is complete, he said it will cost about $1.3 million in total to convert St. Bernard's into the SNC headquarters.

See accompanying photo on page 2



For everything you need to know about the Ottawa Valley Farm Show, check out the supplement inside this week's **Winchester Press**

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Listen up, ladies!

Dr. Mary Naciuk shared her humourous take on pursuing one's dreams as she told her story at the annual Naomi's Family Resource Centre International Women's Day luncheon on Fri., March 6.

Press Photo — Duncan

Dr. Mary Naciuk shares inspirational story with women

WINCHESTER — Dr. Mary Naciuk didn't graduate high school until she was 34 years old, and then went on to pursue a career in medicine.

The Winchester District Memorial Hospital physician, who also practises in South Mountain, shared her story at the Naomi's Family Resource Centre International Women's Day luncheon on Fri., March 6.

"My kids joke that I was held back 17 times," Naciuk said, noting that her studies weren't a priority her first time through high school.

She joked about the numerous jobs she has had over the years — some for only a few hours — and about the debatable decisions that have lead her to where she is today.

"When I decided to have kids, my mother cursed me with, 'I hope you have kids that are just as bad as you were,'" Naciuk said. "I think it [bounced] off and hit my cousin."

It was while she was working as a cook in Caribou Memorial Hospital in Williams Lake, B.C. that she decided to pursue a career in medicine.

She said it's been a challenging road since then, first completing her high school diploma — "Advanced-placement calculus by correspondence is ... mind-numbing." — and then medical school while raising a family. However, she said her family is one of the reasons she was able to follow through.

"You have to set goals, throw away any limitations, and rely on people for support," she said. "I was fortunate to have my family's support."

The doctor spoke freely about her rebellious past and how far she has come since those days. The speaker thanked the audience for listening and was greeted with a large round of applause and cheers.

International Women's day is celebrated each year on March 8 to acknowledge the economic, political, and social achievements of women – past, present, and future. In some countries like China, Russia, Vietnam, and Bulgaria, it is a national holiday.

The International Committee of the Red Cross used International Women's Day this year to draw attention to the dangers women face around the world. Every year, more than half a million women die due to pregnancy or childbirth complications because they can't get to a health facility, and the highest rates of maternal deaths occurred in 10 countries that are either at war or recently at war, a Red Cross release stated.



New baby on the block

Myriam Menard, weighing in at seven pounds and one ounce, holds the honour of being the first baby born in the Winchester District Memorial Hospital's new acute-care facility. Mom Natalie (left) gave birth to Myriam after about four hours of labour. At right is Natalie's husband, Mike, and their 18-month-old son (and Myriam's very proud big brother), Samuel.

Press Photo — Smith-Millar

Province invests in skilled trades

MORRISBURG — The province is providing $745,530 to support skilled trades training.

The Operating Engineers Training Institute of Ontario (OETIO) in Morrisburg, in conjunction with the IUOE Local 793 Training Fund, will have access to $450,000 over the next three years through the Ontario Skills Training Enhancement Program (OSTEP). The Training Institute will purchase a portable dome to allow year-round training for Heavy Equipment Operators.

"Investing in these programs gives our citizens the skills they need to compete in today's marketplace," said Jim Brownell, MPP for Stormont-Dundas-South Glengarry. "It is very encouraging to see programs supporting opportunities in the skilled trades where there is a high demand for workers."

OSTEP is a cost-sharing program that encourages partnerships between governments, unions, and industry to expand facilities and modernize equipment to keep pace with new technological requirements of the skilled trades. Through this program, industry will invest more than $10.6 million in state-of-the-art equipment and infrastructure.

Funding is part of the $2-billion Skills to Jobs Action Plan, which gives Ontarians a competitive edge by training for tomorrow's high-skilled jobs.

In addition, the government is providing $295,530 to OETIO to run a pre-apprenticeship training program. The program will help up to 45 youth, ages 18 to 25, enter into apprenticeships as Heavy Equipment Operators. This project is run in partnership with the Upper Canada District School Board and T.R. Leger Adult Education.

"Naturally, we are delighted with this announcement and with the McGuinty government's continuing support for the OETIO Training Programs," said Gerry Hughes, executive director of the institute. "This dome will provide us with a facility that will enable us to increase training capacity especially during inclement weather conditions and we are most encouraged that this government recognizes the importance of credible training for the trades in Ontario."



The Ontario government has awarded South Nation Conservation (SNC) a $294,000 grant to help convert an unused school gym into a conference centre. The conservation authority, as well as local groups and businesses, will be able to use the meeting facilities. Pictured at the Fri., March 6 press conference are SNC general manager Dennis O'Grady (left), SNC senior administrative assistant Dianne MacMillan, Township of North Stormont Deputy-Mayor Bill McGimpsey, Stormont-Dundas-South Glengarry MPP Jim Brownell, and SNC board chair and Township of Russell Mayor Ken Hill.

Press Photo — Smith-Millar

Correction

Winchester Public School principal Dawn Bouchard was incorrectly identified as Dawn Boucher in the Wed., March 4 article, "Winchester Public number two on most-improved list." The *Press* apologizes for the error.

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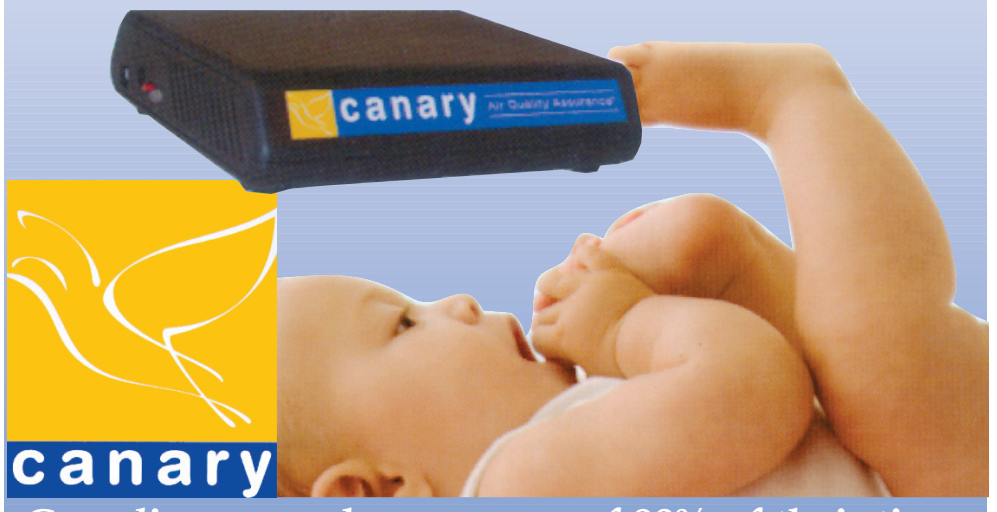

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Shirley Fawcett (left) received a taste of Sutton's Restaurant's cream-of-chicken soup from Kevin Goodwin. Sutton's took third place in the People's Choice category.

Press Photos — Duncan

Soupfest a success

Local restaurants showcase savoury samples

WINCHESTER — The first-ever TLC Ministries Soupfest raised about $1,000 for an upcoming building project to take place in Mexico.

Just under 100 people came to taste the 18 varieties of soups produced by local businesses at the event, which took place at the Winchester Welseyan Church on Sat., March 7.

"We received great revues from the public during the event," said TLC founder and Soupfest organizer Lynn Ford. "And the restaurants I spoke to are looking to participate again next year — and some are already thinking on how to go up a notch."

Ford noted that it wasn't just a fundraiser for TLC Ministries, but was a great occasion for restaurateurs to meet and network.

The judges awarded Sandy Row Restaurant and Golf Club in South Mountain with the honours of Best Soup, while the Village Antiques and Tea Room B&B in Williamsburg came in second, and The Brigadoon in Oxford Mills was third.



Mayor Alvin Runnalls (left) and Deputy-Mayor Estella Rose were busy serving up soup at the TLC Ministries Soupfest on Sat., March 7. "Are we allowed to eat on the job?" the Mayor asked.

In the People's Choice category for Best Soup, The Village Antiques and Tea Room took top spot, Sandy Row took second, and Sutton's Restaurant in Winchester took third.

The Village Antiques and Tea Room received top honours for best display followed by Brewed Awakenings of Kemptville and the Gourmet Academy of Embrun.

Best Creative Soup honours went to The Branch Restaurant of Kemptville followed by Brewed Awakenings and The Village Antiques and Tea Room.

"Thanks to Allan Meabry for working on our poster, Annette Angus for sewing the judges' bibs, and to our celebrity judges," Ford said.

People can still make donations toward the Mexico building project by calling Ford at 613-989-3042.

Russell café exhibits work of local artist

by Amanda Smith-Millar
Press staff

RUSSELL — If you drop by the Hot Cup Café in Russell, you might notice a new collection of landscape paintings adorning the walls. The artwork is courtesy of Russell painter Karl Schutt, who launched an exhibition at the café on Fri., March 6.

Schutt is part of a group of artists called the Friday Morning Painters. Consisting mostly of retirees, the painters get together on Friday mornings to enjoy breakfast, then head out to a picturesque region like Gatineau Park. They paint outdoors for a few hours until it's time for lunch.

"It's a nice way to spend a nice day when the weather's nice," Schutt said.

Schutt trained as a visual artist and teacher in the fine arts, attending the University of Manitoba, where he graduated with a Bachelor of Fine Arts. Later, he graduated from the University of British Columbia with a Master of Arts in Art History. He retired in 1999 after three decades of teaching art in high school. He said he likes to work with pastels, watercolours, and oil, and keeps switching between the three so he doesn't get bored.

"It's just a way, mainly, to express myself," he said.

In the 1970s, Schutt started experimenting with cutting jewellery. He has also taught gem cutting both locally and internationally.

"It's an interesting activity, one I really enjoy," he said.

Schutt's exhibition will run until April 2. After that, said Schutt, he hopes other local artists will put their work on display.

"It's a great way to show what talent [exists] locally," he said.

Schutt isn't the only artist to have work on display at a Russell business this month. Ottawa's Joan Sutherland will run an exhibition from Sun., March 15 to Sun., April 19 at the Russell Restaurant at 182 Castor St.

Local artists interested in showing their work at the Hot Cup Café should contact Stephanie Wellman at 613-862-5613.



Official opening

Artist Karl Schutt launched his exhibition at the Hot Cup Café in Russell on Fri., March 6.

Press Photo — Smith-Millar

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- A planned electronic health record will improve communication and the sharing of vital medical information.
- Our collaborative partnerships with The Ottawa Hospital and the University of Ottawa Heart Institute ensure that we are linked to the best tertiary care when our patients need it.
- Our educational affiliations with the University of Ottawa and other academic institutions make us the first rural teaching hospital in the region.

With our communities, we have built a hospital for the future - *today*. And we're not done yet. Renovations to existing space will take place over the next few months to further enhance the care we provide.

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Smell of success

Master of ceremonies Nathan Kelly (left) and his pal Reid Greenough took home the Two-of-a-Kind Award for being best friends during North Dundas District High School's Oscar awards and dance on Fri., March 6. The Casino Royale-themed event featured awards like the Queen of Hearts (for the nicest student) and the Joker (for the comedian of the school). Each winner took home a plaque and a rose.

Press Photo — Smith-Millar



Students celebrate, Bond-style

MAPLE RIDGE — The Casino Royale Awards were held on Fri., March 6 and saw one of the best turnouts for an event this year. More than 300 people attended the Oscar-style ceremony and dance, which started at 5:30 pm and lasted until 10 pm. The awards show went extremely well. Various senior students served as presenters, while the hilarious duo of Nathan Kelly and Sean Bufton hosted the ceremony.

Tyne Gove and Hannah McClenaghan took home the Bond Girl Award, presented to a junior and senior feisty fashionista with an enthusiastic personality. The Bond Guy Award, given to a young man who embodies the characteristics of the dashing spy, was presented to Pete Klein-Swormink and Cameron Hilborn.

Hayden Moher and Kylee Abrams each took home a Banker Award, given to the student most likely to win the jackpot by counting cards. Celine Jaquement and Taylor Johnston won the Queen of Hearts Award, which is given to a boy or girl demonstrating the ultimate heart of gold. Comedians James Sell and Tyson Byrne took home the Joker Award, while the "M" Award went to brainy hard workers Hayley Mills and Madison Koekkoek.



NDDHS Notes

by Dara Bowie

Couple Jodi Crump and Dustin Tinkler, as well as Karlyn Moore and Nathan Kelly, won the Bonded for Life Award. Musicians Chris Cook and Mark Hunt won the Best Score Award, while artists Todd Martin and Jeff Winters took home the Visual Effects Award. Ahmed Saad and Teal Gove won the Stunt Double Award for being the most dedicated athletes. Meanwhile, pals Paige Smith and Megan Goddard, as well as Nathan Kelly and Reid Greenough, won the Two-of-a-Kind Award for being best friends. Finally, teacher Kevin Bell won the Q Award, given to the most influential and motivational instructor.

This is the last week before March Break, and many students are travelling abroad. On Thurs., March 12, senior history and French students will jet off to France and Belgium for 11 days. They will visit many historical sites, and some will even do some research on a soldier who fought in the Second World War. As well, many Grade 12 students will soar to sunny Jamaica to catch some rays.

As for me, I'm London-bound, so that is all the news from North Dundas for the next two weeks.

Hydro break-in leads to arrests

POLICE BLOTTER

WINCHESTER — Two men were arrested and face charges of theft under $5,000, possession of property obtained by crime, and possession of break-in instruments when they were apprehended on March 7 at about 8:30 pm following a report of a break and enter on St. Lawrence Street in Winchester.

Investigation revealed that two men had entered the yard at the Hydro One office and were removing items from the trucks. Police stopped a vehicle on Gypsy Lane and found it contained five chain saws and rolls of copper wire.

The 48-year-old driver was held in custody pending an appearance in Cornwall court, and the 44-year-old passenger was released and is scheduled to appear in Morrisburg court on May 5.

Drunk driver

WILLIAMSBURG — A 28-year-old woman was arrested and faces charges of impaired driving and driving with a blood-alcohol level over the legal limit when she was pulled over on County Road 31 on March 8 at about 12:15 am. The accused is scheduled to appear in Morrisburg court on May 5.

Assault charge

ELMA — A woman and her 40-year-old common-law husband were involved in a verbal altercation that resulted in the man allegedly assaulting the woman on March 4 at about 8 pm. Officers responded to the incident, which occured on County Road 7 in South Dundas Township. The man was arrested and faces a charge of assault. He is scheduled to appear in court on March 24.

Van stolen

WINCHESTER — Sometime overnight prior to March 5, unknown suspect(s) removed a brown 1998 Dodge van from a County Road 3 (Ottawa Street) residence.

Two charged in domestic

WINCHESTER — A woman and her 45-year-old boyfriend were involved in a verbal altercation that resulted in the man allegedly assaulting the woman on March 3 at about 4:30 pm. The incident occured at a residence on Clarence Street in Winchester. The man was arrested and faces charges of uttering a threat to cause death or bodily harm (three counts) and assault. The 30-year-old woman was arrested and faces charges of breach of probation (two counts). Both were held in custody pending an appearance in Cornwall court.

Fraud

FINCH — Between Feb. 17 and March 5, a 35-year-old woman attempted to pass documents with another person's identification at three different banks throughout SD&G. OPP officers responded to a report of a fraud at a bank in Finch on March 5 at about 12:15 pm, and arrested the suspect, who faces charges of: attempted fraud under $5,000, producing forged documents (two counts), fraud under $5,000 (two counts). She was held in custody pending an appearance in Cornwall court.

Request for Public Opinion on the Proposed Nursing Home Annual Licence Renewal of

Dundas Manor Nursing Home, Winchester

In accordance with the *Nursing Homes Act,* public opinion is being requested prior to a final decision being made on the above.

If you have comments or opinions and wish to bring them to the attention of the Ministry of Health and Long-Term Care, you may submit them by **April 17, 2009** to:

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Please include the name of the nursing home and quote Project #**329-09** on all written submissions.

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Playhouse goes wild for Patsy Cline tribute

MORRISBURG — Decades after legendary country singer Patsy Cline lit up the stage with her magical voice and wonderful songs that thrilled millions, her spirit is still alive and well at Upper Canada Playhouse where *Sweet Dreams: A Tribute to Patsy Cline*, a live tribute concert to this remarkable star, hits the stage in April and May.

Tickets have been going so fast that the first two weeks have sold out and a third block of extra shows has been added on May 8, 9 and 10 to accommodate the demand.

"Patsy Cline herself is the biggest draw," said artistic director Donnie Bowes. "Her music has such a strong following. And Leisa Way is fabulous as Patsy Cline. She performs with a live four-piece band comprised of some of the country's finest musicians. A live concert is always a great thing to experience."

Bowes noted that spring is the time of year when people are looking for something fun to do in town. In a two-hour show, Way sings 27 hit songs peppered in between with dialogue that links the songs together, giving the audience a glimpse of the singing legend herself. It's set on the night of Patsy Cline's last concert in 1963 in Kansas City before she died in a subsequent plane accident. Hits include "Crazy," "Walkin' After Midnight," "Sweet Dreams," "Won't You Come Home Bill Bailey," and "I Fall To Pieces."

Way has studied the life and music of Patsy Cline for years.

"Everything I say in the show is something Patsy said," explained Way. "Performing this tribute to Cline has been an honour. I've been told that within five minutes, people forget and think they are at a Patsy Cline concert. That was my goal. To take them away for two hours. What better gift do you give people?"

Way draws on her 25-year career in jazz and musical theatre. Playhouse audiences were first introduced to Way when she appeared in the blockbuster Playhouse hit *The Love List* a couple years ago.

Added shows for *Sweet Dreams: A Tribute to Patsy Cline* will take place Fri., May 8 at 8 pm, Sat., May 9 at 2 pm and 8 pm, and a special Mother's Day performance Sun., May 10 at 2 pm. Country suppers are available for the May 8 performance.

For more information, contact the Upper Canada Playhouse at 613-543-3713.



Perfect Patsy

Performer Leisa Way will play Patsy Cline during an Upper Canada Playhouse production about the country singer's life.

Council notes from South Dundas

Contract for garbage, recycling

WILLIAMSBURG — South Dundas council has accepted a tender from Waste Services Inc. (WSI) to collect recycling and garbage in the municipality for another five years.

WSI, which has picked up the township's recycling and garbage for the last five years, submitted a bid of $2.3 million plus GST. WSI beat out bids from Cruickshank Construction ($4.2 million plus GST) and Tomlinson Environmental ($4.4 million plus GST).

All five councillors voted to accept the WSI tender during a regular meeting on Tues., March 3.

Council had previously asked staff to find out how much it would cost for the township to do its own recycling and garbage pickup. That bid came in at $2.5 million plus GST.

Mayor Charles Barkley said he has been satisfied with WSI's work. While WSI didn't beat out the South Dundas bid by much, Barkley said it would have been a hassle for the township to start its own garbage and recycling program.

"To me, there would have to have been a good savings rather than disrupt the service we have," said Barkley.

Winds of change

If the proposed *Ontario Green Energy Act* becomes law, North and South Dundas townships might play a smaller role in the approval process for Dundas County's proposed wind farms.

The act — also known as Bill 150 — aims to standardize renewable energy throughout Ontario.

According to South Dundas planning and enforcement manager Donald Lewis, wind farm developers will no longer need to submit official plan and zoning bylaw amendments to the municipality if Bill 150 becomes law. The province would be in charge of supervising and approving wind projects.

"It's just going to pass the buck," noted the mayor.

Prowind Canada has proposed to install wind turbines on five sites in Dundas County. While the company has already submitted amendment proposals, it's waiting on Hydro One to allow new wind developers to hook up to the grid.

According to Prowind Canada executive director Luke Geleynse, Prowind is proceeding as normal until the legislation passes second and third readings at Queen's Park.

"[The bill] doesn't do anything for us until it becomes law," Geleynse said during an interview with the *Press*.

Roar of approval

The Morrisburg and District Lions' Club is hoping to leave its mark on the Morrisburg waterfront in 2009 and 2010.

During the March 3 meeting, the Lions asked council for permission to name the to-be-constructed waterfront pavilion after their club. The group also asked if they could build a "friendship arch" in the park and post a memorial plaque listing the names of Lions who have passed away.

Council didn't have any objections, so staff will start working with the Lions on their three projects.

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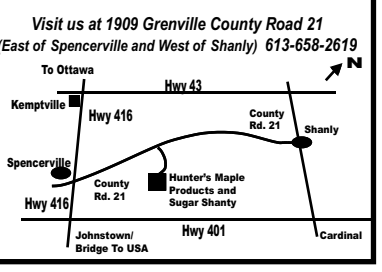

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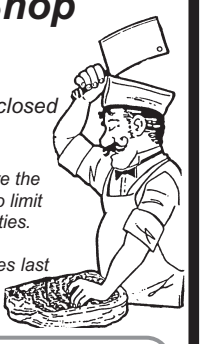

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WINCHESTER PRESS
EDITORIAL
WEDNESDAY, MARCH 11, 2009 PAGE 6

Dairyfest needs your help to survive

There are a few dedicated community members who have stepped forward to help organize the 2009 edition of Dairyfest — but they can't do it alone.

North Dundas community development programmer Meaghan Elder says the group has started brainstorming to make the festival new and different, but to be able to pull it off, at least another three or four key organizers will be needed.

"If we don't have a strong committee, there won't be a Dairyfest this year," warned recreation and culture director Mark Guy. "That's not a threat, it's just the facts."

For the last 20 years, Dairyfest has brought the community together and given people a chance to celebrate the dairy industry — without which Winchester and the Township of North Dundas would not exist. It's a weekend of fun for everyone, a legacy that should continue for years to come.

Dairyfest is different from other fairs that take place in the summer months, and there's room to make changes and incorporate ideas to help please everyone who wants to take part.

But as the saying goes, "many hands make light work." Without the hands to help realize the ideas, Dairyfest will disappear for good, and with it the celebration of this community and all that Winchester has to offer.

There are many aspects to the annual dairy celebration — some of which are more appealing than others — and moving forward, the committee will have the opportunity to revamp the festival's structure and make it appealing to as many people as possible. But without a committee, there will be no ideas, and without ideas, there will be no Dairyfest.

If you can spare a little of your time once a month for the next few months and a little more frequently as the August celebration approaches, step forward and offer your ideas for what could be the new-and-improved Dairyfest.

The next Dairyfest meeting will take place at the North Dundas municipal office on April 6 at 7 pm. Call Meaghan Elder at 613-774-2105 for more information.



Six ambassadors from across the province were chosen at the conference and annual meeting for 4-H volunteers in Waterloo Feb. 27 to March 1. Pictured are: Stephanie Warner (front, left), Olivia Groniger, Morgan Kluka (back, left), Cory Ward, Bruce Betzner, and Ashley Pulver. The ambasadors will spend the next year promoting 4-H across the province and encouraging new members and volunteers to take part.

Groniger represents region as 4-H ambassador

WATERLOO — Six enthusiastic 4-H members will represent 4-H Ontario across the province as part of its ambassador program.

Olivia Groniger of Carlsbad Springs has joined Bruce Betzner of Lyden, Morgan Kluka of Chatham, Ashley Pulver of Carrying Place, Cory Ward of Woodstock, and Stephanie Warner of Hastings as ambassadors in the fifth year of the program that promotes 4-H and its sponsoring companies while developing young leaders.

The candidates will spend the next year promoting 4-H across the province, instilling enthusiasm among those already involved with the program, and encouraging new members and volunteers to take part.

The conference and annual meeting for 4-H volunteers, when ambassadors were selected, was held in Waterloo Feb. 27 to March 1.

Groniger, who submitted reports to the *Press* most recently as a member of the Carleton 4-H horse club, has completed 32 4-H projects to date. Her 4-H résumé includes several local agricultural and Go for the Gold competitions and even an RBC Inter-Provincial Exchange.

Outside of 4-H, she is active on several high school sports teams and associations, and is a lifeguard and swim instructor for the City of Ottawa. Her volunteer work has taken her to the Dominican Republic, where she raised money and spent a week living with an underprivileged family.

Groniger said she is looking forward to travelling to 4-H events, helping volunteers, recruiting new 4-H members, and raising awareness about the program.

Those wanting more information about the ambassador program or interested in having an ambassador at an event can e-mail Groniger at ogroniger@4-hontario.ca or contact 4-H Ontario at 519-824-0101.

The ambassador program is made possible by the support of sponsors Growmark Inc. and UPI Energy.

Remember when...

1929

The *Press* published a regular column of advice and sayings in 1929, called "Local and General." This week, the column remarked, "At first the world was flat. Then someone discovered it was round. Now it is crooked."

1939

Annie Liscumb, 11, was thankful when another girl grabbed a coat to smother the flames that had enveloped Liscumb's dress. Liscumb had gotten too close to a wood stove at school.

1949

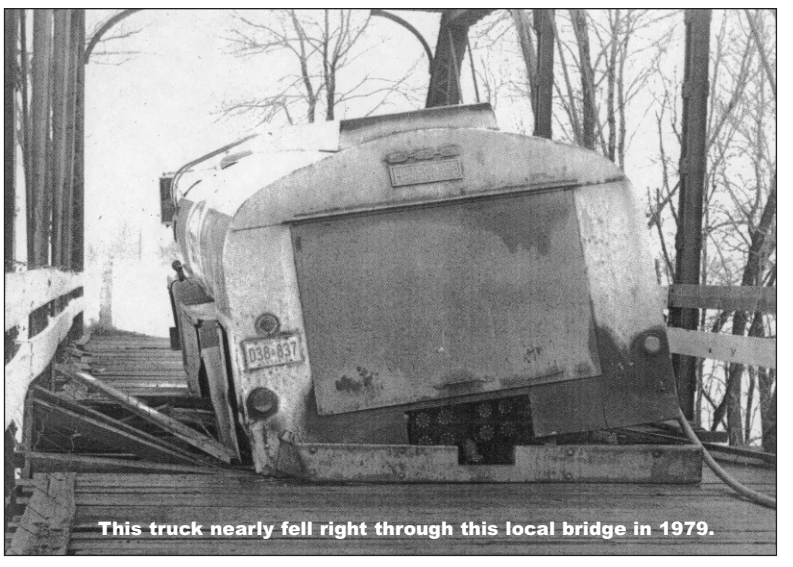
In an exhibition game, the Inkerman Rockets defeated the Maxville Millionaires 9-4. Although the ice was a bit sticky, the hockey game was "keenly contested" and attracted about 600 people.

1959

Winchester council announced it had spent $1,500 more for snow removal than it had for the same period in the previous year. That brought the snow removal budget for the village to more than $4,300, a record high. Half of this money was paid by the provincial government, but it was still expected to put a sizeable dent in the village coffers.

1969

A Kemptville woman was celebrating her 104th birthday. Martha Gaw was thought to be one of the oldest living people in Canada — if not the oldest.



This truck nearly fell right through this local bridge in 1979.

1979

Winchester fuel dealer Ken Broad proved that a local bridge (close to the Cass Bridge) needed some repairs — the hard way. The bridge's understructure gave way under the weight of his fully loaded tanker truck. The fuel had to be pumped into another truck before his vehicle could be removed from its precarious perch.

1989

The strike by the Dundas County Association for the Mentally Retarded was into its fifth week. The employees were on strike because they received the lowest pay of any association of its kind in Ontario at $6.71 per hour. The 33 striking employees said money wasn't the main cause of their walkout, but added that if funding wasn't increased, the quality of care could suffer greatly.

1999

Parents with children attending Elma Public School were fighting to keep the school open. Elma had 184 students. At the time, parents were unsure if the school would be closed by September 2000.

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LETTER TO THE EDITOR

Reader blasts South Dundas councillor for comments concerning food bank

The Editor:

I am confused.

I am wondering, who is Del Jones? Last week, in the Chesterville Record, the South Dundas municipal councillor was quoted as saying, "Personally, I have a real problem with them [food banks]. I think it is shameful we even have food banks in this day and age — but that's another political discussion."

He argued to maintain the status quo — the municipality should charge the Dundas County Food Bank's Morrisburg branch more than $2,600 for rent this year.

Certainly, food banks everywhere provide an essential service to their communities. Anyone can see and understand what an invaluable community resource they are in 2009 as we all try to weather a recession.

Where does Mr. Jones gather information to create his opinions in this day and age? It would do him well to stop and think. His family could well be in need of the services of the food bank one day. It is, after all, well documented that the working middle class can find themselves in need of food bank services.

Area food banks work in constant communication with one another so no one can abuse the system. Many of us donate items or cash to help the system work for the less advantaged in our community in the best of times. Right now, Mr. Jones, we are in fact facing the worst of times as a recession may well lead us to a depression. These are indeed the toughest times faced by our generation. The news is full of those losing jobs, homes, etcetera. Families find they cannot afford to feed their children. We are so very lucky to have food banks to ensure our youth do not go hungry. Most of us hope we will not need the food bank, but who knows what the future holds. If we hit a rough patch and need to use the food bank, hopefully it will be there.

When Mr. Jones harbours such opinions (of a personal nature) I would suggest he take a deeper look within himself before he allows those who voted him to a council seat to know for what he stands. More than $2,600 in rent money can help a lot of needy families in South Dundas.

Sandra Lee Johnston,
Iroquois

Meet the Winchester District Memorial Hospital Heelers

You don't have to be from Winchester to be a Winchester District Memorial Hospital Heeler! I have lived in Morrisburg for many years, and I know the value that the hospital brings to our communities.

I have been lucky enough not to have had cancer myself. Like everyone else I know, cancer has affected my family, my friends, and my acquaintances. I have seen how it can affect peoples' lives and relationships — so if by walking a mere (gulp) 60 kilometres I can help make a difference, that's what I'm going to do.

Many of my Heeler team members have gone through the terrible ordeal of chemotherapy and radiation therapy, not to mention the mental pressure of dealing with this disease. The one thing that I have noticed about all of these survivors is their strong commitment to fighting this dreaded disease — not to mention their wonderful sense of humour and enthusiasm, which puts me in awe of them.



Joanne Notman
"Helping in the ways she can"

In my spare time, I volunteer for the Look Good, Feel Better program (www.lgfb.ca), which helps women manage the effects that chemotherapy and radiation have on their appearance and morale. I am constantly amazed at the strength these ladies possess. They are role models for all of us.

The Heelers team is an awesome group of people, and I am proud to be counted among them. Thank you for your support of our journey to create a future without breast cancer!

The Heelers' have two fundraising events scheduled this month:

- *"Darts for a Cure" — a dart tournament at the Iroquois Royal Canadian Legion on Sun., March 15 (12:30 to 5 pm). For information contact Sue Keeler at 613-652-1117.*
- *The second annual "Tastes and Talents" at Winchelsea Farm on Fri., March 27 at 6 pm — a sampling of cuisine that features local maple syrup and fine art, to combat breast cancer. For tickets, contact 613-774-2422, extension 6169.*

Lenten lessons

SHEPHERD TALK

by Rev. Bruce North



HARMONY — Some Christian traditions observe the season of Lent (the period between Ash Wednesday and Easter) by giving up some luxury as a penitent act to remind them of Christ's sacrifice and prepare them for Good Friday.

It also builds a longing for the celebration of the resurrection on Easter Sunday when they will appreciate those little luxuries so much more after having done without for 40 days. The time is soon coming when the need for simplicity will overtake the desire for luxury all year round. Not as an act of penitence, but as a means of survival.

I remember attending a missions conference at People's Church Toronto in my college days. Walls were decorated with quotes, one of which declared, "Live Simply so others can Simply Live." The call was for Christians to not only live within their means but to live in such a way as to be able and available to help others in times of need.

For years, greed — not need — has been the driving force of our society and now we are paying heavily for it. As a culture we are morally unprepared to endure hardship because we have developed a lust for more than cannot be satisfied.

The scripture says, "Whoever loves money never has money enough; and whoever loves wealth is never satisfied with his income" (Eccl. 5:10).

God never asks us to give up anything without providing something far more valuable in its place. For the true follower of Jesus, just having Him in our life is all the wealth we need.

Scripture again exhorts, "Keep your lives free from the love of money and be content with what you have, because God has said, 'Never will I leave you; never will I forsake you'" (Hebrews 13:5).

More of God and less of this world is the formula for both economic and spiritual survival in troubled times.

This column is provided courtesy of the Dundas Ministerial Association



St. Lawrence Street Speculation
by Meghan Duncan

Put down the pen and walk away slowly

Back in college (affectionately dubbed j-school by us word junkies) we were told explicitly to avoid using clichés. But this being the last-ever edition of my sporadically-published St. Lawrence Street Speculation column, I figure I can throw out the rules just this once and say with gusto: "Time flies when you're having fun."

It was four-and-a-half years ago that I first joined the ranks for the *Winchester Press* staff as a reporter. I was fresh out of college and ready for anything. I was only supposed to stick around for a year, and instead stayed for almost half a decade.

I can say truthfully that I'm not the same person I was when I first took on this job (this is a good thing and I have Winchester to thank for it). I have met some amazing, inspirational people in my time at the *Press*, and I am constantly amazed by this community and the volunteers who join forces to make great things happen.

I've had so many firsts in the last few years — my first apartment, my first time driving a pickup truck, my first time being a Parade of Lights announcer, and my first time milking a cow, among other things. I've been asked to speak at career day, judge a public speaking competition, judge an art contest, and take on many other challenging tasks.

I decided early on to go into journalism — I blame Lois Lane and April O'Neil from the *Ninja Turtles*. But never did I dream that I would be regarded in the community as more than just a name on a page. I thought journalism would give me an opportunity to write, but that I would be able to hide behind my byline. This job has shown me the another side to the news industry, and has allowed me to uncover some hidden skills I never knew I had.

That's what I've loved most about this job — being a part of the community that I'm writing about. Having a vested interest in the stories, and knowing that if someone calls to complain, chances are I've done my job right.

I'm a very goal-oriented person and have managed to check off all the boxes on my life's to-do list. But those goals were set a long time ago, and in the hustle and bustle of working around the clock as a community journalist, I forgot to set new goals. I was a little bit scared for a while — there were so many doors to choose from and I wasn't sure which to take. But it's exciting not knowing what's behind each door; it's exciting not knowing what's around the corner; and it's exciting to be on a brand new adventure.

This is the last edition of the *Press* in which I will have editorial input. I'm about to step off the paved road onto a not-so-well-beaten — but much more scenic — path. I'm going to take time to smell the roses and allow the world around me to be an inspiration. Life's too short not to make changes just because you're afraid.

I recently got back from a trip to Cuba. It was my first real vacation — ever. It made me realize just how lucky we are in Canada to have access to anything we could ever want, and also made me realize just how important it is to do things for yourself. I'm no longer going to make choices based on the bottom line. I'm no longer going to make choices based on what I think is practical or what society tells me is "right." I'm going to make decisions that are right for me. (And if that means more vacations, then I won't argue with myself!)

While I've only spent four years in this community, I feel like it's my home town. Even 20 years from now, I think I'll still hold Winchester and my time at the *Press* in high regard. This newspaper and my co-workers who have become my family have helped me discover who I am, and for that I am eternally grateful.

Though I'm leaving my job at the *Press*, I will still be a member of the Winchester community, and will be able to attend events not as a representative of the media, but as a community member. I won't have my notebook in hand or camera around my neck (okay, maybe I will — it's going to be hard to give up the ghost), but that's what I'm looking forward to most. I hope to see you all around!

"You travel the world and find all the answers,
Everything operates on the unattainable,
And then you hear your mother laugh, attached to the phone –
Could have walked around the block 'cause all roads lead to home."

— Rufus Wainwright, Hometown Waltz

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Climate champion home from conference

Tom Henbest one of two Canadians selected for international workshop

by Amanda Smith-Millar
Press staff

CHESTERVILLE — Tom Henbest has a green vision for Canada. It involves cycling, carpooling, and other forms of sustainable transport.

The North Dundas District High School student was able to share his dream — and design a plan to make it happen — with other ecologically minded youth during the International Climate Champion planning workshop in Edinburgh, Scotland.

Running Feb. 23 to 27, the event brought together students (also called "climate champions") to discuss ways young people can work together to tackle climate change. Students from India, Japan, China, Brazil, Mexico, England, and other nations worked on action plans throughout the week. They also visited the Scottish Parliament and met Stewart Stevenson, Scotland's transport, infrastructure, and climate change minister.

"I thought it was pretty amazing," said Henbest, who returned home on Sat., Feb. 28. "Very interesting people were able to go, from all sorts of different backgrounds."

Henbest was only one of two students selected to represent Canada as a climate champion. (The other Canadian, Alissa Ali, hails from Lyons Brook, NS.)

To apply to be a climate champion, Henbest had to complete a lengthy written application. Students were selected based on their submission, their passion for environmental issues, community involvement, communication skills, and academic achievement. Shortly before the Christmas break, he learned he'd been shortlisted in the competition, along with fellow NDDHS student Rose Murton.

Henbest and Murton had a daunting task to complete during the Christmas break: to produce a two-minute video about their green plan for Canada.

Henbest didn't have a background in video production, so he recruited his pal Tristan Glen, a Chesterville resident and independent filmmaker. Hours before the Henbest family left for Christmas vacation in Saskatoon, Glen came over to Henbest's house to give him advice on editing software. Henbest put together the video in Saskatoon and submitted it electronically.

The video was enough to win Henbest a spot at the conference. Murton wasn't accepted, which Henbest said was a real shame.

"I think she would have been a really strong candidate," he said.

Henbest's mom, Kim, is proud her son was able to represent Canada, saying, "It's a huge thrill."

While Henbest, a Grade 12 student, said missing a week of school is "not a big deal," he nonetheless needs to catch up on his school work. He also has several extracurricular commitments. Not only is he the school's prime minister, but he also spends lunch breaks tutoring fellow students. Many of his pursuits have an environmental focus — he's a longtime member of the school's Envirothon team and is working to get NDDHS eco-certified.

On top of that, Henbest is passionate about music and has taken piano lessons for more than 10 years (recently, he picked up the organ and joined the school choir).

He plans on taking an undergraduate degree in science.

Henbest is keenly awaiting spring, when he can pull his bike out of the garage and make the 12-kilometre trip to and from school each day. Once the snow thaws, motorists might catch a glimpse of Henbest biking along County Road 43.

Henbest said he fully intends to follow through on his green plan, which includes short, medium, and long-term goals. First, he wants the controversial walking and cycling trail built in the Township of North Dundas. During his university years, he plans to launch a sustainable transport month to encourage people to walk, cycle, or use public transit. Finally, he plans to lobby the government to fund more environmental initiatives.

Henbest said other climate champions are currently working on interesting and creative projects. One Indian student is studying how to market environmentalism. A young woman from China is researching a plant that can be used to shade windows during hot summer months, decreasing the need for air conditioning.

About two dozen students attended the conference. They flew in from all over the world — and, in the process, spewed emissions into the atmosphere. Was the conference worth its environmental impact?

"That's a tricky one," said Henbest. "I do think it's worth it. [The conference] has created an international network of people aged 17 and older. And the potential to make a difference over their entire lifetimes is huge."



The green life

Grade 12 student Tom Henbest recently returned from the International Climate Champion planning workshop in Edinburgh, Scotland. An avid cyclist, Henbest is already tuning up his bike so he can pedal his way to school after the snow thaws. *Press Photo — Smith-Millar*

Lions to serve up comedy at dinner theatre

DIXON'S CORNERS — The Iroquois-Matilda Lions Club is gearing up for its next dinner-theatre-silent auction. The light-hearted comedy *A Mad Breakfast* will be presented on Sat., April 18.

The Lions have run a show for charity every other year for the past 24 years.

"This year should have been an off-year, but we've taken this on," said actor Barry Fawcett.

The event will support the Royal Ottawa Hospital and the Canadian Mental Health Association.

The regular cast from past Lions plays are busy learning their lines and preparing for the show, which will take place at Matilda Hall in Dixon's Corners. Director Wendy Gibb is at the helm of the production.

The event will start with a social hour from 5:30 to 6:30 pm. The roast beef dinner will start at 6:30 pm, followed by the 45-minute play.

Tickets are $40 per person and are available at Mustard's Variety in Iroquois, the Basket Case Cafe in Morrisburg, or from any Iroquois Matilda Lions Club member. There are only about 300 reserved seats available, and tickets typically sell out fast.

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Royal reaches udder limits

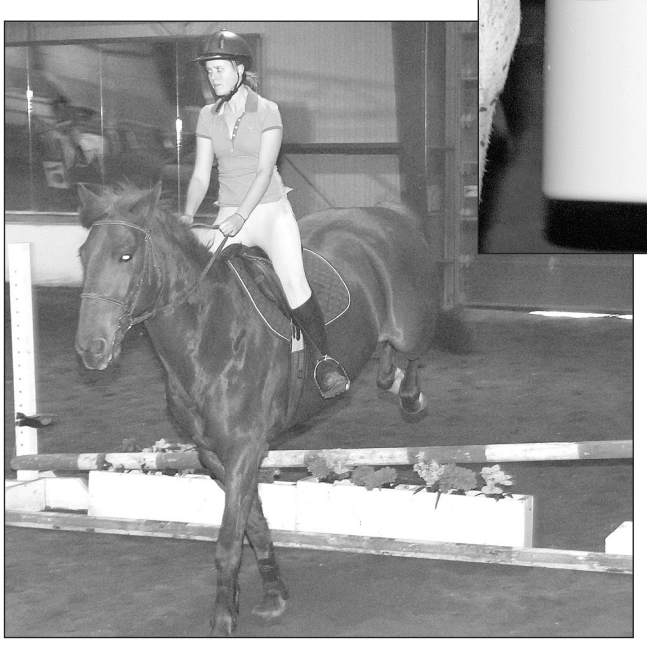


Roy Hofhuis (above left) and Dave McDiarmid, both from the Reids Mills area, are proud second-year "Aggies" at the Kemptville Campus of the University of Guelph. While they come from dairy backgrounds, the two were happy to serve as volunteers at the horse shows on Sat., March 7. Kaitlyn Svensson (below) of North Bay is enrolled in the Equine Program. She took part in the horse show at the annual event.





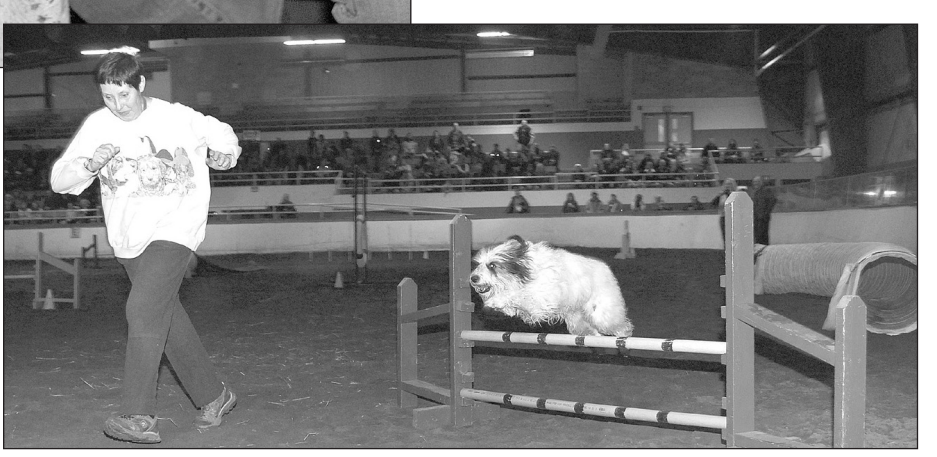
Spencer Livingston (above) of Greely is a first-year student in the diesel program at the University of Guelph Kemptville Campus. He supervised and demonstrated the mini-excavator challenge Sat., March 7. Sharon Cameron (below) is an instructor with WAG Ottawa, a dog agility club. She and her canine friend, Bonnie Mae West, joined the Horse-Dog Relay Show.



Royal showcase

Kaylin Burns (above) was the presiding Queen when the University of Guelph Kemptville Campus opened its doors to the public for the annual College Royal on Fri., March 6 and Sat., March 7. Burns also participated in the celebrity milking contest. Students organize the College Royal to showcase the various aspects of their education.

Photos — Barbour



Agriculture minister meets with farmers in Winchester



Prescott-Russell MP Pierre Lemieux (left), Stormont-Dundas-South Glengarry MP Guy Lauzon, and federal Agriculture Minister Gerry Ritz met with farmers during a round-table discussion at Winchelsea Farms on Mon., March 2.

WINCHESTER — Federal Agriculture Minister Gerry Ritz sat down with Stormont-Dundas-South Glengarry farmers to get their input on agricultural policies and let them know about programs the Government of Canada is delivering for farm families. Local MP Guy Lauzon hosted the round-table discussion at Winchelsea Farms on Mon., March 2. The talk was closed to the media.

"The farmers in Stormont-Dundas-South Glengarry told us they need programs that work for Canadian farm families, particularly programs that give them new opportunities to market their products at home and around the world," said Ritz. "The farmers I spoke with today also raised specific issues pertaining to the local farming community."

Minister Ritz said government initiatives delivered in Canada's Economic Action Plan include a $500 million agricultural flexibility program to invest in marketing, innovation, and environmental projects; emergency loans of up to $400,000, with the first $100,000 interest free and with an extra year before those loans come due; tax relief for farm families; and improved credit access for new farmers.

The March 2 event was one of seven round-table discussions held across Ontario, Saskatchewan, Manitoba, and Alberta.

Not all farmers are fans of Ritz's round-table discussions. On Mon., March 9, the Ontario-Quebec Grain Farmers' Coalition released a statement that slammed Ritz for not meeting with Quebec farmers.

"Quite frankly, I don't understand why Minister Ritz is holding these consultations when he [has] already announced the program and specifically excluded programs that are desperately needed at this difficult economic time," said William Van Tassel, president of the Ontario-Quebec Grain Farmers Coalition. "If Minister Ritz truly cared to consult with farmers, he would have done so before the [funding] was announced."

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Girls-only gala to fundraise for Look Good, Feel Better program

RUSSELL — The Russell Arena will be transformed into Caesar's Palace on Fri., May 1 for the annual women-only charity event, Russell Ladies Night.

This year, the dinner-theatre-auction will have a Las Vegas theme. The evening will raise money for Look Good, Feel Better, a program that helps cancer patients manage their hair, nails, and makeup during chemotherpy and other treatments.

In the past, ladies' night has supported the Winchester District Memorial Hospital, as well as research for Huntington's disease, juvenile diabetes, and cystic fibrosis.

According to organizing committee co-chair Judy McFaul, the Look Good, Feel Better program is a great choice of charity because it impacts all women undergoing cancer treatment.

"We just thought this was a really good cause," McFaul said. "It touches different people [in] different ways."

All proceeds from the silent auction, live auction, and raffles will go toward Look Good, Feel Better. All proceeds from the bar will go to the Russell Agricultural Society, which is hosting the event.

Tickets to the event typically sell out fast. There are only 650 spots available, and no tickets will be sold at the door.

McFaul said that at the ladies' night, men traditionally provide the entertainment while the women sit back and enjoy themselves. This year, impersonator James Kirkham will be the headline entertainer.

"He really puts on a high-energy comedy show," said McFaul.

This year's sponsors are Embrun-based sound company ME Productions, Chez Lili Party Rentals, and Scotiabank.

McFaul and the rest of the organizing committee works year-round to plan the Russell Ladies' Night. The day after one fundraiser ends, organizers start brainstorming for next year's event.

"It's quite a feat," said McFaul.

The cocktails and silent auction will start at 5:30 pm and the buffet dinner will begin at 7 pm. Tickets are $40. Call McFaul at 613-445-4161 for more information.



Meet the president

Meredith Brophy was elected as agricultural president of the Ontario Association of Agricultural Fairs during the association's convention, which ran Feb. 19 to 21. She will serve a one-year term as president. Brophy is the first member of the Metcalfe Agricultural Society to be elected to this office.

UofG offers organic farming course

KEMPTVILLE — The Ottawa chapter of the Canadian Organic Growers (COG) has organized several training opportunities for farmers interested in learning more about organic production. The University of Guelph Kemptville Campus is running a course on March 20 and 21 about making the transition to certified organic farming.

This is a hands-on course for experienced farmers interested in going organic. Participants will learn about organic standards and regulations and about the organic certification process. They will also learn the principles and practicalities of growing and marketing certified organic farm products.

Finally, participants will develop a concrete plan for making the transition to organic farming.

This is the first time this course has been offered in Eastern Ontario and Western Quebec. Some current registrants include a potato and field cropper, a small-scale beef producer, and a vegetable farmer. There are still spaces for more registrants.

The cost is $200 ($160 for COG and Ecological Farmers Association of Ontario members). The registration fee includes a copy of the COG publication, Gaining Ground: Making the Successful Transition to Organic Farming, other resource material, catering, and an invaluable network of like-minded farmers.

Participants in the transition course are investing in their farms. Ecological farming practices and premium prices for commodities that are in high demand, pave the way for long-term sustainability and profitability.

Organic farmers who are not certified organic can also benefit from the course by becoming more familiar with organic regulations, reaping the benefits of certification, and developing strategies to prevent those unexpected events that can affect their certification status.

COG-Ottawa has invited the OMAFRA Farm Food Safety Branch to hold a series of short workshops in March tailored to organic regulations. Over the course of one day, participants will learn about assessing the food safety risks on their farms, product traceability, irrigation water, post-harvest water, manure and compost, considerations for multi-commodity farms, and organic-permitted substances for sanitation and livestock health.

The workshop day is free, and will be held on March 28 at the University of Guelph Kemptville Campus. Lunch is included. Participating farmers will receive a certificate acknowledging that they have taken these workshops.

For information or to register for these courses, please contact COG Ottawa's Farmer Outreach Coordinator, Colin Lundy, by emailing colin@cog.ca or by phoning 613-489-2948. Information and registration is also available at www.cog.ca.



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Crysler crowns winners

Paul Oosterhof of Finch Feed and Seed (left) along with Cliff Metcalfe of Hyland Seeds presented Diane and Ian Powell of Wenallt Holsteins with the Premier Exhibitor award at the Crysler Farm Show on Fri., March 6. Wenallt Holsteins also won Premier Forage Exhibitor, Premier Seed Exhibitor, Champion Shelled Corn, Champion Ear Corn, Reserve Champion Ear Corn, Champion Soybeans, and Champion Cereal.



Michel Glaude (left), chair of the Crysler Seed Show, presented Albert Herfkens with the Premier First-time Exbihitor award. Herfkens, of Burkhome Farms, won Champion Corn Silage and Reserve Haylage.



Melissa Brown of the Bank of Montreal branch in Finch (left) presented Michel and Barbara-Ann Glaude of Glaudale Farms with the Reserve Premier Exhibitor award. Glaudale Farms also received awards for Reserve Forage Exhibitor, Champion Forage Exhibit, and Reserve Champion Shelled Corn.





Above: *Nicole Landry of Landry Excavation Services Limited stands with the winning outdoor exhibit at the Crysler Farm Show on Fri., March 6. Top indoor exhibit honours went to the Homestead Organics booth.*

At left: *Reserve Seed Exhibitor honours went to Roger Courville (right). Michel Glaude, chair of the Crysler Seed Show, congratulated him. Courville also won Reserve Soybeans and Reserve Corn Silage.*

Press Photos — Duncan

Basket Case silent auction will continue until late April

MORRISBURG — The Basket Case's silent auction for the Winchester District Memorial Hospital has been extended.

The Morrisburg business raised an estimated $1,300 to $1,400 for the hospital during its fundraiser on Sat., Feb. 28.

However, several items are still left over from the silent auction, and event organizers hope people will continue to bid on the items until late April.

"We are still going at it," explained Basket Case owner Hanna Rycroft. "We have about 15 items left over."

She said she hopes the sale of the silent auction items will raise the total to somewhere between $1,500 and $2,000.

"You always want to do more, and you always want to do better," said Rycroft.

Leftover items include paintings by local artists, prints, porcelain dolls, figurines, silk flower arrangements, and a quilt.

"[You] can still get a great item for a very decent price," said Rycroft.

For more information, call the Basket Case at 613-543-0002.

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A hot beef lunch will be served with a prepaid registration only
Advance registration due by March 20, 2009
To register call Nancy Woeldike, 613-989-3049

PROGRAM

9:00-10:00 AM REGISTRATION & EXHIBITS

10:00 AM MORNING PROGRAM

BILL 50
Bonnie Bishop, Regional OSPCA - Bonnie will lead us through a brief look at the major ramifications on our farms.

EASTERN ONTARIO PROCESSED CALF SALE
Janet Arthurs, Pfizer and Rose Stewart from Dundas County Cattlemen's will be explaining the process for joining this sale, to be held October 2009. We need age verified, dewormed, vaccinated, dehorned and castrated calves.

OFAC
Bill Lowe, Ontario Farm Animal Council is working hard to bridge the gap between farmers and the rest of society by providing facts and addressing concerns related to animal care, the environment and food quality.

DRINKING WATER SOURCE PROTECTION PROGRAM:
Dan Allaire will let us know all the current changes that may affect us.

12:15 PM LUNCH

1:30 PM AFTERNOON PROGRAM

AGE VERIFYING
Cindy Leahy from the Ontario Cattlemen's Association will be here. Bring your list of ear tag numbers and birth dates and she can age verify your calves or cows for you.

DNA TESTING: IS IT FOR ME?
Greg Stewart, Igenity Specialist Merial Canada Inc. will talk about the state of Genomic research and provide an update on Merial's Igenity profile and its application in all aspects of Beef Production in Ontario.

CORN FED BEEF
Jim Clark, Ontario Corn Fed will be here to update us on this program. We have all noticed the Corn Fed stickers on beef in Loblaws chains. Currently restricted to three due to a shortage of supply. Jim will speak to their search for more folks producing calves and feeding for the Corn Fed Program.

CCA UPDATE
Ryder Lee, Canadian Cattlemen's Association will update us on the current issues and policies that CCA is working on in our interest.

4:00 PM WRAP-UP

Thanks for coming out. Safe home!

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Spring bazaar

Timothy Christian School held its annual bazaar at Matilda Hall in Dixon's Corners Sat., March 7 where four-year-old Jacon Zandbergen (above) of Brinston found a number of toys to add to his collection. Pamela Westervelt (at left) was busy filling up the live plant tables as shoppers snatched up items.

Photos — Barbour

Nursery school hosts breakfast, silent auction

METCALFE — The Metcalfe Co-operative Nursery School's annual Easter Bunny Breakfast and Silent Auction will take place this year on Sat., March 21 at the Metcalfe Community Centre.

Easter Bunny to hop over to Metcalfe on March 21

The doors will be open from 8 to 11 am. Breakfast this year will cost $3 for a Little Bunny's breakfast, $5 for a Big Bunny and $6 for the really Hungry Bunny. Breakfast tickets are available at the door.

Kids craft tables will offer several fun activities and craft stamps. There will also be a special visit by the Easter Bunny and the Cow Guys — a mix of laughter, singing, and good old-fashioned fun starting at 10 am.

This year, items up for grabs in the auction include a hot-air balloon ride for two and a Saiku Koivu Montreal Canadiens jersey. All proceeds from the auction and the breakfast will benefit nursery school programs for children from 18 months to five years old.

The Metcalfe Co-operative Nursery School is a non-profit, registered charity licensed by the Ministry of Community and Social Services. It is a division of Rural Family Connections Inc. (RFC), a Metcalfe-based, non-profit organization offering parenting resources, early learning, and childcare programs.

For more information about the upcoming Easter Bunny Breakfast or the Metcalfe Co-operative Nursery School, call 613-821-3196 or visit their website www.mcnskids.org.

For more information about the programs offered by Rural Family Connections, please visit www.ruralfamilyconnections.ca.

City proposes Official Plan amendment

METCALFE — The City of Ottawa's Infrastructure Services and Community Sustainability Department is proposing an amendment to the Official Plan. Presentations by staff to discuss rural policies will begin at 6:30 pm on Mon., March 16 at the Metcalfe Client Service Centre (8243 Victoria St.).

The proposed amendment results from a comprehensive five-year review of the Official Plan as required by the Planning Act. This amendment affects land use throughout the City of Ottawa in both the urban and rural areas. A detailed list of the affected policies and schedules can be found on Ottawa.ca/beyondottawa 2020.

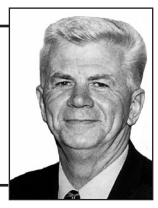
If you want to be notified of council's decision on the proposed official plan amendment, make a written request to the City of Ottawa that includes your mailing address.

If a person or organization doesn't make an oral submission at the public meeting or make a written submission to the City of Ottawa before the proposed official plan amendment is adopted by council, they are not entitled to appeal the decision of the Minister of Municipal Affairs to the Ontario Municipal Board.

For more information, contact Lesley Paterson at 613-580-2424 ext 21611.

In and around Osgoode Ward

by councillor Doug Thompson



New rural signs

Finding the way to Ottawa's rural communities and businesses will become easier with implementation of the Rural Directional Signage Strategy (RDSS), which was approved by council on Dec. 10, 2008.

The RDSS allows rural villages and business districts to post new signs designed specifically to direct the public to their communities and businesses, and to provide information on community events and services.

The program was developed in consultation with rural residents, community associations and business owners, and will be phased in gradually, giving businesses and community groups time to adjust to the new rules. Enforcement and removal of illegal signs in rural areas will begin in June 2009.

The new rural sign standards are in addition to the previously established Directional Farm Signage and Developer Wayfinding Signs programs. To learn more about rural directional signage, visit www.ottawa.ca /rural.

Civic appreciation awards

Each spring during National Volunteer Week, the City of Ottawa hosts the Civic Appreciation Awards — an opportunity to nominate and recognize individuals, groups, and organizations that volunteer in a variety of ways throughout the City of Ottawa.

Any adult, youth, or senior who volunteers their time and efforts to benefit others is eligible for an award provided they live in, operate a business in, or volunteer within the City of Ottawa. Categories include Citizen of the Year Award (three awards), Brian Kilrea Award (one award), and Distinguished Civic Award (12 awards).

Nomination forms can be completed and submitted online or downloaded for mailing. Forms are also available at any client service centre. Nominations will be received until Fri., March 27. Nominations after that date will be carried forward for next year's ceremony.

More information about the 2009 Civic Appreciation Awards can be found online at ottawa.ca.

Eggcellent work

Osgoode Public School's "Eggsperts" placed third out of the more than 40 teams in an Engineering Challenge at the Science and Technology Museum on Fri., Feb. 27. The Osgoode team was made up of Nadia Senkowski, Will Chapman, John Sutherland, Spencer Whitehead, and Jeremy Taylor. Special thanks to project engineer Mr. Chapman and to Grade 5 teacher Mrs. Meek for providing the students with the opportunity to participate and the guidance and support to make this project a success.

Greely softball

Registration for to 2009 Greely Softball Association season for girls and boys ages four to 18 will take place at the Greely Community Centre on Wed., March 18 from 7 to 9 pm. For more information, visit Greelysoftball.whereelse.ca.

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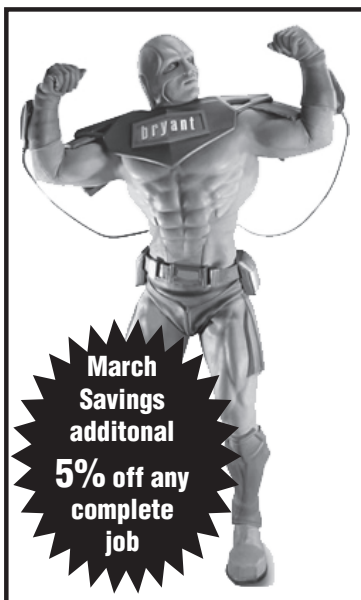

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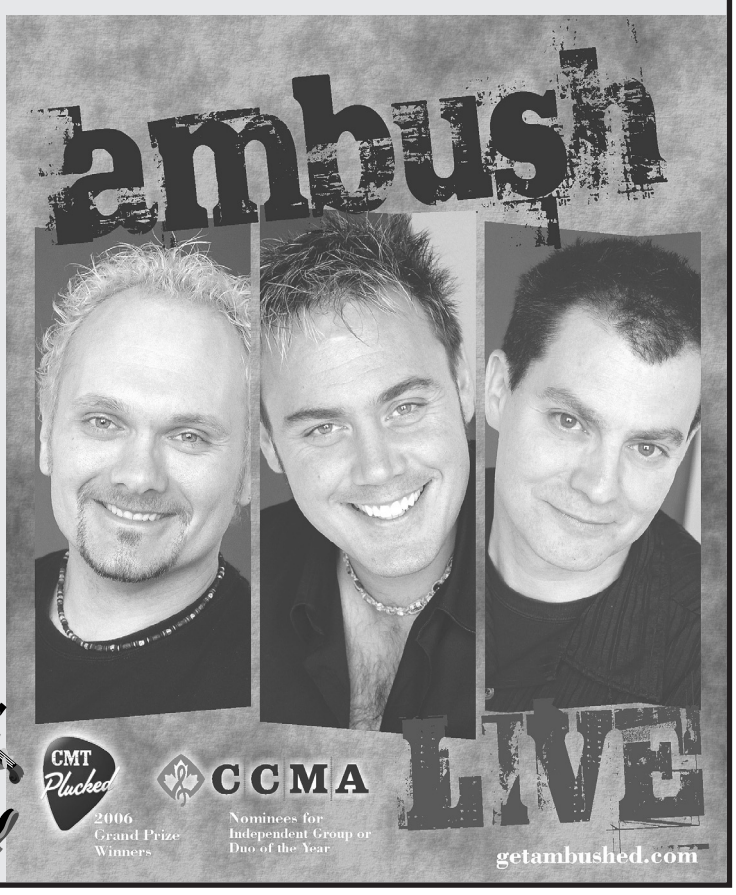

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Hay perfect in Midget 'B' Demons' 3-0 victory

WINCHESTER — Goaltender Ryan Hay provided solid backing for the North Dundas Midget "B" Demons as they whitewashed the visiting Kemptville Panthers 3-0.

North Dundas moves to West Division final

Monday night's (March 9) shutout victory qualified North Dundas for the Upper Canada Minor Hockey League West Division championship (sudden-death) game tonight (Wed., March 11) against the winner of the South Grenville Rangers - Brockville Braves elimination contest. The opening faceoff at the Winchester Arena is set for 8:30 pm.

The midget showdown will be proceeded by the Bantam "B" Demons' West Division championship tilt, which is slated for a 7 pm start.

Demons 3 - Panthers 0

Brandon Buma's first-period marker, set up by Tyler Jones at 11:36, proved to be the winning goal in Monday's match. Kyle Sobering snapped a pass from Chris Embury and Justin Hanes into the top corner of the Kemptville cage with 42 seconds left in period two and gave the Demons a 2-0 lead. Jones was playing the point on a Demons' power play in the final frame when he slapped a hard drive in behind Panther 'tender Shawn Hunt with 11:34 left on the clock to seal the 3-0 decision. Ryan McRae dropped the pass back to Jones to establish the play.

North Dundas (23-3-2) captured first place in the West Division standings. Kemptville (13-10-5) finished third. Number-two ranked Brockville finished with a 21-6-0 record and challenged the fourth-place South Grenville Rangers (11-14-3) in the other semi-final match.



North Dundas goaltender Ryan Hay covered the puck on this attempt during Monday night's (March 9) UCMHL West Division semi-final game against the Kemptville Midget "B" Panthers. Hay was supported by Brett Baker (No. 9), captain Mike "Pickle" Cross and Taylor Johnston. North Dundas blanked the Panthers 3-0 and qualified for tonight's (Wed., March 11) West Division final. The game is set for the Winchester Arena. The puck will drop at 8:30 pm. *Press Photo — Van Bridger*



Rebounding rubber

Char-Lan goaltender Robbie Chapman and his defensive supporters had their hands full with the NDDHS offence during the 2008-09 SD&G boys high school hockey championship game. Eventually, the Crusaders successfully defended their title, edging the Devils 3-2 in the final minute of the match played in Long Sault on March 5. Devils' forward Tyler Jones (right) attempted to tip the shot home. *Press Photo — Van Bridger*

2008-09 SD&G boys hockey championship

Crusaders edge Devils in final minute of game to retain championship

LONG SAULT — A pair of veterans manufactured a game-saving play for the Char-Lan Crusaders as they battled the first-year North Dundas District High School Devils for the 2008-09 SD&G boys hockey championship.

Steve Rose fired a laser-beam shot into the top corner of the North Dundas Devils net after taking a cross-ice feed from fellow fifth-year student Eric Ming. Rose's snipe broke up a 2-2 tie with 51.6 seconds left in the title match and handed the Crusaders their second consecutive board championship. The victory also earned the Crusaders the right to host the EOSSA tournament (Tues., March 10) in Williamstown.

Char-Lan, featuring the line of Rose, Ming and Ramsey Wheeler, claimed the 2007-08 EOSSAA gold on Long Sault ice and went on to OFSAA last spring when they posted a 1-2-1 record.

North Dundas and Char-Lan finished the regular season with 11 points but the Devils drew the number-one seed for playoff tournament, held in Long Sault on March 5, due to an earlier 5-2 win over the Crusaders.

• continued on page 14

North Dundas claims EOSSAA curling gold

CORNWALL — North Dundas District High School did strike gold competing in the 2008-09 EOSSAA curling championships, but it wasn't the defending boys champion Devils who hit pay dirt.

This year's SD&G title holders with Kurtis Byrd skipping, third Zac Baker, second Brad Holmes and lead Jason Found entered this year's event as the defending EOSSAA champs and were looking for a fourth consecutive victory for NDDHS. But another gold medal and a trip to OFSAA wasn't in the cards for the Byrd rink.

North Dundas opened the two-day (March 3 and 4) competition at the Cornwall Curling Centre with a win but were eliminated in the round robin by consecutive losses to Loyalist (Kingston) and St. John's (Perth).

Mixed rock

It was the NDDHS mixed curling teams who stole the spotlight this year as Jonathan Thompson skipped the Lillico siblings — Crystal (third), Daniel (second) and Christina (lead) — to victory. It was the second consecutive EOSSAA gold for the Grade 11 skip.

The other NDDHS entry of Darby Ace (skip), Taylor Ace, KJ Alcock and Steve LaPrade came home with the bronze medal. Ace lost her opener to Madawaska but rebounded with two victories to qualify for the semi-final round where she had to contend with fellow Devil Thompson.

The North Dundas teams squared off in the semi-finals in a game that determined who would go to the gold and bronze-medal games.

"Team Thompson played masterfully and against team Ace's best efforts, cruised into the gold medal game," noted Devils coach Kathi Wilson.

Thompson registered round-robin wins over the La Citadelle Patriotes and Opeongo and sailed in to the gold-medal match after knocking off the Ace foursome. Thompson then disptached Jory Seguin and his Patriotes. Ace earned some revenge when she knocked off Madawaska to earn the bronze medal.

Wilson pointed out that the podium was dominated by SD&G curlers with North Dundas earning gold and bronze and La Citadelle the silver. It was the first-ever EOSSAA curling medal for the Patriotes.

Coach Ian Wilson, co-convenor of the EOSSAA event, noted his boys team has done well at this level in the past but came up flat this year.

Napanee took the gold in the boys division. Perth earned the silver and Loyalist the bronze.

St. Mary's (Brockville) is this year's girls champion. South Grenville (Prescott) settled for silver. Renfrew's Bishop Smith defeated the Char-Lan Crusaders in the bronze medal match. North Dundas didn't ice a girls team this year.

A field of 24 teams, in three divisions, from the eastern Ontario region were in the hunt for EOSSAA gold.

WSC Invitational set for March 21

WINCHESTER — More than 200 skaters from eastern Ontario and Quebec will vie for medals at Winchester Skating Club's annual competition on Sat., March 21. Winchester Invitational 2009, sanctioned by Skate Canada, has drawn 222 competitors from Toronto to Dorval. Local clubs include Morrisburg, Metcalfe, Kemptville, Embrun, Russell, Prescott, and Spencerville. Events, geared to CanSkaters up to the introductory level, include freeskate, elements, jumps, spins, and team elements. Competitors range in age from five to 13. The competition is scheduled from 8 am to 10 pm on Sat., March 21 at the Winchester Arena. Spectators are welcome and admission is free, so come out and cheer on our local skaters.

SD&G hockey championships

• continued from page 13

Gold-medal match

Chris Embury cracked in a Drew Hutt rebound and gave the Devils a 1-0 lead with 1:11 left in period one of this year's championship game. Wheeler put Char-Lan up 2-1, finishing two plays set up by Ming and Sean MacDonald in period two.

Josh Stubbings buried a Ryan McRae relay with 7:38 left in regulation time and pulled North Dundas into a 2-2 tie. An odd-man rush involving Rose, Ming and MacDonald then decided the issue 51.6 before the final buzzer.

North Dundas coach Scott Reaney said when he saw those Char-Lan veterans break away in the final minute, he knew they would make something happen.

"He [Rose] had a small spot to hit and he hit it," said the coach. "In a one-game final, anything can happen, and we lost one very close game."

Reaney feels the Devils showed the other schools that NDDHS has some very good players.

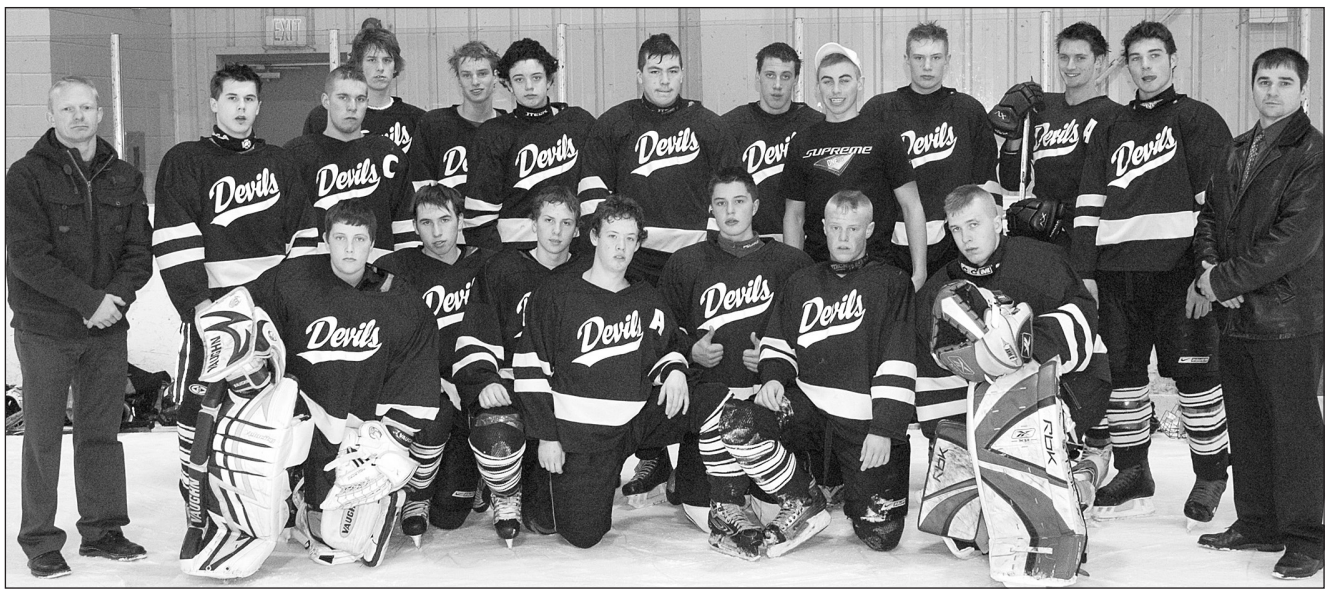
"We were a much younger team than Char-Lan," he noted. 'We had four Grade 9 players and a lot of non-graduating players and that bodes well for the future."

"All in all it was a great first year for the program," added the coach.

Semi-final action

The Devils opened the playoff event defeating the fourth-place St. Joe's Panthers 3-1. Brandon Buma, Will Fawcett and Josh Stubbings each booked a goal in the first period. Pete Klein-Swormink, Buma and Ryan Byers drew assists.

Char-Lan earned the other berth in the title match, doubling the Holy Trinity Falcons 4-2. The Falcons, the only team to defeat North Dundas during the regular season, whitewashed the Panthers 4-0 in the bronze-medal game.



Both the North Dundas District High School's girls and boys' hockey teams finished their inaugural SD&G seasons as silver medallists. The boys' squad secured their silver when they fell 3-2 to the Char-Lan Crusaders in the last minute of the title match played in Long Sault on March 5. The 2008-09 Devils are: front (left) - Spencer Corkery, Brent Simms, Derek Simms, Chris Embury, Warren Steele, Tyler Jones, Ryan Hay; back (left) - Scott Reaney - coach, Ryan McRae, Mike "Pickle" Cross, Drew Hutt, Josh Stubbings, Ryan Byers, Alex Hendsbee, Pete Klein-Swormink, Brandon Buma, Will Fawcett, Taylor Johnston, Cameron Armstrong, Kent Young - coach. Missing: Dustin Tinkler and Lance Hodgson. *Press Photo — Van Bridger*

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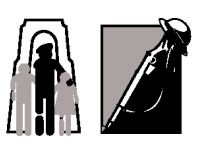

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Glens knock Minor Midget Demons out in double OT

WINCHESTER — Isaak Meldrum scored with 1:33 left in the second period of overtime and ended the first-place North Dundas Minor Midget "B" Demons 2008-09 Upper Canada Minor Hockey League season.

This year, the league instituted a one-game format for the first rounds of the post season and the Demons (17-6-4) fell victim to the system, losing their East Division semi-final 6-5 to number-three ranked Alexandria (16-10-2) in double overtime Sunday (March 8) in Winchester.

The Glens will face the winner of the South Stormont Selects - Cornwall Colts series in the division's title match.

Sunday's contest was tied 1-1 after a period and 4-4 after two frames. North Dundas captain Peter Klein-Swormink gave his mates a 5-4 lead when he buried a pass from Brandon DeJong into the Glens' cage at 13:37 of the third period. Unfortunately for the Demons, Andrew Sequin tied it 4-4 with 10:10 left in regulation time and Meldrum won it with 1:33 to play in the second extra session.

Dylan Fawcett and Klein-Swormink each potted a pair of goals for North Dundas. Brent Simms snapped in the single. Brett Coburn, Eric Prusila, Taylor Scheepers, Derek Simms, Brent Simms and Klein-Swormink all collected helper points. Chase Beaudry worked the North Dundas nets.



Award winners

The North Dundas Minor Midget "B" Demons earned the 2008-09 Upper Canada Minor Hockey League's East Division regular-season championship trophy and also received the division's Sportsmanship Award (fewest penalty minutes - 294). The Demons are: front (left) - Patrick Wright, Eric Prusila, Brandon DeJong, Derek Simms, Pete Klein-Swormink, Dylan Fawcett, Adam Ross, Jarrett Melenhorst, Chase Beaudry; back (left) - Tim Moher - ass't coach, Marty Pascoe - ass't coach, Patrick Lauriault, Jacob Luimes, Edward Findlay, Brett Coburn, Hayden Moher, Adrian Lee, Taylor Scheepers, Brent Simms, Ian Loggie, Mike Cutler - coach, Ben Melenhorst - trainer.

The Demons will next see action in April when they take part in the tournament of champions in Arnprior.

Demons clinch first

An 8-0 romp over the Cornwall Colts in Winchester on March 5 clinched first place for the Demons.

Patrick Wright got the start and posted the perfect result that improved the Demons' record to 17-6-4 and left them in a tie for first place East Division standings with the South Stormont Selects (17-7-4) at 38 points. North Dundas earned top billing because they had fewer losses.

Coach Mike Cutler's regular season champions also earned the UCMHL Sportsmanship Award for drawing the fewest penalty minutes (294) in the division.

Derek Simms cracked in what would prove to be the game-winning goal after taking a feed from Brett Coburn and Brent Simms at 14:47 of period one. Just 18 seconds later, the Colts went down 2-0 when Brandon DeJong buried a relay from Adrian Lee and 'tender Wright.

Prusila (PPG), DeJong, Fawcett (PPG), Lee and DeJong (hat-trick goal) counted the second-period markers in that order as the North Dundas lead expanded to 7-0. Lee (2), Peter Klein-Swormink (2), Brent Simms, DeJong, Jacob Luimes, Derek Simms and Hayden Moher earned assists.

Lee pumped in his second of the game when he finished a play started by Jarrett Melenhorst at 12:27 of the final frame to make it an 8-0 final.

Byers, Kirkwood lead Demons into round two

CHESTERVILLE — Ryan Byers bagged three goals and Mitchell Kirkwood supported the cause with a goal and four helpers as the first-place North Dundas Bantam "B" Demons wiped out the Brockville Braves 8-2.

Saturday's (March 7) victory in Chesterville qualified the top-ranked Demons (24-2-2) for round two of the Upper Canada Minor Hockey League's West Division playoffs.

The opening rounds of the post season have been changed to one-game sudden-death eliminations — a loss and the season is over. Brockville, ranked third with a 12-10-6 record, has been eliminated.

Coach Kevin Byers and the Demons will face another do-or-die situation in Winchester tonight (Wed., March 11) at 7 pm when they host either the second-place South Grenville Rangers (14-9-5) or the fourth-place Perth Legion Wings (11-12-5) in the West Division final.

North Dundas opened up a 4-1 lead in the first period and carried a 5-2 lead into the third period against Brockville.

Byers opened the scoring at 11:35 finishing a play started by Stuart McKelvie and Brandon Cousineau. Josh Freake made it 2-0 scoring from Kirkwood at 8:53. A goal by Colton Stitt 46 seconds later gave the Demons a 3-0 edge. Cousineau set up that play. Kirkwood (unassisted) put North Dundas up 4-1 at the 5:13 mark.

Byers finished off a power play started by Cousineau and Kirkwood with 3:03 left in period two as North Dundas took a 5-2 lead.

Three goals in the final 4:06 of the final frame gave winning 'tender Ryan Romans a comfortable 8-2 margin of victory. Freake netted his second after accepting a pass from Kirkwood and McKelvie at 4:06. Garret Milne was next to strike string when Freake and Kirkwood established a power play opportunity for him with 3:30 left on the clock. Byers completed his hat trick burying another PPG. Kirkwood and Stitt engineered the play.

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Lions eliminate Bantam Demons 4-3 in OT

MORRISBURG — Brodey Casselman's overtime goal was the difference in the South Dundas Lions' 4-3 overtime victory over the North Dundas Bantam House "B" Demons.

Casselman used a play started by Dylan DeJong and Luc Plamondon to end the Demons' season with one minute left in the five-minute session in Sunday's (March 8) Upper Canada Minor Hockey League sudden-death playoff game in Morrisburg.

South Dundas completed their regular season with an undefeated record of 28-0-0. Gary Embury's Demons finished third with a mark of 17-7-4.

The game was tied 1-1 after a period and 2-2 after two stanzas.

Coach Embury noted his squad had the opportunity to win the game with 23.1 seconds left in period three and the puck sitting on the South Dundas goal line.

"We just couldn't push the puck across the line," said the coach. "We outplayed them but couldn't bury our chances."

"I am extremely proud of each and every young man on my team," offered the coach. "They played their hearts out."

Coach Embury also reported there were close plays in both zones with his goaltender Cam Hunt stopping a penalty shot and Zach Sloane creating a breakaway while the Demons were killing a five-on-three powerplay. Unfortunately, Sloane wasn't able to ring up the shorthanded goal.

Lions 4 - Demons 3 OT

A goal by Andrew Morris gave the home-town Lions a 1-0 lead at 11:29 of the first period of Sunday's contest. North Dundas evened the score with 7:55 left in the same frame when Evan Durant connected after taking a pass from Will Burgess.

The Demons took a 2-1 lead in period two when captain Kirk Gibson made good on a play set up by Craig Christophersen and Durant at 10:06. The Lions responded with 9:51 on the clock and made it 2-2 on a goal by DeJong.

Demons' Daniel McSheffery (assisted by Frisco MacMillan and Dylan Sosnowsky) counted his team's third-period goal while Eric Saddlemire netted the Lions' final regulation time tally.

Casselman then decided the issue by cracking in the winner as time ran out in OT.

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SPORTS SCOREBOARD



Eastern Ontario Junior "B" Hockey League

RIDEAU - ST. LAWRENCE CONFERENCE

RECENT PLAYOFF RESULTS:

St. Lawrence Division Final (four of seven)
Char-Lan Rebels vs Alexandria Glens
March 6: Char-Lan 3 - Alexandria 2
March 7: Alexandria 6 - Char-Lan 5
March 10: Char-Lan at Alexandria
March 11: Alexandria at Char-Lan
March 13: Char-Lan at Alexandria
March 14: Alexandria at Char-Lan
March 16: Char-Lan at Alexandria

"A": Semi-final (four of seven):
Winchester Hawks vs Alexandria Glens
Glens win series 4-1

"B" Semi-final (four of seven):
Char-Lan Rebels vs Casselman Vikings
Rebels win series 4-3

Rideau Division Final (four of seven)
Gananoque Islanders vs Westport Rideaus
March 6: Gananoque 3 - Westport 2
March 8: Gananoque 4 - Westport 3
March 10: Gananoque at Westport
March 11: Westport at Ganaoque
March 13: Gananoque at Westport
March 15: Westport at Gananoque
March 17: Gananoque Westport

"A" Semi-final (four of seven):
Gananoque Islanders vs Athens Aeros
March 3: Gananoque 5 - Athens 3
Gananoque wins series 4-3

"B" Semi-final (four of seven):
Brockville Tikis vs Westport Rideaus
Westport wins series 4-1

FINAL STANDINGS

Rideau	W	L	T	GF	GA	PTS
Athens	26	9	4	220	170	59
Westport	20	17	1	218	212	45
Brockville	18	20	2	178	165	40
Gananoque	17	20	3	169	185	39
S. Grenville	11	27	1	114	201	26

St. Lawrence	W	L	T	GF	GA	PTS
Alexandria	31	9	1	272	148	64
Casselman	30	9	2	270	180	63
Char-Lan	25	15	2	207	161	52
Winchester	21	16	3	181	175	47
Morrisburg	2	39	0	125	357	5

**Teams losing in OT receive one point*

Winchester Town Hockey League

RECENT RESULTS:
Melvin Cup Final (Best of Three)
March 3: Winchester Flyers 5 - Whitetails 3
Flyers lead 1-0
"A" series: Whitetails 5 - Allied Assoc. 3
Whitetails 5 - Allied Assoc. 1
Whitetails win series 2-0
"B" series: Flyers 6 - Papa Gus Wings 2
Flyers 5 - Papa Gus 2
Flyers win series 2-0

FINAL STANDINGS	W	L	T	GF	GA	PTS
Allied Associates	12	7	1	103	82	25
Winchester Flyers	11	8	1	87	82	24
Papa Gus Wings	8	10	2	101	104	18
Whitetail Construction	7	13	0	78	97	14

PLAY-OFF SCORERS	G	A	PTS
Justin Morozuk, WF	9	2	11
Al Christophersen, WT	5	1	6
Marty Link, WF	4	1	5
Steve Mattice, WT	1	4	5
Scott Reaney, WF	0	5	5
Trevor Gilmer, WF	0	5	5
Jon Nadobny, WT	4	0	4
Travis Armstrong, WF	2	2	4
John Guy, WT	1	3	4
Rob Thurler, AA	2	1	3

Eastern Ontario Junior "B" Hockey League

METRO - VALLEY CONFERENCE

RECENT PLAYOFF RESULTS:

Metro Division Final (four of seven)
Ottawa Canadians vs Ottawa West
March 5: Ottawa West 3 - Ottawa Can. 2 OT
March 7: Canadians 2 Ottawa West 1

"A" Semi-final (four of seven):
Gatineau Mustangs vs Ottawa West
Tues., Feb. 24: Ottawa West 8 - Gatineau 1
Ottawa West wins series 4-0

"B" Semi-final (four of seven):
Clarence Beavers vs Ottawa Jr. Canadians
Sun., March 3: Ottawa 5 - Clarence 2
Ottawa Canadians win series 4-3

Quarter-final (three of five):
Gatineau defeats Metcalfe Jets 3-0

Valley Division Final (four of seven)
Arnprior Packers vs Carleton Place Kings
March 6: Carleton Place 5 - Arnprior 4 OT
March 8: Carleton Place 4 - Arnprior 1

Semi-final (four of seven):
Arnprior Packers vs Stittsville Royals
Wed., March 4: Arnprior 5 - Stittsville 3
Arnprior wins series 4-3

Quarter-finals (four of seven):
Carleton Place eliminated Renfrew 4-0
Stittsville eliminated Perth 4-3
Arnprior eliminated Shawville 4-2

FINAL STANDINGS

Metro	W	L	T	GF	GA	PTS
Ottawa West	29	7	3	212	105	62
Ottawa Jrs.	24	10	4	202	133	53
Clarence	22	15	3	184	158	47
Gatineau	15	20	3	162	201	35
Metcalfe	7	32	1	132	250	15

Valley	W	L	T	GF	GA	PTS
Carleton P.	28	6	4	201	116	62
Stittsville	26	11	3	198	160	55
Arnprior	17	21	2	178	209	36
Shawville	13	20	2	187	221	33
Perth	11	20	3	125	149	30
Renfrew	10	23	6	141	220	27

**Teams losing in OT receive one point*

Winchester & District Ladies Hockey League

RECENT RESULTS:
March 8:
"A" final: Cooper Physio 3 - Andy's Foodland 1
"B" final: Country Girls 2 - Double Beauty 1
Feb. 15: Round one playoffs:
Double Beauty 4 - WS Trucking 1
Andy's Foodland 4 - Annable's Jewellery 2
Cooper Physio 3 - Country Girls 2
Feb. 22: Round two playoffs:
Andy's Foodland 3 - Country Girls 0
Cooper Physio 4 - Double Beauty 1
WS Trucking 1 - Annable's Blues 1
March 1: Round three playoffs:
Annable's Blues 1 - Cooper Physio 1
Country Girls 1 - WS Trucking 0
Double Beauty 1 - Andy's Foodland 1

Round Robin

STANDINGS	W	L	T	GF	GA	PTS
Andy's Foodland	2	0	1	8	2	5
Cooper Physio	2	0	1	8	3	5
Double Beauty	1	1	1	6	6	3
Country Girls	1	2	0	3	7	2
Annable's Jewellery	0	1	2	4	6	2
WS Trucking	0	2	1	2	6	1

TOP SCORERS:	G	A	PTS
Sandra Cloutier, CP	4	0	4
Amy Fraser, Reds	3	1	4
Joanna Gilmer, Reds	3	1	4
Francine Brisson, CP	1	3	4
Joanne McMillan, AJ	2	1	3
Lidia Hak, DB	2	1	3
Jacqueline Beausoleil, Pinks	2	1	3
Stephanie Scott, CG	2	1	3
Christina Carruthers, WST	2	0	2
Jen Manley, DB	1	2	3
Edith Dagenais, CG	1	2	3
Andrea Francis, Reds	1	2	3
Gail Smith-Rutley, Reds	0	3	3
Amy Darling, AB	1	1	2
Dawn Montgomery, CP	1	1	2
Jada McNaughton, DB	1	1	2
Sarah Grady, CP	1	1	2
Kelly Verhoeven, Reds	1	1	2

Winchester Co-Ed Minor Ball Hockey
REGISTRATION

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Title match

Cooper Physio Pinks goalie Karina Damato kept an eye on the puck as teammate Heather Erwin (second left) battled an Andy's Foodland Reds forward during Sunday morning's (March 8) 2008-09 Winchester District Ladies Hockey League "A" championship game. The Pinks prevailed by a 3-1 score. Jacqueline Beausoleil scored the winning goal 6:33 before the final buzzer. *Press Photo — Van Bridger*

River Rats undefeated in tourneys

OSGOODE — A 2-1 victory over the Hamilton Phantoms gave the Metcalfe-Russell River Rats the top prize in the annual Don Mott Bantam Hockey Tournament.

The Rats opened the Osgoode tournament (Feb. 5 to 8) by crowning the West Carleton Knights 7-0. The goaltending tandem of Ryan Fournier and Troy McCarney and their defensive crew were perfect again in game two, backing their team's 5-0 win over Pembroke. A 4-2 decision over a squad from the Pontiac improved their record to 3-0. An Ottawa District Minor Hockey Association Bantam Rep "B" League rival, the Cumberland Jr. Grads, provided the next opposition and were eliminated by a 4-1 count. That decision pitted the Rats against the Phantoms in the title match.

It was the third tournament championship of the season for the River Rats.

Metcalfe-Russell collected the silverware at the Smiths Falls Hershey Tournament (Dec. 29 and 30), knocking off the ODMHA's Blackhawks 3-0, the Smiths Falls Bears 9-2, the North Dundas Bantam "B" Demons 4-2, the Kingston Loyalists 6-1 and the Blackhawks 4-2 in the title match.

League scene

Metcalfe-Russell was not only successful on the tournament circuit but also finished first in their ODMHA regular season.

The number-one ranked River Rats drew the eighth-place West Carleton Knights in their opening post-season series and knocked the Knights out in two, posting a 5-0 and a 3-2 victory.

The Rats are currently involved in the second round of the playoffs against the Orleans Blues. The series opened with the teams battling to a 1-1 draw.

Rats roster

The 2008-09 Metcalfe-Russell River Rats are: goaltenders - Ryan Fournier and Troy McCarney; defencemen - Eric Burt, Justin Field, Jesse Hall, David Leung, Kevin Vandekemp and Ryan Wichers; forwards - Daniel Deschenes, Mathieux Fortin, Matt Johnson, David Jones, Craig Lalonde, Evan Morrison, John Quade, Tanner Shields, Trevor Thompson; Rick Lalonde - head coach; Lorne Quade and Dustin Smith - ass't coaches; Dennis Leung and Joel Deschenes - trainers; Sherry Vandekemp - manager.

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NORTH DUNDAS UNITED SOCCER CLUB NORTH DUNDAS UNITED SOCCER CLUB

Pinks capture WDLHL crown, edge Reds 3-1

WINCHESTER — Sandra Cloutier's unassisted goal, registered at 18:05 of the second half, proved to be the deciding shot fired in the 2008-09 Winchester District Ladies Hockey League championship game.

Everything came up rosy for the Cooper Physio squad as they posted a 3-1 decision over Andy's Foodland Reds in Sunday morning's (March 8) "A" championship match.

The Pinks (9-5-4) finished the regular season in third place with 22 points one behind the number-two ranked Reds (9-4-5) who earned 23. The teams were dead even following round-robin action with 2-0-1 records.

Andrea Francis used a pass provided by Joanna Gilmer and Gale Smith-Rutley and gave the Foodland squad a 1-0 lead with 9:01 left in the first half of the title match. The Pinks pulled even in the final minute of the session when Geraldine Verspeek-Crete knotted the count 1-1 after gathering in a pass from Francine Brisson.

Cloutier's unassisted shot fired at 18:05 of the second half put the Pinks ahead for good at 2-1. Jacqueline Beausoleil secured the victory netting a feed from Brisson while both teams were serving a minor penalty with 6:33 left in the game.

Karina Damato posted the championship win and Kristie Wade took the loss.

"B" final

This year's "B" final pitted the regular-season's number-four ranked Country Girls (6-7-5) against the sixth-place Double Beauty Stylists (3-12-3). The Country Girls earned this spot in the final game putting together a round-robin record of 1-2-0 while the Stylists wound up with a 1-1-1 mark to qualify third.

The Country Girls needed a pair of second-half goals to secure the "B" silverware in Sunday's final.

Double Beauty broke out on top when Jen Manley made it 1-0 finishing a play started by Nancy Niccolaasen 3:49 before the intermission.

Edith Dagenais converted a play organized by Stephanie Scott and Robin Berends into a 1-1 tie at 19:34 of the second half.

Scott snapped home the deciding marker 5:39 before the final buzzer to ice the 2-1 victory for the Girls. Dagenais and Colleen Van Turnout picked up assists on the game-winning play.

Dominique Cavill filled in for regular goalie Roxanne Backes and posted the win while Lori Casselman suffered the one-goal setback.



In the pink

The Cooper Physio Pinks captured the 2008-09 Winchester District Ladies Hockey League "A" championship posting a 3-1 decision over the Andy's Foodland Reds on Sunday (March 8). This year's champions are: front (left) - Carrie Allimott-Dore, Heather Erwin, goalie Karina Damato, Veronique Daviault, Cheryl Cooper, Francine Brisson; back (left) - Jackie Boulanger - coach, Geraldine Verspeek-Crete, Lee Ann Van Delst, Sarah Grady, Dawn Montgomery, Sandra Cloutier, Jacqueline Beausoleil, Francine Brisson, Sandy Roy - coach. Missing: Isabelle Dagenais. Press Photo — Van Bridger



WDLHL "B" champs

Stephanie Scott cracked in the winning goal with 5:39 left on the clock as the Country Girls nipped the Double Beauty Stylists 2-1 in the 2008-09 Winchester District Ladies Hockey League "B" final on Sunday (March 8). The Girls are: front (left) - Edith Dagenais, Karen Benoit, Heather McDiarmid, Dominique Cavill; back (left) - Julie Drouin, Annette Downey, Stephanie Scott, Anita Gilmer, Diane Downey, Colleen Van Turnout, Robin Berends, Don Swerdfeger - coach. Missing: Tanya Klein-Swormink, Christine Stewart and Roxanne Backes.

Flyers open Melvin Cup final with 5-3 win

WINCHESTER — Marty Link potted a pair of goals and led he Winchester Flyers to a 5-3 victory over Whitetail Construction in the opening game of the 2008-09 Winchester Town Hockey League's Melvin Cup championship series.

The number-two ranked Flyers grabbed a 4-1 first-half lead in the opening game of the best-of-three final on March 2 and held on for the 5-3 decision on the fourth-place Whitetail Construction crew.

Josh "Champ" McLean converted a play created by Spencer Dawson and Travis "Toast" Armstrong into the Flyers' first goal. Justin "The Miracle" Morozuk made it 2-0 when he buried a feed from Trevor Gilmer for his ninth goal in three games. Link was next to dent twine in the back of Jesse Whyte's cage when he netted back-to-back markers before the half ended. Armstrong and Dawson set up his first tally and Gilmer and Morozuk helped out on his fourth.

Al Christophersen bagged the Whitetails' first-half goal finishing a play established by Ryan Thompson and Steve Mattice. He also came through with his team's deuce in the second session, scoring from Mattice and Whyte on the first occasion before completing a play started by Justin Heuff and Mattice.

Armstrong insured a win for his goaltender Chris Currie, registering the fifth and final Flyer tally after receiving a pass from Dawson and Scott Reaney.

The number-four ranked Whitetail Construction crew (7-13-0) qualified for a berth in the playoff for the 82-year-old Melvin Cup by sweeping the pennant-winning Allied Associates (12-7-1) out of the semi-final in two games.

The second-place Winchester Flyers (11-8-1) gained their spot by ousting the third-place Papa Gus Wings (8-10-2).

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Guest instructor

Ottawa Senators forward Shean Donovan dropped into the North Dundas Minor Hockey Association Initiation Level One and Two practice at the Winchester Arena on Mon., March 2. Donovan gave the youngest members of the NDMHA some special instructions and put them through several workouts. Donovan's nephew, Cam Sherrer (top photo) gave the veteran NHLer a run for his money in a sprint drill.

Courtesy photos

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82nd edition

Ottawa Valley Farm Show: largest annual exhibition of its kind east of Toronto

OTTAWA — The 82nd edition of the Ottawa Valley Farm Show will take place at Lansdowne Park March 17 to 19.

The OVFS is the largest annual exhibition of its kind held in Ontario east of Toronto.

The show features 300 commercial exhibitors offering everything from machinery and equipment to computer and financial services. Every year, more than 12,000 visitors pass through the gates during the show's three days.

Sponsored by the Ottawa Valley Seed Growers Association, the event will be open March 17 from 9 am to 5 pm, March 18 from 9 am to 8 pm, and March 19 from 9 am to 4 pm.

Displays will be set up in the Coliseum, Aberdeen Pavilion, and the Civic Centre (including the arena, exhibit halls, and concourse). In addition, there will be machinery on display outdoors.

Among features of the show is a cattle breed information display located on the concourse.

The annual seed competition and display will be held in the seed growers' booth on the concourse. The annual Prestigious Pedigreed Seed Sale will take place March 19 at noon, with proceeds going to the Children's Hospital of Eastern Ontario.

The new Country Home Centre (crafts and product demonstrations) will also be set up on the concourse. The Women's Institute Tea Room in the exhibit halls will offer tea and homemade cookies with a donation.

The Ottawa Valley Farm Show is Ontario's longest running agricultural trade show — it holds the record of the longest continuous event organized by farmers for farmers, other rural residents, and business people.

This year, more than 320 exhibitors will show off the latest innovations in goods and services affecting the agriculture industry.

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These two Thurler Farm cows might look a bit lazy, but don't be fooled — they're actually hard at work producing milk. Lying on waterbeds from Murphy's Sales & Service, these cows are relaxed and have their legs and udder to the side. Butch Whitteker, pictured at Thurler Farms in South Mountain, is the local retailer for cow waterbeds. *Press Photos — Smith-Millar*

Cows kick up their hooves in comfort with new technology

BRINSTON — Waterbeds were all the rage 30 years ago, but have since gone out of style. But that's certainly not the case when it comes to dairy farms in North America — some producers are replacing traditional rubber mats and installing waterbeds to ensure cow comfort.

According to South Mountain farmer Nick Thurler, the waterbeds are making his cows more comfortable — and maybe even more productive. After the 1998 ice storm destroyed his barn, Thurler decided to revamp and expand his farm. He started from scratch, installing rubber-filled pasture mats in 300 stalls. During another expansion in 2006, he installed 175 waterbeds.

Waterbeds a moooving experience

"The cows are more comfortable," said Thurler.

Each bed contains only 13 gallons of water, so when a cow steps on the mat, she senses the concrete below and feels steady and secure. When it's time to lie down, the water displaces just enough so there's less pressure on her knees, hocks, and udder.

Farmers typically want their cows to spend more time lying down, as that's when they produce more milk, Thurler explained.

• continued on page 22

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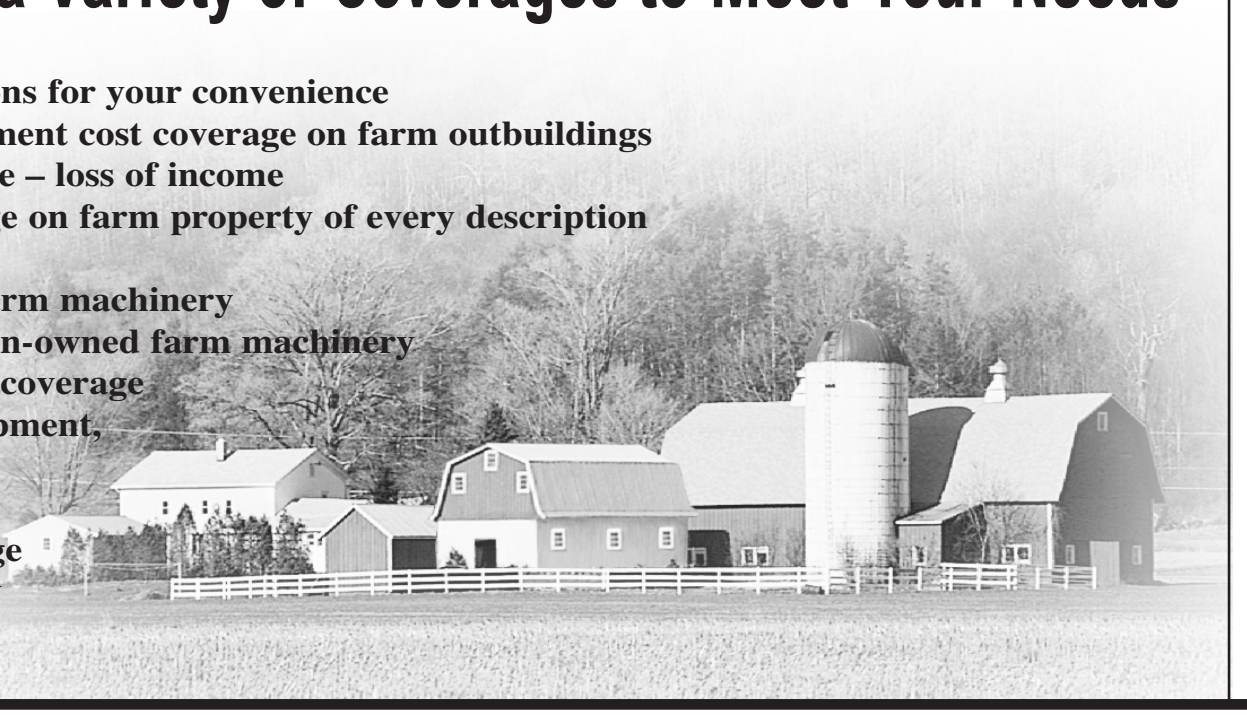

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Waterbeds: a moooving experience

• continued from page 21

"It seems that they spend a little more time laying down," he said about the cows using the waterbeds.

A 2007 Colorado State University study found the waterbed base may have a positive impact on a cow's health — and a farmer's bottom line. The study's authors surveyed U.S. farms using one of three stall bases: rubber-filled mattresses, sand, or waterbeds. The study took a somatic cell count (somatic cells in higher numbers are a problem — they can cause mastitis, which is an inflammatory problem of the mammary gland). The average cell count was lowest in cows using waterbeds and highest in cows using rubber-filled mattresses.

> Preliminary data suggests there's a relationship between waterbeds and improved cow health

Meanwhile, producers were the most satisfied with using waterbeds when it came to bedding costs and use, manure management, labour, and how long the base lasts.

The study hasn't been peer-reviewed, and its authors said more research needs to be done to find out which stall base is really the best. Still, the preliminary data suggests there's a relationship between waterbeds and improved cow health.

Butch Whitteker is the local retailer for Advanced Comfort Technology, the company that manufactures cow waterbeds. His business, Murphy's Sales and Service in Brinston, specializes in water conditioning.

"Cow waterbeds will not pocket or form low points where water and urine can pool and create mastitis problems," said Whitteker. "They will therefore keep their shape for years to come."

Whitteker added that the waterbeds don't require much maintenance, and he's one to know — Murphy's Sales and Service has customers from Toronto to western Quebec. He's responsible for driving out to any customers' farm to fix waterbed problems. Whitteker said only one bed has leaked, and the problem actually took place at Thurler Farms. A piece of machinery accidentally punctured the waterbed, but Whitteker was able to solve the problem by applying a patch.

The dual-chamber cow waterbed has a 10-year warranty in free-stall barns and a life expectancy of 15 to 20 years.

"I have looked at waterbeds that are now 10 years old, and they look the same as a new one today," said Whitteker.

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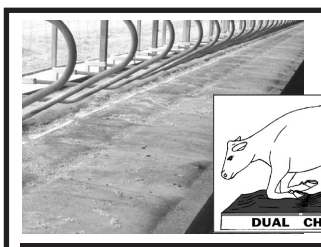

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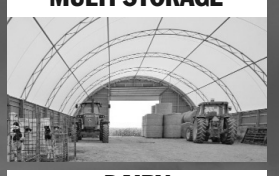
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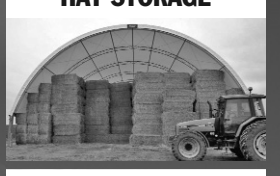
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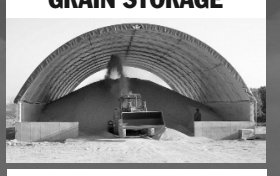
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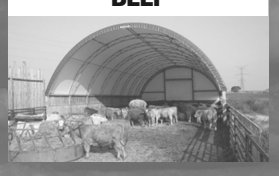
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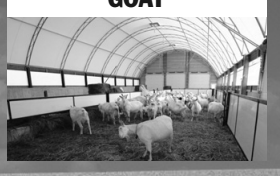
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Researcher suggests alternative ways to rear calves

Mother knows best, says assistant professor

by Amanda Smith-Millar
Press staff

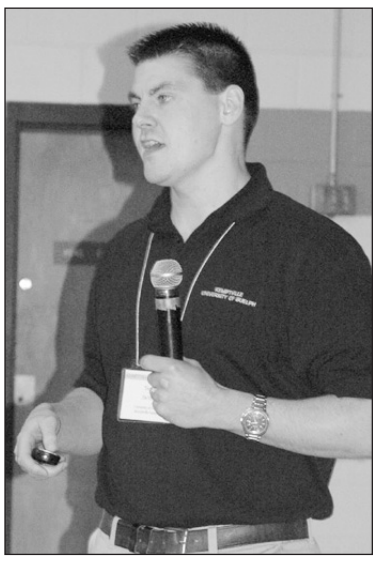
KEMPTVILLE — If farmers want to improve their calf-rearing techniques, they should look to the top experts in the barn: cows.

Female cattle can teach the agriculture industry a thing or two about feeding calves, according to Trevor DeVries. The assistant professor shared the findings of recent research during Dairy Day at the University of Guelph Kemptville Campus on Fri., Feb. 13.

Calves are usually separated from their mothers shortly after birth and are typically provided milk from a bucket.

Cows, said DeVries, tend to nurse calves five to 10 times per day. By comparison, farmers usually feed calves twice per day.

• continued on page 24



Holy cow

Trevor DeVries, an assistant professor at the University of Guelph Kemptville Campus, spoke about calf feeding and rearing during Dairy Day on Fri., Feb. 13.
Press Photos — Smith-Millar



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Calves

• continued from page 23

A 2002 University of British Columbia study found that providing more milk allows the calves to grow faster. Intensified early nutrition, said DeVries, tends to result in greater early growth of calves.

On top of that, a 2005 study also suggested calves that are fed less milk tend to have a greater chance of getting sick. So ideally, said DeVries, you should give calves as much to drink as they want, whenever they want.

But milk that's left out all day, DeVries pointed out, can go bad and increase the risk of disease. To solve this, he suggested providing the calves with pasteurized milk, limiting the amount of time calves have to drink their meal, and acidifying the milk using formic acid.

However, DeVries pointed out that the University of Guelph Kemptville Campus is "still in the early stages" of researching acidified milk.

Meanwhile, a 2001 study found that during each feeding, calves spent 44 seconds on average drinking milk, and six minutes sucking on the empty bucket.

DeVries said this finding is very important. It suggests calves instinctively want something on which to suck. He also said some people are experimenting with feeding calves from an artificial teat.

"It's a much more natural behaviour for the calves," noted DeVries. He said having multiple teats available will reduce competition among the calves. Plus, it allows the calves to be reared in group pens.

"Calf health is better — or improved — in smaller groups," said DeVries.

Typically, said DeVries, farmers worry about leaving calves in group pens because they could start sucking on each other, which can result in injuries. Artificial teats, said DeVries, should act like a soother for the calves.

"Without that need to express, they won't be doing much cross-sucking," said DeVries.

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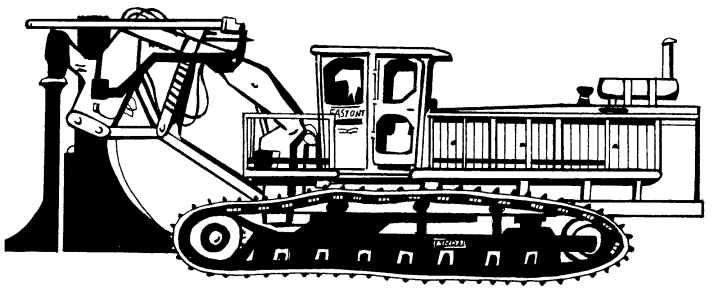

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Kemptville Dairy Day



Above: *Lezlee Byers-Smith of Byers Farm Equipment said she has attended Dairy Day for quite some time. "It's good exposure," she said.*
Right: *TD Bank agriculture account managers Kelly Fawcett-Mathers (left) and Jamison Hymus were ready to answer farm-specific questions from their clients at Dairy Day.*





Above: *Keith Randy Lavier (left) and Murray Matheson manned the Farmer's Sealed Storage Inc. booth. Lavier said Dairy Day gives him the chance to talk with potential clients and existing customers before life gets busy for farmers in the spring and summer months. "Later on in the year, they're on the land," he said. "Once the weather breaks, they're busy."*
Right: *Want a pen? Nine-year-old Gabrielle Venne supervised the Diamond V Yeast Culture booth while her dad listened to an afternoon lecture next door.*
Press Photos — Smith-Millar

Local farm industry workers gathered at the University of Guelph Kemptville Campus for the annual Dairy Day event, held on Fri., Feb. 13. Some of them plan to attend the 2009 Ottawa Valley Farm Show, running March 17 to 19 in Ottawa.



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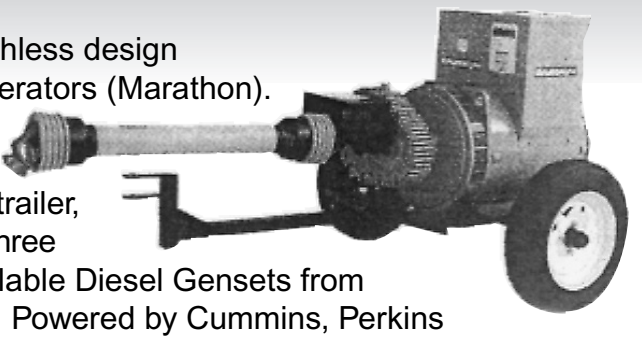

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Dinner and draw

Farmers returned home with full stomachs and, in some cases, prizes after a supper and information session at Weagant Farm Supplies in Winchester on Wed., Feb. 25. About 90 customers and staff had a roast-beef dinner before watching a presentation about New Holland tractors. Later that evening, a draw took place. James Harbers (left) and Andreas Jampen (second from left) took home model tractors, while Willy Rasa (centre) won a jacket. Doug MacGregor (second from right) won an overnight package for two to the Hilton Hotel at the Casino de Lac Leamy in Gatineau, Que. Rita Velthuis (right) was the big winner of the night, capturing a weekend getaway for two to Toronto. The package included two nights at the Delta Chelsea Hotel, train tickets, and a live entertainment show.
Press Photo — Smith-Millar

Sample soil for quick diagnosis

KEMPTVILLE — Soil sampling is a quick and easy way for producers to get answers and solutions for crop problems.

Soil specialist Keith Reid and crop advisor Paul Sullivan teamed up to lead the soil-testing workshop at the Eastern Ontario Crop Conference on Thurs., Feb. 19 at the University of Guelph Kemptville Campus.

There are three reasons to sample soil: to see what the nutrient level in the soil is and determine a fertilizer program; to see if lime needs to be added; and to monitor what's happening with the nutrient levels in the soil as a way of tracking the soil.

It's also a way to diagnose problems should there be variance in growth.

To perform a proper soil sample, one needs to take a six-inch core section every one to two acres; mix the samples in a buckets; and take a second subsample to send to the lab.

"Sample when it's easy to travel through the field," noted Sullivan.

When sampling, producers should move surface residue to the side so that the topsoil organic matter doesn't influence the soil sample reading, and realize that manure will elevate levels in the reading.

If a producer lists the crops they intend to grow in the field for which they submit a sample, they will also receive a crop-rating list comparing the quality of the soil to the growability of the crops.

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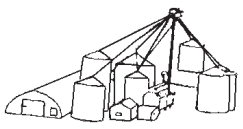

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Ottawa artist Terry Cowan to be featured at the farm show

OTTAWA — He's been a Canadian Armed Forces peacekeeper in Cyprus and an OC Transpo diesel mechanic, but Ottawa artist Terry Cowan has a gentler side.

"I drew and coloured pictures from early childhood as most children do ... I just never grew out of it," said the artist, who will be featured at this year's Ottawa Valley Farm Show.

While stationed in Cyprus, Cowan made posters that were hung on armoured cars. Working at OC Transpo, he designed a company flag as well as logos and pins. In the evening, he painted birds and other wildlife, developing a keen interest in rural subject matter.

Auction of painting to raise funds for CHEO

One of Cowan's paintings will be auctioned off at the annual Prestigious Pedigreed Seed Sale March 19 at noon. Net proceeds will be directed to the Children's Hospital of Eastern Ontario.

The varnished acrylic painting on board and framed in wood depicts an antique tractor resting on a mattress of hay in an old barn.

Cowan explained the painting is a composite — he created the backdrop for an old Cockshutt he spotted at the Carp Fair.

A full-time artist for the past three years, the Nepean Fine Art League member has participated in exhibitions across Ontario for more than 20 years.

"My interest lies in texture, colours, and shapes more than subject, whether I'm painting a chickadee or a steam train," he said.

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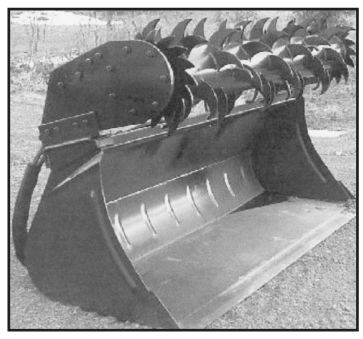
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Focus on nutrition

by Amanda Smith-Millar
Press staff

KEMPTVILLE — Farmers need to focus on nutrition to get maximum use out of the biggest, and most important, of a cow's four stomachs: the rumen.

That was the key message of Mary Beth de Ondarza, an American dairy nutritionist and guest speaker at Kemptville Dairy Day on Fri., Feb. 13.

According to de Ondarza, farmers shouldn't just watch what's going in the front end of a cow — what's coming out the back end is equally important.

> To avoid subclinical acidosis, farmers should make sure their cows are eating frequently during the day.

"I'm a huge manure watcher," said de Ondarza. "That's how I can figure out what's going on inside these cows."

Inconsistent manure that's pasty, loose and bubbly, or stiff often means the cows are either getting too much starch or not enough fibre. It could even mean the cow has subclinical acidosis, a serious metabolic disorder.

To avoid subclinical acidosis, farmers should make sure their cows are eating frequently during the day. According to de Ondarza, research indicates that high-producing cows eat nine to 19 meals per day. "Slug feeding" — or feeding cows fewer and larger meals — should be avoided.

Overcrowding, de Ondarza said, is another issue. Cows that have to compete with one another for food often don't get the nutrition they need. Demure cows that get pushed around by their penmates are more likely to eat fewer and larger meals, promoting subclinical acidosis.

As a dietician, de Ondarza advises farmers to give cows extra room so the animals feel contented and comfortable. Conversely, bankers might encourage farmers to pack their barns tightly and be as efficient with space as possible.



Mary Beth de Ondarza spoke at the Kemptville Dairy Day on Fri., Feb 13 about the importance of cow nutrition.
Press Photo — Smith-Millar

"It's always a balancing act," she said.

Farmers also have to make sure that cows aren't sorting through their feed, picking the food they like best while leaving the fibre.

"Generally, they are sorting to get the grain," said de Ondarza.

If the feed is longer than the width of a cow's mouth, said de Ondarza, cows can sort through their food. Cutting it a bit shorter, or adding water to the feed, will stop the cattle from sorting.

"Add the water to make the grain more sticky," de Ondarza explained.

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Canadian Agricultural Safety Week

MARCH 11-17, 2009

Personal protective equipment (PPE) only works if you use it

This year, Canadian Agricultural Safety Week will take place between March 11 and 17. The theme for the year-long campaign: "PPE only works if you use it" will focus on the use, fit and access of personal protective equipment (PPE) in agriculture.

Although farmers are at risk of animal and machinery-related injury, it's a fact that many such injuries could be prevented with the use of proper personal protective equipment: Hard hats are highly resistant to impacts, they offer protection from falling objects and do a good job of preventing concussions. Protective eyewear such as safety glasses and goggles should be worn when handling chemicals, during haying, when using chain saws or repairing machinery and in any situation where there is a danger of flying objects.

The feet are very vulnerable and should be protected with slip-resistant, steel-toed work boots with a metal sole plate; the boots offer protection from dropped objects and puncture wounds and they also provide support for climbing ladders. Gloves offer good protection for the hands but they should be chosen for the specific task. Ear plugs or ear muffs providing proper noise reduction should be worn when noise levels are above 90 decibels.

Another important factor is learning how the equipment should be used and how to maintain it properly. As well, make sure to use the PPE that is appropriate for the job and always check the equipment before using it. But above all, bear in mind this year's theme: ***"Personal protective equipment only works if you use it".***



Learn the proper use and maintenance of PPE. (Photo University of Minnesota)



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42stf

Services

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If you want to drink that's your business. If you want to stop, that's ours. Call AA, 613-774-5415 or 613-535-2284. For families of alcoholics (ALANON), 613-774-5969 or 613-535-2284.
17tfc

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45tfc

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2tfc

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45-52

ED GIBSON TELEPHONE SERVICE
Phone wires, computer wires, jacks, miscellaneous telephone equipment installed and repaired. We carry a line of Northern Telecom residential and business telephones for sale. Please call for free technical advice and estimates. 30 years experience. Ed Gibson 613-774-2860.
52c

COUNTRY BOY SANDING
Install and refinish wood floors. 10 years experience. Also painting and installation of laminate. Phone Mark's cell 613-577-2178.
51-2

DERVIS' PAINTING
Interior - staining - varnishing. 20 years experience. Free estimates. 1 room or a full house. Very reasonable prices. 613-774-2772.
52

Help Wanted

HELP WANTED – Tomlinson Waste Management is looking for laborers for its Springhill Landfill site. Must have own transportation. We offer a competitive salary $13.50 per hour and benefit package. Resumes can be dropped off at 7722 Springhill Road, Metcalfe, faxed to 613-822-9185 or e-mailed to jwagner@tomlinsongroup.com.
51-52c

Tilecroft Recruiting – Agriculture employment (full-time, part-time, sales, office, farm, equipment). 613-774-6303 or www.tilecroftfarms.com
52c

HELP WANTED – Village Hair Works requires a full or part-time licensed Hair Stylist for a busy salon. Call 613-821-0917.
52tfc

Help Wanted

HELP WANTED – Casselman Farms, in the Iroquois area, is looking for a full-time person to work on a dairy farm, starting first of April. Some experience preferred. Contact David at 613-652-4060.
52-1

HELP WANTED – The J.W. MacIntosh Seniors' Support Centre, a not-for profit Community Support Agency, is currently seeking Personal Support Workers for casual positions in the Respite and Going Home Programs. Candidates should have: own transportation, availability for non-traditional hours, and experience working with seniors. Interested persons may submit their resume by regular mail to: Respite Supervisor, J.W. MacIntosh Seniors' Support Centre, 4324 Villa Drive, Williamsburg, ON, K0C 2H0; E-mail: wendy.byvelds@wnphc.ca or fax: 613-535-1104
52c

Work Wanted

G & K MOVING
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43tfc

WORK WANTED – Karl's Moving. Commercial and house moving, local and long hauls in Ontario. Prices starting at $70 per hour. No surcharge. Call 613-652-2526.
46tfc

WORK WANTED – STL Home Improvement. Renovations, repairs, additions, painting, flooring, ceramics, decks, plus more! 30 years experience. Free estimates. Quality workmanship. Steven T. Lavigne 613-864-1953
4tfc

WORK WANTED – Experienced carpenter. Additions, renovations, decks, siding, windows, doors and more. Call Andrew Lamoureux, Winchester, 613-853-5294.
18tfc

WORK WANTED – Energy efficient insulated concrete foundations and homes. Call 613-880-0696 or 613-774-9981.
52-7

For Rent

ROADABLE STORAGE TRAILERS
Dry and watertight. By the week or month. Delivery charge extra. Call Ed Duncan 613-989-2838.
19tfc

FOR LEASE – Prime commercial space on Meadow Drive in Greely. Approximately 1100 sq. ft. available. Great for retail, medical, or dental practice. Available Feb. 1. For more information call 613-821-1497 or 613-821-1488.
35tfc

KEMPTVILLE
Commercial space, 700 square feet, $700 per month, heat and hydro extra. A great location at lights on Prescott Street. Building available for sale. Information and pictures available at propertyguys.com. Phone 613-296-3455.
38tfc

FOR RENT – Office space on Dawley Drive, Winchester (same building as Drive Test). Call 1-800-361-3305 or 613-652-2069. 8tfc

For Rent

FOR RENT – Commercial space, approximately 1000 sq. ft., near grocery store, available May 1. Phone 905-468-0239.
51tfc

FOR RENT – Insulated concrete forum bracing. Call 613-880-0696 or 613-774-9981.
52-7

Accommodation

FOR RENT – 43 Moffat Street, Morewood, 2-bedroom apartment, newly renovated, $575 monthly, utilities extra, on-site laundry facility, ample parking, high speed internet access, includes appliances. Call 819-771-6433.
19tfc

CENTRAL MORRISBURG RENTAL
Premium 2-bedroom apartment now available in modern 6-plex building. Includes security entrance, parking, storage, gas heat, laundry facilities, and air conditioning. Suitable for seniors/adults without pets. Rent $525 and up. References required. Call 613-535-2759 days, for appointment.
29tfc

FOR RENT – Senior apartment in Winchester, non-smoking. 2-bedroom apartment, bright and spacious on second floor. Also, 1-bedroom, main floor apartment. Call 613-774-2358.
46tfc

FOR RENT – 2-bedroom apartment, including stove, fridge, washer, dryer in Rosewood Apartment, Winchester. Available March 1. Also a bachelor apartment. Call 613-774-3894 or 613-821-0502.
48tfc

FOR RENT – Attractive and spacious 2-bedroom apartment, suitable for seniors. No pets. 613-774-2968.
50tfc

FOR RENT – Williamsburg apartments, $495 and up, all inclusive. First, last and 2 references. Non-smoking building. Call 8 am-5 pm 613-822-6635.
51-2c

FOR RENT – In Winchester, 2-bedroom apartment in clean quiet building. Call 613-229-1653.
52tfc

FOR RENT – 2-bedroom ground floor apartment, quiet secure building. Retirees preferred. Free supportive care services. $650 plus hydro. 613-853-6592.
52tfc

For Sale

Photographs appearing in the Winchester Press are available in colour. They must be prepaid when ordered and can be paid for by VISA or MasterCard. Order at the Winchester Press office, 545 St. Lawrence Street, Winchester, or phone 613-774-2524.

FOR SALE
Large round bales of grass clover – first cut, no rain, stored inside.
Straw – small square bales.
Call 613-445-5675

For Sale

FOR SALE – Potatoes: $10 for 50 lb of white Kennebec or red Chieftain. Country Kitchen Restaurant, 2159 County Road 31, Winchester.
43tfc

FOR SALE – Thinking of buying or selling a home, farm or business? Call Steve Summers at Coldwell Banker Coburn Realty, 613-774-3408.
46tfc

CHEMICAL FREE LAUNDRYING
Our Environmentally safe laundry systems will save you over $100 a year on laundry products. Great for anyone with chemical allergies. Only $15 per kit. To order call Paul, 613-894-6343.
51-2c

FOR SALE – Do-it-yourself wine-making equipment. Call 613-774-1953.
52-3

Automotive

VEHICLE FOR SALE – Credit problem! In-house finance is easy, just apply online and become pre-approved. For clean low mileage vehicles. www.car-o-line.com or call Car-o-line Autos at 1-877-820-5598 or 613-448-2488.
9tfc

Farm

FOR SALE – Hay, large round bales, wrapped or dry. Small squares of hay and straw. Call 613-448-2271.
51-52

FOR SALE – Straw, large square. Clean. Bright. Call Frank Casselman 613-448-2476 or 613-978-1816.
51-52c

PASTURE WANTED – Good fences and water. Call 613-761-2403.
51-1

FOR SALE – First cut straight timothy in large square bales, 3 x 3 x 7-1/2'. Bales stored inside. Baled mid-June 2008. No rain. No preservatives. Avg weight, 725 lb each. Can deliver. Call Ed Duncan 613-791-6133.
51-1c

FOR SALE – Good quality big square and round bales of hay. No rain. Call 613-989-6031, 613-913-5935 or 613-913-2195.
52-7

FOR SALE – 44 acres of tiled farm land, 11415 Van Camp Road. Call 613-989-5782, leave message.
52-3

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Contact Pat Warren, 613-774-2943

HELP WANTED

Ministry and Personnel is actively seeking candidates for the position of office secretary, Manotick United Church.

This position requires a qualified individual who enjoys working with people and being part of a dynamic church Team. The successful candidate must be flexible and have computer and accounting skills.

This position is permanent part-time requiring 25-30 hours per week.

Interested applicants are invited to send a letter of application and supporting resume to Lou Albers at lou.albers@sympatico.ca by March 31, 2009.

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Farm

FOR SALE – Hay, excellent horse hay in small square bales, $2.50 per bale. Call 613-989-5772.
52-1

FOR SALE – Bulk tank, 1600 gallon, 2005 DeLaval; TTR 2005; vacuum pump, 1995; plate cooler, 2005; pipeline washer 2006, DeLaval; milking parlour, 1995, double 4 in-line, DeLaval; Butler silo unloader, 1977; Patz silo unloader 1981. Phone 613-989-5665.
52-1

HAY FOR SALE – Large square timothy/alfalfa mix, no rain, stored inside. $25 per bale. Call 613-989-6003.
52-2c

WANTED TO RENT – Land. Top price paid, must be well tiled, minimum 50 acre fields. 3-5 year terms. Call 613-989-6003.
52-1c

WANTED – Round bales of straw. Also looking for 824 New Holland corn head. Phone 613-577-5411.
52-1

FOR SALE – Gehl 860 forage harvester, electric controls, hydraulic knife sharpener, 1000 PTO, 6' hay and 2-row corn head, very good condition, $6,000; Gehl 980 forage wagon, 1 left, 18', roof, 3 beaters, 12-ton tandem running gear, excellent condition, $10,500; Gehl 1540 forage blower, twin spinners, very good condition, $3,500; New Idea 5212 discbine, red, 12' cut, 540 PTO, very good condition, $10,000; New Holland hay inverter 144, ground drive, $2,500; New Holland solid manure spreader, tandem axle, end gate, $2,000; Knight 3250 T.M.R. stationary mixer 10 hp, digital scales with remote read out, like new, $8,000; Wic feed cart, 52 Honda, 9 hp hydraulic drive, new apron chain, $3,000; Wic straw chopper Honda engine, $1,500; selection of chain and belt conveyor with motors; Husky 3000 gallon tandem, liquid manure spreader $3,000. Call 613-989-2734 or cell 613-299-1356.
52-2

Household

RBS APPLIANCE SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.
15tfc

Pets/Livestock

FOR SALE – Purebred Holstein bull sired by Regancrest Dundee, dam EX 3E, almost 1-1/2 years old. Quiet temperament. De-horned. Price negotiable and reasonable. For more information phone 613-543-2359 or 613-330-9016.
51-52

FOR SALE – Purebred Holstein bull sired by Inquirer, 1-1/2 years old, dehorned. For more information phone 613-652-4060.
52-1

FOR SALE – Polled Hereford Simmental bull, 18 months old. Call 613-445-5675.
52

FOR SALE – Charolais Bulls: 5-year old, 6-year old and 2-year old. All easy calving. Phone 613-577-5411.
52-1

FOR SALE – Baby Guinea pigs, (happy and healthy), different breeds, good assortment of colours available. Prices start at $20 each, discount applies when buying more than 1 of the same sex, as Guinea pigs are happier in pairs. Winchester Springs. 613-774-2695.
52-1

Recreational

FOR SALE – 2002 Yamaha midnight Ventura black motorcycle, 19,000 km, 2 new tires, mint condition, lots of chrome, Corbin seat, plus stock seat, Bubba pipes and stock pipes. No time to ride! Selling and asking $12,500. Call 613-612-6312.
52

Card of Thanks

CARD OF THANKS – The Osgoode Township Historical Society and Museum would like to thank the following donors for their generous contributions to our 2nd Annual Crokinole Tournament: National Arts Centre, Metcalfe Lions Club, Ken MacDiarmid and Metcalfe Pizza.
52c

In Memoriam

WYLIE – In loving memory of Randall and Allan; Ran 1912-1991 and Allan 1940-1984.
Beautiful memories are wonderful things,
They last till the longest day.
They never wear out,
They never get lost
And can never be given away.
To some you may be forgotten,
To others a part of the past.
But to us who loved and lost you,
Your memory will always last.
– Norma, Joan, Janice, Barbara and families
52

KENNEDY – In loving memory of a dear husband, father, grandfather and great-grandfather, Bert, who passed away March 8, 2001.
He was very special
And can never be replaced.
His memory in our daily lives
Can never be erased.
Time cannot steel the memories
We carry in our hearts,
Or take away the happy years
Of which he was a part.
– Violet; Carole and Don Reid; Lorie, Jillian, Ryan and Ethan; David and families
52

BERRY – In loving memory of a dear husband, father, grandfather, and great-grandfather, George who passed away March 16, 2005.
Memories are like threads of gold
They never tarnish nor grow old.
Remembrance keeps you ever near
As time unfolds another year.
It isn't what we write here
Nor even what we say.
It's what we feel within our hearts
As we think of you today.
– Lovingly remembered
– Louise and Steve, Bonnie, Jim and family
52

MERKLEY – In loving memory of a dear dad, Wallace (Wally) who passed away on March 13, 1987.
Twenty-two years ago you left us,
We often speak your name.
But all we have are memories
And your picture in a frame.
– Lovingly remembered Allan, Jeff, Rob, Sue and Thalia
52

Coming Events

WINCHESTER LIONS CLUB
515 Albert St., 613-774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
Main St., Winchester
OPEN
Monday - Friday 9 am-3 pm;
Saturday 9 am- noon
3tfc

Coming Events

WOMEN'S SUPPORT GROUP
Build skills toward a healthier self-esteem. Free women's support group being offered at Naomi's Family Resource Centre for 10 weeks beginning Tues., March 24. Assistance with transportation and childcare costs are available. Call 613-774-2838 or 1-888-267-0395 to register today!
51-52c

EUCHRE TOURNAMENT
Williamsburg Fire Department
11th Annual Euchre Tournament, Sat. March 14, Williamsburg IOOF Hall. $40 per team. Registration 11:30 am; starts 12 noon. For early registration or info call 613-652-2599.
51-52

FANTASTIC BIBLE MARCH BREAK
At Nationside Pentecostal Church, Chesterville, March 16-18, 10 am-12 noon. Stories, games and crafts. Information and registration call Doris 613-843-9653.
51-52c

BEEF DAY
Join Dundas County Cattlemen's Association for their annual Beef Day, Winchester Community Centre, 10 am-4 pm. For more info call Rose at 613-448-3454 or watch for ad in this paper!
52-2c

ATTENTION BEEF FARMERS
Come join Dundas County Cattlemen for their regular meetings. Country Kitchen Restaurant, Winchester, 7:30 pm, March 24, April 21, June 23.
52-1c

MOVIE NIGHT
At Harmony Church, showing the recent release, life changing movie: "FIREPROOF -- Never Leave Your Partner Behind" Sun., March 15 at 7 pm. Free admission. For more information call 613-774-5170.
52c

"THE ARCTIC CIRCLE & HURTIGRUTEN CRUISE"
Please join Globus and Thom Travel at the MacIntosh Inn on Mon., March 23 at 7 pm presenting ... "The Arctic Circle and Hurtigruten Cruise" 17 day, 4 country Scandinavia and Fjords cruise-tour with local escorts Gordon and Gladys Garlough. Tour Date: September 4-20, 2009. To RSVP please call 613-543-2133 or E-mail sales@thomtravel.com Ontario Registration #1258982
52-1c

SANDERS MAPLE PRODUCTS
3030 Goldfield Road, Finch, is open for the 2009 Maple Syrup Season. Maple butter, maple candy and fresh maple syrup available now. 613-984-0784.
52-3c

DINNER THEATRE AND SILENT AUCTION
Iroquois-Matilda Lions Club
In support of The Royal Ottawa and CMHA Mental Health Programs, Sat., April 18 at Matilda Hall, Dixons Corners. Social Hour: 5:30 pm. Dinner: 6:30 pm. Tickets $40 each available from Lions members, Mustard's Variety, Iroquois or Basket Case Cafe, Morrisburg.
52-1c

Auction Sales

EXCELLENT ANTIQUE AUCTION
FROM A PRIVATE COLLECTION CONSISTING OF PRE-1890 CANADIANA FURNITURE, EARLY POTTERY, PRESSED GLASS, AND PRIMITIVES
To be held at our facility 15093 County Road 18 east of Osnabruck Center. From Highway 401 take Ingleside Exit #770 (Dickinson Drive), travel north approximately 1-1/2 km to Osnabruck Center, turn east and travel 1/2 km.
SATURDAY, MARCH 21 commencing at 9:30 am
Jam cupboard original paint c1830; H stretcher table c1780; box stretcher table c1760; dry sink in paint c1840; 2 servers c1850; cherry dough box with canted legs c1780 dove tailed; pine dough box original red paint c1860; harvest table 2-board scrubbed top c1840; set of 4 chicken coop chairs from Moulinette c1840; blanket chest in original blue/green paint with double till inside-bracket base c1830; cradle with original paint and scene c1780; miniature dresser; walking/spinning wheel 1800's; early quilt rack (museum quality); stenciled commode chair; spool cabinet; 1 & 2 drawer tables; washstands; bench; early highchair; pail benches; small hanging corner cupboard; assorted chairs; blanket boxes; early side board; drop front desk; other early furniture in the rough; rocking horse; good old baskets; butter bowls; ladles and prints; hooked rugs; buttons; candle moulds; cast iron pieces; pictures, prints and frames; old windows; wash sets; old bottles and jars including Toronto and Ottawa; red ware pieces; crocks and merchant jugs including Ottawa, Brockville and Prescott; 2 hanging oil lamps, oil lamps in cosmos, miniature and others; old lamp shades; pottery jugs, bowls, pitchers, plates, etc to include majolica, yellow ware, Port Neuf, sponge ware, spatter ware, Bennington; transfer prints including Beavers and Quebec scenes, St. Johnsware P.Q.; pressed glass in various patterns including the custard maple leaf, luster ware, Flow Blue and much more of interest.
Note: We have been fortunate enough to have handled a large amount of antique auctions, however, we have never been fortunate enough to present this much primitive Canadiana in any one offering. Definitely a sale not to be missed!
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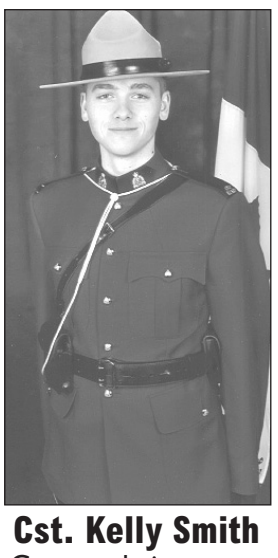

Cst. Kelly Smith
Congratulations to Cst. Kelly Smith for completion of RCMP Cadet training, from his proud parents Terry and Kim Smith of Morewood and grandparents Jack and Evah Wilson of Nepean.

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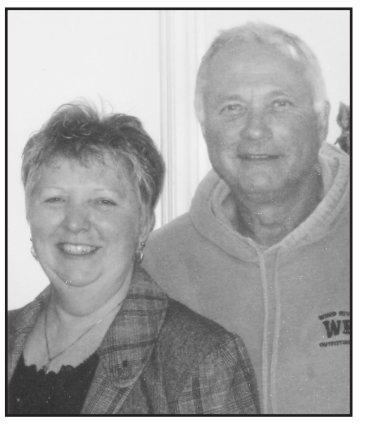
Happy 40th Wedding Anniversary

Gloria & Lyle Byers
March 15
Love,
Vicky, Chuck,
Chloe & Halee;
Bill, Angela
& Owen;
Kelly & Clarence



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Church Directory

DISCOVERY BIBLE FELLOWSHIP
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Pastor: Tim Edwards
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Sunday
10:00 am - Worship Gathering
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KIDS' CLUB
Faith Weaver Friends, Ages 4-12 Free
ADULTS
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44tfc

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Celebrating 150 Years of Worship
Sunday
10:00 am - Adult Sunday Bible Study
11:00 am - Worship Service
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Mondays 10 am-12 noon
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Pastors
Bud McKibbon
Mollie McKibbon
48tfc

NATIONSIDE PENTECOSTAL CHURCH
13 Albert Street, Chesterville
Pastor: Rev. David Charles
613-843-9653
Sunday
10:00 am - Sunday School
11:00 am - Worship Service
For information 613-448-3725
31tfc

WINCHESTER WESLEYAN CHURCH
Our Church Loves Kids, and Kids Love Our Church
Check out the updated www.winchesterwesleyan.com
Sunday
10:30 am - Worship Service and Sunday School
Pastor: Thurland Brown
Children's Pastor: Amy Morris
613-774-3137
537 Main St., Winchester
33tfc

ST. PAUL'S PRESBYTERIAN CHURCH
Winchester
Office: 613-774-3333
A warm welcome awaits everyone
Minister
Rev. Dr. Floyd McPhee
Sunday
10:00 am - Divine Worship
43tfc

THE ANGLICAN PARISH OF NORTH DUNDAS
541 St. Lawrence Street
Winchester
Rev. Jon Martin
Please join us for Sunday Worship
8:30 am - Book of Common Prayer
10:00 am - Family Service with Music and Sunday School
"To be a living Church, united in one congregation, reaching out to God's world."
613-774-2236
22tfc

HARMONY COMMUNITY CHURCH
Hwy. 31 and Ormond Road
613-774-5170
harmonychurch@bellnet.ca
Sunday
10:30 am - Morning Service
Nursery and Sunday School available
Web: www.harmony-church.org
27tfc

UNITED CHURCHES
Office: 613-774-2512
Hours: M-W-F 9 am-12 noon
www.winchesterunitedchurch.org
Rev. Elaine Beattie
Supervising Minister for Emergencies
H: 613-535-9961
W: 613-535-2245
Worship Leader
Nancy Christie
Sunday, March 15
WINCHESTER SPRINGS
9:30 am - Worship Service
WINCHESTER
11:00 am - Worship Service, Sunday School and Nursery
52c

CHRISTIAN REFORMED CHURCH
Williamsburg, Ont.
Church 613-535-2227
Office 613-535-1882
www.williamsburgcrc.org
Pastor: Rev. John Noordhof
Sunday
9:30 am - Worship Service
7:30 pm - Worship Service
Please be our guest this week.
41tfc

COMMUNITY CHRISTIAN REFORMED CHURCH
Dixons Corners
Pastor:
Rev. Clarence Witten
613-652-2400 (Church)
Sunday
10:00 am - Morning Worship
6:30 pm - Evening Service
32tfc

Learn 2 Stamp Class

Rubber stamping is a quick and easy way to make creative and dynamic cards, scrapbook pages and 3-D items. You don't need to be creative to stamp, you just need a couple minutes and the stamps do the work for you! Join me for an introductory, no pressure, stamping class where we will make two quick and easy Easter themed projects.

Date & Time: **Sat., March 28th, 1:00 - 2:30 pm.**
Location: **Fire Hall, Lough Rd., South Mountain**
Cost: **FREE**

Advance registration is required as spaces are limited.
Please email maggie@ilovepapercrafts.com or call (613) 989-1867.

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Gail Dagg - Senior Administrator, Credit Counsellor
David Brown, CA - Trustee in Bankruptcy, Credit Counsellor

Collins Barrow Brown Inc.
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Public Auction

Saturday, March 21, 2009 • 9:00 a.m.

Civic #2250, County Road 31, Winchester, ON
613-774-7000 or 1-800-567-1797

More than 250 vehicles and equipment from Federal Government and others
Primary list at: www.rideauauctions.com



Cars: 08 CX7, 22 m; 07 Prius, 13 kms; (2) 05 Impala, 107 & 100 kms; 05 Neon, 62 kms; 04 Lesabre, 212 kms; 03 Alero, 104 kms; 03 Sunfire, 99 kms; 03 Neon, 121 kms; 02 Impala, 109 kms; 02 Jetta, 191 kms; 02 Sebring, 173 kms; 02 Intrepid, 165 kms; 02 Taurus, 150 kms; 02 Neon, 54 kms; 02 Protégé, 146 kms; 01 Cr Vic, 183 kms; 01 Intrepid, 93 kms; (3) 01 Marquis, 107, 121 & 117 kms; 00 Alero, 133 kms; 00 Focus, 194 kms; 00 Cavalier, 255 kms; 00 Intrepid, 192 kms; 00 Cirrus, 191 kms; 99 Malibu, 226 kms; 99 Marquis, 118 kms; 99 Lumina, 212 kms; 99 Neon, 269 kms; 98 Cavalier, 184 kms; 98 Saturn S, 177 kms; (2) 98 Malibu, 216 & 101 kms; 98 Jetta, 138 kms; (2) 98 Lumina, 182 & 224 kms; 98 Saturn SL2, 148 kms; 98 Saturn SCI, 232 kms; 97 Accord, 214 kms; 97 Lesabre, 152 kms; 97 Vision, 121 kms; 96 Taurus, 215 kms; 96 Sunfire, 235 kms; 95 New Yorker, 211 kms; 92 MR2, 158 kms; 92 Summit, 152 kms; 91 Fleetwood, 189 kms; **Vans:** 05 Montana, 124 kms; 04 Montana, 114 kms; 02 Montana, 166 kms; 02 Venture, 62 kms; 01 Montana, 204 kms; 01 Venture, 160 kms; 00 Venture, 99 kms; 00 Windstar, 91 kms; 96 Windstar, 238 kms; 95 Safari, 173 kms; 93 Aerostar, 177 kms; 93 Transport, 232 kms; **SUVs:** 06 Escape, 96 kms; 05 Escape, 68 kms; 02 Escape, 174 kms; 02 Rendezvous, 186 kms; 01 Escape, 175 kms; 98 Pathfinder, 166 kms; **Light Trucks:** 05 Sierra, 364 kms; 01 F150, 156 kms; 01 B4000, 272 kms; 00 Ranger, 145 kms; 98 Sonoma, 257 kms; 98 Dakota, 180 kms; (2) 96 S10, 273 & 161 kms; 95 F10, 299 kmsl; 95 Cheyenne, 98 kms; 94 S10, 145 kms; 91 F150, 507 kms; **Heavy Equipment:** 91 Kurbmaster, 43 m; 90 IH 40S, 180 kms; **Trailer: Recreational:** 07 Trailcruiser TC-21D BL; 85 Tioga Arrow, 42 m; Homemade Trailer; 99 Suzuki Marader, 12 kms.

NO CHILDREN ALLOWED ON AUCTION DAY

Some of the above mentioned vehicles are public consignments. List is subject to change. Website will be updated as new consignments are registered

Buyers Premium Applies - Terms: Cash; Visa; MasterCard; Interac for $500.00 deposit & Cash, Certified Cheque, Interac for balance due on vehicle

Viewing: Wednesday, March 18, 2009 9:00 a.m. to 4:00 p.m.
Thursday, March 19, 2009 9:00 a.m. to 4:00 p.m.
Friday, March 20, 2009 9:00 a.m. to 4:00 p.m.

Pictures and description of items available at www.icangroup.ca Click on Ottawa

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Barrister and Solicitor
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Winchester, Ontario, K0C 2K0
Tel. 613-774-2808
Fax: 613-774-5731

TOWNSHIP OF North Dundas

P.O. Box 489, 636 St. Lawrence Street
Winchester, Ontario, K0C 2K0
Tel. 613-774-2105
Fax 613-774-5699
www.northdundas.com
info@northdundas.com

THE TOWNSHIP OF NORTH DUNDAS CLASS ENVIRONMENTAL ASSESSMENT VILLAGE OF WINCHESTER WATER SUPPLY UPGRADES

NOTICE OF PUBLIC MEETING

The Township of North Dundas is undertaking an Environmental Assessment study to determine the water infrastructure requirements for the community of Winchester until 2026. In Phases 1 and 2 of this study, completed in May 2007, the preferred solution was to have water from Chesterville Wells No. 5 and 6 be pumped to Winchester to meet the increased demands of the projected population. Currently, in an amendment to Phase 2, various alternative design concepts are investigated to implement the interconnection of these systems.

This study is being conducted under the Environmental Assessment Act and in accordance with the requirements of a Schedule B activity of a Municipal Class Environmental Assessment.

A public meeting has been scheduled to review the amendment and receive input from the public about the alternative design concepts proposed and the preliminary identification of the preferred solution:

Date: Tuesday, March 24, 2009
Time: 6:30pm
Place: Council Chambers,
636 St. Lawrence Street, Winchester

Public input and comments are invited for incorporation into the study and will be accepted until April 23, 2009. For further information on this project, please contact Mr. Howard Smith, Chief Administrative Officer, Township of North Dundas, 636 St. Lawrence Street, Winchester, Ontario, K0C 2K0, Telephone (613) 774-2105.

This notice first issued March 10, 2009.

Mr. Howard Smith, Chief Administrative Officer
Township of North Dundas
Telephone: (613) 774-2105
Fax: (613) 774-5699

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PREMIUM FARM LAND AUCTION

North Dundas Township • Morewood, Ontario

Directions: *From Morewood, continue west on Cty. Rd. 13 to Rodney Lane to Ormond Rd. (watch for signs) or from Winchester take Hwy. 31N to Harmony Corners to Ormond Rd., then east continuing approx. 1-1/2 miles (watch for signs). Auction to be held on site at residence.*

Saturday, March 14, 2009 • 10 am

- Legal description: Concession 12 North Part of Lot 2, RP 8R509 - Part 1
- Gross acreage: 97.36
- Tillable acreage: 93
- ALC - Grade 2 - Soil type - Clay loam with high productivity
- Drainage tile: All 93 acres systematically tile drained with upgrades in 2005
- Crop history: Corn and soybean rotation
- Farm's average yield: 2007 corn - 169 bushels; 2008 soybean - 40 bushels
- Zoned Residential Farmland
- 2008 annual property tax: $2,481.78 (+/-)
- Residence: Featuring a popular style, spacious brick and vinyl- sided raised bungalow built in 1992 on poured foundation, 3 bedrooms, 4-pc. bath, oak kitchen, living and dining rooms plus an attached, oversized garage. Full semi-finished basement boasts a family room, 3-pc. bath and laundry, inside/outside basement entry. Services include 200 amps and an electric forced-air furnace. New roof in 2008. On well and septic. Detached workshop (28 ft. x 24 ft.) Occupied by long-standing tenants for 11 years at $720 per month plus utilities.

One of the best farms you will find in the area. Land has a long history of excellent yields with easy access. Bidders are invited to inspect in order to be fully informed as to the condition of the property prior to auction date.

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UNITED COUNTIES OF STORMONT, DUNDAS AND GLENGARRY

TENDERS FOR SUPPLY OF MATERIALS AND MAINTENANCE PROJECTS

Tenders, as noted below, submitted on forms provided, will be received by the undersigned until ***3:00 pm local time, on Thursday, April 2, 2009.***

(1) Signs
(2) Blades
(3) Corrugated Steel Pipe
(4) Four Sided Perforated Steel Tubing
(5) Liquid Dust Suppressant
(6) Catchbasin Cleaning
(7) Hot Mix Paving including various maintenance work (shouldering, curb removal, etc.)
(8) Cracksealing
(9) Specialty Pavement Marking

Tenders must be sealed and returned in clearly marked "TENDER" envelopes. They will be opened in public immediately following closing time. Bid deposits are required for some tenders.

We ask those interested in submitting a bid to download these documents from www.biddingo.com. They will be made available March 16. If you do not have access to this site, fax your request (clearly specifying the tender you wish to receive along with company info - phone, fax, etc.) to D. Villemaire at 1-613-936-2913. Please note that documents may not be picked up until arrangements have been made.

Quotations, as noted below, submitted on forms provided, will be received by the undersigned until ***3:00 pm, local time, on Tuesday, March 31, 2009.***

(1) Bridge Cleaning
(2) Village Sweeping
(3) Mowing of County Patrol Yards

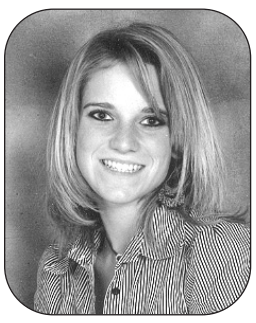
Quotations do not have to be sealed and will be accepted by fax. Those interested in submitting a bid are asked to fax their request (stipulating company info - phone, fax, etc.) to D. Villemaire at 1-613-936-2913. Forms will be made available after March 17 only.

Lowest, or any, submission not necessarily accepted.

SD&G Roads Department
26 Pitt Street, Suite 223
Cornwall, Ontario K6J 3P2

Happy 18th Birthday Shelby

March 14



Love, Mom, Dad, Tasha & Travis

THANK YOU!

From DBS Tool Distributors

Sadly, as many of you may have heard, as of March 5, 2009, we have closed our business. An opportunity has presented itself for us in Edmonton, Alberta, that is too hard to ignore. To all of our friends, neighbours and customers, we are sorry for the short notice. This is a sad farewell to twenty-one years of serving Ottawa and the Seaway Valley. Over those years we have had many friends and neighbours become customers and many customers became friends. We are proud to have served all of you for this length of time. So once again, thank you all for your patronage, understanding and support.

Wishing all of you the best for the future.

P.S. If ever you are in Alberta, please look us up!

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OBITUARIES

Lillian Irene Marcellus



Lillian Irene Marcellus (nee Ouderkirk) of Winchester passed away peacefully at the Woodland Villa on Thurs., March 5, 2009. She was 87.

She was the beloved wife of the late Dwight Marcellus and the loving mom of Dale (Jeannine) and Sharyn Summers. She was the cherished grandma of Kevin (Lydia) Summers, Shelley Summers, Donnie (Sharon) Marcellus, Todd (Melissa) Marcellus, and great-grandchildren Shawn and Jessica Summers; Brandon Lovely; Carter, Mason, Hannah, Ally, and Nolan Marcellus.

By Irene's request, there was no visitation, and she was cremated.

A memorial service was held in the chapel at the Byers Funeral Home in South Mountain on Sat. March 7 followed by interment at Maple Ridge Cemetery in Chesterville.

By family request, donations may be made to the Arthritis Society or the Canadian Cancer Society.

Dwayne Merkley



Dwayne Merkley of RR#2 Crysler died suddenly at Cornwall Community Hospital on Wed., March 4, 2009. He was 68.

He was the beloved husband of Sheryl (nee Sharkey). He was the cherished father of Karey (Daren) Nurse, Kraig (Tammy), Kent (Cynthia), and Kris (Candice). He will be fondly remembered by his grandchildren Amanda, Devin, Travis, Kolten, Tyson, Jasmine, and Montana. He was the loved brother of Verna Dillabough, Helen Swerdfeger, and Carol Barkley. He was predeceased by two sisters and two brothers. He was the dear son-in-law of Thomas and Dorothy Sharkey.

Family and friends paid their respects at the Daniels Funeral Chapels in Winchester on Fri., March 6. The funeral service was held in the chapel of the funeral home on Sat., March 7 with Rev. Wendy Wright-MacKenzie officiating, followed by interment at Maple Ridge Cemetery in Chesterville. The pallbearers were John Sharkey, Michael Sharkey, Barry Young, Todd LaPlante, Gerald Swerdfeger, and Jeff Barkley.

Donations may be made to Winchester District Memorial Hospital.

Clara Mary Cooper



Clara Cooper of Metcalfe passed away peacefully after a brief illness at the Township of Osgoode Care Centre on Fri., Feb. 27, 2009. She was 82.

She was the beloved wife of the late Norman Cooper and loving mother of Gary (Doris), Bruce (Donna), and Dennis (Connie). She was the cherished gran of Cheryl Cooper (Hugh McEwen) and Cory (Amanda), Troy (Janet) and Stephanie (Jim Rowe), Evan and Erin. She was the great-gran of Kate and Stuart McEwen, Ashlyn Cooper, Daulton Cooper, and Kira Rowe, and the dear sister of Albert Morrison (Shirley). She was predeceased by siblings Velma Cassidy, Edna Cooper, Harry Morrison, Elsie Scott, and Elgin Morrison.

Clara was born May 26, 1926, the daughter of Henry and Maggie Morrison. She spoke fondly of growing up on a 100-acre farm north of Metcalfe on the 9th Concession Road. In today's world, she probably would have been a nurse, as she spent her life looking after folks young and old.

On April 18, 1942, at the age of 15, she married neighbour Normie Cooper, who was 10 years her senior. Finances were always tight in those times and she would work at housekeeping, or the two would play music at dances to make extra money. With Normie on the fiddle, Clara would play chords on the piano or guitar, and together they would sing. Later, their lads would join them playing music for parties. In recent years, she was proud to have her family, including four generations, come and entertain her friends at the Stanley Apartments.

In 1952, Normie and Clara were given a half acre lot off the corner of the Cooper farm. Their house became the drop-in spot when family came "out home." Their friends were always welcome. Her nephews and nieces relished the visits to Auntie Clara's. She was proud of having helped build homes and cottages for her three boys.

Sports were a large part of her life. She curled, fished, and spent the rest of her spare time avidly watching her children's and grandchildren's athletic ventures.

In 1983, they moved to the Stanley Apartments in Metcalfe, where she enjoyed living for the next 25 years. There, she took on the role of caretaker to many.

Her volunteer interests included the care centre, Metcalfe United Church, home support, and Canadian Cancer Society. In January 2008, she moved to Dundas Manor, as osteoarthritis made independent living too difficult. When a bed became available at the Township of Osgoode Care Centre in October 2008, it was a homecoming.

Family and friends paid their respects at the Daley Family Funeral Home on Mon., March 3, 2008. The funeral service was held in the chapel on Tuesday at 11 am with Rev. Maggie Melanson officiating. Spring interment will take place at Metcalfe Union Cemetery.

Memorial donations to the Township of Osgoode Care Centre would be most appreciated.

Trevor Lyle Stewart



Trevor Lyle Stewart passed away at Winchester District Memorial Hospital on Mon., March 2, 2009.

He was born in Chesterville on Nov. 10, 1946 to Donald and Freda (nee Bailey) Stewart. He leaves behind his wife Carol (nee Meldrum). He was the loving father to Anthony (Debbie), Donald (Andrea), and Dora, and the loving brother to Gerald (Patsy), Dale (Barb), and Paul (Donna). He will be sadly missed by one and all.

At Trevor's request, a graveside service will be held in the spring.

Donations may be made to Winchester District Memorial Hospital or Maple Ridge Cemetery.

The arrangements are entrusted to the Daniels Funeral Chapels in Winchester.

Clair Algire



A lifetime resident of the Williamsburg area, Clair Edgar Algire passed away at home by the wood stove, on Sat., Feb. 28, 2009. He was 88.

He was born on the family farm in Williamsburg Township on June 17, 1920 to Edgar and Annie Algire (nee Whitteker). He attended local schools and in 1940, he joined the Royal Canadian Air Force. He was stationed in Bagotville, Quebec and St. John's, NL and was about to be deployed to the Pacific front when peace was declared in 1945. He was very proud of his service to his country and participated in many Remembrance Day services over the years. It was a truly special occasion for him when he was presented with a Veteran's watch in 2006.

He married Ruth Kennedy on July 15, 1944, and together they had two children, Jim and Ann. Clair and Ruth lived on their farm on Tollgate Road in Williamsburg for 64 years.

After selling his Holstein dairy herd in 1979, Clair went to work in the woollen mill at Upper Canada Village. He loved visiting with all the tourists and came home every day with new stories about the people he had met. One of his tales about the "blue sheep" is still told at the woollen mill today.

Without the daily responsibilities of the farm, Clair and Ruth found time to travel and visit every Canadian province as well as the Northwest Territories. They toured in Cuba, Costa Rica, Venezuela, Ecuador, the Galapagos Islands, Mexico, and took many trips in the United States.

Clair had a prodigious memory and could recite poetry and prose he had learned as a child from the Ontario Readers. He was a legendary storyteller and had a great sense of humour. He entertained four generations of children with stories "read" from an upside-down phone book, and many of those stories were invented from his own imagination. He often recited "In Flanders Fields" in the Williamsburg United Church for Remembrance Day services, "Somebody's Mother" on Mother's Day, and he had a repertoire of other poems to entertain on different occasions.

One of Clair's favourite pastimes was to go for a long drive in the countryside. With family or various friends he would travel on the secondary roads, inspecting the farms, fields, deer, wild turkeys, new construction, new cars, wind damage, and whatever else was happening in the life of the community.

Clair's favourite card game was cribbage and all the grandchildren learned to play at the master's table.

Clair is survived by his loving wife and his children Dr. J.E. (Jane) Algire of Kanata and Ann (Bob) Chick of Maitland. He was the beloved grandfather of nine and proud great-grandfather of nine. He was predeceased by his brothers, Grant and Ethan, and sisters, Maxine Bell and Ellen Garlough. Clair will also be fondly remembered by many nieces, nephews, and friends throughout the area.

Friends called at the Marsden and McLaughlin Funeral Home in Williamsburg on Tues., March 3. The funeral service was held at Williamsburg United Church on Wed., March 4 at 11 am, with Rev. Elaine Beattie officiating. Interment followed at New Union Cemetery in Williamsburg.

Pallbearers were Allan Bell, Edgar Bell, Martin Algire, David Algire, Hugh Garlough, and Jason Kennedy. Honorary pallbearers were Mrs. Fred Pinkus, Mrs. John MacIntosh, Mrs. Ferneley Johnston, Mrs. Glenn McIntosh, Dr. Bryan Kennedy, Dr. Gabriel Slowey, John Byvelds, and Bert McIntosh.

To celebrate his memory and his love of his community, donations to the New Union Cemetery or a local charity of your choice would be appreciated by the family.

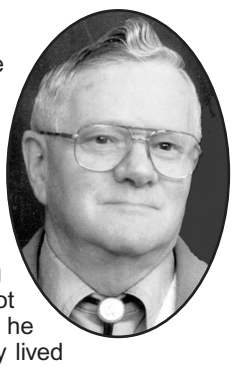
Thank You!

The family of the late Harry Roosen would like to thank everyone for their support during this difficult time, and for their donations to various charities. It was very much appreciated. Thank you to his grandchildren for being pallbearers. Opa would have been very proud! We would like to thank Shaun Daley (Daley's Funeral Home, Metcalfe) for the extraordinary care you gave us, Villeneuve's Catering for the delicious food and Mike's Restaurant for looking after us so well. Also our heartfelt thank you to Father Anthony Hannan for his very meaningful service, to the Nixon Family for their amazing singing and to our organist, Helen Parson, for the beautiful music. Everyone was wonderful to us, and it is very much appreciated.

Nellie Roosen and Family

I would also like to thank my children for all your help and support. I couldn't have done it without you.
Love, Mom

Douglas Gow



Douglas Gow, a lifetime resident of the Williamsburg area, passed away at his son's home in Morrisburg on Fri., Feb. 27, 2009, following a lengthy battle with bladder cancer. He was 89.

He was born in Williamsburg Township on Oct. 14, 1919 to his parents James and Lillie Gow (nee Black). When he was born, Doug weighed less than a pound and was not given much chance of surviving, but he proved to be a survivor, and eventually lived a long and productive life.

On Oct. 26, 1939, he married Muriel Gow and together they had two children Glenna and Dalton. When they were first married, he worked on the farm, and then he got a job working for the Township of Williamsburg. In April of 1956, he got a job at the Canadian Tire store in Williamsburg where he worked for more than 28 years until his retirement in October of 1984.

Following his retirement he became the cook and housekeeper because Muriel was still working. He was an avid euchre player, He loved to go out for Chinese dinners and he enjoyed dancing. His favourite TV show was The Price is Right. He will be fondly remembered as a quiet man who was extremely dedicated to his wife and family.

Doug is survived by his loving wife of almost 70 years, Muriel Gow (nee Wells) and his children Glenna (Ray) Eldridge of St. Catharines and Dalton (Nelda) Gow of Morrisburg. He was a loving poppie to Debbie (John) Maheu, Cathy (Kevin) McCabe, Darryl (Sharon) Gow, Denzil (Inga) Gow and great-grandpa to Tasha and Tanya Maheu, Douglas and Julia McCabe, Steven and Samantha Gow, and Erika and Rowan Gow. He was predeceased by sisters Maud McMillan, Blanch Gallinger, Gladys Gow, brothers James, William, George, Mahlon, Stanley, Duane, and an infant sister. He is survived by his brother-in-law Donnie (Ellyn) Wells of RR#1 Williamsburg, and many nieces and nephews.

Friends called at the Marsden and McLaughlin Funeral Home in Williamsburg on Mon., March 2 from 2 to 4 and 7 to 9 pm, and Tues., March 3 from 10 am until time of service held at the funeral home with Rev. Elaine Beattie officiating, followed by cremation. The pallbearers were Douglas McCabe, Julia McCabe, Tasha Maheu, Tanya Maheu, Steven Gow, Samantha Gow, Denzil Gow, and Darryl Gow. The honourary pallbearers were Ed Hanson, Keith Shaver, and Carl Robinson.

Donations to Williamsburg United Church, Dundas County Hospice or New Union Cemetery would be appreciated by the family.

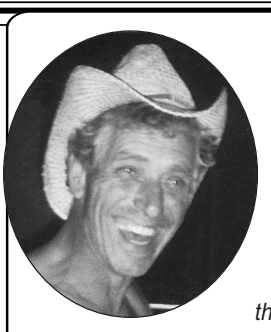
In Memoriam

LAMOUREUX

In loving memory of our dear son and brother, Jeff who passed away March 16, 2007.

He has gone across the river,
To the shore of evergreen,
And we long to see his dear face,
But the river flows between.
Someday, sometime we shall see,
The face we loved so well.
Someday we'll clasp his hand,
And never say farewell.
Until that day,
May you always walk in sunshine,
And God's love around you flow,
For the happiness you gave us,
No one will ever know.

Always in our thoughts,
Forever in our hearts
Daniel, Freda and Denis



IN MEMORIAM

Spruit, Neil

In loving memory of an awesome son and brother, who passed away on March 9, 2008.

The Broken Chain
We did not know that day,
that God would call your name.
In life we loved you dearly, in death we do the same.
It broke our hearts to lose you, you did not go alone;
For part of us went with you, the day God called you home.
You left us peaceful memories, your love is still our guide;
And though we cannot see you, you are always at our side.
Our family chain is broken, and nothing seems the same;
But as God calls us one by one, the chain will link again.

Sadly missed and always remembered
by your family

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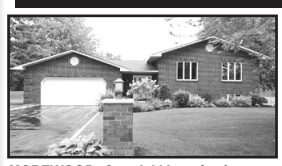

MOREWOOD: Over 3,000 sq. ft. of beautiful living space on a fenced 1/2-acre lot. This all-brick home shines from its huge eat-in oak kitchen with built-in appliances to the formal dining area, 3 large bedrooms, and 3 bathrooms. Features an extra-large rec room with gas fireplace, oversized double garage, Don't miss this quality built and maintained home with a school park next door! **$269,900**



RURAL MOREWOOD: Country home with privacy on this 51+ acre farm/hobby farm - crop or rent out the land or cultivate it to feed your animals. A great spot down a long lane to this 4-bedroom, 3-bath home surrounded by fields. Antique style cookstove adds warmth and charm to the country size oak kitchen. Big main-floor family room plus dining and living rooms provide a warm welcome home. Great layout for inlaw suite. **$329,900**



WINCHESTER: This breathtaking home awaits, the last home on a quiet cul-de-sac with fields beyond. A spacious, south-facing rear yard with inground pool, interlock, patio an deck welcomes you outside while the inside is bathed in light through the many large windows. Over 2,450 sq. ft. + 2 basements provide ample room for even the largest families. Hardwood, tile and new carpeting are immaculate throughout. So many good things. **$294,900**



CHESTERVILLE: Your new home awaits on a quiet cul-de-sac. This custom built 2007 home shines with superior quality. Features 3 bedrooms, 2 bathw, birch hardwood, tile and carpet floors, main-floor laundry, a formal dining area, a huge finished basement with rec room and a large deck to enjoy the quiet backyard. Includes a garage, central air andappliances. A true turn key move. $**246,500**



INKERMAN/MOUNTAIN: Dreaming of country quiet? You've found it in this 9-acre hobby farm. Features a beautiful 4-bedroom 'stone' block home with gleaming hardwood, large living areas with high and tin ceilings, a beautiful south-facing sun room, 2-car garage, insulated workshop, a large barn and outbuildings, 2 ponds, fenced-in 2 and 3-acre corrals and a large deck overlooking the fields. **$299,900**



RURAL RUSSELL: Country living on 2+ acres awaits, just 25 minutes to Ottawa. This charming 3+2-bedroom, 2.5-bathroom cedar-sided house sits pretty with a hedged yard, many mature trees, zen garden, a good barn (72x36) with a bright loft and great 2 storey schoolhouse style building (32x16). Opportunity awaits with zoning that allows for bed and breakfast, antique store and more. **$279,900**

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WINCHESTER 20 ACRES listed at $500,000



RURAL FINCH listed at $179,900



RURAL MOUNTAIN listed at $179,900



WINCHESTER listed at $194,900

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WINCHESTER BUILDING LOT $39,900
WINCHESTER SUBDIVISION LOTS $39,900-49,900
6-ACRE BUILDING LOT, RURAL MOUNTAIN $59,900
1-ACRE INKERMAN BUILDING LOT $39,900
1/2 ACRE IN MOREWOOD $23,000
.4-ACRE CHESTERVILLE BUILDING LOT $29,900
9-ACRE RURAL FINCH BUILDING LOT $44,500
3/4-ACRE WATERFRONT LOT NEAR MORRISBURG $94,900
1.5-ACRE RURAL WILLIAMSBURG BUILDING LOT $24,900

RECREATION LAND
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