THE CHESTERVILLE
RECORD

CNA BLUE RIBBON AWARD 1988

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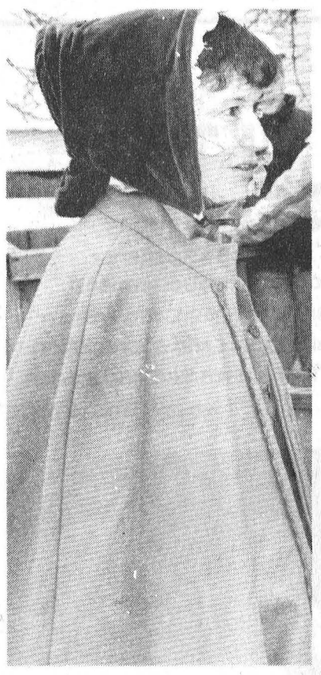
This week



Time warp

Elma students experience different Christmas ...Page 13

Newsbriefs

More collisions

LONG SAULT - The number of collisions involving deer and moter vehicles in the Long Sault OPP patrol area now stands at 11 since Sept. 14. OPP continue to warn motorists to be on the lookout for deer after three more collisions involving the animals over the past week. OPP Const. Bernie Gadbois said there were two collisions involving deer on Highway 2 near Ingleside and there was one collision on Highway 138. No one was injured in the collision. One person was injured in a collision involving a deer on Highway 43 between Monkland and Avonmore Nov. 14.

Engineering

CORNWALL - If you are searching for career possibilities, you will want to explore the benefits of being part of an engineering team at a Careers in Mechanical Engineering Technology course at St. Lawrence College Thursday, 10 a.m. at the Aultsville Hall Theatre. An aerospace and mechanical engineer from Carleton University will explain what mechanical engineering is about, using the designing, building and manufacturing of a jet engine as an example. The need for mechanical engineers in the area will also be examined.

Got your card?

TORONTO - Ontario residents who have not registered for their new health card yet should apply now, according to the province's ministry of health. In the spring, registration forms were distributed to every address in Ontario and additional forms are available at the local post office, Ministry of Health office, doctor's office or hospital. After January, 1991, all Ontario residents will be asked to present their new health card for services. For further information

Unknown vandals

CHESTERVILLE - An unknown vandal threw rocks at vehicles parked at Car-O-Line Auto's Thursday night causing minor damage to three vehicles. Winchester OPP Sgt. Jim Irvine said the rocks damaged the paint and created minor dents on two cars and damaged the windows of a third. The police don't have any suspects, but are looking for witnesses of the vandalism. "We're keeping our eyes peeled," Irvine said.

Hydro rates up

CHESTERVILLE - Residents are in for a hefty 8.8 per cent increase in hydro rates effective Jan. 1, 1991. The new rates were approved at a council meeting Wednesday night. Reeve Jim Cook said the increase was unfortunate but necessary because the village, which gets its electricity from Hydro Ontario, has to pass on Hydro Ontario's latest increase of 8.7 per cent increase. For the average homeowner whose home is electrically heated, the cost of hydro will go up $130 a year. But Cook warns the increase does not include the proposed seven per cent Goods and Services Tax, otherwise known as the GST, which may be in force by Jan 1, 1991.

Protection needed

DCAMR workers vent their fears after client breaks woman's nose

Greg Kielec
Record Staff

MORRISBURG - Violent clients have workers fearing for their safety at a group home for the mentally handicapped in Dundas County.

Steve Backs, union representative for workers with the Dundas County Association for the Mentally Retarded, said Monday violent incidents involving clients have workers looking for ways to increase protection for themselves.

"I certainly don't take it lightly ...because I don't feel I'm paid enough to walk in and be a punching bag for anyone."

Dundas County Association for the Mentally Retarded worker

Fears have increased even more after a female worker had her nose broken in two places by a client during a violent outburst. Judy Stewart, a worker with the DCAMR, needed surgery to correct her nose which was broken by a client one month ago.

The incident is one of at least two altercations involving a worker and client this year. And it is feared there may be more to come if changes are not made to protect workers.

A worker, asked not to be named, said last week she doesn't feel either she or other workers should be abused by clients.

"I certainly don't take it lightly... because I don't feel I'm paid enough to walk in and be a punching bag for anyone," she said, referring to the Stewart incident.

The cause of the violent incidents are "dual- diagnosed" clients, mentally handicapped individuals also suffering from pyschiatric problems. Workers at the association are trained to work with mentally handicapped people, but are not trained to deal with psychiatric problems.

She said nothing can be done to change dual- diagnosed clients, so workers are now looking at ways to improve prevention.

"We can attempt to control it or change it in a way that it's milder, but you have these one or two that won't change. So we are looking at,...if we are going to keep these individuals, how to prevent it."

Workers cannot use restraining force on a client and they cannot administer extra medication or tranquilizers to subdue a violent client.

It is the lack of safety mechanisms to address incidents involving violent clients which has workers worried.

The worker said she has feared for her safety before at work. "Sometimes you do. It's very rare. But yes, the occasion can occur," she said.

Michael Hughes, DCAMR executive director, said the threat of violence is part of the job, something that workers must live with.

"That possibility always exists. It cannot be removed," Hughes said. "The risk of being hit or whatever...exists in some group homes."

But he added: "I don't want to give the impression that it is a violent job because I don't think it is."

" If staff really thought that, I'd really like to know about that and talk over it."

He maintained that "dual-diagnosed" clients can be successfully integrated into group homes and that their condition can be "changed or remedied."

But another worker, who also refused to be named, said group home workers do not have the training to deal with dual-diagnosed clients.

The more manageable dual-diagnosed clients should be sent to a special institution for the mentally handicapped in Smiths Falls. The clients with more severe problems should be sent to a special hospital for dual-diagnosed mentally handicapped people in Toronto. The hospital is the only one in Canada that deals with mentally handicapped persons with psychiatric problems, the worker said.

"They literally tell you they don't like it here, that they want to go back to Smiths Falls. Up in Smiths Falls, they don't have violent tendencies."

And she contested Hughes' claims that violent clients do not pose a problem for the association. "I beg to differ because Michael never worked front line with any of these people."

Workers at the association are concerned about their safety. "I think they're concerned and they're upset," she said.

Rejean Lacroix, union local president, reached last week, said she had just heard of the incident involving Stewart but could not provide any details." She did say she considered the incident serious.

Backs was also unaware of the incident prior to being reached by The Record. But he said violent incidents in group homes is not an isolated problem.

The potential for violence and injury of workers is the same at group homes for the mentally handicapped across the province, he said.

And if action isn't taken either to remove violent clients from group homes

continued on page 5

Weekend fire guts historical church in Moose Creek

Yves Cossette
Record Staff

MOOSE CREEK - An 89-year-old church was in ruins following a fire Saturday night in Moose Creek.

"It was a spectacular blaze. You could certainly see the glow from Maxville," said Rev. Garry van Bruchen, the church's minister who lives in Maxville.

van Bruchen, who rushed to the scene of the fire, described the loss of the Knox Presbyterian Church as a shock.

"When it really hit me was when I drove down the main street of Moose Creek and actually saw it burning. I guess it's just a sense of loss, a sense of grief about it."

"It was a building that held a lot of memories for people because many of the people were baptized and married there," he said.

All that was left of the red brick church which seated 250 people, were some of its brick walls. The inside was gutted.

The congregation of 85 people had recently invested $12,000 to renovate the church.

"The building was in very good shape when fire took hold of it," van Bruchem said.

The congregation may not be able to claim all the damage done to the church, because it was under-insured, he said.

Red Lajeunese, captain of the Moose

continued on page 5



Ross Valiant, an Ottawa area developer, points out some details, to Finch Township Reeve Donald Shane (centre) and Crysler senior John Benoit, of an Eganville seniors complex, similar to one he proposed to Crysler seniors Thursday night.

Record Photo-Kielec

Crysler seniors still looking for apartment

Greg Kielec
Record Staff

CRYSLER - A group of seniors here will go back to the drawing board in its quest for a new seniors home for the hamlet.

The group attended a presentation by Ottawa area builder Ross Valiant Thursday night, hoping the home could be built privately and subsidized by the government.

Their hopes rapidly turned sour when they learned the facility Valiant is proposing is not eligible for government subsidies and that seniors would have to purchase their own units. There will be no rental accommodations.

Valiant said the cost of a unit would be about $70,000. People at the meeting said it is a price many seniors cannot afford, even if they sold their homes.

The proposed complex would include seniors apartments, plus another complex providing various levels of care, ensuring residents could remain at the complex even if they require a high level of care.

Because the complex will include not just seniors' apartments, but an area for extended care, it is not eligible for government funding, Valiant said.

Those at last Thursday's meeting suggested a less expensive complex be built with no facilities for extended care, so that rents could be subsidized by the government for low income tenants.

They also suggested a covered garage for tenants' vehicles is an unnecessary expense and that it not be incorporated into the proposed complex.

Valiant said residents may think certain options are unnecessary but when they are at the complex for five to 10 years, they would be happy options such as a covered garage were kept.

"In the long run, I don't really think you'll be right," Valiant said.

In Eganville, where he is building a complex similar to the one proposed for Crysler, only 14 persons originally committed themselves to the home. Seniors also thought the proposal was too expensive, he said.

But when construction was ready to begin, the number of persons interested in living at the complex increased dramatically.The first survey received commitments from 14 people; when the project was ready to begin, Valiant said 310 applications had been received for the 20 apartment units.

Those attending the meeting, though, felt the extra frills with the complex would drive up the cost.

"We weren't looking for all that stuff," said John Lefebvre. Crysler seniors want just a basic apartment building, not something as extravagant as Valiant is proposing, he said.

Mercedes Godard, member of the five-year-old committee trying to land an apartment for Crysler, agreed the cost is too high for the proposed complex.

"It will be a perfect place for a rich person. The people can't afford that here," said Godard, a former Crysler resident who now lives in a seniors' apartment in St. Albert.

Valiant, however, refused to back down on the proposal. "This is a fairly expensive thing to build," he said, adding if certain options are removed, "you're not really serving the people then."

Lefebvre said seniors will pin their hope on a Dec. 9 meeting in Embrun with a number of provincial government officials to seek provincial funding for an apartment building. Area MPPs Noble Villeneuve and Jean Poirier and federal MP Bob Kilger are expected to attend the Dec. 9 meeting.

Payne Report blames cattle for river pollution

Yves Cossette
Record Staff

BERWICK - The South Nation River Conservation Authority has set up an advisory committee to recommend ways to deal with surface water pollution in the watershed.

The water quality steering committee was formed to amend recommendations put forward in a recently- finished draft report on the study of water quality levels in the Payne River or come up with new ones.

The draft report is based on a three-year study of pollution in the Payne River carried out by SNRCA and the Ontario Ministry of Environment between 1987 and 1989.

The report blames cattle watering in the river or grazing near the river as the cause of most of the fecal bacteria in the river which has exceeded provincial water quality objectives by more than 20 times at some of the 14 sampling stations set up along the Payne River.

The worst pollution was found at stations where cattle were constantly seen in and around the river. The report concludes restricting cattle from any waterway in the South Nation River conservation area would signifcantly reduce the bacteria pollution found in the Payne and other area waterways.

The committee is made up of 10 representatives; from the Ontario Ministry of Agriculture and Food, the Ontario Federation of Agriculture, the Minstry of Environment, the Minstry of Natural Resources, the Ontario Soil and Crop Improvement Association, and SNRCA.

Representatives from the groups met Friday in Berwick to form the new committee.

Eric Apedaile, water quality co-ordinator for SNRCA who prepared the report, told the water advisory board he wants the new committee to comment on his recommendations.

"I've told them what I perceive to be the problem. I want them to decide how to approach it," he said.

In his report, Apedaile recommends SNRCA officials launch a public relations campaign to which would reach all South Nation area communities and farmers to stress the need for quality water and conservation.

He also calls for provincial legislation to enforce the clean-up of the South Nation and its tributaries, like the Payne River, and provincial funding to help farmers carry out the clean-up.

Some area farmer representatives were wary of any proposals to force farmers to comply with water quality guidelines.

Alvin Runnalls, president of the Dundas Federation of Agriculture, said farmers need funding to carry out clean-up measures which would be costly.

In addition to keeping cattle out of the water by putting up fences, SNRCA would like to see farmers move manure piles away from any drains or rivers, improve management of milkhouse waste, install vegetation filters (strips of uncultivated land) near waterways to treat barnyard run-off, and practice conservation tillage.

Apedaile said installing fences to keep cattle away from waterways, conservation tillage and using vegetation filters would be inexpensive for farmers. But he said improved management of milkhouse waste and moving manure piles could be expensive.

Runnalls said the province should help farmers pay between 50 to 60 per cent of the cost to implement the water quality improvement measures called for by the Payne River report.

He noted municipalities get 85 per cent funding to upgrade their sewer and water systems. Why not assist farmers to carry out similar measures, he said.

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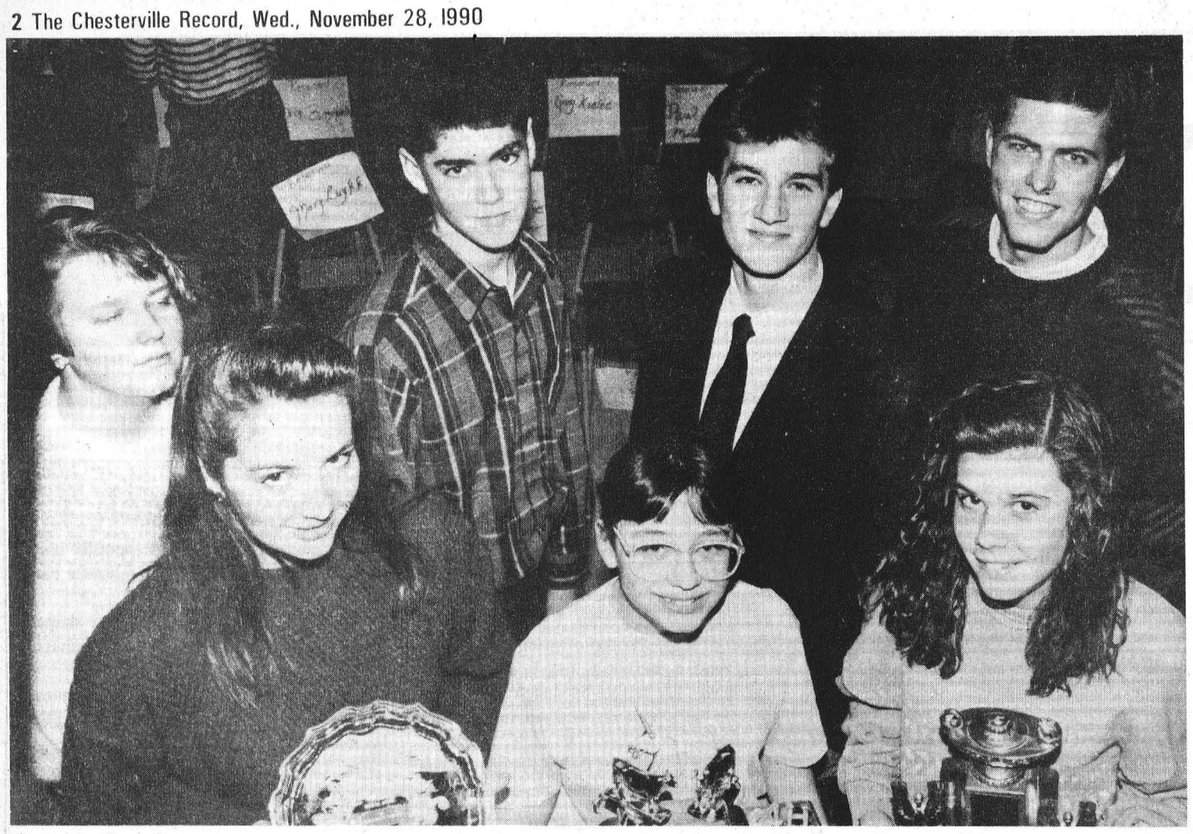
Eric Apedaile



Award winners

Stormont County 4-H members were recognized for their work during the annual awards night at the Roxmore Public School Friday. Pictured l-r are winners of the top county awards, (front) Susan Murray, Royal Bank of Canada Award; Tammy Fortier, F.C. Eligh Trophy; Julie Aube, Peter Manley Trophy. Back, Erica Dittburner, Ottawa Citizen Award; Allister Wood, Eastern Breeders Incorporated Award; Greg Hanna, Ottawa Citizen Award; Doug Robinson, Bank of Montreal Award.

Record Photo-Kielec

Two 4-H members collect $400 each at awards ceremony

Greg Kielec
Record Staff

AVONMORE - There was plenty of silverware handed out at the annual Stormont 4-H awards. But it wasn't the silverware that had most members in suspense.

Members had to wait to the very end of the two- hour program to find out which two 4-H members would take home $400, courtesy of The Ottawa Citizen.

The award is given annually to 4-H members in their last year of high school and planning to further their education, or those already enrolled in a post secondary institution.

Winners of the award, each taking home a $400 cheque and an accompanying plaque, were Erica Dittburner of Moose Creek and Greg Hanna of Finch.

A number of other members took home top awards at the annual awards night at Roxmore Public School.

Winning the F.C. Eligh Trophy, presented in memory of Eligh, a prominent Holstein breeder in the county, went to Tammy Fortier. The award goes to an outstanding 4-H member completing his or her first year in 4-H.

Winning the Peter Manley Trophy for outstanding junior member aged 11 or 12 showing enthusiasm and a keen interest in 4-H was Julie Aube.

The Royal Bank of Canada trophy, presented to an outstanding member who excelled in all areas of the program, went to Susan Murray.

The Eastern Breeders Incorporated Award, given to an outstanding intermediate 4-H member aged 13, went to Allister Wood.

The Bank of Montreal Award, given to an outstanding senior member showing leadership qualities, enthusiasm and active participants, went to Doug Robinson.

Judy Roussel, rural organization specialist for Stormont County and head of the country's 4-H program, said it was a good year for 4-H in the county.

"Overall, it was a fairly good year with the 4-H," she said. Membership was either better or the same as last year and a good portion of its leaders have stayed on.

She also was pleased with how well the awards program went Friday night. The event was organized mainly by the 4-H youth council, which did its best to trim the length of the ceremony to help it flow more smooth.

"We were trying to do that, keep it running right on time," she said.

Complete results of the 4-H awards were not available by press time.

Stormont County 4-H

A CANADA SALUTE

All across the nation, the dedicated young members of 4-H are making a difference. Through group projects and 'hands on' experience, they're shown how to get things done for the betterment of the community, and the nation, and we're proud to offer our support and appreciation.
To 4-H members and leaders, we say, "You're tops!"





Dan Karon of The Ottawa Citizen, presents awards to Greg Hanna and Eric Dittburner. The two were awarded a $400 cheque and plaque at Friday's Stormont 4-H achievement night.

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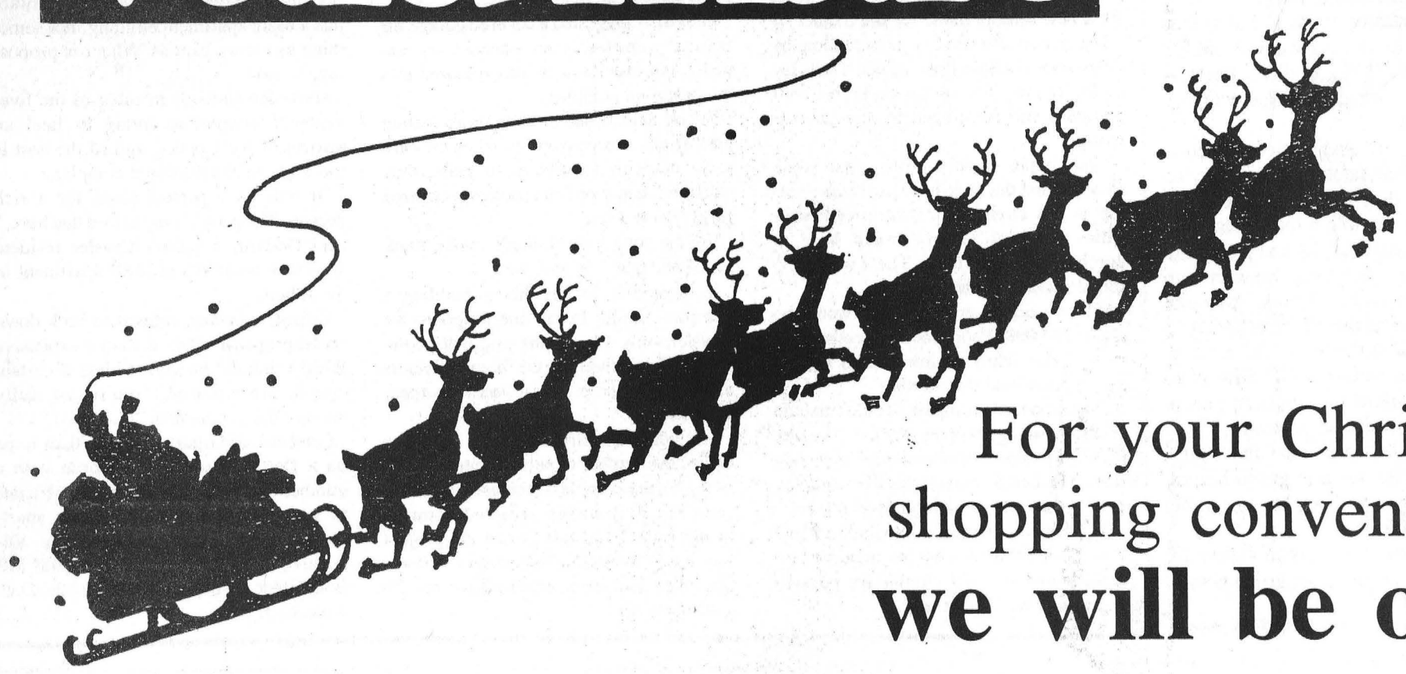

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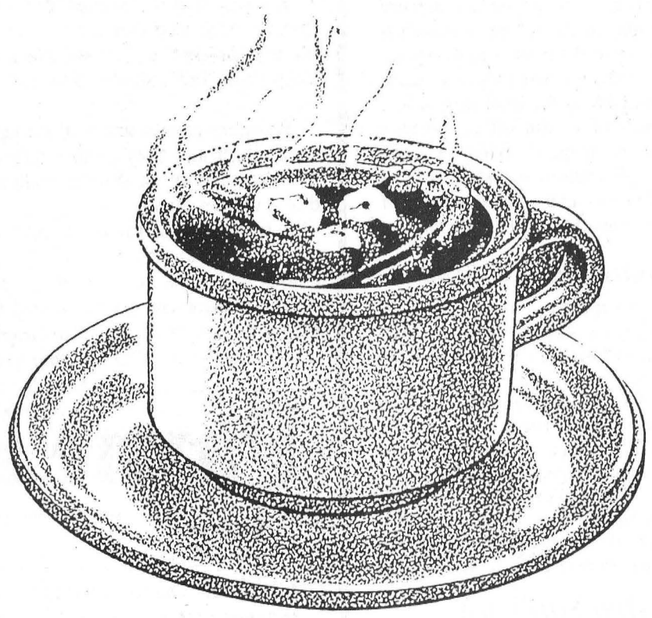

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Obituaries

Edison Fawcett

Funeral service was held Monday, Nov. 26, 1990 for Edison (Ed) Fawcett.

A Winchester resident and retired building inspector, he died Nov. 23, 1990 at Winchester District Memorial Hospital at the age of 69.

He was born July 5, 1921, in Winchester, the son of the late Fred Fawcett and the late Ida Watson. He spent his past nine years in Burlington before returning to Winchester.

He is survived by his wife, Alice (nee Brown) Fawcett. He was dear father of John Fawcett and Dianna (Mrs. John Hoskins) of Vancouver, Wayne Fawcett of Scotland, Ont., Mary Ann (Mrs. John Gearey) of Sault St. Marie, Roger of Beaton and David of Burlington.

He was the brother of Lyle of Winchester, and Roma McLean of Chesterville, and he is fondly remembered by his 13 grandchildren.

He is predeceased by his brother, Lloyd.

Funeral was held at J.R. Vice Funeral Home in Winchester, with Rev. Ian Johnston officiating. Interment was at Maple Ridge Cemetery.

Pallbearers were Duncan Levere, Len Stelk, Alfred Baker, Dwight Hutt, Lorne Green and Bill Tripp.

James M. Armstrong

Funeral service was held Nov. 22, 1990 for James M. Armstrong.

A retired farmer and RR4 Winchester resident, he died Nov. 19, 1990 at Winchester District Memorial Hospital at the age of 78.

He was born Feb. 25, 1912 in Hammond, Ont., the son of John Armstrong and Alice Woods.

He was husband of Inez Florence Franklin, who survives, dear father of Earl Armstrong and Erva (Mrs. Ronald Durant) of RR4 Winchester, dear brother of Reuben of RR1 Winchester and Mabel Perrault of Beaverton.

He is fondly remembered by grandchildren Kimberley, Christopher, Robert, Terri and James, and great-grandchildren Ashley and Matthew.

He is predeceased by brother Harvey.

Funeral was held at J.R. Vice Funeral Home and Chapel in Winchester with George Poole and John Gravelle officiating. Interment was at Maple Ridge Cemetery.

Pallbearers were Ernie Fling, Tommy Douglas, Harvey Armstrong, Harold Armstrong, Alex Scott and Ivan Armstrong.

Cora 'Beatrice' Merkley

Cora "Beatrice" Merkley of Brockville, died Nov. 20, 1990 at St. Lawrence Lodge.

A retired Bell Telephone operator, she died at the lodge after a short illness.

She was the dear sister of Velma Senn of Chesterville, and Dick Merkley of Bowmanville, and is fondly remembered by many nieces and nephews.

She is predeceased by her parents, Angus E. Merkley and Christie A. Sorrell, brothers, Cecil and Kenneth, and sisters Nina McGrath, Marguerite Riddell and Minnie Strader.

Funeral was held Nov. 22, 1990 at J.R. Vice Funeral Home in Chesterville, with Rev. Roy Harwood officiating. Interment was at Maple Ridge Cemetery.

Pallbearers were Ronnie Merkley, Jack Cross, Stan David and James Daniels.

Lyman Robert Crawford

Funeral service was held Oct. 28, 1990 for Lyman Robert Crawford.

A retired farmer and lifelong Monkland resident, he died Oct. 25, 1990 at Cornwall General Hospital.

He was born Dec. 23, 1921 at Gravel Hill, the son of the late Matthew Crawford and the late Jennie McEwen. He married his wife, Dorothy Ferguson, who survives, in 1946 at Strathmore.

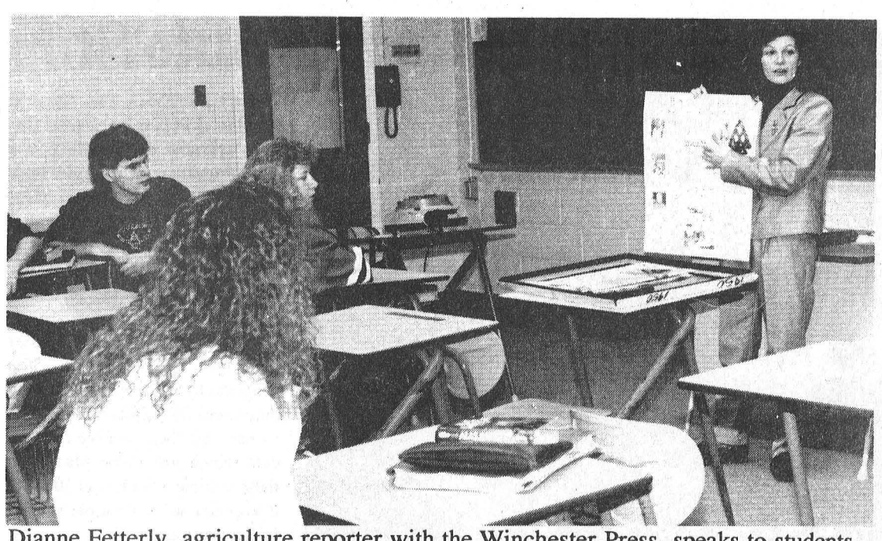
He is survived by one son, Barry Crawford and his wife Lori; three grandsons: Derek, Bradley and Ryan Crawford; one brother, Ewen Crawford of Ottawa; and several nieces and nephews.

He is predeceased by one daughter, Joan; two brothers: Albert and Duncan; two sisters: Bernice Crawford and Isobel Quinney.

He was a member of the Avonmore Masonic Lodge No. 452, Avonmore LOL 3217, and was a member of St. James Presbyterian Church at Gravel Hill.

Funeral was held at St. James Presbyterian Church Oct. 28, 1990 with Rev. Jeffrey E. Smith officiating. Interment was at Gravel Hill Cemetery.

Pallbearers were George Ferguson, Bruce Grant, Michael Jackson, Conrad Miller, Lyle Ferguson and Bruce Quinney.



Dianne Fetterly, agriculture reporter with the Winchester Press, speaks to students during North Dundas District High School's annual career day.

NDDHS students are shown career options

MAPLE RIDGE-- Armed Forces service, women in non-traditional jobs, police work, skilled trades, and child care professions-- all career options for 1990's high school students.

At North Dundas District High School last week students got a chance to weigh the options for themselves. Invited guests discussed the "nuts and bolts" of their chosen occupations, fielding questions in career seminars throughout the Week.

According to guidance counselor Fran Kelly, Career Week is geared to inform Grades 11 and 12 students about the "real" world of employment, to help them make the choices that will influence the rest of their lives.

"In past years, it's been a big event with all the presentations on one day," Kelly says. But this year, because of a large career fair planned by the SD&G Board of Education in the Spring, NDDHS decided to organize a smaller scale week with just one presentation a day.

In addition, individual teachers invited guest speakers into their classrooms throughout the Week. In one case, Mary Taylor's Grade 12 English class heard Dianne Fetterly, *Press*reporter, discuss her work of writing agriculture news for a weekly newspaper.

Fetterly says there are a number of careers that are related to agriculture. "There's horticulture, the processing industry, and sales," she points out, although agricultural reporting is a limited field.

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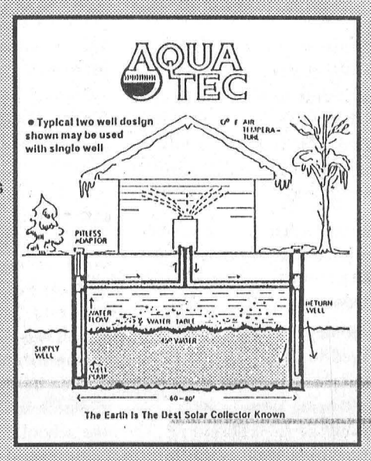

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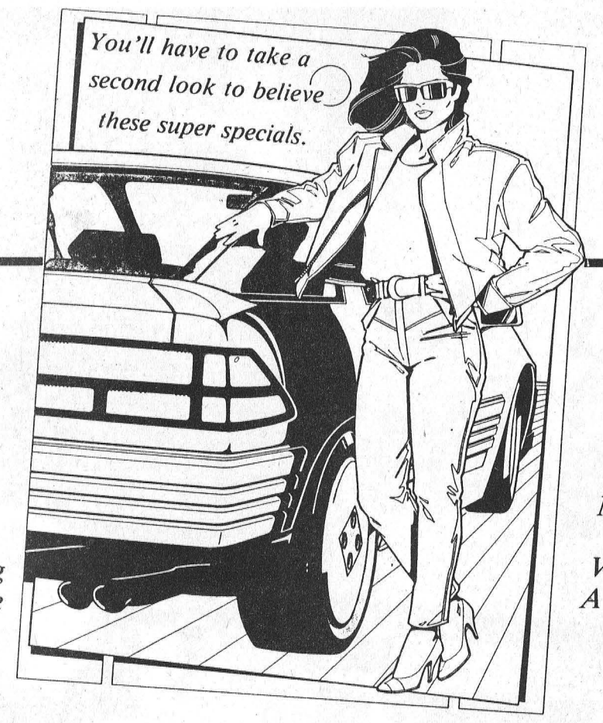
Daily – 10-12; 2-5; 6:30-8:30
TO DECEMBER 24TH

SAVINGS & VALUES ALL THIS WEEK



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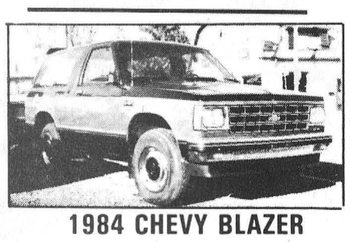

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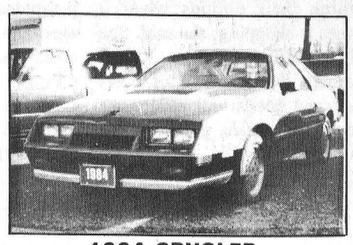

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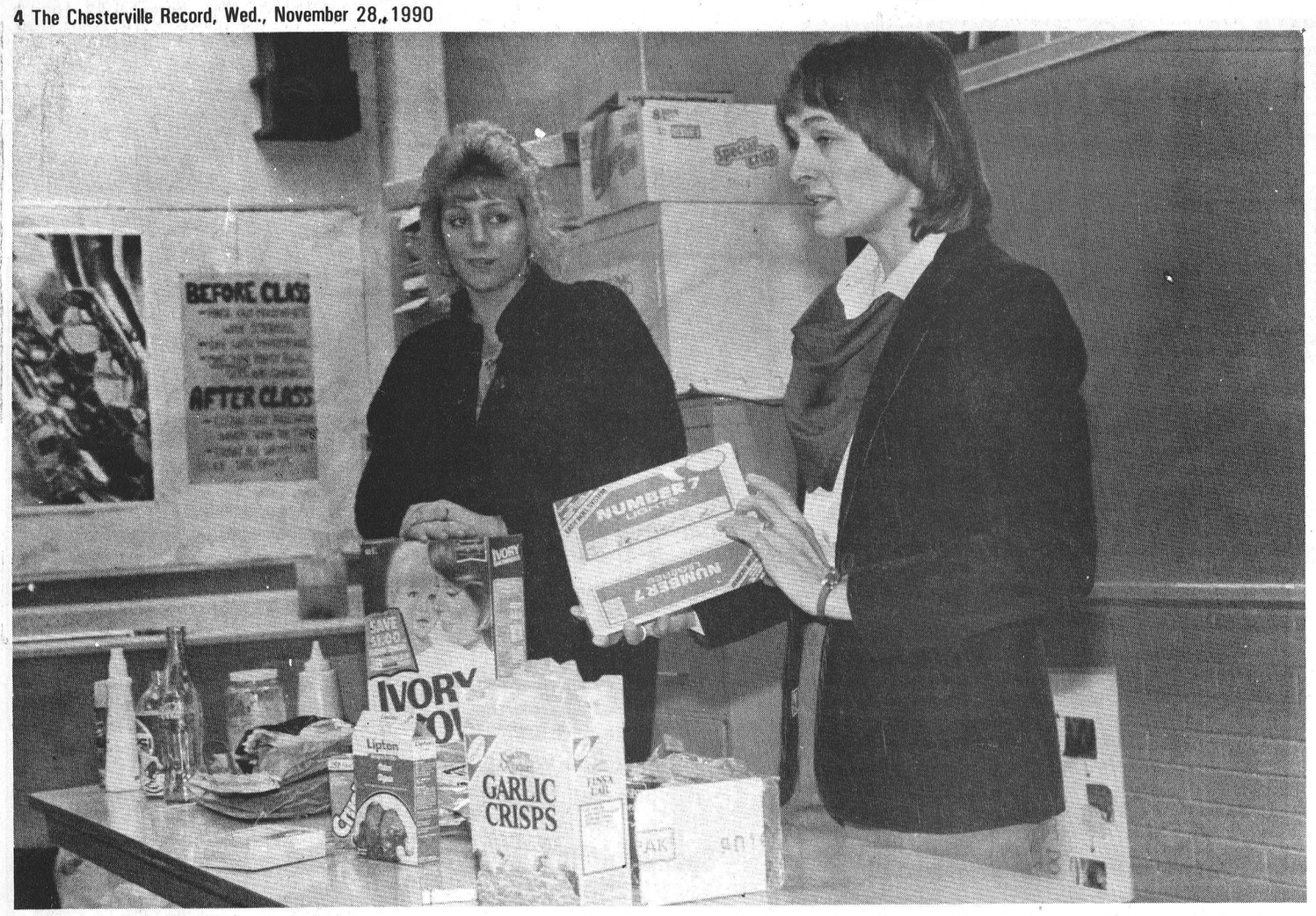


Overpackaged
Terri Peters, left, and Claire Theijsmeijer, right, of the Dundas Environmental Awareness Group, show students at Maple Ridge Senior Public School some examples of overpackaging. The two recycling advocates were at the school for a day- long seminar on packaging, Wednesday.

Students learn the 3Rs of the 90s

Yves Cossette
Record Staff

CHESTERVILLE - A packaging seminar at Maple Ridge Senior Public School was brought to the students by the letter R, Wednesday.

It was R for reducing. It was R for reusing. It was R for recycling.

Clair Theijsmeijer, of the Dundas Environmental Awareness Group (DEAG), introduced a fourth R-word, rethinking, to launch into her packaging seminar.

Children and adults have to rethink their options when it comes to shopping, she said. She told students at Maple Ridge, avoiding the purchase of overpackaged goods will reduce the amount of waste going to the dump.

Theijsmeijer, and a colleague, Terri Peters, were touring seven Dundas County Schools last week to highlight Recycling Week, a province-wide campaign organized by the Ministry of Environment to promote waste reduction through practicing recycling, reusing and reducing techniques.

On Wednesday, Theijsmeijer and Peters spent the entire school day at Maple Ridge Senior Public presenting their seminar to each class. Students were encouraged to bring in samples of overpackaging.

Theijsmeijer then explained to the students why it was overpackaged and what they could do to avoid purchasing overpackaged products.

"You don't buy it," she said. "You can talk to the storeowners and ask them for alternatives."

One class chose a batch of small juice containers made of cardboard and foil and wrapped in plastic as the best example of overpackaging. Theijsmeijer told the students the combination of material used to package the juice made it impossible to recycle the containers.

To avoid overpackaging, she suggested people buy food or drugs in bulk. Consumers can bring their own containers to the store and buy a measured amount of food or drugs, she said.

The DEAG last month approached Dundas County municipalities to endorse their proposal for tax on disposable dishes and utensils. On Wednesday Theijsmeijer also advocated introducing legislation against overpackaging.

She also encouraged students to take their own initiative in waste-management.

"We are responsible, everyone of us. We can't sit around for our governments to do it for us. We have to rethink the way we live," she said. "We have to start thinking in recycling ways, instead of throwing away."

Maple Ridge students were given a handful of general waste-management tips by Theijsmeijer.

At home, students were encouraged to turn off appliances, televisions, radios and lights that weren't being used to help save electricity.

Composting was suggested as means to get rid of food leftovers. Theijsmeijer said students could even build their own composting device and use the decomposed food as a soil fertilizer.

She also told students to go out and explore nature to get a better appreciation for the environment and to understand the need to protect it.

Wyman Barton, Maple Ridge Senior Public School principal praised the seminar given by the DEAG.

"I like(d) her comments for composting," he said.

The DEAG representatives were invited to Maple Ridge Senior Public School by the school's Environmental Club which was started by the school's vice-principal Peter MacGregor earlier this year to promote the protection of the environment at the school.

Students at the school have been recycling fine paper since October and have been recycling soft drink cans since the previous school year.

But Barton said the school isn't going to stop at that.

"There is lots of room for improvement," he said.

Auto Stop program now in effect

WINCHESTER - The Ontario Provincial Police in eastern Ontario are now participating in a new program entitled Auto Stop.

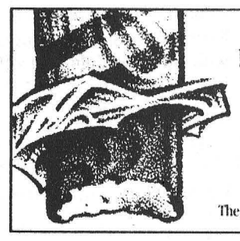
The Auto Stop program gives permission to the police to stop and check vehicles registered in the program that are being operated between the hours of midnight and 6 a.m.

Vehicle owners may register their vehicles in the Auto Stop program by completing a form at their local OPP Detachment. The owner will then receive two decals which are to be placed on their vehicle which will identify it to police as being a participant in the program.

The program was first initiated in New York City in an effort to reduce the crime of auto theft. Statistics from the New York City Police indicated that of the more than 21,000 vehicles registered only 21 have been stolen and that vehicles which are not enrolled in the program are forty times more likely to be stolen.

In the Ottawa-Carleton region, 1,792 vehicles were stolen in 1988, of which 1,216 were not recovered. In 1989 1,972 vehicles were stolen with 1,355 not recovered and of those recovered many are not in the same condition as when they were taken.

The Auto Stop program assists in identifying and recovery of abandoned vehicles and in discouraging the theft of motor vehicles. The participating eastern Ontario forces are the O.P.P., Gloucester P.F., Ottawa P.F., Nepean P.F., Gatineau Metro P.F., and the R.C.M.P.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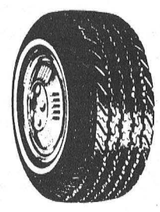
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P185/80R13	SL	14	PW0.50	0-015-504	110.02	74.95
P185/75R14	SL	14	PW0.63	0-069-876	116.29	72.27
P195/75R14	SL	14	PW0.63	0-069-914	120.36	74.20
P205/75R14	SL	14	PW0.63	0-069-892	125.33	76.64
P205/75R15	SL	14	PW0.75	0-069-906	130.78	79.11
P215/75R15	SL	14	PW0.75	0-012-394	137.02	85.78
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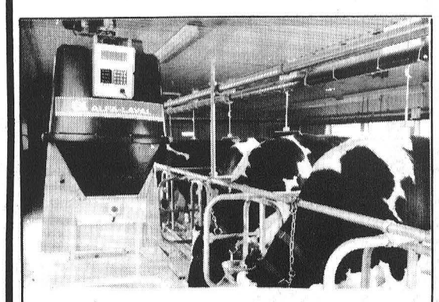

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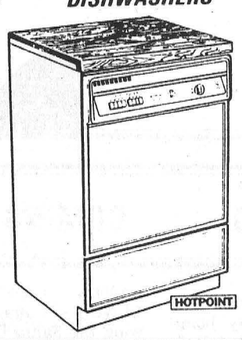

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Protection:
from page one

or to give workers broader powers to deal with violent clients, someone may be seriously injured. Other options include increased staffing and increased training.

He said the situation is similar, although not as severe, as problems with the province's halfway houses for prison convicts before a worker was killed by a resident about two years ago.

"Is it going to take something like that...case to bring it to a head? I don't know."

The one comfort the DCAMR has is that it is not the only association facing the problem of violent clients and workers ill-equipped to handle them. "It's a widespread problem," he said.

Associations for the mentally retarded across the province are trying to address the issue. A special committee has been formed to come up with suggestions to alleviate the crisis, but more co- ordination between the different associations is needed for the committee to be effective, Backs said.

The committee is also faced with the difficult task of convincing the province the problem is serious enough to warrant government action.

The association, unsuccessful with the provincial Liberal government, turned to the NDP for support prior to the September provincial election. They are hoping the NDP support they garnered is still with the party now that it is in power.

Backs said it is the lack of power workers have to deal with violent clients which puts them in danger.

When a client does have a violent outburst, workers at group homes, many of them female, have littled defense. They can only hope the outburst will end safely, that they themselves will not become the victim.

"If you're all alone with a group of seven or eight male clients and one of them happens to act up, especially if you're a female, you're fairly vulnerable and you don't have much protection," Backs said.

"It makes it very difficult and some of these people are very unpredictable and you never know how far they're going to go."

Hughes said $12 million has been promised by the province to deal with the dual-diagnosed clients problem. But workers will be forced to tough it out until the funding arrives and preventive measures are taken.

"It's on its way, but it's not here yet," he said.

Weekend fire: from page one

Creek Fire Department, said firefighters from Moose Creek responded to the fire around 6 p.m. Saturday. With help from neighboring fire departments in Avonmore and Maxville, they were able to put out the blaze by midnight.

"It started in the basement and was full of smoke when we got there," he said. "For a while it was burning quite a bit."

Lajeunese doubted arson or the church's furnace, which was shut off at the time, were the cause of the fire. The cause might have been electrical, he said.

Moose Creek's Presbyterian congregation is undaunted by the loss of the church. The entire congregation attended a service on Sunday at another location.

Plans are already being considered for a new church, which will require careful planning, van Bruchem said. But it's unlikely it will be built over the winter.

Until a new church is built, Moose Creek's Presbyterian Congregation has the option of meeting at the United Church in Moose Creek, which has extended an invitation to the Presbyterian congregation, or at Moose Creek's community hall, he said.

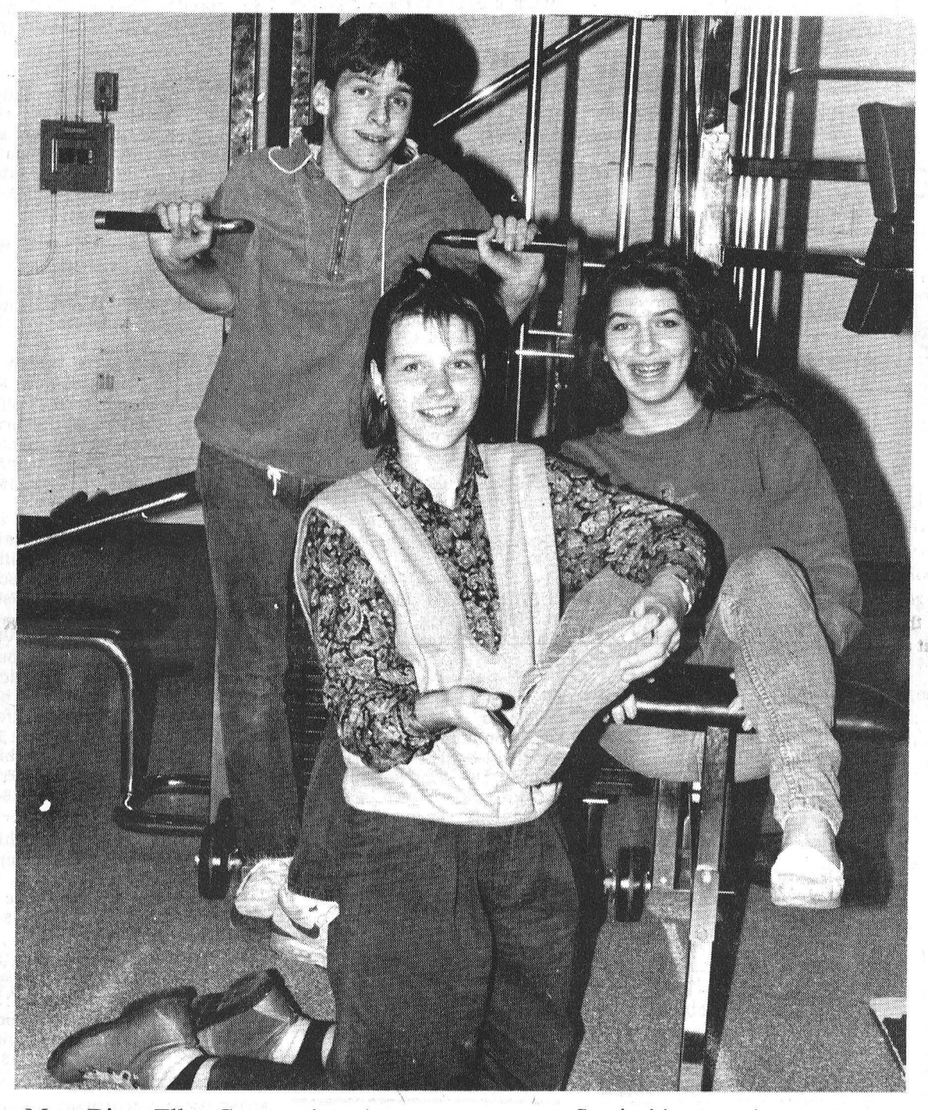
Payne report:
from page one

One farmer challenged the validity of the draft report's recommendations which blames farm animals for the pollution in the Payne.

Walter Matthie, an Augusta Township dairy farmer, said wild animals and sewage from private homes also contribute to water pollution.

But Denis Perrault, chairman of the SNRCA water advisory board defended the study's findings. He said the Payne River was specifically chosen for the study because the run off from nearby land was almost entirely from agricultural land as there are no industries and few private homes along the Payne.

Apedaile said he hopes the members of the water quality steering committee will submit their comments and recommendations on how to address water pollution in the South Nation and its tributaries so he can finalize the Payne River report by March 1991.



Marc Dion, Ellen Constapel, and Gennie Robertson show they've got the "right stuff" including a natural tendency for clowning around in front of the camera. See inside story for details on these NDDHS students' television premiere.

NDDH students star in CJOH-TV Yuletide special

MAPLE RIDGE-- For a teenager dreaming of a career in show business what better Christmas gift than to perform on T.V. with celebrity co-stars.

That's exactly what happened recently when three North Dundas District High School students were chosen to appear on CJOH-TV in the Yuletide special "Christmas in the Valley" to be aired Dec. 17 at 8pm.

Ellen Constapel, 16, Marc Dion, 15, and Gennie Robertson, 16, had just finished pre-taping the 60-minute program with Max Keeping and Wayne Rostad last Sunday and stars were still clearly visible in their eyes.

What was it like to work with such big-name people?

"Wayne Rostad was really nice," beams Gennie.

"And Max (Keeping) took us out to lunch," says blonde 11th grader Ellen. "Everybody called everybody by first-names--Max, Wayne..," she laughs. "Not like high school at all!"

The three are in the Grade 11 drama class taught by Terry Green, himself a former actor. Green's wife, Caroline Green, is a producer at CJOH-TV and when they were casting the parts, they looked among North Dundas drama students.

"We're all fairly tall and they were looking for tall people," explains a somewhat shy Marc, who danced with Colleen Peters in a segment featuring "Rock around the Christmas tree".

Their parts weren't complicated, lip-syncing the words to songs and performing simple choreography.

"Most of the time we sat around in thick make-up," comments Marc, and scenes were repeated and edited until everything was perfect.

"Yeah, the director kept saying, now Gennie, we're going to this until it's spontaneous!" adds brown- eyed Gennie.

Besides the thrill of performing in front of the cameras, these aspiring youngsters got a good taste of what goes into making a T.V. show.

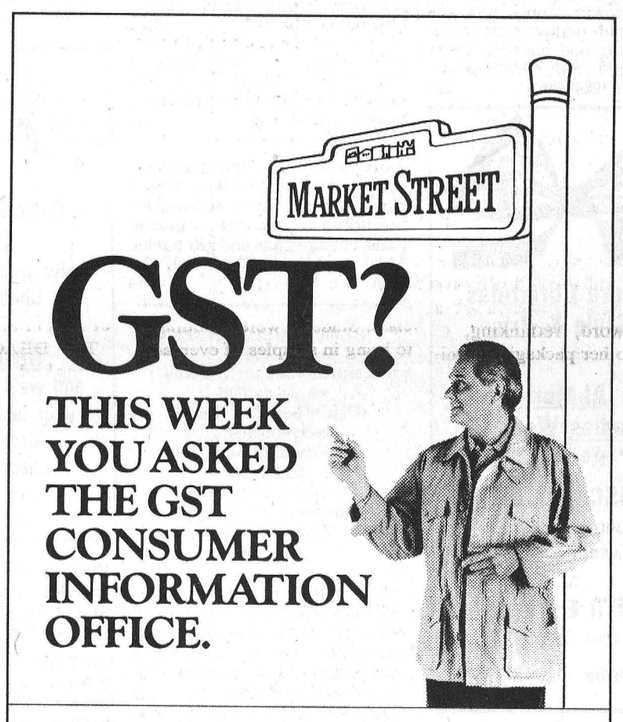
Marc points out the hour-long show took a professional crew three days to get the program together. "The lighting was a big factor, getting all the shadows out," he says.

Ellen says the experience gave her a better idea of drama as a career, and she confirms, "I'd like to be a director or actress."

Gennie says that's where she's headed and she's been decided about it for a long time: "Since I was a little girl all I can remember is watching T.V. and wanting to be an actress."

Her plans are already mapped out. "I'm going to get an agent in Ottawa," declares one determined young woman, "and then when I graduate I'm going to L.A."

Marc adds modestly, "I'll go to college and maybe I'll be a drama teacher."



Q: I'm thinking of buying a new car in 1991. How will the proposed GST affect prices?

A: The outgoing Federal Sales Tax (FST) is now part of the price of new cars. So, while they will be fully taxed at 7% in 1991, the expected effect of replacing the FST with the GST on the average $22,000 mid-size car is a reduction of around $850.

Q: My son has figured out it will cost $500 in lumber to build a dock at our cottage if he bought it now. How much will that lumber cost with the proposed GST?

A: You can expect to pay about $512 for that same amount of lumber for personal use based solely on the changeover from the FST to the GST.

Q: I know the proposed GST won't apply to city bus fares but I take the commuter train to work. Will I have to pay GST?

A: No. Daily commuter trains are considered a municipal transit service, so fares are exempt from GST.

We're here to answer your questions about how the GST will affect prices. Call us toll-free Monday to Friday 9am-9pm. Ask for your free copy of the "Consumer's Guide to the GST and Prices."

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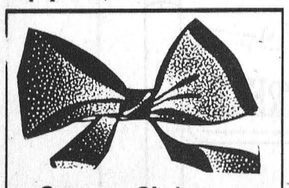

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St. Lawrence St.
Winchester — 774-5659

FOR SALE — Panasonic and Emerson VCR's as low as $349.95 plus 52 free movie rentals. Paul Stewart Electronics. 543-2236; 543-2745 or 448-3415. 4tf

FOR SALE — Panansonic 4 head V.C.R., 6 months old. Excellent condition. Price $400. Phone 448-2881. 14stf

FOR SALE — Vantage electric guitar and Pevey Rage 108 amplifier. Only 6 months old. Excellent condition. Price $550. Phone 448-2881. 14stf

WHY PAY MORE? — Plywood ½: 9.75; ⅝: 11.79. Aspenite sevent-sixteenths: 4.79; ⅝: 6.49; 2x4x8: 1.05; 2x8x12: 3.29; 2x10x14: 5.49. Styrofoam ⅞: 5.25; 1½: 6.75. White melolite ½: 7.95; ⅝: 8.95. Melamine 1'': 9.95. Imperfect presswood ⅝: 1.99. Paneling: 4.95. Asphalt shingles: 6.99. Gyproc: 3.99. Insulation R12x15: 18.95; R20x24: 27.95. ''Cash Sale''. We deliver everywhere$$. Materiaux a bas prix Masson: 1-819-986-5720. 16-2

CASH PAID — For old costume jewellery, watches, rings, old pictures, pink depression glass, tin toys, oil paintings; sterling silver items. 445-3884. 15

TIGHT BUDGET?
POOR CREDIT?
Student, pensioners or bankrupt. Re-establish your credit with a low credit plan. Quality certified cars and pickup trucks. Car-O-Line Autos. 448-2488. 14tfc

FOR SALE — Round bales of hay; 3 pt.-h plows, 2, 3 & 4 furrow; 1 set of antique platform scales. Call 346-2382. 15

FOR SALE — Indisposables, cotton fitted diaper with velcro closures. Full line of accessories including overpants, nursing pads, change pads and gift packs. Ideal stocking stuffers. Call 821-4560 15

ELECTROLUX SALES & SERVICE
Central Vacuum Systems as low as $599.
(Power head, 30' hose & accessories).
Free Estimate
We Install
Canister Vacuums
Free delivery on all Supplies
Mitchell Cassell
543-2140
15-4

AT LOW PRICES — Plywood ½: 9.75; ⅝: 11.79. Aspenite seven-sixteenths: 4.69; ⅝: 6.50; 2x4x8: 1.05; 2x8x12: 3.48; 2x10x14: 3.95. Styrofoam ⅞: 5.25; 1½: 6.75. White melolite ½: 6.95; ⅝: 8.95. Imperfect Presswood ⅝: 1.99. Panelling: 4.95. Asphalt Shingles: 6.99. Insulation R12x15: 18.95; R20x24: 27.95. ''Cash Sale''. We deliver everywhere. $$$. Materiaux a bas Prix Masson 1-819-986-5720. 15-2

FOR SALE — 1985 Crysler 5th Avenue, excellent condition, 1 driver, certified. Phone 538-2272 after 6pm. 16-2

CHRISTMAS TREES — Scotch Pine and Spruce, corner of College and Mary St. Will deliver. Starting Dec. 1, 1990. Phone 448-3307. 16

FOR SALE — Large fresh brown eggs. $1 per dozen. Phone 984-2793. 15

BABY BLOOMERS & BIBS — Environmentally Friendly 100 Per Cent Cotton Diapers & Bibs. 60 Main St., Avonmore, Ont. Deborah Konink. 613-346-2683. 14tf

THE BROOKSLYN
A WALL FULL OF CHRISTMAS
See our new display with everything from coffee mugs to hand towels for Christmas.
Christmas ornaments of Pewter, Wood, Plastic and hand-painted porcelain to adorn your tree or give as a gift.
"Remember all Karat Gold in stock is **20%** off till Christmas"
Chesterville — 448-2804



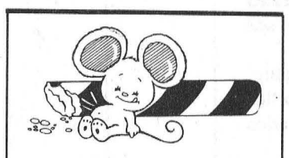
FOR SALE — $65,000. Approx. 2872 sq. ft., spacious two storey home.a gracious old home in Finch, Ontario. Turn of the Century owned by the former ''Countrydoctor''. Rooms are large and spacious. 22 windows affording lots of light. High ceilings. Garden from Sunroom is expansive with cedar hedge. Pine trees both sides of property. For appointment telephone: E.A. (Ted) Lucas, NRS at (613) 722-9622. 16-2

FOR SALE — Blu Ray blueprinting machine. Asking $1,000; steel office desk, 30''x60''. Asking $150; typing table $50; desk chair, green $40; 4 chairs (reception chairs), suitable for family room, etc. $35 each; 2 coffee tables $50 each. Phone 984-2705. Leave message 16

FOR SALE — 1986 Polaris Indy 400, excellent condition. Ask for Don 448-3624 after 6pm. 16

FOR SALE — 20-50 Per Cent Off entire stock of books, antiques, records, collectibles, jewellery, etc. It's our end of season sale at Craigy Muir Curiosities, Spencerville. Open daily 1-6. 15

FOR SALE — Large 17.3 cu. ft. frost free, all refrigerator by Woods, on sale at $689.00, 15 cu. ft. frost free refrigerator freezer by Norge on sale for only $699.00. John Witteveen TV-Appliances Sales and Service, 448-2766, RR2 Chesterville (Dunbar) 15-1



Greetings by the Basket
Order your GIFT BASKETS for Christmas Giving at
THE BROOKSLYN
and we'll make it to suit your taste and budget.
Order now and check another off the list.
448-2804

FOR SALE — Orgasonic organ in excellent condition. Phone 448-3451, Asking $300. 15

GIFT IDEAS — Chainsaws, safety boots, pants and helmets. Now on sale. Stihl, Husquarna, Jonsered chainsaws, 4 litre jug chain oil $4.75, 3 jugs for $12.99. 16'' saw chain $18.00. Eastern Power Eqpt Hwy. 31, Williamsburg 535-2488 17-3

CASH PAID — for old costume jewellery, watches, rings, old pictures, pink depression glass, tin toys, oil paintings, sterling silver items. 445-3884. 16

FOR SALE — Girls size 3 Bauer Freestyle molded skates. Like new $35. Boys size 8-9 Lange L'il Devil Freestyle molded skates, used one season $15. Man's suit, grey wool pinstripe, size 40 Tall, good condition $10. Call 448-3582 after 4 p.m. 15stf

FOR SALE — Beef cows bred for April-May. Beef calves, 7 months old. Phone 448-3382 or 538-2518. 15

FOR SALE — 1988 Ski Doo Saffari 377, 600 kms. Asking $3,500. Phone 448-3753. 15

FOR SALE - one Webster piano & bench $200, one G.E. dishwasher $200, one Enterprize gas stove $150. Call 984-2551 15

FOR SALE — Well-pruned Christmas trees. Order now for best selection. Contact Francis Sharkey, Howard St. (north of the tracks), Chesterville, Ont. Phone 448-2677 18

FOR SALE — Kirby upright vacuum cleaner, with carpet shampoo attachment, 2 years old - asking $200 or B.O. 448-3696 after 6 pm stf

FOR SALE — for Christmas giving, we carry a good selection of quality products and service to back it up! Microwave ovens, Philips VCR's, TV's and portable radios, built-in dishwashers by Norge, electric shavers by Philips and vacuum cleaners by Eureka as low as $69. Check it out at John Witteveen TV-Appliances Sales and Service, 448-2766, RR2 Chesterville (Dunbar) 15-1

NOTICES

NOTICE TO CREDITORS AND OTHERS
All persons having claims against the Estate of RICHARD EDWARD NORTON, late of the Village of Crysler, in the County of Stormont, Retired, who died on or about November 7, 1990, are hereby notified to send particulars of the same to the undersigned on or before the 6th day of December. 1990. after which date the estate will be disbursed with regard only to the claims of which notice the undersigned shall then have notice and the undersigned will not be liable to any person whose claims he shall not then have notice.
David J. Barnhart
Barrister & Solicitor
P.O. Box 730
13 Ralph Street
Chesterville, Ontario
K0C 1H0
Executor
15-2

TRANSPORT DRIVERS NEEDED — Now is the time to train for your Class A-Z licence. For pre-screening interview and job placement information contact Merv Orr's Transport Driver Training. 1-800-265-3559. 48tf

NOTICE — Party trays available for all occasions big and small. Meat trays, cheese and cracker trays, veggie trays and dessert trays. 448-2608 - The Crossover. 44tf

McHAFFIE AUCTION HALL — Morrisburg. Open every Monday and Tuesday evening 6-7pm to receive your consignments. 22tf

HOUSEHOLD MOVERS — Licenced and insured. Call 543-2523 or 543-2226, Morrisburg. 22tf

SOURCE WOOD PRODUCTS
Pine and cedar siding, hardwood flooring, cabinet doors, KD lumber, wood working supplies, Stanley Bostitch Air Fasteners and black walnut seedlings. 11 William St., Cornwall, Ont. 932-5300. 28tf

GETTING MARRIED? — Have your personal wedding story captured by an experienced photographer. We also take family, anniversary and personal photographs. Book early by calling Wayne LaPrade, Chesterville. 448-2852. 20tf



HAPPY 30TH BIRTHDAY NANCY!
From your younger sisters-in-law.



HAPPY 28TH!
OTTO



All I wanna do is ????
???? to you!!
Happy 22nd Lisa.

Sandra Lea Home Care
Residential and Commercial Cleaning
Before & After Moving Cleanup
Spring Cleaning (windows)
BONDED & INSURED
448-3722

NOTICE
Derks Equipment Ltd.
Chesterville
448-2335
Our shop will be closed on Saturdays from now until April 1, 1990.



Merry Christmas from
LaBelle's Beauty Salon
38 King St., Chesterville
448-2223
(Across from the Co-op)
With every purchase enter our **FREE** draw
Dec. 1st to 24th.
Professional products & gifts. Stocking valued at **$150.00** to be drawn
Dec. 24 - 9 a.m.
Open 6 days a week.
No appointment necessary.
Free coffee & goodies
Dec. 24 with every smile.
Doug, Marilyn
Joyce, Brenda
Chantal

FOR RENT

FOR RENT — 2 bedroom apartments, one in Winchester, one in Chesterville. Both equipped. Newly renovated. Phone 774-5323. 9 tf

FOR RENT — 1 bedroom apartment in Chesterville with fridge and stove. Available immediately. Phone 448-2051. 14tf

FOR RENT — 2 bedroom apartment, one mile east of Chesterville on Hwy 43. Phone C.A. Graham 448-2196 16

FOR RENT — one bedroom apt., Prime Rose apts., Morewood, 107A Main St. $405 per month, first and last month. Phone 448-2233 15-1

FOR RENT — Town house, 3 bedroom. Available Dec. 1. Utilities extra. 448-3410. 15-2

FOR RENT — Downstairs 2 bedroom apartment with fridge and stove. Laundry room facilities. $375 plus utilities. Available Dec. 15, 1990 in Morewood. 448-3648. 16-3

FOR RENT — Chesterville, 3 bedroom, 2 storey home. Available Dec. 1, large yard, backs onto park. $475 plus utilities. Phone 448-3306. 14stf

FOR RENT — 1 bedroom apartment with fridge and stove included, utilities extra. Available Dec. 1, 1990. Phone 448-2832. 14tf

PASSPORT PHOTOS
WAYNE LAPRADE PHOTOGRAPHY
448-2852

WORK WANTED — Mother of two will babysit in my home. Meals and snacks included. References available. Call Dianne MacMillan 984-2804. 15

WORK WANTED — Will do custom milking days or weekends. Have experience and references if needed. Call 448-3325 days or 448-2609 nights. Ask for Penny or Richard. 20

WANTED — Responsible person needed approx. 2 or 3 days per week to babysit 6 month and 2 yr. old in my home. Must have own transportation. Starting mid-January. References please. Reply to Box 368X, Chesterville Record, Chesterville, K0C 1H0. 15

HELP WANTED — Part-time required, computer experience necessary. Please reply to Box 368A, Chesterville Record, Chesterville. 17-4

WORK WANTED — Experienced carpentry to do kitchens, bathrooms, rec rooms, etc. Call evenings or weekends 445-3728. 16stf

FARM WORK — There is usually a variety of jobs for various durations (a day or several days) to be done on farms at this time of year. If interested call or visit the Agricultural Employment Services in Chesterville, 11 Industrial Dr. 448-2311. 15-4

WORK WANTED — Cow clipping available. Call any time 933-6584. 15

WANTED
Certified Farm Equipment Mechanic
Apply by phoning:
Derks Equipment Ltd.
448-2335
Ask for the service manager: Peter Graafland or Martin Derks

FREE

FREE — to good home. Puppies, 6 weeks old. Mother is a medium sized dog. Pups are part shepard, Husky & Lab. 448-3006. 15

FREE — Kittens - to a good home, "Great Christmas Gift". Phone 987-5452 evenings or weekends. 16

CARD OF THANKS

CARD OF THANKS
We would like to thank everyone who helped with our official opening celebration. Also, thank you to all who attended.
Chesterville P.S. Staff, Students and Parent Advisory Committee
15

CARD OF THANKS
The family of the late Arthur Thompson wish to express sincere thanks to relatives, friends and neighbors for cards, charitable donations, food and visits during our bereavement. Special thanks to Rev. Bert de Bruijn and Jim Daniels of Vice Funeral Home. We will always remember your kindness.
Edith Baker, Edward Thompson and Families
15

CARD OF THANKS
Bruce and Muriel Rae of Chesterville would like to thank everyone for the kind expressions of sympathy received during their bereavement and loss of loved ones. Bruce's brother, Mr. Norman Rae of Winchester and Muriel's sister, Mrs. Dorothy Martyn of Ottawa. Your kindness will be long remembered.
Bruce and Muriel Rae

CARD OF THANKS
The family of the late Laura Empey wish to extend their sincere thanks to relatives, friends, neighbours, for cards, flowers, charitable donations and food during our bereavement. Special thanks to Rev. Leslie Walker and Rev. Douglas Henry. Your thoughtfulness was appreciated and will always be remembered.
Wendy & Mike Barnes
Shona & Mike Bedard & family
Perry & Jane Empey

COMING EVENTS

SANTA CLAUS PARADE LUNCH — Come for lunch following the Santa Claus Parade at the Anglican Hall, Queen St., Chesterville, Sat., Dec. 8. 12 noon-2pm. Admission $4. 16

90th BIRTHDAY PARTY — For Clifford Casselman, Sun., Dec. 2. 2-4pm at Lutheran Church Hall, Williamsburg. Everyone Welcome. Best Wishes Only. 15

DANCE — Sat., Dec. 1, 1990 at the Chesterville Legion Hall. Featuring Country Road. Sponsored by Chesterville Legion Branch 434. 15-1

CHRISTMAS CANTATA — Join with us at Chalmer's United Church, Finch for Christmas Cantata on Sun., Dec. 16 at 7:30pm. Everyone Welcome. 15

BINGO — Friday, Dec. 7, 1990. Finch Senior's Hall. $10 for 12 cards, specials extra, 7:30 pm Mini's, 8:00 pm 15 regular games (3) 50-50 specials, $150 jackpot (called in 7 nos.) Consolation prize $25.00. Sponsored by Finch & District Optimist Club 16-2

14th ANNUAL SR. CITIZEN'S CHRISTMAS PARTY — Will be held on Sun., Dec. 2, 1990, 1:30-3:30pm in the Chesterville Legion Hall. All Senior Citizens and any grandparents of uniformed children are invited to attend. Sponsored by Sparks, Beavers, Brownies, Cubs, Guides and Scouts of Chesterville. 15-2

MOREWOOD R.A. CLUB — Regular monthly meeting and the election of officers will be held Wed., Dec. 5, 1990 at 8pm in the Morewood Community Centre. Everyone Welcome. 15-2

DANCE — Chesterville Jr. C Flyers dance. Sat., Dec. 1, 1990. Chesterville Community Centre, 8-1 pm, Age of Majority. Music by JVK. 15-1

EUCHRE — Sun., Dec. 2, 1990, 8 pm in Berwick Hall. Lunch served. Everyone Welcome! 15-1

BINGOS — for the month of December at the Winchester Twp. Community Hall in Morewood will be held Sat., Dec. 8th and Sat., Dec. 22nd beginning at 1 pm. Progressive $600 jackpot at 54 numbers. Sponsored by the Morewood Volunteer Firefighter association 18-4

DUNDAS FEDERATION OF AGRICULTURE
Information Day - Tues., Dec. 4th at the Winchester Community Centre, 10:30 am - 2:30 pm. Topics: GST, Safety and Energy Conservation.
Regular Monthly Meeting - Wed., Dec. 5th at the OMAF Board Room, Winchester, 8 pm.

Winchester Theatre
NOVEMBER
Fri., Nov. 30 Sat., Dec. 1
GHOST (P.G.)
Starring Patrick Swayze, Whoopie Goldberg and Demi Moore. A romantic comedy.

REGAL DAY — Come browse selection of Christmas and gift ideas. One day only. 9:30am-5pm. Sat., Dec. 1. Everyone welcome. Free coffee and donuts, plus door prize at end of day. 540 St. Lawrence St., Winchester. Across from Sports Unlimited. Whatever you purchase Dec. 1 you may WRAP FREE. 15

BINGOS — For December at the Chesterville Legion Hall will be Sat., Dec. 1 & Sat., Dec. 15, 1990. Sponsored by Chesterville Legion Auxiliary Br. 434 17-3

RUMMAGE SALE — for GREEN (read environmentally friendly). Xmas treasures, on Thurs., Dec. 6, 1990, 2-6 pm at Chesterville Public School. Everyone Welcome. Toys, clothes, & household items. 16-2

CHALMER'S U.C.W. CHRISTMAS LUNCHEON & BAZAAR — Sat., Dec. 1, 1990 at Finch Community Centre. 11am-2pm. Everyone Welcome. 15

BREAKFAST WITH SANTA
Sat., Dec. 1, 1990. 9am-1pm. St. Catherine's School in Metcalfe. Adults $2; Children $1. Pictures also available taken with Santa. Tickets available. Call 821-1070, 821-3154 or 821-1885. 15-3

WEDDING RECEPTION — in honour of Bill & Shirley LeClair (nee Turcotte) at the Chesterville Legion. Fri., Dec. 14, 1990, Disco 9-1 pm, light lunch. 17stf

BERWICK NEW YEAR'S EVE DANCE — Monday, December 31, 1990, 9 pm - 1 am. Berwick Community Hall. Music by "Power Station", midnight buffet door prizes, spot dances, $12.50 per person. Tickets available from Sharon Nugent 984-2955, Grace Forsyth 984-2486 19-5

MEETING — Regular monthly meeting, Berwick Community Recreation Centre, Tues., Dec. 4, 1990 at 8:00 pm. Everyone welcome 15-1

BERWICK SANTA CLAUS PARADE — Sun., Dec. 9, 1990. Leaving Township Hall at 1:30 pm. All floats welcome! Kids meets Santa at the hall after the parade. 16-2

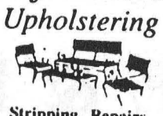
MONTREAL SHOPPING — Dundas Tours, Iroquois, 652-2005 offers the following tours: Dec. 1: Montreal Shopping (Limited space left) $16.00 each. Dec. 6-9: Our traditional Christmas Panorama Tour: Christmas lighting displays in Simcoe, Markets in Kitchener, Festival of Lights in Niagara Falls (both cities). Transportation, accommodation, seven meals for $249.00 per person, twin. Jan. 19 - Feb. 8: Florida Circle Tour and Feb. 15 - Mar. 7: Florida Midwinter Tour, both include accommodation, all transportation, and more at $999. each of two sharing. Call our office or drop by for more information and booking. 15-1

AUCTION SALE

HOUSEHOLD AUCTION
THURS., NOV.29
6 PM
McHaffie Auction Hall
Morrisburg
2 Households will be sold.
Washer, dryer, upright freezer, refridgerator
Washer; dryer; upright freezer; refrigerator; antique dining table 6 piece dining suite, table, chairs & hutch, like new; flowered living room suite, like new; velour arm chair; couch; chrome table & chairs; kitchen table & chairs: 14'' colour TV; coffee table; end table; small tables; chest of drawers; two piece bedroom suite; stereo; wardrobe; dishes; ornaments; glassware; bedding; curtains; lamps; mirrors; mirrored dresser; pictures & frames misc. house & garden tools; ladder; electric mower:appx. 20 upholstered office chairs; many unlisted items.

MASTER CARD & VISA
ACCEPTED
AUCTIONEER
Shelia McHaffie
Hall opens 5 pm
Quantity of Furniture
15-1

Carman Refinishers
Upholstering



Stripping, Repairs, Free Estimates, Furniture For Sale
Iroquois 652-2011

IN MEMORIAM

IN MEMORIAM

HEAGLE — In loving memory of our parents Mertie who passed away Nov. 22, 1980 and Arthur Feb. 21, 1977.

You never failed to do your best
Your hearts were true and tender
You worked so hard for those you loved
And left us to remember.
When family ties are broken
And loved ones have to part
It leaves a wound, that never heals
And ever aching heart.
We cannot bring the old days back
When we were all together
But loving thoughts and memories
Will live with us forever.

Sadly missed and always remembered,
Daughters, Freeda, Keitha, Elva and Hubert, Norma and Leslie
15

WDMH auxiliary monthly meeting held

WINCHESTER - Gail VanNoy president of the Winchester District Memorial Hospital Auxiliary welcomed a full house to the November meeting and made an appeal for knitters to make Nightingale style shoulder shawls for patients in 1-East for Christmas.

Knitters say the pattern goes quickly and if members can help they can get both directions and yarn from Gail. The successful bazaar made a little over $5,000.

Morrisburg brought eight knitted sets and baby mittens. Chesterville brought lined mittens, toques, bed socks and an afghan. Ruth Craig of Metcalfe sent a beautiful handmade crib quilt. The Summers Cass Bridge Maple Ridge Unit has finished its canvass and turned in $750 in donations.

The Happy Gang Bowlers sent $60. The beautiful quilt that the Winchester Unit sold tickets on was won by M. Vanwylick of Winchester and made the unit $451.

The 1-East Christmas Party will be held Dec. 11 at 11:30 and those bringing food for the patients lunch should have it there by 10:30 a.m. Since some of the patients will need help with eating, the auxiliary would appreciate peoples' help at the lunch time. The Osgoode Men's Choir will entertain at the hospital Dec. 18 from 10 to 11 a.m.

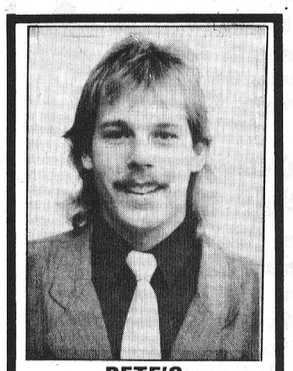
Lynn Cummings of the Hospital Auxiliary Bursary Committee announced that only two applications were received. Amy Guy of Inkerman, who is attending college at Hamilton, will receive $200 and Helen McRobbie of Winchester, attending college at Waterloo, will receive $100.

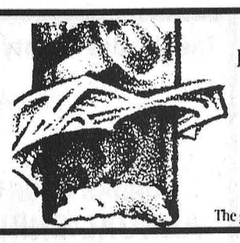
Reta Bray said the men's volunteer coats have arrived and are in use.

The December meeting on Dec. 13 will start with a pot luck lunch at 12:30 in the Conference Room, an hour earlier than usual.

Chesterville Hair Studio
Operated by
Lesley McMillan
Hours: Mon.-Tues., 9 am - 5 pm; Wed. Closed; Thurs. 9 am - 8 pm; Fri. 9 am - 5 pm; Sat. 8 am - 12 noon.
Please Call Ahead for Appointment.
Chesterville
448-3674

Dave's service tip of the week
Rotating your tires every 10,000 kms. can double tire life.
"We don't just talk about GREAT SERVICE, we GIVE it!"
Drewery
PONTIAC BUICK LTD.
WINCHESTER 774-2360
1-800-267-7608
Dave Coleman, Service Manager


PETE'S
Pick of the Week
1989
Ford F150
Super Cab
• In line 6 cyl., fuel injected, 5 speed manual overdrive, red, 33,000 kms. Only $350.00 per month. $1,000 offered for any trade-in.
Glengarry Ford Mercury Sales Ltd.
Alexandria
Hwy. 34 South
525-3760
Residence No. 448-1153


10¢ ONCE BOUGHT A LOT OF CHOCOLATE BAR.
$1 ONCE BOUGHT A LOT OF HELP.
The giving begins with you.
IMAGINE

BDO WARD MALLETTE Chartered Accountants
Ward Mallette's Winchester office offers a full range of services in areas of:
475 Main Street
WINCHESTER, Ont.
K0C 2K0
Tel.: (613) 774-2854
Fax: (613) 774-2586
• Financial Statement Preparation
• Personal Tax Returns and Planning
• Computer Installation and Training
• Goods and Services Tax Consulting

ROCK STREET REDUCTION SALE
MONDAY, DEC. 3, 1990
12:00 NOON
AT
FAWCETT SALE ARENA, WINCHESTER, ONT.
25 HEAD FROM THE HERD OF JOHN HUNTER, SPENCERVILLE, ONT.
from calves up to a number of VG cows.
ALSO SELLING:
- 25 head of close-springing & fresh cows and heifers
- 15 grade Holstein heifers with good type and open
- 3 service age bulls with good pedigrees
Sale Managed By:
Fawcett Cattle Sales Service Ltd.
RALPH J. FAWCETT 613-774-5710
TERRY I. SPRATT 613-989-2770
SALE ARENA 613-989-5554

S. M. TIRES
MOBILE SALES & SERVICE
24 Hour Service
• Farm
• Industrial
• Car
STEPHEN MANLEY
CRYSLER – 987-5317
MOBILE – 936-7240

Unreserved Christmas Auction
Saturday, December 1
at 10:00am
Corner of Hwys. 43 and 31, Winchester, Ont.

ALL NEW ITEMS

HOUSEHOLD: Cutlery set; marble cheese slicer; radios; fondue set; knife blocks; blankets; AM/FM alarm clock; 7-pc. Teflon II pot set; 7-pc. sauce pan set; knife sets; Superseal containers; B & D multi cuisine; electric kettle; 10-pc. Microsure store & save; Proctor Silex 2-slice toaster; Philips can opener; Braun coffee grinder; Proctor Silex coffee maker; mini kettle; Philips steam iron; Citizen phone; 20-qt. S.S. stock pot; Vivitar camera; 18-pc. tumbler set; hair dryer; crimper; 7-pc. bar set; fire extinguisher; clocks; B&D dust buster; 20-pc. dish set; curling iron; curling brush; video cassette cabinet; 7-pc. porcelain enamel cookware set; Silex toaster oven; assortment of toys; batteries; pellet pistols.

TOOLS: Floor model drill press; bench model drill press; socket sets; wrench sets; adj. wrench; pipe wrenches; screwdrivers; hammers; saws; files; punches; gear pullers; vises; come-a-long; trolley jack 2¼ T; jack stand; air hose; prybar set; axes; tarps; gloves; bench grinder; engine stand; assortment of Campbell Hausfeld air tools; plus much more.

BRASS ITEMS: Wardrobe mirror; rocking chair; decon bench; bar stool; double bed; vanity set w/chair; piano lamps; tri-lite pole lamps; snack tables; misc. lamps; plant stand; 5-pc. fireplace set; magazine rack; hall tree; assortment of picture frames, various sizes; flower pots; candle holders; doll bed and rocker; coat hooks; wind chimes.

FURNITURE: (2) recliner chairs; 3-pc. dinette set; 5-pc. dinette set; 7-pc. dinette set.

ANTIQUES: Sofa; dining room table; buffet; ornament wood/glass unit.

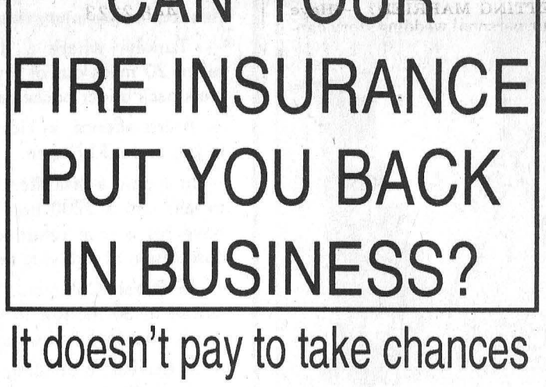
One set of 6 Slender You toning beds (used).

Plus many more items too numerous to mention.

LUNCH AVAILABLE

TERMS: Cash or acceptable cheque day of sale.

RIDEAU AUCTIONS INC.
WINCHESTER, ONT.
Hunter McCaig, Manager
613-774-2735

CAN YOUR FIRE INSURANCE PUT YOU BACK IN BUSINESS?
It doesn't pay to take chances with your livelihood.
Call us today and make an appointment to review your current coverage.
If it's not enough to get you going again, or you're paying too much for it, we can help.
It could be the most important business call you ever made.


BICCUM & McINTOSH LTD.
504 Main Street West
Winchester 774-2832

CONSEIL SCOLAIRE PUBLIC DE
Stormont, Dundas & Glengarry
PUBLIC SCHOOL BOARD

CONTRACT CARETAKER
FOR
WINCHESTER PUBLIC SCHOOL
WINCHESTER

A Contract caretaker is required to provide labour services which include cleaning, operating building systems and providing minor maintenance. The contractor must provide a staff of two (including the contractor) who will work a total of approximately 68 hours per week. The value of the contract is approximately $45,000 annually. All materials and equipment are provided.

A detailed fact sheet is available from the school which provides additional information on the Contract Caretaking System in use in the Public School Board. This sheet should be picked up and studied before an application is submitted.

A detailed Resume which provides information about the applicant's background and experience, as related to the information in the fact sheet, should be submitted by **12 noon December 5, 1990** to:

David Petepiece, P. Eng.
Controller of Plant
Stormont, Dundas and Glengarry
Public School Board
902 Second St. West
Cornwall, Ontario
K6H 5S6

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ALBERT GALE REAL ESTATE LTD.
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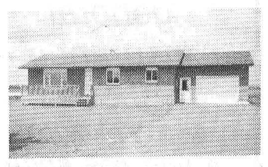
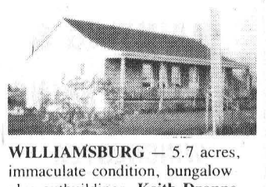
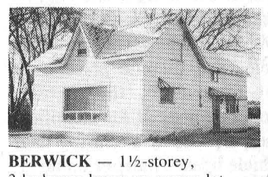
774-2881, 774-GALE

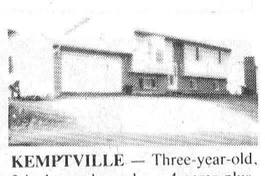
Gale Real Estate staff will be collecting hats and mitts, and canned goods for the needy
on Saturday, Dec. 1, Winchester Santa Parade.



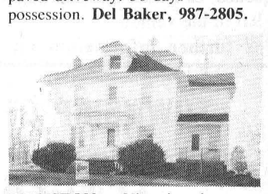

MOREWOOD — New, 3-bedroom bungalow, quality built, $117,500. **E.A. Oldford, 774-3497 or Keith Droppo, 448-2404.**


WILLIAMSBURG — 5.7 acres, immaculate condition, bungalow plus outbuildings. **Keith Droppo, 448-2404.**

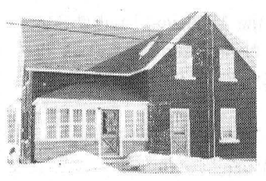

BERWICK — 1½-storey, 3-bedroom home on corner lot, 132'x132', large kitchen with lots of cupboards, detached garage with paved driveway. 30 days possession. **Del Baker, 987-2805.**


KEMPTVILLE — Three-year-old, 3-bedroom bungalow, 4 acres plus barn. $125,900. **Lisa Grue, 989-2861.**


INVESTMENT — Triplex or 4-unit building in good locations. Each $95,000. **E.A. Oldford, 774-3497 or Keith Droppo, 448-2404.**


BRINSTON — Victorian charm, lots of closets, move-in condition. $99,600. **Betty Reid, 448-3862.**


HALLVILLE — Side split, large eat-in kitchen, nicely landscaped and fenced. $139,000. **E.A. Oldford, 774-3497.**


MONKLAND — Renovated, 3-bedroom home, new cupboards and closets. $76,900. **Keith Droppo, 448-2404.**


BRINSTON — Very spacious house in good repair. Five bedrooms, family room, huge kitchen, many more features. $99,000. **Lisa Grue, 989-2861.**

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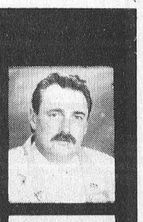
Alan LaPierre, Sales Rep.


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Linda Fisher, Sales Rep.


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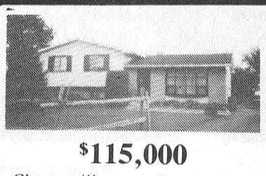
Edna Giles, Sales Rep.

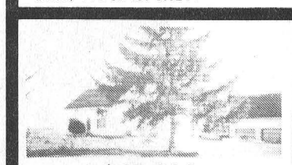

Richard King, Sales Rep.

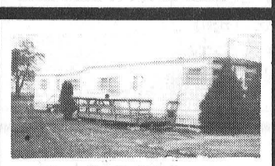
THIS WEEK'S FEATURE HOMES


$124,500
On 50 acres, 4 bedrooms, 2 baths, hardwood floor, woodstove, deck, rec room, games room, lots of privacy. Good commuting. **Edna Giles, 774-3946.** R1214


$169,900
Winchester. Custom-built, 3 plus 2 bedrooms, formal dining, 3 4-pc. baths, large deck, sauna, rec room, fireplace, wet bar, games room. **Edna Giles, 774-3946.** R1255


$115,000
Chesterville. Immaculate, 3-bedroom home on quiet crescent. Dining room, eat-in kitchen, 2 baths, rec room, central vac, inground pool. All accessories. **Aline Foubert, 821-3393.** R1221


$69,900
Williamsburg. Hobby farm on 2 acres, move-in condition. Four bedrooms, many updates, excellent starter home. **C. Wayne Morgan, 774-2919.** R1271

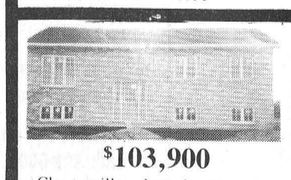

$22,900
Winchester Township. Includes washer, dryer, fridge, stove, air conditioner and a large leased lot. Lot fee $150 per month. **C. Wayne Morgan, 774-2919.** R1152

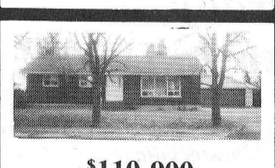

$114,500
Winchester. Say hello to a good buy! Three plus two bedrooms, eat-in kitchen, dining room, 1½ baths, paved drive, fenced back yard, forced air electric. **Linda Fisher, 821-3774.** R1120

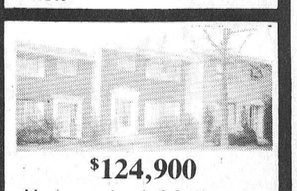

$159,900
Metcalfe. New! Quality, 4-bedroom home, 3 baths, eat-in kitchen, dining room, upgraded carpeting, garage floor drain and opener. **Linda Fisher, 821-3774.** R1056


$124,900
Vernon. Immaculate, 3 plus 1 bungalow, patio doors to cedar deck, family room, fireplace and insert, basement office or bedroom. **Aline Foubert, 821-3393.**


$123,900
Winchester Springs. Spacious and gracious, 3-bedroom hi-ranch. Oak kitchen, formal dining, 2 baths, rec room, double garage. Only 2 years old. **Alan LaPierre, 448-3306.** R1215


$103,900
Chesterville. Just in time for Christmas! New hi-ranch, immediate occupancy, 3 bedrooms, oak kitchen, rec room. A must to see. **Alan LaPierre, 448-3306.** R1223


$110,900
Chesterville. WOW! Immaculate, 3-bedroom brick bungalow, features formal dining, 2 baths, rec room, hardwood floors, double garage. **Alan LaPierre, 448-3306.** R1256


$124,900
Moving to the city? Look at this charming, 3-bedroom garden home. Oak flooring, fireplace, central air and more. **Richard King, 821-4966.** R1263

Direct access to the Ottawa market

Crime prevention steps

WINCHESTER - During the Christmas season many people are conscious of the invitation presented to a would-be thief by gifts left visible in their car. As a result many lock these items in their trunk in an effort to keep them out of sight, out of mind.

This time of year, the thefts involve cassettes, cassette tape players and radio cassette players. In some instances these items had been taken from vehicles which had been left unlocked but many did involve vehicles that had been locked and were subsequently broken into.

In order to help reduce this type of crime police are encouraging drivers when leaving their cars to put vehicles or items susceptible to theft out of sight and suggest locking them in the trunk.

While some items such as radios and cassette players are not removable, these items should be marked for identification purposes by engraving their vehicle licence number on them. This principle may also be applied to smaller items such as cassettes, cameras, etc. that may be left in the vehicle.

For further information on identification of property, the use of engraving pencils, contact your local O.P.P. Detachment.

Before you send it, seal it...

with a Christmas Seal!

THE LUNG ASSOCIATION

FREE ESTIMATES

BARRY'S PAINTING & WALLPAPERING

WINCHESTER

774-3227

BARRY FAWCETT

THE CROSSOVER

MONDAY TO SATURDAY - 6 A.M. to 9 P.M.

OPEN SUNDAY! - 9 A.M. - 6 P.M.

• Full line of groceries • Full serve gas • Pop Shoppe
• Party trays • Fireworks • Hunting & Fishing licences
• Chip Wagon • Dairy Bar • Movie & Nintendo Game Rentals

MOREWOOD — 448-2608

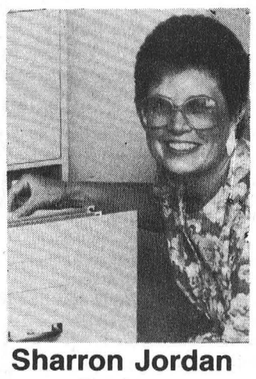
A.M.J. Insurance Brokers Limited

509 St. Lawrence Street
Box 999, Winchester

All your general insurance needs

613-774-6228
1-800-465-6228

INSURANCE BROKERS ASSOCIATION ONTARIO



Sharron Jordan
President

The Dundas County Association For The Mentally Retarded
Box 678 Morrisburg, Ontario KOC 1XO
Telephone: 613-543-3086
Fax No.: 543-4432

DUNDAS COUNTY COMMUNITY LIVING
ANNUAL CHRISTMAS BAKE SALE
At Seaway Enterprises - Allison Avenue
On Friday, December 7, 1990
From 10:00 - 12:00 and 1:00 - 3:00 p.m.
Proceeds to the Lifeskills/Workshop Day Programs
Homemade Baked Goods, Preserves
and Christmas Cards Available.

RIDEAU AUCTIONS INC.
Winchester, Ontario
Household, Estate, Farm, Industrial, Real Estate Auctions
Hunter McCaig, Auctioneer
Days: 774-2735; Evenings: 258-5095

Winchester Steel

New Winter Hours

Monday to Friday, 9am-4pm
Saturday, 9am-12 noon
from Dec. 1 to Feb. 28

Highway 31, Winchester, Ont.
Telephone 613-774-2127

Just in case you didn't notice last week's ad!

GRAPHICRAFT LTD.

SIGN MANUFACTURING

What to get the person who has everything for Christmas?

- How about a **TRUCK SIGN?**
- How about a **LAWN SIGN?**
- How about a **NEW MAIL BOX** with their **NAME ON IT?**

THINK SIGNS

448-1375
Fax: 448-1380

Hwy. 43
Chesterville

TOWNSHIP OF ROXBOROUGH

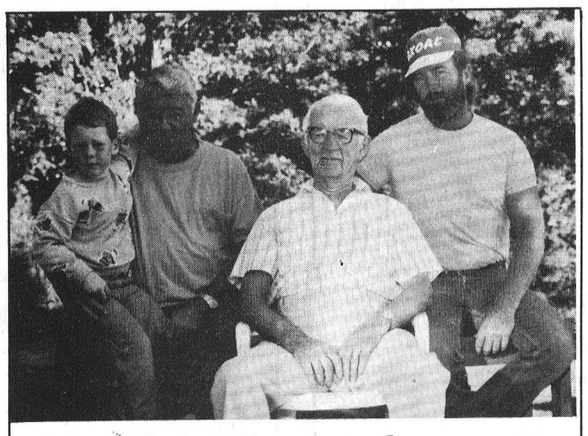
TENDER NOTICE

Tenders for the operation of the Municipal Landfill Site, located west of the Village of Moose Creek, will be received at the Municipal Office, on or before **December 11th, 1990 at 4:00 P.M.**

Quotation Forms and details of the operation may be obtained from the Township Office.

The size, type and suitability of equipment will influence the selection of the successful tender. The lowest or any tender not necessarily accepted.

Roy Symington
Chief Building Official/By-Law Enforcement Officer
Township of Roxborough
P.O. Box 189
Moose Creek, Ontario KOC 1WO
Tel: (613) 538-2431



Four Generations

This four generation photo was taken in August during a family get-together. From left to right, Brady Wert, four years old of Saskatchewan, grandfather Bill Wert of Long Sault, great grandfather Cecil Wert of Long Sault and father Michael Wert of Saskatchewan.

If Ontario's tough on drinking drivers!

Someone recently told me that he thinks all the hype (not his exact word) in the press about drinking and driving is just another political campaign, and the laws in Ontario are far too tough! Since we are not going to change his mind with mere facts, maybe it's time to take up a collection, and send him to . . .



— Chile, where a drunk driver faces a minimum of 61 days incarceration by the military government. If injuries are involved, the jail term stretches to a year and a half!

— France, where he could be subject to fines of up to $1,600 are handed down. His licence can be suspended for life if death or major injury results.

— Turkey, where a drunk driver is taken 20 miles out of town, and has to walk back under police escort!

— A first offence, in Hong Kong will get him 6 months in jail, and a $170 fine.

— In Japan, a first offender will receive up to 4 months in jail, and a $200 fine. After a year he is eligible to have his licence returned, but only on the successful completion of a driving test.

— In British Columbia, a 27 year old man was sentenced to 30 months in jail, and lost his licence for 15 years, after he killed someone while he drove impaired.

— In Quebec, a drinking driver received a jail term of 4 and a half years, and is banned from driving for 10 years, following his conviction of "criminal negligence causing death".

BICCUM & McINTOSH LTD.
504 Main Street West
Winchester 774-2832



HAPPY 25TH ANNIVERSARY

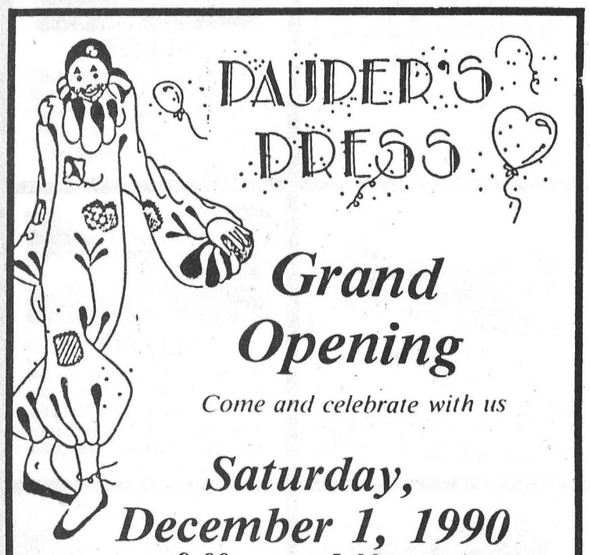
Mom & Dad
December 3, 1990
Love: Robin & Barry
Steven, Rachel & Sheldon



HAPPY BIRTHDAY TO AUNT CORA

On December 2nd, 1990, Cora Droppo will celebrate her 85th birthday. She is a keen Toronto Blue Jay and Toronto Maple Leaf fan. We wish her continued good health and lots of time for bridge games and knitting.

Love from all the Family.



Grand Opening

Come and celebrate with us

Saturday, December 1, 1990
9:00 a.m. - 5:00 p.m.

45 King St., Chesterville
(Just around the corner from Sears)

New & Used Books
Giftware & Crafts
Ralph & Heather O'Neil

On January 1st something important will happen at your workplace.

Health and safety will be your business.

The new Occupational Health and Safety Act will introduce new workplace rights and responsibilities. Thousands of workplaces will be affected for the first time.

Whether you work in an office, grocery store, car dealership or day-care centre, a restaurant, dry-cleaning or hardware store, even if there are only six employees, you are affected.

Information on these important changes is available free for the asking. From within the Toronto area call: 327-0001. From anywhere else in the province call: 1-800-461-7517.

Why not call now?

Ontario Ministry of Labour

CHURCH DIRECTORY

UNITED CHURCHES
Chesterville — Morewood
Minister: Rev. Roy Harwood
448-3549

SUNDAY, DEC. 2, 1990

MOREWOOD — 9:30 A.M.
CHESTERVILLE — 11:00 A.M.
EVERYONE WELCOME
June 1991

NATIONSIDE PENTECOSTAL CHURCH
"A friendly Church with an eternal message"
13 Albert St.
CHESTERVILLE
Pastor: Rev. L. Armstrong
448-2084

SUNDAY, DEC. 2, 1990

10 AM - Sunday School
11 AM - Morning Worship
7:30 PM - Evening Service
Affiliated with the Pentecostal Assemblies of Canada
May 1991

PRESBYTERIAN CHURCH
St. Andrew's, Chesterville
Morewood
Pastor: Rev. Bert de Bruijn
448-2516

SUNDAY, DEC. 2, 1990

Chesterville
9:30 A.M. — Sunday Worship
CELEBRATION OF THE LORD'S SUPPER
Nursery & Sunday School
Every Tuesday - 9:30 A.M.
Coffee Break
Story Hour & Nursery
8:00 P.M.
Life in the Spirit
Praise & Bible Study

Morewood
11:15 A.M. — Sunday Worship
Nursery & Sunday School
COME EXPECTING
LEAVE REJOICING
May 1991

ST. MARY'S CATHOLIC CHURCH
CHESTERVILLE
Father Jim Esper
448-3262

SUNDAY, DEC. 2, 1990

HOLY MASS
Saturday — 7:30 P.M.
Sunday — 9 A.M. & 11 A.M.
January 1991

DUNBAR PRESBYTERIAN CHURCH
DUNBAR
Interim Moderator
Rev. Bert de Bruijn
Chesterville
Organist: Mrs. Marjorie Thom
SUNDAY, DEC. 2, 1990
Guest Speaker
Rev. J. A. Turnbull
Sunday Worship — 9:30 A.M.
Sunday School & Nursery
9:30 A.M.
"A Warm Welcome Awaits All"
May 1991

HOLY TRINITY ANGLICAN CHURCH
CHESTERVILLE
Rev. George Bruce

SUNDAY, DEC. 2, 1990
8:00 A.M.
June 1991

CHRISTIAN REFORMED CHURCH
WILLIAMSBURG
Pastor: Rev. John Tangelder
543-2597

SUNDAY, DEC. 2, 1990

9:30 A.M. — Morning Service
7:30 P.M. — Evening Service
Nursery provided during all services. You are invited to worship with us.
FAITH 20 can be viewed every morning at 5:30 am on Channel 6.
May 1991

EMMANUEL-OSNABRUCK BAPTIST CHURCH
6 kms North of Ingleside
Hwy. 14 - Dickinson Drive
Pastor: Rev. Willard Warnock
984-2353

SUNDAY, DEC. 2, 1990

Bible Club - 9:30 A.M.
Morning Worship — 11 A.M.
Nursery Provided
COME TO WORSHIP
LEAVE TO SERVE
August 1991

ST. PETER'S — ST. LUKE'S EVANGELICAL LUTHERAN PARISH (E.L.C.I.C.)
Pastor: Rev. J. Ross Thomson
535-2569

SUNDAY, DEC. 2, 1990

DUNBAR - ST. LUKE'S
Sunday Worship - 9:15 A.M.
EVERYONE WELCOME

WILLIAMSBURG - ST. PETER'S
Sunday Worship - 11:00 A.M.
Sunday School - 11:00 A.M.
EVERYONE WELCOME

Fully Accessible to the Disabled.
March 1991

Recycling tops environment group's 1990 agenda

Greg Kielec
Record Staff

INGLESIDE - Recycling will likely top an Osnabruck Township environmental liaison committee's agenda for 1990, says a committee member.

Pat Gregory said Tuesday it is likely recycling will be given priority by the committee, especially now that it is believed the township may have only two years of life left at its landfill.

Osnabruck Reeve Stewart Hart said at a Monday night council meeting that consultants have estimated the township's landfill has only two years of life left.

Township officials had thought the site would last another 10 years. But their consultants said an increase in the amount of garbage shipped to the site has drastically reduced its life.

Gregory said the threat of a possible dump closure means even more effort should be made by the township to start a recycling program.

She has lobbied council for the past three years to institute a recycling program, but has met little success.

Council members have said it would too expensive for the township to institute a recycling program on its own, especially when markets for recyclables are few and hard to find.

But Gregory doesn't buy their argument.

"That's ridiculous. There's so many things you can do without the plan being finished," she said in a telephone interview.

Had council instituted recycling when she first began lobbying members, the site may not have been as close to capacity as it is now. But she conceded the township may have encountered difficulty finding a market for its recyclables.

Council is now hoping to enter into a recycling program in Cornwall or in Brockville, possibly next year. Gregory said council should begin planning and applying for grants now so it will be prepared when it is time to join recycling.

"Unless we start now and get all the grants, we won't be ready for next year," she said.

Hart said council members will take a serious look at recycling and are pinning their hope on the city of Cornwall, which is to start its own program next year.

So far, council members have met little success in trying to lay the groundwork for a recycling program of their own. "Everytime we turn around, we run into a brick wall," he said.

What has left council in an awkward position is the length of time it is taking the Stormont- Glengarry Waste Management Master Plan to be completed.

County muncipalities had hoped the four- year-old study would solve their waste woes.

But many municipalities may run out of room for their garbage even before the plan is completed.

The study has encountered a number of delays, most recently being put on hold until it is decided whether the plan will remain under its present boundary or be taken over by county government.

County officials are still uncertain if they should take over the waste plan and the province has done nothing but confuse the issue further.

"It just seems like the ministry (of environment) doesn't have the answers," he said.

The confusion also applies to the operation of the township's landfill site, which supposedly had plenty of life left, but now the township is told, only will last two years.

"I don't understand it at all...because it's got to the stage it's not understandable," Hart said.

Hart is uncertain what will happen if the dump reaches capacity before the waste plan is completed.

"I don't know where it (garbage) will go. We'd have to start over again and look for sites."

While council wrestles with its garbage dilemma, the environment committee will continue to raise environmental awareness in the township.

In its quest to reduce waste going into the township landfill, it will hold another composting information session in the spring where composters will also be sold.

A similar session this year drew a large crowd of residents and resulted in the sale of 50 composting units. Gregory hopes the enthusiasm of township residents well be evident again at the session this spring.

She would like to see every resident in the township doing their own composting, adding many people in the township are environmentally aware. "I think the people are ahead of the politicians," she said.

Gregory will attend a composting seminar in Toronto in two months' time to pick up tips on composting and how to organize a composting workshop.

Township dump's lifespan reduced to two years

Greg Kielec
Record Staff

OSNABRUCK CENTRE - Osnabruck Township may only have two years of life left at its landfill site.

Township officials thought they had at least 10 years of life left at the dump but consultants have told them the site may only have two years left.

Reeve Stewart Hart said he was told a large increase in the amount of waste going into the site has reduced the lifespan of the dump to two years.

In order to extend use of the dump, the township will need permission from the Ontario Ministry of the Environment to build the site higher. Expanding the site to the south would not be worthwhile because it will accommodate a small amount of waste, Hart said he was told by consultants.

The township has been making preparations to rehabilitate part of the site at the request of the MOE with the belief the height of the site cannot be increased to accommodate more garbage, Hart said.

If the township receives permission to put another "lift" of garbage on the site, the rehabilitation plans will have to be abandoned, at least temporarily.

The township opened the site, located at the north-west end of the township, five years ago, after a lengthy search combing all areas of the township. The site was the only one accepted by the MOE.

The township purchased, for $5,000, a 50 ft. wide strip of land two years ago on one edge of the site to extend the life of the dump, but the expansion has been negated by the increased amount of garbage being put in the site.

"That's what our consultants from M.S. Thompson [and Associates Limited Consulting Engineers] tell us. They claim our garbage increased terrible," Hart said Tuesday.

He said the consultants feel the application to build another lift on the dump will be accepted. If it is not accepted, the township may be forced to look for another site.

He said news of the dump's reduced lifespan came as a shock. "We're going to be out of a landfill site very shortly here," he said at a council meeting Monday night.

The township had hoped the dump would last until new waste sites were found under area waste management plans nearing completion. But with continued delays, the dump may be full before plans are complete.

County waste studies have been put on hold until it is decided whether the plans will be completed along county government lines, or if they will remain with two counties per plan.

The province had wanted the plans to be completed along county government lines, meaning Dundas County, now involved in a plan with Grenville, would merge with Stormont and Glengarry.

Council members later met with different provincial officials and were told there are no plans to merge the studies, Hart said. "Everything is up in the air. Nothing happened."

Deputy Reeve Carson Elliott also voiced his displeasure with the government at Monday night's Osnabruck Council meeting.

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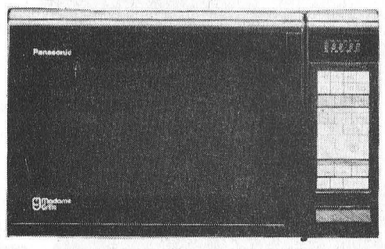

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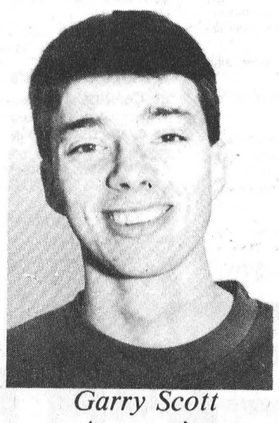
Judy Heerkens



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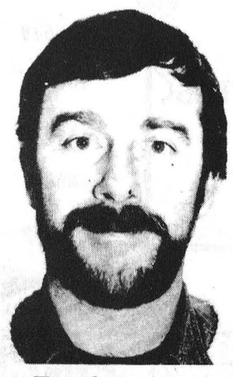


Frank Heerkens

THE CHESTERVILLE Record Editorial / Opinion

Editorial

Environmental vision

Osnabruck Township Council may soon be forced to bite the bullet and jump onto the recycling bandwagon.

The township has delayed implementing a recycling program, hoping its waste woes will be solved with the completion of the Stormont-Glengarry Waste Management Master Plan which is to develop a waste disposal plan for the two counties.

Council members have just learned that they may only have two years of capacity left in their landfill at the north-west end of the township. And it appears the waste management master plan will not be completed before that time.

Council could be accused of putting all their eggs in one basket, of putting all their hopes in one system, which, was flawed, at best, from the start.

But were they wrong to put their faith in the waste master plan idea, an idea first proposed by municipalities and later endorsed by the province.

How many other municipalities have also placed their final hope in the master plan process to solve their waste woes?

It is true that Osnabruck Township could have taken iniative on its own, like neighboring Williamsburg Township and the village of Morrisburg, and started its own recycling program.

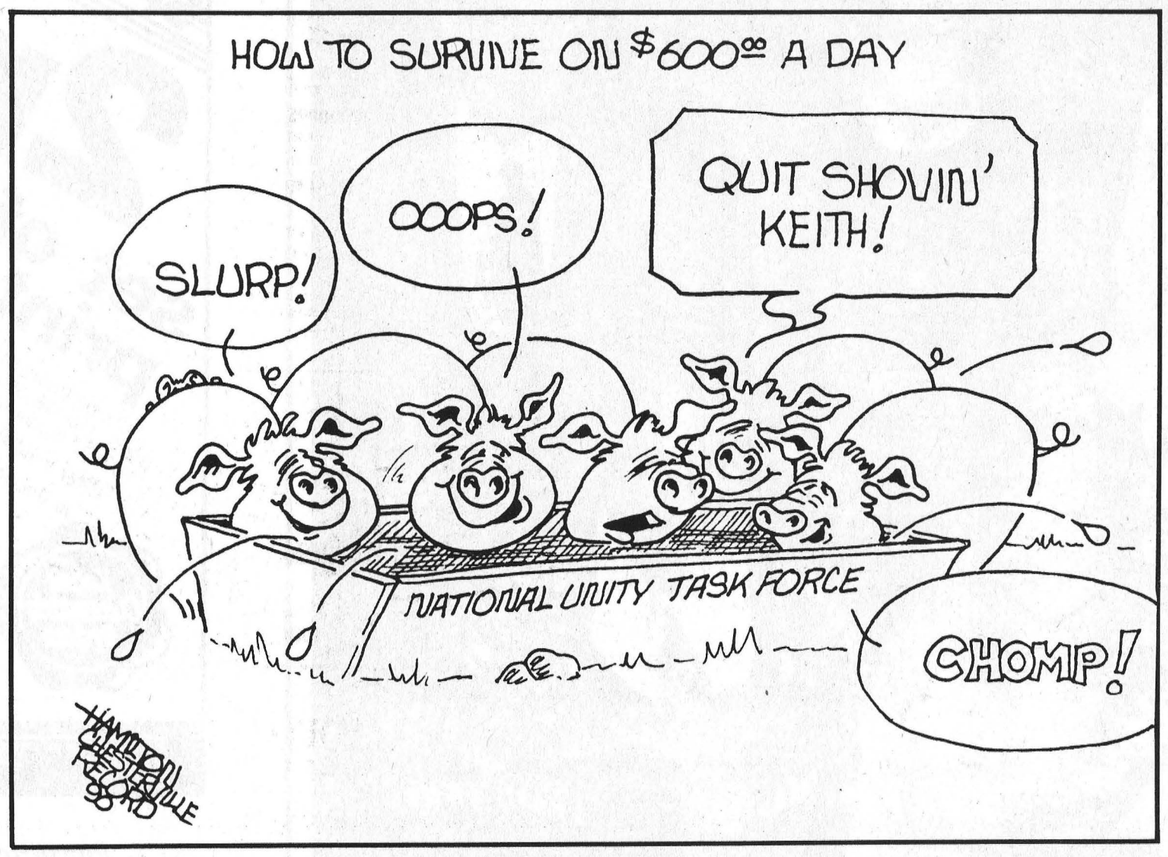
Had they started a recycling program back when the idea was first suggested three years ago, maybe they would not have a capacity problem now. But still, the township cannot be completely faulted for its inaction.

Had the provincial government provided some direction for municipalities in waste plan, and had they made one set of guidelines and stuck with them, maybe the plans would not be bogged down in bureaucratic boondoggles four years after the fact, and not even near completion.

A little foresight by Osnabruck Council members may have saved the township from the dilemma it faces now. But they are not the only ones lacking vision.

The provincial government can also be accused of poor planning for allowing municipalities to stumble through a flawed process, which, other than make a few consultants a lot of money, so far has provided no real gain.

Greg Kielec



Letters

A farmer's poem

To the Editor:
After nothing but rain for two months, finally the sun shines through. Great! I thought. Now we can finally finish harvesting our crops and get things done before the long, cold winter settles in. Oh, but then, life is full of surprises, isn't it? We finally have the weather co-operating with us –oh, but there is always something. What do they say – keep on smiling, there is always hope, tomorrow will be better.

Editor's note: below is a poem by this letter's author which aptly describes life on a farm during harvest time.

A FARMER'S TOMORROW

Tonight I lay awake worrying
About the day that lies ahead
After what happened yesterday and today
Tomorrow, I can't help, but dread.
You see, first our big tractor broke down
So no more plowing, could we do
Something costly with the motor went
To repair, could take a week or two
Well we could go ahead and combine our corn
Or at least that is what we thought
But only a hundred feet in the field
A bearing went, and we had to stop.
Well the parts we needed, they didn't have
So we had no choice, but to wait
So we busied ourselves with other chores
And hoped that nothing else would break.
Well today, we were to grind meal for the cows
Then at least that much would be done
But then the starter in the tractor broke
What more, I ask, could go wrong?
Well then there was the young cow in the boxstall
Who, for two days we thought would calve
And she got sick from an udder infection
But finally, a heifer she did have.
So tonight, I lay awake wondering
What does tomorrow hold in store for us?
Will things, like they tell us, change for the better
Or will we have more bad luck.
I suppose though, to worry would be foolish
For worrying won't change a thing
I might as well get a good night's sleep
So I can face whatever tomorrow may bring.

Freda Lamoureux

Cheaper food - at what cost?

To the Editor:
The sensational headline "Family Food Fights - Consumers and Farmers Clash Over Prices" [MacLean's - Nov. 19, 1990, Business by Patricia Chisholm], leaves me slightly perplexed by the inability of the urban press to address the realities of our Canadian primary food producing sector. I witness the headlines generated by the Consumer's Association of Canada [C.A.C.] with a report comparing domestic Canadian prices to world prices of dairy products, eggs and poultry. MacLean's prints a chart comparing egg, milk and chicken prices in Winnipeg and Kansas City, Mo. The C.A.C. suggests that supply management i.e. marketing boards, reduce efficiency.

The comparison to U.S. pricing remains fair but we all must ask "at what cost is that achieved". Is it necessary for Canadian farmers to incorporate illegal immigrant labor, increase dependence on pharmaceuticals and herbicides, destroy the family farm and inherent stable lifestyle, so that the consumer may have 1 to 2 per cent more disposable income for the "Good Life"? Don't forget the American consumer spends a little more of his disposable income on medical care!

The comparison to world prices is not fair, as anyone who has travelled to Europe lately can attest to. Try finding a litre of milk in London, Paris or Amsterdam for less than one Canadian dollar -- try finding a litre of milk in Moscow!

I feel that MacLean's could have presented a more balanced picture of Bert and Anna Smail [The Dairy Farmers] by documenting their 12-hour day [not including planting and harvesting overtime], seven day weeks, 365 days a year plus a capital investment of $700,000 to $1 million, rather than glibly stating "the Smail's are protected by Canada's system of supply management".

As Marjorie Nichols [Citizen Staff] pointed out in the Ottawa Citizen Nov. 20, 1990 "when it comes to abject ignorance about agriculture, the C.A.C. has no peer. The Average seven-year-old farm child knows more about the economics of agriculture than does the C.A.C.".

K. Bryan Kennedy, D.V.M.
Chesterville, Ont.

Comment

The Record welcomes letters to the editor. Letters must be signed and include the writer's telephone number. Correspondence may be edited for length, grammar and libellous statements.

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Column

South Nation clean-up cost should be shared

For the Record



Yves Cossette

Some farmers still don't want to face the evidence and admit that cow dung is a major cause of bacterial pollution in the South Nation River and its tributaries.

The South Nation River Conservation Authority [SNRCA] presented its evidence, a draft report on pollution in the Payne.

The Augusta Township dairy farmer who challenged the findings claimed wild animals, such as deer, and sewage from private homes along the South Nation and its tributaries could also be a source of the pollution.

But SNRCA officials pointed out the Payne River was specifically chosen for the joint Ministry of Environment-SNRCA study because virtually all the run off from surrounding land was from agricultural land.

Eric Apedaile, SNRCA's water quality co-ordinator, stressed the MOE officials who conducted the study had constantly seen cows in or near the water in places where the highest concentrations of bacteria pollution were found.

Other farm representatives were more inclined to accept the Payne River report's findings, but were concerned the costs involved in ensuring cow dung doesn't get into the South Nation's waterways are too much for farmers to bear alone.

Farmers are justifiably concerned when it comes to costs. They are already besieged by consumer advocates who want to pay less for produce and trade talks which jeopardize their income and livelihood. Younger farmers also face the additional burden of paying off debts while making ends meet on the farm.

But Apedaile said farmers can begin by taking some low cost measures to reduce the amount of cow dung that winds up in the Payne or other South Nation waterways. Measures include installing fences along waterways to keep cows out of the water and leaving a strip of land near a waterway uncultivated so it will act as a filter for run off going into a waterway.

The more costly water conservation steps to be taken include moving manure piles away from waterways and improving milkhouse waste- management.

It's going to take a combination of farmer's co-operation and provincial funding to meet SNRCA's goals of cleaning up the South Nation watershed.

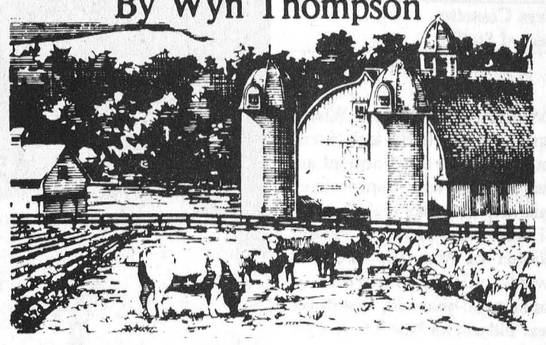
Farmers who are reluctant to accept that cow dung is a major contributor to pollution in the watershed should face the facts presented in the study and do their share to clean up the environment. They can start by ensuring the cattle stay out of the waterways.

For its part, SNRCA must enlist the aid of the province to come up with money to help farmers take care of the more costly clean-up measures. With provincial funding scarce, that isn't going to be easy.

For now, SNRCA's efforts to stress the importance of clean-up of the South Nation watershed is a good start.

The Farmer's Wife

By Wyn Thompson



November -- the Moon of Frosts, it is said. That may well be but, November this year has not been all that cold or frosty. In fact, we enjoyed a real Indian summer around the first of the month, then as an added bonus enjoyed a couple of mini- Indian summers. My kind of November.

However, now as November ends we can look for "freeze-up", but we can remember unusual years when it came earlier or later. Often rain is succeeded by a blustering storm out of the north.

I go out with my coat buttoned to the chin and bring in the last of the lawn furniture. I leave it out as long as possible hoping against hope that it will coax one more Indian summer day out of what can be a very fickle month.

This month is always brightened by the Chrysanthemum Show at Ottawa's Central Experimental Farm. I went along to it this year and discovered that 1990 marks the 78th consecutive appearance of this colourful and popular late fall attraction.

I lingered long, for chrysanthemums are my favourite flowers. I like flowers that are sturdy and have staying power. Not for me the delicate little twits that turn up their heels at the slightest breeze approaching their domain.

I learned the flower's history. The chrysanthemum originated in China, where it was grown more than 2000 years ago and can now be found around the world.

Confucius, the great Chinese philosopher, was celebrating the glory of the "golden flower", which is often painted on porcelain or embroidered on silk. The oldest book on chrysanthemum culture, published in China between 960 and 1127, records 30 different varieties.

The chrysanthemum was imported into Japan in the 4th century. Considered sacred, the "kiku" was declared Japan's national flower more than 1000 years ago.

Since the 12th century, it has also been the Emperors' emblem. The Order of the Chrysanthemums was created in 1876 to honour princes and exalted officials. In the Japanese calendar, November is the "kiku-diku", or the month of the chrysanthemum, as it has come to be known in Canada.

The Dutch brought the flower west in the 17th century, and it was commercially developed in the following century. But it wasn't until 1850 that the plant was introduced to North America.

While enjoying the crysanthemum show, I browsed the literature that was placed about for the convenience of visitors. I brought home a brochure entitled Recipes of the Settlers. Included were the traditional recipes the pioneers brought from Europe, as well as the unique foods of North America to which the natives introduced them.

The pioneers were heavy on potatoes, beans, turnip, corn, and apples -- all good, stick-to- the-rib foods. As I sat reading the recipes [I am an inveterate reader of recipes], I became hungrier and hungrier. Finally, I took the bull by the horns and made a big pot of potato soup for supper, to be topped off with apple dumplings for dessert.

As we ate generous soup bowls full of potato soup, the Farmer asked me if I had read a recent article on the potato crop published in a farm paper to which he subscribes.

I hadn't, so he produced the paper for me. Being potato lovers from away back, we had seen no reason to change our eating habits with every wind of nouvelle cuisine that blew, although we were aware, if not influenced by, each new trend that came along.

I recalled that during the consumer revolution of the 1970's and '80s, when the so-called trendsetters were favouring pasta and nouvelle cuisine, the potato suffered an almost tragic death.

It was the time when everyone was searching for Kiwi fruit, sundried apricots, pine nuts and Cajun blackened fish. This coupled with poor crops and low prices, it was not the best of all possible times to be a potato farmer.

But, fashions come and go. And now, due to changes in consumer fashions and producer techniques, potatoes have again become one of Canada's leading field crops.

Pasta, nouvelle cuisine and sushi are being replaced with comfort foods making up a meal of meat loaf and mashed potatoes in many Canadian homes.

Hurrah for the lowly spud, I said as I finished reading about the return of this versatile vegetable!

Virtually all the leaves have been brought down by rain and wind, I observed as I went for a walk this afternoon. Except on the oaks and the beeches, which sometimes hold their leaves until spring is near.

Frosty nights now bring frosty dawns -- dawns when every bush and twig and weed stem is covered with hoarfrost. Until the sun is well up and the day has begun to warm, it is a fairyland world of filigree. Now I hear the owls every evening, and sometimes just before dawn.

Vander Wielen cleans up silver at DHI awards

Yves Cossette
Record Staff

AVONMORE - Vander Wielen Farms Incorporated took home four awards at the Stormont annual Dairy Herd Improvement banquet, Thursday night.

Frank and Hubert Vander Wielen of Maxville accepted awards for Highest Herd B.C.A., for best two-year-old, best three-year-old and for best B.C.A. over 50 Cows.

With a herd B.C.A. count of 202.5, the Vander Wielens had the highest D.H.I. herd in Stormont County. They were followed by R. Don Simmons with 198.5, John and Howard Morrow with 190.9, Gilles M. Aube with 189.1 and Alain Legault with 188.7

The Vander Wielens also took home a trophy for the best B.C.A (202.5) over 50 cows. Their cow, Wielendale BVE Vaelour, had a B.C.A. of 256, the highest in the two-year-old category and their cow Wielendale Sheik Gem had a B.C.A. of 245.6, the highest in the three-year-old category.

The remaining trophies were were divided up between four farmers.

Don Simmons' Memory Lane Karly 2 was the best four-year-old with a B.C.A. of 238.6. Floyd Dingwall's Elmvale Master's Kate was the best mature cow with a B.C.A. of 263.6.

Lynden Jackson of Monkland won an award for best plus production. His cow Larbrook Mattador Angel had a best plus of 89.0. He also won an award for total kilograms of butterfat in 305 days. His cow Glenstor Buttercup Et produced 518 kilograms of butterfat.

Roelof Boer won the most improved herd award with an improved B.C.A. of 33.7.

The runner-up winners were also acknowleged at the D.H.I, banquet.

Don Simmons' Memory Lane Viola had a B.C.A. of 248.3, the second highest B.C.A. in the two-year- old category. Simmons also had the second highest B.C.A. over 50 cows at 198.5.

Garry J. Howes' Locklea Cindy Allah had a B.C.A. of 248.0, the second highest in the three-year-old category.

Alain Legault's Domar Bell Goldie had a B.C.A. of 237.6, the second highest in the four-year category.

Campbell H. Murray's Murrayholm Janice was good for a B.C.A. of 239.3, the second best in the mature cow category, and a best plus production of 78.3, the second highest in that category.

Lynden Jackson's Lynland Hy Man Tempo produced 500 kilograms of butterfat to be runner-up in the total kilograms of butterfat in 305 Days category.

Preceding the awards ceremony, the Stormont D.H.I selected a new executive and Stomont-Dundas MP Bob Kilger recounted some humorous anecdotes from his days as a National Hockey League referee and as a coach of the Ontario Hockey League's Cornwall Royals.



DHI Awards
Vander Wielen Farms Inc. of Maxville picked up four awards at the annual Stormont Dairy Herd Improvement banquet Thursday night. In the back row, left to right are, Hubert Vander Wielen and Frank Vander Vielen, whose four awards included Highest Herd B.C.A.; and Don Simmons of Finch for best four-year-old. Seated left to right are, Nina Dekker, Stormont dairy princess who accepted an award on behalf of Floyd Dingwall of Berwick for best mature cow, and Lynden Jackson of Monkland who won two awards including best plus production.
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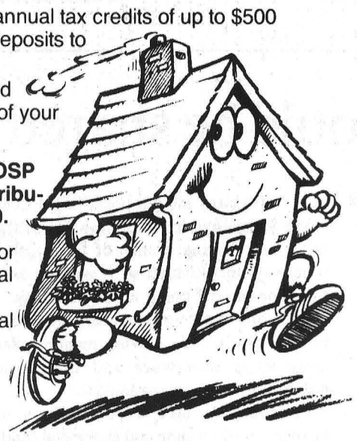

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Christmas 1860s' style

Students get look at 19th century Christmas at Upper Canada Village

Greg Kielec
Record Staff

MORRISBURG - A class of students from Elma Public School got a rare glimpse into Christmas past at Upper Canada Village last week.

There was none of the contemporary Christmas commercialism. No Nintendo games, no flashing Christmas lights. And very rare was it for a Christmas tree to be seen.

The students were at the village to take part in a special two-hour course entitled An 1860s Christmas. They saw a Christmas very much different than what they are accustomed to.

The Grade 4 students started off with a trip to John Crysler's General Store where they peered through the window to see what type of gifts a child in the 1860s was fortunate enough to receive.

If they were children 130 years ago, they would not be looking for gifts, they would be likely looking for just one gift. Parents could usually afford no more than one gift per child, the students were told.

The class then went to an old schoolhouse where there was one small Christmas tree decorated with homemade ornaments: cookies, candles, cornucopias [small decorated cones filled with candies] and other ornaments.

The students did some crrolling and were told school was considered a luxury 130 years ago, so students took it very seriously. There were no recesses but students were granted an hour for lunch. As well, there was no such thing as pants for female students, they all wore dresses.

Ornaments were usually made for the Christmas tree by students and there may have even been a Christmas concert if the teacher decided to inject some extra spirit in school festivities.

After their schoolhouse visit, the students went to the home of the Taylors, an 1860s family making preparations the night before Christmas.

When students arrived, Mr. Taylor was cooking the Christmas goose over the fire using a "reflector oven", a rounded piece of tin used to evenly reflect heat from the fire.

The students also saw the toys that the Taylor children were to receive for Christmas, one gift for each child and all of them homemade.

There was no Christmas turkey as that particular bird was quite rare in Upper Canada in the 1860's. Popular choices for the Christmas meal were chicken, duck and goose.

There also was no Christmas tree at the home. Students were told that the use of the yuletide symbol was only popular with Canadians of German origin in the 1860's. The decorated tree has since become a large part of the Canadian Christmas tradition.

Students then went to Upper Canada Village's education centre, where they helped recite the popular 1860's Christmas story 'Twas the Night Before Christmas. They also learned to make cornucopias and learned a special dance called the Butterfly.

Class teacher Janice Gillard said the excursion was a learning experience for her students. Although they are familiar with 1'9th-century history, they were not so familiar with Christmas traditions of the period.

"I thought it was excellent," she said. "I like hands-on activities with the kids."

She said many students were surprised at the simplicity of the occasion, especially the lack of commercialism; "no Nintendo...that's the big item [this year]."

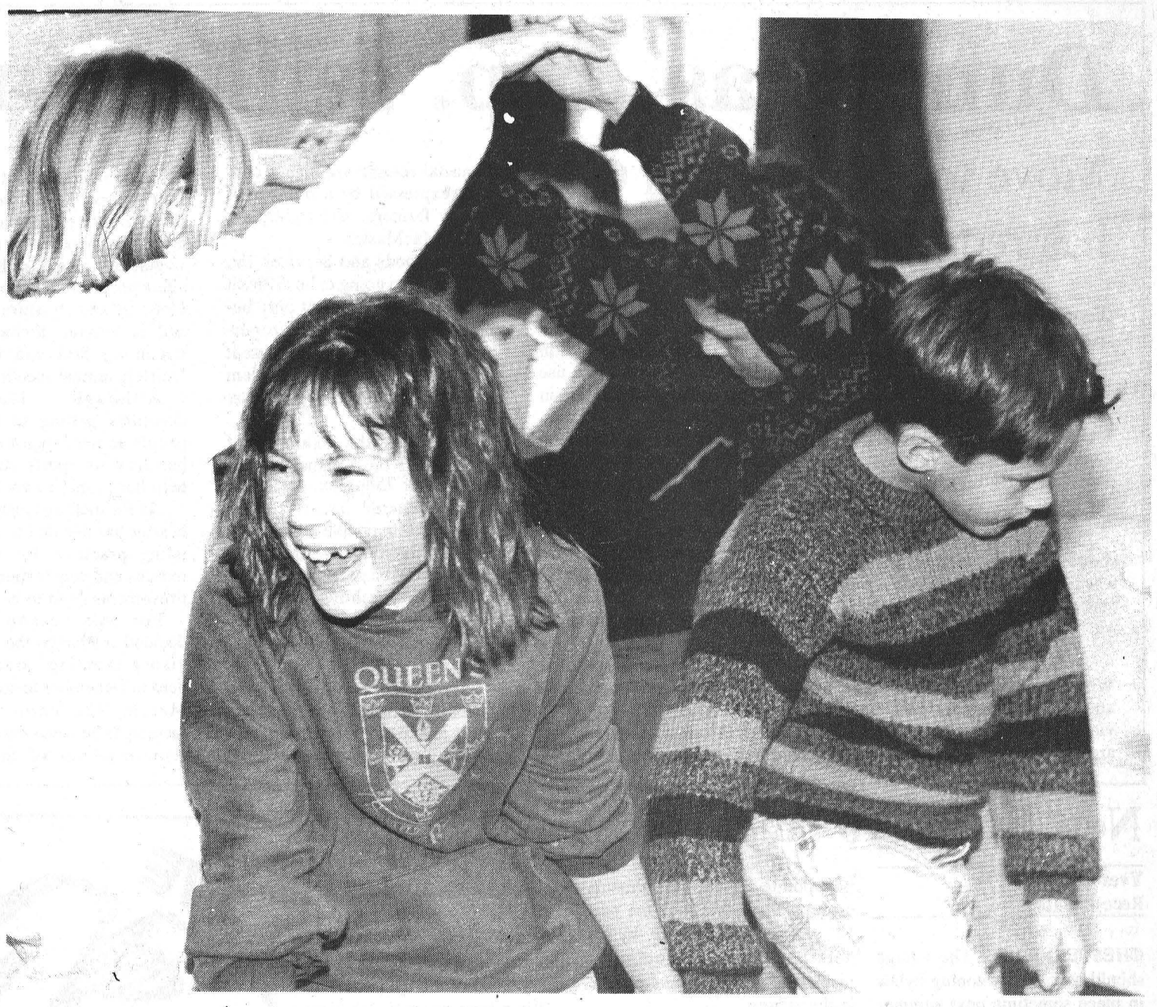
The benefits of such a simple lifestyle did not go unnoticed. She said one student told her life must have been much more peaceful in the 1860s, much different than the pace of life now. "People [now] are just rushing from one thing to the next," Gillard said.

Learning history first-hand at Upper Canada Village is a great opportunity, something she is trying to take more advantage of, she said.

"I think we should make more use [of it]," she said. "It's nice to be able to have some place close like that."

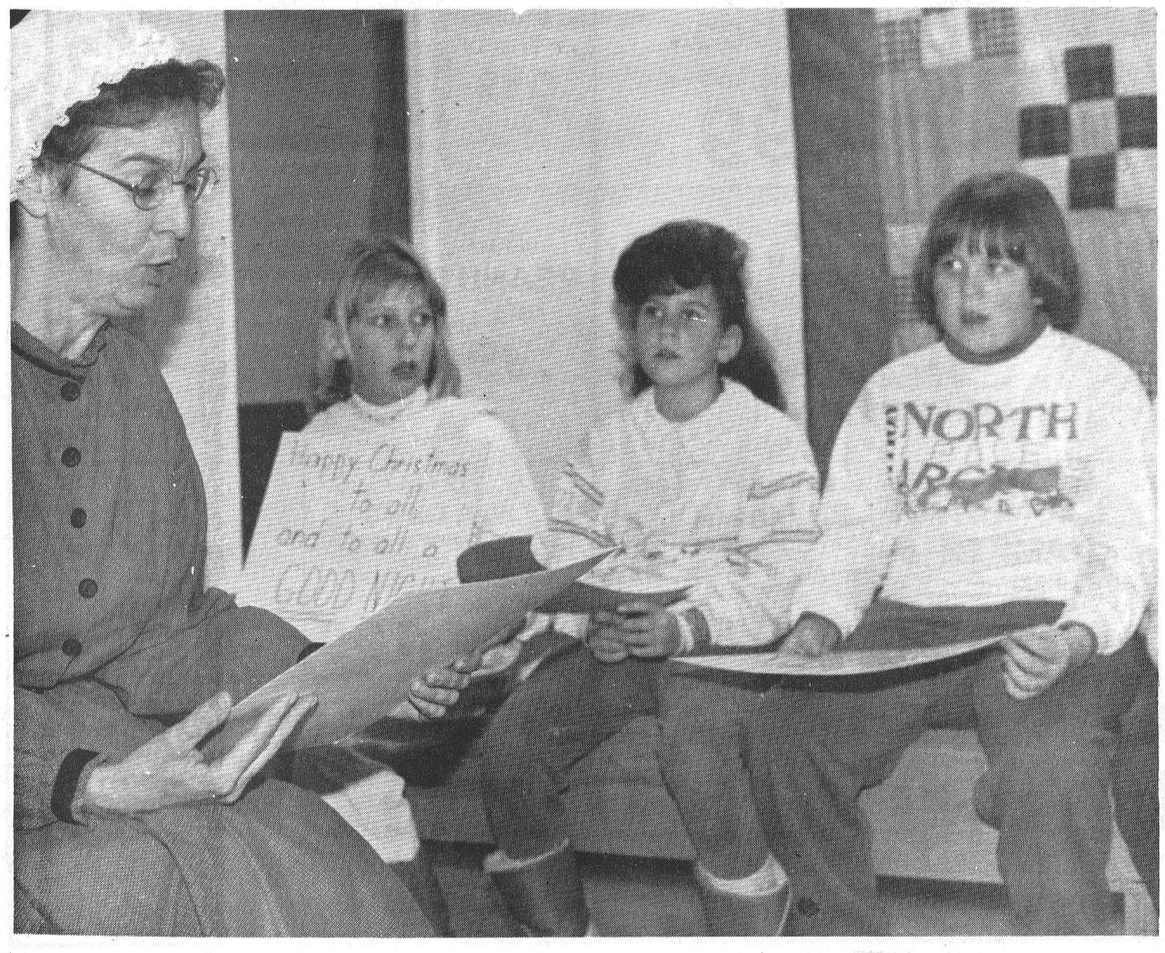
Upper Canada Village tried a trial run of the program on four different occasions last year. The program was implemented as one of the village's special programs this year, running for three weeks and attracting 120 students daily.

The Elma students will follow up the trip with comparisons between Christmas now and Christmas in the 1860s. It should make an interesting occasion for the students this year, one with an 1860s style twist.









Elma Public School students received a taste of Christmas past during a trip to Upper Canada Village last Wednesday. ***Top left:*** *students line up to hear what kind of, and how many, presents children would receive for Christmas in the 1860s.* ***Bottom left:*** *students take part in the recital of the old 1800s Christmas favorite, T'was the Night Before Christmas.* ***Immediately above:*** *Pamela Barry, 9, puts her artistic skills to the test making a cornucopia, a popular 1800s decoration made in the shape of a cone and filled with candies.* ***Top:*** *no Christmas festivities would be complete without dancing. Students got into the step by doing the Butterfly.*

Dundas ag. rep. settling into job

Move to rural Eastern Ont. has required some adjusting

Dianne Fetterly
Staff Reporter

WINCHESTER — After just over a month on the job, Dundas County's new Agricultural representative is settling nicely into the job.

Phyllis MacMaster says she should feel more established when she moves into her new house on Holmes Street later this week.

So far, MacMaster's move to Winchester has required a certain amount of adjusting. Her previous positions in the more urban areas of Newmarket and Milton (north and west of Toronto) involved different problems from what she expects to encounter in rural Eastern Ontario. Land use is a major concern of farmers in the Toronto region.

Most Dundas County farmers' concerns heard by MacMaster so far are generally those of farmers across the province.

There is a great deal of uncertainty surrounding the General Agreement on Trade and Tarriffs (GATT) and its effect on the supply managed dairy industry.

MacMaster says until the GATT negotiations are settled, the uncertainty and pessimism will remain.

With the costs of inputs rising and returns staying the same, financial returns are also a concern expressed by a number of county farmers, and rightly so, added MacMaster.

The Goods and Services Tax (GST) is also going to be difficult for farmers to face, not only because of the amount of paperwork involved but also because it may create a cash-flow problem for some farmers on larger items, says MacMaster.

She cites the example of paying GST on the smaller tractors (under 75hp) and machinery.

MacMaster doesn't see a problem with people adjusting to her in a traditionally male role.

She says if a person has a good personality, shows they are genuine interest in the community, people will warm up to them.

MacMaster says she sometimes feels a little alone, since there are no other female ag. reps or farm management specialists in Eastern Ontario But the office staff and people she has met so far have been great in helping her adjust to her new environment.

As well, she has already met a few people at functions like the Holstein and Ayrshire Banquets and is looking forward to the upcoming Soil and Crop and Holstein annual meetings.

Although MacMaster describes getting to know the people as her biggest challenge, her love of sports should also help her to make new friends.

As for making changes, MacMaster has decided to access existing practices for about six months and decide then what improvements need to be made.

For this reason she has decided to change the Farm Advisory meeting, traditionally held in December to sometime in March. The Farm Advisory meeting is between the ag rep and representatives of the various farm organizations and will give MacMaster "ideas on what (issues) OMAF should be putting the emphasis on."

MacMaster is not a total stranger to the Winchester area having grown up on a dairy farm in nearby Glengarry County with her six brothers and sisters.

One of her brothers and sisters, both graduates of Kemptville College are operating the farm with their father. MacMaster says living in Winchester will allow her to return home more often to help out.

Although she enjoys the farm work, MacMaster says she especially enjoys working with people.

She graduated from the University of Guelph in 1979 with a Bachelor's Degree of Science in Agriculture majoring in Animal Science and a Degree in Family and Consumer Studies, majoring in Consumer Foods.



Phyllis McMaster's next move is into a home in town.

New by-law to be in place next summer

Yves Cossette
Record Staff

CHESTERVILLE - The village should have a new zoning bylaw in place sometime next summer said village Reeve Jim Cook, Monday.

The tentative prediction came after a special council meeting Wednesday when councillors took another stab at reviewing a draft copy of the new zoning bylaw.

It was the third reviewing session held since late June when council was presented the draft document by Stormont, Dundas and Glengarry County economic planner Kay Stone.

Stone has been working on the proposed bylaw for the village since 1989. It will replace the existing zoning bylaw which has been in place since 1976.

The overhaul is necessary to incorporate all the amendments made to the bylaw over the past 14 years. The zoning bylaw details where economic or residential growth can take place in the village.

The reviewing process is now at the half-way mark. Cook expects it will take another three meetings to see if any changes have to be made to the proposed bylaw before it is finalized.

"I'm hoping to have it all ready to go back to the county planner...sometime around the end of January," he said.

Once council completes the review process, the county planner will incorporate the changes directed by council to the proposed bylaw and prepare it for publication sometime next spring.

The public will get its turn to comment on the proposed zoning bylaw, once it is published, at a subsequent public meeting.

Cook said the review process is thorough and lengthy. Council is looking at every section and every word of the bylaw.

"It's a long process. It's time-consuming. It's quite an extensive bylaw," he said.

The proposed changes to the existing bylaw deals with such issues as the minimum backyards or sideyards to be permitted under the new bylaw. The bylaw revision also includes proposed changes to sections dealing with garages and carports.

"We're proposing to clarify them to make it easier for the building inspector, clerk, on staff easier to administer the [bylaw]."

Work on the new zoning bylaw began two years ago when the previous council under former Reeve Carl Ward began initial discussions to change the existing bylaw, Cook said.

A sort of homecoming for hydro manager

WINCHESTER – When Ontario Hydro moves into its gleaming new area headquarters over the Dec. 8-9 weekend, office workers will be settling into strange surroundings.

But when the newly-appointed manager glances out the window, he will look upon familiar scenery. For Dave Harris, the move into the new building coincides with a long-delayed homecoming.

Harris was raised in South Mountain, and left the area in 1964 to earn a Bachelor of Arts with honors from the University of New Brunswick.

"The opportunity to come to the Winchester area is just tremendous," Harris said last week. "This is home to me."

Harris has enjoyed a successful and varied career with Ontario Hydro. After earning his degree and spending eight years with The Aluminum Comany of Canada (Alcan), he joined Hydro's human resources department in Toronto. He moved to Belleville next as a properties officer, then he was appointed manager of the Bancroft area, served a stint as manager of administration for the Crown corporation's Northeast region, then about a year ago became acting manager of the Sudbury area.

Now at age 45, he has completed a full, albeit irregular circle home.

With his father, Cecil having passed away and his mother, Peggy, now residing in Kingston, Harris's links to the old home turf have been eroded somewhat. Despite an absence of over 25 years, though, he still maintains friendships locally.

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THE CHESTERVILLE
Record Sports

The Express split a pair of E.O.J.C.H.L. games

FINCH - You win some and you lose some. And that's exactly what the North Stormont Express Junior "C" hockey club did last week.

The Express squad had a .500 average going into Eastern Ontario Jr. "C" action last week, and after the seventh week of play their situation is the same.

Thursday's match against the Clarence Creek Beavers proved to be a disappointment to the Express squad. But, an 8-6 victory against the Casselman Cambridge Stars gave the team a 5-5-1 record.

On Sunday, the Express travelled to Casselman for their fifth win of the season.

North Stormont spent most of the contest at a disadvantage, but they came up with the lead late in the third period for the victory.

Tim Ouderkirk played a good game against the Stars. He counted a hat-trick and two assists to lead the squad to an 8-6 win.

The Express gave up the first goal of the game. At the 12:19 mark of the opening frame, the Stars took a short-lived lead over the home-team.

Ouderkirk equalled the Stars performance by slapping in the assist from Dale Murray and Chris Leroux, at 9:03 of the first.

With 8:00 left before the first intermission, the Stars marked a 2-1 advantage

Bob MacLeod was the only skater to hit the net during the second period. He notched the score at two apiece for the Express' winning cause. Dave Lavergne and Kevin Villeneuve assisted the 18:25 marker.

The Stars took another lead with 18:54 showing in the final period, but it only took the Express 1:53 to get it back. Leroux connected on a pass from Ouderkirk and Murray.

The opposing squad counted a 4-3 advantage, but again the Express evened up the score. With 9:16 showing, Ouderkirk nailed in an assist from Leroux and Murray.

The Express finally broke the Stars momentum late in the game. The home team allowed their opponents to take another advantage goal, before scoring three times on their net.

Dale Leroux took advantage of the play set up by Ouderkirk and Chris Leroux at 5:20. While Villeneuve put the Express ahead with 4:20 remaining. John Mackler and Roch Benoit assisted for the 6-5 lead.

The Express added to their lead with only 2:24 left on the clock. Mike Stewart put the puck on Todd Blaine's stick, for the marker.

With 1:05 to play, the Stars counted their final goal of the contest. However, the Express still held the lead with a 7-6 score.

Ouderkirk put the icing on the Express' win. With only four seconds left to play Ouderkirk's unassisted marker slid into the open net, to count his hat-trick.

Beavers 7 - Express 5

Last Thursday the North Stormont Express hockey club fell victim to the Clarence Creek Beavers. A 7-5 defeat, handed the Express their fifth loss of the season.

The Express needed only 3:36 to get on the scoreboard. Tim Ouderkirk capitalized on a pass from Todd Blaine and Dave Leroux.

After the first period of play the Beavers held a 2-1 advantage over the home team.

Roch Benoit set up the first play of the second frame. He put the puck on John Grady's stick for the equalling marker with just 15 seconds played in the period.

Bob MacLeod gave the Express a short-lived lead by connecting on a pass from Mike Stewart at the 15:42 mark.

The Beavers even goal came at 12:09, and a 4-3 advantage was taken before the buzzer put an end to the second period.

Jason Flannagan equalled the goal total at four apiece for the Express. Blaine and Stewart, fed Flannagan the puck for the 18:24 third period marker.

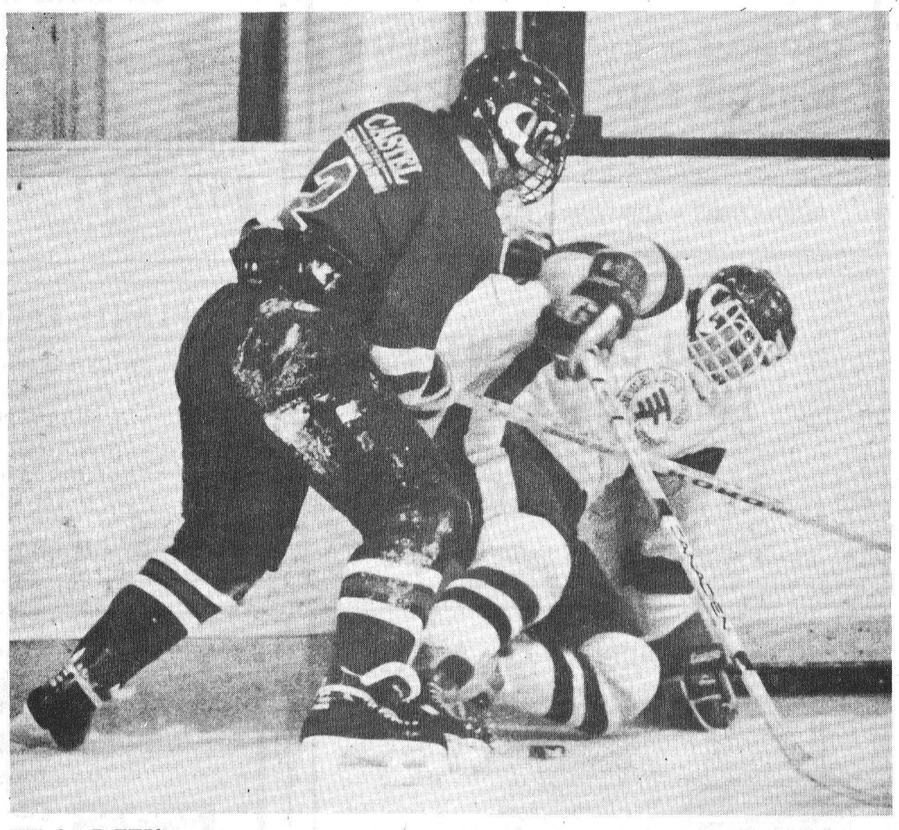
Stewart rekindled the Express' lead with 13:34 showing. He slapped in a pass from Kevin Villeneuve, lifting the squad to a 5-4 score.

At 12:53 and 12:17 the Beavers netted markers. The goals put the visiting team in command of the game.

In hopes of the even goal, the Express pulled their netminder Richard Chevrier. The extra skater proved useless in the attempt, and the Beavers tallied a 7-5 victory with the final score coming with 39 seconds left in the game.The Express' co-coach Kevin Mackler was not pleased with the club's performance. He said the squad is much better than the game showed.

"We didn't play well at all," Mackler said. "We're just not playing well. We're going backwards instead of forwards."

He adds that in order to win, the "guys have to pull together." And "if you don't keep winning you end up at the bottom," fighting for a play-off spot come Febuary.



Third Win

The Chesterville Junior "C" Flyers skater Tim Holmes is knocked down by one of Rocklands forewards, last Monday in Chesterville. The Flyers counted their third straight victory in the Eastern Ontario Jr. "C" Hockey League. They have beaten the Russell Lions twice and won one against the Rockland Nat's.

Flyers victorious against Rockland

CHESTERVILLE - The Chesterville Junior "C" Flyers have come out of the cellar for the first time in the league's 1990-91 hockey campaign.

A 10-6 decision over the Rockland Nat's pulled the Flyers out of basement in the Eastern Ontario Jr. "C" Hockey League standings

Flyers' newcomer Marc Seguin was the hero of the game. He counted a hat-trick performance against the Nat's.

Daniel Trottier also played a suberb game for the Flyers. The goaltender killed several of the Nat's scoring attempts.

First period action put the Flyers into the drivers seat. A 3-2 advantage was tallied by the home team.

The Nat's were the first to hit the scoreboard, the short-lived lead was taken at 16:32 of the first period.

Seguin started his scoring game at 15:16. He picked up a pass from Kent Young and Jason Major, to count the even marker.

The Flyers allowed their guests one last advantage before Young drilled in two goals. He notched in the 2-2 score at 10:21 with assistance from Major. Don Marcellus and Shawn Beckstead set up Young's second goal with just 1:03 before the first intermission.

Period two belonged to the Flyers. The team's spirit lifted them into a winning frame of mind. The squad racked up a total of five goals while only allowing their rivals to score twice.

At 15:12 the Nat's evened the score at three apiece. The Flyers then went on to count four goals before giving up another marker.

Holmes unassisted goal put the Flyers back on top at 12:54 of the frame. Shawn McKenzie added to the total with assistance from Dale Serviss and Micheal Godard at 11:31.

Seguin took a pass from Scott Gibson and Young from the right faceoff circle at 5:02 to put the Flyers into a three-goal lead.

Rob Casselman's shot on the net went unnoticed by the Nat's goaltender. The puck slid through the keeper's legs for a Flyers 7-3 advantage. Ray Sherrer and Holmes assisted the 3:31 marker.

With just 26 seconds left in the period, Holmes connected on a pass from Sherrer and Casselman to take back the marker that the Nat's made 2:18 before.

The Nat's played a strong game at the start of theclosing period. With just 1:36 played the squad scored.

Trottier allowed the Nat's sixth goal with 12:12 left to play. A traffic jam infront of the net made it difficult for the keeper to watch the play.

The momentum of the game was shifting into the Nat's favor. But the Flyers' coach Jerrold Boulanger call a time out at the 11:32 mark in attempt to put his team back on track.

The short break revived the home team. The Flyers needed only 12 seconds to tally 9-6 advantage. Sherrer connected on a pass from Casselman and Holmes to bring unity to the club.

Frustration shone on the Nat's skaters, as the time ran out. The Nat's Robert Guindon laid punches on the Flyers' Chris Holmes. Holmes stood his ground against his opponent, and refused to fight. The play led to a five minute penalty against the Nat's skater, putting them at a disadvantage.

Seguin embarrassed the league's second top club even further by slapping in the goal that counted a double digit score for the Flyers. The games top scorer netted the puck with assistance from Young and Marcellus with 6:28 left in the contest.

For the third time this season the Flyers skated off the ice as the victorious club.

Flyers 10 - Lions 7

The Chesterville Jr. "C" Flyers put down the Russell Lions with a 10-7 decision last Friday, Nov. 23.

It was the squad's second win against their closest rivals in the league.

Both Kent Young and Jason Major slapped in a hat- trick for a Flyers victory.

Major was the first skater to break the ice. He connected on a pass from Don Marcellus with 10:48 showing in the first period.

The Lions tallied a 2-1 lead before the first period came to an end. They went on to count a 4-1 advantage before the Flyers hit the net for the second goal.

Shawn Beckstead set up the play that saw Young score with 12:38 left in the second, cutting down the Lions' commanding lead.

At 9:14, an unassisted marker was slapped in by Major, but the Flyers still trailed by one.

Russell tallied a 5-3 advantage before two quick goals by the Flyers evened things up. Chris Holmes scored off a pass from Ray Sherrer and Shawn McKenzie at 1:58. It took 11 seconds for Sherrer to net the equalizer off a pass from Holmes.

The Lions scored with 15 seconds left in the second frame, counting a 6-5 lead.

A five-goal period lead the way to a Flyers win. Dan Dubios made good on a pass from Rod Casselman with 3:04 played in the closing frame.

At 8:56, Major netted the go-ahead goal, with Young's help. The Lions quickly evened the score a seven-goals apeice.

At 6:51 and 4:28, Young scored for a 9-7 advantage over the Lions. Major assisted on the first while Marcellus set up the following marker.

The scoring game ended when Sherrer counted the Flyers 10-7 lead. Beckstead and Casselman assisted.

Shelp dominates victory over Blue

CHESTERVILLE - It was an easy win for the top squad in the Chesterville Men's Town League last Wednesday.

Darrel Shelp led White to a 9-2 victory over Blue with a four-goal scoring spree.

The Maroon team gave up the first marker of the contest. With only 3:50 played, Shelp nailed in a pass from Jason Kennedy.

A 2-0 differential was counted at 21:28 of the first when John Guy tallied the goal with assistance from Dale Williams Gary Kleinswormink.

Dwayne Bazinet furthered the White club's winning cause by connecting on a pass from Shelp and Kleinswormink. The clocked showed 17:04 when Bazinet got the puck past Blues' goaltender Kenton Holmes.

Thanks to Shelp's superb performance, the White team took a 5-0 lead before the half.

Kleinswormink and Dean Williams assisted on Shelp's 6:37 marker, while Williams and Kennedy helped on the 3:00 goal.

The Blue squad finally got on the scoreboard with just 44 seconds played in the second period. Dale Hutt fed the puck to Barry McShane, enabling him to score.

The game's best skater, Shelp, made scoring look ease. He tallied his fourth goal and for a 6-1 lead at 25:35 of the second.

With a marker coming off the stick of Keith McGrisken the White squad counted its seventh goal with Shelp's assistance.

Dean Williams hit the Blue net with 12:47 remaining, connecting on a pass from Kennedy and Bazinet to lift the White team into a 8-1 lead.

Dale Williams scored the White's final goal. John Guy set up the play with 5:15 remaining in the contest.

Time had almost run out when Dolton Henry slapped in the second goal for the Blue squad.Brad Hanes and Pat Kelly assisted.

Green 7 - Maroon 3

It was as easy as one, two and three goals for the Green team's Kevin Henry. He tallied a hat-trick performance to lift the squad to a 7-3 victory over the Maroon team last Wednesday.

Henry started the Green team's scoring by posting a 1-0 lead with just 3:27 played in the contest. Mark Smith and Jamie Utman assisted.

Lonnie McIntosh hit between the Maroons' pipes with 21:02 showing in the first period. He notched the goal with assistance from Henry and Utman.

Capitalizing on a pass from Smith and Vince Cousineau, Todd Findlay marked a 3-0 advantage for the Green team with 19:58 showing.

At 16:34, Henry took advantage of a pass from Utman and Rob Saunders to put the victorious squad into a commanding four-goal lead.

Maroon finally broke the ice with 2:06 left before the intermission. Ken and Kevin Byers worked along for the squad's first marker.

Green needed only 33 seconds to get the first goal of the second period. Findlay blasted in the assist from Todd and Mark Smith to give the team a 5-1 lead.

Kevin Moore scored to cut Maroon's deficit to 5-2. At 26:55 of the second, with assistance from Kevin Byers.

Maroon got its third goal of the game at 20:11 of the second, when Ken Byers put the puck on the stick of Kevin Byers.

Henry blasted in the 6-3 lead at the 14:00 mark. Mark Smith and Findlay set up the play for the Green squad.

Smith picked up the assists from Utman and Henry for the 7-3 win with 2:17 remaining.

Junior Devils win exhibition contests with big offence

MAPLE RIDGE - North Dundas' Junior Devils posted a convincing 45-39 victory over North Grenville in exhibition play here last Thursday.

It was the second consecutive success in the pre-season for Deanna Corbett-White's Devils. The little Devils overpowered Sir Wilfred Laurier 63- 51 in Ottawa the Tuesday before.

In Thursday's match against North Grenville, Corbett-White figured her team slacked off a little in the offensive department, but played better defence.

"They like to pass the ball and look for the better scoring chance," she explained.

Corbett-White continued, "we are playing together as a team. Everyone had fairly equal playing time."

Rob Merkley had a big game for the Devils hooping 12 points, he also grabbed off eight rebounds and picked up four steals.

Phil Burns dropped through 10 points and was credited with four rebounds, two steals and two assists.

Sean Salter sunk six, had nine rebounds and committed five thefts.

Mike Singh was four for five from the line. He made four points and four assists.

Chris MacDonald hit for three points. Dan McLeod made a deuce and nine rebounds. Jamie Kennedy sunk two points and four rebounds. Ryan Buske dropped in three points. Jason Ball drained a deuce and Corey Vandelst had one.

The stars of the Devils match up against Sir Wilfred Laurier were Sean Salter and Phil Burns. The duo dominated the paint slamming 14 points each in a 63-51 North Dundas victory.

"We really used the fast break against them (SWL). Most of our points were lay-ups," explained Corbett-White.

Rob Merkley drained 11, Jamie Kennedy and Ryan Buske sunk eight. Mike Singh hit for four, Jason Ball made a deuce, while Danny McLeod and Jason Stevens completed the scoring with a single point.

Stevens made seven rebounds, while McLeod and Kennedy each made five rebounds.

This week Corbett-White has more work lined up for her squad. They hosted the Tagwi Warriors in their third and final exhibition game, yesterday.

The Devils SD&G regular season starts tomorrow, Thursday, Nov. 29, in Iroquois. They will be up against the Seaway Spartans

North Dundas will host an eight team jr. tournament this weekend. Friday the Devils play AY Jackson of Kanata at 5:30 p.m. and then take on Renfrew at 8:30.

Play continues throughout Sat., Dec. 1 with the championship match slated for either 7 or 8:30 p.m.

St. Joseph's Panthers, Rothwell-Osnabruck Lancers, La Citadelle Patriotes, Almonte, Sir Wilfrid Laurier, AY Jackson and Renfrew make up the field.

Last minute win

WINCHESTER - Right winger Kevin McConnell turned in a hero's effort here last Thursday leading his North Dundas Bantam C Demons to a dramatic 4-3 victory over the Metcalfe Mustangs.

McConnell scored unassisted with one second left in the game to give North Dundas their Upper Canada Minor Hockey League victory. It was his second goal of the game.

Metcalfe took the lead when Ricky Scrivener beat Demons' Bruno Marion on an unassisted play at 4:12 of period one. The Demons responded with Kevin McConnell's first goal which set by Clayton Bowman at the 3:00 mark.

The teams traded goals again in period two and were tied 2-2 heading into the final frame. Metcalfe took a 2-1 lead at 3:49 when Bryan Maxted converted a powerplay engineered by Dan MacDonald in his first goal of the game.

North Dundas pulled even with 1:51 left as McConnell assisted captain Barry Bell on his goal.

Bryan Maxted hit for his second goal with 4:15 left in the game, scoring from Scrivener, to put the Mustangs ahead 3-2.

A final minute scurry enabled North Dundas to rally for the victory. Paul Brennan tied it up 3-3 when he scored on a powerplay pass from Randy McLeod at the 1:59 mark.

That goal set the stage for McConnell's unassisted winner with one second left in the game.

Coach Sheldon McLeod's charges weren't as fortunate their previous time out [Nov. 15] in Kemptville losing 5-3 to the Royals.

Kemptville led 1-0 after a period and were up 2-1 after two.

Barry Bell, Demons' captain, scored two unassisted goals for North Dundas. Steven Cross fired in the other, also on an unassisted play.

Chris McFarland and Andrew Wills each scored twice for Kemptville. Jamie Holmes supplied the other marker.

Demons bounce back

WINCHESTER - North Dundas' Atom C Demons split a pair of Upper Canada Minor Hockey League games with Metcalfe's two entries last week.

Wednesday the Metcalfe No. One Mustangs skated to a 7-5 win over the Demons. The following night North Dundas blanked the No. Two Mustangs 2-0.

Saturday the Demons travelled to Ottawa and played Blackburn Hamlet an exhibition game on the Civic Center ice.

Goalie Brian Slowey turned in another perfect game between the pipes backing the Demons in a 6-0 victory.

Jason Smith sparked North Dundas' offence scoring a pair of goals. Scott Dellaire, Adam Moss, Danny Stobo and Devon Cinnamon each notched a single goal. Clayton Viling, Danny Stobo and Scott Dellaire earned assists.

Brian Slowey's first zero on the week went up following last Wednesday's 2-0 UCMHL win over Metcalfe No. Two squad.

Adam Moss netted what would prove to be the winning goal when he connected from Clayton Viling and Devon Cinnamon. Scott Dellaire iced the win scoring a later goal, unassisted.

Dellaire opened the scoring for North Dundas against Metcalfe's No. One Mustangs connected on a pass from Jason Smith and Brent Sheldrick but the Demons emerged on the short end of a 7-5 score in spite of a solid effort.

Devon Cinnamon, Ryan Moore, Adam Moss and Joey Geertsma tapped in the Demons' other goals.

Clayton Viling [2], Jason Smith, Brent Sheldrick, Adam Moss [2], Andrew Meeks and Joey Geertsma all earned assists.

Devils win one of four

MAPLE RIDGE - The North Dundas Midget Devil Girl's Basketball team completed its season here on Tuesday, November 20.

The basketball tournament brought the double "A" schools in Stormont, Dundas and Glengarry together for one last time.

St. Joseph's, La Citadelle, Cornwall Collegiate, Glengarry along with North Dundas were the schools competing for the tournament's highest honors.

St. Joe's conquered the challenge in an over time match-up against La Citadelle, one point made the difference.

The Devils failed to make the playoff game, after dropping three of its four contests in the qualifying round.

The Devils lost 32-10 to St. Joe's, 24-12 to La Citadelle and 11-10 to Cornwall Collegiate. The home team was victorious in its final game against Glengarry. The Devils were on top of a 26-15 decision.

Coach Fran Kelly said luck was not on the Devils side. "If we had any luck we would have won two of the four" games. Kelly referred to the 11-10 defeat to Cornwall.

She added that the tournament did serve its purpose. "It's to encourage participation for the grade nines."

"As long as we had a team it was a positive experience," Kelly said. The midget team had 13 students participating in last Tuesday's tournament.

Midget basketball is a mass participation sport. It gives the grade nine students the opportunity to compete for their school. "It lets them see what it's like to compete for your own school," Kelly said.

During the four games, the Devils' Kerry Howse, Amber McKenzie and Carrie Swerdfeger each hooped 10 points. Crystal Saunders rung in six, Jamie Gregoire, Nancy Hamilton and Jennifer Stewart sunk four. Deuces were made by Stephanie Page, Lisa Prentiss, Donna Riddel and Amy Simpson. Terri Hoy and Robin Patterson were scoreless during all four encounters.

SPORTS SCOREBOARD

EASTERN ONTARIO JR. "C" HOCKEY LEAGUE

STANDINGS

Team	GP	W	L	T	GF	GA	PTS
St. Isidore	11	9	1	1	111	48	19
Rockland	12	9	3	0	109	66	18
Casselman	13	8	3	2	96	57	18
Embrun	10	6	4	0	65	50	12
North Stormont	11	5	5	1	77	75	11
Clarence Creek	12	5	7	0	61	100	10
Chesterville	14	3	11	0	63	127	6
Russell	14	2	12	0	61	122	4

TOP SCORERS

Player	GP	G	A	PTS	PIM
Paul Maisonneuve (STI)	9	14	20	34	21
Stephane Cholette (STI)	9	9	25	34	12
Tim Ouderkirk (NS)	10	15	18	33	6
Luc Groulx (RUS)	12	11	17	28	34
Chris Leroux (NS)	8	9	18	27	20
Trevor Clark (STI)	9	10	16	26	10
Daniel Lavergne (RUS)	13	14	10	24	16
Ray Sherrer (CHE)	12	13	10	23	46
Stephane Landriault (STI)	9	12	11	23	18
Alain Leroux (CAS)	10	9	14	23	18
Charles Cusson (CAS)	10	12	10	22	28
Geof Seguin (CAS)	10	14	7	21	10

FINCH LADIES BROOMBALL LEAGUE

STANDINGS

Team	W	L	T	PTS	GF	GA
Finch	5	1	0	11	32	2
Crysler	4	2	0	10	22	2
Ingleside	4	1	1	9	23	5
Chesterville	3	2	1	8	27	7
Beaches	2	1	3	5	11	16
Amsing	1	1	4	3	6	11
Dairy Queen	1	0	5	2	4	22
R.C. Heagle	0	0	6	0	1	62

TOP SCORERS

Player	G	A	PTS
Kelly Dafoe (ING)	7	6	13
Julie Tremblay (FIN)	6	5	11
Lisa Rombough (CHE)	4	7	11
Rita Micheals (ING)	5	5	10
Marg McLauchlin (CRY)	5	4	9
Joanne Benoit (CRY)	7	2	9
Dianne Gallinger (CHE)	4	5	9
Debbie Ledger (FIN)	4	5	9
Sherry Jordan (CHE)	4	5	9
Shelly Melenhorst (CHE)	7	1	8



Bowling

Berwick Thursday Night - Men's High Single, Winston Dingwall 287; Men's Average, Tony Sanders 216; Men's High Cross, Winston Dingwall 690. Ladies' High Single, Debbie Hunt 221; Ladies' High Average, Betty McEwen 202; Ladies' High Cross, Debbie Hunt 608. **Team Standings** - Alen Changaer 46; Dennis Fife 41; David Fife 39; Jeff Hunt 39; Steve Sanders 33; Andy Brunner 33.

Les Copains - Men's High Single, John Tremmaglia 250; Men's High Triple, John Tremmaglia 721. Ladies' High Single, Claudette Racine 225; Ladies' High Triple, Louise Hamel 571. **Team Standings** - Hubert Farley 41; Marcel Paquette 40; Alphonse Lafrance 35; Gilles Beaudry 33; Francois LeClerc 31; Pauline Paquette 30.

Monday Night Men - High Single, Roy Hansma 315; High Triple, Mike Kearns 794; High Average, Mike Glaude 231. **Team Standings** - Blue Max 44; Raiders 44; Stingers 44; Mailmen 36; A-Team 33; No Names 30.

North Stormont Ladies - High Single, Linda Roy 279; High Triple, Linda Roy 648. **Team Standings** - Alice 45; Virley 41; Beth 36; Thelma 35; Shelagh 31; Linda 22.

Avonmore Mixed - Men's High Single, Gordon McRae 237; Men's High Triple, Gordon McRae 597. Ladies' High Single, Mary Marjerrison 264; Ladies' High Triple, Beulah Rielly 660. **Team Standings** - Viola 124; Mary 122; Beulah 117.5; Charlie 115.5; Florence 109; Gordie 105.

Riverside Rollers - Men's High Single, Bill Sobering 223; Men's High Triple, Bill Sobering 643. Ladies' High Single, Katie McCabe 239; Ladies' High Triple, Katie McCabe 597. **Team Standings** - Elaine 43; Gary 40; Janice 40; Tom 40; Bill 40; Gail 30.

YBC Pee Wee - Boy's High Single, David Legue 89; Boy's High Double, David Legue 163. Girls' High Single, Amanda Wheeler 84; Girls' High Double, Amanda Wheeler 163.

YBC Bantam - Boy's High Single, Adam Johnson 177; Boy's High Double, Adam Johnson 351. Girls' High Single, Tammy Heerkens 187; Girls' High Double, Tammy Heerkens 295. **Team Standings** - Micheal 56.5; Kandi 51; Wendy 43; Vicki 40.5; David 38.5; Scott 34; Ronda 30.5; Amanda 30.

YBC Junior - Boy's High Single, Gary St. Pierre 286; Boy's High Double, Gary St. Pierre 405. Girls' High Single, Christina Linton 174; Girls' High Double, Amy Sanders 320. **Team Standings** - Adam 26; Carrie 23; Tara 22; Kevin 19.

YBC Senior - Boy's High Single, David Empey 181; Boy's High Double, Marc Robinson 353. Girls' High Single, Cindy McLeod 285; Girls' High Double, Cindy McLeod 394. **Team Standing s**- Craig 21; Ryan 17; Allison 15.

Williamsburg Mixed - Men's High Single, Allan MacKenzie 273; Men's High Triple, Bob McLeod a642. Ladies' High Single, Teresa Leroux 243; Ladies' High Triple, Dianne Hoogeveen 599. **Team Standings** - Flying Rockers 59; Ultimate Warriors 39; Alley Burners 38; Dolly's Poptarts 38; Hell's Angels 38; Hijackers 28.

Matilda League - Men's High Single, Max Van Oers 301; Men's High Triple, Max Van Oers 755. Ladies' High Single, Wilda Crowder 273; Ladies' High Triple, Wilda Crowder 730. **Team Standings** - Wilda Crowder 23491; Max Van Oers 23230; Ray Dignard 22818; Bill LeClair 22598; Don Fawcett 22563; Lois Keyes 22494. Hidden Score 525 - Ray Dignard 525.

Defender League - Men's High Single, Jack Plummer 259; Men's High Triple, Clarence McAlear 673. Ladies' High Single, Betty Wheeler 224; Ladies' High Triple, Betty Wheeler 586. **Team Standings** - Hilda Hess 36; Debbie Linton 36; Terry Poapst 34; Bertha Barkley 33; Brad Leclair 32; Oswald Linton 18.

Community League - Men's High Single, Claude Lalonde 267; Men's High Triple, Ed Kelly 633. Ladies' High Single, Joyce Armstrong 308; Ladies' High Triple, Joyce Armstrong 687. **Team Standings** - Gerald 44; Edythe 38; Jack 37; Joyce 37; Jean 29; Pat 25.

Finch Mixed League - Men's High Single, Ellwood Thompson 266; Men's High Triple, Darcy St. Pierre 685. Ladies' High Single, Betty Smirl 255; Ladies' High Triple, Debbie Smith 664. **Team Standings** - Looney Tunes 48; Holy Rollers 47; Deuces 37; Golden Girls 36; Rowdies 26; Aces 16.

Busy Matrons - High Single, Betty Wheeler 253; High Triple, Linda Robinson 588. **Team Standings** - Mary 58; Lois 44; Debbie 37; Jean 32; Sharon 32; Muriel 30.

Wednesday Ladies - High Single, Debbie Hess 266. High Triple, Debbie Hess 597. **Team Standings** - Kathy Cinnamon 51; Elizabeth Brooks 45; Debbie Hess 34; Norma Cass 22.

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Diet Dangers



Fitness Forum

by Jennifer Gregoire, Reg. N., N.D.

Dieting implies going on something and then going off it, without any real change in eating habits. Dieting is a temporary measure that is doomed to failure. When we go off our diet, old habits return and the pounds pile on. The only way weight and fat will stay off permanently is to change our habits of living with activity and good nutrition.

Many diets do more harm than good. Although most overfat people want to lose weight "at any cost", they need to be rational and intelligent. Dieting holds false promises, with temporary and often tragic results. Dieting may cause temporary weight loss. However does it help you lose fat and keep the pounds off?

Try any diet and we will probably lose weight for a while, but then we will reach a plateau. Weight loss will be slow. In fact, we may start to gain weight back. The fact is 95% of those who lose weight by dieting gain it back, and then some. How many pounds have you lost and gained in the past three years? How many diets have you been on?

Frederick J. Stare, M.D., former professor and head of nutrition at Harvard University, has said that each time you quickly lose and then regain ten pounds or more, you subject yourself to a period when blood vessel damage, possibly leading to atherosclerosis, may be accelerated. From a health point of view, this on-and-off approach may be more damaging than being slightly overfat and staying that way.

Fad diets are potentially dangerous for another reason: most of them limit, drastically, daily food intake, or else certain food groups are emphasized to the near exclusion of others. The body always suffers when it does not get sufficient amount of all the nutrients necessary for building and repairing new tissue and for regulating the various physiological processes crucial to life itself.

One for example of the popular diet forms today is the low carbohydrate, high fat, high protein diet. These diets appear with nauseating regularity on the bestseller list. The only things that change are the title and the author's name.

For years, reputable physicians have warned us about these diets. Medical Association Councils on Food and Nutrition have severely criticized these diets as dangerous and ineffective. Yet they still survive. Why?

The reason is simple. All of the authors know just enough about human physiology to be dangerous. They talk about ketosis and fat-burning hormones. But they also know that a reduction in carbohydrates causes some quick changes in the body.

For example, since water and carbohydrates bind together in our body and our bodies can store only a small amount of carbohydrates, a lack of carbohydrates in the diet causes the body to flush itself of water. The result is fast BUT TEMPORARY weight loss. There is further water loss from these diets since salt and therefore more water is lost.

Consequently, the typical person on a low-carb diet will lose five to ten pounds the first week. Tragically, the water loss is temporary, fatigue and dehydration set in, an electrolyte imbalance can appear, and the dieter becomes cranky, tired, or sick -- and the dieter goes back to the old weight again [thank goodness]. The poor dieter is left all alone feeling guilty, gaining weight and generally disgusted with their lack of willpower.

My Silent Achiever this week is looking more gorgeous than ever, if that's possible. She is a former Ottawa CIBC employee, now working for "The Law". This very beautiful albeit, short, energetic young woman has lost weight recently by upping her physical activity and fitness level. She can be seen jogging TO AND FROM her aerobics class almost daily. Terrific work.

We are so very lucky to be able to do it for ourselves.



Keeper

The North Dundas Demons' goaltender Darryl Burns stops a shot on net, last Friday in Chesterville. The Demonds were on the losing end of a 6-1 score against Smith Falls.

Jr. girls championship games produce upset

CORNWALL - SD&G's 1990 girls high school basketball playoffs produced one major upset last week.

Rob McDonald's Junior Panthers were the authors of that surprise beating the powerful St. Lawrence Saints 42-20 in the "AA" showdown. McDonald's charges, who defeated the North Dundas Devils in semi-final action lost their first five games of the campaign but rallied to become county champions. St. Lawrence had a winning record of 16 [wins] and two [losses] prior to the game.

Donna Chisholm netted 11 for the Panthers and Jeannie Studnicki matched that total for the Saints.

St. Joseph's advanced to the EOSSAA "AA" tournament in Prescott.

On the Junior "A" front defending champion Rothwell-Osnabruck Lancers needed a last minute basket from Valerie Robinson to edge Scott Corden's Seaway Spartans 35-33 to earn a berth in the EOSSAA tournament in Gananoque.

The Lancers win string went to 13 games with that victory.

Stephanie Porter [16], Karen Dalrymple [11] and Jayme Hamilton [8] were Seaway's top scorers.

In the Senior "AA" play the perennial champion CCVS Lady Raiders repeated winning 50-38 over La Citadelle Patriotes.

CCVS got 13 points apiece from Erica Hollingdrake and Signe Kalil in their championship win. Genevieve LuKenda had 18 for the Pats.

CCVS needed a 13-4 fourth quarter score to pull off the win. They went on to play in the EOSSAA tourney in Smiths Falls.

Coach Irv Francis' Char-Lan Crusaders repeated in the Senior "A" category besting the General Vanier Vikings 58-44. Karen Arnott netted 20 points for the winners while Lori Dupuis carried the Vikes with 30 points.

The SD&G champion Crusaders hosted the EOSSAA playdowns and were ranked No. One in Eastern Ontario.

Demons remain undefeated

WINCHESTER - North Dundas' No. Two Demons gave their older counterparts a run for their money here Monday night but dropped a 5-2 Upper Canada Minor Hockey League Senior Novice decision to the No. One squad.

The Owen Shortt-Shawn Chambers coahed No. Two squad recently moved up to the Seniorbracket after a strong debut in the Intermediate circuit.

The Brian Wyatt-Dan Moriarty guided No. One Demons, senior novice aged, improved their record to five [wins] and two [ties] with Monday's result.

In their two previous starts the No. One Demons roped the Metcalfe Mustangs 5-1 in Metcalfe on Saturday and caged the Morrisburg Lions 3-1 in Morrisburg on Nov. 20.

Craig Wylie set up Steve Mattice's opening goal at 6:56 of the first period of Monday's all-North Dundas encounter. Chris Wyatt made it 2-0 scoring from Becky KleinSwormink at the 4:14 mark.

The Red Demons got on the board at 7:04 of period two when Jon Chambers scored from Joey Hillis and Ryan Thompson. But the White Demons went up 3-1 at the 5:25 mark on Justin Gravelle's unassisted goal.

Red goalie Barret Brundige was brilliant holding the White Demons at bay until his opposition expanded the final count to 5-2 scoring twice in the final 46 seconds of play.

Tyler Shortt closed the gap to 3-2 sweeping a Chambers pass into Gregg Griffiths net with 8:14 left in the game. But the White Demons got goals by Brad Filion at 46 seconds and Rory Moriarty with one second on the clock to secure their win.

Pam Heuff, Chris Wyatt and Steve Mattice picked up the final assists of the game.

Saturday in Metcalfe the No. One Demons led the Mustangs 2-0 and 4-1 enroute to their 5-1 win.

Steve Mattice led the charge scoring twice. Brad Filion, Justin Gravelle and Chris Wyatt banged in the other markers. Jeff Beck [2], Filion and KleinSwormink earned assists.

Jamie Barber scored Metcalfe's lone goal on a pass from Sam Herr at 1:04 of period two.

Gregg Griffith missed a shutout by one in Morrisburg but his team posted a 3-1 win. The winners led 2-1 after a period and 3-1 after two in a tight-checking contest.

Brad Notman gave the Lions a 1-0 lead scoring from Tom Casselman at 9:07 of period one but North Dundas rallied with three straight goals.

Jessica Dillabough hit from Jeff Beck and tied the game up 1-1 at 7:46. Brad Filion netted the winner 3:44 before the end of the first frame scoring from Jeff Beck.

Rory Moriarty made it a 3-1 final using a pass from Chris Wyatt and Steve Mattice at 3:26 of period two.

CHESTERVILLE SPORTS CLUB HOCKEY DRAFT

Bruce Henderson is this week's winner of the Chesterville Sports Club Hockey Draft. He is ranked fifth of a field of 143 draft participants. The top 15 listings are:

NAMES	G	A	PTS
Craig Beckstead	100	179	279
Robert Terriah	100	173	273
Scot Bell	99	171	270
Michael Guy	93	173	266
Bruce Henderson	101	159	260
Bernard Grady	90	169	259
Kevin Baldwin	100	157	257
Mark Reid	95	161	256
Anne Jamieson	92	164	256
Bill Ganter	105	149	254
Floyd Emburg	85	167	252
Derek Barton	100	149	249
Muriel Milne	81	168	249
Bill Van Loon	103	141	244
Lee Madden	98	146	244



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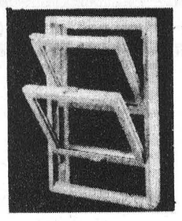

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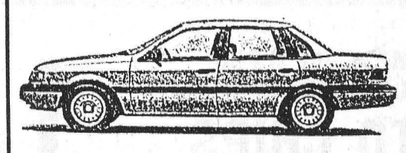
1990 Ford Tempo



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We play the music to keep the crowd Dancing with Premium sound!
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• FINANCIAL SERVICES
113 Second St. East
CORNWALL, Ont. K6H 1Y5 613-932-7801

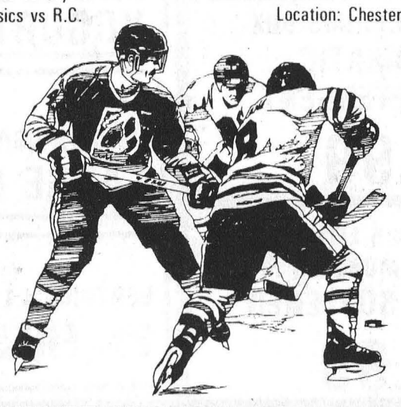
Sports Calendar

JUNIOR 'C' ACTION UPCOMING SCHEDULE
Thurs., Nov. 29
Embrun vs North Stormont - 8:00 pm
Mon., Dec. 3
Embrun vs Chesterville - 8:15 pm
Thurs., Dec. 6
Russell vs North Stormont - 8:00 pm
Sun., Dec. 9
Chesterville vs Clarence - 2:15 pm
Mon., Dec. 10
North Stormont vs Chesterville - 8:15 pm
Thurs., Dec. 13
Rockland vs North Stormont - 8:00 pm
Fri., Dec. 14
North Stormont vs Russell - 8:15 pm
Sun., Dec. 16
North Stormont vs Clarence - 2:15 pm
Chesterville vs Casselman - 2:15 pm
Mon., Dec. 17
Russell vs Chesterville - 8:15 pm
Wed., Dec. 19
Chesterville vs Rockland - 8:15 pm
Thurs., Dec. 20
St. Isidore vs North Stormont - 8:00 pm
Fri., Dec. 21
North Stormont vs Embrun - 8:15 pm
Thurs., Dec. 27
Casselman vs North Stormont - 8:00 pm
Fri., Dec. 28
ALL STAR GAME AT ST. ISIDORE
8:00 PM

FINCH LADIES BROOMBALL LEAGUE
Mon., Dec. 3
8:00 pm - Ingleside vs Crysler
8:50 pm - Classics vs R.C.

WINCHESTER BROOMBALL LEAGUE
Sun., Dec. 2
7:00 - Prescott Road vs Manotick
8:00 - Toyes Hill vs Newington
9:00 - Ormond vs Morewood
10:00 - Voyageurs vs Winchester

UPPER CANADA MINOR HOCKEY
Senior Novice - East
Fri., Nov. 30 - 7:00 p.m.
North Dundas vs South Grenville
Location: Spencerville
Mon., Dec. 3 - 7:00 p.m.
Metcalfe vs North Dundas
Location: Winchester
Atom Level 1
Fri., Nov. 30 - 7:30 p.m.
Brockville vs North Dundas
Location: Chesterville
Pee Wee Level 1
Thurs. Nov. 29 - 8:30 p.m.
North Dundas vs Brockville
Location: Brockville Y.A.
Mon., Dec. 3 - 8:00 p.m.
South Grenville vs North Dundas
Location: Winchester
Bantam Level 1
No Games Scheduled
Midget Level 1
Sun., Dec. 2 - 8:20 p.m.
North Dundas vs Smith Falls
Location: Community Arena
Tues., Dec. 4 - 8:00 p.m.
South Grenville vs North Dundas
Location: Chesterville



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39 Howard St.
Chesterville — 448-1411

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Specializing in Italian Foods
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8AM–9PM
SAT. 8AM–6PM

MIKE DEAN'S SUPERFOODSTORE
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WE RESERVE THE RIGHT TO LIMIT QUANTITIES.

DIRECT WAREHOUSE PRICES EVERYDAY OF EVERYWEEK

PRICES IN EFFECT UNTIL CLOSING TUES., DEC. 4 1990

PICNIC 355 ML REGULAR
ORANGE JUICE
89¢

EVERY DAY OF EVERY WEEK DIRECT WAREHOUSE PRICES ON NAME BRAND PRODUCTS

BETTY 675 G LOAF
100% WHOLE OR CRACKED WHEAT BREAD 89¢

GOOD HUMOUR 2 LITRE ASSORTED FLAVOURS
ICE CREAM 1.99

CHRISTIE 450 G PKG
CHIPS AHOY FUDGEE-O OREO COOKIES 2.99



RITZ CRACKERS 99¢
REGULAR, WHOLE WHEAT OR 50% LESS SALT
01103582
WITH THIS COUPON

HUMPTY DUMPTY 200 G PKG ASSORTED FLAVOURS
POTATO CHIPS 1.49

MITCHELL'S 48 OZ TIN
PURE APPLE JUICE 99¢

QUAKER
CORN BRAN 450 G PKG
LIFE CEREAL 550 G PKG 2.69

ROBIN HOOD 2.5 KG BAG
BRODIE, INSTANT BLENDING VELVET OR WHITE
FLOUR 2.69

E.D. SMITH 19 OZ TIN
REGULAR OR LIGHT BLUEBERRY OR CHERRY
PIE FILLING 2.19

TOPCO 6 OZ TIN ASSORTED FLAVOURS
CAT FOOD 6/1.00

COTTONELLE JUMBO PACK 24 ROLLS
BATHROOM TISSUE 9.99

SUNLIGHT 1 LITRE
LIQUID DISH DETERGENT 2.29

SURF 10 LITRE BOX
LAUNDRY DETERGENT 5.49

DEMPSTERS PKG OF 6
CRUMPETS 89¢

ST. HUBERT 14 OZ TIN
POUTINE GRAVY 89¢

CHRISTIE 250 G PKG ASSORTED VARIETIES
CRACKERS 2.19

CHRISTIE 400 G PKG
GRAHAM WAFERS OR CRUMBS 2.19

750 ML BOTTLE ASSORTED VARIETIES
SOFT DRINKS 59¢ PLUS DEPOSIT

24x280 ML TINS ASSORTED VARIETIES
SOFT DRINKS 6.99

QUAKER 225 G PKG ASSORTED FLAVOURS
CHEWY GRANOLA BARS 2.39

JOLLY GOOD 500 G PKG
PITTED DATES 2.19

JAFFA 750 G PKG SEEDLESS
SULTANA RAISINS 2.99

PUSS AND BOOTS 723 G TIN ASSORTED FLAVOURS
CAT FOOD 89¢

SANI FLUSH 1.4 KG CRYSTAL
TOILET BOWL CLEANER 2.19

ALL 1.8 KG BONUS BOX
AUTOMATIC DISH DETERGENT 3.99

SNUGGLE 1.5 LITRE JUG REGULAR OR MORNING FRESH
FABRIC SOFTENER 2.99

FARM FRESH FRUITS AND VEGETABLES EVERY DAY

U.S. FANCY CALIFORNIA
ICEBERG LETTUCE HEAD 69¢

PRODUCT OF CANADA
FRESH RADISHES 1 LB BAG 49¢

PRODUCT OF U.S.A.
SWEET POTATO YAMS 1.08 KG 49¢ LB

PRODUCT OF MEXICO RED RIPE
CHERRY TOMATOES PINT 1.19

U.S. EXTRA FANCY TABLE PRODUCT OF U.S.A.
GREEN ALMERIA GRAPES 2.18 KG 99¢ LB

PRODUCT OF U.S.A.
BARTLETT PEARS 1.74 KG 79¢ LB

PRODUCT OF U.S.A. SIZE 138
NAVEL ORANGES DOZEN 1.69

CANADA EXTRA FANCY PRODUCT OF ONTARIO
SPARTAN APPLES 3 LB BAG 1.69

A HUGE VARIETY OF YOUR FAVOURITE BAKERY PRODUCTS

DEMPSTERS 675 G LOAF 6 VARIETIES
CANADIANA BREADS 1.19

DEMPSTERS 675 G LOAF WHITE OR WHOLE WHEAT
FIBRE BREAD 1.19

BETTY 450 G LOAF
RAISIN BREAD 1.39

BETTY PKG OF 6
DELI ROLLS 89¢

VACHON PKG OF 10
BUTTER TARTS
LEMON TARTS
PECAN TARTS 2.39

A GOOD VARIETY OF YOUR FAVOURITE DAIRY PRODUCTS

BEATRICE 175 G ASSORTED FLAVOURS
FRUIT BOTTOM YOGURT 59¢ TRAY OF 12 - $6.88

CANADA GRADE 'A'
LARGE EGGS DOZEN 1.09

BEATRICE 4 LITRE BAG
2% FRESH MILK 2.99

SPECIAL CUTTING REQUIREMENTS-WE ARE GLAD TO HELP

FRESH PORK PICNIC
SHOULDER ROAST 2.18 KG 99¢ LB

LEAN SLICED
SIDE PORK 3.29 KG 1.49 LB

FRESH PORK
RIBLETS OR HOCKS 1.96 KG 89¢ LB

BONELESS PORK
BUTT ROAST 3.73 KG 1.69 LB

FRESH SLICED
PORK LIVER 1.74 KG 79¢ LB

FOR YOUR TOURTIERE
LEAN MINCED PORK 4.17 KG 1.89 LB

MARY MILES 500 G PKG
BREAKFAST BACON 2.89

"CATCH OF THE WEEK" FLASH FROZEN
COD FILLETS 6.59 KG 2.99 LB

"PIZZA OF THE WEEK
15" FULLY LOADED COMBINATION 5.89

THE BUTCHER'S FRESH SLICED DELI MEATS & CHEESE

BURNS SLICED
KOLBASSA LOAF 8.80 KG 3.99 LB

SCHNEIDERS SLICED ALL BEEF OR GARLIC
BOLOGNA 6.37 KG 2.89 LB

SIMON DE GROOT SLICED
TIN END HAM 7.91 KG 3.59 LB

SCHNEIDERS SLICED
LUNCHEON LOAF 8.13 KG 3.69 LB

SIMON DE GROOT SLICED
ALL BEEF SALAMI 6.59 KG 2.99 LB

BURNS SLICED
COOKED HAM 5.93 KG 2.69 LB

MAPLE LEAF FINE, COARSE, CREAMY
LIVERWURST 6.59 KG 2.99 LB

MAPLE DALE CHEESE
MONTEREY JACK 8.80 KG 3.99 LB

WONG WING
EGG ROLLS 2/1.00

A WIDE VARIETY OF YOUR FAVOURITE FROZEN FOODS

GOOD HUMOUR PKG OF 6
REVELLO OR CREAMSICLE 2.69

SOMMERDALE 1 KG
FRENCH FRIES 89¢

WELCH'S 341 ML
GRAPE JUICE 1.39