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VOLUME 59 NUMBER 38

WEDNESDAY MARCH 3, 1982

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Electives at St. Cecilia's include cooking

What could an 11-year-old boy, a 12-year-old girl, four 13-year-old and 14-year-old have in common in Iroquois. The answer is cooking. Yes! Cooking! The seven are students at St. Cecilia's Separate School here and through the process of a system called "Electives", they chose and actively participate in a cooking class.

Electives are classes over and above the regular course of study, wherein each student chooses three subjects, in order of preference, out of a list comprising Winter Sports, Cross Country Skiing, Guitar, Fitness, Needlepoint, Arts & Crafts, Knitting, Weaving, Cooking, Drama and Art.

Every effort is made to accommodate each student in the subject of his or her first choice. The Electives then take place for one and one-half hours Monday mornings, inside or out, depending on the class. No marks are given for Electives, as they are conducted purely for experience.

Cooking was the choice of Lisa St. Denis, Richard Paquette, Ron Gallivan, Pat Cole, Bill Bucking, Jeff Pashak and Marc Meilleur and is taught by Kathy Johnston.

Last Monday's class was fourth in the series of five. It involved the preparation of a complete supper, while the week before, the students prepared lunches with homemade cookies, (from scratch) for dessert.

Strangely enough, it's Lisa who feels out of place in the class, which she also chose last year. She says "It's weird, being the only girl in a cooking class."

When asked why he chose cooking as an Elective, 14-year-old Ron Gallivan stated emphatically "I like to eat!!!" He was echoed six times.

Ron also said his very favourite food is Italian, especially spaghetti and lasagna. He cooks at home and took the class last year.

Jeff, who is 13 and also likes food, explained "I usually wear my breakfast off before this class starts, (at approximately 9 a.m. so I need the food!"

Jeff, who took Winter Sports last year, says he helps his Mom out and sometimes cooks if he's alone. According to Jeff his entire family enjoys cooking, including his Dad and sisters.

This is Marc's second year in cooking, although he warns "... Maybe next year, I'll try something different."

He feels he has learned a lot about cooking and nutrition from the two years of classes.

Bill stated I took the class once before and I took it again this year because I really enjoyed it before and I've found out about cooking and nutrition."

With his classmates, Bill has put together breakfast, a lunch and this week, a supper. They've also produced lovely batches of homemade cookies and muffins.

Thirteen-year-old Richard May choose cooking again next year because "It's doing something different and I like to eat."

Richard sometimes cooks at home and says homemade pizzas are his favorite food. He said his Mom approved of him taking the class, because "it



One great thing about Cooking Class at St. Cecilia's is that all of the cooks get to eat the broth! Here, the seven culinary students enjoy a lunch (complete with home-made cookies) and plan their next menu.

will help me when I get older."

Pat feels the same as Jeff in that the cooking class provides him with something to eat between breakfast and lunch. However, his reasons for choosing this Elective aren't all physical! He has plans for becoming a Marine Engineer and says knowing how to cook will prove to be much cheaper than eating at restaurants all the time.

Pat cooks at home quite often, saying he makes good use of cook books and gets no complaints from his wares, which include cakes, cookies and pies.

All of the boys involved in the Cooking Electives swear quite adamantly that there are no future Home Economics classes planned for their high school years, but, who knows for sure?

After all, the Galloping Gourmet was once a teenager!

Seaway Valley Winter Carnival a huge success



Prize winners of the various contests in last week's Winter Carnival at Seaway Valley School were: Back row, left to right: Gordon, Linda, Priscilla, Melvin, Barry and Glen. Middle: Kevin, Troy, Judy and Tammy. Front: Matthew, Debbie, Paul and Christine.

The tiny community of Seaway Valley School concluded a week-long Winter Carnival last Friday with dancing in the auditorium.

Since Friday was colour day, everyone was decked out in bright reds and blue and prizes were awarded to Tammy, Debbie Windsor, Glen Francis and Christine Baker.

Monday kicked off the week of events with the crownings of Queen Linda Nicholson and King Gordon Woods, and a Royal Dance in celebration.

Tuesday saw students and staff alike journey to Upper Canada Village where everyone enjoyed a sleigh ride through the streets of history. Sledding down Monument Hill brought the day to its close.

Wednesday was spent skating at

Iroquois' outdoor rink, while Thursday, the outdoor activity moved back to Seaway Valley's schoolyard. There, a long, hard battle of Broomball was fought between staff and students, with the students claiming a 14-2 victory. (Although the staff has decided not to contest the decision, certain persons detect unrest among the teachers who feel the referee was biased).

The day also produced a tug-of-war contest and snowshoe races, which were won by Priscilla, Kevin, Melvin and Matthew Eyamie, while winners of the "Ball-in-the-Bin Contest were Priscilla, Melvin, Troy, Paul Dusomos and Tammy.

A "Count-the-Jelly Beans" Contest was won by Judy James, and Scott Gates, Barry Beaudoin and Melvin Hal-lister won the "Who's Who" Contest.

Hi-C's exchange

The Brinston United Church Hi-C's were guests of the U.C. teens at Mansonville, Quebec, last weekend.

The local youth group were billeted at the homes of the Quebecers upon their arrival Friday.

After a day of snowshoeing, downhill and cross country skiing at Owl's Head Saturday, the group enjoyed a spaghetti dinner and dance.

Sunday morning's church service and Pot Luck Dinner were followed by a noon hour departure.

Brinston is anxiously looking forward to Mansonville's exchange visit in April.

A probable topic of discussion at that time will be Lilly's Leap.



King Gordon Woods and Queen Linda

Nicholson enjoy a dance last Friday.

Speak-off March 13th

Interest in effective speaking growing

All the preliminary indications suggest a high level of participation in the upcoming finals for the 1982 Public Speaking competitions.

The Speak-off will be at the Legion Hall, Iroquois, March 13th.

Elementary School students from Nationview Public, Dixon's Corners Public, Iroquois Public and St. Cecilia's Separate will compete in two categories beginning at 9:15 a.m. The Secondary School group for Seaway District High School will compete in their two categories, beginning at 1:15 a.m.

The morning competitions are sponsored by the Iroquois Branch of the Legion while the afternoon activities are jointly sponsored by the Morrisburg Lions Club and the Iroquois Legion.

The co-chairman for this event are Lion Harry Van Moorsel, of Morrisburg and Comrade Dr. Peter Playfair, of Iroquois.

The three prize winners in each of the four groups will receive Legion medals, and the best male and best female presentation from the High School group will receive Lions Club cash prizes.

Midway through the morning, the Legion Zone and District award-winners

from Iroquois and District will receive their awards from the Zone Commander. This includes Poster Contest winner Chris Eamon of Seaway; Essay Contest winners Jennifer Thompson and Jo-Anne Baker and Margaret Merkley of Seaway, who took the Poetry award. The Prose award in the Elementary schools goes to Catherine Whittaker, while Poetry went to Lisa Boyd and Beatrice Patterson.

All the first prize winners will advance to the next level of competition at the Manotick Branch of the Royal Canadian Legion, March 21st. The high school winners, from all Eastern Ontario Lions Club competitions will proceed to the Competition at Seaway District High, March 29th. Lion Peter Swank is Chairman for the event.

Eva McInnis passes

Mrs. Eva McInnis, widow of the late Arthur McInnis, and a well known former resident of Iroquois, died Tuesday at Wellington House, Prescott.

Held over

A complete story and photo of retiring Treasurer of Brinston United Church, Stanley Shaver will appear in next week's issue of the Iroquois Post.

At John Strader farm

Fire! 130 pigs killed in blaze Thursday



An early morning fire last Thursday totally destroyed a barn and contents belonging to John Strader, R.R. 1, Iroquois.

Mr. Strader told the Post he had checked on his stock at approximately 1 a.m. that morning and returned to the house, after confirming that one of his sows was giving birth.

Sometime after that, one of his neighbours pounded at the door, informing

him of the blaze, but because of downed wires a call to the fire department was delayed further.

A new corn-picker was destroyed in the fire that killed between 120 and 130 pigs and an amount of hay contained in the barn also burned. A new tractor was moved away from the area.

Mr. Strader said he couldn't estimate his total loss and reported he carried only partial insurance on the barn.

Variety of subjects discussed

Council "special" last Tuesday

Operating a taxi can be a financially hazardous profession in a smaller community, such as Iroquois.

The actual cost goes far beyond the \$25 licence fee to include gas and a very healthy insurance premium.

Insurance increased

Council learned of taxing costs when addressed last Tuesday by local cab operator Garnet Serviss. Council had gathered to pursue some matters tabled at the monthly meeting and Mr. Serviss was one of several delegates to appear.

Following a brief discussion with Mr. Serviss, council reviewed the Village

Taxi By-Law and decided to leave it as it was, changing only the amount of recommended insurance from \$100,000 to \$500,000.

Mr. Serviss had apparently been one step ahead of Council, as he informed them he already carries this amount.

Also meeting with Council was Doug McNairn of the Ontario Home Renewal Program.

During a lull in proceedings, Reeve Frank Rooney commented on how pleasing the decor was. The chambers were under renovations, when the rest of the Civic Centre came due for a facelift.

The entire project will be completed shortly, following some of those last-minute added touches that are always necessary, such as drapery and clean-ups.

Open house

Peter Swank suggested an Open House featuring a Wine & Cheese Party and Coffee & Doughnuts for residents who wished to tour the newly-completed premises. Council supported the idea wholeheartedly and Saturday, April 24th, from 7 p.m. to 9 p.m. was scheduled as the tentative date.

Once again, the question of lights at the airport arose and again the subject

was tabled until further information could be obtained.

Councillor John Haldane briefly addressed Council, stating that he had applied for a government grant to support the hiring of nine summer students, but cautioned Council members that he didn't expect the full nine applications would be approved.

Mr. Haldane explained that Council should keep the village's 125th Anniversary foremost in mind when considering the students and also mentioned the ever present problem of vandalism. John McAllister had broached the subject of a possible patrol being set up to curb vandalism, when the topic was discussed at length, one week ago.

Council sets fees for use of Civic Centre

The rental of the Civic Centre Auditorium fell under a great deal of discussion at both the regular and special meetings of Council during the past two weeks. The final decisions were made last Tuesday evening.

It was felt that the hall should "be made available to any village organization provided it is not already being used and provided that bookings are made in advance in writing."

A \$75 deposit (post dated cheque) is required plus a \$25 clean-up fee for all

functions with bar facilities. The deposit will be refunded if the hall is left in good order.

Wedding receptions and similar bookings must be made through service clubs, churches, etc., while all outside clubs and organizations will be charged \$150 plus a \$50 deposit. The necessary reservations must be made through the Clerk's office, submitted in letter form and accompanied by the necessary deposit and clean-up fees.

Further information is available at the Clerk's office.

Kemptville College Royal for the public

"It's the only time since I've been in school that I've taken on this much responsibility," says publicity chairman, Michel Saumure. Along with about 300 other students, Saumure will be staging the 53rd Royal at Kemptville College on March 12 and 13.

This year's livestock showmanship competition promises to be the toughest in years.

Over 130 contestants are slated for the two day affair which co-president Ken Hunter of Smiths Falls says will feature some of the best young showmen in Eastern Ontario.

The public will be able to match wits with the judges in the livestock competition and prizes will be awarded to those who are winners.

The theme of the show,

"From Us To You In '82", reflects what students hope the Royal will do for the public. Says co-president Jane Howard of Renfrew, "We're proud of what we have to offer."

Specifically, the student show will offer a celebrity milking competition, home produce competitions, home economics and agricultural displays, a variety show, and guided wagon tours. Most of the College facilities will be open.

The home economics section will feature four fashion shows in which about 30 home economics students will model their designs. Student co-ordinator, Olivia Nixon of Ottawa, calls the show a spring "spectacular". The audience, she says, can look for luxurious fabrics and newly styled sheers. As well, the home economics section will feature clothing and food demonstrations.

Refreshments are available on campus, March 12 and 13.

Going to expand inland elevator at Kemptville

Agriculture Minister Eugene Whelan today announced a federal contribution of \$28,000 to Harvex Elevators Inc., of Kemptville, Ont., for the expansion of an elevator at Oxford Station, Ont.

The elevator storage capacity will be increased by 915 tonnes for a total capacity of 2,250 tonnes (barley equivalent).

This project will provide much-needed additional storage capacity to serve grain producers in the Dundas, Grenville and Ottawa-Carleton regions of Ontario.

The funding is provided under the Inland Elevator Program administered by the Livestock Feed Board of Canada in co-operation with Agriculture Canada.

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Royal family elections held at Seaway District

Karen Gouenlock and Shawn Best were chosen Lady and Lord of the Winter Carnival at Seaway District High School. They were entrants in the Grade Nine category for the Royal Family elections.

The Duke and Duchess (Grade 10) were Reggie Francis and Pam Gouenlock, while Prince and Princess (Grade Eleven) were Brian Koekoe and Rebecca Carman.

Queen B.J. Thompson and King Jeff Van Moorsel were entries from 12 and 13.

Friday's hockey game, had many spectators cheering on Seaway's team, who surprisingly bounded ahead of North

Dundas for an easy 9-3 win.

The week of the 15th got underway with "Hoser Day", followed by a day-long volleyball tournament, hosted by Seaway.

On Wednesday of Carnival Week, a senior basketball team of six boys and girls was pitted against the teachers. The students' win was attributed to skill and general basketball "know-how."

Although Thursday was only a half day, the "Hat" promotion was celebrated by most students.

The 1982 Winter Carnival at Seaway drew to a close Friday, February 19th with a general

A flash back - do you remember these?

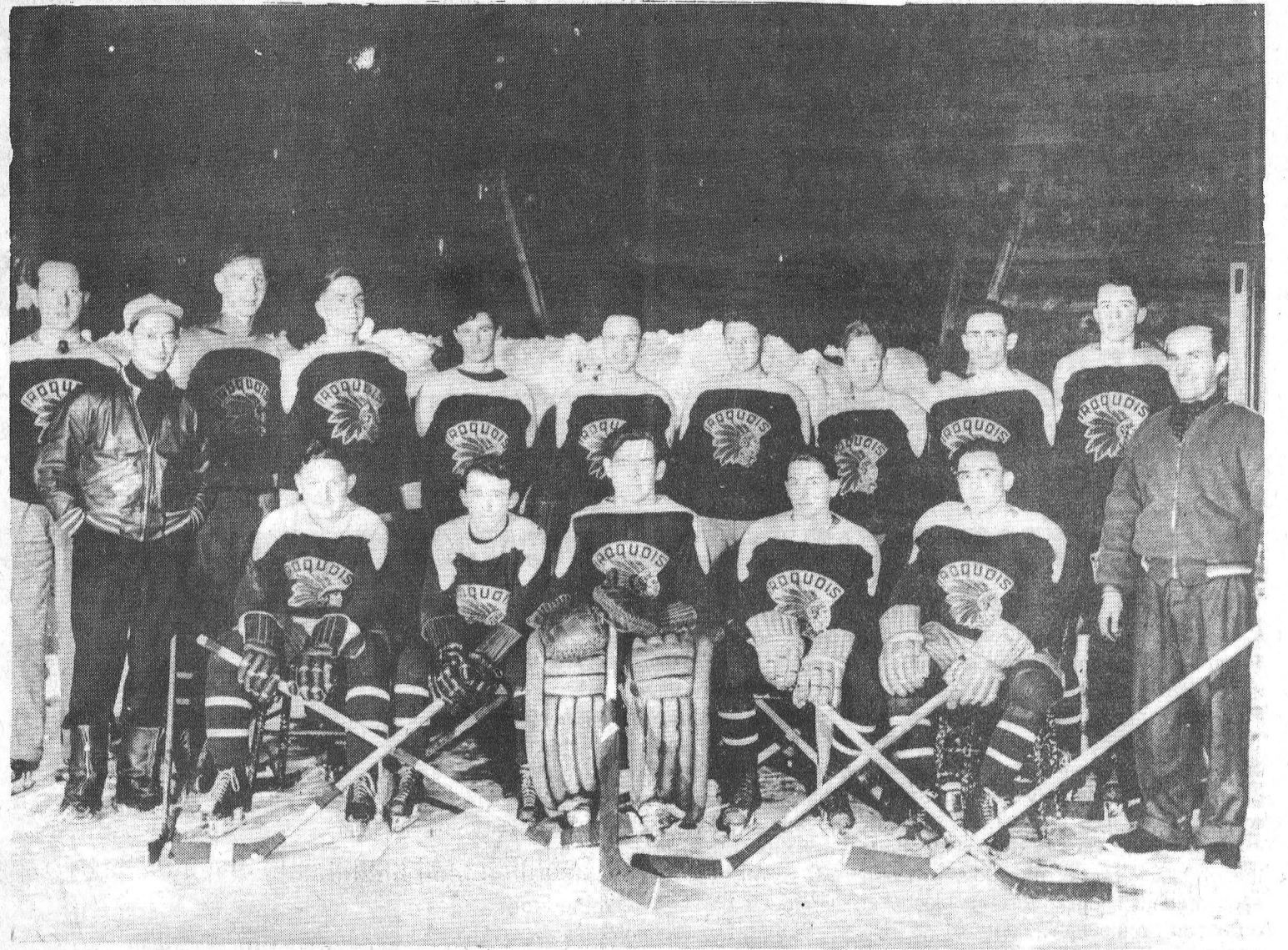


Photo by Keith Fisher

Hurry in to The Post with your list of names and first correct list of names wins a large print of the above picture.

A profile on the "empty nesters"

Researchers who have studied Canada's "empty nesters" - parents whose children have grown up and left them with room to spare in the family house - say these couples are not the big spenders that many market analysts think.

John Miron of the University of Toronto's Centre for Urban and Community Studies and Myra Schiff, a Toronto private consultant, have just completed "A Profile of the Emerging Empty Nester Household" for the Technical Research Division of Canada Mortgage and Housing Corporation.

Miron and Schiff, who base their analysis on 1971 Census data and CMHC's 1974 Survey of Housing Units, discount the picture presented in recent business articles of empty nesters as being "rich in equity", looking to unload the big family home for a luxury condominium and a new and gracious child-free lifestyle.

"While the popular image plays up the affluence of empty nesters, our data suggest that, in fact, empty nesters are generally less well off (10 to 20 percent less well off) than other husband-wife families at the same age," the report states.

For the purpose of the study, empty nesters are taken to be a husband and wife, the husband between 45 and 64 years of age, who have had children but are now living alone.

The study shows that less than 25 percent of Canadian couples in that age group are actually empty nesters. Children don't all leave home at the same age and it can take 10 years or more, after the children are grown, to empty the nest. Then they may start moving back in for extended

"Activity Day". Students participated in down-hill and cross-country skiing, a hockey tournament, indoor sports, roller skating, and indoor board games. A movie, Monty Python's "In Search of the Holy Grail" was shown in the afternoon.

Lynn Gaiser, assisted by a carnival committee, plus Mr. Lloyd, Mr. Johnston and Shawn Boulterice, organized the many events of Winter Carnival '82 and while participation wasn't at its peak, the week was termed a success.

periods.

The typical couple don't become empty nesters until after their thirty-fourth wedding anniversary.

About 75 percent of empty nesters own their own homes and the rest occupy a variety of apartments and flats.

Contrary to popular belief, they don't live in big houses. About 60 percent of empty nesters live in dwellings of no more than five rooms.

Empty nesters, like other families of the same age, are less likely to move than younger Canadians. About half of all households can be expected to move in a five-year period but, among empty nesters, the proportion is only about one-third.

The analysis produced by Miron and Schiff shows that, contrary to popular belief, most empty nesters who move do so because they want more space, not less.

The desire for more space was the reason given most frequently by those who had moved. The desire for less space was fourth on the list, after "more space", "better quality" and "better neighbourhood."

The analysis, however, indicates that most empty nesters who move are moving out of small units. The single largest group of empty nesters moving were moving out of homes with three rooms or less.

Couples moving out of units of four or five rooms generally tended to seek other units of a similar size. Couples seeking smaller homes were those moving out of units with six or more rooms.

Empty nesters generally tend to live in older homes - about half of them in units at least 23 years old. When they move, they don't generally look for new homes but for units that are the same age as or only slightly newer than the ones they are leaving.

Ontario traditionally accounts for the largest number of empty nester families - 40 percent of the national total. Quebec, with a comparable population, has only half as many empty nesters as Ontario.

The researchers attribute this difference, in part, to the fact that Quebec couples now in the 45 to 64 age group had more

children, who take a greater number of years to leave the parental house.

As to the future, Miron and Schiff project that the number

of empty nesters in Canada will more than double over the next two decades, from about 426,500 families in 1981 to nearly 90,000 in the year 2001.

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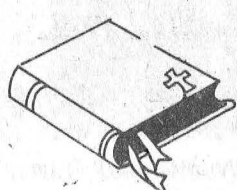
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Sunday
9:45 a.m. Christian Education Hour
10:45 a.m. Worship the Word
7:00 p.m. Praise Gathering
Dial-a-Prayer 543-3456

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Rev. F.M. O'Connor,
Parish Priest

Sunday - 9:30 a.m.
Confessions -
Before Masses

St. Mary's - Morrisburg
Saturday - 7:30 p.m.
Sunday - 11:00 a.m.
Confessions -
Before Masses

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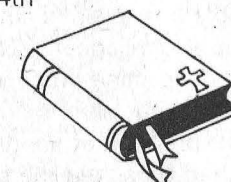
Morning Service - 9:30 a.m.
Worship - 2:30 p.m.

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11:00 a.m. Sung Eucharist
Instruction Classes
St. John's, Iroquois -
9:30 a.m. Holy Eucharist
Holy Trinity, Riverside
Next Service on March
14th



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125th Anniversary Events

Theme - 125 Anniversary
of Iroquois

FEBRUARY

Valentine Poster Contest. Prizes - Pre-school; 6 to 9; 10 to 12. Entries must be in Rosalie's Boutique by February 12.

February 21 - 11 a.m. Golfers - \$3.00 per person at Iroquois Golf Club, 1 club and 1 tennis ball. Prices includes weiner roast.

February 27 - Cubs, Scouts, Banquet.
February 28 - Church Parade - Scouts, Cubs, Beavers, Guides, Brownies, Pathfinders to Anglican Church.

MARCH

MARCH 3 - Euchre and Bridge
MARCH 13 - Legion-Lions Speak-off '82 Legion Auditorium - Elementary Speakers 9:15 a.m. Secondary Speakers 1:15 p.m.

March 13 - St. Patrick's Dance - 9 p.m. Matilda Hall Sponsor Iroquois-Matilda Lions
MARCH 17 - Good Companions Bridge and Euchre 8:00 p.m. Civic Centre.

March 27 - 6:15 p.m. Matilda Hall Agricultural Night - Dinner & Dance

March 27 - Interbranch Darts at Legion

March 29 - 7:30 p.m. at S.D.H.S. - Lions Club District A-4 Public Speaking Finals.

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The week in review at Iroquois United Church

The Sunday School Skating party was great fun. The weather that day afforded ideal conditions for outdoor sport. The meal of beans and weiners was a satisfying conclusion. About seventy-five attended.

Last week marked the seventy-fifth anniversary of Scouting and the one hundred and twenty-fifth anniversary of the birth of Lord Baden-Powell. Locally the event was observed in two ways. On Saturday evening Cubs, Beavers and Scouts along with families and leaders met for a pot-luck supper in the church hall. During the programme following each group made contribution to the entertainment and George Fowler showed slides covering last summer's trip to the Jamboree. On Sunday these same groups, joined by Brownies and Guides, paraded to St. John the Baptist Anglican church to share in the service.

Now that the church is moving into the second week of the Lenten period and many events are up-coming to provide spiritual nourishment for the approaching Holy Season.

Over the week-end of March 5, 6, 7 the Youth of Grenville and Dundas Counties will spend in retreat at Camp Iawah, near Westport, on Wolfe Lake. The Director will be Gary Tompkins. The youth group from this church will be a part. The Seaway Valley Youth Project is funded by Division of Mission in Canada and so when money is placed in the Mission side of the Offering envelope this is one of the areas to receive support.

Sunday evening, March 7, will find all churches of the village meeting at St. Cecilia's Roman

Catholic Church to observe World Day of Prayer. The theme this year is "The People of God - gathered For Worship, Scattered For Service?" The time is 7:30.

The U.C.W. will hold the regular monthly meeting on Thursday, March 11 at 2 p.m. Lois Hanes will speak on the service and role of the Adult Protective Service of Dundas County and will show the film, "Sharing The Experience With Walter". It is to be hoped the ladies are keeping in mind, as well, the Bazaar and Tea of our sister church, St. Cecilia's on March 17, also Tea and Bake Sale at Knox Presbyterian on March 13.

Men! Take note. The date of men's breakfast has been changed for this month only from the first Sunday to March 14. Ron Graham is in charge and it is expected the speaker will be from Social Services.

The church service on that day will be conducted by Bob Weight. Mr. Weight will be the second student from the third year Theological class of Queen's to appear before the congregation for critiquing. He is welcomed and the congregation hopes their efforts at assessment may help him along the way in his preparation for the ministry.

Early church leaders set aside a period each year as a training

Winchester Hospital board meets

At last Tuesday's meeting of the Winchester District Hospital Board of Governors, members were reminded of the upcoming Canadian Forces Band Concert and Wine and Cheese Party, to be held at the Community Centre June 25th. The funds from this event are scheduled to be applied to a new anaesthetic machine for the operating room.

The Auxiliary has also approved the purchase of a special sink and chair for hair washing on the First Floor, East wing.

Funding for the Intensive Care Unit was discussed and equipment for purchase, including an automatic washer and dryer set and a heavy duty table-top food mixer were approved for purchase. A discussion took place regarding fund raising, but will be further discussed by the Public Relations Committee and the Auxiliary.

News report from Shanly

Mr. and Mrs. Carl Gilmer of North Bay spent the weekend with their parents and her parents Mr. and Mrs. Lyall Brown of Spencerville.

Recent visitors with Mr. and Mrs. Percy Ault were Mr. and

Mrs. Gerald Connell of Ottawa and Mr. Ross Riddell, Prescott.

Mr. and Mrs. Albert Cross and Mark visited Mr. and Mrs. Elmer Cross of Syracuse N.Y. over the weekend.

Sympathy is expressed to Mr. Jim McFarlane, United Church

minister in the passing of his brother last Friday in Hospital, Ottawa.

Miss Nancy Irving of Ottawa spent the weekend with her parents Mr. and Mrs. Jim Irving.

Wednesday supper guests

with Mr. and Mrs. A. Cross were Mr. and Mrs. Lyle Pitt, Shanly and Mrs. Glen Isabelle of Bridgewater, N.S.

Mr. and Mrs. Lyall Smizer, Brockville visited her parents Mr. and Mrs. Jim York last Tuesday.

Mr. and Mrs. Dick Shuttin left on Sunday for a two week holiday in Puerto Rico.

Mr. and Mrs. Russell Bennett

spent a few days this week with her parents in Mount Pleasant Ont. and attended the funeral of her maternal grandmother.

Recent guests of Mr. and Mrs. Ralph Miller were Rev. and Mrs. J.M. Patterson Brockville, Mr. and Mrs. Sanger, Morrisburg and Mr. and Mrs. Ron McIntyre and children of Stirling, Ont.

Pittston news

World Day of Prayer, March 5th - 2 p.m. will be held at Mrs. Robt. Sloan, Pittston.

U.C.W. met at Mrs. Gary Rodick's for February meeting. Business as usual. Busy with their quilting, which will be at Mrs. Robert Sloan Tuesday - pot luck dinner at noon.

Mrs. C. Marlatt made calls on neighbours and friends, Saturday.

Mr. and Mrs. Robert Sloan had supper last Monday with Mr. and Mrs. Ralph Cooper.

Mrs. Francis Baker, Ottawa spent Sunday recently with Mr. and Mrs. C. Marlatt.

Delbert Bass had the misfortune to fall and resulted in a broken hip. He is a patient in Brockville General. A speedy recovery, Deb.

Clarence Marlatt has return-

ed home from General Hospital after slipping on ice - no bones broken, only bruises.

Branch 370

bowling

league results

Oddballs	102 Points
Blue Jays	94 Points
Take Five	83 Points
Munskeins	71 Points
Foxes	67 Points
The Blues	66 Points

High Singles - Debbie Lanthier - 272
Robbie Hutt - 300

High Triples - Sharon Bucking - 685
Robbie Hutt - 758

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tomato ketchup79
14 fl. oz. tin choice peach slices,
peach halves, fruit cocktail
Weight Watchers 1.09
14 fl. oz. tin choice
Weight Watchers
apricot halves 1.25
250 or 370 ml. cont. Weight Watchers fine
herb, or Scallion salad dressings or
tomato clam cocktail 1.09
6 1/2 oz. tin Burns
tender flaked ham 1.29
680 g. tin assorted
Puritan stews 1.89
14 fl. oz. tin Ocean Spray jellied or whole
cranberry sauce99
24 oz. loaf
Dietrich 100% Whole
Wheat Bread69
725 g. pkg.
Kellogg's Rice Krispies 2.09
Old South Frozen 12 oz.
Orange Juice99

Campbell's
condensed chicken soup
Campbell's soup
3/1.00

Quartered Chicken
Wings and Back Attached
1.08/lb. 2.39/kg.

Smoked Picnic
Burns Ready to Serve
2.61/kg 1.18/lb.

Primo spaghetti beef
ready cut elbow macaroni or spaghetti
900 g. pkg. .99

ground beef
Medium ideal for meat loaf
3.71/kg 1.68/lb.

Bright tomato juice
fancy Bright tomato juice
48 fl. oz. tin .99

cheddar cheese
Cherry Hill medium or old
12 oz. pkg. 1.99

bananas
for goodness sake
Golden Yellow
.73/kg .33/lb.

SAVARIN
Fried Chicken Dinner
dinner au poulet frit

Savarin dinners
frozen assorted
11 oz. pkg. 1.05

Billy Bee honey
Canada no. 1 liquid
500 g. jar 1.79

Wax Bologna
257 g. 1.98

Canada Fancy Red
Schneiders headcheese 1.58
No-Name Regular or Chicken
Wiensers 454 Gr. 1.48
Produce of U.S.A. Can. No. 1
Iceberg Lettuce 24" EACH .48
Carrots 2 Lb. Bag .49
Celery Stalks EACH .89

Prices effective until closing
Saturday March 6, 1982. We reserve
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the EDITORIAL

THE POST IROQUOIS

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ontario
community
newspapers
association

AND AGAIN

by Ken Kirkby

Just a postscript to the comments about Canadian cars and auto workers and car dealers. Beating up on others is not usually our style but frustrations surfaced and we let go. What we forgot to say was that auto dealers have their frustrations also and they have one heck of a time trying to convince the "brass" in Toronto or wherever, that customers have rights that should be tended to. Many a dealer has gone to bat for a customer only to find that those head office boys can't be reached... the dealer is next in line to the bottom... you and me.

And no dealer asked us to say this either.

MAN AND NATURE PLAYING AROUND

As part of the 125th anniversary days a number of people used their ingenuity to put together snow and ice sculptures to the delight of many residents. Just take a drive around the village and you'll find them. Some stand out and others you have to seek out but it's worth the effort.

This is the spirit that gives a community character and we can use all we can get.

Community characters are another matter and one subject that is better left alone if one wants to "get along" in a small town. But we can comment on some of the characters we knew as a youngster growing up in Chesterville and later on in Kemptville and Kingston. Even Prescott, where we stopped for a year or two, had a few.

Over in Chesterville we recall a man who rode a bicycle to work. Now that may not sound unusual, but he was a carpenter by trade and he took along his tool box and if he had a roof job to do, he also took along his twenty-foot ladder, extension and all. Talk about keeping overhead down.

A short tempered mailman we once knew had a chicken house with mischievous hens which wandered off once in a while; it was understood at the time that they ended their days in a stewing pot along the Nation River. Today all of this would be called hearsay evidence in court. Never once though do I remember anyone mentioning the money that was nailed to the chicken house door. Again, all hearsay!

A native Indian and his sister became pals and we learned a great deal about fishing from that fellow. He's gone now but we still remember his pleasant smile and superstitions. Like the night we were walking along the south shore of the Nation, in the village, through an old cemetery when one young lad placed his hand on our native friend's shoulder and literally screamed "He's got me!" The fainted one was carried the rest of the way. If you're looking down on us today, please accept a belated "I'm sorry".

Another chap, a hobo, called through the village every Spring selling small purses. They were made from those small colored turtles one finds along the Nation and while the thought may be a bit gruesome, the purses were cute. There was no welfare in those days and a man had to eat. He was quite a good fisherman and would share his cooked fish with any youngster who happened along on a warm Spring afternoon. Character he may have been, but he was also a gentleman... "without roots" we would say today.

One man had been a bit of a boxer in his young days, taught quite a few kids how to "put up your dukes" and had been injured and unable to work for years. His back injury left him with a mis-shapen body and a lot of young friends... who never noticed his disability. That's the privilege of being young.

Just mentioned a few of the characters we've known, just so we can all appreciate more fully the characters we may know today. Some of them contribute a great deal more than they're given credit for. All too often they are gone from this world before they're really appreciated.

Iroquois Remembered

by Stephen J. Beecroft

Jill lived in the Iroquois area but worked for Courtaulds in Cornwall.

"Why not?" she used to say. "Gas is cheap enough." That was in 1968. The year in which Robert Kennedy and Martin Luther King were assassinated, and Richard M. Nixon was elected President. The year in which Borman, Anders and Lovell orbited the moon.

It was also the age of the mini-skirt, and Jill was a devotee of that fashion. She had nice legs and she always looked very pretty wearing that symbol of saucy sophistication. "It was a silly fad," retorts one lady who remembers that era. "The mini-skirt haunted the knobby-kneed women of this world."

Ah, I say, but Jill wasn't knobby-kneed. If I remember correctly, she had nice, round knees.

It was a brave woman who defied the edict of fashion and refused to display her varicosities to all and sundry.

One Iroquois resident insisted on keeping her skirts at mid-calf. When told she looked "dowdy" she set out on a search for some words of wisdom from the masters, those seekers after truth who actually found a grain now and then.

She stumbled upon the follow-

ing, from George Bernard Shaw: "The only method of creating sex appeal is by clothes. The woman of the nineteenth century was a masterpiece of sex appeal, from the crown of her head to the soles of her feet. Everything about her except cheeks and nose was a secret."

When Jill heard this, she was cheeky enough to ask "Which cheeks?" and chuckled when the other woman shuddered.

Mind you, I don't think that George Bernard Shaw knew what he was talking about. I think any woman would feel just as silly trying to make a graceful exit from a car in a high-necked, ankle-length skirt as she would wearing a skimpy mini-skirt. I don't think there would be very much sex appeal in her landing, nose-down in the driveway.

I remember one comment on fashion I read which came from that inventor of the timeless suit which bears her name, Coco Chanel's admonition, stated in 1971, during the midst of the mini craze, seems to make sense:

"Since everything is in our heads," she said, "we had better not lose them."

That makes sense. Wear whatever style seems suitable. That makes sense to me; as long as people like Jill continue to wear shorter skirts, that is.

Queen's Park update

by Norm Sterling, MPP Careton-Grenville

When people complain about big government and the influence it has on their lives, their comments are most frequently directed against government regulations.

Governments regulate a wide variety of activities. One form of regulation is speed limits on our highways, while there are other rules governing finance, the retail trade, employment, and even the way governments do business with the community and each other.

Last February I announced the publication of a report highlighting achievements in Regulatory Reform in Ontario. Since 1978, the Ontario Government has been making a concerted effort to reform the regulatory process. Progress in deregulation has continued steadily with more than 200 significant changes having been made in this area in the last three years. These achievements illustrate the clear commitment of the Ontario Government to consolidate legislation, eliminate overlapping regulations, and return to the private sector responsibilities that it is better equipped to handle.

In short, the aim of Ontario's regulatory reform is to simplify the public's dealings with Government, and make the services of Government more accessible and understandable.

Some examples of the reforms carried out by the

Province include streamlining the Municipal Act to eliminate obsolete sections, and amending nursing home regulations and increasing the responsibility for each home to its clients.

Another reform worthy of notice is a change in Provincial policy towards businesses providing goods or services to the Ontario Government. As of August 1980, the Province must pay its bills within 30 calendar days. If this schedule is not met, the vendor of goods and services is entitled to collection of interest on overdue accounts.

The business sector is also benefiting from other regulatory reforms which are going a long way towards reducing the burden of paperwork for the business community. For example, 30,000 corporations now pay income tax yearly instead of through monthly installments, while 10,000 retail sales tax vendors now file returns and make payments semi-annually instead of monthly.

These accomplishments I have mentioned do not mark an end to the Province's examination of its own regulations. We at Queen's Park realize that reform of the regulatory process is an ongoing job. Nevertheless, we have made considerable progress and intend to continue our efforts to bring government closer to the people.



One foot in the furrow'

Letters are appreciated by Bob Trotter, Elders Rd. Elmira Ont. N3B 2C7

Farmers are eternal optimists.

They are also chronic complainers but that's another story.

That optimism, though, is exactly what has caused so much heartache now. More Canadian farmers went bankrupt last year than at any other time since the great Depression. Analysts are suggesting that 1982 may be even worse.

Although figures are difficult to get, the federal superintendent of bankruptcy reports that 261 Canadian farmers went broke last year, more than twice as many as in 1979.

The failures occurred right across the country in all 10 provinces but 140 went broke in Ontario alone. As suggested, it is difficult to get accurate figures because the federal superintendent of bankruptcy naturally does not have figures on foreclosures or liquidations. Therefore, the statistics are deceiving.

No matter what the figure, the question is why? Why are tough economic times hitting farmers harder, apparently,

than any other sector of the economy?

Because of that optimism. In the late 1960s and through the 1970s, that optimism was rampant. Farmers were able to get financial backing because land values soared. They built additions. They modernized. They bought bigger and better machines. Their debt load skyrocketed because they figured the good times would continue.

Bankers and other lending institutions were just as optimistic. Debts rose from about \$4.42 billion to \$14.04 billion in 10 years. But nobody was too worried. The land values went up and the lending institutions felt comfortable because agricultural assets continued to rise.

Interest rates soared. Prices for farm products plummeted. I'm of the opinion that few bankers in this country were able to predict the unprecedented cost of money. I don't think any of them thought rates would go as high as they have.

At least, none I have talked to in recent weeks were predicting the increase. The bubble

Bill Smiley

And you think your mail service is lousy! Just the other day I received a letter from a lady in Dorchester, Ont., dated July 11th, 1981. She was cutting me up about a column which had appeared in her local paper on July 9th. She must think that I am either an insensitive brute, or afraid to face up to her criticism.

She says: "In this article you referred to Special Education as 'educational jargon for teaching stupid kids'."

The lady, and I'm not going to use her name without her permission, really flays me for that careless remark, and I don't blame her. It was stupid and callous, and generated by an innate disgust with educational jargon.

"Special Education" acquired the same aroma as such euphemisms as "Opportunity Class," used for kids who had one of: no interest in learning, a learning disability, or mental retardation from some other cause or other: genetic, brain damage, child abuse.

These children, who could not cope with the daily, restricted hemispheres of their schooling, were put in a special class, shoved along, and eventually wound up in a secondary school, with the odds strongly against them, probably a year or two older than their class-mates, doomed by the rigidity of the school system to be looked down upon, sometimes affectionately, sometimes condescendingly, by their teachers and society.

They are difficult, these children. Some are mentally retarded, others are emotionally either retarded or screwed up, still others are quite brilliant but have a learning disability of some sort, but they are lumped together, and, inevitable, wind up feeling lumpy. They are not stupid kids. They see through. Sometimes very clearly, more so than the adults who lump them.

My correspondent writes: "We are the parents of four children, three of whom are learning disabled. One has had a hearing disability as well. They are normal, average people who are in no way disabled individuals. They do have a disability. There is a difference! I would say that their - and our - main handicaps in life are and have been not their disabilities but people like yourself who refer to them as stupid." Mea culpa.

I'd like to print the entire letter, but haven't space. She says, "I wonder if you are aware... that the label for kids who are 'bright' or 'gifted' comes under the umbrella of Special Education?" Yes ma'am, I am. Are you aware that almost nothing has been done about the latter, while millions of dollars have been spent on the others?

I've been sore about this for years. A parent of so-called gifted children can become just as angry about the 19-century ideas of education in our country as one with learning disabled children. He or she sees these bright ones gradually becoming bored at having to march with the mediocre, rebelling, and dropping out or turning off, with often disastrous results.

You'll be glad to know that a



By Bill Smiley

great new Children's Crusade is to call those at the bottom and at the top of the heap "exceptional Students", another euphemism that seeks to avoid the blunt truth: we are not all born equal, but everyone should have equal opportunity to develop his or her potential to the fullest.

You'll also be glad to know, lady, that a great many teachers in what is now called Special Education are dedicated souls who do everything in their (human) power to help those with learning disabilities, whether physical or emotional. They have my deepest admiration.

I have taught "slow learners" classes. Another euphemism. I liked them. They were honest, and generally friendly and kind. A few years ago I met a couple of boys from one of these classes, at the bank. They were both working in construction, making almost as much as I. They were withdrawing enough money to go to Las Vegas for a week, and try the wild life there. I felt pretty small as I glided home with the groceries to a wild night watching television.

Again, my lady writes: "Do you know that Einstein, General Patton, Winston Churchill, Thomas Edison, Leonardo da Vinci would be your 'stupid kids' in Special Education classes if living now? These gifted and bright people all had learning disabilities."

On the other hand, Einstein helped discover nuclear fission, Patton was a megalomaniac, Churchill was turfed out as soon as the war ended and da Vinci contributed to thousands of slipped discs among people straining to look up at the ceiling of the Sistine Chapel. Edison merely contributed to bad eyesight and huge hydro bills. Just kidding, lady.

Main reason they made a mark is that they were able to overcome, or didn't have to go to, high school.

You say, finally, "The written word generates in more than one direction! You, Mr. Smiley, have a wide reader's coverage. I would hope that you could take the time to find out who 'Special Kids' are. None of us need that label - 'stupid'."

Right. Except for a few columnists.

Maybe it's time you jumped into something more demanding than a car pool.

PARTICIPATION

100 LINES

by J.M.

Just when you thought there was no hope for this writer as an indoor gardener comes a little light at the end of the greenhouse. After last week's admission that plants living under our roof have a limited life expectancy, you might not expect this column to be offering tips on growing anything except older. However my wife was given an idea that we found surprising, even if it is old stuff to some of you seasoned gardeners. It was suggested that we water our plants with a solution of gelatin to improve their health and appearance. If the tip works out, we might even give away the name of the person who offered it, but until we see how successful it is we'll spare her the embarrassment. In case you intend to take us up on this little suggestion, bear in mind that it's unflavoured gelatin - not raspberry or grape Jello. This is ridiculous enough without having to remember that the violets like strawberry, the philodendron likes orange and the venus flytrap will only eat cherry Jello if there are little pieces of banana mixed with it.

There was a day, not too long ago, when a twenty dollar bill would enable us to fill the car with gas and have enough left over to fill a little jug to run the lawn mower for a month. Not so anymore. Now the twenty just provides a healthy snack for the gas tank and it gulps as it heads for \$25. We were talking with someone the other day who noted that in the Belleville area, gas is about 7 cents a litre cheaper than in our part of the country. This amounts to three or four dollars on a tankful. It strikes us that it is first of all unfair, and also a little silly that the price of gas should be permitted to fluctuate so much within one relatively small part of Ontario. If this were the extreme end of the earth, it could be argued that transportation costs put the price up, but in age when the government manages to control just about everything, they might try to justify why we shouldn't pay the same right across the southern part of the province at least. We're all supporting the same government that is maintaining the same road system. Presumably the taxes per litre are consistent between the two areas, so the gas companies must be playing games. Since the government sees fit to legislate the price of such non-essentials as liquor and cable TV, they should take a look at gasoline.

If you haven't been to the civic centre since the renovations have been carried out, you're in for a surprise. While nothing much has changed on the outside, the interior has been updated from the late 1950's to the 1980's. Much better use has been made of the available space. There are new offices, a meeting room, a much enlarged library and even a washroom for the handicapped. Lower ceilings in part of the building and a new colour scheme complement the layout. There will likely be more work to be done over the next few years as an obsolete heating system gets changed, but the work so far is a great beginning. We understand that a special 'open house' is being planned for sometime in April so that we can all have a detailed look at the improvements.

This week's bottom line... (with apologies to Peter and Al) comes from Mark Twain -- "a banker is a fellow who lends his umbrella when the sun is shining and wants it back the minute it begins to rain."

The KITCHEN GARDEN

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MARIATOWN ONTARIO

In answer to our question - when was Peter Rabbit first published, Mrs. Fryer called with the information, winning our first contest. Beatrix Potter wrote the story in a letter to a little boy in 1893, published the book herself in 1900, "a modest 25 copies". It appeared in its present form in 1903 with the addition of colour plates.

From seed to seedling - RULE NO. 1 Don't sow too many too soon. Parsley is supposed to be slow to start, but suddenly the seeds are up, bright and perky, ready to be moved into their individual pots. Even with a stack of clean pots and soil mix ready planning is essential - where are you going to put 50 pots of any one thing. Try and keep the numbers down.

Moving them when they are very tiny, as quickly as possible, gives us the best results. Already seeded in clusters, they lift easily (the 2 inch layer of vermiculite in the bottom of the seeding mixture worked out well) from here they go into the 3 inch pots, where they will remain until 'spring'.

Time now to watch their vital signs, any wilting and we cover the pot with a clear plastic cup, making a little greenhouse. Light is their most important requirement now growing them on the window sill means constant watching, that early spring sun can be fatal in strong doses. We prefer the fluorescent tubes, but never seem to have enough. The smallest seedlings are set approximately 2-3 inches from the lights, when they first appear, this prevents getting off to a leggy start. We try to ration the light they need at least 14 hours, and with more coming along find that they have to take shifts. The mathematics involved gets pretty heady - will have to ask the computer for help.

But what about the seeds that don't even sprout; check the packet for instructions, failing that try a trusty catalogue, hopefully it will give rates of germination as well as days. Unless the seeds are large, anything smaller than a pinhead we simply press on the soil surface. Many seeds need light to germinate, those that don't have a piece of aluminum foil placed over the pot. The pots are lined up with their little plastic covers, sitting on the shelf above the lights - bottom heat, wherever you can find it, the back of the refrigerator, on top of radiators, over warm air vents, heat really speeds things up.

'Dampening off' is the prime killer once the seeds are up, they just flop over at the soil level. Jim Crockett recommends a fine layer of sifted peat moss over the surface to combat this problem. Even worse, is having planted to many.

One last point - remember to label the pots right away, it's amazing how quickly you can forget what has just been planted.

From John's Almanac "Twenty-one chickens can't hatch an egg in one day."



Carrots, parsnips, sweet potatoes and winter squash can be simply candied with a tablespoon of honey or molasses and a tablespoon of melted butter, per cup of cooked vegetable. Gently heat until coated.

Iroquois Public School committee

The Superintendent of the French programmes for Iroquois Public School, Mr. Comtois, addressed a recent meeting of the school committee.

Assisted by Madame Chaput, Mr. Comtois conducted hand-outs, general discussions and a question period regarding French taught at I.P.S.

Fund raising, and mainly the school's walk-a-thon, fell under discussion after survey results

were introduced.

A suggestion was made and approved regarding the adoption of a child from the Third World and a discussion was endorsed to have the students talk with a CARE worker.

School Anniversary Plans, as well as the Student Awards Fund were discussed, and following the introduction and discussion of new business, it was agreed to meet again May 5.

1982 Navigation opening

Prevailing climatic conditions do not allow for the establishment of a firm opening date at this time. Mariners are advised, however, that the Seaway entities have scheduled March 29 as the earliest opening date for 1982.

The Seaway entities will continue to evaluate climatic conditions and will, as soon as possible, confirm the March 29 date or establish a later date.

Commencing February 22, 1982 special ice bulletins will be issued on a weekly basis. Interested parties may receive the bulletins upon request from: CANADA - Director of Operational Services, The St. Lawrence Seaway Authority, 202 Pitt Street, Cornwall, Ontario, K6J 3P7. UNITED STATES - Chief, Office of Lock Opera-

tions, Saint Lawrence Seaway Development Corporation, P.O. Box 520, Massena, New York 13662.

Labour minister part time work inquiry

The Minister of Labour, Mr. Charles Caccia, today announced the appointment of Joan Wallace, of Delta, B.C., as Commissioner of an Inquiry into Part-Time Work in Canada.

The Commission, established under the Canada Labour Code, will examine the overall employment position of part-time workers in Canada, and various issues such as compensation practices, supply and demand, and impact of unionization, and the shortcomings of current employment laws relating to

Regarding pushing snow back onto roads

The 1981-82 winter is two-thirds over and snow banks are getting high. Rural road crews are now working to put the roads in shape so that those final snowfalls can be plowed and you will be able to travel. It is unfortunate that driveways are blocked, but in order for the plow to get around its 100 kilometre plus round-trip route and fulfill its duties of opening and clearing the roads, private access must be the responsibility of each individual.

The United Counties of Stormont, Dundas and Glengarry Roads Department asks that you not negate our efforts to bare the pavement by blowing or pushing snow back onto the road. Such action is a total

disregard (tot he safety of others. In normal weather that snow is a nuisance. If it freezes, it causes damage to front ends and to snow plowing equipment (each truck now worth approximately \$80,000.00). In marginal melting conditions, refreezing during the evening leaves a slick patch on an otherwise good road.

The Counties must clear approximately 40 percent of its road allowance (some roads have 50 percent of their area plowed), while rural residential driveways occupy 2 per cent or less of the available area. We ask that your remaining area be utilized for snow storage not our roads.

The province has recognized the problem. Section 157 of Chapter 198 of the Revised Statutes of Ontario, 1980 - Highway Traffic - makes it illegal to deposit snow or ice on a roadway. County Formen have been instructed to report any such occurrences to the police for their action.

After two abnormally easy winters, the Counties wish to thank the majority of the people of Stormont, Dundas and Glengarry for their understanding and assistance this year. Our crews, with your co-operation, will continue to endeavour to give you the best roads possible for the rest of the winter driving season.

THE SPIRIT LIVES ON

SCOUTS CANADA CELEBRATING OUR 75th ANNIVERSARY

In Iroquois ...



The Beavers



Photo by John Bailey

The Brownies

Study use of copper in preserving organic soils

Scientists in Quebec are studying the use of copper to preserve organic soils in that province.

With organic soil deposits in many areas measuring less than one metre deep and subsiding at a rate of one to two centimetres a year as a result of draining and cropping, organic soils may disappear within 30 to 50 years.

To halt, or at least alleviate the problem, researchers at Agriculture Canada's St. Jean, Que., Research Station have been studying the effects of adding copper to these soils.

"Organic soils are the result of advanced decomposition of plant material such as reeds,

rushes, mosses and trees," explains station scientist Andre Belanger.

"Under certain natural conditions, as found in peat bogs, the decomposition of organic matter is a very slow process."

Soil cultivation, although necessary to crop production, aerates the soil. Because the micro-organisms responsible for decomposition are more active in the presence of oxygen, the process speeds up the soil subsides.

However, the St. Jean research has shown that applying copper mixed with fertilizer could reduce the action of these micro-organisms without hurting crops. The copper also does not reduce the effectiveness of pesticides such as fonofos and carbofuran used to control onion

maggots.

Test results varied depending on the soil's organic matter content. Pesticide control proved more effective and lasted longer in soils with a medium level of organic matter.

Mr. Belanger says that additional tests are being done to more accurately determine the effect of the copper on pesticide control depending on the level of acidity, moisture and organic matter in the soil.

"Quebec has about 81,000 hectares of organic soils in the St. Lawrence River lowlands. Only five per cent of these mostly mulch soils is now used for agriculture. But, with better soil management, this figure could be doubled and soil life extended," Mr. Belanger says.

Ed. Lumley announces two New Horizons grants to area

The Honourable Ed Lumley, Member of Parliament for Stormont-Dundas announced today that the Minister of National Health and Welfare, the Honourable Monique Beaudry, has approved two New Horizons grants to area senior citizens clubs.

The Dundas Manor Residents' Council of Winchester will receive \$6,454 in funds while the Morrisburg Curling Club Seniors will receive a grant in the amount of \$12,476.

The New Horizons program was developed to encourage retired citizens to become more involved in community activities. Grants are made available for retired citizens groups to create projects of their choice which benefit themselves and others in their community.

The Dundas Manor Residents' Council will direct their grant to expand its rehabilitation, recreational and crafts program. Musical entertainment, cooking, physical exercises, movies,

weaving, needlework as well as indoor and outdoor gardening are some of the proposed activities.

The funds made available to the Morrisburg Curling Club Seniors will be used to improve their facilities and extend their curling season. In addition to curling, the group enjoys a number of social activities and competitions with other seniors clubs.

This is the second opportunity these retired citizens clubs have previously taken advantage of the benefits that can be obtained through the New Horizons program.

In announcing these grants, Mr. Lumley congratulated the groups for "their initiative in applying for further grants. The willingness of the program officials to approve supplementary grants to these groups indicates the usefulness and success of their projects."

Since the inception of the New Horizons program in 1973, senior citizens groups in Stormont-Dundas have benefited from over \$529,000.

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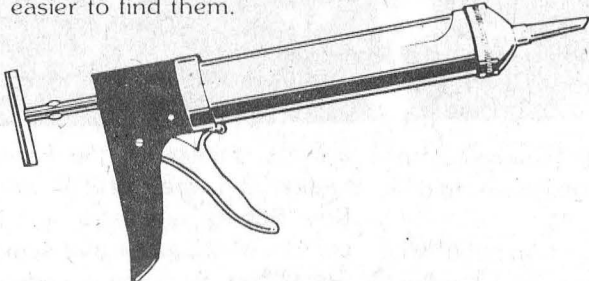
ARE YOU GOING TO SPEND ANOTHER WINTER HEATING THE GREAT OUTDOORS?

Drafts and cold spots in your home are where your heat is escaping. Whether your house is old or new, tiny cracks and holes — in the attic and basement, around windows, at electrical outlets — are allowing a substantial amount of your heat to leak out.

Why waste energy heating the outdoors? Be more comfortable, and weatherize your home.

You can do it yourself for very little cost and effort. All you need are a caulking gun, caulking, and good quality weatherstripping. Sealing the air leaks in your house will probably cost less than \$100, and take a few hours of spare time.

Because you should weatherize your home from the inside, now is the best time to do it. During the winter the drafts are stronger and colder, so it's easier to find them.



TO LOCATE THE LEAKS:

Explore your house on a windy day. With the back of your hand you can easily feel the drafts.

Is your attic warm? If so, your heat is bypassing the insulation. Check for cracks along interior walls, and stains in the insulation.

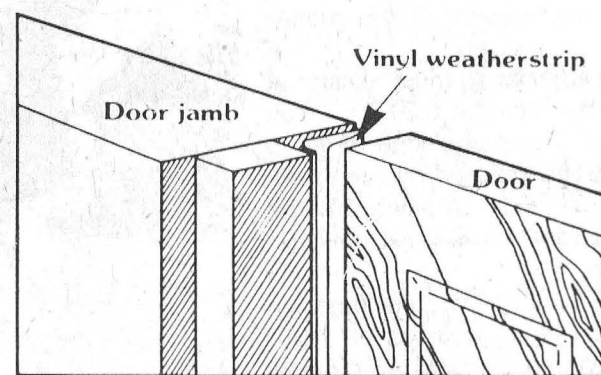
Much of your home's air will leak through the space where the foundation meets the house walls in the basement. Check wiring and plumbing holes that go through outside walls, too.



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Cardinal This Week

Information from the Island Village

Community Queen contestants



Front Row, L-R: Vicki Turner, Julie Robichaud, 1981 Carnival Queen Debbie Bueley, Martha Armstrong, and Cindy Perry.
Back Row, L-R: Janet Casselman, Jill Lampson, Michele McNeilly, Lynn Orzel, Lisa Leizert, Paula Dugan, Cindy Perry and Brenda Heaffey.

[CARDINAL] - Winterfest '82 is almost upon us. The organizers of Winterfest have been working hard to make this a success.

The ballots are now in the stores for the Community Queen contestants. You will receive one ballot per purchase, please write the name of your choice for community queen and drop it in the

ballot boxes in the stores in Cardinal. There will also be some balloting at the arena at various events. The ballots will be picked up on Tuesday afternoon March 9th and the Community Queen for 1982 will be crowned on Wednesday March 10 at the arena.

The executive are still looking into the possibilities of an ecumenical service

during winterfest.

There has been one change in the program, due to unforeseen circumstances the C.J.O.H. No-Stars are unavailable and instead the Iroquois Minor hockey coaches will play the Cardinal Minor hockey coaches on Tuesday March 9th at 8 p.m.

Becker's has a new manager

[CARDINAL] The Becker's store on Bridge Street, Cardinal is under new management as of Monday March 1st.

Mrs. Louise Grant, has taken over as manager of the store. Louise has resided in Cardinal for the past 6 years. She worked at Cardinal Lockers for a year, and has worked at Becker's in Cardinal for the five months previous to going into training.



Louise has been training for three weeks under Anna Casselman in Morrisburg before taking over the management of the Cardinal store.

"I will be trying to run the store with the help of my children for the next few weeks," said Mrs. Grant.

The store hours will remain the same 8 a.m. until 12 midnight seven days a week.

Skate a thon to raise money for pagers

[CARDINAL] - The Cardinal Fire Department are sponsoring a Skate-a-Thon on March 12 at the Cardinal and District Community Centre in Cardinal, to raise money for a "Pager System" which will cost approximately \$15,000.

Mr. Rick Hare, chairman of the Pager Committee said the firefighters are trying to raise the majority of the money themselves.

Everyone participating must register at the door of the arena at 6:30 p.m. You must bring all copies of pledge forms to the arena to be initiated by the firefighter at the door. Anyone skating without a pledge form must pay for public skating.

After an individual has completed ten laps they must go to a check off point where they will be stamped accordingly by a firefighter. There will be music provided to skate to.

There will be one free hot dog and one free hot chocolate available at the Fire Hall after you finish the skate-a-thon, for all public school children.

There will be a prize for the adult (male and female) and the child (boy and girl) who raise the most money. Adult (13 and up) - 1 free smoke detector, children (13 and under) an activity award trophy.

The Skate-a-Thon money is to be handed in at the fire hall on Saturday March 20th or Saturday March 27th from 11 a.m. - 2 p.m. Anyone unable to make these dates please contact the fire dept. The prizes will be awarded after all money has been turned in.

There are still pledge forms available at John's Pro Hardware, Tammy's Variety, Dugan's, Van Camp's Red & White, Benson Public School and the arena.

Benson Public school two ring circus



Christina Bowman

[CARDINAL] - The students of grade one and two enacted their own circus at Benson Public School for the students of kindergarten thru grade five on Friday February 26th. The ticket seller was Daryl MacMillan who charged everyone 1c admission.

The audience were ushered to their seats by Mary MacDonald and Cathy MacLean who acted as usherettes. Some of the students acted as vendors and walked thru the audience selling popcorn, coloring books & balloons at 1c each. The colouring book sales lady was Kristi O'Brien, the popcorn salesman was Glen Markell, and the balloon salesman was John Connell.

The ringmistress for the afternoon was Danielle Read, who introduced the acts.

The first act was the trained lions and tigers who were trained by Jason Summerfield. The lions were David Sollondz, Jason Farmer, Jeffery Simzer, Shawn Plume, and Shawn Crawford. The tigers were Keith McIntosh, Jeff Peters, Dennis Hutt, Angus Bradford and Robbie Laushway.

Proceeding each act the drummers - Tracey Harper, Tracey Merkley, Geoff Hare, and Nikki Walters played a drum roll to silence the audience.

The second act was baton twirling by Christina Wood, Tara Baker and Jennifer Adams.

The bears (Heather Hooke, Leslie Levere, and Jill Ferguson) performed some acts trained by Michael Smail.

Teri-Ann Shortt, Lisa Burgess, Tammy Garlough and Rhonda O'Brien displayed their talents on the balance beam.

No circus performance would be complete without the clowns (Marcy MacDonald, Jason Sollondz, and David Smith) who entertained everyone.

The elephants (Brooke O'Brien, Tonya Levere, and Stephanie Colligan) were trained by Tara Summerfield and performed on a ball.

Rachel Wells, Christina Bowman and Leslie Hutchcroft gave a gymnastics demonstration.

The final act of the afternoon was performed by Shawn Woodward as the Strong Man of the circus.

These students had all travelled to Cornwall the week previous to attend the circus. Some of their comments were: Marcy MacDonald said she enjoyed the dancing dogs on the horse and climbing the ladder. Christina Wood said she enjoyed the elephant act but she wished she could have had a ride on one. Kristi O'Brien said she enjoyed the trapeze act the best.

This was the grades one and two first attempt at putting on a show for the rest of the school and I feel it was a great success, said Mrs. Bell.

Atoms advance to the tourney of champions

[CARDINAL] - The Cardinal-Iroquois Atom A's travelled to Eganville on

Saturday February 27, where they eliminated Eganville 7-1, to advance to the tournament of Champions in Barry's Bay on March 26 and 27th.

The scoring for the Cardinal-Iroquois Atoms was done by Anthony Gilmer with two goals and two assists, Andrew Adams with two goals and one assist, Tim O'Brien with two goals and Paul Armstrong with one goal. Robbie Cameron had two assists.

Cardinal youth groups have busy week



The Cardinal Brownies, Guides, Pathfinders, Cubs and Scouts have had a busy week.

On Saturday Feb. 20, the cubs and scouts had a fun day at the Cardinal Legion sponsored by the Cardinal Royal Canadian Legion. The boys participated in races, an obstacle course, dog sled races and a snow ball fight.

Following the afternoon of fun the boys went into the legion hall where they enjoyed hot dogs and hot chocolate.

On Monday February 22, the cubs and boy scouts held a family pot luck supper at St. John's United church hall at 6:30 p.m. Following a delicious supper Mr. Raymond O'Brien, Group Commander of the Royal Canadian Legion of Cardinal presented the cubs and scouts with their new colours gold and royal blue. These

are the colours of the Royal Canadian Legion the sponsors of the Cubs and Boy Scouts and also are the original colours of the cubs and scouts said Mr. Stevenson, Boy Scout leader.

The first Cardinal Brownie Pack wore their uniforms to school on Monday in recognition of Baden Powell Day. The brownies will also be enjoying a sleigh ride this Saturday.

The girl guides held a special meeting on Saturday February 20th, where they welcomed a new assistant leader Christine Gladstone. The girls also had a Mary Kay demonstration to learn the proper use of cosmetics. This was to help the girls earn their beauty badges.

Approximately fifty brownies, guides, pathfinders, cubs and boy scouts marched to the St. John's United Church for a special service to conclude Guide and Scout Week.

Cardinal Council approves wages for pool staff employees

[CARDINAL] - The regular monthly meeting of Cardinal council was held on Monday March 1 at 7 p.m. at council chambers on Walter Street, Cardinal.

Reeve Jim McLaughlin stated that during the month of February, council met with Matilda council concerning an agreement to have the Cardinal Fire department cover the homes in the south west corner of Matilda Township.

Council also met with Reeve James Irving of Edwardsburg at which time they were presented with a copy of an agreement between the two councils over fire protection. Mr. R.M. Tobin upon request from the Cardinal council has drawn up an agreement and forwarded it to the Edwardsburg council. We expect to be hearing from Edwardsburg in the near future, said Reeve McLaughlin.

The clerk-treasurer Wes Baldwin was instructed to contact Peter Martin Engineer and instruct him to prepare the necessary paper to proceed with the grant for the causeway.

A letter was read stating that there will be an increase in the Ontario Hydro rates.

A thank you note was received from Ralph Merkley a member of the Cardinal Fire Department for the basket of fruit sent to him during his illness.

A letter was received from the Ministry of Municipal Affairs stating that Cardinal was on this list to receive a grant from the BILD programme.

A request was received from Cecil Dugan, chairman of the Community

Queen Pageant executive to have council sponsor a contestant. This request was approved.

A letter was received from R.M. Tobin re-Cardinal Fire Department stating that council has the sole authority to set policy regarding responses to be made outside the municipality. The fire chief does not have the authority to send vehicles in responding to a call out of their coverage area unless approved by the council.

An invitation was received by the reeve to attend a dinner on March 10 at the Coach House Restaurant with the twelve community queen contestants, which was accepted.

A letter was received from Frank Dodge concerning the possibility of the village purchasing his building on Bridge Street for the purpose of a Municipal Health Centre. Reeve McLaughlin said that the council was very interested and would be doing a study as to cost, and will be meeting with Mr. Dodge to examine the building. He added, they would also be meeting with Dr. Chang in the near future about the possibility of another doctor or dentist in town.

The fire report for month of February was read by Mary O'Brien. The fire department requested that two men be sent to a vehicle extrication certification course to be held in Brockville sponsored by the Ontario Fire Marshall's office.

Following a lengthy discussion, it was decided to send one man to Brockville for the vehicle extrication course.

Mary O'Brien, a member of the fire

committee informed council that the fire dept. would be requesting an "extrication kit" on their budget. "The fire department is asking council to pay for half the extrication kit and the government will pay for the balance, said Mary O'Brien.

The police report for the month of February was read and approved.

A letter was received from the Recreation committee requesting that council approve the following wages for the pool staff for 1982: Supervisor - \$210.00 - \$230.00 per week, Instructor - \$4.25 per hour, Life Guard - \$3.50 per hour, Assistant Life Guard - \$3.20 per hour and Booth Attendant - \$2.75 per hour. These wages were approved by council.

A resolution was passed making April Cancer month and daffodils will be sold on the second and third days of April.

It was moved by council that the following bills for the village be paid: Henry St. Pumping Station - \$180.47, Accounts of the Village - \$44,989.22, Cardinal Hydro - \$60,566.02, Water System - \$200.00 and Cardinal Recreation - \$1,765.88.

It was moved by council that Bill Richardson be weed inspector for 1982.

Mr. Richardson was given permission to order flowers and shrubs to beautify the camoriem.

Following a discussion, Mr. Richardson informed council that he hopes to get the area north of the swimming pool ready this summer for the possibility of a hard ball diamond and soccer field in 1983.

added, that at no time were the people in the area not completely covered as to fire protection provided by the Iroquois Fire Department. Although, the existing agreement with Iroquois states that only the 652 exchange is covered. Reeve Cooper said that a discussion with Iroquois council and Fire Department would take place to make amendments to the agreement to eliminate the particular reference to the 652 exchange.

Matilda and Cardinal reach agreement

[CARDINAL] - There was a special meeting in council chambers in Cardinal on Thursday evening between Cardinal council and Matilda council.

This meeting was a result of a delegation of concerned citizens to Matilda's February meeting. The citizens were concerned as to which fire department covered their homes in the south west corner of Matilda Township.

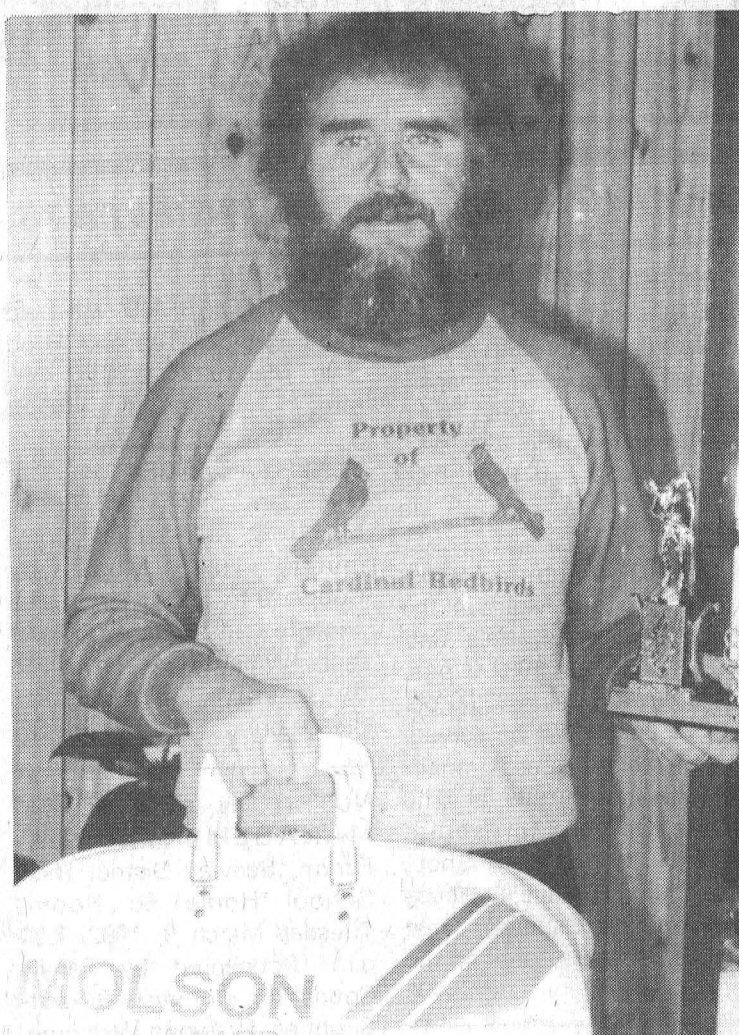
Following a discussion between the

councillors it was agreed that for a hourly rate, the Cardinal Fire Department would respond to a fire in the south west corner of Matilda Township.

Reeve James McLaughlin of Cardinal, said that an agreement would be signed shortly to this effect.

When contacted, Reeve George Cooper said, that "the Cardinal Fire Department will be covering the homes in this area effective immediately." He

Raiders win tournament



George Mallett

On Thursday Feb. 25 the Legion took a two game lead in their series with Raiders winning 3 to 0. Paul Calhoun scored two goals for the Legion and the other was by Bill Kenny. Terry Coligan was in goal for the shutout.

In the other series the Angels slowed the flight of the Redbirds some by tying them at a goal a piece. Ray Baynam and Chris Lemery scored goals in the game.

There were no games on Sunday Feb. 28 as three teams went to Picton to participate in a tournament. The Redbirds won their first game over Quinte Insulators by 7 to 0. They lost their second game to Al's Angels by 2 to 1 in a shoot off. The Angels won their first games, over OPSEU by 6 to 0 and then over the Redbirds. The Angels then lost to Perellie's Raiders in the final

game. The Raiders won all three of their games; they won by 7 to 0 over the Selects, then 7 to 0 over Prince Edward Collision and they defeated the Angels 1 to 0 in the championship game.

Paul Calhoun was selected as the M.V.P. for the Redbirds as was Brian Harper for the Angels and George Mallett for the Raiders.

George Mallett was also selected as the M.V.P. for the championship game for which he received a Molson gym bag.

The Raiders played very good offensively and defensively to win the tournament. This was Picton's first annual broomball tournament which was a great success.

We wish to thank everyone for their wonderful hospitality and a special thanks to Guy Sarault, tournament chairman, said George Mallett on behalf of the Raiders team.

Redbirds face elimination

[CARDINAL] - The Cardinal Redbird Senior Hockey team lost the first three games of their playoff finals to Gananouque last week.

On February 24th, the Redbirds travelled to Gananouque where they lost 13-17. The scoring for the Redbirds were Doug Byers with two goals, Doug McNairn with two goals, Dick Byers, Mark McGinn and Alf Maki each with singles.

The second game of the series was played in Cardinal on Saturday Feb. 27th with Gananouque winning 13-4. The scoring for the Redbirds went to Mark Beaupre, Doug Byers, Doug McNairn, and Alf Maki each with single goals.

During the intermission of Saturdays game, the winners of the 100 Club were drawn. The \$500.00 winner was Sherry Prosser and the \$50.00 winner was Ron Earl. The 50-50 draw winner was Les Woods - \$184.00.

On Sunday, The Cardinal Redbirds travelled to Gananouque where they lost 8-6. This was a much closer game. The Redbird scoring was done by Doug Byers and Bill Mullin each with singles.

The senior Redbird executive would like to thank all the supporters of the 100 club as well as the fans who supported them during the season.

Mixed Darts

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Lucky Shots	125
Exports	119 1/2
Ding-a-ling	118 1/2
Hot Shots	118
Fire Birds	112 1/2
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May's Gang	106 1/2
Gi's & Gal's	103
Double Knots	100 1/2
BJ's	96

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Steve Deschamps - 120
Len Crawford - 120
Steve Kavanaugh - 101
Roger Pankhurst - 100-100
Shirley Roode - 100
Rick Sayeau - 100
Ron Hughes - 100
Greg Morris - 100
Tom Smail - 100
Linda MacDonald - 100

50 / 50 DRAW

Sandy Murphy

Senior citizens meeting

[CARDINAL] - The regular monthly meeting of the Senior citizens was held on Feb. 24 with forty-two members present. Cards and games were played and lunch was served. Next Thursday March 4 at 12 noon there will be a pot luck dinner at St. John's United Church. All members are invited to attend.

Pee Wees lose to Eganville

[CARDINAL] - On Saturday February 27, at 1 p.m., the Cardinal-Iroquois Pee Wees played the first game of the second round of the playdowns against Eganville in Cardinal.

This was a very close game with Eganville winning 4-3 at the 3:30 mark of sudden death overtime. The Cardinal-Iroquois goals were scored by Randy Mullen with two goals and Mike Robertson with one goal. Assists went to Jamie Whitteker and Larry McCurdy.

Benson girls team lose in finals

[KINGSTON] - The girls senior basketball team from Benson Public School travelled to Kingston on Saturday February 27 to compete in a tournament.

The girls from Benson won their first game in overtime 55-54 against Lyn. Michelle Skakum played a good well scoring approximately forty at the points for Benson.

Benson won their second game against Amherst 28-26. Miss Diane Humphrey scored the winning basket in the last three seconds of the game. Miss Carolyn Shaw played a very consistent defensive game for Benson.

Midgets win two games against Spencerville

[CARDINAL] - The Cardinal Midget "A" won their first two games against Spencerville in the semi-finals of their playoffs.

On Thursday Feb. 25th, the Cardinal Midgets trounced Spencerville 7-1. Scoring for the Redbirds were Brent Scott with two, Mike Hoy with two, Greg Gaylord, Terry Steele, Robin Crawford each with singles. The assists went to Robert Owers with two, Paul McLaughlin with two, Tim Mathieu with two, Greg Gaylord with two, Robin Crawford with two, Ken Cook, Brent Scott and Mike Hoy each with one.

On Monday March 1, the Cardinal Midgets travelled to

This advanced Benson into the playoffs where they lost both games against Winston Churchill (the host team) and Henderson (last years champions).

I feel this tournament was good experience for the girls and they placed fourth out of eight teams which was very good considering the competition, said Mr. Ken Lynch, coach of the girls team from Benson.

The girls have won two out of the four tournaments they have entered. They will be competing in a tournament on Saturday at South Grenville District High School hosted by Maynard.

Spencerville where they defeated Spencerville 6-1 to advance to the next round of the playoffs.

The Redbirds scoring went to Brent Murray, with two goals, Brent Scott, Terry Steele, Paul McLaughlin and Mike Hoy each with single goals. Assists went to Dan Patrick and Robert Owers each with two, Peter Hoy, Ken Cook, Gregg Gaylord, Brent Murray, Brent Scott each with singles.

Cardinal, Westport and the winner of Athens and Iroquois will play a double round robin to decide the play-off champions.

McCurdy and Mike Dishaw, assisted by Robertson and Reg Knudson.

The pee wee schedule is: March 4 or 5 - Cardinal-Iroquois at Spencerville - 2nd game of playoffs. Saturday March 6 - Cardinal-Iroquois at Eganville - 2nd game of playdowns. Sunday March 7 - Spencerville at Cardinal - 3rd game of playoffs (if necessary). Saturday March 13 - Cardinal-Iroquois to Long Sault tournament.

Atoms win playoffs against Spencerville

[CARDINAL] - The Cardinal-Iroquois Atom A's eliminated Edwardsburg two games straight to advance to the second round of the playoffs.

On February 24th, the Cardinal-Iroquois Atoms shut-out Edwardsburg 6-0. Anthony Gilmer led the scoring with four goals, Tim O'Brien, two goals. Assists went to Paul Armstrong with one, and Greg Seeley with two.

The second game of the play-

Cardinal-Iroquois	11	8	0	3	19
Athens	11	5	2	4	14
Westport	11	4	5	2	10
Edwardsburg	11	0	10	1	1

Leading Scorers

Anthony Gilmer	21	11	32
Paul Armstrong	13	6	19

Cardinal - Iroquois Atoms win 'A' championship



Front row - L-R Andrew Adams, David Grant, Billy Garlough, Alan McNeilly, Robbie Cameron. Middle Row - L-R - Kevin Cook Paul Gill, Paul Armstrong, Anthony Gilmer, Scott Steele, Greg Seeley. Back Row - L-R - Ron Gilmer, Tim O'Brien, Dale Armstrong.

[CARDINAL] - The Cardinal-Iroquois Atom's were "A" Champions in their tournament on Sat. Feb. 20th.

Teams from Ogdensburg, Spencerville, South Stormont, Athens, Charlton, Cornwall, Winchester and Cardinal-Iroquois competed.

The Cardinal-Iroquois Atoms, won their first game by defeating Ogdensburg 4-1 on goals from Tim O'Brien - two goals, Paul Armstrong - one goal, Scott Steele one goal. Assists went to Anthony Gilmer and Kevin Cook each with one.

The Cardinal-Iroquois team

advanced to the "A" finals by defeating Spencerville 4-1. Cardinal-Iroquois goals were scored by Andrew Adams with two goals and one assist, Paul Armstrong - one goal, Robert Cameron - one goal. Assists went to Greg Seeley, Anthony Gilmer, and Scott Steele each with one.

The championship game was a close one with Cardinal-Iroquois defeating Winchester 4-3 to win the championship.

The Cardinal-Iroquois goals were scored by Paul Armstrong with two goals, Anthony Gilmer with one goal and two assists,

and Tim O'Brien with one goal.

The most valuable player medals were presented by Cardinal's 1981 Community Queen, Miss Debbie Bueley. The M.V.P. for Winchester was Dennis Quellette and the M.V.P. for Cardinal-Iroquois was Tim O'Brien.

The B championship game was won by Athens who defeated Ogdensburg 6-1. The M.V.P. medals were presented by Cardinal's 1981 Community Queen, Debbie Bueley to Scott Montroy of Ogdensburg and Todd Mallette of Athens.

Fish and game annual banquet March 13 th

[CARDINAL] - The Cardinal Fish and Game Club are holding their annual Fish and Game Banquet on Saturday March 13 at the Legion hall.

There will be a social hour, followed by a roast beef dinner catered to by the Ladies Auxiliary of the Royal Canadian Legion in Cardinal.

There will be dancing from 9 p.m. - 1 a.m. to the music of "Southern Comfort".

There are still tickets available from any member of the Fish and Game executive. The

cost of admission for the banquet and dancing is \$18.00 per couple.

Cardinal fire dept. responds to car fire

[CARDINAL] - On Friday February 26th at 8:20 p.m. the Cardinal Fire Department responded to a car fire on highway two west at the headlock road.

The passenger area of the car owned by Shirley McIntyre of

River Road west Cardinal, was completely gutted.

The cause of the fire is under investigation by the Cardinal Fire Department. Three units and nineteen firefighters responded to the call.

Junior fish and game Banquet

[CARDINAL] - The Junior Fish and Game Banquet will be held on Wednesday March 10 at 4:30 p.m. at the Royal Canadian Legion. All members are urged to attend.

Ladies Aux. euchre winners

[CARDINAL] - The ladies auxiliary of the Cardinal Legion held their regular weekly euchre on Thursday. The winners were Ladies - First Shirley Walters, Second Teresa Hilgers, Men - first Jerry Peters, second Percy Steinberg.

The door prize was won by Ray Mills.

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Juveniles lose in B finals

[KEMPTVILLE] - The Cardinal-Iroquois Juveniles lost in the B finals, in a tournament in Kemptville on Sunday.

Their first game was played against Richmond who won 4-0. This moved the Cardinal-Iroquois team to the B side.

Their second game was played against Winchester and Cardinal-Iroquois won 7-2. The scoring for the Redbirds were Matt Morris, Tony O'Connell, Kevin Patrick, Mike Pashak, Mike Tryon, Ray Grant and Doug Veltekamp each with singles. This advanced the Cardinal-Iroquois team to the B finals.

The final game was played between Larouche Park and Cardinal-Iroquois with Larouche Park winning 5-2. Mike Tryon and Robert Cross scored the Redbirds goals.

The Cardinal-Iroquois team has two players hurt during the tournament, John Sherman with a shoulder injury and Matt Morris with a chipped bone in the wrist.

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1978 CHEV IMPALA, 4 Dr., P.S., P.B., Automatic. Burgundy, red cloth interior. AM-FM Radio, Electric rear defroster, 989-2636. 26-tfc

SINGLE CONTINENTAL BED
brass head board, box spring and mattress, like new. Call 652-4395. 27-tfc

1975 KALASAWKI, 2 stroke - in excellent condition. Price \$1000 or best offer. Phone 652-4552 and ask for Kenny. 36-2p

1980 D-150 DODGE, Silver, 6 cyl. standard with over drive. AM Radio, Cassette Player, Heavy Duty Suspension, Rear Step Bumper, Radial Tires. Approx. 46,000 KM. Asking \$5000.00 Safetied. Phone 652-4550 after 8 p.m. 38-2nc

Winchester Theatre
One Complete Showing each evening at 7:30 p.m.
MON., TUES., WED., THURS.
MARCH 1, 2, 3, 4
SILENCE OF THE NORTH
Starring Ellen Burstyn, Tom Skeritt. A woman's true story of love and courage filmed in the Canadian North. Also shows Fri., Sat., Feb. 26-27.
Parental Guidance Suggested
FRI., SAT.
MARCH 5, 6
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Starring Walt Disney's original, wonderful characters.
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FOOD TREES for Northern Climates: Old fashioned apples, nut trees. Many unusual shrubs, evergreens and shade trees. Reasonable prices. Catalogue \$1.00: Golden Bough Tree Farm, Marlbank, Ont. K0K 2L0 (613) 478-6163. 38-1

WOOD is our specialty. Imported and domestic. Kiln-dried. Hardwoods and Softwoods. Veneers and plywoods. Carving and turning tools. Woodworking equipment and exotic woods. 2483 Industrial Street, Burlington. (416) 335-8066 (closed Mondays). 38-1

HAYTER Alternator Sales, John Deere powered gen. sets. Generac P.T.O. models. Katolight P.T.O., 40 K.W. and up. Phone Ilderton (519) 666-1381 for name of local dealer.

WATERBED: Do it yourself kit, \$175. Includes mattress, heater, liner. Single, queen or king. Save money by making frame yourself. Complete instructions, free delivery. Call collect (416) 637-6904.

STAINED Glass hobbyist! Supplies! Supplies! "Great mail order service." Catalogue \$1.00. Write, phone, come in to Bullas Glass, 15 Joseph St., Kitchener N2G 1H9 (519) 745-1124. 38-1

EVAPORATORS. Homestead, size maple syrup evaporators with seamless stainless steel pans, cast iron door, steel firebox. \$350. Cole Creek Products, R.R. 1, Verona, Ontario K0H 2W0 (613) 374-2936. 38-1

1971 PONTIAC LEMANS (As Is) new 350 motor, orange block with good transmission 652-2037. 38-1c

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58 DAYS TO FILE

BE AN EARLY BIRD AND GET YOUR TAXES OVER AND DONE WITH.
Yes, it's tax time again. Let H & R Block prepare your income tax return now. If you're due for a refund, you'll get it ahead of the crowd. At H & R Block we are specially trained to get you every deduction and credit you're entitled to, and we're ready when you are. Call or drop in today.

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1974 PLYMOUTH. Best Offer 652-2130. 38-1p

SAW: Custom made for firewood business. 48" blade. 2 and 4 way splitter. Self contained hydraulics. PTO on dual truck frame. (416) 957-3833 after 6 p.m. 38-1

TABLE black glass, silver chrome and 4 white leather chairs \$300.; 1 coffee table \$50.; 2 end tables \$150.; 1 coffee table \$75.00; 1 gold Curio corner cabinet \$250.; 1 Maple rocking chair \$75.; 1 Singer Stylist Sewing Machine in cabinet, with chair \$300.; One Stereo Set \$50.; Various appliances and household articles, 652-4840. 38-1c

1976 CHEV EL CAMINO with air conditioning. Good condition 652-2403. 38-2c

EASTER NOVELTIES, pastel ribbons, miniature baskets, bunnies, chickens, refreshing cotton prints, Millends 58 Buell, Brockville. 38-1

UPHOLSTERY, quilted leatherettes, caning supplies, crafts, foam mattresses, fashion fabrics, notions. Millends 58 Buell, Brockville. 38-1

WANTED

TAPER Down. Measure Up. Sound Nutrition, Group Therapy. \$20.00 yearly membership, no fads, no gimmicks, non-profit. Canadian Calorie Counters, 600 Main St. E., Hamilton, Ontario (416) 522-0642. 38-1

PARTS MANAGER required for GM Dealership in Northern Alberta. Salary - 25,000 - 30,000 yearly plus company car. Well qualified and experienced persons only need apply. Call evenings only (403) 926-3039, and ask for Bob. 38-1

ANTIQUE car hobbyists! Subscribe to Canada's only monthly hobby magazine. Free classified advertising. \$12.00 Annual subscription. The National Advertiser, P.O. Box 365, Renfrew, Ontario K7V 4A6.

FOR RENT

FARM FOR RENT at Brinston, brick house, double car garage, new barn, 100 acres, will rent house, barn, and land together or separate. Phone 258-3669. 38-1c

HOUSE FOR RENT - 3 bedroom brick house only 3 miles north of Iroquois on paved road. Call 652-2422. 38-1p

LOST

ST. LAWRENCE COLLEGE NURSING RING LOST. Phone 652-4588. 38-1c

IN MEMORIAM

GOODMURPHY - In loving memory of wife and mother, Fern Goodmurphy, who passed away March 2, 1981. Peacefully sleeping. No more troubles, no more pain. Her days on earth were not in vain. Lord grant unto her eternal rest. For us she wanted only the best. The family: Fred, Earl and Eric 38-1p

SLEIGH RIDES on farm. No public roads travelled. Call 657-3796, weekends 657-4543. 32-tfc

EUCHRE & BRIDGE - For charity & research, Iroquois Civic Centre. Sponsor - Moonlight Chapter O.E.S. Wed. March 3rd, 8 p.m. 35-3c

DANCE sponsored by Matilda Oldtimers Hockey, March 6, 1982 Matilda Hall 9:00 - 1:00. Music by Westburg Union, winners of the Great CBO Radio Talent Hunt. Tickets available at the door or by contacting Mike Ault 652-2403 or John Kolff 652-4462. 35-4c

To all area residents: Seaway District High School will be holding its **ANNUAL MAGAZINE DRIVE**. Hold your new subscription or renewals as Seaway students will be around between February 22 - March 8. Thank you for supporting our school. 36-2c

ST. PATRICK'S DANCE, Saturday, March 13, Matilda Hall. Sponsored by the Iroquois-Matilda Lions Club. Music by High 'n Dry. Tickets \$7. per couple from Bob McIntosh, Jim Locke or Arnold Barkley, or from any Lions Club member. 37-3c or at local banks.

LIONS BINGO: Thursday March 4, 7:30 p.m. Iroquois Civic Centre, sponsored by the Iroquois-Matilda Lions Club. Jackpot of \$300. in 59 numbers. Consolation prize of \$50. Last week we gave away more than \$500. Join us this week. You could be lucky. 38-1c

ONTARIO'S Largest Farm Machinery Consignment Sale, Norwich, Ontario. Friday, March 12, 1982. 10 a.m. (Sales conducted second Friday each month). Approximately 150 - 175 tractors plus all types of farm equipment. Consignments welcome. For more information call (519) 424-9998 or (519) 424-9093. Proprietors K.S. Hamulecki & Sons. 38-1

ATTEND Dundalk's 25th Annual Canadian Open Square and Step Dancing competition June 25 and 26, three programs, family entertainment, camping sites, barbecues, parade. 38-1

To all area residents: Seaway District High School will be holding its **ANNUAL MAGAZINE DRIVE**. Hold your new subscription or renewals as Seaway students will be around between February 22 - March 8. Thank you for supporting our school. 38-1c

WORLD DAY OF PRAYER will be held at St. Cecilia's Church, Sunday, March 7. Everyone welcome. 38-

MEALS ON WHEELS: Caring Neighbors (re: Meals on Wheels), need Volunteer drivers and helpers for IROQUOIS only. Anyone interested in this worthy cause, please phone 652-4573 or 652-4527. 38-

The Good Companions **MARCH MEETING** will be held on Tuesday March 9th 10:30 a.m. games, 12:00 Potluck dinner - Business. Entertainment if available. Members - come, bring a new one, and food. 38-1p

AUCTION SALE - McHaffie Auction Hall, Hwy. 31, Morrisburg. Auction Sale every Saturday 1:00 p.m. 38-4c

NEEDLECRAFT OPPORTUNITY. Teach basic stitches in needlecraft. Earn extra money. No experience necessary. We train. Write c/o The Creative Circle, Box 443, Ingleside, Ont., or call 537-2919. 37-4c

DEL & ROG return to Morrisburg for a **Pub Night** at the Morrisburg Legion Hall, Saturday March 13, 1982 8 p.m. to 1 a.m. Admission \$3.00 per person. Lunch will be served. Age of Majority Cards required. Tickets available at The Village Green, Morrisburg, Muff & Mouse Gift Shop, Morrisburg, Delage's House of Gifts, Morrisburg, Great Shakes, Iroquois, and at the door. 37-3c

MUSICAL CONCERT - MORRISBURG UNITED CHURCH - A concert will be given by the Ottawa Masonic Choir on Sunday, March 14, 1982 at 7:30 p.m. in Lakeshore Drive United Church. Refreshments will be served following the concert. This concert is a stewardship project of the choir of Lakeshore Drive United Church. People attending will be requested to contribute to a collection taken up on behalf of programs for the betterment of mankind. 38-2c

DUNDAS COUNTY MILK PRODUCERS Annual Dinner and Dance on Friday, April 2nd, 1982 at the Matilda Community Hall, Dixon's Corners. Dinner 7:15 p.m. Music by Ken Miller Orchestra. Tickets \$7.50 per person are available from Milk Committee members or Agricultural Office, Winchester. 38-3p

THE ANNUAL MEETING of the Dundas County Milk Producers will be held on Tuesday, March 9th, 1982 at 8:00 p.m. in the North Dundas High School. 37-2p

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REAL ESTATE FOR SALE
MORRISBURG - Raised pre-finished siding bungalow on lot 60 ft. x 100 ft., in choice residential area. Kitchen, living room with fireplace, dining room with patio doors to large rear deck, 3 bedrooms, 4 pc. bath. Basement rec room with large fireplace, storage-workroom. Finished room, possible 4th bedroom, with 2 pc. bath and enclosed laundry area. Asking \$57,000.
IROQUOIS - Modern 3 bedroom brick bungalow, in convenient location. Kitchen, living room with fireplace, dining room, 2 baths, large rear entrance-foyer. Basement laundry room, workshop, den and rec room. Garage. Asking \$58,900.
MARIATOWN - 1½ storey older stucco home with 4 bedrooms, living room with fireplace, large kitchen, utility room, foyer. Good residential location. Lot 82 ft. x 165 ft. Paved drive. Drilled well and septic system. Asking \$41,500.
IROQUOIS - Shopping centre store, presently Barber Shop and Sears Ltd. Catalogue Order Office. Located in Iroquois Shopping Centre. Asking \$35,000.
FOR RENT - Morrisburg - 2 bedroom self contained apartment, \$255. mo. North of Iroquois - 4 bedroom home Morrisburg - Retail / Office space.
Rita Michelsen 652-2491
Dale Beckstead 652-4396
SALES REPS.
JOHN A. ALLISON
BUSINESS 543-2044
REAL ESTATE BROKER

by
E. G. AVERY

We have just returned from a short holiday in Southern Ontario, a part of our fair Province sometimes referred to as the "Banana Belt". This is not an accurate description of conditions there this winter; the citizens of Scarborough, Burlington and Hamilton have been waging the same battle with winter that we have been coping with here. A side trip to Niagara Falls was an interesting experience. The mighty cataract is still pouring water over the gorge into what looks like a huge bowl of whipped cream. The streets, usually

crowded with tourists, were almost deserted, and birds were few, mostly gulls and small ducks.

Since coming home, the most numerous visitors have been the Redpolls, with a few Goldfinches among them. The Junco, and the usual Tree Sparrows are back and forth all day. In our absence, a wandering dog absconded with the suet block - the paw-marks were quite visible in the snow under the tree; they looked like bear tracks! The suet has been replaced, and the Downy has come back. The Redpolls enjoy this delicacy too, perching on top of it while they eat.

A neighbour looked after the feeders, so our birds did not suffer in any way from a lack of TLC.

The Cardinals are still appearing at feeders on the Broken Second and do not object to being observed at close range.

How to object to the tax

What happens when taxpayers don't see eye-to-eye with the tax department? While the majority of taxpayers do arrive at the same figures as the taxation computers in calculating their tax due, there are times when a disagreement arises and taxpayers want to make a formal objection to their notice of assessment.

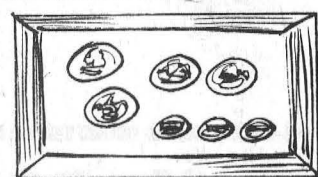
Taxpayers have 90 days after the mailing date on their assessment notice to lodge a Notice of Objection with the department. They may file the objection either at the time of their original assessment or if they receive a reassessment, which the Department can issue within four years.

Taxpayers should not delay if they want to respond to a notice of assessment or reassessment. There are a number of steps that can be taken before a formal objection reaches the courts, steps that could save both the taxpayer and the tax department a lot of time and trouble.

The first step is for the taxpayer to contact the local district taxation office for an explanation. Since most disputes arise over a misunderstanding of the facts, it is usually in the taxpayer's interest to sit down with a tax official and clarify all the details. Most disagreements between the taxpayer and the tax department are ironed out at this stage, with the presentation of additional documentation by the taxpayer or additional explanation by a tax official.

If agreement is not reached at this point, taxpayers can file a formal notice of objection on a form provided by the district office. All notices of objection must be sent by registered mail in duplicate to the Deputy Minister of Revenue Canada, Taxation within 90 days of the mailing date of the assessment notice. This initiates an independent review of the case by an appeals officer in the district office. Approximately 81 per cent of all objections are settled through the district office to the taxpayer's satisfaction.

If the taxpayer is still not satisfied or if no response has been received within 180 days of filing a notice, the taxpayer may then appeal to the Tax Review Board, an independent body which holds hearings in larger centres across Canada. Or a taxpayer may choose to bypass the Review Board and appeal directly to the Trial Division of the Federal Court of Canada.



A commemorative gift for a new-born: assemble an assortment of coins from the year of birth. Mount them and frame. It's a gift to last a lifetime.

"The doctor sees all the weakness of mankind, the lawyer all the wickedness, the priest all the stupidity." Schopenhauer

Quick 'n' Easy
OKFS 4771 8-18

729 16" DOLL
New! For the first time, make America's beloved cartoon character as a doll for a child to play with and call a pal. Pattern 729: pattern pieces for 16-in. Popeye doll and clothes; directions.

It's the blouse above all in fashion this season. From peasant-pretty gathers to classic to ruffles to bow ties—all the top styles are here. Make several!
Printed Pattern 4771: Misses Sizes 8, 10, 12, 14, 16, 18. Size 12 (bust 34) basic shirt 2 1/8 yards 45-inch fabric.

Break free from high prices—sew this super-sensational dress in sweater knits, silky crepe, velour for little money. NO waist seam, frills, fitting problems.
Printed Pattern 4811: Half Sizes 10½, 12½, 14½, 16½, 18½, 20½. Size 14½ (bust 37) takes 1 1/4 yards 60-inch fabric.

\$2.25 for each pattern. Add 50¢ each for postage and handling. Ontario residents add sales tax on needlecraft orders only. Send to: (NAME OF YOUR PUBLICATION) 109 Crockford Blvd., Scarborough, Ontario, M1R 5B4.

Fashion Catalog (S/S) \$1.50
1982 Needle Catalog \$1.50
ALL CRAFT BOOKS, \$2.00 each
135-Dolls & Clothes On Parade
134-14 Quick Machine Quilts
133-Fashion Home Quilting
132-Quilt Originals
131-Add a Block Quilts
130-Sweater Fashions-Size 38-56
129-Quick 'n' Easy Transfers
128-Envelope Patchwork Quilts
127-Afghans 'n' Dollies

For catalogs and books, please add 50¢ each for postage, handling.

4811 10½-20½

CARDS OF THANKS

Special thanks to all who sent cards, phoned or visited me, also doctors and nurses who were so nice while I was a patient in Winchester Hospital.
Chester McDermott 38-1p

I wish to express my thanks to friends and relatives, who visited me, sent flowers, get well cards and treats, while a patient in Winchester Memorial Hospital. Also a special thanks to Dr. Marston, Dr. Prins, Dr. Jacques and the wonderful nurses on 2nd Floor.
Leona Barkley. 38-1p

I would like to express my sincere thanks to my family and friends who remembered me with cards, flowers and visits during my stay in the Brockville General Hospital. Thanks to Rev. Gooch for his visit.
Curtis Baker. 38-1p

Sincere thanks to Rev. Allen Tysick and members of Matilda Pastoral Charge,



The first time the U.S. flag flew over a schoolhouse was in May 1812, at a log school at Catamount Hill, Colerain, Massachusetts.

Coronary Care Units, pioneered in Canada, have reduced mortality in hospital patients with heart attacks. Help your "Heart Fund" help pioneer new life-saving advances.

We are enjoying the mums and the beautiful roses and carnations presented to Grace.

Our wild birds are enjoying their new feeder. In all we spent an enjoyable and a very surprising evening, the fine lunch and visits with friends. Thanks again to everyone. It was an evening to remember Feb. 28, 1982.

Grace and Stanley Shaver 38-1p

FORM 5

THE PITTS & QUARRIES CONTROL ACT, 1971

NOTICE OF APPLICATION

Cornwall Gravel Co. Ltd.
390 Eleven St., West
Cornwall, Ontario

Hereby give notice that application has been made for a license to open, establish or operate a quarry on the lands described as follows:

east half of lot 30 concession 1 Township of Matilda County of Dundas consisting of forty acres, more or less

The estimated amount of rock to be extracted annually is 20,000 tons.

The operation will be a permanent operation with a portable plant installation.

The day fixed by the Ministry of Natural Resources as the last day upon which written objections may be filed with him pursuant to subsection 1 of section 5 of the act is May 1, 1982.

Please submit objections in writing to D.B. Willis, Inspector of Pitts & Quarries, Ministry of Natural Resources, P.O. Box 1749, 113 Amelia St., Cornwall, Ont.

Dated this February 24, 1982

Lionel Grant
[Signature of Applicant]
37-2c

Dixon's hosts West Dundas hockey tournament



Dixon's Corners Public proved to be second, over-all in last Wednesday's West Dundas Junior Boys' Floor Hockey Tournament. Dixon's hosted the Tourney, which attracted five area teams. The team is shown, along with Convenor Dick Turner on the left, and Coach Bill Hallam.



Morrisburg: The winners of the West Dundas Junior Boy's Floor Hockey Tournament. With the team is Coach Gary "Sputnik" O'Neil. Morrisburg went down to defeat against Chesterville in the over-all Tournament last Friday, in a real cliff-hanger. The final score was 4-3.

Last Wednesday, Dixon's Corners Public School hosted the West Dundas Junior Boys' Floor Hockey Tournament, with the following results during the day's play: Dixon's over Inkerman, 6-2; Nationview over Morrisburg, 5-4; Dixon's over Iroquois, 5-0; Inkerman tied Nationview, 1-1; Morrisburg over Dixon's, 4-2; Iroquois over Nationview, 3-2. The final confrontation was between Inker-

Dixon's, 4-4 Iroquois over Inkerman, 6-2; Nationview over Morrisburg, 5-4; Dixon's over Iroquois, 5-0; Inkerman tied Nationview, 1-1; Morrisburg over Dixon's, 4-2; Iroquois over Nationview, 3-2. The final confrontation was between Inker-

man and Morrisburg and it proved to be no match at all. The victorious Morrisburg team trounced the Inkerman boys 10 to nothing, and went on to face Chesterville, the winners of the East Dundas Tournament, also held that day.

Help your HEART FUND

Silent, insidious - but treatable and controllable - high blood pressure affects your heart. Have it checked yearly says your Ontario Heart Foundation, save your life.

TOWNSHIP OF MATILDA PINS FOR SALE

Pins with the Township of Matilda emblem are available for purchase at the Township Clerk's Office at Brinston, Ontario for the price of \$2.75 each. Anyone interested in purchasing these pins as a souvenir may do so by attending the office during regular office hours.

27-2c

W.E. Horner
Clerk-Treasurer

Nutrition and Money Management Open Forum

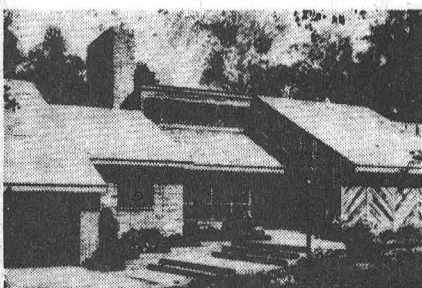
Seaway District High School
Home Ec. Room
Tues., March 9
7.30 p.m.

Sponsored by Family Counselling, Cornwall and the three United Counties

EVERYONE WELCOME

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- ★ Free Coffee and Donuts
- ★ Further Information, please phone: 652-4395

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Join the Winter's Fun in '82 at the **CARDINAL** March 6th to 14th



Saturday, March 6th -

2:00 P.M.
Tug of War between Queen contestants and Cardinal Fire Department in front of arena.

2:30 P.M.
Ski-doo rides at Legion (providing the weather permits)

Sunday, March 7th -

Juvenile Hockey Tournament

Monday, March 8th -

5:00 p.m. - 10:00 p.m.
Minor Hockey games

Tuesday, March 9th -

7:00 p.m. - 8:00 p.m.
Bronco Girls vs. Bronco Players

8:00 p.m. - 9:30 p.m.
Cardinal Minor Hockey Coaches vs.
Iroquois Minor Hockey Coaches

9:30 p.m. - 11:00 p.m.
Legion Old Timers vs. Canada Starch Truckers

Wednesday, March 10th -

5:00 p.m.
Dinner for contestants
8:00 p.m.
Dundas Flyers vs. Cornwall Old Timers - 1st intermission
- Solo skating by Stephanie St. Louis

2nd intermission - Crowning of 1982 Queen

Master of Ceremonies - Max Keeping of CJOH

Thursday, March 11th -

7:00 p.m. - 11:00 p.m.
Broomball games possibly All-Star Broomball Game

Friday, March 12th -

6:30 p.m. - 8:00 p.m.
Skate-A-Thon sponsored by the Cardinal Fire Department

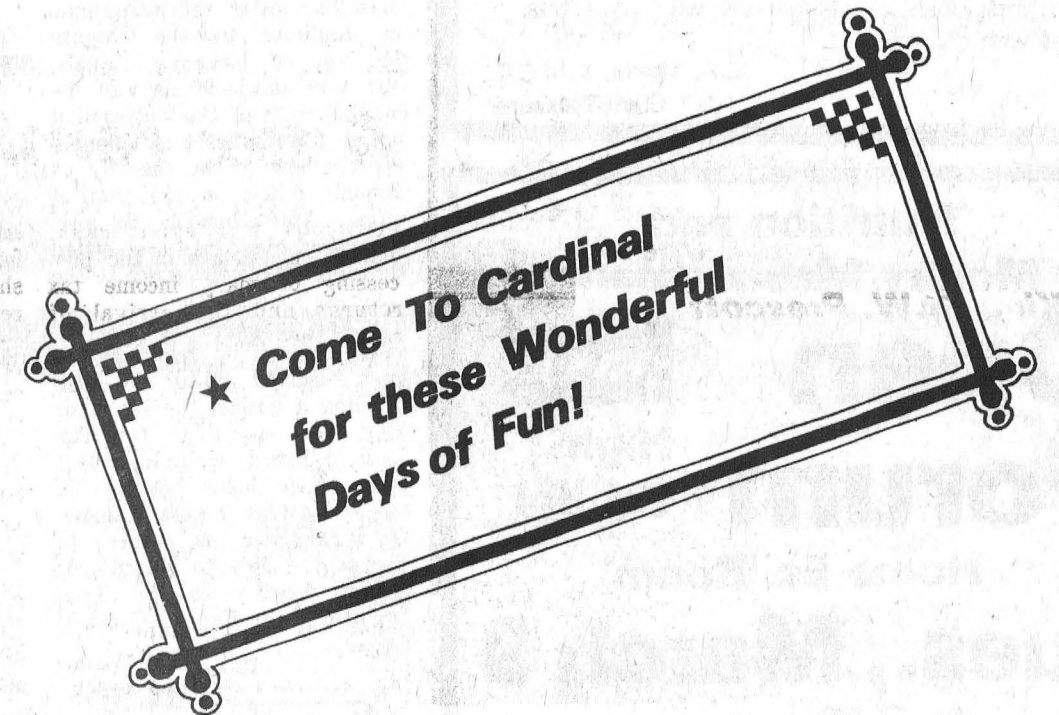
8:00 - 10:00 p.m.
Adult Skating Party

Saturday, March 13th -

Pee Wee "B" Tournament

Sunday, March 14th -

Bantam "A" Tournament



This Message Sponsored by the following:

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Debbie Adams 657-3239



Lorne Strader New Vice Chairman

SNRCA holds annual meeting at Berwick

At the annual meeting of the South Nation River Conservation Authority held in Berwick February 17th, 1982 a record budget of \$3154,665 was adopted. A change in levying taxes from residential to commercial means that most communities under the jurisdiction of the authority will see their total dollar contributions rise in 1982.

As shown on the accompanying graph the change in the

allocation of funds is confined to a shift in emphasis from the Basin Study to actual construction and capital works projects.

In other business of the authority, a new executive was elected. Mr. Lorne Strader, deputy-reeve and councillor from Matilda Township was named as vice-chairman replacing Keith Graham of Chester-ville. Mr. Graham who has been an able and knowledgeable

member of the executive will be sorely missed" said Lorne Strader. "It is an honour to serve in the capacity to which I have been elected" said Mr. Strader, "and I will do my best to contribute in any way possible to the operations of the Authority."

Mr. Strader indicated that the channelization of the river in 1982 will reach into the east end of Mountain Township as the authority will be spending \$180,000 of \$272,000 of local taxes for the widening, straightening and deepening of the river as far as Mountain Township.

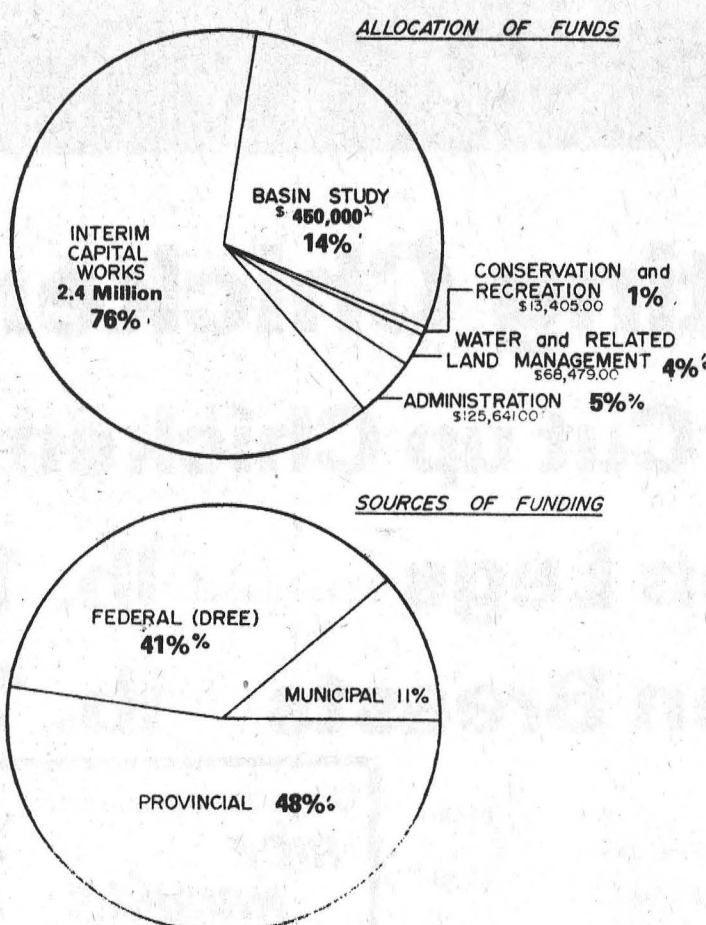
TOWNSHIP OF MATILDA NOTICE

Applications will be accepted for summer employment for one student to work in the Clerk's Office. Students wishing to apply must be enrolled in an administrative, commerce, economics, political science or computer science course in either a community college or Ontario university.

applications will be accepted until March 14, 1982. Duties to commence on Monday May 3, 1982. Please forward applications to Township of Matilda, Clerk's Office, Brinston, Ontario, K0E 1C0.

W.E. Horner
Clerk-Treasurer
37-2c

1982 BUDGET SUMMARY



A tax reminder

This year, errors and omissions will again cause unnecessary delays in the processing of many income tax returns and the arrival of refund cheques.

Most of these delays, according to Revenue Canada, Taxation, could be avoided by simply following the step-by-step instructions in the 1981 Tax Guides.

For instance, all official receipts and required schedules should be attached to page 3 of your return. Without these schedules and receipts, the return isn't complete and Taxation will have difficulty processing it.

T4 slips from your employer or employers, and any other information slips you received, should be included with your return since Taxation needs a copy to verify the income you're reporting and to substantiate certain deductions you may be claiming.

Receipts for medical expenses, charitable donations, political contributions, tuition fees, union dues or other expenses must be included as well. If you are self-employed, Revenue Canada requires that you file a statement of income and expenses and a balance sheet.

Check that the name, address and social insurance number indicated on your return are correct and that you have included all additional information, such as birthdate and marital status, in the identification area.

Finally, it's important to verify your arithmetic. Double check that the correct amounts are entered on the proper lines. Errors can easily occur when transferring figures from the working copy to the final copy. Once you have completed your return, sign it and include your telephone number and the date.

And remember, the deadline for filing is April 30th.

bonus draw

It's no blarney, the Provincial lottery will be holding a St. Patrick's Day Bonus Draw on Friday, March 19th. D. Norman Morris, president of the Ontario Lottery Corporation announced today.

In addition to the regular \$500,000 winning number, 20 bonus prizes worth \$100,000 - \$2 million extra - will be drawn. There are no subsidiary prizes for the bonus numbers.

Provincial tickets issued from February 19th through March 19th will be eligible for the bonus draw. Each will bear the usual seven-digit ticket number which will be valid for both the regular and bonus draws. Tickets cost \$5.00.

Provincial draws are held every Friday, and the winning numbers are broadcast at approximately 5:59 p.m. and again at 11:10 p.m. over the Global Television Network.

The Provincial is a joint undertaking of all ten Canadian provinces and is administered by the Interprovincial Lottery Corporation. In Ontario, the distribution and marketing functions are handled by the Ontario Lottery Corporation.

Prospects are good for livestock exports

Export opportunities to Japan and Korea in 1982 are very encouraging for exporters of Ontario breeding stock. This was the consensus of a just completed Ontario livestock mission led by Agriculture and Food Minister Lorne C. Henderson.

The mission comprised ten representatives of major exporters of dairy and beef cattle, swine, sheep, semen and embryos. Over a period of ten days they visited a number of agricultural areas near Seoul, Korea; Tokyo and Sapporo, Japan.

"The purpose of the mission was to promote exports of high quality Canadian breeding stock, semen and embryos and to identify market opportunities in Japan and Korea," said Mr. Henderson. "Our discussions in Japan and Korea with govern-

ment and private officials indicate there could be many new areas for Ontario exporters to explore and to build on existing business."

"Ontario dairy cattle have been highly regarded by Japanese farmers for over 30 years. In order to strengthen our position in the market we must maintain an continuous close and friendly working relationship with the dairy cattle industry."

To foster this relationship Mr. Henderson met with Parliamentary Vice Minister of Agriculture, Forestry and Fisheries Mr. Tokuchiro Tamazawa.

He also talked with representatives of the Japan Holstein Cattle Association.

In the province of Tochigi (north of Tokyo) the mission visited dairy co-operatives

where Holstein heifers from Ontario are being raised and distributed to local breeders as a means of obtaining rapid genetic improvement in their herds.

On the last leg of the Japan trip, the mission went to Sapporo where they were welcomed by the Governor of Hokkaido, the Honourable Naohiro Dogakawai at his residence.

The island of Hokkaido has imported over 1,000 head of dairy cattle from Ontario over the past ten years. These cattle have performed extremely well with some being now considered as the superior bulls in their artificial breeding centres.

Hokkaido is considered to be Japan's answer as a future food supply centre and is currently responsible for 30 percent of

Japan's total milk production and 35 percent of its dairy cattle.

The mission met representatives of the Hokkaido Federation of Agricultural Co-operative Associations (Hokuren), an umbrella organization representing 301 co-operatives which are involved in the livestock breeding business.

Hokuren sends 20 young farmers overseas every year as part of a training program. Ontario has received 70 trainees, with 12 expected in 1982.

"The training program is an important link with Japan," explained Mr. Henderson. "Not only does it foster lasting friendships but also exposes these future farmers to the latest techniques in dairy farming and in the merits of Ontario cattle."

George Clemons, president of the Canadian Livestock Exporters' Association and a veteran in the Japanese market, said that government support and backing is very important to the Japanese agriculture community.

In conjunction with the minister's schedule, the mission members held private business meetings with potential and existing customers. The meetings were pre-arranged with the assistance of the federal and provincial government offices in Seoul and Tokyo.

Please look

The first commercial pretzels baked in the United States came from the Pennsylvania Dutch village of Littitz. The year was 1861.

ROONEY FEEDS AND FERTILIZER CENTRE

Now Is The Time To Order Fertilizer, Grain and Forage Seed

OATS

- ★ Sentinel
- ★ Elgin
- ★ Rodney

BARLEY

- ★ Perth (sold out)
- ★ Bruce (limited)
- ★ Pequis

MIXED

- ★ Elgin-Perth (sold out)
- ★ Elgin-Bruce
- ★ Garry-Perth (sold out)

★ Other Varieties
Only On Request
if Available

★ ORDER EARLY TO INSURE DELIVERY and SUPPLY.

★ ALL ORDERS MUST BE PLACED BY MARCH 31st

★ Fertilizer Spreader Is Available

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Plan, then
Telephone Us
At 652-4382



NUTRITE



THE ONTARIO COMMUNITY NEWSPAPERS ASSOCIATION

The President and Directors
of the
Ontario Community Newspapers Association
are pleased to congratulate

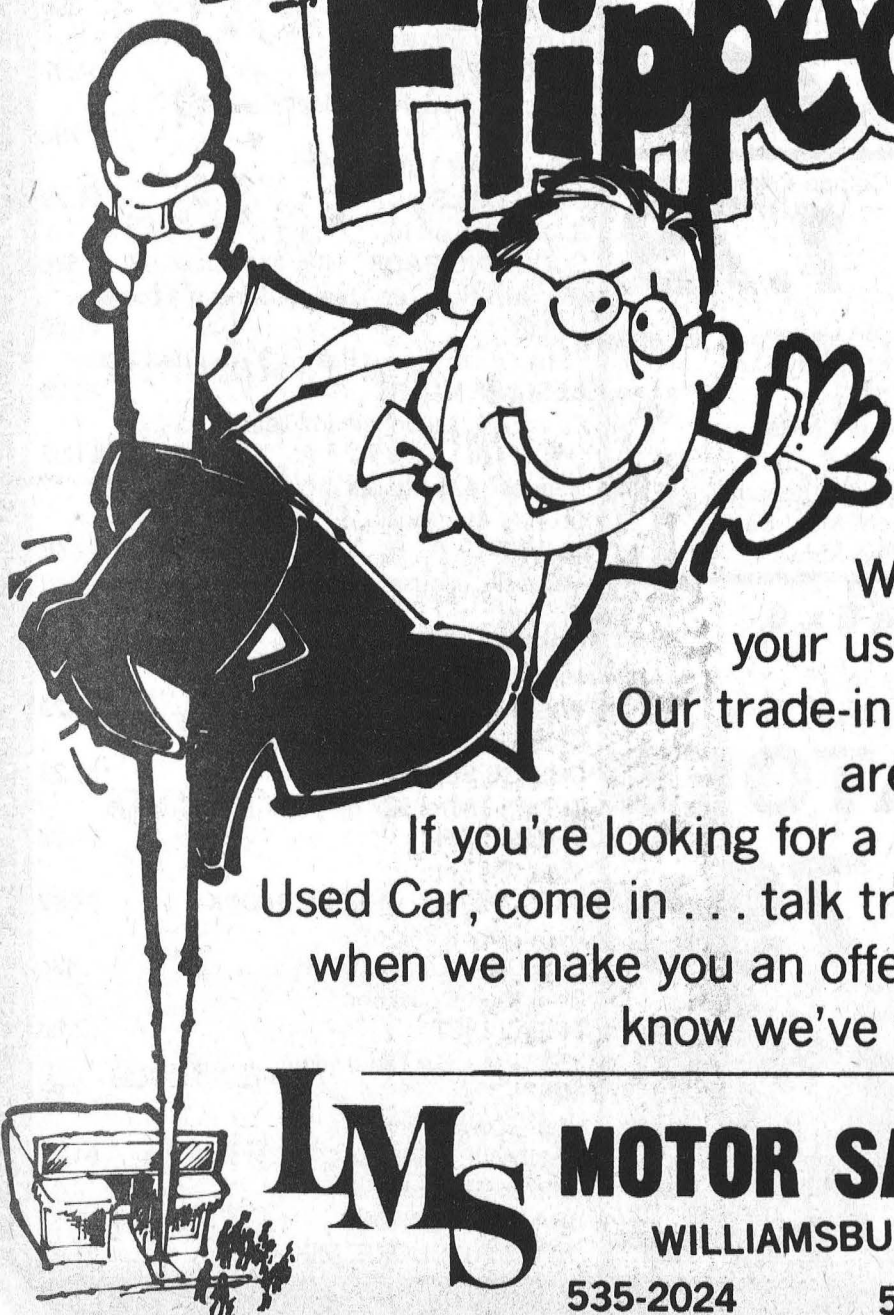
The Iroquois Post

Winner Of

- ★ Best Front Page
- ★ Third Place, General Excellence, Class 1

in the Association's 1981 Better Newspapers Competition
open to member newspapers across Ontario.

We've Flipped



We need
your used car!
Our trade-in values
are crazy.

If you're looking for a New or
Used Car, come in . . . talk trade . . .
when we make you an offer you'll
know we've flipped!

LMs MOTOR SALES
WILLIAMSBURG
535-2024 535-2298



Branch 370 LEGION NOTES

MEMBERSHIP NEWS FROM THE IROQUOIS LEGION GENERAL MEETING FEB. 18th, 1982

Honors and Awards
NEW LIFE MEMBERS
Albert Belanger, Bob McDonald, Percy Roberts.
CERTIFICATES OF MERIT
- Jerry Cornell, Clair Easter, Cora Easter, Shirley Gibson, Joe Roberts
Initiations: NEW MEMBERS
SWORN IN: Marily Houghton, Sharon Logie, Brian Merkley, Debbie Riddle. Iroquois Legion Branch 370 warmly congratulates all of you.

INTER BRANCH DARTS LEAGUE LEGION

Iroquois Legion Branch 370 hosted the Inter-Branch Darts game Feb 27, 1982. As usual, everyone who came had a good time.

There are only 4 more meetings before the playoffs are held here at the Iroquois Legion Sat. April 3rd. The next regular meet will be held at the Morrisburg Legion on Tuesday March 9. Now here are the League Standings.

Team	Won*	Pts
Iroquois No. 5	9	199
Prescott No. 1	9	171
Cardinal No. 6	8	158
Iroquois No. 7	7	147
Prescott No. 3	10	143
Morrisburg No. 2	8	132
Cardinal No. 8	0	112
Morrisburg No. 4	5	58

*Indicates wins at Feb. 27th meet.
High Scores
George Martin 156-100
Reg. Farmer 140-100-100-100
Charles Marsden 140-135-100
Doug Laporte 140-100-100
Ron Mondeux 138
Glen Adams 125-125-109-100
Howard Mallette 114
Steve Kavanaugh 113
Garnet Bilmer 106
Dave Rutter 105
Russ Lackey 101-100

Doug Grant 100-100
Rick Sayeau 100-100
Larry Himes 100
Joe Roberts 100
Jim Vaughan 100
Most Games Won
Russ Lackey 4
Doug Laporte 4
Glen Adams 3
Jim Logie 3
Lorne Thompson 3

Also Steve Kavanaugh, Lee Kelly, Larry Mills, Charles Marsden and Joe Roberts won 2 games each.

On a lighter note, rumours abounded about someone who shot an "O" with 456 left. Upon further investigation we found certain players more than happy to divulge the name of Rick Sayeau as being the player to whom the "O" befell. We overheard another player saying jokingly "This goes to show that it looks like "The Great-est's" supreme reign in points is at an end". Only time will tell, we say.

Last but not least, we thank everyone who came to make this a fun afternoon and we thank The Ladies Auxiliary for the sandwiches which again were sold out.

INTER BRANCH

Mixed darts

Games played at Iroquois Feb. 27

LEAGUE POSITIONS	
Iroquois No. 5	199 Points
Prescott No. 1	171 Points
Cardinal No. 6	158 Points
Iroquois No. 7	147 pOints
Prescott No. 3	143 Points
Morrisburg No. 2	132 Points
Cardinal No. 8	112 Points
Morrisburg No. 4	58 Points

HIGH SCORES

Reg Farmer 140	140-135
Charlie Marsden 140-135	
George Martin 156	
Doug Laporte 140	
Ron Mondeux 138	
Glen Adams 125-125-109	
Howard Mallette 114	
Steve Kavanaugh 113	
Garnet Bilmer 106	
Dave Rutter 105	

Next Game March at Morrisburg Branch 48. Ex. Meeting April 1st at Iroquois Br. 370 7:30 start.

As of Feb. 26, 1982

Longshots	160 1/2
Unicorns	153 1/2
Bullshooters	150 1/2
Muffins	150 1/2
Mad K's	131
Bunnies	123 1/2
Fred's Girls	101 1/2
Trys	94

Bantam A and Bantam B

Hockey notes

BANTAM A Playoff

March 1 at Cardinal Iroquois 3, Cardinal 1
Mike Veltkamp 1
Assisted by Chris McDermid
Jason Mandel 2
Assisted by David Lapier
Iroquois wins first round of playoffs.

BANTAM A
O.D.M.H.A. Playdown
February 28 at Char-Lan
Char-Lan 2, Iroquois 1
Chris McDermid 1
Assisted by Mike Veltkamp

BANTAM A
Playoff
February 23 at Cardinal Iroquois 4, Cardinal 1
David Lapier 1
Assisted by Steven Picotte, Eldon Horner, Bruce Mullin
Assisted by Chris McDermid
Steven Picotte 1
Assisted by Mike Veltkamp, Chris McDermid
Mike Veltkamp 1

Assisted by Chris McDermid
1st game of Playoff best of 3 games First Round

BANTAM B
February 27 at Winchester Iroquois 5, Winchester 0
Harvey Kolff 1
Rob Hamilton 1
Paul McCaslin 1
Bruce Murphy 1
Assists
Eldon Horner 2
Paul McCaslin 1
Rob Hamilton 1
Bruce Murphy 1

BANTAM B
February 28 at Cardinal Iroquois 2, Prescott
Prescott Nordiques 1
Harvey Kolff 1
Billy Hutt 1
1st game of semi-finals game

Play it safe

Encourage safety consciousness in your children, says the Industrial Accident Prevention Association. Praise them for looking both ways before crossing a street instead of scolding them if they don't. Teach your children the basics of safety.

That cupboard under your kitchen sink could be a death trap for your young children, warns the Industrial Accident Prevention Association. Soaps and detergents, drain cleaners, waxes and polishes, oven cleaners and insecticides are all highly poisonous. Store these items well out of reach of children or in a locked cupboard. Discard any items no longer needed or used.

decided in overtime on a penalty shot. Good Save by Doug Perry.

Eliminating bovine tuberculosis in Canada

Agriculture Canada researchers have moved another step closer to eliminating bovine tuberculosis in Canada.

At the department's diagnostic and research laboratory in Nepean, Ont., they now are manufacturing a tuberculin reagent that will more accurately determine the presence of tuberculosis in cattle. A reagent is a solution that, when injected, produces a reaction in an animal with the disease.

The new reagent is called purified protein derivative (PPD). It contains fewer of the impurities that sometimes led to false positive reactions with previous test reagents.

Canada had tested every herd in the country for bovine tuberculosis. All positive animals were slaughtered, and the disease was almost eliminated.

However, to completely eradicate the disease an entirely new program was needed. As a result, the Bovine Tuberculosis Eradication Program was started in 1979. The main thrust of this program is stepped up checking for tuberculosis in cattle at the slaughterhouse.

"The old program, in which most herds were tested in the field, was not adequate to eliminate the disease. A few cases remained in herds scattered across the country," says the new program's director, Claude

Lavigne. The use of PPD, combined with intensified testing for tuberculosis at slaughterhouses, will make it easier to identify and trace the source of the disease.

Dr. Lavigne is clearly optimistic about the important role PPD has in the program.

"The time and money that can be saved with this new product is substantial because PPD is seldom wrong when it indicates that a herd is infected," Dr. Lavigne says.

With the new program now well under way, Dr. Lavigne predicts that by 1985 Canadian cattle will be free of bovine tuberculosis.

SUPER SHOPPERS WILL APPRECIATE THESE

Prices in effect until closing March 6th, 1982

MARKET LTD.
Shopping Plaza Iroquois

Fresh 3 1/2 - 4 lb.
Roasting Chicken lb. 95c

Whole Cut up Chicken lb. 1.05

Fresh
Chicken Legs Backs Attached lb. 1.29

Fresh Back Attached
Chicken Breasts lb. 1.49

Burns RTE	
SMOKED PICNIC lb.	\$1.09
New Zealand Cut in Chops	
LAMB SHOULDER lb.	\$1.49
Burns Pride of Canada 1 lb.	
WIENERS lb.	\$1.29
Burns Pride of Canada 500 g.	
BACON lb.	\$1.99
Maple Leaf to Slice	
SALAMMI lb.	\$1.69
Maple Leaf European	
POLISH COIL lb.	\$1.89
Burns "Wax" By the Piece	
BOLOGNA lb.	\$1.09
Burns to Slice	
COOKED HAM lb.	\$1.88

frozen foods

Blue Water Boston Bluefish 227 g.	
FISH FRIES ea.	\$1.00
Blue Water Boston Blue 227 g.	
FISH CRISPS ea.	\$1.00
Highliner 680 g.	
FISH CAKES ea.	\$2.00
Kelloggs 312 g.	
BLUEBERRY BRAN WAFFLES ea.	\$1.00
Richs 500 g.	2 / \$1.00
COFFEE RICH	
Farm House 340 g.	
CHOCOLATE CREAM PIE ea.	\$1.39
Farm House 340 g.	
COCONUT CREAM PIE ea.	\$1.39
Farmhouse 340 g.	
LEMON CREAM PIE ea.	\$1.39

bakery buys

Home Pride
100% Whole Wheat
BREAD 65c
Round Top

Kellogg 725 Grm Box Cereal
RICE KRISPIES 1.99
FLEECY 2.99
5 litre Fabric Softener

Habitant 256 ML (8 oz. tin) Assorted
SOUPS 19c
Ready to Serve

Puss & Boots 709 grm tin Assorted Flavours
CAT FOOD 49c

Budget 4 roll pak
Bathroom TISSUE 99c

York 398 ML (14 oz. tin) Fancy
PEAS 49c
or Kernel
CORN 49c

Healtho 721 Grm (25 oz. tin)
DOG FOOD 49c

Red Rose Box of 60 Orange Pekoe
TEA BAGS 1.79

Catelli Macaroni & Cheese Dinner	39c
Catelli 1 Kg. Spaghetti or Ready Cut Macaroni	\$1.59
Rose Brand 1 litre jar Sweet Mixed Pickles	\$1.29
Planters 350 Grm tin Cocktail Peanuts	\$2.49
Catelli 28 oz. tin Spaghetti Meat Sauce	\$1.33
Clark's 24 oz. tin Assorted Stews	\$1.59

Regular
GROUND BEEF lb. 1.39

E.D. Smith 1.36 litre
GARDEN COCKTAIL 1.29
(48 oz. tin)

Facelle Royale 2 Roll Pak	
KITCHEN TOWELS	\$1.18
Heritage 796 ML (28 oz. tin) Standard TOMATOES	79c
Heinz 14 oz. tin KIDNEY BEANS	49c
Dare's 400 Grm 4 Varieties BREAKTIME COOKIES	99c
4.8 Kg. Box Lemon Fresh Laundry Detergent	
12 Litre Box SUNLIGHT	\$7.59
Carnation 500 Grm Jar Coffee Creamer	
COFFEE-MATE	\$1.79
Heinz 14 oz. Cooked SCARLOS	49c
Christies 450 Grm SALTED SODAS	99c
Campbell's 10 oz. tin TOMATO SOUP	29c
10 oz. Jar Instant NESCAFE COFFEE	\$4.97
14 oz. tin Spaghetti Meat Sauce	79c
BRAVO	
Rose Brand 1 litre Jar BABY DILLS	\$1.29
S.O.S. Pak of 10 SCOURING PADS	59c
450 Grm Bag Top Quality Christie Cookies	
OREO	\$1.59
"Start them Now" Pak of 3 Assorted Colors	
BEGONIA BULBS	\$2.99
Pak of 24 Decongestant Tablets	
DRISTAN	\$1.99
Habitant 625 ML Jar Stuffed Manzanilla	
OLIVES	\$2.49
Maxwell House 1 lb. Pk. Decaffeinated Ground COFFEE	\$3.39
1 litre Liquid Detergent	
WISK	\$2.29
Kraft 250 Grm Pk. Single Wrap CHEESE SLICES	\$1.29
Cracker Barrel 227 grm pak Mild Colored CHEESE STIK	\$1.29
Kraft 454 Grm MOZZARELLA CHEESE BLOCK	\$2.99
Good News Pak of 2 DISPOSABLE RAZORS	33c
2 Kg. Bag Dog Food	
TOTAL DIET	\$2.99
500 ML Liquid Detergent	
MIR	79c
Kraft 500 ML Jar SANDWICH SPREAD	\$1.29
Quaker 900 Grm Pak BRAN MUFFIN OR OATMEAL COOKIE MIX	\$1.49

CRUSTY BREAD Loaf 80c
WHITE BREAD 4 - 2.50
RYE BREAD Loaf 90c

Old Fashioned
CAKE DONUTS Dozen 1.25

Hamburger Buns, Parkerhouse Rolls, Whole Wheat Doz. 1.20
Raisin Buns doz. 1.80

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MORRISBURG BAKERY
MORRISBURG in the Mall 543-2245

PAMPERS
Daytime 30's Reg 4.27 **\$3.99**
Regular 4.27
Extra Absorbent 24's **\$3.99**
Regular 4.27
Overnight 22's **\$3.99**

Special \$3.99

★ St. Patrick's Day Cards for March 17th
★ St. Patrick's Hats and Bow Ties
★ St. Patrick's Pins and Shamrocks

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Open Mondays 1:15 - 5:15 p.m.

PERT SHAMPOO - 450 ml (reg. 4.45)



SPECIAL \$3.49