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Gas prices yo-yo but remain high

by Gerrit Bosma
Press staff

WINCHESTER — Hold on to your pocket change — this past week gas prices jumped to a high of just under 80 cents per litre in the Winchester area.

On Tuesday morning, Feb. 4, regular unleaded gas was 79.6 cents per litre at both Mac's and Francis Fuels and was 79.2 at Pioneer. For the past month gas prices have stayed in the 70-cent range. But with war looming in Iraq, oil prices remain unstable or as one Mac's employee cited: "like a yo-yo."

Ron Blanchard, manager of Francis Fuels in Winchester, says customers shouldn't hold their breath for those prices to drop anytime soon.



According to some service station managers, for the next little while customers shouldn't expect basic gas prices to fall more than five or six cents from this 79.6 cents per litre posting on Tuesday morning, at Mac's gas bar in Winchester.

"I expect they will stay in the 74-75 cent range for about two months," Blanchard said. "I don't think it will go up that much, maybe 84 at the most."

Despite worries among drivers that the crisis in the Middle East will drive gas prices to a dollar per litre, local service station managers like Blanchard say this is highly unlikely. Pioneer's station manager said gas prices have been averaging in the 70s and said he couldn't speculate when they would drop. "I think some people have gotten used to the high prices."

Customers don't seem to be bringing their anger over rising prices to the pumps either.

"Customers have been nice," Blanchard said. "They know the rising prices are not us and are just wondering when it is going to stop."

Love Your Library Month declared

WINCHESTER — February has been declared Love Your Library Month in SD&G, and there will be an amnesty on library fines for overdue books for the entire month. The program affects all 19 branches in the Untied Counties.

The announcement was made by SD&G County Library Board chair John Hope on Jan. 29. No overdue fines will be charged on books no matter how overdue they are, was the message he stressed. "It's time to look under the bed and behind the bookcases for those long-lost library books."

Plans to switch to a new computer system is partly behind the library's spirit of generosity. The counties library system is hoping to have as much material returned as possible, so an inventory can be conducted.

• see LIBRARY on next page



Old time curling

An outdoor bonspiel was a new feature at the Greely Winter Carnival last Saturday (Feb. 1). Participants, such as Dave Johnson (left) and Jeff Ripley, learned just how spoiled modern curlers have become with indoor rinks and new styles of brooms. The event is expected to become an annual part of the carnival. Photo — James

Mushers compete

Drivers from all over Ontario, Quebec and the northeastern United States competed in the IFSS World Cup Sled Dog Races in Kemptville over the weekend (Feb. 1-2). Participants ran races on both days to produce a combined score, in four, six and eight-dog teams. Skijoring races were also held, where a driver on cross-country skis is pulled by dogs. Before the races, the public had a chance to meet the dogs. Photo — James



Ethanol hopes evaporate

by Chris Zabel
Press staff

CORNWALL — After briefly calling attention to itself and causing excitement, the future of the Seaway Valley Farmers Ethanol Co-operative is once again as uncertain as ever. There is still no news on whether the effort to build an ethanol plant in Cornwall will receive provincial assistance.

At a special meeting of the co-op's membership in Winchester on Jan. 23, the following Monday was presented as a significant deadline. Following discussions with Minister of Energy John Baird, it was hoped that the province would assist the co-op with a grant or loan. The co-op needs an estimated $500,000 to complete the paperwork with a new lender, First Treasury Corporation of Toronto.

At the Winchester meeting, co-op vice-president Ed Schouten said the project would have to be abandoned if the province didn't step in with assistance. The much anticipated morning phone call on Mon., Jan. 27 with the Ministry of Energy came and went, however, without a concrete offer of financing. And the status quo remained.

A week later, on Feb. 3, co-op president Bud Atkins said he is still hopeful the province will step in and ensure the organization has the funds necessary to close a deal and start building. "We think we'll probably get it," said Atkins. "They just have to find a way of doing it." He suggested it should be no surprise that government bureaucracy is slow moving.

• see ETHANOL on next page

Williams part of team investigating Columbia disaster

by Gerrit Bosma
Press staff

WILLIAMSBURG — Canadian astronaut Dave Williams is part of the NASA investigating team searching wreckage of the shuttle Columbia, in which seven of his closest colleagues and friends were killed.

Dave Williams, the son of Williamsburg resident Isobel Williams, called his mother 15 minutes after Columbia disintegrated over Texas Saturday (Feb.1) morning, before she heard the news from the radio or television. Isobel said the loss of the seven astronauts aboard has been extremely tough for Dave to deal with.

"He lost seven of his good friends all at once," Isobel said. "It is a terrible thing."

Williams, a NASA veteran who flew in a 1998 shuttle mission, was in training school with many of the seven deceased astronauts of Columbia's final mission. He was en route to the Johnson Space Centre in Houston when the shuttle came apart in the sky above the southwestern U.S.

Williams was scheduled to have his second opportunity to leave the earth's orbit in a November mission to the International Space Station. Isobel doubts her son's mission will continue as planned. Marc Garneau, president of the Canadian Space Agency, has said Williams and fellow Canadian Steve MacLean will most likely have their missions delayed.

Isobel's son was returning to astronaut work after serving as the highest-ranking non-American at NASA, as director of the Space and Life Sciences Division. She doesn't expect the Columbia disaster will deter her son from pursuing his career with NASA, or his dream of going to the International Space Station. "He is well aware of the risks and dangers," she said.

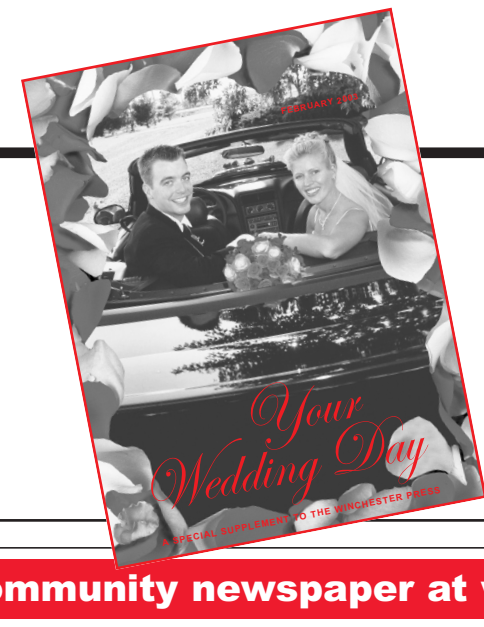
Isobel says she can remember watching for her son's shuttle landing and described it has a joyous time. "It is supposed to be a very happy time, and for the shuttle not to come is a terrible blow. I share the deepest sympathy for the families."

• see SHUTTLE on next page

This week in the Press



The sixth-place Winchester Hawks defeated the number-one ranked Alexandria Glens 4-2 on Nik Paas' 21st goal.



Although wedding season is still months away, brides can never start planning too soon. See our special bridal supplement.

Kids night!

Sunday (Feb. 9) evening the Winchester Hawks and Morrisburg Lions will play at the Winchester Arena. Game starts at 6:15 pm. Kids accompanied by an adult or wearing their minor hockey jersey will be admitted free. The school with the best representation will win $200. Check story (page 11) for details.

Hydro helps

Hydro One presented $20,000 to the Renewing the Vision Campaign on Jan. 30, directing the donation to cover costs of a new emergency department at Winchester District Memorial Hospital. The donation was accepted by campaign co-chair Bill Smirle (right) and Mountain area co-ordinator Keith Fawcett (left). Presenting the cheque were Hydro One health, safety and environment co-ordinator Lloyd Fawcett (centre left) and distribution superintendent Ken Summers.
Press Photo — Zabel



Continued from the front page...

Library

"The intent is for us to get material back, and for late material to be returned," said library CEO Rudi Denham. She said the amnesty includes all library materials, not just books.

Denham cautioned, however, that borrowers will still be accountable for existing library fines left owing before February. "This is not a way to erase old debt," she said. She added that patrons will also still be charged the regular fees for materials they have lost.

Hope made the decision for February to be a fine holiday at the regular meeting of the SD&G County Library Board when he was re-elected as chair on Jan. 23. A long-time board member, Hope is the public representative for Glengarry, and has been chair of the library board since the counties amalgamated.

Frances Martin, the public appointee from Dundas County, was re-elected vice-chair. Martin has been on the library board for many years, serving as chair prior to 1998.

Last year, the Winchester library branch was the fourth most used in the system, slipping from its long-standing place in third. Denham explained the change was likely due to the library being closed for more than a month to move to its new, larger location in the former North Dundas municipal building. "Winchester, we expect, will grow in the next year," she said.

Ethanol

The City of Cornwall has allowed the co-op an additional six months to begin building on land purchased in the city's industrial park. It has been estimated that closing a deal with First Treasury will take roughly three months. Meanwhile, the co-op is without operating capital, and it's uncertain how the expenses of completing a contract with First Treasury will be met.

Shuttle

She said Dave's family frequently had picnics and other outings with those in the "close knit" NASA community, including those who lost their lives on Columbia. Now the 49-year-old astronaut is attempting to help find out what went wrong with the aging shuttle, the loss of which leaves the faces and voices of seven familiar colleagues in his thoughts forever.

Health Minister to visit WDMH

WINCHESTER — Health Minister Tony Clement will visit Winchester District Memorial Hospital next Tuesday (Feb. 11).

The Ontario Minister of Health and Long-Term Care will arrive at noon, and meet briefly with hospital officials before taking a tour of the facility. The visit will give Clement a chance to hear about some of WDMH's recent accomplishments.

Items to attract Clement's notice include the Renewing the Vision Campaign fundraising and redevelopment project, and the near complete status of the hemodialysis unit. WDMH also recently scored very high on its Acute Care Report Card, where the facility earned high marks for patient service.

Minister Clement will have some comments for the staff and will entertain questions from the media.

All alarms to be registered by June

WINCHESTER — Budget deliberations are under way for SD&G OPP for 2003. The United Counties hopes registered alarms and enforcement on false alarms will cut OPP costs. The 2002 contract for police services in Stormont, Dundas and Glengarry was $7,742,777. The new security alarm bylaw is in effect and all alarms in Stormont, Dundas and Glengarry, must be registered by June 1, 2003, to avoid penalty or fines.

Police blotter

Man arrested for armed robbery

SOUTH STORMONT — A 31-year-old male has been arrested for last week's armed robbery of the Cornwall Centre Road Becker's convenience store. As a result of an investigation, members of the SD&G Criminal Investigation Unit have arrested Scott Banville of St. Andrews, and charged him with robbery with a firearm and wearing a disguise with intent.

Members of the OPP began an investigation into an armed robbery on Jan. 26, the evening of the crime. Banville was to appear in Cornwall provincial court on Jan. 30, for a bail hearing.

Still no leads in armed robbery

MORRISBURG — There are still no arrests or leads in the armed robbery of the McIntosh Inn on Jan. 26.

Detectives are currently searching for the descriptions of two young white males, one who was brandishing a knife. OPP crime unit members are also asking for help from Morrisburg merchants who may have images of the two suspects captured on video surveillance footage.

Theft of snowblower

NORTH STORMONT — During the day of January 24, culprit(s) broke into a garage adjacent to a residence situated on Queen Street in Finch. Once inside, culprit(s) removed a red and black Landmark 10-horsepower snowblower. Constable P. Robb is investigating.

Car stolen from driveway

MORRISBURG — So much for feeling safe in your own driveway.

On Feb. 3 police received a report of a vehicle theft from a driveway of a private residence, at a trailer park in Morrisburg. Overnight a 1990 Pontiac Sunbird was taken from the residence.

The vehicle was later recovered by police in the City of Brockville. No arrests were made at the time of the recovery. The investigation by Const. J. Moores is continuing.

Notes from
Timothy Christian
by Gary Postma



WILLIAMSBURG — There have been no major extra-curricular activities this month. That has allowed for a lot of straight-ahead learning! We continue to have a very positive school climate, with excellent behavior noted every day. Every day I see older kids helping the younger ones and students being courteous towards their teachers. We are in the middle of an excellent year at TCS.

We mourn the loss of Scott Van't Foort, a graduate of TCS in 1999. Scott was killed in a car accident on January 19 and he will be greatly missed by his family. Our classes pray every day for Harry and Iena, Greg and Julie.

Students and staff appreciated having Rev. Mark Ehlebrecht, the local Lutheran pastor, speak at our final assembly of December. In creative and enjoyable ways, he communicated to us the familiar Christmas story.

Our school's maintenance committee is looking to make improvements to our back field this year. So far, $2,500 has been raised for the project. The centrepiece of the project will be some new play equipment. We hope to have this done before our 40th anniversary celebrations in late June.

Soon our parents will be receiving the paperwork relating to the Equity in Education Tax Credit (EETC.) This is the first of five planned stages of the program that will allow our parents to receive 10 per cent of their tuition back as a tax credit. Eventually the EETC would allow for a 50 per cent tax credit. We are very optimistic about the impact of the EETC on our independent Christian school.

A few of our parents volunteered their time and expertise to construct a new sign for the school. It looks great and we're sure that it will help to heighten the profile of our school in South Dundas. We have also changed our Web site address to tcswilliamsburg.ca, something also noted on the sign.

Kids are looking forward to the biennial Jump Rope for Heart event, scheduled for Feb. 14. We all have fun, and we support the Heart and Stroke Foundation.

Finally, our bazaar is coming up fast on the calendar! Scheduled for March 8 at the Matilda Hall, it should be a lot of fun for the hundreds of people who attend. All are invited!

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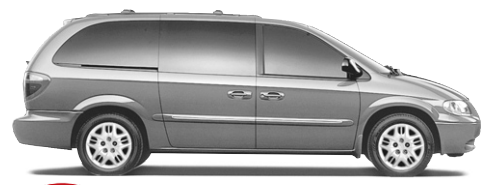
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Aura Beauty and Wellness Spa in Winchester offers a full range of hair, makeup and nail services for the bride, and the groom as well. Dwight Saunders and Helder Ambrosio have their makeup station in the front window of their shop.
Press Photo — Zabel





Above: Before giving up fashion design and moving to Winchester, Dwight Saunders' bridal creations were winning awards, and being featured on the covers of Ottawa magazines such as the winter 1998 edition of Captial Style. He created every element of this bride's look, including the full-length ivory hand-woven tapestry gown, with ruching down the front, guipure French lace, pearl braiding, peplum and bustle.

Photo — Paul Couvrette

Wedding day calls for perfection, right down to couple's fingertips

by Chris Zabel
Press staff

WINCHESTER — A bride will want to have her manicure the day before the wedding. "Hair and makeup are more than enough on the day of," said Dwight Saunders. He and Helder Ambrosio operate Aura Beauty and Wellness Spa on Main Street in Winchester.

Brides realize that nail care is one of the important details behind a perfect wedding. Even for the modern bride who eschews tradition in favor of a more casual gathering, the bride and groom will spend much of their day shaking hands and being photographed. Tidy nails don't stand out in a picture, but ungroomed nails can be an unwelcome distraction.

Saunders knows what goes into assembling a flawless wedding. For 20 years, as a fashion designer in Ottawa, he supplied every necessity for brides: headpiece, dress, shoes, undergarments, hair, makeup, jewellery and nails. After accumulating impressive credentials in the Canadian wedding industry, Saunders lost his enthusiasm for striving to fulfil the dreams of brides. Not long after, he moved his storefront to Winchester, giving up fashion design to focus on spa services.

"Grooms should also do manicure," is Saunders' advice. "Especially someone who works with his hands. Modern grooms are realizing they have to do these things."

A manicure begins with the hands being cleaned and exfoliated, with a treatment of salts and oils. Following a hand massage, the nails are trimmed and filed to shape. Dry cuticles are softened with oil and conditioner. Finally, the nails are buffed.

For brides, Saunders offers French manicures, with white tips either squared or mooned. The Canadian manicure substitutes beige in the same treatment. "I usually stress natural," said Saunders. With beach resorts as popular honeymoon destinations, brides don't need nails that will suddenly seem out of place.

The less elaborate the nail treatment, the less likely it will be chipped. Saunders reminds brides that they will be opening gifts on their wedding day.

Any extravagance should include the feet. A pedicure is essential for a bride wearing an open-toed shoe. For both the bride and the groom, Saunders points out that a foot massage and pedicure will help them stay on their feet until the end of the day.

Aura Spa encourages wedding clients to consider a day of relaxation leading up to the events of the wedding. Saunders advised that the bride or groom should plan a facial a week before the wedding, in case the treatment brings any blemishes to the surface. And massage will work to counter any stress when family begins to arrive.

Hair and makeup the morning of a wedding will take three hours: two for hair and one for makeup. With only so many Saturdays between June and September, Aura Spa suggests couples schedule as many months in advance as possible.

By planning in advance, brides have the opportunity for a trial of the hair and makeup style they want for the wedding. Saunders always encourages a natural look. "You want people to recognize you," is his advice when brides bring in magazine photos. "It's you that he chose; look like yourself."

If brides wear faux nails for the wedding, Saunders reminds them to plan ahead to have them removed afterward.

And every bride going to a salon before her wedding, should be reminded not to wear a T-shirt or sweatshirt. Any garment that has to be removed over the head will damage a hairstyle. Saunders said he has sent many clients home in robes, so they wouldn't have to be cut out of their clothes.

Whatever the weather

Wedding photographers, like farmers, respect the vagaries

by Chris Zabel
Press staff

CHESTERVILLE — After 25 years of shooting wedding photographs, Wayne LaPrade has learned to respect the weather. LaPrade knows that the bride and groom are mainly depending on luck that the weather will be perfect. Meanwhile, the professional wedding photographer has the equipment and years of experience to always shoot photos that the married couple will cherish.

LaPrade has his storefront in Chesterville. A curious fact is that, while the Professional Photographers of Ontario guidebook only lists 16 photographers in Ottawa (out of more than 100), Wayne LaPrade Photography stands out as the lone member listed under Chesterville. Evidence of the national organization's credibility is that LaPrade has attracted clients through its Web site.

Consistency is what a professional wedding photographer offers.

An uncontrollable detail like a breezy day stands to create serious problems for the photographer. Knowing how to take outdoor pictures without someone's hair blowing in their face is a skill that takes practise. LaPrade also has to follow what the bride and groom want.

"In the winter, if it's 10 below outside, we'll do studio photography inside," said LaPrade. "It's up to the husband and wife if they want to do photos outside." He explained that some brides are loath to take their gowns out into the snow. "But someone else says, 'Hey, I'm only going to wear this dress once.'

"We can't change the day; we have to go with the day," said LaPrade. If it is raining, an umbrella can be incorporated into a series of photos. "If it rained, I hope you had fun."



Professional photographers know that a windy wedding day could wreck all of a couple's outdoor photos. The trick is to find creative ways to use less-than-perfect weather conditions. A wedding dress can be shown off to dramatic advantage in the wind. Photo — Wayne LaPrade

He's found ways to shoot highly romantic pictures on extremely windy wedding days. And having spent his career around eastern Ontario, LaPrade is familiar with most wedding venues in the region, as well as the most photogenic locales around the United Counties villages. He's happy to shoot in any type of unconventional setting, and likes to encourage fun shots. Past brides have been fishing, and wearing goalie gear.

With the majority of his clientele coming from referrals, LaPrade is intent on pleasing every client. If he shot a wedding in June during a beautiful day, and is then referred to a sister whose March wedding coincides with an ice storm, they both have to be equally pleased.

The fee for weddings in Dundas is $799; outside of the area he adds $100 for travel. Coverage includes an hour and a half with the bride wherever she's preparing. At the church, the family can direct how obtrusive the photographer can be, besides taking traditional shots such as walking down the aisle and signing the church registry.

LaPrade will take candid shots immediately following the ceremony, then organize formal portraits of both families and the wedding party; this can be at the church, a park, or any location. At the reception, the photographer will cover all events of the occasion, including the cutting of the cake, toasts and garter customs.

To secure a wedding date, LaPrade suggests planners schedule at least six months in advance, especially between May and October. An unusual courtesy of Wayne LaPrade Photography is that the studio does not stamp or mark proof copies provided to the client. Special effects available include sepia tones, superimposed close-ups of the bride and groom in images from the ceremony, and converting color photos to black and white.

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NDCC to kick off membership drive with Feb. 20 party

WINCHESTER — Working on maps and a township business directory, members of the North Dundas Chamber of Commerce (NDCC) have been busy recently, yet membership continues to be lacking.

In February, the NDCC will host their annual kickoff to yearly registration. The wine and cheese gathering will occur on Feb. 20, from 6 pm - 8 pm at the Chesterville Legion Hall. Those attending are asked to bring along another business associate.

At the monthly meeting this past month, president Gerry Boyce said 14 members attended and the wine and cheese kickoff was discussed. Also on the table was talk on the upcoming business directory and consultation about a map being produced by the township of North Dundas.

Boyce said the NDCC is struggling to find more membership. He says more publicity of the chamber by word of mouth is something he hopes will occur when the business community meets for the annual wine and cheese kickoff.

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Keeping Health In Mind

"Keeping Health In Mind" is a monthly newspaper column made possible with the help of the Lannin Business Centre, the Winchester Press and the clinical staff of Tri-County Mental Health Services, a community program of the Cornwall General Hospital.

Alzheimer Awareness

Even though you won't read this column until the beginning of February, I decided to take one last opportunity to focus on an important January event - Alzheimer Awareness month.

The Psychogeriatric Service staff of Tri-County Mental Health Services work closely with the Alzheimer Society of Cornwall and District because people who are coping with dementia and their family often experience symptoms of acute stress, anxiety and depression. Staff offer specialized mental health expertise to complement the support and education provided through the Alzheimer Society.

The Alzheimer Society of Canada recently commissioned a public opinion poll which discovered that only 4 per cent of respondents who knew about Society services have used them. Estimates are that by 2031, 750,000 Canadians will have Alzheimer Disease or a related dementia. This will translate to approximately 5,000 people in Stormont, Dundas, Glengarry, Prescott and Russell over the same time period. A local Society goal is that those people will take advantage of its programs and services. These include family support and counseling, education, support groups, adult day programs, memory disorder clinics and access to the Wandering Persons' Registry.

Dementia care and mental health services have something in common – stigma s a significant barrier to people asking for them. The same poll determined that 81 per cent of the respondents thought people would look at or treat them differently if they were diagnosed with Alzheimer Disease.

There are a number of strategies that can be used to overcome this barrier. The local Alzheimer Society January newsletter urges members to 'reach out' and encourage individuals who are experiencing possible symptoms of the disease, or who have already been diagnosed with some form of dementia to access services. Certainly, the personal approach or a personal testimonial regarding the helpfulness of a service has proved successful in convincing people to accept mental health services.

Other strategies include making sure that the services are easily obtained, that there are a range of services for both the person affected and the family over the 'journey', that service providers collaborate and communicate with each other, and that there is continuous education for the public to counteract the myths and stereotypes that create the stigma in the first place!

Hopefully, through our many combined efforts, stigma will decrease and Alzheimer Society services – and for that matter, mental health services for older people – will increasingly be used by all who can benefit from them.

Sheila Casgrain, B.S.W., R.S.W., Psychogeriatric Resource Consultant

For more information or to receive the French version of this article, or to seek professional advice, please call 932-9940 or 1-800-465-8061. Free, confidential services are available in French and English to residents of Dundas, Stormont and Glengarry through their offices in Winchester, Cornwall or Alexandria.

This message is brought to you in part by the following:

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Hôpital général de Cornwall

Announcement

The **Cornwall General Hospital** is pleased to announce the expansion of the Sexual Assault Response Team to include victims of Partner Abuse. As of February 1, 2003 anyone who is a victim of abuse by an intimate partner can receive specialized care through the Emergency Department of the Cornwall General Hospital. To reflect this important change our name will now be the **Partner Abuse Sexual Assault Care Team (PASACT).**

We offer treatment of injuries, collection of evidence including photographs, crisis counselling and safety planning, follow-up medical appointments and referral to appropriate resources. These services are provided by specially training nurses and social workers. This is a completely confidential service. Authorities are only called in at the request of the patient or when required by law.

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Counselling services for sexual assault available in Winchester

Call* 932-3300*, ext. 4552, for an appointment

February is Heart and Stroke Awareness Month

MORRISBURG — We all know the Little Red Engine that kept saying over and over: “Yes, I can. Yes, I Can.” This is the attitude that has been adopted by Sean Butcher, to establish an athletics club in South Dundas for the purpose of promoting healthy lifestyles.

The idea grew from the fact that he wished to open a gymnasium, already in existence at the Operating Engineers Training Institute of Ontario in Morrisburg, to the general public, based on the model of a YM/YWCA. Butcher approached the Heart Health Coalition of Dundas with this idea and a partnership was established between this coalition and the EOTIO to pursue the idea.

This idea spread from Sean Butcher to include Norman Stewart, to further research this proposal and to obtain the co-operation of the EOTIO and its union to expand the proposal.

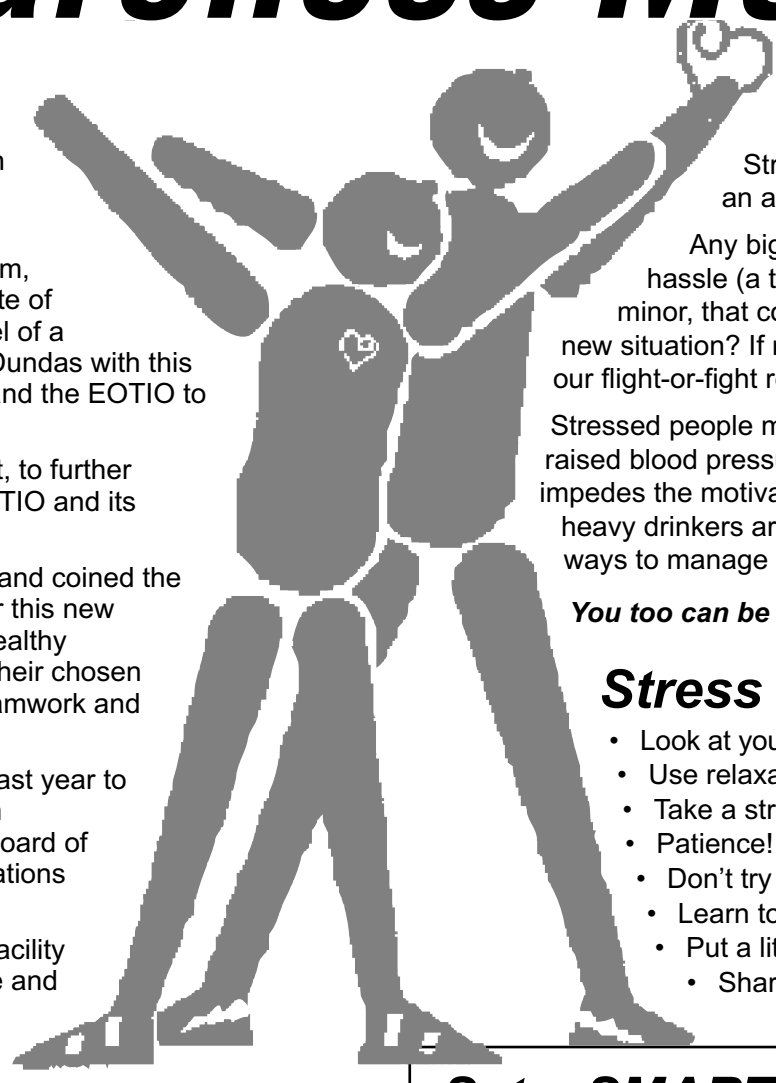
Butcher and Stewart formed a committee of interested citizens and coined the name of South Dundas Athletics and Recreation Association for this new group. The goal of SDARA is to assist everyone to develop a healthy lifestyle. The facility also allows athletes of all ages to excel at their chosen sports and to obtain an ultimate fitness level, while fostering teamwork and building lasting relationships with their peers.

The organizing committee has been meeting regularly for the past year to turn this idea into reality. The committee has been successful in establishing itself as a non-profit organization, after electing a board of directors from interested citizens and obtaining grants and donations from various sources.

SDARA opened the facility to the public in January 2003. This facility will provide the citizens of South Dundas with a resource centre and opportunity to train and increase their knowledge of fitness and healthy lifestyles.

From a small idea, this idea has grown to include the support of the community and various organizations. This small idea has now evolved and therefore many future projects will see light by working with SDARA. The idea and vision is to think big, but to carefully and earnestly plan various athletics tournaments in the future. The organization also has a plan to attract and organize the Canadian Summer Games in South Dundas.

The Heart Health Coalition of Dundas is pleased to have been associated in the development of this initiative and we salute Sean Butcher and Norman Stewart for taking to heart the health of the citizens of South Dundas, and fostering the enhancement of healthy lifestyles.



What is “stress”?

Stress is not just an event or something that happens to you. It’s an attitude. Yours.

Any big change in your life (a divorce) is a stressor. So is a minor hassle (a traffic jam). But it’s one’s attitude towards stressors, major and minor, that counts. Do our coping skills measure up to the demands of the new situation? If not, we inwardly label that situation stressful and then comes our flight-or-fight reaction: the release of the body chemical adrenalin.

Stressed people may, over time, develop higher blood cholesterol levels and raised blood pressure (among other potential problems). Also, constant stress impedes the motivation to maintain a healthy lifestyle; probably most smokers and heavy drinkers are responding to stress. There are dozens of healthy, creative ways to manage stress.

You too can be a STRESS-BUSTER!

Stress Busting Tips:

- Look at your lifestyle and try to **Avoid**, **Alter** or **Accept** the stressful situation;
- Use relaxation techniques, like deep breathing;
- Take a stress break - see a movie or read a book;
- Patience! Do one thing at a time;
- Don’t try to be perfect;
- Learn to say “no”;
- Put a little fun into your day;
- Share your problems with others.

Set a SMART Goal and Achieve It!

Unrealistic goals that never seem to be reached add to your stress level. Try setting one goal for yourself this week using the SMART approach:

S*pecific* – Pick one small goal and write it down.
M*easurable* – Can you count it or check it off a list?
A*chievable* – Is it realistic? If not, make it smaller.
R*ewarded* – Decide how to reward yourself when you reach your goal.
T*ime-limited* – Set a specific, realistic date to finish or achieve your goal.

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Iroquois Golf Club condo deal dead?

By Gerrit Bosma
Press staff

WILLIAMSBURG — Is the deal void or not? This is the question South Dundas Township council must determine about an agreement to purchase the club house property at the Iroquois Golf Club.

This ongoing controversial debate about the property purchase added more coals to the fire at the South Dundas Township council meeting on Jan. 23, when it appeared the partners were backing out of the original deal.

Lawyer Rick Leroy, representing his partners Eldon Horner and Jack Notman, said his group wished to continue with purchasing the land, even if they didn't build the 25-unit condominium complex they proposed. Despite being behind closed doors during the last meeting with council, this time the developers were left in the public's eye.

"We would like to have an amendment that if we can't get the condo to go, we still want the land to develop three lots," said a low speaking Leroy. Later Leroy seemed to reverse his intentions and said "We are not letting go of the condominium idea."

Yet, the original agreement of purchase and sale states the condominium completion as part of the agreement, and failing to do so would leave the deal null and void.

Councillor Charles Barkley raised concern to Leroy about the sudden altering of the agreement. "To me you are talking about apples and oranges," Barkley said. "By getting out of the condo development you are entering something totally different. Personally, I think It should be a different agreement."

South Dundas Chief Administrative Officer, Andy Brown, said the doubt and unclarity of what could be the request for a new agreement for the $300,000 priced piece of land, means council must go back to its solicitors.

"Whether or not to proceed with the purchase of sale is a decision and process council will have to make," Brown said.

Brown said they will receive legal advice from the Bell Baker firm from Ottawa on how to proceed.

Brown also said the partners have not met the New Home Marketing standards to sell 80 per cent or 20 of the 25 units of the proposed condominium. As for earlier queries from citizens on the cost of an upgraded sewage system for the proposed complex, Brown said the price tag to taxpayers would be $125,000.

Tensions rose to a near explosive level before Leroy met before council, when Tim Cassell, representing a citizens group of home owners near the Iroquois Golf Course, questioned council once again on the deal. Showing obvious signs of irritation with Cassell's continuous questioning, mayor Johnny Whitteker reminded Cassell of the 10-minute bylaw for speaking delegations.

"Are you trying to shut me up?" responded Cassell.

"I'm just telling you your time is almost up, so move it along," said Whitteker.

Toward the end of his questioning, Cassell engaged in words with councillor Rowdy Gillard who seemed to be losing patience with the delegated speaker. Earlier the councillor stood up and said, "I have listened to you about as long as I can."

Gillard also told Cassell, "If you think you can run business better, you should run for council."

Cassell asked mayor Whitteker if he "was going to let a councillor verbally abuse him."

Gillard continued by saying to Cassell, "If you don't like it, that's too bad."

"This is a sad affair," Cassell said.

"I think you're a sad affair," responded Gillard.

After tempers calmed, Barkley called the whole debate "childish on both sides" and recommended council seek further legal advice.

After Leroy made the developers' intentions known and left the door open for a completely new purchase agreement, Cassell asked if his group could make a bid. Whitteker said when the land was advertised it would be open to public bidding.

When asked if he felt his comments were abusive or inappropriate, councillor Gillard said: "No. I just tell it as it is."



Louise Deugo (left) and Lori Beal sweep hard during the outdoor curling at the Greely Winter Carnival.



Jeff Bowsermanwell (left), Dean Hazelwood (centre), and Dustin Atkins (right) work together to clear snow from the outdoor hockey rink.

Community carnival

Greely greets winter with gusto

by Bonnie James

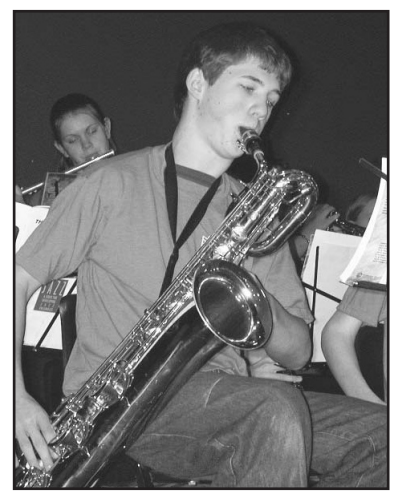
GREELY — The brooms were kept busy sweeping as the snow fell on the outdoor ice at the Greely Community Centre this past Saturday (Feb. 1). Outdoor curling was a new addition to the Greely Winter Carnival's slate of activities.

Using real curling rocks on a specially prepared ice sheet with a regulation sized "house" drawn on each end, the participants showed off a variety of rock-throwing techniques and had lots of goofy, slippery fun. Some were calling it a "demonstration sport" since plans for a full bonspiel next year were hinging on this year's success. It's safe to say that outdoor curling will be returning for Greely's next carnival.

Chairman of the carnival committee, Steve McDonnell, said that this year's attendance was way up and he attributed this to the weather conditions, with mild temperatures and light snow on Saturday.

McDonnell also pointed to the success of Saturday night's dance, featuring the popular band Ambush. Ambush listed the carnival on their Web site and McDonnell felt their performance likely brought the carnival attention that it would not otherwise have had. The Ambush show sold out long before the concert day.

McDonnell stressed the importance of these types of community events, especially with the City of Ottawa amalgamation. He said the carnival committee wants to help Greely maintain its small-town community feel and avoid becoming suburbia. He praised the "amazing dedication" of the many volunteers that made the carnival possible.

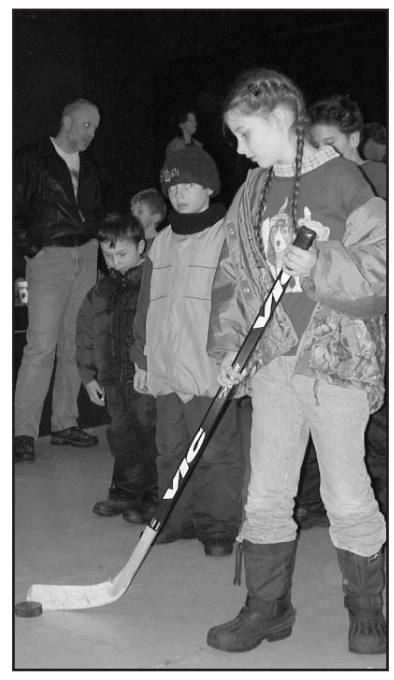


Michael Copage plays baritone sax with the Castor Valley Elementary School Jazz Band (consisting of Grade 7 and 8 students) at the Greely Winter Carnival talent show.

Other activities on Saturday included outdoor family games with an obstacle course, slush racing, snowshoe soccer and nail driving. Teams had to include at least one adult and one child. There was an indoor hockey shootout for kids with several pairs of Ottawa '67s tickets as prizes. The talent show was followed by a ham dinner. Sunday's big events were the outdoor volleyball tournament and a juggling and magic show.

For anyone who hasn't been to the Greely Community Centre's outdoor skating facilities, the facilities are impressive. There is a floodlit hockey rink with boards, another patch of ice just for skating, the curling sheet, an area with picnic tables, and icy paths connecting all the areas with the door of the skate-tying room. You never have to walk on your skates.

Dave Johnson heads up a team of volunteers who clear and maintain the ice. Their "IceLand" is made possible by the support of sponsors (Daryle Ross Real Estate, the Greely Lions Club, and R.W. Tomlinson's, to name a few) as well as some financial input from the City of Ottawa.



Emily Sawatzky, 11, walked away with a set of Ottawa '67s tickets for scoring in the hockey shootout.

Mountain Musings

by Shirley Mills

A family fun day will be held in Hallville this weekend on Sun., Feb. 9. Included in the festivities will be the annual chili contest and if you would like to take part call Mary Cook at 989-2212. Judging of the chili, by a chef of the Vinaigrette Restaurant, will take place at 1 pm. The fun of skate races, an egg toss and a hockey game will run between 1 and 4 pm and the canteen will be open for hot food and snacks. We wonder if the hot food will include chili? If so, you know it will be good.

Fire victim given assistance at January Institute meeting

by Norma Duncan

WINCHESTER — Twenty-one members attended the January meeting of the Winchester Women's Institute.

The meeting opened with the singing of the 'opening ode' which was followed by the recital of the 'Mary Stewart Collect'. Members then answered the rollcall by stating their favorite volunteer job.

A minute's silence followed by prayer was held in remembrance of Mabel Link.

Vivian Fawcett and Muriel Merkley will attend the subdivision and district directors' meetings this month and will present a report at the February meeting.

Betty Wheeler will receive a gift certificate following the loss of her home in a recent fire.

Marjorie Shadbolt requested donations for her annual auction, which will be held at the next meeting.

Convenor Betty Cooke presented an interesting reading in response to 'Motto, The Time is Now'.

Annie Jones and Iva Stewart served lunch and the meeting closed with the singing of God Save the Queen.

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Editorial/Opinion

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SD&G Library opens its arms

Library branches throughout the United Counties are calling back their prodigal patrons this month with an amnesty on library fines during February. During Love Your Library Month, anyone feeling shame for bad credit at their library is welcomed back.

The modern Canadian library system realizes that many of its regular patrons are constantly unable to perform their simple and only duty: returning the library materials by a given date. It's true that someone who isn't finished with their books is allowed to keep them, as long as they stop by the library to check them out again. Yet, while libraries are sympathetic to people who tend to hold on to library books, some patrons can never manage their return dates.

Canadian children are encouraged to participate in their local library system, and sparks of interest are rewarded. The modern Canadian could come to take their library system for granted. A young person, with unfocused ideas, could fail to realize the lack of civic character shown in abuse of the library system.

There are a lot of people who really like libraries, who simply aren't disciplined about planning their reading schedules. They can reasonably justify themselves noting the library support they've provided paying late fees. The bottom line is that the library wants you back: all fines erased. Libraries only want to be used.

Know your sled dog etiquette

Last weekend in Kemptville, several hundred dogs enthusiastically drove their masters across the snow, helping humans with their transportation needs. Sled races were held in four, six and eight-dog classes in an IFSS World Cup Sleddog event.

Anyone who owns a dog knows they love to run. Having them pull loads through winter conditions could seem cruel, but for dogs, running is the best fun they can have.

Anyone who owns large dogs can teach them to pull. Lacking a sled, skijoring requires little specialized equipment. Connected to a driver on cross-country skis, dogs become winter draught animals. Huskies and malamutes are preferred in the sport, and last week's races in Kemptville drew teams from Alaska and Norway. But any dog from a poodle to an Irish setter will love placing its full energy behind any winter towing project.

The only additional equipment required for skijoring is harnesses for dog and master, and a tow line. Besides that, the trick is to train the team. Dogsledding has adopted a specific vocabulary for communicating with the dogs.

Something to know is that no one shouts "Mush" to tell their dogs to go. The reason for confusion is that dogsled drivers are called mushers. It was the entertainment industry that decided "mush" was the likely exclamation sled dog drivers would use. In fact, dog teams are trained to respond to nearly the same commands as any draught animal: Hike or let's go - start; whoa - stop; easy - slow down; gee - turn right; haw - turn left; gee over - move to right; haw over - move to left; straight ahead - go straight; on by - pass without slowing; line out - tighten tow line; come around - turn 180 degrees.

There is controversy in the sled dog community over the better term for starting one's dogs. Some people find "Let's Go" more congenial to the regular training they must give their dogs. Drivers who prefer "Hike" like that it has only one syllable; it is probably simpler for a dog to learn, and is easier for a teamster to say while affected by extreme cold.

C.Z.

Computers may be taking control

Shades of Grey
by Lori Gillespie



Computers. Have you found that they often cause way more trouble than they're worth?

At the moment that is least convenient, your computer will crash, which is the exact moment you will discover that you haven't told the computer to "save" in two hours.

When you need to get an important document off a floppy disc, that's the exact moment the computer will decide to not be able to "read" your disc, sending you scrambling for alternative arrangements.

And when you must have a certain document off your hard-drive, that's the exact moment your computer will somehow accidentally "erase" that document. Or so you thought. Later, when you don't need that document anymore because you've lost your job, you'll find said document in the trash.

They say computers are only as good as the person using them. It sounds like it could be true. It sounds sensible and irritatingly correct.

But I'm not buying it.

I'm beginning to believe that computers are all in on a conspiracy to drive us bonkers. Then they can take over the world and drink all the coffee that we've been spilling on them all these years, and finally eat whole doughnuts, instead of only getting the crumbs that we leave on the keyboards.

Case in point.

I have a really smart friend. Someone who spent a lot of years in university and now works at a high-paying government job doing stuff I don't understand. You see? Very smart.

Recently, she acquired a computer. It was a used one, from parents of a friend, and she was delighted to have such a gift.

Right away, she set to work plugging it in, turning it on, setting it up and getting ready to surf the net.

But for some reason, she couldn't connect.

What could be the problem? As she related to me later, she ended up calling the help desk of her Internet supplier, not twice but 17 times, asking for help and direction.

She was told simply that her computer lacked certain "drivers" and that she would need to download these drivers from the Internet.

What somehow didn't drive her completely insane was the important fact that she couldn't actually connect to the Internet in order to download these drivers. The server helpline person didn't offer any help on that matter.

Finally, having downloaded the drivers from a computer at work, she installed them on her home computer.

And then proceeded to try to connect to the Internet.

No luck.

This was ongoing for some time — about a month, in fact.

Finally, another call to the Internet server helpline. The fellow on the other end of the phone, who could very well have been a computer himself, walked her through the entire process of hooking up the computer.

And once they were done, this fellow had a very simple, but important, piece of advice for my friend.

It might, he suggested, be a good idea to find a phone cord that she could plug into a phone jack and connect to the computer's modem.

It seemed doubtful, but it just might do the trick. A quick trip to the store for a phone cord, and what do you know?

My friend is now alive and well and thriving on the World Wide Web, and for some reason, she decided to tell me her story via e-mail.

Not really sure why she did that. Or maybe it wasn't really she who wrote that e-mail after all.

Maybe, just maybe, it was the computer.

I'm still not buying that theory that a computer is only as good as its user.



This week in...
by Gerrit Bosma

1923
Rural hospitals emerged across prairie country in western Canada, meeting the medical needs which farm families required. A hindrance of living in rural areas had been the lack of sufficient medical and hospital service. Canada was also going through a difficult period with a shrinking number of physicians. The provinces of British Columbia, Manitoba, Saskatchewan and Alberta created community hospitals, located in agriculture centres, to address the peril. Hoping future generations wouldn't go without treatment, young Canadian farmers saw a bright future in the new rural community hospitals.

1933
Winchester Township council decided to direct relief to indigents throughout the village. Erie Helmer was appointed relief officer. Helmer's responsibilities as officer were to investigate cases reported to the relief board, and if necessary, issue orders for supplies. Medical officer Dr. P. Mclaughlin was also asked to act in an advisory position.

1943
In a campaign called March to Berlin, food retailers throughout the Dundas region joined forces to sell $1 million worth of War Savings Stamps in one month. In the heat of war with the Nazis in Europe and Japanese in the Pacific, local food merchants jumped on board the food industry's March and joined retailers from Charlottetown, P.E.I. to Victoria, B.C. Promoters stressed the campaign would require a relentless show of support from every food store clerk and every bread and milk delivery service, for the entire month of February. Every consumer was also asked to support the effort by investing in War Saving Stamps.

1963
An early federal election was called after Prime Minister John G. Diefenbaker's Conservative government was defeated by two votes of non-confidence in the House of Commons. The non-confidence votes demonstrated lack of leadership by the government. The votes, put forward by both the Liberal and Social Credit opposition parties, came after defence minister Harkness resigned. Harkness quit his post after a controversy over Canada's position regarding nuclear arms and an unprecedented statement from the U.S. State Department. Dissolution of Canada's 25th Parliament occurred after Diefenbaker's visit to Governor General Georges Vanier.

1973
A delegation of Winchester Springs taxpayers met with Williamsburg Township council to voice their concerns about a serious drainage problem. The area of concern was located east of Highway 31, on the south side of the township road. Council studied the situation and questioned the Ontario Department of Transportation on why a manhole at the location had been filled in. Ratepayers also expressed interest in charges for use of the township dump. Council agreed the township would pay 20 per cent of the operation costs of the garbage disposal site.

1983
Winter Blast '83 kicked off in Winchester with five events scheduled for the week. The carnival included a traditional hockey match-up between the rival home-town Hawks and the Morrisburg Lions of the Junior B league. The arena was the centre of attraction again for a public school skating party and a family night, which featured the tots versus moms game, pancake flipping championships, crowning of the Carnival Queen and a figure skating review. The Carnival Ball was to be held in the arena's upstairs level.

1993
Winchester council unanimously rejected a county-wide tax assessment, due to the recession and the need to support small business. "People have already been hit by the recession," said councillor Mary Jane Berttrand. "I'd be afraid to walk down the street if we hit businesses and industry with this type of tax hike." Ault Foods Ltd. would have faced an extra $127,000 on its tax bill.

Goodbye, VHS

In this Corner *Maurice Tougas*

Modern technology is a wonderful thing. Until it changes. The VCR -– which in less than 20 years went from a plaything of the elite to a disposable piece of home hardware -– is going the way of the Betamax. And the eight-track. And LPs. And 45s. And quadraphonic sound. The home entertainment graveyard is crowded. You've probably got a few tombstones in your basement.

The VCR is a long way from dead, but its picture is starting to fade. Even though everyone's got at least one, and it's still a perfectly functional technology, it is doomed. The international technology cartel, which must create new technologies to replace the old ones otherwise they've got nothing new to sell, has created the new-and-improved format, the DVD. Technological Darwinism has been unleashed yet again, and there can be only one winner.

You don't have to rewind your memory very far to realize we've been through this before.

Remember Betamax. I sure do, unfortunately.

Many years ago, my family had an early version of the Betamax. It was about the size of a small car, weighed only slightly less, and sounded like that same small car starting up on a cold morning. It was a marvel. (Around the same time, we had a fabulous new game you played on the TV, called Pong. The Tougas family was nothing if not cutting edge.)

When it became time for me to buy my own home electronics, there was a new technology on the market called VHS. Audiophiles will tell you it was an inferior product; VHS was to Beta as the WHA was to the NHL. With two to choose from, I sought the advice of my family technology expert, who shall remain nameless, because I told Todd I would never bring this up again. My unnamed brother recommended Betamax for its superior quality, so in the mid-1980s I plunked down the then astronomical sum of $499 -– heck, it's still astronomical -– for a Sony Betamax SL2300 with remote control (wired, but this was a long time ago).



Maurice Tougas

I know his advice was sound, on a strictly technical level, so I forgave him. Just last year, in fact. Why Beta died while VHS thrived is a long and complicated story (read about it at www.urbanlegends.com/products/beta_vs_vhs.html), but the bottom line is that I -– not for the first or last time -– picked a loser.

Now the push is on to buy DVD players. This time, there is no debating which system is superior, the way iconoclastic Apple users debate the superiority of their system with pack-mentality IBM users. (I have no opinion on the matter.) A DVD lasts forever, holds staggering amounts of information (the DVD of a piece of schlock called The Fast and the Furious has nine hours of additional material), has superior picture and sound quality, and is really, really shiny. Most importantly, unlike other new entertainment technologies, the DVD is here to stay. When you can buy a DVD of a crummy flick like Bachelor Party at Zellers for $16.86, you've become as mainstream as McDonald's.

The only thing keeping DVDs from a Beta-like obliteration of VHS is its inability to record programs, which means you now need two machines to do the same job that used to be done by one. Sounds like the government planned this.

Still smarting from my Betamax debacle, I've hesitated to jump aboard the DVD bandwagon.

Soon, however, I'll have no choice. A movie studio will decide one day to release a blockbuster only on DVD, and the VHS will be finished, relieving mankind of the onerous task of rewinding.

By the way, I still have that $499 Sony Betamax SL2300, in its original box, if anyone is interested in a still perfectly functional, formerly-state-of-the-art doorstop.

Maurice Tougas is a multiple-award winning columnist and journalist with more than 20 years experience. He has worked for the Edmonton Examiner, the Edmonton Journal, the Canadian Press and the Red Deer Advocate. He lives in Edmonton with his wife and three sons, aged 17, 15 and 11.

Letters To The Editor

Tips for roads superintendent

The Editor:
There were two letters in last week's issue of the Press. Melissa Sullivan surely echoed what is in everybody's heart in the community over the issue.

I respect almost everything laid out by Bill Wilson, except his lambasting of the Press. There was no better way that the Press could show the sheer arrogance of the roads superintendent. I do not believe that I have seen so much male bovine excretion in all my life. He could have said that Ernie Eves spreading salt from a satchel was the provincial standard for all the purpose he made.

Our council said the cleaning job is not good enough. That should have been enough! The police said the roads are dangerous. It is Mr. McDonald's job to rectify that. But worse yet, Mr. McDonald, your employers, the taxpayers, say the job is not up to their standards!

I happen to be well pleased by the job done by our township on my humble road. Thanks guy(s). However it has been done after I have been out in the morning and often come back in again. I would have been happier if even one pass had been made prior to 6 am.

This leads me to suggest that starting at 4 am as McDonald explained, were one pass made with a view to egress on all roads, the route would be completed by 6 am and the ingress side of the road be completed by 8 am. This would enable the whole community to have a crack at exiting to the commute by 6 am instead of some only getting out by 8 am.

Further the plow driver would be able to recognize errant stretches of road that need more attention on the return trip, and as such, could address the same. Perhaps council could sack SD&G from the enterprise and do it themselves? Surely our plows travel 31 and 43 many times a day on their commutes. Were the plow to be dropped on these occasions, 31 and 43 would be cleared for free, and the provincial bucks would look nicer in our coffers than being spent on SD&G employees pondering procrastination.

On another note, there are signs of sabre rattling for the future elections. It is becoming more evident that politicians run solely to become king (or court), to represent themselves and not the electorate.

I am reminded of Walt Disney's presentation of Davy Crockett where a reluctant Davy (Fess Parker) was coerced into running for congress, sent as the best person to represent his community! It was viewed that if he could not make his point, he could grin the opposition to death.

Perhaps the roads people could try smiling on the problems. They evidently will not go away by simple wishful thinking.

Ross Metcalfe
Winchester

Roads question ongoing narrative

The Editor:
My apologies to Mr. McDonald and the Press for the ill-considered assertions in the first paragraph of my letter last week. I did not have the previous paper in front of me and managed to hit the "send" button when I should have pushed the "wait until you check your facts" option. Your new Web site is looking good, by the way.

Bill Wilson
South Mountain

Reader appreciates family mention

The Editor:
A couple weeks back, you had, in your editorial section an article about the early years of policing in the Chesterville/Winchester area and did mention my grandfather's name, Garnet McLean (in the Jan. 15 *Press*, This Week In . . . 1933). This article was so much appreciated by his family!

Whenever the people wrote the History of Chesterville book, many years back, our family was truly insulted that after all his years of police work, and later being the justice of the peace for the village of Chesterville, they did not even acknowledge his work nor the fact that his wife and children prepared meals and took them to the town hall when someone was in the jail.

The history writers of the book only criticized the policing done back in his day. I thank your researchers/writers for giving my late grandfather some long overdue recognition.

Laura Lee Lalonde

Holiday thankyou

The Editor:
The North Dundas Christmas Fund wishes to extend thanks to the caring community of this township. Each year our small group of volunteers attempts to meet the needs of those less fortunate by providing snowsuits for children and food baskets for the Christmas table. This year, the residents of our community came through again. Sixty-five snowsuits and 108 baskets were prepared and distributed.

On behalf of all of the recipients, we wish to extend our thanks to those who donated: private individuals, corporations, churches, banks, fire departments, food companies, service clubs and schools. The Parade of Lights collection campaign is also a source of income. Special thanks goes out to the Chesterville, Winchester and Mountain Lions Clubs, and to Winchester Legion Branch 108, which did all of the legwork.

The results of this effort is well bundled and well fed children in this coldest of winters in recent memory.

Bob Weagant
North Dundas Christmas Fund chair

More letters on Page 9

Murals continue 'in your face' history

By Gerrit Bosma
Press staff

MORRISBURG — Minutely detailed faces with exaggerated expressions, portrayed in a Rockwellian style, are the defining images of the latest mural presented by the South Dundas Historical Committee.

The dairy mural depicts the Presley brothers, Hank and Les, serving ice cream to a variety of local characters inside the old Morrisburg Dairy. The Morrisburg Dairy, operated from 1946 to 1967 in two locations — before (1946-1956) and after (1956-1967) the building of the St. Lawrence Seaway.

Currently a maquette, the artist's scaled rendition of the actual 12 by 32 foot mural, is being displayed for the media, South Dundas Council, sponsors and committee members. The mural, which was painted by husband and wife team, Ann and Ross Gervais of Hallville, will be officially displayed in the summer on the east side of the Pinkus Shopping Plaza in Morrisburg.

The family of entrepreneur Fred Pinkus sponsored the Morrisburg Dairy mural. South Dundas Historical Committee chairperson Glen Cunningham said Pinkus came to him and wanted to be involved in a historical mural. "Fred actually knew the Presley brothers," Cunningham said.

"Les was a community active man who served as the head of the local Chamber of Commerce and Old Home Week. Hank was a humble and quieter individual."



Kirsten Gardner, South Dundas Township Heritage Co-ordinator, and Glen Cunningham, South Dundas Historical Committee chairperson, with the scaled down painting of the actual dairy mural depicting Morrisburg Dairy ice cream shop.

Kirsten Gardner, Heritage Co-ordinator for South Dundas Township, said Cunningham, who spearheaded the mural idea, came to the committee with a Norman Rockwell painting for inspiration.

"He wanted the dairy mural to really show the expressions on the people's faces," Gardner said.

Having a graphic designer who specializes in facial expressions as a mural painter was just what the doctor ordered.

Both Gardner and Cunningham agreed the premise of this latest mural was to be fun and full of life. From kids teasing each other to women conversing about the latest town gossip, Cunningham believes the artwork is an accurate depiction of the atmosphere of the Morrisburg Dairy ice cream shop.

"The Presleys were well known and people came from all around for their homemade ice cream," Cunningham said. "They had a lot of flavors and served big scoops. Five cents for a single and 10 cents for a double."

This mural, like the previous eight works of art, was selected by a jury of 40 committee members and went through 60 hours of consultation before the artists even got their brushes wet. From comments thus far, Gardner believes the Morrisburg Dairy mural will attract many eyes and favorable reviews from the public. With eight murals complete and eight more slated for the coming year, she is confident the artistic means to preserving the region's past is proving a success.

"We are promoting the area with an 'in your face' type of history," Gardner said.

Gardner said many who have seen the Presley's ice cream shop maquette are asking to buy a copy. "Many people would like a piece of that history."

Another mural Cunningham is proposing to the committee is one to celebrate the history of education in South Dundas. His idea is to feature seven schools from the region contained in elliptical figures on the east end of the high school in Iroquois.

The plan is to include educational institutions from the early school house of the 1840s to the high school and public school which existed before the Seaway. The schools will include a one-room school house, the Carman Grammar School, Iroquois High School and Public School, the Morrisburg High School, St. Cecilia's, the first Catholic school, and Timothy Christian School, the first private religious school. He is hoping retired teachers well help in the financing for the mural by donating $100 each.

Seniors hold first meeting of 2003

by Jean Casselman

WILLIAMSBURG — On Jan. 21, the Williamsburg Seniors held their monthly meeting with 19 members, four visitors and one new member attending.

Following grace, a delightful potluck dinner was enjoyed by all. President Ruth Casselman opened the meeting with O Canada, with Hilda Garlough playing the piano. The usual reports were heard.

The program consisting of musical entertainment provided by the ever-popular "Good Friends", Barkleys and Don Morrell, was enjoyed by all, with memories of the "good old dancing days." Ed Thompson thanked the entertainers for their wonderful music and cards were enjoyed for the remainder of the afternoon.

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Council notes from South Dundas

Road standards

WILLIAMSBURG — South Dundas Township Council discussed a United Counties initiative for road standards, during the Jan. 23 monthly meeting in council chambers. A recent municipal act presented by road superintendent Hugh Garlough, explained new requirements for road maintenance. Garlough sought council's approval to acquire prices from two consultants to do a Road's Needs Study to meet new requirements under the municipal act. The road regulations set out maintenance schedules, as well as times for snow plowing and filling in potholes. Garlough said the requirements are set by provincial standards which need to be measured. Hiring for the road supervisors and traffic equipment like road counters, needed for studies, will come from the United Counties budget. Council advised Garlough to consult with other municipalities and pick three consulting firms or advertise for tenders. Garlough is to return to the next council meeting on Feb. 13 with further information. Council passed a resolution for Garlough to proceed with the process.

Festival to return to Dixon's Corners

The annual South Dundas Antique Festival appears as it will once again be held at Matilda Hall in Dixon's Corners. Council was advised by clerk Brenda Brunt that the festival would be held on the July 26-27 weekend. Councillor Bill Ewing discussed the possibility of an antique boating festival for the township being contemplated by the marine committee. Deputy mayor Cam Martel said South Dundas could benefit from having both festivals combined into one weekend in the future, as to attract more tourists and business.

Affordable housing

South Dundas Township council unanimously supported a motion by the City of Stratford and Town of St. Mary's, to provide more affordable housing for Canadians of limited means. As part of a request circulated through various municipalities, South Dundas council supported the three-way partnership of a federal housing initiative between federal, provincial and municipal governments. The partnership funding is to enable expansion of housing to a rapidly aging society. Councillor Charles Barkley said he feels young people who are just starting out in life could also benefit from such an effort.

Closing of rural schools

Council discussed the issue of rural school closures after reading a letter demanding a stop to such action, from the municipality of West Elgin. Mayor Johnny Whitteker said he disagreed with the number of small community school closures and councillor Barkley had reservations of closing such well run institutions. "It's my opinion that even the small rural schools of the past offered better education," Barkley said. "Many of these closed schools are still nice buildings to work out of. The resolutions, which also asked the province to recommit adequate funding of education, was unanimously supported by council.

St. Paul's seeking youth's talents

WINCHESTER — Calling all youth in Winchester — St. Paul's Presbyterian Church wants you.

Beginning today, Feb. 5, at 4:30 pm, St. Paul's will be holding practices for a youth talent group of music, singing and reading. The church youth group is trying to attract young people with talents to showcase and is asking them to rest their voices and bring their musical instruments.

St. Paul's Rev. Carol Bain said interested youth should pack a lunch and don't have to be worried if they are not Presbyterian or go to church regularly. "This is open to all young people in Winchester," Bain said. "They don't have to worry if they don't play a musical instrument or sing, we also need young people for readings."

Bain is excited about showcasing the young people of the community and says it is important, because they "are the future of the church." Bain said the youth will also have the freedom to play music they identify with.

Also the NDDHS chaplain, Bain admits this will be a first attempt at such a youth service, but she is optimistic and excited about the possibilities. "Those are big red doors on the front of the church, we want youth to know they are open to them and they are welcome."

The first two meetings will take place at St. Paul's on Feb. 5 and Feb. 13 at 4:30 pm. Following the initial two meetings, the youth talent group will meet the first and second Thursday of the month. Beginning Feb. 16, a Family Sunday with the group's involvement will be held the third Sunday of each month.

House of Lazarus

Mission's new pastoral director reaching out

by Gerrit Bosma
Press staff

MOUNTAIN — Neighbor helping neighbor — this is what the new House of Lazarus pastoral director says is at the heart of every strong community.

Pauline Pratt took over the position of pastoral director at the United Church outreach mission from Shirley Nichol, at the beginning of January. While she is still getting to know the community, Pratt feels far from a stranger.

"I have an awesome staff, they are so dedicated," Pratt said. "They make me feel so welcome. Before I got here I felt at home."

Pratt, a registered clinical nutritionist and master herbalist, wants to extend the mission's hand further into the community. She would also like to use her nutritionist insight to help clients who come to The House of Lazarus for food, clothing, and support. Pratt also sits on the Anxiety Disorders Association of Ontario board, and hopes to bring programs to the community. Before coming to the House of Lazarus, Pratt, a licensed lay United Church researcher, was employed at an Ottawa health food store and clinic.

After challenges of unexpected property assessment increases and low-quality donations (household garbage) being dumped at the property, Pratt says The House of Lazarus has cleared those hurdles and is moving forward. Her vision now is to chip away at the stereotypes defining success in today's society and to continue support for those in need.



Pauline Pratt, House of Lazarus pastoral director, began work at her new position last month. She said she feels right at home and is eager to make connections within the community. Press photo — Bosma

"People can learn better, do better, and do the best we can with what we've got," Pratt said. "We should be able to reach out to each other as neighbor helping neighbor."

Pratt began her career in social services and says she is content to be back working with people on a regular basis. She says society judges success on financial worth and fail to recognize the importance of emotional and psychological health.

"Everyone is going to hit a bump in the road and we have to reach out. We want to be there for advice, support and a place to reach out. We can't measure someone's self worth by what they have materially. Self worth is what you have for a personality."

Pratt, who has travelled across Canada as a child in Canada's military system, says she never had one place to call home. However, Pratt says, she prefers the rural life and is currently moving back to Oxford Mills, where she has spent time before. She expects it will be another five months before she truly is connected with the wide community The House of Lazarus is part of.

The new face at the mission also wants to establish a rapport with other outreach organizations and community support groups, in order to find help for specific needs in the community. Along with offering clients emotional and spiritual support, Pratt said just communicating in a positive and encouraging way makes a significant difference. She also said sources can be found to help clients with job finding and career opportunities.

Personally, Pratt says, her contribution to The House of Lazarus will be her love for people and desire to be there for them. "One of the greatest gifts I was blessed with was the ability to help give people back their confidence. Give them permission to be who they are. We need to reinforce the significance of individuality in a society which we get so caught up in groups. I try to make people realize how much they matter."

The House of Lazarus is located at 2245 Simms Street in Mountain and is open from 9 am to 12 noon Monday to Saturday.

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46c

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Rev. Clarence Witten
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9:30 am - Sunday School
10:45 am - Second Service
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rowaangj@ncf.ca
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9:30 am - Morning Worship *"Sixteen Keys: Saving Grace, Living Relationship, Common Grace"*
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Ladies's Coffee Break Bible Study
46c

METCALFE HOLINESS CHURCH
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613-821-2237
Sunday
9:45 am - Christian Ed
11:00 am - Worship Service
7:00 pm - Worship Service
41tfc





The Ontario Trillium Foundation awarded a plaque to the Metcalfe Fair for its educational programming. At the Metcalfe Agricultural Society's annual meeting on Jan. 25 the award was accepted by Cheryl Bunda and Floyd Fisher. The fair encourages young people to learn about farming with its Kidzland and The Barn Door programs.

Metcalfe Fair executive

The executive for the 2003 Metcalfe Fair was elected at the group's annual meeting on Jan. 25. From left to right: Family Division first vice-president Linda Carkner, vice-president John Lackey, secretary Sue Brousseau, treasurer Kay Stanley, second vice-president Chris Reaney, Family Division president Cheryl Bunda, past president Lynda McCuaig and president Bill Buckland.

Metcalfe Fair awarded for children's programs

METCALFE — The Metcalfe Fair gained a new president at the Metcalfe Agricultural Society's annual meeting on Jan. 25. Bill Buckland, last year's vice-president, was chosen to head the executive.

Now in its 147th year, the fair for 2003 is planned for Oct. 2-5. The fair board has 34 directors who will be organizing this year's event. Four new directors were appointed at the annual meeting.

"We're just gearing up to start the planning for the upcoming fair," said past president Lynda McCuaig. She explained most fair boards rely on the annual meeting of the Ontario Association of Agricultural Societies in Toronto to spark their imaginations. This year's OAAS meeting will be Feb. 20-22.

The Ontario Trillium Foundation awarded a plaque to the Metcalfe Fair for its role promoting farm education among young people. This will be the second year the fair will receive $5,000, as part of a five-year commitment from the province to grant the fair $25,000 to build agricultural awareness.

Again this year, the fair will have its Kidzland, featuring singing, dancing, magic and science presentations. The other program the fair has for young people is The Barn Door. On Friday during the fair, school field trips visit. "They get a little taste of agriculture," said McCuaig. It's hoped that this program will be able to expand, possibly drawing additional schools from Ottawa.

At this early stage of planning, ideas are being decided on for fundraisers leading up to the fair. Last year a refurbished vintage tractor was raffled to raise money. McCuaig said the directors are looking for a rest from selling raffle tickets this year, and will probably organize a dinner dance instead.

For the third year, Daphne's Dream Theatre will perform to benefit the fair. The cast will involve some fair volunteers, probably in a light comedy. Three dates are set for the production: April 25-27.

And June 7 has been set as the date for the fair's golf tournament. The tournament will be played at the Falcon Ridge Course, across from the Rideau-Carleton Race Track.

More information on events leading up to the Metcalfe Fair or on the fair itself is available at the fair office: 613-821-0591.

Farm update



New directors

Four new directors joined the board of the Metcalfe Fair at the organization's annual meeting on Jan. 25. Vice-president John Lackey (left) and president Bill Buckland (right) welcomed Barb Scharf (second from left), Greg Mount and Tammy Peori. New director Steve Fisher is not pictured, but agreed to allow his name to stand.

OMAF now includes Municipal Affairs and Housing

by Chris Zabel
Press staff

TORONTO — With a provincial election predicted in the next several months, it's possibly significant that OMAF minister Helen Johns recently bulked up her cabinet portfolio. She has added Municipal Affairs and Housing to her duties as Minister of Agriculture and Food.

Johns was appointed on Jan. 14 by Premier Ernie Eves as interim Minister for Municipal Affairs and Housing. Johns was first elected to the Ontario Legislature in 1995, and was re-elected in 1999, as the MPP for Huron-Bruce. Her committee membership includes Privatization and SuperBuild.

The Ontario Federation of Agriculture (OFA) welcomed Johns' shift in portfolio. "Ms. Johns brings her understanding of agriculture's contribution to the social and economic vitality of rural Ontario to her new responsibilities," said OFA president Ron Bonnett.

Attention to the Nutrient Management Act was the issue stressed in the OFA's press release. "Our work with the Minister on nutrient management regulations and farm programs must continue. We anticipate the Minister's additional responsibilities will not slow our ongoing work to put realistic nutrient management regulations in place," said Bonnett.

Johns took Agriculture into her portfolio during a cabinet shuffle in 2002. She replaced Minister Brian Coburn, who had represented OMAFRA in cabinet: the Ontario Ministry of Agriculture, Food and Rural Affairs. While Coburn was popular in charge of OMAFRA, in the same cabinet shuffle he gave up his status as a Minister to focus on the Rural Affairs section of his portfolio. Johns took over OMAF.



Helen Johns, MPP

Letters To The Editor

Ice on 31 nearly deadly

The Editor:
After 44 years of accident-free driving, Nov. 29 will always be fresh in our minds.

Shortly after midnight on Nov. 29, 2002, my husband was coming home from work travelling County Road 31. It had snowed that evening but the roads in the Ottawa area were fine. They had been sanded and plowed and although caution was required they were not bad.

The minute he got into North Dundas the roads were a completely different story. Although it had snowed for several hours there had been no snow removal equipment on the road. The roads were extremely slippery and dangerous.

When my husband got just north of the Morewood Road turnoff, he went into a skid and entered the ditch on the opposite side of the road. The truck entered the ditch and travelled on the passenger side for about 30 feet before coming to rest on its roof. The truck was completely demolished but luckily my husband was not badly hurt. He was able to get out through the passenger window and flag down a young man who also went into a skid and hit the ditch on the other side.

The police officer who answered the call told my husband that he should not have survived the crash. Thank God for seat belts. When she drove my husband home that morning at 2:30 am, she braked to turn onto County Road 43 going towards Chesterville and she slid several feet before being able to stop. At that point she told my husband that she had called and reported the poor road conditions two hours earlier but no one had responded.

When the police call to let the people responsible for road plowing and sanding know that road conditions need attention, they should respond immediately.

Thank heavens my husband is still here with me, but the results could have been different. How much is a life worth? How many people have to be injured or killed because of poor road maintenance in winter?

Ann Agnew
Winchester

Updating progress on Bill 81

The Editor:
Background: In June 2002, the Ernie Eves government passed the Nutrient Management Act (completed third reading). At the end of August 2002, stage one of the regulations for that act were announced and placed on the government Web site for a two-month consultation period. There were some modest adjustments made to the stage one regulations as a result.

The Current Round — stage two.

Stage two regulations and protocols (about 180 pages) were released at the end of November 2002, also for a two-month comment period. There were government (MOE and OMAF) information and consultation sessions held in December, with more promised for January. The Ministers (Ms. Johns and Mr. Stockwell) were so astonished by the critical reaction at the December meetings that the planned further consultations for January were never scheduled.

In January, a coalition of Ontario farm organizations (OFEC — the Ontario Farm Environmental Coalition) held a series of meetings, including meeting with the ministers and senior ministry staff. Farmers in local counties (Dundas, Grenville, Leeds and Frontenac) held one-day round-table meetings to evaluate critical parts of the stage two draft. They submitted their recommendations to the government.

Last month (Jan. 21 and 22) in conversations with OFA president Ron Bonnet, Ministers Stockwell and Johns (verbally) confirmed that the Eves government is prepared to make some significant changes that would make the draft more palatable to Ontario agriculture.

Farmers, and farm organizations, have been preparing for nutrient management for over five years.

The actual proposal released at the end of November was shocking to farmers. In addition, it proposed an implementation period beginning immediately (April 1), while a government commitment to both training and funding assistance for existing producers was not in place for any defined future date.

DFA and OFA hope that the government confirms its verbal promises of Jan. 21 and 22. With the comment period ending on Jan. 30 and some details taking effect on April 1, Bill 81 is an immediate and significant factor for Ontario agriculture.

Gordon Garlough
OFA director for Dundas

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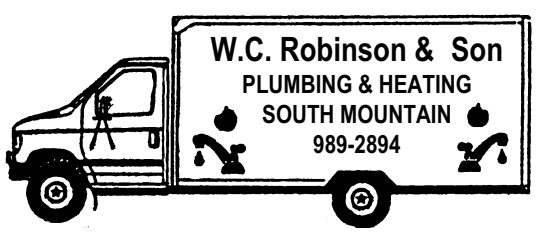
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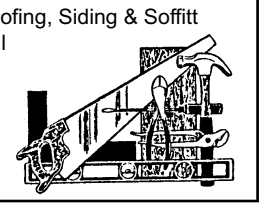
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Hawks upset first-place Alexandria 4-2

WINCHESTER — Nik Paas had two glorious scoring opportunities in the third-period in Sunday afternoon's tilt against the visiting Alexandria Glens. One he ripped off of the crossbar over J.F. Cabana's left shoulder. The other he buried low to the right side. The shot that found twine at 12:27 of the final frame was the decisive one. It gave the sixth-place Winchester Hawks a monumental 4-2 victory over the St. Lawrence Jr. "B" Division leading Alexandria Glens.

Nik Paas pots winner

Stefan Gravelle iced the Hawks 14th win scoring into the empty net with 35 seconds left on the clock.

"The boys all did their jobs. They came to play and held their heads. Alexandria didn't and it cost them," commented Hawks head coach Dave Corkery.

The win over the Glens on Ground Hog Day (Feb. 2) enabled the Hawks to be part of the hunt for that elusive fourth and final playoff berth.

With five games to play, the Hawks (14-21-3-2=33 points) trail the fourth place Akwesasne Wolves (17-19-3-1=38 points) by five points and the fifth-place Morrisburg Lions (17-21-1-2=37 points) by four.

And the Wolves and Lions are the next two teams the Hawks will face.

SUNDAY NIGHT GAME

This Saturday (Feb. 8) the Hawks will travel to Cornwall Island to tangle with the Wolves, a team they hold a 3-2-1 record against.

Sunday (Feb. 9) evening at 6:15 pm, a later start time due to minor hockey tournament, the Hawks arch rivals from the southern portion of Dundas County, the Morrisburg Lions will pay a visit.

"We've have said it all season long — these are two very important games," said Corkery. "This coming weekend our fate is in our own hands."

KIDS NIGHT

Corkery reported that Sunday evening's game against Morrisburg has been billed as "Minor Hockey/Local School Night". The school showing the most spirit and with the most pupils in the stands will receive $200 from the Hawks. "The money can be used for school projects or trips", said Corkery.

Kids will get in free if they are accompanied by an adult or if they are wearing their minor hockey jersey. There will be face painting and fans will be able to purchase a hot dog and a pop for 50 cents.

"We know 6:15 pm is late but are hoping people will bring the kids, have a hot dog and a drink, have some fun and enjoy the game," he added.

POOR START

Friday night (Jan. 31) in Kemptville the host 73's pumped in five first-period goals and cruised to a 5-2 victory over the Hawks.

"I looked up at the clock and we were down 3-0 at 14:05. Then it was 5-0 before we scored. It was just a terrible period," commented Hawks assistant coach Kevin Smail.

Corkery agreed, "It was an awful start. We weren't ready to play. But I give the boys credit because they played hard in the second and third periods. They had plenty of chances but just couldn't finish."

Mario Bissonnette (2), Adam Sprik, Sylvian Routhier and Andrew Bainville were Kemptville's first-period shooters who chased starter Gregg Griffith. Mike Robillard took over and played 40 minutes of perfect hockey. Rock Briere posted the win holding the Hawks to two goals and 33 shots.

Stefan Gravelle scored a shorthanded goal from Robyn Sadler at 2:19 of the first and Sadler added the final marker scoring from Gravelle 1:12 before the final buzzer.



Desperately needing a victory, the Winchester Hawks were able to knock off the first-place Alexandria Glens 4-2 in Sunday's St. Lawrence Jr. "B" Division's matinee. Nik Paas, working against Alexandria's Francis Lontin (#10), broke up a 2-2 tie, scoring at 12:27 of the third period. Stefan Gravelle's empty-netter with 35 seconds left sealed the deal.
Press Photo — Van Bridger

GOOD FINISH

Sunday afternoon Corkery reported his troops came prepared to play and 60 minutes of work netted them a 4-2 win over first-place Alexandria.

"They did the little things. Like Robyn Sadler blocking a shot and getting the puck to Stef (Gravelle) who scored into the empty net," said the coach.

Captain Shawn Smail ripped a powerplay pass from Darren Trenholm into the twine at 16:23 as the Hawks went up 1-0. It was Smail's 21st goal.

Alexandria erased the 1-0 deficit on goals by Dimitri Toupikov (PPG) at 13:34 Chris VanOverbeek at 12:24 of the second stanza. Darren Trenholm used his 32nd goal of the season with 2:22 left in the same frame to tie it up 2-2. Nik Paas and Nick Sylvestri assisted him.

Paas snapped home a feed from Smail and Trevor Helliker at 12:29 to make it 3-2. It was Paas 21st tally. Gravelle iced the issue making it 4-2 floating Robyn Sadler's relay into the empty net with 35 seconds.

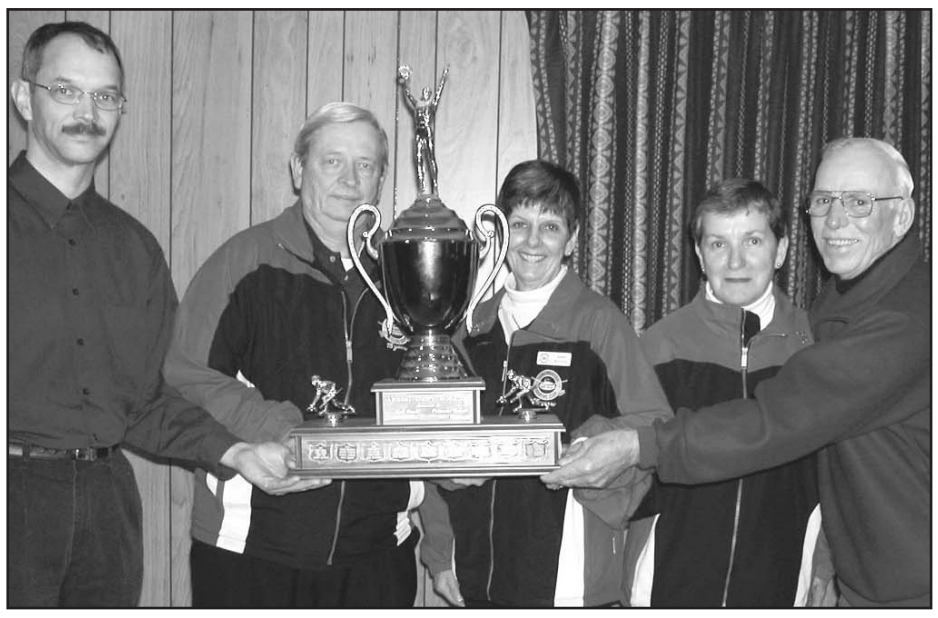
Affiliate Scott Bradley played both games while Ben Collins skated Sunday. Gregg Griffith posted his 13th win. The Glens drew 18 penalties (including three misconducts). The Hawks picked up 11 minors.

ALL STAR REPORT

The entire Hawks coaching staff gave Winchester's representatives in Saturday's (Feb. 1) Rideau-St. Lawrence All-Star Games rave reviews.

"It really was a big day for Winchester. Chris Thompson and Alain Michaud dominated the Prospects game and Michaud scored the St. Lawrence's only goal. And the line of Nik Paas, Darren Trenholm and Shawn Smail scored five of the St. Lawrence's 12 goals in the Vets game. It just wasn't the Winchester fans who thought the boys played well, everyone commented," said Corkery.

Chris Thompson, Alain Michaud and Nick Sylvestri skated for the St. Lawrence Prospects who lost 2-1 to the Rideau Stars. Paas picked up six, Shawn Smail four points and Trenholm was named game MVP. The trio combined for five goals as the St. Lawrence Vets hammered the Rideau Stars 12-7. Goalie Gregg Griffith and defenceman Trevor Helliker also represented the Hawks.



Steve Wilson, left representing Parmalat, presented the Parmalat Dairy Cup to winning skip Gary Price and his team of vice Adele Bucholtz, lead Ann Cooke and second Keith Guy following their draw to the button win over Bill Lillico. Price and Lillico tied for top spot with 29 points and needed skip rocks to decide the issue.
Press Photo — Van Bridger

The Price was right – on, skip draws for Dairy title

WINCHESTER — When it came down to one chance to win it all, Price was right on. Skip Gary Price slipped his rock into the house and nipped Bill Lillico's shot in a draw to the button to become the 37th winner of the annual Parmalat Dairy Bonspiel.

The Price foursome and Lillico's team were deadlocked at 29 points after the evening draw of Saturday's 18-team event. After looking at several tie-breaking formulas, a skip, draw to the button showdown was held.

"We looked at number of ends won, points, everything but they were still tied so we went to skip rocks and Gary (Price) won it," explained bonspiel chairman Gary Munro.

Price skipped Adele Bucholtz (vice), Keith Guy (second) and Ann Cooke (lead) to a 14-6 win over Dave Levere in the opening draw and an 11-3 decision over Mac MacGregor in the second round. The double wins netted the winner 29 points and the Parmalat Trophy.

The 37th Dairy Bonspiel also provided the Price rink an ideal opportunity to hone their skills for the 2003 Ontario Senior Winter Games. The Winchester foursome will represent Eastern Ontario in London in the games next week.

"We are really looking forward to going to London. We are curling quite a bit now. Saturday's bonspiel was good competition and good fun. We don't know what to expect in London but it should be a great experience," offered second Keith Guy.

Bill Lillico skipped Judy Somerville, Steve Summers and Lynn Vanasse into a tie for top spot and eventually the runner-up prizes, with an 11-3 win over the George Hill rink and an 8-6 decision over Doug Blaine.

Brian Clement, Elizabeth DeSerres, Bob Carkner and Susan Rawson finished with 22 1/2 points and earned one-game high status, because 16 of those were collected in an 11-4 second-draw win over Keith Wagner.

Keith Wagner and his team of Marion Carkner, Joe Spruit and Pia Gamburg picked up the consolation prize.

Keith Baker, Tammy Duke, Bill Doornwaard and Luise Leclair defeated Percy Armstrong 9-8 and Al LaPierre 7-4 to take third prize with 27 1/2 points.

Once again Gary Munro, his wife Eunice and daughters Lynn, Lori and Lee Anne, hosted the bonspiel. He thanked the sponsor, Parmalat, his family, the volunteers and curlers for making the day a huge success.

Russell curlers represent Ontario

Cochrane, Gamble going to the Brier

RUSSELL — Bryan Cochrane and long-time friend and teammate Bill Gamble threw their first rocks at the Russell Curling Club before they were teenagers.

The two grew up in Russell and have been searching for that elusive trip to the "show" for over 30 years. Well, after an 11-8 victory over Hamilton's Peter Corner in Sunday's (Feb. 2) Ontario Nokia Cup champion game at the Hershey Centre in Mississauga, Cochrane, Gamble, second Ian MacAulay and lead John Steski are going to represent this province at the Nokia Brier which opens March 1 in Halifax.

Cochrane, principal at Russell Public School, is 45 and estimates he has been dreaming about curling the Brier since he was 15 years-old. He has tried to qualify for the Ontario championship for 25 years and has made it to the provincials seven times (first in 1985 and each year since 1998).

Gamble, 49, has curled on a Cochrane rink for 30 years but took two years off before returning this fall. He curled his way into the provincial junior finals in 1971 and has been striving to reach that level ever since.

Second Ian MacAulay has been with his skip for eight years while lead John Steski signed on four years ago.

Cochrane, who curls out of the RCMP Curling Club in Ottawa, was down 4-1 after three ends of Sunday's Ontario final but Corner missed a double raise tap to the button and Cochrane drew for four and went up 5-4. Corner responded and tied it up 5-5 in the fifth but Cochrane scored three in the sixth for an 8-5 lead and cruised to the 11-8 win.

Atom House Demons share championship

BEACHBURG — It was an unusual way to end a tournament but the North Dundas Atom House No. Two Demons and Arnprior Packers agreed that sharing the "A" Division championship was the best solution.

Prior to the "A" championship game on Saturday (Feb. 2) the Zamboni ran out of propane while resurfacing the ice. By the time the attendant returned with a new supply the hot water had drained out of the machine and melted a huge hole in the ice. With the ice surface rendered useless the coaches agreed rather than decide the issue by shootout the tourney title would be shared.

"The Arnprior coach and I agreed that the teams had worked too hard to make the final to have it decided in a shootout. That's not the way a hockey championship should be decided. So we are co-champions," explained North Dundas coach Rob Cooper.

Cooper said North Dundas and Arnprior just may play an exhibition game in the near future to see what might have happened in that championship game.

The coach praised his team for a unified effort which netted them a pair of victories and a berth in the "A" final.

"Slater Koekkoek is our scorer. The rest of the team works hard and gets him the puck and he fires it in," explained the coach.

Koekkoek snapped in seven of his squad's eight goals in 4-2 victories over a first-place Cobden team and a powerful entry from Stittsville.

Cody Cooper was solid in the nets in North Dundas 4-2 win over an undefeated Cobden team in the opening round. Slater Koekkoek scored from Ross Adam at 8:12 of period one. Brandon Hunt then made it 2-0 with help provided by Tyler Pellerin-Gagnon 2:08 before the end of the period. A pair of unassisted shots by Koekkoek in the final period handed the Demons their 4-2 win. Koekkoek was named "Hustler of the Game" award winner.

James Casselman took his turn between the pipes in game two and gave his team more solid backing in a 4-2 win over Stittsville.

Koekkoek was the scoring star again cracking in all four goals. His first at 6:41 of period one was unassisted. Gabriel Brassard set up the second at 8:55 of period two. His third was engineered by Tyler Pellerin-Gagnon and Edward Findlay at 4:14 of period three. Goal number four came on an unassisted play 2:39 before the final buzzer.

Eric Labreque was named North Dundas' "Hustler of the Game".

The Demons played a penalty-free game and drew just two minor calls in the first contest.

World cup in Kemptville excellent opportunity for local mushers

by Bonnie James

KEMPTVILLE — The Kemptville World Cup Dog Sled Races, which took place this past weekend at the Ferguson Forest Centre, are accredited by the International Federation of Sleddog Sports. This means the event is one of a series of World Cup events where participants earn points and are included in the worldwide rankings for the sport.

There were racers (also called mushers) there from far and wide including New York, New Jersey, Pennsylvania, Alaska, and many from throughout Ontario and Quebec. There were also some mushers from closer to home.

The Kemptville races are one of the top dogsled events in eastern Ontario, according to head organizer Marc Lacelle. He says that over the seven years they have been racing in Kemptville, they have built a reputation among mushers for having an excellent track.

Due to the mild temperatures, the snow was a bit too soft over the weekend, which slowed down the race times and made the races harder on the dogs. There were 95 teams racing and Lacelle estimated that they had 500-600 spectators on Saturday alone. With no entry fee or parking charge for spectators, it was cheap and exciting entertainment.

Lacelle, from Carlsbad Springs, knows a lot about dogsled racing; his son Justin has competed for about 12 years with some success. Father and son also run a company called Komatik, which sells dogsledding equipment.

The weekend's events in Kemptville included sled racing with teams of 4, 6, and 8 dogs as well as skijoring (where a team of one or two dogs pulls a skier). The available prize money totaled $7,000. While some racers had the Siberian huskies and malamutes that come to mind when you think of dogsledding, there was also a variety of other breeds racing (even a couple of pitbulls). The dog lot was a cacophony of yelps, howls, and barks as the dogs were anxious to get out on the track.

The search for local racers paid off upon meeting Connie Mattice and her husband Lee of St. Andrews, north of Cornwall. They have been dogsled racing for about six years, with a little friendly competition between them. Lee was racing in the 4-dog event and Connie was racing in the purebred 4-dog race, where she placed sixth out of 14 teams.



Teams of four, six and eight dogs raced last weekend (Feb. 1-2) in Kemptville during World Cup Dog Sled Races. Hundreds of spectators attended the races and saw 95 dog teams race. Photos — James

The Mattices are members of the SnowStorm Sledding and Carting Club, which is run by Anne and Bob Melrose of Lunenburg, northwest of Cornwall. The Melroses were also at the Kemptville event where Bob raced in the purebred 4-dog event (placing eighth). Their recreational club shares sleds and equipment and uses their experienced dogs to help to train new dogs on how to pull. They hold classes every second weekend throughout the winter and there is no charge but dogs must be harnessed.

The club also puts on three "fun" races per year. Their motto is, Getting working dogs off of unemployment, which Anne explained by saying that many of these dogs are bred to work. They are not meant to be couch potatoes.

Recreational mushers can benefit from attending a World Cup event. Anne said, "We get to see some of the big names running their dogs (usually Alaskan huskies) and their equipment. Sometimes we are able to pick up training tips. Mostly, it's just fun!"



St. Andrews resident Lee Mattice competed in Sunday's four-dog race in Kemptville. Mattice is a member of the Stormont-based SnowStorm Sledding and Carting Club.

Another interesting racer was Linda Millar of LaSalle, Quebec. Her parents were dogsled racers, but had decided to retire. Millar had been a recreational musher, and since her folks still had the dogs, she thought she would give competitive racing a shot. In late November 2002, she traveled to Italy where she was the lone Canadian in the first IFSS Dry Land World Championships, where dogs pull scooters or carts rather than sleds.

The Kemptville World Cup Dog Sled Races is a first-class event attracting racers from all over Ontario, Quebec and the North Eastern United States. It's a great opportunity for local recreational mushers to get out and compete and a good chance for anyone interested to see what dogsled racing is all about.



WSC junior squad

Winchester Skating Club's junior program is more popular than ever with a total of 22 skaters registered for the 2002-2003 season. After a very successful showing at the Precious Edges invitational in Brockville on January 25, the young skaters are gearing up for the Seaway Valley Recreational competition to be held February 22-23. Taking a break from practice on Saturday are junior skaters, front row, (left to right): Blythe Armstrong, Jannah Vanderlaan, Bailey Milne, Delanie Coughler, Samantha Shelp. Middle row: Penny Mann (coach), Kaila Holmes, Brittany Cooper, Josie Vanderlaan, Michelle Neil, Julia Smith, Alison Wheeler, Victoria Gibson Crowder, Megan Dudley, Leanne Findlay (coach). Back row: Young-Soon Benoit (coach), Jessica Vanderlaan, Sarah Fawcett, Taylor Shelp, Amanda Cogan, Valerie Roberts, Elizabeth Gibson Crowder, Kiersti McMillan, Alicia Angus, Katherine Brunt (coach). Absent from photo, Alexandra Brassard.

Photo – Johnston

UCMHL

Havekes nets winning goal for Demons

CHESTERVILLE — The Havekes brothers played a big part in the North Dundas Pee Wee House Demons 2-1 victory over the South Grenville No. Three Rangers.

Matthew Havekes scored both goals in the Jan. 29 Upper Canada Minor Hockey League contest after taking a pair of passes from Trevor Havekes.

The Rangers took a 1-0 lead on a Nick Perry goal with six minutes left in the first period. With 3:59 left in the same frame Matt Havekes converted a Trevor Havekes relay into a 1-1 tie. With just 2:33 remaining in that first frame, Trevor Havekes and Justin Thompson combined to get the puck to Matt Havekes who fired into the mesh to make it 2-1. That score held up through the scoreless second and third periods.

Todd Lynch tended the Demons' net and registered the win.

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Jets hit turbulence

METCALFE — After putting together an impressive string of seven victories the Metcalfe Jr. "B" Jets have encountered some turbulence.

Over the weekend the Jets faced three of their Metro Division opponents and came away from the tripleheader empty handed. On Thurs., Jan. 30 in Ottawa the Jets were blanked 5-0 by the first-place Ottawa West Golden Knights. At home in Metcalfe on Friday (Jan. 31) the Clarence Creek Beavers scratched out a 4-3 win. Things didn't get any better as they dropped another home-ice decision losing 6-3 to the second-place South Ottawa Canadians.

Metcalfe has one regular season game left on their schedule. It will be played at the Larry Robinson Arena Friday night (Feb. 7) when the Clarence Creek Beavers pay a visit. A victory would secure fourth place for the Jets and depending on what Buckingham does in its final two games, might move them into third place and out of a quarter-final playoff round.

In the final week of regular-season action the Metro Division standings have Ottawa West (25-13-0-1) in first with 51 points; South Ottawa (23-15-0-2) is second with 48 points; Buckingham (19-16-3-1) has 42 points; Metcalfe (19-18-2-1) and Clarence Creek (19-18-2-1) are tied with 41 points with one game to play.

The top three teams draw a first-round bye, while the fourth and fifth-place clubs play a best-of-five quarter-final playoff series.

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Labrecque scores Demons winner

KEMPTVILLE — An unassisted goal by Eric Labrecque broke up a 1-1 tie and gave the visiting North Dundas Atom House No. Two Demons a 2-1 victory over the Kemptville Panthers.

Period one of Sunday's (Feb. 2) Upper Canada Minor Hockey League game was scoreless and remained so until the Panthers' Carson Broccolo slid a shot in behind Demons' Cody Cooper at 9:37 of period two. That, as it turned out was the only puck to enter the North Dundas net.

Captain Slater Koekkoek tied it up scoring on an unassisted play with 0:01.2 seconds left in the same frame. Labrecque's unassisted marker 6:21 before the final buzzer gave the Demons a 2-1 decision.

The two points moved North Dundas to within four points of first place. Coach Rob Cooper estimated with four regular season games left to play the Demons would probably finish in third place in the Eastern Division. Each team drew one minor penalty.

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OFSC president participates in District One ride

by Bonnie James

MORRISBURG — A rainy start to the day didn't dampen the spirits of the 85 snowmobilers who were participating in the Ontario Federation of Snowmobile Clubs' (OFSC) District One ride on Saturday (Feb. 1).

OFSC President, Dennis Burns was on hand to ride the 200-kilometre route that began in Morrisburg and took snowmobilers through trails maintained by the Riverside Snowmobile Club, Glengarry Snowmobile Club, Seaway Valley Snowmobile Association, and the Nation Valley Snowmobile Association. District One of the OFSC covers from the Quebec border to Kingston, Perth, Lanark, Calabogie and all of Eastern Ontario in between.

Burns, from Terrace Bay (east of Thunder Bay), is in his second term as the federation's president and was happy to have the chance to ride Dundas area trails for the first time. While meeting with members of the local press, Burns discussed the OFSC's concern about the skyrocketing insurance costs for snowmobilers.



From left to right: OFSC district manager John Boals, SledSmart team member Lindsay Grenville, District 1 operations director Christine Herbert, SledSmart team member Caleigh Timmons, District One governor Bruce Robinson and OFSC President Dennis Burns.

The cost to insure a sled this year is double what it was last year, and the cost also soared for liability insurance the OFSC purchases for its trails. The OFSC is lobbying to make sure that politicians are aware of the problem, and is working with the provincial government in hopes of bringing in new legislation to help keep insurance premiums reasonable.



STOP members Kirk McMillan and Christine Rombough give Dennis Burns a hard time about not having a trail permit for this "legacy" sled.

Legislation is a slow-moving beast though, and in the meantime, the OFSC is trying to keep its clubs and individual members encouraged and participating in the sport. Burns said that the prohibitive insurance costs are one reason the sport's popularity is seeing a plateau this year. Many families are choosing not to insure a secondary sled for example.

Other issues that the president had on his mind included oft-repeated trail safety tips, and the praise of OFSC volunteers. Burns said that of 16 snowmobile-related deaths in Ontario so far this year, only three have been on trails. He encourages everyone to ride on marked trails and to be conscientious of safely, in particular avoiding what he calls the "suicide pill" of combining excessive speed with night riding and alcohol.

Burns also mentioned the Volunteers In Action program that is being jointly supported by the Ontario Trillium Foundation and the OFSC to develop and support snowmobile club volunteers in rural communities across the province. All the snowmobile clubs in Ontario rely heavily on volunteers to function.

The OFSC has about 270 snowmobile clubs and that number fluctuates slightly from year to year. It sold 111,000 trail permits last year. The organization counts its membership at around 200,000 people, and has helped make snowmobiling a billion dollar industry in Ontario.

Also on hand for the District One ride was the Sled Smart safety team (www.sledsmart.com) who were passing out information to the riders, and were going to be acting as a sweep for the ride to make sure everyone completed the route safely.

Members of the Snowmobile Trail Officer Patrol (STOP) were also taking part to make sure that snowmobilers are aware of their presence on the trails throughout the winter. STOP volunteers act with an authority similar to police officers, enforcing laws and regulations on snowmobile trails. The local clubs had been preparing for the ride by grooming the trails around the clock and had erected some special signs to inform riders of scenic spots and also sections of trails and bridges that had recently been improved with trail permit dollars. It would take more than a spattering of rain to keep all these keen folks inside.

Metcalfe Tween Hornets compete in preliminaries

METCALFE — Metcalfe's Tween "A" Hornets needed a victory to qualify for a trip to the Provincial Ringette championships. Unfortunately they came up one goal short and lost 4-3 to the Gloucester Devils.

The Hornets still have an opportunity to make the provincials because of their outstanding record in the National Capital Region Ringette League. They have suffered just one loss and one tie to date in regular season play. The Hornets also have claimed two gold and one silver medal in three tournaments and can compete for one of two Ontario wild card spots.

Metcalfe edged Gloucester 3-1 in the opening game and stood second behind Upper Ottawa Valley in the eliminations. UOV had whitewashed Gloucester 7-0 in their first game which put the pressure squarely on Metcalfe. The Hornets dropped game two to UOV and lost 4-3 to Gloucester, a team they had defeated in all other meetings. UOV then went on to win the preliminary final 3-1 over Gloucester and will now compete in the Ontario championships in London in March.

Metcalfe's Junior "B" Hornets trimmed Rockland 10-2 and nuked Nepean 5-2 to remain undefeated in NCRRL play. The squad has two games left in the regular season and an eight-point lead on their closest competitor and have clinched first place.

The Novice Rec Hornets defeated Nepean 6-2 on the weekend while the Petite "C1" Hornets lost 7-2 to Arnprior and the Tween "C" Hornets lost 9-3 to Goulbourn.

Alex Borutski fired in five and Allison Ritchie cracked in four goals as the Tween "C" Hornets rebounded with a big 15-0 decision over Ottawa on Feb. 1. Brooke Phillip (2), Lisa Sullivan (2), Christine Rowan (2), Robyn Van Schie and Caitlin Brown completed the scoring. Phillips (4), Van Schie (4), Sullivan (4), Brown (2), Borutski, Rowan and Ashley Kelly all earned assists. Kristin Wyman posted the shutout.

The same day, the Petite "C2" Hornets were stung 7-2 by Arnprior. Jessica Pushka potted both of her team's goals. Assists went to Jessica Morrow (2), and Katrina Leach.

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Three teams breaking away from pack

WINCHESTER — Sunday morning victories by the top three teams in the Winchester and District Ladies Hockey League have finalized positioning of the front-runners. Ryan's Restaurant Reds, Double Beauty Stylists and Andy's Foodland Maroons will finish the regular season in that order.

The first-place Ryan's Reds (13-2-1) registered their 13th win by beating the sixth-place Annable's Jewellery Blues (3-12-1) 5-1. The number-two ranked Double Beauty Stylists (11-4-1) pushed their point total to 23 by knocking off the fifth-place Stewart Classics (3-10-3) 3-1 and the third-place Andy's Foodland Maroons (8-6-2) moved six points ahead of the fourth-place Gold Diggers (4-8-4) by doubling the CountryGirl squad 4-2.

Reds' goalie Barb Wigney came within a shot of posting her eighth shutout of the season as her squad blasted the Annable's Blues 5-1 on Feb. 2. Sheri Richer's unassisted marker put the Blues on the board 10:15 before the final buzzer and was the only puck to elude Wigney.

Sandy Roy (unassisted at 13:07), Alison Banford (from Karla Marshall at 12:27), Christina Rombough (unassisted at 11:22) and Kelly Cummins (from Jen Manley at 7:27) cashed in first-half goals to put the Reds up 4-0 at the break. Cummins finished the scoring, popping in her second of the game 47 seconds before the final buzzer. Rombough set up the play.

TWO FOR FRASER

Amy Fraser counted her 10th and 11th goals of the season and led the Double Beauty Stylists to their 11th win. Louise Lapointe missed the shutout when Classics' Nancy Beavers used a pass from Jada McNaughton to beat her at 15:35 of the second half.

Fraser put the Stylists up 1-0 scoring from Cheryle Shurtliffe and Shannon Vidal at 14:33 of the first half. Her second tally was set up by Karen Benoit at 12:06 of the second session. Kathy Kerr-Moore made it a 3-1 final on a play created by Anita Gilmer with 5:04 left on the clock.

MAROONS BY TWO

Diane Downey rang up goals number seven and eight, helping Andy's Foodland Maroons to a 4-2 win over the CountryGirl Gold Diggers.

Sandy Whitworth (from Carrie Gilmour at 4:50) and Downey (from Laura McDonell at 2:30) connected in the first half to put the Maroons up 2-0. Downey increased the lead to 3-0, finishing off a play started by Susan Marsden-Whelan at 18:26 of the second session. Tracey Morrow's unassisted effort at 4:32 iced the verdict.

Catie Clapp's unassisted shot with 15:20 on the clock got the Diggers on the board. She then assisted on a Marilyn Collins marker 1:29 before the final buzzer but 4-2 was as close as the Diggers could get.

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Fisher nets Hicks Red Wings 3-2 victory

METCALFE — Reg Fisher took a feed from Steve Porteous and Shane Patterson and scored with 5:47 on the clock and his marker proved to be the difference as the first-place Hicks Insurance Red Wings registered their 12th win in 20 starts.

Sunday's (Feb. 5) 3-2 victory over number three-ranked Wallace Service Centre Bruins (9-7-4) improved the Red Wings' Metcalfe Town Hockey League record to 12-4-4.

MTHL scoring leader Brian Downey netted his 17 goal and earned his 22nd assist but the Bruins came up one goal short in the 3-2 loss to the Wings. Rob Stanley pegged the other Bruins' goal while Tyrone Franey and Greg McLaren each collected an assist. Bill Jamieson tended the Bruins cage.

Shane Patterson and Bob Kemp cracked in the first two Wings shots. Fisher netted the winner. Steve Porteous, Derek Burleigh, Ron Flannagan and Shane Patterson picked up the assists. Mike Preston was the winning goaltender.

The morning's other two games saw the fifth-place Sentinel Blues (8-12-0) and number six-ranked Continental Mushroom Stars (6-12-2) post victories.

Jay Dewan was the scoring ace, bagging three goals in the Blues' 7-2 win over the McVey Brothers Insurance Maple Leafs (7-9-4). Steve Corlyon assisted the cause, setting up four goals. Jason Gervais and Dave Sheldrick each found the net once and drew a pair of assists. Rich Corlyon and Ray Vidal each picked up a goal and one assist. Single assists went to Cory Reaney and Chris Reaney. Kent Holmes posted the win.

The Warren brothers, Darryl and Dave, replied for the Leafs. Darryl Warren, Chris Kelly and Todd Wallace drew the assists.

Jim Brown pegged a pair of first-half goals leading the Continental Mushroom Stars to win number six, a 3-1 decision over the Al Johnston Penguins (9-7-4). Chris Miner notched the other marker. Mark Docksteader (2), Marty Campbell and Paul Roy earned assists. Sean Wallace scored the lone Penguins' goal after taking a pass from Ray Vandregt.

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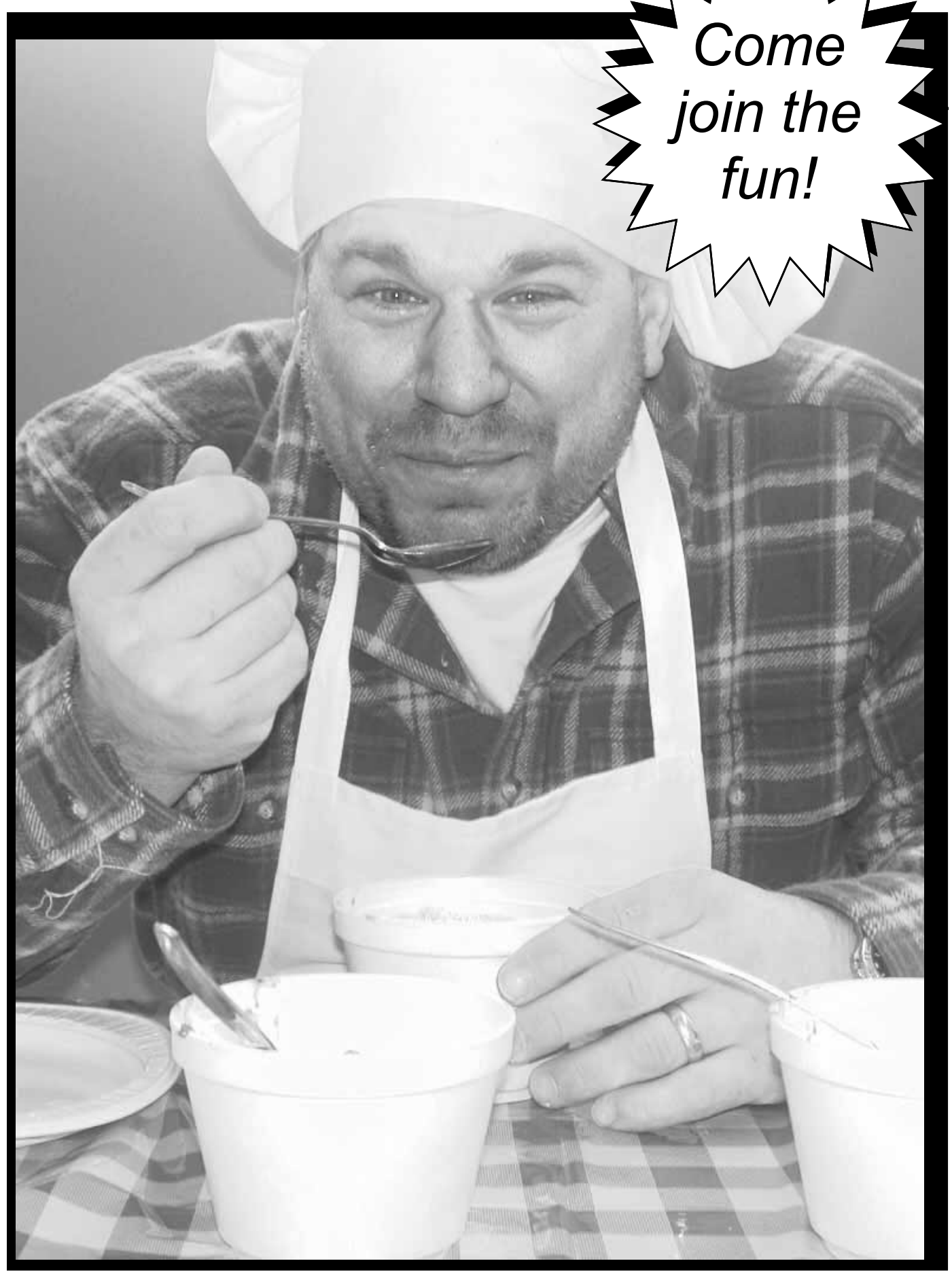
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Late goal by Hyndman cracks tie

WINCHESTER — Craig "JB" Smith was red hot between the pipes as Ben's Pioneer Gas Bar Rangers blanked the Boyd Rams 6-0 and defenceman Jamie Hyndman scored late in the game to hand the Winchester Flyers a 5-4 win over the Country Kitchen Flyers as the top two teams in the Winchester Town Hockey League posted victories.

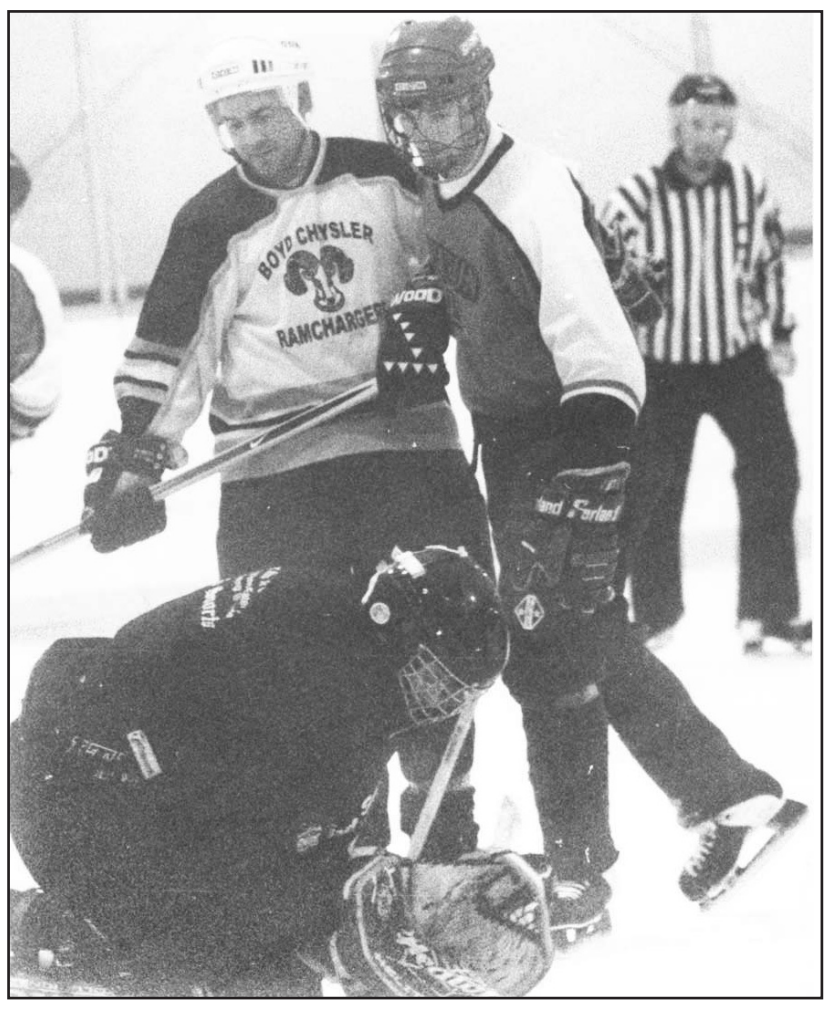
Hyndman's marker came with 1:03 left in the opening game of last Tuesday's (Jan. 28) twin bill between the Flyers and the Country Kitchen Cyclones. The 5-4 decision kept the Flyers in first place, one point ahead of the Rangers.

With just two games left in the regular season, the standings have the Flyers (10-4-2) in first with 22 points, the Rangers (9-4-3) in second with 21, the Rams (4-9-3) in third with 11 and the Cyclones (4-10-2) in fourth with 10 points.

Craig "JB" Smith returned to the nets after a short absence and registered his second shutout of the season in the Pioneer Gas Bar Rangers' 6-0 win over the Boyd Chrysler Rams.

Martin Pancirov converted a feed from Jason Valcour and Scott Barkley into what would prove to be the winning tally at 26:51 of the first half. It was 4-0 at the half after Mark Guy, Josh McLean and Troy McNaughton all netted shots. Valcour (his second) and Will McLean pumped in pucks in the second session to make it a 6-0 final.

John Guy was chief architect on the project setting up three goals. Valcour (2), Barkley, Brad Holmes, Victor Blake, Ryan Swerdfeger and Will McLean picked up the other assists.



Flyers defenceman Jamie Hyndman (right, in earlier action against the Rams) cracked in the game-winning goal 1:03 before the final buzzer as his team edged the Country Kitchen Cyclones 5-4 on Jan. 28. It was Hyndman's first goal of the season. Press Photo — Van Bridger

WIN NO. 10

Jamie Hyndman took a pass from Craig Holmes and Brad Quaile and jammed it in behind Kent Pilon with 1:03 left on the clock as the Flyers registered their 10th win, a 5-4 decision over the Country Kitchen Cyclones.

Kevin Williams had knotted the count at 4-4 when he tallied for the Cyclones at the 1:41 mark. Jeff Holmes set up that play.

Brad Quaile used a pass provided by Gary McInnis to hand the Flyers a 1-0 lead at 4:11 of the first half.

The lead was traded back and forth in the second session as Chris Van Bridger pegged his 22nd and 23rd of the season, Brad Quaile scored his 21st and Jamie Hyndman his first for the Flyers. The Cyclones kept pace with goals by Al Christophersen (12th), Hal Thompson (8th), Dave Dupura (6th) and Williams (10th).

Craig Holmes drew three assists for the Flyers. Quaile and McInnis had the earned the others. Chris Currie registered the win. Picking up assists for the Cyclones were Tylor Copeland, Rob Gourgon, Jeff Holmes, Jamie McIntosh, Andrew Barrie and Kevin Williams.

Metcalfe claims 2003 Broder Cup

METCALFE — Cheryl Petersen skipped her Metcalfe rink of Wendy Wales, Linda Ball and Agnes Lee to victory over Martha Tanner's Russell Curling Club team in the 2003 Broder Cup competition.

The Broder Cup was hosted by Metcalfe on Jan. 25 and is an annual competition involving ladies teams from curling clubs in Winchester, Metcalfe, Russell and Morrisburg.

It was an all Winchester final in the "B" event with skip Janet Levere and her team of Janet LaPierre, Colleen Weedmark and Debbie Blaine triumphing over Phyllis MacMaster, Donna Gibson, Leeann Chamberlain and Judy Peddle.

RUNNER-UP

Janine Stevenson, Louise Beckinsale, Judy Somerville and Lynn Vanasse, representing the Winchester Curling Club earned runner-up status in the 2003 Stanley Gauthier Playdowns. The Gauthier is a competition dedicated to curlers with five years (or less) experience in the sport. The final round was played in Brockville on Jan. 25.

Stevenson defeated Huntley but lost to Alexandria to earn runner-up prizes of pins and spoons.

Atom 'C' Demons

Klein-Swormink pots pair in win

CHESTERVILLE — Peter Klein-Swormink cracked in a pair of goals, including the winner as the North Dundas Atom "C" Demons skated to a 4-2 victory over the Kemptville Panthers.

The Jan. 22 decision was their third win in five starts and improved their Upper Canada Minor Hockey League record to 4-7-3. The Demons have 10 regular season games remaining to solidify a playoff spot.

The Demons' goaltending tandem of Sheehan Jordan and Thomas Giles combined to hold the Panthers to a pair of second-period goals.

Klein-Swormink opened the game netting his ninth goal of the season on an unassisted play at 1:17 of period one. Kemptville jumped into a quick 2-1 lead on goals by Holmes (7:50) and Winters (6:01) midway through period two but the Demons were able to tie it up at 5:25. Mackenzie McMillan's unassisted goal (seventh of the season) made it 2-2.

North Dundas broke up the 2-2 tie knocking in a couple of late third-period goals. Klein-Swormink used a pass provided by Brad Tinkler to score the winner and his 10th of the season at the 4:11 mark.

Brandon Oosterhof was able to add the insurance shot 2:44 before the final buzzer. Greg Lynch provided the pass which made it a 4-2 final.

Sports Scoreboard

Eastern Ontario Jr. "B" Hockey League Rideau - St. Lawrence

RECENT RESULTS:

Jan. 29: Brockville 6 - Char-Lan 5
Akwesasne 6 - South Grenville 2
Jan. 31: South Grenville 6 - Westport 5
Alexandria 7 - Akwesasne 3
Kemptville 5 - Winchester 2
Feb. 1: Rideau-St. Lawrence All Star Game
Rideau Prospects 2 - St. Lawrence 1
St. Lawrence Vets 12 - Rideau Vets 7
Feb. 2: Winchester 4 - Alexandria 2
Akwesasne 7 - Morrisburg 3
Char-Lan 3 - Kemptville 2
Brockville 8 - Athens 4
Westport 8- Gananoque 4

Note: Teams losing in OT earn a point.

STANDINGS:

Rideau:	W	L	T	GF	GA	PTS
Brockville	28	6	4	232	149	62
Gananoque	26	12	3	229	191	55
Westport	23	15	1	187	166	49
S. Grenville	18	20	2	152	188	39
Athens	16	19	3	208	210	38
St. Lawrence:	**W**	**L**	**T**	**GF**	**GA**	**PTS**
Alexandria	22	13	3	185	160	49
Kemptville	19	13	4	187	178	47
Char-Lan	22	17	2	190	166	47
Akwesasne	17	19	3	180	192	38
Morrisburg	17	21	1	203	218	37
Winchester	14	21	3	145	176	33

Top Scorers (Inc. Jan. 31):	G	A	PTS
Rideau Division:			
Chris McCann, Athens	49	62	111
J.B. Ryan, Bro.	35	49	84
Casey Reilly, Bro.	40	43	83
Greg Kerr, West.	27	45	72
Ryan Carty, West.	32	37	69
Tom Dickson, Gan.	29	31	60
Chris Lowe, Athens	21	33	54
St. Lawrence Division:	**G**	**A**	**PTS**
Adam Sprik, Kempt.	40	35	75
Charlie Froment, Morris.	38	37	75
Steve Jarvo, Char.	36	37	73
Pat Johnson, Char.	22	50	72
Wayne Garlough, Morris.	27	43	70
Darren Trenholm, Win.	31	29	60
Shawn Smail, Win.	20	38	58

Metro Division

RECENT RESULTS:

Ottawa West 5 - Metcalfe Jets 0
Clarence Creek 4 - Metcalfe Jets 3
South Ottawa 6 - Metcalfe Jets 3
South Ottawa 7 - Clarence Creek 4
Buckingham 8 - South Ottawa 3
Clarence Creek 3 - Buckingham 2

Teams losing in OT receive one point

STANDINGS:	W	L	T	GF	GA	PTS
Ottawa West	25	13	0	161	111	51
South Ottawa	23	15	0	192	167	48
Buckingham	19	16	3	180	162	42
Metcalfe Jets	19	18	2	164	159	41
Clarence Creek	19	18	2	155	160	41

Metro Top Scorers:	G	A	PTS
Bryan Rueckwald, SO	50	42	92
Luc Nault, SO	28	49	77
Ryan Velcich, OW	36	34	70
Eric Lavoie, Buck.	30	30	60
Kevin Sousa, Buck.	28	32	60
Scott Luchak, SO	21	39	60
Pat Brisbois, SO	29	29	58
Eric Lanthier, Buck.	13	45	58
Jason Vadja, Met.	23	28	51
Jon Finney, Met.	20	28	48

Winchester Town Hockey League

RECENT RESULTS:

Jan. 28: (Week 16):
Winchester Flyers 5 - C.K. Cyclones 4
Ben's Rangers 6 - Boyd Rams 0

STANDINGS:	W	L	T	GF	GA	PTS
Winchester Flyers	10	4	2	119	62	22
Ben's Rangers	9	4	3	67	57	21
Boyd Rams	4	9	3	60	109	11
C.K. Cyclones	4	10	2	69	87	10

TOP SCORERS:	G	A	PTS
Chris Van Bridger, Flyers	23	24	47
Gary McInnis, Flyers	15	32	47
Dereck Holmes, Flyers	31	14	45
Brad Quaile, Flyers	21	19	40
Wes Cory, Rams	17	8	25
Kevin Williams, Cyclones	10	15	25
Al Christophersen, Cyclones	12	12	24
Chad Brownlee, Flyers	16	7	23
Mark Guy, Rangers	15	8	23
Derek Byrd, Rams	9	13	22

Winchester Jr. "B" Hawks 2002-2003 Team Scoring

(after 40 games)

NO.	PLAYER	G	A	PTS.
10	Darren Trenholm	32	30	62
18	Shawn Smail	21	39	60
19	Nik Paas	21	18	39
9	Brad Casselman	12	15	27
8	Colin Bowie	8	17	25
22	Trevor Helliker	7	15	22
15	Robyn Sadler	10	10	20
17	Stefan Gravelle	5	13	18
11	Alain Michaud	8	8	16
4	Travis Rowe	1	13	14
17	Stefan Gravelle	3	8	11
16	Nick Sylvestri	1	10	11
23	Andrei Katchmar*	3	7	10
21	Chris Thompson	4	5	9
5	Bill Henderson	0	8	8
25	Steve Rumeninski*	1	6	7
24	Kevin Laverdiere	0	7	7
23	Mike Santerre*	4	2	6
7	Matt Giroux*	2	3	5
20	Trent McBain*	1	3	4
6	Derek Vingerhoeds	2	1	3
14	Dave Gallant*	1	1	2
12	Jon White*	0	1	1
AP	Ben Collins	0	1	1
AP	Ben Baker	0	0	0
AP	Travis Armstrong	0	0	0
AP	Travis Leach	0	0	0
AP	Devon Kelly	0	0	0
AP	Mitch Scott	0	0	0
AP	Scott Bradley	0	0	0

Goaltenders

30 Gregg Griffith 113 GA, 13 wins, 4.12 GAA, 1675 minutes, 2 assists, 10 PIM
31 Mike Robillard 27 GA, 0 wins, 4.50 GAA
AP Craig Moran, 20 minutes
Josselin St. Pierre* 33 GA, 1 win, 4.83 GAA
*No longer with team

Winchester & District Ladies Hockey League

RECENT RESULTS:

Feb. 2: (Week 16)
Andy's Foodland 4 - CountryGirl 2
Ryan's Reds 5 - Annable's Blues 1
Double Beauty 3 - Stewart Classics 1

STANDINGS:	W	L	T	GF	GA	PTS
Ryan's Reds	13	2	1	53	13	27
Double Beauty	11	4	1	45	27	23
Andy's Foodland	8	6	2	32	23	18
CountryGirl	4	8	4	24	44	12
Stewart Classics	3	10	3	24	50	9
Annable's Blues	3	12	1	23	44	7

TOP SCORERS:	G	A	PTS
Sandy Roy, RR	17	9	26
Maggie Stewart, DB	13	6	19
Jen Manley, RR	2	17	19
Amy Fraser, DB	11	4	15
Diane Downey, CG	8	7	15
Kathy Kerr-Moore, DB	7	8	15
Shannon Vidal, DB	4	10	14
Catie Clapp, RR	10	3	13
Carrie Gilmour, AF	7	6	13
S. Marsden-Whelan, AF	5	8	13
Julie Cyr, RR	5	7	12

Metcalfe Hockey League

RECENT RESULTS:

Feb. 2: Cont. Stars 3 - Johnston Pens 1
Sentinel Blues 7 - McVey Leafs 2
Hicks Wings 3 - Wallace Bruins 2

STANDINGS:	W	L	T	GF	GA	PTS
Hicks Wings	12	4	4	82	42	28
Wallace Bruins	9	7	4	63	54	22
Johnston Pens	9	7	4	61	54	22
McVey Leafs	7	9	4	61	80	18
Sentinel Blues	8	12	0	64	83	16
Cont. Stars	6	12	2	50	68	14

TOP SCORERS:	G	A	PTS
Brian Downey, Bruins	17	22	39
Steve Corlyon, Blues	9	22	31
Bob Kemp, Wings	16	14	30
Dale Poirier, Pens	16	13	29
Dave Boyd, Wings	16	11	27
Darryl Warren, Leafs	13	14	27
Tyrone Franey, Bruins	12	13	25
Steve Wade, Wings	10	15	25
Dave Sheldrick, Blues	9	14	23
Dave Warren, Leafs	12	10	22
Pete Holmes, Stars	10	11	21

Osgoode Hockey League

RECENT RESULTS:

Jan. 9: Outlaws 4 - Metcalfe 0
Stingers 6 - Blackhawks 3
Jan. 14: Blackhawks 8 - Metcalfe 4
Jan. 16: Outlaws 8 - Snipers 4

STANDINGS:	W	L	T	GF	GA	PTS
Outlaws	11	1	5	89	54	27
Blackhawks	8	6	3	83	73	19
Chiefs	6	7	4	52	63	16
Snipers	5	7	5	75	77	15
Stingers	2	11	3	48	79	7

TOP SCORERS:	G	A	PTS
Not accurate due to incomplete gamesheets			
Ryan Couch, BH	20	14	34
Jeff Ricci, Snipers	13	19	32
Brian Downey, Out.	13	14	27
Mark Patterson, Out.	12	12	24
Andy Brian, BH	10	13	23
Kevin Collins, Met.	11	11	22
Bob Kemp, Out.	11	10	21

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JMP BUSINESS SERVICES LTD. Accounting, bookkeeping, financial statements and payroll. Jose Poole, Winchester, 613-774-2178. Fax 613-774-1055.
24tfc

HERITAGE PIANO RESTORATIONS
Upright, grand and player piano restoration. Over 35 years in business. Peter Kilpatric, concert piano tuner/technician. 613-346-0460.
25tfc

ONE CALL DOES IT ALL
Over 25 years experience in construction, renovation, additions, kitchen and bathroom, masonry, etc. Call Ken at 774-2005.
45-48c

Wanted

PAY TOP DOLLAR
STANDING TIMBER WANTED – Such as poplar, soft maple, ash, willow, hard maple or white pine. Will take bush off for farm land use. Paid by lump sum or by cord. Also white and red pine, 12" and over. Self loader truck for hire. Call Dave Como at 613-258-3987.
3tfc

WANTED – Books, hard cover in good condition. Old Authors Book Shop, 613-543-3337.
44tfc

Help Wanted

DRIVERS WANTED – Apply at Milano Pizzeria, 506 Main Street, Winchester. Call 774-2727.
18tfc

HELP WANTED – Hired hand required for cash crop and agri-business. Year round work. Farming background and D-license an asset. Please call 613-223-1029 for more details.
44-46

HELP WANTED – Personal Support Worker or Care Support Worker at Crysler Residence. Permanent part-time, 7 shifts/2 weeks. May fax resume to 613-987-2724 or contact Denis or Nathalie at 613-987-5562.
44tfc

FARM HELP WANTED – Male or female. Supplement your income feeding beef cattle, 1 hour in morning and 1 hour at night in barn. Stable cleaner. Summer time check cattle and fences in pasture. 7 days/week. State wages expected per day. Reply Box 69, Chesterville, Ontario, K0C 1H0.
45tfc

HELP WANTED – Live-in nanny for 2 children 8 and 4 years old. Good references, First Aid, CPR, homework supervision. Fax resume to 613-930-2586.
45-47

HELP WANTED – We are looking for a member to join our office team. Must have good working knowledge of Excel, Word and Power Point. Must be comfortable taking orders over the phone and working in a plant atmosphere. Experienced with payroll and office accounting systems as well as bilingualism would be assets. Fax resume to 822-2302.
46

Work Wanted

WORK WANTED – George's Moving, fair prices - dependable services, Ottawa and surrounding area homes, offices and apartments. George Byles, 821-4191.
40tfc

WORK WANTED – G & K Moving. Affordable and reliable, fully insured. Phone 613-821-3555.
43tfc

WORK WANTED – Renovating your old kitchen/bath or doing new construction? Call Gerry at Hamilton Custom Cabinets for kitchen cabinets, cabinet doors, countertops and vanities. Phone 613-989-1162.
26tfc

For Rent

FOR RENT – Mini storage units (various sizes), commercial/industrial units and office space (long or short term lease). Contact Andy Bowers at Prospect Rentals. 613-543-3437, Morrisburg.
33tfc

Accommodation

FOR RENT – 1-bedroom, Rae Road, Winchester, quiet rural, fridge, stove, parking. Transportation required. Ideal for retiree. $465 per month, utilities extra. 613-239-5877.
46-47

Accommodation

FOR RENT – 2-bedroom half double, $440 per month plus utilities, Williamsburg. Available March 1. 613-535-2578.
46-47

FOR RENT – 2-bedroom apartment in village of Vernon. Private entrance. First and last month's rent required. No pets. $695 plus utilities. Call 288-3064 ext 4202 (8 am-5 pm) 821-4290 after 6 pm. Apartment available in April.
46-48

For Sale

DIGITAL IMAGES of photographs appearing in the Winchester Press are available on disk or by e-mail for $10.00 including taxes. Disks should be prepaid when ordered and can be paid for by VISA. Disks can be ordered at the Winchester Press Office, 545 St. Lawrence Street, Winchester.
44stf

FOR SALE – Water softener salt delivery. Gerry Boyce Amaro Spring Water, 989-2330.
47tfc

LOSE FAT AND INCHES – Take Colorad a unique natural product with a new approach to weight loss and fitness that really works. Call Isabell 821-5826 or Anna 613-657-3372.
51stf

APPLES
McIntosh, Cortland, Spartan, Empire, Tolman Sweets, Royal Gala, Janagold, Russett, Red Delicious, Ida Red, Northern Spy and cider, many apple products (NEW: sugar free spreads) and Gift Shop. Cooking apple SPECIAL. SMYTH'S APPLE ORCHARD, Dundela, 6 km west of flashing light in Williamsburg. Open 7 days 8 am-6 pm 613-652-2477.
33tfc

PIANOS AND ORGANS
FAWCETT ORGAN CORP.
Winchester, Ontario, K0C 2K0. Canada's most complete line of church and home organs, new and rebuilt, Kurzweil digital upright and grand pianos and Johannus church organs, Heintzman upright and grand pianos. For appointment phone 613-774-2205.
39tfc

HOUSE FOR SALE
$135,000, like new, 2-storey, all wood exterior, immaculate, 3 bedrooms, 2 full bathrooms. Walk to school. Chesterville 448-9021.
46-49

FOR SALE – Wood-oil furnace for shop. Phone 774-2531.
44tfc

ATTENTION
Contractors, Cabinet Makers, Home Workshops. Now available locally, historical old growth lumber reclaimed from the Ottawa River **by LOG'S END INC.** Milled flooring, mouldings, baseboards and rough lumber. For information call Bob Lafontaine, District Sales Rep, 13742 County Road 9 (Berwick Road), Chesterville, 613-448-3752.
45-48

FOR SALE – Panasonic KX-TD 816C 8-line digital telephone system with 6 Panasonic KX-T7230C phones, intern PA-920 amp. $2,700 value for $1,499; two used reception desks $150 and $200; four L-shaped desks $65 each; fax machines; various other desks, office chairs, filing cabinets etc; Royal Alpha 580 cash register, $175. Used MacIntosh computers: iMac 333MHz $499; Power Mac G3 233MHz and software $599; Power PC5200 $250; MacIntosh Iisi $150. Please call Harry, office 258-4725, home 989-5362.
45-46c

FOR SALE – Manual hospital bed. Contact Karen at 535-2968.
46

Automotive

QUALITY CARS AND TRUCKS
For quality vehicles see **Akcent Motor Sales,** Winchester, 774-0718. Family owned and operated. See vehicles at www.akcentmotors.com
8tfc

CREDIT PROBLEM? We can help with over 50, late 90's cars, trucks or vans, all safetied and serviced and "E" tested prior to delivery. Only the highest quality vehicles offered. 24 hour approval and delivery. Call Car-O-Line Auto's 613-448-2488 or long distance 1-877-820-5598. Now online www.car-o-line.com.
46c

Farm

FARMS WANTED – Thinking of retiring or selling? Please call Steve Summers at Coldwell Banker, Coburn Realty for a confidential appraisal of your property, 774-3408 or 1-800-781-3457.
46tfc

FOR SALE – Hay, large dry round bales, $25 a bale or best offer. Phone 989-6031.
42-46

FOR SALE – Oat straw, 40" bales, $2.25. Call evenings 989-2382.
44-46c

FOR SALE – Hay, wrapped 4x4 bales, $25 per bale. Phone 989-6031.
44-50

FOR SALE – 14' land packer, asking $2,500. Call 774-2531.
45tfc

FOR SALE – Hay and straw, small squares, horse quality timothy hay, wheat straw, $2 each, Vernon. Call 774-6403.
45-46

Farm

FARM LAND FOR SALE – 187 acres North Stormont Township. Call 613-984-0112.
45-46

WANTED – Disc harrows, approximately 16-20' wide in top condition. Call 613-524-2699.
45-46

FOR SALE – Good straw, $1.50 per bale. Call 535-2511.
46c

FARMS WANTED TO RENT– In Dundas County. Competitive rent paid for productive parcels of tiled land. Call 613-543-2312.
46tfc

FOR SALE – 1992 Bison 2-horse trailer, recent paint, pinstripe and tires, $4,000 or best offer. Call 774-4677.
46-47

Household

RBS APPLIANCE
SALES AND SERVICE
Used appliances: fridges, stoves, washers, dryers, etc. 258-2613, 1-800-465-0874.
15tfc

YES, WE DO REPAIR microwave ovens (all makes and models) TVs, VCRs, audio equipment, vacuum cleaners and electric shavers! We stock a good supply of replacement elements for electric stoves and major appliance parts. John Witteveen TV Appliances Sales and Service, 448-2766, RR2, Chesterville (Dunbar).
46c

FOR SALE – Couch, 13 cu. ft. freezer, kitchen table and 4 chairs, 5-piece bedroom set. Phone 774-0817.
46

Pets/Livestock

WANTED TO BUY – Meat cows, meat horses, ponies, donkeys, crippled cattle. Fair price, cash. Phone 613-657-1114, Archie Martelle.
3tfc

AL BECKSTEAD 3B LIVESTOCK – Licensed buyer. Dairy, beef, calves, old cows. RR #1, Oxford Station, 613-258-5100.
42-49c

FOR SALE – Several first-calf Holsteins, due to freshen soon. Call 613-525-2969.
45-46

Recreational

FOR SALE – 1980 Prowler camping trailer, 20', fridge, stove, sleeps 6, $3,500. Call 290-3995.
46-47c

FOR SALE – 2 snowmobiles: 1990 Polaris 500, electric start and reverse; 1999 670 HO with reverse. Call D & T Repair, 774-6614.
46

Birth Notice

IT'S A GIRL
STRENG – With the help from her little angel Sierra; Kyra Mackenzie was born Saturday, January 25, 2003, weighing 9 lb., 0 oz. at the Ottawa Civic Hospital. Proud parents are Bill and Kelly (Griffith). Extremely relieved are big sister Whitnie and grandparents Gordon and Madeleine Griffith of Russell and Len and Lisa Streng of Winchester.
46

LAPIER – David and Dianne (nee VanMorsel) and big brothers Adam and Dean are thrilled to announce the arrival of their son and brother, Ben David, on Thursday, January 23, 2003 at the Winchester Hospital. Ben weighed 10 lb., 13 oz., and measured 23-1/2 inches long. He is the 12th grandchild for Diny VanMorsel of Mariatown and the 10th grandchild for Roy and June Lapier of Iroquois. Special thanks to Dr. Rivington and the nursing staff at Winchester Hospital for their excellent care. We would also like to especially thank our family and friends for all of their love and support. We are truly blessed.
46

FOR RENT
One 2-bedroom apartment in Rosewood, security apartment. Stove and fridge and air conditioner supplied. Available Feb. 1.
Call 774-3894

Birth Notice

ARTHUR – Sean and Sharon (nee Henry) are pleased to announce the arrival of Casai Campbell on Friday, January 3, 2003, a sister for Shane and Kieryn. Proud grandmothers are Maureen Arthur, Vernon and Doreen Henry, Belfast. Grandfather is Brian Arthur, Chelsea. All the Henry family in northern Ireland and Canada, Maureen's friends in Canada and the U.K. wish the family a happy life.
46

Card of Thanks

A BIG THANK YOU to those folks who gave so generously to me this past fall, for our annuals and perennials. We hope to plant them in the spring in our Vernon Golden Gardens. I'm sorry to be so long in getting out my sincere thanks, you know who you were. I am most grateful! Our gardens will bloom because you helped. A special thank you also to Brian and Judy for your help in assisting me to decorate our Entrance Signs for the Christmas season. They were noticed by many. It was a great help for me as I wasn't too well. Thanks everyone.
– Happy New Year!
– Daisy Robinson
46

CARD OF THANKS – The family of the late Robert Barton would like to thank the family, friends and neighbours who were so generous with their love and support at a difficult time. The food, flowers and donations were also greatly appreciated. Special thanks to Reverend Carol Poley-Delisle, the Winchester United Church UCW, Dean at the Queensway Carleton Hospital, Dundas Manor, the Winchester Funeral Home, Paula, Clara, Lauree and Gladys. God bless you all.
– The Barton Family
46

CARD OF THANKS – Thank you to everyone who sent cards, flowers and visited me while I was a patient in Winchester Hospital recently. Special thanks to my friends Caroline, Jean and Lorna for their food, help and concern since I returned home; also to Dr. Slowey and nurses at the hospital. It was all very much appreciated.
– Reita Wyatt
46

CARD OF THANKS – We would like to say thank you to all who helped comfort us in the loss of Scott. Your prayers, thoughts, cards, words of encouragement, food and visits are so much appreciated that we cannot express it in words. Very special thanks to our family and friends as well as Rev. Clarence Witten, Rev. Pat Martin, Rev. Bill Byers, Marsden McLaughlin Funeral Home and Dave Lapier. Another special thank you also goes to Seaway District High School, the students, teachers and staff for all their many acts of kindness. May God bless you all.
– Harry, Iena, Greg and Julie Van't Foort
46c

CARD OF THANKS – The family of the late Rita McCooeye would like to thank our friends, neighbors, and relatives for their words of kindness, sympathy cards, flowers, donations and food brought to our home during the loss of our mother. Special thanks to David Lapier for his generous help and understanding, to Father Appelman for his words and prayers, and to Sandra Probst for her lovely music and songs.
– The McCooeye Family
46

CARD OF THANKS – We would like to extend our sincerest thanks to friends and neighbors in Winchester for your kind words, prayers, and expressions of sympathy following the death of our father and papa, Marcus Calder, on January 23, 2003. Your kindness and generosity has comforted us through this difficult time and will be remembered. God bless you all.
– Marc, Kim and Jessica Calder
46

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REPAIRS TO ALL MAKES
GUY BOURDEAU 774-6110

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All Makes of Tires Available
National Tire MICHELIN BFGoodrich KUMHO TIRES GOODYEAR
774-0718

Classifieds

Card of Thanks

CARD OF THANKS – Thank you to everyone who sent cards, flowers, fruit, visits, gifts, phone calls and food while I was sick, in the hospital and since returning home. Thanks a bunch.
– Joyce Scott
46

In Memoriam

SCOTT – In loving memory of my dear husband, Alex, who passed away February 8, 2000.
God made a husband so loving and kind,
And I had the honor of calling him mine.
I miss him more than anyone knows,
As each day passes the emptiness grows.
But looking back through memories
Upon the life we trod,
I bless the years I shared with you
And leave the rest to God.
There is no parting with those we love,
Though distance can divide,
For today in memory's lane
We still walk side by side.
– Always remembered and loved
– Please remember me
– Your loving wife, Joan
46

HODGSON – In loving memory of a dear father and grandfather, Charles, who passed away February 7, 2001.
We remember times of laughter,
We remember times of tears.
These are the precious memories,
Our hearts will hold so dear.
Gone are the days of sickness,
Gone is the pain and fear.
Poppy's with his blessed Saviour now,
For all the coming years.
– Lovingly remembered by Lyall, Debbie, Kaitlyn and Lindsay Hodgson
46c

McINTOSH – In loving memory of Phyllis, a dear mother and grandmother, who passed away February 9, 1993.
Deep in our hearts you will always stay,
Loved and remembered every day.
– Esther, Keith and Hannah
46

SCOTT – In memory of a dear, devoted husband and father, Clarence.
He is gone but not forgotten,
And, as dawns another year;
In our lonely hours of thinking,
Thoughts of him are always near.
– Sadly missed by wife Joyce,
Larry and Shirley.
46

Coming Events

WINCHESTER LIONS CLUB
515 Mill St. 774-2630
BINGO
Every Monday
HALL RENTAL
THRIFT STORE
Open: Tues.-Sat.
37tfc

COUNTRY LANE DINER
Upper Canada Road, Highway 2. Wings $3 per dozen every Thursday night. Licenced, great prices. 613-543-3023.
32tfc

JUST KIDDIN'
A children's consignment store featuring quality brand name clothing and accessories. 512 St. Lawrence Street, Winchester. Open Monday-Friday 11 am-5 pm, Saturday 9 am-3 pm or call 774-5858.
37tfc

AMBUSH
At the Sweetheart Rally. Sat., Feb. 8, 9 pm-1 am, Mountain Township Agricultural Hall, South Mountain. Tickets $10 in advance or $12 at the door, available at Rick's Gas Bar and Loughlin's Country Store. Age of Majority. Sponsored by the Mountain Trail Blazers Snowmobile Club Inc.
45-46c

THINK SPRING!
THINK MYRTLE BEACH!
THINK DUNDAS TOURS, IROQUOIS
April 1-13: Join us for a pre-Easter holiday in Myrtle Beach. Oceanfront efficiency accommodation. Live shows, boat cruise, a day in Charleston, some meals, all accommodation, transportation and more included in the tour package. $1,159 per person, twin.
March 28-29: Gardening Festival in Brantford, Ontario. An indoor show with 12 gardens, including Bloomin' Holland. Also Gardener's Market Place, seminars, demonstrations, Dutch Clock Flower Auction, food and entertainment. Brantford Casino next door. Visit Farmers' Market also. $199 per person twin includes admission, 2 meals, all transportation and GST. Ont. Reg. # 50010710.
Call us at 652-2005
45-47c

VALENTINE TEA AND BAKE SALE
Sat., Feb. 8, starting at 11 am, Iroquois Legion Branch 370. All are welcome. Sponsored by Legion Ladies Auxiliary.
45-46c

Coming Events

HALLVILLE'S WINTER FAMILY FUN DAY
Sun., Feb 9. Annual Chili Contest (to enter call Mary Cook 989-2212,. All entries must be in by 12:30 pm) Judging 1pm by the chef of the Vinaigrette Restaurant. Wear you craziest hat, win a prize. Skate races 1-4 pm. Egg toss, hockey game wrap-up 4-5 pm. Canteen open for hot food and snacks. **Bring yourself, bring the family, bring your friends.** Have fun and support your community.
45-46c

WEDDING RECEPTION
Friends and neighbors are cordially invited to an open reception following the marriage of Laurie Moore and Paul Velthuis, Sat., Feb. 8, 9 pm at Stanley's Olde Maple Lane Farm, Edwards.
45-46

DUNDAS HOLSTEIN CLUB ONE DAY BUS TRIP
Tues., Feb. 25, Oshawa/Port Perry area. $45 per person. Leave Winchester Arena 7:30 am. Stopping at 5 farms. Stopping for supper. Deadline Feb. 21. Contact Mark Smith 448-1077 or Cheryl Guy 774-3399.
46c

VALENTINE'S TEA
As part of our 100th Anniversary celebrations at St. Paul's United Church, Kenmore, we invite you to join us for the Valentine Tea in the church hall Sat., Feb. 8 from 2-4 pm.
46c

THOUGHT OF GOING TO HAWAII?
Call Winchester Travel to see what we have planned, 774-2424 or 1-877-774-2424.
46-47c

EUCHRE
Thurs., Feb. 13 at 8 pm. in the Lions Hall, Winchester. Sponsored by Golden Years Society. Prizes and lunch. Everyone welcome.
46

NDDHS BAND PRE-TEEN DANCE
Fri., Feb. 7, Grade K-Grade 5 from 6-8 pm; Grade 5-8 from 8-10 pm. Admission $3. Snacks available. Parent supervision.
46

Yard Sale

GOT THE WINTER BLUES?
Looking for the Garage Sale fix? Come to my heated Garage Sale. 4812 Flagg Road, west of Williamsburg, watch for signs. 4-piece wooden wall unit; CDs; videos; VCRs; TVs; antique glassware; bunk beds; bedroom sets; plus used snowmobile parts. Every Sunday 9 am-4 pm. Always new stuff! Phone 613-652-2526.
46

Auction Sales

AUCTION SALE
DECONSTRUCTION CONTENTS OF SCHOOL CONSISTING OF TOOLS, PAINT BOOTH AND LARGE ASSORTMENT OF CLEAN USED BUILDING MATERIALS
To be held in the City of Ottawa on the west corner of Bronson and Powell Street (2nd street south of the Queensway) Borden School, 515 Cambridge Street.
SATURDAY, FEBRUARY 8
commencing at 10 am
Automotive paint booth; 7 hp wood shop dust collection system; 10" radial arm saw; 10" water table; ceramic saw; 10" King bench saw; ceramic water bench saw; Hilti TE #74 hammer drill/chipper; 6" electric portable grinder; Clark floor sander; concrete chipper; concrete vibrator; gas mortar mixer; skill saw; jig saw; other miscellaneous tools; 2 smoke eaters air filter systems; large ceiling A/C unit with remote; large quantity of nearly new window mount air conditioners;stainless steel cooler; stainless steel sink and prep table; exhaust fans; lockers; large assortment of used hardwood flooring; large amount of cedar lumber; plywood; marble slabs; steel studs; insulation; sheets of drywall; large quantity of suspended ceiling; boxes of new nails and screws; doors with hardware; railings; light fixtures; fiberglass tub shower; cabinets; blackboards; chalkboard; carpets; old architectural items including wood posts; gingerbread; cast iron light fixtures; many other articles too numerous to mention.
Note: Contractors, Bargain Hunters and Do-it-yourselfers, this is an excellent opportunity to purchase a variety of used tools and materials for any project.
Owner and Auctioneer not responsible for loss or accident
Everyone welcome. Bring a friend. Bring a truck. Plenty of parking.
Sale to be held indoors.
TERMS: Cash or Cheque with Proper ID
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613-537-8862
www.theauctionfever.com
45-46c

Auction Sales

AUCTION SALE
ANTIQUES, GLASSWARE, HOUSEHOLD FURNITURE AND COLLECTIBLES
In the Vernon Recreational Centre, Vernon, 1/2 mile east of Foodtown Grocery Store, just off Highway 31, approximately 20 miles south of Ottawa.
SATURDAY, FEBRUARY 15
commencing at 10 am
viewing from 8:30 am
Arthur Pequegnat Canadian Time advertising wall clock, Moyer School Supplies Ltd; Pequegnat King Edward Gingerbread clock; Pequegnat and Family book on clocks; quality East Lake highback sideboard with beveled glass mirror; wooden extension table with 4 leaves; set of 6 double-press pressback chairs; parlor table with glass ball feet; parlor tables; fancy cedar chest; dressers with mirrors; washstand with mirror, from old hotel; Canadiana washstand, original paint; highback piano stool; mirrored highboy dresser; jam cupboard; long church pew; washstands; pine poster bed; modern pine bedroom set with single bed; Duncan Phyfe drop leaf table; 3 pine upright bookcases; pine bench; 4 hoopback chairs; 6 small pressback chairs, not refinished; 2 treadle sewing machines; plant stands; window table; chest of drawers; trunks; butter churn; glass butter churn; magazine table; assorted contemporary furniture; oak ice box; Beatty tub stand; marble base lamp; East Lake bedroom set, needs refinishing; cast iron bathtub; half-moon tables; child's high-chair; antique water dispenser with Moyer School Supplies Ltd. advertising; oil lamps; crocks; copper boiler; milk bottles; wood planes; sad iron heater; oil bottles; oil cans; copper kettle; Jumbo bottle; dairy can; tin butter churn; Singer surger sewing machine; 20 collector plates with boxes and certificates; Waltham pocket watch with lid and chain; Gladstone pocket watch with lid and chain; 3 Waltham pocket watches, all watches are quality time pieces; diamond ring; wedding ring; postcards; costume jewellery; wheelchair; toy steam engine; table-top cream separator; Sunoco oil bottle; CNR railroad can and hammer; railroad lantern; chimney ring; 12 granite pots and pans; cistern pump; advertising clocks; Salada boxes; corn sheller; hardware scales; oil lamp and bracket; piano stool; assorted old tools; cups and saucers; Bennington bowl; assorted glassware; assorted kitchen utensils, etc; Roger's silverware and case; Aladdin lamps; grain flail; barbecue, many other assorted items.
Auctioneer's Note: Top quality offering of antiques and collectibles with both refinished and original pieces.
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46-47c

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Saturday, Feb. 15
9 am-1 pm
❤ Classes start on the hour
❤ Classes take about one hour
❤ Please come 15 minutes early to register and receive your material
❤ To reserve a time, please call 774-0721
❤ For ages 5 and up
❤ Wear comfortable clothing please
At Discovery Bible Fellowship church office, 515 Albert St. (South entrance to Lions Hall)
Sponsored by Discovery Bible Fellowship

Auction Sales

AUCTION SALE
Herd of Michel Valiquette of Henryville, Quebec
To be sold at
Leo's Livestock Exchange Ltd. (Ottawa Sale Barn) Greely, Ontario
Highway 31, south of Ottawa
THURSDAY, FEBRUARY 6
commencing at 10:30 am
Herd consisting of 27 Holstein dairy cows, good for year round milking, vaccinated with Triangle 9.
INFORMATION
613-821-2634
46c

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IN MEMORIAM
Sierra Marie Streng
February 7, 2002



We have a picture of you we carry in our hearts,
We close our eyes to see it when the world gets dark.
We have a memory of you we carry in our soul,
We wrap it close around us when the night gets cold.
If anyone asks us how we're doing, we'd say 'just fine',
But the truth is, not a day goes by that we don't think of you.
After all, you somehow remain locked so deep inside.
We will always treasure the memory of our little angel who was in our midst, if only for a little while.
–Love, Mommy & Daddy, Kelly & Bill Streng and sisters Whitnie and new baby Kyra

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Register early to avoid disappointment!

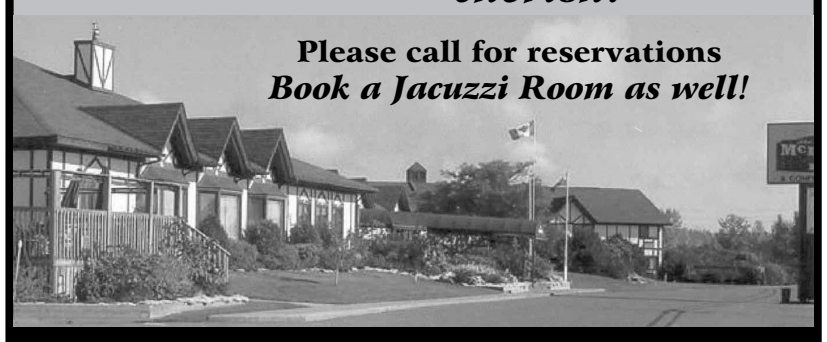
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Quality Mother & Baby Products
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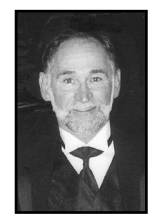
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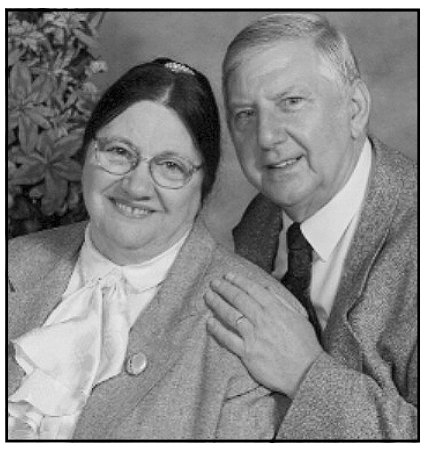
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March 1, 1953 - 2003

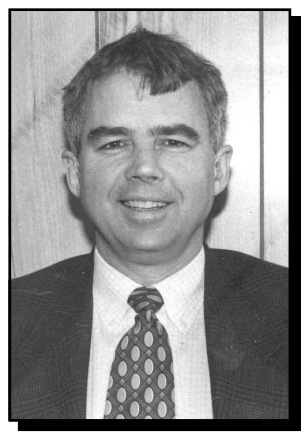
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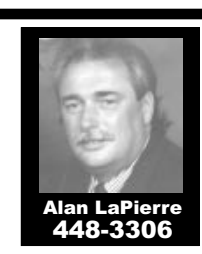
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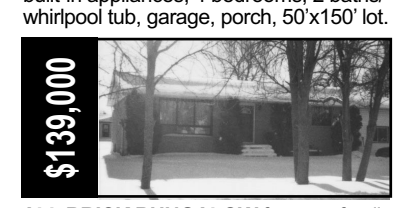
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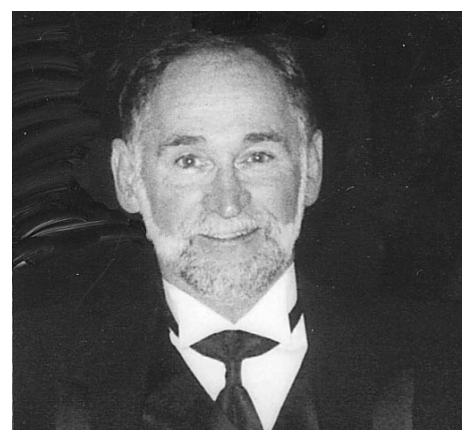
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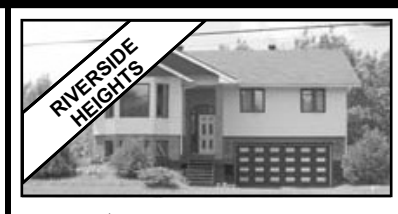
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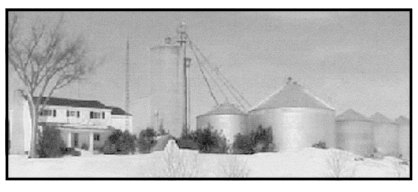
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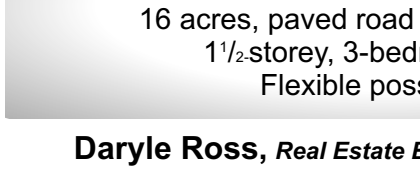
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HOBBY FARM POTENTIAL

$92,900 - SOUTH MOUNTAIN

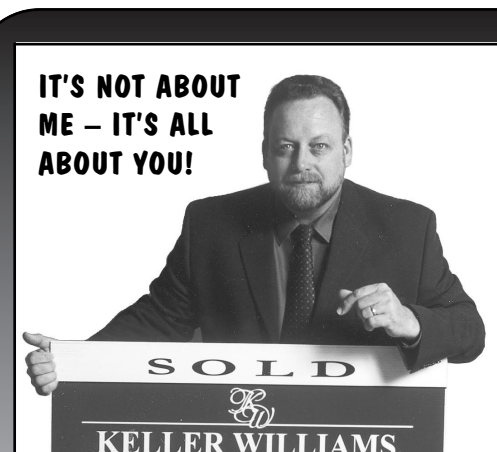
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Hot under the hood

Members of the Winchester Volunteer Fire Department assisted the owner of this red Toyota car, after an electrical fire started under the hood, on Feb. 3 in a residence driveway off Main Street in Winchester. The fire department was called for assistance and extinguished the flames before they spread to the rest of the vehicle. The car fire was one of three calls for the Winchester department on Monday.

Press Photo — Bosma

OBITUARIES

Anne Schoechlin

Anna Schoechlin of Ormond passed away peacefully at home, with her family close by, on Jan. 28, 2003. She was 91.

She was predeceased by her loving husband Otto, also of Ormond. She was born in Germany on Aug. 15, 1911 to the late Georg Rutters and the late Anna Raul.

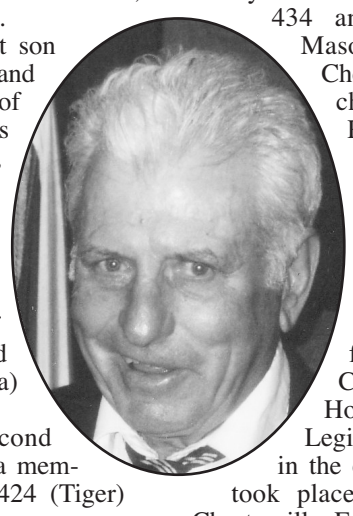
She was dear mother of Henny Gern (Pierre) of Ormond. She was cherished grandmother of Emona Lennox (Ron) of Hallville, and Nicole Stewart (Wilson) of Ormond. She will be sadly missed by great-grandchildren Andrew and Jason Stewart; and Jordan Lennox.

A private visitation was held at the Winchester Funeral Home on Jan. 31. The funeral service followed with Rev. Bruce North officiating. Burial will take place in the spring at Springhill Cemetery.

Pallbearers were Ron Lennox, Wilson Stewart, Andrew Stewart and Jason Stewart.

Russel Darwin Sirvage

The family of Russel Darwin Sirvage is saddened to inform his many friends of his death on Jan. 27, 2003 at the age of 79.



He was the eldest son of E. Grant Sirvage and Laurie Underwood of Connaught. He was loved by his sisters, Dorothy Burnett (Ken) of Ottawa, Katherine Parks (Armand) of North Bay, Barbara Kelly (Edmund) of Chesterville and brother Donald (Lena) of Chesterville.

During the Second World War, he was a member of the RCAF #424 (Tiger) Squadron.

He was uncle and great-uncle to 51 nieces and nephews. He was one of the founding members of the Royal Canadian Legion Branch 434, Chesterville, and a member for 57 years. He was past president of the Royal Canadian Legion Branch 434 and past master of Masonic Lodge 320, Chesterville. Upon discharge from the RCAF, he returned home and established himself as a farmer in Finch Township, where he operated a successful farm.

Family and friends visited the Chesterville Funeral Home on Jan. 31. A Legion service followed in the evening. The funeral took place on Feb. 1 at the Chesterville Funeral Home. Burial followed at Maple Ridge Cemetery.

Donations made to a charity of choice would be appreciated by the family.

Shepherd Talk

by Rev. Thurland Brown

How big is your God?

There is an old song written by Stuart Hamblem that says, "How big is God?" The Psalmist says in Psalms 147: 4,5 in fact, "He determines the number of the stars and calls them by name. Great is our Lord and mighty in power; His understanding has no limits."

This week I'd like to go to one of the very basic messages of Christianity. That is, the God who is big enough to create this universe is also big enough to change your life! He's big enough to fill your emptiness! A week or so ago I received a letter that is indicative of the emptiness that many people experience every day; people of all ages, and people of every social circle.

In part the letter said, "I woke up this morning and looked around my filthy and messy house, and I know that my life is just the same. I am filled with guilt and remorse and shame. I had every blessing that could have been dreamed of, and I cannot forgive myself for the things I have done. I have sabotaged my life 1,000 times. I am sick and lonely and overwhelmed." Emptiness! Dread and despair! Sadly, these are the hallmarks of many people's lives.

But the good news is it need not be that way! For the letter goes on to say, "And now I am given this second chance, an unmerited gift."

Yes, friend, therein lies the answer. The one who wrote this letter did not realize what she was hinting at, but God gives us a second chance, an unmerited gift of His forgiveness. It is true that there are steps we must take. We must repent. We must turn to God, and learn to trust in Him. We probably will be called upon to change some of our ways, to lose some of our habits, perhaps even to leave some of our friends.

But think of the reward! The song I referred to at the beginning goes on to say this. "How big is God, how big and wide his vast domain? To try to tell these lips could only start. He's big enough to rule this mighty universe, yet small enough to live within my heart!" That is exciting news. The one who is big enough to determine the number of the stars, is big enough to change your life. May Jesus Christ be praised.

See you in church on Sunday.

This column is provided courtesy of the North Dundas Ministerial Association

TOWNSHIP OF North Dundas

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Special Meeting of Council

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We are proposing a cancer support group for our area. Please join us as we:

- spend time talking to and meeting people who walk in our shoes
- take time to socialize
- review educational matters
- plan for your needs

Monday, February 10

7:00 pm

Winchester United Church

Jointly offered by:
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For further information contact:
Linda Johnson, 774-2422, ext. 5271 or
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PERSONALS

If you think you have a gambling problem, call for information about services that can help. Dial toll-free 1-888-230-3505. Ontario Problem Gambling Helpline (OPGH) www.opgh.on.ca

If you have an alcohol or drug problem, information about treatment services is available. Dial toll-free 1-800-565-8603. Drug and Alcohol Registry of Treament (DART) www.dart.on.ca

DIVORCE SURVIVAL STRATEGIES... Before spending large sums on legal fees, call THE FAMILY LAW CENTRE to understand your rights & obligations. Our lawyers will present you with your options & offer smart & proven strategies to help reduce your legal fees, safeguard your assets & defend your child custody & access rights. Don't be a victim! "Separate Smart"..Toll-Free1-866-879-3529.

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Valentine's Day Menu

SERVE UP ONE OF THESE DEALS!!

2001 WINDSTAR SPORT

$193

/Bi-weekly

E4193



AUTOMATIC, FRONT WHEEL, 6-CYLINDER ENGINE, AIR CONDITIONING, ALLOY WHEELS, CD PLAYER, CRUISE CONTROL, PWR BRAKES, PWR LOCKS, PWR STEERING, PWR WINDOW, REAR AIR COND., REMOTE KEYLESS, TILT STEERING

2001 FORD F150 XLT 4X4

$297

/Bi-weekly

E4260



AUTOMATIC, FOUR-WHEEL DRIVE, 8-CYLINDER ENGINE, AIR CONDITIONING, ALLOY WHEELS, BUCKET SEATING, CD PLAYER, CRUISE CONTROL, EXTRA CAB, PWR BRAKES, PWR LOCKS, PWR STEERING, PWR WINDOW, REMOTE KEYLESS, TILT STEERING

2001 FORD FOCUS SE

$118

/Bi-weekly

E4129



AUTOMATIC, FRONT WHEEL, 4-CYLINDER ENGINE, AIR CONDITIONING, ALLOY WHEELS, CD PLAYER, CRUISE CONTROL, PWR BRAKES,PWR LOCKS, PWR STEERING, PWR WINDOW, TILT STEERING, ZETEC ENGINE

1999 MYSTIQUE LS

$136

/Bi-weekly

E4369



AUTOMATIC, FRONT WHEEL DRIVE, 6-CYLINDER ENGINE, LEATHER, LOADED

2000 JEEP TJ

$190

/Bi-weekly

E4270-1



5-SPEED MANUAL, FOUR WHEEL DRIVE, 6-CYLINDER ENGINE, CASS.

2001 ESCAPE XLT 4X4

$235

/Bi-weekly

E4503



LOADED. NOT EXACTLY AS SHOWN.

1998 VOLKSWAGEN GOLF

$109

/Bi-weekly

E4198-1



5-SPEED MANUAL, FRONT WHEEL DRIVE, 4-CYLINDER ENGINE

2002 EXPLORER XLS

$258

/Bi-weekly

E4224



AUTOMATIC, FOUR-WHEEL DRIVE, 8-CYLINDER ENGINE, AIR CONDITIONING, ALLOY WHEELS, CD PLAYER, CRUISE CONTROL, PWR BRAKES, PWR LOCKS, PWR STEERING, PWR WINDOW, REMOTE KEYLESS, TILT STEERING

2001 FOCUS SE

$116

/Bi-weekly

E4125



AUTOMATIC, FRONT WHEEL, 4-CYLINDER ENGINE, AIR CONDITIONING, ALLOY WHEELS, CD PLAYER, CRUISE CONTROL, PWR BRAKES, PWR LOCKS, PWR STEERING, PWR WINDOW

2001 FOCUS ZTS

$127

/Bi-weekly

E4220



AUTOMATIC, FRONT WHEEL, 4-CYLINDER ENGINE, AIR CONDITIONING, ALLOY WHEELS, CD PLAYER, CRUISE CONTROL, PWR BRAKES, PWR LOCKS, PWR STEERING, PWR WINDOW, REMOTE KEYLESS, TILT STEERING, ZETEC ENGINE

2001 MUSTANG COUPE

$168

/Bi-weekly

E4311



AUTOMATIC, REAR WHEEL DRIVE, 6-CYLINDER ENGINE, AIR, CRUISE, CD, PWR GRP

1999 GRAND MARQUIS LS

$210

/Bi-weekly

E4384



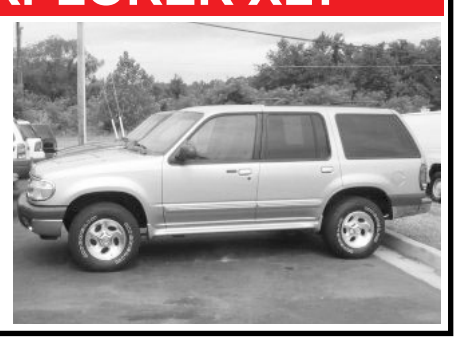
AUTOMATIC, FRONT WHEEL DRIVE, 8-CYLINDER ENGINE, PWR DRIVER SEAT, REMOTE KEYLESS,TILT STEERING, AIR, LOADED

2001 EXPLORER XLT

$111

/Bi-weekly

22-539-1



LOADED. NOT EXACTLY AS SHOWN.

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****See dealer for details.***

1999 INTREPID

$109

/Bi-weekly

E4386-2



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